Effects of Salinity and Nutrient Addition on Mangrove 
Excoecaria agallocha

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Abstract

Effects of salinity on seed germination and growth of young (1 month old) and old (2-year old) seedlings of Excoecaria agallocha were investigated. Combined effects of salinity and nutrient level were also examined on old seedlings. Seed germination was best at 0 and 5 psu salinity. 15 psu salinity significantly delayed root initiation and decreased final establishment rate. All seeds failed to establish at 25 psu salinity. Young seedlings performed best at 0 and 5 psu, but growth was stunted at 15 psu, and all seedlings died within 90 days at 25 psu. Old seedlings grew best at salinities below 5 psu and they survived the whole cultivation at 25 psu. This indicated that E. agallocha increased salt tolerance over time. Gas exchange was significantly compromised by salinities above 15 psu but evidently promoted by high nutrient. Proline accumulated considerably at high nutrient, and its contents increased from 0 to 15 psu but decreased at 25 psu salinity. Lipid peroxidation was aggravated by increasing salinity beyond 15 psu but markedly alleviated by nutrient addition. These responses indicated that E. agallocha was intolerant to high salinity but it can be greatly enhanced by nutrient addition.

Introduction

Mangrove forests are distributed along coastlines and periodically inundated by seawater. The particularity of their habitat makes salinity an important factor limiting propagule germination, seedling growth and reproduction of mangrove trees [1–3]. Many studies dealt with the effects of salinity on mangroves. A negative relationship between seedling emergence rate and salt content was obtained in A. marina [4]. Increasing salinity delays root initiation of Acanthus ilicifolius and reduces final seedling establishment rates of Aegiceras corniculatum [5,6]. Moderate salinities stimulate growths of A. marina [7] and A. corniculatum [8], but further increases in salinity inevitably decrease their growths. Biomass accumulation and stem elongation of Sonneratia alba and S. lanceolata show a tendency to be stimulated by low salinity and inhibited by further increasing salinity [9]. Medina and Francisco [10] obtained significant decreases in leaf number and area of A. germinans as soil salinity increased. Under extreme salinity stress, accelerated leaf mortality rates of mangrove seedlings are often accompanied by decreases in leaf production rates, finally leading to the deaths of plants [9,11,12]. High salinity can cause osmotic stress and reduce the availability of water, resulting in stomatal closure and reduced supply of carbon dioxide [13,14]. In addition, salt stress can induce ion toxicities such as membrane disorganization, production of reactive oxygen species, and disturbance of nutrient balance [4,15,16]. Increases in salinity reduce nitrogen accumulation in Kandelia obovata [17] and inhibit the uptake of K⁺ by A. marina, resulting in damage to photosynthetic apparatus [4]. On the other hand, during long term of acclimation to saline conditions, mangroves evolve various strategies to cope with high salinity, including anatomical [18–20], physiological [21], and molecular [22,23] mechanisms. Patel et al. [4] showed that with increases in salinity, A. marina increased contents of leaf proline to alleviate NaCl stress. In order to defend salt-induced oxidative damage, plants are equipped with oxygen radical detoxifying enzymes such as superoxide dismutase, peroxidase and catalase [6,24]. Accumulation of inorganic ions in vacuoles is common pattern observed in mangrove plants under saline conditions [25,26], which serves not only to increase cellular osmolarity to counter osmotic stress but also to avoid increases in ionic strength of the cytoplasm [21,27]. However, previous studies on this topic mostly focused on a certain growth stage of mangroves, how salinity influences mangroves in a dynamic developmental process is not well known.

Nutrient deficiency is another main problem limiting mangrove growth [28–30]. Different from most terrestrial soils, mangrove sediments are frequently waterlogged by seawater. Waterlogging results in anaerobic environment, which greatly restrains nitrification and consequently leads to low nutrient bioavailability of mangrove sediments [20,31]. Nutrient addition significantly accelerates shoot elongation of Rhizophora mangle [32], increases leaf and branch growths of A. germinans [33] and remarkably enlarges leaf area of Ceriops tagal [34]. Increases in nutrient availability evidently increase stomatal conductance and photosynthetic rate of K. obovata seedlings [17]. For A. germinans trees, nutrient addition increases nitrogen investment in the osmotically compatible solute, glycine betaine, which improves water status of tissues and enhanced photosynthesis [35,36]. Studies on plant anatomical mechanism demonstrated that nutrient addition might enhance water supply to leaves and increase hydraulic conductivity by stimulating root growth and/or improving some aspects of...
the water conducting pathway [1,37,38]. The applications of nutrient fertilizers were also reported to alleviate the phytotoxicity of heavy metals [20,39,40], contribute to osmoregulation [17,41] and stimulate antioxidant systems [42], all of which endow plants with stronger resistance to adverse environments including prolonged waterlogging and extreme salinities.

Although the ecological and economic importance of mangrove forests are widely acknowledged, these special coastal ecosystems have for a long time been intensively affected by both anthropogenic activities and natural disasters, and suffered from significant habitat loss on a world wide scale [43–45]. Thus, restoring these fragmented ecosystems becomes an imperative purpose for local government. In Southeast China, more than 50% mangrove forests are man-made [46], most of which are dominated by viviparous species, such as Avicennia marina and Kandelia obovata. Unlike naturally occurring forests characterized by high biodiversity, these artificial forests are often mono-species or merely have several dominant species, rendering the system rather vulnerable to both internal and external disturbance. In order to enrich the biodiversity of mangrove forests and further promote the recovery of their ecosystem service, application of multi-species in mangrove reforestation is of great importance.

Excoecaria agallocha, known as “milk mangrove”, is an important medicinal plant and among the few non-viviparous mangrove species in Southeast China, while its restoration in nature is seldom reported. Continuous habitat loss or deterioration accompanied with little compensation has caused great challenges for survival and regeneration of non-viviparous mangrove species like E. agallocha. Previous researches on E. agallocha are mostly focused on its heredity gene and medicinal properties [47–50], but few can be found on its ecological adaptation to environments. Nandy et al. have ever recorded good growth of mature E. agallocha trees in fresh water [10], but its early response to saline conditions is still unknown. Therefore, the present study is designed to test the following three hypotheses about E. agallocha, expecting to fill in gaps about this species. Firstly, what is the optimal salinity for seed germination of E. agallocha? Our field observation shows that few E. agallocha seedlings can be found in forests although there are many seeds and mature E. agallocha trees frequently occur. Thus, we hypothesize that the saline condition in the field might be detrimental for natural regeneration of this species. Secondly, will E. agallocha change its salinity tolerance over time? Then, what is its tolerance limit at each developmental stage? Since juvenile stages of plants are generally more sensitive to environmental factors as compared to adult plants, we hypothesize that E. agallocha will increase its tolerance to salinity over time and the salinity level in its natural habitat probably approaches the tolerance limit of early E. agallocha seedlings. Thirdly, will fertilization greatly enhance seedling growth or alleviate seedlings under stressed conditions? Since nutrient limitation is prevailing in mangrove forests, we hypothesize that nutrient addition would greatly promote growth and physiological performance of E. agallocha seedlings under saline conditions. To test these hypotheses, we devised a series of experiments, and the results were expected to provide instrumental information for field restoration of this species.

Materials and Methods

Ethics statement

No specific permits were required for the described field studies and the field studies did not involve endangered or protected species.

Experiment for seed germination

E. agallocha is non-viviparous and one mature fruit contains three propagules. Mature and healthy propagules of E. agallocha were collected from mangrove reserve in Futian (114°1’31.57″E, 22°31’15.40″N), Shenzhen of China, which is seldom affected by human activities. The mangrove forests have average soil salinity of 15.25 psu, organic matter of 4.09%, total nitrogen of 0.139%, total phosphorus of 0.086% and total potassium of 1.25% [51]. The mature propagules were yellowish-brown in color, each with fresh weight of 30±1 mg and diameter of 4.0±0.2 mm.

Six polyethylene pots (12 cm diameter and 18 cm height) for each of the four salinity treatments were each filled with 2.5 kg coastal sand washed twice with tap water. Then, 20 propagules were sown in each pot. The pots were irrigated with artificial seawater (obtained by dissolving raw marine salt in tap water) of salinities of 0, 5, 15 and 25 psu. The water level was kept 3 to 4 mm above the sand surface and tap water was added daily to compensate evapotranspiration loss. Seawater in each pot was renewed weekly to ensure that it would not become stale. All pots were kept in an uncontrolled greenhouse under natural temperature and light. The cultivation lasted for 30 days during which air temperature was 25°C±2.5°C and average sunshine time was about 7.2 h/d. The seeds were considered rooted when the radicle reached 3 mm, and the unfurling of the first pair of leaves was defined as seedling establishment. The numbers of rooted seeds and established seedlings in each pot was recorded daily during the first 15 days and then every two days during the last 15 days.

Experiment for young seedlings

Twelve polyethylene pots (21 cm diameter and 17 cm height), each containing 4 kg tap-water-washed coastal sand, were prepared. Tap water was added to each pot until the water level was 3 to 4 mm above the sand surface. Then, every three seedlings of uniform size (1.7±0.1 mm stem basal diameter and 3.5±0.2 cm stem height, at one true leaf stage) which had been cultivated under freshwater condition for 30 days from propagules were transplanted in each pot. After one week acclimatization, these seedlings were allowed to expose different salinity treatments. The experimental design was a completely randomized split-plot, colonizing the new environment (one week after transplantation). The treatments lasted for 120 days under the same greenhouse as above. Morphological characteristics including leaf number, maximum leaf area, stem height and stem basal diameter were recorded every 30 days.

Experiment for old seedlings

Seeds used for this experiment had been incubated for two years under freshwater condition. Every three uniformly sized seedlings were transplanted in each of the 24 polyethylene pots with the same size and medium as those in the young seedling experiment. Treatments began after the seedlings succeeded in colonizing the new environment (one week after transplantation). The experimental design was a completely randomized split-plot, containing eight treatments with two nutrient levels (LN: low nutrient, seawater without nutrient addition; HN: high nutrient, seawater in 1.0 strength Hoagland solution) and four salinity levels (0, 5, 15 and 25 psu). Each treatment had three replicate pots. Treatment solutions were replaced once a week, and tap water was daily added to maintain the water level of 3 to 4 mm above the sand surface. After treatments began, these seedlings
were allowed to grow for 120 days under the same greenhouse as above.

Stem height and basal diameter, leaf number and maximum leaf area were recorded every 30 days. After 120 days treatment, all seedlings were harvested, rinsed thoroughly with deionized water, dried at 105°C to constant weight for the measurements of the biomass and its partition (shoot to root biomass ratio, S/R).

Relative growth rates (RGRs) were estimated. Before treatments began, 20 transplanted seedlings were randomly selected to measure stem height (H), stem basal diameter (D) and total biomass (B). According to the logarithmic relation between B and D^2H, the equation was simulated as following:

\[
\lg B = 0.5807\lg (D^2H) + 0.18 \quad (p < 0.01)
\]

The initial total biomass of each seedling was then estimated using the above equation and RGRs were calculated as:

\[
RGR = (\ln B_I - \ln B_0) / (t_1 - t_0)
\]

Here, B_0 and B_I are total biomass at the beginning (t_0) and end (t_1) of the experimental period [53].

All physiological analyses were done during the last week of the cultivation. For each seedling, 3 to 4 fully expanded leaves were selected to measure net photosynthetic rate (P_n), transpiration rate (T_r) and stomatal conductance (g_s) by using a portable photosynthesis system (LI-6400XT, U.S.). Gas exchange measurements were conducted between 10 a.m. and 11 a.m. with ambient CO₂ concentration of 387 ± 2 μmol mol⁻¹, illumination intensity of 1000 μmol m⁻² s⁻¹, air temperature of 32.4 ± 0.8°C and relative humidity of 63% ± 3%. Water use efficiency (WUE) was calculated through dividing P_a by T_a. These measured leaves were sampled for further chemical analyses.

Activities of catalase (CAT) and superoxide dismutase (SOD) as well as malondialdehyde (MDA) content were determined according to those described by Aebi [54] and Ye et al. [55]. Salt content in leaf tissues was measured following the method by Ye et al. [55] with some modification. One leaf was ground in double distilled water. The homogenate was centrifuged at 10000 x g for 3 min and the conductivity of the supernatant was measured with a conductivity meter made by Orion. Conductivity values were then converted to salt contents and the final salt content (%) in leaf tissue solution was expressed as salt per gram of water in leaf tissue. Proline contents in leaf tissues were determined according to the method described by Bates et al. [56], using an extract of 0.3 g fresh leaf materials in aqueous sulphosalicylic acid. The extracted proline was reacted with ninhydrin to form a chromophore and then the absorbance at 520 nm was measured for final determination of proline content.

**Statistical analysis**

All values were expressed as mean ± standard deviation (S.D.) values of 6 (germination experiment) or 3 (seedling experiments) replicates. For either young or old seedlings cultivated with 1.0 strength Hoagland solution, differences in parameters obtained in each measurement event among four salinity treatments (0, 5, 15 and 25 psu) were analyzed by 1-way ANOVA. For old seedlings, differences among salinity treatments and between nutrient levels, and interactions of these two factors were analyzed by 2-way ANOVA. If any significant difference was found, the Student-Newman-Keuls multiple comparison method was involved.

**Results**

**Responses to salinity of E. agallocha at different developmental stages**

At 0 and 5 psu, propagules of *E. agallocha* began to emerge roots 1–2 d after being sowed (Fig. 1a). Root emergence continued for a maximum period of 15 and 14 d at 0 and 5 psu, and the final rooting rates were both over 90%. Compared with 0 or 5 psu treatments, salinity of 15 and 25 psu delayed root initiation by several days. Root emergence at 15 and 25 psu was firstly recorded on the 6th day, with final rooting rates of 70.0 ± 1.2% and 60.0 ± 2.3%, respectively. Propagules of *E. agallocha* had similar seedling establishment between 0 and 5 psu, with first pair leaves unfurled 9 days after sowing and final establishment rates over 85%. (Fig. 1b). Compared with low salinities, increasing salinity level to 15 psu postponed seedling establishment for 6 days and the final establishment rate decreased to 37.3%. At 25 psu, all seeds failed to establish though some of them had initiated roots.

In general, growth performance of young seedlings was favorable at salinity of 0 and 3 psu, followed by 15 psu and 25 psu (Fig. 2). Below 15 psu treatments, all seedlings survived throughout the 120 days' cultivation, whereas at 25 psu, plant
deaths occurred after 60 days and all seedlings died within 30 days. Dynamics of all the measured morphologic parameters showed similar tendency at 0 and 5 psu. The stem basal diameter and stem height of seedlings at 0 or 5 psu increased gradually with time, while leaf number and leaf area increased considerably during the first 60 days and then changed little. Elevating salinity to 15 psu evidently compromised growth performance. Stem basal diameter and stem height increased little with time and leaf number even declined, whereas the maximum leaf area increased during the first 90 days and decreased afterwards. At 25 psu, all seedlings failed to survive the whole experiment period.

Old seedlings were different from young seedlings in response to salinity. All seedlings survived the whole experiment period. Growth performance declined in the order of 5 psu >0 psu >15 psu >25 psu (Fig. 3). Similar to young seedlings, at 0 and 5 psu, stem basal diameter, stem height and leaf number increased gradually over time, while increases in maximum leaf area were less visible. At the end of the cultivation, all growth parameters except leaf number showed no differences between 0 and 5 psu treatment. Patterns of stem basal diameter and stem height were similar between 15 and 25 psu, with no significant changes over time. At 15 psu, leaf number increased a little while maximum leaf area declined with time. At 25 psu, older leaves gradually detached from seedlings, but few new leaves were produced during the experiment, resulting in evident declines in leaf number and maximum leaf area.

Combined effects of salinity and nutrient on old seedlings of *E. agallocha*

Both salinity and nutrient had significant effects on morphologic parameters of old seedlings after 120 days cultivation, and their interactive effects on stem basal diameter, stem height and leaf number were very significant (Table 1). At any salinity, seedling growth was more vigorous at high than low nutrient, while the differences in morphologic parameters between the two nutrient levels gradually decreased as salinity increased (Fig. 4). At high nutrient, stem basal diameter and stem height varied little either between salinity of 0 and 5 psu or between 15 and 25 psu, while the values at salinities above 15 psu were significantly lower than those at salinities below 5 psu. The maximum value of leaf number occurred at 5 psu, about 1.5, 2.3 and 15.5 times those at 0, 15 and 25 psu, respectively. Similarly, maximum leaf area was highest at 5 psu, not significantly different from that at 0 psu, but 37.5% and 219.0% higher than those at 15 and 25 psu, respectively. Decreasing nutrient availability reduced the differences in stem basal diameter, stem height and leaf number among salinities. Similar to those at high nutrient, decreases in stem basal diameter, leaf number and maximum leaf area at low nutrient were significant with increasing salinity, while significant variations in stem height were not detected among salinities.

Salinities above 15 psu significantly depressed biomass accumulation of old *E. agallocha* seedlings, and the inhibitory effects of high salinity became more pronounced when coupled with low nutrient (Fig. 5). No significant interaction between salinity and nutrient was detected on total biomass (Table 1), while the value of total biomass at low nutrient only accounted for 43.5%, 41.6%, 53.3% and 83.3% of those at high nutrient at 0, 5, 15 and 25 psu, respectively. Similarly, in spite of significant higher values of S/R at high than low nutrient, patterns of S/R with salinity were similar between the two nutrient levels: significantly increasing with salinity increasing from 0 to 5 psu and then decreasing sharply with further increasing salinity from 5 to 25 psu. High
Figure 3. Effects of salinity on growth of old seedlings. Growth parameters include stem basal diameter, stem height, leaf number and maximum leaf area of old E. agallocha seedlings cultivated with 1.0 strength Hoagland solution. Mean and SD of three replicates are shown, and means at the same salinity with different letters are significantly different at 0.05 according to 1-way ANOVA test.
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Figure 4. Effects of salinity and nutrient on growth of old seedlings. Growth parameters of stem basal diameter, stem height, leaf number and maximum leaf area were measured after 120 days cultivation. Mean and SD of three replicates are shown, and means at the same nutrient level with different letters are significantly different at 0.05 according to 1-way ANOVA test. HN: high nutrient, fertilized with 1.0 strength Hoagland nutrient solution; LN: low nutrient, unfertilized.
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salinity or low nutrient significantly compromised RGR of *E. agallocha* seedlings, while the decline trend in RGR with salinity was more pronounced at high than low nutrient.

Effects of salinity were significant on gas exchange of *E. agallocha* leaves (Fig. 6). Gas exchange was also significantly enhanced by high nutrient, as shown by significantly increasing \(P_n\), \(T_r\), \(g_s\) and WUE at high compared to low nutrient. However, differences in \(P_n\), \(T_r\) and \(g_s\) among the four salinity treatments seemed more pronounced at high than low nutrient. At high nutrient, gas exchange was greatly promoted by elevating salinity level from 0 to 5 psu, but significantly depressed as salinity increased to 15 psu. As increasing salinities from 15 to 25 psu, \(P_n\) and \(T_r\) continued to decline while \(g_s\) and WUE no more significantly changed. Differently, at low nutrient, gas exchange differed little between 0 and 5 psu salinities, but significantly inhibited at 15 psu, while gas exchange at 25 psu was comparable to that at 15 psu.

Salt contents in *E. agallocha* leaves were significantly affected by salinity but not by nutrient level, and there were no interactive effects between salinity and nutrient level on this parameter (Table 1). Increasing salinity from 0 to 5 psu had no significant effect on leaf salt contents, but elevating salinity level from 5 to 15 increased the values by 55.0% and 30.6% at high and low nutrient levels, respectively (Fig. 7). Salt contents varied little with further increasing salinity from 15 to 25 psu. Proline contents were significantly enhanced by high nutrient (Table 1, Fig. 7), with the values at high nutrient about 2.4, 1.3, 1.1 and 1.7 times those at low nutrient at salinity of 0, 5, 15 and 25 psu, respectively. However, there were no consistent responses in proline contents to salinity. Elevating salinity level from 0 to 15 psu greatly accelerated proline accumulation in leaves, but further increasing salinity from 15 to 25 psu imposed an opposite effect on proline accumulation.

MDA contents in leaves were evidently promoted either by elevating salinity level or decreasing nutrient level (Table 1). High nutrient decreased MDA contents by 14.8%, 35.8%, 10.3% and 28.1% at 0, 5, 15 and 25 psu, respectively (Fig. 8). There were no significant effects of salinity on CAT activity, but CAT activity was steeply stimulated by nutrient addition, with values at high nutrient about 6.7, 6.3, 5.0 and 5.4 times those at low nutrient at salinity of 0, 5, 15 and 25 psu, respectively. In contrast, SOD activity showed no significant differences between nutrient levels, but significantly activated by increasing salinity from 5 to 25 psu at high nutrient.

Table 1. Results of 2-way ANOVA on growth and physiological parameters of old *E. agallocha* seedlings showing interactions between salinity and nutrient.

| Parameter          | Factor   | Salinity | Nutrient | Salinity × Nutrient |
|--------------------|----------|----------|----------|---------------------|
| Stem basal diameter|          | 20.284***| 45.784***| 4.568***            |
| Stem height        |          | 28.050***| 172.901***| 17.173***          |
| Leaf number        |          | 62.729***| 215.333***| 27.049***          |
| Maximum leaf area  |          | 35.792***| 24.819*** | 1.031              |
| Total biomass      |          | 5.497**  | 12.453**  | 1.608              |
| S/R                |          | 5.249**  | 17.128***| 0.407              |
| RGR                |          | 71.920***| 54.150*** | 12.003***          |
| \(P_n\)            |          | 135.704***| 211.834***| 19.325***          |
| \(T_r\)            |          | 109.575***| 274.099***| 46.485***          |
| \(g_s\)            |          | 140.511***| 490.896***| 85.538***          |
| WUE                |          | 29.155***| 16.489**  | 6.076**            |
| Salt content       |          | 25.311***| 0.501     | 1.162              |
| Proline            |          | 16.828***| 39.328*** | 3.206              |
| MDA                |          | 29.697***| 25.805**  | 2.633              |
| CAT                |          | 2.821     | 926.322***| 1.401              |
| SOD                |          | 3.450*    | 4.047     | 2.532              |

F-values are given and significant effects are denoted as: *0.01 < P < 0.05, **0.001 < P < 0.01, ***P < 0.001.

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Figure 5. Effects of salinity and nutrient on biomass partition and RGR of old seedlings. Parameters of total biomass, S/R and RGR were measured after 120 days cultivation. Mean and SD of three replicates are shown, and means at the same nutrient level with different letters are significantly different at 0.05 according to 1-way ANOVA test. HN: high nutrient, fertilized with 1.0 strength Hoagland nutrient solution; LN: low nutrient, unfertilized.

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Effects of salinity at different developmental stages

Seed germination is extensively reported to be reduced, retarded [4,57,58] or completely inhibited [59] at high salinities. Similarly, seeds of *Excoecaria agallocha* showed clear preference for low salinities from 0 to 5 psu, and salinity beyond 15 psu significantly delayed root initiation and seedling establishment. High salinities could inhibit seed germination either by impeding water uptake [60] or through facilitating the intake of toxic ions [61,62]. When compared to seed rooting, effects of high salinities seemed more severe on seedling establishment. Salinity of 25 psu was deadly to *E. agallocha* seeds, under which no seedlings succeeded to establish. Likewise, root initiation of *Ae. corniculatum* was not evidently depressed by increasing salinity, but the final establishment percentages decreased significantly at salinities over 25 psu [6]. One possible explanation is that when departing from mother trees, seeds often store a certain amount of water to help go through water deficit during early germination; when further development gradually depletes internal water storage, while water uptake from external environment is inhibited by high salinity, seedlings would be confronted with severe physiological drought, leading to the failure of establishment.

Although mangroves can survive under a wide range of salinity, their growth, stature and productivity varied dramatically along salinity gradients [1–3]. Salinity affects both leaf initiation and leaf area expansion [7,63], and high salinities generally result in dwarfed plants with small and thick leaves [4,19]. Similar to mature *E. agallocha* trees [18], young *E. agallocha* seedlings had vigorous growth at low salinity of 0 and 5 psu, with stems elongated and basal diameter expanded over time.
senescence of old leaves coupled with decreases in leaf initiation at 15 psu resulted in negative leaf gain over time, implying that 15 psu approaches the limit of salt tolerance for young E. agallocha seedlings. Salinity beyond 25 psu was lethal to young seedlings since all plants died within 90 days.

Sensitivity of plants to salinity depends on their developmental stages. As compared to young seedlings of E. agallocha, old seedlings were more tolerant to high salinities. Although old seedlings were severely retarded at 15 psu with small, dark leaves, the stressed plants were healthy in appearance with no wilting symptoms observed. In addition, these seedlings slowly but continually produced new leaves, leading to a slight increase in leaf number over time, which implied that old seedlings of E. agallocha can tolerate salinity up to 15 psu. High salinity or prolonged salt stress can accelerate leaf mortality and depress leaf production, frequently leading to plant death in the long term [11,64,65]. Likewise, accelerated leaf senescence and mortality of E. agallocha seedlings at 25 psu was accompanied by little leaf production, resulting in negative foliage gain over time. At the end of the experiment, the leaf number approximately declined to zero, suggesting that although having lived through the whole experiment period, old seedlings of E. agallocha cannot survive salinities above 25 psu in the long run.

Combined effects of salinity and nutrient

At either nutrient level, seedling growths were most vigorous at salinities of 0 to 5 psu, and increasing salinity beyond 15 psu significantly depressed seedling growth. Fewer leaves along with smaller leaf area may be adaptations to salt stress, expecting to reduce water loss through evapotranspiration. Similar to the observation by Ball and Sobrado [66], nutrient addition to some extent alleviated salt-induced reduction of seedling growth. Salt tolerance often involves the synthesis and accumulation of N-based compounds which act in osmotic adjustment [41,67,68]. At high nutrient level, the improved salt tolerance of E. agallocha seedlings might be attributed to enhanced osmoregulation by additional nitrogen supply.

Nutrient addition promoted shoot growth and increased branch number of A. germinans [33], enhanced leaf production and expansion of A. marina [32,34] and promoted stem elongation of dwarfed mangroves [38]. Likewise, adding nutrient induced vigorous growth of E. agallocha, especially at low salinities. However, promoting effects of nutrient addition was compromised at high salinities, as shown by narrowed differences in morphologic parameters between the two nutrient levels as salinities increased from 5 to 25 psu. Similar results were also attained for other mangrove species like K. candel [17] and A. marina [26]. When grown at favorable salinities, seedling growth might be primarily limited by nutrient availability, thus, adding nutrient can greatly enhance growth performance. On the contrary, when adverse saline conditions became the dominate factor over nutrient limit to depress seedling growths, high cost of osmotic adjustment [17] and ion toxicity [4,69] might prevent plants from taking advantage of improved nutrient supply. High contents of Na+ in soils typically reduce the uptake of K+ [25,70] and other nutrients like Ca2+ and Mg2+ [4], leading to ion imbalance in leaves [63,71], while the presence of excessive Cl− salts could inhibit NO3− uptake [63], which interrupts protein synthesis mechanism [72].

In addition, high salinity and low nutrient significantly decreased biomass accumulation and RGR, and changed biomass partitioning of E. agallocha seedlings. Similar observation was also recorded in mangrove species of A. marina and B. parviflora [4,63], K. candel [17] and S. lanceolata [9]. Reduction of leaf expansion rates was reported to be one main reason for growth decrease under salt stress [73]. In this study, decreases in total biomass and RGRs were accompanied by decreases in both leaf number and area. As salinity increased from 5 to 25 psu or as nutrient level decreased, a shift in biomass allocation from shoots to roots of E. agallocha seedlings occurred. One possible explanation might be that increasing biomass investments to roots could facilitate water and nutrient uptake under high salinities. In the same way, seedlings at low nutrient enhanced root allocation in order for nutrient acquisition.

Decreases in stomatal conductance (gs) with increasing salinity are typical responses of mangroves [19,63]. Stomatal closure at high salinities minimizes water loss through transpiration, which is however, accompanied by reduced carbon gain, leading to suppression of photosynthesis [18,25,74,75]. In the present study, net photosynthetic rate (Pn) and transpiration rate (Tr) of E. agallocha.
agallocha seedlings decreased in parallel with $g$, as salinity increased from 5 to 25 psu. Moreover, in spite of a sharp decrease in $T$, through stomatal regulation, E. agallocha seedlings failed to maintain high water use efficiency (WUE) at elevated salinities. Dramatic decreases in WUE coupled with significantly lowered $P_n$ possibly accounted for the poor growth performance at salinities above 15 psu. In addition to stomatal limitation, nutrient imbalance might be another possible reason for decreased photosynthesis at high salinities, since salt induced ion imbalance, especially K and Mg deficiency, was extensively reported to suppress chlorophyll synthesis and photosynthetic capacity [18,70]. On the contrary, nutrient addition significantly enhanced $P_n$, $T$, and $g$, as well as WUE of E. agallocha seedlings, similar observation was also recorded on K. candel seedlings [17] and dwarfed R. mangle trees [38]. Furthermore, gas exchange in terms of $P_n$, $T$, and $g$ was interactively affected by nutrient and salinity, which is in conformity with growth responses in morphological parameters and RGR. Although $P_n$, $T$, and $g$ were promoted by high nutrient at any salinity, the differences in these parameters between nutrient levels decreased with increasing salinity.

When in salt stressed habitat, mangroves could accumulate inorganic ions or compatible solutes like betaine, proline, or sugar alcohol as osmota to counter the toxic effects of salinity [6,21,76]. In this study, increasing salinities beyond 15 psu induced evident increases in salt content of E. agallocha seedlings, while nutrient addition had no significant effect on salt contents. Differently, proline contents increased significantly with salinity increasing from 0 to 15 psu, but decreased as it increased to 25 psu. Flowers et al. [41] indicated that the accumulation of proline is strongly affected by nitrogen availability, and the inhibition of nitrogen uptake at high salinities may be the reason for decreased proline contents. In the same way, high nutrient significantly enhanced proline accumulation in E. agallocha seedlings, possibly contributing to osmotic adjustment.

An inevitable consequence of salt stress is the excessive generation of reactive oxygen species which can severely permeabilize membranes by causing lipid peroxidation [16,77,78]. MDA, an effective indicator of oxidation damage, accumulated considerably with increasing salinities beyond 15 psu, and its contents were significantly higher at low than high nutrient level, which suggests that lipid peroxidation was aggravated under salt stress, while nutrient addition could greatly alleviate oxidation damage. In addition, antioxidative enzymes like CAT, SOD and peroxidase are often triggered under stressed conditions to defend against oxidation damage [25,79,80]. SOD activities of E. agallocha seedlings were stimulated by increasing salinities from 5 to 25 psu, especially at high nutrient. However, CAT was not activated by salt stress, but it was greatly promoted by increasing nutrient availability, which possibly explained the significantly lowered MDA contents at high nutrient.

**Conclusion**

E. agallocha is highly sensitive to salinity, especially at early developmental stages. The favorable salinity range for seed germination is below 5 psu, and salinity of 15 psu decreased seedling establishment rate to 37%, which partly explained why few seedlings can be found in the mangrove reserve which has soil salinity slightly higher than 15 psu. The adverse saline condition in the field might act as a primary obstacle for natural regeneration of this species. Thus, artificial breeding and culture should be adopted to ensure higher survival rate of E. agallocha seedlings.

When then to replant this species in the field? Results from the present study indicate that seedlings as young as one-month old can hardly tolerate salinity above 15 psu, while for two-year old seedlings, they can adapt to salinity up to 15 psu although failing to surviving 25 psu salinity in the long run, which indicates that E. agallocha increased salinity tolerance over time and two-year old seedlings could be chosen for E. agallocha restoration in sites where soil salinity is up to 15 psu. In addition to salinity, nutritional limitation prevailing in mangrove forests is another challenge for successful reforestation. The current study shows that nutrient addition could not only greatly enhance plant growth, but also alleviate salt-induced damage to plant physiology. Therefore, applying nutrient rationally could be very helpful in promoting survival of E. agallocha seedlings in plantations with relatively high salinity.

On the other hand, we should be aware that due to the particularity of their natural habitat, field restoration of mangrove forests is confronted with many other challenges. Duration and frequency of seawater inundation, predation by crabs and gastropods, soil physicochemical properties, inter- and intra-species competition, and anthropogenic disturbance might be equally important in determining whether E. agallocha seedlings would sustainably develop in nature. And researches on these environmental factors as well as various other mangrove species are under way in order for the prosperity of mangrove ecosystems.

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**Author Contributions**

Conceived and designed the experiments: YY. Performed the experiments: YC. Analyzed the data: YC. Contributed reagents/materials/analysis tools: YY. Wrote the paper: YC.

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