Appendix 1. Classes of Medications taken by each patient at the end of the study

| Patient No | Insulin | SGLT2 | Biguanides | DPP4 | Insulin secretagogue | sulfonylurea | GLP1 | Thiazolidinediones |
|------------|---------|-------|------------|------|----------------------|--------------|------|-------------------|
| 1.00       | 0       | X     | X          | X    | X                    | 0            | 0    | 0                 |
| 2.00       | 0       | X     | X          | X    | 0                    | X            | 0    | 0                 |
| 3.00       | 0       | X     | X          | X    | X                    | 0            | 0    | 0                 |
| 4.00       | 0       | X     | 0          | X    | 0                    | 0            | 0    | 0                 |
| 5.00       | 0       | X     | X          | X    | X                    | 0            | 0    | X                 |
| 6.00       | 0       | 0     | X          | X    | 0                    | 0            | 0    | 0                 |
| 7.00       | 0       | X     | X          | X    | X                    | 0            | 0    | X                 |
| 8.00       | 0       | 0     | X          | X    | X                    | 0            | 0    | 0                 |
| 9.00       | 0       | X     | 0          | X    | 0                    | 0            | 0    | 0                 |
| 10.00      | X       | X     | X          | X    | X                    | 0            | X    | 0                 |
| 11.00      | 0       | X     | X          | X    | X                    | 0            | X    | 0                 |
| 12.00      | 0       | X     | X          | X    | 0                    | 0            | 0    | 0                 |
| 13.00      | 0       | X     | 0          | X    | 0                    | 0            | 0    | 0                 |
| 14.00      | X       | X     | X          | 0    | 0                    | 0            | X    | 0                 |
| 15.00      | 0       | 0     | X          | X    | 0                    | 0            | 0    | 0                 |
| 16.00      | 0       | X     | X          | X    | X                    | 0            | 0    | X                 |
| 17.00      | 0       | 0     | X          | X    | 0                    | 0            | X    | 0                 |
| 18.00      | X       | 0     | X          | X    | 0                    | 0            | X    | 0                 |
| 19.00      | X       | X     | X          | 0    | X                    | X            | X    | 0                 |
| Time  | 20.00 | 21.00 | 22.00 | 23.00 | 24.00 | 25.00 | 26.00 | 27.00 | 28.00 | 29.00 | 30.00 | 31.00 | 32.00 | 33.00 | 34.00 | 35.00 | 36.00 | 37.00 | 38.00 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|       | X     | X     | X     | 0     | 0     | 0     | X     | 0     | 0     | X     | 0     | 0     | X     | 0     | 0     | X     | 0     | X     | X     |
|       | 0     | X     | X     | X     | 0     | X     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | 0     | X     | 0     | X     |
|       | 0     | X     | X     | X     | X     | X     | 0     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | 0     | X     | 0     |
|       | 0     | 0     | X     | X     | X     | 0     | X     | 0     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | X     | 0     |
|       | 0     | X     | X     | X     | X     | X     | 0     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | 0     | X     | 0     |
|       | 0     | X     | X     | X     | 0     | X     | 0     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | X     | 0     | X     |
|       | 0     | X     | X     | X     | 0     | X     | 0     | 0     | 0     | 0     | 0     | 0     | X     | 0     | 0     | 0     | X     | 0     | X     |

X: Patient taking the medication

0: Patient not taking the medication