Simple Audit of Trainee/Trainer Consultation Profiles as a Method of Assessing Whether Non Structured Surgeries Give Adequate Training

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During the year 1983/84 M. B. was attached to our training practice at Fowey. As one of his projects he analysed the consultations he held during his trainee year. He devised his own classification of diseases and the total number of cases seen in the year was as follows:

| Disease Category     | Cases |
|----------------------|-------|
| Respiratory          | 610   |
| Ortho/Trauma         | 306   |
| Neur/Sens.           | 273   |
| C.V.S.               | 265   |
| Gastro. Int.         | 192   |
| Psychiatric          | 191   |
| Prevent/Soc          | 158   |
| Non specific         | 132   |
| Genito/Urin.         | 117   |
| Infection            | 056   |
| Endocrine            | 055   |
| Neoplasia            | 025   |
| **Total**            | **2380** |

This suggested that MB had seen a wide spectrum of general practice during his year as a trainee. FDS was asked to take part in the audit for one week when the cases seen were also divided into acute and chronic conditions. During this week FDS saw 88 patients, 42 with acute conditions and 46 cases with chronic illness whereas MB saw 67 patients (38 acute and 29 chronic). The analysis of the cases are shown in Table 2.

This audit of trainer and trainee consultations over 1 week suggested that MB was experiencing a similar spread of cases as his trainer. This implied that without monitoring or channelling of cases a trainee would appear to be exposed to and gain adequate experience of "normal" general practice. The length of the audit with the small numbers involved was felt to be inadequate to prove that our method of non selection or channelling of cases gave adequate work experience. It was decided to repeat the trainer-trainee audit over a year and to use this audit as a method of introducing the microprocessor as a practice tool and by using the machine give the trainee experience in storing and manipulating data.

**METHODS**

The cases seen by the trainee and the trainer were classified into disease classes and were recorded for the same week at intervals over the trainee year 1984/85(RW). In all seven weeks were audited during this period. The audit was expanded in 1985/86 so that a week’s analysis took place for each month of the year and at CK’s request an age of patient consulting was added. The audit was based on the old RCGP codes which were used in Update to analyse practice consultation with the addition of a special category for consultations whose content was deemed to be of a purely social nature. A list of these categories is shown below in Table 3. Although these are gross in comparison with the latest RCGP classification of diseases they were thought to be adequate for our purposes. The decision to conduct the audit over the year was made to ensure that seasonal variations were assessed to further validate our procedure. A simple spread sheet was used to store data (Mini Office 11).

**RESULTS**

The results are shown below in tabular form. The figures have been expressed as percentages of the total number of patients seen. The age audit is shown in Table 4 and shows the expected result that the trainee was seeing rather more of the younger population although there was a marked difference between the early months and the later months when the figures for October are compared with the total seen over the years by FDS.

| Disease Category | CVS | Orth | Psych | G.I.T. | G.U.S. | Derm | Neuro | Endo | Infec | Resp |
|------------------|-----|------|-------|-------|-------|------|-------|------|-------|------|
| MB               | 7   | 7    | 3     | 4     | 5     | 9    | 9     | 8    | 6     | 19   |
| FDS              | 14  | 11   | 10    | 9     | 9     | 8    | 8     | 6    | 6     | 10   |

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**Table 3**

| Diagnosis          | RCGP NO | R.W.  | F.D.S. | C.K.  | F.D.S. |
|--------------------|---------|-------|--------|-------|--------|
| Communicable Dis.  | 1-43    | 3.8%  | 0.27   | 1.25  | 0.16   |
| Neoplasms          | 50-82   | 0.7   | 1.2    | 0.23  | 2.03   |
| Allergy/Endocrine  | 85-105  | 3.1   | 2.35   | 2.94  | 3.4    |
| Blood              | 110-122 | 1.0   | 1.1    | 0.1   | 0.70   |
| Personal/mental    | 124-151 | 6     | 3.8    | 2.0   | 5.6    |
| C.N.S.             | 155-207 | 3     | 2.8    | 4.63  | 2.9    |
| Circulatory        | 209-307 | 6.9   | 20.5   | 10.97 | 20.4   |
| Respiratory        | 240-272 | 24.1  | 18.7   | 30.4  | 17.76  |
| Digestion          | 274-308 | 6.1   | 4.3    | 7     | 5.88   |
| Genito-urinary     | 310-344 | 8.8   | 8.3    | 6.56  | 7.20   |
| Pregnancy          | 345-366 | 4.6   | 10.4   | 0.8   | 7.3    |
| Skin & Connective  | 368-399 | 12.8  | 7.2    | 13.57 | 7.3    |
| Bones & Joints     | 404-427 | 9.7   | 9.4    | 10.7  | 12.6   |
| Congenital Malform | 429-439 | 0     | 0      | 0     | 0      |
| Disease/Infancy    | 440-451 | 0.90  | 0.4    | 0.9   | 0.5    |
| Symptoms           | 454-464 | 3.3   | 3.8    | 2.0   | 2.4    |
| Trauma             | 467-464 | 1.3   | 1.66   | 0.9   | 0.4    |
| Prophylaxis        | 500-586 | 1.2   | 0.55   | 2.7   | 0.81   |
| Social             |         | 2.3   | 3.0    | 2.15  | 2.8    |
| Total              | 462     | 722   | 1184   | 2111  |

**Table 4**

|        | CK        | FDS       | CK        | FDS       |
|--------|-----------|-----------|-----------|-----------|
|        | TOTAL     | TOTAL     | OCT       | OCT       |
|        | %         | %         | %         | %         |
| 0-4y   | 12.3      | 4.8       | 4.6       | 2.6       |
| 5y-9y  | 10.0      | 2.7       | 6.25      | 1.0       |
| 10y-14y| 5.7       | 2.7       | 6.25      | 3.0       |
| 15y-19y| 8.0       | 4.3       | 7.8       | 0.0       |
| 20y-24y| 4.7       | 5.0       | 4.6       | 2.0       |
| 25y-29y| 6.9       | 5.8       | 0.0       | 9.0       |
| 30y-34y| 7.25      | 5.3       | 14.0      | 3.0       |
| 35y-39y| 7.5       | 0.5       | 9.3       | 5.0       |
| 40y-44y| 4.3       | 4.6       | 6.25      | 7.0       |
| 45y-49y| 5.7       | 4.8       | 9.3       | 2.0       |
| 50y-54y| 6.5       | 6.2       | 9.3       | 8.0       |
| 55y-59y| 3.6       | 11.0      | 5.3       | 9.0       |
| 60y-64y| 6.3       | 9.6       | 1.5       | 7.0       |
| 65y-69y| 3.5       | 7.6       | 2.4       | 8.0       |
| 70y-74y| 3.0       | 10.3      | 2.4       | 19.0      |
| 75y-79y| 2.2       | 6.9       | 4.6       | 8.0       |
| 80y-84y| 1.8       | 2.8       | 1.5       | 1.6       |
| 85y-89y| 0.4       | 0.3       | 1.5       | 0.0       |
| 90y plus| 0.14     | 0.3       | 0.0       | 1.0       |
| Total  | 716       | 1011      | 64        | 100       |

**DISCUSSION**

This audit of consultations undertaken by trainee and trainer has provided us with much valuable data. From the figures it is interesting to note that the trainer appeared to see a similar percentage of cases from year to year. Taken overall the trainees see a similar pattern and possibly an adequate spread of cases over the year for us to feel that the non-selection of surgery cases enable the trainee to obtain a fair insight into practice consultation habits. Comparison with the paper published in the RCGP Journal (1) by Flemmng showed a very similar pattern of cases seen but did not set out with the object of comparison between trainer and trainee. Comparison with the National Morbidity Survey and the General Household Survey did however show some variation particularly for those groups which increase disproportionately with age (e.g. CVS., respiratory system and arthritis.) This was to be expected in Cornwall with its greater than expected elderly population structure. This audit has implications for practice logistics because if our system gave a good exposure and fair training then there would be saving in receptionist and doctor time in arranging the surgeries. It also gave practice information as to the areas in which the training experience was not adequate. Antenatal and pregnancy problems accounted for 4.5% for RW and 0.8% for CK as compared to the trainer who saw 10.4% and 7.3% respectively during the respective years. This justified a change in the trainees timetable to give a better opportunity for experience in this field. The age audit confirmed what we had expected but it is interesting to see the figures of the year for CK compared to the figures for his last month when he appeared to have changed the age pattern to resemble more that seen by FDS. Any

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In applying for funds for setting up an audit system a major consideration is whether staff will be required to work it. Choice of software is dependent on this. Therefore the ability to generate discharge summaries is a useful facility so that secretarial time is effectively saved.

Many software firms are in financial difficulty and obviously it is most important to patronize an established firm in order to avoid the risk of the software getting out of date soon after it has been installed. The contract to service and update the software is of paramount importance. However, carefully the system is designed prior to installation there invariably will be necessary modifications as surgical patterns change, new methods introduced and work patterns modified to suit each surgical unit. At the present time the cost of setting up an audit system is not prohibitively expensive, and should be seriously considered by all with more than ten years professional life ahead.

Two major opportunities were not taken by this audit. The first was not to extend the work of the original audit by MB to look at the numbers of the acute as opposed to the chronic cases seen by the trainee. Secondly, a comparison of the sex ratio of cases seen by male as opposed to female trainees and the trainer and this may have made an interesting paper. (Fortunately this has become of more academic interest with the advent of a lady partner). Whether the use of the microprocessor for storing and manipulation for this audit will have lasting educational effect on the trainees will be reviewed in the future. MB introduced the practice to the computer and we hope that the extended audit will have its intended effect but FDS has some concern over this aspect of anticipated change in attitude!

**REFERENCES**

1. FLEMMING, D. M. RCGP Journal. Vol 36, No. 286. p.212
2. 1981/2 National Morbidity Survey Table 8.8 p.28