**Isolation of Shiga toxin-producing *Escherichia coli* harboring variant Shiga toxin genes from seafood**

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**Abstract**

**Background and Aim:** Shiga toxin-producing *Escherichia coli* (STEC) are important pathogens of global significance. STEC are responsible for numerous food-borne outbreaks worldwide and their presence in food is a potential health hazard. The objective of the present study was to determine the incidence of STEC in fresh seafood in Mumbai, India, and to characterize STEC with respect to their virulence determinants.

**Materials and Methods:** A total of 368 *E. coli* were isolated from 39 fresh seafood samples (18 finfish and 21 shellfish) using culture-based methods. The isolates were screened by polymerase chain reaction (PCR) for the genes commonly associated with STEC. The variant Shiga toxin genes were confirmed by Southern blotting and hybridization followed by DNA sequencing.

**Results:** One or more Shiga toxins genes were detected in 61 isolates. Of 39 samples analyzed, 10 (25.64%) samples harbored STEC. Other virulence genes, namely, *eaeA* (coding for an intimin) and *hlyA* (hemolysin A) were detected in 43 and 15 seafood isolates, respectively. The variant *stxl* genes from 6 isolates were sequenced, five of which were found to be *stx1d* variants, while one sequence varied considerably from known *stx1* sequences. Southern hybridization and DNA sequence analysis suggested putative Shiga toxin variant genes (*stx2*) in at least 3 other isolates.

**Conclusion:** The results of this study showed the occurrence of STEC in seafood harboring one or more Shiga toxin genes. The detection of STEC by PCR may be hampered due to the presence of variant genes such as the *stx1d* in STEC. This is the first report of *stx1d* gene in STEC isolated from Indian seafood.

**Keywords:** *Escherichia coli*, pathogen, seafood, Shiga toxin, Shiga toxin-producing *Escherichia coli*, virulence gene.

**Introduction**

*Escherichia coli* have historically been considered as an indicator of fecal contamination of water and food. More than 700 serotypes of *E. coli* have been identified and majority of these are non-pathogenic commensals of the human and animal gastrointestinal tract [1]. However, a small percentage of *E. coli* serotypes have acquired the ability to cause versatile infections ranging from wound infections to fatal meningitis in humans of all age groups [2]. The pathogenic *E. coli* represent a small group of highly specialized strains or serotypes which have specifically evolved to infect humans and animals [3].

*E. coli* causing intestinal infections belong to at least 5 groups of which the *Shiga toxin-producing E. coli* (STEC), also known as the enterohemorrhagic *E. coli* (EHEC), are the most serious pathogens. In the United States alone, STEC infections result in 100,000 illnesses, 3000 hospitalizations and 90 deaths annually [4]. Since animals such as cattle, sheep, and goat are the main reservoirs of STEC, infections generally occur through consumption of meat and milk that are inadequately pasteurized. The primary virulence factor of STEC is the production of one or more Shiga toxins. Shiga toxins (Stx) are of two types; Stx1, which is more or less identical to the toxins produced by *Shigella dysenteriae* 1, and Stx2, which has about 60% similarity with Stx1 [5,6]. Production of one or more Shiga toxins is essential to cause disease, but the production of Stx2 is more correlated with the severity of the disease such as hemolytic uremic syndrome (HUS) and HC [7]. Stx1 is more conserved compared to Stx2 with few variants such as Stx1c and Stx1d, while several sequence variants of Stx2 Stx2a, Stx2b, Stx2c, Stx2d, Stx2e, Stx2f, and Stx2g have been reported [8]. Among these, Stx2 subtypes Stx2a, Stx2c, and Stx2d are commonly associated with severe forms of STEC infections leading to HUS and hemorrhagic colitis (HC) [9,10]. In addition to the production of one or more Shiga toxins, several accessory virulence factors are...
known to determine the pathogenicity of STEC in human infections. Some of the important virulence factors of STEC include the ability to form attachment and effacement lesions (A/E lesions) and production of an enterohemolysin (HlyA) [11]. Although the role of these virulence factors is not fully established, they have been frequently detected if not always, among STEC isolated from clinical cases of HUS and HC. Although roughly 400 serotypes of STEC produce Shiga toxins, all of them are not implicated in human infections. Serotype O157:H7 is the most common serotype involved in severe cases of infections leading to HUS and HC, and majority of the large-scale outbreaks of STEC infections have been associated with this serotype [12]. Several other serotypes, generally termed as non-O157 serotypes such as O26, O45, O91, O103, O111, O121, and O145, are also involved in severe human infections [13,14].

Since food animals harbor STEC, foods of animal origin are naturally contaminated with STEC [15]. Fecal shedding of STEC and subsequent contamination of surrounding environments leads to spread of STEC to other foods. The occurrence of STEC in seafood is due to secondary contamination from water, handlers of seafood or cross-contamination from other foods [16-18]. STEC isolated from seafood in India, by far, are of non-O157 serotype [16,18]. The true pathogenic potentials of these isolates are not known. Since seafood is contaminated from terrestrial sources, it is expected that STEC isolates from seafood could be serologically and genetically very diverse. Further, aquatic environment is an ideal niche for complex genetic interactions involving exchange of genetic materials among closely related bacteria leading to the evolution of new pathogens.

In the present study, STEC were isolated from seafood and characterized for the commonly associated virulence genes. The presence of Shiga toxin genes was tested using different sets of primers, and the putative variant stx genes were sequenced. The sequence variants were compared to identify the occurrence of a new variant stx gene in seafood isolates of STEC.

Materials and Methods

Ethical approval

Since no animals were used in this study, ethical approval was not needed.

Collection of samples and bacteriological analysis

A total of 39 seafood samples (18 finfish and 21 shellfish) were collected during August 2014-April 2015 from landing centers and retail fish markets in the western Mumbai, India. The samples were placed in a sterile plastic bag and transported to the laboratory in chilled condition within 1 h of collection for bacteriological analysis. Tryptone phosphate broth (TP) and HiCrome EC broth (HiMedia, Mumbai) were used as selective enrichment broths [19]. 25 g of the sample was aseptically weighed and transferred to a stomacher bag (Seward Medical, London, UK), homogenized for 60 s in a stomacher (Seward Stomacher 80, Lab system, London, UK) and added to 225 mL of TP broth or HiCrome EC broth. The TP broth was incubated at 44.5°C for 24 h, while HiCrome EC broth was incubated at 37°C for 24 h. Following incubation, two loopful from the enrichment broths were streaked on two different selective agar plates Sorbitol MacConkey Cefixime Agar (SMAC) (HiMedia, Mumbai) supplemented with tellurite-cefixime and HiCrome O157:H7 agar (HiMedia, Mumbai) supplemented with potassium tellurite. The plates were incubated for 18-24 h at 37°C. Typical E. coli colonies, 3-5 from each selective plate, were purified on Luria Bertani Agar plates and subjected to biochemical tests for the identification for E. coli which included oxidase test, indole production, methyl red-Voges–Proskauer, and citrate utilization tests [19].

Extraction of genomic DNA

Genomic DNA from E. coli isolates was extracted using cetyltrimethylammonium bromide (CTAB) method [20]. Briefly, a 5 mL of the culture was centrifuged, and the pellet was resuspended in 456 µL of 1× TE (1 mM Tris, pH 8; 10 mM EDTA) buffer, followed by the addition of 30 µL of 10% SDS and 3 µL of proteinase K (20 mg/mL). The mixture was incubated for 1 h at 37°C. Following this, 100 µL of 5% CTAB and 80 µL of 100 mM NaCl were incubated at 65°C for 15 min. The mixture was extracted with an equal volume (600 µL) of phenol, chloroform, and isoamyl alcohol (25:24:1) and centrifuged at 10,000 rpm for 10 min. The aqueous layer was extracted with an equal volume chloroform and isoamyl alcohol (24:1) and centrifuged at 10,000 rpm for 10 min. DNA was precipitated using 0.6 volumes of isopropanol, washed with 70% ethanol, air dried and dissolved in 1× TE buffer. The concentration and the purity of DNA were measured using Nanodrop spectrophotometer (Thermo Scientific, USA).

Polymerase chain reaction (PCR) for virulence genes of STEC

The E. coli isolates were subjected to PCR for the detection of virulence genes commonly associated with STEC using previously described oligonucleotide primers and thermocycling conditions (Table-1) [21-27]. All PCRs were performed in a Prima-96 thermocycler (HiMedia, Mumbai). The amplicons were separated on a 1.6% agarose gel, stained with ethidium bromide (HiMedia, Mumbai) and photographed using a gel documentation system (Bio-Rad, USA). An EHEC strain EDL 933 was used as the positive control in all PCR reactions.

Southern blotting and hybridization

The non-specific stx2 amplicons obtained with 12 E. coli isolates were subjected to Southern hybridization to determine if they contained Shiga toxin gene sequences. A biotin-labeled probe was
prepared using stx2 PCR product from the reference strain USFDA (serotype O157:H7) using Biotin DecaLabel DNA labeling kit (Thermo Scientific, USA). PCR products were separated on a 1.5% agarose gel and Southern blotted onto a positively charged nylon membrane (SensiBlot Plus, Thermo Scientific, USA) in an alkaline condition [28], and hybridized with the biotin-labeled probe at 42°C overnight [29]. Following this, the membrane was washed twice with 5 × SSC, 0.5% [W/V] SDS at 50°C for 5 min each, 0.1 × SSC, 1% [W/V] SDS at 42°C for 15 min each, and once with 2 × SSC for 5 min at room temperature. The membrane was incubated with a blocking solution for 1 h at 60°C, followed by incubation with streptavidin-alkaline phosphatase (1:5000 diluted) for 10 min at room temperature. The color development was done by placing the membrane in BCIP-NBT (330 µg/mL NBT and 167 µg/mL BCIP) solution in the dark with gentle shaking. The color reaction is terminated by rinsing the membrane in stop solution (20 mM Tris-HCl pH 7.5, 5 mM EDTA).

**Nucleotide sequence accession numbers**

The nucleotide sequences of stx1 genes derived in this study have been deposited in GenBank under accession numbers KR632986, KR632985, KR632984, KR632983, and KR632982.

**Results**

**Isolation of STEC from seafood samples**

Of 670 isolates screened from 39 samples fish and shellfish, 368 (54.9%) were confirmed as *E. coli* isolates by biochemical tests and PCR. A total of 10 (25.64%) seafood samples were positive for STEC which comprised 3 fish and 7 shellfish samples (Table-2). *E. coli* were present in all the samples (100%) analyzed in this study. When the numbers of isolates from different selective agars were compared, of 368 isolates from seafood samples, 258 (70%) were from SMAC, and 110 (30%) were from HiCrome agar suggesting that SMAC allowed better isolation of *E. coli* from seafood compared to the chromogenic agar. Further, of 368 *E. coli* isolates 208 (56.5%) were from fish and 160 (43.5%) were from shellfish.

**Genotyping of STEC isolates**

The common primers VTcom-F and VTcom-R [21] amplifying common regions of *stx1* and *stx2* genes detected Shiga toxin genes in 61 isolates. Further, seven STEC isolates which included 4 isolates from clams (CEC-1, CEC-2, CEC-3, and CEC-4) and 3 from oysters (OYEC-5, OYEC-6, and OYEC-7) were among those which yielded specific amplicons with common primers (Table-1) [21-29], but not with specific *stx1* or *stx2* primers (Figure-1). These were further characterized by sequencing the

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**Table-1**: PCR primers used in this study and their target genes.

| Primer       | Target gene | Sequence (5’-3’) | Product size (bp) | Reference |
|--------------|-------------|------------------|-------------------|-----------|
| stx1F-PA     | stx1        | ATAAATCGCAATTCTTCGACTAC | 180            | [23]      |
| stx1R-PA     | stx1        | AGAAGCCGCCCCATGAGATCATC | 255            |           |
| stx2F        | stx2        | GGCACTGCTGAAACTGCTCC | 384            |           |
| stx2R        | stx2        | TTGCCGATTTCATTGACATTGTCG | 534            |           |
| eaeAF        | eaeA        | GCACCGGCGCAACAAGGATACG | 779            | [22]      |
| eaeAR        | eaeA        | CCACCTGCAAGCAACAAGGAGG | 890            |           |
| hlyAF        | hlyA        | GCATCATCAAGCGTAAGTTTCTCC | 518            | [21]      |
| hlyAR        | hlyA        | AAGTAGCCGCAAGCTTGTAAGCT | 614            |           |
| VT-comF      | Common for stx1 and stx2 | GAGCGGAGAATTTATATGTG | 779            | [22]      |
| VT-comR      | stx1        | TCATGACACCAAGCGACAGTTC | 498            | [26]      |
| stx1R-FA     | stx1        | CCTGTAACCAGCAGACACTTCTT | 1178           | [25]      |
| stx2F-FA     | stx2        | GTCGGCGAATCTGCGGAGACT | 1226           |           |
| stx2R-FA     | stx2        | CCCATCTTTTTTCCGGTCG | 1309           |           |
| eaeAF-FA     | eaeA        | ACATGGTGATGATGCTAGTG | 166            |           |
| eaeAR-FA     | eaeA        | AGCAGTGTCTTATCTCTGA | 230            | [24]      |
| hlyAF-FA     | hlyA        | CCTCACGTGACCATATG | 614            |           |
| hlyAR-FA     | hlyA        | CCCGATGCGACACAGGCTT | 1226           |           |
| stx1C-FA     | stx1c variant | TTTCACAGCTTTCTTCTT | 1309           |           |
| MK1          | Common for stx1 and stx2 | TTTTACAGCTTTCTTCTT | 1178           | [25]      |
| MK2          | stx1-full   | TCAACAGAATATACTTCCGTGAATC | 1226           |           |
| BGRIU        | stx2-F      | CAGTTAACAGCTTCCGTGGAAGATTAC | 1309           |           |
| BGRID        | stx2-R      | ATGGGATGTTATATTTTAAATGGTACCTT | 1178           | [25]      |
| BGR2U        | stx1-full   | TCAGCTTACCAACCATCAG | 966            | [27]      |
| BGR2D        | stx1-full   | AGTTGCGGCATCAAGTTCAG | 1309           |           |
| VT1AF        | stx1-full   | GAAGCCGGCAACACTGACT | 1226           |           |
| VT1AR        | stx1-full   | AGATTGCGACACAGAT | 1178           | [25]      |
| VT1BR2       | stx1-full   | TCGAGTCATTAACTTCCGACTC | 1226           |           |

Thermocycling conditions: 94°C-1 min, 55°C-1 min, 72°C-1 min for stx1, stx2, hlyA, eaeA, and stx-full gene amplification (BGRIU/BGRID); 94°C-1 min, 51°C-1 min, 72°C-1 min for stx1c; 94°C-1 min, 55°C-1 min, 72°C-2 min for stx2-full gene amplification (BGR2U/BGR2D and VT1AF/VT1AR/VT1BR2), PCR=Polymerase chain reaction.
Table-2: Details of seafood sample analyzed and the isolation of STEC.

| Type of sample | Number of samples (n) | Number (%) of STEC positive samples | Number of STEC* isolated |
|----------------|-----------------------|--------------------------------------|--------------------------|
| Fish           | 18                    | 3 (16.6)                             | 25                       |
| Shellfish      | 21                    | 7 (33.33)                            | 36                       |
| Total          | 39                    | 10 (25.64)                           | 61                       |

*Positive for at least one stx gene, STEC=Shiga toxin-producing Escherichia coli

Discussion

The presence of E. coli in seafood indicates fecal contamination from human-animal sources since E. coli are not normal inhabitants of the coastal-marine environments [30]. Since a proportion of E. coli can harbor genes that can contribute to their ability to cause a range of infections in humans and animals, the focus on E. coli in food has now been shifted from their role as indicators of fecal contamination to important agents of food-borne human infections. The contamination of coastal-marine environments from anthropogenic sources will lead to contamination of seafood harvested from such waters with human enteric pathogens. Routine monitoring of coastal environments and the seafood will help in identification of critical points of contamination of seafood and plan scientific interventions to prevent such contaminations. In this regard, the present study was aimed at screening fresh seafood for the presence of STEC. STEC was detected in 10 (25.64%) seafood samples (Table-2). For the isolation of pathogenic E. coli, two enrichment broths (TP broth and HiCrome EC broth) and two selective agars (SMAC agar and HiCrome O157:H7 EC agar) were used. Both the selective agars contained antibiotics as selective agents. Pathogenic strains of E. coli occur in very small numbers in a background of large number of other related enterobacteria which may outgrow the pathogenic E. coli when less selective media are used. However, these two selective agars varied with respect to the number of E. coli isolated on them, with SMAC yielding 70% and HiCrome O157:H7 EC agar yielding 30% of all the isolates of E. coli obtained in this study.

Several studies in the past two decades have reported the prevalence of STEC in different types of foods including seafood in India. The first report on the isolation of STEC from India was from non-diarrheic animal sources [31]. STEC were isolated and characterized from animals, humans and food products,
In this study, different PCR primers and protocols were used to detect Shiga toxin genes of STEC associated with seafood. 61 isolates of *E. coli* harbored one or more Shiga toxin genes. No single primer pair was able to detect *stx* genes in all isolates of this study. Sequencing and Southern hybridization were performed to detect *stx* gene sequences in cases of ambiguity. Nucleotide sequencing enabled detection of *stx2* gene sequences in 7 STEC isolates (SST1-SST7) from a fish sample (Figure-2). The presence of *hlyA* and *eaeA* genes in these isolates further confirmed their identity as STEC. However, amplification of full-length *stx2* gene from these isolates was not successful using primers shown in Table-1 [21-29]. Further, an isolate of *E. coli* (SEHC3) which consistently yielded faint amplification with *stx2* primers *stx2F*-FA and *stx2R*-FA [22] was further analyzed to determine if it indeed harbored *stx2* gene by Southern hybridization using biotin-labeled polynucleotide probe. The *stx2* PCR product of SEHC3 reacted with the probe suggesting the presence of *stx2* sequence (Figure-3). This is presumably a variant *stx2* gene and its characterization by cloning and sequencing is currently in progress. Although more than 20 sequence variants of *stx2* have been reported, these are placed under 7 major subtypes designated as *stx2a*, *stx2b*, *stx2c*, *stx2d*, *stx2e*, *stx2f*, and *stx2g* [8]. There are not many reports on the occurrence of STEC with variant *stx* genes in seafood from India.

Although the primer combinations BGRID [25] and *stx1F*-PA [23] amplified whole *stxl* genes in 6 isolates, the combination failed to amplify the gene in CEC-1. However, by replacing the reverse primer *stx1F*-PA with *stx1R*-FA [22], the *stxl* gene of CEC-1 could be amplified. This suggests that the isolate CEC-1 could be harboring a variant *stxl* gene not reported so far. All isolates except CEC-1 were positive by *stxl* PCR [26], but their *stxl* gene sequences were not identical with *stxl*. *Stxl* has 97.1% and 96.6% amino acid sequence identity in its A and B subunits, respectively, with the *stxl* encoded by bacteriophage 933J [26]. *Stxl* has a greater sequence variation with only 91% amino acid identity with the Stx1 of 933J [27]. The use of different combinations of *stx* primers and sequencing of full-length *stxl* gene enabled the identification of *stxl* variants in this study, which otherwise would have been misidentified as *stxl*.

The presence of variant *stx* genes has several implications. First, the genes may be missed by regular PCR using primers designed based on known sequences [16,27]. Further, STEC harboring variant genes may represent their reservoirs, such as the *stxl* variant Stx1OX3 which is of ovine origin [36]. *Stxl*, for example, has not been reported from EHEC serogroups O26, O103, O111, O145, or O157 and *stxl*-harboring *E. coli* lack *eae* gene [26]. This also points out the fact that STEC harboring variant Shiga toxin genes may vary greatly in their virulence gene compositions and hence in their virulence to humans.
Previous studies from India have shown the presence of stx gene variants in STEC isolated from different sources. A study reported that stx1, stx1c, stx2c, stx2d genes were prevalent in STEC isolates of human origin in India [33]. Of 187 fecal samples tested, stx1c was found in 13 (30.70%) isolates, while stx2c and stx2d were found in 8 (24.24%) and in 2 (6.06%) isolates, respectively [33]. A study conducted to determine the prevalence and distribution of various variants of stx gene in STEC isolates from the animal stool, meat, and human illness reported the presence of stxl gene [37]. Kumar et al. reported stxl gene from beef samples of Mangalore, India [16]. These stx1c-positive isolates lacked eaeA and hlyA genes [16]. The present study constitutes the first report on the prevalence of STEC harboring stxl variant genes in seafood from India.

The results of this study proved the occurrence of STEC in fresh seafood and also STEC with variant Shiga toxin genes. The presence of E. coli with pathogenic potentials such as the STEC is of great concern. As seen in this study, seafood isolates of STEC are very diverse in contrast to clinical isolates which are more or less homogenous. The presence of diverse genotypes of STEC in seafood may be attributed to diverse sources of contamination of seafood. Since some of the virulence genes such as stx and hlyA are phage or plasmid encoded, dissemination of virulence genes in the aquatic environment may result in the emergence of more virulent strains of pathogens. Further, based on the PCR and sequencing results of this study, it may be hypothesized that more variants of Shiga toxin genes may exist in the environment in the region of this study. Probe hybridization and sequencing will help to identify the variant Shiga toxin genes in seafood associated STEC.

Authors’ Contributions

SK conceived and designed the experiments; SP and PP performed the experiments. SK, BBN, and ML collectively planned and supervised the experiments and analyzed the data. All authors read and approved the final manuscript.

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Competing Interests

The authors declare that they have no competing interests.

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