Isolated Sixth Nerve Palsy in Pseudo Gradenigo’s Syndrome

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Abstract

Nasopharyngeal carcinoma is a relatively uncommon malignancy in South India. Exact incidence in Indian population is not known. It usually presents with either epistaxis, mass in the neck, or cranial nerve(s) involvement. This is an interesting case because isolated sixth nerve involvement on presentation is rare.

Keywords: Nasopharyngeal carcinoma; Right eye; Ataxia; Left eye

Case Report

A 71 yrs. old man presented in our hospital with a swelling in the medial canthus of the Right Eye (RE) past 3 months in duration. The swelling was slowly and progressively increasing in size (Figure 1a). It developed induration and ulceration past 1 month. He also complained of right sided periorbital pain. He suffered from serous discharge from his right ear few months back. There was no history of weakness of any part of body, ataxia, or loss of sensation over body. Bladder and bowel habits were normal. There was no history of fever, epistaxis, swellings in neck, haemoptysis, or weight loss. On examination, patient was conscious, and normally reacting to light. Clinically it was chronic otitis media and central nervous system was normal. There were no other systemic or neurologic symptoms. There was no history of smoking or drug/alcohol abuse. His best corrected visual acuity in RE was 20/70 and in Left Eye (LE) was 20/30. Ocular motility test showed RE abduction deficit (Figure 1b) while movements were preserved on the left side (Figure 1c). Thus diplopia was present in right lateral gaze. Pupils were bilaterally equal and normally reacting to light. Clinically it was chronic otitis media presenting with Gradenigo’s syndrome. The patient was further sent for radiological investigations to confirm the diagnosis.

Computed Tomography (CT) (Figure 2) findings were suggestive of ill-defined soft tissue mass (6.9 x 6.8 x 5.6) cm in size in the right nasopharynx with extensions upto the angle of mandible of right side, above up to the base of skull, right cavernous sinus and bilateral sphenoid sinuses. There was lytic destruction with bone rarefaction and soft tissue extension into both sinuses, right middle ear cavity, right temporo-mandibular joint. The lesion crosses the middle cranial fossa, right middle cranial fossa and extends into the base of skull cranial nerves. There was no involvement of the brain stem.

Discussion

In 1904 Guiseppe Gradenigo described an infection of the apex of the petrous part of the temporal bone from acute otitis media with the clinical symptoms of unilateral pain around the eye, diplopia due to sixth nerve paralysis and persistent otorrhea [1]. Contact with the tip of the petrous pyramid makes the portion of the sixth nerve within Dorello’s canal susceptible to pathologic processes. This is especially important in cases secondary to localized inflammations or extradural abscesses due to complicated otitis media. Nasopharyngeal carcinoma may also mimic Gradenigo’s syndrome, since it can obstruct the Eustachian tube, resulting in serous otitis media. Additionally, the carcinoma may subsequently invade the cavernous sinus, causing sixth nerve paresis [2]. Therefore, its called as Pseudo-Gradenigo syndrome.

Nasopharyngeal carcinoma is the most dreaded etiology of sixth nerve palsy and most frequently occurs between the ages of 40 and 70 years. It may present with various symptoms including nasal obstruction, rhinorhoea, epistaxis and serous otitis media secondary to obstruction of the Eustachian tube. This tumour may also involve the
cranial nerves in many ways. Firstly, the tumor may extend superiorly through foramen lacerum, which is an unimpeded pathway near the fossa of Rosenmuller into the cranium [3-5], thus involving the cranial nerves in the middle cranial fossa and cavernous sinus. In our patient, the extension of the tumor into cavernous sinus lead to sixth nerve palsy without involvement of other cranial nerves. Sixth nerve is the second most common nerve to be involved in nasopharyngeal carcinoma. Isolated sixth nerve palsy, a rare neuro-ophthalmologic presentation for this tumor [6]. Only one other case has noted isolated sixth nerve palsy [7]. The sphenoid sinus is also frequently involved by superior extension of the tumour [8,9]. Similarly in our patient extensive extension of the tumor was noted.

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