Effects of Patchiness on Surface Soil Moisture of Alpine Meadow on the Northeastern Qinghai-Tibetan Plateau: Implications for Grassland Restoration

Wei Zhang 1,2, Shuhua Yi 3,*, Yu Qin 1, Yi Sun 3, Donghui Shangguan 1, Baoping Meng 3, Meng Li 3 and Jianguo Zhang 3

1 State Key Laboratory of Cryospheric Sciences, Northwest Institute of Eco-Environment and Resources, Chinese Academy of Sciences, 320 Donggang West Road, Lanzhou 730000, China; zhangwei2015@lzb.ac.cn (W.Z.); qiny@lzb.ac.cn (Y.Q.); dhguan@lzb.ac.cn (D.S.)
2 University of the Chinese Academy of Sciences, No.19A Yuquan Road, Beijing 100049, China
3 Institute of Fragile Ecosystem and Environment, School of Geographic Sciences, Nantong University, 999 Tongjiing Road, Nantong 226007, China; sunyi@ntu.edu.cn (Y.S.); mengbp09@lzu.edu.cn (B.M.); limeng@ntu.edu.cn (M.L.); sezjg@ntu.edu.cn (J.Z.)

* Correspondence: yis@ntu.edu.cn

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Abstract: Surface soil moisture (SSM) is a key limiting factor for vegetation growth in alpine meadow on the Qinghai-Tibetan Plateau (QTP). Patches with various sizes and types may cause the redistribution of SSM by changing soil hydrological processes, and then trigger or accelerate alpine grassland degradation. Therefore, it is vital to understand the effects of patchiness on SSM at multi-scales to provide a reference for alpine grassland restoration. However, there is a lack of direct observational evidence concerning the role of the size and type of patches on SSM, and little is known about the effects of patches pattern on SSM at plot scale. Here, we first measured SSM of typical patches with different sizes and types at patch scale and investigated their patterns and SSM spatial distribution through unmanned aerial vehicle (UAV)-mounted multi-type cameras at plot scale. We then analyzed the role of the size and type of patchiness on SSM at both patch and plot scales. Results showed that: (1) in situ measured SSM of typical patches was significantly different (P < 0.01), original vegetation patch (OV) had the highest SSM, followed by isolate vegetation patch (IV), small bare patch (SP), medium bare patch (MP) and large bare patch (LP); (2) the proposed method based on UAV images was able to estimate SSM (0–40 cm) with a satisfactory accuracy (R² = 0.89, P < 0.001); (3) all landscape indices of OV, with the exception of patch density, were positively correlated with SSM at plot scale, while most of the landscape indices of LP and IV showed negative correlations (P < 0.05). Our results indicated that patchiness intensified the spatial heterogeneity of SSM and potentially accelerated the alpine meadow degradation. Preventing the development of OV into IV and the expansion of LP is a critical task for alpine meadow management and restoration.

Keywords: alpine meadow; patchiness; unmanned aerial vehicle; surface soil moisture; landscape indices; FragMAP

1. Introduction

The Qinghai-Tibetan Plateau (QTP) encompasses 83% of the Earth’s terrain above 4000 m [1], and alpine meadow is widely distributed on the QTP [2]. The healthy development of alpine meadow not only affects the survival of local pastoralists but also plays an important role in climate regulation, soil water conservation, carbon fixation and biodiversity maintenance [3–5].
Nevertheless, the alpine meadow ecosystem on the QTP is fragile and vulnerable to external disturbances [6]. Permafrost degradation, rodent disturbance and overgrazing usually divide intact vegetation into archipelagos of small fragments [7,8]. Various patches, such as original vegetation patches, isolated vegetation patches and bare patches with different sizes are common on the QTP [9–11]. These patches with various sizes and types intensify the spatial heterogeneous distribution of soil gravel content, root biomass, and soil-saturated hydraulic conductivity [11,12]. These differences will cause the vertical exchange of energy and water fluxes among atmosphere, ground surface and underneath the soil, and thereby alter surface soil moisture (SSM). In addition, the patch pattern (the spatial distribution of various patches) can also affect SSM through horizontal exchange of soil waters [13].

SSM is the main source of water for plants and the carrier of soil nutrient circulation and flow [14]. SSM directly determines alpine grassland growth and spatial distribution, and then affects the ecological processes, ecological carrying capacity and restoration of the alpine meadow ecosystem [15]. The loss of soil water caused by climate warming and human activities accelerates the degradation of alpine grassland [16]. Similarly, changes of SSM caused by patches may also trigger grassland degradation on the QTP [17]. It is critical to investigate the characteristics of typical patches and explore their underlying effects on SSM. However, previous research mainly focused on the differences of SSM among different patch types such as poison weed patches and “black soil land” at patch scale [17,18]. There has been a lack of studies directly revealing the role of patch size on SSM and linking the patches pattern and SSM process at plot scale. The dilemma is that the spatial distributions of patchiness and SSM at plot scale are difficult to measure by in situ field survey or remote-sensing images [9].

Recently, the widespread application of lightweight unmanned aerial vehicles (UAVs) may fill this gap. UAVs can conduct low-altitude photogrammetry and obtain high spatial-temporal resolution data. They have become an efficient tool for long-term and repeated monitoring of patches [9,19,20]. In addition, a UAV with multi-type cameras is a viable observation platform for monitoring drought stress and soil moisture [21,22]. In this study, we aimed to perform in situ measurement and aerial images by UAV with multi-type cameras to evaluate the underlying effects of patchiness on SSM in alpine meadows. The specific objectives were to (1) study the effects of five typical patches with different sizes and types (original vegetation patch, isolate vegetation patch, small bare patch, medium bare patch and large bare patch) on SSM at patch scale; (2) investigate spatial distributions of the five typical patches and SSM based on UAV-borne visible, thermal infrared and multispectral images; and (3) reveal the role of the patches pattern on SSM at plot scale.

2. Materials and Methods

2.1. Study Area

The study was conducted at Suli Ecological Observation and Experiment Station (98°18′33.2″E, 38°25′13.5″N, 3887 m a.s.l.), Northwest Institute of Eco-Environment and Resources, Chinese Academy of Science. The research station is located in the source region of the Shule River Basin, the northeast edge of the QTP, China (Figure 1). The study area has a typical continental arid desert climate, with low mean annual air temperature, little rainfall, and high evaporation [23]. The mean annual precipitation is 200–400 mm, about 90% falls from May to September, and the mean annual temperature is −4.0 °C [11]. Soil in the study station is classified as “fellty” with a pH of 8.56 and consists of 30.96% silt and fine soils, 57.52% fine sand and 10.68% coarse sand, and soil bulk density is 1.41 g cm⁻³ within 0–40 cm depth of the soil layer [24]. The vegetation belongs to alpine meadow, dominated by Kobresia capillifolia and Carex moorcroftii [25].
Figure 1. (a) Source region of the Shule River Basin and its location on the Qinghai-Tibetan Plateau and China; (b) working point (red pentagram) in the source region of Shule River Basin; (c) irregular flight way with 6 fixed sampling plots. Red boxes represent the plots (~50 m × 40 m).

2.2. Field Work

The vegetation patch pattern was relatively stable [26,27], and the variations during the vigorous growth stage were small [20]. Given that the vegetation cover usually peaks at the end of July and beginning of August on the QTP [20,28,29], we chose six sampling plots (~50 m × 40 m) around the meteorological tower to conduct field work during June to August 2018 (Figure 1c). The effects of patchiness on SSM were evaluated by classifying the land surface into five typical patches: (1) original vegetation patch (OV, intact vegetation patch and patch size larger than 20 m²), (2) isolate vegetation patch (IV, vegetation patch surrounded by bare soil and patch size less than 20 m²), (3) large bare patch (LP, with patch size larger than 9.0 m²), (4) medium bare patch (MP, with patch size of 1.0–9.0 m²) and (5) small bare patch (SP, with patch size less than 1.0 m²) (Figure 2). At all sampling plots, aerial photogrammetry and field measurements were conducted simultaneously.

The UAV flew over six sampling plots in sequence and took photos at the center point automatically using the FragMAP (Fragmentation Monitoring and Analysis with Aerial Photography) system [9] (Figure 1c). We used Inspire 1 (global position system hovering accuracy: ± 2.5 m, DJI Innovation Company, China) mounted with three UAV-borne cameras (DJI Innovation Company, China) to construct the observation platform, including ZX3 visible (red, green and blue, RGB) camera, ZX3 near infrared camera and Zenmuse XT (ZXT) thermal infrared camera (Table 1). Prior to the UAV flied, a whiteboard was placed on each sampling plot for multispectral images calibration. During the automatic flight, all cameras were in a vertically downward position using a gimbal.

For each typical patch, SSM at top 40 cm soil was measured with an auto-measurement system (Decagon Inc., Pullman, WA, USA). The system consisted of an EM50 logger and five 5TM sensors installed at 0–5 cm, 5–10 cm, 10–20 cm, 20–30 cm and 30–40 cm soil layers, respectively. The data logged automatically every 30 min. At the corresponding soil layers, 75 bulk soil samples (three replicates) were taken in the five typical patches using volumetric rings (diameter: 7 cm, height: 5.2 cm, and volume: 200 cm³) to determine soil bulk density and field capacity.

Evapotranspiration was measured by micro-lysimeter [23]. The cylindrical shaped micro-lysimeter was made of 2 mm-thick metal. It was divided into inner barrel and outer barrel. The inner barrel of each micro-lysimeter, containing isolated volumes of soil and grass mounted flush with or slightly
above the soil surface, was 36 cm in diameter with a depth of 40 cm. The micro-lysimeters were weighed twice a day (8:00 a.m. and 8:00 p.m.) to determine water loss using electronic balances with 0.001 kg precision.

**Figure 2.** An aerial photo of field observation at the five typical patches: (1) large bare patch (LP), (2) small bare patch (SP), (3) medium bare patch (MP), (4) isolate vegetation patch (IV) and (5) original vegetation patch (OV). The white columns inside the rectangles are mercury thermometers.

**Table 1.** Parameters of visible, near infrared and thermal infrared cameras.

| Camera Types | Spectral Band | Resolution (Pixel) | Flight Height (m) | Cover Range (m²) | Pixel Size (cm²) | Sampling Time |
|--------------|---------------|--------------------|-------------------|-----------------|-----------------|--------------|
| ZX3          | R, G, B       | 4000 × 3000        | 30                | 52.50 × 39.37   | 1.31 × 1.31     | 12:00        |
| ZX3 Plus     | NIR, G, B     | 4000 × 3000        | 30                | 52.50 × 39.37   | 1.31 × 1.31     | 11:00 and 15:00 |
| ZXT          | TIR           | 512 × 640          | 40                | 48.32 × 38.66   | 7.55 × 7.55     | every hour   |

ZX3, ZX3 Plus and ZXT mean ZX3 visible camera, ZX3 near infrared camera and Zenmuse XT thermal infrared camera, respectively. R, G, B, NIR and TIR mean red (620 to 750 nm), green (525 to 600 nm), blue (450 to 515 nm), near infrared (845 to 885 nm) and thermal infrared (750 to 1300 nm) spectral bands, respectively.

In order to calibrate the land surface temperature (LST) extracted from thermal infrared images, 12–20 mercury thermometers were evenly placed in each plot to measure the real LST simultaneously with the UAV (Figure 2). The mercury thermometer could directly measure the instantaneous LST with a range of 0–100 Celsius degree (°C), and the precision was approximate 0.2 °C.

The meteorological tower recorded air temperature ($T_a$), relative humidity (RH) (HMP45C, Vaisala, Helsinki, Finland), horizontal wind speed and wind direction (020C-1, Met One Inc., Grants Pass, OR, USA) at four levels (2.0 m, 5.0 m, 7.5 m, and 10.0 m).

### 2.3. Unmanned Aerial Vehicle (UAV) Image Processing

Vegetation patches and bare patches were extracted from RGB images using the threshold method by the Pixel-based Manual Classifier software [25,30]. Although the high spatial resolution of UAV images ensured the capture of the smallest patches, it could also erroneously identify shadows between plants as bare patches. To avoid these errors caused by high resolution, patches with area 0.01 m² or greater were considered, while the smaller isolate patches (<0.01 m²) were merged to the adjacent patch.

Binary images generated by Pixel-based Manual Classifier software were then analyzed by FRAGSTATS 4.2 to calculate various landscape indices. FRAGSTATS 4.2 could calculate dozens of landscape indices, however, many of them were highly correlated. Therefore, seven typical landscape indices at class level were used to quantitatively describe the spatial pattern of patchiness, including...
patch density (PD), the average area of patches (PA), the percent of total area (PTA), edge density (ED), shape index (Shape), contiguity index (Contig) and connect index (Connect).

Multispectral images were used to calculate the GNDVI (green normalized difference vegetation index), which was sensitive to the changes in chlorophyll content and vegetation growth [22,31]. The spectral reflectance of the whiteboard was set to 1, and the ratio of the digital number (DN) value of each band to the DN value of the whiteboard at the corresponding band was used as the spectral reflectance. Then the spectral reflectance of near infrared band and green band were used to calculate GNDVI. Where $NIR$ and $G$ are spectral reflectance of the near infrared band and green band, respectively.

$$GNDVI = \frac{NIR - G}{NIR + G} \quad (1)$$

The land surface temperature (LST) matrix was extracted from thermal infrared images using FLIR Tools software (FLIR Systems Inc., Nashua, NH, USA.). Several meteorological and flight parameters were necessary to extract LST, including distance between camera and ground (40 m), emissivity of underlying surface (0.98) [32], $T_a$ and RH at the height of 2.0 m above the ground. To ensure high accuracy, LST data measured by mercury thermometers were used to calibrate LST obtained from thermal infrared images (Figure A1). Finally, UAV images were registered and clipped with ArcGIS software (Environmental Systems Research Institute Inc., Redlands, CA, USA.) to obtain LST, GNDVI and patch type information at the same grid point.

### 2.4. Modeling of Surface Soil Moisture (SSM)

SSM was highly related to LST and vegetation index (e.g., normalized difference vegetation index, NDVI), and the physical relationship usually followed a triangular variant of trapezoidal space [33,34]. Therefore, SSM could be obtained from LST and vegetation indices by means of regression equations [35,36]. Remarkably, the difference between LST and $T_a$ significantly affected evapotranspiration, and then altered SSM [22]. This effect was very pronounced on the QTP, and thus LST was replaced by the difference between LST and $T_a$ in this study; 70% of the in situ measured SSM data were used for modeling and the rest 30% were used for accuracy validation.

$$SSM = \sum_{i=0}^{n} \sum_{j=0}^{n} a_{ij}(T_s - T_a)^i GNDVI^j \quad (2)$$

where $a_{ij}$, $T_s$ are the regression coefficients and LST, and $n$ is usually set to 2.

### 2.5. Statistical Analysis

The polynomial equation was solved through regression method to obtain the coefficients. The coefficient of determination ($R^2$) and the root-mean-squared error (RMSE) were used to evaluate the performance of the proposed SSM estimation model. In situ measured SSM and evapotranspiration of the five typical patches were investigated by a one-way analysis of variance (ANOVA). All statistical analyses were completed in SPSS 17.0 (SPSS Inc., Chicago, IL, USA.) and the plotting was performed using Origin software (OriginLab Inc., Northampton, MA, USA).

### 3. Results

#### 3.1. In Situ Measured Soil Properties, Evapotranspiration and SSM at Patch Scale

Patchiness significantly changed soil properties in the alpine meadow area, and the differences were mainly observed at upper soil layer with root distribution (0–20 cm). Soil bulk density was 1.14 g cm$^{-3}$ in OV, approximately 1.21 g cm$^{-3}$ in IV, and greater than 1.31 g cm$^{-3}$ in bare patches at 0–20 cm soil layer (Figure 3a). By contrast, field capacity was the highest in OV (42.79%), about 1.98%, 8.82%, 13.08% and 14.21% higher than IV, SP, MP and LP, respectively (Figure 3b). Evapotranspiration also exhibited considerable variations among the five typical patches. The mean evapotranspiration
ranged from 3.19 mm m\(^{-2}\) to 4.12 mm m\(^{-2}\) and the highest value was observed in MP, followed by IV, SP, LP and OV (Figure 4).

![Figure 3](image-url)

**Figure 3.** Variations of (a) soil bulk density and (b) field capacity among the five typical patches. OV, IV, SP, MP and LP mean original vegetation patch, isolate vegetation patch, small bare patch, medium bare patch and large bare patch, respectively.

![Figure 4](image-url)

**Figure 4.** Variations of evapotranspiration among the five typical patches. OV, IV, SP, MP and LP mean original vegetation patch, isolate vegetation patch, small bare patch, medium bare patch and large bare patch, respectively. The middle bold line within the box represents the mean value, and the short lines at the end of the vertical line represent 5%~95% interval. Different letters indicate significant differences among the five typical patches (\(P < 0.05\)).

In situ measured SSM showed significant differences among the five typical patches, vegetation patches had higher SSM than those of bare patches, and OV had higher SSM than IV at the 0–30 cm soil layer (Figure 5). SSM in bare patches with different sizes also had remarkable discrepancy, except for 20–30 cm soil layer, the maximum mean value appeared in SP, followed by MP and LP (Figure 5). It was noteworthy that the differences in SSM depended on soil depth. At 0–30 cm soil layer, the differences of SSM weakened with the increase of soil depth, when the soil depth exceeded 30 cm, SSM of the five typical patches tended to be consistent.
3.2. Patches Pattern and SSM at Plot Scale

3.2.1. Patches Pattern

Patchiness was presented as two distinct spatial patterns in our sampling plots (Figure 6). One was the mosaic of densely bare patches interspersed within a large intact vegetation patch, and the other was the mosaic of several isolated vegetation patches interspersed in the bare soil background (plot 3 in Figure 6). The classification images of the five typical patches showed that, with the exception of plot 3, OV had the largest patch area, the most complex geometric shape and the highest connectivity (Figure 7). Compared with OV, IV displayed as a more fragmented spatial pattern with smaller patch area, simpler patch shape, poorer continuity and higher patch density. SP had the smallest patch size and the highest patch density and only occupied 5% of the total landscape area. MP and LP had the analogous distribution with IV and OV respectively, but LP had smaller landscape indices.

Figure 5. Variations of in situ measured surface soil moisture among the five typical patches. SP, MP, LP, OV and IV mean small bare patch, medium bare patch, large bare patch, original vegetation patch and isolate vegetation patch, respectively. Values fall between 5~95%, different letters indicate significant differences among the five typical patches ($P < 0.01$).

Figure 6. Aerial images (~50 m × 40 m) of the six sampling plots.
With the increase of soil depth, the model performance showed a significant downward trend (Table 2). Figure 5, and the UAV-based SSM estimated model also had considerable inversion accuracy in this layer. The existence of OV was conducive to maintain high SSM while the spatial distribution of LP led to significant reduction of SSM (Figure 7 and Figure 9). SSM in the vegetation patches was significantly higher than that in the bare patches.

3.2.2. SSM Estimated by UAV

To test the feasibility of estimating SSM based on UAV, correlation analysis between the in situ measured SSM and UAV estimated SSM was first conducted. Results demonstrated that the model performance at surface soil layer was satisfactory and most points were distributed around the 1:1 line (Figure 8). Remarkably, the model performance depended on soil depth. At the 0–5 cm soil layer, it achieved the highest estimation accuracy, the coefficient of determination (R²) and root mean squared error (RMSE) were about 0.89 and 0.036 m³ m⁻³ and the probability value (P) was less than 0.001. With the increase of soil depth, the model performance showed a significant downward trend (Table 2).

Considering that the effects of patchiness on SSM were concentrated in the 0–30 cm soil layer (Figure 5), and the UAV-based SSM estimated model also had considerable inversion accuracy in this soil layer, SSM estimated by the UAV in the 0–30 cm soil layer was, therefore, used for plot scale analysis. The spatial distribution of SSM was consistent with the spatial pattern of patchiness (Figure 7 and Figure 9). SSM in the vegetation patches was significantly higher than that in the bare patches. The existence of OV was conducive to maintain high SSM while the spatial distribution of LP led to significant reduction of SSM (Figure 7 and Figure 9).

![Figure 7. Spatial patterns of the five typical patches at six plots. SP, MP, LP, OV and IV mean small bare patch, medium bare patch, large bare patch, original vegetation patch and isolated vegetation patch, respectively.](image_url)

![Figure 8. Validation of the estimated soil moisture with in situ measured soil moisture at different soil layers. d is the Willmott agreement index.](image_url)
3.2.3. Correlations Between Landscape Indices of Patchiness and Plot SSM

As the main patch types, all landscape indices of OV and LP were significantly correlated with SSM ($P < 0.05$), indicating that the spatial patterns of OV and LP had the most significant impacts on SSM (Figure 10). Among all the indices, PD of OV was negatively correlated with SSM, while the other indices were positively correlated with SSM ($P < 0.05$). By contrast, except for the PD index, all indices of LP were negatively correlated with SSM ($P < 0.05$) (Figure 10). Moreover, the correlation analysis indicated that most landscape indices of IV also had negative correlations with SSM, although IV had higher SSM than bare patches at patch scale (Figures 5 and 10).

Figure 10. The correlation coefficient scatter plots between surface soil moisture (0–30 cm) and landscape indices of the five typical patches. SP, MP, LP, OV and IV mean small bare patch, medium bare patch, large bare patch, original vegetation patch and isolated vegetation patch, respectively. PD: patch density; PA: average area of patches (log-transformed); PTA: percent of total area; ED: edge density; SHAPE: shape index; CONTIG: contiguity index; CONNECT: connect index. (** indicates $P < 0.01$, * indicates $P < 0.05$, no marks indicate the correlation is not significant).
4. Discussion

4.1. SSM Estimation Uncertainty

The proposed UAV-based SSM estimation model in our study performs well at the surface soil layer in alpine meadow areas (Figure 8 and Table 2). Nevertheless, the unique weather condition on the QTP still brings uncertainty to the SSM estimation. The uncertainty mainly comes from errors in LST and GNDVI retrieval, which are used for SSM modeling [36]. The unpredictable clouds and winds on the QTP complicate the problem enormously, not only because they can quickly change the real LST, but also because they reduce the sensitivity of thermal infrared sensor to ambient temperature [37,38]. In addition, continuous precipitation during the observation period leads to high air humidity and moist soil, and further reduces the inversion accuracy of LST [39,40]. Moreover, in order to distinguish vegetation canopy from soil background, visible images are utilized as references to register near infrared and thermal infrared images. The differences in image resolutions and edge distortions may bring errors to the registration results [37].

4.2. Effects of Patchiness on SSM at Patch Scale

Patchiness intensifies the heterogeneity of SSM at patch scale (Figure 5). The effects may be associated with three processes, i.e., precipitation redistribution, soil water retention and consumption. Vegetation and bare patches create a spatial mosaic of “sources” and “sinks” [41]. Bare soil generates runoff and promotes rainfall erosion, acting as “sources”, while the vegetation canopy intercepts rainfall and weakens the impact energy of raindrops, serving as “sinks” [42]. Consequently, vegetation patches capture more precipitation than bare patches.

Patchiness leads to heterogeneity of soil physical properties [43,44], which can change soil bulk density and field capacity (Figure 3). A high proportion of decayed and fresh root channels can increase soil porosity [45,46] and reduce soil bulk density (Figure 3a), resulting in higher field capacity in vegetation patches than bare patches (Figure 3b). In addition, bare patches are more vulnerable to erosion and rainfall mainly erodes fine soil particles [47]. Gravel content is significantly higher in bare patches than those in vegetation patches [12], leading to low soil water holding capacity and SSM [48].

Furthermore, evapotranspiration is an important component of SSM consumption [49]. Similar with previous studies, this study reported that most of soil water in bare patches is more likely to be lost via evaporation [11,50], our results demonstrated that bare patches have higher evapotranspiration than OV (Figure 4). Interestingly, IV has relatively higher evapotranspiration than OV, even than LP and SP (Figure 4). It may be attributed to surface wind, which is an essential forcing for the evapotranspiration process [51,52]. The QTP is windy all the year round and the annual mean wind speed exceeds 2 m s⁻¹ [53]. IV is surrounded by bare soil with lower ground level, lack of shelter and resulting acceleration of surface heat flux and evapotranspiration.

4.3. Effects of Patches Pattern on SSM at Plot Scale

The landscape spatial pattern has a crucial influence on energy and material flows, thereby determining eco-hydrological processes [54]. Similarly, patches pattern in alpine meadow described by landscape indices significantly affect SSM at plot scale, especially for PD, PTA, ED, and CONNECT indices of OV, LP and IV (Figure 10). With the largest patch area, a complex shape and the maximum connectivity, the spatial distribution of OV plays a significant positive role on SSM at plot scale (Figure 10). The vast area of OV provides numerous and stable channels for runoff infiltration, and the high connectivity makes plant roots interweave to form a continuous network, which is conducive for storing more soil water and maintaining the stability of SSM [55]. The negative relationship between PD and SSM seems to imply that the existence of OV reduces SSM (Figure 10). Actually, within a fixed coverage, patch density represents the degree of patch fragmentation, indicating that the integrity of OV is conducive to SSM retention.
Nevertheless, bare patches divide the intact vegetation into small fragments and reduce the connectivity between these broken vegetation patches, leading to a decrease in SSM (Figure 10). With the transition from OV to IV, SP, MP and LP, SSM shows a decreasing trend (Figure 5). Consequently, the spatial pattern of LP with a large area (corresponding to low density), complex shape and high connectivity has a significant negative effect on SSM at plot scale (Figure 10). Shang et al. (2018) similarly reported that bare patches exert a hydrothermal-hole effect on alpine meadow, the gradual expansion of bare patches may cause the “root-soil” system to become unstable [18]. As a result, the alternate distribution of the vegetation patch and bare patch with lower ground level can generate erosion interfaces, where alpine meadows are easily stripped by erosions and have low SSM. Finally, the spatial distribution of LP exerts a negative role on SSM at plot scale.

IV has high SSM at patch scale and ranks only second to OV (Figure 5). However, the spatial distribution of IV inhibits the water retention capacity of alpine meadow at plot scale (Figure 10), which can be explained by lateral flow. The differences in evapotranspiration can drive lateral flow of subsurface soil water [56,57]. Coincidentally, our results find that IV has higher evapotranspiration than OV, even than LP and SP (Figure 4). Jiang et al. (2020) reported that the differences in saturated hydraulic conductivity conduct a lateral flow from bare patches to vegetation patches [47]. Similarly, our results also revealed the differences in soil bulk density, which is significantly correlated with saturated hydraulic conductivity for the same soil type. Therefore, we believe that the spatial distribution of IV can extract soil water from surrounding bare patches via the root system and use it for excessive evapotranspiration, playing a role of SSM consumer. Remarkably, the CONNECT index of IV is positively correlated with SSM (Figure 10). This indicates, to a certain extent, the highly connected IV may play the similar role of OV for soil water retention.

### 4.4. Implications for Alpine Meadow Restoration

Despite significant efforts having been made to restore the degraded alpine meadow on the QTP, few restoration measures consider the effects of patches with different sizes and types [58,59]. Our study clearly reveals that patches with different sizes and types significantly influence SSM, which is a key limiting factor for alpine meadow growth. Consistent with previous studies [11,47,50], OV is the key patch type for water retention in alpine meadow while LP has negative effects on SSM (Figures 5 and 10). Moreover, we also emphasize the negative role of IV in alpine meadow health. IV captures SSM from surrounding bare patches through a lateral flow mechanism, and then consumes it via excessive evapotranspiration. This behavior not only causes the dissipation of SSM, but also reduces the success rate of reseeding and other restoration measures. Therefore, we suggest that more attention should be paid to restoring the vegetation of bare soil surrounding IV in degraded alpine meadow; for example, laying mulch (crop, vegetation, litter, etc.) within a certain area around the edge of IV to reduce soil evaporation, enhance the ability to resist erosions and improve soil fertility and then reseeding.

### 5. Conclusions

Aerial photogrammetry based on a UAV with multi-type cameras performed well in investigating patch pattern and estimating surface soil moisture distribution. The original vegetation patch had the highest surface soil moisture at patch scale and its spatial pattern played a critical role in maintaining the stability of surface soil moisture in the alpine meadow area. Conversely, the large bare patches had the lowest surface soil moisture at patch scale and their spatial pattern led to significant reduction in surface soil moisture at plot scale. Our results also emphasized the negative role of isolated vegetation patches in the alpine meadow. Patchiness intensified the spatial heterogeneity of surface soil moisture and might be an inducement for grassland degradation. The effects of patches with different sizes and types on surface soil moisture should be taken into consideration in future grassland restoration efforts.
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**Conflicts of Interest:** The authors declare no conflict of interest.

**Appendix A**

![Figure A1](image-url)

*Figure A1.* Comparison of land surface temperature measured by mercury thermometer and thermal infrared camera. LST means land surface temperature.

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