The long-acting C5 inhibitor, ravulizumab, is efficacious and safe in pediatric patients with atypical hemolytic uremic syndrome previously treated with eculizumab

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Abstract
Background Atypical hemolytic uremic syndrome (aHUS) is a rare, complement-mediated disease associated with poor outcomes if untreated. Ravulizumab, a long-acting C5 inhibitor developed through minimal, targeted modifications to eculizumab was recently approved for the treatment of aHUS. Here, we report outcomes from a pediatric patient cohort from the ravulizumab clinical trial (NCT03131219) who were switched from chronic eculizumab to ravulizumab treatment.

Methods Ten patients received a loading dose of ravulizumab on Day 1, followed by maintenance doses administered initially on Day 15, and then, every 4–8 weeks thereafter, depending on body weight. All patients completed the initial evaluation period of 26 weeks and entered the extension period.

Results No patients required dialysis at any point throughout the study. The median estimated glomerular filtration rate values remained stable during the trial: 99.8 mL/min/1.73m 2 at baseline, 93.5 mL/min/1.73m 2 at 26 weeks, and 104 mL/min/1.73m 2 at 52 weeks. At last available follow-up, all patients were in the same chronic kidney disease stage as recorded at baseline. Hematologic variables (platelets, lactate dehydrogenase, and hemoglobin) also remained stable throughout the initial evaluation period and up to the last available follow-up. All patients experienced adverse events; the most common were upper respiratory tract infection (40%) and oropharyngeal pain (30%). There were no meningococcal infections reported, no deaths occurred, and no patients discontinued during the study.

Conclusions Overall, treatment with ravulizumab in pediatric patients with aHUS who were previously treated with eculizumab resulted in stable kidney and hematologic parameters, with no unexpected safety concerns when administered every 4–8 weeks.

Trial registration Trial identifiers:
- Trial ID: ALXN1210-aHUS-312
- Clinical trials.gov: NCT03131219
- EudraCT number: 2016-002499-29

Keywords Atypical hemolytic uremic syndrome · Complement · Eculizumab · Hemolytic uremic syndrome · Ravulizumab · Thrombotic microangiopathy · Children

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Introduction

Atypical hemolytic uremic syndrome (aHUS) is a rare, progressive disease caused by uncontrolled complement activation [1–3]. The endothelial damage caused by thrombotic microangiopathy (TMA) can result in life-threatening manifestations of the disease, including kidney failure and extrarenal tissue damage [1]. Prior to the availability of targeted treatment with complement C5 inhibitors, the prognosis of aHUS both in pediatric and adult patients was poor—around 29% of children required dialysis or died within 1 year [4] and 48% reached chronic kidney disease (CKD) stage 5 or death at 3 years despite plasma therapy [5].

The complement protein C5 inhibitor eculizumab (Soliris®, Alexion Pharmaceuticals, Inc., Boston, MA, United States) has been shown to be efficacious and safe in treating aHUS in adults and children over the last decade, both in clinical trials and real-world settings [6–13]. However, despite its proven effectiveness, intravenous (IV) eculizumab infusions are required once every 2 weeks, which may be burdensome for patients and caregivers.

Ravulizumab is a humanized monoclonal antibody (mAb) engineered from eculizumab to target the same complement C5 epitope while decreasing drug clearance and reducing the required frequency of infusions [14]; a schematic detailing the specific amino acid substitutions and the mechanism of half-life prolongation can be found in Supplementary Fig. 1. Ravulizumab incorporates selective amino acid modifications to both increase the dissociation rate of the mAb:C5 complex in the acidic early endosome at pH 6.0 and enhance the efficiency of neonatal Fc receptor-mediated antibody recycling, leading to an extended duration of terminal complement inhibition [14]. Ravulizumab has a mean terminal elimination half-life that is over 4 times greater than that of eculizumab (~51.8 days vs. ~11 days) and offers a reduced dosing frequency of 4–8 weeks vs. every 2–3 weeks, depending on bodyweight [14].

Ravulizumab has recently been approved for the treatment of aHUS in adults and children [15, 16]. The clinical efficacy and safety of ravulizumab in complement inhibitor-naive adults with aHUS have been demonstrated in a recently published phase III trial report (NCT02949128) [17], and a similar report detailing results in pediatric patients from the treatment-naive cohort of the current trial (NCT03131219) is underway; eculizumab has previously been shown to be efficacious and safe in pediatric patients with aHUS [8, 10]. Here, we assessed the efficacy of ravulizumab through 50 weeks of follow-up and safety through all available follow-up in pediatric patients with aHUS, with stable TMA parameters following a switch from eculizumab to ravulizumab treatment.

Methods

Trial oversight and design

ALXN1210-aHUS-312 (NCT03131219) is a phase III, single-arm, multicenter trial assessing the efficacy and safety of ravulizumab administered by IV infusion in pediatric patients (<18 years of age) with aHUS who are either naive to complement inhibitor treatment (cohort 1, reported separately) or eculizumab-treated (cohort 2, this analysis). The protocol was approved by the Institutional Review Board (IRB) or Independent Ethics Committee (IEC) at each participating center, and the trial was conducted in accordance with the Declaration of Helsinki and the Council for International Organizations of Medical Sciences International Ethical Guidelines. The patient’s legal guardians were required to provide a written informed consent and the patient written informed assent (if applicable, as determined by the central or local IRB or IEC).

The trial consisted of a screening period (up to 28 days), a 26-week initial evaluation period, and an extension period (up to 4.5 years). After completion of the initial evaluation period, patients were eligible to enroll in the extension period, which remains ongoing. Here, we present data up to 59 weeks of follow-up.

Ravulizumab was administered via IV infusion based on bodyweight (Fig. 1) with an infusion time of approximately 2 h. On Day 1 of the initial evaluation period, which was 14 days from the patient’s last dose of eculizumab, IV loading doses of ravulizumab were administered. Starting on Day 15, maintenance doses were administered every 8 weeks in patients weighing ≥20 kg and every 4 weeks in patients <20 kg (Fig. 1). Baseline was defined as the period between screening and the point of first drug infusion (Day 1, inclusive).

Patients

The full inclusion and exclusion criteria for the phase III pediatric ravulizumab clinical trial can be found in Supplementary Table 1. Patients included in this specific cohort analysis were male or female, <18 years of age and ≥5 kg at the time of consent; patients must also have been treated with eculizumab according to the labelled dosing recommendation for aHUS for at least 90 days prior to screening. Clinical evidence of response to eculizumab was indicated by stable TMA parameters at screening, including lactate dehydrogenase (LDH) <1.5 × upper limit of normal, platelet count ≥150,000/μL, and estimated glomerular filtration rate (eGFR) >30 mL/min/1.73m² using the Schwartz formula [18].

All patients being transitioned to ravulizumab therapy were required to have up-to-date vaccinations against Neisseria meningitidis in line with all local guidelines and regulations,
irrespective of previous vaccination prior to initiation of eculizumab.

Patients excluded from this study included those with a familial or acquired deficiency in A disintegrin and metalloproteinase with a thrombospondin type 1 motif, member 13 (ADAMTS13; activity < 5%); Shiga toxin–related hemolytic uremic syndrome; positive direct Coombs test; drug exposure–related HUS; bone marrow transplant/hematopoietic stem cell transplant within last 6 months prior to start of screening; known genetic defects of cobalamin C metabolism; scleroderma; systemic lupus erythematosus; or antiphospholipid antibody positivity syndrome. Patients on chronic dialysis (defined as dialysis on a regular basis as kidney replacement therapy for kidney failure) were also excluded.

Genetic testing and factor H autoantibody assessment

Exploratory analysis of pathogenic complement genetic variants was performed in consenting patients using whole-exome sequencing on the NovaSeq 6000 platform with a 2 × 150-bp paired-end molecule (Illumina, Inc., San Diego, CA). Pathogenesis was determined as shown in the supplementary whole-exome sequencing and assessment of variant pathogenicity process (Supplementary Table 2). Exploratory assessments of the presence of autoantibodies to complement proteins, such as complement factor H (CFH), were also performed. Assessment of anti-CFH autoantibodies was based upon the assay described by Dragon-Durey et al. [19].

Efficacy endpoints

The endpoints for this cohort included dialysis requirement status; observed value and change from baseline in eGFR; CKD stage [20] (as evaluated by eGFR at select target days and classified as improved, stable [no change], or worsened compared with baseline); observed value and change from baseline in hematologic parameters (platelets, LDH, hemoglobin); change from baseline in quality of life, as measured by pediatric Functional Assessment of Chronic Illness Therapy-Fatigue (FACIT-Fatigue) scale; and TMA parameters in patients who discontinued treatment in the extension period but remained in the trial. Efficacy data is presented up to 50 weeks of follow-up.

Pharmacokinetic/pharmacodynamic endpoints

Pharmacokinetic (PK)/pharmacodynamic (PD) endpoints included changes in serum ravulizumab concentrations over time and changes in serum free C5 concentrations (a measure of terminal complement inhibition) over time, respectively. PK/PD analyses were performed in all patients with evaluable data who had received ≥ 1 dose of ravulizumab.
Safety endpoints

The long-term safety and tolerability of ravulizumab was evaluated by physical examinations, vital signs, physical growth (height), electrocardiograms, laboratory assessments, and incidence, severity, and seriousness of adverse events (AEs). The severity of AEs was graded using the Common Terminology Criteria for Adverse Events (CTCAE) version 4.03 and coded using the Medical Dictionary for Regulatory Activities (MedDRA®) version 21.0. The proportion of patients who developed antidrug antibodies was also assessed. Safety data is presented up to 59 weeks of follow-up.

Statistical analyses

Efficacy analyses were performed on the full analysis set, including all patients who received ≥ 1 dose of ravulizumab with at least 1 post-baseline efficacy assessment. eGFR value and change from baseline were summarized using descriptive statistics. The proportion of patients who no longer required dialysis was evaluated with a 2-sided 95% confidence interval. CKD stage was summarized over time presenting the number and proportion of patients who improved, worsened, or stayed the same compared with CKD stage at baseline [20]. Platelets, LDH, hemoglobin, and FACIT-Fatigue were summarized using descriptive statistics for observed values and change from baseline. Quality of life was accessed via the FACIT-Fatigue scale and results were summarized using descriptive statistics for both continuous variables at baseline and all post-baseline visits, alongside change from baseline.

Safety analyses were performed for the safety set, defined as all patients who received ≥ 1 dose of ravulizumab. Abnormal immunogenicity findings were presented descriptively over time.

Results

Patient characteristics

A total of 10 eculizumab-treated pediatric patients with a diagnosis of aHUS who met the trial criteria were enrolled and received ≥ 1 dose of ravulizumab. Patients in this cohort had a median age of 12.5 (range, 1.2–15.5) years and were predominantly male (9 patients (90%); Table 1). Five (50%) patients were white, with the remaining patients either Asian (40%) or Black/African American (10%). No patients were on dialysis at baseline and none had received plasma exchange/infusion prior to receiving ravulizumab. No patients had received prior bone marrow transplantation and one patient had a prior kidney transplantation directly related to their diagnosis of aHUS. Patients had received eculizumab for between 98 and 1701 days. At the time of first infusion, patients had a median weight of 47.8 (range, 8.8–69.0) kg.

Four patients underwent genetic testing as part of this study, of whom 2 were found to possess pathogenic variants in complement genes; 1 patient was found to possess nonsense variant c.175C > T (p.Arg59Ter) in the membrane cofactor protein (MCP, CD46) gene and the other possessed missense variant c.3644G > A (p.Arg1215Gln) in the CFH gene. Both of these genetic variants have been previously reported in patients with aHUS [21, 22]. One patient was found to have detectable levels of CFH autoantibodies. Additional pathogenic variants in these patients have been identified following local genetic analyses (Supplementary Table 2).
All 10 patients completed the 26-week initial evaluation period and entered the extension period. None discontinued ravulizumab or the trial. At the current data-cut, at a median duration of 50.3 (range, 49.4–58.7) weeks, all 10 patients were still enrolled in the extension period.

**Kidney endpoints**

None of the 10 patients were undergoing dialysis at baseline and no patients required dialysis at any point post-ravulizumab treatment during the trial. Kidney function, measured by eGFR values over time, remained stable throughout the trial. The recorded median values were 99.8 mL/min/1.73m² (range, 54.0–136.5) at baseline, 93.5 mL/min/1.73m² (range, 40.0–139.0) at 26 weeks, and 104 mL/min/1.73m² (range, 51.0–135.0) at 1 year (Fig. 2). At baseline, 8 patients (80.0%) were at CKD stage 1 (≥ 90 mL/min/1.73m²), 1 patient (10.0%) at CKD stage 2 (60–89 mL/min/1.73m²), and 1 patient (10.0%) was at CKD stage 3a (45–59 mL/min/1.73m²). At 1 year, all patients remained within the same CKD stage as observed at baseline (Supplementary Fig. 2).

**Hematologic endpoints**

Hematologic parameters remained stable throughout the 26-week initial evaluation period and up to 1 year of the extension period (Fig. 3). The median (range) change in platelet count from baseline to 26 weeks and from baseline to 1 year was 2.3 (−74.5, 123.5) 10⁹/L and −34.8 (−109.0, 109.0) 10⁹/L, respectively; the median change in LDH was 8.5 (−50.5, 50.5) and −17.5 (−34.5, 29.5), respectively; and the median change in hemoglobin was 3.5 (−19.5, 8.0) and 5.5 (−7.5, 13.5), respectively.

**Quality of life endpoints**

The FACIT-Fatigue scores remained stable throughout the initial evaluation period and extension period up to 1 year (Supplementary Fig. 3). The median (range) FACIT-Fatigue value at baseline was 50.0 (42.0, 50.0). The median change from baseline was 0.0 (−5.0, 3.0) at 26 weeks and −1.0 (−7.0, 2.0) at 1 year.

**PK/PD analysis**

The steady-state therapeutic serum ravulizumab concentrations were achieved immediately following treatment initiation, with steady-state maximal and trough exposures observed as expected following dosing (Supplementary Fig. 4). Weight-based dosing of ravulizumab resulted in immediate, complete, and sustained terminal complement inhibition (defined as serum free C5 concentrations of <0.5 μg/mL; Fig. 4).

**Safety analyses**

All 10 (100%) patients in this analysis experienced AEs (Table 2). One (10%) patient experienced an AE of grade 3; all others were of grades 1 and 2. Five serious AEs related to
Fig. 3 Mean (95% CI) observed values over time during the initial evaluation period and the extension period (full analysis set) for platelet count (a), lactate dehydrogenase (LDH) (b), and hemoglobin (c). CI confidence interval, LDH lactate dehydrogenase
respiratory tract infections were recorded in 1 (10%) patient (3 upper respiratory tract infections, 1 instance of bronchitis, and 1 instance of pneumonia), none of which were considered treatment related; all AEs in this patient were resolving and did not require drug or study discontinuation (Table 2).

Overall, the most frequent treatment-emergent AEs (Table 3) were upper respiratory tract infection (40%) and oropharyngeal pain (30%). All other AEs were reported by ≤2 patients.

Treatment-related AEs (dyspepsia and musculoskeletal pain) were reported by 2 (20.0%) patients. The dyspepsia began and resolved on trial Day 1 with no change to trial treatment. The patient with musculoskeletal pain experienced this AE twice: on Day 15 and on Day 71. On Day 15, the AE resolved the same day with dose interruption. On Day 71, the AE resolved the same day with no action taken with trial treatment. There were no clinically significant findings reported in physical examinations, vital signs, growth (height), electrocardiograms, or laboratory investigations. No patients had a positive antidrug antibody titer recorded during the trial. No meningococcal infections or deaths were reported during the trial.

**Discussion**

This manuscript presents the analysis of a cohort of patients switching from eculizumab to ravulizumab treatment, taken from the first prospective phase III trial of ravulizumab, a long-acting C5 inhibitor in pediatric patients. Data from this
There were no unexpected safety findings or new safety signals identified through the current data-cut (median follow-up of 50.2 weeks (49.4–58.7 weeks)). The most frequent treatment-emergent AEs were upper respiratory tract infection and oropharyngeal pain. No serious AEs were found to be treatment related or necessitated treatment discontinuation, no meningococcal infections or deaths occurred during the trial, and no evidence of immunogenicity was identified. In previous trials conducted with eculizumab in pediatric patients with aHUS [8], 91% of patients experienced any AE, 41% had treatment-related AEs, and 59% had serious AEs. In the current study with ravulizumab, 20% had treatment-related AEs and 10% had serious AEs. No head-to-head trials of ravulizumab and eculizumab have been conducted, and differences in trial designs between the eculizumab and ravulizumab clinical studies may limit the comparability of their results.

A reduction in dosing frequency is an important element in improving the quality of life in patients with aHUS [17]; indeed, frequency of infusions has been shown to be one of the most important factors for patients switching to ravulizumab [23]. Based on the available data from this study, patients who switch to ravulizumab treatment can expect a similar efficacy and safety profile to eculizumab, giving sustained protection against TMA caused by aHUS with a longer interval between infusions. Recent data show that less frequent dosing with ravulizumab compared with eculizumab reduces the time spent in treatment by a substantial margin. As a result, costs associated with lost productivity are 60% lower in the clinic and 73% lower at home with ravulizumab treatment, compared with eculizumab treatment [24]. Furthermore, some patients may no longer require vascular access via a port, avoiding its associated comorbidities. This suggests that health system and societal costs with ravulizumab therapy are likely to be reduced, and quality of life is likely to improve for both patients and caregivers as a result of increased leisure time availability [24].

Furthermore, a study comparing the preference for eculizumab and ravulizumab among patients with paroxysmal nocturnal hemoglobinuria reported that ravulizumab was widely preferred, with frequency of infusions found to be the most important factor to patients [23]. A meta-analysis reported that patients with chronic diseases were more likely to adhere to their medication if the regimen was less frequent [25], while a systematic review also found that a reduced dosing frequency led to improvements in adherence, patient quality of life, patient satisfaction, and reduced costs [26].

However, it is important to highlight that, although ravulizumab and eculizumab target the same epitope of complement C5 protein, ravulizumab is a separate entity with distinct biochemical characteristics. In this study, ravulizumab treatment was initiated at the end of the last eculizumab dosing interval (14 days after the last eculizumab dose) with a weight-
based loading dose, followed by weight-based maintenance dosing beginning 2 weeks post loading dose. Administration of a loading dose achieves immediate steady-state therapeutic concentrations of ravulizumab, ensuring complete and sustained terminal complement inhibition immediately upon switching to ravulizumab.

The main limitation of this study was a limited sample size. Due to the rarity of aHUS, study enrolment was restricted, and the sample size of this study was relatively small, meaning that the overall dataset is more sensitive to outliers and skewed distribution. Further, pediatric GFR values change substantially within the first 5–10 years of life, for example, almost doubling between birth and 2.5 years. One patient in our analysis was < 2 years of age so the data should be cautiously interpreted.

Conclusions

In pediatric patients with aHUS, switching treatment from eculizumab to ravulizumab administered every 4 to 8 weeks resulted in sustained maintenance of stable kidney and hematologic parameters through 1 year, with no unexpected safety concerns. The results obtained in this study indicate that it is possible for pediatric patients with aHUS to receive treatment less frequently with a dosing interval up to 8 weeks without compromising efficacy and safety.

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Authors’ contributions

All authors contributed to the trial conception and design. The first draft of the manuscript was written by the medical writer under the guidance of the authors. All authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

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Data availability

Alexion will consider requests for disclosure of clinical study participant-level data provided that participant privacy is assured through methods like data de-identification, pseudonymization, or anonymization (as required by applicable law) and if such disclosure was included in the relevant study informed consent form or similar documentation. Qualified academic investigators may request participant-level clinical data and supporting documents (statistical analysis plan and protocol) pertaining to Alexion-sponsored studies. Further details regarding data availability and instructions for requesting information are available in the Alexion Clinical Trials Disclosure and Transparency Policy at http://alexion.com/research-development.

Link to Data Request Form (https://alexion.com/contact-alexion/medical-information).

Compliance with ethical standards

Conflict of interest

Kazuki Tanaka has received research support and consultation fees from Alexion Pharma GK. Brigitte Adams has no competing interests to declare. Alvaro Madrid Aris has no competing interests to declare. Naoya Fujita has no competing interests to declare. Masayo Ogawa is an employee and shareholder of Alexion Pharmaceuticals Inc. Stephan Ortiz is an employee and shareholder of Alexion Pharmaceuticals Inc. Marc Vallee is a shareholder of Alexion Pharmaceuticals Inc. Larry A. Greenbaum has received research support and consultation fees from Alexion Pharmaceuticals. He also serves on the scientific advisory board of the International aHUS Registry, sponsored by Alexion Pharmaceuticals.

Ethics approval

This trial was conducted in accordance with (1) the consensus ethics principles derived from international ethics guidelines, including the Declaration of Helsinki and Council for International Organizations of Medical Sciences (CIOMS) International Ethical Guidelines, (2) the ICH GCP Guideline [E6], (3) the ICH Clinical Trials of Medicinal Products in the Pediatric Population [E11], and (4) applicable national and local laws and regulations.

Consent to participate

A written informed consent was obtained from all individual participants or legal guardians, as applicable.

Consent for publication

All authors consent to the publication of this manuscript.

Code availability

Not applicable.

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