Morphological aspects of epididymal microscopy and rete testis in greater Rhea americana

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ABSTRACT: The purpose of this research was to study the histology and describe the microscopy findings of the epididymis epithelium of greater Rhea americana at three time periods: November 2005 (n=14), December 2006 (n=20), and May 2007 (n=20), to observe and compare the differences that occurred. We studied the epididymis from 54 rheas, bred in Santa Maria, Rio Grande do Sul, Brazil. The epididymis were collected during commercial slaughter and fixed in bouin. Optical microscopy was used to measure the cellular structure, types of cells, tubules, and stereological values like the epididymis epithelium diameters, lumen, thickness, and relative volume of the tissue structure. Additionally, electron microscopy was studied. In December 2006 and May 2007, the means of the epididymis tubular diameter were: 79.1 and 58.1 µm, epithelium thickness: 24.0 and 52.2 µm, and lumen diameter: 55.0 and 5.8 µm, respectively. Regarding the volumetric proportion, we reported the following values: epithelium volume 36.2 and 80.4%, lumen without spermatozoa 19.6 and 3.0%, lumen with spermatozoa 5.4 and 0.0%, interstitium 35.4 and 12.0%, blood vessels 3.5 and 4.6%, structures in cellular superficies 1.4 and 0.3%, and artifacts 0.3 and 1.3%, respectively. The epididymis ducts had a circular form in transverse sections with spermatozoon only in May 2006 and December 2007. The Rhea's epididymis morphology was found to be similar to ostriches, roosters, and Japanese quail.

Key words: epididymis diameter; epididymis tubule; ratites; birds reproduction; seasonality; volumetric proportion.

INTRODUCTION

Epididymal morphology knowledge helps in understanding the reproduction of a determined species and spermatozoid maturity. The epididymis has not been studied in the Greater Rhea. Differences between the epididymis of Galliformes and Anseriformes have been reported (BAKST, 1980),
demonstrating that the epididymis is not the same in all bird species. Many authors have affirmed that, in domestic birds such as roosters, ducks, quail, and ostriches, the epididymides had some similarities. However, there were also some differences, for instance, cellular types that form in the epididymal duct (TINGARI, 1971; BUDRAS & SAUER, 1975; HESS et al., 1976; HESS & THURSTON, 1977; AIRE, 1979; AIRE et al., 1979; AIRE, 1980; BUDRAS AND MEIER, 1981; AIRE, 1982a; AIRE, 1982b). As yet, the epididymis of the *Rhea americana* has not yet been studied with microscopic morphology. This research aimed to study the morphology and describe the microscopy findings of the Greater Rhea’s epididymis at three distinct periods of the year. We intend to provide reference subsidies for other researches, assisting in the understanding of spermatozoid maturation and its relationship to the fertility of the *Rhea americana*.

**MATERIALS AND METHODS**

**Location and animals**

Fifty-four sexually mature Greater Rheas, with an average age of 2.5 ± 0.5 years and an average bodyweight of 30.12 ±1.87 kg, derived from a commercial breeding ranch and slaughtered in a slaughterhouse credentialed by the Federal Inspection Service (SIF) were used. We made three collections, in November 2005 (n=14), December 2006 (n=20) and May 2007 (n=20). The climate data from when the samples were taken are presented in table 1. The animals came from a single breeding ranch located in the county of Santa Maria, Rio Grande do Sul, Brazil. Two defined seasons were observed (dry and cold; and wet and hot). Climate data can be reviewed in more detail in FRENEAU et al. (2016). All animals were subjected to equal handling and were fed commercial pelleted rations that contained the following: calcium (max.) 1.8%, etheral extract (min.) 2%, phosphorus (min.) 0.65%, fibrous material (max.) 12%, mineral material (max.) 16%, raw protein (min.) 16%, humidity (max.) 13%. The company possessed a Commercial Breeder License, IBAMA Registry n° 652515. IBAMA provided the Research License 058/2005 for this study.

**Collection, tissue preparation, light microscopy, and stereological parameters**

During commercial slaughter, samples from the cranial, medial, and caudal portions of the epididymides were collected. Samples were cut into cubic shapes about 1 cm³ in size, immersed in Bouin for 12 hours, washed in running water, and placed in 70° GL of alcohol. Then, they were transported to the laboratory and processed. Sections were dehydrated in serial alcohol, diafanized in serial xilol, embedded in paraffin, and sliced into 4 µm thick microtomes. The sections were stained in hematoxylin and eosin (LUNA, 1968). Sections from ten animals of each collection were also stained with Masson’s Trichrome so that the collagen fibers could be visualized. We identified the rete testis, proximal efferent tubules, distal efferent tubules, connecting tubules, and epididymal tubule, with its cellular types and structures in the cellular surface such as cilia and stereocilia. We measured the diameter of the epididymal tubule, luminal diameter, and epithelial thickness. These measurements were estimated from the averages of ten tubules from each section and five sections from each animal. Therefore, there were 50 measurements taken for each epididymis. The cranial, medial, and caudal portions were randomly distributed during mensuration in such a way that the five sections were selected at random. We utilized only circular shaped epididymal tubule parts. Tubular and luminal diameters and epithelial thickness were measured under a binocular microscope at 40x. This was done by tracing two lines, one vertical and one horizontal, forming a 90° angle as proposed

| Table 1 - Average, maximum, and minimum values of temperature, humidity and radiation during the collection periods. |
|--------------------------------------------------|------------------|-----------------|-----------------|------------------|------------------|
| Temperature (°C) | Humidity (%) | Radiation (KJ/m²) |
|------------------|------------------|------------------|
| avg | max | min | avg | max | min | avg | max | min |
| November 2005 | 21.8 | 28.6 | 15.6 | 76.0 | 78.5 | 73.5 | 1139.8 | 3715 | 0,0 |
| December 2006 | 25.1 | 31.2 | 19.5 | 74.3 | 79.5 | 73.1 | 1058.7 | 3802 | 0,0 |
| May 2007 | 14.7 | 19.7 | 9.3 | 54.0 | 57.1 | 52.0 | 658.1 | 2249 | 0,0 |

Source: Meteorological Station of Santa Maria – National Meteorology Institute (INMET).
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Weibel et al. (1966). Axio Vision® version 3.0.6 sp4 (Carl Zeiss, GmbH) was used for these measurements. The volumetric proportion of the epididymal structures accounted for the following observations: epithelium, lumen without and with spermatozoa inside, conjunctive tissues, blood vessels, structures of the cellular surface (cilia and stereocilia), and lamina propria. They were measured using the point-counting technique with the support of an eyepiece graticule with equidistant points Carl Zeiss KLP8x/18®, 400x, and percentage expressions. Some proportions consisted of the sum of structures, such as the volumetric proportion of the epididymal duct, which was the sum of the lumen, the epithelium and structures of the cellular surface, and the lamina propria. The interstitial tissue was the sum of the conjunctive tissue and blood vessels. The number of volumetric proportion measurements was made by counting 1000 points for each dish and recording the relative points of each studied item.

Transmission electron microscopy

In December 2006 and May 2007, samples were collected for electron microscopy. The testicles of two males from each of the seasonal timepoints were picked at random to be used. After the collection, the tissues were sliced in fragments about 1 mm³ in size and immersed in glutaraldehyde at 1% collection, the tissues were sliced in fragments about 1 mm³ in size and immersed in glutaraldehyde at 1% tamponade in sodium phosphate 0.1 M, pH 7.2 for 2h. After this, the fixative was discarded, the pieces were carefully washed with distilled water, post-fixed with 2% osmium tetroxide for 2h, washed again with distilled water, and then immersed in 70% alcohol and transported to the laboratory. Then, the sections underwent increasing series of alcohol and acetone included in Epon 812 resin. The blocks were transported to the laboratory, sliced in 0.5 µm ultramicrotomes, and then sliced into ultrathin sections, 60 nm thick and contrasted with 2% uranyl acetate and 2% lead citrate for 5 minutes. Then, they were analyzed using a Carl Zeiss transmission electron microscope. Photographs were taken and revealed through traditional techniques.

Statistical analysis

We calculated the mean and standard deviations of the microscopic epididymal measurements (tubular diameter, epithelial height, and luminal diameter) from the three collections, as well as the measurements of the studied volumetric proportion (epithelium, lumen without spermatozoa, lumen with spermatozoa, conjunctive tissue, blood vessels, structures of the cellular surface, lamina propria, technique artifacts, epididymal tubule, and interstitial tissue). The means obtained from the collections were compared through a variance analysis (Tukey, P < 0.05). We utilized the procedures, Proc Means, and Proc GLM from the SAS statistical package (SAS, 1997).

RESULTS AND DISCUSSION

The epididymis of the Rhea americana is formed posteriorly to the rete testis, the proximal efferent ducts, the distal efferent ducts, the connecting ducts, and the epididymal ducts (Figure 1).

The seminiferous tubules lead directly to the rete testis, and the proximal efferent ducts connect the rete testis and the epididymal duct. In the transition between the rete testis and the epididymis, we observed that areas are mainly separated by fibrous connective tissue and collagen fibers (Figure 2). Macroscopically, some ducts of the rete testis are present inside the tunica albuginea, next to the testicle, and others are present in the extra-testicular region, next to the epididymis. Most of the rete testis were observed in the portion next to the epididymis, which has many ducts longitudinally connected, forming eisterns that are linked to the efferent tubules, between the ducts. There was a large amount of conjunctive tissue with collagen fibers that were longitudinal (Figure 2).

The epithelium of the rete testis presented with a cuboidal shape and pseudo-stratification with nonciliated cells (Figure 3). Its cells were also well visible, compared to other studies, such as in ducks (Aire, 1982). The literature also mentioned that the epithelium of the rete testis is pseudostratified in most birds; although, in ostriches, it is a simple epithelium (AIRE & SOLEY, 2003). In this regard, the Greater Rhea is similar to most birds.

The proximal efferent ducts possess a simple cuboidal epithelium, with ciliated and nonciliated cells (Figure 4). These tubules have cells with elongated nuclei in the horizontal plane, occupying the basal portion of the cytoplasm (Figure 4). The apical surfaces of nonciliated cells presented an amorphous substance.

The structure of the luminal surface of the efferent ducts had a high concentration of cilia. These are related to the transportation and reabsorption of fluids, in which the spermatozoa are suspended. This was also reported by AIRE & SOLEY (2001) in ostriches. According to Clulow & Jones (1982, 1988), approximately 86% of the fluid that enters the epididymis proceeding the testicle would be reabsorbed in the proximal efferent ducts of quail. The
structure of these ducts in the Greater Rhea is similar to quail, with many ciliated cells, and nonciliated cells among them. AIRE (1982a, 1982b) asserts that these cells are responsible for the reabsorption of luminal fluids, and named them “Type I” cells. In the Rhea americana, the proximal efferent ducts possessed ciliated and non ciliated cells.

The distal efferent ducts had a pseudostratified epithelium with cilia (Figures 5, 6, and 7). The sections of these ducts exhibited a
more homogenous epithelial structure than in the proximal efferent ducts. This epithelium consisted of cellular pseudo-stratification with the predominance of ciliated cells. We observed the accumulation of spermatozoa in its lumen (Figure 5).

An amorphous substance was encountered in the cellular surface of the efferent ducts, especially in the nonciliated cells (Figure 5). This was also reported by BAKST (1980), in chickens and turkeys, and by TINGARI (1971) in a transmission electron micrograph.
microscopy study of roosters and turkeys. However, AIRE et al. (1979) and AIRE (1979, 1980), considered these apical structures as cellular distortions and fixation technique artifacts. The epididymal duct possesses a pseudostratified epithelium with ciliated (stereocilia) and nonciliated cells (Figure 6).

The epididymal duct was composed of the epithelium with pseudostratified column cells and stereocilia (Figure 8). There were also non ciliated cells, but in low numbers and the cilia were less dense than the ones encountered in the distal efferent ducts (Figure 5).
The adopted nomenclature for the epididymal duct and its cells in the Greater Rhea has been proposed by Budras & Sauer (1975), Aire et al. (1979), Aire (1982a, b), and Aire & Soley (2001). After studying domestic roosters and turkeys, Bakst (1980), could not describe the structures of the cellular surface of the epididymal tubule. In the studies mentioned, vascular perfusion was used as the fixation method. This is different from the current study (immersion), which may explain the

Figure 7 - Photomicrograph of the epididymal ducts of the Greater Rhea during sexual repose. Notice that the lumen is very narrow (asterisks). Cells present clear and round nuclei and condensed chromatin (arrows idem 1. HE 400x.

Figure 8 - Electrophotomicrograph of elongated spermatids (al) from Rhea Americana, observe the elongation and compacting of the nucleus (arrow). Santa Maria / RS, December 2006. 3000 x.
differences observed. AIRE & SOLEY (2000) also opted for immersion during a study of ostriches and managed to observe the cells of the rete testis and the apical cellular structures of the epididymal duct.

Using optical microscopy to compare the sections from the spring-summer (November 2005 and December 2006; Figures 5 and 8) to the sections from autumn-winter (MAY 2007; Figure 7), vast qualitative morphological differences were observed. In May 2007, there was no presence of cellular activity, the epididymal ducts had almost no or very narrow lumen, and there were no spermatozoa.

Notably, it was impossible to differentiate between duct types. As previously described, the epithelium, presented with a single pattern, stratification, clear and round nuclei, and condensed chromatin. There were no structures in the apical cellular region, cilia, and stereocilia. In the May 2007 collection, the conjunctive tissue appeared to be thicker (Figure 9). Data regarding the epididymal tubule measurements from the three collections are presented in table 2.

Larger epididymal ducts with thicker epitheliums and evident lumen (<0.05) were observed in the November and December collections as compared to May (Table 2). This demonstrated reproductive seasonality in Greater Rhea under the conditions researched. LEITE & CODENOTTI (2005) reported that in the Rio Grande do Sul, the reproductive period of Greater Rhea, happens in spring and summer. Sexual hormones in both sexes were reported in two different seasons (VALDEZ et al. 2014). These reports are in agreement with the 2005 and 2006 collections. Contrastingly, the May 2007 collection was characterized as sexual repose.

The luminal diameters of the tubules in the samples from November 2005 and December 2006 measured 56.3 and 55 µm, respectively. In a study about microscopic epididymal structure in domestic roosters, TINGARI (1971) reported that the luminal diameter of the epididymal duct varied between 100 and 500 µm, which are well above the values encountered in Greater Rhea. No reference values were found for ostriches and emu in the literature. In Greater Rhea, we observed that epithelial height in the November 2005 and December 2006 collections measured 24.6 and 24.0 µm, respectively. In the rooster, these values were between 10 and 26 µm, showing the similarities between the two birds. STEFANINI et al. (2000) reported that the tubular diameter, luminal diameter, and epithelial height of domestic doves (*Columba livia*) were 197.62 µm,
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147.49 µm, and 25.16 µm, respectively. The epithelial height was similar to the Greater Rhea with the other values being larger.

Data regarding the volumetric proportions of the three collections are displayed in Table 3. In the May 2007 collection, the volumetric proportions of the epididymal tubule increased (P<0.05, Table 3), and the luminal ones decreased (P<0.05). No spermatozoa were encountered in the lumen during this period.

In the May 2007 collection, there was little lumen present in the sections. However, the epithelial height was proportionally larger due to the diminished lumen (Tables 2 and 3). AIRE (2007) asserted that the volumetric proportion of the conjunctive tissue and the blood vessels in ostriches epididymis during sexual activity and repose were 58.2 and 1.8 µm, respectively. These values are similar to those seen in the current study with Greater Rhea. During the collections of November 2005 and December 2006, the Greater Rheas underwent a period of sexual activity, the data from the authors discussed above were also from animals during sexual activity.

Observing the elongated spermatids in transmission electron microscopy, it was noticed that during the formation of the spermatozoid, the genetic material compacted into a large and electron-dense chromatin granule form, with the nucleus assuming a cylindrical shape that was narrow and long (Figure 8). It was also noticed in the extremity of the genetic

| Measurements (µ)                  | November 2005       | December 2006       | May 2007       |
|----------------------------------|---------------------|---------------------|----------------|
| Vertical duct diameter           | 89.8±23.1 a         | 83.8±9.6 a          | 62.5±4.8 b     |
| Horizontal duct diameter         | 72.0±16.8 a         | 74.4±8.1 a          | 53.6±8.5 b     |
| Duct diameter                    | 80.9±20.0 a         | 79.1±8.8 a          | 58.1±6.6 b     |
| Vertical luminal diameter        | 61.9±17.3 a         | 58.5±8.4 a          | 5.5±0.1 b      |
| Horizontal luminal diameter      | 50.6±13.6 a         | 51.6±8.6 a          | 6.1±0.3 b      |
| Luminal diameter                 | 56.3±15.0 a         | 55.0±8.5 a          | 5.8±0.2 b      |
| Vertical epithelial height       | 27.8±7.3 b          | 25.3±6.2 b          | 57.4±7.4 a     |
| Horizontal epithelial height     | 21.3±6.0 b          | 22.8±5.5 b          | 47.4±5.6 a     |
| Epithelial height                | 24.6±6.1 b          | 24.0±5.0 b          | 52.2±5.6 a     |

Different letters in the same line indicate statistical difference P<0.05 (Tukey).

| Volumetric Proportion (%)         | November 2005       | December 2006       | May 2007       |
|----------------------------------|---------------------|---------------------|----------------|
| Epididymal epithelium            | 33.6±6.6 b          | 36.2±3.6 b          | 80.3±1.9 a     |
| Lumen without spermatozoid       | 23.5±7.9 a          | 19.6±4.9 b          | 3.0±0.0 c      |
| Lumen with spermatozoid          | 4.9±7.9 b           | 5.4±4.9 a           | 0.0±0.0        |
| Structures of the cellular surf. | 1.4±0.4 a           | 1.4±0.4 a           | 0.0±0.0        |
| Lamina propria                   | 0.5±0.4 c           | 1.4±0.7 b           | 3.2±0.7 a      |
| Epididymal duct                  | 64.0±6.9 b          | 64.1±3.6 b          | 86.6±1.5 a     |
| Conjointive tissue               | 32.7±7.1 a          | 31.8±5.3 a          | 7.4±1.0 b      |
| Blood vessels                    | 2.8±0.5 c           | 3.5±0.8 b           | 4.5±0.8 a      |
| Interstitial tissue              | 35.5±7.1 a          | 35.4±5.0 a          | 12.0±0.8 b     |
| Artifacts                        | 0.3±0.4 b           | 0.3±0.4 b           | 1.3±1.0 a      |

Different letters in the same line indicate statistical difference P<0.05 (Tukey).
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There were no difficulties in fixating and staining the histological sections of the Greater Rhea. Some authors have mentioned difficulties in the fixation of sections from quail, roosters and helmeted guinea fowl (AIRE, 1982a; AIRE, 1982b; 1980, 1979; AIRE et al., 1979; BUDRAS & SAUER, 1975; GUNAWARDANA & SCOTT, 1977; HESS et al., 1976; HESS & THURSTON, 1976; LAKE, 1971; MIKAMI et al., 1988; NAGANO, 1962).

Microscopic epididymal measurements (duct diameters, epithelial height, luminal diameter) of the Greater Rhea and volumetric proportion measurements (epithelium, lumen without spermatozoa, lumen with spermatozoa, conjunctive tissue, blood vessels, structures of the cellular surface, cilia, stereocilia, lamina propria, epididymal duct, and interstice) were observed and displayed larger dimensions during the spring, demonstrating sexual activity. The luminal surface contained different structures that began in the *Rete testis*, passed through the proximal and distal efferent ducts, and reached the connecting and epididymal ducts.

We presented epididymal characteristics of the Greater Rhea. The transition between the periods of sexual activity and repose was the most apparent in the epididymal epithelium. During the sexual activity period, the epithelium was exuberant and showed noticeable signs of activity. During the repose period, it was not possible to differentiate between cellular types, and whenever the lumen was not diminished, its opening was insignificant.

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AUTHORS’ CONTRIBUTIONS

All authors contributed equally for the conception and writing of the manuscript. All authors critically revised the manuscript and approved of the final version.

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