The present and future of systemic and microenvironment-targeted therapy for pancreatic adenocarcinoma

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Abstract

Metastatic pancreatic adenocarcinoma remains one of the deadliest cancer diagnoses with 5-year survival rates as low as 3%. For decades, gemcitabine remained the mainstay of systemic therapy before the approvals of FOLFIRINOX and gemcitabine with nab-paclitaxel. Despite these advances in the early 2010s, almost all patients progress on systemic chemotherapy and significant effort is needed to identify novel therapeutic targets. A promising array of approaches is currently under investigation, enabled by deeper understanding of the immune system within the tumor microenvironment (TME) and of the key vulnerabilities in pathways essential for tumor survival. In this review, we will explore the different approaches to boost tumor immunity and to target tumor metabolic pathways that are currently under clinical investigation for systemic treatment, and highlight the promising therapeutic areas that may give rise to the next generation of therapies for pancreatic cancer.

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A historical perspective to first-line systemic treatment

Approximately 50,000 people in the United States carry a diagnosis of pancreatic cancer and it accounts for 8% of all cancer deaths (ACS Cancer Facts and Figures, 2019) (1). The vast majority of diagnoses are exocrine tumors, namely pancreatic ductal adenocarcinomas (PDAC). Metastatic PDAC remains one of the deadliest diagnoses, with 5-year overall survival (OS) rates of 3% (SEER database). Chemotherapy has been the backbone of systemic therapy for metastatic PDAC for several decades, with the current standard of care treatments usually involving doublet (gemcitabine/nab-paclitaxel) or triplet (FOLFIRINOX) regimens.

Gemcitabine was first established as a systemic therapy option in a head-to-head trial with 5-FU in patients with advanced symptomatic pancreatic adenocarcinoma, notably with 72% and 76% of patients having Stage IV disease, respectively (2). Patients in the gemcitabine group had an advantageous OS of 5.65 months (vs. 4.41 months for 5-FU, P=0.0025) and progression-free survival (PFS) of 2.33 months (vs. 0.93 months for 5-FU, P=0.0002). On the basis of this, gemcitabine became the first-line option for advanced disease. Several trials thereafter using gemcitabine combinations with other agents did not show additional benefit compared to gemcitabine alone (3).

In 2011, almost 15 years after this initial study, the phase III ACCORD 11 trial established FOLFIRINOX (5-fluorouracil or 5-FU, leucovorin, irinotecan and oxaliplatin) as the new standard of care for advanced PDAC (4). The basis of this cocktail of treatments was early clinical evidence that irinotecan (5,6) and oxaliplatin combined with 5-FU (7) all had some benefit in PDAC, with synergism in preclinical studies (8–12) and little overlapping toxicities among the drugs. FOLFIRINOX was compared head-to-head to gemcitabine and found to be superior with a median OS of 11.1 months (vs. 6.8 months for gemcitabine, P<0.001) and median PFS of 6.4 months (vs. 3.3 months for gemcitabine, P<0.001) (4). Importantly, the objective response rate (ORR) with FOLFIRINOX was 31.6% (vs. 9.4% for gemcitabine, P<0.001), however, it was associated with significantly worse grade 3 or 4 toxicities (46% vs. 21% for gemcitabine), most notably diarrhea (13% vs. 2%), thrombocytopenia (9.1% vs. 3.6%), sensory neuropathy (9% vs. 0%) and febrile neutropenia (5.4% vs. 1.2%) (4).

The combination of gemcitabine with nab-paclitaxel was established as another first-line option for advanced PDAC in the IMPACT study published two years later, in 2013 (13). This combination was compared head-to-head with gemcitabine alone, and demonstrated an improved median OS of 8.5 months (vs. 6.7 months for gemcitabine, P<0.001) and median PFS of 5.5 months (vs. 3.7 months for gemcitabine, P<0.001) (13). The ORR for the combination was 23% (vs. 7% for gemcitabine, P<0.001), and notably, it was associated with a better toxicity profile than FOLFIRINOX, with 38% (vs. 27% for gemcitabine) of
patients having grade 3 or 4 toxicities, most notably neuropathy (17% vs. 1% for gemcitabine), diarrhea (6% vs. 1%) and febrile neutropenia (3% vs. 1%) (13).

Despite these successes of the early 2010s, effective systemic options for advanced PDAC remain a major unmet need. The next frontier of systemic therapies is primed to go beyond more efficacious chemotherapies, with treatments to leverage our basic understanding of pancreatic tumors to alter tumor metabolism and the microenvironment (TME), including the immune system (Figure 1). The remainder of this review will focus on the next wave of treatment options for advanced PDAC.

**Chemotherapy regimens on the horizon**

Current efforts to optimize chemotherapy regimens have included adding platinum-based chemotherapy to gemcitabine and nab-paclitaxel. Early phase Ib/II data of 25 patients has suggested that adding cisplatin to gemcitabine and nab-paclitaxel may be tolerable, with the most common grade 3 or 4 adverse events being thrombocytopenia (68%), anemia (32%), neutropenia (24%) and diarrhea (16%) (14,15). Promising efficacy was seen in this early trial with 8% of patients having a complete response, 62% a partial response, 17% stable disease and 12% progressive disease, with a median PFS of 10.1 months (14,15). A phase III study with this regimen is currently ongoing.

Other early studies are evaluating the role of liposomal irinotecan, 5-FU, leucovorin and oxaliplatin (NAPOX), an approved second-line treatment for metastatic PDAC after progression on gemcitabine (16), in the first-line setting for metastatic PDAC (17). Preliminary data from a phase I/II study suggested an ORR of 34% and disease control at 16 weeks achieved in 71.9% of patients. The data for median OS and PFS are yet to mature (17). Of note, grade 3 or higher treatment related toxicity was seen in 69.6% of patients, with the majority of those being neutropenia, and no complaints of grade 3 or higher fatigue or neuropathy were observed (17).

**An evolving paradigm for maintenance and targeted therapy**

The conventional approach to systemic treatment for metastatic PDAC is to continue treatment for as long as tolerable without progression, with little impetus to take breaks unless desired by the patient. More recently, this paradigm has been challenged in the PRODEGE35-PANOPTIMOX trial, a phase II study with the overall goal of reducing oxaliplatin exposure. Patients in this study were randomized to receive FOLFIRINOX until progression (arm A), FOLFIRINOX for 4 months followed by maintenance 5-FU until progression (arm B), or sequential treatment with gemcitabine and FOLFIRINOX every 2 months (arm C) (18). The 4-month ORR with continuous FOLFIRINOX (arm A) was 35% compared to 41% with maintenance 5-FU (arm B), with a median PFS of 6.3 vs. 5.7 months and median OS of 10.1 and 11.2 months, respectively (18). This therefore suggests that strategies for maintenance chemotherapy may be equivalent to continuous therapy in terms of overall survival, and warrant further investigation.

The clearest evidence for the role of maintenance therapy in metastatic PDAC was recently established in BRCA positive patients. As many as 4–7% of PDAC patients carry BRCA1 or
BRCA2 mutations (19), which causes a deficiency in DNA double-strand break repair, and may confer increased sensitivity to chemotherapy (20–23). While there has yet to be comparative studies of platinum-based versus non-platinum-based first line chemotherapy options in advanced PDAC harboring BRCA mutations, the convention has been to favor FOLFIRINOX for these patients. This is supported by data from the phase III POLO trial, in which metastatic PDAC patients with BRCA mutations who had not progressed during at least 16 weeks of platinum based therapy were randomized to receive either olaparib, a PARP (polyadenosine diphosphate-ribose polymerase) inhibitor, or placebo (24). Among the patients who received olaparib, 22% remained progression free after 2 years (vs. 10% of patients who received placebo).

Cells that are more prone to DNA damage, such as those with BRCA mutations, are particularly sensitive to PARP inhibition, which leads to further double stranded DNA breaks and defective repair, and in turn to programmed tumor cell death (25). The POLO trial established olaparib as the first targeted therapy used in metastatic PDAC, and is now standard of care for maintenance in BRCA mutant PDAC patients who have not progressed on chemotherapy (24). Patients in the trial who received olaparib had an improved median PFS of 7.4 months (vs. 3.8 months for placebo, P=0.004), though the OS data has yet to mature (18.9 vs. 18.1 months at the time of analysis) (24).

A number of other genetic alterations have been identified in PDAC that may shed insight into targeted therapy approaches. The vast majority of PDAC patients harbor mutations in KRAS and TP53, and mutations in CDKN2A, SMAD4, ARID1A and TGFBR2 are also prevalent (26–28). Of note, however, as many as 44% of patients may harbor mutational signatures reflective of DNA damage repair (DDR) defects, with 20% of all patients harboring mutations in canonical DDR pathway genes including BRCA1, BRCA2, PALB2, ATM and CHEK2. These mutations might confer susceptibility to chemotherapy and be targetable by PARP inhibition (29). A small fraction of patients also harbor BRAF or other targetable mutations that potentiate MAPK signaling, and case reports have suggested vulnerability of these tumors to MEK inhibitors (29).

**Immune modulating therapies**

**Checkpoint inhibitors**

A hallmark of PDAC is its complex tumor microenvironment (TME) composed of cancer associated fibroblasts (CAFs), immune cells, endothelial cells, in addition to tumor cells (Figure 2) (30–33). In particular, CAFs, which comprise the bulk of most PDAC tumors (34,35), are important in the formation of a dense collagenous stroma that leads to a hypoxic microenvironment for tumor cells (36). Key mediators of CAF activation include sonic hedgehog (SHH), TGFβ and cytokines including TNFα, IL1, IL6 and IL10, and once activated these cells play a critical role in producing a collagenous matrix (37–41). This matrix is composed of collagen, fibronectin and laminin along with non-collagenous proteins such hyaluronan (HA), among others, and is a key driver of the chemotherapeutic resistance of these tumors (42–45). Strategies targeting HA in particular have proven effective in pre-clinical models and will be discussed in further detail later in this review.
CAFs also foster an immunosuppressive tumor environment (46,47) and promote metastasis (48,49) in part through their secretion of TGFβ among other immune mediators (50,51). The majority of immune cells in the TME have immunosuppressive phenotypes, and include myeloid derived suppressor cells (MDSCs) and regulatory T cells (Tregs) (32,52). A role of GM-CSF secretion by tumor cells has also been implicated in promoting MDSC infiltration and antigen-specific T cell suppression (53). The phenotypic properties of these MDSCs are still being elucidated, and several studies have suggested they have a polymorphonuclear MDSC (PMN-MDSC) phenotype; that is, they are neutrophils that have migrated to the tumor with an immunosuppressive phenotype (54,55).

Programmed death ligand-1 (PD-L1), an inhibitory immune checkpoint, is expressed on myeloid cells within the TME and in tumor cells. Higher expression of PD-L1 in PDAC portends a poorer prognosis (56) and immune checkpoint blockade (ICB) has proven largely ineffective for metastatic PDAC, despite the successes in other tumor types (57,58). This is likely due in part to the suppressive immune environment of these tumors. The first trial using single-agent ICB was with ipilimumab (an anti-CTLA4 antibody) in a phase II study for locally advanced or metastatic PDAC (59). Among the 27 patients in the trial, there were no responders, though one patient was noted to have a delayed response after initial progression (59). Subsequent single-agent trials have followed suit, with only 2 out of 34 patients showing a partial response in a phase I trial of tremelimumab (anti-CTLA4 antibody) with gemcitabine (60), and none of the 14 patients showed a response in a phase I trial with BMS-936559 (anti-PD-L1 antibody) (61). A more recent effort seeks to evaluate the conventional chemotherapy regimen of gemcitabine and nab-paclitaxel with nivolumab (62).

To overcome immune exclusion of effector T cells in PDAC tumors, combination strategies of immune modulating agents may prove useful. Preclinical studies have suggested that CAFs are producers of CXCL12, and inhibition of CXCR4, the receptor of CXCL12, promotes effector T cell infiltration and synergy with ICB (63). This has been validated using human tissue using a live tumor slice culture system in which treatment consisting of CXCR4 and PD1 blockade leads to tumor cell killing by clonally expanded effector T cells (64). This combination strategy is now being tested in a phase II clinical trial with early reports suggesting a 34.5% disease control rate (65).

An exception to the rule of non-response to ICB in PDAC may be in the rare patients harboring tumors with mutations in mismatch repair (MMR) genes and high levels of microsatellite instability (MSI-H), in which pembrolizumab (an anti-PD1 antibody) has shown some efficacy in small trials of PDAC patients (66,67). In one report, among 8 MMR deficient PDAC patients, a 62% ORR and 75% disease control rate with pembrolizumab has been reported (66).

GVAX with ICB

The next wave of ICB approaches in PDAC supported by preclinical models has involved combination approaches with ICB to either boost the immune response of antigen presenting cells (APCs) or deplete suppressive cells within the TME (68). Several anti-PD1 antibodies have now been tested in clinical trials in combination with a regimen to optimize the

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microenvironment in PDAC, using cytoxan to deplete Tregs and GVAX to potentiate T cell activation (69). GVAX is either an autologous or allogeneic pancreatic cancer vaccine modified to express GM-CSF and irradiated to prevent further cell division. The motivation for using this is that GM-CSF, which is expressed by several immune cell types, is that it promotes influx of dendritic cells (DCs) and other APCs into the TME to prime T cell responses while also inducing production of granulocytes and monocytes by hematopoietic stem cells and polarizing macrophages in the TME to more inflammatory phenotypes (70–72). The best data to suggest the efficacy of GVAX in PDAC patients was in a phase Ib trial showing increased median OS of 5.7 months when given with ipilimumab compared to 3.6 months for ipilimumab alone (73).

Current ongoing efforts include combining GVAX and cytoxan with nivolumab and urelumab (an anti-CD137 antibody) (NCT02451982), with pembrolizumab and stereotactic body radiotherapy (SBRT) (NCT02648282), with ipilimumab, nivolumab and CRS-207 (a listeria-based vaccine) (NCT03006302) (74), and with pembrolizumab, CRS-207 and epacadostat (an IDO1 inhibitor) (NCT03006302). The complexity of these regimens, targeting multiple immune axes, represent the fundamental difficulty in activating anti-tumor immune responses in PDAC.

**Targeting myeloid cells**

Several strategies have also been employed to alter the phenotype of tumor myeloid cells or deplete suppressive myeloid cells. While an oversimplification, these cells are largely categorized as M1 (pro-inflammatory) macrophages and M2 (anti-inflammatory) macrophages, with some plasticity between these two extreme phenotypic states (75,76). Most macrophages in the tumor resemble an M2-like phenotype, which can support tumor progression and metastasis (77,78). A promising approach to altering polarization of M2-like cells to an M1 phenotype involves inhibition of CSF-1R, a myeloid growth factor receptor expressed on the surface of tumor-associated macrophages (TAMs) and MDSCs (76). Preclinical studies have demonstrated blockade of CSF-1R improves responses to ICB (68). Two current anti-CSF-1R antibodies are currently being tested in phase I clinical trials. The first, AMG820 has shown safety in patients with advanced solid tumors (79), and the second, IMC-CS4, is being tested with co-treatment of GVAX, cytoxan and pembrolizumab in borderline resectable PDAC (NCT03153410). A third approach, a small molecule inhibitor of CSF-1R, PLX3397, has also been evaluated in a phase I/II trial in combination with pembrolizumab for advanced solid tumors, including PDAC (80), and in a phase I study with durvalumab, however, further trials have not been initiated.

CCR2 and CXCR2, key myeloid chemokines, play important roles in recruitment of PMN-MDSCs the TME in PDAC, as evidenced, for example by the elevated expression of CXCR2 on these cells within the tumor (81,82). Preclinical studies have suggested that inhibition of the CCL2/CXCR2 axis can potentiate immune responses within pancreatic tumors (82,83). This strategy has been the basis for clinical testing of a small molecular CCR2 inhibitor, CCX872-B, in a phase Ib study in combination with FOLFIRINOX for non-metastatic PDAC, which showed an improved objective tumor response of 49% compared to
FOLFIRINOX alone (0%), and a subsequent study in non-resectable and metastatic patients has demonstrated an OS of 29% at 18 months (84).

**Anti-CD40 blockade**

CD40 is a member of the TNF receptor family expressed on DCs, which when activated by CD40L (CD154), upregulates MHC class I, costimulatory molecules such as CD86, and other TNF superfamily members such as OX40, GITR and CD137. CD40-activated DCs are subsequently able to prime tumor-specific T cells independent of the STING or TLR pathways (85–90). CD40 agonist antibodies have thus been developed and have shown remarkable efficacy in preclinical PDAC models (91,92). A phase Ib study of newly diagnosed metastatic PDAC patients treated with gemcitabine, nab-paclitaxel and APX005M (a CD40 agonist antibody) with or without nivolumab has recently shown promising results (93). Of the 24 patients evaluable for dose-limiting toxicity in this study, 58% had a partial response and 33% had stable disease, though notably 54% of patients experienced an adverse event leading to discontinuation of treatment (93).

**Radiation with ICB**

Radiation therapy has the ability to potentiate tumor responses by activating the innate immune system. In particular, ionizing radiation causes the intracellular accumulation of reactive oxygen species (ROS) that then leads to DNA damage by the formation of toxic adducts, and single- and double-stranded DNA breaks (94). This DNA damage subsequently leads to the inhibition of the cell cycle in tumors, and triggers cell death pathways including apoptosis and autophagy (95). The DNA breaks from radiation are a potential vulnerability within tumors that may be leveraged with the treatment of PARP inhibitors, as described above for the treatment of tumors with mutations in DDR genes, and strategies to combine these two modalities are a direction of the future.

Importantly, cell death induced by radiation leads to the release of intracellular contents that activate innate immune pathways. Activation of the immune system within the TME increases DC infiltration and activation, including upregulation of MHC-I and antigen presentation, which is in part mediated by activation of the cGAS-STING pathway (96–100). This in turn leads to migration of DCs to tumor draining LNs to activate T cell responses (101). This innate immune activating properties of radiation therapy make it ripe for combination with ICB to bolster T cell immune responses.

The safety of combined radiotherapy and ICB has been established in several tumor types (102–106). Of note, evidence of abscopal effects have been prevalent in several case reports (106) and were noted to correlate with IFNγ-induced gene expression in a prospective phase I study performed in 73 patients with heavily pre-treated metastatic solid tumors who received extracranial SBRT followed by pembrolizumab (107). In this study, 26.9% of patients had a greater than 30% reduction of a non-irradiated lesion (107). In metastatic PDAC, the safety of radiation with ICB has been shown in a pilot study of durvalumab and tremelimumab given with SBRT, which showed this was tolerated well with no dose-limiting toxicities (108,109). The best evidence for efficacy of this combined modality approach in PDAC is from a phase II study of 25 metastatic patients who had progressed on
one line of treatment that were treated with nivolumab and ipilimumab with radiation therapy (3 fractions of 8 Gy) given at cycle 2 (110). Among the 22 evaluable patients during an interim analysis, the ORR was 14% with a median PFS of 2.5 months (110).

**Other approaches to microenvironment targeting**

Pancreatic stellate cells, when activated, induce desmoplasia in PDAC, thus contributing to the dense, fibrous, hypovascular and consequently hypoxic microenvironment of these tumors (111,112). Together, this prevents adequate penetration of chemotherapy and contributes to an immunosuppressive environment and a failure of DCs to present antigens to tumor-specific T cells (113). A key driver of the desmoplastic reaction is the production of HA by fibroblasts (45,114). These findings have led to the development of PEGPH20, a PEGylated form of the recombinant human hyaluronidase PH20, which degrades HA in the stroma (115).

The combination of PEGPH20 with gemcitabine and nab-paclitaxel has been investigated in a phase II trial of patients with metastatic PDAC (116). In patients treated with this three-drug combination, the ORR was 40% compared to 33% for the gemcitabine and nab-paclitaxel arm of the study. However, HA levels were found to be predictive of response, and for patients with HA-high tumors (>50% of tumor surface), the ORR was 45% with the three drug combination compared to 31% with gemcitabine and nab-paclixel (116). In this latter subset, there was a trend towards improved median OS of 11.5 months compared to 8.5 months, respectively (116). This in turn has led to two phase III trials testing this combination on metastatic PDAC (NCT02175804). When PEGPH20 was combined with FOLFIRINOX, however, the combination was found to be detrimental and the study had to be stopped early due to toxicity in the investigational arm (117). A phase III trial will elucidate these conflicting results in the coming years (118). A phase II trial is also currently underway using combination treatment with PEGPH20 and pembrolizumab as second-line treatment for metastatic PDAC (NCT03634332).

Given the role of TGFβ in promoting tumor growth, immunosuppression, and fibrosis of the TME, a natural therapeutic strategy may be inhibition of the TGFβ signaling cascade (50,119). Thus far, attempts at systemic treatment with anti-TGFβ agents have lead to concerning toxicities, however, recent therapies leveraging targeted delivery strategies provide some hope for the future. A phase I study of M7824, a bifunctional fusion protein composed of a monoclonal antibody against PD-L1 and a TGFβ trap, in advanced solid tumors, including 5 PDAC patients, has shown promising safety (120). Among the PDAC patients treated, one showed a partial response and another had prolonged stable disease (120).

Angiotensin receptor blockade has been shown to decrease TGFβ levels in several tumors. In particular, losartan has been shown to decrease stromal collagen and HA in desmoplastic tumor models by decreasing not just TGFβ signaling, but also connective tissue growth factor, HA synthase 1 and 3, and endothelin-1 (121–123). This in turn mitigates the hypoxic TME, improving T cell infiltration and also the distribution and efficacy of therapies (123,124). In addition, a phase II study of neoadjuvant FOLFIRINOX with losartan, which
is known to decrease TGFβ in the tumor (123,125), for locally advanced PDAC lead to an R0 resection rate of 61% (126), further supporting the notion that TGFβ inhibition may provide therapeutic benefit. However, this combination has yet to be tested in the metastatic setting.

**Altering metabolism and autophagy**

As described above, the PDAC microenvironment is uniquely harsh and desmoplastic, with low vascularity creating hypoxic conditions and leading to nutrient deprivation (111,127–129). Survival in this environment requires cells to adapt their metabolic profile to survive, but opens the opportunity to exploit metabolic dependencies. KRAS mutations are found in almost all PDAC tumors, and lead to several metabolic derangements including increased glycolysis, which in turn leads to the accumulation of intermediates essential for rapid cell division such as metabolites for nucleotide synthesis (130–133).

Well-perfused, normal cells usually generate most of their energy, in the way of adenosine triphosphate (ATP), by oxidative phosphorylation in mitochondria, which involves the tricarboxylic acid cycle (TCA) and oxygen as the final acceptor of free radicals in the electron transport chain (128). Under oxygen-poor conditions, however, cells often resort to glycolysis, which in PDAC is further potentiated by KRAS mutations, in a process known as the Warburg effect, which is less efficient for ATP production (128). This leads to the accumulation of several metabolites that may further promote tumor growth and immunosuppression in the TME. For example, the accumulation of lactate lowers the pH in the TME and in turn impairs anti-tumor immune responses, enables an increased mutational burden and facilitates hydrolysis of extracellular proteins to promote metastasis (129).

A number of studies have suggested the increased dependence on glycolysis in PDAC, in part due to upregulation of glycolytic enzymes such as hexokinase 2 and lactate dehydrogenases (134–137), and the accumulation of glycolytic metabolites such as lactate (134,135). However, this only tells part of the story, and the balance of oxidative phosphorylation and glycolysis in PDAC is more nuanced. More recent studies have suggested that PDAC cells are especially dependent on oxidative phosphorylation even under low nutrient conditions and this may represent a unique vulnerability (138–141).

These basic findings have led to the exploration of therapeutic approaches to alter mitochondrial biology in PDAC. A meta-analysis of 11 studies, 2 of which were negative randomized-control trials, of PDAC patients on metformin have suggested that the addition of metformin may prolong OS, but only in localized and not metastatic disease (142–144). The results from a number of trials that are currently active or recently closed are pending, including combinations of metformin with gemcitabine and nab-paclitaxel (NCT02336087), with FOLIFIRINOX (NCT01666730), with rapamycin (NCT02048384) and with radiosurgery (NCT02153450).

A more promising recent approach has been the use of CPI-613, a lipoic acid analog that disrupts the activity of pyruvate dehydrogenase and alpha-ketoglutarate, two key mitochondrial enzymes (145,146). A phase I study of CPI-613 given with FOLIFIRINOX in
advanced PDAC has demonstrated a good safety profile with an ORR of 61% and complete response rate of 17% (147). A randomized phase III trial of CPI-613 with FOLFIRINOX compared to FOLFIRINOX is currently underway (NCT 03504423) (148) and phase I studies for the combination of CPI-613 with gemcitabine and nab-paclitaxel are also in process (NCT03435289) (149).

Another vulnerable pathway in PDAC is autophagy, which is a cytoplasmic cell recycling process that when inhibited disrupts oxidative phosphorylation and causes oxidative damage in these cells (150,151). Hydroxychloroquine (HCQ) is an inhibitor of autophagy that has been studied in a randomized phase II trial in combination with gemcitabine and nab-paclitaxel; however, it showed no benefit compared to gemcitabine and nab-paclitaxel alone in terms of 12-month OS and median PFS (152). More exploratory work on the vulnerabilities in the autophagy pathway in PDAC will need to be done before this could become a viable treatment strategy.

Targeting cancer stem cells

The WNT signaling pathway is critical in embryogenesis for morphogenesis and differentiation of many organs (153), and also plays a key role in oncogenesis in PDAC (154–156). However, unlike other cancers, where mutations in the WNT signaling pathway may be an initiating event, loss of function in PDAC is rare and not sufficient to drive development of the tumor (155). WNT signaling leads to proteasomal degradation of beta-catenin, causing cytoplasmic accumulation and nuclear localization (157). Preclinical studies have suggested that loss of beta-catenin can inhibit PDAC growth, thus creating the impetus to inhibit the WNT pathway in clinical studies (156). A phase Ib study of ipafricept (a WNT inhibitor) given with gemcitabine and nab-paclitaxel has demonstrated a tolerable safety profile, with PR in 34.6% of patients of patients, median PFS of 5.9 months and median OS of 9.7 months; however the program has been shut down by the sponsor (158).

Conclusions

Despite there being few FDA approved therapies that are effective in improving survival in PDAC patients, there are several lines of active investigation that may provide promising breakthroughs in the next decade. It is clear that the optimal approach to PDAC treatment will require a rationale combination of conventional chemotherapeutic approaches with multifaceted targeting of the vulnerabilities in the uniquely desmoplastic stroma, immunosuppressive TME, and metabolic physiology of PDAC tumors.

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Figure 1.
The essential arms of pancreatic cancer treatment. The ideal treatment modality or combination would target immune suppressive mechanisms, alter the stromal environment, target metabolic reprogramming by the tumor, and leverage genetic vulnerabilities in the tumor.
Figure 2.
The pancreatic adenocarcinoma tumor microenvironment is composed of a dense, desmoplastic extracellular matrix that includes tumor cells, cancer associated fibroblasts, and immune cells, several of which have immunosuppressive functions including regulator T cells and myeloid derived suppressor cells.