Kinetic energy driven superconductivity, the origin of the Meissner effect, and the reductionist frontier

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Is superconductivity associated with a lowering or an increase of the kinetic energy of the charge carriers? Conventional BCS theory predicts that the kinetic energy of carriers increases in the transition from the normal to the superconducting state. However, substantial experimental evidence obtained in recent years indicates that in at least some superconductors the opposite occurs. Motivated in part by these experiments many novel mechanisms of superconductivity have recently been proposed where the transition to superconductivity is associated with a lowering of the kinetic energy of the carriers. However none of these proposed unconventional mechanisms explores the fundamental reason for kinetic energy lowering nor its wider implications. Here I propose that kinetic energy lowering is at the root of the Meissner effect, the most fundamental property of superconductors. The physics can be understood at the level of a single electron atom: kinetic energy lowering and enhanced diamagnetic susceptibility are intimately connected. We propose that this connection extends to superconductors because they are, in a very real sense, ‘giant atoms’. According to the theory of hole superconductivity, superconductors expel negative charge from their interior driven by kinetic energy lowering and in the process expel any magnetic field lines present in their interior. Associated with this we predict the existence of a macroscopic electric field in the interior of superconductors and the existence of macroscopic quantum zero-point motion in the form of a spin current in the ground state of superconductors (spin Meissner effect). In turn, the understanding of the role of kinetic energy lowering in superconductivity suggests a new way to understand the fundamental origin of kinetic energy lowering in quantum mechanics quite generally. This provides a new understanding of ‘quantum pressure’, the stability of matter and the origin of fermion anticommutation relations, it leads to the prediction that spin currents exist in the ground state of aromatic ring molecules, and that the electron wave function is double-valued, requiring a reformulation of conventional quantum mechanics.

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I. INTRODUCTION

The first researcher to suggest that kinetic energy lowering may be at the root of the phenomenon of superconductivity was (to this author’s knowledge) F. London. In the preface to his 1950 book “Superfluids” he writes: “According to quantum theory the most stable state of any system is not a state of static equilibrium in the configuration of lowest potential energy. It is rather a kind of kinetic equilibrium for the so-called zero point motion, which may roughly be characterized as defined by the minimum average total (potential + kinetic) energy...”. Later on he writes “It is not necessarily a configuration close to the minimum of the potential energy (lattice order) which is the most advantageous one for the energy balance, since by virtue of the uncertainty relation the kinetic energy also comes into play. If the resultant forces are sufficiently weak and act between sufficiently light particles, then the structure possessing the smallest total energy would be characterized by a good economy of the kinetic energy...”, ... “it would be the outcome of a quantum mechanism of macroscopic scale.”

This remarkable insight was not incorporated in the development of the conventional BCS theory of superconductivity: BCS theory predicts that the kinetic energy of carriers increases in the transition from the normal to the superconducting state. This is because the occupation of momentum space single-particle states is spread out by the energy gap and as a consequence states of higher kinetic energy that were unoccupied in the normal state at zero temperature become partially occupied in the superconducting ground state. Thus, the “good economy of the kinetic energy” expected by London in the superconducting state was not realized in the first successful microscopic theory of superconductivity.

Experimental evidence in recent years however suggests that at least in some materials superconductivity is associated with lowering of kinetic energy of the carriers. Early evidence for a change in high frequency optical absorption in cuprates upon the transition to superconductivity was reported by Dewing and Salje[1] and Fugol et al[2]. In 1999, Basov and coworkers[3] reported a violation of the Ferrell-Glover-Tinkham optical sum rule for superconductors in c-axis conduction in the cuprates, manifested in enhanced optical spectral weight at low frequencies in the superconducting state, and shortly thereafter Van der Marel and coworkers[4] and Santander and coworkers[5] reported results indicating such a violation for in-plane conduction. Subsequent experiments confirmed these observations for the underdoped regime of various high $T_c$ cuprates[4][5], and recently similar observations have been reported for an iron-arsenide compound[6]. Such optical effects are ex-
pected if the kinetic energy of the charge carriers is lowered in the superconducting state. A correlation between suppression of low frequency optical spectral weight (which is associated with high kinetic energy) in the normal state and superconductivity has been noted in a wide variety of systems.

Following these experimental developments (and in a few cases even before them) it was pointed out that in several models proposed to describe superconductivity induced by novel electronic mechanisms, the kinetic energy of carriers is lowered in the transition to superconductivity, and it was argued that the experimental findings mentioned above lend support to these models to describe unconventional superconductivity in various materials.

In this paper we want to analyze the physics of kinetic energy lowering from a fundamental point of view, starting from the physics of a single atom. I will argue that the fundamental physics of kinetic energy lowering found in a single atom manifests itself in only one of the many theories proposed to describe superconductivity driven by kinetic energy lowering, namely the theory of hole superconductivity, and its associated models, generalized Hubbard model with correlated hopping, electron-hole asymmetric polaron models and dynamic Hubbard models. The theory of hole superconductivity is the only theory that predicted superconductivity through kinetic energy lowering, and how this physics would show up in optical properties, many years before its experimental discovery.

Why should the physics of a single atom be relevant to the understanding of the supposedly complicated many body phenomenon that is superconductivity? Examples abound in physics where complicated systems exhibit in essence the same properties as simpler systems (otherwise we would have little hope of making progress). For the topic of interest here, superconductors display quantum coherence at a macroscopic scale. It is natural to expect that they will share essential properties with the simplest systems we know that exhibit quantum coherence, i.e. atoms. The view that superconductors are “giant atoms” was very prevalent in the past after the London discovery that the diamagnetic response of atoms. I will argue here that superconductors share many properties with atoms than originally suspected. In particular, that they exhibit charge inhomogeneity as well as quantum zero-point motion at the macroscopic level, just as atoms do at the microscopic level.

Superconductors are ‘giant atoms’ and hence exhibit many properties of the microscopic world, but at the same time they exist in the macroscopic world. Thus, in the spirit of Bohr’s correspondence principle, their physics should be understandable both from a microscopic quantum and from a macroscopic classical point of view. I will argue that identification of the forces (a macroscopic concept) at play in the transition to superconductivity is of great help in understanding the true nature of superconductivity. The conventional BCS theory does not address this issue and for that reason I argue cannot explain the most fundamental phenomenon associated with superconductivity, the Meissner effect.

Finally, if superconductors are giant atoms, learning about the physics of superconductors may teach us something about the physics of the microscopic world that we didn’t know before. In particular, I propose that an understanding of the role of kinetic energy lowering in superconductivity can teach us why kinetic energy lowering exists in the microscopic realm. We will find that kinetic energy lowering is essentially tied to angular momentum, which is different from the conventional understanding arising from quantum mechanics. Thus I argue that the study of superconductivity gives us insights that may change our understanding at the ‘reductionist frontier’.

II. KINETIC ENERGY DRIVEN ‘SUPERCONDUCTIVITY’ IN A SINGLE ATOM

A. One electron

The single electron in a hydrogen-like ion has a phase-coherent wavefunction, just as the wavefunction of a macroscopic superconductor. I argue here that the single electron atom illustrates much of the essential physics of superconductivity, since it exhibits the physics of what kinetic energy lowering means in its simplest form.

The Hamiltonian is

\[ H = -\frac{\hbar^2}{2m_e} \nabla^2 - \frac{Ze^2}{r} \equiv H_{\text{kin}} + H_{\text{pot}} \]  

with \((-Ze)\) the ionic charge. Consider the wavefunction

\[ \psi_\pi(r) = \left(\frac{1}{\pi r}\right)^{1/2} e^{-r/\bar{r}} \]  

The most probable radial position for an electron described by this wavefunction is \( r = \bar{r} \). The expectation values of kinetic and potential energies with this wavefunction are

\[ E_{\text{kin}}(\bar{r}) = \langle H_{\text{kin}} \rangle = \frac{\hbar^2}{2m_e \bar{r}^2} \]  

and the minimum total energy results for \( \bar{r} = r_0 = a_0/Z \), with \( a_0 = \hbar^2/(m_e e^2) \) the Bohr radius, which is of course the ground state energy of Eq. (1).

Suppose the nucleus of this ion has initially charge \( Z_i \) and the electron is in its ground state, Eq. (2) with \( \bar{r}_i = a_0/Z_i \). Assume at time \( t = 0 \) one or several protons in the nucleus undergo inverse beta decay and convert
into neutrons, and the nuclear charge becomes \( Z_f < Z_i \). At \( t = 0^+ \) the electron will still be described by the wavefunction Eq. (2) with \( \tilde{r} = \tilde{r}_i = a_0/Z_i \) (sudden approximation), and will evolve towards the ground state of the new Hamiltonian, i.e. Eq. (2) with \( \tilde{r}_f = a_0/Z_f \) through spontaneous emission of photons. Since \( \tilde{r}_i < \tilde{r}_f \) the electronic wavefunction will expand. We have from Eq. (3)

\[
E_{\text{kin}}(\tilde{r}_f) < E_{\text{kin}}(\tilde{r}_i)
\]

(4a)

\[
E_{\text{pot}}(\tilde{r}_f) > E_{\text{pot}}(\tilde{r}_i)
\]

(4b)

\[
E_{\text{total}}(\tilde{r}_f) < E_{\text{total}}(\tilde{r}_i)
\]

(4c)

So the initial state has high kinetic energy and low potential energy, and in the process of expanding the wavefunction to lower the total energy the kinetic energy is lowered and the potential energy is raised (by a lesser amount), and negative charge moves outward. This is shown schematically in Figure 1. Charge separation occurs at a cost in Coulomb electrostatic energy, driven by an ‘electromotive force’\(^{42}\), namely kinetic energy lowering.

The orbital (Larmor diamagnetic) susceptibility is

\[
\chi_{\text{Larmor}} = -\frac{e^2}{6mc^2} < r^2 > = -\frac{e^2}{4mc^2} < r^2_{\perp} >
\]

(5a)

for the wavefunction Eq. (2), where \( < r^2_{\perp} > = (2/3) < r^2 > = 2\bar{r}^2 \) denotes the average of the square radial distance in the plane perpendicular to the magnetic field. The orbital magnetic moment of the atom in the presence of an external magnetic field \( \mathbf{B} \) is

\[
\mathbf{m} = \chi_{\text{Larmor}} \mathbf{B}
\]

(5b)

As the wavefunction expands from \( \tilde{r}_i \) to \( \tilde{r}_f > \tilde{r}_i \) the magnitude of \( \chi_{\text{Larmor}} \) increases. If an external magnetic field is present, an initially small orbital magnetic moment pointing antiparallel to the field increases in magnitude:

\[
\Delta \mathbf{m} = -\frac{e^2}{4mc^2} (< r^2_{\perp} > - < r^2_{\perp} >_i) \mathbf{B}
\]

(6)

and gives rise to an increasingly larger magnetic field in direction opposed to that of the applied field in the region inside the orbit. In Eq. (6), \( < r^2_{\perp} >_f \) and \( < r^2_{\perp} >_i \) denote the average of the square radial distance in the plane perpendicular to the magnetic field in the final and initial states.

The physics just described is the physics of kinetic energy driven superconductivity as described by the theory of hole superconductivity: kinetic energy is lowered\(^{10,44}\), potential energy increases, the wavefunction expands\(^{45}\) and negative charge moves radially outward\(^{44}\) giving rise to a macroscopically inhomogeneous charge distribution as shown schematically in Figure 2. Associated with this, the diamagnetic response increases, and if an external magnetic field is present as the transition to superconductivity occurs an orbital magnetic moment opposite to the external magnetic field grows in magnitude. To obtain the perfect diamagnetism of superconductors, the diamagnetic susceptibility of \( n \) electrons per unit volume has to take the value \(-1/(4\pi)\), hence

\[
-\frac{1}{4\pi} = -\frac{ne^2}{4mc^2} < r^2_{\perp} >
\]

(7)

which will be the case when the radial dimension of the orbit is such that \( \sqrt{< r^2_{\perp} >} = 2\lambda_L \) with \( \lambda_L \) the London penetration depth given by\(^{47}\)

\[
\frac{1}{\lambda_L^2} = \frac{4\pi ne^2}{mc^2}.
\]

(8)

The fact that the perfect diamagnetism of superconductors can be understood if electrons reside in orbits of
radius of order $\lambda_L$ was pointed out by Frenkel[48], Smith and Wilhelm[49] and Slater[50] in 1933–1937, but is not part of conventional BCS theory. Note that what drives the expansion of the orbits is not the external magnetic field but kinetic energy lowering. Thus we would expect it to occur independently of whether an external magnetic field is or is not present in the transition to superconductivity.

Note also that in the ‘atoms’ we are considering, whether small or large, the diamagnetic magnetic moment that grows as the wavefunction expands in an external magnetic field can be understood as arising from the magnetic Lorentz force $\mathbf{F} = (e/c)v \times \mathbf{B}$ acting on the radially outgoing electron. The classical equation of motion is

$$m_e \frac{d\mathbf{v}}{dt} = \frac{e}{c} \mathbf{v} \times \mathbf{B} + \mathbf{F}_r$$

(9)

where the second term on the right is the radial force arising from kinetic energy lowering in the expanding orbit. From Eq. (9),

$$\mathbf{r} \times \frac{d\mathbf{v}}{dt} = \frac{e}{m_e c} \mathbf{r} \times (\mathbf{v} \times \mathbf{B})$$

(10)

where $\mathbf{r}$ is in the plane perpendicular to $\mathbf{B}$. Hence $\mathbf{r} \times (\mathbf{v} \times \mathbf{B}) = - (\mathbf{r} \cdot \mathbf{v}) \mathbf{B}$, and

$$\frac{d}{dt} (\mathbf{r} \times \mathbf{v}) = - \frac{e}{m_e c} (\mathbf{r} \cdot \mathbf{v}) \mathbf{B} = - \frac{e}{2m_e c} \frac{d}{dt} (\mathbf{r}^2) \mathbf{B}$$

(11)

so that in expanding from $\tilde{r}_i$ to $\tilde{r}_f$

$$\tilde{r}_f v_f - \tilde{r}_i v_i = - \frac{e}{2m_e c} (\tilde{r}_f^2 - \tilde{r}_i^2) \mathbf{B}$$

(12)

and the change in the magnetic moment

$$\mathbf{m} = \frac{e}{2c} \mathbf{r} \times \mathbf{v}$$

(13)

is

$$\Delta \mathbf{m} = - \frac{e^2}{4m_e c^2} (\tilde{r}_f^2 - \tilde{r}_i^2) \mathbf{B}$$

(14)

in agreement with Eq. (6). Thus we arrive at a dynamical understanding of the Meissner effect[51], both from a quantum and a classical point of view, as being intimately tied to the lowering of kinetic energy that occurs when the electronic orbit expands and negative charge moves outward.

Note also that the electron-ion interaction $E_{pot}$ (Eq. (3b)) that works against orbit expansion and kinetic energy lowering is proportional to the ionic charge $Z$. To the extent that this physics is relevant to superconductivity, we would expect superconductivity to be favored in systems where the effective ionic charge is as small as possible, which corresponds to the situation where the atoms are negatively charged anions[52].

In summary, we have shown in this section that a fundamental relationship exists between kinetic energy lowering, increased diamagnetism, orbit expansion and outward motion of negative charge. It is only natural to expect that since superconductors undergo a giant increase in their diamagnetism in the transition to superconductivity, kinetic energy lowering, orbit expansion and negative charge expulsion should also take place. None of this however is described by conventional BCS theory.

Furthermore, none of the numerous other ‘kinetic energy driven’ superconductivity mechanisms discussed in the literature[14–30] contain any of this physics. For example, in the review article “Concepts in High Temperature Superconductivity”[10] the authors state that in high temperature superconductors “the condensation is driven by a lowering of kinetic energy”, that “The Spin Gap Proximity Effect Mechanism” provides “a novel route to superconductivity through kinetic-energy driven pairing”, and that “It’s all about kinetic energy”. Yet their mechanism contains none of the fundamental physics of kinetic energy lowering exhibited by the single-electron atom, and neither it nor any of the other ‘kinetic energy’ mechanisms of superconductivity proposed[14–30] has anything to say about the relation between kinetic energy lowering and the origin of the Meissner effect.

B. Two electrons

The two-electron atom provides us with additional insight into the physics of kinetic energy driven superconductivity. The Hamiltonian is

$$H = - \frac{\hbar^2}{2m_e} (\nabla_1^2 + \nabla_2^2) - Ze^2 \left( \frac{1}{|\mathbf{r}_1|} + \frac{1}{|\mathbf{r}_2|} \right) - \frac{e^2}{|\mathbf{r}_1 - \mathbf{r}_2|}$$

(15)

We consider the simple variational wavefunction

$$\Psi_s(\mathbf{r}_1, \mathbf{r}_2) = \psi_s(\mathbf{r}_1)\psi_s(\mathbf{r}_2)$$

(16)

The different contributions to the two-electron atom energy with the wavefunction Eq. (16) are

$$E_{kin}(\mathbf{r}) = 2 \frac{\hbar^2}{2m_e \tilde{r}^2}$$

(17a)

$$E_{e-i}(\mathbf{r}) = -\frac{2Ze^2}{\tilde{r}}$$

(17b)

$$E_{e-e}(\mathbf{r}) = \frac{5e^2}{8\tilde{r}}$$

(17c)

hence orbital expansion (increasing $\tilde{r}$) reduces both the kinetic energy and the electron-electron repulsion energy, and increases the electron-ion energy. The electrostatic potential energy is the sum of the electron-ion ($E_{e-i}$) and electron-electron ($E_{e-e}$) Coulomb energies:

$$E_{pot}(\mathbf{r}) = 2\frac{e^2}{16} \left[ \frac{5}{16} - \frac{1}{\tilde{r}} \right]$$

(18)
Clearly it requires $Z > 5/16$ for the system to be stable (this is a necessary but not sufficient condition), hence in that regime, orbital expansion increases the electrostatic energy (as it should because it is associated with charge separation) but less so than it would in the absence of electron-electron interaction. The total energy
\[
E_{\text{total}}(\vec{r}) = 2e^2 \frac{5}{16} - Z \frac{1}{\vec{r}} + 2 \frac{\hbar^2}{2m_e \vec{r}^2}
\]
is minimized by $\vec{r} = a_0/(Z - 5/16)$. That is, the orbital expands from the radius it would have in the absence of electron-electron interaction, $\vec{r} = a_0/Z$, driven by the electron-electron Coulomb repulsion.

Thus, assuming that the electron wavefunction expands in the transition from the normal to the superconducting state, one could say that the transition is ‘driven’ by both kinetic energy lowering and electron-electron Coulomb repulsion lowering, and opposed by the electron-ion Coulomb attraction. But if we just consider kinetic energy versus total potential (electrostatic) energy we would say that the transition is ‘driven’ by kinetic energy gain at a cost in potential energy.

Furthermore, the single particle energy per electron
\[
\epsilon_{s.p.}(\vec{r}) = \frac{\hbar^2}{2m_e \vec{r}^2} - \frac{Ze^2}{\vec{r}}
\]
is minimum for $\vec{r} = a_0/Z$, hence is higher for an ‘expanded’ orbital. In other words, the electron in the expanded orbital occupies higher energy single-particle states. Thus we conclude that if superconductivity is associated with expansion of the orbital it will also involve electronic occupation of higher energy single-particle states than the normal state.

### III. KINETIC ENERGY IN ELECTRONIC ENERGY BANDS

The kinetic energy of electrons at the Fermi energy increases as the electronic band occupation increases. It is reasonable to expect that the most favorable regime for kinetic energy driven superconductivity will be when electrons at the Fermi energy have highest kinetic energy in the normal state, which is the case when the band is almost full. This is shown schematically in Fig. 3.

Beyond single-electron physics, an intimate relation exists between kinetic energy and electron-hole asymmetry when the electron-electron interaction is considered. In a tight binding model with all nearest neighbor matrix elements of the Coulomb interaction included (generalized Hubbard model), the only Coulomb interaction term in the Hamiltonian that breaks electron-hole symmetry is the correlated hopping term, of the form:
\[
H_{\Delta t} = \Delta t \sum_{<ij>\sigma} (n_{i,-\sigma} + n_{j,-\sigma})(c_{i\sigma}^\dagger c_{j\sigma} + h.c.)
\]
and it gives rise to an effective hopping amplitude $t = t_0 - n\Delta t$, with $n$ the band occupation. The interaction Eq. (21) is repulsive near the bottom of the band where the wavefunction is smooth and the expectation value of $c_{i\sigma}^\dagger c_{j\sigma}$ is positive, and attractive where the wavefunction changes sign in going from a site to a neighboring site, i.e. near the top of the band.

### IV. KINETIC ENERGY LOWERING IN HOLE SUPERCONDUCTIVITY

In a BCS treatment of the tight binding Hamiltonian with correlated hopping as well as on-site ($U$) and near-
FIG. 5: As the Fermi level rises in a band, electrons at the Fermi energy become dressed due to electron-electron interactions which modify the free particle spectral function (as shown schematically on the right of the figure), and due to electron-ion interactions which modify the free-electron wave function (as shown on the left side of the figure). Pairing effectively lowers the position of the Fermi level and causes the carriers at the Fermi energy to 'undress' and become free-electron-like.

But this is not the whole story. The profound connection between kinetic energy lowering and hole superconductivity emerges from several other angles. Carriers in the normal state are found to be highly 'dressed' due to both the effect of electron-electron [45] and the electron-ion [45] interaction when the band is almost full. When carriers pair and the system becomes superconducting, carriers 'undress' [61]. The hole character of a carrier in the normal state of the almost full band arises from the fact that it is 'dressed' by the electron-ion interaction and has a short wavelength that is sensitive to the electron-ion potential. When carriers pairs and 'undress', they no longer 'see' the discrete electron-ion potential because their wavelength becomes much larger than the lattice spacing [45]. Holes turn into electrons, and the wave function of carriers goes from being highly 'wiggly' indicating high kinetic energy to smooth, indicating low kinetic energy, as shown schematically in Fig. 5. The right-hand side of Fig. 5 shows schematically the spectral function which is highly incoherent in the normal state when the band is almost full and carriers are highly dressed and becomes coherent when carriers 'undress'.

V. SUPERCONDUCTOR AS A GIANT ATOM AND CHARGE REDISTRIBUTION

The above considerations lead to the conclusion that electrons in superconductors do not 'see' the lattice periodicity but rather move in a uniform positive background: the superconductor is a giant ‘Thomson atom’[40]. It is natural to expect that the charge density in such a system will be macroscopically inhomogeneous, just as it is microscopically inhomogeneous in an ordinary atom. Electrons expand their wavefunction to lower their kinetic energy and this is associated with expulsion of negative charge from the interior to the surface, just as for the ordinary atom discussed in section II. The result is an excess of negative charge near the surface of the superconductor, as shown schematically in Figure 2.

The electrodynamics of superconductors in this framework is described [62] by a modification of conventional London electrodynamics, of a form close to equations originally considered by the London brothers [36] but later abandoned by them. The electric potential and charge density are related by the equation

$$\rho - \rho_0 = -\frac{1}{4\pi \lambda_L^2} (\phi - \phi_0)$$

(23)

which is the fourth component of a four-dimensional relativistically covariant description:

$$J - J_0 = -\frac{c}{4\pi \lambda_L^2} (A - A_0)$$

(24)

where the four-vectors are given by

$$A = (A, i\phi)$$

(25a)

$$J = (J, ic\rho)$$

(25b)

and

$$A_0 = (0, i\phi_0)$$

(26a)

$$J_0 = (0, ic\rho_0)$$

(26b)

The spatial part of Eq. (24) is the ordinary London equation relating current density and magnetic vector potential. Contrary to the conventional London equation where the vector potential obeys the London / Coulomb gauge \( \nabla \cdot A = 0 \), here the vector potential obeys the Lorentz gauge

$$\nabla \cdot A + \frac{1}{c} \frac{\partial \phi}{\partial t} = 0$$

(27)
consistent with the continuity equation
\[ \nabla \cdot \mathbf{J} + \frac{1}{c} \frac{\partial \rho}{\partial t} = 0. \] (28)
The uniform charge density \( \rho_0 \) in the interior gives rise to the potential \( \phi_0 \) through the usual electrostatic relation. Within a London penetration depth of the surface the charge density becomes negative and is denoted by \( \rho_- \).
These electrodynamic equations predict that the screening length for electrostatic fields in superconductors is \( \lambda_L \), much larger than the Thomas Fermi screening length for electrostatic fields in superconductors. This ‘rigidity’ of the superconductor with respect to electric perturbations is qualitatively different from the prediction of BCS theory that electric fields in superconductors are screened just like in normal metals.

The relation between \( \rho_0 \) and \( \rho_- \) depends on the geometry of the sample. In particular, for spherical, cylindrical and planar samples one has respectively
\[ \rho_0 = -\frac{3\lambda_L}{R} \rho_- \] (29a)
\[ \rho_0 = -\frac{2\lambda_L}{R} \rho_- \] (29b)
\[ \rho_0 = -\frac{2\lambda_L}{D} \rho_- \] (29c)
where \( R \) is the radius in the spherical and cylindrical case, and \( D \) is the thickness in the planar case. In all cases, the electric field in the interior attains its maximum value \( E_m \) within a London penetration depth of the surface, given by
\[ E_m = -4\pi \lambda_L \rho_- \] (30)
From energetic considerations one deduces that \( \rho_- \) and \( E_m \) are independent of sample dimensions (for sample dimensions much larger than \( \lambda_L \)) while \( \rho_0 \) decreases with sample size. For more general geometries, the negative charge density \( \rho_- \) near the surface is not uniform but a function of position.

VI. 2\( \lambda_L \) ORBITS AND MEISSNER EFFECT
Superconductivity can be understood semiclassically if the superfluid carriers reside in real space orbits of radius \( 2\lambda_L \). This can be seen in various ways. The angular momentum of superconducting carriers of density \( n_s \) moving with speed \( v_s \) within \( \lambda_L \) of the surface of a cylinder of radius \( R \) and unit height is
\[ L_s = [n_s(2\pi R)\lambda_L][m_e v_s R] \] (31)
where the first factor is the number of carriers within \( \lambda_L \) of the surface and the second the angular momentum of each carrier (for \( R >> \lambda_L \)). \( L_s \) can also be written as
\[ L_s = [n_s(\pi R^2)][m_e v_s (2\lambda_L)] \] (32)
where the first factor is all the superfluid carriers, and the second factor is the angular momentum of an electron in a circular orbit of radius \( 2\lambda_L \). The velocities in the interior cancel out, and the net superfluid flow occurs only within \( \lambda_L \) of the surface.
In addition, the Larmor diamagnetic susceptibility of carriers of density \( n_s \) in circular orbits of radius \( r \) perpendicular to an applied magnetic field is
\[ \chi_{\text{Larmor}}(r) = -\frac{n_s e^2}{4m_e c^2 r^2} \] (33)
and with the London penetration depth given by Eq. (8),
\[ \chi_{\text{Larmor}}(r = 2\lambda_L) = -\frac{1}{4\pi} \] (34)
corresponding to perfect diamagnetism. The suggestion that the perfect diamagnetism of superconductors requires the carriers to be in orbits of radius of order \( \lambda_L \) was made by several workers before BCS theory\[^{[48–50]}\] but is not part of BCS theory.

In the normal state, the carriers can be assumed to be in microscopic orbits of radius \( k_F^{-1} \), with \( k_F \) the Fermi wavevector, of order \( \Lambda^{-1} \). Indeed, the Larmor diamagnetic susceptibility of carriers in such orbits is
\[ \chi_{\text{Larmor}}(r = k_F^{-1}) = -\frac{n_s e^2}{4m_e c^2 k_F^{-2}} = -\frac{1}{3}\mu_B^2 g(\epsilon_F) \] (35)
with
\[ g(\epsilon_F) = \frac{3n_s}{2\epsilon_F} \] (36)
the density of states at the Fermi energy \( \epsilon_F = \hbar^2 k_F^2/2m_e \) and \( \mu_B = e\hbar/2m_e c \) the Bohr magneton. Eq. (35) is the well-known expression for the small Landau orbital diamagnetism in the normal state.

As the system goes superconducting, the electronic orbits will expand from radius \( k_F^{-1} \) to radius \( 2\lambda_L \) driven by kinetic energy lowering, and the Lorentz force on the radially outgoing electron will impart it with the azimuthal kinetic energy lowering, and the Lorentz force on the radius \( 2\lambda_L \), as shown by Eqs. (2)-(14). The \( 2\lambda_L \) orbits are highly overlapping, in contrast to the \( k_F^{-1} \) orbits that are non-overlapping.

VII. 2\( \lambda_L \) ORBITS AND SPIN MEISSNER EFFECT
Consider the process of orbit expansion in the absence of a magnetic field. The interaction of the moving electron magnetic moment with the ionic positive background of charge density \( |e| n_s \) (determined by charge neutrality) will impart the electron with an azimuthal velocity that depends on the spin orientation. From the equation of motion one finds\[^{[51]}\] that the azimuthal velocity of an electron that expanded to radius \( r' \) is
\[ \vec{v}_\sigma = -\frac{\epsilon n_s \mu_B}{m_e c} \vec{\sigma} \times \vec{r}' \] (37)
and for radius \( r = 2\lambda_L \), Eq. (37) yields, using Eq. (8)

\[
\overline{v}_0^\sigma = -\frac{\hbar}{4m_e\lambda_L} \hat{\sigma} \times \dot{r}
\]

(38)

Just like for the Meissner effect, the ‘internal’ velocities cancel out and the only macroscopic superfluid motion occurs within a London penetration depth of the surface. In a cylinder, electrons of spin up and spin down parallel to the axis of the cylinder circulate clockwise and counterclockwise respectively as seen from the top of the cylinder, as shown in Fig. 6. Thus we predict that a macroscopic spin current circulates near the surface of superconductors in the absence of applied fields.

It should be pointed out that many workers before the advent of BCS theory proposed that spontaneous currents exist in superconductors in the absence of applied fields. These include Bloch [33], Landau [44], Frenkel [38], Smith [43], Born and Cheng [62], Heisenberg [66] and Koppe [67]. Notably, some of these proposals were made even before the discovery of the Meissner effect [48, 63, 64]. However these workers envisioned charge currents with different orientations in different domains to give rise to zero net macroscopic charge current, rather than the spin current discussed here that does not require domains.

Strong corroborating evidence for the physics discussed here is the following argument: electrons circulating near the surface of a superconductor with velocity \( \vec{v} \) in the presence of a small magnetic field will experience two radial forces: a Lorentz force due to the motion of the spin current,

\[
\vec{F}_L = \frac{e}{c} \vec{v} \times \vec{B}
\]

(39)

and a gradient force pushing the electron magnetic moment that is parallel (antiparallel) to the magnetic field in the direction of higher (lower) magnetic field:

\[
\vec{F}_\mu = \nabla (\vec{\mu} \cdot \vec{B})
\]

(40)

as shown in Fig. 6. The condition that these forces exactly compensate each other

\[
\frac{e}{c} \vec{v} \times \vec{B} = \nabla (\vec{\mu} \cdot \vec{B})
\]

(41)

yields for the velocity the value Eq. (38), using the fact that the radial gradient of the magnetic field near the surface is \( \vec{B} / (2\lambda_L) \). This argument was not used in the derivation of Eq. (38) and thus constitutes an independent derivation of Eq. (38).

Further corroborating evidence is provided by the fact that the magnetic field required to bring one of the components of the spin current to a stop has magnitude \( B_s \) given by [51]

\[
B_s = -\frac{\hbar c}{4e\lambda_L^2} = \frac{\phi_0}{4\pi\lambda_L^2}
\]

(42)

which is essentially the expression for the lower critical field \( H_{c1} \) of type II superconductors in the conventional theory of superconductivity [47]. This indicates that superconductivity cannot exist unless spin current flows.

The most remarkable consequence of this physics is that the magnitude of the angular momentum of electrons in orbits of radius \( 2\lambda_L \) with velocity Eq. (38) is

\[
l = m_e v_s \times (2\lambda_L) = \frac{\hbar}{2}
\]

(43)

We will discuss this key point further in later sections.

VIII. RELATION BETWEEN AMOUNT OF CHARGE EXPELLED AND SPEED OF THE SPIN CURRENT

The magnitude of charge expelled and the maximum electric field \( E_m \) are intimately related to the orbit expansion and spin current generation. The following simple argument shows this connection. The superfluid charge velocity in the Meissner effect is given by

\[
v_s = -\frac{e}{m_e c} A = -\frac{e}{m_e c} \lambda_L B
\]

(44)

and the magnitude of the charge current is given by

\[
j = -n_e e v_s = \frac{n_e e^2}{m_e c} \lambda_L B = \frac{c}{4\pi\lambda_L} B
\]

(45)

where we have used Eq. (8). Using Eq. (30), Eq. (45) becomes

\[
j = -\rho \frac{B}{E_m c}
\]

(46)
Eq. (46) can be interpreting as saying that the Meissner current is carried by the expelled charge density \( \rho_- \) moving at speed

\[
v_{\rho_-} = \frac{B}{E_m c}
\]  
(47)

It is natural to conclude that superconductivity will be destroyed when the speed \( v_{\rho_-} \) reaches the speed of light, which requires (Eq. (42))

\[
E_m = B_s = -\frac{\hbar c}{4e\lambda_L^2}
\]  
(48)

and the excess charge density near the surface is, from Eqs. (8), (30), (38) and (48)

\[
\rho_- = e n_s \frac{\hbar}{4m_e c\lambda_L} = e n_s \frac{v_0}{c}. 
\]  
(49)

For the case where \( H_{c1} = H_c \) that is at the crossover between type II and type I behavior, we can also express \( \rho_- \) in terms of the condensation energy per electron given by

\[
e \equiv \frac{1}{n_s} \frac{H^2}{8\pi} 
\]  
(50)

as

\[
\rho_- = e n_s \left( \frac{2e}{m_e c^2} \right)^{1/2} 
\]  
(51)

which shows that the charge expelled is a small fraction \((\sim 10^{-6})\) of the superfluid density.

The fact that \( E_m \) is given by Eq. (48) also implies a simple relation between the electrostatic energy cost in setting up the charge separation and the magnetic energy associated with the critical magnetic field \( H_{c1} \). For a cylindrical geometry, the electrostatic energy cost per unit volume is

\[
u_E = \frac{1}{2} \frac{E_m^2}{8\pi} 
\]  
(52)

which is half the maximum magnetic energy cost per unit volume

\[
u_B = \frac{H^2}{8\pi} 
\]  
(53)

in expelling the magnetic field, since \( E_m = H_{c1} \). This is for the case of type II superconductors, where \( H_{c1} \leq H_c \).

Thus the electrostatic energy cost is less than half the condensation energy density \( H^2/8\pi \). It is also interesting to note that the kinetic energy density of the spin current equals the electrostatic energy density near the surface where the electric field is \( E_m \):

\[
n_s \frac{1}{2} m_e v^2 = \frac{E_m^2}{8\pi} 
\]  
(54)

as can be seen from Eqs. (48), (38) and (8). We will shed some light into this relation in Sect. XI.

Finally, it should be pointed out that the relation Eq. (48) and resulting Eq. (49) follow directly from the requirement that the electrodynamic equations for the spin current be relativistically covariant. This somewhat lengthy derivation is given in Ref. [68].

**IX. SPIN ELECTRODYNAMICS**

In a cylindrical geometry, the four-dimensional spin current is given by [68]

\[
J_\sigma (\vec{r}, t) - J_{\sigma 0} = -\frac{c}{8\pi \lambda_L} \left( A_\sigma (\vec{r}, t) - A_{\sigma 0} (\vec{r}) \right) 
\]  
(55)

with

\[
J_\sigma (\vec{r}, t) = (\vec{J}_\sigma (\vec{r}, t), ic\rho_\sigma (\vec{r}, t)) 
\]  
(56a)

\[
J_{\sigma 0} = (\vec{J}_{\sigma 0}, ic\rho_{\sigma 0}) 
\]  
(56b)

and

\[
A_\sigma (\vec{r}, t) = (\vec{A}_\sigma (\vec{r}, t), i\phi_\sigma (\vec{r}, t)) 
\]  
(57a)

\[
A_{\sigma 0} (\vec{r}) = (\vec{A}_{\sigma 0}, i\phi_{\sigma 0}) 
\]  
(57b)

with

\[
\vec{A}_\sigma (\vec{r}, t) = \lambda_L \vec{\sigma} \times \vec{E}(\vec{r}, t) + \vec{A}(\vec{r}, t) 
\]  
(58a)

\[
\vec{A}_{\sigma 0} (\vec{r}) = \lambda_L \vec{\sigma} \times \vec{E}_0 (\vec{r}) 
\]  
(58b)

and

\[
\phi_\sigma (\vec{r}, t) = -\lambda_L \vec{\sigma} \cdot \vec{B}(\vec{r}, t) + \phi(\vec{r}, t) 
\]  
(59a)

\[
\phi_{\sigma 0} (\vec{r}) = \phi_0 (\vec{r}) 
\]  
(59b)

\( \vec{A} \) and \( \phi \) are the magnetic vector potential and electric potential. \( \vec{E}_0 \) and \( \phi_0 \) are the electrostatic field and potential for a uniform charge density \( \rho_0 \) throughout the material, related to \( \rho_- \) (Eq. (49)) by Eq. (29). The current 4-vectors are given in terms of the velocity of the superfluid charge density per spin \( en_s/2 \), the velocity for each spin component \( \nu_\sigma \), and the (excess) charge density \( \rho_\sigma \) as

\[
J_\sigma (\vec{r}, t) = \left( \frac{en_s}{2} \nu_\sigma (\vec{r}, t), ic\rho_\sigma (\vec{r}, t) \right) 
\]  
(60a)

\[
J_{\sigma 0} = \left( \frac{en_s}{2} \nu_{\sigma 0}, ic\rho_{\sigma 0} \right) 
\]  
(60b)

with \( \nu_{\sigma 0} \) given by

\[
\nu_{\sigma 0} = \nu_\sigma \ll R = -\frac{c}{en_s} \rho_0 \vec{\sigma} \times \hat{r} 
\]  
(61)

The differential equations determining the behavior of all quantities are

\[
\square^2 (A_\sigma - A_{\sigma 0}) = \frac{1}{\lambda_L^2} (A_\sigma - A_{\sigma 0}) 
\]  
(62a)
\[ \Box^2(J_\sigma - J_{\sigma0}) = \frac{1}{\lambda_L^2} (J_\sigma - J_{\sigma0}). \]  

(62b)

with

\[ \Box^2 = \nabla^2 - \frac{1}{c^2} \frac{\partial^2}{\partial t^2} \]  

(63)

and \( J_\sigma \) is given in terms of \( A_\sigma \) by Eq. (55). The equations for the charge sector only are simply obtained by defining the charge four-current and charge four-potential

\[ J_c = J_{\sigma=+1} + J_{\sigma=-1} \]  

(64a)

\[ A_c = (A_{\sigma=+1} + A_{\sigma=-1}) / 2 \]  

(64b)

and similarly for \( J_{\sigma0} \) and \( A_{\sigma0} \), and coincide with the equations given in Sec. V.

The derivation of all these relations is given in Ref. [68].

X. RASHBA PHYSICS AND KINETIC ENERGY LOWERING

The interaction of the electron magnetic moment with an electric field \( \vec{E} \) (spin-orbit interaction) is given by [69]

\[ H_{\text{s.o.}} = -\frac{e\hbar}{4m_e^2c^2} \vec{\sigma} \cdot (\vec{E} \times \vec{p}) \]  

(65)

and a single electron Hamiltonian giving rise to this term to linear order is [71][73]

\[ H = \frac{1}{2m_e}(\vec{p} - \frac{e}{c} A_\sigma)^2 \]  

(66a)

\[ A_\sigma = \frac{\hbar}{4m_e c} \vec{\sigma} \times \vec{E} \]  

(66b)

where we have used \( \nabla \times \vec{E} = 0 \). Unlike in other contexts [74][75], the quadratic term arising from Eq. (66a) has real physical significance, as discussed in the next section.

The Spin Meissner effect can be understood as follows [51]: just as for the ordinary Meissner effect, we assume that the wavefunction in the superconductor is rigid and hence \( \vec{p} = 0 \) independent of the value of \( A_\sigma \). Using that \( m_e \vec{v}_\sigma = \vec{p} - (e/c) A_\sigma \) we obtain for the velocity of the electron of spin \( \vec{\sigma} \)

\[ \vec{v}_\sigma = -\frac{\hbar}{4m_e^2c^2} \vec{\sigma} \times \vec{E} \]  

(67)

Now electric fields in superconductors are screened over distances of order \( \lambda_L \) according to the electrodynamic equations discussed in Sect. V. In addition we have argued that the Meissner effect requires that carriers occupy orbits of radius \( 2\lambda_L \). The superfluid of density \( n_s \) holes per unit volume carries a charge density \( -en_s \), with \( e \) the (negative) electron charge. Hence it moves in a compensating charge background of density

\[ \rho = +en_s \]  

(68)

The electric field at the surface of a cylinder of radius \( \tilde{r} = 2\lambda_L \hat{n} \) and charge density \( \rho = en_s \) is

\[ \vec{E} = 2\pi en_s \tilde{r} = \frac{m_e c^2}{2e\lambda_L} \tilde{r} = \frac{m_e c^2}{e\lambda_L} \hat{n} \]  

(69)

(62b)

(where we have used Eq. (8)), with \( \hat{n} \) the normal to the cylinder surface pointing outward. Replacing \( \vec{E} \) in Eq. (67) yields

\[ v_\sigma = -\frac{\hbar}{4m_e\lambda_L} \vec{\sigma} \times \hat{n} \]  

(70)

in agreement with Eq. (38). Note that the correct sign of the spin current velocity (consistent with the force balance shown in Fig. 6) is obtained if the superfluid carriers are holes (Eq. (68)) rather than electrons.

The Hamiltonian Eq. (66) to linear order yields

\[ H = \frac{p^2}{2m_e} - \frac{\hbar}{4m_e\lambda_L} \vec{p} \cdot (\vec{\sigma} \times \hat{n}) \]  

(71)

using Eq. (69) for the electric field. Taking \( \vec{p} = \hbar \vec{k} \) eq. (71) yields single-particle energy bands given by [74]

\[ \epsilon_{k\sigma} = \frac{\hbar^2}{2m_e} (k - \sigma q_0)^2 - \frac{\hbar^2 q_0^2}{8m_e} \]  

(72)

with \( q_0 = 1/2\lambda_L \). This gives rise to two Rashba bands, with spin orientation perpendicular to both the momentum vector and the electric field (which is normal to the surface) and overall kinetic energy lowering of \( \hbar^2 q_0^2 /(4m_e) \) per charge carrier, as discussed in Ref. [74].

The speed of the carriers resulting from Eq. (72)

\[ v_{k\sigma} = \frac{1}{\hbar} \frac{\partial \epsilon_{k\sigma}}{\partial k} = \frac{\hbar}{m_e}(k - \sigma q_0 / 2) \]  

(73)

correctly yields Eq. (38) for the spin current velocity.

XI. THE PHASE OF THE SUPERCONDUCTING ELECTRON, KINETIC ENERGY LOWERING AND CHARGE EXPULSION

The orbital angular momentum of electrons in superconductors was found to be \( \hbar / 2 \) (Eq. (43)). This result was found dynamically [69], however its form makes it clear that it has a topological origin. It is the minimum angular momentum corresponding to a double valued wave function, i.e. a dependence of the wavefunction on the azimuthal angle \( \phi \)

\[ \Psi(r, \phi) = f(r)e^{i\phi/2} \]  

(74)
which implies that the single electron wave function is double valued. In other words, the phase \( \theta \) of a superconducting electron changes by \( \pi \) in going around a loop:

\[
\Psi(\vec{r}) = |\Psi(\vec{r})| e^{i \theta(\vec{r})}
\]

Consequently, we argue that the fact that the flux quantization in superconductors is in units \( \hbar c/2e \) rather than \( \hbar c/e \) should be understood as arising from the phase condition Eq. (75b), or equivalently from the fact that the orbital angular momentum of the single electron is \( \hbar/2 \), instead of from the fact that the charge of the Cooper pair is \( 2e \) as it is traditionally done.

Because electrons are paired in superconductors however the total wavefunction is single-valued. The phase of the superconducting electron can be interpreted as the angular position on its \( 2\lambda_L \) orbit, and it is the same for all electrons of spin \( \sigma \) because of macroscopic phase coherence, and opposite to the phase of the superconducting state. Electrons of opposite spin rotate in opposite directions.

The kinetic energy of a classical particle with angular momentum \( L \) is

\[
E_{\text{kin}} = \frac{L^2}{2mr^2}.
\]

If the angular momentum \( L \) has a fixed non-zero value, Eq. (76) implies that the kinetic energy is lowered when the wavefunction expands (increasing \( r \)). This would provide a general physical explanation for ‘quantum pressure’, i.e. the tendency of quantum particles to expand their wavefunction to lower their kinetic energy. We return to this point in the next section.

In the present context, the charge expulsion, kinetic energy lowering, orbit expansion and their relation with the phase condition Eq. (75b) can be understood as follows. The total energy of an electron is the sum of kinetic energy Eq. (76) and potential energy:

\[
E_{\text{pot}} = \frac{e^2E_m^2}{8m_ec^2}r^2.
\]

This term is the square of the spin-orbit vector potential from the Hamiltonian Eq. (66), using the electric field given by Eq. (69) and the expression for \( E_m \) Eq. (48). The sum of kinetic and potential energies, assuming \( L = \hbar/2 \) in Eq. (76) as determined by the phase condition Eq. (75b) is

\[
E_{\text{tot}} = E_{\text{kin}} + E_{\text{pot}} = \frac{\hbar^2}{8m_ec^2} + \frac{e^2E_m^2}{8m_ec^2}r^2
\]

and minimization with respect to \( r \) (\( \partial E_{\text{tot}}/\partial r = 0 \)) yields for the radius of lowest energy

\[
r = 2\lambda_L
\]

as expected.

The physical origin of the potential energy Eq. (77) is the following: as the orbits expand the charge density buildup associated with the accompanying charge expulsion is \( \rho_- \), Eq. (49), which generates an electric field at distance \( r \) (in cylindrical geometry)

\[
\tilde{E}_s(\vec{r}) = 2\pi|\rho_-|\vec{r} = \frac{E_m}{2\lambda_L}r
\]

using Eq. (30). Note that this “screened” electric field is much smaller than the “bare” electric field Eq. (69) originating in the full ionic charge density \( |e|n_s \). The proportionality factor is \( (\nu_0^2/c) \) (Eq. (49)), of order \( 10^{-5} \). This small electric field gives rise to an electrostatic energy cost per unit volume

\[
U_{\text{elec}} = \frac{E_s(r)^2}{8\pi} = \frac{E_m^2}{8\pi (2\lambda_L)^2} r^2
\]

hence an electrostatic energy per superfluid carrier (using Eq. (8))

\[
E_{\text{pot}} = \frac{1}{n_s}U_{\text{elec}} = \frac{e^2E_m^2}{8m_ec^2}n_s
\]

in agreement with Eq. (77). The electrostatic energy for the equilibrium radius \( r = 2\lambda_L \) is

\[
E_{\text{pot}} = \frac{1}{n_s}E_m^2
\]
which properly represents the electrostatic energy cost per superfluid carrier originating in the charge expulsion that builds up the internal field $E_m$. Thus, the expansion of orbits from the microscopic radius $k_F^{-1}$ to the mesoscopic radius $2\lambda_L$ is understood as arising from the competition of lowering of kinetic energy Eq. (76) with the electron angular momentum fixed at $L = \hbar/2$ and cost in electrostatic potential energy Eq. (77) originating in charge expulsion.

**XII. DISCUSSION**

Figure 8 displays the fundamental physics of superconductors, that we propose is a direct consequence of kinetic energy lowering. In this paper we have pointed out that there is a fundamental connection between kinetic energy lowering, the Meissner effect, charge expulsion, rotational zero-point motion, and superconductivity.

If superconductivity is kinetic energy driven, it should incur a cost in potential energy. Within our theory, this cost is very apparent: it is the electrostatic energy cost generated by charge expulsion (Fig. 2). The charge expulsion is associated with the expansion of the electronic orbits. The increased diamagnetic susceptibility of superconductors compared to normal metals (Meissner effect) indicates that the orbits of the charge carriers increase their radius as the metal goes superconducting, or, in other words, that their wavefunction increases its spatial extent, as described by the Larmor diamagnetic susceptibility

$$\chi_{\text{Larmor}} = -\frac{e^2}{4m_e c^2} < r_\perp^2 > \quad (84)$$

with $r_\perp$ the radial coordinate in a plane. In quantum mechanics, expansion of the wave function, i.e. increasing $< r_\perp^2 >$, is associated with lowering of the expectation value of the kinetic energy

$$E_{\text{kin}} = -\frac{\hbar^2}{2m} \nabla^2 \quad (85)$$

as can be seen from the fact that a lower bound for the kinetic energy of an electron is

$$E_{\text{kin}} \geq \frac{3}{5} (6\pi^2)^{2/3} \frac{\hbar^2}{2m_e} \frac{\int d^3 r \rho(r)^{5/3}}{\int d^3 r \rho(r)} \quad (86)$$

with $\rho(r)$ the electron density. For a wavefunction occupying a radial extent $\tilde{r}$, $\rho(r) \sim 1/\tilde{r}^3$, $\rho(r)^{5/3} \sim 1/\tilde{r}^5$ and the right side of Eq. (83) $\sim 1/\tilde{r}^2$. Alternatively, the fact that the kinetic energy is lowered as the spatial extent of the wavefunction increases is seen from Heisenberg’s uncertainty principle.

In accordance with Bohr’s correspondence principle, this connection can also be understood classically. Eq. (84) follows from Faraday’s law for a circular orbit of radius $r$, with $r^2$ replacing $< r_\perp^2 >$. For a particle of

FIG. 8: Spontaneous lifting of a magnet resting on top of a metal being cooled into the superconducting state (bottom to top). The force that pushes the magnet up against gravity originates in the force driving the electronic orbits in the superconductor to expand, namely the kinetic energy lowering with increasing orbit size of electrons constrained to have angular momentum $\hbar/2$ at all length scales.
mass \( m \) and angular momentum \( L \) the kinetic energy in such an orbit is Eq. (76), hence the kinetic energy is lowered as the orbit expands for fixed \( L \). Taking \( L = \hbar \), that relation becomes

\[
E_{\text{kin}} = \frac{\hbar^2}{2mr^2}
\]

(87)

which coincides with the quantum-mechanical value for the atomic kinetic energy with the wavefunction Eq. (2), with \( \tilde{r} \) replacing \( r \). This classical argument can be used to understand the relation between kinetic energy and orbit radius in the Bohr atom, for which all orbits have nonzero angular momentum. In Schrödinger theory however, ‘quantum pressure’, i.e. the tendency of electrons to expand their wavefunction to lower their kinetic energy, exists also for states of zero angular momentum, as expressed e.g. by Eq. (85) or by the uncertainty principle. This physics does not have a classical counterpart.

It is thus remarkable that for superconductors we have found that kinetic energy lowering and orbital expansion are intimately tied to the fact that the orbital angular momentum of the electron is constrained to be \( \hbar/2 \). This suggests that our classical interpretation is more correct than the quantum-mechanical one. Namely, that electronic ‘quantum pressure’ originates always in finite angular momentum rather than the uncertainty principle, and since quantum pressure is ubiquitous, that states of zero angular momentum for the electron don’t exist. The angular momentum of the electron is bounded from below by \( \hbar/2 \) due to the topological constraint eq. (75b).

Another way to put it: in conventional (Schrödinger) quantum mechanics, there is no “rotational zero point motion”: the fact that the azimuthal angle is constrained to the finite angular interval \( 0^\circ \) to \( 360^\circ \) does not raise the kinetic energy of a particle of angular momentum zero. But we have found that superconductors have rotational zero point motion at the macroscopic level, and superconductors are macroscopic quantum objects. This suggests that very generally there should be rotational zero point motion at the microscopic level also. This is incompatible with states of zero orbital angular momentum.

Electrons have intrinsic angular momentum \( \hbar/2 \) (spin). This can be understood as originating in circular orbits of radius

\[
r_q = \frac{\hbar}{2m_e c}
\]

(88)

with electrons moving at the speed of light.\(^{77}\) If the orbit expands to radius \( 2\lambda_L \), keeping the angular momentum fixed, the speed is reduced by a factor \( v_0^2/c = r_q/(2\lambda_L) \) yielding the spin current speed Eq. (38). Note that this factor gives also the ratio between the expelled charge density \( \rho_r \) and the ‘bare’ charge density \( e\rho \). All this suggests that the orbits in the superconductor are a mesoscopic image at length scale \( 2\lambda_L \) of the spinning electron motion at the scale Eq. (88). Furthermore, it suggests that the electron has minimum angular momentum \( \hbar/2 \) at all length scales. As discussed in the previous section, this would be the case if the orbital wavefunction for the electron is double-valued. The possibility that the wavefunction of the electron is double-valued has been considered in the past by Eddington, Schrödinger and Pauli\(^{75,80}\).

David Hestenes has proposed long ago that the electron spin should be interpreted as an orbital angular momentum\(^{77}\). He has pointed out that the Schrödinger equation should be regarded as describing an electron in an eigenstate of spin, and that spin should be interpreted as a dynamical property of electron motion rather than an internal angular momentum. Furthermore, he has pointed out that Heisenberg’s uncertainty relations follow naturally from constraining the electron to have non-zero orbital angular momentum. These concepts appear to be closely related to the physics discussed here.

In addition, the fermion anticommutation relations can be interpreted as arising naturally from the double-valuedness of the electron wave function and the resulting phase condition Eq. (75b). This is because the process of interchanging two fermions is topologically equivalent to one electron going around the other in a loop, thus picking up a \((-\) sign according to Eq. (75b). This interpretation of the origin of fermion anticommutation relations is discussed by Feynman\(^{81,82}\). If so, the stability of matter, which according to Ref. \(^{76}\) results from the combined effect of ‘quantum pressure’ (e.g. Eq. (86)) at the single electron level and ‘Pauli pressure’ originating from fermion anticommutation relations can instead be uniquely ascribed to the double-valuedness of the electron wave function Eq. (75b).

In summary, the physics of superconductors discussed in this paper leads us to conclude that angular momentum plays an even more central role in quantum mechanics than conventionally assumed. Namely, that the fundamental origin of quantum pressure, i.e. the kinetic energy of quantum confinement, is always non-zero angular momentum, and that the quantum phase of a particle can be interpreted as arising from a rotational degree of freedom. This is, after all, not very surprising given that it is \( \hbar \neq 0 \) that gives rise to quantum mechanics, and \( \hbar \) has units of angular momentum.

Concerning superconductivity, it remains to show how electrons in overlapping \( 2\lambda_L \) orbits maintain their phase coherence, for which it will be necessary to take into account scattering processes between pairs in a BCS-like wavefunction. Concerning other problems, we have proposed that this physics gives rise to a spin current ground state for aromatic ring molecules\(^{69}\), and there are hints that the concepts discussed here could have implications for the interpretation of the Dirac equation and the quantum Hall effect.

In his talk on a meeting commemorating the 50-th anniversary of BCS theory, Steven Weinberg said\(^{42}\) “I think that the single most important thing accomplished by the theory of John Bardeen, Leon Cooper, and Robert Schrieffer (BCS) was to show that superconductivity is not part of the reductionist frontier”. However, the re-
results presented in this paper suggest that the correct understanding of superconductivity could have a profound effect on the reductionist frontier, by requiring a reinterpretation of the origin of quantum pressure and a reformulation of conventional quantum mechanics to describe an intrinsic double-valuedness of the electron wave function\[72, 83\]. The fact that there are serious problems with the conventional understanding of quantum mechanics has been pointed out emphatically by A.V. Nikulov\[84\].

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