Mild hypothermia pretreatment protects against liver ischemia reperfusion injury via the PI3K/AKT/FOXO3a pathway

QI XIAO1, QIFA YE1,2, WEI WANG1, JIANSHENG XIAO3, BIQI FU4, ZHIPING XIA2, XINGJIAN ZHANG2, ZHONGZHONG LIU2 and XIANPENG ZENG2

1Department of Transplant Surgery, The Third Xiangya Hospital of Central South University, Central South University, Changsha, Hunan 410013; 2Hubei Key Laboratory of Medical Technology on Transplantation, Zhongnan Hospital of Wuhan University, Institute of Hepatobiliary Diseases of Wuhan University, Transplant Center of Wuhan University, Wuhan, Hubei 430071; Departments of 3Transplant Surgery and 4Rheumatology and Immunology, The First Affiliated Hospital of Nanchang University, Nanchang, Jiangxi 330006, P.R. China

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Abstract. Mild hypothermia is known to protect against ischemia and reperfusion (IR) injury. The exact mechanisms of the protection are not fully understood. Forkhead box O3 (FOXO3a) has been defined as a critical mediator in cellular processes, including oxidative stress, apoptosis, inflammation, cell death and DNA repair; however, the protection function in mild hypothermia has not been reported previously. The current study was designed to investigate the function of phosphoinositide 3-kinase (PI3K)/protein kinase B (AKT)/FOXO3a pathway in pretreatment with mild hypothermia during IR injury. Additionally, PI3K/AKT/FOXO3a signaling was inhibited using Ly294002 and the effect on the protective function of mild hypothermia pretreatment was evaluated. Furthermore, the apoptotic and inflammatory response induced by the IR injury was evaluated. Liver IR injury induced a significant increase in the level of apoptosis and inflammatory responses. However, pretreatment with mild hypothermia increased phospho (p)-AKT and p-FOXO3a following IR injury, and significantly reduced apoptosis and inflammatory cytokines release. However, inhibiting p-AKT and p-FOXO3a using Ly294002 suppressed the liver protection produced by mild hypothermia. In conclusion, these findings indicated that mild hypothermia pretreatment exhibited liver protective effects against IR injury associated with suppressing inflammatory cytokine release and apoptosis via the PI3K/AKT/FOXO3a pathway.

Introduction

Liver injury induced by hepatic ischemia/reperfusion (IR) is a major cause of hepatic failure following various forms of circulatory shock, severe trauma, liver resection, orthotopic liver transplantation or other surgical procedures where blood supply to the liver is temporarily blocked (1). The mechanism of IR injury of the liver is complicated and interactive. During the phase of IR, hepatocyte damage occurs through lipid peroxidation, release of reactive oxygen species, activation of signal transduction cascades and production of various inflammatory mediators (2). Subsequently, cell death programs are activated, including apoptosis, autophagy-associated cell death and necrosis (3).

Several strategies, such as ischemic preconditioning, remote ischemic preconditioning or pharmacological preconditioning, that may protect the liver during IR injury have been investigated (4). Among these strategies, mild hypothermia has received increasing attention. The modern clinical use of hypothermia was initiated in 1950 by Bigelow et al (5) when the neuroprotective effects were demonstrated during cardiac surgery. For many years, therapeutic hypothermia has been applied to improve the survival rate and neurological outcome of patients following cardiac arrest. The beneficial effects of therapeutic hypothermia include conservation of hepatic metabolism, and reduction in the inflammatory response and apoptosis during ischemia (6,7). However, there is a lack of consensus on the most appropriate target temperature. Experimental studies (8,9) in recent years have suggested that mild hypothermia (32-34°C) exert more effective protection against warm IR injury of the liver. Previous studies have focused on the investigation of therapeutic hypothermia at 32-34°C. However, in selective cases the application of mild hypothermia pretreatment may outweigh the risks, whereas fewer studies were conducted on it and the mechanisms by
which mild hypothermia pretreatment protects liver against I/R injury are not fully understood.

Previous studies (10,11) demonstrate that the phosphatidylinositol-3-kinase (PI3K)/protein kinase B (AKT) pathway has an important role in protection against hepatic IR injury in rats. Activated AKT inhibits apoptosis by phosphorylating a large number of downstream proteins (12). Several genetic and biochemical studies have reported that the forhead box O (FOXO) family is a key downstream target of the PI3K/AKT pathway (13,14). FOXO3a is a member of the FOXO family of transcription factors and is expressed in the liver, pancreas, spleen, brain and other tissues (15). FOXO3a induces expression of target genes involved in crucial cellular processes, including oxidative stress, glucose metabolism, inflammation response and apoptosis (16). There are multiple mechanisms that post-translationally regulate transcriptional activity of FOXO3a transcription factors (17). Notably, phospho-(p)-AKT regulates phosphorylation of FOXO3a, which increases translocation of p-FOXO3a from the nucleus to the cytosol, inhibiting the transcriptional activity of FOXO3a. In turn, dephosphorylation of FOXO3a increases its nuclear activity, which enhances target gene expression (16). However, the majority of previous studies assessed p-AKT alone without focusing on its substrates, such as FOXO3a. The activation of FOXO3a may have an important role in IR injury.

Based on the above reports, it is well established that mild hypothermia possesses potent anti-apoptosis activity and inhibits the inflammatory response. The aim of the present study was to determine whether the use of mild hypothermia pretreatment protects the liver, reducing ischemia-reperfusion injury. Furthermore, whether the activation of PI3K/AKT/FOXO3a pathways contributed to the induction of liver protection in this type of pretreatment via anti-apoptosis and inhibited the inflammatory response were investigated.

Materials and methods

Animals. Male Sprague-Dawley rats (n=48; 3 months old; weight 250-280 g) were purchased from Hubei Provincial Center for Disease Control and Prevention (Wuhan, China), and then housed in the animal center of Zhongnan Hospital of Wuhan University (Wuhan, China). Rats were housed at 22±2°C with a 12-h light/dark cycle, 60±5% humidity and given food and water ad libitum. They were allowed to adapt to the environment for 3 days prior to the experiment. All the rats were randomly divided into 6 groups, each group had 8 rats: i) Normal (N) group; ii) mild hypothermic pretreatment (MH) group; iii) sham (S) group; iv) normothermic pretreatment + IR (NH + IR) group; v) mild hypothermic pretreatment + IR (MH + IR) group; vi) Ly294002 + mild hypothermic pretreatment + IR (Ly + MH + IR) group. All animals were fasted 12 h before the experiment, with free access to water. All experimental procedures were approved by the Ethics Review Committee of Zhongnan Hospital of Wuhan University and every effort was taken to minimize pain and discomfort of rats.

Model for liver IR. The rats in the MH, MH + IR, and Ly + MH + IR groups were cooled until their rectal temperatures were reduced to 32.2±0.5°C. Mild hypothermia pretreatment was maintained for 2 h by maintaining the rat with an icebox and a heat lamp. The rectal temperatures of the rats in the N, S, and N + IR groups were also maintained at 37±0.5°C for 2 h.

Pre-treatment with PI3K inhibitor (Ly294002; 1.5 mg/kg) and vehicle [10% dimethyl sulfoxide (DMSO) and 90% PBS. was given intraperitoneally (i.p.) 30 min prior to the mild hypothermic pretreatment in the Ly + MH + IR group. The other rats in the S, NH + IR, and MH + IR groups were injected with an equivalent volume of vehicle (10% DMSO and 90% PBS).

The rats were anesthetized with chloral hydrate (40 mg/kg, i.p.) during surgery. Then a midline incision was made to expose the liver and free the perhepatic ligament, injected 100 IU/kg heparin for systemic anti-coagulation through a penile vein. The artery and portal venous blood supply to the left/middle liver lobes were blocked with an atraumatic clip for 60 min. The abdomen was closed temporarily until re-opened, and the clamp was removed to induce reperfusion. The rectal temperature of the rat was maintained at 37±0.5°C in the entire surgical procedure. After 6 h of reperfusion, the rats were reanesthetized and sacrificed to collect hepatic tissues and blood samples immediately. The sham group rats underwent the same surgical procedure without vascular occlusion. The N group and MH group did not receive surgery.

Serum alanine aminotransferase ALT levels. Serum sALT level, an indicator of hepatocellular injury, was measured in blood samples using an automated chemical analyzer.

Liver histology. Ringer (0-4°C, heparinized, 20 ml) was used to flush the blood from the liver via the abdominal aorta, then fixed in 10% formalin and embedded in paraffin. Paraffin sections were cut into 5 µm and stained with hematoxylin and eosin (H&E) according to standard protocols (18). Stained tissue slices were observed with a bright field microscope by a pathologist. The severity of liver IR injury was graded blindly using the criteria of Suzuki et al (19) on a scale from 0-4.

Myeloperoxidase (MPO) assay. The presence of MPO was used as an index of neutrophil accumulation in the liver and was obtained from Nanjin Jianchen Biotechnology, (Nanjin, China; http://www.njcbio.com). MPO activity was measured according to the manufacturer's protocols.

Serum cytokines. Interleukin-1β (IL-1β) and tumor necrosis factor-α (TNF-α) and IL-6 were quantified from serum by ELISA and were obtained from Cloud-Clone Corp. (Katy, TX, USA).

Terminal deoxynucleotid transferase (TdT) dUTP nick-end labelling (TUNEL) detection. Sections were permeabilized in xylene, dehydrated in graded ethanol series to water, incubation with 3% hydrogen peroxide for 30 min, then treated with proteinase K (5 mg/ml) for 5 min at room temperature. Subsequently, the sections were applied with TdT reaction buffer (Roche Diagnostics GmbH, Mannheim, Germany) for 1 h at 37°C. Following washing in PBS, the sections were incubated with converter-peroxidase and detected with diaminobenzidine.
Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Total RNA was obtained from liver tissue with TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA) according to the manufacturer's protocols, and cDNA for RT-qPCR was synthesized using oligo d(T) and a Superscript III RT kit (Thermo Fisher Scientific, Inc.). qPCR was conducted using a Quantitative SYBR-Green RT-PCR kit (Takara Bio, Inc., Otsu, Japan) and an Applied Biosystems 7500 system (Thermo Fisher Scientific, Inc.). All reactions were conducted in a 20 µl reaction volume in triplicate. The relative expression levels for a target gene were normalized to β-actin. Specificity was verified by melting curve analysis and agarose gel electrophoresis. FOXO3a, nuclear factor (NF)-κB and β-actin were obtained from Wuhan GuGe Biotechnology, (Wuhan China). Primers were as follows: FOXO3a sense, 5'-AAC AGT ACC GTG TTC GGA CC-3' and anti-sense, 5'-AGT GTC TGG TTG CCG TAG TG-3'; NF-κB sense, 5' -GCT CCT TTT CTC AAG CCG ATG T-3' and anti-sense, 5'-CGT AGG TCC TTT TGC GTT TTT C-3'; and β-actin sense, 5'-GTT ACA GGA AGT CCC TCA CCC-3' and anti-sense, 5'-CAG ACC TGG GCC ATT CAG AAA-3'. Data were analyzed using the comparative Cq (2^-∆∆Cq) (20).

Western blotting. Total protein was obtained from liver tissue with a triple detergent RIPA buffer (Solarbio, Wuhan, China) containing a protease inhibitor cocktail and nuclear protein was obtained from liver tissue with nuclear and cytoplasmic protein extraction kit (Beyotime Institute of Biotechnology, Beijing, China) according to the manufacturer's protocols. Approximately 40 µg of proteins were separated by 10% SDS-PAGE and transferred onto polyvinylidene membranes. Membranes were blocked with 5% skimmed milk in PBS at room temperature for 2 h and then incubated with the corresponding primary antibodies: p-AKT (ser473; ab81283; 1:1,000), p-FOXO3a (ser253; ab47285; 1:1,000), FOXO3a (ab109629; 1:1,000), NF-xB (ab16502; 1:1,000), Bcl-2 associated X apoptosis regulator (Bax; ab32503; 1:1,000), Bcl-2 apoptosis regulator (Bcl-2; ab59348; 1:1,000; all from Abcam, Cambridge, UK), p-NF-xB inhibitor α (IKBα; ser32; 2859; 1:1,000; Cellular Technology Ltd., Cleveland, OH, USA) at 4˚C overnight. Membranes were then washed with Tris-buffered saline-Tween repeatedly and incubated with secondary antibodies (SE132; 1:3,000; Wuhan GuGe Biotechnology, Wuhan, China) at room temperature for 45 min. Enhanced chemiluminescence (Wuhan Sanying Biotechnology, Wuhan, China) was used to visualize the immunoreactive bands. Signal intensities of all protein bands were assessed by the Quantity One software version 4.62 (Bio-Rad Laboratories, Inc., Hercules, CA, USA). Anti-rat β-actin (K006153P; 1:3,000; Wuhan GuGe Biotechnology, Wuhan, China) and TATA-box binding protein (22006-1-AP, 1:3,000; Wuhan Sanying Biotechnology) were used as internal controls.

Statistical analysis. All data are expressed as the mean ± standard deviation (n=8/group). Comparison between two groups were performed using Student’s t-test, while the differences among ≥3 groups were analyzed by one-way analysis of variance for post hoc multiple comparisons. P<0.05 was considered to indicate a statistically significant difference.

Results
Mild hypothermia pretreatment does not damage hepatocellular function. The hepatocellular function was analyzed in rat livers subjected to mild hypothermia pretreatment without any operation. As presented in Fig. 1A, there was no difference in the sALT level between the N and MH group (94.23±4.18 vs. 93.85±2.38 IU/l). These data were supported by H&E staining (Fig. 1B). The MH group and N group did not exhibit sinusoidal congestion, vacuolization or necrosis. These data indicated that only giving mild hypothermia pretreatment would not damage hepatocellular function, thus, the effects of mild hypothermia pretreatment only were not examined further.
Mild hypothermia pretreatment protects the liver against IRI.

The hepatocellular function was analyzed in rat livers subjected to 60 min of warm ischemia followed by 6 h reperfusion. As presented in Fig. 2A, sALT levels in the MH + IR group decreased compared with the NH + IR group (414.65±12.74 vs. 943.52±32.3 IU/l). These data were supported by Suzuki’s histological grading of liver IRI (Fig. 2B and C). Indeed, mild hypothermia pretreatment resulted in minimal liver sinusoidal congestion, vacuolization and necrosis (score, 4.5±0.93; Fig. 2B and C). By contrast, untreated livers (NH + IR) exhibited severe edema and extensive hepatocellular necrosis (score, 10.25±0.7; Fig. 2B and C). However, the protective effect of mild hypothermia pretreatment was blocked when rats were pre-treated with Ly294002 (885.2±14.51 IU/l, Fig. 2A; and score, 9.25±0.89, Fig. 2B and C).

Mild hypothermia pretreatment activates PI3K/AKT/FOXO3a signaling in liver IRI. To further investigate the role of PI3K/AKT/FOXO3a signaling in liver IRI protection by mild hypothermia pretreatment, the expression levels of FOXO3a mRNA and p-AKT, p-FOXO3a and nuclear FOXO3a protein were determined. When compared with the NH + IR group and Ly + MH + IR, mild hypothermia pretreatment increased p-AKT and p-FOXO3a protein (Fig. 3A-C). Notably, the mRNA and nuclear FOXO3a protein expression were significantly reduced in the MH+IR group compared with the NH + IR group and Ly + MH + IR group (Fig. 3A, D and E).

Mild hypothermia pretreatment promotes anti-apoptotic function and reduces hepatocellular apoptosis in liver IR injury. In order to study the protective effect of mild hypothermia pretreatment against cell death induced by IR, the expression of anti-apoptotic (Bcl-2) and pro-apoptotic (Bax) proteins was determined. Indeed, the Bcl-2 protein expression was MH + IR group markedly increased in the ischemic liver compared with the NH + IR or Ly + MH + IR group (Fig. 3A and F). Furthermore, the expression of Bax was lower in the NH + IR group compared with the NH + IR or Ly + MH + IR group (Fig. 3A and G). Hepatocellular apoptosis was also determined using TUNEL staining. Mild hypothermia pretreatment decreased the number of TUNEL-positive cells compared with NH + IR or Ly + MH + IR (Fig. 4A and B).

Mild hypothermia pretreatment inhibits the release of proinflammatory mediators in liver IRI. IR activates a redox sensitive transcription factor NF-κB and the activation of NF-κB induces the expression of proinflammatory mediators. Whether mild hypothermia pretreatment contributed to inhibit this was investigated. As presented in Fig. 3A and I, when compared with the NH + IR and Ly + MH + IR groups, mild hypothermia pretreatment reduced p-IKBα protein, and decreased protein and mRNA expression of NF-κB (Fig. 3A, H and J). The MPO assay reflecting liver neutrophil activity (U/g) was reduced in the MH + IR compared with the NH + IR or Ly + MH + IR group (Fig. 5A). Similar changes were obtained for the effects of mild hypothermia pretreatment on IL-1β, TNF-α and IL-6 (Fig. 5B-D).

Discussion

Organ damage by IR is associated with high morbidity and mortality. Accordingly, it is necessary to formulate treatment strategies for curing this disease. This has initiated numerous attempts to improve tissue protection against IR injury of the liver e.g., through ischemic preconditioning, pharmacological agents, hypothermia and so on. Mild hypothermia has achieved...
Figure 3. Mild hypothermia pretreatment activates phosphatidylinositol-3-kinase/AKT/FOXO3a signaling in liver IR injury. (A) Western blot analysis of p-AKT, p-FOXO3a, Bcl-2, Bax, p-IKBα and NF-κB; with β-actin as an internal control. Western blot analysis of nuclear FOXO3a and TBP served as an internal control. Band density of (B) p-AKT, (C) p-FOXO3a, (D) FOXO3a were measured, and p-AKT and p-FOXO3a were normalized to that of β-actin, FOXO3a was normalized to TBP. (E) RT-qPCR used to detect mRNA coding for FOXO3a. Data were normalized to β-actin gene expression. (F) Bcl-2, (G) Bax, (H) NF-κB and (I) p-IKBα were measured and normalized to that of β-actin. (J) RT-qPCR used to detect mRNA coding for NF-κB. Data were normalized to β-actin gene expression. Values are expressed as the mean ± standard deviation (n=8/group). **P<0.05 NH + IR group vs. MH + IR group, #P<0.05 Ly + MH + IR group vs. MH + IR group. p-, phospho; IKBα, NF-κB inhibitor α; Bcl-2, Bcl-2 apoptosis regulator; AKT, protein kinase B; FOXO3a, forkhead box O 3a; TBP, TATA-box binding protein; S, sham; MH, mild hypothermia pretreatment; IR, ischemia/reperfusion; NH, normothermic pretreatment; Ly, Ly294002.

Figure 4. Mild hypothermia pretreatment promotes anti-apoptotic function and reduces hepatocellular apoptosis in liver IR injury. (A) TUNEL staining (magnification, x400). (B) The number of TUNEL-positive cells were counted from the liver section HPF. Values are expressed as the mean ± standard deviation (n=8/group). *P<0.05 vs. S group, #P<0.05 vs. MH + IR group. S, sham; MH, mild hypothermia pretreatment; IR, ischemia/reperfusion; NH, normothermic pretreatment; Ly, Ly294002; TUNEL, terminal deoxynucleotidyl transferase dUTP nick-end labelling; HPF, high power field.
good results in animal models of brain ischemic injury (21). In addition to improvements in brain ischemic injury, artificial hypothermia can significantly reduce ischemic damage of other organs, including the liver, kidney and myocardium (22,23). Four large-scale prospective randomized controlled trials reported that mild hypothermia improved neural function in patients with cardiac arrest caused by ventricular fibrillation. The majority of previous studies (8,9,24) have focused on investigation of therapeutic hypothermia (32-34°C). However, in selective cases the application of mild hypothermia pretreatment may outweigh the risks, whereas fewer studies have been conducted using this method. The current in vivo study demonstrated that mild hypothermia pretreatment ameliorated liver IR and improved hepatocellular function, as evidenced by its ability to reduce sALT levels, histological liver damage, neutrophil activity and pro-apoptosis molecules, such as Bax, and upregulates anti-apoptotic protein Bcl-2 (28,29). The results of the current study demonstrated that liver IR injury leads to increased MPO activity. The results of the present study demonstrated that liver IR injury leads to increased MPO activity and to control oxidative stress and apoptosis in various cell types, and are regulated via phosphorylation by p-AKT (16). Without growth factor stimulation, FOXO3a is located in the nucleus and functions as a transcription factor. Once the PI3K signaling cascade is activated, FOXO3a is phosphorylated by p-AKT, reducing its DNA-binding capacity and exports p-FOXO3a from the nucleus to the cytoplasm, where it is degraded following ubiquitination (25). Previous studies (26,27) have reported that PI3K/AKT pro-survival signaling is essential in heart and brain ischemic injury. IR causes inactivation of AKT, thereby decreasing phosphorylation of FOXO3a. However, once FOXO3a is phosphorylated, it is translocated into the cytoplasm, which downregulates the expression of pro-apoptotic molecules, such as Bax, and upregulates anti-apoptotic protein Bcl-2 (28,29). The results of the current study demonstrated that IR insult downregulated the expression of p-AKT, whereas mild hypothermia pretreatment would block it. When compared with the NH + IR and Ly + MH + IR groups, mild hypothermia pretreatment increased p-AKT protein. The latter phosphorylated FOXO3a, increased, resulting in the reduction of its DNA-binding capacity and export of p-FOXO3a from the nucleus to the cytoplasm, and decreased nucleus FOXO3a protein and mRNA, subsequently the expression of anti-apoptotic Bcl-2 was increased and pro-apoptotic Bax protein was deceased. There data was further confirmed by a TUNEL assay, which demonstrated that the number of apoptotic cells was increased in the NH + IR group compared with the MH+IR group ischemic liver samples. By contrast, ablation of PI3K/AKT signaling with Ly294002 depressed p-AKT, p-FOXO3a and Bcl-2; yet enhanced nuclear FOXO3a and Bax, and the number of apoptotic cells compared with the MH + IR group. Thus, mild hypothermia pretreatment-mediated PI3K/AKT/FOXO3a signaling is essential to protect hepatocytes against IR-induced apoptotic.

FOXO3a signaling is known to induce proinflammatory cytokine gene expression, and it can regulate innate immune functions in respiratory epithelial cells (30). It is possible that mild hypothermia pretreatment attenuated inflammation response following IR injury via PI3K/AKT/FOXO3a signaling. Initially, liver IR triggers macrophage activation and neutrophil recruitment leading to aseptic inflammation (31). MPO assay is a measure of liver neutrophil activity. The results of the present study demonstrated that liver IR injury leads to increased MPO activity, whereas mild hypothermia pretreatment suppress MPO activity. However, blocking the effects of mild hypothermia with Ly294002 reversed the process. NF-κB is a ubiquitous inducible transcription factor, which induces target gene expression and promotes inflammatory responses (32). Numerous studies (33,34) have reported strong evidence that NF-κB has a crucial role in tissue inflammatory responses during the pathogenesis of IR. NF-κB knockout mice developed less ischemia damage following permanent focal insult (35). Increasing FOXO transcriptional activity enhances TNF-α and IL-1β production, whereas activation of NF-κB increases FOXY binding to the TNF-α and IL-1β promoters, indicating NF-κB regulation of FOXY-mediated regulation of proinflammatory cytokines (36). In the current study, mild hypothermia pretreatment inhibited FOXO3a transcriptional activity, and ischemia resulted in increased p-IKBα, which reduced the level of NF-κB and thus blocked activation of the NF-κB pathway that may attenuate inflammation though the regulation of proinflammatory cytokines (such as TNF-α, IL-1β and IL-6). Furthermore, blocking PI3K/AKT with Ly294002 led to increased NF-κB transcription and TNF-α, IL-1β and IL-6 release, with similar results to the NH + IR group. The results demonstrated that inactivation...
of FOXO3a by mild hypothermia pretreatment can attenuate inflammation by regulation NF-κB activation and proinflammatory cytokine release. In conclusion, the present study provided evidence that in vivo mild hypothermia pretreatment provides an efficient tool to protect the liver by inhibiting the degree of apoptosis and inflammation injury in the IR, leading to improved hepatic function, which may be due to activation of the PI3K/AKT/FOXO3a pathway. The study provides a rationale for novel therapeutic approaches for the management of hepatic inflammation injury in the IR, leading to improved hepatic function, which may be due to activation of the PI3K/AKT/FOXO3a pathway.

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