Applications of Electrolyzed Water as a Sanitizer in the Food and Animal-by Products Industry

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Abstract: Food demand is increasing every year and, usually animal-derived products are generated far from consumer-places. New technologies are being developed to preserve quality characteristics during processing and transportation. One of them is electrolyzed water (EW) that helps to avoid or decrease the development of foodborne pathogens, or losses by related bacteria. Initially, EW was used in ready-to-eat foods such as spinach, lettuce, strawberries, among others; however, its application in other products is under study. Every product has unique characteristics that require an optimized application of EW. Different sanitizers have been developed; unfortunately, they could have undesirable effects like deterioration of quality or alterations in sensory properties. Therefore, EW is gaining popularity in the food industry due to its characteristics: easy application and storage, no corrosion of work surfaces, absence of mucosal membrane irritation in workers handling food, and it is considered environmentally friendly. This review highlights the advantages of using EW in animal products like chicken, pork, beef, eggs and fish to preserve their safety and quality.

Keywords: electrolyzed water; foodborne pathogens; sanitization

1. Introduction

The human population is continuously growing [1] and, consequently, food demand is also increasing. Animal-based protein plays an important role in the human diet. However, animal products are very susceptible to contamination by foodborne pathogens like Escherichia coli [2], Salmonella [3,4], Listeria monocytogenes [5,6], Campylobacter jejuni [7], and so forth which are related with processing plants, slaughterhouses and outbreaks in different countries.

Food can become contaminated during processing, transportation or storage, causing losses of 75% in developing countries [8]. The abundance of biological macromolecules (carbohydrates, proteins, lipids, nucleic acids) offers a perfect environment for the development of different pathogens that can spoil and lead to different diseases, if contaminated food is consumed.

Safety is an important concern for consumers and the food industry, hence different technologies have been developed to preserve quality. The food market is demanding products with less processing and fewer alterations in the organoleptic properties. One alternative is the use of electrolyzed water, considered a non-thermal chemical technology [9].
2. Electrolyzed Water

Electrolyzed water (EW) is a sanitizer that contains mostly hypochlorous acid (HOCl), which is responsible for the bactericidal effect [10]. It is gaining popularity because of its physical and chemical properties. EW manufacturing requires NaCl and water; it can be applied in different fields. Initially, it was used to disinfect medical supplies (e.g., dialyzers) [11]; afterwards, different applications were reported like disinfection of ready-to-eat foods (fruits and vegetables), where it helps to control food contamination and microbial spoilage, as well as improving safety and shelf life, without affecting organoleptic properties [12]. Different antimicrobial effect against viruses [13,14], bacteria, and toxins [15–17] through short periods of exposure (5 to 20 s) have been reported. EW has many advantages; the most important is that it is considered environmentally friendly; after reaction with bacteria and organic material, it reverts to water and salt and, because EW kills bacteria physically, accordingly, they do not generate resistance [18].

EW is generated by an electrolysis process of saline solution (NaCl or KCl) contained within an electrolytic chamber with positively and negatively charged electrodes, with or without a membrane [19]. During electrolysis, NaCl dissociates into Na\(^+\) and Cl\(^-\) ions and water into OH\(^-\) and H\(^+\). Negatively charged ions (Cl\(^-\) and OH\(^-\)) are attracted to the anode, where these reagents are oxidized and generate hypochlorous acid, hypochlorite ion, hydrochloric acid, oxygen gas, and chlorine gas; positive ions (Na\(^+\) and H\(^+\)) are attracted to the cathode and reduced, producing hydrogen and sodium hydroxide (Figure 1).

![Figure 1. Schematic diagram of electrolyzed water (EW) generation.](image)

There are many factors that affect the generation of all the reagent species [20]. The main species that provide bactericidal characteristics are hypochlorous acid (HOCl) and hypochlorite ions (OCl\(^-\)); it has been reported that concentrations of both species are related with pH [10] and oxidation-reduction potential (ORP), which is related to its ability to be oxidized or reduced, generating its bactericidal effect. Loss of bacterial membrane integrity increases permeability and generates bacterial lysis as well as DNA destruction [21].

Electrolysis produces three types of EW [20] (Table 1). Acidic EW (AEW), pH (2.3 to 2.7), and ORP (>1000 mV) is produced at the anode side. Basic EW (BEW), pH (10 to 11.5), and ORP (800 to 900 mV) is generated at the cathode side. Neutral EW (NEW) is produced using different protocols [9]. It could be generated when the electrolytic cell does not have a separative membrane [20] or by mixing the catholyte with a diluted NaCl solution [22,23]. It has been reported that NEW is more stable and keeps its antibacterial activity after storage in comparison to AEW and BEW [24,25].
Table 1. Properties of different types of electrolyzed water.

| Type of Electrolyzed Water | pH     | ORP (mV) |
|----------------------------|--------|----------|
| Acidic electrolyzed water  | 2–3    | >1100    |
| Basic electrolyzed water   | 10–13  | ~800 to 900 |
| Neutral electrolyzed water | 6.5–7.5| 700 to 800 |

*a Oxidation reduction potential.

The bactericidal effect of EW is a combination of different activities; however, all of them focus on the loss of bacterial membrane integrity. Some reports show this effect against different foodborne pathogens [26,27]. AEW has strong antibacterial activity, which is due to high ORP and low pH. HOCl can penetrate bacterial membranes [28] and oxidizes proteins involved in important metabolic pathways [29]. It can damage bacterial genetic material [20]; however, antibacterial effect by free chlorine decreases with increasing pH [10]. It has been reported that HOCl is produced by phagocytic cells through the oxidative burst pathway, also producing a hydroxyl radical that acts on different pathogens [10,30]. BEW has a pH higher than 11, and its bactericidal effect has been reported to be caused by a strong ORP which reduces free bacterial radicals [18]. ORP causes modifications in metabolic flux and ATP production; it inhibits glucose oxidation; disrupts protein synthesis; and inhibits oxygen uptake and oxidative phosphorylation, which is coupled with the leakage of some macromolecules [31] and damage to bacterial membranes [32]. NEW has been described as the less corrosive EW, and it can be stored longer than AEW [33]. In general, all active chlorine forms (Cl₂, HOCl and -OCl) damage the outer bacterial membrane, allowing HOCl to penetrate bacteria, and oxidize proteins and enzymes involved in metabolic processes (e.g., phosphate acetyltransferase-acetate kinase, ribose-5-phosphate, and others) [34,35] (Figure 2).

The use of EW has shown many advantages against other disinfectants; however, some reported limitations are short lifespan; AEW is corrosive [36] to metal [37] and leaves a salt residue on products affecting texture and taste. NEW has not shown these limitations [36]. Len et al. [30] have reported that EW is sensitive to light and should be stored in a closed container.

The use of EW is gaining popularity. In this review, we will put an emphasis on EW use on different animal meats and sub-products to maintain food safety and avoid spoilage.
3. Pork

Pork is a very popular food around the world and its consumption represents about 40% of the global amount, compared to other animal meats [38]. One of the main goals in porciculture is preservation of freshness. To maintain this characteristic, many enhancers are used to improve palatability [39] and preserve quality.

In the following evaluations, most have been made using AEW (Table 2). Fabrizio [40] evaluated the treatment of pork belly artificially inoculated with 8 mL of manure with *Listeria monocytogenes, Salmonella typhimurium* and *Campylobacter coli*. One modification was the evaluation of aged AEW to identify any difference with fresh AEW. EW effect was compared with the bactericidal effect of lactic acid, chlorinated water, and plain water. There was no significant difference between treatments, the only difference was between the use of treatment and no treatment with respect to total viable counts (TVC): *E. coli, Salmonella typhimurium, Listeria monocytogenes* and total coliform survival numbers after zero, two, and seven days post treatment. In the case of *Campylobacter coli*, AEW showed similar patterns as described previously at days zero and two, no significant difference was detected at day 7. This work showed that 15 s spray treatment can eliminate bacterial contamination; however, for other pathogens, it is necessary to increase contact time over 10 min. In a follow up of this study by the same researchers, they showed the effect of AEW and BEW on frankfurters and ham, given their popularity as a food type. Dipping versus spraying treatments were compared using *Listeria monocytogenes, Salmonella typhimurium* and *Campylobacter coli* as contaminants [41]. AEW decreased the *L. monocytogenes* population at days zero and seven; however, there was no significant difference between treatments when they were evaluated against aerobic mesophilic bacteria. AEW did not change bacterial counts on frankfurters after seven days of treatment. Treated ham showed a slight decrease in the *L. monocytogenes* survival population after treatments (~0.5 log10 CFU/g) at days zero, three and seven; AEW did not affect the color of ham. Once more, this group confirmed that 15 s exposure time is enough to eliminate *Campylobacter sp* but it is not enough time to eliminate other pathogens attached to the surface of pork.

Mansur et al. [42] evaluated the use of AEW and slightly AEW (SAEW) (pH 6.29) on 10 g of fresh pork loins. As a novelty, they evaluated the combination of SAEW with 0.5% fumaric acid (FA). Pork samples were contaminated with 100 μL of a bacterial cocktail containing 8 Log CFU/mL of *E. coli O157:H7, Listeria monocytogenes, Staphylococcus aureus* and *Salmonella Typhimurium*. Meat was stored at 4 °C or 10 °C. Samples were dipped in evaluated solutions for 3 min. There was no significant difference between AEW and SAEW treatments. This result suggested that the bactericidal effect of EW is due to the concentration of available chlorine rather than pH and ORP. The combination of FA with SAEW yielded higher reductions (≥2.5 log CFU/g) against all evaluated pathogens compared to all treatments. At the same time, this combination increased shelf life in pork by five to six days.
Table 2. Evaluations of electrolyzed water in pork.

| Material                  | Type of Electrolyzed Water | Concentration of EW (ppm) | Microorganisms                     | Inoculum Concentration $^b$ | Type of Treatment | Duration of Treatment | Reference |
|---------------------------|----------------------------|----------------------------|------------------------------------|-----------------------------|-------------------|----------------------|-----------|
| Pork belly                | AEW, AEW + lactic acid     | 50                         | *L. monocytogenes*                 | 7 log CFU/mL                | Spray             | 15 s                 | [40]      |
|                           |                            |                            | *Salmonella Typhimurium*           |                             |                   |                      |           |
|                           |                            |                            | *Campylobacter coli*              |                             |                   |                      |           |
| Frankfurters Ham          | AEW and BEW                | 50                         | *L. monocytogenes*                 | 5 log CFU/mL                | Spray, dip        | 15 s                 | [41]      |
|                           |                            |                            | *E. coli*                          |                             |                   |                      |           |
| Fresh Pork loin           | AEW + fumaric acid         | 30                         | *L. monocytogenes*                 | 8 log CFU/mL                | Dip               | 5 min                | [42]      |
|                           | low concentration          |                            | *Staph. Aureus*                    |                             |                   |                      |           |
|                           |                            |                            | *Salmonella sp*                    |                             |                   |                      |           |
| Carcass (NEW)             | EW                         | 10                         | *E. coli O157:H7*                  | 4.12 log10                  | Dip               | 5 min                | [38]      |
|                           |                            |                            | *L. monocytogenes*                 |                             |                   |                      |           |
| Pork loin                 | AEW and slight AEW         | 74                         | Mesophilic and psychrotrophs       | CFU g$^{-1}$                | Spray             | 20 - 40              | [43]      |
|                           |                            | 51                         |                                     |                             |                   |                      |           |
| Pork loin                 | BEW                        | ND$^a$                      | ND                                 | ND                          | Injection         | 15 min               | [44]      |
| Pork loin                 | NEW                        | 16.6                       | Aerobic bacteria                   | log CFU/cm$^2$              | Spray             | 120 s                | [45]      |
|                           |                            |                            | Psychrotrophs                      | 0.49 to 0.54                |                   |                      |           |
|                           |                            |                            | Yeast and moulds                   | log CFU/cm$^2$              |                   |                      |           |
|                           |                            |                            |                                     | 0.55 to 0.57                |                   |                      |           |

$^a$ Non determined; $^b$ For mesophilic, psychrotrophs, yeast and mould, inoculum concentration values were obtained from the no-treatment group.

Other research group [43] evaluated the effect of sprayed AEW on pork loins at different pressures and time of treatments. AEW decreased lactic acid-producing bacteria at day one after treatment. No differences were reported on the rest of the sampling days. Additionally, AEW decreased mesophilic bacterial counts at day one but not at days 15 and 29. When BEW was evaluated in combination with AEW or SAEW, the combination worked much better against mesophilic and psychrotrophic bacteria. EW did not affect pH, ORP or the red color of pork, and EW did not accelerate lipid oxidation. However, AEW and SAEW oxidize pork protein shortly after application.

EW has been tested as an enhancer [44] to improve water holding capacity. However, AEW did not improve pork tenderness or sensorial characteristics.

In 2013, a new EW was evaluated [38]. It was called low concentration EW (pH 6.8), but it can be considered a form of NEW. This solution was evaluated with 3% calcium lactate (CaL) on contaminated carcasses. Treatments were performed by immersion at room temperature for 5 min. The greatest bactericidal reduction (2.2 log CFU/g) was achieved with a combination of the EW with
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CaL. Shelf life was increased from six to 12 days with treatment. The combination of EW with CaL did not alter pH during pork storage at 4 °C. The combination retarded microbial growth during storage and reduced surface microbial counts. Another research group [45] evaluated NEW at different concentrations on pork (Longissimus thoracis). They evaluated different concentrations, the highest of which (0.1%) inactivated the highest number of bacteria on pork surfaces at days zero and seven. Previously, we described how Fabrizio [40] reported that 15 s exposure time reduced Campylobacter counts. However, this evaluation showed that treatment affected total haem pigment (THP) content and the variability of myoglobin forms in pork. Treatment decreased THP values by 8.3% and 14.2% at days zero and seven of storage, respectively. These results mean that the bright red fresh color was lost (discoloration). This effect could be due to the available chlorine concentration because available chlorine oxidized myoglobin into metmyoglobin. Treatment also affected L value from CIELab space. They reported an effect of lowest L value when NaCl concentration decreased and an opposite effect was observed on a value. However, these color changes were not significant for consumers after seven days of treatment. Treated pork had the best sensory scores (color, odor, and appearance).

4. Fish

Fish is an important food worldwide because of its nutritional components [46]; this characteristic increases its demand in wealthy countries. This could be the reason why this product has the higher number of studies with EW (Table 3), especially with AEW. All the cited studies reported two types of treatments: immersion in solution and immersion in ice. This could be due to the way fish is produced/captured. In this document, we divided treatment method by fish type.

4.1. Salmon

This fish type has high economical value. Ozer evaluated the use of AEW or a bitreatment of BEW + AEW by immersion at different times and temperatures against E. coli and L. monocytogenes. AEW decrease bacterial counts after treatments at 35 °C and 64 min; furthermore, the use of BEW did not increase the anti-microbial effect [47]. Another study evaluated the use of AEW against various strains of L. monocytogenes and Morganella morganii on artificially contaminated salmon and mahi-mahi fish (Coryphaena hippurus); here, in contrast, EW treatment did not reduce bacterial counts on fish [48]. Miks-Krajnik [49] performed a similar study where EW treatment was combined with ultrasound (US), UV, or US+UV. Treatments were evaluated against L. monocytogenes and natural microbiota. Their results showed that US+UV and US+UV+AEW caused bacterial reduction in salmon.

In another study, they use of AEW or AEW+NEW was evaluated on raw Atlantic salmon fillets contaminated with L. monocytogenes. Results showed that NEW has better bactericidal activity than AEW. NEW caused reductions of 5.6 log CFU/g after a 10 min treatment at 65 °C. An important characteristic was that NEW has less negative impact on salmon protein than AEW; this could be due to the pH of each solution. This group detected that temperature and time of contact are important factors that affect bactericidal activity of EW [50]. Cold smoked salmon is very popular; therefore AEW was evaluated with this food; it was inoculated with L. monocytogenes at different temperatures and contact times. A different research group [51] concluded that treatment at 40 °C for 10 min, before curing, can reduce bacterial numbers by 3.0 log/g without affecting sensorial properties. If treatment was performed at different temperatures, bactericidal effect can decrease to 1.5 to 2.0 log/g.

A different approach was used when AEW was evaluated during ice treatment against histamine-producing bacteria found on Atlantic salmon and yellowfin tuna fish skins [52]. Fish skin was soaked in 50 ppm AEW and Enterobacter cloacae, Kebesiela pneumoniae and Proteus hauseri did not survive after treatment; however, Enterobacter aerogenes and Morganella morganii did survive. In a second experiment, researchers increased concentration and exposure time. They evaluated EW in ice solution at 50 and 100 ppm during different exposure times against E. aerogenes and M. morganii. M. morganii counts were reduced after 6 h of treatment by 0.91 and 1.4 log CFU/cm² using 50 or 100 ppm treatment solutions, respectively. E. aerogenes showed better reduction counts (1.27 and 1.62 log
CFU/cm²) using 50 and 100 ppm treatments after 24 h, respectively. Results were similar when experiments were performed with yellowfin tuna skin.

Table 3. Evaluations of electrolyzed water in fish.

| Material                        | Electrolyzed Water | Concentration of EW (ppm) | Microorganisms                          | Inoculum Concentration | Type of Treatment | Duration of Treatment | Reference |
|---------------------------------|--------------------|---------------------------|-----------------------------------------|-------------------------|--------------------|-----------------------|-----------|
| Salmon                          | AEW and BEW        | 76.9                      | *E. coli O157:H7*                       | 8.7 log CFU/mL          | Immersion          | 64 min                | [47]      |
| Salmon, mahi mahi              | AEW                | 50                        | *L. monocytogenes*                      | 4.47 log CFU/g          | Immersion          | 5 min                 | [48]      |
| *Coryphaena hippurus*           |                    |                           | *Morganella morganii*                   | 4.02 log CFU/g          |                    |                       |           |
| Salmon                          | AEW                | 65                        | *L. monocytogenes*                      | 6 log CFU/mL            | Immersion          | 5 min                 | [49]      |
| Salmon                          | AEW, NEW           | 60                        | *L. monocytogenes*                      | 7.70 log CFU/g          | Immersion          | 10 min                | [50]      |
| Smoked salmon                   | AEW                | 60                        | *L. monocytogenes*                      | 8.48 log CFU/mL         | Immersion          | 10 min                | [51]      |
| Salmon, tuna fish skin          | AEW                | 100                       | *Enterobacter aerogenes*                | 8 to 9 log CFU/mL       | Soaking in ice     | 120 min to 24 h       | [52]      |
| *Catfish*                       | AEW                | 300                       | *L. monocytogenes*                      | 5 log CFU/g             | Wash               | 3 min                 | [55]      |
| Catfish                         | BEW+polyphosphate  | ND                        | ND                                      | ND                      | Immersion          | 2 h                   | [56]      |
| *Tilapia*                       | AEW                | 120                       | *E. coli*                               | 8 log CFU/mL            | Immersion          | 10 min                | [57]      |
| *Tilapia*                       | NEW + PROSAN       | 150                       | *Listeria innocua*                      | 6 to 7 log CFU/g        | Soaking in ice     | 72 h                  | [58]      |
| *Carp*                          | BAE                | 0.87                      | *Aerobic bacteria*                      | 6 log CFU/mL            | Immersion          | 15 min                | [59]      |
|                                 | AEW                | 40.8                      | *Aerobic bacteria*                      |                        |                    |                       |           |
Pacific saury  
*Cololabis saira*  
weak AEW 34.2 to 47.2 Aerobic bacteria 3 log CFU/g Soaking in ice 30 days [60]

Trout  
AEW 38 Aerobic bacteria 9 log CFU/mL Immersion 5 to 10 min [61]

American shad  
*Alosa sapidissima*  
AEW + chitosan 70 to 80 Aerobic bacteria 3.71 to 3.94 log CFU/g Immersion 15 min [62]

Bombay duck  
*slightly AEW*  
+ebony-bamboo leaves complex extracts 27.37 Aerobic bacteria 1.5 log CFU/g Immersion 5 min [63]

Hampradon nehereus  
AEW + ebony-bamboo leaves complex extracts 27.37 Aerobic bacteria 1.5 log CFU/g Immersion 5 min [63]

Shrimp  
AEW 66 *V. parahaemolyticus* 9 log CFU/mL Immersion 2.5 min [64]

Shrimp  
AEW 44 Aerobic bacteria 6.04 log CFU/g Soaking in ice 7 days [65]

Oyster  
AEW 30 *V. parahaemolyticus* 8.94 log CFU/mL Immersion 4 to 6 h [66]

Clams and mussels  
AEW 20 *E. coli* O104:H4 9 log CFU/mL Immersion 1 to 2 h [67]

BEW 10 *L. monocytogenes*  
*V. parahaemolyticus*  
*Aeromonas hydrophila*

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a Non determined; b For aerobic, coliforms, yeast and mould, inoculum concentration values were obtained from the no-treatment group.

### 4.2. Tuna Fish

Tuna is used to prepare sashimi, and to preserve the quality of this fish, tuna was soaked using different concentrations of AEW in combination with CO₂ treatment. AEW at 50 ppm with CO₂ showed the best antibacterial effect because aerobic bacterial counts were lower compared to the other treatment groups and total volatile basic nitrogen (TVB-N) values were the lowest during storage. This combination did not affect tuna color [53]. In a different study [54], AEW was combined with an edible solution containing 0.5% eugenol and 0.5% linalool (essential oils). TVB-N values were lower in treated tuna after 20 days of storage and treatment extended shelf life of semi fried tuna fillets.

### 4.3. Catfish

Near neutral EW (pH 6.4) was evaluated on catfish fillets at 300 ppm. A solution was used to wash fillets, but treatment did not reduce *L. monocytogenes* counts. However, near neutral EW treatment 3 min treatment showed a bactericidal effect against *Salmonella sp* and this reduction was maintained through 13 days after treatment [55]. In another study [56], BEW (pH 11.6) was combined with polyphosphate which has properties such as moisture retention, oxidation prevention, and cryoprotectant, and it extends shelf life. BEW alone or in combination were used to treat catfish fillets before the freezing process. Both treatments helped catfish muscle to retain water after 90 days of storage; this effect was not detected when no treatment or tap water was used. BEW treatment helped reduce water loss during cooking after freezer storage. BEW + triphosphate did not affect color and
caused lower lipid oxidation (TBARS) production in comparison to no treatment or tap water treatment. The combination of BEW with polyphosphate improved weight gain, moisture retention, and oxidation resistance after freezer storage.

4.4. Tilapia

Tilapia fillets are gaining popularity, and its production is cheaper when compared to other types of fish. To study the bactericidal effect on tilapia, fillets were artificially contaminated with *Escherichia coli* and *Vibrio paraahaemolyticus*. Fish were soaked for 10 min with AEW. Treatment caused reduction values of 0.7 and 1.5 log CFU/cm² for *E. coli* and *V. paraahaemolyticus*, respectively. This study established that agitation helps EW to react with bacterial cells more efficiently [57]. Feliciano evaluated the combination of NEW and an organic acidic sanitizer PRO-SAN [58], both as ice flakes on filleted tilapia fish. Fillets were inoculated with *Listeria innocua*, *E. coli* K-12, and *Pseudomonas putida*. The initial finding was that tap water ice melted faster than NEW- and PRO-SAN-treated ice. When fish were kept in ice, bacterial numbers were smaller for *E. coli* and *P. putida*; however, no significant difference was detected. In the case of *L. innocua* there was no difference found. Water collected from treated melted ice showed lower bacterial counts than non-treated ice. Authors concluded that EW has the potential to reduce bacterial load when it is used as ice; however, results showed no significant reduction.

4.5. Other Types of Fish

AEW (pH 2.22) and BEW (pH 11.6) were evaluated on carp fillets [59]. Fillets were dipped in EW and 16 pure cultures of aerobic bacteria were used to evaluate treatment. The use of both solutions caused important bacterial reductions; however, under AEW treatment, bacterial counts were below the detection limit (10² CFU/mL).

Weak AEW (pH 5.1) was evaluated as ice on pacific saury fish (*Cololabis saira*) [60]. When ice (pH 4.9) was formed, 30% of the active chlorine was lost, thus explaining the change in pH. Aerobic and psychrotrophic bacterial counts were lower than tap water ice treatment. EW as ice showed a bactericidal effect on pacific saury fish during refrigerated storage; TVB-N content was lower and lipid oxidation was suppressed on ice-treated fish.

AEW was evaluated on raw trout skin [61]. Trout was inoculated with *Salmonella* Typhimurium, *E. coli* O157:H7 and *L. monocytogenes*; the skin was soaked at room temperature and bacterial survival count was performed. Bacteria were susceptible to treatment; *E. coli* was found to be the most susceptible (1 to 1.5 log CFU/g). The authors described a time dependent inhibitory pattern when AEW was used against *Salmonella* sp. The authors also concluded that it is important to reduce organic matter present on fish before treatment; they suggest pre-treating fish with clean water to remove cell debris prior to treatment with EW.

A sensorial evaluation was performed with American shad (*Alosa sapidissima*) treated with AEW and chitosan by immersion [62]. Treatment inhibited bacterial growth (total viable counts), protein decomposition, and lipid oxidation. At the same time, AEW treatment extended shelf life by nine to 10 days under refrigerated storage. During sensory analysis, treated fish received high scores and non-treated fish received unacceptable scores on days 10 and 20. In a different study [63], bombay duck (*Harpadon nehereus*) was treated with slightly AEW (pH 5.5) and ebony-bamboo leaves complex extracts (EBLCE). Fish were dipped for 5 min at 25 °C with shaking. The non-treated group showed a total viable count of 1.5 log10 CFU/g higher than the treated group. The increase in TVB-N in the treated group was slower than the non-treated group and lipid oxidation was inhibited in the treated group. In this study, AEW with EBLCE extended shelf life 16 days, while shelf life without treatment was only 4 days. This study demonstrated the use of EW on a fish that, generally, does not have a long shelf life.

4.6. Shrimp
**Vibrio parahaemolyticus** has a negative impact in shrimp production. AEW was evaluated in inoculated shrimp to test for susceptibility to different strains of *V. parahaemolyticus*. Shrimp that were immersed in AEW for 2.5 min, completely suppressed bacterial proliferation at 4 °C [64].

AEW can be used as ice. Wang [65] included shrimp muscle fiber analysis, and the experimental design included TVC analysis and protein degradation by an SDS-PAGE fingerprint. AEW as ice was renewed every 12 h. Results included reduction of TVC from days 0 to 3, showing potential to delay bacterial growth. Bacterial diversity analysis showed less diversity with AEW than without treatment. There was no protein degradation, and melanosis was observed to a lower degree with EW than without treatment. These results show a promising use for AEW in the shrimp industry.

4.7. Bivalve Mollusk

Oysters are consumed raw in many countries and can be contaminated or spoiled by different bacteria. Ren [66] evaluated the use of AEW on infected oysters with *V. parahaemolyticus* and *V. vulnificus*. In vitro analysis showed that EW decreased >6.6 log CFU/mL in 15 s. Inoculated oysters were immersed in AEW, and the best treatment exposure time was determined to be 4 to 6 h. Treatments longer than 12 h were detrimental to oysters. AEW at 30 ppm caused a decrease in bacterial numbers by 1.58 and 0.83 most probable numbers (MPN) / g of *V. parahaemolyticus* and *V. vulnificus* respectively.

AEW (pH 3.55) and a strong AEW (pH 3.1) were used on *E. coli, L. monocytogenes, V. parahaemolyticus, C. jejuni* and *Aeromona hydrophila* contaminated clams and mussels [67]. Clams and mussels were kept in EW for 1 or 2 h. Results showed that there was significant difference between treatment time; however, strong AEW showed better results at 10 to 20 ppm during 2 h treatment in live clams and mussels without affecting quality. This showed that the bactericidal effect could be due to the available chlorine concentration rather than exposure time.

5. Chicken

Easy production, price, low fat content, high nutritional value, and easy access make chicken a popular meat around the world. These characteristics force the poultry industry to find new methodologies to preserve chicken without affecting organoleptic qualities and production cost. Different applications on poultry products are depicted in Table 4. Chicken breast has been treated with slightly (pH 6.2–6.5) or strong (pH 2.54) AEW by immersion for 10 min at 22 °C [68]. Chicken samples were stored at 5 °C mimicking retail display. Treatment decreased TVC by 1.5 log CFU/g and at day 10 never reached the limit of 7.0 log CFU/g. There was no statistical difference between strong and slight AEW treatments; however, *L. monocytogenes* was more susceptible than *Salmonella Typhimurium*. pH and TBARS were kept at low levels in the treated group and shelf life was extended from 1 to 4 days without affecting sensory quality. Shimamura [69] evaluated BEW and strong AEW dipping treatment on fresh chicken breast contaminated with *Salmonella enteritidis, E. coli* and *Staphylococcus aureus*. Treatment was applied at 4 °C and 25 °C for 3 min. Treatment with both solutions inhibited transcription of staphylococcal enterotoxin A and significantly reduced bacterial counts. There were no differences between the treated group and non-treated group for pH, lipid oxidation, color, and amino acid content. A different approach on prechilled chicken breast cylinders was the use of slightly AEW (pH 6.0) with ultra sound treatment [70] for 10 min at 10 °C. No significant differences between disinfection solutions and tap water treatment were detected for psychrotropic, lactic acid, enterobacteria, and mesophilic bacteria. This could be because of the size of the produced bubbles during cavitation. All treatments presented low levels of lipid and protein oxidation with no modifications in muscle fiber structure.

For chicken carcass disinfection, Fabrizio tested different solutions like AEW (pH 2.6), BEW (pH 11.6), ozonated water, acetic acid, and trisodium phosphate solution against *Salmonella Typhimurium, E. coli* and total coliforms [71]. Carcasses were submerged in tested solutions for 45 min at 4 °C or spray washed for 15 s at 85 psi at 25 °C or a combination of both treatments (multiple intervention) were used. The immersion chilling AEW treatment was more effective than chlorinated water (control treatment) after seven days of refrigeration storage. Spray treatment showed no
statistical difference with the control treatment. Authors explained that this performance could be the result of a 15 s interaction versus a 45 min immersion treatment. However, multiple intervention treatment showed better bactericidal effect against *Salmonella* at days 0 and 7. In a similar study, chicken carcasses from white and yellow feathered flocks were treated by spraying different solutions like chlorine dioxide, 2% lactic acid, sodium hypochlorite, AEW or slightly AEW for 15 s [72]. TVC and coliform counts were monitored. Both types of EW showed TVC reductions by 0.63 log CFU/cm²; similar results were obtained from samples from different parts of evaluated carcasses. Lactic acid and AEW treatments showed lower counts compared to slightly AEW during the storage period and pH dropped due to their acidic origin/nature. Furthermore, these treatments maintained lower TVB-N levels during storage. Slightly AEW showed no pH alteration and AEW and slightly AEW did not show pro-oxidant potential. As a conclusion of this study, AEW helped maintain the quality of chicken carcasses. Authors recommended decontaminating chicken after chilling. In a continuation of this study, they evaluated the use of AEW in a newly designed spray cabinet [73], and the treatment reduced microbial numbers by 1.0 log CFU/cm².

NEW and lactic acid (pH 2.0) were evaluated by Rasschaert [74] on carcasses. Chickens were submerged or sprayed after scalding. Unfortunately, this treatment showed no significant effect on carcasses contaminated with Campylobacter. Authors explained that bacteria may be in crevices and feather follicles. These regions are difficult to reach by EW.

AEW was evaluated in chicken wings against *C. jejuni* during the washing process [75]. Treatment was applied by immersion for 10 to 30 min at different temperatures. EW reduced *C. jejuni* counts by 3.0 log CFU/g after 30 min of immersion. Bacterial counts after 30 min of treatment were lower than with 10 min of treatment; however, no significant difference was detected. No viable cells were detected in wash solution and bacteria were detected in wash control solution.

**Table 4. Evaluations of electrolyzed water in poultry.**

| Material         | Type of Electrolyzed Water | Concentration of EW (ppm) | Microorganisms                  | Inoculum Concentration b | Type of Treatment | Duration of Treatment | Reference |
|------------------|---------------------------|---------------------------|---------------------------------|--------------------------|-------------------|-----------------------|-----------|
| Chicken breast   | Slightly AEW              | 10                        | *L. monocytogenes*              | 9 log CFU/mL             | Immersion         | 10 min                | [68]      |
|                  | strong AEW                | 50                        | *S. Typhimurium*               |                          |                   |                       |           |
| Chicken breast   | AEW 4°C                   | 30                        | *Salmonella Enteritidis*        | 9 log CFU/mL             | Immersion         | 3 min                 | [69]      |
|                  | AEW 25°C                  | 14                        | *E. coli*                      |                          |                   |                       |           |
|                  |                           |                           | *Staph. aureus*                 |                          |                   |                       |           |
| Chicken breast   | Slightly AEW + ultrasound | 5                         | Mesophilic bacteria             | 3.8 log CFU/g            | Immersion         | 30 min                | [70]      |
|                  |                           |                           | Psychrotrophic bacteria         | 3.47 log CFU/g           |                   |                       |           |
|                  |                           |                           | Lactic acid bacteria            | 3.22 log CFU/g           |                   |                       |           |
|                  |                           |                           | Enterobacteria                  | 2.1 log CFU/g            |                   |                       |           |
|                  |                           |                           | *Staph. aureus*                 | 2.25 log CFU/g           |                   |                       |           |
| Chicken carcass  | AEW, BEW                  | 50                        | *S. Typhimurium*               | 5 log CFU/mL             | Immersion         | 45 min                | [71]      |
|                  |                           |                           | *E. coli*                      |                          | Spray wash        | 15 s                  |           |
|                  |                           |                           | Total coliforms                 |                          |                   |                       |           |
| Chicken carcass  | AEW,                      | 58                        | Aerobic bacteria                | 4 log CFU/cm²            | Spray wash        | 15 s                  | [72, 73] |
|                  | slightly AEW              | 30                        | Total coliforms                 |                          |                   |                       |           |

*Note:* AEW = Aqueous Electrolyzed Water, BEW = Basic Electrolyzed Water, TVC = Total Viable Count, TVB-N = Total Volatile Base-Nitrogen.
a Non determined; b For aerobic mesophilic, psychrotrophic bacteria, Staph. aureus, Enterobacteriaceae and total coliforms, inoculum concentration values were obtained from the no-treatment group.

6. Egg

Egg is an important source of protein; however, its contamination with Salmonella sp is related with the natural production process (laying) and there are related factors such as the equipment used during the handling of eggs. Therefore, the use of a sanitizer in this industry has great relevance to eliminate foodborne pathogens that can cause cross-contamination and produce further infection through their dispersion in the environment of the hatchery.

AEW was evaluated on the surface of eggs containing Listeria monocytogenes, Escherichia coli, Staphylococcus aureus and Salmonella Typhimurium. EW was applied using an electrostatic atomization technique. Treatments were evaluated on complete eggs and four repetitions were performed. AEW completely eliminated Salmonella Typhimurium on ranges from 6.7 to 53.3%. In average, Salmonella reduction counts were 4.0 log10. Staphylococcus aureus was completely eliminated on ranges from 80 to 73.3% and reduction counts were around 3.0 log10. L. monocytogenes was totally eliminated in 93.3 to 53.3%. Authors explained that the antibacterial mechanism of action of AEW is based on its composition and can be considered an electrical method in conjunction with electrostatic atomization, involving conductance and impedance [76].

In another study, the bactericidal activity of slightly AEW (sAEW) (pH 6.53), AEW (pH 2.81), and sodium hypochlorite (pH 10.12) solutions were evaluated against Salmonella Enteritidis and Escherichia coli on artificially inoculated eggshells. The best result was in the detection of smaller amounts of survival populations obtained after treatments with sAEW. Internal egg quality attributes like Haugh units, yolk index, weight loss, yolk pH, and albumin were evaluated.

The best results were obtained with sAEW, indicating that it could be a sanitizing method for eggs to not only decrease microbial load, but also preserve egg quality and thus its shelf life. This is attributed to the less corrosive effects exerted by sAEW on the eggshell, compared to other treatments, without affecting the egg’s internal composition. However, in this work, there was no
cuticle analysis; researchers compare initial weight versus the end of storage. Weight loss was used as an indicator for cuticle damage. For this reason, they suggest the usage of sAEW in combination with other techniques such as UV light, coating, and freezer storage [77].

Bialka et al. [78] evaluated the effect of applying BEW (pH 11.4) first and AEW (pH 2.7) after, during the egg washing process. Bactericidal effect was compared using a commercial detergent/sanitizer. Different temperatures and treatment times were evaluated. From the in vitro evaluation, the best treatment was applied at 45 °C for 3 min. The best bactericidal results were obtained using both EW against Salmonella Enteritidis and E. coli K12, when the treatment was compared against single solution treatment or commercial detergent. Afterwards, they performed a pilot commercial scale evaluation using a commercial egg washer and they only evaluated the bactericidal effect against E. coli. However, results showed that the combination of BEW and AEW, as well as the use of a commercial detergent could affect cuticle integrity.

Another research group evaluated AEW on hatching eggs [79]. They evaluated a sprayed treatment and quantified the total aerobic bacteria on eggshells. AEW treatment decreased bacterial counts on eggshells by 1.0 log CFU/cm². This group claimed no effect on cuticle and broiler mortality decreased in the treated group; cuticle integrity was evaluated by egg weight.

The bactericidal effect of NEW (pH 6.86) on contaminated eggshells with Listeria monocytogenes [27], Salmonella enterica and Escherichia coli [26] has been evaluated. Treatments were applied by spraying for 15 s. L. monocytogenes counts were reduced by 2.0 Log10/egg meanwhile E. coli and S. enterica counts were reduced by 6.3 and 1.4 Log10/egg respectively. Additionally, cuticle analysis was performed by electron microscopy where the structure of NEW-treated eggshells looked like non-treated and NaCl-treated eggshells.

7. Cattle Products

7.1. Beef

Microbial contamination is an important public concern in the food industry because it can shorten shelf life and increase the risk of food safety in fresh meat and its derived products.

Temperature is the most important environmental factor that affects bacterial growth in beef; this factor constantly changes during processing, storage, and distribution of meat products. Therefore, the most commonly used disinfectants in this area are those based on chlorine, such as sodium hypochlorite, due to its antimicrobial efficacy, convenience, and low price. However, some previous studies have warned users about the limited efficacy of chlorine for reducing microorganisms in meat and surfaces that come into contact with meat [80–82]. Furthermore, there is a potential health risk in chlorine consumption for consumers, e.g., cancer [82]. Listeria monocytogenes is an important organism because it has been identified in many ready-to-eat meat products. In order to eliminate this pathogen, the food industry should apply a post-lethality treatment to the product to inhibit or reduce bacterial growth before packaging [41,81,82]. Different studies of EW in meat and milk are listed in Table 5.

One study reported the evaluation of AEW and slight AEW on contaminated meat with Escherichia coli O157:H7 using 5.0 log UFC/g. Both treatments reduced 3.36 log UFC/g and 3.28 log UFC/g, respectively. Authors worked on a mathematical model to study the effect of storage temperature; however, further studies were needed to accomplish this goal [83]. In a different study, AEW was used on fresh meat, processed meat (frankfurters), and meat-contact surfaces having L. monocytogenes, E. coli O157:H7, and Salmonella sp. No bactericidal effect was observed in meat and frankfurters due to the presence of organic matter buffering the action of hypochlorous acid against bacteria. The bactericidal analysis on surfaces of equipment handling ready-to-eat meat products compared the effect on clean and dirty stainless-steel cutting blades. AEW was applied using three different concentrations: 5, 25, and 250 ppm. On clean blades, L. monocytogenes had bacterial reductions of 1.4, 3.6, and 5.7 log (CFU/mL) when 5, 25, and 250 ppm AEW were used, respectively. Unlike these results, for dirty blades, L. monocytogenes reductions were 0, 0.64, and 3.3 log (CFU/mL) using the same concentrations previously mentioned. These results showed again that the presence
of organic matter significantly reduces the effectiveness of EW. Despite these results, the authors believe that the best use for AEW in fresh meat and ready-to-eat meat is by applying EW directly to the product wrapped in waterproof containers, where there can be a minimum of organic material in contact with EW [81].

In another study, the use of AEW was compared against conventional defrosting methods (air, tap water, and microwaves) to assess microbiological safety and quality attributes of thawed meat [84]. TVC, fungi, and yeast counts were significant reduced by 0.83 log UFC/g and 1.16 log UFC/g, respectively, compared to the control group. AEW showed effectiveness as a thawing medium for controlling microbial contamination during thawing. Regarding the physicochemical characteristics of thawed meat, AEW has a negligible impact on moisture loss, surface meat color was paler than control, but internal color did not show differences. Lipid and protein oxidation were retarded as well as protein aggregation and degradation.

A similar study was performed using slight AEW on beef stored by refrigeration. Microbicidal efficacy and shelf life were evaluated. The results showed that the TVC of the treated group decreased to 2.28 log CFU/g and control group viable counts were 3.06 log CFU/g. After three days, the microbial population increased in all samples but, in different proportions, since the TVC of the sAEW treated group was 2.89 log CFU/g, being the lowest value obtained in the results. Bacterial counts in the sAEW group were acceptable by day 14 after treatment, indicating that the use of sAEW in beef could preserve meat. sAEW showed an ability to keep meat in good condition for a longer period of time. Its bactericidal effect could be because it slows the increase of pH and generation of TVB-N. Sensory scores for odor, appearance, texture, and acceptability were better when EW was used [85]. In a different study, sAEW was used on trout, chicken, and beef. Its application caused E. coli O157:H7, Salmonella Typhimurium, and L. monocytogenes reductions compared to the non-treated group or the sterile distilled water treated group [61].

Near NEW was evaluated against Salmonella Typhimurium DT104 and E. coli O157:H7 on fresh hides. Treatments involve use of near NEW (pH 6.5 at room temperature), BEW (pH 11.6), hot BEW (43 ºC), BEW spray followed by NEW spray (both at room temperature), 0.02% peroxyacetic acid (room temperature), 5% lactic acid (pH 2.04 at room temperature), deionized water (W), and no treatment. All these strategies were evaluated because near NEW has bactericidal activity but, it is not corrosive and is stable. Results showed that S. Typhimurium DT104 and E. coli O157:H7 were reduced by 1.09 y 0.65 log UFC/cm², respectively [61].

Another study evaluated the influence of BEW on the microbiota present in beef fillets. Meat was treated with EW before being vacuum packed and stored at 4 ºC. Results showed that there was no impact on the initial microbiological situation after treatment or during storage; this could be due to the fact that the analysis did not consider the initial microbiota composition, which can react with EW. Some of the identified microorganisms before treatment were Pseudomonas sp., Brochothrix sp., Psychrobacter sp., Lactobacillus sp., and Acinetobacter sp. Which are commonly reported as meat contaminants from processing environments. After treatment, during the first day, Psychrobacter sp. and Acinetobacter Iwoffi were able to survive. However, Pseudomonas fragi was active and predominated.

### Table 5. Evaluations of electrolyzed water on cattle products.

| Material | Type of Electrolyzed Water | Concentration of EW (ppm) | Microorganisms | Inoculum Concentration | Type of Treatment | Duration of Treatment | Reference |
|----------|---------------------------|---------------------------|----------------|------------------------|-------------------|----------------------|-----------|
| Beef meat | Slightly AEW              | 38                        | E. coli O157:H7 | 9 log CFU/ml            | Immersion         | 10 min               | [61]      |
|          |                           |                           | Salmonella Typhimurium |                      |                   |                      |           |
|          |                           |                           | L. monocytogenes     |                       |                   |                      |           |
| Fresh meat | NEW                      | 27 to 39, 50              | L. monocytogenes     | 8 log CFU/ml          | Spray             | 30 s                 | [81]      |
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E. coli O157:H7
Salmonella sp

| Sample          | AEW, Slightly AEW | 50 | E. coli O157:H7 | 9 log CFU/mL | Immersion | 3 min | [83] |
|-----------------|-------------------|----|-----------------|-------------|-----------|-------|------|
| Meat            | AEW, Slightly AEW | ND | Aerobic bacteria | 4.78 log CFU/g | Immersion | ND    | [84] |
|                 |                   |    | Fungi and yeast  | 3.71 log CFU/g |           |       |      |
| Beef meat       | Slightly AEW + tea polyphenols | 40 | Aerobic bacteria | 3.06 log CFU/g | Immersion | 5 min | [85] |

Beef fillets

| Sample          | BEW | 100 | Aerobic bacteria | 3.82 log CFU/cm² | Spray | 90 s  | [86] |
|-----------------|-----|-----|-----------------|------------------|-------|-------|------|
|                 |     |     | Total coliforms | 1.94 log CFU/cm² |       |       |      |
|                 |     |     | Yeast           | 2.21 log CFU/cm² |       |       |      |
|                 |     |     | Lactic acid bacteria | 2.64 log CFU/cm² |       |       |      |

Beef head

| Sample          | AEW | 60  | E. coli O157:H7 | 6 log CFU/cm² | Spray | 12 s  | [87] |
|-----------------|-----|-----|-----------------|-------------|-------|-------|------|
|                 |     |     | 5 log CFU/400 |            |       |       |      |

Bovine carcass

| Sample          | AEW | 400 | Aerobic bacteria | 0.60 log CFU/400 | Spray | ND*  | [88] |
|-----------------|-----|-----|-----------------|------------------|-------|------|------|
|                 |     |     | E. coli O157:H7 | 0.83 log CFU/400 |       |      |      |

| Sample          | AEW | ND  | Aerobic bacteria | 2.48 log CFU/mL | Mix   | 15 min | [89] |
|-----------------|-----|-----|-----------------|-----------------|-------|--------|------|

a Non determined; b For aerobic mesophilic, total coliforms, lactic acid bacteria, fungi and yeast, inoculum concentration values were obtained from the no-treatment group.

Though, after day 5, lactic acid bacteria, Lactobacillus sakei, Leuconostoc gascomitatum, and Lactococcus piscium were the most abundant population, probably due to limited oxygen conditions [86].

EW can be applied sequentially to optimize its antimicrobial activity. This methodology was carried out during the treatment of fresh hides, where BEW and AEW were used sequentially. This strategy reduced aerobic bacteria and Enterobacteriaceae counts to 3.5 and 4.3 log CFU/100 cm², respectively, while E. coli O157:H7 was reduced from 82 to 35%. The effect of time and temperature of EW treatments was also evaluated, showing that they contributed to some extent to the bactericidal effect.

Some AEW evaluations have shown poor results. When AEW was used in the treatment of bovine heads (hide removed), E. coli O157:H7 was reduced by less than 0.5 log CFU/cm² [87]; in another report, EW was used to decontaminate bovine carcasses, but unfortunately, EW did not reduce aerobic bacterial counts significantly [88].

7.2. Milk

There is only one report about the use of AEW in milk. Kalit et al. [89] used a commercial EW on milk against aerobic mesophilic bacteria. In this study, EW was diluted, and treatments were applied for 15 min. Results showed that the highest concentration of AEW caused the highest bactericidal effect. Bacterial counts were reduced from 2.48 log CFU/mL to 0.33 log CFU/mL. The requirement of high concentration of AEW is due to available chlorine reacts with proteins and vitamins of milk. However, it is useful in organic production/processing of milk or in areas where water resources are limited because EW can be used to disinfect and rinse equipment.

8. Conclusions
The importance of the use of electrolyzed water lies in its easy production and the versatility of its presentations (i.e., concentrations) that it can have, depending on the production methods. EW can be produced on-site, decreasing storage, and transportation cost. An important attribute of EW is that its bactericidal effect is maintained at different temperatures, allowing its application under cold or warm environments. The most important characteristic is that it can be applied in different products from the food industry. In this document, different applications were reviewed. The most common evaluated procedures were immersion and spray. Immersion is a common practice in poultry and fish industry; however, this practice requires the use of large volumes of water; if EW solutions are used for immersion treatments, it is important to know the residual effect of a used EW; nevertheless, there are no reports about the efficacy of residual effect after EW been used more than once with animal by products. The fish industry uses spray treatments frequently, though there are no reports of the use of sprayed EW on fish, which allow the use of smaller amounts of water compared with dip treatments. The use of EW as ice is an interesting approach for fish and shrimp, however, it needs to be evaluated for every type of food because EW is affected by intrinsic components. In different studies, it has been reported that fish were treated at different temperatures and/or with agitation; fish is a delicate product and it is important to evaluate if this treatment is feasible to apply in this industry. The importance of the beef, pork, and poultry industry has impulse studies to evaluate spray treatments. These industries are exploring new uses as enhancement solutions or evaluating the use with different food types like milk. Although there have already been many studies on the use of EW, more scientific work is still needed to elucidate certain details, such as the possible food sensory changes caused by its use. One possible use is by sequential application (for example, BEW followed by AEW), or in combination with other bactericidal substances to obtain better disinfection and conservation results without affecting quality. However, it is still highly relevant to venture into the use of other cleaning methods, through specific studies, that in combination with EW could achieve optimal performance. The use of electrolyzed water is a promising strategy to preserve different raw, ready-to-eat meat, chicken, fish and others without affecting sensory characteristics. EW uses can be applied in different types of food and against different pathogens. It could be interesting to see its effect on virus contaminated food like milk and expand its uses. A variety of products can be candidates for the application of EW to increase shelf life and decrease the incidence of foodborne diseases.

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