Catheter Care Bundle and Low Catheter Infection Rates in a Home Parenteral Nutrition Population: A 4 Year Observational Study

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Abstract

Background

Home Parenteral Nutrition (HPN) is often a life-saving therapy for patients. One of the most common complications for HPN is catheter-related blood stream infections (CRBSI). In the home setting there is no single defined “care bundle” for the on-going maintenance of central venous catheters (CVC) for the prevention of CRBSI. We evaluated the impact of a standardized catheter care bundle in patients receiving HPN on the incidence of CRBSI.

Methods

Data collection included use of standardized tools and processes to capture patient demographics, catheter complications including CRBSI and some associated risk factors. Reported data was collected and analyzed annually and compared year-to-year from the years 2014–2017 from one national home infusion company. CRBSI reported as number of infections/1000 catheter days

Results

The CRBSI rate/1000 days was reported as 0.43, 0.31, 0.30 and 0.23 (2014, 2015, 2016, 2017 respectively). The type of catheter, number of catheter lumens and type of nursing care provided had importance. In general, single lumen central venous catheters had numerically less CRBSI than double lumen central venous catheters; peripherally-inserted central venous catheters were the most common catheter used but also had the highest percentage of CRBSI.

Conclusion

The use of a catheter care bundle in an HPN population resulted in a 4-year reported outcomes of low and continuously declining CRBSI in a large, diverse United States-based HPN population.

Clinical Relevancy Statement

Catheter-related blood stream infections are a common complication of HPN therapy. There is no consensus on the clinical approach to prevention of CRBSI in the home setting. This study evaluated a catheter care bundle approach for the prevention of CRBSI in a large number of HPN patients.

Background

Home parenteral nutrition (HPN) is a treatment for patients with an inability to receive nutrients into and/or absorb nutrients from the small intestine. In general, patients receiving HPN are stable from a medical perspective and do not require hospitalization or care in a supervised medical facility.
Patients require a central venous catheter (CVC) for infusing PN (parenteral nutrition) solutions and sometimes other medical therapy. Because of the presence of a CVC, HPN patients are at risk for the development of catheter-related bloodstream infections (CRBSI). Of the reported complications of HPN therapy related to the CVC, CRBSI is the most common and is associated with significant morbidity and sometimes, mortality. (1)

In addition to PN preparation and infusion, a patient and/or caregiver often must provide ongoing care for the CVC. Sometimes, a homecare nurse provides this care during weekly visits. Maintenance care includes activities such as catheter dressing, injection cap changes, and flushing of the CVC lumen(s).

The majority of CRBSIs stem from the flora found on the patient's skin. It is of utmost importance that the skin around the catheter insertion site be properly cleansed. (2) Overwhelming evidence has shown that using a 2% chlorhexidine antiseptic cleansing solution reduces the rate of CRBSI by up to 50%. (3) There are published reports on the importance of additional interventions to prevent CVC infection in the home setting including the use of disinfecting catheter injection caps, PICC stabilization devices, specialized dressings to prevent microbial growth, and dressing protection from water during bathing. (4, 5, 6) Patient and caregiver education are also important. Very few consensus professional society guidelines for care and maintenance of CVC in the HPN population exist. (7)

Assessments have been made to understand the risk factors that a patient, caregiver or home setting may possess that would increase a patient's likelihood of developing CRBSI. (8, 9, 10) This can include, but is not limited to, shorter lengths of small bowel remaining after small bowel resection, patient history of alcohol, opioid or anti-anxiolytic drug dependence, lower socioeconomic status and a higher number of family dependents living in the home. Not all home settings are similar with regards to cleanliness and organization. There also is variation in a patient or caregiver's ability to follow instructions.

Vast improvements have been made in the reduction of CRBSI in the hospital setting, attributed to standardization of the CVC insertion procedure. The groundbreaking Keystone Project demonstrated the effect of five measures (a bundle) on the improvement of outcomes during insertion of central venous catheters. (11) Those components included hand washing prior to CVC placement, chlorhexidine skin preparation, full barrier precautions, use of the subclavian vein as the preferred access site and early removal of all unnecessary CVC. However, even in institutions where full compliance with the bundle exists, CRBSI are still occurring. (12) Of note, the Keystone Project central line bundle does not include any of the post-insertion aspects of CVC care and management which have been shown to prevent CVC infection.

The current study was initiated by a specialty pharmacy in the United States providing patient-specific compounded HPN in addition to a variety of specialized medications to a diverse patient population with multiple physician providers. The decision to pursue this study was based on the findings that HPN CRBSI rates were reported in the literature as persistently higher than other home infusion therapies, thus indicating a higher risk level for these patients. Four studies between the years of 2014–2019 indicate a range of CRBSI in the HPN population from 0.39–1.4/1000 catheter days. (13, 14, 15, 16) It was hypothesized that a dedicated catheter care and maintenance bundle, using best available evidence, would reduce the overall number of CRBSI in an HPN population. A multi-modality catheter care bundle (CCB) including patient education and the use of novel catheter maintenance products was chosen to ensure mitigation of the risks associated with several known
contributors to CRBSI, including skin contamination, catheter injection cap antisepsis, catheter pistoning and compromised or wet IV dressings.

Methods

A retrospective, non-randomized analysis was completed on an average of 7385 patients/year receiving HPN from a single national specialty pharmaceutical provider from January 1, 2014 to December 31, 2017. The primary outcome measure was development of CRBSIs which is expressed as the number of CRBSIs per 1,000 catheter days of HPN use by patients in that year. This data was compared year over year from 2014 through 2017. Data collected included demographic information, type of nursing provider, catheter type, number of catheter lumens and organisms responsible for the catheter infections when cultured.

As part of nutrition assessment, the Registered Dietitians completed a catheter history at the start of care, assessed compliance to catheter care as part of the ongoing nutrition assessment, and provided on-going education. The education provided reinforced catheter management. On-going patient interactions with a nurse in the home, clinical support specialist or pharmacist provided additional opportunities for catheter assessment and/or potential to capture a catheter event. All confirmed catheter events were then documented in the pharmacy provider's computer system.

Data was pulled from the pharmacy provider's computer system using a specialized query tool. No individualized chart review was performed. Two or more reported catheter infections occurring in the same patient in a 12-month period were reported to a Clinical Manager or designee to determine alternative care strategies and recommended follow-up education on an as-needed basis based on catheter complication rates, unused supplies and demonstrated non-compliance.

All HPN patients who were not ordered an institution or clinician-specific catheter care protocol were provided with the CCB that consisted of 4 commercially available medical products in addition to the standard CVC catheter maintenance care which included regular catheter flushing, regular timing for injection cap change out, appropriate use of catheter securement devices, appropriate use of extension sets, routine catheter dressing changes, safe catheter clamping techniques and following of manufacturer guidelines:

1) 70% alcohol impregnated disinfection end cap

2) Foam disc impregnated with polyhexamethylene biguanide hydrochloride

3) Moisture barrier to help protect the intravenous dressing during showering.

4) Securement device for PICC

In conjunction with the CCB, an education program was initiated consisting of: 1. An internal education on the CCB to all home infusion nurses, pharmacists, dietitians and supporting nonclinical staff, 2. A letter outlining the CCB and its associated education program sent to the patients and their physicians and 3. Specific patient education tools that addressed both catheter supply use and general guidelines for effective catheter care. This education was provided in addition to the direct education provided to patients and caregiver(s) on how to effectively use the CCB. Patients were also provided with a laminated mat that was to be used as the location
to prepare their prescribed PN. This mat contained instructions for maintaining aseptic technique and provided reminders about CVC maintenance strategies for avoiding CVC complications, including CRBSI. The mat could also be easily cleaned prior to use. Catheter locking of solutions for prevention of CRBSI was not a common practice.

A catheter-related bloodstream infection was defined as when a patient exhibits the following symptoms: fever over 100.4 not attributable to other health issues; catheter exit-site redness, drainage or cord; and also has either blood/catheter culture or gram stain confirmation of bacterial or fungal counts, or the prescriber determines that the catheter is the most likely source of infection, thus removing the catheter or treating the patient/catheter with anti-infectives. If the CRBSI symptoms develop less than 48 hours following hospital discharge, this would be considered a nosocomial infection, and not applicable to the home infusion setting. CRBSI symptoms developing 48 hours or more after central line insertion and care in the home infusion setting, this would be considered a nosocomial infection.(17) Patients admitted to the hospital for catheter infections were captured as part of the documentation process.

This was an observational study without patient randomization. Descriptive statistical reporting was performed on all collected data. Comparisons were made between categorical variables using the Chi Square test of independence and significance was set at p < 0.05.

All patient data was deidentified. CORAM/CVS internal clinical/ethics research committee reviewed the study, and determined that it meets the criteria of 45 CFR 46101(b). Our research involved the “collection of existing data, documents, records” and “information is recorded by the investigator in such a manner that the subjects cannot be identified directly or through identifiers linked to the subjects”.

Results

A total of 6933, 7576, 7389 and 7642 patients were followed in 2014, 2015, 2016 and 2017 respectively. The top 5 ICD 10 codes for diagnosis were malnutrition (23%), post surgical malabsorption (15%) malabsorption (6%) reginal enteritis (5%) and small bowel obstruction (4%). Eighteen percent of the population was pediatric with the 2 largest representative populations of 30−49 (21%) and 50−64 (31%). The CRBSI rates for patients receiving HPN from 2014 to 2017 is shown in Table 1. There was a downward trend in CRBSI/1000 catheter days from 2014 to 2017. The reduction in the number of CRBSI/1000 catheter days between years 2014 and 2017 was statistically significant (p < .05)

| Year | Total Catheter Days | # CRBSI/1000 Days |
|------|---------------------|-------------------|
| *2014 | 682,590 | .43 |
| 2015 | 820,232 | .31 |
| 2016 | 801,271 | .30 |
| *2017 | 834,985 | .23 |

• P < .05
Table 2 notes the specific number and the type of central venous catheters utilized/year and the dwell time of these catheters in days. (Table 2) Triple lumen catheters (TLC) had the lowest CRBSI/1000 days numerically. (Table 3) However, TLC accounted for 5% or less of the total catheters used on a year to year basis. Because of this very low number, TLC were not included in any further statistical comparison. In the year 2014, single lumen catheters (SLC) had significantly fewer CRBSI as compared to double lumen catheter (DLC) (p < .05). In the years 2015 and 2106 single lumen catheters had numerically fewer CRBSI as opposed to double lumen catheters although these values did not reach statistical significance.

### Table 2

− Types of Catheters and Patient Dwell Times

|          | Central (non-tunneled) | Central (tunneled) | PICC | Port |
|----------|------------------------|--------------------|------|------|
| 2014     | 53                     | 1400               | 4802 | 1241 |
| 2015     | 60                     | 1374               | 4396 | 1168 |
| 2016     | 56                     | 1031               | 4282 | 1000 |
| 2017     | 46                     | 1506               | 7348 | 1534 |

|          | Central (non-tunneled) | Central (tunneled) | PICC | Port |
|----------|------------------------|--------------------|------|------|
| 2014     | 6826                   | 211603             | 348121| 116040|
| 2015     | 5725                   | 253197             | 417064| 144246|
| 2016     | 7859                   | 233665             | 423997| 135751|
| 2017     | 3959                   | 194636             | 477020| 159370|

### Table 3

− Catheter Lumens and CRBSI

| Year | % Single Lumen | Single Lumen CRBSI/1000 | % Double Lumen | Double Lumen CRBSI/1000 | % Triple Lumen | Triple Lumen CRBSI/1000 days |
|------|----------------|-------------------------|----------------|-------------------------|----------------|-------------------------------|
| 2014 | 46.6           | .00*                    | 50.7           | .17*                    | 2.6            | .02                          |
| 2015 | 48.9           | .14                     | 48.3           | .17                     | 2.6            | .01                          |
| 2016 | 48.9           | .13                     | 48.3           | .16                     | 2.7            | .01                          |
| 2017 | 42.8           | .12                     | 52.2           | .10                     | 5.0            | .01                          |

* p < .001

TLC accounted for 5% or less of the total catheters used on a year to year basis. Because of this very low number, TLC were not included in any further statistical comparison.

Catheters were categorized as central catheter non-tunneled (CCNT), central catheter tunneled (CCT), peripherally-inserted central catheters (PICC) and Port. CCNT catheters had the lowest CRBSI but represented only 0.9% of all catheters in the database. No further statistical comparisons were calculated for CCNT catheters based on their very low numbers in the database. CCT catheters represented 18%, Port 17% and PICC
64% of all catheters in the database. PICC had the highest CRBSI rates numerically in 2014, 2015, 2016 and 2017 (Table 4). In 2014, 2015 and 2016 Port had significantly less CRBSI as compared to PICC (p < .05).

| Year | %CCNT | CCNT CRBSI/1000 Days | %CCT | CCT CRBSI/1000 Days | %PICC | PICC CRBSI/1000 Days | %PORT | PORT CRBSI/1000 Days |
|------|-------|---------------------|------|---------------------|-------|---------------------|-------|---------------------|
| 2014 | 1     | .01                 | 17   | .05 (1)             | 63    | .25 (1,2)           | 18    | .05 (2)            |
| 2015 | 1     | .00                 | 18   | .12 (3)             | 63    | .15 (4)             | 17    | .04 (3,4)          |
| 2016 | 1     | .00                 | 18   | .10                 | 63    | .16 (5)             | 17    | .03 (5)            |
| 2017 | 1     | .00                 | 18   | .08                 | 66    | .11                 | 16    | .04                |

*Comparisons between groups (labeled 1–5) all have p-values that are significant (p-values < .05)

Type of Catheter

CCNT – Central Non-Tunneled

CCT – Central Tunneled

PICC – Peripherally Inserted Central Catheter

PORT

Patients managed by a home health nursing agency not contracted by the specialty pharmaceutical company providing the parenteral nutrition (level 2B) had the highest, statistically significant CRBSI infection rates as compared to nursing provided by the home infusion company (level 1 nursing), nursing contracted directly by the home infusion company (level 2A nursing) or independent or patient self-managed (level 3) (Table 5). There were no other statistically significant differences in CRBSI when making multiple comparisons between level 1 nursing, level 2A nursing or independent care.
Table 5
- Level of Nursing and CRBSI

| Year | % Level 1 | Level 1 CRBSI/1000 days | % Level 2 | Level 2* CRBSI/1000 days | % Level 2A | Level 2A BSI/1000 days | % Level 3 | Level 3 CRBSI/1000 days |
|------|-----------|-------------------------|-----------|--------------------------|-----------|-------------------------|-----------|-------------------------|
| 2014 | 21        | .08                     | 47        | .24                      | 9         | .03                     | 12        | .06                     |
| 2015 | 23        | .06                     | 49        | .16                      | 9         | .03                     | 11        | .05                     |
| 2016 | 24        | .08                     | 50        | .16                      | 7         | .02                     | 13        | .03                     |
| 2017 | 24        | .05                     | 50        | .13                      | 7         | .01                     | 12        | .04                     |

* Comparisons between Level 2 nursing and any other nursing level (1, 2A, 3) was statistically significant

Level 1 – Specialty Pharma Company Nursing
Level 2 – Nursing Agency Chosen by Payor
Level 2A – Nursing Agency Subcontracted by Specialty Pharma Company
Level 3 – Patient Independent After Training and Demonstrated Competency

There were more female than male patients in this database. Numerically, females had a higher CRBSI/1000 days as compared to males although this was not found to be statistically significant in any reported year (Table 6).

Table 6
- Gender and CRBSI

| Year | % Females | Females CRBSI/1000 days | % Males | Males CRBSI/1000 days |
|------|-----------|-------------------------|---------|-----------------------|
| 2014 | 59.7      | .27                     | 40.2    | .16                   |
| 2015 | 60.2      | .19                     | 39.7    | .13                   |
| 2016 | 60.1      | .17                     | 39.7    | .12                   |
| 2017 | 60.0      | .14                     | 40.0    | .08                   |

On average for the four years studied, seventy-nine percent of reported CRBSI had an associated documented organism(s) (2014-76%, 2015-76%, 2016-86% 2017 -78%). For those CRBSI where blood culture results were available, we divided the organisms into 3 distinct groups based on the categorization of fungal (ie. Candida), skin-based bacterial organisms (ie. Staphylococcus) or gastrointestinal/respiratory-based bacterial organisms (ie. Enterococcus) (Fig. 1). This distinction was made because of our desire to understand the initial location of the catheter-infecting organisms (fungal, skin-based or gastrointestinal/respiratory secretions). Based on this categorization, fungal organisms were numerically the least likely cause of CRBSI. Fungal infections were responsible for significantly fewer (p < .05) CRBSI as compared to skin-based bacterial organisms for the years 2014, 2016 and 2017 (p < .05). For the year 2014 (p < .05), fungal infections were responsible for significantly fewer CRBSI as compared to gastroenterology/respiratory-based bacterial organisms. There were no significant
differences in CRBSI between skin- and gastroenterology/respiratory-based bacterial organisms for any of the reported years.

There was patient PN exposure data available for the years between 2016–2018. On average for these three years, 68% of the HPN patients were on PN > 90 days with an average of 657 days (range 647–670 days). Thirty two percent of the patients were on PN < 90 days with an average of 43 days (range 42–45 days).

For the four years of data evaluated, patient demographics remained stable with the mean patient age of 46 years (1.17 SD), with 18% < 16 years of age; 82% 17 years of age or older. Primary Diagnoses were as follows: 46% digestive disease (ICD10 K00-K94); 36% endocrine, nutritional or metabolic disease, (ICD 10 E00-E89); 6% neoplasm (ICD10 C00-D49); 4% clinical findings not elsewhere classified (ICD 10R00-R99); all others < 2% each. Of the prescribers who managed this patient population, 86% manage 1–2 TPN patients per year and 14% managed > 2 TPN patients/year.

Discussion

This 4-year observational experience with a bundled catheter care program demonstrated a low and declining CRBSI rate as reported per one thousand catheter days. The population of HPN patients was diverse with a multitude of clinicians providing the care for the HPN patient. Most of these physicians managed 1–2 HPN patients per year. It is likely that the bundled, standardized approach to catheter care contributed to this low incidence of CRBSI.

The incidence of CRBSI remains a topic of reporting from many clinicians and institutions. Table 7 provides a listing of reference articles for CRBSI infection in the HPN population and the reported CRBSI rates.(15, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29) Only studies that included greater than 100 patients that were published since the year 2000 are listed in this table. These studies report a CRBSI rate between 0.35–3.20 per 1000 catheter days. These reports were also observational in nature. Some of the reports were based on surveys. No attempt was made to implement a specific CRBSI practice in these publications other than the practice that was ordered by the responsible clinician or was the standard of practice for the pharmacy compounding the PN or the nursing agency providing care for the HPN patient. The definition of CRBSI varied between the reported studies. There was no bundled approach to catheter care and maintenance. Many of these reports were single center reports and therefore do not represent a diverse patient population where multiple physicians are caring for patients at multiple unique sites. The majority of these studies reported out on only a small fraction of the patients included in this study.
| Author                  | Patient Number | CRBSI Rate           | Year |
|------------------------|----------------|----------------------|------|
| Bozzetti et al (17)    | 447            | .93/1000 catheter days | 2002 |
| Colomb et al (18)      | 302            | 1.20/1000 catheter days | 2007 |
| Crispin et al (19)     | 481            | 0.54/1000 catheter days | 2008 |
| Elfassy et al (20)     | 155            | 2.0/1000 catheter days | 2015 |
| *Ireton-Jones et al (121) | 4540          | 0.66/1000 catheter days | 2005 |
| Lloyd et al (22)       | 188            | .85/1000 catheter days | 2006 |
| Santarpia et al (23)   | 222            | 3.20/1000 catheter days | 2002 |
| Ugur et al (24)        | 202            | 1.30/1000 catheter days | 2006 |
| Violante et al (25)    | 159            | 2.89/1000 catheter days | 2006 |
| Cotogni et al (26)     | 254            | .35/1000 catheter days | 2013 |
| Vashi et al (27)       | 241            | .54/1000 catheter days | 2017 |
| Buchman et al (14)     | 135            | .35/1000 catheter days | 2013 |
| Dibb et al (28)        | 588            | .38/1000 catheter days | 2016 |

*Report was on catheter-related infections (CRI) which included both CRBSI and CVC exit site infections.

Understanding from the literature that HPN CRBSI rates were persistently higher than other home infusion therapies, we developed a bundled approach to catheter maintenance appropriate for home care, utilizing a similar approach as in the Keystone Initiative in the hospital environment that was so effective. Our catheter care bundle (CCB) focuses on the post-CVC placement care and maintenance in the home setting within an HPN population. The interventions included the use of antimicrobial dressings, a protective device to be used when showering, a disinfecting cap, a PICC stabilization device and standardized patient education. In addition, patients were provided with a laminated mat to serve as their ‘clean space” for admixing components into their HPN. The mat contained instructions for maintaining CVC sterility.

The use of antimicrobial dressings has been shown to have an impact on CVC infections. The AMD dressing® (Covidien, Minneapolis, MN) contains 0.2% polyhexamethylene biguanide (PHMB). PHMB is an antibacterial polymer and has been shown to inhibit bacterial growth. (30, 31)

Aquaguard® (Cenorin, Kent, WA) and Hydroseal® (2GMedical (Clearwater, FL) are moisture barriers which are placed over the CVC site and catheter during times of exposure to water, such as taking a shower. They replace hand-made devices such as a plastic bag placed over the CVC. The use of a protective cover from exposure to tap water contamination during showering and bathing has been shown to have an impact on CVC infections. (32, 33)
SwabCap® (ICU Medical, San Clemente, CA) and Curos™ (3M United States) are disinfecting caps for needle free intravascular connections. The cap itself contains 70% isopropyl alcohol on a sponge. A trauma intensive care unit (ICU) study demonstrated that the addition of a disinfecting cap to existing standard central line care bundles resulted in a 40% decrease in CRBSI.(34) Another study with a disinfecting cap was performed on adult patients with peripherally inserted central venous catheters (PICC) Compared to the baseline practice of catheter hub scrubbing alone, the use of a disinfecting cap reduced CRBSI.(35)

Peripherally inserted central venous catheters can cause vein damage, access site tissue inflammation and CRBSI if the PICC is not secured properly. A poorly secured PICC can “piston” in and out of a vascular access site, resulting in the delivery of skin-based microorganisms into the vein. StatLock® (BARD Medical, Covington, GA) and 3M® PICC Stabilization Device (3M® – Maplewood, MN) are vascular access stabilization devices. They have been shown to be an effective alternative to standard catheter fixation practices and avoids the use of sutures. Vascular access stabilization devices have been shown to reduce complications compared to unsecured CVCs, including CRBSI.(36)

Patient education is an important component of the care and management of CVC to prevent complications. The European Society of Parenteral and Enteral Nutrition Guidelines state that education should be provided to HPN patients. The teaching program should include catheter care, pump use, and preventing, recognizing and managing complications. Experienced nurses are usually best suited to take responsibility for the teaching program.(37) No time limits for training should be set; patients should be allowed to make progress at their individual pace.(38) It has been reported that patients who receive more detailed written and oral information on the aseptic management of catheters have a lower incidence of catheter sepsis.(39) It has also been reported in pediatric HPN patients that one of the factors improving the longevity of a CVC, including a reduction in associated infectious complications, was improved teaching of patients.(4) All of the patients in the study, irrespective of who was providing the nursing care, received the same education materials.

Central non-tunneled catheters had the lowest CRBSI rate; however, these catheters only represented 3% of the overall central venous catheters in the database. The highest level of reported CRBSI was with PICCs. PORTs had a significantly reduced CRBSI rate as compared to PICCs in 3 of the reported years. This finding was in contrast to previous published reports. A study in Japan in 68 HPN patients noted a CRBSI rate of 1.80/1000 catheter days with the use of a Port for HPN infusion as compared to .79/1000 catheter days for tunneled CVC. (40) Non-tunneled CVC and PICC were not used in this HPN population. Another report from Italy of 221 patients noted that the CRBSI rate was higher in patients with Port as opposed to patients with tunneled CVC. (23) They did not report out on non-tunneled CVC nor PICC. A Canadian report on HPN also noted that Port had an increased CRBSI rate as compared to PICC (2.4 vs 2.0/1000 catheter days respectively). (20) The difference in the results between previous publications and our current report may have been as a result of the number of patients reported on in our study which would have corrected for statistical errors that could be seen in smaller observational studies.

The type of nursing providing the CVC care and maintenance at home also impacted catheter outcome. The lowest CRBSI was noted with nursing employed or contracted by the specialty pharmacy home infusion provider or in patients who were “independent” and required no regular nursing visits (providing their own CVC maintenance and care). The highest CRBSI rate occurred in situations where the home infusion provider had no
role in contracting with the assigned nursing agency, but rather that agency was assigned to the patient by the referral source or payer.

This study has its limitations. It is a retrospective, observational study. No attempt was made to equalize patient groups with regards to demographics or disease co-morbidities. No attempt was made to standardize the catheter care management interventions prior to the current CCB intervention bundle. Patient compliance with the CCB was not tracked. We did not collect data on a patient’s gastrointestinal anatomy, socioeconomic status, level of education or degree of family support. However, the number of patients reported in this study is the largest report of any HPN database; these large patient numbers can often mitigate result errors noted in retrospective clinical study designs.

**Conclusion**

Home parenteral nutrition is a lifesaving therapy. Catheter–related bloodstream infection remains a common complication of the HPN population. In this study, we successfully achieved a reduction in CRBSI with the use of a bundled CVC care pathway designed to standardize safe maintenance practice after CVC insertion. To date, the current study is the largest patient number report of CRBSI occurrence in HPN patients.

**Abbreviations**

CCB – cather care bundle

CCT – central catheter tunneled

CCNT – central catheter non-tunneled

CRBSI - cather-related blood stream infections

CVC – central venous catheter

DLC – double-lumen catheter

HPN – home parenteral nutrition

PICC – peripherally inserted central venous catheter

PHMB – polyhexamethylene biguanide

PN – parenteral nutrition

SLC – single lumen catheter

TLC – triple lumen catheter

**Declarations**
**Ethics:** This was a retrospective analysis of data in humans. All patient data was deidentified. CORAM/CVS internal clinical/ethics research committee reviewed the study (the Clinical Program Review Committee), and determined that it meets the criteria of 45 CFR 46101(b). Our research involved the “collection of existing data, documents, records” and “information is recorded by the investigator in such a manner that the subjects cannot be identified directly or through identifiers linked to the subjects”.

**Consent:** No consent was required for this study

**Availability of Data and Materials:** Available from KH upon reasonable request

**Competing Interests:** KH, ML, AC are employees of Coram/CVS. MD is a consultant for Coram/CVS

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**Author’s Contribution:** KH and MD designed and contributed to the writing of the manuscript. ML and KH analyzed the data and contributed to the writing of the manuscript. AC and MD edited numerous versions of the manuscript and contributed to the writing of the manuscript. All authors read and approved the final manuscript

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Figure 1

Catheter Related Bloodstream Infection Organism Site of Origin