3D Knitted Preforms Using Large Circular Weft Knitting Machines

Christoph Peiner1 · Henning Löcken1 · Leon Reinsch1 · Thomas Gries1

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Abstract
3D-knits are typically produced on flat knitting or special circular knitting machines in a time-consuming process. The utilisation of a sewing-like pattern opens up the potential of a 10–50 times faster production on common large circular knitting machines as compared to conventional flat knitting machines. Since common large circular knitting machines are not designed for this technology, the limitations and the stability of process conditions have been rarely studied. To further proof the feasibility and increase technological maturity, agile product development is conducted. As a concept product, a sports bra with customised cups is developed and demonstrated, which is knitted in a single step in approx. 5 min using the sewing-like pattern on a large circular knitting machine. The agile process is utilised to build process knowledge, develop a methodology for product design and to defined a descriptive process terminology. In order to further accelerate and digitize the production process, an algorithm is developed and implemented to convert CAD-data into machine readable knitting structures. The paper presents the basics of the 3D-Knit one large circular knitting machines and a defined terminology. Furthermore, process knowledge is built up and from this a sequence of development steps is derived. The development of a 3D-knitted sports bra is presented as a proof of concept of the technology. Further, the first steps for digitalising the product development process are given. The results open up application possibilities in sportswear, upholstery and aerospace with increased productivity and hence cost reduction.

Keywords Large circular 3d-knitting · 3D fabric · Productivity · Sewing pattern · CAD to pattern transformation

1 Introduction—Definition 2D- and 3D-Textiles

The transition between regular 2D-fabrics and 3D-fabrics can be defined in different ways and rarely there exists a strict border between 2D- and 3D-fabrics. The reason for this vague boundary is that all physical objects are formed in all 3 dimensions. At most, it happens that the expression of one dimension is considered to be infinitesimal compared to the
other two. In conventional fabrics, the thickness is considered to be neglectable compared to width and length, hence these conventional fabrics are labelled as 2D-fabrics.

Fabrics which are referred to as 3D-fabrics have characteristic values in all 3 physical dimensions. The 3D-form of these textiles can be created due to the yarn architecture or the textile architecture. The yarn architecture is used to describe the composition of the yarns at the inside of a fabric. The fabric is defined as a 3D fabric due to its yarn architecture, if it is created by three or more yarn systems and no rectangular coordinate system can fit into it while maintaining a rectangular position to each yarn system. For example, spacer fabrics are typically considered 3D fabrics due to their yarn architecture.

The textile architecture is determined by the geometry of the fabrics. A fabric is defined as a 3D-fabric in regards to the textile architecture, if a volume is formed or created by the fabric; therefore, socks are typical regarded as 3D-fabrics [1, 2].

The production of 3D-textiles can be carried out in a one-step-process or with a multiple-step process. Common technologies for multiple-step-processes are the production of 2D-fabrics and sewing the textiles in their desired 3D-geometry or the pressure forming of elastic flat textiles into a 3D-geometry. For the one-step-process production of 3D-textiles various technologies are used, working mostly with the principles of fabric production from the conventional technologies for 2D-fabrics. The most widely used 3D production technologies are 3D-braiding, 3D-warp knitting, 3D-weft knitting on flat knitting machines and 3D-weaving [1].

In this work, a new method is being developed to produce 3D-textile architectures on large circular knitting machines in a one-step-process. To date, spacer fabrics are the only 3D-textiles producible on common large circular knitting machines. 3D-textile architectures are typically produced on flat knitting machines or special seamless machines. Fuhrmann et al. previously developed a basic principle of forming 3D-textile architectures on large circular knitting machines [4–6].

2 State of the Art – Principle of Forming 3D-Textiles on Large Circular Knitting Machines

The principle of large circular 3D-knitting enables the production of 3D shaped knitted fabrics while still using the high productivity of the continuous needle movement of large circular knitting machines. There are no machine modifications on jacquard knitting machines needed and the productivity of large circular knitting machines can be enhanced with the new technology. As it is generally the case with 3D knitting, the prerequisite for this application is individual needle control, which means a jacquard machine is required [3–7].

The principle of producing 3D-knitted fabrics on large circular knitting machines is based on a new knitting pattern. With this pattern the implementation of a reduction of the surface, which is typically made by confection during the cut & sew process, is enabled. Thus, the integration of these “sewing-like” knitting patterns (of darts) in various forms and positions results in a three-dimensional knitted form. The knitting pattern consists of floats and stitches that alternate horizontally over the area to be reduced (Fig. 1). Due to the continuous stitch wales of floats, the corresponding needles are not moved in this area and thus hold the knitted fabric in position. The other needles continue to form loops, but produce these on the backside of the knitted fabric. In this way, the continuous movement of the
circular knitting machines can be maintained and the effective surface area can be reduced [3–6].

Although the sewing like pattern enables the production of 3D knitted fabrics, it is not possible to achieve the same high flexibility of flat knitting machines. It is still necessary to cut the fabric out of the knitted tube and the reduced fabric remains on the back-side (Fig. 2), and therefore does not reduce the amount of material used [3–6].
3 Research Objective and Methodical Approach

In this work, the principle of large circular 3D-knitting is further developed and limiting factors are being investigated. Therefore, important terms and characteristic parameters are defined, a complete product development cycle is developed and for the process step of 3D forming, an optional digital concept is developed.

In practical experiments, the relations between the shape, position and characteristic parameters of the structures with the resulting geometry are investigated. The experiments are conducted as a conceptual development of a product prototype – a Minimal Viable Product (MVP). During this product development, the most important influencing factors on the respective requirements of the sports bra are examined.

First, the requirements for a knitted sport bra are defined. To fulfil these requirements different possible knitting structures are investigated regarding their influence on the given requirements. Furthermore, important parameters in the design of the sewing-like pattern are examined for their influence on the size, shape and other properties. The findings of the experiments result in the identification and evaluation of characteristics concepts and elements. The most important of these characteristics are then defined and a descriptive terminology is developed.

The design process is further developed by investigation of a digital concept for the pattern generation with regard to location and size of sewing-like patterns.

4 Development of a Sports Bra Using Large Circular 3d-knitting

The development of a knitted sports bra includes complex requirement, engineering and optimisation of various product characteristics. For the investigation and further development of 3D knitting, only physiological properties of the sports bra are considered at this stage. Other properties, such as design, aesthetics or durability, are not in this scope. The physiological properties examined can be divided into three categories: thermological, skin sensory and ergonomic [8, 9].

Ergonomic comfort is determined by the fit of the fabric and the freedom of movement it allows during the usage. To obtain an ergonomic comfort in a sports bra, the freedom of movement must be reduced so that slipping of the sports bra is prevented, even during heavy physical activity. The skin sensorial comfort of a sports bra is determined by the haptics and the feel of the fabric on the skin. Since poor skin sensory comfort can lead to skin irritation, clothing should not scratch or stick to damp skin [10]. Thus, a high abrasion resistance and again the reducing of the freedom of movement are requirements for a sports bra. The thermological comfort of a sports bra is determined by its ability to support the thermoregulation of the body. The facilitation of rapid perspiration removal and good air permeability are beneficial [9]. A summary of the requirements for a knitted sports bra is given in Table 1.

Table 1 Overview of requirements for knitted sports bra

| Thermological          | Skin sensorial        | Ergonomic                  |
|------------------------|-----------------------|----------------------------|
| High air permeability  | High abrasion resistance | Fit of the fabric          |
| Rapid perspiration removal | Low freedom of movement   | Low freedom of movement    |

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For rapid prototyping, a first fabric with basic fit is needed for further development and optimisation. A “cutting pattern” forms the basis for this and has major impact on skin sensory and ergonomics. On top of that, different patterns enable further functionalisation of different areas. A physical prototype helps to identify needs for optimisation and to conduct segmentation of product and pattern.

To develop a first prototype, a mannequin is measured and its body shape is moulded by hand. The moulding helps to generate the first iteration of the knitted pattern. This moulding method is known from the classic clothing industry and is suitable for transferring the shape of an object into a textile construction. In analogy to darts in garment technology, triangle forms are also used for area reduction in large circular 3D knitting. The further fit is then iteratively checked and evaluated by knitting and pulling the 3D knit onto the mannequin. The iterative optimisations include the reduction or enlargement of the sewing like pattern in height and width as well as adjustments of the exact positioning of the sewing-like patterns.

One limitation of 3D knitting is the orientation of the sewing-like pattern. In principle, they can be positioned freely, but the area reduction can only be made in course direction. For an area reduction in wale direction, the transfer of the stitches to adjacent needles would be necessary. This function has not yet been realised in conventional large circular knitting machines and only exists in flat knitting machines. Thus, it is necessary to determine at the beginning of the development process in which main direction the sewing-like patterns will be arranged (Fig. 3). In this stage, the orientation within the production direction is chosen for further development, to support the posture of the breasts.

In order to enhance the body fit, the regular 2D knitted patterns can be adjusted to bring more stretch or stiffness into certain areas. To investigate which knitted structures cause higher stretch in the textile, tests were carried out on normal 2D structures. For

Fig. 3  Orientation of sports bra regarding the production direction
these tests, five different knitted structures were produced and analysed in the test laboratory (Table 2). The knitting structures differ in their proportion of tucks and floats. Furthermore, two process parameters, yarn tension and knock over depth, were varied.

To analyse the stretch, the knitted structures were tested in a tensile test. The tensile tests were carried out according to DIN EN ISO 13,934–2. In addition to the tensile tests, air permeability tests were also carried out according to DIN EN ISO 9237. Figure 4 shows that the proportion of floats and the knock-over depth in particular have a strong influence on both the air permeability and the stretch of a knitted fabric. In order to support the formation of the shape in special areas with a higher stretch of the knitted fabric, it is useful to use the knitting pattern CrossMiss. Unfortunately, it is not possible to change the knock-over depth during the process on conventional large circular knitting machines.

For the final production of a sport bra, it is necessary to cut the fabric out of the knitted tube. The cutting is necessary to create the arm, head and body holes but a cut and sew process to achieve the body-fitting 3D-shape is no longer necessary. The backside material of the sewing-like pattern is used as a fitting material, since this backside material has a softer texture than the standard knitted fabric. With the reduction of some of these production steps after the knitting, and with a short knitting time of around 5 min, a higher productivity, as compared to flat knitting and the classic confection, can be obtained with the large circular 3D-knitting (Fig. 5).

| Knitting pattern | amount of loops | amount of tucks | amount of floats |
|------------------|-----------------|-----------------|-----------------|
| Single Jersey    | 100%            | 0%              | 0%              |
| Pique            | 75%             | 25%             | 0%              |
| Maglia Spiga     | 50%             | 50%             | 0%              |
| Locknit          | 75%             | 0%              | 25%             |
| CrossMiss        | 50%             | 0%              | 50%             |

**Fig. 4** Influence of tuck and floats onto air permeability and elongation
5 Evaluation of the Development Process

Agile development process led to quick iterations and helpful insights. Findings and assumptions have to be collected during the process, evaluated and utilised for the development of a process methodology. Throughout the development of the knitted sports bra on the large circular knitting machine, various observations were made. To create the first prototype, it is still necessary to manually mould the desired geometry and then transfer it into a machine program. During the first development steps it is necessary to determine the direction of production and the knock over depth, since both parameters can only be changed by starting a new development process.

After the determination of these two variables the form and position of the sewing-like patterns were conducted. Although it is possible to adjust the sewing-like patterns at a later stage, it makes practical sense to determine the position and shape as early as possible. Especially if it is necessary or beneficial to use different knitting patterns to enhance the products properties like air permeability. Due to an influence of these patterns onto the geometry, the interaction makes it difficult to change the sewing-like patterns in the late course. A collection of the further findings is given in Table 3.

6 Terminology

The shape-forming element in the large circular 3D-knitting is the characteristic sewing-like pattern. The pattern is integrated as a geometric form into the pixel image that is used as a basis for the knitting program. In line with the reduction of surface area in garment production, triangles are usually used as basic shapes for the sewing-like pattern in product development (Fig. 1). By using different shapes and by varying different parameters when creating this geometric form, the three-dimensional effect and the appearance can be adjusted within wide limits. In the following, the parameters are defined and the terminology is explained. The parameters are divided into the following three categories:
| Assumption | Observation/finding | Conclusions |
|------------|--------------------|-------------|
| Product properties are complexly influenced by various factors | A fixed order and procedure is vital to manage complexity of rapid prototyping | Categories: Shape and geometry factors Structural and pattern parameters General knitting parameters |
| General knitting parameters | Adjustment of general knitting parameters leads to unmanageable changes of various product properties | Machine parameters kept constant after initial references |
| General knitting parameters are important for product properties | The technique does not take all the boundary conditions in account It still leads to a good first approximation with little effort | Suitable for rapid prototyping and as a basis for further optimisation |
| General Shape and geometry factors | Triangular shapes are the predominant in 3D-Knit patterns as well | Adapted design approach and Computer-aided design is desirable |
| Pattern development from garment production is an adequate technique also for 3D-Knits | Higher triangular angles lead to a higher curvature | Sewing-like patterns should be shaped as triangles |
| Cutting patterns in garment production have triangular shape | The angle is not the main factor for a stable process | The variation of the angle is an important and easily modifiable parameter Location and orientation are hard to modify after the first approximation CAD needed |
| Shape, orientation and location of sewing-like patterns influence the textile geometry | The angle can be freely adjusted in a range of 0–60° without influencing the error frequency | |
| The angle of the sewing-like patterns has technical limitations | Modification of structure enables a more stable process Can be altered as a design element | Characteristics of patterns are defined and integrated in design tool for parametric alteration |

Table 3 Overview of assumption, observations and conclusions
• Shape and geometry factors
• Structural and pattern parameters
• General knitting parameters

Due to the predominant use of triangles as pattern geometries, the shapes are exclusively considered as triangles in this section. The shape and geometry parameters are defined on the basis of the dart triangle (Fig. 6) but can be applied analogously for other geometric shapes. Only the part of the entire system required for shaping is considered as the shape building pattern (black lines). In addition, a closing can be added to the overall system. The closing is not meant to influence the shaping. For an even knitted surface and process stability/risk mitigation, closing has been considered useful up to now.

Table 4 gives an overview of the terms for the elements of the ITA 3D-Knit technology and their definition. The size of a typical triangular dart is described by the darts height and length. The dart height corresponds to the segment height for triangular darts. The dart angle can be calculated directly from the dart height and length for a straight knitting line. In the case of curved knitting lines, the dart angle is measured between the pitch tangent of the knitting line and the (imaginary) centre line of the dart. By increasing the dart angle, a stronger curvature and a higher 3D effect is achieved with large circular 3D-knitting. The upper and lower halves of a dart do not necessarily have to be symmetrical. In principle, completely different shapes are also possible here. In the development so far, mainly symmetrical darts have been used.

In variation to triangles with straight edges, the sewing-like patterns can also be realised with different knitting lines. Typical shapes used for the knitting lines are concave or convex curves or staircase functions. The influence of a dart on the shaping can be influenced to a small extent by the alternative knitting lines. The shapes of the knitting lines have a major influence on the appearance of the dart.
| Term                        | Definition                                                                 |
|-----------------------------|---------------------------------------------------------------------------|
| **Segment**                 | Whole area of the sewing-like pattern, including the dart and the closing  |
| **Darts / Sewing-like pattern** | Main part of the segment, that is designed for the 3D-shaping.  
                               | Can be identical to the segment, if the closing is designed for shaping as well. |
| **Closing**                 | The part of the segment, that is designed to support a smooth closing and preventing an abrupt exit. |
| **Dart length**             | Length of the dart, measured in pixels/stitches                           |
| **Closing length**          | Length of the closing, measured in pixels/stitches                        |
| **Segment length**          | Length of the segment, measured in pixels/stitches                        |
| **Segment height**          | Height of the segment, measured in pixels/stitches                        |
| **Dart angle**              | Angle between the gradient tangent at the knit line and the (possibly imaginary) center line |
| **Center line**             | Horizontal knit line in the center of a segment                           |
|                             | Consists only of stitches and divides the dart into two waves             |
In addition to the shape and geometry factors, there are other influencing variables that have a particular impact on the appearance and process reliability of the sewing-like pattern. The structural and binding parameters are the arrangement or variation of the binding elements stitch and float. The basic sewing-like pattern consists of alternating wales of

### Table 4 (continued)

| Wave | - Parts of a dart created by a center line or further knitted lines. |
|------|---------------------------------------------------------------------|
|      | ![Wave Diagram](image1)                                              |
| Spacing | - The Spacing defines the number of float wales next to each other – the float wales create the retaining stitches.  
  - The stitch wales create the backing stitches.  
  - A negative spacing increases the thickness of the retaining stitches. |
|      | ![Spacing Diagram](image2)                                           |
| Offset | - The offset of the stitch wales between two waves of a dart.         |
|      | ![Offset Diagram](image3)                                            |
| Edge Support | - Shifting the rows of stitches before and after the retaining stitches within a dart by one stitch to the right |
|      | ![Edge Support Diagram](image4)                                       |
| Direction of production | - Direction in which the main angle of the dart points with respect to the rotation direction of the knitting machine |
|      | ![Direction Diagram](image5)                                          |

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floats and stitches. This basic pattern can be altered using different binding parameters. The currently observed binding parameters are:

- Number of waves
- Spacing
- Offset
- Edge Support

The number of waves of a dart indicates how many partial darts (waves) a dart consists of. By inserting a centre line, the dart is divided into two partial dart sections. The centre line consists only of stitches to divide the dart. This row of stitches additionally anchors the knitted fabric in the centre of the dart on the backside of the fabric. By inserting more horizontal stitch lines, a dart is further divided and several, smaller waves are created.

Spacing describes the number of float wales arranged next to each other. With a continuous alternation of stitch and float wales with a width of one pixel, the spacing is 1. If the width of the float wales is increased, and the spacing is the number of pixels in the width of the float wale. If, on the other hand, the width of the knitting stitch is increased, the spacing is displayed in the negative range. A dart with stitch wales with a width of 2 pixels has the spacing -2. The spacing -1 corresponds to the same structure as the spacing 1.

The so-called holding stitches are created from the float stitches of the dart in the real knitted fabric. In a dart, the so-called backing stitches are created from the stitch bars of the pixel image. The offset is the offset of the pixels in the stitch wales between two waves. With an offset of 1, the repetition sequence of stitch and float is shifted one pixel to the right. The offset can only be used with a wave count of 2 or more.

Another variation of the binding parameters is the Edge Support. With the Edge Support, the rows of stitches before and after a knit line are shifted by one pixel. This shift only takes place on horizontal knit lines. Furthermore, the conventional parameters of the knitting process also have an influence on the appearance of the darts. The most important knitting parameters in connection with the darts are the stitch length, the yarn tension, the machine gauge and the yarn count.

7 Automated Digital Pattern Construction

The advances in 3D textiles and especially the presented ITA 3D-Knit technology require new tools, processes and computer-aided support to bridge the gap between design ideas and technical realisation [2, 11]. Concerning the transfer of 3D shapes into machine readable knitting instructions, much effort is directed towards flat knitting machines [12–15]. Due to technical limitations, the ITA 3D Knit technology can neither use the CAD systems for the garment and fashion industry nor the algorithms for flat knitting machines. While knitting elements in flat knitting machines can influence the textile dimensions both in wale and course direction, the ITA 3D Knit technology is only able to influence the structures in the course direction. Therefore, the presented approach addresses the boundaries or limitations of ITA 3D-Knit technology. The basis for the developed algorithm is the assumption that wales in two-dimensional knitted structures can be represented by parallel lines. The transition from Euclidean geometry in 2D to Non-Euclidean geometry leads to
the mathematical and technical challenges in the design of 3D products. To assure the compliance with this technical boundary condition on three-dimensional complexly curved surfaces, the path can be calculated by means of differential geometry. The algorithm makes use of the parametric equations of surfaces and curves in $\mathbb{R}^3$, normal vectors and tangent planes [16].

\[
F(x, y) = \begin{pmatrix} x \\ y \\ z \end{pmatrix}, \text{ with } x, y \in \mathbb{R} \tag{1}
\]

\[
\vec{n} = \pm \begin{pmatrix} -\frac{\partial F}{\partial x} \\ -\frac{\partial F}{\partial y} \\ 1 \end{pmatrix} \tag{2}
\]

\[
\gamma(t) = \begin{pmatrix} x \\ y \\ z \end{pmatrix}, \text{ with } t \in I, I = [0, 1] \tag{3}
\]

\[
t(t) = \frac{\dot{\gamma}(t)}{|\dot{\gamma}(t)|} \tag{4}
\]

\[
\vec{t}_{MRR} = \pm \vec{t}_{MSR} \times \frac{\vec{n}}{|\vec{n}|} \tag{5}
\]

Figure 7 illustrates the basic numeric steps (c) from the parametric surface representation (a) to the polygon mesh (b). With the Eqs. (1)–(5) in the first step the path of each wale is mapped to the surface. In the second step, the wales are connected in course direction. Since the ITA 3D-Knit allows for manipulation in course direction, this step is carried out rule-based, similar to presented approaches for flat knitting machines [15]. Locally, the intersections between course and wale direction should be as orthogonal as possible. If the curvature of the surface leads to too much distortion and deviation from the orthogonality, this must be regulated by the use of the sewing-like pattern. In the last step, the resulting network is transformed to a 2D pattern.

As a final result, this automated algorithm transforms a given surface in a 2D pattern. The 2D pattern is suitable for compilation to machine readable knitting instructions. The final instructions are knittable on large circular knitting machines. With the help of the algorithm, the sectional image of a hemisphere is created. Visual inspections confirm the resemblance of the resulting structure with the targeted surface.

In future work, the aim will be to calculate the paths in wale direction more efficiently. The computation of parallel curves on parametric surfaces is a suitable approach [17]. The approach allows for variation of stitch dimensions and can therefore include different knitting structures within one product. However, the lack of mathematical representations of three-dimensional surfaces in industrial applications may require the methods and algorithms of discrete differential geometry in future improvements [18].
The new developed ITA 3D-Knit Technology enables the production of 3D knitted fabrics on large circular knitting machines. The proof of concept is established using a 3D knitted sports bra. The sports bra shows the immense possibilities of the ITA 3D-Knit technology. By using large circular knitting machines, the productivity for 3D-knitted textile is increased significantly. The knitting process of the sports bra described above only takes around 5 min. With the use of Jacquard knitting machines, it is further possible to insert various knitting patterns for thermoregulation, design applications or higher comfort.

Although the ITA 3D-Knit Technology provides a higher productivity for 3D-knitted fabrics, it is not possible to achieve the same high flexibility compared to flat knitting machines. Within the ITA 3D-Knit Technology, it is still necessary to cut the fabric out of the knitted tube and to finish the edges.
A further challenge is the finishing of 3D fabrics. The standard processes used in the textile industry such as washing in a padder and heat-setting in stenter are not applicable due to the 3D form and the varying dimensions of the fabrics. In order to meet the same quality requirements demanded for classical 2D textiles, it is necessary to develop new finishing processes for 3D textiles. A shape-retaining fixation is necessary for 3D textiles, so that the garment is not subjected to free shrinkage, which leads to strong fluctuations in the dimensions or has to be determined in extensive trials. In order to reduce the extent of this trial and to keep the shape within lower tolerances, a shape-retaining fixation on stiff fixation moulds is necessary.

In order to further advance the ITA 3D-Knit Technology, new product developments and innovations are necessary. With these new product innovations, the wide application of the technology and the high speed in the production of 3D knitted fabrics can be brought into the market. Promising approaches for the development of new products are the utilisation of the backside material as lining or filling fabric. To fully utilise the potential of 3D-knitted fabrics, the development of the digitalisation of the pattern development can be a key factor. For this purpose, the approaches investigated so far must be reviewed and the most promising algorithms have to be identified. With a strong correlation of these mathematical algorithms and the textile characteristics, the digitalisation can lead to a significant reduction of the development costs for 3D fabrics.

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Data Availability, Material, and Code  The data, material and code can be found at the following contacts: Christoph Peiner, email: christoph.peiner@ita.rwth-aachen.de

Declarations

Conflicts of Interest  None.

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