Completed checklist of the consolidated criteria for reporting qualitative research (COREQ; (1))

| No | Item | Description |
|----|------|-------------|
| **Domain 1: Research team and reflexivity** | | |
| 1. | Facilitator | Thomas Muth (MD took notes) |
| 2. | Credentials | Melina Dederichs (MSc), Jeannette Weber (MPH), Dr. Thomas Muth, Prof. Dr. Peter Angerer, PD Dr. Adrian Loerbroks |
| 3. | Occupation | MD, JW: research associate; TM, AL: senior research associate; PA: university professor |
| 4. | Gender | MD, JW: female; TM, PA, AL: male |
| 5. | Experience and training | MD: educational background in psychology, practical experience in occupational health research, qualitative research and teaching; JW: educational background in biomedical science and public health, practical experience in occupational health research; SS: medical student; TM: educational background in psychology and public health, experience in occupational health research, qualitative research and teaching; PA: educational background in human medical studies, experience as a clinical doctor and in occupational health research; AL: educational background in epidemiology and health sciences, experience in occupational health research, qualitative research and teaching |

**Relationship with participants**

| 6. | Relationship established | No |
| 7. | Participant knowledge of facilitator | Participants knew that TM and MD were working as a research associate on student health |
| 8. | Facilitator characteristics | No other characteristics were reported about the facilitator |

**Domain 2: Study design**

**Theoretical framework**

| 9. | Methodological orientation and theory | Qualitative content analysis by Mayring |

**Participant selection**

| 10. | Sampling | Convenience sampling |
| 11. | Method of approach | Via advertisement on campus, social media or personal contact |
| 12. | Sample size | 71 participants |
| 13. | Non-participation | Not applicable |

**Setting**

| 14. | Setting of data collection | Conference room at university |
| 15. | Presence of non-participants | MD took field notes |
| 16. | Description of sample | Mean\(\text{age}\)=23.71 (range: 19-39 years); female = 79%, male = 21% |

**Data collection**

| 17. | Interview guide | Provided as supplemental material |
| 18. | Repeat interviews | None |
| 19. | Audio/visual recording | Audio recording |
| 20. | Field notes | Yes |
| 21. | Duration | Circa 90 – 130 minutes |
| 22. | Data saturation | Yes |
| 23. | Transcripts returned | No |

**Domain 3: Analysis and findings**

| 24. | Number of data coders | Three |
| 25. | Description of coding tree | Yes (in the result section pp. 6-16) |
| 26. | Derivation of themes | Deductive coding: suggestions for improvement, measures from literature; all other categories were inductively coded |
| 27. | Software | MaxQDA 18 |
| 28. | Participant checking | No |

**Reporting**

| 29. | Quotations presented | Yes |
| 30. | Data and findings consistent | Yes |
| 31. | Clarity of major themes | Yes |
| 32. | Clarity of minor themes | Yes |

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1. Tong A, Sainsbury P, Craig J. Consolidated criteria for reporting qualitative research (COREQ): a 32-item checklist for interviews and focus groups. International Journal for Quality in Health Care. 2007;19(6):349-357.