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A two million year record of low-latitude aridity linked to continental weathering from the Maldives

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Abstract

Indian-Asian monsoon has oscillated between warm/wet interglacial periods and cool/dry glacial periods with periodicities closely linked to variations in Earth’s orbital parameters. However, processes that control wet versus dry, i.e. aridity cyclical periods on the orbital time-scale in the low latitudes of the Indian-Asian continent remain poorly understood because records over millions of years are scarce. The sedimentary record from International Ocean Discovery Program (IODP) Expedition 359 provides a well-preserved, high-resolution, continuous archive of lithogenic input from the Maldives reflecting on low-latitude aridity cycles. Variability within the lithogenic component of sedimentary deposits of the Maldives results from changes in monsoon-controlled sedimentary sources. Here, we present X-ray fluorescence (XRF) core-scanning results from IODP Site U1467 for the past two million years, allowing full investigation of orbital periodicities. We specifically use the Fe/K as a terrestrial climate proxy reflecting on wet versus dry conditions in the source areas of the Indian-Asian landmass, or from further afield. The Fe/K record shows orbitally forced cycles reflecting on changes in the relative importance of aeolian (stronger winter monsoon) during glacial periods versus fluvial supply (stronger summer monsoon) during interglacial periods. For our chronology, we tuned the Fe/K cycles to precessional insolation changes, linking Fe/K maxima/minima to insolation minima/maxima with zero phase lag. Wavelet and spectral analyses of the Fe/K record show increased dominance of the 100 kyr cycles after the Mid Pleistocene Transition (MPT) at 1.25 Ma in tandem with the global ice volume benthic δ¹⁸O data (LR04 record). In contrast to the LR04 record, the Fe/K profile resolves 100-kyr-like cycles around the 130 kyr frequency band in the interval from 1.25 to 2 million years. These 100-kyr-like cycles likely form by bundling of two or three obliquity cycles, indicating that low-latitude Indian-Asian climate variability reflects on increased tilt sensitivity to regional eccentricity insolation changes (pacing tilt cycles) prior to the MPT. The implication of appearance of the 100 kyr cycles in the LR04 and the Fe/K records since the MPT suggests strengthening of a climate link between the low and high latitudes during this period of climate transition.

Keywords: Maldives, IODP Exp 359, Non-destructive core scanning, Composition of lithogenic fraction, Orbital cycles, Indian-Asian history of aridity, Mid Pleistocene transition
Introduction
Over the last two million years (Myr), the Earth’s climate has oscillated between cold and warm periods driven by semi-periodic changes of the Earth’s orbit around the Sun. These changes forced waxing and waning of ice sheets accompanied by global changes in sea surface temperatures (SSTs), sea level, and extent of deserts in low latitudes (Clemens et al. 1996). The general trend of Earth’s climate shows a shift towards colder conditions, marked by a stepped increase in the amplitude of glacial ice volume across the Mid Pleistocene Transition (MPT; for an overview, see Head and Gibbard (2015), although they used the term Early-Middle Pleistocene Transition).

The MPT, which began at about 1.25 Ma and ended about 0.7 Ma (Fig. 1), is characterised by a change in glacial-interglacial cycles from a dominantly 41 kyr to a 100 kyr periodicity (Berger and Jansen 1994; Mudelsee and Stattegger 1997). However, the emergence of the 100 kyr cycles is still a matter of debate and it is unclear why the Earth’s climate system started to respond non-linearly to orbital forcing (Maslin and Brierley 2015). Elderfield et al. (2012) reported a rapid increase in ice volume during glacial stage 22 at about 0.9 Ma, and during following glacial stages. Whereas temperatures decreased, and ice volume increased during glacial periods post-MPT, ice volume and temperature maxima remained relatively constant during the interglacial periods for mid and low latitudes (Herbert et al. 2010; Rodrigues et al. 2017).

African terrestrial climate (wet-dry or aridity cycles) records from International Ocean Discovery Program (IODP) drill sites around Africa similarly show a prominent switch in dominance from the 41 kyr to the 100 kyr periodicities during the MPT (deMenocal et al. 2000; Grant et al. 2017). However, to date, there has been a conspicuous lack of long-term aridity records from the Maldives. This area is situated in a particularly desirable location as it receives large amounts of wind-blown dust derived from the surrounding Indian-Asian landmass. Further, small amounts of fluvial material are derived from nearby India carried by currents originating in the Arabian Sea or Bay of Bengal. Therefore, a

Fig. 1 Earth’s climate variability in the last two Myr. a 65° N 21st June insolation. b Global ice volume benthic LR04 stack (Lisiecki and Raymo 2005). c Global ice volume stack by Elderfield et al. (2012). Note the sudden increase in ice volume at stage 22 in the Mid Pleistocene Transition (MPT).
long-term lithogenic input record from the Maldives, used as a proxy record for aridity linked to continental weathering at source areas, provides a unique opportunity to investigate the Indian-Asian monsoon response to the major global climate transition (MPT) over the last two million years. IODP Expedition 359 (Betzler et al. 2017a) drilled several sites in the carbonate platform of the Maldives archipelago (Fig. 2). The sedimentary record of Site U1467, drilled in the drift sediments associated with the atolls, provides a well-preserved, high-resolution, continuous archive of lithogenic input into the southern end of the eastern Arabian Sea.

We use X-ray fluorescence (XRF) core-scanning records of lithogenic related element fluorescence intensities from IODP Site U1467 to evaluate influence of orbital cycles on variability in Indian-Asian terrestrial climate related to monsoon activity over the last two million years. In this study, we use Fe/K as a proxy of aridity in marine sediments from the Maldives, where high ratios indicate humid conditions and low values dry conditions. The changes from high to low ratios reflect wet-dry (aridity) changes in source areas, predominantly on the Indian-Asian landmass; however, African sources cannot be completely excluded. Fe/K proxy has been successfully applied in marine sediments offshore Africa (Mulitza et al. 2008; Govin et al. 2012; Simon et al. 2016; Ziegler et al. 2013). The two million year Fe/K record from Site U1467 allows us to evaluate influence of regional orbital insolation and high-latitude ice volume changes on low-latitude ‘wet-dry’ cycles across the MPT. Specifically, we document influence of the 100-kyr-like cycles on amplitude of change in wet-dry (aridity) cycles prior to the MPT. Tropical sea surface temperature records (Liu et al. 2008) and tropical Pacific grain size (wind strength) records (Yu et al. 2018) show presence of late Pliocene to early Pleistocene 100-kyr-like cycles formed by bundling of two/three obliquity cycles prior to the MPT. Such late Pliocene/early Pleistocene 100-kyr-like cycles have not been previously reported using wet-dry cycles from bore holes in the Maldives.

**Lithogenic input in sediments of the Maldives**

The sedimentary deposits in the Maldives contain lithogenic components derived from a mixture of sediment sources. While dust grains form the largest component of the detrital sediments, fluvial supplied material form the minor component. Today, the Maldives area is strongly affected by the seasonally reversing Indian-Asian monsoon system (Fig. 2): south-western monsoon winds dominate between April and November, whereas north-eastern monsoon winds dominate between December and March (Wyrtki 1973). The summer monsoon brings strong precipitation over the Indian-Asian landmass, and high dust flux into the western Arabian Sea (McDonald 1938; Prospero 1981; Middleton 1986; Nair et al. 1989). The winter winds bring cold air laden with dust over the Arabian Sea. Modern satellite data show the aerosol distribution in the Arabian Sea and the Maldives area, confirming the seasonal evolution of the dust plumes in 2017 (Fig. 3). While the summer dust plume originating from the north-western

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**Fig. 2** Drilling location of Site U1467 in the Maldives Archipelago. The modern monsoon wind pattern over the Arabian Sea; showing the northwesterlies, the summer monsoon south-western winds and the north-eastern winter monsoon winds. The size of the arrows indicates relative wind strength. Adapted from Leuschner and Sirocko (2003).
Arabian Sea scarcely extends into the eastern Arabian Sea and the Maldives, the winter dust plume originating from the Indian-Asian landmass certainly reaches the Maldives.

Outflow of riverine material is the main source of lithogenic flux in the eastern Arabian Sea (Milliman et al. 1984). Fluvial-derived material in the Arabian Sea is deposited in areas close to river deltas, e.g. the mouth of the Indus, Narmada and Tapi rivers draining into the Gulf of Khambhat and 16 small rivers draining the Western Ghats (Ivanochko et al. 2005). Due to its bathymetric isolation, minor quantities of riverine material get transported by currents to the Maldives (Kolla et al. 1981). While some lithogenic material from the Arabian Sea leaks southwards to the Maldives, north-eastern winter currents also carry small quantities of fine grained fluvial-derived material from the Bay of Bengal south and westwards to the Maldives (Kolla et al. 1981).

In summary, lithogenic material deposited in the Maldives is a mixture of dominantly aeolian transported grains from far afield and small amounts of riverine material from the Indian continent and Bay of Bengal. The new Site U1467 drilled in the Maldives Inner Sea during IODP Expedition 359 is ideal for documenting relative importance of wind-borne dust (winter monsoon) and small fraction of fluvial-derived material (summer monsoon) from India through time.

**Methods/Experimental**

The IODP Expedition 359 cored four holes at Site U1467 in the Maldives archipelago, southwest of India.
(4° 51’ N, 73° 17’ E), that is an isolated, partly drowned tropical carbonate platform (Betzler et al. 2016, 2017a). The inner-atoll Site U1467 is a sedimentary drift sequence at a water depth of 487.4 m (Fig. 2). The sequence is continuous and preserves the variability of the lithogenic fraction, recording a regional history of aridity linked to the hydrological cycle. Betzler et al. (2017a) noted cyclical colour changes in the sediment cores and linked these to the primary orbital cycles. The nannofossil and planktonic foraminiferal records confirm that the Plio-Pleistocene record is continuous and complete, with sedimentation rates of about 3 cm per thousand years (kyr) (Betzler et al., 2017b). A shipboard composite depth record was established (Betzler et al. 2017b) and correlations between the various bore holes were accomplished using standard IODP procedures (Correlator software version 2.01.1). High-resolution compositing was based on sediment lightness (L*) data in Holes U1467A-U1467D. However, the shipboard splice was adjusted after the cruise based on newly produced XRF core-scanning data at the IODP core store repository in Texas. The newly produced XRF core-scanning data are considered to be more accurate than the shipboard lightness (L*) data. Individual Fe content records in the various boreholes are shown in Fig. 4, including the new composite Fe content record against the new composite depth (mcd = meters composite depth). The new splice data, including the splice intervals, core offsets, and tie points between each borehole, are archived on the IODP LIMS Database (http://iodp.tamu.edu/database/).

Scanning electron microscope

The lithogenic component of the sediment was analysed with a Carl Zeiss SIGMA HD VP field emission scanning electron microscope (SEM) at the University of Edinburgh. We analysed eight selected samples from glacial and interglacial intervals. Samples were treated with 3% ethanoic acid to remove calcite and aragonite from the samples. Remaining suspensions were centrifuged at 2500 rpm for 30 min and the residue pellet rinsed with deionised water. This leaching procedure was repeated to maximise carbonate removal. The residue pellet was then re-suspended in a few drops of ethanol and transferred onto an SEM stub. Energy dispersive analysis, calibrated against a Co metal standard, was used to establish the chemical composition of the residue grains.

X-ray fluorescence

Non-destructive X-ray fluorescence (XRF) scans were measured at the Ocean Drilling and Sustainable Earth Science (ODASES) XRF scanning facility at the IODP Gulf Coast Repository (GCR) in Texas A&M University using a third-generation AvaTech XRF scanner configured to analyse split sediment core halves for elements between Mg and U in the periodic table (Lyle and Backman 2013). Data were acquired with a Canberra X-PIPS silicon drift detector (SDD) with 150 eV X-ray resolution at 5.9 keV and a Canberra Digital Spectrum Analyser model DAS 1000. The X-ray source was an Oxford Instruments 100 W Neptune X-ray tube with a rhodium (Rh) target. Raw spectral data were processed using the Canberra

![Fig. 4](image-url) The composite of Fe intensity (cps = counts per second) record comprised of segments from Holes B and C; CCSF core composite depth below sea floor.
WINAXIL software package to produce elemental intensity data. The dual slit system was set to provide down-core spatial resolution of 10 mm and cross-core spatial resolution of 12 mm. The system was set to perform two consecutive runs of the same section, the first one at 9 kV, 0.25 mA and 6 s, and the second one at 30 kV, 1.25 mA and 6 s. The first scan provides data for the elements Mg, Al, Ba, Ca, Cl, Cr, Fe, K, Mn, P, S, Si, Rh and Ti, and the second for Bi, Cu, Br, Fe, Ga Nb, Ni, Mo, Pb, Rb, Sr, Y, Zn and Zr. Each core section was removed from refrigeration at least 2 h before scanning and scraped to clean and smooth the core surface. The split core surface was covered with 4 µm thick Ultralene plastic film to prevent contamination of the X-ray detector. Measurements were taken at 3 cm intervals whenever possible. Because measurements cannot be performed if the sediment presents cracks or uneven surface, some measurements were skipped or shifted to the nearest suitable area.

Samples from a selected interval (Cores 359-U1467C-4H to -6H) were analysed using both the AvaTech XRF core scanner at Texas A&M and a conventional XRF instrument at the University of Edinburgh. For these 1 g aliquots of core material were ground in an agate mortar and pestle and then pressed into 1 cm diameter pellets using a pellet press operating at a pressure of 2 t/cm². Pellets were analysed on a Philips PW2404 XRF spectrometer with a Rh-anode X-ray tube. Corrections for matrix effects on the intensities for major element lines were made using theoretical alpha coefficients calculated using Philips software (Reynolds 1963). Intensities of the longer-wavelength trace element lines were corrected for matrix effects using alpha coefficients based on major element concentrations. For other trace elements, matrix corrections were applied using the Rh K alpha Compton scatter line as an internal standard. Line overlap corrections were applied using synthetic standards. The spectrometer was calibrated with 15 USGS and CRPG standards using the values given in Govindaraju (1994). Data derived from this procedure are reported both as raw count rates (for direct comparison with the AvaTech XRF core scanner at Texas A&M) and as wt.% oxides for major elements and ppm for trace elements for more routine data presentation. The pellets, analysed for major element and trace element composition at Edinburgh, were subsequently sent to Texas A&M University for analysis using the same AvaTech XRF core scanner. This procedure facilitated direct comparison of the scanned results from the two instruments, evaluation of uncertainties in the XRF scanning counts, and calibration of the AvaTech XRF output for individual elements where appropriate. All data will be also archived in Pangaea.

To evaluate the reliability of Fe intensities scanned with XRF core scanner, the same subset of core (Cores 359-U1467C-4H to -6H) was selected and sampled at a 3 cm interval. This enabled a comparison between the ‘wet’ dataset acquired by XRF core scanner and the fully quantitative ‘dry’ dataset by conventional XRF. The samples were finely ground and made into pellets for analysis by wavelength dispersive XRF at the University of Edinburgh. Pellets were analysed for a range of major and trace elements. Plot of Fe content from conventional XRF of dry ground pellets versus the equivalent position of Fe intensities in the ‘wet’ core by XRF core scanner shows a reasonable correlation coefficient ($R^2 = 0.7$). Regression of this relationship allows for conversion of the ‘wet’ core scanner Fe count rates into Fe wt.%. We calculated flux of Fe ($gm^{-2} year^{-1}$) by multiplying linear sedimentation rate by dry bulk density (Betzler et al. 2017b) and Fe intensities (cps).

**Spectral and wavelet analyses**

Multitaper method (MTM) spectral analysis, data filtering, coherency and wavelet analysis with a Morlet wave transform were performed on the Fe intensity, Fe/K records and for comparison the LR04 $\delta^{18}$O stack record (Lisiecki and Raymo 2005). The MTM spectral analysis was performed using the Astrochron package by Meyers (2014) in R, data were smoothed using a three-point moving average (excluding LR04), normalised and detrended. Analysers 2.0.8. (Paillard et al. 1996) was used to perform filtering and coherency analysis; frequency (f) and bandwidth (ban) parameters used for data filtering were eccentricity ($f = 0.0105$, ban = 0.001), obliquity ($f = 0.024$, ban = 0.03) and precession ($f = 0.048$, ban = 0.006). Wavelet analysis was produced using Past software (Hammer et al. 2001).

**Results**

**Scanning electron microscope**

Primary observations by SEM show the presence of dust particles. The dust particles are easily recognised because of their abraded surfaces resulting from particle-particle collisions during aeolian transport. SEM images of both glacial and interglacial samples revealed that dust particles (Fig. 5) are more abundant in the fraction of the insoluble residue of the glacial samples. Point chemical analyses, and morphology revealed the presence of predominantly quartz grains and, more rarely, dolomite in the samples. The quartz grains show the abraded, rounded surfaces, whilst the dolomite grains show euhedral habit in situ growth.

**X-ray fluorescence**

Confidence in the AvaTech XRF scanner results for individual elements is assured by directly calibrating the scan data with data from a conventional XRF instrument permitting a robust, quantitative
assessment of the scanning results for individual elements. We recognise that the lithogenic content of the sediments at Site U1467 is low (several %) which may affect the reliability of the AvaaTech XRF scanning output. The carbonate platform and pelagic carbonate production is high in tropical settings diluting the lithogenic component and producing low concentrations of the terrigenous elements (Fe, K, Al, Si, Mg and Ti). As the conventional XRF technique used with the Philips PW2404 spectrometer is formally calibrated using internationally recognised standards, and the samples homogenised, the resulting data are more robust. Therefore, we measured elements in samples from a selected interval to calculate correlation coefficients between the two datasets based on scanning counts.

We measured 67 samples from Cores 359-U1467C-4H to -6H on both XRF instruments. These samples cover the full range of lithologies observed at Site U1467, from almost pure carbonate to clay-rich carbonates. The pellets were first measured on the conventional XRF instrument in Edinburgh and the same pellets were sent to College Station in Texas and measured on the AvaaTech XRF core scanner. This procedure facilitates calculation of regression lines and correlation coefficients for the individual elements. Correlation coefficients range from about 0.2 to 0.9. Ti shows the lowest value of about 0.2, whereas Fe has a value of about 0.80, and Al has a value of 0.85. K and Si have the highest values of about 0.9. These results suggest that on the one hand AvaaTech XRF core scanner results for Ti are not robust, but on the other hand they seem reasonably reliable for Fe and Al, and they seem very robust for K and Si. The reason for unreliability of Ti measured by the AvaaTech core scanner is the low concentrations of Ti in the sediments. Although core scanner results seem reasonably robust for Fe, Al, K and Si, it is not clear at this point whether the core scanner reliably measures amplitude of change for individual elements. Water

Fig. 5 Dust grains in various samples uncovered by scanning electron microscopy. SEM images showing selected dolomite (a) and quartz (b–d) grains. The dust particles are recognised because of their abraded surfaces; scale bar = 100 μm
content, grain size, porosity and other unknown factors may influence the element intensities (Kido et al. 2006; Koshikawa et al. 2003; Tjallingii et al. 2007). All data measured by the XRF instruments at Texas A&M University and the University of Edinburgh are listed in Additional file 1: Table S1.

Element intensities are plotted against composite depth in Fig. 6. The Fe, K, Si and Ti records all show cyclical changes throughout the record. The cyclical changes are related to primary Milankovitch frequencies given the general sedimentation rate of 3 cm/kyr of the investigated interval based on biostratigraphy (Betzler et al. 2017b). As such, the cyclical changes relate to the glacial-interglacial cycles dominating the climate system in the last 2 Myr, with high and low values representing sediment deposition during glacial and interglacial periods, respectively. Marine isotopic stages (MIS) can be readily assigned to the individual cycles in the depth domain (Fig. 6). All element intensity records show a conspicuous long-term upwards trend from, on average, low to high values, and from small to large changes in amplitude. Conspicuous increases in the element intensity records occur during MIS 20, 22 and 24 within the MPT interval. This is particularly evident in the Fe intensity curve. The highest values of all element intensities can be found in the younger glacial periods of MIS 2, 6 and 8. The interglacial values of element intensities records are low throughout the sequence. The lowest values can be found in the early part of the record, particularly MIS 31, 49, 55, 57, 61, 63 and 73, although these values are not much lower than some of the minimal

Fig. 6 The element intensity (cps = counts per second) time-series of terrigenous input transported by wind versus shipboard composite depth as measured by the non-destructive XRF core-scanner at College Station, Texas A&M University. MIS are shown, dots indicate measured XRF core-scanner data points; a three-point moving average smoothing was applied (bold line) to highlight the cycles.
values in specific interglacial intervals such as in MIS 7 and 9 in the younger part of the record.

To evaluate the AvaaTech XRF core scanner results in terms of lithogenic variations, we aim to present element ratios to remove dilution effects of carbonate (Shimmield and Mowbray 1991; Schneider et al. 1997). Commonly, element/Al ratios are used to remove the effect of variability in carbonate content reflecting biogenic production of marine sediments. Although this seems a straightforward procedure, previous studies (e.g. Kido et al. 2006; Kobayashi et al. 2003; Tjallingii et al. 2007) have shown that water content, grain size, porosity and other unknown factors may influence the element intensities. Light elements, such as Al, are more susceptible to these effects compared to the heavier elements, which are affected to a lesser extent and thus more reliable. To evaluate whether element/Al ratios as measured by the core scanner are affected by these factors, we compared the element/Al core scanner results with the conventional XRF results (not shown here) in the depth domain. The two data sets show large disparities, indicating that Al is heavily affected by water content and other factors of the sediment. Therefore, element/Al is not suitable for the purpose of this study.

We tested the validity of the Fe/K aridity proxy by plotting the conventional XRF and ‘wet’ and ‘dry’ scanner results in the depth domain of a piece of the record (Fig. 7), whereby the same pellets were used for the conventional XRF and core scanner. To mitigate the effects of slight sediment displacement within the core as a result of sampling of discrete samples and scanning, that were done on the working half and archive half, respectively, we used a three-point running average through the data. The ‘wet’ and ‘dry’ Fe/K profiles are very similar, implying that water content and grain size changes do not substantially affect the record. The conventional XRF results also show a similar profile. The orbital cycles are noticeable, although some disparities occur. Overall, we conclude that the measurements of Fe/K are not perfect but reasonably reliable. Therefore, we apply the Fe/K ratio to the entire sediment record representing two million years.

**Chronology**

The AvaaTech XRF-based scanning records of element intensity and Fe/K show the presence of orbital cyclicity in element concentrations and lithogenic particle composition. We use the Fe intensity and Fe/K records for tuning to insolation cycles, in order to generate an age model for the sequence. All marine isotope stages from MIS 1–73 can be recognised (Fig. 8), but instead of correlating the Fe intensity and Fe/K cycles with the benthic stable isotope stack (LR04), which is based on a compilation of benthic $\delta^{18}$O records from multiple sites (Lisiecki and Raymo 2005), the Fe intensity and Fe/K records were directly tuned to the precession parameter of orbital variability (Laskar et al. 2004). Significantly, when the Ca/K (carbonate productivity versus lithogenic input) is compared with the corresponding Fe/K curve, the same temporal relationship with insolation emerges (Fig. 8). Direct tuning to precession means that no inference can be made regarding climate and precession, but it allows for the investigation of longer periodicities of eccentricity and obliquity. This tuning method is based on the assumption that aridity in the source areas respond more readily to insolation, although may have an influence from northern hemisphere climate (Clemens et al. 1991). The value of this approach is that it is independent of the LR04 record. It also removes any age offset assumption of the LR04 ice model to insolation forcing. The Fe/K record displays orbital-driven cycles in tandem with the Fe intensity record. The highest amplitude of change of the cycles is in the early part of the record prior to the MPT.

The Fe intensity and Fe/K records were smoothed using a three-point moving average. Cycles related to precession are visually pervasive throughout the record. These cycles were directly tuned to the precessional component of the 65° N 21st June insolation curve using the La2004 orbital solution (Fig. 8; Laskar et al. 2004). We tied the Fe intensity minima and Fe/K maxima to precession minima (insolation maxima) with zero phase lag using Analyseries 2.0.8 software (Paillard et al. 1996). All tie-lines are given in Additional file 2: Table S2 and the age model, composite depth (mcd) and element intensity values are given in Additional file 3: Table S3. Some studies have used a more local low-latitude insolation curve; however, as both are calculated on 21st of June, the insolation peaks and troughs occur simultaneously. Thus, the age model is not affected by the choice of the different insolation latitude. To illustrate this point, we plot both the 21st June insolation records at 65° and 10° N alongside the Fe intensity and Fe/K records in Fig. 8.

To assess the validity of the precession-based chronology, we have filtered the orbital components of the Fe/K time series (Fig. 9). In addition to the precessional component, which should include the artefact of the tuning approach, the filtered components of obliquity and eccentricity from the Fe/K record are shown in comparison to the respective obliquity and eccentricity components of the 65° N 21st June insolation curve using the La2004 orbital solution (Laskar et al. 2004). This confirmation of the presence of eccentricity and obliquity periods in the filtered respective records confirms our approach of using precession cycles to obtain a chronology of the record. It is particularly the pervasive presence of the obliquity cycles that lends increased confidence in our age model.
Fig. 7 Comparison of original 'wet' and 'dry' Fe/K data, measured directly on the core at College Station with 'dry' Fe/K data obtained from dried and ground core samples measured at the University of Edinburgh. Points indicate original data; black line represents a three-point moving average.
Fig. 8 The Fe intensity, Fe/K and Ca/K records tuned to the 65° N 21st June insolation curve by Laskar et al. (2004). The 10° N 21st of June and MIS are shown; tie points between the records are indicated in Additional file 1: Table S1, a three-point moving average smoothing was applied to highlight the cycles. Note that the y axis on the Fe intensity record is reversed. Sedimentation rates vary between 1.15 and 7.7 cm/kyr.
Spectral and wavelet analyses of the Fe intensity, Fe/K and LR04 records

Spectral (Fig. 10) and wavelet (Fig. 11) analyses of the Fe intensity, Fe/K and LR04 records show pervasive presence of the primary orbital cycles. The Fe/K spectral and wavelet results display distinct power in the precession frequency band, although this may have been somewhat artificially induced because of the age modelling approach. This is particularly evident in the one to two million year time-window (Fig. 11). The Fe/K spectral and wavelet results also show occurrence of tilt throughout the record, affirming the age modelling approach. Power of tilt is less strong in the Fe/K record than in the LR04 record. An important feature of the wavelet diagrams is the presence of strong eccentricity (100 kyr) in the 0–1.25 million year interval and occurrence of faint eccentricity like (spectral power broadly ranging around 130 kyr) in the 1.25–2 million year interval, resulting in a distinct switch in the lower frequency band that is eccentricity related around 1.25 million years ago: spectral power of eccentricity-like cycles (~ 130 kyr) diminishes and proper eccentricity cycles (100 kyr) emerge.

Fig. 9 Filtered components of eccentricity (blue), obliquity (green) and precession (red) from the Fe/K record compared with the respective orbital components by Laskar et al. (2004). Fe/K record is plotted in dark grey
IODP Expedition 359 drilled a continuous sedimentary archive in the Maldives, available for monsoonal research (Betzler et al. 2017a, b). We set out to use variability in the lithogenic component of the sediments to study wet-dry cycles in the Indian-Asian source areas in the Plio-Pleistocene. We use the Fe/K as an aridity proxy indicating cyclical changes between humid and dry conditions on the Indian-Asian landmass.

Moisture changes in source areas of the Indian-Asian landmass
Variations in the composition of lithogenic material in marine sediments are used to infer source area weathering, representing changes between humid and dry conditions driven by summer and winter monsoon activity, respectively. We follow the assumptions by previous studies that strong precipitation over the continent during summer monsoons increases flux of fluvial material, whereas aeolian dust flux increases during winter monsoon (Govin et al. 2012; Simon et al. 2016; Ziegler et al. 2013). On long-term time-scales, changes in the hydrological cycle, and subsequently changes in the annual monsoon activity, are driven by orbitally forced insolation variability (Clemens et al. 1991). Therefore, we use the assumption that Fe/K ratios are an indicator of long-term variability of fluvial versus aeolian flux, where Fe represents chemical weathering of soils and K represents the mechanical weathering. Thus, we conclude that high Fe/K ratios are indicative of periods of increased chemical weathering (humid climate), while low Fe/K ratios indicate increased mechanical weathering (arid climate). At present, we do not precisely know which minerals host the Fe component. However, in the tropical humid region of southern India, relatively high temperatures and high precipitation (summer monsoon) favour chemical weathering of bedrocks resulting in heavily lateritized bedrocks. These weathered soils are enriched in Fe oxides and clays which are transported as suspended matter by rivers to the Indian Ocean. Thus, we relate the high Fe/K ratios in the Maldives record to a relative shift towards more chemical weathering and fluvial activity in India during warm and wet interglacial periods. This is further supported by clay mineral distribution along the Indian continental margin. Kolla et al. (1981) documented high percentages of smectite clays around the margin of India, which were supplied by rivers that drain the soils developed on the Deccan trap basalts. The content of smectite along the western margin generally decreases from north to south, but the percentage of smectite significantly increases again near the southern tip of India, which is a result of westward
currents carrying smectite from the Bay of Bengal (Kolla et al. 1981; Wyrthki 1973). The Maldives as a sediment trap receive these smectite clays (and by inference other Fe bearing minerals) because of low salinity surface currents flowing from the Bay of Bengal in winter (Kolla et al. 1981). Future work is needed to investigate and confirm all possible sources of Fe in the study site; however, that is currently beyond the scope of this paper.

In low-latitude dry regions (deserts), low temperatures and low precipitation during winter monsoon promote mechanical weathering of bedrocks, resulting in K-rich illite and feldspars (Kolla et al. 1981). Thus, we relate the low Fe/K ratios in the Maldives record to a relative shift towards more mechanical weathering and aeolian activity in further afield desert areas during cold and dry glacial periods. The most likely illite sources during these cold and windy periods are of aeolian origin coming from the surrounding arid regions further afield, such as the Thar desert and Arabian Peninsula. Also, the Indus River was much reduced during the glacial periods, and suspended material was unlikely to reach the Maldives.

We selected a small number of samples (7) to investigate mineral content of the lithogenic fraction using the X-ray diffraction method across the sediment record. The analyses showed substantial percentages of minerals of the smectite group showing that Indian-derived clays were deposited in the Maldives. Montmorillonite (Fe) of the smectite group minerals is most abundant (up to 15%) and importantly shows an inversed occurrence with illite (K) in the samples, reflecting weight percentages of Indian-derived (fluvial) versus desert-derived (wind) clay minerals. We concede that XRD analysis should be carried out across a number of cycles to verify...
shifting mineral assemblages, but this is currently beyond the scope of this paper.

We conclude that Fe/K ratios reflect changes in monsoon climates resulting in aeolian versus fluvial transport modes from the source areas to the ocean. High Fe/K ratios in an interval of sediments indicate that increased chemical weathering occurred during the wet summer monsoon season, coeval with heating of the continent, and that rivers transported abundant suspended Fe to the ocean. Aeolian transport of this Fe-rich material is unlikely due to the elevated moisture promoting vegetation growth and suppressing wind erosion. The alluvial flux of Fe to the Maldives will be further enhanced during wet periods as not only will the sources from chemical weathering be increased but also the higher precipitation will further reduce the salinity of the surface ocean currents bringing the sediment to the Maldives. Increased buoyancy of the surface ocean will inhibit mixing and sediment loss into the deep ocean along the transport pathways. Conversely, low Fe/K ratios in an interval of sediment indicate that increased mechanical weathering occurred during the dry winter monsoon concomitant with cooling of the continent in the source areas, and that strong winter winds transported abundant quartz (see Fig. 5), illite and K-rich feldspars to the ocean. We expected subtle changes in the Fe/K ratios of the lithogenic fraction in the Site U1467 sediments, because only a small fraction of fluvial-derived material arrives at the Maldives. In contrast, majority of the lithogenic fraction arrives as dust. We recognise that processes controlling the Fe/K are multiple and complex, but ultimately, the amplitude of change in the Fe/K record reflects relatively wet (chemical weathering) versus dry (mechanical weathering) conditions linked to the hydrological cycle driven by monsoon activity in various source areas of the adjacent continent or further afield.

We plot the Fe/K record together with the deep-sea stable oxygen isotope stack (LR04; Lisiecki and Raymo 2005; Fig. 12). The Fe/K cycles correlate to the marine isotopic stages, with high and low values during interglacial and glacial stages, respectively (Fig. 12), reflecting on orbital-driven wet versus dry cycles. The high Fe/K values during interglacial periods indicate more humid conditions (intense summer monsoon) and the low values point to drier conditions during the glacial periods (intense winter monsoon). Some of the ‘wettest’ interglacial periods (MIS 55, 61 and 73) and ‘driest’ glacial periods (MIS stages 52 to 74) occur in the early part of the record prior to the MPT. One of the last distinct ‘wet’ periods MIS 31 occurs during the MPT. To add confidence in the interpretation of Fe/K cycles representing wet-dry cycles in the hinterland, we also plotted the Fe flux record (Fig. 13, Additional file 4: Table S4), which is a firmly established aridity proxy record (Clemens and Prell 1990, 1991). The Fe flux cycles confirm the interpretation of the Fe/K record with humid conditions during interglacial periods and dry conditions during glacial periods (Fig. 13).

Two million year record of insolation-driven Indian-Asian hydroclimate

The Indian-Asian climate is directly controlled by monsoon activities, which are sensitive to regional insolation changes driven by orbital precession, although effects associated with high-latitude climate changes may also play a role. The Fe/K cycles at Site U1467 track northern hemisphere summer insolation, reflecting on moisture supply from the Arabian Sea. Sensitivity experiments support the assumption that positive summer rainfall shows a strong relationship with orbital precession (Clemens and Prell 1991). Visual inspection of the Fe/K record revealed the glacial-interglacial cycles and precession-driven cycles. On the basis of the presence of distinct precession cycles (particularly during interglacials) and initial age

![Fig. 12](image-url) The Fe/K record and the LR04 benthic stable oxygen isotope stack against age (kyr). A three-point moving average smoothing was applied to the Fe/K record.
modelling, we tuned the Fe/K record to precession. Our approach was to correlate maximum Fe/K ratios to insolation peaks (precession minima) and minimum Fe/K ratios to insolation lows (precession maxima).

The spectral and wavelet analyses diagrams of the Fe/K display distinct power in the precession frequency band. It is particularly evident in the 1.25 to 2 million year time-window (Figs. 10 and 11), where spectral power resolves the 23 kyr and the 19 kyr cycles. However, it is important to note that the direct tuning to precession may have induced an artificial precession signal. The presence of tilt (41 kyr cycle) in the spectral analysis throughout the record, on the other hand, confirms our age model approach. Other striking features of the spectral diagrams is the presence of strong eccentricity (100 kyr) in the 0–1.25 million year interval and occurrence of faint eccentricity (spectral power broadly ranging from 80 to 140 kyr) in the 1.25–2 million year interval. Wavelet power analysis shows similar orbital frequency features in the Fe/K record. The low-frequency eccentricity cycles present prior to the MPT have been previously described by Liu et al. (2008) in the Ocean Drilling Project Site 722 sea surface temperature record, defining them as eccentricity-like cycles likely formed by bundling of two or three obliquity cycles resulting in saw tooth patterns. The same bundling of tilt cycles is observed in the Fe/K record prior to the MPT. Liu et al. (2008) postulated that such bundling of tilt cycles was paced by eccentricity. We infer that combined presence of tilt (bundled in saw tooth shapes) and precession (amplified by the 100-kyr-like cycle) is pivotal for understanding orbitally forced low-latitude humidity changes in the pre-MPT period, resulting in extreme monsoon-driven climates. The wettest interglacial periods (MIS stages 31, 55, 61 and 73) and ‘driest’ glacial periods (MIS stages 52 to 74) occur in

Fig. 13 Clay and silt fraction (< 63 μm in %), bulk density (Grape data), Fe flux (gm⁻² year⁻¹), Fe intensity (cps = counts per second) and LR04 benthic stable isotope stack against age (kyr)
Fig. 14 Temperature records based on alkenones from various boreholes in the Atlantic and Arabian Sea. Sites 607 and 982 were drilled in the N-Atlantic; Site 1082 was drilled in the South Atlantic and Site 722 in the western Arabian Sea. A 200 kyr moving average smoothing was applied (bold line) to reveal the long-term trends. The early onset of a fall in temperatures in Sites 607 and 722 coincides with the early drop in Fe/K ratios in Site U1467 prior to the switch in dominance of the 41 kyr to the 100 kyr around 1.25 Ma. There is a strong resemblance of the long-term trends in the Fe/K record with the temperature records.
this interval. MIS 31 is the maximum peak of the Fe/K record, likely reflecting minimal dust and maximum fluvial-derived inputs in the sediments of the Maldives coinciding with the highest peak of the total insolation profile in the last two million years.

The link between the Fe/K aridity record and the global ice volume record
The Fe/K record shows a significant coherence with the LR04 benthic stable oxygen isotope record of mainly global ice volume over all primary orbital periodicities (Lisiecki and Raymo 2005; Fig. 12). This suggests that low-latitude aridity and global ice volume changes are linked, reflecting on common orbital forcing principles of climate. However, the wavelet power analyses of the Fe/K and LR04 benthic stable oxygen isotope records show a notable disparity (Fig. 11) concerning influence of eccentricity forcing. While the eccentricity-like (130 kyr) cycles are distinct in the pre-MPT period, revealed by considerable power in the wavelet power analysis, there are no such eccentricity-like cycles (or they are very faint) in the LR04 record. Notably, power on the eccentricity (100 kyr) cycles in both the Fe/K and LR04 records emerges around 1.25 million years, suggesting a strengthen climate link between the two areas. The low-latitude monsoon system likely responded to the high-latitude ice sheet histories, or alternatively, both areas responded to a common unknown climate driver emerging at the time. Comparison of the long-term average change in the Fe/K record to the Arabian Sea Site 722 and various Atlantic sea surface temperature records reveals a long-term shift towards drier conditions in the low latitudes concomitant with sea surface temperature falls in the Arabian Sea and high latitudes across MIS stage 22–24, further suggesting a strengthening climate link between low and high latitudes across the MPT (Fig. 14).

Lisiecki and Raymo (2005) used a simple ice model based on 21 June insolation at 65° N with a set lag to insolation allowing for ice sheet response time. This phase lag is adjusted during the late Pliocene to early Pleistocene from 5 to 15 kyr from 3.0 to 1.5, to represent the increasing ice mass during this interval. In contrast, the aridity record of the Maldives is directly tuned to insolation to represent the highly sensitive response of Indian-Asian hydroclimate to insolation changes. As a result of the different tuning approaches, our records of the Maldives lead the LR04 benthic stacked record (Fig. 12). The consistency of this phase lead should serve as a test of the robustness of the tuning approaches of either the LR04 stack or our record. The phase lag is evidently the case during deglaciations throughout the record.

Conclusions
The Maldives sedimentary archive contains a valuable lithogenic input record reflecting on terrestrial climate changes in the source areas of the Indian-Asian landmass or from further afield. The Fe/K aridity record shows orbitally forced cycles reflecting on changes in the relative importance of aeolian (stronger winter monsoon) during dry glacial periods versus fluvial supply (stronger summer monsoon) during humid interglacial periods. The chronology is based on precessional cycles visually present in the Fe/K record, where Fe/K maxima correlate to precession minima (insolation maxima) with zero phase lag. The value of this approach results in an age model independent from the LR04 record.

Wavelet and spectral analyses of the Fe/K record show increased dominance of the 100-kyr cycles throughout the record across the Mid Pleistocene Transition (MPT) in concert with the benthic foraminiferal oxygen isotopic δ¹⁸O data (LR04 record). The emergence of 100 kyr cycles in both the LR04 and the Fe/K records since the MPT suggests strengthening of a climate link between the low and high latitudes during this period of major climate transition. In contrast to the LR04 record, the Fe/K profile displays 100-kyr-like cycles around the 130 kyr frequency band, prior to the MPT, in the interval 1.25 to 2 million years ago. The influence (power) of the 100-kyr-like cycles weakens towards the MPT. These 100-kyr-like cycles likely form by bundling of three obliquity cycles. The development of the 100-kyr-like cycle between two and one million years indicates that low latitude Indian-Asian climate variability reflects on increased tilt sensitivity to regional eccentricity insolation changes (pacing tilt cycles) prior to the MPT, resulting in large amplitude changes of the Fe/K record. As a result, both ‘wettest’ interglacial periods (MIS stages 31, 55, 61 and 73) and ‘driest’ glacial periods (MIS stages 52 to 74) occur in this interval.

Additional files
Additional file 1: Table S1. X-ray fluorescence comparison between conventional XRF (University of Edinburgh) and XRF core-scanner (Texas A&M University). (XLSX 12 kb)
Additional file 2: Table S2. Age model tie-lines. (XLSX 13 kb)
Additional file 3: Table S3. Composite splice (mcd), age (kyr), element intensities (cps). (XLSX 169 kb)
Additional file 4: Table S4. Age (kyr), sedimentation rate, bulk density (Grape) and Fe flux. (XLSX 155 kb)

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Competing interests

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