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Emergence of Kawasaki disease related to SARS-CoV-2 infection in an epicentre of the French COVID-19 epidemic: a time-series analysis

Naim Ouldali, Marie Pouletty, Patricia Mariani, Constance Beyler, Audrey Blachier, Stephane Bonacorsi, Kostas Danis, Maryline Chomton, Laure Maurice, Fleur Le Bourgeois, Marion Caseris, Jean Gaschignard, Julie Poline, Robert Cohen, Luigi Titomanlio, Albert Faye, Isabelle Melki, Ulrich Meinzer

Summary

Background Kawasaki disease is an acute febrile systemic childhood vasculitis, which is suspected to be triggered by respiratory viral infections. We aimed to examine whether the ongoing COVID-19 epidemic, caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), is associated with an increase in the incidence of Kawasaki disease.

Methods We did a quasi-experimental interrupted time series analysis over the past 15 years in a tertiary paediatric centre in the Paris region, a French epicentre of the COVID-19 outbreak. The main outcome was the number of Kawasaki disease cases over time, estimated by quasi-Poisson regression. In the same centre, we recorded the number of hospital admissions from the emergency department (2005–2020) and the results of nasopharyngeal multiplex PCR to identify respiratory pathogens (2017–2020). These data were compared with daily hospital admissions due to confirmed COVID-19 in the same region, recorded by Public Health France.

Findings Between Dec 1, 2005, and May 20, 2020, we included 230 patients with Kawasaki disease. The median number of Kawasaki disease hospitalisations estimated by the quasi-Poisson model was 1·2 per month (95% CI 1·1–1·3). In April, 2020, we identified a rapid increase of Kawasaki disease that was related to SARS-CoV-2 (six cases per month; 497% increase [95% CI 72–1082]; p=0·0011), starting 2 weeks after the peak of the COVID-19 epidemic. SARS-CoV-2 was the only virus circulating intensely during this period, and was found in eight (80%) of ten patients with Kawasaki disease since April 15 (SARS-CoV-2-positive PCR or serology). A second peak of hospital admissions due to Kawasaki disease was observed in December, 2009 (six cases per month; 365% increase [31–719]; p=0·0053), concomitant with the influenza A H1N1 pandemic.

Interpretation Our study further suggests that viral respiratory infections, including SAR-CoV-2, could be triggers for Kawasaki disease and indicates the potential timing of an increase in incidence of the COVID-19 epidemics. Health-care providers should be prepared to manage an influx of patients with severe Kawasaki disease, particularly in countries where the peak of COVID-19 has recently been reached.

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Introduction

The rapid spread of COVID-19 caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has led to a global pandemic. The paediatric population appears to be much less affected than adults are, with less than 3% of reported cases in those younger than 20 years. Available data suggested that compared with adult patients, paediatric patients have milder symptoms and a better prognosis.

By April, 2020, physicians from several countries had suggested that the numbers of children and adolescents with multisystem inflammatory symptoms, including Kawasaki disease and features of shock with intensive care unit admissions, were increasing. This suggestion led to reports of an increased incidence of paediatric shock and myocarditis by several health authorities in Europe and North America. A link between COVID-19 and Kawasaki disease has been suggested by scattered case reports and an observational cohort study reported an outbreak of severe Kawasaki-like disease at the Italian epicentre of the SARS-CoV-2 epidemic. Acute heart failure in multisystem inflammatory syndrome in the context of SARS-CoV-2 has also been reported in a multicentre cohort. Whether or not these various manifestations should be considered as the clinical spectrum of a novel disease or as an association of various suspected post-infectious diseases triggered by SAR-CoV-2 is unknown.

Kawasaki disease is an acute febrile systemic childhood vasculitis that affects medium and small-sized blood vessels with a coronary artery tropism. The disease is one of the leading causes of acquired heart disease in...
Evidence before this study
The rapid spread of COVID-19 caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has led to a global pandemic. Physicians from several countries have suggested that the numbers of children with multisystem inflammatory symptoms, including Kawasaki disease, were increasing. This suggestion led several health authorities in Europe and North America to issue alerts to medical professionals.

We searched PubMed articles published until May 31, 2020, using the terms “Kawasaki disease” AND “coronavirus” OR “COVID-19” OR “virus involvement” OR “SARS-CoV-2”. We identified scattered case reports and an observational cohort study from Italy, indicating a potential link between COVID-19 and Kawasaki disease. Previous studies have suggested that viral infections could be the trigger of Kawasaki disease. Thus, epidemiological studies are needed to enlighten the potential link between SARS-CoV-2 and the emergence of Kawasaki disease.

Added value of this study
We did a time-series analysis that was based on a retrospective review of Kawasaki disease cases in a French tertiary paediatric centre over the past 15 years. The centre is located in the Paris region, an epicentre of the country’s COVID-19 outbreak.

We found an increase in the incidence of Kawasaki disease during the COVID-19 pandemic. During this period, which included the national lockdown, the circulation of all other respiratory viruses had an unprecedented drop. Our observations further suggest that an association exists between SARS-CoV-2 infection and Kawasaki disease. Interestingly, a second significant peak of Kawasaki disease was observed in December, 2009, during the influenza A H1N1 pandemic. To our knowledge, this is the first study to use a time series analysis over a 15-year period to assess incidence of Kawasaki disease and concurrent circulating viruses, including SARS-CoV-2.

Implications of all the available evidence
The ongoing SARS-CoV-2 pandemic has been followed by a rapid emergence of Kawasaki disease, suggesting that children can develop severe forms of COVID-19. This increased incidence is similar to the peak of Kawasaki disease that occurred after the 2009 influenza A H1N1 pandemic, providing evidence of the role of viral infections in triggering Kawasaki disease. Physicians should prepare to manage an increase in the incidence of Kawasaki disease, depending on the magnitude of their local COVID-19 outbreak.

Methods
Study design
We did a quasi-experimental, interrupted time-series analysis based on a retrospective review of data of all patients with Kawasaki disease admitted over the past 15 years to a tertiary centre, Robert Debré University Hospital, in Paris, France. This centre is a paediatric hospital that mainly receives patients from the north and north-eastern part of Paris and the Paris region, which has been one of the epicentres of the COVID-19 epidemic in France. Robert Debré Hospital provides paediatric care support and retrieval to a population of approximately 2 million inhabitants. The referring hospitals and the reasons for referral to Robert Debré Hospital remained unchanged during the observation period and during the COVID-19 epidemic.

Data collection
From Dec 1, 2005, to May 20, 2020, we recorded the number of patients diagnosed with Kawasaki disease using the validated diagnostic criteria of the American Heart Association. Patients for whom another diagnosis was confirmed during the follow-up were excluded. For each patient, demographic and clinical data were prospectively recorded. All collected data were anonymous. Furthermore, we recorded the number of hospital admissions of paediatric patients (aged <18 years) from the emergency department in the same centre in the study period. The results of the respiratory pathogens identified by multiplex nasopharyngeal PCR from Sept 1, 2017, to May 20, 2020, were also recorded.

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These time series were compared with daily paediatric hospital admissions due to confirmed COVID-19 disease in the same region, recorded by Public Health France. This study followed national ethical guidelines and was approved by French data protection authorities (Commission Nationale de l’Information et des Libertés 2014908 and 1980120).

Outcomes
The main outcome was the number of monthly Kawasaki disease cases over the study period estimated by our model. Secondary outcomes were the number of hospital admissions following paediatric emergency department visits, and the proportion of positive nasopharyngeal multiplex PCRs in our centre over the past 3 years. Our centre used multiplex PCR (FilmArray Respiratory Panel 2 plus [Biomerieux, Marcy l’Etoile, France) to test for respiratory pathogens in nasopharyngeal swabs from patients. The tests were for the following respiratory pathogens: adenovirus, coronavirus 229E, coronavirus HKU, coronavirus NL63, coronavirus OC43, metapneumovirus, rhinovirus or enterovirus, influenza A, influenza B, parainfluenza (types 1–4), respiratory syncytial virus, Bordetella parapertussis, Bordetella pertussis, Chlamydophila pneumoniae, and Mycoplasma pneumoniae. Furthermore, all Kawasaki disease cases diagnosed since April 1, 2020, were tested with SARS-CoV-2 nasopharyngeal PCR (Xpert® Xpress SARS-CoV-2 [Cepheid, Maurens-Scopont, France]). We also analysed the monthly Kawasaki disease rate per 100 hospital admissions following paediatric emergency department visits over the study period.

Analysis
The outcomes were analysed using quasi-Poisson regression, accounting for seasonality, secular trends, and overdispersion of data. Seasonality was taken into account by including harmonic terms (sines and cosines) with 12-month and 6-month periods. To provide optimal precision to the model, the chosen time unit was 1 month. Because a delay between the onset of respiratory viral infection and Kawasaki disease is expected on the basis of previous studies on seasonality and Kawasaki disease, we hypothesised that the COVID-19 outbreak would have an effect on Kawasaki disease cases 1 month (ie, one time unit) after the peak number of hospital admissions in the region. Thus, the COVID-19 impact assessment involved a dummy variable in the model estimating the immediate post-outbreak change in April, 2020. The only previous major respiratory virus pandemic identified over the study period was the influenza A H1N1 pandemic in 2009. Thus, another dummy variable was included in the model to allow for the immediate effect of influenza A H1N1 on Kawasaki occurrence in December, 2009. The validity of the quasi-Poisson regression model was assessed using visual inspection of the correlograms (autocorrelation and partial autocorrelation functions) and analysis of the residuals. All statistical tests were two-sided, and we considered a result as significant when the p-value was less than 0.05. All statistical analysis was done in R (version 3.6.1).

Role of the funding source
The funder of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. The corresponding author had full access to all the data in the study and had final responsibility for the decision to submit for publication.

Results
Between Dec 1, 2005, and May 20, 2020, 230 patients were admitted to hospital with incomplete or complete Kawasaki disease (134 [58%] boys, 96 [42%] girls, aged 1 month to 15·5 years). The median number of Kawasaki disease hospitalisations estimated by the quasi-Poisson model was 1·2 per month (IQR 1·1–1·3). In April, 2020, we observed a significant increase in the number of patients with Kawasaki disease admitted to our centre (six patients per month; 497% increase [95% CI 72–1082]; p=0·0011). Similar results were obtained when analysing Kawasaki disease rate per 100 hospitalisations over time (figure 1; appendix p 3) with an occurrence of a spike between April 15 and May 15, 2020. Thus, the increase of Kawasaki disease hospitalisations started 2 weeks after the first peak of the COVID-19 epidemic in the Paris region, which occurred around March 31 to April 1, 2020 (figure 2).

The increase in the rate of Kawasaki disease observed in April, 2020, was not related to an increase in overall hospital admissions, which dropped since March, 2020.
(360 hospital admissions per month; 31% decrease [95% CI −42 to −18]; appendix p 2), probably because of the requirement for people to stay home during national lockdown. Furthermore, this increase coincided with an unprecedented decrease in the proportion of other respiratory viruses circulating in the Paris region population since March, 2020 (figure 3), probably because of the reduction of social contacts after the lockdown. SARS-CoV-2 was circulating intensely during this period (figure 2), reinforcing the link between this virus and the increase in the rate of Kawasaki disease.

The characteristics of patients with Kawasaki disease during the SARS-CoV-2 epidemic are shown in table 1. Among the ten children presenting with Kawasaki disease from April 15 to May 20, 2020, eight (80%) had a positive nasopharyngeal SARS-CoV-2 PCR or positive SARS-CoV-2 serology (table 1). One (10%) patient had a prolonged exposure with an individual with confirmed COVID-19 but had negative SARS-CoV-2 PCR and serological tests. Among these patients, five (50%) had complete Kawasaki disease and five (50%) patients had fever with only three other Kawasaki disease criteria (incomplete Kawasaki disease). The age of patients with Kawasaki disease ranged from 18 months to 15·8 years. Six (60%) children had cardiac abnormalities, including one major coronary aneurysm (Z score=12) and five with myocarditis. Six (60%) patients required intensive care and five (50%) had inotrope treatment. None required mechanical ventilation, and no fatal outcome was observed.

A second peak of Kawasaki disease hospitalisations was detected by the model in December, 2009, (six cases per month; 365% increase [95% CI 31–719]; p=0.0053), concomitant with the H1N1 outbreak,25 peaking in November to December, 2009, in France (figure 1; appendix p 3). The increase in the number of Kawasaki disease hospitalisations occurred approximately 1–3 weeks after the peak of the H1N1 epidemic in the Paris region.

A comparison between patients with Kawasaki disease who were hospitalised in our centre during the SARS-CoV-2 epidemic, during the H1N1 epidemics, and outside of these major epidemics is shown in table 2. Furthermore, we compared these patient groups with paediatric patients from another study10 who were hospitalised with a Kawasaki-like disease during the SARS-CoV-2 epidemic in Bergamo, Italy (table 2). The characteristics of patients with Kawasaki disease who were hospitalised with a Kawasaki-like disease during the SARS-CoV-2 epidemic in our centre were similar to those of patients who were hospitalised during the SARS-CoV-2 epidemic in Bergamo, with a high proportion of patients with severe Kawasaki disease with cardiac involvement and the need for a second line of treatment. By contrast, the characteristics of patients with Kawasaki disease diagnosed during SARS-CoV-2 epidemics appeared to be different from those diagnosed during the H1N1 epidemics (median age 11·8 vs 2·1 years; p=0.034; median C-reactive protein concentration 23·6 mg/dL vs 8·4 mg/dL; p=0·042; median lymphocytes count 1042×10⁹ per L vs 3410×10⁹ per L; p=0·028).

**Discussion**

We found a link between an emergence of Kawasaki disease and the ongoing COVID-19 pandemic. Several
findings support this association. First, we observed that the unexpected high emergence of Kawasaki disease occurred 2 weeks after the peak of the COVID-19 epidemic, in line with the post-infection mechanism of Kawasaki disease, as previously reported. Second, following the nationwide lockdown in March, 2020, SARS-CoV-2 was the only respiratory virus with intense circulation in the weeks before the emergence of Kawasaki disease, as indicated by our analysis of the results from respiratory multiplex PCR showing a decrease in the proportion of other respiratory viruses in the hospital population at the time. Third, almost all patients with Kawasaki disease in April, 2020, had a positive nasopharyngeal SARS-CoV-2 PCR, exposure to an individual with confirmed COVID-19, or positive serology. These findings are in line with previous observations reporting associations between seasonality and outbreaks of Kawasaki disease, especially in Japan, where nationwide epidemics were observed in 1979, 1982, and 1986. Seasonal patterns of Kawasaki disease have also been observed in many other countries, including in Europe and North America. This finding has led to the speculation that viral infections might underlie Kawasaki disease pathogenesis. However, large outbreaks of Kawasaki disease seem to be a rare event. The surges in the incidence of Kawasaki disease following two different major epidemic outbreaks observed in our study provide a unique, quasi-experimental condition, further implicating the crucial role of viral infections in the trigger of Kawasaki disease in susceptible patients.

In both observed epidemic peaks the increase in the incidence of Kawasaki disease was sudden. Further studies will be necessary to understand the immunological reasons leading to this severe and sudden increase in the context of SARS-CoV-2 and H1N1 epidemics when compared with seasonal viral infections. The sudden exposure to new antigens might trigger a particular uncontrolled immune response in susceptible children. By contrast, frequent seasonal viruses are encountered by children with trained immune systems, after exposures to similar antigens during precedent seasons, and therefore only a minority of children develop Kawasaki disease. Although our study has shown an emergence of Kawasaki disease associated with COVID-19, even in the context of the pandemic, this strong inflammatory disease is very rare.

| Patient | Date of admission | Age (years) | Sex | SARS-CoV-2 nasopharyngeal PCR | SARS-CoV-2 serology | Cardiac involvement | Kawasaki disease shock syndrome | First-line treatment | Unsuccessful first-line treatment | Second-line treatment | Admission to PICU | Inotropes treatment | Lengths of hospital stay (days) |
|---------|------------------|------------|-----|-----------------------------|---------------------|-------------------|-------------------------|----------------|--------------------------|----------------------|----------------|----------------|--------------------------|
| 1       | April 17, 2020   | 12.0       | Female | Positive                       | NA                  | No                          | Myocarditis          | IVIg            | No                        | No                   | Yes              | No                   | 14                        |
| 2       | April 17, 2020   | 1.8        | Female | Negative                      | IgG positive        | No                          | Coronary dilatation(Z-12) | IVIg            | Yes                       | No                   | Yes              | No                   | 5                        |
| 3       | April 21, 2020   | 11.5       | Male  | Positive                       | Negative           | No                          | Myocarditis          | IVIg            | No                        | No                   | Yes              | No                   | 4                        |
| 4       | April 24, 2020   | 1.5        | Male  | Positive                       | Negative           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | No               | No                   | 27                       |
| 5       | April 26, 2020   | 15.5       | Female | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 5                        |
| 6       | April 28, 2020   | 13.5       | Female | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 8                        |
| 7       | May 4, 2020      | 9.8        | Female | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 7                        |
| 8       | May 10, 2020     | 14.5       | Male  | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 6                        |
| 9       | May 12, 2020     | 15.8       | Male  | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 6                        |
| 10      | May 16, 2020     | 6.3        | Male  | Positive                       | Positive           | No                          | Myocarditis          | IVIg            | Yes                       | No                   | Yes              | No                   | 6                        |

SARS-CoV-2=severe acute respiratory syndrome coronavirus 2. IVIg=intravenous immunoglobulin. PICU=paediatric intensive care unit. NA=not available.
orientation to our tertiary centre. Doing so allowed us to observe the rate of Kawasaki disease over time, enabling the detection of peaks in cases. Our study also had some limitations. Although the sample size was sufficient to reach statistical significance, our study is limited by its single-centre nature and a small number of patients. However, we did our analysis in a tertiary centre that was located in an epicentre of the COVID-19 outbreak to increase the sensitivity of assessing the association between SARS-CoV-2 and Kawasaki disease. This approach might have led to an overestimation of the increased risk for Kawasaki disease. Our study design allowed us to provide a proof of concept of the link between the COVID-19 pandemic and Kawasaki disease. Larger population-based studies are required to investigate the exact additional risk of Kawasaki disease associated with SARS-CoV-2 infections.

The clinical spectrum of multisystem inflammatory diseases in children observed during the COVID-19 pandemic is believed to include features of Kawasaki disease (complete or incomplete), toxic shock syndrome, and myocarditis.

| Time of presentation | SARS-CoV-2 epidemic in Robert Debré Hospital, France | SARS-CoV-2 epidemic in Bergamo, Italy | Influenza A H1N1 epidemic in Robert Debré Hospital, France | Kawasaki disease outside of major viral epidemics in Robert Debré Hospital, France |
|----------------------|--------------------------------------------------|---------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------|
| Patients             | 10                                               | 10                                    | 6                                                       | 214                                                                              |
| Incidence per month  | 6                                                | 10                                    | 6                                                       | 1                                                                                |
| Rate of Kawasaki disease per 100 hospital admissions | 1·5                                              | NA                                    | 1·0                                                     | 0·2                                                                              |

Sex

- Female: 4/10 (40%) | 3/10 (30%) | 5/6 (83%) | 87/214 (41%) |
- Male: 6/10 (60%) | 7/10 (70%) | 1/6 (17%) | 127/214 (59%) |

Median age, years

- 11 (4–14) | 7 (5–8) | 2 (1–3) | 2 (1–1) |

Complete Kawasaki disease

- 6/10 (60%) | 5/10 (50%) | 4/6 (67%) | 138/214 (64%) |

C-reactive protein concentration, mg/dL

- 23 (13–29) | 24 (13–29) | 8.4 (5–13) | 14.4 (9–19) |

Lymphocytes count, × 10⁹ per L

- 1042 (650–1150) | 832 (543–960) | 3410 (2010–4590) | 3044 (1855–4770) |

Platelet count, × 10⁹ per L

- 274 (192–715) | 130 (120–142) | 613 (454–715) | 379 (285–484) |

Sodium concentration, mEq/L

- 130 (129–135) | 131 (129–133) | 137 (136–139) | 135 (134–137) |

Aspartate aminotransferase concentration, U/L

- 35 (35–53) | 57 (35–112) | 30 (28–37) | 35 (28–57) |

Alanine aminotransferase concentration, U/L

- 33 (27–38) | 55 (34–79) | 20 (15–28) | 40 (19–97) |

Kobayashi score ≥5

- 7/10 (70%) | 7/10 (70%) | 0 | 39 (153 (25%) |

Kawasaki disease shock syndrome

- 4/10 (40%) | 5/10 (50%) | 0/6 (0%) | NA |

Abnormal echocardiography

- 6/10 (60%) | 6/10 (60%) | 3/6 (50%) | 51/214 (24%) |

Need for additional treatment to first dose of IVIg

- 6/10 (60%) | 8/10 (80%) | 1/6 (17%) | 44/203 (22%) |

Admission to PICU

- 6/10 (60%) | NA | 0 | 14/160 (9%) |

Inotropes treatment

- 5/10 (50%) | 2/10 (20%) | NA | NA |

Data are n, n (%), or median (IQR). SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2. IVIg = intravenous immunoglobulin. PICU = paediatric intensive care unit. NA = not available. *The total number of paediatric patients with COVID-19 who were referred to our hospital was 39. †Data after May 20, 2020 were not available.

Table 2: Comparison between patients with Kawasaki disease presenting during the SARS-CoV-2 epidemic in the Paris region, France, and in Bergamo, Italy, during the influenza A H1N1 epidemics and outside of major viral epidemics.
of typical Kawasaki disease cohorts.\textsuperscript{11,12} These observations suggest that in the context of SARS-CoV-2 circulation a higher proportion of patients with Kawasaki disease might present a severe phenotype. Furthermore, these observations indicate that in such a pandemic, health-care systems should be prepared to manage an increased influx of patients with Kawasaki disease and potential severe cardiac involvement, particularly in countries where the peak of COVID-19 has just been reached. Our study provides evidence of a rapid emergence of Kawasaki disease in children related to SARS-CoV-2, starting approximately 2 weeks after the peak of the COVID-19 epidemic. Health-care providers and health authorities need to be prepared to manage a potential increased influx of children with severe Kawasaki disease.

Contributors
UM and NO designed the study. NO, MP, PM, CB, AB, SB, KD, MCh, LM, FLB, MCa, JG, JP, RC, LT, AF, IM, and UM analysed and interpreted the data and drafted the article. NO and MP performed the statistical analysis. SB and PM did the microbiological analysis. All authors revised and approved the manuscript.

Declaration of interests
We declare no competing interests.

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