Epidemiology and Risk Factors for *Chlamydia trachomatis*, *Treponema pallidum*, Hepatitis B Virus and Hepatitis C Virus in the Marajó Archipelago, Brazilian Amazon

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**Abstract**

**Background:** The dynamics of hepatitis B virus, hepatitis C virus, *Treponema pallidum* and *Chlamydia trachomatis* infections were investigated in four municipalities of the Marajó Archipelago.

**Methods:** Epidemiological characteristics and detection of specific antibodies were investigated in 1,208 resident persons. Persistence was defined by the presence of HBsAg and viral RNA.

**Results:** Prevalence of antibodies was 30.9% (*C. trachomatis*), 8.9% (*T. pallidum*), 12.4% (anti-HBc/IgG) and 1.3% (anti-hepatitis C virus). Vaccination coverage for hepatitis B virus was 19.8%. *C. trachomatis* infection was significantly associated among women, 28 to 37 years old. *T. pallidum* was significantly associated with older age (>68 years), being separated or widowed and illiterate persons. hepatitis B virus was significantly associated with males, 48 to 57 years old and those with low educational level. Consumption of alcoholic beverages and use of illicit drugs were more likely to be infected with *C. trachomatis*. More than one sexual partner and absence of condoms during sexual intercourse were risk factors for *T. pallidum* infections.

**Discussion:** The transmission of infections will only be interrupted by the consistent application of measures including health education, routine examination, immediate treatment and recognition of risk factors associated with infections.

**Conclusion:** Severe infectious agents circulate in areas far from large urban centers where population have restricted access to healthcare providers.

**Keywords:** Epidemiology; Sexually transmitted infections; Risk factors; Brazilian amazon

**Introduction**

Over 200 million new Sexually Transmitted Infections (STI) caused by bacteria, including *Chlamydia trachomatis* and *Treponema pallidum*, occur every year, and 350 million people are consistently infected by the Hepatitis B (HBV) and C (HCV) viruses [1]. The treatment of these infections is costly and has a large impact on household income, in addition to compromising the quality of life of infected and sick individuals [2-4].

There are 19 serotypes of *C. trachomatis*, which present different tropisms and cause several diseases in humans including trachoma, urethritis and venereal lymphogranuloma, in addition to other severe consequences [5]. Infections are treatable with antibiotics, but low adherence to treatment and the high prevalence of the bacterium reinforces the need to implement routine screening [6]. The areas with the highest prevalence of infection include the Western Pacific (37.8 million cases) and the Americas (25.2 million cases) [7]. In the Brazilian Amazon, *Chlamydia* infection is common in various population groups, both urban and non-urban, and sexual transmission has been reported, including among native Indian communities [8,9].

Syphilis, caused by *T. pallidum* a disease with a broad spectrum of clinical manifestations, affects reproduction, growth and the sexual and social development of infected individuals [10-15]. The agent is sexually, congenitally and parenterally transmitted [16-18]. There are approximately 36.4 million adults with syphilis worldwide, with the highest prevalence (14.3 million) in Africa and the lowest (0.6 million) in Europe [7].

HBV causes disease that varies from acute to fulminant or chronic hepatitis and may result in cirrhosis and liver cancer [10-21]. Global differences in HBV prevalence by world region were seen because changes in demographic characteristics and hepatites B prevention and control programs [22]. Approximately 240 million people are chronically infected and that 2015 to 2030, over 20 million HBV-related deaths will occur [23]. The most endemic regions include the African continent and the Western Pacific region [24]. In Brazil, 212,031 cases of hepatitis B were confirmed from 1999 to 2016 as a result of sexual, congenital and parenteral transmission [25-27].

HCV causes mostly asymptomatic infections but also acute and chronic disease that can progress to cirrhosis and hepato-carcinoma
There are 130 to 150 million people chronically infected and no vaccine against HCV, but treatment and cure are possible [23]. High prevalences of antibodies against HCV (>3.5%) were found in East Asia, North Africa and the Middle East [32]. In Brazil, 189,389 cases of hepatitis C were reported from 1999 to 2016, 32.5% of the total cases of clinical hepatitis reported in the period [25]. Transmission of HCV occurs mainly by the parenteral route, [33] but sexual intercourse with an infected partner, multiple sexual partners, dental treatment, surgery, tattoos, use of injectable drugs and occupational accidents, are also associated with HCV infection [26,34,35].

The Marajó Archipelago, the largest river-sea island system in the world is located in the North of the Brazilian Amazon. The Archipelago shows a low socioeconomic level, low educational level and poor sanitary conditions that contribute to the spread of sexually transmitted infections. Information on various infections and diseases is scarce, which makes it difficult to develop public health policies aimed at disease prevention and control [36]. The Archipelago is far from large urban centers, resulting in social, political and economic isolation as well as poor access to healthcare providers, which may contribute to the disparities that affect these communities [37].

The present study aimed to describe the frequency, distribution and risk factors of C. trachomatis, T. pallidum, HBV and HCV infection in four communities of the Marajó Archipelago based on a serological study in order to determine the best way to develop policies for the prevention and control of infections that are primarily sexually transmitted.

Methods

Studied population and information gathering

A cross-sectional study was designed to estimate the prevalence and the frequency distribution of C. trachomatis, T. pallidum, HBV and HCV infection according to the demographic, social and behavioral variables of four populations within the Marajó Archipelago: Chaves (northern Marajó Island), Anajás (center of the island), São Sebastião da Boa Vista (SSBV, southeast) and Portel (continental area southwest of Marajó Island) (Figure 1).

Sample size was calculated considering the prevalence of the agents compared to that of Belem as reference considering that the prevalence on the island could be lower (unilateral test) or higher (bilateral test) than that in the municipalities. BioEstat version 5.339 for proportions (one sample), with test power of 0.90 and alpha level of 0.01, was used for sample size estimation, and 1,217 samples were chosen according to sex, age profile and the population of each municipality. The numbers of subjects per municipality were 225 (Chaves), 230 (Anajás), 250 (SSBV) and 482 (Portel).

The invited participants were briefed of the project’s goals, and those who agreed to participate signed an Informed Consent Form. Demographic, social and behavioral data, as well as a 10 ml. blood sample for laboratory tests, were collected. The study was submitted and approved by the Research Ethics Committee of the Center for Hemato-therapy and Hematology Foundation of Para (protocol number 0003.0.324.000-10).

Detection of antibodies and antigens: Plasma samples were subjected to ELISA assays for the detection of infection markers. The assays were performed according to the manufacturer’s recommendations. The presence of IgG antibodies against C. trachomatis was detected by the Serion ELISA Classic Chlamydia trachomatis IgG, Würzburg, Germany, and IgG-negative samples were tested for the presence of IgM antibodies using Serion ELISA Classic Chlamydia trachomatis IgM, Würzburg, Germany.

Detection of IgG and IgM antibodies against T. pallidum was performed using the ELISA, Symbiosys Diagnostica, São Paulo, Brazil. Positive samples were further tested using a qualitative RPR test (RPR BRÁS, Laborclin, Paraná, Brazil) followed by a quantitative assays of positive samples.

Anti-HBs, anti-HBc total and anti-HBc/IgM antibodies were detected using ELISA assays of Symbiosys Diagnostica, São Paulo, Brazil, and HBsAg used the Autobio Diagnostic, Zhengzhou, China. The prevalence of infection by HCV was assessed by the ELISA, Symbiosys Diagnostica, São Paulo, Brazil.

The results that were regarded as diagnostic information (anti-C. trachomatis/IgM; RPR; anti-HBc/IgM and HBsAg) were provided to the health care centers of the respective municipalities for patient care and treatment, when applicable.

HCV RNA detection: HCV persistence, was investigated in antibody positive plasma samples and tested for the presence of viral RNA using a multiplex real-time PCR kit for HIV-1 and HCV (NAT HIV/HCV Bio-Manguinhos/Fiocruz, Rio de Janeiro, Brazil) in a fully automated procedure according to the manufacturer’s recommendations.

Statistical analysis

Questionnaire information was stored in a database (Epi Info 7 software). Associations between the presence of antibodies and the participants’ demographic, social and behavioral characteristics were calculated using the chi-square test and the G-test. Multiple logistic regression analysis was used to investigate for variables that could be considered as risk factors for infection. A confidence interval of 95%
(CI 95%) was used for all analyses, and differences were considered significant at \( p \leq 0.05 \) [38].

Results

Demographic and social characteristics of the populations investigated are shown in Table 1. All municipalities included more women (77.7% on average) than men. Age ranged from 18 to 99 years, mostly 18 to 47 years old, and most of the subjects reported themselves as married (60.9% on average).

| Demographic/Social characteristics | CHAVES    | ANAJÁS   | SSBV     | PORTEL    | TOTAL    |
|-----------------------------------|-----------|-----------|----------|-----------|----------|
|                                   | n=255 (%) | n=230 (%) | n=250 (%)| n=482 (%) | n=1217 (%)|
| Sex                               |           |           |          |           |          |
| Female                            | 195 (78)  | 166 (72.2)| 187 (79.2)| 381 (79.4)| 929 (77.7)|
| Male                              | 55 (22)   | 64 (27.8) | 49 (20.8) | 99 (20.6) | 267 (22.3)|
| *NI                               | 5         | 0         | 14        | 2         | 21       |
| Age group                         |           |           |          |           |          |
| 18-27 years old                   | 64 (25.7) | 62 (28.2) | 52 (22.1) | 99 (20.9) | 277 (23.6)|
| 28-37 years old                   | 57 (22.9) | 42 (19.1) | 59 (25.1) | 141 (29.9) | 299 (25.4)|
| 38-47 years old                   | 50 (20.1) | 47 (21.4) | 49 (20.9) | 80 (16.9) | 226 (19.2)|
| 48-57 years old                   | 36 (14.5) | 30 (13.6) | 31 (13.2) | 62 (13.1) | 159 (13.5)|
| 58-67 years old                   | 23 (9.2)  | 19 (8.6)  | 23 (9.8)  | 54 (11.4) | 119 (10.1)|
| >68 years old                     | 19 (7.6)  | 20 (9.1)  | 21 (8.9)  | 36 (7.6)  | 96 (8.2) |
| *NI                               | 6         | 10        | 15        | 10        | 41       |
| Marital Status                    |           |           |          |           |          |
| Married                           | 137 (58.0)| 119 (57.5)| 142 (63.4)| 280 (62.8)| 678 (60.9)|
| Separated                         | 4 (1.7)   | 14 (6.8)  | 5 (2.2)   | 30 (6.7)  | 53 (4.7) |
| Single                            | 84 (35.6) | 58 (28.0) | 62 (27.7) | 105 (23.5) | 309 (27.8)|
| Widowed                           | 11 (4.7)  | 16 (7.7)  | 15 (6.7)  | 31 (7.0)  | 73 (6.6) |
| *NI                               | 19        | 23        | 26        | 36        | 104      |
| Educational level                 |           |           |          |           |          |
| Illiterate                        | 25 (10)   | 50 (23.4) | 23 (9.8)  | 89 (19.0) | 187 (16.0)|
| Literate                          | 14 (5.6)  | 11 (5.1)  | 42 (17.9) | 69 (14.8) | 136 (11.7)|
| Elementary school                 | 120 (48.1)| 95 (44.4) | 98 (41.7) | 165 (35.4) | 478 (41.1)|
| High school                       | 67 (26.9) | 44 (20.6) | 48 (20.4) | 99 (21.2) | 258 (22.2)|
| College degree                    | 23 (9.2)  | 14 (6.5)  | 24 (10.2) | 44 (9.4)  | 105 (9.0) |
| *NI                               | 6         | 16        | 15        | 16        | 53       |
| Household income (minimum wage)   |           |           |          |           |          |
| Less than 1 MW                    | 62 (25.2) | 88 (41.9) | 105 (47.2)| 98 (21.0) | 353 (31.1)|
| More than 1 MW                    | 175 (73.8)| 122 (58.1)| 117(52.8)| 367 (79.0)| 781 (68.9)|
| *NI                               | 18        | 20 (0)    | 28(0)     | 17        | 83       |
The highest and lowest educational levels were found in the municipalities of Chaves and Portel, in which 15.6% and 33.8% of the persons were considered as illiterate, respectively (“literate” indicating knowing how to write one’s name and having at least a low reading level). The frequency of participants who had completed elementary school (9 years of schooling) was 48.1% in the municipality of Chaves and 35.4% in the municipality of Portel. Completing high school and obtaining a college degree was similar among the four municipalities and ranged from 20.4% to 26.9% and from 6.5% to 10.2%, respectively. Chaves was the only municipality in which the frequency of illiterate persons (15.6%) was lower than the frequency of persons who finished high school (26.9%). The household income was less than one minimum wage for 31.1% of the subjects. In Chaves and Portel, it was more than one minimum wage in 73.8% and 79% of the cases, respectively; however, only 58.1% and 52.8% in Anajás and SSBV, respectively, received more than one minimum wage.

The prevalence of antibodies against *C. trachomatis* (IgM and IgG) in the municipalities was 30.9% (362/1173), and 6.7% (40/594) of the persons had IgM antibodies. Anajás showed the highest prevalence (38.2%; 86/225) (Figure 2), but similar to the other municipalities. The prevalence of antibodies against *T. pallidum* was 8.9% (103/1151); the highest and lowest prevalences were observed in Portel (15%; 69/462) and SSBV (3.6%; 8/221). *T. pallidum* recent infections were detected in 4.8% (5/103) distributed in Chaves (1.3%; 1/12), Anajás (7.1%; 1/14) and Portel (4.3%; 3/69).

The presence of anti-HBs alone, an indicative of vaccine immunity, was found in 19.8% (236/1190). Vaccination coverage by municipality was 22.4% (57/255) in Chaves, 17.8% (41/230) in Anajás, 10.6% (25/235) in SSBV, and 24% (113/470) in Portel. None of the samples were positive for the anti-HBc/IgM marker, but anti-HBc/IgG was present in 12.4% (118/954) of the persons. The highest and lowest prevalences were observed in Portel (18.5%; 66/357) and SSBV (3.3%; 7/210), respectively (Figure 2). Among the 118 positive persons for anti-HBc/IgG, 74 showed the presence of anti-HBs, and among the other 44 persons, nine (7.6%) presented the virus persistence marker, HBsAg, including four (0.42%) from Chaves, three (0.31%) from Anajás and two (0.21%) from Portel.

The prevalence of antibodies against HCV was 1.3% (16/1202); the municipalities with the highest and lowest prevalence were Anajás and Portel, with 2.7% (6/220) and 0.8% (4/482), respectively (Figure 2). HCV viral RNA was found in four subjects (25%; 4/16), two from Chaves and two from Portel.

Figure 3 shows the entrance dynamics of the infectious agents according to the cumulative positive percentage and the age groups. *C. trachomatis* is present in the communities among young adults (18-27 years old), increases its frequency in the following age group, maintains its prevalence levels and then slightly decreases among older persons. *T. pallidum* is present in the communities among young adults, and its prevalence gradually increases by more than 4-fold (2.2% to 9%) with the age increase. HBV presents similar behavior; however, it shows increases in prevalence from 8.6% to 12.3%, with the peak occurring in the 48-to-57-year-old group. He prevalence of HCV does not change as a function of age.

The association between the presence of antibodies and the demographic and social characteristics of the subjects is shown in Table 2. Residual analysis showed that *C. trachomatis* infection was significantly more frequent among women (p<0.0281) and among subjects 28 to 37 years old (p<0.0317). *T. pallidum* was significantly associated with the presence of antibodies and older age (>68 years old; p<0.0001), being separated or widowed (p<0.0001) and being illiterate (p<0.0078). Antibodies against HBV were associated with males (p=0.0029), with 48 to 57-year old (p=0.0206) and with persons with low educational levels (p=0.0157). No association was found with HCV infection.

The use of simple logistic regression (Table 3) showed that persons who consume alcoholic beverages are 1.5 times more likely to acquire *C. trachomatis* infection, and those who use illicit drugs are 2.1 times...
more likely to be infected. *T. pallidum* was associated with having more than one sexual partner and never using condoms during sexual intercourse increasing the odds of acquiring the infection by 1.8 and 1.6 fold, respectively. No association was detected for HBV and HCV.

| Demographic/Social characteristics | C. trachomatis Positive/n (%) | T. pallidum Positive/n (%) | HBV Positive/n (%) | HCV ** Positive/n (%) |
|-----------------------------------|-------------------------------|---------------------------|--------------------|-----------------------|
| **Sex**                           |                               |                           |                    |                       |
| Female                            | 292/897 (32.6)                | 78/877 (8.9)              | 76/725 (10.5)      | 11/919 (1.2)          |
| Male                              | 64/255 (25.1)                 | 23/255 (9.0)              | 40/218 (18.3)      | 5/263 (1.9)           |
| *NL*                              | 6/21                          | 2/19                      | 2/11               | 0/20                  |
| x2/G                              | 5.568                         | 0.004                     | 9.612              | 0.7005                |
| *p*                               | 0.0281                        | 0.9499                    | 0.0029             | 0.5801                |
| **Age group**                     |                               |                           |                    |                       |
| 18-27 years old                   | 87/268 (7.5)                  | 6/266 (0.5)               | 14/174 (1.5)       | 4/276 (0.3)           |
| 28-37 years old                   | 104/281 (9.3)                 | 23/289 (2.1)              | 24/241 (2.6)       | 4/297 (0.3)           |
| 38-47 years old                   | 67/219 (6.0)                  | 16/217 (1.4)              | 19/191 (2.0)       | 4/224 (0.3)           |
| 48-57 years old                   | 47/155 (4.2)                  | 17/151 (1.5)              | 24/136 (2.6)       | 0/156 (0)             |
| 58-67 years old                   | 27/115 (2.4)                  | 19/107 (1.7)              | 16/104 (1.7)       | 2/117 (0.2)           |
| >68 years old                     | 20/94 (1.8)                   | 19/84 (1.7)               | 17/86 (1.8)        | 2/92 (0.2)            |
| *NL*                              | 10/41                         | 3/37                      | 3/22               | 0/40                  |
| x2/G                              | 12.235                        | 45.946                    | 13.318             | 5.0451                |
| *p*                               | 0.0317                        | < 0.0001                  | 0.0206             | 0.4619                |
| **Marital Status**                |                               |                           |                    |                       |
| Married                           | 194/654 (18.1)                | 56/649 (5.3)              | 67/548 (7.6)       | 10/668 (0.9)          |
| Separated                         | 24/52 (2.2)                   | 10/52 (0.9)               | 5/43 (0.6)         | 1/53 (0.1)            |
| Single                            | 98/295 (9.1)                  | 15/291 (1.4)              | 27/225 (3.1)       | 3/308 (0.3)           |
| Widowed                           | 22/72 (2.0)                   | 13/65 (1.2)               | 10/65 (1.1)        | 0/71 (0)              |
| *NL*                              | 24/100                        | 9/94                      | 9/73               | 2/102                 |
| x2/G                              | 6.631                         | 21.831                    | 0.606              | 2.4485                |
| *p*                               | 0.0846                        | < 0.0001                  | 0.8952             | 0.55                  |
| **Educational level**             |                               |                           |                    |                       |
| Illiterate                        | 50/185 (4.5)                  | 26/174 (2.4)              | 33/170 (3.6)       | 2/185 (0.2)           |
| Literate                          | 44/134 (3.9)                  | 16/130 (1.4)              | 16/117 (1.7)       | 2/134 (0.2)           |
| Elementary school                 | 138/455 (12.3)                | 38/454 (3.4)              | 45/393 (4.8)       | 8/473 (0.7)           |
| High school                       | 80/245 (7.1)                  | 15/247 (1.4)              | 12/164 (1.3)       | 3/255 (0.3)           |
| College degree                    | 34/102 (3.0)                  | 5/99 (0.4)                | 9/82 (1.0)         | 1/104 (0.1)           |
| *NL*                              | 16/52                         | 3/47                      | 3/26               | 0/51                  |
| x2/G                              | 2.24                          | 13.844                    | 12.233             | 0.6882                |
| *p*                               | 0.6916                        | 0.0078                    | 0.0157             | 0.059                 |
Household income (minimum wage)

|                  | Less than 1 MW | More than 1 MW | *NI | x2/G | p     |
|------------------|----------------|----------------|-----|------|-------|
|                  |                |                |     |      |       |
|                  |                |                |     |      |       |
|                  |                |                |     |      |       |
|                  |                |                |     |      |       |

Note: *NI*: Not informed and not considered in the statistical analysis **G: G test

**Table 2:** Association between demographic and social characteristics and the presence of antibodies against *C. trachomatis, T. pallidum, HBV* and *HCV* in the Marajó Archipelago, state of Pará, Brazil.

| Risk behavior                         | *C. trachomatis* | *T. pallidum* | *HBV* | *HCV* |
|---------------------------------------|------------------|---------------|-------|-------|
|                                       | Positive/n (%)   | Positive/n (%)| Positive/n (%) | Positive/n (%) |
| Consumption of alcoholic beverages    |                  |               |       |       |
| No                                    | 134/517 (25.9)   | 40/505 (7.9)  | 68/482 (14.1) | 9/813 (1.4)  |
| Yes                                   | 210/594 (35.3)   | 59/592 (9.9)  | 69/489 (14.1) | 9/613 (1.4)  |
| p                                      | 0.001            | 0.237         | 0.127 | 0.625 |
| OR (CI)                                | 1.56 (1.20-2.02) | 1.28 (0.84-1.95) | 1.36 (0.91-2.03) | 1.29 (0.45-3.66) |
| Use of illicit drugs                   |                  |               |       |       |
| No                                    | 298/955 (31.2)   | 84/940 (8.9)  | 96/784 (12.2) | 12/981 (1.2) |
| Yes                                   | 19/39 (48.7)     | 5/39 (12.8)   | 5/35 (14.3)  | 1/40 (2.5)   |
| p                                      | 0.026            | 0.436         | 0.725 | 0.53  |
| OR (CI)                                | 2.09 (1.01-3.98) | 1.49 (0.57-3.93) | 1.19 (0.45-3.15) | 2.07 (0.26-16.32) |
| Sexual choice                          |                  |               |       |       |
| Heterosexual                           | 315/1015 (31)    | 89/1000 (8.9) | 102/834 (12.2) | 16/1042 (1.5) |
| Homosexual/Bisexual                    | 19/54 (35.1)     | 5/52 (9.6)    | 5/48 (10.4)  | 0/56  |
| p                                      | 0.526            | 0.861         | 0.703 | 0     |
| OR (CI)                                | 2.30 (0.67-2.14) | 1.08 (0.42-2.80) | 0.83 (0.32-2.15) | 0(0)* |
| One sexual partner                     |                  |               |       |       |
| No                                    | 80/234 (34.1)    | 31/229 (13.5) | 28/195 (14.3) | 5/243 (2.0) |
| Yes                                   | 251/835 (30.0)   | 66/823 (8.0)  | 81/687 (11.8) | 11/855 (1.28) |
| p                                      | 0.217            | 0.014         | 0.344 | 0.392 |
| OR (CI)                                | 1.20 (0.88-1.64) | 1.80 (1.14-2.84) | 1.26 (0.79-2.00) | 1.61 (0.55-4.70) |
| Sexual relations with sex workers      |                  |               |       |       |
| No                                    | 294/959 (30.6)   | 80/943 (8.5)  | 96/782 (12.3) | 14/988 (1.4) |
| Yes                                   | 22/68 (32.3)     | 10/70 (14.2)  | 10/58 (17.2)  | 2/70 (2.8)   |
| p                                      | 0.778            | 0.124         | 0.294 | 0.391 |
It is relevant to observe cultural factors associated with the population such as the presence of more women than men in the study. It reinforces the low demand for health services by males. The official census indicates the presence of more males than females in Marajo, [41] but behavioral and cultural barriers still prevent men from adopting self-care practices [42,43].

There was a large age group of sexually active persons who were initially taught to be more likely to have had sexual relations with more than one partner and more susceptible to be involved with STI. However, the study included more married subjects than single ones, a factor that could possibly influence the number of sexual partners as well as the degree of exposure to risk factors associated with sexual behavior.

One of the most striking characteristics was their low educational level, a main barrier to the progress and development of a community. Few of the study participants reported having formal education of at least nine years, a combination of low educational level and weak primary economic structure results in a population with a low purchasing power there are few regular transportation facilities.

The municipalities of Chaves, Anajás and SSBV are close to each other, which favours the movement of persons among them. Portel is the present study is the possible epicenter of the spread of infections to the other municipalities. Chaves is close to a critical nature of the epidemiological surveillance studies are useful to understand the impact of diseases on urban and non-urban communities to assess prevalence of infectious agents and their diseases and the changes occurring according to risk factors influenced by socioeconomic characteristics and educational level [39,40] The present study is the first joint approach intended to describe the epidemiology of Chlamydia trachomatis, T. pallidum, HBV and HCV infection within four municipalities of the Marajó Archipelago, North of the Brazilian Amazon.

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One of the most striking characteristics was their low educational level, a main barrier to the progress and development of a community. Few of the study participants reported having formal education of at least nine years, a qualification that would enable them to better jobs which are more complex or allow them to understand basic reading instructions and to learn infection prevention measures. There are few high schools in the Marajó Archipelago and fewer college-level institutions [41]. School facilities are precarious, and few are close to rural areas, which makes attending school unattractive with a high rate of student dropout [44,45]. The combination of low educational level and weak primary economic structure results in a population with a low income level; the Marajó Archipelago has one of the lowest income levels of the state of Pará and it is the region with the lowest level of access to agricultural loans in the state [46]. The critical nature of the economic situation in the region is that almost half of the households in SSBV receive less than the country’s minimum wage.

The municipalities of Chaves, Anajás and SSBV are close to each other, which favours the movement of persons among them. Portel is more distant from the other three and although the population has low purchasing power there are few regular transportation facilities. This geographical situation apparently influenced the prevalence rates of Chlamydia trachomatis, T. pallidum and HCV; they were higher in Anajás, a possible epicenter of the spread of infections to the other municipalities. The pattern appears to be different for HBV, and Chaves seems to be the center for the spreading. Chaves is close to a

### Table 3: Association between behavioral characteristics and the presence of antibodies against C. trachomatis, T. pallidum, HBV and HCV in the Marajó Archipelago, Brazilian Amazon.

| Bacterium/Risk behavior       | OR    | 95% CI     | P     |
|-------------------------------|-------|------------|-------|
| C. trachomatis                |       |            |       |
| Consumption of alcoholic beverage | 1.5631 | 1.2066-2.0248 | <0.001 |
| T. pallidum                   |       |            |       |
| More than one sexual partner  | 1.8507 | 1.1554-2.9643 | 0.013 |
| No use of condom              | 1.7596 | 1.1373-2.7222 | 0.011 |

*Statistical analysis not performed.

### Table 4: Multiple logistic regression of behavioral characteristics and the presence of antibodies against C. trachomatis and T. pallidum in the Marajó Archipelago, state of Pará, Brazil.

| OR (CI)                        | 95% CI     | P     |
|--------------------------------|------------|-------|
| Condom Use                     |            |       |
| Never                          | 1.08 (0.63-1.83) | 1.80 (0.88-3.65) | 1.48 (0.72-3.04) | 2.04 (0.45-9.17) |
| Always/sometimes               |            |       |
| No                             | 0.101 (0.017-0.302) | 0.89 |
| Yes                            | 0.80 (0.61-1.04) | 1.68 (1.09-2.59) | 1.23 (0.82-1.85) | 1.07 (0.38-2.98) |
| Previous case of STD           |            |       |
| No                             | 283/896 (31.9) | 75/969 (8.6) | 86/720 (11.9) | 8/911 (0.9) |
| Yes                            | 29/110 (26.3) | 15/114 (13.1) | 15/96 (15.6) | 3/116 (2.6) |
| p                              | 0.225 (0.127-0.318) | 0.143 |
| OR (CI)                        | 0.76 (0.48-1.19) | 1.60 (0.88-2.90) | 1.36 (0.75-2.47) | 2.99 (0.78-11.45) |

| Bacterium/Risk behavior | OR (CI) | 95% CI     | P     |
|-------------------------|---------|------------|-------|
| C. trachomatis          |         |            |       |
| Consumption of alcoholic beverage | 1.5631 | 1.2066-2.0248 | <0.001 |
| T. pallidum             |         |            |       |
| More than one sexual partner | 1.8507 | 1.1554-2.9643 | 0.013 |
| No use of condom        | 1.7596 | 1.1373-2.7222 | 0.011 |

*Statistical analysis not performed.

Discussion

Epidemiological surveillance studies are useful to understand the impact of diseases on urban and non-urban communities to assess prevalence of infectious agents and their diseases and the changes occurring according to risk factors influenced by socioeconomic characteristics and educational level [39,40]. The present study is the first joint approach intended to describe the epidemiology of Chlamydia trachomatis, T. pallidum, HBV and HCV infection within four municipalities of the Marajó Archipelago, North of the Brazilian Amazon.

The municipalities of Chaves, Anajás and SSBV are close to each other, which favours the movement of persons among them. Portel is more distant from the other three and although the population has low purchasing power there are few regular transportation facilities. This geographical situation apparently influenced the prevalence rates of Chlamydia trachomatis, T. pallidum and HCV; they were higher in Anajás, a possible epicenter of the spread of infections to the other municipalities. The pattern appears to be different for HBV, and Chaves seems to be the center for the spreading. Chaves is close to a
large urban area, the municipality of Macapá, capital of the state of Amapá, which may explain the greater frequency of HBV. Portel showed the highest frequency of C. trachomatis, T. pallidum and HBV infections, but not for HCV. It is the largest municipality and this may explain the highest prevalence of STI, but it does not explain the lowest HCV prevalence among the four municipalities.

The general prevalence of antibodies against C. trachomatis was similar to the previously reported for the Amazon region, both in urban and non-urban areas [8,9]. The presence of IgM antibodies shows the bacterium actively spreading within the communities.

The use of cumulative positive percentage of the prevalences according to the age allowed the understanding of the dynamics of transmission of the agents. C. trachomatis is already present at high levels in the first age group; its prevalence slightly increases in the older age groups but then decreases among the old population. The bacterium causes several clinical manifestations, including trachoma, a disease that is widespread in the Archipelago [47,48].

The association between C. trachomatis and women is relevant for the development of control measures regarding reproductive and gynecological complications as infection is commonly asymptomatic with bacterial persistence [49,50]. The presence of IgM antibodies in adults stresses the evidence of active infection and the possibility of transmission, mainly sexually, considering the frequency of IgM positive among sexually active adults. The majority of persons with IgM against C. trachomatis were married females (23/40; 57.5%). Prevention and control policies are in urgent need because reporting of behavior and blood exposure were not associated with the presence of IgM antibodies. Among men living in developed countries, alcohol and drug abuse are not associated with Chlamydia infection [51]. However, excessive alcohol consumption and the use of illicit drugs may affect individuals’ perception, making them more likely to engage in sexual intercourse without using appropriate precautions and thereby increasing the chances of bacterial transmission. In 2016, 1.6 million new cases of C. trachomatis infection were reported in the USA, [52] demonstrating its widespread distribution and placing it as the most frequent STI. In Brazil, the perception is that a similar situation also exists but it needs to be fully assessed.

Among the behavioral risk factors, C. trachomatis infection was associated with the use of illicit drugs and with the consumption of alcoholic beverages. Although the main route of transmission of C. trachomatis in adults is the sexual route, risk factors related to sexual behavior and blood exposure were not associated with the presence of antibodies. Among men living in developed countries, alcohol and drug abuse are not associated with Chlamydia infection [51]. However, excessive alcohol consumption and the use of illicit drugs may affect individuals’ perception, making them more likely to engage in sexual intercourse without using appropriate precautions and thereby increasing the chances of bacterial transmission. In 2016, 1.6 million new cases of C. trachomatis infection were reported in the USA, [52] demonstrating its widespread distribution and placing it as the most frequent STI. In Brazil, the perception is that a similar situation also exists but it needs to be fully assessed.

The prevalence of antibodies against T. pallidum was similar in three of the municipalities. The prevalence increased more than fourfold from the first age group to the last. The increase in syphilis among young adults and adults in Brazil [53] has been a major concern, and a similar situation apparently occurs in the Archipelago. The finding of acute infection and possibly of ongoing disease is of special concern because it demonstrates the failure of prevention measures. It is possible that clinical manifestations of primary syphilis do not stimulate the search for treatment, contributing to the spread of the bacterium. T. pallidum is currently transmitted among the population and brings an unfavorable outcome for sexually active women of reproductive age because an undiagnosed and untreated infection may result in pregnancies with disastrous consequences for the fetus. Syphilis control has flaws that are evidenced by the high number of cases in pregnant women. Failures in primary care are identified only in referral services, and the fragility in diagnosis, treatment and monitoring of infection compromises the epidemiological control of the disease [4,54].

T. pallidum was associated with older age, low educational level and separated/widowed marital status. There was no association with sex or household income, although infection is associated with less favored population groups [55]. Low educational levels may explain why some individuals have poor understanding of or little access to prevention methods as they would increase the risk of exposure to behavioral risks. The association with older age may be a consequence of longer periods of exposure to the bacterium as well as of neglect by public health agencies whose education campaigns do not focus on individuals who are older than 30 years of age [55]. The association between the presence of T. pallidum antibodies and separated/widowed marital status is possibly related to subjects who often have more than one sexual partner and may not use condoms during sexual intercourse, two risk factors for T. pallidum infection in the present study as well as in other populations [56,57]. Although no other association between infection markers and other risk factors was found in the present study, it has been associated with a previous history of Sexually Transmitted Diseases (STD), alcohol consumption and use of illicit drugs [57,58].

HBV showed endemcity for both past and chronic infections, and no acute infections were detected. The percentage of persistent infections is a matter of concern due to the potential clinical outcomes of the infection [59,60] and the paucity of healthcare providers in the Archipelago. Although HBV infection is prevented by vaccine, our results showed that vaccination coverage was very low, leaving the community in a state of great vulnerability. Additional vaccination campaigns must be conducted, and their target population coverage must be improved.

HBV transmission included a gradual increase in its prevalence and it was sharp among individuals 50 years of age and older. The pattern of HBV occurrence was not uniform, and there were areas in which its prevalence showed high variation, such as Portel and SSBV, similar to what has been observed in villages in rural areas of the Amazonas state and in other South American and Asian countries [60-64]. Flaws in the vaccination strategy may explain some of the variations in prevalence among rural populations in the Amazonas state considering that the socioeconomic conditions of these rural populations are very similar [62].

It is important to reassess the established HBV vaccination strategies and consider the need of each area, taking into account the individual geographical characteristics and population. The vaccination strategy to focus mainly among younger age groups resulted in a large susceptible older population and has recently led to an increase in the age range priority for vaccination groups [65]. In the population of the Marajó Archipelago, the infection was associated with older illiterate males which is similar to previously reported information by the Brazilian Ministry of Health [25].

Prevalence of HCV in the Marajó Archipelago was similar to that found in other areas of the Amazon region and in the country as a whole [25,66,67] but it was higher than that found in another region of the state of Pará [68]. The prevalence was low in the Marajó Archipelago, unlike South America in general, which presents a moderate prevalence [67]. No association was seen between the presence of antibodies and the social and demographic characteristics,
a different situation observed for other Brazilian populations with low per capita income and low educational levels [25]. HCV infection in urban populations is associated with older people, females, persons with low educational level and persons with low income [65,68]. Sexual behavior and exposure to blood were not associated with HCV infection, possibly due to the low efficiency of sexual transmission of HCV [62].

The present study described the circulation of infectious agents of medical importance that are sexually, congenitally and parenterally transmitted. Apart from *T. pallidum*, the infectious agents studied were not found to be associated with risk factors related to sexual behavior. The Marajó Archipelago is located far from developed urban centers and has one of the lowest human development indexes, and it needs health policies, that are specifically designed for the region [9]. The transmission of infections will only be interrupted by the consistent application of measures including health education, routine examination, immediate treatment (including treatment of infected partners) and recognition of risk factors associated with infections, in order to contribute to the successful planning and implementation of prevention and control strategies. It is crucial that health education campaigns provide information that are easily understood and accordingly to the daily lives of the population for immediate assimilation.

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Author Contributions

RONF, ACRV, MOGI and RI designed the study. GRONF, FBF performed the experiments. GRONF, MAFQ, SSL and RI analyzed and interpreted the date. GRONF, MAFQ and RI wrote the manuscript. RI and ACRV oversaw the experiments and edited the manuscript. GRONF, FBF, MAFQ, SSL, ACRV, MOGI and RI reviewed the manuscript.

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