ACTIVATED MURINE MACROPHAGES SECRETE A
METABOLITE OF ARGinine WITH THE BIOACTIVITY OF
ENDOTHELium-DERIVED RELAXING FACTOR AND
THE CHEMICAL REACTIVITY OF NITRIC OXIDE

By DENNIS J. STUEHR, STEVEN S. GROSS, ICHIRO SAKUMA, ROBERTO LEVI, and CARL F. NATHAN

From The Beatrice and Samuel A. Seaver Laboratory, Division of Hematology-Oncology, *Department of Medicine, and 1Department of Pharmacology, Cornell University Medical College, New York, New York 10021

Synthesis of nitrogen oxides is a newly discovered biochemical process in mammals (1) carried out by activated macrophages (2) and endothelial cells (3, 4). In both cell types, these oxides derive from the guanido nitrogens of L-arginine (5-7), but there are marked differences in the agents inducing their synthesis and in the kinetics of their release (8-10). In macrophages, the known products of this class are nitrite (NO\textsubscript{2}-) and nitrate (NO\textsubscript{3}-) (2, 8). Production of NO\textsubscript{2}-/NO\textsubscript{3}- by macrophages is associated with L-arginine-dependent cytostasis of tumor cells (6) and cryptococcus (11). However, NO\textsubscript{2}-/NO\textsubscript{3}- themselves lack cytostatic activity (12), suggesting the involvement of a more reactive compound that may be intermediate in the reaction sequence between arginine and NO\textsubscript{2}-/NO\textsubscript{3}-. Endothelial cells produce nitric oxide (NO\textsubscript{•}), a highly reactive compound recently identified as a major endothelium-derived relaxing factor (EDRF) (3, 4, 10). EDRF elicits an elevation in cGMP in vascular smooth muscle cells and platelets, leading to vasodilatation (13) and inhibition of platelet aggregation and adhesion (14). We show here that activated mouse macrophages release a molecule derived from the guanido nitrogens of L-arginine, which has both EDRF bioactivity and NO\textsubscript{•}-like chemical reactivity toward heme-containing and Fe-S proteins.

Materials and Methods

Tissue Preparation and Cell Culture. Rabbits (New Zealand White) were anesthetized with pentobarbital sodium (30 mg/kg) and killed by a blow to the skull. Thoracic aorta was quickly excised, cut into 3-5-mm rings, de-endothelialized, and attached to a transducer (RTO3; Grass Instruments, Quincy, MA) for recording of isometric tension with a Model 7 Polygraph (Grass Instruments). Rings were maintained under 2 g of resting tension and super-

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Abbreviations used in this paper: DMA, N\textsuperscript{\textgamma,N\textgamma}dimethyl-L-arginine; EDRF, endothelium-derived relaxing factor; Fd, clostridial ferredoxin; KHS, Krebs-Henseleit solution; M\textsubscript{0}, macrophages; NE, nor-epinephrine; NO\textsubscript{•}, nitric oxide; NO\textsubscript{2}, nitrogen dioxide; NO\textsubscript{3}, nitrate; NO\textsubscript{2}-, nitrite; NO\textsubscript{3}-, nitrate.

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fused with Krebs-Henseleit solution (KHS) (pH 7.4, 27°C) saturated with 95% O2/5% CO2 at a flow rate of 6.4 ml/min. Tissues were equilibrated for 60 min before contraction with norepinephrine (NE) (10 μM). To avoid oxidation, ascorbic acid (54 μM) was present in the NE-containing perfusion medium. The absence of endothelium was demonstrated by lack of relaxation in response to 10 μM acetylcholine.

Macrophages (Mφ) were obtained from C3H/HeJ mice (The Jackson Laboratories, Bar Harbor, ME) after intraperitoneal injection of thioglycollate broth 4 d previously, or were the mouse Mφ-like tumor cell line RAW 264 (American Type Culture Collection, Bethesda, MD) (15). Mφ beads were prepared by allowing Mφ (9 × 107 for C3H/HeJ, 1.9-3.4 × 108 for RAW 264) to adhere in tissue culture flasks to 2.1 ml (packed volume) of Cytodex 3 beads (Pharmacia Fine Chemicals, Piscataway, NJ) for 12-24 h in 35 ml of Minimum Eagle's Medium, α modification, containing 8% calf serum (Hyclone Systems, Logan, UT) at 37°C in 5% CO2. Mφ on beads were activated by exposure to rIFN-γ (500 U/ml, murine; Genentech, Inc., South San Francisco, CA) for 12-16 h followed by addition of bacterial LPS (5 μg/ml; Escherichia coli 0111:B4, List Biological, Campbell, CA) 5-10 h prior to the experiment. For measurements of NO2-/NO3- synthesis, aliquots of the cells on beads were removed from the stock cultures and their subsequent NO2-/NO3- synthesis was measured over 6-12 h as described previously (2). After loading into the columns, the Mφ-bearing beads were washed with two column volumes of KHS before use. After each experiment, the number of macrophages remaining in the columns was determined by lysing the cells and fixing the nuclei for counting in a hemocytometer as described (16).

**Spectrophotometric Assay for NO- and Nitrogen Dioxide (NO2).** Ferredoxin (Fd) from Clostridium pasteurianum was dissolved under N2 in deoxygenated PBS (pH 7.2) to form an 11.3-μM Fd solution (ε390 = 24 mM/cm; reference 17). This solution (900 μl, 10.2 nmol) was transferred anaerobically to an N2-flushed anaerobic cuvette. Authentic NO- (Matheson Gas Products, Inc., Rutherford, NJ) that had passed through 1 M KOH was transferred with a gas-tight syringe in sequential 10-141 amounts to the cuvette. After each addition, the cuvette was mixed by several inversions and the spectrum was recorded from 600 to 350 nm in a spectrophotometer (model 557; Hitachi Inc., New York, NY). Reactions of NO2 were carried out as with NO- except NO2 was not passed through 1 M KOH. After addition of 70 μl NO2 (2.87 μmol) or 30 μl of NO3 (3.41 μmol), each solution was aerated, the pH was recorded, and NO2-/NO3- concentrations were measured. The results for NO2- were pH = 6.01 ± .08, NO2- + NO3- = 3.01 ± .17 mM (% NO2- = 101 ± 4%). In contrast to the mild acidification caused by NO2-, addition of 30 μl NO2 reduced the pH to 4.05 ± 1.47, sometimes precipitating the Fd. The concentration of NO2- + NO3- after addition of 30 μl NO2 was 3.29 ± .71 mM (% NO2- = 61 ± 26%). For the reaction of NO2- with Fd (n = 3), a 400-mM stock solution of NaN02 was used and the Fd was dissolved in PBS buffered to pH 5.9 with 20 mM morpholinoethane sulfonate to control for the acidification that occurred in the NO-/Fd reaction.

**NO2- and NO3- Assay.** NO2- and NO3- were measured by an automated colorimetric assay based on the Griess reaction described in detail elsewhere (2). Briefly, samples were reacted with the Griess reagent (1% sulfanilamide, 0.1% naphthylethylene diamine dihydrochloride, 2.5% H3PO4) and the NO2- concentration was determined by monitoring at 543 nm. NO3- in the sample was measured after reduction of NO3- to NO2-. Data were expressed either in concentration units or as nmoles produced over the indicated time periods. The percentage of NO2- in the sample relative to the total NO2- plus NO3- was also determined.

**Other Reagents.** N*,N*-dimethyl-L-arginine (DMA) was from Chemical Dynamics Corp., South Plainfield, NJ. All other chemicals were from Sigma Chemical Co., St. Louis, MO.

**Results**

**Bioassay for NO-**. The bioassay for Mφ-derived NO- was based on that for EDRF (3, 4, 10). A ring of rabbit thoracic aorta was denuded of endothelial cells and superfused with the admixture of two streams of KHS, one containing 10 μM NE and the other exiting one of two columns: an empty control column, or an experimental
column containing Cytodex beads to which C3H/HeJ mouse peritoneal \( \text{M} \) or RAW 264 mouse M\( \text{O} \)-like tumor cells had adhered. The M\( \text{O} \) were activated for NO\( _2^-/NO_3^- \) production, either by prior exposure to rIFN\( \gamma \) and LPS (8), or to a lesser degree, by exposure to the Cytodex beads themselves. The M\( \text{O} \) perfusate elicited a relaxation of the precontracted arterial ring in six of six experiments. Addition of 0.5 mM L-arginine to the solution perfusing the M\( \text{O} \) column augmented the vasorelaxation. The degree of augmentation by L-arginine was inversely proportional to the extent of relaxation induced by the M\( \text{O} \) perfusate without addition of L-arginine (Fig. 1).

Ferrous hemeproteins react with NO\( \cdot \) with high affinity (18), and block vasorelaxation mediated by NO\( \cdot \) (19). Similarly, perfusion of the M\( \text{O} \) column with ferrous myoglobin (either reduced by ascorbate [Fig. 1, A and B], or freshly prepared under nonoxidizing conditions [Fig. 1 C] completely blocked vasorelaxation. The inhibition specifically required hemeprotein, because ascorbate alone did not reverse the M\( \text{O} \)-induced relaxation (not shown). Inhibition of vasorelaxation by myoglobin/ascorbate was not due to toxicity to the M\( \text{O} \), because removal of myoglobin/ascorbate from the perfusion buffer led to immediate restoration of M\( \text{O} \)-mediated relaxation in all cases. L-arginine and myoglobin/ascorbate did not act directly on the arterial ring, because L-arginine and myoglobin/ascorbate caused neither contraction nor relaxation when perfused through an empty column directly onto the ring (Fig. 1 B).

The vasorelaxing factor released from the M\( \text{O} \) was short lived. As shown in Fig. 1, A and B, collected column effluent had no vasorelaxing effect when it was passed over the aortic ring a second time. Indomethacin had no effect on M\( \text{O} \)-mediated vasorelaxation (Fig. 1 C), militating against a role for cyclooxygenase metabolites (10). However, vasorelaxation was reversed 50% upon addition of 10 \( \mu \)M methylene blue (Fig. 1 B), an inhibitor of guanylate cyclase in vascular smooth muscle (19), suggesting that the M\( \text{O} \)-derived vasorelaxant, like NO\( \cdot \), acts through activation of this enzyme (4, 13).

N\textsuperscript{G}-methylated arginine analogs serve as competitive inhibitors of synthesis of NO\( _2^-/NO_3^- \) in M\( \text{O} \) (6, 20) and NO\( \cdot \) in endothelial cells (21, 22). Perfusion of 0.13 mM N\textsuperscript{G},N\textsuperscript{G}-dimethyl-L-arginine (DMA) through the RAW 264 M\( \text{O} \) column completely blocked production of the relaxing factor (Fig. 1 D). Addition of 2.5 mM L-arginine to the perfusion medium containing DMA reversed the inhibition and potentiated the production of the M\( \text{O} \)-derived relaxing factor. Similar results were seen with C3H/He M\( \text{O} \) using the related inhibitor N\textsuperscript{G}-monomethylarginine (not shown). This indicated that generation of the relaxing factor was closely associated with M\( \text{O} \) metabolism of L-arginine to NO\( _2^-/NO_3^- \). However, authentic NaNO\( _2 \) relaxed arterial rings only at concentrations above 50 \( \mu \)M; 50% relaxation required 2.5 mM NO\( _2^- \) (\( n = 3 \), not shown). Although the M\( \text{O} \) used in these experiments were actively synthesizing NO\( _2^- \) (see Fig. 1, legend), the NO\( _2^- \) concentration in the effluent of M\( \text{O} \) columns that relaxed the aortic ring was only 1.8 \( \mu \)M (\( n = 3 \), Fig. 1 C). Thus, NO\( _2^- \) itself was not responsible for the vasorelaxation.

In sum, production of the M\( \text{O} \)-derived vasorelaxant was augmented by L-arginine and inhibited by arginine analogs methylated on a guanido nitrogen. NO\( _2^- \) was not the active principle. The vasorelaxant was scavenged by ferrous myoglobin. It was highly labile in an aerated aqueous solution at pH 7.4. Its actions were blocked by methylene blue but not indomethacin. These are hallmarks of NO\( \cdot \) (3, 4, 7, 19, 21).
FIGURE 1. Representative tracings demonstrating the secretion of a vasorelaxing factor by activated primary Mo (n = 3) or by the Mo cell line RAW 264 (n = 5). Rings of rabbit aortae were denuded of endothelium and superfused with KHS. The superfusion medium was formed from two streams (each flowing at 3.2 ml/min) mixed just above the aortic ring. One stream contained the vasoconstrictor NE, while the other stream came from one of two columns: an empty control column, or an experimental column containing Mo adherent to Cytodex beads. (A and B) A single aortic ring was superfused with the effluent from columns containing control (A) or activated (B) C3H/HeJ Mo (1.1-1.3 ml bed volume; 1.7 x 10^7 Mo/column). (C and D) The aortic ring was superfused by a column containing activated Mo-like RAW 264 tumor cells (1.2 and 1.3 ml bed volume; 1.8 and 0.9 x 10^7 Mo/column). Mo were activated (Mo*) for NO_2^-/NO_3^- synthesis by prior exposure to IFN-γ and LPS. (A-D) Mo generated NO_2^- at 0.80 ± 0.16, 1.34 ± 0.48, 1.62 ± 0.17, and 0.98 ± 0.48 nmol/h per 10^6 cells, respectively (mean ± SD, n = 3). Thus, control Mo were activated for NO_2^-/NO_3^- synthesis to some extent by cultivation on Cytodex beads alone. Arrows indicate the onset of superfusion with the Mo column effluent or drugs. Mo* effluents (B and C) relaxed the aortic ring in the presence of NE, whereas control Mo effluents (A) had little relaxant effect; l-arginine (L-arg; 0.5 mM) potentiated the relaxation in both cases. Mo- and Mo*-induced relaxation was reversed by reduced myoglobin (Myo; 125 μg/ml) or Myo + ascorbate (Asc; 0.5 mM) and blocked by methylene blue (MB; 10 μM), but not by indomethacin (Indo; 10 μM). DMA completely antagonized the Mo-induced relaxation in the absence of L-arginine; but with addition of L-arginine, production of the Mo-derived relaxing factor was fully restored and even potentiated compared with that produced before addition of DMA or L-arginine (D). (A-C) An interval is indicated during which the Mo column effluent causing vasorelaxation was collected after its passage over the aortic ring (COLLECT EFFLUENT). Reperfusion of the ring with this collected effluent 10 min later (PERFUSE EFFLUENT) did not elicit a second vasorelaxant effect. The NO_2^- concentration in the effluent collected in C was 1.8 μM and in KHS alone was 1.3 μM (n = 3).
Spectrophotometric Assay for NO\textsuperscript{-} and NO\textsubscript{2}. Next, we wished to find a molecule that would react with M\textsuperscript{0} \textsuperscript{-} derived NO\textsuperscript{-} under aerobic tissue culture conditions and thus serve as an independent assay of NO\textsuperscript{-} production. The cultures had to be aerobic to permit M\textsuperscript{0} generation of nitrogen oxides. Trapping NO\textsuperscript{-} was necessary, because in aerated solutions, NO\textsuperscript{-} reacts rapidly with O\textsubscript{2} to form nitrogen dioxide (NO\textsubscript{2}), which in turn reacts with water to yield NO\textsubscript{2}\textsuperscript{-} and NO\textsubscript{3}\textsuperscript{-}. Thus, if NO\textsuperscript{-} is produced by M\textsuperscript{0}, it will not accumulate.

Mass spectroscopy has been used to measure NO\textsuperscript{-} in endothelial cell perfusates after their collection into a solution of refluxing potassium iodide/acetic acid (7). However, this method does not discriminate between NO\textsuperscript{-} released by endothelial

**Figure 2.** Spectroscopic assay of reaction of clostridial ferredoxin (Fd) with three oxides of nitrogen. (Main figure) Fd was dissolved under N\textsubscript{2} in deoxygenated PBS (pH 7.2) to form an 11.3-\(\mu\)M Fd solution, of which 900 \(\mu\)l (10.2 nmol) was transferred anaerobically to an N\textsubscript{2}-flushed anaerobic cuvette. Authentic NO\textsuperscript{-} that had passed through 1 M KOH was transferred with a gas-tight syringe in sequential 10 \(\mu\)l amounts to the cuvette. After each addition, the cuvette was mixed by several inversions and the spectrum recorded from 600 to 350 nm. The figure represents one of four similar experiments. (Upper inset) Spectrum of Fd before (A) and after (B) reaction with 70 \(\mu\)l (2.87 nmol) NO\textsuperscript{-}, showing lack of change in the UV. Spectrum of buffer control is also shown (C). (Lower inset) Bleaching of Fd chromophore at 410 nm as a function of added NO\textsuperscript{-} (O), NO\textsubscript{2} (\(\triangle\)), or NO\textsubscript{3}\textsuperscript{-} (C). Reactions of NO\textsuperscript{-} (n = 4) and NO\textsubscript{2} (n = 3) gas were carried out as above; reaction of NO\textsubscript{2}\textsuperscript{-} with Fd (n = 3) was done in PBS buffered to pH 5.9 as described in Materials and Methods.
cells and NO· arising in the collection vessel via reduction of NO₂⁻. Heme proteins have been used to trap NO· (4, 23). Preliminary experiments revealed that although nitrosyl-heme complexes were stable in an anaerobic atmosphere, they decomposed rapidly in aerated culture medium (not shown). In view of these drawbacks, we turned to Fe-S proteins. NO· reacts irreversibly with some Fe-S proteins (24), decreasing their absorbance in the visible spectrum. Thus, bleaching of Fe-S chromophores could serve as a cumulative measure of NO· release. Indeed, authentic NO· caused concentration-dependent bleaching of the visible spectrum of clostridial ferredoxin (Fd), an 8-iron, 8-sulphur Fe-S protein (Fig. 2). The absorbance of Fd at 410 decreased in a linear fashion with increasing amounts of NO· up to 2 μmol (Fig. 2, lower inset). The absorbance of Fd in the ultraviolet was unchanged under the same conditions (upper inset), demonstrating that the decrease in absorbance in the visible region was not due to dilution of the chromophore, and suggesting that the reaction of NO· with Fd was relatively specific for the Fe-S clusters. Authentic NO₂ also bleached Fd (lower inset). In this case, acidification caused by hydration of NO₂ complicated interpretation of the dose curve above 2 μmol NO₂. In contrast, NO₂⁻ did not bleach Fd, even at pH 5.9 (lower inset). Finally, the spectrum of Fd was stable over at least 19 h in tissue culture medium at 37°C.

Thus, we used bleaching of Fd to test for NO·/NO₂ production by activated Mo.
in culture (Fig. 3). Mφ bleached Fd; the magnitude of bleaching was proportional to time, cell number, and the concomitant production of NO\(_2^-\). Only a minor amount of Fd bleaching occurred in Mφ cultures in which synthesis of nitrogen oxides was blocked by omitting l-arginine, even when exogenous NaNO\(_2\) was added at the start of the coincubation with Fd. Thus, the only Mφ product(s) required for substantial bleaching appeared to be those distal to l-arginine and proximal to NO\(_2^-\) in the biosynthetic pathway of nitrogen oxides. Hypohalous acids can also bleach Fd (25), but were not involved in this case, because production of H\(_2\)O\(_2\), the precursor of hypohalous acids, is not dependent on l-arginine (26), and in any event the addition of catalase to break down H\(_2\)O\(_2\) had no effect on Mφ bleaching of Fd. Unfortunately, control Mφ (those not producing NO\(_2^-\)/NO\(_3^-\)) could not be tested in this system, because Fd itself partially activated the cells for NO\(_2^-\)/NO\(_3^-\) synthesis (not shown).

Discussion

The combined evidence from the biological and biochemical assays described above strongly suggests that activated Mφ release an l-arginine-derived compound that is either NO\(_2^-\) or a closely related substance with similar reactivity, such as NO\(_2^-\). Compared with agonist-triggered endothelial cells (3, 4, 10), activated Mφ secrete the NO\(_2^-\)/like compound over much longer periods, and the total amount produced per cell may be far greater. The factors inducing NO\(_2^-\) release require more study, but are probably similar to those inducing secretion of NO\(_2^-\)/NO\(_3^-\). Inducers of NO\(_2^-\)/NO\(_3^-\) include LPS and IFN-γ, or synergistic combinations of IFN-γ with TNF, or LPS with IFN-α or IFN-β (8, 9).

Although Mφ release of the NO\(_2^-\)/like compound was augmented by exogenous l-arginine and completely blocked by DMA, variable amounts were still released by Mφ in the absence of exogenous l-arginine (Fig. 1). This suggests existence of sources of l-arginine within the Mφ. Such sources are probably short lived, since this metabolic pathway exhibits a strict requirement for exogenous l-arginine when measured over longer time periods (5).

These findings prompt a number of speculations about the role of NO\(_2^-\) secretion in the physiology of Mφ. First, NO\(_2^-\) may be a specific mediator of arginine-dependent antitumor and antimicrobial effects of Mφ, including inactivation of the target cell Fe-S enzymes cis-aconitase (27), succinate:ubiquinone oxidoreductase, and NADH:ubiquinone oxidoreductase (28). Second, Mφ may play a previously unsuspected part in regulating smooth muscle tone during inflammatory or immune responses. Interest in this hypothesis is heightened by the abundance of Mφ in the renal juxtaglomerular apparatus and interstitium (29), gastrointestinal mucosa (30), bronchial epithelium (31), pulmonary vasculature, interstitium, and alveoli (31), and sinusoids of liver, spleen, and marrow, as well as in wounds, granulomas, and atheromas. For example, the mononuclear phagocytes associated with blood vessels may affect systemic blood pressure during sepsis, or regional blood flow in inflammation and wound healing. Third, secretion of NO\(_2^-\) by vessel-associated Mφ or monocytes could influence not only smooth muscle cells and platelets but also endothelial cells. Fourth, in lymphocytes, activation of guanylate cyclase or inactivation of certain Fe-S enzymes by NO\(_2^-\) might contribute to Mφ-mediated stimulation or suppression of immune responses.
Summary

L-arginine-dependent synthesis of nitrite (NO$_2^-$) and nitrate (NO$_3^-$) by macrophages correlates with and is required for their execution of nonspecific cytotoxicity toward some tumor cells and microbes. However, the bioactive L-arginine metabolites responsible for cytotoxicity are unknown. Mammalian endothelial cells have recently been shown to release nitric oxide (NO$\cdot$); we therefore determined if this reactive metabolite was synthesized by activated murine macrophages. Macrophage-derived NO$\cdot$ was detected by two independent methods: a bioassay for NO$\cdot$-mediated relaxation of preconstricted rings of rabbit aorta; and a spectroscopic measurement of the reaction of NO$\cdot$ with clostridial ferredoxin, an Fe-S protein. After activation with IFN-$\gamma$ and LPS, macrophages continuously secreted a substance that relaxed rabbit aortic rings denuded of endothelium. Production of the vasorelaxant was enhanced by 0.5 mM L-arginine and inhibited reversibly by $N^\omega$-methylated L-arginine analogs that block macrophage NO$_2^-$/NO$_3^-$ synthesis. The vasorelaxant was scavenged by ferrous myoglobin, was labile, and was neither NO$_2^-$ nor a cyclooxygenase metabolite. Activated MØ also secreted a substance that bleached Fd, a reaction carried out by NO$\cdot$ and NO$_2^-$, but not NO$_3^-$ . Macrophage bleaching of Fd correlated directly with time, cell number, and concomitant NO$_2^-$/NO$_3^-$ production, required L-arginine, and was independent of reactive oxygen intermediates. Thus, activated murine MØ release NO$\cdot$ and/or a closely related, highly reactive nitrogen oxide such as NO$_2$, during their conversion of L-arginine to NO$_2^-$/NO$_3^-$. NO$\cdot$ and NO$_2$ may mediate L-arginine-dependent pathologic effects of MØ, as well as physiologic effects not previously considered for this widely distributed cell type.

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