Antidiabetic activity of Ayakaandha abraga chendhuram on streptozotocin induced diabetes in rats

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Abstract
Siddha herbo mineral formulation Ayakaandha Abraga Chendhuram indicated as a best choice of drug to treat diabetes. AAC was evaluated for its antidiabetic activity on streptozotocin induced diabetes in rats. At the end of the results, can found that these drug AAC has hypoglycaemic effect. Oral administration of AAC (25mg/kg), significantly reduced the elevated blood glucose levels as the duration of drug administration increases. Further clinical study will be carried out for the benefit of diabetes patients.

Keywords: Ayakaandha abraga chendhuram, Madhumegam, chendhuram, AAC, Anti diabetic activity

Introduction
Siddha system is one of the oldest conventional medical system in the world. Siddha system not only helps to treat the human diseases and also helps to attain soul satisfaction. The usage of heavy metals in siddha system of medicine having some queries regarding the threatening effects of those metals which in use though metallic siddha medicinal formulations. Because herbo metallic preparations like chendhuram type of medicines having some advantages like include better stability, lower dosage, ease of storability and sustained availability.
Materials and Methods

Animals

Male Wistar albino rats weighing 180 – 200 gms were used for the study. The animals were obtained from animal house, Nandha College of Pharmacy, Erode. The animals were placed at random and allocated to treatment groups in polypropylene cages with paddy husk as bedding. Animals were housed at a standard environmental condition (Humidity of 30 – 70 % and 12:12 light: dark cycle at 24±2°C). All animals were allowed to free access to water and fed with standard commercial pelleted rat chaw (M/s. Hindustan Lever Ltd, Mumbai). All the experimental procedures and protocols used in this study were reviewed by the Institutional Animal Ethics Committee (688/PO/Re/S/02/CPCSEA) and were in accordance with the Institutional ethical guidelines.

Experimental induction of diabetes

After overnight fasting, diabetes was induced by intra peritoneal injection of streptozotocin (STZ) dissolved in 0.1 M cold sodium citrate buffer, pH 4.5, at a dose of 55 mg/kg (Aslam et al., 2007). The control rats received the vehicle alone. The animals were allowed to drink 5% glucose solution overnight to overcome the drug-induced hypoglycemia. After 1 week time for the development of diabetes, the rats with moderate diabetes having hyperglycemia (blood glucose range of above 200 mg/dl) were considered as diabetic rats and used for the experiment.

Experimental protocol

Rats were divided in to 4 groups of 6 animals each. Group I – Normal control (Non – diabetic) received distilled water 1ml/kg PO for 14 days. Group II– diabetic rats received distilled water 1ml/kg PO for 14 days. Group III – diabetic rats received Standard drug Glibenclamide 5mg/kg PO for 14 days. Group IV - diabetic rats received 25mg/kg of Ayakaandha Abraga Chenduram for 14 days. Blood was withdrawn from tail vein on 0, 4th, 7th and 14th day of drug administration and glucose levels were measured using glucometer (Accu Check Active).

Statistical analysis

The values were expressed as mean ± SEM. The statistical analysis was carried out by one way analysis of variance (ANOVA) followed by Dunnet’s ‘t’ - test. P values <0.05 were considered significant.

Results

Table: 1. The table shows the antidiabetic activity of Ayakaandha Abraga Chendhuram on Streptozotocin Induced Diabetes in Rats.

| Drug Treatment | Blood Sugar Level (mg/dl) |
|---------------|--------------------------|
|               | Initial | After STZ | 0 day    | 4th day  | 7th day  | 14th day |
| Normal control Distilled Water (1ml/kg) | 96.35±5.77 | 99.55±3.12 | 92.70±5.55 | 105.78±6.90 | 94.58±7.35 | 103.22±6.75 |
| Diabetic Control STZ (55mg/kg) | 101.57±6.93 | 224.60±8.32 | 220.87±8.49 | 226.54±6.05 | 225.88±8.95 | 225.40± |
| Standard Glibenclamide (5mg/kg) | 91.08±4.30 | 219.85±7.64 | 216.53±7.75 | 164.52±8.94* | 119.45±5.90*** | 113.00±5.70*** |
| AAC (25mg/kg) | 90.40±6.33 | 220.47±6.90 | 219.55±6.62 | 171.97±6.66* | 133.58±7.02** | 109.66±6.20*** |

Values are in mean ± SEM (n=6), *P<0.05 , **P<0.01, ***P<0.001 Vs Diabetic Control
The results of antidiabetic activity of Ayakaandha Abraga Chendhuram on Streptozotocin induced diabetic in rat was shown on table 1. Administration of STZ, to rats elevated the mean blood glucose levels in rats. Oral administration of AAC (25mg/kg), significantly reduced the elevated blood glucose levels as the duration of drug administration increases. On 4th day, AAC significantly (P<0.05) reduced the blood glucose level as compared to control. On 7th and 14th day of treatment, AAC significantly (P<0.01 and P<0.001, respectively) decreased the blood sugar levels compared to diabetic control. The reference control, glibenclamide showed significant (P<0.001) reduction in blood glucose from 4th day on wards. On 14th day both AAC and glibenclamide showed similar antidiabetic effect against STZ induced hyperglycaemic effect.

**Discussion**

Diabetes is a chronic disease that occurs when the body cannot produce enough insulin or cannot use insulin effectively. Glibenclamide is a commonly used sulfonyleurea. Glibenclamide produce Hypoglycaemia, nausea, vomiting, cholestatic jaundice and allergic reactions. Sulfonyleureas can precipitate a disulfiram like reaction on consumption of alcohol.

**Conclusion**

Ayakaandha abraga chendhuram and glibenclamide showed similar antidiabetic effect against STZ induced hyperglycaemic effect. Patients on sulfonyleureas may have an increase in the rate of cardiovascular death. But Ayakaandha abraga chendhuram will never cause any adverse effects and also protect the heart because in presence of iron and magnetic oxide of iron. The heavy metals were present in AAC within permissible limits as per norms of World health organization. Oral administration of AAC (25mg/kg), significantly reduced the elevated blood glucose levels.

**Acknowledgements**

The Authors wish to thank the Vice Chancellor, The Tamilnadu Dr.MGR Medical University Guindy Chennai and Specially Thank To The Principal, Govt Siddha Medical College Palayamkottai and to Mr.S.Krishnasamy Mrs.K Revathi for their support to complete this study. My sincere thanks to Prof.Dr.S.Sengottuvelu PhD Department of Pharmacology Nandha Pharmacy College Erode, Tamilnadu, India.

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How to cite this article:
Arunachalam K, Thiruthani M, Abdul Kader Jeylani M.P, Rajarajeshwari A, Chenthamarai selvi G, Rajamaheswari K, Venkateswaran K. (2017). Antidiabetic activity of Ayakaandha abraga chendhuram on streptozotocin induced diabetes in rats. Int. J. Curr. Res. Med. Sci. 3(11): 1-4. DOI: http://dx.doi.org/10.22192/iocrms.2017.03.11.001