Unveiling molecular interactions that stabilize bacterial adhesion pili

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ABSTRACT Adhesion pili assembled by the chaperone-usher pathway are superelastic helical filaments on the surface of bacteria, optimized for attachment to target cells. Here, we investigate the biophysical function and structural interactions that stabilize P pili from uropathogenic bacteria. Using optical tweezers, we measure P pilus subunit-subunit interaction dynamics and show that pilus compliance is contour-length dependent. Atomic details of subunit-subunit interactions of pili under tension are shown using steered molecular dynamics (sMD) simulations. sMD results also indicate that the N-terminal “staple” region of P pili, which provides interactions with pilins that are four and five subunits away, significantly stabilizes the helical filament structure. These data are consistent with previous structural data, and suggest that more layer-to-layer interactions could compensate for the lack of a staple in type 1 pili. This study informs our understanding of essential structural and dynamic features of adhesion pili, supporting the hypothesis that the function of pili is critically dependent on their structure and biophysical properties.

SIGNIFICANCE Bacteria express micrometer-long adhesion pili optimized for attachment in different environmental niches. A specific class of adhesion pili is assembled from subunits into helix-like structures that exhibit superelastic behavior important for initial and sustained attachment when exposed to fluid flow. In this work, we investigate the network of subunit interactions leading to superelasticity using force-measuring optical tweezers and molecular dynamics simulations. We reveal subunit dynamics and the interactions most critical for pilus stability. This study illuminates essential features found in a class of adhesion pili important in many diseases and adds momentum to the observation that bacterial adhesion is supported by specialized biophysical properties of pili.

INTRODUCTION

Many bacteria express micrometer-long surface fibers called adhesion pili (or fimbriae), which are key virulence factors that mediate host-pathogen interactions. For Gram-negative bacteria, adhesive pili class are most commonly assembled via the classical chaperone-usher (CU) pathway (1). P pili are an archetypal CU pilus encoded by the pap gene, which is significantly prevalent among strains of uropathogenic Escherichia coli (UPEC) that cause pyelonephritis (kidney inflammation) (2,3). P pili are assembled from approximately 1000 identical protein subunits (PapA) into an 8-nm thick helically wound rod with a short tip fibrillum composed of minor pilins PapF, PapE, and PapK. The fibrillum is located at the pilus distal end (4), with the adhesin protein PapG located at the very tip. This adhesin is a lectin that binds to galabiose-containing glycosphingolipids (5).

To assemble a P pilus, all subunits (pilins) are transported from the inner membrane through the periplasm via the general secretory pathway (1). During their transport to the outer membrane by the PapC usher (6), the pilins are folded and stabilized by the periplasmic chaperone PapD via donor-strand complementation (DSC) (7). At the outer membrane, each pilin subunit is transferred from the chaperone to the usher, where it binds to the linear polymer of previously assembled subunits via donor-strand exchange (DSE). As the polymer is assembled, subunits are translocated to the cell surface through the usher’s central pore (1). After exiting the pore, the PapA polymer forms a quaternary helical surface filament of 3.28 subunits per turn with a pitch of 25.2 Å and a diameter of 81 Å (8,9). Each subunit n in the helical filament is bound through

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hydrophobic and weak hydrophilic interactions with 10 other subunits, that is, with five preceding (−5 to −1) and five succeeding (+1 to +5) subunits, forming a large network of interactions (Fig. 1). The extension of this network to such distant subunits in P pili (n to n − 4 and n − 5) is primarily due to the staple that is composed of the first seven residues of the PapA N terminus. It is therefore hypothesized that the staple has an extensive stabilizing role despite the fact that the staple region might not be essential in rod formation (9). Interestingly, so far, the staple region has only been found on P pili and is missing in closely related UPEC pili such as type 1. Also, this staple region is missing in the archetypal CFA/I pili expressed by enterotoxigenic Escherichia coli (ETEC) (10).

Despite the large interaction network of subunits, the bulk of the surface contact area is between the nth subunit and n − 3 and +3 (Fig. 1) (9). Not surprisingly, the magnitude of the surface contact area is closely related to the force needed to uncoil the quaternary structure of helical pili. For example, from cryoelectron microscopy (cryo-EM) structures and force-extension experiments, it has been shown that PapA subunits have a buried surface area between n and n + 3 of 1453 Å² and P pili require 28 pN of force to uncoil, whereas FimA in type 1 pili and CfaB in CFA/I pili have 1615 Å² and 1087 Å² and require 30 pN and 7 pN of force to uncoil, respectively (9–12). The experimentally measured forces needed to uncoil pili are of the same magnitude as the fluid flow forces expected to be present in the in vivo environmental niches of UPEC bacterial cells (13). For example, in the proximal renal tubule, urine flow exposes cells to 0.017 pN/μm² shear stress and, in the urethra, shear stress can reach 0.3–0.5 pN/μm² (14). We note that this low shear stress is due to the proximity of bacteria to the epithelial cell wall, where the fluid flow velocity is much lower than the flow velocity at the tube center. Uncoiling of pili at these levels of force is further supported by in vitro fluid flow experiments, which showed that type 1 pili expressed on E. coli cells uncoil when exposed to 0.72 pN/μm² shear stress (15). The ability of pili to uncoil by breaking sequential layer-to-layer interactions reduces the shear forces on the pili, and is thereby expected to aid sustained bacteria adhesion under fluid flow (16,17). This hypothesis is supported by in vivo data in which bacteria expressing mutant type 1 pili, with reduced surface contact area between layer-to-layer subunits, had a significantly reduced ability to cause intestinal colonization and bladder infection in mice (18).

Thus, the specific biophysical properties of pili are crucial for bacterial adhesion. Over the years, numerous helical filament pilus types have been characterized. These measurements revealed that pili are elastic and superelastic filaments and that they can be completely uncoiled into a linear fiber under force. When the force is removed, the structure can regain its helical quaternary shape (12,19–27). Although several studies have been performed and models developed to explain the superelasticity behavior, there are still several open research questions that need attention. For example, does the staple found in

![FIGURE 1](image-url) The staple region of P pili provides specialized subunit-subunit interactions. (A) A surface view of P pili with subunits individually colored; the N-terminal extension of the n + 1 yellow subunit is inserted into a groove in the nth subunit and has a staple that forms contacts with subunits n − 3 and n − 4. (B) Contacts between P pili subunits are shown in green between subunits n and n − 3 (left, layer-to-layer interactions) and between subunit n + 1 to n − 3 and n − 4 (right, staple interactions). (C) Type 1 pilus structure, for comparison with (A). (D) Type 1 pili have increased n to n − 3 interactions (left) and only one contact of n + 1 to n − 3, as there is no staple region; cf (B). To see this figure in color, go online.
P pilus subunits provide a stabilizing role when tensile stress is applied, and there are other possible functions? How do subunits re-orientate when unbound? How much longer does a pilus get upon extension? This number varies in the literature. While the extension response of a pilus is well described by biophysical models, these models treat subunits as individual blocks connected by springs and do not consider individual molecular interactions. Therefore, questions about the contact network between pilins are still unanswered. For example, what contacts are most important for pilus stability? How fast are the transitions between the subunits’ bound and unbound states? Are there intermediate or alternative states that the subunits can visit during binding and unbinding? To answer these research questions, we combined optical tweezers (OT) force experiments and molecular dynamics (MD) simulations to unveil the molecular interactions that stabilize CU pilus and their role for pilus mechanical and kinetic properties.

**MATERIALS AND METHODS**

**Bacterial strains and growth conditions**

We used the *E. coli* strain HB101 as host strain for the plasmid pHM93 to express UPEC-related P pilus (28–30). We cultured the bacteria on trypticase soy agar at 37 °C for 24 h.

**OT force measurements**

To apply strain and thereby extend a pilus and track its length fluctuations, we used an in-house-built OT setup. The OT setup uses an inverted microscope (Olympus IX71, Olympus, Japan) as a base. To image the sample and form the trap, we used a water immersion objective (model: UPlanSapo60XWIR 60X N.A. = 1.2; Olympus, Japan) and a 1920 x 1440 pixel CMOS camera (model: C11440-10C, Hamamatsu) (31). We minimized the amount of noise in the OT setup by using Allan variance analysis (32), and we used an active power spectrum method to calibrate the trap (33). During calibration, we oscillated the bead at 32 Hz with an amplitude of 100 nm. We sampled the microbeam position at 131,072 Hz and averaged 32 consecutive datasets acquired for 0.25 s each. In general, the trap stiffness was 370 pN/µm. An example of a power spectrum with a corresponding fit from our instrument is shown in Fig. S1.

To extend a pilus, we first attached a bacterium to a poly-L-lysine-coated immobilized microsphere, and then trapped a bead with our optical trap. The trapped bead was moved in proximity to the bacterium to attach a pilus. Thereafter, we moved the piezo stage at a speed of 50 nm/s, below steady state, to apply tensile force. To measure the kinetics of subunit opening we uncoiled 150 nm of the rod and then kept the piezo stage and trap stationary. The measurement procedure is shown in Fig. 2A. We sampled the force and position of the bead at 100 kHz with an anti-aliasing filter set to 50 kHz. We recorded five data series of 30 s each for a total of 2.5 min of data per pilus.

We show a schematic with details of the setup and more information on the measurement procedure in section S0 and Fig. S2 in supporting material.

**Force data analysis**

We averaged the time-series data to an effective sampling rate of 500 Hz to remove thermal noise and increase spatial resolution. As we measured using a constant trap position, instead of constant force, the measured displacements of the bead did not reflect the true length changes of the pilus.

To correct for this effect, we did compliance corrections for each dataset using the stiffness of the pilus. For details on how we retrieved the stiffness from variance of the bead fluctuations and did the compliance correction, see section S1 in supporting material. As the bead is connected to the trap and pilus in parallel, their stiffness is additive, so that difference of the stiffness when attached to the pilus and that for the bead in the trap alone gives an estimate of the stiffness of the pilus. With this estimated stiffness, we generally determined a correction factor of approximately 1.5, indicating a stiffness of approximately 700 pN/µm. We then analyzed the corrected data by taking a sliding window histogram with a window length of approximately 1 s of the data to retrieve the distance between states.

**MD simulations**

The initial structure of the *E. coli* P pilus was obtained from PDB entry 5FLU (9). Simulations were carried out for a 7mer segment of the filament following a protocol very similar to (11) but with some changes made related to the larger system size simulated here. The program Amber20 was used to perform all simulations for this work (34). Steered MD (sMD) simulations were carried out at constant velocities of 1 Å/ns and 5 Å/ns with the staple region of the PapA N-terminal extension present, and also with amino acids in the staple region removed. In each case (each pulling speed and with/without the staple region) five simulations were performed. Filament extension in the sMD simulations was directed along the z axis, which is aligned with the filament axis. For additional details, please see the description in the supporting material.

**RESULTS AND DISCUSSION**

**Force-extension experiments unveil the kinetics of subunit opening and a contour-length-dependent compliance**

To study the layer-to-layer interactions that stabilize the P pilus rod and the consequences of bond breakage for pilus mechanics, we used OT. OT measurements, and to some extent atomic force measurements, have shown that helix-like pilis often exhibit two or three different modes of elongation, which show up as distinct regions in their force-extension responses (21,35). These regions are well described by elastic and entropic elasticity (region I), superelasticity (region II), and a combination of elastic and entropic elasticity with a phase transition (III) (Fig. 2 B, 36). In Fig. 2 B, we can see that the initial force response (region I) of a P pilus continues linearly until it reaches a threshold force of 28 pN. At 28 pN, we enter region II, where layer-to-layer interactions break, resulting in a sequential uncoiling of the P pilus rod. Due to the tight native packing of the pilis, 3.28 subunits per turn (8), the sequential uncoiling causes the pilus to elongate (21), as illustrated in Fig. 2 C (panel I), keeping the force experienced by the pilus close to constant.

However, although the force in region II appears constant, it is rapidly fluctuating due to thermal energy that is breaking and re-forming the layer-to-layer interactions that bind the subunits in a coiled formation. That is, subunits randomly shift between their bound and unbound state. As such, we would expect a pilus held at a constant force in region II to undergo random length changes over time. To
study these length changes, we extended the pilus and uncoiled it roughly 150 nm into region II, and then held the bead stationary. We stopped at 150 nm of extension since pili get softer as they uncoil, reducing temporal and spatial resolution in our measurements; a dataset showing this softening and the change in the distribution of fluctuations of a pilus measured at two positions along region II is shown in Fig. S3. Therefore, we measured the random length changes of pili that were mostly in the helical, coiled arrangement with only a small region of the pilus uncoiled. Using this procedure, we obtained a time series of small length changes in the trapped pilus. For these experimentally measured displacements to reflect the pilus’s end-to-end length changes (\(R\) in Fig. 2 C), we included a compliance correction. This compliance correction accounts for the effects of the finite trap stiffness; see section S1 in supporting material for details on the compliance correction. We show an example of a 2-s section from a time series in Fig. 2 D. These data show clear random transitions between discrete displacement states corresponding to the varying number of subunits in the bound or unbound state.

To analyze these state transitions in detail, we plotted a histogram of the measured length fluctuations, as shown in Fig. 2 E. This histogram shows that the pilus mostly visits six discrete states, corresponding to six subunits randomly being in the bound or unbound state. Further, we find that the spacing between these states is \(4.2 \pm 0.2\) nm (\(n = 10,000\) transitions, 10 bacteria, two biological replicates). This value corresponds to the change in end-to-end length of the pilus when a single subunit switches from the bound state to the unbound state, shown as \(\Delta R\) in Fig. 2 C (panel I). However, as the uncoiled region of the

**FIGURE 2** Force-extension experiments show that P pili uncoil in a step-wise manner. (A) An illustration of a force-extension measurement. I) We trap and mount a single bacterium (teal) to a large poly-L-lysine-coated microsphere (sky blue) fixed to the sample chamber. II) We trap and attach a microsphere to a pilus (black) on the bacterium. III) We separate the bacterium and trapped microsphere, thus applying tensile force to the pilus and forcing it to extend. By stopping at a given position we can also monitor how layer-to-layer interactions break and re-form under steady-state conditions. (B) An example of a force-extension curve of a P pilus. The different regions are marked with I, II, and III. Boundaries between the regions are demarcated by dashed red lines. (C) 1) Illustration showing the helical structure of a P pilus with a total end-to-end distance \(R\) made out of many bound subunits (solid lines) in which layer-to-layer interactions (dashed lines) can break and reform, causing an end-to-end distance change \(\Delta R\). 2) Zoomed-in view of the layer-layer-interaction breaking showing the contour-length contribution of a bound (folded) subunit \(X_b\), the contribution of an unbound subunit \(X_u\), where \(X_d\) is the difference in pilus contour length after a subunit uncoils. (D) An excerpt from a time series showing the displacement of the trapped microbead. The displacement states are shown in red. (E) Displacement histogram of the time-series data showing discrete peaks due to the changing number of bound and unbound subunits. To see this figure in color, go online.
pilus is highly flexible (2 nm thick), thermal fluctuations will contract it due to conformational entropy. Thus, the mean contribution of a subunit to the total end-to-end distance will be less than its contribution to the length of the pilus backbone, the contour length. For these distance definitions, see Fig. S4. To relate the change in contour length to the measured end-to-end distance change, we created an entropic elasticity model for a partially uncoiled pili, as described in section S1 of supporting material. Our entropic elasticity model combines a worm-like chain model and a free-jointed-chain model that describes the coiled and uncoiled part, respectively. Comparing this model with a previous model (36) shows a significantly better agreement with experimentally measured pilus stiffness (Fig. S5). Using this new stiffness model, we find that the increased contour length contributed by a single subunit going from the bound to the unbound state is 4.35 ± 0.2 nm, corresponding to the contour length increase of the pilus after a subunit unbinds, $X_d$ in Fig. 2 C (panel II).

We can relate this value, $X_d$, to the length contributed by a single subunit bound within the coiled region, $X_n$, through the relationship $X_d = X_d + X_b$. The contour-length contribution $X_b$ of a bound subunit is known from the molecular structure and is 0.754 nm (37). Thus, we can estimate $X_n$ to be $\sim 5.1$ nm (4.35 + 0.75 nm). This value is close to the $\sim 5$-nm length of a PapA subunit (38). Thus, we can infer that the donor strand, which acts as a hinge between the subunits, does not restrict subunit movement during uncoiling, allowing the pilus to become fully linearized.

Knowing this, we can also estimate the pilus elongation ratio, the ratio between its coiled and uncoiled length. We determine this by taking the ratio of a subunit’s bound and unbound length. Thus, the elongation ratio is given by $(5.1 - 0.75)/0.75 = 5.8$, which means that a P pilus gets roughly six times longer after uncoiling. This elongation ratio lands in the middle of the previously reported values for P pili, which reported four to seven times elongation (8,19,21). Further, it is worth noting that our value of $X_d$ is larger than previously reported for P pili, where a change in end-to-end distance was assessed to 3.5 nm (21,39). Most likely, this difference originates from the simple geometrical and kinetic models used in that work to describe the uncoiling of pili.

In addition, we see that the histogram in Fig. 2 E indicates no significant intermediate states between the bound and unbound states in our force experiments. To ensure that we did not miss any fast transitions due to a low sampling rate, we increased our sampling rate from 500 Hz to 100 kHz, the limit of our system. However, even sampling at this speed did not indicate additional intermediate steps. Therefore, if there are intermediate states between the bound and unbound states of a subunit, they must exist on a shorter time scale than the millisecond response time of our setup. Further, it is worth noting that we do not see any indication of P pili recoiling at two force levels, as is seen in some force curves of type 1 and SII pili (22,40,41). In particular, for type 1 pili, this observation might reflect that the rod can adopt two different folding configurations of the quaternary structures, as observed when comparing type 1 pili assembled either in vitro or in vivo (42,43).

It is also worth noting that, in relation to type 1 pili, we see that the length contributed by a single P subunit, $\sim 4.3$ nm, is very similar to what was reported for type 1, 5.0 nm (20), taking into account that a type 1 subunit is slightly larger. In that work, the length contribution of a single subunit was measured using a force-feedback approach. Thus, despite using diverse methods for measuring length changes of subunits that randomly shift between their bound and unbound state (force feedback or the stationary approach that we used), we end up with very similar values.

In addition to this, it is interesting to compare the force response of P and type 1 pili (both helical types) with those that are considered as linear fiber-like pili (23,44–46). Linear fiber-like pili differ both structurally and biomechanically from helical type pili. First, subunits assemble into a robust linear filament via covalent bonds, making the backbone strong against tensile force. Second, the lack of a helical shape results in a force response that is well modeled by a worm-like chain. Thus, these linear pili lack the force plateau of unwinding, and respond to tensile force in a manner similar to a stiff rope. This could be advantageous for bacteria that are exposed to very strong shear forces, such as when residing in the respiratory tract.

To conclude, our force measurement results indicate that the process of going from the bound to unbound state is faster than 10 μs, so we cannot resolve any intermediate steps. Therefore we cannot assess experimentally the detailed changes in subunit-subunit interactions that occur during uncoiling. However, a model from cryo-EM data shows multiple stabilizing interactions between subunits in the coiled configuration (9). Thus, we turned to MD simulations to investigate these interactions more closely and validate our results for the length change assessment upon uncoiling.

**MD reveals mechanistic details of pilus uncoiling**

We carried out sMD simulations of a 7mer segment of P pili. By simulating a 7mer filament, we could investigate the process of bond opening as the pilus was elongated in the direction of the filament axis. The sMD simulations were carried out at two different, constant pulling speeds, 5 Å/ns and 1 Å/ns, with five runs for each pulling speed. We also simulated a version of the 7mer system with the staple region removed; specifically, amino acids 1–5 were removed, because these are the amino acids that contact pilin subunits $n - 4$ and $n - 5$ from subunit $n$. These simulations were designed to investigate the contribution of staple residues to the total force required to extend the 7mer. Here we describe in detail the results of one run of the 1 Å/ns
simulations with the staple, which displayed very similar features compared with all other runs at both pulling speeds. Comparisons to the simulations carried out without the staple are described below. Details of the sMD protocol are described in the section “materials and methods,” and data for all other runs of both systems are included in the supporting material.

To demonstrate the major reproducible features observed during filament extension, in Fig. 3 A we show all five runs of the 1 Å/ns sMD simulation force-extension curves plotted together. Each of the first four peaks corresponds to a particular subunit that was being pulled away from the 7mer filament. For example, peak I represents the subunit at the pilus tip (subunit 1) being pulled away from the filament, while peaks II–IV represent the subsequent breaking of layer-to-layer interactions for the second, third, and fourth subunits in the filament, respectively. Since we placed positional restraints on the bottom three subunits of the filament to provide a stable filament rod against which pulling occurred, we did not observe force peaks corresponding to extension of the bottom three subunits. Instead, because the base was restrained, as we continued to pull on the filament at constant speed, an irreversible breakage event occurred somewhere in the filament once the pilus was fully extended (e.g., a donated beta strand was pulled out from the groove it occupied in the n − 1 subunit). Peak V represents this breakage event, and the same behavior was observed in simulations of a P pilus 3mer (11). Force-extension curves for the additional simulations of the 7mer system at a pulling speed of 5 Å/ns, as well as the 7mer system without the staple, are included in supporting material Fig. S6. These data demonstrate that we observed similar features across both pulling speeds and across all simulation runs for the wild-type system. Finally, we note that filament breakage events occurred at various points along the filament in our simulations (e.g., the final panel in Fig. 3 E). Movies of each of the sMD trajectories are found in the supporting material (see Videos S1, S2, S3, and S4).

Specific features observed in the simulations are illustrated by a single run from the 1 Å/ns simulations in Fig. 3 B, C, D, and E. The lowercase letters at various points along the force-extension curve in Fig. 3 B correspond to the images in Fig. 3 E that depict representative snapshots from an sMD trajectory. The first peak (immediately after “a”) and the peaks at “c,” “e,” and “g” correspond to bond-breaking events that occurred as subunits were pulled away from the filament rod. We note that these peaks coincide with the approximate extension at which the total number of contacts between subunits n and n + 3 (i.e., the subunit pairs that make lateral layer-to-layer interactions) began to fall rapidly toward zero (Fig. 3 C). Similarly, in Fig. 3 B, the valleys at “b,” “d,” “f,” and “h” correspond to approximate extension lengths at which the contacts between a pair of n and n + 3 subunits had all been broken (Fig. 3 C); see supporting material Figs. S7–S10 for all plots of contacts versus filament extension, including systems both with and without the staple.

We observed that, at the point where the number of contacts reached zero between the n and n + 3 subunits, the angle of rotation of the newly freed subunit began to rapidly change with respect to the filament axis (Fig. 3 D, and Figs. S11–S14). We used the angle made by three amino acids (Gly 7, Val 18, and Cys 22), which are shown in the inset image of Fig. 3 E, as a proxy for the change in the angle of the subunit with respect to the filament axis. The angle between those amino acids started at approximately 95° and rotated to become nearly linear, corresponding to the linearization of the subunits as they were extended away from the filament rod due to the applied force (Fig. 3 E).

Taking Fig. 3 B, C, and D together as a representative example of filament extension, we can infer how the bond-breaking process generally occurred as the subunits were pulled away from the filament in the P pilus. For example, we can consider the points “b,” “c,” and “d” in Fig. 3 B, which demarcate a full force peak. At point “b,” the force was beginning to increase to a maximum as the applied force was not yet strong enough to break all of the contacts between the second subunit (light gray) and the fifth subunit (orange) in the filament. Once the peak force was achieved at point “c,” contacts began to rupture (Fig. 3 C, blue curve), and then, as the number of contacts dropped rapidly to zero, the force decreased between points “c” and “d.” Once the force had reached a minimum at point “d,” the second subunit was free to rotate, and became parallel to the filament axis (Fig. 3 D, blue curve). The force again began to increase between points “d” and “e,” and the contacts between the next pair of n and n + 3 subunits began to rupture. This process was then repeated for each of the subunits in the filament. We therefore infer that, in a simulation of a much longer length of filament, we would continue to observe this sequential bond-breaking pattern, connecting the applied force, contact breakage, and subunit rotation.

Similar to the 4.3-nm bond-opening length observed in OT experiments, we note that the extension over which a subunit rotation occurred, as observed in Fig. 3 D, is also in this range. For example, for the pink curve (corresponding to the rotation of the terminal subunit), the rotation started at ~0 Å and stabilized at a nearly straight angle by ~35 Å extension. For the next three curves (blue, black, red), which correspond to rotation of the second (gray), third (gold), and fourth (yellow) subunits respectively, the rotation from low angle to high angle occurred over approximately 45 Å, 40 Å, and 45 Å, respectively. Therefore, each bond-opening rotation of a subunit contributed ~35–45 Å of length toward extending the filament, in close agreement with the experimental data. Additional elongation outside of the bond-opening events is therefore related to additional
FIGURE 3  Force, contacts, and subunit interactions as P pili uncoil under force via sMD. (A) Force versus extension curves for all five of the $v = 1 \text{ Å/ns}$ sMD simulations with the staple present (pink = run 1, blue = run 2, black = run 3, orange = run 4, purple = run 5). Roman numerals I–IV identify the peak force at the point that a subunit was unwound from the filament, and Roman numeral V represents the force right as the 7mer was severed between two subunits (e.g., through the removal of a donated beta strand). The force curve data are a 1-ns running average. (B) The force versus extension data for
flexibility of other components of the subunits as, for example, was observed upon unfolding of an alpha helix within a subunit (11).

The staple region affects quaternary stability and subunit-subunit interactions

As discussed above, we were also interested in investigating the effects of the staple amino acids on the response of the P pilus to force. It has been previously reported that these amino acids contribute a significant amount of buried surface area to the interface between subunits in the pilus filament (9), and therefore these amino acids might provide additional stability against force. To ascertain the importance of the staple for pilus subunit-subunit interactions when pili are subjected to force, we deleted the first five amino acids at the N terminus of each subunit and repeated the sMD simulations.

For the simulations in which the staple was removed, we note that an overall lower average level of force was required to unwind each subunit from the helical filament, compared with simulations in which the staple was present (Fig. 4 A, 1 Å/ns). This lower force for unwinding suggests that the staple amino acids provide stabilizing interactions to the pilus filament. The averaged force data for the systems both with and without the staple at a pulling speed of 5 Å/ns are shown in Fig. S6 D, which showed the same trend in the overall average level of force for the two systems as is observed in Fig. 4 A.

We also observed that, in simulations with the staple amino acids removed, contacts between subunits were eliminated over a smaller range of filament extension for the majority of runs, compared with simulations in which the staple was present (compare Figs. S7 and S8, as well as Figs. S9 and S10). To understand these trends in the contact breakage more fully, we also analyzed the contacts formed between the second subunit (light gray subunit in Fig. 3) with each of the four surrounding subunits (the fourth, fifth, sixth, and seventh subunits in the 7mer filament). The data for this analysis of the sMD simulations at 1 Å/ns are shown in Fig. 4 B, C (run 2), and all of the data for 1 Å/ns simulations are shown in Fig. S15. By analyzing the contacts separately instead of in aggregate, we can observe more directly how the interactions between a subunit being pulled off the filament rod and other subunits around it were disrupted. As expected, the largest number of contacts between subunits occurred for the layer-to-layer n and n + 3 interactions (orange curves). This was true for the simulations both with and without the staple. However, in simulations without the staple, the number of layer-to-layer contacts generally dropped more quickly than when the staple was present; with the staple present, the layer-to-layer contacts between subunits n and n + 3 began to drop roughly simultaneously with the contacts between the second and sixth subunits. Contacts formed between these two subunits primarily came from the staple region of the sixth subunit, as seen in the figures. We note that some interactions of the second subunit also occurred with the staple of the seventh subunit (red curves), and were therefore absent without the staple. Contacts between the second subunit and the fourth subunit were the last to be completely broken in each of the simulations, which occurred as the filament was straightened and pulled away from the filament rod (e.g., Fig. 3 E).

Finally, to define more specifically some of the important contacts that occur between amino acids in the P pilus, both in the presence and the absence of the staple amino acids, we analyzed data from our 100-ns equilibrium simulations to determine the most stable interactions. As seen in Tables S1–S3, we observed that some interactions found to be highly stable in the 100-ns equilibrium simulations were also noted as stabilizing residues in the P pilus structure by Hospenthal et al. (9). For example, a particularly large number of stable interactions to other amino acids was observed for Lys 125, Asp 126, and His 132 in our simulations. This finding is consistent with the importance of those amino acids for P pilus stability, as indicated by the mutation experiments in Hospenthal et al. demonstrating that their mutation led to diminished rod stability. Interestingly, in Hospenthal et al., the mutation of Thr 3 (slightly polar) to an arginine (positively charged) produced helical pili comparable with wild type, and, in our simulations without the staple, while we observed a decreased unwinding force for the P pilus, sMD elongation of the system is mechanistically similar to wild type. Together, the data suggest that Thr 3 is not a critical residue for pilus dynamics. Other changes that occurred when the staple was removed included a small number of new interactions that were only present in the equilibrium simulation without the staple (Table S4). It is possible that these new interactions could only occur after removal of steric hindrance by the staple, thereby producing a slightly stronger pilin-pilin interaction.

Mutation experiments in combination with OT force measurements, similar to the approach by Spaulding et al. (18),
could test the presence and role of a modified staple region in P pili. This would allow for an interesting comparison of P and type 1 pili since type 1 lacks the staple. It would then be possible to determine the contribution of the staple to the observed ~ 50-times higher bond-opening rate for P compared with type 1 pili (22), and explore a possible role for the staple in guiding subunits into their bound state during recoiling. This is plausible since the staple increases the reach of the layer-to-layer interactions, which could increase the probability of an unbound subunit finding its way back to the coiled subunits.

CONCLUSIONS

In conclusion, we investigated the biophysical properties of P pili and the structural interactions that stabilize this representative of the helical class of the CU adhesion pili family. Using high-resolution force-measuring OT, we unveil contour-length dependent compliance of helical pili: a fully helical pili starts very stiff (700 pN/μm) but softens significantly during unwinding (100 pN/μm). We find that this biophysical property is well described by a coupled WLC and FJC model. Further, we assessed the kinetics and orientation change of subunits unbinding from the rod. We found that at steady state (the plateau force), at most six subunits are in the unbound state. When a single subunit switches from the bound state to the unbound state, the end-to-end length of the pilus increases 4.35 nm. A pilus can thus extend about six times its coiled length. Taken together, these experimental results imply that the donor strand does not restrict subunit movement during uncoiling, and acts as a hinge between the subunits, allowing the pilus to become fully linearized.

We verified these findings, investigated the bond-breaking process, and investigated the molecular interactions that stabilize the helical structure using 7mer filament sMD simulations. With a 7mer system, our simulations provide the first molecular-scale view of P pilus uncoiling at an atomistic level of detail, in a system large enough to include layer-to-layer interactions, aiding our interpretation of experimental force measurements. This detailed view of how interactions break and simulations in which the staple region was removed have provided valuable information about the role of the staple for P pilus stability. This study investigated essential biophysical and atomic features found in the helical class of uropathogenic adhesion pili and from our results we infer that the staple region significantly helps stabilize the helical rod structure.
SUPPORTING MATERIAL
Supporting material can be found online at https://doi.org/10.1016/j.bpj.2022.04.036.

AUTHOR CONTRIBUTIONS
T.D., J.B., E.B., and M.A. designed the research. T.D. and J.B. performed research. T.D., J.B., E.B., and M.A. analyzed data. M.A. was the project organizer. T.D., J.B., E.B., and M.A. wrote the manuscript. All authors read and agreed to the published version of the manuscript.

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DECLARATION OF INTERESTS
The authors declare no competing interests.

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