Supplementary Materials: Associations of Cholesteryl Ester Transfer Protein TaqIB Polymorphism with the Composite Ischemic Cardiovascular Disease Risk and HDL-C Concentrations: A Meta-Analysis

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Figure S1. Meta-analysis of the composite ischemic CVD and the CETP TaqIB polymorphism (additive genetic model: B1B1 vs. B2B2).
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Table S1. MOOSE Checklist.

| Criteria | Brief Description of How the Criteria Were Handled in the Meta-Analysis |
|----------|------------------------------------------------------------------------|
| **Reporting of background should include** | |
| ✓ Problem definition | CETP TaqIB polymorphism is closely associated with HDL-C level and various diseases including CAD, IS and MI. However, the associations between CETP TaqIB polymorphism and serum HDL-C level and susceptibility to AS were inconsistent in previous studies. |
| ✓ Hypothesis statement | It is likely that CETP TaqIB polymorphism may influence the serum HDL-C level and susceptibility of AS. |
| ✓ Description of study outcomes | Atherosclerosis |
| ✓ Type of exposure or intervention used | For the association between CETP TaqIB polymorphism and AS, B1B1 vs. B2B2, B1B1 + B1B2 vs. B2B2 and B1B1 vs. B1B2 + B2B2 genotypes or B1 vs. B2 allele; For the association between CETP TaqIB polymorphism and HDL-C, B1B1 vs. B2B2, B1B1 vs. B1B2, and B1B2 vs. B2B2. |
| ✓ Type of study designs used | Published case-control, nested case-control or cohort designs studies. |
| ✓ Study population | No restriction. |

**Reporting of search strategy should include**

| ✓ Qualifications of searchers | Investigators include experts in atherosclerotic diseases and qualified graduate students. All of the investigators have received training in literature research, statistics and evidence-based medicine. |
| ✓ Search strategy, including time period included in the synthesis and keywords | We selected possibly relevant articles in the Cochrane Library, Embase, PubMed, Web of Science, Springer, China Science and Technology Journal Database (CSTJ), China National Knowledge Infrastructure (CNKI), Google Scholar and Baidu Library (last search conducted in January 2016) with search strategy: (“Cholesterol ester transfer protein” OR “CETP”) and (“variation” OR “variant” OR “mutation” OR “polymorphism” OR “genotype”) and (“CAD” OR “coronary artery disease” OR “coronary heart disease” OR “CHD” OR “myocardial infarction” OR “MI” OR “ischemic cardiovascular disease” OR “IS”) and (“high-density lipoprotein cholesterol” OR “HDL-C” OR “blood lipid” OR “serum lipid”). |
| ✓ Databases and registries searched | The Cochrane Library, Embase, PubMed, Web of Science, Springer, China Science and Technology Journal Database (CSTJ), China National Knowledge Infrastructure (CNKI), Google Scholar and Baidu Library |
| ✓ Search software used, name and version, including special features | We did not employ any search software. |
| ✓ Use of hand searching | Other relevant studies were identified by hand-searching the references of included articles identified by electronic search. |
| ✓ List of citations located and those excluded, including justifications | Literature search and selection process are outlined in the flow diagram. The reasons for exclusion were listed in the flow diagram and explained in result section. |
| ✓ Method of addressing articles published in languages other than English | The search was limited to English and Chinese language papers. |
Method of handling abstracts and unpublished studies: We first examined if overlap existed and excluded overlapped studies. We only included published case-control, nested case-control or cohort designs studies.

Description of any contact with authors: If necessary data were not reported in the primary manuscripts, we contacted the corresponding authors by email to request the missing data.

### Reporting of methods should include

- **Description of relevance or appropriateness of studies assembled for assessing the hypothesis to be tested**
  - Eligibility criteria: The eligibility criteria for including articles in the present meta-analysis were as following major criteria: (1) the publication evaluating the associations of the CETP TaqIB polymorphism with AS or HDL-C level; (2) all atherosclerosis cases were diagnosed were made according to the internationally recognized diagnostic criterion as follows: criteria of World Health Organization (WHO), criteria of American College of Cardiology/American Heart Association (ACC/AHA), criteria of European Society of Cardiology (ESC), or angiographic coronary stenosis (generally defined as at least 50% stenosis of one major coronary artery); (3) published in either Chinese or English; (4) for CAD association, sufficient published data for calculating odds ratios (ORs) with their 95% confidence intervals (CIs); for HDL-C level association, the number of population, the mean of HDL-C level and the standard deviations (SD) by genotypes should be available.
  - Exclusion criteria: The exclusion criteria were as follows: (1) Duplicate publications; (2) incomplete information; (3) insufficient or insignificant statistical data; (4) review articles.

- **Rationale for the selection and coding of data**
  - For the association between CETP TaqIB polymorphism and AS, We used the crude ORs and 95% CIs for meta-analysis. If the studies did not provide crude ORs and 95% CIs, we calculated the ORs and 95% CIs by the total numbers of cases and controls, and frequencies of CETP TaqIB polymorphism in cases and controls.
  - For the association between CETP TaqIB polymorphism and HDL-C, a pooled standardized mean difference (SMD) and its 95% CIs were used for the meta-analysis.

- **Assessment of confounding**
  - NOS rating system was used to assess the confounder. Subgroup analyses were performed and sensitivity analyses were also performed.

- **Assessment of study quality, including blinding of quality assessors; stratification or regression on possible predictors of study results**
  - We assessed the methodological qualities of included studies by the description of study population, the set of controls and cases and related statistical methods. We carried out sensitivity analysis.

- **Assessment of heterogeneity**
  - Heterogeneity was assessed by the Q-test and I² statistic, \( p < 0.10 \) and I² > 50% indicated evidence of heterogeneity.

- **Description of statistical methods in sufficient detail to be replicated**
  - Methods of heterogeneity test, quantitative synthesis, assessments of publication bias, sensitivity analyses were reported in detail in the methods section.

- **Provision of appropriate tables and graphics**
  - We provided flow chart to explain literature searching and selection (Figure 1); forest plots for the total analysis, (Figures 2 and 3, Figures S1–S5); study characteristics and allele/genotype frequencies (Tables 1 and 2).

### Reporting of results should include

- **Graph summarizing individual study estimates and overall estimate**
  - Graph summarizing individual study estimates and overall estimate are presenting in Figures 2 and 3, Figures S1–S5.
Table giving descriptive information for each study included
Descriptive information for each study included was provided in Tables 1 and 2.

Results of sensitivity testing
The results of sensitivity analysis were described in results section. Table 3 provided detailed results for the sensitivity analyses.

Indication of statistical uncertainty of findings
The results of heterogeneity test, pooled ORs, 95% confidence intervals and p value for Z test were presented with all pooled analyses.

Reporting of discussion should include

- Quantitative assessment of bias
  We evaluated the publication bias by funnel plots, egger’s test.

- Justification for exclusion
  Based on our preliminary search criteria, a total of 478 publications were eligible. Among these studies, 279 records were excluded (reviews, no out of interest, meta-analysis, duplicate publication and records not published in Chinese and English) and 134 articles without original data were excluded.

- Assessment of quality of included studies
  We discussed the results of sensitivity analyses and described the limitations of included studies.

Reporting of conclusions should include

- Consideration of alternative explanations for observed results
  We discussed that potential unmeasured confounders and explained the limitations of this meta-analysis. We reminded readers that caution should be made when interpreting this meta-analysis.

- Generalization of the conclusions
  Our meta-analysis suggested that the CETP TaqIB polymorphism were associated with serum HDL-C level and the susceptibility to AS.

- Guidelines for future research
  Larger sample-size studies with homogeneous AS patients and well-matched controls are required.

- Disclosure of funding source
  This study was supported by grants from National Science and Technology Support Projects for the “Eleventh Five-Years Plan” of China (No. 2009BAI82B04), National Natural Science Foundation of China (No. 81560551) and Special Fund for Investigation of chronic heart and lung disease in Tibet and Xinjiang of China (No. 201402002).
### ABSTRACT

**Background:** Previous studies have evaluated the associations of the Cholesterol ester transfer protein (CETP) TaqIB polymorphism (rs708272) with the risk of developing atherosclerosis (AS) and the level of high-density lipoprotein cholesterol (HDL-C), but results remain controversial. The objective of this study is to investigate whether there was relationship of the CETP TaqIB polymorphism with the level of AS and HDL-C using a meta-analysis.

**Methods:** We conducted a meta-analysis of available studies to clarify the associations of the CETP TaqIB polymorphism with HDL-C level and AS risk. All statistical analyses were done with Stata 12.0.

**Results:** Through retrieving the Cochrane Library, Embase, PubMed, Web of Science, Springer, China Science and Technology Journal Database, China National Knowledge Infrastructure, Google Scholar and Baidu Library, we identified a total of 45 studies from 44 studies with 20,866 cases and 21,298 controls were combined showing significant association between the CETP TaqIB variant and AS risk, the carriers of allele TaqIB-B1 were found to have a higher risk of AS than the non-carriers: OR = 1.15, 95% CI = 1.09–1.21, \( p < 0.001 \); meanwhile, 28 studies with 23,959 subjects were included in the association between the CETP TaqIB polymorphism and the level of HDL-C, It was suggested that the carriers of B1B1 genotype had lower level of HDL-C than those of B2B2 genotype: SMD = 0.50, 95% CI = 0.36–0.65, \( p < 0.001 \).

**Conclusions:** The synthesis of available evidence demonstrates that the CETP TaqIB polymorphism is a protective role for AS risk both in Asians and Caucasians and also associated with a higher HDL-C level in Asians and Caucasians.

### INTRODUCTION

Coronary artery disease (CAD) and Myocardial infarction (MI) have become the serious public health problems in the world because of its high morbidity and mortality [1,2]. However, its exact mechanisms are still unclear. For a long time, atherosclerosis has attracted more attention because of its the pathological foundation of CAD and MI. Abnormal cholesterol metabolism was considered to be main factor for atherosclerosis, and many epidemiological evidence has shown that low concentration of serum high-density lipoprotein cholesterol (HDL-C) was considered as an independent risk factors for atherosclerosis [3,4]. High-density lipoprotein (HDL) was demonstrated to play a pivotal role in mediating the transfer of cholesterol from extra hepatic tissues to the liver, and reducing the deposition of cholesterol in the artery wall [5].

Cholesterol ester transfer protein (CETP) gene located on chromosome 16q21, and encodes the key plasma protein that mediate the transfer of esterified cholesterol from HDL to apolipoprotein B-containing particles in exchange for triglycerides [6,7]. CETP gene mutation may affect the transcription and expression of the protein, thereby affecting serum HDL-C level [8]. CETP TaqIB (rs708272) polymorphism as the most common of CETP gene polymorphism loci has received a great deal of attention [9]. In recent years, numerous studies have showed relationship the CETP gene TaqIB polymorphism in the synthesis of HDL-C and AS risk, however, still remain inconsistent, possibly due to small sample sizes in the individual studies.

#### Rationale

In 2005, Boekholdt et al. performed a meta-analysis to evaluate the association the CETP TaqIB polymorphism in the synthesis of serum HDL-C and CAD risk, and demonstrated that the CETP TaqIB variant is associated with HDL-C level and CAD risk in Caucasians [10]. Li et al. also conducted a meta-analysis to evaluate the association of this variant with CAD in Chinese
However, they were not observed the relationship between CETP TaqIB polymorphism and CAD. Cao et al. and Wang et al. performed meta-analysis to evaluate the association the CETP TaqIB variant and MI, their results shown that the CETP TaqIB-B2 allele is a protective factor to against the development of MI [12,13]. Considering the above four meta-analyses only focused on the association of CETP TaqIB polymorphism with the single atherosclerotic disease, we therefore performed this meta-analysis to clarify the role of the CETP gene TaqIB polymorphism in the synthesis of HDL-C and AS risk.

### METHODS

#### Protocol and registration

The eligibility criteria for including articles in the present meta-analysis were as following major criteria: (1) the publication evaluating the associations of the CETP TaqIB polymorphism with AS or HDL-C level; (2) all atherosclerosis cases were diagnosed were made according to the internationally recognized diagnostic criterion as follows: criteria of World Health Organization (WHO), criteria of American College of Cardiology/American Heart Association (ACC/AHA), criteria of European Society of Cardiology (ESC), or angiographic coronary stenosis (generally defined as at least 50% stenosis of one major coronary artery); (3) published in either Chinese or English; (4) for CAD association, sufficient published data for calculating odds ratios (ORs) with their 95% confidence intervals (CIs); for HDL-C level association, the number of population, the mean of HDL-C level and the standard deviations (SD) by genotypes should be available. The exclusion criteria were as follows: (1) Duplicate publications; (2) incomplete information; (3) insufficient or insignificant statistical data; (4) review articles.

#### Information sources

Eligible literatures published before the end of January 2016 were identified by the search of the Cochrane Library, Embase, PubMed, Web of Science, Springer, China Science and Technology Journal Database (CSTJ), China National Knowledge Infrastructure (CNKI), Google Scholar and Baidu Library.

#### Search

Following Medical Subject Heading (MeSH) terms and/or text words were used for searching: ("Cholesterol ester transfer protein" OR "CETP") and ("variation" OR "variant" OR "mutation" OR "polymorphism" OR "genotype") and ("CAD" OR "coronary artery disease" OR "coronary heart disease" OR "CHD" OR "myocardial infarction" OR "MI" OR "ischemic cardiovascular disease" OR "IS") and ("high-density lipoprotein cholesterol" OR "HDL-C" OR "blood lipid" OR "serum lipid").

#### Study selection

The flow diagram of the study selection for this meta-analysis was shown in the Figure 1. 44 studies with 20866 cases and 21,298 controls were met the inclusion criteria and included to assess the association between the CETP TaqIB polymorphism and atherosclerosis [23–65]. Among these studies, there were 28 studies involving CAD [23–32,34-39,44,46,47,50,52–55,59–61,66] and 3 studies involving IS [63–65] and 12 studies involving MI [33,40–43,45,48,49,51,56–58,62]. In addition, there were 25 studies for Caucasians [23–25,27,30,38–45,47,48,50,51,53,56–58,60,62–64] and 19 studies for Asians [26,28,29,31–37,46,49,52,54,55,59,61,65,66]. A total of 28 studies with 23,959 subjects were included in the analysis [8,33,35,36,40,44,45,50,53,59,67–85]. Of these, there were 11 studies for Caucasians [8,40,44,45,50,53,67,70,72–80,82,84,85] and 17 studies for Asians [33,35,36,59,68,70,72–80,82,84,85].

#### Data collection process

Data were independently extracted from original publications by two reviewers (Minghong Yao and Yusong Ding) according to the inclusion criteria listed above. Discrepancy between the reviewers was resolved by consensus or a third reviewer (ShuXia Guo).

#### Data items

Data, including name of the first author, year of publication, study population (country, ethnicity), source of controls, case/control sample size, minor allele frequency (MAF), genotype counts in the cases/controls, and evidence of Hardy–Weinberg equilibrium (HWE), the population number, the mean of HDL-C level and its SD by genotypes, were extracted from each study.

#### Risk of bias in individual

The Newcastle-Ottawa Scale (NOS) was used to assessed the methodologic quality of the individual studies by two reviewers.
studies

(Minghong Yao and Yizhong Yan) [16]. Each study was evaluated and scored based on three criteria: selection (4 stars), comparability (2 stars), and exposure (3 stars). The NOS point ranges between zero up to nine stars, and the studies with a score of equal to or higher than seven stars was considered to be of high quality. Any disagreement was resolved by discussion with a third reviewer (Jiaming Liu).

Summary measures

The strength of associations between the CETP TaqIB polymorphism and atherosclerosis were assessed by summary odds ratios (ORs) with their 95% confidence intervals (CIs). A pooled standardized mean difference (SMD) and its 95% CIs were used for the meta-analysis of HDL-C level and the CETP TaqIB polymorphism.
B1B1 genotype had lower level of HDL-C than those of B2B2 genotype (B1B1 vs. B2B2: SMD = 0.50, 95% CI = 0.36–0.65). We also compared the carriers of B1B1 genotype with those of B1B2 genotype (Figure S4. B1B1 vs. B1B2: SMD = 0.18, 95% CI = 0.10–0.26) and B1B2 genotype with those of B2B2 genotype (Supplementary Figure S5. B1B2 vs. B2B2: SMD = 0.32, 95% CI = 0.21–0.42).

Risk of bias across studies

Subgroup analyses: For the association between the CETP TaqIB polymorphism and atherosclerosis risk, Subgroup analyzes by ethnicity showed the significant associations in Asians (for B1 allele vs. B2 allele: OR = 1.24, 95% CI = 1.15–1.35, for B1B1 vs. B2B2: OR = 1.52, 95% CI = 1.35–1.72, B1B1 vs. B1B2 + B2B2: OR = 1.41, 95% CI = 1.29–1.53, B1B1 + B1B2 vs. B2B2: OR = 1.28, 95% CI = 1.15–1.42) was consistent than that in Caucasians (for B1 allele vs. B2 allele: OR = 1.09, 95% CI = 1.04–1.16, for B1B1 vs. B2B2: OR = 1.19, 95% CI = 1.11–1.27, for B1B1 vs. B1B2 + B2B2: OR = 1.05, 95% CI = 1.00–1.11, for B1B1+B1B2 vs B2B2: OR = 1.18, 95% CI = 1.11–1.25). In addition, significant associations were also found between this variant and the susceptibility to atherosclerosis in the population-based group (for B1 allele vs. B2 allele: OR = 1.11, 95% CI = 1.05–1.17, for B1B1 vs. B2B2: OR = 1.21, 95% CI = 1.13–1.29, for B1B1 vs. B1B2 + B2B2: OR = 1.09, 95% CI = 1.04–1.15, for B1B1 + B1B2 vs. B2B2: OR = 1.17, 95% CI = 1.10–1.25), hospital-based group (for B1 allele vs. B2 allele: OR = 1.20, 95% CI = 1.10–1.31, for B1B1 vs. B2B2: OR = 1.42, 95% CI = 1.26–1.59, for B1B1 + B1B2 vs B2B2: OR = 1.24, 95% CI = 1.14–1.35, for B1B1 + B1B2 vs. B2B2: OR = 1.28, 95% CI = 1.16–1.42), CAD group (for B1 allele vs. B2 allele: OR = 1.15, 95% CI = 1.08-1.24, for B1B1 vs. B2B2: OR = 1.31, 95% CI = 1.21–1.43, for B1B1 + B1B2 vs. B2B2: OR = 1.19, 95% CI = 1.12–1.27, for B1B1 + B1B2 + B2B2: OR = 1.21, 95% CI = 1.13–1.31), MI group (for B1 allele vs. B2 allele: OR = 1.10, 95% CI = 1.03–1.19, for B1B1 vs. B2B2: OR = 1.18, 95% CI = 1.08–1.29, for B1B1 + B1B2 vs. B2B2: OR = 1.17, 95% CI = 1.08–1.26), IS group (for B1 allele vs. B2 allele: OR = 1.20, 95% CI = 1.10–1.31, for B1B1 vs. B2B2: OR = 1.40, 95% CI = 1.09–1.79, for B1B1 + B1B2 vs. B2B2: OR = 1.76, 95% CI = 1.25–2.47), CCS group (for B1 allele vs. B2 allele: OR = 1.14, 95% CI = 1.10–1.18, for B1B1 vs. B2B2: OR = 1.40, 95% CI = 1.33–2.97, for B1B1 + B1B2 vs. B2B2: OR = 1.40, 95% CI = 1.11–1.22, for B1B1 + B1B2 vs. B2B2: OR = 1.22, 95% CI = 1.15–1.30), CS group (for B1 allele vs. B2 allele: OR = 1.07, 95% CI = 1.01–1.13, for B1B1 vs. B2B2: OR = 1.16, 95% CI = 1.04–1.28) respectively. The main results of meta-analysis were shown in Table 3.

For the association between the CETP TaqIB polymorphism and HDL-C, subgroup analyzes by ethnicity certified that the effect on HDL-C were all significant in Asians (B1B1 vs. B2B2: SMD = 0.43, 95%CI = 0.26–0.60, B1B1 vs. B1B2 + B2B2: SMD = 0.14, 95% CI = 0.06–0.21; B1B1 vs. B2B2: SMD = 0.35, 95% CI = 0.20–0.50) and Caucasians (B1B1 vs. B2B2: SMD = 0.60, 95% CI = 0.37–0.83; B1B1 vs. B2B2: SMD = 0.23, 95%CI = 0.10–0.35; B1B2 vs. B2B2: SMD = 0.29, 95% CI = 0.13–0.45 ) (Figure 2, Figures S4 and S5).

Additional analyses

Sensitivity analyses: Sensitivity analysis was performed to determine whether the robustness of the study results. The included studies were limited to those conforming to HWE and sample size. Overall, the corresponding pooled ORs and SMD were not materially altered, either for the CETP TaqIB polymorphism and atherosclerosis risk or CETP TaqIB polymorphism and HDL-C. Results of the sensitivity analysis suggested that the overall results of this meta-analysis were relatively robust and credible. The main results of sensitivity analyses were shown in Table 3 and Figure S6-S11)

Heterogeneity analysis: For the relationship between the CETP TaqIB polymorphism and atherosclerosis, significant heterogeneity among the available studies were observed in the overall comparisons (for allelic model: P = 0.001, F = 57.8%; for additive model: P = 0.002, F = 55.8%; for recessive model: P = 0.001, F = 52.0%; for dominant model: P = 0.001, F = 41.7%). To clarify the sources of heterogeneity, we conducted the meta-regression analysis. The results shown that heterogeneity can be explained by the source of controls (for allelic model: P = 0.046, for additive model: P = 0.025, for dominant model: P = 0.039) and ethnicity (for additive model: P = 0.048).

For the relationship between the CETP TaqIB polymorphism and HDL-C level, significant heterogeneity among the available studies was also observed in the overall comparisons (for B1B1 vs. B2B2: P < 0.001, F = 90.8%; for B1B1 vs. B1B2: P < 0.001, F = 79.9%; for B1B2 vs. B2B2: P < 0.001, F = 85.1%). Four studies were identified as the main contributors of heterogeneity for Asian studies [47,60,75,80] and four studies were identified as the main contributors of heterogeneity for Caucasian studies [44,50,67,69] using the Galbraith plot (Supplementary Figures S12 and S13). Figures S14-S16 shows that association between the CETP TaqIB polymorphism and HDL-C level after exclusion of these outlier studies. However, the significant association between the CETP polymorphism and HDL-C level was unchanged both in Asian subgroup (B1B2 vs. B2B2: SMD = 0.47, 95% CI = 0.36-0.57; B1B2 vs. B2B2: SMD = 0.19, 95% CI = 0.11-0.26; B1B2 vs. B2B2: SMD = 0.28, 95% CI = 0.18-0.37) and Caucasian subgroup (B1B2 vs. B2B2: SMD = 0.35, 95% CI = 0.30-0.40; B1B2 vs. B2B2: SMD = 0.16, 95% CI = 0.12-0.19; B1B2 vs. B2B2: SMD = 0.19, 95% CI = 0.13-0.20).
### DISCUSSION

#### Summary of evidence

In the present meta-analysis, a total of 45 studies from 44 papers with 20,866 cases and 21,298 controls, we found that the TaqIB-B2 allele was significantly associated with reduced atherosclerosis both in Caucasians and Asians. Additionally, 28 studies with 23,959 subjects were included in the analysis of association between the CETP TaqIB polymorphism and HDL-C level. According to the results, the TaqIB-B2 allele was significantly associated with a higher level of HDL-C both in Caucasians and Asians. Therefore, it is reasonable to assume that the CETP TaqIB polymorphism is probably by influencing the HDL-C metabolism to play protective factors for the development of atherosclerosis.

#### Limitations

**Limitations:** There are several potential limitations in our present meta-analysis should be acknowledged. Firstly, there was significant heterogeneity in our study. Although we have used appropriate meta-analytic techniques, we cannot completely exclude the influence of the heterogeneity. Secondly, it might miss the eligible articles that reported in other languages because our study only focused on articles published in English and Chinese languages. Thirdly, the sample sizes of some studies were rather small. In summary, it is well known that AS was affected by multiple environmental and genetic factors, we are only discussed a single gene polymorphism and not analyzed environmental factors, there are still many unclearly environmental and genetic factors and their interactions. Thus, it remains to be detected.

#### Conclusions

**Conclusion:** In conclusion, the present meta-analysis shows that the CETP TaqIB-B2 allele is associated with a higher serum HDL-C level and a protective role for AS risk both in Asians and Caucasians. Further investigations with the consideration of gene-gene and gene-environment interactions are needed.

### FUNDING

This work was supported by National Science and Technology Support Projects for the “Eleventh Five-Years Plan” of China (No. 2009BAI82B04), National Natural Science Foundation of China (No. 81560551) and Special Fund for Investigation of chronic heart and lung disease in Tibet and Xinjiang of China (No. 201402002).