Quantum-classical lifetimes of Rydberg molecules

Andrej Junginger, Jörg Main and Günter Wunner

Institut für Theoretische Physik 1, Universität Stuttgart, D-70550 Stuttgart, Germany
E-mail: andrej.junginger@itp1.uni-stuttgart.de

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Abstract
A remarkable property of Rydberg atoms is the possibility of creating molecules formed by one highly excited atom and another atom in the ground state. The first realization of such a Rydberg molecule has opened an active field of physical investigations, and showed that its basic properties can be described within a simple model regarding the ground state atom as a small perturber that is bound by a low-energy scattering process with the Rydberg electron (Greene et al 2000 Phys. Rev. Lett. 85 2458). Besides the good agreement between theory and the experiment concerning the vibrational states of the molecule, the experimental observations yield the astonishing feature that the lifetime of the molecule is clearly reduced as compared to the bare Rydberg atom (Butscher et al 2011 J. Phys. B: At. Mol. Opt. Phys. 44 184004). With focus on this yet unexplained observation, we investigate in this paper the vibrational ground state of the molecule in a quantum-classical framework. We show that the Rydberg wavefunction is continuously detuned by the presence of the moving ground state atom and that the timescale on which the detuning significantly exceeds the natural linewidth is in good agreement with the observed reduced lifetimes of the Rydberg molecule.

(Some figures may appear in colour only in the online journal)

1. Introduction
The field of Rydberg atoms which possess a highly excited valence electron has been established decades ago, and it is still an active one today (see [1] for a recent review and references therein). One reason for the interest in such highly excited atoms is the fact that important properties of these atoms in general scale universally with powers of the principal quantum number \( n \). For highly excited atoms \( (n \gg 1) \) this leads, e.g., to extremely large extensions up to the size of a virus, huge polarizabilities as well as van der Waals coefficients and long lifetimes, making these atoms ideal candidates for applications in quantum simulations or quantum computing [2].

Besides these remarkable properties, Rydberg atoms are also of great interest because they are able to form very weakly bound molecules together with a second atom in the ground state [3]. Such Rydberg molecules were first realized in 2009 with rubidium atoms [4], and the experiment showed that the basic properties of the molecule can be well described within a simple model [3]. Regarding the ground state atom as a small perturber which is polarized by the Rydberg electron, the interaction can be described theoretically by a low-energy scattering process. If the respective scattering length is negative, the interaction leads, within a mean-field approximation, to a binding and oscillatory molecular potential, and the theoretical predictions agree very well with the measured vibrational spectra of the molecules [4].

However, a remarkable and not yet fully explained property of the Rydberg molecules is that surprisingly they exhibit mean lifetimes \( \tau \) which are clearly reduced when compared to the bare atomic Rydberg state [4–6]. Butscher et al [7] found that the atomic background gas has a significant influence on the lifetime due to inter-particle collisions. For the decay rate \( \gamma = 1/\tau \), they found a linear dependence \( \gamma = \gamma_0 + cN \) on the background gas density \( N \) which can be explained using the classical scattering theory. However, regarding the vibrational ground state in the limit \( N \rightarrow 0 \), the background atoms cannot play a role in the reduction of the lifetimes. Nevertheless, the measurements indicate a ground state’s lifetime of \( \tau_0 = 47.6 \mu s \), while the bare atoms have a lifetime of \( \tau_{\text{atom}} = 62.5 \mu s \). In this zero density limit, the system only consists of three parts, namely the Rydberg core, the Rydberg electron and the ground state atom, so, obviously,
the reduced lifetime must be caused by the ground state atom somehow perturbing the Rydberg wavefunction.

In order to uncover the reason for this difference of about 25% in the lifetimes, a convenient approach in molecular physics would be to evaluate the non-adiabatic energy terms which govern the energy transfer between nuclear and electronic motion. These terms couple a particular Rydberg state with the continuum of dissociation of a lower lying one and, thus, allow for a predissociation process under the change of the electronic state. In addition to spontaneous photon emission and blackbody-induced radiation, such a process may further shorten the lifetime of the molecule. However, a quantitative evaluation of the corresponding decay rate requires the determination of the non-adiabatic coupling terms—which is a difficult task.

As an alternative, we therefore pursue a different approach in this paper to investigate the decay mechanism initiated by the ground state atom in a Rydberg molecule. This is based on a quantum-classical description of the Rydberg molecule [8] which allows us to take into account the effect of the ground state atom onto the Rydberg atom beyond the usual treatment of a static disturber. In previous work [9, 10], the perturbation of the Rydberg state has been considered at a fixed position \( R \) of the non-moving ground state atom. In this paper, we introduce a model in which the moving of the ground state atom plays an important role, namely the Rydberg state is continuously detuned due to a transfer of kinetic energy from the ground state atom to the Rydberg state. A detuning comparable to or larger than the natural linewidth of the Rydberg state will enhance the transition to a lower Rydberg state resulting in the decay of the molecule by either spontaneous photon emission or predissociation. As we will show below, the time when the detuning significantly exceeds the natural linewidth of the vibrational ground state agrees very well with the lifetime in the zero density limit. Moreover, we find that the detuning becomes smaller with increasing principal quantum number, so that the experimentally measured tendency of longer lifetimes with increasing \( n \) is also in accordance with our treatment.

This paper is organized as follows. In section 2, we give a brief review of the quantum-mechanical description [3] as well as that of the quantum-classical treatment [8]. In section 3, we apply the latter approach to a rubidium Rydberg molecule in the s-state. The detuning is discussed in detail for the vibrational ground state of a molecule with \( n = 35 \) and comparisons with the corresponding experiment are made. Moreover, we demonstrate the effect of the detuning for different experimentally accessible principal quantum numbers \( n = 33-41 \).

2. Theory

In this section, we review the quantum-mechanical description of the scattering process between the Rydberg electron and the ground state atom as well as the quantum-classical treatment. Both approaches are discussed briefly and we refer the reader to [3, 8] for details.

2.1. Molecular potential of Rydberg molecules

The binding mechanism of the Rydberg molecule is based on the polarization of the ground state atom under the influence of the Rydberg electron. This interaction can be described theoretically using a Fermi-type pseudopotential [11]

\[
V(r, R) = 2\pi a_s(k) \delta(r - R),
\]

where \( r \) and \( R \) denote the positions of the Rydberg electron and the ground state atom, respectively. The whole information on the scattering process is given here by the s-wave scattering length \( a_s(k) \). It depends on the wave vector \( k \) of the Rydberg electron and can be expressed by its first-order approximation [12] \( a_s(k) = a_s(0) + \frac{7}{3}\alpha k + O(k^2) \) with \( a_s(0) = -16.05 \text{ au} \) being the zero-energy scattering length and \( \alpha = 319 \) the polarizability of the rubidium target [4, 13, 14]. Greene et al [3] showed that, in a mean-field approximation, this contact interaction leads to the molecular potential

\[
V_s(R) = 2\pi a_s(k)|\varphi_{s_R}(R)|^2,
\]

where \( \varphi_{s_R}(R) \) is the value of the Rydberg wavefunction at the position \( R \) of the ground state atom. In the case of \( a_s(k) < 0 \), we obtain an attractive interaction which allows for bound states. Figure 1(a) shows the resulting molecular potential (2) for the above-mentioned physical parameters (solid line) and indicates the energy and internuclear distance of the vibrational ground state (horizontal red line) which is located in the outermost potential minimum.

Note that significant modifications of this potential are caused for small inter-nuclear separations when also p-wave scattering is taken into account by the additional term \( V_p(R) = 6\pi a_p^2 |\nabla \varphi_{s_R}(R)|^2 \), with the p-wave scattering length \( a_p = -21.15 \text{ au} \) [13] (see the dashed line in figure 1(a)). This correction is important for the formation of Rydberg molecules at energies \( E \lesssim 0 \) [8]. However, in this paper we will solely consider the vibrational ground state of the molecule which is located in the outermost potential minimum, and, as can be seen in figure 1(a), the p-wave contribution can be neglected there.

2.2. Energy detuning of the Rydberg state in the quantum-classical framework

One consequence of the mean-field approach of Greene et al [3] is the fact that equation (2) associates a fixed position \( R \) of the ground state atom with the potential energy \( V_s(R) \). Physically, this is equivalent to the assumption of a vanishing ratio of masses of the two scattering partners, i.e. \( m_e/m_{Rb} = 0 \). Although the ground state atom is, by far, heavier than the electron (\( m_e/m_{Rb} \approx 6 \times 10^{-6} \) for rubidium), this assumption is not strictly fulfilled. Considering the single-scattering events leading to the bound molecule, we must, therefore, expect a momentum and, with it, also an energy transfer between the ground state atom and the Rydberg electron occurring with each orbit of the latter.

In order to take into account such effects, we will investigate the system in a quantum-classical way [8]. We describe the positions and the motion of both the Rydberg electron and the ground state atom as that of point particles
while the scattering process between these two is treated fully quantum mechanically. Because of the high excitation of the Rydberg atom \((n \gg 1)\), the correspondence principle allows us to treat the motion of the Rydberg electron in terms of the classical trajectories whose angular momentum \(L\) and energy \(E\) will be quantized semiclassically:

\[
L = l + \frac{1}{2}, \quad E = \frac{p^2}{2} - \frac{1}{r} = -\frac{1}{2n^2}.
\]

Here, \(n = 1, 2, 3, \ldots\) and \(l = 0, 1, 2, \ldots\) denote the principal and azimuthal quantum numbers, respectively, \(p\) is the momentum of the Rydberg electron and \(r = |r|\) is its distance from the core.

Since the interaction between the Rydberg electron and the ground state atom is of contact-like type, we only need to consider those orbits which include the position \(R\) of the ground state atom. Considering a Rydberg atom in an \(s\)-state \((l = m = 0)\), there remain four ellipses which we locally approximate by a superposition of plane waves

\[
\psi_{\text{Ry}}(r) \approx \sum_{i=1}^{4} \psi_{\text{pm}}^{(i)}(r) = \sum_{i=1}^{4} A^{(i)} \exp(i\mathbf{p}^{(i)} \cdot \mathbf{r})).
\]

In order to determine their amplitudes \(A^{(i)}\), we require this superposition to fulfil

\[
\psi_{\text{pw}}^{(i)} |_{r=R} = \psi_{\text{Ry}} |_{r=R}, \quad \quad (5a)
\]

\[
\partial_{r} \psi_{\text{pw}}^{(i)} |_{r=R} = \partial_{r} \psi_{\text{Ry}} |_{r=R}, \quad \quad (5b)
\]

\[
\partial_{r}^{2} \psi_{\text{pw}}^{(i)} |_{r=R} \approx \partial_{r}^{2} \psi_{\text{Ry}} |_{r=R}, \quad \quad (5c)
\]

i.e. to reproduce the value of the Rydberg wavefunction and its derivatives identically on the one hand, and to approximately reproduce the second derivatives on the other. Here, equation (5c) has to be understood in the sense that the norm of the difference of both sides is minimal. Altogether, equations (5a)–(5c) provide the best possible approximation of the Rydberg wavefunction by the four plane waves.

With the knowledge of the plane waves, the scattering interactions can be calculated straightforwardly: each of them represents a Rydberg electron with momentum \(p_{\text{in}}^{(i)} = m_{e} v_{e}^{(i)}\) which is scattered to an outgoing wave

\[
\psi_{\text{out}}^{(i)} \sim \exp(i p_{\text{out}}^{(i)} (r - R)).
\]

Because of the spherically symmetric angle distribution, the total momentum of the outgoing s-wave is \(p_{\text{out}}^{(s)} = 0\), and the momentum transfer \(\Delta p\) is connected with an energy transfer \(\Delta E\) between the ground state atom and the Rydberg electron.

Describing successive collisions of \(N^{(l)}\) electrons by a current density \(J^{(l)} = n^{(l)} v^{(l)}\) \((n^{(l)} = |A^{(l)}|^{2}\) is the electron density on the \(l\)th Kepler ellipse), the total momentum transfer \(\Delta p_{\text{el}}^{(l)} = N^{(l)} m_{e} v^{(l)}\) over time can be associated with a classical force

\[
F^{(l)} = \Delta p^{(l)}/\Delta t = n^{(l)} m_{e} \sigma |v^{(l)} - v_{Rb}| \hat{z}_{(v^{(l)} - v_{Rb})},
\]

(7)

acting on the ground state atom. Here, \(\sigma = 4\pi a_{e}^{2}(k)\) is the total scattering cross-section and \(\hat{z}_{(v^{(l)} - v_{Rb})}\) is the unit vector in the direction of \(v^{(l)} - v_{Rb}\). The energy detuning over time of the ground state atom induced by equation (7) is consequently given by

\[
\frac{dE}{dt} = \sum_{i=1}^{4} F^{(i)} \cdot v_{Rb}
\]

\[
= m_{e} \sigma \sum_{i=1}^{4} n^{(i)} |v^{(i)} - v_{Rb}| \hat{z}_{(v^{(i)} - v_{Rb})} \cdot v_{Rb},
\]

(8)

where the sum \(i = 1, \ldots, 4\) takes into account all four contributing Kepler ellipses. Note that, because of energy conservation, the detuning of the Rydberg state is given by the negative of equation (8), and that the value of \(dE/dt\) is significantly changing with time because of the vibrational motion of the ground state atom. Thus, an appropriate mean energy detuning can be obtained by averaging equation (8) over one oscillation,

\[
\langle dE/dt \rangle = \int_{0}^{T} \frac{dE}{dt'} \, dr' \, [dE/dt'].
\]

(9)
where $T$ is the period of the vibrational oscillation. Moreover, since the energy detuning is proportional to the velocity of the ground state atom $dE/dt \propto v_{\text{Rb}}$, the main contribution is obtained when the ground state atom is fast and there will be no contribution when it does not move, i.e. at the turning points of the oscillation.

Depending on whether the two scattering partners fly in the same $(v_p^{(1)} \cdot v_{\text{Rb}} > 0)$ or in opposite $(v_p^{(1)} \cdot v_{\text{Rb}} < 0)$ direction, the respective contributions to equation (8) differ, and the latter is always dominant because in this case the term $|v_p^{(1)} - v_{\text{Rb}}|$ is larger. Therefore, the net effect of equation (8) is always an energy transfer from the ground state atom to the Rydberg electron, i.e. the Rydberg state is permanently detuned.

The energy detuning is quantum mechanically not strictly forbidden because the vibrational ground state of the Rydberg molecule is metastable and has some finite lifetime $\tau$. This directly implies a finite width in frequency space $\Delta v = (2\pi\tau)^{-1}$ which is, for typical lifetimes of a few tens of $\mu$s, on the order of several kHz, and thus, small compared to the level spacing of the Rydberg atom. Note that an exponential decrease of the ground state’s population leads to a Lorentzian form

$$I(v) \sim \frac{1}{(v - v_0)^2 + (\Delta v/2)^2}$$

(10)

of the spectroscopic line. Consequently, detunings $v \neq v_0$ are allowed, but they reduce the intensity $I(v)$, and for very low intensities, one expects a change of the electronic state (e.g. $n \rightarrow n - 1$). Because the intensity $I(v)$ decreases continuously with increasing difference of the frequency $v - v_0$ and the tail of the Lorentzian is extended infinitely, a clear threshold for the frequency $v$ which distinguishes the quantum mechanically allowed region $v$ (where we do not expect a change of the electronic state) from the forbidden one (where we do expect the electronic state to change) does, therefore, not exist. Therefore, we estimate these regimes in the following way: a detuning which is smaller than the natural linewidth, $|v - v_0| < \Delta v$, will be surely allowed, while much larger detunings $|v - v_0| \gg \Delta v$ are quantum mechanically forbidden, so that we expect a detuning on the order of a few natural linewidths, $|v - v_0| \sim \Delta v$, to determine the threshold where the transition of the electronic state will set in resulting in the decay of the molecule by spontaneous photon emission or predissociation.

3. Results and discussion

In this section, we demonstrate the effect of the energy detuning in equation (8) for $^{87}$Rb Rydberg atoms in the spherically symmetric s-state. At first, we will discuss the detuning of the vibrational ground state in general, and then compare the results with the experimentally measured lifetimes and, finally, investigate the effect of different principal quantum numbers $n$ on the time development of the detuning. Note that all calculations presented take into account a quantum defect correction of $\delta = 3$ [15].

3.1. Detuning of the molecular states

The Rydberg molecule is quantum mechanically described by the corresponding wavefunction $\psi_{\text{Rb}}$. The vibrational ground state of the molecule is located in the outermost potential minimum of the oscillatory molecular potential and does not extend into one of the neighbouring wells, since their minima are energetically higher than the ground state (see figure 1(a)). This wavefunction describes the probability density of the ground state atom, which oscillates in this outermost potential well, to be found at a specific internuclear distance.

The classical analogue is a point particle oscillating in this potential well between two turning points $R_{\text{min}}$ and $R_{\text{max}}$. Figure 1(b) shows this oscillation of the ground state atom with a binding energy of $E_0 = -22.5174$ MHz [16] for a Rydberg molecule in which the Rydberg atom is excited to the $n = 35$ s-state. In this case, the turning points are $R_{\text{min}} \approx 1875$ au and $R_{\text{max}} \approx 1970$ au.

In the framework of the conservative mean-field potential (2), this oscillation would continue until $t \rightarrow \infty$ and the energy of the ground state atom would not change, i.e. $\Delta E = 0$ (see the blue dashed–dotted line in figure 1(c)). However, this situation is different in the quantum-classical treatment (see the red solid line in figure 1(c)): with each oscillation, i.e. when $v_{\text{Rb}} \neq 0$, energy is transferred to the Rydberg electron, and the ground state atom loses energy. The total detuning is on the order of $~0.02$ kHz per oscillation and, thus, very small compared to the binding energy of several MHz. The detuning per oscillation therefore remains almost constant with time, and from averaging equation (8) we obtain a mean detuning over time (see equation (9)) on the order of $\langle dE/dt \rangle \sim 0.3$ kHz $\mu$s$^{-1}$.

3.2. Comparison with the experiment

In this section, we compare the time development of the detuning with the experimental investigations of the lifetimes. We again consider a Rydberg excitation of $n = 35$ which has also been investigated in detailed experimental lifetime measurements by Butscher et al [7].

Figure 2 again shows the time development of the detuning (red solid line). The authors of [7] have measured the lifetimes of the $n = 35$ Rydberg state for different densities $N$ of the atomic background gas and found that the lifetime decreases with increasing density $N$. Some of their results have been included in figure 2 for comparison (horizontal green dotted lines). As discussed in the introduction, they found a linear dependence of the decay rate on the density that indicates a $\tau_0 = 47.6 \mu$s lifetime of the Rydberg molecule in the zero density limit (horizontal green dashed line: the horizontal green stripe indicates the experimental error). In contrast to the expectation that, in this limit, one would obtain the lifetime $\tau_{\text{atom}} = 62.5 \mu$s of the bare atomic state (horizontal orange dotted line), the extrapolated value is still significantly reduced by about 25%.

To determine whether or not the detuning of the Rydberg state discussed above can play a role in reducing the lifetimes, we compare these two on the relevant time scale. As can be seen in figure 2, the detuning of the Rydberg state reaches a value of
for such a detuning the Lorentzian curve has decreased to quantum mechanically 'forbidden region' is reached, since is in accordance with the above-estimated detuning where the molecules are shown (horizontal dotted lines) for different densities experimentally measured lifetimes of the Rydberg atoms and permanent detuning (red solid line). For comparison, the conservative mean-field description of the potential energy detuning which is present in this regime (blue vertical experimental error (green horizontal stripe) and the region of the i.e. as well as in the limit \( \mathcal{N} \to 0 \). By contrast, the quantum-classical model shows a permanent detuning (red solid line). For comparison, the experimentally measured lifetimes of the Rydberg atoms and molecules are shown (horizontal dotted lines) for different densities \( \mathcal{N} \) as well as in the limit \( \mathcal{N} \to 0 \). The shaded areas indicate the experimental error (green horizontal stripe) and the region of the energy detuning which is present in this regime (blue vertical stripe). See the text for further description.

\[ \Delta E \approx 15-22 \text{ kHz} \] (indicated by the vertical blue stripe) within the extrapolated lifetime including the experimental error. Comparing this detuning with the corresponding Lorentzian profile of the vibrational ground state which has a linewidth of \( \Delta \nu = 3.4 \text{ kHz} \) (see the top of figure 2), we find that this corresponds to a detuning of \( \Delta E \approx (4.5-6.5) \Delta \nu \). This value is in accordance with the above-estimated detuning where the quantum mechanically 'forbidden region' is reached, since for such a detuning the Lorentzian curve has decreased to \( I/I_{\text{max}} \approx 0.01 \). The Rydberg wavefunction is then strongly detuned which can result in a significantly higher probability for its decay than one would expect from spontaneous decay or blackbody-induced radiation. Therefore, we expect the lifetime of the Rydberg molecule to be determined by the time necessary for the detuning to significantly exceed the natural linewidth of the molecule.

As already discussed above, we also expect this strongly detuned Rydberg wavefunction to cause a change in the electronic structure (e.g. \( n \to n - 1 \)) which, depending on the final state, may allow for different reactions, e.g., the dissociation of the Rydberg molecule. This situation is supported by the quantum-mechanical interpretation of the process. In the case of a fixed ground state atom [9, 10], the scattering of a Rydberg electron will, in general, change its direction but not its energy. This means that the scattering process does not conserve the angular momentum but the principal quantum number \( (n = \text{const}) \). However, in the case of a ground state atom with nonvanishing velocity \( (v_{\text{Rb}} \neq 0) \), each scattering process causes a change in the Rydberg electron's energy. For detunings which are small compared to the natural linewidth, this is possible within the linewidth of the respective Rydberg state \( n \). Significant detunings on the order of the natural linewidth or even larger, however, are quantum mechanically related to couplings to other quantum states, i.e. the strongly detuned Rydberg state must, in general, be coupled to states with other principal quantum numbers \( n \). The coupling can induce transitions to lower electronic states resulting in the decay of the molecule, as already discussed above.

### 3.3. Dependence on the principal quantum number

Detailed investigations of the lifetimes of Rydberg molecules can only be found for the \( n = 35 \) s-state in the literature so far [7]. However, in the publication on their first experimental realization [4], a dependence of the lifetime on the principal quantum number \( n \) has already been discussed. Although these experiments have been performed at finite densities \( \mathcal{N} \) and an extrapolation to zero density is not possible due to the lack of data, the measured tendency of longer lifetimes with increasing quantum number \( n \) can also be expected to hold in the limit \( \mathcal{N} \to 0 \). We, therefore, present the behaviour of the Rydberg electron’s detuning for different \( n \) in the following.

In order to determine the detuning for different quantum numbers \( n \), we proceed as done for the \( n = 35 \) state. We determine the molecular potential for the respective quantum number and place the point particle representing the ground state atom in the outermost well with an energy corresponding to the respective vibrational ground state. The average energy detuning \( \langle \Delta E / dt \rangle \) is calculated using equation (9).

Figure 3 shows this mean energy detuning over time for different experimentally accessible quantum numbers \( n = 33-41 \) (red squares). The figure illustrates that the value \( \langle \Delta E / dt \rangle \) strongly depends on \( n \) showing a significant decrease of the detuning with an increasing quantum number. The two following points contribute to this behaviour. (i) The extension of the Rydberg electron’s wavefunction scales with \( (r) \sim n^2 \), so that the atom becomes more extended with increasing \( n \). At the same time, the larger extension results in a smaller electron density \( n_{\text{eff}} \) at the position of the ground state atom, which lowers the effect of the finite mass correction term in equation (8). (ii) For higher principal quantum numbers,
the outermost potential minimum becomes less deep, so that the velocity of the ground state atom decreases. Because $v_{\text{RBO}}$ directly enters the correction term, its effect is further reduced.

For the decrease of the detuning with increasing $n$, we obtain a value of

$$\langle \Delta E / \Delta t \rangle_n \sim 0.76^n$$  \hspace{1cm} (11)

from figure 3. Assuming that—in analogy to the calculations for the $n = 35$ $s$-state—the decay of the Rydberg molecule was generally induced by the ground state atom when a detuning of $\Delta E \approx 15$–22 kHz is reached, this would mean an increase of the Rydberg molecule’s lifetime by a factor of $1/0.76 \approx 1.32$. Note that, considering the experimental error stripes presented in [4], this value is in accordance with the lifetime measurements of the Rydberg molecules by Bendkowsky et al at finite densities [4].

4. Conclusion and outlook

We have investigated the vibrational ground state of Rydberg molecules within a quantum-classical treatment. In this model, the dynamics of the ground state atom and the Rydberg electron are coupled, leading to a continuous energy transfer from the ground state atom to the Rydberg electron by which the Rydberg state is permanently detuned.

Comparing the time evolution of the detuning with these reduced lifetimes of the molecule, we observe that the measurements agree very well with the time at which the detuning significantly exceeds the natural linewidth. We, therefore, expect this detuning of the Rydberg state to give an important contribution to the reduced lifetimes of Rydberg molecules. Also, the experimentally measured tendency of longer lifetimes with higher Rydberg excitation could be verified within this model. However, further detailed experimental investigations of the corresponding lifetimes need to be performed for different densities of the background atomic gas as well as different quantum numbers $n$ to verify the results also in the zero density limit of the atomic background gas. A fully quantum-mechanical treatment of the process discussed in this paper and the accurate computation of the lifetimes are a challenge for future work.

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Figure 3. Dependence of the mean energy detuning over time ($\Delta E / \Delta t$) in equation (9) on the principal quantum number $n$. The calculations reveal a perfect exponential decrease of the detuning with the quantum number $n$. 

\[ \begin{align*}
\text{Figure 3. Dependence of the mean energy detuning over time } & \langle \Delta E / \Delta t \rangle_n \sim 0.76^n \\
& \text{from figure 3. Assuming that—in analogy to the calculations for the } n = 35 \text{ } s\text{-state—the decay of the Rydberg molecule was generally induced by the ground state atom when a detuning of } \Delta E \approx 15\text{–}22 \text{ kHz is reached, this would mean an increase of the Rydberg molecule’s lifetime by a factor of } 1/0.76 \approx 1.32. \text{ Note that, considering the experimental error stripes presented in [4], this value is in accordance with the lifetime measurements of the Rydberg molecules by Bendkowsky et al at finite densities [4].}
\end{align*} \]