Research Article

Punctuated Evolution of Influenza Virus Neuraminidase (A/H1N1) under Opposing Migration and Vaccination Pressures

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Received 13 February 2014; Accepted 12 May 2014; Published 16 July 2014

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Influenza virus contains two highly variable envelope glycoproteins, hemagglutinin (HA) and neuraminidase (NA). The structure and properties of HA, which is responsible for binding the virus to the cell that is being infected, change significantly when the virus is transmitted from avian or swine species to humans. Here we focus first on the simpler problem of the much smaller human individual evolutionary amino acid mutational changes in NA, which cleaves sialic acid groups and is required for influenza virus replication. Our thermodynamic panorama shows that very small amino acid changes can be monitored very accurately across many historic (1945–2011) Uniprot and NCBI strains using hydrophaticity scales to quantify the roughness of water film packages. Quantitative sequential analysis is most effective with the fractal differential hydrophaticity scale based on protein self-organized criticality (SOC). Our analysis shows that large-scale vaccination programs have been responsible for a very large convergent reduction in common influenza severity in the last century. Hydrophatic analysis is capable of interpreting and even predicting trends of functional changes in mutation prolific viruses directly from amino acid sequences alone. An engineered strain of NA1 is described which could well be significantly less virulent than current circulating strains.

1. Introduction

In 1918 an avian-related strain (possibly associated with several years of crowded and cold trench warfare conditions) of the common influenza virus H1N1 was responsible for the largest and most lethal pandemic in modern times, with a case fatality rate of 2%. Another H1N1 strain, this time supposedly swine-related, was responsible for the 2009 flu pandemic, with an 0.03% case fatality rate, nearly 100 times smaller. It was suggested [1] that antibiotics might have reduced later fatality rates associated with pneumonia, but these were not available in the 1920s, after the first pandemic disappeared in a year with a rapid drop in fatality rates. Several genes have been proposed to account for the still uncertain origins of the ability of the 1918 virus to replicate in lungs. It has been proposed that antibodies specific for conserved regions of the hemagglutinin stalk and the viral neuraminidase have caused the disappearance of more virulent H1N1 strains [2]. Much more information is available on H1N1 evolution after 1934; during this period H1N1 virulence appears to have declined, possibly as a result of Army vaccination programs beginning in 1944 [3, 4].

There are 470 amino acids in NA, and identifications of "hot spot" epitopes involving 15 or fewer amino acids responsible for the long-term decline in H1N1 virulence can be ambiguous [5, 6]. Small intraspecies strain and even large interspecies dependencies (from chicken to human) of static crystalline protein structures are often too small to be resolved, even if such structures are known (which is rarely the case) [7]. Here we exploit the large number of historic H1N1 amino acid sequences available in Uniprot and NCBI databases to construct a quantitative NA sequential panorama that exhibits the effects of opposing migration and vaccine pressures on H1N1. The NA amino acid historical (1918–2011) panorama exhibits multiply punctuated equilibrium on a molecular scale within a single species. Apart from its specific virological applications, this panorama has important implications for the universality of the nature of protein-water interactions, especially for membrane proteins.

Before discussing details, we should examine the underlying connections between static protein structure and dynamical protein functions. One can begin by distinguishing between short- and long-range interactions. The short-range
interactions often involve near or actual covalent contacts (e.g., Cys-Cys disulfide bridges [7]) or noncovalent anionic (D, Asp or E, Glu) and cationic (R, Arg or K, Lys) salt bridges mediated by H bonds. Short-range interactions are generally the only interactions discussed specifically for interactions between chemicals and proteins, and some of their energies and entropies involved can be estimated by mutagenesis and NMR experiments [8]. The protein-protein interactions important for viral membrane fusion, penetration, replication, and intracellular transport involve a multitude of long-range water-mediated interactions that are separately inaccessible to direct experiment and even to accurate numerical simulations.

While the long-range interactions cannot be measured separately, one can anticipate that they will be more important than short-range interactions for viral evolution. This is because viruses are mutation prolific, and any change in short-range interactions is likely to be too large to be included among such numerous mutations. Instead these mutations will involve combinations of many small and partially compensating long-range interactions. Even in “simple” proteins like lysozyme $c$ there are many indications of compensating short-range mutations in long-range backbone flexibility between human and chicken realizations, separated by 400 million years of evolution [7, 9]. If we think of viral protein structures nearly statically, long-range hydrophobic network interactions could dominate tertiary conformational changes between large modular structural elements, such as the HA heads and/or stalk domains [2, 10].

Another approach to quantifying long-range interactions involves regarding the glassy water films covering protein chains as surface chain packages constrained by water-protein interfacial tension that are deformed by the combined effects of mutational and dynamical conformational differences. If one of the latter is dominant, then it may be possible to monitor functional mutational trends hydropathically, through quantitative trends in solvent-accessible amino-acid specific surface areas [11, 12]. There are several advantages to using hydropathic scales: (1) they are parameter-free and are independent of the protein family studied, as they are based bioinformatically on the entire protein database, and (2) the KD scale [11] describes larger changes which have a first-order or local thermodynamic character, while the MZ scale [12] has a second-order (specifically non-local) character, well adapted to describing partially compensating multiple smaller long-range interactions generated by water chain packaging forces.

Historically long-range water-protein chain interactions have been largely ignored, because the glassy surface water H bond network interactions are not easily included in molecular simulations (except by effective water models, which do not include network effects). However, this does not mean that these small (but very numerous) interactions are unimportant; quite the contrary, they can easily connect the mutational and dynamical conformational differences and provide much more accurate and readily available estimates [7] of property trends than backbone strain energies, which are also long-range [9].

A historical analogy helps one to see why this should be so. Planar aromatic hydrocarbons, such as benzene, $C_6H_6$, react with a wide variety of molecular substitutions. After the discovery of this planar family in the 1870s, chemists spent more than 60 years trying to understand their properties without much success, even after the discovery of quantum mechanics. During this period they tried to explain the preferential substitution (mutation) of peripheral H bonds by other molecules (such as methyl, –CH$_3$) at various edge positions (which are different for polycyclics). The problem was that they tried to use the in-plane or strong internal short-range $\sigma$ bonds, but what they should have used was the weak surface bonds normal to the plane, called the $\pi$ bonds, which are much more polarizable, with long-range interactions. In 1931 Hückel figured this out, but even then his ideas concerning the functional dominance of weak interactions did not reach Britain and America until 1950, nearly 20 years later. Everyone was fixated on the internal $\sigma$ bonds because these were obvious. The weaker $\pi$ surface packing bonds were “hidden in plain sight.” This was not a blind spot of a few individuals for a short time, but a collective intuitive blind spot of all chemists for several generations. For many decades no one saw that the substitution reactions were weak and left the structure nearly planar and the internal $\sigma$ bonds intact, and so the reaction preferences surprisingly would be decided by modifying the weak $\pi$ long-range surface or packaging bonds.

The detailed discussion given here is more easily understood when one similarly pictures the present apparently counter-intuitive calculations as reflecting stretching or shrinking of the water network films that package softer or harder protein chains from different viral strains. Water is highly polarizable (dielectric constant $\sim$100 in the ms time range), and this suggests that the packaging energies can be critical. Experience with many other glassy network systems has shown that medium-range amino acid network interactions are never adequately described by effective medium (nonnetwork, dielectric screening) models commonly used in free energy calculations. The present network scaling model has successfully explained the complementary evolution of dual (enzymatic and lytic) functions of lysozyme $c$ across seven placental and nonplacental species [7], an achievement we believe cannot be attained with free energy simulations, even with inclusion of nonnetwork “effective water.”

Prolific mutations, which viruses undergo in developing new strains to evade either migrational, vaccination programmatic (influenza), or pharmaceutical (HIV) pressures, seem complex and inaccessible to engineering methods. A simpler case is the single disease mutations of rhodopsin that are responsible for retinitis pigmentosa, RP (retinal degeneration). Some of the methods used here to describe vaccination pressures on HA and NA (550 aa) are similar to those previously used to explain the frequency of occurrence of single RP disease mutations [13]. The reader who is unfamiliar with hydropathic analysis may want to study the simpler cases of lysozyme $c$ (130 aa) [7] and rhodopsin (350 aa) RP [13] to see how chain hydropathic profiles using both the first-order KD and the second-order MZ scales perform
in the contexts of those simpler cases. While there are many similarities, the changes in both size and functionality are also reflected in specific and instructive technical differences.

This paper also utilizes some new methods specific to the large databases associated with mutation prolific viruses. In earlier papers hierarchical hydrophatic amino acid profiling was correlated with sequence similarities (BLAST) to identify evolutionary optimization of blue rhodopsin (in humans) [14] and red ops in (in cats) [15]. Here BLAST amino acid similarities are maximized to construct shortest paths between apparently punctuated stages [16] of H1N1 evolution. These shortest paths can then be analyzed hydrophatically to separate competing migration and vaccination effects on molecular structure at the amino acid level.

2. Methods

The second-order MZ scale \( \psi_{\text{MZ}}(\text{aa}) \) is based on self-organized criticality (SOC). SOC explains power-law scaling, and it is arguably the most sophisticated concept in equilibrium and near-equilibrium thermodynamics. By identifying power-law scaling and associating it with SOC, theory explains many very widely observed nonbiological phenomena [17]. The appearance of SOC in globular proteins is most spectacular, because it incorporates evolutionary optimization and makes possible many hierarchical calculations. Hierarchical calculations can be controlled and used to engineer nearly optimal properties of many systems.

The abstract concept of SOC in protein chains was proven bioinformatically by analyzing the properties of solvent-accessible surface areas (SASA) of 5526 protein segments from the protein databank as a function of the \( C_\alpha \) segmental length \( X = 2N+1 \). As \( X \) increases, internal aa overlap initially causes the SASA associated with the central segmental aa to decrease rapidly with \( N \), but because of globular compaction, power-law behavior takes over for distant residues with \( 4 \leq N \leq 17 \) (9 \( \leq W \leq 35 \))

\[
\frac{d \log \text{(SASA (aa))}}{d \log N} = -\psi \text{ (aa)},
\]

where \( \psi \text{(aa)} \) was constant for \( N \geq 4 \). In other words, the decrease of SASA with increasing segment size \( X \) asymptotically follows a fractal power law \( N^{-\psi} \), with dimensionless exponents \( \Psi = \{\psi(\text{aa})\} \) specific to each aa. The \( \Psi \) scale established by these exponents can be compared numerically to earlier noncritical hydrophatic scales based on simple aa-specific areas of the entire protein (effectively \( N = \infty \)) or KD transfer energies (see Table I of [7], which lists all 20 amino acid constants for three \( \Psi \) scales).

Readers who are unfamiliar with the concept of SOC may be surprised to find that for most proteins’ functionalities the MZ \( \Psi \) scale yields substantially better correlations than enthalpy transference scales (such as KD), which have greater intuitive appeal. In fact, the discoverers of the MZ scale did not immediately make the connection between their results and SOC in their original paper [12] but have since adopted it as the most natural explanation for their remarkable discovery [18].

The connection of the MZ scale to SOC is valuable for several reasons. First, it provides a quantitative realization in the context of amino acid sequences alone of one of the major factors in protein evolution, global (holistic) water-protein chain packaging interactions. Evolution tends to optimize these interactions for homologous chain folds in order to optimize the interfacial energy between the protein and its water monolayer film. While evolution has refined these interactions, they are still not perfectly ideal (the critical point for a given fold is approached but not attained). Second, water-protein chain packaging interactions are of course weaker than direct aa steric interactions at short range, which is why the self-similarity power law (1) holds only for \( N \geq 4 \). (Notice that the natural pitch of the \( \alpha \) helix is 3.6.) Third, it is clear that transference scales like KD are thermodynamically similar to first-order phase transitions, whereas SOC is similar to a second-order phase transition. This distinction is a valuable one. It means that which scale gives better correlations will probably depend on whether the function analyzed involves a few large (first-order, partially unfolding) interactions, or many small (second-order, small relative tertiary, fold-retaining) interactions, or possibly the two combined in series. In all the homologous cases we have studied so far, including not only rhodopsin, but also a number of other GPCR signaling proteins [19] as well as lysozyme \( c \) and many nucleoporin repeat transport proteins [20], the thermodynamically second-order nonlocal MZ \( \Psi \) distal scale based on SOC has outperformed first-order local transference hydrophatic scales.

One can define the nonlocal sliding window average by

\[
\langle \psi(j) W \rangle = \sum \psi(j+i) \frac{W}{W}
\]

with \(-N \leq i \leq N\). Sliding window averages are not new to proteins; they are mentioned in the titles/abstracts of 100 + papers. It turned out that significant differences in the hydrophatic sliding window average \( \langle \psi(W) \rangle \) (window length) of lysozyme \( c \) (a non-membrane protein) between species occurred only in certain long (\( W \sim 15 \)) segments in the SOC range, which could be identified by using \( \langle \psi(3) \rangle \) MZ chain profiles. These segments (e.g., the newly identified enzymatic blue glycosidic scissors, aa 80–94, apparent but not identified functionally in lysozyme \( c \) backbone strain studies [9]) correlate well with evolutionary trends in both enzymatic and antimicrobial properties [7]. These correlations probably arise from dynamical tertiary conformational mechanisms. They are not explicable using most other tools, such as the \( \langle \psi(3) \rangle \) KD chain profiles, BLAST sequential similarity, or conventional backbone Euclidean geometrical structural superpositions. Some similarities can be seen between [7] hydrophatic chain profile evolution and [9] mutational changes in backbone flexibility, as both identify aa 80–94 as dynamically important. However, [7] established this segment as enzymatically crucial, while [9] merely recognized it as representing a narrow mesa of increased mutational flexibility, without mentioning its enzymatic functionality.

Here we will see that hydrophatic elastic chain roughening profiles provide a tunable nonlocal handle on long-range
MZ interactions, which could be as useful for the latter as short sequence motifs and crystal structures are for exploring short-range (contact) interactions. Roughening is defined simply in terms of the variances of hydropathic $\langle \psi W \rangle$ sliding window chain profiles, where the window length $W$ can be tuned to optimize resolution of interprotein (e.g., different species or mutational) differences. Generalized hydropathic chain convoluted profiles $\langle \psi(i)W \rangle$ exhibit oscillations, and these oscillations are often quite similar for different species over large parts of a given protein. In retrospect these strong similarities could have been expected, as the conformational changes that determine protein functionality involve tertiary long-range forces, with the changes in short-range interactions limited by rigid secondary structures (helices and strands) whose main role is to stabilize the functional units during long-range conformational changes. Increasing the convolution length $W$ smoothes the oscillations of the hydrophobicity chain profiles and reduces their amplitudes and yields parameter-free measures of long-range interfacial water-protein roughening. The variance function $\mathcal{R}(W)$ is defined by

$$\mathcal{R}(W) = \sigma^2(W) = \frac{\sum_i \langle \psi(i) W(N) \rangle - \langle \langle \psi(i) W(N) \rangle \rangle^2}{(M-W)},$$

(3)

where the sequence contains $M$ aa, and the average is over the central sites, with $N$ sites at each end excluded. Note that because of (1), $\langle \psi(i) W(N) \rangle$ is in effect a double $W$-$X$ convolution, as $\psi(i)$ itself is based on the linear region of a log-log plot of SASA as a function of $X = 2N+1$. The variance function $\mathcal{R}(W)$ measures stretching or shrinking of the water films that package different viral strains.

### 3. Paths in Hydropathic Configuration Space

As we will see, hydropathic scales enable us to compare homologous amino acid sequences. For a protein with 500 amino acids, each of which is selected from a list of 20 possibilities, this means that the maximal dimension of the corresponding configuration space is 10,000. To reduce evolution in this space to a manageable form, we can construct shortest paths from sequence A to sequence B that involve minimum numbers of mutations of intermediate strains. This procedure is especially simple if the strains are ordered chronologically, but they can also be ordered according to a property such as roughness. Mathematicians will recognize such paths as analogous to the method of steepest descent, originated by Laplace, extended to saddle points by Riemann (1863) and Debye (1909), and discussed in many Web-accessible lectures.

### 4. Tuning $W$

What is the meaning of tuning $W$? Increasing $W$ from 1 to some larger value of $2M+1$ ($M > 0$) does have a smoothing effect, but how does $W$ relate to structural features? The most prominent feature of NA chain hydroprofiles is the hydrophobic peak associated with the 7–35 transmembrane region, so $W$ should be small enough to resolve this peak (other peaks and valleys have similar widths, as do the glycosylation sites and/or disulfide bond spacing, as shown on Uniprot). At the same time, the difference between $\mathcal{R}(W)$ calculated by the first-order KD scale and the second-order SOC MZ scale increases with increasing $W$, and we would like this difference to be as large as possible. For these two reasons, we chose $W = W_{\text{max}} = 17$, and this choice has worked well. Similar results would probably be obtained with $W$ between 15 and 21. One can use the hydropathic tools (1)–(3) inductively, following the author's own exploratory path based on extracting as much as is easily possible bioinformatically, using primarily amino acid sequences of NA as they have evolved from 1918 to 2010. The following NA results are presented using two scales, the first-order like KD scale, and the second-order like MZ SOC scale. Generally the roughnesses calculated from the KD scale are larger than those from the MZ scale for both HA and NA. It seems likely that this reflects the greater accuracy of the MZ scale, because viruses evolve towards smoother chain profiles, and some features of this evolution are unresolved with the KD scale.

### 5. Results

The discussion above may strike some readers as overly elaborate. If water film packages are so important, why not just calculate $\langle \psi \rangle$ for many strains, take their averages for each year, and plot these from 1945 to 2011 to see the evolution of glycoprotein globular compactness? When this is done for HA and NA, one finds several interesting results. First, $\langle \psi \rangle$ exhibits interesting trends among different membrane proteins compared to a standard nonmembrane protein such as lysozyme $c$ (see Table 1). Evolution generally tends to compact proteins (increasing $\langle \psi \rangle$), as can be seen from the lysozyme $c$ examples. Table 1 shows that NA and HA are

| Strain   | $\langle \psi \rangle_{\text{MZ}}$ | $\sigma(\langle \psi \rangle_{\text{MZ}})$ | $\langle \psi \rangle_{\text{KD}}$ | $\sigma(\langle \psi \rangle_{\text{KD}})$ |
|----------|----------------------------------|--------------------------------------|----------------------------------|--------------------------------------|
| Lyso. (C) | 153.1                            | 0.4                                  | 159.7                            | 0.3                                  |
| Lyso. (H) | 154.7                            | 0.6                                  | 156.5                            | 0.7                                  |

The standard deviations $\sigma$ for NA are taken over the pantorama plateaus 1945–2011. For HA the year 1996 was used to estimate $\sigma$. Also shown are lysozyme $c$, adrenergic ($\beta_1$), and rhodopsin values of (MZ) and (KD) for several species (lamprey (L), chicken (C), and human (H)). In general evolution stabilizes proteins by compacting them and increasing $\langle \psi \rangle$. Note that rhodopsin is exceptionally stable with a larger $\langle \psi \rangle$ for the two scales, as it must be able to receive and process optical signals. NA is noticeably hydrophilic, and HA is even more hydrophilic (smallest $\langle \psi \rangle$). The $\langle \psi \rangle$ trends shown here are interesting, but the opposing viral effects of migration and vaccination pressures can be recognized only in the context of the more sophisticated discussion in the text.
strongly hydrophilic, with HA being twice as hydrophilic as NA, relative to human lysozyme. In Figure 1 we see the evolution of NA and HA. The NA variations are within the range expected from statistical scatter and are not useful. Large variations are seen in HA \( \langle \psi \rangle \), and the structural origin of these is discussed in a later paper. The absence of structure for \( \langle \psi \rangle \) (NA) in Figure 1 is the reason why we have gone further, tuned \( W \), calculated roughnesses, and displayed hydroplofures for panoramic strains of NA.

Widespread vaccination programs can interrupt the stability of similar viral strains, which can be called punctuated equilibrium [16]. Here we prefer the term punctuated evolution, which has a different meaning [21]. Hitherto efforts to study punctuated molecular evolution have focused mainly on microorganisms [22], but our results exhibit punctuated evolution for \( R_{KD}(W_{\text{max}}) \) and \( R_{MZ}(W_{\text{max}}) \) in human NA H1N1, as initiated by migration (interspecies or geographical intraspecies) and vaccination pressures. Punctuated evolution is a more quantitative concept than directed evolution [23]; it is reminiscent of diffusive foraging in complex network systems, which often can be described as a product of many small (equilibrium) steps and a few large (evolutionary) Lévy hops [24]. Our results on the evolution of NA H1N1 are summarized in Table 2, which exhibits sharp punctuations, both favorable (vaccination) and unfavorable (migration).

The KD and MZ NA roughnesses changed little between 1918 and 1949, and antibody effects are not evident. Flu vaccine was first widely administered by the American Army starting in 1944, with vaccination pressure accumulating through 1949. In 1950–1957 the pressure created by vaccination of <0.1% of the world’s population drastically smoothed NA H1N1 chain profiles \( R_{KD}(W_{\text{max}}) \) and \( R_{MZ}(W_{\text{max}}) \) almost everywhere (Figure 2). Overall the KD and MZ values appear to show similar trends, but there may be less scatter in the MZ values. The broad trend is nearly constant from 1918 to 1949, defining superstrain A [\([MZ,KD)\sim(164,211)]\), when the cumulative effects of the Army vaccination program led to a punctuated drop of \( R_{KD}(W_{\text{max}}) \) by about 10% and of \( R_{MZ}(W_{\text{max}}) \) by about 13%, first unambiguously observed in 1950 Fort Warren, followed by the roughness “vaccination valley,” which lasted until 1976, superstrain B [\([MZ,KD)\sim(148,188)]\]. Note that because of its geopolitical isolation the 1954 Leningrad strain [\([MZ,KD)\sim(165,204)]\) was apparently unaffected by the Western vaccination program. A curious feature of this period is the two strains found in the Netherlands in 1948 [\([MZ,KD)\sim(183,222)]\), and five years later, 1953 [\([MZ,KD)\sim(145,188)]\), with a punctuated gain in smoothness (from highest to lowest) twice as large as the average for other strains.

Let us take a closer look (Figure 3) at the onset of the “vaccination valley” between 1945 and 1950. It occurred abruptly (“punctuated”), with a large drop between 1949 Rome superstrain A [\([MZ,KD)\sim(164,211)]\), and 1950 Fort Warren, which defines superstrain B [\([MZ,KD)\sim(148,192)]\). In the 1945–1949 period \( R_{MZ}(W_{\text{max}}) \) appears to be nearly level from one year to the next. Out of 470 amino acids there were many fluctuations in superstrain A (using the BLAST classification, typically ~35 mutations, including...
The largest NA changes due to three single mutations are shown before and after the 1950 vaccination punctuation. These changes look very small here, but peaks (like 19) and raising valleys (like 215) near extrema and smooth the chain profile globally by lowering transmembrane region 7–35. Overall the changes are concentrated in the strongly hydrophobic areas so successful in measuring vaccination and migration pressures. Note how I19T is centrally placed in the overall strongly hydrophobic region 7–35. Substitutions near the terminal compensated these, and nearly all the largest mutations reducing $R_{MZ}(W_{\text{max}})$ are (especially $R_{KD}(W_{\text{max}})$), because of their smaller $\sigma$’s, and why they are so successful in measuring vaccination and migration pressures. The horizontal dashed line draws attention to the reversion after the 6-week Fort Dix outbreak of world-wide strains to the superstrain A plateau prevalent before the success of the Army vaccination program, which had led to the vaccination valley. The 1954 value refers to an isolated Russian strain (see text). Otherwise, example species were sometimes selected by the steepest descent methods discussed in text. The correlation of the MZ and KD values is 0.78 in this period.

![Figure 2: The NA hydrochains $\langle \psi(j) W \rangle$ with $W = 17$ (MZ scale, [12]) are shown before and after the 1950 vaccination punctuation (A-B in Table 1). The largest NA changes due to three single mutations are indicated. These changes look very small here, but their effects on roughness are much larger than the scatter $\sigma$ in the roughness averages over many strains in each superstrain plateau. This shows how informative the $R_{KD}(W_{\text{max}})$ and $R_{MZ}(W_{\text{max}})$ are (especially $R_{MZ}(W_{\text{max}})$), because of their smaller $\sigma$’s, and why they are so successful in measuring vaccination and migration pressures.](image)

Figure 3: A sketch showing the NA17 evolution of both MZ and KD roughnesses $R(17)$ through the first vaccination and migration punctuations. The horizontal dashed line draws attention to the reversion after the 6-week Fort Dix outbreak of world-wide strainsto the superstrain A plateau prevalent before the success of the Army vaccination program, which had led to the vaccination valley. The 1954 value refers to an isolated Russian strain (see text). Otherwise, example species were sometimes selected by the steepest descent methods discussed in text. The correlation of the MZ and KD values is 0.78 in this period.

I5 nonpositive, that is, loosely belonging to separate groups (hydrophobic, phylic, or neutral). However, after 1949 these fluctuations almost disappeared, with only ~15 mutations, <5 non-positive in superstrain B. As the strains became smoother, they also became more stable as superstrains. Although this effect is easily recognized afterwards with BLAST, it has been found here only because we were aware of the $R_{MZ}(W_{\text{max}})$ punctuation between 1949 Rome and 1950 Fort Warren.

A still closer look at the 1949 Rome and 1950 Fort Warren punctuation is shown in Figure 4. Between Houston 1945 and Rome 1949 there were II largest mutations in superstrain A, defined as involving changes in MZ hydropathicity $\psi$ of >50 (in units of $10^{-3}$). Substitutions near the N terminal, especially V16A, reduced $R_{MZ}(W_{\text{max}})$, but then other mutations (esp. I362T) near the P terminal compensated these, so that $R_{MZ}(W_{\text{max}})$ was only slightly reduced on going from Houston 1945 to Rome 1949. The actual punctuation occurred between 1949 Rome and 1950 Fort Warren, and it involved only 5 largest mutations, with only one of these (I19T) having a large uncompensated effect, opposite in sign to the prior I362T, and nearly all the largest mutations reducing $R_{MZ}(W_{\text{max}})$. This punctuated change was caused mainly by the single transmembrane mutation I19T. If applied alone to Rome 1949, it causes $R_{MZ}(17)$ to drop from 164 to 153, about 2/3 of the $R_{MZ}(17)$ drop to 1950 Fort Warren ($R_{MZ}(17) = 148$).

These apparently small “vaccination valley” A-B punctuated shifts in NA smoothness were accompanied by large reductions in antigenic response, so much so that interest in HIN1 rapidly declined during the early 1950s, and a gap appears in the HIN1 sequence database, extending from 1958 to 1975. (Meanwhile, other unusual subtypes appeared, such as H2N2 in 1957 and H3N2 in 1968, which attracted much attention and modified vaccination protocols.) Attention was refocused on common H1N1 when it reappeared in a strongly virulent form in Jan. 1976 in Fort Dix in a mysterious and surprisingly brief outbreak that lasted only 3 weeks and seemingly did not spread beyond Fort Dix. The outbreak increased $R_{MZ}(17)$ by 13σ above the average value of the 1950–1957 vaccination valley (Table 2 and Figure 3). Experts were unable to answer many questions, “including the following: Where did A/New Jersey (Fort Dix) come from? Why did transmission stop?” [25].

With modern data bases and BLAST, these historic questions can be answered. ACU80017 (A/Fort Dix 1976) is a throwback strain identical to ADJ40425 (Puerto Rico 1934). The “new” Fort Dix strain came from basic trainees imported from Puerto Rico, a subtropical island sufficiently isolated from temperate climates that its rural inhabitants could...
have evaded the beneficial effects of vaccination, with the same strain persisting for more than 40 years. Transmission stopped because of prompt corrections to crowded and cold basic trainee conditions. Although the Fort Dix strain was labeled possible swine flu, it could also have been simply a prevaccination form of H1N1, possibly persisting only in rural areas, and subtopically more antigenic than earlier temperate strains.

To the officials who handled the Fort Dix outbreak it appeared that the incipient epidemic had been contained, but as Figure 3 shows, this was not entirely so. In response to the Fort Dix outbreak, 25% of the American population was vaccinated by October 1976, using a hasty produced vaccine that does not meet modern standards of purity [26], which may have had a few unfortunate side effects. However, as shown in Figure 3, in spite of massive vaccinations, after 1976 the earlier roughness of superstrain A (before the vaccination valley of 1950–1975, and matching the level found in 1954 theearlierroughnessofsuperstrainA(beforethevaccination showninFigure3,inspiteofmassivevaccinations,after1976
may have had a few unfortunate side effects. However, as
that does not meet modern standards of purity [26], which
vaccinatedbyOctober1976,usingahastilyproducedvaccine
t h eF o r tD i xo u t b r e a k ,2 5 %o ft h eA m e r i c a np o p u l a t i o n w a s

NA punctuated superstrain B-C evolution also occurred mainly in 1987 [(MZ,KD)= (165,214)]–1989 [(MZ,KD)= (149,201)], but it went unnoticed, probably because it was the result of the gradual accumulation of vaccination benefits. However, with the MZ scale one can study this B-C transition and find strains that represent the crossover explicitly. One can also find the single mutations that caused the largest smoothing. Although there are 15 nonpositive mutations between Singapore 1986 [(MZ,KD)= (166,212)] and Bayern 1995 [(MZ,KD)= (141,200)], about half of the smoothing is due to a single key transmembrane mutation, C14S. This mutation first appeared in Japan, for instance, in Hokkaido 1988 and Yamagata 1989 [(MZ,KD)= (151,210)]. Apparently by the mid-1980s the vaccination program in Japan among schoolchildren begun immediately after Fort Dix in 1976 [28] had become exceptionally effective, and its benefits gradually spread to the rest of the world. The smoothing increase is clearer with the MZ scale than with the KD scale, because of the large scatter in the latter’s results, evident in Table 2. Note that the single mutation most responsible for 1949-1950 punctuated smoothing, I19T, also lies near the center of the transmembrane region 7–35 (Uniprot); both replace a TM central hydrophobic amino acid with a hydrophilic one, making the TM region more flexible.

Most of the post-1988 mutations also refined the smoothness of the 1977–1986 strain until a milder superstrain C, better able to evade vaccine, appeared and by 1996 the full effects of vaccine avoidance gave superstrain C [(MZ,KD)= (142,199)]. Because superstrain C was much milder, fewer vaccinations occurred, and simultaneously there was a steady increase in migration. The first appearance of “swine flu” was in a Beijing 1995 strain (ACF41870) [(MZ,KD)= (154,205)], with an MZ roughness σ above the superstrain C average, and presumably severe symptoms, similar to those not seen since before 1988. This observation led to measurements of 23 NA amino acid strain sequences in New York in 1995. The earliest of these in 1995 were near the 1988–2005 superstrain C averages, but the latest in 1995 showed an increase of MZ roughness of σ, and by 1996 this had increased further to 1.5σ. These MZ roughness increases were significant, but on the scale of the difference ~10σ between 1977–1986 and 1988–2005 superstrain B and C averages, these effects did not constitute a significant threat to public health. Moreover, multiple 1996 measurements in Memphis (9) and Nanchang (13) showed no or little increase in MZ roughness and presumably symptom severity. It appeared that the Beijing 1995 strain was an aberration, which had had small effects

Figure 4: The beneficial effects of vaccination programs are cumulative, and those of small programs accumulate more slowly. The small US Army program, begun in 1944, did not show beneficial effects until 1950. The way that this happened at the aa level is shown here for A(17) for the MZ and KD scales. A sketch shows the effects of individual mutations leading up to, and including, the first 1949-1950 A-B vaccination punctuation. The dominant effect of I19T between Rome 49 and Ft Warren 50, near the center of the 7–35 transmembrane segment, is clear.
in New York, contained by vaccination counter-pressures. However, another 1977–1986-like strain appeared in Hong Kong in 2002 (ACA96509) \([\text{MZ, KD}]=\{(185,213)\}\), indicating that more severe "throwback" strains could reemerge and flourish in crowded conditions.

Signs of more severe flu were widespread in successive mini-outbreaks in New York by 2003 and in German cities by 2005, leading to measurements of bunches of NA amino acid strain sequences, culminating in Houston 2007. Berlin reported the largest German increase in MZ roughness, about \(2\sigma\) above the 1988–2005 superstrain C average, possibly reflecting more crowded conditions among migrant labor.

(Note that a direct connection between these trends and actual swine flu is not easily established by phylogenetic analysis [29, 30], which appears to lack the resolution needed: it could not separate American from Eurasian swine influences.) By 2006, the Berlin outbreak value \([\text{MZ, KD}]=\{(147,195)\}\) had risen further to \(3\sigma\) above the 1988–2005 superstrain C MZ average, and increases of \(\sigma\) or more are common in the ~50 American strains reported in 2006, with Los Angeles showing \(2\sigma\). It is striking that these urban trends appear consistently using the MZ scale, with its small \(\sigma\), but are not apparent with the KD scale, where \(\sigma\) is more than twice as large. Note that the scale of these successive mini-outbreaks, even using the smaller 1988–2005 values of \(\sigma\), was still small compared to the 13σ Fort Dix outbreak, which is why the MZ scale is so useful in describing such mini-outbreaks.

Between 2005 and 2008, the number of NA H1N1 annually reported sequences in the NCBI database grew from 20 to 80, indicative of growing concern for the possibility of a "swine flu" pandemic. In 2007 most large urban centers show larger MZ roughness, about \(2\sigma\) above the 1988–2005 superstrain C MZ average, with Houston (ACA33539, 147.3) reporting the largest \(3\sigma\) increase, bringing it close to reverting to superstrain B. However, New York (ABW23371, 136.6), where vaccination had become common after the 2003–2005 seasons, showed beneficial vaccination effects, with 2007 MZ roughness diminishing to \(2\sigma\) below the 1988–2005 superstrain C average. In Figure 4 we noted that the beneficial effects of vaccination programs are cumulative, and those of small programs accumulate more slowly. For more recent large-scale urban swine flu programs, the delay times to vaccination were less than two years, compared to the six year delay time shown in Figure 4 for the small-scale Army program. The delay time for the Japanese school children’s program was even longer (12 years, until the first vaccinees graduated) [28].

The most interesting 2007 cases occurred in Hawaii: they offer the opportunity to test the punctuated superstrain concepts and the effects of vaccination in apparently the same place and time. In 2007 Hawaii reported 23 sequences, of which 10 were independent. Using the MZ scale, these 10 sequences separate clearly into three superstrain groups \([\text{MZ, KD}]=\{(148,136,130)\}\), with the MZ separation being clearly superior. The sum \(\Sigma\) of the standard deviations \(\sigma\) for the first two MZ groups I (5 members) and II (4) is only \(3\sigma\) on both scales. Thus, the separation of the I and II MZ groups is a comfortable \(\alpha\Sigma\), with \(\alpha=3.8\), but these I and II groups are separated only by \(\alpha<1\) on the KD scale. In fact, using the MZ scale only, we can identify I as tourists (e.g., from Brisbane, California, or Texas) who had not benefited from the widespread vaccination program of New York and whose NA had regressed to superstrain B, whereas II was New Yorkers who had benefitted, perhaps even as part of their travel plan. Note that this is a public health benefit: both I and II tourists presumably enjoyed similarly comfortable, uncrowded conditions at home. The third ultrasmooth Hawaii 2007 group \([\text{MZ, KD}]=\{(130,183)\}\] had only one example, which appears to be closer to strain D below.

An interesting footnote here is that the splitting of the Hawaii 2007 I and II tourist groups in units of \(\Sigma\) is a sensitive test of the choice of our tuning parameter \(W_{\text{max}}\), which was set at 17 and gave \(\alpha=3.8\). Repeating the Hawaii I and II groups analysis with \(W_{\text{max}}=15\), one finds \(\alpha=2.5\) (poorer resolution), but for \(W_{\text{max}}=21\), one finds \(\alpha=4.0\) (slightly better resolution). The improvement in \(\alpha\) from \(W_{\text{max}}=17\) to \(W_{\text{max}}=21\) is so small as not to warrant repeating the \(W_{\text{max}}=17\) calculations for \(W_{\text{max}}=21\). The poorer resolution for \(W_{\text{max}}=15\) already reflects the onset of masking effects of short-range forces (packing misfit, which dominates below \(W=9\)), which obscure the favorable effects of vaccination pressure in smoothing the large-scale, water-packaged tertiary NA structure. These large-scale water-protein interactions are invisible to conventional similarity analysis by BLAST. It is also interesting that, in studying the evolution of enzyme activity in lysozyme c (a smaller protein, only 130 aa), we identified a \(W=15\) aa segment (the "blue scissors", 80–94) significantly different between humans and swine [7, 9], correlated with changes in enzyme activity.

A new H1N1 vaccine for 2008–2009 was adopted by WHO, based on Brisbane 2007 (ADE28752) \([\text{MZ}=146.5, 2.5\sigma\) above superstrain C average, but still slightly milder than Houston 2007], and widely distributed, with vaccine avoidance beneficial smoothing effects leading to superstrain D \([\text{MZ}=125\) far larger than had been anticipated. Not only did superstrain D reverse the urban trend toward larger roughness in the absence of vaccination, but also the wide vaccine distribution even caused the average roughness to drop by a large amount, about \(8\sigma\ [1988–2005\) superstrain C units], below the previous level (Table 2) to \([\text{MZ, KD}]=\{(125,175)\}\) far larger than had been anticipated. Not only did superstrain D reverse the urban trend toward larger roughness in the absence of vaccination, but also the wide vaccine distribution even caused the average roughness to drop by a large amount, about \(8\sigma\ [1988–2005\) superstrain C units], below the previous level (Table 2) to \([\text{MZ, KD}]=\{(125,175)\}\). Given that increases of order \(1-2\sigma\) were serious enough clinically to launch nearly two hundred sequencing studies in 2005–2008, after there were only two in 2004, it is clear that this \(8\sigma\) reduction represents a very large gain in mildness of common flu.

By the time we reach 2009, concern over the “swine flu” pandemic was such that NCBI lists more than 6000 "neuraminidase H1N1 2009 human" sequences. However, because of vaccination pressures, all these 2009 strains were the mildest (smoothest) known. Moreover, their fluctuations were very small. A survey of 10 geographically dispersed (globalized) strains gave the convergent results shown compactly in Table 1, where \(\sigma(\text{MZ})\) is five times smaller in 2009 than in the 2005 plateau. The small values of \(\sigma\) quoted here still do not reflect how small the fluctuations have become. As remarked previously, while evolution has refined protein interactions, they are still not perfectly ideal (the critical point
for a given fold is approached but not attained). However, under severe vaccination pressure, virus superstrain D has become so close to perfect that the same 2009 strain [$R_{MZ}(17) = 125.5$] can be found in cities as remote as Shanghai, Bayern, Mexico City, and Singapore. The remaining scatter comes from smaller and more isolated countries like Santo Domingo, but even it is small (two mutations, but no nonpositives). It is difficult to see how this remarkable “forced” convergence can be explained by a theory not involving SOC. This kind of convergence is typical of SOC [31].

Documented cases of convergent biomolecular evolution due to selection are fairly unusual, and examples to date have involved only a few amino acid positions in primitive species [32]. Many more examples of convergence may be obtainable by hydrophobic sequential analysis. The interface of protein structural biology, protein biophysics, molecular evolution, and molecular population genetics forms the foundations for a mechanistic understanding of many aspects of protein biochemistry [33].

What if we had evaluated segmental smoothness instead of whole-protein smoothness? We did a few calculations of this kind, for instance, on NA sites 9–81 (“stalk”) and 9–110. Segments are expected to be much rougher than the whole protein, and so it is. Moreover, the roughness trends for 9–81 (the “stalk” region alone) do not parallel those of the whole protein, but at least qualitatively those for 9–110 (the “stalk” region + a stabilizing glycosylation connecting region) are similar. (However, for reassorted chimeric viruses involving heads and stalks from two different viruses [34], $R_{KD}(W_{max})$ can increase while $R_{MZ}(W_{max})$ decreases, even for whole proteins, which is ambiguous.) In any case the striking SOC trends exhibited by whole viruses under vaccination pressures are not expected to be nearly so pronounced for segments as for whole proteins, and neither segments nor chimerics were pursued further.

Another striking feature of the superstrain C-D (2007–2009) punctuation is that from 2005 Berlin ACI32764 or 2007 ADE28752 Brisbane to 2009 consensus, ACV42020, the number of BLAST nonpositive mutations forced by very severe vaccination pressure, virus superstrain D has becomes so close to perfect that the same 2009 strain [$R_{MZ}(17) = 125.5$] can be found in cities as remote as Shanghai, Bayern, Mexico City, and Singapore. The remaining scatter comes from smaller and more isolated countries like Santo Domingo, but even it is small (two mutations, but no nonpositives). It is difficult to see how this remarkable “forced” convergence can be explained by a theory not involving SOC. This kind of convergence is typical of SOC [31].

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So how did superstrain D become smoother than superstrain C? To answer this question we can look at Figure 5 (the C-D punctuation chain profiles) and compare it with Figure 2 (the A-B punctuation chain profiles). The qualitative differences are large and obvious, even though the A-B and C-D punctuated decreases in roughness $R_{MZ}(17)$ are similar in magnitude. In both the A-B and B-C punctuations the driving forces are only a few reductions (increases) in hydrophobic peak (hydrophilic valley) extremes, caused especially by single mutations in the 7–35 transmembrane range, softening the TM segment. In the C-D punctuation the reverse unexpectedly happens: hydrophobic peaks are enhanced and hydrophilic canyons are reduced in the central region 230–310, corresponding to overall globular compaction, yet there is still global smoothing, which continues the trend started by the A-B punctuation. Here the prevaccination chain profile differences are scarcely visible, but they can be resolved by calculating hydrophobic roughness $R_{MZ}(17)$. The 2009 flattening between 210 and 300 could facilitate cleavage of sialic acid, by making its binding site in the center of HA more closely resemble a flat cutting board. These large qualitative $MZ17$ profile changes occur even though the overall fluctuations in $R_{MZ}(17)$ [see Table 2 and text] are small. In configuration space, the opposing migration and vaccination pressures have caused a very large “Lévy” jump from a deep minimum in $R_{MZ}(17)$ to a slightly deeper one.

![Figure 5](image-url)
φ can be regarded as a secondary configuration coordinate supplementing hydroroughness $R_{MZ}(W_{max})$, the primary configuration coordinate, but still subordinate to it. A similar central bending coordinate was identified in the folding of a short (57 aa) protein domain [35].

The effect of the paired transmembrane C-D dipole mutation I20A and A341 on Brisbane 2007 $R_{MZ}(17) = 146.5$ is large (reduction to 141.7), while the closely spaced pair T46I and I48T reduces $R_{MZ}(17)$ only to 145.9 (8x smaller reduction). Note that the separation of the latter is only two sites, while the former is separated by 14 sites, corresponding to a 7x larger dipole moment "arm." The quadrupole mutation V75A, A166V, V232A and A454V reduction is also large (141.8). All three shifts are reductions, taking C towards D, with no change in overall hydrophobicity.

Were the mid-2000 strains imported from swine? It appears that they were, although an earlier attempt to answer this question genomically failed [36] because of genetic drift. A BLAST search on swine (Minn.) 2007 yielded many human strains 2003–2007 (superstrain C) in a similarity range less than twice as wide as the swine range itself (well-mixed swine and human strains). The swine 2007 profile, plotted in Figure 5 together with the human 2003–2007 strains, is nearly indistinguishable from Berlin 2005, New York 2003, and so forth. However, a similar search on swine (Italy) 2000 did not yield any human strains over a range more than twice as wide as the 2007 swine range (no contemporary mixing), and then the nearest human strains all dated from 1976 or earlier (superstrain B). It appears that the swine and human strains had converged (beginning around 2003 in New York, 2005 in Berlin, etc.) on superstrain C, mainly because of swine flu drift. The effects of the swine flu vaccination program shown in Figure 5 on human NA are thus quite remarkable, as the human strains made a very large "Lévy" jump [24] from superstrain C to superstrain D to avoid the vaccine and dodge swine flu, while reducing their severity. Without the swine flu vaccination program it seems most likely that both human and swine flu would have continued to drift back to the strain B levels or even the strain A severity levels. Thus, the vaccination program had a striking and unprecedentedly favorable adaptive effect.

The 2009 NA sequences are dominated by a single strain, which appeared around the world in several thousand identical reported copies. The second most popular strain occurred nearly ten times less frequently, and it involved only two positive mutations. From 2003 to 2007, before the swine flu vaccination program, the single most popular strain occurred about half as frequently as in 2009. This shows most effectively the convergent influence of vaccination pressures. There were fewer reported copies of the most popular 2009 strain in 2010, showing a modest relaxation of vaccination pressures. However, there is no evidence so far in the 2010 and 2011 sequences for significant increases in roughness due to migration divergence or relaxation of vaccination pressure. One interesting point is that vaccination pressure has apparently been sustained in Washington DC, with the result that strains reported there in 2011 were dominated by a single strain D∗, which reached the lowest roughness reported yet, $R_{MZ}(17) = 120.7$. Once again this D-D∗ reduction is dominated by a single mutation, S339L, which increases hydrophobicity and further raises the deep valley near 340 in Figure 5, thereby reducing $R_{MZ}(17)$.

The existence of D∗ raises an interesting question: could we engineer a strain to be even smoother than D∗ and still be replication competent? An obvious way to do this is to bring back CI4S. In doing so we might lose some of the secondary scissors-like tertiary activity φ that characterizes D compared to C, but the possibility is certainly worth testing. To do it consistently (without disrupting short-range interactions and introducing primary or secondary packing misfit), we should splice C with D∗ in a primer range of ~30 aa where two partial sequences are conserved. Comparing C (Bayern1995) with D∗ (Washington DC 2011) we see such a range near site 200, so the splice is 1–200 Bayern1995 to 201–470 Washington DC 2011, which gives $R_{MZ}(17)$ of 117.6. This is a modest improvement on D∗, but still significant compared to D, where $R_{MZ}(17) \sim 125$. There is also a 25 aa primer range near 100 that could be used, which gives $R_{MZ}(17) = 114.4$. Thus, an engineered splice could provide beneficial effects for moderating influenza illness through introduction of a new superstrain. It could be described as superstrain E.

6. Discussion

Viral evolution is conventionally discussed in terms of antigenic drift, as displayed by antigenic cartography (AC) [37]. AC relies mainly on measuring strain separations in terms of numbers of amino acid substitutions and converts these numbers into two-dimensional maps by iterative triangulation (pre-Euclidean land surveying, >5000 years old); AC represents an improvement on less informative phylogenetic similarity trees [35]. These aa similarity maps are then compared to triangulated maps based on measuring inhibition titers to quantify free sialic acid, and a few strains are examined for qualitative similarities of sialic acid maps to amino acid similarity maps. This approach, which relies entirely on map similarities of similarity maps, is unidirectional and does not appear to be capable of recognizing punctuated hierarchical migration/vaccination evolution quantitatively. It did identify a "noncontinuous pattern of NA drift in the last 15 years" [1995–2010], which it assigned to short-range ionic interaction reversal primarily associated with E329 K. According to Figure 5, the hydrophilic minimum in the NA hydrochain occurs near 330, so E329 K could be important, although it has only a small hydroeffect. This could be some kind of punctuation, so we checked our [10] Hawaii examples and found an excellent correlation: group I [5] had only 329E, II [4] had three 329K and one “false” 329E (ACA33652), and III had 329 K (continuation of II).

Previously we suggested that group I could have come from Brisbane, California, New York, or Texas, but in 2007 only Brisbane had 329E, so Brisbane was probably the source of the NA reversion towards superstrain B roughness seen in Hawaii in 2007 group I. Most of the other strains examined by us had 329 K, including strains as far back as Melbourne 1935. A few 2011 strains still have 329E or D, while the most evolved
and smoothest Wash DC 2010 strains have 329N (neutralized 329D). The effect of K329E on the difference between 2007 Brisbane and Bayern 2009 in Figure 5 is limited to only one of many hydrophilic extrema, and it is not an important part of the superstrain C-D roughness punctuation shown in Table 2 and Figure 5. The available smoothness trends suggest that 329E was but one of the ~17 mutations among pairs of 2007 NA strains. Significant mutations also occur nearby at 331 and 332, with K329N occurring together with G331K (charge compensation pair mutation). Altogether 329E Brisbane 2007 appears to be only a passing marker of importance secondary to migration-driven globular roughening, which in turn has led to overriding vaccination-driven convergent globular smoothing.

More sophisticated sequence-based methods of measuring antigenic distances for influenza viruses have been explored by He and Deem in a series of papers involving, for example, identification of clusters of 2009 H1N1 strains, connected according to time-ordered single amino acid mutations and minimal nucleotide mutations [38]. This approach has proved to be at least as predictive of human vaccine effectiveness as HA inhibition assay data from ferret studies. Their sequence analysis has been extended to include antibody surface epitopes and charge interactions [39] in H3N2 free energies. It is possible that charge interactions are exceptionally dominant in H3N2, but not in H1N1. However, as was discussed in the Introduction, we believe that including evolution through SOC water film packaging as embodied in the MZ hydropathicity scale is normally a more accurate and neutral way of approaching surface interactions, and this appears to have been confirmed by our identification of punctuated convergence of NAI. Neither mutational nor distance measurements appear to identify kinetically critical mutations quantitatively, or to separate N-glycan and sialic acid interactions.

7. Conclusions

Here we have used hydroanalysis to establish a historical (1918–2011) panorama of vaccination- and migration-driven punctuated NA mutations, as summarized in Figure 6. The panorama is derived from the use of two basic tools on the extensive database of amino acid sequences: first, traditional BLAST similarity clusters, and second, our new tool of hierarchical smoothness ordering. The accuracy of the latter is greatly enhanced by the use of the MZ scale based on SOC [7, 16, 40]. In NA most of these punctuations have been driven by mutations of a few key amino acids, which our analysis has identified. The most recent NA punctuation, a vaccination-driven reaction against swine flu, is different and involves large collective effects and many mutations, which smooth the central receptor region associated with sialic acid binding [41]. Simple overall hydropathic smoothing by a few mutations (early punctuations) can accelerate viral membrane fusion, while central region smoothing (C-D-D*) could facilitate conformational changes which could cause NA to fold back upon itself [42]. It is perhaps not surprising that our NA hydroanalysis has used $W = 17$. NA cleaves sialic acid groups and thus is similar in function to the 15 aa “blue scissors” enzymatic segment of lysozyme c discovered by hydroanalysis of species sequence evolution [7].

Our central conclusion is that large-scale vaccination programs have been responsible for a very large reduction in influenza severity in the last century, initially by inducing a few key mutations to superstrains A and then B and C, but most recently by driving a large-scale Lévy jump from C to new and remarkably compact, mild, and convergent superstrains D and D*. These programs have been stimulated by public concern over increases in severity due to mixing with other species, migration, or by a desire to protect children or the aged [28].

The long-term value of vaccination programs is not easily quantified by personal experience or even by large scale but only short-term analysis [43]. However, the succession of long-term vaccination plateaus found here leaves little doubt that even relatively small programs (like Japanese children, beginning 1976, involving ~ 0.1–1% of the world’s population) have had large and lasting beneficial effects for all, much more so than indicated by short-term studies [43]. In this respect the ongoing world-wide success of limited vaccination programs, quantified here for the first time over historical time periods, is most impressive.

One can only speculate concerning the mechanism underlying such large collective benefits from so relatively small vaccination programs. One possible explanation is that there was a large, geographically dispersed pool of mutated viruses, and that vaccination pressures against more severe strains exploited the superior replication and transmissibility of smoother and less severe superstrains, at the same time reducing the size of the pool [44]. Globalization (e.g., intercontinental jet travel [24]) and urbanization also appear to have contributed to the convergence of mutated strains
by 2009, with vaccination programs producing previously unrecognized “reverse pandemics.” An interesting aspect of our international searches is that they have identified and quantified many geographically specific strain trends that were previously unrecognized.

The central limitation of prior studies of viral kinetics has been their low resolution, limited to the N-glycan length scale. There one finds evidence that N-glycans guide partner ligands to their binding sites and prevent irregular protein aggregation by covering oligomerization sites away from the ligand-binding site [45]. Here we have shown that detailed hydrophobic chain profile smoothness analysis of NA enables resolution of punctuated evolution at the level of individual glycoprotein amino acids. Why is increasing globular “ball bearing” smoothness, which facilitates granular rotation during shear flow [46], so important kinetically at the molecular level?

Formation of oncolytic core oligomers requires multiple steps. First, individual viruses must be bound to the cancer cell membrane. Next these isolated molecules must diffuse along the membrane surface to form clusters. The surface diffusion rate over a rough surface can be accelerated by smoothing both the NA and HA glycoproteins, another reason for viral glycosidic balance [47]. Finally combining HA and NA into oligomeric complexes itself involves multiple conformation changes that are expected to be dominated by π-like tertiary sliding conformational dynamics, not σ-like compression. Such low-energy, or low vibrational frequency (“floppgy”) modes also occur even in simple sugars [48], where they can couple to enzymatic action, for instance, in lysozyme c [7, 9]. Protein conformation changes occur on ms time scales, and their floppy modes dominate in all glassy (slow and compacted) molecular networks, including proteins [49]. We remark that it is easy to be misled by ad hoc correlations with small databases. What one really needs is correlations with large databases that emerge from basic principles (like water–protein interfacial floppy modes and long-range hydrophilic interactions). These basic correlations can be transparent, reliable, and transferable (e.g., from flu to Newcastle disease virus [50] glycoproteins), exponentially enhancing their value. The similarity of the enzymatic mechanisms of NA and the “blue scissors” of lysozyme c is a striking example of the exponentially enhanced value of hydroanalysis, which transcends large differences in size and folded molecular structures [7, 24, 40, 48].

The success of smoothness analysis and our historical (1945–2011) panorama depends almost entirely on the large viral genetic database. The data have come from many sources, but the largest part of this data base, especially the older parts, is due to the NIAID Influenza Genome Sequencing Project, which has proved to be invaluable. The sequential amino acid decoding analysis quantifies how the common influenza virus has been rendered almost harmless by decades of vaccination programs (1945–2011). The sequential amino acid decoding lessons learned here are applicable to other viruses that are emerging as powerful weapons for controlling and even curing common organ cancers. Those engineered oncolytic drugs will be discussed in future papers.

Conflict of Interests

The author declares that there is no conflict of interests regarding the publication of this paper.

Significance Statement

There are hundreds of thousands of strains of common viruses, whose full amino acid sequences are known and previously studied with Web-based statistical similarity tools. I analyze flu sequences quantitatively and hierarchically and show that their evolution has easily recognized Darwinian (punctuated) features. Hydrophobic panoramic analysis quantifies how the common influenza virus has been rendered almost harmless by decades of vaccination programs (1945–2011). The sequential amino acid decoding lessons learned here are applicable to other viruses that are emerging as powerful weapons for controlling and even curing common organ cancers. Those engineered oncolytic drugs will be discussed in future papers.

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