Mucinous cystic neoplasm of the liver with polypoid nodule prolapsing into the bile duct: a case report and review of literature

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Abstract
Background: Mucinous cystic neoplasm of the liver (MCN-L) is a rare cystic tumor as defined by the 2010 World Health Organization classification. MCN-L usually does not communicate with or grow into the bile duct. Herein, we present a rare case of MCN-L with a polypoid nodule protruding into the bile duct.

Case presentation: A 69-year-old woman was referred to our hospital for elevated serum liver enzyme levels and obstructive jaundice. The patient also complained of abdominal pain in the right hypochondriac region. Abdominal ultrasonography showed a cystic lesion in segment 4 (S4) of the liver. Computed tomography revealed a 4-cm multilocular cystic lesion with a thick wall and multiple septal formations, showing a cyst-in-cyst appearance in S4. Endoscopic retrograde cholangiography showed a contrast defect between the left hepatic duct and the common bile duct, which was suspected to be a nodular lesion in the bile duct. Bile cytology and biopsy of the nodular lesion showed no malignant findings. Based on these findings, the differential diagnosis in this patient included intraductal papillary neoplasm of the bile duct and MCN-L, which had malignant potential. The patient underwent left hemihepatectomy, including caudate lobe excision with bile duct resection and right hepatocholedochojunostomy. Macroscopic findings showed a 40×29 mm multilocular cystic lesion with a polypoid nodule that protruded into the left intrahepatic bile duct. As an ovarian-like stroma was observed in both cystic and polypoid lesions microscopically, the histopathological diagnosis was MCN-L. The postoperative course was uneventful, and the patient was discharged 24 days after surgery. The patient is currently alive without recurrence 22 months after the surgery.

Conclusion: Although MCN-L rarely communicates with the bile duct, it is necessary to consider that MCN-L could grow into the bile duct, occasionally causing obstructive jaundice.

Keywords: Mucinous cystic neoplasm of the liver, Growth, Bile duct, Ovarian-like stroma
Case presentation
A 69-year-old woman was referred to our hospital for the investigation and treatment of elevated serum liver enzyme levels and obstructive jaundice. She also complained of tenderness in her right hypochondriac region. Laboratory tests revealed elevated levels of hepatobiliary enzymes (aspartate transaminase: 91 U/l, alanine transaminase: 249 U/l, alkaline phosphatase: 990 U/l, γ-glutamyl transpeptidase: 761 U/l, total bilirubin: 1.7 mg/dl) and jaundice. Carcinoembryonic antigen, carbohydrate antigen 19-9, alpha fetoprotein, and protein levels induced by vitamin K absence or antagonist-II were within the normal range. The preoperative liver function test was classified as Child–Pugh grade A. Abdominal ultrasonography showed a cystic lesion in segment 4 (S4) of the liver (Fig. 1a). Computed tomography (CT) revealed a 4-cm multilocular cystic lesion with multiple septal formations showing a cyst-in-cyst appearance in S4 (Fig. 1b). In addition, a nodule extending from the left hepatic duct to the common bile duct was observed, which was suspected to have arisen from the cystic wall (Fig. 1c). Endoscopic retrograde cholangiography (ERC) showed a contrast defect from the left hepatic duct to the common bile duct, which was suspected to be a nodular lesion in the bile duct (Fig. 1d). Bile cytology and biopsy of the nodular lesion showed no malignant findings. Based on these findings, the differential diagnosis in this patient included IPNB and MCN-L which had malignant potential. In addition, because the tumor had a nodular part, the coexistence of a malignant neoplasm was suspected. The patient underwent left hemihepatectomy, including caudate lobe excision with bile duct resection and right hepatocholangiojejunostomy. The operative time was 574 min, and blood loss was 490 ml. Macroscopic findings of the resected tumor showed a 40 × 29 mm multilocular cystic lesion with a polypoid nodule prolapsing into the left intrahepatic bile duct and, confirming communication between the tumor and the bile duct (Fig. 2). Microscopic findings revealed that the cyst wall was covered with columnar epithelium and OLS was observed extensively in the cyst wall stroma (Fig. 3a). Immunostaining showed that the cyst wall was
positive for estrogen receptors (ER) (Fig. 3b). OLS was also observed in the polypoid lesion (Fig. 3c), and ER was positive in the polypoid lesion (Fig. 3d) as well as cyst wall. Histopathological diagnosis was MCN-L and no malignancy was observed. The postoperative course was uneventful and the patient was discharged 24 days after surgery. Follow-up imaging showed no evidence of recurrent disease 22 months postoperatively.

**Discussion**

The WHO classified mucin-producing bile duct tumors of the liver as MCN-L or IPNB in 2010 [1]. MCN-L is defined as a cyst-forming epithelial neoplasm, usually demonstrating no connection with the bile ducts, whereas IPNB shows communication with the bile duct. OLS plays an important role in distinguishing between
MCN-L and IPNB. Thus, OLS has been established as a diagnostic criterion for MCN-L by the WHO.

MCN-L is rare, accounting for less than 5% of all cystic lesions of the liver [3]. Generally, MCN-L occurs predominantly in females, as in our patient. Typical symptoms of MCN-L are nonspecific, such as epigastralgia and abdominal distension [4]. MCN-L is sometimes asymptomatic and rarely presents with obstructive jaundice because it does not communicate with the bile duct. However, our case was symptomatic because of a polypoid lesion that grew into the bile duct and caused bile duct obstruction.

On imaging examinations such as ultrasonography, CT, and magnetic resonance imaging (MRI), MCN-L often forms a cyst-in-cyst structure without communication to the bile duct. It is a multilocular cyst with an internal septum, and its contents are mainly mucus. The sensitivity and specificity of imaging findings for diagnosing MCN-L have been reported to be 81% and 95%, respectively [5]. There is thickening of the cyst wall and a contrast effect with or without calcification. MRI findings changes depending on the composition of intracystic liquid. It is typically hypointense on T1-weighted images and hyperintense in T2-weighted images. However, it varies depending on the presence of hemorrhage or protein content [6].

It is difficult to differentiate between MCN-L and IPNB preoperatively. Another differential diagnosis is cholangiocarcinoma with cystic changes [7]. In our patient, it was difficult to preoperatively differentiate MCN-L from other diseases as although a cyst-in-cyst appearance was present, there was a nodule protruding into the bile duct, which was atypical for MCN-L.

The differential diagnoses of nodules formed in the bile ducts include hepatocellular carcinoma (HCC) with bile duct invasion and intraductal growth (IG) cholangiocellular carcinoma (CCC). When these tumors grow into the bile duct, the lesions in the bile duct have an irregular surface. Takano et al. stated that the smooth, round surface of the tumor in the bile duct is characteristic of MCN-L, unlike HCC invasion and IG-type CCC [8]. In our case, ERC revealed a smooth oval contrast defect similar to previously reported cases. Preoperative histopathological examination of biopsy for the nodular lesion in the bile duct also showed no malignant findings.

Histologically, MCN-L is a cyst-forming epithelial tumor composed of cuboidal or columnar epithelium and variable mucin-producing epithelium. The subepithelial layer consisted of densely organized, spindle-shaped cells resembling OLS. OLS is a mesenchyme consisting mainly of dense spindle-shaped cells and resembles the native ovarian interstitium not only in its histological morphology, but also in its immunohistochemical characteristics, including hormone receptor expression, such as ER and progesterone receptor expression. OLS in epithelial tissue forming cysts is necessary for the pathologic diagnosis of MCN-L. The presence of gonads in the vicinity of the liver is thought to be responsible for the migration of gonadal cells to the liver surface during embryonic development and for the formation of the ovarian stroma in MCN-L [9]. In this case, OLS was observed not only in the area forming the cyst wall, but also in the polypoid nodule protruding into the bile duct. These findings confirmed that MCN-L had spread into the bile ducts.

For treatment, complete resection is recommended because MCN-L is considered a potential malignancy even though previous reports have suggested that the probability of malignant transformation is less than 20% [10]. Surgical resection of patients with MCN-L has been reported to achieve a 100% 5-year survival rate [4]. Therefore, even in asymptomatic cases of MCN-L, surgical treatment is recommended. Indication for liver resection includes a tumor size of the tumor larger than 100 mm, the tumor increases over time, or symptoms appear [2].

We searched previous reported cases of MCN-L which grew into the bile duct, using the key words “mucinous cystic neoplasm of the liver” on PubMed (Table 1) [8, 11–26]. We chose only MCN-L diagnoses based on the presence of OLS and excluded cases that were complicated by IPNB. The median age of the 19 patients, including our patient, was 41 years (range, 25–69 years). Our patient is the oldest among the patients and all patients were women. The median tumor size was 55 mm (range, 18–83 mm). Zen et al. reported that the mean tumor diameter in 54 MCN-L cases was 100 mm (29–240 mm) [2]. MCN-L proliferating into the bile duct tends to be smaller size than normal MCN-L. This may be because MCN-L with growth into bile duct causes symptoms such as liver dysfunction and obstructive jaundice even if small tumor size. The most common primary site of the tumor was S4, similar to that in our patient. No malignant findings were observed in any of the reported cases. Prolapse of a nodular lesion into bile duct is not always associated with tumor malignancy.

MCN-L is usually considered a cystic tumor that does not communicate with the bile ducts, but it can grow into the bile ducts, as noted in our case. Although it is difficult to obtain a definitive diagnosis of MCN-L preoperatively, surgical treatment can provide a good prognosis and feasible treatment owing to its malignant potential. As the cause of MCN-L communication with the bile ducts remains still unknown, further investigation is needed on the accumulation of cases.
Conclusion

Herein, we report an extremely rare case of MCN-L with a polypoid nodule prolapsing into the bile duct. Although MCN-L rarely communicates with the bile duct, we should keep in mind that MCN-L could grow into the bile duct, occasionally causing obstructive jaundice. Further case accumulation and pathophysiological analysis are needed. We believe that this case report contributes to the elucidation of its pathogenesis.
Abbreviations
MCN-L: Mucinous cystic neoplasm of the liver; WHO: World Health Organization; IPNB: Intraductal papillary mucinous neoplasm of bile duct; OLS: Ovarian-like stroma; CT: Computed tomography; ERC: Endoscopic retrograde cholangiography; ER: Estrogen receptor; MRI: Magnetic resonance imaging.

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Author contributions
YF and AM wrote the first draft of the manuscript, which was revised by AK. YF, AM, SS, KS and TO performed the surgery. TT, SK, and AK participated in the postoperative management. TO contributed to pathological diagnosis. All authors read and approved the final manuscript.

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Competing interests
The authors declare that they have no competing interests.

Declarations
Ethics approval and consent to participate
Not applicable.

Consent for publication
Informed consent was obtained from the patient for publication of this case report and any accompanying images.

Conclusions
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