Impact of the COVID-19 Lockdown in a European Regional Monitoring Network (Spain): Are We Free from Pollution Episodes?

Gotzon Gangoiti *, Maite de Blas, Maria Carmen Gómez, Ana Rodríguez-García, Eduardo Torre-Pascual, Estibaliz García-Ruiz, Estibaliz Sáez de Cámara, Iñaki Zuazo, José Antonio García and Verónica Valdenegro

Faculty of Engineering, University of the Basque Country UPV/EHU, 48013 Bilbao, Spain; maite.deblas@ehu.eus (M.d.B.); mariacarmen.gomez@ehu.eus (M.C.G.); ana.rodriguezg@ehu.eus (A.R.-G.); eduardo.delatorre@ehu.eus (E.T.-P.); estibaliz.garcia@ehu.eus (E.G.-R.); estibaliz.saezdecamara@ehu.eus (E.S.d.C.); joseignacio.zuazo@ehu.eus (I.Z.); joseantonio.garciaf@ehu.eus (J.A.G.); veronica.valdenegro@ehu.eus (V.V.)
* Correspondence: g.gangoiti@ehu.eus; Tel.: +34-94-601-4088; Fax: +34-94-601-7800

Abstract: The impact of the lockdown, during the period from March to June in 2020, upon the air quality of the Basque Country in northern Spain is analyzed. The evaluation accounts for the meteorology of the period. Daily and sub-daily analysis of aerosol and ozone records show that the territory was repeatedly affected by episodes of pollutants from outer regions. Three episodes of PM$_{10}$ and ten of PM$_{2.5}$ were caused by transported anthropogenic European sulfates, African dust, and wildland fires. The region, with a varied orographic climatology, shows high and diverse industrial activity. Urban and interurban road traffic of the region decreased by 49% and 53%, respectively, whereas industrial activity showed a lower reduction of 20%. Consequently, the average concentrations of NO$_2$ in the cities during the period fell to 12.4 µg m$^{-3}$ (−45%). Ozone showed up to five exceedances of the WHOAQG for the daily maximum 8-h average in both rural and urban sites, associated with transport through France and the Bay of Biscay, under periods of European blocking anticyclones. However, averages showed a moderate decrease (−11%) in rural environments, in line with the precursor reductions, and disparate changes in the cities, which reproduced the weekend effect of their historical records. The PM$_{10}$ decreased less than expected (−10% and −21%, in the urban and rural environments, respectively), probably caused by the modest decrease of industrial activity around urban sites and favorable meteorology for secondary aerosol formation, which could also influence the lower changes observed in the PM$_{2.5}$ (−1% and +3% at the urban and rural sites, respectively). Consequently, in a future low NOx traffic emission scenario, the inter-regional PM and ozone control will require actions across various sectors, including the industry and common pollution control strategies.

Keywords: air quality; COVID-19 lockdown; pollution episodes; ozone; PM$_{2.5}$

1. Introduction

COVID-19, a disease caused by the SARS-CoV-2 coronavirus, expanded rapidly throughout the world during the first months of 2020, reaching pandemic status on March 11. Many countries were presented with unprecedented challenges with the intensive care units of their national health systems reaching saturation point. At this point (June 2021), the number of infections has exceeded 175 million and almost 4 million deaths have already been confirmed in the world (https://www.worldometers.info/coronavirus/; accessed on 14 June 2021). To reduce the spread of SARS-CoV-2, lockdown measures were implemented worldwide with varied timing and severity according to the onset of the epidemiological crisis and the evolution of infections. The reduction of mobility and changes in industrial/commercial activity affected global emissions, but many details of these changes are
yet unclear. Annual national emission inventories previously lagged three years behind the present [1], and thus, the year 2020 is not yet available to assess the impacts of COVID-19. Present estimations of emissions can be based on mobility and industrial activity changes, electric and fossil fuel energy demand, economic output, and indirect evidence of air pollution changes (including ground-based and satellite observations) with respect to a previous reference period [2,3].

Using the year 2016 as the reference for the emission changes, Ref. [4] estimated average emission reductions for the period 20 January–26 April 2020 to be $-33\%$ for $\text{NO}_x$, $-8\%$ for Non-Methane Volatile Organic Compounds (NMVOCs), $-7\%$ for $\text{SO}_x$, and $-7\%$ for $\text{PM}_{2.5}$ in the EU-28 plus Norway and Switzerland. These reductions vary according to the studied reference period and the analyzed countries, which were not subject to the same mobility–activity restrictions during the period. Activity and mobility in the EU-27 (EU-28 excluding the UK) were sharply reduced in the first half of March 2020 as a result of the implementation of lockdown measures which were initiated on February 21 in Lombardy (Italy) and then extended to the rest of the Union. Mobility gradually recovered in May in some areas faster than in others depending on how quickly lockdown measures were eased [5]. The reported shifts in human mobility and the industrial activity resulting from the lockdown offer a unique opportunity to identify their effects on urban and rural air quality.

As a result of the aforementioned emission reductions, many studies on air quality changes have been published. Some of them are focused on urban environments [6–8] or both urban and rural environments [9–11]. Such studies range from the local to the continental and global scale. Most of them estimate the average changes over a period for a selection of pollutants such as $\text{NO}_2$, $\text{NO}$, $\text{O}_3$, $\text{PM}_{10}$, $\text{PM}_{2.5}$, and $\text{CO}_2$. In Spain, $\text{NO}_2$ levels fell below 50% of the WHO annual air quality guidelines (WHOAQGs), but those of $\text{PM}_{2.5}$ were reduced less than expected attributed to, among other causes, meteorological conditions favoring high secondary aerosol formation [11]. Decreases in $\text{PM}_{10}$ levels were greater than in $\text{PM}_{2.5}$. Daily maximum 8-h average (MDA8) $\text{O}_3$ experienced a generalized decrease in all the rural receptor sites when lockdown restrictions were relaxed (June–July) with $-20\%$. For urban areas (including Bilbao), the average MDA8 $\text{O}_3$ period responses were heterogeneous, with increases or decreases depending on the period and location. However, the $\text{O}_3$ WHOAQG was still exceeded during the lockdown in several cities. Sicard et al. (2020) also detected strong reductions in $\text{NO}_2$ mean concentrations in four European cities in Italy, France, and Spain: $53\%$ at urban stations, comparable to Wuhan (57%), and $65\%$ at traffic stations. In Europe, NO declined even further, $63\%$ at urban stations and $78\%$ at traffic stations. Reductions in $\text{PM}_{2.5}$ and $\text{PM}_{10}$ at urban stations were much smaller. The $\text{NO}_x$ concentrations during the lockdown were on average 49% lower than those at weekends of the previous years (2017–2019) in all cities. The lockdown effect on $\text{O}_3$ production was $10\%$ higher than the weekend effect in the studied southern European cities.

However, very few studies are devoted to pollution episodes and their analysis together with the observed emission/air pollution/meteorology variations inside or around the target domain, which could be important to understand the origin of the observed changes or to identify eventual transport episodes. In this respect, the evaluation of the concentration series at a daily/hourly resolution is needed, together with the observed meteorology/emission changes, in order to show the real length and intensity of episodes, search for their origin, and suggest actions for the eventual control strategies. In this manuscript, we show a comprehensive analysis of the impact of the COVID-19 lockdown on the air pollution of the Basque Country, a region in northern Spain with important industrial activity, and three major cities distributed throughout complex mountainous topography next to the French border. Special attention is paid to the occurrence of episodes during the period as well as their origin.
2. Materials and Methods

2.1. Area of Study and Selected Sites

The Basque Country (B.C.) is an autonomous Spanish community located in the north of the Iberian Peninsula, at the eastern end of the Cantabrian coast and near France (Figure 1). The orography of the B.C. is mountainous, with moderate altitude peaks of approximately 1000–1500 m.a.s.l (Figure 1). Three climatic zones can be distinguished: (1) the coastal zone and the North Atlantic slope, very rainy with moderate temperatures softened by the influence of the sea, where the main urban areas of Bilbao and Donostia-San Sebastián are located; (2) a transition zone between the oceanic and the Mediterranean climate, with mild temperatures and less precipitation than in the Atlantic slope, where Vitoria-Gasteiz is located; (3) the southernmost area corresponds to the Ebro valley, which drains into the Mediterranean, with important seasonal temperature fluctuations, dry and hot summers, and little precipitation throughout the year [12]. The climate of the coastal valleys and mountains can be classified as Cfb following the Köppen–Geiger climate classification, while the southernmost region shows a Csb-type climate [13]. Anticyclonic conditions have historically been reported to be behind the most severe pollution episodes in the region [14,15]. They are associated with weaker winds, calm, and/or re-circulations, which are also accompanied by a limited vertical dispersion of pollutants due to subsidence and the presence of temperature inversions at the lower troposphere. The subsidence inversions prevent pollution from efficient vertical ventilation and dispersion, as was already reported in the last century in the region [14,16,17] and can efficiently transport aged air masses with high ozone concentrations from more remote area sources into the studied region [18]. Anticyclones during the spring and summer seasons bring longer and more intense sunlight periods, which enhance ozone production after photochemical reactions from NOx and NMVOCs precursors. For ozone in the Basque Country (B.C.), an efficient transport mechanism from the upwind regions of precursor emissions ideally occurs under high-pressure conditions in western Europe and southern France [18–21]. Easterlies and northeasterlies from the European landmass, when they persist for several days, are responsible for such transport. We documented that the local ozone concentrations can rise well above 120 µg·m⁻³ for the daily 8-h averages during consecutive days, giving rise to the most severe/long episodes registered in the regional monitoring network of the B.C.

Almost half of the 2.2 million inhabitants of the B.C. live in the core and commuting zone of the city of Bilbao (the Greater Bilbao), the most populated city of the three provincial capitals. With 350,184 inhabitants in the core city, the rest are located in approximately 35 municipalities, most of them following the 15-km long estuary of the lower Nervión valley, from Bilbao city into the sea. The other two main capitals are Vitoria-Gasteiz with 253,996 inhabitants, and Donostia-San Sebastián with 188,240 inhabitants [22]. Regarding the economic activity of the whole region, industry represents 24.2% of the gross value in 2017 which was above the European EU-28 (19.6%) and the Spanish (16.2%) averages [23]. The most relevant sectors are metallurgy, machine tools, electricity generation, and transportation. The activity of the port of Bilbao represents 1.29% of the gross domestic product of the B.C. [24] and it is the most important Atlantic Port of Spain and the gateway to the European Atlantic trade routes. In Spain (312 veh·km⁻²), the province of Bizkaia ranks third for vehicle density, behind Madrid and Barcelona [11]. The province of Gipuzkoa also has a high vehicle density (238 veh·km⁻²), while Álava shows the lowest values (70 veh·km⁻²) of the B.C. [25].

The three provinces (Bizkaia, Gipuzkoa, and Álava), in Figure 1, show a different industrial distribution around their main cities (Figure 2). The location of the EPRTR industries [26] in and around the Greater Bilbao, follows the main estuary area and the two main valleys that drain into the city from the southeast and south. In Gipuzkoa, only a small fraction of its industry is located around the city of Donostia-San Sebastián, while the main fraction is well-distributed inside the three coastal valleys which drain directly into the sea, west of the city. In contrast, the main fraction of the industry in Álava is concentrated...
around the city of Vitoria-Gasteiz. The majority of the metal industry is located in the B.C., as shown in Figure 2, but there is also high diversity in industries distributed across the entire territory devoted to the production of chemicals and petrochemicals, cement, pulp and paper, waste treatment, waste incineration, and gas-fired power plants, among others.

The Air Quality Monitoring and Control Network managed by the Basque Government operates with the aim of evaluating the air quality in the whole territory. Currently, the network has 50 stations: 21 located next to industrial sources, 18 next to roads where traffic may be the main pollution source, and 11 at rural sites. Air pollutants are automatically measured on an hourly basis, as each analyzer is fitted with a suitable measurement technique and meets reference standards. This study is focused on regulated pollutants comprising sulfur dioxide (SO\(_2\)), nitric oxide (NO), nitrogen dioxide (NO\(_2\)), tropospheric ozone (O\(_3\)), and particulate matter (PM\(_{10}\) and PM\(_{2.5}\)) [27].
To assess the impact of the lockdown restrictions on the air pollution of the three provincial capitals, a selection of urban background sites and traffic stations was made, following the European Environmental Agency (EEA) criteria. This organization uses a viewer that tracks the weekly and monthly average concentrations of NO$_2$ and PM.
https://www.eea.europa.eu/themes/air/air-quality-and-covid19 (accessed on 18 October 2021) to assess the effect of the COVID-19 lockdown upon the air pollution of European Countries. In this application, Bilbao (BI*) is represented by five stations and Vitoria-Gasteiz (VG*) and Donostia-San Sebastián (DS*) by four (Table 1). The Facultad de Farmacia station in Vitoria-Gasteiz was added to the initial three stations of the EEA list in order to include at least one ozone monitoring site in the city. Their respective locations are shown in Figure 1. “Cluster-station data” are used for each city, as in the EEA application, which represents averaged values for each urban site (BI*, VG*, and DS*), as shown in Table 1. Moreover, to complete the study, and to assess rural air pollution, three monitoring stations, one for each province, were also selected (Figure 1). Table 1 gathers the sites and the measured air pollutants on each station.

Table 1. Selected urban background, traffic and rural sites, corresponding stations, and measured pollutants. Clustered urban background and traffic sites are marked with an asterisk *.

| Sites         | Station                          | Measured Pollutants |
|---------------|----------------------------------|---------------------|
| **Urban background and traffic sites** | | |
| BI*           | Parque Europa—Bilbao             | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, O\textsubscript{3} |
|               | Maria Diaz de Haro—Bilbao        | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, O\textsubscript{3} |
|               | Mazarredo—Bilbao                 | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10} |
|               | Barakaldo—Bilbao                  | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10} |
|               | Erandio—Bilbao                    | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5} |
| VG*           | Tres de marzo—Vitoria-Gasteiz     | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5} |
|               | Avenida Gasteiz—Vitoria-Gasteiz  | NO, NO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5} |
|               | Los Herrán—Vitoria-Gasteiz       | NO, NO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5} |
|               | Facultad de Farmacia—Vitoria Gasteiz | NO, NO\textsubscript{2}, O\textsubscript{3} |
| DS*           | Avenida Tolosa—Donostia-San Sebastián | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, O\textsubscript{3} |
|               | Puio—Donostia—San Sebastián      | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, O\textsubscript{3} |
|               | Easo—Donostia-San Sebastián      | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, |
|               | Ategorrieta—Donostia-San Sebastián | NO, NO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5} |
| **Rural sites** | | |
| MU            | Mundaka                          | NO, NO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, O\textsubscript{3} |
| VA            | Valderejo                        | NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, O\textsubscript{3} |
| PA            | Pagoeta                          | NO, NO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, O\textsubscript{3} |

In order to identify anomalous data, each individual hourly average concentration was tested and validated following an exhaustive procedure [28]. To avoid unreliable trends, daily, weekly, and yearly averages have been calculated only when more than 75% of the hourly data were available. For example, to obtain daily means, data with at least an 18 hourly average were needed.

2.2. Selected Periods

In Spain, a state of alarm was established on Saturday 14 March 2020, and it was extended six times every two weeks until Sunday 21 June [29]. To study the lockdown impact on air quality in the B.C., 18 weeks were selected: 3 weeks before the lockdown (named \(w^{-3}, w^{-2}, \text{and } w^{-1}\)), week 0 for the period 9–15 March, and the following 14 weeks of the lockdown (named \(w^{1–w^{14}}\)). Selected Monday-to-Sunday weeks, confinement, and mobility restrictions are all summarized in Table 2.
Table 2. Weekly periods studied and mobility and confinement restrictions applied in the Basque Country.

| Week | Weekly Period          | Restrictions                                                                 |
|------|------------------------|-----------------------------------------------------------------------------|
| w−3  | 17–23 February         | None.                                                                       |
| w−2  | 24 February–1 March    | Schools and universities close down. Confinement and mobility limitations. |
| w−1  | 2–8 March              | Confinement and mobility limitations.                                        |
| w0   | 9–15 March             | Confinement, mobility limitations, and restrictions to non-essential activities. Full lockdown: all non-essential activities stopped. |
| w1   | 16–22 March            | Confinement and mobility limitations.                                        |
| w2   | 23–29 March            | Confinement and mobility limitations. Partial lockdown: some non-essential activities start. |
| w3   | 30 March–5 April       | Relaxation of confinement and mobility limitations. Children under 14 years allowed to go out for 1 h a day. |
| w4   | 6–12 April             | Relaxation and preparation—stage 0. All population is allowed to go out for 1 h a day in time bands according to their age, mobility is reduced to the municipality, and some non-essential services opened with capacity restrictions. |
| w5   | 13–19 April            | Relaxation—stage 1. All population is allowed to go out, but mobility is reduced to the municipality. |
| w6   | 20–26 April            | Relaxation—stage 2. Mobility is extended to the province.                   |
| w7   | 27 April–3 May         | Relaxation—stage 3. Borders between provinces and other autonomous communities bordering B.C. were opened. |
| w8   | 4–10 May               | Relaxation—stage 0. All population is allowed to go out for 1 h a day in time bands according to their age, mobility is reduced to the municipality, and some non-essential services opened with capacity restrictions. |
| w9   | 11–17 May              | Relaxation—stage 1. All population is allowed to go out, but mobility is reduced to the municipality. |
| w10  | 18–24 May              | Relaxation—stage 2. Mobility is extended to the province.                   |
| w11  | 25–31 May              | Relaxation—stage 3. Borders between provinces and other autonomous communities bordering B.C. were opened. |
| w12  | 1–7 June               |                                                                              |
| w13  | 8–14 June              |                                                                              |
| w14  | 15–21 June             |                                                                              |

Schools, colleges, and universities closed from 9 March onwards in Vitoria-Gasteiz, and from 13 March onwards in the remaining Basque territory. General restrictions enforced on 14 March included confinement and mobility limitations. Teleworking was enforced whenever possible, as non-essential services were ordered to close. In addition, from 30 March to 9 April, all non-essential service workers were forced to stay home. During this period, mobility was only allowed through force majeure, such as medical appointments or the acquisition of basic goods or food.

Relaxation measures began on 4 May [29]. Mobility was restricted to the municipality and the use of public transport increased gradually. Allowance to leave was by age groups and time slots, and some establishments were open for appointments only, such as hairdressers, restaurants, bars, etc. Given the different situation of the Spanish Autonomous Communities, from 11 May onwards measures were dictated by the autonomous government [30]. In the following stages 1 and 2, social distancing measures were reduced progressively. From June 18 onwards, mobility between provinces was allowed and a situation of “new normality” started on 20 June [30].

In order to compare air quality data recorded during the 2020 lockdown (Table 2), corresponding periods for the five previous years were selected according to the criteria of the European Environment Agency [31], including the weekend effect. Selected Monday-to-Sunday weeks are detailed in Table 3.

2.3. Emissions

The largest road traffic contribution in the B.C. corresponds to the province of Bizkaia (48–52% of the B.C. total in Table 4), and most of it corresponds to the Greater Bilbao’s urban area and its commuting zone. Data for the traffic changes during the lockdown
(Section 3.1) were obtained from traffic counting stations at the three Basque Provinces [32] and as personal communication from each town council (Bilbao, Vitoria-Gasteiz, and Donostia-San Sebastián). Shipping emissions in ports are related to port traffic activity. The main port of the B.C. is in the estuary of the Greater Bilbao [33]. The contribution of the second port, in the province of Gipuzkoa, to the total traffic in the B.C. is marginal (7.7%), as shown in Table 4. The monthly variations on total traffic [34] have been used to estimate changes during the w0–w14 period (Section 3.1). The three airports in the B.C. are located 13–20 km from their respective core cities. The Vitoria-Gasteiz airport accounts for 99.8% of the B.C.’s merchandise (air goods), while the main airport of Bilbao accounts for 94% of passengers (Table 4). The estimation of aircraft emissions at ground level and their air pollution effect near airports have been analyzed in different studies. Indeed, the near surrounding areas of the airports, between 1 and 5 km, are the most sensitive to NOX pollution, mainly emitted during the take-off and climbing phases. CO and Hydrocarbons (HC) are mostly emitted during the taxiing of aircraft, while SO2, PM2.5, and other trace compounds are primary air pollutants or precursors of secondary pollutants [35].

Table 3. Corresponding selected pre-lockdown and lockdown weeks for the years 2015–2019 and 2020.

| Year | Pre-Lockdown Weeks (w−3–w0) | Lockdown Weeks (w1–w14) |
|------|-----------------------------|-------------------------|
| 2015 | 16 February–15 March        | 16 March–21 June         |
| 2016 | 15 February–13 March        | 14 March–19 June         |
| 2017 | 13 February–12 March        | 13 March–18 June         |
| 2018 | 19 February–18 March        | 19 March–24 June         |
| 2019 | 18 February–17 March        | 18 March–23 June         |
| 2020 | 17 February–15 March        | 16 March–21 June         |

Table 4. Contribution (%) and variation (%) of mobility in 2020 compared to 2019 in the three provinces of the Basque Country during the period studied (w0–w14) in different areas: interurban and urban traffic, air goods, passengers, and port traffic. Large reduction (from −100.0% to −25.0%), reduction (from −24.9% to −10.0%), small reduction (from −9.9% to −0%).

| Traffic            | Contribution/Variation (%) | Bizkaia | Alava | Gipuzkoa | Weighted Average, BC |
|--------------------|---------------------------|---------|-------|----------|----------------------|
| Road interurban    | Contribution (%)          | 52      | 13    | 35       | 100                  |
|                    | Reduction (%)             | −53     | −58   | −51      | −53                  |
| Road urban (main city) | Contribution (%)          | 47      | 34    | 19       | 100                  |
|                    | Reduction (%)             | −44     | −49   | −63      | −49                  |
| Air goods          | Contribution (%)          | 1       | 99    | −        | 100                  |
|                    | Reduction (%)             | −87     | −13   | −        | −14                  |
| Air passengers     | Contribution (%)          | 93      | 2     | 5        | 100                  |
|                    | Reduction (%)             | −91     | −94   | −92      | −91                  |
| Port traffic       | Contribution (%)          | 92      | −     | 8        | 100                  |
|                    | Reduction (%)             | −8      | −     | −21      | −9                   |

In the B.C. there are three natural gas combined cycle power plants with a total installed capacity of 2000 MW. They are all located in the commuting area of the Greater Bilbao: two of them at 14 and 17 km to the northwest of the core city, and the third one to the southeast, following the valley of the Ibaizabal River, draining into the city (Figure 2a). Their emissions can impact the whole urban area under adequate meteorology. In the B.C., electricity from non-renewable sources comes from the three mentioned combined cycle
thermal power plants (58%), a cogeneration plant (36%), and a waste incinerator (6%) [36], marked in closed red triangles in Figure 2a.

Industrial activity and power plants are the main sources of NO\textsubscript{x} in the region: they emit more than road traffic (5/4 ratio) and more than the residential domestic sources (5/1). They are also practically the only sources that emit SO\textsubscript{2} and major emission sources of primary PM\textsubscript{2.5} in a 4/1 ratio with respect to road traffic [37]. Annual emissions for the year 2018 (last update), and source distribution for NO\textsubscript{x}, SO\textsubscript{2}, PM, and NMVOCs, are shown in Figure 2. Industrial activity changes during the lockdown could be assessed by using the energy (electricity and gas) consumption changes discussed in Section 3.1. The Industrial Production Index (IPI) can also be used as an industrial activity indicator [38]

2.4. Meteorology

Meteorology is one of the main drivers of the pollutant concentration of a region. Intense winds bring ventilation periods with low concentrations while weak winds and/or local and mesoscale wind re-circulations give rise to the accumulation of pollutants and pollution episodes. A reduction of pollution concentrations in a region, like during the lockdown period, can be attributed to fewer emissions, good ventilation conditions, or both. Contrarily, an increase or the mere absence of a trend in a low emission scenario makes it necessary to search for adequate reasons, which could be related to non-accounted pollution sources and/or the concurrence of adverse meteorology. As it is discussed in Sections 3.3–3.5, this is the case for some of the pollutants monitored in the Basque network. To search for the role of meteorology in the observed concentrations during the lockdown period, meteorological anomalies with respect to the expected average conditions in the region are estimated in Section 3.2. Meteorological variables such as wind, cloud cover, temperature, and pressure distribution were selected to search for anomalies during the March–June 2020 lockdown period, with respect to the five-year 2015–2019 averages of the same four-month period. Hourly ERA-5 re-analysis data are used for the study [39], and the Grid Analysis and Display System (GrADS) for the data processing and representation of anomalies [40]. The six-hourly NCEP Climate Forecast System Reanalysis (CFSR) historical archive in Wetterzentrale (http://www.wetterzentrale.de/; last accessed: 14 June 2021) and the satellite imagery of NASA’s Global Imagery Browse Services (GIBS) were also used to analyze the main O\textsubscript{3} and PM episodes recorded in the region during the lockdown in Section 3.5.

2.5. Air Quality Changes during the Lockdown

The concentrations of air pollutants recorded during the lockdown period in 2020 (Table 2) are compared with data obtained during the corresponding periods of the previous five years (2015–2019) in Table 3. Inter-annual and lockdown average concentrations of the full lockdown period, both at the selected three clustered urban sites and three rural sites, are estimated in Section 3.3 with their corresponding ensemble urban/rural averages. Hourly data availability is between 90% and 100% for all pollutants and sites, except for PM\textsubscript{2.5}, NO, and NO\textsubscript{2} at the Pagoeta site during the 2015–2019 period, with 76%, 85%, and 85% of the data available, respectively, due to anomalous data for approximately three weeks which were removed from the database. The series of weekly concentrations during the lockdown can show changes with respect to climatological values not represented in the full lockdown averages. Comparisons at a higher time resolution (weekly or daily) of the NO\textsubscript{2}, O\textsubscript{3}, and PM\textsubscript{10} concentrations during the lockdown with the corresponding 2015–2019 inter-annual values are performed in Sections 3.4 and 3.5. They can help to study the effect of each stage of the lockdown in the air quality or to detect episodes of “anomalous” concentrations at this shorter time-scale above/below the inter-annual averages of the daily values. It is assumed that ozone and particles (natural or anthropogenic) episodes can occur randomly during the March–June period throughout the years. Those all events are included in the climatological baseline of daily averages and variability of the concentrations of the previous five years. In a scenario of low emissions, like during the lockdown, the
positive anomalies can be related to transport episodes of ozone and particles (natural or anthropogenic) under adequate meteorology. The episodes last a variable number of days (usually less than a week) and the list of episodes [41] evaluated using the Navy Aerosol Analysis and Prediction System (NAAPS) with satellite imagery and high-resolution trajectories are used to search for positive anomalies associated with African dust, European sulfates, and wildfires over the climatological records (Sections 3.4 and 3.5).

3. Results and Discussion

3.1. Mobility and Activity Reduction during the Lockdown

3.1.1. Urban and Interurban Road Traffic

In order to study mobility decrease during the state of alarm in the B.C., the percentage of traffic reduction with respect to the same 2019 March–June period was calculated for urban and interurban roads (Table 4). Average urban and interurban traffic reduction in the B.C. during the lockdown was −49% and −53%, respectively. Its effect on air quality is discussed in Section 3.3. Traffic started to decrease during the first week with general restrictions (w1) and a minimum was reached during 6–12 April (w4), coinciding with restrictions on non-essential activities (Table 2). The decrease was significant for intercity roads (−82%) and down to −85% for highways for light vehicles with respect to w0 and less for heavy vehicle circulation on highways (−65%) as the transport of goods was an essential activity. From week 4 onwards, traffic tended to recover, but values previous to the lockdown were not reached. Regarding urban traffic, the largest reduction with respect to w0 was −81%, −70%, and −85% at Bilbao, Vitoria-Gasteiz, and Donostia-San Sebastián, respectively, during week 4. The time evolution of the traffic reduction is discussed in Section 3.3 in the context of the observed NO₂ and O₃ concentration changes in the three cities.

3.1.2. Ports and Airports

The activity and logistics operations of the port of Bilbao, with the highest contribution, barely changed during the lockdown period (Table 4), ensuring the delivery of essential services and facilitating supply sources for industry and consumer products for customers [33]. Monthly variations on total traffic ranged between −3% (March) and −14% (June 2020) [34], with an average of −9.1% for the corresponding 2019 March–June period (Table 4). On the other hand, the three airports in the B.C. showed a decrease in their activity during the 2020 lockdown, although differently in each of them. Total passenger air traffic variation ranged between −91.0% and −94.4% at the three airports of the B.C., compared to the corresponding 2019 March–June period. The decrease in total merchandise air traffic affected Bilbao and Donostia-San Sebastián (−87.3% and −100%) more significantly. However, the Vitoria-Gasteiz airport, which accounts for 99.8% of the B.C.’s merchandise (air goods) traffic totals, barely changed during the lockdown period at −12.8% [42].

3.1.3. Energy Demand: Electricity and Natural Gas

The observed changes in the electricity consumption by main sectors in the B.C. during the period March–June 2020 relative to the same period in 2019 are summarized in Table 5 (left column). The table is based on the monthly data of electricity consumption by sector (buildings, domestic, services, iron and steel industry, and rest of industry) forwarded by the Basque Energy Agency [43]. The electricity consumption decreased during the lockdown (−14.3%), dragged down by a decrease in the demand in industry and services, which was not balanced by the slight increase in demand (+4.8%) in the domestic sector after the “stay at home” order.

Between March and June 2020, with respect to the same months of 2019, the total consumption of natural gas decreased moderately (−11.1%), as shown in Table 5 (right column). This variation is supported by a moderate decrease in domestic and commer-
cial consumption (−8.7%), a greater decrease in industrial consumption (−25%), and a significant growth for thermal power plants (+57%).

Table 5. Variation of the energy consumption (electricity and natural gas) by main sector in 2020 relative to 2019, for the March–June average. Large reduction (up to −25.0%), reduction (from −24.9% to −10.0%), small reduction or increment (from −9.9% to 10.0%), increment (above 10.1%).

| Electricity Sector                  | Variation (%) | Natural Gas Sector              | Variation (%) |
|------------------------------------|---------------|---------------------------------|---------------|
| Total electricity                  | −14           | Total natural gas               | −11           |
| Industry (excluding iron and steel industry) | −18           | Industry (excluding power plants) | −25           |
| Iron and steel industry            | −22           | Power Plants                    | 57            |
| Buildings                          | −8            | Domestic and Commercial         | −9            |
| Domestic                           | 5             |                                 |               |
| Services                           | −18           |                                 |               |

3.1.4. Industry

Industrial activity changes during the lockdown could be assessed by using the energy consumption changes by sector (Table 5): an average decrease between 18% and 22% during the period March–June 2020 with respect to the same period in 2019 could be inferred from the observed decrease in the industrial electricity demand. The Industrial Production Index (IPI) is also used as an industrial activity indicator. In the B.C., the IPI decreased by 21% during the period March–June 2020, with respect to the preceding months of January and February [38]. This decrease was similar (−20.4%) to that observed in Spain [44]. The estimated change was uneven among the different sectors of the industry, depending on the evolution of demand and the storage capacity of the industrial production, among other reasons. In this sense, the refinery located close to the port of Bilbao, the largest industrial emission source of the B.C. (Figure 2), maintained its full activity during the first two months of the lockdown and reduced it by 40% from the beginning of May onwards, due to the persistent low fuel demand after the drastic reduction in mobility [45]. On the contrary, the three natural gas combined cycle power plants increased their activity by 57% (Table 5), with the corresponding increase in their relatively important NOx contribution.

Emission changes out of the B.C. during the lockdown need to be considered in our analysis because they can explain the transport of pollution from upwind regions. The increasing level of pollutant concentrations in the surrounding regions can contribute to local/regional episodes (see Section 3.5) under the appropriate meteorology. Following the IPI monthly activity indicator [44], the industrial activity in France, similar to that of Spain [44]. The estimated change was uneven among the different sectors of the industry, depending on the evolution of demand and the storage capacity of the industrial production, among other reasons. In this sense, the refinery located close to the port of Bilbao, the largest industrial emission source of the B.C. (Figure 2), maintained its full activity during the first two months of the lockdown and reduced it by 40% from the beginning of May onwards, due to the persistent low fuel demand after the drastic reduction in mobility [45]. On the contrary, the three natural gas combined cycle power plants increased their activity by 57% (Table 5), with the corresponding increase in their relatively important NOx contribution.

Concerning urban and interurban road traffic, the largest mobility decrease in Europe, using mobile positioning data, was observed in Spain [5] with an average decrease of 55% during the period March–June 2020 relative to February before the lockdown, followed by France with an average decrease of 41%. The rest of Europe showed lower decreases. Ground transport CO2 emissions decreases were the largest in Spain (−16.6%), while France (−13.7%) and Italy (−13.0%) showed more modest decreases [46], although in this case the changes were estimated over the first seven months of 2020 with respect to the same period in 2019.

3.2. Meteorology during the Lockdown Period (2020) and Comparison with 2015–2019

Meteorological anomalies during the lockdown period (16 March–21 June 2020) with respect to the five-year 2015–2019 averages of the same corresponding period are repre-
presented in Figure 3. ERA-5 re-analysis of temperature (shaded colors in °C) and cloud cover anomalies (contours in %) are presented in Figure 3a,b, while the mean sea level pressure (contours in hPa) and wind anomalies (shaded colors in m·s⁻¹ and vectors) are included in Figure 3c,d. The lockdown period was characterized by positive temperature anomalies in the north and northwest of the Iberian Peninsula and negative temperatures over the south and southeast (Figure 3a,b). The highest temperature anomalies were located over the southwest of France and in “the most southeast region” of the Bay of Biscay. The same relative warm areas showed negative cloud cover anomalies, which also affected the B.C. region (Figure 3b). The pattern of pressure and wind anomalies observed in Figure 3c,d show more intense European continental easterlies blowing over the higher-pressure anomaly located in western France and offshore over the Bay of Biscay, while the wind intensity in the B.C. approaches the average values, with a slightly negative 0.5 m·s⁻¹ anomaly.

Figure 3. Temperature, cloud cover (a,b), mean sea level pressure, and wind anomalies (c,d) during the 2020 lockdown period with respect to the 2015–2019 corresponding period.

Consequently, in a low emission scenario, the actual ventilation conditions in the B.C. would have contributed to a comparative reduction of ambient concentrations of primary pollutants near the sources (Section 3.3). Pressure, wind direction, temperature, and cloud cover are compatible with a higher-than-normal frequency of anticyclones over France during the period: the continental E winds would have brought the observed warm and
dry anomaly to the northern regions of the Iberian Peninsula. Sea breezes during the
daytime, which are frequent from March to October in the Cantabrian Coast, are expected
to contribute to the inland convergence of the European continental easterlies over the Bay
of Biscay into the northern coast of Iberia [14,18,19]. All these processes are responsible
for the transboundary transport of ozone (and secondary aerosols) from southern France,
which adds to the local production to give rise to the most severe episodes registered in
the region (Section 2.1). The changes in the lockdown period average values of PM and
ozone between 2020 and previous years (Section 3.3) could be related to the mentioned
meteorological anomalies (temperature, cloud cover, and winds). All the ozone episodes
identified during the lockdown in Section 3.5 also show the synoptic forcing responsible
for the observed anomalies in Figure 3.

3.3. Air Quality during the Lockdown, Full-Period Averages, and 2015–2019 Comparisons
3.3.1. Inter-Annual Averages (2015–2019)

Due to the greater total traffic and industrial emissions in the Greater Bilbao (BI*) with
respect to the other capitals (Section 2.3), its average inter-annual concentrations of pollu-
tants (NO\textsubscript{x}, SO\textsubscript{2}, PM\textsubscript{10}, and PM\textsubscript{2.5}) were the highest among the three urban environments
(Table 6). Similarly, DS* showed higher concentrations than VG*. This is true for most
pollutants except for O\textsubscript{3}, which showed a reversed behavior, with lower concentrations
at BI* due to an increased O\textsubscript{3} titration by NO\textsubscript{x}. Inter-annual NO\textsubscript{2} (27.2 µg m\textsuperscript{-3}) average
concentrations in BI* (the highest among all the sites) were well below the annual WHO’s
Air Quality Guideline (WHOAQG) for this pollutant (40 µg m\textsuperscript{-3}). The SO\textsubscript{2} concentrations
for the inter-annual values were also low (5.9 µg m\textsuperscript{-3}) and there was no exceedance of the
24-h average guideline (20 µg m\textsuperscript{-3}). However, PM\textsubscript{10} (17.7 µg m\textsuperscript{-3}) and PM\textsubscript{2.5} (9.5 µg m\textsuperscript{-3})
were close to exceeding their respective annual guidelines of 20 µg m\textsuperscript{-3} and 10 µg m\textsuperscript{-3}.
The largest urban O\textsubscript{3} concentrations were registered in VG* (66.2 µg m\textsuperscript{-3}) and it was
relatively low when compared to the rural averages. For the three rural sites MU, PA, and
VA, the ensemble average of the inter-annual concentrations of NO (1.5 µg m\textsuperscript{-3}), NO\textsubscript{2}
(3.7 µg m\textsuperscript{-3}), and SO\textsubscript{2} (1.9 µg m\textsuperscript{-3}) were much lower than those recorded in the urban
sites (7.7, 22.6, and 3.9 µg m\textsuperscript{-3} for the respective three pollutants). In this respect, the rural
averages of NO and NO\textsubscript{2} were only 19% and 16% of the respective urban concentrations
while the rural SO\textsubscript{2} were also relatively low: 49% of the urban values. This seems to be
caused by the relatively large distance from their main sources (road traffic and industry)
around the respective urban sites and the relatively short lifetimes of these pollutants. The
average rural PM\textsubscript{10} concentrations were 68% of the values registered in the cities. PM\textsubscript{2.5}
was even more uniformly distributed in the rural environment of the B.C. (5.6–6.2 µg m\textsuperscript{-3}),
approximately 69% of the PM\textsubscript{2.5} found in the average urban environment. The observed
urban to rural concentration differences regarding NO and NO\textsubscript{2} seem to be in accordance
with the longer lifetime of PM\textsubscript{2.5} and PM\textsubscript{10}, with resultant larger urban-to-rural differences
at shorter lifetimes. On the contrary, the O\textsubscript{3} field distribution was controlled both by the
photochemistry and the availability of NO\textsubscript{x} and NMVOC species. Thus, its concentration
in the rural sites, out of the NO\textsubscript{x}-saturated urban environments, was higher than in the
cities. The highest averages were found in VA (84.1 µg m\textsuperscript{-3} in Table 6). This monitoring
station showed the largest history of O\textsubscript{3} episodes in the B.C. [21,47–51]. The occurrence of
O\textsubscript{3} exceedances of the WHOAQG (100 µg m\textsuperscript{-3}) for the MDA8 O\textsubscript{3} concentration during the
lockdown is discussed below, in Section 3.5.
Table 6. Average and ± standard deviation of NO, NO\textsubscript{2}, SO\textsubscript{2}, PM\textsubscript{10}, PM\textsubscript{2.5}, and O\textsubscript{3} (µg·m\textsuperscript{-3}) concentrations during the lockdown period (2020) and previous years (2015–2019) at clustered urban traffic sites (marked with an asterisk) and selected rural sites in Basque Country. Ensemble urban and rural averages are also included. The percentage of reduction or increment during the 2020 lockdown with respect to 2015–2019 is included in shaded colors: Large reduction (up to −25.0%), reduction (from −24.9% to −10.0%), Small reduction or increment (from −9.9% to 10.0%), increment (above 10.1%). Clustered urban background and traffic sites are marked with an asterisk*.

| Area         | Station              | Period (Years)/Variation (%) | NO     | NO\textsubscript{2} | SO\textsubscript{2} | PM\textsubscript{10} | PM\textsubscript{2.5} | O\textsubscript{3} |
|--------------|----------------------|------------------------------|--------|---------------------|---------------------|----------------------|---------------------|-----------------|
|              |                      | **2015–2019**                | 8.4 ± 13.0 | 27.2 ± 15.7 | 5.9 ± 3.8 | 17.7 ± 9.6 | 9.5 ± 9.6 | 51.5 ± 26.6 |
|              |                      | 2020                         | 5.0 ± 6.5 | 15.8 ± 9.8 | 4.9 ± 2.6 | 15.5 ± 8.9 | 9.3 ± 8.9 | 57.2 ± 25.9 |
|              | **variation (%)**    |                               | −40% | −42% | −17% | −12% | −2% | 11% |
|              | **2015–2019**        | 9.7 ± 14.6 | 21.7 ± 13.9 | 3.2 ± 0.6 | 17.2 ± 8.3 | 7.9 ± 8.3 | 62.7 ± 24.9 |
|              | **2020**             | 3.9 ± 7.3 | 12.7 ± 8.4 | 2.6 ± 0.9 | 16.6 ± 8.1 | 8.1 ± 8.1 | 61.7 ± 24.2 |
|              | **variation (%)**    |                               | −60% | −41% | −19% | −3% | 3% | −2% |
| Urban traffic| Bilbao (BI*)         |                              |        |        |        |        |        |        |
|              |                      | **2015–2019**                | 5.0 ± 8.8 | 18.8 ± 12.3 | 2.7 ± 0.7 | 14.7 ± 8.6 | 7.8 ± 8.6 | 66.2 ± 23.5 |
|              | **2020**             | 1.9 ± 3.4 | 8.8 ± 7.0 | 1.9 ± 0.7 | 12.4 ± 6.7 | 7.6 ± 6.7 | 61.6 ± 21.5 |
|              | **variation (%)**    |                               | −62% | −53% | −30% | −16% | −3% | −7% |
|              |                      | **2015–2019**                | 7.7   | 22.6   | 3.9   | 14.8   | 8.3   | 60.1   |
|              |                      | 2020                         | 3.6   | 12.4   | 3.1   | 16.5   | 8.4   | 60.2   |
|              | **variation (%)**    |                               | −53% | −43% | −21% | −10% | −1% | 0% |
|              |                      | **2015–2019**                | 1.3 ± 0.8 | 4.2 ± 3.0 | - | 11.0 ± 8.0 | 6.2 ± 8.0 | 79.2 ± 18.6 |
|              |                      | 2020                         | 0.9 ± 0.7 | 2.9 ± 2.3 | - | 9.9 ± 6.6 | 7.0 ± 6.6 | 70.7 ± 19.1 |
|              | **variation (%)**    |                               | −31% | −31% | - | −10% | 13% | −11% |
|              |                      | **2015–2019**                | 2.0 ± 1.1 | 3.5 ± 2.6 | - | 12.7 ± 6.5 | 5.7 ± 6.5 | 82.9 ± 15.9 |
|              |                      | 2020                         | 1.5 ± 0.7 | 1.6 ± 1.6 | - | 8.1 ± 6.0 | 5.5 ± 6.0 | 75.8 ± 17.3 |
|              | **variation (%)**    |                               | −25% | −54% | - | −36% | −4% | −9% |
| Rural background| Mundaka (MU)        |                              |        |        |        |        |        |        |
|              |                      | **2015–2019**                | 1.1 ± 0.7 | 3.5 ± 1.9 | 1.9 ± 1.1 | 9.9 ± 6.5 | 5.6 ± 6.5 | 84.1 ± 21.3 |
|              |                      | 2020                         | 1.1 ± 0.4 | 2.0 ± 1.4 | 1.5 ± 0.7 | 8.3 ± 5.0 | 5.6 ± 5.0 | 73.0 ± 21.5 |
|              | **variation (%)**    |                               | 0% | −43% | −21% | −16% | 0% | −13% |
|              |                      | **2015–2019**                | 1.5   | 3.7   | 1.9   | 11.2   | 5.8   | 82.1   |
|              |                      | 2020                         | 1.2   | 2.2   | 1.5   | 8.8   | 6.0   | 73.2   |
|              | **variation (%)**    |                               | −20% | −41% | −21% | −21% | 3% | −11% |
3.3.2. Lockdown Averages

NO and NO\(_2\)

During the lockdown, both NO and NO\(_2\) urban concentrations showed the largest decreases among all the registered pollutants in the monitoring stations of the B.C. The ensemble urban average in the three sites during the period March–June 2015–2019 was 7.7 \(\mu g\cdot m^{-3}\) and 22.6 \(\mu g\cdot m^{-3}\) for NO and NO\(_2\), respectively. During the lockdown, they decreased an average of 4.1 \(\mu g\cdot m^{-3}\) for NO and 10.2 \(\mu g\cdot m^{-3}\) for NO\(_2\), an important reduction of \(-53\%\) and \(-45\%\), respectively, when compared to the inter-annual values. These average values were not equally distributed among the cities, with VG\(*\) showing the largest NO\(_2\) reduction (\(-53\%)\) and BI\(*\) the lowest (\(-42\%)\). These reductions are in accordance with the reported road traffic decrease (\(-49\%\) and \(-53\%\) in urban and interurban road traffic, respectively) in the whole B.C. (Table 4), which had a direct impact on the urban NO\(_x\).

Other contributors to the observed NO\(_x\) changes could have been the reported variations in the industrial and domestic commercial activity (Section 3.1), which use natural gas as the main source of heat or electric power. However, based only on the reported moderate reduction of the total gas consumption (\(-11\%\) in Table 5) during the lockdown. It can be concluded that changes in road traffic were the main driver of the NO\(_x\) urban decrease.

The rural inter-annual concentrations of NO and NO\(_2\) in the B.C. were low because of their relatively short lifetime and long distance from the sources, as discussed above. Ensemble averages of the three sites were 1.5 \(\mu g\cdot m^{-3}\) and 3.7 \(\mu g\cdot m^{-3}\) for NO and NO\(_2\), respectively. During the lockdown, NO\(_2\) showed an important reduction of approximately 1.5 \(\mu g\cdot m^{-3}\) in all three rural sites, while NO concentrations showed lower changes around its already very low value, with greater effect in MU than in VA and PA.

SO\(_2\)

SO\(_2\) concentrations were very low in both urban and rural sites: the ensemble urban average during the period February–June 2015–2019 was 3.9 \(\mu g\cdot m^{-3}\), and 1.9 \(\mu g\cdot m^{-3}\) in the VA rural site. The urban SO\(_2\) was significantly higher in BI\(*\) (5.9 \(\mu g\cdot m^{-3}\)) and lower in VG\(*\) (2.7 \(\mu g\cdot m^{-3}\)) and DS\(*\) (3.2 \(\mu g\cdot m^{-3}\)). The observed distribution could be attributed to industry, which is the main source of ambient SO\(_2\) in the region (Section 2.1), with the relative higher impact of a large refinery located close to the mouth of the estuary of BI\(*\), together with the ship traffic in its port area. During the lockdown, SO\(_2\) showed a reduction of \(-0.8 \mu g\cdot m^{-3}\) in the urban sites and stayed constant in the rural ones. This represents a decrease of 21\% in the cities for inter-annuals, which is in accordance with the estimated average 20\% reduction in the activity of the refinery and the reduction (\(-18\%\) to \(-25\%)\) of the general industrial activity, based on their energy consumption. Traffic reduction in the port of Bilbao during the lockdown (\(-8.1\%\) with respect to the same 2019 March–June period), could also have contributed to the observed SO\(_2\) decrease.

PM\(_{10}\)

The PM\(_{10}\) lockdown average concentrations, as for the case of SO\(_2\), showed a moderate reduction in the urban and rural environments of the B.C. The ensemble average in the three urban sites during the period February–June 2015–2019 was 16.5 \(\mu g\cdot m^{-3}\) and 11.2 \(\mu g\cdot m^{-3}\) in the rural one. During the lockdown, PM\(_{10}\) decreased an average of \(-2.4 \mu g\cdot m^{-3}\) and \(-1.7 \mu g\cdot m^{-3}\) in the rural and urban environments, respectively. This represents a small reduction of 10\% in the cities, which is lower than the observed one for SO\(_2\), and a larger reduction of 21\% in the rural PM\(_{10}\) for inter-annual values. Reduced road traffic emissions, less construction/demolition activities, and the more modest industrial activity decrease (approximately \(-20\%)\) could be the cause of the observed decrease. Thus, during the lockdown the decrease of the PM\(_{10}\) concentrations affected the rural environment more, resulting in an increased urban-to-rural concentration gradient. The reduction did not affect all cities or all rural sites equally: the lowest reduction of 3\% in all the cities and 10\% in all the rural sites corresponded to DS\(*\) and MU, respectively. Both monitoring sites are located at the seashore, and the sea salt aerosol could have played a role in the observed
smaller reductions [11]. Sea salt aerosol contributed to a fraction of the total concentration, which probably did not change during the lockdown for inter-annual values, as can be inferred from the absence of wind anomalies in the coastal area of the B.C. (Figure 3).

**PM$_{2.5}$**

PM$_{2.5}$ average concentrations during the lockdown stayed constant without significant changes for inter-annual values in both urban and rural environments of the B.C. For PM$_{2.5}$, the ensemble inter-annual average in the three urban sites during the period March–June was 8.4 $\mu$g·m$^{-3}$ and 5.8 $\mu$g·m$^{-3}$ in the three rural sites. During the lockdown, similar concentrations were found both in the ensemble urban (8.3 $\mu$g·m$^{-3}$) and rural (6.0 $\mu$g·m$^{-3}$) averages. Moreover, concentrations remained similar at every specific site during the lockdown for their inter-annuals, except for the rural site MU which increased slightly (+13%) over a relatively low inter-annual value (6.2 $\mu$g·m$^{-3}$). As shown in Section 3.2, wind velocity during the lockdown, which controls the ventilation/dispersion of pollutants, was close to the 2015–2019 average conditions. Thus, in a first approach, the lockdown values could be directly comparable with their inter-annuals without a wind velocity correction.

After observing the quasi-persistent PM$_{2.5}$ concentrations, with respect to inter-annuals, it was determined that urban and interurban road traffic could not be the main source for the observed PM$_{2.5}$ concentrations in the B.C. because road traffic decreased significantly (49–53%). A significant PM$_{2.5}$ reduction would have had a major impact on the cities, which was not the case. The observed reduction could only be attributed to a main PM$_{2.5}$ source that did not change so much during the lockdown. In this respect, a spatial and sectorial source allocation study performed in 150 European cities, including the Greater Bilbao, using an adapted chemical transport model [37], showed that road transport contributes only 7% of the PM$_{2.5}$ in Bilbao, while the industry contribution is 46%. The rest is distributed among agriculture (16%), residential (4%), natural (12%), and other minor sources. These percentages show high variability among the reported cities. For the case of Bilbao, which shows one of the largest industrial contributions of the European cities, more than 50% of the PM$_{2.5}$ (primary and secondary) originated inside the Greater City, which could be helped by adopting the efficient local reduction policies on PM$_{2.5}$ concentrations. During the lockdown, the main decrease affected road traffic, and industry showed a lower decrease, whereas, the activity of power plants increased (Section 3.1). Taking into consideration road traffic and industry only, as agriculture did not change significantly during the lockdown because the activity of agri-food companies was guaranteed, including crop and livestock holdings, we could expect a decrease of −1.2 $\mu$g·m$^{-3}$ in Bilbao during the period, but the actual decrease was only −0.2 $\mu$g·m$^{-3}$. The impact of specific meteorological conditions such as less rainfall and more insolation than during average March–June (2015–2019) meteorology (Figure 3), could have played a role in the more efficient formation of secondary aerosol, which could increase PM$_{2.5}$ concentrations to the observed values [11]. The more uniform urban/rural PM$_{2.5}$ distribution in the B.C. with respect to the PM$_{10}$ can be attributed both to the location of their main primary and precursor sources (industry, road traffic, and domestic, among others) inside or close to the greater cities and their lifetime differences with PM$_{10}$, which allowed a more efficient transport of PM$_{2.5}$ to the more remote rural sites.

**Ozone**

The ensemble O$_3$ average concentration of the three urban environments of the B.C. during the lockdown did not show significant changes with respect to the inter-annual value, though important differences were appreciated among the three cities. Inter-annual O$_3$ concentrations in the urban sites showed an average value (60.1 $\mu$g·m$^{-3}$) below one of the rural sites (82.1 $\mu$g·m$^{-3}$) with the lowest concentrations in BI* (51.5 $\mu$g·m$^{-3}$), due to a greater effect of the O$_3$ titration with respect to DS* (62.7 $\mu$g·m$^{-3}$) and VG* (66.2 $\mu$g·m$^{-3}$). During the lockdown, a significant increase was observed in BI* (+11%) and a moderate decrease in VG* (−7%) and DS* (−2%), which accounts for the observed quasi-unchanged
average of the three sites (60.2 µg·m\(^{-3}\)) concerning the inter-annual average (60.1 µg·m\(^{-3}\)). On the contrary, a more uniform decrease (approximately −11%) was observed in the three rural environments making the differences between urban (60.2 µg·m\(^{-3}\)) and rural (73.2 µg·m\(^{-3}\)) sites smaller. The observed changes in the urban concentrations of O\(_3\) during the lockdown mimics the weekend effect in the three cities out of the lockdown period, as discussed in the next section.

Summarizing the results shown in Table 6, the average air pollutant concentrations during the March–June 2020 lockdown period with respect to the March–June 2015–2019 concentrations show different trends in urban and rural sites depending on both site and pollutant. At the urban sites, average concentrations of most air pollutants trend to decrease affecting NO and NO\(_2\) (−53% and −45%, respectively) more, SO\(_2\) and PM\(_{10}\) less (−21% and −10%, respectively), with little change for PM\(_{2.5}\) (−1%) and O\(_3\) (0%). The highest concentrations during the lockdown, as for the inter-annual averages, were registered in BI\(^*\) and the lowest in VG\(^*\), except for O\(_3\), which showed a reversed behavior with a minimum at BI\(^*\). The observed decrease of pollution in the rural sites during the lockdown affected NO (−20%) and NO\(_2\) (−41%) resulting in very low concentrations of 1.5 µg·m\(^{-3}\) and 3.7 µg·m\(^{-3}\), respectively. The reduction was also important for SO\(_2\) and PM\(_{10}\) (−21%), moderate for O\(_3\) (−11%), and non-significant for PM\(_{2.5}\) (−1%).

### 3.4. Changes in the Air Quality of the Cities: Weekly Averages and Weekend Effects

The urban traffic decrease had a significant impact on the observed reduction of NO\(_x\) concentrations, as discussed in Section 3.3. PM\(_{10}\) and O\(_3\), among other pollutants, were also affected by traffic in the cities. NO\(_2\) weekly series for BI\(^*\) (Figure 4a) and VG\(^*\) (Figure 4b) are shown during both the lockdown period and the corresponding 2015–2019 period together with the percentage change in urban traffic during the lockdown in each city (dashed lines). The selection corresponds to the environments with the highest (BI) and the lowest (VG) pollution levels of the three cities. The NO\(_2\) full lockdown period average decrease in the cities (Table 6) is also well represented at the weekly scale for the full period. The lowest NO\(_2\) weekly average concentration in BI\(^*\) corresponded to w7 with 11.1 µg·m\(^{-3}\), which was also a minimum in VG\(^*\) (4.0 µg·m\(^{-3}\)). However, these lowest concentrations are concurrent with the first week of the relaxation of the confinement and the mobility limitations, with the corresponding traffic recovery in the cities. The lower w7 values are more related to a period of favorable ventilation conditions with intense westerly winds, overcast conditions, and rain on the northern coast of Iberia. It is important to notice that, due to their respective rate of emissions, the lowest 11.1 µg·m\(^{-3}\) in BI\(^*\) are above most of the weekly averages in VG\(^*\) during the whole lockdown period (w2 to w14). The daily averages during the lockdown and the inter-annual 2015–2019 values with their standard deviations are also depicted for the same two cities BI\(^*\) (Figure 4c) and VG\(^*\) (Figure 4d). Inter-annual NO\(_2\) concentrations in VG\(^*\) (dashed line) are well below the WHOAQG for the annual mean (40 µg·m\(^{-3}\)) and during the lockdown they were even lower. However, the inter-annual concentrations in BI\(^*\) are close to the WHOAQG; sometimes they exceeded it and, most of the time, the upper sigma interval is above the WHOAQG limit, at least until May–June, when its seasonal decrease is more evident. During the lockdown and after the road traffic decrease, the NO\(_2\) 24-h concentrations in BI\(^*\) sank below the lowest values of the normal variability of the inter-annual values (gray shading in Figure 4c) and remained well below the WHOAQG values.

As in Figure 4a,b, for NO\(_2\), the weekly PM\(_{10}\) series for BI\(^*\) and VG\(^*\) are represented in Figure 5c,d. The generalized decreased concentrations observed in the three cities during the full lockdown period (Table 6) was also registered for all the weekly averages in Figure 4a,b, except for weeks w1–2, when the full lockdown and mobility restrictions were already active, and w11 during the relaxation stage. In these three weeks, simultaneous increases above the inter-annual values were registered in three cities. As discussed in Section 3.5, these periods were concurrent with African dust episodes. The O\(_3\) series for BI\(^*\) and VG\(^*\) are shown in Figure 5a,b. O\(_3\) concentrations in VG\(^*\) during the lockdown
Figure 5b) showed a general trend to decrease with respect to the weekly inter-annual values in the same panel, except for weeks w2–3 and w10–11, which were concurrent with transport episodes of ozone from peripheric regions and under specific meteorological conditions (Section 3.5). In contrast, weekly ozone in BI* (Figure 5a) showed a trend to increase along the period of highest road traffic decrease in the city (w1-to-w12 in Figure 4a), with the exception of w7, with the above-mentioned exceptional meteorology, which resulted in a highly depleted O\textsubscript{3} photochemistry. The same weekly series in DS* (not represented in the figure) showed no significant changes during the lockdown for inter-annual values. Thus, every city showed a different response in O\textsubscript{3} concentrations to reduced traffic, despite being subject to the same restrictions and being located a short distance from each other (60–80 km). This may be related to the O\textsubscript{3} chemical regime in each city. After interpreting their respective NO\textsubscript{x} pollution levels, discussed above, and the O\textsubscript{3} response to the traffic reduction, we interpreted the O\textsubscript{3} increase in BI* as an indicator of O\textsubscript{3} formation in NO\textsubscript{x}-saturated environments. In the same way, VG* is NO\textsubscript{x}-limited and DS* can be either limited or saturated depending on the specific situation. Unfortunately, the lack of NMVOC monitoring limited our capacity to fully interpret O\textsubscript{3} changes at the urban locations. The analysis of the weekend effect in the three cities during the recent historical (2015–2019) series shows that O\textsubscript{3} changes during the lockdown followed similar (positive–negative) trends than those observed between weekdays (Monday-to-Friday) and weekends (Saturday and Sunday) of the historical series. Figure 6 shows the hourly averages of O\textsubscript{3} during the mean week (Monday to Sunday) of the lockdown period (solid red line) together with the corresponding inter-annual averages (dashed black line) and the standard deviations (gray shading) for the three clustered urban stations BI* (b), DS* (c), and VG* (d): the hourly O\textsubscript{3} concentrations in BI* during the lockdown were, most of the time, above the represented range of the five-year inter-annual variability (gray shading); in DS* they were inside that range, while in VG* were below. In BI* these changes led to average increases of +7% and +5% in the MDA8 concentrations for the lockdown weekdays and weekends, respectively, compared to the inter-annual values (Figure 6a). Corresponding decreases of −8% and −10% were observed in VG*, while DS* showed the smallest changes (−3% and −1%). Similarly, the historical (2015–2019) weekend changes (Figure 6b) record an average increase in BI* (from 73.6 to 76.8 \( \mu \text{g} \cdot \text{m}^{-3} \)), a decrease in VG* (from 86.0 to 84.9 \( \mu \text{g} \cdot \text{m}^{-3} \)) and almost constant values in DS* (82.4–82.9 \( \mu \text{g} \cdot \text{m}^{-3} \)).
Figure 5. (Left) Weekly $O_3$ averages during the March–June (2020) lockdown period and the corresponding 2015–2019 inter-annual averages in the urban BI* (a) and VG* (b) monitoring stations. (Right) Same type of representation for the PM$_{10}$ weekly averages in BI* (c) and VG* (d).

Figure 6. Daily maximum 8–h average (MDA) $O_3$ values for weekdays, weekends, and the full period are shown in the table for the lockdown period and the corresponding years 2015–2019 in the three cities (a). The hourly averages of ozone during the mean week (Monday to Sunday) of the lockdown period are represented (solid red line) together with the corresponding inter-annual averages (dashed black line) and the standard deviations (gray shading) for BI* (b), DS* (c), and VG* (d).
3.5. Ozone and PM Episodes during the Lockdown

Weekly averages of O$_3$ during the lockdown, discussed in the preceding section (Figure 5), show some weeks of “anomalous” high O$_3$ concentrations above the inter-annual averages in the more “rural” of the three cities (VG*), which showed a generalized trend to decrease after the road traffic decrease of the lockdown (weeks w2–w3 and w10–w11). “Anomalous” high PM$_{10}$ concentrations were also recorded for the weeks w1–w2 and w11 in the three cities. On the contrary, the NO$_2$ weekly averages were kept well under their inter-annual values in all locations during the whole lockdown as shown in Figure 4 for the most polluted city (BI*) and the least polluted (VG*) in the B.C. These anomalous periods for O$_3$ and PM hide transport episodes from outer regions and with a different origin, as discussed next. A representation of the series at a (daily) higher resolution uncovers the real length and intensity of the detected episodes and it shows new episodes of short duration out of the signaled weeks.

A depiction of the daily time series of the concentrations of O$_3$ and PM helps to better discriminate the episodes, which for the case of O$_3$, lasted only an average of 3–4 days in the B.C. [19,20]. Thus, the recorded concentrations have been compared with the WHOAQGs. Figure 7 shows the MDA8 O$_3$ concentrations during the lockdown and a short period of 4 weeks before (pre-COVID-19) at the urban sites. Five O$_3$ episodes of an average duration of 3–4 days and with the daily 8-h standard above 100 µg·m$^{-3}$ were recorded simultaneously in all urban sites (episodes numbered 1 to 5 in the figure). The simultaneous exceedance of the standards was selected for the identification of both O$_3$ and PM transport episodes. The same O$_3$ episodes were also recorded at all rural sites (Figure S1), which reached even higher concentrations and exceeded the long-term objective of the daily 8-h standard in the EU (120 µg·m$^{-3}$) during episode number 5.

All episodes occurred with an upper-ridge extending from northwestern Africa to the Iberian Peninsula and a high-pressure surface, which expanded over the Bay of Biscay and the British Islands and France (Figure 7). This forced easterly winds in the marine boundary layer over the northern coast of Spain as well as sea-breeze convergence into the northern coast. As discussed in Sections 2.1 and 3.2, the described synoptic scenario was behind most of the O$_3$ episodes in the B.C. [19], and the main fraction of the O$_3$ impacting the B.C. during these events could be attributed to transport across southern France. [21] concluded that local emission reduction policies would have a limited effect on the reduction of O$_3$ levels in the B.C., as has been confirmed during the lockdown. Out of these “short” episodes of O$_3$ transport during the lockdown and during a relatively long period (w4 to w8) its concentration in the rural/urban sites remained below the inter-annual averages and even below the lower sigma interval depicted in shaded gray color in Figures 7 and S1. The city of BI, the most NOx-saturated environment of the three cities, and, to a lesser extent, DS, showed concentrations close to the inter-annual averages during the same period w4-w8, which mimics a rise in the O$_3$ concentrations similar to the weekend effect in BI. Consequently, the ensemble urban average (60.2 µg·m$^{-3}$ in the three cities) of the whole lockdown period did not show changes for the inter-annual values (60.1 µg·m$^{-3}$), hiding the different behavior of each city. Similarly, the rural ensemble background average (73.2 µg·m$^{-3}$) showed a decrease of $-8.9$ µg·m$^{-3}$ ($-11\%$) for inter-annuals (Table 6), also hiding episodes more severe than in the cities.

The observed changes during the lockdown reinforce these results: (1) the relatively high impact on the whole B.C. of the O$_3$ importation from the continental Europe during episodes (rural and urban areas), and (2) the high local O$_3$ anomaly in the city of Bilbao, which seems to be related with a NOx-saturated area. The city kept out of the NOx-sensitive conditions even after the reported emission reduction during the lockdown. In this respect, it is important to note that the observed behavior of the O$_3$ averages during the low emission scenario of the lockdown in the three cities (Table 6) reproduced the observed weekend effect of the three cities (Section 3.4): BI* recorded higher O$_3$ concentrations, DS* did not show significant changes, and VG* showed a decrease.
Figure 7. MDA8 ozone daily series during a pre−COVID19 four-week period and the lockdown period (solid red line) in the three urban sites. The series is represented in Figure 4c,d for NO2. Inter-annual averages (dashed) with their standard deviation (gray shading) can be compared with the lockdown daily values (solid red). Five simultaneous O3 exceedances of the WHOAQG of 100 µg·m\(^{-3}\) (horizontal red line) are marked (arrows) during weeks 2, 3, 9, 10, and 11 of the lockdown period. The synoptic forcings of the respective episodes are shown (upper panels) in the Climate Forecast System Re-analysis (CFSR), one panel per episode: the 500 hPa geopotential heights (gpdms) and mean sea level pressure (MSLP) contours (hPa) at 12:00 UTC are depicted (Source: Wetterzentrale).

Figure 8 shows the 24-h average concentrations of PM\(_{10}\) at the three main urban sites. Horizontal red lines mark the WHOAQG values for the PM\(_{10}\) concentrations: 20 µg·m\(^{-3}\) for the annual mean and 50 µg·m\(^{-3}\) for the 24-h mean. Up to three PM\(_{10}\) events (numbered 1 to 3 in the figure) with the daily averages above 20 µg·m\(^{-3}\) were recorded simultaneously in all urban sites during the whole period. Simultaneously high concentrations can be related to transport from distant sources. In this case, they all were concurrent with desert dust outbreaks from northern Africa after the development of large Rossby waves over the region, and/or after the evolution of isolated low-pressures moving to northwestern Africa, as shown in Figure 8. Out of these events occurring in weeks w1–w2, w8, and w12, which pushed the 24-h average concentrations above the inter-annual values, PM\(_{10}\) concentrations were slightly under those averages and near the lower boundary of the sigma intervals. As a result, the full period averages also remained under the inter-annual values (Table 6) in the urban environments of the B.C., with a larger decrease in VG\(^*\) (−16%), moderate in BI\(^*\) (−12%), and with almost no variation in DS\(^*\) (−3%). In contrast to the O3 concentrations, which show greater average values in the rural sites in comparison...
to the urban ones (Table 6), PM$_{10}$ concentrations in the rural environments show values well below those registered in the urban sites during the lockdown. There is a complete absence of concentrations above the reference 20 µg·m$^{-3}$ level, except for the MU location during week w1 (Figure S2). The more important decrease in PM$_{10}$ with a more local regional origin in the three rural sites in comparison to the urban has prevented the African transport events 1, 2, and 3 from causing the PM concentrations to exceed the level of 20 µg·m$^{-3}$. The two extreme PM$_{10}$ peaks during the pre-COVID-19 period (weeks w−2 and w−3) in Figure 8 and Figure S2, corresponded to a wildfire in Tineo (Asturias), west of B.C., for the w−3 episode, and an African dust episode simultaneously with a wildfire for the w−2 episode.

![Figure 8. 24-h average concentration series of PM$_{10}$ at the three main urban sites. As in Figure 7, inter-annual values (dashed lines) with their standard deviation (gray shading), and the lockdown daily values (solid red) are represented. Three PM$_{10}$ episodes, above the reference level of the WHOAQG of 20 µg m$^{-3}$, for the annual average concentration (horizontal red line), are marked (arrows) during weeks 1–2, 8, and 12 of the lockdown period. The respective synoptic forcings are shown (upper panels) in the Climate Forecast System Reanalysis (CFSR), one panel per episode, as in Figure 7.](image-url)
The 24-h average concentrations of PM$_{2.5}$ of the three urban sites are shown in Figure 9. The recorded concentrations during the lockdown were close to the inter-annual averages in the figure, and most of the time, they remained inside the sigma interval depicted in shaded gray color. The horizontal red lines mark the WHOAQG values for PM$_{2.5}$: 10 µg·m$^{-3}$ for the annual mean, and 25 µg·m$^{-3}$ for the 24-h mean. Similarly, for the identification of the PM$_{10}$ episode, and using the annual WHOAQG for PM$_{2.5}$ (10 µg·m$^{-3}$), the same events registered in weeks w1-w2, w8, and w12 for PM$_{10}$ emerge for the fine fraction (marked with an arrow in the figure), with the daily average above the WHOAQG simultaneously in all urban sites. In addition, more simultaneous peak events can be identified for weeks w3, w4, w6, w10, and w11 (not arrowed in Figure 9), which are not present in the PM$_{10}$ record because they did not reach enough concentration in the three cities. Following the list of episodes in MITECO (2021), European sulfates were behind the first three PM$_{2.5}$ events (w3, w4, and w6), and w10 was an African dust episode. None of them were identified in the PM$_{10}$ records. The recorded African dust episodes during weeks w1–w2 and w12 were also identified by the system together with concurrent PM from wildfires. All the episodes identified by the surveillance system for the B.C. during the period are clearly represented in the PM$_{2.5}$ records and vice-versa with the exception of the peak in week w11, which was recorded simultaneously in the three cities but not identified by the system. This unexplained peak is concurrent with an O$_3$ transport episode discussed above, and it could be related with (non-sulfate) secondary aerosols generated by photochemical reactions, and transported together with O$_3$ into the B.C. Similar high 24-h averages, close to inter-annual values, were observed for PM$_{2.5}$ in the rural sites (Figure S3). The observed relatively high daily PM$_{2.5}$ concentrations are in line with the calculated period average concentrations in Table 6, which show small changes with respect to the inter-annual values, both in rural and urban environments. Contrary to PM$_{10}$, which showed a more drastic reduction in concentration in the rural sites during the lockdown, the more uniform distribution of PM$_{2.5}$ (Table 6) contributed to reaching the reference concentration (10 µg·m$^{-3}$) in the three rural (Figure S3) and urban sites (Figure 9) during weeks w1-w2 and w11. The rest of the recorded PM$_{2.5}$ peaks laid, approximately, at the reference 10 µg·m$^{-3}$ level, but without exceeding it simultaneously in the three rural sites. The two extreme PM$_{2.5}$ peaks during the pre-COVID-19 period (week w−2) in Figures 9 and S3 correspond to the same wildfire and African dust episodes also observed in the PM$_{10}$ records (Figures 8 and S2).
Figure 9. 24–h average concentration series of PM$_{2.5}$ at the three main urban sites. As in Figure 8, inter-annual values (dashed lines) with their standard deviation (gray shading), and the lockdown daily values (solid red) are represented. The same three PM$_{10}$ episodes marked in Figure 8 (arrows) can also be detected in the PM$_{2.5}$ series (above the WHOAQG of 10 µg·m$^{-3}$). More episodes above the reference line (10 µg·m$^{-3}$) can also be observed. The origin, date, and the pandemic week reference of each episode are shown in the upper panel table, as informed by the surveillance program of the Spanish Government, based in the Navy Aerosol Analysis and Prediction System (NAAPS) by the U.S. Naval Research Laboratory (NRL).

## 4. Summary and Conclusions

We have evaluated the impact of the lockdown during the COVID-19 pandemic for the three main urban sites of the B.C. region and their adjacent rural sites during the period of confinement and mobility restriction (14 weeks). We selected 16 stations of the Air Quality Monitoring and Control Network which represented the whole territory. As described in many other regions of the world including the rest of Spain [11], the concentrations of most pollutants decreased in the B.C. due to COVID-19 restrictions, with the urban and
interurban road traffic of the region falling an average of 49% and 53%, respectively, and a lower reduction of approximately 20% of the general industrial activity. The observed changes of the full-period averages, however, were not uniform throughout the territory, and they varied with each pollutant. In addition, the whole territory was repeatedly affected by aerosol and O₃ episodes transported from outer regions and added to the local pollution. They occurred under specific meteorological conditions.

At the urban sites, the observed decrease of pollution during the lockdown affected NO and NO₂ more than any of the other registered pollutants (−53% and −45%, respectively) resulting in a very low concentration for the ensemble urban NO₂ average (12.4 µg·m⁻³) well below the WHOAQG for the annual average of 40 µg·m⁻³. In the rural sites, a similar reduction affecting the already low inter-annual values of these sites resulted in very low concentrations of both NO (1.2 µg·m⁻³) and NO₂ (2.2 µg·m⁻³). The observed decline was more in accordance with the reported road traffic decrease, which has a direct impact on the urban NOₓ, and less with the more limited reduction of the industrial activity as discussed above. The decrease was even more moderate for SO₂ (−21%) in both rural and urban environments, in line with the moderate reduction of the general industry, although this decrease affected their already very low inter-annual concentrations (3.1 and 1.5 µg·m⁻³ for the urban and rural environments, respectively).

During the lockdown, PM₁₀ decreased moderately (−10% and −21% in the urban and rural environments, respectively). Inter-annual period averages in BI* (15.5 µg·m⁻³) are close to the WHOAQG for the annual averages (20 µg·m⁻³). Alternatively, during the lockdown, the most uniform concentration distribution was registered for PM₂.₅ (8.3 µg·m⁻³ and 6.0 µg·m⁻³ in urban and rural sites) and it also showed the lowest changes with regards to pre-pandemic values (−1% and +3% at the urban and rural sites, respectively). The greater average concentrations in BI* (9.5–9.3 µg·m⁻³) places this location very close to the WHOAQG for the annual averages (10 µg·m⁻³), even during the lockdown. Apart from the relative weight of the local industry emissions, which could have contributed to the observed modest changes in the PM₂.₅ concentrations, the impact of the documented meteorological anomalies during the period (less cloud cover than during the average March–June 2015–2019 period) could have also contributed to the more efficient formation of secondary aerosol, and the subsequently relatively high PM concentrations.

O₃ concentrations showed low changes in the inter-annual averages in the cities (ensemble average 0%) but, unlike PM₂.₅, showed important differences among the three cities: BI* increased (+11%), DS* remained almost unaltered (−2%), and VG* decreased (−7%). These changes occurred in the same direction as the weekend effect already observed in historical data. The changes in the rural sites showed a moderate decrease (−11%) from the relatively high average concentrations (82.1 µg·m⁻³) of the inter-annual records. This is in line with lower emissions of anthropogenic precursors. The widespread decrease in the rural sites did not avoid the reported five O₃ episodes during the period and the exceedance of the long-term objective of the daily 8-h standard (120 µg·m⁻³) in all these sites. Simultaneous exceedances of the WHOAQG for the MDA₈ of the O₃ concentrations were also observed in the three cities. These episodes are attributed to transport from France of important background levels of ozone under anticyclonic conditions, which added to the local production.

We did not find exceedances of the WHOAQG for either PM₁₀ and PM₂.₅ 24-h average concentrations during the lockdown. However, frequent episodes of consecutive PM₂.₅ daily values above the annual WHOAQG were identified and less frequent for the PM₁₀. African dust transport, wildland fires, and anthropogenic European sulfates, together with more frequent spells of favorable meteorology for secondary aerosol formation at the local regional scale, seem to have been behind the observed exceedances.

The observed air quality response to the activity and road traffic emission reductions during the lockdown period suggests that the results of having a high proportion (above 50%) of the vehicle fleet switching to electric in the near future will affect the air quality of the B.C., based on the NOₓ emission reductions. However, the reduction of fine and
ultrafine fractions of particles, due to the use of electric vehicles, important from the point of view of their number, not their mass, can mean a non-negligible improvement from a health point of view [52,53]. Sustained improvements in the PM$_{10}$, PM$_{2.5}$, and O$_3$ of the region will require actions across various sectors, including industry, together with inter-regional European initiatives to establish pollution control strategies based on inter-regional policies.

The limited number of monitoring stations used for the current study does not represent the whole region in full, though the selected clustered urban sites characterize the main three core cities and their peripheral commuting zone, where the main fraction of the B.C. population resides. Thus, the caveat of our assessments on the impact of the COVID-19 lockdown upon the air quality is that outside the reach of the major cities there may be smaller villages where the relatively low decline in the local industrial activity could have resulted in non-significant changes in the local air pollution. This could be important when considering diffuse emissions, odor impacts, or pollutants not registered in the monitoring network.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/ijerph182111042/s1, Figure S1: As in Figure 7, MDA8 ozone daily series during a pre-COVID19 four-week period the lockdown period (solid red line) and during in the three background rural sites, together with the inter-annual averages (dashed lines) and their standard deviations (grey shading). The five simultaneous O$_3$ exceedances (marked with arrows) of the WHOAQG of 100 µg·m$^{-3}$ are also detected in the three rural sites. Figure S2: As in Figure 8, 24-hour average concentration series of PM$_{10}$ during pre-COVID four-week period and the lock-down period (solid red line) in the three background rural sites, together with their inter-annual averages (dashed lines) and standard deviations (grey shading). The same three PM$_{10}$ episodes marked in Figures 7 and 9 (arrows) can also be detected in these PM$_{2.5}$ series (above the WHOAQG of 10 µg·m$^{-3}$), but not in all three rural sites.

Author Contributions: Conceptualization, G.G., M.d.B., M.C.G., A.R.-G., E.T.-P., E.G.-R., E.S.d.C., I.Z., J.A.G. and V.V.; methodology, G.G., M.d.B., M.C.G., A.R.-G., E.S.d.C., I.Z. and J.A.G.; software, A.R.-G.; validation, A.R.-G. and E.T.-P.; formal analysis, G.G., M.d.B., M.C.G., A.R.-G., E.T.-F. and J.A.G.; data curation, A.R.-G. and M.C.G.; writing—original draft preparation, G.G., M.d.B., M.C.G., A.R.-G. and E.S.d.C.; writing—review and editing, G.G., M.d.B., M.C.G., E.T.-P., E.G.-R., E.S.d.C., I.Z., J.A.G. and V.V.; visualization, G.G., M.d.B., E.S.d.C. and I.Z.; supervision, G.G.; funding acquisition, G.G. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the Basque Government and the University of the Basque Country (GIC15/152 and GIU13/03) and by the Environment Vice-Department of the Basque Government for the measurement of biogenic volatile organic compounds in Valderejo Natural Park.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: All the public data and software used are contained in sources cited in the body text and in the references.

Acknowledgments: The authors wish to thank the Basque Government and the University of the Basque Country (UPV/EHU) as the source of our main financial support: GIA consolidated Research Groups GIC15/152 and GIU13/03. Additional financing was provided by the Environment Vice-Department of the Basque Government for the measurement of biogenic volatile organic compounds in Valderejo Natural Park. These financing bodies have played an exclusively economic role in the study. We also want to thank the Department of Economic Development, Sustainability and Environment of the Basque Government and the Bilbao City Council for providing air quality data and road traffic information, respectively. Hersbach, H. et al., (2018) was downloaded from the Copernicus Climate Change Service (C3S) Climate Data Store. The results contain modified
Copernicus Climate Change Service information 2020. Neither the European Commission nor ECMWF is responsible for any use that may be made of the Copernicus information or data it contains.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Eurostat Air Pollution Statistics-Emission Inventories. Available online: https://ec.europa.eu/eurostat/statistics-explained/index.php?title=Air_pollution_statistics_%28emission_inventories%29 (accessed on 28 September 2021).
2. Evans, S. Analysis: Coronavirus Set to Cause Largest Ever Annual Fall in CO2 Emissions. Available online: https://www.carbonbrief.org/analysis-coronavirus-set-to-cause-largest-ever-annual-fall-in-co2-emissions (accessed on 28 September 2021).
3. Mlynyirta, L. Analysis: Coronavirus Temporarily Reduced China’s CO2 Emissions by a Quarter. Available online: https://www.carbonbrief.org/analysis-coronavirus-has-temporarily-reduced-chinas-co2-emissions-by-a-quarter (accessed on 28 September 2021).
4. Guevara, M.; Jorba, O.; Petetin, H.; Bowdalo, D.; Serradell, K.; Tena, C.; Denier van der Gon, H.; Kuenen, J.; Peuch, V.-H.; et al. Time-Resolved Emission Reductions for Atmospheric Chemistry Modelling in Europe during the COVID-19 Lockdowns. Atmos. Chem. Phys. 2021, 21, 773–797. [CrossRef]
5. Santamaria, C.; Sermi, F.; Spyrratos, S.; Iacus, S.M.; Annunziato, A.; Tarchi, D.; Vespe, M. Measuring the Impact of COVID-19 Confinement Measures on Human Mobility Using Mobile Positioning Data. A European Regional Analysis. Saf. Sci. 2020, 132, 104925. [CrossRef] [PubMed]
6. Sánchez, P.; De Marco, A.; Agathokleous, E.; Serradell, K.; Tena, C.; Denier van der Gon, H.; Kuenen, J.; Peuch, V.-H.; Harrison, R.M. Abrupt but Smaller than Expected Changes in Surface Air Quality Attributable to COVID-19 Lockdowns. Sci. Adv. 2021, 7, eabd6696. [CrossRef] [PubMed]
7. Millán, M.M. COVID-19 Lockdown Effects on Air Quality by NO2 in the Cities of Barcelona and Madrid (Spain). Sci. Total Environ. 2020, 741, 140333. [CrossRef]
8. Jephcote, C.; Hansell, A.L.; Adams, K.; Gulliver, J. Changes in Air Quality during COVID-19 ‘Lockdown’ in the United Kingdom. Environ. Pollut. 2021, 272, 116011. [CrossRef]
9. Querol, X.; Massagüé, J.; Alastuey, A.; Moreno, T.; Gangoiti, G.; Mantilla, E.; Duéguez, J.J.; Escudero, M.; Monfort, E.; Pérez García-Pando, C.; et al. Lessons from the COVID-19 Air Pollution Decrease in Spain: Now What? Sci. Total Environ. 2021, 779, 146380. [CrossRef]
10. Euskalmet. Agencia Vasca de Meteorología El Clima En Euskadi. Available online: https://www.euskalmet.euskadi.eus/clima/euskadi/ (accessed on 28 September 2021).
11. IGN. Climatic Köppen Classification. Centro Nacional de Información Geográfica. Instituto Geográfico Nacional. Ministerio de Transportes, Movilidad y Agenda Urbana. 2021. Available online: http://atlasnacional.ign.es/wane/Clima (accessed on 28 September 2021).
12. Alonso, L.; Gangoiti, G.; Navazo, M.; Millán, M.M.; Mantilla, E. Transport of Tropospheric Ozone over the Bay of Biscay and the Eastern Cantabrian Coast of Spain. J. Appl. Meteor. 2000, 39, 475–486. [CrossRef]
13. Gangoiti, G.; Millán, M.M.; Salvador, R.; Mantilla, E. Long-Range Transport and Re-Circulation of Pollutants in the Western Mediterranean during the Project Regional Cycles of Air Pollution in the West-Central Mediterranean Area. Atmos. Environ. 2001, 35, 6267–6276. [CrossRef]
14. Millán, M.M.; Alonso, L.A.; Legarreta, J.A.; de Torrontegui, L.L.J.; Albizu, M.V.; Ureta, I.; Egusquiguirre, C. A Fumigation Episode in an Industrialized Estuary: Bilbao, November 1981. Atmos. Environ. (1967) 1984, 18, 563–572. [CrossRef]
15. Millán, M.; Artilhano, B.; Alonso, L.; Castro, M.; Patier, R.; Goberna, J. Meso-Meteorological Cycles of Air Pollution in the Iberian Peninsula, (MECAPIP), Contract EV4V-0097-E, (Eur No. 14834) CEC-DG XII/E-1. Air Pollution Res. Rep. 1992, 44, 291.
16. Gangoiti, G.; Alonso, L.; Perez-Landa, G.; Matabuena, M.; Valdenebro, V.; Maruri, M.; Antonio García, J.; Millán, M.M. Regional Transport of Pollutants over the Bay of Biscay: Analysis of an Ozone Episode under a Blocking Anticyclone in West-Central Europe. Atmos. Environ. 2002, 36, 1349–1361. [CrossRef]
17. Gangoiti, G.; Millán, M.M.; Sub-Continental Transport Mechanisms and Pathways during Two Ozone Episodes in Northern Spain. Atmos. Chem. Phys. 2006, 6, 1469–1484. [CrossRef]
18. Valdenebro, V.; Gangoiti, G.; Albizuri, A.; Alonso, L.; Navazo, M.; Garcia, J.A.; Millán, M.M. Build-up and Decay of Two Ozone Episodes through Northern Iberia and Southern France—An Inter-Regional Transport Analysis. Atmos. Environ. 2011, 45, 1595–1603. [CrossRef]
19. Sáez de Cámara, E.S.; Gangoiti, G.; Alonso, L.; Valdenebro, V.; Aksoyoglu, S.; Oikonomakis, E. Ozone Source Apportionment to Quantify Local-to-Continental Source Contributions to Episodic Events in Northern Iberia. In Proceedings of the Air Pollution Modeling and its Application XXV, Chania, Greece, 3–7 October 2016; Mensink, C., Kallos, G., Eds.; Springer International Publishing: Cham, Germany, 2018; pp. 361–365.
22. INE INEbase. Demografía y población /Padrón. Población por municipios /Cifras oficiales de población de los municipios españoles: Revisión del Padrón Municipal / Resultados. Available online: https://www.ine.es/dyngs/INEBase/es/operacion.htm?c=Estadistica_C&ccid=1254736177011&menu=resultados&sesccid=1254736195488&idp=1254734710990 (accessed on 28 September 2021).
23. Eustat. Instituto Vasco de Estadística. Panorama de la Industria Vasca. 2020. Available online: https://www.eustat.eus/elem/ele017f00 ro/0017174_c.pdf (accessed on 18 October 2021).
24. Bilbao Port Corporate Social Responsibility (CSR) Economic Impact. Available online: https://www.bilbaoport.eus/en/corporate-social-responsibility-csr/economic-impact/ (accessed on 28 September 2021).
25. DGt. Dirección General de Tráfico Tablas Estadísticas 2019. Parque de Vehículos-Amnario-2019. Available online: https://www.dgt.es/es/seguridad-rial/estadisticas-e-indicadores/parque-vehiculos/tablas-estadisticas/2019/ (accessed on 28 September 2021).
26. EPRTR. European Pollutant Release and Transfer Register Industrial Facilities. Basque Country. Available online: https://prtr-es.es/Informes/InventarioInstalacionesIPPC.aspx (accessed on 28 September 2021).
27. Ihobe. Sociedad Pública Adscrita al Departamento de Desarrollo Económico, Sostenibilidad y Medio Ambiente del Gobierno Vasco Perfil Ambiental de Euskadi 2016. Available online: https://www.ihobe.eus/publicaciones/perfil-ambiental-euskadi-2016 aire/ (accessed on 28 September 2021).
28. Gómez, M.C.; Durana, N.; Navazo, M.; Alonso, L.; García, J.A.; Ilardia, J.L. Application of Validation Data Tests from an On-Line Volatile Organic Compound Analyser to the Detection of Air Pollution Episodes in Urban Areas. Anal. Chim. Acta 2004, 524, 41–49. [CrossRef]
29. Presidencia del Gobierno La Moncloa. Estado de Alarma. Available online: https://www.lamoncloa.gob.es/covid-19/Paginas/estado-de-alarma.aspx (accessed on 28 September 2021).
30. BOPV. Boletín Oficial del País Vasco DECRETO 8/2020, de 10 de mayo, del Lehendakari, por el que se establecen normas para la aplicación, en el ámbito de la Comunidad Autónoma de Euskadi, de las modificaciones, ampliaciones y restricciones acordadas con el Gobierno español, en relación con la flexibilización de las restricciones establecidas tras la declaración del estado de alarma, en aplicación de la fase 1 del Plan para la Transición hacia una Nueva Normalidad, con el fin de adaptarlas a la evolución de la emergencia sanitaria en Euskadi. Available online: https://www.legegunea.euskadi.eus/eli/es-pv/d/2020/05/10/8/dof/spa/html/x99-confich/es/ (accessed on 28 September 2021).
31. EEA | European Environmental Agency Air Quality and COVID-19. Impacts on Air Pollution. Available online: https://www.eea.europa.eu/themes/air/air-quality-and-covid19 (accessed on 28 September 2021).
32. Basque Government Departamento de Economía y Hacienda Coyuntura y previsiones económicas. Available online: https://www.euskadi.eus/coyuntura-en-un-click/web01-a2ogaeko/es/ (accessed on 28 September 2021).
33. Bilbao Port The Port of Bilbao Is Maintaining Its Activity and Logistics Operations. Announcements (18 March 2020). Available online: https://www.bilbaoport.eus/anuncios/el-puerto-de-bilbao-mantiene-su-actividad-y-operativa-logistica/ (accessed on 28 September 2021).
34. Puertos del Estado Gobierno de España Autoridad Portuaria: Estadísticas Tráfico. Ministerio de Transportes, Movilidad y Agenda Urbana. Available online: https://www.puertos.es/es-es/estadisticas/Paginas/estadistica_mensual.aspx (accessed on 28 September 2021).
35. Yang, X.; Cheng, S.; Lang, J.; Xu, R.; Lv, Z. Characterization of Aircraft Emissions and Air Quality Impacts of an International Airport. J. Environ. Sci. 2018, 72, 198–207. [CrossRef]
36. REE | Red Eléctrica de España Generación–Datos Del Sistema Eléctrico. Available online: https://www.ree.es/es/datos/generacion (accessed on 28 September 2021).
37. Thunis, P.; Pisoni, E.; Peduzzi, E.; Vignati, E.; Trombetti, M.; Degraeuwe, B.; Wilson, J.; Belis, C.A. Urban PM2.5 Atlas: Air Quality in European Cities; Publications Office of the European Union: Luxembourg, 2017; ISBN 978-92-793876-0.
38. Eustat | Instituto Vasco de Estadística Indice de Producción Industrial (IPI). Available online: https://www.eustat.eus/estadisticas/tema_113/opt_1/temas.html (accessed on 28 September 2021).
39. Hersbach, H.; Berrisford, P.; Horanyi, A. Global Reanalysis: Goodbye ERA-Interim, Hello ERA5. Available online: https://www.ecmwf.int/en/newsletter/159/meteorology/global-reanalysis-goodbye-era-interim-hello-era5 (accessed on 29 March 2021).
40. Doty, B.E.; Kinter, I.I.I. Geophysical Data Analysis and Visualization Using the Grid Analysis and Display System; National Aeronautics and Space Administration (NASA): Washington, DC, USA, 1995.
41. MITECO | Ministry for the Ecological Transition and the Demographic Challenge. Available online: https://www.miteco.gob.es/es/calidad-y-evaluacion-ambiental/temas/atmosfera-y-calidad-del-aire/calidad-del-aire/evaluacion-datos/fuentes-naturales/anuales.aspx (accessed on 28 September 2021).
42. AENA | Aeropuertos Españoles y Navegación Aérea Estadísticas de Tráfico Aéreo. Evolución Del Tráfico. Available online: https://portal.aena.es/csee/Satellite?c=Page&ccid=1113582476711&pagename=Estadisticas%2FEstadisticas (accessed on 28 September 2021).
43. EVE | Ente Vasco de la Energía Consumo de Energía En La CAPV. Available online: https://eve.eus/Conoce-la-energia/La-energia-en-Euskadi/Observatorio-de-coyuntura-energetica/2021/2021ko-abuztua (accessed on 28 September 2021).
44. Eurostat Impact of Covid-19 Crisis on Industrial Production. Available online: https://ec.europa.eu/eurostat/statisticsexplained/index.php?title=Impact_of_Covid-19_crisis_on_industrial_production (accessed on 28 September 2021).
45. El Correo Bizkaia Petronor vuelve a parar el 40% de la refinería «sine die» por la debilidad de la recuperación. Available online: https://petronor.eus/wp-content/uploads/2020/12/957aa1e4-724b-4a70-a6fc-1e9345e23097.pdf (accessed on 18 October 2021).
46. Liu, Z.; Ciais, P.; Deng, Z.; Lei, R.; Davis, S.J.; Feng, S.; Zheng, B.; Cui, D.; Dou, X.; Zhu, B.; et al. Near-Real-Time Monitoring of Global CO₂ Emissions Reveals the Effects of the COVID-19 Pandemic. *Nat. Commun.* 2020, 11, 5172. [CrossRef]

47. Navazo, M.; Durana, N.; Gómez, M.C.; Alonso, L.; García, J.A.; Ilardia, J.L.; Gangoiti, G.; Iza, J. Ozone Precursors in Rural Areas: Valderejo Natural Park (Northern Spain): A Two Year’s Study; University of Hertfordshire (U.K.): Valencia, Spain, 2005; pp. 128–131.

48. Navazo, M.; Durana, N.; Alonso, L.; Iza, J.; García, J.A.; Ilardia, J.L.; Gangoiti, G.; De Blas, M. High Temporal Resolution Measurements and Numerical Simulation of Ozone Precursors in a Rural Background. In Proceedings of the Air Pollution Modeling and Its Application XIX, Aveiro, Portugal, 24–28 September 2007; Borrego, C., Miranda, A.I., Eds.; Springer: Dordrecht, The Netherlands, 2008; pp. 673–674.

49. Navazo, M.; Durana, N.; Alonso, L.; Gómez, M.; García, J.; Ilardia, J.L.; Gangoiti, G.; Iza, J. High Temporal Resolution Measurements of Ozone Precursors in a Rural Background Station. A Two-Year Study. *Environ. Monit. Assess.* 2008, 136, 53–68. [CrossRef]

50. de Blas, M.; Ibáñez, P.; García, J.A.; Gómez, M.C.; Navazo, M.; Alonso, L.; Durana, N.; Iza, J.; Gangoiti, G.; de Cámara, E.S. Summertime High Resolution Variability of Atmospheric Formaldehyde and Non-Methane Volatile Organic Compounds in a Rural Background Area. *Sci. Total Environ.* 2019, 647, 862–877. [CrossRef]

51. Gómez, M.C.; Durana, N.; García, J.A.; de Blas, M.; Sáez de Cámara, E.; García-Ruiz, E.; Gangoiti, G.; Torre-Pascual, E.; Iza, J. Long-Term Measurement of Biogenic Volatile Organic Compounds in a Rural Background Area: Contribution to Ozone Formation. *Atmos. Environ.* 2020, 224, 117315. [CrossRef]

52. Kelly, F.J.; Fussell, J.C. Size, Source and Chemical Composition as Determinants of Toxicity Attributable to Ambient Particulate Matter. *Atmos. Environ.* 2012, 60, 504–526. [CrossRef]

53. McCreanor, J.; Cullinan, P.; Nieuwenhuijsen, M.J.; Stewart-Evans, J.; Malliarou, E.; Jarup, L.; Harrington, R.; Svartengren, M.; Han, I.-K.; Ohman-Strickland, P.; et al. Respiratory Effects of Exposure to Diesel Traffic in Persons with Asthma. *N. Engl. J. Med.* 2007, 357, 2348–2358. [CrossRef] [PubMed]