Blue and cyan fluorescent carbon dots: one-pot synthesis, selective cell imaging and their antiviral activity†

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Carbon dots (CDs) have demonstrated attractive potential in cell imaging and tracking. However, one of the most challenging problems is the selective entrance of CDs into the cytoplasm or cell nucleus. Here, a facile strategy was developed to prepare two types of CDs capable of selective entrance into cytoplasm and the whole cell without further surface modification. The surface charge of CDs changes from negative to neutral after the addition of urea in the hydrothermal process, and the as-prepared CDs exhibit different fluorescent colors. The blue-fluorescent CDs (b-CDs) can only enter the cytoplasm, while the cyan-fluorescent CDs (c-CDs) can distribute over the whole cell, including the nucleus. Additionally, the antiviral activity of the two CDs against pseudorabies virus (PRV) was studied and b-CDs were shown to have better antiviral activity. This study has provided a facile and novel strategy for the fabrication of CDs used in selective cell imaging, which may facilitate the application of CDs in nanomedicine.

Introduction

Carbon dots (CDs), a new type of fluorescent nanomaterial, have attracted considerable attention due to their significant advantages of environmental friendliness, high biocompatibility, low cytotoxicity and excellent cell membrane permeability.1–3 For these advantages, CDs serve as a promising material in various fields, such as chemical sensing,4,5 biosensing,6 bioimaging,7 catalysis8–10 and optronics.11,12 Furthermore, the color-tunable fluorescence optical properties and high quantum yields (QY) have made CDs an ideal optical material for multicolor cell imaging.13,14 Additionally, several studies have revealed that CDs possess good antiviral effect as an inhibitor of virus,15,16 and they can be used in nanomedicine17–19 and photothermal therapy,20,21 suggesting their good potential in clinic therapy.

Currently, there are many different methods for fabricating CDs, generally including laser ablation,22 acidic/thermal oxidation,23 electrochemical synthesis,24 hydrothermal treatment,25 and microwave irradiation.26 The surface of as-prepared CDs possesses abundant functional groups, such as amino6 and carboxyl,27 leading to further modification and introduction of some new groups to their surface.28–30 Recently, green and facile preparation processes using natural sources have been developed to prepare various CDs, such as honey,31 milk,32 garlic,33 orange juice,34 silkworm chrysalis,35 peanut shells,36 and waste frying oil.37 Despite remarkable progress, it is still meaningful to control the selective entrance of CDs in imaging application, suggesting the necessity to develop a facile strategy for synthesis of various CDs capable of selective cell imaging and tracking.

Thus far, most of the reported CDs used in cell imaging and tracking are located in the cytoplasm, and rarely in cell nucleus. To our best knowledge, the effective strategy to enable the entrance of CDs into nucleus is to modify the surface of CDs with nucleus-location targeted group,28–30 and CDs without modification are rarely distributed in the nucleus. Moreover, it has been reported in our previous work that CDs possess good antiviral activity as an inhibitor of virus,19 and the antiviral mechanism is complex and diverse, suggesting the necessity to further study the mechanism of CDs for their antiviral activity.

In this study, we report a facile strategy for fabricating blue and cyan fluorescent CDs by using the powder of young barley leaves and controlling the reaction condition. The as-prepared CDs can not only selectively enter cytoplasm and the whole cell without further surface modification, but also exhibit different effective antiviral activity.

† Electronic supplementary information (ESI) available: Hydrodynamic diameters and fluorescence lifetimes of the two types of CDs, cytotoxicity assay of the two types of CDs on HeLa cells and MARC-145 cells, and primer sequences used for real-time RT-qPCR in this study. See DOI: 10.1039/c7ra03167j
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Experimental section

Apparatus

Fluorescence measurements were performed on a RF-5301PC spectrofluorometer (Shimadzu, Japan). The UV-vis absorption spectra were acquired on a UV-2450 spectrophotometer (Shimadzu, Japan). Fluorescence lifetime measurements were conducted on an FLS920 spectrometer (Edinburgh, England). Fourier-transform infrared (FT-IR) spectra were collected by a Nicolet Avatar-330 spectrometer (Thermo, USA) using the KBr pellet technique. Zeta potential and hydrodynamic diameters were measured by using a Zetasizer Nano ZS90 dynamic light scattering (DLS) system (Malvern, England). X-ray diffraction (XRD) pattern was carried out on a Bruker D8 Advance X-ray diffractometer with Cu Kα radiation. X-ray photoelectron spectroscopy (XPS) data were recorded using Escalab 250Xi X-ray photoelectron spectrometer (Thermo, USA). Transmission electron microscopy (TEM) images were recorded on a JEM-2100F transmission electron microscope (JEOL, Japan) at an acceleration voltage of 200 kV. The cell images were obtained by an Olympus FV10 laser scanning confocal microscope (Olympus, Japan).

Reagents

The powder of young barley leaves was produced by Yamamoto Kampo Pharmaceutical Co. Ltd. Citric acid anhydrous (99.5%), quinine sulfate dihydrate (99.0%) and 3-(4,5-dimethyl-2-yl)-2,5-diphenylethiazolium bromide (MTT, 98%) were obtained from Aladdin Regent Co. Ltd. Dulbecco’s modified Eagle’s medium (DMEM) and fetal bovine serum (FBS) were purchased from Invitrogen Regent Co. Ltd. Agarose was purchased from Promega Co. Ltd. Urea (99.0%) and other common solvents or salts were obtained from Sinopharm Chemical Regent Co. Ltd. Ultrapure water with a resistivity of 18.2 MΩ cm was used throughout the experiments. All these reagents were of analytical grade or better and used as obtained.

Cells and viruses

Porcine kidney (PK-15) cells and Cervical carcinoma (HeLa) cells were purchased from the China Center for Type Culture Collection (CCTCC). Monkey kidney (MARC-145) cells were obtained from the American Type Culture Collection (ATCC). Three types of cells were maintained in DMEM supplemented with 10% FBS in a 5% CO₂ incubator at 37 °C. Pseudorabies virus (PRV) strain E₃₅, a wild virulent strain isolated in China, was propagated in PK-15 cells.

Synthesis of blue and cyan fluorescent CDs

In a typical procedure for synthesis of blue-fluorescent carbon dots (b-CDs), 0.20 g powder of barley young leaves was mixed with 0.40 g citric acid anhydrous and thoroughly mixed via grinding. Subsequently, the mixture was heated at 180 °C in a stainless steel autoclave for 3 h. After cooling to room temperature, the brown product was supplemented with 10.0 mL ultrapure water and dissolved adequately via ultrasonication. Then, the obtained turbid solution was centrifuged at 8000 rpm for 10 min, followed by filtering the supernatant through a 0.22 μm microporous membrane, and removing sodium salt and unreacted small molecules by dialysis in a dialysis bag (retained molecular weight: 500 Da). Finally, the yellow solution was collected and stored in the dark at 4 °C for further use. The synthetic procedure of cyan-fluorescent carbon dots (c-CDs) was similar to that of b-CDs except that 0.20 g powder of young barley leaves was mixed with 0.40 g citric acid anhydrous and 0.40 g urea, and the final black product was supplemented with 100.0 mL ultrapure water.

Quantum yield measurement

The QY of the two types of CDs was measured using quinine sulfate (QY = 54%) as the standard and calculated by the following equation:

\[ \Phi = \frac{\Phi_R \times I}{I_R \times A} \times \frac{\eta^2}{\eta_R^2} \]

where the subscript R represents the reference of quinine sulfate. \( I \) is the integrated emission intensity and \( A \) is the absorbance at the excitation wavelength. \( \eta \) stands for the refractive index of the solvent. The absorbance of each solution in this study was controlled below 0.10 at the excitation wavelength. The QY of as-prepared b-CDs and c-CDs was calculated to be 9.3% and 10.8%, respectively.

Cytotoxicity assay

The cytotoxicity of b-CDs was assessed by MTT. Briefly, PK-15 cells were seeded in a 96-well culture plate and incubated in DMEM supplemented with 10% FBS in a humidified 37 °C, 5% CO₂ incubator for 24 h to reach 100% confluence. Then, the supernatant was removed and the cells were incubated with 100 μL fresh DMEM with 2% FBS containing different concentrations of CDs (0, 18.75, 37.5, 75 and 150 μg mL⁻¹). After 12 h incubation, 20 μL per well MTT (5.0 mg mL⁻¹) was added and incubated for another 4 h. After incubation, the supernatant was removed, and 150 μL of DMSO was added to each well, followed by a 10 min shaking to completely liberate the formazan crystals at room temperature. The cytotoxicity was determined by measuring the absorbance at 570 nm. Besides, HeLa cells and MARC-145 cells were used to analyze the cytotoxicity of b-CDs, and the cytotoxicity of c-CDs was measured similarly to the procedure described above except for the addition of different concentrations of c-CDs (0, 62.5, 125, 250 and 500 μg mL⁻¹).

Cell imaging

The potential of b-CDs for bioimaging was tested using PK-15 cells. Briefly, the cells were cultured in DMEM with 10% FBS at 37 °C under 5% CO₂ until 80% confluence (approximately 4 × 10⁵ cells on the coverslip). Then, the medium was replaced with the mixture of 75 μg mL⁻¹ b-CDs in DMEM with 2% FBS. After 2 h incubation at 37 °C under 5% CO₂, the cells were washed three times with phosphate-buffered saline (PBS) to remove
extra b-CDs. Next, the coverslip was sealed with 50% glycerin before imaging with a confocal fluorescence microscope at 405 nm. The bioimaging of c-CDs was performed similarly to the procedure described above except that the concentration of c-CDs was 250 μg mL⁻¹.

**Viral replication and plaque assay**

PRV, a double stranded DNA virus, is a typical study model for herpesvirus biology.⁴⁰ Here, viral replication analysis and plaque assay were performed as previously reported.³⁵ Typically, PK-15 cells in a monolayer were incubated with control DMEM (2% FBS) and two types of CDs (at the concentration of 0.13 mg mL⁻¹ for both b-CDs and c-CDs) at 37 °C for 2 h, followed by separate infection with PRV at an multiplicity of infection (MOI) of 1.0 for 1 h. After 1 h incubation, the cells were washed twice with DMEM, followed by replacing the medium with DMEM (2% FBS) and two types of CDs, and then further incubated for 24 h. The infectivity of virions collected at 24 h post infection was determined by plaque assays. The average plaque number and standard deviations were calculated from three independent experiments and the virus titers were presented as plaque forming units (PFU mL⁻¹).

**RNA exaction and real-time RT-qPCR**

PK-15 cells seeded in 24-well plates were treated separately with 0.13 mg mL⁻¹ b-CDs and c-CDs at 37 °C for 24 h, with the control only treated with DMEM (2% FBS). Total RNA was extracted from cells using TRIzol reagent (Invitrogen) at 24 h. Reverse-transcription was performed with 1.0 μg of each sample using a Transcriptor First Strand cDNA Synthesis Kit (Roche). Then, the obtained cDNA was used in subsequent SYBR green PCR assay (Applied Biosystems). The PCR conditions were as follows: 95 °C for 10 min, 40 cycles of 95 °C for 15 s, 56 °C for 30 s and 72 °C for 40 s. The primer sets (Table S1) were designed by using the Primer Express software (Applied Biosystems, version 3.0).

**Statistical analysis**

The experimental data were presented as mean ± standard deviation of three independent experiments and subjected to statistical analysis by one-way analysis of variance (ANOVA). A value of P < 0.05 was considered as statistical significance, and highly statistical significance was defined for values of P < 0.01.

**Results and discussion**

**Characterization of the CDs**

The morphology and size of the two types of synthesized CDs were characterized by TEM and DLS analysis. From Fig. 1A and B, it can be seen that the as-prepared b-CDs are well dispersed and exhibit clear lattice fringes with a lattice spacing of 0.21 nm in the high resolution TEM (HRTEM) image, which is in accordance with the (102) facets of graphite carbon,⁴¹⁴¹ implying the high crystallinity of the b-CDs. In Fig. 1C and D, the synthesized c-CDs present similar size distribution and crystalline structure. DLS measurements (Fig. S1†) reveal the size distribution of the two CDs in aqueous solution. The b-CDs have a narrow size range between 1.5 and 2.7 nm with an average diameter of 1.9 nm, and the c-CDs range from 2.0 to 4.2 nm with an average diameter of 2.7 nm, which is slightly larger than that of the b-CDs.

The XRD patterns of CDs in Fig. 2A and B show a broad peak centered at around 23°, indicating the interlayer spacing of (002) diffraction peak is 0.39 nm, which is associated with the graphitic structure, and the interlayer spacing is larger than that of graphite (0.34 nm), attributed to the existence of abundant functional groups.²³,³⁹,⁴² The functional groups on the surface of CDs were identified by FT-IR spectra. In Fig. 2C, b-CDs exhibit six characteristic absorption bands at 1200, 1400, 1707, 2929, 3203 and 3433 cm⁻¹, which can be assigned to the stretching...

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**Fig. 1** TEM (A) and HRTEM (B) images of the b-CDs. TEM (C) and HRTEM (D) images of the c-CDs.

**Fig. 2** XRD patterns of b-CDs (A) and c-CDs (B). FT-IR spectra of b-CDs (C) and c-CDs (D).
vibration of C–O, C–N, C=O, C–H, N–H and O–H, respectively. Additionally, c-CDs display four characteristic absorption bands of C–N at 1400 cm⁻¹, C=O at 1635 cm⁻¹, N–H at 3213 cm⁻¹ and O–H at 3446 cm⁻¹ (Fig. 2D).

The elemental composition and chemical bonding of CDs were further investigated by XPS measurements. Fig. 3A displays three peaks of b-CDs at 284.8, 399.9, and 531.2 eV, which are attributed to C₁s, N₁s and O₁s, with a calculated C/O/N ratio of 67.7%, 28.9% and 3.4%, respectively. The high resolution C₁s spectrum (Fig. 3B) shows four peaks at 288.8, 286.1, 285.0 and 284.5 eV, attributed to COO⁻, C=O, C–N, and C–C groups, respectively.⁴⁴ The O₁s spectrum (Fig. 3C) reveals two relative oxygen species of C=O (531.8 eV) and C–O (533.2 eV).⁴⁴ The three typical peaks at 399.7, 400.3, and 401.5 eV in the deconvoluted N₁s XPS spectrum (Fig. 3D) are attributed to C–N–C, N–(C)₃ and N–H groups, respectively.⁴⁵ Similarly, in Fig. 4A, the three peaks of c-CDs at 284.8, 399.9, and 531.2 eV are attributed to C₁s, N₁s and O₁s with a calculated C/O/N ratio of 68.1%, 20.1% and 11.8%, respectively, indicating that the nitrogen content of c-CDs is more than three times that of b-CDs after the addition of urea in the process of synthesis. The C₁s spectrum (Fig. 4B) shows four peaks at 288.0, 286.0, 285.0 and 284.5 eV, attributed to C=O, C–O, C–N, and C–C groups.⁴⁶ The O₁s spectrum (Fig. 4C) reveals two relative oxygen species of C=O (531.3 eV) and C–O (532.7 eV).⁴⁶,⁴⁷ The three typical peaks at 399.6, 400.3, 401.4 eV in the deconvoluted N₁s XPS spectrum (Fig. 4D) are attributed to C–N–C, N–(C)₃ and N–H groups, respectively.⁴⁵ The aforementioned results demonstrate that the b-CDs and c-CDs possess carboxyl group and acylamide group, respectively, which well supports the results of FT-IR spectra. Since the surface property of CDs greatly depends on the nitrogenous reactant in the hydrothermal process,³⁷,⁴⁸ the change of surface property can be attributed to the addition of urea. Carboxyl group of b-CDs may be derived from citric acid in the hydrothermal process, and the addition of urea induces the amidation of carboxyl group, resulting in the acylamide group of c-CDs.

Optical properties of the CDs

Due to the change of surface property, the two CDs may vary in optical property, which was thoroughly investigated by examining UV-vis absorption, fluorescence excitation and emission spectra and fluorescence lifetime. In Fig. 5A, the UV-vis absorption spectrum of b-CDs exhibits no obvious absorption peaks from 220 to 700 nm, which is consistent with previously reported CDs.²³,⁴⁹,⁵⁰ Additionally, the fluorescence excitation peak of b-CDs is located at 360 nm with the fluorescence
The optical properties of c-CDs were also investigated similarly to b-CDs. In Fig. 5B, the UV-vis absorption spectrum of c-CDs exhibits an obvious absorption peak centered at 330 nm, which can be ascribed to n→π* transition of the C=O bond. Furthermore, the excitation and emission peaks of c-CDs appear at 379 and 457 nm respectively with strong cyan fluorescence under the irradiation of UV lamp (365 nm). Fig. 5D shows a series of emission spectra of c-CDs at different excitation wavelengths in the range of 330 to 400 nm. Similar to b-CDs, the emission peaks exhibit slightly red shift with the increase of excitation wavelength. The average fluorescence lifetime of c-CDs in Fig. 5F was calculated to be 8.15 ± 0.06 ns (Table S2†).

**Cytotoxicity assay**

To demonstrate the biological application of the as-prepared CDs in cell imaging, the cytotoxicity of the two types of CDs on PK-15 cells, HeLa cells and MARC-145 cells were evaluated by MTT assay. As shown in Fig. 6, when the respective concentration of b-CDs and c-CDs increased to 150 μg mL⁻¹ and 500 μg mL⁻¹, the cell viability of PK-15 cells could still remain over 85% after 12 h incubation, suggesting a low cytotoxicity of the as-prepared CDs to the PK-15 cells. Besides, the results of the cytotoxicity assay of the two CDs on HeLa cells and MARC-145 cells (Fig. S2†) also show a low cytotoxicity. Additionally, no obvious cytotoxicity was observed when PK-15 cells were treated with 75 μg mL⁻¹ of b-CDs and 250 μg mL⁻¹ of c-CDs. Therefore, 75 μg mL⁻¹ of b-CDs and 250 μg mL⁻¹ of c-CDs were used in the subsequent cell imaging of PK-15 cells.

**Cell imaging of the CDs**

The imaging application of the two CDs was validated by using them as a probe for confocal fluorescence imaging of PK-15 cells as a model. As shown in Fig. 7A, after 2 h of incubation with b-CDs, the cells became bright after excitation with 405 nm laser pulses. Moreover, the b-CDs were concentrated in the cytoplasm, with no obvious brightness observed in the nucleus. The results confirm the successful entrance of b-CDs into the cytoplasm through cell membrane. Due to their small size and good biocompatibility, the CDs can be easily enclosed through endocytosis and enter the cytoplasm to lighten the cytoplasm, which is concordant with the previously reported CDs. However, in Fig. 7B, the cyan fluorescence of c-CDs was observed in the whole cell area, including the cytoplasm and nucleus. As previously reported, the internalization process of CDs into cells is strongly influenced by size, surface charge, and groups of CDs. Small size and positive surface charge of CDs are beneficial to the cell internalization by electrostatic interactions, due to the negatively charged lipid membrane of the cells and DNA in the nucleus. Hence, the zeta potential of the two types of CDs was measured, which was −15.73 ± 2.35 mV for b-CDs and 0.14 ± 0.03 mV for c-CDs, indicating that the surface charge of CDs changed from negative to neutral with the hydrothermal process, leading to the successful entrance of c-CDs into nucleus. Generally, neutral CDs modified with polymer exhibit larger size, resulting in some difficulties in nucleus distribution. Additionally, in the cell imaging process of CDs, the interaction between CDs and proteins may exist in the cell culture medium, and the main reagent containing proteins in the culture medium is FBS. When the CDs are added into the cell culture medium, CDs can interact with proteins. Hao et al. and Lu et al. have reported the interaction of CDs with bovine serum albumin (BSA), and it is known that free CDs in the cell culture medium can be released in three different ways. Firstly, BSA really has a large hydrophobic cavity to accommodate two or more ligands. When two ligands bind to BSA simultaneously, two types of interaction can occur, competitive binding and non-competitive binding. Hence, the free CDs will be released after the binding sites of BSA are competitively occupied by other small molecules.

![Fig. 6 Cell viability assay of PK-15 cells treated with different concentrations of b-CDs (A) and c-CDs (B).](image-url)
free and bound molecules exists.\textsuperscript{62} Though the complex of CDs and BSA may be formed by static quenching, the free CDs will also exist in the solution. Thirdly, BSA, as a nutrient in cell culture, can be hydrolyzed by protease during cell culture. The protease digestion can break the binding of nanoparticles on proteins, resulting in separation of nanoparticles from proteins,\textsuperscript{63} and the release of the free CDs following protease digestion of BSA in cells. For these reasons, the small size and neutral charge of free c-CDs led to the successful entrance of them into nucleus.

Currently, direct synthesis of CDs capable of entering cell nucleus still remains a great challenge, and the general strategy to solve this problem is modifying the surface of CDs with nucleus-location targeted group. Here, a facile approach to fabricate two types of CDs without further modification has developed. By slightly changing the reaction condition, the zeta potential of the two CDs was changed, resulting in the selective location of CDs in cell imaging. The b-CDs can only enter the cytoplasm, while the c-CDs can distribute over the whole cell, including nucleus.

**Antiviral activity of the CDs**

CDs have been studied as an inhibitor of PRV in our previous work.\textsuperscript{15} Here, in order to investigate the antiviral activity of the two types of CDs, the viral replication of b-CDs and c-CDs on PRV was measured separately by plaque assay. The results showed that the plaque in culture plate obviously reduced with the addition of CDs relative to the control group, indicating the effective antiviral activity of the two CDs against PRV. Furthermore, the relative titer of PRV remarkably decreased in the presence of the two CDs (Fig. 8), and the decrease degree of b-CDs is larger than that of c-CDs, suggesting the better antiviral activity of the former.

**Antiviral mechanism of the CDs**

The innate immune response is the first line of defense against viral infection of the host, and the interferons (IFNs) system plays an important role in the defense mechanism against viruses.\textsuperscript{54,65} IFN-\(\alpha\) and IFN-\(\beta\) are the best known antiviral innate immune molecules with a powerful antiviral response to viral infection.\textsuperscript{66} Intracellular IFNs activate the antiviral state of the cells mostly by inducing the expression of many IFN-stimulated genes (ISGs), which are the most powerful and efficient mediators among the known IFN-induced antiviral mechanisms and show broad-spectrum antiviral activity against several virus families.\textsuperscript{57–66} To explore the antiviral mechanism of the CDs, we concentrated on the evaluation of their effects on the expression of IFN-\(\alpha\), IFN-\(\beta\) and two typical ISGs (ISG54 and MX1) by RNA extraction and real-time RT-qPCR assays. The results showed that, when compared with the control group, the mRNA expression levels treated with c-CDs and b-CDs were 6.7-fold and 7.6-fold higher in IFN-\(\alpha\) (Fig. 9A) as well as 2.5-fold and 3.6-fold higher in IFN-\(\beta\) (Fig. 9B), respectively. Then, the IFNs up-regulated the expression of ISGs to activate the antiviral state of the cells. As shown in Fig. 9C, the mRNA expression level of ISG54 was higher in PK-15 cells treated with CDs than in the control group, and it was 2.1-fold higher in b-CDs than in c-CDs. Analogously, the mRNA expression of MX1 (Fig. 9D) was also obviously higher in b-CDs than in c-CDs, which resulted in the better antiviral activity of b-CDs.

The variation in the mRNA expression level of IFN-\(\alpha\), IFN-\(\beta\) and ISGs may be attributed to the different cell location of the two types of CDs. Since the factors involved in the IFNs induction pathway are mostly located in cytoplasm, and the content of b-CDs distributed in cytoplasm is higher than that of c-CDs, the IFN-induced expression of ISG54 and MX1 is correspondingly higher in b-CDs than in c-CDs.

**Conclusions**

This study presents a facile and green strategy for synthesis of the two types of CDs with good biocompatibility for selective cell imaging only by changing the reaction conditions in the preparation process to transform their surface properties. The CDs prepared with the powder of young barley leaves as the same precursor exhibit different fluorescent colors after the addition of CDs.
of urea in the hydrothermal process, and they can be used for selective cell imaging and location without further surface modification. The b-CDs can only enter the cytoplasm of PK-15 cells, while the c-CDs can distribute over the whole cell, including nucleus. Furthermore, the better antiviral activity of b-CDs against PRV is probably attributed to their different cell location. The cell-selective imaging capability of the CDs may facilitate their application in nanomedicine.

Acknowledgements

We gratefully acknowledge the financial support from National Key Research and Development Program (2016YFD0500105), and National Natural Science Foundation of China (31372439, 31490602).

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