SPONTANEOUS DEVELOPMENT OF CYTOTOXIC ACTIVITY IN CULTURED LYMPHNODE CELLS FROM TUMOUR-BEARING RATS

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Summary.—Incubation in vitro of lymphnode cells (LNC) from rats bearing a transplanted syngeneic methylcholanthrene-induced sarcoma (Mc7) resulted in the generation of a potent cytotoxic activity. Four to seven days’ culture was required for development of cytotoxic activity, which was shown to be mediated by a heat-stable soluble factor.

The cytotoxicity was not detectable in a 3h or 15h 51Cr-release assay, but was demonstrated in a 48h microcytotoxicity assay, where post-labelling with isotopically labelled cell precursors was used to quantitate cell survival. The cytotoxicity of the cultured tumour-bearer LNC and their supernatant factor was shown to be cross-reactive for tumour cell lines other than sarcoma Mc7, and was also expressed against adult or embryonic fibroblasts.

Analysis of the cellular requirements for the induction of immune responses and the development of their effector phase has been greatly facilitated by in vitro methods of lymphocyte culture. Thus the interactions taking place during the development of a cytotoxic T-cell response to allogeneic tissues are becoming more clearly understood (Gordon et al., 1975; Simpson et al., 1975; Wagner et al., 1972). In vitro culture techniques have also been used to generate cytotoxic lymphocytes reactive towards tumour-associated cell-surface antigens (Kupermann et al., 1975a, b; Kall & Hellström, 1975; Chism et al., 1976). During studies of the induction and in vitro boosting of immune responses to syngeneic rat tumours, it was observed that culture of lymphnode cells from rats bearing a transplanted methylcholanthrene-induced rat sarcoma produced a cell population highly cytotoxic for tumour cells. This paper describes investigations into the nature and characteristics of this cytotoxic effect. These findings may have relevance in two areas: firstly, the development of this effect could obscure the detection of other responses, for example specific T-cell-mediated cytotoxicity, and confuse the interpretation of cultured lymphocyte cytotoxicity data, and secondly if this antitumour effect functions in vivo it may have therapeutic potential.

Materials and Methods

Rats and tumours.—Hepatomas, (D23, D192A, D202) were induced in inbred WAB/Not rats by oral administration of 4-dimethylaminoazobenzene (Baldwin & Barker, 1967) and sarcomas (Mc7, Mc57) by s.c. injection of 3-methylcholanthrene. Tumours were serially passaged by implanting tumour fragments s.c. in syngeneic recipients of the same sex.

In vitro cell lines.—Single-cell suspensions were prepared by trypsin digestion (0·25% trypsin, Difco 1:250) of tissue fragments of tumour or normal adult rat lung tissue, and cultured in 30ml glass bottles in Eagle’s MEM (Flow Laboratories, Irvine, Scotland)

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supplemented with 10% heat-inactivated calf serum (Flow Laboratories) and the antibiotics penicillin (100 i.u./ml) and streptomycin (200 μg/ml) (MEM-CS). Rat embryo cells were prepared by enzyme digestion of 14–15-day-old rat embryo tissue and cultured in Waymouth's tissue-culture medium (Wellcome Research Laboratories, Beckenham, Kent) supplemented with 20% heat-inactivated foetal bovine serum (Flow Laboratories, Irvine, Scotland) and antibiotics.

**Lymph-node cells (LNC).**—The cervical, axillary, inguinal and mesenteric lymph nodes were removed aseptically from normal control and tumour-bearing rats, and pressed through a 120-gauge stainless-steel wire gauze into Hanks' balanced salt solution containing 2% foetal calf serum (HBSS). In these studies tumour grafts were implanted s.c. by trocar into rats, and LNC prepared from the animals 14–21 days later, when the mean diameter of the tumour was 2–3 cm.

The lymphnode cells were then centrifuged at 120 g for 5 min, and washed ×3 in HBSS before use.

**In vitro LNC culture conditions.**—LNC from normal rats or rats bearing transplanted sarcoma MC7 were cultured in the 16 mm wells of cluster plates (Costar) in 1.5 ml Eagle's MEM containing 10% foetal calf serum (MEM–FCS) and 10−5 M 2-mercaptoethanol (2ME). Plates were incubated at 37°C in a 5% CO₂ atmosphere.

Cultured cells were recovered by gentle re-suspension, washed twice by centrifugation at 200 g for 10 min in HBSS and resuspended in MEM–FCS medium. These cultured effector cells were then tested for cytotoxicity to rat target cells, and also used to prepare supernatant material. This procedure gave yields of 40–50% of the cell number initially placed in culture.

**Preparation of supernatant (SN).**—Supernatants were prepared from fresh or cultured LNC from normal or tumour-bearing rats. LNC in MEM–CS were cultured in 7 ml flat-bottomed plastic bijou bottles (Sterilin, Teddington, Middlesex) at 2×10⁶ viable cells/ml in 1.2 ml cultures. After incubation at 37°C in a 5% CO₂ atmosphere for 48 h, the medium was removed, the cells sedimented by centrifuging at 500 g for 10 min and the supernatant collected and filtered through a Millex disposable filter (0.22 μm pore size).

Medium alone was treated in a similar manner to provide “cultured medium” control. The harvested supernatants were diluted in MEM–CS and assayed for toxicity to rat target cells.

**Measurement of the activity of whole LNC and their supernatants against rat target cells.**—Target cells were plated at 500–1000/well into flat-bottomed microtest II plates (Cooke M29ART, supplied by Dynatech Laboratories, Billingshurst, Sussex) in 0.1 ml of MEM–CS and incubated at 37°C for 24 h before testing. LNC (freshly prepared or cultured) from normal and tumour-bearing rats were added in a volume of 0–1 ml MEM–CS without removing the plating medium. After incubation at 37°C for 48 h, the target cells were pulse-labelled with radio-labelled cell precursors at the following concentrations: 125I-iododeoxyuridine (125I-IrdR) final concentration 10 nmol (0.8 μCi) per ml, 3H-leucine final concentration 1.6 μmol (6 μCi) per ml and ⁷⁵Se-L-selenomethionine final concentration 0.5 μmol (1.5 μCi) per ml (10 μl per well) (Brooks et al., 1978). ³H-leucine and ⁷⁵Se-L-selenomethionine were added directly to the wells; they have previously been shown to be reliable indicators of cell survival (Brooks et al., 1978). It was however necessary to replace the medium in wells before labelling with 125I-IrdR to avoid competition due to nucleoside released from either the target cells or lymphocytes.

Supernatant material, prepared from LNC cultures, was incubated with target cells for 48 h before radio-labelling with either ³H-leucine or ⁷⁵Se-L-selenomethionine. The reactivity of both whole LNC and their supernatants was calculated by comparing the uptake of isotope in wells treated with LNC or SN with the uptake of label by cells incubated with medium alone. In certain experiments the cytotoxicity of tumour-bearing rat LNC was calculated from the formula:

\[
\frac{(a-b)}{a} \times 100,
\]

where \(a\) = uptake of isotope after culture with normal rat LNC, and \(b\) = uptake after culture with tumour-bearing rat LNC.

The chromium-51 (⁵¹Cr) release test was performed in V-bottomed microtest II plates, using 5000 ⁵¹Cr-labelled cells per well and rat LNC. The plates were centrifuged, and the mixture incubated for 3 or 15 h at 37°C. The contents of the wells were suspended, and after centrifugation half of the supernatant
was removed and counted in a gamma spectrometer. The residual activity in the cell pellet and remaining supernatant was similarly determined. The per cent isotope release was calculated by the formula:

\[ \% \text{ release} = \frac{2a}{a+b} \times 100 \]

where \( a \) = counts in 1/2 supernatant and \( b \) = counts in pellet and remaining supernatant.

RESULTS

Development of tumour-bearer LNC cytotoxicity after in vitro culture

After in vitro culture, in the absence of a sensitizing cell population, LNC from tumour-bearing (TB) rats developed increased levels of cytotoxicity to rat tumour cells. The results presented in Table I and Fig. 1 typify these initial observations, demonstrating that in a 48 h microcytotoxicity assay LNC from Mc7-bearing rats were consistently more cytotoxic for Mc7 cells after 7 days' culture in vitro than equivalent numbers of cultured normal rat LNC, or fresh normal or TB LNC. It should be noted that higher effector:target cell ratios are required to demonstrate cytotoxic effects of fresh TB LNC in this system.

Several points were evident in these studies. Firstly, the cytotoxicity of Mc7-bearer LNC was non-specific, and potent cytotoxicity was shown for target cells derived from rat hepatoma-D202 and fibroblasts prepared from normal rat lung tissue. Secondly, LNC reactivity could be shown using low effector:target cell ratios (down to 1:10). And thirdly it was possible to store “cultured” TB LNC in liquid N\(_2\) without significant loss of cytotoxicity (Table I, Exp. 3). This was particularly

### Table I.—Cytotoxicity of Mc7-bearing rat LNC before and after in vitro culture

| Expt. No. | LNC preparation | Effector: target ratio\(^1\) | Percentage cytotoxicity\(^2\) against target cells derived from: |
|-----------|-----------------|-----------------------------|-------------------------------------------------------------|
|           |                 |                             | Mc7 | D202 | Normal rat lung |
| 1 Fresh   | Normal          | 50:1                        | -4  | -10  |                |
|           | Mc7TB           | 50:1                        | -4  | -10  |                |
|           | Cultured 7 days |                             |     |      |                |
|           | Normal          | 12.5:1                      | -6  | 99** |                |
|           | Mc7TB           | 12.5:1                      | 100*** | 99** |    |
|           | Normal          | 6:1                         | -5  | -5   |                |
|           | Mc7TB           | 6:1                         | 100*** | 98** |    |
| 2 Fresh   | Normal          | 100:1                       | 35* | -19  |                |
|           | Mc7TB           | 100:1                       | 37** | -4   |                |
|           | Normal          | 20:1                        | 7   | 5    |                |
|           | Mc7TB           | 20:1                        | 5   | -16  |                |
|           | Cultured 7 days |                             |     |      |                |
|           | Normal          | 20:1                        | 30* | 25*  | -35            |
|           | Mc7TB           | 20:1                        | 98*** | 100*** | 74*** |
|           | Normal          | 4:1                         | 0   | 0    | -11            |
|           | Mc7TB           | 4:1                         | 93*** | 99*** | 70*** |
|           | Normal          | 8:10                        | 3   | 10   | 23             |
|           | Mc7TB           | 8:10                        | 71*** | 98*** | 62*** |
| 3 Fresh   | Normal          | 100:1                       | 15  | -36  |                |
|           | Mc7TB           | 100:1                       | 10  | -3   |                |
|           | Cultured 7 days |                             |     |      |                |
|           | Normal          | 1:1                         | -2 (18)\(^3\) | 13 (13)\(^3\) |    |
|           | Mc7TB           | 1:1                         | 88*** (81***\(^3\)) | 100*** (97***\(^3\)) |    |
|           | Normal          | 1:10                        | -5 (3)\(^3\) | 10 (3)\(^3\) |    |
|           | Mc7TB           | 1:10                        | 58*** (52***\(^3\)) | 99*** (78***\(^3\)) |    |

\(^1\) Target cells plated at 1000 cells per well.

\(^2\) Expressed as % depression of isotope uptake in wells treated with LNC compared with medium alone.

\(^3\) Figures in parentheses are cytotoxicity after storage of cultured LNC in vapour-phase N\(_2\) bank.

*** \(P<0.0005\); ** \(P<0.005\); * \(P<0.05\); by Student’s t test.
important, since it allowed sequential tests to be performed on the same pool of reactive LNC.

In studying the kinetics of cytotoxicity by cultured TB LNC, it was found that target-cell lysis did not occur during the first 15h of incubation, as shown by the absence of isotope release from $^{51}$Cr-labelled target cells in 3h or 15h assays. By contrast, high levels of cytotoxicity could be demonstrated in a 48h assay in which target cells were post-labelled with radioactive nucleosides or amino acids (Fig. 1). Visual observation indicated that cell lysis and/or cell detachment, rather than growth inhibition, was occurring, since no target cells could be seen in wells in which subsequent measurement of isotope incorporation indicated 100% cytotoxicity. In these studies cultured normal rat LNC rarely showed cytotoxicity for Mc7 target cells; some cytotoxicity was occasionally detected using high numbers of normal LNC, but was very small compared with the cytotoxicity shown by cultured TB LNC. Fig. 2 shows the development of cytotoxicity by sarcoma-Mc7-bearer LNC after various culture times up to 7 days. Maximum cytotoxicity was shown 4–7 days after in vitro culture. Normal LNC again only showed significant cytotoxicity at the highest effector:target cell ratios used, at 4 and 7 days after initiation of culture.

Detection of a cytotoxic supernatant factor or factors from in vitro cultured rat LNC

Investigations into the mechanism of non-specific in-vitro-generated cytotoxicity displayed by Mc7-bearer rat
LNC indicated that the reactivity was mediated by a cytototoxic factor or factors released into the culture medium (Table II). Thus supernatants (SN) obtained 48 h after re-culture of cultured TB LNC in fresh medium were highly toxic to Mc7, Mc57, D23, and D192A tumour cells, and to normal embryo fibroblasts. In control experiments, similar SN obtained from fresh normal or TB LNC had little or no cytototoxic activity at the dilutions tested (Table II, Exp. 1 and 2) and except in one experiment (Table II, Exp. 2) SN from cultured normal LNC had minimal activity; a comparative titration of SN from cultured normal and TB LNC is shown in Table II, Exp. 3.

The cytototoxic factor(s) in cultured TB LNC supernatant was shown to be heat-stable (Table II, Exp. 7) and was released from cultured TB LNC within 2 h of re-culture in fresh medium (Table II, Exp. 8). This finding, together with the retention of cytototoxic activity after dilution of supernatant to 1:60 with fresh medium (Table II, Exp. 3), ruled out any possibility of the cytotoxicity being caused by nutrient depletion.

**DISCUSSION**

In the present study, LNC from rats bearing a chemically-induced transplantable sarcoma (Mc7) and cultured in vitro for 5–7 days without deliberate addition

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**Table II.—Effect of supernatants of cultures of normal and tumour-bearing rat LNC on target-cell growth in vitro**

| Exp. No. | Supernatant\(^1\) dil.: | Target cells\(^2\) % toxicity: | 16 day embryos |
|---------|-------------------------|-------------------------------|-----------------|
|         |                         | Mc7  | Mc57  | D192A | D23 | fibroblasts |
| 1       | Fresh N LNC (1/5)       | 0    | -22   |        |     |             |
|         | Fresh TB LNC (1/5)      | -11  | -16   |        |     |             |
|         | Cultured N LNC (1/5)    | 1    | -12   |        |     |             |
|         | Cultured TB LNC (1/5)   | 91***| 97*** |        |     |             |
| 2       | Fresh N LNC (1/5)       | 15***|       |        |     |             |
|         | Fresh TB LNC (1/5)      | 21   |        |        |     |             |
|         | Cultured N LNC (1/5)    | 93***|       |        |     |             |
|         | Cultured TB LNC (1/5)   | 94***|       |        |     |             |
| 3       | Fresh N LNC (1/5)       | 15***|       |        |     |             |
|         | Fresh TB LNC (1/5)      | 98***|       |        |     |             |
|         | Cultured N LNC (1/10)   | 16   |        |        |     |             |
|         | Cultured TB LNC (1/10)  | 94***|       |        |     |             |
| 4       | Cultured N LNC (1/10)   | -12  | 22*   | 70*** | 99***|             |
|         | Cultured TB LNC (1/10)  | 60***|       |        |     |             |
| 5       | Cultured N LNC\(^3\) (1/10) | 32   | -30   | 97*** | 100***|             |
|         | Cultured TB LNC (1/3)   | -16  |       |        |     |             |
|         | Cultured N LNC (1/12)   | 15   | 16    | 91*** |     |             |
|         | Cultured TB LNC (1/12)  | 91***|       |        |     |             |
| 6       | Cultured N LNC (1/3)    | -11  |       |        |     |             |
|         | Cultured N LNC (1/3)    | 34*  |       |        |     |             |

1 48 h supernatant from freshly prepared or in vitro cultured normal and tumour-bearer rat LNC, unless otherwise stated ((viz. 2 h).

2 Target cells plated at 500 or 1000 cells per well.

3 Supernatant prepared from cultured rat LNC stored in vapour-phase N\(_2\) bank.

\(*P<0.001; **P<0.01; ***P<0.05; \) by Student's t test.
of tumour antigen were shown to be highly cytotoxic for Mc7 target cells. Reactivity was demonstrated using the microcytotoxicity test and assessed by radio-labelling the remaining target cells after a 48h incubation with effector cells. Cytotoxicity could also be seen, and was shown to be cross-reactive with cells derived from a chemically induced rat hepatoma (D202) as well as normal rat fibroblasts. However, cytotoxic events were not detected in either a 3h or 15h 51Cr-release test. This may reflect an increased susceptibility of adherent target cells to cytotoxic mechanisms, but a more likely explanation is that target cells do not die during the early stages of coculture of target cells and effector cells. Evidence was obtained that the mechanism of cytotoxicity involved the release of a cytotoxic factor from the cultured TB LNC, and because the release of this factor was rapid, beginning within 2h of re-culture, the requirement for a long-term cytotoxicity assay would appear to be due to the slow death of target cells after interaction with this factor.

A number of other workers have demonstrated augmented cytotoxicity in cultured lymphocytes. In one series of reports, increased cytolytic activity was found after short-term culture (3–24h) of lymphocytes from tumour-bearer or tumour-immune animals (de Landazuri & Herberman, 1972; Laux & Lausch, 1974; Vasudevan et al., 1974; Gorczynski & Tigelaar, 1975; Shellam et al., 1976), such in vitro activated cells being apparently capable of causing specific tumour rejection in vivo (Blasecki & Trevethia, 1975). In the mouse studies, the cytotoxic cells were shown to be sensitive to anti-θ serum (Vasudevan et al., 1974; Gorczynski & Tigelaar, 1975) and were therefore not NK cells (Herberman & Holden, 1978). This type of activation of cytotoxicity was clearly demonstrable within 24h of culture, and the cytotoxic cells showed elements of specificity in vitro in both short-term (Ortiz de Landazuri & Herberman, 1972; Laux & Lausch, 1974; Vasudevan et al., 1974) and long-term (Wright et al., 1973) cytotoxicity assays.

Burton et al. (1977) and Shustik et al. (1976) have described a different cytotoxic activity which developed in normal mouse spleen cells over a 5-day culture period and was of broad specificity. Ortaldo et al. (1977) made similar observations with human peripheral blood cells, and showed that in this system the cytotoxicity was generated by substances in foetal calf serum, suggesting some kind of mitogenic or antigenic activation. Indeed, these workers, and subsequently others (Callewaert et al., 1978) demonstrated that stimulation of human peripheral blood lymphocytes with phytohaemagglutinin, PPD, or allogeneic cells induced high levels of spontaneous cytotoxicity, which was mediated by an Fe⁺ cell (Ortaldo et al., 1977). A third type of cytotoxicity developing in culture has been described by Muchmore et al. (1977a), human peripheral blood cells developing spontaneous cytotoxicity towards red blood cells when cultured alone for 7 days. It was claimed that activation occurred in human serum as well as in foetal calf serum and that the effector cell was Fe⁻. In our own system, preliminary experiments have shown that foetal calf serum does play a role, in so far as considerable differences in cytotoxicity were found after culture of TB LNC in medium containing different batches of serum (Robins, unpublished observation), but whether this was due to nutritional or antigenic/mitogenic differences between batches of serum is not yet known. It is already clear, however, that there are a number of interesting differences between the phenomenon we have observed and those noted above.

Firstly, we could not detect any cytotoxic activity in a short-term chromium-release assay, whereas in all the other reports reactivity was readily demonstrable in such an assay. This may either reflect a difference in the rate at which different target cells are killed, or indicate that different lytic mechanisms are operative. Secondly, we were able to show that the
effector cells in our system released a cytotoxic substance, which was not the case in the systems studied by Burton et al. (1977) and Muchmore et al. (1977a), in which addition of moderate numbers of cold target cells inhibited cytotoxicity. Thirdly, we found that augmentation of cytotoxicity during culture generally occurred only with LNC from tumour-bearer animals and not with LNC from normal animals. Tumour growth therefore played an important part in the induction of the cytotoxic cells. It is interesting to note that the activity of conventional NK cells (Herberman & Holden, 1978) can be augmented by certain in vivo treatments, including the inoculation of tumour cells (Herberman et al., 1977; Oehler et al., 1978). However, tumour growth itself has been reported to depress NK-cell activity (Becker & Klein, 1976; Pross & Bains, 1976). Our own studies, using a long-term cytotoxicity assay and target cells derived from solid tumours, have indicated the existence of a second "natural killer" cell, which is characterized by its relatively high affinity for nylon wool (Brooks et al., 1976). The activity of these cells, which is often masked by the growth-promoting activities of other cell types, and is only detectable at high lymphocyte:target cell ratios, may be partly mediated by a rapidly released toxic factor, which we have recently shown to be heat-stable (Rees & Brooks, unpublished observation). It is possible that the effector cell in cultured TB LNC is of the same type, being stimulated in vivo by the growth of a tumour and revealed by in vitro culture either as a result of further stimulation or the loss of some type of suppressor cell. A precedent for this latter postulate has recently been described by Muchmore et al. (1977b).

The characteristics of the cytotoxic factor we have described are at present unknown, apart from its heat-stability and some preliminary data indicating a mol. wt >10,000 (Robins, unpublished). It is therefore not possible to make a meaningful comparison with the legion of cytotoxic factors reported previously in the literature. However, it is worth noting that a malignant cell isolated from human peripheral blood, which had characteristics similar to those of NK cells, released a cytotoxic factor into the culture medium which was claimed to have anti-tumour activity in vivo (Karipas, 1978). Whether the factor described in the present study is also active in vivo remains to be determined.

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