Effects of Silica Shell Encapsulated Nanocrystals on Active χ-Fe$_5$C$_2$ Phase and Fischer–Tropsch Synthesis

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Abstract: Among various iron carbide phases, χ-Fe$_5$C$_2$, a highly active phase in Fischer–Tropsch synthesis, was directly synthesized using a wet-chemical route, which makes a pre-activation step unnecessary. In addition, χ-Fe$_5$C$_2$ nanoparticles were encapsulated with mesoporous silica for protection from deactivation. Further structural analysis showed that the protective silica shell had a partially ordered mesoporous structure with a short range. According to the XRD result, the sintering of χ-Fe$_5$C$_2$ crystals did not seem to be significant, which was believed to be the beneficial effect of the protective shell providing restrictive geometrical space for nanoparticles. More interestingly, the protective silica shell was also found to be effective in maintaining the phase of χ-Fe$_5$C$_2$ against re-oxidation and transformation to other iron carbide phases. Fischer–Tropsch activity of χ-Fe$_5$C$_2$ in this study was comparable to or higher than those from previous reports. In addition, CO$_2$ selectivity was found to be very low after stabilization.

Keywords: Fischer–Tropsch; iron carbide; encapsulation; ordered mesoporous silica

1. Introduction

Fischer–Tropsch synthesis (FTS) is known to be one of the most important reactions in gas-to-liquid processes since it produces synthetic oils and basic chemicals such as naphtha, gasoline, diesel, waxy products, ethylene, and propylene [1–3]. Among the FTS catalysts, iron-based catalysts are attracting more attraction due to their low cost and flexibility of operation to yield various kinds of products [4–6]. There have been many research articles dealing with iron carbide phases as the active phases of Fischer–Tropsch synthesis. χ-Fe$_5$C$_2$ is usually considered to be one of the most active phases [4,7]. However, the χ-Fe$_5$C$_2$ phase has been known susceptible to significant phase transformation to other carbides or oxide phases during reaction [8,9]. Despite the effort to protect and decrease the changing rate in phases, a K-promoted Fe catalyst showed a transition from the χ-Fe$_5$C$_2$ phase into the θ'-Fe$_{2.2}$C phase [10], which is also known as an active phase for FTS. It was reported that the growth of an amorphous carbon layer formed around the catalyst particle was attributed to the resistance against re-oxidation and had an influence on the phase change between active iron carbide phases. Despite the beneficial feature of resistance against re-oxidation, the gradual decrease in conversion was not avoided, and the original phase did not seem to be well protected either.

Regarding the formation degree of iron carbides when using syngas as an activation gas [11–13], it was reported that a decrease in H$_2$/CO ratio during the pre-activation process could facilitate carburization to give more active iron carbides [14]. According to Smit et al. [15], thermodynamics with chemical potential could explain the formations of χ-Fe$_5$C$_2$, θ-Fe$_3$C, Fe$_5$C$_3$, and ε-carbides and their relative stabilities. They also argued that the catalyst composed mainly of the χ-Fe$_5$C$_2$ phase prepared under high chemical potential was found to be quite vulnerable to oxidation during FTS because the amorphous iron carbides in the catalyst appeared to be oxidized to iron oxide crystals while the intensity of
the $\chi$-Fe$_5$C$_2$ phase in the XRD spectrum remained unchanged. As far as the formation of the $\chi$-Fe$_5$C$_2$ phase is concerned, a wet-chemical synthesis was introduced [8], and it produced a pure $\chi$-Fe$_5$C$_2$ phase only, by forming octadecylamine and a Fe carbonyl complex followed by carburization with C$_2$-C$_3$ molecules from thermally fragmented octadecylamine at around 350 °C, and the procedure and process of synthesis were reconstructed in a later study [16]. These authors argued that the phase change of $\chi$-Fe$_5$C$_2$ phase to iron oxide was ascribed to the cause of deactivation instead of hydrocarbon shielding during FTS. Tang et al. reported that $\chi$-Fe$_5$C$_2$ phase nanoparticles synthesized by a wet-chemical route might be more vulnerable to re-oxidation during a reaction than iron carbides prepared by gas pretreatment [17]. Regarding the $\chi$-Fe$_5$C$_2$ phase, a highly active carbide phase was reported to be prepared by infiltration of the iron precursor melt into graphene flakes. The resulting catalyst was found to have a highly active $\chi$-Fe$_5$C$_2$ phase in terms of total CO conversion at high space velocity, whereas CO to CO$_2$ conversion was also very high and comparable to CO to hydrocarbon conversion [18]. To protect against sintering, core–shell-like catalyst particles were developed and Co$_3$O$_4$@SiO$_2$ was prepared and tested for FTS [19]. It was reported that enlarging the pore size of the shell could increase the dispersion of active core particles and catalytic performance as well. In addition, the encapsulation improved catalytic stability.

In this study, $\chi$-Fe$_5$C$_2$ phase nanoparticles were prepared to elucidate the performance of pure $\chi$-Fe$_5$C$_2$ instead of a mixture of iron carbides. By encapsulating the nanoparticle with a partially ordered mesoporous silica shell, the effects of the protective shell on sintering and re-oxidation of $\chi$-Fe$_5$C$_2$ were investigated by XRD, TEM with SAED, physisorption, and other methods. In addition, the catalytic performance was tested and compared with the performances of catalysts having different and mixed iron carbides.

2. Materials and Methods

2.1. Materials

The octadecylamine (85% purity), iron pentacarbonyl (Fe(CO)$_5$, 99.99% purity), polyvinylpyrrolidone (PVP, average MW = 40,000), triethanolamine (TEA, 98% purity), and tetraethyl orthosilicate (TEOS, 98% purity) were purchased from Sigma Aldrich, Burlington, MA, USA. The hexadecyltrimethylammonium bromide (CTAB) was purchased from TCI Chemicals, Tokyo, Japan. All chemicals were used without further purification.

2.2. Catalyst Preparation

2.2.1. Synthesis of $\chi$-Fe$_5$C$_2$ Nanoparticles

Iron carbide nanoparticle preparation was conducted as follows: The $\chi$-Fe$_5$C$_2$ nanoparticles were synthesized via a wet-chemical route [16]. First, 30 g of octadecylamine and 0.226 g of CTAB were introduced into a 3-neck round bottom flask and degassed with inert gas flow at room temperature. The synthesis of iron carbide nanoparticles proceeded under inert conditions during the whole procedure. Consistent N$_2$ flow was connected to the mixture during the interval of the synthesis of iron carbide nanoparticles. Then the mixture was heated to 120 °C. When octadecylamine and CTAB were fully mixed, 1 mL of iron pentacarbonyl (Fe(CO)$_5$) was added into the mixture, which was heated to 180 °C and maintained for 30 min, followed by being heated to 350 °C and maintained for 5 min. Thereafter, the mixture was cooled to room temperature, and passivation was conducted for 15 min using a 5% O$_2$/N$_2$ mixture flow. The mixture was then dispersed in hexane and washed several times. During the wash, magnets were used for the separation of the $\chi$-Fe$_5$C$_2$ nanoparticles having magnetic properties. The washing temperature was room temperature, and about 1 min of washing with hexane was repeated around 20 times until the separation of iron carbide nanoparticles. About 250 mL of hexane was needed for the repetitive separation process.
2.2.2. Synthesis of \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2 \) Catalysts

First, 0.07 g of \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles was mixed with 3 g of polyvinylpyrrolidone (PVP) in 50 mL of ethanol to meet the final weight percent, and PVP-protected \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles were dispersed in ethanol by sonication. This mixture was named solution A. Encapsulation of iron carbide nanoparticles with silica was conducted as follows: First, 8.4 g of CTAB and 72 g of deionized water were mixed at 60 °C for 30 min using a rotary mixer, and solution A was added dropwise and mixed. This mixture was mixed at 60 °C for at least 30 min and named solution B. At the same time, solution C was prepared by mixing 6 g of tetraethyl orthosilicate (TEOS) and 45 g of triethanolamine (TEA) in a Teflon-lined stainless-steel autoclave, and hydrothermal synthesis was conducted at 90 °C for 20 min. Finally, solutions B and C were mixed after they had cooled to room temperature. The final mixture was mixed for 48 h using a rotating vessel. The mixture was then washed out with deionized water and ethanol and dried at 60 °C in a vacuum oven. The resulting samples were named \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2\_L \). Through the reconstruction of the synthesis method, \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2\_H \), which has higher Fe content than \( \text{Fe}_5\text{C}_2\@\text{SiO}_2\_L \), was synthesized. The amounts of solution B and solution C were halved to increase Fe loading in catalysts. Considering the decreased amounts of solvent and solution, 0.13 g of \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles was used in the case of the \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2\_H \) catalyst. In addition, the contact of PVP-protected \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles with the aqueous solution was allowed only until the color of the mixture turned orange. The orange color indicated that the oxidation of \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles occurred. \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2\_L \) (3.5 wt.%) and \( \chi\text{-Fe}_5\text{C}_2\@\text{SiO}_2\_H \) (12.2 wt.%) catalysts were synthesized in the same way, except the amounts of \( \chi\text{-Fe}_5\text{C}_2 \) nanoparticles and the contact time of the nanoparticles and the aqueous solution were different.

2.3. Catalyst Characterization

\( \text{N}_2 \)-physisorption analysis was conducted using an ASAP 2020 analyzer (Micromeritics, Inc., Norcross, GA, USA) at −196 °C. Prior to the physisorption measurements, the samples were degassed at 150 °C for 12 h under vacuum condition. X-ray diffraction (XRD) analysis was performed using a Rigaku SmartLab with a D/teX Ultra 250 X-ray diffractometer with Cu Kα radiation (λ = 0.154 nm, 40 kV, 40 mA) at 2θ ranging from 10° to 65° for all samples. Small-angle X-ray scattering (SAXS) was conducted on an Empyrean with ScatterX78 PANalytical using 45 kV and 40 mA. A JEM-2100F high-resolution transmission electron microscope was used to obtain TEM images and SAED patterns, and the working voltage was 200 kV. X-ray photoelectron spectroscopy (XPS) was conducted using a K-Alpha X-ray Photoelectron Spectrometer System (Thermo Fisher Scientific Inc., Waltham, Massachusetts, USA). Prior to analysis, fresh and spent catalysts were pressed into thin pellets and etched with low-energy Ar ion irradiation for 400 s. During the experiments, a monochromatic Al Ka (1486.6 eV) was adopted, and approximately 10−7 Pa of vacuum condition was preserved. The correction of binding energy (BE) was performed referencing the BE of C 1s (284.6 eV). Inductively coupled plasma optical emission spectroscopy (ICP-OES) was performed using a Thermo Scientific iCAP 7000 to verify the content of iron \( \text{Fe}_5\text{C}_2 \) in the catalyst samples. Thermogravimetric analysis (TGA) was performed with a Q50 instrument (TA Instruments) to identify the change in the silica pore structure of the fresh catalyst. The catalyst was heated under \( \text{N}_2 \) flow from 110 °C to 950 °C at a ramping rate of 20 °C/min. Fourier transform infrared (FT-IR) data were collected with a Thermo Nicolet iS50 FT-IR spectrometer (Thermo Fisher Scientific Inc., Waltham, MA, USA) forming a KBr pellet. A Mössbauer spectrometer of the electromechanical type with a \( ^{57} \text{Co} \) source in a Rh matrix was used in the constant-acceleration mode. The spectrometer was calibrated by collecting the Mössbauer spectra of a standard \( \alpha \text{-Fe} \) foil at room temperature. To produce a uniform thickness over the area of the Mössbauer absorber, each sample was clamped between two beryllium disks of 0.005-inch thickness and 1-inch diameter. The Mössbauer spectra were fitted by the least-squares method and provided the hyperfine field (\( H_{hf} \)), isomer shift (\( \delta \)), electric quadrupole splitting (\( \Delta E_Q \)), and relative area of Fe.
2.4. Catalyst Evaluation

The Fischer–Tropsch activity test of the catalysts was conducted using a laboratory-scaled micro fixed-bed reactor system. For the reaction, 0.3 g of catalyst without dilution was loaded in the reactor. No pre-treatment steps were performed before the reaction, and syngas with a composition of H\(_2\):CO:C\(_2\)H\(_2\):Ar = 58.5:27.7:9.1:4.8 was used. The reaction was conducted at a gas hourly space velocity (GHSV) of 4000 mL/g\(_{\text{cat}}\)/h. The reaction was conducted for 24 h, and the temperature and pressure were preserved at 300 °C and 10 bar, respectively. The effluent from the reactor was analyzed using an on-line gas chromatograph (6500GC, Young Lin Instrument Co., Anyang, Korea) equipped with a thermal conductivity detector (TCD) and flame ionization detector (FID). A Carboxen 1000 packed column was used to detect Ar, CO, CH\(_4\), and CO\(_2\), and a GS-GASPRO capillary column was used to identify hydrocarbons.

3. Results and Discussion

3.1. Characterization of \(\chi\)-Fe\(_5\)C\(_2\) Nanoparticles

After the synthesis of \(\chi\)-Fe\(_5\)C\(_2\) nanoparticles by the wet-chemical route, the average crystallite size and structure of the nanoparticles were investigated by XRD analysis. In Figure 1a, the X-ray diffraction pattern shows that only the \(\chi\)-Fe\(_5\)C\(_2\) phase (JCPDS No. 036-1248) existed in the nanoparticles. The average crystallite size was 20.50 nm, which was calculated using Scherrer’s equation at 2\(\theta\) = 39.4°, and the peak was known as the (020) plane of \(\chi\)-Fe\(_5\)C\(_2\). In addition, the broad peak that appeared in the range of 2\(\theta\) = 16–33° revealed the existence of amorphous carbon around the particles, as shown in Figure S1. TEM images of nanoparticles and their size distribution are shown in Figure 1b and its inset, respectively. Stochastic treatment indicated that the average particle size was observed as around 44 nm. The sizes of the nanoparticles were much larger than that of the crystallite observed by XRD. This is partly because the nanoparticles had polycrystalline characteristics, as shown in Figure 1c, and a similar result was also reported elsewhere [20]. As shown in Figure 1c, different lattices were observed and identified in one nanoparticle. A more detailed observation of the HRTEM image showed that the marked lattice distances of 0.208 nm and 0.239 nm indicated those of the (021) and (20-2) planes of the \(\chi\)-Fe\(_5\)C\(_2\) phase, respectively. In Figure 1d, the iron carbide phase was identified with SAED analysis, and only the \(\chi\)-Fe\(_5\)C\(_2\) phase was identified.

![Figure 1. (a) XRD pattern; (b)TEM image; (c) HRTEM image; (d) SAED pattern of \(\chi\)-Fe\(_5\)C\(_2\) nanoparticles.](image-url)
3.2. Morphology and Structure of Encapsulated Catalyst Particles $\chi$-Fe$_5$C$_2$@SiO$_2$

After the synthesis of silica-encapsulated catalysts, the structures of the $\chi$-Fe$_5$C$_2$@SiO$_2$ \_L and $\chi$-Fe$_5$C$_2$@SiO$_2$ \_H catalysts were examined and elucidated by XRD analysis. The X-ray diffraction spectrum of $\chi$-Fe$_5$C$_2$@SiO$_2$ \_L showed that the $\chi$-Fe$_5$C$_2$ phase was not the only phase of iron in the catalyst, and peaks indicating $\alpha$-Fe$_2$O$_3$ (JCPDS No. 33-0664) and $\theta$-Fe$_3$C (JCPDS No. 35-0772) were found additionally, as shown in Figure 2. The step of encapsulating $\chi$-Fe$_5$C$_2$ nanoparticles with a silica shell could be ascribed to the oxidation of iron carbide. $\chi$-Fe$_5$C$_2$ as well as the amorphous iron carbide phase seemed to be oxidized in the first step of the encapsulation process, where nanoparticles were mixed with the aqueous solution at 60 °C for 30 min. Due to the relatively long duration of the first step, the oxidation state of iron species turned out to be $\alpha$-Fe$_2$O$_3$ rather than Fe$_3$O$_4$. According to Tang et al., $\chi$-Fe$_5$C$_2$ nanoparticles synthesized by a wet-chemical route might be more vulnerable to re-oxidation during the reaction than iron carbides prepared by gas pretreatment \[17\]. Therefore, we believed that the oxidation of $\chi$-Fe$_5$C$_2$ nanoparticles occurred before the completion of the silica shell and oxidation took place in the middle of contact with the aqueous solution at 60 °C. We attempted to encapsulate iron carbide nanoparticles without compromising the active phase following a recipe from the literature \[21\], but this method proved unsuitable for us because of difficulties in dissolving and incorporating chemical agents such as CTAB and PVP.

![XRD pattern of fresh catalysts](image)

**Figure 2.** XRD pattern of fresh catalysts: (a) $\chi$-Fe$_5$C$_2$@SiO$_2$ \_L; (b) $\chi$-Fe$_5$C$_2$@SiO$_2$ \_H.

In order to suppress the phase change, the contact time with the aqueous solution mixture was decreased as much as possible when the $\chi$-Fe$_5$C$_2$@SiO$_2$ \_H catalyst was encapsulated with a silica shell. As a result, the XRD spectrum of Fe$_5$C$_2$@SiO$_2$ \_H exhibited the $\chi$-Fe$_5$C$_2$ (JCPDS No. 36-1248) phase and the Fe$_3$O$_4$ (JCPDS No. 19-0629) phase, which was a less oxidized phase than the $\alpha$-Fe$_2$O$_3$ phase of the $\chi$-Fe$_5$C$_2$@SiO$_2$ \_L catalyst as mentioned above. The number of transformed phases and the degree of oxidation were found to be significantly reduced.

The morphology of the catalysts was investigated using TEM imaging analysis, and the results are shown in Figure 3. The size of the silica shells was approximately 100 nm in both catalysts, and the iron carbide nanoparticles were encapsulated as a core. The silica shell appeared spherical, and one or two $\chi$-Fe$_5$C$_2$ nanoparticles appeared to be located inside the shell. In addition, spherical silica structures with diameters much smaller than 100 nm without nanoparticles inside were seen in both catalysts. By comparison between Figure 3b,f, it could be noticed that the $\chi$-Fe$_5$C$_2$@SiO$_2$ \_L catalyst contained more empty
silica structures than the χ-Fe₅C₂@SiO₂_H catalyst, possibly due to the result of lower iron loading.

![Figure 3](image-url)  
**Figure 3.** (a–c) TEM images and (d) SAED pattern of fresh χ-Fe₅C₂@SiO₂_L catalyst; (e–g) TEM images and (h) SAED pattern of fresh χ-Fe₅C₂@SiO₂_H catalyst.

The average crystallite size of χ-Fe₅C₂ in the χ-Fe₅C₂@SiO₂_H catalyst calculated at 2θ = 39.4° from the XRD result was 20.03 nm after the nanoparticles were encapsulated, indicating that the crystal size in the core was almost unchanged. To further verify the structure of the silica shell, N₂-physisorption analysis was conducted on both catalysts. The N₂-physisorption results of the χ-Fe₅C₂@SiO₂_L catalyst are shown in Table S1. The BET surface area was 301 m²/g, and the average pore size and volume were 7.0 nm and 0.5 cm³/g, respectively. The N₂-physisorption results of the χ-Fe₅C₂@SiO₂_H catalyst are shown in Figure 4a,b. The BET surface area calculated from the adsorption isotherm in Figure 4a was 239 m²/g. The pore size distribution in Figure 4b shows a relatively sharp peak at ca. 2.3 nm and another broadened peak above 10 nm. The average pore size and pore volume were measured as 5.7 nm and 0.3 cm³/g, respectively. The pore volume at approximately 2.3 nm appeared to be small due to residue of PVP and CTAB still remaining after the synthesis. The result of SAXS of the χ-Fe₅C₂@SiO₂_H catalyst in Figure 4c shows a slightly broadened peak at approximately 0.13 Å⁻¹, and the pore structure could be considered similar to that of MCM-41 since the peak appears very similar to the reflection of the (100) plane of MCM-41 in terms of q vector and profile. The pores of the silica shell appeared to have a wormhole-like and short-range morphology, as shown in TEM images, and it could be corroborated by SAXS results that the pore structure seemed to be a partially ordered mesoporous structure; similar structures can be found in literature elsewhere [19,22–24]. The wall thickness of the pore structure was calculated using the d-spacing of the (100) plane and pore size from the N₂-physisorption result. As the pore structure appeared to be similar to that of MCM-41, the calculation could be simplified by assuming a hexagonal structure. The distance a₀, the distance between the centers of two adjacent pores, was calculated in the same way as Sibeko et al. proposed [25], and the value was 54.8 Å. As the average pore size considering only mesopores below 10 nm was 2.2 nm, as shown in Figure 4b, the wall thickness was 32.7 Å, which is a slightly higher value than that of MCM-41 from the literature [25] for comparison.
The pores of the silica shell appeared during the 24 h time on stream; (c) small-angle X-ray scattering pattern of fresh χ-Fe₅C₂@SiO₂-H catalyst.

### 3.3. Activity Test Results

Figure 5 shows the catalytic performance of the catalysts, including CO conversion, product selectivity, and CO to CO₂ and hydrocarbon conversions. As the FTS active phase was directly synthesized, an in situ gaseous pre-treatment was not necessary before the reaction. The catalytic activity of the catalysts was evaluated at 300 °C and 10 bar in a micro fixed-bed reactor. The highest CO conversion over the χ-Fe₅C₂@SiO₂-L catalyst was 10.8% at TOS 5.5 h and decreased to 7.4% at the end of the reaction. The low loading amount of the iron species and the phase transformation to α-Fe₂O₃ were believed to cause low Fischer–Tropsch synthesis performance. The confining geometry due to the encapsulation with porous silica was believed to play a protective role against deactivation, and the conversion and selectivities of products appeared steady. In addition, the light olefin ratio was higher than any other FTS reaction results in Table 1. The presence of the α-Fe₅C phase in an iron-based catalyst is believed to affect the formation of light olefins, as reported in [26]. The generation of CO₂ was barely seen, whereas the consumption was observed at a very low rate, under 3%. The α-Fe₂O₃ phase is known to be the active phase for the reverse water–gas shift (RWGS) reaction [27], and the α-Fe₅C phase is also known to be the active phase for CO₂ hydrogenation [28].

![Figure 5](image-url)
As indicated in Section 3.2, the preparation method was modified so that the Fe loading could be increased and phase transformation could be suppressed as much as possible, as mentioned in Section 2.2.2. In the reaction where the $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-H catalyst was used, the CO conversion was greatly enhanced and showed the highest conversion of 38.5%, and the FTS activity reached 44.1 $\mu$mol CO/gFe/s at TOS 3 h, as shown in Table 1. The degree of FTS activity was further investigated by a comparison with the results in the literature, and the FTS activity of this study appeared to be higher than or comparable to those from the references shown in Table 1. After TOS 3 h, the CO conversion gradually decreased. The overall CO conversion could be attributed to both FTS and water–gas shift (WGS), and the activity of WGS was assessed by CO to CO$_2$ conversion, as shown in Figure 5c. During the reaction, CO to CO$_2$ conversion consistently decreased, and the final value was measured at a significantly low level of approximately 2%, as shown in Figure 5c. The CO$_2$ selectivity was also relatively high in the early stage of the reaction, but decreased to a significantly low level to be 9.9% (not shown). This indicated that WGS activity was high at first but gradually decreased. If WGS activity was disregarded, the CO to hydrocarbon conversion (blue) shown in Figure 5c appeared to be steadier. More specifically, the CO to hydrocarbon conversion seemed greatly stabilized after TOS 10 h and decreased by only about 3.2 percentage points thereafter. It was believed that due to the absence of a calcination step in the catalyst preparation, H$_2$O molecules and surface hydroxyl groups associated with the silica shell could have evolved during the reaction, and they seemed to influence WGS activity.

To identify the species and to assess the amounts of released molecules, TG/DTA analysis was performed, and the result is shown in Figure 6a. Two steps of thermal decomposition were shown in the TGA result. The first step was in the temperature range

### Table 1. CO conversion, CO$_2$ and hydrocarbon selectivity, and FTS activity of $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-L, $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-H, and other reference catalysts.

| Catalyst             | Fe Loading (wt.% | CO conv. (%) | Hydrocarbon Selectivity (%) | CO$_2$ sel. (%) | FTS Activity (umol CO/gFe/s) | Reaction Condition | Ref. |
|----------------------|-----------------|--------------|----------------------------|-----------------|-------------------------------|--------------------|------|
| $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-L | 3.5             | 10.8         | 18.2                       | 34.5            | 47.3                          | 77.2               | 42.5 |
| $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-H | 12.2            | 38.5         | 15.6                       | 27.1            | 57.3                          | 56.6               | 300 °C, 10 bar, H$_2$/CO = 2.1, GHSV = 4000 mL.g$_{cat}^{-1}$.h$^{-1}$ | This work |
| FeSi-syn             | 50.9            | 22.3         | 12.9                       | 17.1            | 70.0                          | 47.6               | 2.8  |
| Fe$\text{Si}$/AC     | 15.7            | 29.4         | 18.4                       | 51.1            | 30.6                          | 44.1               | 34.8 |
| Fe25Si               | 58.9            | 46.7         | 15.6                       | 39.2            | 45.2                          | 33.3               | 6.7  |
| CAT-H$_2$O           | 54.5            | 46.5         | 11.7                       | 25.9            | 62.4                          | N.A.*              | 30.0 |
| SiO$_2$/α-Fe$_2$O$_3$ | 35.0            | 44.9         | 18.7                       | 47.8            | 33.5                          | 25.1               | 25.1 |
| Al$_2$O$_3$/α-Fe$_2$O$_3$ | 35.0         | 61.6         | 16.0                       | 47.3            | 36.7                          | 33.9               | 33.9 |

*N.A.: not available.*

As indicated in Section 3.2, the preparation method was modified so that the Fe loading could be increased and phase transformation could be suppressed as much as possible, as mentioned in Section 2.2.2. In the reaction where the $\chi^{-}$-Fe$_5$C$_2$@SiO$_2$-H catalyst was used, the CO conversion was greatly enhanced and showed the highest conversion of 38.5%, and the FTS activity reached 44.1 $\mu$mol CO/gFe/s at TOS 3 h, as shown in Table 1. The degree of FTS activity was further investigated by a comparison with the results in the literature, and the FTS activity of this study appeared to be higher than or comparable to those from the references shown in Table 1. After TOS 3 h, the CO conversion gradually decreased. The overall CO conversion could be attributed to both FTS and water–gas shift (WGS), and the activity of WGS was assessed by CO to CO$_2$ conversion, as shown in Figure 5c. During the reaction, CO to CO$_2$ conversion consistently decreased, and the final value was measured at a significantly low level of approximately 2%, as shown in Figure 5c. The CO$_2$ selectivity was also relatively high in the early stage of the reaction, but decreased to a significantly low level to be 9.9% (not shown). This indicated that WGS activity was high at first but gradually decreased. If WGS activity was disregarded, the CO to hydrocarbon conversion (blue) shown in Figure 5c appeared to be steadier. More specifically, the CO to hydrocarbon conversion seemed greatly stabilized after TOS 10 h and decreased by only about 3.2 percentage points thereafter. It was believed that due to the absence of a calcination step in the catalyst preparation, H$_2$O molecules and surface hydroxyl groups associated with the silica shell could have evolved during the reaction, and they seemed to influence WGS activity.

To identify the species and to assess the amounts of released molecules, TG/DTA analysis was performed, and the result is shown in Figure 6a. Two steps of thermal decomposition were shown in the TGA result. The first step was in the temperature range
of 150 °C to 360 °C, and this peak agreed with the decomposition peak of CTAB [33]. The second step ranging from 360 °C to 530 °C appeared to be in agreement with the temperature range of thermal decomposition of PVP [34]. The temperature range from 150 °C to 500 °C could be assigned to excess strongly bound water and surface hydroxyl groups [32]. TG/DTA analysis implied that the absence of a calcination step during the preparation of the catalyst caused insufficient removal of the surfactant and water. As mentioned, the evolution of water from the silica shell might have caused excessive WGS activity in the early stage of the reaction.

![Figure 6. TG/DTA and FT-IR results: (a) TG/DTA result and (b) FTIR spectra of fresh \( \chi - \text{Fe}_5\text{C}_2@\text{SiO}_2-\text{H} \) catalyst.](image)

Figure 6b shows the FT-IR spectra of the \( \chi - \text{Fe}_5\text{C}_2@\text{SiO}_2-\text{H} \) catalyst. The broad band at 3000 to 3700 cm\(^{-1}\) was assigned to the characteristic bands for water molecules, surface hydroxyls, and hydroxyl functional groups from PVP. Other bands marked in Figure 6b correspond to the characteristic bands of functional groups included in the stabilizing agent, PVP [35]. This corroborated the result of TG/DTA and verified that the evolution of water and hydroxyls could cause WGS in the early stages of the reaction.

3.4. Characteristics of Spent Catalyst

The structure, morphology, and iron species of the spent catalysts were identified and analyzed by XRD, TEM, and Mössbauer emission spectroscopy (MES) methods. Figure 7 shows the XRD patterns of the spent catalysts. The \( \chi - \text{Fe}_5\text{C}_2 \), \( \theta - \text{Fe}_3\text{C} \), and \( \alpha - \text{Fe}_2\text{O}_3 \) phases were observed in the spent \( \chi - \text{Fe}_5\text{C}_2@\text{SiO}_2 \) catalyst. The kinds of phases were the same, but the amount of \( \chi - \text{Fe}_5\text{C}_2 \) turned out to be decreased and possibly converted into oxidized phases since the peak at around 50° of \( \chi - \text{Fe}_5\text{C}_2 \) was barely observed in the spent sample but was originally observed in the fresh catalyst as shown in Figure 2a. Similarly, the spent \( \chi - \text{Fe}_5\text{C}_2@\text{SiO}_2-\text{H} \) was shown to have the same kinds of phases such as \( \chi - \text{Fe}_5\text{C}_2 \) and \( \text{Fe}_3\text{O}_4 \), which were the same phases contained in the fresh one. However, additional but slight oxidation or phase change to \( \text{Fe}_3\text{O}_4 \) seemed to occur during the reaction because a new peak at 2θ = 56.9° appeared.

The Fe 2p XPS spectra of the catalysts are shown in Figure S2. The peaks at binding energies of around 707 eV and 720 eV were allocated to Fe 2p 3/2 and Fe 2p 1/2 of the iron carbide phases, respectively [18]. The peaks situated at about 710 eV and 723 eV were attributed to the main peaks of iron oxide phases of the 2p 3/2 and 2p 1/2 regions, respectively [36,37]. All peaks were positioned at similar binding energies even after the FTS reaction.
The average crystal size of $\chi$-Fe$_5$C$_2$ in spent $\chi$-Fe$_5$C$_2$@SiO$_2$-L was very difficult to measure since there were no overlapped peaks of the corresponding phase observed. The average crystal size of $\alpha$-Fe$_2$O$_3$ calculated at $\theta = 35.6^\circ$ was 23.8 nm, which is very close to that of the fresh catalyst (22.7 nm). Regarding the spent $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalyst, the average crystal size of $\chi$-Fe$_5$C$_2$ could be calculated by the Scherrer equation at $\theta = 39.4^\circ$, and the size was 18.75 nm. The crystal size of the Fe$_3$O$_4$ phase in this spent catalyst was calculated from the (311) diffraction peak using the Scherrer equation, and the crystal size barely changed from 11.85 nm to 12.81 nm. The encapsulation with a silica shell, especially with higher Fe loading, protected the iron carbide nanoparticles more effectively from sintering and re-oxidation, which are known to be the main causes of deactivation.

The TEM images and SAED patterns are shown in Figure 8. Figure 8a–c show the morphology of the spent $\chi$-Fe$_5$C$_2$@SiO$_2$-L catalyst, and the morphology of the catalyst was well maintained even after the FTS reaction. In addition, as the average crystallite size calculated with the XRD result did not change during the reaction, TEM images showed that the crystallite size of the iron nanoparticles was almost unchanged in the spent catalyst. In Figure 8d, $\chi$-Fe$_5$C$_2$, $\theta$-Fe$_3$C, and $\alpha$-Fe$_2$O$_3$ phases can be observed. Figure 8e–g show that the morphology of the catalyst after 24 h of FTS appeared sustained compared with that of the fresh $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalyst. The SAED patterns in Figure 8h indicate that both the $\chi$-Fe$_5$C$_2$ and Fe$_3$O$_4$ phases were observed. Although sintering and phase transformation did not occur significantly during the exothermic reaction over the $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalyst, slight deactivation was observed as shown in Figure 5c. The amorphous silica peak of the spent catalyst in Figure S3 shifted slightly to a larger $\theta$ value, compared with that of the fresh catalyst. The pore structure of the silica shell appeared to undergo thermal contraction because hydroxyls and decomposed molecules of chemical agents from the silica structure were eliminated during the reaction. This might be due to the removal of the calcination step during the preparation of encapsulated catalysts in order to avert phase change or oxidation of active iron carbide. To verify the structural change of the silica shell, the catalyst was characterized by $\text{N}_2$-physisorption and SAXS analysis. The physisorption result of the spent $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalyst is shown in Figure 9a,b. The BET surface area and the pore volume were greatly increased, as shown in Table S1, which could be the result of the elimination of CTAB and PVP and the condensation of small molecules such as water. The result of SAXS analysis in Figure 9c shows that the $q$ vector for the (100) d-spacing of the ordered mesoporous fraction did not change after the reaction, indicating that the structural change of the ordered mesoporous fraction was slight, and the intensity increased owing to the elimination of CTAB, PVP, and water molecules associated with the silica shell.
Mössbauer emission spectroscopy (MES) was conducted for identifying kinds and fractions of iron phases in \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\) catalysts. MES results of fresh and spent \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\) catalysts are shown in Figure 10, and the specific parameters are shown in Table 2. The MES spectra of \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\)_L showed two sextets for Fe\(_3\)O\(_4\), three sextets for \(\chi\)-Fe\(_5\)C\(_2\), one sextet for Fe\(_3\)C, and one doublet in the catalyst regardless of evaluating the FTS reaction, as shown in Figure 10a,b. The doublet can be assigned to \(\alpha\)-Fe\(_2\)O\(_3\), considering the XRD spectra shown in Figures 2a and 7a. By comparison of the relative areas of the fresh catalyst with those of the spent \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\)_L catalyst shown in Table 2, it can be seen that \(\chi\)-Fe\(_5\)C\(_2\) and Fe\(_3\)C slightly decreased, Fe\(_5\)O\(_4\) decreased from 46.67\% to 34.75\%, and \(\alpha\)-Fe\(_2\)O\(_3\) increased from 7.78\% to 21.09\%. 

Figure 8. (a–c) TEM images and (d) SAED pattern of spent \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\)_L catalyst; and (e–g) TEM images and (h) SAED pattern of spent \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\)_H catalyst.

Figure 9. N\(_2\)-physisorption and SAXS results: (a) N\(_2\)-adsorption isotherm and (b) pore size distribution curve; (c) small-angle X-ray scattering pattern of spent \(\chi\)-Fe\(_5\)C\(_2\)@SiO\(_2\)_H catalyst after reaction.
Spent // Fresh

δ* (mm/s)  ΔEQ (mm/s)  Hhf (kOe)  phase  Area (%)  Composition (%)
---  ---  ---  ---  ---  ---
Fresh
X−Fe5C2@SiO2_L
0.22  -0.04  494.6  Fe3O4 (A)  15.94  34.75
0.33  -0.05  470.2  Fe3O4 (B)  18.81
0.10  0.02  216.6  Fe3C  11.72
0.11  0.01  202.8  Fe3C  13.07
0.09  0.04  112.3  Fe3C  8.71
0.10  0.02  207.1  Fe3C  10.66
0.15  0.63  -  Doublet  21.09  21.09

Spent
X−Fe5C2@SiO2_L
0.08  0.00  214.4  Fe3C  28.13
0.09  0.0  195.3  Fe3C  31.10
0.08  0.04  110.9  Fe3C  21.32
0.08  0.74  -  Doublet  19.45  19.45

Fresh
X−Fe5C2@SiO2_H
0.10  0.01  213.6  Fe3C  30.09
0.08  0.0  197.7  Fe3C  33.62
0.17  -0.04  113.0  Fe3C  22.79
0.08  0.78  -  Doublet  13.50  13.50

Spent

* δ: isomer shift, ΔEQ: quadrupole shift, Hhf: hyperfine magnetic field.
MES spectra of $\chi$-Fe$_5$C$_2$@SiO$_2$-H were found to be quite different from those of $\chi$-Fe$_5$C$_2$@SiO$_2$-L. They exhibited only three sextets for $\chi$-Fe$_5$C$_2$ and one doublet in the catalyst regardless of evaluating the FTS reaction, as shown in Figure 10c,d. The doublet could be assigned to Fe$_3$O$_4$, considering the XRD spectra shown in Figures 2b and 7b. The Fe$_3$O$_4$ phase in the $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalyst was shown in the form of one doublet instead of two sextets in the MES spectra because the average size of Fe$_3$O$_4$ was quite small. Other iron species were not observed even though the catalyst went through 24 h of reaction. In the fresh catalyst, relative areas of $\chi$-Fe$_5$C$_2$ and Fe$_3$O$_4$ were estimated as 80.55% and 19.45%, respectively. Those were found to be 86.50% and 13.50%, respectively, in the spent catalyst, as shown in Table 2. Only a slight change in the area of the $\chi$-Fe$_5$C$_2$ phase was observed for the spent catalyst, indicating that the encapsulating silica shell protected iron nanoparticles from re-oxidation and phase transformation to something else. Due to the surrounding restriction by tightly encapsulating silica shell, carbon atoms around the nanoparticle seemed to have difficulty in penetrating into the $\chi$-Fe$_5$C$_2$ phase of the confined nanoparticle since it seemed very difficult to modify the original crystalline structure into another iron carbide structure with higher carbon content in such restricted surroundings. Furthermore, it seemed that internal carbon atoms of the $\chi$-Fe$_5$C$_2$ phase had similar difficulty in leaching out. A similar report indicated that the $\chi$-Fe$_5$C$_2$ phase was unchanged or slightly changed after the FTS reaction when the catalyst was prepared by the formation of iron oxalate dihydrate particles followed by hydrothermal treatment. The spent Fe$_5$C$_2$@C catalyst showed slight sintering, which was proved by the sharper diffraction peak of the XRD spectrum [38].

4. Conclusions

Nanoparticles of the pure $\chi$-Fe$_5$C$_2$ phase were successfully synthesized using a wet-chemical route, followed by encapsulation with a partially ordered mesoporous silica shell. By doing so, it was shown that the pre-treatment step in FTS reaction could be eliminated. Due to the silica shell’s physical restriction of the nanoparticles, sintering seemed successfully suppressed, which was elucidated by XRD and TEM methods. Structural analysis by small angle X-ray scattering method showed that the protective silica shell had a partially ordered mesoporous structure with a short range. Wide-angle XRD results showed that the crystallite size of the active $\chi$-Fe$_5$C$_2$ phase did not seem to significantly change during the reaction. Using MES and XRD methods, it was found that the composition and the phase of active $\chi$-Fe$_5$C$_2$ seemed well maintained during such an exothermic FTS with water produced as a by-product at high temperature and pressure. The Fischer–Tropsch activity of $\chi$-Fe$_5$C$_2$ in this study was comparable to or higher than those reported in previous studies. In addition, CO$_2$ selectivity was found to be very low after stabilization.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/nano12203704/s1, Figure S1: XRD result of $\chi$-Fe$_5$C$_2$ nanoparticles.; Figure S2: XPS spectra of Fe 2p for $\chi$-Fe$_5$C$_2$@SiO$_2$ catalysts.; Figure S3: XRD results of fresh and spent $\chi$-Fe$_5$C$_2$@SiO$_2$-H catalysts.; Table S1: N$_2$-physisorption results of fresh and spent $\chi$-Fe$_5$C$_2$@SiO$_2$ catalysts.

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