Potentiation of the anti-tumour effects of Photofrin®-based photodynamic therapy by localized treatment with G-CSF

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Summary Photofrin®-based photodynamic therapy (PDT) has recently been approved for palliative and curative purposes in cancer patients. It has been demonstrated that neutrophils are indispensable for its anti-tumour effectiveness. We decided to evaluate the extent of the anti-tumour effectiveness of PDT combined with administration of granulocyte colony-stimulating factor (G-CSF) as well as the influence of Photofrin® and G-CSF on the myelopoiesis and functional activity of neutrophils in mice. An intensive treatment with G-CSF significantly potentiated anti-tumour effectiveness of Photofrin®-based PDT resulting in a reduction of tumour growth and prolongation of the survival time of mice bearing two different tumours: colon-26 and Lewis lung carcinoma. Moreover, 33% of C-26-bearing mice were completely cured of their tumours after combined therapy and developed a specific and long-lasting immunity. The tumours treated with both agents contained more infiltrating neutrophils and apoptotic cells then tumours treated with either G-CSF or PDT only. Importantly, simultaneous administration of Photofrin® and G-CSF stimulated bone marrow and spleen myelopoiesis that resulted in an increased number of neutrophils demonstrating functional characteristics of activation. Potentiation anti-tumour effects of Photofrin®-based PDT combined with G-CSF observed in two murine tumour models suggest that clinical trials using this tumour therapy protocol would be worth pursuing. © 2000 Cancer Research Campaign

Keywords: photodynamic therapy; Photofrin®; G-CSF; neutrophils

Photodynamic therapy (PDT) with Photofrin® is a promising treatment modality for the management of a variety of solid neoplasms. This modality was recently approved for the treatment of oesophageal, lung, bladder, gastric and cervical cancers in various countries (Dougherty et al, 1998). Clinical trials using PDT for the treatment of cancers of other sites, including gastrointestinal tract, are also being conducted (Dougherty et al, 1998; Kashanil et al, 1996). Although most of the regimens use PDT for palliative treatment, it seems increasingly evident that this therapy might also be useful in the treatment of a wide range of cancers, from early to late stages (Reynolds, 1997).

PDT with Photofrin® involves the systemic administration of a photosensitizer followed, after a time necessary for accumulation of the sensitizer in the tumour, by the illumination of the tumour area with visible light in the red or near-infrared spectral region (Pass, 1993). There is ample evidence that PDT, besides eliciting direct cytotoxic effects towards tumour cells, involving formation of reactive oxygen species (Henderson and Dougherty, 1992), also induces indirect anti-tumour effects resulting from deprivation of oxygen and nutrients due to vaso-occlusion (Ochsner, 1997). PDT is also capable of inducing apoptosis in tumour cells (Granville et al, 1997; Ochsner, 1997; Ahmad et al, 1998). Moreover, PDT elicits non-specific and specific immune responses against the tumour (Korbelik and Dougherty, 1999). Endothelial cells seem to play a central role in these immune responses. Besides constriction at the time of PDT exposure (Fingar et al, 1992), endothelial cells facilitate platelet aggregation and thrombus formation that eventually lead to blood flow stasis (Ben-Hur et al, 1988; Foster et al, 1991; Fingar et al, 1997). Simultaneously, intensive extravasation of leucocytes, especially neutrophils and macrophages, into the tumour tissue is observed (Krosil et al, 1995; Gollnick et al, 1997). These cells accumulate in the tumour area as early as 5 min after PDT (Fingar et al, 1992), where they may kill tumour cells directly (Faddy et al, 1990) or indirectly through cooperation with lymphoid cells (Stoppani et al, 1993; Zilocchi et al, 1998).

Recent studies have demonstrated that the anti-tumour efficacy of PDT can be improved by the administration of macrophage activating factors such as granulocyte-macrophage colony-stimulating factor (GM-CSF) (Krosil et al, 1996) or modified vitamin D3-binding protein (Korbelik et al, 1997). Moreover, PDT efficacy is attenuated in immune-deficient nude and severe combined immune deficient (SCID) mice, implying the immune mechanisms among the effectors of PDT (Korbelik et al, 1996). It has also been observed that neutrophils are indispensable for successful PDT.
Specifically, depletion of neutrophils in tumour-bearing mice using polyclonal anti-granulocytes antibodies (de Vree et al., 1996a), or blocking functions of cell adhesion molecules engaged in the recruitment of these leucocytes in tissues by anti-CD18 monoclonal antibody (de Vree et al., 1996b), was found to decrease PDT-mediated anti-tumour effects. These observations prompted us to investigate the extent to which intensive G-CSF therapy, which results in increased production of neutrophils, is capable of potentiating the anti-tumour efficacy of PDT in mice.

MATERIALS AND METHODS

Mice

(C57BL/6 × DBA/2)F1 mice, hereafter called B6D2F1, and Balb/c mice, 8–12 weeks of age, were used in the experiments. Breeding pairs were obtained from the Inbred Mice Breeding Center of the Institute of Immunology and Experimental Medicine (Wroclaw, Poland), and from the Institute of Oncology, (Warsaw, Poland). All experiments with animals were performed in accordance with the guidelines approved by the Ethical Committee of the Medical University of Warsaw.

Reagents

Photofrin®, was generous gift of QLT PhotoTherapeutics, Inc. (Vancouver, BC, Canada). Recombinant human G-CSF (Neupogen) was purchased from Hoffman-La Roche (Basel, Switzerland). G-CSF was diluted with 0.1% bovine serum albumin (BSA; Sigma, St. Louis, MO, USA) in phosphate-buffered saline (PBS) for in vivo experiments.

Tumours

Colon-26 (C-26), a poorly differentiated and immunogenic colon adenocarcinoma cells, and a non-immunogenic Lewis lung (3LL) carcinoma cells were used. Cells were cultured in RPMI-1640 medium (Gibco-BRL, Paisley, UK) supplemented with 10% heat-inactivated fetal calf serum (FCS), antibiotics, 2-mercaptoethanol (50 μM) and L-glutamine (2 mM) (all from Gibco-BRL), hereafter referred to as culture medium. For in vivo experiments exponentially growing tumour cells were harvested, resuspended in PBS medium to appropriate concentration of cells and injected (1 × 106 C-26 cells or 5 × 105 3LL cells in 20 μl PBS) into the footpad of the right hind limb of experimental mice. Tumour cell viability ranged between 96 and 97%.

Tumour treatment and monitoring

Tumour-bearing mice were treated with G-CSF intratumourally (i.t.) starting from day 5 following inoculation of C-26 or 3LL cells. G-CSF was given twice daily, every 12 h, for 5 consecutive days, at a dose of 1 μg adjusted to 20 μl in 0.1% BSA-PBS. Mice in control groups were injected with 20 μl 0.1% BSA-PBS i.t. in the same regimen as the treated mice.

Photofrin® was administered intraperitoneally (i.p.) at a dose of 15 mg kg⁻¹ 24 h before illumination with 630-nm light (day 4 of G-CSF administration, day 9 of the experiment). The light source was a He-Ne ion laser (Amber, Warsaw, Poland). The light was delivered on day 10 of the experiment using a fiberoptic light delivery system. The power density at the illumination area, which encompassed the tumour and 1–1.5 mm of the surrounding skin, was approximately 80 mW cm⁻² (40 mW laser output). The total light dose delivered to the tumours was 150 J cm⁻². During the light treatment mice were anaesthetized with chloral hydrate (3.6 mg kg⁻¹) and restrained in a specially designed holder. Local tumour growth was determined as described (Golab et al., 1998a) by the formula:

\[
\text{Tumour volume (mm}^3\text{)} = (\text{longer diameter}) \times (\text{shorter diameter})^2
\]

Relative tumour volume was calculated as follows:

\[
\text{Relative tumour volume} = \frac{\text{[(tumor volume) ÷ (initial tumor volume)]}}{100}\%.
\]

Transient tumour oedema that developed after PDT was included in the total volume of measured tumours.

Histopathology, immunohistochemistry and TUNEL staining

The individual C-26 tumours were excised and snap-frozen 24 h after PDT. Several cryostat sections, 10 μm thick, were made from each tumour. Some sections were stained with haematoxylin and eosin (H&E) routinely, the other sections underwent immunohistochemical procedures and TUNEL staining. Two-step immunohistochemistry was performed, with a primary rat anti-mouse neutrophil monoclonal antibody (clone RB6-8C5, Pharmingen, San Diego, CA, USA) against Gr-1 epitope, and the secondary being fluorescein isothiocyanate (FITC)-labelled goat F(ab’)2, anti-rat IgG (H+L) (Southern Biotechnology Associates, Inc., Birmingham, AL, USA).

DNA fragmentation was detected by means of terminal deoxynucleotidyl transferase based, in situ cell death detection kit (TUNEL, Boehringer Mannheim, Germany). The procedure was performed according to the manufacturer’s instructions. Deoxynucleotide incorporated in DNA strand breaks was fluorescein-labelled.

Analysis of peripheral blood cells

In the experiments in which the influence of Photofrin® and/or G-CSF on haematopoiesis was studied, Balb/c mice were treated in the same treatment regimen as in the above experiments. G-CSF was given twice daily, every 12 h, for 5 consecutive days, at a dose of 1 μg. Photofrin® was administered at a dose of 15 mg kg⁻¹. Mice in control groups were injected with 0.1% BSA-PBS and 5% dextrose. Blood was collected from retroorbital sinus of anaesthetized mice 12 h after the last G-CSF dose and peripheral blood cells were assessed using a Sysmex-820 cell counter (Sysmex, Kyoto, Japan) adapted for the analysis of rodent cells.

In vitro colony assays

Spleen and bone marrow cells were collected 12 h after the last G-CSF dose and the colony-forming units granulocyte–macrophage (CFU-GM) and the colony-forming units granulocyte, erythrocyte, monocyte, megakaryocyte (CFU-GEMM) assays were performed as described previously (Golab et al, 1998a).
Luminol-enhanced chemiluminescence measurements
To evaluate the respiratory burst of oxygen-derived metabolites in Balb/c mice treated with G-CSF and/or Photofrin®, the luminol-enhanced chemiluminescence (ECL) was measured in whole peripheral blood collected from retroorbital sinus 12 h after the last G-CSF dose. Mice were treated with G-CSF and/or Photofrin® as described above. Ten microlitres of peripheral blood, five times diluted with Hanks balanced salt solution, was mixed with 200 µl of luminol (1 × 10⁻⁵ M; Sigma). The vials were placed in the measuring chamber of a liquid scintillator counter LKB Wallac 1409 with the chemiluminescence option (Pharmacia LKB, Turku, Finland) for the measurement of spontaneous luminol-ECL. Then 20 µl of serum-opsonized zymosan (2 mg ml⁻¹; Sigma) was added to vials and the luminol-ECL of zymosan-activated cells was measured using the same apparatus. The results were expressed as counts per minute (cpm).

Statistical analysis
Data are presented as means ± standard error (s.e.). Differences in tumour volume, chemiluminescence, numbers of bone marrow and spleen colonies and peripheral blood leucocytes were analysed for significance by Student’s t test. Additionally, data from in vivo studies were analysed with the non-parametric Mann–Whitney U-test (Instat™, GraphPad Software, San Diego, CA, USA). Kaplan–Meier plots were generated using days of animals death (after inoculation of tumour cells) as a criterion, and survival time of animal was analysed for significance by log-rank survival analysis. Significance was defined as a two-sided $P < 0.05$.

RESULTS

Anti-tumour effects of PDT combined with G-CSF in C-26 adenocarcinoma and 3LL carcinoma
As it has been reported in previous studies that the presence of neutrophils contributes to the anti-tumour efficacy of PDT (de Vree et al, 1996a), we evaluated the extent to which intensive G-CSF therapy is capable of potentiating the anti-tumour efficacy of PDT. G-CSF was administered i.t. for 5 consecutive days, starting 5 days after inoculation of tumour cells. The dose and
The timing of G-CSF administration (1 μg, every 12 h) was chosen based on our previous experiments demonstrating effective stimulation of granulopoiesis in mice (Golab et al., 1998a). As shown in Figure 1A, 1B, 1C and 1D, PDT produced potent anti-tumour effects against both tumours that were manifested as a reduction of tumour growth and a prolongation of mice survival time. Intensive G-CSF treatment strongly potentiated these effects, further reducing tumour growth. Mice treated with a combined (PDT and G-CSF) regimen survived significantly longer than mice in all other groups. Significantly, 33% of C-26-bearing mice (three of nine) were cured of their tumours (no tumour for 150 days after inoculation of C-26 cells). The cured mice (n = 3) rejected rechallenge with even 10 times higher dose (1 × 10⁶) of C-26 cells injected into the contralateral footpad on day 150, but did not reject other tumour cells (Ha-ras-transformed 3T3 cells), suggesting the development of specific immunity against the treated tumour. Control mice (n = 6), injected at the time of rechallenge, developed progressively growing tumours and died within 40 days after inoculation of tumour cells.

On H & E-stained sections, the C-26 tumours from both control and G-CSF-treated mice were composed of solid malignant tissue, with frequent mitotic figures (Figure 2A and D). The architecture of PDT-treated tumours was dramatically disturbed and neutrophils scattered between residual tumour cells were observed (Figure 2G). However, there were also regions of undisturbed tumour tissue after PDT only (not shown). In contrast, no such regions of undisturbed tumour were observed on sections taken from the tumours after combined treatment, and both tumour
Table 1 The influence of G-CSF and/or Photofrin® on haematopoiesis

(A) Changes in peripheral blood leucocyte counts in G-CSF and/or Photofrin®-treated mice

| Treatment group | WBC $\times 10^6$ µl$^{-1}$ | Granulocytes $\times 10^6$ µl$^{-1}$ | Lymphocytes $\times 10^6$ µl$^{-1}$ |
|-----------------|-----------------------------|------------------------------------|-------------------------------|
| Control        | 6.46 ± 0.52                 | 1.16 ± 0.24                       | 5.30 ± 0.45                   |
| Photofrin      | 6.09 ± 0.50                 | 0.79 ± 0.13                       | 5.30 ± 0.44                   |
| G-CSF          | 16.59 ± 1.81*               | 7.90 ± 1.10*                      | 8.41 ± 0.92                   |
| Photofrin + G-CSF | 20.35 ± 1.87*             | 11.38 ± 1.45*                     | 8.97 ± 0.53*                  |

(B) The influence of Photofrin® and/or G-CSF on CFU-GM and CFU-GEMM colony formation in the bone marrow and spleens. The numbers values refer to the number of colonies per organ $\times 10^3$

| Treatment group | Bone marrow | Spleen |
|-----------------|-------------|--------|
|                 | CFU-GEMM    | CFU-GM | CFU-GEMM    | CFU-GM |
| Control        | 23.67 ± 1.99 | 78.20 ± 13.47 | 26.00 ± 3.52 | 69.40 ± 5.19 |
| Photofrin      | 21.33 ± 2.44 | 109.20 ± 8.39  | 24.83 ± 1.97 | 93.50 ± 7.59* |
| G-CSF          | 24.67 ± 1.81 | 166.83 ± 6.06* | 21.67 ± 1.41 | 579.29 ± 17.72* |
| Photofrin + G-CSF | 23.00 ± 3.33 | 205.00 ± 29.67* | 31.67 ± 3.12** | 598.93 ± 46.84* |

Balb/c mice ($n = 6–8$) were treated with G-CSF and/or Photofrin® in the same treatment schedule as in experiments in which antitumour activity was evaluated. In controls 5% dextrose and 0.1% BSA-PBS were used. Results represent means ± s.e. *$P < 0.05$ versus controls; **$P < 0.05$ versus each of the remaining groups. (Student’s $t$-test; two-tailed). The values refer to the number of colonies per organ $\times 10^3$

Table 2 The influence of G-CSF and/or Photofrin® on peripheral blood neutrophil chemiluminescence

| Treatment group | $Cl_{spont}$ cpm | $Cl_{stim}$ cpm | Ratio $Cl_{stim}/Cl_{spont}$ |
|-----------------|-----------------|-----------------|-----------------------------|
| Control         | 3848 ± 459      | 6246 ± 893      | 1.65 ± 0.21                 |
| Photofrin       | 5186 ± 527      | 25807 ± 3546    | 4.92 ± 0.47*                |
| G-CSF           | 5919 ± 1190*    | 44491 ± 8006    | 9.29 ± 2.36*                |
| Photofrin + G-CSF | 9456 ± 1244    | 300716 ± 39344  | 38.27 ± 8.50**              |

Balb/c mice ($n = 8–10$) were treated with G-CSF and/or Photofrin® in the same treatment schedule as in experiments in which anti-tumour activity was evaluated. In controls 5% dextrose and 0.1% BSA-PBS were used. The values refer to counts per minute (cpm). The ratio of spontaneous to stimulated chemiluminescence was counted in order to eliminate the differences in neutrophil counts between groups. Results represent means ± s.e. *$P < 0.05$ versus controls; **$P < 0.05$ versus each of the remaining groups (Student’s $t$-test; two-tailed)

Effects of Photofrin® and G-CSF on myelopoiesis

It has previously been described that Photofrin® at doses used in PDT accelerates myelopoietic recovery in irradiated mice and increases responsiveness of myeloid cells to recombinant myeloid growth factors (Hunt et al, 1995, 1998). Therefore, we decided to examine the effects of co-administration of Photofrin® and G-CSF (at doses used in the experiments with tumours) on the number of peripheral blood leucocytes and colony forming capabilities of bone marrow and spleen cells. Although Photofrin® did not significantly influence the number of peripheral blood leucocytes in our studies it slightly potentiated the effect of G-CSF (Table 1A).

To further investigate the effects of Photofrin® and G-CSF, we examined the influence of these agents, administered either alone or in combination, on the generation of spleen and bone marrow CFU-GM and CFU-GEMM colonies (Table 1B). G-CSF administered at doses used in the treatment of tumours increased the number of bone marrow and spleen CFU-GM colonies. Administration of a single bolus of Photofrin® slightly potentiated destruction and neutrophil infiltrations were much more intensive (Figure 2J).

Immunohistochemical staining of tumours taken from mice 24 h after PDT confirmed infiltration of tumours by neutrophils (Figure 2H). Characteristically, the neutrophils were localized mainly in superficial layers of tumours (close to the epidermis). However, numerous neutrophils were also found deeper in the tumour. The neutrophil infiltrations were substantially more intensive in tumours treated with the combined therapy (Figure 2K). These infiltrations were dense throughout the tumour.

In the tumours of mice treated with the combined regimen, multiple sites with apoptotic cells were observed on histological sections. To verify whether the observed cells were truly apoptotic, a TUNEL staining was performed. Indeed, in the sections of tumours treated with PDT, or PDT with G-CSF, numerous apoptotic cells were present (Figure 2 I and L). Importantly, both the neutrophil infiltration and the extent of apoptosis in tumours treated with PDT alone.
the influence of G-CSF on the number of bone marrow CFU-GM colonies. Moreover, it significantly potentiated the influence of G-CSF on the formation of CFU-GEMM colonies in the spleen.

**Influence of Photofrin® and/or G-CSF administration on luminol-ECL of peripheral blood granulocytes**

We also decided to evaluate whether treatment with both agents given alone or in combination affects one of the effector mechanisms of mature granulocytes, namely the production of reactive oxygen species. As expected, G-CSF treatment increased the luminol-ECL of zymosan-activated peripheral blood granulocytes. This effect was further significantly potentiated when mice were given both agents simultaneously (Table 2).

**DISCUSSION**

de Vree et al (1996a) were the first to suggest that G-CSF could potentiate anti-tumour efficacy of Photofrin®-based PDT. However, in their study, G-CSF was administered at a very low dose and for a short time only. As a result, the retardation of tumour growth was observed on 1 day only in rats treated with Photofrin®-based PDT and G-CSF as compared with PDT-treated animals. Since G-CSF is relatively well tolerated, we decided to administer it at high doses that ensure a strong and consistent stimulation of myelopoiesis (Golab et al, 1998a).

The results of the present report indicate that treatment with high doses of G-CSF strongly potentiates the anti-tumour effects of PDT. This combined therapy was effective not only in the reduction of tumour growth, but also in the prolonging of mice survival time (Figure 1). Moreover, in C-26 tumour model a combined treatment produced almost 33% cures, an effect not observed in animals of any other treatment groups in our experiments (Figure 1 B and D).

Treatment of tumours with PDT elicits a strong and localized inflammatory response as lymphocytes, granulocytes, macrophages and mast cells are found to rapidly infiltrate PDT-treated tumours (Krosel et al, 1995; Gullnick et al, 1997). A number of cytokines are produced within tumours after PDT. Interleukin (IL)-1β, IL-2 and tumour necrosis factor (TNF) are present in the urine of bladder cancer patients treated with Photofrin®-based PDT (Nseyo et al, 1990). Fragments of PDT-killed tumour cells, inflammatory cytokines and infiltrating leucocytes, capable of engulfing and presenting tumour antigens to T lymphocytes, might create a unique environment for promoting cell-mediated immunity. Administration of G-CSF, by increasing the number and activation status of granulocytes, possibly extends the repertoire of antigen-presenting cells, further facilitating the development of specific anti-tumour immune response (Stoppani et al, 1993). Indeed, it has been reported that activated granulocytes infiltrating tumours are capable of producing IL-1α, IL-1β, IL-8 and TNF, and of cooperating with CD8+ cytotoxic T lymphocytes in the induction of effective anti-tumour immunity (Stoppani et al, 1993; Zilocchi et al, 1998). It has also been previously observed that PDT generates tumour-specific T lymphocytes that can be recovered from distant lymphoid organs, such as lymph nodes or spleen, even after protracted times after light treatment (Korblik, 1996). Moreover, the effectiveness of PDT in either SCID or nude mice is greatly attenuated as compared with wild-type mice. Adoptive T-cells or bone marrow transfer into nude or SCID mice were effective in delaying the recurrence of PDT-treated tumours (Korblik et al, 1996).

Although, it cannot be excluded that the observed anti-tumour effects of the combined treatment might result from the G-CSF-induced changes in the level and distribution of Photofrin, the effectiveness of the combined PDT and G-CSF treatment seems to result from the increased tumour infiltration by neutrophils. G-CSF and Photofrin® are capable of synergistically stimulating the activation of these cells (increased chemiluminescence; Table 2). By inducing increased vascular permeability PDT facilitates tumour infiltration by activated neutrophils that could kill attenuated tumour cells. The striking increase in the number of apoptotic cells in tumours treated with the combination therapy might be a result of increased death of both tumour cells and activated neutrophils that so massively infiltrate the neoplastic tissue (Figure 2L). Apoptotic tumour cells might then be phagocytosed by dendritic cells enabling them to process and present tumour-derived peptides to T-cells, thus inducing the development of anti-tumour immune response (Albert et al, 1998). This response seems to be long-lasting as mice cured of their tumours were able to reject second rechallenge with tumour cells even after 150 days after initiation of the experiment. Moreover, it seems that the immune response is specific, since cured mice were not able to reject another, syngeneic tumour.

Combined PDT and G-CSF treatment could have additional benefits for cancer patients that are also frequently treated with myelosuppressive regimens including radio- and chemotherapy. G-CSF can decrease the duration of neutropenia and the risk of infections in both neutropenic and non-neutropenic patients undergoing chemotherapy (Welte et al, 1996).

Interestingly, Photofrin® alone demonstrates a number of biologic effects. It promotes haematopoietic activity within bone marrow and spleens of normal mice partly through the increased responsiveness to recombinant myeloid and erythroid growth factors (Hunt et al, 1995, 1998). In our studies, we observed increased activation of granulocytes obtained from mice treated with both Photofrin® and G-CSF. These cells revealed an enhanced responsiveness to zymosan, a strong activator of reactive oxygen species production. These effects might be relevant not only in the strengthened anti-tumour activity of granulocytes but also in the enhanced protection of tumour patients against febrile infections.

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