Assessment of interferon gamma and indoleamine 2,3-dioxygenase 1 analysis during respiratory syncytial virus infection in infants in Italy: an observational case–control study

Francesco Savino, Valentina Daprà, Andrea Savino, Cristina Calvi, Paola Montanari, Ilaria Galliano, Massimiliano Bergallo

ABSTRACT

Objectives The aim of this study was to measure interferon gamma (IFN-γ) and indoleamine 2,3-dioxygenase 1 (IDO1) values in the White blood cells of infants during respiratory tract infections and to compare these with healthy age-matched controls.

Design This was a prospective, observational case–control study conducted in 2019–2020.

Setting The study took place at Regina Margherita Children’s Hospital, Turin, Italy.

Participants The study comprised 63 infants, including 26 patients hospitalised for bronchiolitis due to a respiratory syncytial virus (RSV) infection and 37 age-matched controls. The inclusion criteria included a positive RSV test for an infant with bronchiolitis.

Methods We collected peripheral blood and measured the relative quantification of messenger RNA (mRNA) expression of IFN-γ and IDO1 with TaqMan real-time PCR amplification. The data were collected on the first day of admission.

Results The mean age of the 26 patients with RSV bronchiolitis (53.8% female) was 85 (9–346) days when they were admitted to the hospital. Their mean gestational age at birth was 38 weeks and their mean birth weight was 3100 (2780–3730) g. The expression of IFN-γ was significantly reduced in patients with bronchiolitis RSV compared with healthy controls (p=0.0132). However, there was no significant difference between the two groups when the IDO1 mRNA expression values in their WCC were measured (p=0.0642).

Conclusion Our findings did not clarify whether IDO1 expression was related to the early stage of the disease or to the young age of the infants. We collected our data on the first day of hospital admission and future studies are needed to assess IFN-γ and IDO1 at the end of the RSV infectious episode to overcome the limitations.

INTRODUCTION

Respiratory syncytial virus (RSV) is the main cause of respiratory infections and hospital admissions for bronchiolitis among infants under 12 months of age. Global estimates suggest that RSV causes nearly 34 million lower respiratory tract infections (LRTIs) a year and that 3.4 million infants and children under 5 years of age are hospitalised. An estimated annual increase of 10% has been reported. RSV is a public health issue in many countries, including Italy. It was formerly considered a subfamily of Paramyxoviridae, but was recently reclassified as belonging to the Pneumoviridae family.

The virus is characterised by a large envelope and negative-sense RNA coding for 11 glycoproteins. RSV infections are seasonal, with peaks throughout the winter months in temperate regions, and young children, the elderly and those with chronic medical conditions face the greatest risk for severe RSV...
infections. However, some evidence has been presented that suggests that individuals who develop severe LRTIs have a compromised ability to develop sufficient type I-like immune responses during primary RSV infections.

Indoleamine 2,3-dioxygenase 1 (IDO1) is an interferon-stimulated gene and interferon gamma (IFN-γ) has been recognised as the most important inducer of IDO in several cell types, as mentioned above. In vitro experiments with epithelial A549 cells have shown that IFN-γ is a more potent inducer of IDO than type I IFN. Hundreds of IFN-γ-stimulated genes have been described, but only a handful of them have displayed antiviral activity in vivo. We know that there are not many cells in the human body that are able to express IDO1. However, the expression of this molecule can be modulated by IFN-γ-induced signaling pathways in numerous cell types, such as dendritic cells and macrophages. This is because the promoter region of the IDO1 gene contains two Interferon Gamma-stimulated response elements and three IFN-γ-activated sites that respond to the IFNs that are often produced to control viral infections. Although type I IFNs can also induce IDO1 expression, IFN-γ remains the most potent inducer of IDO1 expression.

IFN-γ is a type II cytokine which acts directly against viruses, promotes antigen presentation through induction of Major Histocompatibility Complex (MHC) molecule expression and stimulates cytotoxic activity of natural killer cells and virus-specific T cells. This early response is able to influence the clinical course of RSV bronchiolitis as it leads to a lower production of cytokines, which influences the duration of the disease and the damage caused to the lungs. Furthermore, the clinical pictures presented by severe RSV infections have been associated with reduced IFN-γ secretions in both the blood and respiratory system.

Multiple factors influence the magnitude of the body's response to a viral infection, such as genetics, immunological maturation, age of the subject and viral agent. The aim of this study was to measure IFN-γ and IDO1 levels in the white blood cells of infants with bronchiolitis due to RSV infections and to compare these with the levels in healthy age-matched controls.

**MATERIALS AND METHODS**

**Patients**

This prospective case–control study was conducted in Turin, Italy, between 1 September 2019 and 31 January 2020. The cohort comprised healthy full-term infants below 12 months of age who were hospitalised at Regina Margherita Children’s Hospital, Turin, Italy, for a first episode of bronchiolitis. We selected patients who were diagnosed with bronchiolitis and RSV infections and tested them for IFN-γ and IDO1 on the day that they were admitted to the hospital.

The controls were age-matched healthy infants below 12 months of age who attended an outpatient clinic at the hospital’s Department of Pediatrics for routine postnatal checks.

Bronchiolitis was diagnosed by trained paediatricians using clinical signs that included wheezing with or without cough, rales, dyspnoea and increased respiratory rate and retractions of the respiratory muscles. Hospitalised infants with bronchiolitis underwent routine blood tests on admission to the hospital.

The parents of the enrolled infants were informed about the purpose, benefits and possible risks of the study and written informed consent was obtained.

The mean age of the 26 patients with RSV bronchiolitis (53.8% female) was 85 (9–346) days when they were admitted to the hospital. Their mean gestational age at birth was 38 weeks and their mean birth weight was 3100 (2780–3730) g. The 37 infants in the control group (51.6% male) were seen at a mean age of 98 (14–336) days and 41.9% were still being exclusively or predominantly breast fed. Their mean gestational age at birth was 38 weeks and their mean birth weight was 3020 (2500–4000) g. The controls had not been hospitalised for bronchiolitis or any other infections. WCC, neutrophils and eosinophils were recovered from their medical records.

RSV was diagnosed using Xpert Xpress Flu/RSV real-time PCR technology (Cepheid, Milan, Italy). The inclusion criteria included a positive RSV test for infants with bronchiolitis.

The exclusion criteria for the patients and controls included known or suspected impairment of immunological function, congenital malformations and being born premature at less than 37 weeks of gestation. A paediatric investigator collected personal data from the parents or guardians and clinical data were gathered during physical examinations.

Verbal informed consent was obtained from the parents of the study participants and recorded in their clinical records in accordance with Italian good clinical practice guidelines and the hospital’s clinical investigation guidelines. The samples were anonymised before processing.

**Messenger RNA isolation, complementary DNA synthesis and real-time PCR**

RNA were extracted from each heparinised blood sample using the RNA Blood Kit protocol, without any modifications, in the Maxwell 16 system (Promega, Madison, Wisconsin, USA), according to the manufacturer’s instructions. RNA was eluted in a final volume of 50 µL. RNA purity and concentration were evaluated by spectrophotometry using NanoDrop ND-2000 (Thermo Fisher Scientific, Wilmington, Delaware, USA). Absorbance ratios of 260/230 and 260/280 were used to assess the presence of contaminants: peptides, phenols, aromatic compounds or carbohydrates and proteins. We reverse-transcribed 400 ng of total RNA with 2 µL of 10X buffer, 4.8 µL of MgCl2 25 mM, 2 µL Imprrom-II (Promega), 1 µL of RNase inhibitor 20 U/L, 0.4 µL random hexamers 250 µM (Promega), 2 µL mix Deoxosnucleotides 100 mM (Promega) and double distilled water in a final volume...
of 20 µL. The reaction mix was carried out in GeneAmp PCR System 9700 Thermal Cycle (Applied Biosystems, Foster City, California, USA) under the following conditions: 5 min at 25°C, 60 min at 42°C and 15 min at 70°C for inactivation of the enzymes. Complementary DNA were then stored at −80°C until use. We controlled for genomic DNA contamination by directly amplifying the RNA extracts without reverse transcription.

After the reverse transcription step was carried out, we achieved relative quantification of messenger RNA (mRNA) expression of IFN-γ and IDO1 using TaqMan real-time PCR amplification and glyceraldehyde-3-phosphate dehydrogenase using ABI PRISM 7500 Real-Time System (Life Technologies, California, USA). We amplified 40 ng of complementary using the IFN-γ and IDO1 gene mRNA expression kits, PP-BioMole 001 and 030 (BioMole, Turin, Italy), respectively, in a 20 µL total volume reaction. The amplifications were performed on ABI 7500 Real-Time PCR System (Life Technologies, Carlsbad, California, USA) in a 96-well plate at 95°C for 10 min, followed by 40 cycles of 95°C for 15 s and 60°C for 1 min. Each sample was run in triplicate. The delta quantification cycle (Cq) was calculated by subtracting the glyceraldehyde-3-phosphate dehydrogenase RNA Cq value from the Cq value of the mRNA of interest.

Table 1 Characteristics of the study population in terms of age and White blood cells count

| Variable                  | Bronchiolitis* (n=26) | Healthy controls* (n=37) | P value†   |
|---------------------------|------------------------|--------------------------|------------|
| Age (days)                | 85±25.20               | 98±38.40                 | 0.285      |
| White blood cells count   | 9750±780               | 8850±1010                | 0.286      |
| (cells ×10^9/L)           |                        |                          |            |
| Neutrophils (cells ×10^9/L) | 2712±1296             | 3325±1185                | 0.645      |
| Lymphocytes (cells ×10^9/L) | 5305±2182             | 4190±1683                | 0.021      |
| Eosinophils (cells ×10^9/L) | 332±90                | 460±95                   | 0.315      |
| Monocytes (cells ×10^9/L)  | 1401±1077              | 605±256                  | <0.001     |

*Data are reported as mean and SD. †Mann-Whitney U test.

DISCUSSION

RSV is the most important aetiological agent of acute LRTI in infants and young children worldwide and the leading cause of hospitalisation in childhood. This causes considerable problems for global healthcare services.23 It has been estimated that RSV infects 50% of children during the first year of life and affects 100% of children under 3 years old.21 31–35 Similarly, a negative correlation has been reported that 30%–75% of infants infected before 12 months of age will be reinfected before 2 years of age.26 This effect may be due to the incomplete immune response of the host to the virus, which can alter the response of the CD8+ T lymphocytes in the lungs.3 27–29

IFN-γ has significant antiviral activity and is related to the modulation of Th1- or Th2-like immune responses, as IFN-γ affects the differentiation of naïve T cells into either Th1 or Th2 cells.30 Decreased IFN-γ cytokine levels have been found in respiratory samples from infants with severe RSV disease.21 31–35 Similarly, a negative correlation between IFN-γ mRNA levels and RSV disease severity has been reported in nasopharyngeal samples,36 indicating a suppressed type II IFN (IFN-γ) response. Studies of cytokine responses have shown conflicting evidence, probably due to marked heterogeneity in study designs and sample sizes.32 34 35 Although the data suggest predominantly decreased IFN-γ production in nasal samples, the data are conflicting in blood, with several studies reporting either positive associations37 or negative associations38–40 or a lack of any association. Our study observed decreased IFN-γ production in infants with RSV bronchiolitis. All the infants we investigated were hospitalised with a first LRTI, were of similar age and had no family history of atopy.
Therefore, they were comparable with healthy controls. Significantly reduced IFN-γ production was found in both RSV-infected infants with severe LRRI and those with a relatively mild illness, in contrast to infants not affected by RSV. This suggests that virus-specific factors may affect the ongoing immune response, in addition to probable intrinsic disposition. This was also supported by a recent study on IFN-γ responses from infants with upper respiratory tract infections.41

The authors of that study found that acute RSV infections were associated with reduced levels of IFN-γ in nasopharyngeal aspirates compared with rhinoviruses or other respiratory viral infections. However, only prospective studies can determine the temporal sequence of events in individual infants, namely low IFN-γ predisposing to RSV infections and/or RSV infections with deteriorating ongoing immune responses. Due to the low incidence of severe LRRI in infants, any study would have to include a substantial number of newborn infants for the results to be sufficiently meaningful.

We did not see decreased production of IDO1 in infants with RSV bronchiolitis in comparison with healthy controls in our study, in contrast to IFN-γ. IDO1 was IFN-γ-stimulated. However, it was reported for the first time in 2015 that RSV induced the expression of IDO in human monocyte-derived dendritic cells, which depended on viral replication but were independent of IFN-γ.42 This alternative pathway of IDO1 stimulation could partly explain our data because we performed assays as soon as the infants were admitted to the children’s hospital. Gene expression of IDO can also be induced by a mechanism that is independent of IFN-γ, which depends on the activity of the transcription factors Nuclear factor KappaB (NF-κB) and p38 Mitogen-activated protein Kinase (MAPK). Interestingly, Fujigaki et al43 showed that inhibitors of p38 MAPK and NF-B could inhibit the activity of IDO. Both p38 MAPK and NF-B are also necessary for the production of IFN-γ and the subsequent transcriptional regulation of IDO1. However, the precise mechanism that mediates this regulation is still not fully understood.44-46 Some reports have shown that IDO activity had both antiviral and immunosuppressive effects during RSV infections.42 Studies have also demonstrated that the immunoregulatory pathway of tryptophan catabolism, initiated by IDO, played a critical role in allergic inflammation.47 However, there is still not enough information in the literature about the relationship between IDO expression during the whole course of RSV infection. Therefore, in vivo studies need to be carried out to provide better clarification of the immunomodulatory effect of IDO1 so that researchers can provide more adequate conclusions.
We observed during the course of this study that lymphocytes and monocytes were significantly higher in infants with bronchiolitis. This could suggest that the RSV replication rate in the monocytes could be involved in the levels of IDO1. There is very little knowledge about the contribution that monocytes make to the antiviral responses to RSV infections. A recently published animal study, which investigated the pathway and cytotoxic T cell response against mucosal RSV infections, is of interest in this respect. It investigated the kinetic toxic T cell response against mucosal RSV infections, and that this may have been insufficient to influence IDO activity could have been the RSV infecting the monocytes. Unfortunately, this study was not designed to study this mechanism and this is a limitation that could be explored by further research.

Our study concluded that RSV significantly reduced IFN-γ in infants with bronchiolitis when compared with age-matched healthy controls, but IDO1 did not change. However, these results must be interpreted with caution and a number of limitations should be borne in mind.

**Study limitations**

One limitation was that the level of IDO transcription was maintained, despite the lack of IFN-γ, and the source of the IDO activity could have been the RSV infecting the monocytes. Unfortunately, this study was not designed to study this mechanism and this is a limitation that could be explored by further research.

It is important to take into account that we assessed the parameters of the infants with an RSV infection on the first day of their hospital admission. We can speculate that RSV replication may not have been high as expected and that this may have been insufficient to influence IDO induction.

To overcome these limitations, subjects with an RSV infection need to be investigated at different stages of the disease so that we can clarify if the IDO1 expression can be related to the stage of the infection. This is because it could be higher at the end of the infectious episode than it is at the start. This is why it is important to carry out new investigations, with different study designs and larger sample sizes, in order to provide more valid research results.

**Contributors** All authors have made substantial, direct and intellectual contribution to the work and approved it for publication. MB and FS designed the study. YD and IG performed the RNA extractions. CC and PM performed the RNA extraction and statistical analyses. AS enrolled the patients, visited the infants, collected the blood and faecal samples, analysed the data and compiled the references. PM performed the genomic RNA extractions. MB revised the paper critically for important intellectual content and performed the PCR assays and data analysis. MB and FS revised the manuscript and all authors contributed to critical revision of the manuscript. FS is guarantor.

**Funding** This research was supported by the University of Turin (number RIL0-BERM18).

**Competing interests** None declared.

**Patient and public involvement** Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

**Patient consent for publication** Parental/guardian consent obtained.

**Ethics approval** This study involves human participants. The protocol was approved by the Ethics Committee of Azienda Ospedaliera University, Turin, Italy. The study and data collection procedures were approved by the Ethics and Research Committee of Città della Salute e della Scienza di Torino on 24 November 2014 (protocol number 116918). Participants gave informed consent to participate in the study before taking part.

**Provenance and peer review** Not commissioned; externally peer reviewed.

**Data availability statement** Data are available upon reasonable request. The data sets used and/or analysed during the current study are available from the corresponding author on reasonable request.

**Open access** This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: http://creativecommons.org/licenses/by-nc/4.0/.

**ORCID iD** Francesco Savino http://orcid.org/0000-0001-9163-1016

**REFERENCES**

1 Hall CB, Weinberg GA, Iwane MK, et al. The burden of respiratory syncytial virus infection in young children. *N Engl J Med* 2009;360:588–98.

2 Shi T, McAlister DA, O'Brien KL, et al. Global, regional, and national disease burden estimates of acute lower respiratory infections due to respiratory syncytial virus in young children in 2015: a systematic review and modelling study. *Lancet* 2017;390:946–58.

3 Nair H, Nokes DJ, Gesner BD, et al. Global burden of acute lower respiratory infections due to respiratory syncytial virus in young children: a systematic review and meta-analysis. *Lancet* 2010;375:1545–55.

4 Kudhari P, Brosof F, Malaventura C, et al. Human respiratory syncytial virus and hospitalization in young children in Italy. *Ital J Pediatr* 2018;44:50.

5 Rima B, Collins P, Easton A, et al. ICTV virus taxonomy profile: Pneumoviridae. *J Gen Virol* 2017;98:2912–3.

6 Mullins JA, Lamonté AC, Breeze JS, et al. Substantial variability in community respiratory syncytial virus season timing. *Pediatr Infect Dis J* 2003;22:857–63.

7 McClure DL, Kieke BA, Sundaram ME, et al. Seasonal incidence of medically attended respiratory syncytial virus infection in a community cohort of adults ≥50 years old. *PLoS One* 2014;9:e102586.

8 Sommer C, Resch B, Simöes EAF. Risk factors for severe respiratory syncytial virus lower respiratory tract infection. *Open Microbiol J* 2011;5:144–54.

9 Simões EAF, Environmental and demographic risk factors for respiratory syncytial virus lower respiratory tract disease. *J Pediatr* 2013;142:118–25.

10 Kimpen JL. Respiratory syncytial virus immunology. *Pediatr Allergy Immunol* 1996;7:86–90.

11 Chon SY, Hassanan HH, Gupta SL. Cooperative role of interferon regulatory factor 1 and p91 (STAT1) response elements in interferon-gamma-inducible expression of human indoleamine 2,3-dioxygenase gene. *J Biol Chem* 1996;271:17247–52.

12 Rabbani MAG, Ribaudo M, Guo J-T, et al. Identification of interferon-stimulated gene proteins that inhibit human parainfluenza virus type 3. *J Virol* 2016;90:11145–56.

13 Ozaki Y, Edelstein MP, Duch DS. Induction of indoleamine 2,3-dioxygenase: a mechanism of the antitumor activity of interferon gamma. *Proc Natl Acad Sci U S A* 1988;85:1242–6.

14 Takikawa O, Kuroiwa T, Yamauchi F, et al. Mechanism of interferon-gamma action. Characterization of indoleamine 2,3-dioxygenase in cultured human cells induced by interferon-gamma and evaluation of the enzyme-mediated tryptophan degradation in its anticellular activity. *J Biol Chem* 1988;263:2041–8.

15 Popov A, Schultz JL. IDO-expressing regulatory dendritic cells in cancer and chronic infections. *J Mol Med* 2008;86:145–60.

16 Schulz S, Landi A, Garg R, et al. Indolamine 2,3-dioxygenase expression by monocytes and dendritic cell populations in hepatitis C patients. *Clin Exp Immunol* 2015;180:484–98.

17 Carlin JM, Borden EC, Sondel PM, et al. Interferon-Induced indoleamine 2,3-dioxygenase activity in human mononuclear phagocytes. *J Leukoc Biol* 1989;45:29–34.

Savino F, et al. BMJ Open 2022;12:e053323. doi:10.1136/bmjopen-2021-053323. Open access

BMJ Open: first published as 10.1136/bmjopen-2021-053323 on 28 February 2022. Downloaded from http://bmjopen.bmj.com/ on December 31, 2022 by guest. Protected by copyright.
34 Semple MG, Dankert HM, Ebrahimi B, et al. Severe respiratory syncytial virus bronchiolitis in infants is associated with reduced airway interferon gamma and substance P. PLoS One 2007;2:e1038.

35 Thwaites RS, Coates M, Ito K, et al. Reduced nasal viral load and IFN responses in infants with respiratory syncytial virus bronchiolitis and respiratory failure. Am J Respir Crit Care Med 2018;198:1074–84.

36 Scagnolari C, Midulla F, Trombetti S, et al. Upregulation of interferon-inducible genes in infants with virus-associated acute bronchiolitis. Exp Biol Med 2007;232:1355–9.

37 Bendelka J, Gagro A, Bace A, et al. Predominant type-2 response in infants with respiratory syncytial virus (RSV) infection demonstrated by cytokine flow cytometry. Clin Exp Immunol 2000;121:332–8.

38 Abierie JH, Al, Wol-SW, Dvorzak MN, et al. Reduced interferon-gamma expression in peripheral blood mononuclear cells of infants with severe respiratory syncytial virus disease. Am J Respir Crit Care Med 1999;160:1263–8.

39 Pinto RA, Arnedondo SM, Bono MR, et al. T helper 1/T helper 2 cytokine imbalance in respiratory syncytial virus infection is associated with increased endogenous plasma cortisol. Pediatrics 2006;117:e878–86.

40 Chen ZM, Mao JH, Du LZ, et al. Association of cytokine responses with disease severity in infants with respiratory syncytial virus infection. Acta Paediatr 2002;91:914–22.

41 Joshi P, Shaw A, Kakakios A, et al. Interferon-Gamma levels in nasopharyngeal secretions of infants with respiratory syncytial virus and other respiratory viral infections. Clin Exp Immunol 2001;125:131–7.

42 Ajman M, Wu Y, Ebeling C, et al. Respiratory syncytial virus induces interferon-α and -γ activity: a potential novel role in the development of allergic disease. Clin Exp Allergy 2015;45:644–59.

43 Fujigaki H, Saito K, Fujigaki S, et al. The signal transducer and activator of transcription 1alpha and interferon regulatory factor 1 are not essential for the induction of interferon-α/β and -γ by lipopolysaccharide: involvement of p38 mitogen-activated protein kinase and nuclear factor-kappaB pathways, and synergistic effect of several proinflammatory cytokines. J Biochem 2006;139:655–62.

44 Grohmann U, Volpi C, Fallarino F, et al. GITR ligand enables dexamethasone to activate IDO in allergy. Nat Med 2007;13:579–86.

45 Muller AJ, DuHadaway JB, Donover PS, et al. Inhibition of indoleamine 2,3-dioxygenase, an immunomodulatory target of the cancer suppression gene BM1, potentiates cancer chemotherapy. Nat Med 2005;11:312–9.

46 Muller AJ, DuHadaway JB, Jaller D, et al. Immunotherapeutic suppression of indoleamine 2,3-dioxygenase and tumor growth with ethyl pyruvate. Cancer Res 2010;70:1945–53.

47 Hu Y, Chen Z, Jin L, et al. Decreased expression of indolamine 2,3-dioxygenase in childhood allergic asthma and its inverse correlation with fractional concentration of exhaled nitric oxide. Ann Allergy Asthma Immunol 2017;119:429–34.

48 Kim TH, Kim OW, Oh DS, et al. Monocytes contribute to IFN-γ production via the MyD88-dependent pathway and cytotoxic T-cell responses against mucosal respiratory syncytial virus infection. Immune Netw 2021;21:e27.