Physical properties and biocompatibility of UHMWPE-derived materials modified by synchrotron radiation

Iu. Bykova · V. Weinhardt · A. Kashkarova · S. Lebedev · T. Baumbach · V. Pichugin · K. Zaitsev · I. Khlusov

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Abstract The applications of synchrotron radiation (SR) in medical imaging have become of great use, particularly in angiography, bronchoigraphy, mammography, computed tomography, and X-ray microscopy. Thanks to recently developed phase contrast imaging techniques non-destructive preclinical testing of low absorbing materials such as polymers has become possible. The focus of the present work is characterization and examination of UHMWPE-derived materials widely used in medicine, before and after their exposure to SR during such testing. Physical properties, such as wettability, surface energy, IR-spectroscopy, roughness, optical microscopy, microhardness measurements of UHMWPE samples were studied before and after SR. The relationship between a growth of UHMWPE surface hydrophilicity after SR and surface colonization by stromal cells was studied in vitro. Obtained results demonstrate that SR may be used as prospective direction to examine bulk (porous) structure of polymer materials and/or to modify polymer surface and volume for tissue engineering.

1 Introduction

Biomaterials are natural or synthetic materials used as an interface with the biological environment in order to replace or to repair damaged tissue. Nowadays a key concept of tissue engineering is fabrication of natural or artificial material that acts as a template for cells providing structural support and guiding them to the newly formed tissue [1]. Thus, the main function of the tissue engineering material (scaffold) is to support the growing tissue by cells migration and proliferation. To fit these functions scaffold should possess appropriate characteristics: (1) mechanical competence (e.g., compressive and tensile strength); (2) porosity and external geometry; (3) chemical compatibility; (4) surface properties (e.g., surface energy, chemistry, charge, surface area); (5) high biocompatibility (absence of immunoreaction) [2]. All of these characteristics must be tailored to arrange for the requirements of different types of tissue [3]. Thus, a thorough characterization of scaffolds is essential in order to evaluate their biological suitability and to understand their biomechanical environment that will be favourable for cells [4, 5].

UHMWPE is actively used material for fabrication of sliding element in biomedical application. It is the material of choice for the loading bearing surfaces in the tibial plateau component in the total knee and acetabular cup one
in the total hip prostheses due to wear resistant and low coefficient of friction over extended periods of time. The high molecular weight, between 2 and 6 million g/mol, results in a high resistance to mechanical stresses in comparison with other types of polyethylene (HDPE, LDPE, and others) [6]. Macro- and micropores as the defects of UHMWPE internal structure decrease its mechanical properties and increase failure rate dramatically. Therefore, nondestructive control of polymer compounds before and after implantation is a state of art for a prognosis of prosthesis fate.

On the other hand, pore size and distribution is a crucial point for biomedical efficiency of materials for tissue engineering, because it determines the cellular penetration, extracellular matrix production, and neovascularization of the inner areas of the scaffold [7].

Phase-contrast imaging with SR is successfully developing technique for biomedical nondestructive 3D visualization of weakly absorbing materials [8, 9], which provides qualitative and quantitative information about scaffold structure: porosity, pores spatial distribution, and tissue ingrowths [10]. But the radiation effects on the structure of polymer, breaks polymer chains and create free radicals [11, 12]. That can lead to the change of the physical–mechanical properties of the irradiated polymer [13, 14].

It should be noted that there is a data on the effects of electron beams (EB) or gamma rays on the properties of UHMWPE. However, the impact of SR (typically 1–50 keV) is poorly studied although it is important when using the SR to visualize implants as ex situ as in situ.

The present work is focused on the characterization of physical properties of samples made from UHMWPE and its copolymers possessing porous or dense structure. SR is applied to analyze an inner architecture and microstructure of the samples and taking into account that radiation technique produce radiation damages of UHMWPE, its physical properties were studied after X-ray phase contrast micromaging [15]. Since the biocompatibility of implants is strictly related to the surface properties of material, the measurements of surface characteristics such as wettability, surface energy, roughness and micro hardness were carried out.

2 Materials and methods

2.1 UHMWPE preparation

The samples of UHMWPE and its copolymers used in the present work were produced by compression moulding technique and listed in Table 1. The fundamentals apply to the compression moulding of UHMWPE where the consolidation of the materials is a direct result of the heat, pressure and time combination [16].

UHMWPE powder at the mould was pressed at a controlled rate (15 kN), and temperature 170 °C was applied to the mould using electrically heated system. Pure UHMWPE is difficult to process due to high viscosity. To facilitate its processing, UHMWPE was combined with short chain polymers such as LDPE and PVDF. For the higher stability, adhesion and mechanical properties improvement of obtained copolymers styrene maleic anhydride (SMA) was used as a reactive group. It is chemically bound to the polymer components of the mixture to form covalent physical and chemical bonds, significantly reducing the interfacial energy between different polymers. For fabrication of samples with a porous structure powder UHMWPE GUR4022 (Ticona LLC) were used. An average particle size is 120–150 μm, the density of the polymer is around 55 g/cm³.

The formed polymers and copolymers possessed both porous and dense internal structure. The materials had a shape of round or rectangular plates with the thickness of around 0.8–1 mm, that were divided into square samples of 1 × 1 cm² size. All samples were cleaned in an ultrasonic bath with ethanol and then in distilled water, then dried on the air prior to the tests.

All samples underwent irradiation by X-ray beam with a photon energy in the range of 1–50 keV (TopoTomo beamline, ANKA light source) SR with dose rate of (0.6–0.8) Gy/s at room temperature in air. According to the designed experimental conditions the specimens were exposed to the dose of (3–4) kGy.

2.2 Research methods

Contact angle was measured with Contact Angle Measuring Module DSA20 EasyDrop (KRÜSS) using static sessile drop method at room temperature. For every measurement
3 μL of liquid was dropped on the material surface by the syringe. The contact angle was calculated for one second after placing a drop on the surface by the software using image of the droplet. The calculation of the surface energy was made by Owens, Wendt, Rabel and Kaelble (OWRK) method, which was performed using two liquids: deionized water and glycerin [17, 18].

To identify chemical bonds, presented in the polymers, infrared (IR) spectroscopy was used in these studies. It is a versatile physical method for study of the structural features of organic and inorganic compounds. The Fourier transform infrared (FTIR) spectra of the UHMWPE samples before and after radiation were recorded in the wavelength range of 4,000–400 cm using Nicolet Termo 5700. Infrared spectroscopy spectra of all samples were measured in the transmission mode.

Measurements of polymer roughness, receiving profile, including micrographs were performed on profilometer-profilograph Talysurf (Talysurf Model 120 stylus profiler Taylor-Hobson, UK). It was used to determine the roughness of surface and present the results in the form of a curve (profilograms) characterizing the waviness and roughness of the surface. For each sample five measurements were made and the $R_p$, the average of the absolute surface profile value, determined by taking the average of those five values.

Surface roughness at the nanoscale was investigated with atomic force microscopy (AFM) on a Solver HV instrument (NT-MDT, Russia). The maximum limit of the vertical resolution was 6 μm with the scan size of 50 × 50 μm. The images were acquired at the scan frequency of 0.8 Hz with 256 lines. The surfaces of all samples before and after irradiation were analyzed by AFM. The measurements were repeated for six different areas on all samples, the average height on each scan area were analyzed and used as an average roughness value $S_\text{a}$ [19].

In practice the complex tests for tensile, impact strength and other parameters are often replaced by hardness tests that are performed significantly faster and costless. In present work microhardness was measured by Vickers microhardness tests (PMT-3 apparatus). The measurement of material hardness by this method is conducted using the four-sided diamond pyramid indenter with an apex angle of 136°, which is pressed into the face of the tested material under a controlled load. After removing the load the diagonals of square imprint, left on the surface of the sample, are measured. For the quantitative hardness characterization, the load was taken in relation to the magnitude of indentation (dent body).

2.3 Cell culture in vitro testing

The prenatal stromal cells isolated from human lung (HLPSC) with $\text{CD34}^{-}\text{CD44}^{+}\text{osteocalcin}^{-}$ phenotype (Stem Cell Bank Ltd., Tomsk, Russia) were used as earlier tested specimen to study stromal stem cells osteogenic differentiation and maturation induced by calcium phosphate coatings [18]. After being unfrozen, 90 % cells viability of HLPSC was identified in accordance with ISO 10993-5 test, 0.4 % trypan blue being in use.

Each tested UHMWPE sample (10mm × 10mm × 0.5mm plates) was placed into each plastic well of 24-well plate (Orange Scientific, Belgium). HLPSC suspension was freshly prepared with a concentration of $3 \times 10^4$ viable karyocytes/mL of the following culture medium: 80 % of DMEM/F12 (1:1) (Gibco, USA), 20 % of fetal bovine serum (Sigma-Aldrich, USA), 50 mg/L of gentamicin (Invitrogen, UK) and freshly added L-glutamine sterile solution in final concentration of 280 mg/L (Sigma-Aldrich, USA). The cell suspension was added in a volume of 1 mL per well. Cell culture was incubated during 5 days in a humidified atmosphere of 95 % air and 5 % CO$_2$ at 37 °C. When cell monolayer formation around the samples was achieved by visual control cell culturing was stopped. HLPSC culture without the polymer samples served as control of cell growth.

Plastic wells and UHMWPE samples with adherent cells were continuously air-dried, fixed for 30 s in formalin vapors. Cell monolayer on UHMWPE samples was Giemsa stained by standard protocol. Alkaline phosphatase (ALP) staining of cells adhered to plastic wells was performed as described earlier [20]. Blue sites of enzymatic activity served as cellular ALP staining criteria. The staining was performed with ALP as it serves as a marker of maturation [21] and osteogenic differentiation of stromal stem cells [22]. Proliferation and osteoblastic differentiation of stromal stem cells are often used for in vitro biocompatibility assessments of the (polymer) scaffolds [23].

Axioskop 40 microscope (Carl Zeiss, Germany) was in use to analyze cells adhered to plastic. Digital images (14 megapixels resolution) of ALP-stained cells were done by Canon PowerShot A 630 camera. The magnification of 100× was applied.

Computer morphometry method was used to recognize quantitative parameters (number of stained cells, area of cell layer on the sample’s surface) of the cells. To process digital images of stained cells ImageJ 1.43 program (http://www.rsb.info.nih.gov/ij) was used. A number of ALP-stained cells was calculated on images randomly selected for each plastic well. Cell layer areas stained by Giemsa were counted on the digital images (8 megapixels resolution) of UHMWPE surface as well.

2.4 Statistics

The obtained data were showed as the mean (X), a standard deviation (SD), and a standard error of mean (m). To analyze the available data sets a normal distribution
Kolmogorov–Smirnov test has been used. Statistical differences were estimated with the help of Mann–Whitney’s U-test and Wilcoxon’s T-test. Spearman’s rank order correlation coefficients ($r_S$) were determined.

3 Results and discussion

3.1 Physical properties

Polymeric materials are investigated and characterized in terms of their developing manufacture and application as biomedical devices that include orthopedic, dental, soft tissue, and cardiovascular application.

The samples of UHMWPE (#2 and #3), which were formed using porogen materials GUR4022, possess the higher $R_a$ indices (Table 2). Roughness is a desirable feature for cell adhesion because of extensive area of contact with the substrate than on a smooth surface. Consequently, a lot of new receptors are implemented and the cell attachment to the surface is stronger. The roughness also affects the processes of cell migration and the spreading of adherent cells on the surface [24]. The two-dimensional (2D) sample’s porosity was obtained by optical microscopy (Image size: 634 × 589 pixel$^2$, 1,775 × 1,649 μm$^2$).

Figure 1 demonstrates the pore size distribution for 2D optical image of GUR4022 sample #3 with porogen elements. It has no homogeneous topography that influences the roughness level. The pores on the sample surface have a roughly rounded form with the mean diameter $109 \pm 9$ μm. The same porous structure is observed for sample #2. For other samples the morphology of surface regions does not possess similar inhomogeneous structure. Main characteristics of investigated scaffolds are presented in Table 2. Mean radius of the pores is calculated from 2D optical image (Table 2, columns 3 and 6) of UHMWPE.

The results for size distribution shown in Fig. 1 demonstrate that 4 % of pore size varies within 0–10 μm, 39 % with the pore diameter 10–30 μm, 24 %: 30–70 μm, 18 %: 70–120 μm, 11 %: 120–190 μm, 6 %: diameter 190–280 μm and 6 % of pore sizes are more than 280 μm. The porosity of the sample makes around 19 % of the slice of material, while natural cartilage is a highly hydrated tissue, with a porosity varying from 68 to 85 % in adult joints [25].

Stem cells and other types of cells (chondroblasts, osteoblasts, etc.) have real possibility to populate porous structure of samples tested. At the same time, natural cartilage has porosity varying from 68 to 85 % in adult joints [26]. The pore size $<100$ μm and low porosity may potentially limit an access of nutrients to cells. On the other hand, decreasing the pore size improves the retention of the synthesized molecules of intercellular matrix [25].

It is necessary to create the material which not only restores the normal functions of injured articular cartilage, but also results in the formation of new tissue that is indistinguishable from the native cartilage. The rate of cell penetration and growth in polymeric porous structures is directly related to the pore size and distribution in the material and varies according to the size of the invading cells and the properties of the implant. That is why the pore distribution, their interconnectivity and size evaluation are significant point for biomaterial characterization.

| Sample | Before SR | After exposure to SR |
|--------|-----------|----------------------|
|        | $H$ (Mpa) | $d$ (μm) | Porosity (%) | $H$ (Mpa) | $d$ (μm) | Porosity (%) |
| UHMWPE | 155 ± 4  | –     | –     | 246 ± 2 | –     | –     |
| 90 wt% GUR4022 +10 wt% PVDF | 173 ± 10 | 109 ± 9 | 15 | 179 ± 4 | 109 ± 9 | 15 |
| GUR4022 | 134 ± 4 | 84 ± 5 | 15 | 161 ± 8 | 84 ± 5 | 15 |
| 80 wt% UHMWPE + 20 wt% LDPE-g-SMA | 120 ± 20 | – | – | 251 ± 15 | – | – |
| 80 wt% UHMWPE + 20 wt% LDPE-modification | 94 ± 20 | – | – | 95 ± 8 | – | – |

$H$ microhardness, $d$ mean diameter of the pore

Fig. 1 Pore size distribution for 2D optical image of UHMWPE (90 % UHMWPE (GUR4022) + 10 % PVDF)
The wettability of biomaterials is a primary point for material characterization in vitro and in vivo because of all body tissues more or less interconnected with liquid media and body fluids. Wetting of biomaterial and surface energy varies as a dependence of chemical and structural aspects. Generally these features depend on microheterogeneity, topography, surface roughness, porosity, chemical composition and polarity of bonds [27].

Polymers should be hydrophilic, allowing a protein layer quickly adsorb on the scaffold surface upon contact with body fluid in vivo or culture medium in vitro to establish cell adhesion sites [28]. As it was established by us all received materials are hydrophobic, since the water contact angle varies from 98° to 114° (Table 3, column 2). To reduce the hydrophobicity the surface of biopolymers should be modified, for example by electron, gamma or X-ray radiation [28–31].

The change of contact angles can be explained by varied polar functionalities content (–C–O–, –C=O and –COO–). Also surface heterogeneity influences the results. The most hydrophobic polymers #2 and #3) with porogen elements possess a higher value of contact angle and Ra measured at the macroscale (Table 3, column 1 and 2).

As it was shown in [32] several aspects affect the cell adhesion processes: chemical composition, surface charge and microstructural topography, but the result of the combination of these properties is not always clear. Polymers are known as low surface energy materials in comparison with ceramics and metals [32]. The values of measured surface energies varied between 20 and 30 mJ/m² (Table 3, column 3). Due to this fact microtopography plays a deterministic role in a biocompatibility and possibility to regulate cell fate.

Polymer materials generally are nonpolar, for example polyethylene contains only C–H and C–C bonds, meaning that there are no oxygen bonds. However, low presence of such bonds is observed and the polar component of not irradiated polymers differs from zero (Table 3, column 5). This amount can be attributed to very low oxidation level of sample. The dose was determined considering an exposure time of 15 ms, read out time ≈ 700 ms and latency time of the turning motor ≈ 300 ms for each projection. The integrated dose for all samples for 1,500 projections is shown in Table 4. The average value of the dose is ≈ 3.7 kGy (Table 4).
The dose effect for UHMWPE is mainly formation of free radicals which leads to further structural changes in UHMWPE. The production of free radicals causes a loss of hydrogen and a rearrangement of the carbon bonds and form crosslinks, conformation changes, unsaturation and chain scissions. The free radicals can further react to form oxidized species and further chain scissioning in the presence of oxygen [33, 34]. If C–C bonds of the polymer chain in UHMWPE are broken the CH₂– radicals are formed, the molecular mass decreases; as a consequence, many of the chemical and physical properties of the polymer begin to worsen. The extent of the oxidative process depends on the number of radicals formed during irradiation and on the amount of oxygen, which can be atmospheric.

The main method for determination of the existence of crosslinks and insertion of oxygen in the structure of polyethylene is the use of FTIR spectroscopy. Infrared spectroscopy spectra of samples were measured in transmission mode (Fig. 2).

The most intensive vibrations are those arising from C–H stretching and bending. Absorption arising from C–H stretching occurs at 2,849 and 2,910 cm⁻¹, and the bending vibrations of the C–H bonds in the methylene groups are clearly visible at 1,462 cm⁻¹. In addition, an increase in the absorbance in the 1,400–1,180 cm⁻¹ region after SR exposure corresponds to the C–O–C vibrations and in the region from 800 to 1,100 cm⁻¹ mostly related to unsaturated C–C groups was noted. The peak in the FTIR spectra in the 1,700–1,750 cm⁻¹ region signal associated with of carbonyl (C–O) groups related to oxidation, which is rather dependent of specimen degradation. For all this, oxidative effects influence physical properties of UHMWPE [10–14].

Typical AFM images of UHMWPE-derived polymer surfaces before and after SR irradiation are shown in Fig. 3.

The average roughness obtained from AFM images for nonirradiated sample #2 is $S_a = 215.5$ nm and for sample #3 is $S_a = 61.1$ nm. After SR irradiation the average roughness for the sample #2 is $S_a = 203.7$ nm and for sample #3 is $S_a = 81.4$ nm. The data demonstrate statistically non-significant change in the roughness of surfaces. This indicates that surface roughness has not been modified during X-ray imaging and changes observed in are due to chemical bonds reorganization.

Contact angle measurement showed the decrease of polymer hydrophobicity for all UHMWPE modifications. The change of contact angles of irradiated polymers is due to the formation of hydrophilic groups and equals to 11–20 %. Hydrophilic group formation is a process which includes two steps. The first one is the creation of free radicals on a polymer surface by the irradiation of any nature. The second step is an interaction between newly formed free radicals in polymer chains and oxygen and this processes result in the formation of polar groups such as carboxyl, carbonyl, hydroxyl and ester groups [13].

Figure 4 and data in Table 3 show the change in the surface free energy of UHMWPE after X-ray radiation. The surface free energy of all samples increases by 3–7 mJ/m² after SR (see Table 3, columns 3 and 8). Also, it was noticed that the radiation effectively increases the polar component, but dispersive component becomes smaller. The polar component increased in 2–8 times for different samples that was an evidence of oxidation processes occurring during irradiation (see Table 3, columns 4, 5 and 9, 10; and Fig. 4).

The contact angle and surface energy are the important characteristics of proteins adsorption and cell adhesion onto a biomaterial. Small water contact angles and high surface free energies indicate good adhesion properties of the material [31]. Obtained results of samples wettability after X-ray irradiation show that surface become more hydrophilic (Fig. 4). Surface energy increased (Fig. 4) that means a growth of polymer’s bioactivity.

As it is known UHMWPE possess amorphous-crystalline structure [13]. Microhardness evaluation is a crucial point for the crystallinity level determination. In amorphous–crystalline polymers amorphous layers is a weak part of samples. Chains in these interlayers due to the fact that they are smaller in cross section than in the crystallites, overworked compared with the chains in the crystallites. Moreover, in the amorphous interlayers chains have different lengths and orientation, so the stresses are uneven. So it is natural to assume that the amorphous regions are responsible for the low strength of polymers [35].

Measurements illustrate that microhardness of the irradiated porous samples #3 ($\approx 195$ MPa for UHMWPE) is elevated as compared with not irradiated samples ($\approx 128$ MPa). The same microhardness growth was noted.
for X-ray irradiated UHMWPE porous sample #2 (from \( \approx 165 \text{ MPa} \) up to 200 MPa).

These results correspond to changes in optical density which evidence of decreased sample transparency due to crystallinity which increases the density of the material, reducing the speed of light and leading to an increase in the refractive index. These data allows concluding that processes of an oxidation caused by SR radiation accompanied with recrystallization and cross section change mechanical properties of the investigated UHMWPE samples.

### 3.3 Cell monolayer formation

The cell culture testing was performed on samples before and after SR. For virgin samples, fibroblast-like cell monolayer (Fig. 5a, b) and a number of ALP-stained cells (Table 5) around the UHMWPE samples were equal to that in control (without sample) culture.

Nevertheless, there was visually marked formation of cell film on the sample #3 only (Table 5). The low number of ALP-stained cells demonstrates weak attachment of HLPSC to virgin (before SR) surface of UHMWPE-derived materials. Additionally, cells were concentrated mainly on the samples edges, where physicochemical properties of materials change dramatically [36].

No negative changes in cell monolayer features were noted for the synchrotron irradiated samples (Fig. 5c). Moreover, the number of ALP-stained cells was elevated statistically significant in the case of the sample #3 (Table 5). Thus, an absence of cytotoxic products of UHMWPE degradation may be concluded.

It was shown that morphofunctional variations of cell culture around implants can be conditioned not only by
products of material’s biodegradation, but also by a secretory reaction of the cells adhered to implants in dependence on the properties of their surface [37].

Therefore, radiation with SR led to more uniform distribution of cell film on the sample’s surface. Cell layer areas increased and achieved statistical differences ($P < 0.05$; $n = 3$) according to Wilcoxon’s $T$ test (Table 6). No background uptake of Giemsa staining was found for samples without cells, before and after SR exposure (Table 6). Thus the increased cell layer is due to an alteration of physicochemical features of polymers after SR exposure.

The exposure of UHMWPE samples to SR caused surface hydrophilicity growth verified by decreasing contact angle of wettability (Fig. 4). Negative correlation ($r_S = -0.79; P < 0.05; n = 6$) of the contact angle measurements and cell layer areas between virgin and irradiated samples was determined. Apparently, SR-conditioned increase in UHMWPE samples hydrophilicity (Fig. 4) promotes fibroblast-like cells colonization of their surface.

Furthermore, direct correlation ($r_S = 0.83; P < 0.04; n = 6$) between cell layer area on the UHMWPE surface (Table 6) and a number of ALP-stained cells in monolayer around the sample (Table 5) was found before and after SR. These results show that SR-caused hydrophilicity of UHMWPE promotes morphofunctional alterations in HLPSC surrounding the polymer samples through the best colonization of their own surface.

In this work, the presence of SR-exposed UHMWPE scaffolds in HLPSC culture had indirect positive effect on...
the number of fibroblast-like cells, positively stained for ALP. The results showed that the possible degradation products of the scaffolds and factors secreted by cells interacting with them increased maturation and possible osteoblastic differentiation of human stromal cells. Statistically significant effect of SR-treated UHMWPE scaffolds in short-term culture is an evidence for their potential bioactivity and possible application for cartilage/bone interface engineering. It have to be noted however, that a number of other tests for biocompatibility, taking into account an estimation of the specificity and scope of medical applications, need to be further conducted in vitro and in vivo.

### 4 Conclusion

Recent development of phase contrast X-ray microtomography at synchrotron facilities have allowed as ex vivo and as in vivo non-destructive testing of polymer biomaterials. Using the SR to visualize implants require profound knowledge of radiation influence on physical properties of biomaterials and their biocompatibility. In this work, five various UHMWPE-derived materials before and after SR irradiation with the dose required to obtain three-dimensional phase contrast tomographic data have been studied.

The study of polymers after synchrotron radiation showed the chain scission and the free radicals formation in the UHMWPE derived materials. The IR-spectra and wettability data showed the evidence of the appearance of carbonyl and carboxyl chemical groups and an increase of the surface energy polar component proving the oxidation and reduction of the molecular weight, which would typically lead to degradation of material structure. On the contrary, the UHMWPE microhardness was increased by X-ray radiation, providing evidence of cross-linking that usually leads to three-dimensional network and renders it more resistant to mechanical stress in multiple directions. The relationship between a growth of UHMWPE surface hydrophilicity after SR and surface colonization by stromal cells demonstrated potential of irradiated polymers in bioactivity and possible application for cartilage/bone interface engineering.

The obtained data demonstrates that the SR may be used to crosslink UHMWPE prior to fabrication into its final form. Combined with three-dimensional structure information such as porosity, pores spatial distribution, and tissue ingrowths it might be potentially the most promising technique for pre-clinical characterization of polymer implants.

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