Glycoprotein Disease Markers and Single Protein-omics*

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Glycoproteins are well represented among biomarkers for inflammatory and cancer diseases. Secreted and membrane-associated glycoproteins make excellent targets for noninvasive detection. In this review, we discuss clinically applicable markers of cancer diseases and methods for their analysis. High throughput discovery continues to supply marker candidates with unusual glycan structures, altered glycoprotein abundance, or distribution of site-specific glycoforms. Improved analytical methods are needed to unlock the potential of these discoveries in validated clinical assays. A new generation of targeted quantitative assays is expected to advance the use of glycoproteins in early detection of diseases, molecular disease classification, and monitoring of therapeutic interventions. *Molecular & Cellular Proteomics* 12: 10.1074/mcp.R112.026930, 836–845, 2013.

With the expansion of targeted therapeutics and individualized treatment regimens, markers for classification of diseases and treatment response are becoming increasingly important (1). Biomarkers represent surrogate measurements of correlated, perhaps difficult-to-measure, biological processes. Clinical biomarkers ideally represent one-to-one relationships with high probabilities of capturing true associations of a marker with a specific biological process. Such relationships are, however, rare in biology, which is one of the reasons for the lengthy standardized testing process required by regulatory agencies for their approval (2). Glycoproteins have high potential to serve as markers for a variety of biological processes; they represent a rich source of information because their nontemplate-based synthesis by complex enzymatic pathways reflects expression of protein-coding genes, the availability of activated monosaccharide substrates for synthesis of glycans, the activity of the enzymatic glycosylation machinery, and multiple downstream effectors (3).

In this review, we will primarily discuss O-GalNAc and N-glycoproteins as markers of cancer and associated infectious diseases, their prominence among established biomarkers associated with tissue- and disease-specific functions and the relative ease of detecting secreted and cell surface proteins (4–6). However, there are additional glycoconjugates whose assessment becomes increasingly feasible with newly developed analytical approaches (7, 8). Here, we summarize the current clinical use and future opportunities in the use of glycoproteins as disease markers. We use these examples to introduce the concept of "single protein-omics," which we define as comprehensive characterization of all modified forms of a protein. We argue that detailed characterization of disease-specific modifications of a single protein may be a more effective biomarker discovery strategy than proteome-wide studies, which cannot capture the richness and diversity of individual protein forms.

Pathophysiology of Glycoproteins

Glycoprotein Biosynthesis and Structural Diversity of Glycans—Mucin-type O-glycosylation and N-glycosylation occur during protein passage through the endoplasmic reticulum and Golgi compartments (9, 10). Glycoproteins are secreted or localized to outer cell membranes and the inner membranes of cell compartments, including the endoplasmic reticulum, Golgi, and lysosomes. N-Linked glycosylation is initiated by oligosaccharyltransferase, which catalyzes the transfer of a dolichol-linked glycan precursor to protein asparagine residues typically within NX(S/T) (X ≠ P) sequons (11). Nascent N-linked glycans undergo trimming by glycosidases and extension of a common core (Manα1–6(Manα1–3)Manβ1–4GlcNAcβ1–4GlcNAcβ1–Asn) by glycosyltransferases (9). In a distinct pathway, O-GalNAc (mucin-type) protein glycosylation is initiated by a group of polypeptide N-acetylgalactosaminyltransferases that catalyze the linkage of GalNAc residues to serine or threonine residues, but no specific O-GalNAc glycosylation motif has been described (10, 12). Estimates suggest that over 50% of all proteins are glycosylated, but experimental evidence for the extent of protein glycosylation is incomplete (13). O-GalNAc glycoproteins are estimated to comprise 10% of proteins in the human proteome and 50% among those going through the secretory pathway (14). Two recent papers find, in various human tissues, ~2,500 N-glycosylated proteins each, but the sets have only partial overlap (11, 15). It is likely that additional glycosylated proteins will be identified as detection methods improve.
Glycoproteins in Disease Context—Glycosylation is organism-, tissue-, and cell type-specific (20). This is closely tied to the varied functions that diverse protein glycoforms carry out in complex organisms (16). The activities of glycosyltransferases and many additional regulatory proteins expressed in tissue-specific patterns and levels participate in glycan synthesis, using the seven monosaccharides to build a diverse set of glycan structures (16). The variety of glycan structures on human proteins is not entirely known, although some estimates of the numbers exist (17). Each glycosylation site is typically occupied by a few major and additional minor glycan forms (18, 19). In addition, the occupancy of each site, i.e., the percentage of a glycosylation site occupied by glycans, varies and can affect the quantity of glycoforms observed in a particular context. This micro-heterogeneity creates a large variety of site-specific glycoforms of potential biological interest. The search space for glycoprotein biomarkers is therefore quite large, and elucidation of the associations between site-specific glycoforms and disease processes is one of the driving forces of current biomarker research.

Diseases can cause (or result from) the following: loss/gain of glycosylation sites leading to a change in their number per protein; altered glycosylation site occupancy; the type of glycans present and their distribution on particular sites; or the quantity of specific glycoproteins. Such changes can also impact downstream processes, e.g., binding of interacting proteins, which may be used to measure glycoprotein changes indirectly (29). Mutations of the NXS(T) sequon occur frequently in disease context (30). Nonsynonymous genomic variants create or abolish NX(S/T) sites on several thousand human proteins and can be associated with cancer risk (31). Relocation of GaINAc transferases to the ER in cancer cells is associated with increased multiplicity of O-glycosylation (14), and Liu et al. (32) reported changes in site occupancy at several N-glycosylation sites in patients with ovarian cancer. We are not aware of established biomarker assays that measure changes in site multiplicity and occupancy outside of genotyping studies of cancer risk (33).

Glycoproteins derived from tumor cells and tissues carry, depending on disease context, truncated O-glycans, glycans with altered fucosylation, including Lewis antigens, N-glycans with bisecting GlcNAc, or increased β1–6GlcNAc branching (Fig. 1). Mucin-type glycoproteins are often incompletely glycosylated in cancer cells due to altered expression of T-synthase or Cosmc chaperone that stabilizes T-synthase (14, 34). The GaINAc1-O-Ser/Thr and Galβ1–3-GaINAc-O-Ser/Thr antigens and their sialylated counterparts (Fig. 1A) are detected on cell surface glycoproteins in breast and colon cancers (12, 35). The Lewis blood group epitopes, containing Fuc...
Decades of research have led to the generation of many antibodies to Lewis epitopes with clone name, isotype, and reference regarding its original production (if known) are shown. Specificity and cross-reactivity of the antibodies were extracted from literature and CFG Glycan Array screening results. The Lewis epitopes are abbreviated Le, with the superscript indicating specific identity (A, B, X, and Y); an S preceding the epitope indicates sialylation, and Di indicates a di-Lewis structure. BG-H1 and BG-H2 indicate blood group H1 and H2 glycan antigens, NA, not available.

TABLE I

| Epitope | Clone | Isotype | Ref. | Specificity and cross-reactivity |
|---------|-------|---------|------|---------------------------------|
| LeA     | T174  | IgG1    | Sakamoto et al., 1986 (106) | LeA = SLeA |
| 7LE     |       | IgG1    | Daher et al., 1987 (107)   | LeA, LeB |
| LeB     | T218  | IgM     | Sakamoto et al., 1986 (106) | LeB > LeA > BG-H1 |
| 2-25LE  |       | IgG1    | Bara et al., 1986 (108)    | LeB > LeA |
| LeX     | P12   | IgM     | Richman, 1987 (109)       | LeX = DiLeX |
| 28      |       | IgM     | Hogg et al., 1984 (110)   | DiLeX > LeX |
| SH1     |       | IgG3    | Singhal et al., 1990 (111) | DiLeX > LeX |
| LeY     | AH-6  | IgM     | Abe et al., 1983 (112)    | LeY |
| F3      |       | IgM     | Lloyd et al., 1983 (113)  | LeY > BG-H2 > LeA |
| BR55    |       | IgG2a   | NA   | LeY > DiLeX > LeA |

1 The abbreviations used are: CA19-9, cancer antigen 19-9; sialyl-Lewis A, Neu5Acα2-3Galβ1-3(Fucα1-4)GlcNAc; CA125, cancer antigen 125; CA15-3, carcinoma antigen 15–3; CA27-29, cancer antigen 27–29; AFP, α-fetoprotein; HCC, hepatocellular carcinoma; FUT8, fucosyltransferase 8; hCG, human chorionic gonadotropin; MRM, multiple reaction monitoring.
eases approved by regulatory agencies (4–6). Most approved “glyco” markers use ELISA type assays that recognize a carbohydrate moiety, a combined glycan-protein epitope, or an (not always defined) amino acid sequence on the protein backbone. Full characterization of disease-related glycoconjugates remains challenging despite substantial methodological advances (6, 53–55). Regardless of the target or extent of characterization, these assays show clinical utility despite the limitations discussed below.

Carbohydrate Antigen 19-9 (CA19-9)—In 1979, Koprowski et al. (56) developed antibodies that recognized CA19-9, an antigen found primarily in serum from patients with colorectal and other gastrointestinal malignancies, including pancreatic cancer. CA19-9 was subsequently identified as a sialyl-Lewis A structure (57); later, mucins were identified as the most frequent carriers of the antigen (58). The CA19-9 ELISA used in clinical setting detects pancreatic cancer with an approximate sensitivity and specificity of 80 and 85%, respectively (59). CA19-9 also increases in bile duct obstruction, pancreatitis, and other benign conditions; the utility of the assay for pancreatic cancer screening is limited by its less than 1% positive predictive value (59). Recent studies confirm that mucins are major carriers of the sialyl-Lewis A antigen in serum of pancreatic cancer patients (60). In the same study, Haab and co-workers (60) found that MUC16 was elevated in 65% of pancreatic cancer patients, although MUC1 and MUC5A were elevated in ~35% of cancer patients. Of the two, MUC5A displayed more frequent glycan alterations. A follow-up study that detected CA19-9 antigen specifically on MUC5A and MUC16 showed improved sensitivity of detection in patients without elevation in total CA19-9 (60). As clinical and biological knowledge of CA19-9 has progressed from its initial discovery in colorectal carcinoma cells, to development of CA19-9 immunoassays for detection of pancreatic cancer, to elucidation of the carbohydrate epitope, and finally to the determination of the major CA19-9 carrier proteins, the performance of detection has gradually improved. This suggests that targeted quantification of specific glycoproteins, or even targeting of site-specific glycoprotein modifications, could improve performance of the existing carbohydrate-based detection assays.

Cancer Antigen 125 (CA125)—CA125, used to screen for ovarian cancer, was discovered in 1981 when Bast et al. (61) developed a monoclonal antibody to the CA125 epitope, which was detected in multiple ovarian carcinoma cell lines. It is expressed in the epithelial tissue of healthy ovarian, breast, colon, gallbladder, kidney, lung, pancreas, prostate, and stomach; it is elevated in a number of diseases, in particular ovarian carcinoma (62). CA125 has 50% sensitivity for early stage disease, compared with 90% for late stage ovarian cancer, at ~95% specificity. However, Skates (63) has shown improved detection of ovarian cancer by serial assessment of CA125 incorporated in a risk of ovarian cancer algorithm together with additional demographic and clinical criteria. This strategy seems to be particularly effective in combination with follow-up imaging. The individual base-line level of CA125 justifies the serial serological testing and, in combination with the risk of ovarian cancer algorithm risk stratification, represents an important concept for improved biomarker screening.

CA125 is a heavily glycosylated version of MUC16, but the exact epitope was not identified when the protein was initially characterized (64). A detailed study of CA125 expressed in the OVCAR-3 cell line showed that this complex glycoprotein contains O-glycans with branched type I and type II cores, some of which are decorated with the Lewis X antigen (65). The antigen also contains high mannose and complex bisecting N-glycans in agreement with studies that observed increased P. vulgaris erythroagglutinin lectin binding to serum proteins of ovarian cancer patients (66). Treatment of the CA125 antigen with peptide:N-glycosidase F (which selectively removes N-glycans) reduced antibody binding but did not conclusively define the CA125 epitope. However, the distribution of N-glycans in CA125 is similar to that of gp120 derived from lymphoblastoid cells infected with HIV-1. Nagata et al. (66) suggest a functional impact of these CA125 glycoforms on immune response, and potential therapeutic use of monoclonal antibodies to CA125 is currently being explored (67).

Carcinoma Antigen 15-3 (CA15-3) and Cancer Antigen 27-29 (CA27-29)—CA15-3 and CA27-29 are MUC1 antigens elevated in breast cancer. MUC1 is a transmembrane protein overexpressed in many cancers; the protein contains a heavily O-glycosylated variable number of tandem repeat regions (68). Post-translational modifications of the MUC1 cytoplasmic tail modulate oncogenic regulatory pathways in response to signals from the tumor microenvironment (69). The CA15-3 epitope of MUC1 is recognized by antibodies DF3 and 115D8 via a sandwich ELISA (70, 71). The DF3 antibody recognizes an 8-amino acid epitope (Aps-Thr-Arg-Pro-Ala-Pro-Gly-Ser) that may be exposed as a result of altered glycosylation in breast carcinoma, whereas the 115D8 antibody is thought to recognize a glycosylated form of the same 8-amino acid repeat (71). In cancer, shorter O-glycans often dominate, which is thought to expose regions of the peptide backbone otherwise shielded by the glycans (72).

The CA27-29 epitope recognized by the B27.29 antibody is an 8-amino acid sequence that partially overlaps with the epitope on MUC1 recognized by CA15-3 (73). Initial studies on CA27-29 indicated that it was found at lower levels in healthy patients and higher levels in patients with breast cancer, compared with CA15-3 (74). A follow-up study concluded that the CA27-29 assay does not have high enough sensitivity and specificity to detect stage I and II breast cancer, but it can be used to monitor patients treated for breast cancer (75). CA15-3 is elevated in 65–90% of patients with stage IV breast cancer and a smaller fraction of patients with stages I–III disease; it is also elevated in some benign breast tumors,
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liver disease, pulmonary malignancies, gastrointestinal/colonic malignancies, and ovarian cancer (76). Like CA27-29, CA15-3 is used to monitor patients undergoing treatment for breast cancer, but it is not a viable marker for early detection of breast cancer. To improve the diagnostic potential of MUC1 glycoforms in breast cancer patients, Blixt et al. (77) synthesized an array of specific MUC1 glycopeptides to screen autoantibodies in the serum of a breast cancer patient ($n = 395$) and benign disease controls ($n = 108$). Autoantibodies to the glycoforms GlcNAcβ1–3GalNAc-MUC1 and NeuAcα2,6GalNAc-MUC1 were significantly associated with reduced incidence and increased time to metastasis. Subsequent studies showed that autoantibody-mediated cell toxicity may be responsible for the observed increase in survival (78). The ability to identify improved biomarker targets and synthesize specific glycopeptide candidates to aid in detection opens new research avenues that could eventually establish reliable clinical tests that measure autoantibodies to cancer-specific glycoepitopes or the epitopes themselves.

**α-Fetoprotein and AFP-L3**—α-Fetoprotein (AFP) is a glycoprotein produced by fetal liver tissue and by a variety of tumors, including hepatocellular carcinoma (HCC), hepatoblastoma, and nonseminomatous germ cell tumors of the ovary and testis (79). AFP is also elevated during pregnancy, viral hepatitis, and cirrhosis of the liver. It is used clinically to monitor patients receiving treatment for HCC and as a marker for the detection of HCC in the high risk groups of cirrhosis or chronic hepatitis patients with approximate sensitivity of 50% and specificity of 85% (80). AFP is $N$-glycosylated at a single site (Asn-251), and core fucosylation was observed to increase in HCC. Fucosyltransferase 8 (FUT8), which catalyzes core fucosylation of $N$-glycans, was reported to increase in plasma of patients with HCC (81), but additional factors, including GDP-fucose substrate availability and loss of liver cell polarity, contribute to the increase in AFP-L3 (82). AFP-L3, an assay measuring AFP with core-fucosylated $N$-glycans, improves specificity for the detection of HCC in all stages of HCC (83); however the sensitivity of detection decreases. An optimized high sensitivity AFP-L3 assay was used for detection of HCC in a population of cirrhotic patients with AFP <20 ng/ml (84). The assay improved sensitivity of detection of HCC from 7% for the conventional AFP-L3 assay to 42% at a specificity of 85%. The survival rate of the patients with high AFP-L3 prior to treatment was significantly lower ($p < 0.001$) compared with the low AFP-L3 patients. The results demonstrate how optimized assays targeting specific protein glycoforms can achieve improved clinical applicability.

**Chorionic Gonadotropin**—Human chorionic gonadotropin (hCG) is a hydrophilic, heterodimeric protein composed of a 92-amino acid α subunit (hCGα) and a 145-amino acid β subunit (hCGβ). In healthy pregnant women, hCG is expressed in placental tissue, and hCG is measured in commercial pregnancy tests via sandwich ELISA. The β subunit of human chorionic gonadotropin (hCGβ) is elevated in a number of cancers, including germ line cancers such as choriocarcinoma and testicular cancer (85). Elevated levels of hCGβ in combination with AFP and lactate dehydrogenase are used to diagnose and stage testicular cancer, with serum levels of hCGβ <1000 ng/ml indicating a good prognosis in testicular cancer patients (stage I) and higher levels found in stage II (1000 to 10,000 ng/ml) and stage III (>10,000 ng/ml) (86). Most hCG and hCGβ immunoassays in clinical use are sandwich ELISA-styles (87).

hCGs contain 28–42% carbohydrate by mass with two $N$-glycosylation sites on the α subunit and four O-glycosylation sites and two $N$-glycosylation sites on the β subunit (85). The α subunit of hCG is encoded by one gene, although eight copies of the hCGβ gene exist. The amino acid sequences of hCGβ subunits present in healthy individuals are identical; other hCGβ forms are rarely expressed. Of the five described hCG forms, two act as endocrine hormones targeting the luteinizing hormone/choriogonadotropin receptor, and the remaining three are TGFβ receptor antagonists involved in autocrine signaling (85).

Hyperglycosylated hCG is detected in testicular and ovarian cancers originating from germ cells and contains larger $N$- and O-linked mucin-type glycans with increased branching compared with forms found in healthy individuals (88). Site-specific differences in glycosylation have been studied in urine from patients with choriocarcinoma and testicular cancer and in pregnant women. Increased triantennary $N$-linked oligosaccharides at Asn-30 and fucosylated glycans at Asn-13 of the β subunit were detected in patients with testicular cancer and choriocarcinoma. In testicular cancer patients, O-glycans at Ser-138 displayed higher levels of core-2 structures compared with pregnant women (88). The site-specific glycoforms described above represent promising targets for detection of testicular and other germ line cancers.

**Single Protein-omics and Targeted Quantification of Site-specific Glycoforms**—Historically, many tumor-specific antibodies have been shown to bind carbohydrate epitopes (89, 90). The examples of immunoassays discussed in the preceding section demonstrate that glycoprotein analytes are of substantial clinical utility for disease monitoring, but their sensitivity and specificity for the detection of early stage cancers is often lower than desired (59, 61). Improved characterization of the targets, understanding of mechanisms of action, development of improved reagents, optimization of analytical assays, consideration of appropriate clinical variables, repeated testing addressing the variable individual base line of markers, or efficient marker combinations will improve diagnostic performance.

Proteins and their co- and post-translational modifications are rich sources of information regarding the cellular and extracellular environment. Glycoproteins are complex biomolecules with multiple forms expected to capture information relevant to specific disease conditions. Fig. 2A presents serum glycoprotein with UniProtKB/SwissProt entry Q14624 as
Fig. 2. Schematic of glycoforms and proteolytic fragments of UniProtKB/SwissProt entry Q14624. A, full-length protein with signal peptide, domains (labeled), N-glycosylation sites (black circles), and proposed O-glycosylation sites (white circles); B, cleavage of mature protein by plasma kallikrein; C, additional internal cleavage of protein fragments. Asterisks indicate proteolytic fragments (frag.) detected in serum.

Fig. 3. Toward quantitative measurement of site-specific glycoforms of proteins. A, one strategy for quantitative measurement of glycopeptides is LC-MS-MRM. Optimized quantification of appropriate oxonium ions, peptide-glycan fragments, or peptide b and y ions is expected to facilitate detection of specific types of glycopeptides. B, schematic of N-glycopeptide fragmentation. C, schematic of O-glycopeptide fragmentation. D, spectrum of N-glycopeptide LPTQNITFQTE-HexNAc4Hex5NeuAc1Fuc1 fragmented via CID. E, spectrum of O-glycopeptide ASFSPR-HexNAcHexNeuAc2 fragmented using CID.

an example of a potential biomarker candidate. This protein contains 22% carbohydrate by weight with four N-glycosylation sites and several potential O-glycosylation sites (Fig. 2B) (91). It is cleaved by plasma kallikrein into two fragments, which undergo additional processing into multiple peptides quantifiable in serum by LC-MS-MRM methods (92). The potential glycoforms and related proteolytic products are shown in Fig. 2C. The complexity of potential analytes that arise from this single protein is immediately evident from this figure. Examination of all its forms is a complex task that rivals the complexity of classic proteomic experiments covering entire proteomes. A 35-kDa fragment of the protein enriched by champedak galactose-binding lectin is enriched in sera of patients with different carcinomas (93), suggesting that characterization of its glycoform may indeed be relevant to examine in the disease context.

It can be argued that such single protein-omics, covering all forms of a protein, have a better chance to reveal biomarkers of disease than an examination of complete proteomes, which cannot cover the richness of individual protein forms. It is inviting to speculate that incorporation of detailed structure-function understanding into the biomarker discovery process will allow selection of relevant and quantifiable glycopeptide targets. The single protein-omics approach is reminiscent of classic experiments in which proteins were isolated from biological materials for their full characterization. This approach will have limitations as any given peptide, especially in a modified form, may not be analyzable. However, the grow-
ing arsenal of innovative workflows and analytical options opens many opportunities for single protein-omic analyses.

There are multiple examples of site-specific glycoproteomic discovery workflows that identify biomarker candidates (19, 25, 39, 94). The biomarker discovery phase is typically followed by development of non-MS-based screening methods, but it is important to note that the site-specific glycoforms can be quantified by optimized LC-MS-MRM assays (Fig. 3A). These methods target glycopeptide-specific ions, including oxonium ions, peptide b- and y-ions, and intact peptide ions (Fig. 3, B–D). Optimization of mass spectrometric MRM assays for specific classes of glycophosphates will be needed, and clinical applications of such assays may require synthesis of isotopically labeled standards. Recent studies suggest that such methods are, in general, feasible; analysis of single proteins (e.g. immunoglobulins) by LC-MS-MRM methods was reported, and additional examples are likely to follow (51, 95–97). Quantifications of some of the glycoforms may be limited to the analysis of isolated proteins, and not all glycoforms will be within methodological limits of detection, but successful applications can be expected. Site-specific quantification of relevant glycoforms will complement clinical immunoassays, as immunoassays are not readily available for such targets. Verification of site-specific glycopeptide candidates by LC-MS-MRM may be a productive approach to select candidates for targeted development of immunoaffinity reagents.

In conclusion, novel discovery strategies, including analysis of autoantibodies (77, 98), arrays (42, 99), glycopeptide enrichment coupled with mass spectrometric identification (39, 43, 100), innovations in cellular glycobiology (101, 102), and chemoenzymatic methods (103–105) continue to expand the pipeline of glycoproteomic biomarker candidates. Detailed characterization of the relevant site-specific glycoforms and targeted quantification of protein glycoforms by innovative immunoassays and alternative methods, including mass spectrometric quantification, are expected to enhance current clinical diagnostic options.

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