Spiral Honeycomb Microstructured Bacterial Cellulose for Increased Strength and Toughness

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ABSTRACT: Natural materials, such as nacre and silk, exhibit both high strength and toughness due to their hierarchical structures highly organized at the nano-, micro-, and macroscales. Bacterial cellulose (BC) presents a hierarchical fibril structure at the nanoscale. At the microscale, however, BC nanofibers are distributed randomly. Here, BC self-assembles into a highly organized spiral honeycomb microstructure giving rise to a high tensile strength (315 MPa) and a high toughness value (17.8 MJ m⁻³), with pull-out and de-spiral morphologies observed during failure. Both experiments and finite-element simulations indicate improved mechanical properties resulting from the honeycomb structure. The mild fabrication process consists of an in situ fermentation step utilizing poly(vinyl alcohol), followed by a post-treatment including freezing–thawing and boiling. This simple self-assembly production process is highly scalable, does not require any toxic chemicals, and enables the fabrication of light, strong, and tough hierarchical composite materials with tunable shape and size.

KEYWORDS: bio-inspired materials, cellular materials, sustainability, self-assembly, biocomposites

INTRODUCTION

High-performance materials that have lightweight, high strength, and high toughness are highly demanded in the aerospace, biomedical, and construction industries. However, strength and toughness are generally considered mutually exclusive properties in artificial materials. In biological systems, on the other hand, there are multiple examples of strong and tough materials (e.g., spider silk, nacre, bone, and wood). This is achieved via their hierarchical structure, which is highly ordered from the molecular and microscale up to the macroscale. The construction of highly organized hierarchical structures is key to produce high-performance structural materials.

To achieve such hierarchical structures, different types of materials could be used, including organic materials (e.g., polymers, carbon-based), inorganic materials (e.g., calcium carbonate), or a combination of both. Among those materials, natural biopolymers are drawing increasing attention due to their bio-inspired nature, current environmental concerns, and the need for sustainable materials. Cellulose is a particularly interesting example of such green biopolymers. As the most abundant biopolymer in nature, cellulose, in the form of nanofibers, widely exists in most plants and wood structures, as well as in the biofilms surrounding some microorganisms (e.g., in Gluconacetobacter hansenii). Cellulose nanofibers themselves consist of a hierarchical fibril structure originating from the strong intramolecular and intermolecular hydrogen bonding, resulting in high tensile strength and elastic modulus. Therefore, cellulose nanofibers are ideal building blocks for constructing high-performance materials with organized mesoscale structures. In particular, bacterial cellulose (BC) is secreted in large quantities by bacteria in the form of a hydrogel-like biofilm. This biofilm consists of randomly distributed single BC nanofibers, which possess the same organized fibril structure as plant cellulose, exhibiting high crystallinity and good mechanical performance. To obtain BC nanofibers, the most frequently used method is to mechanically disintegrate the wet BC hydrogel pellets. These BC nanofibers are then recombined together using techniques, such as wet spinning or 3D printing. These ex situ methods, however, destroy the naturally layered BC structure and weaken its mechanical performance significantly. To increase the tensile strength and toughness of BC, an organized BC microstructure is desired. Several methods, including wet stretching, twisting, and tape
peeling,\textsuperscript{24} can produce an aligned BC microstructure based on the natural BC network. These methods could demonstrate that aligning BC at the microscale enhances the mechanical performance significantly, but they are usually highly energy-intensive and show limited scalability.

Here, we report the formation of a highly organized spiral honeycomb microstructure in BC films via a self-assembly process under mild conditions that combines an \textit{in situ} fermentation and a post-treatment procedure (Figure 1).

During the BC growing procedure, poly(vinyl alcohol) (PVA), a water-soluble additive often used during BC fermentation to regulate BC’s biological\textsuperscript{12} and mechanical property,\textsuperscript{26} is added to the fermentation medium. The film was formed at the air–liquid interface and was processed with a freezing–thawing, boiling, washing, and drying procedure. (b) Optical image of BC wet pellicle before air-drying. (c) Optical image of honeycomb BC film. (d) Scanning electron microscope (SEM) image of BC film, showing a spiral honeycomb microstructure.

\section*{RESULTS AND DISCUSSION}

\textbf{Biofabrication Procedure and Morphology of Composites.} In this work, cellulose nanofibers are produced by \textit{G. hansenii}, a strain of bacteria with high cellulose production yield.\textsuperscript{14} Cellulose from plant or wood is generally not pure, containing lignin, hemicellulose, pectin, etc.,\textsuperscript{29} and an environmentally unfriendly delignification procedure is needed.\textsuperscript{30} On the contrary, BC consists of pure cellulose without those impurities,\textsuperscript{31} and is therefore an advantageous building block in manufacturing cellulose-based advanced materials.\textsuperscript{8} A straightforward approach to produce BC-based composites is \textit{in situ} fermentation,\textsuperscript{12} which consists of simply dissolving water-soluble polymers into the fermentation medium during cellulose production by the bacteria. The produced BC nanofibers tend to aggregate at the air–liquid interface, forming a random nanofibrous network held together via strong hydrogen bonding. The liquid medium, including the dissolved polymers, is then entrapped into the BC, resulting in a homogeneous spread of water-soluble polymers into the BC network. For these polymers to remain in the composites, cross-linking methods are generally used.\textsuperscript{33}

Here, the \textit{in situ} fabrication procedure consists of adding PVA at 10\% w/v into the \textit{G. hansenii} fermentation medium. After 10 days of culturing at 30 °C, BC/PVA pellicles are harvested at the air–liquid interface. To cross-link PVA, these pellicles are frozen at −20 °C for 24 h and brought to room temperature to thaw for 6 h. This FT procedure is repeated five times, and then the material is boiled in water for sterilization, immersed in water for washing, and finally dried in air (Figure 1a–c).

Interestingly, a highly organized layered spiral honeycomb structure is observed in these films (Figure 2a–f and Supporting Information Figure S1, 10\% PVA–BC-FT samples). The SEM images of horizontal sections (Figure 2a–c) reveal that BC nanofibers are spirally and densely packed to form a hexagonal microunit, with borders of these microunits consisting of aligned and entangled BC nanofibers. This results in a honeycomb morphology with spiral BC nanofibers (Figure 2d–f). While the 10\% PVA–BC-FT film keeps the layered structure of natural BC (Supporting Information Figure S2a), the microscale arrangement in each layer is changed from the randomly distributed nanofibers seen in natural BC (Supporting Information Figure S2b) to a spiral honeycomb structure.

To investigate the underlying mechanisms behind the formation of such a structure, we vary the PVA concentration in the fermentation medium between 1 and 20\% w/v. The sample cross sections show a random fibrous structure for both 1\% w/v PVA (1\% PVA–BC-FT, Figure 2g) and 5\% w/v PVA (5\% PVA–BC-FT, Figure 2h).
(5% PVA–BC-FT, Figure 2h), as observed in natural BC. However, the samples with 20% w/v PVA (20% PVA–BC-FT, Figure 2i and Supporting Information Figure S3) show a spiral fibrous structure. This structure is not identical to the hexagonal spiral honeycomb structure seen in the samples with 10% w/v PVA (10% PVA–BC-FT). Indeed, the spiral unit diameter increases to 50 μm for 20% PVA–BC-FT compared to 23 μm in the case of 10% PVA–BC-FT. Therefore, the PVA concentration in the initial fermentation medium is of key importance for the formation of the spiral structure. Spirals tend to be formed when the PVA concentration exceeds 10% w/v, while 10% w/v is the optimal concentration for the formation of ordered spiral hexagonal structures.

To assess whether PVA concentration is the only factor influencing the structure, the FT was omitted from the fabrication method. The 10% PVA–BC-FT samples are compared to 10% PVA–BC, produced following the same procedure except for the FT. Interestingly, there is no honeycomb or spiral structure observed in 10% PVA–BC (Supporting Information Figure S4). The FT process is therefore essential to the formation of spiral honeycombs. From these results, both the PVA concentration in the fermentation medium and the post-treatment process are crucial factors contributing to the formation of this fibrous honeycomb structure.

The presence of PVA in the honeycomb composites is confirmed with Fourier transform infrared (FTIR) spectra (Supporting Information Figure S5). Thermogravimetry analysis (TGA) reveals that only a small amount of PVA is present in the final honeycomb film since the TGA of pure BC and that of honeycomb composites are similar (Supporting Information Figure S6). PVA in the composites is likely washed away during the post-treatment procedure. During the FT procedure, PVA polymer chains are expected to become more organized and form PVA crystals. Upon boiling, PVA polymer chains in the crystal likely rearrange and become less organized due to heating, causing the PVA to be water-soluble again. Before this heating procedure, PVA is spread homogeneously in the BC network and acts as a plasticizer. As the PVA polymer chain is rich in hydrogen bonds, PVA may interfere with the hydrogen bonding between the cellulose fibrils. The hydrogen bonds in the original BC fibers may, consequently, be weakened, resulting in the rearrangement of the random BC nanofibers and initiating a self-assembly process that leads to the formation of the spiral honeycomb structure in the post-treatment. Meanwhile, as no honeycomb structure were observed without FT, the PVA crystals during FT might act as a template to form the highly ordered structure: the BC fibers could reorganize into the honeycomb spirals based on the PVA crystal template. During the boiling procedure, this PVA crystal template is removed while the spiral honeycomb structure remains in the composites. This could explain why a higher amount of PVA contributes to the formation of the spiral structure.

**Bacterial Viability and Yield of Materials Production.** We then assess whether the yield of BC/PVA composite produced depends on the bacterial viability, which can be influenced by the presence of PVA. To study this, the wet thickness of fermented BC is measured after different fermentation times (5, 10, and 15 days), with and without PVA, and the corresponding amount of viable bacteria is assessed. In all sample types, the bacteria viability reaches a maximum after 5 days of fermentation (Figure 3a). After 5 and 10 days of culture, bacterial viability in pure BC and BC/PVA composites is similar. After 15 days, however, pure BC shows higher bacteria viability. Therefore, the addition of PVA in the fermentation medium lowers the number of viable bacteria only for periods longer than 10 days. The dry weight yield of all specimens remains unchanged after 10 days (Figure 3b) because bacteria entrapment into the BC pellicle and limited contact with oxygen restricts BC production after 10 days. The wet thickness, wet weight, and dry weight measurements (Figure 3b, Supporting Information Figure S7a,b) all show a decrease in composite production when more PVA is present. This decrease in wet thickness is probably due to the viscosity change when the polymer is added, as shown before. The viscosity of the fermentation medium increased significantly after adding PVA, especially for the highest concentrations, thus decreasing the oxygen transfer rate and cell migration, and slowing down BC production rate. As long as PVA concentration is below 10% w/v, we could harvest BC/PVA composites with a wet thickness exceeding 4.0 mm after 10 days of fermentation, which is thick enough to perform mechanical testing.

The film shape and size are easily tailored by adjusting the shape and size of the fermentation vessel (Supporting Information Figure S7c–e). The entire fermentation step is carried out under mild conditions without using or generating any toxic chemicals. The fabrication process is scalable, green, and environmentally friendly.

**Tensile Properties of the BC/PVA Composites.** The microstructure of a material influences its mechanical performance. Honeycomb structures are commonly observed in nature, and are seen in many biological systems like wood, turtle shells, bamboo, and cork. The honeycomb microstructure of wood, which is formed through a different mechanism, is demonstrated to be one of the reasons that wood possesses excellent mechanical properties, hence the growing interest in mimicking this structure. The random fibrous structure of natural BC, originating from the bacteria moving freely in all directions during fermentation, limits its mechanical properties. Therefore, the microscale spiral honeycomb structure observed here in the 10% PVA–BC-FT samples is likely to affect BC’s mechanical properties. Tensile tests are performed to test this. The 10% PVA–BC-FT samples show a significantly higher ultimate strength (314.98 ± 20.51 MPa, Figure 4a,b) and elongation at break (8.58 ± 1.27%, Figure 4c) compared to the other groups. Comparing the samples that have undergone the FT procedure to the ones...
which have not, we find that 10% PVA–BC-FT and BC-FT (ultimate strength: 223.07 ± 13.82 MPa; elongation at break: 4.19 ± 0.29%) show higher ultimate strength and higher elongation at break than 10% PVA–BC (ultimate strength: 176.66 ± 5.59 MPa; elongation at break: 4.14 ± 0.63%) and BC (ultimate strength: 153.89 ± 8.21 MPa; elongation at break: 3.10 ± 0.35%); see Figure 4b,c. This indicates that the FT procedure improves the tensile properties of BC. The ultimate strengths of 1% PVA–BC–FT (211.64 ± 21.45 MPa, Figure 4b) and 5% PVA–BC–FT (217.41 ± 13.96 MPa, Figure 4b) are close to that of BC-FT. Therefore, the main reason for this sharp increase in the ultimate strength of 10% PVA–BC–FT is not the addition of PVA, but rather its different microstructure. Due to the contributions from a high tensile strength and a higher elongation at break, 10% PVA–BC–FT shows a toughness (17.76 ± 3.63 MJ m⁻³), which is significantly higher than that of BC (2.89 ± 0.33 MJ m⁻³, Figure 4d). The Young’s modulus of the 10% PVA–BC–FT composite does not increase significantly compared to most other specimen types, with Young’s moduli of all sample types varying between 7.41 ± 0.85 s and 11.24 ± 0.63 GPa (Figure 4e). In conclusion, the improved mechanical properties of 10% PVA–BC–FT are most likely linked to its nanofibrinous layered structure and honeycomb microstructure. PVA was previously added to the fermentation medium to form BC/PVA composites. In these studies, however, the maximum tensile strength was smaller (less than 55 MPa), different post-treatment methods were used, and no honeycomb structure was observed. Our BC/PVA composite film shows competitive tensile strength and toughness values in comparison with other BC-based composites fabricated under mild conditions (Supporting Information Table S1).

To further understand the failure mechanism of this new material, cross sections of the 10% PVA–BC-FT specimen after tensile testing are imaged, showing fibrous de-spiral (Figure 5a–d and Supporting Information Figure S8) and pull-out morphologies (Figure 5e–h). The pull-out morphology was previously reported in other layered materials and was suggested to be responsible for the toughness enhancement during failure. This failure process can absorb more energy under tension, thus could contribute to the high strength and toughness measured in this honeycomb nanofibrinous material.

Figure 4. Tensile properties of the BC/PVA composite film with and without FT. (a) Stress–strain curves, (b) ultimate strength, (c) elongation at break, (d) toughness, and (e) Young’s moduli. * p < 0.05, significant; ** p < 0.01, significant; ns, insignificant.

Figure 5. De-spiral and pull-out breaking mechanisms of the bacterial cellulose films with honeycomb microstructure. Schematics of (a) de-spiral and (e) pull-out; SEM images of the (b–d) de-spiral morphology (white arrows) and (f–h) pull-out morphology (encircled in red) of the honeycomb BC film after tensile testing.
The natural biopolymer bacterial cellulose possesses an organized fibril structure at the nanoscale. At the microscale, however, the BC nanofibers are distributed randomly. To further increase the tensile strength and toughness of BC, it is important but still remains challenging to control the organization of BC at the microscale. Here, we demonstrate the combination of an in situ biofabrication of BC with 10% w/v PVA with a post-treatment procedure including freezing–thawing, boiling, washing, and air-drying, to generate a strong and tough BC film with a highly organized spiral nanofibrous honeycomb microstructure. At high enough concentration, PVA likely affects the hydrogen-bond network of BC fibrils. The weakened BC fibers could therefore self-assemble in the observed spirals with a highly organized hexagonal microunit. As a result, this honeycomb BC film shows a 2× increase (from 154 MPa for BC to 315 MPa for honeycomb BC) in tensile strength and a 5× increase (from 2.9 MJ m⁻³ for BC to 17.8 MJ m⁻³ for honeycomb BC) in toughness compared to the BC samples with random nanofibrous structure. The sharp increase in mechanical properties is due to this special honeycomb structure, because materials of similar composition with no honeycomb structure show reduced tensile strength and toughness. In addition to experiments, finite-element simulations also indicate improved mechanical properties resulting from the honeycomb structure. Furthermore, shape, size, and thickness of this material are controllable by simply adjusting the shape and size of the culture vessel and the cultivation time. This fabrication method provides a green and mild platform for incorporating beneficial polymers into BC to produce materials with superior mechanical properties and complex biomimetic structures on a large scale.

**CONCLUSIONS**

Growing Composite Materials by Bacteria. PVA powder was dissolved into HS medium at concentrations of 1, 5, and 10% w/v, followed by boiling in a kitchen microwave oven for 5 min and cooling. This process was repeated three times to sterilize the solution. After that, the polymer/medium solution was inoculated with *G. hansenii* bacteria (*Gluconacetobacter hansenii* ATCC 55652 bacteria were obtained from the American Type Culture Collection (ATCC)). Fermentation was then carried out at 30 °C for 10 days under static conditions. The nanofibrous polymer composites were formed at the air–liquid interface such that the shape of the composite pellicle was determined by the shape of the fermentation chamber (flask or rectangular box-like) and the material thickness was established by the culture time.

**Post-Treatment of the Nanofibrous Composites.** After fermentation, the freshly formed solid pellicle was transferred to a plastic Petri dish and treated with a “freezing–thawing” method. Briefly, the solid pellicle was stored at −20 °C to be frozen for 24 h and then, left to thaw at room temperature for 6 h. The PVA inside the composites is known to cross-link by the crystals formed after repeating this “freezing–thawing” procedure for five times. After cross-linking, the pellicles were boiled to kill the bacteria and washed with distilled water for 3 days to remove the unreacted polymers and impurities, followed by drying in the air to form the final polymer/cellulose nanofibrous composite films.

**Characterization of the BC/PVA Nanofibrous Composites.** The material morphology was observed by scanning electron microscopy (SEM, JEOL JSM 6010 LA). The material was sputter-coated with gold-palladium at 20 mA for 60 s and was observed at 5−15 kV under vacuum. SEM was carried out on the specimens after the boiling and washing steps.

To check for the presence of polymers inside the composites, FTIR (PerkinElmer, Spectrum 100) equipped with an attenuated total reflection (ATR) accessory was used. The FTIR spectra were the average of 20 scans in the 550−4000 cm⁻¹ range at a resolution of 4 cm⁻¹.

TGA (Mettler Toledo) was assessed at 30−1000 °C with a heating rate of 10 °C min⁻¹ in the air atmosphere. Derivative thermogravimetry (DTG), the first derivative of the TGA curve, was also plotted (Supporting Information Figure S6d).

The tensile tests were performed using a Zwick/Roell 2010 universal testing machine with a 500 N load cell and 1 kN grips. The measuring distance between the clamps was 10 mm, and the samples were tested with a loading rate of 2 mm/min. At least six specimens per group were measured for the data presented here.

**Measuring the Bacterial Viability and the Yield of the Composites.** The effects of adding PVA on the bacterial viability was assessed with the colony-forming unit (CFU) measurements. Briefly, *G. hansenii* with/without added PVA was cultured for 0, 5, 10, and 15 days statically at 30 °C. After the respective incubation times, the cellulosic treatment was carried out by adding cellulase and incubating the resulting mixture at 30 °C overnight at 180 rpm. Then, the treated

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**Overall Densities.** The small differences between the numerical and experimental results could be due to the simplifications considered for the simulation of these intricate structures.
solutions were centrifuged to remove the cellulase, medium, and PVA. The bacterial pellet was resuspended in the same initial volume of saline (0.9% w/v NaCl). Dilutions of this in the range of $10^3$–$10^4$ were made and 20 μL of each dilution was spotted on HS agar plates (supplemented with 2% v/v acetic acid). The plates were then incubated at 30 °C for 3 days, and the number of colonies was enumerated and the log$_{10}$ (CFU/mL) was calculated.

The yield of the composite materials was assessed by measuring the wet thicknesses of the different composite pellicle specimens (of varying culturing times) with a Vernier caliper. The wet and dried sample weights were measured using a weighing balance.

Finite-Element Simulations. For numerical simulation, a nonlinear finite element (FE) solver (Abaqus Standard 6.14) was used. The geometry of the random structures was created in Matlab (R2018b) software and was then imported as an input file into Abaqus software. We used the quadratic Timoshenko beam element (B22) since these elements allow for axial deformations, bending, and shear. Each nanofiber was simulated as a beam with a circular cross section and a diameter of 0.059 mm. Each strut of the honeycomb unit cell was assumed to consist of 5000 parallel nanofibers and to have a rectangular cross section with a width (W) of 0.059 mm and a length (L) of 5 mm. Therefore, the out-of-plane thickness (T) of both structures was considered 0.059 mm. The dimensions ($W \times H$) of the random structure and spiral honeycomb were considered to be $8 \times 8$ and $138 \times 138 \text{ mm}^2$, respectively. The level of connectivity of the random structure, which was defined as the average connectivity of all nodes, was considered 5.5. This value was selected in a way that both random structure and honeycomb have equal densities.

An elastic material model was used for both structures ($E = 125 \text{ GPa}$ and $\nu = 0.2$). The appropriate values for elastic properties were obtained via calibration, and the initial range for Young’s moduli was selected based on previous studies. In both models, a uniaxial displacement-controlled stretch test in the $y$ direction (Figure 6a,b) was simulated. To aim this, two reference points were defined on the top and bottom of the structure, which were kinematically coupled with their corresponding nodes at the top and bottom of the structure. A displacement boundary condition corresponding to 1% strain was applied to the top reference point while all degrees of freedom of the bottom reference point were constrained. The normal stress, $\sigma = F/A$, was defined as the ratio of the reaction force, $F$, to the initial cross-sectional area, $A = W \times T$.

Statistics. Statistical analyses were performed on https://astatsa.com/. The experimental groups were compared using one-way (single factor) ANOVA with post-hoc Tukey’s HSD (honest significant difference) tests.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsami.0c15886.

SEM, FTIR, TGA, yield, and optical images of the honeycomb and control samples, and comparison of tensile strength and toughness of cellulose-based film materials (PDF)

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Notes

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