Can we treat neurodegenerative diseases by preventing an age-related decline in microRNA expression?

MicroRNA pathway is down-regulated in aged dopaminergic neurons: Parkinson's disease (PD) is the most frequent motor neurodegenerative disorder and is morphologically mainly associated with progressive dopaminergic neuronal loss in the ventral midbrain. The cause of this pathology is unknown, but aging is well established as the strongest risk factor, which by far prevails over gender, environmental and genetic factors. In our recent work (Chmielarz et al., 2017), we have demonstrated that the expression of Dicer, a multidomain ribonuclease III and a key endonuclease in microRNA (miRNA) maturation pathway, is significantly down-regulated in aged mouse midbrain. Further, using a laser-assisted microdissection and quantitative PCR profiling techniques, we analyzed microRNomes of dopaminergic neurons from the mouse substantia nigra and identified a predominant decrease of miRNA expression in aged dopaminergic neurons. Dicer mRNA levels are also reduced in the ventral midbrain of PD patients (Simunovic et al., 2010). Importantly, several miRNAs have been shown to regulate PD-associated genes, suggesting that age-related deregulation of miRNA signaling may contribute to neurodegeneration (Heman-Ackah et al., 2013).

The two major questions arising from these observations are:
1. Does the miRNA-mediated regulation provide an essential protection mechanism from neurodegeneration?
2. May this protective component be compromised during aging and make the dopamine system more susceptible for other genetic and environmental factors leading to PD?

In our studies, we attempt to resolve these two challenges. Recently, we have found a way to answer the first of these two major questions: miRNA pathway indeed turned out to be cytoprotective for adult dopaminergic neurons (Chmielarz et al., 2017). An increasing number of published and ongoing studies also start to address the second question, identifying neuronal functions- and survival-regulating genes and pathways targeted by miRNA network in the context of neurodegeneration (Briggs et al., 2015).

Factors impacting microRNA biogenesis pathway: miRNAs are important post-transcriptional regulators of gene expression that destabilize mRNA and/or suppress protein translation via binding to complementary sites in the 3′ untranslated region (UTR) of target mRNA. The sequences of a miRNA and its binding site do not have to be exactly complementary, which gives a potential for each miRNA to regulate hundreds of transcripts, but also makes the prediction of miRNA targets very challenging. miRNAs may control the activity of about a half of all protein coding genes, mediate a formation of large-scale regulatory networks and enable a crosstalk between different cellular pathways. Throughout the development and aging, miRNAs are expressed in all tissues including the brain where they regulate neuronal differentiation, development, survival, synaptic functions and plasticity as well as neurotrophin and neuro-peptide signaling (Vinnikov et al., 2014; Davis et al., 2015). Primary microRNAs (pri-miRNAs) are initially cleaved by Drosha/DiGeorge syndrome critical region gene 8 (DGCR8) protein complex to form pre-miRNA hairpins which are transported to the cytoplasm by Exportin 5-mediated nuclear export. Nuclear pre-miRNAs can also be degraded by the Translin/Trax ribonuclease complex. In the cytoplasm, pre-miRNAs are further processed by a complex containing a double strand RNA-specific nuclease Dicer, Argonuate 2 (Ago2), protein activator of protein kinase R (PACT), and TAR RNA-binding protein 2 (TRBP) resulting in mature ~22 nucleotides-long miRNAs. These mature miRNAs direct RNA-induced silencing complex (RISC) to target mRNAs (Heman-Ackah et al., 2013; Emde and Hornstein, 2014) (Figure 1). Some miRNAs can also be processed by Drosophila- or Dicer-independent pathways, however, this is relatively rare, and the majority of miRNAs are cleaved by the “canonical” pathway described above. Indeed, in mouse neurons, the ablation of Dicer disrupts miRNA processing pathway leading to the loss of mature brain-specific miRNAs (Konopka et al., 2010). The activity of Dicer-PACT-TRBP-Ago2 complex is inhibited by cellular stressors, such as reactive oxygen species, hypoxia, ultraviolet (UV) irradiation, endoplasmic reticulum (ER) stress and accumulation of misfolded proteins (Figure 1). Long-term cellular stress may lead to age-related decline in Dicer expression, resulting in diminished processing of pre-miRNAs and age-related down-regulation of mature miRNAs that, in turn, may deregulate stress-response pathways resulting in a vicious stress-amplifying cycle (Emde and Hornstein, 2014). The age-related down-regulation of Dicer and attenuation of miRNA signaling (Chmielarz et al., 2017) can lead to deregulation of cellular homeostasis and activation of apoptosis in dopaminergic neurons, compromising their functions and survival and eventually leading to neurodegeneration (Figure 2).

To identify pathways affected by aging and compromising viability of dopaminergic neurons, a possible strategy is to combine immunoprecipitation techniques (such as HTS-CLIP/miRAP) and miRNA and mRNA expression profiling with proteomics and target identification approaches, followed by miRNA/target/pathway validation. Similar strategies involving pathway enrichment analyses identified miRNAs and their target genes regulating apoptosis, protein degradation, metabolism and inflammation in a PD-related context (Briggs et al., 2015). On the contrary, stimulation of miRNA biogenesis may reduce stress and promote cell survival. In line with this hypothesis, several studies have shown that various cytoprotective factors, such as caloric restriction, metformin, and interferon-β1a can, directly or indirectly, stimulate Dicer activity.

MicroRNAs protect dopaminergic neurons from degeneration: Involvement of Dicer and miRNAs in regulation of cellular stress pathways suggests that deregulation of miRNA biogenesis may also play an important role in degeneration of dopaminergic neurons in PD. The selective loss of dopaminergic neurons during PD is attributed to genetic mutations, mitochondrial dysfunction, endoplasmic reticulum stress and accumulation of insoluble α-synuclein containing protein aggregates. As discussed above, these stressors may directly or indirectly affect the activity of miRNA biogenesis pathway. Using a mouse line with an inducible deletion of Dicer in adult dopaminergic neurons, we have recently directly proved that Dicer is essential for survival of this neuronal population. Dicer deletion results in a progressive degeneration of axonal projections to the striatum and depletion of striatal dopamine followed by the loss of neuronal bodies, progressive locomotor deficits and classical parkinsonian symptoms including postural instability, slowness, rigidity, and tremor. Interestingly, we have also observed a decrease in striatal dopamine levels in Dicer heterozygous mice, suggesting that even a partial deregulation of microRNA pathway (which we have also found to occur in aged animals) could be sufficient to affect dopaminergic neuron functions prior to the onset of clinical symptoms. Interestingly, this dopamine decline was more profound in males, similar to gender-biased PD pathology (Chmielarz et al., 2017).

Approaches to modulate microRNA pathway activity: We have shown that a stimulation of Dicer activity with enoxacin, a small molecule interacting with TRBP and enhancing pre-miRNA cleavage in the Dicer-PACT-TRBP-Ago2 protein complex, promotes survival of dopaminergic neurons and protects them from ER stress (Chmielarz et al., 2017). However, in addition to its effects on Dicer activity, enoxacin affects several other cellular pathways, that greatly complicates its utilization for dopaminergic neuron protection in vivo. Enoxacin is a broad-spectrum fluoroquinolone antibiotic inhibiting bacterial DNA gyrase and topoisomerase IV, it does not efficiently cross blood-brain barrier, and it also may act as a γ-ami-
research on rodents requires thorough bioinformatics analysis to integrate the results.

Figure 1 Scheme of microRNA (miRNA) biogenesis pathway and factors affecting miRNA processing activity of the Dicer complex.

Cellular levels of functional miRNAs are established by a complex and balanced process that includes polymerase II (Pol II)-mediated transcription, pri-miRNA processing by Drosha/DGCR8 complex, pre-miRNA degradation by Translin/Trax and production of mature miRNAs by Dicer-PACT-TRBP-Ago2 complex. Caloric restriction, drugs (enoxacin) and neurotrophic factors (BDNF) can stimulate Dicer activity, while cellular stress caused by reactive oxygen species (ROS), ultraviolet (UV) irradiation and hypoxia inhibit miRNA processing. Heat stress, viral infections and/or accumulation of misfolded proteins lead to formation of RNA-containing stress granules that sequester PACT and Ago2 and inhibit Dicer complex activity (Emde and Hornstein, 2014). BDNF: Brain derived neurotrophic factor; ORF: open reading frame; UTR: untranslated regions.

Figure 2 Effect of aging on miRNA biogenesis.

Mature miRNAs control cellular homeostasis, mediate stress response and inhibit apoptosis pathways. With aging, Dicer levels are down-regulated and miRNA processing activity of Dicer complex is reduced, leading to an increased vulnerability to stressors. This mechanism may contribute to age-related loss of nigral dopaminergic neurons in PD.

Proteomics studies are important as miRNAs may inhibit translation, but not necessary lead to miRNA degradation. Another problem is the difficulty to obtain a homogenous population of desired cells (for example, dopaminergic neurons) from in vivo source in quantities sufficient for miRNA/miRNA/proteomics studies. This is currently technically extremely difficult, but not impossible, as the field of single cell profiling is evolving very fast. The development of single cell miRNA/miRNA sequencing combined with proteomics and improvement of computational algorithms to predict miRNA targets will undoubtedly lead to deeper understanding of the interactions between miRNAs and their targets in cell-specific and context-specific manner. Notably, in vivo research on rodents requires thorough behavioral phenotyping. Therefore, implementation of highly sensitive techniques such as our modified rotarod assay (Domansky et al., 2011, 2014; Chmielarz et al., 2017) is crucial for the accurate analysis of progressive locomotor impairments reflecting neurodegeneration of the dopamine system.

Outlook: Overall, we hypothesize that certain miRNAs abundant in specific neuronal populations such as dopaminergic neurons, are specifically modulated in response to ER stress, mitochondrial damage, excitotoxicity, prion-like protein-aggregation, environmental, hormonal and nutrient cues. Stress-induced regulation of target genes by such miRNAs can represent an attempt to keep the homeostatic balance of affected neurons. Moreover, some miRNAs loaded into RISC and localized in neuronal terminals can regulate local translation of miRNAs and directly modify synaptic activity and plasticity, also in response to stress. Under certain conditions such as age-associated impairment of autophagy, prion-like protein aggregation, ER stress or reactive oxygen species-induced accumulation of mitochondrial genome mutations, function of miRNAs or miRNA biogenesis machinery components such as Dicer, Ago2, TRBP or PACT can be impaired leading to an altered pattern of expression and thus resulting in reduced neuronal fitness and/or inability to adequately compensate for the intra- and extracellular challenges. Notably, several miRNAs have already been proven to be involved in pathologic conditions while for others, genome-wide association studies (GWAS) have identified mutations in 3′-UTR target sites. Finally, some miRNAs could be subjects to more complex regulation processes such as context-dependent shift in endonuclease cleavage site during miRNA maturation or altered activity of natural miRNA “sponges” such as circular RNAs. Aging and cellular stress can affect multiple steps of miRNA biogenesis process and regulation, compromising miRNA/miRNA networks and cellu-
lar homeostasis. There are examples of synergistic effects of small or large groups of miRNAs regulating cell survival or other aspects of neuronal physiology (Davis et al., 2015) when combinations of several miRNAs can target multiple pathways. Our ongoing Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment analyses on predicted targets using the DIANA miRPath algorithm identified several significantly enriched pro-survival pathways, such as Wnt, neurotrophin, and ErbB signalling targeted by a mixture of the candidate miRNAs capable of alleviating dopamine content and motor function in Dicer-depleted animals, with individual miRNAs targeting different components of Akt/Pi3K and MAPK pathways. We, and others, have previously demonstrated the importance of Pi3K-Akt-mTOR (Domanskyi et al., 2011) and neurotrophic factors signaling (Domanskyi et al., 2015) for the maintenance of adult dopaminergic neurons. Based on these data and predicted targets, we suggest that combined action of selected candidate miRNAs on neurotrophin signaling and other pathways in dopaminergic neurons could promote their maintenance and function, including sustained or even enhanced dopamine production. However, several obstacles need to be overcome for successful clinical applications of neuroprotective miRNAs for PD treatment. As one miRNA can target many cellular miRNAs and target prediction algorithms are not yet optimal, extensive studies have to be conducted to minimize unexpected off-target effects. One possible way to check for such effects is overexpression of particular candidate miRNA in cultured neurons followed by mRNA expression profiling. Once miRNA targets are identified, a direct targeting of the gene product might in some cases be more effective and specific than modulating miRNA expression. The other aspect concerns a targeted delivery to the brain and, specifically, to dopaminergic neurons – a small neuronal population in the ventral midbrain. Ideally, therapeutic miRNA formulation would need to be delivered systematically, for example, as an intravenous injection or intranasal spray. While the stability of delivered miRNA mimics can be enhanced by incorporating specific chemical modifications (Vinnikov et al., 2017), the problems of crossing the blood-brain barrier and specific targeting of dopaminergic neurons are more challenging to address. In this respect, promising strategies may be to encapsulate miRNA mimics into antibody-coated nanoparticles or liposomes modified to efficiently cross blood-brain barrier and recognize specific antigen(s) on dopaminergic neuron surface. Emerging alternatives implementing light- and magnetic field-controlled molecular machines delivering therapeutics to target cells may also become available in the coming years. Alternatively, miRNAs can be delivered in form of adenov-associated virus (AAV)-mediated gene therapy. Different AAV serotypes can preferentially transduce distinct cellular populations while the expression of the gene of interest can be further restricted by using a cell-specific promoter. More studies are clearly needed to identify best possible delivery and targeting methods in respect to efficiency, specificity and safety.

Conclusions: Altogether, the potential to use miRNA biogenesis pathway stimulation or targeting individual miRNAs for PD treatment is not yet fully explored. Therefore, it is important to study the roles of miRNAs in protecting adult dopaminergic neurons from stressors and implement the results for future therapeutic strategies. Indeed, we have demonstrated that even partial down-regulation of miRNA pathway in dopaminergic neurons (occurring, for example, during aging or in Dicer heterozygous mice) can compromise the dopamine system and may promote neurodegeneration resulting in characteristic phenotypic manifestations (Chmielarz et al., 2017). At present, we cannot expect that Dicer stimulation or supplementation of protective miRNAs will result in a stand-alone therapeutic approach to cure PD. However, in combination with neurotrophic factors (Domanskyi et al., 2015) or substances preventing aggregation of prion-like proteins or promoting mitochondrial fitness, drugs stimulating the activity of Dicer and/or individual miRNAs can offer promising therapeutic options.

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