**Abstract:** Latent heat thermal energy storage systems (LHTES) are useful for solar energy storage and many other applications, but there is an issue with phase change materials (PCMs) having low thermal conductivity. This can be enhanced with fins, metal foam, heat pipes, multiple PCMs, and nanoparticles (NPs). This paper reviews nano-enhanced PCM (NePCM) alone and with additional enhancements. Low, middle, and high temperature PCM are classified, and the achievements and limitations of works are assessed. The review is categorized based upon enhancements: solely NPs, NPs and fins, NPs and heat pipes, NPs with highly conductive porous materials, NPs and multiple PCMs, and nano-encapsulated PCMs. Both experimental and numerical methods are considered, focusing on how well NPs enhanced the system. Generally, NPs have been proven to enhance PCM, with some types more effective than others. Middle and high temperatures are lacking compared to low temperature, as well as combined enhancement studies. $\text{Al}_2\text{O}_3$, copper, and carbon are some of the most studied NP materials, and paraffin PCM is the most common by far. Some studies found NPs to be insignificant in comparison to other enhancements, but many others found them to be beneficial. This article also suggests future work for NePCM and LHTES systems.

**Keywords:** latent heat thermal energy storage; phase change material; nanoparticles; nano-enhanced PCM

1. **Introduction to Latent Heat Thermal Energy Storage**

Solar energy is a great renewable energy alternative; however, it is an intermittent energy source. At night and on overcast days, solar energy is not available. This can be solved with the use of latent heat thermal energy storage (LHTES) systems, which are dispatchable. LHTES systems rely on phase change material (PCM) to charge and discharge energy in the form of heat by melting and solidification. LHTES systems can be anything from a simple container of PCM to complex systems with various enhancements. PCM is any material that can store energy through melting and release it upon solidification. This stored energy can be dispatched in the off hours to keep a system running.

LHTES systems are just one type of thermal energy storage. Other types include sensible heat storage (SHS) and thermo-chemical storage (TCS). TCS uses materials that store and release energy through endothermic and exothermic reactions, which are called thermo-chemical materials. Some examples of these materials are potassium oxide and lead oxide. Heat is applied to the material, which breaks into two parts that are separately stored. To release the energy, they are mixed back together. This process is shown in Figure 1c. SHS uses storage media such as water, sand, or rocks to store thermal energy. The most common being water. SHS is popular because it is cheap and safe, using non-toxic materials. Temperature change is what drives SHS, as shown in Figure 1a [1].

SHS is the most common method, but latent heat is even more promising. The higher thermal storage density, large array of PCMs, and nearly isothermal behavior of LHTES systems (shown in Figure 1b) make them more convenient than the other methods [2]. This means that LHTES systems can take up less volume to store the same amount of energy.
as SHS, and the stable temperature allows nearly isothermal heating/cooling [1]. They also only require one sealed container and do not need salt pumps, transport lines, or heat tracing and operate at a wide range of temperatures depending on the PCM [3]. However, there are some disadvantages: the initial cost is higher, and PCMs have a higher risk of leaking [1].

![Figure 1](image.png)

**Figure 1.** (a) Sensible heat, (b) latent heat, (c) thermo-chemical thermal energy storage systems (Copyright 2015 Gracia and Cabeza) [4].

### 1.1. Applications of LHTES Systems

LHTES systems have a wide array of applications that span across many different fields. They can aid in both heating and cooling systems, as well as energy storage, which can be converted to electrical energy. Some cooling applications include electronic cooling, air conditioning, refrigeration systems [3], lithium-ion battery cooling [5,6], and cold food packaging [6]. Some heating applications include building heating [3], waste heat recovery (for example, car exhaust, factories) [3,7] and solar food drying equipment [3].

One general energy storage application is solar power storage, which includes concentrated solar power (CSP) generation systems [7]. Even some medical applications exist, including smart textiles, which can work to either heat or cool the person depending on the need [6].

### 1.2. Types of PCM

PCMs can be characterized as low, middle, or high melting temperature. The potential applications of a PCM depend on its melting point, making this an important characteristic. According to Huang et al., middle temperature PCMs can be defined as those that melt between 120 and 300 °C, putting low temperature below 120 °C and high temperature above 300 °C [8]. Therefore, this paper will characterize low, middle, and high temperature PCMs according to these ranges. The following will discuss several types of PCM, all of which have a variety of melting temperatures.

#### 1.2.1. Organic and Inorganic

Two major categories that PCMs can be split into are organic and inorganic. As shown in Figure 2, these can be further split into paraffin, non-paraffin (which include fatty acids), salt hydrates, and metallic PCMs. Paraffins are composed of straight chain n-alkanes (CH₃–(CH₂)ₙ–CH₃); the general formula for fatty acids is CH₃(CH₂)ₘ•COOH; salt hydrates are composed of inorganic salts and water (AB•nH₂O), and metallic hydrates consist of metals with low melting points relative to most metals [9]. Each category has many PCMs with a wide range of phase change temperatures. Non-paraffin organic materials have the widest range of materials and properties, while paraffins are mostly commercially used. All types of PCMs have differing advantages and disadvantages due to the wide range of usable materials [9].
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Figure 2. Major categories of PCM (Copyright 2007 Elsevier) [9].

In general, both groups of inorganic PCMs have higher thermal conductivity and latent heat of fusion per volume than organic PCMs. Salt hydrates also have a relatively small volume change, high density, and are inexpensive and readily available. However, salt hydrates can cause supercooling, phase segregation, and corrosion on metal containers. They also lack thermal stability and can be toxic. The main disadvantages of metallic PCMs include a high cost, low specific heat, and low latent heat of fusion per weight unit [1,2].

Organic PCMs have the advantages of no supercooling and high latent heat of fusion. Paraffin specifically has the advantages of being non-toxic, chemically stable, compatible with metal containers, and inexpensive. However, they have low thermal conductivity and density, have a relatively large volume change, do not have a well-defined melting point, and can be flammable. Fatty acids have a well-defined phase transition and easily reproduced phase change. They also have the disadvantage of low thermal conductivity, as well as toxicity, corrosivity, instability, and flammability, while also being much more expensive than paraffin [1,2].

1.2.2. Eutectic PCMs

Eutectic materials are another category of PCMs. A eutectic material is two or more PCMs combined in specific ratios to have the lowest possible melting point [9]. They can be a mix between multiple organic PCMs, multiple inorganic PCMs, or organic and inorganic PCMs [9]. The amount of each material can be adjusted to modify the eutectic’s melting point [1]. Other advantages of eutectic materials include relatively high thermal conductivity and latent heat of fusion. A disadvantage is their high cost [2]. Raj et al. [10] used a eutectic mixture of gallium–indium metal alloy for their study. Tiari and Qui [3] used a 60:40 eutectic blend of NaNO$_3$–KNO$_3$. Singh et al. [11] studied eutectic LiNO$_3$-KCL PCM. All of these eutectic materials proved to be effective PCMs.

2. Heat Transfer Enhancement

The main problem with PCMs is their low thermal conductivity, which makes melting and solidification times very long. A variety of passive heat transfer enhancement techniques have been developed to increase the PCM thermal conductivity and accelerate the charging and discharging process of LHTES systems and make them efficient without extra
energy input. The potential passive enhancement techniques include embedding heat pipes and fins, impregnating highly conductive porous materials with PCMs, multiple PCMs, and dispersing highly conductive nanoparticles (NPs) into PCMs. Some studies have also tested other parameters, such as orientation of the system or temperature and flow rate of heat transfer fluid (HTF). Mehta et al. [12] tested a shell-and-tube heat exchanger with stearic acid PCM in horizontal and vertical positions at different HTF temperatures. It was found that even though convection affected the rate of the first half of melting, making the horizontal position faster, the overall rate of solidification was not affected by orientation. The HTF temperature increase accelerated the melting process and increased the rate of energy stored [12]. Although these parameters can be helpful, enhancement methods have found even greater success.

Heat pipes can transport a large amount of heat over a relatively long distance to the storage media by evaporation and condensation of their working fluids. The literature has shown that they work well and can even be perfected further for optimal heat transfer enhancement. Jiang and Qu [5] used a heat pipe in a PCM-based lithium-ion battery thermal management system, where it was found that the heat pipe increased the efficiency of the cooling system significantly. Mahdavi et al. [13] developed a novel heat pipe network for LHTES application, as shown in Figure 3 [13]. Tiari et al. [14] found that an increase in HTF flow rate greatly decreased the charging time, but it had a less significant impact on the discharging time. It was also shown that increasing the HTF temperature decreased the overall charging time, while decreasing the HTF temperature decreased the overall discharging time [14].

![Heat pipe network schematic from Mahdavi et al. (Copyright 2016 Elsevier)](image)

**Figure 3.** Heat pipe network schematic from Mahdavi et al. (Copyright 2016 Elsevier) [13].

Heat pipes are often used with the additional enhancement of fins, although fins can also be used alone. The increased contact area between the PCM and the heat transfer surfaces provided by fins enhances the PCM melting and solidification rates. Finned heat pipes have been used in several studies to improve the thermal performance of LHTES systems [3,15,16]. Tiari and Qiu found that more heat pipes resulted in better thermal performance of the LHTES system due to the lower thermal resistance between the PCM and the heat transfer surfaces [3]. Tiari et al. focused more on fins, finding that longer fins showed more uniform melting and faster charging rates after charging began; however, shorter fins had a slightly shorter total melting time. There was nearly no effect from changing the number of fins attached to the heat pipes [15]. In another numerical study,
Tiari et al. investigated the effects of fin geometry in a high-temperature LHTES system assisted by finned heat pipes, as shown in Figure 4. It was found that the length of fins did not greatly affect the overall discharging time; however, there was more uniform latent heat extraction. When increasing the number of fins, the discharging time was improved, and the container base wall temperature was increased [16]. Fins alone are also very effective, as Aly et al. [17] showed with their corrugated fins tested at different heights and numbers of corrugations. The solidification rate decreased with an increase in the corrugation height. Increasing the number of corrugations, and therefore increasing the fin length, shortened the solidification time [17]. Tiari et al. (2021) [18] also tested fins alone in the charging and discharging of a LHTES system enhanced by annular fins attached to a central pipe with HTF. For charging, twenty variable length fins with long ones on the bottom enhanced the system the most. For discharging, as well as overall for both, twenty uniform fins were the best enhancement [18]. Overall, fins were found to be an effective enhancement with and without heat pipes.

![Figure 4. LHTES system assisted by finned heat pipes (Copyright 2016 Elsevier)](image)

Another effective enhancement is the impregnation of highly conductive porous materials such as metal and carbon foams as well as wools with PCMs. The PCM fills the gaps in the highly conductive material, increasing heat transfer throughout the whole system. Gasia et al. [19] studied metal wool shaped into fins and arbitrarily distributed. The systems were both an improvement over the control system, with the arbitrary distribution as the better of the two. However, during discharging, the wool showed little to no improvement over the control system [19]. Reyes et al. [20] also tested metal wool, but unlike Gaisa et al., they found that it enhanced both the heating and cooling of the systems, increasing thermal conductivity and reducing the melting and solidification times [20]. Tiari and Mahdavi [21] performed a numerical study to test the melting and solidification of potassium nitrate, a high-temperature PCM, which is enhanced by copper foam and finned heat pipes. It was found that the higher foam porosity had slower melting than the lower porosity, and both showed faster melting than the pure PCM. Overall, the metal foam resulted in more uniform temperature distribution within the LHTES system [21].

A less common enhancement method is the use of multiple PCMs, which are arranged for more efficient melting and solidification. Narasimhan [22] reviewed studies that used multiple PCMs to enhance their LHTES systems. It was concluded that when multiple PCMs are placed with decreasing melting temperatures along the direction of HTF, charging times can be reduced, and if this order is reversed, discharging times can be reduced. Both cases can be achieved in one system by changing the direction of the HTF accordingly. Using multiple PCMs also can reduce the fluctuations in the exit temperature of the HTF. Of course, the total energy storage may decrease; however, as with other enhancement techniques, the payoff can outweigh this drawback [22].
Another method is nano-encapsulation, which is used to prevent the enhancement agent from interacting with the PCM, leaking, or agglomerating. Raj et al. [10] successfully prepared a layered PCM of manganese perovskite with nano-encapsulated gallium–indium eutectic metal alloy mixed in. The encapsulated particles were physically and chemically stable up to the tested 10,000 cycles. The phase transition temperature was improved by the addition of the particles, specific heat was reduced, and thermal conductivity was enhanced [10]. Li et al. [23] encapsulated octadecane PCM in polystyrene to make nano-encapsulated PCM, which they used in combination with copper foam. The nano-encapsulation allowed for shape stabilization of the PCM and prevented corrosion, leakage, and volume change during phase change. Since the particles constrained natural convection, conduction was the only source of heat transfer, and the metal foam greatly improved the system. Lower porosity foam had higher effective thermal conductivity and lower wall temperature [23].

Nano-encapsulated PCM can also be used in a slurry. Dutkowski and Kruzel [24] used Micronal DS 5039 X, an aqueous dispersion with a PMMA shell, in slurries with distilled water and a propylene glycol/water mix as base fluids. Viscosities were measured with rotational tests where torque was applied and strain was measured. The temperature range was 10–50 °C, and the encapsulated PCM content was tested in ratios from 4.3% to 43%. The viscosity increased with the increased concentration of the particles and decreased with the shear rate before reaching a plateau. The experiment successfully tested a new temperature-dependent method of finding dynamic viscosity [24]. In 2020, Dutkowski et al. [25] used the same encapsulated PCM to test changes in density during melting. The tests were conducted between 10 and 30 °C with the PCM in distilled deionized water at mass fractions between 2.15% and 8.60%. The results were compared to calculations, with matching results. The capsule did not affect the results of the PCM density. The increased concentration of the PCM in the slurry caused a decrease in the density at the same temperature range. Adding heat also decreased the density, but the density did not change proportionally [25]. Another study by Dutkowski et al. [26] was conducted with paraffin encapsulated by PMMA in a slurry with water and propylene glycol at particle mass fractions between 8.6 and 30.1 wt % to test specific heat. The samples were cooled from 50 to 10 °C. It was shown that a higher concentration of particles increased the specific heat at the melting point. The maximum specific heat varied from 9.2 at the lowest particle concentration to 33.7 kJ/kg at the highest tested concentration. The specific heat was lower at higher wt % when in liquid form but increased in solid form [26].

Finally, highly conductive NPs can be used to enhance the heat transfer to and from PCM. This method can be used alone or in combination with other enhancement methods. The idea is that evenly dispersed NPs will increase the overall thermal conductivity of the PCM without reducing the PCM volume as much as some other methods. These nano-enhanced PCM (NePCM) will be the main focus of this review. The following sections discuss studies on the effectiveness of NePCM alone, as well as in combination with the other enhancement techniques, which were described above. The NP type and shape, PCM type, additional enhancements, and other factors all affect the thermal performance of LHTES systems. Many different studies have been reviewed in this paper to paint the bigger picture of what has been done in this field and what needs to be further explored.

3. Nano-Enhanced PCM
3.1. Nanoparticles as Sole Enhancement

Elgafy and Lafdi in 2005, to the authors’ best knowledge, were one of the first to study NePCMs. They experimentally and analytically studied paraffin wax enhanced with carbon nanofibers. Thermophysical properties and temperatures during solidification were recorded for different carbon nanofiber mass ratios, and the analytical model was used to predict effective thermal conductivity. The laser flash technique was used to measure thermal diffusivities. Thermal diffusivity increased with the increase in carbon fibers; however, the specific heat decreased. Increasing the carbon nanofibers decreased the
solidification time of the NePCM and increased the output power. The analytical solution was compared to the experimental results with good agreement. Modifying the nanofibers surfaces also increased the solidification rate [27].

3.1.1. Water NePCMs with Cu

Khodadadi and Hosseinizadeh were among the first researchers to study NePCMs, with their numerical model for water PCM enhanced with copper NPs. They studied the influence dispersion of NPs on the thermal conductivity, solidification rate, and latent heat of fusion. The latent heat of fusion was lowered, the rate of heat release was increased, and thermal conductivity was enhanced with the addition of NPs. It was concluded that NePCM was promising for thermal energy storage applications [28]. Jourabian and Farhadi also numerically studied the melting of ice as a PCM enhanced with copper NPs enclosed in a vertical semicircle enclosure. Different Rayleigh numbers were tested, showing that this parameter’s increase strengthens buoyancy-driven convection. The NePCM was also compared to pure PCM at three Rayleigh numbers. The NPs increased the temperature of the PCM, which is an effect that increased with Rayleigh’s number. NPs provided more enhancement at lower Rayleigh numbers, but there were higher melting rates at higher Rayleigh numbers. The NPs increased the thermal conductivity and decreased the latent heat of fusion. The effect of the NPs on the Nusselt number was considered to be negligible [29]. Another study using water PCM [30] numerically investigated enhancement with copper NPs. An LBM was developed and used to study how NP volume fraction and Grashof number affected heat transfer and the flow structure in NePCM. Higher Grashof numbers caused different, asymmetric convection patterns depending on the NP volume fraction. The local Nusselt number decreased with the increase in NP volume fraction, which is a result of higher thermal conductivity. Heat transfer efficiency was improved with the addition of NPs, and a higher volume fraction caused faster temperature change and melting. Energy storage was also increased with volume fraction. The copper NPs clearly enhanced the PCM melting process [30].

3.1.2. Paraffin and Alumina

Paraffin wax and paraffin-based PCMs are a popular choice, and with a wide range of low temperature melting points and compatibility with different types of NPs, they are very important to study. Akhmetov et al. [31] used COMSOL Multiphysics to numerically study two LHTES systems using two paraffin wax PCMs with low (PW-L) and high (PW-H) phase change temperatures. Al$_2$O$_3$ NPs were used to increase the heat transfer in the system. Temperature-dependent properties were used in the three-dimensional simulations. They created three mixtures for each type of wax: pure wax, 2 wt % NP, and 4 wt % NP. These mixtures were used to measure and calculate thermal and physical properties for use in the simulations. The LHTES systems were set up sequentially, with the PW-H LHTES receiving heat first and then the PW-L LHTES receiving heat. Both types of paraffin had low thermal conductivities, which were improved by the addition of the Al$_2$O$_3$ NPs. The LHTES system (shown in Figure 5) was determined to distribute energy efficiently and uniformly to the PCM containers as individual storage units. The sequential nature of the two LHTES systems was also effective [31].

As in the previous study, alumina was used in many different studies as the NP enhancement for paraffin. Abdulateef et al. [32] numerically and experimentally studied a triplex tube heat exchanger LHTES system with RT82 PCM and alumina NPs. The heat exchanger had inner and outer tubes with HTF, and a middle tube of PCM with eight equally spaced fins. The numerical study tested longitudinal and triangular fins in the same heat exchanger. The experimental results showed that the internal heating method did not fully charge the PCM, while the external heating fully melted the RT82 at a lower HTF temperature and time. The ideal HTF mass flow rate was determined to be 29.4 kg/min. The numerical study showed that the triangular fins resulted in a faster melting process, and the addition of NPs further improved the system [32].
Figure 5. LHTES system configuration for the study by Akhmetov et al. (Copyright 2019 International Solar Energy Society) [31].

Zaidan and Alhamdo [33] studied a waste heat recovery system with paraffin PCM enhanced with Al₂O₃ NPs at different volume fractions both experimentally and numerically. The experimental portion used capsules of PCM, with one U tube and various volumes of NPs and a capsule with two U tubes and the ideal amount of NPs. The thermal conductivity, melting time, and solidification time were improved with the addition of NPs, with 1% being the ideal amount. Other higher amounts of NPs increased the viscosity, affecting the phase change times. The numerical simulation showed that the increased number of pipes decreased the melting time [33]. Farsani et al. [34] conducted a two-dimensional numerical study with RT 44HC paraffin and Al₂O₃ NPs in a square with a square heat source in the center and four insulated walls. The effects of heat generation rate on flow and phase change were studied; then, the effects of NPs on the melting were studied. The Rayleigh number was varied to represent the heat generation rate, and it was found that the convection vortices that formed during melting were stronger with larger Rayleigh values. Figure 6 shows the liquid fraction, average dimensionless temperature, maximum dimensionless temperature, and average Nusselt number during melting of the NePCM for a Rayleigh number of $2.72 \times 10^6$. It was concluded that NPs had little to no influence on the Nusselt number and temperature throughout the melting process (shown in Figure 6), and therefore, they did not recommended using NPs for enhancement [34]. The conclusions of this study differ from most studies. It is possible that this is due to the parameters tested in this study, as most other studies tested the effects of the dispersion of NPs on melting time or melting percentage in a certain amount of time, or thermal conductivity.

A 2017 numerical study by Elbahjaoui and El Qarnia used paraffin enhanced with Al₂O₃ NPs in an LHTES system to investigate the effects of the aspect ratio of the PCM, volume fraction of the NPs, and the Reynolds and Rayleigh numbers on the thermal characteristics of the system. The enthalpy–porosity method was used to model melting. The study found that more NPs (higher volume fraction), a higher Rayleigh number, a higher aspect ratio, and a higher Reynolds number all decreased the melting time. Increasing the Rayleigh number also increased the SHS. A correlation was written to find the melting time, and its results matched well with the numerical results [35].
Figure 6. The graphs show little/no improvement with the addition of NPs in the Farsani et al. study (Copyright 2017 Elsevier) [34].

3.1.3. Paraffin and Cu

In another study by Elbahjaoui and El Qarnia, a two-dimensional numerical was developed to study the solidification of n-octadecane PCM with copper NPs, which is another popular NP type. The LHTES system consisted of rectangular slabs of PCM with HTF sandwiched in between. The enthalpy–porosity method was used to simulate the phase change process to study the effects of the NP volume fraction, PCM aspect ratio, and HTF inlet temperature on the thermal performance of the LHTES system during the discharging process. Increasing the aspect ratio and decreasing the HTF inlet temperature both improved the performance of the system. The NPs also improved the solidification rate [36].

Another use of copper NPs with paraffin is reported in a numerical study by Nie et al. They investigated two different HTF injection orientations, top and bottom, for comparison. The PCM used was paraffin RT35 with pure copper NPs, and the HTF was water. Since the previous literature was conflicting, they first found that convection plays an important role in heat transfer for top-injected HTF. Heat flux was determined to be higher in the portion (top or bottom) that the HTF was injected from. The melting time was shorter for top injection when the thickness-to-height ratio was less than 0.05; however, it was longer when the ratio was larger than this. The effect of NP was less when the ratio was increased, and NP were more effective for bottom injection than top injection. The optimum thickness-to-height ratio was determined to be 0.05 [37]. Hosseini et al. numerically investigated the melting of another paraffin-based PCM, RT 50, with copper NPs. The effect of the NP volume fraction on the melting time, liquid fraction, and penetration length were studied. A shell-and-tube model was used with water as the HTF. They found that a higher volume fraction of NPs increased the liquid fraction and the penetration length of fluid, and it decreased the melting time [38]. Algarni et al. used NePCM to improve an evacuated tube solar collector system. They experimentally studied the effects of the paraffin PCM on the performance of the system, with and without the copper NPs. The experiment
was conducted outdoors, with a pyranometer to test solar irradiation, thermocouples for temperature measurement, and a differential scanning calorimeter (DSC) to assess thermal properties. Without any PCM, the temperature of the system dropped steeply when the solar radiation decreased; however, with the addition of NePCM, the temperature decreased more gradually. The NePCM system had a 32% enhancement of efficiency overall. They minimized the agglomeration of particles with an ultrasonic vibrator. The system worked best with lower HTF mass flow rates of around 0.08 L/min. The NPs allowed for better storage on cloudy days than the non-NP storage [39]. Another study numerically modeled RT50 PCM enhanced with both Cu and Al₂O₃ NPs in a concentric tube heat exchanger. The addition of the NPs enhanced melting and heat storage, which is an effect that decreased over time for the Al₂O₃ particles. Due to an increase in the kinematic viscosity, there was a limit to the enhancement of NPs, since convection was suppressed if too many were added [40].

3.1.4. Paraffin with Carbons

Although metallic NPs are very effective, some tests with carbon-based NPs showed that they may be even more effective. Aqib et al. compared the effectiveness of paraffin enhanced with alumina (Al₂O₃) NP and nonmetallic multiwall carbon nanotubes (MWCNTs) at three different concentrations. Mixtures contained either 2, 4, or 6 wt %. The mixtures were put through charging and discharging cycles with temperatures measured by thermocouples. As the concentration of particles increased, the heat transfer increased. The MWCNTs had higher peak temperatures than alumina NPs, making them the better option for enhancement [41]. Temel and Çifçi went a step further than just comparing types, experimentally studying the effects of NPs type, size, and shape on the thermal properties of an NePCM. They used paraffin (A82) as the PCM and tested ZnO, TiO₂, Al₂O₃, and MgO NPs as well as MWCNTs and graphene nanoplatelets (GNPs). They tested the particles using a scanning electron microscope (SEM) and the thermal properties using a DSC. The thermal conductivity improvements for MWCNTs, GNPs, ZnO, TiO₂, Al₂O₃, and MgO were 26.7, 154.9, 2.6, 3.6, 6.5, and 8.4%, respectively, when added at 5% mass fraction. The differences in enhancements were due to the thermal conductivity of the particles and shape. For tests conducted only with Al₂O₃ and MWCNTs, it was found that the increase in diameter led to an increase in thermal conductivity. NP types and mass fractions did not significantly change the melting and solidification temperatures. The melting times decreased in the same manner as the improvement in thermal conductivities, with ZnO showing the smallest improvement and the GNPs showing the greatest improvement [42].

Carbon NPs can even improve systems at incredibly small amounts. A 2018 study tested the melting and solidification of paraffin PCM with a melting range of 58–60 °C and MWCNTs. The specific heat of the NePCM was measured with DSC; then, the sample was melted and solidified, and resistance temperature detectors (RTDs) measured the temperatures. Melting times were lowest at 0.3 wt % MWCNTs, with a decrease of 30%, which was potentially due to increases in viscosity past this point. Solidification times were lowest at 0.9 wt %, with a decrease of 42.2% [43]. To test carbon NPs in a real-world scenario, Thalib et al. [44] conducted an experiment to test paraffin against graphene-enhanced paraffin in a tubular solar still (a device that desalinates water to provide potable fresh water). The experiments were conducted outdoors where the sun would provide the energy just as the device would be used. Peak temperatures of the systems throughout the day were above the 55 °C melting temperature, which were numbers that were higher with the addition of graphene into the PCM. The graphene enhanced the yield of fresh water that was produced compared to the other systems, since the heat absorbed was greater, meaning that during off hours, there was more heat stored up to release. The thermal and exergy efficiencies were also much higher with the NePCM [44].

However, not all studies found carbon NPs to be the most effective. Javadi et al. [45] studied Cu, CuO, Al₂O₃, TiO₂, SiO₂, multiwall carbon nanotubes, and graphene in paraffin using a three-dimensional numerical model. The NPs were tested in different shapes and
volume fractions. Although all NPs enhanced the system, the best NP type was found to be Cu, while the worst was SiO$_2$, as demonstrated by Figure 7. Then, Cu was tested at different volume fractions, and 0.2 was the ideal volume fraction to increase the thermal conductivity up to 55%. Cu was also tested in different shapes, and the “blade” shape (a long, thin, 3D ellipse-like shape) was the most efficient shape for enhancement when compared with spherical, brick, cylindrical, and platelet-shaped NPs [45].

![Figure 7](https://creativeworks.org/licenses/by/4.0/) accessed on 18 June 2021 [45].

Similar to Javadi et al. [45], Bashar and Siddiqui [46] found MWCNTs to be less effective. Four different types of NPs were compared in an experimental study. Paraffin was used as the PCM with silver, copper oxide, aluminum oxide, and MWCNTs. The PCM was heated, and thermocouples were used for temperature measurements. All of the NPs enhanced the heat transfer; however, silver was the most effective, which was followed by copper oxide. Aluminum oxide and the MWCNT were much less effective because they sunk to the bottom of the PCM. Then, copper oxide was tested in varying mass fractions, 1, 3, 6, 8, and 10%, and it was found that the 6% mass fraction performed best [46].

3.1.5. Paraffin with Other NPs

A variety of metal oxide NPs were used to enhance RT82 PCM by Khatibi et al. [47] using a numerical study, including some of the ones above. Al$_2$O$_3$, ZnO, CuO, and SiO$_2$ were added to the PCM to study the solidification process and test different HTF temperatures and tube diameters in three different LHTES units. The systems were a triplex-tube and two shell-and-tube, one with inner cooling and the other with outer cooling. The triplex tube system was modeled for all of the NP comparison studies; then, the different systems were compared, with and without NPs. All of the NPs reduced the solidification time, with Al$_2$O$_3$ having the largest impact, which was followed by ZnO, CuO, and SiO$_2$ in decreasing order, for a volume fraction of 0.02. For a volume fraction of 0.04, CuO had the greatest impact, which was followed by ZnO, Al$_2$O$_3$, and SiO$_2$, in that order. The decrease in solidification time was caused by the increase in thermal conductivity and decrease in the latent heat of fusion. The triplex-tube system had the best performance, and external
cooling the second best. The effect of the NPs was diminished with a decrease in HTF temperature and was also affected by the type of LHTES system [47].

Even though SiO$_2$ NPs were found to be the least effective of those above, they can still be an effective enhancement. It may be that they work best at lower temperatures such as in the following system. Dastmalchi and Boyaghchi [48] used a numerical model to study a PCM–air heat exchanger with respect to exergy and cost per unit exergy for peak and off peak. The system worked along with an air conditioning system, using cool outdoor or indoor air to solidify PCM during off-peak times, and using the PCM to help cool the hot indoor air during peak times. The two-dimensional model was used to numerically perform an energy analysis, exergy analysis, and an exergoeconomic analysis. They simulated the temperatures of a typical week in late June in Esfahan, Iran. The PCM used was RT25 enhanced with SiO$_2$ particles. Cooling power increased for low night temperatures and high day temperatures. Exergy efficiency was low during peak hours at higher indoor temperature setpoints. Setpoint ranges from 23 to 26 °C had the lowest cost and those from 24 to 25 °C had the highest cost with respect to exergy. The cost increased with increased slab length and with increased airflow due to the fan and compressor. Exergy efficiency increased at peak time and exergy destruction increased at off-peak time when NPs were added [48]. Pasupathi et al. [49] also found success with SiO$_2$ when combined with CeO$_2$. They experimentally assessed the properties of paraffin PCM with hybrid SiO$_2$/CeO$_2$ NPs at different mass percentages. At 2%, the particles begin to agglomerate, but they were evenly distributed up to that point. The NPs reduced the difference between the melting and solidification temperatures of the paraffin and delayed thermal decomposition. The thermal conductivity improved greatly up to 1% NPs and minimally above that percentage, as can be seen in Figure 8. It was concluded that 1% NPs was the best amount for enhancement [49].

![Figure 8. The relative enhancement in thermal conductivity with the addition of NPs (Copyright 2020 Pasupathi et al. https://creativecommons.org/licenses/by/4.0/legalcode) accessed on 18 June 2021 [49].](image-url)
Another type of commonly used NP is plain aluminum. A study conducted by Zhou et al. [50] numerically and experimentally analyzed octadecane paraffin enhanced with aluminum NPs. Three-dimensional octadecane molecule models were created and made into a cubic unit cell, and aluminum was added into the unit cell. The non-equilibrium molecular dynamics method was used for the thermal conductivity simulation. The simulation showed that thermal conductivity increased with an increasing percentage of NPs; however, it increased more in the liquid PCM than the solid PCM. The experimental portion of the study used the transient thermal probe method to find thermal conductivity at room temperature (290 K) and at 320 K when the PCM is melted. The results showed that thermal conductivity increased with increase in aluminum particles. Comparing the two, the thermal conductivities followed the same trend, although the simulation values were smaller [50].

An interesting NP type was designed by Badakhsh et al. [51], who experimented with the melting and solidification of paraffin with aluminum nitride coated SiC (SiC@AlN) particles. SEM, laser diffraction, XRD, and DSC were used for characterization, among other methods. The effects of milling frequencies and the ball-to-powder mass ratio on the particle size distribution were tested: as the frequency increased, the particle diameter decreased. Thermal conductivity and specific heat testing by the transient plane source method showed that the SiC@AlN particles achieved higher thermal conductivity and lower specific heat than the other cases (plain paraffin, paraffin with AlN, paraffin with SiC). X-ray spectrometry showed that this was caused by the formation of conductive networks by the SiC@AlN particles. An insignificant growth in latent heat was also observed, and the SiC@AlN particles were less expensive than AlN alone [51]. Another study with SiC particles also found them to be a promising enhancement. Maher et al. [52] compared two different nanomaterials in paraffin wax to improve thermal conductivity. After synthesis of the nanocomposites, they were characterized by a field emission SEM (Shown in Figure 9) as well as a DSC and laser flash apparatus, which was used to find thermal conductivity. The SiC-enhanced PCM had better thermal conductivity than the Ag-enhanced PCM, with the largest amount, 15 wt %, showing the best results. However, latent heat, melting temperature, and specific heat capacity were reduced by the NPs. This means that the highest weight percent is not always ideal, and the amount of NPs should be optimized on a case-by-case basis [52].

Figure 9. SEM images of (a) Silicon carbide, (b) Silver, (c) Pure paraffin wax, (d) Paraffin-SiC composite, and (e) Paraffin–Ag composite from Maher et al. (Copyright 2020 Elsevier) [52].
Ghalambaz et al. [53] numerically studied unspecified 2D hybrid NPs dispersed in a square of octadecane paraffin PCM. A “linearized correlation procedure” was used to find the properties of hybrid nanofluid to use in the simulations. They varied NP volume fraction, conductivity, and viscosity to test their effects. It was found that a large thermal conductivity and small viscosity resulted in shorter melting times. Initially, the mushy zone was thicker at the solid–liquid interface due to the lower convection there; however, over time, this phenomenon went away. A case study was also done with water and Ag-MgO NPs, which showed that these hybrid particles were more effective than plain MgO particles [53].

3.1.6. Eutectic Hydrate Salts

Other types of low-temperature PCMs are less commonly used; however, they can still have many benefits over water or paraffin. Liang and Chen [54] experimentally studied the solidification of eutectic hydrate salts with carbon NPs. Three samples with different amounts of thickeners were tested, showing an increase in onset and end temperatures from 0 to 3 wt %, but a decrease at 5 wt %. With increasing viscosity, the effects of the NPs lessened, as did the adsorption peak and phase change enthalpy, due to the decrease in micro-convection. Melting latent heat was decreased compared with ice and decreased with increased viscosity. The increase in viscosity also suppressed supercooling, decreased surface tension, and decreased the solidification time. Nucleating agents were proven to reduce or eliminate the degree of supercooling. Stability testing showed that after 20, 30, and 50 cycles, the supercooling reduced [54]. The salt hydrate Th29 was studied numerically by Jamalbadi et al. [55] as a heat sink for electronic circuits. The NePCM, which was enhanced with Cu NPs, was in a rectangular container next to a surface acoustic wave system. Three volume fractions were tested, and an increase in NP increased heat transfer at the solid–liquid interface. The NePCM improved the heat transfer by up to 10% [55].

3.1.7. PEG and Ag

Marcos et al. [56] characterized polyvinylpyrrolidone-treated silver NPs in polyethylene glycol (PEG) PCM for low temperature applications. The NPs were added at mass percentages from 0.10 to 1.1%. They analyzed the dynamic viscosity, isobaric heat capacity, density, and surface tension of the samples as well as the thermal conductivity and diffusivity. Properties were analyzed using UV-Vis spectroscopy, scanning transmission electron microscopy, mass spectrometry, TGA, dynamic light scattering, and DSC. Thermal conductivity was improved up to 3.9% by the 1.1 wt % NPs. Undesirable sub-cooling was also reduced with the addition of NPs [56]. Song et al. [57] created silver–halloysite nanostructures with silver NPs on 1D halloysite nanotubes to disperse in PEG PCM, which is a surfactant–fatty acid. The goal was to create a “form-stable” PCM that could be used without additional encapsulation, was form stable during phase change, inexpensive, and easily molded into different shapes. The silver particles were added to improve thermal conductivity, and the halloysite was used as a supporting material. The thermal conductivity in the nanocomposite was greatly improved from pure PEG [57]. A study by Qian et al. [58] also experimentally researched PEG but combined with diatomite and enhanced with Ag. SEM, TEM, Energy-Dispersive X-ray Spectroscopies, XRD, DSC, and TGA were used to characterize the sample. The Ag NPs were evenly distributed, and the material had good chemical compatibility and thermal stability, with improvements in supercooling. The thermal conductivity was improved by 127% with the addition of NPs and melting and freezing times were reduced [58].

3.1.8. Fatty Acids

Another group of PCMs that can be low temperature is fatty acids. Prabakaran et al. [59] experimentally investigated the solidification of the fatty acid PCM OM08 with graphene NPs. The setup was a sphere of aluminum filled with PCM and strategically placed
temperature sensors in a constant cool temperature bath. The PCM was melted and brought up to 31 °C; then, it was immersed in the −10 °C cooling bath. This was conducted for the PCM with and without the NPs. The thermal conductivity increased greatly with increasing NP volume percentage (102% maximum), with a sharp increase when solidification occurred. The addition of NPs caused the fluid to have non-Newtonian behavior. The solidification time was also shorter with the increase in NPs, up to a 39% reduction [59].

Santhosh et al. [60] used a fatty acid called myristic acid with Fe$_2$O$_3$ NPs at several different concentrations to test whether the particles enhanced the performance of the LHTES system. This experimental study examined both melting and solidification by monitoring the temperature every 30 s during both processes. Melting and cooling rates increased with the concentration of NPs, due to increased thermal conductivity [60]. Barreneche et al. [61] characterized two more fatty acid NePCMs: palmitic acid and capric acid PCMs enhanced by CuO NPs. SEM, X-ray diffraction, Fourier-transform infrared spectroscopy (FTIR), and thermogravimetric analysis (TGA) were used to characterize the NePCMs. The samples were melted, and thermal conductivity and latent heat storage were tested. Thermal conductivity increased until 1.5 wt % NPs for the capric acid and up to 3.0 wt % for palmitic acid. Maximum heat storage was achieved at 1.0 wt % for both [61].

3.1.9. Various Middle Temperature PCMs

A common middle-temperature PCM is erythritol, which is a sugar-alcohol. Mayivel-nathan and Valan Arasu [62] performed an experimental study on the dispersed graphene NPs in erythritol PCM in three different concentrations. The NPs distributed randomly in all samples and did not chemically interact with the PCM during 100 melting/solidifying cycles. An increase in NP concentration increased the latent heat of fusion, decreased the melting temperature, decreased the latent heat of solidification, and increased the solidification temperature. Thermal conductivity also increased with the increase in NP [62]. Another experimental study by the same authors was conducted with erythritol PCM and graphene NPs [63]. DSC was used to find the latent heat of fusion and the melting temperature of the PCM with and without the NPs, and the laser flash method was used to find thermal conductivities. The NPs decreased the melting temperature and increased the solidification temperature while reducing sub-cooling of the erythritol. Hot oil was the HTF in the helical tube, which was used at different flow rates and inlet temperatures. Increasing the HTF inlet temperature for melting and decreasing for solidification enhanced heat transfer, decreasing the onset time. This enhancement was even better in the NePCM. The increased HTF flow rate sped up melting and solidification, with a more significant difference in melting time. The NPs reduced the melting and solidification times, melting temperature, and latent heat of melting. They also increased the thermal conductivity and decreased subcooling. They concluded that the system was an effective energy storage system [63]. Manickam et al. [64] also experimented with erythritol PCM, which was enhanced with TiO$_2$ and CNT NPs. The NePCM was cycled through melting and solidification on a hotplate while thermocouples measured temperatures. They recorded the melting temperature, melting time, and solidification time for 25 cycles. DSC and TGA were used to further characterize the PCM. The phase change temperature was between 118 and 124 °C, with the addition of NPs responsible for the higher temperatures. Latent heat increased, as did chemical and thermal stability. Melting and solidification times were reported as around 12 min, but times were not compared between cases. It was concluded that this material would be good for solar thermal applications [64].

Another middle-temperature PCM is D-mannitol, which is a sugar alcohol. Mekrisuh et al. [65] numerically simulated the melting of this PCM with a few enhancement methods. Although the system was enhanced with fins and GNPs, the optimization of geometry was the main purpose of this study. It was found that adjusting the outer diameter and height of the LHTES system while keeping the diameter of the heat transfer tube constant is the best method for optimizing the geometry. The enhancement techniques
were added to prove that the geometry optimization had greater effects than any other enhancements would. Even with both fins and nano-plates, the time to melt was twice that of optimizing the geometry [65].

An interesting middle-temperature eutectic, LiNO$_3$-KCl PCM, studied by Singh et al. [11] was enhanced with different concentrations of COOH-functionalized graphene nano-platelets (f-GNP). The thermophysical properties of the nano-composite were found with DSC, and thermal conductivities were studied with laser flash analysis. The f-GNP accelerated the melting and solidification processes, at 5%. At 1%, the f-GNP actually increased the melting time due to the increase in viscosity. This is due to the enhancement of thermal conductivity with the addition of the GNPs. The specific heat also increased with greater concentration of f-GNPs, and the latent heat was reduced [11].

3.1.10. NaNO$_3$-KNO$_3$

The NaNO$_3$-KNO$_3$ mixture is one of the more common middle-temperature PCMs used with NPs. Chieruzzi et al. [66] experimented with the melting and solidification of an NaNO$_3$-KNO$_3$ mixture PCM enhanced with SiO$_2$, Al$_2$O$_3$, TiO$_2$, and SiO$_2$-Al$_2$O$_3$ NPs. The NPs were added in three weight fractions; then, DSC and SEM were used for characterization. All of the NPs reduced the onset and melting temperatures of the PCM. The NPs also increased the specific heat and heat of fusion. The 1.0 wt % concentration was the most effective by far, as were the SiO$_2$-Al$_2$O$_3$ NPs, although the other types of NPs were also effective [66]. Another study by the same authors [67] also used NaNO$_3$-KNO$_3$ PCM enhanced with SiO$_2$, Al$_2$O$_3$, and a SiO$_2$/Al$_2$O$_3$ mixture of NPs at 1.0 wt %. These were tested at different processing screw speeds (100/200 rpm) and mixing times (15/30 min). An SEM was used to evaluate the dispersion of the NPs in the samples. The study found that the thermal properties of the samples depended on the processing and the NP type. The most effective were the silica/alumina NPs that were mixed for 30 min at 200 rpm. They had the highest specific heat and stored heat along with the lowest onset temperature [67]. Aslattahi et al. [68] also used NaNO$_3$-KNO$_3$ PCM, but with MgO NPs. SEM was used to check the dispersion of NP, and DSC was used to measure the enthalpy and melting point. Both the enthalpy and melting point decreased with the addition of NPs. This indicated better thermal conductivity at the melting point. TGA was also used to assess thermal stability and mass loss, which showed that the thermal stability was enhanced at high temperatures [68]. A study by Saranprabhu and Rajan [69] also tested the combination NaNO$_3$–KNO$_3$ solar salt with MgO NPs for solidification and thermal properties. Thermal conductivity increased with MgO NPs concentration up to 0.25 wt %. Thermal diffusivity also increased with the addition of NPs, while latent heat did not change below 0.125 wt %, and it was reduced slightly at higher concentrations. Solidification time was reduced with the addition of MgO, as was the discharge rate, and again, both were best at 0.25 wt %. Due to these results, 0.25 wt % was deemed the most effective concentration [69].

Myers et al. [70] experimentally investigated a eutectic mixture of KNO$_3$-NaNO$_3$ (a middle-temperature PCM) along with KNO$_3$ and NaNO$_3$ PCMs (high temperature) enhanced with 2% volume CuO NPs. The melting temperatures were around 306, 334, and 220 °C for the sodium nitrate, potassium nitrate, and eutectic mixture, respectively and these melting temperatures did not change significantly with the addition of the CuO NPs. Thermal diffusivity improved in all cases, especially with the eutectic mixture. The materials also held up under thermal cycling without degradation. Higher NP concentrations were tested next, but it was found that these produced a lot of uncertainty in measurements, which is probably due to agglomeration at high concentrations [70].

3.1.11. High-Temperature PCMs

Another study by Chieruzzi et al. [71] focused on a high temperature PCM, experimentally testing KNO$_3$ PCM with 1 wt % silica (SiO$_2$), alumina (Al$_2$O$_3$), and SiO$_2$-Al$_2$O$_3$ NPs. The goal was to develop a PCM with a melting point between 300 and 350 °C with
these materials. In solid phase, NPs increased the specific heat by about 5–10% and in liquid phase around 6%. Of the different NPs, the silica was the most promising, lowering the phase change temperature of the KNO$_3$ by 3 °C and increasing the latent heat of fusion up to 12%. SEM showed that the silica particles were dispersed more uniformly than the other NPs. It was concluded that the materials would be useful for concentrated solar power (CSP) systems [71].

A different high-temperature PCM also for CSP application was designed by Xiong et al. [72], who created a eutectic mixture of sodium bromide, potassium bromide, lithium bromide, and calcium bromide enhanced with SiO$_2$ NPs. Three different diameters and different concentrations of SiO$_2$ were tested, at different wt % between 0.1 and 2.0 wt %, with 22 samples total. Melting points were analyzed using a simultaneous thermal analyzer, while the samples were raised from 30 to 900 °C. The bromides had individual melting points above 700 °C (with the exception of LiBr at 550 °C); however, the eutectic mixture had a melting point of 313 °C, which varied only a little (310–314 °C) with the addition of NPs. Generally, the addition of NP decreased the melting temperature, apart from 10 nm particles at 2.0 wt % concentration. The heat of fusion increased with NP concentration, reaching a maximum before decreasing with higher concentrations. This occurred for all diameters, with larger diameters yielding smaller numbers. The heat of fusion increased drastically with increase in wt %. However, it showed varying reactions to increased diameter depending on the wt % added. Decomposition points all decreased drastically to 22 nm diameter and then increased from that point [72]. Similarly, Han et al. [73] experimented with another mixture of high melting temperature PCM—KCl:MgCl$_2$:NaCl enhanced with Al$_2$O$_3$, CuO, and ZnO NPs. Latent heat decreased slightly with the addition of NPs, but sensible heat increased, causing little overall change in thermal energy storage capacity. Thermal diffusivity and thermal conductivity were increased, with the greatest enhancement being Al$_2$O$_3$ particles, which was followed by CuO and ZnO. TGA showed excellent thermal stability, again with Al$_2$O$_3$ showing the biggest enhancement. It was concluded that the best NP for enhancement of this PCM was Al$_2$O$_3$ [73].

A variety of PCMs and NPs have been studied, with a large amount of paraffin-based PCMs, in a combination of numerical and experimental studies. In nearly every case, NPs were found to be an effective enhancement to the PCM. When NP types were compared, the most effective NP varied by study and the types compared. It seems to depend on the PCM used and the melting temperature. Future work could potentially include trying different melting temperatures with different NP types to develop a correlation. The “best” NP is very situational, depending on the application of the NePCM, base PCM, and the PCM melting temperature. Table 1 summarizes the studies reviewed in this section.

### Table 1. A summary of studies that only used NPs to enhance the PCM thermal properties.

| Authors                  | PCM Melting Point (°C) | Nanoparticle Type | Phase Change Process | Study Case                    | Result                                           |
|--------------------------|------------------------|-------------------|----------------------|-------------------------------|-------------------------------------------------|
| Elgafy and Laldi (2005)  | Paraffin wax (67 °C)   | Carbon nanofibers | Solidification       | Experimental and analytical (1D) | The nanofibers enhanced the PCM performance     |
| Khodadadi and Hosseinzadeh (2007) [28] | Water (0 °C) Low | Cu | Solidification | Numerical | The NPs enhanced the heat transfer and solidification |
| Jourabian and Farhadi (2015) [29] | Ice (0 °C) Low | Cu | Melting | Numerical (2D) | NPs increased the thermal conductivity         |
| Feng et al. (2015) [30]  | Water (0 °C) Low       | Cu | Melting | Numerical (2D) | The Cu NPs enhanced the system                |
| Authors | PCM Melting Point (°C) | Nanoparticle Type | Phase Change Process | Study Case | Result |
|---------|------------------------|-------------------|----------------------|------------|--------|
| Akhmetov et al. (2019) [31] | Paraffin wax (PW-L: 44–48 °C, PW-H: 64–66 °C) Low | Al₂O₃ | Melting and solidification | Numerical (3D) | Both paraffin thermal conductivities were improved by the NP |
| Abdulateef et al. (2021) [32] | Paraffin RT82 (78.15–82.15 °C) Low | Al₂O₃ | Melting | Experimental and numerical (2D) | The addition of NPs improved the system |
| Zaidan and Alhamdo (2018) [33] | Paraffin (63 °C) Low | Al₂O₃ | Melting and solidification | Numerical and numerical (3D) | 1% was the ideal amount of NPs |
| Farsani et al. (2017) [34] | Paraffin (RT 44HC) (45 °C) Low | Al₂O₃ | Melting | Numerical (2D) | Little to no improvement from NPs |
| Elbahjaoui and El Qarnia (2017) [35] | Paraffin wax (47 °C) Low | Al₂O₃ | Melting | Numerical (2D) | Increased NP, Reynolds number, Rayleigh number, and aspect ratio all decreased melting time |
| Elbahjaoui and El Qarnia (2017) [36] | n-Octadecane (28.2 °C) Low | Cu | Solidification | Numerical (2D) | NP, increased aspect ratio, and decreased HTF inlet temperature all improved performance |
| Nie et al. (2021) [37] | Paraffin RT35 (29–36 °C) Low | Cu | Melting | Numerical (2D) | Melting time shorter for top injection when R < 0.05, but longer with larger R. NP more effective for bottom injection |
| Hosseini et al. (2013) [38] | RT 50 (48 °C) Low | Cu | Melting | Numerical (3D) | Increased NP enhanced the system |
| Algarni et al. (2020) [39] | Paraffin wax (52 °C) Low | Cu | Melting and solidification | Experimental | NePCM enhanced efficiency by 32% |
| Nitsas and Koronaki (2020) [40] | RT90 (45–51 °C) Low | Cu and Al₂O₃ | Melting | Numerical (2D) | NPs enhanced melting |
| Aqib et al. (2020) [41] | Paraffin wax (55–58 °C) Low | Al₂O₃ and nonmetallic NPs, multiwall carbon nanotubes | Melting and solidification | Experimental | MWNT worked better than Al₂O₃ |
| Temel and Çiftçi (2018) [42] | Paraffin wax (82 °C) Low | Al₂O₃, TiO₂, MgO, ZnO, MWNTs and Graphene nanoplatelet | Melting and solidification | Experimental | GNPs showed the best improvement |
| Murugan et al. (2018) [43] | Paraffin (18–23 °C) Low | MWCNT | Melting and solidification | Experimental | Melting improved up to 0.3 wt % MWCNT, solidification up to 0.9 wt % |
| Thalib et al. (2020) [44] | Paraffin (55 °C) Low | Graphene | Melting and solidification | Experimental | Graphene NPs greatly enhanced the system |
Table 1. Cont.

| Authors                        | PCM Melting Point (°C) | Nanoparticle Type                                      | Phase Change Process    | Study Case     | Result                                                                 |
|--------------------------------|------------------------|--------------------------------------------------------|-------------------------|----------------|------------------------------------------------------------------------|
| Javadi et al. (2020) [45]      | Paraffin (n-Octadecane) (28 °C) Low | Cu, CuO, Al₂O₃, TiO₂, SiO₂, multi-wall carbon nanotube, and graphene | Melting                 | Numerical (3D) | Cu at 0.2 concentration in blade shape were the best                   |
| Bashar and Siddiqui (2018) [46] | Paraffin wax, Polyfin (55 °C) Low | Silver, copper oxide, aluminum oxide, MWCNTs           | Melting                 | Experimental  | Silver and copper oxide performed best                                 |
| Khatibi et al. (2021) [47]     | RT82 (76.9–84.9 °C) Low | Al₂O₃, CuO, SiO₂, ZnO                                   | Solidification          | Numerical (2D) | CuO at 0.04 volume fraction were ideal                                 |
| Dastmalchi and Boyaghch (2020) [48] | RT25 (23–25 °C) Low | SiO₂                                                  | Melting and solidification | Numerical (2D) | Used properly, the system decreased the cost of the AC                 |
| Pasupathi (2020) [49]          | Paraffin (63.74 °C) Low | SiO₂, CeO₂                                            | Melting                 | Experimental  | 1% NP showed best improvement                                          |
| Zhou et al. (2016) [50]        | Octadecane Paraffin (27–29 °C) Low | Aluminum                                               | Melting                 | Numerical (3D) and experimental | Thermal conductivities improved with Al %                              |
| Badakhsh et al. (2018) [51]    | Paraffin (53–57 °C) Low | AlN-coated SiC                                         | Melting and solidification | Experimental  | The particles were successful at enhancing the system                  |
| Maher et al. (2021) [52]       | Paraffin wax (52 °C) Low | SiC and Ag                                            | Melting                 | Experimental  | SiC enhanced at 15 wt % showed best results                             |
| Ghalambaz et al. (2017) [53]   | Octadecane Paraffin (30 °C) Low | Hybrid NPs                                            | Melting                 | Numerical (2D) | Large conductivity and low viscosity worked best, hybrid particles worked better than non-hybrids |
| Liang and Chen (2018) [54]     | Eutectic hydrate salts (~11.9, ~10.6, and ~14.8 °C) Low | Carbon                                                 | Solidification          | Experimental  | A good balance for viscosity can increase efficiency of NePCM         |
| Jamalabadi (2021) [55]         | Th-29 (Mostly CaCl₂·H₂O) (29 °C) Low | Cu                                                     | Melting                 | Numerical (2D) | NPs improved the system                                                |
| Marcos et al. (2020) [56]      | Polyethylene glycol (4 °C) Low | Ag                                                     | Melting and solidification | Experimental  | Thermal conductivity was improved up to the highest tested percent (1.1 wt %) |
| Song et al. (2019) [57]        | Polyethylene glycol (33.6 °C) Low | silver on 1D halloysite nanotube                       | Melting and solidification | Experimental  | Nanostructures improved thermal conductivity                            |
| Qian et al. (2012) [58]        | Polyethylene glycol/diatomite (60.51 °C) Low | Ag                                                     | Melting and solidification | Experimental  | The Ag enhanced the PCM                                                |
| Prabakaran et al. (2019) [59]  | OM08 (8–9 °C) Low | Graphene                                               | Solidification          | Experimental  | The graphene sped up solidification and improved thermal conductivity   |
### Table 1. Cont.

| Authors | PCM Melting Point (°C) | Nanoparticle Type | Phase Change Process | Study Case | Result |
|---------|------------------------|-------------------|----------------------|------------|--------|
| Santhosh et al. (2020) [60] | Myristic acid (54.4 °C) | Fe$_2$O$_3$ | Melting and solidification | Experimental | NP increased melting and solidification times |
| Barreneche et al. (2019) [61] | Capric acid (32 °C) | CuO | Melting | Experimental | CA was enhanced up to 1.5 wt% NPs, PA up to 3.0 wt% |
| Mayilvelnathan and Arasu (2019) [62] | Erythritol (120 °C) | Graphene | Melting and solidification | Experimental | Increased NP increased melting and solidification times |
| Mayilvelnathan and Arasu (2020) [63] | Erythritol (120 °C) | Graphene | Melting and solidification | Experimental | The NPs enhanced the system |
| Manickam et al. (2019) [64] | Erythritol (120 °C) | TiO$_2$ and CNTs | Melting and solidification | Experimental | This material would be good for solar applications |
| Mekrisuh et al. (2021) [65] | D-Mannitol (166–179 °C) | Graphene nano-plates | Melting | Numerical (2D) | Optimizing geometry had better results than fins and nano-plates |
| Singh et al. (2021) [11] | Eutectic lithium nitrate and potassium chloride (150–200 °C) | COOH-functionalized Graphene nanoplatelets (f-GNP) | Melting and solidification | Experimental and numerical (2D) | f-GNPs enhance PCM at 5% concentration |
| Chieruzzi et al. (2013) [66] | NaNO$_3$-KNO$_3$ (223–232 °C) | SiO$_2$, Al$_2$O$_3$, TiO$_2$, and SiO$_2$-Al$_2$O$_3$ | Melting and solidification | Experimental | 1.0 wt% SiO$_2$-Al$_2$O$_3$ were the most effective |
| Chieruzzi et al. (2017) [67] | NaNO$_3$-KNO$_3$ (228.2 °C) | silica (SiO$_2$), alumina (Al$_2$O$_3$), and SiO$_2$-Al$_2$O$_3$ | Melting and solidification | Experimental | Most effective were silica/alumina NPs 30 min at 200 rpm |
| Aslfattahi et al. (2018) [68] | NaNO$_3$-KNO$_3$ (225 °C) | MgO | Melting | Experimental | MgO thermally enhanced the system |
| Saranprabhu and Rajan (2019) [69] | NaNO$_3$-KNO$_3$ (250 °C) | MgO | Melting and solidification | Experimental | 0.25 wt% was the best concentration of MgO |
| Myers et al. (2016) [70] | KNO$_3$, NaNO$_3$, KNO$_3$-NaNO$_3$ Eutectic (334 °C, 306 °C, and 222 °C) | CuO | Melting | Experimental | All showed improvement, but especially the eutectic mixture |
| Chieruzzi et al. (2015) [71] | KNO$_3$ (334 °C) | silica (SiO$_2$), alumina (Al$_2$O$_3$), and SiO$_2$-Al$_2$O$_3$ | Melting | Experimental | All improved but silica was significantly the best |
| Yaxuan et al. (2019) [72] | Eutectic mix of NaBr, KBr, LiBr, CaBr$_2$ (310–314 °C) | SiO$_2$ | Melting | Experimental | Factors varied with diameter and concentration |
| Han et al. (2020) [73] | KCl:MgCl$_2$:NaCl (3997 °C) | Al$_2$O$_3$, CuO, and ZnO | Melting | Experimental | Al$_2$O$_3$ showed the best enhancement |

### 3.2. NePCM and Fins

As discussed earlier, other heat transfer enhancement methods are commonly combined with NePCM to provide further enhancement of the LHTES system. NePCM, unlike some other enhancement methods, can be combined with nearly any type of enhancement due to the size of the particles. The following studies assessed NePCM with fins.
Hosseinzadeh et al. [74] numerically studied the enhancement of an LHTES system with branching or rectangular fins and MoS$_2$-TiO$_2$ NPs in water as the NePCM. The system was studied with each enhancement individually and with NPs and fins together. The tree-like fins provided better results than the rectangular fins and no fins. The inclusion of NPs without fins showed that the NPs did improve the system; however, they did not show as much of an improvement as the fins. Together, the best option for improving performance was the NPs of the highest concentration, along with the branched fins. This was significantly better than NPs alone and slightly better than branched fins alone [74].

Hajizadeh et al. [75] also studied the combination of NePCM and branched fins. The numerical study focused on the solidification of RT35 enhanced by Y-fins and CuO NPs in three different cases. The cases were no fins (case one), long Y-fins on top and V-fins on bottom (case two), and V-fins on top with Y-fins on bottom (case three), as shown in Figure 10. The first case was tested with two volume fractions of nanofluid, and the second and third were tested with and without NPs. The system without fins was the least efficient, and case two was more efficient than case three. As a result of buoyancy effects, case two was also more affected by the NP dispersion than case three. The amount of energy decreased with an increase of NPs, but case two stored more energy than case three [75].

Figure 10. Fin configurations for the three cases studied by Hajizadeh et al. (Copyright 2020 Elsevier) [75].

CuO seems to be a popular choice for NPs when combined with fins. Nakhci et al. [76] studied stair-shaped fins and CuO NPs in an LHTES system with lauric acid PCM. No difference was found for the orientation of the fins (upward or downward stairs) early on; however, later in melting, natural convection affected the two orientations differently. Over-
all, the downward stair fins had a shorter melting time due to more uniform temperatures. More fins reduced the melting time but also reduced the total storage capacity, and the same resulted from thicker fins. NPs along with fins improved the melting performance. Smaller stair ratios caused initially faster melting but slower melting later. An increased stair ratio improved the energy storage capacity [76]. Copper oxide particles were chosen also by Li et al. [77], who examined the charging process of paraffin PCM with different sizes and configurations of Y-shaped fins. Six different cases of fins were studied. As is demonstrated in Figure 11, the fourth case, with long, thin fins alternating attachment to the outer and inner wall, was the best case. The worst case was case one, with short fins attached only to the inner wall. Longer, thinner fins allowed for natural convection, accelerating the melting [77].

Instead of rectangular or branched fins, Ren et al. [78] numerically studied the effects of using triangular fins, along with copper NPs, as enhancements for N-eicosane PCM. The two triangle fins were compared with one rectangle fin with the same total volume, which showed that the triangle fins melted more PCM under the same conditions. Comparing different fin lengths, longer fins improved the system, and triangle fins of each length were better than their rectangular counterparts. The melting rate was also improved by the addition of NPs, with greater concentrations producing better results, although the pure PCM with triangle fins was still better than the NePCM with a rectangular fin. However, the greater the percentage of NPs, the less of a difference there was between the two types of fins. NePCM was further studied with the triangular fins, which showed that the long, narrow fins with unequal lengths (longer on bottom and shorter on top, to enhance convection on top and conduction on the bottom) greatly improved the NePCM melting rate [78].

Copper fins are also a popular choice, even with other types of NPs. Mahdi et al. [79] used a triplex tube heat exchanger for the simultaneous charging and discharging of PCM, with an outer tube of cold HTF, a middle tube of RT82 PCM with copper fins extending into it, and an inner tube of hot HTF. Simultaneous charging and discharging is a likely real-world scenario that is not often studied. They numerically studied different fin setups and enhancement with Al$_2$O$_3$ for the system. Adding fins caused natural convection to assist in melting the bottom half of the PCM, where without fins, natural convection would only occur in the top half. Adding V-shaped fins in the bottom half also improved melting. Since it simultaneously charged and discharged, optimization was based on the final steady-state time and final steady-state liquid fraction of the system. NPs provided very little enhancement to the system in comparison to the fins, so they were considered to be unnecessary [79]. Bondareva et al. [80] also used copper fins and alumina NPs to enhance the thermal performance of an LHTES system. They tested various PCMs with NPs and fins as heat sinks for electronics. The rectangular, two-dimensional numerical model with copper fins was heated by a constant source underneath. The liquid volume fraction versus time for the five PCMs tested (n-octadecane, capric acid, lauric acid, RT-50, and RT-80) is shown in Figure 12. Since n-octadecane has the lowest melting point, it started melting first; however, since it melted quickly, it only cooled for a short amount of time. The lauric acid had the lowest temperature heat sink after four minutes, making it the best choice. NPs reduced latent heat, accelerated the melting process, and reduced the overall heat capacity. As a result of this, NPs only enhanced the system up to 2% concentration, which was determined to be the best concentration [80].

Copper and copper oxide seem to be very common and effective materials for fin–NP enhanced LHTES systems. What is lacking is combinations of other fin and NP materials. Some studies also found that in comparison to fins, the NPs were an unnecessary enhancement. This was not the case with all of the studies, and perhaps it was due to the type of NP used in combination with the PCM and melting temperature of the system. Further studies of those systems with other NP materials could be conducted. Additionally, there seems to be a lack of middle and high temperature studies with NPs and fins as well as a lack of experimental studies. A majority—if not all—of these studies with NPs
and fins are conducted numerically. Experimental studies should be conducted in the future. Table 2 summarizes the studies that used NePCM combined with fins to enhance LHTES system.

![Figure 11. The liquid fraction in the six different cases at different times. (Copyright 2020 Elsevier) [80].](image)

![Figure 12. Liquid volume fraction over time for the different PCMs tested by Bondareva et al. (Copyright 2020 Bondareva et al. https://creativecommons.org/licenses/by/4.0/legalcode) Accessed on 18 June 2021 [80].](image)
Table 2. A summary of studies that used NePCM combined with fins to enhance LHTES system.

| Authors                  | PCM Melting Point (°C)                  | Nanoparticle Type/Enhancement Method(s) | Phase Change Process | Study Case          | Result                                                                                                                                 |
|--------------------------|----------------------------------------|----------------------------------------|----------------------|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| Hosseinzadeh et al. (2021) [74] | Water (0 °C), Low                      | MoS₂-TiO₂ and branched fins            | Solidification       | Numerical (2D)       | High NP concentration with branched fins were the best enhancement technique                                                                 |
| Hajizadeh et al. (2020) [75] | RT35 (35 °C), Low                      | CuO and branched fins                  | Solidification       | Numerical (2D)       | NP improved all cases, case 2 worked best                                                                                                                                                               |
| Nakhachi et al. (2021) [76] | Lauric acid (43.4–48.1 °C), Low        | CuO and stair fins                     | Melting              | Numerical (2D)       | NP and stair fins improved melting                                                                                                                                                                     |
| Li et al. (2021) [77]     | Paraffin (n-octadecane), Low           | Copper oxide and fins                  | Melting              | Numerical (2D)       | Long, thin fins from both walls worked best                                                                                                                                                               |
| Ren et al. (2019) [78]    | N-eicosane (35.85 °C), Low             | Copper and triangle fins               | Melting              | Numerical (2D)       | Triangle fins and NP improved system                                                                                                                                                                    |
| Mahdi et al. (2019) [79]  | RT82 (77–85 °C), Low                   | Al₂O₃ and copper fins                  | Simultaneous charging and discharging | Numerical (2D)       | Fins and their geometry had greater effects than the NPs                                                                                                                                                |
| Bondareva et al. (2020) [80] | n-Octadecane (28.05 °C), Capric acid (32 °C), Lauric acid (46 °C), RT-50 (49 °C), RT-80 (81 °C), Low | Al₂O₃ and fins | Melting              | Numerical (2D)       | NPs enhanced up to 2% concentration                                                                                                                                                                    |

3.3. NePCMs and Heat Pipes

Although fins can be used alone, they are often added to heat pipes. This triple combination of fins, heat pipes, and NPs was studied by Koukou et al. [81]. They experimentally studied the melting and solidification of A44 paraffin enhanced with GNPs and finned heat pipes in a small LHTES unit. They also tested the effects of the NPs and HTF flow rate. DSC was used to find thermal properties, and thermocouples measured temperatures during melting and solidification. HTF flow rates of 30, 45, and 60 L/h were tested, with faster flow rates leading to faster melting. For the NePCM, the thermocouples were replaced with thermistors, as the ultrasonic agitation was applied to keep the NP suspended interfered with the thermocouples. The NPs reduced time for both charging and discharging and made it more efficient. An issue occurred during solidification where NePCM coated the heat pipes and impeded heat transfer; however, this was easily overcome by slowing the HTF initially and then speeding it up throughout solidification [81]. Mahdavi et al. [82] conducted a numerical simulation of just heat pipes and NPs, using a two-dimensional axisymmetric model in ANSYS-FLUENT. In the model, the PCM Rubitherm 55 was used in a shell-and-tube LHTES system. Various types of enhancements were tested for their effects on the overall system performance, particularly melting and solidification times and the system capacity to store and release energy. The enhancements included horizontal heat pipes, the addition of different types of NPs, and different NP concentrations. The heat pipes significantly decreased the amount of time required for melting and solidification, therefore improving the overall performance, as shown in Figure 13. The time for a full charge decreased from 2100 min without heat pipes to 341 min with four heat pipes. For four heat pipes, 95% of the PCM melted in 169 min, so if only 95% capacity is needed, the charging time can be cut in half. Discharging time decreased by 96% with four heat pipes compared to none. The 14% decrease in storage capacity due to the heat pipes is
very worth it for these significant improvements. The NP concentration increasing also
decreased the melting and solidification times and the amount of energy that could be
stored. The differences between NP types depended on the number of heat pipes, with
fewer heat pipes resulting in a bigger difference between types. In the case with fewer heat
pipes, silver was the best NP type. Overall, the heat pipes provided more significant results
than the addition of NPs [82].

Another study by Mahdavi et al. [83] numerically investigated a low temperature,
shell and tube LHTES system of RT-55 PCM enhanced with heat pipes and Cu, CuO, Al₂O₃,
or Ag NPs. The number of heat pipes, NP volume fraction, and types of NPs were all
compared. Increasing the number of heat pipes decreased the melting time and created a
more uniform heat distribution. An increased volume fraction of NPs decreased the melting
time; however, it also increased the viscosity and decreased the total heat stored. Silver
had the best results of the types of NPs; however, the type of particle was not significant in
the end [83].

A study by Tiari et al. [84] looked at high-temperature PCM with finned heat pipes
and NPs. They numerically investigated the effects of copper oxide and aluminum oxide
NPs on the melting of potassium nitrate, which is a high-temperature PCM (335 °C melting
temperature). The two-dimensional model included finned heat pipes in a square PCM
container. Constant heat flux was applied to the bottom of the container to melt the PCM.

![Figure 13. The PCM liquid fractions at three different times with the different numbers of heat pipes. (Copyright 2019 Elsevier) [82].](image)
An increased number of heat pipes led to shorter melting times. Three heat pipes were used in the case where different amounts of copper NPs were tested. Melting began faster with the Cu particles, and increasing the amount greatly sped up the melting process and reduced the total melting times. The enhancement above 5% NPs was insignificant, while increased viscosity decreased performance. In comparison, the aluminum oxide particles had only a slightly higher melting rate than the Cu particles, which was insignificant [84]. A similar study was conducted by the same authors on the solidification of a high-temperature LHTES system with potassium nitrate PCM enhanced by copper oxide and aluminum oxide NPs. Different types and volume fractions of NPs along with the number of finned heat pipes were compared. Results showed that an increase in heat pipes increased the solidification rate and decreased the total solidification time. The volume fraction of NPs was studied with copper oxide particles and three heat pipes. Results showed that adding 2% NPs led to a large reduction in solidification time, but the reductions between 2%, 5%, and 10% volume fractions were not as significant. This showed that above 2%, the benefits of higher volume fraction decreased, which was due to increased viscosity. There was not a significant difference between the two NP types [85]. Another high-temperature study by Ren et al. [86] numerically investigated the effects of changing different factors of the enhancements on an LHTES system. The heat pipes, copper foam, and copper NPs were tested at different radii, porosity/pore sizes, and volume fractions, respectively. Each case was compared by melting fraction, energy stored (per unit width), and average temperature. The decreased porosity of the metal foam and increased volume fraction of NPs both increased the melting time with the tradeoff of decreased energy storage. Larger heat pipes also improved melting but decreased the energy storage. As a result of differing heat transfer mechanisms, the average temperature behaved differently at different foam porosities. At high porosity, it increased with a decrease in pore size due to conduction, but this effect lessened at low porosities, since the metal inhibited convection. When testing NPs and foam against each other, it was found that the metal foam had a more efficient enhancement than the NPs [86].

As with the fins, some studies found that the NPs were insignificant in comparison to the enhancement of the heat pipes. However, others found them to still be effective with the heat pipes, and all studies reported some sort of enhancement with the NPs, no matter the type or melting temperature. Overall, it seems useful to look into this combination in the future, perhaps considering different NP types in each individual scenario. Table 3 summarizes the studies that used NePCM combined with heat pipes to enhance LHTES system.

| Authors                  | PCM Melting Point (°C) | Nanoparticle Type/Enhancement Method(s) | Phase Change Process | Study Case     | Result                                               |
|--------------------------|------------------------|----------------------------------------|----------------------|----------------|------------------------------------------------------|
| Koukou et al. (2019) [81]| Paraffin (A44) (44 °C) | Graphite nano-platelets and finned heat pipes | Melting and solidification | Experimental | NPs reduced charging and discharging times           |
| Mahdavi et al. (2020) [82]| Rubitherm 55 (51–57 °C)| Aluminum oxide, silver, copper, and copper oxide NPs and horizontal heat pipes | Melting and solidification | Numerical (2D) | More heat pipes and more NP decreased time, decreased storage capacity |
| Mahdavi et al. (2018) [83]| Rubitherm 55 (51–57 °C)| Cu, CuO, Al₂O₃, Ag, and heat pipes       | Melting              | Numerical (2D) | Enhancements improved melting, but type of NP was insignificant |
Table 3. Cont.

| Authors          | PCM Melting Point (°C) | Nanoparticle Type/ Enhancement Method(s) | Phase Change Process | Study Case       | Result                                                                 |
|------------------|------------------------|------------------------------------------|----------------------|------------------|-------------------------------------------------------------------------|
| Tiari et al. (2018) [84] | Potassium nitrate (335 °C) High | CuO and Al₂O₃, finned heat pipes | Melting             | Numerical (2D)   | Increased concentration of NP improved melting; type did not matter     |
| Tiari et al. (2019) [85] | Potassium nitrate (335 °C) High | CuO and Al₂O₃ and finned heat pipes | Solidification      | Numerical (2D)   | NP improved the system up to 2% volume fraction, which was the same for either NP type |
| Ren et al. (2018) [86] | Li₂CO₃-K₂CO₃ (485.85 °C) High | Cu, metal foam, heat pipes | Melting             | Numerical (2D)   | All enhancements improved the system w/ tradeoff of decreased storage   |

3.4. Highly Conductive Porous Materials Impregnated with NePCMs

It is not only Ren et al. [86] who found that regular NPs were less effective than the addition of foam. Yu et al. [87] attempted to fix the issue of NPs settling by the addition of a dispersing agent and use of ultrasonic dispersion. Carbon graphite foam was used along with spherical AlN (aluminum nitride), one-dimensional tubular carbon nanotubes, or two-dimensional sheet shaped graphene NPs (GnPs) to enhance acetamide PCM. Oleic acid was chosen to disperse the NPs, and the improved dispersion also increased the thermal conductivity. Even with the oleic acid preventing particles from sinking, microscopic aggregates still formed, so ultrasound was used to break particles apart. The relation between time of ultrasound and size of NPs was studied with a particle-size analyzing laser to find volumes. The particles were well-dispersed at 90 min, after which the ultrasound did not make much of a difference. A two-dimensional numerical study was also conducted using ANSYS, with graphene sheets or “virtual particles” (with the same properties other than shape) and acetamide. The GnPs formed thermally conductive pathways, so they had a much greater enhancement effect than the virtual particles. Carbon foam was also tested numerically to compare to the experimental results, which followed the same upward thermal conductivity trend [87].

Other than Ren et al., most low-temperature PCM studies with foam used paraffin-based PCMs. Senobar et al. [88] experimentally tested PCM alone, with NPs, with metal foam, and with both to see which setup was the most effective. The PCM used was RT44HC, with CuO NPs and copper foam. First, a constant temperature heat source was implemented to test melting and solidification; then, a constant flux heat source was used during melting. Both the NPs and metal foam showed improvement over the pure PCM, with the foam being the most effective. The combination of NP and metal foam was not as effective as foam alone. Effectiveness was measured by reduction in melting and solidification times. NPs were also shown to cause hollow portions inside of the solidified PCM. The enhancements were much more effective with the constant temperature heat source than flux. It was concluded that metal foam alone was the best enhancement [88]. Buonomo et al. [89] numerically studied an LHTES system with RT 58 PCM, aluminum foam, heat pipes, and aluminum oxide NPs. The NPs alone showed very little improvement over the pure PCM. The metal foam significantly improved the system, and the system with nano-PCM in metal foam had the quickest melting time of all the systems. The foam did have the drawback of decreasing the energy storage capacity [89].

Ma et al. [90] also experimentally studied paraffin but enhanced with expanded graphene and NPs. The samples included copper, aluminum, iron, and nickel particles
each at five different weight percentages. Ultrasonic oscillation was used to prevent sinking and the agglomeration of particles. The ideal amount of expanded graphene (EG) was found to be 11% to prevent PCM leakage and also have a good heat capacity. Copper and aluminum NPs were the most compatible with the paraffin. Thermal conductivity increased with the addition of NPs, with Cu being the best at 1.95 W/mK for a mass fraction of 1.9% (compared to 0.216 W/mK without any enhancements and 1.073 W/mK with EG), and thermal conductivity was linked directly to temperature. Heat storage speed was accelerated, and heat storage capacity was strengthened with the addition of the Cu particles [90].

In a middle-temperature application, Kim et al. [91] experimentally tested erythritol PCM with carbon foam and several different NPs. The NPs tested were Ag, Al, CNTs, and graphene NPs. The foam, which was impregnated with PCM using the vacuum method, was in an air-tight glass container submerged in a hot oil bath, and the temperature of the PCM was tracked with a thermocouple. All NP-foam combinations enhanced thermal conductivity when compared to carbon foam without NPs. Enhancement in thermal conductivity ranged from 150 to 225%, with Ag, Al, CNT, and graphene increasing in that order. Melting time also decreased, in the same order with graphene as the fastest melting time. Latent heat was reduced with the addition of foam but stayed relatively the same with the addition of the NPs; however, latent heat loss during thermal cycling was lower with the foam [91].

Yu et al. [92] made a high-temperature PCM with the combination of MgCl$_2$, NaCl, and KCl, which was enhanced with expanded graphite and SiO$_2$ NPs. Expanded graphite was shown to decrease the leakage of PCM greatly as well as increase the thermal conductivity. The addition of SiO$_2$ NPs increased the specific heat and the thermal conductivity of the PCM, with an increase of 23.2 times in the solid state and 9.2 times in the liquid state, and thermal cycling showed great thermal stability [92].

The above studies often seemed to find that the addition of metal foam was a more effective enhancement than NPs. While this does not mean that NPs are not a viable enhancement, it is important to try to understand why the foams may have been more effective in these studies. Although foams may have performed better at heat transfer in these studies, NPs take up much less space than metal foams, therefore causing less of a decrease in thermal storage capacity. It is theorized in [87] that the conductive pathway formed by the sheet-shaped graphene NPs made them more effective. It is probable that the pathways formed by the foam make it easier for heat to transfer than singular NPs. A potential solution to this is changing the shapes of NPs in order to better form these pathways. It can also be considered that the tradeoff of larger thermal storage capacity is enough in certain situations to make NPs a better choice than foams. The topic of NP shapes is a potential future research topic to enhance the effects of NePCM. Table 4 summarizes the studies that used NePCM combined with highly conductive porous media to enhance LHTES systems.

Table 4. A summary of studies that used NePCM combined with highly conductive porous media to enhance the thermal performance of LHTES systems.

| Authors                  | PCM Melting Point (°C) | Nanoparticle Type/Enhancement Method(s)                      | Phase Change Process     | Study Case                  | Result                                           |
|--------------------------|------------------------|----------------------------------------------------------------|--------------------------|-----------------------------|-------------------------------------------------|
| Yu et al. (2016) [87]    | Acetamide (Not Reported) Low | Nano-AlN, carbon nanotubes and graphene and carbon graphite foam | N/A                      | Experimental and numerical (2D) | Dispersion techniques improved thermal conductivity |
| Senobar et al. (2020) [88]| RT44HC (41–44 °C) Low | Copper oxide NPs and copper foam                              | Melting and solidification | Experimental               | Metal foam alone was the best enhancement       |
Table 4. Cont.

| Authors                  | PCM Melting Point (°C) | Nanoparticle Type/ Enhancement Method(s) | Phase Change Process | Study Case       | Result                                                                 |
|--------------------------|------------------------|------------------------------------------|----------------------|------------------|------------------------------------------------------------------------|
| Buonomo et al. (2018)    | RT 58 Paraffin (48–62 °C) Low | Aluminum oxide NP, aluminum foam, heat pipes | Melting              | Numerical (3D)   | Metal foam enhanced more than NPs; their combination was best.          |
| Ma et al. (2020)         | Paraffin (28–37 °C) Low | Cu, Al, Fe, and Ni NPs. Expanded graphite porous material | Melting              | Experimental     | Cu were the best and the EG prevented leakage                           |
| Kim et al. (2019)        | Erythritol (120 °C) Middle | Ag, Al, carbon nanotubes, and graphene NPs, with carbon foam | Melting and solidification | Experimental   | All were effective, with graphene as the best enhancement              |
| Yu et al. (2021)         | MgCl₂-NaCl-KCl (383.5 °C) High | Expanded graphite and SiO₂ NPs | Melting and solidification | Experimental   | Both EG and NPs enhanced the system                                    |

3.5. NPs and Multiple PCMs

While it is not the most popular enhancement method, the addition of NPs into a multiple PCM LHTES system is a potential option. Mahdi et al. [93] studied the solidification of multiple PCMs enhanced with cascaded metal foam and NPs in a numerical study. The shell-and-tube energy storage system held between one and three PCMs of different melting points in different segments. There were nine cases each with a unique set of enhancements. Three sets of cases had either no enhancement, NPs, or metal foam. Each of the three sets had three cases: one PCM (RT-60), two PCMs (RT-55 and RT-65), and three PCMs (all three). The PCMs were chosen so that the average phase change temperature in each system was constant (since RT-60 was halfway between the other two). Since they tested solidification, they used conduction as the source of heat transfer. The multiple PCMs were more uniform and much faster in their solidification, without any enhancements. With added alumina NPs, solidification was improved further for all three cases, with even faster solidification. With the addition of the metal foam, solidification was even faster. The case with multiple PCMs and the metal foam was the most effective case [93].

To the authors’ best knowledge and as stated in Mahdi et al. [93], no other studies exist yet that combine the multiple PCM and NP enhancement techniques. This gap in the literature is one that warrants further investigation. Both enhancements were effective and should be studied also for melting, with other types of NPs and for different applications. Table 5 summarizes the studies that used multiple PCMs to enhance LHTES system.

Table 5. PCM, NP type, and enhancements are described for the multiple PCM enhanced experiment. Phase change process, type of study, and a summary of study results are also indicated.

| Authors                  | PCM Melting Point (°C) | Enhancement Method(s) | Phase Change Process | Study Case       | Result                                                                 |
|--------------------------|------------------------|-----------------------|----------------------|------------------|------------------------------------------------------------------------|
| Mahdi et al. (2020)      | RT-55 (51–57 °C)       | Al₂O₃ NPs, metal foam (Al₆O₆1), and multiple PCMs | Solidification       | Numerical (2D)   | All showed enhancement, with multiple PCM and metal foam the best     |
4. Conclusions

In the current literature, the most commonly studied NePCM by far is paraffin-based PCM. Likely due to its low cost and wide variety of melting temperatures, this low-temperature PCM is used in all types of studies. Other commonly used PCMs include water, NaNO$_3$-KNO$_3$ mixture, KNO$_3$, chloride mixtures, PEG, erythritol as a middle temperature PCM, and fatty acids, especially lauric, capric, and palmitic. The most common NP type is Al$_2$O$_3$, which is followed by copper, copper oxide, carbon-based, SiO$_2$, and many others, usually metals and metal oxides.

Comparing NP types for NePCM can be tricky. The “best” NP type is highly dependent on the individual situation, including melting temperature, type of PCM, and other applied enhancement methods. There appears to be no strong pattern between the best NPs in each study. For example, Al$_2$O$_3$ is generally accepted as a good NP for NePCM; however, studies showed that certain particles occasionally worked better, and sometimes, these Al$_2$O$_3$ particles sank. The treatment of these NPs to create a more consistent performance in LHTES systems is an unexplored area for potential future work.

The density of the PCM used can affect whether NPs sink. Some studies even used stirring during or between cycles to prevent sinking, keep an even distribution, and prevent agglomeration. This was effective in accomplishing those goals; however, it does take energy. One benefit of NPs dispersion as a heat transfer enhancement is its passive nature. Adding in a stirring step adds an active element to this enhancement, requiring external energy to be used. Since the goal of LHTES is to store energy, using energy for this purpose may not be the ideal solution.

The addition of other enhancements such as metal foam, fins, heat pipes, and multiple PCMs to NePCM has shown to be beneficial to the systems. Many studies found that the NPs further enhance these systems. However, some studies did find the effects of NPs to be weak compared to the other enhancements. This was the case for some—but certainly not all—of the cases with metal foams, heat pipes, and fins. Multiple PCMs should be studied further to better test the effects of adding NPs.

A potential reason for the cases that found NPs to have a weaker effect is that other techniques form conductive pathways that transfer heat faster than spherical NPs. Conductive pathways cannot be formed by spherical NPs, as the addition of too many NPs caused an agglomeration of particles that hinders their enhancement ability. One possible solution is to test more NPs of different shapes, as some of the studies here have done. Longer and thinner particles seem to have this ability to form conducive pathways, which is something that should be studied in the future. Another issue found was that sometimes with metal foams and NPs, the particles can cause hollow portions in the PCM. Finding the root of and remedying this issue is another potential future work.

Other potential future work includes studying different shapes of NPs. Some studies have begun looking into this. For example, carbon is a great enhancement, and it seems as though the shape affects how well it works. MWCNTs seem to be more effective than plain graphite particles. Other gaps in the literature include middle and high-temperature NePCMs and combining with other enhancements. Most current studies used low-temperature NEPCM, so looking further into higher temperatures is important in the future. There are also fewer studies that combine NPs with other enhancements than there are of just NPs alone. Another future work could be establishing the effectiveness of different NPs at different temperatures to search for patterns.

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