Multiple intrahepatic pseudocysts in acute pancreatitis

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Abstract
Liver pseudocysts are a very rare complication in acute pancreatitis with only a few cases previously described. The lack of experience and literature on this condition leads to difficulties in the differential diagnosis and management. We report herein a case of acute pancreatitis who developed multiple intrahepatic pseudocysts. After complete imaging evaluation, the diagnosis was still unclear and the patient was operated on. The presence of liver lesions in patients with acute pancreatitis should raise the possibility of intrahepatic pseudocysts.

A very rare location for a pseudocyst during acute pancreatitis is in the liver with only about 30 cases previously described. The lack of experience with pseudocysts located in the liver makes it difficult to establish a clear diagnosis and choose the appropriate management.

We report here a case of a patient who developed several intrahepatic lesions after an episode of acute pancreatitis. Despite a complete imaging study, the definitive diagnosis was still unclear and the patient was therefore operated on. Diagnosis and pathophysiological mechanisms were discussed herein.

CASE REPORT
A 68-year-old male with no history of hepato-biliary or pancreatic diseases or alcoholic ingestion was admitted to our hospital with abdominal pain and nausea. Physical exploration revealed moderate upper abdominal pain without tenderness or rebound and normal bowel sounds, as well as a slight conjunctival jaundice. Laboratory parameters showed 12,300 white blood cells/mm$^3$ (80% neutrophils), normal hemoglobin, 3,291 IU/L serum amylase (normal value < 115 IU/L), 4,003 IU/L serum lipase (normal value < 190 IU/L), 461 U/L AST (normal value < 41) and 238 mU/mL alkaline phosphatase (normal value < 300).

Abdominal ultrasound demonstrated cholelithiasis without inflammatory signs in the gallbladder wall or common bile duct dilation. The APACHE II score at admittance was 5. The patient recovered uneventfully after a few days of hospitalization, but a computed tomography (CT) scan revealed a scarcely enlarged, almost normal pancreas and an ill-defined hypodense lesion (4.5 cm × 3.5 cm) located in the left hepatic lobe of unclear etiology (Figure 1). Accordingly, liver and cholangiopancreatography magnetic resonances were carried out confirming the lesion in segment II and describing a new lesion (3 cm in diameter) located in segment III (Figure 2), and showing a normal common bile duct. The masses found were of unclear nature with a mixture of liquid and solid content. Eventually, a US-guided fine needle aspiration (FNA) cytology was performed, yielding an unspecified leukocyte infiltration without malignant cells.

Since the patient had mild acute biliary pancreatitis and cholecystectomy was indicated, we decided to proceed with the operation, despite the lack of a definitive diagnosis based on the liver lesions.

Upon operation, three soft cystic tumors were described at a great distance from the pancreas; and the mediastinum to the scrotum, when the fluid dissects through tissue planes. Pancreatic pseudocysts are a common complication of acute pancreatitis, defined as a collection of pancreatic juice enclosed by a wall of nonepithelialized granulation tissue or fibrotic capsule. Most pseudocysts are located around the pancreatic gland, but they have also been described in the mediastinum to the scrotum, when the fluid dissects through tissue planes.
ultrasonography. There were no other lesions in the right lobe or anywhere else in the abdominal cavity. Cholecystectomy with intraoperative cholangiography was performed with the liver lesions excised by a left lobectomy (Figures 3 and 4). The pseudocysts were full of debris with a very small amount of juice. Microbiologic cultures of the content in the cysts were negative. Pathological examination confirmed the pseudocystic nature of the three subcapsular lesions by proving nonepithelialized tissue of the wall (Figure 5). There were no postoperative complications and the patient was discharged 6 d after surgery. Eight months later, the patient was completely recovered and disease free.

DISCUSSION

The interest in this case presented here relies on the very rare location of the pseudocysts, the atypical evolution for the formation of a pseudocyst and the difficulties to achieve a definitive diagnosis.

So far there are only about 30 cases describing pseudocysts located in the liver, most of them are single involving the left lobe \[5\]. Our case indeed involved the left lobe, but the fact that there were three pseudocysts clearly separated in the surgical specimen increases the rarity of the case \[6\].

Two pathophysiological mechanisms have been proposed trying to explain the liver location of pseudocysts \[7-10\]. The first suggests a release of pancreatic juice towards the lesser sac and from there towards the left lobe \[11\]. Our case indeed involved the left lobe, but the fact that there were three pseudocysts clearly separated in the surgical specimen increases the rarity of the case \[11\].

Figure 1 CT scan showing a hypodense lesion located in the left hepatic lobe of unclear etiology.

Figure 2 Magnetic resonance of the liver and bile duct showing a lesion in segments II and III and a normal common bile duct.

Figure 3 Left lobectomy demonstrating a lesion in segment III.

Figure 4 Cystic lesion in segment II showing the continuity with the lesser omentum and necrotic material from the pseudocyst.

Figure 5 Microscopically the liver pseudocystic lesion is surrounded by a wall formed by macrophages and inflammatory cells (HE, x 20). A: Normal liver tissue; B: Pseudocystic wall; C: Intracystic necrotic debris.
explained by the first mechanism.

An important point of our case is the unusual evolution of liver pseudocysts. The ultrasonography performed upon admission did not detect any lesions in the liver, but the CT scan performed 6 d later vaguely identified a mass-cystic forming image. Usually a pancreatic pseudocyst requires a minimum of time, between 4 and 6 wk, to form the well-defined wall, a main characteristic of it. However, the time span between admission and identification of our patient’s liver lesions was extremely short. It can be argued that the patient suffered from a previous pancreatitis and that the present episode might in fact be a relapsing pancreatitis, but this possibility should be rejected after thoroughly questioning both the patient and his family. Hence perhaps pseudocysts in the liver might not take as long to develop as in the abdominal cavity or near the pancreas. Unfortunately, this suggestion cannot be clarified from the scarce literature on liver pseudocysts.

The third point is the difficult diagnosis even with a complete radiological study and FNA. During the evaluation of this case, we were always concerned about an incidental neoplasia, although unseen in the first ultrasonography exploration, we never thought of a liver pseudocyst secondary to the inflammatory pancreatic process. In fact, the patient was sent to the operating room without a clear diagnosis of hepatic lesions, which was eventually established by the pathologist. The atypical radiological appearance of the pseudocysts full of debris may have contributed to the difficult diagnosis.

In conclusion, the presence of liver lesions in patients with acute pancreatitis should raise the possibility of intrahepatic pseudocysts, even when they are not associated with intraabdominal collections or pancreatic pseudocysts. The atypical radiological imaging or short clinical evolution cannot rule out this complication.

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