Early Clinical Experience With AZD4831, A Novel Myeloperoxidase Inhibitor, Developed for Patients With Heart Failure With Preserved Ejection Fraction

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We evaluated safety, tolerability, pharmacokinetics (PKs), and pharmacodynamics of AZD4831, a novel oral myeloperoxidase (MPO) inhibitor, in a randomized, single-blind, placebo-controlled study, following once-daily multiple ascending dosing to steady-state in healthy subjects. Target engagement was measured as specific MPO activity in plasma following ex vivo zymosan stimulation of whole blood. Except for generalized maculopapular rash in 4 of 13 subjects receiving the 2 highest doses, 15 and 45 mg AZD4831, no clinically relevant safety and tolerability findings were observed. AZD4831 was rapidly absorbed and plasma concentrations declined slowly with an elimination half-life of ~60 hours. A dose/concentration-effect relationship between MPO inhibition vs. AZD4831 exposure was established with >50% MPO inhibition in plasma at concentrations in the low nanomolar range. Steady-state levels were achieved within 10 days. Taken together, the PK profile, the sustained dose/concentration-dependent MPO inhibition, and available clinical data support further clinical development of AZD4831 in patients with heart failure with preserved ejection fraction.

Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?
✔ Myeloperoxidase (MPO) is reported to play a role in atherogenesis in humans and MPO plasma levels predict outcome of cardiovascular disease. In patients with chronic heart failure (HF), elevated plasma MPO levels are associated with more advanced HF. Additionally, elevated plasma MPO levels within an HF subject seem to be predictive of increased adverse clinical outcomes.

WHAT QUESTION DID THIS STUDY ADDRESS?
✔ This was the first once-daily multiple ascending dosing study of the MPO inhibitor AZD4831 in healthy subjects to explore safety, tolerability, pharmacokinetics, and pharmacodynamics at steady-state conditions.

WHAT DOES THIS STUDY ADD TO OUR KNOWLEDGE?
✔ AZD4831 has a long half-life consistent with once daily dosing. Except for incidence of generalized maculopapular rash at the highest doses, no clinically relevant safety and tolerability findings were observed.

HOW MIGHT THIS CHANGE CLINICAL PHARMACOLOGY OR TRANSLATIONAL SCIENCE?
✔ Target engagement was established and a dose/concentration-effect relationship between MPO inhibition vs. AZD4831 exposure was observed with half-maximal inhibitory concentration values in the lower nanomolar range. The study showed that AZD4831 is a suitable drug candidate for further evaluation in patients with heart failure with preserved ejection fraction.

Cardiovascular disease (CVD) remains the major cause of death in the industrialized countries, despite significant advancement in clinical cardiology during the past 2 decades. Beyond optimal control of traditional risk factors, such as lipids, blood pressure, and glucose, targeting novel molecular pathways may further improve outcome in high-risk patients with CVD by exerting direct beneficial effects on macrovascular and microvascular structure and function.

Recently, the PROMIS study in heart failure with preserved ejection fraction (HFpEF) was reported and provided evidence that coronary microvascular dysfunction is highly prevalent in patients with HFpEF and that it correlates with several key features in this patient population, including...
disease severity, systemic endothelial dysfunction, as well as diastolic dysfunction. To date, no or limited pharmacological therapies are available for treatment of patients with HFrEF and a novel pharmacological intervention improving both macrovascular and microvascular status in these patients would be beneficial.

Myeloperoxidase (MPO) is mainly present in granules of neutrophils, constituting 5% of the dry weight of the cells. In addition to neutrophils, there are also data suggesting the presence of MPO in monocytes and macrophages. MPO generates reactive chlorinating species, such as hypochlorous acid, the active component of bleach, which possesses potent bactericidal and viricidal activities and reacts with electron-rich moieties of a large range of biomolecules. These actions mainly occur in the phagolysosome, but also in the extracellular compartment, as MPO can be released following neutrophil degranulation.

Multiple lines of evidence suggest that MPO may play a role in atherogenesis in humans and MPO plasma levels predict outcome of CVD. In chronic heart failure (HF), elevated plasma MPO levels are associated with more advanced disease. Additionally, elevated plasma MPO levels within an HF subject seem to be predictive of increased adverse clinical outcomes. In addition, individuals with inherited low MPO activity are protected from leukocyte activation-induced deterioration of vascular function. Direct MPO administration in anesthetized pigs increased the tone of conductance and resistance vessels and adversely affected myocardial blood flow, thereby strengthening the concept that MPO indeed acts as a modulator of vascular tone in vivo and identifying MPO as a systemic regulator of vasomotion in humans and thus a potential therapeutic target. Furthermore, the degree of MPO-deficiency was correlated to improved vascular function, such that 50% difference in MPO activity was associated with a 5% absolute difference in flow mediated dilatation. As published by Rudolph et al. in 2010, MPO is also involved in structural remodeling of the myocardium, leading to an increased vulnerability to atrial fibrillation. Overall, recent evidence suggests that MPO may provide a mechanistic link among inflammation, oxidative stress, vascular dysfunction, and impaired cardiac remodeling. Thus, it is hypothesized that an MPO inhibitor (MPOi) will improve both macrovascular and microvascular status in patients with CVD.

There is an offset between the MPOi concentration required to inhibit the MPO in the phagolysosome vs. that required to inhibit extracellular MPO activity. From a biological perspective, we hypothesize that it is the extracellular MPO activity that causes the pathological microvascular dysfunction observed in CVD, whereas the intragranular MPO plays a physiological role in host defense. AZD4831 is a novel, potent, and selective MPOi with an IC50 of 0.7 nM for human MPO. The pharmacokinetics (PKs), safety, and tolerability of AZD4831 in healthy volunteers was reported in vitro half-maximal inhibitory concentration of 0.7 nM for human MPO. The pharmacokinetics (PKs), safety, and tolerability of AZD4831 in healthy volunteers was reported.

Starting dose, escalation, and dosing

The starting dose of 5 mg in cohort 1 was the same starting dose as previously evaluated in a SAD study and, although some accumulation was predicted following once-daily dosing to steady-state, exposures were predicted to be well below the highest doses/exposures explored in that study. A period of 10 days was deemed sufficient to reach steady-state conditions given the half-life of AZD4831 as determined in the SAD study. The subsequent dose levels were 15 and 45 mg of AZD4831 in cohorts 2 and 3, respectively, the condition being that the maximum dose escalation was not allowed to be higher than 3 times the previous dose level. Based on the emerging data on 45 mg, with 2 cases of generalized
maculopapular rash on 15 mg and an additional 3 cases on 45 mg (2 cases on active drug and 1 on placebo), it was decided to stop further dose escalation. Instead, an extra cohort was included and evaluated at 10 mg to obtain additional PK and pharmacodynamic measurements to further explore the dose/concentration-MPO inhibition relationship. In addition, study duration was increased to 14 days for the 10 mg cohort to evaluate the safety and tolerability at steady-state conditions for a longer period of time compared with the 10 days once-daily dosing of the 5, 15, and 45 mg AZD4831 cohorts.

Before frequent PK sampling (after the first and the last day of dosing) subjects fasted for 10 hours overnight before the morning dose of AZD4831. A total volume of 240 mL was administered, which included the volume of the oral suspension and water. Water (< 150 mL) was allowed up to 1 hour prior to each morning dose and could be resumed 1 hour after dosing. A meal was served 4 hours after the morning dose. On other study days during the once-daily repeated dosing, subjects fasted for 10 hours overnight prior to the morning dose and breakfast was delayed until 2 hours after dosing in order to reduce the overall fasting period for the subjects. Water was allowed up to 1 hour before and from 1 hour after the morning dose.

**Pharmacokinetic and Pharmacodynamic Assessments**

**Plasma pharmacokinetics of AZD4831 and 4ß-hydroxycholesterol measurements.** Blood samples were collected for plasma PK analyses predose and at 0.25, 0.5, 1, 1.5, 2, 3, 4, 6, 8, 12, and 24 hours postdose on the first and the last day of dosing. In addition, predose samples were collected before all doses and after the last dose samples were also collected at 36, 48, 96, 144, 240, and 336 hours post last dose. When dosed for 14 days, predose samples were only collected on study days 2, 3, 4, 6, 8, 10, 12, and 13. Blood samples for measurement of 4ß-hydroxycholesterol levels was collected before dosing on day 1 and before dosing on the last day. All samples were analyzed by Covance Laboratories Ltd. (Harrogate, UK).

AZD4831 and the stable labeled internal standard \([^{13}C_3, ^{15}N]AZD4831\) were extracted from plasma by liquid–liquid extraction and analyzed by liquid chromatography tandem mass spectrometry. This method was validated prior to sample analysis in the range 2–2,000 nM in plasma, using a 25 µL sample aliquot.10

Study samples were received in good condition and stored in a freezer set to maintain nominal −80°C and all samples were analyzed within the validated stability period. At a minimum, each analytical run included a calibration curve, a matrix blank, a control zero sample (matrix blank containing internal standard), a reagent blank, and duplicate QC samples at three concentrations within the calibration range (60, 1,000, and 16,000 nM). The results from the QC samples and calibration standards were evaluated and it was concluded that the method performed acceptably for this study. The inter-run accuracy for the study QC samples ranged from 98.7–104.4% and the inter-run precision was < 10.1%. In addition, incurred sample reproducibility analyses were performed during the study. Of the 29 samples reanalyzed, 27 (93.1%) were within 20% of the mean of the 2 values.

**Blood sampling for MPO activity assay and uric acid measurements.** Blood samples anticoagulated with K2EDTA were collected at day −1, at baseline, and at designated timepoints after dosing AZD4831 up to the final follow-up at 24 ± 2 days. To promote neutrophil degranulation and release of MPO, 4.5 mL blood was incubated with 125 µL of a 20 mg/mL zymosan (Sigma; cat #Z-4250) suspension prepared in 0.9% saline solution. After gentle mixing by inversion of tubes, blood samples were incubated for 30 ± 2 minutes in a shaking incubator set at 37°C with rotation between 80 and 120 rpm. Plasma was prepared by centrifugation at 1,500 g, 4°C for 10 minutes and carefully removed to a fresh collection tube without disturbing the cell layer. The 500 µL plasma was then transferred to separate collection tubes and stored at −80°C prior to measurement of MPO activity and concentration according to the method described by Russell et al.12

Serum samples for measurement of uric acid were collected predose, 2, 4, 6, 8, and 12 hours post first and last dose. In addition, predose day 2 to day 9 (to day 13 at 10 mg) and 24, 36, 48, 96, 144, 240, and 336 hours post last dose.

**Rationale for MPO assessment, and quantification of MPO activity and uric acid.** MPO concentration and activity were analyzed using 100 µL undiluted plasma samples in duplicate in a single plate assay according to the method described by Russell et al.12 MPO is a heme-
containing enzyme in which the iron is oxidized from the resting ferric state to an activated two-electron oxidized form by reacting with $\text{H}_2\text{O}_2$. AZD4831 acts as a substrate for this activated form, creating a covalent bond to the heme moiety, whereas it is not active on the resting, ferric state of the enzyme. A fraction of the released MPO, and the circulating MPO pool is not active and thus not targeted by AZD4831. When MPO activity is quantified ex vivo by activation with $\text{H}_2\text{O}_2$, this nonactive fraction will constitute a residual MPO activity. Target engagement quantification can be refined by limiting the fraction of nonactive MPO by activating whole blood with zymosan. The remaining fraction can be estimated by spiking the plasma samples with a supra optimal concentration of AZD4831.

To evaluate the effect of AZD4831 on level of MPO, specific activity, that is MPO activity divided by MPO concentration, was studied. Before comparisons were made, the mean of the specific activity for the spiked samples collected on day −1, and predose on day 1 was subtracted from all observations to enable observing full inhibition. This correction was done on an individual level. In the subsequent text, the term activity is used for specific activity.

All uric acid samples were analyzed with validated standard methods. The assay corrected MPO and uric acid data relative to baseline were explored graphically and plotted vs. exposure (MPO) and time (MPO and uric acid).

**Pharmacokinetic analysis.** Actual blood sampling time were used in all analysis and plasma concentration vs. time data of AZD4831 were analyzed by noncompartmental analysis with Phoenix WinNonlin (version 6.2). The maximum plasma concentration ($C_{\text{max}}$) and the time to reach this concentration ($T_{\text{max}}$), elimination half-life ($t_{1/2}$), and the total area under the plasma concentration time-curve (AUC) were estimated. The AUC was calculated by log-linear trapezoidal rule from time zero to the time for the last measurable concentration ($T_{\text{last}}$) plus the extrapolated residual area to infinity. The residual area after $T_{\text{last}}$ was calculated as $C_{\text{last, pred}}/\lambda_Z$, where $C_{\text{last, pred}}$ was the predicted concentration at $T_{\text{last}}$ and $\lambda_Z$ was the terminal rate constant determined by linear regression analysis of log transformed plasma concentration vs. time, using the last plasma concentrations from each subject. The $t_{1/2}$ was calculated as $\ln 2/\lambda_Z$. The apparent oral plasma clearance was estimated as dose/AUC and renal clearance as amount excreted unchanged divided by the corresponding AUC. Dose linearity was explored by fitting a power model to AUC and $C_{\text{max}}$ after the last dose, and time to steady-state was explored by visual inspection of the data.

**Statistical analysis**
The sample size was chosen to obtain reasonable evidence of safety and tolerability without exposing undue numbers of healthy subjects to the compound at this stage of clinical drug development. Previous experience from similar studies have shown that the sample size used was reasonable to accomplish the objectives of this study.
Table 1  Participant demographics (all subjects)

| Variable/category                  | Placebo (N = 8) | 5 mg AZD4831 (N = 8) | 15 mg AZD4831 (N = 8) | 45 mg AZD4831 (N = 5) | 10 mg AZD4831 (N = 8) | Total AZD4831 (N = 29) |
|-----------------------------------|-----------------|----------------------|----------------------|----------------------|----------------------|------------------------|
| Age, years                        |                 |                      |                      |                      |                      |                        |
| Median                            | 28.0            | 33.5                 | 34.5                 | 31.0                 | 30.5                 | 33.0                   |
| Min–Max                           | 23–40           | 29–47                | 25–41                | 27–35                | 23–50                | 23–50                  |
| Sex n (%)                         |                 |                      |                      |                      |                      |                        |
| Male                              | 8 (100)         | 8 (100)              | 8 (100)              | 5 (100)              | 8 (100)              | 29 (100)               |
| Race n (%)                        |                 |                      |                      |                      |                      |                        |
| White                             | 5 (62.5)        | 3 (37.5)             | 4 (50.0)             | 4 (80.0)             | 5 (62.5)             | 16 (55.2)              |
| Black or African American         | 2 (25.0)        | 4 (50.0)             | 3 (37.5)             | 0                    | 2 (25.0)             | 9 (31.0)               |
| Asian                             | 1 (12.5)        | 1 (12.5)             | 1 (12.5)             | 0                    | 0                    | 2 (6.9)                |
| Other                             | 0               | 0                    | 0                    | 1 (20.0)             | 1 (12.5)             | 2 (6.9)                |
| Ethnicity n (%)                   |                 |                      |                      |                      |                      |                        |
| Hispanic or Latino                | 3 (37.5)        | 3 (37.5)             | 1 (12.5)             | 1 (20.0)             | 1 (12.5)             | 6 (20.7)               |
| Not Hispanic or Latino            | 5 (62.5)        | 5 (62.5)             | 7 (87.5)             | 4 (80.0)             | 7 (87.5)             | 23 (79.3)              |
| Height, cm                        |                 |                      |                      |                      |                      |                        |
| Median                            | 171.0           | 174.0                | 174.0                | 174.0                | 179.5                | 175.0                  |
| Min–Max                           | 164–185         | 168–187              | 165–186              | 168–179              | 165–187              | 165–187                |
| Weight, kg                        |                 |                      |                      |                      |                      |                        |
| Median                            | 72.05           | 79.25                | 78.40                | 73.00                | 82.15                | 77.10                  |
| Min–Max                           | 63.0–82.9       | 61.5–90.5            | 71.6–87.8            | 67.6–82.5            | 60.8–84.9            | 60.8–90.5              |
| BMI, kg/m²                        |                 |                      |                      |                      |                      |                        |
| Median                            | 24.10           | 26.20                | 25.20                | 24.00                | 25.25                | 25.30                  |
| Min–Max                           | 18.8–29.3       | 21.5–28.0            | 23.0–30.0            | 22.0–28.5            | 18.8–28.4            | 18.8–30.0              |

BMI, body mass index.

Table 2  AEs reported by two or more subjects

| AE category                  | Placebo (N = 8) | 5 mg AZD4831 (N = 8) | 10 mg AZD4831 (N = 8) | 15 mg AZD4831 (N = 8) | 45 mg AZD4831 (N = 5) | Total AZD4831 (N = 29) |
|------------------------------|-----------------|----------------------|----------------------|----------------------|----------------------|------------------------|
| Subjects with any AE         | 4 (50.0)        | 2 (25.0)             | 3 (37.5)             | 3 (37.5)             | 2 (40.0)             | 10 (34.5)              |
| Contact dermatitis           | 0               | 0                    | 2 (25.0)             | 1 (12.5)             | 0                    | 3 (10.3)               |
| Generalized maculopapular rash| 1 (12.5)        | 0                    | 0                    | 2 (25.0)             | 2 (40.0)             | 4 (13.79)              |
| Headache                     | 2 (25.0)        | 1 (12.5)             | 1 (12.5)             | 0                    | 1 (20.0)             | 3 (10.3)               |
| Dry throat                   | 0               | 0                    | 0                    | 1 (12.5)             | 1 (20.0)             | 2 (6.9)                |

AE, adverse event.

Figure 1  Geometric mean + SD* for plasma concentration-time profiles by treatment following multiple ascending doses of AZD5718 (after first and last dose). Insert; first 6 hours after the last dose. *Geometric mean + SD is to be interpreted as exp(mean of log transformed values + SD of log transformed values).
MPO Inhibition and PK/PD Relationships of AZD4831
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MPO Inhibition and effect on uric acid
A dose-dependent target engagement, as assessed by measuring ex vivo zymosan stimulated inhibition of MPO activity, was observed (Figure 3a; where activity relative to baseline is shown). In the highest dose, an inhibition of above 80% was reached by the end of treatment. An exposure response was also evident (Figure 4).

No statistically significant effect on uric acid was observed for any of the doses (Figure 3b), although observed uric acid relative to baseline for the highest dose was below 100%.

DISCUSSION
In this phase I study, multiple oral doses of AZD4831 up to 45 mg dosed once daily for 10 or 14 days, was, except for reversible generalized maculopapular rash in 4 subjects, well-tolerated by healthy male volunteers, with no other safety or tolerability concerns identified.

After the first and the last dose, AZD4831 was rapidly absorbed followed by an apparent biphasic decline in plasma concentrations with t1/2 estimates ranging between 53 and 73 hours. Consistent with this long half-life steady-state, conditions were achieved within 10 days and approximate dose-proportional increases were observed in the dose range explored. Opposite to a report from another MPO inhibitor, there was no indication of auto induction or CYP3A4/A5 induction because C_{trough} levels remained constant following attainment of steady-state conditions and no significant change in 4β-hydroxycholesterol levels was detected. In addition, the higher potency of AZD4831 will reduce the risk for AZD4831 being a CYP3A4/A5-inducer at clinically relevant doses/exposures.

A phase II metabolite was detected using an exploratory bioanalysis method. It may be speculated that this metabolite contributes to the longer than expected half-life of AZD4831 based on scaling of in vitro data to man. Despite the above-mentioned metabolism, renal clearance of AZD4831 was high (> 30% of total apparent oral plasma clearance), consistent across the dose range evaluated and contributed to the overall elimination of AZD4831.

We observed a clear dose-response and exposure-response relationship toward MPO activity, but not toward uric acid. This is in contrast to the SAD study of AZD4831 and also in other clinical studies with MPO inhibitors, where reduction of serum uric acid has been reported. Uric acid is generated by oxidation of xanthine, a reaction that is enzymatically driven by xanthine oxidase, but can also be mediated by MPO (unpublished data). In the current study, no dose-dependent or exposure-dependent reduction of uric acid levels was observed. The reason for this discrepancy in relation to the SAD study of AZD4831 is not known but may relate to a difference of exposure.

### Table 3 Summary of the pharmacokinetic parameters (geometric mean and percentage of coefficient of variation, except for T_{max}, median (range)) following single and repeated once daily dosing of AZD4831 in healthy volunteers

| Parameter    | First day | Last day |
|--------------|-----------|----------|
|              | 5 mg (n = 8) | 10 mg (n = 8) | 15 mg (n = 8) | 45 mg (n = 5)* | 5 mg (n = 8) | 10 mg (n = 8) | 15 mg (n = 8) |
| AUC_{τ}, hour·nM | 206.1 (17.0) | 438.1 (19.5) | 660.8 (11.1) | 2,381* (9.7) | 655.5 (19.6) | 1,450 (24.7) | 2,208 (18.7) |
| C_{max}, nM    | 16.5 (17.7)  | 48.9 (24.7)  | 66.2 (37.1)  | 236.2 (52.7) | 37.3 (19.1)  | 93.0 (21.0)  | 145.7 (19.7) |
| t_{1/2, λz}, hour | NE        | NE        | NE        | NE         | 53.3 (16.4)  | 72.6 (14.6)  | 71.8 (10.1)  |
| CL/F, L/hour  | NE        | NE        | NE        | NE         | 22.8 (19.6)  | 20.6 (24.7)  | 20.3 (18.7)  |
| T_{max}, hour | 1.0 (0.2-2.0) | 1.0 (0.4-1.5) | 1.0 (0.2-1.5) | 0.6 (0.5-3.0) | 1.8 (0.5-4.0) | 1.0 (0.5-4.0) | 1.0 (0.5-3.0) |
| CLR, L/hour   | 11.3 (27.7)  | 11.8 (45.6)  | 13.6 (20.2)  | 13.4 (23.4)  | 11.1 (19.2)  | 10.5 (33.3)  | 10.7 (12.5)  |

AUC, area under the concentration-time curve; CL/F, oral plasma clearance; CLR, renal clearance; C_{max}, peak plasma concentration; NE, not estimated; t_{1/2, λz}, terminal half-life; T_{max}, time of maximum plasma concentration.

* n = 4. One subject withdrew informed consent prior to 24 hours measurement.
levels explored, supported by the trend for a reduction of uric acid in the highest dose group in the current study. However, a 50% reduction in MPO activity, as shown in the present study, has been reported to result in clinically relevant improvement in flow mediated dilatation. This level of inhibition was seen at steady-state already at the lowest dose evaluated, 5 mg. In addition, the 15 mg dose yielded, on average, >80% inhibition of MPO activity suggesting potential for therapeutic doses/exposures in the low mg/nM ranges.

Figure 3 Geometric mean + SD* of spike corrected zymosan stimulated myeloperoxidase (MPO) activity relative to baseline (a) and of uric acid relative to baseline (b). *Geometric mean + SD is to be interpreted as exp(mean of log transformed values + SD of log transformed values).

Figure 4 Spike corrected zymosan stimulated myeloperoxidase (MPO) activity relative to baseline vs. trough concentration. MPO values for placebo subjects included at an arbitrary position.
Taken together, generated data including the PKs and the dose/concentration-effect relationship between MPO inhibition vs. AZD4831 exposure support continued clinical development and the ongoing studies in patients with HFrEF. There are currently two ongoing patient studies with AZD4831 where one is aiming at assessing the acute effect on hemodynamics, exercise capacity, and endothelial function after a single dose of AZD4831 (NCT03611153) and where the other will determine the effect on coronary flow velocity reserve following 3-month treatments with AZD4831 (NCT03756285).

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Conflicts of Interest. K.N., M.L.-F, C.A, E.M, M.H, M.K, M.R, E.-L.L, C.W, L.-M.G, and H.E are all employees of AstraZeneca. D.H. is employed at Parexel. AstraZeneca provided funding to Parexel for the conduct of this study.

Author Contributions. K.N., E.M., M.H., C.W., and H.E wrote the manuscript. K.N., M.L.-F, C.A, E.M., M.H., M.K, M.R, D.H., E.-L.L, C.W., L.-M.G, and H.E designed and performed the research. K.N., M.L.-F, C.A, E.M., M.K, M.R, D.H., E.-L.L, C.W., L.-M.G, and H.E analyzed data. M.H., M.R, and C.W contributed new reagents/analytical tools.

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