Protective effect of histatin 1 against ultraviolet-induced damage to human corneal epithelial cells

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Abstract. The aim of the present study was to investigate the role of histatin 1 (Hst1) in human corneal epithelial cells (HCECs) exposed to ultraviolet (UV) radiation. Prior to UV irradiation for various durations, HCECs were pre-treated with different concentrations of Hst1 and the effect on cell apoptosis and cell viability were examined by flow cytometry, alamarBlue® and MTT assays to determine the optimal concentration of Hst1 and UV dose. Cells were then subjected to quantitative PCR, ELISA and western blot analysis to determine the expression of cell damage-associated genes. HCECs exposed to UV light for 1 h displayed decreased viability when compared to that of control cells, and a 3 h UV exposure markedly increased the apoptotic rate of HCECs, while apoptosis was inhibited by pre-treatment with Hst1. UV radiation downregulated expression of insulin-like growth factor (IGF)-1 and B-cell lymphoma 2 (Bcl-2), while it upregulated Bcl-2-associated X protein (Bax) expression. Hst1 protected HCECs against UV-induced damage by upregulating the expression of IGF-1 protein and increasing the Bcl-2/Bax ratio. In conclusion, Hst1 may prevent UV-induced damage to corneal epithelial tissue injury and promote its healing.

Introduction

Ultraviolet (UV) radiation is generally divided into two spectral components consisting of UVB (290-320 nm) and UVA (320-400 nm). It is the main causative factor of skin cancer and also causes chronic damage to the eye, eventually leading to eye cancer (1). Cellular metabolic pathways generate molecules involved in causing photochemical damage to areas of skin exposed to UVB and UVA (2). For instance, UV radiation generates free radicals, including oxygen-derived radical species, which are known to cause lipid peroxidation in cellular membranes (3). In addition, it has been demonstrated that UV light directly damages DNA (4,5), decreases mitochondrial function, induces apoptosis (4) and affects ocular structures, including the cornea, lens and retina (6).

Histatins (Hsts) are proteins found in saliva and are ubiquitously present in all living organisms. Hsts display anti-microbial and anti-fungal properties and are known to have a role in wound closure (7). Three major types of Hsts (Hst1, 3 and 5) have been identified, and Hst1 is encoded by the gene HTN1 (8). In humans, Hsts are secreted into saliva by the parotid and submandibular glands (9). Oudhoff et al (10) reported that Hst1 not only promotes cell-substrate adhesion but also cell-cell adhesion, which facilitates the creation of epithelial barrier junctions. Hsts are ubiquitously present in all living organisms, and in addition to their anti-microbial functions, also appear to have growth-stimulating properties (10). While Hsts exert wound-healing effects in cultured epithelial cells, it has not been determined whether they protect human corneal epithelial cells (HCECs) from damage induced by exposure to UV radiation. Insulin-like growth factor (IGF)-1 expressed in corneal tissues is known to promote corneal epithelial cell proliferation, migration and differentiation, and to have an important role in maintaining normal corneal growth. Individuals with diabetic retinopathy display an increased expression of IGF-1 (11), which enhances the ability of their corneal epithelial cells to heal after being damaged.

The present study investigated the role of Hst1 in HCECs damaged by exposure to UV radiation. The results suggested that Hst1 may be a potential therapeutic agent for protecting HCECs against damage induced by UV radiation.

Materials and methods

Cell culture and treatment. HCECs from cultures of <30 passages were provided by the Department of Plastic, Shandong Provincial Qianfoshan Hospital affiliated Shandong University (Shandong, China); the cells were purchased from the American Type Culture Collection (Manassas, VA, USA). The HCECs were cultured in a growth medium consisting of 10% fetal bovine serum (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA), 100 IU/ml penicillin (Sigma-Aldrich;
Merck KGaA, Darmstadt, Germany), 100 IU/ml streptomycin (Sigma-Aldrich; Merck KGaA) and Dulbecco's modified Eagle's medium/F12 (Invitrogen; Thermo Fisher Scientific, Inc.). The cells were maintained in a humidified atmosphere with 5% CO₂ at 37°C. When the cells had formed a sheath on the bottom of the culture vessel, they were re-suspended by incubation with 0.125% trypsin, collected and seeded at a ratio of 1:2 in a fresh 25 cm² culture flask. They were then sub-cultured in 5 ml complete medium.

Exposure of cells to UV light. When the HCECs had grown to ~80% confluency, the residual growth medium was discarded and replaced with 1 ml pre-heated PBS. The cells were then gently agitated and washed with PBS. Next, the culture dish lids were removed and the cells were placed 12 cm below an UVB lamp (wavelength range, 250-350 nm; peak wavelength, 297 nm) for direct irradiation. The intensity of UV radiation directly measured at a 12-cm vertical distance below the UVB lamp was 20 μw/cm², and was calculated using the following formula: H=TxE; where H was the radiant exposure (J/cm²), t was the exposure duration (seconds) and E was the measured irradiance (W/cm²). Radiation dosages corresponding to UVB irradiation times of 1, 2 and 3 h were 0.072, 0.144 and 0.216 J/cm², respectively. Following irradiation, the cells were once again cultured in fresh medium.

Hst1 treatment. Hst1 was obtained from the Chinese Peptide Company (Hangzhou, China). The sequence was DSH EKR ARG EYP FER YD GYGS NLY D. Four doses of Hst1 (0, 10, 50 and 100 μg/ml) were added to the cells for 12 h prior to UV radiation treatment or other assays.

AlamarBlue® assay. The viability of HCECs was measured by examining their general health and proliferation using the alamarBlue® assay. HCECs (~10⁴) were seeded into the wells of 24-well plates and then incubated at 37°C with 5% CO₂ for 24 h. The cells were exposed to UV light when the cultures were ~75% confluent. Following UV exposure, the cultures were again incubated for 24 h. Subsequently, the medium was aspirated from each well and the cells were rinsed with 1 ml culture medium containing serum. After aspirating the residual medium, 1 ml 10% alamarBlue® (Thermo Fisher Scientific, Inc.) plus growth medium without serum was added to each well, and the cells were incubated at 37°C for 3 h. Following incubation, the fluorescence in each well was measured at 530/590 nm using a Thermo Plate microplate reader (Rayto Life and Analytical Science Co. Ltd., Shenzhen, China).

Proliferation of cultured cells. The proliferation of cultured HCECs was evaluated using the MTT colorimetric assay, which is based on the chemical reduction of MTT by living cells to form formazan crystals. In brief, HCECs were seeded into 96-well tissue culture plates (2x10³ cells/well) and incubated at 37°C under 5% CO₂ for 0, 12, 24 or 48 h. Next, the cells were incubated in 100 μl MTT solution (5 mg/ml; cat. no. M6494; Invitrogen; Thermo Fisher Scientific, Inc.) for 3 h, and then washed with PBS. The purple formazan crystals formed in living cells were then solubilized with dimethylsulfoxide (Invitrogen; Thermo Fisher Scientific, Inc.). The absorbance of the formazan solution was measured at 450 nm using a Thermo Plate microplate reader (Rayto Life and Analytical Science Co. Ltd.).

Cell apoptosis analysis. Apoptosis assays were performed using the Annexin-V-FITC Apoptosis Detection Kit (Nanjing KeyGen Biotech Co., Ltd., Nanjing, China) according to the manufacturer's instructions. Early apoptotic cells were defined as annexin-V-positive or propidium iodide-negative cells. Analyses were performed using a Beckman Gallios Flow Cytometer (Beckman Coulter, Brea, CA, USA).

Semi-quantitative polymerase chain reaction (qPCR). Total cellular RNA was isolated using TRIzol reagent (Takara Biotechnology Co., Ltd., Dalian, China). The first strand cDNA was synthesized using the PrimeScript™ 1st strand cDNA Synthesis kit (cat. no. 6110A; Takara Biotechnology Co., Ltd.). Next, RNA samples were subjected to qPCR analysis to measure their levels of IGF-1, B-cell lymphoma 2 (Bcl-2) and Bcl-2-associated X (Bax) mRNAs. The primers used for IGF-1, Bcl-2, Bax and GAPDH are listed in Table I. qPCR reactions were conducted using the SYBR® Fast qPCR mix (cat. no. RR430A; Takara Biotechnology Co., Ltd.). The PCR amplification conditions were as followings, pre-denaturation at 95°C for 30 sec, denaturation at 95°C for 5 sec and annealing at 60°C for 40 sec (40 cycles). The PCR products in 4 μl of the product mixture were separated by electrophoresis on a 1.25% agarose gel, the gel was stained with ethidium bromide solution for 15 min at <50°C. The densities of the various complementary DNA bands were analyzed by scanning their absorbance areas with an AlphaImager gel imaging and analysis system (ProteinSimple, San Jose, CA, USA). AlphaImager® Ger Documentation (version 1.0; ProteinSimple) was used to assess the density the bands. Band intensity values for IGF-1, Bcl-2 and Bax were normalized to those of GAPDH and the relative expression was calculated using the 2⁻ΔΔCq method (12).

ELISA. Cellular levels of malondialdehyde (MDA; cat. no. A003-4) and superoxide dismutase (SOD; cat. no. A001-1) were detected using ELISA kits (both Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's instructions. In brief, 100 μl of a prepared standard solution or sample was added to each well of a sample plate and incubated overnight at 4°C. The plate was then washed four times with buffer, and subsequently, 100 μl biotinylated primary antibody was added to each well, followed by incubation at room temperature (RT) for 1 h. The plates were then washed four times with buffer and incubated with peroxidase-conjugated secondary antibody for 45 min. Next, the plates were washed three times with buffer, and 100 μl tetramethylbenzidine was added to each well to induce a color reaction at RT, which was stopped after 30 min. The optical density of each well at 450 nm was determined using an automated microplate reader.

Western blot analysis. Cells were harvested in radioimmuno-precipitation assay lysis buffer and centrifuged at 13,200 x g for 15 min at 4°C. The supernatant fractions were collected and the protein concentration was determined by the Bio-Rad Protein Assay kit II (cat. no. 5000002; Bio-Rad Laboratories, Inc., Hercules, CA, USA). Protein samples (40 μg/lane...
of total protein) were separated by 12% SDS-PAGE and electro-transferred to polyvinylidene difluoride membranes (cat. no. IPV/H00010; EMD Millipore, Billerica, MA, USA). The membranes were then incubated with 5% non-fat skimmed milk in Tris-buffered saline containing 0.1% Tween 20 (TBST) for 1 h. Next, the membranes were incubated overnight with anti-IGF-1 (1:1,000; cat. no. ab9572; Abcam, Cambridge, UK), anti-Bcl-2 (1:1,000; cat. no. 2872), anti-Bax (1:1,000; cat. no. 5023) and anti-GAPDH (1:2,000; cat. no. 97166) (all Cell Signaling Technology, Inc., Danvers, MA, USA) primary antibodies at 4˚C, followed by a subsequent incubation with horseradish peroxidase-conjugated goat anti-mouse (cat. no. A4416) and anti-rabbit (cat. no. A6154) secondary antibodies (both 1:10,000; Sigma-Aldrich; Merck KGaA) for 1 h at room temperature. The membranes were then rinsed with TBST, blots were visualized with enhanced chemiluminescence western blot detection reagents (cat. no. 321096; Thermo Fisher Scientific, Inc.) and then exposed to an X-ray film (Kodak, Rochester, NY, USA). The resultant protein bands were scanned using a Gel-doc2000 imaging system (Bio-Rad Laboratories, Inc.) and analyzed using Quantity One 1-D Analysis software (version 4.6.9; Bio-Rad Laboratories, Inc.).

Statistical analysis. All data were analyzed using Predictive Analytics Software for Windows (version 18.0; IBM Corp., Armonk, NY, USA). Statistical significance was assessed by Student’s t-test and one-way analysis of variance followed by Tukey’s post-hoc test. Statistical values are expressed as the mean ± standard error of the mean. P<0.05 was considered to indicate a statistically significant difference between groups. All experiments were performed at least three times.

Results

Cell model of UV irradiation-induced injury. The percentage of HCECs undergoing apoptosis increased with increasing exposure to UV light (Fig. 1A). While 29.1% of cells exposed to UV radiation for 2 h had entered apoptosis (early and late apoptosis), this percentage increased to 48.4% after 3 h of exposure, indicating that UV radiation can greatly damage HCECs (Fig. 1B). Furthermore, cells exposed to UV radiation for 3 h demonstrated a significant loss of viability as measured by alamarBlue® assay, while a 1 h exposure had little or no effect (Fig. 1C). Simultaneously, a UV-free group was set as a control, and cells in this group were treated under the above conditions apart from being irradiated with UV light. Cell apoptosis slightly increased in the UV-free group with time; however, compared with this group at 0 h, no significant differences were demonstrated. Based on these results, a 2 h UV radiation exposure period (total radiation dosage, 0.144 J/cm²) was selected for use in the subsequent UV-induced cell damage model.

Hst1 enhances the proliferation and reduces oxidative stress in HCECs. Three concentrations of Hst1 (10, 50 and 100 µg/ml) were used to treat the HCECs prior to UV radiation. Cell proliferation, which was assessed by the MTT assay was increased in the 10, 50 and 100 µg/ml Hst1 treatment groups. Cell proliferation was significantly induced in the 50 µg/ml Hst1 treatment group compared with the control group (Fig. 2A). However, cell proliferation in the 100 µg/ml Hst1 treatment group was markedly lower compared with the 10 µg/ml Hst1 treatment group, but it remained higher than that in the control group. Furthermore, by performing an MTT assay the proliferation of irradiated HCECs pre-treated with Hst1 was demonstrated to be increased compared with that of untreated irradiated cells. The same cells were also subjected to analysis of cellular SOD and MDA levels. The results revealed that the Hst1 treatment groups had lower SOD levels (Fig. 2B), but higher MDA levels (Fig. 2C) than the control group (0 µg/ml and UV irradiated). When pre-treated with 50 µg/ml Hst1, the intracellular content of SOD was significantly decreased, while the MDA concentration was increased when compared with that in the control group. Therefore, 50 µg/ml was selected as the concentration of Hst1 to be used in the subsequent experiments.

Hst1 protects HCECs against UV-induced damage. It was then examined how Hst1 protected HCECs against UV-induced damage. qPCR analysis demonstrated that the mRNA expression levels of IGF-1 (Fig. 3A) and Bcl-2 (Fig. 3B) were upregulated after pre-treatment of HCECs with 50 µg/ml Hst1 prior to irradiation, while and Bax was downregulated (Fig. 3C). Furthermore, Hst1 inhibited irradiation-induced apoptosis in HCECs (Fig. 4A and B). In addition, Hst1 was found to affect IGF-1 and Bcl-2 in HCECs treated with Hst1 was significantly upregulated when
compared with that in non-treated control HCECs. By contrast, Bax expression was significantly downregulated in Hst1-treated cells after irradiation (Fig. 4C-E). These results suggested that Hst1 may be a potential prophylactic therapeutic agent to protect against UV damage. Further studies may demonstrate that Hst1 improves corneal epithelial wound healing in UV-damaged eyes.

**Discussion**

Irradiation of cells with UV light triggers a variety of signaling cascades that promote apoptosis. UV light is absorbed by the cornea, resulting in the generation of large amounts of free radicals, which may damage biological tissues if the supply of free radical scavengers in the irradiated tissue is insufficient (13).
It is well known that UV radiation causes cell damage and even the death of cells located on the ocular surface (13,14), and this damage to corneal epithelial cells contributes to ocular pathologies such as photokeratitis. The present study was performed to determine whether Hst1 protects HCECs against UV radiation. The alamarBlue® assay was performed to evaluate differences between the viability of HCECs treated with Hst1 and control HCECs treated with PBS prior to irradiation with UV light for time periods of 1, 2 and 3 h, respectively. The results demonstrated that relevant doses (0.072, 0.144 and 0.216 J/cm²) of UV radiation decreased the viability of HCECs. However, HCECs pre-treated with Hst1 were less susceptible to damage by UV radiation, suggesting a protective effect of Hst1.

Histatins are anti-microbial and anti-fungal proteins found in human saliva, and have been demonstrated to have a role in wound closure (10). Certain mammalian anti-microbial peptides were found to induce the expression of proteoglycans that promote cell proliferation, migration, angiogenesis and collagen synthesis, all of which are involved in the wound healing process (15). Due to their specific distribution in the human body, studies on Hsts have mostly concentrated...
on their role in the oral environment (16). The present study revealed that Hst1 protected HCECs and decreased their entry into apoptosis. Free radicals may inactivate Na⁺, K⁺ and adenosine triphosphate-dependent enzymes in the corneal epithelium, resulting in disorders of cell metabolism. At the same time, they consume large amounts of anti-oxidants, which decreases the anti-oxidant capacity of biological tissue as indicated by increased MDA and decreased SOD levels, resulting in tissue damage (17). The results of the present study demonstrated that pre-treatment with Hst1 decreases SOD activity and increases MDA levels compared with those in untreated UV-irradiated HCECs, indicating that free radical oxidation reactions are involved in the corneal damage produced by UV light.

IGF-1 is the most important growth factor known to regulate cell proliferation, migration and apoptosis, and its expression is elevated in the vitreous of diabetic retinopathy patients. Bcl-2 and Bax mRNA have been detected in the primary cultures of three types of corneal cells, and are known to be involved in regulating apoptosis in corneal cells (18). In the present study, IGF-1 and Bcl-2 expression were increased in the Hst1 group, while Bax expression was decreased compared with that in untreated UV-irradiated HCECs.

Our group will continue to study the underlying mechanisms involved in UV-induced damage to biological tissue, with the goal of gaining novel information that may be used to help prevent or treat certain diseases caused by exposure to UV light. These results of the present suggested that Hst1 may be a potential prophylactic therapeutic agent to protect against UV damage. Further studies may demonstrate that Hst1 also improves corneal epithelial wound healing in UV-damaged eyes. Studies on corneal damage produced by exposure to UV light may provide a factual or theoretical basis for the clinical use of Hst1, and a better understanding of its pharmacological effects.

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