Figure 1. PRISMA flowchart

51,006 records identified in database search

82 additional articles identified through other sources

9,993 duplicates removed

41,095 titles/abstracts screened

39,006 records excluded

2,089 full-text articles assessed for eligibility

1,834 articles excluded
- 113 non-community samples
- 155 subpopulation samples
- 34 wrong exposure
- 705 wrong outcome
- 780 not original research
- 41 qualitative studies
- 4 modelling studies
- 2 retracted studies

255 studies included in systematic review

15 studies included in meta-analysis