RESEARCH PAPER

Low vapour pressure deficit affects nitrogen nutrition and foliar metabolites in silver birch

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Abstract

Air humidity indicated as vapour pressure deficit (VPD) is directly related to transpiration and stomatal function of plants. We studied the effects of VPD and nitrogen (N) supply on leaf metabolites, plant growth, and mineral nutrition with young micropropagated silver birches (Betula pendula Roth.) in a growth chamber experiment. Plants that were grown under low VPD for 26 d had higher biomass, larger stem diameter, more leaves, fewer fallen leaves, and larger total leaf area than plants that were grown under high VPD. Initially, low VPD increased height growth rate and stomatal conductance; however, the effect was transient and the differences between low and high VPD plants became smaller with time. Metabolic adjustment to low VPD reflected N deficiency. The concentrations of N, iron, chlorophyll, amino acids, and soluble carbohydrates were lower and the levels of starch, quercetin glycosides, and raffinose were higher in the leaves that had developed under low VPD compared with high VPD. Additional N supply did not fully overcome the negative effect of low VPD on nutrient status but it diminished the effects of low VPD on leaf metabolism. Thus, with high N supply, the glutamine to glutamate ratio and starch production under low VPD became comparable with the levels under high VPD. The present study demonstrates that low VPD affects carbon and nutrient homeostasis and modifies N allocation of plants.

Key words: Air humidity, amino acids, Betula pendula, carbohydrates, flavonoids, metabolite profiling, mineral nutrients, nitrogen, starch, VPD.

Introduction

Relative air humidity (RH) is associated with precipitation and cloudiness, which will increase in the northern latitudes together with temperature, atmospheric water vapour content, and frequency of wet days (Kont et al., 2003; IPCC, 2013). In association with this development, RH is expected to increase in northern Europe. Air humidity is an important factor influencing plant growth and nutritional status. Water evaporation is driven by the difference of vapour pressure deficit (VPD) between leaf tissues and the atmosphere; therefore, low VPD decreases the evaporative demand and steady-state transpiration rate of plants (Adams and Hand, 1993; Yang et al., 2012). Low VPD promotes stomatal opening.
facilitating carbon dioxide (CO\textsubscript{2}) influx to the leaf mesophyll (Bunce, 1984; Gisléröd and Nelson, 1989). As a consequence, under low VPD, plants can assimilate CO\textsubscript{2} at relatively small cost as regards water, but at the same time the decreased transpiration and mass flow of water may impair the mineral nutrient uptake of plants (Barber, 1962; Barber et al., 1963; Cramer et al., 2009).

McDonald et al. (2002) showed that exposure to low VPD or elevated CO\textsubscript{2} decreased transpiration and \textsuperscript{15}N uptake in cottonwood (Populus deltoides Bartr). Although N uptake to the roots is achieved by specialized transporters for ammonium (NH\textsubscript{4}\textsuperscript{+}) (ammonium transporter, AMT) or nitrate (NO\textsubscript{3}\textsuperscript{−}) (nitrate transporter, NRT) (Crawford and Glass, 1998; Gojon et al., 2011; Xu et al., 2012), the transpiration rate affects uptake of water by the roots and thus the amount of nutrients available for absorption by the roots (Barber, 1962).

Besides N, uptake of other mineral nutrients, such as phosphorus (P), potassium (K), magnesium (Mg), calcium (Ca), iron (Fe), and sulphur (S) also benefits from a high transpiration rate (Novak and Vidovic, 2003; Cernusak et al., 2009; Shimono and Bunce, 2009; Shrestha et al., 2015). In the free air humidity manipulation (FAHM) field experiment, a long-term exposure to elevated air humidity reduced growth rate, sap flux density, and leaf N and P content of silver birch and hybrid aspen trees (Kupper et al., 2011). There is evidence that nutrient availability in the soil affects the transpiration rate of plants (Cramer et al., 2008; Matimati et al., 2014).

N, and nitrate in particular, regulates the genes that contribute to N assimilation, nitrate transport, and the production of organic acids, which act as counter anions for NO\textsubscript{3}− and prevent cellular alkalinization (Wang et al., 2000; Scheible et al., 2004). Nitrate reductase (NIA) and nitrite reductase (NiR) reduce nitrate to nitrite and nitrite to ammonium, respectively. Ammonium is then fixed by the glutamine synthetase/glutamate synthase (GS/GOGAT) pathway to glutamine and glutamate, which are precursors for other amino acids. The tricarboxylic acid (TCA) cycle, in turn, provides carbon skeletons for the biosynthesis of amino acids. Thus, carbon and N metabolisms are tightly integrated processes, and plants need to balance their carbon fixation according to the N assimilation rate (reviewed in Stitt and Krapp, 1999).

N-limited plants often accumulate carbohydrates (Paul and Driscoll, 1997), which in turn inhibit photosynthesis (Paul and Foyer, 2001). N-limited plants store carbon as starch (Paul and Driscoll, 1997; Scheible et al., 1997), which serves as a transient sink for excess photosynthates when sucrose synthesis and export is restricted (Paul and Foyer, 2001). Carbon-based secondary compounds produced via the phenylpropanoid pathway typically increase (Scheible et al., 2004; Urbanczyk-Wochniak and Fernie, 2005), whereas the content of soluble carbohydrates may decrease under N deficiency (Geiger et al. 1999).

Plant growth can be inhibited under elevated air humidity as nutrients become limited (Tullus et al., 2012; Sellin et al., 2013). On the other hand, low VPD can enhance plant growth, due to ameliorated water status and carbon fixation (Gisléröd and Nelson, 1989; Schüssler et al., 1992; Mortensen, 2000; Fordham et al., 2001; Leuschner, 2002). In a field experiment, birch trees acclimated to low VPD by increasing the formation of fine roots and root tips, and specific leaf area (SLA) (Parts et al., 2013; Sellin et al., 2013; Rosenvald et al., 2014). Ameliorated water status by low VPD can enhance turgor in leaves, which in turn induces cell expansion, cell division, and thus leaf area (Codarin et al., 2006; Lendzion and Leuschner, 2008; Carins Murphy et al., 2013).

We conducted a controlled growth chamber experiment with young micropropagated silver birch (Betula pendula Roth.) to study VPD effects on leaf metabolism as affected by N availability. As far as we know, this is the first study focusing on the metabolic adjustments of primary carbohydrate and N metabolism to altered water, carbon, and nutrient supply under low VPD. Since changes in the leaf metabolome and transcript levels are the basis of phenotypic responses to environmental factors, we studied plant growth, leaf traits (leaf area, SLA, water content, stomata, leaf veins), mineral nutrient content, N-related gene expression patterns (NIA, NiR, and NRT), and leaf metabolites as affected by VPD and N availability.

Low VPD may reduce the acquisition and translocation of N via transpiration flux and promote carbon fixation by stomatal opening. Any change in water, carbon, and nutrient resources would require readjustment of primary carbohydrate and N metabolism that was studied by metabolite profiling of leaves developed under different VPD levels. We hypothesized that under low VPD (i) plants would have a lower N concentration and lower levels of foliar N-containing metabolites (chlorophyll and amino acids) and higher levels of starch than under high VPD; (ii) the foliar expression levels of NIA, NiR, and NRT genes would be repressed under low VPD; but (iii) high N supply would induce the expression of N-related genes and ameliorate the negative effects of low VPD on N status.

**Materials and methods**

**Experimental design**

Silver birch (Betula pendula Roth.) genotype V14 from Vehmersalmi (62°N, 28°E, eastern Finland) was micropropagated by in vitro tissue culture. Six-month-old clonal birches (height ~40 cm) were planted and grown in fertilized peat (10:8:16 N:P:K, Kekkilä) and vermiculite (1:1, v/v) in plastic pots (1.6 litres). The birches were transferred from the greenhouse to controlled growth chambers to acclimate for 4 d before the start of the treatments. In the chambers, the photoperiod and temperatures were adjusted to be similar to the greenhouse conditions and typical for summer at the latitude of Finland, 22.2 h light/dark, 23 °C and 16 °C during light and dark periods, respectively. Towards the light/dark period, half of the lamps were switched on/off followed by the remaining lamps after 1 h. With all the lamps on, the light intensity was 450 \textmu mol m\textsuperscript{−2} s\textsuperscript{−1} at the crown level.

There were two humidity levels, 60% RH (high VPD, similar to greenhouse conditions) and 95% RH (low VPD), with two replicate chambers for each. VPD was 1.12 kPa and 0.73 kPa in the high VPD treatment and 0.14 kPa and 0.09 kPa in the low VPD treatment during the light and dark periods, respectively. Since the water use of plants and water evaporation from the soil differed between the VPD treatments, the water status of the soil was monitored every day by weighing the pots. Water status was maintained above 50% of the maximum water-holding capacity of soil. Typically, in high VPD conditions, plants were watered four times per week, and in low VPD conditions three times per week. Based on the pot masses,
the amount of water required to reach field capacity was estimated, and added to the pots.

The plants were fertilized with 0.2% nutrient solution (19:5:20 N:P:K including micronutrients, Superex-9, Kekkilä, Finland) once a week (15 mg of N). In each chamber, half of the plants were given an additional 15 mg of N fertilization (+N) once a week as 0.08% ammonium nitrate solution (NH₄NO₃; JT Baker). Fertilization levels corresponded to N addition of 35 kg ha⁻¹ and 70 kg ha⁻¹, and total N supply (pre-mixed and added fertilization) was 112 mg and 172 mg of N, at the lower and higher fertilization levels, respectively. Altogether, 80 birches were divided randomly into the four chambers. There were 20 plants in each of the four treatments: high VPD, high VPD+N, low VPD, and low VPD+N. Plant positions were changed frequently inside the chambers and once between the two replicate chambers to diminish the possible chamber effects.

**Growth and biomass**
Stem height was measured every third day, and stem diameter (5 cm above ground) once a week. The height to diameter ratio (HDR) was calculated on the 24th day of the experiment. Stem height growth rate was calculated as height increment per day. Relative height growth (RHG %) and diameter growth (RDG %) were calculated based on the initial measurement (day 0) and the final measurement, which was done on day 26 for height and day 24 for diameter.

After harvesting plants and washing the roots, all plant parts were dried to constant weight at 45 °C for 3 d. The dried leaves, stems, and roots were weighed and the number of branches and leaves were calculated. Total biomass was calculated as the sum of leaf, stem, and root biomass. The mass fractions were obtained by dividing leaf mass, stem, or root dry mass by total biomass. The development of new branches and fallen leaves was determined by comparing photographs of plants taken on the fourth and 20th days of the experiment.

**Chlorophyll, stomatal response, and mineral nutrients**
Chlorophyll content was measured as the chlorophyll content index (CCI) using a Chlorophyll Content Meter CCM200 (Opti-Sciences). Chlorophyll content was measured once a week from two marked leaves, which were fully expanded at the beginning of the experiment (old leaves). At the end of the experiment, chlorophyll content was measured from one new leaf developed during the experiment (fifth leaf from the top), which was then sampled for metabolite and gene expression analyses.

Stomatal conductance (g, mmol m⁻² s⁻¹) was measured under high VPD (60% RH) and once a week from the same two marked leaves, which were fully expanded at the beginning of the experiment (old leaves). At the end of the experiment, chlorophyll content was measured from one new leaf developed during the experiment (fifth leaf from the top), which was then sampled for metabolite and gene expression analyses. Stomatal conductance (g, mmol m⁻² s⁻¹) was measured under high VPD (60% RH) once a week from the same two marked leaves, which were fully expanded at the beginning of the experiment (old leaves). At the end of the experiment, chlorophyll content was measured from one new leaf developed during the experiment (fifth leaf from the top), which was then sampled for metabolite and gene expression analyses.

The N concentration (mg g DW⁻¹) was determined from new leaves and stem and supposed new roots developed during the experiment. Dried samples (leaf, stem, and roots) (~0.5 g) from eight plants (n=8) per treatment were milled, and N concentration was determined by the Kjeldahl method. Total N content was estimated by multiplying the mass-based N concentration by biomass.

Concentrations of other mineral nutrients (mg g DW⁻¹) (B, Ca, Co, Cr, Fe, K, Mg, Mn, Mo, Na, P, S, Se, Si, V, and Zn) were determined from new leaves grown during the experiment, using an inductively coupled plasma optical emission spectrometer (ICP-OES, IRIS Intrepid II XSP). Dried leaves from six plants per treatment (n=6) were milled and leaf powder (~0.5 g) was dried at 105 °C prior to the analysis. The samples were digested by the standard EPA-3051 method: microwave digestion (MARSS) with nitric acid and water (6:1 HNO₃:H₂O).

**Leaf traits**
Leaf area (cm²) was determined using LAMINA software (Bylesjö et al., 2008) from leaves grown during the experiment, one leaf per plant. Specific leaf area (SLA) was calculated as leaf area (cm²) divided by leaf dry weight (g DW⁻¹) (n=20). Leaf water content (LWC) was determined after drying the leaves to constant weight (DW) at 50 °C for 2 d (n=20). LWC was then calculated as a function of (FW-DW)/FW⁻¹. Total leaf area was estimated as single leaf area multiplied by the number of leaves.

Anatomical traits of the leaf surface were studied with a light microscope from nail polish imprints, from a dry, pressed, fully expanded leaf grown during the experiment. Imprints were produced only for the lower side, as stomata are present only on the abaxial side of the leaf surface. Imprints were taken between the midribs at the widest part of the leaf. Three photographs of the imprint were taken at ×20 magnification for stomatal density measurement (number of stomata mm⁻²), and one photograph at ×5 magnification was taken for leaf vein density (vein length mm mm⁻²) measurement. The photographs were calibrated against a micrometer slide. Stomatal density and leaf vein density were calculated with ImageJ software (version 1.48). The total number of stomata and vein length per leaf were estimated by multiplying the results by the leaf area.

**Sampling and homogenization of metabolite and gene expression samples**
Single leaf discs (~1 cm) were taken from three fully expanded leaves (fourth, fifth, and sixth leaf from the top) grown during the experiment, and these three discs were pooled for metabolite analysis (~50 mg FW). Two leaf discs were taken from the same three leaves, and six discs were pooled for gene expression analysis (~100 mg FW). The samples were frozen in liquid nitrogen and stored at ~70 °C.

Metabolite and gene expression samples were kept frozen while homogenized in 2 ml safe-lock Eppendorf tubes with a bead mill (3×15 s, 20 Hz, with a 5 mm stainless steel bead) (TissueLyser, Qiagen, Germany).

**Metabolite extraction**
Soluble metabolites were extracted from the leaf powder in two steps, first with 1 ml of 100% methanol (Merck) and next with 1 ml of 80% (v/v) aqueous methanol. Internal standard solution [benzolic-d₆, acid 0.55 mg ml⁻¹ (Campro Scientific GmbH), glycerol-d₅, 0.54 mg ml⁻¹ (Campro), 4-methylumbelliferone 2.29 mg ml⁻¹ (Sigma), tri-aldehyde-2,3,3,3-d₄ 1.12 mg ml⁻¹ (Isoten) in H₂O:MeOH:DMSO (BDH Chemicals) (1:3:5) was added to each sample during the first extraction step. During both steps, the samples were extracted at 95 °C for 5 h (w/v) and 600 µm stainless steel bead). The homogenate was then frozen using liquid nitrogen and stored at ~70 °C overnight.

**Soluble carbohydrates and starch**
The total soluble carbohydrate concentration of leaves (mg g FW⁻¹) was determined by phenol–sulphuric acid assay, by mixing 50 µl of leaf extract with 200 µl of 5% phenol (JT Baker) solution in water (w/v) and 600 µl of sulphuric acid (Merck). The samples were heated at 95 °C for 5 min, cooled to room temperature, and measured for absorbance at 490 nm (Varian Cary 50, Agilent). Soluble carbohydrate concentration was determined using a standard curve of D-glucose (Sigma).

Starch (mg g FW⁻¹) was determined after the extraction of soluble metabolites from the vacuum-dried plant residue (stored at ~70 °C). The pellets were homogenized in 1 ml of water with a bead mill (60 s, 20 Hz, with a 5 mm stainless steel bead). The homogenate was transferred to 10 ml tubes and diluted to 5 ml with water. The starch was gelatinized by heating 0.5 ml of the homogenate at 100 °C for 60 min at 200 rpm. Gelatinization of starch was confirmed by...
light microscopy, by staining the precipitate with Lugol's solution. The starch was digested to glucose with α-amylloglucosidase (from Aspergillus niger, Sigma) and α-amylase (from Bacillus licheniformis, Sigma). The reaction mixture contained 0.5 ml of the sample and 0.5 ml of enzyme solution, which included 6 U of α-amylloglucosidase and 1 U of α-amylase in a 200 mM sodium acetate (pH 4.8). The samples were incubated at 50°C for 20 h. After incubation, enzyme activity was stopped by heating the samples at 100°C for 2 min. The samples were centrifuged at 10°C for 5 min at 13 000 rpm (1350 g), and glucose was determined from the supernatant by enzymatic assay with hexokinase and glucose-6-phosphate dehydrogenase (Glucose HK assay kit, Sigma).

Metabolite analysis by gas chromatography–mass spectrometry

Metabolites were analysed from the leaf extracts of 10–12 plants from each treatment. A QC sample was included in the sample set on each day of GC-MS analysis. The frozen samples were allowed to reach room temperature before adding 20 μl of alkane series (C10–C40, Supelco) solution in hexane (Merck) as a retention time standard, and dried in a vacuum. The samples were redissolved in pyridine (Sigma) and incubated for 180 min at 30°C at 200 rpm. Finally, the samples were derivatized using 80 μl of N-methyl-N-(trimethylsilyl) trifluoroacetamide with 1% trimethylchlorosilane (MSTFA with 1% TMCS, Thermo Scientific) for 120 min at 60°C at 200 rpm.

The GC-MS system consisted of the Agilent 6890N gas chromatograph, mass spectrometer (5973N), autosampler (7683), and injector (7983) (Agilent Technologies, USA). Split injection (1 μl) was employed, using a deactivated Split precision liner (Ristek) with a split ratio of 30:1. The column was 30 m Rxi-5Sil MS, 0.25 mm ID, 0.25 μm df with 10 m Integra-Guard (Ristek). The injection temperature was set to 260°C, MSD interface 290°C, MS source 230°C, and MS quad 150°C. Helium (1 ml min⁻¹) was used as a carrier gas. The oven temperature program was as follows: 3 min isothermal heating at 70°C, followed by a 6°C min⁻¹ ramp to 330°C, 6 min at 330°C, and post-run at 70°C for 3 min. Mass spectra were collected with a scanning range of 55–550 m/z during 5.50–30 min and 55–650 m/z during 30–49.50 min.

Deconvolution, component detection, and quantification were conducted with Metabolite Detector (2.06 beta) (Hiller et al. 2009), and co-eluting components were confirmed by AMDIS (version 2.66) (NIST). The relative content of metabolite was calculated as metabolite peak area normalized by the peak area of the internal standard, benzoc2-acid, and the fresh weight of the sample.

Altogether, 169 compounds were detected from birch leaves by targeted GC-MS analysis (see Supplementary Table S1 at JXB online). Relative standard deviation (RSD %) was calculated from QC samples (n=3), and it was 16.5% including all the 169 metabolites and 5.6% including only the internal standards. The metabolites were annotated by spectral data and retention time index matched to the NIST Mass Spectral Database (version 2.2, Agilent Technologies, National Institute of Standards and Technology, USA), the Golm Metabolome Database (GMD) (Schauer et al. 2005; Hummel et al., 2010), and standard compounds. Metabolite annotation details are described in Supplementary Table S1.

RNA extraction and gene expression analysis by quantitative real-time PCR

RNA was isolated using the modified cetlytrimethylammonium bromide (CTAB) method (Chang et al., 1993) and treated with DNase I. Total, DNA-free RNA was further purified using a Qiagen Plant RNA isolation kit. Concentration and purity were analysed using a NanoDrop spectrophotometer (Thermo Scientific). RNA was reverse-transcribed using a Transcriptor First Strand cDNA Synthesis Kit (Roche) and oligo(dT)18 primer. Quantitative real-time PCRs were performed using 480 SYBR Green I Master Mix (Roche) in a 10 μl reaction volume with 0.5 μM gene-specific primers and 2.5 μl of diluted cDNA, deriving from 7.5 ng of total RNA, as a template.

The quantitative PCR primers for NIA and NiR were designed using silver birch nitrate reductase (X54097) and nitrite reductase sequences (X60093), respectively. The primer for the nitrate transporter gene NiT was designed using a silver birch EST (Aalto and Pulva, 2006) with a high homology to Arabidopsis nitrate transporter (AT3G21670). Primers for the reference gene, elongation factor 1α (EF-1α), were designed from an EST with homology to Arabidopsis EF-1α (AT1G07920). The primers used in this study are given in Supplementary Table S2. Tubulin primers are described in Ibrahim et al. (2010).

The reactions were performed in triplicate in a LightCycler 480 (Roche). The PCR conditions were as follows: 95°C for 5 min, followed by 40 cycles of 95°C for 20 s, 58°C for 20 s, and 72°C for 20 s. After the final extension (72°C, 5 min), a melt curve analysis was performed by lowering the temperature from 95°C to 65°C at 0.1°C intervals. The fold change in gene expression was calculated using the comparative Ct method (2⁻ΔΔCt) (Livak and Schmittgen 2001), using EF-1α as a reference gene.

We tested EF-1α, actin (act), tubulin (tub), and ubiquitin (ubq) to be used as reference genes in quantitative real-time PCR. The expression of EF-1α and actin was the most stable in our system according to GeNorm (http://medgen.ugent.be/~vandesomp/genorm/). However, as the expression of actin fluctuated in some samples, we used the EF-1α gene as an internal standard to normalize the quantification of mRNA expression.

The melting curve of the reference and target genes showed a single peak, indicating that a single PCR product was present in each reaction. PCR efficiencies were measured for each primer pair used, and were generally between 1.942 (NIA) and 2.031 (EF-1α), with slopes ranging from −3.25 to −3.47.

Pattern recognition and statistics

For metabolite data, we used log10-transformed values without missing value imputation. The main effects of VPD and N and their interaction were tested using two-way ANOVA (IBM SPSS Statistics 19). False discovery rate (FDR) correction for multiple analysis was conducted for the individual GC-MS metabolites, P-values for each effect and interaction were treated separately, and a q-value <0.05 was considered significant (Benjamini and Hochberg, 1995) (Supplementary Table S1). Principal component analysis (PCA) was performed with Simca P+ (12.0.1, Umetrics, Umeå, Sweden) to observe general patterns and variation in the GC-MS metabolite data set (Pareto-scaled).

The initial measurements for height and diameter as well as the number of branches were used as covariates, when testing the treatment effects on those parameters (two-way ANOVA). Graphical vector analysis (GVA) was constructed to inspect whether the change in compound/nutrient concentration is due to altered uptake/biosynthesis or due to biomass dilution. The construction of GVA is described in Haase and Rose (1995), and the use of GVA to interpret changes in compound levels is discussed in Koricheva (1999). In GVA, high VPD treatment was considered as the comparison point, since the growth conditions were similar to the greenhouse conditions. Relationships between phenotypic parameters, mineral nutrient concentrations, transcript levels, and metabolites were inspected by means of correlation analysis (Pearson correlation, SPSS).

Results

Growth and biomass allocation

Plants showed higher relative height growth (RHG %) and diameter growth (RDG %) in low VPD than in high VPD (Table 1). Diameter growth increased more than height
growth under low VPD compared with high VPD (Table 1). As a result, the HDR was lower in low VPD than in high VPD after 24 d (Table 1). At first, low VPD treatment increased the height growth rate (Fig. 1A). However, the stem height growth rate accelerated under high VPD, while the growth rate was constant (low VPD) or slowed down (low VPD+N) under low VPD (Fig. 1A) as the experiment progressed. Additional N fertilization tended to increase the height growth rate (Fig. 1A).

Plants produced 6–10 new long shoot leaves during the experiment (data not shown). The biomass of the new long shoot grown during the experiment was not affected by VPD or N treatments (data not shown). However, total biomass, root biomass, and leaf biomass were higher in low VPD plants than in high VPD plants (Table 1). Plants had more leaves and branches, and fewer fallen leaves under low VPD than under high VPD (Table 1). The numbers of leaves and branches were positively correlated (Pearson r=0.744, P<0.001). The mass fractions of leaves, stem, and roots were not significantly affected by VPD or N treatments (data not shown).

There was no difference in single leaf area, but the total leaf area was larger, since there were more leaves in low VPD plants than in high VPD plants (Table 1). There was no significant treatment effect on SLA, leaf water content, stomatal density, or leaf vein density (Table 1). Neither VPD nor N affected the total number of stomata, or vein length per leaf (data not shown).

Stomatal conductance of old leaves was higher in low VPD plants than in high VPD plants (Fig. 1B). Stomatal conductance showed a decreasing trend under low VPD, while it showed an increasing trend in high VPD treatment (Fig. 1B); thus, the difference between treatments diminished in time. N treatments did not affect stomatal conductance (Fig. 1B). The stomatal conductance values were low because the measured leaves were developed before the treatments started, leaves were large, and their stomatal density was low (data not shown).

Chlorophyll, mineral nutrients, non-structural carbohydrates, and the expression of nitrogen-dependent genes

The chlorophyll content of new leaves grown during the experiment was lower in plants that had grown under low VPD than under high VPD (Fig. 2A). The chlorophyll content of old leaves showed a transient increase under low VPD (at day 5), but later the chlorophyll content was at the same level as in high VPD samples with moderate N supply (Fig. 2B). Additional N supply increased the chlorophyll content of old leaves in high VPD plants and sustained it at a level ~17% higher than the moderate N supply (Fig. 2B).

The estimated total N content of plants did not differ significantly between the VPD or N treatments (Table 1). The GVA showed that low VPD treatment affected N allocation between leaves, stem, and roots (Fig. 3A). N concentration (% DW) was significantly lower in new leaves, stem, and roots of low VPD plants than of high VPD plants (Fig. 3B), but the relative difference in N concentration was strongest in leaves (Fig. 3A). There was more N in the plant roots in high VPD treatment with high N supply than in high VPD with moderate N supply (Fig. 3A). In low VPD, the N concentration in root seemed to be diluted by root biomass (Fig. 3A).

The starch level was high in concentration and in absolute content in low VPD treatment with moderate N supply

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Table 1. Growth, biomass, leaf traits, and total N content as affected by VPD and N treatments

|                      | n   | High VDP | High VDP+N | Low VPD | Low VPD+N | Effect   |
|----------------------|-----|----------|------------|---------|-----------|----------|
| Relative stem height growth (%) | 20  | 24.9±1.3 | 28.6±1.4   | 33.4±2.1 | 33.9±1.4  | ** NS NS |
| Relative stem diameter growth (%) | 20  | 18.5±2.2 | 21.2±2.4   | 31.1±2.9 | 31.4±2.4  | ** NS NS |
| Height to diameter ratio      | 20  | 12.9±0.5 | 12.4±0.4   | 11.7±0.4 | 11.6±0.4  | * NS NS  |
| Total biomass (g DW)         | 8   | 14.8±1.3 | 16.4±1.3   | 20.7±2.2 | 23.4±1.9  | ** NS NS |
| Leaf biomass (g DW)          | 20  | 4.6±0.3  | 4.8±0.2    | 6.3±0.4  | 6.2±0.3   | ** NS NS |
| Stem biomass (g DW)          | 20  | 8.9±0.6  | 8.5±0.5    | 10.1±0.8 | 9.7±0.6   | NS NS NS |
| Root biomass (g DW)          | 8   | 3.9±0.4  | 4.0±0.4    | 4.9±0.6  | 5.7±0.5   | ** NS NS |
| Number of leaves            | 20  | 42.8±3.5 | 48.1±4.5   | 61.0±3.8 | 55.3±3.3  | ** NS NS |
| Number of branches          | 20  | 6±0.6    | 8±0.8      | 9±0.7    | 8±0.7     | * NS NS  |
| Total leaf area (cm²)        | 20  | 432±0.7  | 501±6.6    | 697±57   | 615±49    | ** NS NS |
| Number of fallen leaves      | 12  | 3.3±0.7  | 3.0±0.8    | 1.9±0.7  | 1.6±0.5   | * NS NS  |
| Single leaf area (cm²)       | 20  | 11.4±0.6 | 11.7±0.6   | 12.5±0.7 | 12.3±0.5  | NS NS NS |
| SLA (cm² g DW⁻¹)             | 20  | 152.8±2.8| 180.7±4.7  | 153.3±4.7| 154.7±4.0 | NS NS NS |
| Leaf water content (%)       | 18–20| 60.1±0.8 | 61.6±0.9   | 60.6±1.1 | 60.1±0.6  | NS NS NS |
| Stomatal density (mm⁻²)      | 10  | 184.0±7.8| 195.1±10.9 | 184.3±8.1| 167.9±5.7 | NS NS NS |
| Leaf vein density (mm mm⁻²)  | 10  | 7.0±0.2  | 7.0±0.2    | 7.0±0.2  | 6.6±0.3   | NS NS NS |
| Total N content per plant (g)| 8   | 0.20±0.02| 0.21±0.02  | 0.22±0.02| 0.23±0.02 | NS NS NS |

Statistically significant main effects for VPD and N treatments and their interaction were tested by two-way ANOVA (**P<0.01, *P<0.05). Values are means ±SE.

* Number of fallen leaves between day 4 and day 20, calculated from photographs.
Lihavainen et al. (2018), which suggests excess production of starch in the leaves. Soluble sugars on the other hand were low in concentration in low VPD treatments and also in absolute content in low VPD treatment with high N supply (Fig. 3C). The total concentration of non-structural carbohydrates (NSCs) in leaves (sum of starch and soluble carbohydrates) did not differ significantly between the treatments (Fig. 3D). RHG % had a positive correlation with starch content of leaves (Pearson $r=0.652$, $P=0.008$).

In leaves formed under low VPD, the concentrations of boron (B) and iron (Fe) were lower and that of molybdenum (Mo) higher than under high VPD (Fig. 4). Concentrations of other mineral nutrients and the total nutrient concentration of new leaves were not significantly affected by VPD or N treatments (Supplementary Fig. S1).

The relative gene expression of nitrate reductase ($BpNIA$) and nitrite reductase ($BpNiR$) was higher in the leaves developed under low than under high VPD, but the expression levels did not show a significant response to N supply (Fig. 5). The expression of nitrate transporter ($BpNRT$) responded neither to VPD nor to N treatment (Fig. 5).

**Metabolite responses**

PCA of the metabolite data (169 GC-MS metabolites and starch) separated most of the low and high VPD samples on the basis of the first component, explaining 36.9% of the total variation (Fig. 6). None of the first five principal components was related to N treatment. There was a strong metabolic response to low VPD; levels of four GC-MS metabolites (raffinose, trans-3-coumaroyl quinic acid, and two quercetin glycosides) were higher and the levels of 65 metabolites were lower in the leaves developed under low VPD (Fig. 7; Supplementary Table S1). The levels of sugars (fructose, gentiobiose, and ribonic acid), organic acids (citric acid, succinic acid, malic acid, and shikimic acid), amino acids ($\alpha$-aminobutyric acid, threonine, allo-threonine, and glutamine), myo-inositol, salidroside (phenolic glycoside), and several unidentified compounds were lower in low VPD than in high VPD samples (Fig. 7; Supplementary Table S1).

The TCA cycle was affected by N supply under high VPD, demonstrated by higher levels of citric acid, succinic acid, and malic acid in the high VPD+N samples than in...
Metabolite responses to VPD as affected by N supply

Leaves that were developed in high VPD+N treatment contained lower levels of rafinose, trans-3-coumaroyl quinic acid, and quercetin glycosides than leaves that had grown in high VPD or in low VPD treatments (Fig. 7A, C). Overall, additional N supply under low VPD (low VPD+N) diminished the effect of low VPD treatment on the metabolite profile (Fig. 7; Supplementary Table S1A). Metabolic shift was therefore most pronounced between high VPD+N and low VPD samples (Figs 6, 7; Supplementary Table S1). An interaction effect of VPD and N was observed in the levels of glyceric acid and starch (Fig. 7A; Supplementary Table S1). The starch content of leaves was high only in low VPD samples with moderate N supply (Fig. 7A). However, the starch to soluble sugar ratio remained high under low VPD treatment regardless of the N treatment (Fig. 7B), because low VPD treatment reduced the total soluble carbohydrate content of the leaves (Fig. 7A, B).

Although individual amino acids responded differently to the treatments, the amino acid content (sum of alanine, valine, glutamate, glutamine, aspartate, threonine,
Fig. 7B - de Groot et al. Fig. 7B - de Groot et al.). The glutamine to glutamate ratio (Gln:Glu) was low in low VPD treatment, but with additional N supply, in low VPD+N, the ratio was at the same level as in high VPD samples (Fig. 7B).

Fig. 5. Relative expression of nitrate reductase (BpNIA), nitrite reductase (BpNR), and nitrate transporter (BpNRT) in new leaves that developed during the experiment. The leaves were sampled at day 26. Elongation factor 1α (EF-1α) was used as a reference gene. Data are presented as mean ±SE, n=8; two-way ANOVA **P<0.01, *P<0.05.

Fig. 6. Principal component analysis (PCA) of metabolite data. PCA scores plot of metabolite samples (169 GC-MS metabolites+starch) includes quality control samples (QC) from three GC-MS runs. QC samples from three sample batches are grouped together. Most of the low VPD and high VPD samples are separated by the first principal component. n=10–11. (This figure is available in colour at JXB online.)

allo-threonine, and α-aminobutyric acid) decreased with low VPD (Fig. 7B). Glutamate and aspartate levels were slightly higher, whereas the levels of other detected amino acids were lower in the low VPD samples than in the high VPD samples (Fig. 7B). The glutamine to glutamate ratio (Gln:Glu) was low in low VPD treatment, but with additional N supply, in low VPD+N, the ratio was at the same level as in high VPD samples (Fig. 7B).

Discussion

High air humidity modifies the growth of silver birch

Biomass accumulation of birch plants was promoted by low VPD, which is a common response of plants to high air humidity (Schüssler et al., 1992; Mortensen, 2000; Leuschner, 2002). However, the stem elongation rate and stomatal conductance of old leaves showed transient acclimation regimes. Due to the opposite trends in low and high VPD plants for height growth rate and stomatal conductance, the large differences observed at the beginning of the experiment decreased over time. A longer experiment would be needed to see if the growth rate and stomatal conductance would level out, or if the response curves would intercept eventually in the two VPD conditions. A transient increase in growth rate has been observed in tomato plants (Armstrong and Kirby, 1979) and aspen trees (Tullus et al., 2012) under low VPD. The growth of hybrid aspen was enhanced during the first growing season under low VPD in the FAHM field, but the growth rate slowed down during the second season of humidity manipulation (Tullus et al., 2012). Cunningham (2006) reported that several temperate and tropical trees showed non-significant increases (<10%) in growth under low VPD after a year. Since low VPD promotes stomatal opening and reduces transpiration rate (Bunce, 1984; Fordham et al., 2001), height growth of birch may have initially been enhanced in the low VPD treatment due to increased carbon fixation and ameliorated water status.

Although low VPD may first lead to enhanced growth, the growth rate may eventually slow down due to impaired nutrition and altered resource allocation patterns. Root and leaf biomass production and radial stem growth were promoted under low VPD, while additional N supply under low VPD mostly promoted root growth. High humidity enhanced the fine root biomass and the formation of root tips in birch trees in the FAHM field study (Parts et al., 2013; Rosenvald et al., 2014). Altered root morphology and increase in root biomass are typical responses to low nutrient availability (de Groot et al., 2003; Chapman et al., 2012; Luo et al., 2013). Similarly to our observation, the HDR of birches was lower in elevated humidity than in ambient humidity in the FAHM field study (Sellin et al., 2013). However, in our study, stem diameter increased more than height, whereas, in the field, stem diameter growth was less inhibited than height growth under high humidity (Sellin et al., 2013).

Although an increase in single leaf area and SLA is a common response to low VPD (Choi et al., 1997; Codarín et al., 2006; Lendzion and Leuschner, 2008; Carins Murphy et al., 2013), we did not observe significant changes in the single leaf area or SLA of new leaves developed during the experiment. As low leaf N has been associated with low turgor and a low expansion rate of leaves (Radin and Boyer, 1982), here low N concentration may have hindered leaf expansion under low VPD. However, birches grown under low VPD had more leaves and thus more transpiring and photosynthesizing leaf area than those grown under high VPD. The number of leaves has been observed to increase with low VPD in beech (Lendzion and Leuschner, 2008) and roses (Mortensen et al., 2001).
study revealed that the increase in the number of leaves in silver birch resulted from induced branch formation together with few fallen leaves in low VPD. In line with these results, silver birches grown under elevated air humidity in the FAHM field experiment had more branches (Sellin et al., 2013) and longer foliage life span (Godbold et al., 2014) than did control trees. Often a long life span of leaves is associated with efficient conservation of nutrients (Escudero et al., 1992; Eckstein et al., 1999). In this study, the lower number of fallen leaves and the changes in the chlorophyll content of old leaves suggest that
N was efficiently recycled in the plants under low VPD. Large total leaf area together with reallocation of N, enhanced root growth, and radial stem growth could compensate for reduced transpiration rate, water transport, and nutrient acquisition, which are typically restricted by low VPD.

**High air humidity affects nitrogen metabolism**

As expected, N concentrations of plant tissues were lower in low VPD than in high VPD. GVA showed that the change in N concentration in response to VPD and N treatments differed between leaves, stem, and roots; the N concentration of leaves showed the strongest decline in response to low VPD. According to Leuschner (2002), the decrease in nutrient concentration under low VPD may result from a dilution effect caused by increased carbon assimilation. However, total NSC concentration was not higher, and thus it did not account for dilution of N in the leaves exposed to low VPD. Only N and Fe concentrations were significantly lower in the new leaves in low than in high VPD, which does not support a dilution effect. This implies that there are additional processes contributing to low N concentration in the leaves in low VPD.

A positive relationship between transpiration rate and N uptake has been previously observed with tropical trees (Cernusak et al., 2009) and northern trees (McDonald et al., 2002; Kupper et al., 2011; Tullus et al., 2012). Similarly, a positive relationship between transpiration rate and Fe uptake and partitioning to leaves has been reported in rice (Shrestha et al., 2015). Besides N, Mg and Ca are also delivered to the roots through the mass flow of water, and their concentrations have been reported to decline in low VPD (Armstrong and Kirby, 1979; Choi et al., 1997) regardless of nutrient supply (Suzuki et al., 2015). Here, total N content per plant and Mg and Ca concentrations of leaves were not affected by VPD, which does not support the hypothesis of reduced nutrient uptake by transpiration-driven mass flow of water in low VPD. In this study, higher root biomass in low than in high VPD and relatively small pot size may have facilitated root contact with nutrients and nutrient acquisition despite the reduced transpiration rate. Low VPD affects nutrient distribution in plants, mainly reducing the nutrient concentration of young leaves (Armstrong and Kirby, 1979; Choi et al., 1997; Shrestha et al., 2015), which was also supported by our results. Thereby changes in the allocation patterns appear to contribute to the low N and Fe concentrations of new leaves in low VPD.

Apart from N, Fe is also an essential element in chlorophyll biosynthesis; it is a cofactor for the glutamyl-tRNA reductase enzyme needed for chlorophyll production from 5-aminolevulinic acid (Tanaka and Tanaka 2007). A decline in chlorophyll content indicated that less N was allocated to the photosynthetic machinery in low VPD. Fe and Mo are required as cofactors for the N assimilatory enzymes, nitrate reductase (NiA), nitrite reductase (NiR), and glutamate synthetase (GOGAT) (Mendel and Hänsch, 2002; Bittner, 2014). There is a tight link between N, Fe, and Mo metabolism, and all those elements showed significant changes in response to low VPD.

In contrast to our hypothesis, the leaf mRNA levels of nitrate reductase (BpNIA) and nitrite reductase (BpNiR) were higher, although the N concentration of the leaves was lower in low VPD than in high VPD. Typically, NIA and NiR transcription and enzyme activities are induced by nitrate and N supply (Crawford and Glass, 1998). Apart from N, light, carbohydrates, N metabolites, and the circadian clock are also involved in the regulation of N-related gene expression (Stitt et al., 2002). There are three possible hypotheses for the unexpected gene expression patterns observed under low VPD. High Mo content of leaves may induce NIA transcription, as increased Mo content was found to induce NIA activity in sugar beet and pea plants (Kevresan et al., 1998, 2001). However, in excess levels, Mo inhibits NIA activity (Srivastava, 1980). Alternatively, high mRNA levels under low VPD could be due to feedback inhibition of gene expression in high VPD, since the glutamine level was high under high VPD, and feedback regulation of N-related genes is mainly derived by glutamine (Gojon et al., 1998). This hypothesis is supported by slightly lower mRNA levels in high VPD+N samples than in high VPD samples. Thirdly, high mRNA levels under low VPD may not reflect the actual enzyme activities, since NIA and NiR transcript levels can accumulate even despite low enzyme activity, as shown by the chemical inhibition of NIA (Migge et al., 1997) and in nia mutants with an inoperative/deficient enzyme (Faure et al., 1991; Vaucheret et al., 1992).

The glutamine and glutamate contents of leaves are affected by the rate of nitrate reduction and photorespiration. Since the high ratio of glutamine to glutamate indicates high ammonium assimilation and high activity of the GS/GOGAT pathway (Foyer et al., 2003), the ratio of glutamine to glutamate was used to estimate the N assimilation capacity of plants. Here, the low Gln:Glu ratio in leaves under low VPD indicated a low ammonium assimilation rate. High Mo fertilization and high Mo concentration of leaves have been shown to decrease GS activity in pea plants (Kevresan et al., 2001), but the opposite response has been observed in sugar beet (Kevresan et al., 1998). The process behind increased Mo in response to low VPD remains to be verified, but it may be linked to regulation of N metabolism in response to N limitation.

Metabolite responses to low VPD resembled symptoms of poor N status more than Fe deficiency. Fe limitation has been shown to increase the levels of organic acids and amino acids (Rellan-Alvarez et al., 2011; Borlotti et al., 2012), whereas N limitation has been shown to decrease the levels of organic acids and amino acids, glutamine in particular (Geiger et al., 1999; Scheible et al., 2004; Howarth et al., 2008). In contrast to other amino acids, glutamate and aspartate levels tended to be higher under low than under high VPD, which has also been observed in low N conditions in tobacco leaves (Fritz et al., 2006b). The decline in chlorophyll content, amino acids, TCA cycle intermediates, and the Gln:Glu ratio reflected N limitation in low VPD conditions.

**High air humidity affects carbohydrate metabolism**

Since N and carbon metabolisms are tightly integrated processes, there was a close relationship between N, chlorophyll,
and soluble carbohydrates—all declined under low VPD. N limitation inhibits photosynthesis, which is presumably the reason why the photosynthetic capacity of birch trees decreased under elevated humidity in the FAHM field (Sellin et al., 2013). The growth of sink tissues is typically more restrained under stress conditions than is photosynthesis, thereby leading to the accumulation of photosynthates in the leaves. The low N status and amino acid content of leaves in low VPD appeared to restrict utilization and export of sucrose and induced carbon storage as starch, which is often observed in N-limited plants (Paul and Driscoll, 1997; Scheible et al., 1997). Although additional N supply under low VPD restricted excessive starch production, the starch content remained high relative to soluble carbohydrates. A similar response has been observed in tobacco leaves in response to low N conditions, especially under elevated atmospheric CO₂ (Geiger et al., 1999). The decreasing trend observed for stomatal conductance in low VPD may reduce excess CO₂ influx to the mesophyll, consequently adjusting the photosynthetic rate according to N assimilation rate.

Carbon storage as poly- and oligosaccharides was further indicated by the increased raffinose content under low VPD regardless of the N treatment. High levels of raffinose group sugars have been observed under N limitation in maize leaves (Schlüter et al., 2012, 2013). The higher levels of starch and raffinose in the leaves developed under low VPD than under high VPD may relate to altered sink–source relationships in plants. The main transportable carbohydrate in plants is sucrose, but some species also transport raffinose, stachyose, and sugar alcohols (Lalonde et al., 2004). If sink strength decreases, phloem loading may be inhibited, leading to increased starch and raffinose content in the leaves (Lemoine et al., 2013).

The production of carbon-based secondary metabolites through the phenylpropanoid pathway is a common response to nutrient deficiency (Koricheva et al., 1998; Amtmann and Armengaud, 2009; Schlüter et al., 2013) and low leaf nitrate content (Fritz et al., 2006a). The production of flavonoids was promoted by low VPD and accompanied by low leaf N content in silver birch. In contrast, the level of shikimic acid, which is the precursor for phenylpropanoids, was lower in low VPD, indicating efficient biosynthesis of downstream products. The production of quinic acid derivatives was down-regulated by additional N supply, especially under high VPD. Flavonoid levels, on the other hand, were higher in low than in high VPD regardless of N supply. Previous studies with silver birch have shown that flavonols and flavonol glycosides increase with N deficiency (de la Rosa et al., 2001; Keski-Saari et al., 2005). Similarly, transcript and metabolic studies with Arabidopsis have shown that N deficiency promotes the production of flavonoids and induces glycosyl transferase genes involved in glycosylating flavonoids (Scheible et al., 2004).

Conclusion

In this short-term growth chamber experiment, growth, biomass accumulation, nutrient status, leaf metabolism, and N-dependent gene expression patterns were strongly affected by VPD treatment. The effects of N supply and VPD×N interaction were mainly observed at the metabolic level. It is possible that the short time scale, relatively small pot size, and initial N content in the substrate may have attenuated the N treatments. Metabolic adjustments and mineral nutrient responses to low VPD indicated that N assimilation did not keep up with the carbon assimilation rate. Low levels of N, Fe, chlorophyll, amino acids, and soluble carbohydrates, and high levels of starch, raffinose, and flavonoids provided evidence of N limitation in low VPD. Additional N supply diminished the effects of low VPD on the metabolite profile, suggesting that metabolic responses to low VPD were mainly driven by N availability. This study shows that VPD is a highly important factor that affects the carbon and nutrient metabolism of plants and plant responses to N supply.

Supplementary data

Supplementary data are available at JXB online.

Table S1. Leaf metabolites, annotation details, and metabolite responses to VPD and N treatments.

Table S2. Primers used in real-time quantitative PCR.

Figure S1. Mineral nutrient concentrations in new leaves as affected by VPD and N treatments.

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