Research Article

Ghrelin Immunoreactive Cell Amounts in the Abomasum in 4-Month-Old Calves by Feeding Different Amounts of Prebiotics and New Synbiotics

Astra Arne, Aija Ilgaza, and Liga Astra Kalnina

1 Latvia University of Life Sciences and Technologies, Faculty of Veterinary Medicine, K. Helmaņa Street 8, Jelgava 3004, Latvia
2 St. John Fisher College, Biology Department, 3690 East Ave, Rochester, New York 14618, USA

Correspondence should be addressed to Astra Arne; arne.asta@gmail.com

Received 18 February 2021; Revised 23 August 2021; Accepted 26 August 2021; Published 21 September 2021

Academic Editor: Remo Lobetti

Copyright © 2021 Astra Arne et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

The study aim was to determine prebiotic (inulin) and new synbiotic (inulin and Enterococcus faecium) varied dosage effects, during food breakdown-abomasum immunoreactive (IR) cell amount and cold carcass weight. Ghrelin is synthesized in the fundus region of the stomach. In the gastrointestinal system, ghrelin affects multiple functions, including secretion of gastric acid, gastric motility, and pancreatic protein output. The study consisted of 49 Holstein male calves (23 ± 5 days old, 50 ± 5 kg). Control and experimental groups were differentiated only with the additive amount added to the morning food source. Three prebiotic groups were fed Jerusalem artichoke flour (inulin content increased by 50%) in three amounts: 6 g (lowest) PreG6, 12 g (medium) PreG12, and 24 g (highest) PreG24. Three synbiotic groups were added 0.25 g of prebiotic Enterococcus faecium (2 × 10^9 CFU/g) to the respective prebiotic, obtaining a new synbiotic (SynG6, SynG12, and SynG24). Calves were slaughtered after 56 days to obtain abomasum samples for ghrelin IR cell examination, and carcass weight was determined. It shows that ghrelin IR cell count in the abomasum was (p < 0.05) reduced in 6 g and 12 g inulin dosage, but carcass weight was significantly (p < 0.05) higher for PreG12 and PreG24 (p < 0.05) and then for CoG (CoG 42.6 kg; PreG12 51.4 kg; PreG24 54.0 kg) and (p < 0.05) for SynG12 and SynG24 (SynG12 52.3 kg and SynG24 49.6 kg), which indicates longer satiety and more wholesome breakdown of the food uptake. It was concluded that ghrelin IR cells in 12-week-old calves are more abundant in the fundus region. Medium- and high-dosage prebiotic inulin feeding to the calves improves overall food digestion, allowing for longer satiety and higher cold carcass weight without increasing food amount. Adding synbiotic 0.25 g Enterococcus faecium (2 × 10^9 CFU/g (Protexin, UK)) to inulin (produced in Latvia LTD “Herbe”) does not improve the results of this prebiotic.

1. Introduction

The search for methods in agriculture animal farming continues to find methods to increase farm animal growth, development, and productivity, as well as disease prevention without the use of antibiotics [1]. It is important for cattle growing, when calves transition from milk being their main source of protein digestion in the abomasum to digestion of roughage and concentrates in the foregut. During the transition to a different mode of nutrient acquisition, food digestion and weight increase can significantly decrease and overall health can worsen.

The addition of prebiotics and probiotics or a combination of both, also known as synbiotics has been recognized as one of the most progressive methods for calves. Prebiotics contain oligosaccharides that are indigestible by enzymes that can ferment digestive tract bacteria by obtaining energy, modeling their growth and activity that improves gastrointestinal tract function, immune system, and health as a whole [2–4]. Probiotics are composed of viable microorganisms needed for digestive tract function that decrease pathogens in the digestive tract, facilitate weight increase, and optimize immune system function by leaving an overall positive effect of the whole organism [5, 6]. Prebiotics are
used together with probiotics as a synbiotic to increase the positive effects [1, 7]. There is a search for a synbiotic that provides additional advantages to animal growth, food metabolism, and health ratings in contrast to addition to probiotics or prebiotics. Moreover, synbiotics are being made that can decrease GHG emission and increase food uptake digestion and other nutrients such as vitamin, microelement, and protein availability [5, 6]. With increased food digestion and absorption in animals with identical nutrient uptake, hunger decreases that lowers ghrelin immunoreactive (IR) cell activity.

Ghrelin was first described as a 28 amino acid intestinal peptide and growth hormone secretion receptor 1A endogen ligand in 1999 [8]. Ghrelin is a potential hunger stimulant that is primarily synthesized by the parietal cells in the stomach (ruminant abomasum), as well as in the epithelial cells of the large and small intestine [9–11]. This peptide is part of the energy metabolism, food uptake, and control of growth hormone secretion and plays an important role as a bone and cartilage homeostasis mediator as well as cell proliferation modeling [8, 12–14].

Its production in monogastric animals decreases rapidly after feeding and remains at low levels as long as the animal is not hungry. Ghrelin IR cells activate once the stomach is empty, which stimulates stomach motility and hydrochloric acid secretion, which stimulates hunger and the search for food. Cytoplasmic ghrelin secreted from stomach ghrelin cells promotes an increase in plasma ghrelin concentration. Ghrelin is known as a hunger signal from peripheral tissue, which indicates ghrelin IR cells are affected by peripheral cell metabolism [12, 15].

Due to the continuous flow of food from the foregut, ruminants have a different circadian rhythm than monogastric animals. There is a need for studies focusing on the role of ghrelin in a grown cattle organism. Before the complete transition from milk to roughage and concentrate breakdown in the foregut, ghrelin secretion in abomasum tissue could be dependent on the same laws as in monogastric animals. If calves are fed with Jerusalem artichoke flour containing prebiotic inulin (~50%) and its combination with Enterococcus faecium, then food digestion improves by reducing the number of hunger hormone ghrelin IR cells in the abomasum.

This study aimed to determine ghrelin immunoreactive cell activity from 4-month-old calf abomasum as well as determine how prebiotics (inulin) and synbiotics (inulin and E. faecium) in different dosages impact the abomasum IR cell activity using cold carcass weight.

2. Materials and Methods

2.1. Experimental Design, Dietary Treatments, and Animal Management. The study was conducted at the LLU Veterinary Medicine Department, Preclinical institute. The study was based on 49 Holstein male calves that, at the start of the study, were 23 ± 5 days old, with an average weight of 50 ± 5 kg. Calves were assigned to 7 different groups, with 7 animals in each that differed in food uptake. All calves were fed twice a day with 41 of milk with or without food additives. All animals had ad libitum access to hay and water. The control group (CoG) were only fed with whole milk. Prebiotic group calves were fed milk with Jerusalem artichoke (produced by “LTD Herbe”) additive which had an inulin concentration of 50% because usually, Jerusalem artichoke contains a 15–20% inulin concentration on its own [5, 6, 16]. Prebiotic group calves were fed milk with the following Jerusalem artichoke additive to milk: 6 g Jerusalem artichoke powder (3 g inulin; denoted PreG6); 12 g Jerusalem artichoke powder (6 g inulin; denoted PreG12); and 24 g Jerusalem artichoke powder (12 g inulin; denoted PreG24). Synbiotic group calves were fed milk with the Jerusalem artichoke powder and probiotic: 6 g Jerusalem artichoke powder (3 g inulin + 0.25 g Enterococcus faecium (2*10^9 CFU/g), denoted SynG6); 12 g Jerusalem artichoke powder (6 g inulin + 0.25 g Enterococcus faecium (2*10^9 CFU/g), denoted SynG12); and 24 g Jerusalem artichoke powder (12 g inulin + 0.25 g Enterococcus faecium (2*10^9 CFU/g), denoted SynG24).

2.2. Sample Collection and Weighing. After 56 days, animals were slaughtered (average of 12 weeks of age). After slaughter, histological samples from each calf (n = 49) abomasum’s two parts pars pylorica and fundus abomasum were collected, which were rinsed with 0.9% NaCl solution and placed in 100 mL of 10% of formalin. Tissue cultures were fixed in 10% formalin solution for at least 48 hours. Carcasses were cooled, and the official weight recorded was fixed on the verified slaughterhouse scale.

2.3. Immunochemistry Analysis. Ghrelin immunoreactive (IR) cell detection was performed using immunohistochemistry staining methods. IR cell staining was performed with the streptavidin-biotin complex (Dako REAL™ EnVision™ Detection System, Peroxidase/DAB+, Rabbit/Mouse). Tissue samples were placed on microscope slides with silane coating (Histo Bond®) and dried for 12 hours in the thermostat at 37°C. Tissue samples underwent deparaffinization in xylitol and dehydration with an ethanol concentration-reducing column; samples were placed in 65°C buffer solution at pH 9 (Target Retrieval solution, pH 9, Dako). After heating, the samples were cooled and applied to endogen peroxidase blocking reagent (Dako Endogenous enzyme block) for 5 minutes. Rat-mouse polyclonal antibodies (Phoenix Pharma. Inc.H- 031-31) were used as primary antibodies diluted 1:500. To determine immunohistochemistry staining cell and primary antibody reaction, the samples were stained applying DAB + complex (Dako REAL™ EnVision™ Detection System). To avoid artefacts and to increase contrast, tissues were stained with hematoxylin. There was a negative control added without primary antibodies. Immunoreactive cell quantitative compositions were evaluated in every sample in 10 fields of vision to determine the immunoreactive cell number in 1 mm².

Samples were examined under 40x magnification using a...
2.4. Statistical Analysis. To describe the results and to determine if there is a statistical difference between the two groups, the function average (AVERAGE) and standard deviation (STDEV), as well as the t-test (T.TEST), were performed to compare two groups. All statistical analysis was reported significant for tests with \( p < 0.05 \). All parameters were analyzed, and statistical analysis was conducted using Excel 2013 and SPSS Statistics-22 versions.

3. Results

In the Abomasum pars pylorica gland section (Figure 1) PreG24 group calf sample, no ghrelin IR cells were observed. In CoG, pars fundalis (Figure 2) IR cells were observed, and the arrow points to the reaction in the gland tissue cytoplasm as brown-colored granules.

Ghrelin immunoreactive (IR) cells are localized in the abomasum muscle gland cell cytoplasm in the pylorus and fundus sections. In the fundus region, more are seen in gland cell apical ends, but in the pylorus region, more are seen in gland cell nuclei and perinuclei. Ghrelin IR cells stain brown and are mostly observed to be round, oval, and, in some cases, square, stained with DAB + ghrelin granules colored brown (Figure 2). The negative control did not show positive staining results.

Examining ghrelin IR cell numbers in all experimental groups, they are significantly \((p < 0.09)\) more abundant in the abomasum fundus region than in the pylorus region (Table 1).

Control group animals in contrast with all prebiotic and synbiotic group animals were observed to have significantly \((p < 0.01)\) more IR cells in the abomasum pars region (see Table 1); PreG6 group animals were also found to have a high cell amount, and they are significantly \((p < 0.05)\) more than PreG12 and PreG24. The SynG6 group’s ghrelin IR cell amount was significantly \((p < 0.05)\) higher than that of SynG12 and SynG24. It can be concluded that inulin addition to food of 6g and 12g significantly decreases ghrelin IR cell numbers in the abomasum pars pylorica region.

Analyzing the abomasum fundus region (see Figure 2) results, it can be seen that ghrelin and IR cells in CoG are significantly \((p < 0.01)\) more than for PreG12, PreG24, SynG6, SynG12, and SynG24 group animals. In the SynG6 group, they are significantly \((p < 0.01)\) more than SynG12 in SynG24. Group SynG12 ghrelin IR cell number was significantly higher \((p < 0.01)\) than that of PreG24 group \((5 \pm 3.45 \text{ and } 2 \pm 0.97)\).

CoG animals reported the lowest cold carcass weight which was significantly \((p < 0.01)\) lower than that of PreG12; 24 and SynG12, as well as significantly \((p < 0.05)\) lower than that of the SynG624 group. Between CoG and PreG6 group animals, there were no significant differences in cold carcass weight. The highest cold carcass weights were reported for calves that were fed the medium and higher dose of inulin.
significantly differed between the two abomasum regions, *abomasum fundus* and *pars pylorica*. Our study control group and experimental group calves, ignoring food additive to milk amount, reported significant (\( p < 0.05 \)) ghrelin immunoreactive cell numbers in *abomasum fundus* than the *pars pylorica* region (see Table 2). Other author studies support these findings of more IR cells in the *abomasum fundus* than the *pars pylorica* region [8, 14]. Their amount in the stomach after birth significantly increased in the first 5 postnatal development weeks. For calves at 12 weeks, their abomasum gland cells have developed enough to respond to satiety with secretion of ghrelin [13].

Ghrelin develops in the stomach and other digestive tract region mucus of hungry animals. Research with rats and humans showed that ghrelin presence in peripheral blood circulation in rats after gastrectomy reduces by 80% and by 65% in humans [17, 18], which points to the presence of ghrelin in peripheral blood circulation and the feeling of hunger is directly impacted by ghrelin secreting cells in the stomach. To determine the impact of different doses of prebiotics (inulin) and synbiotics (inulin and 0.25 g *Enterococcus faecium* (2\( \times 10^9 \) CFU/g)) on satiety in calves, we focused on ghrelin immunoreactive cell changes in the abomasum. It allows us to understand and determine the impact of additives on food breakdown because an empty stomach signals ghrelin production which will travel to the peripheral blood circulation. Rise in ghrelin levels signals stomach ghrelin production which will travel to the peripheral to central nervous system and signals feeling hungry. Search for food, increased stomach acid secretion, and stomach motility were stimulated as well as *n.vagus* activity. The role of ghrelin in the releasing of growth hormone from hypophysis is to stimulate the search for food and if enough nutrients are present leading to increase in weight as well [8, 19–21].

Despite the overwhelming evidence that ghrelin IR cells are found in the stomach of ruminants [9–11], no studies were found on the impact of synbiotic and prebiotic addititives to food regarding calf abomasum IR cell activity. This study provides unique findings on inulin (prebiotic) and its combination to 0.25 g of *Enterococcus faecium* (2\( \times 10^9 \) CFU/g) (synbiotic) uptake on IR cell amount in the calf abomasum region, ghrelin granule distribution, and amounts.

For calves which were fed the lowest dose of prebiotics, IR cells were observed at a relatively high amount. In [20], it was observed that a sufficient dose of prebiotics reduces ghrelin secretion, which in turn helps regulate calf weight, which was observed in our study as well. Medium- and high-dose prebiotic group calves with equal food uptake as the control group were found to have low numbers of ghrelin of IR cells in the abomasum than the control and low-prebiotic-dose calf groups. This shows that inulin in sufficient amounts (at least 6 g/per day) in 12-week-old calves significantly increases food uptake and breakdown, therefore decreasing the feeling of hunger. However, 0.25 g of prebiotic *Enterococcus faecium* (2\( \times 10^9 \) CFU/g) addition to the medium and the highest dose (6 and 12 g) did not improve the results significantly. Ghrelin, IR cell amounts, and cold carcass weight in contrast to the respective prebiotic and synbiotic group results did not show supportive results.

Due to the ghrelin IR cell amount results, it can be concluded that ghrelin IR cells in 12-week-old calves are significantly more in the *abomasum fundus* region. Medium (6 g/per day) and highest (12 g/per day) prebiotic (inulin) addition to food uptake increases food breakdown by having a longer feeling of satiety and increased calf weight without an increase in food uptake amount. Synbiotic *Enterococcus faecium* (2\( \times 10^9 \) CFU/g) addition to food together with prebiotic inulin does not improve these results significantly.

### Table 2: Chemical composition of concentrated feed and Jerusalem artichokes flour for study animals.

| Flour name          | Composition (g·kg\(^{-1}\) dry matter basis) | Composition (g·mg\(^{-1}\) dry matter basis) |
|---------------------|---------------------------------------------|---------------------------------------------|
|                     | Dry matter, g kg\(^{-1}\) CP NDF ADF Starch | Inulin Free glucose Free fructose Saccharose Nucleic acids |
| Concentrated feed   | 882 142 481 34 655                          | — — 8 26 106 21 |
| Jerusalem artichoke | 948–956 171 — — 628–645 485–501            | — — — — — |

CP- crude protein; NDF- neutral detergent fiber; and ADF- acid detergent fiber.

**Data Availability**

Dornonville de la Cour C, Björkqvist M, Sandvik AK. 2001. A-like cells in the rat stomach contain ghrelin and do not operate under gastrin control.Regul Pept. 99:141–150.2. Hamasalim HJ. 2016. Synbiotic as Feed Additives Relating to Animal Health and Performance. Adv Microbiol. 6: 288–302.3. Hayashida T, Murakami K, Mogi K, Nishihara M, Nakazato M, Mondal MS, Murakami N. 2001. Ghrelin in domestic animals: distribution in the stomach and its possible role. Domest. Anim. Endocrinol. 21:17–24.4. Hayashi H, Yamaguchi M, Kozakai T. 2020, Leptin and ghrelin expressions in the gastrointestinal tracts of calves and cows. J Vet Med Sci. 82 : 475–478.5. Özfiliz N, Tütüncü Ş, Çetin M, Udom D. 2011b. Effects of different feeding programs and ghrelin injection on plasma ghrelin concentrations and distribution of the ghrelin positive cells in the abomasum of Awassi male lambs. Revue Med Vet. 162 : 65–71.

**Ethical Approval**

The ethical concerns of this study, animal protection, and wellbeing were reviewed by the Latvia University of Life Sciences and Technologies LL Animal Welfare and Protection Ethics Council. Permission for this study was granted (Nr. DZLAEP-2017/2).

**Conflicts of Interest**

The authors declare no conflicts of interest.
Acknowledgments
This research was supported by the National Research Program, Agricultural Resources for Sustainable Production of Qualitative and Healthy Foods in Latvia (AgroBioRes) (2014–2017).

References
[1] W. Samolińska, E. Kowalczuk-Vasilev, and R. Grela, "Comparative effect of different dietary inulin sources and probiotics on growth performance and blood characteristics in growing–finishing pigs," Archives of Animal Nutrition, vol. 72, pp. 379–395, 2018.
[2] J. Castro, A. Gomez, B. A. White, H. J. Mangian, J. R. Lofton, and J. K. Drackley, "Changes in the intestinal bacterial community, short-chain fatty acid profile, and intestinal development of preweaned Holstein calves. 1. Effects of prebiotic supplementation depend on site and age," Journal of Dairy Science, vol. 99, pp. 9682–9702, 2016.
[3] H. J. Hamasalim, "Synbiotic as feed additives relating to animal health and performance," Advances in Microbiology, vol. 6, pp. 288–302, 2016.
[4] B. Kiczorowska, W. Samolińska, A. Y. Arm, P. Kiczorowski, and A. Wiinarska-Mieczan, "The natural feed additives as immunostimulants in monogastric animal nutrition—a review," Annals of Animal Science, vol. 17, pp. 605–625, 2017.
[5] A. J. Heinrichs, C. M. Jones, J. A. Elizondo-Salazar, and S. J. Terrill, "Effects of a prebiotic supplement on health of neonatal dairy calf," Livestock Science, vol. 125, pp. 149–154, 2009.
[6] S. Jonova, A. Ilgaza, M. Zolovs, and A. Balins, "Impact of inulin and yeast containing synbiotic on calves' productivity and greenhouse gas production," Veterinary World, vol. 13, pp. 1017–1024, 2020.
[7] S. Jonova, A. Ilgaza, and M. Zolovs, "The impact of inulin and a novel synbiotic (yeast Saccharomyces cerevisiae strain 1026 and inulin) on the development and functional state of the gastrointestinal canal of calves," Veterinary Medicine International, vol. 1, pp. 1–9, 2021.
[8] M. Kojima and K. Kangawa, "Ghrelin: structure and function," Physiological Reviews, vol. 85, pp. 495–522, 2005.
[9] H. Hayashi, M. Yamaguchi, and T. Kozakai, "Leptin and ghrelin expressions in the gastrointestinal tracts of calves and cows," Journal of Veterinary Medical Science, vol. 82, pp. 475–478, 2020.
[10] N. Murakami, T. Hayashida, T. Kuroiwa et al., "Role for central ghrelin in food intake and secretion profile of stomach ghrelin in rats," Journal of Endocrinology, vol. 174, pp. 283–288, 2002.
[11] N. Özfili, S. Tütüncü, and H. Erdost, "Immunohistochemical distribution of ghrelin positive cells in the abomasum of sheep," Ankara Üniversitesi Veteriner Fakultesi Dergisi, vol. 58, pp. 61–64, 2011.
[12] J. Laermans, L. Vancleef, J. Tack, and I. Depoortere, "Role of the clock gene Bmal1 and the gastric ghrelin-secreting cell in the circadian regulation of the ghrelin-GOAT system," Scientific Reports, vol. 5, Article ID 16748, 2015.
[13] N. Özfili, Ş Tütüncü, M. Cetin, and D. Uдум, "Effects of different feeding programs and ghrelin injection on plasma ghrelin concentrations and distribution of the ghrelin positive cells in the abomasum of Awassi male lambs," Revue de Medecine Veterinaire, vol. 162, pp. 65–71, 2011.

[14] A. D. Strader and S. C. Woods, "Gastrointestinal hormones and food intake," Gastroenterology, vol. 128, pp. 175–191, 2005.
[15] I. Sakata and T. Sakai, "Ghrelin cells in the gastrointestinal tract," International Journal of Peptide, vol. 20, p. 8, 2010.
[16] S. M. Abed, A. H. Ali, A. Noman, S. Niazi, A. F. Ammar, and A. M. Bakry, "Inulin as prebiotics and its applications in food industry and human health; a review," International Journal of Agriculture Innovations and Research, vol. 5, pp. 88–97, 2016.
[17] H. Arisyasu, K. Takaya, T. Tagami et al., "Stomach is a major source of circulating ghrelin, and feeding state determines plasma ghrelin-like immunoreactivity levels in humans," The Journal of Clinical Endocrinology and Metabolism, vol. 86, pp. 4753–4758, 2001.
[18] C. Dornonville de la Cour, M. Björkqvist, and A. K. Sandvik, "A-like cells in the rat stomach contain ghrelin and do not operate under gastrin control," Regulatory Peptides, vol. 99, pp. 141–150, 2001.
[19] Y. Date, "Ghrelin and the vagus nerve," Methods in Enzymology, vol. 154, pp. 261–269, 2012.
[20] L. Samal and N. C. Behura, "Prebiotics: an emerging nutritional approach for improving gut health of livestock and poultry," Asian Journal of Animal and Veterinary Advances, vol. 10, pp. 724–739, 2015.
[21] T. Hayashida, K. Murakami, K. Mogi et al., "Ghrelin in domestic animals: distribution in stomach and its possible role," Domestic Animal Endocrinology, vol. 21, pp. 17–24, 2001.