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A highly sensitive sandwich ELISA for the determination of glycomacropeptide to detect liquid whey in raw milk

Norma A. Chávez · Juan Jauregui · Laura A. Palomares · Karla E. Macías · Mariela Jiménez · Eva Salinas

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Abstract Milk processing industries and distributors have problems with adulteration of liquid milk by the addition of bovine cheese whey. Recently, the detection of fraudulent manipulation of milk with whey has focused on the identification of glycomacropeptide (GMP). Current non-immunological methods to detect GMP in dairy products are expensive and time-consuming or have low sensitivity. In this study, a novel sandwich enzyme-linked immunosorbent assay (ELISA) for the detection and quantification of whey in raw milk was developed, using a polyclonal rabbit anti-GMP antibody. Calibration curves were constructed by analyzing raw milk standards containing different known concentrations of liquid cheese whey (0.02–20%). The method had a detection limit of 0.047% (v/v) and a quantification limit of 0.14% (v/v). The antibody showed high specificity and no cross-reaction with milk components (other than κ-casein) and was successful in detecting GMP in dairy commercial products. The recovery ratio was between 95.62% and 113.88% for all matrices tested. The intra-assay and interassay coefficients of variation were <6% and <7%, respectively. Finally, it can be stored for 3 months in the form of a ready-to-use kit, while maintaining its accuracy and reproducibility.
Glycomacropeptide (GMP). Different biological activities have been attributed to GMP. It has antimicrobial, immunomodulatory, and prebiotic effects (Thomä-Worringer et al. 2006), including promoting growth of bifidobacteria (Bruck et al. 2003). These functional properties of GMP make it an interesting ingredient for use in the development of novel foods with possible health-promoting benefits (Phelan et al. 2009).

Several methods have been developed for the detection and quantification of GMP in dairy products, including colorimetry (Fukuda et al. 2004), cation-exchange chromatography (Léonil and Mollé 1991), reversed-phase high-performance liquid chromatography (HPLC) resolution (Elgar et al. 2000; Ferreira and Oliveira 2003) coupled to mass spectrometry (Mollé and Léonil 2005), polyacrylamide gel...
electrophoresis sodium dodecyl sulfate (SDS-PAGE), and cellulose acetate electrophoresis (Galindo-Amaya et al. 2006; Nakano et al. 2007) methods based on capillary zone electrophoresis (Cherkaoui et al. 1997; Recio et al. 1996, 2000; Van Riel and Olieman 1995), spectroscopy (Meisel 1995), and mass spectrometry (De Noni and Resmini 2005). These assays require a lot of work and time, besides expensive equipment and materials, and are therefore not very suitable for routine analysis.

Recently, new strategies based on immunochemical assays have been also developed to analyze GMP, such as biosensor immunoassay (Haasnoot et al. 2004, 2006), immunoblot (Chávez et al. 2008), immunochromatographic test (Oancea 2009), and inhibition enzyme-linked immunosorbent assay (ELISA) (Bitri et al. 1993; Bremer et al. 2008; Picard et al. 1994). Immunoblot and immunochromatographic tests have low sensitivity. The biosensor immunoassay is very sensitive, but requires high-priced equipment or equipment not yet commercially available. ELISA is the most frequently used immunoassay in routine test quantification because it is a simple, sensitive, and reliable assay system that allows the use of small samples volumes and the rapid analysis of high sample numbers. ELISA-based methods have been developed for detection of GMP as a marker for proteolysis in raw milk (Picard et al. 1994) or bovine milk in sheep and goat products (Bitri et al. 1993). Currently, an inhibition ELISA was developed to detect bovine rennet whey solid in skim milk powder and buttermilk powders (Bremer et al. 2008). However these dairy matrices are less complex than raw milk.

The aim of this study was therefore to develop and validate a sandwich ELISA system using polyclonal antibodies toward pure bovine GMP that will afford a more sensitive analysis of raw milk for the routine detection of GMP as an indicator of adulteration with cheese whey.

2 Materials and methods

2.1 Samples, chemicals, and instruments

Raw milk was obtained from cows bred in a farm of the Agricultural Science Center of the Autonomous University of Aguascalientes (Aguascalientes, Mexico). Cheese whey was obtained from raw milk treated with 0.0001% of chymosin (Cuamix MR, CHR Hansen, Mexico DF, Mexico). Commercial products, i.e., yogurt, dietary supplement, milk-like probiotic, soya drink, and margarine were purchased in a food market of Aguascalientes (Aguascalientes, Mexico). GMP was donated by Arla Foods Amba (LACPRODAN® CGMP-10, Viby, Denmark). Bovine serum albumin (BSA) was obtained from Equitech-Bio, INC (Kerrville, Texas, USA). IgG anti-GMP biotinylated was prepared in our laboratory using ImmunoProbe™ Biotinylation Kit supplied by Sigma–Aldrich (St. Louis, MO, USA). Alkaline-phosphatase-conjugated secondary antibody was obtained from Zymed (South San Francisco, CA, USA). Horseradish peroxidase (HRP)-ExtrAvidina® conjugated, ortho-phenylene diamine (OPD), and 5-bromo-4-chloro-3-indolyl phosphate/nitro blue tetrazolium were purchased from Sigma (St. Louis, MO, USA). Flat-bottom polystyrene 96-well microplates were obtained from COSTAR® (Cambridge, MA, USA). Absorbances were read in a Model 550 ELISA plate reader from Bio-Rad (Hercules, CA, USA). Bio-Rad Miniprotean III
System (Hercules, CA, USA) was used for electrophoresis separation of the protein samples.

2.2 Labeling of anti-GMP antibody

A polyclonal antiserum against GMP was raised in New Zealand white rabbits and was purified as described elsewhere (Chávez et al. 2008). Briefly, the antiserum was treated with saturated ammonium sulfate and caprylic acid solutions to discard most of serum proteins with exception of IgG molecules. Subsequently, anti-GMP antibody was affinity-purified by using a GMP coupled column, HiTrap NHS-activated HP (GE Healthcare Bio-Science Corporation, Piscataway, NJ, USA). For covalent conjugation of antibodies with biotin, the affinity-purified antibodies were dissolved in phosphate buffered saline (PBS) (7.5 mmol.L\(^{-1}\) NaCl, 0.5 mmol.L\(^{-1}\) Na\(_2\)HPO\(_4\), 0.5 mmol.L\(^{-1}\) NaH\(_2\)PO\(_4\); pH 7.4), at a concentration of 400 mg.L\(^{-1}\) and were mixed with 1 mL of biotinamidohexanoic acid 3-sulfo-N-hydroxysuccinimide ester sodium salt, containing 30 μL of dimethyl sulfoxide. The mixture was incubated with gentle stirring for 30 min at room temperature. Conjugated antibodies were isolated using the gel filtration column provided by the biotinylation kit. Total protein concentration was measured, and the biotinylated anti-GMP antibodies (0.5 mg.L\(^{-1}\)) were stored at \(-20^\circ\)C until use.

2.3 Processing of samples

Liquid samples (raw milk, raw milk with different amounts of whey, yogurt, dietary supplement, milk-like probiotic, and soya drink) were mixed with a trichloroacetic acid (TCA) solution to a final concentration of 0.49 mol.L\(^{-1}\), in order to precipitate κ-casein (Benítez et al. 2001) which cross-reacts with GMP. To recover and concentrate GMP, a second TCA treatment to a final concentration of 0.86 mol.L\(^{-1}\) was developed to the supernatant (Galindo-Amaya et al. 2006; Olieman and van den Bedem 1983). The precipitate was dissolved in 300 μL of PBS containing 0.05% Tween 20 (PBST) and 1% BSA (PBST-BSA). Prior to introduction in the ELISA, the solution was neutralized with 10 to 20 μL of 2 mol.L\(^{-1}\) NaOH and adjusted to final volume of 500 μL with distilled water. To samples analyzed by Western blot, the precipitate was dissolved in 200 μL of 0.075 mol.L\(^{-1}\) Tris–HCl pH 8 and, after, was neutralized and adjusted to 500 μL final volume as just indicated. Margarine (2 g) was previously dissolved in chloroform–methanol (2:1) to remove lipids. Later, GMP was solubilized by adding water, recovered with TCA treatment to a final concentration of 0.86 mol.L\(^{-1}\), and the precipitate was dissolved and neutralized as indicated above, to be analyzed by ELISA. Raw milk was just-milked and was assessed GMP-free by Western blot using polyclonal GMP antibodies. Dietary supplement, yogurt, and margarine contained whey as a component as it was specified in the product.

2.4 Western blotting

Protein samples were separated by 13.5% sodium dodecyl sulfate polyacrylamide gels (Laemmli 1970). After electrophoresis, the proteins were transferred to polyvinylidene
difluoride membranes (Millipore; Billerica, MA, USA) by electroblotting (Towbin et al. 1979). Blots were treated with Tris buffered saline (TBS) (0.5 mol.L$^{-1}$ NaCl, 0.02 mol.L$^{-1}$ Tris–HCl; pH 7.4) containing 3% BSA (TBS-BSA) for 1 h at room temperature and incubated at 4 °C overnight with anti-GMP antibody diluted 1:1,000 in TBS-BSA. After several washes with TBS containing 0.2% Tween-20, the membranes were incubated for 2 h with alkaline-phosphatase-conjugated secondary antibody diluted 1:20,000 in TBS-BSA. After washing, proteins were detected using 5-bromo-4-chloro-3-indolyl phosphate/nitro blue tetrazolium.

2.5 Sandwich ELISA procedure

Flat-bottom polystyrene 96-well microplates were coated overnight at 4 °C with 50 μL per well of carbonate buffer (0.1 mol.L$^{-1}$ Na$_2$CO$_3$, 35 mmol.L$^{-1}$ NaHCO$_3$; pH 9.6) containing 1 mg/L of purified rabbit anti-GMP antibodies. All wash steps were carried out three times with PBST, and plates were sealed with plate-sealing film during incubations to minimize evaporation. The wells were blocked with 150 μL per well of PBST-BSA and were incubated for 30 min at room temperature. After washing, 50 μL per well of each sample was added in triplicate. Standards and sample extracts diluted 1:100 in PBST-BSA were incubated for 1 h at 37 °C under gentle shaking on each plate. After washing, bound GMP was detected by adding 50 μL per well of biotinylated rabbit anti-GMP antibodies (1.3 mg/L) and incubated for 1 h at 37 °C under gentle shaking. Plates were washed again and were subsequently incubated with 50 μL per well of HRP-ExtrAvidina® conjugated, diluted 1:2,000 in PBST-BSA for 1 h at 37 °C. After a final wash, each well was incubated with 50 μL of the substrate solution, a mixture (1:4) of citrate buffer (0.05 mol.L$^{-1}$ citric acid, 0.1 mol.L$^{-1}$ Na$_2$HPO$_4$; pH 5.2), and OPD solution (7 mmol.L$^{-1}$ H$_2$O$_2$, 333 mg/L OPD). Color development was stopped by the addition of 50 μL per well of 2 mol.L$^{-1}$ H$_2$SO$_4$. Absorbance was read at 490 nm in an ELISA plate reader.

Incubation times (of antigen, conjugated antibody, substrate solution) and ratios of immunoreagents (capture antibody, conjugated antibody, ExtrAvidina® enzyme), that provided the reaction of optical density proximal to 1.0 were determined and then used in sandwich ELISA.

2.6 Standard curve generation

The standard curve was constructed by analyzing liquid raw milk containing known concentrations of cheese whey—0.0%, 0.02%, 0.08%, 0.25%, 0.5%, 1.0%, 2.5%, 5.0%, 10.0%, and 20.0% v/v. The ELISA sandwich was carried out as described above. Each concentration was tested in triplicate on three consecutive days. The absorbance obtained was plotted versus the logarithmic percentage of whey.

2.7 Assay validation: specificity, accuracy, limit of detection, limit of quantification, and precision

The specificity and the accuracy of the method were estimated using samples obtained from raw milk, two different milk-like probiotics, and a soya drink. All were drink foods free of GMP and whey. The specificity of the method was established by cross-reactivity
studies, processing, and analyzing triplicates of four samples of each drink food. The accuracy was evaluated using recovery experiments. Triplicates of four samples of each drink product spiked with 5%, 10%, and 20% (v/v) of cheese whey were processed and analyzed by ELISA sandwich. The percentage of recovery and the coefficient of variation (CV) were determined.

The limit of detection (LOD) and the limit of quantification (LOQ) were calculated through 25 measurements of the blank raw milk (without GMP and without whey). We applied the following formulas—LOD = 3.3 SD/S, LOQ = 10 SD/S, where SD is the standard deviation of the response and S is the slope of the calibration curve (ICH 2005).

To evaluate the precision within and between assays, three different dairy products containing whey (yogurt, margarine, and dietary supplement) were processed, and the extracted samples were stored at −20 °C, and each analysis was developed with freshly thawed extracts. Intra-assay precision was determined as the mean of CVs based in ten replicates and interassay precision as the mean CVs on the basis of quadruplicate analyses on nine different days. A CV <10% was taken as an acceptance criterion of precision or reproducibility (Crowther 2000).

3 Results and discussion

3.1 Removal of κ-casein and recovery of GMP from the samples

All the samples were processed by two successive TCA precipitation procedures to avoid interfering κ-casein and recover GMP. The effectiveness of this procedure was demonstrated by Western blot analysis of processed and unprocessed milk samples, revealed with the polyclonal anti-GMP antibody (Fig. 1). The antibody detected a band of 19.2 kDa in unprocessed raw milk, which correspond to the molecular weight of the κ-casein (Rachagani and Gupta 2008). No bands appeared when raw milk was processed by TCA precipitation, indicating the total removal of the κ-casein from the sample and the absence of GMP. Besides, it showed that the antibody does not cross-react with other milk components. When raw milk containing 1% (v/v) of cheese whey was processed and analyzed by Western blot, two bands of 17.2 and 14 kDa were

![Fig. 1](image-url)  
**Fig. 1** Effectiveness of the procedure of sample precipitation with TCA. Lane 1, 5 μL of unprocessed raw milk; lane 2, 20 μL of TCA processed raw milk; lane 3, 20 μL of TCA processed raw milk containing 1% (v/v) of cheese whey; lane 4, 20 μg of pure GMP. Molecular weight markers and protein sizes (kDa) are indicated in the left side of the gel.
detected. These two bands correspond to that observed in pure GMP sample, showing
the effectiveness of the TCA precipitation procedure in GMP recovery.

3.2 Sandwich ELISA standard curve

Raw milks containing cheese whey from 0.02% to 20% (v/v) were used as standards. The nine-point standard curve showing the means and standard deviations of three triplicate curves is shown in Fig. 2. When no cheese whey was added to raw milk, an absorbance value of 0.3080±0.0046 was obtained. It was observed that absorbance values increase proportionally with the logarithm of the concentration in the standard curve range with a squared correlation coefficient ($R^2$)>0.993.

3.3 Specificity

The specificity of the antibodies was demonstrated in the ELISA system using raw milk and other two commonly used drink foods, a milk-like probiotic and a soya drink. Four samples of each drink food were analyzed in triplicates. There was no positive reaction when raw milk was analyzed (0.0027±0.0004% of whey v/v), indicating that the polyclonal anti-GMP antibody did not cross-react with other components of raw milk. Therefore, there was no possibility of false-positive as a result of cross-reactivity. This fact increased the veracity of the test for detecting adulteration of raw milk with cheese whey. When a milk-related matrix as probiotics or a rich-protein not milk-related matrix as soya drink was evaluated, no cross-reaction was obtained (0.0017±0.0002 and 0.0073±0.0006% of whey v/v, respectively), supporting the specificity of the polyclonal anti-GMP antibody.

Fig. 2 Sandwich ELISA linear nine-point calibration curve. It was constructed by analyzing raw milk standards containing known concentrations of liquid cheese whey. Each point represents the average of three triplicate curves, and error bars represent standard deviations.
3.4 Accuracy

The accuracy of the method was studied with recovery experiments. Four kinds of drink foods were fortified with whey at three different levels (5%, 10%, and 20%), and the whey concentration was determined using sandwich ELISA. Each sample was tested at least four times in triplicates to verify the repeatability of the assay. The results are shown in Table 1. The recoveries of whey in the samples were between 95.62±4.04% and 113.88±3.44%, confirming the accuracy of the ELISA. The differences in the matrix sample did not affect the recovery ratios.

To demonstrate that pre-coated ELISA plates can be stored for long time in the form of ready-to-use kits, we analyzed in the same day raw milk samples spiked with 20% (v/v) of cheese whey, developing the assay in coated anti-GMP ELISA plates which were stored at −20 °C for 30, 45, and 60 days. Data of recovery percentage and CV are showed in Table 2. The recovery ratio was satisfactory when samples were analyzed with pre-coated plates stored for 30, 45, or 60 days, with results very similar to that obtained with just-coated plates. We determined that, after storage of the coated ELISA plates for 3 months, the assay kept its accuracy and reproducibility. This suggests that sandwich ELISA can be utilized in ready-to-use kits for the routine analysis of milk.

3.5 Limit of detection and limit of quantification

To obtain the LOD and the LOQ for this sandwich ELISA, raw milk was analyzed as a blank. The LOD for the ELISA sandwich was 0.047% (v/v) of liquid whey in raw milk which means that 0.047% is the lowest amount of liquid cheese whey that can be detected in a sample. The LOQ of the assay was 0.14% (v/v), indicating that, from this concentration, the sandwich ELISA can discern with certainty whether a sample contains cheese whey or not and can quantify it. Using immunochemical assays as immunoblot (Chávez et al. 2008), immunochromatographic test (Oancea 2009), and biosensor immunoassay (Haasnoot et al. 2004, 2006), authors report LODs of 0.5%,

| Drink food | Spiked level (%) | Detected (%) | Recovery (%) | CV (%) |
|------------|------------------|--------------|--------------|-------|
| Raw milk   | 5                | 4.80±0.30    | 96.12±6.01   | 6.25  |
|            | 10               | 10.33±0.64   | 103.30±6.46  | 6.19  |
|            | 20               | 22.66±0.88   | 113.30±4.41  | 3.88  |
| Probiotic 1| 5                | 4.78±0.20    | 95.62±4.04   | 4.18  |
|            | 10               | 10.60±0.56   | 106.05±5.66  | 5.28  |
|            | 20               | 22.77±0.68   | 113.88±3.44  | 2.98  |
| Probiotic 2| 5                | 4.95±0.25    | 99.12±5.09   | 5.05  |
|            | 10               | 10.79±0.63   | 107.98±6.30  | 5.83  |
|            | 20               | 22.08±0.81   | 110.41±4.08  | 3.66  |
| Soya drink | 5                | 4.87±0.30    | 97.42±6.08   | 6.16  |
|            | 10               | 10.72±0.97   | 107.20±9.75  | 9.04  |
|            | 20               | 22.67±0.73   | 113.38±3.68  | 3.22  |

Percentage of whey recovered in a GMP- and whey-free drink food spiked with 5%, 10%, and 20% of liquid whey *Values are mean±SD, n=4 in triplicate.
1–2%, and 0.17% of liquid whey in raw milk, respectively. By inhibition ELISA system, a greater sensitivity is reported using monoclonal antibodies anti-κ-casein, with a detection limit of 0.1% (w/w) of whey powder in skim milk powder (Bremer et al. 2008). It is important to consider that in liquid milk, which is the one we used, solids (including whey cheese) are in lower concentration (a 12% average) because it is a water-based sample. Our ELISA system had an equivalent LOD of 0.03% w/w of whey in skim milk powder.

The European Union (EU) has regulated the use of HPLC method for GMP determination to detect fraudulent addition of solid whey to the skimmed power milk destined for stockpiling (EC 273/2008). The proteolytic activity of psychrotrophic proteinases on milk, although less specific than chymosin, can also split κ-casein at positions 105–106, which leads to the formation of GMP (Recio et al. 2000). To minimize the risk of false-positive test results, the EU has set the decision level at a relatively high concentration, i.e., 1% (w/w) of solid whey. There is no regulation related to fraudulent addition of liquid cheese whey to raw milk. Considering that liquid milk has lower concentration of solids, we can also set the decision level of our assay at the 95% confidence interval of raw milk standard containing 1% (v/v) of liquid whey. The average concentration and SD of nine analyses of the 1% (v/v) of raw milk standard were 0.994% and 0.057%, respectively. The decision level calculated as average minus 2SD was set at 0.88% (v/v). Thus, all samples containing 0.88% (v/v) or more cheese whey according to our assay are potentially positive.

3.6 Precision

In order to evaluate the intra-assay and interassay variances, three products that contain whey (as a labeled ingredient): yogurt, margarine, and dietary supplement were analyzed by sandwich ELISA. The samples were analyzed in quadruplicate, and the average of measurements of three different days is shown in Table 3. They were found to contain cheese whey in amounts ranging from 10% to 13% (v/v). The ELISA showed a high repeatability for all the samples, with CV<6% in intra-assay variance and <7% in interassay variance.

The sandwich ELISA successfully detected GMP in commercial foods containing whey, as yogurt, margarine, and dietary supplement. As it has been demonstrated nutritional and biological properties for GMP (Brody 2000), this bioactive peptide is being incorporated in the form of ingredients into functional foods, novel foods,

| Days   | Detecteda (%) | Recoverya (%) | CV (%) |
|--------|---------------|---------------|--------|
| 0 days | 22.62±0.66    | 113.13±3.31   | 2.91   |
| 30 days| 22.78±0.74    | 113.90±3.71   | 3.24   |
| 45 days| 21.55±0.78    | 107.75±3.92   | 3.61   |
| 60 days| 21.26±0.80    | 106.33±4.04   | 3.76   |

Percentage of whey recovered in a GMP- and whey-free raw milk to which 20% of liquid whey was added

*Values are mean±SD, n=8
nutraceuticals, and dietary supplements with the purpose of delivering specific health benefits (Phelan et al. 2009). This ELISA system can be an excellent alternative to detect or to quantify this peptide in GMP-fortified functional foods, as well as in existing commercial preparations of purified GMP. ELISA system development was done using polyclonal anti-GMP antibody for capture and detection. The use of polyclonal rather than monoclonal antibodies is justified and acceptable for food analysis. In the case of food, the different processing techniques that are applied can denature or affect the proteins or peptides, and thereby causing destruction of specific epitopes. Using polyclonal antibodies, the probability of detection of peptides or proteins that are altered or modified as in the case of food when subjected to different processing techniques (pasteurization, warming, acidification, etc.) is higher because antibodies recognize different epitopes (Holden et al. 2005). Therefore, this ELISA system can be used to detect or to quantify this peptide in food quality checking.

3.7 Comparison of ELISA sandwich with other methods to detect whey in raw milk

As compared with colorimetric method (Fukuda et al. 2004), SDS-PAGE (Galindo-Amaya et al. 2006), immunoblot (Chávez et al. 2008), and immunochromatographic tests (Oancea 2009), the sandwich ELISA assay had an appropriate specificity and the better LOD to analyze raw milks for the presence of added cheese whey. Capillary electrophoresis allows the discrimination between whey adulteration and activity of psychrotrophic proteinases, which would give ultimate specificity (Recio et al. 2000). However, the present ELISA method had easy sample preparation and short assay time. Using sandwich ELISA assay, 24 samples and eight standards for the calibration curve were analyzed in triplicate within 4 h. Two inhibition ELISA systems have been developed to detect GMP in raw milk but report higher LODs than we obtained; one competitive ELISA is designed to study the proteolytic activity of psychrotrophic bacteria in bulk raw milk and has a LOD of 0.1 μg/mL of GMP in raw milk (Picard et al. 1994) and the other to detect mixtures of ovine or caprine milk in raw bovine milk, reporting the presence of 0.25% of bovine raw milk (Bitri et al. 1993).

4 Conclusion

This paper presents the development and validation of a sandwich ELISA system, using polyclonal anti-GMP antibodies, to detect GMP as indicative of adulteration of
raw milk with liquid cheese whey. This method had the lowest LOD and LOQ described in a GMP ELISA assay and showed no cross-reaction with other raw milk or drink food components. The system was reproducible and had a very good accuracy. These results enable the assay to be used in quantitative or qualitative test of dairy products to quantify or detect both GMP as whey. Besides, it can be stored for a long time in the form of ready-to-use kit, pointing out as the ideal assay to be developed in routine tests of milk received by small or big milk processing industries, distributors, or even in official inspection programs.

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