A Reliable Regeneration Method in Genome-Editable Bell Pepper ‘Dempsey’

Kang-Hee Won 1,†, Sung-il Park 2,†, Jisun Choi 1, Hyun Hee Kim 3, Byoung-Cheorl Kang 4 and Hyeran Kim 1,2,*

1 Department of Biological Sciences, Kangwon National University, Chuncheon 24341, Korea; wkh837265@kangwon.ac.kr (K.-H.W.); mujuk34@kangwon.ac.kr (J.C.)
2 Department of BFT Medical Convergence, Kangwon National University, Chuncheon 24341, Korea; stonebridge0@kangwon.ac.kr
3 Department of Chemistry & Life Science, BioScience Research Institute, Sahmyook University, Seoul 01795, Korea; kimhh@syu.ac.kr
4 Department of Horticulture, Seoul National University, Seoul 08826, Korea; bk54@snu.ac.kr
* Correspondence: ranny@kangwon.ac.kr
† These authors contributed equally.

Abstract: A reliable regeneration technique is critical for the improvement of pepper traits in the genome editing era. Recently, we reported that peppers were successfully and specifically edited using CRISPR tools, CRISPR/Cas9 and CRISPR/Cas12a (LbCpf1). Although genome-editing tools can be applied to modify peppers at the cellular level, feasible pepper regeneration techniques have not been developed. Therefore, we studied a pepper regeneration protocol for Capsicum annuum L. ‘Dempsey’, a bell pepper species that has been proven to be genome-editable. Three explant types were used in this study, including the first leaves, cotyledons and hypocotyls of pepper seedlings. The shoot buds of the tested explants were produced using 8 mg/L 6-benzylaminopurine (BAP)- and 6 mg/L indole-3-acetic acid (IAA)-containing shoot induction medium (SIM). The first leaves of the ‘Dempsey’ seedlings showed an average shooting rate of 69.8%, whereas the hypocotyls and cotyledons had approximately 25.5% and 19.5% shooting rates, respectively. The regenerated ‘Dempsey’ plants exhibited no alterations in fruit and fertile seed phenotypes. Furthermore, the parent ‘Dempsey’ and progenies of the regenerants were cytogenetically stable with the same chromosome numbers (2n = 24). Therefore, this regeneration protocol enables the precise molecular breeding of ‘Dempsey’ peppers when coupled with CRISPR tools.

Keywords: bell pepper regeneration; Capsicum annuum ‘Dempsey’; explant types; organogenesis; cytogenetic analysis; pepper breeding

1. Introduction

Capsicum is a significant genus of vegetables that provides a good source of antioxidants, vitamin C and pungency. Today, there are five domesticated Capsicum species, Capsicum annuum, C. baccatum, C. chinense, C. frutescens and C. pubescens [1]. Traditional breeding programs have focused on the C. annuum to select suitable varieties with good taste and nutrition, better yield and disease resistance [1]. In 2014, pepper genomes were sequenced and standardised as the reference genome to improve agronomic traits in pepper breeding [2,3]. Genome-to-Phenome-based studies and marker-assisted selection have helped define the loci of agronomical characteristics and have become a popular platform for current molecular breeding [4].

Peppers are classified as hot peppers and bell peppers based on the pungency and fruit shape. Bell peppers are bell-shaped and have relatively low spiciness because of the deficiency of capsaicinoids [5]. ‘Dempsey’ is a sweet pepper that originates from a three-way cross between the ‘PI163192’, ‘PI264281’ and ‘Jupiter’ cultivars to employ virus- and bacterial spot-resistant traits and is classified closely with ‘Jupiter’ based on single
position polymorphism (SPP) markers \[6,7\]. Therefore, ‘Dempsey’ is an excellent genetic resource with multiple disease resistance, a non-functional \textit{pun1} allele as a standard of non-pungency, and whole genomic information \[8,9\].

In the post-genomic era, several plant scientists including our group have effectively implemented clustered regularly interspaced short palindromic repeats (CRISPR)-CRISPR-associated protein (Cas) (i.e., CRISPR/Cas) technology to engineer genetic resources for crop improvement \[10–12\]. In fact, several crops including vegetables and fruits have been enhanced using CRISPR tools \[13,14\]. To produce the desired cultivars, we require a competent regeneration protocol for the target crop in addition to the available gene-editing tools. Among the Solanaceae family, tobacco and tomato were first genetically engineered by T-DNA-harbouring \textit{Agrobacterium}-mediated transformation, and readily applied with regeneration protocols \[15,16\]. Potatoes and eggplants were subsequently engineered by \textit{Agrobacterium}-mediated transformation coupled with tissue culture \[17,18\].

However, few successful genetic transformations and regeneration methods have been reported in pepper cultivars over the last two decades \[19–23\]. ‘Pusa jwala’, an Indian hot pepper, has been characterised as an optimal cultivar for genetic engineering \[22,24–26\]. ‘California Wonder’, a bell pepper, was successfully regenerated from protoplasts in 1997 \[27\]. Although bell pepper is a well-known recalcitrant species in \textit{Agrobacterium}-mediated genetic engineering, several bell pepper studies have been performed to enhance organogenesis with distinct hormonal compositions in various cultivars \[28–30\]. Recently, we reported that peppers, including ‘Dempsey’, are successfully and specifically edited using CRISPR tools, CRISPR/Cas9 and CRISPR/Cas12a (\textit{LbCpf1}) \[31\]. Although genome-editing tools can be applied to the recalcitrant peppers at the cellular level \[31,32\], feasible pepper regeneration has not been achieved yet. Here, we studied tissue culture techniques for \textit{Capsicum annuum} L. ‘Dempsey’, a genome-editable bell pepper.

2. Materials and Methods

2.1. Plant Material and Pepper Sowing

The Vegetable Breeding Research Center (VBRC) in the Republic of Korea provided \textit{C. annuum} L. ‘Dempsey’. Pepper seeds were thoroughly sterilised with 2\% commercial bleach and 0.1\% Tween-20 for 20 min and washed three times with distilled water for 10 min each time. The surface-sterilised seeds were germinated on a medium composed of Murashige & Skoog (MS) medium including vitamins (M0222, Duchefa Biochemie, Haarlem, The Netherlands), MES monohydrate (M1053, Duchefa Biochemie, Haarlem, The Netherlands), 2\% sucrose and 0.8\% phytoagar (P1003, Duchefa Biochemie, Haarlem, The Netherlands), adjusted to pH 5.8. The sowed plates were incubated at 25°C in the dark for a week. The germinated pepper seedlings were grown at 25 ± 2°C, a photosynthetic photon flux (PPF) of 135 μmol·m⁻²·s⁻¹ with a 16/8 h light photoperiod and 60\% relative humidity in a growth chamber for 2–3 weeks.

2.2. Shooting and Shoot Elongation

For explant preparation, first leaves, cotyledons and hypocotyls from 3–4-week-old seedlings were excised into 1-cm-long pieces. The diced 8-16 explants were placed with the adaxial surface upward on a shoot induction medium (SIM), composed of MS salts with MES buffer, Gamborg B5 vitamin mixture (G0415, Duchefa Biochemie, Haarlem, The Netherlands), 2\% sucrose and 0.8\% phytoagar (P1003, Duchefa Biochemie, Haarlem, The Netherlands), adjusted to pH 5.8. The sowed plates were incubated at 25°C in the dark for a week. The germinated pepper seedlings were grown at 25 ± 2°C, a photosynthetic photon flux (PPF) of 135 μmol·m⁻²·s⁻¹ with a 16/8 h light photoperiod and 60\% relative humidity in a growth chamber for 2–3 weeks.

For explant preparation, first leaves, cotyledons and hypocotyls from 3–4-week-old seedlings were excised into 1-cm-long pieces. The diced 8-16 explants were placed with the adaxial surface upward on a shoot induction medium (SIM), composed of MS salts with MES buffer, Gamborg B5 vitamin mixture, 2\% sucrose, 8 mg/L 6-Benzylaminopurine, BAP (B0904, Duchefa Biochemie, Haarlem, The Netherlands), 6 mg/L Indole-3-acetic acid, IAA (I5148, Sigma-Aldrich, St. Louis, MI, USA), adjusted to pH of 5.8 and solidified with 0.8\% agar A (AR3002, Biosesang, Seongnam, Korea). The SIM cultures were maintained at 25 ± 2°C and 60\% relative humidity under a 16/8 h light photoperiod in a growth chamber for 3–4 weeks. Emerged shoot buds from explants were cut and placed on an elongation medium (SEM), composed of MS salts with MES buffer, Gamborg B5 vitamin mixture, 2\% sucrose, 2 mg/L Zeatin riboside (MB-Z5911, MB cell, Seoul, Korea), 2 mg/L gibberellic acid, GA3 (G7645, Sigma-Aldrich, St. Louis, USA), adjusted to pH 5.8.
and solidified alternatively with either 0.4% gelrite (G1101, Duchefa Biochemie, Haarlem, The Netherlands) or 0.8% agar A in a plant culture dish (10 cm diameter, 4 cm height). Shoot elongation was maintained in SEM solidified with gelrite for five days and subsequently in agar A for nine days as a subculture. The oxidised brown leaves and callus were repeatedly removed, and multiple shoots were separated from the three subcultures. Shooting rate (%) = numbers of explant exhibiting shoot buds/total number of the indicated explant × 100.

2.3. Rooting and Acclimation

Shoots (>1.5 cm) were transferred to a culture bottle containing a rooting medium (RIM), composed of MS salts including MES, Gamborg B5 vitamin mixture, 0.1 mg/L α-Naphthalene acetic acid, NAA (N0903, Duchefa Biochemie, Haarlem, The Netherlands), adjusted to pH 5.8 and solidified with agar A. The transferred shoots were sub-cultured every two weeks until they showed a primary root. An emerging root was observed after approximately three to four weeks. Regenerated peppers (R0) with a >3 cm root length were transplanted into a soil pot (9 cm diameter, 9 cm height) and kept in full moisture with a transparent plastic lid for two weeks. Successfully acclimated plants were transferred to larger pots (15 cm diameter, 13 cm height). The ‘Dempsey’ regenerants R0 were grown at 25 ± 2 °C and 60% relative humidity under a 16/8 h light photoperiod in a growth chamber, and eventually mature, red fruit were harvested. Rooting rate (%) = number of explants with roots/total number of explants × 100. Seven R0 regenerants and their ten mature peppers and 159 seeds were collected. The eleven progenies from R0 line #4 were used for R1 phenotype analyses.

2.4. Cytogenetic Analysis

For chromosome preparation from the ‘Dempsey’ cultivar (Capsicum annuum L.; 2n = 24) [33], we used fresh root tips of 5-week-old plants from twelve ‘Dempsey’ controls and eleven R1 regenerants. The excised healthy root tips were pretreated with 2 mM 8-hydroxyquinoline for 5 h at 18 °C, washed three times and fixed with freshly prepared 3:1 fixing solution, 3:1 (volume) ethanol: acetic acid for 16 h. The fixed root tips were washed three times with 70% ethanol. Six to seven root tips were digested in 50 µL of enzyme solution comprising 2% cellulose, 1% pectolyase and 10 mM citric acid/sodium citrate for 90 min at 37 °C. The digested root tips were washed with a 3:1 fixing solution and rinsed with 9:1 (v/v) acetic acid: ethanol. The roots were mounted in 40 µL of the 9:1 acetic acid: ethanol solution onto pre-cleaned slides, and placed in a pre-warmed humid chamber, and then dried at 37 °C. The prepared root slides were treated with 2% formaldehyde, and washed with absolute ethanol, and dried at 37 °C. The prepared ‘Dempsey’ roots were stained with 1% 4′,6-diamidino-2-phenylindole dihydrochloride (DAPI) to observe the number of chromosomes using a confocal microscope (Nikon, Tokyo, Japan) from National Research Facilities & Equipment Center.

For fluorescence in situ hybridisation (FISH), we used slides in which chromosomes were confirmed through DAPI staining. Briefly, the hybridisation mixture contained 50% formamide, 10% dextran sulphate, 2 × saline-sodium citrate buffer (SSC), 50 ng/µL per DNA probe and nuclease-free water [34–36]. The 40 µL hybridisation mixture was pipetted onto each slide. The chromosomes were denatured at 80 °C for 5 min and incubated overnight in a humidity chamber at 37 °C. The following washing steps were performed: 2 × SSC at RT for 10 min, 0.1 × SSC at 42 °C for 25 min and 2 × SSC at RT for 5 min on shaker; this was followed by dehydration using a graded series of ethanol solutions: 70%, 90% and 100%, at RT for 3 min on shaker. The slides were dried and counterstained with 1 µg/mL DAPI in Vectashield (H-1200, Vector Laboratories, Burlingame, CA, USA) and observed under an Olympus BX53 fluorescence microscope (Olympus Corporation, Tokyo, Japan). The captured images were processed using Cytovision ver. 7.2 (Leica Microsystems, Wetzlar, Germany).
2.5. Statistical Analysis

Scatter plots showing the mean and standard deviation were generated using the GraphPad Prism software (GraphPad Prism 8.0, GraphPad Inc., San Diego, CA, USA). The experimental data were statistically analysed using one-way ANOVA coupled with Tukey’s HSD test. \( p \) values of <0.05 (*) and <0.01 (**) were considered statistically significant, and non-significant differences were labelled “ns”.

3. Results

3.1. Regeneration Procedures of Bell Pepper ‘Dempsey’

Based on the previous reports of various pepper genotypes [28,37–39], we successfully obtained regenerants using conditions of shooting, rooting and regeneration procedures summarised in Table 1. The entire regeneration procedure and images are shown in Figure 1.

Table 1. Summary of media composition and duration of regeneration procedures in *Capsicum annuum* L. ‘Dempsey’.

| Media Name                  | Phytohormone          | Solidifying Agent | Duration |
|----------------------------|-----------------------|-------------------|----------|
| Shoot Induction Medium (SIM)| 8 mg/L BAP, 6 mg/L IAA| 0.8% agar A       | 4 weeks  |
| Shoot Elongation Medium (SEM), 3 times subcultures | 2 mg/L Zeatin, 2 mg/L GAs | 0.4% gelrite | 5 days 6 weeks |
| Root Inducing Medium (RIM) | 0.1 mg/L NAA          | 0.8% agar A       | 3–4 weeks |

Figure 1. Whole plant regeneration procedure of bell pepper, ‘Dempsey’. (A) 3–4-week-old ‘Dempsey’ bell peppers were used for regeneration. (B) Three types of explants incubated on shoot induction medium (SIM). (C) Magnified image of shoot buds fully grown on SIM for 1 month, scale bar = 1 mm. (D) Elongated shoot buds on shoot elongation medium for 6 weeks. (E) A grown shoot on root induction medium (RIM). (F) Regenerated ‘Dempsey’ with protruded roots before soil-transplanting, scale bars (A–E, except C) = 1 cm. (G) Acclimation of peppers with a transparent plastic lid for two weeks after soil-transplanting, 9 cm diameter of pot. (H) Fully-grown ‘Dempsey’ regenerant, 15 cm diameter of pot.
Three types of explants were used in this study, including the first leaves, cotyledons and hypocotyls of 3–4-week-old ‘Dempsey’ seedlings (Figure 1A). The 1 cm excised explants were placed with the adaxial surface upward on shoot induction media (SIM) to obtain emerging shoot buds (Figure 1B and Table 1). Shoot buds were observed at both sides of a petiole and a diced leaf blade of the first leaves, cotyledons and hypocotyls. In a previous study, we reported that proliferative calluses of ‘Dempsey’ were induced from diced leaf blades at 2 mg/L of BAP [37]. Bell pepper cultivars in Bangladesh showed the highest shooting rate in 6 to 8 mg/L BAP [38,39]. Considering previous studies, 8 mg/L of BAP and 6 mg/L of IAA were incorporated into the growth media for shoot induction. The properly grown shoot buds were observed within 4 weeks on SIM (Figure 1C and Table 1). The successfully regenerated shoots were transferred and grown on shoot elongation medium (SEM) for 6 weeks with a biweekly subculture (Figure 1D and Table 1). Both 2 mg/L Zeatin and 2 mg/L GA3 were required for the shoot elongation step. We used two types of solidifying agents, gelrite and agar A, to accelerate shoot growth and avoid vitrification in the SEM. Differentiated multi-shoots were often obtained during shoot elongation. Therefore, we separated the multi-shoots during a biweekly subculture and maintained independent shoots on the SEM. After 6 weeks of SEM, the fully grown shoots with expended leaves were transferred to root induction medium (RIM) including 0.1 mg/L NAA promoting root formation (Figure 1E and Table 1). When the protruding primary root of the transferred shoots successfully appeared on RIM after 3–4 weeks, it was ready for transplanting to soil pot (Figure 1F). When the regenerated ‘Dempsey’ was acclimated in a soil pot (9 cm diameter), the critical issue was maintaining the humidity with a transparent plastic lid and avoiding fungal contaminations (Figure 1G). The successfully acclimated regenerants were further grown in a bigger soil pot (15 cm diameter) to produce pepper fruits (Figure 1H). Therefore, ‘Dempsey’ organogenesis took approximately 4 months to have a shoot-root tissue as a regenerant (R0), and further 5 to 6 months to harvest mature pepper fruits from the regenerant (R0). These results suggested that the established conditions were suitable for ‘Dempsey’ regeneration.

3.2. Comparison of Organogenesis Efficiencies among the Three Explant Types

Previously, pepper hypocotyls and cotyledons were the explant types mainly used for tissue culture [40]. Pepper true leaves are sometimes used for transient expression assays [23]. To examine the optimal explant type, we evaluated three tissues: first leaves, cotyledons and hypocotyls of 3–4-week-old ‘Dempsey’ seedlings (Table S1). We performed shoot induction experiments on three tissues in SIM and analysed their shooting rates. Unexpectedly, the first leaves showed various shooting rates ranging from 14.6% to 100% and the highest shooting rate of 69.8% was a mean from eight biological replicates in three tissues; hypocotyls ranged from 0% to 60% with a mean of 25.5% from four biological replicates; cotyledons ranged from 0% to 50% with a mean of 19.5% from eight biological replicates in the SIM (Figure 2A and Table S1). All emerging shoot buds from the three explant types were observed at the edge of the excised tissues in the SIM (Figure 2A). We compared the rooting rates of the three explant types (Figure 2C and Table S1). The first leaves showed various rooting rates ranging from 7.1% to 25% and the highest rooting rate was a mean of 13.4% from seven biological replicates among three tissues. Hypocotyls ranged from 0% to 10%, with a mean of 3.3% from three biological replicates. Cotyledons ranged from 0% to 5%, at a mean of 1.6% from seven biological replicates in the RIM (Figure 2C and Table S1). The protruding roots were observed as several primary roots during the RIM cultivation (Figure 2D). Therefore, the comparative data suggest that the first leaves are the most optimal explant type for ‘Dempsey’ regeneration.
Figure 2. Comparison of organogenesis efficiencies among three explant types in *Capsicum annuum* L. ‘Dempsey’. (A) The graph of shooting rates of three explant types; first leaves, cotyledons and hypocotyls. (B) The images of shoot buds from the first leaf, a cotyledon and a hypocotyl. scale bars = 1 mm. (C) The graph of rooting rates of shoots obtained from three explant types; first leaves, cotyledons and hypocotyls. (D) The images of shoots with protruded roots from three explant types. scale bars = 1 cm, the dots in the graphs indicate the number of biological replicates. This study used a total of 234 first leaves, 285 cotyledons and 67 hypocotyls from 69 Dempsey plants. ns, non-significant difference; *, *p* < 0.05; **, *p* < 0.01 based on analysis of variance (ANOVA).

3.3. Phenotypic and Cytogenetic Analysis of ‘Dempsey’ Regenerants and Their Progenies

The successfully acclimated seven ‘Dempsey’ regenerants (R0) naturally generated mature fruits (Figure 3A and Table 2). Seed yield and fertility are crucial indicators of agronomic and reproductive performance. To investigate the fertility of ‘Dempsey’ regenerants, we harvested all ten mature ‘Dempsey’ fruit from all seven regenerants (R0) and observed the fruit size (with a typical length of 6.5 cm), and their seeds (Figure 3B,C and Table 2). Mature fruit of the regenerants had no phenotypic defects and an average number of seeds, compared to the ‘Dempsey’ control (Figure 3D and Table 2). To further investigate the viability of offspring of R0, we compared phenotypes and cytogenetic features with chromosomal numbers between the ‘Dempsey’ control plants and eleven progenies of regenerants (R1). The R1 plants were grown without any obstacles and showed normal phenotype similar to that of the ‘Dempsey’ control plants under the same growth conditions (Figure 3E,G and Table 2). We also verified the chromosome numbers of the root tips from the soil-grown eleven R1 plants and twelve ‘Dempsey’ controls, using DAPI staining to analyse the cytogenetic features. The 24 DAPI-stained chromosomes of R1 plants were clearly observed, similar to the ‘Dempsey’ control plants (2n = 24) (Figures 3E,H and S1). Moreover, we performed fluorescence in situ hybridisation (FISH) using three molecular cytogenetic markers, 5S rDNA, 45S rDNA and telomeric repeats,
to perform the inter- or intrachromosomal comparison. The FISH analyses exhibited consistent cytogenetic positions at the chromosomes of both wild type Dempsey specimens and their regenerants (Figure S1). We further observed that ‘Dempsey’ R2 progenies were properly germinated in a wet filter and showed normal nine-day-old seedlings (Figure S2). Phenotypic and cytogenetic analyses of the regenerants and their progenies confirmed that the ‘Dempsey’ regeneration method had no adverse effect on pepper growth, development and chromosomal number, thus highlighting the value of the proposed method for bell pepper improvement.

Figure 3. Phenotypic and cytogenetic analyses of ‘Dempsey’ regenerants (R0) and their progenies (R1). (A) Representative image of ‘Dempsey’ regenerant (R0) with two mature fruit in 15 cm diameter of pot. (B) Harvested fruit of the regenerant, scale bar = 1 cm. (C) Harvested seeds from the fruit, scale bar = 1 mm. (D) Harvested seeds from five ‘Dempsey’ plants, seven Regenerants (R0), and eleven Regenerants (R1); all plants produced comparable seed numbers, ns: non-significant difference. (E,G) 8-week-old, soil-grown ‘Dempsey’ plants (E) or Regenerant (R1) plants (G) in 15 cm diameter of pot. (F,H) Representative images of cytogenetic analysis of ‘Dempsey’ (F) or Regenerants (R1) (H). Both DAPI-stained images showed unaltered chromosome numbers (2n = 24), scale bar = 10 µm.
Table 2. Summary of ‘Dempsey’ pepper fruit and seed numbers, including those of its regenerants and their progenies.

| 'Dempsey' (WT) | Number of Fruit | Number of Seed | Total Seeds | Regenerant (R0) | Number of Fruit | Number of Seed | Total Seeds | Regenerant (R1) | Number of Fruit | Number of Seed | Total Seeds |
|---------------|----------------|---------------|-------------|----------------|----------------|---------------|-------------|----------------|----------------|---------------|-------------|
| #1            | 1              | 50            | 50          | #1            | 1              | 23            | 44          | #1            | 1              | 123          | 123         |
| #2            | 1              | 40            | 40          | #2            | 2              | 25            | 52          | #2            | 1              | 85           | 85          |
| #3            | 1              | 38            | 38          | #3            | 1              | 25            | 25          |               |                | 2            | 2           |
| #4            | 1              | 23            | 23          | #4            | 1              | 23            | 31          |               |                | 2            | 10          |
| #5            | 1              | 17            | 17          | #5            | 1              | 22            | 40          |               |                | 3            | 29          |
| #6            | 1              | 10            | 10          | #6            | 1              | 10            | 38          |               |                | 3            | 33          |
| #7            | 1              | 5             | 5           | #7            | 1              | 5             | 33          |               |                | 1            | 30          |
| #8            | 1              | 1             | 1           | #8            | 1              | 1             | 1           |               |                | 1            | 14          |
| #9            | 1              | 9             | 9           | #9            | 1              | 9             | 9           |               |                | 1            | 8           |

4. Discussion

Here, we report that the first leaves are the most appropriate explant type for the regeneration of ‘Dempsey’. The shooting rate of the first leaves, average 69.8% exceeded that of hypocotyls and cotyledons, and even reached 100%. The first leaves exhibited 2.7 or 3.5 times higher shooting rate than cotyledons or hypocotyls, respectively. In seven of eight experiments, the first leaves showed higher shooting and rooting efficiency than other explants. It is a novel feature of ‘Dempsey’ regeneration compared to ‘Jupiter’, one of breeding parents of ‘Dempsey’, which was regenerated by cotyledonary explants [28].

Previous studies showed that pepper cultivars exhibited different regeneration efficiencies depending on their genotypes, tissues and conditions [29,30,38–42]. Bell pepper cultivars from South Tunisia and Valencia exhibited that hypocotyl explants had a better regeneration rate than cotyledonary explants [30]. True leaves were primarily used for transient assays with Agrobacterium-infiltration or protoplast-based transformation in many other crops [43–46]. However, there is no clear evidence of the first leaves as an explant type in bell pepper regeneration. Recently, we reported that true leaves of ‘Dempsey’ successfully produced sustainable callus line to provide continuous pepper protoplasts and efficiently edited by CRISPR tools [31,32]. It suggested that there are unique characteristics of the pepper explant types in the regeneration conditions.

Abnormal morphology of organogenesis including leaves and stems were reported the cause of obstacle in pepper regeneration [47,48]. It was reported that ‘Jupiter’ and ‘Pimiento Perfection’ required not Zeatin but 24 epi-brassinolide for normal shoot growth [28]. However, ‘Dempsey’ shoot buds were successfully elongated with Zeatin and GA3 contained SEM. Because the regenerated shoots had no defects in bud formation, shoot growth and leaf differentiation, the shoot induction and elongation conditions were already proficient in ‘Dempsey’ (Table 1).

Even though the highest shooting rate was reached 100%, the subsequent rooting rate was drastically decreased to 13.4%. The transition from shoot to root in our method is the next step in improving the regeneration efficiency. Several reports have suggested that activated charcoal in pinus or phloroglucinol in apples improved and strengthened the rooting steps of tissue culture [49,50]. These additional substances might be considered as root-promoting agents for ‘Dempsey’ regeneration.

As a proven genome-editable bell pepper, Capsicum annuum L. ‘Dempsey’ is an excellent genetic resource for precise genome editing [31]. Based on the genetic background of breeding protocols and previous pepper tissue culture studies [28,37–40], we successfully established the ‘Dempsey’ regeneration method and obtained mature whole plants.
with healthy fruit and fertile seeds. Previous reports found that the seed yield of pepper regenerants showed genotype-dependent differences [41,51], and somaclonal variations of tissue-cultured plants caused phenotypic and cytogenetic problems in the regenerants and their offspring [52–54]. Therefore, chromosomal alteration is critical for plant biotechnology and crop molecular breeding. We confirmed that regenerants (R0) and their offspring (R1) plants had no altered phenotype or reproductivity without any chromosomal number change.

5. Conclusions

We established a reliable regeneration protocol for the precise molecular breeding of the ‘Dempsey’ bell pepper cultivar. Based on our results, the first leaves were the most suitable explant for bell pepper regeneration. The ‘Dempsey’ regenerants and their progeny produced healthy peppers and fertile seeds without phenotype alterations. Moreover, the offspring of the regenerants had the same chromosome numbers (2n = 24) and had no apparent chromosomal abnormalities. Therefore, our reliable regeneration method provides a means to improve ‘Dempsey’ bell peppers when coupled with genome editing tools such as CRISPR systems.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/horticulturae7090317/s1, Figure S1: Cytogenetic analysis and karyogram of chromosomes from the ‘Dempsey’ WT and regenerant (R1), Figure S2: Germination analysis of the ‘Dempsey’ regenerant (R2), Table S1: The summary of regeneration with three types of ‘Dempsey’ explants from eight biological replicates.

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