Does the Global Outbreak of COVID-19 or Other Viral Diseases Threaten the Stem Cell Reservoir Inside the Body?

Hesam Saghaei Bagheri 1 · Mohammad Karimipour 1 · Morteza Heidarzadeh 2 · Hadi Rajabi 1 · Emel Sokullu 2,3 · Reza Rahbarghazi 1,4

Accepted: 13 December 2020 / Published online: 5 January 2021
© Springer Science+Business Media, LLC, part of Springer Nature 2021

Abstract
The COVID-19 pandemic has profoundly influenced public health and contributed to global economic divergences of unprecedented dimensions. Due to the high prevalence and mortality rates, it is then expected that the consequence and public health challenges will last for long periods. The rapid global spread of COVID-19 and lack of enough data regarding the virus pathogenicity multiplies the complexity and forced governments to react quickly against this pandemic. Stem cells represent a small fraction of cells located in different tissues. These cells play a critical role in the regeneration and restoration of injured sites. Because of their specific niche and a limited number of stem cells, the key question is whether there are different anti-viral mechanisms against viral infection notably COVID-19. Here, we aimed to highlight the intrinsic antiviral resistance in different stem cells against viral infection. These data could help us to understand the possible viral infections in different stem cells and the activation of specific molecular mechanisms upon viral entrance.

Keywords COVID-19 · Stem cells · Mature cells · Anti-viral defense system

Background
The global emergence of human coronavirus disease, namely COVID-19, with severe bronchopneumonia and respiratory symptoms raised concerns about public health at the beginning of 2020 [1–3]. According to released statistics, SARS-CoV-2 is easily spread from person-to-person with deep socio-economic influences on healthcare systems [4, 5]. The rapid worldwide spread of COVID-19 between human societies has led to enormous pressure on the health care system and changed the auspices toward therapeutic priorities [6]. Transplant patients are a certain population that needs unique and special health care systems [7]. Considering the urgent need for potent regenerating cells and biological products, this raises the question of whether stem cells within different tissues, especially bone marrow stem cells, could transmit the SARS-CoV-2 virus from person-to-person. In other words, are there any differences or similarities in the susceptibility of differentiated and undifferentiated cells to viral infections such as COVID-19? Of course, here is assumed all hygienic principles are toughly respected during cell transplantation to minimize the transmission of COVID-19 among individuals.

In this regard, the present review article aimed to address the possible differences in antiviral defense system between differentiated and undifferentiated cells. The logical answer to this question can acknowledge us to exploit policies against this COVID-19 in healthy donors and transplant recipients.

COVID-19 Pathophysiology and Mechanism of Action
SARS-CoV-2 belongs to the B lineage of the β-coronaviruses [8]. The virus is enveloped in a spherical nucleocapsid. The...
genomic pool of SARS-CoV-2 consists of + ssRNA in association with nucleoprotein inside a capsid shell [9]. At the external surface of the envelope, numerous projections (Spike proteins) and glycoproteins (hemagglutinin) are seen. Using spike proteins, the SARS-CoV-2 could attach to surface receptor ACE2 on the target cells (Figs. 1 and 2) [10]. In general, infection with SARS-CoV-2 contributes to the onset of inflammation in the human upper and lower respiratory tract [3]. Nearly a few months after the onset of COVID-19 disease, people with acute atypical respiratory disease and pneumonia refer to the hospitals and clinical settings. According to clinical observations and the susceptibility of patients, mild, moderate, severe, and critical forms of the COVID-19 disease have been recorded [8]. In the mild form, minor respiratory and gastrointestinal symptoms are common. The patients with moderate form are diagnosed with a lack of prominent hypoxemia while CT imaging exhibits some lesion inside the pulmonary tissue. In the severe forms of COVID-19 disease, patients suffer from severe hypoxemia and acute pneumonitis. With the progression of symptoms and the occurrence of critical form, an acute respiratory distress syndrome was initiated followed by renal and myocardial injury, encephalopathy, and coagulation disorders [8]. The surface ACE2 receptors account for the cellular entry of SARS-CoV-2. This virus uses the serine protease termed TMPRSS2 for priming S protein [11]. Like other cells, the ACE2 receptor is present on the surface of respiratory epithelial cells which makes these cells more susceptible to SARS-CoV-2 infection rather than cells with low levels of ACE2 receptor [12]. This coronavirus harbors a nucleocapsid with 30 kb + ssRNA [13, 14]. The whole-genome sequence of SARS-CoV-2 is greatly identical and unique [15, 16]. It has been thought that the main pathological effects of the coronaviruses correlate with + ssRNA with a 5'-cap structure and 3'poly-A tail [17–19]. After entry into the target cells, RNA plays as a template sequence to translate the non-structural

Fig. 1 SARS-CoV-2 is encased within a fatty membrane (envelop) and has a very large genomic pool with nucleotides around $3 \times 10^4$. The viral structure is composed of membrane protein, nucleoprotein, envelope small membrane protein, hemagglutinin, single-strand positive sensel RNA, and spike glycoprotein (a). Two types of cup-shaped spike glycoproteins subunits S1 and S2 are present on the viral surface which attach the viral body to the host cellular receptor ACE-2 (b). Membrane protein = M; Nucleoprotein = N; Envelope small membrane protein = E; and Hemagglutinin = HE. The illustration was created with BioRender.com
polyproteins like replicase polyprotein 1a and 1ab [20]. The complex of polyprotein 1a/1ab and sgRNAs sequences acts as a replicon-transcription machinery system that is surrounded by a primary double-membrane vesicle [21]. The transcription regulatory sequence, namely ORF, controls the production of subgenomic mRNAs [22, 23]. Among different ORFs identified in the whole genome segments, the sequence located between the ORF1a and ORF1b plays a critical role in the transcription and translation of polypeptides 1a and 1ab. These proteins are further modified by viral chymotrypsin-like protease, Mpro, and two papain-like proteases [10, 14]. Along with ORF1a and 1b, other ORFs participate in the synthesis of different structural polypeptides such as envelope, external spike, viral membrane peptides, and nucleocapsid [24]. The previous experiments have shown that the variety of protein products is closely associated with the activity of sgRNAs [25–27]. Once a cell is infected with coronaviruses, the cytopathic effects are detectable in the host cells due to the activity of both viral structural and functional proteins. In support of this notion, detailed investigations of viral pathogenesis revealed that the non-structural proteins could prohibit the innate immune system activity [28]. It has been established that the activity of spike glycoproteins is essential to make a physical connection between virions and the host cell receptor. Spike proteins are classified into main subunits namely S1 and S2 [29]. The subunit S2 possesses a transmembrane domain and a cytoplasmic
tail with a fusion-like activity and is highly conserved among all members of the family Coronaviridae [30]. On this basis, many pharmaceutical interventions target S2 as the main anti-viral therapeutic medication [31]. The estimated mutation rate is high within the genomic pool of SARS-CoV-2 and other RNA viruses which supports rapid expansion and transmission to human and other species [32]. The proliferation and site-direct activity of SARS-CoV2 in the host cells are set actually by absolute mutations. In most COVID-19 confirmed cases, severe pulmonary inflammation has been reported to coincide with excessive activity of immune cells [33]. Polyclonal recruitment of immune cells with disturbed activation thresholds and cytokine release contribute to irreversible tissue injury (Fig. 2) [34, 35]. Cytokine array analysis has revealed that IL-6 is the ringmaster of this story. B lymphocytes and numerous cells within the tissues are capable of IL-6 production and release. This cytokine accelerates the differentiation of B lymphocytes into inflammatory cells and increases a fraction of cell populations required for acute phase reactions [36, 37]. Elevated local levels of IL-6 in the target tissues after infection with SARS-CoV-2, mainly lungs, trigger the synthesis and release of acute-phase proteins and intensify pathological changes [38].

**Antiviral Mechanisms of Stem Cells**

As a common belief, stem cells are undifferentiated multipotent cells with the potential to commit toward multiple cell types. This capacity is referred to as trans-differentiation [39]. These cells commonly enter the asymmetrical division to produce a large number of the same cell phenotype to self-renew and maintain tissue homeostasis [40, 41]. The main question is whether the sensitivity of stem cells and other cell types varies against certain viral infections and there are distinct sets of antiviral responses and innate immunity in stem cells enabling them to reduce the risk of viral infection. If we hypothesize an equal probability between differentiated and undifferentiated cells of being infected by a certain virus, thus stem cell sources will be eliminated in the not too distant future. The potential reasons why the prominent antiviral responses are integral to stem cells supported by evidence has been gathered from previously published studies [42]. Given the inability of viruses like myxoma virus, West Nile virus, and cytomegalovirus, to infect stem cells, one could propose that these cells are armed with rapid anti-viral clearance systems [42, 43]. Such defense shields allow stem cells to be in a constant state of health after exposure to different external stimuli (Fig. 3; Table 1) [44–46]. This notion also derives from the fact that stem cells can produce functional cells and are capable of repopulating injured cells under pathological conditions [47]. Of course, stem cells are variably permissive and susceptible to different viruses and favor diverse responses after infection. For instance, it has been shown that human hematopoietic stem cells could be infected with retroviruses and herpesviruses [48]. This process could lead to the selective loss of certain stem cell types in a distinct niche, showing relative resistance of different stem cells to certain viral infections. Preliminary evidence of human NSCs infected with cytomegalovirus was presented previously. Although NSCs were permissive for cytomegalovirus, the replication of the virus was prohibited at the levels of the immediate-early
| Stem Cell type                          | Effector                                         | Mechanism of action                                                                 | Ref |
|----------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------------------|-----|
| Mouse ESCs, iPSCs, hiPSCs, TSCs, MSCs, NSCs, and PnSCs | RNA interference (RNAi) pathway                   | Viral RNA synthesis ↓                                                                  | [42, 61, 62] |
| Mouse ESCs, iPSCs, PSCs                | Dicer-1 and Dicer-2                               | miRNA biogenesis and siRNA biogenesis†                                                 | [63–65] |
| Human iPSCs, TSCs, mouse ESCs, iPSCs   | Argonaute (Ag0)                                   | Formation of RNA-induced silencing complex (RISC) ↑                                    | [42, 66] |
| Somatic stem cells, ESCs, TSCs, skeletal stem cells, iPSCs, MSCs, NSCs, and PnSCs | Component 3 Promoter of RISC                    | Activation of RISC ↑, Argonaute2 (Ag0)-associated RNAi†                                | [62, 67] |
| iPSCs, MSCs, NSCs, and PnSCs           | Ars2 and heat shock proteins                      | siRNA biogenesis†, RNA-protein complexes ↑, Conformational changes during RISC loading↑| [68–70] |
| SoSCs                                  | piRNA                                            | Antiviral defense↑                                                                     | [69, 71] |
| ESCs and respiratory epithelial cells  | RNase-III enzyme Dicer-2                          | Recognition of cytoplasmic dsRNA↑                                                      | [72, 73] |
| ESCs                                   | miRNA                                            | miRNA-induced silencing complex (miRISC) attachment to target sites in the 3’ untranslated regions (UTR) of mRNAs↑, translational repression↑, de-adenylation↑, and mRNA decay↓ | [74–76] |
| NSCs                                   | interferon-α/β receptor (IFNAR)                  | JAK-STAT pathway↑                                                                      | [77–79] |
| Primary stem cells, NSC, Human ESCs    | Interferon stimulated genes (ISGs)               | Viral replication↑, Adaptive immune response↑, transcription of Mx1, and RIM5↑, translation of PKR, IFIT family members, OASL↑, RNA degradation and apoptosis (RNase L)↑ | [80, 81] |
| NSCs, MSCs, mouse ESCs                 | Type I IFNs                                       | Chemokine release↑, Antigen presentation by innate immune cells↑, antibody production↑, and T cell responses↑ | [82, 83] |
| NSCs, MSCs, mouse ESCs                 | TLR3, RIG-1, and MDA5                            | Recognition of viral dsRNA↑, IFR3↑, IFR7↑, and NF-kB↑, IFN↑                           | [78, 83, 84] |
| HSCs, ESCs, iPSCs, germ layer cells    | ISG12                                            | Cell death↑, Cytochrome C release↑, Caspase activation↑                                 | [46, 85] |
| Mouse ESCs, HSCs, ESCs, iPSCs          | OAS1                                             | Innate immune response to viral infection↑, RNase L activity↑, Viral RNA degradation↑   | [46, 86–88] |
| iPSCs, ESCs, MSCs, NSCs derived from iPSCs | DNA sensors absent in melanoma 2 (AIM2)          | Activation of the NLRP3 inflammasome↑, production of IL-1β↑                            | [89–91] |
| ESCs, iPSCs                            | Protein kinase R (PKR)                           | Virus translation↑, Protein phosphorylation↑, Innate immune responses↑                  | [92, 93] |
| Human ESCs, HLCs, multipotent germ layer cells, human hiPSCs, TSCs, HSCs, NSCs, MSCs | IFITM1, IFITM3, EIF3L, and BST2                  | Replication of viruses↑, Cytosolic entry↓                                               | [94] |
| Human ESCs, HLCs, multipotent germ layer cells, human iPSCs, TSCs, HSCs, NSCs, MSCs | IFN Response and IFN pathway                     | Phosphorylation and nuclear import of IRF-3↑, Post-transcriptional processing of cellular antiviral pre-mRNAs↓, dsRNA binding properties↓, RNA processing↓, trafficking ↓, translational ↓, Activation of NF-kB, IRF3 and IRF7 and ISGs↑ | [94, 95] |
| Bone marrow MSCs, HSCs, ESCs, iPSCs    | IFIT family                                      | Recognition of 5’ triphosphate↑, Viral protein translation↓                            | [46, 98–100] |
| HSCs, ESCs, iPSCs, germ layer cells.   | Ribonuclease L (RNase L)                          | Single-stranded RNA degradation in U-rich sequences↑, Antiviral innate immunity↑       | [101–103] |
| Mouse ESCs, and human ESCs             | Ribonuclease L (RNase L)                          |                                                                                       |       |
| Human ESCs, HLCs, multipotent germ layer cells, human iPSCs, TSCs, HSCs, NSCs, MSCs | Interferon regulatory factor 3 (IRF3)            | Glial cytokine expression↑, pro-inflammatory cytokines↓, Anti-inflammatory or immunoregulatory cytokines↑ | [46, 104] |
| Glioma stem cells                      | Interferon Regulatory Factor (IRF-7)             | Antiviral responses↑ and NF-kB expression↓                                             | [105, 106] |
| CySCs, Germline stem cells             | JAK/STAT pathway                                 | Upregulation of ISGs↑                                                                  | [107, 108] |
| HSCs, ESCs, iPSCs, germ layer cells.   | Interferon-inducible transmembrane proteins (IFITMs) | Cytosolic entry↓                                                                     | [46, 109–111] |
| ESCs, HSC, multipotent adult stem cells, BMSCs, Skeletal stem cells, SoSCs | Bone marrow stromal antigen 2 (BST-2)           | Inoculation site viral load↓, Viremia↓, and lymphoid tissues tropism↓                  | [112, 113] |
In this line, several intricate resistance mechanisms with tissues and triggers subsequent aging and functional defects stem cell pool per se shows that these cells might act as a reservoir for the cyto-megalovirus. If we propose the lack of highly resistant mechanisms inhibiting the cellular machinery that regulate virus proliferation. Importantly, the stimulation of target cells with IFNs affects the normal function of stem cells [58]. Yet, the detrimental effects of viral infections on differentiated cells and the dynamic interaction of these cells with stem cells have not been elucidated completely. Commensurate with these descriptions, it would not be nonsense to say that antiviral resistance is vital to each cell type and is distinctively regulated between stem cells and differentiated cells [42, 59, 60]. Progress in our data about stem cell biology has highlighted the crucial impact of several anti-viral defense mechanisms in these cells once exposed to the viruses. In the below sections, we highlighted the putative anti-viral mechanisms used by the stem cells.

**Interferon Associated Signaling Pathways and Antiviral Activity in Stem Cells**

Most of the cells use different mechanisms to prohibit the infection with various intracellular agents. IFN signaling cascade is the cellular defense in the frontline which is commonly engaged by most cell types [129, 130]. IFN signaling is activated against the dsRNA of different viral masses except for retroviruses. Immediately after attachment of the virions to cell membrane-bound receptors, such as TLR-3, MDA5, and RIG-I, the expression of downstream effectors, mainly IRF-3, -7, and NF-κB increased, leading to bulk production of IFNs [84]. In the next step, IFN is released from the target cells and alert cells in autocrine and paracrine manners [131]. Upon IFN binding to receptors, activation of the JAK/STAT pathway can lead to the expression of multiple genes commonly termed ISGs [78]. ISGs initiate diverse intracellular anti-viral mechanisms inhibiting the cellular machinery that regulate virus proliferation. Importantly, the stimulation of target cells with IFN activates specific proteins which in turn limit horizontal transmission of viruses through the cell membrane [132]. For instance, the IFITM protein, as innate effector proteins, restrict cell entry of enveloped viruses. Along with IFITM activity,
another peptide so-called BST2 prohibits the evasion of virions from infected host cells to other cells [133]. At the genetic levels, IFN ignites the production of non-coding RNAs consisted of long non-coding RNAs, microRNAs, and circular RNAs [134].

Despite the occurrence of these molecular pathways inside most mature cells, it is thought that stem cells are exceptional to some extent concerning viral infection. Evidence points out the intensity and durability of IFN-related responses are different in stem cells than that of most mature cells. The data suggested the absence of IFN synthesis in stem cells after the exposure to active viral particles or incubation with poly I: C (a mimic of dsRNA) [135]. This apparent discrepancy could be explained by different factors. It should be suggested that strong tolerance and higher thresholds are seen in stem cells for viral infections and these cells could lower the concentration of cellular effectors which are critical for viral replication [43].

Based on a recent study, it has been shown that the absence of effective IFN-related responses in multipotent cells is linked to a lack of diverse signaling effectors [86, 136]. Unlike immortalized cells such as HeLa cells, human ESCs harbor lower contents of dsRNA biological sensors such as TLR3, MDA5, OAS1, and PKR [86]. Attempts to show the potential importance of stemness in restricting viral infection did reveal that stem cell commitment toward hepatic and neural lineages induces the production of dsRNA sensors such as MDA5 and OAS1, which provides essential elements for viral replication [115]. Of course, the potency of negative regulators in viral replication in different stem cells should not be neglected [115]. As described by Hong et al., the basal level of SOCS1, an inhibitor of the JAK/STAT pathway, is more in ESCs compared to most of the differentiated cells [115]. Unlike most cells, canonical IFN-associated responses have been determined in stem cells against viral infections. Although some controversial studies showed that ESCs and embryonic carcinoma cells could not produce type I IFN following exposure to viruses and displayed a very faint reaction against exogenous IFN [115, 135, 137]. These data show that the antiviral activity of stem cells is not completely dependent on canonical IFN signaling [115, 135, 137]. This apparent discrepancy may relate to the fact that tissue-dependent activity and the activation of quiescent stem cells may affect IFN-based anti-viral mechanisms [115, 135, 137]. Further investigations are highly demanded to address the ambiguity. Lin and co-workers confirmed the potency of human NSCs to synthesize IFN-β and -λ1 after incubation with dsRNA mimic and activation of ISGs [83]. All effectors like RIG-I, MDA5, and TLR3 are induced in human NSCs in the presence of dsRNA mimic and exogenous IFN-β [83]. In NSCs co-cultured with Zika, Japanese encephalitis viruses, RIG-I-associated IFN-β expression has been detected [83]. Hong and co-workers declared mouse and human ESCs, and human iPSCs exhibit interferon stimulation resistance [115]. However, the critical role of ISGs and their association with the cellular innate immune system remains unidentified [138, 139]. Calling attention, a limited subset of ISGs is produced in human, chimpanzee, and mouse ESCs, iPSCs, and adult stem cells [46, 140]. The expression profiling of ISGs varies between the different stem cell types. However, the basal levels of the ISCs are diminished during commitment toward mature cells and maintain at the minimum levels. It was postulated that some ISG products have a close association with stem cell fate [141, 142]. Hence, the mature and differentiated cells respond differently to the IFN [143]. Similar to other stem cells, MSCs could respond to viral infections by the alteration of ISGs in two ways. Upon exposure of MSCs to virions, the levels of ISGs increase which can lead to exogenous IFN in other cells. Therefore, MSCs display both intrinsic and inducible ISG-associated antiviral activities [144]. These data likely demonstrate that local and systemic application of MSCs contributes to therapeutic outcomes in COVID-19 patients through the alteration of anti-viral mechanisms in other cells. Compared to mature cells, IFITM family members are abundantly seen on the stem cell surface [145, 146]. Of note, the suppression of IFITM1, 2, and 3 in ESCs sensitizes these cells to viral infection, suggesting the anti-viral activity of IFITMs [145, 146]. The activation of ISGs could provoke other anti-viral mechanisms, such as BST2, MOV10, and IDO1, in the human and mouse stem cells. These elements bind directly to retroviruses. Similarly, enhanced ISGs activity with the increase of BST2, MOV10, and IDO1 factors could suppress the activity of endogenous retroviruses [122, 123].

**Antiviral Activity of RNA Interference in Stem Cells**

RNAi is a biological phenomenon by which specific genes are silenced by using nucleic acids consisted of 20–30 nucleotides [62, 127, 147]. It has been shown that RNAi has a unique antiviral activity [127]. Upon viral infection, a cytoplasmic RNAse, namely Dicer, hydrolyzes dsRNA, and produce a large set of siRNAs [127]. These siRNAs are not free inside the cytosol thus captured by Ago. The combination of siRNAs-Ago with other proteins forms a multi-protein complex namely RISC. After maturation of the RISC structure, siRNAs are degraded according to their sequences [74]. It was postulated that Ago and RNAi need each other for maximum activities. For example, Schuster and colleagues discovered a less potent anti-viral activity of RNAi against + sRNA viruses like yellow fever virus, and encephalomyocarditis virus in Argonaute-2−/− human cells [62]. Certain viruses circumvent these innate antiviral responses in different ways. For instance, Coxackievirus B3 harbors a viral 3A protein complex with a virus-encoded suppressor of RNAi to inhibit the activity of eukaryotes RNAi [148]. Even, transfection of cells with mature siRNAs to stimulate RNAi does not contribute to the synthesis of long dsRNA [149]. Compared to
differentiated cells, progenitors and ESCs have the potential to produce long dsRNAs [150, 151]. On this basis, ESCs have distinct siRNAs reservoirs that are not detectable in most cells. It is thought that these siRNAs are originated from dsRNAs produced by endogenous retrotransposons activity [42, 152, 153]. This capacity enables stem cells to acquire unique anti-viral defense mechanisms which are largely due to the modulation of RNAi. Transfection of murine ESCs with EMCV produced intracellular EMCV-derived siRNAs with a certain size and 3’ overhangs nucleotides [66, 95]. It seems that the simultaneous degradation of RNAi and the promotion of IFN-related responses could overlap once anti-viral immunity is initiated [154, 155]. The suppression of MAVS in mouse embryonic fibroblasts aborted the functionality and collaboration of dsRNA sensors with IFN products [96]. Unlike mature cells, stem cells commonly use different anti-viral pathways once infected with viruses to alert other cells and to regulate their activity. For instance, the initiation of IFN response in HepSCs, activates cytotoxic T cells, NK cells, and dendritic cells and prevents viral infections in most cells [156].

The existence of endogenous retroviral infection in stem cells is another mechanism by which these cells could decrease the viral entry [140]. This pattern suggests that stem cells limit the integration of exogenous viral genome with DNA by the occupation of common integration sites [140]. Studies have shown that the activation of HERVK endogenous retroviruses in ESCs produce Rec, an RNA transport factor, and activates IFITM1, leading to restricted viral replication [140]. This strategy will work when common integration sites are pre-occupied by the endogenous viral genome or the same replication machinery systems exploited.

**TLRs Have Antiviral Activity in Stem Cells**

The TLR signaling pathway plays a fundamental role in most cells during inflammation. TLRs belong to the type 1 integral proteins and are stimulated by different PAMPs, for example, proteins, lipids, nucleic acids, lipoproteins, etc. [157]. Different subsets of TLRs including TLR1, 2, 4, 5, 6, and 11 are located at cell membranes while other family members such as TLR3, 7, 8, 9 are associated with organelles like lysosomes, endosomes, and reticular endothelium (Fig. 4) [158]. Like mature cells, stem cells could express different classes of TLRs [159]. The activation of TLRs could increase transcription factors including NrF2, NF-KB, and AP-1. TLR 3 and 7 also appreciate the initiation of autophagy which can deliver the nucleic acid fragments of viruses to the endosomal TLRs and leads them to degradation by recruiting autolysosomes. On the other hand, NrF2 signaling pathways are in a relationship with the stemness of stem cells by inhibiting the activation of OCT4 and NANOG proteins by using ubiquitin/proteasome. The illustration was created with BioRender.com

---

**Fig. 4** Cross-talk between TLRs and NrF2 signaling pathways in the viral infection. Endosomal TLRs including TLR 3, 4, 7, 8, 9 recognize the viral ssRNA and dsRNA. Stimulation of TLR7 by viral RNAs causes the production of NADPH oxidase which is an imperative factor in the connection of two signaling pathways and results in activation of NrF2 downstream pathways. Additionally, activation of TLR3 leads to the production of other anti-oxidant elements related to NrF2 pathways such as HO-1, which participates in the activation process of stress response.
the synthesis of different pro-inflammatory cytokines and regulate paracrine activity in stem cells via the modulation of the NF-κB/IKB/TRIF/MYD88 pathway, leading to the inhibition of apoptotic changes [160, 161]. Among TLRs, endosomal TRLs such as TLR3, 7, and 8 are recognized with the potential to detect and bind to viral ssRNA and dsRNA (Fig. 4) [162]. Control of inflammatory responses is an efficient strategy that allows the stem cells to escape from apoptosis [163]. As described previously, the apoptosis signaling pathway is commonly induced in the host cells to limit the spread of the virus to juxtaposed cells [164]. Concerning certain antiviral properties and crucial importance for stem cell survival, it appears that apoptosis is differently regulated in these cells [165]. Unlike differentiated cells, stem cells are highly resistant to apoptosis [165]. In other words, a greater degree of resistance to apoptotic changes makes stem cells efficiently eliminate viral particles by using inflammatory mechanisms that are not well-tolerated by differentiated cells. Whether apoptosis is involved in viral clearance in stem cells has been the subject of debate.

Among different factors triggered after stimulation of TLRs, the Nrf2 signaling pathway plays a pivotal role in the regulation of inflammatory [166]. Upon activation of TLRs in stem cells, both NF-κB and Nrf2 factors are recruited [167, 168]. When activated, Nrf2 regulates the activity of antioxidant enzymes, cytoprotective properties against endogenous and exogenous stresses, and autophagolysosome formation (Fig. 4) [169, 170]. In normal conditions, Nrf2 is bounded to actin-associated Keap1 protein inside the cytosol to keep Nrf2 away from proteasomal degradation following ubiquitination [171]. Under conditions like oxidative stress, the Nrf2-keap1 complex is degraded coincides with markedly decreased E3 ligase activity of Keap1. Downstream signaling events lead to Nrf2 phosphorylation by protein kinase C activity and translocation into the nucleus [172, 173].

Pluripotency factors such as OCT4 and NANOG are highly ubiquitinated in stem cells and co-localized with Nrf2 to maintain stemness feature [172, 173]. The heterodimerization of Nrf2 with Maf proteins in the nucleus produces anti-oxidant elements [174]. Besides, the activation of endosomal TLRs such as TLR3, 7, 8, and 9 promotes the formation of Nrf2-keap1 and prominent anti-oxidant capacity in stem cells [174, 175]. It has been shown that the stimulation of TLR7 by Resiquimod leads to NADPH oxidase activation and promotion of the Nrf2 signaling pathway [176]. Similar to these changes, the up-regulation of TLR3 could also promote Nrf2 anti-oxidant activity via the regulation of HO-1 [177]. HO-1 is touted as key transcriptional factors of stress responses including Nrf2, NF-κB, and plasminogen activator inhibitor-1 [178]. Owing to the distinct activity of the Nrf2 in stem cells and its association with TLRs [179], it seems that the promotion of inflammatory response and Nrf2 activity is integral to antiviral defense in these cells.

Like a close association of the Nrf2 signaling pathway with diverse cellular activities, Nrf2 could also activate autophagy and proteasomal activity during pathological conditions [179, 180]. To this end, Nrf2 controls the biogenesis of the 20S proteasome via the modulation of chaperones activity [179, 180]. The was recently shown that Nrf2 regulates proteasome activity in ESCs via the action of the proteasome maturation protein [172]. Upon viral entry, the close crosstalk between autophagy and TLR signaling pathway potentiates the cells to deliver the genomic fragments of viruses to endosomal TLRs and activates antiviral innate immune response (Fig. 4) [181]. Interestingly, the inhibition of MYD88 and TRIF, belonging to the TLR signaling pathway, prevents autophagic response in stem cells [182]. Besides, autophagy machinery digest several viral components by the formation of autolysosomes [183]. The activation of TLR3 and 7 promotes autophagic responses once ssRNA and dsRNA are released inside the host cells [182]. Upon activation of TLR3 and 7, the formation of the Beclin-1-Vsp34 complex initiates consecutive autophagic reactions [182]. The recruitment of selective autophagy receptors such as NBR, NDP52, p62 helps cells to kill intracellular virions [184]. These autophagy receptors possess capture domains like LC3-interacting regions which direct viral components to autophagosomes [185]. For example, the capsid of Sindbis, as RNA positive virus, is captured by a p62-dependent manner without using the ubiquitin system [185]. The exact mechanisms of the autophagy machinery system have been remained unclear. Overall, TLRs could have an axis role in the antiviral mechanisms of stem cells. These properties of stem cells might be a shed of light to use them in the field of stem cell therapy for the rest of human life especially for COVID-19 which has been spread globally.

**The Antiviral Activity of Stem Cell Via EVs**

The shedding of viral particles using EVs such as exosomes is an alternative defensive strategy in stem cells to eliminate viirions [186]. Exosomes are nanosize vesicles ranging from 40 to 200 nm with the ability to carry the arrays of genomic and proteomic elements out of the cells. These particles maintain reciprocal paracrine crosstalk between the different cells [187]. It has been shown that the activation of exocytosis mechanisms is a compensatory mechanism in virus-infected cells [186]. EVs have some structural similarities to viruses. Due to the existence of inherent similarities between the EVs and viruses, in particular, small size dimensions, it is logical to propose that viruses and EVs use common mechanisms for intracellular trafficking, cell entry, and exocytosis (Fig. 5) [188, 189]. Upon the replication of viral particles inside the host cells, EVs act as delivery vectors. EVs collaborate with virus assembly machinery to pack viral-derived nucleic acids, lipids, proteins, and lipids, and take them to out of the cells [190]. Concerning similarities in the mechanism of EVs
and viruses biogenesis, sophisticated manipulations could lead to the control of virus replication or vice versa. Notably, exosomes isolated from virus-infected cells harbor genetic elements which further inhibit the propagation of the virus in neighboring cells. For instance, studies have shown that up-regulation of let-7f, miR-145, miR-199a, and miR-221 in exosomes from umbilical MSCs can inhibit the replication of the Hepatitis C virus in the other cells. These genetic tools enter the acceptor cells and inhibit the propagation of virions after direct binding to viral genomes via targeting host factor insulin-like growth factor 2 mRNA-binding protein 1 [191, 192]. Of course, the shedding of viral particles from stem cells could decrease the intracellular accumulation of viral bodies meanwhile increases the risk of viral infection in neighboring cells. Based on recent studies, it has been shown that some exosomal microRNAs could regulate the specific genes correlated with SARS-CoV-2 RNA replication [193, 194]. The existence of miR-23b in bone marrow MSCs exosomes could inhibit ORF8 protein and limit the interspecies transmission of the SARS-CoV-2 virus [193, 194]. Besides, exosomal miR-1246 has the potential to regulates angiogenesis by the activation of the Smad 1/5/8 signaling cascade. This miRNA also controls ORF3a, a sodium or calcium ion channel protein, and thus the replication of the virus is diminished [195, 196].

The hemagglutinin-esterase, a glycoprotein, is located on a viral envelope that facilitates reversible attachment to O-acetylated sialic acids via lectin-like activity [197]. This enzyme exists in both Influenza and coronaviruses like the SARS-CoV-2 virus. It was suggested that MSCs exosomes could inhibit the hemagglutination activity of influenza viruses and decrease viral entry to most cells [198]. Taken together, the existence of exocytosis in stem cells helps these cells to decrease the load of virions inside cytosol and to use exocytosis-related mechanisms in neighboring cells to inhibit the transfection rate.

Conclusions

Commensurate with the above-mentioned comments, it is logical to mention that stem cells are less sensitive to coronaviruses such as SARS-CoV-2, unlike differentiated cells. This concept is not absolute and caution must be considered when we talk about the SARS-CoV-2 resistance of stem cells. There is close crosstalk between the stem cells and different cells within different organs to maintain basal stem cell function. Therefore, it seems that the occurrence and duration of COVID-19 and injury of mature cells could interrupt reciprocal crosstalk between undifferentiated and
differentiated cells which further affects the supportive role of other cells on stem cells. Concerning the existence of various escaping ways in stem cells to adopt a virus-resistant state, it is less likely these cells become infected with the coronaviruses in the early stages. If we hypothesize that they are eventually will be infected, they are not a front-line cell target.

Acknowledgements All authors would thank the Stem Cell Research Center staff for guidance and help. This study was supported by a grant from Tabriz University of Medical Sciences.

Author Contributions H.S.B., M.K., M.H. and H. R. collected data, prepared draft and wrote the manuscript. E.S., and R.R. edited and supervised the study.

Data Availability Not applicable.

Compliance with Ethical Standards

Ethical Approval Not applicable.

Consent to Participate Not applicable.

Consent to Publish Not applicable.

Competing Interests All authors declare there is no conflict of interest.

Abbreviations OAS1, 2: -oligoadenylate synthetase 1; ACE2, angiotensin-converting enzyme 2; Ago, Argonaute; BST2, Bone marrow stromal antigen 2; dsRNA, Double-stranded RNA; EMCV, Encephalomyocarditis virus; EVs, Extracellular vesicles; HepSCs, Hepatic stem cells; HO-1, Heme oxygenase-1; ESCs, Human embryonic stem cells; iPSCs, Induced pluripotent stem cells; IFN, Interferon; IRF-3, -7, interferon regulatory transcription factor-3, 7; IFITM, Interferon-induced transmembrane; ISGs, Interferon-stimulated genes; IL-6, Interleukin-6; Mpro, Main protease; MDA5, Melanoma differentiation-associated protein 5; MAVS, Mitochondrial antiviral-signaling components; NK cells, Natural killer cells; NBR, NBR Neighbor of BRCA1; NDP52, Nuclear factor erythroid 2-related factor 2; NSCs, Neural stem cells; Nrf2, Nuclear factor erythroid 2-related factor 2; ORF, Open reading frame; PAMP, Pathogen-associated molecular patterns; PKR, Protein kinase R; RIG-I, Retinoic acid-inducible gene I; RNAi, RNA interference; RISC, RNA-induced silencing complex; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus-2; siRNAs, Small interfering RNAs; sgRNAs, Subgenomic RNAs; SOCS1, Suppressor of cytokine signaling 1; TLR, Toll-like receptor

References

1. Li, H., Liu, S.-M., Yu, X.-H., Tang, S.-L., & Tang, C.-K. (2020). Coronavirus disease 2019 (COVID-19): current status and future perspective. International Journal of Antimicrobial Agents, 55, 105951.
2. Singhal, T. (2020). A review of coronavirus disease-2019 (COVID-19). The Indian Journal of Pediatrics, 87, 1–6.
3. Rezabakhsh, A., Ala, A., & Khodaei, S. H. (2020). Novel Coronavirus (COVID-19): A new emerging pandemic threat. Journal of Research in Clinical Medicine, 8(1), 5.
4. Team, E. E. (2020). Updated rapid risk assessment from ECDC on the novel coronavirus disease 2019 (COVID-19) pandemic: increased transmission in the EU/EEA and the UK. Eurosurveillance, 25(10).
5. McIntosh, K. (2020). Coronavirus disease 2019 (COVID-19). Disponivel em: https://www.uptodate.com/contents/coronavirus-disease-2019-covid-19-epidemiology-virology-clinical-features-diagnosis-and-prevention. Accessed 30 Dec 2020.
6. Wu, Z., & McGoogan, J. M. (2020). Characteristics of and important lessons from the coronavirus disease 2019 (COVID-19) outbreak in China: summary of a report of 72 314 cases from the Chinese Center for Disease Control and Prevention. JAMA, 323(13), 1239–1242.
7. Schaffhausen, C. R., Bruin, M. J., McKinney, W. T., Snyder, J. J., Matas, A. J., Kasikse, B. L., & Israni, A. K. (2019). How patients choose kidney transplant centers: A qualitative study of patient experiences. Clinical Transplantation, 33(5), e13523.
8. Yuki, K., Fujigoi, M., & Koutsgiani, S. (2020). COVID-19 pathophysiology: A review. Clinical Immunology, 215, 108427. https://doi.org/10.1016/j.clim.2020.108427.
9. Esquivel, D., Mishra, R., Soni, P., Seetharaman, R., Mahmood, A., & Srivastava, A. (2020). Stem cells therapy as a possible therapeutic option in treating COVID-19 patients. Stem Cell Reviews and Reports. https://doi.org/10.1007/s12015-020-10017-6.
10. Moussavizadeh, L., & Ghasemi, S. (2020). Genotype and phenotype of COVID-19: Its roles in pathogenesis. Immunology: Journal of Microbiology. https://doi.org/10.1016/j.jmim.2020.03.022.
11. Hoffmann, M., Kleine-Weber, H., Krüger, N., Mueller, M. A., Drosten, C., & Pöhlmann, S. (2020). The novel coronavirus 2019-nCoV uses the SARS-coronavirus receptor ACE2 and the cellular protease TMPRSS2 for entry into target cells. BioRxiv. https://doi.org/10.1101/2020.01.31.929042.
12. Xu, H., Zhong, L., Deng, J., Peng, J., Dan, H., Zeng, X., Li, T., & Chen, Q. (2020). High expression of ACE2 receptor of 2019-nCoV on the epithelial cells of oral mucosa. International Journal of Oral Science, 12(1), 1–5.
13. Tomar, S., Mahajan, S., & Kumar, R. (2020). Advances in structure-assisted antiviral discovery for animal viral diseases. Genomics and biotechnological advances in veterinary, poultry, and fisheries (pp. 435–468). Amsterdam: Elsevier.
14. Chen, Y., Liu, Q., & Guo, D. (2020). Emerging coronaviruses: genome structure, replication, and pathogenesis. Journal of Medical Virolology, 92(4), 418–423.
15. Sah, R., Rodriguez-Morales, A. J., Jha, R., Chu, D. K., Gu, H., Peiris, M., Bastolla, A., Lal, B. K., Ojha, H. C., & Rabau, A. A. (2020). Complete genome sequence of a 2019 novel coronavirus (SARS-CoV-2) strain isolated in Nepal. Microbiology Resource Announcements, 9(11), e00169-20.
16. Zhang, T., Wu, Q., & Zhang, Z. (2020). Probable pangolin origin of SARS-CoV-2 associated with the COVID-19 outbreak. Current Biology, 30(8), 1578.
17. Organization, W. H. (2020). Coronavirus disease 2019 (COVID-19): situation report, 72.
18. Nelemans, T., & Kåkert, M. (2019). Viral innate immune evasion and the pathogenesis of emerging RNA virus infections. Viruses, 11(10), 961.
19. Fehr, A. R., & Perlman, S. (2015). Coronaviruses: an overview of their replication and pathogenesis. Coronaviruses (pp. 1–23). Berlin: Springer.
20. Nakagawa, K., Lokugamage, K., & Makino, S. (2016). Viral and cellular mRNA translation in coronavirus-infected cells (Vol. 96, pp. 435–468). Amsterdam: Elsevier.
21. Grdzelishvili, V. Z., Garcia-Ruiz, H., Watanabe, T., & Alhqquist, P. (2005). Mutual interference between genomic RNA replication and subgenomic mRNA transcription in brome mosaic virus. Journal of Virology, 79(3), 1438–1451.
Pascual, M. R. (2020). Coronavirus SARS-CoV-2: Analysis of subgenomic mRNA transcription, 3CLpro and PL2pro protease cleavage sites and protein synthesis. arXiv preprint arXiv: 200400746.

Sawicki, S. G., Sawicki, D. L., & Siddell, S. G. (2007). A contemporary view of coronavirus transcription. Journal of Virology, 81(1), 20–29.

Perlman, S., & Netland, J. (2009). Coronaviruses post-SARS: update on replication and pathogenesis. Nature Reviews Microbiology, 7(6), 439–450.

Teng, F., Cui, T., Gao, Q., Guo, L., Zhou, Q., & Li, W. (2019). Artificial sgRNAs engineered for genome editing with new Cas12b orthologs. Cell Discovery, 5(1), 1–4.

Mu, W., Zhang, Y., Xue, X., Liu, L., Wei, X., & Wang, H. (2019). The trinity of COVID-19: immunity, inflammation and COVID-19: whether to stay or die out? Journal of Medicinal Chemistry, 63(3), 182–374. https://doi.org/10.1021/acs.jmedchem.0c00606.

Biswas, A., Bhattarchjee, U., Chakraborti, A. K., Tewari, D. N., Banu, H., & Dutta, S. (2020). Emergence of Novel Coronavirus and COVID-19: whether to stay or die out? Critical Reviews in Microbiology, 46(2), 182–193.

Tay, M. Z., Poh, C. M., Renia, L., MacAry, P. A., & Ng, L. F. (2020). The trinity of COVID-19: immunity, inflammation and intervention. Nature Reviews Immunology, 20(6), 363–374.

Liu, Q., Zou, Y., & Yang, Z. (2016). The cytokine storm of severe influenza and development of immunomodulatory therapy. Cellular & Molecular Immunology, 13(1), 3–10.

Xi-zhi, J. G., & Thomas P. G. (2017). New fronts emerge in the cytokine storm. In: Seminars in immunopathology (Vol. 5, pp. 541–550). Berlin: Springer.

Wang, J., Duan, Y., Sluijter, J. P., & Xiao, J. (2019). Lymphocyte subsets play distinct roles in heart diseases. Theranostics, 9(14), 4030.

Maeda, K., Malykhin, A., Teague-Weber, B. N., Sun, X.-H., Farris, A. D., & Coggeshall, K. M. (2009). Interleukin-6 aborts lymphopoiesis and elevates production of myeloid cells in systemic lupus erythematosus–prone B6. Sle. 1. Yaa animal's blood. The Journal of the American Society of Hematology, 113(19), 4534–4540.

Mukaino, M., Nakamura, M., Yamada, O., Okada, S., Morikawa, S., Renault-Mihara, F., Iwanami, A., Ikegami, T., Ohsugi, Y., & Tsuji, O. (2010). Anti-IL-6-receptor antibody promotes repair of spinal cord injury by inducing microglia–dominant inflammation. Experimental Neurology, 224(2), 403–414.

Baksh, D., Song, L., & Tuan, R. S. (2004). Adult mesenchymal stem cells: characterization, differentiation, and application in cell and gene therapy. Journal of Cellular and Molecular Medicine, 8(3), 301–316.

Yamashita, Y. M. (2009). Regulation of asymmetric stem cell division: spindle orientation and the centrosome. Frontiers in Bioscience: A Journal and Virtual Library, 14, 3003.

Stoltz, J.-F., De Isla, N., Li, Y., Bensoussan, D., Zhang, L., Huselestein, C., Chen, Y., Decot, V., Magdalou, J., & Li, N. (2015). Stem cells and regenerative medicine: myth or reality of the 21st century. Stem Cells International, 2015, 734731.

Xu, W., Kwong, A. C., & Rice, C. M. (2019). Antiviral resistance of stem cells. Current Opinion in Immunology, 56, 50–59. https://doi.org/10.1016/j.coi.2018.10.004.

Belzile, J.-P., Stark, T. J., Yeo, G. W., & Spector, D. H. (2014). Human cytomegalovirus infection of human embryonic stem cell-derived primitive neural stem cells is restricted at several steps but leads to the persistence of viral DNA. Journal of Virology, 88(8), 4021–4039. https://doi.org/10.1128/jvi.03492-13.

Ratajczak, M. Z. (2015). A novel view of the adult bone marrow stem cell hierarchy and stem cell trafficking. Leukemia, 29(4), 776–782. https://doi.org/10.1038/leu.2014.346.

Zakrzewski, W., Dobrzynski, M., Szymonowicz, M., & Rybak, Z. (2019). Stem cells: past, present, and future. Stem Cell Research & Therapy, 10(1), 1–22.

Xu, W., Thi, V. L. D., Huang, Y., Billerbeck, E., Saha, D., Hoffmann, H.-H., Wang, Y., Silva, L. A. V., Sarbanes, S., & Sun, T. (2018). Intrinsic immunity shapes viral resistance of stem cells. Cell, 172(3), 423–438. e425.

Armsford, E. J., Jones, L. M., Carter, D. R., & Jacobs, C. R. (2009). The periosteum as a cellular source for functional tissue engineering. Tissue Engineering. Part A, 15(9), 2637–2642. https://doi.org/10.1089/ten.tea.2008.0244.

Carter, C. C., Onafuwa-Nuga, A., McNamara, L. A., Riddell, J., Bixby, D., Savona, M. R., & Collins, K. L. (2010). HIV-1 infects multipotent progenitor cells causing cell death and establishing latent cellular reservoirs. Nature Medicine, 16(4), 446–451.

Yun, M. H. (2015). Changes in regenerative capacity through lifespan. International Journal of Molecular Sciences, 16(10), 25392–25432.

Yilmaz, N. K., Swanstroom, R., & Schiffer, C. A. (2016). Improving viral protease inhibitors to counter drug resistance. Trends in Microbiology, 24(7), 547–557.

Kim, J., Koo, B.-K., & Yoon, K.-J. (2019). Modeling host-virus interactions in viral infectious diseases using stem-cell-derived systems and CRISPR/Cas9 technology. Viruses, 11(2), 124.

Friedli, M., Turelli, P., Kapopoulou, A., Rauwel, B., Castro-Díaz, N., Rowe, H. M., Ecco, G., Unzu, C., Planet, E., Lombardo, A., Mangeat, B., Wildhaber, B. E., Naldini, L., & Trono, D. (2014). Loss of transcriptional control over endogenous retroelements during reprogramming to pluripotency. Genome Research, 24(8), 1251–1259. https://doi.org/10.1101/gr.172809.114.

Hung, S.-L., Lee, P.-L., Chen, H.-W., Chen, L.-K., Kao, C.-L., & King, C.-C. (1999). Analysis of the steps involved in dengue virus entry into host cells. Virology, 257(1), 156–167.

Llorente-Garcia, I., & Marsh, M. (2019) A biophysical perspective on receptor-mediated virus entry with a focus on HIV. Biochimica et Biophysica Acta (BBA)-Biomembranes, 1862(6), 183158.

Zhao, R., & Xi, R. (2010). Stem cell competition for niche occupancy: emerging themes and mechanisms. Stem Cell Reviews and Reports, 6(3), 345–350. https://doi.org/10.1007/s12015-010-9128-3.

Gattaizzo, F., Urciuolo, A., & Bonaldo, P. (2014). Extracellular matrix: a dynamic microenvironment for stem cell niche. Biochimica et Biophysica Acta (BBA)-General Subjects, 1840(8), 2506–2519.
72 Bernstein, E., Caudy, A. A., Hammond, S. M., & Hannon, G. J. 2001. Role for a bidentate ribonuclease in the initiation step of RNA interference. Cell, 107(5), 755–766.

76 Peng, S., Wang, J., Wei, S., Li, C., Zhou, K., Hu, J., Ye, X., Yan, J., Liu, W., & Gao, G. F. (2018). Endogenous cellular microRNAs mediate antiviral defense against influenza A virus. Molecular Therapy-Nucleic Acids, 10, 361–375.

77 Goubau, D., Deddouche, S., & e Sousa, C. R. (2013). Cytosolic sensing of viruses. Immunity, 38(5), 855–869.

78 Schneider, W. M., Chevillotte, M. D., & Rice, C. M. (2014). Interferon-stimulated genes: a complex web of host defenses. Annual Review of Immunology, 32, 513–545.

79 Reder, A. T., & Feng, X. (2014). How type I interferons work in multiple sclerosis and other diseases: some unexpected mechanisms. Journal of Interferon & Cytokine Research, 34(8), 589–599.

80 Schoggins, J. W., & Rice, C. M. (2011). Interferon-stimulated genes and their antiviral effector functions. Current Opinion in Virology, 1(6), 519–525.

81 Li, G., Xiang, Y., Sabapathy, K., & Silverman, R. H. (2004). An apoptotic signaling pathway in the interferon antiviral response mediated by RNase L and c-Jun NH2-terminal kinase. Journal of Biological Chemistry, 279(2), 1123–1131.

82 Iavashiv, L. B., & Donlin, L. T. (2014). Regulation of type I interferon responses. Nature Reviews Immunology, 14(1), 36–49.

83 Lin, J.-Y., Kuo, R.-L., & Huang, H.-I. (2019). Activation of type I interferon antiviral response in human neural stem cells. Stem Cell Research & Therapy, 10(1), 1–17.

84 Wu, J., & Chen, Z. J. (2014). Innate immune sensing and signaling of cytosolic nucleic acids. Annual Review of Immunology, 32, 461–488.

85 Chowla-Sarkar, M., Lindner, D. J., Liu, Y.-F., Williams, B., Sen, G. C., Silverman, R. H., & Borden, E. C. (2003). Apoptosis and interferons: role of interferon-stimulated genes as mediators of apoptosis. Apoptosis, 8(3), 237–249.

86 Chen, L.-L., Yang, L., & Carmichael, G. (2010). Molecular basis for an attenuated cytoplasmic dsRNA response in human embryonic stem cells. Cell Cycle, 9(17), 3552–3564.

87 Clemens, M. J., & Williams, B. R. (1978). Inhibition of cell-free protein synthesis by pppA2′p5′A2′p5′A: a novel oligonucleotide synthesized by interferon-treated L cell extracts. Cell, 13(3), 565–572.

88 Hoenen, A., Liu, W., Kochs, G., Khromykh, A. A., & Mackenzie, J. M. (2007). West Nile virus-induced cytoplasmic membrane structures provide partial protection against the interferon-induced antiviral MxA protein. Journal of General Virology, 88(11), 3013–3017.

89 Schroder, K., & Tschopp, J. (2010). The inflammasomes. Cell, 140(6), 821–832.

90 Mehl, A., & Doudna, J. A. (2010). A host of factors regulating influenza virus replication. Viruses, 2(5), 566–573.

91 Chen, G.-Y., Huang, S.-M., Su, H.-J., Kuo, C.-Y., Luo, W.-Y., Lo, K.-W., Huang, C.-C., Chen, C.-L., Yu, S.-H., & Hu, Y.-C. (2012). Defective antiviral responses of induced pluripotent stem cells to baculoviral vector transduction. Journal of Virology, 86(15), 8041–8049.

92 Pintel, A., & Sadler, A. (2011). The role of protein kinase R in the interferon response. Journal of Interferon & Cytokine Research, 31(1), 59–70.

93 Guo, Y. L. (2017). Utilization of different anti-viral mechanisms by mammalian embryonic stem cells and differentiated cells. Immunology and Cell Biology, 95(1), 17–23.

94 Strick-Marchand, H., & Duranter, D. (2018). Who defends the stem cell’s citadel? Cell Stem Cell, 22(3), 287–289.

95 Qiu, Y., Xu, Y., Zhang, Y., Zhou, H., Deng, Y.-Q., Li, X.-F., Miao, M., Zhang, Q., Zhong, B., & Hu, Y. (2017). Human virus-derived small RNAs can confer antiviral immunity in mammals. Immunity, 46(6), 992–1004, e1005.

96 Maillard, P. V., Van der Veen, A. G., Deddouche-Grass, S., Rogers, N. C., Merits, A., & e Sousa, C. R. (2016). Inactivation of the type I interferon pathway reveals long double-stranded RNA-mediated RNA interference in mammalian cells. The EMBO Journal, 35(23), 2505–2518.
102 Malathi, K., Dong, B., Gale, M., & Silverman, R. H. (2007). Small
101 Chakrabarti, A., Jha, B. K., & Silverman, R. H. (2011). New in-
104 Tarassishin, L., Bauman, A., Suh, H.-S., & Lee, S. C. (2013). Anti-
105 Rollenhagen, C., Macura, S. L., Lathrop, M. J., Mackenzie, T. A.,
111 Feeley, E. M., Sims, J. S., John, S. P., Chin, C. R., Pertel, T., Chen,
112 Mahauad-Fernandez, W. D., Jones, P. H., & Okeoma, C. M.
115 Hong, X.-X., & Carmichael, G. G. (2013). Innate immunity in pluripotent human cells ATTENUATED RESPONSE TO INTERFERON-β. Journal of Biological Chemistry, 288(22), 16196–16205.
116 Subramanian, G., Kuzmanovic, T., Zhang, Y., Peter, C. B., Velepparambil, M., Chakravarti, R., Sen, G. C., & Chattopadhyay, S. (2018). A new mechanism of interferon’s antiviral action: Induction of autophagy, essential for paramyxovirus replication, is inhibited by the interferon stimulated gene, TDRD7. PLoS Pathogens, 14(1), e1006877.
117 Ank, N., West, H., Bartholdy, C., Eriksson, K., Thomsen, A. R., & Paludan, S. R. (2006). Lambda interferon (IFN-λ), a type III IFN, is induced by viruses and IFNs and displays potent antiviral activity against select virus infections in vivo. Journal of Virology, 80(9), 4501–4509.
118 Hou, W., Wang, X., Ye, L., Zhou, L., Yang, Z.-Q., Riedel, E., & Ho, W.-Z. (2009). Lambda interferon inhibits human immunodeficiency virus type 1 infection of macrophages. Journal of Virology, 83(8), 3834–3842.
119 Sauter, D., Hotter, D., Van Dienische, B., Stürzel, C. M., Kluge, S. F., Wildum, S., Yu, H., Baumann, B., Wirth, T., & Plante, J.-C. (2015). Differential regulation of NF-kB-mediated proviral and antiviral host gene expression by primate lentiviral Nef and Vpu proteins. Cell Reports, 10(4), 586–599.
120 D’Angelo, W., Acharya, D., Wang, R., Wang, J., Gurung, C., Chen, B., Bai, F., & Guo, Y.-L. (2016). Development of antiviral innate immunity during in vitro differentiation of mouse embryonic stem cells. Stem Cells and Development, 25(8), 648–659.
121 FitzPatrick, L. M., Hawkins, K. E., Delhove, J. M., Fernandez, E., Soldati, C., Bullen, L. F., Nothurtfi, A., Waddington, S. N., Medina, D. L., & Bolaños, J. P. (2018). NF-kB activity initiates human ESC-derived neural progenitor cell differentiation by inducing a metabolic maturation program. Stem Cell Reports, 10(6), 1766–1781.
122 Wang, X., Han, Y., Dang, Y., Fu, W., Zhou, T., Piak, R. G., & Zheng, Y.-H. (2010). Moloney leukemia virus 10 (MOV10) protein inhibits retrovirus replication. Journal of Biological Chemistry, 285(19), 14346–14355.
123 Goodier, J. L., Cheung, L. E., & Kazazian, H. H., Jr. (2012). MOV10 RNA helicase is a potent inhibitor of retrotransposition in cells. PLoS Genetics, 8(10), e1002941.
124 Nakanishi, K., Weinberg, D. E., Bartel, D. P., & Patel, D. J. (2012). Structure of yeast Argonaute with guide RNA. Nature, 486(7403), 678–674.
125 Nowotny, M., Gaidamakov, S. A., Crouch, R. J., & Yang, W. (2005). Crystal structures of RNase H bound to an RNA/DNA hybrid: substrate specificity and metal-dependent catalysis. Cell, 121(7), 1005–1016.
126 Baulcombe, D. (2004). RNA silencing in plants. Nature, 431(7006), 356–363.
127 Levanoa, A., & Poranen, M. M. (2018). RNA interference as a prospective tool for the control of human viral infections. Frontiers in Microbiology, 9, 2151.
128 Bodak, M., Cirera-Salinas, D., Luiž, J., & CiGenerating C. (2017). The role of RNA interference in stem cell biology: beyond the mutant phenotypes. *Molecular Biology of the Cell, 49*(10), 1532–1543.

129 Issacs, A., & Lindenmann, J. (1957) Virus interference. I. The interferon. *Proceedings of the Royal Society of London Series B-Biological Sciences* 147(927), 258–267.

130 Issacs, A., Lindenmann, J., & Valentine, R. C. (1957) Virus interference. II. Some properties of interferon. *Proceedings of the Royal Society of London Series B-Biological Sciences, 147*(927), 268–273.

131 Stetson, D. B., & Medzhitov, R. (2006). Type I interferons in host defense. *Immunity, 23*(3), 373–381.

132 Teijaro, J. R. (2016). Type I interferons in viral control and immune regulation. *Current Opinion in Virology, 16*, 31–40. https://doi.org/10.1016/j.coviro.2016.01.001.

133 Van Damme, N., Goff, D., Katsura, C., Jorgenson, R. L., Mitchell, R., Johnson, M. C., Stephens, E. B., & Guatelli, J. (2008). The interferon-induced protein BST-2 restricts HIV-1 release and is downregulated from the cell surface by the viral Vpu protein. *Cell Host & Microbe, 3*(4), 245–252.

134 Rusinova, I., Forster, S., Yu, S., Kannan, A., Masse, M., Cumming, H., Chapman, R., & Hert zig, P. J. (2012). Interferon type 2: 0: an updated database of annotated interferon-regulated genes. *Nucleic Acids Research, 41*(D1), D1040–D1046.

135 Burke, D. C., Graham, C. F., & Lehman, J. M. (1978). Appearance of interferon inducibility and sensitivity during differentiation of murine teratocarcinoma cells in vitro. *Cell, 13*(2), 243–248.

136 Pinho, S., & Frenette, P. S. (2019). Haematopoietic stem cell activity and interactions with the niche. *Nature Reviews Molecular Cell Biology, 20*(5), 305–320.

137 Prompetchara, E., Ketloy, C., & Palaga, T. J. A. P. J. A. I. (2020). IFITM-family proteins: the cell’s first line of antiviral defense. *Annual Review of Virology, 1*, 261–283.

138 Crosse, K. M., Monson, E. A., Beard, M. R., & Helbig, K. J. (2016). Type I interferons in viral control and immune regulation. *Current Opinion in Virology, 32*, 261–267.

139 Grow, E. J., Flynn, R. A., Chavez, S. L., Bayless, N. L., Wossidlo, M., Winkler, C. W., Woods, T. A., Carmody, A. B., & Chang, M., Wesche, D. J., Martin, L., Ware, C. B., Blish, C. A., & Chang, M. (2018). Interferon-stimulated genes as enhancers of antiviral innate immune signaling. *Journal of Innate Immunity, 10*(2), 95–93.

140 Takahashi, T., & Ui-Tei, K. (2020). Mutual regulation of RNA interferons and the IFN response as an antiviral defense system in mammalian cells. *International Journal of Molecular Sciences, 21*(4), 1348.

141 Lara-Astiaso, D., Weiner, A., Lorenzo-Vivas, E., Zaretsky, I., Langlais, D., Barreiro, L. B., & Gros, P. (2016). The macrophage receptor with a CUB and a carboxyl terminus domain (MACS) binds to the IFITM genes, variants, and their roles in the control and pathogenesis of viral infections. *Frontiers in Microbiology, 9*, 3228.

142 Sánchez-Tarjuelo, R., Cortegano, I., Manosalva, J., Rodríguez, M., Ruiz, C., Alía, M., Prado, M. C., Cano, E. M., Ferrándiz, M. J., de la Campa, A. G., Gaspar, M. L., & de Andrés, B. (2020). The TLR4-MyD88 signaling axis regulates lung monocyte differentiation pathways in response to streptococcus pneumoniae. *Frontiers in Immunology, 11*, 2120. https://doi.org/10.3389/fimmu.2020.02120.

143 Conti, P., & Younes, A. (2020). Coronavirus COVID-19/SARS-CoV-2 affects women less than men: clinical response to viral infection. *Journal of Biological Regulators and Homeostatic Agents, 34*(2), 71.

144 Speranza, E. E., Martens, C. A., Best, S. M., Haigh, C. L., & Bhatta, R. (2018). Toll-like receptors: significance, ligands, signaling pathways, and functions in mammals. *International Reviews of Immunology, 37*(1), 20–36.

145 Heidarzadeh, M., Roodbari, F., Hassanpour, M., Ahmadi, M., Leifer, C. A., & Medvedev, A. E. (2016). Molecular mechanisms of regulation of Toll-like receptor signaling. *Journal of Leukocyte Biology, 100*(5), 927–939.

146 Zhao, X., Li, J., Winkler, C. A., An, P., & Guo, J.-T. (2019). IFITM genes, variants, and their roles in the control and pathogenesis of viral infections. *Frontiers in Microbiology, 9*, 3228.
D. J. (2018). Diminished apoptotic priming and ATM signalling confer a survival advantage on aged haematopoietic stem cells in response to DNA damage. *Nature Cell Biology*, 20(4), 413–421.

Kaminskyy, V., & Zhivotovsky, B. (2010). To kill or be killed: how viruses interact with the cell death machinery. *Journal of Internal Medicine*, 267(5), 473–482. https://doi.org/10.1111/j.1365-2976.2010.02222.x.

Watanabe, J., Yamada, M., Niibe, K., Zhang, M., Kondo, T., Liu, W. J., Ye, L., Huang, W. F., Guo, L. J., Xu, Z. G., Wu, H. L., Braun, S., Hanselmann, C., Gassmann, M. G., auf dem Keller, U., Yin, S., & Cao, W. (2015). Toll-like receptor signaling induces Nrf2 transcription factor, a novel target of keratinocyte growth factor action which regulates gene expression and inflammation in the healing skin wound. *Molecular and Cellular Biology*, 25(15), 5492–5505.

Liu, W. J., Ye, L., Huang, W. F., Guo, L. J., Xu, Z. G., Wu, H. L., Yang, C., & Liu, H. F. (2016). p62 links the autophagy pathway and the ubiquitin–proteasome system upon ubiquitinated protein degradation. *Cellular & Molecular Biology Letters*, 21(1), 29.

Ishii, T., Warabi, E., Siow, R. C., & Mann, G. E. (2013). Some maturation protein POMP increases proteasome assembly – a murine model of allergic asthma. *The International Journal of Biochemistry & Cell Biology*, 5505.

Van der Stoop, P., Boutsma, E. A., Hulsman, D., Noback, S., & van Lohuizen, M. (2008). Ubiquitin E3 ligase Ring1b/Rnf2 protein is acquired from SARS-related coronavirus from greater Severe acute respiratory syndrome (SARS) coronavirus ORF8 protein: Divergent roles of autophagy in virus infection. *Cells*, 2(1), 83–104.

Nguyen, T., Nioi, P., & Pickett, C. B. (2009). The Nrf2-antioxidant response element signaling pathway and its activation by oxidative stress. *Journal of Biological Chemistry*, 284(20), 13291–13295.

Gould, S. J., Booth, A. M., & Hildreth, J. E. (2003). The Trojan horse promotes maturation protein POMP increases proteasome assembly and activity in porotic lesionsal skin. *Journal of Dermatological Science*, 38(1), 10–19.

Zieba, B. A., Henry, L., Lacroix, M., Jamaa, M., Lavabre-Bertrand, T., Meunier, L., Coux, O., & Stoehrner, P.-E. (2017). The proteome and maturation protein POMP increases proteasome assembly and activity in porotic lesional skin. *Journal of Dermatological Science*, 80(1), 10–19.

van der Stoos, P. J., Boutsma, E. A., Hulsman, D., Noback, S., Heimeriks, M., Kerkhoven, R. M., von Vencken, J. W., Wassens, L. F., & van Lohuizen, M. (2008). Ubiquitin E3 ligase Ring1b/Rnf2 of polycymb repressive complex 1 contributes to stable maintainence of mouse embryonic stem cells. *PLoS One*, 3(5), e2235.

Jin, L., Ni, J., Tao, Y., Weng, X., Zhu, Y., Yan, J., & Hu, B. (2019). N-acetylcycteine attenuates PM2.5-induced apoptosis by ROS-mediated Nrf2 pathway in human embryonic stem cells. *Science of The Total Environment*, 666, 713–720.

Mohan, S., & Gupta, D. (2018). Crosstalk of toll-like receptors signaling and Nrf2 pathway for regulation of inflammation. *Biomedicine & Pharmacotherapy*, 108, 1866–1878.

Nadeem, A., Siddiqui, N., Al-Harbi, N. O., Al-Harbi, M. M., & Ahmad, S. F. (2016). TLR-7 agonist attenuates airway reactivity and inflammation through Nrf2-mediated antioxidant protection in a murine model of allergic asthma. *The International Journal of Biochemistry & Cell Biology*, 73, 53–62.

Yin, S., & Cao, W. (2015). Toll-like receptor signaling induces Nrf2 pathway activation through p62-triggered Keap1 degradation. *Molecular and Cellular Biology*, 35(15), 2673–2683.

Rushworth, S. A., Chen, X.-L., Mackman, N., Ogborne, R. M., & O’Connell, M. A. (2005). Lipopolysaccharide-induced heme oxygenase-1 expression in human monocyte cells is mediated via Nrf2 and protein kinase C. *The Journal of Immunology*, 175(7), 4408–4415.

Jang, J., Wang, Y., Kim, H. S., Lalli, M. A., & Kosik, K. S. (2014). Nrf2, a regulator of the proteasome, controls self-renewal and pluripotency in human embryonic stem cells. *Stem Cells*, 32(10), 2616–2625.

Ramezani, A., Nahad, M. P., & Faghihloo, E. (2018). The role of Nrf2 transcription factor in viral infection. *Journal of Cellular Biochemistry*, 119(8), 6366–6382.

Delgado, M., & Deretic, V. (2009). Toll-like receptors in control of immunological autophagy. *Cell Death & Differentiation*, 16(7), 976–983.

Nabar, N. R., Shi, C.-S., & Kehrl, J. H. (2018). Signaling by the toll-like receptors induces autophagy through modification of Beclin 1: Molecular mechanism. *Immunology* (pp. 75–84). Amsterdam: Elsevier.

Park, Y.-E., Hayashi, Y. K., Bonne, G., Arimura, T., Nonaka, I., & Nishino, I. (2009). Autophagic degradation of nuclear components in mammalian cells. *Autophagy*, 5(6), 795–804.

Deretic, V., Saitoh, T., & Akira, S. (2013). Autophagy in infection, inflammation and immunity. *Nature Reviews Immunology*, 13(10), 722–737.

Chiramel, A. I., Brady, N. R., & Bartenschlager, R. (2013). Divergent roles of autophagy in virus infection. *Cells*, 2(1), 83–104.

Akbari, A., & Rezaie, J. (2020). Potential therapeutic application of mesenchymal stem cell-derived exosomes in SARS-CoV-2 pneumonia. *Stem Cell Research & Therapy*, 11(1), 356. https://doi.org/10.1186/s13287-020-01866-6.

Hassanpour, M., Cheraghi, O., Brazvan, B., Hiradifar, A., Aghamohammadzadeh, N., Rahbarghazi, R., & Nouri, M. (2018). Chronic exposure of human endothelial progenitor cells to diabetic condition abolished the regulated kinetics activity of exosomes. *Iranian Journal of Pharmaceutical Research*, 17(3), 1068.

Agostini, L., Martinon, F., Bums, K., McDermott, M. F., Hawkins, P. N., & Tschopp, J. J. I. (2004) NALP3 forms an IL-1β-processing inflammasome with increased activity in Muckle-Wells autoinflammatory disorder. *Immunity*, 20(3), 319–325.

Van Dongen, H. M., Masumori, N., Witwer, K. W., & Pegtel, D. M. (2016). Extracellular vesicles exploit viral entry routes for cargo delivery. *Microbiology and Molecular Biology Reviews*, 80(2), 369–386.

Gould, S. J., Booth, A. M., & Hildreth, J. E. (2003). The Trojan exosome hypothesis. *Proceedings of the National Academy of Sciences*, 100(19), 10592–10597.

Qian, X., Xu, C., Fang, S., Zhao, P., Wang, Y., Liu, H., Yuan, W., & Qi, Z. (2016). Exosomal microRNAs derived from umbilical mesenchymal stem cells inhibit hepatitis C virus infection. *Stem Cells Translational Medicine*, 5(9), 1190–1203.

Cheng, M., Si, Y., Niu, Y., Liu, X., Li, X., Zhao, J., Jin, Q., & Yang, W. (2013). High-throughput profiling of alpha interferon-and interleukin-28B-regulated microRNAs and identification of let-7 s with anti-hepatitis C virus activity by targeting IGF2BP1. *Journal of Virology*, 87(17), 9707–9718.

Ono, M., Kosaka, N., Tominaga, N., Yoshioka, Y., Takeshita, F., Takahashi, R., Yoshiida, M., Tsuda, H., Tamura, K., & Ochiya, T. (2014). Exosomes from bone marrow mesenchymal stem cells contain a microRNA that promotes dormancy in metastatic breast cancer cells. *Science Signaling*, 7(332), ra63–ra63.
horseshoe bats through recombination. *Journal of Virology, 89*(20), 10532–10547.

195 Ferguson, S. W., Wang, J., Lee, C. J., Liu, M., Neelamegham, S., Canty, J. M., & Nguyen, J. (2018). The microRNA regulatory landscape of MSC-derived exosomes: a systems view. *Scientific Reports, 8*(1), 1–12.

196 Castaño-Rodriguez, C., Honrubia, J. M., Gutiérrez-Álvarez, J., DeDiego, M. L., Nieto-Torres, J. L., Jimenez-Guardeño, J. M., Regla-Nava, J. A., Fernandez-Delgado, R., Verdia-Báguena, C., & Queral-Martín, M. (2018). Role of severe acute respiratory syndrome coronavirus viroporins E, 3a, and 8a in replication and pathogenesis. *MBio, 9*(3), e02325-17.

197 Zeng, Q., Langereis, M. A., Van Vliet, A. L., Huizinga, E. G., & De Groot, R. J. (2008). Structure of coronavirus hemagglutininesterase offers insight into corona and influenza virus evolution. *Proceedings of the National Academy of Sciences, 105*(26), 9065–9069.

198 Khatri, M., Richardson, L. A., & Meulia, T. (2018). Mesenchymal stem cell-derived extracellular vesicles attenuate influenza virus-induced acute lung injury in a pig model. *Stem Cell Research & Therapy, 9*(1), 1–13.

**Publisher's note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.