Three Dimensional Simulations of the Core Helium Flash - with Rotation

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We continue our study of the core helium flash using the three dimensional hydrodynamics code *Djehuty*. Continuing from earlier calculations, we now take relaxed 3D configurations and add various amounts of rotation. We find that rotation periods consistent with those observed in white dwarfs produce negligible changes in the structure and evolution of the core flash, at least for the very small timescales we have yet been able to investigate. There is no sign of any extra mixing due to the rotation. There is some inconclusive evidence for a slight change in the luminosity, at the 1% level.

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1. Introduction

The core Helium flash remains one of the most challenging phases for computational stellar astrophysics, at least for low mass stars. The combination of high degeneracy and highly temperature dependent reactions provides for near-explosive behaviour, and yet observations show that the stars survive this phase to continue life on the horizontal branch, burning He in a quiescent manner. Many of the assumptions that are common in spherically symmetric hydrostatic codes may well be violated during the core flash: hydrostatic equilibrium itself being one such assumption, spherical symmetry another, and instantaneous mixing being yet another. Even if a diffusion equation is used for mixing, the timescale for change is so short that it casts doubt on the applicability of that regime. Indeed, all convection models, and associated energy transport, are highly suspect under such conditions. There is no substitute for direct hydrodynamical calculations of this phase.

2. Previous Multi-Dimensional Calculations

There have been precious few calculations of the core flash in more than one dimension, reflecting the computational demands of such a project. The pioneering work of Bob Deupree and Peter Cole ([1] and references therein) suffered from the computational limitations of the day, but nevertheless made some important discoveries. Perhaps the most important was that there was significant overshoot of the convective regions inwards, mixing closer to the core than found in the 1D models. This has important implications for models of novae, for example (see the paper by Jordi Jose, at this meeting). It may also mean that the mini-pulses seen in the 1D models, which are required to burn the He all the way into the centre of the star, do not in fact develop in real stars.

Our own previous calculations of the core flash with the Djehuty code also confirmed this ([2]). Over the time of our calculations we found that the 3D models reproduced quite accurately the structure found in the 1D model. Sonic perturbations resulting from the mapping from 1D to 3D result in large oscillations in the stars and various amounts of damping are required to try to remove these temporary transients. We have not (yet) been able to run our calculations far enough to verify that the maximum extent of the convective motions in the 3D code match those found in the 1D calculation, but we did verify the overshoot inwards previously found by Deupree (see Figure 1). We found that there was no tendency for deviations from spherical symmetry, even in the case where artificial and large temperature perturbations were applied. There is also a tendency for the 3D model to show luminosities that are about a factor of two lower, but this could be the result of many effects, such as the transients associated with the mapping to 3D or the start of convective motions, coupled with the very high temperature dependence of the triple alpha reaction. Recall that initially the luminosity jumps briefly, due to exactly these effects, and this initiates an expansion which we would expect to result in a slightly lower energy output until the configuration relaxes back to its stable state. Further calculations are required to clarify this.

3. The Djehuty Code

We make use of the Djehuty hydrodynamical code developed at Lawrence Livermore National Laboratory. This is an explicit 3D code, using the ALE (Arbitrary Lagrange-Eulerian) mesh
scheme, which is second order in both space and time. It includes all of the essential physics usually seen in codes for calculating stellar interiors: detailed equation of state, opacities covering the appropriate temperature range (including low temperatures and conductive opacities), a suite of some 21 nuclear species, radiative diffusion, and self-gravity (assumed spherically symmetric at present). Note that this assumption would be expected to slow the growth of any non-spherical perturbations. We do not see any form, but we are aware that this is a limitation of the present implementation of the code.

Our initial model comes from a 1D calculation that uses the same input physics, thus minimizing the transients associated with a change of code. Nevertheless, some perturbations introduced necessarily in the transfer to a 3D grid. These generate sonic waves that can bounce around the simulation for quite some time. Further, although the 1D code tells us where convection is expected (at least, according to the Schwarzschild criterion) this does not help us in initializing the convective regions in the fully hydrodynamical code. In the latter case, motions are driven by convective buoyancy and we must wait for the code to determine the resulting flow patterns. This also leads to transients which must be damped, using the technique discussed in [2].

4. Adding Rotation

To begin our investigation of the effects of rotation, we took one of the non-rotating models near the peak of the He flash (E9 in the terminology of [2]); this model had a luminosity of approximately $3 \times 10^9 L_\odot$ in the 1D case, and had been taken forward some 3660 second in the full 3D code. At this stage the luminosity had settled down to about $1.7 \times 10^9 L_\odot$. At this stage we
introduce solid body rotation. Of course, even if we believe the rotation to be solid-body at the
time of the core-flash, we would expect some modifications to that soon after. We ignore these
for now. We use three different periods: Spin1 with a period of 4.8 hours, Spin2 with a period of
1.6 and Spin3 with a period of 0.87 hours. These cover the periods typically seen in white dwarfs
[3]. As seen in Figure 2, the centrifugal acceleration thus introduced is still a tiny fraction of the
gravitational acceleration, at least in the core of the star. The rotational velocities at the edge of
the core are of order 2, 6 and 12 km/sec respectively, and this should be compared with the typical
convective motion speeds of about 40 km/sec. All of these considerations lead us to predict that
rotation will not have a dramatic effect on the structure of the core flash. (Sadlly, we cannot take
the calculations far enough to discuss the *evolution* of the core flash.)

Initially, the Spin1 case is indistinguishable from the non-rotating case. But gradually it set-
tles down to a slightly higher luminosity. We speculate that this is due to the limited ability of
convection to transport energy vertically in the rotating case. As a plume rises, it begins to curve
to the side from Coriolis forces. As a result it must penetrate more surrounding material to reach
the same height. We believe that this reduces the rate at which energy is spread from the very thin
burning region at the bottom, resulting in a somewhat higher luminosity. After some 2000 seconds
of star time the luminosity is 0.50% higher than in the non-rotating case, although the fluctuations
are typically 0.36%. Case Spin2 increased its luminosity also, but by only 0.29% whereas Spin3
decreased by a tiny 0.03%. We are not yet convinced of any systematic trend with rotation rate.

Figure 3 shows how the speed varies with radius for Spin3. The initial imposed rotation profile is shown, together with the average over four (only!) rays from the centre. One can see that the motion is largely following the initially imposed rotation except in the convective regions where the velocity magnitude is independent of radius, and also shows that convection has extended inwards, eating into the core, as found by Deupree and co-workers as well as in our earlier calculations.

Our final figure shows a contour of $^{18}\text{O}$ from the Spin3 run at the level of $4 \times 10^{-4}$. The 1D code used for the initial configuration does not include $^{18}\text{O}$ so there is none in the simulation initially. However, the 3D code allows for alpha captures on $^{14}\text{N}$ so the resultant $^{18}\text{O}$ is a good tracer of the edge of the helium burning region. Figure 4 shows one $^{18}\text{O}$ convective "plume" that has risen and then twisted as a result of the rotation in the core. The shear stops the plume from rising very far, at this stage. We see many such plumes, typically rising 3000km in about a minute.

The growth of the extent of the convective regions is very similar to the case when rotation is not present. For example, the case E9 saw convection extend by 451km in 2000 seconds, and Spin1 grew by 458km over the same time. The outer boundary of the convection is a little less smooth in the rotating case, but there is, as yet, no evidence for enhanced mixing. Further calculations are needed to expand on this point, and will be the subject of a separate publication.

5. Conclusions

We have presented some preliminary results from an investigation of rotating models of 3D
core helium flash simulations. We imposed solid-body rotation profiles at rates consistent with the fastest observed white dwarf rotation periods. The effects of such rotation rates are minimal, at least on the helium burning and convecting region, and over the short timescales covered by our calculations (approximately 2000 seconds).

We see sort-lived hot-spots and rising convective plumes, but no evidence (yet) for enhanced mixing. There is a slight effect on the luminosity, of order 1%, but no consistent trend is observed.

Further calculations are in progress.

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