Revisiting the concept of activation in supercooled liquids

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Abstract In this work, we revisit the description of dynamics based on the concepts of metabasins and activation in mildly supercooled liquids via the analysis of the dynamics of a paradigmatic glass former between its onset temperature $T_o$ and mode-coupling temperature $T_c$. First, we provide measures that demonstrate that the onset of glassiness is indeed connected to the landscape, and that metabasin waiting time distributions are so broad that the system can remain stuck in a metabasin for times that exceed $\tau_o$ by orders of magnitude. We then reanalyze the transitions between metabasins, providing several indications that the standard picture of activated dynamics in terms of traps does not hold in this regime. Instead, we propose that here activation is principally driven by entropic instead of energetic barriers. In particular, we illustrate that activation is not controlled by the hopping of high energetic barriers and should more properly be interpreted as the entropic selection of nearly barrierless but rare pathways connecting metabasins on the landscape.

1 Introduction

The dynamics of supercooled liquids are slow, but not nearly as slow as the behavior described by mean field (MF) theory [1,2], which instead predicts the existence of extensive energy barriers between metastable states. The accepted reason for this difference is that processes not described by MF theory start dominating at low enough temperatures. The process generally implicated as most crucial is activated dynamics [3].

In the broadest and least informative sense, activated dynamics can be any type of rare dynamical process that takes place over exponentially long time scales. These processes usually involve overcoming barriers in the free-energy landscape, which is more rugged as the temperature is lowered. Given, however, the difficulty to access the free-energy landscape, it is commonly assumed that at low temperature one can neglect the contribution of the entropy to the free energy and focus on the potential energy [4]. This is supported by evidence that below the onset temperature the dynamics seems to be dominated by the potential energy [5,6]. Therefore, in the common view, activation is pictured to occur via the hopping of potential energy barriers. Namely, the system is stuck for long times in a potential energy well (a trap), where it is confined by energy barriers that can be overcome only by a rare thermal fluctuation [7]. The time $\tau$ spent in these traps grows exponentially with an energy barrier $\Delta E$ and the inverse temperature $\beta$, as described by the Arrhenius law, $\tau \sim \exp(\beta \Delta E)$ [8].

A simple toy model that has played an important role in the understanding of activated dynamics in a glassy energy landscape is the Trap Model (TM) [9,10]. In the TM, the phase space is a fully connected graph with each configuration assigned a random energy $E$. Transitions from one configuration to another follow an Arrhenius law with energy barrier $\Delta E = E_{th} - E$, and with $E_{th} = 0$. For the usual case of an exponential distribution of trap energies, this simple model exhibits weak ergodicity breaking, i.e., the phase space is not fractured but cannot be fully sampled in finite times. In addition, this model provides a series of non-trivial predictions regarding trapping times and autocorrelation functions which can be used to guide the interpretation of activated dynamics in models of glasses, both in MF and in low spatial dimensions [10–12].

In MF, it has been shown that the behavior of the TM is quantitatively recovered in the Random Energy Model (REM) [13,14] and similar models [15–17]. This does not appear to hold in the discrete $p$-spin model [18,19], despite the fact that the $p$-spin model has a well-defined threshold energy which can be made to coincide with the condition $E_{th} = 0$. In simulations of realistic 3D glass formers, there is a general consensus that activated processes are present, both below the dynamical transition temperature $T_c$ [6,20,21] and

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1 Throughout the paper, we set the Boltzmann constant to unity, $k_B = 1$, so the temperature has the dimensions of an energy.
above it \[12,22\]. However, in 3D some key ingredients of
the TM do not hold. For example, there does not seem
to be a fixed threshold energy \(E_{th}\) that must be reached
for a transition to occur \[23\]. Understanding the nature
of the activated processes taking place above the mode-
coupling temperature \(T_c\) and the degree to which other
aspects of the TM hold for realistic supercooled liquids
will be our focus in this work.

In order to define traps in liquid-state simulations, it
is advantageous to quench the system at every time step
and study the local minima on the energy landscape
(the inherent structures, ISs) along the trajectory \[5\].
It has been noticed that the ISs organize in superstructures,
commonly called metabasins (MBs), and it has been
argued that even above the mode-coupling temperature \(T_c\)
(but below the onset temperature \(T_o\) where supercooling starts) that barrier hopping between MBs
drives the glassy dynamics, both in numerical \[12,23–
25\] and experimental systems \[26\]. This is somewhat
surprising given that in the canonical Random First-
Order Theory (RFOT), \(T_o\) should mark the temperature
below which barrier activation becomes important
\[27\]. An interpretive reconciliation between the
observed MB dynamics and RFOT will be put forward
at the end of this paper.

Despite the fact that visual inspection of MB dynamics
seems to strongly suggest activated dynamics, some
puzzles remain. In fact, even through the lens of MBs,
dynamical interpretations in terms of the TM have
never been quantitatively satisfactory. This fact has led
both to the creation of more complicated trap models
which incorporate the concept of MB in their definition
\[28\], or to a rejection of a landscape-based description of
the dynamics via the invocation of kinetically
constrained models that involve no static energy land-
scape directly relates to the glassy dynamics, the com-
mon concept of traps needs to be revised. Most impor-
tantly, instead of the system being trapped between
high energy barriers, it is more accurate to regard
the system as dominated by basins of attraction of
the underlying landscape between which dynamics are
slowed by the search for increasingly rare directions in
phase space. Some of our discussion will be based on
new interpretations of old metrics, while some of our
conclusions are prompted by completely new analysis.

Our paper is organized as follows. In Sect. 2, we
briefly describe the model and the simulation proto-
cols. In Sect. 3, we treat the relationship between
the landscape and dynamics, and in Sect. 4 we show
evidence that strongly implicates effects as the driver
of activated dynamics. Finally, we discuss our results in
Sect. 5.

Fig. 1 \(F(k,t)\) for all simulated temperatures, averaged
over 10 different initial conditions. The dashed horizontal
line indicates the value \(1/e\). Inset: the autocorrelation time
\(\tau_\alpha(T)\)

2 Model and simulations

We simulate a Kob–Andersen mixture \[31\] of \(N = 65\)
particles \[32\] of density \(\rho = 1.2\), at temperatures \(T =
5.0, 2.0, 1.0, 0.8, 0.7, 0.6, 0.49, 0.46, 0.46\). The cutoff
radius is \(r_{cut} = L/2\), with \(L = 3.78364777565\), the linear size of
the box consistent with the system density and number
of particles, and the potential is shifted to be smooth
at \(r_{cut}\). Molecular dynamics simulations are run with a
Nosé–Hoover thermostat, using the hoomd-Blue GPU
package \[33,34\], with a time step \(dt = 0.0025\) \[35\].

To calculate the autocorrelation time \(\tau_\alpha\), we mea-
sure the self-intermediate scattering function,
\(F(k,t) = \frac{1}{N} \sum_{i=1}^{N} e^{ik \cdot r_i(t)} \cdot e^{ik \cdot r_i(0)}\), where \(r_i(t)\) is the position of
particle \(i\) at time \(t\), and \(|k| = \frac{2\pi}{L} \cdot |1, 3, 4| \approx 8.467\).
The time \(\tau_\alpha(T)\) is defined as the first time at which the
average \(F(k,t)\) crosses the value \(1/e\) (Fig. 1).

For each \(T\), we generate 10 independent initial con-
ditions, and for each we run 10–20 NVT trajectories
that are 2000 \(\tau_\alpha\) long. For each of these trajectories,
we also calculate the inherent trajectory, defined as the
succession of the ISs related to each configuration in
the trajectory (details on the inherent trajectories and
MBs are given in “Appendix A”).

\[2\] To ensure thermalization, we calculated the time scale \(\hat{\tau}\)
that it takes for the \(F(k,t)\) to decay to values close to zero
(this time scale is at least one order of magnitude larger
than the characteristic \(\alpha\)-relaxation time scale \(\tau_\alpha\)). We then
systematically simulated systems for 24\(r\) in an NVT ensem-
bles run with a Nosé–Hoover thermostat. Next we ran inde-
dependent trajectories of length \(3\tau\) which were used to calcu-
late the self-intermediate scattering function. Our thermal-
ization criterion is that average self-intermediate scattering
functions must be compatible within statistical fluctuations.
3 The influence of the landscape

3.1 Landscape signature of the onset of glassiness

One expects that the potential energy landscape plays a progressively more dominant role as $T$ is decreased. Thus, ISs can provide useful information on how the landscape drives the glassy behavior. To illustrate this, we define the overlap

$$q(t_0, t) = \frac{1}{N} \sum_{i=1}^{N} \Theta (|r_i(t_0) - r_i(t)| - a)$$

between times $t_0$ and $t$.\(^3\) We can see a clean signature of the onset of glassiness if we compare the evolution of the overlap between thermal configurations, $q(0, t)$, with those from the associated inherent trajectories, $q_{IS}(0, t)$ (Fig. 2). The approach taken here is inspired by, and very similar to, that presented in [6]. However, by focusing on the overlap and not the IS intermediate scattering function, one can cleanly estimate the location of the onset temperature $T_o$, as shown in Fig. 2. The interpretation of this behavior is discussed below.

At every temperature, the overlap $q(0, t)$ is equal to 1 at short times, since no particles have moved by more than $a$, and at later times exhibits a clear crossover toward lower values (with a plateau appearing at lower temperatures). When we look at the short-time dynamics of $q_{IS}(0, t)$, we need to distinguish between high and low temperatures. At high temperatures, $q_{IS}(0, t) < 1 \ \forall t$, whereas at low temperatures it remains close to 1 for progressively longer times. This is expected in a landscape description of the dynamics. In particular, at high temperatures the dynamics is independent of the landscape, and at every time step the system finds itself in a different basin of attraction. Therefore, minimizing the energy increases the distance between two initially nearby configurations. On the other hand, at low temperatures, the dynamics are driven by the underlying landscape, so minimizing the energy leads initially far-away configurations toward the same attractor state.\(^4\) As a consequence, the difference between $q(0, 1)$ and $q_{IS}(0, 1)$ can be used to detect the onset of glassiness, and shows that glassiness begins at $T_o \approx 0.8 - 1$, when the landscape starts playing a role. Of course, we can also locate the onset of glassiness without the use of ISs by finding the temperature where the self-intermediate scattering function begins to develop a plateau (Fig. 1).

\(^3\) We set $a = 0.3$, as it is a common choice used in literature [36].

\(^4\) A similar phenomenology that has enabled the identification of the onset temperature via the overlap has recently been observed in diverse systems, ranging from the mixed $p$-spin model [37] to the 3D Heisenberg spin glass [38].

Fig. 2 Overlap as a function of time for different temperatures. The red curves represent the overlap $q$ between the initial configuration and the configuration at time $t$. The black curves are the overlap $q_{IS}$ between the initial configuration and the IS at time $t$. Note that close to the onset temperature $T_o \approx 0.8 - 1$, $q_{IS}$ is closest to $q$.

3.2 Metabasins

A portion of a typical inherent trajectory is shown in Fig. 3. As remarked in several previous works [22], even though we are above the mode-coupling temperature $T_c$, the dynamical inherent trajectory reveals a remarkable structure, in which successions of ISs can be grouped into MBs. In Fig. 3, MBs are emphasized with black horizontal lines.

There is general agreement that MBs are the landscape structure that dominates the dynamics below $T_o$ [22]. One can argue in favor of this viewpoint by calculating the time that the system remains in each MB and comparing it to $\tau_\alpha$. In Fig. 4, we show the distribution of MB waiting times $\psi(\tau_{MB})$ for $T = 0.6$, highlighting that $\tau_\alpha$ falls between the median ($\tau_{MB}^{1/2}$) and the average MB time scale ($\langle \tau_{MB} \rangle$).

The correspondence between MBs and $\tau_\alpha$ is verified both below and above the onset temperature $T_o$. In
Fig. 3  Inherent structure trajectory for $T = 0.6$. The blue points are the ISs, the orange points are the ridges (i.e., the highest potential energy points along the separation between two subsequent ISs) between subsequent distinct ISs, and the black lines indicate the MBs, calculated with the procedure described at the beginning of App. A.

Fig. 4  Top: $\psi(\tau_{\text{MB}})$ for $T = 0.6$. Vertical lines indicate $\tau_{\text{MB,1/2}}$ (black), $\tau_\alpha$ (green) and $\langle \tau_{\text{MB}} \rangle$ (gray). Center: Histogram $h(\tau_{\text{MB}})$ of the MB times for all temperatures. Bottom: Histogram of the MB times weighted by the waiting time, $h(\tau_{\text{MB}}) \tau_{\text{MB}}$.

Fig. 5  Autocorrelation times $\tau_\alpha$ (from $F(k,t)$, darker blue circles), $\langle \tau_{\text{MB}} \rangle$ (average time in MBs, lighter blue squares), $\tau_{\text{MB,1/2}}$ (median time in MBs, darker blue upwards triangles) and $\tau_{\text{IS}}$ (average time in ISs, lighter green downwards triangles), as a function of temperature. Inset: The ratio $\tau_{\text{IS}}/\langle \tau_{\text{MB}} \rangle$ indicates the onset of glassiness cooled liquids can be attributed to a few very long-lived MBs (the tail of $\psi(\tau_{\text{MB}})$). This behavior becomes more prominent as $T$ decreases.

Furthermore, the wide tails of $\psi(\tau_{\text{MB}})$ (Fig. 4) extend several orders of magnitude beyond $\tau_\alpha$. This means that the MB dynamics are dominated by rare structural configurations which last hundreds of times longer than $\tau_\alpha$. As a consequence, the average $\tau_\alpha$ is not a good indicator of the time scales for which the system can remain blocked. This is in line with recent work demonstrating that the dynamics of supercooled liquids is dominated by broad distributions (including of $\tau_\alpha$), characterized in a somewhat distinct manner [39].

To make this point even clearer, in Fig. 4 we plot the quantity $\psi(\tau_{\text{MB}}) \tau_{\text{MB}}$, which represents the weight that each value of $\tau_{\text{MB}}$ has on the average $\langle \tau_{\text{MB}} \rangle$. The peak of these quantities is much larger than $\tau_\alpha$, indicating that even though the typical metabasin reflects $\tau_\alpha$, the average is dominated by times that are much larger. This also indicates that the estimators of the average $\tau_{\text{MB}}$ are biased due to an insufficiently long simulation time (we can speculate that an unbiased estimator at $T = 0.49$ would require sampling basins that last $\sim 10^{12}$ LJ units). An extreme version of the behavior manifested above can be found in the TM, where the system spends most of the time in the deepest trap and only a negligible time outside of it [10].

Footnote 5 continued

distribution almost coincide, so we can also use the word typical here.

Footnote 6 We show the histogram $h(\tau_{\text{MB}})$ instead of the density $\psi(\tau_{\text{MB}})$, because the whole integral cannot be calculated for all temperatures.
The threshold energy is applicable in realistic systems, and is thus independent of temperature. If the concept of a trap is that of a local minimum on the energy landscape that cannot be escaped unless a potential energy barrier is overcome. In the TM and other MF models, all traps are escaped at the same energetic height, called the threshold energy $E_{th}$ [10,14,40]. In the TM, the threshold energy is purely based on the potential energy landscape and is thus independent of temperature. If the concept of the threshold energy is applicable in realistic 3D supercooled liquids, then the TM threshold energy would represent the energy of the ridge separating different metabasins, $E_r$ (the ridges points are the points that, along the trajectory, mark the separation of subsequent ISs or MBs in the potential energy landscape).\footnote{We calculate the ridge energy $E_r$ through the procedure proposed in Ref. [25], which consists of minimizing two adjacent configurations that lead to different ISs, until their distance becomes larger than 0.001. In order to obtain a higher estimate of the barrier, which takes into account thermal fluctuations around the transition path, we omit the final minimization of the gradient [35].}

At each temperature, for each simulated thermal trajectory we calculated the ridge between subsequent ISs and between subsequent MBs. This is shown in Fig. 6, along with the average IS energy, $E_{IS}(T)$, and the average MB energy, $E_{MB}(T)$. We notice that all four mentioned observables depend on $T$. A dependence of $E_{IS}(T)$ on temperature is expected [5], as is that of $E_{MB}(T)$ [25]. However, we also note that the ridge energies decrease with $T$, at variance with the standard TM. This suggests that as the temperature is lowered, it becomes more convenient for the system to search for rare, lower energy pathways. Therefore, there is no single energy level that must be overcome in order to achieve barrier hopping, and the concept of $E_{th}$ cannot be used to describe this system, at least in the temperature regime we focus on. This observation is not new, and similar conclusions were obtained in Ref. [25] by looking at the relationship between $E_{MB}$ and the barrier height.

### 4.2 No traps

In Fig. 6, we plot the total potential energy $E(T)$. A striking feature is that $E(T)$ is significantly larger than the energy at the ridge between ISs, $E_r$, and at the ridge between MBs, $E_{MB}$. Further, the difference $E(T) - E_r$ is significantly larger than $E_{MB} - E_M$.\footnote{We realize that these same observations can be drawn from data found in previous works. For 3D binary mixtures, we focus on Refs. [25,32], which use models similar to ours. With $N = 65$, at $T = 0.6$, these authors find $E(T) \approx -230$ (Fig. 3b from [32]), as well as IS and MB energies of $E_{MB} \approx E_{IS} \approx -295$ (Fig. 2a from [32] and Fig. 3a from [25]). The energy of the barriers is $\Delta E = E_{MB} - E_{MB} \approx 6.9$ (Figs. 12 and 14 from [25]). The ridge energy is thus $E_r = E_{MB} + \Delta E \approx 288 \approx E(T)$. A comparison between $E_{IS}(T)$ and $E(T)$ at $T = 0.5$ is provided in the caption of Fig. 8 of Ref. [25].}

In other words, the energy of typical configurations is significantly larger than the energy separating neighboring MBs. This means that, at least in the temperature range considered, we cannot think about activated dynamics as arising from the system being confined between high barriers which can be overcome via instantonic fluctuations of the energy. Instead, we argue that at these temperatures the dynamics is controlled by basins of attraction and the selection of rare, potentially low barrier pathways between them.

Since our systems are very small and the coherence length is of the order of the linear system size $L$ [43], in order to satisfy the typical scenario of a system completely confined between energy barriers which can be overcome only through thermal activation, the system should be at a temperature $T$ such that $E(T)$ is smaller than $E_{MB}(T)$.\footnote{This is a necessary but not sufficient condition.} As Fig. 6 shows, in our system this can only happen at very low temperatures if the extrapolation from high temperatures are indicative of behavior below $T_c$. These temperatures are significantly lower than that which can be probed directly by computer simulation. Hence, even though a TM paradigm might apply at low temperatures, it cannot hold in its simplest form in the range $T_c \leq T \leq T_o$.}

### 4.3 The search for more convenient pathways

To test the possibility that the MB dynamics are dominated by entropic effects, we run the following experiment. We first take a configuration $\phi_{ini}$ at the bottom of a single deep MB. We then add thermal agitation to the configuration $\phi_{ini}$, corresponding to a temperature
Fig. 7 Top-left: an IS trajectory at $T = 0.6$. Bottom-left: Nudged Elastic Band (NEB) interpolation of the minimum energy pathway for the same trajectory. The initial condition for the NEB pathway is the thermal trajectory, as described in the main text. Top-right: energy barrier of the NEB pathway at several temperatures, averaged over 20 exit trajectories. Bottom-right: length $d_{\text{NEB}}$ of the NEB pathway at several temperatures, with 15 pivots, divided by the distance between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$, averaged over 20 temperatures, with 15 pivots.

In Fig. 7, we show an inherent trajectory obtained in this way. We calculate the barrier between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$ using the climbing image Nudged Elastic Band (NEB) method [44,45]. In the standard formulation of the NEB, one creates $n_{\text{pivots}}$ ordered replicas of the system, called pivots, which interpolate between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$. The NEB pathway is obtained by optimizing a system where each pivot feels its own potential energy as well as an attraction to its two closest neighboring pivots. The resulting path depends on the number and the initial configurations of the pivots. A common choice for the initial configuration of the pivots is a linear interpolation between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$. Here, since we are interested in calculating the barrier that is surmounted during the dynamics, we use the thermal trajectory for the initial configuration of the pivots. We set the first pivot to $\phi_{\text{ini}}^{\text{IS}}$ and the last one to $\phi_{\text{fin}}^{\text{IS}}$. The starting configurations of the intermediate pivots are equally spaced configurations along the thermal trajectory between $\phi_{\text{ini}}$ and $\phi_{\text{fin}}$. We show an example of the final NEB profile using these starting pivots in Fig. 7.

In Fig. 7, we see that the average NEB barrier (the difference between the highest energy of the NEB and $\phi_{\text{ini}}^{\text{IS}}$) decreases in size as $T$ is decreased. This is in agreement with the observation that $E_r(T)$ decreases with cooling (Fig. 6), but is not in agreement with the conclusions of Ref. [25] where it is found that the barrier height, which is approximately the average over $T$ of the one we find, is independent of temperature. We return to this discrepancy before concluding.

Our results suggest that low-energy pathways exist, but they are rare and it takes a very long time to find them. If the thermal agitation is high compared to $\Delta E$, the barriers are jumped before a low-energy pathway is found. If the typical $E_r(T)$ is high, barrier hopping becomes unlikely, and the system has the time to search for the low-energy pathways.

In Fig. 7, we also show the total length $d_{\text{NEB}}$ of the NEB pathway, divided by the distance $d_0$ between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$. The ratio $d_{\text{NEB}}/d_0$ passes from 4 at $T = 1$, to around 8 at $T = 0.46$, indicating that the system is wandering progressively in a more tortuous manner as temperature is lowered in order to find more convenient pathways.

We have also tried to perform the same type of analysis with NEB pathways starting from a linear interpolation between $\phi_{\text{ini}}^{\text{IS}}$ and $\phi_{\text{fin}}^{\text{IS}}$ in order to show that in this case the barrier is independent of $T$. However, given the long distance and complicated landscape between the two configurations, the linear interpolation passes through highly unphysical configurations with extremely high energies ($\sim 10^5$), and we were not able to reach convergence for the energy pathways with a reasonable number of pivots.

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10. The climbing image method can be summarized as follows: After a number of NEB steps, the highest energy pivot aims at increasing its energy instead of decreasing, in order to better estimate the barrier height at its peak. The barriers estimated through NEB and ridge method are consistent when looking at transitions between neighboring ISs, but the NEB is more suited than the ridge method for the zero-temperature MB transitions that we consider in this section.

11. We use the climbing image variant of the NEB, which attracts the highest energy pivot toward higher energies, in order to find the highest point in the trajectory.
4.4 Metabasin dynamics and localization

We now turn to the relationship between subsequent MBs in a MB trajectory. In Fig. 8, we report the overlap between MBs, $q_{MB}(n)$,\(^{12}\) as a function of the number of MB transitions $n$. As expected, $q_{MB}(n)$ decreases monotonically, and the system decorrelates progressively over time. However, the curves have a clear dependence on temperature. These curves do not depend on the amount of time spent in each MB, so the longer decorrelation time at lower $T$ implies that the nature of metabasin transitions takes on a different character as $T$ is lowered. At first sight, this result seems to contradict previous observations that the squared displacement $R^2(n)$ after a fixed number of MB transitions has a weak dependence on $T$ [23], as shown in the inset of Fig. 8. However, notice that $q_{MB}(n)$ and $R^2(n)$ are different indicators of the system’s particle motion, and they are influenced by the kind of rearrangements that take place in a different manner. For example, a large displacement of a single particle leads to a large variation in $R^2(n)$, but only a $\sim 1/N$ variation in $q_{MB}$. The discrepancy between $q_{MB}(n)$ and $R^2(n)$ is thus an indication of the localization of the particle rearrangements along the dynamics, which must be considered with special care. In fact, in order to decrease the overlap, several particles need to move, so if the decay becomes slower, this indicates that fewer particles are moving by a significant amount. If $R^2(n)$ does not change with lowering $T$, this is suggesting a crossover from a regime in which all particles contribute equally to $R^2(n)$, to one where the displacement is dominated by few particles. We reserve the analysis of the localization of particle motion during MB transitions for future. Regardless, when viewed from the perspective of the overlap, we see that the assumption of the TM that there should be near-instantaneous temporal decorrelation of MB does not hold in our system.

5 Discussion

In this work, we have revisited the relationship between the landscape and activated processes at temperatures higher than the mode-coupling transition temperature, $T \geq Tc$. We began by exposing some signatures of the onset of glassiness that stem from the potential energy landscape. In particular: (i) on time scales of order $t \sim 1$ LJ step, the overlap is $q(0,t) > q_{IS}(0,t)$ in the high temperature liquid phase, but the relation is inverted at lower temperature, once the dynamical slowing down is driven by the underlying landscape. (ii) The ratio between the typical (median) MB time, $\tau_{MB}^{1/2}$, and the average MB time, $\langle \tau_{MB} \rangle$, drops at the onset temperature, heralding the initial growth of wide tails in $\psi(\tau_{MB})$.

The relationship between the landscape and dynamics is highlighted by the fact that $\langle \tau_{MB} \rangle \approx \tau_{a}$ at all temperatures. As $T$ decreases, $\langle \tau_{MB} \rangle$ grows faster than $\tau_{MB}^{1/2} \approx \tau_{IS}$. This different rate of growth indicates that even though typical configurations relax more slowly upon cooling, the strong dynamical arrest of glasses is driven by the tails of the distribution $\psi(\tau_{MB})$. Furthermore, even $\tau_{a}$ falls short of properly describing the slowing down of supercooled liquids, since the tails of $\tau_{MB}$ are so wide that one encounters with finite probability MBs that live several orders of magnitude longer than $\tau_{a}$.

We then analyzed the applicability of a picture based on energetic barrier hopping. We find that the energy of the ridges between MBs, $E_i(T)$, decreases with temperature and, most strikingly, the potential energy of the system satisfies $E(T) > E_i(T)$. In other words, the system is always above the ridge between MBs. However, as others have previously remarked, we find that the landscape does play a role. The emerging picture is that the MB structure in the IS energy time series, $E_{IS}(t)$, does not arise from confinement between energy barriers, but rather from groups of IS that lie in the basin of attraction of MBs with limited escape routes in a high dimensional space. As $T$ decreases, the system eventually finds lower-energy pathways from one MB to another. Thus, MB transitions do not occur at the lowest possible energy and instead as $T$ is lowered it becomes more convenient for the system to search for alternative pathways. This means that there is an entropic cost associated with MB transitions even though the barrier is much lower than the typical energy. This observation is consistent with previous work which argued that,
above $T_c$, any two configurations can be connected by a barrierless geodesic and that the slowing down should be attributed to the geodesics becoming more tortuous [46–48]. However, as our work suggests, even if a barrierless geodesic exists, it might be too hard for the system to find such a path. Actually, the more likely situation is that there exist an exponential number of energetic barriers, as found in mean-field models [49], and the competition between their height and their entropy plays a key role in activated dynamics. In the regime of temperature that we are considering, the competition between different transition states largely dominates, but it diminishes at lower temperature; hence, the system is pushed to find and cross lower energetic barriers. Consequently, we can think that the effective dimensionality of the system decreases upon cooling, which is consistent with a previous picture based on TM-like aging functions in supercooled liquids [50].

Even though our core numerical findings are not different from those found in previous seminal studies [22–25,32], our interpretation is different. In addition, we find differences in the temperature dependence of extracted barrier heights, which appear to be independent [25] versus in this work. We note that while in Ref. [25] the barrier height is independent of $T$ in Ref. [25] but decrease with decreasing $T$ here. This distinction may be due to different ways barriers are extracted in Ref. [25] versus in this work. We note that while in Ref. [25] the barrier height is independent of temperature, it does correlate with $E_{MB}$, which is dependent on temperature. This is somewhat surprising since it implies that $\frac{dE_{MB}}{dT} = \frac{dE}{dT}$. These two quantities are not expected to be related in any known landscape-based model of glassy systems.

We also find that the overlap $q_{MB}(n)$ between subsequent MBs decorrelates more slowly as $T$ is lowered, which at first sight appears to be in contradiction with the observation that the squared distance $R^2(n)$ between subsequent MBs is almost independent of $T$ [23]. However, these two observables should only behave in the same manner in the case of fully delocalized displacements. The fact that, upon cooling, $q_{MB}(n)$ decays progressively more slowly while $R^2(n)$ remains constant, seems to indicate that MB transitions become less collective, with smaller per-particle displacements.

This is consistent with past observations showing more localized motion approaching $T_c$. In fact, transitions are string-like in that regime [52], and a localization transition takes place at $T_c$ [53].

The above observations suggest that one should regard a supercooled liquid as confined by large barriers in most, but not all, directions and that the slowdown of dynamics is mainly driven by entropy. The residual small barriers that need to be overcome can likely be explained by localization effects, which should be taken into account in a MB description of the dynamics.

We can use these ideas to analyze an argument that has been advanced against the importance of the growth of a static length scale (and thus a potential energy landscape picture) in the slowdown of supercooled liquids [54]. This argument is based on the observation that the introduction of swap dynamics [55,56] suppresses the glass transition temperature without altering the free energy landscape. This argument could be tested by looking at the inherent trajectory of a swap simulation. A general expectation would be that swap dynamics removes energy barriers, so the MB structure of $E_{BS}(t)$ would be disrupted. However, we have argued that the slow dynamics are driven by entropic rather than energetic effects, so the MB structure may survive. If it does not, the landscape-based indicators of $T_o$ described here could be useful in telling us if one can attribute this disruption merely to a shift in $T_o$ [57,58] caused by the addition of a larger number of favorable pathways to relaxation.

The view that the activated dynamics is driven by entropic rather than energetic barriers is further supported by a recent numerical investigation on the discrete 3-spin model [19], where it was demonstrated that a MB structure is visible in the inherent trajectory and that observables such as trapping time distributions are not predicted as well by the TM as they are by the Step Model (SM). The SM is a simple toy model with a single energy minimum, where the exponentially slow dynamics are purely driven by the scarcity of low energy configurations [41]. We also remark that in some temperature regimes entropy-driven activation can indeed resemble energy-driven activation [42,59–61] and can be translated into a competition between energy and high dimensionality [61,62], whereby an aging system progressively passes from entropy- to energy-driven dynamics [62].

In conclusion, we argue that in the temperature range $T_c < T < T_o$, the potential energy landscape indeed plays an increasingly important role in driving the dynamics of supercooled liquids, but the nature of the landscape picture based on MBs needs to be revised in light of the following observations:

- The potential energy is always higher than the energy of the barriers between metabasins.
- The ridge energy of MB transitions depends on the temperature, indicating that the system surmounts barriers only when it is more convenient than searching for rare pathways with a low barrier.
- The MB energy barriers are lower in cooler systems, but the pathways are longer.
- The overlap between subsequent metabasins decays more slowly as temperature is decreased.

These findings suggest that, in this regime, the state of the system does not appear to be confined between high energy barriers, but rather inside the basin of attraction of large MBs, where it remains for times that are often much larger than $\tau_o$. Here, energy bar-
riers are small, and the dynamical slowdown is therefore attributed to the scarcity of energetically favorable pathways between MBs. This interpretation helps rationalize why the thermal and inherent trajectories appear to be qualitatively so different, and why the MB structure only arises in the latter, a fact in contrast with all models known to exhibit TM-like dynamics.

For \( T < T_c \), one could argue that the situation stays similar. However, at \( T_c \) the nature of the landscape probed during the dynamics seems to change and a geometric/localization transition takes place [20,21,53,63]. Random First Order Transition theory [64] suggests that at these lower temperatures free-energy barriers become mainly energy barriers, i.e., their entropy plays a sub-dominant role. In this regime, activation would then correspond to barrier hopping, and concomitantly a picture based on classical TM-like energetic physics may apply [6].

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Appendix A: Numerical calculation of the metabasins

To minimize the energy, we used the FIRE algorithm.\(^\text{14}\) To find the inherent trajectory, instead of minimizing the energy at every single time step, we used a bisection procedure essentially identical to that described in Ref. [25]. We separated the trajectory in intervals of \(10^5\) MD steps, and calculated the IS at the beginning and at the end of the interval [35]. If the configuration does not change,\(^\text{15}\) we postulate that all the configurations in between are the same. If the configuration does change, we repeat the procedure for the two resulting intervals. This procedure is iterated for the increasingly smaller intervals, and is stopped when either the intervals have the same energy at the beginning and at the end, or they are one step long. To identify the MBs, we calculate the minimum energy along the whole trajectory. All the configurations between the first and the last occurrence of this configuration are said to belong to the same MB. We then calculate the minimum energy along each of the remaining intervals, defining the MB time in the same way. The procedure is stopped when there are no more ISs with negative energy, or more than 3000 MBs are found (which only happens for \( T \geq 1 \)).

On the definition of MBs

A different, though similar, procedure for the identification of the MBs from the trajectory is provided in Ref. [25]. This procedure consists of (a) identifying all the time intervals in which each IS appears; (b) separating or (c) merging partially overlapping time intervals according to heuristic criteria; (d) removing intervals that are completely contained in other intervals; (e) stating that each of the remaining intervals is a MB, with \( \tau_{MB} \) corresponding to the length of the interval; (f) assigning to each MB the lowest energy that is visited during that time interval.

We repeated our analyses using this definition of MB and obtained analogous results. The MB times are slightly higher, as well as the barriers, and \( q_{MB} \) decays faster (Fig. 9), but the overall qualitative picture does not change.

References

1. A. Cavagna, Phys. Rep. 476, 51 (2009). arXiv:0903.4264

\(^{14}\) With parameters \( dt = 0.0025 \), \( \alpha_{\text{start}} = 0.99 \), \( f_{\text{tol}} = 10^{-5} \), \( E_{\text{tol}} = 10^{-10} \), \( w_{\text{tol}} = 10^{-5} \).

\(^{15}\) Analogously to Ref. [25], we say that two ISs \( \xi \) and \( \xi' \) are the same if their energies \( E \) and \( E' \) are the same, \( |E - E'| < \epsilon \), with a resolution \( \epsilon = 10^{-5} \).
