Constraints on primordial magnetic fields from CMB distortions in the axiverse

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Measuring spectral distortions of the cosmic microwave background (CMB) is attracting considerable attention as a probe of high energy particle physics in the cosmological context, since PIXIE and PRISM have recently been proposed. In this paper, CMB distortions due to resonant conversions between CMB photons and light axion like particles (ALPs) are investigated, motivated by the string axiverse scenario which suggests the presence of a plenitude of light axion particles. Since these resonant conversions depend on the strength of primordial magnetic fields, constraints on CMB distortions can provide an upper limit on the product of the photon-ALP coupling constant $g$ and the comoving strength of primordial magnetic fields $B$. Potentially feasible constraints from PIXIE/PRISM can set a limit $gB < 10^{-16}$ GeV$^{-1}$nG for ALP mass $m_\phi < 10^{-12}$ eV. Although this result is not a direct constraint on $g$ and $B$, it is significantly tighter than the product of the current upper limits on $g$ and $B$.

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I. INTRODUCTION

An axion is a strongly motivated particle for a dark matter candidate. The axion was originally introduced to solve the strong CP problem in quantum chromodynamics (QCD) [1–3]. Axion-like particles (ALPs) also appear naturally in string theory [4, 5]. The topological complexity of string theory compactifications can provide a plenitude of light ALPs spanning many orders of magnitude in mass, known as the string axiverse scenario [6–8].

In principle there is no lower limit to the ALP mass in this scenario, though the lower limit of relevance for dark matter is the Hubble scale, $H_0 \approx 10^{-33}$ eV.

Recent gamma-ray data from blazars suggests the existence of cosmological magnetic fields stronger than $10^{-16}$G in large voids [9, 10]. Such magnetic fields can be accounted for by primordial magnetic fields, which are generated in the early universe (for recent reviews, see Refs. [11–13]). Since ALPs generally couple with electromagnetic fields, one can expect a conversion between cosmic microwave background (CMB) photons and ALPs in the presence of primordial magnetic fields. Such a conversion produces observable distortions in the CMB spectrum [14]. Ref. [13] has studied the resonant conversion between CMB photons and ALPs. They obtained the photon-ALP mixing constraint from the Far Infrared Absolute Spectrophotometer (FIRAS) data of the Cosmic Background Explorer (COBE) [15, 17]. Since the COBE FIRAS constraint on the resonant conversion probability $P$ corresponds to $P < 5 \times 10^{-5}$, they provided a constraint $gB < 10^{-13} \sim 10^{-11}$GeV$^{-1}$nG for ALP masses between $10^{-14}$ eV and $10^{-4}$ eV, where $g$ is the coupling constant and $B$ is the spatially averaged magnetic field strength at the present epoch. Their result suggests that, if primordial magnetic fields have a strength close to the current upper limit, the CMB distortion constraint gives a stronger constraint on $g$ than the solar and astrophysical bounds [18–20].

Recently, PIXIE [21] and PRISM [22] have been proposed to provide precision measurements of the CMB frequency spectrum. Measuring CMB distortions form the blackbody spectrum is a good probe to access the thermal history of the universe [23–27] (see Refs. [28, 29] for recent reviews). The current goal of these sensitivities to CMB distortions is set to be a factor $\sim 10^4$ improvement on the COBE FIRAS. Here, we revisit CMB distortions due to resonant photon-ALP conversions, and make a forecast about the feasibility of future constraints from PIXIE/PRISM. We also expand the constraint to smaller ALP masses, $< 10^{-14}$ eV, than in Ref. [15]. Such small-mass ALPs naturally arise in the axiverse scenario and have diverse phenomenology in the CMB, large scale structure, and black hole astrophysics that can constrain them independently of their couplings to the visible sector [30–34]. However, when the coupling to photons is present such ALPs can go through resonant conversions with CMB photons due to plasma effects in the cosmic dark age and be constrained independently of their contribution to dark matter. We evaluate CMB distortions...
due to small-mass ALPs, taking into account multiple resonant conversions.

This paper is organized as follows. We briefly review the resonant conversion between photons and ALPs in the cosmological scenario in Sec. II. We also derive the analytical form of the resonant conversion in both strong and weak coupling limits at the resonant epoch. In Sec. III, we calculate the resonant conversion probability numerically and evaluate the PIXIE/PRISM constraints on the ALP coupling and primordial magnetic field strength. Sec. IV is devoted to our conclusions.

II. RESONANT CONVERSIONS

ALPs couple to electromagnetic fields through a two photon vertex. In the existence of external magnetic fields, electromagnetic fields in the ALP interaction terms can be decomposed into the dynamical part of photons and the external magnetic field part. As a result, the interaction term of an ALP and a photon with external magnetic fields is given by

$$L = g \omega B_T A_{\parallel} \phi,$$

where $\omega$ is the photon frequency, $B_T$ is the component of the external magnetic field perpendicular to the propagation of photons, and $A_{\parallel}$ is the component of a photon parallel to the $B_T$ component.

Due to this interaction, the propagation eigenstates of the photon-ALP system ($\gamma, \phi$) are different from the interaction eigenstates with external magnetic fields. Therefore, conversion between $\gamma$ and $\phi$ occurs in the same way as for massive neutrinos of different flavors. The mixing angle of ($\gamma, \phi$) in vacuum is given by

$$\cos 2\theta_{\nu} = \frac{m_{\phi}^2}{\sqrt{(2g_B T \omega)^2 + m_{\phi}^4}},$$

$$\sin 2\theta_{\nu} = \frac{2g_B T \omega}{\sqrt{(2g_B T \omega)^2 + m_{\phi}^4}},$$

where $m_{\phi}$ is the ALP mass. This mixing angle produces photon-ALP oscillations with a wavenumber

$$k = \frac{\sqrt{m_{\phi}^4 + (2g_B \omega)^2}}{2\omega}.$$  

In the cosmological plasma, the photon dispersion relation is modified due to plasma effects. This modification can be parametrized by an effective photon mass $m_{\gamma}$. Among the various plasma effects, the scatterings off free electrons and neutral atoms make negative and positive contributions to the effective photon mass, respectively. Due to these effects, the effective mass can be given as

$$m_{\gamma}^2 = \omega_p^2 - 2\omega^2(n_H - 1),$$

where $\omega_p$ is the plasma frequency $\omega_p^2 = 4\pi n_e/m_e$ with the fine structure constant $\alpha$, the electron mass $m_e$, and the free electron number density $n_e$. The refractive index of neutral hydrogen $n_H$ is set to $(n_H - 1) = 1.36 \times 10^{-4}$ in normal conditions. In Eq. (4), we ignore the contributions of helium and magnetic fields, because these effects are negligibly small.

The effective photon mass depends on the evolution of the ionization fraction $x(z)$ through the neutral hydrogen and free electron number densities. Ionized hydrogen recombines with free electrons at $z \approx 1100$ and is reionized around $z \approx 10^4$. We calculate $x(z)$ with RECFAST, adopting a toy model for reionization which is given by a $tanh$ function, $x(z) = 1 + tanh((z - z_{re})/\Delta z)$ with $z_{re} = 10$ and $\Delta z = 1$. We plot the evolution of the effective photon mass in Fig. 1 with CMB temperature $T_0$. The effective mass squared has positive and negative contributions from scattering off free electrons and neutral atoms, respectively. As a result, the effective mass becomes negative for high frequencies in the dark ages where negative contributions dominate positive ones.

The effective photon mass modifies photon-ALP oscillations through the Lagrangian. This effect arises as the effective mixing angle $\hat{\theta}$

$$\cos 2\hat{\theta} = \frac{\cos 2\theta_{\nu} - \xi}{\sqrt{(\sin 2\theta_{\nu})^2 + (\cos 2\theta_{\nu} - \xi)^2}},$$

$$\sin 2\hat{\theta} = \frac{\sin 2\theta_{\nu}}{\sqrt{(\sin 2\theta_{\nu})^2 + (\cos 2\theta_{\nu} - \xi)^2}},$$

where the parameter $\xi$ controls the significance of the plasma effects,

$$\xi = \frac{m_{\gamma}^2}{\sqrt{m_{\phi}^4 + (2g_B \omega)^2}} = \left(\frac{m_{\gamma}}{m_{\phi}}\right)^2 \cos 2\theta_{\nu}.$$  

As shown in Fig. 1 the effective mass at early universe can be much larger than the ALP mass and $\xi \gg 1$. In this case, the conversion between $\gamma$ and $\phi$ is suppressed. However, as the universe evolves, the effective mass equals an ALP mass and $\xi$ reaches unity. At this time, the effective mixing angle becomes $\pi/4$ and the resonant conversion occurs between photons and ALPs with this mass. This is in analogy to “resonant” neutrino oscillations known as Mikheyev-Smirnov-Wolfenstein (MSW) effect.

The conversion probability for the resonance is given by

$$P \approx \frac{1}{2} + \left(p - \frac{1}{2}\right) \cos 2\theta_{\nu} \cos 2\theta_{\nu},$$

where $p$ is the level crossing probability, $\theta_{\nu}$ and $\theta_{\nu}$ are the effective mixing angles at the photon production ($z \gg 1$)
and detection points \((z = 0)\), respectively. At the photon production point (i.e. at reheating), since the redshift is very high, \(\xi\) is large. Hence we approximate \(\cos 2\theta_p \sim -1\) throughout this paper.

The level crossing probability \(p\) indicates the non-adiabaticity of the conversion. While \(p\) becomes zero in the limit of the adiabatic conversion, \(p\) reaches unity in the extremely non-adiabatic case. In order to obtain the level crossing probability, we make the approximation that \(m_\gamma\) varies linearly in the resonance regime, and make a Taylor-series expansion at the resonance position, neglecting the second- and higher-derivative terms. In this approximation, the level crossing probability is given by applying the Landau-Zener result [13],

\[
p \approx \exp \left[ -\frac{k_r r \sin^2 2\theta_r}{2 \cos 2\theta_r} \right],
\]

where \(k_r\) and \(\theta_r\) are respectively the oscillation wavelength and vacuum mixing angle at the resonance epoch, and \(r\) is a scale parameter to be evaluated at the location where a resonance occurs [37],

\[
r = \left| \frac{d \ln m_\gamma^2(t)}{dt} \right|^{-1} \bigg|_{t = t_r},
\]

where \(t_r\) refers to the time at the resonance.

For small \(m_\phi\) \((m_\phi < 10^{-12} \text{ eV})\), we expected from Fig. 1 that multiple resonances occur. The conversion probability can be calculated in a manner similar to the single resonance case. Following the classical probability result, we obtain the probability for the double resonant case by replacing \(p\) by \(p_1(1 - p_2) + p_2(1 - p_1)\), where \(p_1\) and \(p_2\) are the probabilities for the first and second resonances, respectively [13]. Similarly to the double resonant case, the probability for more multiple resonances can be calculated.

Resonant photon-ALP conversions depend on the component of external magnetic fields perpendicular to the propagation direction of photons, \(B_T\). Generally, primordial magnetic fields have structures which depend on the generation mechanisms of these fields. Therefore, the resonant conversion probability is possibly anisotropic due to these structures and depends on the ratio of the magnetic field coherent scale to the resonant scale. In this paper, we focus on the monopole component of CMB distortions to the black-body spectrum.

Before calculating resonant conversion probabilities numerically, it is worth estimating them analytically for two cases, \(m_\phi \gg m_{\gamma0}\) and \(m_\phi \ll m_{\gamma0}\) where \(m_{\gamma0}\) is the effective photon mass at the detection point \((z = 0)\).

In the case of \(m_\phi \gg m_{\gamma0}\), the resonant conversion probability has been studied in Ref. [12]. The mixing angle at the detection point is expressed by that in the vacuum state given by Eq. 8. Since we are interested in the weak mixing limit, \(g(B_0^2)^{1/2}\omega \ll m_\phi^2\), we can approximate \(\cos 2\theta_0 \approx 1\). In this case, the resonant conversion happens only once. Therefore the conversion probability is provided by Eq. 7, and the sky-averaged conversion probability can be approximated by

\[
\langle P \rangle \approx 1 - p.
\]

In order to satisfy the COBE FIRAS limit, \(\langle P \rangle < 5 \times 10^{-5}\), a strong non-adiabatic resonance, \(p \sim 1\), is required. For the single resonance case, \(p\) is given by Eq. 8. A strong non-adiabatic condition, \(p \approx 1\), leads the level crossing probability to

\[
p \approx 1 - \frac{k_r r \sin^2 2\theta_r}{2 \cos 2\theta_r}.
\]

Accordingly, in the weak coupling limit, the conversion probability at a comoving frequency \(\omega\) can be provided by 12

\[
\langle P \rangle \approx \pi r \omega g^2(B_0^2)(1 + zr)^5 / m_\phi^2,
\]

where the redshift factor comes from the dependence of both magnetic fields and CMB physical frequency on the resonant epoch.

For \(10^{-14} \text{ eV} < m_\phi < 5 \times 10^{-13} \text{ eV}\), CMB photons suffer multiple resonances. Since photons are still detected in vacuum, we can approximate \(\cos 2\theta_0 \approx 1\) in the weak mixing limit. For the double resonance case, the sky-averaged conversion probability is expressed as

\[
\langle P \rangle \approx 1 - p_1(1 - p_2) - p_2(1 - p_1).
\]

It is clear that the COBE FIRAS limit requires fine-tuning of \(p_1\) and \(p_2\). Accordingly, for \(10^{-14} \text{ eV} < m_\phi <
\(5 \times 10^{-13} \text{ eV}\), the parameter regions of \(g\) and \((B^2)^{1/2}\) are tightly restricted.

In the case of \(m_\phi \ll m_{-0}\), photons are no longer detected in vacuum, and the detection point is given by Eq. (5). Therefore, \(\cos 2\theta_0\) is approximated by \(\cos 2\theta_0 \sim -1\) in the weak mixing limit. Therefore, there is no resonance and the photon-ALP conversion is adiabatic. This results in the sky-averaged probability for the resonant conversion being \(P = 0\) with \(p = 0\). However, for high frequencies \((\omega \gtrsim 4T_0)\), double resonant conversions happen. The sky-averaged probability for the resonant conversion probability can be written as

\[
(P) \approx p_1(1 - p_2) + p_2(1 - p_1).
\]

In the double resonant case, the COBE FIRAS limit requires strong non-adiabatic resonances, \(p_1 \sim 1\) and \(p_2 \sim 1\), or completely adiabatic conversions, \(p_1 \ll 1\) and \(p_2 \ll 1\). Here, we focus on only the case of strong non-adiabatic resonances. When the weak coupling limit is valid at the resonant epochs, the resonant conversion probability is given by

\[
(P) \approx \pi \omega \frac{g^2(B_{0,\phi}^2)}{m_\phi^2} \left[ r_1(1 + z_1)^5 + r_2(1 + z_2)^5 \right],
\]

where the subscripts 1 and 2 denote values at the first and second resonant epochs, respectively.

The magnetic field strength and CMB frequency at the resonant epochs depend on the redshift due to the cosmological expansion. As \(m_\phi\) decreases, the weak coupling limit is no longer valid and the strong coupling limit \(g(B_{0,\phi}^2)^{1/2} \omega \gg m_\phi^2\) is satisfied at the resonant epochs, although the weak coupling limit is still valid at the detection point \((z = 0)\). We find that the level crossing probability in the strong coupling limit has the same approximate form as in the weak coupling limit (see also Appendix). Accordingly, the sky averaged conversion probability can be written as

\[
(P) \approx \pi \omega \frac{g^2(B_{0,\phi}^2)}{m_\phi^2} \left[ r_1(1 + z_1)^5 + r_2(1 + z_2)^5 \right].
\]

In both weak and strong coupling limits, the resonant conversion probability can be expressed in the same form as shown in Eqs. (15) and (17).

### III. CMB DISTORTIONS AND CONSTRAINTS

A photon-ALP coupling causes resonant conversions of CMB photons to ALPs. In the standard Big Bang scenario, the CMB spectrum is predicted as a black-body spectrum. When conversions happen after the decoupling of CMB thermal equilibrium, they can produce observable CMB distortions from the black-body spectrum.

COBE FIRAS confirmed that the CMB spectrum is well fit to a black-body spectrum at temperature \(T_0 = 2.725 \pm 0.002 \text{ K}\)\(^1\). The intensity of the black-body spectrum is given by

\[
I_0(\omega) = \frac{\omega^3}{2\pi^2} \left[ \exp(-\omega/T(z)) - 1 \right]^{-1}.
\]

Due to the presence of photon-ALP conversions, the observed intensity is modified to

\[
I_{\text{obs}}(\omega) = I_0(\omega)(1 - P(\omega)).
\]

Therefore, the sky-average CMB distortion from the black-body spectrum can be written as

\[
\frac{\Delta I(\omega)}{I_0(\omega)} = \frac{\langle I_{\text{obs}}(\omega) \rangle - I_0(\omega)}{I_0(\omega)} = -(P(\omega)).
\]

We show the frequency dependence of the CMB distortions for different ALP masses and \(g(B_{0,\phi}^2)^{1/2}\) in Fig. 2. Note that, since the resonant conversion creates the deficit from the black-body spectrum, the y-axis denotes \(-\Delta I/I_0\). In this figure, we use the frequency normalized to the CMB temperature, \(T_0\), and normalize \(m_\phi\) and

\[^1\text{This equation is valid for ALP mass resonances occurring after the recombination epoch. When the resonant conversion happens before the recombination epoch, the distortion produced by the resonant conversion is modified, because CMB photons still couple with cosmic plasma. For a detailed analysis of this case, see Ref. [12].}\]
$g(B_0^2)^{1/2}$ in units of eV and GeV$^{-1}$nG, respectively. For $m_\phi = 10^{-10}$ eV, the resonant conversion happens only once. Both lines for $m_\phi = 10^{-10}$ eV in Fig. 2 shows that the conversion probability depends on $g^2(B_0^2)$, and is proportional to $\omega$. These are well described by Eq. (12).

On the other hand, for $m_\phi = 10^{-16}$ eV, the number of resonant conversions depends on the CMB frequencies. While there is no resonant conversion at low frequencies $x < 4$, the resonance conversion occurs twice at high frequencies $x \gtrsim 4$. At both resonant epochs ($z > 100$), the strong coupling condition is satisfied for $g(B_0^2)^{1/2} \gtrsim 10^{-4}$. Therefore, the resonant conversion probability can be written as Eq. (17). In Fig. 2 both lines for $m_\phi = 10^{-16}$ eV show that the resonant conversion probability also depends on $g(B_0^2)^{1/2}$ as expected from Eq. (17). The frequency dependence is not trivial, because the resonance epochs depend on the frequency as shown in Fig. 1. When we assume $z_1 > z_2$, we find that, although the magnetic field strength and CMB frequency are larger at higher redshift, the second term in Eq. (17) makes a dominant contribution. Fig. 2 shows that, as the CMB frequency increases, $(P)$ also becomes large on the high frequency side $\omega \gtrsim 5T_0$, similarly to the case of $m_\phi > 10^{-10}$ eV where the conversion probability is proportional to the frequency.

CMB distortions are also created in the thermalization process of energy injections in the early universe. Usually, these distortions are described by two types of the distortions: $\mu$- and $g$-type distortions [11]. For comparison, in Fig. 2 we show the frequency dependence of $\mu$- and $g$-type distortions. Here, we plot these distortions with COBE limits, $\mu < -1.5 \times 10^{-5}$ and $g < 9 \times 10^{-5}$ [17]. Compared with these distortions, the resonant conversion creates frequency-independent distortions makes differences on high frequencies. Although $\mu$-type distortions are suppressed and $g$-type provides excess distortions ($\Delta I/I > 0$), the resonant conversion generates the deficit distortions.

Currently, PRISM is designed to measure the deviation $\Delta_{\text{PRISM}}(\omega) \approx 2 \times 10^{-26}$ Wm$^{-2}$Hz$^{-1}$Sr$^{-1}$ for the CMB frequency range, 30 GHz $< \omega < 1000$ GHz ($0.5 < x < 17.5$) [22]. We adopt these values as the PIXIE/PRISM sensitivity for CMB distortions. We evaluate the PIXIE/PRISM constraints on the ALP coupling and magnetic fields, $g(B_0^2)^{1/2}$ from these values. We plot the PIXIE/PRISM constraint as functions of an ALP mass $m_\phi$ in Fig. 3.

COBE/FIRAS has provided the best upper bound on possible CMB distortions from the black-body spectrum. According to Ref. [17], we assume that COBE FIRAS constraint is $\Delta_{\text{FIRAS}}(\omega) < 3 \times 10^{-22}$ Wm$^{-2}$Hz$^{-1}$Sr$^{-1}$ for frequencies $T_0 < \omega < 10T_0$ and evaluate the COBE FIRAS limit. For comparison, we show the COBE FIRAS limit as thin lines in Fig. 3.

For $m_\phi > 10^{-12}$ eV, the resonant conversion occurs only once. The conversion probability can be written as Eq. (12) and is proportional to $g^2(B_0^2)$. Therefore, as shown in Fig. 3, PIXIE/PRISM can give a much better constraint on $g(B_0^2)^{1/2}$ than COBE FIRAS and the improvement is roughly given by the ratio $\sqrt{\Delta_{\text{PRISM}}/\Delta_{\text{FIRAS}}} \sim 10^2$.

In the shaded region, the multiple resonances happen while the detection point ($z = 0$) is in vacuum, $m_\phi \gg m_\phi$. The resonant conversion probability is provided by Eq. (13). As discussed above, the COBE constraint requires fine tuned $g(B_0^2)^{1/2}$. This means that ALPs in this mass region are effectively ruled out.

In the case of $m_\phi < 10^{-14}$ eV, there is no resonant conversion for lower frequencies $\omega < 4T_0$. The strong constraint on $g(B_0^2)^{1/2}$ cannot be obtained for such low frequencies. On the other hand, CMB photons with higher frequencies $\omega \gtrsim 4T_0$ suffer double resonant conversions. As a result, the constraints on $g(B_0^2)^{1/2}$ are divided to three ALP mass regions which correspond to Eqs. (16) and (17).

When $g(B_0^2)^{1/2}$ attains the value of the PRISM/PIXIE constraint in Fig. 3, the weak coupling limit is valid at resonance epochs for $m \gtrsim 10^{-17}$ eV. The resonant conversion probability is given by Eq. (16). Although Eq. (16) has an explicit dependence on $m_\phi$, this dependence is canceled by $r_1$ and $r_2$ which are proportional to $m_\phi^{-2}$ from Eq. (14) (note that $dm_\phi/dz$ is independent of $m_\phi$ in this mass region). As a result, the resonant conversion probability does not depend on $m_\phi$.

For $m_\phi \lesssim 10^{-17}$ eV, $g(B_0^2)^{1/2}$ at the PRISM/PIXIE constraint reaches the strong coupling limit at resonance epochs. The conversion probabilities in the strong coupling limit are approximated to the identical form to the weak coupling limit as shown in Eqs. (16) and (17). The conversion probability does not depend on ALP mass, $m_\phi$. Therefore, our constraint can be extended down to $m_\phi \sim 10^{-24}$ eV axions which can play an interesting role in the context of large-scale structure formation [33].

When the ALP mass is $m_\phi < 10^{-14}$, the resonant...
conversion probability in the both limits of weak and strong couplings is proportional to $g^2(B_0^2)$. Therefore, PIXIE/PRISM can improve the constraint on $g(B_0^2)^{1/2}$ from COBE FIRAS by the ratio $\sqrt{\Delta I_{\text{PRISM}}/\Delta I_{\text{FIRAS}}} \sim 10^2$ as same as for larger mass of ALPs, $m_\phi \gtrsim 10^{-14}$.

To close this section we comment on our assumption about the coherent scale of magnetic fields. In our calculations, for simplicity, we have assumed that the coherent scale of magnetic fields is larger than a resonant scale. Here we discuss the validity of this assumption.

Mirizzi et al. have studied the condition for this assumption with $m_\phi > m_\phi$. The typical comoving width of a resonance $L_{rc}$ is given by $L_{rc} = (1 + z_r)r_0 \sin 2\theta_r$. Comparing with the comoving coherent scale of magnetic fields, $L_{Mc}$, they showed that the condition of $L_{Mc} > L_{rc}$ is valid when the coupling $g(B_0^2)^{1/2}$ satisfy

$$g(B_0^2)^{1/2} < 0.06 \left( \frac{m_\phi}{10^{-12} \text{ eV}} \right)^{1/3} \times \left( \frac{T_0}{\omega} \right) \left( \frac{L_{Mc}}{1 \text{ Mpc}} \right) \text{GeV}^{-1} \text{nG}. \quad (21)$$

Our constraint meets this condition with the comoving coherent scale $L_{Mc} \gtrsim 1$ Mpc.

We can also check the validity of the assumption for $m_\phi < m_\phi$. Although resonances occur twice at $z_1$ and $z_2$, the lower-redshift resonance has a typical comoving width $L_{2c} = (1 + z_2)r_0 \sin 2\theta_2$ larger than the higher-redshift resonance ($z_1 > z_2$). For CMB frequency $4 < \omega/T_0 < 10$, we get the fitting formula of $r_2$ as

$$r_2 \approx 5.7 \times 10^{-7} \left( \frac{m_\phi}{10^{-14} \text{ eV}} \right)^2 \left( -2 + \frac{\omega}{T_0} \right)^4 \text{ Mpc}. \quad (22)$$

Fig. 4 shows $z_2 < 500$. Therefore, the condition $L_{Mc} > L_{2c}$ for $4 < \omega/T_0 < 10$ is achieved when the comoving coherent scale of magnetic fields satisfies

$$L_{Mc} > 1.16 \left( \frac{m_\phi}{10^{-14} \text{ eV}} \right)^2 \text{ Mpc} \quad (23)$$

where we used $L_{Mc} > (1 + z_2)r_2$ with $z_2 < 500$ and $\omega/T < 10$. As the ALP mass decreases, our constraint is valid for small-scale magnetic fields. As the ALP mass decreases, our constraint is valid for small scale magnetic fields, such as those expected to be produced in the QCD or electroweak phase transitions ($L_{Mc} \sim 100 \text{pc} - 10 \text{kpc}$) [47, 48].

### IV. CONCLUSION

In this paper, we have studied resonant conversions from CMB photons to small-mass ALPs with primordial magnetic fields. Resonant conversions of CMB photons to such small-mass ALPs occur due to plasma effects in the dark age. These resonant conversions can produce observable CMB distortions. We have evaluated the resonant conversion probability between CMB photons and ALPs, following the method of Ref. [15]. In particular, we have focused on low-mass ALPs, $m_\phi < 10^{-10}$ eV. Depending on CMB frequency, CMB photons suffer multiple resonant conversions to such low-mass ALPs.

Using COBE FIRAS bound on the possible CMB distortions from the black-body spectrum, we have obtained the upper limit on $g(B_0^2)^{1/2}$ where $g$ and $\langle B_0^2 \rangle^{1/2}$ are the photon-ALP coupling constant and the averaged primordial magnetic field strength at the present epoch. Our limit is $g(B_0^2)^{1/2} \lesssim 10^{-14}$ GeV$^{-1}$nG for $m_\phi \lesssim 10^{-14}$ eV at the CMB frequency $\omega = 4T_0$. We have found that the COBE constraint requires fine tuned $g(B_0^2)^{1/2}$ for $10^{-14}$ eV $\lesssim m_\phi \lesssim 4 \times 10^{-13}$ eV. This means that ALPs in this mass region with non-zero photon coupling are effectively ruled out.

We have also evaluated the constraint expected from PIXIE/PRISM, one of whose goals is to measure the CMB frequency spectrum precisely. Compared with COBE FIRAS, PIXIE/PRISM can improve the constraint on $g(B_0^2)^{1/2}$ by the ratio of PIXIE/PRISM’s CMB distortion sensitivity to COBE FIRAS’s one. Accordingly, the PIXIE/PRISM constraint is $g(B_0^2)^{1/2} \lesssim 10^{-16}$ GeV$^{-1}$nG for $m_\phi \lesssim 10^{-14}$ eV at the CMB frequency $\omega = 4T_0$.

The resonant conversion creates the deficit distortion. This fact means that the effective temperate of residual free electron gas, which is thermally equivalent with CMB temperature before the resonant conversion, becomes higher than the effective CMB temperature after the conversion. As a result, in order to recover the thermal equilibrium state, electrons with high momenta cool by Compton scatterings and ones with low momenta absorb CMB photons. This signature can appear on the CMB spectrum at low frequencies (less than 1 GHz). We will address this issue in the near future.

The current direct constraint on the photon-ALP coupling for small mass is $g \lesssim 10^{-10}$ GeV$^{-1}$ for $m_\phi \lesssim 0.01$ eV [15]. Our constraint is to the product of the photon-ALP coupling constant $g$ and the magnetic field strength $\langle B_0^2 \rangle^{1/2}$. The constraint on $g(B_0^2)^{1/2}$ has been also derived from studying the effect of photon-ALP conversions on CMB polarization [47]. Our result shows that COBE FIRAS constraint is comparable with this bound and PIXIE/PRISM can provide the better bound. Recently, the limit similar to the PIXIE/PRISM constraint, $g(B_0^2)^{1/2} \lesssim 10^{-16}$ GeV$^{-1}$nG, has been suggested as due to the conversion from the axionic dark radiation to CMB photons [49]. However, our work relies on the reverse process, which does not require the prior production of axionic dark radiation. Therefore PIXIE/PRISM can give the more robust constraint.

As for primordial magnetic fields, the upper bounds on primordial magnetic fields are provided by observations of CMB anisotropies [49, 50] and large scale structures [51, 52]. The constraint on comoving magnetic field strength with the 1 Mpc coherent scale is below several nano Gauss. Therefore, if primordial magnetic fields are detected with the upper limit strength, the
PIXIE/PRISM limit can give a stronger constraint on the photon-ALP coupling $g$ stronger by roughly 5 orders of magnitude compared to the present limit for small-ALP mass, $m_\phi < 10^{-14}$ eV$^2$.

On the other hand, if in future the existence of small-mass ALPs were confirmed, for example by direct detection $^{52}$, $^{50}$, and the photon-ALP coupling constant was measured then the constraint of PIXIE/PRISM constrains primordial magnetic fields. The measurement of CMB distortions by PIXIE/PRISM can then give the stronger constraint on the primordial magnetic fields than other current upper limits.

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Appendix: Resonant conversion probability in the weak and strong coupling limits

Depending on the ALP mass, we have obtained the analytical approximations of the resonant conversion probability in the weak coupling limit, \( m_\phi^2 > g B \omega \), and the strong coupling limit, \( m_\phi^2 < g B \omega \) in Sec. 11. In particular for \( m_\phi < 10^{-14} \text{ eV} \), these forms are identical as shown in Eq. (10) and (11). In this appendix, we derive these approximate forms in the limits of weak coupling (WC) and of strong coupling (SC).

In both limits, the mixing angle in vacuum, Eq. (2), is approximated by

\[
\cos 2\theta_c \approx \begin{cases} 
1 - \frac{1}{2} \left( \frac{2 g B \omega}{m_\phi^2} \right)^2 & \text{WC limit}, \\
\frac{m_\phi^2}{2 g B \omega} & \text{SC limit},
\end{cases}
\]

\[
\sin 2\theta_c \approx \begin{cases} 
\frac{2 g B \omega}{m_\phi^2} & \text{WC limit}, \\
1 - \left( \frac{m_\phi^2}{2 g B \omega} \right)^2 & \text{SC limit}.
\end{cases}
\]  

The wavenumber of photon-ALP oscillations induced by this mixing angle is expressed in these limits as

\[
k \approx \frac{m_\phi^2}{2 \omega} \quad \text{WC limit,} \quad \frac{m_\phi^2}{g B} \quad \text{SC limit.}
\]

Due to cosmic plasma effects, the effective photon mass plays a role. The effective photon mass modifies the mixing angle. The level crossing probability is given by Eq. (8). In this paper, we focus on the limit of non-adiabatic resonance, \( p \sim 1 \). Therefore, the level crossing probability can be expanded as Eq. (11). Accordingly, using Eq. (A.2) and (A.3), we can approximate \( p \) in both limits of the weak and strong coupling to

\[
1 - p \approx \begin{cases} 
\pi \omega g^2 B^2 / m_\phi^2 & \text{WC limit}, \\
\pi \omega g^2 B^2 / m_\phi^2 & \text{SC limit}.
\end{cases}
\]  

In both limits, the level crossing probabilities are identical.

For \( m_\phi < 10^{-14} \text{ eV} \), the double resonant conversion for CMB photons with \( \omega > 4 T_0 \) happens. The double resonant conversion probability is given by

\[
P \approx \frac{1}{2} + (p_1(1-p_2) + p_2(1-p_1) - \frac{1}{2}) \cos 2\theta_p \cos 2\theta_0.
\]  

Let us evaluate the double resonant conversion probability with \( \cos 2\theta_p = -1 \). When the ALP mass is \( m_\phi < 10^{-14} \text{ eV} \), \( m_\phi \gg m_\phi \) is satisfied as shown in Fig. 11. Hence the effective mixing angle \( \cos 2\theta_0 \) at the detection point (\( z = 0 \)) can be approximated by

\[
\cos 2\theta_0 \approx -1 + \frac{1}{2} \frac{\sin^2 2\theta_c}{\xi^2} 
\]

\[
\approx \begin{cases} 
-1 + \frac{1}{2} \left( \frac{m_\phi}{m_\phi^2} \right)^4 \left( \frac{2 g B_0 \omega}{m_\phi^2} \right)^2 & \text{WC limit}, \\
-1 + \frac{1}{2} \left( \frac{2 g B_0 \omega}{m_\phi^2} \right)^2 & \text{SC limit}.
\end{cases}
\]  

where \( B_0 \) is the comoving magnetic field strength. The current constraints on \( g \) and \( B_0 \) are \( g \lesssim 10^{-10} \text{ GeV}^{-1} \).
and $B \lesssim 1\, \text{nG}$. These constraints suggest that $m_{\gamma 0}^2 \gg gB\omega$ for $\omega < 10T_0$. Therefore, we can assume $\cos 2\tilde{\theta}_0 \approx -1$ in both limits.

Plugging Eqs. (A.4) and (A.6) into Eq. (A.5), we obtain in the limits of weak and of strong couplings,

$$P \approx \pi \omega \frac{g^2 B_0^2}{m_\phi^2} \left[ r_1 (1+z_1)^5 + r_2 (1+z_2)^5 \right], \quad \text{(A.7)}$$

where we use $B_i = B_0 (1+z_i)^2$ and $\omega_i = \omega (1+z_i)$ with the subscript $i$ denoting 1 and 2. Eq. (A.7) corresponds to Eqs. (16) and (17).