Superactivation of quantum gyroscopes

Giulio Chiribella, Rui Chao, and Yuxiang Yang

Center for Quantum Information, Institute for Interdisciplinary
Information Sciences, Tsinghua University, Beijing 100084, China

Quantum particles with spin are the most elementary gyroscopes existing in nature. Can two such gyroscopes help two distant observers find out their relative orientation in space? Here we show that a single pair of gyroscopes in an EPR state gives little clue about the relative orientation, but when two or more EPR pairs are used in parallel, suddenly a common reference frame emerges, with an error that drops quickly with the size of the system, beating than the best classical scaling already for small number of copies. This activation phenomenon indicates the presence of a latent resource hidden into EPR correlations, which can be unlocked and turned into advantage when multiple copies are available.

I. INTRODUCTION

Reference frames play a central role both in physics and everyday life. Simple words like “up” and “down” or “left” and “right” only make sense relative to a reference frame of spatial directions, like the direction of the gravitational field on the surface of the Earth, the frame of the fixed stars, or the orientation of a gyroscope. In order to have a meaningful conversation, two parties who are referring to spatial directions need to share the same reference frame, or at least to have their reference frames correlated in a precise way known to both. This is usually not a problem, because the physical systems used as reference are large and classical, allowing one to identify spatial directions up to a negligible error. However, deep down at the quantum scale the situation is radically different [1, 2]. First of all, quantum particles are tricky indicators of direction [3–5] and a well-defined reference frame can emerge from them only in the macroscopic limit [6–9]. Second, quantum particles can be correlated in strange new ways that were impossible in classical physics—ways that puzzled Einstein, Podolski and Rosen (EPR) [10] and led to the formulation of Bell’s theorem [11]. When two particles are in an EPR state, each of their spins does not possess an individual orientation in space. The latter pops up only at the moment of a measurement, in a manner that Einstein skeptically dubbed “spooky action at distance”. How can two parties extract a common reference frame from such spooky quantum correlations?

The answer turns out to be surprising. Think of the most elementary gyroscope, a spin-\(j\) particle, and imagine that two parties are given two gyroscopes in an EPR state. Relying on the correspondence principle [12], one could expect that a well-defined reference frame emerges in the limit of large spin. But in fact this is not the case: here we show that, no matter how large \(j\) is, there is always a residual error. If the two spins were classical gyroscopes, this would mean that their directions are not sufficiently well correlated to establish a common reference frame reliably. In spite of this intuition too, when two or more EPR pairs are available we find that suddenly a well-defined reference frame emerges. The error vanishes at the classical rate \(1/j\) for two pairs and achieves the non-classical scaling \(\log j/j^2\) for three pairs. From four pairs onwards the two parties can establish a common reference frame with Heisenberg-limited error of order \(1/j^2\), the ultimate scaling compatible with the size of the gyroscopes. This result spotlights the presence of a latent resource, contained into EPR correlations, which is activated when multiple copies are observed jointly.

II. RESULTS

Remote alignment of reference frames. Consider the following Gedankenexperiment. Two pilots, Alice and Bob, are about to leave a ground station for a mission at two distant satellite stations. In preparation for the trip, they correlate their gyroscopes—for example, by aligning them with the axes of the ground station. Then, they take off for their respective destinations and during the journey their local reference frames become misaligned, undergoing to two unknown rotations \(g_A\) and \(g_B\). Once arrived, Alice and Bob need to realign their reference frames, performing on their axes two rotations \(h_A\) and \(h_B\) such that \(h_A g_A = h_B g_B\). At this stage, only the exchange of classical messages is possible, e. g. via radio signals. Hence, Alice and Bob can only rely on the correlations between their gyroscopes, established when they were still at the ground station [13].

In general, a perfect alignment cannot be achieved with gyroscopes of finite size. A natural way to quantify the error is to consider the square distance between Alice’s and Bob’s axes after the realignment, averaged over the three axes [3, 6–8, 14]. Explicitly, the error is given by

\[
d^2(h_A, h_B, g_A, g_B) = \frac{1}{3} \sum_{i=x,y,z} \| h_{Aig_i} - h_{Big_i} \|^2,
\]

where \(n_x, n_y, n_z\) are the unit vectors pointing in the directions of the \(x, y\) and \(z\) axes at the ground station, respectively. The goal of the alignment protocol is to minimize this error, making the best possible use of the correlations between Alice’s and Bob’s gyroscopes.
that the alignment error is lower bounded as
\[ \langle d^2 \rangle \geq \frac{4}{3} \]

independently of the size of the spin (cf. Methods). The value $4/3$ is the error that would be found if Alice and Bob managed to align perfectly their $z$ axes, but ended up with the $x$ and $y$ axes rotated by a completely random angle. Furthermore, we show that the lower bound $\langle d^2 \rangle \geq 4/3$ can be attained if, in addition to the two spin-$j$ particles, Alice and Bob have an EPR pair of $(2j + 1)$-dimensional quantum systems that are invariant under rotation. These systems can be realized e.g. by the charge or current states of a solid state quantum device, or by a virtual subsystem of a set of spin-1/2 particles [14]. Taking into account of this extra resource, the joint state of Alice’s and Bob’s systems is then given by
\[ \rho_{AB} = |S_j\rangle\langle S_j|_{A_1B_1} \otimes |\Phi_j^+\rangle\langle \Phi_j^+|_{A_2B_2}, \]

where $A_1, B_1$ label the two spin-$j$ particles, $A_2, B_2$ label the auxiliary systems, and $|\Phi_j^+\rangle$ is the standard EPR state in dimension $2j + 1$. Now, thanks to the assistance of the irrotational EPR pair, Bob can use the quantum teleportation protocol [16] to transfer the state of his spin-$j$ particle to Alice, up to the rotation that Alice needs to invert in order to align her axes (cf. Methods). Estimating this rotation and performing the corresponding correction, Alice can achieve the minimum error $\langle d^2 \rangle = 4/3$. Remarkably, this value is achieved thanks to the assistance of quantum correlations between systems that carry no information whatsoever about directions. We will come back to this point later in the paper.

**Weak activation with two EPR pairs of spin-$j$ particles.** For a single copy of the spin-$j$ singlet we have seen that the alignment error is independent of $j$. The situation suddenly changes when if two copies are available: in this case, we show that the alignment error vanishes with standard quantum limit (SQL) scaling $1/j$. For large $j$, we show that the error is lower bounded as $\langle d^2 \rangle \geq 2/(3j) + O(\log j/j^2)$ (cf. Supplementary Note 1). Again, this bound can be attained using the teleportation trick, provided that Alice and Bob are assisted by EPR correlations among rotationally invariant systems.

The reduction of the error for two EPR pairs is a weak form of activation: Alice and Bob can align their axes by combining two resources that individually did not allow for alignment. However, this phenomenon is not very surprising per se, because it can be reproduced by a simple classical model, illustrated in Figure 2. Suppose that two classical gyroscopes are prepared in the following way: Alice’s gyroscope points in a random direction in space and Bob’s gyroscope points in the opposite direction, up to an error (square distance) of size $1/j$. Using a single pair of gyroscopes, Alice and Bob can align at most one axis, so their error will be at least $4/3 + O(1/j)$. However, if Alice and Bob have two pairs of gyroscopes, then with high probability they will be able to identify two distinct
FIG. 2. Classical model for weak activation. Alice and Bob use two pairs of classical gyroscopes, with Alice’s (Bob’s) gyroscopes represented by red (blue) arrows. For each pair, Alice’s gyroscope points in a random direction and Bob’s gyroscope is within a solid angle of size $O(1/j)$ (shaded red cone) around the opposite direction. When two such pairs are used, with high probability the two gyroscopes on Alice’s side will point in two distinct directions, thus identifying a Cartesian reference frame with square error $O(1/j)$.

directions in space, up to an error of order $1/j$. Clearly, once they have established two directions, they will be in position to reconstruct a full reference frame, using e. g. the right-hand rule [17]. In other words, the emergence of a reference frame with error $1/j$ is still compatible with a hidden variable model where the spins have definite orientation prior to the measurement.

Superactivation of quantum sensitivity. The existence of a classical explanation for the scaling $1/j$ may look reassuring, but this superficial impression is deceiving: when it comes to indicating directions in space, two EPR pairs contain much more than it first meets the eye. Here we show that using a suitable quantum measurement, Alice and Bob have the chance to extract a reference frame with error vanishing with Heisenberg limit (HL) scaling $1/j^2$—a scaling that would not be possible if the individual orientation of the particles were a real property defined prior to the measurement.

To see how this phenomenon arises, we decompose the product of two spin-$j$ singlets as

$$|S_j⟩|S_j⟩ = \bigotimes_{k=0}^{2j} \sqrt{p_k} |S_k⟩,$$

$$p_k = \frac{(2k + 1)(2j + 1)^2}{(2j + 1)^2},$$

where $|S_k⟩$ is the spin-$k$ singlet contained in the tensor product $H_{k,A} \otimes H_{k,B}$, with $H_{k,A}$ ($H_{k,B}$) being the subspace of $H_{A_1} \otimes H_{A_1}$ ($H_{B_1} \otimes H_{B_1}$) with total angular momentum number equal to $k$. Now, Alice and Bob can apply a protocol that separates two branches of the wave function, with the feature that in one branch the error vanishes with Heisenberg limit (HL) scaling $1/j^2$, while in the other branch the scaling is still $1/j$. The two branches are separated by a filter with operators $\{F_{\text{yes}}, F_{\text{no}}\}$, so that, if the outcome of the filter is $x$, the state of the gyroscopes is $\rho_{AB,x} = F_x (\rho_{AB} \otimes \rho_{AB}) F_x^\dagger/p_x$, where $p_x = \text{Tr}[F_x (\rho_{AB} \otimes \rho_{AB}) F_x^\dagger]$ is the probability that the filter heralds the outcome $x$.

Let us see how much the error can be reduced in the favorable branch. First, using the teleportation trick (cf. Methods), Bob can transfer his part of the singlets to Alice, who ends up holding two copies of the rotated singlet state $|S_{j,g}⟩ := (U_g \otimes I)|S_j⟩$. Crucially, the state $|S_{j,g}⟩|S_{j,g}⟩$ has the same form of the optimal state for the transmission of a Cartesian frame [8, 9, 18], with the only difference that the coefficients of the latter are given by $p_k^{\text{opt}} = \sin^2 \left(\frac{\pi (k+1)}{2(j+1)}\right)/j + 1$. Hence, choosing a filter that remodulates the coefficients of the wavefunction, the initial state can be transformed into the optimal one, thus reducing the error to $\langle d^2 \rangle = \pi^2/\langle 6j^2 \rangle + O(1/j^3)$, the absolute minimum set by quantum mechanics for composite systems of angular momentum upper bounded by $2j$ [19].

Let us see how large is the probability of this precision enhancement. First of all, the filter that activates the Heisenberg scaling can be achieved even before the teleportation step, using a single local operation, say, in Bob’s laboratory. The desired modulation is achieved if Bob filters the state of his spin-$j$ particles with the operator $F_{\text{yes},B} = \lambda \sum_k c_k^{\text{opt}} c_k^{\text{opt}} P_k$, where $\lambda > 0$ is a suitable constant and $P_k$ is the projector on $H_{k,B}$. Since the filter operator $F_{\text{yes},B}$ must be a contraction, we have the achievable upper bound $p_{\text{yes}} = \lambda^2 \leq \min_k c_k^{2}/(c_k^{\text{opt}})^2$. Hence, the maximum probability of the favourable outcome is given by the expression

$$p_{\text{yes}}^{\text{opt}} = \min_k \frac{(2k + 1)(j + 1)}{(2j + 1)^2 \sin^2 \left(\frac{\pi (k+1)}{2(j+1)}\right)^2},$$

which converges to 43.9% in the large $j$ limit. The exact
values of \( p^\text{opt} \) for \( j \) up to 1000 are shown in Fig. (3), note that the value is above 43.9\% for every value of \( j \).

One may ask what happens in the remaining 56.1\% of the cases, when the filter gives the unfavourable outcome. Is the error still scaling with \( j^2 \)? And, if yes, how? Luckily, we find that in these cases the error maintains the SQL scaling \( \langle d^2 \rangle \approx 1.189/j \) (cf. Supplementary Note 2), with a constant that is less than the constant appearing in the optimal deterministic strategy.

In summary, we have seen that two EPR pairs of spin-\( j \) particles allow Alice and Bob to align their axes up to an error scaling like \( 1/j^2 \) in at least 43.9\% of the cases. This scaling is incompatible with the assumption that the four particles used by Alice and Bob have a definite orientation in space. Indeed, a single spin-\( j \) particle cannot indicate a direction with error smaller than \( O(1/j) \) [3, 4]. This implies that, if each particle had a definite orientation, then the error using four particles would still vanish as \( O(1/j) \) for a single direction—not to speak about a full reference frame. In summary, the activation of the Heisenberg scaling highlighted here is radically different from the weak activation that one can see in the classical world. Essentially, it is based on the fact that the EPR particles do not have any orientation prior to the measurement, and when two EPR pairs are available, the particles can be steered into the most sensitive state possible.

We refer to superactivation of quantum sensitivity whenever the error vanishes faster than the classical scaling \( 1/j \). It is important to stress that this phenomenon is not an artifact of the specific error function used in our calculation: as a matter of fact, superactivation occurs generically for the expectation value of every bounded cost function \( f(h,g) \) that reaches its absolute minimum \( f_{\min} \) only when the axes are aligned \((h=g^{-1})\) and admits a second-order Taylor expansion in a neighbourhood of the absolute minimum. For example, superactivation occurs for the variance of the three Euler angles. The easiest way to see this is to note that, by Chebyshev’s inequality, the probability that after the execution of the protocol the distance between Alice’s and Bob’s \( i \)-axis, \( i=x,y,z \), is larger than \( \epsilon \) is upper bounded as

\[ \text{Prob}[d_i > \epsilon] \leq \langle d^2 \rangle / \epsilon^2. \tag{7} \]

By Taylor expansion, this implies that \( \langle f \rangle \) has to tend to the minimum value \( f_{\min} \) as fast as \( \langle d^2 \rangle \) tends to zero—in particular, it has to tend to \( f_{\min} \) as \( 1/j^2 \) when the filter gives the favourable outcome. On the other hand, for a single copy the average cost must remain bounded away from \( f_{\min} \): otherwise, the probability that Alice’s and Bob’s axes are misaligned should vanish, and so should do the error \( \langle d^2 \rangle \), in contradiction with Eq. (3).

**Deterministic superactivation.** The probability of reaching the HL can be further amplified by repetition of the protocol, which allows one to attain HL precision with probability \( p_n > 1 - (0.561)^n \) using \( 2n \) EPR pairs. However, one can do even better: taking advantage of joint measurements, the HL can be achieved with certainty using only four EPR pairs. To establish this result, we observe that the state \( |S_j\rangle^{\otimes 4} \) can be viewed as a quantum superposition of spin-\( k \) singlets as in Eq. (5), with the difference that now \( k \) ranges from 0 to \( 4j \) and the coefficients \( c_k \) have a different expression (cf. Supplementary Note 3). Using this fact, we show that the error scales as

\[ \langle d^2 \rangle = \frac{11 \ln 2}{18 j^2} + O(j^{-3}), \tag{8} \]

proving that four copies are sufficient to attain the HL with a deterministic strategy. The exact values of the error are shown in Figure 4 for \( j \) up to 10000.

Interestingly, four copies are strictly necessary to achieve the HL with unit probability. Nevertheless, with three copies Alice and Bob can still achieve superactivation, reducing the error to the quasi-Heisenberg scaling \( \langle d^2 \rangle = \ln(j)/(8j^2) + O(1/j^2) \) (cf. Supplementary Note 4). The exact values of the error are plotted in Figure 5.

**Quantum metrology with spin-\( j \) singlets.** In the previous paragraphs we presented our results in a bipartite communication scenario. However, using the technique shown in Methods, it is immediate to translate them into the conventional single-party scenario of quantum metrology [20, 21]. In this formulation, the problem is to estimate an unknown rotation \( g \) from \( n \) copies of the rotated spin-\( j \) singlet \( |S_{j,g}\rangle \). This problem arises e.g. in high precision magnetometry [22–24], for setups that probe the magnetic field using a spin-\( j \) particle entangled with a reference [25, 26], or setups designed to measure the magnetic field gradient between two locations [27, 28]. In this scenario, the fact that quantum-enhanced precision can be achieved using \( n \geq 3 \) spin-\( j \) singlets is good news, since spin-\( j \) singlets are much easier to produce than the optimal quantum states for the estimation of
rotations [8, 9, 18]. A concrete setup that generates a spin-j singlet using two spatially separated Bose-Einstein condensates of $^{87}\text{Rb}$ atoms was put forward in Ref. [29]. Still, the implementation of the optimal quantum measurement remains as a challenge.

Bridging the gap with the Quantum Cramér-Rao bound. A popular approach to quantum metrology is via the quantum Cramér-Rao bound (CRB), which lower bounds the variance with the inverse of the quantum Fisher information [3, 30–32]. The bound is known to be achievable in the asymptotic limit where a large number of identical copies are available [33–35]. Practically, however, the CRB is often invoked to discuss quantum advantages in the single-copy regime. Our result provides a warning that such an extrapolation can sometimes lead to paradoxical results: For one copy of a spin-j singlet, it is not hard to see that Fisher information grows like $j^2$ [29, 36] (see also Supplementary Note 5). This means that, if the CRB were achievable in a single shot, the variance in the estimation of the three Euler angles would have to vanish as $1/j^2$. But we know that this is not possible: if the variance vanished with $j$—no matter how fast—then also the average of the error in Eq. (1) would have to vanish, in contradiction with our result. In short, this shows that the CRB is not achievable with a single copy. The non-achievability of the CRB in the single-copy regime was observed for phase estimation in Ref. [37], although in that case the CRB was still predicting the right asymptotic scaling—only, with a constant that was smaller than the actual one. In the case of spin-j singlets the effect is more dramatic: even the scaling with $j$ is unachievable for a single copy. In order to achieve the CRB, one needs a sufficiently precise information about the true value, which can be obtained e.g. in the limit of asymptotically large number of copies [33]. The achievability of the CRB in the large copy limit can be seen explicitly in our approach. Denoting by $n$ the number of copies, we find that the optimal measurement has error given by $\langle \delta^2 \rangle = 3/[2n(j+1)]$ up to a correction of order $n^{-3/2}j^{-3}$ or $n^{-2}j^{-2}$, depending on the relative size of $n$ and $j$ (Supplementary Note 6). The measurement that minimizes the error also achieves the CRB (Supplementary Note 7). Most importantly for the CRB approach, the achievability of the bound requires $n$ to be large, but not necessarily large compared to $j^2$.

Buying enhanced sensitivity with correlated quantum coins. In the remote alignment protocols of this paper, Alice and Bob achieve the minimum error by using in tandem two different resources: the correlation between their spins and the correlation between two degrees of freedom that are insensitive to rotations. In the classical world, any such protocol would look extravagant—for sure, having a number of correlated random bits does not help Alice and Bob align their axes! But the situation is radically different in the quantum world, where correlated quantum bits can make a difference in the precision of alignment. Consider the simplest case $j = 1/2$ and suppose that Alice and Bob use only two correlated spins, without the assistance of a rotationally-invariant EPR pair. In this case, it can be proven that the error must be at least $\langle \delta^2 \rangle = 16/9$ (cf. Supplementary Note 8), strictly larger than the value $\langle \delta^2 \rangle = 4/3$ that can be achieved with the teleportation trick. In other words, correlations that per se are useless for the alignment of reference frames can become useful in conjunction with correlations among rotating degrees of freedom. This result is deeply linked to the tasks of entanglement swapping [38] and dense coding [39] and highlights the non-trivial interaction between the resource theory of entanglement [40] and the resource theory of reference frames [41–43].

III. DISCUSSION

The superactivation effect suggests a way to delocalize the ability to align Cartesian frames over different parties, in the spirit of quantum secret sharing [44–46]. Imagine that, in order to accomplish a desired task, the two satellite stations $A$ and $B$ must have their reference frames aligned with high precision. At the two stations there are two groups of parties, $\{A_1, \ldots, A_n\}$ and $\{B_1, \ldots, B_n\}$, with each pair of parties $(A_i, B_i)$ possessing a pair of spins in an EPR state along with additional quantum correlations in invariant degrees of freedom. Now, our result guarantees that a single pair alone cannot achieve the task: at least two pairs of parties have to cooperate in order to reduce the error down to zero. Moreover, if the task requires the error to be of order $1/j^2$ (instead of $1/j$ or $\log j/j^2$), then at least four parties at each station have to cooperate. Compared with the state of the art [46], our protocol offers a quadratic enhancement of precision, allowing one to achieve the Heisenberg limit. On the other hand, our secret sharing protocol has

![FIG. 5. Quasi-Heisenberg scaling of the alignment error with three EPR pairs. The plot shows the exact values of the function $8j^2 \langle \delta^2 \rangle - \ln j$ for $j$ going from 100 to 10000 in steps of 100. For large $j$ the plot shows the quasi-Heisenberg scaling $\langle \delta^2 \rangle = \ln(j)/(8j^2)$, again in agreement with our analytical result.](image-url)
necessarily a low threshold (four cooperating parties can always establish a reference frame reliably). A promising avenue of future research consists in combining the best of the two protocols, thus having a secret sharing scheme that achieves the Heisenberg limit with every desired threshold \( t \geq 4 \).

### IV. METHODS

**Reduction to parameter estimation with shared reference frames.** In order to evaluate the error, we reduce the alignment problem to a simpler form. First, note that the error does not change if one replaces the reference frames. In order to evaluate the error, we can always pretend that \( g_B \) is the identity rotation, provided that we replace \( g_A \) by \( g_A g_B^{-1} \equiv g \). Averaging over all possible rotations, the error can be expressed in the form

\[
\langle d^2 \rangle = \max_g \int dh \, d^2(h, g) \, \text{Tr}[M_h(U_g \otimes I_B)(\rho_{AB})],
\]

where \( d(h, g) := d(h, e, g, e) \) and \( \rho_{AB} := \int dk \, (U_k \otimes U_k)(\rho_{AB}) \), \( dk \) being the normalized Haar measure over the rotation group. Eq. (9) has an important conceptual implication: the fact that Alice and Bob have different reference frames has disappeared from the problem—instead, what remains is only the LOCC estimation of the rotation \( g \) from the state \( (U_g \otimes I_B)(\rho_{AB}) \).

#### Lower bound from global measurement.

A lower bound on the error can be obtained by lifting the LOCC requirement in the previous paragraph. When Alice and Bob share a spin-\( j \) singlet, this means finding the best global measurement that identifies the rotation \( g \) from the state \( |S_{j, g}⟩, U_g^{(j)} \) being the unitary that represents the rotation \( g \) on the spin-\( j \) particle \( A_1 \). The optimal measurement can be found using the method of Ref. [19], which in this case gives\( M_{h, \text{opt}} = (2j+1)^2 |S_{j,h-1}⟩⟨S_{j,h-1}| \). Plugging the optimal measurement into the r.h.s. of Eq. (9) it is straightforward to obtain the lower bound \( \langle d^2 \rangle \geq 4/3 \) for every possible value \( j \geq 0 \) (see e.g. [18, 19]). The lower bound coincides with the error that would be found if Alice and Bob succeeded in aligning perfectly the \( z \)-axis, but had the \( x \) and \( y \) axes rotated by a random angle: indeed, setting \( n^B_x = n^A_x, n^B_y = \cos \theta n^A_x + \sin \theta n^A_y \) and \( n^B_y = \cos \theta n^A_y - \sin \theta n^A_x \) one has

\[
\langle d^2 \rangle = \int d\theta \frac{1}{2\pi} \left[ \frac{1}{3} \sum_{x,y} 2(1 - \cos \theta) \right] = \frac{4}{3}.
\]

**Achievability of the bound.** The bound obtained by minimizing the error 9 over all global measurements can be achieved if Bob can transfer his part of the state to Alice by LOCC. This is the case when Alice and Bob share EPR correlations among degrees of freedom that are invariant under rotations. These additional EPR pairs do not pick the rotation in Eq. (9) and therefore can be used as a resource to implement the quantum teleportation protocol [16]. In this way, Alice is in position to perform the optimal global measurement on systems \( A_1 \) and \( B_1 \). Since teleportation is a LOCC protocol, the whole procedure describes a valid LOCC estimation strategy and, thanks to the reduction of Eq. (9), a valid alignment protocol.

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Asymptotic theory of quantum statistical inference

\[ \psi_g = \sum_{k=0}^{2j} c_k |S_{k, \theta} \rangle, \quad c_k \geq 0 \ \forall k \in \{0, \ldots, 2j\}. \]  

For states of this form, the quantum measurement that minimizes the error can be found with the method of Ref. [19]. In the case at hand, the optimal measurement is covariant [3] and is given by the operators

\[ M_k = |\eta_{k-1} \rangle \langle \eta_{k-1}|, \quad |\eta_{k-1} \rangle := \bigoplus_{k=0}^{2j} (2k + 1) |S_{k, \theta} \rangle, \]
with normalization \( \int dh M_h = I \). Here we have the inverse \( h^{-1} \) (instead of just \( h \), as in the usual definition of covariant measurement) because the scope of the measurement is to rotate back the axes, resulting in the fact that the error \( \delta(h, g) \) is minimum when \( h = g^{-1} \).

Using the optimal measurement, the expected error is given by

\[
\langle d^2 \rangle = \frac{1}{3} \left( 4 + 2c_0^2 - 4 \sum_{k=1}^{2j} c_k c_{k-1} \right) = \frac{2}{3} \left[ c_{2j} c_{2j+1} - c_0 c_1 + 3c_0^2 - \sum_{k=1}^{2j} c_k (c_{k+1} + c_{k-1} - 2c_k) \right]. \quad (12)
\]

Now, let us assume also that \( c_k \) is an analytical function. Then, a third-order Taylor expansion gives

\[ c_{k+1} + c_{k-1} - 2c_k = c(2)(k) + \frac{1}{4!} c(4) \left( \xi_k^+ + \xi_k^- \right), \]

where \( c(l)(k) \) is the \( l \)-th derivative of \( c_k \) and \( \xi_k^+ (\xi_k^-) \) is a point in \([k, k+1]\) \([k-1, k]\). Inserting this expression in Eq. (12) and using the Euler-MacLaurin formula, we obtain

\[
\langle d^2 \rangle = \frac{2}{3} \left\{ c_{2j} c_{2j+1} - c_0 c_1 - c_0^2 - \int_1^{2j} dk f(k) \right. \\
- \frac{1}{2} \left[ f(1) + f(2j) \right] \\
- \sum_{l=1}^p \frac{B_{2l}}{(2l)!} \left[ f^{(2l-1)}(2j) - f^{(2l-1)}(1) \right] + R_p \\
\left. - \frac{1}{4!} \sum_{k=1}^{2j} c_k \left[ c(4) \left( \xi_k^+ + \xi_k^- \right) \right] \right\}, \quad (13)
\]

where the function \( f \) is defined as \( f(k) := c_k c(2)(k) \), \( f(l) \) is its \( l \)-th derivative, \( B_l \) is the \( l \)-th Bernoulli number, and

\[ |R_p| \leq \frac{2\zeta(2p)}{(2\pi)^2p} \int_1^{2j} dk \left| f^{(2p)}(k) \right|, \]

\( \zeta \) being Riemann’s zeta function.

Going back to the specific case of two spin-\( j \) singlets, in this case \( c_k = \sqrt{2k+1}/(2j+1) \). We use Eq. (13) with \( p = 1 \). By direct inspection it is easy to see that the leading order term is \( c_{2j} c_{2j+1} = 1/j + O(1/j^2) \). Indeed, the integral in the fist line is of order \( \ln j/j^2 \), while all the remaining terms are of order \( O(1/j) \) or higher. For example, the sum in the last line of Eq. (13) can be expressed as

\[ \sum_{k=1}^{2j} c_k \left[ c(4) \left( \xi_k^+ + \xi_k^- \right) \right] = \frac{-15}{(2j+1)^2} S_j, \]

where

\[ S_j = \sum_{k=1}^{2j} \sqrt{2k+1} \left[ (2\xi_k^+ + 1)^{-7/2} + (2\xi_k^- + 1)^{-7/2} \right]. \]

is upper bounded by a constant. Indeed, one has

\[
S_j \leq 2 \sum_{k=1}^{2j} \sqrt{2k+1}/(2k-1) \cdot (2k-1)^{-3} \\
\leq 2\sqrt{3} \sum_{k=0}^{\infty} (2k+1)^{-3} \\
= \frac{7\sqrt{3} \zeta(3)}{4}.
\]

In conclusion, we obtained the asymptotic expression

\[ \langle d^2 \rangle = 2/(3j) + O(\ln j/j^2). \]

**SUPPLEMENTARY NOTE 2**

Setting \( F_{\text{no}} = \sqrt{I - F_{\text{yes}}^2} \), the state of the particles when the filter is not passed is of the form of Eq. (10), with

\[ c_k = \sqrt{\frac{(2k+1)/(2j+1)^2 - p_{\text{opt}}^m \sin^2 \frac{\pi(k+1)}{2(j+1)}}{1 - p_{\text{opt}}^m}} \]

Inserting this expression in Eq. (12) and evaluating the error we obtain the SQL scaling \( \langle d^2 \rangle \approx 1.189/j \) illustrated in Figure 6.

**SUPPLEMENTARY NOTE 3**

The state \(|S_j\rangle^4\) is of the form of Eq. (10) with

\[ c_k = \frac{\sqrt{(2k+1)m_k}}{(2j+1)^2} \]
and

$$m_k = \begin{cases} 
-3k^2/2 + 4kj + k/2 + 2j + 1 & k \leq 2j \\
8j^2 + k^2/2 - 4kj + 6j - 3k/2 + 1 & k > 2j.
\end{cases}$$

The probability distribution $p(k) = c_k^2$ is shown in Figure 7 for different values of $j$. Note that, in suitable scaled units, the probability converges quickly to its limit value for $j \to \infty$.

Again, the error can be evaluated with Eq. (12). In order to obtain the asymptotic expression, we break the sum into two parts, one from 1 to $2j$ and the other from $2j + 1$ to $4j$, using Eq. (13) to evaluate the first part and a similar expression for the second. A laborious but straightforward calculation along the lines of Supplementary Note 1 then shows that the leading contribution to the error comes from the integral

$$I_4 = -\frac{2}{3} \left( \int_1^{2j} dk \, c_k c^{(2)}(k) + \int_{2j+1}^{4j-1} dk \, c_k c^{(2)}(k) \right) = 11 \ln(2)/(18j^2) + O(1/j^3),$$

while the remaining terms are of order $O(1/j^3)$ or higher. In conclusion, four spin-$j$ singlets allow one to achieve the HL scaling $\langle d^2 \rangle = 11 \ln(2)/(18j^2) + O(1/j^3)$ with unit probability.

**SUPPLEMENTARY NOTE 4**

The input state $|S_j\rangle^\otimes 3$ is of the form of Eq. (10), with

$$c_k = \sqrt{\frac{(2k + 1)m_k}{(2j + 1)^3}},$$

$$m_k = \begin{cases} 
2k + 1 & k \leq j \\
3j + 1 - k & k > j.
\end{cases}$$

The probability distribution $p(k) = c_k^2$ is shown in Figure 8 for different values of $j$. Note that, again, the probability distribution in rescaled units converges quickly to its limit value for $j \to \infty$.

Now, the error can be written as

$$\langle d^2 \rangle = \frac{1}{3} \left( 4 + 2\theta^2 - 4c_{j\theta}c_{3j-1} \right) - 4 \sum_{k=1}^{j} c_k c_{k-1} - 4 \sum_{k=j+1}^{3j-1} c_k c_{k-1}.$$ 

Following the same steps in Supplementary Note 1, one can easily find that the leading contribution of the error comes from the integral

$$I_3 = -\frac{2}{3} \int_{j+1}^{3j-1} dk \, c_k c^{(2)}(k) = \ln j/(8j^2) + O(1/j^2),$$

whereas all the remaining terms are of order $O(1/j^2)$ or higher. In conclusion, three spin-$j$ singlets allow one to achieve the quasi-Heisenberg scaling $\langle d^2 \rangle = \ln j/(8j^2) + O(1/j^2)$.

**SUPPLEMENTARY NOTE 5**

Let us we parametrize the rotations as $U^{(j)} := \exp[i\mathbf{J}^{(j)} \cdot \mathbf{\theta}]$, $\mathbf{J}^{(j)} = (j_x^{(j)}, j_y^{(j)}, j_z^{(j)})$ are the angular momentum operators and $\mathbf{\theta} = (\theta_x, \theta_y, \theta_z)$ are real parameters. Following Ref. [36], we find that the quantum Fisher information (QFI) matrix for the spin-$j$ singlet is
given by
\[ (F_Q)_{ik} = 4\left[\frac{1}{2}\langle S_j | J_i^{(j)} J_k^{(j)} + J_k^{(j)} J_i^{(j)} \rangle \right] \otimes I|S_j\rangle - \langle S_j | J_i^{(j)} \otimes I|S_j\rangle \langle S_j | J_k^{(j)} \otimes I|S_j\rangle \]
\[ = 4j(j+1)\delta_{ik}/3, \quad i, k = x, y, z. \]
The quantum CRB then becomes
\[ V_\theta \geq F_Q^{-1} = \frac{3}{4j(j+1)} I, \]
where \(V_\theta\) is the covariance matrix of \(\theta\) and \(I\) is the \(3 \times 3\) identity matrix.

**SUPPLEMENTARY NOTE 6**

We now fix \(j\) and analyze the asymptotic scaling of the error for a large number \(n\) of identical copies of a rotated spin-\(j\) singlet.

In order to evaluate the error, we express the state \(|S_{j,g}\rangle^{\otimes n}\) as \(|S_{j,g}\rangle^{\otimes n} = \bigoplus_{k=\text{min}}^{\text{max}} \sqrt{p_k} |S_{g,k}\rangle\) where \(\text{min} = 1/2\) if \(n\) is odd and \(j\) is semi-integer and zero otherwise, while \(p_n(k)\) is given by
\[ p_{n,k} = (2k+1) \int_0^{\pi} dg \, Tr \left[U_g^{(k)} |S_{j,g}\rangle^{\langle n}\right]. \]

Parametrizing the rotations in terms of the rotation angle (denoted by \(\omega\)) and of the the polar coordinates of the rotation axis (denoted by \(\phi\) and \(\theta\)), we obtain
\[ p_{n,k} = \frac{2k+1}{\pi} \int_{-\pi}^{\pi} d\omega \, \sin[(k+1/2)\omega] \sin(\omega/2) \]
\[ \times \exp \left\{ n \ln \left[ \frac{\sin((j+1/2)\omega)}{(2j+1) \sin(\pi/2)} \right] \right\} \]
\[ = \frac{2k+1}{\pi} \int_{-\pi}^{\pi} d\omega \, \sin[(k+1/2)\omega] \sin(\omega/2) \]
\[ \times \exp \left\{ -\frac{n(j+1/2)\omega^2}{6} - O(nj^4\omega^4) \right\} \]
\[ = \frac{3\sqrt{3}(2k+1)^2}{2\pi\sqrt{12}(j+1)^3} \exp \left[ -\frac{3k^2}{2nj(j+1)} \right] \]
\[ \times \left[ 1 - O\left(\frac{1}{n}\right) \right]. \]

Now, the optimal quantum measurement [19] is given by the operators
\[ M_g = |\eta_{g^{-1}}\rangle \langle \eta_{g^{-1}}| \]
\[ |\eta_{g^{-1}}\rangle := \bigoplus_{k=\text{min}}^{\text{max}} (2k+1) |S_{k,g^{-1}}\rangle. \]

Following the same arguments as in Supplementary Note 1 the corresponding error can be expressed as
\[ \langle d^2 \rangle = \frac{2}{3} \sum_{k=\text{min}}^{\text{max}} c_{n,k} \left( c_{n,k+1} + c_{n,k+1} - \frac{c_{n,k}^2}{\text{max}} - \int_{k=\text{min}}^{\text{max}} dk f(k) \right) \]
\[ - \frac{1}{2} \left[ f(k_{\text{min}} + 1) + f(nj) \right] \]
\[ - \frac{B_j}{2} \left[ f^{(1)}(nj) - f^{(1)}(k_{\text{min}} + 1) \right] + R \]
\[ - \frac{1}{4} \sum_{k=\text{min}}^{n} c_k \left[ c^{(4)}_k (\xi_k^+ + c^{(4)}_k (\xi_k^-) \right], \]
with \(c_k = \sqrt{p_{n,k}} \), \(f(k) = c_k c_k^{(2)}\) and \(\xi_k^+ (\xi_k^-)\) is a point in \([k, k + 1]\) \([k-1, k]\). It is now easy to check that the leading terms is given by the integral
\[ I_3 = -\frac{2}{3} \int_{k=\text{min}}^{\text{max}} dk f(k) \]
\[ = \frac{3}{2nj(j+1)} + O \left( \max \left\{ n^{-3/2} j^{-3}, n^{-2} j^{-2} \right\} \right) \]
whereas all the remaining terms are of order \(O \left( n^{-3/2} j^{-3} \right)\) or higher. In conclusion, we obtained the asymptotic scaling
\[ \langle d^2 \rangle = \frac{3}{2nj(j+1)} + O \left( \max \left\{ n^{-3/2} j^{-3}, n^{-2} j^{-2} \right\} \right). \]

**SUPPLEMENTARY NOTE 7**

We now show that the optimal covariant measurement of Eq. (14) attains the quantum CRB for large \(n\). Note that this is not a priori clear, since the measurement (14) is optimal for the minimization of the error—but may not be optimal in the CRB sense.

To show optimality, we first note that the CRB implies directly a lower bound on the error, which can be easily evaluated in the parametrization \(g = g(\theta)\). Indeed, using a Taylor expansion to the second order we get
\[ d^2(g, c) = \frac{2}{3} (\theta_x^2 + \theta_y^2 + \theta_z^2) + O(||\theta||^3), \]
which, averaged over \(\theta\), becomes
\[ \langle d^2 \rangle = \frac{2}{3} \text{Tr}[V_\theta] + O(n^{-3/2} j^{-3}). \]

In bounding the error term, we exploited the fact that, due to Eq. (15) and Chebyshev’s inequality, the probability distribution of the outcomes of the optimal measurement is concentrated in a neighborhood of size \(O \left( n^{-1/2} j^{-1} \right)\) centred around the identity.
Now, the QFI for $n$ copies is given by $F_Q^{(n)} = nF_Q = 4nj(j+1)/3$. Inserting the quantum CRB in the r.h.s. of Eq. (16), we obtain the bound

$$\langle d^2 \rangle \geq \frac{3}{2nj(j+1)} + O\left(n^{-3/2} j^{-3}\right).$$

By comparison with Eq. (15) we conclude that the optimal measurement for $n$ copies satisfies $\text{Tr}[V^\text{opt}_{\theta,n}] = 4nj(j+1) + O\left(\max\{n^{-3/2} j^{-3}, n^{-2} j^{-2}\}\right)$. Since the optimal measurement (14) satisfies also

$$\langle \theta_i \theta_j \rangle = \delta_{ij} \frac{\text{Tr}[V^\text{opt}_{\theta,n}]}{3},$$

we conclude that for this measurement one has

$$V^\text{opt}_{\theta,n} = \frac{3}{4nj(j+1)} I + O\left(\max\{n^{-3/2} j^{-3}, n^{-2} j^{-2}\}\right).$$

In other words, the optimal covariant measurement achieves the quantum CRB for large $n$.

**SUPPLEMENTARY NOTE 8**

Let us consider an arbitrary separable measurement, of the form $M_h = \sum_i A_{i,h} \otimes B_{i,h}$ for positive operators $A_{i,h}$ and $B_{i,h}$. Using a standard averaging argument [3], one can show that the optimal measurement can be chosen to be covariant, i.e., of the form $M_h = \langle U_{h^{-1}} \otimes I_B \rangle(M_e)$.

Now, the normalization of the measurement gives

$$I_A \otimes I_B = \int dh \, M_h$$

$$= \sum_i \text{Tr}[A_i] \frac{I_A}{2j+1} \otimes B_i,$$

having used the irreducibility of the representation. Redefining $A_i' := (2j+1)A_i$ and $B_i' := B_i/(2j+1)$ we then obtain

$$\sum_i B_i' = I_B$$

and

$$\int dh \, U_h(A_i') = I_A.$$

Hence, every separable measurement can be realized as a one-way LOCC measurement, where Bob performs the POVM $\{B'_i\}$ and communicates the outcome to Alice, who performs the POVM $\{A^{(i)}_h\}$ with operators $A^{(i)}_h := U_h(A'_i)$. In such a protocol, Alice has to perform the optimal POVM for the conditional state induced by Bob’s measurement. The error that can be achieved in this way is lower bounded by the error in the estimation of $h$ from the state $|\psi_h\rangle = U_h|\psi\rangle$, where $|\psi\rangle$ is the best input state for a spin-$j$ particle. To evaluate this lower bound, we can use a covariant POVM $\{M_h\}$. In this case, covariance implies that $M_h$ is of the form $M_h = (2j+1)U_h(\rho)$ for some quantum state $\rho$ [3]. By convexity of the figure of merit, the optimal POVM has $\rho = |\psi'\rangle\langle\psi'|$ for some pure state. Hence, the error is

$$\langle d^2 \rangle = (2j+1) \min_{\psi,\psi'} \int dh \, e(h,e) \left|\langle \psi|U_h|\psi'\rangle\right|^2$$

$$= 2 \left[1 - \frac{2j+1}{9} \max_{\psi,\psi'} \langle \psi|\Pi_1|\psi'\rangle\right]$$

$$\geq 2 \left[1 - \frac{2j+1}{9} \max_{\psi} \langle \psi|\Pi_1|\psi\rangle\right]$$

$$= (2j+1) \min_{\psi} \int dh \, e(h,e) \left|\langle \psi|U_h|\psi\rangle\right|^2,$$

where $\Pi_1$ is the projector on the eigenspace with total quantum number $j = 1$ and $|\tilde{\psi}\rangle := e^{i\pi J_y} |\psi\rangle$ with $|\tilde{\psi}\rangle$ the complex conjugate of $|\psi\rangle$. For $j = 1/2$, all pure states are equivalent under rotations and therefore there is no need of further optimization. Plugging $|\psi\rangle = |1/2, 1/2\rangle$ in the equation we obtain the value $\langle d^2 \rangle = 16/9$. 