Learning to Disambiguate Strongly Interacting Hands via Probabilistic Per-Pixel Part Segmentation

Zicong Fan, Adrian Spurr, Muhammed Kocabas, Siyu Tang, Michael J. Black, Otmar Hilliges

1ETH Zürich, Switzerland  2Max Planck Institute for Intelligent Systems, Tübingen

https://zc-alexfan.github.io/digit

Abstract

In natural conversation and interaction, our hands often overlap or are in contact with each other. Due to the homogeneous appearance of hands, this makes estimating the 3D pose of interacting hands from images difficult. In this paper we demonstrate that self-similarity, and the resulting ambiguities in assigning pixel observations to the respective hands and their parts, is a major cause of the final 3D pose error. Motivated by this insight, we propose DIGIT, a novel method for estimating the 3D poses of two interacting hands from a single monocular image. The method consists of two interwoven branches that process the input imagery into a per-pixel semantic part segmentation mask and a visual feature volume. In contrast to prior work, we do not decouple the segmentation from the pose estimation stage, but rather leverage the per-pixel probabilities directly in the downstream pose estimation task. To do so, the part probabilities are merged with the visual features and processed via fully-convolutional layers. We experimentally show that the proposed approach achieves new state-of-the-art performance on the InterHand2.6M [37] dataset. We provide detailed ablation studies to demonstrate the efficacy of our method and to provide insights into how the modelling of pixel ownership affects 3D hand pose estimation.

1. Introduction

Hands are our primary means for manipulating objects and play a key role in communication. Consequently, a method for estimating 3D hand pose from monocular images would have many applications in human-computer interaction, AR/VR, and robotics. We often use both hands in a concerted manner and, as a consequence, our hands are often close to, or in contact with, each other. Most 3D hand pose estimation methods assume inputs containing a single hand [7, 12, 13, 24, 37, 39, 55, 56, 58, 62, 66]. This is for good reasons: hands display a large amount of self-similarity and are very dexterous. This leads to self-occlusion, which, together with the inherent depth-ambiguities, results in a challenging pose reconstruction problem. Estimating two interacting hands is even more difficult due to the self-similar appearance and complex occlusion patterns, where often large areas of the hands are unobservable.

Recently, Moon et al. [37] proposed a large-scale annotated dataset, captured via a massive multi-view setup, enabling the study of the 3D interacting hand pose estimation task. Their method shows feasibility but struggles with interacting hands. One of the main challenges in the task is ambiguities caused by the relatively homogeneous appearance of hands and fingers. Even the fingers of a single hand...
can be difficult to tell apart if only parts of the hand are visible. Considering hands in close interaction only makes this problem more pronounced. Consider the example in Fig. 1. Here an interacting hand pose estimator struggles to disambiguate the left and the right wrists, reflected in a bi-modal heatmap, resulting in a poor 3D pose estimate.

To address this problem, we introduce DIGIT (DiSambiGuating hands In Teraction), a simple yet effective method for learning-based reconstruction of 3D hand poses for interacting hands. The key insight is to explicitly reason about the per-pixel segmentation of the images into the separate hands and their parts, thus assigning ownership of each pixel to a specific part of one of the hands. We show that this reduces the ambiguities brought on by the self-similarity of hands and, in turn, significantly improves the accuracy of 3D pose estimates. While prior work on hands [6, 66] and body-pose estimation [46, 49, 63] and hand-tracking [16, 40, 61] have leveraged some form of segmentation, most often silhouettes or per-pixel masks, this is typically done as a pre-processing step. In contrast, our ablations show that integrating a semantic segmentation branch into an end-to-end trained architecture already increases pose estimation accuracy. We also show that leveraging the per-pixel probabilities, rather than class labels, alongside the image features further improves 3D pose estimation accuracy. Finally, our experiments reveal that our method helps to disambiguate interacting hands, and improves the accuracy in estimating the relative positions between hands, via a reduction of uncertainty due to self-similarity.

More precisely, DIGIT is an end-to-end trainable network architecture (see Fig. 2) that uses two separate, but interwoven, branches for the tasks of semantic segmentation and pose estimation respectively. Importantly, the output of the segmentation branch is per-pixel logits (i.e., the full probability distribution) rather than the more commonly used discrete class labels so that the uncertainty in part segmentation prediction is preserved. These probabilities are then merged with the visual features and processed via fully convolutional layers to attain a fused feature representation that is ultimately used for the final pose estimates. The network is supervised via a 3D pose estimation loss and a semantic segmentation loss. We show that all design choices are necessary in order to attain the best performing architecture in ablation studies and that the final proposed method achieves state-of-the-art performance on the InterHand2.6M [37] dataset. In summary, we contribute:

1. An analysis showing that SOTA hand-pose methods are sensitive to self-occlusions and ambiguities brought on by interacting hands
2. A simple yet effective end-to-end trainable architecture for 3D hand pose estimation from monocular images that depict two hands, often under self-contact.
3. An approach to incorporate a semantic part-segmentation network and means to combine the per-pixel probabilities with visual features for the final task of 3D pose estimation.
4. Detailed ablation studies of our method revealing a reduction of ambiguities due to the self-similarity of interacting hands, and improvements in estimating 3D hand pose and the relative position between hands.
5. Our method achieves state-of-the-art performance on the InterHand2.6M [37] dataset across all metrics.

2. Related work

Here we briefly review related work in monocular hand pose estimation, reconstruction of the 3D pose of bi-manual interaction, and the use of segmentation in related tasks.

**Monocular 3D hand pose estimation.** Monocular RGB 3D hand pose estimation has a long history beginning with Rehg and Kanade [50]. Surface-based approaches estimate dense hand surfaces by either fitting a hand model to observations or by regressing model parameters directly from pixels [10, 14, 17, 18, 21, 23, 29, 32, 35, 36, 44, 47, 50, 51, 65]. More closely related to ours are keypoint-based approaches, that regress the 3D joint positions [7, 12, 13, 24, 37, 39, 55, 56, 58, 62, 66]. For example, Zimmermann et al. [66] propose the first convolutional network for RGB hand pose estimation. Iqbal et al. [24] introduce a 2.5D representation, allowing training on in-the-wild 2D annotation. However, all of the above approaches assume single-hand images. Recently, Moon et al. [37] introduce a large-scale dataset and a 3D hand pose estimator for images with interacting hands. In our work, we show that existing approaches struggle with occlusions and appearance ambiguities. To this end, we propose a simple yet effective method that can better disambiguate strongly interacting hands and thus improves interacting hand pose estimation.

**Interacting hand tracking and pose estimation.** Model-based approaches to tracking of interacting hands have been proposed [4, 40, 45, 54, 59, 61] as well as multi-view methods to reconstruct the pose of interacting hands [20, 37, 53]. Oikonomidis et al. [45] provide a formulation to track interacting hands using Particle Swarm Optimization from RGBD videos. Ballan et al. [4] introduce an offline method to capture hand motion during hand-hand and hand-object interaction in a multi-camera setup. Tzionas et al. [59] extend the idea in [4] with a physical model. Mueller et al. [40] and Wang et al. [61] propose interacting hand tracking methods by predicting left/right-hand silhouettes and correspondence masks used in a post-processing energy minimization step. Smith et al. [54] propose a multi-view system that constrains a vision-based tracking algorithm with a physical model. In 3D interacting hand pose estimation, Simon et al. [53] propose a multi-view bootstrapping technique to triangulate full-body 2D keypoints into 3D. He et al. [20] incorporate epipolar geometry into
a transformer network [60]. Moon et al. [37] propose a large-scale dataset and a model for interacting hand pose estimation. Moon et al. [37] is the most closely related to this paper as it estimates 3D hand poses of interacting hands from a monocular RGB image. Compared to hand tracking [4, 40, 45, 54, 59, 61], we do not require image sequences. In contrast to the existing interacting pose estimation methods [20, 30, 37, 53], we explicitly model uncertainty caused by appearance ambiguity in interacting hands and we do not require a multi-view supervision [20, 53].

**Segmentation in pose estimation.** Segmentation has been used in 3D hand pose estimation, 3D human pose estimation and hand tracking and can be grouped into four categories: as a localization step [2, 25, 42, 43, 64, 66], as a training loss [3, 6], as an optimization term [8, 40, 61], or as an intermediate representation [9, 41, 46, 49, 63]. Most single hand pose estimation approaches follow Zimmermann et al. [66] in localizing a hand in an image by predicting the hand silhouette, which is used to crop the input image before performing pose estimation. Boukhayma et al. [6] predict a dense hand surface and use a neural rendering technique to obtain a silhouette loss. In contrast, we leverage part segmentation to explicitly address self-similarity in interacting hand pose estimation. In depth-based hand pose estimation, [9, 41] apply segmentation on 3D point clouds for single-hand pose estimation. Our focus is on interacting hands from RGB images, which is challenging because fingers of the hands share very similar texture and there is depth ambiguity when estimating from RGB images. In tracking interacting hands, left and right-hand masks can be predicted from either depth images [40] or monocular RGB images [61], which are used in an optimization-based post-processing step. Our method neither assumes RGB nor depth image sequences. In 3D human pose and shape estimation, existing methods predict part segmentation maps [46, 63] or silhouettes [49] from RGB images and use the predicted masks as an intermediate representation. Specifically, they decouple the image-to-pose problem into image-to-segmentation and segmentation-to-pose. The two models of the subtasks are trained separately. In contrast, our method trains image-to-pose in an end-to-end fashion. The most closely related method is that of Omran et al. [46]. In addition to not training the networks end-to-end, they use discrete part segments while we preserve uncertainty with a probabilistic segmentation map. We show that end-to-end training and the use of probabilistic maps significantly reduce hand pose estimation errors.

**3. Method**

**3.1. Overview**

At the core of DIGIT lies the observation that the self-similarity between joints in two hands, which is especially pronounced during hand-to-hand interaction, is a major source of error in monocular 3D hand pose estimation with interacting hands. Our experiments (see Fig. 8) show that standard approaches do not have a mechanism to cope with such ambiguity. Embracing this challenge, we propose a simple yet effective framework for interacting hand pose estimation by modelling per-pixel ownership via probabilistic part segmentation maps. Our method leverages both visual features and distinctive semantic features to address the ambiguity caused by self-similarity.

In contrast to prior work, which separates the image-to-segmentation and segmentation-to-pose steps [46, 49, 63], we propose a holistic approach that is trained to jointly reason about the pixel-to-part assignment and 3D joint locations. In particular, given an input image, our model identifies individual parts of each hand in the form of probabilistic segmentation maps that are used to encourage the local influence of visual features for estimating the corresponding 3D joint. We fuse the probabilistic segmentation maps and the visual feature maps across multiple scales using a convolutional fusion layer. Our experiments show that end-to-end training and the use of probabilistic segmentation maps significantly improve hand pose estimation.

**3.2. Segmentation-aware pose estimation**

Figure 2 illustrates the main components of our framework. Given an image region \( I \in \mathbb{R}^{W_I \times H_I \times 3} \), cropped by a bounding box including all hands, the goal of our model is to estimate the 3D hand pose \( P_{3D} \in \mathbb{R}^{2J \times 3} \) in the camera coordinate for \( 2J \) joints where \( J \) is the number of joints in one hand. In particular, we first extract a feature map

\[
\begin{align*}
\text{Image} \to \text{CNN} \Rightarrow \text{Visual Features (F)} \Rightarrow \text{Concatenate} \Rightarrow \text{2.5D Pose Image Segm. (S)}
\end{align*}
\]

\[
\begin{align*}
\text{Segmentation Loss} \to \text{Fused Semantic Features (S')} \Rightarrow \text{Pose Estimator} \Rightarrow \text{GT Supervision} \Rightarrow \text{Pose Loss}
\end{align*}
\]
Probabilistic segmentation. Since there is an inherent self-similarity between different parts of the hands, we learn a part segmentation network to predict a probabilistic segmentation volume $S \in \mathbb{R}^{W_S \times H_S \times C}$, which is directly supervised by groundtruth part segmentation maps. Each pixel on the segmentation volume $S$ is a channel of probability logits over $C$ classes where $C$ is the number of categories including the parts of the two hands and the background (see Fig. 4). Note that to preserve the uncertainty in segmentation prediction, we do not pick the class with the highest response among the $C$ classes for each pixel in the segmentation volume. For display purposes only, we show the class with the highest probability in Fig. 2. Finally, since the segmentation volume $S$ has a higher resolution than $F$, we perform a series of convolution and downsampling operations to obtain semantic features $S' \in \mathbb{R}^{W_F \times H_F \times D_S}$ where $D_S$ is the channel dimension.

Visual semantic fusion. The visual features $F$ and the semantic features $S'$ are concatenated along the channel dimension to provide rich visual cues for estimating accurate 3D hand poses and distinctive semantic features for avoiding appearance ambiguity. However, a naive concatenation does not provide global context from the semantic features. Therefore, we fuse the visual and semantic features across different scales using a custom and lightweight UNet [52] to obtain a fused feature map $F' \in \mathbb{R}^{W_F \times H_F \times (D_F + D_S)}$ for pose estimation (see Sup. Mat. for the UNet details).

Interacting hand pose estimation. To estimate the final 3D hand pose of both hands, we learn a function $F : F' \rightarrow \mathbb{P}_{2.5D}$ that maps the fused feature map $F'$ to 2.5D pose. The 2.5D representation $\mathbb{P}_{2.5D} \in \mathbb{R}^{2J \times 3}$ consists of individual 2.5D joints $(x_i, y_i, z_i) \in \mathbb{R}^3$ for $i = 1, \ldots, 2J$, where $(x_i, y_i)$ is the 2D projection of the 3D joint $(X_i, Y_i, Z_i) \in \mathbb{R}^3$, and $z_i = Z_i - Z_{\text{root}(i)}$. The notation $\text{root}(i)$ denotes the hand root of joint $i$. During inference, 3D poses can be recovered by applying inverse perspective projection on $(x_i, y_i)$ using the depth estimation $Z_i$. To model the function $F$, we use a custom estimator inspired by [24, 37]. We found that the 2.5D representation of [24] performs equally well to the interacting pose estimator by Moon et al. [37], while being more memory-efficient due to the lack of a requirement for a volumetric heatmap representation (see Sup. Mat.).

Figure 3 shows a schematic of our proposed pose estimator. Similar to [37], our model estimates the handedness $(h^L, h^R) \in [0, 1]^2$, the 2.5D left and right-hand pose $\mathbb{P}_{2.5D}$, and the right hand-relative left-hand depth $z^{R-L} \in \mathbb{R}$, where $L$ and $R$ denote left and right hands. Since our model predicts 2.5D joints $(x_i, y_i, z_i)$, and converting from 2.5D to 3D requires an inverse perspective projection, we need to estimate the depth $Z_i$ for a joint $i$ by $Z_i = z_i + Z_{\text{root}(i)}$. The root relative depth $z^{R-L}$ is used to obtain the left-hand root depth when both hands are present.

Handedness and relative root depth. The handedness $(h^L, h^R)$ detects the presence of the two hands and $z^{R-L}$ measures the depth of the left root relative to the right root. We repeatedly convolve and downsample $F'$ to a latent vector $x$, which is used to estimate $(h^L, h^R)$ and $z^{R-L}$ by two separate multi-layer perception (MLP) networks. For $z^{R-L}$, we use the MLP to estimate a 1D heatmap $p \in \mathbb{R}^{D_p}$ that is softmax-normalized, representing the probability distribution over $D_p$ possible values for $z^{R-L}$. The final relative depth $z^{R-L}$ is obtained by

$$z^{R-L} = \sum_{k=0}^{D_p-1} k p[k],$$

2.5D hand pose estimator ($F$). Inspired by [24], our pose estimator predicts the latent 2D heatmap $\mathbb{H}^{2D}_z \in \mathbb{R}^{W_F \times H_F \times 2J}$ for the 2D joint locations and the latent root-relative depth map $\mathbb{H}^{2D}_{z^r} \in \mathbb{R}^{W_F \times H_F \times 2J}$ for the root-relative depth of each joint. The heatmap $\mathbb{H}^{2D}_z$ is spatially softmax-normalized to a probability map $\mathbb{H}^{2D}_z = \mathbb{H}^{2D}_z \odot \mathbb{H}^{2D}_z$. Since $\mathbb{H}^{2D}_z$ indicates potential 2D joint locations, to focus the depth values on the joint locations, $\mathbb{H}^{2D}_{z^r}$ is element-wise multiplied with the latent depth map $\mathbb{H}^{2D}_z$ to obtain the depth map $\mathbb{H}_z = \mathbb{H}^{2D}_z \odot \mathbb{H}^{2D}_{z^r}$. To allow our network to be fully-differentiable, we use soft-argmax [33] to convert the 2D heatmap $\mathbb{H}^{2D}_{z}$ to 2D keypoints $\{(x_i, y_i)\}_{i=1}^{2J}$. Finally, we sum across the values on each slice of the depth map $\mathbb{H}_z$ to obtain the root-relative depth $z_i$ for a joint $i$.

From 2.5D pose to 3D. To convert $\mathbb{P}_{2.5D}$ to 3D pose $\mathbb{P}_{3D}$, following [37], we apply an inverse perspective projection
to map 2D keypoints to 3D camera coordinates by

\[
P_{3D}^L = \Pi \left( T^{-1} P_{2.5D}^L + \mathbf{Z}^L \right) \quad (2)
\]

\[
P_{3D}^R = \Pi \left( T^{-1} P_{2.5D}^R + \mathbf{Z}^R \right) \quad (3)
\]

where \( \Pi \) and \( T^{-1} \) are the camera back-projection operation and the inverse affine transformation (undoing cropping and resizing). The projection requires the absolute depth of the left and right roots \( \mathbf{Z}^L \) and \( \mathbf{Z}^R \) (written in vector form):

\[
\mathbf{Z}^L = \begin{cases} 
[0, 0, z^L]^\top, & \text{if } h^R < 0.5 \\
[0, 0, z^R + z^L]^\top, & \text{otherwise},
\end{cases} \quad (4)
\]

and

\[
\mathbf{Z}^R = [0, 0, z^R]^\top \quad (5)
\]

where \( z^L \) and \( z^R \) are the absolute depth of the roots for the left and right hands. Following [37], we use the estimates from RootNet [34] for \( z^L \) and \( z^R \).

**Training loss.** The loss used to train our model is:

\[
\mathcal{L} = \mathcal{L}_b + \mathcal{L}_{2.5D} + \lambda_z \mathcal{L}_z + \lambda_h \mathcal{L}_h, \quad (6)
\]

where the terms are the handedness loss \( \mathcal{L}_b \), the 2.5D hand pose loss \( \mathcal{L}_{2.5D} \), the right-hand relative left hand depth loss \( \mathcal{L}_z \), the segmentation loss \( \mathcal{L}_s \), and a bone regularization loss \( \mathcal{L}_b \). In particular, we use the multi-label binary cross-entropy loss to supervise the handedness prediction. For segmentation, we use the multi-class cross-entropy loss:

\[
\mathcal{L}_s = -\sum_{m=1}^{W_F} \sum_{n=1}^{H_F} \sum_{C} T_{j}[m, n] \log(\sigma(S_j[m, n])) \quad (7)
\]

where \( T_{j}[m, n] \in \mathbb{R}^C \) is a one-hot vector with 1 positive class and \( C - 1 \) negative classes according to the groundtruth for the segmentation pixel at \((m, n)\) and \( \sigma(\cdot) \) is a softmax normalization operation so that \( \sum_{j=1}^{C} S_{j}[m, n] = 1 \). We use the L1 loss to supervise the 2.5D hand pose and the relative root depth.

**Kinematic consistency.** In our experiments, we observe that both the method by Moon et al. [37] and our baseline yield asymmetric predictions in terms of bone lengths between the left and the right hand, due to the appearance ambiguities (with an average difference of 10mm and 8mm in the validation set on the two models respectively). To encourage more physically plausible predictions we propose a bone vector loss, \( \mathcal{L}_b = \)

\[
\sum_{(i, j) \in \mathcal{E}} \left\| \left( \mathbf{P}_{2.5D}^i - \mathbf{P}_{2.5D}^j \right) - \left( \mathbf{P}_{2.5D}^i - \tilde{\mathbf{P}}_{2.5D}^j \right) \right\|, \quad (8)
\]

where \((i, j) \in \mathcal{E}\) denotes a bone from the edge set \( \mathcal{E} \) of the directed kinematic tree connecting the groundtruth joints \( \tilde{\mathbf{P}}_{2.5D}^i \) and \( \tilde{\mathbf{P}}_{2.5D}^j \). This loss encourages the predicted bones to have a similar length to those in the groundtruth.

**4. Experiments**

Our key observation is that self-similarity, and the resulting ambiguities between joints of the two hands is a major error source for interacting 3D hand pose estimation. We hypothesize that the ambiguity problem can be alleviated by modeling pixel ownership via part segmentation. To test the efficacy of our approach, we first compare our model with the state-of-the-art. We investigate the benefits of modelling part segmentation in an ablation study that sheds further light on when and why our approach works.

**Dataset.** We evaluate our model using InterHand2.6M [37], which is the only published large-scale dataset for modeling hand-to-hand interaction, including images of both single-hands (SH) and interacting-hands (IH). We use the 5 frames-per-second (FPS) dataset for our experiments. All models are trained with both single and interacting hand sequences. We use the final release of [37] for comparison with the state-of-the-art methods in the main paper and include the results of the initial release of [37] in Sup. Mat. For the ablation experiments, we provide results on the initial release of [37]. Since InterHand2.6M [37] images have a characteristic background, to show generalization, we use the dataset from Tzionas et al. [59] for testing purposes. We use its two-hand subset for the evaluation.

**Evaluation metrics.** We use the three metrics from [37] for evaluation. The average precision of handedness estimation (AP) measures handedness prediction accuracy. The root-relative mean per joint position error (MPJPE) measures the error in root-relative 3D hand pose estimation; this is the Euclidean distance between the predicted 3D joint locations and the groundtruth after root alignment. For interacting sequences, the alignment is done on the two hands separately. To measure the performance in estimating the relative position between the left and the right root in interacting sequences, we use the mean relative-root position error (MRPPE). This is defined as the Euclidean distance between the predicted and the groundtruth left-hand root position after aligning the left-hand root by the root of the right hand.

**4.1. Implementation details**

We implement our models in PyTorch [48] using an HRNet-W32 [57] backbone pre-trained on the ImageNet dataset [11]. Following [37], we crop the hand region using the groundtruth bounding box for both training and testing images and resize the cropped image to 256 × 256 before feeding it to the network. The spatial dimension of the 2D heatmap \( H_{2D} \) and the 2D depth map \( H_z \) are 64×64. We obtain groundtruth part segmentation for training our segmentation network by rendering groundtruth hand meshes from InterHand2.6M [37] with a neural renderer [26, 28] using a custom texture map (see Fig. 4). The details of our network are in Sup. Mat. To balance the loss in Eq. 6, we choose \( \lambda_b = 1.0 \) and \( \lambda_s = 10.0 \) based on the average MPJPE for
interacting images on the validation set. We do not apply $L_s$ for models without a segmentation network.

**Training procedure.** We train all models with single and interacting hand sequences using the Adam optimizer [27] with an initial learning rate of 10.0$^{-4}$ and a batch size of 64. For experiments comparing to the state-of-the-art, we train our models for 50 epochs and decay the learning rate at epoch 40. For ablation, unless specified, we train the models for 30 epochs for time efficiency and decay the learning rate at epoch 10 and 20 by a factor of 10.

### 4.2. Comparison with the state-of-the-art

Table 1 shows the root-relative mean pose per joint error (MPJPE) in millimeters for the interacting hand sequences. Our proposed model outperforms InterHand2.6M [37] by 1.86mm on the validation set. T-tests on the MPJPE values reveal that all differences between ours and the baseline for interacting hands are statistically significant (all $p < 10^{-4}$) for both val/test sets. For interacting hands, it is important to quantify the performance of relative root prediction between the left and right-hand roots, which is reflected by the MRRPE metric. In this metric, our model outperforms InterHand2.6M [37] by 4.11mm/3.35mm on the val/test sets. The average precision for predicting the handedness of InterHand2.6M [37], our baseline, and our final model under different degrees of interaction to evaluate how modeling pixel ownership via segmentation helps to reduce errors in hand pose estimation. Finally, we provide evidence of generalization and detailed analysis on our probabilistic part segmentation.

**Qualitative Analysis.** We investigate how segmentation helps to reduce appearance ambiguity in interacting hand pose estimation. To build intuition, we provide the 2D estimations of individual joints in Fig. 7. The cross sign indicates the groundtruth 2D location of the joint of interest and the plus sign is the predicted location. The example in the first column shows that, without segmentation, the baseline model’s predictions contain significant uncertainty due to the presence of the other hand in the image, as indicated by the dispersed 2D heatmap with modes on both hands (see the same behaviour in the InterHand2.6M [37] model in Sup. Mat.). As a result, the 2D prediction is centered between the hands after the soft-argmax [33]. In contrast, with segmentation, our network disambiguates different hands and provides a single-mode estimate.

**Impact of interaction and occlusion.** We study how pose estimation performance is affected by the degree of interac-

| Methods          | MPJPE Val | MRRPE Val | MPJPE Test | MRRPE Test |
|------------------|-----------|-----------|------------|------------|
| InterHand2.6M [37] | 18.58     | 35.64     | 16.02      | 32.57      |
| Baseline         | 17.79     | 33.90     | 15.06      | 31.36      |
| Ours             | 16.72     | 31.53     | 14.27      | 29.22      |
| % in improvement over [37] | 10.01 | 11.53 | 10.01 | 10.27 |

Table 1. Comparison with the state-of-the-art. The MPJPE metric measures the accuracy of interacting 3D hand pose estimation while the MRRPE metric shows the performance of the relative root position between the two hands.

**Figure 5. Qualitative results from our model.** The lighting is adjusted for display purposes (not model input). Best viewed zoomed in.

**Figure 6. Pose estimators for the experiments:** (a) without segmentation, (b) with segmentation but only for applying a loss, (c) segmentation for pose estimation (no visual features).

### 4.3. Analysis of our proposed model

We first provide a qualitative analysis to illustrate how segmentation helps with appearance ambiguity. We then investigate hand pose performance between InterHand2.6M [37], our baseline, and our final model under different degrees of interaction to evaluate how modeling pixel ownership via segmentation helps to reduce errors in hand pose estimation. Finally, we provide evidence of generalization and detailed analysis on our probabilistic part segmentation.
Figure 7. Qualitative results of how segmentation reduces appearance ambiguity. The image lighting is adjusted for display purposes (not model input). The dispersed 2D heatmap issue also arises in the model proposed in InterHand2.6M [37]. See Sup. Mat. for a more in-depth analysis. The skeleton notation is also provided in Sup. Mat. Plus: prediction; Cross: groundtruth. Best viewed zoomed in.

Figure 8. Comparing pose estimation performance by the degree of interaction/occlusion. The IoU between groundtruth left/right masks measures the degree of interaction. SH and IH denote single and interacting images. The left (yellow) and right (blue) hand masks provide interaction examples in each IoU range. In particular, we use the IoU between the groundtruth left/right masks (not part segm.) to measure the degree of interaction and occlusion. The higher IoU implies more occlusion. Figure 8 compares the results on the entire validation set. The bars show the MPJPE over annotated joints for each IoU range while the half-length of the error bars correspond to 0.5 times (for better display) of MPJPE standard deviation. Typical hand masks are shown above the bars of each IoU range. We also include the errors of single-hand sequences, and observe more errors in interacting hand cases even when the two hands do not intersect, which indicates that the ambiguity applies as long as two hands are present. For non-degenerative occlusion (IoU ≤ 0.67), our method has consistent improvement over InterHand2.6M [37]. In the high IoU regime (> 0.67), the improvement levels off, which is expected since the second hand is almost entirely invisible and the problem is no longer caused by ambiguities. Here, it would be extremely challenging to reliably estimate the correct pose from a single image.

Generalization. Our method addresses the ambiguities from the self-similarities between strongly interacting hands. To show generalization, we evaluate the baseline and ours on the interacting hand subset of [59]. The results show consistent improvements in MPJPE (ours/baseline: 15.68mm/17.37mm). More details are in the Sup. Mat. Figure 9 shows that the ambiguity issue is present outside of InterHand2.6M [37] and that our method is visibly more robust. Note that we use [59] for evaluation only and do not train on it. Since all models are trained on [37], and its images have a characteristic background, the trained models expect the same background in a more general setting. To this end, we use an online service [1] for background removal on the images of [59] and superimpose the images onto a background of [37]. Similarly, to show how the models perform under different lighting conditions, we also capture in-the-wild images and the results are in Fig. 9.

Full probabilities vs part-labels. Existing body-pose methods [46, 63] decouple the image-to-pose problem into image-to-segm. and segm.-to-pose. They use class-label segmentation maps, while our method leverages the full segmentation probability distribution. To compare the impact of the two, we trained two separate networks with the two different approaches using the architecture in Fig. 6c. The MPJPE values in the validation sets are 20.01mm and 25.49mm for the probabilistic map and the class-label map respectively, which shows that the probabilistic map preserves more information for downstream pose estimation.

End-to-end training. To show the effect of end-to-end training compared to training the image-to-segm. and segm.-to-pose models separately [46], we compare two networks with the same architecture (Fig. 6c) but trained differently. For the first network, we trained its image-to-segm. module for 25 epochs and then trained its segm.-to-pose module for 25 epochs while keeping the image-to-segm. module fixed. For the second network, we trained the entire image-to-pose network for only 25 epochs to ensure the image-to-segm. modules of both networks were trained with the same number of epochs. With/without end-to-end training yields an MPJPE of 20.01mm/23.52mm.
Figure 9. Qualitative comparison of baseline and ours on images from [59] and newly captured in-the-wild images. Brighter colors indicate left hand. The skeleton notation is provided in Sup. Mat. Best viewed in color and zoomed in.

| Ablation Study | MPJPE Val | MPJPE Test | MRRPE Val | MRRPE Test |
|----------------|-----------|------------|-----------|------------|
| Baseline       | 21.91     | 18.71      | 36.73     | 34.05      |
| Baseline + BL  | 20.43     | 17.54      | 38.84     | 37.36      |
| Baseline + BL + SL | 19.72 | 17.05      | 34.51     | 32.10      |
| Baseline + BL + SF | 20.31 | 17.60      | 34.14     | 31.39      |
| Baseline + BL + SF (ours) | 19.05 | 16.55      | 34.14     | 31.39      |

Table 2. Effects of bone loss (BL), segm. loss (SL), and segm. features (SF). The symbol * denotes not using segm. supervision.

4.4. Ablation study

Here we provide insights on how, when and why our proposed method (Fig. 2) improves over the baseline (Fig. 6a). Particularly, we examine the impact of the bone loss $L_b$ (BL), the part segmentation loss $L_s$ (SL), and the segmentation features $S$ (SF) for hand pose estimation.

From Table 2, comparing the baseline with or without the bone loss, using the same architecture (Fig. 6a), we see a 1.17mm improvement of 3D pose estimation for interacting hands on the test set. Inspired by multi-task learning [31], we also study whether predicting part segmentation regularizes hand pose estimation. Thus, we train a pose estimator with an additional head to predict the part segmentation (see Fig. 6b) but do not use segmentation for pose estimation. The result shows that the segmentation loss improves pose estimation over the baseline with bone loss by 0.49mm on the test set. For the relative root position, the segmentation loss dramatically improves MRRPE by 5.97mm on the test set over the baseline with bone loss. The reason is that, to satisfy $L_s$, the backbone has to distinguish the roots of the two hands and the distinction reduces appearance ambiguity, resulting in better root localization.

Finally, in addition to the bone loss and the segmentation loss, our model (see Fig. 2) makes use of the segmentation and visual features for pose estimation. Compared to the baseline with bone loss, our model reduces MPJPE by 1.38mm/0.99mm on the val/test sets. Further, we improve MRRPE by 5.97 mm on the test set. We also trained a network with the same architecture but not supervised by the segmentation loss (Baseline + BL + SF*). Since the performance of Baseline + BL is similar to Baseline + BL + SF*, our improvement is not from the additional parameters.

5. Discussion

Our insight is that modelling part segmentation helps address ambiguities arising from self-similarity between hands. While our approach resembles 3D body-pose methods [46, 63] in leveraging part segmentation, the key difference is that we incorporate the segmentation task in an end-to-end fashion, leading to more informative features and an improvement in the main task. Particularly, we pass the unnormalized segmentation probability (i.e., logits) to the pose estimator, preserving the uncertainty for the downstream task. In contrast, [46, 63] take quantized features (i.e., class labels). Our method also enables fully-differentiable end-to-end learning of hand pose estimation in conjunction with segmentation. We show that our end-to-end multi-task setup performs better compared to separate training of tasks and class-label inputs as in [46, 63].

6. Conclusion

We introduce a method for interacting 3D hand pose estimation that explicitly addresses self-similarity between joints. Our method consists of two interwoven branches that process an input image into a per-pixel part segmentation mask and a visual feature volume. The part segmentation mask provides semantic features for visually similar hand regions while the visual feature volume provides rich visual cues for accurate pose estimation. Our proposed method achieves SOTA performance on InterHand2.6M [37]. Our ablation studies show the efficacy of our method and provide insights into how the modeling of pixel ownership addresses self-ambiguity in interacting hand pose estimation.

Acknowledgement. We thank Korrawe Karunratanakul, Emre Aksan, and Dimitrios Tzionas for their feedback.

Disclosure. MJB has received research gift funds from Adobe, Intel, Nvidia, Facebook, and Amazon. While MJB is a part-time employee of Amazon, his research was performed solely at, and funded solely by, Max Planck. MJB has financial interests in Amazon, Datagen Technologies, and Meshcapade GmbH.
References

[1] Remove background from image. https://www.remove.bg/. Accessed: June 2021.

[2] Vassilis Athitsos and Stan Sclaroff. Estimating 3D hand pose from a cluttered image. In CVPR, volume 2, pages II–432. IEEE, 2003.

[3] Seungryul Baek, Kwang In Kim, and Tae-Kyun Kim. Pushing the envelope for RGB-based dense 3d hand pose estimation via neural rendering. In CVPR, pages 1067–1076. Computer Vision Foundation / IEEE, 2019.

[4] Luca Ballan, Aparna Taneja, Jürgen Gall, Luc Van Gool, and Marc Pollefeys. Motion capture of hands in action using discriminative salient points. In ECCV, pages 640–653. Springer, 2012.

[5] Federica Bogo, Angjoo Kanazawa, Christoph Lassner, Peter Gehler, Javier Romero, and Michael J. Black. Keep it simple: Automatic estimation of 3d human pose and shape from a single image. In ECCV, pages 561–578, 2016.

[6] Adnane Boukhayma, Rodrigo de Bem, and Philip H. S. Torr. 3d hand shape and pose from images in the wild. In CVPR, pages 10843–10852. Computer Vision Foundation / IEEE, 2019.

[7] Yujun Cai, Liuhao Ge, Jun Liu, Jianfei Cai, Tat-Jen Cham, Junsong Yuan, and Nadia Magnenat-Thalmann. Exploiting spatial-temporal relationships for 3d pose estimation via graph convolutional networks. In ICCV, pages 2272–2281. IEEE, 2019.

[8] Yunlong Che and Yue Qi. Dynamic projected segmentation networks for hand pose regression. In IJCAI, pages 477–482. IEEE, 2018.

[9] Xinghao Chen, Guijin Wang, Cairong Zhang, Tae-Kyun Kim, and Xiangyang Ji. SHPR-Net: Deep semantic hand pose regression from point clouds. IEEE Access, 6:43425–43439, 2018.

[10] Martin de La Gorce, David J Fleet, and Nikos Paragios. Model-based 3d hand pose estimation from monochrome video. TPAMI, 33(9):1793–1805, 2011.

[11] Jia Deng, Wei Dong, Richard Socher, Li-Jia Li, Kai Li, and Li Fei-Fei. Imagenet: A large-scale hierarchical image database. In CVPR, pages 248–255. Ieee, 2009.

[12] Bardia Doosti, Shujon Naha, Majid Mirbagheri, and David J. Crandall. Hope-net: A graph-based model for hand-object pose estimation. In CVPR, pages 6607–6616. IEEE, 2020.

[13] Zhipeng Fan, Jun Liu, and Yao Wang. Adaptive computationally efficient monocular 3d hand pose estimation. In ECCV, pages 127–144. Springer, 2020.

[14] Liuhao Ge, Zhou Ren, Yuncheng Li, Zehao Xue, Yingying Wang, Jianfei Cai, and Junsong Yuan. 3D hand shape and pose estimation from a single rgb image. In CVPR, pages 10833–10842, 2019.

[15] Xavier Glorot, Antoine Bordes, and Yoshua Bengio. Deep sparse rectifier neural networks. In AISTATS, volume 15 of JMLR Proceedings, pages 315–323. JMLR.org, 2011.

[16] Shangchen Han, Beibei Liu, Randi Cabezas, Christopher D Twigg, Peizhao Zhang, Jeff Petkau, Tsz-Ho Yu, Chun-Jung Tai, Muzaffer Akbay, Zheng Wang, et al. Megatrack: monochrome egocentric articulated hand-tracking for virtual reality. TOG, 39(4):87–1, 2020.

[17] Yana Hasson, Bugra Tekin, Federica Bogo, Ivan Laptev, Marc Pollefeys, and Cordelia Schmid. Leveraging photometric consistency over time for sparsely supervised hand-object recognition. In CVPR, pages 568–577. IEEE, 2020.

[18] Yana Hasson, Gul Varol, Dimitrios Tzionas, Igor Kaldyatykh, Michael J. Black, Ivan Laptev, and Cordelia Schmid. Learning joint reconstruction of hands and manipulated objects. In CVPR, pages 11807–11816. Computer Vision Foundation / IEEE, 2019.

[19] Kaiming He, Xiangyu Zhang, Shaoqing Ren, and Jian Sun. Deep residual learning for image recognition. In CVPR, pages 770–778, 2016.

[20] Yihui He, Rui Yan, Katerina Fragkiadaki, and Shou-I Yu. Epipolar transformers. In CVPR, pages 7779–7788, 2020.

[21] Tony Heap and David Hogg. Towards 3d hand tracking using a deformable model. In Proceedings of the Second International Conference on Automatic Face and Gesture Recognition, pages 140–145. Ieee, 1996.

[22] Sergey Ioffe and Christian Szegedy. Batch normalization: Accelerating deep network training by reducing internal covariate shift. In ICML, volume 37 of JMLR Workshop and Conference Proceedings, pages 448–456. JMLR.org, 2015.

[23] Umar Iqbal, Andreas Doering, Hashim Yasin, Björn Krüger, Andreas Weber, and Juergen Gall. A dual-source approach for 3d human pose estimation from single images. Comput. Vis. Image Understand., 172:37–49, 2018.

[24] Umar Iqbal, Pavlo Molchanov, Thomas Breuel Juergen Gall, and Jan Kautz. Hand pose estimation via latent 2.5D heatmap regression. In ECCV, pages 118–134, 2018.

[25] Byeonkeun Kang, Kar-Han Tan, Nan Jiang, Hung-Shuo Tai, Daniel Trettter, and Truong Nguyen. Hand segmentation for hand-object interaction from depth map. In GlobalSIP, pages 259–263. IEEE, 2017.

[26] Hiroharu Kato, Yoshitaka Ushiku, and Tatsuya Harada. Neural 3D mesh renderer. In CVPR, 2017.

[27] Diederik P. Kingma and Jimmy Ba. Adam: A method for stochastic optimization. In ICLR (Poster), 2015.

[28] Nikos Kolotouros. Pytorch implementation of the neural mesh renderer, 2018.

[29] Dominik Kulon, Riza Alp Güler, Iasonas Kokkinos, Michael M. Bronstein, and Stefanos Zafeiriou. Weakly-supervised mesh-convolutional hand reconstruction in the wild. In CVPR, pages 4989–4999. IEEE, 2020.

[30] Fansiqing Lin, Connor Wilhelm, and Tony Martinez. Two-hand global 3d pose estimation using monocular rgb. In WACV, 2021.

[31] Jiasen Lu, Vedanuj Goswami, Marcus Rohrbach, Devi Parikh, and Stefan Lee. 12-in-1: Multi-task vision and language representation learning. In CVPR, pages 10437–10446, 2020.

[32] Shan Lu, Dimitris Metaxas, Dimitris Samaras, and John Oliensis. Using multiple cues for hand tracking and model refinement. In CVPR, volume 2, pages II–443. IEEE, 2003.

[33] Diogo C Luvizon, Hedi Tabia, and David Picard. Human
pose regression by combining indirect part detection and contextual information. *Computers & Graphics*, 85:15–22, 2019. 4, 6, 13

[34] Gyeongsik Moon, Ju Yong Chang, and Kyoung Mu Lee. Camera distance-aware top-down approach for 3d multi-person pose estimation from a single rgb image. In *ICCV*, pages 10133–10142, 2019. 5, 14

[35] Gyeongsik Moon and Kyoung Mu Lee. I2l-meshnet: Image-to-voxel prediction network for accurate 3d human pose and mesh estimation from a single rgb image. In *ECCV*, 2020.

[36] Gyeongsik Moon, Takaaki Shiratori, and Kyoung Mu Lee. Deephandmesh: A weakly-supervised deep encoder-decoder framework for high-fidelity hand mesh modeling. In *CVPR*, 2020.

[37] Gyeongsik Moon, Shoou-I Yu, He Wen, Takaaki Shiratori, and Kyoung Mu Lee. InterHand2.6m: a dataset and baseline for 3d interacting hand pose estimation from a single rgb image. In *ECCV*, 2020. 1, 2, 3, 4, 5, 6, 7, 8, 12, 14, 15, 18

[38] Gyeongsik Moon, Shoou-I Yu, He Wen, Takaaki Shiratori, and Kyoung Mu Lee. InterHand2.6M: A dataset and baseline for 3d interacting hand pose estimation from a single rgb image. https://github.com/facebookresearch/InterHand2.6M. 2020.

[39] Franziska Mueller, Florian Bernard, Oleksandr Sotnychenko, Dushyant Mehta, Srinath Sridhar, Dan Casas, and Christian Theobalt. Generated hands for real-time 3d hand tracking from monocular rgb. In *CVPR*, pages 49–59. IEEE Computer Society, 2018. 1, 2

[40] Franziska Mueller, Micah Davis, Florian Bernard, Oleksandr Sotnychenko, Mickeal Verschoor, Miguel A Otaduy, Dan Casas, and Christian Theobalt. Real-time pose and shape reconstruction of two interacting hands with a single depth camera. *TOG*, 38(4):1–13, 2019.

[41] Natalia Neverova, Christian Wolf, Florian Nebout, and Graham W Taylor. Hand pose estimation through semi-supervised and weakly-supervised learning. *Computer Vision and Image Understanding*, 2017.

[42] Markus Oberweger and Vincent Lepetit. Deeppriori++: Improving fast and accurate 3d hand pose estimation. In *ICCV Workshops*, pages 585–594, 2017.

[43] Markus Oberweger, Paul Wohlhart, and Vincent Lepetit. Hands deep in deep learning for hand pose estimation. *arXiv preprint arXiv:1502.06807*, 2015.

[44] Iasonas Oikonomidis, Nikolaos Kyriazis, and Antonis A Argyros. Full DOF tracking of a hand interacting with an object by modeling occlusions and physical constraints. In Dimitris N. Metaxas, Long Quan, Alberto Sanfeliu, and Luc Van Gool, editors, *ICCV*, pages 2088–2095. IEEE Computer Society, 2011.

[45] Iasonas Oikonomidis, Nikolaos Kyriazis, and Antonis A Argyros. Tracking the articulated motion of two strongly interacting hands. In *CVPR*, pages 1862–1869. IEEE, 2012.

[46] Mohamed Omran, Christoph Lassner, Gerard Pons-Moll, Peter Gehler, and Bernt Schiele. Neural body fitting: Unifying deep learning and model based human pose and shape estimation. In *3DV*, pages 484–494. IEEE, 2018.

[47] Paschalis Panteleris, Iason Oikonomidis, and Antonis Argyros. Using a single rgb frame for real time 3d hand pose estimation in the wild. In *WACV*, pages 436–445. IEEE, 2018.

[48] Adam Paszke, Sam Gross, Francisco Massa, Adam Lerer, James Bradbury, Gregory Chanan, Trevor Killeen, Zeming Lin, Natalia Gimelshein, Luca Antiga, Alban Desmaison, Andreas Köpf, Edward Yang, Zachary DeVito, Martin Raison, Alykhan Tejani, Sasank Chilamkurthy, Benoit Steiner, Lu Fang, Junjie Bai, and Soumith Chintala. Pytorch: An imperative style, high-performance deep learning library. In *NeurIPS*, pages 8024–8035, 2019.

[49] Georgios Pavlakos, Luyang Zhu, Xiaowei Zhou, and Kostas Daniilidis. Learning to estimate 3d human pose and shape from a single color image. In *CVPR*, pages 459–468, 2018.

[50] James M. Rehg and Takeo Kanade. Visual tracking of high dof articulated structures: An application to human hand tracking. In Jan-Olof Eklundh, editor, *ECCV*, pages 35–46, Berlin, Heidelberg, 1994. Springer Berlin Heidelberg.

[51] Javier Romero, Dimitrios Tzionas, and Michael J. Black. Embodied hands: modeling and capturing hands and bodies together. *ACM Trans. Graph.*, 36(6):245:1–245:17, 2017.

[52] Olaf Ronneberger, Philipp Fischer, and Thomas Brox. U-net: Convolutional networks for biomedical image segmentation. In *International Conference on Medical image computing and computer-assisted intervention*, pages 234–241. Springer, 2015.

[53] Tomas Simon, Hanbyul Joo, Iain A. Matthews, and Yaser Sheikh. Hand keypoint detection in single images using multiview bootstrapping. In *CVPR*, pages 4645–4653. IEEE Computer Society, 2017.

[54] Breannan Smith, Chenglei Wu, He Wen, Patrick Peluse, Yaser Sheikh, Jessica K Hodgins, and Takaaki Shiratori. Constraining dense hand surface tracking with elasticity. *TOG*, 39(6):1–14, 2020.

[55] Adrian Spurr, Umar Iqbal, Pavlo Molchanov, Otmar Hilliges, and Jan Kautz. Weakly supervised 3d hand pose estimation via biomechanical constraints. In *ECCV*, 2020.

[56] Adrian Spurr, Jie Song, Seonwook Park, and Otmar Hilliges. Cross-modal deep variational hand pose estimation. In *CVPR*, pages 89–98. IEEE Computer Society, 2018.

[57] Ke Sun, Bin Xiao, Dong Liu, and Jingdong Wang. Deep high-resolution representation learning for human pose estimation. In *CVPR*, 2019.

[58] Bugra Teken, Federica Bogo, and Marc Pollefeys. H+O: unified egocentric recognition of 3d hand-object poses and interactions. In *CVPR*, pages 4511–4520. Computer Vision Foundation / IEEE, 2019.

[59] Dimitrios Tzionas, Luca Ballan, Abhilash Srikantha, Pablo Aponte, Marc Pollefeys, and Juergen Gall. Capturing hands in action using discriminative salient points and physics simulation. *IJCV*, 118(2):172–193, 2016.

[60] Ashish Vaswani, Noam Shazeer, Niki Parmar, Jakob Uszkoreit, Llion Jones, Aidan N. Gomez, Lukasz Kaiser, and Illia Polosukhin. Attention is all you need. In *NeurIPS*, pages 5998–6008, 2017.

[61] Jiayi Wang, Franziska Mueller, Florian Bernard, Suzanne Sorli, Oleksandr Sotnychenko, Neng Qian, Miguel A Otaduy, Dan Casas, and Christian Theobalt. RGB2Hands:
real-time tracking of 3d hand interactions from monocular rgb video. *TOG*, 39(6):1–16, 2020. 2, 3

[62] Linlin Yang and Angela Yao. Disentangling latent hands for image synthesis and pose estimation. In *CVPR*, pages 9877–9886. Computer Vision Foundation / IEEE, 2019. 1, 2

[63] Andrei Zanfir, Eduard Gabriel Bazavan, Hongyi Xu, William T Freeman, Rahul Sukthankar, and Cristian Sminchisescu. Weakly supervised 3d human pose and shape reconstruction with normalizing flows. In *ECCV*, pages 465–481. Springer, 2020. 2, 3, 7, 8

[64] Cairong Zhang, Guijin Wang, Xinghao Chen, Pengwei Xie, and Toshihiko Yamasaki. Weakly supervised segmentation guided hand pose estimation during interaction with unknown objects. In *ICASSP*, pages 2673–2677. IEEE, 2020. 3

[65] Xiong Zhang, Qiang Li, Hong Mo, Wenbo Zhang, and Wen Zheng. End-to-end hand mesh recovery from a monocular RGB image. In *ICCV*, pages 2354–2364. IEEE, 2019. 2

[66] Christian Zimmermann and Thomas Brox. Learning to estimate 3d hand pose from single RGB images. In *ICCV*, pages 4913–4921. IEEE Computer Society, 2017. 1, 2, 3
Learning to Disambiguate Strongly Interacting Hands via Probabilistic Per-Pixel Part Segmentation

**Appendix**

Zicong Fan\(^1\,\,^2\)  Adrian Spurr\(^1\)  Muhammed Kocabas\(^1\,\,^2\)  Siyu Tang\(^1\)  Michael J. Black\(^2\)  Otmar Hilliges\(^1\)

\(^1\)ETH Zürich, Switzerland  \(^2\)Max Planck Institute for Intelligent Systems, Tübingen

Figure 10. When estimating the 3D pose of interacting hands, state-of-the-art methods struggle to disambiguate the appearance of the two hands and their parts. In this example, significant uncertainty between the left and right wrist arises (1.1), resulting in erroneous pose estimation (1.2). Our model, DIGIT, reduces the ambiguity by predicting and leveraging a probabilistic part segmentation volume (2.1) to produce reliable pose estimates even when the two hands are in direct contact and under significant occlusion (2.2, 2.3).

In natural interaction, our hands often occlude or are in contact with one and another. However, due to the homogeneous appearances of hands, estimating 3D hand poses from a single RGB image is difficult. This self-similarity in appearances is problematic during hand-to-hand interaction, which often includes complex occlusion patterns. Our experiments in the main paper show that the state-of-the-art interacting hand pose estimators do not have a coping mechanism for such ambiguity. To go beyond the limits of existing methods, we propose a simple yet effective network to estimate interacting 3D hand poses by modeling per-pixel ownership via probabilistic part segmentation.

To complement the experiments in our main paper, we provide additional details. We first provide more qualitative examples showcasing the appearance ambiguity problem, the limits of the InterHand2.6M [37] model, the benefit of modeling part segmentation to address the ambiguity, and the 3D predictions from our model. In the next section, we analyze of our method, illustrating the relationship between segmentation prediction and pose estimation quality, the impact of interaction and occlusion on segmentation prediction, and the generalization of our method. Lastly, we present the implementation details in the final section.

7. Qualitative analysis

To demonstrate the appearance ambiguity problem and its impact on the InterHand2.6M [37] model, we evaluate the official release of a pre-trained model [38]. Since the model uses a volumetric heatmap representation to encode the 2.5D location of individual joints for an input image, we sum across the volumetric heatmap for each joint along the depth dimension to obtain a 2D heatmap, representing the location of 2D keypoints in the image space. Fig. 17 shows examples of such 2D heatmaps. Note that the lighting of the input images is adjusted for visualization purposes but the original image lighting is used for the model input.

We show the 2D heatmaps of individual joints as opposed to all 42 joints to avoid a cluttered visualization. As an example, the top-left corner shows an image of a single hand. The 2D heatmap of the “ring3” joint (see Fig. 14) is shown below the input image. We observe multiple modes in the predicted 2D heatmap in different parts of the hand. This indicates that the model has difficulties in resolving ambiguities. Note that since the InterHand2.6M [37] model uses an argmax operation over the 2D heatmap to determine the 2D keypoint location, the prediction is at the mode with the highest response, shown as a plus sign in the figure. We use the cross sign to indicate the groundtruth location.

To understand how the modeling of part segmentation
**Figure 11. An illustration of our hand pose estimation model.** Given an image, our method extracts visual features (F) and predict part segmentation probability volume (S). The segmentation volume is projected into latent semantic features (S’). The visual features (F) and the semantic features (S’) are fused across multiple scales and are used for interacting hand pose estimation (illustrated in Fig. 12).

**Figure 12. Our interacting hand pose estimator**

**Figure 13. Pose estimators for the ablation studies:** (a) without segmentation, (b) with segmentation but only for applying a loss, (c) segmentation for pose estimation (no visual features).

helps to address appearance ambiguity, we provide qualitative examples of models with or without using segmentation in Fig. 11 while the model without segmentation is in Fig. 13a. We show the 2D heatmaps of individual joints to avoid clutter in the visualization. For instance, the middle example at the bottom row in Fig. 18 shows that, without part segmentation, the network struggles to distinguish the left and the right wrist, indicated by the two modes on the hands. In contrast, by predicting segmentation, which distinguishes left and right (different colors on the predicted segmentation map), our 2D heatmap has a single mode, concentrated at the wrist area of the left hand. Similarly, since we predict part segmentation, the ambiguity between parts can be addressed in the same way. A concentrated heatmap is often observed for visible joints in our model. However, when a joint is occluded (the fourth example at the bottom of Fig. 18), our model leverages context from other visible joints, shown as the spread of weights on the heatmap. Since we use soft-argmax to convert 2D heatmaps to 2D keypoints for full differentiability, the predicted 2D keypoint of each joint is at the weighted-average location according to the 2D heatmap (see Eq. 9). We use the plus sign and the cross sign to indicate the predicted 2D location and the groundtruth. The name of each joint is shown at the top of each example (see Fig. 14 for skeleton notation).

Finally, Fig. 19 provides 3D predictions from our model, including the input image, the 2D keypoints, the part segmentation prediction, and the 3D predictions in two different views. The groundtruth for each type of prediction is shown for a side-by-side comparison. To visualize left and right, we use darker bone colors for right-hand bones and brighter for the left hand. Similarly, darker segmentation masks are for the right hand and brighter masks are for the left hand. The figure shows that despite the very similar a-
8. Analysis of our method

Here, we provide further analysis of our method. For example, we discuss the relationship between 3D pose estimation performance and segmentation prediction quality. We also study the quality of segmentation prediction to the amount of interaction, and the generalization of our method. Finally, we show the computational footprint of the baseline network, InterHand2.6M [37], and our model.

**Pose estimation vs. segmentation quality.** In Table 3, we study the relationship between segmentation quality and pose estimation performance on the validation set. In particular, we evaluate our model (see Fig. 11) and compute the mean Intersection over Union (mIoU) between part segmentation prediction and the groundtruth for each image, which measures how similar the predicted segmentation is to the groundtruth. A higher mIoU value indicates higher similarity. We partition the images according to different mIoU ranges (top row of the table) and compare our model with the baseline (see Fig. 13a). Both models use the same training procedure for a fair comparison. We observe that MPJPE (mm) and mIoU are negatively correlated and the standard deviation of MPJPE decreases for images with higher mIoU. Compared to the baseline, overall our model has a lower mean and standard deviation in the MPJPE metric. When mIoU is in [0.0, 0.2], both models have high MPJPE values. This mIoU range includes images with degenerate occlusion, resulting in both low-quality segmentation and noisy 3D pose prediction (±36 ∼ 37 mm).

**Segmentation quality vs. interaction.** Fig. 15 shows the segmentation prediction quality of our model for images containing different amounts of interaction. We use the Intersection over Union (IoU) between the groundtruth left and right full hand masks to measure the amount of interaction and occlusion. The segmentation quality is measured by the mean IoU (mIoU) between the predicted segmentation and the groundtruth.

![Figure 15. Segmentation prediction quality for different amounts of interaction and occlusion.](image)

| mIoU range | [0.0, 0.2] | [0.2, 0.4] | [0.4, 0.6] | [0.6, 0.8] | [0.8, 1.0] |
|------------|------------|------------|------------|------------|------------|
| W/O segm. | 42.0 ± 37.0 | 22.1 ± 9.5 | 18.7 ± 7.1 | 15.8 ± 5.3 | 12.6 ± 3.8 |
| W/ segm.  | 43.3 ± 36.1 | 20.9 ± 8.2 | 17.4 ± 6.1 | 14.6 ± 4.7 | 11.8 ± 3.6 |
| Difference | -1.3 ± 0.9  | -1.2 ± 1.3 | -1.6 ± 1.0 | -1.2 ± 0.6 | -0.8 ± 0.2 |

**Table 3. Comparing models with or without segmentation.** Each entry denotes the MPJPE (mm) and its standard deviation. To measure the segmentation quality of our model, we compute the mIoU between the part segmentation prediction and the groundtruth. The mIoU is then used to partition the images and compare the MPJPE of the two models in each range.

**Absolute 3D error.** Following the evaluation protocol of [37], we only include root-relative errors in the main paper. However, as a reference, we provide the 3D absolute pose error without root alignment in Table 4. For a fair comparison, all methods use the same absolute root depth values predicted using RootNet [34], which are provided in [37]. Note that to measure 3D hand pose estimation performance, root-relative 3D errors (MPJPE) is more suitable than the absolute error because it is not dominated by the errors of root depth estimation from RootNet [34].

**Backbones.** To show that our method is backbone-agnostic, we trained the baseline and our method with ResNet50 [19]. Our method consistently outperforms the baseline by 1.40mm/1.73mm for single/interacting hands on the validation set. The two networks are trained for 50 epochs with an initial learning rate of $10^{-3}$ and decay by a factor of 10 at epoch 40.

**Generalization.** Since images of [37] have a characteristic background and contain similar lighting on hands, we show that the ambiguities between interacting hands still exist on images with more natural lighting, and that our method addresses such ambiguities. Thus, we use the dataset from Tzionas et al. [59] for testing purposes and we do not train.
our models on [59]. To our knowledge, it is the only published RGB dataset containing accurate annotations for strongly interacting hands with natural lighting.

Since [37] is manually annotated while the groundtruth skeleton of [59] is from MANO [51] fitting, the skeleton topologies of the two datasets are inconsistent. This makes evaluating the models on [59] difficult. To this end, following SMPLify [5], for each hand, we use a small MLP to map the skeleton of [37] to MANO skeleton to compare with the groundtruth from [59]. The MLP takes the manual annotated skeleton of the left/right hand as inputs and regresses to its corresponding MANO skeleton. The regressor contains a 512-dimensional hidden layer connected by ReLU [15], and is trained using the training set of [37] until convergence. Two regressors are trained and used respectively for the left and the right hands. The regressors are not finetuned on [59]. To convert 2.5D to 3D joints, we use the groundtruth root depth values from the MANO skeleton.

Single-hand metrics. Although our paper is about addressing the ambiguities from the self-similarities between joints during hand-to-hand interaction, we provide the single-hand root-relative mean pose per joint error (MPJPE) for references (see Table 5). T-tests on the MPJPE values reveal that all differences between ours and the baseline are statistically significant (all $p < 10^{-4}$) for both val/test sets. Our improvement over InterHand2.6M [37] and the baseline is smaller than that of the interacting hand sequences due to fewer joints to cause the ambiguities.

| Methods          | MPJPE Val | MPJPE Test |
|------------------|-----------|------------|
| InterHand2.6M    | 14.82     | 12.63      |
| Baseline         | 14.64     | 12.32      |
| Ours             | 13.54     | 11.32      |
| % in improvement over [37] | 8.64 | 10.37 |

Table 5. Comparison with SOTAs on single-hand sequences on the initial release of [37]. The MPJPE metric measures the accuracy of interacting 3D hand pose estimation. Trained and evaluated on the initial release of InterHand2.6M [37].

Impact of prob. formulation and segm. granularity. We include an experiment of a network (see Fig. 6c of the main paper) predicting masks for the left/right hands instead of probabilistic part segmentation (see Table 7 below). Our probabilistic part segmentation is more accurate, indicated by the lower MPJPE error compared to only left/right-hand segmentation (see “LR masks”). We also show how the segmentation granularity affects pose estimation. The row “Prob. LR segm.” is from a model that predicts left/right segmentation using our probabilistic formulation.

| Ablation Study | MPJPE Val | MPJPE Test |
|----------------|-----------|------------|
| Prob. part segm. (ours) | 20.01 | 17.23 |
| Prob. LR segm. | 21.19 | 18.40 |
| LR masks | 36.05 | 31.46 |

Table 7. Impacts of prob. formulation and segm. granularity

Segmentation resolution. Our choice of segmentation resolution trades-off accuracy and efficiency. In particular, going from 128 to 256 dimensions does not differ significantly in performance (18.51mm vs. 18.43mm in the validation set) but increases the training time by 60%.

Computation requirement. Since the InterHand2.6M [37] model has a high memory requirement, we extend the pose estimator by Iqbal et al. [24] for modelling interacting hand pose. Table 8 shows the number of parameters of the InterHand2.6M [37] model, our baseline extended from [24] (shown in Fig. 13a), and our final model (Fig. 11). The baseline has significantly fewer parameters and lower memory requirement than [37]. This justifies our need to use a custom pose estimator. Our final model has fewer parameters than [37] while requiring 1.2 Gb more memory due to modeling part segmentation. The baseline, our method, and [37] run at 26, 24, and 96 FPS on a Titan RTX. Training our method for 30 epochs takes 5 to 7 days due to the dataset size on a single Quadro RTX 6000 GPU.

9. Implementation details

In this section, we provide implementation details of our pipeline, our custom U-Net (see Fig. 11), and our pose estimator (see Fig. 12). We use $W \times H \times D$ to denote the width, height, and channel dimension for all feature maps. Our pipeline. Fig. 11 shows the architecture of our proposed model. Given an image, we use a HRNet-W32 [57]...
CNN backbone to obtain visual features \( F \in \mathbb{R}^{W_F \times H_F \times D_F} \) where \( W_F, H_F \) and \( D_F \) are 64, 64, and 32 respectively. The visual features are used to estimate the part segmentation in the form of probabilistic segmentation logits \( S \in \mathbb{R}^{W_S \times H_S \times C} \) where \( W_S = H_S = 128 \) and \( C = 33 \). The quantity \( C \) is the number of classes including the background. Table 9 illustrates the sequence of operations applied on the visual features \( F \) to obtain the segmentation logits \( S \). The network first upsamples \( F \) by a factor of 2 using bilinear interpolation. It is then processed by a series of 2D convolution (with a kernel width of 3 and zero paddings of 1), 2D batch normalization, and rectified linear unit [15] layers. The input and output channel dimensions of each layer are shown in the brackets.

Since the segmentation \( S \) has a higher spatial resolution than the visual features \( F \), to match the dimension of \( S \) to \( F \) while preserving the higher resolution semantic information, we convolve \( S \) with 2 2D convolution layers whose output channel dimensions are 64 and 512. The convolved feature map is then downsampled spatially by a factor of 2 using max pooling, resulting in semantic features \( S' \in \mathbb{R}^{W_S \times H_S \times C} \) where \( D_S = 512 \). To introduce non-linearity, we use the ReLU [15] activation function between the two 2D convolution layers and the max-pooling layer.

To leverage both visual features \( F \), containing rich visual cues for accurate pose estimation, and semantic features \( S' \), containing distinctive semantic information for addressing the appearance ambiguity problem, we concatenate \( F \) and \( S' \) along the channel dimension to a feature map with the dimensions \( W_F \times H_F \times (D_F + D_S) \). We then use a UNet-like architecture to fuse the two feature maps across multiple scales in order to leverage global context. Finally, the fused features \( F' \) are used to estimate the hand pose.

The fusion network. Given the feature map with the dimensions \( W_F \times H_F \times (D_F + D_S) \), obtained by concatenating the visual features \( F \) and the semantic features \( S' \), we use a UNet-like architecture to fuse the two feature maps, which results in a fused feature map \( F' \). The right hand side of Fig. 16 illustrates the fusion network (4.6M parameters). The network consists of three types of operations: DoubleConv, Down, and Up, defined on the left side of the figure. In particular, we use DoubleConv in the figure to denote applying the sequence of operations twice: a 2D convolution, a 2D batch normalization [22], and a ReLU [15] operation. The 2D convolution layers use a \( 3 \times 3 \) kernel with a zero padding of 1 pixel to ensure the same input and output spatial dimensions. We use Down to denote a bilinear downsampling procedure followed by a DoubleConv. The downsampling procedure reduces the spatial dimensions of the input by a factor of 2. Finally, we use Up to denote an upsampling operation of a feature map with lower spatial dimensions (shown as \( X \) in the smaller figure at the bottom-left) and a concatenation of the upsampled \( X \) with the feature map \( Y \) that matches the same dimension. After the concatenation, a DoubleConv is used to produce the feature map \( Z \). We also provide the pseudocode for the operations below each diagram for clarity. The input and output feature maps of the three major operations are indicated by the arrow directions in the network.

Our pose estimator. Here we detail our pose estimator in Fig. 12. Given the fused features \( F' \), the network predicts the 2D keypoints \( \{(x_i, y_i)\}_{i=1}^{2J} \), the root-relative depth \( z_i \) for each joint \( i \) out of \( 2J \) joints, the handedness of the image \( (h^L, h^R) \in \mathbb{R}^2 \), and the relative depth between the left and the right roots \( z_{R^L} \in \mathbb{R} \). To obtain the 2D latent heatmaps \( H_{2D} \in \mathbb{R}_+^{W_F \times H_F \times 2J} \) and latent depth maps \( H_z^x \in \mathbb{R}^{W_F \times H_F \times 2J} \), which encode the 2D position and the root-relative depth for each joint, we perform \( 1 \times 1 \) convolution on \( F' \). The 2D latent heatmaps \( H_{2D} \) are softmax-normalized spatially into \( H_{2D} \) such that each slice \( H_{2D} \) for

| Nr. | Layers/Blocks |
|-----|---------------|
| 0   | Upsample(scale=2, mode=bilinear) |
| 1   | Conv2d(32, 16, kw=3, pad=1), BN2d(16), ReLU() |
| 2   | Conv2d(16, 64, kw=3, pad=1), BN2d(64), ReLU() |
| 3   | Conv2d(64, 33, kw=3, pad=1), BN2d(33), ReLU() |
| 4   | Conv2d(33, 33, kw=3, pad=1) |

Table 9. Details of the part segmentation network.

![Fig. 16. Our UNet-like fusion network](image)
Table 10. Converting fused features $F'$ to vector $x$ for handedness and relative root depth prediction.

| Nr. | Layers/Blocks |
|-----|---------------|
| 0   | Conv2d(544, 64, kw=3, pad=1), ReLU() |
| 1   | Conv2d(64, 128, kw=3, pad=1), ReLU() |
| 2   | MaxPool2d(kw=2, stride=2) |
| 3   | Conv2d(128, 256, kw=3, pad=1), ReLU() |
| 4   | Conv2d(256, 512, kw=3, pad=1), ReLU() |
| 5   | MaxPool2d(kw=2, stride=2) |
| 6   | Conv2d(512, 512, kw=3, pad=1), ReLU() |
| 7   | Conv2d(512, 512, kw=3, pad=1), ReLU() |
| 8   | MaxPool2d(kw=2, stride=2), Mean2d() |

The joint $i$ sums to 1. Since $H_{2D}$ represent potential 2D joint locations, $H_{2D}^i$ is element-wise multiplied with the latent depth map $H_z$ to obtain the depth map $H_z = H_z^i \odot H_{2D}$ to focus the depth values on the joint locations. Finally, the 2D keypoints are obtained by a soft-argmax operation on the 2D heatmap $H_{2D}^i$ for each joint $i$:

$$ (x_i, y_i) = \sum_{m=0}^{W_F-1} \sum_{n=0}^{H_F-1} H_{2D}^i[m, n](m, n) $$

where $(m, n) \in \mathbb{R}^2$ represents potential 2D position on the heatmap for a joint $i$. The term $H_{2D}^i[m, n] \in \mathbb{R}$ is the probability of the 2D coordinate $(m, n)$ being the 2D position of the joint $i$. Note that, for brevity, we use $H_{2D}^i$ to denote the 2D latent heatmaps for all joints and $H_{2D}^i$ to denote the normalized 2D heatmap for a joint $i$. The root-relative depth $z_i$ for each joint $i$ is defined as

$$ z_i = \sum_{m=0}^{W_F-1} \sum_{n=0}^{H_F-1} H_z^i[m, n]. $$

To estimate the handedness $(h^L, h^R) \in \mathbb{R}^2$, and the relative depth between the two roots $z_{R→L} \in \mathbb{R}$, we need to obtain a vector representation $x$. Therefore, we iteratively convolve and downsample $F'$ and we take a mean over the spatial dimension to obtain a latent vector $x$ (see Table 10). Finally, we learn two separately multi-layer perceptron (MLP) networks to map the latent vector $x$ to the handedness $(h^L, h^R)$ and a 1D heatmap $p \in \mathbb{R}^{D_z}$ that is softmax-normalized, representing the probability distribution over $D_z$ possible values for $z_{R→L}$. The final relative depth $z_{R→L}$ is obtained by

$$ z_{R→L} = \sum_{k=0}^{D_z-1} k \ p[k]. $$

We use two linear layers in the MLPs with dimensions of 512 and ReLU [15] activation.
Figure 17. Bi-modal and dispersed heatmap behavior in InterHand2.6M [37]. We show the input image, the 2D heatmap of the joints of interest (the joint name at the top), the groundtruth keypoints, and the predicted keypoints. In the 2D heatmap, the plus sign and the cross sign denote the predicted and groundtruth position for a particular joint, respectively. The naming convention of joints can be found in Fig. 14. Best viewed in color and zoomed in.
Figure 18. **Comparing heatmaps with or without using segmentation.** The darker segmentation masks denote right-hand predictions. The plus sign and the cross sign show the predicted and groundtruth position for a particular joint. Best viewed in color and zoomed in.
Figure 19. **Qualitative results of our model.** We use darker bones and segmentation colors to denote predictions for the right hands. Best viewed in color and zoomed in.