Assessment of retinal sensitivity using a time-saving strategy in normal individuals

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Background: The purpose of this study was to compare retinal sensitivities in normal individuals obtained using the Swedish Interactive Threshold Algorithm Standard (SITA-S) on the Humphrey field analyzer with those obtained using the Dynamic strategy on the Octopus.

Methods: Prior to visual field examinations, the background luminance, stimulus size, and exposure time with the Octopus 101 were conformed to the Humphrey field analyzer II settings. Volunteers over 20 years of age without apparent ophthalmic abnormalities were examined with the SITA-S central 30-2 program followed by the Dynamic 32 program. Eye with corrected visual acuity ≥ 0.8, refraction ≤ −6.0 diopters, and fields with satisfactory levels of reliability in SITA-S and Dynamic were selected.

Results: Sixty-seven eyes from 67 normal individuals of mean age 51.3 ± 16.3 (range 22–76) years satisfied the selection criteria and were analyzed. Mean retinal sensitivity was significantly (P = 0.0001) higher with SITA-S (29.0 ± 2.4 dB) than with Dynamic (26.8 ± 2.1 dB). Changes in retinal sensitivity with increasing age were significantly (P = 0.0003) greater with Dynamic (−0.09 ± 0.04 dB/year; 95% confidence interval [CI] −0.10 to −0.08 dB/year) than with SITA-S (−0.07 ± 0.04 dB/year, 95% CI −0.08 to −0.06 dB/year). When classifying the visual field into three areas (central, mid-peripheral, and peripheral), retinal sensitivities with SITA-S were significantly higher in all areas than with Dynamic (P = 0.0001 for all three areas).

Conclusion: Differences in Dynamic and SITA-S strategies may contribute to the differences in retinal sensitivities observed in normal individuals.

Keywords: time-saving strategy, frequency-of-seeing curve, dynamic, Swedish Interactive Threshold Algorithm Standard, Octopus perimeter, Humphrey field analyzer

Introduction
In automated perimetry, the stimulus intensity at prescribed testing locations is changed in order to determine the perceptible limit of stimulus intensity (threshold), which is the retinal sensitivity. Subsequently, the retinal sensitivity distribution at the test locations is determined in order to complete the assessment of the visual field. Standard automated perimetry is a psychophysical test that is designed to determine the retinal sensitivity by checking the subject’s responses. Because standard automated perimetry involves many stimulus presentations, much time is needed to complete the test,¹ this can be tiring for patients and can lead to a higher error rate. In order to shorten the test duration, standard automated perimetry uses a suprathreshold method that can make use of precollected data for normal retinal sensitivity in order to optimize the initially displayed thresholds at the test locations. Despite this design, standard...
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Ophthalmological evaluation
Within three days of the preliminary test, each subject received visual field tests with the following two methods on the same day: Dynamic with the Octopus 101 (Octopus, Haag-Streit AG, Koniz, Switzerland) computer-automated perimeter and SITA-S with the HFA II. The programs used for measurement were 32 with Dynamic in the Octopus and C30-2 with SITA-S in the HFA II. Visual field testing was first conducted on the right eye, with SITA-S initially and Dynamic thereafter. The test was subsequently performed on the left eye in the same way. Subjects were allowed to rest for at least 15 minutes between the two sequential visual field test sessions, and the next testing began only after subject recovery had been confirmed. After the visual field tests, intraocular pressure was measured using a Goldmann applanation tonometer (Haag-Streit AG, Koniz, Switzerland).

Prior to the test with Dynamic, the background intensity of Octopus 101 was changed from 4 apostilbs to 31.5 apostilbs, the stimulus exposure time was changed from 0.1 sec to 0.2 sec, and the maximum stimulus intensity was

| Table I Examination conditions |
|--------------------------------|
| **Octopus 101**                  | **HFA II**            |
| Background luminance             | 4 asb ⇒ 31.5 asb      | 31.5 asb            |
| Stimulus size                    | GP III                | GP III              |
| Stimulus exposure time           | 100 msec ⇒ 200 msec   | 200 msec            |
| Max. stimulus luminance          | 1000 asb ⇒ 4000 asb   | 10000 asb           |
| Examination pattern              | 6°6”grid              | 6°6”grid            |
| Strategy                         | Dynamic               | SITA-S              |

**Note:** Arrows indicate what settings were changed to match stimulus parameters. **Abbreviations:** HFA, Humphrey field analyzer; GP, Goldmann perimeter; C30-2, Central 30-2; SITA-S, SITA-Standard.
changed from 1000 apostilbs to 4000 apostilbs. The size of the stimulus was unchanged. The Octopus Goldmann size 3 and HFA II size III have the same visual angle, so served as a standard stimulus for both Dynamic and SITA (Table 1).

Data analysis
If the visual field data from a subject showed any fixation loss or false-positive errors or false-negative errors that were more frequent than 33%, the data were excluded. The actual retinal sensitivities of the 74 points, excluding two points corresponding to the Mariotte blind spot, were examined in Dynamic and SITA-S in order to compare the results. In addition, the rates of change in retinal sensitivities by age were calculated. For all eyes of the study subjects, data from the left eye were converted to those from the right eye for analysis. All 74 test locations were divided into the following: the central region (<10 degrees, 12 locations); the mid-peripheral region (10–20 degrees, 18 locations); and the peripheral region (20–30 degrees, 44 locations) in order to compare the retinal sensitivities in Dynamic and SITA-S. We used t-tests and Dunn’s test to compare the retinal sensitivities and to estimate the parameters for correlation (regression analysis). The JMP 9.0.0 (SAS Institute, Tokyo, Japan) computer program was used for the statistical analyses. Statistical significance was defined as P values < 0.05.

Results
Of the 134 eyes from the 67 subjects who gave informed consent for the study, 67 eyes of 67 subjects (32 men and 35 women) met the reliability criteria in at least one eye based on the tests (Table 2). The mean retinal sensitivities of the subjects studied ranged from 19.0 dB to 30.6 dB in Dynamic and from 22.2 dB to 32.7 dB in SITA-S. The mean retinal sensitivity for all 74 locations was significantly depressed in Dynamic compared with SITA-S (Figure 1). Of the corresponding test locations between Dynamic and SITA-S, 73 locations, except for one point at the superotemporal peripheral area, showed higher retinal sensitivities in SITA-S than in Dynamic (Figure 2).

Correlations of the mean retinal sensitivities at each test location (measured with Dynamic and SITA-S) with age were analyzed, and the rate of change in mean sensitivities was calculated as a function of age. The mean change in retinal sensitivity depending on age (regression coefficient) was significantly different between the two strategies (Figure 3). The mean retinal sensitivity in each three region (central, mid-peripheral, and peripheral) in SITA-S was significantly higher than that in Dynamic (Figure 4). However, no significant difference in retinal sensitivities was observed between the central and mid-peripheral regions, whereas retinal sensitivity in the peripheral region was significantly depressed compared with that in the central and mid-peripheral regions in Dynamic and SITA-S.

Discussion
When the retinal sensitivities of normal individuals were measured using two time-saving strategies, Dynamic and SITA-S, the sensitivity distributions differed between two strategies, reflecting the differences between them. Glaucomatous visual field disturbances was found earlier with Dynamic than with SITA-S when the original settings for the Octopus and the HFA were used. It is known that retinal sensitivity is affected by factors such as stimulus exposure time, stimulus size, retinal adaptation, eccentricity of the test location, and subject reliability. Therefore, we tried to compare differences in retinal sensitivities between the two strategies under an identical HFA and Octopus settings. When the standard automated perimetry settings are changed, age-specific normal values and ranges should be determined. Thus, we recruited normal individuals aged 20–80 years to investigate the effects of the differences in strategies on retinal sensitivities.

In the visual field test, the mean retinal sensitivities ranged from 19.0 dB to 30.6 dB with Dynamic and from 22.2 dB to 32.7 dB when measured with SITA-S. A comparison of the mean retinal sensitivities at the corresponding test locations between the two strategies revealed the following results: mean retinal sensitivity in SITA-S was higher by 2.2 dB than that in Dynamic; and mean retinal sensitivities for each test location were significantly higher with SITA-S than with Dynamic, except for one point in the superotemporal area. In this test, because the same maximum stimulus intensity could not be used for both the Octopus and the HFA, the dynamic ranges were different and the retinal sensitivity at each

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**Table 2** Patient demographics

| Variable          | Value     | Range       |
|-------------------|-----------|-------------|
| Age (years)*      | 51.3 ± 16.3 | Range: 22 to 76 |
| Subjects (n)      | 67        |             |
| Eyes              | 67        |             |
|                   | 20 years  | 8           |
|                   | 30 years  | 12          |
|                   | 40 years  | 9           |
|                   | 50 years  | 9           |
|                   | 60 years  | 19          |
|                   | 70 years  | 10          |
| SE (dioptries)*   | −0.54 ± 1.74 | ±2.75 to −6.00 |
| IOP (mmHg)*       | 14.3 ± 2.1  | Range: 9 to 18 |

*Note:* *Value is presented as the mean ± standard deviation.

*Abbreviations:* SE, spherical equivalent; IOP, intraocular pressure.
were 2.2 dB measurements were higher using the SiTA-S. On average, SiTA-S measurements
reasons for this difference (between 4 dB and 2.2 dB) was estimated to differ by 4 dB. However, the retinal sensitivities
Retinal sensitivities were similarly distributed both in Dynamic and in SiTA-S. Mean retinal sensitivity at each test point in 67 eyes that were assessed by SiTA-S (29.0 ± 2.4 dB) was higher than that by Dynamic (26.8 ± 2.1 dB, Student’s t-test = 6.0493, P < 0.0001). Both mean retinal sensitivity (upper value) and standard deviation (lower value) are presented.

**Abbreviations:** SITA-S, Swedish Interactive Threshold Algorithm-Standard; SD, standard deviation.

With the exception of one point in the superotemporal periphery, including differences in frequency-of-seeing curve settings, with large variances, the two different testing modalities and strategies may have been caused by factors unrelated to intrasubject variability and measurement conditions.

Differences in setting of the frequency-of-seeing curve between the strategies may play a role in the differences in the algorithm results; in SITA-S, the measurement sensitivity represents a lower value than an expected value. In contrast, in Dynamic, the variance is small at normal locations, and the stimulus intensity steps become narrower, whereas the stimulus intensity steps become broader at locations with large variances, and this leads to overestimation of the retinal sensitivity. Therefore, we believe that measured differences between retinal sensitivity results using the two different testing modalities and strategies may have been caused by factors unrelated to intrasubject variability and measurement conditions.

The ages of the subjects and locations of test points have been reported to affect frequency-of-seeing curve settings. Thus, we examined changes in retinal sensitivities by age. SITA-S was less affected by age than Dynamic. We thought that adjustments according to Bayes’ theorem in SITA-S

**Figure 1** Mean retinal sensitivities at each test point in Dynamic and SITA-S.

**Notes:** Retinal sensitivities were similarly distributed both in Dynamic and in SITA-S. Mean retinal sensitivity at each test point in 67 eyes that were assessed by SITA-S (29.0 ± 2.4 dB) was higher than that by Dynamic (26.8 ± 2.1 dB, Student’s t-test = 6.0493, P < 0.0001). Both mean retinal sensitivity (upper value) and standard deviation (lower value) are presented. **Abbreviations:** SITA-S, Swedish Interactive Threshold Algorithm-Standard; mean, mean retinal sensitivity; SD, standard deviation.

**Figure 2** Differences between Dynamic and SITA-S in retinal sensitivities at each test point.

**Notes:** With the exception of one point in the superotemporal periphery, 73 measurements were higher using the SITA-S. On average, SITA-S measurements were 2.2 ± 0.9 dB (range = 0.7 to 4.6 dB) higher than Dynamic measurements (paired t-test = 21.5711, P < 0.0001).

**Abbreviations:** SITA-S, Swedish Interactive Threshold Algorithm-Standard.
minimized the effects of age on frequency-of-seeing curve slope settings, and this was reflected in the test results from normal individuals in the present study. The regression coefficients for retinal sensitivity by age in Dynamic ($-0.09 \pm 0.04$ dB/year) and SITA-S ($-0.07 \pm 0.04$ dB/year) were similar to those (about $-0.1$ dB/year) previously reported, and there was not overlap of 95% CIs for the regression coefficients and they showed a significant difference. This suggests that the effects of age on the frequency-of-seeing curve lower the retinal sensitivity in Dynamics.

We classified the central 30-degree visual field into three regions in order to compare the retinal sensitivities at each location for both strategies. The retinal sensitivities with Dynamic were lower in all regions than those with SITA-S.

![Figure 3](image1.png)

**Figure 3** Effect of age on retinal sensitivity (regression coefficients in dB/year) at each test point.

**Notes:** The mean regression coefficient across all 74 measurement points was $-0.09 \pm 0.04$ dB/year (95% confidence interval [CI] $-0.10$ to $-0.08$ dB/year) in Dynamic and $-0.07 \pm 0.04$ dB/year (95% CI $-0.08$ to $-0.06$ dB/year) in SITA-S. There was a significant difference between regression coefficients in Dynamic and in SITA-S (paired $t$-test $= 6.2042$, $P < 0.0001$).

**Abbreviations:** SITA-S, Swedish Interactive Threshold Algorithm-Standard; CI, confidence interval.

![Figure 4](image2.png)

**Figure 4** Regional comparison of retinal sensitivity as measured with Dynamic and SITA-S.

**Notes:** In the central area, the mean retinal sensitivity was $31.8 \pm 0.6$ dB in SITA-S and $29.2 \pm 1.0$ dB in Dynamic (paired $t$-test $= 16.4476$, $P < 0.0001$). In the mid-peripheral area, mean retinal sensitivity was $30.6 \pm 0.9$ dB in SITA-S and $27.7 \pm 1.0$ dB in Dynamic (paired $t$-test $= 24.2905$, $P < 0.0001$). In the peripheral area, mean retinal sensitivity was $27.6 \pm 1.9$ dB in SITA-S and $25.8 \pm 2.1$ dB in Dynamic (paired $t$-test $= 13.8011$, $P < 0.0001$). The differences in retinal sensitivities between Dynamic and SITA-S were $2.7 \pm 0.6$ dB in the central, $2.9 \pm 0.5$ dB in the mid-peripheral, and $1.9 \pm 0.9$ dB in the peripheral region. There was no significant difference in mean retinal sensitivities between the central and mid-peripheral regions (Dunn’s test $= 0.8596$, $P = 1.0000$), whereas the retinal sensitivity in the peripheral region was significantly depressed compared with that in the central and mid-peripheral regions (central versus peripheral, Dunn’s test $= -3.1705$, $P = 0.0046$; mid-peripheral versus peripheral, Dunn’s test $= -4.8491$, $P < 0.0001$).

**Abbreviation:** SITA-S, Swedish Interactive Threshold Algorithm-Standard.
However, the difference in the peripheral region was smaller than that in the central region and in the mid-peripheral region. In the peripheral region, the discrepancy between the theoretical and actual retinal sensitivity was greater than in other regions. There was more variability in responses in the peripheral area (due to greater scattering), resulting in smaller differences between the retinal sensitivities with Dynamic, in which the slope of the frequency-of-seeing curve was more shallow, and those with SITA-S, in which the slope of the frequency-of-seeing curve was steeper. Moreover, in Dynamic, after the stimulus had crossed the threshold just once, the final retinal sensitivity was determined as the mean between the last seen and the last unseen stimulus. In contrast, in SITA-S, after the stimulus had crossed the threshold twice, the final retinal sensitivity was determined as the last seen stimulus.

The impact of these differences in determining final retinal sensitivity is, at most, approximately 1 dB. This is smaller than the 2.2 dB difference that we found between the two strategies. Therefore, we believe this sensitivity difference of 2.2 dB is due to the frequency-of-seeing curve settings with the two strategies.

We hypothesize that the final mean observed retinal sensitivity is likely to be higher in Dynamic and lower in SITA-S, and differences in Dynamic and SITA-S strategies may contribute to the differences in observed retinal sensitivities in normal individuals.

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Disclosure
The authors report no conflicts of interest in this work.

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