Possible Effect of Perampanel on Epilepsia Partialis Continua after Generalized Tonic-Clonic Status Epilepticus

Tae-Won Yang, MD, PhD¹, Do-Hyung Kim, MD, PhD², Young-Soo Kim, MD, PhD³

¹Department of Neurology, Gyeongsang National University Changwon Hospital, Changwon, Korea
²Department of Neurology, Samsung Changwon Hospital, Sungkyunkwan University School of Medicine, Changwon, Korea
³Department of Neurology, Gyeongsang National University Hospital, Jinju, Korea

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Corresponding author:
Young-Soo Kim, MD, PhD
Department of Neurology, Gyeongsang National University Hospital, 79 Gangnam-ro, Jinju 52727, Korea
Tel: +82-55-750-8077
Fax: +82-55-750-1709
E-mail: youngsookim0127@gmail.com

Introduction

Status epilepticus (SE) is a serious neurological disease characterized by persistent seizures that do not stop on their own. It has a relatively high incidence rate¹ and a mortality rate of more than 20%.² The underlying pathophysiological changes in persistent seizures are known to be an imbalance in the levels of the inhibitory neurotransmitter gamma-aminobutyric acid (GABA) and the excitatory neurotransmitter glutamate.³ If seizures persist despite the use of second-line antiepileptic drugs (AEDs), refractory SE (RSE) is diagnosed. Intensive treatment and anesthetic drug use can be considered depending on the type of seizures.⁴,⁵ As seizures persist, postsynaptic GABA receptors can internalize into the cytoplasm and alter the homeostasis of chloride, diminishing the effect of GABAergic drugs.⁶ At this point in time, glutamate as an excitatory neurotransmitter plays an important role in maintaining seizures through alpha amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors. Perampanel (PER) is a new anticonvulsant drug that acts as a noncompetitive antagonist of AMPA receptors. The effect of PER on various types of SE has been reported in several cases. Previously, we have confirmed that PER exerts a seizure-controlling effect in SE without causing any harmful reactions.⁷,⁸ Here, we present a case wherein recovery was achieved after the introduction of PER in a patient with epilepsy partialis continua (EPC) after generalized tonic-clonic SE.

Case

A 52-year-old man presented to the emergency room (ER) with repeated seizures. At the age of 13 years, he was diagnosed with epilepsy. He was prescribed valproic acid (600 mg), carbamazepine (600 mg), phenytoin (300 mg), and diazepam (6 mg) at another clinic. His drug compliance was good, but he had inter-
mittent seizures. His caregiver found that he had lost consciousness on the day of his visit. On the way to the ER, he experienced generalized tonic-clonic seizures several times. Upon arrival to the ER, lorazepam (7 mg) was administered intravenously. The initial plasma level of carbamazepine was 6.7 μg/mL, that of valproic acid was 65.99 μg/mL, and that of phenytoin was 11.84 μg/mL. His consciousness did not recover from stupor; however, there were no seizures with motor symptoms. Brain magnetic resonance imaging performed in the ER showed no acute or new lesions. There were no abnormal lab findings that were thought to be the cause of epilepsy. On the next day, electroencephalography (EEG) showed sustained and periodic epileptiform discharges in the left temporal lobe (Fig. 1). After EEG, 40 mg/kg of levetiracetam was injected as a loading dose and 2,000 mg/day was chosen as a maintenance dose. After the loading dose of lorazepam and levetiracetam, there were no seizures and EEG showed improvement (Fig. 2). On the third day of treatment, his consciousness gradually recovered and the patient spontaneously opened his eyes. On the fourth day, he improved to the level of speaking single word. Dietary intake became possible on the seventh day of treatment. On the eighth day of treatment, seizures reappeared despite the injections of levetiracetam, valproic acid, and fosphenytoin with maintained doses. On the next day, EEG findings (Fig. 3) showed periodic epileptiform discharges, similar to the initial EEG. Repeated seizures occurred dozens of times a day, with the patient’s eyeballs and head turning right. At that time, his consciousness was drowsy, but simple communication was possible. This condition was recognized as EPC. Considering the deteriorating EEG findings, a decision was made to add a load-capacity treatment of an AED that could be used orally rather than using general anesthesia with intensive treatment. We decided to use PER in light of the mechanism of action of this drug. First, 6 mg of PER was loaded and the other AEDs in use remained the same. The dose was increased by 2 mg per day while observing the patient’s progress. After a day of using PER, a gradual decrease in the number of seizures was noted, and symptoms disappeared completely on the third day of treatment. There were no adverse effects of the drug. On the sixth day of treatment, the EEG findings normalized (Fig. 4) and there were no episodes of seizures. EEG findings were also normal at the time of the patient’s discharge from the hospital.

**Conclusion**

PER is a first-in-class selective AMPA receptor antagonist that has been licensed and marketed as an AED indicated for patients with partial-onset and primary generalized tonic-clonic seizures. Animal studies confirming the pathophysiology of SE have shown that the delivery of glutamate associated with AMPA receptors is enhanced in sustained states of established SE. This

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**Fig. 1.** Initial electroencephalography in the emergency room showed continuous quasiperiodic sharp and waves on the left temporofrontal area.
finding provides an explanation for why the therapeutic effect of GABAergic drugs is reduced at this period. An experimental study has confirmed the effect of PER on established SE with high resistance to GABAergic drugs. PER has also been proven to have an effect on the termination of diazepam-resistant SE in a lithium-pilocarpine rat model. In addition, synergistic effects were observed when PER was co-administered with diazepam in the same model.

Based on the results of these animal studies, the use of PER has been attempted in SE of various causes and types, and therapeu-

Fig. 2. Decreased quasiperiodic discharges after infusion of lorazepam and levetiracetam loading dose.

Fig. 3. Electroencephalography (EEG) showed aggravation of same as initial EEG patterns.
tic responses have been reported. In 2013, Rösche et al. reported the case of an 81-year-old woman who had been taking levetiracetam and valproic acid for poststroke epilepsy and received PER as an add-on treatment for focal SE. Rohracher et al. reported that 12 patients in the neurological intensive care unit received PER for RSE and super-RSE between September 2012 and November 2014. The initial dose was 4 mg. There was one case of clinical improvement within 24 hours after PER administration and one case of improvement within 48 hours. The response rate was not high due to the difficulty of anticipating clinical improvement. However, PER was evaluated as a relatively safe drug because no harmful reaction was observed. A case series also described the application of PER in nine patients with RSE who had nonconvulsive SE (NCSE). Most of these patients used 6 mg of PER as the initial loading dose. It was found to be effective except in two patients. In 2016, the same authors published a report of successful treatment of focal SE in patients with Rasmussen encephalitis using PER. In this case, PER was safe and had a long-lasting effect.

Termination of SE is clinically defined as the end of seizure symptoms accompanied by motor activity in EPC and as recovery to basal consciousness or the resolution of previously documented EEG abnormalities in NCSE. Thus, different criteria exist for judging termination according to the form of SE. Since patients with RSE are treated with many AEDs at the same time, specific criteria are needed to decide which drug has terminated the SE, but each study has used slightly different criteria for this purpose.

In a study where topiramate was administered to patients with RSE, a successful response was defined as a clinical and EEG improvement obtained within 96 hours after topiramate administration without any changes in other drugs used. A possible response was defined as improvement in cases where there were changes in other drugs besides topiramate during the same period.

In the case described herein, the patient presented with SE accompanied by generalized tonic-clonic seizures, and the seizure symptoms disappeared after the lorazepam loading dose. Subsequently, the seizures became worse in the stage of recovering consciousness. There arose repeated motor seizures, which were diagnosed as EPC. At that point, we decided to use PER. Since EPC terminated within 48 hours after PER administration without changes in the dosage of other drugs, it would be appropriate to consider PER as the specific drug responsible for terminating EPC. Thus, in patients receiving AEDs for EPC, PER may be considered as an additional selective drug with a safe profile.

Notes
Conflicts of interest
No potential conflicts of interest relevant to this article were reported.
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