The Effect of Design Parameters on Mechanical Characteristics of Porous CoCrMo Scaffold Manufactured by Additive Manufacturing

Siti Rohaida Mohamed¹, Saiful Anwar Che Ghani¹*, Worapoong Sawangsri², Mohd Azwan Azizi³

¹Human Engineering Group, Faculty of Mechanical Engineering, Universiti Malaysia Pahang, MALAYSIA
²Department of Electro-Mechanical Manufacturing, Kasetsart University, THAILAND
³Zauber Engineering Sdn Bhd, Jalan Mega A, Bandar Teknologi Kajang, 43500 Semenyih, Selangor MALAYSIA

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Abstract: Metallic orthopedic implants to replace or generate lost bones caused by traumatic road traffic injuries often failed prematurely after surgery. Bone resorption caused by stress shielding of metallic implants became a main concern as it can potentially lead to bone implant failure. Metallic scaffold designed in porous structures fabricated using additive manufacturing (AM) are widely used as bone implant, since the elastic modulus of the scaffolds can easily tailored according to the bone properties, and the large surfaces are beneficial to cell ingrowth. The microarchitecture of scaffold can control their mechanical and biological properties, but it is found that there is lack of systematic approach to select a cell topology with full perspective requirements of bone implant. This paper presents a systematic approach of design space mapping for two CoCrMo unit cell shapes namely square and diamond to understand the relationship between geometrical parameters with additive manufacturing limitation, mechanical and bone ingrowth requirements. The compressive response of the components was simulated by finite element analysis and the influence of design parameters on the scaffold behaviour was compared theoretically with Gibson and Ashby model. The FEA give prediction for effective elastic modulus of 3 GPa to 4.8 GPa for diamond type and range of 6 GPa to 29 GPa for square type. Experimental results showed accurate prediction of compression elastic modulus with average error of 13% for diamond type and 35% for square type respectively. The significance of the methodology and the results showed that different design parameters of the structures can play a major role in the mechanical behaviour of the metallic scaffold.

Keywords: Metallic scaffold, bone implant, additive manufacturing, design space, FEA, CoCrMo

1. Introduction

Effect of road traffic injuries (RTIs) is significantly high contribution to deaths and injuries and are responsible for more lost years of life than most human diseases [1]. Porous metallic scaffold are commonly used in bone regenerative medicine and orthopaedic implant to replace damaged bone tissue and to restore its functionality [2, 3]. Orthopedic fractures including oral and maxillofacial fractures were the most common injuries among inpatients due to road traffic accidents (RTA) in Taiwan from 2002 to 2011, whereas approximately four injuries recorded every hour in Saudi Arabia [4].
Co-Cr-Mo alloys are one of the most important biomaterials used in bone implant, dental and tissue engineering due to their high strength, wear, fracture toughness and corrosion resistance [5, 6].

Porous scaffold with controlled modulus can be applied to improve mechanical stability and increase flexibility for better biological response with bone tissue. The function and overall performance of scaffold rely upon the careful selection of cell topology, porosity interconnectivity, pore shape and size, each affecting load-bearing capacity, mechanical stability and rate of bone ingrowth [7, 8]. Countless literatures have been published reporting optimum pore size range to promote and support biological response in bone tissue regenerative implants [9, 10]. In summary, optimum pore size for in vivo bone regeneration is bigger than 500 µm whereas, bigger pore size allowed proper new blood vessel formation [11-13]. Meanwhile, the optimum pore size for in vitro is in the range 50 µm to 400 µm [14, 15]. The smaller pore size was better for initial adhesion, cell proliferation and differentiation [16].

However, the rationally design and fabrication technique of the scaffold can be a challenge in order to considered their both mechanical and biological response. A variety of approaches were developed to produce porous scaffold with homogenous pore distribution and high degree of porosity interconnectivity [17-20]. The structures with a defined pore size with a specific porosity gradient are difficult to achieve since no agreement on quantitative criteria specifying cell topologies parameters for optimum mechanical and biological responses [21, 22].

In parallel of reliable additive manufacturing (AM) technologies, the fully porous scaffolds with controlled architecture and desirable functional are enable to manufacture [23, 24]. Selecting a cell topology without systematic approach always leads to the design of scaffold with pore size range bigger than optimum range for bone ingrowth requirements [25, 26]. Furthermore, the thickness limitation of additive manufacturing process can affect the admissible design range of scaffold topologies parameters [27, 28].

Finite element analysis (FEA) is a cost and time effective tool to predict and evaluate the mechanical properties of different porous structures at the macroscale and mesoscale level [29, 30]. Wang, et al. [31] found that effective elastic modulus via FEA modelling was increasing with increased diameter of the internal strut where diameter of strut 0.3 mm and corresponded to a porosity 80% was found to be comparable to the human cortical bone. Similarly, Gao, et al. [32] reported that the maximum von Mises stresses of porous structures were gradually decreased along with the increasing strut size. However, the structures with strut diameter 0.8 mm provided a good load transfer to bone tissue while resisting the mechanical failure.

This paper presents a systematic visualization methodology to understand the interplay between topological parameters of designed scaffold with mechanical and biological requirements for optimum performances. This approach enables the generation design space mapping contribute of pore size, porosity, unit cell size, strut thickness with the constraints of both manufacturing limitation and bone ingrowth requirements. The methodology is applied and demonstrated in this paper with two different unit cells namely diamond and square that represented bending-dominated and stretch-dominated cell type. Structural designs were simulated using finite element analysis (FEA) to predict the morphology parameters on the structures effective stiffness. The selected samples were fabricated by additive manufacturing and undergone compression test for FEA validation.

2. Methodology

2.1 Development of Design Space Domains

The mechanical properties and biological behaviour of a unit cell for meta-biomaterials are regulated by the topology features such as interconnectivity, pore shape, pore size, porosity, strut thickness, and used biomaterials. However, the way stated morphological geometries influence the mechanical and biological properties are not certainly intuitive. Thus, this paper develops a parametric model to illustrate the geometry of a unit cell and afterwards use it to visualize its morphological properties on a design chart. The chart model allows to visually examining what porosity and pore size combination exist and are possible to fabricate.

In this study, diamond and square unit cell are selected, which their parametric geometric models are used to generate the design domains. Both of unit cells have a stiffness matrix with a cubic symmetry and they exhibit nearly isotropic mechanical properties. From the given geometric topology, a computer aided design (CAD) model is generated for each selected unit cell. The overall unit cell type is controlled by two parameters which are strut thickness (t) and unit cell size (l). Each unit cell can be scaled through these parameters combination to obtain resultant of desired porosity and pore size. In this study, the pore size is define by largest circle correspond that can pass between neighbouring cells in meta-biomaterials structure. The porosity is measured from the percentage of void on fully solid cells as in Equation 1.

\[
\text{Porosity (\%)} = \left(1 - \frac{V_p}{V_s}\right) \times 100
\]

where \(V_p\) is the volume if the porous unit cell and \(V_s\) is the volume of the fully solid unit cell.
The resultant pore size and porosity can be plotted in contour maps with pore size on the x-axis and strut thickness on the y-axis. Meanwhile, the value of cell size and porosity are illustrated as isometric lines. The visualization model can help to understand the relationship between the geometrical parameters of a unit cell. From the contour area, the following bone in-growth requirement and manufacturing limits can be overlaid to highlight the admissible design space. The vital criteria for generating design space are as follows:

- Bone in-growth requirement: pore size between 50 and 800 µm with porosity higher than 50% are favorable for optimum biological response [33-35]. These values are illustrated as red lines in the design space chart.

- Manufacturing constraint: Additive manufacturing (AM) technologies are limited to produce a nominal strut thickness of 200 µm of meta-biomaterials depending on selected process parameters [36, 37]. The line constraint is included in the design space chart as a horizontal red line.

### 2.2 Selection of Design Representation Samples

The triangular design domain emerges with boundaries as in the blue area representing the value of the geometric parameters with respect to appropriate for bone in-growth and manufacture capability of AM technology. All the designs of meta-biomaterials falling within the domain area are satisfactory solutions that emerge the bone in-growth requirements and AM limitations. The design space for this study is illustrated in Fig. 1.

Representative points (in black) at the boundary region of the domain are selected for prediction of effective elastic modulus. For diamond unit cell, seven points are selected where the porosity is in the range of 50% to 80% (points Diamond #1-7). Meanwhile, for square unit cell, six points are selected in the range of porosity of 50% to 70% (point Square #1-6). These points allow for a direct comparison of the effect of cell topology across unit cell length, pore size and porosity with morphology corresponding to ideal requirement of orthopedic implants. The morphological details for the selected points are summarized in Table 1.

### 2.3 Finite Element Analysis

In order to obtain a prediction of the effective elastic modulus (\(E_{eff}\)) of selected design points, a model proposed by was utilized and calculated using equation 1 where the elastic modulus of solid material for CoCrMo is 220 GPa.

\[
\frac{E^*}{E_s} = C \left( \frac{\rho^*}{\rho_s} \right)^2
\]

where: \(E^*\) is elastic modulus of design samples, \(E_s\) is elastic modulus of solid material, \(C\) is constant, \(\rho^*\) is density of cellular structure and \(\rho_s\) density of solid material. From the equation 1, it is proven that the elastic modulus is dependent upon the relevant density and density can be related to porosity by equation 2 where \(\varphi\) is porosity.

\[
(\frac{\rho^*}{\rho_s}) = 1 - \varphi
\]

Therefore the equation 2 can be rewritten as equation 3 to calculate the effective elastic modulus where \(E_{eff}\) effective elastic modulus

\[
E_{eff} = E_s \left( 1 - \varphi \right)^2
\]

Originally, the Gibson and Ashby model was developed to predict the elasticity of a three-dimensional open cellular which is effective elastic modulus (\(E_{ana}\)) structure when the structure was loaded vertically upon unit cell geometry that is similar in this research study to determine the mechanical properties.
ANSYS 18.0 finite element modelling software was used to predict the effective elastic modulus of the selected design points. The software was also used to perform a simulation that considered the effect of variation within a porous component in order to investigate what effect this had on the effective stiffness. The finite element model was employed for compression due to the need of a detailed response at the mesoscale. In order to prevent high CPU times for solving numerical model, considering the geometry symmetry of the design structure, one tower of the structure containing six layers with one cell in each layer was chosen to perform the finite element analysis. The FEA model in this study were similar to the previous study by [38].

The FEA models were given the input material properties of medical graded CoCrMo alloys as shown in the Table 2. Each model was meshed using SOLID 185 four node tetrahedral elements. An element of 0.1 mm was used in each simulation. 3D finite element analysis quasi-static simulations were performed. Boundary condition in which a uniform 0.01% compressive strain was applied within the material elastic limit to top face of the structure, whereas the bottom surface was fully fixed in the all degree of freedom. No boundary constraints were applied to the sides of the design structures. The applied boundary conditions in this study adopted by previous study by [39]. The uniformity of the von Mises stress distribution within the struts was computed and the average stress was evaluated.

2.4 Material and Manufacturing

The selected samples for validation were produced using SLM 125HL with the building direction as shown in Fig. 2. A 300 W laser with energy density of 119 J/mm³ and scan spacing diameter of 0.12 mm was used for manufacturing selected samples for finite element justification. The representative samples are made by medical graded CoCrMo due to their excellent corrosion resistance and fracture toughness with average size of powder particle was 25 µm and the layer thickness during SLM process was 30µm. The samples were processed for post treatment at 1100 ºC for 2 hours under argon environment and were removed from built plate using EDM wire cutting.

| Table 1 - Geometrical detail of the selected design samples |
|----------------------------------------------------------|
| Unit cell | Unit cell length (mm) | Strut size (mm) | Pore size (mm) | Porosity (%) |
|-----------|------------------------|----------------|----------------|--------------|
| D1        | 1.5                    | 0.3            | 0.76           | 82           |
| D2        | 1.5                    | 0.4            | 0.66           | 70           |
| D3        | 1.5                    | 0.5            | 0.56           | 58           |
| D4        | 2.0                    | 0.4            | 1.1            | 80           |
| D5        | 2.0                    | 0.5            | 0.91           | 74           |
Table 2 - Material specification of CoCrMo

| Density (g/cm^3) | Young Modulus (GPa) | Poisson ratio | Yield strength (MPa) | Ultimate strength (MPa) |
|------------------|---------------------|---------------|----------------------|------------------------|
| 8.29             | 220                 | 0.3           | 880                  | 1150                   |

2.5 Compression Testing

From each design point in the design space (Table 1), one sample was randomly selected and compression using quasi static compression machine with 50 kN load and a constant strain rate of 0.01 s^-1. Five replicated for each design solution. The ISO-13314 standard was followed to determine the samples elastic modulus. The elastic modulus, yield and ultimate strength of the samples were determined from the stress-strain curves. The yield strength was measured using 0.2% offset method based on the first maximum compressive strength was recorded.

Fig. 1 - Manufactured samples with build direction

3. Results And Discussion

3.1 Effective Elastic Modulus

The effective elastic modulus was obtained from the mathematical calculation for each designed structure. Table 3 shows the effective elastic modulus of each structure obtained from Ashby and Gibson equation model. The highest $E_{eff}$ for diamond type structures is 46.55 GPa with porosity of 54% for sample D7. Meanwhile the lowest $E_{eff}$ for diamond type is 7.13 GPa with porosity of 82% for sample D1 and D4. The highest $E_{eff}$ for square type is 55 GPa with porosity 50% for sample S6 and the lowest $E_{eff}$ is 19.8 GPa with porosity of 70% for sample S1 and S4. The samples including...
D3, S3 and S6 exhibited lower porosity due to more dense and larger struts size compared to other samples. The \( E_{\text{eff}} \) of the selected designed samples were directly proportional to the volume porosity.

Fig. 3 shows the relationship between porosity and effective elastic modulus using Gibson and Ashby model for both sample types with a comparison of \( E_{\text{eff}} \) obtained from previous study. The \( E_{\text{eff}} \) is decreased toward increasing of porosity percentage. Interestingly, the \( E_{\text{eff}} \) obtained with porosity higher than 60 % are closer and in range of mechanical properties of human bone (1-30 GPa). Thus, samples D1, S3 and S6 obtained \( E_{\text{eff}} \) that out of the range of human bone properties.

### 3.2 Finite Element Analysis

An ANSYS Workbench program (ANSYS, USA) was utilized to predict the equivalent stress and elastic modulus of the selected designs. The simulation results of designed structures were validated with experimental values. Table 4 summarizes the average effective elastic modulus from finite element analysis.

| Sample | Porosity (%) | Effective elastic modulus, \( E_{\text{eff}} \) (GPa) |
|--------|--------------|---------------------------------------------|
| D1     | 82           | 7.13                                        |
| D2     | 70           | 19.80                                       |
| D3     | 58           | 35.20                                       |
| D4     | 80           | 7.12                                        |
| D5     | 74           | 16.04                                       |
| D6     | 66           | 26.95                                       |
| D7     | 54           | 46.55                                       |
| S1     | 70           | 19.80                                       |
| S2     | 60           | 30.40                                       |
| S3     | 50           | 55.00                                       |
| S4     | 70           | 19.80                                       |
| S5     | 60           | 30.40                                       |
| S6     | 50           | 55.0                                        |
According to finite element analysis, the $E_{\text{eff}}$ of diamond type was in the range of 3.01 GPa to 4.79 GPa. Meanwhile, the elastic modulus of square type was in the range of 6.34 GPa to 28.75 GPa. All samples for diamond square were in the range of mechanical properties of cancellous bone properties (1-15 GPa). More samples of square type exhibited elastic modulus similar to cortical bone properties (15-30 GPa) except for sample S1 and S4 which were in the range of cancellous bone. The results show the pore structure can tailor the elastic modulus from the porosity value and different pore shape may produce more predictable mechanical compressive behavior.

Both type of structures were deformed with same failure mechanism whereas their possessed different volume fractions. Deformation mechanism represented plasticity for square and diamond type structures with 10% strains in Fig. 4 and Fig. 5, respectively. It can be seen that the deformation commenced from the top and then, the collapse of the
each layer of the cell continuously. The homogeneity of failure mechanism was indicated to potential of high impact resistance from the struts of the samples [40]. Since struts of the structures withstand axial deformation owing to their parallel direction relative to the loading, buckling micro-struts was expected owing to high release of energy as each stage of collapse [41].

Stress fluctuation was explained by failure of each layer shown in Fig. 4 (b) and Fig. 5(b). Failure in diamond type structures was seen to be accompanied by shearing of the micro struts leading the structure to tend to bending dominated deformation. Crushing of struts towards central plates led to the development of a continuous shear band of 45° around the model Fig. 5 (b). Thus, it is deduced the less energy was released at the stage of failure of diamond type as a result of strut inclination compared the buckling mechanism in square type structures. It can be inferred from the results that the micro-strut orientation plays crucial role in deformation mechanism and consequently in stress strain behavior of scaffolds [41].

![Fig. 4 - Deformation mechanism of square type structures shows buckling effect](image)

It is worth noting that the FEA model was developed for a fundamental study of deformation in porous structures and mainly emphasized the default options available in ANSYS structural module. FEA model used in numerical study was based on ideal geometry while the manufactured struts surfaces might be irregular. This could lead to imperfections either acting as stress concentrators or providing additional material to struts by counteracting compressive load in the manufactured structures [38]. Moreover, the porosity and surface roughness might also affect the mechanical response of the porous structure of manufactured samples but those parameters were not considered in the FEA model [42].

![Fig. 5 - Deformation mechanism of square type structures shows buckling effect](image)
3.3 Mechanical Properties of Structures

Compression mechanical properties were obtained by experiment and compared with effective elastic modulus obtained by finite element analysis for validation. Three selected designed structures namely D2, D5 and S5. Fig. 6 shows the elastic modulus obtained from experimental and simulation of these selected designed structures. The details mechanical properties of selected structures were summarised in Table 5.

All the experimental results for the selected samples show lower elastic modulus compared to results from finite element analysis and Gibson and Ashby equation model. The elastic modulus obtained from experimental was in the range of 2.29 GPa to 8.75 GPa and were closer for cancellous bone properties. However, the experimental results were in good agreement with results obtained from finite element analysis. It is show that modelling approach in this work has provided helpful justification the theory that can have significant effect on the mechanical properties of the structures. In addition, mesh sensitivity might plays important role in the accuracy of finite element model [43]. Thus, mesh sensitivity analysis is suggested to carry out in the future work.

The stress-strain curves of the compression tests for the selected samples were shown in Fig. 7. The samples experienced an initial settling period represented plateau stress which is show as non-linear and concave upwards line. The structures continue to deform at a nearly constant plateau stress until the structures were collapsed. The deformation occurred shown the elastic-plastic behaviour which is indicated the ductility and brittleness of the structures [44]. The stress strain illustrated the typical bending-dominated structures. The selected structures were tougher and ductile and capable to absorb energy during loading impact and higher resistance to plastic buckling [45, 46]. The large area of deformation is obtained especially for S5 due bigger than other structure due the larger strut size of 0.6 mm. Consequently influences higher modulus of toughness that was in range of 41 MJ/m$^3$ to 235.64 MJ/m$^3$.

![Fig. 6 - Comparison of the values for the effective elastic modulus](image)

The stress-strain curves obtained from this study did not have and densification region due to typical elastic-plastic deformation has been observed [47-49]. The densification after plastic region observed in metallic cellular structures by Gibson and Ashby [50] under uniaxial loading was not observed in this study. This might be attributed to the brittle behaviours of the strut before the densification begins, which is in agreement with the findings by Gümrük, et al. [51], Limmahakhun, et al. [52] and McKown, et al. [53].

| Sample | 0.2% yield strength, MPa | Ultimate compression strength, MPa | Modulus of resilience (MJ/m$^3$) | Modulus of toughness (MJ/m$^3$) |
|--------|--------------------------|-----------------------------------|---------------------------------|-------------------------------|
| D2     | 52.4 ± 2.65              | 85.15 ± 3.97                      | 5.48                            | 63.40                         |
| D5     | 41.3 ± 1.64              | 63.2 ± 0.99                       | 10.43                           | 41.14                         |
| S5     | 111.3 ± 3.61             | 261.01 ± 2.36                     | 8.22                            | 235.64                        |

Table 5 - Mechanical properties of selected structures
4. Conclusion

In treating skeletal fractures affected by road traffic accidents, replacement or generation of lost bone requires the orthopedic implants to be designed using design space tool. Design space is a tool to visualize and understand the role of cell topology including unit cell size, pore size, porosity, and strut thickness as the function of design parameters controlling of porous structures. Design space in this research has been used in studying the relationship of the interplay of cell topology based of square and diamond unit cell, bone ingrowth requirement and manufacturing limitation influencing the design of porous structured with desired properties for bone scaffold. It is found that pore size bigger than 50 µm with porosity higher than 50% are favourable for bone in growth requirement and additive manufacturing technology is limited to produce strut thickness smaller than 200 µm.

FEA in bone implant modelling is a numerical simulation approach to evaluate the behaviour of various design models on the stress under compressive condition. By simplifying the FEA model to reduce time of analysis, FEA has analysed the von Mises and effective elastic modulus was calculated. It is found that effective elastic modulus in the range of 3 GPa to 4.8 GPa for diamond type and the range of 6 GPa to 28.8 GPa for square type. Square and diamond unit cell shapes are represented bending-dominated and stretch-dominated of porous structures.

In this study, three samples namely D2, D5 and S5 made of CoCrMo and produced by AM have been tested mechanically under compression loading. It is found that the calculated elastic modulus was 2.8 GPa for D2, 2.3 GPa for D5 and 8.8 GPa for S5. The observed elastic modulus was in similar to cancellous bone properties. Within the limitation of the study, the cost and time effective FEA approach did reflect the true mechanical properties of an infinite structure of CoCrMo scaffold with the average error of 13% for diamond and for 35% for square. This study assists researcher to explore new bioinspired geometries that can be used for metallic scaffold manufactured by additive manufacturing. Future work can focus on more design parameters of different unit cell shape for early step in implant design to eliminate stress shielding and stimulate bone ingrowth for performing biological testing, static and dynamic analysis on the structures.

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