Research Article

Progression of Luminal Breast Tumors Is Promoted by Ménage à Trois between the Inflammatory Cytokine TNFα and the Hormonal and Growth-Supporting Arms of the Tumor Microenvironment

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Breast cancer progression is strongly linked to inflammatory processes, aggravating disease course. The impacts of the inflammatory cytokine TNFα on breast malignancy are not fully substantiated, and they may be affected by cooperativity between TNFα and other protumoral mediators. Here, we show that together with representatives of other important arms of the tumor microenvironment, estrogen (hormonal) and EGF (growth-supporting), TNFα potently induced metastasis-related properties and functions in luminal breast tumor cells, representing the most common type of breast cancer. Jointly, TNFα + Estrogen + EGF had a stronger effect on breast cancer cells than each element alone, leading to the following: (1) extensive cell spreading and formation of FAK/paxillin-enriched cellular protrusions; (2) elevated proportion of tumor cells coexpressing high levels of CD44 and β1 and VLA6; (3) EMT and cell migration; (4) resistance to chemotherapy; (5) release of protumoral factors (CXCL8, CCL2, MMPs). Importantly, the tumor cells used in this study are known to be nonmetastatic under all conditions; nevertheless, they have acquired high metastasizing abilities in vivo in mice, following a brief stimulation by TNFα + Estrogen + EGF. These dramatic findings indicate that TNFα can turn into a strong prometastatic factor, suggesting a paradigm shift in which clinically approved inhibitors of TNFα would be applied in breast cancer therapy.

1. Introduction

The majority of breast cancer patients are diagnosed with luminal tumors that are characterized by the expression of estrogen receptors (ER) and progesterone receptors (PR) and the absence or only weak amplification of HER2 (this latter parameter depends on the subclass, whether luminal A or luminal B) [1, 2]. Although ER-expressing and PR-expressing patients typically experience a favorable outcome and a relatively good prognosis, eventually many of them become unresponsive to endocrine therapies and develop metastases at remote organs [1–3]. To date, the mechanisms that contribute to tumor progression and more importantly to metastasis formation in these patients are poorly understood.

Tumor cell dissemination to remote organs is a multifactorial process that is linked to upregulation of extracellular matrix (ECM) and adhesion receptors, to increased spreading and migration, and to epithelial-to-mesenchymal transition (EMT) [4–10]. Moreover, strong induction of metastatic traits is endowed on the tumor cells by elements of the tumor microenvironment that promote many different metastasis-related functions including tumor cell spreading and EMT [11–13].

The tumor milieu is an extremely complex and dynamic contexture comprised of many cell types, ECM components, and secreted factors. Recently, intensive research indicates that there is an intimate link between inflammation and cancer, where inflammatory cells and cytokines promote...
processes of tumor growth and progression. In this respect, much emphasis has been attributed to the inflammatory cytokine tumor necrosis factor α (TNFα). TNFα was shown to induce antitumor effects when administered in high concentrations directly into tumors. Thus, TNFα was considered for quite some time as a potential therapeutic modality, whose introduction to patients would limit disease course. However, recent investigations challenged this view and indicated that chronic and consistent presence of TNFα in tumors leads to procancerous consequences in many malignant diseases [14–17].

Specifically in breast cancer, studies in animal model systems have shown that TNFα exerted causative procancerous activities through a diverse set of mechanisms [18–21]. Along these lines, we and others have shown that TNFα was highly expressed in breast tumors [22–25], that the incidence of TNFα expression was significantly increased in advanced stages of breast cancer (detected in approximately 90% of the patients with recurrent disease) [22], and that TNFα induced EMT and invasion of breast tumor cells [22, 26, 27]. Moreover, by virtue of its inflammatory actions as inducer of inflammatory chemokines, TNFα indirectly led to high presence of protumoral leukocyte subpopulations in tumors [28].

The opposing roles of TNFα in cancer may be due to interactions that the cytokine has with other procancerous elements that reside at the tumor milieu. In luminal breast tumors, such interactions could be taking place mainly with two arms of the tumor microenvironment: hormones that are key regulators of the malignant process and growth-supporting factors that promote tumor cell proliferation. Indeed, the hormone estrogen is a key player in luminal breast tumors, where it enhances the proliferation of breast tumor cells, induces EMT, and consequently increases the migratory and invasive abilities of these cells [29–32]. Although the lack of ER is usually associated with worse prognosis [32, 33], the hormone by itself has definite potent tumor-promoting functions and thus is a major therapeutic target in breast cancer treatment. In parallel, growth-supporting factors like epidermal growth factor (EGF) are of large relevance. Luminal breast cancer cells usually do not exhibit amplification of the EGF-signaling HER2 receptor or show only low overexpression of this receptor; nevertheless, they bind EGF and respond to its tumor-promoting stimuli [34–37]. EGF enhances tumor cell proliferation, migration, invasion, and EMT [36, 38–40], and thus it should be taken into account when we consider joint activities of microenvironmental factors on breast cancer metastasis.

In view of the multi-factorial nature of the tumor microenvironment, in this study we determined the combined impact of the three arms—inflammatory (TNFα) + hormonal (estrogen) + growth-supporting (EGF)—on malignancy-promoting characteristics and functions of luminal breast tumor cells. This “combined stimulation” by TNFα + Estrogen + EGF provides a more relevant representation of the multifaceted nature of the tumor microenvironment in luminal breast tumors than the reductionist approach of testing the activity of each element alone. The “combined stimulation” approach is supported by published findings demonstrating coregulatory intracellular interactions existing between TNFα-, estrogen-, and/or EGF-mediated pathways in breast cancer and in other malignancies [34, 41, 42]. Accordingly, in this study we determined the impact of the TNFα + Estrogen + EGF stimulus and compared it to the effect of each factor on its own. Using the joint powers of the TNFα + Estrogen + EGF stimulation, we found that MCF-7 luminal breast tumor cells have acquired very high metastasis-related functions. Already at the initial phases of the study we found that the combined stimulation had a much higher influence than TNFα alone, estrogen alone, or EGF alone on the tumor-promoting aspects that were studied. Therefore, in more advanced stages of the research we focused on the effects of the joint stimulation by TNFα + Estrogen + EGF on functional tumor-promoting readouts, including tumor growth and metastasis formation.

Overall, our findings indicate that TNFα induces many metastasis-related functions in luminal breast tumor cells and that its activities are largely amplified by cooperativity with estrogen and EGF. The TNFα + Estrogen + EGF stimulation has endowed the cancer cells with high spreading and EMT characteristics and with tumor- and metastasis-promoting functions. Moreover, although TNFα was cytotoxic to some of the tumor cells, its cooperativity with estrogen and EGF has led to selection of tumors cells that have gained high metastasizing abilities in vivo, in an animal model system.

These observations suggest that a paradigm shift is required in the treatment of luminal breast cancer patients, in which therapies against TNFα should be introduced to the clinical regimen rather than the use of TNFα as a cytotoxic agent. Inhibitors of TNFα are already in clinical use for other indications (autoimmune diseases), and our findings suggest that they should be combined with antihormonal approaches and modalities targeting the EGF-HER2 pathway. We propose that such integrative therapies targeting multiple tumor-promoting factors may achieve a high therapeutic impact in luminal breast cancer patients.

2. Materials and Methods

2.1. Cell Cultures. MCF-7 cells are luminal breast tumor cells that express high levels of ER and PR and show low levels of expression of HER2 and of EGF receptors (EGFR) [43–45]. These cells were found to provide the unique setup of luminal breast tumor cells which is required for this study by (1) responding to TNFα [22, 46, 47]; (2) expressing estrogen receptor α (ERα) and responding to estrogen [34, 48, 49]; (3) responding to EGF despite relatively low expression of HER2 and EGFR [34–37]. The cells were kindly provided by Professor Kaye (Weizmann Institute of Science, Rehovot, Israel). In line with published MCF-7 characteristics [43–45], the cells were authenticated on the basis of expression and activity of ERα; in vitro estrogen responsiveness; tumor formation requiring estrogen and matrigel; and low expression of HER2. The cells were maintained in growth media containing DMEM supplemented by 10% fetal calf serum (FCS), 2 mM L-glutamine, 100 Units/mL penicillin, 100 μg/mL streptomycin, and 250 ng/mL amphotericin (all from Biological Industries, Beit Haemek, Israel).
2.2. Cell Stimulation. MCF-7 cells were plated over-night in complete media, washed in PBS, and stimulated for three days with TNFα, estrogen, and/or EGF. The concentrations of three stimulants were selected based on extensive titration and kinetics analyses (data not shown), and they agree with the conventional dose range used in other research systems: TNFα at 50 ng/mL (cat. no. 300-01A; PeproTech, Rocky Hill, NJ, USA), estrogen at 10^{-8} M (cat. no. E8875; Sigma, Saint Louis, MO, USA) and EGF at 30 ng/mL (cat. no. 236-EG; R&D systems, Minneapolis, MN, USA). In all procedures, control non-stimulated cells were grown in the presence of the diluents of the above stimulants. Stimulation was performed in phenol red-free and serum-free DMEM. Media, including the stimulators, were changed daily. When indicated, the pharmacological inhibitor of Src, PP2 (cat. no. 529573; Calbiochem, EMD Millipore, San Diego, CA, USA) was used in a conventional concentration of 2.5–5 μM. The inhibitor was added to cell cultures simultaneously with the stimulation of the cells by TNFα + Estrogen + EGF or to control non-stimulated cells and was present in culture throughout the duration of stimulation (three days). Control cells were treated with the solubilizer of the drug at similar dilutions (DMSO; Sigma).

2.3. Confocal Microscopy Analyses. Stained and non-stimulated MCF-7 cells were fixed with 8% paraformaldehyde (PFA; cat. no. 1.04005; Merck KGaA, Darmstadt, Germany), permeabilized by 0.2% Triton (cat. no. 0.332-TAM; Amresco, Solon, OH, USA). Nuclei were visualized by DAPI (4′,6-diamidino-2-phenylindole; cat. no. 9564; Sigma) and actin fibers by FITC-conjugated phallolidin (cat. no. P-5282; Sigma). The following antibodies (Abs) were used: rabbit IgG against focal adhesion kinase (FAK; cat. no. sc-558; Santa Cruz biotechnology), Santa Cruz, CA, USA) and mouse IgG1 against paxillin (cat. no. 624001; Biolegend, San Diego, CA, USA). Then, the cells were incubated with the secondary Abs: Dylight-549-conjugated against rabbit IgG (cat. no. III-505-144; Jackson Immunoresearch Laboratories, West Grove, PA, USA) or Alexa-647-conjugated against mouse IgG (cat. no. 115-606-146; Jackson Immunoresearch Laboratories). Baseline staining was obtained by non-relevant isotype matched controls. Coverslips were mounted using fluorescent mounting medium (cat. no. IE-18; Golden Bridge International, Mukilteo, WA, USA) and read by Zeiss LSM 510-META confocal microscope (Carl Zeiss, Jena, Germany) at ×63 magnification.

2.4. Flow Cytometry. Expression levels of cell surface molecules were determined by flow cytometry (FACS) in stimulated and non-stimulated MCF-7 cells, using a Becton Dickinson FACSort (Mountain View, CA, USA). The following Abs were used: PE-conjugated mouse IgG1 against integrin β1 (CD29; cat. no. 303004; Biolegend), Alexa 488 conjugated-Rat IgG2a against integrin α6 (CD49f; cat. no. 313607; Biolegend), Alexa 488-conjugated Rat IgG2b against CD44 (cat. no. 103015; Biolegend) and mouse IgG1 against E-cadherin (Figure 7—cat. no. sc-21791; Santa Cruz biotechnology; Figure S2—cat. no. 324101; Biolegend). The Abs against E-cadherin were followed by FITC-conjugated Abs against mouse IgG (cat. no. 115-095-003; Jackson Immunoresearch Laboratories). Baseline staining was obtained by non-relevant isotype matched controls. Staining patterns were determined using the win MDI software.

2.5. Quantitative Real-Time Polymerase Chain Reaction. Total RNA was isolated from stimulated and non-stimulated MCF-7 cells using the EZ-RNA kit (cat. no. 20-400-100; Biological Industries). RNA samples were used for generation of first-strand complementary DNA synthesis using the M-MLV reverse transcriptase (cat. no. AM2044; Ambion, Austin, TX, USA). Quantification of cDNA targets by quantitative real-time polymerase chain reaction (qPCR) was performed on Rotor Gene 6000 (Corbett Life Science, Concorde, NSW, Australia), using Rotor Gene 6000 series software. Transcripts were detected using Absolute Blue qPCR SYBR ROX mix (cat. no. AB-4163A; Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer's instructions. In each reaction, two pairs of specific primers were used, designed for different exons. The sequences of the primers as follows: for Zeb1-forward 5′-TCAGCAGCTGACTGTAGGTTGT-3′, reverse 5′-CTGCCTCCCTCTTCTGCTAC-3′; for Snail-forward 5′-CTATTCCAGGTTACCTTCGAGCA-3′, reverse 5′-AGTCCCCAGTACAGCATTGC-3′; for Slug-forward 5′-CTGCTGAAAGGACATTCTCA-3′, reverse 5′-CAGGATGGAAGTAACCTCTA-3′; for the normalizing gene rS9-forward 5′-TTATCTGCTGGCCTGAAGAT-3′ and reverse 5′-GGGATGTCGCCACCTGCTT-3′. PCR amplification of the genes rS9 and Slug was performed over 40 cycles (95°C for 15 sec, 59°C for 20 sec, 72°C for 15 sec), while amplification of Zeb1 was performed over 40 cycles (95°C for 15 sec, 59°C for 20 sec, 80°C for 15 sec), and of Snail over 45 cycles (95°C for 15 sec, 59°C for 20 sec, 84.5°C for 15 sec). Dissociation curves for each primer set indicated a single product, and no-template controls were negative after 40/45 cycles. Quantification was performed by standard curves, on the linear range of quantification.

2.6. Cell Viability. Stimulated and non-stimulated MCF-7 cells were recultured in 96-well plates in growth medium containing the stimulants. After 8 hr, media were removed and the cells were exposed to combined stimulation by TNFα + Estrogen + EGF, in the absence or presence of 1μM doxorubicin (Teva Pharmaceutical, Netanya, Israel; kindly provided by Professor Peer, Tel Aviv University). The concentration of doxorubicin was selected following titration analyses (data not shown). After additional three days, media were removed, cells were washed, and XTT reagent (cat. no. 20-300-1000; Biological Industries) was added to the wells according to the manufacturer’s instructions for 2 hr. Absorbance was measured at 450 nm and 630 nm. For each group (non-stimulated and stimulated cells) the percentage of cell survival was calculated compared to cells that were not exposed to doxorubicin. In other cases, cell viability was determined by trypan blue exclusion (cat. no. 03-102-1B; Biological industries), in two replicates. Viable cells were
counted using a hemocytometer, and total cell number was calculated.

2.7. ELISA Assays. Stimulated and non-stimulated MCF-7 cells were grown as described above. Conditioned medium (CM) was removed from the last 24 hr of cultures, and CXCL8 and CCL2 levels were determined by ELISA using standard curves with rhCXCL8 or rhCCL2 (cat. no. 200-08, 300-04, resp.; Peprotech), at the linear range of absorbance. The following Abs were used (all from Peprotech): For CXCL8: coating polyclonal Abs (cat. no. 500-P28), detecting biotinylated rabbit polyclonal Abs (cat. no. 500-P28Bt); For CCL2: coating monoclonal Abs (cat. no. 500-M71), detecting biotinylated rabbit polyclonal Abs (cat. no. 500-P34Bt). After the addition of streptavidin-horseradish peroxidase (cat. no. 016-030-084; Jackson Immunoresearch Laboratories), the substrate TMB/E solution (cat. no. E5001; Millipore, Temecula, CA, USA) was added. The reaction was stopped by the addition of 0.18 M H2SO4 and was measured at 450 nm. In parallel, cells were removed by trypsinization and counted by trypan blue exclusion (see above), and the results were normalized to cell numbers.

2.8. Gelatin Substrate Zymography. MCF-7 cells were plated in 24-well plates in growth medium. Following overnight incubation, the growth medium was removed and cells were stimulated for three days with TNFα + Estrogen + EGF as indicated above. CM of the last 24 hr were collected and separated on 75% SDS-polyacrylamide gels containing 0.1% gelatin substrate. After electrophoresis, gels were washed three times in 50 mM Tris/HCl pH 7.5, containing 2.5% Triton X-100. The gels were then washed three times in 50 mM Tris/HCl pH 7.4 buffer, followed by incubation in buffer containing 50 mM Tris/HCl pH 7.4, 0.02% NaN3, and 10 mM CaCl2 for 48 hr at 37°C. Following three washes in double distilled H2O, the gels were stained with 0.1% coomasie blue and disained in 20% methanol and 10% glacial acetic acid until clear bands of protein degradation were visualized. In parallel, cells that were removed by trypsinization were counted by trypan blue exclusion (see above). The obtained bands were subjected to densitometry performance using Scion image software, and their density was normalized to cell number.

2.9. Assays of Tumor-Spheroids. 6-well plates were incubated overnight on a rocker with 1.2% Poly(2-hydroxyethyl methacrylate) (cat. no. P3932; Sigma) in methanol. MCF-7 cells were plated in phenol-red free DMEM/F12 medium supplemented with 2 mM L-glutamine, 100 Units/mL penicillin, 100 μg/mL streptomycin, 250 ng/mL amphotericin (all from Biological Industries), 0.4% BSA (cat. no. 0332-TAM; Amresco), B-27 serum-free supplement (cat. no. 17504; Gibco, Life Technologies, Grand Island, NY, USA), 20 ng/mL basic FGF (cat. no. 100-18B; Peprotech), 20 ng/mL EGF (cat. no. 236-EG; R&D systems), and 5 μg/mL insulin (cat. no. 19278; Sigma). After three days, tumor-spheroids were formed, and cells were stimulated with TNFα + Estrogen + EGF in the above-indicated concentrations or with the diluents of the above stimulators, for additional 24–96 hr. Cells were photographed daily using a light microscope at ×10 magnification.

For flow cytometry analyses that followed tumor-spheroid formation, cells were passed through a 40 μm nylon mesh cell strainer, in order to separate single cells from tumor-spheroids. Tumor-spheroids were later dissociated by trypsinization and the cells that were obtained by this procedure were compared to single cells that migrated out of tumor-spheroids formed by stimulated cells. Cell viability of all groups was determined by trypan blue exclusion (see above) and cells were stained using Abs against E-cadherin (see above).

2.10. Tumor Growth and Metastasis. MCF-7 cells were infected to stably express mCherry (by pQCXI-mCherry retroviral vector). The cells were either non-stimulated or stimulated by TNFα + Estrogen + EGF at the above-mentioned concentrations for three days. Then, the cells were washed and 4 × 106 cells/mouse were inoculated to the mammary fat pad of female athymic nude mice (Harlan Laboratories, Jerusalem, Israel). Prior to injection to mice, the cells were mixed 1:1 with matrigel (cat. no. 356234; BD Biosciences, Franklin Lakes, NJ, USA). One week prior to tumor cell inoculation, all mice were implanted subcutaneously with slow-release estrogen pellets (1.7 mg/pellet, 60 days release, cat. no. SE-121; Innovative Research of America, Sarasota, FL, USA) which are essential for the growth of MCF-7 cells in mice.

The CRi Maestro noninvasive intravital imaging system was used to monitor intact mice, at four different time points along the time course of up to 37 days (depending on the experiment). The Maestro device has provided two readouts: (1) size of primary tumors along the growth process of tumors in the intact mice; (2) absence or presence of metastases in the intact mice. When the experiments were terminated, organs were excised and metastasis formation was compared to the readouts obtained by the Maestro device. This analysis has indicated that in intact mice, the Maestro device detected macro-metastases in a reliable manner, but could not detect micrometastases that may have been formed. Accordingly, the data retrieved by the Maestro device at the different time points in intact mice actually provided information on the formation of micrometastases in different organs.

The regulations of Tel Aviv University Animal Care Committee did not allow continuation of the experiments to the stage of survival analysis. All procedures involving experimental animals were performed in compliance with local animal welfare laws, guidelines, and policies.

2.11. Statistical Analyses. Statistical analyses of in vitro experiments were done using Student's t-tests. Values of P < 0.05 were considered statistically significant, and all in vitro data were presented as mean ± standard deviation (SD). In the in vivo studies of primary tumors, data are presented as mean ± standard error of mean (SEM), and statistical analyses of tumor sizes were done using Student’s t-tests, where values of P < 0.05 were considered statistically significant.
3. Results

3.1. Combined Stimulation by TNFα + Estrogen + EGF Amplifies Tumor Cell Remodeling and Leads to Increased Cell Spreading and High Expression of Metastasis-Related Adhesion Molecules. TNFα, estrogen, and EGF were each shown to have the potential to promote metastasis-related properties in breast tumor cells, as described above; however, different research systems were used for the study of each of these factors. In our study, we have compared side by side the ability of TNFα, estrogen, and/or EGF to affect spreading and EMT properties, using the MCF-7 luminal breast tumor cells. These cells express receptors for all the three above-mentioned factors (references provided above), and represent a nonadvanced stage of breast malignancy that can be pushed forward towards a more aggressive/invasive phenotype in terms of acquisition of EMT properties [22, 26, 27].

First, we determined the effects of TNFα, estrogen, EGF, or all three factors together on tumor cell morphology, spreading and expression of adhesion molecules which promote tumor cell invasion and metastasis [50–53]. Stimulating the tumor cells for three days by TNFα has induced the formation of actin-rich cellular protrusions, accompanied by definite concentration of actin fibers at the cell cortex (Figure I(A2a)). In contrast, estrogen alone had no effect on tumor cell morphology (Figure I(A2b)), and EGF induced cell spreading but to lower extent than TNFα (Figure I(A2c)).

However, the most robust change in cell morphology, exemplified by extensive spreading and reorganization of stress fibers, was noted when estrogen and EGF were added to TNFα (Figure I(B)). The cells that were exposed to the combined stimulation by TNFα + Estrogen + EGF have formed definite and large cellular protrusions, with actin stress fibers clearly apparent, which were minimally visible previously in the control non-stimulated cells (Figure I(B) versus Figure I(A1)). Additional analyses indicated also that the triple stimulation of TNFα + Estrogen + EGF was more effective in inducing spreading and cell remodeling than dual stimulations by Estrogen +TNFα or Estrogen + EGF (Figure S1 in Supplementary Material available online at http://dx.doi.org/10.1155/2013/720536) (the dual stimulations focused on combinations including estrogen because it is the most relevant factor to the luminal tumor cells we were using, characterized by ER expression). Together, these results provide evidence to strong impact of the combined stimulation by TNFα + Estrogen + EGF over other combinations, indicating that the joint activity of all three arms of the tumor microenvironment together is advantageous in inducing spreading and adhesion-related functions in luminal breast tumor cells.

Additional analyses indicated that the morphological changes induced by TNFα + Estrogen + EGF in the tumor cells were accompanied by redistribution of focal adhesion kinase (FAK) and paxillin, two key regulators of cell adhesion.
Figure 2: Combined stimulation of breast tumor cells by TNFα + Estrogen + EGF induces the localization of FAK and paxillin in cell protrusions and formation of intertumor connecting tubes. Breast tumor cells were stimulated by TNFα + Estrogen + EGF (concentrations as in Figure 1) for three days. Non-stimulated: cells grown with the diluents of the above factors. (A) The expression of FAK. (A1) Non-stimulated cells. ((A2a), (A2b)) Cells stimulated by TNFα + Estrogen + EGF, where part (A2b) demonstrates the formation of tubes connecting between different tumor cells. FAK expression was detected by specific Abs (red), actin filaments by phallolidin staining (green), and cell nuclei by DAPI staining (blue). In all panels, the results are from a representative experiment of $n \geq 3$. (B) The expression of paxillin. (B1) Non-stimulated cells. ((B2a), (B2b)) Cells stimulated by TNFα + Estrogen + EGF, where part (B2b) demonstrates the formation of tubes connecting between different tumor cells. Paxillin expression was detected by specific Abs (purple), actin filaments by phallolidin staining (green), and cell nuclei by DAPI staining (blue). In all panels, the results are from a representative experiment of $n \geq 3$.

and spreading [50–53] (Figure 2). Moreover, we noticed that the cancer cells that were exposed to the combined stimulation by TNFα + Estrogen + EGF have detached from each other, and have formed connecting tubes (Figures 2(A2b) and 2(B2b)). Based on published reports [54, 55], such tubes may support exchange of intracellular components between the cancer cells. The activation of FAK and paxillin and their contribution to formation of cellular protrusions were found to be Src-mediated processes. This was indicated by potent inhibition of cell spreading and FAK/paxillin localization at cellular extremities by the specific Src inhibitor PP2 (Figure 3).

The powerful spreading induced by TNFα + Estrogen + EGF has led us to monitor the expression of the β1 integrin, known to be strongly involved in processes of tumor cell adhesion, spreading, and metastasis formation [56–60]. As shown in Figure 4, of the three factors mainly TNFα induced detectable upregulation in β1 expression although to a very limited extent; however, when TNFα activities were joined by estrogen and EGF, the resulting TNFα + Estrogen + EGF stimulation has led to much more substantial integrin β1 upregulation, in an extent that was stronger than the minimal effects induced by each of the factors alone (Figures 4(a1)–4(a3) versus Figure 4(B)).

The β1 integrin has been shown in many studies to stand in the basis of increased adhesion and invasion of tumor cells, including of breast origin [56–60]. Since integrins are acting as αβ heterodimers, we searched for the α chain counterpart that would accompany the increased expression of β1. A thorough search through many different α sub-units has identified increases in α6 response to TNFα + Estrogen + EGF stimulation (Figure 4(c)). Accordingly, the combined stimulation has led to increase in a subpopulation of tumor cells expressing high levels of α6β1. The α6β1 heterodimer, otherwise known as VLA6, is a laminin receptor that has been identified in the past as invasion-supporting complex that promotes breast cancer progression [61, 62].
3.2. Combined Stimulation by TNFα + Estrogen + EGF Is Advantageous over Each Factor Alone in Inducing EMT in Breast Tumor Cells. To follow on the above findings, we determined the abilities of TNFα, estrogen, and EGF—each alone or together—to induce EMT properties in the tumor cells. In cells undergoing EMT, reduced expression of E-cadherin facilitates detachment of cancer cells from each other [9, 10]. Accordingly, following three days of stimulation by TNFα, EGF, and estrogen, each separately, downregulation of cell surface expression of E-cadherin was noted to some extent, with TNFα inducing the most prominent effects of all three factors; however, very clearly, the most potent EMT phenotype was obtained upon joint stimulation by all three factors together, given in the form of TNFα + Estrogen + EGF (Figure 6). Also, in response to the combined stimulation, the cells have gained typical morphology of cells undergoing EMT, detaching from each other and expressing definite cellular protrusions (Figure 7(a)). Further supporting the ability of TNFα + Estrogen + EGF stimulation to induce EMT was the prominent increase in the expression of the known EMT activators Zeb1, Snail, and Slug [65–70] in the tumor cells (Figure 7(b); the EMT regulator twist was down-regulated; data not shown).

3.3. Combined Stimulation of Breast Tumor Cells by TNFα + Estrogen + EGF Leads to Functional Tumor-Promoting Consequences. Above, we have shown that the combined...
stimulation by TNFα + Estrogen + EGF has strongly induced spreading and EMT properties in luminal breast tumor cells. To follow on the above findings, we determined the impact of the combined stimulation on tumor cell functions that are involved in increased tumor growth and progression. Because of its high clinical relevance to tumor progression, first we asked what is the effect of the combined stimulation on resistance of tumor cells to doxorubicin (adriamycin), which is a chemotherapy commonly used in the treatment of breast cancer patients [71, 72]. When doing this analysis, we were aware of the fact that MCF-7 cells are sensitive to TNFα cytotoxicity [73–75], and accordingly our routine procedure of TNFα + Estrogen + EGF stimulation for three days has led to death of approximately 40% of the tumor cells (Figure S2). Nevertheless, despite their apparent sensitivity to TNFα-induced cytotoxicity, tumor cells that were exposed to the combined stimulation were endowed with higher resistance to doxorubicin (Figure 8(a)). These results indicate that those tumor cells that have survived the TNFα-induced cytotoxicity were selected for high resistance to chemotherapy-induced death.

In parallel to the above, we determined the effects of the combined stimulation by TNFα + Estrogen + EGF on the ability of the tumor cells to acquire additional promalignancy functions. Doing a “per cell” analysis, we found that the stimulation of the tumor cells by TNFα + Estrogen + EGF has given rise to potent elevation in the release of the inflammatory chemokines CXCL8 (Figure 8(b1)) and CCL2 (Figure 8(b2)), which have been well characterized as strong tumor-promoting factors by virtue of their potent angiogenic activities and recruitment of tumor-supporting leukocytes to the tumors [76–81]. In addition, in response to
the combined stimulation by TNFα + Estrogen + EGF, the tumor cells have acquired the ability to produce high levels of functional matrix metalloproteinase 9 (MMP9; Figure 8(c)), a key enzyme in degradation of the extracellular matrix (ECM) during local invasion and extravasation of the tumor cells [82].

Moreover, to follow on the cell-remodeling, EMT, and metastatic/invasive properties acquired by tumor cells that were exposed to the combined stimulation by TNFα + Estrogen + EGF, we determined the migratory functions of the cells. We took advantage of the high ability of MCF-7 cells to form tumor-spheroids and analyzed the ability of cancer cells to detach from the spheroids and move away from them. To this end, we have formed tumor-spheroids and then introduced the combined stimulation for additional 24–96 hr. These tests have shown that control, non-stimulated cells, kept the organized spherical structure throughout the 96 hr time course (Figure 9(a)). In contrast, cancer cells that were exposed to the combined stimulation have migrated out of the tumor-spheroids already after 48 hr of stimulation (Figure 9(b)). At the 96 hr time point, extensive outward migration was observed in the TNFα + Estrogen + EGF-stimulated cells, and a large proportion of single cells was detected (cell viability tests indicated that these single cells were alive) (Figure 9(b)). Here, it is interesting to note that the single cells that migrated out of tumor-spheroids formed in the presence of TNFα + Estrogen + EGF stimulation expressed lower levels of E-cadherin compared to the cells that remained in the spheroids (Table 1 and Figure S3). These results provide a direct connection between the processes of elevated EMT and migratory events that were induced by the combined stimulation of TNFα + Estrogen + EGF.

3.4. In Vivo Animal Studies Indicate That Tumor Cells Stimulated by TNFα + Estrogen + EGF Acquire High Metastatic Capacity. The results presented so far in this
Figure 6: Combined stimulation by TNFα + Estrogen + EGF leads to potent downregulation of E-cadherin expression by breast tumor cells. ((a), (B)) Determination of E-cadherin expression. Breast tumor cells were stimulated by (a1) TNFα, (a2) estrogen, (a3) EGF, or (B) TNFα + Estrogen + EGF (concentrations as in Figure 1) for three days. Non-stimulated: cells grown with the diluents of the above factors. The expression of E-cadherin on the surface of the cells was determined by FACS analyses, using specific Abs to E-cadherin. Isotype: isotype matched Abs, used as control in the FACS analyses. In all panels, the results are from a representative experiment of \( n > 3 \).

Table 1: Breast tumor cells that migrated out of tumor-spheroids following TNFα + Estrogen + EGF stimulation express reduced levels of E-cadherin.

| E-cadherin expression | Cells dissociated mechanically from tumor-spheroids formed by non-stimulated cells | Cells dissociated mechanically from tumor-spheroids formed in the presence of TNFα + Estrogen + EGF stimulation | Single cells that have detached spontaneously from tumor-spheroids formed in the presence of TNFα + Estrogen + EGF stimulation |
|-----------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Mean fluorescence (MFI) | 15.8                                                                           | 15.4                                                                           | 11.5                                                                           |
| % Positive cells       | 18.0                                                                           | 20.9                                                                           | 5.7                                                                           |
| Score (MFI × %)        | 284.4                                                                           | 321.9                                                                           | 65.5                                                                           |
| Normalized values      | 1.00                                                                           | 1.13                                                                           | 0.23                                                                           |

The table summarizes the analyses performed for E-cadherin expression in tumor-spheroid assays. The formation of tumor-spheroids and the ability of TNFα + Estrogen + EGF-stimulated cells to migrate out of the tumor-spheroids were shown in Figure 9. Then, tumor-spheroids and single cells were separated by a 40 \( \mu m \) nylon mesh. Cells from tumor-spheroids formed in the absence or in the presence of TNFα + Estrogen + EGF stimulation were dissociated mechanically by trypsinization and were stained for E-cadherin in comparison to cells that have detached spontaneously from the tumor-spheroids formed in the presence of TNFα + Estrogen + EGF stimulation. The three cell types were analyzed for surface expression of E-cadherin by flow cytometry analyses. The results are from a representative experiment of \( n \geq 3 \).
Figure 7: Combined stimulation by TNFα + Estrogen + EGF leads to acquisition of mesenchymal phenotype by the tumor cells, and to upregulation of EMT inducers. Breast tumor cells were stimulated by TNFα + Estrogen + EGF (concentrations as in Figure 1) for three days. Non-stimulated: cells grown with the diluents of the above factors. (a) Cell morphology was determined by light microscopy at ×20 magnification. (a1) Non-stimulated cells. (a2) Cells stimulated by TNFα + Estrogen + EGF. Arrows point to some of the cells that have undergone remodeling in response to TNFα + Estrogen + EGF stimulation. In all panels, the results are from a representative experiment of \( n \geq 3 \). (b) Expression of the EMT inducers Zeb1, Snail, and Slug in cells stimulated by TNFα + Estrogen + EGF and in non-stimulated cells (grown with the diluents of the factors), determined by qPCR analysis. In all panels, the results are from a representative experiment of \( n \geq 3 \).

study indicate that tumor cells exposed to the combined stimulation have acquired properties that may contribute to tumor growth and metastasis. These results have motivated us to determine the effects of the TNFα + Estrogen + EGF stimulation on formation of primary tumors at the mammary fat pad and on dissemination of metastasis. To enable detection of the tumor cells in intact animals, MCF-7 cells were infected to express the fluorescent protein mCherry. The tumor cells were stimulated for three days by TNFα + Estrogen + EGF in vitro then washed to remove the stimulators and inoculated to the mammary fat pad of mice. Because MCF-7 cells are sensitive to TNFα-induced cytotoxicity (Figure S2) [73–75], following the three days of stimulation by TNFα + Estrogen + EGF, we assured that equal numbers of live stimulated and non-stimulated cells were inoculated to the mice. Following tumor cell inoculation, the Maestro device has provided data on the size of primary tumors and appearance of macro-metastases in intact mice, in analyses that were performed at four time points along the course of the experiments (up to 37 days).

The findings of Figure 10(a1) show that cells exposed to the combined stimulation of TNFα + Estrogen + EGF have given rise to smaller tumors than control non-stimulated cells, due to possible reasons described further on (Section 4). However, a totally different picture was revealed when metastasis formation was addressed. Taking into account the fact that MCF-7 cells are well-characterized as non-metastatic cells [45, 83], it was exciting to see that the combined stimulation by TNFα + Estrogen + EGF for three days in culture has given rise to cells with high metastasizing ability in vivo. As expected, the control cells did not form macro-metastases at all, but in contrast the tumor cells that have been exposed to TNFα + Estrogen + EGF stimulation have given rise to macro-metastases in
Figure 8: In response to combined stimulation by TNFα + Estrogen + EGF, breast tumor cells acquire functional promalignancy properties. Breast tumor cells were stimulated by TNFα + Estrogen + EGF (concentrations as in Figure 1) for three days. Non-stimulated: cells grown with the diluents of the above factors. (a) Resistance to doxorubicin. Following their stimulation with the above-mentioned factors, the cells were replated with the aforementioned stimulation in the presence or absence of 1 μM doxorubicin for additional three days. Cell viability was determined by XTT assay. *P < 0.05 for the difference between stimulated and non-stimulated cells. The results are from a representative experiment of n ≥ 3. (b) Release of promalignancy factors by the tumor cells, calculated per cell number. The expression of CXCL8 (b1) and CCL2 (b2) was determined in the CM of the cells by ELISA, at the linear range of absorbance. ***P < 0.001 for the differences between stimulated and non-stimulated cells. The results are from a representative experiment of n = 3. (c) Release of functional MMPs, determined by zymography assays performed on cell CM. The bar graph shows the quantitative expression of MMPs, calculated per cell number. The results are from a representative experiment of n ≥ 3.

38% of the animals (Figures 10(a2), 10(b), and 10(c)), as determined in 2 independent experimental repeats showing similar results. Macro-metastases were also detected in 2/3 mice in another experiment in which non-stimulated cells were not included. The macro-metastases formed by TNFα + Estrogen + EGF-stimulated cells were detected in the liver, colon, and abdomen (Figure 10(d) shows metastases in the liver and in the colon).

Actually, the impact of the combined stimulation on the metastatic potential of the MCF-7 was dramatic: the tumor cells were exposed to this stimulus for only three days in culture, and based on our in vitro results only
Figure 9: In response to combined stimulation by TNFα + Estrogen + EGF, breast tumor cells migrate out of tumor-spheroids. Non-stimulated breast tumor cells were plated in nonadherent conditions, and tumor-spheroids were allowed to form for 72 hr. Then, the cells were either non-stimulated (a), or stimulated by TNFα + Estrogen + EGF (concentrations as in Figure 1) (b) for additional 24–96 hr. Non-stimulated cells: cells grown with the diluents of the above factors. Cells were photographed daily using light microscopy at ×10 magnification. Cell viability tests indicated that single cells migrating out of tumor-spheroids formed in the presence of TNFα + Estrogen + EGF stimulation were alive. In all panels, the results are from a representative experiment of n ≥ 3. The surface expression of E-cadherin by the cells that were included in this analysis is shown in Table 1 and in Figure S3.

4. Discussion

In this study, we demonstrated that the combination between promalignancy factors has a dramatic impact on the ability of luminal tumor cells to acquire metastasis-related properties and to disseminate to remote organs. When used singly, TNFα was more effective than the other two representatives of the tumor microenvironment—estrogen and EGF—and its activities were potentely increased by cooperating with these two factors. Thus, it was the joint activities of all three arms together—inflammatory, hormonal, and growth-supporting—that led in a prominent efficacy to the devastat-ing processes of tumor cell spreading, EMT, and metastasis.

Our findings have shown that as a result of the combined stimulation by TNFα + Estrogen + EGF, luminal breast tumor cells have gained an extensive spreading phenotype in which Src activation has given rise to tumor cell spreading and to localization of FAK and paxillin in tumor cell protrusions. In parallel, the cancer cells have detached from each other and underwent the metastasis-relevant process of EMT and migration. As a result of TNFα + Estrogen + EGF stimulation, new cell subtypes have dominated the tumor cell population, expressing high levels of VLA6 and of the metastasis-related adhesion molecules CD44 and β1, accompanied by high levels of CXCL8, CCL2, and MMPs that were released by the cells. Based on published findings [84–87], the elevation in β1, CD44, and CXCL8 may very much stand in the basis of the high resistance to doxorubicin gained by the TNFα + Estrogen + EGF-stimulated cells.

The above characteristics that were gained by the tumor cells following exposure to TNFα + Estrogen + EGF have led to an intriguing in vivo phenotype, in which the stimulated cells have produced smaller local tumors but expressed very high metastatic phenotype compared to control non-stimulated cells. Based on the in vitro results described previously, two nonexclusive mechanisms could lead to such results: (i) out of the three stimulators of the tumor cells, TNFα is the only one that is cytotoxic while estrogen and EGF are known to stimulate tumor cell growth. The tumor cells used in this study (MCF-7 cells) are known to be sensitive to TNFα-induced cytotoxicity [73–75]; accordingly, approximately 40% of the tumor cells were killed in vitro by their exposure to the combined stimulation of TNFα + Estrogen + EGF (Figure S2). Although after this stimulation only live cells were injected (in equal numbers to control cells)
Figure 10: In response to combined stimulation by TNFα + Estrogen + EGF, breast tumor cells acquire high metastasizing abilities. mCherry-expressing breast tumor cells were stimulated by TNFα + Estrogen + EGF (concentrations as in Figure 1) for three days. Non-stimulated: cells grown with the diluents of the above factors. Following washing, equal numbers of live cells (4 × 10^6) were inoculated to the mammary fat pad of mice. Using the CRi Maestro intravital imaging system, tumors and metastases were followed in intact mice at four different time points along the experiments, up to 37 days. (a) Followup of primary tumors in the mammary fat pad and formation of macrometastases. (a1) Sizes of tumors at the mammary fat pads are presented as counts/sec of fluorescence emission, divided by 1,000, obtained at each time point by analyses with the CRi Maestro intravital imaging system. *P < 0.05 for differences between the two groups of mice. The figure sums up the results obtained in two experimental repeats showing similar results, with a total of n = 6 mice in the control group and n = 8 mice in the group of mice inoculated with cells stimulated with TNFα + Estrogen + EGF. Inset: the incidence of mice with macrometastases at the end-point of the experiments, determined in intact mice by the Maestro device (38% in the TNFα + Estrogen + EGF-stimulated tumor cells versus 0% in the control group, in two independent experiments providing similar results). (b) Representative pictures obtained by the Maestro device in intact mice, showing tumor cells (red, mCherry) in both groups of mice. Non-stimulated tumor cells (b1) developed bigger tumors than tumor cells stimulated with TNFα + Estrogen + EGF (b2); however, macrometastases were detected only in the group of mice administered with tumor cells stimulated by TNFα + Estrogen + EGF (the image was obtained following prolonged excitation of mCherry in the CRi Maestro, in order to visualize the metastases). (c) A representative picture of the macrometastases that have developed in mice inoculated with tumor cells stimulated by TNFα + Estrogen + EGF at the end of the experiment. The image shows the same mouse demonstrated in part (b2). Because of the expression of mCherry, the tumor cells carried a purple color. In this representative mouse, metastases were detected in the liver, colon, and above the kidney.
to the mice and the stimulus was removed beforehand, it is possible that some of the tumor cells were destined to die later on, after they have been introduced into the mouse. These cytotoxic effects of TNFα may have given rise to reduced growth of primary tumors. (2) the high spreading, EMT, and migration phenotypes endowed on the cancer cells by TNFα + Estrogen + EGF stimulation may have led to migration of tumor cells out of the primary focus soon after their inoculation to the mammary fat pad (as has been illustrated in vitro in Figure 9); thus, the cell inoculum from which the tumor developed was smaller after stimulation and gave rise to a smaller primary tumor than control non-stimulated cells. Such a mechanism is in good agreement with the high metastatic yield of the TNFα + Estrogen + EGF-stimulated cells (Figure 10). Obviously, such mechanisms suggest that it would be interesting to determine the EMT properties in cells (Figure 10). Obviously, such mechanisms suggest that metastatic yield of the TNFα + Estrogen + EGF-stimulated cells by TNFα compared to cells stimulated by TNFα + Estrogen + EGF.

Overall, our results suggest that some of the cancer cells that were stimulated by TNFα + Estrogen + EGF partly succumbed to the cytotoxic effects of TNFα and others migrated out of the initial tumor inoculum, giving rise to smaller primary tumors than those generated by control cells. But at the same time, these cells have gained many metastasis-promoting properties and became aggressive in vitro. Therefore, the small tumor growth endowed following TNFα + Estrogen + EGF stimulation provided a false benefit, because it has led to selection of cells expressing a higher metastasizing potential. Here, it is important to note that in the heterogeneous population of tumor cells, only some have acquired the high “spreading-EMT-metastasis”-related functions, and this can explain why metastases were not formed in all mice. Nevertheless, we would like to emphasize that the acquisition of a metastatic ability by MCF-7 cells is by itself extremely unique and important, even if not observed in all mice. MCF-7 cells are considered completely nonmetastatic, and even following over-expression of powerful proto-oncogenes such as H-Ras, they did not acquire the ability to form metastases in vivo, despite increased invasiveness in vitro [83].

Therefore, our findings indicate that under certain conditions—endowed by combined stimulation by three arms of the tumor microenvironment—MCF-7 cells became metastatic. In our in vitro analyses, TNFα was the most effective of all three elements, but its activities were potentiated by estrogen and EGF. Based on these studies, we propose that TNFα is the factor that dominated the high protumoral functions, and this can explain why metastases were not formed in all mice. Nevertheless, we would like to emphasize that the acquisition of a metastatic ability by MCF-7 cells is by itself extremely unique and important, even if not observed in all mice. MCF-7 cells are considered completely nonmetastatic, and even following over-expression of powerful proto-oncogenes such as H-Ras, they did not acquire the ability to form metastases in vivo, despite increased invasiveness in vitro [83].

Therefore, our findings indicate that under certain conditions—endowed by combined stimulation by three arms of the tumor microenvironment—MCF-7 cells became metastatic. In our in vitro analyses, TNFα was the most effective of all three elements, but its activities were potentiated by estrogen and EGF. Based on these studies, we propose that TNFα is the factor that dominated the high protumoral phenotypes and responses, leading to its most extreme impact on tumor cell spreading to remote organs.

Overall, while TNFα had the ability to exert cytotoxic effects that may reduce tumor growth, it cooperated with the two other arms of the tumor microenvironment and eventually turned into a metastasis-promoting entity. Here, it is important to note that all three factors—TNFα, estrogen, and EGF—are often expressed in luminal breast tumors in breast cancer patients. Past findings from our laboratory indicated that TNFα is expressed in approximately 90% of patients with recurrent disease, and many of these patients also express ER, and are therefore estrogen-responsive [22]. Other studies denoted that about 70% of breast tumors express the ligand EGF [88]. Taken together, these observations suggest that a relatively high subpopulation of luminal breast cancer patients may experience coexposure to TNFα + Estrogen + EGF and may thus acquire increased metastatic rate. Moreover, based on our results with doxorubicin resistance, the joint powers of all three factors together may further increase the resistance to chemotherapy in breast cancer patients, demonstrating another level at which the combined exposure to TNFα + Estrogen + EGF may be devastating to the patients.

5. Conclusions

The findings presented in this study have very high clinical relevance. Until a decade ago, many researchers suggested introducing TNFα as a therapeutic agent in cancer because of its cytotoxic activities. However, an increasing body of evidence puts TNFα on the stake as a key tumor-promoting factor that has harmful impacts on the malignancy cascade. Our findings pinpoint the devastating TNFα activities to be the life-threatening stage of metastasis formation, and these findings have a profound importance for breast cancer therapy. TNFα inhibitors, such as infliximab and etanercept have been FDA-approved and are being successfully used in the clinic for treatment of several autoimmune disorders [89–92]. Therefore, we suggest considering the addition of these established TNFα inhibitors to the treatment protocols of luminal breast cancer patients.

Specifically, we suggest taking the results of this study one step further, towards personalized cancer therapy. Knowing that antihormone therapies and inhibitors of EGFR/HER2 are already used for therapy of breast cancer [93, 94], we propose that patients diagnosed with high TNFα, estrogen, and EGF levels would benefit from targeting all three arms simultaneously and that clinicians should consider the possibility of treating such patients with a cocktail of all three modalities: TNFα inhibitors + antihormonal therapies + inhibitors of EGFR/HER2.

Obviously, extensive research is needed in order to assess the impact of TNFα inhibitors on breast tumor cells both in vitro and in vivo, and to design the proper clinical administration mode. However, we believe that the paradigm shift presented in this study on the roles of TNFα in metastasis may have a strong impact on therapeutic choices in the future. The feasibility of blocking several arms of the tumor microenvironment together should not be ignored, and reducing the cancer-related inflammation might also attenuate the tumor-promoting effects imposed by the other arms of the tumor microenvironment and thus inhibit tumor cells migration and invasion and their devastating outcome, metastasis formation.

Abbreviations

Abs: Antibodies
CM: Conditioned medium
DMSO: Dimethyl sulfoxide
EGF: Epidermal growth factor
EGFR: Epidermal growth factor receptor  
EMT: Epithelial-to-mesenchymal transition  
ER: Estrogen receptors  
FACS: Fluorescence-activated cell sorting (flow cytometry)  
FAK: Focal adhesion kinase  
HRP: Horseradish peroxidase  
MMPs: Matrix metalloproteinases  
PR: Progesterone receptors  
qRT-PCR: Quantitative real-time polymerase chain reaction  
TNFα: Tumor necrosis factor α  
PFA: Paraformaldehyde  
DAPI: 4',6-Diamidino-2-phenylindole.

Conflict of Interests
The authors disclose no potential conflict of interests.

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