Atypical presentation of obstructed hemivagina and ipsilateral renal anomaly

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Introduction

Herlyn-Werner-Wunderlich Syndrome, otherwise known as obstructed hemivagina and ipsilateral renal anomaly (OHVIRA), is a rare Müllerian anomaly consisting of uterine didelphys, hemivaginal septum, and ipsilateral renal agenesis. Patients often present at the onset of menarche with abdominal pain and a pelvic mass from an obstructed hemivagina. We report a child who presented with a febrile urinary tract infection and upon further workup was found to have OHVIRA.

Case

A previously well 5 month-old term female presented with a febrile urinary tract infection. Prenatal history was only significant for maternal urine drug screen at delivery positive for cocaine, opiates, and alcohol. Renal and bladder sonogram shortly after birth revealed a large left kidney without evidence of hydronephrosis and a distended bladder with debris. The right kidney was not visualized. Voiding cystourethrograph demonstrated left grade III vesicoureteral reflux into the lower pole of a duplicated system. The bladder appeared compressed anteriorly and to the left. Intravenous pyelogram showed a non-dilated left duplex collecting system with two ureters coursing to the pelvis with persistent leftward displacement of a distended bladder (Fig. 1).

Given the constellation of radiographic findings, repeat transabdominal sonogram during bladder catheterization revealed a cystic mass in the pelvis entirely separate from the bladder. Finally, magnetic resonance imaging illustrated complete duplication of the left kidney, a cystic dysplastic right kidney, a dilated right ureteric horn and hemivagina, and a left laterally displaced bladder (Fig. 2).

At 6 months of age, the patient underwent examination under anesthesia that confirmed the presence of a duplicated vagina with an obstructed right hemivagina (Fig. 3). A transcervical resection of a segment of the inter-vaginal septum decompressed the right obstructed hemivagina. The edges were oversewn to maintain a patent window.

The patient underwent right laparoscopic nephrectomy at 3 years of age for presumed ectopic ureteral insertion of the ureter from the right multicystic dysplastic kidney. She is now 9 years old and has been asymptomatic through follow-up.

Discussion

The term obstructed hemivagina and ipsilateral renal anomaly otherwise known as Herlyn-Werner-Wunderlich Syndrome was originally described in the 1970's to describe a rare congenital syndrome that included renal dysplasia, ipsilateral blind hemivagina, bicornuate uterus without connection to a simple vagina and ureteral aplasia. It is postulated the Wolffian duct has an inducing function in appropriate Müllerian development, and failure of fusion between the mesonephric system and urogenital sinus may explain the associated ureteric bud, Müllerian tubercle, and urogenital sinus abnormalities. Approximately 2% of female patients with unilateral renal agenesis or multicystic dysplastic kidney will have OHVIRA syndrome. The age and presentation of our patient is unique. The majority of OHVIRA patients usually have normal external genitalia and age-appropriate developmental milestones and only present after onset of menarche secondary to obstructive hematocolpos. In two separate series by Smith et al. and Gholoum et al., the youngest case of OHVIRA was reported in a 10 year-old. Smith et al. reported one case of contralateral urinary tract duplication in 27 cases of obstructed hemivaginas. At the onset of menarche, patients with OHVIRA often develop hematocolpos that can become infected leading to pelvic inflammatory disease, abscesses, or endometriosis that can cause infertility. Diagnosing OHVIRA at an earlier age can prevent some of those complications and improve fertility. Friedman et al. recommended informing patients at birth of the association between unilateral renal agenesis and Müllerian abnormalities, and to also inform the child's pediatrician so that they can monitor for possible complications associated with OHVIRA. They also recommended pelvic ultrasound at the onset of puberty and early surgical management of girls with OHVIRA to prevent complications.
Conclusion

While OHVIRA cases usually present at an older age, it is important

to keep this in the differential diagnosis in female patients with renal
agenesis who present to the pediatric urologist for consultation. Pelvic
ultrasound can be used leading up to puberty to screen these patients in
order to prevent side effects such as hematocolpos.

Appendix A. Supplementary data

Supplementary data related to this article can be found at http://dx.
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Fig. 1. IVP showing duplicated left collecting system and mass effect in the
pelvis.

Fig. 2. Magnetic resonance imaging (T2 phase) demonstrating a dysplastic
right kidney with dilated right uterine horn and obstructed hemi-vagina as well
as a left collecting system duplication.

Fig. 3. Examination under anesthesia revealing a bulging inter vaginal septum
(along right side of vaginal canal; note a catheter is in the urethral meatus).