Research Paper

Optimal timing of antiviral therapy for patients with malignant tumor who presented with hepatitis B reactivation during chemotherapy and/or immunosuppressive therapy

Xiaofang Zou¹*, Longhua Guo¹, Yinfang Gu¹, Zhijun Yang¹, Ping Huang¹, Tianhuang Liu³, Jingjing Zhao⁴,⁵*, Guowu Wu¹,²* ¹. Department of Medical Oncology, Cancer Center, Meizhou People’s Hospital (Huangtang Hospital), Meizhou Academy of Medical Sciences, Meizhou Hospital Affiliated to Sun Yat-sen University, Meizhou, China ². Guangdong Provincial Key Laboratory of Precision Medicine and Clinical Translational Research of Hakka Population, Meizhou, China ³. Department of Hepatopathy, Meizhou People’s Hospital (Huangtang Hospital), Meizhou Academy of Medical Sciences, Meizhou Hospital Affiliated to Sun Yat-sen University, Meizhou, China ⁴. Sun Yat-sen University Cancer Center, State Key Laboratory of Oncology in South China, Collaborative Innovation Center for Cancer Medicine, Guangzhou, China ⁵. Department of Biotherapy, Sun Yat-sen University Cancer Center, Guangzhou, China

*These authors contributed equally to this work

Corresponding authors: Guowu Wu, MD; Department of Medical Oncology, Cancer Center, Meizhou People’s Hospital (Huangtang Hospital), Meizhou Academy of Medical Sciences, Meizhou Hospital Affiliated to Sun Yat-sen University; Guangdong Provincial Key Laboratory of Precision Medicine and Clinical Translational Research of Hakka Population, No 63 Huangtang Road, Meijiang District, Meizhou 514031, P. R. China. Tel.: +86-753-2131682, Fax: +86-753-2204840, Email: gaowuwugd@163.com Or Jingjing Zhao, PhD, MD; State Key Laboratory of Oncology in South China; Department of Biotherapy, Sun Yat-sen University Cancer Center, 651 Dongfeng Road East, Guangzhou 510060, P. R. China. Tel.: +86-20-87345699, Fax: +86-20-87343392, Email: zhaojingj@sysucc.org.cn

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Abstract

**Background:** Hepatitis B virus (HBV) reactivation may occur with chemotherapy and/or immunotherapy. Antiviral prophylaxis is recommended for all patients who are hepatitis B surface antigen (HBsAg)-positive during chemotherapy and/or immunosuppressive therapy. However, the optimal timing of antiviral therapy before chemotherapy and/or immunosuppressive therapy is not fully elucidated.

**Patients and methods:** We retrospectively evaluated 446 HBsAg-positive patients who underwent chemotherapy and/or immunosuppressive therapy. The cumulative rates of HBV reactivation were evaluated using the Kaplan–Meier method and were compared using the log-rank test. The risk factors of HBV reactivation were examined via univariate and multivariate analyses using the Cox proportional hazards model.

**Results:** The cumulative HBV reactivation rates of patients who received antiviral therapy before chemotherapy and/or immunosuppressive therapy were significantly lower than those of patients who received antiviral therapy after chemotherapy and/or immunosuppressive therapy ($P = 0.002$). The incidence of HBV reactivation was significantly different between patients who received antiviral therapy at least 1 day before chemotherapy and/or immunosuppressive therapy and those who did not ($P = 0.006$). No significant difference was observed in the HBV reactivation rates between patients who received antiviral therapy at least 2 days ($P = 0.310$), 3 days ($P = 0.494$), and 1 week ($P = 0.655$) before chemotherapy and/or immunosuppressive therapy and those who did not. The multivariate Cox proportional hazards model showed that women had a lower risk of developing HBV reactivation than men ($P = 0.025$). The use of the prophylactic antiviral agent entecavir, compared with lamivudine and telbivudine, was associated with the decreased risk of developing HBV reactivation ($P = 0.002$).

**Conclusion:** HBsAg-positive patients who received preemptive antiviral therapy after chemotherapy and/or immunosuppressive therapy had a high risk of developing HBV reactivation. However, it is not necessary for patients to receive antiviral therapy at least 1 week before chemotherapy and/or immunosuppressive therapy.

Key words: antiviral prophylaxis, hepatitis B surface antigen (HBsAg)-positive, hepatitis B virus reactivation, risk factors, chemotherapy and/or immunosuppressive therapy
Introduction

Hepatitis B virus (HBV) infection is prevalent worldwide [1,2]. Chemotherapy and immunosuppressive therapy may reactivate such infection, with possible fatal outcomes [3]. Approximately 40% of patients who are hepatitis B surface antigen (HBsAg)-positive and received chemotherapy developed HBV reactivation; among these patients, 13% and 16% are at risk of liver failure and mortality [4], respectively. Based on cautious prospective serological testing, liver damage due to HBV reactivation is a two-stage process. Initially, during intense cytotoxic or immunosuppressive therapy, a markedly enhanced viral replication is observed, as reflected by increases in the serum levels of HBV DNA, hepatitis B e-antigen (HBeAg), and HBV DNA polymerase, resulting in the widespread infection of hepatocytes. Due to the withdrawal of cytotoxic or immunosuppressive therapy, immune function will be restored; then, there will be a rapid immune-mediated destruction of HBV-infected hepatocytes. This destruction can manifest as hepatitis, hepatic failure, and even death [5-7].

Because hepatitis is related to HBV virological reactivation, the Centers for Disease Control and Prevention, American Association for the Study of Liver Diseases, Asian Pacific Association for the Study of the Liver, European Association for the Study of the Liver, and American Gastroenterological Association endorsed a policy involving screening for HBsAg and hepatitis B core antibody (anti-HBc) levels in patients undergoing chemotherapy or immunosuppressive therapy [2,8-11]. Prophylactic antiviral therapy is recommended for all patients who are HBsAg-positive and for selected patients who are HBsAg-negative and anti-HBc-positive who receive B-cell-depleting agents or other highly aggressive chemotherapy. Therapy must be continued at least 6-12 months after the discontinuation of chemotherapy and immunosuppressive therapy. However, to date, there is no available consensus on the optimal time to initiate prophylactic antiviral agents in these conditions. Some randomized clinical trials have shown that antiviral therapy administered at least 1 week or at the start of chemotherapy or immunosuppressive therapy is more effective than deferred treatment after reactivation is diagnosed using frequent HBV DNA monitoring [2]. But there is no study has shown how long to take antiviral agents in advance was preferable (one day or one week?). The intake of prophylactic antiviral agents at least 1 week before chemotherapy or immunosuppressive therapy may result in a delay of antitumor therapy and may produce additional medical costs.

Thus, we aimed to retrospectively compare the efficacy of antiviral prophylaxis before and after chemotherapy and/or immunosuppressive therapy to prevent HBV reactivation and to confirm the optimal timing of antiviral therapy for patients with malignant tumor who presented with hepatitis B virus during chemotherapy and/or immunosuppressive therapy.

Patients and Methods

Inclusion and exclusion criteria

The records of patients with HBV infection who received chemotherapy and/or immunosuppressive therapy between January 2014 and February 2018 in Meizhou People’s Hospital (Huangtang Hospital), Meizhou Hospital Affiliated to Sun Yat-sen University in southern China were screened for eligibility. The inclusion criteria were as follows: a) patients aged ≥16 years, b) with HBsAg-positive status upon diagnosis, and c) receiving at least one cycle of chemotherapy and/or immunosuppressive therapy. The exclusion criteria were as follows: a) patients with hepatitis A, C, D, and E virus infection or HIV infection, b) with decompensated liver disease, such as a history of ascites, variceal hemorrhage, hepatic encephalopathy, or serum total bilirubin >2.0 mg/dL before chemotherapy or immunosuppressive therapy, and c) with hepatocellular carcinoma.

The institutional review board of Meizhou People’s Hospital approved the study, and a written informed consent was obtained from all patients.

Definition of HBV reactivation

HBV reactivation was defined as follows: HBV DNA level ≥20,000 IU/mL with no baseline HBV DNA, newly detected HBV DNA level ≥100 IU/mL with previously stable or undetectable levels, elevated HBV DNA ≥2 log10 with detectable HBV DNA at baseline, and reverse seroconversion to HBsAg-positive status [2,12].

Characteristics of the patients and follow-up

The following variables were assessed: age; sex; clinical characteristics, including diagnosis of a hematologic or solid tumor; and initiation time of prophylactic antiviral and antiviral agents. Biochemical liver function tests including glutamic-pyruvic transaminase (ALT), glutamic-oxalacetic transaminase (AST), bilirubin, and albumin levels as well as HBV DNA levels were checked at baseline, at the start of every new cycle of chemotherapy and/or immunosuppressive therapy. After the completion of therapy, biochemical liver function and HBV-DNA levels were checked every 4-12 weeks. Tests for serum HBsAg, hepatitis B surface antibody (anti-HBs), HBeAg, anti-HBc status, and hepatitis B e-antibody (anti-HBe) were usually done at baseline. The follow
up data was collected from January 2014 and September 2018.

**Statistical analysis**

\( \chi^2 \) or Fisher’s exact test was used to assess the relationship between HBV reactivation and clinicopathological features. Continuous variables without a normal distribution were compared using the Mann–Whitney U-test. The risk factors of HBV reactivation were examined via univariate and multivariate analyses using the Cox proportional hazards model. The cumulative rates of HBV reactivation were evaluated using the Kaplan–Meier method and compared using log-rank tests. A P value <0.05 for all two-tailed tests were considered statistically significant. All statistical analyses were carried out using the Statistical Package for the Social Sciences software version 19.0 (SPSS Inc., Chicago, Illinois, the USA).

**Results**

**Characteristics of the patients**

We identified 446 patients with resolved HBV infection who received chemotherapy or immunosuppressive therapy in the analysis. The characteristics of the patients are shown in detail in Table 1. Of the 446 patients, 239 (53.6%) were men. The median age of the participants was 52 (interquartile range [IQR]: 44–59) years. Most patients (n=391; 87.6%;) had solid tumors, and 12.4% (n=55) presented with hematological malignancies, such as leukemia or lymphoma. Among the patients with solid tumors, the most prevalent cancer site was the gastrointestinal tract (n=153; 34.3%). Seventeen (3.9%) and 75 (16.8%) patients received rituximab-based treatment regimens and anthracycline, respectively.

In terms of viral factors, 215 (48.2%) and 91 (20.4%) patients had baseline HBV DNA levels <2,000 IU/mL and <100 IU/mL, respectively, and 36 (8.1%) patients were positive for HBeAg. Most patients were treated with entecavir (ETV) (n=304; 68.2%), lamivudine (LAM) (n=117; 26.2%), or telbivudine (LDT) (n=25; 5.6%) for HBV prophylaxis. The median duration of antiviral prophylaxis before chemotherapy or immunosuppressive therapy was 1 (IQR: -1–2) day. The median duration of follow-up was 8 (IQR: 4.5–13) months. Among these patients, 52 (11.6%) were diagnosed with HBV reactivation during or after chemotherapy and/or immunosuppressive therapy courses.

**Comparison of HBV reactivation rates between the groups according to time of treatment initiation (before or after chemotherapy and/or immunosuppressive therapy)**

We divided the patients into two groups according to the time when antiviral therapy was provided (before or after chemotherapy and/or immunosuppressive therapy). The HBV reactivation analysis showed that the cumulative HBV reactivation rates of patients who received antiviral therapy before chemotherapy and/or immunosuppressive therapy was significantly lower than those of patients who received antiviral therapy after chemotherapy and/or immunosuppressive therapy, as determined using the log-rank test (P = 0.002, Fig. 1A). Furthermore, those who received antiviral therapy more than 1 week after chemotherapy or immunosuppressive therapy had a significantly higher risk of HBV reactivation (P <0.001, Fig. 1B).

![Figure 1](http://www.jcancer.org)
before chemotherapy or immunosuppressive therapy, and patients who received antiviral therapy less than 1 day before chemotherapy or immunosuppressive therapy ($P = 0.006$, Fig. 2A). However, no significant difference was observed in the HBV reactivation rates between the two groups (at least 2 days before or less than 2 days before, $P = 0.310$; at least 3 days before or less than 3 days before, $P = 0.494$; and at least 1 week before or less than 1 week before, $P = 0.655$) (Figs. 2B, C, D).

**Clinicopathological characteristics associated with HBV reactivation**

A total of 52 patients developed HBV reactivation (the reactivation group), whereas 394 patients did not (the non-reactivation group). The clinical characteristics of these two groups are summarized in Table 2. The correlation analysis revealed a significant inverse correlation between the development of HBV reactivation as well as sex (male, $P = 0.016$), HBV DNA level $\geq 100$ IU/mL ($P = 0.048$), hematological malignancies ($P = 0.012$), use of the prophylactic antiviral regimen LAM ($P = 0.014$), and administration of anti-viral prophylaxis after chemotherapy ($P = 0.015$). No statistically significant difference was observed in terms of age, baseline liver function (ALT level and HBeAg status), and chemotherapy regimens between the two groups. In addition, the cumulative HBV reactivation rates in men and those who used LAM were significantly higher than those of women and those who used ETV and LDT ($P = 0.021$ and $P = 0.013$, respectively, based on log-rank test; Figs. 3A, D). However, no significant difference was observed in the cumulative HBV reactivation rates between the groups with solid tumors and hematological malignancies and between the groups treated with rituximab and those who were not ($P = 0.068$ and $P = 0.192$, respectively, based on log-rank test; Figs. 3B, C).

Using the covariates listed in Table 3, the multivariate Cox proportional hazards model showed that men were more significantly at risk of HBV reactivation than women (HR = 0.502; 95% confidence interval (CI) = 0.276-0.915, $P = 0.025$). ETV, not LAM and LDT, was associated with a decreased risk of HBV reactivation (HR = 0.417; 95% CI = 0.238-0.731, $P = 0.002$). The administration of anti-viral prophylaxis less than 1 day before chemotherapy or immunosuppressive therapy was associated with an increased risk of HBV reactivation, as compared to at least 1 day before chemotherapy or immunosuppressive therapy (HR = 2.366; 95% CI = 1.354-4.136, $P = 0.003$) (Table 3).

**Comparison of HBV reactivation rates between the groups according to the different durations of antiviral therapy before chemotherapy and/or immunosuppressive therapy**

The patients were divided into two groups according to the different durations of antiviral prophylaxis before chemotherapy and/or immunosuppressive therapy. The incidence of HBV reactivation was significantly different between the patients who received antiviral therapy at least 1 day before chemotherapy or immunosuppressive therapy, and patients who received antiviral therapy less than 1 day before chemotherapy or immunosuppressive therapy ($P = 0.006$, Fig. 2A). However, no significant difference was observed in the HBV reactivation rates between the two groups (at least 2 days before or less than 2 days before, $P = 0.310$; at least 3 days before or less than 3 days before, $P = 0.494$; and at least 1 week before or less than 1 week before, $P = 0.655$) (Figs. 2B, C, D).

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**Comparison of HBV reactivation rates between the groups according to the different durations of antiviral therapy before chemotherapy and/or immunosuppressive therapy**

The patients were divided into two groups according to the different durations of antiviral prophylaxis before chemotherapy and/or immunosuppressive therapy. The incidence of HBV reactivation was significantly different between the patients who received antiviral therapy at least 1 day before chemotherapy or immunosuppressive therapy, and patients who received antiviral therapy less than 1 day before chemotherapy or immunosuppressive therapy ($P = 0.006$, Fig. 2A). However, no significant difference was observed in the HBV reactivation rates between the two groups (at least 2 days before or less than 2 days before, $P = 0.310$; at least 3 days before or less than 3 days before, $P = 0.494$; and at least 1 week before or less than 1 week before, $P = 0.655$) (Figs. 2B, C, D).
Table 2. Characteristics of patients with and without hepatitis B virus (HBV) reactivation

| Characteristic                  | Patients without HBV reactivation (n = 394) % | Patients with HBV reactivation (n = 52) % | P-value |
|--------------------------------|---------------------------------------------|------------------------------------------|---------|
| Sex                            |                                             |                                          |         |
| Male                           | 203 (84.9)                                  | 36 (15.1)                                | 0.016   |
| Female                         | 191 (92.3)                                  | 16 (7.7)                                 |         |
| Age (years)                    | 53 (44-59)                                  | 49 (41-57)                               | 0.106   |
| ALT (U/L)                      | 26 (19-44)                                  | 29 (21-43)                               | 0.384   |
| Elevated ALT                   |                                             |                                          | 0.611   |
| Yes                            | 79 (86.8)                                   | 12 (13.2)                                |         |
| No                             | 315 (88.7)                                  | 40 (11.3)                                |         |
| HBV DNA ≥2,000 (IU/mL)         |                                             |                                          | 0.984   |
| Yes                            | 204 (88.3)                                  | 27 (11.7)                                |         |
| No                             | 190 (88.4)                                  | 25 (11.6)                                |         |
| HBV DNA <100 (IU/mL)           |                                             |                                          | 0.048   |
| Yes                            | 75 (82.4)                                   | 16 (17.6)                                |         |
| No                             | 319 (89.9)                                  | 36 (10.1)                                |         |
| HBeAg                          |                                             |                                          | 0.212   |
| Positive                       | 29 (89.0)                                   | 7 (11.0)                                 |         |
| Negative                       | 365 (88.3)                                  | 45 (11.7)                                |         |
| Tumor type                     |                                             |                                          | 0.012   |
| Solid tumors                   | 351 (89.8)                                  | 40 (10.2)                                |         |
| Hematological                  | 43 (78.2)                                   | 12 (21.8)                                |         |

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|--------------------------------|---------------------------------------------|------------------------------------------|---------|
| Chemotherapy regimen           |                                             |                                          | 0.242   |
| Rituximab-containing           | 13 (76.5)                                   | 4 (23.5)                                 |         |
| Without rituximab              | 381 (88.8)                                  | 48 (11.2)                                |         |
| Prophylactic antiviral regimen |                                             |                                          | 0.014   |
| Lamivudine                      | 95 (81.2)                                   | 22 (11.8)                                |         |
| Entecavir                       | 278 (91.4)                                  | 26 (8.6)                                 |         |
| Telbivudine                     | 21 (84.0)                                   | 4 (16.0)                                 |         |
| Antiviral prophylaxis           |                                             |                                          | 0.015   |
| Before chemotherapy            | 278 (90.8)                                  | 28 (9.2)                                 |         |
| After chemotherapy             | 116 (82.9)                                  | 24 (17.1)                                |         |
| Antiviral prophylaxis More than 1 week before chemotherapy | 48 (85.7) | 8 (14.3) |         |
| One week or less before chemotherapy | 346 (88.7) | 44 (11.3) |         |

Discussion

HBV reactivation during cytotoxic chemotherapy is an important issue in clinical settings in countries, such as China, where chronic HBV infection
is endemic. HBsAg-positive patients are at high risk of HBV reactivation particularly if their HBV DNA levels are elevated [13,14], and these patients should receive anti-HBV prophylaxis prior to the initiation of immunosuppressive or cytotoxic therapy, which is supported by three randomized controlled trials of HBsAg- and anti-HBc-positive patients receiving anticancer therapy [15-17]. The optimal time for the initiation of antiviral prophylaxis remains uncertain.

However, when such treatment is initiated only after major biochemical abnormalities are observed, the results are not entirely satisfactory. This may not be effective in reducing liver injury [18,19] because the immunologic events causing the flare have already been activated, and viral elimination is ongoing [7]. Our study addressed the question whether preemptive therapy should be initiated prior or during the initiation of chemotherapy or deferred after chemotherapy. This study showed that HBsAg-positive patients are at high risk of HBV reactivation when preemptive antiviral therapy is deferred as well as previous studies [20].

### Table 3. Univariate and multivariate analyses of risk factors for HBV reactivation

| Variables                                      | Univariate analysis | Multivariate analysis |
|------------------------------------------------|---------------------|-----------------------|
| Sex                                            | 0.513 (0.285-0.926) | 0.027                 |
| Age                                            | 0.995 (0.973-1.018) | 0.688                 |
| Elevated ALT                                   | 1.069 (0.559-2.044) | 0.840                 |
| HBV DNA <100 (IU/mL)                           | 0.545 (0.302-0.986) | 0.045                 |
| HBeAg                                          | 1.347 (0.605-2.998) | 0.466                 |
| Tumor type                                     | 1.788 (0.936-3.416) | 0.079                 |
| Rituximab containing                           | 1.925 (0.692-5.356) | 0.210                 |
| Prophylactic antiviral regimen                 | 0.457 (0.265-0.790) | 0.005                 |
| Antiviral prophylaxis                          | 2.265 (1.311-3.915) | 0.003                 |

ALT, alanine aminotransaminase (normal range 13-50 U/L); HBeAg, hepatitis B e-antigen; HR, hazard ratio.

Figure 3. (A) Comparison of the cumulative HBV reactivation rates according to sex. (B) Comparison of the cumulative HBV reactivation rates according to different tumor types. (C) Comparison of the cumulative HBV reactivation rates according to the risk factors associated with rituximab-based chemotherapy or other types of treatment. (D) Comparison of the cumulative HBV reactivation rates according to different prophylactic antiviral regimens. Che., chemotherapy and/or immunosuppressive therapy.
Regardless of baseline serum HBV DNA levels, antiviral prophylaxis should be administered to patients with chronic hepatitis B (CHB) before the onset of anticancer therapy or a finite course of chemotherapy or immunosuppressive therapy [21]. Based on the literature, antiviral agents are provided 7 days prior to treatment. To date, no studies have assessed about the initiation of antivirals before chemotherapy and/or immunosuppressive therapy. Our study showed that the incidence of HBV reactivation was significantly different between the two groups (at least 1 day before or not) \((P = 0.006, \text{Fig. 2A})\). However, no significant difference was observed in the HBV reactivation rates between the two groups (at least 2 days before or not, \(P = 0.310\); at least 3 days before or not, \(P = 0.494\); and at least 1 week before or not, \(P = 0.655\)). This may mean antiviral treatment is should be provided 1 day prior to the start of chemotherapy and/or immunosuppressive therapy, but not necessary provided 1 week prior to the start of chemotherapy and/or immunosuppressive therapy. There is no need to delay chemotherapy and/or immunosuppressive therapy administered to HBsAg-positive patients, which may lead to disease progression in order to antiviral treatment 1 week in advance.

Several risk factors for HBV reactivation in patients with cancer have been identified. According to previous studies, those with detectable or high levels of serum HBV DNA prior to the start of immunosuppressive therapy have a higher risk of HBV reactivation than those with undetectable or low levels of HBV DNA [13,14,22]. In our study, a significantly lower rate of HBV reactivation was observed in patients with HBV DNA levels <100 IU/mL compared with those with HBV DNA levels \(\geq 100\) IU/mL. Male sex has been the most consistent host factor that is associated with an increased risk of HBV reactivation [23,24]. In a study of 78 HBsAg-positive patients with various cancer types, a higher reactivation rate was observed in men than in women (29% vs 10%) [24]. Our study showed that men had a higher risk of developing HBV reactivation. LAM is a nucleoside analog with potent antiviral activity against HBV and is a safe, well-tolerated, and inexpensive drug. Moreover, it is the first-line antiviral agent for the prophylaxis of HBV reactivation in patients receiving chemotherapy or immunosuppressive therapy. However, its long-term use results in drug resistance [25]. Other antiviral drugs, such as ETV or tenofovir, are frequently used as alternatives to the first-line therapy for chronic hepatitis B due to the lower risk of resistance [26]. A previous study has compared the prophylactic effect of LAM and ETV in patients with diffuse large B-cell lymphoma who were receiving rituximab-cyclophosphamide, doxorubicin, vincristine, and prednisone (R-CHOP) chemotherapy, and the result of such study showed that ETV was beneficial [27]. In our study, a higher rate of HBV reactivation was observed in patients who used LAM as antiviral prophylaxis. Therefore, the possible relationship between HBV reactivation and the initiation time of antiviral prophylaxis in patients undergoing intense chemotherapy and/or immunotherapy must be further assessed. The present study had limitations. That is, only a short-term retrospective chart review was conducted.

**Conclusion**

HBsAg-positive patients who received preemptive antiviral therapy after chemotherapy and/or immunotherapy had a high risk of developing HBV reactivation. However, it is not necessary for patients to receive antiviral therapy at least 1 week before chemotherapy. In the future, prospective studies with large sample size must be conducted to validate the optimal timing as well as the clinical and economic benefits of using antiviral prophylaxis in patients who are HBsAg-positive and are treated with chemotherapy and/or immunotherapy.

**Abbreviations**

- ALT: glutamic-pyruvic transaminase; AST: glutamic-oxalacetic transaminase; anti-HBs: hepatitis B surface antibody; anti-HBe: hepatitis B e-antibody; anti-HBc: hepatitis B core antibody; CHB: chronic hepatitis B; ETV: entecavir; HBV: Hepatitis B virus; HBsAg: hepatitis B surface antigen; HBeAg: hepatitis B e-antigen; HB-PreS1-Ag: hepatitis B virus PreS1-Ag; HR: hazard ratio; IQR: interquartile range; LAM: lamivudine; LDT: telbivudine; R-CHOP: rituximab-cyclophosphamide, doxorubicin, vincristine, and prednisone.

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**Author Contributions**

Xiaofang Zou and Guowu Wu contributed equally to this work. Guowu Wu contributed to study...
concept and design, obtained funding, and study supervision. Xiaofang Zou contributed to write the article and statistical analysis. Longhua Guo contributed to analysis and interpretation of data. Yinfang Gu, Zhijun Yang, Ping Huang and Tianhuang Liu contributed to acquisition of data. Jingjing Zhao and Guowu Wu contributed to critical revision of the article for important intellectual content. All authors read and approved the final manuscript.

Competing Interests

The authors have declared that no competing interest exists.

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