Optimization of Culture Conditions for Biomass Production of *Ganoderma lucidum*

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**Abstract**

The study aimed at optimizing the mycelial biomass production of *G. lucidum* by submerged fermentation. Conventional one factor at a time was used as an initial screening process, i.e., one factor was varied, while keeping all the others constant. Different factors like pH, temperature, carbon source, nitrogen source and inoculum size were selected for the optimization process. The optimum pH and temperature of the medium was found to be 5 and 30°C respectively. Different carbon and nitrogen sources were screened for optimum mycelial biomass production. Glucose at a concentration of 1.5% w/v and yeast extract at a concentration of 0.25% w/v was found to be the most effective for the mycelial biomass production. Further, an inoculum size of 6% (v/v) was found to be the best for mycelial biomass production of *G. lucidum*. The maximum dry mycelial biomass obtained after combining these optimum conditions was found to be 368±3.71 mg/100 mL.

**Keywords**

*Ganoderma lucidum*, Mycelial biomass, One factor at a time, Optimization

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**Introduction**

Species of the genus *Ganoderma* have been reported to occur throughout the world and over 250 species of this mushroom are known (Sheena *et al.*, 2005). One important species of this genus is *Ganoderma lucidum*, which has been used for over 2000 years in Japan, China and Korea as a traditional medicine due to its properties associated with health and healing. The main functional components of *G. lucidum* include polysaccharides, proteins, peptides, amino acids, triterpenes, steroids, alkaloids, nucleotides, lactones, and fatty acids (Sood *et al.*, 2013). Recent studies have revealed that the most important active constituents of *G. lucidum* are polysaccharides and ganoderic acids (Xu *et al.*, 2008). However, their contents vary significantly from strain to strain. It has been shown that this fungus is useful in treating and preventing high blood pressure, hyperglycemia, hepatitis, chronic bronchitis, asthma, heart diseases, cancer and HIV, as well as its great effect on slowing down cell senescence and its antioxidant content (Zárate-Chaves *et al.*, 2013).

Due to such large number of health-promoting effects of the mushroom, it is widely cultivated and has a high demand. But, before it can be used in various health sectors, it is necessary to establish the composition of the culture medium for production of the biomass
Materials and Methods

Microorganism

Myelia of Ganoderma lucidum (MTCC 1039) was procured from The Microbial Type Culture Collection and Gene Bank (MTCC), Institute of Microbial Technology (IMTECH), Chandigarh, India. It was maintained in potato dextrose agar (PDA) plates at 25°C for 9 days and were periodically transferred onto a new PDA medium. The strain was maintained at 4°C and the growth was observed.

Media and inoculum preparation

The seed culture media consisted of 1.5 g glucose, 0.2 g yeast powder, 0.1 g K₂HPO₄, 0.1 g K₂HPO₄, 0.15 g MgSO₄.7H₂O, and 0.25 g peptone dissolved in 100 mL double distilled water (DDW). Three pieces of 5 mm diameter of actively growing culture from agar plate (9 days old) was transferred with the help of a 5 mm cork borer into 250 mL Erlenmeyer flasks containing 100 mL of the seed culture at 25°C in an orbital shaker at 150 rpm for 10 days (Shah and Modi, 2015).

Optimization by one factor at a time

Selection of pH

To determine the optimum pH, six Erlenmeyer (250 mL) flasks were taken and maintained at an initial pH 4.5, 5, 5.5, 6, 6.5, 7. The medium used for this study was similar to the seed culture medium. 5% of inoculum was used from the seed culture flask and transferred into the flasks containing 100 mL media. The six flasks were incubated at 25°C at 150 rpm for 10 days.

Selection of temperature

For determination of optimum temperature, six Erlenmeyer (250 mL) flasks were taken and were incubated at 5°C, 15°C, 20°C, 25°C, 30°C and 35°C. 5% of inoculum was transferred from seed culture flask containing 100 mL of media. The flasks were incubated at 150 rpm for 10 days.

Selection of carbon source

To determine the optimum carbon source, six different carbon sources were selected, i.e. glucose, fructose, maltose, lactose, xylose and sucrose at a concentration of 1.5% (w/v). 250 mL Erlenmeyer flasks containing 100 mL of the following media: 0.2% yeast powder, 0.1% K₂HPO₄, 0.1% K₂HPO₄, 0.15% MgSO₄.7H₂O, 0.25% peptone and 1.5% of the respective carbon sources were added in individual flasks.

Each flask was inoculated with 5% (v/v) of seed culture at 150 rpm, 25°C for 10 days. The optimized carbon source was further studied for its optimum concentration from a range of 0.5-3.0% (w/v).
Selection of nitrogen source

To determine the optimum nitrogen source six different nitrogen sources were selected i.e. yeast extract, peptone, ammonium sulphate, ammonium chloride, sodium nitrate, potassium nitrate at a concentration of 0.25% (w/v) each.

Each 250 mL Erlenmeyer flask contained 100 mL of the following media: 1.5% glucose, 0.1% KH₂PO₄, 0.1% K₂HPO₄, 0.15% MgSO₄.7H₂O and 0.25% of the respective nitrogen sources in individual flasks.

Each flask was inoculated with 5% (v/v) of the seed culture and maintained at 150 rpm, 25°C for 10 days. The optimized nitrogen source was further studied for its optimum concentration from a range of 0.05-0.3% (w/v).

Selection of inoculum size

For optimal inoculum volume determination, five Erlenmeyer (250 mL) flasks were taken having media similar to that of seed culture media. Different inoculum sizes of 3%, 4%, 5%, 6% and 7% (v/v) were taken.

The inoculum was transferred from the seed culture media into the Erlenmeyer flasks containing 100 mL of the media and was maintained at 25°C at 150 rpm for 10 days.

Harvesting

After the incubation period, the culture media containing the mycelia were decanted and each medium was separately filtered using Whatman #4 filter paper until a clear filtrate was obtained. The mycelia were washed with DDW twice and were oven dried overnight at 50°C until a constant dry weight was obtained (Feng et al., 2010). The dry mycelia were weighed in mg/100 mL and recorded.

Statistical analysis

All experiments were performed in triplicates to ensure reproducibility. All the data are expressed as mean±SD (Standard deviation) of three replicates.

Results and Discussion

Effect of initial pH and temperature

pH and temperature are important environmental factors that control the growth of fungi. In this study, G. lucidum was found to grow best in acidic environments (pH 4.5-5.5). From Figure 1a, it is clear that the maximum weight of dry mycelial biomass of 291±3.18 mg/100mL was observed at pH 5. Moderate mycelial biomass of 262±3.67mg/100 mL was observed at pH 4.5. The initial pH of the fermentation broth, is an important parameter for mycelial growth as it may affect fungal cell membrane function, cell morphology and structure and the utilization of various nutritional requirements. It has been reported that acidic pH has been more suitable for mycelial growth and production of metabolites for many kinds of ascomycetes and basidiomycetes (Shih et al., 2007). The yield of G. lucidum mycelium was found to be highest at an acidic pH (6.5) according to a study done by (Chang et al., 2006). The growth of mycelium of other basidiomycetes like L. tuberregium and Grifolafrofrondosa was also found to be maximum at an acidic pH of 6.5 and 5.5 respectively (Manjunathan and Kaviyaran, 2011; Lee et al., 2004). The best vegetative growth of the mushroom P. atroumphonata was also found to be at an acidic pH of 6.5 (Jonathan and Fasidi, 2003). Studies done on Volvariella speciosa (Fasola et al., 2007) showed that the best growth occurred at pH 6 which is again an acidic pH.

For determination of optimum temperature, a range of 5-35°C was selected. The maximum
dry mycelial biomass of 276±2.47 mg/100 mL was observed at 30°C. At 25°C, similar results as that for 30°C were seen with the mycelial biomass weighing 251±2.98 mg/100 mL. Thus, the results indicated that the optimum temperature for maximal biomass production was 30°C (Fig. 1b). The optimum temperature obtained was similar to other submerged culture studies done on Basidiomycetes (Manjunathan and Kaviyarasan, 2011; Lee et al., 2004; Fasola et al., 2007; Teoh and Don, 2012; Hamedi, et al., 2007; Xiao et al., 2006).

**Effect of carbon and nitrogen source**

From (Fig. 2a), it’s clear that the medium containing glucose was significant in yielding the highest mycelial growth (289±1.09 mg/100mL) when compared to the other carbon sources. Maltose also gave a relatively good yield of 271±3.76 mg/100mL of dry mycelial biomass followed by fructose (210±1.37 mg/100mL).

In a study done by (Suberu et al., 2013) on the growth of *G. lucidum* mycelia, maltose gave the highest yield followed by glucose. Many studies done on other basidiomycetes like *G. frondosa* and *Psathyrella atroumbonata*, showed glucose to be the most effective carbon source for mycelial biomass production (Lee et al., 2004; Jonathan and Fasidi, 2003). Figure 2b shows that 1.5% w/v was found to be the optimum concentration of glucose for highest biomass production (307±3.97mg/100 mL) of *G. lucidum*, followed by 2% w/v (257±1.97 mg/100mL). These results for the effect of concentration of glucose on the growth of mycelia were different from those obtained by (Yuan et al., 2012), on a novel strain of *Ganoderma lucidum*, CAU5501 where a high concentration of 6% w/v was found to be the optimum concentration of glucose. *G. frondosa* (Lee et al., 2004) gave maximum yield at a concentration of 3% w/v of glucose which was again high as compared to the results obtained in the present study. The preference of glucose over other carbon compounds may be due to the ease with which this sugar is metabolised to produce cellular energy (Jonathan and Fasidi, 2001). Maltose, the second-best carbohydrate can be transformed to glucose during metabolism.

Figure 3a, shows that among the six nitrogen sources that were tested, yeast extract was found to be most suitable for the growth of mycelial biomass (279±2.18 mg/mL), followed by peptone, which yielded a dry mycelial biomass of 259±3.33 mg/100mL. Hence, organic nitrogen sources were found to be better than the inorganic nitrogen sources, which are in accordance to the study done previously on *G. lucidum* (Suberu et al., 2013).

Other authors working on basidiomycetes like *Lentinus tuberregium*, *G. frondosa*, *Agaricus blazei* and *Psathyrella atroumbonata* also found yeast extract to be the best nitrogen source for the growth of mycelial biomass (Manjunathan and Kaviyarasan, 2011; Lee et al., 2004; Hamedi et al., 2007; Jonathan and Fasidi, 2001). Yeast extract being a vitamin B complex source, supports effective cell development. Most Basidiomycetes prefer complex organic sources, because certain essential amino acids may not be synthesized from inorganic nitrogen sources in submerged culture of higher fungi (Papaspyriddy et al., 2010).

Different concentrations of yeast extract were used to get a better yield of biomass. Yeast extract at a concentration of 0.25% w/v was found to be the most effective for the mycelial biomass production (294±1.53 mg/100 mL). A concentration of 0.3% w/v was also found to be effective in giving a decent yield of 271±2.42 mg/100 mL (Fig. 3b).
**Fig. 1** Effect of (a) pH and (b) Temperature on mycelial biomass of *G. lucidum*. All experimental data are mean±S.D. of triplicates.

![Fig. 1 (a)](image1)

![Fig. 1 (b)](image2)

**Fig. 2** Effect of (a) different carbon sources and (b) different concentrations of glucose on biomass production of *G. lucidum*. All experimental data are mean±S.D. of triplicates.

![Fig. 2 (a)](image3)
Fig. 2 (b)

Fig. 3 Effect of (a) different nitrogen sources and (b) different concentrations of yeast extract on biomass production of *G. lucidum*. All experimental data are mean±S.D. of triplicates
Fig.4 Effect of different inoculum sizes on biomass production of *G. lucidum*. All experimental data are mean±S.D. of triplicates

*G. frondosa* (Lee et al., 2004) was found to grow best at a concentration of 0.8 % w/v of yeast extract, which was quite high as compared to the present study.

**Effect of inoculum size**

To find the optimum inoculum size, *G. lucidum* was grown under different inoculum volumes ranging from 3-7 % (v/v). As shown in Figure 4, the optimum inoculum size for production of dry mycelial biomass by *G. lucidum* was found to be 274±2.49 mg/100 mL at 6% (v/v), whereas moderate mycelial biomass of 238±3.37 mg/100 mL was observed at inoculum size of 5% (v/v). Similar range of inoculum size (2-6%) was selected by (Lee et al., 2004), to find 3% (v/v) being the most optimum for the mycelial biomass production of *G. frondosa*. 3% (v/v) was also found to be optimum for the growth of *Agaricus blazei* (Hamedi et al., 2007).

After studying each factor individually in one factor at a time studies, all the factors were combined at their optimum levels obtained and *G. lucidum* was grown under these conditions. The maximum dry mycelial biomass obtained under these optimal conditions was found to be 368±3.71 mg/100 mL.

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