The substance P (SP)-preferring receptor, neurokinin-1 receptor (NK-1R), has an important role in inflammation, immune regulation, and viral infection. We applied a newly developed real-time reverse transcription (RT)-PCR assay to quantify NK-1R mRNA in human neuronal cell line (NT-2N), a human B-cell line (IM9), monocyte-derived macrophages (MDM), peripheral blood lymphocytes (PBL), and human astrogloma cells (U87 MG). The NK-1R real-time RT-PCR assay has a sensitivity of 100 mRNA copies, with a dynamic range of detection between 10^2 and 10^7 copies of NK-1R gene transcripts per reaction. This assay is highly reproducible, with an intrassay coefficient variation of threshold cycle (Ct) of less than 1.9%. The NK-1R real-time RT-PCR is highly sensitive for quantitative determination of NK-1R mRNA in human immune cells (MDM and PBL) that express low levels of NK-1R mRNA. In addition, the assay has the ability to accurately quantify the dynamic changes in NK-1R mRNA expression in interleukin-1β-stimulated U87 MG. These data indicate that the NK-1R real-time RT-PCR has potential for a wide application in investigation of NK-1R expression at the mRNA level under physiological and pathological conditions in both the central nervous system and the immune system.

Substance P (SP), the most extensively studied and potent member of the tachykinin family, is a modulator of neuroimmunoregulation, in particular, the immune functions of mononuclear phagocytes (10). SP specifically activates NF-κB, a transcription factor involved in the control of cytokine expression (22, 26), and stimulates human peripheral blood monocytes to produce inflammatory cytokines including interleukin-1 (IL-1), IL-6, IL-12, and tumor necrosis factor alpha (TNF-α) (11, 19, 24). SP was initially considered a peptide of immune-mediated diseases, including neuroimmunologic disregene fashion (3, 30), and has a role in the pathogenesis of immune cells, participates in immunoregulation in an autoimmune manner (10, 12, 18). SP is secreted by human endothelial cells (23, 27), eosinophils (1), Leydig cells in testis (25), and neural cell types, including murine macrophages (28, 31), human endothelial cells (23, 27), eosinophils (1), Leydig cells in human and mouse testis (4), and human lymphocytes and monocytes/macrophages (10, 12, 18). SP is secreted by human immune cells, participates in immunoregulation in an autoinflammatory fashion (3, 30), and has a role in the pathogenesis of immune-mediated diseases, including neuroimmunologic diseases and AIDS (9, 16, 21).

The biologic responses to SP are mediated by the neurokinin-1 receptor (NK-1R), the SP preferring receptor, which is a G-protein-coupled receptor bearing seven transmembrane domains (33). NK-1R is present on T cells (36), including CD4 T and CD8 T cells, B lymphocytes (36), monocyte/macrophages (25), and mast cells (35). Using a competitive PCR technique, NK-1R mRNA has been detected in lipopolysaccharide (LPS)-activated murine macrophages (2). In our study of the role of SP and NK-1R in immunoregulation of the immune cells, we demonstrated that monocyte/macrophages, T lymphocytes, and microglia express NK-1R mRNA as determined by reverse transcription (RT)-PCR (10, 12, 18). The RT-PCR assay, however, is not only laborious and time-consuming, but it also has potential variation and contamination due to post-PCR manipulation. Furthermore, the RT-PCR assay lacks the capability to accurately quantitate NK-1R mRNA. In the present study, we developed a simple, sensitive, rapid, and reproducible real-time RT-PCR assay in order to quantitate NK-1R mRNA in human neuronal and immune cells.

**MATERIALS AND METHODS**

**Cells and treatment.** Peripheral blood was obtained from three healthy normal adult donors. The Institutional Research Board of our institution approved this investigation. The blood samples were identified as human immunodeficiency virus type 1 (HIV-1) antibody negative by anonymous testing with the enzyme-linked immunosorbent assay (ELISA) method (Coulter Immunology, Hialeah, FL). Informed consent was obtained from these subjects. Monocytes were purified according to our previously described technique (6, 7). Freshly isolated monocytes were plated in 24-well plates at a density of 10^6 cells/well in Dulbecco's modified Eagle medium (DMEM) containing 10% fetal calf serum (FCS). The total length of time in culture for monocyte-derived macrophages (MDM) was 7 to 10 days. The viability of MDM was monitored by trypan blue exclusion and cell adherence to the wells. Nonadherent peripheral blood lymphocytes (PBL) were collected from gelatin-coated plates and washed three times with phosphate-buffered saline (PBS). PBL viability was measured by a cell proliferation assay. IM9 (human B lymphoblasts), which expresses NK-1R (29), was obtained from the American Type Culture Collection (ATCC) (Rockville, MD). Human neuronal (NT-2N) cells were derived from Ntera2/c1D1 (NT2) cells, a human teratocarcinoma cell line (32). Both IM9 and NT-2N were used as positive controls for NK-1R mRNA (20). Human astrogloma cells (U87 MG) were obtained from ATCC and maintained in DMEM with 2 mM l-glutamine, 100 U/ml penicillin, 100 μg/ml streptomycin, and 10% heat inactivated fetal bovine serum. In order to quantitate NK-1R mRNA expression changes, U87 MG cultured in 24-well plates (10^4 cells/well) were incubated with or without IL-1β (4 ng/ml) as we previously described (5).

**RNA extraction.** Total RNA was extracted from MDM, PBL, IM9, NT-2N (1 × 10^6 cells) and U87 MG (4 × 10^6 cells) and using Tri-Reagent (Molecular Research Center, Cincinnati, OH) as instructed by the manufacturer. In brief, total RNA was extracted by a single step, guanidinium thiocyanate-phenol-chloroform extraction. After centrifugation at 13,000 × g for 15 min, RNA-containing aqueous phase was precipitated in isopropanol. RNA precipitates
were then washed once in 75% ethanol and resuspended in 50 μl of RNase-free water.

Cloning of NK-1R cDNA fragment. The NK-1R mRNA fragment was cloned and identified with the human NK-1R primer pairs (HSPR3/HSPR4) from IM9 cells as reported earlier (14, 15). Briefly, the PCR products amplified by these primers were separated on a 2% agarose gel and then purified with Wizard PCR Preps DNA Purification System (Promega, Madison, WI). The purified NK-1R cDNA fragment was then cloned into a plasmid using the Eukaryotic TA Cloning Kit (Invitrogen Corporation, San Diego, CA). The cloned plasmid containing the NK-1R cDNA fragment was then transfected into 293T cells. The presence and orientation of the NK-1R cDNA fragment was determined by restriction analysis using EcoRV restriction enzyme digestion and DNA sequencing. The purified plasmid was linearized by EcoRI restriction enzyme digestion and purified by phenol-chloroform extraction and alcohol precipitation. This plasmid containing the NK-1R cDNA fragment was used as a template to synthesize mRNA in vitro in order to evaluate the sensitivity and the reproducibility of the real-time RT-PCR assay.

In vitro mRNA synthesis. NK-1R mRNA transcripts were obtained by transcribing the linearized plasmid containing the NK-1R cDNA insert with MEGAscript kit (Ambion, Austin, TX). After digestion with RNase-free DNase (Promega), the resulting RNA transcripts were purified with phenol-chloroform extraction and alcohol precipitation as previously reported (14, 15). The purified RNA transcript was used to construct a standard curve in order to quantitatively measure NK-1R mRNA levels in MDM, PBL, and U87 MG by real-time RT-PCR with the primer pair of NK-1R.

Design of TaqMan probe and primers. The PCR primers and TaqMan probe used were designed using Primer Express software (PE Biosystems). The primer pair of NK-1R forward and reverse (sense: 5'-CACACTATGGGCCAGTGAGATC-3'; antisense: 5'-GCACACCACGACAATCATCATT-3') was specific for a 109-bp fragment of NK-1R transcripts. The TaqMan probe sequence was 5'-TCTCTGCCAAG-GCAAGGTGGTC-3'. The length of the TaqMan probe for NK-1R was designed such that the annealing temperature was 10°C higher than that needed for NK-1R primers. The probe was labeled at the 5' end with 6-carboxyfluorescein (6-FAM) and at the 3' end with black hole quencher-1. The

FIG. 1. Sensitivity and linearity analysis of the NK-1R real-time RT-PCR. A reading of change in fluorescence (Rn) as a function of cycle numbers is demonstrated for a range of known input copy numbers of the NK-1R RNA transcript derived from the plasmid containing NK-1R cDNA fragment. Tenfold serial dilutions of the NK-1R RNA starting from 10^2 to 10^7 molecules per reaction were amplified by the real-time RT-PCR. (A) The standard curve of the serial dilutions of the NK-1R RNA with a correlation coefficient (R^2) of 0.9988. (B) Amplification plot of the serial dilutions of NK-1R RNA. The dynamic detection range is 5 orders of magnitude from 10^2 to 10^7 molecules, and the detection sensitivity is 100 NK-1R mRNA copies per reaction. NC, negative control which lacked PCR-amplified product when reverse transcriptase was omitted from the RT reaction using 10^7 molecules of NK-1R RNA standard.
sequence of the primer pair for glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was 5′-GGTTGTTCTCGTCTGACTTCAACA-3′ (sense); 5′-GGTGCTGTTAAGCCA-AATTCGTTGT-3′ (antisense). The primers and probe resuspended in Tris-EDTA (TE) buffer were synthesized by Integrated DNA Technologies, Inc. (Coraville, IA), and stored at −30°C.

Reverse transcription. Total RNA (1 μg) and NK-1R RNA standard were subjected to reverse transcription. Both the random primers and the specific NK-1R primer (antisense) were used in the same reaction. The random primers were used to prime GAPDH. The final reaction mixture (20 μl) contained the following elements: 5 mM MgCl2, 1× RT buffer, 500 μM each deoxynucleoside triphosphates (dNTPs), 1 unit/μl recombinant RNasin, 10 to 15 units of AMV reverse transcriptase (Promega), 50 ng random primers, and 0.1 μM NK-1R specific antisense primer. The RT was performed at 42°C for 1 h. The reaction was terminated by holding the reaction mixture at 95°C for 5 min. One-tenth (2 μl) of the resulting cDNA was used as a template for real-time PCR amplification.

Real-time PCR assay. The ABI Prism 7000 Sequence Detection System (ABI 7000 SDS) was used for real-time PCR analysis. Thermal cycling conditions were designed as follows: initial denaturation at 95°C for 10 min, followed by 40 cycles of 95°C for 15 s and 60°C for 1 min. Fluorescent measurements were recorded during each annealing step. At the end of each PCR run, data were automatically analyzed by the system and amplification plots were obtained. For each PCR, 2 μl of cDNA template was added to 48 μl of PCR Master mixture (5 mM dNTPs, 400 nM of each primer, 1.5 u of AmpliTaq Gold DNA polymerase, 400 nM of TaqMan probe, and 24.7 μl of water). The PCR buffer contained 5-carboxy-X-rhodamine (5-ROX) (500 nM) as the reference dye for normalization of the reactions. Any possible fluctuations in 5-ROX signals were used to correct the sample signal. The master mixture was prepared freshly for each real-time PCR amplification. In order to generate a NK-1R RNA standard curve to quantify NK-1R mRNA in human immune cells, known amounts of the NK-1R RNA standard were serially diluted 10-fold and amplified in the same plate under the identical conditions. The quantity of NK-1R mRNA in the samples was automatically calculated by the ABI 7000 SDS based on the data obtained from the standard curve. All amplification reactions were performed in duplicate, and average copy numbers of the duplicates were presented in this report, unless otherwise specified. In order to control the integrity of RNA and normalize NK-1R mRNA levels in MDM, PBL, and U87 MG, a GAPDH mRNA fragment in these cells was also amplified using our established real-time RT-PCR with Brilliant SYBR green QPCR Master Mix (Stratagene, La Jolla, CA) as previous reported (17). In order to normalize the NK-1R mRNA levels, the NK-1R mRNA copy numbers in MDM, PBL, and U87 MG samples were divided by the total RNA (ng) determined by the GAPDH real-time RT-PCR in the same sample and then multiplied by 1,000 in order to convert the unit to NK-1R mRNA copy numbers per microgram (μg) of total RNA. The levels of NK-1R mRNA in these cells are expressed as the mean copy number of NK-1R mRNA per μg of total RNA.

RESULTS

Sensitivity of the real-time RT-PCR. The analytical sensitivity of the real-time RT-PCR was determined using a serial dilution of NK-1R RNA transcripts containing 10, 102, 103, 104, 105, 106, and 107 copies of the transcripts and tested four times, each in duplicate. The real-time RT-PCR detected NK-1R mRNA copy numbers as low as 10 molecules, with the detection rate of 37.5% (3 out of 8 replicates) (data not shown). The detection rate, however, was 100% with NK-1R mRNA copy numbers of 100 or higher (8 out of 8 replicates). The detection limit, therefore, was set at 100 RNA molecules per reaction. A representative result is shown in Fig. 1.

Linearity, range of quantification, and precision. Amplification of NK-1R RNA transcripts at different concentrations showed the linearity over a range of 5 orders of magnitude (Fig. 1) with the correlation coefficient R2 = 0.99. In order to determine the variation of repetitive measurements of real-time PCR between different runs, 10-fold serial dilutions of NK-1R cDNA (ranging from 106 to 107 copies per reaction) were examined by the real-time PCR in four different experiments. The coefficient of variation (CV) of threshold cycle (Ct) values within an assay was 1.9% (Table 1), and the interassay variation of Ct is comparable to that of the intraassay variation (Table 2).

Real-time RT-PCR quantification of NK-1R mRNA. Human monocytes, macrophages, lymphocytes, and U87 MG express NK-1R mRNA as demonstrated using conventional RT-PCR

| Replicate | Threshold cycle of input copies |
|-----------|--------------------------------|
|           | 10,000,000 | 1,000,000 | 100,000 | 10,000 | 1,000 | 100 |
| 1         | 16.7       | 19.8      | 23.3     | 26.7    | 30.5  | 34.2 |
| 2         | 16.9       | 20.0      | 23.2     | 27.0    | 31.0  | 35   |
| 3         | 16.8       | 19.6      | 23.1     | 27.0    | 30.4  | 34.4 |
| 4         | 16.4       | 20.0      | 23.2     | 27.0    | 31.0  | 35   |

Mean (± SEM) 16.97 (± 0.09) 19.79 (± 0.12) 23.17 (± 0.05) 27.12 (± 0.20) 30.76 (± 0.19) 34.47 (± 0.16)

a The data are generated from four separate assays performed on different days.

TABLE 1. Intra-assay accuracy of NK-1R real-time RT-PCR

| Replicate | Threshold cycle of input copies |
|-----------|--------------------------------|
|           | 10,000,000 | 1,000,000 | 100,000 | 10,000 | 1,000 | 100 |
| 1         | 16.9       | 19.7      | 23.4     | 26.8    | 30.2  | 33.9 |
| 2         | 16.9       | 20.1      | 23.3     | 26.0    | 30.4  | 33.5 |
| 3         | 16.8       | 19.6      | 23.1     | 27.0    | 30.4  | 34.4 |
| 4         | 16.4       | 20.0      | 23.2     | 27.0    | 31.0  | 35   |

Mean (± SD) 16.7 (± 0.2) 19.8 (± 0.2) 23.3 (± 0.1) 26.7 (± 0.2) 30.5 (± 0.4) 34.2 (± 0.7)

CV (%) 1.38 0.56 0.75 1.18 1.9

a Four replicate samples from each dilution were amplified in the same plate.

CV, coefficient of variation.
DISCUSSION

NK-1R has been identified not only on neuronal cells, but also on the immune cells, including monocytes, macrophages, and T-cells (10, 12). NK-1R has important roles in the immune regulation and viral infections. Using a conventional RT/nested PCR assay, we showed that human immune cells express NK-1R (10, 12). Because of the low levels of NK-1R expression in the immune cells, it is difficult to quantitate NK-1R mRNA in these cells. Thus, the establishment of a highly quantitative and sensitive assay for NK-1R mRNA becomes imperative.

Real-time RT-PCR analysis has been employed successfully for both basic research and clinical applications (8, 37). Since PCR amplification is an exponential assay, a very small change in the amplification efficiency produces a dramatic difference in the amount of final products (34). The monitoring of the entire process of PCR (real time), rather than merely the end product, permits precise quantitation. More importantly, real-time PCR, which uses both primers and a probe, significantly increases the specificity of the assay. Since the NK-1R real-time RT-PCR has a wide dynamic detection range (10^2 to 10^7 copies per reaction), sample dilution or concentration is not required, which is one of the problems encountered in competitive RT-PCR (13). It is not necessary to run the PCR-amplified products on agarose gel after real-time PCR, which not only eliminates post-PCR procedure, but also avoids variation and contamination caused by post-PCR manipulation.

In the present study, we successfully utilized real-time PCR for quantification of NK-1R mRNA levels in human immune cells (MDM, PBL, and IM9) and neuronal cells (NT-2N). We also examined the accuracy and reproducibility of the real-time RT-PCR for quantifying the dynamic changes in NK-1R mRNA in IL-1β-treated human astroglialoma cells (U87 MG). Using conventional RT-PCR we previously showed that IL-1β induced the expression of NK-1R mRNA in U87 MG (5). In the current study, we demonstrated that the real-time RT-PCR assay is capable of demonstrating the changes in NK-1R mRNA levels in U87 MG with high accuracy and specificity. In addition, the real-time RT-PCR is more sensitive than conventional RT-PCR, since the latter requires a nested PCR amplification (85 cycles) (10, 12). In conclusion, the NK-1R real-time RT-PCR is highly sensitive, precise, and reproducible. The assay is particularly useful for quantitation of NK-1R mRNA in nonneuronal cells that express low levels of NK-1R mRNA. Thus, the real-time RT-PCR assay is an important tool for the investigation of the role of NK-1R in inflammation, immune regulation and viral infections.

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