Molecular characterization of thalassemia and hemoglobinopathy in Southeastern China

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Thalassemia and hemoglobinopathy are two common inherited disorders, which are highly prevalent in southern China. However, there is little knowledge on the genotypes of thalassemia and hemoglobinopathy in Southeastern China. In this study, we present a large-scale genetic detection and molecular characterization of thalassemia and hemoglobinopathy in Fujian province, Southeastern China. A total of 189,414 subjects screened for thalassemia were recruited, and the hemoglobin components and levels were investigated. Furthermore, suspected common thalassemia was identified, and the suspected rare forms of common thalassemias and hemoglobinopathy were detected. Among the total subjects screened, the overall prevalence of thalassemia and hemoglobinopathy was 6.8% and 0.26%, and rare α-thalassemia genotypes HKαα, –tHAI/αα and −α27.6/αα, and novel β-thalassemia gene mutations CD90(G → T) and IVS-I-110(G > A) were identified. Additionally, Hb G-Thailand hemoglobinopathy and five other types of hemoglobinopathies (Hb New York, Hb J-Bangkok, Hb G-Taipei, Hb G-Coushatta and Hb Maputo) were found. The results of this 10-year large-scale study demonstrate high prevalence of thalassemia with complicated gene mutations in Southeastern China, which provides valuable baseline data for genetic counseling and prenatal diagnosis. In addition to detection of common thalassemia genes, detection of rare thalassemia genotypes and hemoglobinopathies is recommended.

Thalassemia is an inherited autosomal recessive blood disorder characterized by abnormal hemoglobin production. Due to genetic defects, there is reduced or absent synthesis of one or several globin peptide chains, resulting in haemolytic anaemia. Worldwide, thalassemias mainly occur in Mediterranean, Middle East, Indian subcontinent and Southeast Asia. In China, this inherited blood disorder is highly prevalent in southern regions, and is most common in Guangdong, Guangxi, Fujian, Yunnan, Guizhou and Sichuan provinces. Currently, detection of carriers and prenatal genetic diagnosis are the only effective interventions to prevent the birth of babies with thalassemias major and intermediate, due to lack of effective treatments for thalassemia major.

Fujian province, which is located along the southeastern coastal regions of China, is highly prevalent for thalassemias. To date, however, there is no large-scale analysis pertaining to the prevalence and molecular characterization of thalassemia and hemoglobinopathy in this region, which greatly influences the genetic counseling of thalassemia and hemoglobinopathy and prenatal diagnosis. The present large-scale study was therefore designed with aims to detect the thalassemia gene mutations and characterize the genotypes of rare forms of thalassemias and hemoglobinopathy in Fujian province, Southeastern China during the 10-year period from 2008 through 2017. Such a study may provide baseline data for genetic counseling and prenatal diagnosis of thalassemia and hemoglobinopathy and prenatal diagnosis in this region, so as to prevent the birth of babies with thalassemias major.

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Table 1. Prevalence of thalassemia and hemoglobinopathy in Fujian province, Southeastern China.

| Disorder                        | No. patients detected | Constituent ratio (%) | Prevalence (%) |
|--------------------------------|-----------------------|-----------------------|----------------|
| α-thalassemia                  | 9173                  | 68.46                 | 4.84           |
| β-thalassemia                  | 3542                  | 26.43                 | 1.87           |
| Concurrent α- and β-thalassemias| 186                   | 1.39                  | 0.1            |
| Hemoglobinopathy               | 499                   | 3.72                  | 0.26           |
| Total                          | 13400                 | 100                   | 7.07           |

Methods

Ethical statement. This study was reviewed and approved by the Ethics Review Committee of Fujian Provincial Maternity and Children’s Hospital. Signed informed consent was obtained from all participants following a detailed description of the purpose of the study. All experiments were performed in accordance with relevant guidelines and regulations.

Study subjects. A total of 189414 subjects that were screened for thalassemia at the Outpatient Department of Fujian Provincial Maternity and Children’s Hospital during the period from January 2008 through July 2017 were recruited. The subjects had a mean age of 27 years (range, 1 to 69 years), and came from 9 cities across the province. All subjects had no genetic relationships.

Screening of thalassemia. Peripheral blood samples were collected from each subject and anticoagulated with EDTA-K2. Approximately 2 mL of the anticoagulated blood samples were used for analysis of blood cell parameters on a Sysmex XN-2000 automatic hematology analyzer (Sysmex; Shanghai, China), and the hemoglobin components and levels were analyzed using high-performance liquid chromatography (HPLC) with a VARIANT II TURBO Hemoglobin Testing System (Bio-Rad Laboratories, Inc.; Hercules, CA, USA). Positive thalassemia screening was defined as a mean corpuscular volume (MCV) of <80 fL, a mean corpuscular hemoglobin (MCH) concentration of <27 pg, and/or hemoglobin A2 (HbA2) of >4.0% and/or fetal hemoglobin (HbF) of >2.0% and HbA2 of <2.5%1. All patients positive for thalassemia screening were subjected to genetic testing of thalassemias.

Genotyping. Genomic DNA was extracted from the peripheral blood samples using a genomic DNA isolation kit (Qiagen; Hilden, Germany) following the manufacturer’s instructions. The three common deletional α-thalassemias were detected using Gap-PCR with the thalassemia gene detection kit (Shenzhen Yishengtang Biological Products Co., Ltd.; Shenzhen, China)10, and detection of the point mutations in the three non-deletional α-thalassemias and genetic diagnosis of β-thalassemia were done using reverse dot-blot hybridization (RDB) with the thalassemia gene detection kit (Shenzhen Yishengtang Biological Products Co., Ltd.; Shenzhen, China) following the manufacturers’ instructions11.

The deletional fragments of the α-thalassemia genes were detected using the SALSA multiplex ligation-dependent probe amplification (MLPA) P027.B1 assay (MRC Holland; Amsterdam, The Netherlands), and verified by means of Gap-PCR and breakpoint sequencing12. Suspected deletional β-thalassemias were detected with the SALSA MLPA P102-B1 HBB assay (MCR-Holland; Amsterdam, The Netherlands), and definitively diagnosed using Gap-PCR with the deletional β-thalassemia gene detection kit (Shenzhen Yaneng Biological Enterprise Co., Ltd.; Shenzhen, China). The detection results were processed using the software MRC-Coffalyser version 9.4 (MRC Holland; Amsterdam, The Netherlands).

For suspected rare types of α- and β-thalassemias, the full-length α- and β-globin genes were amplified using PCR assay and checked. The purified PCR products were subjected to direct sequencing with an ABI 3100 DNA Sequencer (Applied Biosystems; Foster City, CA, USA).

Data analysis. All data were entered into and managed using Microsoft Excel 2007 (Microsoft; Redmond, WA, USA). The gene mutations, frequency and spectrum of thalassemia and hemoglobinopathy were analyzed with a descriptive method.

Results

Prevalence of thalassemia and hemoglobinopathy. Among the 189414 subjects screened for thalassemias, there were 31118 cases positive for screening, including 13400 cases definitively diagnosed with thalassemias, 7966 cases with iron deficiency and 9752 cases with unknown causes. The overall prevalence of thalassemia (12883 cases) was 6.8%, and the prevalence of α-thalassemia (9173 cases), β-thalassemia (3542 cases) and concurrent α- and β-thalassemias (186 cases) was 4.84%, 1.87% and 0.1%, respectively. In addition, the prevalence of hemoglobinopathy (499 cases) was 0.26% (Table 1).

Genotypes of common and rare types of α-thalassemias. Among the 9173 cases detected with α-thalassemias, there were 8949 cases with common α-thalassemias (97.56%) and 224 cases with rare forms of α-thalassemias (2.44%). Common α-thalassemias, a total of 6 mutated genes were detected, including three deletional and three non-deletional mutations. The most frequent deletional mutation was seen in the genotype−SEAL/αα (66.34%), followed by in genotypes −α2/αα (18.39%) and −α/αα (4.45%), and the three most frequent non-deletional mutation were detected in the genotypes α3(α/αα (2.67%), α3/αα and α5/αα (both 1.16%). In rare forms of α-thalassemias, the two most common genotypes were−THAI/αα (1.06%) and HKαα/αα (0.97%) (Table 2).
Genotypes of common and rare types of β-thalassemias. Among the 3542 cases detected with β-thalassemias, there were 3514 cases with common β-thalassemias (99.21%) and 28 cases with rare forms of β-thalassemias (0.79%). In common β-thalassemias, the three most frequent mutations were seen in genotypes ΔBS-2/BS(C→T)β3N (41.95%), ΔCD171(A→T)/β3N (30.26%) and ΔCD171(A→T)/β3N (12.25%). In rare forms of β-thalassemias, three deletional mutations (Southeast Asian hereditary persistence of fetal hemoglobin (SEA-HPFH), Chinese G+ (A. β3N) and Taiwan deletion) and 10 rare β-thalassemia mutations were detected (Table 3, Fig. 1).

Genotypes of concurrent α- and β-thalassemias. Among the 186 cases with concurrent α- and β-thalassemias, there were 28 genotypes detected in the 173 cases with common forms of concurrent α- and β-thalassemias (93.01%) and 2 genotypes detected in the 13 cases with rare forms (6.99%) (Table 4).

Genotypes of hemoglobinopathy. We detected an Hb Q-Thailand/−α42 hemoglobinopathy induced by α-globin gene mutation in 141 cases with, and five other types of hemoglobinopathies induced by β-globin gene mutation, including Hb New York (CD113(GTG > GAG)) in 317 cases, Hb J-Bangkok (CD56(GGC > GAC)) in 35 cases, Hb G-Taipei (CD22(GAA > GGA)) in one case, Hb G-Coushatta (CD22(GAA > GCA)) in 4 cases and Hb Maputo (CD47(GAT > TAT)) in one case (Table 5, Fig. 2).

Discussion
Epidemiological data have shown that thalassemia is highly prevalent in Fujian province, southeastern China7,8; however, there are few studies reporting the thalassemia genotypes, and there is no knowledge on hemoglobinopathy in this region until now. In this 10-year large-scale study recruiting 189414 study populations, we detected 0.26% prevalence of hemoglobinopathy and 6.8% prevalence of thalassemia in Fujian province, southeastern China, which is higher than the 2013 sampling survey (4.41% prevalence of thalassemia)8.

| Genotype | Phenotype | No. patients detected | Constituent ratio (%) |
|----------|-----------|-----------------------|-----------------------|
| −α3/αα | α+/αβ | 1687 | 18.39 |
| −α4/αα | α+/αβ | 408 | 4.45 |
| −ΔBS/αα | α+β/αβ | 6085 | 66.34 |
| α+β/αα | α+β/αβ | 106 | 1.16 |
| α+β/αα | α+β/αβ | 245 | 2.67 |
| α+β/αα | α+β/αβ | 106 | 1.16 |
| −α3/−α4 | α-/αβ | 139 | 1.52 |
| α+/−α4 | α+/αβ | 56 | 0.61 |
| α+/−α4 | α+/αβ | 22 | 0.24 |
| α+/−α4 | α+/αβ | 7 | 0.08 |
| α+/−α4 | α+/αβ | 13 | 0.14 |
| −α3/−α4 | α+β/αβ | 10 | 0.11 |
| −α3/−α4 | α+β/αβ | 10 | 0.11 |
| −α3/−α4 | α+β/αβ | 30 | 0.33 |
| α+/−α4 | α+β/αβ | 2 | 0.02 |
| α+/−α4 | α+β/αβ | 5 | 0.05 |
| α+/−α4 | α+β/αβ | 2 | 0.02 |
| α+/−α4 | α+β/αβ | 6 | 0.06 |
| α+/−α4 | α+β/αβ | 3 | 0.03 |
| α+/−α4 | α+β/αβ | 2 | 0.02 |
| α+/−α4 | α+β/αβ | 5 | 0.05 |
| Subtotal | | 8949 | 97.56 |
| HK/αα | α+/αβ | 89 | 0.97 |
| HK/αα | α+/αβ | 7 | 0.08 |
| HK/αα | α+/αβ | 18 | 0.20 |
| −α3/−α4 | α+β/αβ | 3 | 0.03 |
| −α3/−α4 | α+β/αβ | 5 | 0.05 |
| −α3/−α4 | α+β/αβ | 97 | 1.06 |
| −α3/−α4 | α+β/αβ | 2 | 0.02 |
| −α3/−α4 | α+β/αβ | 3 | 0.03 |
| Subtotal | | 224 | 2.44 |
| Total | | 9173 | 100 |

Table 2. Genotyping of α-thalassemia in Fujian province, Southeastern China. α+ indicates absent synthesis of α-globin peptide chain; α+ indicates reduced synthesis of α-globin peptide chain; α indicates no mutation.

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**Genotypes of common and rare types of β-thalassemias.** Among the 3542 cases detected with β-thalassemias, there were 3514 cases with common β-thalassemias (99.21%) and 28 cases with rare forms of β-thalassemias (0.79%). In common β-thalassemias, the three most frequent mutations were seen in genotypes ΔBS-2/BS(C→T)β3N (41.95%), ΔCD171(A→T)/β3N (30.26%) and ΔCD171(A→T)/β3N (12.25%). In rare forms of β-thalassemias, three deletional mutations (Southeast Asian hereditary persistence of fetal hemoglobin (SEA-HPFH), Chinese G+ (A. β3N) and Taiwan deletion) and 10 rare β-thalassemia mutations were detected (Table 3, Fig. 1).

**Genotypes of concurrent α- and β-thalassemias.** Among the 186 cases with concurrent α- and β-thalassemias, there were 28 genotypes detected in the 173 cases with common forms of concurrent α- and β-thalassemias (93.01%) and 2 genotypes detected in the 13 cases with rare forms (6.99%) (Table 4).

**Genotypes of hemoglobinopathy.** We detected an Hb Q-Thailand/−α42 hemoglobinopathy induced by α-globin gene mutation in 141 cases with, and five other types of hemoglobinopathies induced by β-globin gene mutation, including Hb New York (CD113(GTG > GAG)) in 317 cases, Hb J-Bangkok (CD56(GGC > GAC)) in 35 cases, Hb G-Taipei (CD22(GAA > GGA)) in one case, Hb G-Coushatta (CD22(GAA > GCA)) in 4 cases and Hb Maputo (CD47(GAT > TAT)) in one case (Table 5, Fig. 2).

**Discussion**
Epidemiological data have shown that thalassemia is highly prevalent in Fujian province, southeastern China7,8; however, there are few studies reporting the thalassemia genotypes, and there is no knowledge on hemoglobinopathy in this region until now. In this 10-year large-scale study recruiting 189414 study populations, we detected 0.26% prevalence of hemoglobinopathy and 6.8% prevalence of thalassemia in Fujian province, southeastern China, which is higher than the 2013 sampling survey (4.41% prevalence of thalassemia)8.
| Genotype | Phenotype | No. patients detected | Constituent ratio (%) |
|----------|-----------|----------------------|-----------------------|
| 41G-282C | $\beta^{+}$ | 1486 | 41.95 |
| 41G-282C | $\beta$ | 1072 | 30.26 |
| 41G-282C | $\beta$-$\gamma$ | 434 | 12.25 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 194 | 5.48 |
| 41G-282C | $\beta$-$\gamma$ | 106 | 2.99 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 21 | 0.59 |
| 41G-282C | $\beta$-$\gamma$ | 11 | 0.31 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 75 | 2.11 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 9 | 0.25 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 3 | 0.08 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 4 | 0.11 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 26 | 0.73 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 3 | 0.08 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 7 | 0.2 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 12 | 0.34 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 13 | 0.37 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 6 | 0.17 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 5 | 0.14 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 3 | 0.08 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 4 | 0.11 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 4 | 0.11 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 1 | 0.03 |

Subtotal: 3514 (99.21)

| Genotype | Phenotype | No. patients detected | Constituent ratio (%) |
|----------|-----------|----------------------|-----------------------|
| Deletional SEA-HPFH | $\beta$-$\gamma$ | 6 | 0.17 |
| Chinese G-“(A,G,F)” | $\beta$-$\gamma$ | 6 | 0.17 |
| Taiwanese deletion | $\beta$-$\gamma$ | 1 | 0.03 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |
| $\beta$-$\gamma$ | $\beta^{+}$-$\gamma$ | 2 | 0.06 |

Subtotal: 28 (0.79)

Total: 3542 (100)

Table 3. Genotyping of β-thalassemia in Fujian province, Southeastern China. $\beta^{+}$ indicates absent synthesis of β-globin peptide chain; $\beta^{+}$ indicates reduced synthesis of β-globin peptide chain; N indicates no mutation; SEA-HPFH, Southeast Asian hereditary persistence of fetal hemoglobin.
In the present study, we detected 6.8% overall prevalence of thalassemia carriers, and 4.84%, 1.87%, 0.1% and 0.26% prevalence of α-thalassemia, β-thalassemia, concurrent α- and β-thalassemias, and hemoglobinopathy in the study subjects, respectively. Our findings confirm that thalassemia is highly prevalent in Fujian province, and suggest that screening of thalassemias should be performed to avoid the birth of babies with thalassemia major.

In this study, we detected with 15 α-thalassemia genotypes, and 97.56% were identified as common types, including 89.18% deleitional mutations and 4.99% non-deletional mutations. The two most frequent deleitional mutations were seen in the genotypes –SEA/α (66.34%) and –α3.7/α (18.39%). The spectrum of mutations detected in this study was similar to the findings observed in the neighboring provinces; however, the prevalence of genotypes differed in regions (–α3.7/α was the most frequent genotype in Chongqing)13-15. The prevalence of rare forms of α-thalassemias was 2.44%, and –THA/α was the most common genotype (1.06%). To date, there are few studies reporting the detection of Thailand type gene mutations in thalassemias in China, and this type of mutation is only detected in Guangdong, Guangxi and Taiwan4,5,16,17. Like the –SEA genotype, the α-thalassemia with the –THA genotype is manifested as microcytic hypochromic anemia18, and the Thailand-type homozygote or Thailand-type heterozygotes with SEA-type α-thalassemia are manifested as Bart’s hydrops fetalis19. Since Thailand-type α-thalassemia is rarely detected in southern China20, detection of Thailand-type gene mutation is not recommended as a routine examination, which usually results in missing diagnosis. If a spouse carries α-thalassemia genes, and another is positive for hematological phenotypes, or has had babies with thalassemia major or intermediate, but common α-thalassemia genotypes are not detected, Thailand type gene mutations are recommended for recommendation for detection to avoid missing diagnosis. The prevalence of HKαα/α allele was 0.97%. To date, there are few reports pertaining to HKαα/α type thalassemias, which are mainly detected in Guangdong and Guangxi, China21,22. It has been found that the hematological manifestations is better in the HKαα/α allele carriers than in the –α3.7 carriers19. Previous studies have demonstrated that α-globin triplication is not rare in humans20-22; however, the anti4.2 fragment cannot be directly detected by the currently available commercial kits23. The genotype –α27.6/αα is also firstly detected in Fujian province. If conventional commercial kits are used to screen thalassemia genotypes, some rare types of deletional mutations fail to be detected, thereby resulting in missing diagnosis. The detection and prevention of rare types of thalassemias should be therefore emphasized.

In the present study, the prevalence of common β-thalassemias was 99.21%, and βCD4-2(TCTT)/βA (41.95%), βCD4-2(TCTT)/βN (30.26%) and βCD17(A-T)/βN (12.25%) were the three most frequent genotypes, βCD4-2(TCTT)/βN and βCD17(A-T)/βN were the two most frequent mutations (72.21% totally), followed by βCD17(A-T)/βN, βCD17(A-T)/βN and βCD17(A-T)/βN, and these five genotypes consisted of 92.93% of total variants of β-thalassemias, suggesting a high genetic heterogeneity for β-thalassemia in Fujian province. Our data were different from the types of β-thalassemia gene mutations in other regions where β-thalassemia is highly prevalent. It was reported that βCD17(A-T)/βN was the most common genotype in Guangdong, Hainan, Hunan and Jiangxi21,24-27, while βCD17(A-T)/βN was the most common genotype in Guangxi and Chongqing, indicating region-specific prevalence of β-thalassemia genotypes28. We detected 0.79% prevalence of rare forms of β-thalassemias, in which three deleational mutations (SEA-HPFH, Chinese Chinese G, (A, k) and Taiwan deletion) and other 10 rare types of mutations were detected. The results demonstrate the diversity and significant genetic heterogeneities of β-thalassemias in Fujian province, and indicate that screening and detection of rare and unknown gene mutations should be emphasized. Deleational β-thalassemia is clinically characterized by elevated HbF with or without abnormal blood testing28. In China, there have been Southeastern Asian, Chinese and Taiwan types detected in

Figure 1. DNA sequencing reveals hemoglobin variants in 7 rare forms of β-thalassemia. (A) CD90(G > T); (B) CD54-58(TATGGGCAACCT); (C) IVS-II-5(G > C); (D) CD8-9(+G); (E), TermCD + 32(A > C); (F) IVS-I-128(T > G); (G) IVS-I-110(G > A).

In the present study, we detected 15 α-thalassemia genotypes, and 97.56% were identified as common types, including 89.18% deleitional mutations and 4.99% non-deletional mutations. The two most frequent deleitional mutations were seen in the genotypes –SEA/α (66.34%) and –α3.7/α (18.39%). The spectrum of mutations detected in this study was similar to the findings observed in the neighboring provinces; however, the prevalence of genotypes differed in regions (–α3.7/α was the most frequent genotype in Chongqing)13-15. The prevalence of rare forms of α-thalassemias was 2.44%, and –THA/α was the most common genotype (1.06%). To date, there are few studies reporting the detection of Thailand type gene mutations in thalassemias in China, and this type of mutation is only detected in Guangdong, Guangxi and Taiwan4,5,16,17. Like the –SEA genotype, the α-thalassemia with the –THA genotype is manifested as microcytic hypochromic anemia18, and the Thailand-type homozygote or Thailand-type heterozygotes with SEA-type α-thalassemia are manifested as Bart’s hydrops fetalis19. Since Thailand-type α-thalassemia is rarely detected in southern China20, detection of Thailand-type gene mutation is not recommended as a routine examination, which usually results in missing diagnosis. If a spouse carries α-thalassemia genes, and another is positive for hematological phenotypes, or has had babies with thalassemia major or intermediate, but common α-thalassemia genotypes are not detected, Thailand type gene mutations are recommended for recommendation for detection to avoid missing diagnosis. The prevalence of HKαα/α allele was 0.97%. To date, there are few reports pertaining to HKαα/α type thalassemias, which are mainly detected in Guangdong and Guangxi, China21-22. It has been found that the hematological manifestations is better in the HKαα/α allele carriers than in the –α3.7 carriers19. Previous studies have demonstrated that α-globin triplication is not rare in humans20-22; however, the anti4.2 fragment cannot be directly detected by the currently available commercial kits23. The genotype –α27.6/αα is also firstly detected in Fujian province. If conventional commercial kits are used to screen thalassemia genotypes, some rare types of deletional mutations fail to be detected, thereby resulting in missing diagnosis. The detection and prevention of rare types of thalassemias should be therefore emphasized.

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mutations, including codon 36 (detected, which may result in missing diagnosis. Our previous studies identified several novel β-risk of having babies with β-province. If the subjects carrying deletional

| Genotype | Phenotype | No. patients detected | Constituent ratio (%) |
|----------|-----------|-----------------------|-----------------------|
| 3.246.3-4.1.2|β+α−/α+α−|23|12.37|
| 3.246.3-4.1.2|β+α−/α+α−|24|12.9|
| 3.246.3-4.1.2|β+α−/α+α−|7|3.76|
| 3.246.3-4.1.2|β+α−/α+α−|6|3.23|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|24|12.9|
| 3.246.3-4.1.2|β+α−/α+α−|26|13.98|
| 3.246.3-4.1.2|β+α−/α+α−|6|3.23|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|5|2.69|
| 3.246.3-4.1.2|β+α−/α+α−|2|1.08|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|4|2.15|
| 3.246.3-4.1.2|β+α−/α+α−|16|8.6|
| 3.246.3-4.1.2|β+α−/α+α−|8|4.30|
| 3.246.3-4.1.2|β+α−/α+α−|3|1.61|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|2|1.08|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|2|1.08|
| 3.246.3-4.1.2|β+α−/α+α−|1|0.54|
| 3.246.3-4.1.2|β+α−/α+α−|3|1.61|
| Subtotal — | — | 173 | 93.01 |
| Rare concurrent α- and β-thalassemias | | | |
| 3.246.3-4.1.2|β+α+/α+α−|10|5.38|
| 3.246.3-4.1.2|β+α+/α+α−|3|1.61|
| Subtotal — | | 13 | 6.99 |
| Total | | 186 | 100.00 |

**Table 4.** Genotyping of concurrent α- and β-thalassemias in Fujian province, Southeastern China. α indicates absent synthesis of α-globin peptide chain; α+ indicates reduced synthesis of α-globin peptide chain; β indicates absent synthesis of β-globin peptide chain; β+ indicates reduced synthesis of β-globin peptide chain; and N indicate no mutation.

| HbQ-Thailand/α| Phentype | No. patients detected | Constituent ratio (%) |
|----------------|----------|-----------------------|-----------------------|
| HbQ-Thailand/α| α+β+ | 141 | 28.26 |
| Hb New York (CD13(GTG > GAG)) | α+β− | 317 | 63.53 |
| Hb J-Bangkok (CD56(GGC > GAC)) | β+α+ | 35 | 7.01 |
| Hb G-Taipei (CD22(GAA > GGA)) | β+α+ | 1 | 0.2 |
| Hb G-Coushatta(CD22(GAA > GCA)) | β+α+ | 4 | 0.8 |
| Hb Maputo(CD47(GAT > TAT)) | β+α+ | 1 | 0.2 |
| Total | | 499 | 100 |

**Table 5.** Detection and phenotypes of hemoglobinopathy in Fujian province, Southeastern China.

β-thalassemias. The present study, for the first time, identified 13 cases with deletional β-thalassemias in Fujian province. If the subjects carrying deletional β-thalassemias marry common β-thalassemia carriers, there is a risk of having babies with β-thalassemia intermediate or major. Rare types of deletional β-thalassemias are not detected, which may result in missing diagnosis. Our previous studies identified several novel β-thalassemia gene mutations, including codon 36 (−C) mutation that was firstly detected worldwide, and codon30 (A → G) and
+22(G → A) that were firstly identified in China31. Then, we detected novel β-thalassemia gene mutations CD90(G → T) and IVS-I-110 (G → A) that were firstly described in China, and CD54-58(-TTATGGGCAACCC), CD8-9(+G), IVS-2-5 (G > C) and TermCD + 32(A > C) that were firstly identified in Fujian province. The results of the present study indicate the highly prevalence of thalassemias and complicated thalassemia genotypes in Fujian province, and the identification of these rare genotypes adds valuable data into the spectrum of thalassemia gene mutations across the world.

The patients with concurrent α- and β-thalassemias are reported to have mild anemia, and this is because of reduced synthesis of α- and β-globin chains, which alleviates the imbalance induced by reduced synthesis of globin chains, leading to the alleviation of anemia32. In this study, we detected 0.1% prevalence of concurrent α- and β-thalassemias, and the 4 most common genotypes included βCD41-42(-TCTT)/βN/–αα (26 cases), βIVS-2-654(C → T)/βN/–αα (24 cases), βCD41-42(-TCTT)/βN/–SEA/αα (24 cases) and βIVS-2-654(C → T)/βN/–SEA/αα (23 cases). Although the patients with concurrent α- and β-thalassemias have mild symptoms, their offspring have a higher likelihood of developing thalassemia major than general populations, and the long-term damage is much higher. Therefore, definitive diagnosis of concurrent α- and β-thalassemias cannot be neglected.

Hemoglobinopathy and thalassemia are genetic disorders caused by aberrant hemoglobin; however, thalassemia is caused by reduced or absent synthesis of globin peptide chains1, while hemoglobinopathy is caused by alteration of the globin peptide chain conformation, which usually does not develop anemia33. In this study, we detected, for the first time, 0.26% prevalence of hemoglobinopathy carriers in Fujian province. An Hb Q-Thailand/α4.2 hemoglobinopathy induced by α-globin gene mutation was identified in 141 cases, and five other types of hemoglobinopathies induced by β-globin gene mutation were detected, including Hb New York (CD113(GTG > GAG)), Hb J-Bangkok (CD56(GGC > GAC)), Hb G-Taipei (CD22(GAA > GCA)), Hb G-Coushatta (CD22(GAA > GCA)) and Hb Maputo (CD47(GAT > TAT)). Hb New York is the most common type of hemoglobinopathy, which is mutated from valine to glutamic acid in the 113th position of the β-globin peptide chain34. This mutation is derived from Hakka, and transmits through Hakkasan migration35. In addition, Hb J-Bangkok is caused by the mutation from glycine to aspartic acid in the 56th position of the β-globin peptide chain36. The stability of these two hemoglobinopathies is lower than HbA; however, the carriers with these two mutations don’t present anemia. Nevertheless, these two hemoglobinopathies complicated with other types of thalassemias may present clinical manifestations of thalassemias at various degrees. Therefore, definitive diagnosis of hemoglobinopathy is of great necessity.

Based on the results from this large-scale study and approximately 600000 newborns annually, it is estimated that there are 159 newborns with α-thalassemia, 70 newborns with hemoglobinopathy, and 53 cases with β-thalassemia major in Fujian province annually if no preventive or control interventions are implemented, which will cause huge social burdens. Notably, β-thalassemia major is usually complicated with severe anemia symptoms, and is still a lack of effective treatments37. Irregular blood transfusion is required to maintain survival throughout the life, which causes great impacts on patients’ quality of life38. According to the estimates of 100000 RMB annual medical costs, this will cause huge mental pain and economic burdens. Therefore, the health
education and screening of thalassemias should be strengthened in regions where thalassemia is highly prevalent, and the prevention based on public education, human screening and prenatal diagnosis is critical to the prevention and control of thalassemia in Fujian province. In summary, this long-term large-scale analysis of the common and rare thalassemia genotypes and hemoglobinopathy prevalence and genotypes add valuable data into the knowledge of thalassemias in China. The results of the present study demonstrate that thalassemias are highly prevalent in Fujian province, Southeastern China, and the thalassemia genotypes are characterized by diversity and significant genetic heterogeneities. Our findings suggest that screening and detection of rare thalassemia gene mutations should be strengthened. Our findings provide valuable baseline data for genetic counseling and prenatal diagnosis of thalassemias.

Data Availability

All data generated during and/or analyzed during the current study are available upon request by contact the corresponding author.

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**Author Contributions**

L.P.X. and Y.L. conceived and designed the study. H.L.H., M.H.C., N.L., H.L.X., L.J.C., Y.W., D.Q.H., M.Z. and Y.L. conducted the experiments. H.L.H. collected the experimental data and completed data analyses. H.L.H. prepared the first version of the manuscript. L.P.X. and Y.L. critically reviewed and revised the manuscript. L.P.X. finalized the manuscript. All authors read and approved the final version of the manuscript.

**Additional Information**

**Competing Interests:** The authors declare no competing interests.

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