The S-adenosylmethionine analog sinefungin inhibits the trimethylguanosine synthase TGS1 to promote telomerase activity and telomere lengthening

Alessandra Galati¹, Livia Scatolini¹, Emanuela Micheli¹, Francesca Bavasso¹, Alessandro Cicconi¹, Paolo Maccallini¹, Lu Chen², Caitlin M. Roake³, Stefan Schoeftner⁴, Steven E. Artandi³, Maurizio Gatti¹,5, Stefano Cacchione¹ and Grazia D. Raffa¹

¹ Dipartimento di Biologia e Biotecnologie, Sapienza Università di Roma, Italy
2 Cancer Signaling and Epigenetics Program-Cancer Epigenetics Institute, Fox Chase Cancer Center, Philadelphia, PA, USA
3 Department of Medicine, Stanford University School of Medicine, Stanford, CA, USA
4 Dipartimento di Scienze della Vita, Università degli studi di Trieste, Italy
5 Istituto di Biologia e Patologia Molecolari del CNR, Roma, Italy

Correspondence
S. Cacchione and G. D. Raffa, Dipartimento di Biologia e Biotecnologie, Sapienza Università di Roma, Roma, Italy
Tel: +39 06 49912238 (SC); +39 06 49912843 (GDR)
E-mails: stefano.cacchione@uniroma1.it; graziadaniela.raffa@uniroma1.it

Alessandra Galati and Livia Scatolini contributed equally to this article.

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Mutations in many genes that control the expression, the function, or the stability of telomerase cause telomere biology disorders (TBDs), such as dyskeratosis congenita, pulmonary fibrosis, and aplastic anemia. Mutations in a subset of the genes associated with TBDs cause reductions of the telomerase RNA moiety hTR, thus limiting telomerase activity. We have recently found that loss of the trimethylguanosine synthase TGS1 increases both hTR abundance and telomerase activity and leads to telomere elongation. Here, we show that treatment with the S-adenosylmethionine analog sinefungin inhibits TGS1 activity, increases the hTR levels, and promotes telomere lengthening in different cell types. Our results hold promise for restoring telomere length in stem and progenitor cells from TBD patients with reduced hTR levels.

Keywords: hTR; RNA methyltransferase; RNA processing; Sinefungin; telomerase; telomerase reverse transcriptase (TERT); telomere; telomere biology disorders (TBDs); telomere lengthening; TGS1

Telomeres are specialized nucleoprotein structures at the extremities of linear chromosomes that serve at least two essential functions. They hide chromosome ends from being recognized as DNA breaks, preventing DNA damage response and fusion between free chromosome ends [1]. They also counterbalance loss of terminal sequences due to the inability of polymerases to replicate the linear DNA ends [2]. Human telomeres consist of repetitive short sequences that are bound and protected by the shelterin complex [3] and maintained by the telomerase holoenzyme, whose core is formed by the TERT reverse transcriptase and the hTR RNA component that acts as template for the addition of TTAGGG repeats to the chromosome ends [4–7]. Telomerase activity is fine-tuned at several levels [4,6]. Telomerase is active in the germline and in stem and progenitor cells [8,9], but not in somatic cells, which undergo progressive telomere shortening [10,11].

Abbreviations
AA, aplastic anemia; AdoMet, SAM, S-adenosylmethionine; DC, dyskeratosis congenita; GST, glutathione S-transferase; hTR, human telomerase RNA; PF, pulmonary fibrosis; TBD, telomere biology disorders; TGS1, trimethylguanosine synthase; TRAP assay, telomeric repeat amplification assay; TRF assay, telomere restriction fragment assay.
Maintaining proper telomere function and adequate length is essential to sustain proliferation of progenitor cells that ensure tissue renewal and homeostasis [12]. Germline mutations in several genes that control telomerase biogenesis and activity result in telomere biology disorders (TBDs), in which patients have telomeres shorter than age-matched healthy individuals. These diseases are caused by the exhaustion of progenitor cells in tissues such as skin, lungs, liver, and bone marrow [13–15]. They are heterogeneous in severity and can manifest at birth, in childhood, or at different adult ages. Remarkably, mutations leading to TBDs have been associated with every component of telomerase and with several regulators of telomerase activity [4,5,15–17].

Telomerase activity is mainly regulated by TERT expression that determines the cell types in which telomerase is present. Accordingly, many different TERT mutations have been identified that result in TBDs of different severity [15]. hTR is ubiquitously expressed but its level is also rate limiting for telomerase activity [18]. A subset of the TBDs, including dyskeratosis congenita (DC), aplastic anemia (AA), and pulmonary fibrosis (PF), are caused by mutations affecting hTR structure or biogenesis. Loss-of-function mutations in the TERC gene, which specifies hTR, dominantly reduce telomerase activity, resulting in TBDs [19–22]. Mutations in genes encoding the dyskerin components (DKC1, NOP10, NHP2, NAF1), a complex that binds and stabilizes hTR, also cause severe TBDs when homozygous [23]. In addition, TBDs are caused by mutations in genes that regulate hTR biogenesis such as PARN that specifies a deadenylase that removes post-transcriptionally added poly-A extensions from nascent TERC transcripts, protecting them from degradation by the exosome. Interestingly, the reduction in hTR level caused by PARN mutations is counteracted by mutations in PAPD5 that encodes the poly-A polymerase that adenylates the hTR precursors. PAPD5 KO cells show elevated hTR levels and increased telomerase activity compared with non-mutant cells, while PAPD5 overexpression results in diminished hTR levels [24–29]. Consistent with this finding, RNAi-mediated PAPD5 inhibition in PARN-depleted cells or in lines from patients carrying either PARN or DKC1 mutations restore the hTR levels, telomerase activity, and telomere length [25,26,29,30]. These results were corroborated by recent work showing that chemical inhibition of PAPD5 increases hTR levels and stimulates telomere lengthening in stem cells from DC patients [31] and human embryonic stem cells carrying DC-relevant mutations, thereby improving their hematopoietic differentiation potential [32].

Thus, drugs that increase the hTR levels are promising treatments for TBDs caused by reduced hTR amounts [31,32].

hTR biogenesis involves hypermethylation of its 5’ monomethylguanosine cap to a tri-methylguanosine cap, a reaction catalyzed by the trimethylguanosine synthase 1 (TGS1) enzyme. We have recently shown that mutations in TGS1 promote accumulation of mature hTR molecules both in the nucleus and in the cytoplasm, and increased telomerase activity and telomere lengthening in human cells [33]. Here, we show that treatment of different types of human cells with sinefungin, an S-adenosyl-methionine analog that inhibits TGS1 [34], mimics the effects of TGS1 depletion, increasing the hTR levels, telomerase activity, and telomere length compared to untreated cells. Thus, we identify a new compound that may be employed to ameliorate the self-renewal capacity of induced pluripotent stem cells (iPSCs) from TBD patients for autologous cell-based therapies.

Materials and methods

Methyltransferase assay

The TGS1 coding sequence was cloned into the pGEX-6P vector and the construct used to transform E. coli BL21 strain (DE3). The bacterial strains expressing the GST fusion protein and GST alone were used to inoculate 1 liter of LB Broth containing ampicillin. IPTG at a concentration of 0.5 mM was added to induce protein expression when the culture was in exponential growth. After overnight incubation at RT with vigorous shaking, the bacterial cultures were centrifuged and the pellet lysed in 20 mL lysis buffer (Hepes 50 mM, pH 7.4, NaCl 0.2 M, EDTA 1 mM, NP40 0.5%, glycerol 5%) plus protease inhibitors and sonicated on ice. The lysate was centrifuged at 12 000 r.p.m. for 15 min at 4 °C, and the supernatant was incubated with glutathione-sepharose beads. Beads were washed 3 times with PBS/1% Triton X-100, 2 times with PBS, and finally resuspended in 1 mL GST-maintaining buffer (Tris 50 mM, pH 7.4, NaCl 0.1 M, EDTA 1 mM, glycerol 10%, DTT 1 mM) plus protease inhibitors. Protein concentrations were calculated using the Bradford assay (Sigma). The purity of the isolated proteins was verified by SDS/PAGE electrophoresis followed by Coomassie staining. Reaction was performed and data analyzed essentially as in ref. [35]. Reaction mixtures (20 µL) containing 50 mM Tris-HCl (pH 8.0), 5 mM DTT, 50 mM NaCl, 50 µM [3H-CH3]AdoMet (Perkin-Elmer NET155V), 5 mM m7GTP (Merck M6133), and 1 µg of GST-TGS1 were incubated for 2 h at 37 °C, in the presence or absence of 100 µM sinefungin (Merck S8559). A mock reaction was performed by incubating the mixture with GST-beads only. Aliquots (5 µL) were spotted...
on polyethylene-imine cellulose TLC plates (Merck Z122882), in parallel with the reaction mixture alone containing [1\(^{3}H\)-CH\(_3\)]AdoMet (No protein). The TLC plates were developed with 50 mM (NH\(_4\))\(_2\)SO\(_4\). The lanes were cut into 13 1-cm strips, and the radioactivity was quantified by liquid scintillation counting.

**Cell cultures**

UMUC3 cells [36] were cultured in EMEM EBSS supplemented with 2 mM glutamine, 0.1 mM nonessential amino acids, 10% fetal bovine serum, 1.5 g L\(^{-1}\) sodium bicarbonate, 1 mM sodium pyruvate as described in [33]; U2OS, BJ-HELT cells [37], PARN KO and control HeLa cells [29] were cultured in DMEM supplemented with 10% fetal bovine serum and penicillin.

**Cell viability assay**

Cumulative population doubling values were determined over a period of 30 days. 1.5 \(\times\) 10\(^5\) cells-well\(^{-1}\) were seeded in 6-well plates in duplicates and treated with 0–100 \(\mu\)M sinefungin. For calculation of doubling time, cells were harvested by trypsinization and counted by Burker Haemocytometer Counting Chamber every 48/72 h.

**qRT-PCR**

Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific, Waltham, MA, 15596026), treated with DNase I (RNase-free), and extracted with phenol/chloroform. The integrity of RNA samples was evaluated by gel electrophoresis, 1 \(\mu\)g of intact RNA (with a 28S:18S rRNA ratio = 2 : 1) was reverse transcribed with the RevertAid H Minus Reverse Transcriptase kit (Thermo Fisher Scientific, EP0451). Real-time PCRs were performed with Power up SYBR Green QPCR Master Mix (Thermo Fisher Scientific, Waltham, MA, 15596026), treated with (NH\(_4\))\(_2\)SO\(_4\). The lanes were cut in 6-well plates in duplicates and treated with 0–100 \(\mu\)M sinefungin. For calculation of doubling time, cells were harvested by trypsinization and counted by Burker Haemocytometer Counting Chamber every 48/72 h.

**Telomere Restriction Fragment (TRF) Assay**

Genomic DNA was digested overnight at 37 °C with HindIII and RsaI. For UMUC3 cells, 5 \(\mu\)g of digested DNA was loaded onto a 0.8% agarose gel (1× TBE) and separated by electrophoresis at 85 V for 16 h at room temperature. For PARN KO cells, 13 \(\mu\)g of digested DNA was loaded onto a 1.0% agarose gel (1× TBE) and separated by electrophoresis at 85 V for 12 h at room temperature. DNA was transferred to Hybond N membrane by upward capillary action and crosslinked to the membrane in an UV crosslinker. Standard Southern blotting procedure was carried out to detect telomeric restriction fragments using (CCCTAA)\(_4\) oligonucleotide probe radioactively end-labeled. Calculation of telomere length was performed according to [38].

**Results**

Prompted by our recent finding that mutations in TGS1 increase the abundance of telomerase RNA and induce telomere elongation in living cells [33], we asked whether chemical inhibition of TGS1 activity could induce effects similar to those observed in TGS1 mutant cells. It has been previously observed that the natural S-adenosyl methionine analog sinefungin suppresses TGS1 activity both in vitro and in living cells [34]. To further confirm that sinefungin inhibits the methyltransferase activity of TGS1, we performed an in vitro hypermethylazation assay, as previously described [35,39]. Employing bacterially purified TGS1 fused to GST or GST alone, bound to glutathione beads (Fig. 1A), we performed in vitro methyltransferase assays in the presence or absence of sinefungin, using [\(^{3}H\)-CH\(_3\)]AdoMet as methyl donor and m\(^{2}\)GTP as substrate. As shown in Fig. 1B, in reaction mixtures containing GST-TGS1 (blue line), we detected two peaks, most likely corresponding to the products of methyl transfer on the m\(^{2}\)GTP substrate, which is
converted to m\textsuperscript{2,7}GTP and m\textsuperscript{2,2,7}GTP. In reactions containing no protein or GST beads only (Fig. 1D), a single peak was detected, most likely corresponding to the chromatographic mobility of \[^{3}H\text{-CH}_{3}\]AdoMet (SAM). Similarly, when 100 \(\mu\)M sinefungin was added to the reaction mixtures, just a single peak comigrating with \[^{3}H\text{-CH}_{3}\]AdoMet was observed (Fig. 1B, orange line), indicating that sinefungin inhibits TGS1 methyl transfer activity (Fig. 1C).

We next asked whether TGS1 inhibition by sinefungin affects the abundance of hTR, which is upregulated in cells deficient for TGS1 [33]. hTR is constitutively expressed in human cells [40], yet hTR levels vary among different cell lines [41]. We first examined the effect of sinefungin treatment in UMUC3 bladder cancer cells. In this cell line, telomeres are very short and the level of hTR is limiting for telomerase activity [36]. Indeed, the level of hTR in UMUC3 cells was significantly lower than that observed in HeLa cancer cells or in two immortalized cell lines (BJ-HELT and HEK293T; Fig. S1). It has been previously shown that an augment of the expression of hTR in UMUC3 cells increases telomerase activity and leads to a significant telomere lengthening [36]. We treated the UMUC3 line for 10 days with various concentrations of sinefungin (ranging from 12.5 to 100 \(\mu\)M) and then assayed the levels of hTR RNA. hTR levels increased by 1.2 fold at lower concentrations of sinefungin (12.5–50 \(\mu\)M) compared to mock-treated cells (Fig. 2A) and reached a 1.5-fold increase at 100 \(\mu\)M.
Sinefungin promotes telomere lengthening

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(A) HeLa CTR PARN KO
WB: PARN
WB: Tubulin

(B) HeLa

μM Sinefungin

0 100 50 25

CTR PARN KO

P<0.0001
P<0.0001
P<0.0001
P<0.0001
P<0.0001

0.0 0.5 1.0 1.5 2.0

hTR relative to GAPDH

(C) HeLa PARN-KO

1X 2X 1X 2X

50μM Sinefungin (13 days)

HeLa CTR

1X 2X 1X 2X

(D) HeLa PARN KO

Days of treatment

Sinefungin 50μM

46

TRAP products

IC

HeLa

Average length (kb)

3.8 4.9

P=0.0016

50μM Sinefungin

HeLa PARN KO

P=0.0013

HeLa CTR

n.s.
Fig. 3. Sinefungin increases the hTR level and telomere length in PARN KO cells. (A) Western blot showing that PARN KO mutant HeLa cells have a strongly reduced PARN level. (B) RT-qPCR measurements of hTR levels in control and in PARN KO mutant HeLa cells, treated with the indicated concentrations of sinefungin for 10 days. Bars represent fold change of hTR levels in treated vs untreated cells from three biological replicates, normalized to the control HeLa cell line and relative to GAPDH. Error bar, SEM; the P value was determined by one-way ANOVA. (C) Top, TRAP assay performed in 2× dilutions on extracts from control and PARN KO cells treated or not with 50 μM sinefungin for 13 days. Bottom, quantification of TRAP activity. Error bars, SD; a.u., arbitrary units; P values were determined by one-way ANOVA. (D) TRF analysis carried out on genomic DNA from cells treated or not with sinefungin (50 μM) for 48 days. The numbers below the lanes indicate the average telomere length. Untreated and treated cell lines showed similar doubling times.

Consistent with this result, telomere restriction fragment (TRF) analysis showed an increase in telomere length in UMUC3 cells grown in the presence of 100 μM sinefungin for over 30 days (over 15 population doublings; Fig. 2B and Fig. S2A). Population doubling analysis showed that different concentrations of sinefungin do not result in significant toxic effects on UMUC3 cells in the first 10 days of treatment. However, during the long-term treatments, the growth rate decreased with increasing drug concentrations (Fig. S2A). We then performed telomeric repeat amplification (TRAP) assay in UMUC3 cells treated for 10 and 31 days with 50 μM sinefungin and found that telomerase activity was increased by 2- and 3-fold, respectively, compared to untreated cells (Fig. 2C). This increase is due to an augmented hTR dosage, as the hTERT levels were not significantly changed after 10 days of treatment with 50 μM sinefungin (Fig. S2B). These results indicate that the effect of chemical inhibition of TGS1 on the hTR level is comparable to that elicited by TGS1 mutations. Next, we compared the effects of sinefungin treatment in cells either proficient or deficient for TGS1. As previously reported [33], the TGS1 CRISPR M1 HeLa cell line carries CRISPR-induced mutations in TGS1 and has a 1.5-fold increase in hTR levels, compared to the control (CTR). Treatment with 100 μM sinefungin induced a 1.5-fold increase in hTR levels in control cells, but not in TGS1 CRISPR M1 mutant cells (Fig. 2D; compare untreated cells with sinefungin-treated cells), indicating that modulation of the hTR levels by sinefungin requires functional TGS1.

We finally tested the effects of sinefungin on HeLa cells carrying mutations in the PARN deadenylase-coding gene (PARN KO), one of the factors responsible for dyskeratosis congenita, pulmonary fibrosis, and/or bone marrow failure [42–44]. The PARN KO HeLa cells are characterized by shortened telomeres, owing to reduced levels of telomerase RNA [29] (Fig. 3A and B). After a 10-day treatment with sinefungin, the hTR levels were significantly increased in the PARN KO cells treated with 25–100 μM sinefungin, compared to mock-treated cells (Fig. 3B). A dose-dependent increase in hTR was evident also in control HeLa cells (Fig. 3B). We also evaluated the growth rates of CTRL and PARN KO cells in response to different doses of sinefungin (Fig. 3A,B). The cell viability of control or PARN KO cells was not strongly affected by sinefungin concentrations up to 50 μM, whereas 100 μM sinefungin induced a strong decrease in the growth rate of PARN KO cells (Fig. 3B) and a minor decrease in control cells (Fig. 3A).

In PARN KO cells, telomerase activity was reduced by 50%, compared to control cells (Fig. 3C and ref [29]). In response to treatment with 50 μM sinefungin for 13 days, telomerase activity was increased by 2.3 fold in PARN KO cells and by 1.6 fold in control cells (Fig. 3C), with no significant variation in hTERT levels (Fig. 3C). Furthermore, substantial telomere lengthening was observed after 46 days of treatment with 50 μM sinefungin of PARN KO cells (Fig. 3D). Overall, these results indicate that sinefungin-induced TGS1 inhibition results in higher hTR levels and increased telomerase activity.

Discussion

Our results clearly show that sinefungin inhibits the methyltransferase activity of TGS1, increases the hTR level, and promotes telomere elongation in both UMUC3 and HeLa cells, characterized by short and long telomeres, respectively. In addition, we demonstrated that sinefungin elongates the telomeres of cells bearing mutations in the PARN gene, which promotes hTR biogenesis and is responsible for DC and pulmonary fibrosis [42–44]. The increase in hTR observed in cells treated with sinefungin is caused by reduced activity of TGS1. We have previously shown that TGS1 downregulates the levels of hTR, likely by restricting hTR localization to Cajal bodies and preventing its export to the cytoplasm and degradation by RNA surveillance activities [33]. Similar to what has been observed in cells deficient for TGS1, also in cells treated with sinefungin, the surplus of hTR that escaped degradation could be assembled into functional telomerase, leading to telomere elongation.
Very recent work has shown that chemical inhibition (with the BCH001 and RG7834 dihydroquinolizinones) of PAPD5 increases the hTR levels and promotes telomere elongation in different cell types deficient for either PARN or DKC1 [31,32]. Thus, both sinefungin and the chemical inhibitors of PAPD5, by acting on different protein targets, promote telomere elongation in cells with reduced levels of hTR.

Chemical inhibitors of PAPD5 were also administered to mice bearing transplanted human hematopoietic cells with mutations in the PARN gene. Mice treated for 6 weeks with RG7834 supplied in drinking water displayed significant increases in hTR and telomere length in transplanted human cells, compared with the human cells grown in untreated mice. These experiments also showed RG7834 administration does not affect human hematopoietic cell engraftment and does not cause adverse effects to mice [31]. Our results lead us to believe that it would be worth performing similar experiments with sinefungin to determine whether this drug can restore the telomere length and hematopoietic potential of stem cells without major toxic effects to mice, as it does PAPD5 inhibition [32].

Sinefungin is a general inhibitor of SAM-dependent methyltransferases that has both antimicrobial [45] and antiviral properties [46,47]. Sinefungin suppresses the MTase activity of the nsp16 2′-O-RNA methyltransferase from SARS-COV-2, a finding that prompted the development of drug discovery screens for compounds that could be used to contain viral infection [48–52]. In addition, sinefungin is a potent inhibitor of different parasitic protozoa [53–57], and a candidate therapeutic agent for treatment of CBS-deficient homocystinuria [58] and renal fibrosis [59]. These multiple therapeutic properties of sinefungin stimulated searches for its chemical analogs, so as to devise tailored treatments with optimized efficiency and tolerability [60–68]. Some of these compounds could now be tested on cells and animal models bearing mutations in TBD genes to identify the most suitable candidates for therapy of different short telomere diseases.

In summary, our finding that sinefungin inhibits TGS1 activity and promotes telomere elongation in human cells offers a new opportunity to upregulate telomere length in cells with pathologically short telomeres. Given the genetic heterogeneity of TBDs [16], it is also possible to envisage specific or combined uses of sinefungin and PAPD5 inhibitors for precision treatments of different short telomere conditions, depending on the underlying molecular defect leading to telomere shortening.

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**Conflict of interest**

GDR, SC, and SS are named as inventors on patent applications relating to chemically inhibiting TGS1 in telomere diseases.

**Data accessibility**

The data that support the finding of this study are available in the figures and the supplementary material of this article.

**Author contributions**

AG, SEA, MG, SC, and GDR conceptualization; AGEM, LC, CMR, SC, and GDR data curation; SS, SEA, MG, SC, and GDR formal analysis; AG, EM, FB, AC, PM, LS, LC, CMR, SC, and GDR investigation; MG, SC, and GDR writing original draft; AG, EM, FB, AC, PM, LS, LC, CMR, SS, SEA, MG, SC, and GDR writing-review and editing; SS, MG, SC, and GDR supervision.

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W. Vulliamy, A. Marrone, F. Goldman, A. Dearlove

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Supporting information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Fig. S1. hTR levels determined by RT-qPCR in the indicated human cell types. Bars represent fold change of hTR levels from three biological replicates, relative to the HeLa cell line and normalized to GAPDH. Error bars, SEM; the P values were determined by one-way ANOVA.

Fig. S2. (A) Population doubling of UMUC3 cells treated with the indicated concentrations of sinefungin from 2 biological replicates. Graph shows means with standard error. (B) hTERT levels determined by RT-qPCR in UMUC3 cells treated or not with 50 μM sinefungin. Bars represent fold change of hTR levels from three biological replicates, relative to the untreated cell line and normalized to GAPDH. Error bars, SEM; no significant changes in hTERT abundance were observed in sinefungin treated cells; P value determined by Student’s T test.

Fig. S3. (A, B) Population doubling of control and PARN KO cells treated with the indicated concentrations of sinefungin from 2 biological replicates. Graphs show means with standard error. (C) RT-qPCR measurements of hTERT levels in control and PARN KO cell lines treated or not with 50 μM sinefungin. Bars represent fold change of hTR levels from three biological replicates, normalized to untreated cells and relative to GAPDH. Error bar, SEM; the P values were nonsignificant and were determined by the Student’s t test.