INTRODUCTION

Liver is considered as the largest metabolic organ and functions as the center of numerous metabolic and physiological processes, which plays a pivotal role in high-altitude adaptation (Nath & Szabo, 2012). Liver function disorder may induce maladaptation to high altitude and increase the incidence of acute mountain sickness (AMS) (Luks & Swenson, 2015). Although the molecular mechanisms...
underlying high-altitude hypoxia-induced liver injury remain widely unclear, both oxidative stress and inflammation response are considered as prominent factors involved in the pathogenesis of liver disorder under hypoxia.

Reactive oxygen species (ROS) are highly reactive species primarily generated in the mitochondria and in the endoplasmic reticulum of hepatocytes. (Prieto & Monsalve, 2017). Under normal conditions, ROS production can be effectively ameliorated via various antioxidant enzymes, such as superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GSH-Px). However, oxidative stress is generated due to an imbalance between ROS production and antioxidant enzymes under stressful conditions (Cichoz-Lach & Michalak, 2014). Hypoxia is considered as one of the most important contributors of oxidative stress, which plays an initiating role in the development of liver injury (Garnacho-Castano et al., 2016; Sundaram et al., 2016). In addition, hypoxia exposure could also increase pro-inflammatory cytokines release (Wang et al., 2016) and induce inflammatory response in the liver (Hernandez et al., 2020; Kang et al., 2017), which further aggravate liver dysfunction. Herein, potential therapeutic strategies targeting oxidative stress and inflammatory response showed promise to ameliorate the advance of liver disease (Ji et al., 2019; Musso et al., 2016).

Salidroside is the main ingredient of Rhodiola which has been reported for its anti-apoptosis (Xiong et al., 2020), anti-inflammatory (Pu et al., 2020), and antioxidant properties (Yang et al., 2016). Convincing evidence has emphasized its protective effects on the nervous and cardiovascular systems and inflammatory diseases, which function as a potent antioxidant and anti-inflammatory response compound (Li et al., 2017; Liu et al., 2020). Recently, salidroside was reported to protect against furan-induced hepatic injury by alleviating oxidative stress and systemic low-grade inflammation (Yuan et al., 2019).

Oxidative stress combined with inflammatory response may accelerate hypoxia-induced liver disorder. Although previous studies have demonstrated that salidroside possesses hepatoprotective effects in the liver with nonalcoholic steatohepatitis (Zheng et al., 2018) and CCl4-induced liver injury (Lin et al., 2019) via ameliorate oxidative stress and inflammatory response. The protective effects of salidroside on high-altitude hypoxia triggered liver injury and its potential molecular mechanism remain to be explored. Herein, the aim of this study is to elucidate the protective effect of salidroside on hypoxia-induced liver oxidative stress and inflammatory reaction.

2 | MATERIALS AND METHODS

2.1 | Animals care

Adult male Sprague Dawley rats (280–330 g) was obtained from Weitong lihua Laboratory Animal Limited Company. The rats were housed at room temperature (20–22°C) and in a 12 hr-12 hr light-dark cycle with free access to food and water and adapted to the condition above for 1 week before the experiment. All experiments were conducted in accordance with the laboratory animal care guidelines published by the US National Institutes of Health (NIH publication no. 85-23, revised 1996). All protocols concerning animal use were approved by the Institutional Animal Care and Use Committee of Institute of Basic Medical Sciences, Peking Union Medical College and Capital Medical University.

2.2 | Hypoxic challenge

Adult male SD rats were randomly divided into four groups (n = 6/each group): (1) Control group, (2) Hypoxia group, (3) Control + Sal (20 mg/kg body weight) and (4) Hypoxia + Sal (20 mg/kg body weight). The rats in the Hypoxia group and Hypoxia + Sal group were raised in a hypobaric chamber (Guizhou Fenglei Air Ordnance Co., Ltd.) and subjected to hypoxia mimicking an altitude of 5,500 m for 10 days. The chamber was opened daily for 30 min to clean and replenish food and water. Meanwhile, the rats in the Control + Sal and Hypoxia + Sal groups were administered salidroside (dissolved in 0.9% saline) at doses of 20 mg kg⁻¹ day⁻¹ body weight by intraperitoneal injection before the hypoxic challenge for a total of 10 days. Salidroside (purity >98%) was purchased from the National Institute for Food and Drug Control (Beijing, China). All the rats were sacrificed by decapitation and serum was obtained by centrifugation and stored at ~80°C. The liver tissue was quickly collected and weighed, frozen in liquid nitrogen, and stored at ~80°C.

2.3 | Culture of human hepatic cell line L02 cells

The human hepatic cell line L02 cells were obtained from the cell bank of Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). L02 cells were cultured in a medium mixed with DMEM, 10% (v/v) FBS, and 100 units/ml penicillin (in 5% CO₂, 37°C). L02 cells were precultured in phenol red-free and serum-free DMEM in an atmosphere of 5% CO₂ at 37°C for 1 hr before the treatment. For hypoxia exposure, cells were incubated with the serum-free medium and placed in an airtight humidified chamber with 37°C, 5% CO₂, and 95% N₂. The corresponding normoxia control cells were cultured in a humidified incubator with 37°C, 5% CO₂, and 21% O₂. ML385 (inhibitor of Nrf2) and AG490 (inhibitor of JAK2) were purchased from Sigma-Aldrich. ML385 (10 µmol/L), AG490 (10 µmol/L) and salidroside (10 µmol/L) were used to treat L02 cells.

2.4 | Histopathological observation of liver tissues

The liver tissues of rat were fixed in 4% paraformaldehyde overnight, followed by embedment in paraffin and longitudinal slicing, with 4 µm thick sections obtained and stained with hematoxylin and eosin (H&E). Immunohistochemistry (IHC) staining was conducted to examine the expression of Nrf2 in the liver. Briefly, the sections were deparaffinized and rehydrated, then incubated with a hydrogen
pH 7.4) for 15 min. The sections were incubated with Nrf2 primary antibody (1:500, Cell Signaling Technology) overnight at 4°C followed by incubation in biotinylated secondary antibody for 1 hr at room temperature. After incubation with DAB chromogen, the sections were ultimately counterstained with hematoxylin. The stained slides were examined for histomorphological analyses at 400× magnification using optical microscope.

### 2.5 Western blotting and densitometry analyses

Homogenized rat liver was lysed in 200 μl RIPA lysis buffer (Beyotime, P0013B) with 1% phenylmethyl sulfon fluoride and 4% complete protease inhibitor cocktail mix (Roche, Mannheim, Germany). Extracts were centrifuged at 14,000 g for 15 min at 4°C. Eighty micrograms of total protein were used for sodium dodecyl sulfate-polyacrylamide gel electrophoresis, followed by transferring blotting to nitrocellulose membrane (Millipore Corp., Billerica, MA, USA). Membranes were then blocked with 5% nonfat dried milk in PBS for 1 hr with gentle shaking. Membranes were incubated first with anti-Janus kinase 2 (JAK2), anti-signal transducer and activator of transcription 3 (STAT3) and their phosphorylated species, anti-cytochrome P450 2E1 (CYP2E1), anti-Nuclear factor erythroid 2 (Nrf2), anti-heme oxygenase-1 (HO-1), anti-NAD(P)H: quinone oxidoreductase 1 (NQO-1), and anti-β-actin antibody [Cell Signaling Technology] were incubated overnight at 4°C, in 1% BSA in PBS overnight at 4°C with shaking, washed and incubated with secondary antibodies for 2 hr at room temperature. Finally, the samples were visualized by enhanced chemiluminescence. After scanning, band density was analyzed using Image J 1.33 software (National Institutes of Health, Bethesda, MD, USA).

### 2.6 Serum measurements

The concentrations of pro-inflammatory biomarkers, namely interleukin-1β (IL-1β), tumor necrosis factor-α (TNF-α), interleukin-6 (IL-6), and monocyte chemoattractant protein-1 (MCP-1) were determined by an enzyme-linked immunosorbent assay (ELISA) according to the manufacturer’s instructions (IBL International GmbH). A standard curve was used to converting the OD reads and calculated the amount of IL-1β, IL-6, TNF-α, and MCP-1 in the samples.

### 2.7 Determination of ROS production, MDA and AGEs activity in the liver

The weighed liver tissue samples and collected L02 cells were homogenized in PBS to prepare 10% homogenate, then the supernatant was collected after centrifugation at 4°C, 10,000 g for 10 min. The ROS production, MDA, and AGEs in the supernatant of liver homogenate were determined according to the requirements of the manufacturer’s protocol in reagent kits (Nanjing Jiancheng Bioengineering Institute, China). The protein concentration in the liver and L02 cells was determined using BCA protein assay reagent kit. The values of ROS production, MDA, and AGEs were normalized to liver tissue protein concentration, respectively.

### 2.8 Determination of antioxidant status

The GSH-Px, CAT, and SOD activity in liver tissues were detected by colorimetric analysis according to the manufacturer’s protocol were determined according to the requirements of the instructions provided in reagent kits (Xiao et al., 2018).

### 2.9 Reverse-transcription PCR and quantitative real-time PCR

Total RNA was prepared from liver tissues and L02 cells with trizol reagent (Invitrogen) and the cDNA was synthesized using TransScript TM First-Strand cDNA Synthesis Super-Mix (TransGen Biotech, AT301). Quantitative real-time PCR was performed using the SYBR® Pre-mix Ex TaqTM kit (Takara, RR420A) and analyzed in a step-one plus RT-PCR system (life science, Applied Biosystems). The primer sequences of rat IL-1β, TNF-α, and IL-6 were referenced (Song et al., 2016). The primer sequences of rat MCP-1 were 5′-GGGTTGTTGTTCACAGTTGCT-3′ (sense) and 5′-TCTCATTGGTTCTGGTC CAGT-3′ (antisense); The primer sequences of rat β-actin were 5′-GGTGTCTGGGGAAAGC-3′ (antisense) and 5′-GTGGTGGCCGTACAGTCTTGG-3′ (antisense). The primer sequences of human IL-1β, TNF-α, and IL-6 were referenced (Sun et al., 2000). The primer sequences of human MCP-1 were 5′-CAGATGCAAATGCCCCGAGT-3′ (sense) and 5′-ATAAAA CAGGTTGCTGGGGGAAGC-3′ (antisense). The primer sequences of human β-actin were 5′-GTACAGTGCCATGCTGTAGT-3′ (sense) and 5′-CTGTTGGCCGTACAGTCTTGG-3′ (antisense). Relative mRNA expression of genes was calculated using 2^−ΔΔCT method.

### 2.10 Statistical analysis

The data are presented as mean ± standard error (SE). Statistical significance is determined by one-way analysis of variance (ANOVA) with multiple comparisons or nonparametric test. A p-value < .05 was considered statistically significant (SPSS 18.0 software).

### 3 RESULTS

#### 3.1 Salidroside attenuated hypoxia-induced liver oxidative stress

Hypoxia exposure could accelerate ROS production and evoke oxidative stress, gradually leading to liver dysfunction. Levels of
oxidative stress biomarkers (ROS, MDAs, and AGEs) significantly increased in the hypoxia group (p < .05), which were effectively ameliorated by salidroside treatment (p < .05) (Figure 1a–c). Levels of hepatic antioxidant enzymes, namely SOD, CAT, and GSH-Px activities, showed significant decline in hypoxia group compared with control group (p < .05), due to their rapid clearance when coping with oxidative stress. Salidroside treatment significantly attenuated hypoxia-induced decline of SOD, CAT, and GSH-Px activities compared with the hypoxia group (p < .05) (Figure 1d–f).

3.2 | Salidroside ameliorated hypoxia-induced liver inflammation

To explore the effect of salidroside on pro-inflammatory cytokines, serum levels of IL-1β, TNF-α, IL-6, and MCP-1 were measured in rats treated with or without salidroside after hypoxia. Compared to the hypoxia group, the augment of pro-inflammatory cytokines including IL-1β, TNF-α, IL-6, and MCP-1, was significantly suppressed in hypoxia + Sal group rats (Figure 2a–d). In addition, representative histopathological changes of the liver tissues are shown in Figure 2e. The control group exhibited a normal lobular architecture and clear hepatic cords, whereas the basic architecture of hepatocytes was disappeared in hypoxia group, accompanied with distorted hepatic cords, cellular swelling, and hyperemia. Treatment of salidroside significantly ameliorated pathohistological alterations in the liver of hypoxia rats. Meanwhile, a supplement with salidroside also restrained the increased mRNA levels of IL-1β, TNF-α, IL-6, and MCP-1 in rat liver upon hypoxia (Figure 2f–i). The data above suggested a protective effect of salidroside against hypoxia-induced inflammation response.

3.3 | Salidroside protected liver from hypoxia-induced oxidative stress via the Nrf2 signaling pathway

To further explore the potential antioxidant mechanisms of salidroside on hypoxia-induced liver oxidative stress, the expressions of CYP2E1 and Nrf2-related pathways in liver tissues were conducted. Salidroside treatment significantly inhibited the hypoxia-induced upregulation of CYP2E1 expression (Figure 3b). Under normal conditions, Nrf2 is localized in the cytoplasm, while under conditions of oxidative stress, Nrf2 may translocate into the nucleus and regulate the expression of downstream antioxidant genes HO-1 and NQO-1 (Zhang et al., 2017). As shown in Figure 3a, the salidroside-treated group altered the hypoxia-inhibited Nrf2 expression in the liver. Nrf2 translocated into the nucleus in hypoxia + Sal group (red arrow), indicating activation of the Nrf2-related pathway by salidroside. The nuclear expressions of Nrf2 significantly decreased in the hypoxia group (Figure 3d). Meanwhile, levels of Nrf2 downstream target gene NQO1, HO-1, also significantly decreased (Figure 3e, f). Treatment with salidroside significantly attenuated hypoxia-induced decrease of n-Nrf2, NQO-1, and HO-1. These data suggest that salidroside ameliorate liver injury from hypoxia-induced oxidative stress via inhibiting CYP2E1 expression and activating the Nrf2-related pathway.

To further explore a possible link between salidroside and the Nrf2 signaling pathway, we examined the oxidative stress biomarkers and antioxidant enzymes in L02 cells treated with or without salidroside and ML385 (inhibitor of Nrf2). As shown in Figure 4, Levels of oxidative stress biomarkers (ROS, MDAs, and AGEs) significantly increased in the hypoxia group as compared with the control group, which was significantly attenuated by salidroside administration. Hypoxia exposure significantly decreased SOD, CAT, and GSH-Px activity, which was attenuated by salidroside administration. However, treatment with the Nrf2 inhibitor ML385 significantly abolished these effects conferred by salidroside. These data

![Figure 1](https://via.placeholder.com/150)  
**Figure 1** Salidroside attenuated hypoxia-induced liver oxidative stress. Hepatic levels of (a) ROS, (b) MDA, (c) AGEs, (d) SOD activity, (e) CAT activity, and (f) GSH-Px activity. Data are shown as mean ± SE, *p < .05, **p < .01, (Control group versus Hypoxia group, n = 6/group), #p < .05, ##p < .01 (Hypoxia group versus Hypoxia + Sal group, n = 6/group)
indicated that salidroside suppressed hypoxia-induced liver oxidative stress via the Nrf2-related pathway.

3.4 | Salidroside intervened with the JAK2/STAT3 pathway to ameliorate liver inflammation

JAK2-STAT3 is a key transcription factor involved in inflammatory cytokine release in liver disease (Gao, 2005). We explored the effect of salidroside treatment on JAK2-STAT3 signaling. Protein levels of p-JAK2 and p-STAT3 were analyzed in the liver of the four groups of rats. As shown in Figure 5a–c, the ratios p-JAK2/JAK2 and p-STAT3/STAT3 significantly increased in the hypoxia group as compared with the control group, while salidroside treatment significantly inhibited p-JAK2 and p-STAT3 levels in hypoxia rats.

To further explore a possible link between salidroside and JAK2-STAT3-mediated pro-inflammatory cytokines production, we examined the mRNA levels of IL-1β, TNF-α, IL-6, and MCP-1 in L02 cells treated with or without salidroside and AG490 (inhibitor of JAK2). Interestingly, the inhibitory effect of salidroside on hypoxia-induced pro-inflammatory cytokines release was almost completely abolished by the JAK2 inhibitor AG490 (Figure 5d–g). These data indicate that salidroside treatment could suppress hypoxia-induced inflammation reaction by regulating the JAK2/STAT3 pathway in the liver.

4 | DISCUSSION

Liver function is crucial in high-altitude adaptation and is likely attacked by ROS and inflammation. Our findings demonstrate that salidroside can protect the liver against hypoxia-induced oxidative stress and inflammation, as evidenced by inhibiting ROS production and pro-inflammatory cytokines release. The beneficial effect of salidroside on hypoxia-induced liver injury rely on activating the Nrf2-related antioxidant pathway and restraining the JAK2/STAT3-mediated inflammatory reaction.
Hypoxia exposure could accelerate the production of ROS and evoke oxidative stress (Irarrazaval et al., 2017). As reported by Li et al., mice exposed to hypobaric hypoxia markedly inhibited the activity of SOD and GSH and increased the levels of MDA and oxidized glutathione in the serum and liver (Li et al., 2020). Furthermore, oxidative stress could induce apoptosis and necrosis in hepatocytes, which finally lead to liver dysfunction (Li et al., 2015). In this study, we found that salidroside treatment significantly downregulated ROS, MDA, and AGES contents, while significantly upregulated the activities of the antioxidative enzymes in the hypoxia group rat liver. These data indicated a potential protective role of salidroside by counteracting oxidative stress induced by hypoxia.
CYP2E1 is one of the main members of CYP450 family, mainly present in liver microsomes and plays a vital role in ROS production and liver injury (Lee et al., 2020). Nrf2 is considered as a master regulator that controls the cellular redox state under harmful stresses (Bellezza et al., 2018). As previously described, salidroside exerts its antioxidant effect by modulating the Nrf2 signaling pathway (Cai et al., 2017; Zhu et al., 2016). In addition, salidroside was reported to suppress ROS production through Akt and Nrf2-regulated genes HO-1 and NQO-1 (Zheng et al., 2014). We speculated that the antioxidant property of salidroside may be achieved via activation of the Nrf2-related pathway. As expected, we observed that hypoxia exposure upregulated the expression of CYP2E1 and downregulated Nrf2, and its downstream target genes HO-1, NQO1. Furthermore, hypoxia-induced activation of JAK2/STAT3 was inhibited by salidroside treatment, which is possibly a potential mechanism to ameliorate hypoxia-induced liver inflammation. Blocking the JAK2/STAT3 pathway using a specific inhibitor AG490 subsequently reversed the protective effect of salidroside on liver inflammation.

Oxidative stress is closely correlated with inflammatory response, especially under hypoxia conditions (McGarry et al., 2018). High levels of ROS produced during oxidative stress stimulate the release of pro-inflammatory mediators and increase inflammation, which may further aggravate liver injury. Moreover, activation of Nrf2 not only regulates oxidative stress response, but also contributes to the anti-inflammatory process by regulating cytokines secretion (Ahmed et al., 2017). In our study, high-altitude hypoxia not only induced hepatic oxidative stress, but also promoted pro-inflammatory cytokines release synchronously. The oxidative stress combined with inflammation reaction jointly exacerbated pathological alterations in the liver under hypoxia exposure. As shown in Figure 6, the protective effects of salidroside on hypoxia-induced...
liver injury mainly depending on the activation of the Nrf2-mediated antioxidant pathway. While the anti-inflammatory effect of salidroside was dependent on inhibition of the JAK2/STAT3 pathway combining with the activation of the Nrf2 pathway. It is also a common phenomenon that natural compounds may exert a protective effect on liver due to their antioxidant and anti-inflammatory function. For instance, triptolide could alleviate LPS-induced oxidative stress and inflammation by regulating the Nrf2 and NF-κB signaling pathways in the liver (Yang et al., 2018). Similar to our findings, G-Rg2 and -Rh1 exerts a protective effect on liver function through inhibiting the TAK1 and STAT3-mediated inflammatory activity and the Nrf2/ARE-mediated antioxidant signaling pathway (Nguyen et al., 2021).

5 | CONCLUSIONS

In conclusion, our finding suggested that salidroside could ameliorate hypoxia-induced liver oxidative stress and inflammation via Nrf2 and JAK2/STAT3 signaling pathways, which is likely to be a therapeutic candidate for the prevention and treatment of liver disorders at high altitudes.

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CONFLICT OF INTEREST

The authors declare no conflict of interests.

AUTHOR CONTRIBUTIONS

Yanlei Xiong: Data curation (equal); Formal analysis (equal); Funding acquisition (equal); Investigation (equal). Lianghong Teng: Conceptualization (equal); Investigation (equal).

ETHICAL APPROVAL

Animal experiments were approved by the Institutional Animal Care and Use Committee of Institute of Basic Medical Sciences, Peking Union Medical College and Capital Medical University.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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