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Direction-Dependent Parity-Time Phase Transition and Non-Reciprocal Amplification with Dynamic Gain-Loss Modulation

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We show that a dynamic gain-loss modulation in an optical structure can lead to a direction-dependent parity-time (PT) phase transition. The phase transition can be made thresholdless in the forward direction, and yet remains with a non-zero threshold in the backward direction. As a result, non-reciprocal directional amplification can be realized. Such a dynamic gain-loss modulation can be directly integrated with a semiconductor laser to provide optical isolation for the laser.

I. INTRODUCTION

There have been significant recent interests in the fundamental quantum physics related to parity-time (PT) symmetry, as well as in the applications of PT symmetry in both optical and electromagnetic structures [1–12]. In particular, the connection between PT symmetry and non-reciprocity has been extensively discussed [13–21]. Optical structures exhibiting PT symmetry are typically described by scalar, time-independent dielectric functions. These structures cannot exhibit any non-reciprocity in their linear optical properties [13, 14, 22, 23]. In order to achieve non-reciprocal response, most existing works exploit the significant nonlinearity-enhancement provided by the PT-phase transition [13, 15–20]. Nevertheless, it has been shown that nonlinear non-reciprocal devices are fundamentally constrained by dynamic reciprocity, which significantly limits the practical functionalities of these devices [24].

In this paper we propose an alternative route to achieve non-reciprocity in PT-symmetric structures. We show that non-reciprocal directional amplification can arise in structures under a dynamic material gain-loss modulation. In particular, the gain-loss modulation induces a direction-dependent PT phase transition that is thresholdless in the forward direction [8, 12, 25], but with a non-zero threshold in the backward direction. Consequently, non-reciprocal directional amplification and complete optical isolation can be achieved in the linear regime in the PT system.

Related to our work, it has been shown that the dynamic modulation of the real part of the dielectric constant can be used to construct optical isolators and circulators [26–29]. The underlying dynamics in the systems in Ref. 26–29 however is Hermitian and is qualitatively different from the non-Hermitian physics that we discuss here, which arise from the modulation of the imaginary part of the dielectric constant. Non-reciprocal directional amplification has been theoretically considered in Ref. 30–35, and experimentally implemented using Josephson junctions or optomechanical interactions [33, 34, 36, 37]. None of these works however made use of PT-symmetry concepts. Our approach points to a previously unrecognized connection between PT-symmetry and non-reciprocal physics. From a practical point of view, unlike all existing approach to directional amplification, the proposed scheme here does not rely upon the use of resonators and is inherently broad-band. Furthermore, the gain-loss modulation is more straightforwardly integrable with standard semiconductor laser structures, and can be employed to protect laser sources from back-propagating noises.

Figure 1. (a) Schematic of a dielectric waveguide under gain-loss modulation. The waveguide has a width of d. Gain-loss modulation is applied in the region indicated between the dashed lines. (b) Band structure of the dielectric waveguide. The red (light gray) and blue (dark gray) curves show the even and the odd bands. The light cone is indicated by the shaded region. Modes |1⟩ and |2⟩ in the forward (k > 0) propagating direction are coupled by the gain-loss modulation. Insets: the electric field modal profile of modes |1⟩ and |2⟩, respectively.
II. THEORY

A. Dynamic material gain-loss modulation

To illustrate the basic concept, we consider the dielectric waveguide structure schematically shown in Fig. 1a. The gain and loss in the waveguide is modulated as a function of space and time. Mathematically, we can represent the modulation in gain and loss by a time varying conductivity as

\[ \hat{\sigma}(x, z, t) = \delta \sigma f(x) \cos(qz - \Omega t + \phi) \]  

Here, \( \delta \sigma \) is the modulation strength. \( f(x) \) is the modulation profile in the \( x \) direction. \( q \) is the wavevector. \( \Omega \) is the modulation frequency. \( \phi \) is the modulation phase. We assume \( f(x) \) is an odd function of \( x \). In an laser waveguide, gain and loss modulations can be achieved by controlling the pumping levels at different positions.

The waveguide without modulation has a photonic band structure as shown in Fig. 1b, which has two bands of modes that are even or odd with respect to the center plane of the waveguide. The field profiles of these modes are shown in the inset of Fig. 1b. Here for simplicity we consider only transverse-electric modes, which have the electric field perpendicular to the \( xz \)-plane. In general, the modulation profile in Eq. 1 can couple modes from the two bands with opposite symmetry, with their frequencies separated by \( \Omega \). Considering only two modes involved in the coupling, the electric field in the waveguide can be written as

\[ E(x, z, t) = a_1 |1\rangle + a_2 |2\rangle, \quad |1, 2\rangle = E_{1,2}(x) e^{i(k_{1,2}z - \omega_{1,2}t)} \]  

where \( E_{1,2}(x) \) is the modal profile in \( x \), which are normalized so that \( |a_{1,2}|^2 \) are the intensity of the respective modes. \( k \) and \( \omega \) are the wavevector and the frequency of each mode. Defining \( \psi(z) = (a_1(z), a_2(z))^T \), the equation of motion in the modulated waveguide can be derived using coupled mode theory [26]:

\[ i \partial_z \psi(z) = H(z) \psi(z), \]

\[ H(z) = \begin{pmatrix} 0 & -i C e^{i \Delta k z - i \phi} \\ -i C e^{-i \Delta k z + i \phi} & 0 \end{pmatrix} \]  

where \( \Delta k = k_2 - k_1 - q \) is the wavevector mismatch, and \( C = \frac{\delta n}{\delta} \int f(x) E_1(x) E_2(x) dx \) is the coupling strength.

B. Direction-dependent \( \mathcal{PT} \) phase transition

Eq. 3 is in the form of a time-periodic Schrödinger equation with \( z \) taking the role of time. The Hamiltonian \( H(z) \) satisfies the \( \mathcal{PT} \) symmetry defined as [38–41]

\[ \mathcal{P} = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}; \quad \mathcal{T} H(z) \mathcal{T}^{-1} = H^*(-z) \]  

The definition of \( \mathcal{P} \) stems from the fact that mode \( |1\rangle \) is even under parity operation, while mode \( |2\rangle \) is odd.

As a result of the \( \mathcal{PT} \) symmetry, the Floquet quasi-energies of the system must be either real or complex conjugate pairs. A proof can be found in Appendix A. To obtain the Floquet eigenstates and the quasi-energies, we first solve for the evolution operator \( U(z, 0) \) defined by \( \psi(z) = U(z, 0) \psi(0) \):

\[ U(z, 0) = \begin{pmatrix} e^{i \Delta k z / 2} \left( \cosh C' z - i \frac{\Delta k}{C} \sinh C' z \right) & -e^{-i \phi} e^{i \Delta k z / 2} \frac{C}{C'} \sinh C' z \\ -e^{i \phi} e^{-i \Delta k z / 2} \frac{C}{C'} \sinh C' z & e^{-i \Delta k z / 2} \left( \cosh C' z + i \frac{\Delta k}{C} \sinh C' z \right) \end{pmatrix} \]  

where \( C' = \sqrt{C^2 - (\Delta k / 2)^2} \). Then, the quasi-energy \( \epsilon \) of the system can be obtained by letting \( e^{-i \epsilon \zeta} \psi(0) = U(\zeta, 0) \psi(0) \), where \( \zeta = 2\pi / \Delta k \) is the period of the Hamiltonian along \( z \). The obtained quasi-energies are

\[ \epsilon_\pm = \frac{\Delta k}{2} \pm C \sqrt{\left( \frac{\Delta k}{2C} \right)^2 - 1} \quad (\text{mod } \Delta k) \]  

From Eq. 6, we observe that the system has a \( \mathcal{PT} \) phase transition controlled by the ratio \( \Delta k / 2C \) as shown in Fig. 2a. If the wavevector mismatch dominates over the coupling strength, i.e. \( \Delta k > 2C \), the system is in the exact \( \mathcal{PT} \) phase. Both quasi-energies are real, and the Floquet eigenmodes do not experience gain or loss.

On the other hand, for small wavevector mismatch, i.e. \( \Delta k < 2C \) the system is in the broken phase where the quasi-energies of the system split into complex conjugate pairs. Thus, one of the Floquet modes will be amplified in the system.

We now consider a gain-loss modulation that provides a phase-matched coupling between two modes with different wavevectors in the forward direction as illustrated in Fig. 1b. Such a modulation introduces a direction-dependent \( \mathcal{PT} \) phase transition as is shown in Fig. 2b. In the forward direction, \( \Delta k_f = k_1 - k_2 - q = 0 \). From Eq. 6, the quasi-energies become \( \epsilon_\pm = \pm i C \). Thus the quasi-energies split into complex conjugate pairs as soon
For the backward direction however, exhibits a thresholdless gain-loss modulation does not provide phase-matched amplification or attenuation as is shown in Fig. 3b, again in agreement with the analytical results derived above. The numerical simulation here thus provides a validation of the theory presented above.

In the following, we numerically demonstrate the non-reciprocal effects predicted above using finite-difference time-domain (FDTD) simulations. We assume a waveguide with a permittivity of \( \varepsilon = 12.75 \), and a width of \( d = 1 \). We select two modes of the waveguide as shown in Fig. 1b. Mode \( |1\rangle \) has a frequency of \( \omega_1 = 0.165 \) and a wavevector of \( k_1 = 0.5 \), while mode \( |2\rangle \) has \( \omega_2 = 0.213 \) and \( k_2 = 0.4 \). The frequencies and the wavevectors are normalized to \( 2\pi c_0/d \) and \( 2\pi d, \) respectively. All the lengths below are normalized to \( d \). A section of the waveguide with a length of \( l = 20 \) is under gain-loss modulation. The modulation has a frequency \( \Omega = 0.048 \) and a wavevector \( q = 0.1 \), chosen to match the two modes in the forward direction. The modulation strength \( \delta \sigma \) is 1.

We input a Gaussian pulse in mode \( |1\rangle \) from either left or right with a normalized peak intensity of 1 as shown in Fig. 3a. In the forward direction, the input mode \( |1\rangle \) evolves into a linear superposition of \( |1\rangle - e^{i\phi} |2\rangle \), amplified, while the other mode, \( |1\rangle + e^{i\phi} |2\rangle \), is attenuated. Thus, if \( |1\rangle \) is the input to the waveguide, then the output becomes \( \cosh(Cz) |1\rangle - e^{i\phi} \sinh(Cz) |2\rangle \), providing amplification to the input mode. In fact, input in the forward direction with any modal profile including \( |1\rangle, |2\rangle \) or any of their combination except \( |1\rangle + e^{i\phi} |2\rangle \), will be amplified. In contrast, the system is in the exact PT phase in the backward direction. The Floquet eigenmodes are \( |1\rangle \) and \( |2\rangle \), with both quasi-energies approaching 0. Thus an input mode in the backward direction, with any modal profile, does not experience any gain or loss.

We notice that in general the system described by Eq. 3 is non-Hermitian, and the evolution operator \( U \) is not unitary. Thus, in general mode propagation in the system does not preserve mode orthogonality or the total energy flux. Instead, for any \( \Delta k \), the evolution operator \( U \) in Eq. 5 is symplectic satisfying \( \det(U) = 1 \). Hence, with any input mode profile, the intensity difference between modes \( |1\rangle \) and \( |2\rangle \) is always conserved. Such a symplectic dynamics is qualitatively different from the previously studied unitary dynamics in systems undergoing modulations in the real part of the dielectric function [26].

### III. NUMERICAL DEMONSTRATION

In the following, we numerically demonstrate the non-reciprocal effects predicted above using finite-difference time-domain (FDTD) simulations. We assume a waveguide with a permittivity of \( \varepsilon = 12.75 \), and a width of \( d = 1 \). We select two modes of the waveguide as shown in Fig. 1b. Mode \( |1\rangle \) has a frequency of \( \omega_1 = 0.165 \) and a wavevector of \( k_1 = 0.5 \), while mode \( |2\rangle \) has \( \omega_2 = 0.213 \) and \( k_2 = 0.4 \). The frequencies and the wavevectors are normalized to \( 2\pi c_0/d \) and \( 2\pi d, \) respectively. All the lengths below are normalized to \( d \). A section of the waveguide with a length of \( l = 20 \) is under gain-loss modulation. The modulation has a frequency \( \Omega = 0.048 \) and a wavevector \( q = 0.1 \), chosen to match the two modes in the forward direction. The modulation strength \( \delta \sigma \) is 1.

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Figure 3. (a) and (b), transmission of an input pulse in mode $|1\rangle$ in the forward and backward direction, respectively. The intensity spectrum of the input pulse is shown by the blue (dark gray) curve. The output spectra are shown by the red (light gray) curves. Electric field distribution are shown in the insets of (a) and (b), in which the wave propagation direction is marked by the black arrow. The gain-loss modulated region is indicated in the red (gray) rectangle. (c) The mode-to-mode transmission coefficient spectrum from mode $|1\rangle$ to mode $|1\rangle$ in the forward (red or light gray) and backward (blue or dark gray) directions, respectively.

Figure 4. A visualization of the directional gain in a waveguide with gain-loss modulation (marked by the red rectangle) and a tapered region. The electric field distribution for the forward and backward propagation waves are shown in (a) and (b), respectively. The width of the linearly tapered region changes from 1 to 0.5. The field is only amplified in the forward direction in (a) but not reversed in (b).

provide a single mode response with directional amplification, one can use a passive reciprocal structure to filter out the odd mode. An example is shown in Fig. 4, where we have used a tapered waveguide region as a modal filter [42–45]. The tapered region has the same dielectric constant as the waveguide. It has a length of 25, and its width linearly changes from 1 to 0.5. As is shown in Fig. 4a, in the forward direction, an input mode $|1\rangle$ is amplified by the gain-loss modulation region. Then, since the generated mode $|2\rangle$ is not guided in the narrower part of the tapered region, it leaks out of the waveguide, leaving an amplified mode $|1\rangle$ at the output on the right side. In contrast, in the backward direction, input mode $|1\rangle$ propagates through the tapered region and the modulated region without any amplification, as is shown in Fig. 4b. We note such a filter scheme is based on the modal profile rather than the frequency and hence can preserve the broad-band nature of the device, even in the case where the modulation frequency is small.

IV. DEVICE APPLICATION

A. Optical isolation

With directional gain available, it is straightforward to construct non-reciprocal optical isolation. One can connect the gain-loss modulation region with an lossy waveguide region, so that the wave has a net unit-transmission in one direction, while it is attenuated in the other direction. Both such lossy waveguide, as well as the tapered waveguide region as discussed above, are reciprocal elements and are standard in integrated photonic circuits.

We emphasize here that any semiconductor laser system, by its very construction, already has the mechanism to introduce gain-loss modulations, since the gain or loss of the active medium depends on the applied pumping. Thus, an isolator based on our approach can be directly integrated into the laser structure. This could significantly simplify the integration of semiconductor lasers into integrated photonic circuits.

It is also important to note that the performance of the scheme here, i.e. the contrast ratio of the non-reciprocal transmission, scales with the device length. Thus, the
strength of the optical isolation here can be arbitrarily set according to demand, by adjusting the device length.

B. Broadband operation

The non-reciprocal directional amplification discussed here can operate over a broad bandwidth, provided that modes |1⟩ and |2⟩ are in the parallel region of the even and odd bands in Fig. 1b. Then, if a gain-loss modulation induces a phase-matched coupling between two modes with ω₁, k₁ and ω₂, k₂, it also induces a phase-matched coupling between modes ω₁ + δω, k₁ + δk and ω₂ + δω, k₂ + δk [26]. As a demonstration, in Fig. 3c we show the the mode-to-mode transmission spectrum for the even mode |1⟩ in both directions. In the forward direction, the transmission exceeds unity in a broad frequency range of 0.06-0.24, while in the backward direction the transmission is nearly constant at 1. Thus, significant non-reciprocal directional gain can occur in a broad frequency range with its width comparable to its center frequency. As a result, in practical device applications, the operation bandwidth will only be limited by the gain bandwidth of the materials. The broadband characteristics here is in contrast with existing schemes on directional amplifications, which are all based on resonant interactions and hence are inherently narrow-banded.

C. Realistic device design

In the above demonstration, we have assumed a modulation frequency of Ω/ω ≈ 0.3, and a modulation strength of δσ = 1, which corresponds to a modulation strength in the imaginary part of permittivity of δε₁/ε = δσ/ωε ≈ 0.1. In today’s semiconductor laser technology, the achievable modulation frequency is a few tenth of gigahertz [46], corresponding to a smaller modulation frequency of Ω/ω ≈ 10⁻⁴. The gain coefficient in these lasers typically reaches well over 5 × 10⁷ cm⁻¹ [47], corresponding to a large gain-loss modulation strength of δε₁/ε ≥ 0.1. Thus the assumed modulation strength in the numerical demonstration is within the current experimental capabilities.

We note that in today’s semiconductor laser technology in the telecommunication wavelength range [46], the achievable modulation frequency can reach above 50 GHz. For a laser operating at 1.55 μm, if we assume the applied gain-loss modulation is phase-matched for the forward direction, then the wavevector mismatch in the backward direction is Δk₀ = 72 cm⁻¹ [26]. To ensure the backward direction is in the PT unbroken phase, i.e. with no gain or loss, the coupling strength must satisfy 2C ≤ Δk₀. Thus the maximal allowed C is 36 cm⁻¹. Recall that ±iC are the Floquet quasi-energies in the forward direction, i.e. C is the gain coefficient of the modes in the forward direction. 36 cm⁻¹ translates into around 15 dB/mm.

The required modulation strength δσ can be calculated using C = δσ ∫ f(x)E₁(x)E₂(x)dx, where f(x) = 1 for 0 < x < d/2 and f(x) = -1 for -d/2 < x ≤ 0. E₁,₂(x) are the modal profiles. The effective modulation strength in the imaginary part of the permittivity can then be approximated by δε₁ ≈ δσ/ω, where ω is the frequency of light at 1.55 μm. This gives an modulation strength of δε₁/ε ≈ 1.0 × 10⁻³. Such a modulation strength is readily achievable with today’s semiconductor laser technology.

In a realistic semiconductor laser waveguide, changes in the real part of the refractive index can sometimes accompany the gain-loss modulations. There are a number of experimental situations where the strength of gain-loss modulation is significantly larger than the strength of associated index modulation [48-52]. For these situations our discussions here focusing only on the gain-loss modulation is a good approximation. In the case where both index and gain-loss modulations exist, the non-reciprocal gain/loss effect still persists in the system. Additional information can be found in Appendix B.

V. CONCLUSION

In summary, we have shown that dynamic gain-loss modulations in a dielectric waveguide structure can give rise to a direction-dependent PT phase transition that is thresholdless in the forward direction but with a non-zero threshold in the backward direction. As a result, non-reciprocal directional gain and complete optical isolation can be achieved in the linear regime. The new mechanism of direction-dependent PT-phase transition is a previously unexplored connection between PT symmetry and non-reciprocal physics. The obtained non-reciprocal gain effect here is broad-band, and the isolator structure is directly integrable with standard semiconductor lasers. The performance of such a device scales with its length, thus can be controlled based on needs. Further exploration of this connection may offer new opportunities in studying novel non-Hermitian topological physics in dynamic and non-reciprocal systems [53-57].

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Appendix A: Quasi-energy of Floquet PT-symmetric system

We assume H(x, t) is the Hamiltonian of a non-Hermitian Floquet system satisfying H(t + τ) = H(t). We further assume H(x, t) satisfies the following PT
which leads to

$$[H(x,t) - i\partial_t] \phi(x,t) = \epsilon \phi(x,t)$$  \hspace{1cm} (A3)

Since $H$ satisfy the $\mathcal{PT}$ symmetry, we have

$$\mathcal{PT} [H(x,t) - i\partial_t] (\mathcal{PT})^{-1} \mathcal{PT} \phi(x,t) = \mathcal{PT} \epsilon \phi(x,t)$$

which leads to

$$[H(x,t) - i\partial_t] \phi^*(-x,-t) = \epsilon^* \phi^*(-x,-t)$$  \hspace{1cm} (A4)

which means $\epsilon^*$ is also an Floquet quasi-energy, with the eigenmode $e^{-i\epsilon^* t} \phi(-x,-t)$.

**Appendix B: A system under both index and gain-loss modulations**

Here we perform a numerical simulation of the scenario that both index and gain-loss modulations exist in a waveguide. The setup is similar to that shown in Fig. 3 of the main text, except that we now add a modulation in the real part of the permittivity, denoted $\epsilon(x,z,t)$, with the same modulation strength as the imaginary part,

$$\epsilon(x,z,t) = \delta \epsilon f(x) \sin(qz - \Omega t + \phi)$$  \hspace{1cm} (B1)

Here, $\delta \epsilon = 1$, $f(x)$ is the modulation profile in the $x$ direction, $q$ is the wavevector. $\Omega$ is the modulation frequency, $\phi$ is the modulation phase. The transmission spectrum of the structure in both directions are plotted in Fig. 5. It is observed that, in the presence of both index and gain-loss modulations, the system still shows a contrast in the transmission coefficient of mode $|1\rangle$ in the forward and backward directions. Thus the non-reciprocal gain/loss effect still persists in this scenario.

In a waveguide where the gain-loss modulator and the refractive index modulation are introduced in separate sections, the system can exhibit other interesting effects. For example, such a system can generate a non-reciprocal transmission in a single mode, without producing any associated secondary modes. To demonstrate this, we apply a gain-loss modulation (red or light gray) followed by a index modulated section (blue or dark gray) in the setup shown in Fig. 6. The modulation strength, frequency and wavevector for the gain-loss modulated section are the same as those in Fig. 3. The index modulated section employs the same modulation frequency and wavevector, with a modulation depth of $\delta \varepsilon = 1$. In the forward direction, the gain-loss modulation can amplify an input mode $|1\rangle$, at the same time generate mode $|2\rangle$. Then the following index modulation section can rotate the photons in mode $|2\rangle$ to mode $|1\rangle$. The net effect is an amplified mode $|1\rangle$ only. In the backward direction however, mode $|1\rangle$ propagates through the two sections without invoking mode $|2\rangle$ due to wavevector mismatch. The system thus exhibit non-reciprocal amplification in mode $|1\rangle$ only, without any other associated modes.
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