Research Article

The Impact of Online Learning System on Students Affected with Stroke Disease

Sobia Wassan,1 Chen Xi,1 Tian Shen,2 Kamal Gulati,3,4 Kinza Ibraheem,5 and Rana M. Amir Latif Rajpoot5

1Business School, Nanjing University, China
2School of International Education, Nanjing University of CM, China
3Amity University, Noida, Uttar, Pradesh, India
4Stratford University, Virginia, USA
5Department of Computer Science COMSATS University Islamabad, Sahiwal Campus, Pakistan

Correspondence should be addressed to Chen Xi; chenx@nju.edu.cn and Tian Shen; shentian025@aliyun.com

Received 31 October 2021; Revised 24 December 2021; Accepted 28 December 2021; Published 7 February 2022

Copyright © 2022 Sobia Wassan et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Stroke, also known as a cerebrovascular accident, is a medical emergency that causes temporary or permanent behavioral dysfunction in people. Sleep deprivation affects our brains in a variety of ways. The advantages of sleep much justify the risks of not having enough sleep. Sleep deprivation (SD) includes a variety of factors, including prolonged awake. Neuroimaging investigates SD’s impact on attention, working memory, mood, and hippocampal learning. We analyzed how this data enriches our mechanistic understanding of these alterations and the clinical illnesses linked with sleep disruption. We have used Cronbach’s alpha to test the reliability of a scale, so we then have 19 individual attributes responding to 174 participants via survey. The evaluated result shows the reliability statistics; the value for Cronbach’s alpha is .962, which is very excellent as it reaches 1. So, there is very strong reliability. If the value falls under .6, we look back to the mean and standard deviation table and remove the attribute with low values for mean or standard deviation and try the remaining attributes. Cronbach’s alpha tells us which attribute or item to delete to increase the reliability, and we also have analyzed the correlation among the class students while watching the same video lecture. We have collected data for at least ten students watching the same video using a webcam. Once the data is collected, we then have applied some correlation techniques to determine the class students’ behavior towards the same video lecture. This way, we can see the overall behavior of the class upon a specific video lecture. The study further reveals that subjective happiness is influenced by its efficiency, entertainment value, and effectiveness. Does the research offer an original emphasis on analyzing how does lack of sleep affect our brains? Sleep loss frameworks are minimal compared to the benefits of sleep.

1. Introduction

Our cognitive and emotional capacities are negatively affected when we do not get enough sleep. What alterations in the brain are causing these abnormalities? In this article, the authors [1] explained what do these changes reveal about the widespread relationship between sleep disturbance and a variety of neurological and mental disorders? [1]. The authors [2] explained that there are at least three reasons to accurately describe how SD impacts the human brain. One must first determine whether brain networks are prone or resistant to the special effects of sleep deprivation and how SD-induced changes in activities or functional connections justify the deleterious changes in behavior related with SD. Sleep deprivation does not only refer to sleeplessness and the associated behavior’s, though. Rather, sleep deprivation is a combination of several harmful causes, including prolonged alertness and lack of sleep. It is thus inadequate to learn about the functional advantages of sleeping and then learn about the neurological and behavioral alterations that occur when sleep is lacking. Second, all significant neurological, including schizophrenia, Alzheimer’s disease, and other serious neuropsychiatric...
disorders, and anxiety disorders have concomitant sleep disturbance. Attention, which is required for continuous goal-directed behavior, is one cognitive capacity that is particularly vulnerable to sleep deprivation. Due to increased sleep pressure, attentional activities decline in a dose-dependent way as the sum of time spent wakeful grows [3]. In this article, the authors state that “lapses” or “microsleep” is a prototypic deficit on such tasks that entail reaction failure that reflect errors and omissions [4]. The authors explained that increased sleep propensity and instability of waking neurobehavioral processes are connected to poor cognitive performance and severe social, economic, and health-related implications. Sleep deprivation has been shown to impair a variety of cognitive processes, including attention, memory, and learning [5]. In this article, the aim of this analysis is on sleep loss; it is worth noting that daily clock alertness signals interact with SD to cause attentional impairment that increases exponentially with increasing awake time [6, 7]. The behavioral repercussions of these brain alterations include difficulties focusing on a single input while disregarding distractions [8, 9]. It is less clear why some people are more or less susceptible to these attentional problems after SD than others. A clearer understanding of how severe SD affects brain function linked to attentional activities is developing. When performing attentional tasks, SD reduces fMRI signals in the DLPFC and temporoparietal sulcus [10]. Reduced activity in the DLPFC and temporal and parietal sulcus has a role in attentional performance failure once again [11]. Nonetheless, the authors state that the total time spent awake predicted attention deficits in both acute and chronic partial sleep deprivations [2].

1.1. Awakening with Sleep Deprivation. SD enhances amygdala activity (red) and decreases amygdala–MPFC connectivity (blue). SD alters the salience-detection network’s sensitivity to emotional signals ranging from adversely (red) to neutrally (blue) to positively (green) (red). The capacity to discriminate between emotion (red vertical line) and neutral (blue vertical line) stimuli is enhanced during sleep (left graph). Reducing one’s capacity to discern between emotion salience levels may be reduced by using SD (right graph) (short vertical difference line). The salience-detection network misidentifies a seemingly neutral input (blue line) as emotional, leading to skewed emotional judgments of neutral stimuli. These central brain alterations, together with impaired peripheral cardiac nervous system input of visceral bodily information, may result in erroneous or missing emotional expression. Experiments reveal that people who are sleep deprived cannot recognize emotive faces on a computer and so cannot correctly duplicate their emotional expressions. Part A is from REF with permission [12] (Elsevier). Under SD circumstances, adequate persistence of DMN activity is seen throughout working-memory task execution [13]. On the other hand, the amount of abnormal, on-task DMN activity predicted the intensity of sleep-deprived people’s working memory deficits [14] (Figure 1). A common process causing SD-induced attentiveness and memory issues might be insufficiently gated on-task vs. off-task network control. Because the thalamus is involved in cortical arousal, changes
in thalamic activity and connectivity can calculate memory losses under stressful conditions (SDS). An improved link between the thalamic DMN and the hippocampus is associated with increased subjective exhaustion in sleep deprivation, as well as a worse performance in working memory tasks [15].

A literature review appears in Section 2, a methodology appears in Section 3, the results and discussion appear in Section 4, and the conclusion and future research appear in Section 5.

2. Literature Review

Cognitive changes are quite prevalent (80%). The most prevalent issues are as follows: memory focus processor speed changes in selective attention and visual-spatial/perceptual processing are common. It might be evident (aphasia, neglect) or subtle (e.g. intellectual underfunctioning and visuoceptual difficulties). In contrast, a higher thalamus-precuneus connection predicts better working-memory recovery in SD than in sleep-rested. This data supports the concept that in SD, partially recovering specific behaviors is possible due to compensation neural activity in the brain [16]. The authors explained that during concentration activities, thalamic activity fluctuates [17]. The combined impact of nap times and nocturnal sleep on stroke risk is unknown. The authors’ study used data from the large cross-sectional and cohort investigation to corroborate this association [18]. Sleep efficiency declines with age, affecting the quality
of life. Also, a stroke that occurs while sleeping might be fatal to an aged person. So, real-time health monitoring is critical for stroke detection. Material(s)/Method: Smart IoT sensors integrated into mattresses, wearable gadgets, and clothing record and physiological factors such as brainwaves, sleep movement, and muscle activation. Sleep monitoring devices assess sleep quality and detect sleep disorders [19]. To address the influence of continuous sleep on cerebral apoplexy in Chinese people, the authors’ research demonstrates that persons with durative somnipathy have more adverse occurrences [20]. Poststroke tiredness is a typical consequence of stroke that affects the quality of life. Although numerous therapy techniques have been investigated in the past decade, the risks for PSF remain unclear. This meta-analysis sought to identify PSF risk factors, particularly clinical and social associated with an increased risk, that may be prevented [21]. After a stroke, up to two-thirds of individuals develop OSA. These individuals had poorer short-term sickness, cognitive and functional recovery, and long-term death rates than those without OSA. Detecting OSA and controlling it with positive airway pressure (PAP) are key therapeutic aims after a stroke [22]. People who have had a stroke often have trouble sleeping. Poor sleep is linked to a worse quality of life, and more research is required on the long-term effects of stroke on sleep. This study compared the sleep habits of chronic stroke patients with those of non-survivors. The authors looked at mood and activity as possible sleep correlations [23]. At the beginning of the study, 95,023 Chinese volunteers who had never had a stroke were surveyed (2006-2007). The authors explained that based on sleep duration, the Cox proportional models were used to calculate stroke hazard ratios and confidence intervals [24].

### Figure 5: The attentiveness level of the ten students while taking the online lecture.

| Gender | 174 responses |
|--------|---------------|
| Male   | 64.9%         |
| Female | 35.1%         |
| Other  |               |

### Figure 6: The percentage of the education level of the population involved in the survey.

| Highest educational level | 174 responses |
|---------------------------|---------------|
| Higher secondary          | 59.8%         |
| Under graduate            | 31.6%         |
| Post graduate             |               |
| PhD                       |               |

| Gender | 174 responses |
|--------|---------------|
| Male   |               |
| Female |               |
| Other  |               |
for two weeks to determine their activity levels and sedentary time [25]. The results of a study published in the Journal of Sleep Research suggest that chronic sleep deprivation can lead to cumulative waking neurobehavioral impairments [3]. An attack on the brain known as a stroke occurs when the "unexpectedly disruption of blood supply." The blood flow to a portion of the brain may have been unexpectedly halted or a cardiovascular system ruptured. The term "wake-up stroke" refers to a condition in which a patient wakes up with symptoms that have never been seen before they went to sleep [26]. The results of their study were published in the Journal Sleep Research, where they describe how awake neurobehavioral and physiological processes are measured and compared to those of people who do not sleep at all [2]. The purpose of this research is to examine if post-stroke urine incontinence (UI) affects one-year outcomes in terms of attention and cognitive processing speed [27]. Physical therapists who treat persons with chronic stroke in the community were the focus of the research. Professionals caring for long-term stroke survivors may benefit from the findings of this research in [28]. In this article, the authors stated that three teaching hospitals in the United Kingdom conducted a study comparing aged care, general medical care, and stroke care [29]. Deglutition seems to be more significant than swallowing postischemic impairment. A prompt swallowing rehabilitation may enhance and speed up the recovery of patients with apparent clinical, psychological, and economic benefits. An Italian rehabilitation center has already been treating a patient with ischemic illness and stroke at Udine Civil Hospital since 1989 [30]. Tissue plasminogen activator (TPA) injections and thrombectomy were previously restricted to 4.5 and 6 hours, respectively [31]. What happens to our brains when we do not get enough sleep? Frameworks for assessing sleep loss are few in comparison to the positive effects of sleep. Sleep deprivation (SD) is not only about the lack of sleep and the associated advantages; rather, it is also about a variety of other things, including prolonged awake. Neuroimaging studies are used to examine the special effects of SD on attention and working memory, positively and negatively reaction, and hippocampal learning. There are recognized changes in cognition and emotion related to sleep disturbance, This
data can help us develop a mechanistic understanding of these changes, in addition to understanding how sleep disruptions cause clinical disorders. We have used the Cronbach’s alpha to test the reliability of a scale, so we have 19 individual attributes that have been responded by 174 participants via survey. The evaluated result shows the reliability statistics; the value for Cronbach’s alpha is .962, which is very excellent as it reaches 1.

### 3. Methodology

A stroke often causes cognitive and memory damage. A year after a stroke, 30% of people acquire dementia. Stroke impairs attention, cognition, language, and direction. The suggested research approach includes phases of data collection and analysis. Comparison of existing work and a comparison of why we have selected this topic will also be elaborated in detail. The research methodology for visual attention is presented in Figure 2. These data were collected through the use of multimedia software and instruments within the e-learning environment. During the data collecting time, we focus on student attention scores by capturing the face, the eyes opened and the eyes closed in the form of photographs to assess students’ interest. After collecting data in the form of photographs, we analyze students’ comprehensibility using the developed app. To assess the results’ validity and correctness, a comparison is made between the software and manual observation of students in the e-learning environment. The methodology steps are as follows:

(i) Firstly, the data is collected as a CSV file whenever the student watches the lecture using the C# application’s webcam, and it is logged in the system

(ii) The study of datasets based on attentiveness scores shall be retained

(iii) The correlation will be made among all the students of the class with some graphical representation

Whenever we want to assess the students’ attention, we collect the student data from the webcam in the first step. The information is gathered while the student watched the lecture. We are going to give an example of the method for collecting data. Let us imagine S1 is a student viewing a video lecture, and we want to gauge S1’s attention using facial expressions. S1 viewed the video lecture for this purpose; meanwhile, his/her computer’s webcam is on. Our C# application runs behind the scene and collects each image where the student’s face is in front of the webcam. When a webcam sensor detects a face or a C# application sensor detects a student’s facial features, the C# app saves the photo to the computer system.

Later, we develop the results and experimentations, the C# application converts a large picture to a small 64 × 64 -dimensional image, transformed into a 96 dpi 8-bit grayscale image. Switching the image to grayscale, after that on, helps to identify facial expressions more easily and quickly.

The C# program also enhances the image quality before saving it to a computer system. The front is, however,
detected by the Haar Cascade Classifier accessible in C#. We can see in the image below how the images look when they are stored on the system. Figure 3 shows sample photos of 10 students watching the lecture.

We are implementing the detection and saving of the face. Meanwhile, we are preparing a column that has been saved to a CSV file that the C# framework can generate automatically. ScoringDataNumber.csv is the name of the file, and the number reflects the user ID who is watching the same video lecture. Figures 4 and 5 display a preview of the dataset file.

3.1. Number of Faces. This section specifies the number of faces in the webcam image. For detecting the number of faces within a picture, the C# app uses the Haar Cascade Classification.

4. Actual Eyes

For example, when two sides are detected in the actual picture frame, the values in this column are 4. But if only one face is identified in the current image frame, the value is two. The attentiveness of the current face will later be determined exactly.

4.1. Detected Eyes. This column reflects the current image’s eyes; its value maybe 0, 1, or 2.

4.2. Opened Eyes. For example, if one eye is opened on the detected face, the value is 1; if both eyes are opened, then the value is 2.

4.3. Closed Eyes. This column tracks the closed column’s reverse values, because if one eye is closed in the current face recognition, the value is 1 and, when both eyes are closed, the value is 0, etc.

4.4. Eye Detection Error. This column records the eye-tracking error; for example, if multiple faces were observed in the existing frame and the numbers of eyes identified were one or null, the eye identification error would be 1 and 2, so if one eye were spotted, the number of eyes detected would be 2. The detection error method is seen below.

\[
\text{Eye detection error} = \text{actual eyes} - \text{detected eyes.} \quad (1)
\]

4.5. PFPS. This column shows the number of frames per second processed.

4.6. Attentiveness. This column records the score of attention using the formula given:

\[
\text{attentiveness} = \begin{cases} 
(0.5 \times \text{numberOfFaces} \times 2 / \text{actual Eyes}) + (\text{opened Eyes} / \text{actual Eyes} \times 0.5) & \text{if (numberOffaces} \neq 0) \\
0 & \text{else}
\end{cases}
\]

While using the above formulas, the value remains 0.5 or 0.75 or 1 for attention.

4.7. Attention Level. This attribute is very important as it tells us how sleepy a student is if the attention value is 0.5, 0.75, or 1, this value is considered satisfying. This value is considered an attention level in this column.

5. Validating the Student’s Behavior towards Online Learning

Personalized learning is part of learning for hundreds of years. In the past, when the facilities in the education field were so less, the number of schools was too less; people learn their prior knowledge from home or any intellectual person from the family. After this, thousands of schools open, and students get their education by themselves. They go to school and get an education, but many students cannot afford the fees and expenses. For this, they go for a job and mostly prefer online learning or personalized learning. This type of education they can get when they are free from their jobs. In online learning, the student’s attention level is how much he is attentive when he takes the lecture. Due to the coronavirus (COVID-19) worldwide, a pandemic situation spread in today’s time. More or less, everything has been stopped worldwide; as per condition, all schools, colleges, and universities are helpless. They all are intended to give online education, as the big issue is that our students are not used to taking online classes because their reflexes and attentional level are not as high. So, in this research work, we measure the student’s attention level; we will check the student’s behavior. For this, we will generate a survey for the students of Pakistan. Because in Pakistan, the literacy
rate is almost half of the population, also, they are not used to online learing and search for things from the Internet and research work.

5.1. Google Analytics Visualization. In this section, we have visualized the population’s detail, which is involved in the survey. We have to take the survey from 174 genders from Pakistan. The ratio of male and female is as shown in Figure 6, where the 64.9% population from the male side and 35.1% are females.

In Figure 7, we have shown the educational level of the population involved in this survey. There are four major categories: higher secondary, undergraduate, postgraduate, and Ph.D.

Figure 8 shows the ratio of the prior information of the population relating to knowledge about the Internet. As in online learning, the knowledge related to the Internet is
more important. So, we have seen that 39.7% have good knowledge and 5.2% have less knowledge about the Internet.

Figure 9 displays the average rate that how much time in a day you have spent on the Internet. So, we have analyzed half of the population spends more than four hours on the Internet in a day.

Figure 10 shows how many students are taking online classes in a day, week, and month. Our analysis showed that 56.9% have taken online classes daily.

In Figure 11, we have asked students which platform they have mostly used for online learning: our query regarding the most rated online learning platform like EdX, Coursera, NPTEL, or Udemy. We have evaluated that 86.2% population is not encouraging these all-top-rated platforms. They want to learn online from their institutes or the Internet [32].

Figure 12 shows that 50.6% of the population prefer to learn from the Internet, and they do not want to pay their institutes or coaching centers, because they want to learn free of cost [33].

Figure 13 shows the sample screenshot of the dataset which we used in our analysis; in the dataset, we have asked multiple question from the students. Therefore, in our analysis, we cannot use these questions as it is in SPSS tool. Thus, we have converted them in a short form variable that can easily generate the results. So the short form abbreviated questions are as follows: Internet Hours, OnlineClassesHelpLongRun, OnlineClassesWillImproveLearning, PersonalSuccessByOnlineClasses, OnlineClassesHelpBoostSkills, OnlineClassesAreSimpleToUse, OnlineClassesMoreFlexible, FavorableAttitudeTowardsOnlineClasses, OnlineClassesImpactsPositivityOnMe, OnlineClassesUsesIsTrend, IntentToUseOnlineClasses, IncreaseOccurranceOfOnlineClasses, OnlineClassesWillEnhance, OnlineClassesConsistentWithDevices, SystemUseWillBoostMyLearning, OnlineClassesMatchesWithOldSystem, TryAnyFunction, IknowBefore, and TryTechnologyToEvaluate.

6. Results and Discussion

6.1. Overview. Our results from the extracted dataset that we discussed earlier were presented in this section; so there are three levels of attention:

(i) Sleepy
(ii) Satisfactory
(iii) Attentiveness

Image 14 showed the attentiveness and attention level results of the ten students. In this figure, we tested the 10 students’ attentiveness and attention level, which is the display with the name S1 to S10.

6.2. Student1 Attentiveness and Attention Level. Student1 (S1) remains the most attentive when the sleepy attention level is the second-highest in the graph. And then, the student’s attention level turns to be satisfactory for very little time compared to the attentive attention level.

6.3. Student2 Attentiveness and Attention Level. Student2 (S2) seems very attentive, as we can see in the picture; attentive attention is much higher than satisfactory and sleepy.

6.4. Student3 Attentiveness and Attention Level. Student3 (S3) is attentive, and then, its graph is a little bit satisfactory; then the student is sleepy. Therefore, we can say the student has almost 60% of attention to be attentive here.
6.5. Student4 Attentiveness and Attention Level. This student is sleepy, and very little proportion seems to be satisfactory. Therefore, we can say this student has very low interest in the lecture.

6.6. Student5 Attentiveness and Attention Level. Student5 (S5) is like student4 (S4); this student is also sleepy almost all the time, so the student seems the least interested in the lecture, or he/she is sleeping and not watching the lecture properly.

6.7. Student6 Attentiveness and Attention Level. Student6’s (S6) behavior is almost the same as student5’s because this student is almost sleepy and satisfactory for a very short interval.

6.8. Student7 Attentiveness and Attention Level. Student7’s (S7) graph shows that he/she is a little bit satisfactory, and most of the time, the attentiveness level is sleepy, so we

Table 3: Correlations \( d^4 (b) \).

|       | S7       | S8       | S9       | S10       |
|-------|----------|----------|----------|-----------|
| S1    | Pearson correlation | -.027    | -.016    | -.087*    | .b        |
|       | Sig. (2-tailed)        | .425     | .633     | .011      | .         |
| S2    | Pearson correlation | .080*    | -.101**  | -.111**   | .b        |
|       | Sig. (2-tailed)        | .020     | .003     | .001      | .         |
| S3    | Pearson correlation | -.093**  | -.068*   | -.078*    | .b        |
|       | Sig. (2-tailed)        | .006     | .049     | .024      | .         |
| S4    | Pearson correlation | .006     | -.055    | -.015     | .b        |
|       | Sig. (2-tailed)        | .864     | .109     | .656      | .         |
| S5    | Pearson correlation | .123**   | -.014    | -.018     | .b        |
|       | Sig. (2-tailed)        | .000     | .692     | .610      | .         |
| S6    | Pearson correlation | .061     | -.023    | -.034     | .b        |
|       | Sig. (2-tailed)        | .074     | .509     | .315      | .         |
| S7    | Pearson correlation | 1        | .006     | -.021     | .b        |
|       | Sig. (2-tailed)        | .854     | .537     | .         | .         |
| S8    | Pearson correlation | .006     | 1        | .380**    | .b        |
|       | Sig. (2-tailed)        | .854     | .000     | .         | .         |
| S9    | Pearson correlation | -.021    | .380**   | 1         | .b        |
|       | Sig. (2-tailed)        | .537     | .000     | .         | .         |
| S10   | Pearson correlation   | .b       | .b       | .b        | .         |
|       | Sig. (2-tailed)        | .         | .        | .         | .         |

*Correlation is significant at the 0.05 level (2-tailed). **Correlation is significant at the 0.01 level (2-tailed). bIt cannot be computed because at least one of the variables is constant. dList wise \( N = 851 \).

Table 4: Case processing summary.

|       | N | %  |
|-------|---|----|
| Valid | 170 | 99.5 |
| Excluded | 4 | .5 |
| Total | 174 | 100.0 |

Table 5: Reliability statistics.

| Cronbach’s alpha | Cronbach’s alpha based on standardized items | \( N \) of items |
|------------------|---------------------------------------------|-----------------|
| .962             | .962                                        | 18              |

6.5. Student4 Attentiveness and Attention Level. This student is sleepy, and very little proportion seems to be satisfactory. Therefore, we can say this student has very low interest in the lecture.

6.6. Student5 Attentiveness and Attention Level. Student5 (S5) is like student4 (S4); this student is also sleepy almost all the time, so the student seems the least interested in the lecture, or he/she is sleeping and not watching the lecture properly.

6.7. Student6 Attentiveness and Attention Level. Student6’s (S6) behavior is almost the same as student5’s because this student is almost sleepy and satisfactory for a very short interval.

6.8. Student7 Attentiveness and Attention Level. Student7’s (S7) graph shows that he/she is a little bit satisfactory, and most of the time, the attentiveness level is sleepy, so we

Table 6: Item statistics.

| Item                           | Mean | Std. deviation | \( N \) |
|--------------------------------|------|----------------|--------|
| OnlineClassesHelpLongRun       | -.51 | 1.198          | 170    |
| OnlineClassesWillImproveLearning | -.55   | 1.162          | 170    |
| PersonalSuccessByOnlineClasses | -.44   | 1.181          | 170    |
| OnlineClassesHelpBoostSkills   | -.61   | 1.132          | 170    |
| OnlineClassesAreSimpleToUse    | -.39   | 1.212          | 170    |
| OnlineClassesMoreFlexible      | -.62   | 1.166          | 170    |
| FavorableAttitudeTowardsOnlineClasses | -.48 | 1.198          | 170    |
| OnlineClassesImpactsPositivityOnMe | -.55 | 1.182          | 170    |
| OnlineClassesUseIsTrend        | -.24   | 1.237          | 170    |
| IntendToUseOnlineClasses       | -.43   | 1.191          | 170    |
| IncreaseOccurracneOfOnlineClasses | -.49  | 1.142          | 170    |
| OnlineClassesWillEnhance       | -.54   | 1.255          | 170    |
| OnlineClassesConsistentWithDevices | -.35  | 1.204          | 170    |
| SystemUseWillBoostMyLearning   | -.35   | 1.148          | 170    |
| OnlineClassesMatchesWithOldSystem | -.64  | 1.164          | 170    |
| TryAnyFunction                 | -.19   | 1.250          | 170    |
| IknowBefore                    | -.22   | 1.266          | 170    |
| TryTechnologyToEvaluate        | -.08   | 1.285          | 170    |
Table 7: Interitem correlation matrix.

| Personal Success By Online Classes | Favorable Attitude Towards Online Classes | Online Classes Help Boost Skills | Online Classes Are Simple To Use | Online Classes More Flexible | Favorable Attitude Towards Online Classes Impacts Positivity On Me | Online Classes Use Is Trend | Intend To Use Online Classes | Increase Occurrence Of Online Classes | Online Classes Will Enhance Online Learning Consistent With Devices System Use Will Boost My Learning | Online Classes Matches With Old System |
|-----------------------------------|-----------------------------------------|---------------------------------|---------------------------------|-----------------------------|---------------------------------------------------------------|-----------------------------|-----------------------------|----------------------------------------|---------------------------------------------|----------------------------------------|
| 1                                 | 0.789                                   | 0.757                           | 0.683                           | 0.590                       | 0.614                                                          | 0.547                        | 0.470                        | 0.454                                  | 0.415                                       | 0.415                                  |
| 0.799                             | 1                                        | 0.744                           | 0.599                           | 0.522                       | 0.575                                                          | 0.564                        | 0.563                        | 0.567                                  | 0.567                                       | 0.567                                  |
| 0.274                             | 0.714                                   | 1                               | 0.381                           | 0.379                       | 0.679                                                          | 0.670                        | 0.672                        | 0.682                                  | 0.686                                       | 0.686                                  |
| 0.181                             | 0.598                                   | 0.598                           | 1                               | 0.594                       | 0.659                                                          | 0.658                        | 0.657                        | 0.658                                  | 0.658                                       | 0.658                                  |
| 0.172                             | 0.609                                   | 0.609                           | 0.609                           | 1                           | 0.657                                                          | 0.656                        | 0.655                        | 0.655                                  | 0.655                                       | 0.655                                  |
| 0.614                             | 0.614                                   | 0.614                           | 0.614                           | 0.614                       | 1                                                              | 0.603                        | 0.603                        | 0.603                                  | 0.603                                       | 0.603                                  |
| 0.671                             | 0.671                                   | 0.671                           | 0.671                           | 0.671                       | 0.671                                                          | 1                            | 0.547                        | 0.547                                  | 0.547                                       | 0.547                                  |
| 0.656                             | 0.656                                   | 0.656                           | 0.656                           | 0.656                       | 0.656                                                          | 0.656                        | 1                            | 0.555                                  | 0.555                                       | 0.555                                  |
| 0.657                             | 0.657                                   | 0.657                           | 0.657                           | 0.657                       | 0.657                                                          | 0.657                        | 0.657                        | 1                                      | 0.557                                       | 0.557                                  |
| 0.526                             | 0.526                                   | 0.526                           | 0.526                           | 0.526                       | 0.526                                                          | 0.526                        | 0.526                        | 0.526                                  | 1                                           | 0.526                                  |
| 0.625                             | 0.625                                   | 0.625                           | 0.625                           | 0.625                       | 0.625                                                          | 0.625                        | 0.625                        | 0.625                                  | 0.625                                       | 1                                      |
| 0.712                             | 0.712                                   | 0.712                           | 0.712                           | 0.712                       | 0.712                                                          | 0.712                        | 0.712                        | 0.712                                  | 0.712                                       | 0.712                                  |
| 0.626                             | 0.626                                   | 0.626                           | 0.626                           | 0.626                       | 0.626                                                          | 0.626                        | 0.626                        | 0.626                                  | 0.626                                       | 0.626                                  |
| 0.605                             | 0.605                                   | 0.605                           | 0.605                           | 0.605                       | 0.605                                                          | 0.605                        | 0.605                        | 0.605                                  | 0.605                                       | 0.605                                  |
| 0.547                             | 0.547                                   | 0.547                           | 0.547                           | 0.547                       | 0.547                                                          | 0.547                        | 0.547                        | 0.547                                  | 0.547                                       | 0.547                                  |
| 0.517                             | 0.517                                   | 0.517                           | 0.517                           | 0.517                       | 0.517                                                          | 0.517                        | 0.517                        | 0.517                                  | 0.517                                       | 0.517                                  |
| 0.548                             | 0.548                                   | 0.548                           | 0.548                           | 0.548                       | 0.548                                                          | 0.548                        | 0.548                        | 0.548                                  | 0.548                                       | 0.548                                  |
| 0.586                             | 0.586                                   | 0.586                           | 0.586                           | 0.586                       | 0.586                                                          | 0.586                        | 0.586                        | 0.586                                  | 0.586                                       | 0.586                                  |
| 0.470                             | 0.470                                   | 0.470                           | 0.470                           | 0.470                       | 0.470                                                          | 0.470                        | 0.470                        | 0.470                                  | 0.470                                       | 0.470                                  |
| 0.654                             | 0.654                                   | 0.654                           | 0.654                           | 0.654                       | 0.654                                                          | 0.654                        | 0.654                        | 0.654                                  | 0.654                                       | 0.654                                  |
| 0.415                             | 0.415                                   | 0.415                           | 0.415                           | 0.415                       | 0.415                                                          | 0.415                        | 0.415                        | 0.415                                  | 0.415                                       | 0.415                                  |

1 = Strong, 0.50 = Moderately, 0.10 = Slightly, 0 = No Relationship
can say this person is sleepy as well and not interested or not watching the lecture properly.

6.9. Student8 Attentiveness and Attention Level. Student8 (S8) is a little bit satisfactory and, most of the time, sleepy, so this student is also not watching the lecture properly, or we may say that the student is not interested in the lecture.

6.10. Student9 Attentiveness and Attention Level. Student9 (S9) is a little bit interested in the lecture because some of the graphs show satisfactory and attentive behavior. Again, the student gets sleepy for almost half of the time than satisfactory and attentive attention.

6.11. Student10 Attentiveness and Attention Level. Student10 has mixed behavior like in [34]. As we can see, the graph has a considerable bar for being attentive and satisfactory now. Comparing both attention levels with the sleepy attention level is also very strong; this may conclude that student10 S10 and was about 0% interested in the lecture. Before we conclude overall behavior, we might consider that our eyes get closed after a specific time interval, so every graph has some kind of natural biases. However, by considering that face, we can even then see considerable sleepy behavior. We can conclude here that the lecture topic is boring, or the students are not interested in watching this specific lecture for some reason. Now it is up to the teacher; he/she should take some feedback from the students to improve the lecture or ask them to watch the lecture more attentively if there is no problem with the lecture content or video quality, as shown in Figure 14.

6.12. Correlations. The following table shows the correlations among the ten students. So, any significant value, which is less than 0.05, shows a strong relationship. The significance value of S1 and S2 is 0.025, so S1 and S2 have a strong relationship, and we have also seen it above in the graph analytics.

If we compare the correlation between S4 and S2, then the significance value S4 is .705, which is very large than 0.05, so there is no good relation between S4 and S2, which is also seen well in the graph analytics above. Likewise, we can check all the pairs, and every pair will support the graph analytics results discussed above and shown in Tables 1–3.

6.13. Reliability Scale: All Variables by Cronbach’s Alpha Using SPSS. Cronbach’s alpha is a test of the reliability of a scale, we have 19 attributes so we have 19 individual attributes responding to participants via survey. Cronbach’s alpha can be used to test the reliability of the scale when we have a series of items/attributes; in this case, we have 19 attributes. We can see only 4 rows are excluded or miss some values while there are 170 cases considered for the results, as shown in Table 4.

6.13.1. The Procedure Is Deleted List-Wise Based on All Variables. Table 4 shows the mean and standard deviation of the attributes used for further interpretations. The following table is very important as it shows the reliability statistics; the value for Cronbach’s alpha is .962, which is very excellent as it reaches 1. Thus, there is very strong reliability. If the value falls under 6, we look back to the mean and standard deviation table and remove the attribute with low values for mean or standard deviation and try the test for the remaining attributes, as shown in Tables 5–7.

The total item statistics 2nd column tells us the value for Cronbach’s alpha if a specific item or attribute is deleted. For
example, if we delete the first attribute and apply Cronbach’s alpha on the remaining items, the reliability scale value will be 7.16. In this way, we can highlight each attribute’s significance. Hence, if an attribute does not affect the value of reliability, we can go ahead and delete that attribute. So, Cronbach’s alpha tells us which attribute or item to delete to increase the reliability. Still, in our case, we have luckily chosen the attributes which are best already, so we will not delete any attribute, as shown in Tables 8 and Table 9.

7. Conclusion

Medical emergencies such as strokes, which are also known as cerebrovascular accidents, can induce behavioral dysfunction in people. Sleep deprivation affects our brains in several different ways. When compared to the advantages of sleep, sleep loss frameworks are minimal. Many factors contribute to sleep deprivation (SD), including being awake for an extended period. Neuroimaging studies the effects of SD on attention, working memory, mood, and hippocampus-based learning. To assess biosignaling/bioimaging data acquired from the patient, automated diagnostic techniques are generally favored. In this research, we explored the association between watching the same lecture and students’ results. For ten students watching the same video, we collected data via a webcam. We also implemented graph analysis and correlation methodology after the data was collected to determine the class students’ behavior towards the same video lecture. We noticed that most students were not interested in this video lecture. Still, the teacher can ask the students to view the lecture more carefully. If there is any problem with the lecture’s quality or the topic is confusing or boring, the teacher can give the lecture to the students again and maybe take some necessary action. The alpha of Cronbach showed a strong correlation between the attributes/questions that we asked in our survey, and we will use this survey to prepare for online class evaluations.

8. Future Work Limitations

The purpose of usage may have been determined by certain considerations, such as prior experience required to take a specific course, not included in the analysis. There will also be further variables in prospective experiments, and the connections between them should be established or the indirect influence of the variables included in the current model tested. This work is limited to survey data in the future.

Data Availability

We are attaching dataset files that are used in this paper (dataset link: https://github.com/sobiawassan/The-Impact-of-Online-Learning-System-on-Students-Who-Affected-with-Stroke-Disease-main.git).

Conflicts of Interest

The authors declare that they have no conflicts of interest.

Acknowledgments

The work was supported in part by the National Science Foundation of China under Grant No. 21ZDA033 and 21BGL223, by the National Natural Science Foundation of China under Grant Nos. 71771118 and 72071104, by the Ministry of Education Humanities and Social Sciences Foundation of China under Grant No.18JJCZ0146, and by the Key Project of Social Science Foundation of Jiangsu Province under Grant No. 20GLA007.

Supplementary Materials

The impact of online learning system on students who affected with stroke disease. (Supplementary Materials)

References

[1] A. J. Krause, E. B. Simon, B. A. Mander et al., “The sleep-deprived human brain,” Nature Reviews Neuroscience, vol. 18, no. 7, pp. 404–418, 2017.
[2] H. P. A. Van Dongen, G. Maislin, J. M. Mullington, and D. F. Dinges, "The cumulative cost of additional wakefulness: dose-response effects on neurobehavioral functions and sleep physiology from chronic sleep restriction and total sleep deprivation," Sleep, vol. 26, no. 2, pp. 117–126, 2003.
[3] H. P. A. Van Dongen and D. F. Dinges, "Sleep debt and cumulative excess wakefulness," Sleep, vol. 26, no. 3, pp. 249–249, 2003.
[4] J. S. Durmer and D. F. Dinges, "Neurocognitive consequences of sleep deprivation," Seminars in Neurology, vol. 25, no. 1, pp. 117–129, 2005.
[5] N. Goel, H. Rao, J. S. Durmer, and D. F. Dinges, "Neurocognitive consequences of sleep deprivation," Seminars in Neurology, vol. 29, no. 4, pp. 320–339, 2009.
[6] A. A. Borbely, "Sleep, sleep deprivation and depression. A hypothesis derived from a model of sleep regulation," Human Neurobiology, vol. 1, no. 3, pp. 205–210, 1982.
[7] N. Goel, M. Basner, H. Rao, and D. F. Dinges, "Circadian rhythms, sleep deprivation, and human performance," Progress in Molecular Biology and Translational Science, vol. 119, pp. 155–190, 2013.
[8] M. W. L. Chee and J. C. Tan, "Lapsing when sleep deprived: neural activation characteristics of resistant and vulnerable individuals," NeuroImage, vol. 51, no. 2, pp. 835–843, 2010.
[9] M. W. L. Chee, J. C. Tan, S. Parimal, and V. Zagorodnov, "Sleep deprivation and its effects on object-selective attention," NeuroImage, vol. 49, no. 2, pp. 1903–1910, 2010.
[10] M. W. L. Chee, C. S. F. Goh, P. Namburi, S. Parimal, K. N. Seidl, and S. Kastner, "Effects of sleep deprivation on cortical activation during directed attention in the absence and presence of visual stimuli," NeuroImage, vol. 58, no. 2, pp. 595–604, 2011.
[11] M. Thomas, H. Sing, G. Belenky et al., “Neural basis of alertness and cognitive performance impairments during sleepiness. I. Effects of 24 h of sleep deprivation on waking human regional brain activity,” Journal of Sleep Research, vol. 9, no. 4, pp. 335–340, 2000.

[12] S. S. Yoo, N. Gujjar, P. Hu, F. A. Jolesz, and M. P. Walker, “The human emotional brain without sleep – a prefrontal amygdala disconnect,” Current Biology, vol. 17, no. 20, pp. R877–R878, 2007.

[13] W. C. Choo, W. W. Lee, V. Venkatraman, F. S. Sheu, and W. C. Choo, A sleeping beast: obstructive sleep apnea and stroke, Sleep Medicine, vol. 86, no. 6, pp. 407–415, 2019.

[14] T. H. Turner, S. P. A. Drummond, J. S. Salamat, and G. G. Brown, “Effects of 42 h of total sleep deprivation on component processes of verbal working memory,” Neuropsychology, vol. 21, no. 6, pp. 787–795, 2007.

[15] K. E. Lythe, S. C. R. Williams, C. Anderson, V. Libri, and M. A. Mehta, Frontal and parietal activity after sleep deprivation is dependent on task difficulty and can be predicted by the fMRI response after normal sleep,” Behavioural Brain Research, vol. 233, no. 1, pp. 62–70, 2012.

[16] L. Chengyang, H. Daqing, Q. Jianlin et al., “Short-term memory deficits correlate with hippocampal-thalamic functional connectivity alterations following acute sleep restriction,” Brain Imaging and Behavior, vol. 11, no. 4, pp. 954–963, 2017.

[17] M. W. L. Chee and W. C. Choo, Functional imaging of working memory after 24 hr of total sleep deprivation,” The Journal of Neuroscience, vol. 24, no. 19, pp. 4560–4567, 2004.

[18] X. Li, X. Pang, Z. Liu et al., “Joint effect of less than 1 h of daytime napping and seven to 8 h of night sleep on the risk of stroke,” Sleep Medicine, vol. 52, pp. 180–187, 2018.

[19] S. J. Park, S. Hong, D. Kim et al., Development of intelligent stroke monitoring system for the elderly during sleeping,” Sleep Medicine, vol. 64, p. S294, 2019.

[20] Y. Zhang, Y. Shen, D. S. Fan, and Y. Fu, “Correlation between sleeping habits and stroke,” Chinese Journal of Clinical Rehabilitation, 2004.

[21] S. Zhang, S. Cheng, Z. Zhang, C. Wang, A. Wang, and W. Zhu, Related risk factors associated with post-stroke fatigue: a systematic review and meta-analysis,” Neurological Sciences, vol. 42, no. 4, pp. 1463–1471, 2021.

[22] Z. McKee and D. H. Auckley, “A sleeping beast: obstructive sleep apnea and stroke,” Cleveland Clinic Journal of Medicine, vol. 86, no. 6, pp. 407–415, 2019.

[23] M. K. Fleming, T. Smejka, D. Henderson Slater, E. G. Chiu, N. Demeyere, and H. Johansen-Berg, “Self-reported and objective sleep measures in stroke survivors with incomplete motor recovery at the chronic stage,” Neurorehabilitation and Neural Repair, vol. 35, no. 10, pp. 851–860, 2021.

[24] Q. Song, X. Liu, W. Zhou et al., “Changes in sleep duration and risk of metabolic syndrome: the Kailuan prospective study,” Scientific Reports, vol. 6, no. 1, 2016.

[25] M. Barrett, J. C. Snow, M. C. Kirkland et al., “Excessive sedentary time during in-patient stroke rehabilitation,” Topics in Stroke Rehabilitation, vol. 25, no. 5, pp. 1–9, 2018.

[26] M. Subramaniyam, D. Singh, S. J. Park et al., “IoT based wake-up stroke prediction - recent trends and directions,” in IOP Conference Series: Materials Science and Engineering, vol. 402, no. 1, IOP Publishing.