### Supplemental Table 1. Clinical characteristics of included and excluded participants.

|                      | Included       | Excluded      | StdDiff. |
|----------------------|----------------|---------------|----------|
|                      | n=178,780      | n=121,719     |          |
| Age, year            | 66 (61-70)     | 65 (57-70)    | 22.1%    |
| Men, %               | 37             | 39            | 3.4%     |
| Body mass index, kg/m²| 22.5 (20.6-24.6)| 22.6 (20.6-24.9)| 4.4%    |
| Waist, cm            | 83.0 (77.0-88.6)| 83.0 (77.0-89.0)| 3.2%    |
| Systolic BP, mmHg    | 128 (118-140)  | 128 (118-140) | 2.0%     |
| Diastolic BP, mmHg   | 76 (70-82)     | 76 (70-83)    | 6.0%     |
| Fasting plasma glucose, mg/dL | 93 (87-101) | 93 (87-101) | 6.2% |
| Hemoglobin A₁c, %    | 5.6 (5.4-5.9)  | 5.6 (5.4-5.9) | 0.3%     |
| Triglyceride, mg/dL  | 98 (71-137)    | 99 (72-142)   | 5.4%     |
| HDL cholesterol, mg/dL| 62 (52-73)  | 61 (51-73)    | 2.6%     |
| LDL cholesterol, mg/dL| 124 (105-144) | 124 (104-145) | 0.8%     |
| Creatinine, mg/dL    | 0.64 (0.60-0.70)| 0.67 (0.60-0.71)| 1.9%    |
| eGFR, ml/min/1.73m²  | 75.7 (68.6-88.5)| 76.3 (70.1-89.4)| 7.2%    |
| Uric acid, mg/dL     | 4.9 (4.1-5.7)  | 4.9 (4.1-5.8) | 3.3%     |
| Hemoglobin, g/dL     | 13.5 (12.6-14.4)| 13.5 (12.6-14.5)| 6.2%    |
| Smoke, %             | 13             | 19            | 14.7%    |
| Daily drinker, %     | 46             | 49            | 6.1%     |
| Hypertension, %      | 47             | 49            | 4.0%     |
| Diabetes, %          | 9              | 11            | 7.0%     |
| Dyslipidemia, %      | 43             | 43            | 0.9%     |
| Cardiovascular disease, %| 9              | 11            | 0.1%     |
| Antihypertensive drug, % | 28              | 43            | 3.0%     |
| Antidiabetic drug, % | 4              | 9             | 3.2%     |
| Antilipidemic drug, %| 16             | 27            | 5.8%     |

**Note:** Values are expressed as medians (interquartile range), or percentage as appropriate. Standardized difference of ≥10% was defined as meaningful imbalance against 121,719 excluded participants. Abbreviations: BP, blood pressure; HDL, high-density lipoprotein; LDL, low-density lipoprotein; eGFR, estimated glomerular function rate; StdDiff, standardized difference.