Abstract

**Background:** Quality nursing care service delivery is critical undertaking for optimal patient outcomes. Patient's perception of quality nursing care is the patient's feeling or view of the nursing care they received from nursing staff during hospital stay. Using patient's perception as proxy in measuring quality of nursing care is highly recommended.

**Objective:** The aim of this study is to assess patients' perception towards the quality of nursing care in inpatient department at public hospitals of Benishangul Gumuz regional state.

**Methods:** Institution based cross-sectional study design was employed from March 15 to April 30/2018. Stratified random sampling technique was used to select 421 eligible study participants. Interviewer administered structured questionnaire was employed to collect data. Data was entered to epidata version 3.1 and exported to SPSS version 23. Descriptive statistics was computed and binary logistic regression analysis was used to identify candidate variable. Then, variables found to have value of less than 0.25 was entered into multivariable logistic regression analysis. Finally, the p-values of <0.05 was considered statistically significant. Graph, table and chart were used for presenting results.

**Results:** The overall good perception was found to be 49.3%. There was a statistically significant association between patients' level of education, length of hospital stay, companion possession status and type of room admission (p<0.05). But, there was no statistically significant association between gender, age and previous hospitalization experiences with overall patient perception.

**Conclusion and Recommendations:** Authors conclude that the patients enrolled in the study perceived nursing care services in negative way, so their perception status with the care they received was found to be at a lower level. This requires imperative attention by responsible bodies to enhance patient perception. Further study is needed to understand the overall patients feeling using qualitative study and also the care providers' perceptions should be examined.

**Keywords** Nursing care; Quality; Inpatient department; Patient perception

**Introduction**

There is growing evidence that perceived quality is the single most important variable influencing consumers to purchase products or services. Quality Nursing Care (QNC) is extremely important for health care organizations [1]. QNC is defined as a process that sought to attain the highest degree of excellence in the delivery of patient care [2]. In this study, patient’s perception of quality nursing care is defined as the patient’s feeling or view of the nursing care they received from nursing staff during hospital stay and is acknowledged as an outcome indicator of the quality of nursing care [3]. Quality nursing care remains an important role for patient because nurses are involved in almost every aspect of client’s care in hospital. Nurses also interact with patients more often than any other health care personnel in a hospital [4].

Patient perception is an important indicator which gives an idea about the quality of nursing care services. It also provides feedback to determine the quality and evaluation of nursing care [5]. Therefore, patients should be allowed to define their own priorities and evaluate their care accordingly, rather than having those criteria selected by professionals [6].

Health care professionals and patients view quality nursing care from different perspectives. Health care professionals view competent nursing care as quality nursing care [7]. Patients describe quality nursing care in terms of interpersonal care, efficiency; competency, comfort, personalized information, physical environment, and general instructions [8].
Mostly, quality of nursing care has been measured against expectations of health professionals and standards rather than being grounded in the perspectives of patients. Using patient's perception as proxy in measuring quality of nursing care is highly recommended, though, ignored in most research and organizational endeavour of low income countries thus far [9].

To ensure service improvement initiatives at appropriative levels in hospital is a prerequisite to understand factors which influence patients’ perception about the received care. The measurement of patients’ perception with quality nursing care is important to determine and meet patients’ need in terms of nursing care and to evaluate quality of nursing care provided [10].

Sustaining the quality of hospital care and how to improve it has emerged to be a global challenge. This has resulted in various measures being developed to measure quality and no single method can be said to be the best. There is need to find out what constitutes quality care especially from the patient's perspective, together with views from healthcare managers and other groups [11].

The experience possessed by patients can offer alternatives of improving nursing care quality service that may not be observed from other perspectives, for instance, the way of treatment, process or interaction. Despite having various methods of quality measurement, the challenges always persist and there is a belief that measuring and acting on issues of quality raised by patients can provide solution to the problems [12].

Although the significance of measuring patient satisfaction with nursing care cannot be emphasized enough, currently the concern of patients’ satisfaction with nursing care has attracted the attention of researchers across the globe. This is because of knowledge gained from patient satisfaction surveys can set a direction for quality improvement [13].

Currently the nursing profession has often use patient's outcome as a measure to assess the health care delivery system. It assists in the evaluation of nursing care practice quality and it also helps in bringing better improvements in the established nursing service [14]. Nurses are in a unique position to promote and influence effective relationships with the client. Because the nurses spent much time with the patients than any other health care workers [15].

The study showed that the most important factor affecting patient's perception in terms of hospital care is nursing service. Patient satisfaction study revealed that nursing care is the major determinant of the patient's satisfaction. Care that has been assessed to be high quality based on the economic, clinical or other providers-related criteria are not ideal, if the patient feels dissatisfied [16]. Patient satisfaction research result in Iran showed that dissatisfaction of nurses’ perception about the received care was low. The study indicated the rate of patient satisfaction with the nursing care was low. The study further revealed that the type and amount of information nurses gave to the patient was the least scores [15].

A study on patients' perception of quality nursing care stated that nurses' affective activities are more important for the quality nursing care than their technical skill. From this study, patients placed most emphasis on the nursing care that recognized them as a unique individual with their need to share feelings, to be accepted as a family member and to have someone listen to them [18].

Despite the fact that a study conducted in Jordan hospitals revealed that the perceived quality of nursing care is relatively low, patients were found less satisfied with both coordination and interpersonal aspect of the care provided. In this study, the author concluded that Jordanian healthcare organizations have performed below the average in providing quality care which considered significant to hospital administrators and directors of nursing [19].

A study undergone in Nigeria found that dignity was not completely maintained according to the standards expected by the patients. Nurses’ attitude towards patients had great influence on patients’ perception of nursing care. Quality of care is not only dependent on the care received, but also on the way the care delivered [20]. Patients' perception to health care system seems to have been largely ignored by health care administrators in developing countries [21].

The Ethiopian Federal Ministry of Health (FMoH) is struggling to provide quality health care service at every health institution through different strategies [22]. Although the needs of the clients are dynamic and are constantly influenced by demographical, social, environmental, cultural, economic and technological factors, patient satisfaction is not sufficient enough. Therefore, the health care system needs constantly determining the needs of the clients through patients’ satisfaction surveys to go through a continuous change that is in accordance with the priority needs of the client and ensure the quality of nursing care services [23].

Research done in Axum has shown that the overall rating of nursing care quality was 65%. The aspect of care which scored least were patient observation, pressure ulcer prevention and amount of information nurses give about their condition [24]. So, to improve the health care system the use of patients’ perception of care is very important and also nurses should have a clear understanding of patient's need in order to plan individualized nursing care.

In addition, a study conducted in Mekelle Ethiopia showed that the overall patients’ perception was found to be 49.7%. In this study, regarding the nurses’ characteristics, the nursing care related activities, and the information providing to the patient perceived was found to be 45.5%, 40.4%, and 38.8% as poor respectively. The result indicated the need for professional accountability and responsibility to provide optimal standard nursing care [25].

The study undergone in Dessie referral hospital on adult patients’ satisfaction revealed that the overall patients’ satisfaction was 52.5%. This study indicated the rate of patient satisfaction with the nursing care was low. The study further revealed that the type and amount of information nurses gave to the patient was the least scores [15].

In general, a very important aspect on which the patient satisfaction depends is on the nursing care, because nurses are involved almost in every aspect of client's care. A nurse who was perceived quality nursing care service had showed kindness, a good attitude and professional manner, thrust and honesty as well as clinical competence. To understand the patient satisfaction, Patient’s perception towards nursing care must first be understood. Therefore, the purpose of this study was to assess patients’ perception regarding the quality of nursing care and its contributing factors (Figure 1).

**Conceptual Framework**

Many studies in different parts of the world reviewed that patients’ perception of quality nursing care is affected by different factors. For this study according to the literature review the main factors identified...
are socio-demographic status of the patient, patient related factors, hospital related factors.

Methods and Materials

Study area and period

Institution based cross-sectional study design was conducted in public hospitals of Benishangul Gumuz Regional State, North West Ethiopia, from March 15/2018 to April 30/2018. Benishangul Gumuz Regional State is one of the nine regional states of the federal democratic republic of Ethiopia and 675 km far from Addis Ababa to the West. The region is administratively composed of 3 Zones and 20 Woredas. The population size of the region was estimated to be 1,000,000 and the proportion of male and female was 50.7% and 49.3% respectively. Two general hospitals, 33 health centres and 378 health posts make the regional health care service coverage 87%. Pawe general hospital was the second public hospital in the region is administratively composed of 3 Zones and 20 Woredas. The population size of the region was estimated to be 1,000,000 and the proportion of male and female was 50.7% and 49.3% respectively. Two general hospitals, 33 health centres and 378 health posts make the regional health care service coverage 87%. Pawe general hospital was the second public hospital in the region. The hospital provides over 15 different services with 150 beds and 310 employees. The nurses give care for around 340 inpatients per month within four wards. Assosa general hospital was the second public hospital in the region. The hospital provides over 15 different services with 108 beds and 298 employees. The nurses give care for around 300 inpatients per month within four wards. All adult patients who were admitted to inpatient wards at public hospitals of Benishangul Gumuzu Regional State were the source of population and all adult patients who were admitted to the Medical, Surgical, Gynaecology and Obstetrics wards in Assosa and Pawe general hospitals and eligible were the study population.

Inclusion and exclusion criteria

Patients whose age ≥ 18 years and hospitalized patients who stayed in the ward at least for 3 days were included whereas patients who cannot respond/disoriented/alter mental status were excluded from the study.

Sample size and sampling procedure

The sample size for this particular study was calculated using a single population proportion formula considering the following assumptions:

The sample size was determined with 5% absolute precision and 95% confidence interval. Proportion of patients’ perception with the nursing care (p=50.3%) [25] was considered. Based on this assumption, the actual sample size for the study was as follows.

\[ n = \left( \frac{Z_{\alpha/2}}{d} \right)^2 \frac{p \cdot (1-p)}{q} \]

Where  
- \( n \) = Sample size 
- \( Z_{\alpha/2} \) = Value corresponding to a 95% level of significance=1.96 
- \( p \) = Proportion of patients’ perception with the nursing care 50.3% 
- \( q \) = (1-\( p \)) = (1-0.5)=0.5 
- \( d \) = Margin of error, assumed to be 5%

Therefore, based on using the above single population proportion formula the sample size calculated as:

\[ n = (1.96)^2 \cdot 0.53 \cdot (1-0.53) (0.05)^2 \]

\[ n = 383 \]

For possible non-response rate, the final sample size was increased by 10% to 421 admitted patients. Stratified random sampling technique was applied and the total sample size (n=421) was allocated proportionally for both hospitals based on the total number of patient flow in the hospitals. First, the number of patients to be taken from each ward was determined based on the number of patient flow they had. Then, through using a systematic random sampling technique, every Kth patient were included where k=2 for both Hospitals that obtained total patient divided by the sample allocated for each hospital. The first patients were selected by lottery method from their order of registration and then every other patient who had received care was selected and those on the list will approached consecutively.

Data was collected through face to face interview using modified patients’ perception of quality nursing Care which developed by Senarath and colleagues in Sri Lanka in 2011 by contextualizing local context and translating to local language. Patients’ perception of nursing care was measured using the Likert scale of 5 points (1=Strongly disagree, 2=Disagree, 3=Neutral, 4=Agree and 5=Strongly agree) and Participants were asked to rate their perception with various aspects of nursing care by selecting only one number that best describes. Four diploma nurses for data collection and two BSC nurses as supervisor were recruited.

Operational definition and definition of terms

- **Patient’s perception of quality nursing care**: It is defined as patient’s feeling or view about the nursing care they received in their hospital stay in terms of interpersonal care, comfort, efficiency, personalized information, physical environment, and competency of nurses.
- **Other disease**: Patients who reported having other disease apart from the main admission case.
• **Acute condition**: Patients who reported that experiencing of the admission case for less than 30 days.

• **Chronic condition**: Patients who reported that experiencing of the admission case for 30 days and above.

• **Good perception**: If the summed score of response of 26 perception questions is more than the median score, the patient was categorized as having good perception.

• **Poor perception**: If the summed score of response of 26 perception questions less than or equal to the median score, the patient was categorized as having poor perception.

### Data quality assurance and analysis

Pre-test was conducted on Chgni general hospital on 5% sample size 2 weeks before actual data collection after which correction of concepts and statements were made. The reliability analysis was performed on the final instrument to assess the internal consistency as measured by alpha Coefficient which was 0.86 for the total scale. Training was provided for data collectors and supervisors on data collection procedures to ensure the quality of the field operation. The questionnaire was prepared in English language and translated to local language, Amharic by experts. Since the data collectors were not from the hospital workers, the patient can talk freely what he/she felt heart fully about the quality of care without fearing for his/her future cares which increases the quality of data. The researchers and supervisors were closely supervising the data collection process and every day the researcher and supervisors contact with the data collectors to solve problems and correct errors as early as possible. The collected data was checked for completeness, consistency and responses in each question was coded for simplicity of data entry. Then, data was entered to EPI-data version 3.1 and exported to Statistical Package for Social Sciences (SPSS) version 23. Descriptive statistical analyses were computed to see the frequency distribution and binary logistic regression was used to identify candidate variable for multiple logistic regression. The variables with p-value of <0.25 were taken to multivariable logistic regression analysis to determine the significant association. Model fitness was checked by Hosmer and Lemshow test. A median score was used to summarize the patients’ perception as good and poor. Those who scored above the median score was taken as good and below or equal to the median score as perceived poor. Finally, the p-value<0.05 were considered statistically significant. Graph, table and chart were used for presenting results in order to give a clear picture of magnitude and relationships of various study variables.

### Ethical considerations

Prior to data collection, ethical clearance was obtained from Institutional review board of Jimma University, Institute of health. An official support letter was also obtained from Benishangul Gumuz Regional health bureau. Permission was obtained from ward in-charges to access the participants and informed consent was obtained from the study participant to confirm willingness for participation after explaining the objective of the study. The participants had also the right to refuse or terminate their participation at any point of time. The information provided by each respondent was kept confidential through anonymous recording and coding of questionnaire.

### Results

#### Socio-demographic characteristics

Out of 421 desired participants, 418 included in the study which yields 99.3% response rate. Two hundred forty-seven (59.1%) were females. More than half, 236 (56.5%) of study participants were in age range of 18-30 years with mean age of 34.88 ± (SD=13.29) years. Nearly half of the respondents (46.9%) were orthodox in religion and Amhara and Gumuz Ethnic group accounts 133 (31.8)%, 81 (19.4%) respectively. About one third (34.7%) of the participants were unable to read and write whereas 109 (26.1%) of the participants were farmer and 219 (52.4%) were living in rural areas. On the other hand, 216 (51.7%) of them earn 500-1000 ETB a month with their mean monthly income being 880.4 Ethiopian Birr (SD ± 751.8) (Table 1, Figures 2 and 3).

| Variables        | Category    | Frequency | Percentage (%) |
|------------------|-------------|-----------|----------------|
| Sex              | Male        | 171       | 40.9           |
|                  | Female      | 247       | 59.1           |
| Age in year      | 18-30       | 236       | 56.5           |
|                  | 31-40       | 99        | 23.7           |
|                  | 41-50       | 65        | 15.6           |
|                  | 51 and above| 18        | 4.3            |
| Marital status   | Married     | 304       | 72.7           |
|                  | Single      | 92        | 22             |
|                  | Divorced    | 9         | 2.2            |
|                  | Widowed     | 13        | 3.1            |
| Religion         | Orthodox    | 196       | 46.9           |
|                  | Muslim      | 163       | 39             |

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Among participants, 386 (92.3%) were admitted in the common room. Concerning service, 339 (81.1%) of participants had paid for the service they received. A considerable number of patients, 340 (81.3%) were admitted for acute illness. Moreover, 341 (81.6%) of patients did not have other diseases apart from current health problem. Majority of respondents, 389 (93.1%) had family support/Companion Possession in their hospital stay and concerning the hospital cost, more than half (52.3%) of respondents perceived it as medium followed by 158 (46.5%) of respondents perceived as high cost. Three hundred seventy-one (88.8%) of the participants stayed in the study hospitals for ≤ 7 nights with the mean length of stays (nights) of 5.2 (SD ± 2.5) (Table 2).

### Patients’ perception about the quality of nursing care

The results of this study revealed that, 206 (49.3%) of the study participants had good perception about the overall nursing care quality they received. Nearly half of respondents, 202 (48.3%) had good perception regarding on interpersonal nursing care related dimension. Among this, nurses friendly communicate with the patients 297 (71.1%), nurses maintain the individual respect 265 (63.4%), nurses show willingness when asked for help 260 (60.2%) were the three aspects of nursing care services which had good perception with the
highest proportion of the study participants. On the contrary, nurses did most of the things by asking them, nurses involve the patients and their family in patient care and nurses immediately took care of their requests were 208 (49.8%), 134 (32.1%) and 100 (23.9%) respectively.

On the second dimension of nursing care, 164 (39.2%), 186 (44.5%), 306 (73.2%) and 168 (40.2%) of respondents had good perception on nurses gave treatment/medication without any delay, nurses maintained records efficiently, enough number of nurses were available for their care and nurses maintain good coordination with other staff respectively.

Regarding on patient comfort, 266 (63.6%), 75 (17.9%) and 75 (17.9%) of them had good perception on efforts taken for ensuring privacy during examination, peaceful environment in the ward and cleanliness of the bed respectively. Related to the information given by the nurse out of the total participants, 107 (25.6%), 111 (26.6%), and 162 (38.8%) of them had good perception with the amount of information provided on facilities available when first came to the ward, the amount of information provided regarding the illness and the amount of information provided regarding on investigations respectively.

![Figure 2: Educational status vs patients’ perception of quality of nursing care in public hospitals of Benishangul Gumuz (n=418) as the level of education advanced, the patients’ perception against quality of nursing care became decreased.](image)

| Variables                        | Category       | Frequency | Percentage (%) |
|----------------------------------|----------------|-----------|----------------|
| Admission ward                   | Medical        | 153       | 36.6           |
|                                  | Surgical       | 128       | 30.6           |
|                                  | Gyn/obs        | 137       | 32.8           |
| Number of days stayed in hospital| ≤ 7            | 371       | 88.8           |
|                                  | ≥ 8            | 47        | 11.2           |
| Service type                     | Free           | 79        | 18.9           |
|                                  | Payment        | 339       | 81.1           |
| History of previous admission    | Yes            | 154       | 36.8           |
|                                  | No             | 264       | 63.2           |
| Other disease                    | Yes            | 77        | 18.4           |
|                                  | No             | 341       | 81.6           |
| Medical condition                | Acute illness  | 340       | 81.3           |
|                                  | Chronic illness| 78        | 18.7           |
| Family support                   | Yes            | 389       | 93.0           |
|                                  | No             | 29        | 7.0            |
| Type of room of admission        | Common room    | 386       | 92.3           |
|                                  | Private room   | 16        | 7.7            |
| Feeling about hospital cost      | High           | 158       | 46.5           |
|                                  | Medium         | 178       | 52.4           |
|                                  | Low            | 2         | 0.6            |
|                                  | Uncertain      | 2         | 0.6            |

**Table 2: Patient and admission-related characteristics of the participants in public hospitals of Benishangul Gumuz (n=418).**
Concerning on the caring environment, 308 (73.7%), 329 (78.8), 313 (74.9%), and 239 (57.2%) of respondents had good perception on ventilation of the ward, lighting condition of the ward, safety and security in the ward and information displayed at the entrance respectively. On the last dimension, 247 (59.1%) and 273 (65.3%) of them had good perception on nurses’ competency and enough knowledgeable to answer their questions.

From the six dimensions, the overall patients' perception was mostly related with interpersonal dimension where the correlation coefficient value $r=0.751$ and it was lesser related with comfort related dimension of nursing care where the correlation coefficient value $r=0.234$. Combined score of patient's perception in each of the six dimensions is summarized in Tables 3 and 4.

| S. No | Aspect               | Good perception | Poor perception | Total |
|-------|----------------------|-----------------|-----------------|-------|
| 1     | Interpersonal care   | 202 (48.3)      | 216 (51.7)      | 100   |
| 2     | Efficiency           | 161 (38.5)      | 257 (61.5)      | 100   |
| 3     | Comfort              | 206 (49.3)      | 212 (50.7)      | 100   |
| 4     | Information          | 105 (25.1)      | 313 (74.9)      | 100   |
| 5     | Environment          | 172 (41.1)      | 246 (58.9)      | 100   |
| 6     | Competency           | 180 (43.1)      | 238 (56.9)      | 100   |
|       | Overall              | 206 (49.3)      | 212 (50.7)      | 100   |

Table 3: Patients’ perception on nursing care at public hospitals of Benishangul Gumuze (n=418).

Figure 3: Type of ward VS patients' perception of quality of nursing care in public hospitals of Benishangul Gumuz (n=418).

Logistic regression analysis on patients’ perception of quality of nursing care

The results from binary logistic analyses showed that there were relationship between sex, educational status, history of previous admission, income, number of days (nights) stayed in hospital, family support and type of admission room with patients’ overall perception with nursing care quality. In multiple logistic regression analysis, educational status, length of hospital stay, family support/companion possession, type of admission room and hospital setting were found to be statistically significant predictors of patients’ perception.

Accordingly, patients who were unable to read and write were 21 times more likely to have good perception compared to those stayed for ≥ 8 nights [AOR=2.386 and 95% CI (1.209, 4.709)].

In addition, the study result showed that patients who had family support were 3.5 times more likely to have good perception towards nursing care quality compared to those who had no support/companion possession [AOR=3.531 and 95% CI (1.475, 8.453)]. Patients who were admitted to private room were 3.68 times more likely to have good perception towards nursing care quality compared to those admitted in common room [(AOR=3.676 and 95% CI (1.534, 8.811)]. This study also showed that patients admitted in Pawe Hospital were 1.7 time more likely to have good perception on nursing care quality than those who were admitted in Assosa Hospital [AOR=1.724 and 95% CI (1.127, 2.636)].

Discussion

This study revealed that the overall proportion of patients who had good perception on the quality of nursing care was 49.3%. This finding was consistent with the study done in north Ethiopia 50.3% [25]. But this percentage was lower compared to other studies conducted in Sri Lankan hospital 70%, Nepal 63.6% and Kenya 67.8% [4,26,27]. This difference might be related with variation in socio-demographic characteristic of study participants, the level of hospitals studied, nurse staffing and differences in doctor-patient relationship or nurses’ participation in decision making process.

This study revealed that 48.3% of respondents had good perception on interpersonal nursing care related dimension which was lower compared to other studies conducted in Sri Lanka 70% and Nepal 65 [4,28]. This discrepancy might be because of nurses prioritized the completion of job related tasks rather than spending time to talk, work overload or due to lack of the concept of patient centered care. From the second dimension of efficiency related nursing care, this study revealed that 39.2% of participants perceived good as nurses gave them treatment/medication without any delay. This finding was lower than
study conducted in Jordan 66%. Also in our study 40.2% of patients perceived good as nurses maintain good coordination with other staff which was lower than study done in Jordan 66% [19]. This could have explained that staff members might not be sensitized to the importance of on-time medication administration, lack of understanding of the specific information or poor communication within the staff.

Regarding on information, our result showed that 26.6% and 38.8% of them had good perception as they have got enough information regarding their illness and investigation from nurses respectively, which was lower than study conducted in North Ethiopia 70.6% and 91.4% respectively [25]. This might be because of either the nurses’ reluctance to exhibit these important qualities of providing care or their ignorance of the skills altogether.

### Table 4: Bivariate and multivariate logistic regression analysis on patients’ overall perception of nursing care quality in public hospitals of Benishangul Gumuz Regional State, North West Ethiopia.

| Variables                  | Label/category         | Patient perception | COR (95% CI) | AOR (95% CI) | p-value |
|----------------------------|------------------------|--------------------|--------------|--------------|---------|
| Educational status         | Unable to read and write | 93 (45.1) | 52 (24.5) | 13.950 (5.179, 37.578) | 21.026 (7.433, 59.479) | 0.001 |
|                            | Able to read and write | 22 (10.7) | 29 (13.7) | 5.917 (2.003, 17.485) | 8.897 (2.852, 27.756) | 0.001 |
|                            | Primary school         | 51 (24.8) | 50 (23.6) | 7.956 (2.899, 21.831) | 10.740 (3.752, 30.748) | 0.001 |
|                            | Secondary School       | 35 (17.0) | 42 (19.8) | 6.500 (2.313, 18.270) | 8.228 (2.819, 24.017) | 0.001 |
|                            | College and above      | 5 (2.4) | 39 (18.4) | 1 | 1 |
| Length of hospital stay    | ≤ 7 days               | 190 (92.2) | 181 (85.4) | 0.492 (0.260, 0.292) | 2.386 (1.209, 4.709) | 0.012 |
|                            | ≥ 8 days               | 16 (7.8) | 31 (14.6) | 1 | 1 |
| Family support             | Yes                    | 198 (96.1) | 191 (90.1) | 2.721 (1.177, 6.292) | 3.531 (1.475, 8.453) | 0.005 |
|                            | No                     | 8 (3.9) | 21 (9.9) | 1 | 1 |
| Type of admission room     | Common room            | 184 (89.3) | 202 (95.3) | 1 | 1 |
|                            | Private room           | 22 (10.7) | 10 (4.7) | 0.492 (0.260, 0.929) | 3.676 (1.534, 8.811) | 0.004 |
| Hospital Setting           | Pawe Hospital          | 121 (55.3) | 98 (44.7) | 1.656 (1.124, 2.439) | 1.724 (1.127, 2.636) | 0.012 |
|                            | Assosa Hospital        | 85 (42.7) | 114 (57.3) | 1 | 1 |

Note: Statistically significant at p<0.05 and 1=Referent

The findings of this study showed that there was no relationship between socio demographic variables including gender, age, marital status, ethnicity, and religion with patient's overall perception. This finding was similar with study conducted in Nepal and China [26,30]. In various studies conducted on the subject; it was found that the patients’ gender [9,15] and age [9,15,31] had significant association with patients’ perception on nursing care. This can be due to the difference in socioeconomic difference and level of understanding on quality of services.

The study showed that educational level was significantly associated with patient perception. This finding was in line with the study done in Turkey and Addis Ababa [9,32]. This could be explained by people who are highly educated might expect a higher standard of care than lower education status. In contrary, study done in Gamo Gofa and Mekelle showed that respondents attended college and University were more likely to be satisfied with nursing care service provided than illiterate ones [31,32].

Patients’ number of night spent in the ward had also an association with patients’ perception. In this study those patients who spent ≤ 7 nights were 2.39 times more likely to have good perception than who spent ≥ 8 nights. It may because those who spent ≥ 8 nights might have a higher demand and they might have some other hospital acquired infection as they spent more time in the hospital. This finding was in agreement with study done in Turkey, Gamo Gofa and Black Lion [9,31,32].
In our study patients who had family support were 3.5 times more likely to have good perception towards nursing care quality compared to those who had no support/companion possession. This might be due to the possibility of decrease in expectations of nursing care because of companions met the patient’s needs. In contrast, studies done in Turkey [1] revealed that there is no association between family support and patient perception on nursing care. This can be due to the difference level of caring in the hospital, availability of quality control and assurance at the hospital and the staffing.

Concerning the type of admission room, those admitted to private room were 3.68 times more likely to have good perception towards nursing care quality compared to those admitted in common rooms. It is in agreement with study done in Dessie Referral Hospital [15]. This might be related with the privacy and nurses perform their nursing duties in a careful and meticulous manner in the private room and also patients admitted at private room can get conducive environment for care and information about their disease and prognosis. Patients who were admitted to Pawe Hospital had good perception towards nursing care quality than those who cared in Assosa Hospital. This might be related to the difference in physical environment or the level of understanding of patients and difference of quality services between the two hospitals.

Conclusion

In conclusion, the level of overall adult patients' perception about the quality of nursing care in the hospitals was low. Number of nurses available for their care, ventilation of the ward, safety and security in the ward and lighting condition of the ward were the four top items that patients were most satisfied. In contrary, the amount and type of information nurses gave to patients about their illness and investigation, the way nurses took immediate care for their request and cleanliness of the bed were the least satisfied items. These were the common problems for hospitals under study which requires urgent intervention programs to improve the information provision and associated factors among outpatients received mental health services at public hospitals of Mekelle Town, northern Ethiopia. Int J Ment Health Syst 12: 38.

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Recommendations

The regional health bureau is recommended to design and launch intervention programs to improve the information provision and communication skills and the skills of making clients feel well of the nursing staff at the study hospitals. Regularly evaluate patients' perception to ensure the sustainability of quality of nursing care services. Hospital administrators also should have more efforts to ensure the nursing care environmental cleanliness by improving availability of necessary materials and supplies. The hospital should strengthen operational standards of nursing care practice to the staffs. Organize nursing education program and skill training workshops for the nurse’s. Nursing staff should focus on patient centered care to reduce patient's length of hospital stay. The staffs should also consider consistent care for private and common rooms including patient's privacy and confidentiality during care. Further study is needed to understand the overall patients feeling using qualitative study and also the care providers' perceptions should be examined.

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Conflict of Interest

All authors declared that there is no conflict of interest. Funder of this study was acknowledged and they have no contribution in publication process.

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