Condensation of Photons coupled to a Dicke Field in an Optical Microcavity

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Motivated by recent experiments reporting Bose-Einstein condensation (BEC) of light coupled to incoherent dye molecules in a microcavity, we show that due to a dimensionality mismatch between the 2D cavity-photons and the 3D arrangement of molecules, the relevant molecular degrees of freedom are collective Dicke states rather than individual excitations. For sufficiently high dye concentration the coupling of the Dicke states with light will dominate over local decoherence. This system also shows Mott criticality despite the absence of an underlying lattice in the limit when all dye molecules become excited.

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In 1954 Dicke pointed out the possibility of collective spontaneous emission, known as superradiance, in situations when $N$ nearby atoms are coupled by a single mode of the electromagnetic field. They form a collective “superatom”, known as the Dicke state, and emit coherently with an intensity that scales as $N^2$ instead of $N$. A finite temperature phase transition into this superradiant phase was rigorously proven within the Dicke model, as was recently observed in a BEC of rubidium atoms in an optical cavity.

Recent experiments on an optical cavity filled with dye molecules reported room temperature BEC of photons. Here, two cavity mirrors at distance $d = n_z \lambda / 2$ confine the light in one direction, where $n_z$ is an integer, leading to a cutoff frequency $\omega_c = 2\pi c / \lambda$, where $c$ is the speed of light, above which photons disperse as two-dimensional (2D) massive particles with mass $m = h \omega_c / c^2$, which is so small that high transition temperatures could be reached at low photon densities. Most importantly, the dye molecules provided a thermal reservoir equilibrating the photons on time scales short compared to any loss times of photons. At large loss and pumping rates, however, equilibration is not efficient and standard lasing behavior takes over.

Motivated by this experimental setup, we study the properties of 2D massive photons coupled to two-level systems (TLS). As in the experiment, we assume that the typical distance $\delta_M$ between neighboring TLSs (dye molecules) is much shorter than $d$. We argue that in close analogy to the Dicke effect, the photons interact locally with a large number $N$ of TLSs, see Fig. 1. Thus locally a “Dicke field” forms (rather than a single Dicke state considered, e.g., in Ref. [4]), which condenses at a superfluid (SF) phase transition.

A remarkable consequence of the collective Dicke behavior is its persistence against local decoherence. In the dye molecules decoherence stems from the TLS excitation to local ro-vibrations, and prevents coherent light-matter coupling. However, while for $N$ molecules the (free) energy reduction due to coupling to the local decoherence degrees of freedom scales as $\propto N$, at large $N$ this coupling becomes subdominant compared to the ground state energy of the Dicke state $\propto N^2$.

Our results suggest that Dicke physics is crucial in this type of systems. In the currently available experimental system in Ref. [4], the decoherence rate $\Gamma \sim 10^{14}$ Hz reaches the order of the cutoff frequency $\omega_c = 2\pi \times 5.1 \times 10^{14}$ Hz, which makes application of our model problematic. Therefore reaching the condition $\Gamma < \omega_c$ may be necessary for the applicability of our theory, which then predicts a new SF regime where a BEC of “Dicke super-molecules” forms and facilitates overcoming decoherence.

In addition to superfluidity, the TLS filled microcavity offers a playground for Mott-Hubbard phases and quantum phase transitions (QPTs). Such phases of light were proposed to occur in arrays of photonic crystal cavities, while here no artificially designed lattices are required.

Model: Following Ref. [4], we formulate a model where 2D photonic excitations above the cutoff frequency, created by $\hat{f}(r) \ [r = (x, y)]$, are converted back and forth into electronic TLS excitations, created on the $i$-th dye molecule by Pauli matrix $\sigma_i^+$. As loss and pumping rates are assumed to be small compared to intrinsic equilibration rates, we can ignore them and consider a model with a conserved number of excitations, $\int \hat{f}(r) \hat{f}(r) d^2 r + \sum_i (\sigma_i^+ + 1) / 2$, controlled by the chemical potential $\mu$; see Refs. [10-12] for a discussion of the role of losses. We also consider decoherence due to a coupling to vibrational modes, created by $\nu_i^{\dagger}$. The total
Hamiltonian is

\[
H = H_{\text{ph}} + H_{\text{TLS}} + H_{\text{TLS-ph}} + H_{\text{vib}},
\]

\[
H_{\text{ph}} = \int d^2 r \, f^i(r) \left( -\hbar^2 \nabla_r^2 - \mu \right) f(r),
\]

\[
H_{\text{TLS}} = \sum_i (g_i f^i(r_i) \sigma_i^+ + h.c.),
\]

\[
H_{\text{TLS-ph}} = \sum_i (g_i f^i(r_i) \sigma_i^+ + h.c.),
\]

\[
H_{\text{vib}} = \sum_i \left( E_i v_{l,i}^+ v_{l,i} + \sigma_i^+(C_l v_{l,i} + h.c.) \right).
\]

The molecules are located at random 3D positions, \(R_i = (r_i, z_i)\), with density \(\rho_{\text{TLS}} = \delta_M^{-3}\), and \(g_i \propto \sin(n_2 \pi z_i/d)\). Eq. (1), based on the rotating wave approximation, assumes that the detuning \(\Delta\) is much smaller than \(\hbar \omega_c\).

To compare to the experimental setup of Ref. [1], we relate the parameters of Eq. (1) to measurable quantities. Consider an excited state with \(\sigma_i^+ = 1\) for \(\Delta < 0\). A transition to the ground state, \(\sigma_i^- = -1\), through photon emission occurs according to Fermi's golden rule with the rate \(\frac{1}{\tau} = \frac{\pi g^2}{\hbar^2} \rho_{\text{TLS}}\). A second measurable rate concerns the decay of off-diagonal elements of the density matrix of a TLS [8]. This decoherence rate is related to the transition between the superposition states \(\sigma_i^\pm = \pm 1\) occurring due to the coupling to the local vibrations, and within our model at \(T = 0\) this rate from excited- to groundstate is given by \(\Gamma = \frac{2\pi}{\hbar} \sum_i C_i^2 \delta(E_i - \Delta E)\), where \(\Delta E\) is the relevant energy difference between \(\sigma_i^\pm = \pm 1\). Quoting typical numbers from Ref. [4, 13],

\[
\delta_M = 10 \text{ nm}, d = 1.5 \mu m, n_2 = 7, \tau \sim 1 \text{ ns}, \Gamma \sim 10^{12} \text{ Hz},
\]

we observe that the decoherence rate is much larger than the photon-matter coupling \(\Gamma \gg 1\) and that \(d/\delta_M \gg 1\). In the following, we will study the problem for \(\Gamma = 0\), ignoring \(H_{\text{vib}}\). For \(d/\delta_M \gg 1\) we show that collective Dicke states control the phase diagram. In a second step, we investigate under which conditions the collective Dicke excitations remain coherent even for \(\Gamma \gg 1\).

**Emergence of Dicke states:** We now derive the effective 2D theory describing the dispersive 2D photons coupled to the static randomly located TLSs in the limit \(\delta_M \ll d\). We first consider a limit with large \(\Delta > 0\) and \(\Delta + \mu \lesssim 0\) where only a few TLSs are excited (but no photons) such that \(\sigma_i^\pm \cong -1\) for almost all TLSs. In this case one can replace the Pauli operators \(\sigma_i^x\) and \(\sigma_i^y\) in Eq. (1), satisfying \(\sigma_i^x \sigma_j^y = \delta_{ij} \sigma_i^z \cong -\delta_{ij}\), by conventional bosonic creation and annihilation operators, \(a_i^\dagger\) and \(a_i\), using \((\sigma_i^z + 1)/2 = a_i^\dagger a_i\). In this limit the effective single-particle spectrum can be determined from [14, 15] det\([E + \Delta]_\delta_{ij} - g_i I_{ij}(E) g_j\] = 0, with

\[
I_{ij}(E) = \int \frac{d^2 k}{(2\pi)^2} \frac{e^{ik(r_i - r_j)}}{E - \hbar^2 k^2/(2m)}.
\]

The photon propagator \(I_{ij}(E)\) describes hopping of excitations between TLSs via virtual photons. Here \(I_{ij}\) decays on the length scale

\[
\ell = h/\sqrt{2m|\Delta|},
\]

with \(I_{ij}(E) \approx I_{ij}(-\Delta) \propto e^{-|r_i - r_j|/\ell}\). When the 2D distance parallel to the mirrors is large, \(|r_i - r_j| \gg \ell\), their direct coupling can be neglected. In contrast, for \(|r_i - r_j| \ll \ell\), one obtains \(I_{ij}(E) \approx I(-\Delta)\) independent of \(i\) and \(j\). In this case the effective hopping Hamiltonian \(\sum_{ij} a_i^\dagger g_{ij} I_{ij} a_j = g_{\text{eff}}^2 I a_i^\dagger a_i\) describes the coupling of a single collective state \(\alpha^\dagger = \sum_i a_i^\dagger \sqrt{N} g_i^2 / \sqrt{\sum_i g_i^2} \) with enhanced coupling strength \(g_{\text{eff}} = g \sqrt{N} g_i^2 / \sqrt{\sum_i g_i^2} \) where \(N\) is the number of states with \(|r_i - r_j| \ll \ell\).

Therefore each region of typical linear dimension \(\ell\) in the \(xy\) plane, containing \(N = d^2 \rho_{\text{TLS}}\) TLSs, gives \(N - 1\) dark states that are essentially decoupled from the continuum, and a single bright state, referred to as the Dicke state, gains kinetic energy and propagates along the microcavity. The latter couples to the continuum with an effective coupling enlarged by \(\sqrt{N}\),

\[
g_{\text{eff}} = c \sqrt{N} \sqrt{\sum_i g_i^2},
\]

where \(c\) is a numerical coefficient of order 1.

We have checked that this picture holds independent of disorder realization, for a technically simpler but conceptually identical problem, of 1D photons coupled to 2D molecules. We diagonalized numerically the disordered single particle Hamiltonian \(H' = \sum_{ij} a_i^\dagger g_{ij} I_{ij} a_j\) where the hopping amplitude \(I_{ij} = e^{-|x_i - x_j|/\ell}\) depends only on the \(x\) coordinate, \(g_{ij} = g \sin(\pi n_2 y_i y_j)\), and a set of \(M\) points \((x_i, y_i)\) is randomly located on a two dimensional strip of length \(L\) and width \(1\), see lower inset of Fig. 2. As shown in Fig. 2 the energy eigenstates \(E_i\) can be roughly divided into two types, according to

\[
E_i \sim \begin{cases} 0 & \text{if } i \in \text{dark states,} \\ O(g_{\text{eff}}^2) & \text{if } i \in \text{Dicke states.} \end{cases}
\]

Therefore all dark states are localized within length \(\ell\) or shorter, and the \(\sim L/\ell\) Dicke states form a band of extended states with bandwidth \(\sim g_{\text{eff}}^2\).

**Phase diagram:** We will now construct the zero temperature phase diagram, as a function of the detuning \(\Delta\) and chemical potential \(\mu\). As long as \(\mu \lessgtr -\Delta\) are sufficiently negative, we expect a fully gapped state without excitations (vacuum state). Upon increasing \(\Delta\) or \(\mu\) the energy gap will eventually close at a QPT. Having identified the Dicke states as the lowest energy excitations
in the regime with \( \langle \sigma^z \rangle \approx 1 \), we now formulate a coarse-grained effective theory for long wavelength \( \gg \ell \) that will allow us to determine the transition lines where the Dicke excitations become gapless. Keeping only the Dicke state \( \alpha_B = \frac{\sum_{i \in B} g_i \sigma_i^z}{\sqrt{\sum_{i \in B} g_i^2}} \) for each box \( B \) of area \( \ell^2 \) (see Fig. 1) and letting \( f(r_i)|_{i \in B} \approx f(r_B) \) where \( r_B \) is the center of box \( B \), we obtain \( H^\text{eff}_{\text{TLS-L}} = -(\Delta + \mu) \sum_B \alpha_B^\dagger \alpha_B \) and \( H^\text{eff}_{\text{TLS-ph}} = \sum_B g_{\text{eff.B}} f^\dagger(r_B) \alpha_B + \text{h.c.} \), where \( g_{\text{eff.B}} = \sqrt{\sum_{i \in B} g_i^2} \). We now turn to a continuum theory, by introducing a Dicke field \( D(r) \equiv \alpha_B(r_B)/\ell \), such that \( \delta^2 r D^\dagger D = \sum_B \alpha_B^\dagger \alpha_B \). The effective Lagrangian density becomes

\[
\mathcal{L}_0 = \Phi^\dagger \left( i \hbar \partial_t + \frac{\hbar^2}{2m} \nabla^2 + \mu - \Omega \right) \Phi \tag{7}
\]

where \( \Phi = (f(r), D(r))^T \). The collective energy scale

\[
\Omega = g_{\text{eff}} \ell^{-1} = c' \sqrt{(g^2) \rho_{\text{TLS-d}}} \tag{8}
\]

appears, which does not depend on the coarse-graining length \( \ell \) — only the 2D projected density of TLSs, \( \rho_{\text{TLS-d}} \), enters. As desired, the dispersion of excitations can be extracted from Eq. (7), setting \( \mathcal{L}_0[\omega(k), \vec{k}] = 0 \); we find that the gap vanishes along the line \( \mu_0 = -\frac{\hbar^2}{2m} - \sqrt{\left( \frac{\hbar^2}{2m} \right)^2 + \Omega^2} \) (see Fig. 4).

Similarly, consider a state where all TLSs, but no other photon modes, are excited. In this state the number of excitations coincides with the number of TLSs. It can be identified with a Mott phase at filling 1. Its range of stability is easily obtained similarly to the vacuum state. Now we are in the opposite limit \( \langle \sigma^z \rangle \cong +1 \), and here we may define a Dicke state \( \Phi \) corresponding to a linear superposition of deexcited TLSs. The resulting

\[
\mathcal{L}_1 = \Phi^\dagger \left( i \hbar \partial_t + \frac{\hbar^2}{2m} \nabla^2 + \mu - \Omega \right) \Phi \tag{9}
\]

where \( \Phi = (f(r), D^\dagger(r))^T \). From this equation we find that the Mott phase is only stable for \( \Delta > 2\Omega \) and \( \mu < \mu_+ \), with \( \mu_+ = \frac{\hbar^2}{2m} \left( \Delta \pm \sqrt{\Delta^2 + 4\Omega^2} \right) \), see Fig. 4.

At \( T = 0 \) one obtains superfluidity (Fig. 7) between the vacuum and the Mott phase. The critical properties of the QPT from the vacuum or the Mott phase into the superfluid state are determined by the quadratic dispersion of the first boson, which condenses, i.e., \( \omega(k) = (\mu - \mu_+) + \hbar^2 k^2/(2m^*) + O(k^4) \) \[17\]. As \( \omega \sim k^2 \) at criticality, the dynamical critical exponent is \( z = 2 \). A characteristic feature of the Mott phase \[18\] is that there is always a point where the effective mass changes its sign and therefore vanishes. Here this occurs at \( \Delta = 2\Omega \), \( \mu = -\Omega \) (point in Fig. 4), where Eq. (9) gives rise to a Lorentz invariant critical mode with linear dispersion \( (z = 1) \), \( \omega(k) = c_{\text{eff}} k \) with

\[
c_{\text{eff}} = \left( \frac{\Omega}{2m} \right)^{1/2} \tag{10}
\]

\( c_{\text{eff}} \) can become very large \( c_{\text{eff}} \approx 0.1c \) using the parameters of Eq. (2) but remains always smaller than \( c \) \[17\]. In this case the universality class of the QPT is given by the 3D XY model. Close to this point, one can also expect the emergence of a Higgs mode \[19\].

**Superfluid regime and large spin physics:** To describe the ground state of the condensed Dicke states and photons, which can no longer be described as a dilute gas, we map the Dicke states onto large spins, approximat-
ing the local coupling constants \( g_i \) by a constant \( g \). We define a large-\( S \) operator for each correlated region \( \mathcal{B} \), \( \mathbf{S}_B = \sum_{i \in \mathcal{B}} \mathbf{S}_i \). Then the TLS Hamiltonian becomes

\[
H_{\text{TLS}}^{\text{eff}} + H_{\text{TLS-\phi}}^{\text{eff}} = -\sum_{\mathcal{B}} (\mu + \Delta) S^z_B + \sum_{\mathcal{B}} g [f(r_B) S^z_B + S^z_B f(r_B)].
\]

We will apply the standard mean field approximation in order to decouple the spin-phonon interaction, relegating details to the Supplement. As in the Dicke model, inside the SF phase in Fig. 4 we obtain a condensed state where the experimentally measurable photon order parameter \( \langle f' \rangle \) is linked to the spin-projection into the \( xy \) plane, \( \sqrt{S^2} + S^y = |\mu(f')|/\ell^2/g \), and given by

\[
|\langle f' \rangle|^2 = \frac{1}{4} \left( \frac{\Omega^2}{\mu^2} - \frac{\mu + \Delta^2}{\Omega^2} \right) \rho_{\text{TLS}d}.
\]

Deep in the condensed phase, we observe that along the line \( \Delta + \mu = 0 \) (dashed line in Fig. 4) we have \( \langle S^z \rangle = 0 \), and the intensity of condensed photons scales with the number of dye molecules, \( |\langle f' \rangle|^2 \propto (\rho_{\text{TLS}d})^2 \), similar to Dicke superradiance. Also the groundstate energy density, given by

\[
E_{GS} = \frac{\mu^2 (\Delta + \mu)^2 + \Omega^4}{4\mu \Omega^2} \rho_{\text{TLS}d}, \quad (\mu < 0)
\]

scales as \( (\rho_{\text{TLS}d})^2 \) for \( \Delta + \mu = 0 \).

In contrast to the Dicke model studied in [2] with all TLSs located at a single point, in our model slow fluctuations around the homogenous solution result in a linearly dispersing Goldstone mode with velocity

\[
s = \sqrt{\frac{\mu^3 (\Delta + \mu)^2 - \mu \Omega^4}{2m(2\Delta \mu^3 + 3\mu^4 + \Omega^4)}} \Delta = 2\Omega, \mu = -\Omega \rightarrow c_{\text{eff}},
\]

plotted in the inset of Fig. 4 and reproducing Eq. (10) at the Lorentz invariant critical point. This finite SF velocity marks the role of interactions, and pinpoints the principal difference between the local Dicke model and our interacting BEC of a Dicke field.

The Hilbert space of a box with \( N \) TLSs \( (2^N \) states) is much greater than the \( 2^S + 1 = N + 1 \) states of a spin-\( S \) object. The additional small spin states with \( S^2_B < S(S+1) \), have higher energy similar to Fig. 2. We integrate out the high energy photon modes from Eq. (11), giving \( \delta H = -E_S \sum \mathbf{S}_B^z \mathbf{S}_B^- \), with a numerical coefficient of \( O(1) \). On the superradiance line, \( S_B^z = 0 \), which will be our main concern from now on, Eq. (15) reduces to

\[
\delta H = -E_S \sum \mathbf{S}_B^z \mathbf{S}_B^-,
\]

where \( E_S \sim \frac{g^2 m}{\ell^2} = \frac{\hbar}{2} \) with a numerical coefficient of \( O(1) \). The high energy photon modes from Eq. (11), giving \( \delta H = -E_S \sum \mathbf{S}_B^z \mathbf{S}_B^- \), giving the energy difference between the largest and the next largest spin states, \( E_S[S(S + 1) - (S - 1)S] = E_S N \). This justifies keeping only the large-\( S \) manifold for low temperatures \( T \ll E_S N \).

**Dicke superradiance versus decoherence:** We finally include the coupling to the local vibrations in Eq. (1). In general, a strong coupling to such baths can destroy the quantum coherence needed for the Dicke effect and for superfluidity. To estimate the effects of decoherence, we focus on the region near the superradiance line where collective effects are most pronounced.

It is convenient to define \( \Sigma(E) = \sum C_i^2/(E - E_i + i0^+) \). For a single TLS, the decoherence rate \( \Gamma = -\frac{\Omega}{2} \text{Im} \Sigma(\Delta E) \). As an alternative to the superradiant phase studied above, we consider a state where all local oscillators deform into their new ground state at \( |\langle \sigma^\dagger \rangle| = 1 \), and where \( \langle f' \rangle = 0 \). The energy gain is \( -\sum C_i^2 = \text{Re} \Sigma(0) \) per TLS. The corresponding 2D energy density \( E_d = \text{Re} \Sigma(0)\rho_{\text{TLS}d} \), grows only linearly in \( N = \rho_{\text{TLS}d}^2 \), as opposed to the superradiance phase with \( E_{GS} \propto N^2 \), see Eq. (13). The superradiance phase is the ground state if \( E_{GS} \approx E_{\nu} \). This gives, setting \( \mu \sim \Omega \) in Eq. (13), \( \Omega \gg |\text{Re} \Sigma(0)| \). For a rough estimate, we assume that \( \text{Im} \Sigma(\Delta E) \) and \( \text{Re} \Sigma(0) \) are of the same order. In that case the above criterion becomes \( \Omega \gg \hbar \Gamma \).

A more restrictive criterion should ensure that higher energy dark spin states with lower value of \( \mu \) are weakly excited by \( H_{\text{vib}} \). Starting from the large-\( S \) ground state \( |S \rangle \), the Hamiltonian \( H_{\text{vib}} \) causes transitions into lower excited states \( \sigma_i^+ |S \rangle \) with \( S_B^2 = (S - 1)S \). From Eq. (15) all these states are separated by approximately the same energy gap \( E_d = E_S N \) from the ground state. Neglecting the vibrational energy of \( O(1) \) in \( \Sigma(E_d) \) the corrections to the ground state due to higher energy states are small \( \sum |C_i|^2 \ll E_S^2 \rho_{\text{TLS}d} \), which will again be satisfied for sufficiently large \( N \).

Estimating \( \Omega \) from the typical parameters in Eq. (2), we obtain \( \Omega \approx 0.028\hbar \omega_c \), while the decoherence rate satisfies \( \Gamma \approx \omega_c \). Thus \( \Gamma \gg \Omega \), implying that Dicke physics is subdominant in Ref. [4]. However, while decoherence for single TLSs is enormous, \( \Gamma = 10^8 \), Dicke physics reduces this large number by few orders of magnitude. We expect that upon increasing the dye concentration or the distance \( d \), Dicke physics can become dominant and allow one to observe the rich pattern predicted and discussed here.

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SUPPLEMENTARY MATERIAL

In this supplement we provide details for the calculation of the critical temperature and superfluid velocity, as well as the effective theory at the quantum phase transitions and the influence of disorder.

CRITICAL TEMPERATURE

We have demonstrated that the microcavity filled with dye molecules can be viewed as a collection of correlated regions of area \( \ell^2 \), drawn as boxes in Fig. 1 in the main text, containing \( N \) TLSs each. In this section, we will use this picture to estimate the critical temperature \( T_c \) of the SF phase. Since correlations are limited to length \( \sim \ell \) characterizing each box, \( T_c \) is the same for all the boxes, and can be calculated for a single box. Since the interaction between TLSs \( \propto e^{-[r]/\ell} \) is substantial between all pairs in the box, for the sake of an order of magnitude estimate of \( T_c \) we will place all \( N \) TLSs at the center of the box. Under this simplification the model for each box is just the multimode Dicke model studied in Ref. [2].

Adopting their notation, the Hamiltonian reads

\[
H_B = \sum_k \nu_k a_k^+ a_k \\
+ \sum_{i=1}^N \left( \frac{\omega}{2} \sigma_i^z + \frac{1}{2 \sqrt{N}} \left( \sum_k \gamma_k a_k \sigma_i^+ + h.c. \right) \right).
\] (16)

We define \( -\mu = \min_k \{ \nu_k \} \). Relating to our model, \( \nu_k = \hbar^2 k^2 / 2m - \mu \) and \( \omega = - (\Delta + \mu) \). Wang and Hioe obtained an exact result for \( T_c \), set to 0 otherwise. Here \( \gamma^2 = \sum_k \min_k \{ \nu_k \} \gamma_k^2 \).

We may also relate \( \gamma_k \) to our \( g \) via \( \gamma_k \sqrt{k^2} = g \). We used \( f = \frac{1}{\ell} \sum_k e^{ikx} a_k \). Thus

\[
\gamma^2 = \frac{4N\Omega^2}{\ell^2} \sum_k \frac{\hbar^2 k^2}{2m} \frac{-\mu}{-\mu} = \Omega^2 \frac{1}{\pi^2} \frac{-\mu}{\hbar^2/2m^2} \log \frac{\hbar \omega_c}{-\mu}.
\] (18)

with \( k = (k_x, k_y) \) and \( k_x \) and \( k_y \) are quantized in units of \( 2\pi/\ell \). For large positive \( \Delta \), \( \Delta \gg \Omega \) we may use Eq. 4 in the main text, \( \hbar^2/2m^2 = \Delta \). In this limit the SF region is confined near the superradiant line \( -\mu = \Delta \). Thus, up to a prefactor of order 1 which includes the logarithmic factor in Eq. 18, we simply have \( \gamma \sim \Omega \), so from Eq. 17 the maximal value of \( T_c \) on the superradiant line is

\[
T_c \sim \frac{\Omega^2}{\Delta}, \quad (\mu + \Delta = 0, \Delta \gg \Omega).
\] (19)

This result also gives the order of magnitude \( T_c \sim \Omega \) of the transition temperature in the regime where \( \Delta \approx \Omega \).

We notice that a simple mean field analysis of our model Eq. (1) in the main text gives directly Eq. 19: The mean field value for \( \langle f \rangle = \langle f \rangle \) gives, for \( -\mu = \Delta \), \( -\Delta \langle f \rangle = \rho_{TLS} g_\perp^2 \), with \( g_\perp^2 \) being the expectation value of a spin-1/2 in a magnetic field given by \( B = g f \), therefore \( \langle f \rangle = -\frac{1}{2} \tanh (g f / 2 T_c) \). Linearizing in \( g \) gives the desired result. This mean field calculation confirms that the critical temperature of each box (in the limit \( N \to \infty \)) determines the critical temperature of the full system. We emphasize that in this finite temperature mean field calculation, in contrast to the \( T = 0 \) case that will be described in the next section, it is important to retain all \( 2^N \) spin states apart from the space of \( N + 1 \) states of a single large spin. While they have higher energy they contribute to the entropy.

In the 2D system there is no ordering and instead there is a Kosterlitz-Thouless transition, but we expect that its critical temperature will be of similar size as the mean field critical temperature.

\[
T_c = 0 \text{ MEAN FIELD AND SOUND VELOCITY}
\]

We return to the zero temperature case. Due to the energetic preference for large spin formation, see Eq. (15) in the main text, we will treat the TLSs as large spins forming on typical regions of size \( \ell \), \( S = N/2 = \ell^2 d\rho_{TLS}/2 \). Interestingly, the value of \( \ell \) will not influence any of the results in this section. It will, however, set the typical healing length over which sound waves form. The velocity of these collective excitations is calculated in this section.

Parametrizing the photon field as \( f(r, t) e^{i \phi(r, t)} \) (with \( f > 0 \) ) and the Dicke spin as \( S^+(r, t) = S \sin(\theta(r, t)) e^{i \phi(r, t)} \), which are assumed to vary slowly on the scale \( \ell \), the Lagrangian density \( \mathcal{L} = f(r, t), \alpha(r, t), \theta(r, t), \phi(r, t) \) becomes

\[
\mathcal{L} = -\hbar f \dot{\alpha} + \mu f^2 - \frac{\hbar^2 f^2}{2m} (\nabla_r \alpha)^2 - \frac{\hbar^2}{2m} (\nabla_r f)^2 \quad (20)
\]

- \( \frac{S}{\ell^2} \left( \hbar \cos(\theta) \dot{\phi} - \mu + \Delta \cos(\theta) + 2g \sin(\theta) f \cos(\phi + \alpha) \right) \).

Note that this expression does not depend on \( \ell \) as only the combination \( \frac{S}{\ell^2} = d\rho_{TLS} / 2 \) enters. The time-derivative term \( \propto \cos(\theta) \dot{\phi} \) is the Berry phase describing the dynamics of a spin. The uniform ground state is obtained by minimizing the energy. This gives no restriction on \( \phi - \alpha \), which is the massless Goldstone mode, and

\[
\phi + \alpha = \pi, \quad (g > 0)
\]

\[
\mu f = \frac{g S}{\ell^2} \sin(\theta),
\]

\[
\Delta + \mu = -2gf \cot(\theta).
\] (21)

The latter two equations can be solved for \( f = f_0 \) and
\( \theta = \theta_0 \). This gives

\[
\cos(\theta_0) = -\frac{\mu(\Delta + \mu)}{g^2(2S/\ell^2)} = -\frac{\mu(\Delta + \mu)}{\Omega^2},
\]

(22)

and \( f \) is given in Eq. (12) in the main text. Deviations from \( f = f_0 \) and \( \theta = \theta_0 \) are massive fluctuations, in terms of which the energy density can be expanded to quadratic order,

\[
E^{(2)} = E_{GS} + \frac{1}{2} \left( \delta f \delta \cos \theta \right) \hat{E}'' \left( \delta f \delta \cos \theta \right),
\]

with

\[
\hat{E}'' = \left( \begin{array}{cc}
\frac{\partial^2 E}{\partial f^2} & \frac{\partial^2 E}{\partial f \partial \cos \theta} \\
\frac{\partial^2 E}{\partial f \partial \cos \theta} & \frac{\partial^2 E}{\partial \cos \theta^2}
\end{array} \right) f = f_0, \theta = \theta_0
\]

(23)

and the ground state energy density \( E_{GS} \) is given in Eq. (13) in the main text. We defined the 2D density \( \rho \) of TLSs in Eq. (13) in the main text.

To obtain the dynamics of the low energy Goldstone mode, we integrate out the massive fluctuations \( \delta f \) and \( \delta \cos \theta \), whose linear coupling to the time derivatives of \( \alpha \) and \( \phi \) in Eq. (20) may be expressed as \( \delta \mathcal{L} = -(\delta f \delta \cos \theta)\overline{M} \hat{\phi}_y (\hat{\phi}_y) \) where \( \overline{M} = \hbar \left( \begin{array}{cc} 2f_0 & 0 \\
0 & \rho^{2D}/2 \end{array} \right) \).

Performing the integration gives the effective action

\[
e^{i \int d^2r dt \mathcal{L}_{\text{eff}}} \propto \int \mathcal{D} \delta f(r,t) \mathcal{D} \delta \cos \theta(r,t) e^{i \int d^2r dt \mathcal{L}^{(2)}},
\]

(24)

\[
\mathcal{L}_{\text{eff}} = \frac{1}{2} \left( \hat{\phi}_y \hat{\phi}_y \right) \overline{M} \left( \hat{E}'' \right) - \hat{E}' \hat{M} \hat{\phi}_y + \frac{\hbar^2 f_0^2}{2m} (\nabla \phi)^2 - \frac{2g S}{\ell^2} \sin(\theta_0) f_0 \cos(\phi + \alpha).
\]

Two phase fields \( \alpha \) and \( \phi \) are governed by this effective Lagrangian, among which there is one Goldstone mode \( \phi_- = \phi - \alpha \) and one massive mode \( \phi_+ = \phi + \alpha \). In terms of \( \phi_{\pm}(r,t) \) the Lagrangian reads

\[
\mathcal{L}_{\text{eff}} = \frac{m_+}{2} \phi_+^2 + \frac{1}{2} \left( \hat{\phi}_y \phi_- \right) \hat{A}, \quad \hat{A} = \frac{1}{2} \left( \begin{array}{cc}
\hat{M} \left( \hat{E}'' \right)^{-1} \hat{M} & 1 \\
1 & 1
\end{array} \right) \hat{M} \left( \hat{E}'' \right)^{-1} \hat{M} \left( \hat{E}'' \right),
\]

(25)

with mass \( m_+ = \frac{2g_0 S \sin \theta_0}{\ell^2} \).

Integrating out the gapped mode \( \phi_+ \) generates only fourth order derivative terms for \( \phi_- \). Thus up to second order derivative terms of the gapless mode the Lagrangian is written as \( \mathcal{L}_{\text{eff}} = \frac{\hbar^2 f_0^2}{4m} (\nabla \phi_-)^2 \), which describes a wave with velocity

\[
s = \sqrt{B_{22}/A_{22}}.
\]

(26)

Working out the algebra one obtains Eq. (14) in the main text.

Any sound wave requires interactions. Without the TLSs, a sound mode made of photons cannot be achieved in our model where photons are noninteracting. An effective photon-photon interaction, responsible for this sound mode, stems from the TLSs and will be calculated in the next section.

The velocity in Eq. (20) exceeds the speed of light \( c \) when the coupling \( g \) is large enough. However, we will see now that this is not the case anymore if one starts from the correct theory of massive photons.

**Effective action from Maxwell’s equations**

We demonstrate now that beyond the leading expansion in large \( \omega_c \), which is typically considered, one obtains a second order time derivative \( f^* \partial_t^2 f \) in the action of the massive photon. Consider the equation

\[
[\partial_t^2 - c^2 (\nabla_z^2 + \nabla_r^2)] E(r,z,t) = 0,
\]

(27)

for the electric field in a linear medium with the speed of light \( c \). It is obtained from the Maxwell’s equation by excluding the magnetic component. We apply the ansatz

\[
E(r,z,t) \propto f(r,t)e^{-i\omega_c t} \sin(n_z \pi z/d) + h.c.
\]

(28)

It is generally assumed that it is sufficient to consider one polarization, determined by an external laser pump. The equation of motion for \( f \) is

\[
\text{Re} \left[ \partial_t^2 - 2i \omega_c \partial_t - c^2 \nabla_r^2 \right] f = 0.
\]

(29)

Taking \( f \) to have dimensions of inverse length our system is described by the Lagrangian

\[
L = \int d^2r f^*(r) \left( i \hbar \partial_t - \frac{\hbar}{2mc^2} \partial_t^2 + \frac{\hbar}{2m} \nabla_r^2 \right) f(r),
\]

(30)

where we used \( \omega_c = mc^2 \).

Typically the second term \( \partial_t^2 \) is neglected for frequencies \( \omega \ll \omega_c \). However, returning to the calculation of the SF velocity, this term gives an additional second order time derivative \( \delta L = f f^* \partial_t^2 \) in the effective Lagrangian Eq. (20). Eventually, it gives a minimal value for \( A_{22} \) in Eq. (20) which becomes obtains an extra contribution \( A_{22} \rightarrow A_{22} + \frac{\hbar^2 f_0^2}{4mc^2} \). As a result, the sound...
velocity becomes

\[ s = \sqrt{\frac{\hbar^2 f_0^2}{4m^2} + A_{22}} < c, \]  

(31)

which never exceeds the speed of light.

**CRITICAL THEORY**

The general critical theory near the transition lines in the phase diagram, Fig. 3 in the main text, is described by the Lagrangian density

\[ \mathcal{L} = \psi^* \left[ c_1 i \hbar \partial_t + c_2 \partial_r^2 + \frac{\hbar^2}{2m_r} \nabla^2_r + \delta \mu \right] \psi - \frac{\eta}{2} |\psi|^4 \].  

(32)

The transition lines \( \mu = \mu_0 \) or \( \mu = \mu_\perp \) correspond to \( \delta \mu = 0 \). The quadratic part of the theory follows from Eqs. (7) and (9); the dispersion relation of two modes is obtained from \( \det \mathcal{L}_{0,1}(\omega(k), k) = 0 \), and the critical theory is obtained by retaining only the gapless mode for which \( \omega(k) = 0 \) at \( \delta \mu = 0 \). Generic phase transitions in Fig. 3 in the main text have quadratic dispersion \( \omega(k) \sim k^2 \), corresponding to dynamical critical exponent \( z = 2 \). This behavior applies to the entire transition line \( \mu = \mu_0 \). A characteristic feature of the Mott transition is, however, that there is always one point with \( c_1 = 1 \), and hence \( z = 1 \) and the critical mode has linear dispersion \( \omega(k) = c_{\text{eff}} k \) with an effective speed of light \( c_{\text{eff}} = \sqrt{\frac{\hbar^2}{2m^2 c_2}} \). This Lorentz invariant quantum critical point was identified at \( \Delta = 2 \Omega, \mu = -\Omega \) (red point in Fig. 3 in the main text), where one can obtain from \( \det \mathcal{L}_1(\omega(k), k) = 0 \) that \( c_{\text{eff}} = \left( \frac{\Omega}{m_0} \right)^{1/2} \).

In this section we will focus on the transition between the vacuum phase and SF phase (\( \mu = \mu_0 \) in Fig. 3 in the main text) and calculate the parameters of the critical theory Eqs. (32). Later, we will study the influence of disorder at this transition.

The dispersion relation \( \omega(k) \) is determined from

\[ \det \left( \begin{array}{cc} \omega(k) - \frac{\hbar^2 k^2}{2m} + \mu_0 + \delta \mu - \Omega & -\Omega \\ -\Omega & \omega(k) + \mu_0 + \delta \mu + \Delta \end{array} \right) = 0. \]

This equation gives two eigenmodes being linear combinations of the photon- and Dirac fields: (i) The critical field is the linear combination \( \psi(r, t) = \cos(\eta) f(r, t) + \sin(\eta) D(r, t) \) which has zero energy at criticality, \( \omega = k = 0, \mu = \mu_0 \),

\[ \left( \begin{array}{cc} \mu_0 & -\Omega \\ -\Omega & \mu_0 + \Delta \end{array} \right) \left( \begin{array}{c} \cos(\eta) \\ \sin(\eta) \end{array} \right), \]  

(33)

giving \( \tan(\eta) = \mu_0/\Omega \). (ii) The orthogonal combination \( \phi = -\sin(\eta) f + \cos(\eta) D \) is the non-critical mode which has an energy gap at the transition. The chemical potential couples to the total conserved density \( D^* D + f^* f = \psi^* \psi + \phi^* \phi \). Near the quantum phase transition the non-critical mode \( \phi \) will be neglected. This way we find \( c_1 = 1, c_2 = 0 \) (the contribution from Eq. (30) to \( c_2 \) can be neglected in a \( z = 1 \) QPT), \( \delta \mu = \mu - \mu_0 \), and

\[ \frac{1}{m^*} = \frac{1}{\hbar^2} \partial_k^2 \omega(k) = \frac{1 - \sqrt{\Delta^2 + 4\Omega^2}}{2m}. \]  

(34)

**Interaction parameter:** While photons are noninteracting in our model, a finite interaction \( u \) in Eq. (32) exists due to the presence of the TLSs. We will use now our \( T = 0 \) mean field results to obtain \( u \).

The interaction \( u \) can be obtained in various equivalent ways. The interaction parameter \( u \) determines the ratio between changes in the chemical potential and SF density; from Eq. (32) we have \( u = \lim_{\delta \mu \to 0} \frac{\langle \psi^* \psi \rangle}{\mu} \). (Another equivalent way to obtain \( u \) is by using the ratio \( m^* s^2 = u \psi^* \psi \) which gives the same result). We may use our knowledge of \( (f^* f) \) and \( \sqrt{S_+^2 + S^2} \) from the mean field solution to evaluate \( \langle \psi^* \psi \rangle \), via \( \langle \psi^* \psi \rangle = \langle S + S^2 \rangle / \ell^2 + \langle f^* f \rangle = S/\ell^2 (1 + \cos \theta_0) + f_0^2 \), where \( f_0 \) and \( \theta_0 \) were evaluated in the previous section. We consider the dimensionless coupling constant \( \tilde{u} = \frac{2m^* u}{\hbar^2} \), which is equal to \( \langle (\psi^* \psi)^2 \rangle^{-1} \)

\[ l_h = \frac{\hbar}{\sqrt{2m^* \mu}}, \]  

(35)

is the healing length. Along the transition to the vacuum phase we find

\[ \tilde{u} = \frac{m(\Delta + \sqrt{\Delta^2 + 4\Omega^2})^2}{\hbar^2 d_{\text{TLS}} \sqrt{\Delta^2 + 4\Omega^2}}. \]  

(36)

In Fig. [4] we plot \( \tilde{u} \) as function of \( \Delta \), using the parameters in Eq. (2) in the main text and see that very small interaction parameter is obtained everywhere. We emphasize, however, that the manifestation of superfluidity, e.g., formation of sound waves, requires distances which exceed the healing length. Setting \( \delta \mu \sim \Omega \sim \Delta \), and multiplying and dividing Eq. (35) by \( \ell^2 \) using Eq. (4) from the main text, we see that

\[ l_h \sim \ell. \]  

(37)

Physically this length is the distance at which correlation is built. The fact that \( l_h \) is small simply reflects the fact that density \( \psi^* \psi = \delta \mu / u \) responds strongly to changes in the chemical potential. This is consistent with the dimensionality mismatch between the 2D photons and 3D molecules, since, for typical changes of \( \delta \mu \) being of the order of \( \Omega \), we will obtain a SF density consisting of a fraction of the TLSs, \( \rho \sim \rho_{\text{TLS}} d \), giving again \( \tilde{u} \sim \frac{2m}{\hbar^2} \frac{\Omega}{\rho_{\text{TLS}} d^2} \sim \frac{1}{\rho_{\text{TLS}} d^2} \sim 8 \cdot 10^{-6} \) observed in Fig. 4 for \( \Delta \to 0 \).
In the photon condensation limit, where $\langle \psi^\dagger \psi \rangle \to \langle f^\dagger f \rangle$, the interaction is given by $u = \frac{2g^2}{\Delta} d\rho_{\text{TLS}}$, that corresponds to a local contribution of $\frac{2g^2}{\Delta}$ from each TLS, and is thus proportional to the 2D density of molecules $\rho_{\text{TLS}}d$.

Influence of disorder near the transition: The random arrangement of TLSs gives a source of disorder which we have ignored in our coarse grained description. A simple order of magnitude estimate does, however, show that disorder can safely be neglected, as we describe now.

The number of TLSs within one box in Fig. 1 in the main text fluctuates by $\delta \mu$ around its mean value $\mu_0$. Now, $N$ is related to length $L$ via $N(L) = d\rho_{\text{TLS}}L^2$. Thus, fluctuations of $\delta \mu^{(2)} = \sqrt{\langle \delta \mu^2 \rangle}$ are generated at length $L = \frac{\Omega^2}{\Delta \sqrt{\rho_{\text{TLS}} d \delta \mu^{(2)}}}$. (38)

Comparing $L$ with the correlation length at distance $\delta \mu = \delta \mu^{(2)}$ from criticality,

$$\xi = \frac{\hbar}{\sqrt{2m}} \frac{1}{\sqrt{\delta \mu^{(2)}}}.$$  (39)

one obtains, from the Harris criterion, that the disorder can be neglected for $\frac{\Omega^4}{\Delta^2 m^2 \rho_{\text{TLS}}^2} < |\mu - \mu_0|$. Multiplying and dividing by $\ell^2$, using $\Delta = \frac{\hbar^2}{2m\rho_{\text{TLS}}^2}$, we have $\frac{\Omega^4}{\Delta^2 m^2 \rho_{\text{TLS}}^2} < |\mu - \mu_c|$. Due to the factor $1/N$, disorder can be ignored for realistic parameters, except for a very narrow region near the quantum phase transition line.

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