Study of the nitric oxide system in the rat cerebellum during aging

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Abstract

Background: The cerebellum is the neural structure with the highest levels of nitric oxide, a neurotransmitter that has been proposed to play a key role in the brain aging, although knowledge concerning its contribution to cerebellar senescence is still unclear, due mainly to absence of integrative studies that jointly evaluate the main factors involved in its cell production and function. Consequently, in the present study, we investigate the expression, location, and activity of nitric oxide synthase isoenzymes; the protein nitrulation; and the production of nitric oxide in the cerebellum of adult and old rats.

Results: Our results show no variation in the expression of nitric oxide synthase isoforms with aging, although, we have detected some changes in the cellular distribution pattern of the inducible isoform particularly in the cerebellar nuclei. There is also an increase in nitric oxide synthase activity, as well as greater protein-nitration levels, and maintenance of nitrogen oxides (NOx) levels in the senescent cerebellum.

Conclusions: The nitric oxide/nitric oxide synthases system suffers from a number of changes, mainly in the inducible nitric oxide synthase distribution and in overall nitric oxide synthases activity in the senescent cerebellum, which result in an increase of the protein nitration. These changes might be related to the oxidative damage detected with aging in the cerebellum.

Background

The cerebellum is the neural structure that produces the highest levels of nitric oxide (NO) within the central nervous system (CNS) [1]. This high levels of NO may make cerebellum more susceptible to oxidative and nitrosative stress, particularly in the senescence [2]. However, only a few preliminary studies from our research group [3,4] and others [5] have tried to set a basic approach concerning the involvement of NO in the senescent cerebellum.

According to Harman's theory of free radicals [6], aging results from the harmful effects of free radicals produced during cell metabolism, reactive oxygen species (ROS) being the main agents responsible for this process. More recently, reactive nitrogen species (RNS), such as NO, and in particular its derivatives, have been associated with the oxidative damage that occurs during aging [7,8]. In this light, and given that the gaseous neurotransmitter NO plays a major role in cerebellar functionality [9-11], the study of the NO-producing system in the cerebellum is essential to understand how aging affects cerebellar functionality. Moreover, according to McCann's hypothesis [7] about the role of NO in the aging brain, hyperactivity of the glutamatergic pathway could boost activity of certain calcium-dependent enzymes, such as the nitric oxide synthase enzymes (NOS). In mammals, three different NOS isoforms have been identified: neuronal NOS (nNOS), endothelial NOS (eNOS) and inducible NOS (iNOS). Due to its high reactivity, NO can react with the superoxide anion (O2-) to generate the free radical peroxynitrite (ONOO-) (Figure 1), which in turn can react with the phenolic ring of tyrosine residues of proteins to form 3-NL-tyrosine (nitrotyrosine, n-Tyr). The formation of n-Tyr can alter the structure, and therefore the function of proteins, so that this compound is often used as a marker of cumulative exposure to NO [12]. The increase in the formation of n-Tyr has been correlated with a wide variety of neurodegenerative diseases (Alzheimer’s, Parkin...
Figure 1 Schematic model summarizing the possible role of the three NOS isoforms in the aging cerebellum. The NO produced by eNOS and nNOS facilitates the learning and memory processes in the cerebellum through the NO-GMPc-PKC pathway. During aging, cerebellar cells accumulate reactive oxygen species which in turn can react with the iNOS-derived NO and form peroxynitrite that causes cell damage and death. ACH, acetylcholine; Glu, glutamate; VDCC: voltage-dependent calcium channels.
kinson’s, amyotrophic lateral sclerosis) as well as with atherosclerosis, with hypoxia and ischemia, and even with aging [13-15]. However, NO also plays key roles at the physiological level; thus, it acts as an inter- and intracellular messenger, triggering protective functions in the cerebellum which include vasodilatation (Figure 1) and participation in the synaptic plasticity mechanism of long-term depression (LTD) (Figure 1) [9-11,16,17], which is essential in motor learning and regulatory functions. In short, it can be established that NO performs a dual role as protective and toxic molecule, depending mainly on its production, and consequently on the concentration reached within the tissue.

Although many studies have pointed to the gaseous neuromodulator nitric oxide (NO) as a key molecule in the whole brain-aging process [18], knowledge about its involvement in the senescent cerebellum is still unclear, due to absence of studies that analyse both the NOS expression and location within the cerebellum during aging. In this sense it is necessary to carry out a comprehensive study that covers all these as yet unexplained facts.

Considering all these antecedents, we hypothesize that aging could develop an overall key role in the modulation of the NO/NOS system in the cerebellum. Consequently, we analysed the response of the NO/NOS system during aging in the cerebellum of the rat. For this, we examined the expression, location and activity of the three nitric oxide synthase isoforms (nNOS, eNOS and iNOS) on mature adults (4 months old) and aged rats (26 months old). The study was completed with the analysis of the nitrotyrosine expression and location in the different experimental groups, and the measurement of nitrogen oxides (NOx) levels.

**Results**

2.1. NOS isoform expression and location

To elucidate the age-related expression patterns of the NOS isoforms in the cerebellum, we performed a western-blot analysis using nNOS, eNOS and iNOS antibodies in rat cerebellar samples of two experimental groups: adult (Ad) and aged (Ag) animals (Figure 2). In all cases, we detected a similar expression pattern; and no statistical differences between adult and aged rats in any case were found (Figure 2).

In addition, we performed an immunohistochemical study of the *in situ* expression and location of these three isoforms in the cerebellum of both groups. In the cerebellar cortex of adult and aged rats, nNOS-immunoreactive (nNOS-IR) basket-cell bodies as well as their processes surrounding Purkinje cell soma were detected (Figure 3). Some stellate cells of the molecular layer were also nNOS-IR in both experimental groups. On the other hand, granule cells were the most abundant nNOS-IR

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**Figure 2 Western-blot analysis of nNOS, eNOS and iNOS expression in the rat cerebellum**

Top panels: densitometric quantification of the NOS isoforms in the cerebellum of adult and aged rats (Ad, Ag). Bottom panels: representative autoradiographies of the corresponding nNOS, eNOS and iNOS bands; α-tubulin immunodetection was also included as a protein-loading control. Results are average values of 5 experimental animals in each group and are expressed as ratio of band intensities of the NOS isoform and its corresponding α-tubulin. Data are the means (± S.D.) of five determinations. A.U.: arbitrary units. No statistical differences detected.
Figure 3 Microphotographies of nNOS immunoreactivity in the cortex of rat cerebellum rostro-caudal sections. Panels A and B: adult rat. Panels C and D: old rat. Immunopositive basket cells terminals (arrowheads) and stellate cells (asterisks) of the molecular layer (m) as well as granule cells in the granular layer (g) are immunolabelled in both groups (A-D). p: Purkinje cells layer; pc: Purkinje cells. Scale bars: A and C, 100 μm; B and D, 20 μm.
Figure 4 Photomontage of nNOS immunoreactivity in the nuclei of rat cerebellum rostro-caudal sections. Panels A and C: adult rat. Panels B and D old rat. nNOS immunoreactive neurons (arrowheads) in the fastigial (fg), interposed (ip), and dentate (dt) cerebellar nuclei of adult and aged rats are observed (A-D). Scale bars: A and B, 200 μm; C and D, 20 μm.
type detected in the cerebellum of both adult and aged animals. Neither marked Purkinje cell bodies nor processes were detected in any experimental group. nNOS-IR neurons of the deep cerebellar nuclei were noted in both age groups, where neuronal bodies and processes were stained in the three (fastigial, interposed and dentate) nuclei (Figure 4).

Using a specific antibody against the endothelial NOS isoform, the only cerebellar eNOS-immunoreactive (eNOS-IR) cell populations detected in both experimental groups corresponded to vascular endothelial cells and Purkinje cells (Figure 5). Both in adult and in old animals, marked neurons of the three cerebellar nuclei were appreciated (Figure 6).

In relation to distribution of iNOS-immunoreactivity in the cerebellar cortex, only Purkinje cell bodies showed light but well-defined labelling in both experimental groups (Figure 7). On the other hand, cerebellar nuclei showed a different pattern of immunostaining with aging, since no reactive neurons were detected in adult rats but profusely immunostained neurons appeared in old rats (Figure 7).

**NADPH-diophorase activity**

In the molecular and granular layers of the cerebellar cortex, a diffuse and uniformly distributed NADPH-diophorase histochemical staining was detected, this labelling being more intense in 26-month-old rats than in 4-month-old rats (Figure 8). Neurons of the deep cerebellar nuclei showed a diffuse but strong staining both in adult and aged rats, although the intensity was higher in old rats (Figure 8). Some blood vessels of the *arbor vitae* (i.e., the white matter surrounding the deep nuclei) were also labelled in both experimental groups (Figure 8).

**Nitrated protein expression and location**

The western-blot analysis detected seven n-Tyr-immunoreactive (n-Tyr-1R) bands in the cerebellum of both age groups. These bands correspond to proteins with molecular weights of 121, 45, 43, 35, 33, 30 and 27 kDa. Notwithstanding, in the densitometric quantification, the total sum of nitrated proteins was considered, the bulk nitrated protein levels being significantly higher in 26-month-old rats (Figure 9).

In the cerebellar cortex of adult rats, nitrotyrosine immunoreactivity was restricted to Purkinje cells and to some glial cells located mainly in the white matter (Figure 10); no immunolabelling was observed in neurons of the other cortical layers (Figure 10). In the aged cerebellar cortex, n-Tyr-IR was found in glial cells as well, these cells being widely distributed within the cortex and white matter (Figure 10). Purkinje cells of the aged rats were also immunolabelled and, in a few cases, their upward processes rising towards the molecular layer were found to be retracted (Figure 10). In relation to cerebellar nuclei no immunoreaction was detected, either in neurons or glial cells of adult animals, although both types of cells were immunoreactive in aged rats (Figure 10).

**Total nitrogen oxides (NOx)**

To ascertain age-related features of the NO production and accumulation in the cerebellum, tissue measurements of the NOx were made on denatured homogenates from adult (Ad) and aged (Ag) animals. Figure 11 shows the total nitrogen oxides (NOx) in the two experimental groups. Although there were higher NOx levels in adult rats, no statistical significance appeared between both ages.

**Discussion**

In this study, we analyse the NO/NOS system and its involvement in the aging process in rat cerebellum. More specifically, the three NOS isoforms (nNOS, eNOS and iNOS) expression analysed by western-blot in the cerebellum of adult and aged individuals did not show any change with aging. This result confirms previous studies of our group [4], which only found changes in the expression of these enzymes when comparing young rats (sexually immature) with adult and old ones, but not between these two last groups. However, our results regarding NOS cellular distribution and activity, show new data that make it possible to appreciate age-related changes not detected by means of protein-expression studies solely.

Regarding the location of the three NOS isoforms within the different cell populations of the cerebellum, our data on adult animals were generally consistent with those previously reported by other authors [19-23]. In older animals, however, we found some changes related mostly to iNOS. These age-dependent changes suggest the possibility that the NO pathways involved in the cerebellar functions, previously established by other authors [24-26], might suffer certain changes during senescence. Although further analyses will be necessary to elucidate the positive/negative role of such changes, previous studies of our group [27] have suggested that aging appears to induce a type of preconditioning towards ischemic hypoxia in the cerebellum, possibly due to high baseline nitration levels, a feature also found in this study as we discuss later.

In relation to the immunohistochemical results, we have observed that the basket-cell processes surrounding Purkinje cell soma were nNOS-positive; this suggests that Purkinje cells may act as NO targets, a fact consistent both with the presence of nitrated proteins in Purkinje cells. These findings regarding nNOS location coincide with those described in adult rats [20,22], and also indicate that there are no significant changes associated to
Figure 5 Microphotographies of eNOS immunoreactivity in the cortex of rat cerebellum rostro-caudal sections. Panels A and B: adult rat. Panels C and D: old rat. eNOS immunoreactive Purkinje cells (pc) and blood vessels (arrowheads) can be appreciated in both age groups. g: granular layer; m: molecular layer; p: Purkinje cells layer; wm: white matter. Scale bars: A and C, 100 μm; B and D, 20 μm.
aging in relation to the nitrergic system involved in Purkinje cells functions.

As previously mentioned, eNOS expression in the cerebellum shows no age-related changes when analysed by means of western-blot. This result coincides with those found by other authors, both in cerebral cortex [28] and cerebellum [4,18]. Few works show eNOS location in the cerebellum; all these studies agree on the eNOS vascular location [22]; in addition, studies by our group [29] and others [30], have also found this isoform in Purkinje cells and neurons of the cerebellar nuclei as well.

According to our data, iNOS immunoreactivity in the cerebellar cortex is restricted to a faint mark in Purkinje cells in 4 and 26-month-old rats. On the contrary, while in adult individuals no iNOS-immunoreactive (iNOS-IR) neurons were observed in the cerebellar nuclei, interestingly, in the aged rats intensely marked neurons appeared. However, although cerebellar iNOS location pattern differs between both age groups, the overall iNOS expression in the cerebellum does not show significant differences with aging. In this sense, previous studies of our group [4] and other authors [31] have shown no changes in the expression of iNOS during aging as well, but only as a result of sexual maturation.

After treatment with aldehydes, only NOS-related NADPH-diaphorase (NADPH-d) activity remains, so that NADPH-d histochemical staining is usually used as a complementary method for the indirect demonstration of NOS activity by light microscopy [32,33]. Further, some authors [34] have demonstrated a patchy expression pattern in the cerebellum of adult mice, but only in the granular layer. However, in the cerebellum of both adult and old rats, we detected a diffuse and uniformly distributed NADPH-diaphorase histochemical staining. Thus, we found similar location patterns between the two experimental groups, although the intensity of the histochemical mark is higher in the 26-month-old rat group. In addition, some studies have demonstrated an association of NADPH-d activity with NOS activity [35-38]. Considering all these facts, we could postulate that although overall NOS expression does not vary with age, NOS activity or at least that of one of its isoforms seems to be increased in older animals.

Our results also indicate an increase in protein nitration with aging, and the presence of n-Tyr-immunoreactive (n-Tyr-IR) Purkinje cells in both age groups. These data are consistent with those reported by Chung and collaborators [5]. In addition, in the aged cerebellum we have found some Purkinje cells that show retraction phenomena affecting its apical processes, which could in turn affect the functionality of the cerebellar cortex. This phenomenon has been previously described in the ischemic rat cerebellum by Rodrigo and collaborators [20]. We have also detected n-Tyr-IR glial cells, which could imply a mismatch in their defence and trophic support functions, thus influencing cerebellar neurons life expectancy as previously described by other studies [39] during aging.

The NOx levels analysed in this study do not vary significantly with the age of the rat; this fact is consistent with the stability in NOS expression, but not with the increased diaphorase activity previously described. Nevertheless, if we consider the protein nitration boost detected during aging, it could be interpreted that NO produced during senescence is assigned to a greater extent in the aged animals to protein nitration. The experimental procedure used for NOx determination detects only NO measured as nitrate plus nitrite, but not the NO bound to tyrosine residues. This fact could explain the gap between the increased protein nitration data and the invariability in NOx levels detected during aging. Moreover, Jesko and collaborators [40] stated that nNOS is the main responsible, by means of phosphorylation, for NOS activity during aging. NADPH-d activity can also be related to eNOS [35] as well, but some studies indicate a decline in the catalytic activity of eNOS in the...
aged cerebellum [18]. Taking into account these data and that we have not found any differences between nNOS and eNOS expression or location with aging, we could hypothesise that the increased NADPH-d activity, and the subsequent increase in protein nitration detected during aging may not be due to eNOS, but further analysis are required.

**Conclusions**

In summary, the NO/NOS system suffers from a number of changes with aging in the cerebellum: 1) A change in the cellular distribution of iNOS but not in its expression.

2) Greater NADPH-d activity, and 3) An increased protein nitration. These results suggest that there are changes affecting the NO/NOS system and the destiny of the NO produced during aging in the cerebellum, such as variations in the production of reactive oxygen or decreases in anti-oxidation protection mechanisms.

**Methods**

**Animals**

The study was performed on 10 adult (Ad) (4-5 months old) and 10 aged (Ag) (26-27 months old) male albino Wistar rats kept under standard conditions of light and
Figure 8 Microphotographies of NADPH-diaphorase activity in the cortex and nuclei of rat cerebellum rostro-caudal sections. Panels A, C and E: adult rat. Panels B, D and F: old rat. In adult and aged animals an uniform but diffuse mark is widely spread within the cerebellar cortex layers (A-D) and the three cerebellar nuclei: fastigial (fg), interposed (ip), and dentate (dt), although the intensity of the staining is higher in the aged animals (B, D). g: granular layer; m: molecular layer; p: Purkinje cells layer; wm: white matter. Scale bars: A, B, E and F, 200 μm; C and D, 100 μm.
temperature and allowed ad libitum access to food and water. All procedures were carried out in accordance with the European Communities Council Directive (86/609/EEC), reviewed by the Ethics Committee of the Spanish Council for Scientific Research and approved by the Committee of Bioethics of the University of Jaén.

Antibodies
All the antibodies used in this study have been previously tested by our group and others, showing specificity for their respective antigens [4,27,29,41-43].

Western-blot analysis
For western-blot analysis, the cerebella from 5 animals from each group were dissected and stored at -80°C until used. Tissues were homogenized in 1/3 (w/v) of 30 mM Tris-HCl pH 7.4 containing 0.5 mM DTT, 1 mM EDTA, 1% SDS and protease inhibitors. The resulting homogenates were centrifuged for 1 h at 100,000xg. All the procedures were performed at 0 - 4°C. Protein concentrations in the supernatants were determined by the Bradford method [44]. Equal amounts of the denatured proteins per lane were loaded and separated on a 7.5% (NOS) and 10% (Nitrotyrosine) SDS-polyacrylamide gel (Mini Protein 3, Bio-Rad, Hercules, CA, EE.UU.), as described by Laemmli [45]. Afterwards, proteins were transferred to a PVDF membrane (Immobilon-P, Ref.: IPVH00010, Millipore, Billerica, MA, USA). The membranes were blocked with 5% powdered non-fat milk in 25 mM Tris-HCl, pH 7.6, 137 mM NaCl, 2.6 mM KCl, 0.1% Tween-20 and incubated overnight at 4°C with diluted, rabbit polyclonal anti-nNOS (1:3000, gift from V. Riveros-Moreno of Welcome Research Laboratories, Berkhenem, UK), monoclonal anti-iNOS and anti-eNOS (1:800, Transduction, Lexington, KY, USA), and rabbit polyclonal anti-nitrotyrosine (1:2000, produced by our group) [46] in blocking solution. Bound antibody was revealed by means of an enhanced chemiluminescence kit (Amersham, Little Chalfont, UK) according to the manufacturer’s instructions. After immunodetection, membranes were probed with anti-α-tubulin (Sigma, St. Louis, MO, USA) as a loading control. The relative amount of the proteins in each sample was quantified by densitometric scanning and expressed as arbitrary units (A.U.).

Immunohistochemical procedure
For immunohistochemical procedures, cerebella from 5 adult (Ad) and 5 aged (Ag) rats were extracted and processed as follows. Deeply anaesthetized animals (15 mg/100 g B.W. i.p.; Ketolar. Parke Davis, Madrid, Spain) were perfused through the left ventricle with 50 ml of carbogened 0.01 M phosphate-buffered saline (PBS; pH 7.4), and then with 300 ml of 4% paraformaldehyde in 0.1 M phosphate buffer (PB). The cerebella were removed and then postfixied for a further 4 h in the same fixative at room temperature. Samples were then cryoprotected by immersion overnight at 4°C in 0.1 M PB containing 30% sucrose. After that, the cerebella were embedded in O.C.T medium and frozen in 2-methylbutane pre-chilled in liquid nitrogen. Serial rostro-caudal sections (40 μm) were cut using a cryostat (Cryocut 1800. Reichert Jung, Wetzlar, Germany). Free-floating sections were incubated for 4 h in PBS containing 0.1% Triton X-100, and then in: nNOS, 1:900 (this antiserum was a gift from Dr. V. Riveros Moreno of Welcome Research Laboratories, Beckenhamp, UK; [43]); eNOS and iNOS, 1:150 (Transduction, Lexington, KY, USA); and in nitrotyrosine, 1:1,000 [46] antisera diluted in PBS containing 0.2% Triton X-100, overnight at 4°C. After several rinses in PBS, and depend-
Figure 10 Microphotographies of n-Tyr immunoreactivity in the cortex and nuclei of rat cerebellum rostro-caudal sections. Panels A, E and G: adult rat. Panels B, C, D, F and H: old rat. n-Tyr immunoreactivity can be detected in the Purkinje cells (pc) of adult and old animals (A-D). In the aged animals, n-Tyr-IR glial cells (arrowheads) widely distributed within the white matter (wm) and the three layers of the cerebellar cortex are observed (B, C, F). Some glial cells (arrowheads) showing immunoreactive processes (arrow) surrounding blood vessels (v) were also present in old animals (F). In the adult individuals, n-Tyr-IR glial cells (arrowheads) are detected as well (A, E). Detail of retracted Purkinje cell (pc) apical processes (asterisk) in the aged rat cerebellum (D). Highly marked neurons (nr) and glial cells (arrowheads) are observed in the fastigial nucleus (fg) of old rats (H) but not in adult rats (G). g: granular layer; m: molecular layer; p: Purkinje cells layer. Scale bars: A and B, 200 μm; C-F, 20 μm; G and H, 100 μm.
Homogenates were then sonicated and centrifuged at 100,000xg for 60 min at 4°C. The nitrate plus nitrite (NOx) was determined in the supernatants using a colorimetric kit according to the manufacturer’s instructions (Nitrate/Nitrite colorimetric Assay Kit. Cayman Chemical, Ann Arbor, MI, USA).

**Statistical analysis**

Data are expressed as means ± S.D. Student’s t test was performed to evaluate the significance of differences between groups, accepting p < 0.05 as the level of significance.

**List of abbreviations**

(ad): adult; (ag): aged; (eNOS): endothelial nitric oxide synthase; (IR): immunoreactivity; (iNOS): inducible nitric oxide synthase; (nNOS): neuronal nitric oxide synthase; (NO): nitric oxide; (NOS): nitric oxide synthase; (NOx): nitrogen oxides; (n-Tyr): nitrotyrosine; (PB): phosphate buffer.

**Authors’ contributions**

SB carried out all the experiments, participated in the data analysis and drafted the manuscript. FJM carried out the immunohistochemical and histochemical experiments. LC participated in the western blotting and data analysis. MLM participated in the design of the study and performed the statistical analysis. RH helped with the NOx studies. AJ helped with the immunohistochemical and histochemical experiments. AR participated in the western blotting analysis. EML helped with the western blotting data analysis. ES participated in NOx studies data analysis. MAP conceived of the study, and participated in its design and coordination and helped to draft the manuscript. All authors read and approved the final manuscript.

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