The precise control of donor-bound electrons in such a complex environment remains an experimental challenge (especially in tight binding simulations of a gated qubit [9]). We now describe the effective mass theory. The wavefunction of the excess electron of the donor impurity can be written as

$$\Psi(r) = \sum_{i=1}^{6} \alpha_i \phi_i(r) F_i(r),$$

where $\alpha_i$ are the valley composition parameters, reflecting the portion of the wavefunction in each of the six valleys. Normalization gives $\sum_{i=1}^{6} |\alpha_i|^2 = 1$. The Bloch wavefunctions $\phi_i(r)$ are the envelope functions in the $i$th valley. The Bloch states $F_i(r)$ are the states in Si:P. As the field increases, the donor electron is gradually pulled off the impurity and out of the central cell, causing the splitting to narrow. Consequently, the ground state shifts upwards toward the average energy of the manifold. An accurate, quantitative analysis is needed to establish the dominant effect. The energies computed in our EMA analysis are shown in Fig. 4. We find that spectrum narrowing is the dominant effect for the ground state, causing the energy to increase with field. A similar result was obtained recently in tight binding simulations of a gated qubit [8]. However, the differences in that geometry make comparison difficult. Here, the surprising behavior arises directly from the multi-valley band structure.

Theory of the Stark Effect for P donors in Si

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Phosphorus doped silicon is one of the most well-studied semiconducting systems [1], owing to its importance in the electronics industry. A more recent and exotic application is quantum computing, in which the Kane proposal posits nuclear spin qubits on Si:P, with interactions mediated by donor-bound electrons [2]. By tuning the potentials on aligned electrodes, the electrons are brought to the point of ionization, in order to control nuclear hyperfine interactions and the overlap between neighboring qubits. Spin dependent ionization also provides a means for electrical detection of the qubit state. The precise control of donor-bound electrons in such a complex environment remains an experimental challenge [3], requiring detailed theoretical input [1, 2, 3].

The theory of isolated donors in silicon remains one of the crowning achievements of solid-state physics. One of the most effective treatments for shallow donors is the effective mass approximation (EMA) [2], in which the donor potential is assumed to vary slowly compared to the crystal potential. As a result, the long and short-wavelength physics decouple. An excess electron on the donor can be described by an envelope equation – a Schrödinger equation with an effective mass and a dielectric constant. The theory highlights the most essential feature of silicon’s bulk band structure: the six-fold degeneracy of the conduction valleys. Near the impurity core, the assumption of slowly varying potential breaks down, causing valley-orbit interactions to couple envelope functions in different valleys. A careful treatment of the potential very near the impurity (the ‘central cell’ region) enables estimates for the energy splitting of the six valley states, which are in good agreement with experiments [3].

In a more general, inhomogeneous environment, silicon donors can be studied by tight-binding techniques [2, 3]. However, existing EMA theories introduce severe approximations that limit their scope. Many important questions therefore remain open. For example, there is no theory to determine how the weight of a donor wavefunction will redistribute among the six conduction valleys in the presence of a generic (i.e., low symmetry) potential. Since the envelope functions in different valleys have different energies (due to anisotropy of the effective mass), this is an important question.

In the context of quantum computing, several recent papers obtain tractible results for donor ionization, by ignoring valley-orbit interactions [2, 3, 4]. This single-valley approach provides a useful picture of the distorted envelopes in the individual valleys. However, it does not capture the spectrum narrowing of the $1s$ manifold. Smit et al. have recently studied the Stark effect, beyond the single-valley EMA, by applying symmetry arguments and perturbation theory [14]. However, their results are only applicable at low fields, and they also do not capture spectrum narrowing. In the present Letter, we show how to overcome such difficulties. We develop a multi-valley EMA for shallow donors in silicon in a general, inhomogeneous environment.

Before outlining the theory, we discuss two competing effects that determine the energy shift of electrons in the $1s$ manifold. The most well known effect is the quadratic Stark shift, which causes the average energy of the six valleys to decrease with field. The second effect is spectrum narrowing within the $1s$ manifold. Valley-orbit effects induce a manifold splitting of about 13 meV for the six $1s$ states in Si:P. As the field increases, the donor electron is gradually pulled off the impurity and out of the central cell, causing the splitting to narrow. Consequently, the ground state shifts upwards toward the average energy of the manifold. An accurate, quantitative analysis is needed to establish the dominant effect. The energies computed in our EMA analysis are shown in Fig. 1. We find that spectrum narrowing is the dominant effect for the ground state, causing the energy to increase with field. A similar result was obtained recently in tight binding simulations of a gated qubit [8]. However, the differences in that geometry make comparison difficult. Here, the surprising behavior arises directly from the multi-valley band structure.

We develop an effective mass theory for substitutional donors in silicon in an inhomogeneous environment. Valley-orbit coupling is included perturbatively. We specifically consider the Stark effect in Si:P. In this case, the theory becomes more accurate at high fields, while it is designed to give correct experimental binding energies at zero field. Unexpectedly, the ground state energy for the donor electron is found to increase with electric field as a consequence of spectrum narrowing of the $1s$ manifold. Our results are of particular importance for the Kane quantum computer.
functions are given by \( \phi_i(\mathbf{r}) = u_i(\mathbf{r}) e^{i \mathbf{k}_i \cdot \mathbf{r}} \), where \( \mathbf{k}_i = k_0 i \) specifies the minimum of the \( i \)th conduction valley, and \( u_i \) has the periodicity of the crystal lattice. The \( F_i \) are envelope functions for the six valleys.

To develop an envelope equation for \( F_i \), we consider the potential energy \( U(\mathbf{r}) \), including both the impurity \( V_i(\mathbf{r}) \) and its surroundings, but excluding the crystal potential [7]. In this Letter, we specifically consider a uniform external field \( \mathbf{E} = E\hat{z} \). However, the results are easily generalized. The impurity ion is not a perfect point charge. Deviations from point charge behavior \( U_{cc}(\mathbf{r}) \) are called ‘central cell corrections,’ because they are strongly localized within a central cell radius of 1-2 \( \AA \) [11]. Thus, \( U(\mathbf{r}) = V_i(\mathbf{r}) - eEz = [e^2/4\pi\varepsilon r + U_{cc}(\mathbf{r})] - eEz \). Central cell effects can also include the breakdown of the concept of the dielectric constant and local distortions of the Si lattice near the P ion. Although there has been progress in the analytical description of the central cell [12], a full elucidation is challenging. Below, we overcome this difficulty by introducing a semi-analytical treatment of central cell effects, using the known energy spectrum of the Si:P donor electron at zero field.

The envelope equation of Fritzsche and Twose can be extended to include an external field. The equation goes beyond the single-valley EMA by including valley-orbit interactions [12, 13, 14, 15]:

\[
\sum_{j=1}^{6} \alpha_j e^{i \mathbf{k}_j \cdot \mathbf{r}} [T_j(-i\hbar \nabla) - \frac{e^2}{4\pi\varepsilon r} - eEz - \varepsilon] F_j(\mathbf{r}) = \sum_{j=1}^{6} \alpha_j e^{i \mathbf{k}_j \cdot \mathbf{r}} U_{cc}(\mathbf{r}) F_j(\mathbf{r}) = 0. \tag{2}
\]

We refer to the first line of (2) as EMA terms, and the second line as central cell corrections. Because the central cell terms are localized strongly near the impurity, \( U_{cc}(\mathbf{r}) \) is essentially a contact potential [13]. This allows us to replace \( F_j(\mathbf{r}) \) by \( F_{0j} \), the envelope amplitude at the impurity site.

In the so-called multi-valley EMA of Eq. (2), \( \varepsilon \) is the energy eigenvalue. The kinetic energy operator \( T_i(\mathbf{k}) \) is the quadratic expansion of the conduction band dispersion relation \( E_i(\mathbf{k}) \) around the valley minimum \( \mathbf{k}_i \). This prescription for \( T_i \) introduces spurious inter-valley contributions, which can be avoided if necessary [16, 17]. However, in our theory, only the intra-valley energy expression will be computed explicitly. For this case, the quadratic expansion is appropriate. Note that we have limited our consideration to the six low-lying valleys in the 1s manifold, as appropriate for the EMA [7]. Higher bands give contributions much smaller than the terms considered here.

To solve the envelope equation we take a perturbative approach by assuming that valley-orbit interactions are weak. We shall justify this assumption later, by comparing the sizes of various terms. At zeroth order in the perturbation, we solve the uncoupled, single-valley equations to obtain the eigenfunctions \( F_j^{(0)}(\mathbf{r}) \). These are then used to compute the valley-orbit terms. The resulting first-order Hamiltonian \( H \) is given in the valley basis \((+x,-x,+y,-y,+z,-z):\)

\[
H = \begin{pmatrix}
\tilde{E}_x & \Delta_{1x} & \Delta_{2xy} & \Delta_{2yx} & \Delta_{2zx} & \Delta_{2xz} \\
\Delta_{1x} & \tilde{E}_x & \Delta_{2xy} & \Delta_{2yx} & \Delta_{2zx} & \Delta_{2xz} \\
\Delta_{2xy} & \Delta_{2yx} & \tilde{E}_x & \Delta_{1x} & \Delta_{2zx} & \Delta_{2xz} \\
\Delta_{2yx} & \Delta_{2xy} & \Delta_{1x} & \tilde{E}_x & \Delta_{2zx} & \Delta_{2xz} \\
\Delta_{2zx} & \Delta_{2xz} & \Delta_{2zx} & \Delta_{1x} & \tilde{E}_x & \Delta_{2xz} \\
\Delta_{2xz} & \Delta_{2xz} & \Delta_{2xz} & \Delta_{2xz} & \Delta_{1x} & \tilde{E}_x
\end{pmatrix}, \tag{3}
\]

where \( \tilde{E}_i = E_i + \Delta_{0i} \), and we have used axial (\( \tilde{E}_x = \tilde{E}_y \)) and time reversal (\( \tilde{E}_{+z} = \tilde{E}_{-z} \)) symmetry. The various terms in \( H \) are defined as follows:

\[ E_j = \int F_j^{(0)}(\mathbf{r}) \left[ T_j - \frac{e^2}{4\pi\varepsilon r} - eEz \right] F_j^{(0)} d^3 \mathbf{r}, \tag{4} \]

\[ \Delta_{0j} = \int F_j^{(0)} U_{cc} F_j^{(0)} d^3 \mathbf{r} \tag{5} \]

\[ \Delta_{1j} = \int F_j^{(0)} e^{-2ik_j \cdot \mathbf{r}} U_{cc} F_j^{(0)} d^3 \mathbf{r} \tag{6} \]

\[ \Delta_{2ji} = \int F_j^{(0)} e^{(k_i - k_j) \cdot \mathbf{r}} U_{cc} F_i^{(0)} d^3 \mathbf{r} \quad (i \neq j). \tag{7} \]

Equation (2) also generates off-diagonal terms in the Hamiltonian, analogous to (4). Because of the fast oscillations in the off-diagonal integrals and the smoothness of the effective mass eigenfunctions at zeroth order, such terms can be ignored in comparison with \( E_j \) [14]. The only non-vanishing off-diagonal terms are \( \Delta_{1j} \) and \( \Delta_{2ji} \), due to the strong localization of \( U_{cc} \) on atomic length.
scales. Approximating $U_{cc}$ as a contact potential \cite{15} gives

$$\Delta_0 = v_0 F_0^2, \quad \Delta_{1j} = v_1 F_0^2, \quad \Delta_{2j} = v_2 F_0 F_0.$$  \hspace{1cm} (8)

where $F_0$ is the magnitude of the envelope function at the impurity site. Note that we have chosen to include the electric field in the $E_j$ terms, rather than the central cell terms. This assignment is justified by comparing $-e E_z$ with the point charge potential $-e^2/4\pi\epsilon r$. Within the central cell, the former becomes dominant only for fields much larger than the ionization field. The contact potentials $v_{0,1,2}$ are therefore independent of field. They can be determined empirically at zero field, where the energy spectrum of the donor is well known. This is a central observation of our theory. Once $v_{0,1,2}$ are specified, the field dependence of the valley-orbit terms arises only from the wavefunction normalization $F_{0j}$. Since $F_{0j}$ decreases with increasing field, valley splitting also decreases. This is the origin of spectrum narrowing.

We now perform the Stark shift calculation for Si:P using the perturbation theory. The unperturbed (single-valley) envelope equations are given by

$$\left[ -\frac{\hbar^2}{2m_l} \frac{\partial^2}{\partial x^2} - \frac{\hbar^2}{2m_t} \left( \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2} \right) - \frac{e^2}{4\pi\epsilon r} - e E_z \right] F_{x}^{(0)}(r) = E_{x}^{(0)} F_{x}^{(0)}(r),$$  \hspace{1cm} (9)

$$\left[ -\frac{\hbar^2}{2m_l} \frac{\partial^2}{\partial x^2} - \frac{\hbar^2}{2m_t} \left( \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2} \right) - \frac{e^2}{4\pi\epsilon r} - e E_z \right] F_{z}^{(0)}(r) = E_{z}^{(0)} F_{z}^{(0)}(r).$$  \hspace{1cm} (10)

The equation for $F_{y}^{(0)}(r)$ is identical to $F_{x}^{(0)}(r)$, with $x \leftrightarrow y$. The longitudinal and transverse effective masses for silicon are $m_l^* = 0.916m_0$ and $m_t^* = 0.191m_0$, respectively. The low temperature dielectric constant is $\epsilon = 11.4\epsilon_0$.

We use a variational method to solve Eqs. (9) and (10), obtaining good agreement with numerical results. The variational forms are given by

$$F_{x}^{(0)}(r) = F_{0x}(1 + q_x z) \exp \left( -\sqrt{x^2/a_x^2 + (y^2 + z^2)/b_x^2} \right),$$

$$F_{z}^{(0)}(r) = F_{0z}(1 + q_z z) \exp \left( -\sqrt{z^2/a_z^2 + (x^2 + y^2)/b_z^2} \right),$$

These functions are similar to ones used successfully in the zero-field case \cite{3}. At this order, the envelope equations are uncoupled, and the valley energies $E_{x,z}^{(0)}$ are minimized independently.

The contact potentials are determined at zero field. In this limit, the problem is isotropic, giving $E_{x}^{(0)} = E_{z}^{(0)} = -31.28$ meV, $a_x = a_z = 1.360$ nm, $b_x = b_z = 2.365$ nm, $q_x = q_z = 0$, and $F_{0x} = F_{0z} = 6.469 \times 10^{12}$ m$^{-3/2}$. The central cell terms do not require valley indices: $\Delta_0, \Delta_1, \Delta_2$. The zero-field binding energies are well known from experiments \cite{8}: $\epsilon = -45.59(1), -33.89(3), \text{ and } -32.58(2)$ meV (parentheses indicate the zero-field degeneracies). By requiring the Hamiltonian \cite{3} to provide these eigenvalues, the matrix elements are uniquely specified: $\tilde{E} = -35.40$ meV, $\Delta_0 = -4.13$ meV, $\Delta_1 = -1.51$ meV, $\Delta_2 = -2.17$ meV, leading to the identification $v_0 = -1.38 \times 10^{-47}$ Jm$^3$, $v_1 = -5.78 \times 10^{-48}$ Jm$^3$, and $v_2 = -8.31 \times 10^{-48}$ Jm$^3$, from Eq. (9). Note that these values depend on our choice of variational functions. We can now justify the perturbation approach by comparing the perturbation terms $\Delta_{0,1,2}$ to the EMA energy $E^{(0)}$. The theory improves in accuracy with increasing field, as the central cell terms grow smaller. However, the method is also designed to obtain exact experimental results for the donor binding energies at zero-field.

At non-zero fields, we use the same perturbation prescription. The variational form is used to minimize the energies of the uncoupled envelope functions, giving $E_{x,z}^{(0)}$ and $E_{x}^{(0)}$. The off-diagonal elements of $H$ are obtained from \cite{9}, using the field-independent values of $v_{0,1,2}$ just obtained.

We diagonalize $H$ to obtain the first-order eigenstates. The resulting eigenvectors are the valley composition parameters $\alpha$. Using the zero-field notation of Ref. \cite{10}, we obtain the lowest (g) and highest (r) eigenvalues:

$$\varepsilon_{g,r} = \frac{1}{2} \left[ \tilde{E}_x + \tilde{E}_z + \Delta_{1z} + \Delta_{1z} + 2\Delta_{2xy} \right]$$

$$\pm \sqrt{32\Delta_{2xz}^2 + (\tilde{E}_x - \tilde{E}_z + \Delta_{1z} - \Delta_{1z} + 2\Delta_{2xy})^2}.$$  \hspace{1cm} (11)

Corresponding eigenvectors are expressed in the valley basis:

$$\alpha_{g,r} = \left( 1, 1, 1, 1, \alpha'_{g,r}, \alpha'_{g,r} \right) / \sqrt{4 + 2\alpha'_{g,r}^2},$$  \hspace{1cm} (12)

where

$$\alpha'_{g,r} = \frac{1}{4\Delta_{2xz}} \left[ - (\tilde{E}_x - \tilde{E}_z + \Delta_{1z} - \Delta_{1z} + 2\Delta_{2xy}) \right]$$

$$\pm \sqrt{32\Delta_{2xz}^2 + (\tilde{E}_x - \tilde{E}_z + \Delta_{1z} - \Delta_{1z} + 2\Delta_{2xy})^2}.$$  \hspace{1cm} (13)

At zero field, we recover the expected \cite{3} eigenstates $\alpha_g = (1, 1, 1, 1, 1) / \sqrt{6}$ and $\alpha_r = (1, 1, 1, -2, -2) / \sqrt{12}$.

The remaining eigenvectors are the same as their zero-field expressions:

$$\alpha_x = (1, -1, 0, 0, 0, 0) / \sqrt{2},$$  \hspace{1cm} (14)

$$\alpha_y = (0, 0, 1, -1, 0, 0) / \sqrt{2},$$  \hspace{1cm} (15)

$$\alpha_z = (0, 0, 0, 0, 1, -1) / \sqrt{2},$$  \hspace{1cm} (16)

$$\alpha_s = (1, 1, -1, -1, 0, 0) / 2,$$  \hspace{1cm} (17)

with eigenvalues, from lowest to highest:

$$\varepsilon_{x,y} = \tilde{E}_x - \Delta_{1x},$$  \hspace{1cm} (18)
The latter predicts a downturn of lower fields than expected from a single-valley EMA. The energy with electric field, ionization occurs at considerably unstable to ionization, and solutions cannot be obtained. Because of the observed upturn of the ground state energy with electric field, ionization occurs at considerably lower fields than expected from a single-valley EMA. The latter predicts a downturn of $\epsilon_g$ with field. Clearly multi-valley effects play an crucial role in ionization calculations.

An interesting question is whether the electric field can redistribute the weight of the electron between the six valleys. As shown in the inset of Fig. 2, the answer is “yes.” The effect is small, except near the critical field. However, for many donor-bound qubit schemes, the ionized or nearly-ionized donor states are utilized for gate operations [4, 12, 15], so the regime is of practical interest. Valley redistribution is also of interest when an unintended impurity interacts with a quantum dot qubit in a quantum well [20]. Because of strain effects, the qubit wavefunction comprises only the two $z$ valleys [21], so an exchange coupling between the qubit and impurity electrons occurs primarily in the $z$ valley channel. It is therefore necessary to know what portion of the donor wavefunction resides in the $z$ valleys.

In conclusion, we have developed a multi-valley EMA for donor-bound electrons in silicon in an inhomogeneous potential. The theory is applied to the Stark shift in Si:P. In contrast with previous theories, we predict that the ground state energy of the donor will increase with electric field, due to spectrum narrowing of the $1s$ manifold. Comparison with previous results [10] gives corrections as large as 10 meV. Such theories also do not address the valley redistribution of the wavefunction, which can amount to 15%. The new effects are most prevalent in the ionization regime, where quantum computers are expected to operate. These remarkable results show that even qualitative descriptions of shallow donors in Si must take into account valley-orbit interactions.

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