Single-molecule detection with a millimetre-sized transistor

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Label-free single-molecule detection has been achieved so far by funnelling a large number of ligands into a sequence of single-binding events with few recognition elements host on nanometric transducers. Such approaches are inherently unable to sense a cue in a bulk milieu. Conceptualizing cells’ ability to sense at the physical limit by means of highly-packed recognition elements, a millimetric sized field-effect-transistor is used to detect a single molecule. To this end, the gate is bio-functionalized with a self-assembled-monolayer of 10^12 capturing anti-Immunoglobulin-G and is endowed with a hydrogen-bonding network enabling cooperative interactions. The selective and label-free single molecule IgG detection is strikingly demonstrated in diluted saliva while 15 IgGs are assayed in whole serum. The suggested sensing mechanism, triggered by the affinity binding event, involves a work-function change that is assumed to propagate in the gating-field through the electrostatic hydrogen-bonding network. The proposed immunoassay platform is general and can revolutionize the current approach to protein detection.
any systems in nature interact at the single-molecule level. Sea urchins’ sperm cells sense environmental cues down to the physical limit to quickly find the oocyte. Neurons can track single pheromones while rod cells on the retina respond to single photons. To assure a high interaction cross-section, a large number of highly-packed receptors are generally engaged.

Label-free single-molecule detection has up until now been achieved with nanometre-sized transducers. Paradigmatic is the single DNA strand detection by means of few bio-probes attached to a single-nanotube transistor. A plasmon-enhanced-field generated in gold nanorods and nanopores, as well as nanoscopic force-spectroscopies, were also proven capable of single-molecule label-free detection. Apparently, the current approaches, relying on a nano-transducer hosting few bio-receptors, are unable to sense a cue in a bulk milieu because the interaction cross section is negligibly small. Furthermore, the fabrication scalability of nano-transducers can be challenging. Printable bioelectronics show promises for healthcare and human well-being.

Electrolyte-gated organic-field-effect-transistors (EGOFETs), are sensors endowed with selectivity by the integration of bio-recognition elements. Their sensitivity has so far enabled a detection limit of 40 aM (10⁻¹⁸ moles l⁻¹, M) or equivalently of 2.4 × 10³ molecules in 100 µl.

Here we report a label-free, single-molecule detection platform based on an EGOFET immobilizing anti-human-Immunoglobulin-G (anti-IgG) capturing antibodies on its millimetre-sized gate, and demonstrate the selective detection of a single human-IgG in diluted saliva (L. Torsi et al. “A field-effect transistor sensor.” European Patent Application no. 17177349.2, filed 2017) and 15 ± 4 IgGs in whole serum. This single-molecule transistor (SiMoT) platform shows in both cases world record detection limits in label-free assays and holds the potential to set the ground for a revolution in protein detection and bio-markers label-free assay for early medical diagnostics.

Results
Label-free proteins detection at the physical limit in serum. Figure 1a, b shows the SiMoT comprising a gold gate modified with a self-assembled monolayer (SAM) of the capturing anti-IgGs and a P3HT organic semiconductor (OSC) which forms the FET-channel while water serves as the gating electrolyte. Typical SiMoT output (I_D – V_D) and transfer (I_D – V_G) characteristic curves are shown in Supplementary Fig. 7a, b (Supplementary Note 4), respectively.

The SAM, featured in Fig. 1c, comprises a chemical (chem-SAM) and a biological (bio-SAM) SAM. The former is composed of mixed alkanethiols endowed with carboxylic terminal groups (3-MPA and 11-MUA, 10:1) that spontaneously self-assemble on a gold surface. After the EDC/sulfo-NHS chemical activation of the chains’ carboxylic groups, the capturing anti-IgGs are conjugated to the chem-SAM, by immersing the gate in an anti-IgG solution. The layer of anti-IgGs attached to the chem-SAM forms the bio-SAM. To confer chemical stability to the SAM, the blocking of unreacted carboxylic groups with ethanolamine was carried out. Relevantly, this also generates a network of hydrogen bonds that tightens the shorter chains into a packed monolayer and is likely capable of sustaining electrostatic cooperative interactions.

Both the chemical activation and the mixed lengths of the chains in the chem-SAM are known to promote the assembly of...
a dense layer of proteins\textsuperscript{30}. Hence, finally, a bio-SAM composed of $\sim 10^{12}$ capturing antibodies was produced (Supplementary Note 1). The anti-IgGs are packed on the gate at a density of $10^4 \mu m^{-2}$ which is comparable to that of guanylyl cyclase receptors present on a sperm cell or rhodopsins in photoreceptors\textsuperscript{31,32}, both capable of single entity detection. The bio-SAM comprises also an aliquot of physosorbed bovine serum albumins (BSAs, Fig.1c) that minimizes non-specific binding and further compacts the anti-IgG bio-SAM by filling the voids left after the anti-IgG conjugation (Supplementary Notes 1, 2). This is confirmed by the evidence that the overall SAM thickness (5.6 nm) does not change after the BSA deposition (Supplementary Note 1).

Human-IgG (Fig.1d) is the affinity ligand that selectively binds to the anti-Human-IgG. Human-IgM (Fig.1d) and BSA, that do not bind to the anti-Human-IgG, serve to negative control experiments. Endogenous bovine-IgG in bovine serum does not bind anti-Human-IgG either.

The IgG detection is performed by measuring the SiMoT transfer characteristics after incubation of the SAM in 100 μl of phosphate buffer saline (PBS) standard solutions of IgG ranging from $6 \times 10^{-2}$ zM to $6 \times 10^8$ zM nominal concentrations. The PBS solution reproduces a physiologically relevant environment having a pH of 7.4 and an ionic-strength of 162 mM, that are both characteristic of blood serum. The standard solutions dilution and sampling errors are given in Supplementary Table 3 and described in Supplementary Note 5.

Typical sensing transfer characteristics, measured after incubations of the same SAM into progressively more concentrated IgG standard solutions, are shown in Fig. 2a. The red curve, taken as the base-line, is measured after incubation of the SAM in bare PBS solution. The subsequently measured black curve corresponds to the incubation in the 6 zM solution. Apparently the red and black curves are not significantly different. This is expected as there is a probability of 68.3% of not finding any IgG in 100 μl of a 6 zM solution. The blue curve measured at $60 \pm 30$ zM nominal concentration shows, over tens of replicates, a significant current decrease as well as a shift towards more negative gate voltages. This trend is replicated as the standard solutions with increased IgG concentration are progressively assayed, until the saturation of the response is reached. The transfer characteristics as a function of the IgG concentration are systematically reproduced by means of the SiMoT model (Supplementary Note 6) that accurately predicts the measured curves in the whole range of IgG concentrations with the same set of few physical parameters (Supplementary Table 4). Relevantly, the SiMoT model foresees that, along with the channel current, only the threshold voltage, $V_T$, changes upon affinity binding. This is expected as the gate is designed to be about two orders of magnitude larger than the FET channel and the SAM is a high capacitance, ion-permeable membrane (Supplementary Note 3b) very responsive to electrostatic changes (Supplementary Note 6). This occurrence is also corroborated by the FET response (Supplementary Note 8) being largely reduced in high saline solutions (Supplementary Fig. 12) and this was the rationale for choosing to operate the device in pure water where the Debye length, $\lambda_D$, is 100 nm.

Figure 2b shows a graphical correlation between the SiMoT $V_T$ shifts towards more negative potentials and the decrease of the gate work-function ($\phi$) at each functionalization stages and after the affinity binding\textsuperscript{31}. The decrease in $\phi$ is generated by the electrostatic effect of a dipole directed along the z-axis while attached to the x–y gate surface, pointing away from it with its positive pole\textsuperscript{32}.

The SiMoT response (relative current variations) to IgGs in PBS standard solutions are given in Fig. 3a as squares, while the circles are the responses to IgM. An anti-Human-IgG SAM served as capturing layer and the proteins involved are all isolated from pooled normal human serum. The data points are the average over three replicates and the full line is the result of the SiMoT dose-curve modelling (Supplementary Note 7). A limit of detection (LOD) level at 11.6%, corresponding to a single protein, is estimated from the noise level of the control experiment and the high selectivity is proven by the zero response of the control assay in the whole concentration range.

The SiMoT model for the sensing dose curves, detailed in Supplementary Note 7, is based on the Poisson distribution probability suitable to account for single binding events. The model assumes that the SAM is divided into a number of domains each comprising a given number of capturing anti-IgGs. If one IgG binds to any of the anti-IgGs in a given domain, the latter supposedly entirely changes its work-function, $\phi$, due to collaborative interactions that propagate the change. The process is assumed to be irreversible and stable as no other change in $\phi$ is possible, within that domain, if any other affinity bindings take place. The model foresees that the more compact, or electrostatically connected and defect-free the SAM is, the larger the...
domain generated upon interaction with the first single IgG and the steeper the dose curve in the single molecule range is.

In Fig. 3b the IgG assay in PBS is zoomed into the 0–100 zM range. The response at a given concentration is plotted against the total number of ligands present in all the solutions sampled until the incubation at that concentration is performed. The relevant Poisson errors are plotted as well. As it is apparent, the responses measured at 10 zM and 20 zM (1 ± 1 particles) are beyond the LOD and prove that the SiMoT assay is capable to measure a LOD of 1 ± 1 molecules directly.

IgG is assayed at the single-protein limit also in diluted human saliva. To this end, the endogenous IgG content in a sample of real human saliva. The IgG concentration of the whole saliva, independently assayed by means of surface plasmon resonance (Supplementary Note 9), is 40 ± 6 nM (10⁻⁹ M). The data points are relevant to three replicates for each dose curve while the saliva was sampled from the same batch. The reproducibility error, over three replicates, is within 4% at most. The red curve is the result of the SiMoT dose curve model carried out with the same set of parameters derived from the calibration dose curve in PBS (Fig. 3a). A SAM, comprising no capturing anti-IgGs but only conjugated BSAs, serves for the negative control experiment. No response was measured in this case, confirming the high selectivity of the assay. From the quantitative point of view, a very good overall agreement between the dose curves measured in PBS and in diluted saliva is found. The LOD level in the diluted saliva dose curve, based on the negative control experiment noise, is 11.3%, that corresponds to a dilution of one to (2.79 ± 0.13) × 10¹². This figure is in very good agreement with the total number of IgG molecules originally present in the saliva sample (independently measured as shown in Supplementary Note 9) and strikingly proves that single molecule quantitative detection is possible also in saliva, although a massive dilution needs to be undertaken to reduce the endogenous IgGs to the physical limit.

The SiMoT assay performance was tested also in a whole real bovine fluid. To this end a bovine blood serum added (spiked) with Human IgGs was analysed. In principle, the endogenous Bovine IgGs should not selectively bind to anti-Human-IgGs. However, it is not obvious that this holds true at the single-molecule level also considering that 10¹² endogenous bovine IgGs should be present.
The role of the chem-SAM. In Fig. 4a the IgG dose curve in PBS is measured, in the so far explored concentration range, with a gate covered by the bio-SAM. Meaning that in this case there is no chem-SAM attached to the gold and the bio-SAM is directly physisorbed on gold. The configuration results in transistor sensor with a LOD as high as 30 aM. Such a value, comparable to the state-of-the-art, is three orders of magnitude higher than the one necessary for single molecule detection in 100 μl. This proves the pivotal role of the chem-SAM to reach the single molecule detection limit. The comparison between the extracted dispersion functions (Supplementary Fig. 11) for the dose curves in Fig. 3a and Fig. 4a further supports this point. Indeed, the SiMoT dose curve modelling shows that the SAM comprising both the chemical and the biological component (Fig. 3a), offers a probability larger than 99% to find domains including as many as 10^{11} anti-IgG. According to the model that we are suggesting, in these few domains all the anti-IgGs, actually the chains of the chem-SAM under their footprint (vide infra), undergo a work-function, ϕ, change that, altogether, generates the amplification needed to measure the single binding event. It is also apparent that, when the chem-SAM is not included (Fig. 4a), the bio-SAM alone offers, with a probability of 96%, domains that are two orders of magnitude smaller being composed of 10^9 anti-IgGs. Thus, the sole bio-SAM is probably either too defective or it lacks a sufficiently large network of cooperative electrostatic interactions. Hence, the amplification effect that enables the single molecule sensitivity is to be sought in the chem-SAM layer.

The chem-SAM structure is detailed in Fig. 4b where the more compact shorter chains along with the free to orient longer ones, are visible. The chains bear a dipole moment (red arrow Fig. 4b) oriented along their axis with the positive pole pointing away from the gold surface. This orientation is largely determined, particularly in the shorter chains, by the strong, specific Au–S bond. The chains’ dipole moment orientation on gold, suggested also by the computational study (Supplementary Note 11 and Supplementary Fig. 15), lowers the vacuum level and hence the gold work function ϕ, resulting in the measured \( V_T \approx -0.2 \) V shift (Fig. 2b), as a p-type OSC is used.

The amide group resulting from the blocking reaction with ethanolamine originates an H-bond whose associated dipole...
moment is oriented from the oxygen of the amide group in one chain and points towards the hydrogen of the amide group of a neighbouring one (Fig. 4b). Given the rather regular assembly of the activated-and-blocked 3-MPA in the chem-SAM, an H-bonding network likely forms. This picture is consistent with recently published works on H-bonding networks in similar SAMs28,33. The 11-MUAs, that are too far apart to engage into an H-bond, can introduce a localized weak disorder in the H-bonding network. These features are derived from the analysis of the trajectory resulting from the molecular dynamics (MD) simulation of the chem-SAM in the gating field (Fig. 4c) where the direction and the occupancy of the detected H-bonds are shown. The colour code indicates the percentage of frames in which the H-bond is established (Supplementary Note 11). MD simulations exploit an implicit solvent model for water as such an approach allows us to properly simulate the system in the absence (dielectric constant $\varepsilon = 80$) and in the presence of an electric field that generates a charge double layer (dielectric constant $\varepsilon = 6$).

An anti-IgG footprint occupies a surface of $\sim$100 nm$^2$ covering approximately 400 chains (each $\sim$5 Å wide) of the chem-SAM39. This is confirmed considering the measured number of capturing anti-IgGs in the SAM covering the 0.6 cm$^2$ wide gate, evaluated pellingly, the measured availability of $\sim$10$^{12}$ bio-active capturing solution. The SAM surface characterization (Supplementary Description of a possible sensing mechanism region thus, for the af of the anti-IgG Fab fragment with its fragment crystallisable (Fc) component to the af gives the opportunity to study the involvement of the Fc fragment regions of the capturing antibody upon binding, is transferred to its Fc region34. Given the partial orientation of the capturing anti-IgGs in the SAM previously discussed, the Fc region should be bound to an 11-MUA chain. Hence the major conformational change transferred to the Fc region, likely impacts on this chain as well as on the chem-SAM around it. We therefore assume that the binding energy, at least partially, can be transferred from the anti-IgG/IgG complex to the chem-SAM.

The 3-MPA and the 11-MUA chains desorb as disulphides44. This process requires an estimated energy of 100 kJ/mol for a generic alkanethiols pair45. Although the exact estimate of the energy needed to desorb an activated-and-blocked 3-MPA pair in the chem-SAM is not known, it could be assumed that the process involving the loss of two chains starts at the expenses of the energy released during the affinity binding. The subsequent exposure of the chem-SAM to a reductive potential of $-0.7$ V, occurring during the measurement of the FET current, can accomplish their full desorption, thus possibly generating an irreversible defective region46. Indeed a massive desorption involving a large number of chains does not occur, as the maximum potential reached during the FET current measurement is kept lower than the electrochemical potential of the reductive reaction47. The described loss of chains can hence account for the origination of a defect in the chem-SAM, along with the associated irreversible disorder.

A possible explanation on how an extremely small defective region generated in the chem-SAM can trigger a work function change over an area orders of magnitude wider, once the SAM is immersed in an electric field, can be provided by means of the computation study detailed in Supplementary Note 11. To this end, MD simulations were performed on a cell formed by 5892 activated-and-blocked 3-MPA and 5892 activated-and-blocked 11-MUA chains to reproduce the real chem-SAM structure. An overall area of 1.45 x 10$^3$ nm$^2$ is covered by the modelled system. A uniform electric field reproducing the gating field on the chem-SAM is applied, while the affinity binding is simulated by restraining the coordinates of a 4.52 nm$^2$ region (3 x 10$^{-3}$ of the whole area) in a disordered configuration (permanent loss of H-bonds). The results of the simulations performed in the absence and in the presence of the defect region, are shown in Fig. 4c and d, respectively. The defect area is highlighted with a red circle in Fig. 4d. Larger versions of these figures are provided as Supplementary Fig. 18 and Supplementary Fig. 19. The direction and the occupancy of the H-bonds are shown under the gating-field and the H-bonds are visualized with arrows while the color codes indicate the percentage of frames in which the H-bond is established. Apparently, the imposed defect in a 3 x 10$^{-3}$ portion of the whole area, can generate a completely different pattern of the H-bonding network and a change of the gate work function can be also inferred. Moreover, being the simulated chem-SAM free from defects (other than the one generated by the binding), the extension of the domain where the work function is changed covers the whole simulated area.

The averaged values of the $\theta$ angle between the shorter chains' backbone and the gating-field direction (Fig. 4b) are also provided by the analysis of the MD trajectories and quantify the changes of the direction of the dipole moments associated with the chains and, eventually, the associated changes of the gate work function. The $\theta$ values, in the gating field and upon the single molecule binding, are given in Supplementary Table 5. The simulations show that, in the absence of any binding, $\theta$ increases by 22% when the gating electric field is applied. This is indicative of the strengthening of the H-bonds in the electric field that causes the shorter chains to further bend giving rise to a strained network configuration. The nematic, $P_2$, and the dynamic, $S$, order parameters48 have been computed (Supplementary Tab. 5) to assess the degree of order and the stability of the H-bonding network. $P_2$ values in the presence of the field are higher by 93% indicating that the presence of the applied electric field induces a higher order in the system. $S$, varying from negative to positive values as the order stability is improved, is negative only in the absence of the electric field. Hence, the electric field strains, orders and stabilizes the H-bonding network in the chem-SAM.

**Description of a possible sensing mechanism.** The IgG binds to the anti-IgG Fab fragment with its fragment crystallisable (Fc) region thus, for the affinity binding to take place, the capturing anti-IgG needs to expose at least one of its Fab fragments to the solution. The SAM surface characterization (Supplementary Note 3), its thickness (Supplementary Note 2) but most compellingly, the measured availability of $\sim$10$^{12}$ bio-active capturing anti-IgGs (Supplementary Note 1), strongly suggest that the anti-IgGs packed in the SAM largely lay edge-on with one of their Fab fragments pointing away from the gate surface. The resulting layer is probably characterized by a certain degree of order, albeit a very low one. A simplified picture of the SAM structure highlighting these features is provided in Fig. 1c.

It is reported that, at physiological pH, antibodies bear a dipole moment oriented from the Fc to the Fab region (Fig. 1d)37,38. In the paper by Emaminejad et al37, the antibodies are deposited from a PBS solution so the dipole moment includes the counter ions. Hence we assumed that the dipole moments, associated with the anti-IgGs laying on the gate, have a component that points away from the substrate as well. Such overall weakly oriented dipoles can endow the bio-SAM of limited electrostatic properties. It can also possibly add a weak electrostatic driving force component to the affinity binding process.

It is acknowledged that antigen/antibody binding reactions are exothermic39,40. The energy involved, measured in a single IgG/anti-IgG binding experiment, is of the order of tens of kJ/mol41. The allosteric nature of the antigen/antibody binding foresees that the large conformational change occurring in the Fab fragment regions of the capturing antibody upon binding, is transferred to its Fc region43. Given the partial orientation of the capturing anti-IgGs in the SAM previously discussed, the Fc region should be bound to an 11-MUA chain. Hence the major conformational change transferred to the Fc region, likely impacts on this chain as well as on the chem-SAM around it.
When the binding occurs and no field is present, $\theta$ does not change, while, when the field is switched-on a $\theta$ decrease of 16 % is computed. This proves that the field is necessary to activate the electrostatic collective interactions that enable the measurement of a single-binding event. Moreover, a decrease in $\theta$ implies a decrease of the gate work function. This is in agreement with the experimentally measured direction of the threshold voltage shift towards more negative potentials with the binding.

Altogether the performed simulations can give a possible explanation on how the disordered area generates, in the absence of an electric field, a change in the gate work function that, being restricted to a nanometric-wide region, cannot be detected by the millimetre-size gate of a FET. When the field is switched-on the H-bonding network sets into a strained configuration endowed with higher order and stability that enable the propagation of a work function change thus making the signal measurable by the FET. More in details, when few H-bonds are (permanently) removed in the defective area, the neighbouring chains can more easily align their dipole moments along the field direction (smaller $\theta$) and this generates a perturbation in the strained network that eventually adjusts to compensate for the local change. The change in the pattern is shown in Fig. 4b. Such an adjustment involves the propagation of a $\theta$ decrease through the collective electrostatic interactions of the network. The degree of order and the stability of the network is high also after the binding as proven by the orders parameters values (Supplementary Table 5). As the H-bonding network rearrangement after the binding is sustained by the field, it can propagate until a pre-existing defect in the SAM, such as a domain wall, stops the process.

Discussion

This work represents the first successful attempt to conceptualize cells’ ability to detect ligands at the single-molecule level by means of a mm-size FET-transducer. The label-free SiMoT platform is enabled by a FET comprising a SAM of highly packed capturing antibodies covalently attached to the gold gate surface that make a single binding event cross section sufficiently high. The SAM is characterized by a hydrogen-bonding network that is assumed to create collective electrostatic interactions and can be measured in a reading current by the SiMoT operated in water.

The SAM is characterized by a hydrogen-bonding network that is easily align their dipole moments along the field direction. Hence the combination of an electrostatically con-

Methods

Materials

Poly(3-hexylthiophene-2,5-diyl), P3HT (Sigma-Aldrich, regioregularity > 99%), with an average molecular weight of 17.5 kDa (g mol$^{-1}$), was used as semiconductor with no further purification. 3-mercaptopropionic acid (3-MPA), 1-mercaptoundecanoic acid (11-MUA), 1-ethyl-3(3-dimethylaminopropyl)-carbodiimide (EDC), N-hydroxysuccinimide sodium salt (sulfo-NHS) and K$_2$(Fe (CN)$_3$)$_6$·H$_2$O (98.5%) were purchased from Sigma-Aldrich and used with no further purification. The anti-Human Immunoglobulin G (anti-IgG), is a Fc-specific antibody affinity produced mostly in goat (molecular weight ~144 kDa) while the human IgG (~150 kDa) affinity ligand and the human IgM (~950 kDa) ligand, were extracted from human serum. All the immunoglobulins used are pooled human antibodies. Bovine serum albumin (BSA) has a molecular weight of 66 kDa. Both the capturing-antibody and the ligands as well as ethanolamine and BSA were purchased from Sigma-Aldrich and readily used. Water (HPLC-grade, Sigma-Aldrich), potassium chloride (Fluka, puriss p.a.) and ethanol grade, puriss. p.a. assay, ≥ 99.8 %, were used with no further purification.

Electrolyte gated (EG)-OFET fabrication. Electron-beam evaporated gold source (S) and drain (D) interdigitated electrodes (50 nm, thick) were photo-
lithographically defined on a Si/SiO$_2$ substrate. A prior deposited layer of titanium (5 nm) served as adhesion layer. The distance between two fingers defines the channel length ($L = 5 \mu m$), while the perimeter of all the equivalent fingers is the channel width ($W = 1280 \mu m$). The transistor channel area covered by the OSC was 6.4 × 10$^{-3}$ cm$^2$. Prior to the electrodes patterning, the SiO$_2$ surface was cleaned in an ultrasonic bath of solvents of increasing polarity (acetone and isopropanol respectively) for 10 min each. After the S and D electrodes definition, a P3HT solution (2.6 mg ml$^{-1}$ in 1,2-dichlorobenzene) filtered with 0.2 $\mu m$ filter was spin-coated at 2 × 10$^3$ r.p.m. for 20 s and annealed at 80 $^\circ$C for 1 h. The P3HT film showed a hydrophobic surface characterized by a contact angle of 3°. A polydimethylsiloxane well was glued across the interdigitated channels area and was filled with 300 $\mu l$ of water (HPLC-grade) acting as gating medium. A Kapton® foil (area of ~0.6 cm$^2$) covered by e-beam evaporated gold (50 nm) on titanium (5 nm) served as the gate (G) electrodes. The gate was stably positioned on the water on top of the well in correspondence of the electrodes interdigitated area.

Gate bio-functionalization protocol. Before functionalization, the gold surface was cleaned in an ultrasonic bath of isopropanol for 10 min and UV/ozone cleaned for 10 min. The chemical SAM (chem-SAM) on the gold surface comprises a layer of mixed alkanethiols terminating with carboxylic functionalities. To this end, a 10

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mM solution consisting of 10:1 molar ratio of 3-MPA to 11-MUA was prepared in ethanol. The cleaned gold surface was immersed in the 3-MPA and 11-MUA solution for 2 h in the dark under constant N2 flux for 18 h at 23 °C. The carboxylic groups were activated afterwards in a 200 mM EDC and 50 mM sulfo-NHS aqueous solution for 2 h at 25 °C. The solution was composed of 0.7 μm (0.1 mg ml−1) of anti-IgG and 10 mM (KCl 2.7 mM and 157 mM NaCl) of PBS at pH of 7.4 and an ionic-strength (I) of 162 mM. To change the ionic strength of the different gates, the SAM was further treated with ethanolamine 1M in PBS 10 mM for 1 h at 25 °C. This latter step is addressed as the surface “chemical-blocking”. Finally, the bio-functionalized gate was immersed in a 1.5 μm (0.1 mg ml−1) BSA solution in PBS 10 mM for 1 h at 25 °C. This step of BSA physisorption is addressed as the “bio-blocking” of the gate surface. Both the conjugated anti-IgG and the adsorbed BSA form the layer addressed as “bio-SAM”. The gate functionalized with both the chem-SAM and the bio-SAM is addressed in the text as the “SAM” and is schematically depicted in Fig. 1c. For the control experiment in Fig. 3c the bio-SAM is formed by conjugating BSA (instead of anti-IgG) followed by the surface bio-blocking with BSA. The physical adsorbed SAM, used for the assay in Fig. 4a, was deposited by skipping the chem-SAM conjugation, hence depositing anti-IgGs and BSAs, by immersing the gate in the eluted anti-IgG PBS solution for 2 h at 25 °C and subsequently into the BSA solution in PBS for 1 h at 25 °C. After each step of the functionalization protocol, the gate was rinsed thoroughly in water to remove possible residues.

Sensing measurements. The SiMoT electronic curves were measured by positioning the gold-gate electrode in contact with the water which functions as electrolyte gating medium (Fig. 1a, b). The FET’s current–voltage curves were measured with a semiconductor parameter analyser equipped with a probe station, in air and at RT (20 ± 2 °C). The FETs were tested in the common-source configuration. As customary, for the output characteristics, the drain current (I_D) was measured as a function of the drain voltage, V_D, at different gate voltages, V_G, the latter ranging between 0 and −0.5 V, in steps of −0.1 V. Typical output curves are shown in Supplementary Fig. 7a. For the transfer characteristics I_G was measured as a function of V_G (ranging from −0.1 to −0.7 V) in steps of −0.01 V at a constant drain voltage of −0.4 V (Supplementary Fig. 7b). The voltage ranges were tuned to minimize the gate current (I_G) associated with electrochemical processes that could produce massive reductive desorption of the chem-SAM thiolate chains as well as the oxidative degradation of the SAM. To control and minimize such processes, I_G was always acquired along with I_D, on all the curves when is computationally depicted in Fig. 1c. For the control experiment in Fig. 3c the bio-SAM is formed by conjugating BSA (instead of anti-IgG) followed by the surface bio-blocking with BSA. The physical adsorbed SAM, used for the assay in Fig. 4a, was deposited by skipping the chem-SAM conjugation, hence depositing anti-IgGs and BSAs, by immersing the gate in the eluted anti-IgG PBS solution for 2 h at 25 °C and subsequently into the BSA solution in PBS for 1 h at 25 °C. After each step of the functionalization protocol, the gate was rinsed thoroughly in water to remove possible residues.

Computing the limit-of-detection. The LOD was customarily computed as the concentration providing a response equal to the average of the noise level plus three times the standard deviation of the relative curve of the bare Au-gate (Fig. 1j) or the negative control assay in PBS (Fig. 3a), taken as the level-of-noise, (n=2.0 ± 2.3)% The computed LOD response level for the IgG assay in PBS (Fig. 3a) is hence 11.6% resulting in a LOD of 10 ± 5 zM, in 100 μl, to as few as 1 ± 1 ligands. The LOD value was evaluated also for the IgG assay in saliva to be 11.3% (Fig. 3c). The LOD increases to 250 ± 4 zM (15 ± 2 particles) for the assay in whole bovine serum (Fig. 3d). Here the level-of-noise, is (5 ± 5)% hence the computed LOD response level is 1.3 ± 0.1%.

Detection in saliva. Saliva samples were collected by passive drool method from a healthy human female volunteer. The sampled saliva was divided into aliquots of 500 μl and frozen at −20 °C immediately after collection. When needed, a saliva aliquot was brought to room temperature, vortex and centrifuged at 1.5 × 104 g for 15 min. The supernatant was collected and progressively diluted 1:10–5 times in PBS. For the assay, a single SAM gate was incubated for 10 min in each diluted saliva solution, starting from the more diluted to more concentrated one, washed thoroughly in PBS and with HPLC water and measured with the SiMoT. As negative control experiment a gate functionalized with the sole BSA (both conjugated and adsorbed), was incubated in saliva solutions diluted in PBS.

Detection in whole bovine serum. Also in this case the sensing was carried out by incubating the gate bio-functionalized with the SAM comprising the anti-Human-IgG capturing proteins (at RT and in the dark) for 10 min in 100 μl of whole bovine serum. The same SAM is then immersed and incubated in the bovine serum spiked with standard-aliquots of Human-IgG in PBS. The maximum volume of PBS added to the whole bovine serum was 0.2% of the total volume. All calculations were performed at the PBE/TZVP level of theory53, using GTH pseudopotentials52 together with a 400 Ry plane wave cut-off. Dispersion forces were taken into account with the Grimme DFT-D3 method53. Molecular dynamics (MD) simulations were performed using the NAMD 2.12 package54 and the Cx4 addressed on a coarse-grained level, the P3HT channel was used to estimate the DFT level of theory using the Gaussian package55. To reconstruct the gold surface, a bulk-gold supercell was optimized by means of DFT, obtaining the cell parameter a =...
4.152 Å, close to the experimental one\textsuperscript{59}, $\epsilon_{eq}$ = 4.078 Å. The 111 Au surface was cut from this supercell and relaxed keeping the gold atoms belonging to the lower layer fixed so as to simulate bulk constraints (Supplementary Fig.6). Finally, eighteen 3-MA EDC/sulfo-NHS chemical activated and blocked with ethanolamine were added to the system following the $(3 \times 3)\sqrt{3}$ configuration\textsuperscript{60–62}. The resulting system was optimized at the PBE/TZVP level of theory. The DFT optimized configuration was replicated to form a cell 396 $\times$ 366 Å wide in the x-y plane, comprising 6480 activated and blocked 3-MA molecules. To reproduce the chem-SAM comprising 3-MA and 11-MUA (10:1) 589 3-MPA chains were minimized conformations (permanent loss of the H-bonds); (iii) as in (i) but in the presence of the elicited uniformly applied electric field; (iv) as in (ii) but in the presence of the elicited uniformly applied electric field and setting the dielectric constant $\varepsilon$ = 6 to account for the charge double layer. A time step of 1 fs was used, storing the coordinates every 10,000 steps (10 ps). The simulation cell, depicted in Supplementary Fig. 17, was used to carry out four different 100 ns-long MD simulations at $T$ = 25°C under the following different conditions: (i) in implicit solvent setting the dielectric constant $\varepsilon$ = 80; (ii) in the same conditions as (i) but in the presence of a defect generated by restraining the coordinates of a region (force constant $k$ = 1 kcal mol$^{-1}$ Å$^{-2}$) with a radius of 12 Å in a disordered conformation (permanent loss of the H-bonds); (iii) as in (i) but in the presence of an uniformly applied electric field (E = $–0.1$ V/nm, reproducing the gate field in the SAM) oriented in the $z$-direction perpendicular to the SAM surface and setting the dielectric constant $\varepsilon$ = 6 to account for the charge double layer; (iv) as in (ii) but in the presence of the elicited uniformly applied electric field and setting the dielectric constant $\varepsilon$ = 6 to account for the charge double layer. The H-bond occupancy was computed using as thresholds a distance atom acceptor (AA) equal to 3 Å and an angle AD-H-AA equal to 150°. Moreover, the orientation order of the simulated systems was investigated by computing the nematic order parameter $P_2$ and the dynamic order parameter $\xi^{6,65,66}$ (see Supplementary Information for methodological details).

**Data availability.** The authors declare that the data supporting the findings of this study are available within the paper and its supplementary information files.

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Author contributions

E.M. fabricated the SiMoTe and performed the sensing measurements. K.M. and B.H. characterized the gate by electrochemical and surface plasmon resonance measurements. E.M., B.H. and K.M. worked under the supervision of L.T.; C.D.F. fabricated the interdigitated contacts; M.G. performed the modelling of the transistor transfer curves under the supervision of F.T.; F.T. supervised and analysed the EIS measurements. G.F.M. and D.A. performed DFT calculations and MD simulations; G.S. performed the morphological surface analysis and contributed to the understanding of the sensing mechanism and wrote the manuscript that was revised and approved by all the authors.

Additional information

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