Trichloroethylene and trichloroethanol induce skin sensitization with focal hepatic necrosis in guinea pigs

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Abstract

Objectives: Occupational exposure to trichloroethylene (TCE) induces trichloroethylene hypersensitivity syndrome (TCEHS), which causes hypersensitivity dermatitis and hepatitis. However, whether TCE itself or its two metabolites, trichloroethanol (TCEOH) and trichloroacetic acid (TCA), are involved in TCEHS remains unclear. Therefore, in this study we explored the allergens causing TCEHS and characterized TCEHS-related liver injury in guinea pigs.

Method: The guinea pig maximization test was performed using TCE, TCEOH, and TCA as candidate allergens. Skin inflammation was scored, and liver function and histopathological changes were evaluated by biochemical tests and hematoxylin and eosin staining, respectively.

Results: The sensitization rates for TCE, TCEOH, and TCA were 90.0%, 50.0%, and 0.0%, respectively. In the TCE and TCEOH experimental groups, the skin showed varying degrees of erythema with eosinophil granulocyte infiltration in the dermis. Additionally, serum alanine aminotransferase and γ-glutamyl transpeptidase levels increased significantly, and histological analysis revealed focal hepatocellular necrosis with inflammatory cell infiltration in the liver.

Conclusions: TCE is the main cause of allergy and TCEOH is a secondary factor for allergy in guinea pigs. TCE and TCEOH can cause immune-mediated skin sensitization complicated by focal hepatic necrosis.
1 | INTRODUCTION

Trichloroethylene (TCE) is widely used to clean metal parts and electronic components used in industrial processes, mainly in Asian countries because it is an incombustible, cheap, and powerful cleaning agent; however, its use has been decreasing in more developed countries. In the past 30 years, a hypersensitivity syndrome induced by TCE has gradually become one of the most serious occupational diseases in Guangdong, China. This hypersensitivity syndrome was named “Occupational Dermatitis Medicamentosa-like of TCE” in China, which was also called occupational TCE hypersensitivity syndrome (TCEHS). TCEHS is characterized by fever, a generalized rash, liver dysfunction (indicated by alanine aminotransferase [ALT] and γ-glutamyl transpeptidase [γ-GTP] activities), and superficial lymphadenopathy. According to the Chinese National Diagnostic Criteria, TCEHS has four dermatological manifestations: exfoliative dermatitis, erythema multiforme, Stevens-Johnson syndrome (SJS), and toxic epidermal necrolysis (TEN). Studies have shown that TCEHS is an immunological disease. Clinical data suggest that type IV allergic reactions or delayed-type hypersensitivity reactions play an important role in TCEHS. In addition to severe hypersensitivity skin disorders, liver immune damage is also reported in TCEHS. However, whether TCEHS is triggered by TCE or by its metabolites is still debatable. Trichloroethanol (TCEOH) and trichloroacetic acid (TCA) are the two main metabolites of TCE, which is metabolized by cytochrome P450 2E1 (CYP2E1) in the liver. Recent studies on animal exposure to TCE and its immune-related effects have suggested that TCE is a potent immunomodulator that accelerates allergic disease development. The guinea pig maximization test (GPMT) is widely used as a national standard test in many countries. Using the GPMT, Tang et al reported that TCE appears to be a strong allergen, whereas TCA is a moderate allergen. They also showed that TCE induces liver injury with diffuse ballooning changes without lymphocyte infiltration and necrosis. However, this liver damage was histopathologically different from that of TCEHS patients, who showed hepatic necrosis with inflammatory cell infiltration. To further confirm the allergens of TCEHS and explore the skin and liver damage caused, GPMT was used in this study to assess the hypersensitivity induced by TCE, TCEOH, and TCA.

2 | MATERIALS AND METHODS

2.1 | Animals

Specific-pathogen-free female Hartley guinea pigs, weighing 300-400 g, were obtained from the Guangdong Medical Laboratory Animal Center (No. 2008A027). All guinea pigs were healthy, nulliparous, and nonpregnant. They were housed in cages (five guinea pigs per cage) at a constant temperature of 20°C-25°C in a 12/12 h light/dark cycle. Food and water were provided ad libitum. After 1 week of adaptive feeding in the laboratory, the guinea pigs were randomly divided into eight groups: TCE, TCEOH, and TCA experimental groups (n = 10 each); TCE, TCEOH, and TCA solvent control groups (n = 5 each); one positive control group (2,4-dinitrochlorobenzene [DNCB]) (n = 5); and a blank group (n = 5). The use of guinea pigs and the experimental protocol were approved by the Animal Care and Use Committee of the Guangdong Province Hospital for Occupational Disease Prevention and Treatment (approval no. GDHOD MEC 2015020).

2.2 | Preparation of chemicals

TCE (Sigma-Aldrich, St Louis, MO, USA) and TCEOH (Fluka, Sigma-Aldrich) were mixed in olive oil (Sigma-Aldrich), and TCA (Tianjin Chemical Reagent Second Factory, Tianjin, China) was mixed with saline to prepare different concentrations of the test substance. On the basis of studies by other investigators, a pilot study was carried out using three animals for dose selection. The concentration of test substance used for each induction exposure was well-tolerated, and the highest concentration caused mild-to-moderate skin irritation, while the concentration used for the challenge exposure was the highest nonirritant dose. Thus, 5%, 20%, and 10% TCE (v/v) in olive oil were administered to the TCE experimental group via intradermal injection, topical induction, and challenge, respectively; 1.25%, 20%, and 10% TCEOH (v/v) in olive oil were administered to the TCEOH experimental group via intradermal injection, topical induction, and challenge, respectively; and 0.25%, 5%, and 2.5% TCA (m/v) in physiological saline were administered to the TCA experimental group via intradermal injection, topical induction, and challenge, respectively. Freund's complete adjuvant (FCA) was purchased from Sigma-Aldrich, and DNCB was obtained from the Tokyo Chemical Industry (Tokyo, Japan).
2.3 | Guinea pigs maximization test

The GPMT (Figure 1) was performed in accordance with the Organisation for Economic Co-operation and Development guideline for testing of chemicals (no. 406). According to this guideline, DNCB is recommended to be used as a positive control for the GPMT. Before intradermal injection, a 4 cm × 6 cm area on both sides of the scapular region was shaved using an electric clipper. Then, 24 hours after shaving, each guinea pig was administered three pairs of 0.1 mL intradermal injections: (a) FCA, (b) the test substance (5% TCE, 1.25% TCEOH, or 0.25% TCA), and (c) the test substance at the selected concentration formulated in a 1:1 mixture (v/v) FCA. All control groups were injected with olive oil or physiological saline instead of the test substance.

Next, 7 days after injection, 0.5 mL of 20% TCE, 20% TCEOH, and 5% TCA for the TCE, TCEOH, and TCA experimental groups, respectively, were patched using nonirritant tape on the backs of all guinea pigs for 48 hours in the second induction stage. The solvent control groups were administered only olive oil or physiological saline. In the challenge patch test stage, 21 days after the first injection, all guinea pigs were challenged with 0.5 mL of the test substance (10% TCE, 10% TCEOH, or 2.5% TCA) patched on their shaved flanks for 24 hours. Patch test responses were evaluated 24 hours after removing the patches. Allergic reactions were scored using the Magnusson-Kligman grading scale to evaluate challenge patch test reactions as follows: 0, no visible change; 1, discrete or patchy erythema; 2, moderate, confluent erythema; and 3, intense erythema and swelling. The responses were read again 48 hours after removing the patches, and the frequency of sensitization was calculated by blind reading of the experimental and control groups.

2.4 | Histopathological examination of the skin and liver

Each experimental group was further subdivided into dermatitis-positive and dermatitis-negative groups on the basis of skin allergic reactions. After the challenge patch test stage, all guinea pigs were weighed and then euthanized using diethyl ether. Blood was collected via an abdominal aortic puncture and then centrifuged at 3000 rpm for 15 minutes at 4°C to obtain a serum fraction. The livers were quickly removed and weighed. Skin from the test and control sites as well as a small portion of the liver were soaked in 10% formalin (v/v) for fixation. The tissues were embedded in paraffin, then cut into 3 μm sections, and stained with hematoxylin and eosin (H&E). Three slices from all guinea pigs in each group were observed under an Axioskop 40 microscope (Zeiss, Germany).

2.5 | Evaluation of liver function

Serum ALT and γ-GTP levels were analyzed by the SRL Inc Company (Tokyo, Japan).

2.6 | Statistical analysis

All data were expressed as the mean ± standard deviation. One-way analysis of variance was used to compare multiple groups, followed by the Bonferroni test if variances showed homogeneity or Tamhane’s method if they did not. All statistical analyses were based on two-tailed hypothesis tests and performed using SPSS 13.0 (IBM Corporation, Armonk, NY, USA). P < .05 indicated statistical significance.
3 | RESULTS

3.1 | Sensitization of the GPMT

Table 1 shows the skin inflammation scores of the guinea pigs. The sensitization rate was 90.0% in the TCE experimental group, 50.0% in the TCEOH experimental group, 0% in the TCA experimental group, and 100% in the DNCB group. Of 10 guinea pigs, six showed patchy erythema, while three showed confluent erythema after TCE challenge. In addition, 5 of the 10 guinea pigs showed patchy erythema after TCEOH challenge, whose reaction was slightly mild compared to the TCE challenge.

In contrast, the skin patch test was negative in all solvent control groups (Figure 2A). Compared to the solvent control groups (2-4 layers), the epidermal stratum spinosum was significantly thickened (6-10 layers) in TCE and TCEOH dermatitis-positive groups. Eosinophil granulocyte infiltration in the dermis was observed in the TCE and TCEOH experimental groups, while changes in the TCA experimental and solvent control groups were negative (Figure 2B). These results indicated that both TCE and TCEOH cause hypersensitivity skin reaction in guinea pigs.

### TABLE 1 Sensitization rates and skin inflammation scores in guinea pigs after the GPMT with TCE, TCA, and TCEOH

| Group            | Number of guinea pigs (n) | Number of guinea pigs with different skin inflammation scores | Sensitization rate (%) |
|------------------|---------------------------|---------------------------------------------------------------|------------------------|
| Blank            | 5                         | 5 0 0 0 0                                                      | 0.0                    |
| DNCB             | 5                         | 0 0 3 2                                                       | 100.0                  |
| TCE solvent control | 5                         | 5 0 0 0                                                      | 0.0                    |
| TCEOH solvent control | 5                         | 5 0 0 0                                                      | 0.0                    |
| TCA solvent control | 5                         | 5 0 0 0                                                      | 0.0                    |
| TCE              | 10                        | 1 6 3 0                                                      | 90.0                   |
| TCEOH            | 10                        | 5 5 0 0                                                      | 50.0                   |
| TCA              | 10                        | 10 0 0 0                                                      | 0.0                    |

Note: TCE solvent control: induced with olive and challenged with TCE. TCEOH solvent control: induced with olive and challenged with TCEOH. TCA solvent control: induced with saline and challenged with TCA.

Abbreviations: DNCB, 2,4-dinitrochlorobenzene; GPMT, guinea pig maximization test; TCA, trichloroacetic acid; TCE, trichloroethylene; TCEOH; trichloroethanol.

3.2 | Liver-to-body-weight ratio

The guinea pigs were weighted before being euthanized. The absolute weights of the livers removed were measured, and the liver-to-body-weight ratio (%) was calculated as follows:

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\text{Liver \textendash to \textendash body \textendash weight \ ratio} = \left( \frac{\text{Weight of liver}}{\text{Body weight of guinea pig on the day of sacrifice}} \right) \times 100\%
\]

TCE and TCEOH dermatitis-positive groups showed no significant difference in the relative liver weight compared to the solvent control groups. The relative liver weight did not differ between the TCEOH dermatitis-positive and dermatitis-negative groups. Since there was only one guinea pig in the TCE dermatitis-negative group, comparison of value between the TCE dermatitis-positive and dermatitis-negative groups was not possible (Table 2).

3.3 | TCE- and TCEOH-induced liver damage

Most TCEHS patients are found to suffer from hepatitis. Therefore, investigation was carried out into whether dermatitis-positive guinea pigs have liver damage. The serum ALT and γ-GTP levels were measured to evaluate liver function. Compared to the solvent control groups, the TCE and TCEOH dermatitis-positive groups showed significantly higher serum ALT and γ-GTP levels. The TCEOH dermatitis-positive group also showed higher serum ALT and γ-GTP levels compared to the TCEOH dermatitis-negative group (Table 2).

Microscopic examination showed no changes in the liver histological structure in the blank, DNCB, solvent control, TCE, TCA, and TCEOH dermatitis-negative groups. However, focal hepatocyte necrosis was clearly observed in the hepatic lobule, alongside inflammatory cell infiltration (lymphocytes and eosinophils) around the necrosis area in the livers of the TCE and TCEOH experimental groups (Figure 3) that were similar to drug-induced liver damage in humans.

4 | DISCUSSION

Hypersensitivity dermatitis occurring in workers exposed to TCE is a severe skin disorder resembling drug-induced hypersensitivity syndrome. Although their pathogenesis is still unclear, these dermatoses are presumably determined by dysregulation of T cell-mediated immune mechanisms. In this study, TCE and its metabolite TCEOH were highlighted as likely allergens of TCEHS. In addition, both TCE and TCEOH induced skin sensitization in guinea pigs along
with focal hepatic cell necrosis surrounded by lymphocyte infiltration.

In mammals, TCE is metabolized mainly by CYP2E1 to chloral hydrate (CH) and then converted to TCEOH and TCA by alcohol dehydrogenase and aldehyde dehydrogenase, respectively. In addition, part of TCEOH is converted by CYP2E1 to TCA via CH, indicating that CYP2E1 might play an important role in TCEHS onset. A previous study has shown that constitutive expression of CYP2E1 in the liver of female guinea pigs is greater compared to male guinea pigs. Furthermore, the sensitization rates of TCE and TCEOH are higher in female (90% and 50%, respectively) than in male guinea pigs (70% and 20%, respectively). Accordingly, female guinea pigs were the ideal candidates for this study. Previous GPMT studies have shown TCE to be a strong allergen, and existence of other strong allergens is still debatable. Tang et al reported that the sensitization rate of TCA in albino guinea pigs is 58.3% (gender not specified). This difference might be due to the different guinea pig strains used by Tang et al and this study. A few skin patch test studies were performed on TCEHS patients and TCE-exposed workers (exposed to TCE for >12 weeks but did not develop TCEHS). Nakayama et al used TCE and its metabolites to perform a patch test on a TCEHS patient who was sensitive to TCE and TCEOH, while Watanabe et al reported a male patient who had a positive reaction to TCEOH, TCA, and 15% CH. Recently, Huang et al showed that TCEOH and CH have a positive reaction in workers who had recovered from TCEHS. These findings suggested that TCEOH is one of the allergens in humans, which was consistent with our results.

Liver injury occurs in the vast majority (86%–100%) of TCEHS patients, but TCE-tolerant workers under the same exposure conditions do not develop TCEHS. Acute liver failure is the primary cause of death in TCEHS patients. Ikeoka et al reported a male TCEHS patient whose skin histopathology showed lymphocyte and eosinophilic infiltration.

**FIGURE 2** Typical skin changes in guinea pigs after the challenge. A. Images showing typical skin erythema and swelling. B. Histological analysis of the skin by H&E staining. The black arrow indicates an eosinophil granulocyte in the dermis. H&E, hematoxylin and eosin.
eosinophil infiltration around the small vein in the corium layer, which was similar to the skin damage in TCE and TCEOH experimental groups in this study. In addition, the epidermal stratum spinosum was thickened in the TCE and TCEOH experimental groups. Furthermore, the liver histopathology of this patient showed lymphocyte and eosinophil infiltration around the portal area along with hepatocyte abscess in the hepatic lobule.

### Table 2

| Group                        | Relative Liver weight (%) | Liver functions |
|------------------------------|---------------------------|-----------------|
|                              | Number of guinea pigs (n) | Body weight (g) | Liver (g) | Ratio % | Number of guinea pigs (n) | ALT | γ-GTP |
| Blank                        | 5                         | 421.17 ± 27.69   | 15.86 ± 1.57 | 3.78 ± 0.56 | — | — |
| DNCB                         | 5                         | 370.96 ± 26.37   | 13.74 ± 2.09 | 3.69 ± 0.31 | — | — |
| TCE solvent control          | 5                         | 402.04 ± 27.01   | 14.37 ± 1.10 | 3.58 ± 0.31 | 5 | 38.78 ± 4.21 | 12.80 ± 3.42 |
| TCEOH solvent control        | 5                         | 340.56 ± 40.12   | 11.96 ± 1.67 | 3.51 ± 0.29 | 5 | 40.04 ± 12.87 | 13.20 ± 6.10 |
| TCA solvent control          | 5                         | 319.88 ± 27.31   | 15.53 ± 1.70 | 3.91 ± 0.29 | 5 | 41.60 ± 11.97 | 14.25 ± 2.06 |
| TCE dermatitis (-)           | 1                         | 352.8            | 14.07       | 3.99     | 1 | 41 | 27 |
| TCE dermatitis (+)           | 9                         | 378.72 ± 17.66   | 13.90 ± 2.18 | 3.66 ± 0.53 | 9 | 56.40 ± 14.52$^a$ | 26.00 ± 7.14$^a$ |
| TCEOH dermatitis (-)         | 5                         | 288.46 ± 20.33   | 10.32 ± 0.91 | 3.58 ± 0.24 | 4 | 41.50 ± 12.87 | 16.00 ± 4.08 |
| TCEOH dermatitis (+)         | 5                         | 336.90 ± 35.61   | 11.64 ± 2.24 | 3.47 ± 0.61 | 4 | 52.75 ± 1.50$^{bc}$ | 21.17 ± 4.50$^{bc}$ |
| TCA dermatitis (-)           | 10                        | 344.31 ± 25.06   | 11.01 ± 0.87 | 3.56 ± 0.41 | 8 | 45.13 ± 9.72 | 14.13 ± 5.33 |
| TCA dermatitis (+)           | 0                         | —                | —           | —        | — | — |

Note: DNCB, 2,4-dinitrochlorobenzene; GPMT, guinea pig maximization test; TCA, trichloroacetic acid; TCE, trichloroethylene; TCEOH, trichloroethanol.

$^aP < .05$, compared to the TCE solvent control group.

$^bP < .05$, compared to the TCEOH solvent control group.

$^cP < .05$, compared to the TCEOH dermatitis-negative group.

### Figure 3

Histological analysis of guinea pig livers by H&E staining. Bottom panels show higher-magnification views of the necrotic area. Black arrows indicate lymphocyte infiltration in the liver. H&E, hematoxylin and eosin.
that was consistent with liver injury in TCE and TCEOH experimental groups in this study. Tang et al.\(^9\) reported that hepatocytes show diffused ballooning changes without lymphocyte infiltration and necrotic hepatocytes in TCE dermatitis-positive guinea pigs. In this study, hepatocyte necrosis with lymphocyte infiltration was observed in the TCE experimental group, which involved immune cells. The different liver pathological manifestation might be due to the slightly different TCE dose: 5%, 20%, and 10% TCE were selected for intradermal injection, topical induction, and challenge, respectively, while Tang et al. selected 10%, 20%, and 10% TCE, respectively. Lower intradermal injection doses were used to avoid the potential direct chemical damage. In addition, serum ALT and γ-GTP levels significantly increased in TCE and TCEOH experimental groups, clearly indicating that the dermatitis-positive groups suffer from hepatic injury, which is consistent with TCEHS patients.\(^{26}\) While the workers are directly exposed to TCE in their workshop, internal exposure to TCEOH as a major metabolite of TCE may have enhanced TCEHS development, which is a focus for future research. Although, no data on liver function were generated in the DNCB skin sensitization group; little histological change in liver slides from this group suggests that significant liver damage is unlikely. Therefore, chemical skin sensitization does not necessarily cause liver damage: the immunological mechanism of DNCB-induced skin sensitization may be different from that induced by TCE and TCEOH, which has been observed in this study. This study has several limitations. First, this is an animal experimental study and the findings of TCE and TCEOH as potential skin sensitizers does not necessarily mean they are TCEHS-developing allergens for workers. Secondly, no biochemical data were available on liver function for the DNCB group. Thirdly, this study does not test the CH, another metabolite of TCE. Further studies involving CH need to determine the molecular mechanism of TCEHS and identify the culprit compound which propagates TCEHS.

In summary, TCE and TCEOH are specific allergens that cause a hypersensitivity skin reaction along with liver dysfunction and hepatocyte necrosis in guinea pigs. A better understanding of the allergens in TCEHS will create new opportunities for prevention and therapeutic intervention for TCEHS.

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**DISCLOSURES**

Approval of the research protocol: Animal Care and Use Committee of Guangdong Province Hospital for Occupational Disease Prevention and Treatment (Approval number GDHOD MEC 2015020). Informed consent: N/A.

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**AUTHOR CONTRIBUTIONS**

Hanlin Huang, Tamie Nakajima, and Hairan Wang designed the research; Na Zhao, Xiangrong Song, Hongling Li, Yongshun Huang, Lili Liu, Fengrong Lu, and Tingfeng Cai performed the research; Na Zhao, Hisao Naito, and Yuki Ito analyzed the data; and Na Zhao, Tamie Nakajima, and Michihiro Kamijima wrote the paper.
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