Regulation of Vegetation and Evapotranspiration by Water Level Fluctuation in Shallow Lakes

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Abstract: Water level fluctuations play a critical role in regulating vegetation distribution, composition, cover and richness, which ultimately affect evapotranspiration. In this study, we first explore water level fluctuations and associated impacts on vegetation, after which we assess evapotranspiration (ET) under different water levels. The normalized difference vegetation index (NDVI) was used to estimate the fractional vegetation cover (Fv), while topography- and vegetation-based surface-energy partitioning algorithms (TVET model) and potential evaporation (Ep) were used to calculate ET and water evaporation (Ev). Results show that: (i) water levels were dramatically affected by the combined effect of ecological water transfer and climate change and exhibited significant decreasing trends with a slope of −0.011 m a−2; and (ii) as predicted, there was a correlation between water level fluctuation at an annual scale with Phragmites australis (P. australis) cover and open-water area. Water levels also had a controlling effect on Fv values, an increase in annual water levels first increasing and then decreasing Fv. However, a negative correlation was found between Fv values and water levels during initial plant growth stages. (iii) ET, which varied under different water levels at an annual scale, showed different partition into transpiration from P. australis and evaporation from open-water area and soil with alterations between vegetation and open water. All findings indicated that water level fluctuations controlled biological and ecological processes, and their structural and functional characteristics. This study consequently recommends that specifically-focused ecological water regulations (e.g., duration, timing, frequency) should be enacted to maintain the integrity of wetland ecosystems for wetland restoration.

Keywords: shallow lake; water level fluctuation; fractional vegetation cover; evapotranspiration

1. Introduction

Increases in the frequency and magnitude of climate extremes [1,2], over the past several decades, in combination with anthropogenic activities (e.g., water level changes from the reservoirs and dams throughout the world) have dramatically altered wetland hydrological regimes [3], leading to the widespread degradation of aquatic ecosystems at a global scale [4]. Alterations in hydrological regimes can result in a series of changes in physical, chemical and biological environments [5], as well as affecting the biota and ecosystems of shallow lakes [6,7]. Understanding interactions between hydrological regimes, biota and ecosystem processes can help maintain the integrity of wetlands and aid in wetland restoration [6–8].

Aquatic ecosystems reflect interactions between hydrology, geomorphology, ecology and biogeochemistry at different temporal and spatial scales [7,9]. Under the influence
of climatic change and anthropogenic activity, hydrological regimes have deviated from their natural processes [6]. For example, dams, which contribute to water security, energy supply and flood protection, have fragmented freshwater species habitats [10], leading to connective shifts between hydrological regimes, organic matter and nutrients (e.g., [7,11]). Much effort has gone into prioritizing the restoration of aquatic ecosystems at a catchment scale (e.g., [6,9]). For example, ecological water transfer (inter-basin or inner-basin water diversion measures to maintain the environment flow or to meet ecological water requirements) is an approach used to restore changes in biological and ecological processes caused by hydrological regime variation and its associated effects on biota and ecosystem interactions. However, the outcome of such lake restoration projects may result in instability, occasionally causing lake systems to deviate in unforeseen directions [9,12]. Ecological water transfer projects tend to cause abrupt rises in water levels, which subsequently affect, and even cause, changes in the biological processes of wetlands [8]. For example, rising water levels resulting from ecological water transfer projects in the Ertou wetland have not been able to achieve expectant improvements to provide habitat for the Siberian crane (Grus leucogeranus) [13]. Although restoration projects play a critical role in restoring the connectivity of hydrological regimes and the interaction between biota and ecosystems, positive outcomes under increased biodiversity or the return to pre-disturbance community composition have rarely been documented [9]. This implies an inherent contradiction in the balance between restoration activities and natural environments. For example, hydrological regimes and associated biological and ecological interactions vary under natural conditions [6], while all such processes under restorative activities in most of cases are expected to be stable (i.e., maintaining water level steady). Accordingly, the objectives of this study were: (1) to explore temporal trends in annual water levels, and to address the impact of ecological water transfer projects on water levels; (2) to analyze water level effects on vegetation cover and the fractional vegetation cover ($F_v$); and (3) to assess variation in evapotranspiration ($ET$) under water level fluctuations. This will help us to better understand the effects of water level fluctuations on biological and ecosystem processes, while enabling us to enact suitable water management practices to maintain the integrity of wetland ecosystems.

2. Materials and Methods

2.1. Study Site

Baiyangdian Lake (38°43′–39°02′ N, 115°38′–116°07′ E), being the largest freshwater lake in the North China Plain (Figure 1), plays an important role in water resource provisions, flood controls and climate regime regulations [14]. Historically, nine rivers flowed into Baiyangdian Lake; however, most of these rivers, under the influence of climate change and anthropogenic activity, have dried up. Baiyangdian Lake belongs to a shallow-water lake system type, for which water levels range from 6.5 m to 9.5 m. When water levels fall below 6.5 m, Baiyangdian Lake will dry up, while its surrounding wetlands will disappear when the water levels fall below 5.5 m [15]. Furthermore, 94 km$^2$ of raised fields and greater than 3700 ditches divide the entire water body into 140 small shallow lakes. Due to its unique wetland topography and vegetation composition (mainly $P. australis$ community), small water level fluctuations typically cause significant alterations in ratio between vegetation cover and open-water area. To alleviate water shortages, ecological water transfer projects have been implemented in the lake since the 1980s to maintain its integrity [16]. Specifically, the planning outline of the Xiong’an New Area, which has jurisdiction over Baiyangdian Lake, includes an ordinance for its ecological restoration (e.g., natural water level fluctuating around 6.5 m, and water quality meeting China surface water environmental quality class III-IV standard). Inevitably, however, alterations in hydrological regimes will result in changes to Baiyangdian Lake aquatic ecosystems [17–19].
2.2. Data and Field Experiments

The MOD13Q1 Normalized Difference Vegetation Index (NDVI) was used to assess fractional vegetation cover (Fv) during 2001–2018, which was obtained from the Goddard Space Flight Center (https://ladsweb.modaps.eosdis.nasa.gov/, accessed on 18 January 2019). The MOD13Q1 NDVI product is a 16-day composite image of vegetation indices, in a sinusoidal projection, with a (nominal) spatial resolution of 250 m. Daily water level data throughout 1961–2018 were obtained from the Baoding Hydrological and Water Resources Survey Bureau, Hebei Province. Daily observations of air temperature, relative humidity, wind speed, and sunshine hours during the same period were obtained from Baoding meteorological station under the authority of the National Climatic Centre of the China Meteorological Administration (http://data.cma.cn, accessed on 18 January 2019). Combined with vegetation ecological characteristics (e.g., average height, and leaf area index-LAI), daily meteorological variables were used to obtain the total evapotranspiration (ET), potential transpiration (Tv), and potential evaporation (Ep) using the TVET mode and Penman equation [20,21].

Six quadrats (0.5 m × 0.5 m) were used to obtain the P. australis community’s parameters within the lake during growing season (from May to October during 2019), such as plant coverage, height, seedling number, and biomass in each month. The six quadrats were set at a depth from −10 cm to 50 cm at 10 cm intervals from the surface to the bottom of water, wherein 0 cm was the boundary between land and water. The relative elevations were also measured using the sounding rods, which were used to deduce the high-resolution DEM of the Baiyangdian wetland by combining the relative elevation and altitude data using ArcGIS 10.0. The DEM, combined with vegetation parameters, was used to deduce the suitable water level for the P. australis community, and then to simulate the dynamic vegetation pattern using the dynamic vegetation simulation model. Vegetation patterns obtained from the vegetation simulation model were compared with the patterns from landsat 8 satellite remote sensing images (August 2015), and validated its reliability.

2.3. Methods

(1) Temporal trend analysis method

To explore temporal trends in the data series, this study used a fitted linear regression model and the Mann–Kendall test to determine the slope of linear fitted lines as well as characteristics of abrupt changes. The fitted linear regression model, tested against the null hypothesis (slope) applying a two-tailed hypothesis test (t-test) at a confidence level of 95% [22], is a common method used today in statistical climate analysis [23]. Originally
proposed by Mann (1945) [24] and refined by Kendall (1975) [25], the Mann–Kendall test has been widely used to evaluate the presence of statistically significant trends in hydrological and climatological time series (e.g., [23,26]) under the assumption of independence.

(2) Fractional vegetation cover

According to [27], the fractional vegetation cover ($F_v$) is approximately equal to the scaled normalized difference vegetation index ($NDVI$) ($N^*$_v):

$$F_v \approx N^*$$  \hspace{1cm} (1)

$$N^* = \frac{NDVI - NDVI_0}{NDVI_h - NDVI_0}$$  \hspace{1cm} (2)

where $NDVI_0$ and $NDVI_h$ correspond to $NDVI$ values of bare soil (LAI = 0) and surfaces with 100% $F_v$, respectively.

(3) Dynamic vegetation simulation model

Cellular automata, which are widely used to simulate vegetation species population dynamics (e.g., [8,28,29]), were used to simulate $Phragmites australis$ variation patterns under water level fluctuations. Cellular automation is defined by $S$, $N$ and $f$ as follows [30]:

$$S_{t+1} = f(S_t, N)$$  \hspace{1cm} (3)

where $S$ is a finite set representing the cell state; $t$ denotes the transition step; $f$ is the transition rule or function; and $N$ is the amount of cell neighbors.

In this study, the vegetation parameters of each cell adopts a specific state, such as $S_{p.a}$, $S_w$ and $S_0$, representing the $P. australis$ community, open-water area and arable or bare land area, which are sorted under a certain level of spatial distribution at the beginning of the simulation ($S_t$). Cell states during the subsequent time step ($S_{t+1}$) are then defined by wetland states and species interactions; namely, arable or bare land was defined as being in a stable state, while $P. australis$ cover and open-water area could be present within each other’s cells under conditions of water level fluctuations, which can be summarized under the following rules:

$$S_{t+1} = \begin{cases} 
S_0, & \text{when } S_t = S_0 \text{ and } W_l < 0 \text{ cm} \\
S_w, & \text{when } S_t = S_w \text{ and } W_l \geq 60 \text{ cm} \\
S_{p.a}, & \text{when } S_t = S_{p.a} \text{ and } W_l \geq 60 \text{ cm} \\
S_{p.a}, & \text{when } S_t = S_{p.a} \text{ and } W_l \leq 60 \text{ cm} \\
S_w, & \text{when } S_t = S_{w} \text{ and } N_{p.a} \geq 5 \text{ and } W_l \leq 60 \text{ cm} \\
S_{w}, & \text{when } S_t = S_0 \text{ and } W_l > 0 \text{ cm} 
\end{cases}$$  \hspace{1cm} (4)

where $S_t$ and $S_{t+1}$ represent cell states at time $t$ and $t + 1$, respectively; $N_{p.a}$ represents the cell number of the $P. australis$ community; and $W_l$ is water depth (cm).

To simulate $P. australis$ cover and open-water area dynamics, 20 randomly-selected water levels were used to train the model, while natural water levels obtained between 1960 and 2019 were used to simulate vegetation pattern dynamics. Landsat vegetation pattern images of 2005 were used to validate simulation results from the dynamic vegetation model.

(4) Assessing evapotranspiration under water level fluctuations

To obtain $ET$ under the 20 randomly-selected water levels, the Penman equation was used to calculate $E_p$ [20], while vegetation-based surface energy partitioning algorithms (TVET model) combined with a dynamic vegetation model was used to estimate $E_v$ and $T_v$ in areas with vegetation cover.

The formula of the Penman equation is as follows [20]:

$$E_p = E_{pR} + E_{pA} = \frac{\Delta}{\Delta + \gamma} R_n + \frac{\gamma}{\Delta + \gamma} \frac{6430(1 + 0.536U_2)D}{\lambda}$$  \hspace{1cm} (5)
\( E_p \) is potential evaporation (mm day\(^{-1}\)); \( E_pR \) (mm day\(^{-1}\)) and \( E_pA \) (mm day\(^{-1}\)) represents radiative and aerodynamic components of the Penman equation, respectively; \( R_n \) is the daily net radiation (MJ m\(^{-2}\) day\(^{-1}\)), wherein \( R_n/\lambda \) provides the equivalent water depth units (mm day\(^{-1}\)) in this study; \( \Delta \) is the slope of the saturation vapor pressure curve (Pa K\(^{-1}\)); \( \gamma \) is the psychrometric constant (Pa K\(^{-1}\)); \( D \) is the vapor pressure deficit (Pa); \( u_2 \) is the daily average wind speed at 2 m height (m s\(^{-1}\)); and \( \lambda \) is the latent heat of vaporization of water (2.45 \times 10^6 J kg\(^{-1}\)).

The hybrid dual-source \( ET \) model by Guan and Wilson (2009) [21] has been used to partition \( ET \) into \( E_v \) and \( T_v \) (e.g., [8]). Guan and Wilson (2009) [21] and Liu et al. (2020) [8] provide details on TVET formulae as follows:

\[
E_v = \frac{\Delta A_c + (1 - Fr) \frac{\rho_a c_p r_{aa}}{r_{sa} + r_{cc}} (e_s(T_z) - e_z)}{\Delta + \gamma} \tag{6}
\]

\[
T_v = \frac{\Delta A_c + Fr \frac{\rho_a c_p r_{aa}}{r_{sa} + r_{cc}} (e_s(T_z) - e_z)}{\Delta + \gamma (1 + \frac{r_{aa}}{r_{sa} + r_{cc}})} \tag{7}
\]

where total available energy (A) for the surface is first partitioned by a layer approach into two portions: the canopy part (A\(_c\)) and the soil part (A\(_s\)); \( \rho_a \) is the air density; \( c_p \) is the specific heat capacity of air; \( e_s \) is the saturated vapor pressure; \( \Delta \) represents the slope of the saturated vapor pressure versus the temperature curve; \( \gamma \) is the psychrometric constant (~66 Pa K\(^{-1}\)); \( T_z \) is the air temperature at reference height \( z \); \( r_{aa} \) is the aerodynamic resistance between mean air flow at the canopy height and the reference height; \( r_{sa} \) and \( r_{cc} \) represent the aerodynamic resistance between the mean air flow at the canopy height and the soil surface, and the aerodynamic resistance between the mean leaf surface area to the mean canopy surface area, respectively; and \( r_{cs} \) is the bulk canopy stomatal resistance.

3. Results

3.1. Alterations in Water-Fluctuations

Findings showed that the dynamic vegetation model yielded suitable results on \( P. australis \) cover patterns and open-water area, namely, an 84% agreement in image interpretation and a 0.75 Kappa coefficient (K) (Table 1).

| Classification        | \( P. australis \) | Open-Water Area | Other Land-Use Types | Total    | Accuracy (%) |
|-----------------------|-------------------|----------------|----------------------|----------|--------------|
| \( P. australis \)    | 129,275           | 11,607         | 0                    | 140,882  | 91.76        |
| Open-water area       | 38,819            | 73,894         | 0                    | 112,713  | 65.56        |
| Other land-use types  | 3018              | 1141           | 82,502               | 86,661   | 95.20        |
| Total                 | 171,112           | 86,642         | 82,502               |          |              |
| Accuracy (%)          | 75.55             | 85.29          | 100                  |          |              |
| Overall accuracy      | 84%               |                |                      |          | Kappa 0.75   |

Water level fluctuations, being influenced by both climate change and anthropogenic activity, exhibited a significant decreasing trend at a fitted linear regression slope of \(-0.011\) m a\(^{-2}\) (\(p < 0.05\)) (Figure 2a). Annual water levels ranged from 5.43 to 9.22 m throughout 1960–2019. An abrupt downward change was detected in 1966, with an average annual water level of 8.78 and 7.39 m before and after the occurrence of abrupt change, respectively (Figure 2c). To meet ecological transfer water requirements, a series of ecological water transfer operations were conducted by government, which dramatically altered water levels. To reduce water consumption, some ecological water transfer operations were conducted outside the growing season. For example, water level increased from 6.72 to 7.47 m, which is equivalent to \(93 \times 10^6\) m\(^3\) of water from the Yellow River flowing into
the Baiyangdian wetland from December 2010 to March 2011. Therefore, ecological water transfer projects have dramatically altered water levels from the 1980s onwards.

![Figure 2](image-url)

**Figure 2.** The temporal variation of water level for Baiyangdian wetland. (a) temporal trend for water level; (b) abrupt changes for water level detected by the Mann-Kendall method; and (c) a water level fluctuation example caused by the ecological water transfer from December 2010 to March 2011. The $u$ represents statistics variables in the Mann-Kendall method, $C_1$ and $C_2$ is statistical variables calculated from normal and invert series. The intersection point of $C_1$ and $C_2$ located between the confidence lines ($\pm 1.96$ at 95% confidence line) is the time of the abrupt changes [24,25].

3.2. Variation in Vegetation Patterns under Water Level Fluctuations

According to simulation results, $P. australis$ cover and open-water area varied with water level fluctuations at an annual scale, whether they are in stable or dynamic states (Figure 3). Moreover, $P. australis$ cover and open-water area decreased or increased with an increase in water levels, and vice versa. Given that the Baiyangdian wetland is a shallow lake system (wherein its lowest water level [6.5 m] is considered the tipping point after which the lake will dry up), changes in $P. australis$ cover and open-water area are sensitive to increases or decreases in water levels. In this study, an abrupt change occurred at an approximate water level of 6.59 m, wherein $P. australis$ area slopes were $-46.24$ and $-1.91 \text{ km}^2 \text{ m}^{-1}$ for water levels ranging from 5.43–6.59 and 6.59–9.50 m with decreasing of suitable water level for $P. australis$, respectively.

As seen in Figure 4, $F_v$ values are controlled by water levels. The $F_v$ increased, reaching a peak at a water level around 6.95 m, and then decreased along with water level increasing. According to the fitted model, the maximum $F_v$ value (0.57) was deduced, and suitable water levels for vegetation ranged from 6.94 to 6.97 m. At a monthly scale, the linear relationship between $F_v$ values and water levels were good in March and April, namely, the initial growing stage. And $F_v$ decreased with an increase in water levels with a slope of $-0.06$ ($R^2 = 0.34$).

3.3. Evapotranspiration Variation under Water level Fluctuations

Alterations in vegetation patterns and $F_v$ values changed $ET$ at both monthly and annual scales. At an annual scale, $ET$, $E_v$, $T_v$ and $E_p$ exhibited decreasing trends with a slope
of $-3.52, -0.56, -2.97$ and $-2.70 \text{mm a}^{-2}$, respectively (Figure 5a). The $E_o$ and $T_v$ exhibited opposite trends, which was mainly caused by the controlling effects that vegetation cover has on partitioning net radiation and altering aerodynamics, wherein $T_v$ reached a peak in July and $E_o$ only yielded low values during this same month (Figure 5b). And ET values presented decreasing trends for the entire lake, open-water area and $P. australis$ cover with a rate of $-2.6, 1.4$ and $1.2 \times 10^6 \text{m}^3 \text{a}^{-2}$, respectively. Moreover, mean ET values for the entire lake, open-water area and $P. australis$ cover were $398, 160$ and $238 \times 10^6 \text{m}^3 \text{a}^{-1}$, respectively (Figure 5c).

![Figure 3](image)

**Figure 3.** The variation of $P. australis$ cover and open water area with water level fluctuations. (a) $P. australis$ cover (showed as ●) and open water area (presented as ●) varied with water level fluctuations; (b) the abrupt changes detected by Mann-Kendall method for $P. australis$ cover.

![Figure 4](image)

**Figure 4.** Fractional vegetation cover ($F_v$) alterations under water level fluctuations at an annual scale (a) and monthly scale (b), and in March and April (c) which yielded the highest overall $F_v$ values.
3.3. Evapotranspiration Variation under Water level Fluctuations

Figure 5. Variation in annual (a) and monthly (b) evapotranspiration (ET) and potential evaporation (Ep), potential evaporation (Ev), potential transpiration (Tv) and potential evaporation (Ep) in Baiyangdian Lake. Annual evapotranspiration (ET) for reed, open water, and whole lake showed (c). This figure also provides linear fitted slopes for ET, Ev, Tv and Ep and for ET for the entire lake and open-water area and P. australis cover.

Baiyangdian Lake ET has exhibited significant spatial variations over time (Figure 6). In 1965, when the water-level reached the maximum, ET ranged from 861 to 1506 mm a⁻¹ with a spatial average value of 1278 mm a⁻¹; in 1984, when the lake dried up, ET ranged from 1094 to 1925 mm a⁻¹ with a spatial average value of 1628 mm a⁻¹; and in 1998, when Fr reached the maximum, ET ranged from 1005 to 2129 mm a⁻¹ with a spatial average value of 1732 mm a⁻¹. Comparison between 1965, 1984 and 1998, water-level decreased first and increased later (from 9.22 to 6.37 to 7.15 m), however, spatially averaged ET kept increasing. Also, spatial difference of ET kept increasing (from 645 to 831 to 1124 mm a⁻¹).

Figure 6. Evapotranspiration (ET) variation in Baiyangdian Lake under three different historical water levels: (a) the maximum water level (9.22 m, in 1965), (b) the water level wherein the lake dried up (6.37 m, in 1984) and (c) the maximum fractional vegetation cover (Fr) (7.15 m, in 1998).
4. Discussion

4.1. Response of Ecological Effects to Water Level Fluctuations

Water levels have dramatically deviated from their natural regimes under the effects of climate changes and anthropogenic activities [6]. China has enacted ecological water transfer projects to alleviate water shortages (e.g., the Momoge, and Baiyangdian wetlands) [13,14]; however, such initiatives tend to cause abrupt wetland flooding events which result in a corresponding abrupt rise in water levels (as shown in Figures 2 and 4). Water level fluctuations, particularly extreme ones, can disturb aquatic vegetation communities [31] and affect vegetation composition and distribution [32–34]. As shown in Figure 4, changes of $F_r$ agreed with the water level fluctuation at annual and monthly scale. For example, prolonged deep flooding, caused by extreme climatic events or ecological water transfer projects, has resulted in a reduction of light infiltration that has subsequently contributed to the loss of both emergent and submerged aquatic vegetation [35–37]. As shown in Figure 4c, even small water level fluctuations during critical periods (e.g., the germination stage) will dramatically affect and alter the distribution of plant communities [23,38]. Meanwhile, affected by critical nutrient load thresholds, alterations in vegetation cover caused by extreme water level fluctuations have also been proven to play a vital role in controlling regime shifts [3,34]. Both increases and decreases in aquatic vegetation cover may led to increases and decreases in primary production as well as alterations in lake nutrient cycling processes [37], which will inevitably effect net primary productivity (NPP) and carbon (C) sequestration [39,40]. As shown in Figures 5 and 6, water level fluctuations inevitably altered the ratio of vegetation cover and open water area, and correspondingly resulted in the changes in partition of $ET$. The causes mainly lie in changing physical and biological processes with macrophyte growth (e.g., $P. australis$). For example, macrophyte growth (e.g., height, leaf area for $P. australis$) influences aerodynamic resistance, and then alters the partition of solar radiation used for evaporation and transpiration [21], and even resulted in higher evapotranspiration than that for open water (Figure 5). On the other hand, vegetation regulates their physiological processes (i.e., photosynthesis, respiration and transpiration) to adapt to drought or flooding (e.g., [3,41]). Interestingly, $ET$ for the Baiyangdian Lake increased at low water levels (e.g., Figure 6b) compared with that at high water levels (Figure 6a) due to $P. australis$ expansion.

4.2. Implications for Wetland Restoration and Management

Diversity, vegetation structure and ecological processes, reported by Ruiz-Jaen and Aide (2005) [42], are the three ecological attributes used to assess the success of ecological restoration projects. Considering their critical role in maintaining wetland structure and function, several water regulation strategies have been enacted to alter hydrological regimes of wetlands, such as ecological water transfer projects (e.g., [13]) and water level controls (e.g., [3]). However, abrupt increases in water levels caused by such ecological water transfer projects and increases in minimum water levels both deviate from natural hydrological regimes (as shown in Figure 2d), which will inevitably alter aquatic vegetation communities and influence waterfowl habitats in the meantime (e.g., the Siberian crane) [13]. As reported by [7], it is important to increase our mechanistic understanding on how flow regimes impact biological and ecological processes to enact effective riverine restoration measures. In this context, although wetland restoration measures have been conducted in the recovery of hydrological and biological processes, such as ecological water transfer projects [13], soil and seed bank restoration approaches [43] and the incorporation of propagules [38], it is not sufficient to use hydrological or ecological processes alone to assess whether wetland restoration measures have been successful or not.

Understanding of nexus between flow-biota-ecosystem processes will help to resolve new challenges in assessing environmental flow [7] as well as providing a more comprehensive understanding of wetland restoration assessments. Furthermore, water level fluctuations can alter ecosystem metabolism, subsequently controlling both C and nutrient concentrations and flux [7]. Water level fluctuations, especially with regard to extreme
drought or flooding, drive ecological and physiological processes while altering the C balance [44], which will also trigger ways in which shallow lakes react under C sequestration [3,45]. For example, it is important to understand (1) how many conditions affect vegetation distribution as well as its abundance, composition richness and diversity [46,47]; and (2) how many conditions alter anaerobic and aerobic states, and subsequently influence C decomposition and accumulation through means of hydrological regimes (e.g., water depth, duration, frequency and timing) [48,49]. Recently, much attention has been focused on the effects of extreme drought and flooding on C cycling processes (e.g., [6,44,50]). For example, ecosystem responses can exceed the duration of climate impacts through C cycle lag effects. And, most importantly, aquatic ecosystem response mechanisms to extreme hydrological regime alterations remain uncertain [44].

5. Conclusions

Water level fluctuations play a critical role in maintaining the ecosystem integrity of shallow lake systems. This study explored water level fluctuations, analyzed their influences on fractional vegetation cover \((F_v)\), and simulated vegetation patterns and evapotranspiration \((ET)\) under different water levels over time. Several conclusions can be drawn from our results:

(i) The average water levels at annual scale or during germination stage (e.g., March and April) play a key role in regulating the vegetation community. However, the abrupt rise in water levels (due to ecological water transfer) inevitably caused disturbances to aquatic vegetation communities.

(ii) The \(ET\) in different vegetation patterns influenced by water level fluctuations were estimated using the dynamic vegetation model combined with TVET model. Physical and biological processes influenced by varying macrophyte (e.g., \(P.\) australis) cover and open water area altered the partition of \(ET\). Interestingly, high \(ET\) values appeared at low water levels instead of at high water levels.

(iii) Suitable water levels, estimated for maintaining suitable habitat for \(P.\) australis (avoiding abrupt changes in ratio of vegetation cover to open water area, and maintaining higher \(F_v)\), ranged from 6.59 to 6.97 m. Furthermore, ecological water transfer projects and operations should be regulated under a specific mode of operation to reduce their impact on macrophytes while maintaining the integrity of Baiyangdian Lake ecosystems, e.g., avoiding abrupt water level rise during the generation stage.
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