Self-organized swimming with odd elasticity

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We theoretically investigate self-oscillating waves of an active material, which have recently been introduced as a non-symmetric part of the elastic moduli, termed odd elasticity. Using Purcell’s three-link swimmer model, we reveal that an odd-elastic filament at low Reynolds number can swim in a self-organized manner and that the time-periodic dynamics are characterized by a stable limit cycle generated by elastohydrodynamic interactions. Also, we consider a noisy shape gait and derive a swimming formula for a general elastic material in the Stokes regime with its elasticity modulus being represented by a non-symmetric matrix, demonstrating that the odd elasticity produces biased net locomotion from random noise.

I. INTRODUCTION

Swimming is a physical outcome of fluid-structure interactions driven by the internal activity of a material. In particular, time-periodic wave-like beating is ubiquitous both in biological and artificial swimmers, as seen from elastic filaments of microorganisms, spermatozoa, and micro-actuators to undulatory motions of aquatic animals and fish-like robots with oscillatory fins. Recently, Scheibner et al. proposed a term, odd elasticity, which refers to anti-symmetric components of material elastic moduli. This breaks the Maxwell-Betti reciprocity and can cause self-oscillation. The odd elasticity may emerge from non-energy-conserving microscopic interactions in an active material and has gathered intensive attention in the field of non-equilibrium and active matter physics.

To achieve swimming at the microscale, it is well known as the scallop theorem that one needs to deform in a non-reciprocal manner in the fluid. This non-reciprocal deformation is theoretically formulated by the gauge field theory and represented as a closed loop in shape space with non-zero area.

Moreover, microscopic propulsion is often accompanied by fluctuations from the internal motors or environmental stochasticity. Recently, Yasuda et al. analyzed a three-sphere swimmer linked by two odd-elastic arms under thermal fluctuations and showed that the swimmer can exhibit directed locomotion from random noise as a statistical average. This result implies that the swimmer can exhibit directed locomotion from random noise.

Therefore, the aim of this paper is to extend the previous swimming theory of odd-elastic material by Yasuda et al. to planar or higher-dimensional motion as well as to an arbitrary number of dimensions of shape space, and determine whether such a material can self-propel. We also seek universal features for the dynamics of a generalized linear elastic material at low Reynolds number, assuming the odd-elastic modulus as a simple coarse-grained representation of material activity – although this representation is not claimed to model or explain biological microwimming by odd elasticity. The shape gait of an active material is, in general, given by the solution to an elastohydrodynamics coupling problem, which is non-local and non-linear due to the material geometry even at low Reynolds number. Thus, as a simple but canonical model, we will first consider a coarse-grained description of a swimming filament known as Purcell’s three-link swimmer (Fig.1(a)). As a minimal model of microswimming with two degrees of freedom, it has been studied to understand various aspects of biological swimmers and artificial robots, such as efficiency, stability, and control.

Many models of elastohydrodynamic swimming require programmed internal forces that drive the material as an input function, or further modeling on the internal structure, for example, the flagellar structure and regulation mechanism of molecular motors. These models are, therefore, problem-specific in general. In contrast, we will see that the odd-elasticity description leads to autonomous elastohydrodynamics equations.

In the following, we will use the Purcell swimmer model to demonstrate that an odd-elastic filament can swim in a self-organized manner, by which we mean pattern formation in the system far from thermal equilibrium without any programmed driving forces. We will then proceed to consider an odd-elastic material under fluctuations, motivated by biological and artificial swimmers, including sperm, Chlamydomonas, and Janus particles, whose shape gaits are characterized by a noisy limit cycle. Finally, we will describe a general odd-elastic material with an arbitrary number of degrees of freedom, show that the odd elasticity produces net locomotion from random noise, and derive a swimming formula that provides ensemble-averaged

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swimming velocity as a coupling of the swimmer gauge field and probability current in the shape space.

II. PURCELL’S SWIMMER WITH ODD ELASTICITY

The three-link model swimmer, known as Purcell’s swimmer [12], consists of three slender rods of lengths \( \ell_1, \ell_2, \) and \( \ell_3 \) connected by two hinges, as shown in Fig. 1(a), which also introduces lengthscale \( L = \ell_1 + \ell_2 + \ell_3 \). We denote the position of the end of the first rod as \((x, y, z)\) and the angle from the x axis as \( \theta \). The relative angles at the two hinges are denoted as \( \alpha_1 \) and \( \alpha_2 \). We assume the hinges are elastic [31], and linearly related to the relative angles so that the \( e_z \) component of the elastic torque is given by \( T_\alpha = K_{\alpha\beta}\alpha_\beta \), with Greek indices denoting the degrees of freedom for the shape, as \( \alpha, \beta = \{1, 2\} \). This linear elastic hinge at the linkage may be regarded as a coarse-grained representation of the Euler-Bernoulli constitutive relation [10] [12]. To ensure that the object relaxes to an equilibrium configuration in the absence of odd elasticity, we assume the matrix \( K_{\alpha\beta} \) to be positive-definite. Moreover, following previous studies [10] [10], we consider a simple form of the elasticity matrix as

\[
    K_{\alpha\beta} = \kappa_\varepsilon\delta_{\alpha\beta} + \kappa_\varepsilon\epsilon_{\alpha\beta},
\]

where \( \kappa_\varepsilon \) and \( \kappa_\varepsilon \) are the even and odd-elastic moduli, \( \delta_{\alpha\beta} \) is the Kronecker delta, and \( \epsilon_{\alpha\beta} \) is the two-dimensional anti-symmetric tensor. We will henceforth write the ratio of the two elastic moduli as \( \gamma = \kappa_\varepsilon/\kappa_\varepsilon \). Note that the \( \kappa_\varepsilon \) is assumed to be positive but \( \kappa_\varepsilon \) may be an arbitrary real number.

To show the equations of swimming dynamics, which obey the steady Stokes equations of low-Reynolds-number flow, we introduce the body-fixed coordinates \{\( e_0, e_\alpha, e_\varepsilon \)\}, whose origin is located at the end of the first rod. Using the resistive force theory and force- and torque-free condition for the swimmer, its dynamics are given in the body-fixed coordinates by

\[
    -M(\alpha_1, \alpha_2)\dot{z} = Lz,
\]

where \( z = (x_0, y_0, \theta, \alpha_1, \alpha_2)^T \) and the dot represents the time derivative. The \( 5 \times 5 \) matrix \( M \) can be taken as being symmetric, positive-definite, and dependent only on the shape parameters, \( \alpha_1 \) and \( \alpha_2 \), with further description of its properties being provided in Appendix A. We hereafter use Roman indices for the rigid motion in the physical space such as \( i, j = \{1, 2, 3\} \) to distinguish them from the Greek indices for the shape space. The matrix \( L \) includes the elasticity matrix such that \( L_{3+\alpha,3+\beta} = K_{\alpha\beta} \) and the other components of \( L \) are zero. From the matrix structure of the dynamics [2], the solution is formally obtained by inverting the matrix \( L \). Letting \( N = M^{-1} \), we can decompose the equations into those for rigid motion and shape deformation, with \( z_0 = (x_0, y_0, \theta)^T \) and \( \alpha = (\alpha_1, \alpha_2)^T \), as

\[
    \dot{z}_0 = -PK\alpha \text{ and } \dot{\alpha} = -QK\alpha,
\]

where \( P_{ija} = N_{i,3+j} \) and \( Q_{ija} = N_{i,3+j,3+\beta} \). The second equation of \( \alpha \) is closed with respect to the shape angles, whereas the first equation has an alternative form, \( \dot{z}_0 = PK^{-1}\dot{\alpha} \), that is not explicitly dependent on the elastic matrix and identical to the kinematic problem.

III. SELF-ORGANIZED SWIMMING AS A STABLE LIMIT CYCLE

Numerical explorations revealed that the Purcell swimmer can swim in a self-organized manner such as periodic locomotion only occurs when the swimmer shape has fore-aft asymmetry, i.e., \( l_1 \neq l_0 \). In Fig. 1(b), sample trajectories of the ends of the rods are shown with stable periodic shape gait [Fig. 1(c)]. With the rod lengths \( l_1 > l_2 \approx l_3 \) and \( \gamma > 0 \), the object can swim towards the left end (negative \( e_x \) axis) as the beating wave travels down towards the right [Fig. 1(b)]. The right-most rod vigorously oscillates like a pusher swimmer, such as sperm cells. With the reversed sign of odd elasticity \( \gamma < 0 \), the swimming direction is also reversed with its oscillatory part being ahead of the longest rod, like a puller swimmer, such as Leishmania [42]. Of note, the pusher or puller behavior of the swimmer, as well as the swimming direction, depends not only on the sign of \( \gamma \), but also on the swimmer’s geometry. In the puller case, we did not observe stable swimming, [see Fig. 2(b)], in the sense that the swimmer either exhibits unstable trajectories with the \( \alpha \) angles amplifying until the links overlap, or eventually reaches the zero equilibrium. Here, the decay to this equilibrium becomes notably slow, scaling roughly with \( O(1/\sqrt{\gamma}) \) as \( |\gamma| \to \infty \).

We now proceed to a bifurcation analysis of the elastohydrodynamic dynamical system. Around the equilibrium straight configuration, the dynamics in the shape space [32] is linearized, with \( Q(\alpha = 0) \) denoted by \( Q_0 \) and \( T = Q_0K \), to

\[
    \dot{\alpha} = -\Gamma\alpha.,
\]
FIG. 2. Bifurcation diagrams for (a) a pusher swimmer and (b) a puller swimmer with sample trajectories in the shape space \((\alpha_1, \alpha_2)\) shown in insets. The diameter of the cycle orbit, \(d_{\text{cycle}}\), is plotted as a function of \(|\gamma|\). The equilibrium configuration is always linearly stable for a finite \(|\gamma|\) for both swimmers. The pusher swimmer dynamics exhibits stable (blue) and unstable (red) limit cycles above a critical value of \(\gamma\), at which a semi-stable limit cycle bifurcation occurs. For the puller swimmer, in contrast, the limit cycle is always unstable. The diameters of the stable cycle in case (a) and of the unstable cycle in case (b) both converge to the same value \(d_\infty\) as \(|\gamma| \to \infty\) due to time-reversal symmetry. Initial configurations are shown by a dot in each inset.

Noting that the matrix \(Q_0\) is symmetric, we obtain the eigenvalues of \(\Gamma\) as

\[
\lambda = \frac{k_c}{2} \left[ \text{Tr}Q_0 \pm \sqrt{(\text{Tr}Q_0)^2 - 4(1 + \gamma^2) \det Q_0} \right].
\]  

(5)

By virtue of the positive definiteness of the matrix, \(Q_0\), the real part of the eigenvalues are found to be all positive, which therefore implies that the dynamics around the straight equilibrium configuration is always linearly stable [Fig. 2(a,b)].

We further analyzed the bifurcation structure and found that the system exhibits semi-stable limit cycle bifurcation at a certain \(\gamma = \gamma_c\), when the swimmer self-propels as a pusher [Fig. 2(a)]. In the phase space, the outer stable limit cycle contains an unstable limit cycle inside, while the origin of the phase space is a stable fixed point [Fig. 2(a)]. Since a pusher-type stroke generates extensional flow along the swimming direction, the rod receives contractile force from the fluid as its reaction. When \(\gamma\) exceeds the critical value \(\gamma_c\), this contractile force can balance the elastic relaxation. This morphological transition generated by the contractile forces is similar to flagellar buckling dynamics [41, 44], but here the bifurcation occurs in a self-organized manner. We note, as shown later in this paper [Fig. 3(a)], that the stable limit cycle is reachable from straight configuration under a finite amount of noise, even though the straight configuration is linearly stable. For a puller swimmer, in contrast, the self-induced oscillation acts as an extensile force on the rod as a reaction to the fluid. The increase of \(\gamma\), therefore, accelerates the elastic relaxation and the stable limit cycle for periodic swimming cannot be realized [Fig. 2(b)]. These bifurcation structures are robustly observed in a large range of parameters. Further discussions are provided in Appendix B. When \(\gamma \to \infty\), the time-reversal symmetry of the Stokes equations implies that the dynamics in the shape space are invariant under the change of variables \((t, \ell_1, \ell_3, \alpha_1, \alpha_2) \to (-t, \ell_3, \ell_1, -\alpha_2, -\alpha_1)\). Thus, at this limit, the stability of a pusher-type rod is opposite from that of a corresponding puller-type rod [45]. Hence, the swimmer with fore-aft symmetric geometry, i.e., \(\ell_1 = \ell_3\), follows a closed trajectory in the phase space at this limit, while the dynamics only possess a stable fixed point at the straight configuration at a finite \(\gamma\).

As discussed above, the stable limit cycle is only enabled by the broken fore-aft symmetry of the system. Of particular note, this can also be achieved by an asymmetric boundary condition such as one end of the rod being fixed [we enforce \((x, y) = (0, 0)\)], instead of a geometric asymmetry \((\ell_1 \neq \ell_3)\). Because of this fore-aft symmetry break induced by the fixed left end, the semi-stable limit cycle bifurcation occurs at a certain level of \(\gamma > 0\), as in the free-swimming pusher case, even if \(\ell_1 = \ell_3\), and both in clamped (\(\theta\) fixed to 0) and hinged (unconstrained \(\theta\)) boundary conditions. In the puller case \((\ell_1 = \ell_3, \gamma < 0)\), no stable limit cycle is observed—just like the free swimmer, the deformation pattern then either relaxes to straight equilibrium or exhibit unstable behavior.

IV. NOISY SWIMMING AROUND AN EQUILIBRIUM SHAPE

Motivated by observations of biological and artificial swimmers [33–35], we consider swimming under an active Gaussian fluctuation inside the swimmer, and the dynamics around an equilibrium shape are then given by

\[
\dot{\alpha} = -\Gamma \alpha + \xi(t),
\]  

(6)

where \(\Gamma\) is positive-definite around the equilibrium; the Gaussian noise satisfies \(\langle \xi_\alpha \rangle = 0\); and \(\langle \xi_\alpha(t)\xi_\beta(t') \rangle = 2D_{\alpha\beta} \delta(t - t')\), where the brackets indicate ensemble average and the diffusion matrix \(D\) is symmetric and positive-definite.

Now we rewrite the swimming dynamics using the gauge field formulation [18]. The two-dimensional rotation and linear transformation form a two-dimensional Euclidean group [46], and we represent the rigid motion and its generator as

\[
\mathcal{R} = \begin{pmatrix} \cos \theta & \sin \theta & x \\ -\sin \theta & \cos \theta & y \\ 0 & 0 & 1 \end{pmatrix} \quad \text{and} \quad \mathcal{A} = \begin{pmatrix} 0 & \dot{\theta} & x_0 \\ -\dot{\theta} & 0 & y_0 \\ 0 & 0 & 0 \end{pmatrix},
\]  

(7)

which satisfy \(\mathcal{R} = \mathcal{R.A}\). The shape in the reference frame, \(S(t)\), is obtained from a rotation of that in
This formula into (8), the average gauge field becomes $3(d)$, for which we can expect that net locomotion will be steady, the probability flux draws closed loops [Fig. 3(a)]. Further, we rewrite the equation associated with (6), i.e.,

$$\langle A \rangle = \frac{1}{2}(D - FC),$$

where the trace is taken over the shape components, i.e., \( \langle A_{ij} \rangle = F_{ij\alpha\beta}j_{\beta\alpha} \). Further derivations and physical interpretations are provided in Appendix C. This formula is a generalization of the deterministic swimming dynamics (8), and the matrix $J$ can be physically interpreted as the areal velocity of the probabilistic current in the shape space. By the definition of $J$, its transpose becomes $2J^T = C\Omega^T = C(C^{-1}D - \Gamma^T)$, and from the Lyapunov equation (9), it follows that $J^T = -J$, from which we conclude that $J$ is anti-symmetric.

V. PURCELL’S SWIMMER UNDER SHAPE FLUCTUATION

With straightforward calculations, we can obtain the gauge field strength around the equilibrium, and find that only the components $F_{1312} = -F_{1232}$ are nonzero and the other components are zero. Thus, only swimming along the $x$-axis is possible, if a time-periodic deformation is considered. Let us denote the nonzero components as $F_{13\alpha\beta} = F_{\ell\alpha\beta}$, which is given by

$$F = -\ell_1\ell_2\ell_3(\ell_1^2 + \ell_3^2 + \ell_2\ell_1 + \ell_2\ell_3 + \ell_3\ell_1)L^{-4}. \quad (11)$$

This form is in agreement with previous studies of Purcell’s swimmer [20, 48]. Because the shape space is two-dimensional, the shape covariance, which is the solution to the Lyapunov equation (9), may be solved as

$$C = \frac{1}{2\Gamma T} [D + (\det \Gamma)^{-1}D(\Gamma^T)^{-1}]^{-1}. \quad (12)$$

We need to give the specific form of $D$ for the calculation of the matrix J. For the fluctuations in thermal equilibrium, the diffusion matrix is given by the fluctuation dissipation theorem $D = k_BTQ_{0}$, where $k_B$ is the Boltzmann constant and $T$ is the system temperature. In contrast, the fluctuations in the active filament considered here are the active fluctuations generated by the internal activity. However, the universal properties that identify the active fluctuation have not been established. Here, we employ the effective temperature $T^{\text{eff}}$ to determine the diffusion matrix of the active fluctuation, as a simple model. In fact, the effective temperature for a sperm cell is observed to be larger than the room temperature by an order of magnitude $53$. With the effective temperature, the diffusion matrix becomes $D = k_BT^{\text{eff}}Q_{0}$, which can be...
obtained by replacing $T$ with $T^\text{eff}$ in the fluctuation dissipation theorem.

Because $J$ is anti-symmetric, when written as $J_{\alpha\beta} = J_{\ell\alpha\beta}$, we have

$$J = -\frac{3Lb_0}{2\tau_n}\left[(\ell_1^2 + \ell_3^2)\ell_2 + 3\ell_1\ell_3(\ell_1^2 + \ell_3^2)\ell_2^2 + 3\ell_1^2\ell_2(\ell_1 + \ell_3)\ell_2 + 2\ell_1\ell_3^2\ell_2\right]^{-1},$$

where we introduce viscosity drag coefficient $\eta_\parallel = 2\pi\mu/\ln(2L/b)$, with $\mu$ and $b$ being the medium viscosity constant and the radius of the rod, respectively. We have also assumed that the drag ratio between the perpendicular and parallel components is anisotropic, $\eta_\perp = 2\eta_\parallel$, and introduced a noise relaxation timescale, $\tau_n = \eta_\perp L^3/k_BT^\text{eff}$. The final expression of the average swimming velocity only possesses an $e_\alpha$ component, denoted by $V_x$, and we obtain $V_x = -2FJ$, which is linearly proportional to $\gamma$ and the noise strength $k_BT^\text{eff}$. In the case of three rods with equal lengths, $\ell_1 = \ell_2 = \ell_3 = \ell$, the results are simply given by

$$F = \frac{5\ell}{81}\gamma, \quad J = \frac{81\gamma}{16\tau_n}, \quad \text{and} \quad V_x = \frac{5\gamma\ell}{8\tau_n}.$$  \tag{14}$$

The angle diffusion of the swimmer is obtained by calculating the squared angle displacement $\langle \theta^2 \rangle$. We can estimate the angle $\theta$ as

$$\theta = \int_0^t A_{12\alpha}\dot{\alpha}_\alpha \, dt' = A_{12\alpha}\alpha_\alpha + \text{higher-order terms}$$

for a small deformation, and it then follows that $\langle \theta^2 \rangle \approx A_{12\alpha}\dot{\alpha}_\alpha A_{12\beta} = o(t)$, indicating that the angle diffusion from the active fluctuation is negligible. We can also add thermal fluctuation in the system $\mathcal{Q}$, which would affect all the 5 degrees of freedom. Then, the odd-elastic swimmer can be represented as an active rotational Brownian particle with swimming velocity given by $\mathcal{Q}$, and angle diffusion from the thermal noise.

With a finite size of the fluctuation of $k_BT^\text{eff}$, a pusher filament can reach a stable limit cycle in a self-organized manner as demonstrated in Fig. 8c), in which the swimmer is initially located at rest with a straight configuration, but once the shape exceeds the inner unstable limit cycle, it approaches the outer stable limit and exhibits self-organized periodic swimming (see Supplemental Movie).

VI. GENERAL ELASTOHYDRODYNAMICS

By representing the force and torque balance equations via arbitrary degrees of freedom and their conjugate hydrodynamic force, we show that the symmetric resistance matrix and the symbolic elastohydrodynamic equations, respectively, can be extended to a general linear elastic system. More precisely, the elastic matrix $K$ can be an arbitrary positive-definite, $N \times N$ matrix, where $N$ is the number of degrees of freedom in shape space. Examples include $(N + 1)$ spheres linked by $N$ arms and $(N + 1)$ links connected by $N$ hinges, with the latter model being established as a coarse-grained representation of a continuous elastic filament. Hence, the results presented in this paper, while mainly implemented for Purcell’s swimmer here, are remarkably applicable to a wide class of low-Reynolds-number elastohydrodynamics.

Furthermore, we consider a general microswimmer at some steady state experiencing noise under the three assumptions of a) linearity of the shape dynamics ($T = Q_0 K$), b) fluctuation dissipation theorem-type relationship with some effective temperature ($D = k_BT^\text{eff} Q_0$), and c) null probability current ($J = 0$), termed as the detailed balance relation. We can then deduce that $J = 0$ if and only if the elasticity matrix $K$ is symmetric. A formal proof is given in Appendix C. As an important consequence, this formally demonstrates that an even-elastic swimmer can never exhibit directed locomotion from random noise, whereas every odd-elastic swimmer (non-symmetric $K$) does.

According to Appendix C, the entropy production rate is given by $T\langle \dot{\sigma} \rangle = -k_BT^\text{eff} \text{Tr}(G)$ with the gain matrix $G = \Gamma CD - I = 2JD^{-1}$. Using $D = k_BT^\text{eff} Q_0$, we obtain $T\langle \dot{\sigma} \rangle = 2\text{Tr}(KJ) = -4\alpha_c J > 0$ and find that the odd part of the elasticity contributes to the entropy production and that the entropy production coincides with the average power obtained by the elasticity $\langle W \rangle = -K_{\alpha\beta}\dot{\alpha}_\alpha \dot{\alpha}_\beta$. These results may be physically interpreted in the following way: nonconservative forces characterized by the odd elasticity generate work $W$ on the fluid; then, the fluid viscosity turns the work to heat, and the entropy of the fluid is produced.

VII. DISCUSSION AND CONCLUSIONS

In this paper, we describe our investigation of the elastohydrodynamics of a linear elastic material with a non-symmetric elastic matrix, with a focus on the analysis of Purcell’s three-link swimmer. The odd elasticity, represented by anti-symmetric parts of the elastic matrix, breaks the elastic reciprocity and leads to non-reciprocal deformation. With added internal fluctuation, we showed that the odd elasticity produces a net current in the shape space, hence generating net locomotion, and provided an explicit formula for the swimming velocity in Figs. 4. For a pusher-type odd-elastic rod, time-periodic swimming is realized as a stable limit cycle, which is reachable from a straight configuration under a finite amount of noise, demonstrating self-organized swimming.

This result suggests that some specific microswimming patterns emerging from internal activity in materials could be well captured by odd elasticity, as shown by the pusher-like beating of the odd-elastic three-
link swimmer, although the limitations of this simple model are also clearly revealed by the absence of stable swimming for a puller-type rod. Further studies are needed to understand the microscopic origin of odd-elasticity. Moreover, this study also advocates the potential of enforcing odd elasticity within artificial flexible micromachines to generate autonomous motion, rather than explicitly prescribing the shape or using external controls.

The theoretical framework established in this study is applicable to a general swimmer with a large number of degrees of freedom. The function of many biological molecules depends on their shape, as seen in molecular machines and enzymes whose shape changes with fluctuations. The swimming formula of noisy elastic material may be applied to these micromachines, but this is also left as future work.

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Appendix A: Symmetric properties of the resistance matrix

We denote the positions of ends of the rods in the body-fixed coordinates as \( r_0, r_1, r_2, r_3 \). From the definition of the body-fixed coordinates, \( r_0 = 0 \), \( r_1 = \ell_1 e_x, r_2 = r_1 + \ell_2 (\cos \alpha_1 e_x + \sin \alpha_1 e_y), \) and \( r_3 = r_2 + \ell_3 (\cos \alpha_2 e_x + \sin \alpha_2 e_y) \). From the linearity, the two-dimensional surface velocity of a Purcell swimmer in the body-fixed coordinates at the position \( r \) can then be represented in matrix form, using the state vector \( \mathbf{z} \), as

\[
\mathbf{v} = \mathbf{H} \mathbf{z}.
\]

The entries of the matrix \( \mathbf{H} = \mathbf{H}(r; z) \) are given by

\[
\mathbf{H} = \begin{pmatrix}
1 & 0 & -r_0 \sin \theta_0 & -g_1(r) r_1 \sin \theta_1 & -g_2(r) r_2 \sin \theta_2 \\
0 & 1 & r_0 \cos \theta_0 & g_1(r) r_1 \cos \theta_1 & g_2(r) r_2 \cos \theta_2
\end{pmatrix},
\]

where we have introduced the lengths of vectors \( r_0 = |r - r_0|, r_1 = |r - r_1|, \) and \( r_2 = |r - r_2| \); angles from the \( e_x \) axis as \( \theta_0 = \arg(r - r_0), \theta_1 = \arg(r - r_1), \) and \( \theta_2 = \arg(r - r_2) \); and functions \( g_1(r) \) and \( g_2(r) \) as

\[
g_1(r) = \begin{cases} 0 & (r \text{ is on the first rod}) \\ 1 & (r \text{ is on the second and third rods}) \end{cases}
\]

and

\[
g_2(r) = \begin{cases} 0 & (r \text{ is on the first and second rods}) \\ 1 & (r \text{ is on the third rod}) \end{cases}.
\]

The surface traction force \( \mathbf{f} \) defines the conjugate hydrodynamic force vector \( \mathbf{h} \) by the integral over the swimmer surface

\[
\mathbf{h} = \int_S \mathbf{f}^T \mathbf{dS}.
\]

By direct calculation, we obtain \( \mathbf{h} = (F_{x0}, F_{x0}, T_z, T_{1z}, T_{2z})^T \). Here, \( F_{x0} \) and \( F_{y0} \) are the total hydrodynamic force along the \( e_x \) and \( e_y \) axes, respectively, and \( T_z \) is the total hydrodynamic torque. \( T_{1z} \) and \( T_{2z} \) are internal torque around the points \( r_1 \) and \( r_2 \), respectively, and these should be balanced by the elastic torque. If we write down the force and torque balance equations for the vector \( \mathbf{h} \), we obtain the elastohydrodynamic equation

\[
- \mathbf{M} \ddot{\mathbf{z}} = \mathbf{L} \mathbf{z},
\]

as in the main text, where \( \mathbf{M} \) is the resistance matrix. If the resistance matrix is introduced between the generalized velocity and its conjugate force, the resistance matrix found to be symmetric and positive-definite by the Lorentz reciprocal relation.

As in the main text, we introduce lengthscale \( L = \ell_1 + \ell_2 + \ell_3 \) and viscosity drag coefficient \( \eta_\parallel = 2\pi\mu / \ln(2L/b) \) with \( \mu \) and \( b \) being the medium viscosity constant and radius of the rod, respectively. We also assume the drag anisotropy ratio between the perpendicular and parallel components, \( \eta_\perp = 2\eta_\parallel \). The expression for \( Q_0 \) is then given by

\[
Q_{0,11} = \frac{6}{\eta_\parallel L^3} \times \left( \ell_1^2 + \ell_2^2 \right)^3 \left( \ell_1 + \ell_2 + \ell_3 \right)^4 (A7)
\]

\[
Q_{0,22} = \frac{6}{\eta_\parallel L^3} \times \left( \ell_2^2 + \ell_3^2 \right)^3 \left( \ell_1 + \ell_2 + \ell_3 \right)^4 (A8)
\]

\[
Q_{0,12} = Q_{0,21} = -\frac{3}{\eta_\parallel L^3} \times L^3 \left[ 3\ell_2^2 + 6(\ell_1 + \ell_2)\ell_2^2 \right. \\
\left. - (3\ell_2^2 + 8\ell_1 \ell_3 + 3\ell_3^2)\ell_2 + 2(\ell_1 \ell_2 + \ell_1 \ell_3 + 3\ell_1 \ell_3) \right]. (A9)
\]

Appendix B: Influence of the swimmer’s geometry

In this section, we discuss the influence of the segment lengths \( \ell_1, \ell_2, \ell_3 \) on the swimming behavior, particularly
on the value $\gamma_c$ at which the bifurcation displayed in Fig. 2 occurs. As above, we define the lengthscale $L = \ell_1 + \ell_2 + \ell_3$ and study the variation of $\gamma_c$ with respect to the non-dimensional ratios $\ell_1/L$ and $\ell_2/L$, as shown in Fig. 4. For positive values of $\gamma$, the swimmer behaves as a puller (resp. pusher) if $\ell_1 < \ell_3$ (resp. $\ell_1 > \ell_3$), which coincides with the region on the left (resp. right) of the dashed line on Fig. 4. The colored dots cover the areas where a bifurcation similar to the ones presented in Fig. 2 can be observed, showing that this bifurcation phenomenon holds for a wide array of swimmer geometries. The white dots indicate the values used in Fig. 2. Strikingly, the bifurcation occurs for much larger values of $\gamma$ in the pusher case, as indicated by the colors in Fig. 4: $\gamma_c$ remains less than $10^2$ in the puller case, while it ranges between $10^2$ and more than $10^4$ in the pusher case. In regions marked (a) and (b), all the orbits converge to the stable equilibrium 0 – however, the convergence speed is extremely slow. In region (c), the nonzero stable cycle observed for the pusher becomes unstable, with the orbits then converging to a nonphysical stable cycle (with values of $\alpha$, greater than $\pi$).

Appendix C: Noisy swimmer around the equilibrium

Here, we consider an $n$-dimensional general swimmer with an $N$-dimensional shape space; in particular, for the Purcell swimmer, $n = 2$ and $N = 2$. We write the generator for the $n$-dimensional Euclidean group $A$, which can be represented as an $(n+1) \times (n+1)$ matrix. The swimming velocity with a small deformation can be expanded as

$$A(\alpha) = A_0(0) + \frac{1}{2} \left( G_{\alpha\beta}(0) + F_{\alpha\beta}(0) \right) \alpha_\alpha \alpha_\beta, \quad (C1)$$

where $G_{\alpha\beta}$ and $F_{\alpha\beta}$ indicate the symmetric and anti-symmetric part of the second-order term, respectively, and the latter is identical to the strength of the gauge field or the curvature of the gauge field.

We consider the Langevin equation for the dynamics around the origin of the shape space, given by

$$\dot{\alpha} = -\Gamma \alpha + \xi(t), \quad (C2)$$

with the zero-mean Gaussian noise $\xi(t)$. Here, the $N \times N$ matrix $\Gamma$ is constant in time and positive-definite, representing deterministic dynamics, which is linearly stable around the origin of the shape space. For the Purcell swimmer in the main text, $\Gamma = Q_0 K$. The Gaussian noise satisfies

$$\langle \xi_\alpha(t) \xi_\beta(t') \rangle = 2D_{\alpha\beta}(t - t'), \quad (C3)$$

where the brackets indicate ensemble average, $\delta(t)$ is the Dirac delta function, and the diffusion matrix $D$ is symmetric and positive-definite. Hereafter, we do not explicitly indicate that the evaluation point is at $\alpha = 0$.

By plugging (C3) into (C2) and noting that the equal-time correlation between the shape and the noise can be obtained by $\langle \alpha_\alpha \beta \rangle = D_{\alpha\beta}$, the average swimming velocity becomes

$$\langle A \rangle = \frac{1}{2} \left( G_{\alpha\beta} + F_{\alpha\beta} \right) \langle \alpha_\alpha \beta \rangle$$

$$= \frac{1}{2} \left( G_{\alpha\beta} + F_{\alpha\beta} \right) \left( \Gamma_{\beta\gamma} C_{\gamma\alpha} - D_{\alpha\beta} \right), \quad (C4)$$

because the first-order term vanishes, that is, $\langle \alpha_\alpha \rangle = 0$.

Here we introduced the shape covariance matrix, $C_{\alpha\beta} = \langle \alpha_\alpha \beta \rangle$, which obeys the Lyapunov equation [17]

$$\Gamma C + CT^T = 2D, \quad (C5)$$

with superscript $T$ denoting transpose of the matrix, and the formal solution may be written as

$$C = 2 \int_{-\infty}^{\infty} e^{\Gamma t} D e^{\Gamma^T t} dt. \quad (C6)$$

The time-dependent probability distribution function in the shape space $p(\alpha, t)$ can be obtained from the Fokker-Planck equation associated with (C2), i.e., $\partial p/\partial t + \partial j_\alpha/\partial \alpha_\alpha = 0$ with the probability flux $j_\alpha$ given by

$$j_\alpha = -p \Gamma_{\alpha\beta} \alpha_\beta - D_{\alpha\beta} \partial p/\partial \alpha_\beta, \quad (C7)$$

The steady-state probability distribution function is the Gaussian function,

$$p(\alpha) = \frac{1}{(2\pi)^{N/2} \sqrt{\det C}} \exp \left[ -\frac{1}{2} \alpha^T C^{-1} \alpha \right]. \quad (C8)$$
and plugging this expression into (C7) leads to the steady-state probability current, \( \mathbf{j} = \mathbf{\Omega} \alpha \rho \), where the matrix \( \mathbf{\Omega} \) is defined as

\[
\mathbf{\Omega} = -\mathbf{\Gamma} + D \mathbf{C}^{-1},
\]  
(C9)

where \( \mathbf{\Omega} \) may be interpreted as the matrix of rotational velocity of the probability current in the shape space and the vector \( \mathbf{\Omega} \alpha \) represents the shape space velocity. At steady state, by \( \partial \mathbf{J} / \partial \alpha = 0 \), substituting (C8) yields the traceless property of the matrix, \( \text{Tr} \mathbf{\Omega} = 0 \).

Let us write

\[
\mathbf{J} = \frac{1}{2} \mathbf{\Omega} \mathbf{C} = \frac{1}{2} (\mathbf{D} - \mathbf{\Gamma} \mathbf{C}),
\]  
(C10)

which may be interpreted as the areal velocity of the probability current in the shape space. By the definition of \( \mathbf{J} \), its transpose becomes \( 2 \mathbf{J}^T = \mathbf{C} \mathbf{\Omega}^T = \mathbf{C} (\mathbf{C}^{-1} \mathbf{D} - \mathbf{\Gamma}^T) \), from the Lyapunov equation (9), it follows that \( \mathbf{J}^T = -\mathbf{J} \). Thus, we conclude that \( \mathbf{J} \) is anti-symmetric. With areal velocity matrix \( \mathbf{J} \), the average swimming velocity (C4) can be finally derived:

\[
\langle \mathbf{A} \rangle = \text{Tr} \left( \left( \mathbf{G} + \mathbf{F} \right) \mathbf{J} \right) = \text{Tr} (\mathbf{F} \mathbf{J}),
\]  
(C11)

where the trace is taken over the shape indices. In the second equality, we used \( \text{Tr} (\mathbf{G} \mathbf{J}) = 0 \), because \( \mathbf{G} \) is symmetric and \( \mathbf{J} \) is anti-symmetric in the indices of the shape space.

For simplicity, we first consider the \( N = 2 \) case as in the main text. We rewrite \( (\mathbf{F}_{\alpha \beta})_{ij} = \mathbf{F}_{ij\alpha \beta} = (\sqrt{\text{det} \mathbf{F}})_{ij} \epsilon_{\alpha \beta} \) with an \((n + 1) \times (n + 1)\) matrix \( \sqrt{\text{det} \mathbf{F}} \), noting that the determinant is taken for the shape space labels. By direct calculation, we have \( \text{Tr} (\mathbf{F} \mathbf{J}) = -2 \sqrt{\text{det} \mathbf{F}} \sqrt{\text{det} \mathbf{J}} = -2 \sqrt{\text{det} \mathbf{F}} \sqrt{\text{det} \mathbf{C} \sqrt{\text{det} \mathbf{\Omega}}} \). From the zero trace of \( \mathbf{\Omega} \), the eigenvalues of the matrix are simply \( \nu = \pm i \sqrt{\text{det} \mathbf{\Omega}} \), which are pure imaginary. The average swimming velocity is therefore written as

\[
\langle \mathbf{A} \rangle = 2 \sqrt{\text{det} \mathbf{F}} \sqrt{\text{det} \mathbf{C}} \vert \nu \vert,
\]  
(C12)

which successfully generalizes the finding in the three-sphere model [Eq. (19) of Ref. [10]]. The form in (C12) shows that the average velocity is represented by the products of a shape-dependent geometrical factor, the explored area in the shape space, and the speed of the rotational probability flux. The product of the latter two indicates the areal velocity.

Formula (C12) is easily extended into a general shape space with \( N \) dimensions. The anti-symmetric matrix, \( \mathbf{J} \), can be block-diagonalized by an orthogonal matrix,

\[
\begin{pmatrix}
\mathbf{J}^{(1)} & O & O \\
O & O & \mathbf{J}^{(d)} \\
\mathbf{J}^{(d)} & O & O
\end{pmatrix},
\]  
(C13)

in which the \( 2 \times 2 \) matrices \( \mathbf{J}^{(1)} \) . . . \( \mathbf{J}^{(d)} \) are all real anti-symmetric with eigenvalues all pure imaginary, where \( d = \lfloor N/2 \rfloor \) is the integer part of \( N/2 \). With positive real numbers \( \omega_1, \cdots, \omega_d \), the matrices are represented as \( \mathbf{J}^{(1)}_{\alpha \beta} = i \omega_1 \epsilon_{\alpha \beta} \). Similarly, with the same orthogonal transformation,

\[
\begin{pmatrix}
\mathbf{F}^{(1)} & * & * \\
* & \mathbf{F}^{(d)} & * \\
* & * & *
\end{pmatrix},
\]  
(C14)

where asterisks denote arbitrary entries. Here, \( \mathbf{F}^{(1)} \) . . . \( \mathbf{F}^{(d)} \) are real anti-symmetric with respect to the shape indices, and we again rewrite these as \( \tilde{\mathbf{F}}^{(1)}_{ij \alpha \beta} = (\sqrt{\text{det} \tilde{\mathbf{F}}^{(1)}})_{ij} \epsilon_{\alpha \beta} \). The average swimming velocity is then simplified in the form

\[
\left\langle \mathbf{A} \right\rangle = \sum_{q=1}^{d} \left| \text{Tr} (\tilde{\mathbf{F}}^{(q)} \mathbf{J}^{(q)}) \right| = \sum_{q=1}^{d} \left| \omega_q \right| \sqrt{\text{det} \tilde{\mathbf{F}}^{(q)}},
\]  
(C15)

The average swimming velocity is decomposed into the contributions from the shape subspace and represented as the product of field strength and areal velocity in each 2D sub-space. In the case with 3D shape space (\( N = 3 \)), the probability current lies in the 2D plane in 3D space. When \( N = 4 \), the dynamics in the shape space are then decomposed into two separated 2D planes.

Finally, we demonstrate that the non-zero noise-induced swimming velocity originates from the non-symmetric property of the matrix \( \mathbf{K} \), under the assumptions of a) linear shape dynamics (\( \mathbf{\Gamma} = \mathbf{Q}_0 \mathbf{K} \)), b) fluctuation dissipation theorem-type relationship with some effective temperature (\( \mathbf{D} = k_B T_{\text{eff}} \mathbf{Q}_0 \)) and c) null probability current (\( \mathbf{j} = 0 \)).

The null probability current leads to \( \mathbf{\Omega} = 0 \) from Eq. (C3) and we therefore have \( \mathbf{\Gamma} = D \mathbf{C}^{-1} \). Substituting this into the Lyapunov equation (9) and eliminating \( \mathbf{C} \), we obtain \( \mathbf{D} \mathbf{\Gamma} - \mathbf{\Gamma} \mathbf{D} = 0 \). With assumptions (a) and (b), we then obtain \( \mathbf{D} (\mathbf{K} - \mathbf{K}^T) \mathbf{D} = 0 \). Thus the null probability current is equivalent to the symmetric property of the elastic matrix \( \mathbf{K} \). Conversely, this indicates that a non-symmetric \( \mathbf{K} \) generates non-zero \( \mathbf{\Omega} \) and non-zero \( \mathbf{j} \), yielding the non-zero swimming velocity from formula (C11).
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