Table S3. Demographic data stratified by sex and age

|                    | Male                          |                   | Female                       |                   |
|--------------------|-------------------------------|------------------|------------------------------|------------------|
|                    | 20s (n=100)\(^a\)            | 50s (n=100)      | 20s (n=100)                  | 50s (n=98)       |
| Age (yr)           | 26.5±2.2                      | 55.0±2.9         | 25.9±2.5                     | 53.8±2.7         |
| Height (cm)        | 174.8±5.7                     | 169.6±6.1        | <0.001\(^*\)                | 159.6±4.9        | 158.1±3.7 | 0.012\(^*\) |
| Weight (kg)        | 76.6±10.5                     | 71.3±10.2        | <0.001\(^*\)                | 53.9±6.3         | 58.3±6.8 | <0.001\(^*\) |
| BMI (kg/m\(^2\))   | 25.0±3.0                      | 24.7±2.9         | 0.474                        | 21.1±2.1         | 23.3±2.5 | <0.001\(^*\) |
| SLM (kg)           | 55.1±5.5                      | 50.7±6.3         | <0.001\(^*\)                | 34.9±3.5         | 36.2±3.2 | 0.005\(^*\) |
| BFM (kg)           | 18.0±6.9                      | 17.4±5.4         | 0.507                        | 16.7±4.4         | 19.85±5.5 | <0.001\(^*\) |
| SMM (kg)           | 33.1±3.5                      | 30.1±4.0         | <0.001\(^*\)                | 19.9±2.2         | 20.7±2.0 | 0.010\(^*\) |
| Skin temperature (°C) | 36.0±0.5                    | 36.1±0.3         | 0.039\(^*\)                | 35.9±0.4         | 36.1±0.3 | 0.017\(^*\) |

Values are presented as mean±standard deviation.
BMI, body mass index; SLM, soft lean mass; BFM, body fat mass; SMM, skeletal muscle mass.
\(^*\)p<0.05 for Student t-test.
\(^a\)The total number is the number of nerve conduction studies, counting each limb separately.