Additive value of $^{99m}$Technetium methylene diphosphonate hybrid single-photon emission computed tomography/computed tomography in the diagnosis of skull base osteomyelitis in otitis externa patients compared to planar bone scintigraphy

ABSTRACT
The aim of this study was to evaluate the additive value of $^{99m}$Tc-MDP hybrid single-photon emission computed tomography/computed tomography (SPECT-CT) in the diagnosis of skull base osteomyelitis (SBO) compared to planar bone scintigraphy (PBS). This was a single institution; prospective study included 23 patients with otitis externa, clinically suspected of SBO, all of them were diabetic. Three-phase bone scintigraphy and SPECT/CT were performed to all patients. The imaging modalities which had the most equivocal results were PBS (9/23) followed by SPECT (3/23). No equivocal results were detected with CT or SPECT-CT. SPECT-CT had the highest sensitivity (100%) and highest accuracy (95.7%) in diagnosis of SBO, whereas, PBS showed the lowest sensitivity (50%) and lowest accuracy (52.2%). In this study, SPECT-CT considered the best modality for accurate localization of the site of SBO involvement, followed by CT. SPECT and planar BS were less accurate in this consideration. When comparing the sensitivity of planar BS, CT, SPECT and SPECT/CT, statistical significance difference was detected between planar BS and SPECT ($P = 0.057$), planar BS and SPECT/CT ($P = 0.001$), and between CT and SPECT/CT ($P = 0.031$). No statistically significant difference was detected between SPECT and SPECT/CT ($P = 0.250$), CT and planar BS ($P = 0.125$), and between CT and SPECT ($P = 0.508$). In conclusion, $^{99m}$Tc-MDP SPECT/CT has high sensitivity in the diagnosis of SBO and also provide accurate localization of the site of SBO.

Keywords: Bone scan, computed tomography, single-photon emission computed tomography/computed tomography, skull base osteomyelitis

INTRODUCTION
Skull base osteomyelitis (SBO) is a serious, life-threatening complication of otitis externa seen commonly in diabetic or immunocompromised patients and indicates an infection that has spread beyond the external auditory canal. Typical cases are initiated by ear infections (malignant otitis externa) in elderly diabetic patients, with *Pseudomonas aeruginosa* as a common pathogen.[1,2] It is usually begins as a soft-tissue infection of the external auditory canal then spreads through the fissures of Santorini and the tympanomastoid suture to involve the cranial base and may lead to cranial nerve palsies in some cases.[3] The infection commonly spreads through venous channels and fascial planes within the temporal bone and through the dural sinuses of its middle and posterior fossa surfaces, reaching the petrous apex. In the most severe cases, the infection crosses the midline to involve the contralateral temporal bone.[1,3]

Jehan Ahmed Younis
Department of Oncology and Nuclear Medicine, Faculty of Medicine, Cairo University, Cairo, Egypt

Address for correspondence: Dr. Jehan Ahmed Younis, Department of Oncology and Nuclear Medicine, Faculty of Medicine, Cairo University, Cairo, Egypt.
E-mail: jehan.nuc@hotmail.com

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The most common symptom of this condition is unremitting deep otalgia that becomes more worse at night and persists in spite of multiple courses of antibiotic therapy. A granulomatous polyp is sometimes present in the floor of the external auditory canal, and it is pathognomonic of this condition. The diagnosis of SBO is based on the clinical findings and confirmed by laboratory tests and imaging studies. Laboratory tests include erythrocyte sedimentation rate, white and red blood cell counts, glucose level, and microbial culture of ear secretions. Histopathological examination of granulation tissue from the external auditory canal helps to exclude malignancy.

Anatomical imaging modalities, such as computed tomography (CT) or magnetic resonance imaging (MRI), are used for evaluation of SBO, but they have several limitations. CT may be negative early in the disease and can remain positive even after cure. MRI provides excellent soft-tissue contrast but is inferior to CT for evaluation of bone. 67Ga citrate scintigraphy is used in the evaluation of SBO and also for monitoring response to therapy; however, it has poor anatomical resolution. 99mTc Technetium methylene diphosphonate (99mTc-MDP) bone scintigraphy may be positive before radiological changes, and so, it is useful for early detection of the disease because of its localization to areas of increased osteoblastic activity, however, its specificity is low, and it has limited anatomical resolution. Three-phase bone scintigraphy (TPBS) and single-photon emission CT (SPECT) may better differentiate between uptake in soft-tissues and skull bony structures. Clinical assessment alone cannot differentiate SBO from severe otitis externa without extension to the adjacent bone structure. Recently, hybrid SPECT/CT can provide precise anatomical localization which is needed to decide the duration of the treatment. Treatment of malignant otitis externa and SBO is a long process. Meticulous aural toilet, antibiotics, and strict glucose control in patients with diabetes, are absolutely vital for success.

The aim of this study was to evaluate the additive value of 99mTc-MDP hybrid SPECT-CT in the diagnosis of SBO compared to planar bone scintigraphy (PBS).

Materials and Methods

This prospective study included 23 patients with otitis externa, clinically suspected of SBO, they were referred to Nuclear Medicine Unit (NEMROCK), Cairo University for bone scintigraphy between April 2016 and December 2017. All of them were diabetic (type II diabetes mellitus), and six patients were on insulin. TPBS with SPECT/CT imaging after the delayed phase (post 2–3 h) were performed to all patients. None of the patients had any underlying malignancy either primary or metastatic that could be confused with SBO. Patients were treated with systemic antibiotics, topical antibiotic application, and surgical local debridement of granulation tissue (when present). The use and the duration of antibiotics treatment were depending on the findings of bone scintigraphy, microbiological cultures of ear swabs, and histopathological tests.

Planar triple phase bone scintigraphy

The patients were intravenously injected with 666–814 MBq (18–22 mCi) 99mTc MDP according to patient’s weight. Images were acquired on a dual head gamma camera (Siemens). Parallel-hole, low-energy, and high-resolution collimators were used with 140-keV photopeak and a 20% symmetrical window. Flow (64 × 64 matrix, 40 frames; 3 s each) were acquired immediately after injection. Blood pool and delayed static images were acquired in anterior, posterior, right and left lateral projections of the skull after 5 min and 2–3 h, respectively. Delayed anterior and posterior whole-body images were also acquired at 3–4 h with the patient in the supine position (matrix 256 × 256).

Single-photon emission computed tomography acquisition

SPECT of the skull was acquired for all patients by use of a hybrid SPECT-CT dual-head gamma camera; it was obtained in a 360° circular orbit with 60 stops and 25 s/stop. Emission data were acquired by use of parallel-hole, low-energy, high-resolution collimators, with the patient in the supine position. The image acquisition matrix was 128 × 128, and the pixel size was 4.8 mm. Images were acquired on the 140-keV photopeak with a 20% symmetrical window.

Computed tomography acquisition

The SPECT was followed by CT examination with acquisition settings of 140 kV, and 2.5 mA tube current, 512 × 512 matrix. The raw data were reconstructed using the filtered back projection with a Butterworth filter in coronal, sagittal, and transaxial planes.

Processing of single-photon emission computed tomography/computed tomography images

Fusion of the SPECT and CT images was carried out and attenuation correction was applied to these images by use of CT-based attenuation maps. Scatter correction was also applied. The corrected SPECT images were reconstructed again. Subsequently, tomographic slices were generated and displayed for transaxial, coronal, and sagittal slices. SPECT emission images were fused with the transmission CT images.

Image interpretation

Planar triple phase bone scan (TBS), SPECT, and SPECT/CT images were reviewed by two experienced nuclear medicine
physicians. To evaluate the planar TBS images, posterior views were used. Increase in blood flow in perfusion phase, blood pool, and delayed skull base radiotracer uptake in comparison to the nonaffected side were interpreted as positive for osteomyelitis. Furthermore, increased radiotracer uptake in the skull base region was interpreted as positive for osteomyelitis in SPECT images which analyzed in the transaxial, coronal, and sagittal planes. The presence of destructive bony lesions and periosteal reaction of skull base on CT were interpreted as positive for osteomyelitis. SPECT/CT images were analyzed for anatomical localization of abnormal increased tracer uptake and destructive bony lesions. Results of the TBS, SPECT, and SPECT/CT images were compared with the patient’s clinical manifestations and with the diagnostic CT scans. On SPECT-CT images, detection of abnormal increased tracer uptake in the region of skull base with even minimal CT findings was considered as positive for SBO (because more than 30% of the affected bone must be demineralized to appear eroded on CT).

In this study, the cases with positive or possibly positive result were taken positive for SBO, whereas, cases with negative, possibly negative and with equivocal result were taken negative for SBO.

Final diagnosis of patients
Final diagnosis (presence or absence of SBO) was obtained from clinical manifestations, laboratory investigations, imaging follow-up (CT and SPECT-CT), and histopathology and microbiology (when available). Improvement in patient’s clinical manifestations with antibiotic treatment and/or reduction or disappearance of imaging findings suggestive of SBO was considered positive.

Statistical analysis
Data were expressed as mean ± standard deviation and were expressed as number and percentage. Sensitivity and accuracy were calculated for planar BS, SPECT, CT, and SPECT/CT. To compare sensitivity of these diagnostic tests, we used the McNemar’s test Chi-squared with Yates correction of 0.5. Comparison of numerical variables was performed using Student’s t-test. All statistical calculations were performed using computer programs SPSS advanced statistics version 22, 2013. (Statistical Package for the Social Science; SPSS Inc., Chicago, IL, USA). P < 0.05 was considered statistically significant.

RESULTS
This prospective study was conducted on 23 patients with otitis externa, clinically suspected of SBO, they were referred to Nuclear Medicine Unit (NEMROCK), Cairo University for bone scintigraphy between April 2016 and December 2017. All patients were diabetic (type II diabetes mellitus), and six patients were on insulin, 65.2% of them were male, however 34.8% were females, their mean age was (61.30 ± 5.56). All patients had unilateral ear disease. Patient’s characteristics are shown in Table 1.

Microbiological analysis was done for 17 patients (73.9.2%), and it was positive for *P. aeruginosa* in 13 patients (76.5) and positive for *Staphylococcus aureus* in four patients (23.5). Tissue biopsy from eight patients (34.8) was undergone histopathological examination, and it showed the presence of inflammatory cells in all of them.

Final diagnosis (presence or absence of SBO) which were obtained from clinical manifestations, imaging follow-up (CT and SPECT-CT), and histopathology and microbiology (when available) revealed 22 patients positive for SBO and one patient was negative.

Diagnostic CT scan was done for all patients and showed destructive bony lesions keeping with SBO in 13 (56.5) patients, all of them had SBO in final diagnosis, whereas, the results were possibly negative for SBO in six patients (26.1%), who were proved to have SBO in final diagnosis and possibly positive for SBO in three patients (13%), all of them had SBO in final diagnoses. CT result was negative in one patient, who was proved to be negative in final diagnosis as well.

Planar triple phase bone scan
TBS was positive for SBO in 11 out of 23 patients (47.8%), as there was increased blood flow in the perfusion phase, increased soft-tissue tracer uptake in the blood pool phase, and delayed images at 2–3 h showed increased tracer uptake in the temporal region of the skull, all those patients were proved to have SBO in final diagnoses, while it was negative in three patients (13%), who were proved to have SBO in final diagnoses, and equivocal in nine patients (39.2), eight of them proved to have SBO in final diagnoses while one patient was negative for SBO. TBS was unable to correctly locate the site of skull lesions in most patients.

| Table 1: Clinical and demographic characteristics of studied patients |
|---|
| Age (years), mean±SD (range) | 61.30±5.56 (52-70) |
| Sex, n (%) | |
| Male | 15 (65.2) |
| Female | 8 (34.8) |
| Clinical manifestation, n (%) | |
| Otalgia | 14 (60.9) |
| Ear discharge | 6 (26.1) |
| Diminished hearing acuity | 3 (13) |
| Diabetes mellitus, n (%) | 23 (100) |

SD: Standard deviation; MOE: Malignant otitis external
Single-photon emission computed tomography and single-photon emission computed tomography/computed tomography

SPECT images of the skull improved sensitivity for detection of SBO, as it was positive for SBO in 19 patients (82.6%), all those patients were proved to have SBO in final diagnoses, while it was negative in one patient (4.3%) who was proved to have SBO in final diagnoses, and equivocal in three patients (13.1%), two of them proved to have SBO in final diagnoses, while one patient was negative for SBO.

Hybrid SPECT/CT imaging of the skull had the highest sensitivity for detection of SBO, as it was positive for SBO in 22 patients (95.7%) all of them had SBO in final diagnoses, while the result was possible for SBO in one patient, who was proved to be negative in final diagnoses. There were localized areas of increased tracer uptake in the mastoid portion of the temporal bone of the skull in 18 (73.9) patients and petrous portion in 4 (17.4) patients and sphenoid in one patient.

The results of different imaging modalities (PBS, SPECT, CT, and SPECT/CT) and comparison of them with the final diagnosis are summarized in Table 2.

The imaging modalities which had the most equivocal results were PBS (9/23) followed by SPECT (3/23). No equivocal results were detected with CT or SPECT-CT. SPECT-CT had the highest sensitivity (100%) and highest accuracy (95.7%) in diagnosis of SBO, whereas, PBS showed the lowest sensitivity (50%) and lowest accuracy (52.2%).

Sensitivity and accuracy of different imaging modalities are shown in Table 3.

**Comparison of different imaging modalities**

The sensitivity of planar BS, CT, SPECT, and SPECT/CT were compared using the McNemar’s test Chi-squared with Yates correction of 0.5. Statistical significance difference was detected between planar BS and SPECT/CT (P = 0.001) and between CT and SPECT/CT (P = 0.031). No statistically significant difference was detected between SPECT and SPECT/CT (P = 0.250), CT and planar BS (P = 0.125), and between CT and SPECT (P = 0.508).

In this study, SPECT-CT considered the best modality for accurate localization of site of SBO involvement, followed by CT. SPECT and planar BS were less accurate in this consideration.

TPBS and SPECT/CT images of three patients with SBO are shown in Figures 1a, b, 2a-c, and 3a-c to demonstrate different patterns of skull bony involvement in SBO.

**DISCUSSION**

Malignant otitis externa complicated to SBO is an aggressive serious, rare infection of the temporal bone and base of the skull, associated with possible involvement of the facial nerve, carotid artery, jugular vein, and mastoid. It is associated with high mortality rate and poor response to treatment, so it was termed malignant.[12]

The most common causative organism is *P. aeruginosa*, but also *Staphylococcus*, *Candida*, and *Aspergillus* have been reported.[12]

Mortality and morbidity has improved with antibiotics. Mortality remains around 33% and increases to 80% with cranial nerve involvement. Adverse outcome was caused by SBO, intracranial extension, and multiple cranial nerve involvement.[13]

Bilateral or contralateral SBO is very rare and diabetics are more susceptible, comprising up to 94% of cases.[14]

In diabetes mellitus, poor vascular supply resulting from microvascular disease aggravates vasculitis. Diabetes mellitus is also associated with impaired polymorphonuclear cell function and a higher pH of cerumen in the aural canal. These factors, along with the sensitivity of *P. aeruginosa* to low pH, further decrease body defense against infection.[13]
In this study, all patients were diabetic, microbiological analysis was done for 17 out of 23 patients (73.9%), and it was positive for *P. aeruginosa* in eight patients (66.7%) and for *S. aureus* in four patients (23.5%).

A CT scan is the investigation of choice for the initial evaluation of the extent and severity of extra-temporal soft-tissue involvement in SBO. However, since more than 30% of the affected bone needs to be demineralized to appear eroded on CT, early findings are limited to soft-tissue inflammation, while, advanced disease will show skull base bone destruction.[16] CT cannot differentiate between SBO and malignancy.[17]

MRI is better than CT in identifying soft-tissue abnormalities, but it cannot detect bony destruction. The only significant findings exclusive to MRI are dural enhancement and involvement of the medullary bone; so, it is recommended when bony erosion of the skull base is seen on the CT scan.[15] However, MRI is nonspecific and differential diagnoses of central SBO including neoplastic and nonneoplastic diseases (inflammatory pseudotumor, Wegener’s granulomatosis, tuberculosis, sarcoid, fibrous dysplasia, and Paget’s disease) must be ruled out.[18]

Addition of diffusion-weighted MRI imaging can be very useful for differentiating between osteomyelitis and malignancies involving skull base.[19]

Bone scintigraphy with 99mTc MDP has high sensitivity in diagnosis of patients with SBO.[20] This is attributed to the fact that this radiotracer concentrates in areas with increased osteoblastic activity as found in infection, trauma, and neoplasm. 99mTc MDP bone scan allows earlier diagnosis of osteomyelitis than CT, as it can detect as little as 10% of the bone demineralization.[21] Slow progression of periosteal reaction and bone formation in diabetic patients compared to nondiabetics renders radiographic changes less sensitive in diagnosis of those patients.[22] Hence, combination of radiological and radionuclide imaging is needed for initial diagnosis and follow-up of the treatment response.[23]

Treatment of malignant otitis externa and SBO requires aggressive management including meticulous aural toilet, antibiotics for prolonged periods of time, approximately for 8–12 weeks. Moreover, strict glucose control in patients with diabetes.[24]
In this study, hybrid SPECT/CT imaging of the skull had the highest sensitivity for detection of SBO (100%), as it was positive for SBO in 22 patients (95.7%) all of them had SBO in final diagnoses, while the result was possible for SBO in one patient, who was proved to be negative in final diagnoses. Thus, when it was compared to SPECT, SPECT/CT changed the diagnostic interpretation in four patients out of 23 (17.4%) from negative and equivocal result to positive, among those four patients, three had SBO in final diagnoses.

We found that the imaging modalities which had the most equivocal results were PBS (9/23) followed by SPECT (3/23). No equivocal results were detected with CT or SPECT-CT. SPECT-CT had the highest sensitivity (100%) and highest accuracy (95.7%) in diagnosis of SBO, whereas, PBS showed the lowest sensitivity (50%) and lowest accuracy (52.2%).

When comparing sensitivity of planar BS, CT, SPECT, and SPECT/CT, statistical significant difference was detected between planar BS and SPECT (P = 0.057), planar BS and SPECT/CT (P = 0.001) and between CT and SPECT/CT (P = 0.031). However, No statistically significant difference was detected between SPECT and SPECT/CT (P = 0.250), CT and planar BS (P = 0.125), and between CT and SPECT (P = 0.508).

Similar to my results, Chakraborty et al. have reported the important role of SPECT/CT in early evaluation of the extent of skull base involvement in case of SBO. Furthermore, Chen and Hsieh recommended to use routinely SPECT/CT when assessing patients with suspected SBO even without evidence of lesion on planar images. In another study by Sharma et al., 99mTc-MDP SPECT/CT locate the site of involvement in all patients and enabled highly accurate diagnosis of SBO.

Conventional 99mTc MDP planar images are often unable to locate the exact site of the infection, despite being a sensitive technique for diagnosis of osteomyelitis, it has limited spatial resolution and cannot detect accurately the site of involvement in the case of SBO. It was especially difficult to locate the site of bony involvement in cases with centrally located lesions.

In this study, SPECT-CT considered the best modality for accurate localization of site of SBO involvement, followed by CT. SPECT and planar BS were less accurate in this consideration. Hybrid SPECT/CT accurately detect localized areas of increased tracer uptake in the mastoid portion of the temporal bone of the skull in 18/23 (73.9) patients and petrous portion in 4 (17.4) patients and sphenoid in one patient.

Surgical resection of affected bone is not recommended to prevent disease spread through fascial and vascular planes.

In this study, the cases with positive or possibly positive result were taken positive for SBO, whereas, cases with negative, possibly negative, and with equivocal result were taken negative for SBO.

In this study, TBS has 50% sensitivity, and 52.2% accuracy as it was positive for SBO in 11 out of 23 patients (47.8%), all those patients were proved to have SBO in final diagnoses, while it was negative in three patients (13%), who were proved to have SBO in final diagnoses, and equivocal in nine patients (39.2), eight of them proved to have SBO in final diagnoses while one patient was negative for SBO. TBS was unable to correctly locate the site of skull lesions in most patients.

Diagnostic CT scan was done for all patients and it has 72.7% sensitivity, and 73.9% accuracy. It showed destructive bony lesions keeping with SBO in 13 (56.5) patients, all of them had SBO in final diagnosis, whereas, the results were possibly negative for SBO in six patients (26.1%), who were proved to have SBO in final diagnoses and possibly positive for SBO in three patients (13%), of all of them had SBO in final diagnoses. CT result was negative in one patient, who was proved to be negative in final diagnosis as well.

Diagnostic CT scan has no equivocal results, and when combining planar BS and CT, interpretation changed from false negative (equivocal, negative in planar bone scan) to true positive (positive and possibly positive in CT) in five patients. Thus, adding CT to planar BS improved diagnostic interpretation for 21.7% of patients (5/23).

SPECT images of the skull improved sensitivity for detection of SBO (86.4%), as it was positive for SBO in 19 patients (82.6%).
This results were similar to results of Horger et al.,[27] as they have shown that a much higher percentage of lesions can be characterized by use of SPECT-CT compared with SPECT alone.

Hybrid SPECT/CT result was possible for SBO in one patient, who proved to be negative in final diagnoses, this may be explained by nonspecific uptake of $^{99m}$Tc MDP in cases of mastoiditis.

This study has some limitations. First, the small number of patient population reduced statistical power of the study. Due to the rarity of this disease, it is difficult to record a larger patient population at a single center. Second, MRI findings were not available. To overcome these limitations, a large multicenter study comparing SPECT/CT and MRI must be done. Third, microbiological analyses were not done for all patients, it was done for only 52.2% of patients.

**CONCLUSION**

$^{99m}$Tc-MDP SPECT/CT has high sensitivity in the diagnosis of SBO and also provide accurate localization of the site of SBO.

Statistical significant difference was detected between planar BS and SPECT ($P = 0.057$), planar BS and SPECT/CT ($P = 0.001$), and between CT and SPECT/CT ($P = 0.031$).

**Declaration of patient consent**

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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**Conflicts of interest**

There are no conflicts of interest.

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