**Supplementary Table 1: Availability of Gender-Affirming Telemedicine**

Patients were asked whether their health insurance permitted access to their gender-affirming healthcare provider in a telemedicine format before the pandemic, and if that access was expanded after their home state’s COVID-19 stay-at-home order.

|                     | **DUKE PATIENTS** |                     | **NATIONAL PATIENTS** |
|---------------------|-------------------|---------------------|------------------------|
|                     | **YES** | **NO** | **TOTAL** | **PERCENT** | **YES** | **NO** | **TOTAL** | **PERCENT** |
| **PRE-PANDEMIC**    |         |        |          |             |         |        |          |             |
| Behavioral          | 25      | 45     | 70       | 36%         | 13      | 23     | 36       | 36%         |
| Medical             | 28      | 74     | 102      | 27%         | 13      | 26     | 39       | 33%         |
| Surgical            | 8       | 84     | 92       | 9%          | 5       | 10     | 15       | 33%         |
| **POST-PANDEMIC**   |         |        |          |             |         |        |          |             |
| Behavioral          | 47      | 23     | 70       | 67%         | 29      | 7      | 36       | 81%         |
| Medical             | 69      | 32     | 101      | 68%         | 27      | 12     | 39       | 69%         |
| Surgical            | 22      | 70     | 92       | 24%         | 7       | 8      | 15       | 47%         |