Optically detected cross-relaxation spectroscopy of electron spins in diamond

Hai-Jing Wang\textsuperscript{1,2}, Chang S. Shin\textsuperscript{1,2}, Scott J. Seltzer\textsuperscript{1,2}, Claudia E. Avalos\textsuperscript{1,2}, Alexander Pines\textsuperscript{1,2} & Vikram S. Bajaj\textsuperscript{1,2}

The application of magnetic resonance spectroscopy at progressively smaller length scales may eventually permit ‘chemical imaging’ of spins at the surfaces of materials and biological complexes. In particular, the negatively charged nitrogen-vacancy (NV\textsuperscript{−}) centre in diamond has been exploited as an optical transducer for nanoscale nuclear magnetic resonance. However, the spectra of detected spins are generally broadened by their interaction with proximate paramagnetic NV\textsuperscript{−} centres through coherent and incoherent mechanisms. Here we demonstrate a detection technique that can resolve the spectra of electron spins coupled to NV\textsuperscript{−} centres, in this case, substitutional nitrogen and neutral nitrogen-vacancy centres in diamond, through optically detected cross-relaxation. The hyperfine spectra of these spins are a unique chemical identifier, suggesting the possibility, in combination with recent results in diamonds harbouring shallow NV\textsuperscript{−} implants, that the spectra of spins external to the diamond can be similarly detected.

\textsuperscript{1}\textsuperscript{1}Materials Sciences Division, Lawrence Berkeley National Laboratory, 1 Cyclotron Road, Berkeley, California 94720, USA. \textsuperscript{2}Department of Chemistry and California Institute for Quantitative Biosciences, University of California, Berkeley, California 94720, USA. Correspondence and requests for materials should be addressed to V.S.B. (email: vikbajaj@gmail.com).
The negatively charged nitrogen-vacancy (NV $^-$) centre in diamond has been exploited in optically detected magnetic resonance (ODMR) experiments because of its favourable properties including spin-dependent fluorescence, spin coupling to the magnetic environment and its long polarization lifetime as compared with other similar substrates, even at room temperature. Recent experiments have employed single NV $^-$ centres to detect distant nuclear spins in diamond and external, nanoscale nuclear spin ensembles, laying the foundations for routine magnetic resonance imaging with nanometre resolution. Electron spins, in the form of either paramagnetic centres in the diamond lattice or radicals intimately associated with the diamond surface, have also been optically detected through their coupling to the NV $^-$ centre. The characteristic spectra of the detected spins, however, are often broadened by these same interactions. The spectroscopic details are, in general, not sufficiently resolved to provide critical chemical information.

One demonstration of optically detected spectroscopy of the electron spin using the NV $^-$ centre was performed by sweeping the magnetic field through the cross-relaxation condition between the NV $^-$ and the substitutional nitrogen defect ($N_s$) near $\sim 51.4$ mT, where the two electron spin species have commensurate transition frequencies (Fig. 1a). However, this method requires frequency matching between allowed transitions in the two spin systems at a specific magnetic field, such that spin flip-flop zero-quantum processes (with $\Delta m = 0$, where $\Delta m$ is the change of total angular momentum) induced by the dipolar interaction are nearly energy conserved and become allowed; this prevents it from serving as a generic method for optical detection of dark electron or nuclear spins. Frequency matching is only one of many possible conditions that can lead to cross-relaxation (Fig. 1a). For instance, cross-relaxation can occur via multiple quantum (for instance, $\Delta m = \pm 2$) spin flip-flop processes that involve the exchange of angular momentum with the lattice, or via multiple spin flips in one system combined with one spin flop in another. Cross-relaxation becomes more obvious at weak magnetic fields, where the difference in the Zeeman energy between spin species is reduced. This is indeed the case for NV $^-$ centres in diamond (Fig. 1b), as previously suggested by observed dips in the NV $^-$ spin-lattice relaxation time ($T_1$) and by sudden reduction in the optical hole depth (hole bleaching) in the zero-phonon adsorption, in weak magnetic fields ($<5$ mT).

Here, using a method based on cross-relaxation phenomena in a weak magnetic field, we demonstrate optically detected spectroscopy of electron spins, namely, the $N_s$ and neutral nitrogen-vacancy (NV$^0$) centres in diamond (Fig. 1c,d, respectively), by identifying their respective spectral characteristics in the NV $^-$ cross-relaxation ODMR spectrum. This technique is the only demonstrated ODMR method that can provide detailed spectra of the detected electron spins. Such information is essential for the use of the NV $^-$ centre for the detection and identification of radicals or relaxation centres, and for the transduction of chemically informative NMR spectra by optical means.

**Results**

**Optically detected hyperfine spectra of dark electron spins.** We demonstrate this technique on an ensemble of NV $^-$ centres in a single-crystal diamond, host to several types of paramagnetic defects that may be identified from the ODMR spectra as shown in Fig. 2 (see Methods). The measured spectra have chemically informative fine features that differ vastly from ODMR spectra based on the allowed electron spin transitions of the NV $^-$ centre alone. The majority of the fine features can be assigned to the $N_s$ centre, (see Supplementary Note 1), from which almost all calculated transitions (blue lines on top of each spectrum) are present in the observed spectra. For instance, the three calculated transition frequencies of the $N_s$ centre at $B_z \sim 0$ mT (that is, ambient field), namely, 18.4, 130.2 and 148.6 MHz (Supplementary Fig. 1c), are matched with peaks in the ODMR spectrum (Fig. 2a). The intensity of the peaks agrees well with the 1:3 population ratio of $N_s$ centres oriented either parallel to $B_z$ (for example, the peak at 240 MHz in Fig. 2d) or $\sim 10^9$ relative to $B_z$ (the peak at 223 MHz in Fig. 2d). The observed fine features are also plotted against the calculated
parallel to the NV0 centre overlap with those of the NS centre, suggesting that very weak magnetic field is required to separately resolve the fine features (open squares) can be assigned to the hyperfine structure of the NS centre (blue solid lines: the NS centre parallel to Bz; purple dashed lines: the NV0 centre parallel to Bz). The remaining fine features (within green boxes) agree well with the hyperfine structure of the NV0 centre (purple solid lines: the NV0 centre parallel to Bz; purple dashed lines: the NV0 centre ~109° relative to Bz). For simplicity, only the relevant hyperfine transitions are shown for the NV0 centre.

Figure 3 | Comparison of observed fine features in ODMR spectra with the hyperfine structure of the NS and NV0 centres. (a) The majority of transitions between the hyperfine structure of the NS centre (blue solid lines: the NS centre parallel to Bz; blue dashed lines: the NS centre ~109° relative to Bz). Several fine features that cannot be assigned to the NS centre are highlighted by green boxes. All possible transitions between the hyperfine structure of the NS centre are shown. (b) The remaining fine features (within green boxes) agree well with the hyperfine structure of the NV0 centre (purple solid lines: the NV0 centre parallel to Bz; purple dashed lines: the NV0 centre ~109° relative to Bz). For simplicity, only the relevant hyperfine transitions are shown for the NV0 centre. The spectra are acquired at (a) Bz = 0.00 mT (ambient field), (b) Bz = 1.44 mT, (c) Bz = 2.29 mT and (d) Bz = 3.89 mT. The fine features of the observed spectra are assigned to the NS and NV0 centres, which are coloured in blue and purple, respectively. Such assignment is based on the calculated transition frequencies of the NS (blue lines on the top of each spectrum) and NV0 (purple lines on the top of each spectrum) centres. All transitions from the NS centre and the relevant transitions of the NV0 centre oriented parallel to Bz are shown. The short and long blue lines with 1:3 ratio in length correspond to the NS centres oriented parallel to Bz and ~109° relative to Bz, respectively, with 1:3 ratio in population. The red asterisks (*) represent the difference in transition frequencies between the magnetically inequivalent NV centres.
selectively polarized to the $S_{0}^{z} = \pm 1/2$ sublevel of its spin-3/2 $A_{2}$ exited state under laser illumination. An optical excitation energy higher than $\sim 2.2$ eV (wavelength $\sim 563$ nm) is required for such polarization$^{25}$, suggesting that the 532 nm laser used in our experiment can also polarize the $A_{2}$ exited state of the NV$^{0}$ centre. This polarization process of the NV$^{0}$ centre starts with the optical excitation from the $2E$ ground state to the $2A_{2}$ excited state$^{30}$, followed by the intersystem crossing from $2A_{2}$ to $A_{2}$ excited state with the details of its mechanism requiring further investigation$^{30}$. The long lifetime of the $A_{2}$ excited state allows for detection by EPR measurements$^{25}$. Our observations of the $A_{2}$ excited state of the NV$^{0}$ centre are consistent with these previous experimental and theoretical studies on the NV$^{0}$ centre. The origin of NV$^{0}$-related peaks can potentially be further examined by using orange (wavelength $\sim 593$ nm) rather than green light (wavelength $\sim 532$ nm) for optical excitation$^{29}$. The former wavelength can maximize ionization (from NV$^{-}$ to NV$^{0}$) and minimize recombination (from NV$^{0}$ to NV$^{-}$) such that the majority ($\sim 80\%$) of the NV$^{-}$ centres are in the NV$^{0}$ charged state$^{29}$. This can be combined with EPR techniques to improve the precision of the hyperfine structure of the NV$^{0}$ centre$^{33}$. However, our instrument is currently not set up to perform either wavelength-dependent excitation or conventional low temperature EPR experiments, and so further investigation is warranted.

Cross-relaxation as the optical sensing mechanism. The favourable optical and magnetic properties that allow ODMR observation of the NV$^{-}$ centre are known to be absent in the NS and NV$^{0}$ centres: the NS centre is a dark spin, while the NV$^{0}$ centre is a ‘dark state’ of the nitrogen-vacancy centre and its fluorescence intensity does not depend on the spin state$^{1,27,29}$. The radiofrequency (RF)-driven transitions of the NS and NV$^{0}$ centres must therefore be sensed by the neighbouring NV$^{-}$ centres to be observed in the ODMR spectra. That is to say, the magnetic resonance of the NS and NV$^{0}$ centres are converted into an optical signal by the NV$^{-}$ centre. Such indirectly detected transitions should therefore be a second-order effect compared with the allowed transitions of the NV$^{-}$ centre. This is consistent with the much smaller ($\sim 1/60$) optical contrast of the observed hyperfine features compared with that of the allowed NV$^{-}$ transitions. On the other hand, the fine features of the NS and NV$^{0}$ centres are observed at the frequencies of their own hyperfine structure, far below the allowed transition frequencies of the NV$^{-}$ centre. This suggests that the NS and NV$^{0}$ centres are instead perturbing seemingly ‘forbidden’ transitions, for instance, the transition between the $|+1\rangle$ and $|-1\rangle$ sublevels of the NV$^{-}$ centre. Such perturbation is possible because there is indeed an energy match between the hyperfine levels of the NS$^{0}$ (or NV$^{0}$) and the $|+1\rangle \leftrightarrow |-1\rangle$ sublevels of the NV$^{-}$ centre$^{17}$. Although the $|+1\rangle \leftrightarrow |-1\rangle$ transition cannot be directly induced by application of microwaves (MWs) due to the selection rule ($\Delta m_{S} = \pm 1$), cross-relaxation between the NV$^{-}$ and NS centres via the $|+1\rangle$ and $|-1\rangle$ sublevels at weak magnetic field is an established process that has been thoroughly studied, both experimentally and theoretically$^{17,18,31–34}$.

Cross-relaxation can occur among almost any two spin systems as long as there is an energy matching condition, such as between two subensembles of NV$^{-}$ centres at zero field, between the NV$^{-}$ and NS centres at weak magnetic field, and between magnetically inequivalent or equivalent NV$^{-}$ centres at certain values of the strength and angle of the applied magnetic field$^{17,18,31–34}$. Cross-relaxation between two spin systems occurs when energy exchange between two systems provides additional spin-lattice relaxation pathways for both systems. The signature of cross-relaxation can be verified by perturbing the relaxation process of one spin system while monitoring the relaxation response (that is, the change in $T_{1}$) of the other system. The fact that we observe the characteristic hyperfine spectra of NS$^{0}$ and NV$^{0}$ centres within the ODMR continuous-wave (CW) spectra of NV$^{-}$ centres is thus a signature of cross-relaxation. First, the applied RF drives the hyperfine transitions of NS$^{0}$ and NV$^{0}$ centres only (as it is off-resonance for NV$^{-}$ allowed transitions). Second, the ODMR signal comes solely from the NV$^{-}$ centres because both NS$^{0}$ and NV$^{0}$ are ‘dark’ under the experimental conditions$^{1,27,29}$, and the optical signal (steady-state fluorescence intensity) is directly related to the $T_{1}$ of the NV$^{-}$ centres$^{1}$. We therefore altered the relaxation response of NV$^{-}$ centres by perturbing the relaxation process of NS$^{0}$ or NV$^{0}$ centres.

More specifically, the energy matching condition required by cross-relaxation is satisfied between the $|+1\rangle$ and $|-1\rangle$ sublevels of the NV$^{-}$ centres and the hyperfine levels of the NS$^{0}$ or NV$^{0}$ centres. The spin flip-flop processes between NV$^{-}$ and NS$^{0}$ (or NV$^{0}$) centres can thus be induced by the dipolar interaction between them, which couples the two spin systems via efficient energy exchange and leads to cross-relaxation. Here we must point out that cross-relaxation via the $|+1\rangle$ and $|-1\rangle$ sublevels of the NV$^{-}$ centres will result in a decrease in the steady-state fluorescence intensity (Supplementary Note 2). Since the $|0\rangle$ sublevel of the NV$^{-}$ centre is the ‘brighter’ state, a relative population change between $|+1\rangle$ and $|-1\rangle$ sublevels will not directly lead to a change in fluorescence intensity. However, while the ODMR CW spectra are acquired, the processes of optical pumping towards the $|0\rangle$ sublevel and relaxation back to the $|\pm1\rangle$ sublevels reach equilibrium. When cross-relaxation occurs via the $|+1\rangle$ and $|-1\rangle$ sublevels, a different equilibrium condition will be established, resulting in lower population on the $|0\rangle$ sublevel and thus a decrease in fluorescence intensity (Supplementary Equations 4–7 in Supplementary Note 2). This occurs because the continuous optical pumping process couples together the populations of all three sublevels of the NV$^{-}$ centre, and enhanced relaxation between the $|+1\rangle$ and $|-1\rangle$ sublevels will affect the population on the $|0\rangle$ sublevel as well (Supplementary Note 2). Such a phenomenon has been observed in experiment, and the cross-relaxation mechanism has been suggested as well$^{17}$. This is different from the pulsed ODMR experiment, in which the polarization is optically initialized first, and then MW irradiation is used to manipulate the populations of different sublevels; the steady-state condition in the CW experiment ceases to exist when the optical pumping cycle is turned off. Furthermore, when the spin transition between two hyperfine levels of the NS$^{0}$ or NV$^{0}$ spin system is driven by resonant RF, the spin-lattice relaxation of the NV$^{-}$ spin will be further enhanced (that is, $T_{1}$ is shortened) by cross-relaxation. As a result, the fluorescence intensity of the NV$^{-}$ centre decreases$^{1,18,29}$, leading to the observed ODMR peaks as shown in Fig. 2, serving as the basis for cross-relaxation spectroscopy. Here, the resonant RF only affects the NS$^{0}$ or NV$^{0}$ spins, while the laser irradiation and optical detection occur through the NV$^{-}$ centres (Fig. 4). The cross-relaxation provides an effective energy exchange between the spin systems and serves as a generic mechanism to convert the magnetic resonance of NS$^{0}$ and NV$^{0}$ spins into changes in optical signal of the NV$^{-}$ centre.

Cross-relaxation among NV$^{-}$ centres. In addition to the fine features in the ODMR spectra, relatively broad peaks with full-width at half-maximum (FWHM) of $\sim 20$ MHz are also observed. The central frequency of each broad peak agrees well with the calculated energy difference between magnetically inequivalent NV$^{-}$ centres (different orientations either parallel to $B_{z}$ or
Figure 4 | Schematic illustration of optically detected cross-relaxation spectroscopy. Cross-relaxation occurs between the NV− and Ns centres, between the NV− and NV0 centres and between magnetically inequivalent NV− centres. When one of the Ns or NV0 transitions is saturated by RF radiation, the fluorescence intensity of the NV− centres decreases, resulting in the observed ODMR spectra.

Figure 5 | Cross-saturation among magnetically inequivalent NV− centres. Cross-saturation between NV− centres with different orientations, either parallel to Bz or ~109° relative to Bz, at Bz = 1.16 mT. The thick black line shows the ODMR spectrum (left and bottom axes) acquired near ~2.87 GHz, where the allowed transitions of NV− centres at different orientations can be resolved. The effective longitudinal relaxation time T1 (scatter data with error bars representing the s.d., right and top axes) is measured at 2.8375 GHz (blue arrow), the frequency of the |0⟩ ↔ |−1⟩ transition of the NV− centres oriented parallel to Bz, while saturating another MW frequency. The change in T1 is well correlated with the ODMR spectrum; T1 is significantly reduced (red arrows) when the saturating frequency is resonant with the transitions of the NV− centres oriented ~109° relative to Bz, or with the |0⟩ ↔ |+1⟩ transition of the NV− centres oriented parallel to Bz.

~109° relative to Bz) or between neighbouring magnetically equivalent NV− centres (both parallel to Bz). The calculated energy difference is labelled by asterisks in Fig. 2 (Supplementary Fig. 1a and Supplementary Note 1). For instance, in Fig. 2b, the middle broad peak at ~54 MHz matches the energy difference between the |+1⟩ sublevel of NV− parallel to Bz and the |−1⟩ sublevel of NV− ~109° relative to Bz (or vice versa), suggesting that cross-relaxation occurs between magnetically inequivalent NV− centres. This can be further verified, as will be shown later, owing to the different resonance frequencies for the magnetically inequivalent NV− centres. The FWHM here (~20 MHz) is approximately twice the FWHM of the peaks associated with allowed transitions in ODMR spectra (~10 MHz, see Fig. 5), providing additional evidence that the applied RF matches the energy difference between two NV− centres. Here, the RF enhances cross-relaxation by providing the energy difference between two NV− centres, which otherwise need to exchange energy via phonons. This effect is different from the cross-relaxation between NV− and Ns (or NV0) centres, in which RF provides the energy cost for Ns (or NV0) transitions, and the energy cost for NV− -Ns or NV− -NV0 spin flip-flop processes is taken from the lattice. In both cases, the RF is applied to provide the energy required for efficient cross-relaxation process.

An additional broad peak at ~28 (or ~81) MHz in Fig. 2b matches the energy difference between the |+1⟩ sublevel of one NV− and the |−1⟩ level of another NV− in close proximity, both of which are ~109° relative to Bz (or both parallel to Bz). It is likely that cross-relaxation between magnetically equivalent NV− centres is the dominant mechanism for these peaks. This, however, cannot be further verified because the magnetically equivalent NV− centres have identical resonance frequencies, and neighbouring centres thus cannot be separately addressed. There could also be contributions from the small mixing between |0⟩ and |±1⟩ sublevels that makes the |−1⟩ ↔ |+1⟩ transition weakly allowed and causes a small optical contrast. Nevertheless, the three broad features have near equal intervals because the energy levels of neighbouring NV− centres, either magnetically inequivalent or equivalent, are nearly evenly spaced (Supplementary Fig. 1a). The hyperfine interaction with 13C is not considered here because only about 3.3% of the NV− centres experience strong hyperfine interaction (~130 MHz) with a first-shell 13C. For the majority of the NV− centres in the ensemble, the nuclear dipole-dipole interaction with 13C causes line broadening with little effect on the central frequency.

Cross-relaxation between magnetically inequivalent NV− centres can be directly observed by measuring the spin-lattice relaxation time of the NV− centre parallel to Bz, while saturating either the transition of the NV− centre ~109° relative to Bz, or the other allowed transitions of the NV− centre parallel to Bz (see Methods). Figure 5 shows the apparent spin-lattice relaxation time (T1*), measured at the |0⟩ ↔ |−1⟩ transition frequency of the NV− centres oriented parallel to Bz, as a function of the saturation MW frequency. The apparent relaxation time becomes much shorter when the saturation frequency is on resonance with either the allowed transitions of the NV− centres ~109° relative to Bz, or with the |0⟩ ↔ |+1⟩ transition of the NV− centres parallel to Bz. These observations provide direct evidence that there is cross-relaxation among the NV− centres. Since cross-relaxation is reciprocal, the apparent relaxation time measured at the frequency of any one of the four peaks in CW spectra will become shorter when the saturation frequency is tuned to the frequency of another peak. Note that saturation of dark electron spin transitions does not cause an observable change in the T1* of the NV− centres because of the relatively low polarization of the Ns and NV0 centres.
Cross-relaxation at the ground state-level anti-crossing. Additional evidence to support the claim that cross-relaxation is the conversion mechanism from magnetic resonance to optical signal is supplied by an investigation of spectra at other known conditions at which cross-relaxation occurs. It is known that cross-relaxation occurs near the ground state-level anti-crossing (GSLAC) at ~102.5 mT (ref. 17), where the \(|0\rangle \leftrightarrow |1\rangle\) ground state transition of the NV\(^-\) centre parallel to \(B_z\). Each resolved side peak is fitted into a Gaussian function and assigned to either the \(N_S\) centre (blue curves) or the NV\(^0\) centre (purple curve). The assignment is based on the calculated transition frequencies of each centre and its respective Hamiltonian, as shown by the vertical bars at the bottom. All allowed transitions of the \(N_S\) centre in the ground state are clearly resolved at the predicted transition frequencies (blue bars). The rest of the observed side peaks are consistent with the \(|m_S| = 1/2 \leftrightarrow -1/2\) transitions of the NV\(^0\) centre in the \(A_2\) exited state with discrepancies from the predicted transition frequencies (purple bars) probably due to the accuracy of the available spin Hamiltonian parameters.

Discussion

Our cross-relaxation spectroscopy technique generically detects the spectra of electron spins using the NV\(^-\) centre (Fig. 4). The steady-state fluorescence intensity of the NV\(^-\) centre is directly observed without requiring the creation or manipulation of NV\(^-\) spin coherences as in other methods. This effectively moves the detection of electron spins from the indirect to the direct frequency dimension, thereby improving both frequency resolution and detection sensitivity. Detection is no longer limited by the coherence time of the NV\(^-\) centre, and as a result much longer detection times can be used to improve the signal-to-noise ratio. The fine frequency resolution and high sensitivity of this technique may also allow the identification of additional unknown paramagnetic centres that have been obscured by the \(N_S\) centre in EPR measurements, in a similar manner to our detection of the NV\(^0\) centre. These results provide an optically detected analogue of nuclear magnetic cross-relaxation spectroscopy in solid and dilute spin systems.

It may also be possible to use cross-relaxation spectroscopy for detection of electron spins external to the diamond sample. The potential detection distance through cross-relaxation should be at least ~8 nm, as estimated by the average separation of neighbouring NV\(^-\) centres in our diamond sample, between which cross-relaxation is clearly detected in our measurements (Supplementary Note 3). Such a detection distance would allow for observation and identification of dark electron spins deposited on the diamond surface if using shallow-implanted NV\(^-\) centres in ultrapure diamond. For that purpose, ultrapure diamond with much lower \(N_S\) centre concentrations must be used to remove the background hyperfine features from the \(N_S\) impurities in diamond. The optically detected spectra of radicals via NV\(^-\) centres can be used to determine chemical identity by comparing with a database of characteristic hyperfine structures of known radicals, a process similar to existing EPR methods for determining hyperfine constants of a radical. In Supplementary Fig. 3, we consider as an example the free radical diphenyl picryl hydrazil (Supplementary Note 4), which has hyperfine structures vastly different from the detected centres in diamond. Furthermore, radicals on the diamond surface could be used as a detection intermediate for external nuclear spins located at even further distances; an ensemble of radicals of a single type could significantly increase the detected magnetic flux, while spatially engineered arrays of radicals of different species could provide spatial resolution for detection of distant nuclear spins or simply act as a gradiometer.

Methods

Materials and experiments. The diamond sample used in our experiments was fabricated commercially by Element-6 using high-pressure high-temperature...
synthesis. It was then irradiated, annealed and characterized as previously reported\(^{24,21}\).

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Author contributions

H.-J.W. and V.S.B. conceived the idea and planned the project, H.-J.W., C.S.S. and C.E.A. constructed the experimental apparatus, H.-J.W. and C.S.S. performed the experiments, H.-J.W. and S.I.S. analysed the data, H.-J.W., V.S.B. and S.I.S. wrote the manuscript, A.P.
and V.S.B. oversaw the project and all authors discussed the results and commented on the manuscript.

**Additional information**

**Supplementary Information** accompanies this paper at http://www.nature.com/naturecommunications

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