Traumatic neuroma in a patient with breast cancer after mastectomy: a case report and review of the literature

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Abstract
The incidence of traumatic neuroma is extremely low, especially in those patients with breast cancer after mastectomy. There are only 10 cases reported in the literature. We report a patient who developed a palpable nodular mass near the mastectomy scar. The result of excisional biopsy was traumatic neuroma. Review of the literature reveals 10 cases with breast cancer of traumatic neuromas after mastectomy. Traumatic neuroma is a benign lesion and a reparative response of the nerve to injury, either direct/indirect trauma or chronic inflammation. Benign lesions as traumatic neuromas are more rarely seen after mastectomy. However, in order to manage patients’ treatment, the most critical problem is to distinguish it from recurrent breast carcinoma. Although assistant examination methods such as ultrasound and computed tomography are valuable to a certain extent, the final diagnosis can only be confirmed on pathologic examination.

Keywords: Traumatic neuroma, Breast neoplasms, Mastectomy

Background
Traumatic neuromas are uncommon benign lesions, especially being the consequence of surgical procedures [1,2]. A traumatic neuroma is not a true neoplasm. It represents a hyperplastic, reparative response of the nerve to injury and usually presents as a palpable nodule mass. It is secondary to the disordered proliferation of nerves and connective tissue trying to renervate the area after a total or partial sectioning of a nerve during an accidental or surgical trauma [3]. Traumatic neuromas occurring near the mastectomy scar are more rare. The first reported case was in 2000 and there have been only a total of 10 published cases [4-8]. Although post-mastectomy traumatic neuromas are benign lesions, they have to be distinguished from recurrent breast carcinomas to better manage patients’ next treatment.

We present herein a further case of post-mastectomy traumatic neuroma and review the literature on the rare condition.

Case report
A 43-year-old yellow female noticed a lump in the right breast in 2007. Examination at that time revealed a palpable mass without pain and the size of it was about 3 × 2 cm.

Ultrasonographic examination showed an irregular, solid, hypoechoic mass in the right breast. The internal echo texture was considered heterogeneous. There was no abnormality in her left breast. This finding can permit us to suspect that the mass is malignant. The next day, the patient underwent right-sided modified radical mastectomy (MRM). Histopathological examination showed T2N0M0 invasive ductal carcinoma of the breast. One week after the surgery, the patient started to receive six cycles of taxol-based chemotherapy. In consideration of her ER and PR status, the patient was treated with tamoxifen (TAM).

A nodular mass was detected at the chest wall 2 years after the surgery. The nodular mass was close to the mastectomy scar and was palpated at follow-up examination. Ultrasonographic examination showed a well-circumscribed, echo-heterogeneous, subcutaneous nodular lesion, with a diameter of about 0.5 cm. (Figure 1) There was no obvious indicator to identify the distant...
metastases. In order to confirm whether the mass was a recurrence cancer or not, an excision biopsy was performed of the presenting mass. Histopathological examination showed a tangle of small and medium nerve fiber bundles which were well circumscribed in fibro-adipose tissue. (Figure 2) Hence, we could confirm that the nodular mass was traumatic neuroma and there was no recurrence.

Discussion
A review of the literature searching for patients with breast cancer and traumatic neuroma revealed a total of 10 reported cases [4-8]. This article presents an additional case with breast cancer of traumatic neuroma occurring in a patient 2 years after mastectomy and reviews the previously reported cases.

Table 1 summarizes the clinical circumstances for the 10 reported cases plus this report of traumatic neuroma after mastectomy for breast cancer. The age of the patients at presentation was variable, ranging from 41 to 68 years. The time between mastectomy and presentation with traumatic neuroma was also variable in these 11 cases (2 to 14 years after mastectomy) and the average was 5.3 years. There was only one patient who had three nodules near the mastectomy scar and all other patients had only one nodule. The diameter of every nodule ranged from 0.4 to 1.0 cm. There were 7 patients whose traumatic neuromas were located near the scar of mastectomy, 2 patients whose traumatic neuromas were located in the subclavian area, one patient whose traumatic neuroma was in the axilla and one patient whose traumatic neuroma was located in the 9 o’clock position in the right chest wall. Eight patients underwent ultrasound examination. Reports showed five cases with well-circumscribed, homogeneous, hypo-echoic subcutaneous nodular lesion and two cases with a poorly defined hypo-echoic nodule with good conduction. The latest report from Kim EY et al shows that it was an oval, circumscribed, hypo-echoic nodule with a partially microlobulated margin [8]. Two cases in one report didn’t mention whether they underwent ultrasound examination or not. Ultrasound examination of the case we present showed that the mass was a well-circumscribed, echo-heterogeneous, subcutaneous nodular lesion, with a diameter of about 0.5 cm.
All of the nodules were painless. All of these cases received excision biopsy of the presenting nodules and made a definite diagnosis by histopathological examination.

Table 2 summarizes the diagnosis and treatment of breast cancer for reported cases. The age at diagnosis of breast cancer was variable, ranging from 33 to 63 years. Four patients’ stage was T1N0M0, five patients’ stage was T2N0M0, and two patients’ stage was T2N1M0. Pathological examination of all the patients was invasive ductal carcinoma of the breast. A majority of patients underwent a radical or modified radical mastectomy (There were two cases of a report did not mention the kind of surgery). Seven patients received chemotherapy (specific chemotherapy regimen and cycles are recorded in the Table). Two patients received radiotherapy and five patients received endocrinotherapy in consideration of their ER and PR status (four patients treated with tamoxifen and one patient treated with aromatase inhibitor).

Neuromas occurred in patients who have received cancer surgery are not well established in the literature, unlike traumatic neuromas following amputation for benign diseases such as post-cholecystectomy [2]. A traumatic neuroma is not a true neoplasm. It represents a hyperplastic response of the nerve to injury, either direct/indirect trauma or chronic inflammation. Traumatic neuromas show disrupted axons with distal demyelination and Wallerian degeneration, and a tangled mass of Schwannou cells and fibroblasts, all in a dense, collagenous matrix [3]. Enzinger FM et al [9] and Murphey M et al [10] consider that a traumatic neuroma usually presents as a palpable nodule which is caused by a non-neoplastic proliferation of the proximal end of a severed, partially transected or injured nerve after surgery and it does’t have any potential malignancy. Although most traumatic neuromas affect peripheral sensory nerves, they could also affect motor sensory nerves and autonomic nervous system [11]. The most frequent site of traumatic neuroma is at radically dissected neck, followed by upper and lower extremities [12].

Benign lesions as traumatic neuromas after mastectomy are more rarely seen. The first reported case was in 2000 and there have been only a total of ten published cases. Two of them resembled granular cell tumours at mastectomy. Sometimes there was pain in tumor sites but all of the post-mastectomy patients in the review were asymptomatic. Hence, a traumatic neuroma after mastectomy is an uncommon entity, but it should be
kept in mind because the most critical problem is to distinguish the painless nodule from recurrent breast carcinoma. Assistant examination methods such as ultrasound and computed tomography are valuable to a certain extent. Kim EY et al [8] suggested that if a color Doppler image shows no increased blood flow, fluoro-deoxyglucose (FDG) positron emission tomography-computed tomography (PET-CT) shows no significant uptake, and the time interval between surgery and the development of new lesion is more than 5 years, one should include traumatic neuromas in the differential diagnosis. Huang LF et al [13] and Yabuuchi H et al [2] also suggested that several imaging techniques such as ultrasonographic, computed tomographic, and magnetic resonance imaging features have been used to differentiate traumatic neuroma from recurrent lymphadenopathy after neck dissection. Nevertheless, the final diagnosis can only be confirmed on pathologic examination.

**Conclusion**

It is very difficult to diagnose traumatic neuromas occurring in mastectomy scars because they can mimic recurrent lymph nodes or local tumor recurrence. In order to manage patients’ treatment, the most critical problem is to distinguish it from recurrent breast carcinoma. Although some assistant examination methods are valuable to a certain extent, the final diagnosis can only be confirmed on pathologic examination.

| Source | Age (yr) | Period of neuroma after mastectomy(yr) | Amount and diameter of nodules | Location | Ultrasound description | Pain |
|--------|----------|---------------------------------------|-------------------------------|----------|------------------------|------|
| Present case | 45 | 2 | One; \(\phi = 0.5\) | Close to the mastectomy scar | Well circumscribed, echo-heterogeneous, subcutaneous nodular lesion | - |
| Xing Wang et al, 2007[5] | 68 | 7.5 | One; \(\phi = 0.7\) cm | Close to the mastectomy scar | Well circumscribed, homogeneous, hypo-echoic | - |
| | 45 | 2.83 | Three; \(\phi = 0.8\) cm, 0.6 cm, 0.4 cm | Close to the mastectomy scar | Three well defined, homogeneous, subcutaneous nodular lesion | - |
| Xing Wang et al, 2007[5] | 57 | 8 | One; \(\phi = 0.7\) cm | Subclavicular | Poorly defined hypo-echoic nodule with good conduction | - |
| | 43 | 4 | One; \(\phi = 1.0\) cm | Axilla | Poorly defined hypo-echoic nodule with good conduction | - |
| Xing Wang et al, 2007[5] | 41 | 8 | One; \(\phi = 1.0\) cm | Subclavicular | Homogeneous, hypo-echoic subcutaneous nodular lesion | - |
| Xing Wang et al, 2007[5] | 52 | 3 | One; \(\phi = 0.9\) cm | Close to the mastectomy scar | Well defined, homogeneous, hypo-echoic subcutaneous nodular lesion | - |
| Rosso R et al, 2000[4] | 55 | 2.33 | One; \(\phi = 0.4\) cm | Close to the mastectomy scar | Not mentioned | - |
| Rosso R et al, 2000[4] | 67 | 4.17 | One; \(\phi = 0.6\) cm | Close to the mastectomy scar | Not mentioned | - |
| B Baltalarli et al, 2004[7] | 54 | 2 | One; \(\phi = 1.0\) cm | On the mastectomy scar | Well circumscribed, homogeneous, hypo-echoic subcutaneous nodular lesions | - |
| Kim EY et al, 2011[8] | 47 | 14 | One; \(\phi = 1.0\) cm | In the 9 o’clock position in the right chest wall | Oval, circumscribed, hypo-echoic nodule with a partially microlobulated margin | - |

\(\phi = \) diameter; \(< = \) Negative
Consent
Written informed consent was obtained from the patient for publication of this Case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

List of abbreviations
MRM: Modified Radical mastectomy; TAM: Tamoxifen; RM: Radical mastectomy; TEC: Taxol/Epirubicin/Cyclophosphamide; CMF: Cyclophosphamide/Methotrexate/Fluorouracil; CU: Colchicines/Uraphetine; CEF: Cyclophosphamide/Epirubicin/Flurouracil; AI: Aromatase inhibitor treatment; FDG: fluorodeoxyglucose; PET-CT: positron emission tomography-computed tomography.

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Table 2 The diagnosis and treatment of breast cancer for reported cases

| Source | Age at diagnosis (yr) | Tumor size (cm) | Stage | Kind of surgery | Lymph nodes metastasis | Chemotherapy | Radiotherapy | Endocrinotherapy | ER | PR |
|--------|-----------------------|-----------------|-------|-----------------|------------------------|--------------|--------------|-----------------|----|----|
| Present case | 43 | 3 × 2 | T2N0M0 | MRM | 0/11 | TEC, 6 cycles | - | TAM | + | + |
| Xing Wang et al, 2007[5] | 61 | 2 × 2 | T1N0M0 | RM | 0/19 | CU, 4 cycles | - | TAM | + | + |
| Xing Wang et al, 2007[5] | 42 | 3.5 × 3.5 | T2N0M0 | MRM | 0/24 | CMF, 6 cycles | Only internal | - | - | + |
| Xing Wang et al, 2007[5] | 49 | 4 × 4 | T2N1M0 | MRM | 4/20 | CEF, 6 cycles | - | TAM | + | - |
| Xing Wang et al, 2007[5] | 39 | 2.5 × 2.5 | T2N0M0 | MRM | 0/18 | CEF, 4 cycles | - | TAM | + | + |
| Xing Wang et al, 2007[5] | 33 | 1.5 × 1.5 | T1N0M0 | MRM | 0/15 | - | - | - | - | - |
| Xing Wang et al, 2007[5] | 49 | 5 × 4 | T2N1M0 | MRM | 3/10 | CEF, 6 cycles | - | TAM | - | + |
| Rosso R et al, 2000[4] | 53 | / | T1N0M0 | MRM | / | - | - | / | / | / |
| Rosso R et al, 2000[4] | 63 | / | T1N0M0 | / | / | - | - | / | / | / |
| B Baltalarli et al, 2004[7] | 52 | / | T2N0M0 | / | / | Anthracycline-based chemotherapy, 4 cycles | Radiotherapy | / | / | / |
| Kim EY et al, 2011[8] | 33 | / | T2N0M0 | MRM | / | Adjuvant chemotherapy for 1 year* | - | - | - |

*: Not mentioned in the report +: Positive -: Negative or without treatment RM: Radical mastectomy. MRM: Modified Radical Mastectomy TEC: Taxol/Epirubicin/Cyclophosphamide CMF: Cyclophosphamide/Methotrexate/Fluorouracil CU: Colchicines/Uraphetine CEF: Cyclophosphamide/Epirubicin/Flurouracil TAM: Tamoxifen treatment AI: Aromatase inhibitor treatment *: No mention of specific d
Authors’ contributions
LQ carried out the initial conception and design as well as collection of data and clinical records of the patient. GEL participated in its design and helped to edit the manuscript. HXQ and LQ made up the surgical team involved in the case and carried out the initial conception. YYL and HHY help to revise the manuscript. All authors read and approved the final manuscript.

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Competing interests
The authors declare that they have no competing interests.

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