Analytical evidence of enamel hypomineralisation on permanent and primary molars amongst past populations

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Molar Incisor Hypomineralisation (MIH) and Hypomineralised Second Primary Molars (HSPM) involve prevalent qualitative structural developmental anomalies of tooth enamel affecting the first permanent molars (and often incisors) and the second primary molars, respectively. These demarcated hypomineralised lesions of enamel manifest as white-cream or yellow-brown opacities, with possible post-eruptive localised loss of enamel. Aetiological hypotheses have involved contemporary life factors (i.e. environmental pollutant exposure or early childhood medications) in contrast to factors not limited to a specific time period (i.e. hypoxia at birth or genetic predisposition). Evidence of MIH in ancient populations would reinforce aetiological factors present for many centuries. By means of microtomographic and X-ray fluorescence analyses the present study provides evidence that (i) two archaeological specimens: “S407” (Sains-en-Gohelle, France, 12th–16th centuries) and “B335” (Beauvais, France, 15th–18th centuries) were MIH-affected, and (ii) one individual “S323” was affected by HSPM and MIH (Sains-en-Gohelle, France, 7th–11th centuries).

Teeth contribute to human bodily functions such as mastication, phonation, appearance and maxillofacial development. Enamel is the most highly mineralised bodily tissue, and thus in an archaeological context is the best-preserved1. Teeth have been a focus of interest for physical anthropologists over many generations. Teeth provide much information about humans including cultural environment, locational migration, pathology, morphological variation, age estimation and sex differentiation2. Pathologies, such as enamel hypoplasia and dental caries, are informative for understanding the health and nutritional status of individuals and populations3,4. A modified Developmental Defects of Enamel (DDE) index classifies enamel anomalies, with enamel demarcated opacities separated into two subgroups: white-cream and yellow-brown5. In 2001, Molar Incisor Hypomineralisation (MIH)6 was defined as a qualitative demarcated enamel hypomineralisation defect of tooth enamel affecting at least one first permanent molar (FPM), often affecting permanent incisors6. More recently, the term Hypomineralised Second Primary Molar (HSPM) was used to describe similar defects affecting second primary molars7. The presence of HSPM increases the risk of MIH, but the absence of HSPM does not exclude the presence of MIH8–10. The European Academy of Paediatric Dentistry agreed on MIH diagnosis criteria characterised by at least one of these factors affecting one or more FPMs: demarcated enamel opacity, post-eruptive enamel breakdown, atypical restoration, or atypical extraction due to MIH11. Post-eruptive enamel breakdown is defined as a defect that indicates a decrease in the depth of enamel after eruption of the tooth. Loss of initially formed surface enamel after tooth eruption is often associated with a pre-existing demarcated opacity11. Today, the worldwide prevalence of MIH is between 2.9 and 44% (average 15%) of children based on current population studies12. Given the difficulties involved in treating MIH (hypersensitivity, child anxiety, difficulties with anaesthesia, poor aesthetics, carious lesions with fast progression, failure of restorations), it is essential that the aetiology is determined in order to allow risk assessment and early diagnosis, and if possible, prevention of risk factors13,14. Without early diagnosis, post-eruptive structural damage may occur quickly and eventually lead to...
FPM extraction. Currently, in the absence of identified cause(s), no risk prevention actions can be implemented. MIH constitutes a public health problem, with consequences that are not only health-related but also economic. MIH may impact on the well-being of young patients in a crucial period of infant development. The proposal for a single term “MIH” and the establishment of specific diagnosis criteria by consensus promoted and encouraged the multiplication and quality of research works, but some issues remain unresolved. Amongst the aetiological hypotheses mentioned in the literature, some recently introduced factors such as pollutants (dioxin derivatives or Bisphenol) or drugs (antibiotics or asthma drugs) have been proposed. Other hypotheses of putative factors that have occurred over time, such as childhood illness (in particular fever), prematurity, hypoxia at birth or a genetic predisposition, are also mentioned regularly. Most studies are retrospective in nature and there is currently insufficient published evidence to identify specific aetiological factors relevant to MIH, but authors agree a multifactorial aetiology is likely. The relationship between the occurrence of HSPM and MIH suggests common risk factors. The identification of MIH and HSPM amongst ancient populations would highlight that aetiological factors apart from the proposed contemporary factors have relevance. Except for a few anthropological studies, demarcated enamel hypomineralisation has only been observed in individuals from the 20th and 21st centuries. Anthropological researchers have diagnosed MIH in historical populations based on clinical diagnosis. To date, no author has identified an HSPM case in a past population.

In an archaeological context, McKay and colleagues demonstrated, by means of microcomputed tomography, that brown enamel opacities caused by taphonomic contamination can be confused with hypomineralisation, as chemical elements (e.g. Iron or Manganese) contained in the burial ground can stain teeth and the resultant staining can be similar in appearance to discoloration caused by MIH. Before concluding that MIH was present in past populations, it is necessary to discriminate between discoloration caused by pathological or taphonomic processes.

Here, two historic osteological series (Sains-en-Gohelle and Beauvais, France) selected owing to a significant number of children aged 6 to 18 years were assessed. Using a diagnostic guide, teeth showing defects indicative of MIH and HSPM, including respectively, 298 and 14 individuals aged from 6 to 18 years were analysed. Three individuals affected by yellow-brown opacities on first permanent molars, incisors or second primary molars were selected for analysis: B335 (Beauvais, France, 15th–18th centuries), S323 (Sains-en-Gohelle, France, 7th–11th centuries) and S407 (Sains-en-Gohelle, France, 12th–16th centuries). After distribution of shared high resolution images securely via the internet, clinical diagnoses of the three individuals were given by nineteen MIH specialists. This study aimed, by means of enamel microanalyses, to confirm or refute these clinical diagnoses of MIH and HSPM and discuss their implications.

**Results**

**Collection examination.**

The anthropological study of the B335, S323 and S407 materials highlighted opacities and post-eruptive enamel breakdown appearing similar to MIH and HSPM (Figs 1–3). The maxilla and mandible of B335 from the Beauvais series are stored at the bone library of Pessac (PACEA Lab, UMR5199, University of Bordeaux, France). This individual was a teenager, aged 14 years 5 months (95% CI between 10 years and 5 months to 18 years 5 months). All permanent teeth were present at death and a brown demarcated opacity was observed on tooth 16 (Fig. 1). The remaining maxillary dentition showed neither discoloration, carious lesions, nor wear (sound). There was post mortem loss of teeth 13 and 14. Regarding the mandibular teeth, post-eruptive breakdown (PEB) of enamel with brown discoloration was present on tooth 46. The other mandibular teeth were sound.

The individuals S323 and S407 are from the Sains-en-Gohelle series dated to the medieval period (confirmed by mean of radiocarbon analysis of individuals). The material from S323 included the first permanent incisor germ, the first permanent molars and the primary molars. Age was estimated at 3 years and 9 months to 6 years (Fig. 2). Some teeth showed similar patterns of MIH and HSPM, such as tooth 16 with a brown discoloration in
the occlusal third of the coronal surface, the four second primary molars exhibited brown opacities with PEB in
the occlusal third and tooth 11 had creamy discoloration of the incisal edge (Fig. 2). A linear hypoplastic lesion of
enamel is observed in the cervical third of tooth 11. The second primary mandibular molars show mild occlusal
wear. The other first permanent molars (26, 36 and 46) were sound. Specimen S407 (Fig. 3) remains included the
maxilla, the mandible and teeth including the first permanent molars and first and second primary molars. Age
was estimated at 3 years and 4 months to 6 years40. A yellow demarcated opacity was present on the occlusal third
of the buccal surface of tooth 26. No other discolorations were observed but some carious lesions on primary
molars were present (teeth 54, 55, 64, 65, 84 and 85) and slight occlusal wear was observed on the primary molars.

MIH experts’ diagnoses. Photographic images of the three specimens (Figs 1–3) were examined by 19 MIH
specialists (see Methods and SI). Concerning B335, seven MIH experts did not confirm the MIH diagnosis and
one of them refuted this diagnosis. Only eight experts confirmed the MIH diagnosis for S323. Scores were better
correlated for S407 because 14/19 specialists gave an MIH diagnosis. The Fleiss’ kappa test performed for each
specimen showed a poor agreement between responses (κ < 0) concerning MIH diagnosis (SI).

Microcomputed tomographic (µCT) analyses. Mineral densities of discoloured and normal enamel
areas at the same coronal height for each tooth were measured from µCT data in 3D (Fig. 4a) and 2D (Fig. 4b; see
Methods; SI); summarised in Table 1. Except for S323(11), all teeth with discolorations had significantly lower
mineral densities in stained enamel (P < 0.05). Amongst the control samples including normal teeth [B335(36),
S323(16) and S323(21)], no significant differences in mineral density were detected (P > 0.1; Table 1).

Mineral concentration line profiles from Dento-Enamel Junction (DEJ) to surface through apparently nor-
mal enamel (line AB) and through a discoloured region (line CD) in the discoloured teeth group (n = 8 with the
exception of S323(11)) and the control group (n = 3) are illustrated in Fig. 5 (and SI). A decreasing mineral con-
centration of up to 7% in the middle enamel region along line CD compared with the apparently normal enamel

Figure 2. Photographs of materials from S323 (Sains-en-Gohelle, France). *teeth affected by discolorations.

Figure 3. Photographs of materials from S407 (Sains-en-Gohelle). *teeth affected by discolorations.
along line AB is apparent in Fig. 5 (and SI). Also, in hypomineralised enamel lesions there is a reverse mineral density gradient with highest density at the DEJ and lowest towards the surface, the opposite of normal enamel.

X-ray fluorescence analyses. Elemental chemical analyses (see Methods) provided information on taphonomic contamination by one or several chemical elements (Mn, Fe, Cu and Pb). The discolorations on teeth 65 and 75 from S323 were characterised by an increase in Mn (respectively, \( P = 0.01 \) and \( P = 0.04 \); Table 2).

Table 1. Wilcoxon test for paired samples performed from 3D data between normal and discoloured enamel among discoloured teeth (a), and between normal areas of enamel among control sample (b). Analyse 1 was repeated a second time (analyse 2). Ind, individual; GL, Grey Level; mdd, mineral density difference between the two enamel areas. *Statistically significant (\( P < 0.05 \)).
in Fe was observed in the discoloured area of tooth 46 from B335 (P = 0.01). Other teeth did not show evidence of a taphonomic contamination by these elements (P > 0.05).

**Discussion and Conclusion**

Mineral density analyses suggest that the three studied specimens showed evidence of demarcated enamel hypomineralisation on first permanent molars. Moreover, for one specimen (S323), demarcated enamel hypomineralisation on second primary molars is present. A mean mineral density decrease of 7% was calculated at the midway between the DEJ and the surface. Studies highlighted decreased mineral density in hypomineralised areas from 5 to 28% in contemporary hypomineralised teeth, with the lower difference possibly due to mineral gain from soil-based minerals incorporated in porous enamel. However, mineral densities of normal enamel discoloured by addition of soils elements were comparable to the mineral densities of unaffected teeth.

Studies on contemporary MIH teeth, with the present results show a constant increase of mineral density in normal enamel from DEJ to surface contrary to a reverse gradient in hypomineralised enamel. This MIH feature excludes a possible taphonomic process such as enamel dissolution in acidic burial soil inducing demineralisation starting at the enamel surface. In addition, in the present study, X-ray fluorescence highlighted...
post mortem incorporation of burial components (i.e. Fe or Mn) in some samples (B335 and S323), putatively explained by increased porosity of hypomineralised enamel30, 44.

All of these signs clearly point to the most ancient case of MIH with HSPM in an osteological collection dated to the 7th–11th centuries. This is the first study investigating the structure of discoloured enamel structure to confirm MIH and HSPM diagnoses. No reports of HSPM in past populations have been published; however, authors have reported “probable” MIH in historical populations. A collection of a London cemetery (Broadgate), including individuals suffering from rickets, dated from the 17th–18th centuries was previously studied31, 48. Scrutiny of the results highlighted a number of points to be clarified. In 2007, these authors reported prevalence for hypoplasia of 93.2% amongst 41 sub-adults, confirmed in some cases by scanning electron microscope. The hypoplastic enamel included 63.6% of molars with severe or moderate lesions31. One year later, in another publication, the authors reattributed all the molar teeth with hypoplastic enamel to MIH, and claimed MIH prevalence of 93.2% with 63.6% of molars “showing moderate or severe lesions” amongst the samples48. The MIH prevalence of the studied population (93.2%) appears to be very high in comparison to current data (2.9–44%)32. Enamel microanalysis for mineral density and elemental profile as well as μCT analysis to allow the determination of enamel thickness would allow the enamel hypoplasia to be distinguished from “probable” MIH. Another case of ‘probable’ MIH was reported in teeth from a skull dating from the mid-15th century23. As a result of unusual localisation of brown discolourations (i.e. first and second premolars, second and third molars) and molar wear, further investigations are required to confirm whether this is MIH or taphonomic stain. A substantial study involving the clinical examination of three archaeological series (dated from 12th to 20th centuries) reported prevalence of 3.1% for MIH and 30.3% for linear enamel hypoplasia33. As mentioned by the authors, ‘mix-ups’ between wear (attrition, erosion and abrasion), nutrition, pre and post mortem discolouration, MIH and other enamel defects in archaeological series is more than probable33; the reason why this diagnosis by microanalyses is important. The present results regarding the uncertainty of visual diagnosis by MIH experts showed that no clinical diagnosis of MIH in past populations is reliable. In fact, authors should confirm their results by means of non-destructive microanalyses37.

The discovery of the oldest specimen (dated to the 7th–11th centuries) reported to be affected by MIH and HSPM confirmed by microanalyses raises questions about the importance of modern aetiological hypotheses such as medications or environmental pollutants. Several authors have raised the possibility of a link between taking antibiotics during the first years of life and the occurrence of MIH21, 22, 49–51. However, the subsequent discovery of the first antibiotic (penicillin) in 1928 and its commercialisation in France in 194552 negates a possible link with MIH and HSPM amongst our sample. This is consistent with Ghanim’s study showing no link between MIH and antibiotics20. Noting that in these retrospective studies, it is not possible to identify the real causative factors such as childhood illness (putatively high fever) or the associated medication or both. The hypothesis of environmental dioxins has also been raised in the literature17–19. In fact, authors proposed that dioxins delivered via maternal breastfeeding could be a causative factor of MIH18. However, these compounds have only been present in the environment since 187445. The majority of international studies have not established links between MIH and dioxins13, 18, 49, 50, 56, 37. More recently, another modern aetiological factor hypothesis has arisen, the bisphenols34; used as base compounds in the manufacturing of polycarbonates and epoxy resins. Bisphenol A (BPA) was used worldwide in plastic containers (such as baby bottles and food containers) and since prohibition in France (2015), BPA were replaced by bisphenol analogues (BPS and BPF)46. The commercialisation of BPA took place in 195049, which is not compatible with a possible link with the cases of MIH and HSPM living in the medieval period. None of these modern aetiological hypotheses can explain the enamel defects on the three investigated individuals. If the possible aetiologic factors which may have occurred during the 7th–18th centuries are studied, childhood illness and peripartum events seem to be most plausible. Diseases such as otitis media60, pneumonia46, 50, infections of the urinary tract60, or chicken pox21 have been positively associated with MIH. A systematic review investigating 25 studies on MIH aetiologic factors determined a probable link with childhood disease27. It has also been suggested that the causative factor of MIH could have been a lack of oxygen occurring during deliveries19, 61–63. Hypoxia can be associated with medical problems at birth, such as prematurity, caesarean sections39, respiratory difficulties and prolonged duration of labour41. Other studies have also implicated prematurity in MIH occurrence23, 30, 61, 64. More recently a genetic predisposition in conjunction with one or several others factors has also been proposed24, 26. Prospective studies should provide more complete temporal results but they are long and complex to carry out. It would take at least six years and the eruption of the FPM in order to collect the initial results, and the initial sample must be large enough to meet the challenges of frequent medical monitoring over a long period (from the third trimester of pregnancy until the age of six to seven years). The first publication using this methodology provides limited information confirming aetiological hypotheses41, 48. Pending the results of prospective studies, the increase of MIH prevalence study numbers on ancient populations, including well documented archaeological series, will improve understanding of the MIH pathophysiology.

Thus, the discovery of the oldest specimens with MIH and the first archaeological specimen with HSPM in an immature individual from archaeological series dated from 7th–18th centuries indicates similar aetiological factors existing now and in the medieval period such as hypoxia during deliveries, prematurity or childhood diseases, without excluding genetic predisposition. But it should be borne in mind that the aetiology of MIH may be multifactorial. The repeat of observations of a significant prevalence of MIH in older populations would confirm our observations, downplaying somewhat the role of uniquely modern aetiological factors (derivatives of dioxin, bisphenols, antibiotics). The present study highlights the potential contribution of bio-archaeological studies on a current public health problem.

Methods
Collection assessment. Individuals with estimated ages from 6 to 18 years old were studied from two archaeological series (Beauvais and Sains-en–Gohelle, France). Only young individuals were chosen owing to
the potential for early breakdown of enamel caused by dental caries or wear in archaeological materials in older individuals. The diagnosis of MIH requires erupted FPM in individuals 6 years and older30. Some precautionary principles were applied; individuals with taphonomic discoloration of the mandible or maxilla and individuals showing discoloration on all teeth were excluded. Three individuals presenting the most complete dental remains and showing enamel defects indicative of MIH and/or HSPM were selected for analyses: B335, S323 and S407. The first individual (B335) was retrieved from the cemetery of the convent “Les soeurs Grises”, located in Beauvais (France, 15th–18th, SI). The convent was occupied by the religious community between 1480 and the late 18th century39.66. The age at death of B335 was estimated using the Livierside and Marsden method67. The other specimens (S323 and S407) are from the Sains-en-Gohelle cemetery (France, 7th–17th centuries, SI)40. The age at death of these two specimens was estimated by means of the Moorrees method68.

Clinical diagnosis. The individuals’ teeth were examined by means of a hand magnifying lens with artificial lighting. Standardised photographs of the three specimens showing brown discolorations similar to MIH and HSPM were taken with a Nikon® (Tokyo, Japan) SLR camera D90, a Metz® (NJ, USA) macro ring flash and a Tamron® (Saitama, Japan) lens SP AF 90 mm f/2.8. Each maxilla, mandible and teeth were photographed on a black matt paper: occlusal view for bones and five views (labial, mesial, lingual, distal and occlusal) for each tooth. A questionnaire asking for each specimen (B335, S323 and S407) “is it typical of MIH lesions?” and “How did you make your decision?” including photographs of the three specimens was created. It was sent on 23 February 2016 to 76 MIH specialists by means of ‘Google forms’ (Google®, CA, USA). The reliability of MIH and HSPM diagnosis by means of photographs were previously validated99. Participants selected were authors who had published on MIH in either first or last position in an international journal with an impact factor or in the journal of the EAPD (European Academy of Paediatric Dentistry). A search was performed on 15 February 2016 on Medline/Pubmed with the words “enamel AND hypomineralisation” and 76 authors were identified. From this group, 19 participants answered. The Fleiss’ kappa test was performed between the three possible responses (yes, no and unsure) for each specimen. In a recent published diagnostic guide it was advised that enamel microanalyses should be undertaken to avoid taphonomic bias and MIH misdiagnosis37. Therefore, the authors recommended using X-ray fluorescence analyses aiming to highlight a post mortem contamination by Fe or Mn in addition to microtomographic analyses to confirm enamel hypomineralisation37.

Microtomographic analyses. The samples including nine discoloured teeth (B335(46), B335(16), S323(26), S323(11), S323(55), S323(65), S323(75), S323(85) and S407(26)) and three control teeth (B335(36), S323(16) and S323(21)), were imaged using high resolution microtomography at the laboratory PLACAMAT (UMS 3626) in Bordeaux, France (Microtomograph X GE™ V/TOME/X S equipment, NY, USA). The scanning parameters were 120 kV, 147 µA for the X-ray tube, exposure time 500 ms with four integrations per projection, 2550 projections/360° and 0.1 mm copper filter placed on the source to reduce beam hardening artefacts. The voxel size was 7 × 7 × 7 µm. The final volume was reconstructed in 16-bit. The microCT images were compiled with the 7.0.1. software Avizo® (Visualization Sciences Group, FEI® Company, OR, USA). In order to take measurements at the same coronal height, images were reconstructed according to the plane of section through two points located at the buccal cervical surface and one point on the lingual cervical surface. From a selected tooth area, five cubes (≈49 × 49 × 49 µm³) were located by means of the square brush segmentation tool from the enamel surface to the DEJ (Fig. 4a and SI):

- at the enamel surface (cube n°1);
- at the DEJ (cube n°5).

Then, three equidistant cubes were located:

- cube n°3 at the midway between cubes 1 and 5;
- cube n°2 at the midway between cubes 1 and 3;
- cube n°4 at the midway between cubes 3 and 5.

This process was performed in normal and discoloured enamel. A second round of measures from another selected tooth area was undertaken by the same operator. The mean of the mineral density in each cube was calculated by the function Measure and Analyse with Avizo® software. The mineral density difference (mdd) provided by the function Measure and Analyse from ImageJ® 1.45 software (NIH, MD, USA). From a slice through affected enamel, the average of grey levels represented by the line from the DEJ to the surface was calculated (Fig. 4b). Along this line for each 7 µm a grey level was recorded. By means of the R statistical software (A language and environment for statistical computing available at https://www.r-project.org/), this line was segmented in 99 equidistant points starting at the DEJ and finishing at the surface (SI). Then, the mean values of these 99 measurements for hypomineralised and normal areas were compared (Fig. 5). Normal enamel measurements from the control group (n = 3) and normal enamel of the discoloured group were determined (n = 8 with the exception of S323(11)). Discoloured enamel measurements were from discoloured enamel from the discoloured group (n = 8 with exception of S323(11)).
X-ray fluorescence analyses. The samples including nine discoloured teeth (B335(46), B335(16), S323(26), S323(11), S323(55), S323(65), S323(75), S323(85) and S407(26)) were analysed by means of X-Ray fluorescence (Seiko SEA 6000VX, Seiko Corp., Tokyo, Japan) with the following parameters: collimator (0.5 × 0.5 mm), time measurement of 50 kV and Rhodium anticathode. Two experimental conditions were used: condition 1 (without filter and tube voltage: 15 kV) to determine relative concentrations of P and Ca, and condition 2 (filter for lead and tube voltage: 50 kV) to determine relative concentrations of Sn, Mn, Cu, Zn, Fe, Pb and Sr. A spot in normal enamel was located at the same coronal height of its homologous spot in stained enamel. This process was repeated a second time. Thus, two measures by area in two distinct zones were performed in stained and normal enamel on the tooth surface. Only chemical elements (in oxide form) that may stain enamel were selected: Mn, Cu, Pb and Fe37–40.

Statistical tests. Non-parametric statistical tests (Wilcoxon test for paired samples) were carried out using Statistica® software Package Version 7.1 (Statsoft Dell, OK, USA) to compare data from normal and discoloured enamel. A Fleiss’s kappa test was performed with R software to test the inter-examiner agreement (n = 19).

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E.G., C.C.-V. and P.R. contributed to conception and design, drafted and critically revised the manuscript; D.J.M. and C.B. contributed to data interpretation and critically revised the manuscript for important intellectual content. All authors gave final approval and agree to be accountable for all aspects of the work.

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