**Supplemental appendix 1:** Interview guide questions asked of parents and healthcare professionals.

| Parents                                                                                                                                                                                                 | Healthcare professionals                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| - In your experience, what readiness did you need before your child’s resuscitation?                                                                                                                      | - In your experience, what preparation do parents need before their child's resuscitation?                   |
| - How were you treated before your child’s resuscitation?                                                                                                                                                  | - How do you treat parents to help promote their readiness before their child's resuscitation?               |
| - What actions helped you become ready for and endure your child's resuscitation?                                                                                                                           | - What actions do you take to help parents prepare for and endure the resuscitation of their child?          |
| - In your experience, what barriers were there to your readiness for your child's resuscitation?                                                                                                         | - In your experience, what barriers there are to readying parents for their child's resuscitation?          |
| - What factors do you think would have improved your readiness for your child's resuscitation?                                                                                                            | - What do you think are the factors that helped improve parents' readiness for their child's resuscitation? |
| - Which health professionals could better help you to become ready for this critical situation? And how could they help?                                                                                     | - In your experience, how can parental readiness for their child's resuscitation lead to better parenting experiences? |
| - In your experience, how can the health professionals ready, or prepare, other parents for resuscitation?                                                                                                  | - Which health professionals could better help parents to ready for this critical situation? And how could they help? |