Oridonin Induces Apoptosis of Laryngeal Carcinoma via Endoplasmic Reticulum Stress

Purpose: Oridonin, a bioactive diterpenoid derived from Rabdosia rubescens, has been widely reported to exhibit anticancer activity in multiple types of cancer. However, the molecular mechanism of oridonin in human laryngeal carcinoma has not been clearly elucidated. This study investigated the function of oridonin in laryngeal carcinoma to provide a research basis for laryngeal carcinoma therapy.

Methods: The proliferation of laryngeal carcinoma Hep-2 and TU212 cells treated with oridonin was determined by MTT assay. The apoptotic induction effect of oridonin on Hep-2 and TU212 cells was analyzed by flow cytometry, Western blot analysis and caspase3 activity assay. In addition, the caspase inhibitor, Z-VAD-fmk, was synergistically treated with oridonin to detect the function of caspase cascade in oridonin-mediated apoptosis. Then, the expressions of endoplasmic reticulum (ER) stress-related proteins (GRP78, phosphorylated-ERK, phosphorylated-eIF2α and CHOP) were measured in Hep-2 and TU212 cells by Western blotting. The cells were treated with 4-PBA (an ER stress inhibitor) or knockdown of CHOP to explore the role of ER stress in oridonin-mediated apoptosis in laryngeal carcinoma. Subsequently, a nude mouse xenograft model was constructed to confirm the function of oridonin in laryngeal carcinoma in vivo.

Results: Oridonin was found to significantly inhibit the proliferation of laryngeal carcinoma Hep-2 and TU212 cells in a concentration-dependent manner. Then, we confirmed that oridonin could induce apoptosis in human laryngeal carcinoma cells. The caspase inhibitor, Z-VAD-fmk, could partially reverse the pro-apoptotic effect of oridonin on human laryngeal carcinoma cells. Subsequently, Western blotting analysis demonstrated that endoplasmic reticulum (ER) stress-related proteins (GRP78, phosphorylated-ERK, phosphorylated-eIF2α and CHOP) were up-regulated in Hep-2 and TU212 cells exposed to oridonin. In addition, 4-PBA (an ER stress inhibitor) or knockdown of CHOP could antagonize oridonin-induced apoptosis. Oridonin significantly decreased the tumorigenicity of Hep-2 cells in a nude mouse xenograft model.

Conclusion: Oridonin-induced apoptosis of human laryngeal carcinoma through the activation of ER stress.

Keywords: oridonin, laryngeal carcinoma, ER stress, apoptosis

Introduction

Laryngeal carcinoma is one of the most common malignant cancer worldwide with a remarkable increase in new cases and deaths.¹ There are various optional ways to antagonize laryngeal carcinoma. Currently, the total laryngotomy is still recognized as the most effective method for the treatment of laryngeal carcinoma, while brings some severe side effects, such as swallowing and voice problems.² Although early-stage laryngeal carcinoma could be cured by surgery or radiotherapy, for the
majority of patients with the advanced stage, there is still a limited improvement in the past two decades. In order to improve the therapeutic effect and survival rate, it is of great necessity to better understand the pathogenesis. Despite the tremendous efforts made in recent years, the molecular mechanisms involved in the occurrence and progression of laryngeal carcinoma still need investigation. Hence, to find out the appropriate therapeutic agents against laryngeal carcinoma has turned into a top priority.

With a long history of cancer treatment, natural products are considered as the potential bioactive anticancer compounds. Oridonin, a bioactive diterpenoid derived from *Radix rubescens*, has been reported to exert anti-cancer effect in recent years. Studies reported that oridonin exhibited remarkable suppressive activity against various cancers, such as breast cancer, pancreatic cancer, lung cancer. In laryngeal cancer Hep-2 cells, oridonin is found to induce apoptosis via the inhibition of EGFR signaling and enhancement of oxidative stress. However, the underlying mechanism of oridonin against laryngeal carcinoma has not yet been clearly elucidated.

Presently, endoplasmic reticulum stress (ER stress) is reported to have a close correlation with cell apoptosis. ER is a vital organelle of eukaryotic cells and is responsible for the correct folding and modification of proteins. The homeostasis imbalance in the endoplasmic reticulum could trigger ER stress and the unfolded protein response (UPR). Subsequently, the three sensors of ER stress, double-strand RNA-activated protein kinase-like ER kinase (PERK), inositol-requiring enzyme 1 (IRE1), activating transcription factor 6 (ATF6), and the downstream protein of ER stress, C/EBP homologous protein (CHOP), would be activated. Finally, ER stress lead to the cell apoptosis by the caspase-cascade reaction. In the current research, we aimed to explore the cytotoxic activity of oridonin and to elucidate the possible relationship between ER stress and apoptosis in human laryngeal carcinoma Hep-2 and TU212 cells.

### Materials and Methods

#### Reagents and Cell Culture

Oridonin (C20H28O6), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and 4-phenylbutyric acid (4-PBA) were purchased from Sigma-Aldrich (St. Louis, MO, USA). They were both dissolved with dimethyl sulfoxide (DMSO). FITC Annexin V Apoptosis Detection Kit was purchased from BD (Bioscience, San Jose, CA, USA). Z-VAD-fmk (a caspase-3 inhibitor) was obtained from Selleckchem. Caspase 3 detection kit was purchased from Sigma-Aldrich. Antibodies against cleaved caspase-3, cleaved PARP, GRP 78, phosphorylated-PERK (p-PERK), PERK, phosphorylated-eIF2α (p-eIF2α), eIF2α, CHOP and β-actin were obtained from Cell Signaling Technology (Beverly, MA, USA).

Human laryngeal carcinoma cell lines Hep-2, TU212 were purchased from the American Type Culture Collection (Manassas, VA, USA). All these cell lines were cultured in RPMI-1640 medium supplemented with 10% fetal bovine serum (Gibco, Grand Island, NY, USA) and maintained at 37°C in a humidified incubator with 5% CO2. As described previously.

#### Cell Proliferation Assay

An MTT assay was used to detect the cytotoxicity of oridonin in human laryngeal carcinoma cells. Briefly, Hep-2 and TU212 cells were seeded per well in 96-well plates at a density of 0.8×10⁴. Then, the cells were treated with the increasing concentrations of oridonin (0, 10, 20, 40, 60, 80, 100, 120 μmol/L) for various durations (0, 24, 48, 72 h). After incubation with 0.5 mg mL⁻¹ MTT for another 4 h, cells were lysed with dimethyl sulfoxide (DMSO). Subsequently, the optical density (OD) was measured by a microplate reader (Bio-Rad, Hercules, CA, USA). The experiment was performed in triplicate.

#### Colony Formation Assay

A colony formation assay was performed to detect the clonogenic capability. The cells were planted on the 6-well plate for 48 h and then exposed to different concentrations of oridonin for one week. After washed with ice-cold phosphate-buffered saline (PBS), the cells per dish were fixed with 4% paraformaldehyde and stained with 1% crystal violet solution. Then, the cells in five random fields were then counted and visualized using a microscope at 100 × magnification.

#### Cell Morphology

Human laryngeal carcinoma Hep-2 and TU212 cells were seeded onto 6-well plates and treated with various concentrations (0, 20, 60 μmol L⁻¹) of oridonin for 24 h. Then, the cell morphology per dish was visualized by a phase-contrast microscopy at 100 × magnification.
Cell Apoptosis Analysis
Cells were seeded on 6-well plates and exposed to different concentrations of oridonin (0, 20, 40, 60 µmol/L) for 24 h. Then, the cells were harvested and washed with PBS buffer. The collected cells were incubated with binding buffer and treated with Annexin V and PI staining solution for 15 min in the dark. The cell apoptosis was analyzed by FACS Calibur flow cytometry following the manufacturer’s protocol. The experiment was performed in triplicate.

Western Blotting Assay
It was performed as previously mentioned. Briefly, laryngeal carcinoma Hep-2 and TU212 cells were harvested after oridonin treatment, and the protein lysates were extracted by RIPA Cell Lysis Buffer. Then, the cell lysates were centrifuged at 12,000 g at 4°C for 15 min. After denaturation, the lysates (about 30–60 µg) were separated by 10–15% SDS-polyacrylamide gel electrophoresis (10% or 15%) and transferred to polyvinylidene fluoride membranes (Millipore, Bedford, MA, USA). Membranes were then incubated with corresponding antibodies against cleaved caspase-3, cleaved PARP, GRP 78, phosphorylated-PERK (p-PERK), PERK, phosphorylated-eIF2α (p-eIF2α), eIF2α, CHOP and β-actin at 4°C overnight. Subsequently, the membranes were washed with TBST three times and incubated with horseradish peroxidase (HRP)-conjugated IgG antibody for 1 h at room temperature. Ultimately, the membranes were visualized with an ECL Substrate and exposed to X-ray film.

Caspase-3 Activity Assay
Human laryngeal carcinoma Hep-2 and TU212 cells were seeded on 6-well plates and exposed to a certain concentration of oridonin. After resuspension and centrifugation, supernatant and AcDEVD-pNA were mixed with the reaction system at 37°C for 2 h. Subsequently, the caspase-3 activity was evaluated by using a colorimetric assay at the wavelength of 405 nm (Beyotime, China).

Plasmid Transfection
It was conducted as previously mentioned. CHOP cDNA was cloned into pcDNA3.1 vector. After laryngeal carcinoma Hep-2 or TU212 cells reached 80% confluency for plasmid transfection, then the cells were transiently transfected with X-tremeGENE HP DNA Transfection Reagent (Roche, Switzerland) following the manufacturer’s instructions, and prepared for the subsequent experiments.

Animal Experiments
Four-week male BALB/C nude mice were obtained from and maintained in the Animal Care and Use Committee of Xi’an Jiaotong University, Xi’an, China. All procedures involving animal treatment were approved by the Ethics Committee of Animal care and use of Xi’an Jiaotong University (No.XJTULAC 2019–1268). All animals were handled according to the guidelines of the Institutional Animal Care and Use Committee of Xi’an Jiaotong University. 5×10⁶ Hep-2 cells were subcutaneously injected into the right flank of nude mice. When the tumor volumes of the xenografts reached approximately 90 mm³, the mice were randomly divided into two groups: the vehicle group and oridonin group (10 mg/kg via intraperitoneal injection, 4 mice per group). The body weights of the nude mice were weighed every 3 days. The tumor volume was measured with a caliper and estimated by the following formula: 1/2 × (length) × (width)². Finally, the nude mice were euthanized and tumors were weighed.

Statistical Analysis
All of the results were represented as mean ± standard deviation of triplicate experiments. All statistical analyses were implemented with GraphPad Prism (version 6.0) software, and Student’s t-test (two-sided) and ANOVA test were used to analyze the differences between groups. A value of P < 0.05 was considered to have a statistically significant difference.

Results
Oridonin Suppressed the Proliferation and Colony Formation of Human Laryngeal Carcinoma Cells in vitro
First of all, the molecular structure of oridonin is shown in Figure 1A. The MTT assay was conducted to explore the cytotoxic effect of oridonin on the human laryngeal carcinoma cell lines. The results demonstrated that oridonin dramatically decreased the viability of Hep-2 and TU212 cells in a concentration-dependent manner (Figure 1B and C). The subsequent colony formation assay revealed that oridonin treatment repressed the number of colonies in a dose-dependent manner (Figure 1D and E). These findings indicated that oridonin exerted anti-proliferative activity in the two laryngeal carcinoma cells.
Figure 1 Oridonin restrained the proliferation of laryngeal carcinoma cells. (A) Chemical structure of oridonin. (B) Hep-2 and (C) TU212 cells were treated with various concentrations of oridonin for 0, 24, 48, 72 h respectively. The cell viability was detected by MTT assay. (D) Illustrative diagram and (E) statistic chart of colonies of Hep-2 and TU212 cells were presented using the colony formation assay. Cells were treated with oridonin (0, 20, 60 μM) for 24 h. The experiments were performed in triplicate. The data were presented as the means ± SD (*P<0.05, **P<0.01).

Figure 2 Oridonin-induced apoptosis in human laryngeal carcinoma. (A) Hep-2 and TU212 cells were treated with oridonin (0, 20, 60 μM) for 24 h. The cell morphology was observed using a phase-contrast microscopy at 100x magnification. Bar: 100 μm. (B–E) Hep-2 and TU212 cells were treated with various concentrations of oridonin (0, 20, 40, 60 μM) for 24 h. The percent of apoptotic cells was measured by flow cytometry. The experiments were performed in triplicate. The data were presented as the means ± SD (****P<0.0001).
Oridonin-Induced Apoptosis of Human Laryngeal Carcinoma Cells via Activation of Caspase

Hep-2 and TU212 cells were exposed to different concentrations of oridonin and examined for the cell morphological changes. The results showed that oridonin could induce cell shrinkage and cell floating in laryngeal carcinoma cells (Figure 2A). To investigate whether oridonin could have a pro-apoptotic effect on human laryngeal carcinoma cells, Hep-2 and TU212 cells were treated with oridonin and detected with flow cytometry. The findings revealed that oridonin induced the apoptosis of human laryngeal carcinoma Hep-2 cells in a concentration-dependent manner (Figure 2B and C). Similar with the above findings, oridonin could also dose-dependently induce apoptosis of TU212 cells (Figure 2D and E). In order to further explore the mechanisms of apoptosis induced by oridonin in Hep-2 and TU212 cells, we examined the expressions of cleaved caspase-3 and cleaved PARP using Western blotting assay. The results of Western blotting analysis indicated that the levels of cleaved subunits of caspase-3 and PARP in laryngeal carcinoma Hep-2 and TU212 cells were increased by oridonin in a dose-dependent manner (Figure 3A and B). Then, we focused on the function of oridonin on caspase-3 activity, and as we expected, the caspase-3 activity was also increased upon oridonin treatment in these two cell lines (Figure 3C and D). In addition, co-treatment with a caspase inhibitor, Z-VAD-fmk, could partially reverse the pro-apoptotic effect of oridonin on human laryngeal carcinoma cells as evidenced by flow cytometry (Figure 3E and F, Supplementary Figure 1A and B). These results suggested that oridonin could induce apoptosis in laryngeal carcinoma cells in a caspase-dependent pathway.

Oridonin Activated Endoplasmic Reticulum Stress in Human Laryngeal Carcinoma Cells

ER stress is reported to participate in the initiation of agent-induced apoptosis.\(^{12}\) And glucose regulatory protein 78 (GRP78) is a vital effector molecule induced by endoplasmic reticulum stress.\(^{13}\) Hence, the expression of GRP78 was investigated. As shown in Figure 4A and B, oridonin dose-dependently increased the protein level of GRP78 in Hep-2 and TU212 cells. Next, we detected the expression of ER stress-related proteins. Western blot analysis showed that the protein levels of phosphorylated-PERK, phosphorylated-eIF2α were significantly upregulated in human laryngeal carcinoma cells.

Figure 3 Oridonin-induced apoptosis of human laryngeal carcinoma cells was mediated by the activation of caspase. (A) Hep-2 and (B) TU212 cells were treated with oridonin (0, 20, 40, 60 μM) for 24 h. The protein levels of caspase-3, cleaved caspase-3, PARP, cleaved PARP were detected by Western blotting analysis. The caspase 3 activity of Hep-2 (C) and TU212 (D) cells were measured using caspase 3 detection kit. Cells were treated with oridonin (0, 20, 40, 60 μM) for 24 h. The percent of apoptotic cells of Hep-2 (E) and TU212 (F) was measured by flow cytometry. Cells were pretreated with oridonin and Z-VAD-fmk for 24 h. The experiments were performed in triplicate. The data were presented as the means ± SD (**P<0.01, ***P<0.001, ****P<0.0001).
The Activation of CHOP Mediated the Pro-Apoptotic Effect of Oridonin in Human Laryngeal Carcinoma Cells

In the present study, the interaction between oridonin-induced ER stress and apoptosis was explored. Studies reported that CHOP is a crucial pro-apoptotic protein in the downstream of ER stress. Western blotting was conducted to detect the expression of CHOP upon oridonin treatment. As we expected, oridonin significantly upregulated CHOP protein level in laryngeal carcinoma cells in a concentration-dependent manner (Figure 5A and B). To further investigate whether CHOP is involved with pro-apoptotic effect of oridonin in human laryngeal carcinoma cells, we knocked down CHOP by transiently transfecting CHOP plasmid. The results demonstrated that knockdown of CHOP could partially reverse the change of cleaved-caspase 3 and cleaved-PARP protein levels induced by oridonin in human laryngeal carcinoma Hep-2 and TU212 cells (Figure 5C and D). Furthermore, knockdowning CHOP could also reverse oridonin-mediated elevated caspase-3 activity in laryngeal carcinoma (Figure 5E and F). These findings strongly suggested that oridonin-induced laryngeal carcinoma cell apoptosis via the activation of CHOP.

Oridonin-Inhibited Tumorigenicity of Laryngeal Carcinoma in vivo

The above in vitro results verified that oridonin had the pro-apoptotic effect in human laryngeal carcinoma cells. Then, we explored that therapeutic effect of oridonin in nude mice. The results showed that the tumor mass and volume were dramatically reduced upon oridonin treatment, compared with the vehicle controls (Figure 6A–C), while the body weights in the two groups were similar (Figure 6D). Then, Western blot was
conducted to detect the apoptosis- and ER stress-related proteins. The results revealed that cleaved-caspase-3, cleaved-PARP, phosphorylated-PERK, phosphorylated-eIF2α, GRP78 and CHOP protein levels were higher in tumor tissues exposed to oridonin (Figure 6E and F). These data suggested that oridonin could suppress laryngeal carcinoma tumorigenesis in vivo.

Discussion
In recent years, natural products gained more and more attention because of their low toxicity in cancers. Previous studies have demonstrated that oridonin had effective antitumor effects against a variety of cancers. Oridonin could inhibit colon cancer cells via the inactivation of TGF-β/smads-PAI-1 signaling pathway. Oridonin can also inhibit migration in gallbladder cancer by HIF-1α/MMP9 signal pathway. In human oral cancer, oridonin exerted anti-proliferative effect by PI3K/AKT signaling pathway. Furthermore, Oridonin has been reported to induce apoptosis by activating multiple signaling pathways, including ROS/JNK/c-Jun axis, p53, PI3K/AKT/mTOR, Ras/Raf. Previous studies showed that inhibition of EGFR signaling enhanced oridonin-induced apoptosis in human laryngeal cancer Hep-2 cells. And studies reported that the apoptotic induction by oridonin was mediated by the inhibition of caspase 9 in Hep-2 cells. Nevertheless, whether ER stress is involved in the apoptotic induction of oridonin in laryngeal carcinoma cells is still unclear. Based on these results, we aim to explore the inhibition effect of oridonin and to investigate the relationship between ER stress and cell apoptosis in human laryngeal carcinoma Hep-2 and TU212 cells. The results of cell viability and colony formation assay indicated that oridonin had a cytotoxic effect on laryngeal carcinoma Hep-2 and TU212 cells. The results of nude mice xenograft model further confirmed that oridonin played an anticancer role to inhibit growth of laryngeal carcinoma xenografts in vivo. Furthermore, oridonin led to the significant morphological changes by a phase-contrast microscopy. Subsequently, Annexin V/PI staining demonstrated that oridonin-induced apoptosis in these two laryngeal carcinoma cells in a concentration-dependent manner. The expressions of cleaved caspase-3 and cleaved-PARP, and the caspase-3 activity were dose-dependently increased upon oridonin treatment. The data above suggested that caspase cascade reaction played a vital role in oridonin-induced laryngeal carcinoma cells. When we pretreated laryngeal carcinoma cells with Z-VAD-fmk to prevent caspase inhibition, the data revealed that oridonin-induced cell death was significantly reduced.

Figure 5 Activation of CHOP mediated the pro-apoptotic effect of oridonin in human laryngeal carcinoma cells. (A) Hep-2 and (B) TU212 cells were treated with oridonin (0, 20, 40, 60 μM) for 24 h. The protein levels of CHOP were detected by Western blotting analysis. (C) Hep-2 and (D) TU212 cells were pretreated with oridonin and CHOP knockdown for 24 h. The protein levels of CHOP, caspase3, cleaved caspase3, PARP, cleaved PARP were detected by Western blotting analysis. Caspase 3 activity of Hep-2 (E) and TU212 (F) cells were measured using caspase 3 detection kit. Cells were treated with oridonin and CHOP knockdown for 24 h. The experiments were performed in triplicate. The data were presented as the means ± SD (**P<0.01, ****P<0.001, *******P<0.0001).
disturb the caspase cascade, it is interesting to observe that
the apoptotic induction effect was not fully reversed.
Therefore, it strongly suggested that the caspase-depen-
dent and -independent pathway were concomitant in
the apoptotic process induced by oridonin.

The endoplasmic reticulum (ER) is responsible for the
synthesis and secretion of membrane proteins.26 And the
characteristic of ER stress is the aggregation of misfolded
and unfolded protein in the lumen of ER, which is known
as unfolded protein response (UPR). It is widely reported
that UPR has a dual effect on cells, to promote home-
ostasis or to stimulate apoptosis in cells.27 ER stress could
be activated by three signaling pathways: PERK pathway,
IRE1 pathway and ATF6 pathway. These three sensors
could interact with glucose regulatory protein 78 (GRP78)
in an inactive state under physiological condition.28 Once the ER stress is initiated, they could activate the ER-related apoptotic signaling pathway to induce the apoptosis. The results in the current study showed that phosphorylated-PERK, and the downstream phosphorylated-eIF2α, as well as GRP78 protein level were all upregulated upon oridonin treatment in laryngeal carcinoma Hep-2 and TU212 cells. When pretreated with

Figure 6 Oridonin significantly decreased the tumorigenicity of Hep-2 cells in a nude mouse xenograft model. (A) Dissected tumors from control and oridonin groups of mice were presented in 18 days. 5×10⁶ Hep-2 cells were subcutaneously injected into the right flank of nude mice. (B) Tumor mass of control and oridonin groups were showed and the data were presented as mean ± SD of four mice. (C) Tumor volumes and (D) body weight of nude mice were measured every 3 days using a caliper. The data were presented as mean ± SD of four mice. Protein levels of (E) caspase3, cleaved caspase3, PARP, cleaved PARP, (F) cleaved-phosphorylated PERK, phosphorylated-eIF2α, CHOP and GRP78 were detected by Western blotting analysis. The proteins were extracted from the dissected tumor tissues of control and oridonin groups (*P<0.05).

4-PBA, the percent of apoptotic cells and the activity of
caspase 3 were decreased correspondingly. The findings
indicated that oridonin-induced apoptosis is mediated by
ER stress in human laryngeal carcinoma cells.

CHOP is in a low expression under physiological
condition.29 During ER stress, CHOP could be activated
by PERK, IRE1 and ATG6 signaling pathways. Studies
reported that CHOP is recognized as the crucial pro-apop-
totic protein to initiate ER-mediated apoptosis.30 In the
present study, we found that oridonin upregulated CHOP
expression in these two laryngeal carcinoma cells.

Knockdown of CHOP could decrease the protein levels
of cleaved caspase3 and cleaved PARP, as well as the
caspase3 activity. These results demonstrated that knock-
down of CHOP could antagonize the apoptotic induction
effect of oridonin in laryngeal carcinoma cells.

Conclusions
In conclusion, our studies revealed that oridonin could
inhibit the viability, induce cytotoxicity, and activate ER-
related signals of laryngeal carcinoma in vitro and vivo.
More importantly, the findings indicated that oridonin
induced apoptosis of human laryngeal carcinoma through the activation of ER stress.

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Disclosure
The authors declared no conflicts of interest, financial or otherwise.

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