Lower eyelid fornix deepening: A new indication for the facial artery myomucosal flap

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Eye socket contracture is a well-known late complication of enucleation surgery, and the additional insult of radiotherapy at an early age causes even further fibrosis and scarring of the socket. Management of the contracted socket is challenging, and several methods have been proposed. We report a case of eye socket contracture after enucleation and radiotherapy in which multiple reconstructive procedures failed. The recurrent contracture caused difficulty in housing and retaining the eye prosthesis. We reconstructed the lower eyelid with a facial artery myomucosal flap and nasolabial flap, and the upper eyelid with a Fricke flap following reconstruction of the orbital rims (supraorbital and infraorbital rims with a calvarial bone graft, and further augmentation of the infraorbital rim with a rib bone graft). Cosmesis post-reconstruction was acceptable and the prosthesis was retained very well.

Keywords Orbit / Surgical flaps / Contracture / Eyelids

INTRODUCTION

Anophthalmic socket is defined by an orbit with no eyeball, but containing soft tissues and eyelid structures. The absence of the eyeball causes orbital volume deficiency, which leads to orbital soft tissue architectural changes [1]. The loss of the eye globe, if not replaced with adequate and appropriate volume, will lead to a multitude of complications. The surrounding soft tissue may atrophy and the socket may become contracted [2]. The contracture can be exacerbated by radiation therapy, which leads to the replacement of adipose tissue and extracellular matrix with dense fibrous tissue and atypical fibroblasts [3]. Autologous grafting (mucous membrane, skin, fat, dermis) is the preferred technique for the management of socket contracture [4,5]. In cases with concomitant lower lid malpositioning, an auricular graft can be used as a spacer to correct the problem [6]. Although autogenous grafts caused a minimal inflammatory reaction and better integration with the surrounding tissue, the unpredictable absorption rate of these grafts is a major drawback, leading to the requirement for repeated procedures, donor site morbidity, and a flat or concave appearance [4,7]. Here, we present our experience of reconstructing the eye socket in anophthalmic enophthalmos post-radiotherapy using a superiorly-based pedicled facial artery myomucosal (FAMM) flap as a new indication of this versatile flap after deepening of the skeletal framework with multiple calvarial and rib bone graft operations.
CASE

We present the case of a 28-year-old man who underwent right eye enucleation for retinoblastoma when he was 3 years old and subsequently underwent chemotherapy and radiotherapy. He developed right eye socket contracture and right orbito-zygomatic and maxillary bone atrophy, and eye prosthesis insertion was impossible due to a shallow and contracted orbit. He underwent multiple surgical procedures at different hospitals to correct his shallow fornix, including right lower eyelid reconstruction at the age of 5 years with a skin graft and mucosal grafting. At the age of 8 years, he had a tissue expander inserted, with socket deepening and prosthesis insertion after orbital augmentation with rib cartilage. Nonetheless, the eye prosthesis failed to remain in place. He was then referred to our center at 26 years of age, after a long treatment gap with severe contracture of the socket. We reconstructed the depressed and atrophied right supraorbital ridge and right infraorbital region with a calvarial bone graft. A year later, the right inferior orbital rim was further augmented with a rib graft. The right eye socket was deepened and lined with a full-thickness skin graft 1 year later, and a conformer was inserted. Even with multiple operations, he kept having issues with the prosthesis, which continued to fall out. Finally, the upper eyelid contracture was corrected with a temporal forehead (Fricke) flap, expanding the inner upper eyelid lining, and a superiorly-based FAMM flap was used to treat the lower eyelid entropion and contracture. To the best of our knowledge based on the English-language literature, this is the first time that a FAMM flap has been used for lower lid or peri-orbital reconstruction. The facial artery course was located using handheld Doppler intraorally and the flap was designed over its pathway, as described by Pribaz et al. [8]. The flap outline was marked on the right buccal mucosa, cantered over the facial artery in an oblique position from the retromolar trigon to the level of the ipsilateral gingival buccal sulcus. The anterior border was marked 1 cm posterior to the oral commissure till just before the orifice of Stensen’s duct. The incision was made through the mucosa and buccinator muscle to identify the facial artery, which runs deep to the muscle when approached intraorally. The proximal (caudal) end of the facial artery was ligated and cut, and further dissection was done deep to the vessels to include it in the flap, which included part of the overlying buccinator muscle (Fig. 1A). The lower eyelid contracture was released, and then a tunnel was made from the intraoral location to the right lower eyelid. The FAMM flap was then brought to the defect (Fig. 1B). Once in place, the flap was inset to the lower eyelid. A transpositional local flap was made to assist closure over the medial canthus region (Fig. 1C) and the newly reconstructed orbit had sufficient volume to house a large conformer easily (Fig. 1D). Relatively good cosmesis was achieved postoperatively. A new prosthesis was made using a maxillofacial prosthetic unit according to the new space created for this patient, and good fit was maintained (Fig. 2). The patient provided full informed written consent for his clinical photographs to be published and the article was given a special exemption by the ethical committee (USM/JEPeM/19090546) to be published in this journal.

DISCUSSION

The radiation therapy that was given to our patient at a young age led to hypoplasia of the bone [9], which caused the facial asymmetry [10]. In addition, it caused contracture of the right eye socket due to post-radiation fibrosis. We addressed the skel-
etal issue with calvarial bone grafting and rib grafting to correct the hypoplastic right orbit. However, he still had limited soft tissue, which failed to expand due to severe fibrosis. To solve this problem, we used a FAMM flap to create the inferior fornix soft tissue lining and base support for the prosthesis, complimented by a nasolabial transposition flap and Fricke flap for the upper eyelid. The FAMM flap is an axial flap that consists of mucosa and submucosa from the intraoral buccal region, part of the buccinator muscle, and the facial artery [8]. It is a robust flap with good blood flow and can be either superiorly-based (retrograde) or inferiorly-based (antergrade). It has a wide range of motion due to the duality of its pedicle, making it the flap of choice for intraoral reconstruction of small to medium defects [8,11,12]. It is versatile enough that it has been used for reconstruction of a neopharynx [13] and the base of the skull [14]. The facial artery course is easily traced and the axial blood supply makes it possible to create a long flap (5:1 length/width ratio), which then can be folded to suit the reconstructive needs [8]. The length of the flap allows the donor site to be closed primarily, reducing donor site morbidity. The bulk of this flap, when used to recreate the lower lid, results in a natural three-dimensional convex shape of the eye and expands the eye socket. To prevent compression of the pedicle, the medial canthus was released, and closure was done with a simple transpositional flap medially. Trismus is one of the known complications of this flap, which occurred transiently in our case. Its postoperative development can be avoided or treated by gradual mouth-opening exercises.

We report a new usage of the FAMM flap as another reconstructive choice for treatment of socket contracture, which resulted in favorable outcomes 7 months postoperatively with a relatively uncomplicated procedure. However, longer follow-up is needed to review the long-term results.

NOTES

Conflict of interest
No potential conflict of interest relevant to this article was reported.

Ethical approval
The study was approved a special exemption by the ethical committee (Exemption No. USM/JEPeM/19090546) and performed in accordance with the principles of the Declaration of Helsinki. Written informed consent was obtained.

Patient consent
The patient provided written informed consent for the publication and the use of his images.

Author contribution
Conceptualization: AZ Mat Saad, WA Wan Sulaiman, N Jamayet, A Hussein. Data curation: NR Nordin. Formal analysis: NR Nordin, N Jamayet, A Hussein. Funding acquisition: None. Methodology: AZ Mat Saad, NR Nordin, N Jamayet. Project administration: WA Wan Sulaiman, N Jamayet, SF Mat Johar, A Hussein. Visualization: AZ Mat Saad, N Jamayet, A Hussein. Writing - original draft: AZ Mat Saad, NR Nordin. Writing - review & editing: all authors.

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