Selection Balancing at Innate Immune Genes: Adaptive Polymorphism Maintenance in Toll-Like Receptors

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Abstract

Balancing selection is a classic mechanism for maintaining variability in immune genes involved in host–pathogen interactions. However, it remains unclear how widespread the mechanism is across immune genes other than the major histocompatibility complex (MHC). Although occasional reports suggest that balancing selection (heterozygote advantage, negative frequency-dependent selection, and fluctuating selection) may act on other immune genes, the current understanding of the phenomenon in non-MHC immune genes is far from solid. In this review, we focus on Toll-like receptors (TLRs), innate immune genes directly involved in pathogen recognition and immune response activation, as there is a growing body of research testing the assumptions of balancing selection in these genes. After reviewing infection- and fitness-based evidence, along with evidence based on population allelic frequencies and heterozygosity levels, we conclude that balancing selection maintains variation in TLRs, though it tends to occur under specific conditions in certain evolutionary lineages rather than being universal and ubiquitous. Our review also identifies key gaps in current knowledge and proposes promising areas for future research. Improving our understanding of host–pathogen interactions and balancing selection in innate immune genes are increasingly important, particularly regarding threats from emerging zoonotic diseases.

Key words: balancing selection, host–pathogen interactions, innate immune genes, polymorphism, Toll-like receptors, TLR.

Introduction

Pathogens are strong agents of selective pressure (Schmid-Hempel 2011) and genes coding for molecules that interact closely with pathogens are often key targets of natural selection (Nielsen et al. 2005; Fumagalli and Sironi 2014; Shultz and Sackton 2019). During infection, pathogens interact directly with host molecular components, primarily those aimed at antigen recognition and infection clearance. As such, immune defense is dependent on a myriad of molecular bonds between host and pathogen structures (Kaspers et al. 2022), resulting in either pathogen tolerance or triggering an immune response leading to resistance (Råberg et al. 2007). Although relatively subtle on the scale of an entire host phenotype, molecular variability could have crucial effects on host resistance to pathogens. However, evolutionary mechanisms maintaining variability in immune genes, here defined as any gene in an organism’s genome essentially related to immune defense (i.e., being a part of the essential immunome sensu Ortutay et al. 2007), remain unclear. Though many immune genes show high levels of potentially functional variation (Minias et al. 2018; Velová et al. 2018), and a general theoretical framework to explain such variation has been proposed (Woolhouse et al. 2002), we still have little evidence to support current hypotheses explaining the evolutionary history of particular immune genes (Vinkler et al. 2022). Antigen-presenting genes of adaptive immunity, that is, the major histocompatibility complex (MHC), together with genes encoding proteins responsible for trimming and loading peptides for MHC presentation (e.g., ERAP genes) and receptors that bind loaded MHC molecules (e.g., KIR genes), represent a notable exception, being well-established targets of balancing selection (Hughes and Yeager 1998; Key et al. 2014; Radwan et al. 2020). In this review, we present current evidence on the evolutionary mechanisms (i.e., balancing selection) maintaining molecular variation in Toll-like receptors (TLRs), a group of innate immune genes crucial for triggering inflammation.

Toll-Like Receptors—Function, Selection, and Diversity

In contrast to the MHC, innate immune genes were, until recently, viewed as invariant and evolutionarily conserved, primarily as sequence variation in most innate immune genes is predominantly limited by negative (purifying) selection, being driven by functional constraints that select
for general structural conservation. Nevertheless, recent insights into the immunogenetics of both domestic/wild animals and humans have revealed unexpected intraspecific and interspecific variability in several innate immune gene families, including TLRs (Lazarus et al. 2002; Novák 2014; Webb et al. 2015; Vinkler et al. 2022). TLRs are classified as pattern recognition receptors (PRRs) that form a direct molecular interface between the host and pathogen-derived structures (Vinkler and Albrecht 2009), allowing the host to detect infection and trigger an immune response against the pathogen. Animal taxa have differing sets of TLRs, ranging from around 30 in amphioxo (Ji et al. 2018) down to 10–13 genes in birds and mammals (Roach et al. 2005). Individual TLR molecules have evolved to sense a diverse range of danger signals through recognition of structurally distinct ligands, some of which are few and invariant and others numerous and highly variable. As an example, TLR3 only binds to structurally invariant viral RNA, whereas TLR4 detects host self (e.g., fibrinogen, heat-shock proteins, or endogenous oxidized phospholipids) or nonself (e.g., lipopolysaccharide, mannan, glycoinositol-phospholipids, pneumolysin, or viral envelope and fusion proteins) ligands (Piccinini and Midwood 2010; Kumar et al. 2011).

Timely and specific pathogen recognition, essential for efficient pathogen clearance, represents a strong selective force in host–pathogen interactions. As such, TLR genetic variability is expected to be driven by positive selection, promoting fixation and maintenance of diverse nonsynonymous substitutions and allelic variants across different taxa and evolutionary lineages. In general, ineffective pathogen recognition in hosts increases the costs of immune defense, both in terms of resource allocation and tissue damage (Ashley et al. 2012). Since structural variation in TLR ligands may evolve to allow a pathogen to escape the host’s immune defense, possibly even leading to host mortality (Zdorovenko et al. 2007; Wang et al. 2015), reciprocal host–pathogen evolution is predicted as an outcome. This is consistent with the coevolutionary arms race dynamics expected under the “Red Queen model” (Woolhouse et al. 2002). TLRs represent a valuable model for studying such evolutionary mechanisms as (1) they show strong positive selection signatures at the interspecific level (Velová et al. 2018) and (2) unlike MHC, they are single-copy genes, allowing more effective tracking of adaptive evolution. Furthermore, their general structural conservation allows positive selection to be linked with protein structure molecular adaptations (Těšícký et al. 2020), allowing functional identification of the phenotypic effects of molecular variation (Walsh et al. 2008; Levy et al. 2020; Fiddaman et al. 2022).

Although only around 5% of TLR codons experience pathogen-mediated positive selection (Grueber et al. 2014; Velová et al. 2018), this polymorphism may play a paramount role in pathogen recognition as it is mostly located in the ligand-binding regions of TLR exodomains, that is, at molecular surfaces crucial for pathogen recognition (Downing et al. 2010; Vinkler et al. 2014; Velová et al. 2018). TLR adaptations at these sites may affect the physicochemical properties of the receptor surface, including its electrostatic potential (Králová et al. 2018; Těšícký et al. 2020). In pathogens, and particularly those with simple genomes such as bacteria or (especially) viruses, convergent evolution is common, indicating functional limits in their structural evolution (Wang et al. 2015; Gutierrez et al. 2019). Given these limits to the number of structural variants of pathogen-derived ligands, diversifying selection can also be predicted to select for a finite (but possibly multiple) number of TLR variants. At the interspecific level, constraints in host and pathogen structural variation may lead to evolutionary convergence (Walsh et al. 2008; Świderská et al. 2018; Těšícký et al. 2020), whereas TLR polymorphism at the intraspecific level may be maintained within populations via balancing selection. Though nonnegligible levels of functional, and potentially functional, variability at TLRs has recently been revealed across and within phylogenetically diverse vertebrate lineages, including humans (Ferwerda et al. 2007), domestic animals (Leveque et al. 2003; Świderská et al. 2018), and wild species (Alcaide and Edwards 2011; Quéméré et al. 2015; Vinkler et al. 2015; Minias et al. 2021), the mechanisms of balancing selection actively maintaining this variation within populations are still debated.

Mechanisms of Balancing Selection

Although novel allelic variants are generated by de novo mutations, negative selection can subsequently remove alleles that become nonadvantageous, whereas positive selection can increase the frequency of advantageous alleles, possibly leading to fixation (according to the selective sweep mechanism; de Groot et al. 2002). Alternatively, before fixation is reached, balancing selection may intervene to maintain allelic variation at frequencies greater than expected under neutral evolution.

Balancing selection acts through several nonexclusive mechanisms. First, heterozygote advantage (overdominance) assumes that heterozygous genotypes have greater fitness than homozygous genotypes, which may select for maintenance of multiple alleles within populations (fig. 1). As in the case of the MHC, two different alleles at the same TLR locus should allow hosts to sense a broader spectrum of ligands, thereby triggering an immune response against a greater range of foreign pathogens (Hedrick 2012). Thus, according to theoretical predictions, higher heterozygosity across multiple TLR loci (or within a single TLR locus) should be associated with higher fitness resulting from more efficient protection against multiple pathogens.

Second, negative frequency-dependent selection assumes that low-frequency allelic variants confer greater fitness than more common alleles (rare allele advantage hypothesis; fig. 1). This is based on the premise of dynamic host–pathogen coevolution, where pathogens rapidly evolve to overcome (avoid) the most common immune defenses of their hosts (Takahata and Nei 1990). Thus,
increasing allelic frequency should be accompanied by decreasing fitness, which is expected to maintain different alleles at moderate frequencies within populations and prevent a selective sweep.

Finally, fluctuating selection assumes that the landscape of pathogen-mediated selection on hosts and their immune genes should vary in space and time (Charbonnel and Pemberton 2005). These spatio-temporal fluctuations may be independent of allele frequency and, in contrast to the negative frequency-dependent selection hypothesis, exclusively reflect variation in environmental factors affecting the composition of local pathogen communities (Spurgin and Richardson 2010). Since different allelic variants may confer varying fitness in different habitats or locations (subpopulations), and intensity of directional positive selection on these alleles can change over time, multiple alleles are expected to be maintained within a metapopulation (across subpopulations; fig. 1).
So far, the most convincing empirical evidence for balancing selection comes from research on antigen-presenting genes of adaptive immunity, that is, the MHC (reviewed in Radwan et al. 2020). However, the MHC is specific in its genomic structure (multi-locus organization with frequent pseudogenisation; Sepil et al. 2012) and immunological function (functional dependency on T cell receptors; Migalska et al. 2019). Thus, it remains unclear how widespread balancing selection is in immune genes. It has been estimated that over half of genetic variability for resistance to infection is attributable to non-MHC genes (Acevedo-Whitehouse and Cunningham 2006), suggesting that other well-supported examples of genes evolving under balancing selection could yet be identified. Although balancing selection is recognized as the main force shaping TLR gene evolution in humans (Ferrer-Admetlla et al. 2008), and TLRs in many animal species show surprisingly high allelic variation (Alcaide and Edwards 2011; Świderska et al. 2018), it remains to be established whether the processes of balancing selection act at these key innate immune genes in nonhuman vertebrates and how general they are across different evolutionary lineages. Here, we review current empirical evidence for mechanisms of balancing selection acting on TLRs in natural populations of nonhuman vertebrates. Although precise determination of the processes mediating balancing selection on immune genes is difficult as they are nonexclusive and can operate in parallel (Spurgin and Richardson 2010), we attempt to identify those mechanisms that are likely to be of primary importance for the maintenance of TLR diversity.

### TLR Heterozygote Advantage

Of all the mechanisms associated with balancing selection on TLRs, heterozygote advantage has received the most extensive scientific attention, possibly due to the methodological feasibility of testing for this mechanism. Traditionally, heterozygote advantage has been tested by examining covariance between TLR heterozygosity status and infection rate, fitness components (reproduction and survival), or fitness-related traits (e.g., condition or ornament expression). In general, heterozygous individuals are expected to show lower overall rates of infection by multiple pathogens, and thus display better condition, better expression of condition-dependent traits (e.g., ornaments) and, eventually, higher fitness.

### Infection Rates

To date, most correlative research on TLR heterozygote advantage has focused on infection rates; however, the mechanism has received scant and/or indirect support. For example, Gavan et al. (2015) showed that different TLR4 alleles in the water vole Arvicola amphibius were associated with lower infection rates by different parasites (Megabothris fleas, Ixodes tick larvae, and Gamasidae mites). Though not tested directly, the authors interpreted this pattern as heterozygote advantage at TLR4, a hypothesis further supported by the excess of heterozygote individuals observed before a population bottleneck (Gavan et al. 2015). A similar mechanism has been invoked in the roe deer Capreolus capreolus, in which different TLR2 alleles provided resistance against different pathogens and the allele resistant against Toxoplasma infection conferred susceptibility to Chlamydia, and vice versa (Quéméré et al. 2021). The same study reported that individuals with a medium-frequency (31%) TLR5 allele in a heterozygous (but not homozygous) state were less likely to be seropositive for Chlamydia than individuals lacking this allele (Quéméré et al. 2021). However, as TLR5 is not expected to be directly involved in Chlamydia detection (Verweij et al. 2016), the nature of this association remains unclear. Despite evidence suggesting the benefits of heterozygosity (in line with the expected molecular mechanism of heterozygote advantage), numerous studies have provided support for the effects of specific TLR alleles (i.e., lower infection rates in individuals with specific resistance alleles, independent of heterozygosity status), some even suggesting a heterozygote disadvantage effect, with lower infection rates in homozygous individuals (table 1). Further, most studies have failed to find any significant association between TLR heterozygosity and infection rate, at least in some of the loci tested (table 1). It should be acknowledged, however, that most studies examined infections by a single pathogen, or tested for separate effects of multiple pathogens. Since heterozygote advantage at TLRs (and other antigen-recognition immune genes) is thought to confer an overall benefit when an organism is exposed to a diverse range of pathogens, single-pathogen experimental framework may be insufficient to test for this mechanism effectively.

### Fitness Components and Fitness-Related Traits

As with infection rate, the heterozygote advantage mechanism receives little support when examined in relation to fitness components and fitness-related traits. For example, testing for correlations between TLR heterozygosity and reproductive success in the dunnock Prunella modularis conditionally supported heterozygote advantage, but only at a single TLR3 locus (Lara et al. 2020). It has been suggested that TLR3 heterozygous individuals may cope better against RNA viruses, such as avian influenza; however, heterozygote advantage has only been detected in males and this could possibly be explained by intricate sexual conflict (Santos et al. 2015). Indications of TLR4 heterozygote advantage have also been found in a heavily bottlenecked population of another passerine bird, the Stewart Island robin Petroica australis rakiura. Here, a single heterozygous TLR4 genotype conferred a large survival advantage, reducing mortality risk before maturity by more than half (Grueber et al. 2013). Strong selection advantage for this genotype was further confirmed by a 2-fold frequency excess in the population compared with the Hardy–Weinberg expectation (Grueber et al. 2013). Interestingly, elevated levels of TLR heterozygosity resulting from reciprocal translocation of robins between inbred
populations may have contributed to observed effects of increased individual survival and recruitment following active conservation measures (Grueber et al. 2017). In the black-headed gull *Chroicocephalus ridibundus*, multi-locus TLR heterozygosity (and within-individual sequence diversity) correlated with different physiological condition indices; however, all these associations prevailed at the nucleotide rather than amino acid level, suggesting molecular mechanisms indirectly linked to antigen recognition (e.g., modifications of translation level) (Podlaszczuk et al. 2021).


to date, heterozygosity-fitness correlations at TLRs have almost exclusively been tested in birds. In mammals, we are aware of just one study that tested for correlations with natal dispersal, a trait that may have important fitness consequences (Nevoux et al. 2013). This study found that roe deer dispersal propensity and distance increased with heterozygosity at TLR3 (all individuals) and TLR4 (heavy individuals only), which could be associated with fitness advantage (Vanpé et al. 2016). Aside from this, information on correlations between TLR heterozygosity and fitness components (reproduction and survival) are lacking for mammals.

### Other Mechanisms of Balancing Selection at TLRs

Owing to fundamental methodological difficulties, including the need for a long-term spatio-temporal sampling design, any direct empirical evidence for mechanisms of balancing selection acting on TLRs other than heterozygote advantage (i.e., negative frequency-dependent and fluctuating selection) is highly limited. Below, we provide a summary of the available evidence.

#### Infection Rates

Association of TLR variation with infection rate may not necessarily provide support for the heterozygote advantage hypothesis; instead, it may reflect other mechanisms of balancing selection, such as spatial or temporal variation in allelic frequency. A striking example has been provided...

| Trait Category | Lineage | Species | Pathogen/Trait | Heterozygote Advantage | Heterozygote Disadvantage | Single-Allele Effect | No Effect | Reference |
|---------------|---------|---------|----------------|------------------------|--------------------------|----------------------|----------|-----------|
| Infection rate | Birds   | Coereba flaveola | Haemoproteus | 2B                     | 1A, 7                    | 1                    |          | 1         |
|               | Mammals | Apodemus sylvaticus | Toxoplasma gondii |                       | 11, 12                  | 2                    |          | 2         |
|               |         | Arvicola amphibius | Megabothris flea |                       | 4                       | 3                    |          | 3         |
|               |         | Arvicola amphibius | Ixodes larvae, Gamasidae mites | | 4                       | 4                    |          | 3         |
|               |         | Arvicola amphibius | Bartonella, Ixodes nymphs | | 4                       | 3                    |          | 3         |
|               |         | Capra ibex | Coinfection | | 4*                     | 3                    |          | 3         |
|               |         | Capreolus capreolus | Brucella melitensis | | 1                       | 2                    | 4, 5              | 5         |
|               |         | Capreolus capreolus | Toxoplasma | | 2                       | 2                    | 4, 5              | 5         |
|               |         | Capreolus capreolus | Chlamydia | | 5                       | 2                    | 4, 5              | 5         |
|               |         | Capreolus capreolus | Coinfection | | 2*                     | 4                    | 5, 5              | 5         |
|               |         | Myodes glareolus | Borrelia afzelii | | 2                       | 2                    | 6, 7              | 6         |
|               |         | Acrocephalus | Lifetime reproductive success | | 3                       | 3                    | 8                  |           |
|                | Birds   | sechellensis | Reproductive success | | 3                       | 1, 2, 4              | 5, 15             | 9         |
| Survival      | Birds   | Acrocephalus sechellensis | Lifetime survival | | 3                       | 8                  |                    |           |
|               |         | Atlapetes pallidiceps | Annual survival | | ML                      | ML                  | 10                 |           |
|               |         | Melospiza melodia | Annual survival | | ML                      | ML                  | 11                 |           |
|               |         | Petroica australis | Annual survival | | 4                       | ML                  | 12                 |           |
|               |         | Tympanuchus cupido attwateri | Annual survival | | 1B                      | 4, 5, 15             | 13                 |           |
| Other         | Birds   | Chroicocephalus ridibundus | Physiological condition | | 1B, 3, ML              | 4, 5                 | 14                 |           |
|               |         | Sterna hirundo | Colony size choice | | 1B                      | 4, 5, 15             | 13                 |           |
|               |         | Tympanuchus cupido attwateri | Immune function | | 1B                      | 4, 5, 15             | 13                 |           |
|               | Mammals | Capreolus capreolus | Natal dispersal | | 3, 4                    | 2, 5                 | 16                 |           |

Note.—Numbers indicate identity of TLR loci associated with different effects (heterozygote advantage, heterozygote disadvantage, single-allele effect). ML, multi-locus associations.

Association inferred, but not explicitly tested for.

1, Antonides et al. (2019); 2, Morger et al. (2014); 3, Gavan et al. (2015); 4, Quéméré et al. (2020); 5, Quéméré et al. (2021); 6, Tschirren et al. (2013); 7, Cornetti et al. (2018); 8, Davies et al. (2021); 9, Lara et al. (2020); 10, Hartmann et al. (2014); 11, Nelson-Flower et al. (2018); 12, Grueber et al. (2013); 13, Bateson et al. (2016); 14, Podlaszczuk et al. (2021); 15, Drzewińska-Chańko et al. (2021); 16, Vanpé et al. (2016).
through a genome-wide association study of Berthelot’s pipit *Anthus berthelotii*, which revealed relationships between two single nucleotide polymorphisms (SNPs) in *TLR4* with malaria *Plasmodium* infection (Armstrong et al. 2019). Surprisingly, one of the SNPs was negatively associated with malaria infection risk in the Canary Islands, but positively associated in the Madeira archipelago. No evidence for heterozygote advantage was found in either population, clearly indicating a local adaptation to fluctuating pathogen-driven selection in the pipits, maintaining *TLR4* variation across populations (Armstrong et al. 2019). Similarly, a negative correlation was found between *Amblyomma* tick prevalence and *TLR5* nucleotide and amino acid diversity across fragmented populations of a tropical bird, the wedge-billed woodcreeper *Glyphorynchus spirurus* (Perrin et al. 2021). Since ticks are key vectors of animal infectious diseases (Jongejan and Uilenberg 2004), it has been suggested that *TLR* variation may have been maintained by balancing selection (possibly through different mechanisms). On the other hand, the *TLR5* variation paralleled neutral genetic variation in woodcreepers, suggesting a dominant role of drift (Perrin et al. 2021). This is similar to the distribution of *TLR5* polymorphism in humans and other primates, where, despite selection for variation at the interspecific level, nonfunctional pseudogene alleles may be maintained in a polymorphic state by drift when negative selection is weak (Wlasiuk et al. 2009).

**Population Genetics and Population Demographic History**

Although multiple studies have identified putative functional polymorphism in TLRs in wild animal populations (Alcaide and Edwards 2011; Tschirren et al. 2011; Vinkler et al. 2015) and domestic species (Darfour-Oduro et al. 2016; Šviderská et al. 2018), there is virtually no information available on temporal variation in TLR allelic frequencies, which would clearly support the negative frequency-dependent selection mechanism. Despite this, several studies have documented notable variation in TLR allelic composition across subpopulations, consistent with fluctuating selection. For example, patterns of *TLR2* polymorphism in the bank vole *Myodes glareolus* suggest spatial variation in selective pressures (Tschirren et al. 2012), probably due to *TLR2* allelic variation being linked to resistance to *Borrelia afzelii*, a tick-borne pathogen widespread in wild rodents (Tschirren et al. 2013). Similarly, a large-scale study on the gentoo penguin *Pygoscelis papua* detected population-specific adaptations at *TLR5* to divergent polar environments and local pathogen assemblages (Levy et al. 2020), also invoking selection that fluctuates in space. This population diversification pattern, with gene flow contributing to polymorphism maintenance, is also known for several human TLRs, particularly *TLR4* and the *TLR10*–*1*–*6* cluster (Ferwerda et al. 2007; Barreiro et al. 2009).

Balancing selection acting within populations could lead to an overrepresentation of several common alleles compared with neutral equilibrium, a phenomenon that can be tested for with a suite of related statistics, such as Tajima’s D or Fu and Li’s D (Fijarczyk and Babik 2015). Significantly positive values of these statistics have been reported for several vertebrate taxa at different *TLR* loci, suggesting the action of balancing selection (Kloch et al. 2018; Ham-Dueñas et al. 2020; Xu et al. 2020). On the other hand, many other TLR studies have reported no deviation from neutrality for Tajima’s D (e.g., Hartmann et al. 2014; Levy et al. 2020; Podlaszczuk et al. 2021). It should be acknowledged, however, that these neutrality tests are extremely sensitive to nonequilibrium demography and population structure (Fijarczyk and Babik 2015). This background noise can be filtered out, to certain extent, by comparing allele frequencies in genes predicted to evolve under balancing selection with neutral markers. Application of such an approach in a bottlenecked population of the Seychelles warbler *Acrocephalus sechellensis* showed a heterozygote excess in *TLR15*, which retained more variation than would be predicted based on observations of neutral markers, supporting the role of balancing selection (Gilroy, van Oosterhout, et al. 2017). Further, demographic simulations in this species revealed that variation observed at three TLR genes (*TLR1Lb, TLR3*, and *TLR15*) could not be explained by neutral evolution exclusively, and was more likely generated through past balancing selection (Gilroy, Phillips, et al. 2017). Unfortunately, this evidence for balancing selection cannot effectively distinguish between rare allele advantage and heterozygote advantage mechanisms since heterozygote excess (when compared with neutral Hardy–Weinberg expectations) can be driven by either or both processes (Spurgin and Richardson 2010). Finally, there is limited evidence for balancing selection in TLRs originating from genomic scans of nonsynonymous polymorphisms within populations. In brief, balancing selection is expected to maintain excess diversity not only at the targets of selection but also at neighboring neutral loci, detectable through comparisons with a genome-wide distribution of nonsynonymous diversity (Fijarczyk and Babik 2015). This pattern was revealed at three TLR genes (*TLR1, TLR2*, and *TLR6*) in the bank vole, though interpretation of the results was complicated by paralogous gene conversion at two of the loci (Lundberg et al. 2020). Interestingly, of the 135 PRR signaling pathway genes in bank voles, the TLR family (together with C-type lectin receptors) appeared to be a key target of balancing selection (Lundberg et al. 2020).

**Conclusions**

Consistent with the “One Health” concept, an understanding of the mechanisms responsible for polymorphism maintenance in innate immune genes of wild animals is essential for predicting risks associated with animal to human disease transmission and preventing future disease outbreaks (Lebov et al. 2017). Though still fragmentary, multiple lines of evidence from a wide range of species suggest that balancing selection is likely to be a common
mechanism for polymorphism maintenance in TLRs. At the same time, contrasting evidence for different taxa and TLR genes (either supporting balancing selection or not) indicates that the phenomenon is far from being universal and omnipresent, but occurs under specific conditions in certain evolutionary lineages. Although distinguishing between different types of balancing selection in wild species is difficult, the best empirical evidence relates to fluctuating selection maintaining TLR variation across populations. In contrast, evidence for heterozygote advantage is still relatively soft, and there is no evidence for negative frequency-dependent selection. Here, we identify several limitations currently restricting our understanding of balancing selection acting in vertebrate TLRs:

- Lack of evidence for functional variation in TLR alleles—though selection operates through phenotypic variation, any links between natural TLR genetic variation, differences in molecular function, and variance in immune responsiveness are missing for wild species. Notably, these associations may be predicted as positive (strengthening pathogen recognition) or negative (potentially leading to immunological tolerance).
- Shortage of association studies between TLR variation and infection rates—as immunological variation should manifest as altered disease resistance in the natural environment, there is a need for data identifying links between TLR variation and diverse pathogens (coinfections). It should be stressed, however, that TLR variation may also be selected for by interactions with nonpathogenic symbionts.
- Insufficient association studies between TLR variation and fitness components—whereas linking polymorphism maintained in TLRs with fitness varying across different contexts (via quantification of allele and genotype–fitness landscapes) can serve as the most straightforward evidence for balancing selection, relatively limited effort has been made to test for this association across species.
- Low phylogenetic coverage—until now, research on intraspecific variation in TLRs has focused primarily on birds and mammals, whereas other vertebrate lineages with more diversified TLRs (e.g., fish) are underrepresented. Improved knowledge of pathogen community diversity across evolutionarily divergent host species could guide the search for promising models on balancing selection in TLRs.
- Lack of wider spatial datasets and time series—broader information on the spatio-temporal dynamics of TLR allele frequency changes potentially linked with changes in pathogen composition would provide a basis for robust inferences on the roles of negative frequency-dependent selection and fluctuating selection in shaping TLR diversity.

Although filling the gaps outlined above will be both technically and financially demanding, focusing on TLRs as a model genetic system for investigating balancing selection offers several advantages. First, being directly involved in interactions with structurally diversified pathogen structures, TLRs are among those proteins where polymorphism maintenance is predictable. Second, their general conservation enhances effective screening of within- and between-population polymorphism, allowing efficient development of molecular tools (primers, probes), robust protein modeling, and prediction of variation in protein molecular phenotypes. Third, their well-understood immunological function makes TLRs easy to investigate functionally, including the adoption of cutting edge experimental approaches such as allelic variant manipulation. Fourth, given specific interactions of individual TLRs with pathogen-derived structures, precise predictions can be made about their associations with infection agents. Taking into consideration the existing body of evidence for and against balancing selection in TLRs, new research should be targeted at gaining a better understanding of the ecological and evolutionary contexts that promote (or inhibit) its role in shaping innate immune gene variation. Further, we recommend that future studies should focus primarily on overcoming the limitations listed above to provide comprehensive evidence for the broad action of balancing selection in immune genes other than the MHC, which still remains a key target of evolutionary immunological research.

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Data availability

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