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Spin-orbit-angular-momentum coupling in a spin-1 Bose-Einstein condensate

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We propose a simple model with spin and orbit angular momentum coupling in a spin-1 Bose-Einstein condensate, where three internal atomic states are Raman coupled by a pair of co-propagating Laguerre-Gaussian beams. The resulting Raman transition imposes a transfer of orbital angular momentum between photons and the condensate in a spin-dependent way. Focusing on a regime where the single-particle ground state is nearly three-fold degenerate, we show that the weak interatomic interaction in the condensate produces a rich phase diagram, and that a many-body Rabi oscillation between two quantum phases can be induced by a sudden quench of the quadratic Zeeman shift. We carried out our calculations using both a variational method and a full numerical method, and found excellent agreement.

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I. INTRODUCTION

A promising platform to quantum simulate such novel phenomena of condensed matter physics as topological insulators [1] and superconductors [2] is the spin-orbit coupled cold atomic systems [3–5] which have drawn great attention in recent years. Raman dressed coupling between atomic pseudo-spin and its linear momentum was first realized by Lin and co-workers [6] in a two-component (spin-1/2) \textsuperscript{87}Rb condensate, and were soon generalized to spin-1/2 degenerate Fermi gases of \textsuperscript{40}K [7] and \textsuperscript{6}Li [8]. In this scheme, photon recoil associated with the Raman transition — facilitated by two counter-propagating laser beams — changes the center-of-mass momentum of the atom when it jumps from one spin state to the other. Very recently, the same spin-orbit coupling (SOC) scheme was achieved in a spin-1 condensate [9]. In general, the physics becomes richer in larger spin systems [10–14] simply because more spin states are involved and more control knobs can be utilized.

When the two laser beams that induce the Raman transition are made to co-propagating, but possess different orbital angular momenta (e.g., in the form of Laguerre-Gaussian, or LG, beams) [15], the Raman transition will be accompanied by a transfer of the orbital angular momentum (OAM), instead of the linear momentum, to the atom. This situation has been achieved in experiment where this transfer of OAM from photon to the atom was exploited to create spin textures in a spinor condensate [16, 17]. Several recent theoretical proposals also explored this effect to realize spin-orbit-angular-momentum (SOAM) coupling in spin-1/2 condensate [18–21], where an annularly striped phase is predicted to exist. Fringes of the annular stripe, comparing with those of stripe existing in spin and linear momentum coupled condensates [22], possesses higher visibility and longer fringe interval, which offers much better possibilities for a direct observation in experiment. And some other interesting quantum states such as the half Skyrmion and the meron pair, are also likely to occur in this typical system.

In this paper, we provide our study of the SOAM coupling in a spin-1 Bose-Einstein condensate. In comparison to its spin-1/2 counterpart, a spin-1 condensate possesses one more spin state, which expectedly leads to richer physics. Here we want to particularly point out two essential features of the spin-1 condensate that is lack in spin-1/2 systems. First, there exists an intrinsic spin exchange interaction in spin-1 condensate which drives interesting spin-mixing dynamics, a feature that has been extensively studied both theoretically and experimentally [23–25]. In the presence of SOC, this intrinsic spin-exchange interaction will interplay with the spin-exchange interaction induced by the SOC. Second, spin-1 condensate offers a very important control knob: the quadratic Zeeman shift that modifies the relative bare energy levels of the 3 spin states. This has also been explored extensively to study spin dynamics and quantum phase transitions in spinor condensates [24, 26, 27]. In our present work, we will show how the quadratic Zeeman shift can be exploited to modify the single-particle dispersion and to induce novel many-body dynamics in a weakly interacting spin-1 condensate with SOAM coupling.

Our paper is organized as follows. In Sec. II, we present the model and discuss the single-particle properties, particularly the single-particle energy spectrum, of the system. In Sec. III, we focus on the properties of a spin-1 condensate. Both the ground state properties and the quench dynamics will be presented. In our study presented in both Sec. II and III, the quadratic Zeeman shift serves as a key control parameter. In Sec. IV, we provide a summary and a brief outlook of future work.

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The two laser beams induce Raman transition among the three atomic hyperfine spin states (denoted as $|\pm 1\rangle$, $|0\rangle$ and $|-1\rangle$), which form a spin-1 system. In experiment, one may choose, for example, the three Zeeman levels in $^{87}$Rb, e.g. $|F=2, m_F=-2\rangle$, $|F=2, m_F=0\rangle$ and $|F=2, m_F=2\rangle$ in the $F=2$ ground hyperfine manifold [16]. We assume that the single-photon detuning is sufficiently large such that the atomic electronically excited states can be adiabatically eliminated. For simplicity, we also assume that the two LG beams have identical spatial profile and light intensity. Finally, we assume that the atom is tightly confined along the $z$-axis which results in a quasi-two-dimensional geometry. Under the rotating wave approximation [28], by adopting a unit system such that $\hbar = M = \omega = 1$ with $M$ and $\omega$ being respectively the atomic mass and harmonic trap frequency, the dimensionless single-particle Hamiltonian can be written in polar coordinates $(r, \phi)$ in the following form

$$H_0 = -\frac{1}{2} \nabla^2 + \frac{1}{2} r^2 + 2\Omega_R (r) + \delta \hat{S}_z + (q - \Omega_R) \hat{S}_z^2 + \sqrt{2\Omega_R} \left[ \cos (2l\phi) \hat{S}_z + \sin (2l\phi) \hat{S}_y \right].$$

(1)

Here $\hat{S}_x$, $\hat{S}_y$, $\hat{S}_z$ are the spin-1 angular momentum matrices, $\Omega_R (r) = 2\Omega_0 \left( \frac{r}{w} \right)^2 \left[ L_k^0 \left( \frac{r^2}{w^2} \right) e^{-r^2/w^2} \right]^2$ represents both the Raman coupling strength and the AC Stark shift, where $\Omega_0$ is a constant proportion to the overall light intensity, $w$ characterizes the beam width, and $L_k^0$ is the generalized Laguerre polynomials with azimuthal index $k$ determining the optical OAM and the radial index $l$ describing the radial intensity distribution of the LG beams [15]. Finally, the parameters $\delta$ and $q$ denote the effective linear and quadratic Zeeman shifts, respectively. Physically, $\delta$ is related to the two-photon Raman detuning, and $q$ can be tuned by either an external magnetic field or a microwave field and can be either positive or negative [29].

Next we introduce a rotating frame which is related to the lab frame by a unitary transformation with the corresponding unitary operator $U = e^{2i\delta_0 \hat{S}_z}$. Under this unitary transformation, the atomic states $\Psi = (\psi_1, \psi_0, \psi_{-1})^T$ are transformed to $\hat{\Psi} = U\Psi = (e^{2i\delta_0} \psi_1, \psi_0, e^{-2i\delta_0} \psi_{-1})^T$, and the transformed Hamiltonian $\hat{H}_0 = U H_0 U^\dagger$ takes the form

$$\hat{H}_0 = -\frac{1}{2} \nabla^2 + \frac{1}{2} l^2 \frac{1}{r^2} \hat{S}_z^2 - \frac{2l}{r} \hat{L}_z \hat{S}_z + \frac{1}{2} r^2 + 2\Omega_R + \delta \hat{S}_z + (q - \Omega_R) \hat{S}_z^2 + \sqrt{2\Omega_R} \hat{S}_x,$$

(2)

where $\hat{L}_z = -i\partial_\phi$ is the OAM operator in the rotating frame, and the term proportional to $\hat{L}_z \hat{S}_z$ describes the SOAM coupling and plays a critical role in our system.

### II. HAMILTONIAN AND SINGLE-PARTICLE PHYSICS

#### A. Model and single-particle Hamiltonian

Our theoretical model is similar to the one presented in an earlier work for spin-1/2 system [18], where two LG beams co-propagating along the $z$-axis carrying opposite angular momenta ($l\hbar$ and $-l\hbar$) shine on a harmonically-trapped condensate, as schematically shown in Fig. 1(a). The relevant atomic energy levels are shown in Fig. 1(b). The two laser beams induce Raman transition among the three atomic hyperfine spin states (denoted as $|1\rangle$, $|0\rangle$ and $|-1\rangle$), which form a spin-1 system. In experiment, one may choose, for example, the three Zeeman levels in $^{87}$Rb, e.g. $|F=2, m_F=-2\rangle$, $|F=2, m_F=0\rangle$ and $|F=2, m_F=2\rangle$ in the $F=2$ ground hyperfine manifold [16]. We assume that the single-photon detuning is sufficiently large such that the atomic electronically excited states can be adiabatically eliminated. For simplicity, we also assume that the two LG beams have identical spatial profile and light intensity. Finally, we assume that the atom is tightly confined along the $z$-axis which results in a quasi-two-dimensional geometry. Under the rotating wave approximation [28], by adopting a unit system such that $\hbar = M = \omega = 1$ with $M$ and $\omega$ being respectively the atomic mass and harmonic trap frequency, the dimensionless single-particle Hamiltonian can be written in polar coordinates $(r, \phi)$ in the following form

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Here $\hat{S}_x$, $\hat{S}_y$, $\hat{S}_z$ are the spin-1 angular momentum matrices, $\Omega_R (r) = 2\Omega_0 \left( \frac{r}{w} \right)^2 \left[ L_k^0 \left( \frac{r^2}{w^2} \right) e^{-r^2/w^2} \right]^2$ represents both the Raman coupling strength and the AC Stark shift, where $\Omega_0$ is a constant proportion to the overall light intensity, $w$ characterizes the beam width, and $L_k^0$ is the generalized Laguerre polynomials with azimuthal index $k$ determining the optical OAM and the radial index $l$ describing the radial intensity distribution of the LG beams [15]. Finally, the parameters $\delta$ and $q$ denote the effective linear and quadratic Zeeman shifts, respectively. Physically, $\delta$ is related to the two-photon Raman detuning, and $q$ can be tuned by either an external magnetic field or a microwave field and can be either positive or negative [29].

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$$\hat{H}_0 = -\frac{1}{2} \nabla^2 + \frac{1}{2} l^2 \frac{1}{r^2} \hat{S}_z^2 - \frac{2l}{r} \hat{L}_z \hat{S}_z + \frac{1}{2} r^2 + 2\Omega_R + \delta \hat{S}_z + (q - \Omega_R) \hat{S}_z^2 + \sqrt{2\Omega_R} \hat{S}_x,$$

(2)

where $\hat{L}_z = -i\partial_\phi$ is the OAM operator in the rotating frame, and the term proportional to $\hat{L}_z \hat{S}_z$ describes the SOAM coupling and plays a critical role in our system.

#### B. Single-particle energy spectrum

We shall now find the energy spectrum determined by Hamiltonian $\hat{H}_0$. Obviously, $\hat{H}_0$ possesses rotational symmetry such that $[\hat{L}_z, \hat{H}_0] = 0$. Therefore all the energy eigenstates can be labelled by two quantum numbers $(n, L_z)$ where $L_z$ is the OAM quantum number, and $n$ may be regarded as the radial quantum number. Within a given $L_z$ sector, the lowest energy eigenstate will be assigned $n = 1$. 
that, according to the given by 

\[ \hat{T} \hat{L} = 0 \]

where the term proportional to \( 1/r \) arises from the centrifugal barrier. Note that, in the lab frame, the OAM quantum number for spin state \( |m\rangle \) is \( \tilde{l}_z = 2ml \). We will take experimentally interesting LG modes \( l = 1 \) and only focus on the two-photon resonant case \( \delta = 0 \) in our following calculations. Furthermore, we choose \( \Omega_0 < 0 \) indicating that Raman beams are red single-photon detuning.

Typical energy spectra for \( \Omega_0 = -4 \) and several different quadratic Zeeman shift \( q \) are presented in Fig. 2. One can easily see that all the spectra are symmetric about \( \tilde{l}_z = 0 \). This reflects an additional symmetry which is present only for \( \delta = 0 \). This symmetry is associated with the fact that the Hamiltonian \( \tilde{H}_0 \) commutes with an operator \( \tilde{T} = \tilde{A} \tilde{K} \), where \( \tilde{K} \) denotes complex conjugation and

\[ \tilde{A} = \begin{pmatrix} 0 & 0 & 1 \\ 0 & 1 & 0 \\ 1 & 0 & 0 \end{pmatrix} \]

It is straightforward to show that \( \{ \tilde{T}, \tilde{L}_z \} = 0 \) and \( [\tilde{T}, \tilde{L}_z] = 2\tilde{T}\tilde{L}_z \). As a result, \( \tilde{T} \) applying to an energy eigenstate \( |n, \tilde{l}_z\rangle \) changes the state to a degenerate eigenstate \( |n, -\tilde{l}_z\rangle \), i.e.,

\[ \tilde{T} |n, \tilde{l}_z\rangle = |n, -\tilde{l}_z\rangle , \]

which yields the symmetric spectrum.

One can also observe from Fig. 2 that, according to the value of \( q \), the spectrum may exhibit a single minimum at \( \tilde{l}_z = 0 \), two degenerate minima at \( \tilde{l}_z = \pm 2 \), or three local minima at \( \tilde{l}_z = 0, \pm 2 \) in the \( n = 1 \) band. Accordingly, we plot a ‘phase diagram’ in Fig. 1(c). (For very large \( |\Omega_0| \), the strong AC Stark shift confines the atoms along a thin ring and the energy spectrum is dominated by one single minimum.) The yellow dashed line within the region with three minima corresponds to the case where all three minima are degenerate. For \( \Omega_0 = -4 \), this occurs at \( q \approx -0.817 \), see Fig. 2(b). The wave functions of the three degenerate states are plotted in Fig. 1(d). If \( q \) is slightly larger than this critical value, we have a global minimum at \( \tilde{l}_z = 0 \) and two local minima at \( \tilde{l}_z = \pm 2 \); whereas for \( q \) slightly smaller this critical value, global minima occur at \( \tilde{l}_z = \pm 2 \), as shown in Fig. 2(d).

### III. WEAKLY-INTERACTING CONDENSATE

In this section, we shall consider a weakly-interacting spin-1 condensate subject to the SOAM coupling, for which a mean-field treatment is appropriate. We work in a parameter regime where the single-particle spectrum exhibits three minima by taking \( \Omega_0 = -4 \) and \( q \in [-0.87, -0.77] \). This is the regime where the effects of the interatomic interaction can be most easily seen.

#### A. Ground state phase diagram

The interaction Hamiltonian for a spin-1 condensate takes the form \[ H_{\text{int}} = \frac{1}{2} \int d^2r \left[ c_0 \rho^2 (r) + c_2 S^2 (r) \right] , \]

where \( \rho (r) = \sum_m \rho_m (r) = \sum_m |\psi_m|^2 \) is the total particle density which obeys the normalization condition \( \int d^2r \rho (r) = 1 \), \( S (r) = \Psi^\dagger \hat{S} \Psi \) represents the local spin texture, \( c_0 \) is the spin-independent two-body interaction satisfying \( c_0 > 0 \) (in our following calculation, we take \( c_0 = 1 \)), and \( c_2 \) is the spin-dependent interaction strength. In principle, \( c_0 \) and \( c_2 \) can be tuned by optical Feshbach resonances [32, 33]. The total Hamiltonian of the condensate is given by

\[ H = \int d^2r \Psi^\dagger H_0 \Psi + H_{\text{int}} . \]

The ground state is obtained by minimizing the total energy. We study this problem using two different methods — the variational method and the fully numerical
FIG. 3: (Color online) (a) Ground state phase diagram at $\Omega_0 = -4$ and $c_0 = 1$. Background color represents the magnitude of the total spin $|\langle S \rangle|$. Broken lines and disk-shaped markers show the relative weights of $\alpha$, $\beta$ and $\gamma$ in $\Psi$, where hollow circle has a $\pi$-phase difference with solid dots. (b) Typical spin density distributions in each phase. (c) Normalized local spin texture $S(r)/\rho(r)$ for different phases. The arrows represent transverse spin in the $xy$-plane and the background color represents longitudinal spin along the $z$-axis. Phase IVb (not shown) has similar transverse spin textures as Phase IVa but with $S_z(r) = 0$. (d) Top: Dependence of $\alpha$ (red dashed line), $\beta$ (black solid line) and $\gamma$ (blue dotted line) on $c_2$ at $q = -0.82$. Bottom: Dependence of $|\langle S \rangle|$ on $c_2$ at $q = -0.82$.

method based on the Gross-Pitaevskii (GP) equations derived from Hamiltonian $H$. For the latter method, we performed imaginary-time evolution of the GP equations using the backward-Euler and Fourier pseudo-spectral discretization toward time and space, respectively [34]. The two methods produced results that are in excellent quantitative agreement. In the following, we just present our variational calculation.

In the variational calculation, we assume that the condensate wave function is a linear superposition of the three lowest single-particle states $|n = 1, l_z = 0, \pm 2\rangle$:

$$\Psi \approx \alpha |1, -2\rangle + \beta |1, 0\rangle + \gamma |1, 2\rangle,$$

where the complex amplitudes $\alpha$, $\beta$ and $\gamma$ satisfy the normalization condition $|\alpha|^2 + |\beta|^2 + |\gamma|^2 = 1$. As it turns out, this is a very accurate approximation in the weakly-interacting regime that we are interested in. For discussion below, we define $\theta_\alpha$, $\theta_\beta$ and $\theta_\gamma$ to be the phase angles of these three amplitudes, respectively, i.e., $\alpha = |\alpha| e^{i\theta_\alpha}$, etc.

Taking $\alpha$, $\beta$ and $\gamma$ as variational parameters, we minimize the total energy to obtain the ground state. The total energy depends on these parameters in a rather complicated way. However, it depends on the three phase angles simply as $\cos(\theta_\alpha + \theta_\gamma - 2\theta_\beta)$. Hence, depending on the sign of the coefficient in front of it, the sum of the two angles ($\theta_\alpha + \theta_\gamma - 2\theta_\beta$) can only take values 0 or $\pi \pmod{2\pi}$. This calculation allows us to distinguish several phases and we present the ground state phase diagram in Fig. 3(a). Typical spin density profiles $\rho_m(r)$ and normalized local spin texture $S(r)/\rho(r)$ for different phases are presented in Fig. 3(b) and (c), respectively. For a fixed $q = -0.82$, we plot the magnitude of the variational parameters and the total spin $\langle S \rangle = \int d^2r S(r)$ as functions of $c_2$ in Fig. 3(d). In the $c_2$-$q$ parameter space we explored, five distinct phases — labelled as I, II, III, IVa and IVb in the phase diagram — are found. These phases result from the competition between the
single-particle energies and mean-field interaction. The latter favors a ferromagnetic state with finite total spin when \( c_2 < 0 \), and an antiferromagnetic state with zero total spin when \( c_2 > 0 \). We describe the properties of these phases below.

**Phase I** — This phase lies in the lower left corner of the parameter space. In this region, the single-particle ground state is two-fold degenerate with \( \tilde{l}_z = \pm 2 \), see Fig. 2(d), and the interaction parameter \( c_2 < 0 \) favors a ferromagnetic state. As a result, the atoms condense into one of the single-particle ground states, and the many-body ground state is also two-fold degenerate and maintains rotational symmetry with definite OAM quantum number \( \tilde{l}_z = \pm 2 \), corresponding to \( \gamma = 1 \), \( \alpha = \beta = 0 \) or \( \alpha = 1 \), \( \beta = \gamma = 0 \). The total spin is finite and points along the \( z \)-axis, i.e., \( \langle S_z \rangle \neq 0 \) and \( \langle S_{\perp} \rangle = \sqrt{\langle S_x \rangle^2 + \langle S_y \rangle^2} = 0 \).

**Phase II** — This phase lies in the upper right corner of the parameter space. In this region, the single-particle ground state is non-degenerate with \( \tilde{l}_z = 0 \), and the interaction parameter \( c_2 > 0 \) favors an antiferromagnetic state. As a result, the atoms condense into the single-particle ground state, with \( \beta = 1 \) and \( \alpha = \gamma = 0 \), and a vanishing total spin \( \langle S \rangle = 0 \).

**Phase III** — This phase lies in the upper left corner of the parameter space. Here \( c_2 > 0 \) favors an antiferromagnetic state, which results in a vanishing total spin \( \langle S \rangle = 0 \). In this phase, all three variational parameters \( \alpha, \beta \) and \( \gamma \) are nonzero with \( |\alpha| = |\gamma| \) and

\[
\theta_\alpha + \theta_\gamma - 2\theta_\beta = \pi. \tag{5}
\]

As a result, the many-body ground state does not possess a definite value of \( \tilde{l}_z \) and spontaneously breaks the rotational symmetry. Typical spin density profiles are presented in the third column of Fig. 3(b), from which one can see that in the phase spin-1 and \((-1)\) components are immiscible. In this plot, we have chosen \( \theta_\alpha = \pi \) and \( \theta_\beta = \theta_\gamma = 0 \). A different choice of the angles under the constraint of Eq. (5) will result in a collective rotation of all three spin density profiles, which is a manifestation of the Goldstone mode resulting from the spontaneous symmetry breaking. Note that this phase is a result of the superposition of different angular momentum eigenstates, analogous to the stripe phase in spin-linear momentum coupled condensate which is a superposition of different linear momentum eigenstates [22]. The stripe phase in the latter system has not been directly observed in experiment due to the fact that the typical spacing between stripes is beyond the measurement resolution. By contrast, the stripe phase in our current system features a lack of rotational symmetry and should be readily detected in experiment.

**Phase IV** — This is another striped phase lying in the lower right corner of the parameter space. Here the single-particle ground state is non-degenerate with \( \tilde{l}_z = 0 \), which can be regarded as an antiferromagnetic state. But the interaction \( c_2 < 0 \) is ferromagnetic. This competition again leads to all three variational parameters \( \alpha, \beta \) and \( \gamma \) to be nonzero and

\[
\theta_\alpha + \theta_\gamma - 2\theta_\beta = 0. \tag{6}
\]

Similar to Phase III, the many-body ground state in Phase IV does not possess a definite value of \( \tilde{l}_z \) and spontaneously breaks the rotational symmetry. However, different from Phase III, here spin-1 and \((-1)\) components are miscible, as can be seen from the last two columns of Fig. 2(b), and the total spin \( \langle S \rangle \) does not vanish. The spin density profiles for Phase IV in Fig. 2(b) are plotted with \( \theta_\alpha = \theta_\beta = \theta_\gamma = 0 \). Again, a different choice of phase angles under the constraint of Eq. (6) will result in a collective rotation of all spin density profiles. In addition, Phase IV is the only phase that features a non-vanishing total transverse spin \( \langle S_{\perp} \rangle \neq 0 \). The local transverse spin forms a vortex-antivortex pair, see right lower corner of Fig. 3(c). Phase IV can be further decomposed into two subphases IVa and IVb. In IVa which only occupies a rather small parameter space, we have \( \langle S_z \rangle \neq 0 \). By contrast, in IVb, the amplitudes \( |\alpha| = |\gamma| \) which, together with the phase angle constraint in Eq. (6), leads to \( S_z(r) = 0 \), i.e., the spin-1 and \((-1)\) components have identical density profiles, as can be seen in the last column of Fig. 3(b).

### B. Quench Dynamics

After a detailed discussion of the ground state phase diagram, we now turn to the study of dynamics. In particular, we will examine how a sudden change of the quadratic Zeeman shift affects the system. Previous studies have shown that the quadratic Zeeman shift plays an important role in the quantum dynamics of a spinor condensate without spin-orbit coupling [35, 36].

The time evolution of the system is depicted in Fig. 4. Initially we prepare the system in the ground state with \(\tilde{l}_z = 1\) and an initial quadratic Zeeman shift \(\tilde{q}_1 = -0.83\). This state belongs to Phase III. At \(t = 0\), we suddenly quench the quadratic Zeeman shift to a final value of \(q_f = -0.73\) and the system starts to evolve. We solve the time evolution by numerically integrating the time-dependent GP equation with the help of real-time propagation method [37].

In Fig. 4(a), we plot the evolution of the magnitude of the total transverse spin \(\langle S_{\perp} \rangle\) which oscillates between the initial value of 0 and a maximum value, and \(\langle S_{\perp}^2 \rangle = \int d^3r [\rho_1(r) - \rho_{-1}(r)]^2\) which oscillates between a finite initial value and 0. Note that \(\langle S_{\perp}^2 \rangle = \rho_1(r) = \rho_{-1}(r)\), i.e., identical density profiles for the spin-1 and \((-1)\) components. The evolution of the spin density profiles is plotted in Fig. 4(b). It is quite evident that the evolution is periodic with a period \(T \approx 89\). The system starts from an initial state that belongs to Phase III. At \(t = T/4\), it evolves into a Phase IVb state. After another quarter period, it returns to Phase III, and the
condensate wave function will evolve according to

$$\Psi(t) = \alpha(t) |1, -2\rangle_{q_f} + \beta(t) |1, 0\rangle_{q_f} + \gamma(t) |1, 2\rangle_{q_f},$$

where the amplitudes retain the relation $|\alpha(t)| = |\gamma(t)|$, the phase angles $\theta_{\alpha} = \theta_{\beta} = 0$, $\theta_{\gamma} = \pi$, and the single-particle states $|1, \ell_z = \pm 2, 0\rangle$ obtained at the initial quadratic Zeeman shift $q_i$. Immediately after the quench, we project the condensate wave function onto the single-particle states corresponding to the final quadratic Zeeman shift $q_f$. To a very good approximation, the condensate wave function is still dominated by the lowest band ($n = 1$) single-particle states with $\ell_z = \pm 2, 0$, i.e., we can write

$$\Psi(t) \approx \alpha(t) |1, -2\rangle_{q_f} + \beta(t) |1, 0\rangle_{q_f} + \gamma(t) |1, 2\rangle_{q_f},$$

with

$$\alpha(t) = \alpha(0)e^{-iE_2 t}, \quad \beta(t) = \beta(0)e^{-iE_0 t}, \quad \gamma(t) = \gamma(0)e^{-iE_2 t},$$

where $E_{\ell_z}$ is the single-particle energy for the state $|1, \ell_z\rangle_{q_f}$. At $q_f = -0.73$, our calculation shows that $E_2 = E_0 + \Delta$ with $\Delta \approx 0.0501$. This leads to a periodic evolution of $\Psi(t)$ with period $T = 2\pi/\Delta \approx 125$, which has a little discrepancy with the numerically obtained $T \approx 89$. This discrepancy can mainly be attributed to the fact that we have neglected the interaction energy in our simple analysis, but the inclusion of the interaction energy would not affect the qualitative physics described here. Furthermore, the amplitudes will satisfy the condition $|\alpha(t)| = |\gamma(t)|$ and

$$\theta_{\alpha}(t) + \theta_{\gamma}(t) - 2\theta_{\beta}(t) = \theta_{\alpha}(0) + \theta_{\gamma}(0) - 2\theta_{\beta}(0) - 2\Delta t = \pi - 2\Delta t.$$

At $t = T/4 = \pi/(2\Delta)$, we then have

$$\theta_{\alpha}(T/4) + \theta_{\gamma}(T/4) - 2\theta_{\beta}(T/4) = 0,$$

and the condensate evolves into Phase IVb [see Eq. (6)], in agreement with the numerical calculation.

We have performed similar quenches starting from initial states within different phases. The many-body Rabi oscillation only occurs between Phases III and IVb. If the initial state belongs to either Phase I or II, the state is stable in the sense that it retains the rotational symmetry and the initial OAM quantum number $\ell_z$. If the initial state is within IVa, the post-quench dynamics looks rather complicated, and the system would not evolve into any other phases. Finally, we remark that, instead of a quench of $q$, a quench of the interaction strength $c_2$ can induce qualitatively similar dynamics. However, from an experimental point of view, quench of $q$ is much more feasible, and in fact has been realized in several laboratories [35, 36].

IV. SUMMARY AND OUTLOOK

Motivated by previous experiments and recent theoretical studies of SOAM coupling in spin-1/2 condensates, we have presented a study of SOAM coupling in a weakly-interacting spin-1 condensate. As we have shown, the enlarged spin degrees of freedom gives rise to much richer physics. Focusing on a regime where the single-particle energy spectrum exhibits a three-minima structure, we mapped out the ground state phase diagram where different phases possess distinct symmetry properties, spin density profiles and spin textures. In particular, we have found two different stripe phases which are superpositions of angular momentum eigenstates. These stripe phases break rotational symmetry and can be readily detected in experiment. We also investigated the dynamics induced by a sudden quench of the quadratic Zeeman shift, and found an interesting many-body Rabi oscillation between the two different striped phases. We have presented a variational analysis, along with a full numerical investigation, to provide a simple intuitive picture that underlies the main physics. The variational and the numerical calculations are in excellent agreement with each other.

Further studies can focus on a system confined in different trap geometries (e.g. anisotropic or ring trap) or a system with stronger interactions. In these systems, more
novel quantum phases, which are of great experimental interests, are expected to be found. Moreover, investigations on the level beyond mean field theory, such as excitations and thermodynamics, could also be discussed in the future.

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105