Bifurcation analysis of a normal form for excitable media: Are stable dynamical alternans on a ring possible?

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dedicated to Lorenz Kramer;
remembering and missing his enthusiasm and creative mind.

Abstract
We present a bifurcation analysis of a normal form for travelling waves in one-dimensional excitable media. The normal form which has been recently proposed on phenomenological grounds is given in form of a differential delay equation. The normal form exhibits a symmetry preserving Hopf bifurcation which may coalesce with a saddle-node in a Bogdanov-Takens point, and a symmetry breaking spatially inhomogeneous pitchfork bifurcation. We study here the Hopf bifurcation for the propagation of a single pulse in a ring by means of a center manifold reduction, and for a wave train by means of a multiscale analysis leading to a real Ginzburg-Landau equation as the corresponding amplitude equation. Both, the center manifold reduction and the multiscale analysis show that the Hopf bifurcation is always subcritical independent of the parameters. This may have links to cardiac alternans which have so far been believed to be stable oscillations emanating from a supercritical bifurcation. We discuss the implications for cardiac alternans and revisit the instability in some excitable media where the oscillations had been believed to be stable. In particular, we show that our condition for the onset of the Hopf bifurcation coincides with the well known restitution condition for cardiac alternans.

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Excitable media are abundant in nature. Examples range from small scale systems such as intracellular calcium waves to large scale systems such as cardiac tissue. There exists a plethora of models describing excitable media, each of those particular to the microscopic details of the underlying biological, chemical or physical system. However, excitable media have certain features which are common to all these systems. In a recent paper we introduced a normal form for travelling waves in one-dimensional excitable media which contains all bifurcations occurring in excitable media. The normal form consists of a delay-differential equation and is applicable to systems which are close to the saddle-node bifurcation of the traveling wave. Although the normal form has so far only been proposed on phenomenological grounds and has not yet been rigorously derived, its parameters could be successfully fitted to some real excitable media with good quantitative agreement. In this work we perform a bifurcation analysis of the occurring Hopf bifurcation. This may have important consequences for cardiac dynamics and the understanding of arrhythmias, in particular of alternans. Alternans describe the scenario in cardiac tissue whereby action potential durations are alternating periodically between short and long periods. There is an increased interest in alternans because they are believed to trigger spiral wave breakup in cardiac tissue and to be a precursor to ventricular fibrillation. So far these alternans were believed to be stable. However within the normal form we show that the Hopf bifurcation is actually subcritical suggesting that the resulting oscillations may be unstable.

1 Introduction

Examples of excitable media are frequently found in biological and chemical systems. Prominent examples are cardiac and neural tissue \[1, 2\], slime mold colonies in a starving environment \[3\] and intracellular calcium waves \[4\]. There are two defining features of excitable media which are crucial to enable effective signal transmission in biological systems such as cardiac or neural tissue: threshold behaviour and relaxation to a stable rest state. The threshold behaviour assures that only for large enough stimuli a signal is produced whereas small perturbation decay immediately. For super-threshold perturbations a signal will decay only after a long excursion – called action potential in the context of cardiac dynamics – back to its stable rest state. This relaxation allows for repeated stimulation which is essential for wave propagation in cardiac and neural tissue.

Typical solutions in one-dimensional excitable media are wave trains. The wavelength \(L\) can range from \(L = \infty\) corresponding to an isolated pulse to a minimal value \(L_c\) below which propagation fails. Besides wave trains rotating spiral waves may form in two dimensional excitable media, and scroll waves in three dimensional excitable media \[5, 6, 7, 8, 9\]. In the context of cardiac excitable media propagation failure of these solutions is often linked to clinical situations. In particular the break-up of spiral waves has been associated with pathological cardiac arrhythmias \[10\]. Spiral waves may be created in cardiac tissue when wave trains propagate through inhomogeneities of the cardiac tissue. A reentrant spiral may move around an anatomical obstacle or around a region of partially or totally inexcitable tissue. Once created they drive the heart at a rate much faster than normal sinus rhythm and cause tachycardia. If these spiral waves then subsequently breakup into multiple drifting and meandering spirals and disintegrate into a disorganized state, fibrillation may occur with a possible fatal result for the patient, es-
pecially when occurring in the ventricles. It is therefore of great interest to understand the
transition from one reentrant spiral to the disorganized collection of complex reentrant path-
ways. Rather than investigating the full two-dimensional problem of spiral wave break-up which
would include interactions of numerous wave arms, one can study some aspects of spiral wave
breakup by looking at a one-dimensional slice of a spiral i.e. at a one-dimensional wave train
\[1\]. A pulse circulating around a one-dimensional ring constitutes the simplest model for a
spiral rotating around an anatomical obstacle. Such models concentrate solely on the dynamics
close to the anatomical obstacle and ignore the influence of the dynamics of the spiral arms.

Experimentally this problem has been studied since the beginning of the last century. In \[13\]
the circulation of an electrical pulse around a ring-shaped piece of atrial cardiac tissue from
a tortoise heart was investigated as a model for reentrant activity. Recently, the experiments
in \[14\] investigated the dynamics of pulse circulation around a ring-shaped piece of myocardial
tissue from a dog heart. Remarkably, it was found that oscillations of the circulation period of
the pulse occurred leading to conduction block and subsequent termination of reentry.

This indicates that a one-dimensional oscillatory instability, named alternans, may be the mech-
anism triggering spiral wave breakup \[15, 11, 16, 17, 18\]. This instability occurs when the
circulation time of the pulse around the ring is below a certain specific threshold. Below this
threshold alternans arise and action potential durations are alternating periodically between
short and long periods. We make here the distinction between alternans which are mediated
by external periodic stimulations \[19, 20, 21, 22, 23, 24, 25, 26, 27\] and alternans which have
a purely dynamical origin. We call the latter ones dynamical alternans. It is these dynamical
alternans with which this paper is concerned with. We will analyze dynamical alternans using
a normal form proposed in \[28\] for travelling waves in one-dimensional excitable media. The
stability of dynamical alternans will be determined by a center manifold theory and by multiple
scale analysis. Typically oscillatory instabilities arise in one-dimensional media via Hopf bifur-
cations. These Hopf bifurcations may be supercritical resulting in sustained stable oscillations
or subcritical leading to a collapse of the oscillations and possibly of the pulse solution. Alternans
are widely believed to originate via a supercritical bifurcation \[11, 17, 29, 30\]. This believe is
based on numerical simulations of certain models for cardiac dynamics. However we note that
the above mentioned experiments \[13, 14\] show that the occurrence of oscillations leads to a
subsequent termination of the pulse, which is not suggestive of a supercritical bifurcation.

Our main result for a single pulse and for a wave train in a ring is that in the framework of
our normal form alternans arise as a subcritical Hopf bifurcation. This result is in contrast to
the common belief that alternans are stable oscillations. We corroborate our result by numeri-
cal simulations of a model for cardiac tissue in which previous numerical simulations suggested
the occurrence of stable oscillations. We will see that previous numerical experiments have not
been performed sufficiently long to reveal the subcritical character of the Hopf bifurcation. The
subcritical character is in agreement with the above mentioned experiments \[13, 14\] and may
explain why alternans often trigger spiral wave breakup and are associated with cardiac failures.
The normal form describes excitable media in parameter regions where the system is close to the
saddle-node of the travelling wave. This is the case for models such as the FitzHugh-Nagumo
model \[31\], and is typically the case when the Hopf bifurcation occurs close to the saddle-node
bifurcation of the isolated pulse. In particular the normal form is valid for those classes of
excitable media (or parameter regions of a particular excitable medium) where the activator
weakly interacts with the preceding inhibitor which exponentially decays towards the homogeneous rest state. However for other models such as the model by Echebarria and Karma \[21\] there exist parameter regions where upon decreasing the length of the ring the pulse solution is driven away from the solitary pulse solution and does not weakly interact with the inhibitor. Our normal form cannot describe these oscillations and we present numerical simulations where oscillations are indeed stable in Section 5.3.

Recently we have constructed a normal form for travelling waves in one-dimensional excitable media which takes the form of a delay differential equation \[28\] (see (1) and (3)). The construction is based on the well-known observation that the interaction of a pulse with the inhibitor of the preceding pulse modifies the generic saddle-node bifurcation of an isolated pulse. In Fig. 1 we illustrate this scenario for a modified Barkley model \[32\]. The normal form exhibits a rich bifurcation behaviour which we could verify by numerically simulating partial differential equation models of excitable media. Besides the well known saddle-node bifurcations for isolated pulses and for periodic wave trains the normal form also exhibits a Hopf bifurcation and a symmetry breaking, spatially inhomogeneous pitchfork bifurcation. Moreover, the normal form shows that the saddle-node and the Hopf bifurcation are an unfolding of a Bogdanov-Takens point as previously suggested in \[33, 34\]. The Hopf bifurcation is found to occur before the saddle-node bifurcation for a single pulse in a ring. For a wave train consisting of several pulses in a ring, the Hopf- and the saddle-node bifurcations occur after the symmetry breaking pitchfork bifurcation in which every second pulse dies. We could verify these scenarios in numerical simulations of a modified Barkley-model \[32\] and the FitzHugh-Nagumo equations \[31\]. The normal form provides a unified framework to study all possible bifurcations of travelling waves in one-dimensional excitable media.

We were able to determine the parameters of the normal form from numerical simulations of the modified Barkley model \[32, 34\]. Using these numerically determined parameters we showed excellent agreement between the normal form and the full partial differential equation. We quantitatively described the Hopf bifurcation and the inhomogeneous pitchfork bifurcation with the normal form. Moreover, we were able to quantify the Bogdanov-Takens bifurcation.
Whereas the subcritical character of the pitchfork bifurcation had been established in [28], a
detailed analysis of the Hopf bifurcation was missing. For example, an interesting question is
whether the Hopf bifurcation is sub-critical (as numerically observed for the parameters chosen
in [28] for the modified Barkley model), or whether it is possible to observe sustained stable
oscillations. This has important implications for cardiac alternans as described above. In this
paper we will analyze the Hopf bifurcation of the normal form in detail. We derive a normal form
for the Hopf bifurcation which allows us to determine the stability of the bifurcating solutions
close to criticality.

Before we embark on the analytical investigation of the Hopf bifurcation and the implications
for cardiac dynamics, we state that all conclusions drawn obviously depend on the validity of
the normal form. So far the proposed normal form which we briefly review in Section 2 has
not been rigorously derived for any excitable medium. However, we point out that in [28] we
have shown good quantitative agreement with some real excitable media. We will discuss the
limitations of our approach in more detail in Section 5.

In Section 2 we recall the normal form and some of its properties. In Section 3 we perform a
center manifold reduction of the normal form to describe the character of the Hopf bifurcation
for a single pulse in a ring. In Section 4 we look at the case where a pseudo continuum of
modes undergo a Hopf bifurcation and derive in a multiple scale analysis a Ginzburg-Landau
equation which allows us to study the stability of the Hopf bifurcation of a wave train. The
paper concludes with Section 5 where we present results from numerical simulations, discuss
the implications of our analysis to cardiac dynamics and make connections to previous studies
on alternans. In particular, we show that our condition for the onset of the Hopf bifurcation
coincides with the well known restitution condition for cardiac alternans.

2 A normal form

In [28] we introduced a normal form for a single pulse on a periodic domain with length $L$

$$\partial_t X = -\mu - gX^2 - \beta(\gamma + X(t - \tau) + \gamma_1 X(t)),$$  \hspace{1cm} (1)

where

$$\beta = \beta_0 \exp(-\kappa \tau),$$  \hspace{1cm} (2)

for positive $\beta$, $\kappa$, $\gamma$ and $\gamma_1$. Here $X(t)$ may be for example the difference of the amplitude or
the velocity of a pulse to its respective value at the saddle-node. The terms proportional to $\beta$
incorporate finite domain effects associated with the activator of an excitable medium running
into its own inhibitor with speed $c_0$ after the temporal delay $\tau = (L - \nu)/c_0$ where $\nu$ is the finite
width of the pulse. Note that for $\beta = 0$ (i.e. for the isolated pulse with $\tau \to \infty$) we recover the
generic saddle-node bifurcation which is well known for excitable media. Numerical simulations
of excitable media show that the bifurcations of a single propagating pulse in a ring are different
from the bifurcations of a wave train consisting of several distinct pulses. In the case of a wave
train with finite wave length where a pulse may run into the inhibitor created by its preceding
pulse, we showed that it was sufficient to consider two alternating populations of pulses $X$ and
We derived the following extension

\begin{align*}
\partial_t X &= -\mu - gX^2 - \beta(\gamma + Y(t - \tau) + \gamma_1 X(t)), \\
\partial_t Y &= -\mu - gY^2 - \beta(\gamma + X(t - \tau) + \gamma_1 Y(t)).
\end{align*}

To avoid confusion we state that we use the term \textit{normal form} here in two different contexts. Equations (1) and (3) are coined “normal form” as they are an attempt to describe the behaviour of travelling waves in generic one-dimensional excitable media. However, these normal forms exhibit a rather rich bifurcation behaviour. We will focus in Section 3 on the solution behaviour close to criticality. In that context we will speak of “normal forms” in the sense of bifurcation theory.

2.1 \textbf{Properties of the normal form}

2.1.1 \textbf{Saddle-node bifurcation}

Equation (1) supports the following stationary solutions

\begin{equation}
\bar{X}_{1,2} = \frac{1}{2g} [-\beta (1 + \gamma_1) \pm \sqrt{\beta^2 (1 + \gamma_1)^2 - 4g(\mu + \beta \gamma)}].
\end{equation}

It is readily seen that the upper solution branch is stable whereas the lower one is unstable [28]. The two solutions coalesce in a saddle-node bifurcation with

\begin{equation}
\bar{X}_{SN} = -\frac{\beta}{2g} (1 + \gamma_1) \quad \text{at} \quad \mu_{SN} = \frac{\beta^2}{4g} (1 + \gamma_1)^2 - \beta \gamma.
\end{equation}

One expects the parameter $\beta$, which describes the coupling to the inhibitor, to be small (see [28]). This implies $\mu_{SN} < 0$, indicating that the saddle-node of a single pulse or of a periodic wave train on a finite ring occurs at smaller values of the bifurcation parameter $\mu$ than for the isolated pulse. Hence, the bifurcation is shifted to the left when compared to the isolated pulse (see Figure 2).

Besides this stationary saddle node bifurcation the normal form (1) also contains a Hopf bifurcation.

2.1.2 \textbf{Hopf bifurcation}

Linearization of the normal form around the homogeneous solution $\bar{X}$ with respect to small perturbations of the form $\delta X \exp \lambda t$ with $\lambda = \sigma + i\omega$ yields

\begin{equation}
\lambda + 2g \bar{X} + \beta \gamma_1 + \beta e^{-\lambda \tau} = 0.
\end{equation}

Besides the stationary saddle-node bifurcation (5) with $\lambda = 0$, the linearization (6) also reveals the existence of a Hopf bifurcation with $\lambda = i\omega$. We readily find from (6)

\begin{equation}
\omega = \beta \sin \omega \tau
\end{equation}

\begin{equation}
\bar{X}_H = -\frac{\beta}{2g} (\cos \omega \tau + \gamma_1).
\end{equation}
The first equation (7) allows us to formulate a necessary condition for the existence for a Hopf bifurcation
\[ \beta \tau > 1 , \]
i.e. if the coupling is strong enough and the pulse feels the presence of the inhibitor of the preceding pulse sufficiently strongly. The Hopf bifurcation occurs in parameter space before the saddle-node bifurcation and bifurcates from the upper stable branch \( \bar{X}_1 \) of (4) as is readily seen by observing \( \bar{X}_H \geq \bar{X}_{SN} \), independent of the value of \( \beta \). Hence we may equate \( \bar{X}_H = \bar{X}_1 \) and solve for the bifurcation parameter. Setting \( \mu_H = \mu_{SN} - \delta \mu \) we find
\[ \delta \mu = \frac{\beta^2}{4g} (1 - \cos \omega \tau)^2 . \]

The saddle-node bifurcation coalesces with the Hopf bifurcation in a codimension-2 Bogdanov-Takens point. At the Bogdanov-Takens point with \( \mu_H = \mu_{SN} \) we have \( \omega \tau = 0 \) and \( \omega = 0 \), i.e. the period of the oscillation goes to infinity. The amplitude at the Bogdanov-Takens point is readily determined by comparison of (5) with (8) for \( \omega \tau = 0 \). From (7) we infer that this occurs at \( \beta \tau = 1 \). We note that if \( \beta \tau \) is large enough there can be arbitrary many solutions \( \omega_l \) of (7). We will discuss this scenario in Section 3.

In Figure 2 we show a schematic bifurcation diagram with the saddle-node bifurcation and the subcritical Hopf bifurcation for a single pulse in a ring.

2.1.3 Spatially inhomogeneous pitchfork bifurcation

When a group of several pulses in a ring is numerically simulated one observes that this wave train group does not undergo a symmetry preserving Hopf bifurcation on increasing the refractoriness, but instead develops a symmetry breaking, spatially inhomogeneous instability whereby every second pulse dies.

The normal form (3) is able to predicted and quantitatively describe this scenario [28]. The system (3) for wave trains supports two types of solutions. Besides the homogeneous solution (1), \( \bar{X}_h = \bar{Y}_h = \bar{X}_1 \), which may undergo a saddle-node bifurcation as described by (7), there
exists another stationary solution, an alternating mode $X_a$ and $Y_a$, with
\[ \dot{X}_a = -Y_a + \frac{\beta}{g}(1 - \gamma_1). \] (10)

Associated with this alternating solution is a pitchfork bifurcation at
\[ \mu_{PF} = \frac{1}{2} \left( \frac{\beta^3(1 + \gamma_1)^2}{g} - \frac{\beta^2}{g} - \beta\gamma \right) = \mu_{SN} - \frac{\beta^2}{g} \leq \mu_{SN}, \] (11)

when
\[ X_{PF} = Y_{PF} = \frac{\beta}{2g}(1 - \gamma_1). \] (12)

The pitchfork bifurcation sets in before the saddle-node bifurcation as can be readily seen from (11).

The upper branch of the homogeneous solution $\bar{X}_h$ given by (4) at the pitchfork bifurcation point $\mu_{PF}$ coincides with (12). Hence as the Hopf bifurcation, the pitchfork bifurcation branches off the upper branch of the homogeneous solution. The pitchfork bifurcation is always subcritical because there are no solutions $\bar{X}_a$ possible for $\mu > \mu_{PF}$. No bifurcation theory is needed to determine the subcritical character of the pitchfork bifurcation.

The stability of the homogeneous solution $X = Y = \bar{X}_h = \bar{Y}_h$ is determined by linearization. We study perturbations $X = \bar{X}_h + x \exp \lambda t$ and $Y = \bar{X}_h + y \exp \lambda t$, and obtain as a condition for nontrivial solutions $x$ and $y$
\[ (\lambda + 2g\bar{X}_h + \beta\gamma_1) = \pm \beta e^{-\lambda \tau}. \] (13)

The upper sign denotes an antisymmetric mode $x = -y$ whereas the lower sign denotes a symmetric mode $x = y$. Stationary bifurcations are characterized by $\lambda = 0$, and in this case the symmetric mode coincides with the saddle-node bifurcation (5) and the antisymmetric mode terminates at the pitchfork bifurcation (12).

As for the case of a single pulse in a ring, non-stationary Hopf bifurcations are possible if $\lambda = i\omega$ for wave trains. We obtain from (13)
\[ \omega = \mp \beta \sin \omega \tau \] (14)

and
\[ \bar{X}_h = \frac{\beta}{2g}(\pm \cos \omega \tau - \gamma_1). \] (15)

We consider only the symmetric case (the lower signs) which reproduces our results (7) and (8) for the symmetry preserving Hopf bifurcation. The antisymmetric case does not allow for a single-valued positive $\omega$. For $\omega \tau \to 0$ the onset of the Hopf bifurcation moves towards the saddle-node (5) and coalesces with it at $\beta \tau = 1$ in a Bogdanov-Takens point as described in Section 2.1. For $\omega \tau \to \pi$ the Hopf bifurcation moves towards the pitchfork bifurcation with a limiting value of $\bar{X}_h = \beta(1 - \gamma_1)/(2g) = X_{PF}$ in a codimension-2 bifurcation. At the point of coalescence the Hopf bifurcation has a period $T = 2\tau$ which corresponds exactly to the inhomogeneous pitchfork bifurcation with $p = \pi$ whereby every second pulse dies. For values $\omega \tau \in [0, \pi)$
3 Bifurcation analysis of the Hopf bifurcation for a single pulse

In this section, we study the direction and the stability of the Hopf bifurcation. In excitable media, the Hopf bifurcation is a result of stronger and stronger coupling of the activator with its own inhibitor. Upon reducing the length of a ring for fixed excitability, or reducing the excitability for a fixed ring length, a single pulse will feel the tail of its own inhibitor created during its previous passage through the ring. In a wave train, each pulse will feel the tail of the inhibitor of its neighbour in front. In the context of our normal form \( \vec{\beta_\tau} \), the increasing coupling translates into an increase of \( \beta_\tau \). Upon increasing \( \beta_\tau \) from \( \beta_\tau = 1 \) up to a critical value of \( \beta_\tau \approx 7.789 \) we have only one solution \( \omega = \omega_0 \) of the characteristic equation \( \theta \); see Fig. 6. We will study now the dynamics for this case. The case of arbitrary many solutions when one encounters a pseudo-continuum of frequencies will be discussed further down in Section 4.

The theory of bifurcation analysis for delay-differential equations is well developed [35] [36] [37] [38]. For example, in [38] a formula for the coefficients of the normal form for a Hopf bifurcation is given explicitly. However, we found that the theory of delay differential equations is not as well known amongst scientists as its age may suggest. We find it therefore instructive to perform the calculations explicitly and lead the reader through the calculations.

To study the direction of the Hopf bifurcation we have to determine the sign of \( d\sigma/d\mu \) at the
bifurcation point $\mu_H$. From (6) we infer

$$\frac{d\lambda}{d\mu} = \frac{2g}{1 - \beta \tau e^{-\lambda \tau}} \frac{d\bar{X}}{d\mu}.$$ 

Using (9) we find from (4)

$$\frac{d\bar{X}}{d\mu} \mid_{\mu H} = -\frac{1}{\beta (1 - \cos \omega \tau)},$$

and subsequently

$$\frac{d\lambda}{d\mu} \mid_{\mu H} = \frac{2g}{\beta \|1 - \beta \tau e^{-\lambda \tau}\|} > 0,$$

which implies that the stationary solution loses stability with increasing values of the bifurcation parameter $\mu$.

We now study the character of the Hopf bifurcation and derive the normal form for a Hopf bifurcation from (1). In order to do that we first transform the normal form (1) into standard form by subtracting the stationary solution (4) according to $X = \bar{X} + x$ where $\bar{X} = \bar{X}_1$. We obtain

$$\partial_t x = -2g\bar{X}x - \beta(x(t - \tau) + \gamma_1 x(t)) - gx^2,$$

with the stationary solution being now $x(t) = 0$. We will employ a center manifold reduction for this equation to describe the dynamics close to criticality. Center manifold theory is well-established for maps, ordinary differential equations and partial differential equations. However, although known for some time [35, 36, 37], it is not well known how to formulate an essentially infinite dimensional delay differential equation such as (1) into a form such that center manifold reduction can be applied. For ordinary differential equations, for example, the application of center manifold theory is a straightforward expansion of the state vectors in critical eigenmodes. The problem for delay differential equations is their inherent infinite dimensional character. An initial condition $x(\theta) = x_0(\theta)$ for $-\tau \leq \theta \leq 0$ is mapped onto a finite dimensional space; in the case of (17) onto a 1-dimensional space. Lacking uniqueness of solutions is one obstacle which prohibits a straightforward application of center manifold reduction. The trick out of this dilemma is to reformulate the problem as a mapping from an infinite-dimensional space of differentiable functions defined on the interval $[-\tau, 0]$, which we denote as $C = C([-\tau, 0]; \mathbb{R})$ (i.e. $x_0(\theta) \in C$), onto itself. This allows us to employ the well established and understood center manifold reduction for mappings. These ideas go back to Hale [36, 35]. We found well written examples of center manifold reductions to be examined in [39, 40, 41]. In essence, the history of a state vector $x(t) \in \mathbb{R}$ is folded to a single element of an extended state space $x_t(\theta) \in C$. In order to achieve this we define $x_t(\theta) \in C$ as

$$x_t(\theta) = x(t + \theta) \quad \text{for} \quad -\tau \leq \theta \leq 0.$$ 

The time-evolution for $x(t) \in \mathbb{R}$ (17) needs to be reexpressed in terms of propagators and operators acting on elements of the extended state space $x_t(\theta) \in C$ which can be done by writing

$$\frac{d}{dt} x_t(\theta) = A[x_t](\theta) = \begin{cases} \frac{d}{d\theta} x_t(\theta) & \text{if } -\tau \leq \theta < 0 \\ \mathcal{F}[x_t] & \text{if } \theta = 0 \end{cases}$$

(18)
For $-\tau \leq \theta < 0$ we used the invariance condition $dx(t + \theta)/dt = dx(t + \theta)/d\theta$. For $\theta = 0$ we can split the operator $\mathcal{F}$ into a linear part $\mathcal{L}$ and a nonlinear part $\mathcal{N}$ and reformulate the right-hand side of (17) as

$$\mathcal{F}[x_t] = \mathcal{L}[x_t] + \mathcal{N}[x_t],$$

where

$$\mathcal{L}[x_t] = \int_{-\tau}^{0} d\theta w_1(\theta)x_t(\theta) \quad \text{with} \quad w_1(\theta) = -(2g\bar{X} + \beta\gamma_1)\delta(\theta) - \beta\delta(\theta + \tau)$$

(20)

and

$$\mathcal{N}[x_t] = \int_{-\tau}^{0} d\theta_1 d\theta_2 w_2(\theta_1, \theta_2)x_t(\theta_1)x_t(\theta_2) \quad \text{with} \quad w_2(\theta_1, \theta_2) = -g\delta(\theta_1)\delta(\theta_2),$$

(21)

where $\delta(\theta)$ denotes the Dirac $\delta$-function. Once $x_t(\theta)$ is computed via solving (18), one may convert back to $x(t)$ by

$$x(t) = \int_{-\tau}^{0} d\theta \delta(\theta)x_t(\theta).$$

3.1 Linear eigenvalue problem

We now linearize (18) around the stationary solution $x_t(\theta) = 0$ to obtain

$$\frac{d}{dt}\xi_t(\theta) = \mathcal{A}_L[\xi_t](\theta) = \begin{cases} \frac{d}{d\theta}\xi_t(\theta) & \text{if } -\tau \leq \theta < 0 \\ \mathcal{L}[\xi_t] & \text{if } \theta = 0 \end{cases}$$

(22)

The linear eigenvalue problem (22) can be solved using the ansatz

$$\xi_t(\theta) = e^{\lambda t}\Phi(\theta) \quad \text{for} \quad -\tau \leq \theta \leq 0.$$ 

On the interval $-\tau \leq \theta < 0$ we obtain

$$\lambda\Phi(\theta) = \frac{d}{d\theta}\Phi(\theta),$$

which is solved by

$$\Phi(\theta) = e^{\lambda \theta}\Phi(0).$$

(23)

Plugging the solution (23) into (22) we can now evaluate the $\theta = 0$-part of (22) to obtain again the transcendental characteristic equation (6). We recall the transcendental characteristic equation as

$$\lambda + 2g\bar{X} + \beta\gamma_1 + \beta e^{-\lambda\tau} = 0.$$ 

(24)

Since in general the linear operator $\mathcal{A}_L$ is not selfadjoint, we need to consider the corresponding adjoint eigenvalue problem on the dual extended state space $\mathcal{C}^* = \mathcal{C}^*[[0, \tau]; \mathbb{R}]$. The dual problem is given by backward evolution for $t \leq 0$, i.e. $\dot{x}_t^*(s) = x_{-t}(-s)$ for $0 \leq s \leq \tau$. The adjoint problem can be formally written as

$$\frac{d}{dt}x_t^*(s) = -\mathcal{A}_L^*[\xi_t](s).$$
To provide an explicit form of the dual operator $A_L$ we need to define an inner product. It turns out that the normal scalar product used for ordinary differential equations is not capable of respecting the memory effects of delay-differential equations. The following inner product is used

$$\langle \Psi^\dagger, \Phi \rangle = \Psi^\dagger(0)\Phi(0) - \int_{-\tau}^{0} d\theta \int_{0}^{\theta} ds \Psi^\dagger(s-\theta)w_1(\theta)\Phi(s).$$  \hspace{1cm} (25)$$

The adjoint operator is then explicitly given as

$$A^\dagger_L[\xi^\dagger](s) = \begin{cases} -\frac{d}{ds}\xi^\dagger(s) & \text{if } 0 < s \leq \tau \\ \mathcal{L}^\dagger[\xi^\dagger] & \text{if } s = 0 \end{cases}$$ \hspace{1cm} (26)$$

where

$$\mathcal{L}^\dagger[\xi^\dagger] = \int_{0}^{\tau} ds w_1(-s)\xi^\dagger(s).$$ \hspace{1cm} (27)$$

The adjoint eigenvalue problem (26) is now solved using the ansatz

$$\xi^\dagger(s) = e^{-\lambda s}\Psi^\dagger(s) \quad \text{for} \quad 0 < s \leq \tau.$$  \hspace{1cm} (28)$$

On the interval $0 < s \leq \tau$ we obtain

$$-\lambda \Psi^\dagger(s) = \frac{d}{ds}\Psi^\dagger(s),$$

which is solved by

$$\Psi^\dagger(s) = e^{-\lambda s}\Psi^\dagger(0).$$ \hspace{1cm} (29)$$

Plugging the solution (28) into (27) we can now evaluate the $s = 0$-part of (26) to obtain again the characteristic equation (24). Note that the two solutions (23) and (28) for the eigenvalue problem and its dual can be transformed into each other by simple time-reversal $\theta \rightarrow -s$.

Since the transcendental equation has two solutions with vanishing real part $\sigma = 0$, i.e. $\lambda = \pm i\omega$ with $\omega$ given by (7), we have two solutions of the linear eigenvalue problem (22) and its associated adjoint problem (26). We denote them as $\Phi_{1,2}$ and $\Psi_{1,2}^\dagger$ respectively. The bilinear form (25) was constructed in order to assure biorthogonality of the eigenfunctions. Defining the eigenfunctions as

$$\Phi_1(\theta) = e^{i\omega\theta} \quad \Phi_2(\theta) = e^{-i\omega\theta}$$ \hspace{1cm} (29)$$

$$\Psi_1^\dagger(s) = \nu e^{-i\omega s} \quad \Psi_2^\dagger(s) = \nu^* e^{i\omega s}$$ \hspace{1cm} (30)$$

with the normalization constant

$$\nu = \frac{1}{1 - \beta \tau e^{-i\omega \tau}},$$  \hspace{1cm} (31)$$

we have $\langle \Psi_1^\dagger, \Phi_j \rangle = \delta_{ij}$ with $i,j = 1,2$ and $\delta_{ij}$ being the Kronecker symbol.
For the nonlinear theory we need properties for the linear operator $A$ developed in [36, 37]. We summarize properties of the transcendental characteristic equation (6): (i) $A$ has a pure point spectrum, (ii) the real part of the eigenvalues is bounded from above, and (iii) defining $a = \tau (2gX + \beta \gamma_1)$ and $b = \beta \tau$ all eigenvalues of $A$ have negative real part if and only if (1.) $a > -1$, (2.) $a + b > 0$ and (3.) $b < \zeta \sin \zeta - a \cos \zeta$ where $\zeta$ is the root of $\zeta = -a \tan \zeta$ with $0 < \zeta < \pi$ for $a \neq 0$ and $\zeta = \pi/2$ if $a = 0$. These conditions can be translated for our particular case [24] using $a = -\beta \tau \cos(\omega \tau)$. Condition (1) translates into $\beta \tau \cos(\omega \tau) < 1$; condition (2) into $\cos(\omega \tau) < 1$ and condition (3) defines a parameterized stability boundary $\beta \tau < \zeta / \sin(\zeta)$ and $\cos(\omega \tau) > \cos(\zeta)$ with $0 < \zeta < \pi$. This last condition defines the line in $\beta \tau - \cos(\omega \tau)$ space where the Hopf bifurcation occurs. In particular we have $\beta \tau \geq 1$ and a coalescence with the saddle node at $\cos(\omega \tau) = 1$ with $\beta \tau = 1$ at the Bogdanov-Takens point. In Figure 4 we show the stability region. We note that care has to be taken in interpreting the diagram in terms of the parameter $\tau$ because $\beta = \beta(\tau)$ according to [22]. In the limit $\tau \to \infty$ we have $\beta \tau \to 0$. Note that stable solutions may exist for $\beta \tau \geq 1$.

In [36, 37] it is shown that under these circumstances one may perform center manifold reduction. In particular we can decompose $x_1(\theta)$ into slow modes associated with the eigenvalues $\lambda = \pm i \omega$ and fast modes which correspond to modes with negative real part of the eigenvalues. Center manifold theory says that the fast modes are slaved to the slow modes and can be expressed in terms of the slow modes. We therefore write

$$x_1(\theta) = z(t) \Phi_1(\theta) + z^*(t) \Phi_2(\theta) + h(z, z^*) = 0,$$

where $z(t) \in \mathbb{C}$ and its complex conjugate $z^*(t)$ are the time-dependent amplitudes of the slow modes $\Phi_1, \Phi_2(\theta)$ and $h(z, z^*)$ is the remaining fast component written as a function of the slow amplitudes. The function $h(z, z^*)$ is called the center manifold. The expansion (32) is reminiscent of
center-manifold theory for partial differential equations where \( \theta \) would be the spatial coordinate, and the expansion would be an expansion of critical spatial eigenmodes. The connection between delay differential equations and partial differential equations will be explored further in Section 4.

We require the fast modes, and hence the center manifold, to lie in the spectral complement of the centre space spanned by \( \Phi(\theta) \); we therefore have the constraint

\[
\langle \Psi_j^\dagger, h(z, z^*) \rangle = 0 \quad j = 1, 2.
\]

This implies for the slow amplitudes

\[
z(t) = \langle \Psi_1^\dagger(\theta), x_t(\theta) \rangle \quad \text{and} \quad z^*(t) = \langle \Psi_2^\dagger(\theta), x_t(\theta) \rangle.
\]

We use a near-identity transformation for the center manifold \( h \) and express it as a power series in \( z \) and \( z^* \). The center manifold is tangential to the manifold spanned by the slow modes which implies the ansatz

\[
h(z, z^*) = \frac{1}{2} \left( h_{20}(\theta) z^2 + 2 h_{11}(\theta) z z^* + h_{02}(\theta) z^*^2 \right) + \mathcal{O}(|z|^3).
\]

Since \( x_t(\theta) \) is real we have \( h_{02}(\theta) = h_{20}(\theta) \). Since the normal form for a Hopf bifurcation only involves cubic terms, we only need to consider quadratic terms in the equation for \( h \). The cubic terms will then be generated via \( \mathcal{N}[x_t](\theta = 0) \) in the equations for \( z \) and \( z^* \) (see below, (35) and (36)).

We will derive now ordinary differential equations for the slow amplitudes \( z \) and \( z^* \) which describe the dynamics on the slow manifold. The theory of center manifolds tells us that the full dynamics of (17) is well approximated by the slow dynamics (12). The derivative of (33) with respect to time \( t \) is given by

\[
\dot{z} & = \langle \Psi_1^\dagger, \dot{x}_t \rangle \\
& = i \omega \langle \Psi_1^\dagger, x_t \rangle + \langle \Psi_1^\dagger, \mathcal{N}[x_t] \rangle|_{\theta = 0} \\
& = i \omega z + \Psi_1^\dagger(0) \mathcal{N}[x_t](\theta = 0) \\
& = i \omega z + \nu \mathcal{N}[x_t](\theta = 0) \\
\dot{z}^* & = -i \omega z^* + \nu \mathcal{N}[x_t](\theta = 0) \\
\dot{h} & = \dot{x}_t - \dot{z} \Phi_1(\theta) - \dot{z}^* \Phi_2(\theta) \\
& = \mathcal{A}_L x_t + \mathcal{N}[x_t] - i \omega z \Phi_1(\theta) + i \omega z^* \Phi_2(\theta) - \mathcal{N}[x_t](\theta = 0) \{ \nu \Phi_1(\theta) + \nu^* \Phi_2(\theta) \} \\
& = \mathcal{A}_L h + \mathcal{N}[x_t] - \{ \nu \Phi_1(\theta) + \nu^* \Phi_2(\theta) \} \mathcal{N}[x_t](\theta = 0),
\]

where the dot denotes a time derivative. Note that \( \mathcal{N}[x_t] \neq 0 \) only for \( \theta = 0 \) which can be written as \( \mathcal{N}[x_t](\theta = 0) = \mathcal{N}[z \Phi_1 + z^* \Phi_2 + h(z, z^*)](\theta = 0) \). Using (34) we have therefore

\[
\mathcal{N}[x_t](\theta = 0) = -gx_t^2(\theta = 0) \\
= -g(z \Phi_1 + z^* \Phi_2 + h)^2|_{\theta = 0} \\
= -g(z^2 + z^* z^2 + 2|z|^2 \\
+ h_{20}(0) z^3 + (h_{20}(0) + 2h_{11}(0))|z|^2 z + (h_{02}(0) + 2h_{11}(0))|z|^2 z^* + h_{02}(0) z^*^3) \\
+ \mathcal{O}(z^4, z^*^4).
\]
Using the definition of \( A_L \) and \( N[x_i] \) we can evaluate the evolution equation (18) by differentiating the center manifold (34) with respect to time, equate with (37), and obtain
\[
\dot{h} = i\omega h_{20}(\theta) z^2 - i\omega h_{02}(\theta) z^2 = -2R[\nu e^{i\omega\theta}]N[x_i](\theta = 0) + \begin{cases} \frac{d}{d\theta}h(\theta) & \text{if } -\tau \leq \theta < 0 \\ \mathcal{H}[z, z^*; h] & \text{if } \theta = 0 \end{cases} (39)
\]
where
\[
\mathcal{H}[z, z^*; h] = -(2g\bar{X} + \beta\gamma) h(0) - \beta h(-\tau) + N[x_i](\theta = 0). \tag{40}
\]
Here \( R \) denotes the real part.

Comparison of powers of \( z \) and \( z^* \) yields differential equations for \( h_{ij} \) for the part with \(-\tau \leq \theta < 0\) with an associated boundary value problem coming from a comparison of powers of \( z \) and \( z^* \) from the \( \theta = 0 \) part. We summarize
\[
\begin{align*}
\dot{h}_{20} & = 2i\omega h_{20} - 4gR[\nu e^{i\omega\theta}] \tag{41} \\
\dot{h}_{02} & = -2i\omega h_{02} - 4gR[\nu e^{i\omega\theta}] \tag{42} \\
\dot{h}_{11} & = -4gR[\nu e^{i\omega\theta}] \tag{43}
\end{align*}
\]
and the boundary conditions are given by
\[
\begin{align*}
(i\omega - \beta e^{-i\omega\tau})h_{20}(0) + \beta h_{20}(-\tau) & = 2g(2R[\nu] - 1) \tag{44} \\
(-i\omega - \beta e^{i\omega\tau})h_{02}(0) + \beta h_{02}(-\tau) & = 2g(2R[\nu] - 1) \tag{45} \\
(-i\omega - \beta e^{-i\omega\tau})h_{11}(0) + \beta h_{11}(-\tau) & = 2g(2R[\nu] - 1). \tag{46}
\end{align*}
\]
Note that the nonlinearity enters the differential equation in form of an inhomogeneity. The ordinary differential equations (41)-(43) can be solved by variations of constants
\[
\begin{align*}
h_{20}(\theta) & = H_{20} e^{2i\omega\theta} - 2i\frac{g}{\omega} \left( \nu e^{i\omega\theta} + \frac{1}{3} \nu^* e^{-i\omega\theta} \right) \tag{47} \\
h_{02}(\theta) & = H_{02} e^{-2i\omega\theta} + 2i\frac{g}{\omega} \left( \nu^* e^{-i\omega\theta} + \frac{1}{3} \nu e^{i\omega\theta} \right) \tag{48} \\
h_{11}(\theta) & = H_{11} + 2i\frac{g}{\omega} \left( \nu e^{i\omega\theta} - \nu^* e^{-i\omega\theta} \right) \tag{49}
\end{align*}
\]
The constants of integrations \( H_{20} = H_{02} \) and \( H_{11} \) can be determined using the boundary conditions (44)-(46). We obtain
\[
\begin{align*}
H_{20} & = -\frac{2g}{i\omega - \beta e^{-i\omega\tau} + \beta e^{-2i\omega\tau}} \tag{50} \\
H_{11} & = -\frac{2g}{-i\omega - \beta e^{-i\omega\tau} + \beta} \tag{51}
\end{align*}
\]
Note that \( H_{11} = -2g/(\beta - \beta \cos(\omega\tau)) = H_{11}^* \). By means of transformations \( 43 \) equation (35) can be transformed into the standard form for a normal form for Hopf bifurcations
\[
\dot{z} = i\omega z + c|z|^2 z. \tag{52}
\]
The quadratic terms appearing in (35) can be eliminated by the near-identity transformation \( z \to z + \eta_{20}z^2 + \eta_{11}|z|^2 + \eta_{02}z^*2 \) using \( \eta_{20} = ig\nu/\omega, \eta_{11} = -2ig\nu/\omega \) and \( \eta_{02} = -ig\nu/3\omega \). Note
that at the Bogdanov-Takens point where $\omega = 0$ such an elimination of quadratic terms is not possible anymore. However this transformation generates further cubic terms in (35). All of these cubic terms except those proportional to $|z|^2 z$ may be eliminated by means of another transformation $z \rightarrow z + h_3(z, z^*)$ where $h_3(z, z^*)$ is a cubic polynomial. After the transformation to eliminate the quadratic terms the coefficient in front of the $|z|^2 z$-term is found to be

$\mathcal{R}[c] = -g\nu(h_{20}(0) + 2h_{11}(0)) + \frac{20}{3} i g^2 \frac{\nu^2}{\omega} - \frac{14}{3} i g^2 \frac{\nu^2}{\omega}.$

(53)

The stability and character of the Hopf bifurcation is determined by the sign of the real part of $c$. Because of (16) the Hopf bifurcation is supercritical provided $\mathcal{R}[c] < 0$ and subcritical provided $\mathcal{R}[c] > 0$. These criteria can be easily deduced by writing $z = re^{i\phi}$. Note that $\mathcal{R}[c]$ can be written as a function of $g, \tau$ and $\omega$ only since $\beta = \omega / \sin(\omega \tau)$ at the Hopf bifurcation. Using algebraic software packages such as Maple, we can show that $\mathcal{R}[c] > 0$ for all values of $g, \tau$ and $\beta$. In Figure 5 we show the real part of $c$ as a function of $\omega \tau$. This confirms that the Hopf bifurcation is indeed as conjectured in [28] subcritical. We have checked our result against numerical simulations of the full normal-form (1) and also using the software package DDE-BIFTOOL [44]. Again, the degeneracy at $\omega \tau \rightarrow 0$ is reflected in $\mathcal{R}[c]$ by a singularity at $\omega \tau = 0$.

We will discuss the implications of this result in Section 5.
Figure 6: Illustration of the solutions and number of solutions of the implicit equation (54) for $\omega$. Green curve: $\beta \tau = 0.1$, no Hopf bifurcation; light blue curve: $\beta \tau = 5$, Hopf bifurcation with one marginal mode; dark blue curve: $\beta \tau = 143$, Hopf bifurcation with finitely many marginal modes; pink curve: $\beta \tau = \infty$, Hopf bifurcation with infinitely many marginal modes.

4 The limit of large delay times: The Hopf bifurcation for wave trains

In the previous Section we have described the Hopf bifurcation for small $\omega \tau$ when there is only one marginal mode. This describes the behaviour of a single pulse on a ring. In this Section we will pursue the case of large delay times when a pseudo-continuum of critical Hopf modes occurs. We will derive a Ginzburg-Landau equation as an amplitude equation describing near-threshold behaviour of such a pseudo-continuum. The connection between amplitude equations and delay-differential equations has long been known [45, 46, 47, 48, 49, 50]. The cross-over from a finite-dimensional center-manifold to an infinite-dimensional amplitude equation can be best viewed when looking at the Hopf condition (7)

$$\omega = \beta \sin \omega \tau .$$

(54)

For $\beta \tau > 7.789$ there are at least two solutions of (54) for $\omega$. This equation has arbitrary many solutions $\omega_k$ for $\beta \tau \to \infty$ and we obtain a pseudo-continuum in an interval with lower closed boundary at $\omega \tau$ and upper boundary $\omega \tau = \pi$. At the singular limit $\omega \tau = \pi$ there are countably infinitely many eigenvalues $\omega_k \tau = k \pi$. An illustration is given in Fig. 6. Note that the upper boundary $\omega \tau = \pi$ corresponds to the coalescence of the Hopf bifurcation with the pitchfork bifurcation in the case of several pulses on a ring (see Section 2).

All these solutions are marginal and would have to be included in the ansatz (32). Note that for excitable media where $\beta = \beta_0 \exp(-\kappa \tau)$ (see (2)) this limit cannot be achieved by simply letting $\tau \to \infty$. The function $\beta \tau$ has a maximum at $\tau = 1/\kappa$. So in order to have $\beta \tau \to \infty$ one can either have $\beta_0 \to \infty$ which seems unphysical or $\kappa \to 0$ with $\tau \to \infty$ to keep $\kappa \tau$ finite. Hence the limit $\beta \tau \to \infty$ applies to media with a very slowly decaying inhibitor in a very large domain. Large domain instabilities are known from certain excitable reaction diffusion systems.
in the context of autocatalytic oxidation of CO to CO$_2$ on platinum [51, 52, 53].

The case $\omega \tau \approx \pi$ is important for single pulses in a ring and for wave trains. Firstly, it describes the case for a single pulse when a continuum of modes becomes unstable to a Hopf bifurcation. But more importantly it describes the case of a wave train with distinct members when the pitchfork bifurcation coalesces with the Hopf bifurcation. The point of coalescence is at $\mu_{PF}$ given by (11) and with amplitude given by (12) which we recall

$$X_{PF} = \frac{\beta}{2g}(1 - \gamma_1).$$

At this point of coalescence the Hopf frequency is in resonance with the spatial instability in which every second pulse dies. At $\mu_{PF}$ the two equations describing the alternating modes in a wave train collapse to the single equation for one pulse [1] (see also Fig. 3). This Section will investigate whether the coalescence of the subcritical pitchfork bifurcation with the Hopf bifurcation may produce stable oscillations.

We will perform a multiple scale analysis of the normal form (1) along the lines of [48]. We will obtain at third order an evolution equation for the amplitude as a solvability condition which describes the dynamics close to the Hopf bifurcation. We consider the case of large delay times $\tau$ and introduce a small parameter $\epsilon = 1/\tau$. To capture the dynamics close to the point of coalescence we introduce a slow time scale

$$s = \epsilon t,$$

and rewrite the normal form (1) in terms of the slow variable as

$$\epsilon \partial_s X = -\mu - gX^2 - \beta(\gamma + X(s - 1) + \gamma_1 X).$$

We expand the scalar field $X(s)$ as

$$X = x_{PF} + \epsilon x_1 + \epsilon^2 x_2 + \epsilon^3 x_3 + \cdots.$$

Using the generic scaling the bifurcation parameter can be written as

$$\mu = \mu_{PF} + \epsilon^2 \Delta \mu + \cdots.$$

A Taylor expansion of (54) around $\omega \tau = \pi$ yields at first order $\omega \tau = \beta \tau (\pi - \omega \tau)$ which for large $\tau$ (small $\epsilon$) we may write as

$$\omega \tau = \pi(1 - \frac{1}{\beta \tau} + \frac{1}{(\beta \tau)^2}) = \pi(1 - \frac{1}{\beta} \epsilon + \frac{1}{\beta^2} \epsilon^2).$$

This suggests a multiple time scaling

$$\partial_s = \partial_{s_0} + \epsilon \partial_{s_1} + \epsilon^2 \partial_{s_2} + \cdots.$$

Close to the bifurcation point critical slowing down occurs which allows us to expand the delay term for large delays as

$$X(s - 1) = e^{-\partial_s} X(s) \approx \left[1 - \epsilon \partial_{s_1} + \epsilon^2 \left(\frac{1}{2} \partial_{s_1} s_1 - \partial_{s_2}\right)\right] e^{-\partial_{s_0}} X(s).$$

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At lowest order, $\mathcal{O}(1)$, we obtain the equation determining $x_{PF}$. At the next order we obtain

$$\mathcal{L}x_1 = 0$$

(59)

with the linear operator

$$\mathcal{L} = \beta \left[ 1 + e^{-\partial s_0} \right].$$

Equation (59) is solved by

$$x_1(s_0, s_1, s_2) = z(s_1, s_2)e^{i\pi s_0} + \bar{z}(s_1, s_2)e^{-i\pi s_0},$$

(60)

with complex amplitude $z$ and its complex conjugate $\bar{z}$. Note that on the fast time scale $t$ we would have $x_1(t) = z \exp(i\omega t) + c.c.$ with $\omega \tau = \pi$, which, of course, is the Hopf mode at onset.

At the next order, $\mathcal{O}(\epsilon^2)$, we obtain

$$\mathcal{L}x_2 = -\Delta \mu - gx_1^2 - \partial s_0 x_1 + \beta \partial s_1 e^{-\partial s_0} x_1.$$  

(61)

The right-hand side involves terms proportional to $\exp(\pm i\pi s_0)$, which are resonant with the homogeneous solution of $\mathcal{L}x_2 = 0$. We therefore impose the solvability condition

$$\partial s_0 x_1 - \beta \partial s_1 e^{-\partial s_0} x_1 = 0,$$

which using (59) reads as

$$\partial s_1 x_1 + \frac{1}{\beta} \partial s_0 x_1 = 0.$$  

(62)

In terms of the complex amplitude $z$ using (60) this reads as

$$\partial s_1 z + \frac{1}{\beta} i\pi z = 0.$$  

(63)

This amounts to the time scale $i\omega \tau \approx \tau \delta t \approx \partial s_0 + \epsilon \partial s_1 = i\pi - i\epsilon \pi / \beta = i\pi (1 - 1/(\beta \tau))$ which corresponds to our scaling (56) at first order. Provided (63) is satisfied we can readily solve (61) by solving for each appearing harmonic, and find

$$x_2 = -\frac{1}{2\beta} \left[ \Delta \mu + 2g|z|^2 + g\bar{z}^2 e^{2i\pi s_0} + g\bar{z}^2 e^{-2i\pi s_0} \right]$$

$$= -\frac{1}{2\beta} \left[ \Delta \mu + gx_1^2 \right],$$

(64)

where we used (59).

At the next order, $\mathcal{O}(\epsilon^3)$, we obtain the desired evolution equation as a solvability condition. At $\mathcal{O}(\epsilon^3)$ we obtain

$$\mathcal{L}x_3 = -\partial s_0 x_2 + \beta \partial s_1 e^{-\partial s_0} x_2 - \partial s_1 x_1 - 2gx_1 x_2 - \frac{1}{2} \beta \partial s_1 s_1 e^{-\partial s_0} x_1 + \beta \partial s_2 e^{-\partial s_0} x_1$$

$$= -\partial s_0 x_2 + \beta \partial s_1 e^{-\partial s_0} x_2 - \partial s_1 x_1 - 2gx_1 x_2 + \frac{1}{2} \beta \partial s_1 s_1 x_1 - \beta \partial s_2 x_1.$$  

(65)
Again resonant terms proportional to \( \exp(\pm i\pi s_0) \) are eliminated by imposing a solvability condition which upon using the expressions for \( x_2 \) yields the desired amplitude equation

\[
\partial_s x_1 - \frac{1}{\beta^2} \partial_{s_0} x_1 = \frac{g}{\beta^2} \Delta \mu x_1 + \frac{1}{2\beta^2} \partial_{s_0 s_0} x_1 + \frac{g^2}{\beta^2} x_1^3 .
\]  

This is the well-studied real Ginzburg-Landau equation \[54\]. The time-like variable is the slow time scale \( s_2 \) and the space-like variable the faster time scale \( s_0 \) which is \( O(\tau) \). As in the finite dimensional case studied in Section 5, the Hopf bifurcation is clearly subcritical since the real part of the coefficient in front of the cubic term in (66) is positive for all parameter values. Hence the coalescence of the Hopf bifurcation and the pitchfork bifurcation cannot lead to stable oscillations. We have shown that wave trains also undergo unstable oscillations in the framework of the normal form (1).

The usefulness of the spatio-temporal viewpoint for delay differential equations as expressed here in the Ginzburg-Landau equation (66) has been pointed out \[45, 46, 48, 50\]. However the Ginzburg-Landau equation (66) may be cast into a finite dimensional system which emphasizes the underlying multiple scale analysis. We start by rewriting (66) as an equation for the complex amplitude \( z \). One can explicitly express \( s_0 \)-derivatives and obtain the following finite dimensional system

\[
\partial_s z - i\pi \frac{1}{\beta^2} z = \frac{g}{\beta^2} \left( \Delta \mu - \frac{\pi^2}{2g} \right) z + 3 \frac{g^2}{\beta^2} |z|^2 z .
\]  

The time-scaling on the left-hand-side is as expected from our initial linearization and expansion of the frequency (56). We have in total

\[
i\omega \tau \approx \tau \partial_t = \partial_s \approx \partial_{s_0} + \epsilon \partial_{s_1} + \epsilon^2 \partial_{s_2} = i\pi \left( 1 - \frac{1}{\beta \tau} + \frac{1}{(\beta \tau)^2} \right) ,
\]

which corresponds to (56). This illustrates the multiple-scale character of our analysis where the nonlinear term may be interpreted as a frequency correction \[53\]. The correction term to the linear term on the right-hand side of (67) shows that the onset is retarded on the very slow time scale \( s_2 \).

In [21] a real Ginzburg-Landau equation was derived for paced excitable media with an additional integral term modeling the pacing. It would be interesting to see whether the therein derived amplitude equation can be derived in a multiple scale analysis along the lines of this multiple scale analysis.

5 Summary and Discussion

We have explored the Hopf bifurcations of a single pulse and of a wave train in a ring of excitable medium. We have found that for the phenomenological normal form (1) the Hopf bifurcation for a single pulse on a ring and for a wave train on a ring is always subcritical independent on the equation parameters.
Hopf bifurcations in excitable media had been previously studied. Besides numerical investigations of the Barkley model [33], the modified Barkley model [34], the Beeler-Reuter model [56, 57, 11, 29, 30, 58], the Noble-model [59, 17, 29] and the Karma-model [17], where a Hopf bifurcation has been reported, there have been many theoretical attempts to quantify this bifurcation for a single-pulse on a ring. Interest has risen recently in the Hopf bifurcation in the context of cardiac dynamics because it is believed to be a precursor of propagation failure of pulses on a ring. The Hopf bifurcation has been related to a phenomenon in cardiac excitable media which goes under the name of alternans. Alternans describe the scenario whereby action potential durations are alternating periodically between short and long periods. The interest in alternans has risen as they are believed to trigger spiral wave breakup in cardiac tissue and ventricular fibrillation [15, 11, 17, 16, 18].

Our results may shed a new light on what may be called alternans. The occurrence of alternans in clinical situations is often followed by spiral wave breakup and ventricular fibrillation [15, 11, 10, 17, 18]. The subcritical character of the Hopf bifurcation gives a simple and straightforward explanation for this phenomenon. Moreover, if the system length $L$ is slowly varied, long transients may be observed of apparently stable oscillations (see Figure 7 and Figure 8). Depending on whether the system length is below or above the critical length $L_H$ the oscillations will relax towards the homogeneous state or the instability will lead to wave breakup. However, even for the case of relaxation towards the stable homogeneous solution, these oscillations may lead to wave breakup upon further reduction of the system length, because of the subcritical character of the Hopf bifurcations. This illustrates the diagnostic importance of cardiac alternans.

5.1 Limitations and range of validity of our results

Strictly speaking, our result that the Hopf bifurcation is subcritical for the normal form (1) cannot be taken as a prove that alternans are unstable for all excitable media. The normal form (1) is only valid for a certain class of excitable media. In particular it describes the situation in which an activator weakly interacts with the inhibitor of the preceding exponentially decaying inhibitor. Moreover, the normal form has only been phenomenologically derived in [28]. Of course, unless a rigorous derivation of the normal form (1) has been provided the results presented here may serve as nothing more than a guidance in interpreting alternans in real cardiac systems or more complex ionic models of excitable media, and may alert scientists to check results on stability of oscillations more carefully.

Several simplifications have been made to obtain the normal form (1) in [28]. For example, the time delay $\tau = L/c_0$ is treated as constant. This is obviously not correct for Hopf bifurcations. However, the inclusion of $\gamma_1$ (which is essential in the quantitative description of the Hopf bifurcation) allows for velocity dependent effects. Guided by the success of the normal form to quantitatively describe a certain class of excitable media and by numerical experiments we are hopeful that our result may help interpreting experiments and numerical simulations.

In Section 5.3 we will discuss a particular model for cardiac dynamics in which for certain parameter values the assumptions for the derivation of our normal form are violated. For these parameter values stable oscillations may occur. However even for systems which are described
by the normal form (1) a word of caution is appropriate. If the oscillatory solutions bifurcating from the stationary solution are unstable as we have proven here, the unstable Hopf branch could in principle fold back and restabilize. Our analysis does not include such secondary bifurcations. Another scenario which we cannot exclude based on our analysis is that the unstable branch may be a basin of attraction for a stable oscillatory solution far away from the homogeneous solution. However, our numerical simulations do not hint towards such scenarios.

From an observational perspective the relevance of the subcritical instability for spiral wave breakup is a matter of the time scale of the instability. The time scale associated with the subcritical Hopf bifurcation may be very long as seen in Fig. 9. This time scale becomes shorter the further the perturbation in the bifurcation parameter is from its value at the corresponding stable stationary pulse solution. In any case, if the parameter is kept fixed above the critical value, the instability will eventually develop unless the life time of a reentrant spiral is less than the time scale of the instability. For clinical applications one would need to estimate the time scale of a reentrant spiral and compare it with the time scale of the instability. Such estimates however are not meaningful for simple models such as the Barkley model.

Our definition of alternans is restricted to non-paced pulses on a ring. If the excitable media is paced, the subcritical character of the Hopf bifurcation is not guaranteed anymore, and there is no a priori reason why stable alternans cannot occur. Indeed, in periodically stimulated excitable media stable alternans have been reported [60, 61, 19, 20, 21, 23, 24]. A non-paced single pulse on a ring is a simple model for a reentrant spiral moving around an anatomical obstacle or around a region of partially or totally inexcitable tissue. As such it ignores the dynamics of the spiral away from the obstacle. An extension would be to look at a transversal one-dimensional slice through a spiral and consider wave trains and instabilities of such wave trains.

5.2 Relation to the restitution condition

Since the pioneering work [12] alternans have been related to a period-doubling bifurcation. This work has rediscovered the results by [15], which had hardly been noticed by the scientific community until then. In there it was proposed that the bifurcation can be described by a one-dimensional return map relating the action potential duration (APD) to the previous recovery time, or diastolic interval (DI), which is the time between the end of a pulse to the next excitation. A period-doubling bifurcation was found if the slope of the so called restitution curve which relates the APD to the DI, exceeds one. A critical account on the predictive nature of the restitution curve for period-doubling bifurcations is given in [62, 23]. In [29] the instability was analyzed by reducing the partial differential equation describing the excitable media to a discrete map via a reduction to a free-boundary problem. In [34] the Hopf bifurcation could be described by means of a reduced set of ordinary-differential equations using a collective coordinate approach. In [11, 30, 58, 26] the bifurcation was linked to an instability of a single integro-delay equation. The condition for instability given by this approach states - as in some previous studies involving one-dimensional return maps - that the slope of the restitution curve needs to be greater than one. However, as evidenced in experiments [63, 64] and in theoretical studies [62, 23, 65, 66, 67] alternans do not necessarily occur when the slope of the restitution curve is greater than one. In our work we have a different criterion for alternans (which we interpret now as unstable periodic oscillations). Our condition for the occurrence of alternans, $\beta \tau > 1$, does not involve the restitution curve but involves the coupling strength and
the wave length. Moreover, in Fig. 4(b) we can see that for our normal form pulses can be stable for values of $\beta \tau \gg 1$ in accordance with the above mentioned experiments and numerical studies.

In the following we will show how our necessary condition for the onset of instability $\beta \tau > 1$ can be related to the restitution condition, that the onset of instability is given when the slope of the restitution curve exceeds 1.

Close to the saddle node the Hopf frequency is $\omega \tau \approx 0$. We introduce a small parameter $\delta \ll 1$ and write close at the saddle node

$$X = \bar{X}_{SN} + \delta x,$$

where $\bar{X}_{SN}$ is given by (5). The generic scaling close to the saddle node implies that we may write $\mu = \mu_{SN} + \delta^2 \Delta \mu$. Using the critical slowing down at the saddle node and the fact that $\omega \tau \approx 0$ we may approximate the normal form (1) to describe the temporal change of $X$ at some time $t$ and at some later time $t + \tau$.

$$\frac{\delta x_{n+1} - \delta x_n}{\tau} = -\mu_{SN} - \delta^2 \Delta \mu - g(\bar{X}_{SN} + \delta x_n)^2 - \beta(\gamma + \bar{X}_{SN} + \gamma_1 \bar{X}_{SN} + \delta x_{n-1} + \gamma_1 \delta x_n).$$

Here $x_n = x(t_n)$ and $x_{n+1} = x(t_n + \tau)$. Neglecting terms of $O(\delta^2)$ and using the definition of the saddle node (5) we end up with

$$x_{n+1} - (1 + \beta \tau)x_n + \beta \tau x_{n-1} = 0.$$

This equation has either the solution $x_n = 1$ which corresponds to the stable steady solution described by $\bar{X}_1$ of (4), or

$$x_n = (\beta \tau)^n x_0,$$

which implies

$$x_n = \beta \tau x_{n-1}.$$  \hfill (68)

Close to the saddle node the amplitude of the activator correlates well with the APD, and we find that $\beta \tau > 1$ is exactly the restitution condition whereby the slope of the restitution curve has to be larger than one.

Our model contains the restitution condition as a limiting case when the Hopf bifurcation occurs close to the saddle node. However, as seen in Fig. 4 $\beta \tau$ may be larger than one but still the system supports stable pulses. These corrections to the restitution conditions are captured by our model. Moreover, the normal form is able to determine the frequency at onset.

We note that the parameter $\gamma_1$ does not enter the restitution condition; it is not needed for the existence of a Hopf bifurcation (cf. (7) and (5)). However, as pointed out in [28] quantitative agreement with numerical simulations is only given if $\gamma_1$ is included. In [28] the inclusion of the $\gamma_1$-term takes into account the velocity dependent modifications of the bifurcation behaviour: large-amplitude pulses have a higher velocity than low-amplitude ones. A larger pulse will therefore run further into the inhibitor generated by its predecessor. Velocity restitution curves have been studied in [65] to allow for a modification of the restitution condition derived in [30] for a
single pulse in a ring. The normal form incorporates naturally these velocity dependent terms.

For a recent numerical study on the validity of the restitution condition the reader is referred to \cite{67}. In this work the stability of certain excitable media is investigated by means of numerical continuation methods which allows a precise identification of the onset of oscillations. At the onset of alternans the restitution curve was determined. It was found that the restitution condition failed for three out of four cases for pulses in a one-dimensional ring. Our result suggests that the restitution condition may be a good indicator for the onset of alternans close to the saddle node.

5.3 Numerical simulations

In the context of alternans the Hopf bifurcation had been described as a supercritical bifurcation \cite{11,17,29,30} and not as we have found here as a subcritical bifurcation (although at the same time their occurrence had been related to wave breakup \cite{29}). We therefore revisit some of the previous numerical studies. In \cite{17} the following two-variable model was proposed

\begin{align}
\epsilon \partial_t E &= \epsilon^2 \partial_{xx} E - E + \left[ A - \left( \frac{n}{n_B} \right)^M \right] (1 - \tanh(E - 3)) \frac{E^2}{2} \\
\partial_t n &= \theta(E - 1) - n ,
\end{align}

as a model for action potential propagation in cardiac tissue. Here $\theta(x)$ is the Heaviside step function. This model incorporates essential features of electrophysiological cardiac models. For the parameters $A = 1.5415$, $\epsilon = 0.009$, $M = 30$ and $n_B = 0.525$ a supercritical Hopf bifurcation was reported upon diminishing the system length $L$. We integrate this model using a pseudospectral Crank-Nicolson method where the nonlinearity is treated with an Adams-Bashforth scheme. We use a timestep of $dt = 0.00001$ and 4096 spatial grid points. A Hopf bifurcation occurs around $L = 0.215$. To approach the Hopf bifurcation we created a stable pulse for some large system length, and subsequently diminished the system length $L$. In Figure 7 we show that for these parameters the bifurcation is actually subcritical. The subcritical character has not been recognized before - probably because of insufficiently short integration times. For system length $L$ just above the critical length the oscillations can appear stable for a very long time (see Figure 8) before they settle down to the homogeneous solution.

Indeed, as already stated in our paper \cite{28}, the number of oscillations may be rather large when the instability is weak. In Figure 9 we show such a case for the maximal amplitude of the activator $u$ for the modified Barkley model

\begin{align}
\partial_t u &= D \partial_{xx} u + u(1 - u)(u - u_s - v) \\
\partial_t v &= \epsilon (u - a v) ,
\end{align}

which is a reparameterized version of a model introduced by Barkley \cite{32}. It is clearly seen that the oscillations can appear stable for a very long time and many oscillations (in this case more than 500 oscillations) which has lead scientists to the wrong conclusion that the Hopf bifurcation is supercritical.

The normal forms \cite{11} or \cite{8} were derived for situations in which the activator weakly interacts with the tail of the preceding inhibitor which exponentially decays towards the homogeneous rest
Figure 7: Temporal behaviour of the maximal amplitude $E_{\text{max}}$ of the activator $E$ for model (69) just above the subcritical Hopf bifurcation. The parameters are $A = 1.5415$, $\epsilon = 0.009$, $M = 30$ and $n_B = 0.525$ and $L = 0.215$. The inlet shows the behaviour at $L = 0.210$.

Figure 8: Temporal behaviour of the maximal amplitude $E_{\text{max}}$ of the activator $E$ for model (69). The system length is just below the Hopf bifurcation with $L = 0.22$; the other parameters are as in Figure 7. (a): The oscillations appear to be stable over some time. (b): Same parameters as in (a) but longer integration time. The apparent stability has to be accounted for by insufficiently long integration times. The solution adjusts to the homogeneous solution. Note the long time scales which contain hundreds of oscillations.
Figure 9: Temporal behaviour of the maximal amplitude $u_{\text{max}}$ of the activator $u$ for model (70) just above the subcritical Hopf bifurcation. The parameters are $a = 0.22$, $u_s = 0.1$, $\epsilon = 0.03755$ and $L = 246$. The oscillations appear stable for a very long time but will eventually either damp out and attain a constant non-zero value in the case, when $L$ is larger than the critical $L_H$ at which the Hopf bifurcation occurs, or in the case $L < L_H$ the pulse will collapse as depicted in Figure 7 confirming the subcritical character of the Hopf bifurcation.

state. Then one can describe the influence of the tail of the preceding inhibitor as a perturbation to the generic saddle node of the isolated pulse. The models discussed so far all fall into this category. A different model was introduced by Echebarria and Karma in [21] which as we will see below for certain parameter regions does not fall into this class of model but supports stable oscillations. Originally the model was studied for a paced strand but recently has also been studied in a ring geometry [68]. It has been argued in [68] that the stability of the spatially extended pulse is determined by the stability of a paced single cell. In the following we study numerically the Hopf bifurcation for this model in a ring geometry. This will illustrate the range of validity for our normal form and the conclusions which may be drawn with respect to the stability of cardiac alternans. The model consists of the standard cable equation

$$
\partial_t V = D \partial_{xx} V - \frac{I_{\text{ion}}}{C_m},
$$

(71)

where $I_{\text{ion}}$ models the membrane current and $C_m$ is the capacity of the membrane. In [21] the following form for the membrane current was proposed

$$
\frac{I_{\text{ion}}}{C_m} = \frac{1}{\tau_0} \left( S + (1 - S) \frac{V}{V_c} \right) - \frac{1}{\tau_a} h S,
$$

(72)

with a switch function

$$
S = \frac{1}{2} \left( 1 + \tanh \left( \frac{V - V_c}{\epsilon} \right) \right).
$$

(73)

The gate variable $h$ evolves according to

$$
\frac{dh}{dt} = \frac{1 - S - h}{\tau_m (1 - S) + \tau_p S}.
$$

(74)

The stable homogeneous rest state is at $V = 0$ and $h = 1$; however for small $\tau_a$ a second stable focus may arise. For details on the physiological interpretations of the model the reader is...
Figure 10: Temporal behaviour of the maximal amplitude $V_{\text{max}}$ of the activator $V$ for model (71)-(74). The parameters are $\tau_0 = 150$, $\tau_a = 26$, $\tau_m = 60$, $\tau_p = 12$, $V_c = 0.1$, $D = 0.00025$ and $\epsilon = 0.005$. The main figure is obtained for $L = 1.11$ which is slightly above the subcritical Hopf bifurcation confirming the subcritical character of the Hopf bifurcation. The inset is for $L = 1.1175$ which is slightly below the bifurcation point.

Figure 11: Space-time plot of stable oscillations occurring at $\tau_a = 6$ with $L = 4.8$. The other parameters are as in Fig. 10. Stable oscillations are found for a range of ring lengths $L$.

referred to [21, 68]. For the numerical integration we use again a semi-implicit pseudospectral Crank-Nicolson method where the nonlinearity is treated with an Adams-Bashforth scheme. We use a timestep of $dt = 0.01$ and 1024 spatial grid points. In Fig. 10 we show an example for a subcritical Hopf bifurcation in this model consistent with our theory. However, for sufficiently small $\tau_a$ a supercritical Hopf bifurcation arises upon decreasing the ring length $L$. In Fig. 11 we present a space-time plot for such a situation of stable oscillations. Whereas the subcritical case is consistent with our theory we now have to understand why for small $\tau_a$ stable oscillations occur. In order to do so it is helpful to look at the spatial profiles of the activator and the inhibitor close to the Hopf bifurcation which are presented in Fig. 12. In the left figure we see the activator $V$ and the inhibitor $1 - h$ for the case of a subcritical Hopf bifurcation as seen in Fig. 10. The figure is similar to Fig. 1 for the modified Barkley model. The activator weakly interacts with the exponentially decaying tail of the inhibitor it created during its previous revolution. In this parameter region our normal form is valid and correctly predicts a subcritical bifurcation. In the right figure of Fig. 12 the situation is depicted for the supercritical case seen in Fig. 11.
Figure 12: Plot of the activator $V$ (continuous line) and the inhibitor $h$ (dashed line) for the system (71)-(74). We plot here $1 - h$ rather than $h$ to have the homogeneous rest state at $u = 0$ and $1 - h = 0$. Parameters are $\tau_0 = 150$, $\tau_m = 60$, $\tau_p = 12$, $V_c = 0.1$, $D = 0.00025$ and $\epsilon = 0.005$. Left: The activator runs into the exponentially decaying tail of the inhibitor which decays towards the rest state $1 - h = 0$. This is similar to the behaviour in Fig. 1. Parameters are $\tau_a = 26$ with $L = 1.11$. This scenario is well described by the normal form. Right: The activator does not interact with the exponentially decaying tail corresponding to the rest state but rather with the metastable state defined by $\dot{h} = 0$. Parameters are $\tau_a = 6$ with $L = 4.8$. This case cannot be captured by the normal form.

Here the situation is very different. The inhibitor does not approach the homogeneous rest state $1 - h = 0$ but rather develops a metastable $1 - h = 1$ plateau. This has two consequences; firstly, the solution is driven away from the homoclinic pulse solution around which the normal form is built, and secondly the interaction is not weak anymore. The reason for this different behaviour can be understood by looking at the nullclines of the homogeneous problem of (71)-(74), i.e. setting $\partial_x = 0$. In Fig. 13 we show the nullclines for the two cases $\tau_a = 6$ (supercritical) and $\tau_a = 26$ (subcritical). Note that for $\tau_a = 6$ the only stable fix point is at $V = 0$ and $h = 1$. The difference is that in the supercritical case the $\dot{h} = 0$ nullcline and the $\dot{V} = 0$ nullcline are very close to each other. This forces the trajectory to spend a long time on the $\dot{h} = 0$-nullcline near $\dot{h} = 0$ (as seen in the plateau part of the spatial profile of $1 - h = 1$ in Fig. 11). We call this state a metastable state. For decreasing ring length it dominates the profile of the inhibitor and does not allow the inhibitor to come close to the rest state $h = 1$. Therefore our normal form, which is formulated around the saddle-node of the pulse, breaks down. The solution is not close to the travelling pulse in phase space anymore and our local analysis around the saddle-node of the travelling wave cannot work anymore. However, we note that the system (71)-(74) is rather unusual with the two nullclines being parallel to each other with the possibility of a metastable state, resulting in rather particular dynamical behaviour.

We may modify the model (71)-(74) to break the degenerate situation in which the two nullclines of the inhibitor and activator run parallel to each other and subsequently may get too close to each other for certain parameters. We can destroy the existence of the metastable state for finite ring length by allowing the nullcline of the activator to bend away from the nullcline of the inhibitor if we, for example, consider the following modification of the membrane current

$$
\frac{I_{I_{\text{on}}}}{C_m} = \frac{1}{\tau_0} \left( S + (1 - S) \frac{V}{V_c} \right) + \frac{1}{\tau_l} V^2 - \frac{1}{\tau_a} h S ,
$$

with some sufficiently small $\tau_l$. Then we are again in the situation where the rest state $V = 0$ and
Figure 13: Nullclines for the system (71)-(74). The continuous lines denote the $\dot{V} = 0$ nullclines and the dashed lines the $\dot{h} = 0$ nullclines. Parameters are $\tau_0 = 150$, $\tau_m = 60$, $\tau_p = 12$, $V_c = 0.1$ and $\epsilon = 0.005$, and for all cases only one stable fix point exists at $V = 0$ and $h = 1$. Left: The subcritical case with $\tau_a = 26$. Middle: The supercritical case with $\tau_a = 6$. Note the closeness of the nullclines for large $V$. Right: Nullclines for the modification (75) which breaks the near degeneracy of the nullclines observed in the middle figure. Here $\tau_a = 6$ and $\tau_l = 3$.

$h = 1$ dominates the dynamics upon decreasing the ring length $L$. The nullclines are shown in Fig. 13. We confirmed that for $\tau_l = 3$ the Hopf bifurcation is indeed subcritical, consistent with our theoretical result. We note that the actual value of $\tau_l$ is not important for the existence of subcritical bifurcation but rather that a sufficiently small $\tau_l$ breaks the geometric structure of the degenerate nullclines and allows the activator nullcline to bend away from the inhibitor nullcline. The model (71)-(74) illustrates for which class of excitable media our normal form is applicable and for which systems we may draw conclusions on the stability of dynamical alternans in a ring.

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