Clinical importance of the anterior choroidal artery: a review of the literature

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Abstract

The anterior choroidal artery (AChA) is a critical artery in brain physiology and function. The AChA is involved in many diseases, including aneurysm, brain infarct, Moyamoya disease (MMD), brain tumor, arteriovenous malformation (AVM), etc. The AChA is vulnerable to damage during the treatment of these diseases and is thus a very important vessel. However, a comprehensive systematic review of the importance of the AChA is currently lacking. In this study, we used the PUBMED database to perform a literature review of the AChA to increase our understanding of its role in neurophysiology. Although the AChA is a small thin artery, it supplies an extremely important region of the brain. The AChA consists of cisternal and plexal segments, and the point of entry into the choroidal plexus is known as the plexal point. During treatment for aneurysms, tumors, AVM or AVF, the AChA cisternal segments should be preserved as a pathway to prevent the infarction of the AChA target region in the brain. In MMD, a dilated AChA provides collateral flow for posterior circulation. In brain infarcts, rapid treatment is necessary to prevent brain damage. In Parkinson disease (PD), the role of the AChA is unclear. In trauma, the AChA can tear and result in intracranial hematoma. In addition, both chronic and non-chronic branch vessel occlusions in the AChA are clinically silent and should not deter aneurysm treatment with flow diversion. Based on the data available, the AChA is a highly essential vessel.

Key words: Anterior choroidal artery; Clinical importance; Review

Introduction

The anterior choroidal artery (AChA) is a small, thin artery that commonly originates 2-5 mm distal to the posterior communicating artery [1, 2]. Despite its small size, the AChA has perforating branches [3]. The AChA supplies an extremely important region of the brain that includes the posterior limb of the internal capsule, optical tract, lateral geniculate body, medial temporal lobe, and medial area of the pallidum [4]. The AChA consists of cisternal and plexal segments, and the point of entry into the choroidal plexus is known as the plexal point [5]. AChAs may be short and dysplastic or long and hyperplastic; therefore, the AChAs feeding the choroid plexus are classified as the long-course type, whereas all other AChAs are classified as the short-course type [6-9].

The long-course AChA has anastomoses with the lateral posterior choroidal artery, the posterior cerebral artery and the posterior communicating artery [10, 11]. Even when the proximal AChA or internal carotid artery (ICA) are occluded, retrograde filling of the AChAs from the posterior circulation has been observed on a vertebral angiogram [12]. Even if the AChA exhibits this collateral circulation, the AChA is highly vulnerable, and infarcts within this vessel can result in a devastating outcome for patients [13].

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During treatment, the AChA is vulnerable to damage; therefore, the AChA is an important vessel. However, a comprehensive systematic review of the importance of the AChA is currently lacking. In this paper, we performed a comprehensive literature review to increase the understanding of the role of the AChA.

**Aneurysm**

Of all diseases that involve the AChA, aneurysms are the most common lesions that can originate from the ICA near the origin of the AChA or arise from the distal AChA [14]. Aneurysms at the junction of the AChA and ICA account for 2%-4% of all intracranial aneurysms; however, distal AChA aneurysms are rare as fewer than 40 cases have been reported to date [15, 16]. Most distal AChA aneurysms are located in the choroidal segment beyond the plexal point and are associated with MMD, whereas AChA aneurysms in the cisternal segment are extremely rare [17, 18].

**Pathogenesis**

There are various etiologies for AChA aneurysms. Aneurysms that originate from the ICA have the same etiology as other intracranial berry aneurysms. However, distal AChA aneurysms are often closely associated with MMD likely because of increased hemodynamic stress during its function as a collateral vessel rather than because of AVM, atherosclerosis, or hemodynamic alterations after arterial occlusion [16, 19, 20].

**Clinical manifestation**

Most unruptured AChA aneurysms have no clinical manifestation, but oculomotor nerve palsy can occur in AChA aneurysms near the oculomotor nerve [21]. However, most AChA aneurysms are undetected until they rupture. Ruptured aneurysms that either originate from the ICA or are located in the cisternal segment often present with subarachnoid hemorrhage. However, distal AChA aneurysms often present with isolated medial temporal intracerebral hematoma with intraventricular extension [22, 23].

**Treatment**

Among the appropriate treatments for AChA aneurysms, surgical clipping and resection or endovascular embolization remain the most ideal approaches [15, 24]. The treatments for aneurysms at the junction of the AChA and ICA are similar to those for other supraclinoid ICA aneurysms. Because the AChA is vulnerable, inadvertent damage to and occlusion of the AChA during clipping and embolization may have deleterious clinical consequences; therefore, treatments of aneurysms involving the AChA must be performed cautiously [25, 26]. Compared with clipping, coiling AChA aneurysms had a significantly lower incidence of AChA infarction [27]. For instance, in a study performed by Bohnstedt et al. in 2013, the ischemic complication rate following surgical treatment of AChA aneurysms was 12%, whereas coiling AChA aneurysms as an alternative to clipping was associated with a 5.5% risk of ischemia [28]. Furthermore, treatments for distal AChA aneurysms are different from those for proximal AChA aneurysms. Treating aneurysms is difficult because of their lack of accessibility and small size [29]. In distal AChA aneurysms, the aneurysm location and the preservation of the parent artery are two major prognostic factors in both surgical clipping and endovascular therapy [30]. When distal AChA aneurysms are beyond the plexal point, the AChA can be sacrificed or preserved. In distal AChA aneurysms, if the treatment requires AChA occlusion, preoperative provocative testing should be considered [31]. Although surgery is considered the traditional treatment for distal AChA aneurysms, the potential use of endovascular techniques has recently gained increasing attention [27, 32, 33]. In conclusion, AChA aneurysms can be divided into aneurysms from the ICA near either the origin of the AChA or the distal AChA. For both types of aneurysms, clipping and coiling are good treatment options; however, for distal AChA aneurysms, the treatments are different. If a distal AChA aneurysm is beyond the plexal point, the AChA can be sacrificed or preserved.

**Brain infarct**

The AChA has some anastomoses with the posterior choroidal artery and posterior cerebral artery branches. However, the perforating arteries toward the posterior limb of the internal capsule do not receive a collateral supply; thus, when the AChA is occluded, this territory will infarct. Additionally, the clinical spectrum of AChA infarcts is increasing [34]. These symptoms, including the triad of hemiparesis, hemianesthesia, and hemianopia, mainly manifest in AChA syndrome [35]. AChA syndrome may fluctuate from progression to complete regression; this is likely because the growing infarct or progressive tissue destruction involves corticospinal tract fibers [36]. A recent study in patients with AChA infarcts observed a loss of corticospinal tract fibers, and decreased fractional anisotropy may be an indicator of an unfavorable outcome [37]. The pathogenesis of AChA infarcts is heterogeneous, including small and large artery
Dilation of the AChA

In MMD, collaterals are more likely to arise from the choroidal arteries; therefore, the AChA may act as a major collateral route because it is frequently dilated and exhibits abnormal extension of many branches. The angiographic findings of the AChA can be considered grade 2 according to Suzuki’s classification, and the AChA shows dilation and extension beyond the choroidal fissure [51]. The distal AChA can establish a dominant anastomosis with the posterior choroidal artery, and when it functions as a collateral vessel to increase blood flow, the hemodynamic load in the vessels supplying the walls of the posterior areas of the ventricles and the periventricular region is increased [52].

Diseases from the AChA

In MMD, an abnormally dilated AChA might be burdened with abnormal distension stress. Under such a hemodynamically stressed state, the dilated branches of the AChA may be more fragile, and the choroidal arteries and their anastomotic channels may rupture and produce parenchymal hematomas or intraventricular hemorrhage [53, 54]. Intracranial hemorraghes from dilated AChAs in MMD most commonly occur in adults and are rare in children. However, hemorrhage of a dilated AChA can even occur in children. For instance, in 1991, Kameyama et al. reported an 8-year-old girl who presented bilateral intraventricular hemorrhage from a dilated AChA [55]. In addition, an aneurysm could develop from an outpouching of the vessel wall in some fragile portions of the artery that function in maintaining prominent collateral circulation [56].

Therapeutic strategy

In MMD, a direct bypass may decrease the blood flow in the AChA and prevent recurrent bleeding, and even an indirect revascularization procedure alone may be an effective treatment. For instance, in 2016, Huang et al. reported an MMD patient who experienced intraventricular hemorrhage from weak spots in the distal AChA. An encephaloduroarteriosynangiosis was performed to decrease the hemodynamic overload on the AChA, and the follow-up procedure successfully induced the regression of all the weak points [53]. Furthermore, Kameyama et al. reported an 8-year-old girl with an intraventricular hemorrhage from the dilated AChA who received a ventriculoperitoneal shunt, and an encephalomyosynangiosis prevented recurrent bleeding for over 6 years [55].

Distal AChA aneurysms in MMD can be treated endovascularly with embolization [57]. However, disturbing the MMD collaterals should be avoided when using a liquid embolization material. For instance, in 2014, Murakami et al. reported a pregnant
32-year-old MMD patient with a ruptured aneurysm of the distal AChA that was embolized using N-butyl cyanoacrylate. After surgery, the MR imaging showed ischemic changes in the ventral posterolateral nucleus of the thalamus without neurological deficits [58].

In conclusion, the AChA is a “double-edged sword” in MMD. On one hand, the dilated AChA acts as collateral vessels to prevent brain ischemia; on the other hand, due to the resulting hemodynamic stress, the branches of the AChA may rupture and even form an aneurysm in the AChA. Following intracranial bleeding, both direct and indirect revascularization may be effective for preventing recurrent bleeding.

**Brain tumors**

The AChA can provide a blood supply to many intracranial tumors, particularly those located in the lateral ventricle; some examples include meningiomas [59], choroid papilloma [60] and gliomas [61]. In cerebral angiograms, these tumors were shown to be vascular-rich and primarily fed by the AChA. Other feeders, such as the thalamoperforating or posterior choroidal arteries, are occasionally involved [62]. The hypervascular nature of the lesions in the lateral ventricle imposes challenges for surgical treatment; therefore, obliterating the feeders from the AChA before surgery could reduce hemorrhage and facilitate the surgery. In addition, occluding the feeding arteries can decrease the operative time, and preoperative embolization should be advocated [63].

The AChA feeds critical regions of the brain, and there is a relative lack of collaterals for these regions [4, 64]. Thus, the migration of embolic agents through the AChA might cause serious neurological deficits. The AChA consists of cisternal and plexal segments, and the point of entry into the choroidal plexus is known as the plexal point [5]. Successful embolization requires the catheter to enter the plexal segment beyond the plexal point. During injection, care should be taken to prevent reverse flow of the embolic agent, which might lead to obliteration of normal vessels. In addition, when performing an embolization, a provocative test is needed, i.e., amobarbital can be injected after advancing the microcatheter beyond the plexal point [65]. If the test is negative, the embolization can be performed.

Many materials can be used. The best embolization results are achieved using small or liquid agents that can penetrate the tumor bed and embolize the vessels at the capillary level, but these agents are also the most dangerous because they can damage normal structures [66]. Thus, caution must be taken when these embolic agents migrate. Several agents can be used; for instance, in 1992, Oyama et al. used microfibrillar collagen to embolize a 53-year-old female with a large meningioma in the right trigone [59]. Recently, superselective injection using Onyx (EV3, Irvine, CA) as the embolic agent has been utilized [66]. Moreover, recent advances in microcatheter and microwire technologies currently make these once complex lesions more amenable to endovascular therapy.

In conclusion, for brain tumors primarily fed by the AChA, preoperative embolization should be attempted, but during the embolization, a microcatheter should be navigated beyond the plexal point and as close to the tumor site as possible; furthermore, during the injection, the speed should be extremely slow to avoid excessive reflux of the embolic agent.

**Arteriovenous malformations**

AVMs fed by the AChA are difficult to treat because surgical treatment can cause a high incidence of neurological deficits; however, in 1984, Fujita et al. reported four cases of AVM of the AChA that were successfully removed surgically [67]. An AVM supplied by the cisternal segment of the AChA and a shorter lesion-to-corticospinal tract distance were crucial risk factors favoring removal [68]. Currently, AVM embolization via the AChA may be an appropriate treatment option prior to surgery and radiation therapy or serve as a curative procedure. The goals of preoperative embolization are to eliminate the deep feeding arteries and to secure AVM-related aneurysms [69]. Good outcomes can be achieved with AVM embolization. For instance, in 2017, Lv et al. performed 4 AVM embolizations through the AChA; among these cases, 3 AVMs achieved curative embolization, and fourth case was a pre-surgical adjunctive procedure [70].

However, AVM embolization through the AChA is challenging and dangerous because the AChA supplies crucial brain structures, is of small caliber, and lacks collateral vessels [71]. Thus, during embolization through the AChA, the microcatheter tip should be advanced distally beyond the plexal point to avoid serious ischemic complications. However, even following this recommendation, the risks of ischemia are high. For instance, in 2017, Elkordy et al. performed 8 embolizations of ruptured AVMs through the AChA; among these cases, 2 patients suffered persistent hemiparesis [72]. Approximately 38% of capsulo-thalamic arteries arising from the ACHA originate from the first part of the plexal segment, and this variation could be an important risk factor [73]. In contrast, embolization from the cisternal segment of the AChA does not always result in ischemic complications, suggesting a potential collateral circulation [74].

To minimize ischemic complications, some
In conclusion, embolization through the AChA may be an appropriate treatment option when the risk of surgery or radiosurgery is high. However, AVM embolization through the AChA is challenging, and ischemic complications can occur during the embolization of AVMs through the AChA. AVM embolization through the AChA should be performed with caution.

Other diseases

Parkinson disease

Parkinson disease (PD) is a neurodegenerative brain disorder that progresses slowly. This clinical syndrome is characterized by lesions in the basal ganglia (predominantly in the substantia nigra), and symptoms include tremor, bradykinesia, rigidity, and postural instability [77, 78]. The AChA may play a role in PD because, in rare cases, PD may arise due to AChA territorial infarcts affecting the basal ganglia structures and the striatal pre-synaptic dopaminergic pathways [79]. Such a scenario is typical of vascular parkinsonism in its “pure definition”, i.e., parkinsonism shortly following an acute territorial stroke [80].

By contrast, because the AChA supplies certain areas pathologically affected by PD, occlusion of the AChA may alleviate parkinsonian symptoms. For instance, in 1953, Cooper et al. reported dramatic amelioration of parkinsonism after ligation of the AChA in 8 patients with severely advanced disease and concluded that the procedure had been invariably followed by the disappearance of most of the rigidity and cogwheelism; additionally, neither hemiplegia nor hemianesthesia occurred [81, 82]. However, the methods used were controversial [83]. In addition to PD, AChA ischemic stroke may present as other movement disorders such as tonic spasm [84].

In conclusion, the AChA can play a role in the induction and alleviation of PD, but AChA occlusion for the treatment of PD is uncertain and uncontrollable.

Traumatic AChA rupture

High-velocity impacts and acceleration/deceleration forces due to trauma generate shear stress in lenticulostriate arteries or AChAs, which leads to basal ganglia hemorrhage [85]. These hemorrhages may also be caused by traumatic pseudoaneurysms [86]. An injury to the AChA can result in pallidal hemorrhage or intracerebral hematomas in the posterior limb of the internal capsule and the upper part of the right cerebral peduncle [87]. In 1959, Mosberg et al. reviewed 20 autopsy cases with traumatic pallidal hemorrhage and postulated that the lesion-producing mechanism involved the intracerebral twigs of the AChA [88]. In addition, the mechanism by which the AChA tore might have impacted the parietal region directed toward the tentorium [87].

In rare cases, severe head trauma can resect the cisternal segment of the AChA, which reveals a diffuse traumatic subarachnoid hemorrhage (tSAH). The likely mechanism for the resected AChA is a sharp blow to the head causing a marked brain shift leading to stretching and eventual tearing of the AChA between the ICA and the neurovascular bundle [89]. A tSAH from the AChA is rare because most tSAHs are associated with the rupture of the basilar artery, vertebral artery, or ICA [90-92]. Treatment is difficult when the AChA ruptures. For instance, in 2014, Kim et al. described a patient with severe trauma due to a traffic accident who underwent endovascular coil packing to control the bleeding, but this approach failed, and the patient died 3 hours after sustaining the injuries [89].

In conclusion, the AChA can be injured during traffic accidents due to the intense acceleration/deceleration forces within the skull. More often, the injury can result in basal ganglia hemorrhage, and in rare cases, a tSAH can occur due to AChA resection.

Pial arteriovenous fistula

A cerebral pial arteriovenous fistula (PAVF) is a direct connection between the intracranial artery and vein without a nidus, and the vein often develops venous pouches of different sizes. Cerebral PAVF can occur during the early months of life in any location in the brain but are most commonly found in the supratentorial region [93]. Cerebral PAVF involving the AChA is extremely rare but not unheard of. For instance, in 2009, Rivera et al. reported a single-hole cerebral AVF between the AChA and the basal vein of

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Rosenthal in a 4-month-old male infant [94]. Cerebral PAVF should be considered congenital.

A high-flow PAVF is dangerous because intraparenchymal hemorrhage can occur. The spontaneous closure of high-flow PAVFs is infrequent; therefore, treatment is needed. Currently, endovascular management is the first-line treatment of choice for PAVFs, and the goal is to close feeders at the entry point to the vein [95]. Because the AChA is a vulnerable artery, treatment should be performed with caution. For endovascular treatment, coiling is a better choice than glue because the AChA is too short to prevent dangerous reflux during glue embolization.

In conclusion, the AChA can be involved in PAVF, although its involvement is rare. Currently, the AChA may be dilated, and coiling is a good treatment choice.

Fate after flow-diverting stent deployment

Flow-diverting stent (FDS) is a self-expanding apparatus with a high metal surface area coverage. After covering the neck of the aneurysm, an FDS induces aneurysm thrombosis and thereby cures the aneurysm [96]. Theoretically, FDS can cause occlusion of the perforating branches. In a large series, the long-term incidence of radiographic side branch arterial occlusion after coverage by FDS was 15.8% [97]. In another large series, the side branch occlusion incidence was 20% [98]. However, terminal branch vessels such as the AChA can often remain patent and maintain blood flow [99]. For instance, in 2015, Neki et al. reported 20 consecutive patients who underwent procedures involving the unavoidable covering of the AChA using a single FDS during endovascular therapy, and in all the cases, the AChA remained patent without any flow changes [6].

However, the AChA can undoubtedly be occluded by an FDS. For instance, in a small study conducted by Brinjikji et al. in 2015, fifteen aneurysms were treated by placing an FDS across the AChA ostium, and 1 patient suffered chronic occlusion of the AChA [100]. Although the AChA may be occluded during follow-up, FDS placement had no immediate effect on the AChA blood flow, and none of the patients complained of transient or permanent symptoms related to an AChA occlusion. The AChA was rarely occluded, and no symptoms related to AChA occlusion were observed because an FDS limits the aneurysmal blood flow but maintains the blood flow into large vessels and perforating vessels covered by the device [101].

In conclusion, because the AChA has anastomoses with the posterior circulation at the level of the choroid plexus, lateral geniculate body, or proximal portions of the posterior cerebral artery (regardless of whether the AChA is chronically occluded), branch vessel occlusions are clinically silent and should not deter aneurysm treatments involving flow diversion.

Summary

Although the AChA is a small thin artery, it supplies an extremely critical region of the brain. The AChA consists of cisternal and plexal segments, and the point of entry into the choroid plexus is known as the plexal point. The AChA can be involved in many diseases, including aneurysm, brain infarct, MMD, brain tumor, AVM and traumatic cerebral hemorrhage. During treatment for aneurysms, tumors, AVM or AVF, the AChA cisternal segments should be preserved as a pathway to prevent the infarction of the critical regions of the brain that receive their blood supply from the AChA. In MMD, a dilated AChA provides important collateral circulation along with posterior circulation. In brain infarcts, rapid treatment is necessary to avoid critical brain damage. In PD, the AChA plays an uncertain role. In trauma, the AChA can tear, leading to an intracranial hematoma. In addition, regardless of whether the AChA is chronically occluded, branch vessel occlusions are clinically silent and should not deter aneurysm treatments involving flow diversion. Thus, the AChA is a very important vessel.

The outline and key important points regarding the AChA are summarized in table 1.

| Table 1. Outline and key important points regarding the AChA |
|-------------------------------------------------------------|
| Outline          | Key point                                                                 |
| Anatomy          | AChA is a small thin artery that supplies an extremely critical region of the brain. The AChA consists of cisternal and plexal segments, and the point of entry into the choroidal plexus is known as the plexal point. The AChA has anastomoses with the lateral posterior choroidal artery, the posterior cerebral artery and the posterior communicating artery. |
| Aneurysm         | AChA aneurysms can be divided into aneurysms from the ICA near the origin of the AChA and in the distal AChA. Clipping and [14, 17, 27, 28] coiling are good choices for both types of aneurysms. For distal AChA aneurysms, the treatments are different. When distal AChA aneurysms are beyond the plexal point, the AChA can be sacrificed or preserved. |
| Brain Infarct    | The AChA is a highly vulnerable artery. A poor outcome is common for AChA infarcts. AChA infarcts can be divided into small vessel and large vessel infarcts. For large vessel infarcts, thrombolytic therapy may be effective. |
| MMD             | The AChA is a "double-edged sword" in MMD. On one hand, a dilated AChA acts as a collateral vessel to prevent brain ischemia; [50, 52, 57] |

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Competing Interests

The authors have declared that no competing interest exists.

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