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To cite this version:
Yannick Dumeige, Patrice Feron. Whispering-gallery-mode analysis of phase-matched doubly resonant second-harmonic generation. Physical Review A, American Physical Society, 2006, 74 (6), 10.1103/PhysRevA.74.063804. hal-00188311

HAL Id: hal-00188311
https://hal.archives-ouvertes.fr/hal-00188311
Submitted on 10 Mar 2020

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Whispering-gallery-mode analysis of phase-matched doubly resonant second-harmonic generation

Yannick Dumeige* and Patrice Féron
ENSSAT-FOTON (CNRS-UMR 6082)–Université de Rennes 1, 6 rue de Kerampont, Boîte Postal 80518, 22300 Lannion, France

We propose a coupled modes analysis of second-harmonic generation in microdisk resonators. We demonstrate that whispering gallery modes can be used to obtain a combination of modal and geometrical quasi-phase-matching (without domain inversion) to obtain efficient conversion in isotropic and nonferroelectric materials such as III-V semiconductor compounds. Finally we use an analytical model to describe the coupling between a bus waveguide and the nonlinear microdisk to achieve an optimization scheme for practical configuration.

I. INTRODUCTION

The increase of nonlinear conversion efficiency has been a long-standing goal in nonlinear optics. In the case of second harmonic generation (SHG), different parameters must be considered in order to achieve efficient frequency doubling. A first step to reach this aim consists in choosing materials with large second order nonlinear susceptibility. III-V semiconductors such as AlGaAs compounds are good candidates for this purpose due to their large nonlinear coefficient $d_{14}$ one order larger than commonly used materials for a fundamental field (FF) wavelength about 1.55 $\mu$m [1,2]. The phase matching condition is strictly required to obtain constructive interferences between the nonlinear polarization and the radiated second harmonic (SH) field. This is traditionally obtained using the birefringence of nonlinear materials or more recently, using periodical inversion of the nonlinear susceptibility in ferroelectric materials such as LiNbO$_3$ in order to meet the quasi-phase-matching (QPM) condition [3]. Unfortunately III-V compounds are very dispersive and isotropic around 1.55 $\mu$m. Nevertheless, QPM can be implemented at 1.55 $\mu$m with different steps of epitaxial growth and technological processes [4,5].

When the phase matching condition is obtained and within the weak conversion limit, doubling efficiency is directly proportional to the FF optical intensity and the square of the interaction length. Waveguiding of SH field and FF can provide high intensity over large lengths leading to an increase in the conversion intensity. In addition, using waveguide properties such as artificial birefringence or modal dispersion permits the phase matching condition to be reached [6,7]. This has already been achieved in AlGaAs waveguides leading to efficient converters [8–10]. Another way to increase the FF intensity consists in embedding the nonlinear material in an external resonant cavity for the FF [11,12]. This can be extended by using a cavity which is also resonant for the SH field [13]. More recently these approaches have been proposed for monolithic microstructured planar devices [14–16] or photonic crystal microcavities [17]. Using epitaxial growth and technology for vertical cavity surface emitting lasers, singly or doubly resonant nonlinear planar III-V semiconductor microcavities with Bragg mirrors have been manufactured [18–20]. These devices pave the way to ultracompact second order nonlinear converters. Although planar approaches are very attractive due to their vertical access, some difficulties inherent in the doubly resonant approach must be circumvented (i) the 43m symmetry of AlGaAs compounds, in the commonly used (001) growth direction, gives an effective nonlinear coefficient null under normal incidence, (ii) the strong dispersion of III-V semiconductors around 1.55 $\mu$m means that efforts have to be made in design to obtain Bragg mirrors centered around FF and SH frequencies, and (iii) the use of large quality ($Q$) factor microcavities requires large beam size (in order to limit diffraction effect) leading to a decrease in the FF intensity. The first point is addressed by using large incident angles which can also be used as an external tuning parameters and the second is addressed using aperiodic or high index contrast Bragg mirrors [16,21].

Cylindrical (or spherical) whispering gallery mode (WGM) microcavities working with the total internal reflection (TIR) effect can be used to reach high $Q$ factors. These unique properties have been widely used to achieve low threshold microdisk lasers [22–24]. The use of WGMs in second order nonlinear optics has been less addressed. Schiller and Byer have used monolithic TIR MgO:LiNbO$_3$ resonators to obtain parametric oscillation [25]. Recently Ilchenko et al. have used periodically poled LiNbO$_3$ QPM toroidal resonators to efficiently achieve frequency doubling from a wavelength around 1.55 $\mu$m [26]. Finally, dispersion of coupled microdisk resonators have been proposed to reach simultaneously quasi phase-matching and enhancement of fields in nonlinear interaction [27,28].

In this paper we propose to use microdisk cavities and their associated WGMs to simultaneously obtain phase matching for III-V semiconductors, FF and SH resonances, and transverse fields confinement. Note that in WGM devices TIR acts as an ultrabroad band mirror working for FF and SH frequencies. This combination could be used to fully integrate nonlinear converters working with low FF power.

The paper is organized as follows. We start with a coupled-mode formulation of the SHG for WGMs in a microdisk. In this second section we review linear properties of WGMs, and we introduce coupled-mode theory (CMT) [29] for SHG in a doubly resonant WGM microcavity. We also

*Electronic address: yannick.dumeige@enssat.fr
introduce the coupling with an input/output bus waveguide indispensable for the description of the insertion of the FF in the microdisk and the extraction of the SH field from the microcavity. In the last section, we propose to benefit from the unique properties of WGMs to obtain original phase-matching scheme in III-V semiconductor microdisk. We finish this third section by a discussion of the optimization of coupling between the bus waveguide and the nonlinear microdisk in the perspective of experimental implementation.

II. COUPLED MODE THEORY FOR SHG WITH WGMs

Figure 1 schematizes the cylindrical microcavity studied in this paper. It consists of a microdisk cavity with a second order nonlinear susceptibility \( \chi^{(2)} \) coupled to a bus waveguide. This waveguide allows the FF to be inserted in the microcavity and the generated SH field to be extracted from the microcavity. The field confinement in the \( z \) direction is provided by planar waveguiding. The required layered structuration is taken into account by the effective index method (EIM) [30]. The refractive index of the nonlinear material at angular frequency \( \omega \) is \( N_w = \sqrt{\varepsilon_w} \), the effective propagation constant associated with the vertical confinement evaluated thanks to the EIM is called \( \beta_w = n_w k_w \) where \( n_w \) is the effective index and \( k_w = \omega / c \) the free space wave vector.

A. Linear properties of WGMs

In the framework of the EIM, the solutions of Maxwell’s equations can be divided into two polarized fields TE \((E_{xw}, H_{yw}, H_{zw})\) and TM \((H_{xw}, E_{yw}, E_{zw})\). The fields are all assumed to be CW at single frequency \( \omega \) for the FF (or \( 2 \omega \) for the SH field). For a microdisk, \( \Psi^w \) represents the electric or the magnetic field depending on the polarization

\[
\Psi^w(r, \theta, z, t) = A_w \psi^w(r) \varphi^w(z) e^{i (\omega - n_w \theta) t},
\]

in the TE case, we can write the magnetic field as

\[
H^w(r, \theta, z, t) = A_w \varphi^w(z) e^{i (\omega - n_w \theta)} (\mathcal{H}_{zw} \mathbf{\hat{u}}_z + \mathcal{H}_{yw} \mathbf{\hat{u}}_y),
\]

and in the TM case the electric field is as follows:

\[
E^w(r, \theta, z, t) = A_w \varphi^w(z) e^{i (\omega - n_w \theta)} (\mathcal{E}_{zw} \mathbf{\hat{u}}_z + \mathcal{E}_{yw} \mathbf{\hat{u}}_y).
\]

In the TE case \( \Psi^w = E_{xw}^w - \varphi^w, H_{yw}^w = \frac{1}{j \mu_0} \psi^w, H_{zw}^w = \frac{1}{j \mu_0} \frac{d \psi^w}{dr} \) and in the TM case \( \Psi^w = H_{xw}^w, \varphi^w = H_{yw}^w \) for \( r < R \) we have \( \mathcal{E}_{zw} = - \frac{\varphi^w}{\epsilon_0 R^2 \omega} \psi^w \) and \( \mathcal{E}_{yw} = - j \frac{\psi^w}{\epsilon_0 R^2 \omega} \), for \( r > R \) we replace \( n_w \) by 1. The integer \( n_w \) is the azimuthal number. \( \varphi^w(z) \) is the vertical dependence of the field amplitude and is derived from the solution of the transverse modes in a planar waveguide with the thickness equal to that of the microdisk height. We will consider \( \varphi^w(z) \) to be dimensionless and harmonic in the nonlinear medium with \( |\varphi^w(z)|^2 = 1 \). The z component of the wave vector \( q_w \) is deduced from the EIM by: \( q_w = \sqrt{k_w^2 N_w - \beta_w^2} \) [31]. Considering these assumptions to be correct, Helmholtz’s equation reads

\[
\frac{d^2 \psi^w}{dr^2} + \frac{1}{r} \frac{d \psi^w}{dr} + \left( \beta_w^2 - \frac{\nu^2}{r^2} \right) \psi^w = 0.
\]

Within the microdisk the solution is described by a Bessel function of the first kind \( \psi_w(r) = A_w J_{n_w}(\beta_w r) \), whereas at the exterior the solution is represented by a Hankel function of the second kind \( \psi_e(r) = B_w H^{(2)}_{n_w}(\beta_w r) \). Tangential field component continuity allows the link between the constants \( A_w \) and \( B_w \) to be written as follows

\[
A_w J_{n_w}(\beta_w R) = B_w H^{(2)}_{n_w}(\beta_w R),
\]

and the dispersion relation to be calculated using

\[
\begin{bmatrix}
  u^w & d J_{n_w} / dr |
  B_w |
\end{bmatrix}
\begin{bmatrix}
  d H^{(2)}_{n_w} / dr |
  k_w |
\end{bmatrix}
= 0
\]

with \( u_w = n_w \) for TE polarization and \( u_w = 1 / n_w \) for TM polarization. \( A_w \) is chosen in order to obtain for TE polarization

\[
\frac{1}{2} \int_0^{+\infty} (\mathcal{H}_{zw}^w)^* \mathcal{E}_{zw}^w dr = 1,
\]

and for TM polarization

\[
- \frac{1}{2} \int_0^{+\infty} (\mathcal{H}_{yw}^w)^* \mathcal{E}_{yw}^w dr = 1.
\]

In these two cases, expression (1) corresponds to an azimuthal power flow of \( |A_w|^2 W/m \).

B. Frequency conversion with a nonlinear polarization TE polarized

We adapt the coupled-mode theory developed for planar waveguides [29] for the case of WGMs and thus we start
with Helmholtz’s equation in TE polarization

$$\nabla(\nabla \cdot E^{2\omega}) - \Delta E^{2\omega} = -\mu_0 \frac{\delta^2}{\delta \varepsilon_0 e_{2\omega} E^{2\omega}} + \mathbf{P},$$  \hspace{1cm} (9)$$

\(\mathbf{P} = e_0 \chi^{(2)}: E^{2\omega} E^{2\omega}\) is the second order nonlinear polarization. Taking into account the field dependence given in Eq. (1) and assuming that the FF is TE or TM polarized we have

$$\nabla(\nabla \cdot E^{2\omega}) \cdot \mathbf{u}_z = \frac{4q^2}{e_0 e_{2\omega}} p_z.$$  \hspace{1cm} (10)

Considering only the z component of the electric field, Eq. (9) becomes

$$\Delta_{r,\theta} E^{2\omega}_z + \beta^2 e_{2\omega} E^{2\omega}_z = -\frac{4q^2 - e_\omega^2}{e_0 e_{2\omega}} p_z,$$  \hspace{1cm} (11)

where \(\Delta_{r,\theta}\) is the laplacian operator in cylindrical coordinates. Using the slowly varying envelope approximation (SVEA) we can write

$$E^{2\omega}_z(r, \theta, z, t) = A_{2\omega}(\theta) e^{i \varphi(z)} e^{it(2\omega + \nu_\omega t)}.$$  \hspace{1cm} (12)

Considering only one polarization for the FF:

$$P_z(r, \theta, z, t) = P_1(r, \theta) [e^{i \varphi(z)} e^{it(2\omega + \nu_\omega t)}].$$  \hspace{1cm} (13)

Assuming that \([e^{i \varphi(z)}]^2 = \varphi^2 e^{i \varphi(z)}\) for \(q_{2\omega} = q_\omega\), which will be the case in the following section since we will only consider the fundamental modes of the planar vertical waveguide, using Eq. (10) and normalization relation (7) for \(e_{2\omega}\) we obtain

$$\frac{dA_{2\omega}}{d\theta} = -\frac{j \beta^2}{4 \nu_{2\omega} e_0 e_{2\omega}} \int_0^R \left( \mathcal{H}^{2\omega} \right)_r P_z^2 r^2 dr e^{i \Delta \nu_\omega \theta}.$$  \hspace{1cm} (14)

The integration domain of Eq. (14) is limited to \([0, R]\) since the nonlinear susceptibility vanishes for \(r > R\).

C. Linear coupling with the bus waveguide

The imaginary part of the frequencies (\(\omega\) or \(2\omega\)) calculated from Eq. (6) characterizes the intrinsic diffraction losses of the microdisk. In order to take into account all sources of losses (not only diffraction but also surface rugosity for example), using coupled mode theory, and following Rowland and Love [32] it is possible to add losses in the field expression considering the WGM as a bent waveguide mode. The complex frequency or the bent waveguide approaches are equivalent [33]. Consequently we will now consider a complex azimuthal dependence (and a real angular frequency) for the WGM:

$$\tilde{\nu}_\omega = \nu_\omega - j \alpha_p R/2,$$  \hspace{1cm} (15)

where \(\alpha_p\) represents the overall losses of the WGM’s considered as a bent waveguide mode. In order to link the WGM’s and the bus waveguide modes we use the matrix approach provided by Yariv in Ref. [34]. Here we consider an asymmetric coupling in order to describe the multimodal behavior of the bus waveguide. Consequently for a given frequency we use four coupling coefficients \(\tau_{\omega}, \tau'_{\omega}, \kappa_{\omega}, \kappa'_{\omega}\) as schematized in Fig. 1:

$$A_w = j \kappa_w A_{in} + \tau_w A_w e^{-j \kappa_w z}$$  \hspace{1cm} (16)

assuming a lossless coupling we have \(\kappa_{\omega}^2 + \tau_{\omega}^2 = 1, (\kappa_{\omega}')^2 + (\tau_{\omega}')^2 = 1\), the power flow of the incoming FF bus waveguide mode is described by \(|A_{in}|^2\) in the case where only one mode of the bus waveguide is excited. As we want to benefit from resonance field enhancement, we will consider weak coupling and so we assume now (with no loss of generality) that the resonant frequencies of the waveguide-loaded microdisk are the same as the free one [35]. Note that the assumption of a single mode resonator is verified since we consider here only one resonant mode at FF and SH frequencies. The FF envelope is then given by

$$A_w = \frac{j \kappa_w A_{in}}{1 - \tau_w e^{-j \kappa_w z}}.$$  \hspace{1cm} (17)

We write the same relation as Eq. (16) for the SH field envelope taking into account its angular dependence:

$$A_{2\omega}(0) = \tau_{2\omega} A_{2\omega}(2\pi) e^{-j \kappa_{2\omega} z},$$  \hspace{1cm} (18)

This last expression combined with Eq. (14) will give us the expression of the SH field generated inside the cavity. With the expression of \(A_{2\omega}(2\pi)\), it is possible to obtain the expression for the SH field radiated out from the cavity through the bus waveguide (for only one mode of the bus waveguide):

$$A_{out} = j \kappa_{2\omega} A_{2\omega}(2\pi) e^{-j \kappa_{2\omega} z}.$$  \hspace{1cm} (19)

III. APPLICATION TO SHG IN III-V SEMICONDUCTORS

In this section we will apply the formalism developed in Sec. II to the case of highly nonlinear and isotropic III-V semiconductor materials for a FF TM-polarized and an SH TE-polarized field (i.e., parallel to the z direction).

A. Structural description

The proposed structure consists of an etched microdisk made of Al_{28}Ga_{72}As with a diameter \(D = 2.1 \mu m\) and a thickness \(h = 760 \text{ nm}\) (Fig. 2). The chosen Al composition avoids two-photon absorption at FF frequency. The vertical confinement is obtained with a cladding layer of AlAs. This configuration allows the EIM to be used [30]. For convenience, we will call \(m\) the number of zeros of the considered planar waveguide mode profile along the \(i\) direction with \(i = \{x, z\}\). At FF wavelength (\(\lambda_{FF} = 1573.4 \text{ nm}\) and \(N_w = 3.2364\)) the vertical planar waveguide has two modes whereas at SH wavelength (\(N_{2\omega} = 3.4632\)) three modes can propagate. We have considered here that refractive index of AlAs is 2.9010 at FF frequency and 3.0100 at SH frequency. In the following text we will only consider the fundamental \((m_i = 0)\) FF and SH modes since the mode coupling (with the same frequency or not) of different orders is weak. The structure can be obtained by epitaxial growth on a GaAs [001]-oriented substrate. The bus waveguide is \(L = 350 \text{ nm}\) thick, note that this value is always compatible with EIM [30]. This waveguide has two modes indexed by \(m_i = 0, 1, 2\) at FF frequency and has three modes \((m_i = 0, 1, 2)\) at SH frequency.
The coupling coefficients between the bus waveguide and the microdisk depend on the value of the gap $d$ between the microdisk and the bus waveguide. Taking into account the strong natural dispersion of AlGaAs, these design parameters allow the azimuthal numbers $\nu_{w} = 9$ and $n = 1$ for the FF; $\nu_{w} = 20$ and $n = 2$ for the SH field to be obtained (where $n$ is the number of maxima of the radial dependence of the intensity). Because of the very strong dispersion of AlGaAs at $\lambda_{w} = 1573.4$ nm, it remains a phase mismatch $\Delta \nu = \nu_{w} - 2\nu_{w} = 2$ (note that we also have $\Delta \nu = \nu_{w} - 2\nu_{w}$). We will see in the following section that this phase mismatch will be compensated for using the unique properties of WGMs.

**B. Phase-matching consideration**

The cubic $4\overline{3}m$ symmetry of AlGaAs and the TM polarization for the FF leads to the following expression for nonlinear polarization [36]:

$$P_z = 2\varepsilon_0 d_{14} A_w^{2} E_w^{\text{TM}} E_w^{\text{TM}},$$

where $d_{14} = 108$ pm/V for the chosen Al composition [1,2].

In the cylindrical coordinates the nonlinear polarization reads

$$\chi^{(2)} = D = 2.1 \mu m$$

$z = [001]$  
$\text{Air}$  
$\text{AlAs}$  
$\text{GaAs}$

![Diagram](image)

**FIG. 2.** The proposed structure is etched in a planar waveguide constituted by a core in Al$_{28\%}$Ga$_{72\%}$As and a cladding layer in AlAs. The two layers are grown on a GaAs [001]-oriented substrate. The thickness of the microdisk is $h = 760$ nm and the distance between the bus waveguide and the microdisk is $d$. The width of the bus waveguide is $t = 350$ nm. The diameter of the microdisk is taken equal to $D = 2.1 \mu m$.

$D = 2.1 \mu m$  
$z = [001]$  
$\text{Air}$  
$\text{AlAs}$  
$\text{GaAs}$  
$h = 0.760 \mu m$

This leads to the following angular dependence for the effective nonlinear polarization

$$\int_{0}^{R} (H_r^{2})^2 P_z r^2 dr = \mathcal{A}_z^{2} (a_+ e^{2i\theta} + a_- e^{-2i\theta}).$$

This natural modulation of the nonlinear tensor can be used to reach the quasi-phase-matching condition. Taking into account this feature (14) reads

$$\frac{d A_{z_{2w}}}{d \theta} = \frac{j \beta_{2w} A_{z_{2w}}}{4 \nu_{2w} \varepsilon_{2w} [a_+ e^{i(\Delta \nu + 2)\theta} + a_- e^{i(\Delta \nu - 2i)\theta}].}$$

In order to analyze the SH field and nonlinear polarization overlap we define

$$a_{\pm} = \int_{0}^{R} f_{\pm}(r) dr,$$

with

$$f_{\pm}(r) = \varepsilon_0 d_{14} (H_r^{2})^{2} \left\{ E_w^{\text{TM}} E_w^{\text{TM}} \pm j \left[ (E_w^{\text{TM}})^2 - (E_w^{\text{TM}})^2 \right] \right\},$$

which is an imaginary quantity. Figure 3(a) shows Im$(f_+)$ and Im$(f_-)$ for the structure already described. We can notice that due to a weak overlap between the nonlinear polarization and the SH field $|a_+|$ is lower than $|a_-|$. Calculations show that $|a_+ / a_-| = 6$. Unfortunately regarding the strong material and structural dispersions, it is not possible to obtain $\Delta \nu = -2$ for low value of $n$ for FF and SH field which could lead to phase match the term in $a_+$ and to a better overlap between the nonlinear polarization and the SH field. It is possible to obtain the condition $\Delta \nu = -2$ with high values of $n$ both at FF and SH wavelengths. In Fig. 3(b) we represent

**FIG. 3.** Functions Im$(f_+)$ (dash lines) and Im$(f_-)$ (full lines) normalized for the maximal value of Im$(f_-)$ as a function of $r$ inside the microdisk: (a) for the proposed structure with $D = 2.1 \mu m$, (b) for the same structure with $D = 5.3 \mu m$, $n = 2$ for the FF and $n = 5$ for the SH field. In this last case, we have for the phase mismatch $\Delta \nu = 44 - 2 \times 23 = -2$. In order to analyze the SH field and nonlinear polarization overlap we define

$$a_{\pm} = \int_{0}^{R} f_{\pm}(r) dr,$$
Im(f₂) and Im(f₃) for a the same structure as described in Fig. 2 but with D = 5.3 μm, λ₀ = 1578.5 nm, n = 2 for FF and n = 5 for SH. In this case Δν = 44−2×23 = 2 and |a₁/a₂| = 3. Although the effective nonlinear susceptibility is better than in the precedent case, we did not study this structure since high values of n increase the WGM's volume which is detrimental for nonlinear interactions.

In the case chosen here and described in Sec. II, we have Δν = 2, so only the term in a₁ is phase matched, consequently,

\[ A_{2ω}(2π) - A_{2ω}(0) = -\frac{jβ^{2}_{2ω}a_{-}e^{(a_{2ω}-2a_{ω})πR} - 1}{2ν_{2ω}ε_{2ω}(a_{2ω}-2a_{ω})R}. \]

If we define

\[ \tilde{K} = -\frac{jβ^{2}_{2ω}a_{-}e^{(a_{2ω}-2a_{ω})πR} - 1}{2ν_{2ω}ε_{2ω}(a_{2ω}-2a_{ω})R}, \]

we can write the expression for the SH field generated inside the cavity as

\[ A_{2ω}(2π) = \frac{\tilde{K}A_{ω}^{2}}{1-\tau_{ω}e^{-iν_{ω}2π}}. \]

We can now obtain the expression of the conversion efficiency η:

\[ η = \left( \frac{A_{\text{out}}}{A_{\text{in}}} \right)^{2} = \frac{(\kappa_{ω}2^{2}(\kappa'_{ω}2)[{\tilde{K}}^{2}]A_{ω}^{2}e^{-a_{ω}2πR}}{(1-\tau_{ω}e^{-iν_{ω}2π})(1-\tau_{ω}e^{-iν_{ω}2π})}, \]

which shows good agreement with the expression given in Ref. [15] for a planar monolithic microcavity.

### C. FF and SH field impedance matching

Equation (29) should be written for each mode of the bus waveguide at SH frequency. We have already emphasized that this waveguide has several modes at FF and SH frequencies. We still consider uniquely the fundamental (m₂ = 0) even mode in the vertical direction for the FF and SH fields since the resonant modes inside the microcavity have m₂ = 0 and will couple preferentially with a same order mode. In order to take into account the different modes with x-dependent profiles (m₁ = 0, 1, 2) we will link the coupling coefficients to the external quality factors and derive an expression of the conversion efficiency as a function of Q factors (in this case A_{out} is the overall power flow corresponding to the generated SH field). Since the external quality factors which take the multimodal behavior of the bus waveguide into account can be calculated analytically as a function of d [37], this will give us a physical insight into the impact of d on the conversion efficiency. Taking into account that ν_{ω} is an integer, Eq. (29) can be written as

\[ \eta = \frac{(\kappa_{ω}2^{2}(\kappa'_{ω}2)[{\tilde{K}}^{2}]A_{ω}^{2}e^{-a_{ω}2πR}}{(1-\tau_{ω}e^{-iν_{ω}2π})(1-\tau_{ω}e^{-iν_{ω}2π})}. \]

Carrying out the high finesse cavity approximation we can write that τ_{ω} = 1 and

\[ 1 - τ_{ω}e^{-iν_{ω}2π}R = 1 - τ_{ω} + α_{ω}πR. \]

It is possible to link these parameters to Q factors [38]. With this objective in mind, we define the internal quality factor as

\[ Q_{ω}^{0} = \frac{2πN_{ω}}{αωλ_{ω}} \]

and the external quality factors as

\[ Q_{ω}^{E} = \frac{πν_{ω}}{1-τ_{ω}}, \quad Q_{ω}^{E} = \frac{πν_{ω}}{1-τ_{ω}}. \]

We can write the expression of the conversion efficiency as a function of quality factors for the FF and the SH field:

\[ η = \frac{8|K|^{2}|A_{ω}|^{2}}{π^{3}ν_{ω}^{2}ν_{2ω}(Q_{ω}^{E})^{2}} \times \frac{(Q_{ω}^{E}Q_{ω}^{0})^{2}}{(1+2πN_{ω}RQ_{ω}^{0})^{2}} \times \frac{1}{(1+2πN_{2ω}RQ_{2ω}^{0})^{2}}. \]

where |K|^2 is the first order development of |K|^2 in (α_{ω}−2α_{ω}) R:

\[ K = -\frac{πjβ^{2}_{ω}a_{-}}{2ν_{2ω}ε_{2ω}}. \]

Using the following crude approximation:

\[ ν_{ω} = \frac{2π}{λ_{ω}}N_{ω}R, \]

we can generalize the result of Di Falco et al. [17] and write

\[ η = \frac{8|K|^{2}|A_{ω}|^{2}}{π^{3}ν_{ω}^{2}ν_{2ω}(Q_{ω}^{E})^{2}} \times \frac{(Q_{ω}^{E}Q_{ω}^{0})^{2}}{(1+2πN_{ω}RQ_{ω}^{0})^{2}} \times \frac{1}{(1+2πN_{2ω}RQ_{2ω}^{0})^{2}}. \]

Depending on the relative values of Q_{ω}^{0} and Q_{ω}^{E} (and obviously the relative values of Q_{2ω}^{0} and Q_{2ω}^{E}), the conversion efficiency can be greatly enhanced or decreased. We used the analytical model proposed by Morand et al. in Ref. [37] to evaluate Q_{ω}^{E} for the different modes of the bus waveguide and the two frequencies as a function of d. Following Ref. [37], we now present the expression of the intrinsic Q factor (i.e., only limited by diffraction and external coupling) Q_{ω}^{in} for a microdisk waveguide side coupled without internal losses [37]

\[ \frac{1}{Q_{ω}^{in}} = \frac{1}{Q_{ω}^{\text{diff}}} - \frac{1}{Q_{ω}^{\text{rad}}}, \]

where Q_{ω}^{diff} is the Q factor diffraction limited, p_{ω}^{\text{rad}} is the power carried by the waveguide and p_{ω}^{\text{rad}} is the power radiated outside the microdisk for a given polarization. Note that here we calculate the value of Q_{ω}^{diff} by

\[ Q_{ω}^{\text{diff}} = \frac{4π}{λ_{ω}} \frac{P_{ω}^{\text{rad}}}{P_{ω}^{\text{rad}}}, \]
Since circles and squares, respectively E increases. In the case of FF, Q\text{FF} WGM. Otherwise, Q\text{mx} for Q\text{mx}=0. For low values of Q\text{e}=0,1,2.

FIG. 4. External Q factors as a function of distance between the microdisk and the bus waveguide d. For FF frequency Q_{\text{e}}^{-}\text{(m=0)} is represented for the two possible modes (m=0,1), for SH, frequency Q_{\text{e}}^{2}\text{(m=0)} is represented for the three possible modes (m=0,1,2). The overall values Q_{\text{e}}^{0} and Q_{\text{e}}^{2} are also shown (white circles and squares, respectively).

\[Q_{\text{diff}}^{\text{e}} = \frac{\omega E_{\text{inside}}^{\text{e}}}{p_{\text{rad}}^{\text{e}}} \] (39)

where \(E_{\text{inside}}^{\text{e}}\) is the energy stored in the microdisk, see [37]. Since \(Q_{\text{diff}}^{\text{e}}\) is always very large, we will consider that \(Q_{\text{e}}^{\text{e}}=Q_{\text{int}}^{\text{e}}\). We can calculate \(P_{\text{rad}}^{\text{e}}(m_{\text{e}})\) for the different modes and for the two frequencies we link the overall external Q factor \(Q_{\text{e}}^{\text{e}}\) to the external Q factors calculated for each mode \(Q_{\text{e}}^{\text{e}}(m_{\text{e}})\): \[\frac{1}{Q_{\text{e}}^{\text{e}}} = \sum_{m_{\text{e}=0}}^{m_{\text{e}=0}} \frac{1}{Q_{\text{e}}^{\text{e}}(m_{\text{e}})} \] (40)

with \(s_{\text{e}}=2\) and \(s_{\text{e}}=3\). We will consider here that the incoming FF mode corresponds to \(m_{\text{e}}=0\) so we have \(Q_{\text{e}}^{0}=Q_{\text{e}}^{0}(m_{\text{e}}=0)\) since \(k_{\text{e}}^{0}\) corresponds to the coupling coefficient from the fundamental mode (\(m_{\text{e}}=0\)) of the bus waveguide to the FF WGM. Otherwise, \(Q_{\text{e}}^{0}\) takes into account the two modes of the bus waveguide since the resonant FF can escape from the microcavity coupling with these two modes. Figure 4 represents \(Q_{\text{e}}^{0}(m_{\text{e}})\) and \(Q_{\text{e}}^{2}(m_{\text{e}})\) [calculated from Eq. (38)] as a function of \(d\). First, we can notice that for \(m_{\text{e}}=0\) the fields are well confined both at FF and SH frequencies and \(Q_{\text{e}}^{0}\) reach their intrinsic limits \(Q_{\text{e}}^{\text{diff}}\) for \(d \geq 400 \text{ nm}\). As expected, \(Q_{\text{e}}^{0}\) increase with \(d\) because the evanescent coupling also increases. In the case of FF, \(Q_{\text{e}}^{0}(m_{\text{e}}=0) > Q_{\text{e}}^{0}(m_{\text{e}}=1)\) for large values of \(d\) since the confinement is weaker for \(m_{\text{e}}=1\) than for \(m_{\text{e}}=0\). For low values of \(d\), even the mode with \(m_{\text{e}}=1\) is less confined than the fundamental mode (\(m_{\text{e}}=0\)), we have \(Q_{\text{e}}^{0}(m_{\text{e}}=0) < Q_{\text{e}}^{0}(m_{\text{e}}=1)\). This can be attributed to the large propagation constant mismatch between the mode indexed by \(m_{\text{e}}=1\) and the FF WGM. The overall values \(Q_{\text{e}}^{0}\) (white circles) and \(Q_{\text{e}}^{2}\) (white squares) are also represented. We can notice that \(Q_{\text{e}}^{2} = Q_{\text{e}}^{2}(m_{\text{e}}=2)\) for all the values of \(d\) since

\[Q_{\text{e}}^{0}(m_{\text{e}}=2) \ll Q_{\text{e}}^{0}(m_{\text{e}}=1) \ll Q_{\text{e}}^{0}(m_{\text{e}}=0) . \]

It is then possible to calculate the value of \(\eta_{/}/\eta_{0}\) as a function of \(d\) (Fig. 5) using Eq. (34) and considering \(\eta_{0} = |K|^{2}A_{\text{in}}^{2} . \)

\[\frac{1}{Q_{\text{e}}^{0}} = \frac{1}{Q_{\text{e}}^{0}} + \frac{1}{Q_{\text{e}}^{0}} ; \]

in the case of \(Q_{\text{e}}^{0} Q_{\text{e}}^{0} = 7.5 \times 10^{4}\) (values compatible with recent achievements of AIGAs microdisks [24]), we obtain an optimal coupling distance \(d=185 \text{ nm}\), \(Q_{\text{e}}^{0} = 8700\) and \(Q_{\text{e}}^{0} = 28000\), this gives us a conversion efficiency equal to 1% for an external FF power of 130 \(\mu W\) and a vertical FF mode thickness equal to \(h\) [39].

IV. CONCLUSION

We have derived CMT for SHG in microdisk resonators adapting the results of Ref. [29] to the case of WGMs. We also proposed a simple way to achieve combination of modal and quasi-phase-matching in WGM resonators. This can be applied to the case of isotropic III-V semiconductors grown along the commonly used [001] crystallographic direction combining the advantages of resonant fields enhancement and waveguiding fields confinement. We would like to emphasize the crucial role of the coupling between the microdisk and the bus waveguide and overall optical losses. A n
could present the possibility of monolithic integration with communication lasers at 1.3 and 1.55 μm [41].

ACKNOWLEDGMENTS

This work was backed by French “Agence Nationale de la Recherche” through the project O3E (Grant No. NT05-3-45032). We wish to thank S. Bodros for her help in preparing the manuscript.

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