Optimization of methods for the genetic modification of human T cells

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CD4⁺ T cells are not only critical in the fight against parasitic, bacterial and viral infections, but are also involved in many autoimmune and pathological disorders. Studies of protein function in human T cells are confined to techniques such as RNA interference (RNAi) owing to ethical reasons and relative simplicity of these methods. However, introduction of RNAi or genes into primary human T cells is often hampered by toxic effects from transfection or transduction methods that yield cell numbers inadequate for downstream assays. Additionally, the efficiency of recombinant DNA expression is frequently low because of multiple factors including efficacy of the method and strength of the targeting RNAs. Here, we describe detailed protocols that will aid in the study of primary human CD4⁺ T cells. First, we describe a method for development of effective microRNA/shRNAs using available online algorithms. Second, we illustrate an optimized protocol for high efficacy retroviral or lentiviral transduction of human T-cell lines. Importantly, we demonstrate that activated primary human CD4⁺ T cells can be transduced efficiently with lentiviruses, with a highly activated population of T cells receiving the largest number of copies of integrated DNA. We also illustrate a method for efficient lentiviral transduction of hard-to-transduce un-activated primary human CD4⁺ T cells. These protocols will significantly assist in understanding the activation and function of human T cells and will ultimately aid in the development or improvement of current drugs that target human CD4⁺ T cells.

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Alteration of the overall transcriptome and proteome of T cells through multiple methods is an important approach in elucidating the mechanisms of T-cell activation and their role in human disease. A considerable amount of work has utilized gene knockout (KO) technology in understanding T-cell biology and development.¹⁻³ Owing to technical and ethical reasons, these studies are limited to mice and other research animals. However, owing to the complexity of human disease, it is becoming increasingly important to translate research derived from murine studies to more relevant human models. This is especially critical because the biology of humans and mice is subtly different both in anatomy and cellular biology.⁴,⁵ Therefore, methods must be developed to manipulate the genome of human immune cells.

Various techniques have been developed with the goal of inserting foreign nucleotides into human T cells. Several of these methods produce transient transfection of DNA including lipofection, polyethylene glycol, calcium phosphate and electroporation. These methods vary in transfection efficiency based on a number of factors.⁶,⁷ In addition, some of these techniques, although efficient, yield significant toxicity and cell death depending on the duration of transfection and the type of cells.⁸ Production of stable lines expressing modified genes can be produced via transfections, but more rapidly and efficiently through retroviral mediated stable integration.⁹ Thus far, electroporation and retroviral transduction produce the highest efficiency of DNA delivery into human T cells.⁹⁻¹₀

Retroviruses are RNA-based viruses that possess the ability to reverse-transcribe their sequences into DNA, which is ultimately integrated into the host genome.¹¹ Owing to their ability to efficiently infect a wide range of mammalian cells with relatively low toxicity, retroviruses have been used for gene therapy clinical trials for the treatment of human disease including inherited diseases and cancer.¹¹⁻¹³ Some of the most extensively utilized retroviruses are the murine-based gamma retroviruses Molony leukemia virus and stem cell virus,¹⁴ HIV1-based lentiviruses, a subtype of retroviruses, are also widely utilized and are succeeding gamma retroviruses owing to their ability to infect non-dividing and hard-to-infect cells.¹¹ To produce infectious viral particles, the DNA of interest is cloned into a plasmid containing the viral genome and promoters recognized in mammalian cells such as the Long Terminal Repeats (LTR), hU6, CMV and other promoters. The viral plasmid is then transiently co-transfected with vectors containing a viral envelope gene (that is, VSV-G) and packaging sequences into packaging cells that produce pseudo-typed infectious retroviruses within hours. Owing to separation of vectors containing viral genome, envelope and packaging sequences, the viral particles are rendered replication-incompetent once genomic integration is established.¹¹

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Owing to their efficiency, low toxicity, simplicity of production and relative safety, we have utilized retroviral transduction for the genomic modification of human CD4+ T cells. These methods have been successfully applied in recent studies utilizing human T-cell lines as well as primary human CD4+ T cells.\textsuperscript{15,16} In this study, we describe in detail the optimized methods for the transduction of human primary CD4+ T cells and human T-cell lines. Specifically, this manuscript includes specific details for producing retroviral particles carrying interference RNAs and reconstitution of mutated proteins. Importantly, we describe previously unreported specific conditions for high efficiency lentiviral transduction of human T-cell lines, pre-activated primary human CD4+ T cells and hard-to-transduce antigen-inexperienced primary human CD4+ T cells. We also present novel findings demonstrating that highly activated populations of T cells receive the largest number of copies of integrated DNA. Finally, we compare and contrast methods presented in this paper to current techniques utilized in modification of human primary T cells.

**RESULTS**

**Development of microRNAs and shRNAs**

MicroRNAs are short non-coding RNA interference molecules (RNAi) produced in cells for the regulation and suppression of protein-coding mRNAs. Owing to their ability to suppress protein expression, RNAi have been implemented extensively in the analysis of gene function.\textsuperscript{17–19} Upon transcription of RNAi, a hair-pin loop is formed that is processed and exported to the cytoplasm. The hair-pin loop is processed further into siRNA by Dicer and subsequently loaded into the RNA-induced silencing complex targeting mRNAs specific to the loaded siRNA. The latter event leads to mRNA degradation or translation inhibition that results in protein suppression.\textsuperscript{18,20} Traditionally, shRNAs were utilized as an artificial suppression system owing to the powerful protein expression inhibition effects. However, microRNA-based mir-flanked shRNAs that mimic intrinsic RNAi-mediated suppression are predicated to have less toxicity or side effects and are shown to frequently produce increased inhibition levels.\textsuperscript{17,21,22} Accordingly, we utilized mir30-based microRNAs as a primary suppression method and shRNAs in cases where the use of microRNAs is not suitable.

Development of suppressive microRNA sequences requires application of a few important guidelines. First, the majority of the microRNA core sequence must match the target mRNA. Second, the sequence must not have the potential to bind other target mRNAs; this is especially important for homologous proteins. Third, efficient suppression requires implementation of several nucleotide-based rules which may be applied alone or in combination for optimal inhibition.\textsuperscript{18,19} Because manual design of microRNAs is time consuming, difficult and inefficient, several online-based algorithms have been developed to mitigate this process by incorporating these rules into interactive software. In particular, we have found that the siRNA/shRNA microRNA-generating algorithm formulated by Dr. Sachidanandam and coworkers was highly successful in the suppression of several proteins (http://katahdin.cshl.edu). These sequences, although microRNA-based, may be used as shRNAs by removing the flanking mir30 sequences. In general, 10–40% of the generated sequences will produce 60–95% suppression efficiency. Occasionally, up to 15 sequences may need to be screened to find a sequence that achieves >90% protein inhibition.

**Electroporation-mediated plasmid DNA delivery**

Electroporation is one of the most effective methods for the introduction of DNA into human T cells. The main drawback of this method is the reduced cell viability and phenotypic changes.\textsuperscript{6,8,23} Additionally, electroporated cells, particularly primary T cells, only transiently express delivered sequences; therefore, this method is not as convenient compared with the development of stable cell lines via viral transductions. Nonetheless, in some cases, gene delivery could be as efficient as retroviral mediated transductions. Several instruments are available for the electroporation of human T cells. In particular, the square-wave pulse-based methods utilized by the Lonza Nucleofactor Amaxa electroporation system demonstrated high efficiency in gene delivery to T cells.\textsuperscript{24} The high-cost of Lonza kits prompted some researchers to develop in-house electroporation buffers that are comparable with Lonza-based reagents.\textsuperscript{6}

To test the efficiency of gene delivery via electroporation, primary CD4+ T cells were activated with magnetic CD3/CD28 beads and interleukin (IL)-2 for 3 days and then magnetic beads/IL-2 were removed from the culture. Activated primary CD4+ T cells (5 × 10^6) were electroporated using reagents reported by Chicyaham et al. (Reagent 1 M).\textsuperscript{6} We found that this method could produce >80% transfection efficiency as measured by green fluorescent protein (GFP) expression greater than the non-transfected control (Figure 1a). Interestingly, there appeared to be three populations of cells upon transfection, an untransfected GFP- population that had overlapping GFP fluorescence with the non-transfected control, a GFP dim population with slightly increased fluorescence over the untransfected controls and a GFP bright population with high expression of GFP. Moreover, there was a concentration-dependent increase of mean GFP fluorescence and number of cells in the GFP bright population that peaks at 10 μg of plasmid DNA per 5 × 10^6 CD4+ T cells (Figure 1a). For obtaining cells with high-copy gene number, transected CD4+ T cells can be sorted to enrich for CD4+ T cells expressing high copies of protein cDNA or shRNA.

Although this electroporation protocol generates high efficacy of gene input, the viability of electroporated T cells after 24 h was only in the range of 15–40% (data not shown). Our cell death observations are very similar to other T-cell electroporation studies.\textsuperscript{6,23} Additionally, cell death continued to progress 2–3 days post electroporation and correlated with increased amount of plasmid DNA used. Therefore, we found that this method is not optimal for assays requiring high cell numbers (that is, immunoprecipitations, signaling assays). Interestingly, in addition to electroporation-induced cell death, a recent study by Zhang et al.\textsuperscript{23} demonstrated multiple effects of electroporation on primary human CD4+ T cells. Electroporated cells experience marked morphological changes before undergoing recovery after 1 h. These cells had increased intracellular calcium levels for 8 h and enhanced T-cell activation markers (CD69, CD154) for more than 24 h.\textsuperscript{23} Therefore, caution must be taken if calcium assays and/or activation markers are to be analyzed shortly after CD4+ T-cell electroporation. Owing to the above reasons, we have focused our studies upon retro/lentiviral mediated DNA delivery.\textsuperscript{15,16}

**Transduction of antigen-inexperienced primary human CD4+ T cells**

Lentiviral gene delivery to primary T cells in the absence of TCR activation is more challenging compared with primary T cells activated through TCR and CD28 pathways. The main reason for this appears to be the reduced proliferative and metabolic status in cells that were not activated in vitro. This results in a decrease in transduction efficiency and the number of viral copies present in each cell. However, previous studies reported the possibility of primary T-cell
transduction in the presence of cytokine stimulation. To this end, we tested whether our transduction protocols along with IL-2 treatment enhanced transduction efficiency of antigen-inexperienced primary human CD4+ T cells.

We recommend centrifuge-mediated concentration of viral particles for all transductions. Transduction of primary CD4+ T cells with concentrated viral particles can have a significant effect on the efficiency of gene delivery when compared with dilute viral...
preparations. Nonetheless, this does not apply for cell lines as they are relatively easier to transduce with unconcentrated 293T viral supernatant. Next, there are reports of reagents which could significantly increase retroviral titer such as caffeine and sodium butyrate.  

However, one must be cautious of stimulatory or toxic side effects which may carryover from viral preparation. Alternative methods of viral concentration are available (polyethylene glycol and commercial viral concentration solutions). However, these...
methods are not as cost-effective and also precipitate components of the media when compared with high speed ultra-centrifugation.

To this end, primary human CD4+ T cells were purified and the cells were treated with IL-2 and then transduced with lentiviruses expressing YFP. When assessed via flow cytometry, YFP was expressed on the majority of CD4+ T cells (Figure 1b). The YFP fluorescence corresponded to the GFP dim population observed in Figure 1a. This suggests that IL-2-stimulated T cells have a much lower capacity for high expression levels of transduced proteins. We found that YFP expression in different transductions was between 70 and 94% (Figure 1b). Importantly, these cells displayed significant expression of YFP protein via immunoblotting (Figure 1c). Moreover, antigen-inexperienced CD4+ T cells could successfully be transduced with other lentiviral constructs. Specifically, antigen-inexperienced cells were transduced with lentiviruses carrying Flag-GRB2 as illustrated via immunoblotting (Figure 1c). We have probed YFP expression for up to 6 days post initial transduction and observed minimal reduction of YFP expression (94 to 91% YFP expressing cells—data not shown) via flow cytometry. These data demonstrate that antigen-inexperienced primary CD4+ T cells can be transduced efficiently with lentiviral constructs carrying the gene/protein of interest. However, owing to the low expression of viral products, this method may not be effective for studies examining protein suppression effects via RNAi, but it appears suitable for protein expression studies.

Transductions, inhibition and reconstitution of shRNA-resistant proteins in human T cells

We next examined the viral transduction of antigen-experienced human CD4+ T cells. Transduction efficiency of primary human CD4+ T cells ranges between 30 and 97% depending on the donor and viral preparation (Figure 2a). As seen previously in Figure 1a, we observed that there were three populations of YFP expression, YFP−, YFP dim and YFP bright. Puromycin may be used at this point to enrich cells containing viral constructs. These cells may also be used for protein studies. However, this may not be optimal for shRNA-based studies because of the short lifetime of primary CD4+ T cells. To overcome this caveat, transduced primary CD4+ YFP bright T cells were sorted using a Becton Dickinson Aria II flow cytometer to obtain a population (> 98%) of cells expressing specific shRNAs (Figures 2b and c). As illustrated, GRB2 expression in primary human CD4+ T cells was effectively suppressed by more than 90% after sorting of lentiviral transduced YFP bright cells 3 days post transduction (Figures 2d and e). Importantly, GRB2 expression was still suppressed in primary human CD4+ YFP bright T cells 7 days post transduction without the use of puromycin (Figure 2f).

Figure 3 Lentiviral/retroviral mediated inhibition of protein expression in human T cell lines. (a) HuT78 or E6.1 ‘Jurkat’ T cells were transduced with lentiviruses ‘hU6-shRNA’ or retroviruses ‘LTR-microRNA’ carrying hairpins against various proteins. Stable cell lines were lysed and probed for GRB2, GADS and LCK via immunoblotting. (b) Quantification of immunoblots from ‘a’. (c) HuT78 T cells were transduced with lentiviruses carrying LUC shRNA, and GRB2 shRNA with or without add-back of Flag-tagged shRNA-resistant wild-type or mutant GRB2. Cells were lysed and proteins were probed with GRB2 and GAPDH antibodies.

Data represent three independent replicates with similar results.
Next, stable T-cell lines were produced via puromycin selection as described in Methods. GRB2 and GADS expression was effectively suppressed in lentiviral/retroviral transduced HuT78 and Jurkat T cells carrying microRNAs or shRNAs, respectively (Figures 3a and b). The most efficacious sequences produced more than 90% suppression of GRB2 and GADS in both HuT78 and E6.1 T cells. We were also able to suppress other proteins, including LCK, using the same microRNA/shRNA-generating algorithm and transduction methods (Figures 3a and b). In contrast to electroporation-mediated protein suppression, protein suppression effects in our T-cell lines are stable, as we have tested RNAi-mediated suppression after several months under moderate antibiotic selection and found no changes in protein suppression efficiency (data not shown). Finally, we utilized pLk4A lentiviruses to reconstitute suppressed protein expression using a Flag-tagged, shRNA-resistant form of the protein (Figure 3c). The expression of reconstituted proteins is also constant in long-term passages of the T-cell lines. Overall, we demonstrate that retroviral mediated delivery of RNAi and simultaneous add-back of mutated proteins can be effectively used to study signal transduction in human T cells.

Differential efficiency of LTR and hU6 in RNAi-mediated protein suppression

Lentiviruses allow efficient transduction of primary cells compared with LTR-based LMP retroviruses. However, in our hands, the hU6 promoter utilized in pLk4A lentiviral constructs was only efficient if the small miR30-based hairpin extracted from the online algorithm was placed as a shRNA instead of microRNA (Figures 4a and c). Similar results were observed when HuT78 T cells were transduced with pLk4A lentiviruses expressing the complete (longer miR30 derived from LTR-LMP vectors) GRB2 microRNA constructs driven by the hU6 promoter (Figures 4b and d). Efficient suppression only occurred when the complete miR30 sequence was placed under the retroviral LTR promoter (Figures 4b and d). These results indicate that the suppressive efficacy of the microRNA is determined by the type of promoter that drives expression. Overall, effective suppression only occurred when the GRB2 shRNA alone was placed under the hU6 promoter or if the full microRNA was placed under the LTR promoter. However, utilizing the combination of the hU6-shRNA and LTR-complete-microRNA, we did not observe differences in T-cell functions because our studies in HuT78 and primary CD4+ T cells were performed utilizing both LTR-miR30 and hU6-shRNA constructs had identical defects in cytokine release and signal transduction.16 Additionally, HuT78 T cells lines transduced with hU6-GRB2shRNA or LTR-GRB2microRNA showed similar signaling defects including reduced IL-2 release and enhanced phosphorylation of LCK, ZAP-70 and TCR ζ chain (Figure 4e, and data not shown).

Transduced primary human CD4+ T cells are derived from a highly activated population

Upon analysis of transduced TCR-activated primary CD4+ T cells, we observed differences in cellular size between the YFP− and YFP+ fractions. Specifically, the YFP+ fraction contained cells that were substantially larger in size as indicated by the forward and side scatter plots when compared to YFP− CD4+ T cells (Figure 5a). On the basis of these observations, we hypothesized that transduced YFP+ cells are more activated than cells with little to no detectable lentiviral integration. To demonstrate that lentiviruses infect highly activated T cells more efficiently than cells not receiving efficient stimulatory signals, sorted YFP+ and YFP− CD4+ T cells were stimulated with 5 μg ml−1 plate-bound anti-CD3 for 24 h, and the levels of IL-2 were measured via ELISA. As expected, TCR-induced YFP+ cells were able to secrete substantially more IL-2 compared with YFP− T cells (Figure 5b). Additionally, expression of the activation markers CD44 and CD69 were substantially elevated in the YFP+ fraction, especially in the YFP+ fraction containing exclusively the larger cells (Figure 5c). This same large fraction also displayed higher activation markers in activated but untransduced cells (Figure 5d). Importantly, the latter indicates that the increase in size and activated phenotype was not a consequence of lentiviral integration. The increased YFP expression in larger transduced cells may be partially due to autofluorescence which stems from larger cell complexity. However, YFP autofluorescence in large untransduced cells is 2–4 orders of magnitude lower than fluorescence in large transduced cells (Figures 5a and d).

One explanation for the selective transduction of only a subset of CD4+ T cells is that not all cells respond to the CD3/CD28 signal because there is a polyclonal population of naïve and antigen-experienced T cells. To test this idea, freshly isolated T cells and T cells activated for 6 days via CD3/CD28 were stained with CD45RO to differentiate between naïve (CD45RO negative) and antigen-experienced (CD45RO positive) CD4+ T cells. Un-activated CD4+ T cells showed distinct CD45RO positive and CD45RO negative populations (Figure 6a). Upon activation via CD3/CD28, >90% of the cells expressed CD45RO, indicating that our method of stimulation activated the vast majority of T cells in culture (Figure 6a). Our results, however, suggest that most likely, cells that were antigen-experienced prior to in vitro expansion were transduced better compared with cells that only received the in vitro signal. This is suggested by the two distinct populations stained with CD45RO prior to activation and transduced YFP+ cells in activated T cells (Figures 2a and 6a). Therefore, similar to antigen-inexperienced cells that were transduced, but with lower viral copy numbers as seen with reduced mean fluorescence intensity (MFI) (Figure 1b), we propose that the less activated ‘naïve’ T-cell population (Figure 6a) is not transduced as efficiently as the ‘primed’ population. Importantly, in contrast to the enhanced activity of electroporated T cells, transduced YFP+ T cells did not show increased expression of T-cell activation markers when compared with untransduced T cells (Figure 6b). Similarly, analysis of forward and side scatter did not show increased median cell size of transduced T cells when compared with untransduced counterparts (Figure 6c). Collectively, we demonstrate that in vitro TCR/CD28-induced stimulation of human primary CD4+ T cells efficiently activates T cells, however, it does not produce a homogenous population, and only the highly activated T cells are efficiently transduced via lentiviruses.

DISCUSSION

In this study, we tested multiple protocols to transduce human CD4+ T cells. We have described a method for the development of effective RNAi sequences that can produce near 100% protein suppression in human T-cell lines and primary CD4+ T cells. Additionally, we highlighted a technique in which a mutated version of the suppressed protein can be added back simultaneously for further detailed analysis. MicroRNAs/shRNAs can be generated quickly and integrated in lentiviral constructs within a week. Moreover, long-term use of this technology is more efficient and cost-effective when compared with the use of commercial siRNA or plasmid DNA transfections. One caveat of producing in-house microRNA/shRNAs is the need to empirically test each microRNA/shRNA to determine the suppression efficiency. The researcher must also be aware of off-target effects stemming from long-term protein suppression in stable cell lines. The latter is true for both commercial and in-house-produced RNAi. To
prevent potential misleading results from target effects, the researcher should first examine whether the expression of proteins associated with and/or similar in sequence to the protein being targeted by the hairpins (that is, proteins of the same family) are altered. Additionally, alternative microRNA/shRNAs that target a different sequence of the same protein, but would presumably have different off target effects, would provide confirmation of the results. We found that our method can generate multiple efficient hairpins targeting the same protein.

Figure 4  hU6-induced GRB2 suppression is efficient only after removal of the full mir30 sequence. (a) Left: HuT78 T cells transduced with pLKO.1 lentiviral constructs expressing hU6-driven GRB2 or LUC shRNAs flanked with or without small mir30 sequences. Right: Quantification of immunoblots. (b) Left: HuT78 T cells transduced with retro-LTR LMP or lentiviral-hU6 pLK4A constructs expressing GRB2 or LUC shRNAs flanked by the full mir30 sequence. Right: Quantification of immunoblots. Data represent three independent experiments with similar results. (c) Nucleotide sequence of GRB2 shRNA flanked by small mir30 sequence. (d) Nucleotide sequence of GRB2 shRNA flanked by the full mir30 sequence. (e) HuT78 T cells transduced with retroviruses carrying GRB2 or LUC microRNAs, and lentiviruses carrying hU6-GRB2 or LUC shRNAs were stimulated with 5 μg/ml anti-CD3-coated plates for 24 h. The supernatants were probed for IL-2 production via ELISA. The data were graphed as mean LUC secretions at 5 μg/ml anti-CD3 ± s.e.m. from three independent experiments.
even if it is not as efficient as the primary hairpin (that is, 60–80% protein suppression efficacy). Upon development, recombinant DNA can then be delivered efficiently into activated and un-activated human CD4+ T cells utilizing lentiviral transductions. However, concentrated lentiviruses preps give the best transduction efficiency (percent integration) and number of gene copies (determined via YFP MFI) relative to unconcentrated preparations. Electroporation may also be used,

Figure 5 Transduced YFP+ are highly active and larger in size compared with YFP− primary CD4+ T cells. (a) Activated primary CD4+ T cells were transduced with pLK4A lentiviruses carrying LUC shRNA and YFP for 3 days and then probed for YFP expression and forward/side scatter; S/L indicates Small/Large fractions. (b) Primary human CD4+ cells were transduced with YFP+ pLK4A lentiviruses expressing LUC shRNA. Sorted YFP+/− cells were stimulated with 5 μg/ml anti-CD3-coated plates for 24 h. The supernatants were probed for IL-2 production via ELISA. Illustrated are IL-2 production data from CD4+ primary cells obtained from two different donors. (c) Cells from ‘a’ were surface-stained with CD44 or CD69 conjugated with Alexa-fluor 647 and then gated on YFP−, S/L YFP+ and L YFP+ and then MFI was collected from 100,000 live gate events. Groups were graphed as ± s.e.m. of YFP+ cells as indicated from three independent donors. (d) Untransduced activated primary CD4+ cells from the same donors as in ‘c’ were stained with surface CD44 or CD69 conjugated with Alexa-fluor 647 and then gated on large ‘L’ and small ‘S’ fractions. Data were graphed as ± s.e.m. of large cells from three independent donors.
however, this method is highly toxic to cells, and should be used as an alternative method. Additionally, stable cell lines produced via viral transductions are more convenient to use, and give reproducible results when compared with the need to repeatedly electroporate T-cell lines with variable efficiencies between experiments. Viral based production of stable cell lines also yield large amounts of cells carrying microRNA/shRNAs which is essential for assays requiring high cell numbers such as immunoprecipitation of proteins with low expression. Performing these types of experiments utilizing electroporated cells is not cost-effective and will require multiple electroporations for one replicate. Moreover, electroporation is not the optimal method for T-cell analysis owing to the increased activation phenotype of T cells induced by electroporation. A recent study demonstrated that electroporated primary human CD4+ T cells had enhanced intracellular calcium levels, increased surface activation markers, augmented transcriptional activity and amplified sensitivity to phytohemagglutinin. These observations indicate that assays examining T-cell function (that is, cytokine production, calcium mobilization, surface protein expression) may give misleading results when electroporation is used and are best performed in virally transduced cells. In contrast, we found that lentiviral transduced primary CD4+ T cells express similar MFI levels of surface T-cell activation markers CD44/CD69 and have similar cell morphology compared with untransduced cells (Figures 6b and c).

Next, there are currently new methods that could produce complete gene KO in mammalian cells such as the RNA-based bacterial defense mechanism clustered regularly interspaced short palindromic repeats (CRISPR). This system utilizes a CAS9 endonuclease and a guide RNA (gRNA) molecule specific for invading bacteriophages and plasmid DNA that may integrate into the genome. In the case of mammalian cells, the CAS9-gRNA complex can be engineered to target specific dsDNA sequences in the genome. Additionally, the CRISPR system has the advantage of simultaneously targeting multiple gene deletions in mice.
Although KO of genes utilizing CRISPR is an attractive approach, there are caveats associated with this method. First, the CRISPR system is inefficient at targeting genomic deletions in human CD4+ T cells. A recent study by Mandal et al. demonstrated that a highly efficacious gRNA produced deletion of beta-2 microglobulin in up to 48% of HEK 293T cells, but only 5% of human CD4+ T cells. Second, even after successful genomic deletion in human CD4+ T cells, off-target effects may occur from deletion of DNA sequences similar to the sequence targeted by the gRNA. Recent studies in human cells demonstrated off-target deletions occurring in the genome, even with sites that differ by five nucleotides from the target DNA. Similarly, gRNA with a one base-pair mismatch to the target DNA allows CAS9 to cleave the target DNA. Therefore, utilizing CRISPR requires screening the genome for similar sites to the gRNA prior to and after deletion of the target gene. These effects can produce misleading results especially in genes expressing homologous proteins such as the GRB2 family of adaptors or with DNA that produces splice variants with different functions (that is, GRB2 and GRB3-3). In the end, the use of CRISPR system would require the screening of numerous clones of human T cells, which would be feasible for cell lines but not short-lived primary human T cells. Therefore, given the above caveats, studies in primary human CD4+ T cells should be performed utilizing established methods such as the microRNA/shRNA-based methods presented in this study.

We have also demonstrated that in contrast to the LTR, the hU6 promoter can be inefficient if the RNAi used was expressed in the context of microRNA. The reasons for this discrepancy are not completely clear, but could be a result of one or a combination of the following. First, in LMP retroviruses, the distance from the LTR promoter to the microRNA (>100 bp) is much greater than the distance between the lentiviral hU6 promoter and its transcripts (11 bp). The increased space found after the LTR promoter could lead to higher microRNA hairpin stability in the course of initiation and formation of the hairpin that results in efficient processing by the RNAi machinery. Second, the formation of the microRNA hairpin from the hU6 promoter may not be efficient because of intrinsic mechanistic differences between the Type II and III polymerases utilized by LTR and hU6 promoters, respectively. The cell type in which the promoter is expressed may also account for some of these differences. Discrepancies in gene silencing between distinct promoters were also recently demonstrated by Room et al. The authors demonstrate that shRNA expression from the hU6 promoter displayed a fourfold increase in inhibition efficiency when compared with the same shRNA driven by the murine U6 promoter in both human and murine cells. Therefore, reduction of transcripts and/or inefficiency in hairpin formation may have a role in determining the final inhibition effects. Overall, we describe clear functional differences between LTR/hU6 microRNA/shRNA-induced protein suppression. Our data demonstrate that caution must be taken in the development and interchange of microRNA/shRNAs between multiple promoters. We, therefore, suggest that the safest method is to first screen for shRNAs and then embed efficient sequences in the context of microRNAs.

Interestingly, although our method of stimulation activates the vast majority of T cells as determined by CD45RO expression, there appear to be distinct populations with different activation phenotypes. Specifically, cells that were highly activated were selectively transduced with high efficiency leading to greater gene expression from the viral vectors. These highly transduced cells had increased cytokine secretion and CD44/CD69 upregulation. Our results highlight an important point that in vitro activated T cells are heterogeneous and do not receive similar strength of stimulatory signals in culture. This may produce misleading results, especially if stimulated populations of a transduced culture were to be compared for activation status based on protein inhibition effects and/or protein expression. In this case, cells that had incorporated larger numbers of viral genomes will be intrinsically activated prior to transductions and subsequently the data will provide misleading results. This should be taken into consideration during experimental planning and analysis. Overall, we present optimized protocols that should significantly enhance the quality of DNA integration into primary human T cells. This is an important as studies in murine T cells or human cell lines do not always produce similar results when compared with the more physiological primary human CD4+ T cells.3,5,33,44

METHODS

Purification and growth of human CD4+ peripheral blood T cells
Peripheral blood mononuclear cells were obtained from whole blood of healthy donors using leukocyte reduction system cones as previously described. Blood donors have consented for blood donation at the DeGowin Blood Center at the University of Iowa Hospitals and Clinics. The consent allows peripheral blood cells not used for transfusion to be used for research at the University of Iowa. The consent process and documents for these donors were approved by the IRB for the University of Iowa. Because all cells used in these studies were obtained from normally discarded products, the donors approved for the use of their cells in research projects and the donors were completely de-identified, these studies were exempt from further IRB approval.

Negative selection of primary human CD4+ T cells was performed using CD4+ T cell isolation kit II (Miltenyi Biotec, San Diego, CA, USA) resulting in >98% purity. Isolated CD4+ T cells were subsequently activated with magnetic Dyna beads (Invitrogen, Carlsbad, CA, USA) crosslinked with anti-CD3 (OKT3, BioLegend, San Diego, CA, USA) and anti-CD28 (CD28.2, BioLegend) in the presence of 100 U ml\(^{-1}\) recombinant IL-2. Cells were cultured at 37 °C and 5% CO\(_2\) in complete RPMI 1640 (RPMI medium supplemented with 10% fetal bovine serum, 50 U ml\(^{-1}\) penicillin, 50 μg ml\(^{-1}\) streptomycin, and 2 μg ml\(^{-1}\) l-glutamine) (Gibco, Carlsbad, CA, USA). Prior to cytokine release assays, cells were rested for 1 day in complete RPMI without magnetic beads or IL-2. For flow cytometry analysis or cell sorting, cells were removed from the magnetic beads and immediately analyzed or sorted.

Growth of HuT78 and E6.1 T-cell lines
HuT78 CD4+ T cells were acquired directly from ATCC (TIB-161). HuT78 CD4+ T-cell lines were cultured at 37°C and 5% CO\(_2\) in complete RPMI 1640 (RPMI medium supplemented with 10% fetal bovine serum, 50 U ml\(^{-1}\) penicillin, 50 μg ml\(^{-1}\) streptomycin and 2 μg ml\(^{-1}\) l-glutamine) (Gibco). Retro/lentiviral transduced cell lines were kept in selection of the presence of 1–2 μg ml\(^{-1}\) puromycin. Jurkat E6.1 T cells were cultured in complete RPMI medium. For immunoblot analysis, the cells were lysed with the addition of fourfold excess of hot \(\times\) lysis buffer (20 μl Tris pH 8.0, 2 μl EDTA, 2 μl Na\(_2\)VO\(_4\), 20 μl DTT, 2% SDS and 20% glycerol). Lysates were then heated to 95 °C for 4 min and sonicated to reduce viscosity.

Cytokine detection
Primary CD4+ T cells were washed in complete RPMI 1640, and then resuspended at \(2 \times 10^5\) cells per ml. Cells were stimulated by adding 0.5 ml of cell suspension to 24-well plates coated with 5 μg ml\(^{-1}\) of anti-CD3 for 24 h. IL-2 protein concentrations in the culture supernatants were measured using standard TMB ELISA utilizing a spectrophotometric plate reader with a reading absorbance at 450 nm.

Immunoblotting
Cellular lysates were loaded onto a 4–15% precast Criterion polyacrylamide gel (Bio-Rad, Hercules, CA, USA). The separated proteins were transferred onto polyvinylidene fluoride membranes (Millipore, Billerica, MA, USA), blocked...
for 1 h at room temperature with PBS-SEA Block buffer (Thermo Scientific, Waltham, MA, USA). The polyvinylidene fluoride membranes were then incubated with primary antibodies against GFP (YFP) (clone B-2, Santa Cruz Biotechnology, GRB2 (clone 23, Santa Cruz Biotechnology, Santa Cruz, CA, USA), LCK (Cell Signaling, Beverly, MA, USA), Actin (clone C4, Millipore) or GAPDH (Meridian Life Sciences, Memphis, TN, USA). Secondary antibodies conjugated to IRDye 800CW or IRDye 680 were diluted in SEA Block and incubated with the polyvinylidene fluoride membranes for 30 min at room temperature. The membranes were then washed with phosphate-buffered saline-0.1%SDS solution and then visualized using the Licor Odyssey Infrared detector.

**Flow cytometry**

Cells (2 × 10⁶) were washed in fluorescence-assisted cell sorting buffer (phosphate-buffered saline, 10% fetal bovine serum and 0.05% sodium azide), and then resuspended in fluorescence-assisted cell sorting buffer to a concentration of 1 × 10⁶ cells per ml to probe GFP/YFP expression. For surface staining, primary CD4⁴ T cells were washed in fluorescence-assisted cell sorting buffer, and then stained with anti-CD44 or anti-CD69 conjugated to Alexa-fluor 487 (Biologend). CD4⁴RO conjugated to PE-Cy5 (BD Pharmingen, San Diego, CA, USA). For CD4 staining, cells were first stained with primary anti-CD4 (clone RPA-T4, Biologend) and then with secondary Alexa 488 (Biologend). Cells were left on ice for 30 min during staining while gently vortexing every 10 min. Cells were washed, and the MFI of each sample was obtained using Accuri C6 flow cytometer (BD Biosciences, San Jose, CA, USA). The samples were then analyzed using the BD Accuri C6 software.

**Quantification of data produced via flow cytometry and ELISA**

IL-2 release data from HuT78 T cells were normalized to percent of maximum (max = 100%) control RNAi (LUC) stimulation. For flow cytometry, the data were normalized to percent of maximum controls as indicated on the y axis. After the MFI or IL-2 values were normalized for each independent experiment, multiple experiments were compiled together for a final average and s.e.m. values. The following formula was utilized for normalization and quantification of the MFI values, and IL-2 release data for each data point:

\[
\text{Data point as Percent of maximum of LUC stimulation} = \frac{\text{Raw value} - \text{Raw unstimulated value of control LUC or as indicated on y axis}}{\text{Raw maximum value of control LUC}} - \text{Raw unstimulated value of control LUC or as indicated on y axis)}
\]

**Vectors**

Lentiviral pLK4 vectors were a kind gift from Dr Stephen Bunnell, ENREF_3 plKO.1 lentiviral vectors were obtained from Addgene (plasmid 8453, Cambridge, MA, USA).6 MSCV-LTRmiR30-PIG (LMP) retroviral expression vector and VSV-G were obtained from Dr Bruce Hostager. Packaging plasmids pCL-Eco and Pax2 were donated by Drs John Coligan and Dawn Quelle, respectively.

**Cloning of RNAi into LMP and pLK4A retroviral vectors**

Retroviral LMP vectors contain Xhol and EcoRI cloning site allowing the insertion of shRNAs in the context of endogenous mir30 driven by an LTR-based promoter. However, because microRNA-carrying LMP vectors are not efficient at infecting primary human CD4⁴ T cells (data not shown), shRNA-carrying pLK4A vectors were utilized for the transduction of these cells. In addition, the pLK4A vector allows for cloning of shRNA and add-back of wild-type and mutant proteins in T cells. Although microRNAs mimic physiological silencing mechanisms and should be the first choice, shRNAs in lentiviruses were utilized owing to the inefficiency of the hU6 promoter to drive microRNAs (see Differential efficiency of LTR and hU6 in RNAi-mediated protein suppression). To accomplish this, shRNA sequences were first cloned into pLK4A vectors using AgeI and EcoRI sites followed by terminal thymidines that stop the transcriptional activity of the RNA polymerase.

MicroRNA/shRNA sequences were generated by using the online-based http://katabin.cshl.edu (or other online RNAi generating algorithms). Upon entering the online program, click on si/shRNA retriever, choose number of ologs and species type. Next, generate microRNAs by either entering the accession (NM_rRNA) or the full sequence of target mRNA, and then click Retrieve Oligo. Listed below are microRNAs generated using the above algorithm. Note that, in this case, the flanking mir-30 sequences generated by the algorithm were removed and the shRNA portion is illustrated (Sense, Loop, Anti-Sense).

**GRB2**

AGCAGAAGAAATCTGCTAGCAATGTAAGAGGCCACAGATGTTTGCAGC
ACATTCTTCTTCCGCC

LCK:

ACCCATCTACATCATCAGTAATGTAAGAGGCCACAGATGTTTGCAGC
TATGATGATGATGATGCC

The oligonucleotides were then separated into forward and reverse sequences capable of annealing with 10 bp in the loop sequence (at the center of the microRNA/shRNA). The following primers were utilized to create the complete GRB2 hairpin:

Complete GRB2 shRNA with flanking AgeI/EcoRI and terminal thymidines X6:

\[
\text{GRB2 F primer for Klenow reaction:} \quad \text{AAACCTACCGTACACAGAAAGAAATCTGCTAGCAATGTAAGAGGCCACAGATGTTTGCAGC} \\
\text{GRB2 R primer for Klenow reaction:} \quad \text{GTGCCAGGAGGCAAAGAAATCTGCTAGCAATGTAAGAGGCCACAGATGTTTGCAGC}
\]

The F/R sequences were extended into the complete hairpin with a Klenow cycle. The reaction was incubated at 30 °C for 30 min to generate double-stranded oligos, and then at 75 °C for 20 min to inactivate the Klenow. The shRNAs were ligated into plKO.1 vectors, transformed and sequenced to determine positive clones.

Next, to move the U6-shRNA cassette from plKO.1 into the final primary DNA T-cell transduction vector, pLKA4, sequences from plKO.1 were amplified and cloned into SpeI and PvuI site in the pLKA4 lentiviral vectors using the following primers:

GRB2 pLKA4-Spel F:

\[
\text{CAACAACTAGTGAGGGCCTATTTCCCATGATTTTCTTTTGAGCTG} \\
\text{GRB2 pLKA4-PvuI R:} \quad \text{TGGTTTGGATCGAAAGAAAGAAATCTGCTAGCAATGTAAGAGGCCACAGATGTTTGCAGC}
\]

To generate mutated proteins (GRB2 or GADS) that are resistant to shRNA-mediated inhibition, human GRB2 and GADS cDNA was mutated using primers containing shRNA-sense bases to produce GRB2 or GADS cDNA with a different nucleotide sequence that produces an identical amino acid sequence to the wild-type protein. Both the GRB2 and GADS variants were amplified with AgeI and NotI primers, and then ligated into pLKA4A vectors containing GRB2 or GADS shRNAs.

**Viral production and purification**

Eighteen to 24 h prior to transfections, 3.5 × 10⁶ or 7.5 × 10⁶ 293T cells were seeded in 10- or 15-cm culture dishes at 37 °C and 5% CO₂ in complete Dulbecco’s modified Eagle’s medium (Dulbecco’s modified Eagle’s medium supplemented with 10% fetal bovine serum, 50 U ml⁻¹ penicillin, 50 μg ml⁻¹ streptomycin, 1 x MEM NEAA and 2 mM l-glutamine ( Gibco)). On the day of transfection, the medium was replaced with 5 or 16 ml of fresh complete Dulbecco’s modified Eagle’s medium. To generate retro or lentiviral particles, 293T cells were transfected utilizing calcium phosphate method. In 10-cm plates (for 15-cm plates, multiply reagent value by 2), plasmids (LMP/pLKA4 15 μg, pCL-Eco/Pax2 10 μg, VSV-G 7.5 μg) were mixed in 0.5 ml of 1 X PBS buffer (HEPES free acid 21 mM, NaCl 137 mM, D+ Glucose monohydrate 5 mM, KCl 50 mM, NaHPO₄ 0.35 mM, pH 7.5). Next, 30 μl of sterile 2.5 M CaCl₂ was added drop-wise to the HBSA DNA solution, mixed by pipetting and incubated for 20-30 min at room temperature. The HBSA-DNA-CaCl₂ mix was then added drop-wise around the 293T plate and then incubated for 15–20 h.

Next, transfection medium was replaced with 10 or 20 ml of fresh medium for 10- or 15-cm plates, respectively. Because some viral production initiates...
shortly after transfection, we recommend that the transfection medium be replaced at earlier time points to prevent viral loss. Viral containing supernatant was subsequently harvested every 24 h for 2 days, and filtered through 0.45 μm Durapore Milllex (Millipore) filters. Filtered supernatant was then divided into round-bottom polycarbonate high-speed tubes (Nalgene-Oak ridge, Thermo Scientific, Waltham, MA, USA). The tubes were centrifuged at 4°C for 1.5–2 h at 48,000 g in Sorvall RC6-Plus centrifuge (Thermo Scientific) (SS-34 Rotor). The tubes were handled carefully as to not resuspend the viral pellet, and the supernatant was aspirated using sterile glass Pasteur pipettes. The pellets were resuspended in 0.5–2 ml complete RPMI.

Transduction and development of stable HuT78 T-cell lines

Human HuT78 CD4+ T cells have similar TCR signaling kinetics to primary human CD4+ T cells when compared with other cell lines. For this reason, we optimized transductions of this cell line to utilize HuT78 T cells as a model for understanding T-cell signaling. For HuT78 T-cell transductions, 4–5×10^6 cells were incubated upright in 1–1.5 ml of concentrated viral supernatant in 25 cm² flasks in the presence of 8 μg ml⁻¹ Hexadimethrine bromide (Sigma Aldrich, St Louis, MO, USA) with periodical mixing. Upright incubation allows the small volume of viral medium to spread on a small surface during transduction. On the basis of our observations, we speculate that this method allows higher probability of viruscell interaction and subsequent increased frequency of transduction. The viral quantity is equivalent to medium obtained from one to two 10-cm culture dishes. Generally, transductions are allowed to continue until the phenol red indicator in the tissue culture medium becomes visibly yellow (indicating proliferation of cells). This takes place in a period of 48–72 h depending on the number of cells used. Post transduction, HuT78 T cells were resuspended in fresh complete Iscove’s modified Dulbecco’s medium with 0.5 μg ml⁻¹ of puromycin and cells were allowed to expand. The expansion is determined by the visible phenol red color changes of the complete Iscove’s modified Dulbecco’s medium (yellow) which usually takes 2–4 days depending on the number of cells used and efficiency of transduction. Puromycin is then increased gradually (0.5 μg ml⁻¹ increments) to 1.5–2 μg ml⁻¹ after each cell passage before examining protein inhibition and/or levels of protein expression. Similar to utilizing viral concentrates, duration of transductions may significantly impact the efficiency of viral integration. Therefore, the duration of virus: cell interaction should in general be lengthened rather than shortened. We found that methods such as spinfection are unnecessary for the enhancement of cell interaction should in general be lengthened rather than shortened. We found that methods such as spinfection are unnecessary for the enhancement of cell interaction.

Transduction of primary human CD4+ T cells

For primary human CD4+ T-cell transductions, purified cells were activated for 1 day with magnetic Dyna beads containing anti-CD3 and anti-CD28 in the presence of IL-2. We have found that the duration of activation does not significantly reduce transduction efficiency. However, it is better to transduce cells during initial activation prior to expansion (12–24 h post activation) to enrich transduced cells that are proliferating in culture. Next, 10–25×10^6 cells were incubated upright in 1–1.5 ml of concentrated viral supernatant in 25 cm² flasks in the presence of 8 μg ml⁻¹ Hexadimethrine bromide (Sigma Aldrich) with periodical mixing. The viral quantity for the transduction of 25×10^6 cells is equivalent to medium obtained from 8 to 12 10-cm or 4 to 6 15-cm culture dishes. IL-2 plus beads (100 U ml⁻¹) containing anti-CD3 and anti-CD28 were present during the transduction to preserve the activation status of the cells. Two to 5 ml of complete RPMI medium, Hexadimethrine bromide and IL-2 were added to the cells every 24 h or after medium becomes visibly yellow. At this point, the flasks were placed horizontally to reduce cell packing and allow better expansion of the cells. After 72–96 h, cells were resuspended in fresh complete RPMI without the beads or IL-2 for analysis.

Transduction of antigen-inexperienced T cells

Primary human CD4+ T cells were cultured in the presence of 200 U ml⁻¹ IL-2 for 12–24 h. Cells (5–10×10^6) were then transduced by incubating upright with 1.5 ml concentrated lentiviral supernatant in the presence of 8 μg ml⁻¹ Hexadimethrine bromide. The viral quantity for the transduction of 10×10^6 cells is equivalent to medium obtained from four to six 10-cm or two to three 15-cm culture dishes. Higher concentration of lentiviruses correlates with increased transduction efficiency (data not shown). The transductions occurred over a period of 3–6 days with periodical mixing and without adding extra medium. In contrast to activated cells, after the first day of transduction, transduced antigen-inexperienced T cells should not be placed horizontally as they are not in the state of expansion. This allows the cells to have a better interaction with lentiviruses. After transduction was complete, the viral supernatant was removed and replaced with fresh medium containing IL-2, and YFP or protein expression was assessed via flow cytometry and/or immunoblot.

Electroporation of primary human CD4+ T cells

Primary human CD4+ T cells were activated for 1–4 days and then magnetic beads were removed prior to transfections. CD4+ T cells (5×10^6) were placed in 100 μl electroporation buffer using buffers optimized in Chicaybam et al. (1M, 15M or 3P)8. Experimentation with these reagents is recommended to determine buffers which produce minimal toxicity and highest transfection efficiency. Next, 5–20 μg of a plasmid carrying GFP was added to the cell reagent solution. If using a plasmid that does not carry a fluorescent marker, we recommend co-transfection with a GFP carrying plasmid to determine the general transfection efficiency. Immediately, the cell-reagent mix was aliquoted into a 0.2 cm Lonza or Bio-Rad Gene Pulser cuvette. The cells were electroporated using Lonza’s T-cell programs (such as T-23 or U-14). Experimentation with these programs is also recommended to determine which produce least cell death, and highest transfection efficiency. Cells were immediately removed from the cuvette and then cultured in 5 ml complete RPMI medium in the presence of 100 U ml⁻¹ IL-2. GFP fluorescence was analyzed after 24–48 h post transfection.

Statistical analysis

Analysis of flow cytometry surface staining and ELISA were performed in GraphPad prism software (GraphPad Software Inc., San Diego, CA, USA) using two-tailed t-test assuming unequal variance. Levels of significance P<0.05 and P<0.01 are presented as * and **, respectively.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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