Concordant clear cell “mesonephric” carcinoma of the bladder and lung adenocarcinoma with clear cell features – multiple primaries versus metastatic neoplasms: a case report

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Abstract

Background: Clear cell carcinoma of the bladder is a rare variant of urinary bladder adenocarcinoma. We report a case of a patient with clear cell carcinoma of the bladder and a concordant right upper lobe pulmonary adenocarcinoma with clear cell features, and we address the role of immunohistochemistry and cytogenetic analysis in distinguishing the two primary malignancies.

Case presentation: Our patient was a 59-year-old African American woman who presented with hematuria. Her past medical history included invasive mammary carcinoma and end-stage renal disease treated with hemodialysis. A computed tomographic urogram revealed a 3-cm polypoid bladder mass. A follow-up chest computed tomographic scan revealed a 1-cm right upper lobe nodule. The patient underwent transurethral biopsy and subsequent radical cystectomy, as well as a transthoracic core needle biopsy of the lung nodule. Histologically, the bladder tumor consisted of flat, cuboidal to columnar cells with clear or eosinophilic cytoplasm and a hobnail appearance, organized in tubulocystic and papillary patterns. The neoplastic cells were diffusely positive for α-methylacyl-coenzyme A racemase, cancer antigen 125, and cytokeratin 7; focally positive for cytokeratin 20, P53, and carcinoembryonic antigen; and negative for thyroid transcription factor 1. The lung tumor demonstrated a glandular architecture with mucin production (positive for mucin with mucicarmine and periodic acid-Schiff with diastase stain). The neoplastic cells were diffusely positive for cytokeratin 7, napsin A, and thyroid transcription factor 1, and they were negative for cytokeratin 20 and cancer antigen 125. Genetic testing of the pulmonary neoplasm demonstrated ARID2 genomic alterations.

Conclusions: The presence of clear cell features in both neoplasms raised the possibility of lung metastasis from the primary bladder tumor. However, the glandular architecture of the lung neoplasm along with its distinctive immunohistochemical and genetic profiles confirmed the presence of two separate primaries.

Keywords: Lung cancer, Bladder cancer, Clear cells, Adenocarcinoma, ARID2, TTF-1, Case report

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Background
Clear cell carcinoma of the bladder (CCCB) is a rare variant of urinary bladder carcinoma [1–4]. It is more frequent in females and has a wide age distribution [1]. CCCB should be differentiated from urothelial carcinoma with clear cell features, which is more common in males [1]. CCCB was first reported in 1968 by Dow and Young [2] and was designated as mesonephric carcinoma (MC) because it was suspected to be of mesonephric origin [2–9]. Nine years later, in a second published case report, Skor and Warren elaborated on the histogenesis of CCCB or MC [3]. Those authors hypothesized that the neoplasm originated from metaplasia of the urothelium and anaplasia of embryonic cell rests [3]. Currently, there is no convincing evidence for a mesonephric origin [1, 9]. In the most recent 2016 World Health Organization (WHO) classification, CCCB is classified under tumors of Müllerian type, which arise from existing Müllerian precursors within the urinary bladder, commonly endometriosis and rarely Müllerianosis [1].

Patients with CCCB commonly present with hematuria, urinary urgency and frequency, dysuria, urinary retention, and/or a history of repeated urinary tract infections [1, 4, 9]. The gross appearance is nonspecific, but the tumor frequently grows as a papillary mass [1, 8–10]. The most common locations are the bladder neck, trigone, and lateral bladder wall [1, 4, 6, 9, 11] and the dome [12]. The most common architectural pattern is tubulocystic, followed by papillary, glandular, and diffuse [1, 8–13]. The tumor cells range from flat to cuboidal or columnar and may have clear or eosinophilic cytoplasm, or an admixture of both with prominent hobnailing [1, 10–13]. Clear cell appearance can be seen in a wide variety of carcinomas arising from different sites, including prostate, breast, uterus, ovary, vagina, lung, and kidney. Hence, the differential diagnosis of CCCB includes urothelial carcinoma with clear cells [1], nephrogenic adenoma [7, 9, 13], metastatic clear cell renal cell carcinoma [14], and cervical or vaginal clear cell adenocarcinoma [1], among others. Patients with renal cell carcinoma frequently present with metastasis, including bladder metastasis [14]. Immunohistochemical studies have shown that CCCB is positive for cytokeratin 7 (CK7), CAM5.2 (a low-molecular-weight keratin), epithelial membrane antigen, paired box 8 (PAX8), hepatocyte nuclear factor 1β, α-methylacyl-coenzyme A racemase (AMACR), and cancer antigen 125 (CA-125) [1]. It may also be positive for cluster of differentiation 10, uroplakin, CK20, Lewis X antigen, PAX2, and carcinoembryonic antigen (CEA) [1, 10, 15]. It is negative for prostate-specific antigen, prostate-specific acid phosphatase, protein 63, 34βE12 (a cytokeratin high-molecular-weight antibody), estrogen and progesterone receptors, and GATA-binding protein 3 [1, 15]. The presence of a prominent clear cell population, significant pleomorphism and cytological atypia, brisk mitotic activity, and protein 53 (P53) staining with high methylation inhibited binding protein-1 (MIB-1) activity favor the diagnosis of CCCB [1, 9, 13, 15]. These carcinomas display chromosomal alterations similar to those of urothelial carcinomas, including gains on chromosomes 3, 7, and 17 and X chromosome inactivation [1]. Clinically, CCCB may not be as aggressive as initially believed. Exophytic tumors that are diagnosed early and completely removed carry a relatively better prognosis [1]. Recurrence after limited surgical resection is not uncommon and has been reported [16].

According to the WHO 2015 lung tumor classification, clear cells in pulmonary adenocarcinoma are considered a component of the solid, acinar, papillary, and micropapillary adenocarcinoma patterns in decreasing frequency, and not a primary histological subtype of lung adenocarcinoma [17]. The WHO therefore recommends that these neoplasms be reported as pulmonary adenocarcinomas with clear cell features [17].

In this article, we report a case of a patient with clear cell adenocarcinoma (MC) of the urinary bladder and urethra with a concordant right upper lobe pulmonary adenocarcinoma with clear cell features, and we address the important immunohistochemical distinction between the two primary tumors. In addition, we present the pathological and clinical challenges of diagnosing multiple primaries versus metastatic neoplasms in our patient.

Case presentation
A 59-year-old African American woman who was a former smoker presented to our hospital with a 3-month history of worsening urinary symptoms, including voiding difficulties and one episode of gross hematuria. Her past medical history was significant for hypertension, type 2 diabetes mellitus, hyperlipidemia, cerebrovascular disease with residual right hemiparesis, and end-stage renal disease requiring hemodialysis. She also underwent remote left adrenal adenoma excision and was remotely treated for invasive mammary carcinoma by surgery and adjuvant radiotherapy. The patient declined chemotherapy. The patient had a smoking history of 30 pack-years, but she had quit smoking approximately 20 years ago after receiving a diagnosis of cerebrovascular disease. A review of her social and environmental history did not indicate exposure to any other known toxins or carcinogens. The patient denied any family history of cancer and reported that both her parents had died of “old age.” The patient is living with her husband, who is her primary caregiver and provides physical and social support.

The patient’s medication list at this presentation included metoprolol (25 mg) for hypertension, calcium acetate (667 mg three times daily) for renal failure, and simvastatin (40 mg) for hyperlipidemia. The patient was also taking omeprazole (40 mg) for gastroesophageal
reflux disease, polyethylene glycol for constipation, paroxetine (30 mg) for anxiety and depression, and latanoprost 0.0005% eye drops for glaucoma. Her diabetes was under dietary control.

A review of systems was negative for nausea, vomiting, loss of appetite, and diarrhea. The patient denied cough, chest pain, and shortness of breath. The patient's vital signs at this presentation were stable, with a blood pressure of 110/40 mmHg, pulse of 65 beats/minute, and oral temperature of 98.4 °F. The patient was well nourished, oriented, and used a wheelchair for mobilization. Her physical examination revealed a well-healed surgical scar over her right breast and hemodialysis scars on her upper extremities. No palpable lymph nodes were detected. Her lungs were clear to auscultation bilaterally, with no wheezing, rales, or rhonchi. Her abdomen was soft and nontender with positive bowel sounds and no hepatosplenomegaly. Her neurological examination revealed residual right hemiparesis and slurred speech. Urinalysis confirmed microscopic hematuria with a large amount of blood. Her complete blood count revealed a white blood cell count of 6900/μl, hemoglobin of 12.4 g/dl, red blood cell count of 4.01 × 10⁶/μl, hematocrit of 38.7%, and platelet count of 198,000/μl. The patient's liver function tests revealed total protein of 6.0 g/dl, albumin of 3.3 g/dl, direct bilirubin of 0.6 mg/dl, and total bilirubin of 1.7 mg/dl, with normal alkaline phosphatase, aspartate aminotransferase, and alanine aminotransferase at 65 IU/L, 11 IU/L, and 21 IU/L, respectively. The patient's basic metabolic panel was maintained by continuous need for hemodialysis three times per week, given her history of end-stage renal disease. A urine culture yielded more than 10,000 colony-forming units per milliliter of Escherichia coli, which was treated conservatively.

A computed tomographic (CT) urogram revealed a 3-cm polypoid bladder mass involving the posterior inferior bladder wall near the neck. The patient underwent transurethral resection of bladder tumor. Histologically, the hematoxylin and eosin-stained slides of the bladder tumor showed flat, cuboidal to columnar cells with clear to eosinophilic cytoplasm and a hobnail appearance, organized in tubulocystic and papillary patterns (Fig. 1a). The neoplastic cells were diffusely positive for CK7, CA-125, and AMACR; focally positive for CK20, P53, and CEA; and negative for thyroid transcription factor 1 (TTF-1) (Fig. 1b–g and Table 1). A diagnosis of stage T3N0Mx clear cell (mesonephric) carcinoma of the urinary bladder was made.

Subsequently, after the diagnosis of the CCCB, a staging chest CT scan revealed a 6.4×7.1-mm nodule in the right upper lobe. The patient did not complain of respiratory symptoms at the time the mass was detected. This was followed by a transthoracic core needle biopsy. On the basis of histology, the pulmonary nodule demonstrated a glandular architecture with mucin production (positive staining with mucicarmine and periodic acid-Schiff with diastase) (Fig. 2a, g, and Table 1). The neoplastic cells were diffusely positive for CK7, napsin A, and TTF-1 and negative for CK20 and CA-125 (Fig. 2b–f and Table 1). Genetic testing revealed ARID2 and KEAPI genomic alterations. A diagnosis of mucin-producing adenocarcinoma with clear cell features, consistent with lung primary, was rendered on the basis of the morphological, immunohistochemical, and genetic profile of the tumor.

The patient subsequently underwent a radical cystectomy (RC) with bilateral salpingo-oophorectomy and hysterectomy. A tumor measuring 3.5×2.0×1.7 cm was noted within the bladder neck and appeared to be extending into the upper urethra. The tumor was tanish gray, firm, and homogeneous. Microscopically, the invasive clear cell (mesonephric) carcinoma extended focally into the perivesicular tissue. The remaining parts of the specimen were negative for malignancy. The patient was treated with adjuvant radiotherapy in two 6000-cGy doses in 20 and 15 fractions each, 18 months apart, as hypofractionation radiation cycles aimed at the lung nodule. The patients’ medications were adjusted accordingly to metoprolol (XL 50 mg), amlodipine (10 mg) and aspirin (81 mg) were added for hypertension, and bisacodyl replaced her previous medication for constipation. She had multiple complex medical and surgical presentations and received a multidisciplinary departmental approach in her management. She is doing well 3 years following the diagnosis of CCCB. The pulmonary nodule was radiologically stable in size on the most recent follow-up CT scan.

**Discussion**

To the best of our knowledge, this is the first report that describes a patient with CCCB with a concordant pulmonary adenocarcinoma with clear cell features. Although concurrent bladder and lung cancers are recognized today more frequently than before, with the bladder cancer being mostly the first primary detected, all the reported bladder cancers were transitional cell carcinomas (urothelial carcinoma) [18]. The possibility of a bladder metastasis from a renal [19] or ovarian clear cell carcinoma [20] was excluded in our patient because imaging did not reveal other genitourinary masses. In addition, the RC specimen confirmed the bladder neoplasm location and did not reveal other genital neoplasms. The presence of clear cell features in both neoplasms in our patient raised the possibility of metastasis from one organ to the other. The lung neoplasm, however, was morphologically dissimilar from the bladder tumor. The glandular architecture with intracellular and extracellular mucin production (Fig. 2a, g,
**Fig. 1** Clear cell “mesonephric” carcinoma of the bladder. a Hematoxylin and eosin stain demonstrating characteristic clear cell appearance of the neoplastic cells (arrow). b Cytokeratin 7 staining diffusely positive in neoplastic cells (arrow). c Cancer antigen 125-positive in neoplastic cells (arrow). d P504S/α-methylacyl-coenzyme A racemase is positive in neoplastic cells (arrow). e Cytokeratin 20 is only focally positive in neoplastic cells (arrow). f Carcinoembryonic antigen is focally positive in neoplastic cells (arrow). g Thyroid transcription factor 1 staining is negative. AMACR α-Methylacyl-coenzyme A racemase, CA-125 Cancer antigen 125, CEA Carcinoembryonic antigen, CK Cytokeratin, H&E Hematoxylin and eosin, PS3 Protein S3, TTF-1 Thyroid transcription factor 1

|                  | CK7      | CK20     | CEA       | CA-125    | AMACR    | PS3       | TTF-1     | Napsin A | PAS-D/mucicarmine |
|------------------|----------|----------|-----------|-----------|----------|-----------|-----------|----------|------------------|
| TURBT (CCCB)     | Diffusely positive | Focally positive | Focally positive | Positive | Positive | Focally positive | Negative | ND       | ND               |
| Lung nodule      | Diffusely positive | Negative   | ND        | Negative | ND        | ND        | Positive | Positive | Positive         |

**Table 1** Immunohistochemical profiles of the two neoplasms

Abbreviations: AMACR α-Methylacyl-coenzyme A racemase, CA-125 Cancer antigen 125, CCCB Clear cell carcinoma of the bladder, CEA Carcinoembryonic antigen, CK Cytokeratin, ND Not done, PS3 Protein S3, PAS-D periodic acid-Schiff with diastase stain, TTF-1 Thyroid transcription factor 1, TURBT Transurethral resection of bladder tumor

The immunohistochemical profiles of the CCCB and the lung adenocarcinoma with clear cell features are displayed.
and Table 1) militates against a pulmonary metastasis from the bladder because the latter is not known to produce mucin, but it is known to produce glycogen [20] and is usually described as tubulocystic, papillary, or diffuse [1, 8–13, 20]. In addition, the immunohistochemical profile of the lung tumor (Fig. 2b–f, Table 1) is different from the bladder tumor, which had a distinctive pattern consistent with CCCB (Fig. 1b–g, Table 1). TTF-1 positivity in the lung tumor further supports a distinct lung primary [21]. Furthermore, genetic testing of the lung cancer demonstrated genomic alterations in ARID2 and KEAPI. Whereas the clinical significance of KEAPI is not known, ARID2-inactivating mutations have been found in 5% of non-small cell lung cancers and are considered one of the most frequent mutated genes after TP53, KRAS, EGFR, CDKN2A, and STK11 [22]. Unlike pulmonary adenocarcinoma, there is not enough data for targeted therapy of CCCB based on cytogenic testing. Radical
surgery with or without adjuvant radiotherapy (for example, total dose of 50–60 Gy) and/or chemotherapy (for example, cisplatin plus etoposide, doxorubicin, and cyclophosphamide) remains the standard in CCCB management [20].

Conclusions
Although both tumors in our patient had a similar clear cell component, their different histopathological patterns, secretory properties, and immunohistochemical profiles, along with a unique cytogenetic profile for the lung tumor, favored the presence of two concordant primary tumors composed of clear cells rather than a metastasis from one organ to the other. The concurrence of these two neoplasms is very rare, and more studies are needed to further establish the most appropriate follow-up and management protocols in such challenging cases.

Abbreviations
AMACR: α-Methylacyl-coenzyme A racemase; CA-125: Cancer antigen 125; CAM5.2: A low-molecular-weight keratin; CCCB: Clear cell carcinoma of the bladder; CEA: Carcinoembryonic antigen; CK: Cytokeratin; MC: Mesonephric carcinoma; ND: Not done; P53: Protein 53; PAS-D: Periodic acid-Schiff with diastase stain; PAX2: Paired box 2; PAX8: Paired box 8; RC: Radical cystectomy; TTF-1: Thyroid transcription factor 1; TURBT: Transurethral resection of the bladder tumor; WHO: World Health Organization

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Availability of data and materials
Data and materials are available for review when requested.

Authors’ contributions
SHJ is the principal author; collected and analyzed the patient and tumor data; acquired microscopic pictures; collected relevant literature; and drafted the manuscript. SHJ, JK, JS, SG, AK, and JT were involved in the interpretation of the patient data regarding the disease as well as in critical revision of the manuscript. SHJ and SG performed the histological evaluation of the radical cystectomy. JS performed the histological evaluation of the bladder biopsy. AK and JT performed the histological evaluation of the lung biopsy. All authors read and approved the initial manuscript. SHJ, JT, and JS approved the final version of the manuscript.

Competing interests
The authors declare that they have no competing interests.

Consent for publication
Written informed consent was obtained from the patient for publication of this case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

Ethics approval and consent to participate
The ethic committee of the Department of Pathology at MetroHealth Medical Center approved the content of the manuscript.

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