A central role for hypoxia-inducible factor (HIF)-2α in hepatic glucose homeostasis

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Abstract. Hepatic glucose production is regulated by hormonal and dietary factors. At fasting, 80% of glucose released into the circulation is derived from the liver, among which gluconeogenesis accounts for 55% and the rest by glycogenolysis. Studies suggest a complex mechanism involved in the regulation of hepatic glucose metabolism during fasting and post-absorptive phase. Oxygen plays a key role in numerous metabolic pathways such as TCA cycle, gluconeogenesis, glycolysis and fatty acid oxidation. Oxygenation of the gastrointestinal tract including liver and intestine is dynamically regulated by changes in the blood flow and metabolic activity. Cellular adaptation to low oxygen is mediated by the transcription factors HIF-1α and HIF-2α. HIF-1α regulates glycolytic genes whereas HIF-2α is known to primarily regulate genes involved in cell proliferation and iron metabolism. This review focuses on the role of the oxygen sensing signaling in the regulation of hepatic glucose output with an emphasis on hypoxia inducible factor (HIF)-2α. Recent studies have established a metabolic role of HIF-2α in systemic glucose homeostasis. Understanding the HIF-2α dependent mechanism in hepatic metabolism will greatly enhance our potential to utilize the oxygen sensing mechanisms to treat metabolic diseases.

Keywords: HIF2α, PHD, hepatic zonation, gluconeogenesis, VHL, hypoxia, glucagon, insulin, ERK, PKA, CREB, mTORC2, EPO

1. Introduction

Glucose is the primary energy source required to produce ATP through aerobic and anaerobic respiration. Sustained low blood glucose (hypoglycemia) results in adverse and irreversible detrimental effects at cellular and organismal level. Conversely, chronic elevation in blood glucose (hyperglycemia) leads to type 2 diabetes and other metabolic diseases. Two major hormones, insulin and glucagon tightly regulate blood glucose levels. Insulin regulates systemic glucose homeostasis by increasing glucose uptake and utilization in insulin sensitive target tissues and decreasing hepatic gluconeogenesis. In contrast, glucagon acts on the liver to increase blood glucose levels through gluconeogenesis and glycogenolysis. Numerous mechanisms are proposed in the pathogenesis of insulin resistance that includes but not limited to dyslipidemia, inflammation, and unfolded protein response [1]. At the cellular level, insulin resistance is associated with a decrease in the expression of insulin receptor, insulin receptor substrate (IRS) phosphorylation and increase in inflammation. Insulin resistance either at peripheral level (liver, adipose tissue and skeletal muscle) or at central level (brain) is associated with decrease in the cellular response to insulin. There is also a complex crosstalk between the peripheral tissues and the brain in the predisposition and/or acceleration of insulin resistance,
which leads to chronic elevation in blood glucose. Chronic hyperglycemia results in a compensatory increase in pancreatic insulin secretion, which if persists for a prolonged period, may lead to β-cell failure and type 2 diabetes [2–4].

Evolutionarily oxygen plays a central role in numerous key cellular processes. Intracellular oxygen levels vary significantly depending on the cell type, oxygen availability and metabolic activity. Recent studies have unraveled an integrative pathway between hepatic hypoxic response and systemic glucose regulation. This review will focus on the role of hepatic hypoxia in liver metabolism by regulating key signaling pathways involved in hepatic gluconeogenesis.

2. Oxygen dynamics and oxygen sensing pathways in the liver

Oxygen dynamics in the liver is rapid compared to other tissues due to its high metabolic activity and poor supply of oxygenated blood from the portal vein [5, 6]. Approximately, a 50% drop in the blood oxygen tension was observed between the periportal to perivenous region, causing a steep oxygen gradient along the hepatic sinusoids of the liver [7]. Liver was once thought to be a homogenous tissue; however, recent studies have determined the existence of zones having a distinct pattern of gene expression involved in hepatic glucose and lipid metabolism [8–12]. Oxygen gradient in addition to metabolic status (fasting versus fed), metabolites, and insulin/glucagon ratio vary significantly between the periportal and perivenous areas and have profound effect on the zonal function of normal as well as diseased liver [7, 9, 13–15]. Numerous signaling pathways have been implicated in the regulation of hepatic zonation such as transforming growth factor (TGF)-β, fibroblast growth factor (FGF), bone morphogenetic growth factor, Wnt/β-catenin signaling, hepatocyte growth factor and Hedgehog signaling [16]. Of these signaling pathways, Wnt/β-catenin signaling is considered to be the gatekeeper of hepatic zonation. Hypoxia is known to significantly enhance Wnt/β-catenin signaling by regulating the nuclear translocation of β-catenin, LEF-1 and TCF-1 proteins [17, 18]. The role of hypoxia in hepatic zonation needs further studies, but it is clear that the oxygen gradient along the liver sinusoids is critical for the metabolic zonation of liver from perivenous to periportal region.

Cells adapt to acute decrease in cellular oxygen (physiological hypoxia) via oxygen sensitive transcription factor hypoxia inducible factor (HIF). HIF is a heterodimer of an oxygen-dependent α subunit, (HIF-1α, HIF-2α, or HIF-3α) and constitutively expressed β-subunit or Aryl hydrocarbon receptor nuclear translocator (Arnt) [19, 20]. Under normoxia, HIFα is hydroxylated by two enzymes, prolyl 4-hydroxylase domain-containing proteins (PHDs) and 2-oxoglutarate (2-OG)-dependent oxygenase factor inhibiting HIF-1α (FIH-1). Hydroxylated HIFs are subsequently bound by the E3 ubiquitin ligase von Hippel Lindau (VHL) protein which targets HIFα to ubiquitin-mediated degradation [21] (Fig. 1).

PHDs hydroxylate the proline residues present in the LXXLAP core sequence on HIFα subunits [22]. Four isoforms of PHDs have been characterized namely PHD1 (also known as egl nine homolog (EGLN)-2), PHD2 (also known as EGLN-1), PHD3 (also known as EGLN-3) and prolyl 4-hydroxylase transmembrane (P4H-TM) [23, 24]. PHDs vary in their tissue distribution and intracellular localization. Among the PHDs, PHD2 is abundantly expressed by all tissues [25]. P4H-TM is anchored to the ER membrane, whereas the other PHDs are localized in the cytoplasm. The C-terminal domain containing the hydroxylase activity is well conserved compared to the N-terminal domain. PHDs use oxygen and 2-OG as substrate, and iron and ascorbate as cofactors [26]. PHD activity is also regulated by metabolic intermediates. An increase in TCA metabolites such as fumarate, succinate and itaconate will alter PHD activity by competing with 2-OG [27–31]. Similarly, divalent metals such as nickel and cobalt inhibit PHD activity by decreasing the intracellular levels of ascorbate [29].

PHDs also exhibit substrate specificity. PHD1 and PHD3 predominantly regulate HIF-2α and PHD2 regulates HIF-1α [32–34]. PHDs sequentially hydroxylate the C-terminal proline residue followed by N-terminal proline on HIFs. The secondary structure was speculated to regulate the selectivity of the PHDs in determining the hydroxylation of C-terminal versus N-terminal proline residues on HIFs [35]. PHD1 and PHD3 display relatively less activity in hydroxylation of the N-terminal proline residue than PHD2. Interestingly N-terminal proline hydroxylation is more sensitive to hypoxia compared to C-terminal proline. Thus, it is speculated that the oxygen-independent but iron-dependent differential regulation of HIFs by PHDs may be conferred by their structural difference and proline selectivity [22].
Fig. 1. Regulation of HIF stability by oxygen. Under normoxic conditions, proline residues on HIFα subunit are hydroxylated by prolyl 4-hydroxylase domain-containing proteins (PHD). Hydroxylated HIF alpha bind the E3 ubiquitin ligase von Hippel Lindau tumor suppressor protein (VHL), which induces ubiquitin-mediated degradation of HIFα. Hypoxic conditions, decrease the ability of PHDs to hydroxylate HIFα subunit, resulting in stabilization and heterodimerization of HIFα with aryl hydrocarbon receptor nuclear translocator (ARNT). HIFα/ARNT complex binds to response elements (RCGTG) on HIF target genes and induces their expression.

Similarly, binding partners of HIF and PHDs also were shown to regulate PHD specificity. For instance, OS-9 increased ubiquitin mediated degradation of HIF-1α by forming ternary complex with PHD2 and PHD3 rather than to PHD1 [36, 37].

HIF bind to core HIF response elements (HRE) that compose of 5’-RCGTG-3’ present at the promoter of HIF target genes. At the R position “A” is preferred over the “G”, and “T” and “C” at the 5’ and 3’ position of the core response element, respectively. The promoters of HIF target genes also contain “CAC” at position +13 of core HIF response element [38, 39]. HIF-1α and HIF-2α bind to the same core HREs, but can regulate distinct target genes by currently unclear mechanisms. Typically, HIF-1α HREs are present closer to the transcription start site compared to HIF-2α. However, motifs closer to core response element could not be identified to determine their differential regulation of HIF target genes, suggesting the importance of epigenetic mechanisms to dictate target specificity [38, 39].

3. Hypoxia and hepatic circadian metabolism

One of the important regulators of hepatic metabolism including gluconeogenesis is the well-coordinated circadian clock machinery. The suprachiasmatic nucleus (SCN) in the anterior hypothalamus orchestrates the circadian rhythmicity of various genes in response to light, and recent evidence suggests food to be an important regulator of circadian rhythmicity [40, 41]. Chronic activation of hypoxia signaling in liver disrupts circadian expression of genes through dysregulation of hepatic Rev-erba signaling in a HIF-2α dependent manner [42]. In liver, 20% of protein is regulated by circadian clock at the transcriptional and/or at the post-translational level [43]. Circadian rhythms regulate the release of insulin and glucagon on a daily basis in response to food and central nervous system stimulation. Several mouse models with disruption in circadian genes develop glucose intolerance and insulin resistance suggesting a key role of rhythmicity in glucose homeostasis [44, 45]. Recently, Adamovich et al., demonstrated that circadian oscillations in oxygen tension in the blood and peripheral tissues are essential to synchronize clock genes in the liver [46]. In the muscle, HIF-1α directly binds to the circadian gene BMAL1 and induces the expression of glycolytic genes [47]. However, constitutive activation of hypoxia signaling disrupts rhythmicity of circadian genes resulting in various pathological diseases [42, 48]. Further investigation is required to understand the cross talk between circadian mechanisms and hypoxia signaling in hepatic homeostasis including gluconeogenesis.

4. Hepatic HIF and insulin signaling

Insulin exerts its action by binding to the insulin receptor. Upon ligand binding, insulin receptor undergoes a conformational change resulting in the recruitment and binding of IRS family of proteins [49, 50]. The function of IRS-1 and IRS-2 are well characterized in the liver. Disruption of hepatic IRS-1 and/or IRS-2 results in glucose intolerance and insulin resistance [51–53]. IRS mediates insulin signaling by binding to phosphoinositide-3-kinase (PI3K), which generates PIP3 leading to the recruitment of AKT and 3-phosphoinositide-dependent protein kinase 1 (PDK1). PDK1 phosphorylates Thr-308 on AKT, which is followed by Ser-473 phosphorylation by mechanistic target of rapamycin 2 (mTORC2)
Downstream targets of AKT are essential in glucose metabolism, lipid metabolism, growth and survival of the cells. Importantly, AKT regulates genes involved in glucose and lipid metabolism by phosphorylating Forkhead box O (FOXO) family of protein resulting in their nuclear exclusion and degradation [54, 55].

In liver, HIF-1α regulates genes involved in glycolysis, inflammation and fatty acid oxidation. Hepatic HIF-2α regulates genes involved in fatty acid oxidation, iron metabolism, fibrosis and inflammation [42, 56]. Recent studies have unraveled a new role of HIF-2α in glucose homeostasis [34, 57, 58]. Taniguchi et al., have demonstrated that knockdown of PHD3 in the liver results in stabilization of HIF-2α [34]. The increase in hepatic HIF-2α but not HIF-1α, improves glucose tolerance and insulin sensitivity [34]. Disruption of hepatic PHD3 alone is sufficient to observe a significant decrease in the expression of gluconeogenic genes in the liver; however compound disruption of PHD3 with other PHDs resulted in hepatic steatosis, probably due to a robust increase in hepatic HIF-2α signaling [42, 56]. Mechanistically, HIF-2α improved insulin sensitivity by increasing the expression of IRS-2 [34]. Disruption of IRS-2 mitigated the improvement in glucose tolerance in PHD3−/− mice. Similar conclusions were derived by Wei et al. [58]. Inhibition of vascular endothelial growth factor (VEGF)-b by pharmacological and genetic approaches decreased angiogenesis and hepatic vascular function, which led to cellular hypoxia and stabilization of HIF-2α [58–60]. The increase in hepatic hypoxia ameliorated dyslipidemia, decreased hepatic gluconeogenesis, improved glucose tolerance and hepatic insulin sensitivity in a HIF-2α-IRS-2 dependent manner [34, 57, 58] (Fig. 2).

5. Hypoxia and glucagon signaling in the regulation of glucose homeostasis

The counter regulatory hormone glucagon increases hepatic glucose output by inducing the expression of genes involved in gluconeogenesis such as phosphoenolpyruvate carboxykinase (Pepck) and glucose 6-phosphatase (G6pase). Glucagon binding to its receptor results in the activation of adenylyl cyclase, which increases intracellular cyclic AMP (cAMP) production from ATP. Protein kinase A (PKA) is a heterodimer that comprise of two regulatory and two catalytic subunit [61]. cAMP binding to the regulatory subunit of PKA results in the release of catalytic subunit which then phosphorylates cAMP response element-binding protein (CREB) [62, 63]. Additionally, glucagon dephosphorylates CREB regulated transcriptional co-activator 2 (CRTC2), and together this results in the expression of gluconeogenic target genes such as Pepck and G6pase [64, 65].

Although not the cause, aberrant levels of glucagon plays a key role in the progression of diabetes. Chronic elevation of glucagon increases the gluconeogenic capacity of insulin resistant livers, thus further aggravating disease progression [64–66]. Liver-specific glucagon receptor knockout mice are resistant to diet-induced hyperglycemia and ameliorates glucose intolerance in mouse model of type 1 diabetes [67, 68].

Upon refeeding glucagon signaling is ablated in concert with an increase in insulin action to maintain systemic glucose homeostasis and curb postprandial gluconeogenesis. Unlike insulin, glucagon levels
are not rapidly regulated immediately after refeeding and remain at high levels [69]. This suggests a potential role of other pathways in the repression of glucagon signaling immediately after refeeding. Recent work demonstrates that refeeding results in induction of liver hypoxia and HIF-2α [57]. The increase in HIF-2α is critical to inhibit hepatic glucagon signaling during the acute postprandial state. Mouse models that overexpress HIF-2α but not HIF-1α specifically in hepatocytes improved glucose tolerance and decreased hepatic gluconeogenesis, independent of insulin sensitivity [57]. HIF-2α increased IRS-2 but not IRS-1 expression [34]. However, liver-specific IRS-1 but not IRS-2 knockout mice develops insulin resistance under refeeding conditions suggesting that an increase in hepatic HIF-2α-IRS-2 may not be a major contributor in the regulation postprandial glucose metabolism [52]. HIF-2α inhibited glucagon signaling by increasing the hydrolysis of cAMP via upregulating the activity of phosphodiesterases (PDEs). Mechanistically, HIF-2α induced upon refeeding activated ERK, a known activator of PDEs [57]. PDE abrogated glucagon signaling by decreasing intracellular cAMP levels. Inhibiting PDE4 in hepatocytes partially restored HIF-2α-mediated repression of hepatic glucagon signaling and gluconeogenesis (Fig. 2). Furthermore, activation of HIF-2α is sufficient to improve glucose tolerance in streptozotocin induced diabetes model [57]. Thus, HIF-2α plays a critical role in postprandial glucose homeostasis by regulation hepatic glucagon signaling.

6. Hypoxia and mTOR signaling in the regulation of glucose homeostasis

Mechanistic target of rapamycin (mTOR) signaling plays an important role in responding to the cellular cues for protein synthesis and cell growth by regulating its downstream targets such as the eukaryotic initiation factor 4E-binding protein-1 (4EBP1) and ribosomal p70 S6 kinase (S6K) [70]. Dysregulation of mTOR signaling is associated with type 2 diabetes and metabolic diseases [71, 72]. In liver, mTOR signaling controls lipogenesis by regulating the expression of SREBP-1c [73]. The lipogenic effect of insulin in the liver occurs through the mTOR-mediated induction of SREBP-1c and a concomitant repression of hepatic FOXO1 signaling [74]. Inhibition of mTOR using rapamycin decreased insulin-stimulated SREBP-1c levels without any significant effect on insulin-mediated repression of gluconeogenic genes [75, 76]. Improvement in insulin sensitivity following acute treatment with rapamycin occurs through inhibition of S6 kinase mediated IRS-1 phosphorylation [77]; however chronic inhibition of mTOR results in insulin resistance [72, 78]. Interestingly, in diet-induced obesity, where the glucoregulatory effect of insulin is attenuated but not lipogenic effect, mTOR signaling has been proposed to uncouple lipogenesis from gluconeogenesis through SREBP-1c dependent mechanism [75, 76].

Transient increases in HIF-2α through inhibition of Vegf or PHD3 improves insulin sensitivity through upregulation of IRS-2 expression without any significant increase in hepatic triglyceride [58]. The induction of IRS-2 by HIF-2α is associated with a significant decrease in the expression of SREBP-1c, a known IRS-2 repressor [58]. However, the mechanism by which HIF-2α decreases SREBP-1c is not currently known. During hypoxia mTORC-mediated anabolic pathway is inhibited by increase in the expression of regulated in development and DNA damage 1 (REDD1) [79, 80]. It is not known if the cross talk between HIF-2α and mTORC signaling is involved in the regulation of SREBP-1c-IRS-2 expression. Therefore, further investigation on the cross talk between HIF-2α and mTORC signaling is essential to therapeutically target HIF-2α in the treatment of diabetes without the consequential effect of HIF-2α on steatosis.

7. Hypoxia and erythropoietin (EPO) signaling in the regulation of glucose homeostasis

EPO is a glycopeptide hormone that induces erythropoiesis from precursor erythroid progenitor cells [81]. EPO is primarily secreted by the kidney and to some extent by the liver. Recombinant EPO is used in patients that undergo hemodialysis and in chronic kidney disease patients to treat anemia [82]. Chronic hypoxia resulted in a robust increase in EPO mRNA (∼1500 fold) levels in mice [83]. Using RNA interference technology and in vivo animal models, EPO was shown to be specifically regulated by HIF-2α but not HIF-1α. Overexpression of HIF-2α is sufficient to significantly increase the hepatic, renal and serum levels of EPO [84, 85].

Chronic EPO treatment in hemodialysis patients decreased serum glucose levels and improved
parameters of insulin sensitivity [86–88]. Similarly, EPO improved systemic glucose homeostasis, insulin sensitivity and β-cell function in animal models. Recombinant EPO treatment increased AKT phosphorylation and decreased inflammation in livers of mice fed with a high fat diet [87, 89]. In skeletal muscle and adipose tissue, EPO significantly decreased inflammation and improved glucose uptake in these tissues [90, 91]. HIF-2α induced EPO provides yet another mechanism by which HIF-2α improves glucose homeostasis.

8. Deleterious effects of chronic HIF-2α activation in liver

Transient activation of hypoxia signaling has an essential role in hepatic metabolism by regulating insulin and glucagon signaling (described above). Hypoxia signaling is also a cellular adaptation for survival to acute injury or insult, which primarily affects the intracellular oxygen levels. For instance, to prevent ischemic reperfusion (I/R) injury during surgical resection (liver) and transplantation (liver, kidney and heart), ischemic preconditioning is performed to decrease apoptosis, mitochondrial dysfunction and inflammation in the tissues [92, 93]. One of the key signaling pathways that is activated by ischemic preconditioning is HIF signaling [92–95]. Mouse models with tissue and cell type specific knockout have established a critical role of HIF signaling in protection against IR injury [92–95]. However, chronic intermittent exposure to hypoxia resulted in dysregulated lipid levels in mouse models of obesity [96, 97]. Several independent groups demonstrate that mouse models with hepatocyte specific activation of HIF exhibit dyslipidemia, elevated hepatic triglyceride and cholesterol levels [42, 56, 98]. Mechanistically, HIF-2α increases hepatic lipid accumulation through a decrease in PPARα activity and disruption in circadian regulation of cholesterol-bile synthesis [42, 56, 98]. Chronic activation of HIF-2α also results in a significant increase in inflammatory cytokines and infiltration of inflammatory cells in the liver. Moreover, numerous genes involved in liver fibrosis are significantly increased in the liver resulting in hepatic fibrosis [98]. Moreover, constitutive activation of HIF-2α also results in polycythemia due to increase in EPO-mediated erythropoiesis [84].

Hypoxia is a hallmark of cancer. An imbalance in the cell growth to tissue blood supply results in tumor hypoxia, leading to activation HIF target genes. Increased HIF-1α target gene such as Glut-1 in hepatocellular carcinoma (HCC) is needed for a switch to glycolytic metabolism. This is a critical survival advantage to cancer cells in the face of limited nutrient supply. However, the role of HIF-2α in cancer appears controversial. Report suggests that increase in HIF-2α in HCC results in cell death [99]. On the other hand, knock down of HIF-1α resulted in a compensatory increase in HIF-2α, which decreased caspase-3 activity leading to the progression of HCC [100]. Therefore, further investigation is required to delineate the role of HIF-1α and HIF-2α in HCC in order to target HIF signaling in metabolic diseases.

9. PHD inhibitors and their use in diabetes

Numerous small molecule inhibitors of PHDs have been developed, tested, and are under clinical trial for use in the treatment of anemia in chronic kidney disease patients [101]. Competitive inhibitors of 2-OG such as dimethylxaloylglycine (DMOG), FG-4497 and FG-4592 effectively inhibit PHDs and stabilize HIFs. PHD2 inhibitors are currently used in the treatment of anemia in chronic kidney diseases [102]. PHD2 treatment induces intestinal iron absorption and hepatic secretion of EPO, which increases RBC count through erythropoiesis [102]. Independent of its effect on erythropoiesis, EPO decreases hepatic gluconeogenesis and protects mice against diet-induced glucose intolerance and hepatic inflammation [103]. Further investigation is needed to assess whether treatment with PHD inhibitors will improve glucose homeostasis in chronic kidney disease patients through EPO dependent mechanism.

Chronic high levels of hepatic of HIF-2α result in steatohepatitis. However, achieving moderate increase in HIF-2α in liver is highly protective in mouse models of diabetes [57, 58]. PHD inhibitor FG-4497 ameliorates diet-induced glucose intolerance and hepatic steatosis, and decreases visceral adiposity in mice [104]. Modest stabilization of HIF-1α and HIF-2α by FG-4497 decreases the incidence of atherosclerosis by decreasing serum cholesterol levels, inflammation and by increasing autoantibodies against oxidized-LDL cholesterol [105]. Thus, PHD inhibitors that stabilize HIFs may have beneficial effects in improving metabolic homeostasis.

10. Conclusion

Hepatic HIFα signaling is not only essential for cellular adaptation to hypoxia but also critical to
maintain metabolic homeostasis. The role of HIF-2α in HCC needs further investigation, and it is evident that chronic high activation of HIF-2α leads to steatohepatitis and fibrosis. However, transient and/or moderate increase in HIF-2α is beneficial in decreasing hepatic glucagon signaling, increasing insulin sensitivity and improving hepatic lipid metabolism. Currently, PHD inhibitors are used in the treatment of anemia in chronic kidney disease patients. However, their beneficial role of HIF in regulating hepatic glucose homeostasis provides good rationale to investigate the use of HIF activators in the treatment of type 2 diabetes.

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Conflict of interests

The authors declare no conflict of interest.

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