A properly embedded holomorphic disc in the ball
with finite area and dense boundary curve

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Abstract In this paper we construct a properly embedded holomorphic disc in the
unit ball $B^2$ of $\mathbb{C}^2$ having a surprising combination of properties: on the one hand,
it has finite area and hence is the zero set of a bounded holomorphic function on
$B^2$; on the other hand, its boundary curve is everywhere dense in the sphere $\partial B^2$.
A similar result is proved in higher dimensions. Our construction is based on an
approximation result in contact geometry, also proved in the paper.

Keywords holomorphic disc, conformal map, Legendrian curve

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1. Introduction

In this paper we prove the following result which answers a question posed by Filippo
Bracci in a private communication. Let $D = \{z \in \mathbb{C} : |z| < 1\}$ be the open unit disc, and
let $B^n = \{(z_1, \ldots, z_n) \in \mathbb{C}^n : |z|^2 = \sum_{j=1}^n |z_j|^2 < 1\}$ be the open unit ball in the complex
Euclidean space $\mathbb{C}^n$ for any $n \in \mathbb{N} = \{1, 2, 3, \ldots\}$.

**Theorem 1.1.** For every $n > 1$ and $\epsilon > 0$ there exists a proper holomorphic embedding
$F : D \hookrightarrow B^n$ which extends to an injective holomorphic immersion $F : \overline{D} \setminus \{\pm 1\} \rightarrow \overline{B^n}$
such that $\text{Area}(F(D)) < \epsilon$ and the boundary $F(\partial \overline{D} \setminus \{\pm 1\})$ is everywhere dense in $\partial B^n$.

Our construction provides an injective holomorphic immersion $F$ of an open neighbor-
hood $U \subset \mathbb{C}$ of $\overline{D} \setminus \{\pm 1\}$ into $\mathbb{C}^n$ which is transverse to the sphere $\partial B^n$ and satisfies
$F(U) \cap \mathbb{B}^n = F(D)$. A minor modification of the proof, replacing Lemma [4,3] by Lemma
[4,5] yields a map $F$ as above which extends holomorphically across $\partial D$ except at one bound-
dary point. (Clearly it is impossible for $F$ to be smooth on all of $\overline{D}$.) The result seems es-
pecially interesting in dimension $n = 2$ since an embedded holomorphic disc of finite area in
the ball $B^2$ is the zero set of a bounded holomorphic function on $B^2$ according to Berndtsson
[4, Theorem 1.1], so we have the following corollary to Theorem 1.1.

**Corollary 1.2.** There is a bounded holomorphic function on $B^2$ whose zero set is a smooth
complex curve of finite area, biholomorphic to the disc, with injectively immersed boundary
curve that is everywhere dense in the sphere $\partial B^2$.

It would be interesting to know whether there exists a holomorphic fibration $B^2 \to D$
by discs as in Theorem 1.1. As Bracci pointed out, nonexistence of such a fibration would
lead to an analytic proof of the theorem of Koziarz and Mok [17] that there is no fibration
of the ball over the disc which is invariant under the action of a co-compact group of automorphisms of the ball.

In the literature there are only few known constructions of properly embedded holomorphic discs with interesting global properties in the 2-ball, or in any 2-dimensional manifold. A recent one, due to Alarcón, Globevnik and López [10], gives a complete properly embedded holomorphic disc in $B^2$; however, such discs necessarily have infinite area. On the other hand, it was shown by Globevnik and Stout in 1986 [12, Theorem VI.1] that every strongly pseudoconvex domain $D \subset \mathbb{C}^n$ (n ≥ 2) with real analytic boundary $bD$ contains a proper holomorphic disc $F: \mathbb{D} \to D$ (not necessarily embedded) of arbitrarily small area such that $\tilde{F}(\mathbb{D}) = F(\mathbb{D}) \cup \overline{\omega}$, where $\omega$ is a given nonempty connected subset of $bD$. (It is easy to achieve the latter improvement also in our result.) The main new point here is that we find properly embedded holomorphic discs with these properties, even in the lowest dimensional case $n = 2$. The principal difficulty is that double points of a complex curve in a complex surface are stable under deformations, and there are no known constructive methods of removing them. One of our main new tools is a deformation procedure, based on transversality and the use of certain special harmonic functions, to ensure that double points never appear during the construction; see Lemma 5.1. This makes our construction considerably more subtle than the one in [12]. We also use a more precise version of the exposing of boundary points [10, Lemma 2.1]; see Lemma 4.3. The mentioned result in [10] has been extended to strongly pseudoconvex domains in higher dimension (see Diederich, Fornæss and Wold [8]) and was used in the study of the squeezing function and the boundary behaviour of intrinsic metrics; see Zhang [22] and the references therein.

The construction begins with a new result in contact geometry. The sphere $b\mathbb{B}^n = S^{2n-1}$ for $n > 1$ carries the contact structure $\xi$ given by the distribution of complex tangent hyperplanes. The complement of a point in $b\mathbb{B}^n$ is contactomorphic to the Euclidean space $\mathbb{R}^{2n-1}_{(x,y,z)}$ with its standard contact structure $\xi_0 = \ker(dz + xdy)$, where $x, y \in \mathbb{R}^{n-1}$, $z \in \mathbb{R}$ and $xdy = \sum_{j=1}^n x_j dy_j$. A smooth curve $f: \mathbb{R} \to b\mathbb{B}^n$ is said to be complex tangential, or $\xi$-Legendrian, if $\dot{f}(t) \in \xi(f(t))$ for every $t \in \mathbb{R}$. The following result is proved in Sect. 2.

**Theorem 1.3.** Let $n > 1$. Every continuous map $f_0: \mathbb{R} \to \mathbb{R}^{2n-1}$ can be approximated in the fine $C^0$ topology by real analytic injective $\xi_0$-Legendrian immersions $f: \mathbb{R} \to \mathbb{R}^{2n-1}$.

It is possible that Theorem 1.3 holds in every real analytic contact manifold $(X, \xi)$. Approximation by immersed (not necessarily injective) real analytic Legendrian immersion $\mathbb{R} \to (X, \xi)$ were obtained by Globevnik and Stout [12, Theorem V.1]. Results on approximation of smoothly embedded compact isotropic submanifolds by real analytic ones can be found in the monograph by Cieliebak and Eliashberg [7, Sect. 6.7]; however, the arguments given there do not seem to apply to noncompact isotropic submanifolds.

Write $\mathbb{R}_+ = \{t \in \mathbb{R} : t ≥ 0\}$ and $\mathbb{R}_- = \{t \in \mathbb{R} : t ≤ 0\}$. The following is an immediate corollary to Theorem 1.3.

**Corollary 1.4.** Let $n > 1$. For every nonempty open connected subset $\omega$ of $b\mathbb{B}^n$ there exists a real analytic injective complex tangential immersion $f: \mathbb{R} \to b\mathbb{B}^n$ whose image $\Lambda = f(\mathbb{R}) \subset b\mathbb{B}^n$ is dense in $b\mathbb{B}^n$. The cluster set of each of the sets $f(\mathbb{R}_+)$ and $f(\mathbb{R}_-)$ equals $\overline{\omega}$. This holds in particular for $\omega = b\mathbb{B}^n$.

The existence of a real analytic complex tangential injective immersion $f: \mathbb{R} \to b\mathbb{B}^n$ whose image $\Lambda = f(\mathbb{R}) \subset b\mathbb{B}^n$ is dense in $b\mathbb{B}^n$ is the starting point of our construction. A suitably chosen (thin) complexification of $\Lambda$ is an embedded complex disc $\Sigma_0 \subset \mathbb{C}^n$ of arbitrarily small area such that $\Sigma_0 \cap \overline{\mathbb{B}^n} = \Lambda$ (see Lemma 5.1). By pulling $\Sigma_0$ slightly
A properly embedded holomorphic disc in the ball with finite area and dense boundary
inside the ball along \( \Lambda \) by a suitably chosen holomorphic multiplier, where the amount of pulling diminishes sufficiently fast as we approach either of the two ends of \( \Lambda \) so that the boundary of \( \Sigma_0 \) remains in the complement of the closed ball, we obtain a properly embedded holomorphic disc \( \Sigma \) in \( \mathbb{B}^n \) of arbitrarily small area whose boundary approximates \( \Lambda \) as closely as desired in the fine \( C^0 \) topology, and hence they are dense in the sphere \( b\mathbb{B}^n \). Since \( \Lambda \) is dense in \( b\mathbb{B}^n \), it is a rather subtle task to obtain injectivity of the limit disc. The main difficulty is that injectivity is not an open condition among immersions of noncompact manifolds in any fine topology. (On the other hand, immersions form an open set in the fine \( C^1 \) topology; see e.g. [19, Sect. 2.15].) We find a disc \( F(\mathbb{D}) \subset \mathbb{B}^n \) satisfying Theorem 1.1 as a limit of an inductively constructed sequence of properly embedded holomorphic discs \( F_k : \mathbb{D} \hookrightarrow \mathbb{B}^n \), where each \( F_k \) is holomorphic on a neighborhood of the closed disc \( \overline{\mathbb{D}} \). In the induction step we are given a properly embedded complex disc \( \Sigma_k = F_k(\mathbb{D}) \subset \mathbb{B}^n \) with smooth boundary \( b\Sigma_k = F_k(\partial \mathbb{D}) \subset b\mathbb{B}^n \) which intersects the Legendrian curve \( \Lambda = f(\mathbb{R}) \subset b\mathbb{B}^n \) transversely at a pair of points \( p^\pm_k \). (There may be other intersection points. The disc \( \Sigma_k \) is actually the intersection of a somewhat bigger embedded holomorphic disc in \( \mathbb{C}^n \) with the ball \( \mathbb{B}^n \).) Let \( E^+_k \) and \( E^-_k \) be compact arcs in \( \Lambda \) with an endpoint \( p^+_k \) and \( p^-_k \), respectively. The first step is to find a small perturbation of \( \Sigma_k \), fixing the points \( p^+_k \), such that the boundary of the new embedded disc intersects the arcs \( E^+_k \) only at the points \( p^+_k \) (see Lemma 3.1). The next disc \( \Sigma_{k+1} \) is then obtained by stretching \( \Sigma_k \) along the arcs \( E^+_k \) to the other endpoints \( q^+_k \) of \( E^+_k \) so that the stretched out part lies in a thin tube around \( E^+_k \cup E^-_k \); see Lemma 4.3. The sequence of embedded discs obtained in this way converges in the weak \( C^1 \) topology, and also in the fine \( C^0 \) topology on \( \mathbb{D} \setminus \{ \pm 1 \} \), to an embedded disc satisfying Theorem 1.1. The details are given in Sect. 5.

In conclusion, we mention the following natural question that was raised by a referee.

**Problem 1.5.** Does Theorem 1.1 hold for discs in an arbitrary strongly pseudoconvex domain in \( \mathbb{C}^n \), \( n \geq 2 \), in place of the ball?

Our methods at several steps crucially depend on having real analytic boundary, and Theorem 1.3 (on Carleman approximation of Legendrian curves by embedded real analytic Legendrian images of \( \mathbb{R} \)) is currently proved only for the standard contact structure on the round sphere in \( \mathbb{C}^n \), given by the distribution of complex tangent planes.

## 2. Densely embedded real analytic Legendrian curves

In this section we prove Theorem 1.3. Let \( n \in \mathbb{N} \). We denote the coordinates on \( \mathbb{R}^{2n+1} \) by \( (x, y, z) \), where \( x = (x_1, \ldots, x_n) \in \mathbb{R}^n \), \( y = (y_1, \ldots, y_n) \in \mathbb{R}^n \), and \( z \in \mathbb{R} \). The standard contact structure \( \xi_0 = \ker \alpha_0 \) on \( \mathbb{R}^{2n+1} \) is given by the 1-form

\[
\alpha_0 = dz + \sum_{i=1}^n x_i dy_i = dz + xdy.
\]

A smooth immersion \( f : M \to (\mathbb{R}^{2n+1}, \xi_0 = \ker \alpha_0) \) from a smooth manifold \( M \) is said to be **isotropic** if \( f^* \alpha_0 = 0 \); an isotropic immersion is **Legendrian** if \( M \) has the maximal possible dimension \( n \). (See the monographs by Cieliebak and Eliashberg [7] and Geiges [11] for background on contact geometry.) In this paper we only consider maps from \( \mathbb{R} \) and call them Legendrian irrespectively of the dimension of the manifold.
Let $k \in \mathbb{Z}_+ = \{0, 1, 2, \ldots\}$. A neighborhood of a $C^k$ map $f_0 : \mathbb{R} \to \mathbb{R}^n$ in the fine $C^k$ topology on the space $C^k(\mathbb{R}, \mathbb{R}^n)$ is of the form
\[
\{ f \in C^k(\mathbb{R}, \mathbb{R}^n) : |f^{(j)}(t) - f_0^{(j)}(t)| < \epsilon(t) \ \forall t \in \mathbb{R} \ \forall j = 0, \ldots, k \},
\]
where $\epsilon : \mathbb{R} \to (0, +\infty)$ is a positive continuous function, $f^{(j)}(t)$ denotes the derivative of order $j$ of $f$ at the point $t \in \mathbb{R}$, and $|\cdot|$ is the standard Euclidean norm on $\mathbb{R}^n$. (See Whitney [21] or Golubitsky and Guillemin [13] for more information.)

**Proof of Theorem 1.3** Let $(x, y, z)$ be coordinates on $\mathbb{R}^{2n+1}$ as above. We consider $\mathbb{R}^{2n+1}$ as the standard real subspace of $\mathbb{C}^{2n+1}$ and use the same letters to denote complex coordinates on $\mathbb{C}^{2n+1}$. The contact form $\alpha_0$ on $\mathbb{R}^{2n+1}$ then extends to a holomorphic contact form on $\mathbb{C}^{2n+1}$, and a holomorphic map $f : D \to \mathbb{C}^{2n+1}$ from a domain $D \subset \mathbb{C}$ will be called Legendrian if $f^*\alpha_0 = 0$.

Recall that $\mathbb{D} = \{ \zeta \in \mathbb{C} : |\zeta| < 1 \}$. Let $r > 0$. Note that a holomorphic map $f : r\mathbb{D} \to \mathbb{C}^{2n+1}$ is real on the real axis if and only if $f(\zeta) = \overline{f(\zeta)}$ for all $\zeta \in r\mathbb{D}$. For any holomorphic map $f$ as above, the symmetrized map
\[
\tilde{f}(\zeta) = \frac{1}{2} \left( f(\zeta) + \overline{f(\zeta)} \right)
\]
is holomorphic and real on the real axis.

Let $f_0 = (x_0, y_0, z_0) : \mathbb{R} \to \mathbb{R}^{2n+1}$ be a given continuous map. Given a continuous function $\epsilon : \mathbb{R} \to (0, +\infty)$ and a number $\eta_0 > 0$, we shall construct a sequence of holomorphic polynomial Legendrian maps $f_j : \mathbb{C} \to \mathbb{C}^{2n+1}$ and a sequence $\eta_j > 0$ such that the following conditions hold for every $j \in \mathbb{N}$, where $(d_1)$ is vacuous:

(a) $f_j(\zeta) = \tilde{f}_j(\zeta)$ for $\zeta \in \mathbb{C}$,

(b) $f_j : [-j, j] \to \mathbb{R}^{2n+1}$ is a Legendrian embedding,

(c) $|f_j(t) - f_0(t)| < \epsilon(t)$ for $t \in [-j, j]$,

(d) $|f_j - f_{j-1}|_{C^1([-j, j], \mathbb{D})} < \eta_{j-1}$, and

(e) $0 < \eta_j < \eta_{j-1}/2$ and every $C^1$ map $g : [-j, j] \to \mathbb{R}^{2n+1}$ satisfying the condition $|g - \tilde{f}_j|_{C^1([-j, j], \mathbb{D})} < 2\eta_j$ is an embedding.

It is immediate that the sequence $f_j$ converges uniformly on compacts in $\mathbb{C}$ to a holomorphic Legendrian map $f = \lim_{j \to \infty} f_j : \mathbb{C} \to \mathbb{C}^{2n+1}$ whose restriction to $\mathbb{R}$ is a real analytic Legendrian embedding $f : \mathbb{R} \to \mathbb{R}^{2n+1}$ satisfying $|f(t) - f_0(t)| \leq \epsilon(t)$ for all $t \in \mathbb{R}$. This will prove Theorem 1.3.

We begin by explaining the base of the induction ($j = 1$). Set $\epsilon_1 = \min\{\epsilon(t) : -1 \leq t \leq 1\} > 0$.

We can find a smooth Legendrian embedding $g : [-1, 1] \to \mathbb{R}^{2n+1}$ such that
\[
|g(t) - f_0(t)| < \epsilon_1/2 \quad \text{for all } t \in [-1, 1].
\]

(See e.g. Geiges [11] Theorem 3.3.1, p. 101], Gromov [15], or [2] Theorem A.6.) Let us recall this elementary argument for the case $n = 1$, i.e., in $\mathbb{R}^3$. From the contact equation $dz + xdy = 0$ we see that the third component $z$ of a Legendrian curve $g(t) = (x(t), y(t), z(t))$ for $t \in [-1, 1]$ is uniquely determined by the formula
\[
z(t) = z(0) - \int_0^t x(s)y'(s)ds, \quad t \in [-1, 1].
\]
Hence, a loop $\gamma$ in the Lagrangian $(x,y)$-plane adds a displacement for the amount $-\int_x xdy$ to the $z$-variable. By Stokes’s theorem, this equals the negative of the signed area of the region enclosed by $\gamma$. Hence, it suffices to approximate the $(x,y)$-projection of the given continuous arc $f_0: [-1,1] \to \mathbb{R}^3$ by a smooth immersed arc containing small loops whose signed area creates a suitable displacement in the $z$-direction, thereby uniformly approximating $f_0$ by a smooth Legendrian arc $g: [-1,1] \to \mathbb{R}^3$. Furthermore, by a general position argument (see e.g. [13]) we can approximate its Lagrange projection $g_L = (x,y) : [-1,1] \to \mathbb{R}^2$ in $\mathcal{C}^2([-1,1])$ by a smooth immersion with only simple (transverse) double points. Note that $g(t_1) = g(t_2)$ for some pair of numbers $t_1 \neq t_2$ if and only if $g_L(t_1) = g_L(t_2)$ and $\int_{t_1}^{t_2} x(s)y(s)ds = 0$. Since $g_L$ has at most finitely many double point loops, we can arrange by a generic $\mathcal{C}^2$-small perturbation of $g_L$ away from its double points that the signed area enclosed by any of its double point loops is nonzero, thereby ensuring that the new map $g$ is a Legendrian embedding and the estimate (2.3) still holds. Furthermore, we see from (2.4) that $\mathcal{C}^2$ approximation of the Lagrange projection $g_L$ gives $\mathcal{C}^1$ approximation of the last component $z$. A similar argument applies in any dimension.

Let $g$ be as above, satisfying (2.3). Pick a number $\delta$ with $0 < \delta < \epsilon_1/2$. We claim that there is a polynomial Legendrian map $f_1 = (x_1, y_1, z_1): \mathbb{C} \to \mathbb{C}^{2n+1}$ satisfying $f_1(\zeta) = \tilde{f}_1(\zeta)$ and

$$\|f_1 - g\|_{\mathcal{C}^1([-1,1])} < \delta < \epsilon_1/2.$$  

To find such $f_1$, we apply Weierstrass’s theorem to approximate the Lagrange projection $g_L = (x,y) : [-1,1] \to \mathbb{R}^{2n}$ of $g$ in $\mathcal{C}^2([-1,1])$ by a holomorphic polynomial map $(x_1,y_1): \mathbb{C} \to \mathbb{C}^{2n}$ which is real on the real axis (the last condition is easily ensured by replacing the approximating map with its symmetrization, see (2.2)). We then obtain the last component $z_1$ of $f_1$ by integration as in (2.4):

$$z_1(\zeta) = z_0(0) - \int_0^\zeta x_1(t)\dot{y}_1(t)\,dt.$$  

Note that $z_1$ is then also real on the real axis. If $\delta > 0$ is chosen small enough, then $f_1: [-1,1] \to \mathbb{C}^{2n+1} \subset \mathbb{C}^{2n+1}$ is a Legendrian embedding. Thus, conditions (a1) and (b1) hold, and the inequalities (2.3) and (2.5) yield (e1). Condition (d1) is vacuous. Pick a constant $\eta_1 > 0$ such that condition (e1) holds. This provides the base of the induction.

Assume that for some $j \in \mathbb{N}$ we have found maps $f_1, \ldots, f_j$ and numbers $\eta_1, \ldots, \eta_j$ satisfying conditions (a_k)-(e_k) for $k = 1, \ldots, j$. In particular, there is a number $0 < \sigma < 1$ such that $f_j: [-j - \sigma, j + \sigma] \to \mathbb{R}^{2n+1}$ is a Legendrian embedding. Set $E_j = j\mathbb{D} \cup [-j - 1, j + 1] \subset \mathbb{C}$. After decreasing $\sigma > 0$ if necessary, the same arguments as in the initial step furnish a map $\tilde{f}_j: (j + \sigma)\mathbb{D} \cup [-j - 1, j + 1] \to \mathbb{C}^{2n+1}$ which equals $f_j$ on $(j + \sigma)\mathbb{D}$ and such that $f_j: [-j - 1, j + 1] \to \mathbb{R}^{2n+1}$ is a smooth Legendrian embedding satisfying

$$|\tilde{f}_j(t) - f_0(t)| < \epsilon(t), \quad t \in [-j - 1, j + 1].$$  

Write $\tilde{f}_j = (\tilde{x}_j, \tilde{y}_j, \tilde{z}_j)$. We apply Mergelyan’s approximation theorem and the symmetrization argument (cf. (2.2)) in order to find a holomorphic polynomial map $(x_{j+1}, y_{j+1}): \mathbb{C} \to \mathbb{C}^{2n}$ which is real on $\mathbb{R}$ and approximates the map $(\tilde{x}_j, \tilde{y}_j)$ as closely as desired in $\mathcal{C}^2(E_j)$. Setting $z_{j+1}(\zeta) = z_0(0) - \int_0^\zeta x_{j+1}(t)\dot{y}_{j+1}(t)\,dt$, $\zeta \in \mathbb{C}$,
we get a polynomial Legendrian map $f_{j+1} = (x_{j+1}, y_{j+1}, z_{j+1}) : \mathbb{C} \to \mathbb{C}^{2n+1}$ which is real on $\mathbb{R}$ and approximates $f_j$ in $L^1(E_j)$. If the approximation is close enough then $f_{j+1}$ satisfies conditions (a$_{j+1}$)-(d$_{j+1}$). Finally, pick $\eta_{j+1} > 0$ satisfying condition (e$_{j+1}$) and the induction may proceed. This completes the proof of Theorem 1.1. \hfill \square

3. A general position result

In this section we prove a general position result (see Lemma 3.1) which is used in the proof of Theorem 1.1. For simplicity of notation we focus on the case $n = 2$, although the proof carries over to the higher dimensional case $n > 2$.

Recall that $\mathbb{D} = \{z \in \mathbb{C} : |z| < 1\}$. Let $\mathbb{T} = b\mathbb{D} = \{z \in \mathbb{C} : |z| = 1\}$. For any $k \in \mathbb{Z}_+ \cup \{+\infty\}$ and domain $D \subset \mathbb{C}$ with smooth boundary we denote by $\mathcal{A}^k(D)$ the space of functions $h : \overline{D} \to \mathbb{C}$ of class $\mathcal{C}^k(\overline{D})$ which are holomorphic in $D$, and we write $\mathcal{A}^0(D) = \mathcal{A}(D)$. We also introduce the function space

$$\mathcal{H} = \{h = u + iv \in \mathcal{A}^\infty(\mathbb{D}) : h(\bar{z}) = \overline{h(z)}, \quad u|_{\mathbb{T}} = 0 \text{ near } \pm 1\}.$$ 

Note that for every $h = u + iv \in \mathcal{H}$ we have $h(\pm 1) = 0$, $u(\bar{z}) = u(z)$ and $v(\bar{z}) = -v(z)$ for all $z \in \mathbb{D}$; in particular, $v(x) = 0$ for all $x \in [-1, 1]$. Note that $\mathcal{H}$ is a nonclosed real vector subspace of $\mathcal{A}^\infty(\mathbb{D})$. Every function in $\mathcal{H}$ is uniquely determined by a smooth real function $u \in \mathcal{C}^\infty(\mathbb{T})$ supported away from the points $\pm 1$ and satisfying $u(e^{it}) = u(e^{-it})$ for all $t \in \mathbb{R}$. Indeed, if $u : \mathbb{D} \to \mathbb{R}$ is the harmonic extension of $u : \mathbb{T} \to \mathbb{R}$ and $v$ is the harmonic conjugate of $u$ determined by $v(0) = 0$, then the function $h = u + iv$ belongs to $\mathcal{H}$ and is given by the classical integral formula

$$h(z) = T[u](z) = \frac{1}{2\pi} \int_0^{2\pi} \frac{e^{it} + z}{e^{it} - z} u(e^{it}) d\theta, \quad z \in \mathbb{D}.$$ 

The real part of the integral operator on the right hand side above is the Poisson integral, while the imaginary part is the Hilbert (conjugate function) transform. We write

$$\mathcal{H}^\pm = \{h = u + iv \in \mathcal{H} : \pm u \geq 0\}, \quad \mathcal{H}^\pm_* = \mathcal{H}^\pm \setminus \{0\}.$$ 

Note that the sets $\mathcal{H}^\pm$ and $\mathcal{H}^\pm_*$ are cones, i.e., closed under addition and multiplication by nonnegative (resp. positive) real numbers, and we have $\mathcal{H}^+ \cap \mathcal{H}^- = \{0\}$.

Furthermore,

$$h = u + iv \in \mathcal{H}^+_* \implies u > 0 \text{ on } \mathbb{D}, \quad \frac{\partial u}{\partial x}(-1) > 0, \quad \frac{\partial u}{\partial x}(1) < 0,$$

where the last two inequalities follow from the Hopf lemma (since $u|_{\mathbb{T}} = 0$ near $\pm 1$).

The use of these function spaces will become apparent in the proof of Theorem 1.1 in the following section.

Let $\sigma : \mathbb{C}^2_* := \mathbb{C}^2 \setminus \{0\} \to \mathbb{CP}^1$ denote the projection onto the Riemann sphere whose fibres are complex lines through the origin.

**Lemma 3.1.** Let $f = (f_1, f_2) : \overline{\mathbb{D}} \to \mathbb{C}^2_*$ be a map of class $\mathcal{A}^\infty(\mathbb{D})$ such that

(a) $|f|^2 := |f_1|^2 + |f_2|^2 \leq 1$ on $(-1, 1) = \mathbb{D} \cap \mathbb{R}$,
(b) $|f| > 1$ on $\mathbb{T} \setminus \{\pm 1\}$, and
(c) $\sigma \circ f : \mathbb{D} \to \mathbb{CP}^1$ is an immersion.
Assume that $E \subset b\mathbb{B}^2$ is a smoothly embedded compact curve such that $f(\pm 1) \notin E$. Given a number $\eta \in (0, 1)$, there is a function $h \in \mathcal{H}^+$ arbitrarily close to 0 in $\mathcal{C}^1(\overline{\mathbb{B}})$ such that the immersion

$$f_h := e^{-h}f : \overline{\mathbb{D}} \to \mathbb{C}^2$$

satisfies the following conditions:

1. $|f_h| < 1$ on $(-1, 1)$ and $|f_h| > (1 - \eta)|f| + \eta > 1$ on $\mathbb{T}\setminus\{\pm 1\}$,
2. $f_h$ is transverse to $b\mathbb{B}^2$, and
3. $f_h(\overline{\mathbb{D}}) \cap E = \emptyset$.

**Remark 3.2.** The main point to ensure injectivity is to achieve condition (3). By dimension reasons, this is easily done by a more general type of perturbation of $f$. However, we use the specific perturbations obtained by multiplying with a function $e^{-h}$ with $h \in \mathcal{H}^+$ in order to be able to control the very subtle induction process in the proof of Theorem 1.1. Note that $\sigma \circ f_h = \sigma \circ f : \overline{\mathbb{D}} \to \mathbb{C}P^1$ is an immersion by the assumption, and hence $f_h$ is an immersion. If $f_h$ satisfies the conclusion of the lemma, then the set

$$C = \{z \in \overline{\mathbb{D}} : f_h(z) \in b\mathbb{B}^2\} \subset \overline{\mathbb{D}} \cup \{\pm 1\}$$

is a smooth, closed, not necessarily connected curve containing the points $\pm 1$, and its image $f_h(C)$ is a smooth curve disjoint from $E$. Hence, $C$ and $f_h(C)$ are finite unions of pairwise disjoint smooth Jordan curves. Each connected component of $f_h(C)$ bounds a connected component of the complex curve $f_h(\overline{\mathbb{D}}) \cap \mathbb{B}^2$ (a properly immersed complex disc in $\mathbb{B}^2$). Since $|f_h| < 1$ on $(-1, 1)$, there is a component $\Omega$ of $\overline{\mathbb{D}}\setminus C$ containing $(-1, 1)$, and $b\Omega \subset \overline{\mathbb{D}} \cup \{\pm 1\}$ is a closed Jordan curve containing the points $\pm 1$. This component $\Omega$ will be of main interest in the proof of Theorem 1.1.

**Proof.** Given $h = u + iv \in \mathcal{H}$, we define the functions $\rho = \rho_0$ and $\rho_h$ by

$$\rho = \log |f| : \overline{\mathbb{D}} \to \mathbb{R}, \quad \rho_h := \log |e^{-h}f| = -u + \rho : \overline{\mathbb{D}} \to \mathbb{R}.$$ 

Conditions (a) and (b) on $f$ imply that

$$\rho \leq 0 \text{ on } [-1, 1] = \overline{\mathbb{D}} \cap \mathbb{R}, \quad \rho(\pm 1) = 0, \quad \rho > 0 \text{ on } \mathbb{T}\setminus\{\pm 1\}.$$ 

It is obvious that for any function $h \in \mathcal{H}^+$ with sufficiently small $\mathcal{C}^0(\overline{\mathbb{D}})$ norm and such that the support of $u|_{\mathbb{T}} = Rh|_{\mathbb{T}}$ avoids a certain fixed neighborhood of the points $\pm 1$, the map $f_h$ given by (3.5) satisfies condition (1) of the lemma. (Recall that $R_{h}|_{\mathbb{T}}$ vanishes near the points $\pm 1$ by the definition of the space $\mathcal{H}$.) In particular, for every fixed $h \in \mathcal{H}^+$ this holds for the map $f_{ih}$ for all small enough $t > 0$.

Note that the map $f_h$ (3.5) intersects the sphere $b\mathbb{B}^2$ transversely if and only if 0 is a regular value of the function $\rho_h$ (3.6). From (3.7) it follows that $\frac{\partial \rho}{\partial x}(-1) \leq 0$ and $\frac{\partial \rho_h}{\partial x}(1) \geq 0$. Together with (3.4) we see that for every $h \in \mathcal{H}^+$ we have

$$\frac{\partial \rho_h}{\partial x}(-1) = \frac{\partial \rho}{\partial x}(-1) - \frac{\partial u}{\partial x}(-1) < 0, \quad \frac{\partial \rho_h}{\partial x}(1) > 0.$$ 

Replacing $f$ by $e^{-h}f$ for some such $h$ close to 0, we may assume that $\rho = \log |f|$ satisfies these conditions. Hence, there are discs $U^\pm \subset \mathbb{C}$ around the points $\pm 1$, respectively, such that $d\rho \neq 0$ on $\overline{\mathbb{D}} \cap (U^+ \cup U^-)$. Since this set is compact, it follows that for all $h \in \mathcal{H}$ with sufficiently small $\mathcal{C}^1(\overline{\mathbb{D}})$ norm we have that

$$d\rho_h \neq 0 \text{ on } \overline{\mathbb{D}} \cap (U^+ \cup U^-).$$
Furthermore, since the curve $E$ does not contain the points $f(±1)$, we may choose the discs $U^±$ small enough such that

$$f_h(\overline{D} \cap (U^+ \cup U^-)) \cap E = \emptyset$$  \hfill (3.9)

holds for all $h \in \mathcal{K}$ sufficiently close to 0 in $\mathcal{C}^1(\overline{D})$.

Recall that $\rho = \log |f| < 0$ on $(-1,1) = \mathbb{D} \cap \mathbb{R}$. Hence, there is an open set $U_0 \subset \mathbb{D}$ containing the compact interval $(-1,1) \setminus (U^+ \cup U^-) \subset \mathbb{R}$ such that $\rho \leq -c < 0$ on $\overline{U_0}$ for some constant $c > 0$. Since $\rho > 0$ on $\mathbb{T} \setminus \{±1\}$, a similar argument gives an open set $U_1 \subset \mathbb{C}$ containing the compact set $\mathbb{T} \setminus (U^+ \cup U^-)$ (the union of two closed circular arcs) such that $\rho \geq c' > 0$ on $\overline{U_1} \cap \overline{D}$ for some $c' > 0$. It follows that for all $h \in \mathcal{K}$ sufficiently close to 0 in $\mathcal{C}^1(\overline{D})$ we have that $\rho_h < 0$ on $\overline{U_0}$, $\rho_h > 0$ on $\overline{U_1} \cap \overline{D}$, and hence

$$f_h((\overline{D} \cap (U_0 \cup U_1))) \cap b\mathbb{B}^2 = \emptyset.$$

(3.10)

For such $h$ it follows in view of (3.8) that

$$\{z \in \overline{D} : f_h(z) \in b\mathbb{B}^2, \ d\rho_h(z) = 0\} \subset K := \overline{D} \setminus (U_0 \cup U_1 \cup U^+ \cup U^-).$$

Note that the set on the left hand side above is precisely the set of points in $\overline{D}$ at which the map $f$ fails to be transverse to the sphere $b\mathbb{B}^2$. The set $K$ is compact and contained in $\overline{D} \setminus (-1,1)$. Pick $h = u + iv \in \mathcal{K}^+$ and consider the family of functions $\rho_{th} = -tu + \rho$ for $t \in \mathbb{R}$. Since $\partial \rho_{th}/\partial t = -u < 0$ on $\overline{D}$, transversality theorem (see Abraham) implies that for a generic choice of $t$, 0 is a regular value of the function $\rho_{th}|D$. By choosing $t > 0$ small enough and taking into account also (3.8) and (3.10), we infer that the map $f_{th} = e^{-th} f : \overline{D} \to \mathbb{C}^2$ is transverse to $b\mathbb{B}^2$ (hence condition (2) holds) and it also satisfies condition (1). Replacing $f$ by $f_{th}$, we may assume that $f$ satisfies conditions (1) and (2).

It remains to achieve also condition (3) in the lemma. From (3.9) and (3.10) it follows that $\{z \in \overline{D} : f_h(z) \in E\}$ is contained in the compact set $K \subset \overline{D}$ defined in (3.11). To conclude the proof, it suffices to find finitely many functions $h_1, \ldots, h_N \in \mathcal{K}^+$ such that, writing $t = (t_1, \ldots, t_N) \in \mathbb{R}^N$, the family of maps

$$f_t(z) = \exp \left(- \sum_{j=1}^N t_j h_j(z) \right) f(z), \quad z \in \overline{D}$$

satisfies $f_t(\overline{D}) \cap E = \emptyset$ for a generic choice of $t \in \mathbb{R}^N$ near 0. By choosing $t = (t_1, \ldots, t_N) \in \mathbb{R}^N$ close enough to 0 and such that $t_j > 0$ for all $j = 1, \ldots, N$, the map $f_t$ will also satisfy conditions (1) and (2) in the lemma, thereby completing the proof.

Claim: For every point $z \in \overline{D} \setminus (-1,1)$ there exist functions $h_1, h_2 \in \mathcal{K}^+$ such that the values $h_1(z), h_2(z) \in \mathbb{C}$ are $\mathbb{R}$-linearly independent.

Proof of the claim. Let $\delta_\theta$ denote the probability measure on $\mathbb{T}$ representing the Dirac mass of the point $e^{i\theta} \in \mathbb{T}$. Choose a sequence of smooth nonnegative even functions $u_j : \mathbb{T} \to \mathbb{R}_+$ supported near $±i$ such that $u_j(e^{i\theta}) = u_j(e^{-i\theta})$ for all $\theta \in \mathbb{R}$ and

$$\lim_{j \to \infty} \frac{1}{2\pi} \int u_j d\theta = \delta_{\pi/2} + \delta_{-\pi/2}$$

as measures. From (3.2) we have that

$$\lim_{j \to \infty} T[u_j](z) = T[\delta_{\pi/2} + \delta_{-\pi/2}](z) = \frac{i + z}{i - z} + \frac{-i + z}{-i - z} = 2 \frac{1 - |z|^2 - 2i\Im(z^2)}{|1 + z|^2}.$$  \hfill (3.13)
A properly embedded holomorphic disc in the ball with finite area and dense boundary

The imaginary part of this expression vanishes precisely when \( \Im(z^2) = 0 \) which is the union of the two coordinate axes. Since \( u_j \) is an even function, we see that \( h_j = T[u_j] \) is real on the segment \( J = \{ iy : y \in (-1,1) \} \subseteq \mathbb{D} \cap i\mathbb{R} \), and it is nonvanishing at any given point \( z_0 = iy_0 \in J \setminus \{0\} \) for all big \( j \in \mathbb{N} \) as follows from (3.13). Let \( \phi_a(z) = \frac{z-a}{1-az} \) for \( a \in (-1,1) \); this is a holomorphic automorphism of the disc which maps the interval \([-1,1]\) to itself, and if \( a \neq 0 \) then \( \phi_a(J) \cap J = \emptyset \). Note that \( \phi_a(z) = \phi_a(z) \) and \( \phi_a(\pm 1) = \pm 1 \); hence, the precomposition \( h \to h \circ \phi_a \) preserves the class \( \mathcal{H}_+^+ \). Choosing \( a \in (-1,1) \setminus \{0\} \) we have that \( \Im(h_j \circ \phi_a)(z_0) = \Im h_j(\phi_a(z_0)) \neq 0 \) for \( j \in \mathbb{N} \) big enough as is seen from (3.13) and the fact that the point \( \phi_a(z_0) \in \mathbb{D} \) does not lie in the union of the coordinate axes. This gives two functions in \( \mathcal{H}_+^+ \), namely \( h_j \) and \( h_j \circ \phi_a \), whose values at the given point \( z_0 = iy_0 \in J \setminus \{0\} \) are \( \mathbb{R} \)-linearly independent. This establishes the claim for points in \( J \setminus \{0\} \), and for other points in \( \mathbb{D} \setminus (-1,1) \) we get the same conclusion by precomposing with an automorphisms \( \phi_a \), \( a \in (-1,1) \). \( \square \)

Since the set \( K \) (3.11) is compact and contained in \( \mathbb{D} \setminus (-1,1) \), the above claim yields finitely many functions \( h_1, \ldots, h_N \in \mathcal{H}_+^+ \) such that for every point \( z \in K \) the vectors \( h_j(z) \in \mathbb{C} \) \( (j = 1, \ldots, N) \) span \( \mathbb{C} \) over \( \mathbb{R} \). Consider the corresponding family of maps \( f_t : \mathbb{D} \to \mathbb{C}^2 \) given by (3.12). Note that

\[
\frac{\partial f_t(z)}{\partial t} = -h_j(z)f(z), \quad j = 1, \ldots, t.
\]

It follows that the map

\[
(3.14) \quad \mathbb{D} \times \mathbb{R}^N \ni (z,t) \mapsto f_t(z) \in \mathbb{C}^2
\]

is a submersion over \( K \) at \( t = 0 \), and hence for all \( t \in \mathbb{R}^N \) near 0. Indeed, we have

\[
\sigma \circ f_t = \sigma \circ f : \mathbb{D} \to \mathbb{C}^1
\]

which is an immersion by the assumption (c), while for each \( z \in K \) the partial differential \( \partial_t f_t(z)|_{t=0} \) is surjective onto the radial direction \( \mathbb{C} f(z) = \ker d\sigma f(z) \) by the choice of the functions \( h_1, \ldots, h_N \). Transversality theorem [1] implies that for a generic \( t \in \mathbb{R}^N \) near 0 the map \( f_t|_K : K \to \mathbb{C}^2 \) misses \( E \) by dimension reasons. In view of (3.9) and (3.10) it follows that for any such \( t \) we have \( f_t(\mathbb{D}) \cap E = \emptyset \).

The case \( n > 2 \) requires a minor change in the last step of the proof. The map (3.14) is now a submersion onto its image which is an immersed complex 2-dimensional submanifold of \( \mathbb{C}^n \). This submanifold intersects the curve \( E \) in a set of finite linear measure, and hence for a generic choice of \( t \in \mathbb{R}^N \) the map \( f_t|_K : K \to \mathbb{C}^n \) misses \( E \) as before. \( \square \)

4. A lemma on conformal mappings

The main results of this section are Lemmas 4.3 and 4.5 on the behaviour of biholomorphic maps from planar domains onto domains with exposed boundary points.

Let \( z = x + iy \) denote the coordinate on \( \mathbb{C} \). Consider the antiholomorphic involutions

\[
(4.1) \quad \tau_x(x + iy) = -x + iy, \quad \tau_y(x + iy) = x - iy.
\]

Note that \( \tau_x \circ \tau_y = \tau_y \circ \tau_x \) is the reflection \( z \mapsto -z \) across the origin \( 0 \in \mathbb{C} \). The involutions \( \tau_x, \tau_y \) generate an abelian group

\[
(4.2) \quad \Gamma = \langle \tau_x, \tau_y \rangle \cong \mathbb{Z}_2^2.
\]
A set $D \subset \mathbb{C}$ is said to be $\Gamma$-invariant if $\gamma(D) = D$ holds for all $\gamma \in \Gamma$. A map $\phi: D \to \mathbb{C}$ defined on a $\Gamma$-invariant set is said to be $\Gamma$-equivariant if

$$\phi = \gamma \circ \phi \circ \gamma \quad \text{holds for all } \gamma \in \Gamma.$$ 

Since each $\gamma \in \Gamma$ is an involution, this is equivalent to $\gamma \circ \phi = \phi \circ \gamma$. A $\Gamma$-equivariant map $\phi: D \to \mathbb{C}$ takes $\mathbb{R} \cap D$ into $\mathbb{R}$ and $i\mathbb{R} \cap D$ into $i\mathbb{R} \cap D'$; in particular, $\phi(0) = 0$. For every map $\phi$ from a $\Gamma$-invariant domain, the map $\tilde{\phi} = \frac{1}{4} \sum_{\gamma \in \Gamma} \gamma \circ \phi \circ \gamma$ is $\Gamma$-equivariant.

**Definition 4.1.** A nonempty connected domain $D \subset \mathbb{C}$ is special if it is bounded with $\mathcal{C}^\infty$ smooth boundary, simply connected, and $\Gamma$-invariant.

It is easily seen that a special domain $D$ intersects the real line in an interval $(−a, a)$ for some $a > 0$, and at the points $±a$ the boundary $bD$ is tangent to the vertical line $x = ±a$. This interval $(−a, a)$ will be called the base of $D$. The analogous observation holds for the intersection of $D$ with the imaginary axis. Recall that a biholomorphism between a pair of bounded planar domains with smooth boundaries extends to a smooth diffeomorphism between their closures in view of the theorems by Carathéodory [6] and Kellogg [10]. We record the following observation.

**Lemma 4.2.** Assume that $D$ is a special domain (Def. 4.1) and $\phi: D \to D'$ is a biholomorphic map onto a bounded domain $D' = \phi(D)$ with smooth boundary satisfying (4.3)

$$\phi(0) = 0 \quad \text{and} \quad \phi'(0) > 0.$$ 

Then $\phi$ is $\Gamma$-equivariant if and only if the domain $D'$ is special. In particular, a special domain $D \subset \mathbb{C}$ with the base $(−a, a)$ admits a $\Gamma$-equivariant biholomorphism $\phi: \mathbb{D} \to D$ satisfying (4.3) and $\phi(±1) = ±a$.

**Proof.** Assume that $D'$ is special. For every $\gamma \in \Gamma$ the map $\gamma \circ \phi \circ \gamma: D \to D'$ is then a well defined biholomorphism satisfying the normalization (4.3), so it equals $\phi$. This shows that $\phi$ is $\Gamma$-equivariant. The converse is obvious. □

The following exposing of boundary points lemma is the main result of this section.

**Lemma 4.3.** Assume that $D \subset \mathbb{C}$ is a special domain with the base $(−a, a)$. Fix a number $b > a$ and set $I^+ = [a, b]$, $I^- = [−b, −a]$, and $I = I^+ \cup I^-$. Given an open neighborhood $V \subset \mathbb{C}$ of $I$, a number $\epsilon > 0$, and an integer $k \in \mathbb{Z}_+$ there exists a $\Gamma$-equivariant biholomorphism $\phi: D \to \phi(D) = D'$ onto a special domain $D'$ with the base $(−b, b)$ satisfying the following conditions:

(a) $\phi(0) = 0$, $\phi'(0) > 0$, $\phi(±a) = ±a$,

(b) $D \subset D' \subset D \cup V$ (hence $D \setminus V = D' \setminus V$), and

(c) $\|\phi - \text{Id}\|_{C^k(D \setminus V)} < \epsilon$.

**Remark 4.4.** The main improvement over [10] Lemma 2.1 is that the domain $D'$ agrees with $D$ outside a thin neighborhood $V$ of the arcs $I = I^+ \cup I^-$ (part (b)). Also, the biholomorphic map $\phi: D \to \phi(D) = D'$ is $\Gamma$-equivariant and hence it maps the interval $D \cap \mathbb{R} = [−a, a]$ diffeomorphically onto $D' \cap \mathbb{R} = [−b, b]$. These improvements are crucial.

**Proof.** We shall follow the proof of [10] Lemma 2.1 with certain refinements.

By using a biholomorphism $\mathbb{D} \to D$ furnished by Lemma 4.2 (which extends to a $\mathcal{C}^\infty$ diffeomorphism $\overline{\mathbb{D}} \to \overline{D}$), we see that it suffices to prove the result when $D = \mathbb{D}$ and hence
A properly embedded holomorphic disc in the ball with finite area and dense boundary

(a = 1). Choose a smaller open neighborhood $V_0 \subset \mathbb{C}$ of $I = I^+ \cup I^-$ such that $\nabla_0 \subset V$. Pick a number $\epsilon_0 \in (0, \epsilon)$; its precise value will be specified later. Fix a pair of small discs $U_0^+ \subset U_1^+$ centered at the point $1 \in \mathbb{C}$, let $U_0^- \subset U_1^-$ be the corresponding discs centered at the point $-1$ given by $U_j^- = \tau_\delta(U_j^+)$, and set $U_j = U_j^+ \cup U_j^-$ for $j = 0, 1$. (Here, $\tau_x$ and $\tau_y$ are the involutions (4.11).) We choose these discs small enough such that

\[(4.1)\]
\[U_1 \subset V_0 \subset V.\]

Decreasing the number $\epsilon_0 > 0$ if necessary we may assume that

\[(4.2)\]
\[\text{dist}(U_0, \mathbb{C} \setminus U_1) > \frac{\epsilon_0}{2}.\]

Fix an integer $n \in \mathbb{N}$ with $n > 1/(b-1)$ and let

\[I_n = [1, 1 + 1/n] \cup [-1 - 1/n, -1].\]

Recall that $I = [1, b] \cup [-b, -1]$. Choose a smooth $\mathbb{C}$-valued map $\theta_n$ on a neighborhood of the compact set

\[(4.3)\]
\[K_n = \left(1 + \frac{1}{2n}\right)\overline{\mathbb{D}} \cup I_n\]

which equals the identity on a neighborhood of the closed disc $\left(1 + \frac{1}{2n}\right)\overline{\mathbb{D}}$, maps the interval $[1, 1 + \frac{1}{n}] \subset \mathbb{R}$ diffeomorphically onto the interval $[1, b] \subset \mathbb{R}$, and satisfies

\[\tau_x \circ \theta_n \circ \tau_x = \theta_n.\]

In particular, we have that

\[\theta_n(1 + 1/n) = b, \quad \theta_n(-1 - 1/n) = -b.\]

By Mergelyan’s theorem [18] we can approximate $\theta_n$ as closely as desired in $C^1(K_n)$ by a polynomial map $\vartheta_n : \mathbb{C} \to \mathbb{C}$. (Mergelyan’s theorem provides uniform approximation, but we can apply his result to the derivative of $\theta_n$ and integrate back in order to get $C^1$ approximation.) Furthermore, we can achieve that $\vartheta_n$ satisfies the interpolation conditions (4.7) and also $\vartheta_n(\pm 1) = \pm 1$. Finally, replacing $\vartheta_n$ by $\frac{1}{n} \sum_{\gamma \in \Gamma} \gamma \circ \vartheta_n \circ \gamma$ we ensure that $\vartheta_n$ is $\Gamma$-equivariant. Assuming that $\vartheta_n$ is sufficiently close to $\theta_n$ in $C^1(K_n)$, it follows that $\vartheta_n$ is biholomorphic in an open neighborhood of $K_n$ (4.6). Since $\vartheta_n$ is $\Gamma$-equivariant, it maps the interval $[1, 1 + 1/n]$ diffeomorphically onto $[1, b]$ and maps $[-1 - 1/n, -1]$ diffeomorphically onto $[-b, -1]$. Furthermore, we may assume that

\[(4.8)\]
\[|\vartheta_n(z) - z| < \frac{\epsilon_0}{2} \quad \text{for all} \quad z \in \left(1 + \frac{1}{2n}\right)\overline{\mathbb{D}} \quad \text{and} \quad n > \frac{1}{b-1},\]

and that the $\Gamma$-invariant domain

\[(4.9)\]
\[\Theta_n := \vartheta_n^{-1}(\mathbb{D}) \subset \left(1 + \frac{1}{4n}\right)\mathbb{D}\]

is an arbitrarily small smooth perturbation of the disc $\mathbb{D}$, with $\pm 1 \in b\Theta_n$.

Pick an open neighborhood $W_n^+ \subset \mathbb{C}$ of the interval $[1, 1 + 1/n] \subset \mathbb{R}$ and set $W_n = W_n^+ \cup \tau_x(W_n^+)$. By choosing $n$ big and $W_n^+$ small, we may assume that

\[(4.10)\]
\[W_n \subset U_0 \quad \text{and} \quad \vartheta_n(W_n) \subset V_0.\]

Let

\[(4.11)\]
\[\Omega_n = \Theta_n \cup R_n\]
be a special domain with the base \((-1 - 1/n, 1 + 1/n)\), obtained by attaching to \(\Theta_n\) a thin \(\Gamma\)-invariant strip \(R_n\) around the arcs \([1, 1 + 1/n] \cup (-1 - 1/n, -1)\) such that \(R_n \subset W_n\). Together with the second inclusion in (4.10) we get

\[
(4.12) \quad \partial_n(R_n) \subset V_0.
\]

The (unique) biholomorphic map

\[
(4.13) \quad \psi_n : \mathbb{D} \to \Omega_n, \quad \psi_n(0) = 0, \quad \psi_n'(0) > 0
\]
is \(\Gamma\)-equivariant and satisfies \(\psi_n(\pm 1) = \pm (1 + 1/n)\) by Lemma 4.2. As \(n \to \infty\), the domains \(\Theta_n \subset \Omega_n\) converge to the disc \(\mathbb{D}\) in the sense of Carathéodory (the kernel convergence, see [20, Theorem 1.8]), and their closures \(\overline{\Theta}_n \subset \overline{\Omega}_n\) also converge to the closed disc \(\overline{\mathbb{D}}\). It follows that the sequence of conformal diffeomorphisms \(\psi_n : \overline{\mathbb{D}} \to \overline{\Omega}_n\) converges to the identity map uniformly on \(\overline{\mathbb{D}}\) by Rado’s theorem (see Pommerenke [20, Corollary 2.4, p. 22] or Goluzin [14, Theorem 2, p. 59]). In particular, we have that

\[
(4.14) \quad |\psi_n(z) - z| < \frac{\epsilon_0}{2}, \quad z \in \overline{\mathbb{D}}
\]
for all big enough \(n \in \mathbb{N}\). We claim that, for such \(n\), the \(\Gamma\)-invariant domain

\[
(4.15) \quad D' = \partial_n(\Omega_n)
\]
and the \(\Gamma\)-equivariant biholomorphic map

\[
(4.16) \quad \phi = \partial_n \circ \psi_n : \mathbb{D} \to D'
\]
satisfy the conclusion of the lemma provided that the number \(\epsilon_0 > 0\) is chosen small enough. Indeed, condition (a) holds by the construction. We now verify condition (b). Firstly, by (4.9), (4.11), and (4.13) we have that

\[
\mathbb{D} = \partial_n(\Theta_n) \subset \psi_n(\Omega_n) = \psi_n(\mathbb{D}) = \phi(\mathbb{D}) = D'.
\]
Assume now that \(w \in D' \setminus V_0\). By (4.15) we have \(w = \psi_n(\zeta)\) for some \(\zeta \in \Omega_n = \Theta_n \cup R_n\). Since \(\partial_n(R_n) \subset V_0\) by (4.12) while \(w \notin V_0\), we have \(\zeta \in \Theta_n\). By (4.9) it follows that \(w = \partial_n(\zeta) \in \mathbb{D}\). This shows that

\[
(4.17) \quad D' \setminus V_0 = \mathbb{D} \setminus V_0
\]
and hence establishes condition (b) with \(V_0\) in place of \(V\) (and hence also for \(V\)).

Finally we verify condition (c). Assume that \(z \in \mathbb{D} \setminus U_1\). Conditions (4.5) and (4.14) imply \(\psi_n(z) \in \Omega_n \setminus U_0\). Since \(\Omega_n = \Theta_n \cup R_n\) by (4.11) and \(R_n \subset W_n \subset U_0\) by (4.10), we infer in view of (4.9) that \(\Omega_n \setminus U_0 \subset \Theta_n \subset (1 + \frac{1}{4n})\mathbb{D}\) and hence

\[
\psi_n(z) \in \left(1 + \frac{1}{4n}\right)\mathbb{D} \quad \text{for all} \quad z \in \mathbb{D} \setminus U_1.
\]
By (4.8), (4.14), and (4.16) we conclude that

\[
(4.18) \quad |\phi(z) - z| \leq |\partial_n(\psi_n(z)) - \psi_n(z)| + |\psi_n(z) - z| < \frac{\epsilon_0}{2} + \frac{\epsilon_0}{2} = \epsilon_0, \quad z \in \mathbb{D} \setminus U_1.
\]

Since \(V_0 \subset V\) and \(\mathbb{D} \setminus V_0 \subset \mathbb{D} \setminus U_1\) by (4.4), this establishes condition (c) for \(k = 0\).

To complete the proof, we will show that the \(\mathcal{C}^k\)-estimates of \(\phi - \text{Id}\) on \(\mathbb{D} \setminus V_0\) follow from the uniform estimate (4.18) on \(\mathbb{D} \setminus V_0\) in view of the Cauchy estimates and the reflection principle. Pick a compact arc \(J \subset \partial \mathbb{D} \setminus \overline{V_0}\) such that \(J \setminus V\) lies in the relative interior of \(J\). Choose an open neighborhood \(E \subset C\) of \(J\) which is invariant with respect to the antiholomorphic reflection \(\tau(z) = 1/z\) around the circle \(\partial \mathbb{D}\) and such that \(E \cap \overline{V_0} = \emptyset\). By decreasing \(\epsilon_0 > 0\) if necessary we may assume that \(\epsilon_0 < \text{dist}(E, \overline{V_0})\). It follows from
which extends to a holomorphic embedding of a neighborhood
of \( E \) in view of (4.17) it follows in particular that
\[
\phi(E \cap bD) \subset bD \setminus V_0.
\]
We extend \( \phi \) to \( \overline{D} \cup E \) by setting
\[
\phi(w) = \tau \circ \phi \circ \tau(w), \quad w \in E \setminus D.
\]
Since \( \tau \) fixes the circle \( bD \) pointwise, the extended map agrees with \( \phi \) on \( E \cap bD \) in view of (4.19). Since \( \tau(w) \in E \cap \overline{D} \) and hence \( \phi \circ \tau(w) \in \overline{D} \setminus V_0 \) by what was said above, the extended map \( \phi: \overline{D} \cup E \to \mathbb{C} \) satisfies the estimate \( |\phi(z) - z| < C\epsilon_0 \) for all \( z \in (\overline{D} \setminus V_0) \cup E \), where the constant \( C > 1 \) depends only on the distortion caused by the reflection \( \tau \) on \( E \). Since the compact set \( \overline{D} \setminus V \) is contained in the open set \( \Omega = (D \setminus \overline{V}_0) \cup E \), the Cauchy estimates give
\[
\|\phi - \text{Id}\|_{\mathcal{E}(D \setminus V)} \leq C \|\phi - \text{Id}\|_{\mathcal{E}(\Omega)} < C' \epsilon_0 \quad \text{for some constant} \quad C',
\]
depending only on \( k \) and \( \text{dist}(\overline{D} \setminus V, C \setminus \Omega) \). Choosing \( \epsilon_0 > 0 \) small enough, this is \( \epsilon \). The proof is complete. \( \square \)

An obvious adaptation of the above proof gives the following lemma in which the exposing occurs at a single boundary point. As mentioned in the introduction, the use of this lemma in the proof of Theorem 1.1 yields a proper holomorphic embedding \( F: D \to \mathbb{B}^n \) which extends to a holomorphic embedding of a neighborhood \( U \subset \mathbb{C} \) of \( \overline{D} \setminus \{1\} \) such that the curve \( F(bD \setminus \{1\}) \subset b\mathbb{B}^n \) is dense in \( b\mathbb{B}^n \).

**Lemma 4.5.** Let \( b > 1 \). Given an open neighborhood \( V \subset \mathbb{C} \) of the interval \( I = [1, b] \subset \mathbb{R} \) and numbers \( \epsilon > 0 \) and \( k \in \mathbb{Z}_+ \), there exists a biholomorphism \( \phi: D \to \phi(D) = D' \) onto a smoothly bounded domain \( D' \) satisfying the following conditions:

(a) \( \phi(0) = 0, \phi'(0) > 0, \phi(1) = \overline{\phi(x + iy)} = \overline{\phi(x - iy)} \).

(b) \( D \subset D' \subset \overline{D} \cup V \), and

(c) \( \|\phi - \text{Id}\|_{\mathcal{E}(\overline{D} \setminus V)} < \epsilon. \)

Note that \( \phi \) extends to a smooth diffeomorphism \( \phi: \overline{D} \to \overline{D}' \). Condition (a) implies that \( D' \supset D \cup [1, b] \) and that \( \phi \) maps the interval \([1 - 1, 1] \subset \mathbb{R} \) diffeomorphically onto \([1, b] \).

### 5. Proof of Theorem 1.1

For simplicity of notation we focus on the case \( n = 2 \) which is of main interest, although the proof holds for any \( n \geq 2 \).

Let \( z = x + iy \) denote the coordinate on \( \mathbb{C} \). Let \( \Gamma \) denote the group \( \{ \rho \}_{\rho \in \mathbb{Z}^2} \). Given a positive continuous even function \( g > 0 \) on \( \mathbb{R} \), we let \( S_g \subset \mathbb{C} \) denote the \( \Gamma \)-invariant strip
\[
S_g = \{ x + iy : x \in \mathbb{R}, \; |y| < g(x) \}.
\]
Let \( f = (f_1, f_2): \mathbb{R} \to b\mathbb{B}^2 \) be a real analytic complex tangential embedding with dense image, furnished by Corollary 4.4. By complexification, \( f \) extends to a holomorphic immersion \( \tilde{f}: S_{g_0} \to \mathbb{C}^2 \) for some \( g_0 \) as above. Fix \( g_0 \) and write \( S = S_{g_0} \). Since the function \( |f|^2 = |f_1|^2 + |f_2|^2 \) is strongly subharmonic on \( S \) and constantly equal to 1 on \( \mathbb{R} \), we have \( |f(x + iy)|^2 \geq 1 + c(x)|y|^2 \) for a positive smooth function \( c: \mathbb{R} \to (0, \infty) \) (see e.g. [5] for the details). Hence, if the strip \( S \) is chosen thin enough then
\[
1 \leq |f|^2 \leq |f_1|^2 + |f_2|^2 < 2 \quad \text{on} \; \tilde{S},
\]
for simplicity of notation we focus on the case \( n = 2 \) which is of main interest, although the proof holds for any \( n \geq 2 \).

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S_g = \{ x + iy : x \in \mathbb{R}, \; |y| < g(x) \}.
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Let \( f = (f_1, f_2): \mathbb{R} \to b\mathbb{B}^2 \) be a real analytic complex tangential embedding with dense image, furnished by Corollary 4.4. By complexification, \( f \) extends to a holomorphic immersion \( \tilde{f}: S_{g_0} \to \mathbb{C}^2 \) for some \( g_0 \) as above. Fix \( g_0 \) and write \( S = S_{g_0} \). Since the function \( |f|^2 = |f_1|^2 + |f_2|^2 \) is strongly subharmonic on \( S \) and constantly equal to 1 on \( \mathbb{R} \), we have \( |f(x + iy)|^2 \geq 1 + c(x)|y|^2 \) for a positive smooth function \( c: \mathbb{R} \to (0, \infty) \) (see e.g. [5] for the details). Hence, if the strip \( S \) is chosen thin enough then
\[
1 \leq |f|^2 \leq |f_1|^2 + |f_2|^2 < 2 \quad \text{on} \; \tilde{S},
\]
and \(|f| = 1\) holds precisely on \(\mathbb{R}\). This means that the immersed complex curve \(f(S) \subset \mathbb{C}^2\) touches the sphere \(b\mathbb{B}^2\) tangentially along \(f(\mathbb{R})\) and satisfies

\[(5.3) \quad f(S \setminus \mathbb{R}) \subset \sqrt{2}\mathbb{B}^2 \setminus \mathbb{B}^2.\]

**Lemma 5.1.** Given \(\epsilon > 0\), there is a strip \(S_g\) of the form \((5.1)\), with \(0 < g(x) < g_0(x)\) for all \(x \in \mathbb{R}\), such that \(f : S_g \to \mathbb{C}^2\) is an injective immersion and

\[
\text{Area}(f(S_g)) = \int_{S_g} |f'|^2 dx dy < \epsilon.
\]

**Proof.** Consider a double sequence \(b_j > 0 (j \in \mathbb{Z})\) such that

\[0 < b_j < \min\{g_0(x) : j - 1 \leq x \leq j\}, \quad j \in \mathbb{Z}.
\]

It follows that the rectangle

\[P_j = \{z = x + iy : 0 \leq x \leq 1, |y| < b_j\} \subset S
\]

is compactly contained in \(S\). We claim that the sequence \(b_j\) can be chosen such that \(f\) is injective on the union \(\bigcup_{j \in \mathbb{Z}} P_j\). Indeed, assume that the numbers \(b_j\) for \(j = 0, \pm 1, \ldots, \pm k\) have already been chosen such that \(f\) is an injective immersion on the set \(Q_k = \bigcup_{|j| \leq k} P_j\). In view of \((5.3)\) if follows that \(f\) is an injective immersion on \(Q_k \cup \mathbb{R}\); hence it is an injective immersion in an open neighborhood of the compact set \(Q_k \cup [-k - 1, k + 1]\). Therefore we can choose the constants \(b_{k+1} > 0\) and \(b_{-k-1} > 0\) small enough such that \(f\) is also an injective immersion on \(Q_{k+1}\), and hence the induction may proceed. Finally, choosing a positive even continuous function \(g > 0\) on \(\mathbb{R}\) satisfying

\[
\max\{g(x) : j - 1 \leq x \leq j\} < b_j, \quad j \in \mathbb{Z},
\]

it follows that \(S_g \subset \bigcup_{j \in \mathbb{Z}} P_j = \bigcup_{k \in \mathbb{N}} Q_k\) and hence \(f\) is injective on \(S_g\). By decreasing \(g\) if necessary we can clearly achieve that the area of the disc \(f(S_g)\) is as small as desired. \(\Box\)

Replacing the function \(g_0\) by \(g\) and the initial strip \(S = S_{g_0}\) by the strip \(S_g\) furnished by Lemma \((5.1)\) we shall assume that

\[(5.4) \quad f : S \leftrightarrow \mathbb{C}^2\]

is an injective holomorphic immersion.

Recall that \(\sigma : \mathbb{C}^2 \to \mathbb{CP}^1\) denotes the canonical projection onto the Riemann sphere. At each point \(z = (z_1, z_2) \in b\mathbb{B}^2\) the complex line \(\xi_z \subset T_z \mathbb{C}^2\) tangent to \(b\mathbb{B}^2\) is transverse to the line \(\xi_z = \sigma^{-1}(\sigma(z)) \cup \{0\}\), and hence \(d\sigma_z : \xi_z \to T_{\sigma(z)} \mathbb{CP}^1\) is an isomorphism. Since the immersed curve \(f : \mathbb{R} \to b\mathbb{B}^2\) satisfies \(\dot{f}(t) \in \xi_{f(t)}\) for every \(t \in \mathbb{R}\), it follows that \(\sigma \circ f : \mathbb{R} \to \mathbb{CP}^1\) is an immersion. Hence, if the strip \(S\) is chosen thin enough then

\[(5.5) \quad \sigma \circ f : S \to \mathbb{CP}^1\]

is an immersion.

We shall frequently use the following observation.

**Lemma 5.2.** Let \(D\) be a relatively compact domain in \(\mathbb{C}\) and \(F : \overline{D} \to \mathbb{C}^2\) be an injective immersion of class \(\mathcal{A}^1(D)\) such that \(\sigma \circ F : \overline{D} \to \mathbb{CP}^1\) is an immersion. If \(h \in H^\infty(D)\) is sufficiently small in the sup-norm, then \(e^{-h} F : D \to \mathbb{C}^2\) is an injective immersion.

**Proof.** Let \(c = \sup\{|F(z)| : z \in \overline{D}\} > 0\). Consider the set

\[
\Delta = \{(z, w) \in \overline{D} \times \overline{D} : \sigma \circ F(z) = \sigma \circ F(w)\} = \Delta_0 \cup \Delta',
\]

where
Let $\Delta_0 = \{ (z,w) : z \in \overline{D} \}$ and $\Delta' = \Delta \setminus \Delta_0$. Since $\sigma \circ F : \overline{D} \to \mathbb{C}P^1$ is an immersion, it is locally an embedding, and hence the set $\Delta'$ is compact. Since $F : \overline{D} \to \mathbb{C}^2$ is injective, it follows that
\[ \delta := \inf \{ |F(z) - F(w)| : (z,w) \in \Delta' \} > 0. \]
Choose $\mu > 0$ such that $|e^z - 1| < \delta/3\epsilon$ when $|z| < \mu$. Assuming that $|h(z)| < \mu$ for all $z \in D$ and taking into account that $|F| < \epsilon$ on $\overline{D}$, we have for every $(z,w) \in \Delta'$ that
\[ |e^{-h(z)} F(z) - e^{-h(w)} F(w)| \geq |F(z) - F(w)| - |e^{-h(z)} F(z) - F(z)| - |e^{-h(w)} F(w) - F(w)| \geq \delta - c\delta/3\epsilon - c\delta/3\epsilon = \delta/3 > 0. \]
This shows that the map $e^{-h} F : D \to \mathbb{C}^2$ is injective. Since $\sigma \circ (e^{-h} F) = \sigma \circ F$ is an immersion by the assumption, $e^{-h} F$ is also an immersion.

We shall find an embedded disc in $\mathbb{B}^2$ satisfying Theorem 1.1 by pulling the embedded strip $f(S) \subset \mathbb{C}^2$ slightly into the ball along the curve $f(\mathbb{R}) \subset b\mathbb{B}^2$, where the amount of pulling decreases fast enough as we go to infinity inside the strip. When doing so, we shall pay special attention to ensure injectivity; this is a fairly delicate task since the curve $f(\mathbb{R}) = f(S) \cap b\mathbb{B}^2$ is dense in $b\mathbb{B}^2$. To this end, we shall be considering smoothly bounded, simply connected, $\Gamma$-invariant domains $D \subset \mathbb{C}$ satisfying
\[ \mathbb{R} \subset D \subset \overline{D} \subset S. \]
Assume that $h = u + iv \in \mathcal{A}^1(D)$ satisfies
\[ u > 0 \text{ on } \mathbb{R} \quad \text{and} \quad e^{2u} < |f|^2 \text{ on } bD. \]
Consider the map $F$ of class $\mathcal{A}^1(D)$ defined by
\[ F = (F_1, F_2) = e^{-h}(f_1, f_2) : \overline{D} \to \mathbb{C}^2. \]
On the real axis we have that $|F|^2 = e^{-2u}|f|^2 < |f|^2 = 1$, while on the boundary $bD$ we have that $|F|^2 = e^{-2u}|f|^2 > 1$ in view of (5.7). This means that
\[ F(\mathbb{R}) \subset \mathbb{B}^2 \quad \text{and} \quad F(bD) \cap \overline{\mathbb{B}}^2 = \emptyset. \]
Assume in addition that $F$ is transverse to the sphere $b\mathbb{B}^2$. Let
\[ \Omega \subset \{ z \in D : F(z) \in b\mathbb{B}^2 \} \]
denote the connected component of the set on the right hand side containing $\mathbb{R}$. It follows that $\overline{\Omega} \subset D$ and $F|_\Omega : \Omega \to b\mathbb{B}^2$ is a proper holomorphic map extending holomorphically to $\overline{\Omega}$ and mapping $b\Omega$ to the sphere $b\mathbb{B}^2$. Clearly, $\Omega$ is Runge in $\mathbb{C}$ and hence conformally equivalent to the disc; indeed, there is a biholomorphism $\mathbb{D} \to \Omega$ extending holomorphically to $\overline{\mathbb{D}} \setminus \{ \pm 1 \}$. The proof of Theorem 1.1 is concluded by the following lemma.

**Lemma 5.3.** Given $\epsilon > 0$, there exist a smoothly bounded, simply connected, $\Gamma$-invariant domain $D \subset \mathbb{C}$ satisfying (5.6) and a function $h = u + iv \in \mathcal{A}^1(D)$ satisfying (5.7) such that the map $F = e^{-h} f : \overline{D} \to \mathbb{C}^2$ is an injective immersion transverse to $b\mathbb{B}^2$ satisfying
\[ \text{(a) } \text{Area}(F(\Omega)) < \epsilon, \text{ where } \Omega \text{ is defined by (5.10), and} \]
\[ \text{(b) the curve } F(b\Omega) \subset b\mathbb{B}^2 \text{ is everywhere dense in the sphere } b\mathbb{B}^2. \]
Proof. We begin by explaining the scheme of proof.

We shall construct an increasing sequence of special domains $D_1 \subset D_2 \subset D_3 \subset \cdots \subset S$ (see Def. 4.1) whose union $D = \bigcup_{j=1}^{\infty} D_j$ is a simply connected, smoothly bounded, $\Gamma$-invariant domain satisfying (5.6). The first domain $D_1$ is a round disc centered at 0; by rescaling the coordinate on $\mathbb{C}$ we may assume that $D_1 = \mathbb{D}$ is the unit disc. For every $n \in \mathbb{N}$ we let $D_{n+1} = D_n \cup S_n$ be a special domain with the base $(-n - 1, n + 1) \subset \mathbb{R}$, furnished by Lemma 4.3 (Recall that $S_n$ is a thin strip around the interval $(-n - 1, n + 1)$.) For each $n \geq 2$ let $\psi_n$ be the biholomorphism

$$\psi_n : D_n \to D_{n-1}, \quad \psi_n(0) = 0, \quad \psi_n'(0) > 0.$$  

By Lemma 4.2, $\psi_n$ extends to a smooth $\Gamma$-equivariant diffeomorphism $\psi_n : \overline{D}_n \to \overline{D}_{n-1}$ satisfying $\psi_n([-n, n]) = [-n + 1, n - 1]$ and $\psi_n(\pm n) = \pm(n - 1)$. Set

$$\Psi_1 = \text{Id}_{\overline{D}_1}, \quad \Psi_n = \psi_2 \circ \cdots \circ \psi_n : \overline{D}_n \to \overline{D}_1 \quad \forall n = 2, 3, \ldots.$$  

At the same time, we shall find a sequence of multipliers $h_n \in \mathcal{A}^\infty(D_n)$ ($n \in \mathbb{N}$) of the form $h_n = \tilde{h}_n \circ \Psi_n$, with $\tilde{h}_n \in \mathcal{H}_b^+$ (see (3.3)), such that the map

$$F_n = e^{-h_n} f : \overline{D}_n \to \mathbb{C}_b^2$$  

is an embedding of class $\mathcal{A}^\infty(D_n)$ that is transverse to $b\mathbb{B}^2$, and $F_{n+1}$ approximates $F_n$ as closely as desired in $\mathcal{C}^0(\overline{D}_n)$ and in $\mathcal{C}^1(\overline{D}_n \setminus U_n)$, where $U_n = U_n^+ \cup U_n^-$ is a small neighborhood of the points $\pm n$ for every $n \in \mathbb{N}$. In the induction step, we shall use Lemma 5.1 in order to find a small perturbation of $F_n$ such that $F_n(\overline{D}_n)$ intersects the pair of arcs $E_n^+ = f([n, n + 1]) \subset b\mathbb{B}^2$ and $E_n^- = f([-n - 1, n - 1]) \subset b\mathbb{B}^2$ only at the points $f(\pm n)$. This will allow us to construct the next map $F_{n+1} = e^{-h_{n+1}} f : \overline{D}_{n+1} \to \mathbb{C}_b^2$, which is an embedding mapping the strip $D_{n+1} \setminus D_n$ into a small neighborhood of the arcs $E_{n+1}^+ \cup E_{n+1}^-$. The sequence $h_n$ will be chosen such that it converges to a function $h = u + iv = \tilde{h} \circ \Psi \in \mathcal{A}^1(D)$ satisfying (5.7), with $\tilde{h} = \lim_{n \to \infty} \tilde{h}_n \in \mathcal{A}^1(D_1)$. Furthermore, we will ensure that the limit map $F = \lim_{n \to \infty} F_n = e^{-h} f : \overline{D} \to \mathbb{C}_b^2$ (which satisfies (5.9) in view of (5.7)) is an injective immersion that is transverse to the sphere $b\mathbb{B}^2$. The domain $\Omega$ (5.10) will then satisfy the conclusion of the lemma, and $F(\Omega) \subset \mathbb{B}^2$ will be a properly embedded holomorphic disc satisfying Theorem 1.1.

We now turn to the details. Recall that $|f|^2 > 1$ on $S \setminus \mathbb{R}$. We begin by choosing a function $h_1 = u_1 + iv_1 \in \mathcal{H}_b^+$ on $\overline{D}_1 = \mathbb{D}$, close to 0 in $\mathcal{C}^1(\overline{D}_1)$, such that

$$e^{2u_1} < \frac{1}{2} (|f|^2 + 1) \quad \text{on $bD_1 \setminus \{\pm 1\}$}$$  

and the map $F_1 = e^{-h_1} f : \overline{D}_1 \to \mathbb{C}_b^2$ of class $\mathcal{A}^\infty(D_1)$ is an embedding (see Lemma 5.2) which is transverse to $b\mathbb{B}^2$ (see Lemma 3.1). From (5.12) we infer that $|F_1| < e^{-u_1} |f| > 1$ on $bD_1 \setminus \{\pm 1\}$. Recall that $|F_1| < 1$ on $(-1, 1)$ since $u_1 > 0$ on $D_1$ and $|f| = 1$ on $\mathbb{R}$. Let

$$C_1 = \{ z \in \overline{D}_1 : F_1(z) \in b\mathbb{B}^2 \}, \quad \Gamma_1 = F_1(C_1) = F_1(\overline{D}_1) \cap b\mathbb{B}^2.$$  

We have that $C_1 \subset D_1 \cup \{\pm 1\}$, each of the sets $C_1$ and $\Gamma_1$ is a union of finitely many smooth closed Jordan curves, and $\Gamma_1$ bounds the embedded complex curve $F_1(D_1) \cap \mathbb{B}^2$ (see Remark 3.2). By [9] the curve $\Gamma_1$ is transverse to the distribution $\xi \subset T(b\mathbb{B}^2)$ of complex tangent planes, and hence the $\xi$-Legendrian embedding $f : \mathbb{R} \to b\mathbb{B}^2$ is not tangent to $\Gamma_1$ at the points $f(\pm 1) \in \Gamma_1$. Thus, there is a number $0 < \delta < 1$ such that

$$f([1 - \delta, 1 + \delta] \cup [-1 - \delta, -1 + \delta]) \cap \Gamma_1 = \{ f(1), f(-1) \}.$$
A properly embedded holomorphic disc in the ball with finite area and dense boundary

Applying Lemma 5.1 with the smooth compact curve

\[ E = f([-2, -1 - \delta] \cup [1 + \delta, 2]) \subset b\mathbb{B}^2 \setminus \Gamma_1 \]

we can approximate \( h_1 \in \mathcal{H}_s^+ \) as closely as desired in the \( C^1(\overline{D}_1) \) norm by a function \( \tilde{h}_1 \in \mathcal{H}_s^+ \) such that, after redefining the map \( F_1 \) by setting \( F_1 = e^{-\tilde{h}_1} f \) and also redefining the curves \( C_1 \) and \( \Gamma_1 \) accordingly, the above conditions still hold and in addition we have

\[ f([-1, 2] \cup [-2, -1]) \cap \Gamma_2 = f([-1, 2] \cup [-2, -1]) \cap F_1(\overline{D}_1) = \{ f(1), f(-1) \}. \]

Write \( \tilde{h}_1 = \tilde{u}_1 + i\tilde{v}_1 \). This completes the initial step.

We now explain how to obtain the next embedding \( F_2 : \overline{D}_2 \to \mathbb{C}_s^2 \). This is the first step of the induction, and all subsequent steps will be of the same kind.

Choose a compact set \( M \subset S \) containing \( \overline{D}_1 \cup [-2, 2] \) in the interior. Pick a small number \( \mu = \mu_1 > 0 \). By (the proof of) Lemma 5.2 we may decrease \( \mu > 0 \) if necessary such that for any domain \( \mathcal{D}' \subset M \) and function \( h \in \mathcal{A}(\mathcal{D}') \) satisfying \( |h| < \mu \) on \( \partial \mathcal{D}' \) the map \( e^{-h} f : \overline{\mathcal{D}}' \to \mathbb{C}_s^2 \) is injective. Since \( \tilde{u}_1 \) vanishes on \( bD_1 = T \) near \( \pm \) by the definition of the class \( \mathcal{H}_s \), there are small discs \( U_1^\pm \) around the points \( \pm 1 \) such that

\[ \tilde{u}_1 \text{ vanishes on } bD_1 \cap U_1^\pm. \]

Furthermore, since \( \tilde{h}_1(\pm 1) = 0 \), we can shrink the discs \( U_1^\pm \) if necessary to get

\[ \tilde{h}_1 \text{ on } bD_1 \cap (U_1^+ U_1^-) \text{ if necessary to get } \]

\[ |\tilde{h}_1| < \mu \text{ on } bD_1 \cap (U_1^+ U_1^-). \]

Choose a pair of smaller open discs \( W_1^\pm \subset V_1^\pm \subset U_1^\pm \) around the points \( \pm 1 \). Lemma 4.3 furnishes a special domain \( D_2 \) with the base \( (-2, 2) \) satisfying \( D_1 \subset D_2 \subset M \) and a \( \Gamma \)-equivariant conformal diffeomorphism \( \psi_2 : \overline{D}_2 \to \overline{D}_1 \) with \( \psi_2(0) = 0 \) and \( \psi_2'(0) > 0 \). By the construction, \( D_2 \) is the union of \( D_1 \) and an arbitrarily thin \( \Gamma \)-invariant strip \( S_2 \) around the interval \( (-2, 2) \subset \mathbb{R} \), with \( \pm 2 \in bD_2 \). We may choose \( D_2 \) such that the attaching set \( \overline{D}_2 \cap bD_1 \) is contained in \( W_1^+ \cup W_1^- \). Consider the pair of compact sets

\[ K = \overline{D}_1 \setminus (W_1^+ \cup W_1^-), \quad L = \overline{D}_2 \setminus D_1 \cup (D_1 \cap (V_1^+ \cup V_1^-)). \]

Note that

\[ K \cup L = \overline{D}_2, \quad K \cap L = \overline{D}_2 \cap (V_1^+ \setminus W_1^-) \cup (V_1^- \setminus W_1^+). \]

By Lemma 4.3, the domain \( D_2 \) can be chosen such that \( \psi_2 \) is as close as desired to the identity map in \( C^1(K) \) and

\[ \psi_2(L) \subset U_1^+ \cup U_1^- . \]

Set

\[ h_2 = u_2 + iv_2 := \tilde{h}_1 \circ \psi_2 \in \mathcal{A}^\infty(D_2). \]

Note that \( u_2 > 0 \) on \( D_2 \), \( u_2 \) vanishes on \( bD_2 \setminus D_1 \) by (5.14) and (5.17), \( h_2(\pm 2) = 0 \), and

\[ |h_2| < \mu \text{ on } \overline{D}_2 \setminus D_1 \]

which follows from (5.15), (5.16), and (5.17). Assuming that the approximations are close enough, we see from (5.12) that

\[ e^{2u_2} < \frac{1}{2} (|f|^2 + 1) \text{ on } bD_2 \setminus \{ \pm 1 \}. \]

We claim that the immersion

\[ F_2 = e^{-h_2} f : \overline{D}_2 \to \mathbb{C}_s^2 \]
of class $\mathcal{A}^\infty(D_2)$ is injective provided that the approximations are close enough. Indeed, $F_2$ is injective on $L$ by the choice of the constant $\mu > 0$, the estimate (5.15), the inclusion (5.17), and the definition (5.18) of $h_2$. Assuming as we may that $\Psi_2$ is close enough to the identity on $K$ (see Lemma 4.3), the function $h_2|_K$ is so close to $h_1|_K$ that $F_2$ is injective on $K$ in view of Lemma 5.2. To obtain injectivity of $F_2$ on $\overline{D_2}$, it remains to see that

$$F_2(L \setminus K) \cap F_2(K \setminus L) = \emptyset.$$  

Note that $F_2$ maps $L \setminus K$ into a small neighborhood of the two arcs $f([-1, 2] \cup [-2, -1])$. Since these arcs intersects $F_1(D_1)$ only at the points $F_1(\pm 1) = f(\pm 1) \in \Gamma_1$ (cf. (5.13)) and $F_2$ can be chosen as close as desired to $F_1$ on the set $K$ which does not contain the points $\pm 1$, the claim follows.

By a slight adjustment of $h_1$ (and hence of $h_2$, see (5.18)), keeping the above conditions, we may assume that the embedding $F_2 : \overline{D_2} \hookrightarrow \mathbb{C}^2$ is transverse to $b\mathbb{B}^2$ (see Lemma 5.1). Each of the sets $C_2 = \{z \in \overline{D_2} : F_2(z) \in b\mathbb{B}^2\}$ and $\Gamma_2 = F_2(C_2) = F_2(\overline{D_2}) \cap b\mathbb{B}^2$ is then a finite unions of smooth Jordan curves. By another application of Lemma 3.1 we can find a $\mathcal{C}^1(\overline{D_1})$-small deformation $h_2 \in \mathcal{H}_x^+$ of $h_1$ such that, redefining $h_2$ by setting $h_2 = \tilde{h}_2 \circ \Psi_2 \in \mathcal{A}^\infty(D_2)$ and adjusting the map $F_2$ accordingly, the above conditions remain valid and in addition we have that

$$f([-3, -2] \cup [2, 3]) \cap F_2(\overline{D_2}) = \{f(2), f(-2)\}.$$  

This completes the first step of the induction, and we are now ready to apply the same arguments to the map $F_2$ and the domain $D_2$ to find the next embedding $F_3 : \overline{D_3} \hookrightarrow \mathbb{C}^2$.

Clearly this construction can be continued inductively. It yields

- an increasing sequence of special domains $D_1 \subset D_2 \subset D_3 \subset \cdots$ such that $D_n$ has the base $(-n, n)$, $D_{n+1} = D_n \cup S_n$ where $S_n$ is a thin strip around the interval $(-n-1, n+1)$, and the union $\overline{D} = \bigcup_{n=1}^\infty \overline{D_n} \subset S$ is a smoothly bounded, simply connected, $\Gamma$-invariant domain,
- a sequence $U_n = U_n^- \cup U_n^+$ of small pairwise disjoint neighborhood of the points $\{-n, n\}$ such that $\overline{D}_{n-1} \cap \overline{U}_n = \emptyset$ for every $n = 2, 3, \ldots$,
- a sequence of $\Gamma$-equivariant diffeomorphisms $\Psi_n = \psi_2 \circ \cdots \psi_n : \overline{D_n} \to \overline{D_1}$ of class $\mathcal{C}^\infty(D_n)$, where $\Psi = \text{Id}|_{\overline{D_1}}$ and $\psi_n : \overline{D_n} \to \overline{D}_{n-1}$ for $n \geq 2$ (see (5.11)),
- a sequence of multipliers

$$h_n = \tilde{h}_n \circ \Psi_n \in \mathcal{A}^\infty(D_n) \quad \text{with} \quad \tilde{h}_n \in \mathcal{H}_x^+,$$

- a sequence of embeddings $F_n = e^{-h_n} f : \overline{D_n} \hookrightarrow \mathbb{C}^2$ of class $\mathcal{A}^\infty(D_n)$,

such that the following conditions hold for every $n \in \mathbb{N}$:

(a.) the conformal diffeomorphism $\psi_{n+1} : \overline{D_{n+1}} \to \overline{D_n}$ is arbitrarily close to the identity in $\mathcal{C}^1(\overline{D_n} \setminus U_n)$ and satisfies $\psi_{n+1}(\overline{D_{n+1} \setminus D_n}) \subset U_n$;

(b.) the function $h_{n+1} = u_n + i v_n$ (5.21) satisfies $u_n > 0$ on $D_n$ and $e^{2u_n} < \frac{1}{2}(|f|^2 + 1)$ on $bD_n \setminus \{\pm n\}$ (see (5.20));

(c.) $h_{n+1}$ approximates $\tilde{h}_n$ as closely as desired in $\mathcal{C}^1(\overline{D_1})$;

(d.) $h_{n+1}$ approximates $h_n$ as closely as desired in $\mathcal{C}^0(\overline{D_n})$ and in $\mathcal{C}^1(\overline{D_n} \setminus U_n)$;

(e.) $|h_{n+1}|$ is as small as desired uniformly on $\overline{D_{n+1} \setminus D_n}$ (see (5.19)).
\[(f_n)\) the map \(F_{n+1}\) approximates \(F_n\) as closely as desired uniformly on \(\overline{D_n}\) and in \(\mathcal{C}^1(\overline{D_n} \setminus U_n)\), and \(F_{n+1}\) is as close as desired to \(f\) uniformly on \(\overline{D_n+1} \setminus D_n\).

Note that \((f_n)\) is a consequence of \((a_n), (c_n), (d_n),\) and \((e_n)\).

Assuming that these approximations are close enough at every step, we can draw the following conclusions. The sequence \(\Psi_n: \overline{D_n} \to \overline{D_1}\) converges to the \(\Gamma\)-equivariant biholomorphic map \(\Psi: D = \bigcup_{n=1}^{\infty} D_n \to \mathbb{D}\) with \(\Psi(0) = 0\) and \(\Psi'(0) > 0\). Note that \(\Psi(\mathbb{R}) = (-1, 1)\), and \(\Psi\) extends to a \(\mathcal{C}^\infty\) diffeomorphism \(\overline{D} \to \overline{\mathbb{D}}\). Secondly, the sequence \(h_n \in \mathcal{A}^\infty(D_n)\) converges in the weak \(\mathcal{C}^1(\overline{D})\) topology (i.e., in the \(\mathcal{C}^1\) topology on every compact subset of \(\overline{D}\)) to a function

\[(5.22) \quad h = u + iv = \hat{h} \circ \Psi \in \mathcal{A}^1(D) \quad \text{where} \quad \hat{h} = \lim_{n \to \infty} \hat{h}_n \in \mathcal{A}^1(D_1)
\]

(the second limit \(\hat{h}\) exists in the \(\mathcal{C}^1(\overline{D_1})\) topology in view of condition \((c_n))\) satisfying

\[(5.23) \quad u > 0 \quad \text{on} \quad D, \quad e^{2u} \leq \frac{1}{2} (|f|^2 + 1) < |f|^2 \quad \text{on} \quad bD.
\]

Thirdly, the sequence of embeddings \(F_n = e^{-h_n} f: \overline{D_n} \to \mathbb{C}^2\) converges in the weak \(\mathcal{C}^1(\overline{D})\) topology to the map \(F = e^{-\hat{h}} f: \overline{D} \to \mathbb{C}^2\) of class \(\mathcal{A}^1(D)\). Since \(\sigma \circ F = \sigma \circ f: \overline{D} \to \mathbb{C}^{p_1}\) is an immersion, \(F\) is an immersion on \(\overline{D}\). Lemma 5.2 shows that \(F\) is injective (hence an embedding) on every domain \(D_n\), and therefore also on \(\overline{D}\), provided that the approximation of \(F_n\) by \(F_{n+1}\) is close enough in \(\mathcal{C}^0(D_n)\) for every \(n \in \mathbb{N}\) (see \((f_n))\). Note that conditions \((\text{S1})\) holds in view of \((5.23)\), and hence \(F\) satisfies condition \((5.9)\). It follows that the simply connected domain \(\Omega\) \((5.10)\) (with \(\mathbb{R} \subset \Omega \subset \overline{\Omega} \subset D\)) is well defined, and the restricted map \(F|_\Omega: \Omega \to \mathbb{B}^2\) is a properly embedded holomorphic disc. Since every map \(F_n: \overline{D_n} \to \mathbb{C}^2\) is transverse to \(b\mathbb{B}^2\), the same is true for \(F: \overline{D} \to \mathbb{C}^2\) provided the approximation is close enough at every step.

It remains to show conditions \((\alpha)\) and \((\beta)\) in the lemma.

Given a sequence \(\epsilon_1 > \epsilon_2 > \cdots > 0\) with \(\lim_{n \to \infty} \epsilon_n = 0\), conditions \((d_n)\) and \((e_n)\) show that the sequence \(h_n\) \((5.21)\) can be chosen such that its limit \(h\) \((5.22)\) satisfies

\[|h| < \epsilon_n \quad \text{on} \quad D_{n+1} \setminus D_n \quad \text{for all} \quad n \in \mathbb{N}.
\]

This implies that \(F(b\Omega) \subset b\mathbb{B}^2\) consists of a pair of curves in the sphere which are as close as desired to the curve \(f(\mathbb{R}) \subset b\mathbb{B}^2\) in the fine \(\mathcal{C}^0\) topology. Since \(f(\mathbb{R})\) is dense in \(b\mathbb{B}^2\), the same is true for \(F(b\Omega)\) provided the approximation is close enough, so condition \((\beta)\) holds. (This argument is similar to the one in [12] proof of Theorem VI.11.)

It remains to estimate the area of the disc \(F(\Omega) \subset \mathbb{B}^2\). Set

\[(5.24) \quad c = \max \left\{ |\hat{h}'(z)| : z \in \overline{D_1} \right\},
\]

where \(\hat{h} \in \mathcal{A}^1(D_1)\) is as in \((5.22)\). Note that \(c > 0\) can be made as small as desired by choosing all terms of the sequence \(\hat{h}_n \in \mathcal{H}^+\) small enough in the \(\mathcal{C}^1(\overline{D_1})\) norm. Recall that \(h = \hat{h} \circ \Psi\) (see \((5.22)\)). We have \(h'(z) = \hat{h}'(\Psi(z))\Psi'(z)\) and hence \(|h'(z)|^2 \leq c^2 |\Psi'(z)|^2\) for \(z \in D\). Differentiation of \(F = e^{-h} f\) gives \(F' = -e^{-h} h' f + e^{-h} f'\). Note that \(u > 0\) and hence \(e^{-u} < 1\) on \(D\). Recall also that \(|f|^2 \leq 2\) on \(S\) (see \((5.2)\)). Using the
inequality $|a + b|^2 \leq 2(|a|^2 + |b|^2)$, which holds for any $a, b \in \mathbb{C}^n$, we thus obtain

$$\text{Area}(F(\Omega)) = \int_{\Omega} |F|^2 dxdy \leq 2 \int_{\Omega} e^{-2u}|h'|^2|f|^2 dxdy + 2 \int_{\Omega} e^{-2u}|f'|^2 dxdy$$

$$\leq 4c^2 \int_{\Omega} |\Psi'(z)|^2 dxdy + 2 \int_{\Omega} |f'|^2 dxdy$$

$$= 4c^2 \text{Area}(\Psi(\Omega)) + 2\text{Area}(f(\Omega)).$$

Since $\Psi(\Omega) \subset \Psi(D) = \mathbb{D}$, we have $\text{Area}(\Psi(\Omega)) \leq \pi$, and hence the first term is bounded by $\epsilon/2$ if $c > 0$ is small enough. Lemma 5.1 shows that the second term can be chosen $< \epsilon/2$. This completes the proof of Lemma 5.3, and hence of Theorem 1.1. □

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A properly embedded holomorphic disc in the ball with finite area and dense boundary

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