GRAVITATIONAL WAVES FROM FALLOUT ACCRETION ONTO NEUTRON STARS

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ABSTRACT

Massive stars generally end their lives as neutron stars (NSs) or black holes (BHs), with NS formation typically occurring at the low-mass end and collapse to a BH more likely at the high-mass end. In an intermediate regime, with a mass range that depends on the uncertain details of rotation and mass loss during the star’s life, an NS is initially formed, which then experiences fallback accretion and collapse to a BH. The electromagnetic consequence of such an event is not clear. Depending on the progenitor’s structure, possibilities range from a long gamma-ray burst to a Type II supernova (which may or may not be jet powered) to a collapse with a weak electromagnetic signature. Gravitational waves (GWs) provide the exciting opportunity to peer through the envelope of a dying massive star and directly probe what is occurring inside. We explore whether fallback onto young NSs can be detected by ground-based interferometers. When the incoming material has sufficient angular momentum to form a disk, the accretion spins up the NS sufficiently to produce non-axisymmetric instabilities and gravitational radiation at frequencies of ∼700–2400 Hz for ∼30–3000 s until collapse to a BH occurs. Using a realistic excess cross-power search algorithm, we show that such events are detectable by Advanced LIGO out to ∼17 Mpc. From the rate of nearby core-collapse supernovae in the past five years, we estimate that there will be ∼1–2 events each year that are worth checking for fallback GWs. The observation of these unique GW signatures coincident with electromagnetic detections would identify the transient events that are associated with this channel of BH formation, while providing information about the proto-neutron star progenitor.

Key words: black hole physics – gravitational waves – stars: neutron – supernovae: general

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1. INTRODUCTION

Determining the fate of zero-age main-sequence (ZAMS) stars with large masses is a long-standing problem. In general, it is expected to depend in a complicated way on mass loss and rotation during the star’s life. These in turn are related to details such as the magnetic field, metallicity, and binarity. Even with all these uncertainties, theoretical efforts indicate a rough general picture. A core-collapse supernova that successfully unbinds its stellar mantle leaves a neutron star (NS) behind. In cases when this does not happen, a stellar-mass black hole (BH) is instead expected, but this can occur in a number of different ways (for a more detailed discussion, see O’Connor & Ott 2011). For example, if there is a nuclear phase transition during protoneutron star (PNS) cooling, or if cooling reduces pressure support in a hyper-massive PNS, a BH results. In another scenario, if the supernova mechanism fails to revive the accretion shock, continued accretion pushes the PNS over its maximum mass, creating a BH with likely little or no electromagnetic signal (Kochanek et al. 2008). Finally, if the core-collapse supernova is successful, but perhaps weak, then the young NS will be subject to fallback accretion rates of $M \sim 10^{-4}$ to $10^{-2} M_{\odot}$ s$^{-1}$ over the next ∼30–1000 s (MacFadyen et al. 2001; Zhang et al. 2008). This additional material pushes the NS past its maximum mass, again resulting in a BH.

In the present work, we focus on the latter fallback mechanism for creating BHs. Since the idea of fallback accretion was first discussed by Colgate (1971), it has been an important area of focus for theoretical studies (e.g., Chevalier 1989; Woosley & Weaver 1995; Fryer 1999; Zhang et al. 2008; Ugliano et al. 2012). There have also been a wide range of predictions for the type of events associated with fallback accretion leading to BHs. When rotation is included, the newly formed BH continues to accrete and may produce a jet. Depending on the mass of the envelope at the end of the star’s life, this may result in a jet-powered Type II supernova or a long gamma-ray burst (MacFadyen et al. 2001). In cases where the jet is pointed away from the observer or jet formation does not occur, a dim supernova could result instead (Fryer et al. 2007, 2009; Moriya et al. 2010). If a quickly spinning, strongly magnetized NS is present, it may fling away the infalling material and produce a “propeller nova” instead (Piro & Ott 2011).

Observationally, it would be helpful to determine the main-sequence mass range that leads to BHs created via fallback, so that it can be compared with theoretical expectations. Heger et al. (2003) argue that for sub-solar metallicities, this occurs for a ZAMS mass of $M \sim 25–40 M_{\odot}$, but recent work paints a more complicated picture (O’Connor & Ott 2011). It has been well established that most long gamma-ray bursts (which may follow fallback accretion) are associated with broad-lined Type Ic supernovae (Woosley & Bloom 2006; Hjorth & Bloom 2011; Modjaz 2011), but such events are too distant to directly identify the exploding stars. Progenitor stars associated with standard Type II-P supernovae via pre-supernova imaging generally have masses $\lesssim 17–20 M_{\odot}$ (Smartt et al. 2009), which is lower than the maximum mass expected for fiducial core-collapse scenarios (Heger et al. 2003). This might suggest that other types of supernovae, and maybe even BH formation, begin occurring in a lower mass range. Such a prospect is maybe not surprising given the historical difficulties in robustly producing supernovae via the neutrino mechanism in theoretical models (although see Mueller et al. 2012). On the other hand, Smith et al. (2011) argue that the mass range of Type II-P progenitors is consistent with a substantial fraction ($\sim 25\%–35\%$) of...
supernova events being produced in binary systems, so the situation remains unresolved.

Gravitational waves (GWs) provide an independent probe to determine what processes are occurring deep within these massive stars (for example, see the studies and reviews by Fryer et al. 2002; Dimmelmeier et al. 2002a, 2002b; Ott et al. 2004; Ott 2009; Kotake 2011). The general picture we explore is as follows. Assuming that the fallback material forms a disk before reaching the NS, the NS acquires sufficient angular momentum that its spin parameter $\beta = T/W$ reaches a critical value $\beta_c$. Here, $T$ is the rotational energy and $W$ is the gravitational binding energy. Above $\beta_c$, non-axisymmetric instabilities occur and GWs are radiated (the exact value of $\beta_c$ depends on a number of factors, which are discussed in detail in Section 2.3). Since the star is quickly torqued down when $\beta > \beta_c$ and quickly spun up by accretion when $\beta < \beta_c$, the NS is forced into a state of marginal instability with $\beta \approx \beta_c$ while it continues to gain mass. The result is $\sim 30000$ s of high-frequency ($\sim 700–2400$ Hz) GW production until the NS becomes sufficiently massive to collapse to a BH. As we describe in more detail below, the detection of such a GW signal would be strong evidence that fallback accretion is occurring.\footnote{For a different perspective on the role of fallback accretion in GW production from NSs, see Watts & Andersson (2002), which investigates the possibility of low-amplitude, long-lasting signals ($\sim$years) from r-mode instabilities. Here, in contrast, we focus on short-lived signals from PNs that form BHs on timescales of $\sim 100–1000$ s.}

In Section 2, we summarize the fallback model that is employed, as well as our treatment of the non-axisymmetric shape of a quickly spinning NS. In Section 3, we provide a detailed discussion of the detection techniques using an excess cross-power search algorithm (Thrane et al. 2011) to recover an example waveform. Given the inherent uncertainties in the messy process of fallback accretion, we consider this a much more representative assessment of the detectability than a naively optimistic matched filtering approach, and we estimate that Advanced LIGO (aLIGO) can see such events out to $\approx 17$ Mpc. In Section 4, we discuss theoretical and observational constraints on the types of electromagnetic transients expected to be associated with such events. We conclude in Section 5 with a summary of our results, a discussion of future work, and some speculations about what astrophysics can be learned from these GW detections.

2. THE FALLBACK AND SPINNING NS MODELS

We begin by summarizing the main features of our models for fallback accretion and our treatment of spinning NSs. These semi-analytic models are clearly idealized, but they allow us to survey parameter space for this initial work. In future investigations, we plan to employ more realistic models based on numerically calculated progenitors.

2.1. Fallback Accretion

We consider fallback accretion onto a newly born NS as discussed by MacFadyen et al. (2001) and Zhang et al. (2008). In particular, we focus on a progenitor with a $25 M_{\odot}$ ZAMS mass with relatively inefficient semiconvective mixing (referred to as model A in MacFadyen et al. 2001). This star experiences mass loss during its lifetime and is reduced to $14.6 M_{\odot}$ by the time core collapse occurs. MacFadyen et al. (2001) input by hand a range of explosion energies from $2.6 \times 10^{50}$ to $1.3 \times 10^{51}$ erg and find a range of fallback masses from $0.24$ to $3.7 M_{\odot}$, where the two are inversely related. In all cases the remainder of the star that does not fall back is unbound. For energies greater than this, the entire envelope is ejected and an NS remnant is left.

To replicate the main features expected for fallback, we approximate the accretion rate as two power laws (as was done in Piro & Ott 2011). At early times it is relatively flat and scales as

$$M_{\text{early}} = \eta 10^{-3} t^{1/2} M_{\odot} \text{s}^{-1},$$

where $\eta \approx 0.1–10$ is a factor that accounts for different explosion energies (a smaller $\eta$ corresponds to a larger explosion energy) and $t$ is measured in seconds. This scaling of $\eta$ by two orders of magnitude corresponds to a change of the explosion energy from $2.6 \times 10^{50}$ to $1.2 \times 10^{51}$ erg, which is merely a factor of five difference. This demonstrates just how sensitive the accretion rate is to the explosion energy. The late-time accretion is roughly independent of the explosion energy and just depends on the mass of the progenitor on the onset of collapse. It is set to be

$$M_{\text{late}} = 50 t^{-5/3} M_{\odot} \text{s}^{-1}.$$  

Interpolating these two expressions, we use

$$\dot{M} = (M_{\text{early}} - M_{\text{late}})^{-1}$$

for the accretion rate at any given time.

For an NS with initial mass $M_0$, the time-dependent mass is

$$M(t) = M_0 + \int_0^t \dot{M} dt.$$  

Note that $M(t)$ corresponds to the total baryonic mass of the NS, but as discussed in Lattimer & Prakash (2001), a non-negligible fraction of this mass becomes binding energy and is radiated away in the form of neutrinos. For a baryonic mass $M_{\text{baryon}}$, the gravitational mass of a remnant with radius $R_{\text{grav}}$ is

$$M_{\text{grav}} = M_{\text{baryon}} \left(1 + \frac{3 G M_{\text{baryon}}}{5 R_{\text{grav}} c^2}\right)^{-1}.$$  

Depending on the mass and radius, this can amount to a $\approx 5\%–30\%$ correction. Given that we are just roughly approximating the accretion rate and that the conversion from a baryonic mass to a gravitational mass will occur in a time-dependent manner, we ignore this complication for this initial study.

2.2. Spinning NS Model

Besides increasing the NS mass, accretion also causes the NS to gain angular momentum. We assume that the infalling material roughly circularizes before reaching the NS surface. For this to occur, it must have specific angular momentum $j \gtrsim (G M_0 R_0)^{1/2} \approx 2 \times 10^{16} \text{cm}^2 \text{s}^{-1}$, where $R_0 \approx 20 \text{km}$ is the nonrotating radius of the young NS. For material initially at a radius of $10^{10} \text{cm}$, this corresponds to a rotational velocity of merely $\approx 20 \text{km} \text{s}^{-1}$, so it appears quite likely that the NS accretes from a disk. The torque the NS experiences is therefore

$$N_{\text{acc}} \approx \dot{M} G M_0 R_c,$$

where $R_c$ is the NS radius at the equator. We use $R_c$ to differentiate it from the nonrotating radius $R_0$ since in general $R_c \gtrsim R_0$ for a rotating body.
Equation (6) uses the accretion rate directly from fallback of the envelope, but more exactly this accretion rate should reflect the rate that mass is transferred through the disk. To explore whether this leads to a quantitative change of the accretion rate, we built one-zone, $\alpha$-disk models (similar to Metzger et al. 2008) using the angular momentum profiles of the massive, rotating progenitors of Woosley & Heger (2006). Our general finding was that the disk reaches nearly steady state, where the accretion rate onto the star differs from the infall rate by no more than a factor of $\sim$5 (and this scales with the $\alpha$-viscosity, with a larger $\alpha$ resulting in higher accretion rates). We therefore consider the mediation of the disk to be degenerate with $\eta$ and use the direct infall rates as described above. In future studies using infall from numerical simulations, we plan to include these effects of a disk.

The rotation rate of the NS is measured in terms of the spin parameter $\beta \equiv T/|W|$. In the absence of an energy loss mechanism, the equilibrium shape of the spinning NS is characterized as an axisymmetric, Maclaurin spheroid. The relation between $\beta$ and the ellipticity $e$ for these figures is (Chandrasekhar 1969)

$$\beta = \frac{3}{2e^2} \left[ 1 - \frac{e(1-e^2)^{1/2}}{\sin^{-1} e} \right] - 1, \quad (7)$$

where $e^2 = 1 - (R_e/R_0)^2$ and $R_e$ is the vertical radius oriented along the spin axis. Although this result is for an incompressible fluid, it is also roughly valid for compressible configurations for our use here (Lai et al. 1993), since we never consider anything that is more than very mildly triaxial.

The spin of the NS is given by

$$\Omega^2 = \frac{2\pi G\bar{\rho}}{q_n} \left[ \frac{(1-e^2)^{1/2}}{e^3} (3-2e^2) \sin^{-1} e - \frac{3(1-e^3)}{e^2} \right], \quad (8)$$

where $\bar{\rho} = 3M/4\pi R_0^3$ is the average density and $q_n = (1-n/5)\kappa_n$, with $n$ as the polytropic index and $\kappa_n$ as a constant of order unity (see Table 1 in Lai et al. 1993). The dimensionless solutions for Maclaurin spheroids given by Equations (7) and (8) are summarized in Figure 1. Also shown in the bottom panel as a dashed line is the frequency dependence of the Jacobi ellipsoids, which are mentioned later. These must be found numerically, and the plotted solutions are from Chandrasekhar (1962).

The mean radius of the rotating star $R = (R_e R_0^2)^{1/3}$ is given by

$$R = R_0 \left[ \frac{\sin^{-1} e}{e} (1-e^2)^{1/6} (1-\beta) \right]^{-n/(3-n)}, \quad (9)$$

so that

$$R_e = \frac{R}{(1-e^2)^{1/6}}. \quad (10)$$

This shows how the equatorial radius may be dramatically increased when the eccentricity is high, which in turn increases the specific angular momentum of accreted material.

In Figure 2, we plot sequences of Maclaurin spheroids for an NS with $M = 1.3 M_{\odot}$ or $M = 2.5 M_{\odot}$ (as labeled in the upper panel) and $R_0 = 20$ km, comparing polytropic indices of $n = 0.5$ (dashed lines) with $n = 1$ (solid lines). This brackets the range of reasonable values for NSs. In the top panel, we plot the spin frequency as a function of $\beta$. As the mass increases from 1.3 $M_{\odot}$ to 2.5 $M_{\odot}$, the corresponding spin frequency increases at fixed $\beta$. Similarly, the more centrally concentrated $n = 1$ polytrope generally exhibits a higher spin frequency than the $n = 0.5$ polytrope. In the bottom panel, we plot both the average radius $R$ and the equatorial radius $R_e$. The equatorial radius is strictly increasing as a function of $\beta$, demonstrating how the shape is becoming increasingly like a flattened pancake. Changes in the average radius are more modest.

One issue that deserves mention is that for $n = 1$, solid-body rotating models have equatorial velocities that exceed Keplerian at merely $\beta \approx 0.08$. This means that such models are not self-consistent, but they can be stabilized against equatorial mass}

**Figure 1.** General solutions for a Maclaurin spheroid given by Equations (7) and (8). The vertical dotted line indicates the location of $\beta = \beta_{sec} = 0.14$. The dashed line in the bottom panel shows the ellipsoidal Jacobi solutions that branch off at $\beta_{sec}$.

**Figure 2.** Spin frequency $\Omega$, average radius $R$, and equatorial radius $R_e$ as a function of the spin parameter $\beta$, comparing $n = 0.5$ (dashed line) and $n = 1$ (solid line). The NS has either $M = 1.3 M_{\odot}$ or $M = 2.5 M_{\odot}$ (as labeled in the upper panel), but in either case $R_0 = 20$ km. The critical $\beta_{sec} = 0.14$ for secular instability is plotted as a vertical, dotted line.
loss with a small amount of differential rotation (Lai & Shapiro 1995). For now we ignore this detail but also consider \( n = 0.5 \) polytropes that are at least stable against mass shedding up to \( \beta \approx 0.15 \).

2.3. Instability and GW Production

Although these equilibrium Maclaurin spheroids can be found for all \( \beta \) plotted in Figure 2, such configurations are not in general stable and are liable to break their symmetry and transition to a nonaxisymmetric shape. When \( \beta \) exceeds some critical \( \beta_c \) and instability sets in, the resulting triaxial shape causes the production of GWs. This in turn limits \( \beta \) from any further growth. On the other hand, if \( \beta \) is forced below \( \beta_c \), GW production ceases, and the NS spins up again. Due to these competing effects, we expect the NS spin parameter to reach a saturated state where \( \beta \approx \beta_c \). The NS then continues to accrete as it produces GWs at a rate that maintains this balance.

There are a number of potential values for \( \beta_c \) that could be considered. Although we will argue below that some values are more likely than others, we hope our work motivates future studies of what values of \( \beta_c \) are appropriate during the process of fallback accretion. For example, it has been well established that a dynamical bar-mode instability sets in when \( \beta > \beta_{\text{dyn}} = 0.27 \). This leads to mass shedding and spin-down back to a stable state (Shibata et al. 2000). At lower values of \( \beta \), but still greater than \( \beta_{\text{sec}} = 0.14 \), the possible solution for the spinning NS can also be triaxial and given by a Jacobi ellipsoid (as plotted in Figure 1) or Dedekind ellipsoid (not plotted since formally these figures may only be found for \( \beta \leq 0.16 \)). These represent lower-energy configurations, but the NS can only trigger these so-called secular instabilities and transition from a spheroidal Maclaurin solution to these solutions if acted upon by some sort of dissipative process. The resulting instabilities may also operate for \( \beta \gtrsim 0.01 \) if differential rotation is present (Centrella et al. 2001; Shibata et al. 2003; Watts et al. 2005; Ou & Tohline 2006; Corvino et al. 2010). The threshold for instabilities will also be impacted by details such as the nonlinear bulk viscosity of the NS (Passamonti & Glampedakis 2012; Passamonti et al. 2012). Since the conditions required for these low-\( \beta \) instabilities and their associated GW signature are more complicated, we focus on the secular instability at \( \beta_{\text{sec}} \) for the majority of this work.

Potentially destabilizing mechanisms that may trigger instability for \( \beta > \beta_{\text{sec}} \), and that have been well studied in the literature, are viscosity and gravitational radiation reaction (Chandrasekhar 1970; Friedman & Schutz 1978; Lai 2001; Gaertig & Kokkotas 2011). A rough estimate for the growth time due to destabilization from gravitational radiation is

\[
\tau_{\text{gw}} \approx 2 \times 10^{-5} M_{1.3}^{-3} R_{20}^2 (\beta - \beta_{\text{sec}})^{-5} \text{s},
\]

which is roughly independent of \( n \) (Lai & Shapiro 1995). This destabilizes the Dedekind mode, which corresponds to a highly differentially rotating but stationary figure with a rotation pattern that gives rise to a bar-mode-like oscillation. In comparison, typical timescales for accretion are \( \tau_{\text{acc}} \approx M/M \sim 10^2-10^4 \text{s} \). For gravitational radiation reaction to be effective, it must therefore act in a timescale \( \tau_{\text{gw}} \lesssim \tau_{\text{acc}} \), which implies \( \beta \gtrsim 0.16-0.18 \). Although not far above \( \beta_{\text{sec}} = 0.14 \), it is possible that other destabilizing processes can occur first as the NS spin is increasing. For example, the accretion itself or viscous processes near the surface of the NS may be extremely dissipative. For these reasons we consider it reasonable to assume that \( \beta_c \approx \beta_{\text{sec}} \), but whether there is small variation in \( \beta_c \) for the particular case of fallback accretion deserves further study in the future.

The next important question is what kind of rotating figure is present during this saturated state. In general, there are a wide range of spheroidal and ellipsoidal figures available, but for the moment we concentrate on the Dedekind and Jacobi ellipsoids. Although these belong to the much larger class of Riemann-S ellipsoids, the general features of our argument still apply. The Dedekind mode is destabilized by GWs because of its stationary properties. This allows it to have an equilibrium state without GW production, and at the same time it exhibits high internal differential rotation to conserve its circulation. In a sense, the stable properties of the Dedekind mode are somewhat unique to the effect of GWs, which only care about the time-varying quadrupole moment. In contrast, the Jacobi mode is destabilized for any viscosity. Furthermore, its rigidly rotating interior (with perhaps a small amount of differential rotation to prevent mass shedding) seems more representative of the interior of an NS, which is subject to a wide range of potential viscosity mechanisms, as well as magnetic fields that resist any differential rotation. Given the above arguments, the spinning NS is best approximated as a Jacobi-like ellipsoid that is roughly rigidly rotating and, as we will show below, is actually very close to just being spheroidal.

It should be noted that our model is decidedly different than that employed by Corsi & Mészáros (2009) to follow NS spin evolution following a magnetar-powered long gamma-ray burst. They focus on spin-down by GWs and dipole radiation and include no fallback accretion, nor any magnetic or viscous effects on the internal fluid motions of the star. Because of this, their spin evolution asymptotes to a highly differentially rotating Dedekind ellipsoid instead.

In this saturated state the NS emits GWs with an associated energy loss of

\[
\dot{E}_{\text{gw}} = -\frac{32 G \Omega^5}{5 c^5} (I_{11} - I_{22})^2,
\]

where \( I_{\alpha} = \kappa_{\alpha} M a_{\alpha}^2/5 \) are the components of the star’s quadrupole and \( a_1 \) and \( a_2 \) are the main axis of the triaxial figure. Angular momentum is removed at a rate

\[
N_{\text{gw}} = \dot{E}_{\text{gw}}/\Omega.
\]

The corresponding GW strain amplitude as measured on Earth is (Brady et al. 1998)

\[
h_0 = \frac{2 G \Omega^2}{c^2 D} (I_{11} - I_{22}),
\]

where \( D \) is the distance to the source.

Given the above discussion, we summarize our procedure for estimating the GW emission from fallback accretion as follows:

1. Accretion increases \( \beta \) on a timescale \( \sim 10-50 \text{s} \) until, at a value \( \beta \approx \beta_c \), GW production saturates the spin parameter. If the NS is destabilized due to gravitational radiation reaction, then \( \beta_c \approx 0.16-0.18 \). But given the potential for viscous or accretion-driven destabilization, we consider it reasonable to set \( \beta_c \approx \beta_{\text{sec}} \).

2. This \( \beta_c \) implies an ellipticity \( e \), spin frequency \( \Omega \), and equatorial radius \( R_e \) via Equations (7), (8), and (10), respectively.

3. For GW emission to maintain \( \beta \approx \beta_c \), it must remove angular momentum at a rate that roughly balances the accretion torque, so that \( N_{\text{gw}} + N_{\text{acc}} \approx 0 \).

4. Using this equilibrium condition, we can solve for \( I_{11} - I_{22} \) using Equations (12) and (13), which can then be substituted into Equation (14) to find \( h_0 \).
setting the evolution up until $M_{\text{crit}}$ scheme described in these notes. The NS has $M_0 = 1.3 M_\odot$ and $R = 20$ km, with both $n = 1$ (solid curves) and $n = 0.5$ (dashed curves), and $\eta = 1.0$ for setting $M$. It is assumed that the NS accretes for 40 s, during which $\beta < \beta_{\text{crit}}$ and no angular momentum is lost. We then set $\beta = \beta_{\text{crit}} = 0.14$ and follow the evolution up until $M \approx 2.5 M_\odot$, at which point the NS would collapse to become a BH.

2.4. Estimates and Time-dependent Evolutions

To better demonstrate how our GW calculations will proceed, it is useful to present an example implementation. Consider accretion onto an $M_0 = 1.3 M_\odot$, $R_0 = 20$ km NS. Setting $\beta \approx \beta_*$ and using $\beta_{*} = \beta_{\text{acc}}$ implies that the ellipticity and spin in the saturated state are $\epsilon = 0.813$ and $\Omega/2\pi = 542$ Hz ($n = 1$) or $\Omega/2\pi = 457$ Hz ($n = 0.5$). For $n = 1$, the mean radius is $R = 1.09 R_0$ and in turn the equatorial radius is $R_e = 1.31 R_0$. For $n = 0.5$, $R = 1.035 R_0$ and $R_e = 1.24 R_0$. These values match what is plotted in Figure 2 at $\beta = \beta_{\text{acc}}$ (along the vertical dotted line) and are consistent with the general intuition that a more centrally concentrated mass distribution (i.e., higher $n$) is more strongly affected by rotation at a given $\beta$.

In Figure 3, we present example time evolutions of accreting NSs in the saturated state. The top two panels show the accretion rate from Equation (3) using $\eta = 1$ and the total mass given an initial mass of $M_0 = 1.3 M_\odot$ and using Equation (4). It is assumed that the NS accretes for 40 s before $\beta = \beta_{\text{crit}}$, and thus earlier times are not shown in this plot. We could potentially attempt to set the timescale at which the saturated state begins self-consistently with the early-time accretion rate. The problem is that the critical time when $\beta = \beta_{\text{crit}}$ will depend on the initial spin of the core, which is difficult to estimate. We therefore leave the initial time for saturation as a free parameter and consider any time from ~10 to 50 s to be reasonable. As described previously, a given mass and value of $\beta_*$ are sufficient to solve for the spin rate (or GW frequency), which is plotted in the third panel of Figure 3. This depends on the density distribution of the star, and thus we plot $f$ for both $n = 1$ (solid lines) and $n = 0$ (dashed lines) polytropes.

When the GW torque is in equilibrium with the accretion torque ($N_{\text{gw}} + N_{\text{acc}} \approx 0$), the quadrupole moment $Q = I_{11} - I_{22}$ is

$$Q = \left[ \frac{5}{32} \frac{(GM_*)^2 M^4}{G\Omega^5} \right]^{1/2}. \quad (15)$$

For $M = 10^{-3} M_\odot$ s$^{-1}$, we estimate a poloidal ellipticity $\epsilon \equiv Q/MR_0^2 = 7.0 \times 10^{-3}$ ($n = 1$) or $\epsilon = 1.1 \times 10^{-2}$ ($n = 0.5$). This demonstrates that the NSs we are considering here are only deviating from sphericity by a small amount. This gives us some confidence that accretion will proceed unhindered by the triaxial shape of the NS. (In contrast, it is unlikely that accretion can occur onto an NS that is spinning fast enough for dynamical instabilities and has an extreme bar-mode shape.) It should be noted though that $Q/MR_0^2 > 10^{-5}$ exceeds the maximum strain that a neutron crust can support (Shaham 1977). This crustal physics is not included in our calculation, and a future, more detailed investigation should include the time-dependent effects of crust formation.

Substituting this $Q$ into the strain in Equation (14), and using a distance of $D = 10$ Mpc, gives $h_0 = 4.4 \times 10^{-24}$ ($n = 1$) and $4.8 \times 10^{-24}$ ($n = 0.5$). We also plot the time-dependent strain amplitude in the bottom panel of Figure 3. This is similar to but slightly larger than these estimates since the NS and its spin frequency are increasing with time even as $\beta$ remains fixed.

3. DETECTABILITY OF SIMULATED WAVEFORMS

In this section, we survey upcoming GW interferometers and assess the detectability of GWs from an NS subject to fallback accretion. Focusing on realistic excess cross-power searches, we show that second-generation detectors such as aLIGO may be able to probe accretion-powered NS models out to astrophysically interesting distances: $\approx 17$ Mpc.

3.1. Gravitational-wave Interferometers

Recent years have seen the development of a worldwide network of GW interferometers. The initial LIGO experiment (Abbott et al. 2009b) achieved design strain sensitivity: $\approx 2 \times 10^{-24}$ Hz$^{1/2}$ in the most sensitive frequency range of 100–200 Hz. Next-generation of interferometers such as aLIGO (Harry et al. 2010), Advanced Virgo (Acernese et al. 2006), and KAGRA (Kuroda et al. 2010) are expected to begin taking data starting in $\approx 2015$, while the collection of data from GEO (Abadie et al. 2011) is ongoing. The upgraded aLIGO/Virgo experiments are expected to achieve a factor of 10 better strain sensitivity than initial LIGO/Virgo. In our simulation study below we show that aLIGO can probe fallback accretion signals to objects as distant as the Virgo Cluster.

3.2. Waveform Simulation

In order to assess the detectability of fallback accretion events, we inject simulated waveforms into Monte Carlo noise and determine the distance at which signals can be distinguished from noise. Far from the source, we can write the metric perturbation as

$$h_+(t) = h_0 (1 + \cos^2 \theta) \cos \Phi(t) \quad (16)$$

and

$$h_{\times}(t) = 2h_0 \cos \theta \sin \Phi(t), \quad (17)$$

where $h_0$ is calculated from Equation (14),

$$\Phi(t) = \int_0^t 2\pi f(t') dt',$$  \quad (18)
is the time-dependent phase, and \( \iota \) is the inclination angle (which we later set to zero by assuming that the source is face-on). We calculate \( h_n(t) \), \( h_{\nu}(t) \) by numerically evaluating the integral in Equation (18).

### 3.3. Injection Recovery

We envision an excess cross-power search (see Thrane et al. 2011; Prestegard et al. 2012) for long-lived GWs associated with a well-localized electromagnetic counterpart, so that the direction and time of the signal are constrained (though more computationally expensive “all-sky” searches are possible as well). We consider a simple network consisting of two 4 km advanced LIGO observatories operating at design sensitivity: one in Hanford (H1) and one in Livingston (L1).

We assume that the GW frequency of the signal is between 700 and 2400 Hz, which is true for the models considered here (see Table 1). We assume that the electromagnetic trigger constrains the on-source region (during which the signal may be present) to 1000 s in duration. Such an on-source region is similar to the timescale over which the start of a supernova can be identified from shock breakout of a compact progenitor (Nakar & Sari 2010) and considerably longer than the typical timescale of a long gamma-ray burst. On the other hand, if the supernova progenitor is more extended (like a red supergiant), then the on-source region could be \( \sim 3–10 \) times larger (Schawinski et al. 2008). We explore how sensitivity varies with the on-source duration below. We assume that electromagnetic measurements constrain the direction of the source to better than \( 0\,\text{17} \), inside which at least 90% of the H1–L1 point-spread function is contained for a source with \( f \leq 2400 \text{ Hz} \). (If the source cannot be this well localized, the sky can be tiled in order to search over multiple directions.)

| Max. H1 (Mpc) | \( R_0 \) (km) | \( \eta \) | \( f_{\text{max}} = f_{\text{min}} \) (Hz) | \( t_{\text{dur}} \) (s) | \( D_{\text{burst}} \) (Mpc) | \( D_{\text{det}} \) (Mpc) |
|----------------|----------------|-------------|-----------------|----------------|----------------------------|-----------------|
| 2.5            | 20             | 1           | 1098–1512       | 208            | 9.5                        | 125             |
| 2.9            | 20             | 1           | 1098–1655       | 354            | 10.0                       | 135             |
| 2.5            | 15             | 1           | 1690–2328       | 208            | 5.0                        | 31              |
| 2.5            | 25             | 1           | 785–1082        | 208            | 17.0                       | 195             |
| 2.5            | 20             | 10          | 1174–1528       | 37             | 12.5                       | 115             |
| 2.5            | 20             | 0.5         | 1093–1508       | 385            | 8.5                        | 120             |
| 2.5            | 20             | 0.3         | 1091–1510       | 64             | 7.5                        | 145             |
| 2.5            | 20             | 0.1         | 1089–1510       | 3100           | \(< 7.5^d\)                 | ...             |

**Notes.**

- Distances are calculated for a false alarm probability \(< 0.1\%\) and a false dismissal probability \(< 50\%\) using Monte Carlo aLIGO noise (high-power, zero-detuning The LIGO Scientific Collaboration 2010). We assume an initial NS mass of 1.3\( M_\odot \). Note, for comparison, that the Virgo Cluster is \( \approx 16.5 \text{ Mpc} \) away from Earth, while the Andromeda Galaxy is \( \approx 0.8 \text{ Mpc} \) away. Sources are assumed to be optimally oriented.
- Detection distance for a highly idealized matched filtering search.
- Detection distance for a realistic excess cross-power search.
- Due to its length, more work beyond our present scope is required to carefully study this 3100 s signal. We note that the detection distance is likely to be less than a signal with identical parameters except for a larger \( \eta \). When \( \eta \) is decreased, the power is spread out more diffusely over a longer duration, making the signal harder to detect.

Within this 1000 s \( \times 1700 \text{ Hz} \) on-source region, and following Thrane et al. (2011), we create a spectrogram of signal-to-noise ratio \( S/N(t; f) \), which is proportional to the cross-correlation of the H1 and L1 strain data. Here, \( f \) refers to the frequency bin in a discrete Fourier transform centered on time \( t \). We use 1 s long, 50% overlapping, Hann-windowed data segments, which yield spectrograms with a resolution of 0.5 s \( \times 1 \text{ Hz} \). Note that

\[
(S/N(t; f)) = h_n^2(1 - \cos^2 \iota) \tag{19}
\]

and that noise fluctuations can be both positive and negative. A formal derivation of \( S/N(t; f) \) can be found inThrane et al. (2011). An example of an \( S/N(t; f) \) spectrogram can be seen in the two left panels of Figure 4.

The problem of detection is to identify a track of positive-valued pixels in the presence of noise. We employ a track-search algorithm (Prestegard et al. 2012b), which looks for clusters of positive pixels. The pixels are combined to determine the \( S/N \) for the entire cluster denoted \( S/N(c) \). Note that \( S/N(c) \) is distinct from \( S/N(t; f) \), which is the \( S/N \) associated with individual pixels in a spectrogram. We apply the track-search algorithm to Monte Carlo Gaussian noise in order to determine the threshold for an event with false alarm probability 0.1%. We find this threshold to be \( S/N(c) = 23 \).

Real interferometer strain noise is only approximately Gaussian and includes noise bursts (glitches) and other non-stationary effects. As a rule of thumb, glitches have a tendency to push the required detection threshold higher than it would be in Gaussian noise. However, it was shown in Prestegard et al. (2012) that initial LIGO cross-correlated data can be cleaned to the point where it is essentially indistinguishable from ideal Gaussian noise in the context of a search for long \( O(>10 \text{ s}) \) narrowband GW transients. This is especially true in the shot-noise regime at high frequencies \( f \gtrsim 500 \text{ Hz} \) where our signal resides. Thus, we expect that the threshold of \( S/N(c) = 23 \) is representative of what can be achieved with realistic interferometer data.

Next, we inject simulated signals into the Monte Carlo noise in order to determine the amplitude above which 50% of the signals are recovered above threshold. The signals are injected assuming an optimally oriented source (\( \iota = 0 \)) and in the direction that maximizes the interferometer network sensitivity. (The sky-averaged sensitivity is \( \approx 2.5 \) less than the optimal sensitivity.) Plots illustrating the recovery of injected signals are presented in the two right panels of Figure 4. By varying the distance to the source, we can determine the distance at which we can observe a signal with false alarm probability \( \leq 0.1\% \) and false dismissal probability 50%. This “detection distance,” denoted \( D_{\text{burst}} \), is given in Table 1 for different combinations of parameters. We also include the corresponding distance that can be obtained with a highly idealized matched filtering analysis \( D_{\text{det}} \). We return to the topic of matched filtering below.

We find that, depending on the source parameters, aLIGO can observe signals out to distances of \( \approx 5–17 \text{ Mpc} \). Thus, aLIGO will be able to probe fallback-powered GW emission from NSs in nearby galaxies such as Andromeda (0.8 Mpc) and perhaps as far away as the Virgo Cluster (16.5 Mpc). These distance estimates are obtained using an existing pattern recognition search algorithm. It is possible that the sensitivity can be improved by developing a specially tailored search algorithm.

Until now we have assumed that the GW signal can be confined to a 1000 s on-source region. In order to determine

\[
\frac{\hat{\mu}, \hat{\nu}}{\hat{n}} \quad \text{where} \quad \hat{n} \text{ points from the detector to the source and} \quad \hat{\mu}, \hat{\nu} \text{are aligned to the principal polarization axes of the GW.}
\]

\[
\frac{\hat{\mu}, \hat{\nu}}{\hat{n}} \quad \text{where} \quad \hat{n} \text{ points from the detector to the source and} \quad \hat{\mu}, \hat{\nu} \text{are aligned to the principal polarization axes of the GW.}
\]

\[
\frac{\hat{\mu}, \hat{\nu}}{\hat{n}} \quad \text{where} \quad \hat{n} \text{ points from the detector to the source and} \quad \hat{\mu}, \hat{\nu} \text{are aligned to the principal polarization axes of the GW.}
\]
how this assumption affects the search sensitivity, we also consider a longer 3000 s on-source region. We find that the 0.1% false alarm probability threshold grows from $S/N(c) = 23$ to $S/N = 25$. Repeating the above injection study, we find that the detection distance for a 3000 s window is about 3% smaller than for a 1000 s window, e.g., the detection distance for the $R = 25$ km waveform shown in Figure 4 changes from 17.0 Mpc to 16.5 Mpc. Thus, the falloff in sensitivity is modest as the on-source region is increased in size, which in turn suggests that the analysis we have sketched out can be performed for a wide range of electromagnetic triggers. In the next section, we investigate the best theoretically possible (though probably unrealistic) sensitivity that can be achieved with matched filtering.

3.4. Matched Filtering Estimates

For GW signals of a known form, the theoretically optimal search strategy is matched filtering (see, e.g., Abadie et al. 2012a, 2012b; Owen & Sathyaprakash 1999). The fallback accretion powered signals we consider here, however, will prove challenging to target with a matched filtering search. Such a search must include a template bank that spans the space of possible signals. An incomplete template bank can result in faulty upper limits if the true signal falls outside the template space. In order to generate a complete template bank, we require firm knowledge of the details of the waveform’s phase evolution. In presenting the above model, we have not aspired to this degree of accuracy. Moreover, even if a complete and accurate model could be written down, there may be computational challenges associated with performing the search, especially for long signals with many parameters.

Nonetheless, it is useful to compare the detection distances calculated using the excess-power technique to estimates for what can be achieved with matched filtering as this places an upper limit on the detection distance that can be achieved through improvements to the data-analysis scheme. Rather than create a bank of templates to span the space of our signal, we assume that every signal parameter is known, including the start time of the signal, the initial phase, the initial mass $M$, the polytrope index, the direction, the critical value of $\beta$. As before, we assume optimal orientation of the source, optimal orientation of the detector network, a false-alarm probability of 0.1%, and a false dismissal probability of 50%. This highly idealized analysis allows us to use just a single template. We find that highly idealized matched filtering allows us to extend the detection distance by a factor of 6–19, as is summarized in Table 1. Such distances are comparable to that found in “characteristic amplitude” estimates of spinning NSs (for example, see Lai & Shapiro 1995).

3.5. Other Gravitational-wave Signatures

Besides the GWs from fallback, there may be other GW signals associated with supernovae and the creation of a BH. A variety of mechanisms have been proposed for GW emission from supernovae, including the acoustic mechanism, rotational...
instabilities, rotating collapse and bounce, and convection and standing accretion shock instabilities (see Ott 2009, and references therein). Competing models predict GW fluence that spans six orders of magnitude (2 to $2 \times 10^9$ erg cm$^{-2}$ for a galactic source at 1 kpc), but at least one model (the acoustic mechanism) predicts strain amplitude high enough for aLIGO to observe in Andromeda (Leonor 2010; Ott et al. 2006). It is therefore possible that the fallback GWs we describe here could potentially be present from the same event that produces a short GW burst in Andromeda.

In addition to the precursor signal from core collapse, it is interesting to consider the possibility of a postcursor signal from the ringing BH eventually formed through accretion (Fryer et al. 2002; Ott et al. 2011). There are significant uncertainties surrounding the strain amplitude of the BH ringdown signal following accretion-induced collapse, but the signal morphology is relatively well constrained (Fryer et al. 2002). For a newly formed BH with mass $2.5M_\odot$, we expect a damped sinusoid signal with frequency $f \approx 6.5$ kHz and quality factor $Q \approx 3$ (Abbott et al. 2009a). The strain amplitude depends on the fraction $\epsilon$ of energy radiated in GWs and the mass $\mu$ falling into the BH, thereby exciting the quasinormal modes (Fryer et al. 2002). If we optimistically assume $\epsilon = 0.01$ and $\mu = 0.1M_\odot$, the matched filtering detection distance is 0.15 Mpc (assuming an optimally oriented source, requiring a false alarm probability $= 0.1\%$ and a false dismissal probability $= 50\%$). Thus, the possibility of observing a ringdown signal is probably limited to sources in our own Galaxy.

4. ELECTROMAGNETIC COUNTERPARTS AND RATES

Given that fallback accretion onto an NS can be observed with aLIGO out to a distance of $\approx 17$ Mpc, it is worth exploring the broader context of what kind of events could be associated with potential GW detections. It has been well established in the case of compact mergers that joint GW and electromagnetic detections provide the greatest opportunity for learning about these systems. This should likewise be true for core-collapse supernovae. In the following discussion, we draw upon recent theoretical and observational progress in understanding core-collapse supernovae to address potential electromagnetic counterparts and estimate rates.

To get fallback accretion as needed for GW production requires a few key ingredients: (1) sufficient angular momentum for disk formation, (2) a sufficiently low explosion energy to not unbind the entire envelope, and (3) a progenitor that is sufficiently massive and compact for eventual BH formation. Disk formation within collapsing stars has traditionally been the focus of studies trying to produce long gamma-ray bursts. For example, a large part of the work by MacFadyen et al. (2001), which motivated the fallback model we employed, was presented to study the hyperaccretion that would occur following BH formation. Since we too require rotation to spin up the NS and generate GWs, this may mean that hyperaccretion and jet formation may follow. But this is not certain, because the exact conditions required for jet formation are not well known. We therefore divide our discussion between events that have jets and those that do not.

4.1. Counterparts of Events with Jet Formation

Even if a jet is produced, the observational signature can vary greatly depending on whether the jet breaks out of the envelope. For this to occur, a substantial fraction of the envelope must be removed. This is consistent with the correlation of long gamma-ray bursts with Type Ic supernovae (Woosley & Bloom 2006), which do not have signatures of hydrogen or helium. If there is a sufficiently large hydrogen envelope to prevent the jet from cleanly breaking out, a jet-powered Type II supernova may result instead. Such an event might look like SN 2010jp (Smith et al. 2012), which showed evidence for a bipolar outflow. In addition, it had a low output of radioactive $^{56}$Ni ($\lesssim 0.003 M_\odot$), consistent with appreciable fallback, and signs of low metallicity, consistent with less mass loss (Heger et al. 2003). A jet-driven explosion was also suggested for SN 2001ig based on spectropolarimetry and line-profile evidence (Maund et al. 2007; Silverman et al. 2009). Other studies have attempted to use polarization to infer the amount of asymmetry in the supernova (which could be driven by a jet), but this is less conclusive (Leonard et al. 2000, 2001). It is enticing, though, that the amount of asymmetry seems to be inversely related to the hydrogen envelope mass (Chornock et al. 2011, and references therein), which is consistent with the generally expected picture. If the hydrogen envelope buries all signs of a jet, even a weak amount of subsequent hydrogen recombination may produce a luminous red nova-like event (Kulkarni et al. 2007; Bond et al. 2009; Thompson et al. 2009), as has been speculated by Quataert & Kasen (2012).

4.2. Events Without Jet Formation

If the majority of the material just falls into the BH or if there is little $^{56}$Ni production, the electromagnetic signature may be very weak, producing an “unnova” (Kochanek et al. 2008). The prospect of identifying dying stars that cannot be observed with traditional methods would be an exciting use of GWs. On the other hand, there is currently little evidence for such events, and no apparent need of them to explain discrepancies between rates of different supernova types versus a standard initial mass function (Smith et al. 2011). Furthermore, the nearby Type II-L SN 1979C (Panagia et al. 1980) clearly had a bright, explosive display, but some have argued that it left a BH remnant (Patnaude et al. 2011). A dim or nonexistent event also seems to be disfavored on physical grounds. The outer envelope of a red supergiant is very loosely bound, and just a weak shock will eject it and produce a signature from hydrogen recombination (Dessart et al. 2010), even if all the radioactive material falls into the BH. This would argue that a supernova with fallback may produce a Type II-P like light curve, even if it is relatively weak. Again, this might lead to a connection with some subset of the luminous red novae.

4.3. Rate Estimates

Since it has been difficult to definitively connect any electromagnetic transients with fallback accretion and BH formation, the rate of such events, especially within the $\approx 17$ Mpc distance needed for GW detection, is uncertain. Long gamma-ray bursts may be ideal sources, since GWs from fallback may be a precursor to jet formation. Such a detection would provide important evidence that some long gamma-ray bursts are powered by accretion versus models that favor young magnetars (Metzger et al. 2011, and references therein). Unfortunately, the closest recorded long gamma-ray burst was at a distance of 37 Mpc (Galama et al. 1998), making the prospect of a nearby long gamma-ray burst unlikely. Based on rate estimates from Chapman et al. (2007), we expect $3 \text{kyr}^{-1}$ within 17 Mpc.

On the other hand, $\sim 1$–2 supernovae typically occur within 17 Mpc each year (see Table 2). Most of these nearby events
are the common Type II-P supernovae, which are perhaps the least likely to have fallback accretion, although there are a few other types. Nevertheless, given the uncertainties in the electromagnetic signature from fallback, events like these would be worth checking with next-generation GW interferometers. The Hubble Space Telescope can detect progenitors of these events in pre-explosion imaging out to \(\approx 30 \text{ Mpc}\) (Smartt 2009). So in principle, we might expect that any supernova that has GWs detectable from fallback will therefore have an identified progenitor. In practice, only \(\approx 1/3\) of the time is the archival imaging available for the location of the nearby supernova. Also problematic is that there still has never been a progenitor star identified for a Type Ib or Ic supernova, which remains an outstanding puzzle.

Although much more speculative, if there is fallback accretion associated with some subset of luminous red novae, this could provide an important increase in the rate of fallback GW detections by \(\approx 50\%\) or more since these events are relatively nearby (Thompson et al. 2009). Since luminous red novae are often shrouded in dust, they can be difficult to study and may even be missed electromagnetically in some instances. GWs provide a method to potentially detect and learn about these mysterious transients.

The rate of events without any electromagnetic signature is the most difficult to estimate. Monitoring data for M81 from the Large Binocular Telescope formally set the rate as \(\lesssim 80\) times that of normal supernovae at 90% confidence (Prieto et al. 2008), which is not especially limiting. Perhaps more constraining, the similarity of massive star formation rates and supernova rates and the non-detection of a diffuse supernova neutrino background both indicate that the rate of events without electromagnetic signatures cannot significantly exceed the rate of observed core-collapse supernovae (Hopkins & Beacom 2006). Even though a systematic survey is necessary to provide stringent limits on such events (Kochanek et al. 2008), the prospect that GWs could help find a missing class of dying stars is worth exploring in more detail.

### 5. DISCUSSION AND CONCLUSION

We investigated the production of GWs in a subset of supernovae where an NS is produced in the core, but which subsequently collapses to a BH after \(\approx 30–3000\) s of fallback accretion. Using semi-analytic models for the spin evolution of the NS, we estimate typical GW frequencies of \(\approx 700–2400\) Hz, as well as the corresponding strain amplitudes. We estimate that such events will be detectable by aLIGO out to \(\approx 17\) Mpc. Given the messy process of fallback accretion, we argue that this figure is much more robust than estimates made with an overly optimistic matched filtering technique. Finally, we discuss a number of electromagnetic events that may be associated with this unique GW signal. Although such connections are still very uncertain, there are likely \(\approx 1–2\) supernova events per year that will be worth searching for fallback GWs.

In this initial work a number of simplifying assumptions were made in the GW model. An important focus of future studies is to investigate more realistic progenitors. Future improvements may include using realistic fallback rates from numerical models, resolving the time-dependent accretion disk that mediates the flow of matter onto the NS, and better understanding what value of \(\beta_c\) is appropriate for an NS being spun up by fallback. Our framework using \(\beta_c\) as a free variable will hopefully make the incorporation of a more detailed investigation of the NS dynamics (such as in Passamonti et al. 2012; Passamonti & Glampedakis 2012) easier. Furthermore, a better survey of the range of fallback rates and expected timescales should be conducted, especially in the case of stellar models that may have been ignored because they do not produce long gamma-ray bursts. Binary interactions may also play an important role in generating the needed rotation rates (for example, see Woosley & Heger 2012), a fact that is maybe not surprising given that the majority of massive stars are in close binary systems (Chini et al. 2012).

In the event of a detection, there are a number of interesting things we might learn from the GW signature. For a given frequency, there is a one-to-one correspondence with the density of the NS, given constraints on the polytropic index \(n\) and \(\beta_c\) via Equation (8). Therefore, determining the frequency at the moment before collapse to a BH would directly constrain the density at the maximum mass of an NS, an important constraint on its equation of state (Lattimer & Prakash 2007). The main uncertainty is in \(\beta_c\). We have argued that \(\beta_c \approx \beta_{\text{sec}}\) is the most likely possibility, but even if \(\beta_c \approx 0.1–0.15\), this would only introduce a \(\approx 30\%\) error in the density assuming that the frequency is precisely measured. Nevertheless, this highlights the importance of determining \(\beta_c\) in future, theoretical work.

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