The Clinical and Imaging Findings of Patent Ductus Venosus in Children: A Retrospective Analysis

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Research Article

Keywords: Patent ductus venosus, Portosystemic shunt, Congenital, Children, Imaging

DOI: https://doi.org/10.21203/rs.3.rs-154362/v1

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Abstract

Purpose Patent ductus venosus (PDV) was a rare congenital portosystemic shunt, and few studies have been reported to date. The purpose of this study was to investigate the clinical and imaging findings to improve the recognition of PDV.

Materials and Methods Medical records of 9 patients with PDV in Hunan Children's Hospital from May 2013 to December 2020 were retrospectively reviewed. The clinical, and laboratory tests data were extracted from the electronic medical records. Two pediatric radiologists evaluated all imaging examinations of the patients.

Results 9 patients with PDV were reviewed, including 7 males and 2 females, aged from 16 days to 16.5 years, median age was 1.6 years. PDV diameter ranged from 4.0mm to 17.5mm. The initial clinical presentations of PDV were varied, but jaundice and respiratory symptoms were the most common. Laboratory tests showed that 5/9 cases had hypoxemia, 2/9 had hyperammonemia, 7/9 had hyperbilirubinemia, 6/9 had abnormal coagulation function, 4/9 had abnormal myocardial enzymes, 8/9 had hepatic dysfunction, and 3/9 had renal dysfunction. The direct imaging sign of PDV was a vascular structure connecting the left branch of portal vein(LPV) to the inferior vena cava(IVC), running in the depth of the Arantius sulcus. The secondary imaging findings were as follows: All the patients had enlarged liver, especially the left lobe, and one of the patients presented with diffuse nodules in the liver. 3 patients presented with hypoperfusion in right lobe of liver. The spleen was enlarged in 8 cases but shrank in one. Dilated LPV and atrophic right branch of portal vein (RPV) were observed in all patients. The main portal vein (MPV) was dilated in 8 cases and shrank in one. Dilated right heart and pulmonary artery were observed in all cases. Abnormal renal imaging was observed in 2 patients. The complications and coexistent malformations were as follows: Brain MRI indicated hepatic encephalopathy in 4 cases. 7/9 patients were combined with other malformations, and the most common coexistent malformations were congenital heart disease (CHD) and vascular abnormalities, with 5 and 6 cases respectively.

Conclusions PDV was a rare vascular malformation that can lead to multi-system lesions. The clinical presentations and laboratory findings were diverse. The diagnosis of PDV mainly depends on imaging examinations, and it is important to evaluate the secondary imaging changes. Complications and coexistent malformations were common, and we need to prevent omissions during the imaging evaluations.

Introduction

PDV was an extremely rare form of congenital portosystemic shunt and results in diversion of portal blood into the systemic circulation[1]. It entails a risk of life-threatening complications, which may be prevented or cured by their closure. Early detection of the shunt and proper management leads to a good prognosis and prevention of serious complications development. PDV can be diagnosed by noninvasive imaging studies including ultrasonography and computed tomography. However, due to the diversity of clinical symptoms and incomplete knowledge of this disease, the clinicians often failed to prescribe the targeted inspection request, resulting in missed diagnosis and misdiagnosis. Only a very few cases of PDV have been reported so far based on small case series, case reports, or literature reviews[2-4]. The clinical features, complications and radiological findings from portosystemic shunt have not been clarified. In this paper, we retrospectively analyzed the clinical presentations, laboratory test data and imaging findings of 9 patients with PDV, in order to improve a more comprehensive recognition of this disease. Our relatively larger cohort has allowed us to confirm broadly on previous observations and add some new findings.

Materials And Methods

This retrospective study was approved by the Ethics Committee of Hunan Children's Hospital with a waiver of informed consent, and all methods were performed in accordance with the Declaration of Helsinki. 9 patients with PDV were identified in our hospital from May 2013 to December 2020. We defined PDV according to the criteria by Blanc et al.[5]: intrahepatic shunt running in the depth of the Arantius sulcus, between left and caudate lobes from the proximal part of the left branch of portal vein to the terminal part of the left hepatic vein. PDV was confirmed by computed tomography and/or ultrasound. Patient demographic information, clinical symptoms, laboratory tests were obtained from the electronic medical records. All the patients underwent abdominal ultrasonography, and 7 patients underwent simultaneously abdominal contrast-enhanced computed tomography (CT). All the patients underwent ultrasound and/or CTA of the cardiovascular system. Pulmonary arterial pressures were measured by ultrasound. Brain MRI was performed in 7 patients to evaluate hepatic encephalopathy. Ultrasound and CT examinations were reviewed by two pediatric radiologists with more than 15 years of experience.

Results

A total of 9 patients with PDV were reviewed, including 7 males and 2 females, aged from 16 days to 16.5 years, median age was 1.6 years. The clinical characteristics and laboratory tests of included patients were summarized in Table 1. PDV diameter ranged from 4.0mm to 17.5mm. The initial clinical presentations of PDV were varied, but jaundice and respiratory symptoms were the most common. Laboratory tests showed that 5/9 cases had hypoxemia, 2/9 had hyperammonemia, 7/9 had hyperbilirubinemia, 6/9 had abnormal coagulation function, 4/9 had abnormal myocardial enzymes, 8/9 had hepatic dysfunction, and 3/9 had renal dysfunction. The imaging findings and coexistent malformations of included patients were summarized in Table 2. The direct imaging sign of PDV was a vascular structure connecting the left branch of portal vein(LPV) to the inferior vena cava(IVC), running in the depth of the Arantius sulcus(Fig 1). The secondary imaging findings of PDV were as follows: All the patients had enlarged livers, especially the left lobe, and one of the patients presented with diffuse nodules in the liver(Fig 2). 3 patients presented with hypoperfusion in right lobe of liver at the abdominal contrast-enhanced CT. The spleen was enlarged in 8 cases but shrank in one. Dilated LPV and atrophic right branch of portal vein (RPV) were observed in all patients. The main portal vein (MPV) was dilated in 8 cases and shrank in one. Dilated right heart and pulmonary artery were observed in all cases. Abnormal renal imaging was observed in 2 patients. The complications and coexistent malformations were as follows: Brain MRI indicated hepatic encephalopathy in 4 cases(Fig 3). 7/9 patients were combined with other malformations, including CHD, vascular abnormalities, genital deformity and schizencephaly. The most common
coexistent malformations were CHD and vascular abnormalities, with 5 and 6 cases respectively. The most common types of CHD associated with PDV were ASD and PDA.

Table 1
The clinical characteristics and laboratory tests of nine patients

| Case | Sex | Age at diagnosis | Diameter of PDV | Symptoms | Hypoxemia | Blood ammonia (NH4) | Hyperbilirubinemia | Coagulation function | Myocardial enzyme | Hepatic dysfunction | Renal dysfunction |
|------|-----|-----------------|-----------------|----------|-----------|---------------------|--------------------|---------------------|-----------------|------------------|------------------|
| 1    | F   | 16d             | 7.0mm           | Icterus and cough | yes       | normal             | yes                | Abnormal            | Abnormal         | yes              | yes              |
| 2    | M   | 18d             | 5.0mm           | Cyanosis | yes       | normal             | yes                | Abnormal            | normal           | yes              | yes              |
| 3    | M   | 25d             | 4.5mm           | Icterus | yes       | elevated           | yes                | Abnormal            | normal           | yes              | norm             |
| 4    | M   | 30d             | 7.1mm           | Icterus | normal   | elevated           | yes                | normal              | normal           | yes              | norm             |
| 5    | F   | 1.6y            | 9.5mm           | Cough and fever | yes       | normal             | yes                | normal              | Abnormal         | yes              | norm             |
| 6    | M   | 4.2y            | 4.0mm           | Cough and wheeze repeated | normal | normal | normal | normal | normal | yes | norm |
| 7    | M   | 4.9y            | 10.0mm          | Frequent pneumonia | yes | normal | yes | Abnormal | Abnormal | yes | yes |
| 8    | M   | 10.2y           | 17.5mm          | Frequent pneumonia and hemoptysis | normal | normal | normal | Abnormal | normal | normal | norm |
| 9    | M   | 16.5y           | 14.5mm          | Yellowing sclera and skin for two years | normal | normal | yes | Abnormal | Abnormal | yes | norm |

F female, M male, d day, y year
was 100% incidence of hyperammonemia in patients with PDV has been reported to be high. In a study involving 8 patients with PDV, the incidence of hyperammonemia was 94%.

Shunting of portal blood from the intestine directly into the systemic circulation leads to portal venous blood bypassing the liver and directly entering the systemic circulation, resulting in decreased hepatic blood flow, increasing blood volume and toxic substances in the systemic circulation.

Hepatic dysfunction secondary to PDV has been reported previously[8]. Symptoms of patients with PDV can appear at different ages, which can be severe in infancy or initially asymptomatic and develop slowly with age. The severity of symptoms is related to PDV diameter, but it does not correspond to PDV diameter, and depends on the individual.

### 1. Clinical symptoms and laboratory tests

The clinical presentations of PDV were highly diverse[9-13]. In this study, the initial symptoms and signs were varied, but jaundice and respiratory symptoms were the most common. In the younger patients, jaundice was often the initial presentation, while in the older patients, repeated pulmonary inflammation was more common. Previous reports suggest PDV is a very rare cause of cholestatic jaundice[9]. Symptoms of patients with PDV can appear at different ages, which can be severe in infancy or initially asymptomatic and develop slowly with age. The severity of symptoms is related to PDV diameter, but it does not correspond to PDV diameter, and depends on the individual.

Hepatic dysfunction secondary to PDV has been reported previously[14,15]. This study showed that 89% (8/9) of the cases had hepatic dysfunction. Hepatic dysfunction was an important initial presentation of PDV and may be secondary to reduction of blood flow in portal vein which deprives hepatocytes of nutrients and cause hepatic dysfunction including protein synthesis[16]. Hyperammonemia can be caused by hepatocellular insufficiency or abnormal shunting of portal blood from the intestine directly into the systemic circulation[16] and hepatic encephalopathy occurred with hyperammonemia. The incidence of hyperammonemia in patients with PDV has been reported to be high. In a study involving 8 patients with PDV, the incidence of hyperammonemia was 100%[17]. Hyperammonemia was detected in only 2(22%) cases in this study, and the serum ammonia concentrations of 4 cases with hepatic encephalopathy were within the normal range. Hypoxemia, hyperbilirubinemia and coagulation dysfunction associated with PDV have been reported.
2. Imaging findings

Imaging examinations can make an accurate diagnosis based on the specific anatomic position of PDV. The direct imaging sign of PDV was a vascular structure from the anterior inferior to the posterior connecting LPV to IVC, running in the depth of the Arantius sulcus. PDV can be mistaken for hepatic veins if PDV diameter was close to that of hepatic veins on CT images, however, PDV communicates with LPV and in the early stage of portal vein, its density was higher than that of hepatic vein, which can be distinguished. It is important to evaluate the secondary imaging changes caused by PDV. PDV can lead to an increase of blood volume returning to right heart and then into the pulmonary artery, causing dilation of the right heart and pulmonary artery. All our cases had dilation of right atrium, right ventricle and pulmonary artery. These signs were not specific for the diagnosis of PDV, but may be the first to be detected, since the initial presentation of patients with PDV were often respiratory symptoms and the chest imaging examination is performed first. In fact, in several cases of this study, the dilatation of pulmonary artery was first observed, followed by further examinations to confirm PDV. Case7 was admitted for several times for cough, and chest CT revealed obvious dilatation of right heart and pulmonary artery for unknown reasons, but abdominal examination was not performed, leading to missed diagnosis for many times. So PDV should be considered as a possible cause in the presence of unexplained dilatation of right heart and pulmonary artery. PDV was previously reported to coexist with hypoplasia of the intrahepatic portal venous system[4,14]. Dilated LPV and atrophic RPV were shown in all cases in this study. We speculated that PDV increased the blood flow of LPV, while decreased of RPV, leading to the dilatation of LPV and the dysplasia of RPV. This sign was rare observed in other types of portosystemic shunt, and it was a relatively characteristic indirect manifestation of PDV, which was of great value in suggesting PDV. Dysplasia of RPV may result in decreased blood flow to the right lobe of the liver, as manifested by decreased perfusion on CTA images. Hypoperfusion in the right lobe of the liver was observed in 3 cases at the portal phase in this study. In addition, enlargement of the liver and spleen was common, and the enlargement of the liver may be manifested as whole liver or left lobe.

3. Complications and coexistent malformations

Complications of portosystemic shunt depends on shunt ratio and on aging. When the shunt ratio is small, there may be asymptomatic, while the shunt ratio is large, it can lead to multiple systemic symptoms, such as pulmonary hypertension, hepatopulmonary syndrome, high-discharge heart failure, gastrointestinal bleeding, membranous proliferative glomerulonephritis, and hepatic encephalopathy. Hepatic encephalopathy due to cerebral effects of circulating toxins, which normally undergo first pass metabolism in the liver, is a critical problem in patients with PDV. The age of onset of encephalopathy is variable and partially related to the volume and duration of the shunt. In the previous reports[20], when the shunt ratio is less than 30%, symptoms associated with portosystemic shunt may not develop throughout the lifetime of the individual. When the shunt ratio exceeds 30%, hepatic encephalopathy could develop at any time. When the shunt ratio exceeds 60%, the risk of hepatic encephalopathy is increased. In this study, 4 cases were confirmed with hepatic encephalopathy by brain MRI. Unfortunately, the shunt ratio was not measured, but we found that the diameter of PDV was larger in these 4 cases, with the smallest diameter of 9.5mm, at the same time, the 4 cases were more older, with the minimum age being 1.6 years. It is important to note that although hepatic encephalopathy is present, there may be no neurological symptoms or mild symptoms. 2 patients in this study had no neurological symptoms, although brain MRI suggested hepatic encephalopathy. Therefore, when the diameter of PDV is larger and the patients are older, regardless of whether they have neurological symptoms, we suggested that brain MRI should be performed to detect hepatic encephalopathy. In order to prevent these complications, shunts should be closed using endovascular or surgical methods, although spontaneous closure of portosystemic shunt including PDV may be expected to occur after 1-2 years[21].

Patients with PDV may be accompanied by other deformities[22]. In this study, 78% (7/9) of the cases were combined with other malformations involved multiple systems, including congenital heart disease (CHD), vascular abnormalities, genital deformity and schizencephaly. The most common coexistant malformations were CHD and vascular abnormalities, with 5 and 6 cases respectively in this study. Of the 5 cases combined CHD, 4 cases were from the younger age group(16d-1.6y). The most common types of CHD associated with PDV were ASD and PDA. There is a recognized association between extrahepatic shunts and CHD[23]. We believed that PDV is also associated with CHD. A review of the literatures showed that up to 25% of patients with PDV had CHD[22]. All of the cases in this study had dilation of the right atrium and right ventricle, so we speculated that PDV increased the blood volume returning to right heart, increased the pressure of right heart and pulmonary artery, thereby delayed or impeded the closure of ASD and PDA.

In conclusion, PDV was a rare vascular malformation that can lead to multi-system lesions. The clinical symptoms, signs and laboratory findings were diverse. The diagnosis of PDV mainly depends on imaging examinations, and it is important to evaluate the secondary imaging changes. Complications and coexistant malformations were common, so we need to prevent omissions during the imaging evaluations.

Declarations

Conflict of Interest:
The authors have no conflict of interest to declare.

**Funding:**

This study was supported by CHINA HUNAN PROVINCIAL SCIENCE & TECHNOLOGY DEPARTMENT.

**Authors' contributions:**

Yonghua Xiang wrote the main manuscript text; Yinghui Peng, Siping He, Qing Gan, Ke Jin collected data. All authors read and approved the final manuscript.

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