**Supplemental Table 1.** Participants demographic and health characteristics ($N=65$).

| Characteristics                                         | Percentage |
|---------------------------------------------------------|------------|
| Female                                                  | 66.15      |
| Age at diagnosis with coeliac disease                   |            |
| age < 12 years                                          | 78.5       |
| age > 12 years                                          | 21.5       |
| Diagnosis Type:                                         |            |
| Diagnosed with blood antibody tests and biopsy          | 90.8       |
| Diagnosed with only blood antibody tests                 | 90.8       |
| Time since diagnosis:                                   |            |
| 1-3 years                                               | 29.2       |
| Over 3 years                                            | 70.8       |
| Coeliac disease health status                           |            |
| Negative antibodies                                     | 91.7       |
| Antibodies in decline                                   | 8.3        |
| No follow-up                                            | 0          |
| Adherence (parent-report)                               |            |
| Always                                                  | 96.9       |
| Often                                                   | 0.4%       |
| Adherence (self-report)                                 |            |
| Of the time of strict adherence in and out-of-home       | 78.5 to 93 |
| Family income                                           |            |
| High                                                    | 69.2       |
| Average                                                 | 29.2       |

Mean ± Standard deviation
|                          |            |
|--------------------------|------------|
| Mother’s mean age (years)| 45.30 ± 4.51 |
| Mother’s mean years of education | 16.34 ± 2.94 |

Family income was determined according to the Israeli Central Bureau of Statistics classification.