Tubularized Urethral Reconstruction Using Everted Saphenous Vein Graft in A Beagle Model

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Research article

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Abstract

**Background:** The repair of anterior urethral stricture and hypospadias require urethral reconstruction. We conduct the study to investigate the efficacy of anterior urethral reconstruction using everted saphenous vein graft in tubular fashion.

**Methods:** Twelve male beagles were randomly divided into three groups: experimental group (n=5), control group (n=5) and normal group (n=2). A 3 cm defect in anterior urethra was created. Autologous saphenous vein graft was harvested. In experimental group, urethral defect was replaced by everted saphenous vein graft in tubular fashion. In control group, urethral reconstruction was performed using uneverted saphenous vein graft. At 6 months postoperatively, beagles in all groups received retrograde urethrography to evaluate urethral patency and were killed for histological examination.

**Results:** Retrograde urethrography showed the urethral caliber of beagles in experimental group were similar to those of normal. Ether urethral stricture or fistula were detected in all animals in control group. In experimental group, the everted saphenous vein graft completely integrated into the urethra. The reconstructed urethra had a wide lumen and was completely covered by urothelium. The subepithelial collagen and muscle fibers were well formed and highly organized. Everted saphenous vein graft had a high ability of neovascularization. In control group, the reconstructed segment had a fibrotic urethral lumen in which urothelium was not intact. And there were few newly formed capillaries.

**Conclusions:** Everted saphenous vein graft can be used as tubular substitute material for anterior urethral strictures and hypospadias.

Background

The urethra is a hollow elastic organ. Adult and pediatric disorders of the urethra including hypospadias, trauma, and stricture require surgical intervention to preserve urinary tract function. Repair of the anterior urethra is one of the most challenging problems in urology[1].

Autologous tissues have advantages of excellent biological compatibility, rapid and effective neovascularization. Oral mucosa and penile skin flap are preferred substituted materials for urethral reconstruction[2, 3]. Onlay urethroplasty and multi-stage repair are commonly used technique[4]. In some cases, these methods have problems including stricture recurrence, fistula formation, amount of donor material is not adequate. Harvesting oral mucosa is associated with morbidity at the donor site, such as submucosal scarring, pain, numbness, injury to salivary ducts[5, 6]. These issues highlight the critical need for the development of alternative material and reconstructive strategies for anterior urethral repair.

The saphenous vein is commonly used as vascular substitute material. It is easy to be harvested and almost without injury to its donor area. We previously performed urethroplasty in a rabbit model using everted saphenous vein as onlay graft and gained encouraging results. We published our hypothesis that everted vein graft could survive without graft necrosis and slough off[7]. Everted vein graft makes the
endothelial cells outside to obtain blood supply, which may facilitate angiogenesis. Due to saphenous
vein has a similar caliber as the urethra, we imagine using everted saphenous vein graft to repair anterior
urethral defect in tubular form. We conduct this study to investigated the efficacy in a beagle model.

Methods

Urethroplasty using everted saphenous vein graft

This experimental animal protocol was approved by the Animal Experimentation Ethics committee of
Wannan Medical College in accordance with the ARRIVE guidelines. Twelve male beagle dogs weighing
8-10 kg were randomly divided into three groups: experimental group (n=5), control group (n=5) and
normal group (n=2).

After general anesthesia with 3% pentobarbital, the beagles in experimental group and control group were
placed on an operating table in supine position. The right thigh and genital organ were shaved and
prepared with povidone-iodine solution. A 4-cm incision was carried out on the ventral skin of penis. A 3
cm segment of anterior urethra was removed between the external urethral orifice and bulbar urethra, in
order to make a urethral defect (Fig. 1A).

A 4-cm incision was carried out on the right thigh skin and a 3-cm saphenous vein graft was
excised (Fig.1B). In experimental group, the vein grafts were everted (turned over to make the endothelial
cells outside) (Fig.1C). A 8 F catheter was inserted into the urethra and was used as a stent (Fig.1D).
Urethral defect was repaired by the everted saphenous vein graft in tubular fashion with 6-0 vicryl
separated sutures (Fig.1E). In control group, the urethral defect was repaired by uneverted saphenous vein
graft in the same manner. Nonabsorbable sutures were placed at the anastomosis margins for future
mark. The subdermal layer in penis and the skin was closed (Fig.1F). In normal group, no surgical
intervention was performed in animals. The procedures for all animals were performed under sterile
conditions. All the procedures were performed by the same surgeon.

Postoperative care

An Elizabetan collar was placed around the neck of animal to prevent the catheter bite off. The catheter
was left indwelling for two weeks. All animals in experimental group and control group received penicillin
100U/kg/day intramuscularly for 14 days.

Retrograde urethrography

Retrograde urethrography was performed every month after operation. After general anesthesia, the
animals were placed obliquely on an examination table. A Foley (6-F) catheter was inserted into the
urethra until the balloon entered the urethral orifice. Inflate the balloon with 1 ml sterilized water. X-ray
images of urethra were obtained under the fluoroscopy after contrast agent was gently injected through
the catheter.
Histological and immunohistochemical analysis

Animals were euthanized by an overdose of 3% pentobarbital and air embolization 6 months after operation, the penises were obtained and the segments of the reconstructed urethra were extracted within the area outlined by the marking sutures. These segments were placed in 10% formalin for hematoxylin-eosin(HE) staining, Masson's trichrome(MT) staining, and immunohistochemical(IHC) staining using CD-31 and uroplakin-II(UP-II).

Results

The surgical procedures were successfully performed on all beagles. There were no major intraoperative complications. During the 6 months follow-up period, one animal in experimental group and two in control group could not voided spontaneously. They underwent cystostomy with a suprapubic catheter. Urogenic cutaneous fistula in penis was detected in the other three animals in control group.

Retrograde urethrography

The retrograde urethrograms showed the urethral caliber of four beagles in experimental group were similar to that of normal beagles (Fig.2A,B). The contrast agent passed through the urethra freely without any signs of stricture or contrast leak. These indicate that the four beagles in experimental group could maintain wide urethral lumen 6 months postoperatively. The one beagle in experimental group could not voided spontaneously developed urethral stenosis. Ether significant urethral stricture or fistula were detected in all animals in control group (Fig.2C,D).

Histological and IHC examination

In experimental group, HE staining indicated the urethral lumen of the reconstructed segment was completely covered by endothelium(Fig.3E). There was no obvious difference with that of normal urethra(Fig.3A). MT staining showed highly organized collagen fibers and muscle tissue in subepithelium, but the muscle tissue seemed to be less than that of normal urethra(Fig.3B,F). The UP-II antibody is a special urothelium marker. IHC staining with UP-II antibody showed the expression of endothelium in the ureteral inner wall was positive(Fig.3G).

In control group, the reconstructed segment had a narrow urethral lumen and the endothelium was not intact(figure.3I). MT staining showed abundant collagen with strong blue staining, indicating severe fibrosis in subepithelium 6 months postoperatively(Fig.3J). IHC staining with UP-II antibody revealed a fragment of urothelium in the urethral inner wall(Fig.3K).

IHC staining using CD31 was performed to observe the neovascularization of implanted tissue. In experimental group, IHC staining with CD31 monoclonal antibody showed newly formed capillaries were dense after 6 months. But the density of vascular capillaries was low than that of normal urethra(Fig.3D,H). In control group, IHC staining using CD31 indicated sparse vascular capillaries(Fig.3L).
Discussion

Various urethral conditions often require substitute urethral reconstruction including long-segment urethral strictures, traumatic defects, complicated hypospadias and previous failed urethroplasty[8]. Several substituted materials have been adopted for clinical urethroplasty: full-thickness skin graft, bladder mucosa, oral mucosa (buccal or lingual mucosa) and colonic mucosa[9–11]. Buccal mucosa and preputial skin graft remain the widely used tissues for urethral replacement, especially in cases of complex urethral reconstruction. However, there are risk of complications, such as graft necrosis, hair growth, stricture recurrence, and fistula formation[12, 13]. In addition, harvesting buccal mucosa may also lead to possible morbidities such as intraoperative hemorrhage, submucosal scarring, pain, postoperative infection, and injury to salivary ducts[3][14]. Wood et al[15] reported the morbidity of buccal mucosa grafts harvested for urethroplasty in 57 patients. Of these patients, 68% had perioral numbness that persisted after 6 months in 26% of the patients, 83% developed postoperative pain, 67% initially had difficulty with mouth opening that persisted after 6 months in 9% of the patients, and 2% had a mucous retention cyst. Dublin et al[6] reported that 57% patients had oral numbness after surgery (during the first 48 hours) that persisted for a year in 16% of patients and that 75% of patients complained of tightness of the mouth after surgery (during the first 48 hours) that persisted for nearly 2 years in 32% of cases. When urethral defect is long, donor tissue from oral cavity or prepuce may be insufficient. For these reasons, many attempts have been made to select alternative tissues that would serve as adequate urethral substitutes. Tissue engineering may be a promising option for the creation of artificial urethral tissues. But accompanied techniques are complex with multi-steps and the results were dissatisfactory in some preliminary clinical applications[16, 17]. Till now, tissue engineered urethra mainly at the stage of animal experiments so that it has not been widespread accepted in the clinic[18].

For anterior urethral strictures or hypospadias, a multi-stage urethroplasty in onlay fashion is generally recommended[4][19]. However, there is a lack of exploration of one-stage reconstruction using tubularized graft. In some cases, onlay grafts may not be suitable and tubularized urethroplasty is necessary[20, 21]. We previously performed urethroplasty in a rabbit model with saphenous vein patch as onlay graft and gained encouraging results[7]. Saphenous vein is a hollow tubular structure with a similar diameter of urethra. It has advantages of easy to be harvested and improved cosmetic outcomes, almost involves no injury to its donor site.

Tuffer performed urethral reconstruction using vein graft for the first time in 1910[13]. Subsequently, several animal trials have been reported using vein grafts for urethral reconstruction[22–24]. Hubner et al[24] and Foroutan et al[25] used everted vein grafts and their outcomes were improved. They thought their modified technique eliminated negative effects on urine stream from the valve inside the venous lumen. To the best of our knowledge, one of the key factors in reconstructing urethra is adequate blood supply and fast angiogenesis in implanted graft. Vascular density in the urethral cavity plays a central role in determining the fate of tissue repair[26, 27]. Insufficient blood supply inevitably results in shrinkage of grafts and fibrosis formation. In the study, the saphenous vein was everted and the vascular endothelium became outside. We hypothesize that the vascular endothelium could gain blood supply
from periurethral muscles. We previously published our hypothesis that everted vein graft could survive without graft necrosis and slough off [7]. In this study, IHC staining with CD31 showed dense vascular capillaries in the experimental group. We demonstrate that everting the vein graft improved its ability of angiogenesis.

Adult male beagles were selected as our experimental model because the urinary tract in beagle resemble that of the human. Foroutan et al[25] performed histological study after euthanizing rabbits at days 7, 10, 14, 22, and 30 after operation, they found that gradual uroepithelialization occurred within one month. They demonstrated that the vein graft functioned as a guide for migration of uroepithelium. The histological examination in our previous experiment revealed similar progress[7]. The everted vein graft showed full integration to the neourethra. Urethral lumen was completely covered by regenerative uroepithelium 6 month postoperatively. Fistula formation, stenosis at the anastomosis were noted in the animals of control group. The experimental group showed improvement over the control group both in retrograde urethrography and histologic analysis. The MT staining showed that well-formed collagen and muscle fibers in experimental group. However, abundant collagen fiber, narrow urethral lumen and urothelium defect were found in control group. These results confirmed and supplemented our hypothesis. The rapid survival of the implant graft contribute to its function serving as a barrier of urine extravasation, facilitating urothelium cell migration and proliferation in the newly formed urethral tissue[28].

We create urethral defect models in a healthy urethra of normal animals, which cannot fully resemble the exact clinical situation of urethral stricture, which is characterized by the fibrotic urethra bed. Other limitations include a small sample size and a short follow-up time. The number of animals used in an experimental study is always a concern of the Ethics Committee, so the minimum number was used to answer the questions that were proposed. Further investigations with longer follow-up are necessary to assess its technical applicability and to translate this technology into clinic.

Conclusion

We first used the everted saphenous vein graft for tubularized urethral reconstruction to treat anterior urethral strictures and hypospadias. In our study, the experimental beagles had no voiding difficulty, no urethral fistula. And the animals had wide urethral lumen during the observation period. This study provides preclinical evidence and information needed to move toward clinical studies of this technique.

List Of Abbreviations

hematoxylin-eosin=HE; Masson's trichrome=MT; immunohistochemical=IHC; uroplakin-II=UP-II

Declarations

Ethics approval and consent to participate
The beagles in this research were acquired through the Animal Research Center of Wannan Medical College. Ethics approval was taken from Animal Experimentation Ethics committee of Wannan Medical College in accordance with the ARRIVE guidelines for reporting animal research.

**Consent for publication**

Not applicable

**Availability of data and materials**

All data generated or analysed during this study are included in this published article.

**Competing interests**

The authors report no conflicts of interest.

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**Authors’ Contributions**

Protocol/project development: YX

Data collection or management: DL, ZS

Manuscript writing/editing: YX, DL

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