Research Article

Detection of Heart Arrhythmia on Electrocardiogram using Artificial Neural Networks

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The electrocardiogram, also known as an electrocardiogram (ECG), is considered to be one of the most significant sources of data regarding the structure and function of the heart. In order to obtain an electrocardiogram, the contractions and relaxations of the heart are first captured in the proper recording medium. Due to the fact that irregularities in the functioning of the heart are reflected in the ECG indications, it is possible to use these indications to diagnose cardiac issues. Arrhythmia is the medical term for the abnormalities that might occur in the regular functioning of the heart (rhythm disorder). Environmental and genetic variables can both play a role in the development of arrhythmias. Arrhythmias are reflected on the ECG sign, which depicts the same region regardless of where in the heart they occur; thus, they may be seen in ECG signals. This is how arrhythmias can be detected. Due to the time limits of this study, the ECG signals of individuals who were healthy, as well as those who suffered from arrhythmias were divided into 10-minute segments. The arithmetic mean approach is one of the fundamental statistical factors. It is used to construct the feature vectors of each received wave and interval, and these vectors offer information regarding arrhythmias in accordance with the agreed-upon temporal restrictions. In order to identify the heart arrhythmias, the obtained feature vectors are fed into a classifier that is based on a multilayer perceptron neural network. In conclusion, ROC analysis and contrast matrix are utilised in order to evaluate the overall correct classification result produced by the ECG-based classifier. Because of this, it has been demonstrated that the method that was recommended has high classification accuracy when attempting to diagnose arrhythmia based on ECG indications. This research makes use of a variety of diagnostic terminologies, including ECG signal, multilayer perceptron neural network, signal processing, disease diagnosis, and arrhythmia diagnosis.

1. Introduction

The heart, one of the most sensitive organs of the human body, has a critical role in the functioning of the body. The heart is responsible for pumping the blood necessary for the functioning of tissues and organs. When we look at our circulatory system, there are two types of circulation. These are the small circulation and the large circulation. The small circulation carries low-oxygen blood to the lungs and returns it to the heart after the blood’s oxygen content is increased. The great circulation carries blood from the heart to other parts of the body. Although it is a closed system in both circuits, it starts and ends in the heart. The heart consists of three layers, from the outer part to the inner part, as Pericardium, Myocardium, and Endocardium [1]. The muscles in the myocardium, which makes up most of the heart’s weight, are the layer where contractions take place. The muscle cells of the myocardium are in layers and completely surround the blood chambers. When the walls of a blood chamber contract, they contract and pressure is applied to the blood in the chamber. About 1% of the cells in the heart is not involved in contraction and are specialized for stimulating the heart. These cells form a network constituting the heart’s conduction system and electrically communicate with the heart.
muscles through their gap junctions. The heart is rich in
sympathetic and parasympathetic nerve fibers. The effects of
the autonomic nervous system on the heart are regulating,
that is, it increases or slows the heart rate and is not necessary
for the formation of heartbeats [2]. The heart, which is the
basis of our circulatory system, due to its function, the
slightest malfunction in its functioning affects the whole body
negatively. Disorders in the functioning of the heart are
generally called Arrhythmia (Rhythmia Disorder) [3]. The
arrhythmia word meaning is the absence of rhythm, but it is
used in the sense of deviation from the sinus rhythm, which is
called a healthy rhythm. It can be defined as a rhythm ar-
rhythmia caused by the formation of normal or abnormal
stimuli, the transmission of abnormal stimuli, or a combi-
nation of both. Arrhythmias can be grouped into four main
classes: sinus node abnormalities, supraventricular arrhyth-
mias, ventricular arrhythmias, and blocks [4]. Rhythm dis-
orders in the heart also form the basis of some circulatory
system-based diseases that will directly affect blood pressure.
These irregular changes in blood pressure can cause paralysis,
stroke, and even death. Rhythm disorders related to heart
rate can be examined in two classes in general. These are
tachycardia and barycardia. Tachycardias occur when the
heart rate is greater than 100 beats per minute. Barycardia is
the name given to rhythm disorders observed in cases where
the heart rate is less than 60 beats per minute [5]. In general,
cardiac arrhythmias are abnormalities or disturbances in the
electrical behavior of the heart. These disorders cause ar-
rhythmia in abnormalities in the heart rate and rhythm.
Considering the role of the heart on the circulatory system,
the time between two heartbeats during the blood’s arrival
and exit from the heart is important for the diagnosis and
diagnosis of rhythm disorder. In simpler terms, the duration
of contraction and relaxation of the heart should be close to
each other in people who do not have a rhythm disorder.
The absence of periodic intervals or the fact that the start and end
times are longer or shorter than certain values are signs of
arrhythmia [6]. In ECG measurements, such arrhythmias
manifest spontaneously as deformations or irregularities in
the observed waveform. Rhythm disorders generally occur
for three reasons: psychiatric causes, physical and emotional
stress-related causes, and cardiac causes [5, 6]. Considering
these factors, diagnosis, and classification of rhythm disor-
ders are important for the treatment of the disease.

Artificial neural networks (ANNs) are computer systems
that can learn from the features of the nervous system, derive
new information using the new information learned, and
work similarly to decision-making structure [7, 8]. ANN has
emerged as a result of mathematical modeling of the learning
process by taking the human brain as an example. It started
with the modeling of neurons, which are the biological units
that make up the brain, and continued with its application in
computer systems, and later on, it became used in many
areas depending on the development of computer tech-
nologies. These systems, which are inspired by the working
principle of the human brain, have many features according
to their usage areas.

Some of them can perform machine learning since they
consist of many cells, they can perform complex functions by
working simultaneously, they can produce meaningful in-
formation from the numerical information used during
training, they can learn by using examples, they can be used
in perception-oriented events, and they have features such as
pattern association and classification. Artificial nerve cells
are similar in structure to biological nerve cells. Artificial
neurons form artificial neural networks by connecting be-
tween them just like our real nervous system. An artificial
neuron consists of five parts: inputs, weights, summation
function, activation function, and outputs. Activation
functions are functions that process the input value to the
ANN cell and calculate the output that the cell will produce
in response to this input. The “Sigmoid function” is generally
used as the activation function in the “Multi-layer perceptron” model, which is widely used today. In the study of in
the classification of ECG arrhythmias using the Class
modular CGY, it was tried to automatically detect ar-
rhythmic signal anomalies that could help in the diagnosis.
Multilayer Back Propagation Algorithm (WGY), one of the
learning techniques based on neural networks, and Class-
Module concept were applied to two ECG datasets. By using
the Class-Module concept with class-based feature selection,
it is aimed to obtain durable modules that also provide size
reduction, and the RELIEF technique is used for this. The
performance of learning techniques has been tried to be
increased by using feature selection (Decision Trees, SVM-
Cyclic Feature Reduction) and feature expansion (Principal
Component Analysis) dimension reduction techniques.
Decision Trees and Support Vector Machines have been
tested on arrhythmia databases for comparison purposes.
WGY gives approximate results with SVM, better than
decision trees on both ECG datasets. It has been observed
that the classroom-modular WGY, though slightly less
successful, has additional advantages over WGY [9].

In our study, ECG signals were divided into segments,
waves, and intervals based on temporal boundaries, and the
feature vector of each segment was obtained with the help of
the arithmetic mean, which is one of the basic statistical
parameters. Arrhythmias occurring in the heart were de-
termined by using these obtained feature vectors as an input
to the MPNN model. For this purpose, ECG signals are
divided into 10-minute segments of equal length. These
sections are divided into sub-sections (segments, waves, and
intervals) that provide information about arrhythmias
according to the temporal limitations accepted for each
segment and wave interval, and the arithmetic mean of each
interval is used as an input to the MPNN model for ar-
rhythmia detection. As a result, it has been shown that the
proposed approach achieves high classification accuracy in
detecting arrhythmia from ECG signs.

2. Materials and Method

2.1. ECG Sign Used. The “physio net ECG databases” da-
base was used as an ECG signal. “MIT-BIH Normal Sinus
Rhythm Database” [10] was used for healthy ECG sign and
“MIT-BIH Arrhythmia Database” for arrhythmia sign.
Normal Sinus database obtained at Boston’s Beth Israel
Hospital Arrhythmia Laboratories includes 18 long-term
ECG recordings. Measured from 5 men aged 26 to 45 and 13 women aged 20–50. The arrhythmia database was randomly selected from over 4000 records measured at Boston’s Beth Israel hospital between 2010 and 2015.

2.1.1. Temporal Limits of ECG Signal. The ECG signature is characterized by a repetitive wave sequence of P, QRS, and T waves associated with each heartbeat. The QRS complex formed by ventricular depolarization and atrial repolarization is the most striking. As soon as the positions of the QRS complexes are found, P, T waves and QT, ST segments all appear. The locations of other waves of the ECG, such as the ECG, are determined by the position of the QRS complexes. The intervals in the ECG signs have some temporal characteristics [11]:

- **P wave**: Normally, the amplitude of the P wave is less than 2.5 mm and the width is less than 0.12 s in all leads.
- **PR interval**: In adults, the PR interval of 0.12–0.20 seconds is considered the normal value.
- **QRS complex**: The duration of the Q wave is shorter than 0.04 sec and cannot exceed 25% of the total QRS duration. The duration of the QRS complex is a maximum of 0.11 s.
- **ST segment**: ST segment duration varies inversely with the heart rate and ranges from 0 to 0.15 sec.
- **T wave**: It shows the repolarization of the ventricles. The duration of the normal T wave in adults is 0.10–0.25 sec.

**RR interval**: It is the distance between two R points.

**QT interval**: The heart rate corrected QT interval is expressed as QTc. QTc is calculated by dividing the QT duration by the square root of the RR duration (Bazett Formula) [12]. The upper limit of the corrected QT interval (QTc_B) calculated according to Bazett’s formula is 0.44 sec and is calculated with equation as follows [10]:

\[
QTc = \frac{QT}{\sqrt{RR}}
\]  

(1)

Here, QTcB indicates the corrected QT interval calculated using Bazett’s formula.

2.1.2. Feature Extraction Based on Calculation of Temporal Intervals from ECG Signals

(1) **R Point Detection with Pan-Tompkins Algorithm.** In this study, arithmetic mean-based feature vectors of P, PR, QRS, QT, ST, T, and RR intervals of ECG signals were calculated using the temporal distance from R point. Pan-Tompkins algorithm was used to detect the R point in the ECG signal. The Pan-Tompkins algorithm consists of five steps: band-pass filter, derivative, squarer, sliding window integration, and threshold adjustment. The first step of the Pan-Tompkins algorithm is to apply a band-pass filter to filter out the noise in the ECG signals. The band-pass filter used in the Pan-Tompkins algorithm is obtained with low-pass and high-pass filters. For the high-pass filter, the sampling frequency is 200 Hz, the cutoff frequency is 11 Hz, and the shift amount is 5 samples, i.e., 25 msec. The cutoff frequency of the high-pass filter is 200 Hz, the sampling frequency is 5 Hz, the shift amount is 16 samples, that is, 80 msec [13].

In the derivation stage, the filtered ECG signal was applied to the derivative receiver to make the QRS clear, and the low-frequency components were suppressed, and the ECG signal free from the low-frequency components was obtained. Finally, the smoothing process is performed with the integration of the squarer and the sliding window. In this study, after the R points in the QRS segment were determined, signal groups were formed according to the temporal intervals of the waves in the ECG signal and the averages of the temporal distances to the detected R points were calculated.

(2) **Calculation of Temporal Intervals of ECG Signal**

**Step 1.** Deviation in RR intervals: The mean (RRort) of all RR points in the sign is calculated, how much the distance of each RR block differs from the calculated mean. The low difference indicates that the R points continue periodically. If the difference is large, it means that the R points are not formed at regular time intervals. The mean of the RR interval deviations is calculated by equation below.

\[
RR_{deviation} = \frac{\sum_{i=1}^{RR\text{ort}} |RR_i - RR_{ort}|}{RR\text{number}}. 
\]  

(2)

**RRort** represents the mean of all RR intervals in the sign, **RRnumber** represents the number of all RR intervals, and **RRdeviation** is the mean of the difference of all RR intervals to the calculated RRort value.

**Step 2.** QRS interval: The Q interval cannot exceed 25% of the total QRS and the total duration of the QRS cannot exceed 0.11 sec. Also, Q should be <0.04 sec. Assuming the R point is the middle of the QRS block, RRhalf = 0.11/2 = 0.055.

**Q**: 0.11/4 = 0.0275. (It also complies with condition Q < 0.04). RRQhalf = 0.055–0.0275 = 0.0275

**R = 2RRhalf**: 0.055 and S: QRS–S–R if S = 0.0275.

**Step 3.** The temporal distances of the intervals to the point R:
The temporal distances of the P, PR, Q, S, T, and QT intervals to the R point are determined.

(i) **Pstart**: The temporal distance of the P wave origin from the R point.

(ii) **Pend**: The distance from the P wave end point to the R point.

(iii) **PRstart**: The temporal distance from the PR interval start point to the R point.

(iv) **PRend**: The temporal distance of the PR interval end point from the R point. Qstart: The temporal distance of the Q interval start point from the R point.
Stop: The temporal distance of the S interval end point from the R point.

(v) $S_{\text{start}}$: The temporal distance of the ST segment origin from the R point.

(vi) $S_{\text{end}}$: The temporal distance of the ST segment endpoint to the R point. $T$-origin: The temporal distance of the $T$-wave origin from the R point. $T_{\text{end}}$: The temporal distance of the $T$-wave endpoint to the R point.

(vii) $Q_{\text{start}}$: The temporal distance from the corrected QT interval start point to the R point.

(viii) $Q_{\text{end}}$: The temporal distance of the corrected QT interval endpoint to the R point.

(ix) $R_{\text{half}}$: The R wave is half the width in time.

**Step 4. $P$ interval:** The calculation of the distance of the $P$ interval from the R point.

(i) If $P_{\text{start}} = PR + QR$ then $0.2 + 0.055 = 0.255$ sec.

(ii) $P_{\text{end}} = P_{\text{start}} - 0.10 = 0.155$ sec.

**Step 5. $PR$ interval:** The intervals in calculating the $PR$ interval are expressed.

(i) $PR_{\text{start}} = P_{\text{start}}$.

(ii) $PR_{\text{end}} = PR_{\text{start}} - 0.2 = 0.055$ sec.

**Step 6. $QRS$ interval:** $Q_{\text{start}} = 0.55$ sec  
Stop = 0.55 sec.

**Step 7. $ST$ segment length:** The intervals in calculating the length of the $ST$ segment.

(i) $ST_{\text{start}} = $ Stop.

(ii) If $ST_{\text{end}} = ST_{\text{start}} + 0.15$.

(iii) $ST_{\text{end}} = 0.205$ sec.

**Step 8. $T$ interval:** The intervals in the calculation of the $T$ wave.

(i) $T_{\text{start}} = ST_{\text{end}}$.

(ii) If $T_{\text{end}} = T_{\text{start}} + 0.25$ then $T_{\text{end}} = 0.455$ sec.

**Step 9. $QTc$ interval:** The QTc interval is calculated according to Bazett’s formula.

(i) $QTc_{\text{start}} = Q_{\text{start}}$.

(ii) $QTc_{\text{finish}} = QTc - R_{\text{half}}$.

The averages of all waves and intervals were calculated according to the steps shown above as an example. In the calculation, 90 arrhythmias and 90 normal sinus rhythms, a total of 180 sign segments were used.

2.2. Artificial Neural Network Model. Who studied how the brain learns, laid the foundations of today’s neural network theory. He studied the relations of nerve cells with each other and developed the neural network theory on this basis. Although it is not known exactly how the brain works, this model, which has been developed, does not fully show the learning structure of the brain. However, there are many neural network models with success rates of 99%. Artificial neural network (ANN) is a model that tries to transfer the layered and parallel structure of the human brain’s nerve cells to the digital environment, and it comes together from more than one nerve cell, just like the human nervous system. Biological and artificial nerve cells are seen in Figure 1 [14]. ANN has both hardware and software models, but the inflexibility of hardware models have highlighted the use of software models.

The biological nerve cell generally consists of four parts:

(i) Dendrite: its function is to transmit signals transmitted from other nerve cells to the nucleus of the nerve cell.

(ii) Soma: it is the centre that collects all transmitted signals.

(iii) Axon: it is responsible for transmitting the information it receives to the next nerve cell nucleus.

(iv) Synapsis: after processing the total information from the axon, it transmits it to the dendrites of other nerve cells.

As seen in Figure 1 (b), in the artificial neuron, $X$ carries the input signals and $W$ carries the weight coefficient of that signal. A weighted sum of all input signals is obtained in the kernel. All these total sign is denoted by $Y$. $Y_{\text{in}}$ is sent to the synapse as an input to the thresholding function. The result produced by the thresholding function in the synapse is expressed as $Y$ and directed to enter the other cell.

Like the real nervous system, ANN can perform operations such as learning, memorizing, and revealing the relationship between data. It transfers the data from the dendrites to the synapses by passing through threshold functions. There are three types of threshold functions commonly used in ANN models [15]:

(i) Hard limiter function

(ii) Threshold function

(iii) Sigmoid function.

2.2.1. Arrhythmia Detection with Multilayer Neural Network. Artifical neural networks can be single-layered or multi-layered, depending on their intended use. Interlayers used in multi-layer networks can increase the capability of the network and negatively affect the uptime [16–19]. Multilayer networks are divided into layers as input layer, middle layer, and output layer. The input layer takes the input values coming from the outside to the neural network and directs them to the middleare. There is no information processing in this layer. As there may be more than one input, each incoming input information is sent directly to the next layer. Each processing element in the input layer depends on the elements in the next layer. The middle layers process the
input information from the input layer, which is the upper layer, and send the outputs to the next layer. There may be more than one intermediate layer in a Perceptron Neural network, or it may consist of more than one nerve cell in each layer. Each cell in the middle layer is connected to all other cells in the next layer. The output layer processes the data from the middleware and sends the outputs produced by the network to the neural network outputs. Each element has an output. Multilayer Perceptron Neural (MPN) networks work with the teacher-learning method. Well, both input values and output values corresponding to these inputs are shown to these networks during training. The task of the network is to produce the output corresponding to that input for each given input. It is a generalization of Delta learning rule based on least squares learning as a learning rule. The generalized “Delta rule” consists of two phases: forward calculation and backward calculation. In order for the network to learn, it needs a set of examples called a training set. MPN’s working system; collecting samples, determining the topological structure of the network, choosing the learning parameters, entering the initial value of the weights, selecting the samples from the learning set and showing them to the network, making forward calculations during learning, comparing the actual output with the expected output, and changing the weights [20–22]. As seen in Figure 2 7 feature vectors, namely, Port, PRort, QRSort, STort, Tort, QTort, and RRort, were used as input values to the MPNN model, which has 10 neurons in the hidden layer, for arrhythmia detection from ECG signals.

The classifier model, whose tangent-hyperbolic activation function was chosen as the activation function, was trained with the Levenberg–Marquardt (LM) back propagation algorithm. The MPNN Classifier model was run 100 times and the final result was calculated by averaging the classification successes obtained. For training, feature vectors of 90 healthy signs and feature vectors of 90 arrhythmia signs were applied to the classifier model. Table 1 shows sample input values used in MPNN.

The average values obtained from the normal and arrhythmic signs as a result of the calculations are shown in Figure 3.

A 10-piece cross-validation criterion based on random sample selection was used to measure the generalized success of the classifier. In this method, the obtained feature vectors are randomly distributed into three groups as training, validity, and test data. The training data was chosen to contain 70% of all data (126 samples), while the validity and test data included 15% (54 samples) (Table 2). When the success of the model in the validity data reached the highest level, the training was stopped. The classification success of the model was evaluated with the help of statistical criteria.

2.3. Evaluation of Results with ROC Analysis. The ROC curve is calculated as the ratio of sensitivity to precision and is used in binary classification systems where the discrimination threshold differs. In simpler terms, ROC can also be defined as the ratio of true positives to false positives. In the ROC curve, the criteria generally used in the evaluation are sensitivity, general accuracy, specificity, positive predictive value, and negative predictive value. By using Figure 4, the limit values of the tests for these criteria can be determined [23–28].

Sensitivity (%): It shows what percentage of people known to have the disease can be diagnosed with the recommended method. The sensitivity formula is given in equation below.
Confusion matrix and ROC curve analysis are used in order to evaluate success in case the distribution of sample data on the basis of class is very different and success is high [29–34]. The confusion matrix obtained as a result of the proposed model’s classification of ECG signals is shown in Figure 3.

As it can be seen from Figure 3, although misclassification is not made for the diagnosis of arrhythmia in the proposed approach, misclassification can be made for a healthy individual without arrhythmia, albeit very low. Using equations (3)–(5), a specificity rate of 93.3%, a sensitivity rate of 100%, and a TDS rate of 96.3% were calculated. This shows that the classifier has high success rates. Figure 4 shows the ROC analysis curve of the classification experiment performed to diagnose arrhythmia from ECG signals.

Based on the ROC curve analysis as shown in Figures 4 and 5 the proposed approach has acceptable classification capability in diagnosing arrhythmia. Accordingly, large areas under the ROC curves indicate that it is a classifier model with high specificity and sensitivity.

### 3. Results and Discussion

For arrhythmia detection in ECG signals, high classification success rates have been achieved when feature vectors obtained with the help of an arithmetic mean from signals segmented into temporal segments and waves are used as an input to a MPNN model. Since the lengths of the signals are different in the data sets used, the signals were divided into equal-length pieces before processing. In addition to the intervals used in the arrhythmia diagnosis studies in the literature, all wave segments and intervals formed during the contraction and relaxation of the heart were used as inputs in MPNN. It has been shown that the segment and wave intervals of the 10-minute segments of the ECG signals are important feature vector in arrhythmia.
Figure 3: Average values obtained from normal and arrhythmic signs ((a) $P_{ort}$ values; (b) $PR_{ort}$ values; (c) $QRS_{ort}$; (d) $ST_{ort}$; (e) $T_{ort}$ values; (f) $QT_{ort}$ and $RR_{ort}$ values obtained from healthy and arrhythmia signals).
detection. The obtained results were evaluated using ROC analysis, and as a result, it was seen that high classification accuracy rates were obtained by applying the statistical properties of the wave intervals of the segmented ECG signals to an ANN-based classifier model. It is an important finding that an ANN model using the temporal limits of segment waves and intervals of ECG signals achieves high success in detecting arrhythmia. In future studies, a system that can diagnose arrhythmias according to the given criteria, can select among arrhythmia types, can be developed, and specialized arrhythmia detection can be carried out. Segment waves and intervals in the heart can be used to classify arrhythmias. The expert system model can be added to the artificial intelligence model currently used. With the hybrid system obtained, a model can be created that can learn and decide on itself for the diagnosis of the disease, learn the past signs, and detect possible symptoms that may develop in the future. Our study can be arranged to be integrated into mobile devices, and a tracking system can be developed for the use in the health sector and in daily life. In this way, a system that can instantly learn the conditions of critical patients and make decisions without losing time for intervention can be obtained and early intervention can be provided. It is possible to use these systems, which are mentioned in future studies, not only during the diagnosis of the disease, but also during the use of drugs and treatment.

4. Conclusion

The classification performance of various feature sets used in ECG signal separation can vary. As a result, the Pan-Tompkins algorithm is recommended in this study for selecting the appropriate feature set for the signal. The selection pool was made up of features extracted from different wavelet types. The results also showed that the genetic algorithm method can detect features that improve classification accuracy, and that the feature set derived from coefficients selected at various levels of different types of wavelets improves ECG arrhythmia classification performance when compared to the coefficients derived from the standard uniform wavelet. In future research, it is hoped to test more parameters in order to improve the Pan-Tompkins algorithm’s performance by including features obtained from various methods in the feature selection set.

Data Availability

The data used to support the findings of this study are included within the article.

Conflicts of Interest

There are no potential conflicts of interest in our paper, and all authors have seen the manuscript and approved to submit to your journal. The authors confirm that the content of the manuscript has not been published or submitted for publication elsewhere.

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