Although cultured myoblast transplantation has been extensively studied as a gene complementation approach to muscular dystrophy treatment, clinical success has still been limited. The inability to adequately isolate and purify myoblasts presents a major limitation to the production of sufficient myoblasts for engrafting purposes. This study attempted to purify myoblasts from primary culture by magnetic-activated cell sorting (MACS), complement-mediated cytotoxicity, and a preplating technique. As a result of positive myoblasts selection by MACS, the average percentage of myoblasts in mixed culture was increased from 30.0% to 41.7%. We observed both myoblast lysis and fibroblast lysis after complement-mediated cytotoxicity. Enrichment of myoblasts in mixed culture was found to increase to 83.1% by using the preplating technique. In addition, higher purification (92.8%) was achieved by following the preplating technique with MACS. Thus, preplating in combination with magnetic-activated cell sorting allows for a rapid and effective isolation of myoblasts from human muscle tissue.

**Key Words:** Muscular dystrophy, myoblast, magnetic-activated cell sorting, complement-mediated cytotoxicity, preplating

**INTRODUCTION**

Duchenne muscular dystrophy (DMD) is a severe X-linked neuromuscular disease that affects approximately 1/3500 live male births, regardless of ethnicity. This condition is known to be caused by a mutation in the gene that encodes the muscle protein dystrophin. There is currently no cure for DMD, although intensive research on experimental treatments is underway. One experimental treatment is based on myoblast transfer. This approach has a number of limitations including a low rate of spread, poor survival of injected myoblasts and insufficient donor myoblasts. Furthermore, the production of myoblasts for engrafting purposes is limited by problems in myoblast isolation and purification and in the maintenance of a satellite cell state (i.e., undifferentiated cells) before transplantation. Human myoblasts can be isolated from muscle biopsy, but these are easily contaminated by fibroblasts or other non-myogetic cells in vitro. Several myoblast purification procedures have been reported. Percoll density centrifugation, selective adhesion and chemical use of fibroblast growth inhibitors have all been used for myogenic cell separation, although the yield of myoblasts from primary culture is limited. To date, the methods used to improve yields include the incorporation of muscle-specific antibody in fluorescence-activated cell sorting and size separation-based sorting by flow cytometry. These methods, however, require special equipment and techniques.

This study attempted to purify myoblasts from primary culture by magnetic-activated cell sorting (MACS), complement-mediated cytotoxicity, preplating and combined preplating and MACS. In addition, we compared the results with untreated
cells and report upon the efficiency of each of these methods in purifying primary myoblasts. Finally, we observed the differentiation of the purified myoblasts into myotubes in order to verify their functionality.

MATERIALS AND METHODS

Materials
Human skeletal muscle samples were obtained from volunteers with informed consent and following the regulations of the Ethics Committee of Yongdong Severance Hospital, Yonsei University College of Medicine. All patients received a physical examination, blood screening for possible neuromuscular disorders and provided a medical history.

Preparation of primary culture
Primary muscle cells were removed from the vastus lateralis muscles as previously described. The muscle mass was rinsed in phosphate buffered saline (PBS; GIBCO BRL, Grand Island, NY, USA) and minced into a coarse slurry using blades. Cells were enzymatically dissociated by adding 0.2% collagenase type XI (Sigma, St. Louis, MO, USA) for 1 h at 37°C and 5% CO₂. The isolated cells were then suspended in Dulbecco's modified Eagle's medium with 20% fetal bovine serum (FBS-DMEM; containing 1% gentamycin; GIBCO BRL). The cells were then plated in gelatin-coated flasks at 1×10⁶ cells/mL and incubated at 37°C and 5% CO₂ until 50% confluent. The growth medium was replaced twice a week. When cells reached 50% confluence, the medium was discharged and 0.05% trypsin-0.53 mM EDTA (Life Technologies, Rockville, MD, USA) was added. The cells were harvested by centrifugation at 1100 rpm for 10 min, and either subcultured or used to evaluate the isolation methods.

Magnetic-activated cell sorting (MACS)
Primary culture cells were rinsed with PBS after detaching and centrifuged at 1100 rpm for 10 min. Pelleted cells were resuspended in PBS with a 1:100 dilution of the myoblast-specific monoclonal antibody, 5.1H11 (Developmental Studies Hybridoma Bank, Iowa University, Iowa City, IA, USA). The cell-antibody complex was incubated at room temperature for 30 min and rinsed twice with PBS. This step was followed by a 15 min incubation at 6-12°C with a 1:5 dilution of goat anti-mouse IgG microbeads (Miltenyl Biotec GmbH, Bergisch Gladbach, Germany). The mixture was subjected to a magnetic field, and myoblasts adhered to IgG microbeads were separated using a MiniMACS separation system (Miltenyl Biotec GmbH).

Complement-mediated cytotoxicity
The primary culture cells were detached from the flask with 0.05% trypsin-0.53 mM EDTA, as described above. The cells were reacted with 1:800 IgM monoclonal antibody 1B10 (Sigma) at 37°C and 5% CO₂ for 50 min. The cells were then rinsed with PBS and incubated at 37°C and 5% CO₂ in 12.5% young rabbit serum (Sigma) and 20% FBS-DMEM for 45 min.

Preplating
The preplating technique was performed using previously described protocols with slight modification. Briefly, the primary culture cells were detached and then preplated in a gelatin-coated flask. After 5-10 min of incubation at 37°C and 5% CO₂, the supernatant was withdrawn from the flask, and cells were replated in a fresh gelatin-coated flask. Because of different adherence rates, mainly fibroblasts had adhered to the new flask at 50% total adherence. Serial replatings of the fibroblast-depleted supernatant were then performed in gelatin-coated flasks. After 5 serial platings, the culture was enriched with small, round myogenic cells (pp5). Preplate 1 (pp1) was the population of myoblasts that adhered in the first 10 min, and were incubated for 3-4 days until 70% confluent.

Immunohistochemistry for desmin
Myoblasts were determined by desmin
staining. Cultured cells mounted on saline-coated slides were air-dried at room temperature for 10 minutes. Endogenous peroxidase activity was blocked by incubating the cells on slides in 3% H$_2$O$_2$ for 10 minutes and rinsing with tris-buffered saline (TBS; DAKO Co., Carpinteria, CA, USA). The cells were then incubated for one hour at room temperature with monoclonal mouse primary antibodies against desmin (DAKO). After rinsing with TBS, the cells were incubated with biotin-labeled secondary antibodies using a labeled streptavidin-biotin (LSAB) kit (DAKO) at room temperature for 15 min. After rinsing with TBS, the cells were incubated with streptavidin peroxidase at room temperature for 15 minutes, and rinsed with TBS. The cells were developed using 3-amino-9-ethyl carbazole (AEC), rinsed with distilled water and counterstained with hematoxylin. Cell density was determined by counting the number of desmin positive cells per microscope field (×100) in 10 random fields.

Differentiation

Myoblasts treated with MACS and/or by preplating were transferred to 1% FBS-DMEM after the treatment(s) had been completed. The myoblasts were incubated at 37°C and 5% CO$_2$. Differentiation into myotubes was observed under a phase-contrast microscope.

Statistical analysis

Each experiment was repeated three times to reduce bias, and results expressed are the medians. The Mann-Whitney test for equal proportions was used in SPSS for Windows 10.0 (SPSS Inc. Chicago, IL, USA) to evaluate statistically significant differences ($p < 0.05$) between "before" and "after" treatments.

RESULTS

Magnetic-activated cell sorting (MACS)

Beads were coated with goat anti-mouse IgG which recognized 5.1H11, a human myoblast-specific antibody. Bridges of antibodies allowed target cells to attach to the magnetic beads, which were isolated using a magnetic collector device, MiniMACS. As a result, positive selection of myoblasts by MACS increased the percentage of myoblasts in mixed culture from 30.0% to 41.7% (Fig. 1).

Complement-mediated cytotoxicity

Complement-mediated cytotoxicity did not significantly increase the number of myoblasts in mixed culture (Fig. 1). Furthermore, myoblasts were lysed along with fibroblasts. It would appear that 1B10, a monoclonal anti-fibroblast antibody, cross-reacted with myoblasts.

Preplating

The preplate technique is based on the differential adherence characteristics of primary culture cells to a gelatin-coated surface, and it significantly enriches myoblasts. As shown in Fig. 2, the fraction of desmin positive cells increased from primary culture to pp5, in which 83.1% of cells expressed desmin, as compared to 21.3% in the primary culture. In order to obtain yet higher yields of myoblasts, preplated cells (pp5) were subjected to MACS, whereupon myoblasts increased from 76.4% to 92.8% (Fig. 1).
Myoblasts treated with MACS and/or preplating fused into myotubes in five to seven days in 1% FBS-DMEM.

DISCUSSION

The present study compared three procedures for purifying myoblasts directly from freshly dissociated human skeletal muscles. Immunomagnetic cell sorting, MACS for example, is widely used for blood cells but rarely applied to tissue cell sorting. Lequerica et al. reported that positive selection with MACS could be used to increase the percentage of myoblasts in mixed culture from 8.4% to more than 90% without affecting viability. Therefore, we attempted to isolate myoblasts by MACS. MACS only increased the number of myoblasts in mixed culture from 30.0% to 41.7%, an 11.7% increment. This large difference in results may be due to different equipment and methods.

Preplating causes enrichment by differentiating phenotypically distinct myoblasts and fibroblasts based on desmin expression. Results from previous studies using various preplating techniques have shown myoblast enrichments ranging from 78% to more than 95% of the total cell count. In the present study, myoblasts, or desmin-positive cells, reached 83.1% at pp5. This was improved to 92.8% with the addition of MACS. The results demonstrate that anti-mouse immunoglobulin (lg)-coated beads recognize 5.1H11 on the surface of myoblasts, and allow the cells to be separated when subjected to a magnetic field produced by a simple magnetic device.

Fibroblasts have a proliferate advantage over most other cell types and tend to outgrow them, even when the initial level of fibroblast contamination is low. A variety of methods to reduce fibroblast contamination have been reported. One involves complement-mediated cytotoxicity using an anti-fibroblast antibody. For example, the monoclonal antibodies 6-19 and 1B10 fixed complement have been used to remove fibroblasts from epithelial cell culture. This study used antibody 1B10 to reduce or eliminate fibroblasts in human skeletal muscle primary culture. 1B10 is specific to fibroblasts and smooth muscle differentiated fibroblasts within the context of vascular smooth muscle cells. Our findings reveal that the removal of fibroblasts using 1B10 and its complement was inefficient because myoblasts were also destroyed. This suggests that both cell types express the antigen to which 1B10 binds, and thus, myoblasts and fibroblasts may be of a similar lineage. These results also indicate that the anti-fibroblast antibody 1B10 is not useful for determining fibroblast levels in muscle tissue.

Myoblasts treated with MACS, preplating or both methods differentiated into myotubes. Neither immunomagnetic purification nor preplating altered myoblast function in terms of differentiation into myotubes. We hope that the information obtained from these experiments will be
useful for designing strategies to maximize myoblast purification.

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