HMGB1 in nervous system diseases: A common biomarker and potential therapeutic target

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High-mobility group box-1 (HMGB1) is a nuclear protein associated with early inflammatory changes upon extracellular secretion expressed in various cells, including neurons and microglia. With the progress of research, neuroinflammation is believed to be involved in the pathogenesis of neurological diseases such as Parkinson’s, epilepsy, and autism. As a key promoter of neuroinflammation, HMGB1 is thought to be involved in the pathogenesis of Parkinson’s disease, stroke, traumatic brain injury, epilepsy, autism, depression, multiple sclerosis, and amyotrophic lateral sclerosis. However, in the clinic, HMGB1 has not been described as a biomarker for the above-mentioned diseases. However, the current preclinical research results show that HMGB1 antagonists have positive significance in the treatment of Parkinson’s disease, stroke, traumatic brain injury, epilepsy, and other diseases. This review discusses the possible mechanisms by which HMGB1 mediates Parkinson’s disease, stroke, traumatic brain injury, epilepsy, autism, depression, multiple sclerosis, amyotrophic lateral sclerosis, and the potential of HMGB1 as a biomarker for these diseases. Future research needs to further explore the underlying molecular mechanisms and clinical translation.

KEYWORDS
HMGB1, biomarker, nervous system diseases, neuroinflammation, therapeutic target

Introduction

High-mobility group protein (HMG) was first discovered in bovine thymus in 1973 (1). Subsequent studies found that inhibition of high-mobility group-1 (HMG-1) protein could reduce the mortality of patients with sepsis, thus confirming the role of HMG-1 as an inflammatory factor (2). In 2000, Bustin (3) systematically classified the HMG family and divided them into three categories: high-mobility group-A (HMG-A), high-mobility group box (HMGB), and high-mobility group-N (HMG-N) according to their functions. Among them, HMG8 was further divided into HMGB1, HMGB2, and HMGB3. HMGB1 is composed of three domains, including two DNA-binding domains (A box and B box) and an acidic tail (Figure 1) (4). Both A box and B box are composed of three α-helix structures, which can interact with deoxyribonucleic acid (DNA) nonspecifically (5). HMGB1 has two nuclear localization sequences (NLSs) located between the A box (aa 28–44) and the B box and C-terminal tail.
(aa 179–185) (6). When immune cells respond to endogenous or exogenous stimuli such as endotoxin, interleukin, and hypoxia, HMGB1 can be actively released (7). Meanwhile, necrotic or damaged cells can passively release HMGB1 (8). In addition, phagocytosis of apoptotic cells by macrophages can lead to the further release of HMGB1 (9). HMGB1 utilizes various membrane receptors during its signaling cascade. Among the numerous HMGB1 extracellular receptors, the receptor for advanced glycation end products (RAGE) and toll-like receptor 4 (TLR4) are the widely studied and reported receptors. Binding to RAGE occurs at residues 150–183 of the molecule, while TLR4 binding occurs at residues 89–108 of the HMGB1 B box (6). HMGB1 binds to receptors such as TLR4 and RAGE and leads to the upregulation of cytokines by pro-inflammatory cells by activating nuclear factor kappa-light-chain-enhancer of activated B cells (NF-kB) and mitogen-activated protein (MAP) kinase signaling pathways (Figure 2).

Interestingly, overexpression of extracellular HMGB1 has been observed in clinical and preclinical studies on Parkinson’s disease (10), stroke (11), traumatic brain injury (12), epilepsy (13), autism (14), depression (15), multiple sclerosis (16), and amyotrophic lateral sclerosis (17). Although relevant clinical studies are lacking, positive structures have been observed in animal models based on HMGB1 antagonists (anti-HMGB1 monoclonal antibody, ethyl pyruvate, and glycyrrhizin) targeting extracellular HMGB1 therapy. However, there are different isoforms of HMGB1, fully reduced (frHMGB1) and disulfide HMGB1 (dsHMGB1), which are thought to bind to the receptor and can play a pro-inflammatory role, and fully oxidized HMGB1 (oxHMGB1) is inert (5). The fact that a mixture of different HMGB1 isoforms is present in the extracellular matrix challenges determining the exact role of individual antagonists. The preclinical and clinical evidence discussed here reinforces HMGB1 as a promising candidate as a common biomarker and therapeutic target for neurological disorders in which neuroinflammatory pathways play a central role.

Parkinson’s disease

Parkinson’s disease is the second most common neurodegenerative disorder in the elderly, mainly manifested by resting tremor, bradykinesia, rigidity, and postural reflex abnormalities. Parkinson’s disease (PD) is pathologically characterized with loss of dopamine (DA) neurons in the midbrain substantia nigra pars compacta (SNpc) (18) and α-synuclein (α-syn) containing Lewy bodies (LBs) formation (19). The pathogenesis of PD is currently unclear. Recent studies have found that elevated levels of HMGB1 protein were detected in postmortem midbrain tissue as well as cerebrospinal fluid (CSF) and serum of PD patients. At the same time, it was found that HMGB1 protein is mainly located in the cytoplasm of PD patients and in the nucleus of control patients, which may indicate that HMGB1 translocation is involved in the pathogenesis of PD (20). In Parkinson’s disease, HMGB1 specifically binds to α-syn aggregated in LBs isolated from rat brain, suggesting a promoting role of HMGB1 in neurodegenerative processes in the chronic phase of the disease (21). Extracellular α-syn aggregates can activate astrocytes or microglia, leading to persistent inflammation and subsequent neurodegeneration (22). In primary cultures of mouse neurons and glial cells, HMGB1 was found to bind to the microglial membrane receptor macrophage antigen complex 1 (Mac1) and activate the NF-kB pathway and nicotinamide adenine dinucleotide phosphate (NADPH) oxidase expression, thereby inducing pro-inflammatory factor expression and neurotoxicity. Furthermore, the HMGB1-Mac1 interaction reduces dopamine uptake and the number of dopaminergic neurons (23). On the contrary, the translocation of HMGB1 from the nucleus to the cytoplasm leads to the binding of HMGB1 to Beclin1 to dissociate Beclin1-B-cell lymphoma (Bcl-2) and induce autophagy (24), promoting the self-clearance of α-syn (24, 25), thereby delaying disease progression. Experiments on the PC12 cell line confirmed that inhibition of HMGB1 translocation inhibits autophagy, resulting in the accumulation of α-syn that exacerbates neuronal damage (26). In a 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-induced mouse model of acute Parkinson’s disease, HMGB1 can promote the expression of tyrosine hydroxylase (TH) in the striatum, thereby maintaining dopaminergic neuron function (27).

In view of the above, HMGB1-targeted or HMGB1/TLR4 pathway inhibition can serve as a rational approach for PD therapy and may serve as a potential biological target (Tables 1, 2). Intravenous administration of HMGB1 antibody attenuated MPTP-induced dopaminergic cell death (28) and reduced PD behavioral symptoms (28). Injection of ethyl pyruvate (EP) into a mouse subacute Parkinson’s model can effectively reduce the activation of microglia and inhibit the neuroinflammation mediated by microglia (29). These results are consistent with another study showing that intravenous injection of anti-HMGB1 monoclonal antibodies (mAbs) in a rat PD model significantly inhibited microglial activation and reduced the loss of dopaminergic neurons in SNpc (33). Furthermore, the anti-HMGB1 treatment group inhibited the disruption of the blood–brain barrier (BBB) and the increase in vascular permeability caused by 6-hydroxydopamine (6-OHDA) neurotoxicity (28). At present, the conventional methods for the clinical treatment of PD are limited, and the targeted
FIGURE 1
Schematic view of HMGB1 structure.

FIGURE 2
HMGB1 can be actively secreted by immune cells or passively secreted by necrotic or damaged cells. HMGB1 binds to RAGE and TLR4 to activate downstream signaling pathways, resulting in the upregulation of cytokines by pro-inflammatory cells. As HMGB1 antagonists, GL and EP can inhibit the release of HMGB1. The anti-HMGB1 mAb neutralizes HMGB1.

therapy of HMGB1 provides a possible idea. However, long-term efficacy and safety in humans have not been studied. At the same time, the related side effects of HMGB1-targeted therapy should also be alerted. However, glycyrrhizin (GL) may lead to complications, such as hypertension and hypokalemia (34). EP is a non-specific HMGB1 inhibitor that inhibits the release of HMGB1 only in live cells, but not in dead cells (35). Long-term use of antibodies may also lead to autoimmune and hematological diseases (28).

Stroke

Stroke is one of the leading causes of disability and death, and its pathophysiology is complex. Neuroinflammation, oxidative stress, and apoptosis are thought to be involved in the occurrence and development of stroke (36). Neuronal HMGB1 release is increased in stroke models. Zhang et al. (37) found elevated levels of HMGB1 in the CSF of an animal model of cerebral ischemia. During ischemic stroke (IS), HMGB1 may signal through its possible receptors, such as RAGE, toll-like receptors (TLRs), and matrix metalloproteinases (MMPs) (38). Studies have found that HMGB1 translocation is very sensitive to hypoxia, and it is released from the nucleus early in stroke to function as a pro-inflammatory factor (39, 40). Animal studies have found that HMGB1 is translocated from the nucleus to the cytoplasm of the peri-infarct cortical region 2 h after ischemia–reperfusion (41). Another study yielded the same results that HMGB1 was released from the nucleus into the cytoplasm of the ipsilateral brain 1 h after intracerebral hemorrhage (ICH) induction, possibly as an early pro-inflammatory mediator promoting neuroinflammation within the neurovascular unit.
Intracerebral hemorrhage (ICH) causes severe neurological deficits, and brain edema is a major complication of ICH. (41) Several studies have confirmed that HMGB1 is associated with exacerbation of brain edema, (42) and HMGB1 can increase the level of glutamate leading to excitotoxicity (43). PC12 cells exposed to oxygen-glucose deprivation (OGD) increased HMGB1 secretion and induced cell death in a dose-dependent manner (44, 45). Furthermore, there was a correlation between extracellular HMGB1 levels and stroke severity in the rat middle cerebral artery occlusion (MCAO) model. Higher levels of extracellular HMGB1 in serum and cerebrospinal fluid were associated with larger infarct volume (46) and more severe disease (11).

Anti-HMGB1 antibody can significantly reduce the size of cerebral infarction in rats and improve the symptoms of neurological deficit (47). In addition, studies have found that anti-HMGB1 antibodies can protect the BBB, reduce circulating HMGB1, and at the same time reduce brain edema (48). Anti-HMGB1 mAbs treatment inhibited neuronal translocation and release of HMGB1 itself, suggesting the existence of a positive feedback loop between HMGB1 mobilization and brain inflammatory responses (49). Short hairpin RNA-mediated HMGB1 (ShHMGB1) can reduce the infarct size in the rat MCAO model, which may be caused by shHMGB1 reducing HMGB1 expression in the acute phase (39). GL, a natural inhibitor of HMGB1, potently inhibits MMP-9 activity, protects tight junction claudin-5 and extracellular matrix collagen IV, and preserves BBB integrity in the brain of delayed tissue plasminogen activator (t-PA)-treated ischemia-reperfusion rats. In addition, in the setting of delayed t-PA treatment, GL reduces mortality, neurological deficit scores, and brain edema in MCAO brains (46). In contrast, in a rodent ICH model, HMGB1-RAGE signaling appears to upregulate vascular endothelial growth factor (VEGF) expression and promote angiogenesis in the late post-ICH period (50). In conclusion, HMGB1 may be involved in the pathophysiology of stroke, but animal experiments have shown that HMGB1 has a biphasic effect in stroke patients, and it is unclear to what extent it promotes the development of the disease. However, elevated levels of HMGB1 within the first 24 h after ischemic stroke are considered to be a good predictor of stroke severity and clinical outcome (51), thus serving as a potential therapeutic target (Table 3). However, how to inhibit the harmful form of HMGB1 while retaining its vascular remodeling function presents new challenges for future research.

### Traumatic brain injury

Traumatic brain injury (TBI) is a global public health problem, and severe TBI is characterized with high mortality (56). Neuroinflammation plays an important role in the pathological process of TBI. One study found that plasma HMGB1 levels in TBI patients were significantly higher than those in healthy controls, and HMGB1 could be used as a predictor of TBI 1-year survival (57). Animal studies found that 30 min after TBI, HMGB1 staining disappeared from the core of the contused area and was transferred to the cytoplasm at the edge of the contused area (58). Another study validated this finding by detecting HMGB1 in the cytoplasm of glial cells 4 h after TBI (59). The translocation indicated the functional activity of HMGB1 as an inflammatory mediator. However, the release of HMGB1 was age-dependent, with increases in extracellular HMGB1 in both the lesion and the perilesional neocortex in both young (3 weeks) and adult mice (8–10 weeks). However, the elevation of HMGB1 was only statistically significant in the perilesional neocortex of adult mice (60).

However, enzyme-linked immunosorbent assay (ELISA) cannot distinguish between actively and passively released HMGB1, so the detected levels of HMGB1 may be actively released by immune cells, or passively released by necrotic cells, or a combination of the two (61). TBI induces an inflammatory response in brain tissue characterized by nucleocytoplasmic translocation of HMGB1, upregulation of HMGB1/HMGB1

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**Table 1** Studies targeting HMGB1 in PD.

| S.N. | Study model         | Treatment         | Mode of inhibition | Observations                                           | References |
|------|---------------------|-------------------|--------------------|-------------------------------------------------------|------------|
| 1    | MPTP-induced PD mouse model | Anti-HMGB1 mAb   | Neutralization     | Inhibits dopaminergic cell death and reduces RAGE and TNF-α levels | (20)       |
| 2    | 6-OHDA-induced PD mouse model | Anti-HMGB1 mAb   | Neutralization     | inhibits the activation of microglia, the destruction of the BBB and the expression of IL-1β and IL-6 Reduced PD behavioral symptoms | (28)       |
| 3    | MPTP-induced PD mouse model | EP            | Release inhibition | Restoration of dopaminergic neuron numbers in substantia nigra and striatum | (29)       |
| 4    | MPTP-induced PD zebrafish larvae model | GL            | Release inhibition | Increases the length of DA neurons in the zebrafish brain and reduces the number of apoptotic cells in the zebrafish brain | (30)       |

(42). In addition, HMGB1 can increase the level of glutamate leading to excitotoxicity (43). PC12 cells exposed to oxygen-glucose deprivation (OGD) increased HMGB1 secretion and induced cell death in a dose-dependent manner (44, 45). Furthermore, there was a correlation between extracellular HMGB1 levels and stroke severity in the rat middle cerebral artery occlusion (MCAO) model. Higher levels of extracellular HMGB1 in serum and cerebrospinal fluid were associated with larger infarct volume (46) and more severe disease (11).
TABLE 2  Studies targeting HMGB1/TLR4 pathway in PD.

| S.N. | Study model | Treatment | Mechanism | Observations | References |
|------|-------------|-----------|-----------|--------------|------------|
| 1    | MPTP-induced PD mouse model | OMT       | Inhibition of HMGB1/TLR4/NF-κB pathway | Inhibits HMGB1/TLR4/NF-κB signaling pathway | Attenuates microglia-mediated neuroinflammatory responses | Dose-dependently attenuates MPTP-induced dyskinesia | (31) |
| 2    | ROT-induced PD mouse model | ALO       | Inhibition of HMGB1/TLR4/NLRP3 pathway |                      | Inhibits striatal microglial activation | (32) |

TABLE 3  Studies targeting HMGB1 in stroke.

| S.N. | Study model | Treatment | Mode of inhibition | Observations | References |
|------|-------------|-----------|--------------------|--------------|------------|
| 1    | MACO-induced stroke mouse model | GL        | Release inhibition | Reduces the mortality of t-PA delayed treatment of ischemic stroke model rats, reduce hemorrhagic transformation, brain swelling, BBB damage, neuronal apoptosis, and improve neurological function | Inhibits ONOO-/HMGB1/TLR2 signaling pathway | (48) |
| 2    | MACO-induced stroke mouse model | Berberine  | Release inhibition | Dose-dependently inhibits nuclear-cytoplasmic translocation of HMGB1 protein | Inhibits HMGB1/TLR4/NF-κB signaling pathway | (52) |
| 3    | MACO-induced stroke mouse model | SSA       | Release inhibition | Inhibits the release of HMGB1 in the nucleus |                      | (53) |
| 4    | MACO-induced stroke mouse model | HP        | Neutralization     | Binds HMGB1 | Inhibits activation of macrophages/microglia | (54) |
| 5    | MACO-induced stroke mouse model | Anti-HMGB1 antibody | Neutralization | – | – | (55) |

Receptors (TLR4 and RAGE), enhanced NF-κB activation, and promotion of inflammatory factors interleukin (IL)-1β, tumor necrosis factor-α (TNF-α), and IL-6 and other inflammatory cytokines (62). The HMGB1 protein contributes to brain edema by causing a decrease in occludin, claudin-5, and zonula occludens-1 (ZO-1). HMGB1 protein was also found to increase apoptosis by increasing caspase-3 levels and decreasing bcl-2 levels and to increase oxidative damage by increasing total oxidative status (63). High HMGB1 levels may impair synaptic plasticity late in TBI (64).

Currently, the treatment of TBI patients is limited and the prognosis is poor, so it is imperative to deeply study the pathophysiology of TBI and find new therapeutic targets. The prognostic value of HMGB1 is similar to the Glasgow coma score (GCS); elevated levels of HMGB1 in the ventricular CSF are associated with poorer prognosis after TBI in children (65). This suggests that HMGB1 has potential as a TBI biomarker. Primary examples of therapeutics targeting HMGB1 include GL, EP, and anti-HMGB1 mAbs (Table 4). Animal studies have found that GL can reduce inflammation by inhibiting HMGB1 translocation, inhibiting NF-κB DNA binding activity, and reducing the expression of inflammatory cytokines (62). In addition, GL can reduce brain edema, reduce apoptosis, and improve motor function recovery after TBI. GL attenuated TBI by inhibiting HMGB1, thereby inhibiting microglia/macrophages (M1) phenotype activation and promoting microglia/macrophages (M2) phenotype activation in microglia/macrophages (66). HMGB1 A-box significantly reduces brain edema, improves cellular degeneration, reduces the expression of pro-inflammatory cytokines in post-traumatic brain injury, and improves behavioral performance in TBI mice by protecting the integrity of the BBB (67) (Table 4). The expression of HMGB1 decreased after the application of EP in TBI rats, while improving cerebral edema and reducing...
TABLE 4  Studies targeting HMGB1 in TBI.

| S.N. | Study model                  | Treatment   | Mode of inhibition | Observations                                                                 | References |
|------|------------------------------|-------------|--------------------|------------------------------------------------------------------------------|------------|
| 1    | CCI-induced TBI mouse model  | GL          | Release inhibition | Improves short-term spatial memory and motor learning impairments            | (12)       |
| 2    | CCI-induced TBI mouse model  | EP          | Release inhibition | Inhibits the expression of HMGB1 and TLR4, IL-1β, TNF-α and IL-6             | (63)       |
|      |                              |             |                    | Improves walking ability, cerebral edema                                      |            |
| 3    | CCI-induced TBI mouse model  | GL          | Release inhibition | Improves neurological recovery after traumatic brain injury                    | (66)       |
|      |                              |             |                    | Reduces injury volume                                                         |            |
|      |                              |             |                    | Inhibits the release of HMGB1                                                 |            |
| 4    | CCI-induced TBI mouse model  | HMGB1 A-box | Neutralization     | The HMGB1 A-box fragment is an antagonist that competes with full-length HMGB1 receptor binding | (67)       |
|      |                              |             |                    | Protects the integrity of the BBB, reduces cerebral edema, reduces the expression of pro-inflammatory cytokines after brain trauma, and reverses brain damage in mice with brain trauma |            |
| 5    | CCI-induced TBI mouse model  | ω-3 PUFA    | Release inhibition | Inhibits HMGB1 nuclearcytoplasmic translocation/extracellular secretion is suppressed | (68)       |
| 6    | Fluid percussion -induced TBI mouse model | Anti-HMGB1 mAb | Neutralization | Inhibits the activation of microglia and the death of hippocampal neurons in the ipsilateral hemisphere rat after traumatic brain injury | (69)       |

TABLE 5  Studies targeting HMGB1 in epilepsy.

| S.N. | Study model                  | Treatment   | Mode of inhibition | Observations                                                                 | References |
|------|------------------------------|-------------|--------------------|------------------------------------------------------------------------------|------------|
| 1    | Pilocarpine-induced SE mouse model | GL          | Release inhibition | Decreases levels of malondialdehyde and glutathione in brain regions         | (82)       |
| 2    | Pilocarpine-induced epilepsy mouse model | anti-HMGB1 mAb | Neutralization     | Attenuates damage such as increased intracellular space in the hippocampus caused by seizures in epileptic mice | (83)       |
| 3    | Pentylentetrazol-induced epilepsy zebrafish model | GL          | Release inhibition | Anticonvulsant                                                               | (84)       |
|      |                              |             |                    | Inhibits HMGB1/TLR4/NF-κB signaling pathway                                   |            |
| 4    | Lithium-pilocarpine induced epilepsy mouse model | GL          | Release inhibition | Inhibits the translocation of HMGB1 from the nucleus to the cytoplasm        | (85)       |
|      |                              |             |                    | Improves the neuronal damage in the CA1 and CA3 regions of the hippocampus after SE |            |
|      |                              |             |                    | Protects BBB                                                                |            |

oxidative damage (63). As an immunonutrient, Omega-3 polyunsaturated fatty acid (omega-3 PUFA) can inhibit HMGB1 nuclear translocation and HMGB1-mediated activation of TLR4/NF-κB signaling pathway, inhibit the induced microglial activation and subsequent inflammatory response, and thus exert neuroprotective effects (70) (Table 4). However, studies have found that the serum HMGB1 concentration in adults remained relatively stable in TBI, and the serum HMGB1
TABLE 6 Overview of the original research studies investigating the role of HMGB1 in autism spectrum disorder.

| Authors          | Study population | HMGB1 in ASD patients | Symptoms                                      |
|------------------|------------------|------------------------|------------------------------------------------|
|                  | Patients | Controls | Serum  | Fecal   | AQ attention to detail subscale SQ total score | GI sign severity | ADI-R Social Scores | GI sign severity |
| Makris G (14)    | 42      | 38       | ↑       | –       |                                                  | –                | –                 |                   |
| Babinská K (89)  | 31      | 16       | ↑       | –       |                                                  | –                | –                 | –                 |
| Emanuele E (90)  | 22      | 28       | ↑       | –       |                                                  | –                | –                 | –                 |
| Russo AJ (91)    | 38      | 40       | ↑       | –       |                                                  | –                | –                 | –                 |
| Carissimi C (92) | 30      | 14       | –       | ↑       |                                                  | –                | –                 | –                 |

TABLE 7 Studies targeting HMGB1 in depression.

| S.N. | Study model                        | Treatment | Mode of inhibition | Observations                                      | References |
|------|------------------------------------|-----------|--------------------|---------------------------------------------------|------------|
| 1    | CUMS-induced depression mouse model | GL        | Release inhibition | Improves chronic stress-induced depression         | (106)      |
| 2    | CUMS-induced depression mouse model | EP        | Release inhibition | Depressed behavioral tendency                      | (108)      |
| 3    | LPS-induced depression mouse model | GL        | Release inhibition | Eliminates LPS-induced cognitive dysfunction, anxiety and depression-like behaviors | (113)      |
| 4    | PSNL-induced depression mouse model | Anti-HMGB1 mAb | Neutralization | Reduces microglia activation and anxiety-depression-like behavior | (114)      |

concentration in children increased (60). Therefore, children may benefit more in targeting HMGB1 inhibition for the treatment of TBI-induced neuroinflammation. In conclusion, animal experiments show that HMGB1-targeted therapy is an effective treatment for TBI, which can protect the integrity of the BBB, reduce brain edema, and inhibit neuroinflammation to exert neuroprotective effects. However, current animal experiments have not proved that HMGB1-targeted therapy can improve cognitive ability, and its long-term effect still needs further research. In addition, current research suggests that disulfide bond-HMGB1 plays a major role in the process of inflammation (71). How to target and inhibit the harmful subtype of HMGB1 presents a new challenge for future clinical translation.

**Epilepsy**

Epilepsy is considered to be one of the most common neurological disorders worldwide (72). Epilepsy and the mechanism of seizures are not well understood, but inflammation is thought to be an important contributor to seizures (72). In studies on animal models of epilepsy, HMGB1 has attracted attention. Animals with active epilepsy have elevated blood levels of HMGB1 compared to healthy or well-controlled individuals (73). At the same time, a clinical study found that HMGB1 levels were proportional to the severity of epilepsy, and high levels of HMGB1 may represent an increased possibility of antiepileptic drug resistance (74). Serum HMGB1 concentration can predict seizure frequency (75). In conclusion, HMGB1 can be used as a potential biomarker to predict epilepsy recurrence and prognosis. Animal studies have found that translocation and release of HMGB1 occur in pathological foci of different types of epilepsy (76, 77). Glial activation plays an important role in the development of epilepsy, and HMGB1 may mediate microglial activation during epileptic seizures through the TLR4/NF-κB signaling pathway (78). HMGB1 activates the IL-1R/TLR signaling pathway in neurons and plays a key role in seizures and relapse by catalyzing the phosphorylation of the NR2B subunit of the N-methyl-D-aspartate (NMDA-NR2B) receptor via rapid sarcoma family kinases (79). HMGB1 affects neuronal excitability by inhibiting astrocyte glutamate transporter to increase extracellular glutamate concentration (80). It has been reported that phosphorylation of the NMDA-NR2B receptor upon activation by HMGB1/RAGE/TLR4 signaling results in Ca\(^{2+}\) influx, which increases neuronal cell excitability, which in turn induces epileptogenesis (59). Increased RAGE expression may also lead to neuronal hyperexcitability associated with amyloid-β synthesis (81). Among neurotransmitter receptors, TNF-α induces a rapid increase in neuronal synaptic expression of the amino-3-hydroxy-5-methyl-4-isoxazole propionic acid
TABLE 8  Studies targeting HMGB1/TLR4 pathway in depression.

| S.N. | Study model | Treatment | Mechanism | Observations | References |
|------|-------------|-----------|-----------|--------------|------------|
| 1    | CUMS-induced depression mouse model | BA | Inhibition of HMGB1/TLR4/NF-κB pathway | Inhibits HMGB1/TLR4/NF-κB pathway | (100) |
| 2    | CUMS-induced depression mouse model | AG | Inhibition of HMGB1/TLR4/NF-κB pathway | Inhibits HMGB1/TLR4/NF-κB pathway | (111) |
| 3    | LPS-induced depression mouse model | polydatin | Inhibition of HMGB1/NF-κB pathway | Inhibits Sirt1/HMGB1/NF-κB pathway | (115) |

TABLE 9  Clinical studies targeting HMGB1 in depression.

| S.N. | Type of study | Treatment | Observations | Limitation | References |
|------|---------------|-----------|--------------|------------|------------|
| 1    | Randomized, double-blind, placebo-controlled clinical trial | SSRI + GL | The SSRI + GL group had more relief of depressive symptoms than the SSRI + PBO group | The sample size of this study was not large enough and the follow-up time was relatively short | (116) |

receptor (AMPA) and acts on AMPAR to promote neuronal excitability (82). Seizures lead to brain cell damage, leading to passive release of HMGB1, creating a vicious cycle.

There are currently limited data on HMGB1 inhibitors in animal models of epilepsy. GL was neuroprotective against lithium/pilocarpine-induced status epilepticus (SE) in rats and ameliorated pilocarpine-induced oxidative damage and inflammatory responses by inhibiting gliosis and downregulating pro-inflammatory factors, but showed no antiepileptic activity (82) (Table 5). Anti-HMGB1 mAb may exert an antiepileptic effect by inhibiting the HMGB1-TR-LR4 regulatory axis, reducing seizure frequency (83) (Table 5). RAGE may play a dual role in epilepsy: Constitutively expressed neuronal RAGE contributes to hippocampal cornu ammonis (CA)1 cell survival early in SE and is detrimental in subsequent stages of epileptogenesis (before spontaneous seizures or after the first seizure), leading to increased neuronal excitability (77). Current studies have shown that HMGB1 inhibitors (GL and anti-HMGB1 mAb) can reduce the frequency of different types of seizures, but data are limited (86). In addition, short-term seizure remission does not predict its long-term prognosis.

**Autism**

Autism is a type of neurodevelopmental disorder starting in early childhood, with characteristic symptoms of social interaction and communication disorder, and repetitive patterns of behavior. The pathogenesis of autism is currently unclear (87). From fetal development to adulthood, the immune system and the central nervous system interact with each other, and the activation of maternal immunity during fetal development can be a risk factor for autism. Patients with autism have altered immune responses, ranging from alterations in peripheral immune markers to increased activation of microglia in the central nervous system (CNS), all of which contribute to a chronic state of low-grade inflammation in the CNS (88). Clinical studies have found that plasma HMGB1 levels are elevated in ASD patients (89) (Table 6). Animal experiments have demonstrated that HMGB1 is associated with alterations in intestinal barrier function (93). At the same time, the serum HMGB1 level is positively correlated with the severity of autism, and the higher the HMGB1 level, the worse the social interaction ability (90). HMGB1 acts via HMGB1/RAGE/TLR4 axis, and activation of TLR4 signaling leads to the upregulation of NADPH oxidase 2 (NOX-2)-dependent reactive oxygen species (ROS) production by immune cells (94), increased vascular permeability, and leukocyte infiltration into nerve cells, resulting in persistent neuroinflammation (95). The neuropeptide oxytocin (OXT) can affect mood and social functioning and is therefore considered to be closely related to the pathophysiology of autism (96, 97). It was found that HMGB1 binds to endogenous secretory RAGE (esRAGE), resulting in a decrease in plasma RAGE levels, which in turn affects the transport of OXT from the periphery to the brain (14). Therefore, HMGB1 may be involved in the molecular pathway of immune dysfunction in individuals with ASD. Epidermal growth factor receptor (EGFR) is involved in
the growth and differentiation of cells in the central nervous system, and studies have found that plasma EGFR levels are correlated with HMGB1. In addition, the study found that EGFR levels correlated with symptom severity in children with autism (98). However, there are few clinical and preclinical studies on autism at present, and more research is needed to clarify the role of HMGB1 in the pathophysiology of autism and to clarify the specific molecular mechanism by which HMGB1 is involved in autism.

Depression

Depression manifests as a long-term physical and psychological downturn that affects ~300 million people worldwide (99). Stress is an indirect cause of depression, which induces depression-like behaviors through the HMGB1/TLR4/NF-κB signaling pathway in the hippocampus (100). Persistent expression of HMGB1/RAGE in microglia increases susceptibility to depression (101). The ventral medial prefrontal cortex (vmPFC) is one of the key brain regions involved in the pathogenesis of depression, and it plays a key role in the affective deficits of depression. Animal studies have found increased expression of inflammatory cytokines and decreased astrocytes in rats exposed to chronic unpredictable mild stress (CUMS) in vmPFC (102). The reduction of astrocytes in the prefrontal cortex (PFC) is considered to be one of the pathophysiological changes in depression (103). Chronic unpredictable mild stress (CUMS) induces nucleocytoplasmic translocation of HMGB1 in microglia and neurons (104). HMGB1 may lead to microglial activation and neuroinflammation through TLR4/NF-κB and TNF-α/TNFR1/NF-κB signaling pathways. This neuroinflammation-induced behavioral change is thought to be related to the activation of indoleamine-pyrrole 2,3-dioxygenase (IDO) in the kynurenine pathway and changes in neurotransmitter metabolism (5-hydroxytryptamine, 5-HT) (5). HMGB1 can activate the tryptophan degradation (canine purine) pathway and increase the activity of the rate-limiting enzyme IDO (105, 106). On the one hand, IDO catalyzes the conversion of tryptophan into neurotoxicity. Metabolites, such as quinolinic acid (QUIN), selectively bind to NMDAR, resulting in glutamate signaling and neuronal Ca influx, ultimately leading to excitotoxicity. At the same time, it also activates the secretion of glutamate in neurons (107). Both high concentrations of glutamate and QUIN enhance glutamatergic
neurotransmission, leading to the development of depression (108); on the other hand, 5-HT biosynthesis is reduced and leads to depressive mood (109). Another possible mechanism of HMGB1-mediated depression involves damage to dopaminergic neurons. After exposure to stress, microglia secrete reactive oxygen species (ROS) and nitrogen (NOS), which may rapidly reduce the availability of neopterin and tetrahydrobiopterin (BH4), which in turn leads to the DA synthesis rate-limiting enzyme amphetamine amino acid hydroxylase (PAH) and tyrosine hydroxylase (TH) are inactivated and DA synthesis is blocked (110).

The HMGB1 inhibitors GL and EP can improve depression-like behaviors (104, 108). Artigenin exhibits significant antidepressant effects in rodent models of depression, attenuates microglial activation and neuroinflammation through HMGB1/TLR4/NF-κB and TNF-α/TNFR1/NF-κB signaling pathways, and inhibits IDO increase and decrease in 5-HT (111). Minocycline can inhibit CUMS-induced HMGB1 nucleocytoplasmic translocation in microglia and neurons and improve behavioral and cognitive deficits in CUMS-depressed mice (104). In addition, inhibition of phosphodiesterase-4 (PDE4) can exert antidepressant effects by inhibiting the HMGB1/RAGE signaling pathway (112). TAK-242 (TLR4 inhibitor) can significantly inhibit dHMGB1, downregulation of hippocampal myelin basic protein and upregulation of hippocampal TNF-α protein, and improve depressive behavior in rodents (15). The glutamate receptor antagonist ketamine and the IDO inhibitor 1-methyltryptophan can also improve depressive symptoms in rodents (110). In conclusion, inhibition of HMGB1 release or inhibition of HMGB1/TLR4/RAGE signaling pathway by HMGB1 inhibitors is beneficial for the treatment of depression (Tables 7–9). However, most of the study results are based on animal experiments and lack the verification of clinical research results.

Multiple sclerosis

Multiple sclerosis (MS) is an immune-mediated chronic inflammatory demyelinating disease of the central nervous system, often involving the brain, spinal cord, and optic nerves. At the same time, clinical studies have found that the concentration of HMGB1 in the serum and cerebrospinal fluid of MS patients is significantly increased (117). Experimental autoimmune encephalomyelitis (EAE) provides the most widely used MS experimental model (118). EAE model studies have found that HMGB1 may be released by activated macrophages and microglia during MS and induce neuroinflammation (119). Acetylated HMGB1 may be released during chronic inflammation in the clinically stable phase of MS, whereas HMGB1 may be in an unacetylated form during clinically relapsing acute inflammation (120). Serum HMGB1 levels can serve as a potential marker of MS activity and correlate with clinical relapse rates and disease duration (121). HMGB1 may be involved in the pathogenesis of MS by promoting autophagy. HMGB1 can further promote the binding of autophagy factor Beclin1 to type III phosphoinositide 3 kinase (PI3K Class III), thereby promoting the nucleation process of ex vivo membranes, thereby initiating autophagy (117). HMGB1 elevates inducible nitric oxide synthase (iNOS) and superoxide, leading to peroxynitrite (ONOO−) formation and increased pro-inflammatory factors (122). ONOO− induces ceramide production in astrocytes, which in turn leads to demyelination, inhibition of remyelination, and increased BBB permeability. On the contrary, high levels of ceramides can promote cell death (122). In microglia, ceramides promote the assembly of NOD-like receptor pyrin domain containing 3 (NLRP3) inflammasome activation, thereby increasing the release of the IL-1β and IL-18, which further contributes to neuroinflammation (123). Furthermore, iNOS-mediated cytokine-induced nitric oxide excess can cause tissue damage in the central nervous system of EAE (124). Cellular senescence is a cellular feature of MS progenitor cells, and senescent neural progenitor cells can secrete HMGB1 oligodendrocyte progenitors (OPCs) to mature into myelinating oligodendrocytes (OLs), promoting chronic demyelination (125, 126).

HMGB1 monoclonal antibody has been shown to improve the progression of EAE (127) (Table 10). Meanwhile, HMGB1 promotes the release of Sonic hedgehog (Shh) through the HMGB1-RAGE signaling pathway, which can repair the BBB and reduce BBB permeability to promote axonal growth in spinal cord injury (129). Genetic inhibition of acid sphingomyelinase (aSMase)/ceramide prevents classic MS-like pathophysiology, including BBB disruption, leukocyte extravasation, and demyelination, in a model of EAE (130). Matrine (MAT) and GL alleviate inflammatory demyelination and activation of astrocytes and microglia/macrophages in the central nervous system of EAE rats by inhibiting HMGB1 (131, 132) (Tables 10, 11). The cumulative effect of HMGB1 will determine the outcome of the local inflammatory response of HMGB1 in terms of tissue damage. Blocking the HMGB1-RAGE interaction in damaged nerves reduces neurite outgrowth. On the contrary, inhibition of HMGB1 at inappropriate times may prevent tissue repair due to its role in neurite outgrowth and stem cell chemotaxis. Therefore, the role of HMGB1 in MS still needs further study.

Amyotrophic lateral sclerosis

Amyotrophic lateral sclerosis (ALS) is a neurodegenerative disease that selectively damages motor neurons, resulting in rapid muscle wasting and weakness after onset (133). The pathogenesis of ALS is still unclear, but current studies have found that immune and inflammatory factors...
may be involved in the pathophysiology of ALS. HMGB1 induces neuroinflammation through the HMGB1/RAGE or HMGB1/TLR4 signaling pathway leading to increased release of tumor necrosis factor-α and interleukin (134). Serum levels of HMGB1 autoantibodies were upregulated in ALS patients compared with age-matched healthy controls (135). At the same time, the nucleocytoplasmic translocation of HMGB1 in reactive astrocytes and microglia was observed in ALS patients and mouse models (134). Therefore, HMGB1 may serve as a biomarker for ALS diagnosis and clinical assessment. In SOD1G93A mice exhibiting overt disease symptoms, HMGB1-immunopositive motor neurons progressively decreased, possibly due to passive release from damaged cells, whereas the subcellular distribution of HMGB1 in glial cells did not change, which helps stability and regulation of transcriptional activity during maintenance of its responsive response to motor neuron degeneration (136). The binding of HMGB1 to RAGE and TLR4 leads to the activation of NF-κB and inflammatory cytokines, the latter of which have been implicated in the pathogenesis of ALS. Animal studies have found that TLR4 signaling may lead to motor nerve death and, ultimately, ALS disease progression. Loss of TLR4 and RAGE can prolong survival and improve hindlimb grip strength (137, 138).

HMGB1 antibody improved early symptoms in SOD1G93A transgenic mice, but did not prolong survival or improve exercise performance (134) (Table 12). HMGB1 blockade therapy has limited efficacy in the SOD1G93A mouse model, possibly due to the presence of other endogenous ligands that activate TLR2, TLR4, and RAGE (134). On the contrary, astrocyte HMGB1 signaling in ALS can protect nerves by releasing neurotrophic factors, such as brain-derived neurotrophic factor and glial cell-derived neurotrophic factor (139).

Conclusion

Neuroinflammation is thought to be involved in the pathogenesis of Parkinson’s disease, stroke, traumatic brain injury, epilepsy, autism, depression, multiple sclerosis, and amyotrophic lateral sclerosis, and HMGB1 plays an important role as a neuroinflammatory mediator in the above diseases. Meanwhile, HMGB1 has the potential as a common biomarker for the aforementioned neurological diseases and may be an important therapeutic target for these neurological diseases. Anti-HMGB1 monoclonal antibodies and HMGB1 inhibitors have been shown to improve neurological symptoms in animal models of the above diseases within a specific therapeutic time window, providing a new therapeutic idea. Antagonists such as anti-HMGB1 monoclonal antibodies, ethyl pyruvate, inhibit HMGB1 by interfering with its cytoplasmic export, while other antagonists such as glycyrrhizin directly bind to HMGB1 and render its receptors unavailable. However, the current research still has certain limitations. Although clinical and preclinical studies have shown elevated levels of HMGB1 in the blood and cerebrospinal fluid of patients with Parkinson’s disease, stroke, traumatic brain injury, epilepsy, autism, depression, multiple sclerosis, and amyotrophic lateral sclerosis, it is unclear to what extent HMGB1 contributes to the disease phenotype. In addition, most clinical or preclinical studies detect serum or cerebrospinal fluid HMGB1 content by ELISA, which cannot distinguish between active release of HMGB1 from immune cells or passive release from necrotic cells and cannot distinguish HMGB1 subtypes. Different isoforms of HMGB1 play different roles in the process of inflammation, and the currently studied HMGB1 inhibitors cannot target the harmful HMGB1 isoforms. Meanwhile, the duration of HMGB1 neutralization/inhibition by HMGB1 antagonists still needs further study. Although HMGB1 antagonists have yielded positive results in animal studies, clinical findings are limited. Finally, HMGB1 is thought to promote post-injury inflammation in vertebrates, but its benefit in neuroregeneration cannot be ruled out. Therefore, the role of HMGB1 in the nervous system injury response, the release mechanism of HMGB1, and the structure–function interaction with inflammatory receptors and downstream signaling pathways need to be further studied, and the clinical translation of HMGB1 antagonists still needs a lot of clinical research.

Author contributions

DM, YZ, FX, and XH participated in writing the manuscript. HZ was responsible for critical reading of the manuscript. All authors read and approved the final version of manuscript.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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