Clinical and Hemodynamic Characteristics of Double Chambered Right Ventricle in Adult Patients

Vishwanath Hesarur*, and Suresh V Patted
Department of Cardiology, KLE Academy of Higher Education and Research, KLES Dr Prabhakar Kore Hospital and Medical Research Centre, India

Abstract

Introduction: Double chambered right ventricle (DCRV) is a rare congenital anomaly in which right ventricle (RV) is divided into two chambers by anomalous muscle band (AMB), a proximal high-pressure and distal low pressure chamber. Most of DCRV cases present during childhood, however, less commonly manifest in adulthood because of the nonspecific nature of symptoms leading to a delayed diagnosis. However, there are very few studies of DCRV in adults with regard to clinical features, hemodynamic data, treatment and prognosis, hence these are assessed in this current study.

Methods: A total of 10 adult patients (age ≥ 18 years) diagnosed as DCRV by echocardiography and cardiac catheterization in our hospital from January 2008 to December 2015 was included. Nine patients had a history of a known heart disease since childhood (PM-VSD) with one patient being operated at the age 9 years and one patient had isolated DCRV. Nine patients underwent surgery. Their follow-up echocardiogram showed the pressure gradient in their right ventricle was significantly decreased from 63.5 ± 14.1 mmHg preoperatively to 10.0 ± 5.0 mmHg postoperatively (p < 0.05).

Conclusion: DCRV has been reported as a rare disease in adults. Consequently, number of cases are missed and not diagnosed. Careful evaluation of DCRV by echocardiography including TEE is necessary, especially in patients with VSD. These patients should be treated surgically, because the obstruction is progressive and ends in heart failure.

INTRODUCTION

Double chambered right ventricle (DCRV) is a rare congenital anomaly in which right ventricle (RV) is divided into two chambers by anomalous muscle band (AMB), a proximal high-pressure and distal low pressure chamber. It is seen in only 0.5–2% of all cases of congenital heart disease [1]. Most of DCRV cases present during childhood, however, less commonly manifest in adulthood because of the nonspecific nature of symptoms leading to a delayed diagnosis [2]. If identified in childhood, this condition should be adequately treated otherwise the Right ventricular outflow tract (RVOT) obstruction tends to progress and eventually lead to the patients becoming symptomatic. It is commonly associated with other congenital anomalies, most frequently peri-membranous ventricular septal defect (PM-VSD) [3,4]. However, there are very few studies of DCRV in adults with regard to clinical features, hemodynamic data, treatment and prognosis, hence these are assessed in this current study.

METHODS

A total of 10 adult patients (age ≥ 18 years) diagnosed as DCRV by echocardiography and cardiac catheterization in our hospital from January 2008 to December 2015 was included. Diagnosis of DCRV was based on the following criteria5: 1) a pressure gradient by echocardiogram or cardiac catheterization across the AMB within the right ventricle, 2) angiographic demonstration of anomalous obstruction within the right ventricle, 3) absence of infundibular hypoplasia, and 4) surgical confirmation of DCRV in the operating room.

Two dimensional (2D) imaging with doppler assessment by color and continuous wave doppler done to know the site
of flow turbulence and quantification of gradients across AMB. Trans-esophageal echocardiography (TEE) confirmed the Trans-thoracic echocardiography (TTE) findings. Right and left heart catheterization was carried out in all patients. Both Right ventricle and Left ventricle outflow gradients were recorded. Pull back pressure gradient recorded from the pulmonary artery to the right ventricular outflow to the right ventricular inflow. Right ventricular angiography was done in both antero-posterior and lateral view and left ventricular angiography done in Left anterior oblique view.

All surgically corrected patients were followed up at 1, 3, 6 months and then annually. At each visit, they were evaluated by 2D imaging with doppler assessment by color and continuous wave doppler done to know the pressure gradients across AMB.

Statistical analysis

Age and follow-up intervals are expressed as median and range. Group data are presented as the mean value ± standard deviation. The relationship among parameters was analyzed using the Spearman nonparametric test. For each of the analyses, a p value of < 0.05 was considered significant.

RESULTS

In this study, mean age was 28 years, four patients were female and six were male. Seven patients complained of exertional dyspnea of NYHA class II and more (Patient 1, 2, 3, 7, 8, 9, & 10), six patients with palpitations (Patient 1, 2, 3, 5, 6 & 8), two patients with chest pain (Patient 1, 8), two patients with syncope (Patient 6, 10) and easy fatigability (Patient 3, 7); Patients with chest pain (Patient 1, 8), two patients with syncope (Patient 6, 10) and easy fatigability (Patient 3, 7); Patients with corresponding numbers can be found on Table (1). Nine patients had a history of a known heart disease since childhood (PM-VSD) corresponding numbers can be found on Table (1). Nine patients had a history of a known heart disease since childhood (PM-VSD) with one patient being operated at the age 9 years (Patient 4) and one patient had isolated DCRV. On physical examination, all patients showed a loud, harsh, ejection systolic murmur (ESM) of variable grade at the second and third left intercostal space. Chest X-ray showed mild cardiomegaly in three patients and remaining patients had normal chest X-rays. Electrocardiogram (ECG) showed right axis deviation (RAD), right ventricular hypertrophy (RVH) and right atrial enlargement (RAE) in three DCRV patients, with normal in two patients. Clinical characteristics of all patients are shown in Table (1).

All patients underwent detailed echocardiography, Figures (1-3) showing echo findings of patient 1, 2 & 3. The pulmonic valve was normal in all patients. Cardiac catheterization was done in all patients, Figure 1D, 1E & 1F showing cath of Patient 1. Echocardiography and catheterization findings are shown in Table (2).

Nine cases were associated with PM-VSD. Surgical correction was carried out for 9 DCRV patients, in eight patients where the pressure gradient across AMB was greater than 20 mmHg and one patient with significant VSD (Qp / Qs ≥ 2.1) (Patient 5). Surgery consisted of a patch closure of the VSD and resection of the AMB through the right atriotomy and pulmonary arteriotomy. Recovery was uneventful with no significant residual gradient across the RV on follow-up echocardiography. All the symptoms disappeared post surgery. In operated DCRV patients, postoperative echocardiograms showed that the pressure gradient across the AMB in the right ventricle was significantly decreased from 63.5 ± 14.1 mmHg preoperatively to 10.0 ± 5.0 mmHg postoperatively (p < 0.05).

DISCUSSION

Double chambered right ventricle (DCRV) is a rare congenital anomaly in which right ventricle (RV) is divided into two chambers by AMB (anomalous muscle band), a proximal high-pressure and distal low pressure chamber. The prevalence of DCRV in adults has not yet been studied, and the literature only contains a few cases of this disease that were diagnosed in adulthood [6].

It usually presents in childhood and adolescence with most reported cases in patients less than 20 years old. Occasionally, however, patients can present with this condition in adulthood [5,7]. The genesis of AMB still not known, but there are various mechanisms have been postulated. These are superior displacement of the septal marginal trabecula (moderator band) has been proposed, particularly in association with a VSD, and flow turbulence in the RVOT [8] This flow turbulence may trigger abnormal hypertrophy of the moderator band leading to DCRV. This might elucidate the concomitant association between DCRV and VSD [6,9].

DCRV is exceptionally rare as an isolated anomaly [10] Most commonly it is associated with a membranous type VSD [3], the other coexisting lesions include pulmonary stenosis, subaortic stenosis, DORV, TOF, TAPVC/PAPVC, TGA, PA with intact IVS and Ebstein’s anomaly [11] In our study, three cases were associated with VSD (PM-VSD) and one had isolated DCRV.

TTE is an important diagnostic tool in DCRV supplemented by TEE for assessing and quantifying severity of RVOT obstruction. Sometimes DCRV may be missed in patients with obesity and COPD. DCRV should be suspected in ECHO if RV hypertrophy is present in absence of infundibular hypertrophy or valvular pulmonary stenosis [4] With the introduction of contrast computed tomography and MRI, exact anatomy of RVOT obstruction can be identified.

Surgical intervention is indicated in symptomatic patients or in asymptomatic patients where the peak gradient exceed 20 mm Hg. In other institute, a cut off of 40 mm Hg gradient across RVOT was taken for surgical intervention in asymptomatic patients but in our institute, pressure gradient > 20 mm Hg was considered for surgery. The surgical repair of DCRV consists of resection of the AMB with VSD patch closure. According to Oliver et al. [6] a mild right midventricular obstruction shows a fast rate of progression in adolescents and young adults. A right ventricular outflow tract obstruction in DCRV is likely to progress, and eventually lead to the patients becoming symptomatic. There is less chance of recurrence of RVOT obstruction following successful surgery, although cases with recurrent obstruction have been described [12].

In our study, no significant increase of the RVOT pressure gradient was recorded at short-term follow-up. In patients who are unfit for surgery, percutaneous alcohol ablation of the conal branch from the right coronary artery and the use of balloon dilatation can be attempted [3].
Figure 1: TTE of Patient 1 showing AMB in the RVOT (arrow) with PM-VSD (1A, 1B & 1C). Right ventricular angiography in PA view (1D) and lateral view (1E) showed presence of muscle band in RVOT dividing into proximal and distal chambers, left ventricular angiography showed PM-VSD (1F).

Figure 2: TTE of Patient 2 showing AMB in the RVOT (arrow) with grade II TR (2A, 2B & 2C).

Figure 3: TTE of Patient 3 showing AMB in RVOT (arrow) with an gradient of 131 mm Hg pressure between the proximal and distal chambers (3A, 3B & 3C).
Table 1: Clinical characteristics of DCRV patients.

| Patients | Age | Sex | Complaints | Known Heart disease | BP | PR | Murmur | ECG | Chest X ray |
|----------|-----|-----|------------|---------------------|----|----|--------|-----|-------------|
| 1        | 26  | F   | Dyspnoea, Chest Pain & Palpitations - 5 Years | PM-VSD | 110/70 | 78  | Grade IV/VI ESM | RAD, RVH, RAE | Mild Cardiomegaly |
| 2        | 38  | F   | Dyspnoea, Palpitations - 1 Year | - | 130/80 | 88  | Grade IV/VI ESM | RAD, RVH, Incomplete RBBB RA E | Mild Cardiomegaly |
| 3        | 30  | F   | Dyspnoea, Fatigue, Palpitations - 1 Year | PM-VSD | 128/70 | 89  | Grade IV/VI ESM | RAD, RVH, Complete RBBB, RAE | Mild Cardiomegaly |
| 4        | 29  | M   | Asymptomatic Follow-Up | PM-VSD (Operated) | 127/70 | 98  | Grade II/VI ESM | Normal | Normal |
| 5        | 28  | M   | Palpitations - 7 months | PM-VSD | 110/70 | 78  | Grade II/VI ESM | Normal | Normal |
| 6        | 32  | M   | Palpitations, one episode syncope - 1 year | PM-VSD | Grade IV/VI ESM | RAD, RVH, Incomplete RBBB RA E | Mild Cardiomegaly |
| 7        | 24  | M   | Dyspnoea, fatigue – 5 months | PM-VSD | 100/68 | 92  | Grade IV/VI ESM | RAD, RVH, RA E | Mild Cardiomegaly |
| 8        | 21  | M   | Dyspnoea, chest pain and palpitations - 3 months | PM-VSD | 112/76 | 76  | Grade IV/VI ESM | RAD, RVH | Mild Cardiomegaly |
| 9        | 18  | M   | Dyspnoea on exertion – 6 months | PM-VSD | 110/82 | 86  | Grade IV/VI ESM | RAD, RVH, Incomplete RBBB RA E | Mild Cardiomegaly |
| 10       | 31  | F   | Dyspnoea, one episode syncope - 1 year | PM-VSD | 124/86 | 84  | Grade IV/VI ESM | RAD, RVH, RA E | Mild Cardiomegaly |

Table 2: Echocardiography and Hemodynamic data in DCRV patients.

| Patients | Gradient | Shunt size (mm) | LV pressure (mmHg) | RV inflow pressure (mmHg) | RV outflow pressure (mmHg) | PAP (mmHg) | QP/QS | Surgery |
|----------|----------|-----------------|--------------------|--------------------------|--------------------------|-----------|-------|---------|
| 1        | Echo     | 71              | 80                | 4                        | 110                      | 102       | 20    | 22      | 1.31 | Yes |
| 2        | Cath     | 72              | 81                | -                        | 130                      | 101       | 26    | 20      | -    | Yes |
| 3        | Echo     | 130             | 138               | 5                        | 128                      | 154       | 16    | 16      | 1.51 | Yes |
| 4        | Cath     | 15              | 16                | -                        | 127                      | 34        | 18    | 22      | -    | No  |
| 5        | Echo     | 9               | 7                 | 4                        | 116                      | 32        | 25    | 25      | 2.1  | Yes |
| 6        | Cath     | 46              | 22                | 7                        | 88                       | 40        | 21    | 46      | 1.4  | Yes |
| 7        | Echo     | 59              | 61                | 5                        | 121                      | 96        | 41    | 42      | 1.3  | Yes |
| 8        | Cath     | 81              | 97                | 22                       | 124                      | 120       | 30    | 30      | 2.1  | Yes |
| 9        | Echo     | 88              | 96                | 20                       | 94                       | 106       | 16    | 18      | 2.1  | Yes |
| 10       | Cath     | 64              | 92                | 12                       | 110                      | 110       | 20    | 21      | 1.9  | Yes |
| Mean     | Echo     | 63.5 ± 32.1     | 69.0 ± 39.4       | 9.87 ± 8.0               | 114.8 ± 19.4             | 89.5 ± 42.1 | 23.3 ± 7.8 | 26.2 ± 12.1 | 1.7 ± 0.8 | Yes |

CONCLUSION

DCRV has been reported as a rare disease in adults. Consequently, number of cases are missed and not diagnosed. Careful evaluation of DCRV by echocardiography including TEE is necessary, especially in patients with VSD. These patients should be treated surgically, because the obstruction is progressive and ends in heart failure.

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