A Model for the Fast Blue Optical Transient AT2018cow: Circumstellar Interaction of a Pulsational Pair-instability Supernova

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Abstract

The fast blue optical transient (FBOT) ATLAS18qnn (AT2018cow) has a light curve as bright as that of superluminous supernovae (SLSNe) but rises and falls much faster. We model this light curve by circumstellar interaction of a pulsational pair-instability (PPI) supernova (SN) model based on our PPISN models studied in previous work. We focus on the 42 $M_\odot$ He star (core of a 80 $M_\odot$ star) which has circumstellar matter (CSM) of mass 0.50 $M_\odot$. With the parameterized mass cut and the kinetic energy of explosion $E$, we perform hydrodynamical calculations of nucleosynthesis and optical light curves of PPISN models. The optical light curve of the first ~20 days of AT2018cow is well reproduced by the shock heating of CSM for the 42 $M_\odot$ He star with $E = 5 \times 10^{51}$ erg. After day 20, the light curve is reproduced by the radioactive decay of 0.6 $M_\odot$ $^{56}$Co, which is a decay product of $^{56}$Ni in the explosion. We also examine how the light-curve shape depends on the various model parameters, such as CSM structure and composition. We also discuss (1) other possible energy sources and their constraints, (2) the origin of the observed high-energy radiation, and (3) how our result depends on the radiative transfer codes. Based on our successful model for AT2018cow and the model for SLSN with CSM mass as large as 20 $M_\odot$, we propose the working hypothesis that PPISN produces SLSNe if the CSM is massive enough and FBOTs if CSM is less than ~1 $M_\odot$.

Unified Astronomy Thesaurus concepts: Stellar pulsations (1625); Supernovae (1668); Supernova dynamics (1664); Radiative transfer (1335); Light curves (918)

1. Introduction

The fast blue optical transient (FBOT) ATLAS18qnn/AT2018cow (COW) (Prentice et al. 2018, Perley et al. 2019) has a peak luminosity of $1.7 \times 10^{44}$ erg s$^{-1}$, being as high as that of superluminous supernovae (SLSNe; e.g., Gal-Yam 2012). However, it shows much faster evolution in its optical properties than SLSNe. Its brightness rises five magnitudes within the first three days and also falls much faster than that of SLSNe. It shows hot blackbody spectra with an effective temperature of ~27,000 K, which drops by ~12,000 K over two weeks. Its spectra are featureless without metal lines in both optical and UV, but show a quasi-static He feature.

Several models for the optical light curve of AT2018cow have been suggested, including the magnetar (e.g., Fang et al. 2019), electron-capture SN from an accretion-induced collapse of an ONeMg white dwarf (Lyutikov & Toonen 2019), and circumstellar interaction (e.g., Fox & Smith 2019). The circumstellar interaction model has been applied to one FBOT, KSN 2015K, and it successfully reproduces the short timescale of the rise and decline (Rest et al. 2018, Tolstov et al. 2019). In particular, Tolstov et al. (2019) adopted the electron-capture SN model of a super-asymptotic-giant-branch (AGB) star, which has an optically thick circumstellar matter (CSM) with mass as small as ~0.1 $M_\odot$.

As an alternative to the SN model, a tidal disruption event (TDE) has been proposed as a model for AT2018cow. See Perley et al. (2019), Liu et al. (2018), and Kuin et al. (2019) for details. TDE is capable of reproducing the general r$^{-5/3}$ dependence in SN light curves (Goicovic et al. 2019), but it depends on the exact orbits around the massive black hole. For a close encounter, the strong tidal force can trigger spontaneous nuclear runaway and explosion (Tanikawa 2018a, 2018b).

In the present work, we consider the circumstellar interaction of the pulsational pair-instability (PPI) SN. It has been shown that stars as initially massive as 80–140 $M_\odot$ undergo PPI during O burning because of the electron–positron pair creation (e.g., Barkat et al. 1967, Heger & Woosley 2002, Oikubo et al. 2009, Yoshida et al. 2014, Woosley 2017, Leung et al. 2019, Marchant et al. 2019). Woosley et al. (2007) calculated the sequence of pulsational mass ejection of H-rich materials and interaction between the ejecta during the pulsation. Then, they tried to reproduce the light curve of a Type II SLSN (SLSN-II), SN 2006.

In Leung et al. (2019), we have calculated the evolution of 80–120 $M_\odot$ stars with metallicities of $Z = 10^{-3}$–1.0 $Z_\odot$ from
the beginning of PPI. Assuming the H-rich envelope is lost, we have further evolved their He cores of 40–62 $M_\odot$, with $Z = 0$ through the core collapse. During the pulsation, these He stars undergo extensive mass loss. The ejected masses are 3–13 $M_\odot$ for 40–62 $M_\odot$ He stars, as seen in Figure 1, because the pulsations are stronger for more massive He stars (see also Yoshida et al. 2014; Woosley 2017; Marchant et al. 2019). The ejecta form He-rich CSM.

The lack of metal lines in the spectra of AT2018cow suggests that the ejecta contains mostly He (Prentice et al. 2018). This feature is consistent with the PPISN model, which ejects mostly the outer layer of the He star during pulsation. (The exact composition can be affected by other stellar parameters, such as the progenitor mass and rotation (Chatzopoulos & Wheeler 2012).

Tolstov et al. (2017) applied a PPISN model of a 50 $M_\odot$ He star (which is the He core of a 100 $M_\odot$ star) with a large amount of optically thick CSM ($\sim 20 M_\odot$) and kinetic energy of explosion as high as $\sim 10^{52}$ erg s$^{-1}$. They calculated the circumstellar interaction and the resultant light curve. The model explains well the light curve of the Type I SLSN (SLSN-I) PTF 12dam, whose early curve shows a rise of 2.5 mag in 20 days. Such massive CSM is good to reproduce the slow rise of SLSN-I (see also Sorokina et al. 2016), but too massive to explain the fast rise of the light curve of AT2018cow (5 mag in 5 days).

Perley et al. (2019) suggested that in order to reproduce qualitatively the light curve of AT2018cow, there should be a preexplosion ejected mass of $\sim 0.5 M_\odot$. We thus look for in Figure 1 the PPISN model that produces a similar CSM mass. We find that this corresponds to the He star model with the mass $M_{\text{He}} = 42 M_\odot$. This He star ejects 0.50 $M_\odot$ of its surface matter, composed of only He, into the surrounding $\sim 1.6$ yr prior to its final collapse.

As seen from the models for SLSNe (Tolstov et al. 2017) and FBOTs (Tolstov et al. 2019), the mass of the optically thick CSM seems to determine the rising timescale of light curves. Based on this, we set here the following working hypothesis that PPISN produces SLSNe if the CSM is massive enough and FBOTs if the CSM is less than $\sim 1 M_\odot$.

Based on our working hypothesis, we perform hydrodynamical simulations of the PPISN explosion of a 42 $M_\odot$ He star. We assume that the He star undergoes core collapse to form a black hole and generates an explosion. With the parameterized explosion energy, we calculate the nucleosynthesis, circumstellar interaction, and bolometric light curves. From the comparison with the observed light curve of AT2018cow, we obtain constraints on the explosion energy, the mixing of radioactive $^{56}$Ni, the density distribution of CSM, and some other model parameters.

We note that radio and X-ray observations (Margutti et al. 2019) have provided hints that aspherical explosion is necessary for the peculiar evolution of this object. In this work, we use the one-dimensional simulation with spherical approximation to explore which parameters are necessary to reproduce the light curve of this object. We aim to fit the global features of this light curve.

In Sections 2 and 3.1, we review the numerical scheme to calculate nucleosynthesis and the bolometric light curve.

In Section 4, we describe our optimized model, which has a bolometric light curve closest to AT2018cow. We present the detailed evolution of the hydrodynamics and radiative transfer after its explosion.

In Section 5, we present a detailed numerical study to examine the sensitivity of our results on the model parameter and input physics. This includes the explosion energy, $^{56}$Ni distribution, and CSM properties.

In Section 6, we further discuss how other central energy sources can contribute to or supplement the light curve of AT2018cow. We also discuss how such central energy sources contribute to produce the high-energy photons and compare them with AT2018cow. In the end, we show how our results depend on the radiative transfer code.

2. Initial Model and Methods of Hydrodynamical Simulations

2.1. Presupernova Model

As discussed in the Introduction, we adopt the 42 $M_\odot$ He star model, which was evolved from the He main sequence to the Fe-core collapse by Leung et al. (2019) through PPI and the associated mass ejection. We used the code MESA (Modules for the Experiments in Stellar Astrophysics, version 8118; Paxton et al. 2011, 2013, 2015, 2017).

In Figure 2, we plot the preexplosion configurations for the density and temperature (top-left panel), velocity (top-right panel), electron mole fraction $Y_e$ (bottom-left panel), and the chemical abundance (bottom-right panel) against $M(r)$, where $M(r)$ is the mass within the radius $r$. Because the He star has lost 0.50 $M_\odot$ during PPI, the mass of the collapsing He star is 41.50 $M_\odot$.

The chemical abundance profile shows three layers. The inner core at $M(r) < 2 M_\odot$, which collapses to a proto-neutron star (and later a black hole), is made up of mostly $^{56}$Fe. A small fraction of $^4$He exists due to the photodisintegration. A trace of electron-capture products, represented by $^{56}$Cr,$^{10}$ exists in the core, being insignificant at $M(r) > 1 M_\odot$. The envelope includes an inner envelope and an outer envelope, which differ

\[ \text{In the default setting of MESA (Paxton et al. 2017), the isotope } ^{56}\text{Cr} \]
by their compositions. The inner envelope at $M(r) = 2 - 8 M_\odot$ consists of mostly intermediate-mass elements, which feature $^{28}\text{Si}$ and $^{32}\text{S}$, and smaller amounts of $^{36}\text{Ar}$ and $^{40}\text{Ca}$. In the outer envelope at $M(r) = 8 - 35 M_\odot$, $^{16}\text{O}$ dominates the composition, with a trace amount of $^{20}\text{Ne}$ and $^{24}\text{Mg}$. The transition to the outer shell around $M(r) \sim 35 M_\odot$ can be observed through the emergence of $^{28}\text{Si}$ near the former shock-breakout region during pulsation. The outer shell at $M(r) > 35 M_\odot$ is mostly $^4\text{He}$ with a trace amount of $^{12}\text{C}$.

The $Y_e$ profile shows $Y_e \sim 0.46$ in the Fe core and a sharp transition to $Y_e = 0.5$ at $M(r) > 5 M_\odot$.

The density profile reveals a three-layer structure of the pre-SN: the Fe core at $M(r) < 2 M_\odot$, the Si-O envelope at $M(r) = 2 - 35 M_\odot$, and the outer He shell at $M(r) > 35 M_\odot$. On the other hand, the temperature profile shows only the core and the envelope structure with no sharp gradient around the He-O interface. The Fe core features a sharp drop of density of five orders of magnitude. The Si-O envelope has a shallow density gradient from $10^5$ to $10^7$ g cm$^{-3}$. The transition to the outer He shell is shown by the sharp density change. The density also drops sharply toward the surface.

The velocity profile in the Fe core shows homologous contraction at $M(r) < 2 M_\odot$ with a peak velocity at $1.8 \times 10^8$ cm s$^{-1}$. Then, the velocity is zero at $M(r) \sim 5 M_\odot$. At $M(r) > 5 M_\odot$, the star is close to hydrostatic.

### 2.2. Methods of Nucleosynthesis and Radiative Transfer

For the progenitor model as described in Section 2, we first perform the hydrodynamical calculations of nucleosynthesis using the one-dimensional code described in Tominaga et al. (2007). The shock wave is calculated with the PPM method. Nucleosynthesis is calculated with the $\alpha$ network (13 species) coupled with the hydrodynamics and with a big network (280 species) for a post-processing.

For the bolometric light-curve calculation, we use the radiation hydrodynamics code (SNEC; Morozova et al. 2015). The code calculates the transport of blackbody radiation in the diffusion limit to obtain the bolometric light curve. The opacity takes the Rosseland mean opacity mainly from the OPAL tables (Iglesias & Rogers 1993, 1996). The ionization is obtained by solving the Saha equation. For the equation of state (EOS), the Paczynski EOS (Paczynski 1983) is adopted. The gamma-ray heating from the decays of radioactive $^{56}\text{Ni}$ and $^{56}\text{Co}$ is calculated assuming the gray transfer approximation and pure absorptive opacity.

### 3. Explosive Nucleosynthesis and Radioactive Heating

#### 3.1. Explosive Nucleosynthesis

For the optimized model in this paper, we set a thermal bomb at the mass cut at $M_{cut} = 2.0 M_\odot$ with the internal energy...
to make a kinetic energy of explosion (hereafter "explosion energy") $E = 5 \times 10^{51}$ erg s$^{-1}$. We then calculate the propagation of a shock wave coupled with nucleosynthesis. Nuclear energy release is added to $E$ but is negligibly small.

Figure 3 shows the distributions of the postshock temperature and density at $t = 50$ s, where $t$ denotes the time after the thermal bomb is deposited. $Y_{e}$ does not change from the pre-SN values because of the low density in the ejecta.

The core from $M_{\text{ej}}$ to $\sim 3 M_{\odot}$ contains iron-peak nuclei including mostly $^{56,58}$Ni and $^{4}$He synthesized in the $\alpha$-rich freezeout. The middle layer at $M(r) = 3$–$10 M_{\odot}$ is occupied by intermediate-mass species including $^{28}$Si, $^{32}$S, $^{36}$Ar, and $^{40}$Ca. The inner envelope at $M(r) \sim 10$–$35 M_{\odot}$ contains mostly light elements mostly $^{16}$O, and then $^{20}$Ne and $^{24}$Mg. At the surface there are unburned $^{4}$He and a small fraction of $^{12}$C. In Table 1, we summarize nucleosynthesis yields of radioactive nuclei at $t = 50$ s and several species after radioactive decays. In particular, the amount of $^{56}$Ni is $0.62 M_{\odot}$.

### 3.2. Radioactive Decays and Light Curve

In the adopted PPSN model, the power sources of the optical light curve are circumstellar interaction (Section 4) and radioactive decays of $^{56}$Ni and $^{56}$Co. In Figure 5, several theoretical LCs are compared with the observed light curve of AT2018cow (Perley et al. 2019). For the radioactive decay light curve models in Figure 5, we adopt $k_{\gamma} = 0.06 Y_{e} \text{ cm}^{2} \text{g}^{-1}$.

1. The dashed–dotted purple curve is the bolometric light curve powered by circumstellar interaction only (see Section 4) without radioactive decays. The opacity is calculated for the original abundance distribution (Figure 3). This light curve can reproduce the observed light curve for only the first 20 days.

2. The dotted red curve shows the bolometric light curve powered by radioactive decays without circumstellar interaction for the original (centered) distribution of 0.62 $M_{\odot}$ $^{56}$Ni (Figure 3). Its peak luminosity reaches only $\sim 10^{41.5}$ erg s$^{-1}$, which is too faint to explain the observations. This implies it takes too long for radioactive heat to reach the surface because of massive ejecta.
Table 1 (Continued)

| Isotope | A | Z | \((X_i/\alpha \text{Fe})/(X_i/\alpha \text{Fe})_0\) | Mass |
|---------|---|---|------------------------------|------|
| \(^{64}\text{Zn}\) | 64 | 30 | \(1.66 \times 10^{-2}\) | \(8.77 \times 10^{-3}\) |
| \(^{66}\text{Zn}\) | 66 | 30 | \(1.86 \times 10^{-6}\) | \(5.60 \times 10^{-10}\) |
| \(^{67}\text{Zn}\) | 67 | 30 | \(7.11 \times 10^{-8}\) | \(3.29 \times 10^{-12}\) |
| \(^{68}\text{Zn}\) | 68 | 30 | \(1.11 \times 10^{-8}\) | \(2.38 \times 10^{-12}\) |
| \(^{70}\text{Zn}\) | 70 | 30 | \(1.48 \times 10^{-7}\) | \(1.09 \times 10^{-12}\) |

**Note.** All masses are in units of \(M_\odot\). \(A\) and \(Z\) are the atomic mass and number of the isotopes.

(3) The above comparison suggests that extensive mixing of \(^{56}\text{Ni}\) to the surface possibly takes place via a jet-like explosion. We thus make the simple assumption that the ejecta is uniformly mixed from the mass cut of \(M(r) = 2M_\odot\) to the surface of \(M(r) = 41.60M_\odot\). The uniform abundance distribution is shown in Figure 4. The calculated bolometric light curve is shown by the dashed green curve. Thanks to the \(^{56}\text{Ni}\) heating in the outer layers, the light curve is consistent with the observations at \(t > 25\) days.

(4) The solid black curve shows the bolometric light curve with the combined powers of the circumstellar interaction and radioactive decays. A uniform abundance distribution is adopted (Figure 4) to calculate the radioactive heating and opacity. The calculated light curve is in good agreement with the observed light curve of AT2018cow. The later light curve at \(t > 20\) days declines slower than that of AT2018cow, which will be discussed in Sections 4.3 and 5.1. We thus adopt the uniform abundance distribution in Figure 4 for the model we call the “optimized” model.

4. Circumstellar Interaction

4.1. Formation and Structure of Circumstellar Matter

In calculating the light curve powered by circumstellar interaction, we adopt the He star model of \(M_\text{He} = 42.10M_\odot\), which undergoes PPI and ejects He-rich surface materials to form CSM of mass \(M_\text{CSM} = 0.50M_\odot\sim 1.6\) yr prior to its collapse (see the Introduction). Thus, the He star has \(M_\text{He} = 41.60M_\odot\) at the beginning of Fe-core collapse.

We plot in Figure 5 the bolometric light curve using the chemical distribution shown in Figure 4. We also present contrasting models to demonstrate the individual contributions of CSM and the decay-chain of \(^{56}\text{Ni}\). We assume that the CSM has a constant density of \(\rho_\text{CSM} = 10^{-11}\) g cm\(^{-3}\) extending to \(R_\text{CSM} \sim 10^{14}\) cm as seen in Figure 6. Note that such CSM is optically thick. We examine in Section 5 how the shape of the bolometric light curve depends on \(M_\text{CSM}, \rho_\text{CSM}\), and \(R_\text{CSM}\), and how the comparison with AT2018cow provides constraints on these quantities.

Spectroscopic observations of AT2018cow have reported the appearance of H features in the spectra \(\sim 15\) days after the light maximum (Perley et al. 2019). The existence of some H in the ejecta and CSM can be explained as follows. During the evolution, the progenitor star of the PPISN loses a large fraction of its massive H envelope (e.g., Leung et al. 2019). The exact amount of H that remains in the progenitor depends strongly on the mass, metallicity, and binarity of the progenitor.

If some amount of H remains in the star when the mass ejection due to PPI occurs, the CSM of the PPISN contains some H. Another possibility for why some H exist in the CSM is the case where a H-rich environment has been formed outside the progenitor star. During the ejection of the He envelope due to PPI, the high-velocity He shell may interact with the surrounding low-velocity H-rich materials. The deceleration of the He shell causes Rayleigh–Taylor instabilities, and some H-rich matter is mixed into the He shell.

We also examine in Section 5 how the existence of H affects the light-curve shape.
4.2. Hydrodynamical Evolution of the Shock Propagation

We start the radiation hydrodynamical simulation from the Fe-core collapse. A shock wave is generated by inserting a thermal bomb with explosion energy \( E = 5 \times 10^{51} \text{ erg} \) at the mass cut \( M_{\text{cut}} = 2 M_\odot \). The elemental abundance obtained from the explosive nucleosynthesis calculation (Figure 3) is assumed to be uniformly mixed (Figure 4).

In Figure 7, we plot the distributions of the density (top-left panel), velocity (top-right panel), temperature (middle left), free-electron fraction (middle right), optical depth (bottom left), and luminosity profile (bottom right) for the optimized model at Days 0 (solid black line), 1 (red dotted line), 5 (green dashed line), 10 (blue long-dashed line), 20 (purple dotted–dashed line), and 30 (cyan dotted–long-dashed line) after the formation of the shock wave. Here, CSM at \( M(r) = 41.6 - 42.1 M_\odot \) is included.

Density (\( \rho \)): The initial density profile is the precollapse profile shown in Figure 2 and the \( 0.50 M_\odot \) CSM with a constant density of \( 10^{-11} \text{ g cm}^{-3} \) extending to \( \sim 10^{15} \text{ cm} \) as seen in Figure 6. We note that the CSM is optically thick. At Day 1, the shock wave has arrived at the inner radius of the CSM and enhanced the density there by two orders of magnitude. At Day 2, the shock breakout from the CSM occurs. At Day 5, the postshock structure develops with a trough inside the inner CSM and a bump just behind the CSM. A reverse shock can be seen around Day 10, but it freezes when the free expansion of matter dominates the motion.

Velocity (\( v \)): When the shock wave arrives at the CSM on Day 1, the velocity at the inner edge of the CSM reaches as high as \( 1.4 \times 10^9 \text{ cm s}^{-1} \), while the outer part of the CSM is close to static. During the propagation, the shock wave transfers its momentum to the CSM as seen in the profile at Day 3. Because of the much smaller mass, the CSM reaches a velocity of \( 1.5 \times 10^8 \text{ cm s}^{-1} \) which is much higher than the \( 8 \times 10^7 \text{ cm s}^{-1} \) in the He star. Most of the star has already developed homologous expansion after Day 5, except for a small nonvanishing reverse shock near the inner boundary of the CSM.

Temperature (\( T \)): The compact precollapse He star has a surface temperature as high as \( \sim 10^7 \text{ K} \). The CSM is assumed to be isothermal at \( 10^4 \text{ K} \). When the shock wave reaches the inner boundary of the CSM at Day 1, the surface temperature has already cooled down to \( < 10^5 \text{ K} \), while the shock-heated matter can be as hot as \( 2 \times 10^7 \text{ K} \). At Day 5, the hot temperature bump smears out due to diffusion. Around Day 20, both the star and CSM become isothermal.

Free-electron fraction (\( X_e \)): \( X_e \) is an important factor for the opacity as a free electron has a small but constant cross section, compared to other bound–free and bound–bound transitions, which strongly depend on the population of particular ionization stages. At the beginning, the star is completely ionized, while the CSM is less ionized with a fraction of \( \sim 40\% \). Once the shock wave reaches the surface, the heat allows the rapid ionization of the CSM. At Day 5, when the reverse shock is propagating backward, the matter near the outer layer of the star has a low-enough density and temperature for recombination. At Day 10, the recombination region is more extended. The shock-heated front remains fully ionized, but the whole profile is bumpy, because of the shock-induced density fluctuations. At Day 20, when the photosphere starts to recede, the CSM cools down and more matter has recombined. At Day 30, the whole ejecta gradually recombines.

Optical depth (\( \tau \)): Initially, the star and CSM are opaque, having \( \tau > 1 \) except at the very shallow layer just below the stellar surface. As the star expands, \( \tau \) decreases. However, the shock front makes the opacity sufficiently high that the photosphere remains at the outermost part of the star. By Day 20, the photosphere gradually retreats to \( M(r) \sim 40 M_\odot \). At Day 30, the photosphere has receded much deeper into the star, showing that the ejecta gradually becomes transparent.

Luminosity (\( L(r) \)): When the shock starts to interact with the CSM, the luminosity profile becomes extremely bumpy because of the fluctuations of the temperature, density, free-electron fraction, and thus opacity because of shock propagation. At Days 3 and 5, the stellar surface becomes the brightest part of the star. However, a trough in the luminosity develops when the reverse shock allows an early recombination of atoms. Beyond Day 20, the luminosity profile has reached a steady state where radiation develops steadily and reaches a uniform luminosity at Day 30. The photosphere recedes by \( \sim 1 M_\odot \) every 10 days.

4.3. Radiation Hydrodynamical Results

In Figure 8, we plot the radiation hydrodynamical results of our “optimized” model, i.e., the bolometric luminosity (top-left panel), effective temperature (top-right panel), photospheric radius (bottom-left panel), and velocity at the photosphere (bottom-right panel). The solid lines show the model with circumstellar interaction as described in the earlier subsection. When the shock breakout from the optically thick CSM occurs at Day 2, the bolometric luminosity reaches a bright peak. Then, the luminosity rapidly declines through radiative cooling. Such a sharp rise to a bright peak and a rapid decline of the light curve well reproduce the observed FBOT-like feature of AT2018cow (Perley et al. 2019). After Day 18, the luminosity would decrease too rapidly if there were be no radioactive heating, as already shown in Figure 5.

For comparison, the results for the model without CSM are shown by the dashed curve. There is no sign of shock breakout where the light curve is smooth and flat. Its luminosity around Day 2 is almost three orders of magnitude lower than the peak.
due to circumstellar interaction, but it reaches an asymptotic value of $\sim 10^{42}$ erg s$^{-1}$ at Day 20.

Then, the bolometric light curve produced by the combined powers of the circumstellar interaction and radioactive decays shows a good agreement with AT2018cow. The effect of shock-heated CSM is seen in the luminosity evolution. However, the observed temperature and radius at the photosphere of AT2018cow monotonically decrease (Perley et al. 2019), which suggests that the photosphere recedes inward in $M(r)$ at a pace different from the model. Such a difference in the local quantities at the photosphere might stem from a possible aspherical structure of the CSM and the ejecta.
of AT2018cow. It would be interesting to investigate the radiation hydrodynamics of a multi-D structure of CSM–ejecta.

4.4. Spectral Evolution of AT2018cow

Although we focus on mainly reproducing the evolution of the bolometric flux from AT2018cow, our optimized model also broadly outlines some aspects of its spectral evolution (Prentice et al. 2018; Perley et al. 2019).

According to the observations, the spectra of AT2018cow are very blue and almost featureless in the beginning, for Days 4 to 8 after the maximum (Perley et al. 2019), which roughly corresponds to Days 7 to 11 after the explosion. This is exactly what we expect to see in our optimized model. The optical depth in Figure 8 shows that on Day 10, the photosphere is located in the outermost layers of CSM. These layers are shock-heated to about 20,000 K at this time. The continuum emission must be very bright under such conditions, and optical lines, even if some of them were formed at very high temperature, sink below the continuum level.

Between Days 10 and 20, the photosphere starts to dive back into the ejecta layers, while the temperature falls down to 9000–10,000 K. The conditions become more suitable for forming optical lines, and exactly during this period, they appear in the spectrum of AT2018cow.

The problem arises with the explanation of the weak narrow components of lines that are often observed after Day 20 in the spectra of AT2018cow. These lines do not appear in the ejecta and CSM of the optimized model, because all materials in the model are already accelerated to velocities as high as 7000–13,000 km s$^{-1}$. But these weak components do not resemble the typical shape of the lines of Type IIn SNe (SNe IIn). These are much weaker than in SNe IIn. We suppose that these weak lines must not arise from the spherical envelope, into which the exploding object is embedded, as it happens in SNe IIn. Instead, these lines can be emitted, for example, by more extended nearby (possibly a disk-shaped) structure lost by the progenitor much earlier, having low velocity and illuminated by the explosion.

The late appearance of hydrogen lines (Perley et al. 2019) is expected from such extended CSM with hydrogen that was lost earlier (Section 4.1). As will be shown in Section 5.5 and Figure 6, when we admix a large amount of hydrogen into the helium CSM, this affects the bolometric light curve very weakly.
Figure 9. The abundance distribution adopted in the “comparison” model used for the parameter study in this section. It assumes that only radioactive $^{56}$Ni is brought to the outer layers of $M(r) = 9.0 - 41.6 M_\odot$.

5. Dependence of the Light Curve on Model Parameters

5.1. The Comparison Model

In the previous section, we have studied how the combined powers of circumstellar interaction and radioactive decays can explain the bolometric light curves of AT2018cow and obtained the “optimized” model.

We should note that the theoretical bolometric light curve depends on a number of parameters and assumptions adopted in the modeling. Here, we study how the light curves depend on the choice of these parameters.

For these comparison studies, we construct a “comparison” model whose bolometric light curve is in fairly good agreement with AT2018cow but with a different set of model parameters from the “optimized” model. In this “comparison” model, the elemental abundance distribution in Figure 9 is assumed. Here, the original abundance distribution is adopted to calculate the equation of state and opacities except for radioactive $^{56}$Ni, which is moved to the outer layers at $M(r) = 9.0 - 41.6 M_\odot$. The aim is to study the enhanced heating effects of $^{56}$Ni by mimicking the jet-like ejection of the $^{56}$Ni-rich region from a deeper layer.

In Figure 10, the bolometric light curve for this “comparison” model is shown by the black solid line compared with the observed data of AT2018cow (Perley et al. 2019). For radioactive heating, the “comparison” model (black solid line) adopts a $\kappa_\gamma = 0.06 Y_e (\rho/\rho_0) \mathrm{cm}^2 \mathrm{g}^{-1}$ if $\rho < \rho_0 = 10^{-10} \mathrm{g} \mathrm{cm}^{-3}$. If the constant $\gamma$-ray opacity $\kappa_\gamma = 0.06 Y_e \mathrm{cm}^2 \mathrm{g}^{-1}$ is adopted, the light curve is shown by the red dotted line, whose decline is too slow to be compatible with AT2018cow.

5.2. Dependence on Explosion Energy

In the light-curve calculation, we treat the kinetic energy of the explosion $E$ as a model parameter. Theoretically, the explosion mechanisms of core-collapse SNe are not well understood. Thus, it is not certain how much explosion energy is given to the ejecta. For example, if a black hole is formed with an accretion disk around it, a powerful bipolar jet from magnetohydrodynamical instabilities may provide a large amount of energy to the ejecta. Without actual modeling of a core-collapse SN, it would be useful to constrain the explosion energy from the light-curve modeling. Here we examine how the light curve depends on the explosion energy. We thus search the explosion energy from $E = 10^{51}$ to $10^{52}$ erg, which produces the closest light curve to AT2018cow.

In Figure 11, we plot the light curves of the comparison model with $E = 5 \times 10^{51}$ erg and its variations with different explosion energies. The data points correspond to those from AT2018cow.
The model with higher explosion energy fades slower, because the stronger shock makes the postshock density higher, thus making the recession of the photosphere slower.

5.3. Dependence on CSM Structure

The comparison model is assumed to have CSM with a constant density of \(10^{-11} \text{ g cm}^{-3}\). Here, we examine how the light curve depends on the CSM density structure by adopting a profile of \(1/r^\alpha\) with \(\alpha = 0, 1, \text{ and } 2\), as shown in Figure 6. In constructing the density profile, we require that the CSM has the same mass \(\sim 0.5 M_\odot\) and the same outer radius as the comparison model.

In Figure 12, we plot the light curves for the comparison model (black solid) and its variations with different CSM density profiles: i.e., \(1/r\) (red dashed line) and \(1/r^2\) (green dotted–dashed structure). It is seen that, qualitatively, the light curve is not sensitive to the CSM density profile. The steeper CSM density results in a quicker decrease in the luminosity and a lower luminosity peak. The late luminosity evolution becomes very close to each other and overlaps when the \(^{56}\text{Co}\) decay dominates the light curve.

5.4. Dependence on CSM Density

Here we examine the dependence on the CSM density \(\rho_{\text{CSM}}\).

We take the total mass of the CSM to be the same as the comparison model, and we vary the inner and outer boundaries of the CSM as two model parameters. In Figure 13, we plot the initial structure of the comparison model and those with the various CSM density from \(10^{-11}\) to \(10^{-9}\) g cm\(^{-3}\). For a higher \(\rho_{\text{CSM}}\), the outer radius of the CSM can be almost an order of magnitude smaller than the model with a lower \(\rho_{\text{CSM}}\).

In Figure 14, we plot the corresponding light curves for the explosion models assuming the same explosion energy of \(5 \times 10^{51}\) erg and the same resolution of the mass grid, \(0.04 M_\odot\), as the comparison model. The CSM density plays an important role in two aspects.

1. First, the initial peak (shock breakout) depends sensitively on \(\rho_{\text{CSM}}\) and hence the outer radius of CSM. The first peak changes from Day 3 to Day 1 when \(\rho_{\text{CSM}}\) increases from \(10^{-11}\) to \(10^{-9}\) g cm\(^{-3}\), which corresponds to the decrease in the CSM outer radius from \(3 \times 10^{14}\) cm to \(5 \times 10^{13}\) cm.

2. Second, the postpeak evolution before the \(^{56}\text{Co}\) decay is sensitive to \(\rho_{\text{CSM}}\). For lower \(\rho_{\text{CSM}}\), the postpeak fall in the luminosity is faster. It takes about 5 days for the comparison model (\(\rho_{\text{CSM}} = 10^{-11}\) g cm\(^{-3}\)) to decrease one order of magnitude in luminosity, compared to the one with higher \(\rho_{\text{CSM}} = 10^{-9}\) g cm\(^{-3}\), for which it takes about 10 days for the luminosity to decrease by one order of magnitude.

5.5. Dependence on Hydrogen in the CSM

In the spectra of AT2018cow, H features appear \(\sim 15\) days after the light maximum (Perley et al. 2019). We then discuss in Section 4.1 the formation scenario that has some H in the ejecta and CSM.

To examine the possible effects of H in the CSM, we approximate the composition of the CSM from pure He to two other abundances: low H mixing (0.1 H and 0.9 He) and high H mixing (H and He are 50% by mass fraction).
In Figure 15, we plot the corresponding light curve with the data point from COW. The light curves are almost identical despite the photosphere still lying inside the CSM. The model with the higher H mixing has a slightly lower bolometric luminosity at Day 18 despite a similar light-curve shape. The effects of H only become observable in the H-rich model, which shows a higher luminosity at Days 28–30.

5.6. Dependence on CSM Mass

The mass of the CSM $M_{\text{CSM}}$ depends on the dynamical mass loss during PPI, thus being sensitive to the progenitor mass. Here we examine how the light curve depends on $M_{\text{CSM}}$ for the same $R_{\text{CSM}}$ as the comparison model.

In Figure 16, we plot the light curves for three models with $M_{\text{CSM}}/M_\odot = 0.50$ (black solid line for the comparison model), 1.0 (red dotted line), and 2.0 (green dashed line), having the same $R_{\text{CSM}}$.

The light-curve features depend strongly on $M_{\text{CSM}}$. Larger $M_{\text{CSM}}$ delays the shock breakout of the light curve from Day 2 to about Day 3. The peak luminosity is also higher for larger $M_{\text{CSM}}$. The declining slope of the light curve becomes flatter when $M_{\text{CSM}}$ is large. For $M_{\text{CSM}} = 2.0M_\odot$, the light curve remains $\sim 10^{44}$ erg s$^{-1}$ between Day 5–25. As a result, the transition to the phase powered by $^{56}\text{Co}$ decay is also slightly delayed. These trends are the effects of a longer diffusion time in more massive CSM.

Our results confirm that $M_{\text{CSM}}$ is strongly constrained by the light-curve width and as small as $\sim 0.5M_\odot$, consistent with AT2018cow as Perley et al. (2019) has estimated.

5.7. Dependence on Resolution

How the shock propagates through the CSM controls the early evolution of the light curve. That means how the shock is resolved is important to trace how the kinetic energy of the shock is transformed to the internal energy and hence the blackbody radiation through shock compression. Here we examine how the results depend on the choice of the resolution.

In Figure 17, we plot the light curves of the comparison model with the current resolution (1000 grids), two times and four times higher resolutions. The highest resolution has a mass resolution of $\sim 10^{-2}M_\odot$. The qualitative features of the light curve are very well captured from the current resolution. The higher resolution has a higher maximum luminosity in the early peak, owing to the smaller mass shell. After the shock breakout, three models behave similarly, except at Day 20, when the bump appears later because the resolution is lower. Despite that, the similarity of the three light curves shows that the shock propagation is already well captured by the current resolution.

5.8. Comparison with STELLA

In this subsection, we compare the numerical results with the multicolor radiative transfer calculation done by the code STELLA (Blinnikov et al. 2006; Baklanov et al. 2015). In the bulk of the present work, we did not use STELLA because its implicit and multiband nature makes searching for the parameters for the optimized light curve unavoidably time-consuming.

Here we compare our results obtained from the blackbody diffusion-limit radiative transport calculation by SNEC with the results computed by STELLA. We give comparisons only for the bolometric light curve of the comparison model described...
in Section 5.1. The multiband light curves calculated by STELLA for another set of models are presented in a separate publication (E. Sorokina et al. 2020, in preparation).

The pre-SN model calculated by MESA has more than 1200 mesh zones. Blue dots in Figure 18 show that our remapping of this model for STELLA runs with 232 zones, which is much more uniform than the one used for SNEC. It is clear that the resolution of the structure in the interior is sufficiently high.

Both the STELLA and SNEC codes are spherically symmetric, Lagrangian, radiation-hydrodynamic ones. Hydrodynamics equations embedded in the STELLA and SNEC codes are quite similar. The principal differences between the codes are in the implementation of radiative transfer into hydrodynamical simulations. STELLA solves implicitly time-dependent equations for the angular moments of intensity in fixed frequency bins which are coupled with the Lagrangian hydrodynamical equations. Therefore, there is no need to ascribe any temperature to the radiation, thus the photon energy distribution may be quite arbitrary. SNEC uses the equilibrium-diffusion approximation for radiation transport. Thus, a blackbody spectrum is enforced in SNEC with the same temperature for radiation and matter.

In the SNEC model, the photosphere is located in the outer layers during the first 35 days, and the blackbody approximation is quite applicable to the reconstruction of the bolometric light curve. Figure 19 demonstrates a reasonably good agreement of the bolometric fluxes of SNEC and STELLA for this period.

We observe that the two codes agree qualitatively well. The two models can produce the rapid rise of AT2018cow within the first 3–4 days. Later, the luminosity in STELLA falls a bit faster due to faster recombination in the outer layers with the mass ∼2 M⊙ from the edge of the ejecta which are above the photosphere at this epoch. Given many differences in the treatment of opacity and radiative transfer in SNEC and STELLA, we find that the agreement is satisfactory. Understanding the effect on light curves of different approaches in the SNEC and STELLA codes requires a detailed comparative study (E. Sorokina et al. 2020, in preparation).

Note that STELLA calculates both the effective temperature T eff and the color temperature T color. At the shock breakout, T color reaches ∼10^6 K, which is much higher than the T eff ∼ 10^5 K obtained by SNEC.

6. Discussion

In the previous sections, we have shown that the FBOT-like feature of the early bolometric light curve of AT2018cow is reproduced well by circumstellar interaction in our optimized model before Day 20. After Day 20, the bolometric light curve is modeled well by radioactive decays, but it requires extensive mixing of 56Ni almost uniformly up to the ejecta-CSM interface. Thus, it is still worth discussing other possible central energy sources to power the late light curve in our PPISN model.

6.1. Fallback onto the Black Hole

The progenitor of a PPISN is as massive as 80–140 M⊙; thus, it is likely that a black hole is formed in the center. It is possible that fallback of matter onto the black hole occurs to provide a late-phase energy source other than the 56Ni decay or circumstellar interaction. In view of that, we include the fallback energy source in the comparison model. In our spherical explosion model, where we insert an energetic thermal bomb, no direct fallback occurs, so we use a parameterized fallback formula.

We adopt the analytic formula for energy deposition (Michel 1988; Chevalier 1989; Dexter & Kasen 2013)

\[ \dot{\epsilon} = A/M_{\text{dep}} r^{-2.5}, \]  

(1)

where A is a parameter for the energy-deposition rate, and M dep is estimated from the photon mean free path. However, the compact inner core leads to energy deposition focused on the innermost shells for most of the time. A is determined by how much mass is accreted during the simulation. The new model has two energy sources: one is the decay of 56Ni and the other is the fallback.

In Figure 20, we plot the light curves for the two models and find that the two light curves overlap with each other. This is expected because, in the early light curve, the photosphere is located in the CSM or in the outer ejecta. The energy from the fallback has indeed modified the internal structure of the core by thermal expansion. However, the timescale for the energy to arrive at the photosphere depends on the diffusion timescale. As a result, no significant change can be seen in the model with the fallback energy deposition.
However, we remark that multidimensional modeling of fallback can be very different from one-dimensional modeling. The jet structure may form when the progenitor rotates. The rotating black hole accommodates a rapidly rotating accretion disk, where the gravitational instability in the disk after the formation of a dead zone can trigger large-scale mass and energy ejection (see, e.g., Tsuruta et al. 2018). In a multidimensional model (see, e.g., Tomimaga et al. 2007), the jet can break out and form two holes. This drastically reduces the site of the fallback onto the black hole to the photosphere. To reproduce this phenomenon, we need to parameterize the energy-deposition depth into the outer ejecta.

6.2. Magnetar Ejecta

We do not consider a magnetar (Kasen & Bildsten 2010; Kasen et al. 2016) as a power source for the late light curve in the present PPISN model because of the following reasons.

1. The progenitor of the PPISN is so massive as 80–140 $M_\odot$ that it may not form a neutron star remnant.
2. Even if we assume the formation of a magnetar in our PPISN model, the diffusion time for the magnetar energy to reach the photosphere would be too long to explain the observed light curve after Day 18, being similar to the black hole accretion model shown in Figure 20.

Note, however, that the magnetar activity may form a jet-like ejecta. The magnetar, which los es energy through its dipole radiation, can effectively transfer its energy by electromagnetic waves along the confined angle. Such a jet-like structure might reduce the timescale to transfer the magnetar energy to the surface.

If the progenitor of AT2018cow was a much smaller star, however, it may not encounter the above two problems (e.g., Fang et al. 2019). In such a low-mass model, we need CSM to power the early light curve to reproduce the FBOT-like feature. Actually, the super-AGB progenitor of the electron-capture SN forms such a CSM as well as a neutron star, and that is the model applied for the FBOT KSN 2015K by Tolstov et al. (2019). Such a case would be worth investigating for a model of AT2018cow (E. Sorokina et al. 2020, in preparation).

6.3. High-energy Photons of AT2018cow

In Margutti et al. (2019), the detailed X-ray and gamma-ray light curve and spectra of AT2018cow are presented. Here we discuss how the possible energy source of the light curve of AT2018cow (circumstellar interaction, magnetar, and accreting BH) can be related to the detected X-ray.

In the circumstellar interaction model, the shock-heated material has the “color” temperature as high as $\sim 10^6$ K according to the calculation of STELLA as mentioned in Section 5.8. Such high-temperature materials emit X-rays, which may easily escape from the star.

If the aspherical explosion is the case illustrated in Figure 2 of Margutti et al. (2019), the ejecta near the “equator” can be ejected faster and is less compact than those near the “poles.” The formation of aspherical CSM allows time to lapse for the interaction to take place.

When a bipolar-like explosion takes place, the two poles are more readily penetrated by the high-velocity flow. Depending on the jet energetics, the jet can break out directly on the surface and trigger the X-ray burst by the interaction.

If aspherical explosion occurs, the bipolar structure forms as discussed in an earlier subsection for the accreting black hole and magnetar and allows early X-ray emission.

When the shock breakout occurs, it creates an opening of the star reaching the compact core directly. The high-energy photon coming from the black hole or neutron star can escape the star efficiently.

The exact nature of the aspherical explosion and its early high-energy photon emission (see Figure 12 of Margutti et al. 2019) will require multidimensional radiative transfer simulations to understand, which will be an interesting future project.

7. Conclusion

In this work, we apply the model of circumstellar interaction in a PPISN to explain the FBOT AT2018cow (COW). AT2018cow has quite a unique early light curve, showing a peak as bright as that of SLSNe but a much faster rise and fall than SLSNe. We apply the evolutionary model of a 42 $M_\odot$ He star which collapses after undergoing PPI mass ejection, and compute the corresponding bolometric light curves. We have searched for optimized model parameters (explosion energy, CSM density and structure, and distribution of $^{56}$Ni) with which the bolometric light curve of AT2018cow is well reproduced.

We show that an explosion of a PPISN with energy $\sim 5 \times 10^{51}$ erg, $^{56}$Ni mass of $\sim 0.6 M_\odot$, CSM mass of $0.5 M_\odot$, and density of $10^{-11}$ g cm$^{-3}$ produces an optimized model whose bolometric light curve is in best agreement with AT2018cow.

We also studied how each model parameter affects the light curve. We note that the simulation reaches the convergence regime in the resolution (mass shell $\sim 2 \times 10^{11}$ g). The explosion energy plays a secondary role in the light-curve shape. On the other hand, the CSM mass, density, and structure dominate the light-curve shape. Mixing of $^{56}$Ni is necessary to explain the slow decline of the luminosity beyond Day 20. Observable differences in the photosphere evolution suggest that further validations are necessary to connect the FBOT AT2018cow to the PPISN model.

To explain the late-time light curve and the high-energy photon after shock breakout, a central engine such as fallback
onto a black hole or a magnetar remains important. Despite that, the interaction can still provide the necessary condition for the rapid rise and drop of the light curve up to ~40 days. Further discrimination of models will require multidimensional simulations to trace how the aspherical energy deposition contributes to the high-energy photons detected.

Based on our successful model for FBOT (AT2018cow) with the CSM mass of 0.5 $M_\odot$ and the model for SLSN (Tolstov et al. 2017) with the CSM mass of ~20$M_\odot$, we set the following working hypothesis that PPISNe produces SLSNe if the CSM is massive enough and FBOTs if the CSM is less than ~1$M_\odot$.

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Software: MESA (v8118; Paxton et al. 2011, 2013, 2015, 2017), SNEC (Morozova et al. 2015), STELLA (Blinnikov et al. 2006; Baklanov et al. 2015).

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