Discovering Synergies for Robot Manipulation with Multi-Task Reinforcement Learning

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Abstract—Controlling robotic manipulators with high-dimensional action spaces for dexterous tasks is a challenging problem. Inspired by human manipulation, researchers have studied generating and using postural synergies for robot hands to accomplish manipulation tasks, leveraging the lower dimensional nature of synergistic action spaces. However, many of these works require pre-collected data from an existing controller in order to derive such a subspace by means of dimensionality reduction. In this paper, we present a framework that simultaneously discovers both a synergy space and a multi-task policy that operates on this low-dimensional action space to accomplish diverse manipulation tasks. We demonstrate that our end-to-end method is able to perform multiple tasks using few synergies, and outperforms sequential methods that apply dimensionality reduction to independently collected data. We also show that deriving synergies using multiple tasks can lead to a subspace that enables robots to efficiently learn new manipulation tasks and interactions with new objects.

I. INTRODUCTION

Recent advances show promise towards building competent robots hands that are able to achieve complex manipulation tasks. Many of these robots are designed to be versatile for general manipulation tasks and have numerous degrees of freedom. For example, the Shadow Hand can accomplish various in-hand manipulation tasks: finger pivoting, sliding, and gaiting a cube [1]. However, using robots with such high-dimensional control spaces remains a challenge in both model-based control and model-free methods. For model-based methods, such as model-predictive control, it is difficult to derive an accurate model due to the manipulators’ high degrees of freedom. Even when an accurate model exists, model-based methods are computationally expensive when using high-dimensional state spaces. In the case of model-free methods, even when it is indeed possible to learn robust policies for manipulation tasks, the training process still requires large amounts of robot experience to accommodate the large action space of highly dexterous hands. Finally, highly actuated hands are difficult and expensive to manufacture, and can be fragile in use. From all of these perspectives, using robot hands with a very high dimensional control space remains a challenge.

In contrast, humans can achieve many manipulation tasks in a synergistic way. They can achieve efficient object interactions by selecting hand postures from a small configuration space [2][3][4], even though human hands can reach a large number of postures. Inspired by human manipulation, roboticists have also explored the concept of motor synergies in the context of robotic manipulation, looking to find a low-dimensional subspace of postures that allow for efficient planning for grasping tasks. Such a subspace has generally been extracted by performing dimensionality reduction on ample amounts of task solution data collected via simulations or human demonstrations.

However, collecting such data for dimensionality reduction can be slow and expensive since this process requires an expert with domain knowledge of the robotic task to generate solutions. Even when such data exist, the extracted synergies can be biased if the solutions that they are learned on lack variety. Furthermore, although human hands inspire many designs of robot manipulators, these have different kinematic structures, and robots do not necessarily accomplish tasks in the same ways as humans. Therefore, synergies generated from human collected data might not be helpful for robot manipulation, and discovering synergies directly using robotic hands remains an essential problem.

While many works on synergies focus on grasping, finding such a subspace can be helpful in many others manipulation tasks, and such a subspace could potentially be shared across multiple tasks. For example, using a screw driver from a topper down pose and turning a cylindrical dial can be achieved using similar hand postures to grasp the target object. Learning synergies from a number of diverse tasks exhibiting complex
Another key feature of our framework is that it does not rely on pre-collected data. Our agent finds solutions for multiple tasks and does not place constraints of the form of synergies. hands that are useful for multiple dexterous manipulation tasks when discovering synergies. These works follow the same sequential pipeline: their approaches first gather high-dimensional action space. Several works have attempted to leverage synergistic manipulation for a wide range of applications. Inspired by human-like manipulation, robotics researchers have attempted to leverage synergistic manipulation for a wide range of applications. Several works applied dimensionality reduction on hand postures to study this behavior. These works follow the same sequential pipeline: their approaches first gather high-dimensional actions and extract synergies using by applying dimensionality reduction techniques, such as Principal Component Analysis (PCA), and show that a few principal components (PC’s) can explain most of the variance. However, these only study linear synergies and most of them only work on grasping tasks. Our work, in contrast, focuses on control synergies of robotic hands that are useful for multiple dexterous manipulation tasks and do not place constraints of the form of synergies. Another key feature of our framework is that it does not rely on pre-collected data. Our agent finds solutions for multiple tasks when discovering synergies. To find solutions for robotic tasks automatically, our framework utilizes reinforcement learning, which has shown promising results in learning different manipulation tasks. Nagabandi et al. propose a model-based method that learns a dynamics model of the environment and then multiple tasks such as a Baoding ball, weight pulling, and valve turning. OpenAI et al. demonstrate the effectiveness of model-free methods, such as Proximal Policy Optimization (PPO), on learning dexterous in-hand manipulation. However, all of these works learn policies on the full-dimensional action space. Our work leverages these advances of RL algorithms, but also allows an agent to discover a low-dimensional action space that can be used to learn new tasks efficiently.

To discover synergies across different tasks, we place our agents in multiple environments. Researchers have extensively studied learning multiple tasks simultaneously using RL and find that multi-task RL can leverage shared information across different tasks. Hausman et al. proposed a framework that learns continuous task representations and a task-dependent policy. Yu et al. investigate the performance of various multi-task RL algorithms; for example, multi-task soft actor-critic, on several multi-task sets. Sodhani et al. present a method that leverages languages as context to learn representations of a task to facilitate learning of multiple tasks. All of these works show promising results on learning multiple tasks considering extracting prior knowledge to learn unseen tasks. To achieve this, many previous works show the generalization ability of their task representation and try to find an appropriate representation for an unseen task. Our work, focused on robot hands, proposes a synergy model that contains hand configurations that allow for efficient exploration of unseen manipulation tasks and objects.

The closest work to ours is Group Factor Policy Search (GrouPS), which integrates Group Factor Analysis (GFA) with RL. GrouPS designs the policy to be of a particular structure, which can be further interpreted as a linear synergy model, and directly applies policy search using this policy. While it shows promising results on extracting synergies from a two-arm grasping task, it can only use a linear policy in a single task setting. On the other hand, our framework provides the flexibility of choosing the structure of both the task-dependent policy and the synergy model and we are thus able to apply it to more complex manipulation tasks. While GrouPS focus on learning synergies on a single grasping task, our work emphasizes the importance of extracting synergies from multiple manipulation tasks that require more dexterous motor skills.

III. Approach

Our method aims to extract control synergies among diverse tasks which provide a compact subspace for agents to derive a policy efficiently. We employ a general definition of a synergy – a manifold that encodes a subset of high-dimensional control commands. A point \( z \in \mathcal{R}^d \) in synergy space represents a low-dimensional action, which can then be projected to a point \( a \in \mathcal{R}^d \) in the original high-dimensional action space using a synergy model \( p(a|z) \). The parameters \( \phi \) of this model effectively determine the synergy space. For example, if we choose to use a deterministic linear synergy model,
We assume that we have access to a set of tasks \( N \). An MDP is identified by a tuple of \( (S, A, r, p_{\text{tran}}) \), where \( S \in \mathbb{R}^n \) represents the state space, and \( A \in \mathbb{R}^l \) denotes the action space. The reward function \( r(s, a) \) and \( p_{\text{tran}}(s' | s, a) \) are the probability of transitioning to the next state \( s' \): \( p_{\text{tran}}(s' | s, a) \). We formally define our problem of multi-task RL as follows. We assume that we have access to a set of tasks \( N = \{1, 2, \ldots, N\} \), which may vary in any aspects of a standard MDP. The goal of multi-task RL is to learn a task-conditioned policy \( \pi(a | s, n) \) that maximizes the average expected returns across all the tasks, or \( \mathbb{E}_{n \sim \mathcal{N}}[\sum_{t=0}^{\infty} \gamma^t r^n(a_t, s_t)] \), where \( \gamma_t \) is the discounted factor at time step \( t \).

In addition to learning the synergy model \( p(a | z) \), the second key goal of our framework is to simultaneously learn task-conditioned policies that find task solutions by generating sequences of low-dimensional actions \( z \). Critically, we force our agent to discover shared synergies among different tasks by only using one synergy model to decode these low-dimensional solutions.

In summary, our agent takes observations from a task, and generates an low-dimensional action with a task-conditioned policy. This synergistic action is then projected back into a full-dimensional action using a synergy model shared across all tasks. Finally the full-dimensional action is applied to the environment.

### B. Synergy learning with multi-task RL

To integrate synergy learning with multi-task RL, our policy comprises a tasks-conditioned component \( \pi_{\text{task}} \), whose outputs are low-dimensional actions \( z \), and a synergy model \( p \) that takes low-dimensional actions and recovers the full dimensional actions \( a: p(a | z) \). Hence, as shown in Fig. 2, an action can be computed from a state and the task identity by \( \pi(a | s, n) = \pi_{\text{task}}(z | s, n)p(a | z) \).

Our goal is to discover a synergy space that is compact but still contains diverse postures that are efficient for learning different tasks. While learning hand synergies with multiple tasks can potentially lead to such a diverse space, we encourage our policy to learn diverse solutions in the full-dimensional action space of each task by employing maximum-entropy RL. Specifically, instead of optimizing for the general multitask expected return, we optimize for a maximum-entropy expected return: \( \max_{\pi} \mathbb{E}_{\pi, n \in \mathcal{N}}[\sum_{t=0}^{\infty} \gamma^t (r^n(s_t, a_t) + \alpha \mathbb{H}\{\pi_\theta(a_t | s_t, n)\})] \).

By itself, the objective function does not provide intuitions about optimizing the synergy space. However, we can derive a lower bound of the entropy term \( \mathbb{H}\{\pi_\theta(a_t | s_t, n)\} \) by applying Jensen’s Inequality:
\[
\mathbb{H}\{\pi_\theta(a_t | s_t, n)\} = \mathbb{E}_\pi[- \log \pi_\theta(a_t | s_t, n)] \\
\geq \mathbb{E}_\pi(q(z | s, n)) \left[ \log \left( \frac{q(z | s, n)}{\pi(a_t | s_t, n)} \right) \right] \\
= - \mathbb{E}_\pi(\log q(a_t)) + \mathbb{H}[\pi_\theta(z_t | s_t, n)] + \mathbb{E}_\pi(\mathbb{H}[p_\phi(a_t | z_t)])
\]

Equation 1 gives us an intuition on how to optimize for such a lower action space. The first term suggests that the low dimensional actions should be identifiable by...
the full-dimensional actions. The second term and third term encourage our agent to find diverse solutions for each task. Since the true distribution $q(z|a)$ is not tractable, we approximate it by learning a discriminator $q_\psi(z|a)$ from sampled data. In summary, we optimize our task-conditioned policies and the synergy model using an extended reward:

$$L(\theta, \phi) = \max_{\pi} \mathbb{E}_{(s, a, z, n) \in T} \left[ \sum_{t=0}^{\infty} \gamma^t \hat{r}(s_t, a_t, z_t, n) \right]$$

(2)

where

$$\hat{r}(s_t, a_t, z_t, n) = r^n(s_t, a_t) + \alpha_1 \mathbb{E}_{n \in N} [\mathbb{H}(\pi_\theta(z_{t+1}|s_t, n))] + \alpha_2 \log q_\psi(z_t|a_t) + \alpha_3 \mathbb{H}(p_\phi(a_t|z_t))$$

(3)

Here, $\alpha_1$, $\alpha_2$, $\alpha_3$ are constant. Algorithm 1 shows the procedure of co-optimizing a task-dependent policy and a synergy model. We use PPO to optimize $\pi$ and $p$.

Algorithm 1 DiscoSyn training

1: while returns have not converged do
2: Sample a batch of tasks $n \in N$
3: Sample $H$ trajectories using the current policy $\pi_{task}(z|s, n)p(a|z)$ for each sampled task
4: Optimize discriminator $q$ using collected $(z, a)$
5: Optimize $\pi_{task}$ and $p$ with Eq. 2
6: end while

C. Implementation Details

1) Task-conditioned policy: One naive implementation of the task-conditioned policy $\pi_{task}$ can be a single model whose inputs combine the state $s$ and task identity $n$. However, we empirically found that using a single model fails to learn all the tasks. This can be caused by conflicts in gradients since the tasks we include in our task set require an agent to perform diverse motor skills. Hence, we employ a multi-head structure for $\pi_{task}$, including $N$ models while training our agent with $N$ tasks. When our agent encounters task $n$, we pick the $n$th model and feed the observation input to derive a low dimensional action $z$.

2) Synergy model: The framework presented so far does not specify the concrete form of the synergy model $p(a|z)$. We have used it in this work to learn two forms of synergies: linear and non-linear.

Linear synergies produce a manifold that can be interpreted analytically and can be useful in robotic hand design since they provide intuitions for underactuation mechanisms. To learn linear synergies, we employ the dimensionality reduction view also used in other works and treat our synergy model as a reversed process of dimensionality reduction.

We parameterize our linear synergy models with a matrix $\phi \in \mathbb{R}^{b \times d}$. In the case of using a deterministic synergy model, we can derive a full-dimensional action $a$ by multiplying $z$ by $\phi$. In this work, during training, we use stochastic synergy models to encourage exploration. Thus, we treat the product of $z$ and $\phi$ as parameters of the full-dimensional action distribution. Specifically, in our experiments, we use normal distributions and calculate the mean by $a_{mean} = z \cdot \phi$. Then, we model the standard deviation using a vector in the same shape as $a_{mean}$. During testing, we remove the stochasticity of our synergy model by only using $a_{mean}$ as our action output $a$ for stable hand behaviors.

On the other hand, although non-linear synergies are difficult to interpret, non-linear models have a larger capacity to produce diverse hand postures, potentially increasing versatility. To learn non-linear synergies, we can use any non-linear models for $p(a|z)$. Here, we use multi-layer perceptrons (MLP) to learn non-linear synergies.

D. Learning unseen tasks using learned synergy model

DiscoSyn presents a method to learn a hand configuration space for robot manipulation tasks. This space is generally of much smaller dimensionality than the original full dimensional action space, and thus provides an opportunity to speed up learning of new tasks, i.e. tasks not included in the original set that the synergy model was learned on. To learn a previously unseen task $n'$, where $n' \notin N$, we take a learned synergy model $p(a|z)$, freeze the parameters of $p$, and directly optimize a task-dependent policy $\pi(z|s, n')$, whose outputs are lower-dimensional actions $z$. 
IV. Experiments and Results

A. Synergies discovery and baselines

To test if our method can discover synergies for multiple tasks, we apply DiscoSyn on two training task sets. As shown in Fig 3, each task set contains four manipulation tasks; we will discuss their design considerations below. Although these tasks have different observation spaces, we use a multi-headed structure network for the task-dependent policy $\pi_{\text{task}}(z \mid s, n)$ (see Sec. III-C). Hence, the input dimension can be different for each head. We also test our method using different numbers of dimensions for the $z$ space, which corresponds to the number of synergies we extract. We evaluate the policy learning performance, as well as the ability to extract low dimensional representations for the high dimensional actions, along with the explained variance of the data.

One of the key features of DiscoSyn is the ability to simultaneously learn policies and synergies. To evaluate its performance, we compare against a sequential baseline that produces synergies via dimensionality reduction on pre-collected solutions of each task. For this baseline, we first generate task solutions by training independent policies for each task, and collect trajectories using the learned RL agents. Then, we apply dimensionality reduction to these data; we use PCA as a linear method to compare against the linear version of DiscoSyn, and a neural-network-based auto-encoder as a non-linear method to compare against the non-linear version of DiscoSyn. After applying the chosen dimensionality reduction method to extract synergies, we finally then attempt to train a policy that operates on the resulting low dimensional action space to learn each task.

B. Task sets

We apply our method to learn manipulation tasks to 20-DoF simulated Shadow hand. We design the two task sets to be different across different characteristics of an MDP and to require the hand to interact with different objects.

1) Task set #1: This set contains four tasks that only vary on the transition model and have the same reward function. Specifically, we ask the hand to turn counter-clockwise different types of valves (with different number of handles).

2) Task set #2: This set contains four tasks that vary on both the transition model and the reward function: dice reorienting, weight pulling, valve turning, and screwing. We design this task set to require the manipulation in different degrees of freedom. For example, the dice has 6 DoF, while the screw only has a hinge and sliding joints.

C. Performance

As shown in Table I, DiscoSyn can learn all the tasks in task set #1 using 3 synergies with both linear and non-linear synergies. On the other hand, for the more challenging task set #2, our method learns all the tasks using 6 synergies but fails to tackle the whole task set using 4 linear synergies. With non-linear synergies, DiscoSyn can find a low-dimensional subspace that can allow for policy learning for all four tasks in task set #2.

As shown in Table I, the sequential baseline with linear (PCA) synergies only learns 2 out of 4 tasks from task set #1, even when using 6 synergies. On the other hand, the sequential baseline with non-linear (AE) synergies can perform 3 out of 4 tasks with 4 synergies. For taskset #2, the PCA baseline only learns 2 out of 4 tasks with 6 synergies, and only learns one task with 4 synergies. In both task sets, the AE performance does not degrade with a decreased number of dimensions of the latent space, which can be explained by the large capacity of AE models.

2 For more details about polices and synergy models, please find more training curves, detailed task descriptions and videos on: https://roamlab.github.io/discosyn/.
We use the cylindrical valve to test if the synergy model can
with different dynamics.
62
policies only achieves explained variance of
100%
structure of our framework, the lower-dimensional action
all tasks in the experimental sets. Furthermore, given the
learning tasks?
Our results show that we can extract
more than 40,000 steps to see the first reward signals.
agent operating on the full dimensional action space requires
a few time steps and starts learning the task, while a PPO
5, an agent using learned synergies observes rewards within
a threshold
1
position. The agent is only rewarded by
requires the hand to turn the valve to a specific goal joint
for efficient explorations. We design a sparse reward task that
tasks, we further test whether the synergies learned allows
of unseen tasks.

D. Learning unseen tasks with learned synergies
In this experiment, we test if the learned synergies can be
leveraged for learning new tasks. We design new test tasks for
both sets: 1. turning a differently-shaped (cylindrical) valve; 2. turning a known valve in a different direction (clockwise); 3. using a screwdriver in a different direction (top-down).
We use the cylindrical valve to test if the synergy model can
be used to interact with novel-shape objects, the CW valve
turning task to see if the synergy model can provide rich
learning signals for another task with a seen object, and the
top-down screwing to test if the synergies help learning task
with different dynamics.

We find that, with learned synergies, an agent can learn
all of these tasks efficiently (representative runs of the
learned policy can be found in the video accompanying
the submission). We attribute this to the learned synergies
providing rich interaction between the manipulator and the
objects and hence rich reward signals that lead to fast learning
of unseen tasks.

While our synergy models can be transferred to unseen
tasks, we further test whether the synergies learned allows
for efficient explorations. We design a sparse reward task that
requires the hand to turn the valve to a specific goal joint
position. The agent is only rewarded by 1 if the distance
between the valve joint position and the target is smaller than
a threshold \( \sigma \); otherwise the reward is 0. As shown in Figure
5, an agent using learned synergies observes rewards within
a few time steps and starts learning the task, while a PPO
agent operating on the full dimensional action space requires
more than 40,000 steps to see the first reward signals.

V. DISCUSSION

1) Can DiscoSyn discover synergies while simultaneously
learning tasks? Our results show that we can extract 3-, 4-, and 6-synergy spaces, and our policies learn to accomplish
all tasks in the experimental sets. Furthermore, given the
structure of our framework, the lower-dimensional action
space always explains 100% of the variance of the high-dimensional actions.

On the other hand, applying PCA on independently learned
policies only achieves explained variance of 62.8%, 50.8% and
41.5% using 6, 4 and 3 respectively for task set #1, and
only slightly higher variance for task set #2. This implies
that the actions learned from standard RL do not result in a
linear structure. When forced to learn a policy confined to
the already-defined lower dimensional space, the sequential
baseline fails to solve all tasks.

Figure 1 presents some of the hand postures our framework
learns and shows how our learned synergies are used in the
training and test tasks. Our policy uses hand postures from
the synergy space to interact with the object and also to
transition to the next gait cycle.

2) How is DiscoSyn affected by the training tasks? Our
results show that the diversity of a task set does influence
the learning of the synergy model. This is expected: if a task
set contains many different tasks, the capacity of \( z \) space
needs to be larger. Our experimental results show that we
cannot learn a linear synergy model with 4 synergies for task
set #2 while DiscoSyn can use as few as 3 synergies for
task set #1. We also visualize how each task utilizes the \( z \)
space for both task sets. Since the tasks in task set #1 are
similar, they share a large portion of the \( z \) space. On the other
hand, in task set #2, which contains more diverse tasks, the
task-dependent policies tend to occupy different parts of the \( z \)
space. For example, the valve turning and dice re-orientation
only overlap in a small space.

VI. CONCLUSIONS

Our results show that DiscoSyn is able to learn synergies
that are effective for multiple manipulation tasks, while
simultaneously learning policies that operate on this low
dimensional action space in an end-to-end manner. We also
demonstrate that the learned synergy model can be reused
for unseen task and allows for efficient exploration during
transfer. Compared to a classic pipeline that extracts synergies
on existing control data, our method can use fewer synergies
to solve multiple tasks. We note that, in its current stage,
DiscoSyn is limited by requiring a pre-defined number of
latent dimensions. In the future, we hope to equip DiscoSyn
with the ability to discover the dimensionality of the smallest
synergy space needed for a set of task, and also to apply its
results to the design of underactuated robotic hands.
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