Janus particles: design, preparation, and biomedical applications

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Abstract

Janus particles with an anisotropic structure have emerged as a focus of intensive research due to their diverse composition and surface chemistry, which show excellent performance in various fields, especially in biomedical applications. In this review, we briefly introduce the structures, composition, and properties of Janus particles, followed by a summary of their biomedical applications. Then we review several design strategies including morphology, particle size, composition, and surface modification, that will affect the performance of Janus particles. Subsequently, we explore the synthetic methodologies of Janus particles, with an emphasis on the most prevalent synthetic method (surface nucleation and seeded growth). Following this, we highlight Janus particles in biomedical applications, especially in drug delivery, bio-imaging, and bio-sensing. Finally, we will consider the current challenges the materials face with perspectives in the future directions.

1. Introduction

Janus particles, named after a two-faced Roman God of the same name, were suggested by Pierre-Gilles de Gennes when he made his Nobel Laureate speech to the scientific community in 1991 [1]. Since then, various Janus particles (JPs) have been synthesized, and the definition of JPs is extended far beyond the initial two-faced amphiphilic structure [2,3]. JPs have become objects composed of two or more parts that differ in their physical and chemical properties, often contrary in nature [2–6]. The anisotropic structure of JPs contains optical, electrical, or magnetic properties etc., which facilitate JPs with many advantages, such as multifunctional properties and ease of modification [3,6–10]. Although individual components combine and coexist together in a single-particle system, the intrinsic chemical, magnetic, optical, and electronic properties of each domain are seldom altered or lost [11–15], allowing the unique properties of different parts to contribute in improving the chemical and physical properties of the whole. Following surface modification, functionally distinct surfaces of the JPs can be used to selectively conjugate specific chemical moieties [2,16–18]. Therefore, JPs have attracted tremendous attention in recent years and exhibited great potential in numerous applications including interfacial stabilizers, catalysis, electrochemical applications, biomedicine etc. [3,12,19–22].

In the past two decades, JPs with various morphologies have been designed and prepared, ranging from simple spherical particles to different shapes, such as dumbbell-shape [23,24], snowman-shape [25–27], disk-shape [28,29], rod-shape [30–32], half-raspberry-shape [21,33,34], and mushroom-shape [35,36]. The general division of JPs may be considered as polymeric, inorganic, and polymeric-inorganic compositions [2,3,12]. It is well known that properties and applications of JPs rely strongly on their morphology with defined size and chemical composition, in addition to surface chemistry, which are important factors that affect the performance of JPs [2,3,37,38]. Various synthetic strategies have been explored for the fabrication of JPs demonstrating high degrees of control over physical characteristics, material composition, and surface chemistry. These methods include phase separation, masking, self-assembly, surface nucleation and seeded growth, and microfluidics etc. [3,6,39]. The surface nucleation and seeded growth method is the most suitable for the synthesis of complex morphologies, so much so that it has become the most prevalent method for the construction of JPs. JPs with well-controlled anisotropic structure have attracted increased interest in various fields, particularly in biomedical applications [8,22,40,41]. Although many isotropic particles present excellent performance in biomedical field [42–46], JPs play irreplaceable roles due

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to their asymmetric compositions and independent functions. One promising biomedical application is drug delivery, where a single JP material with multiple domains can simultaneously realize multidrug loading and serve as an ideal carrier [40,47,48]. The JPs can be tailored to the desired drugs, to ensure any opposing properties (e.g. hydrophilicity/hydrophobicity, acidity/basicity, etc.) can remain separated. Moreover, the separate compartments of the JPs can be modified with diverse functional molecules for separate control over the drug release [47]. If the components are magnetic, optical or metallic, the JPs can be used for magnetic resonance imaging (MRI), optical imaging (OI) or computed tomography (CT) and achieve single/multiple imaging-guided therapy [5,49,50]. Furthermore, JPs have been developed for bio-sensing. Biomolecules (enzyme, antibody, etc.) or chemical groups are modified on one side of JPs for the recognition of analytes (protein, cells, bacteria, etc.), and the other side is composed of an optical or magnetic material. For these functional JPs that can serve as biosensors for the detection of biomolecules, cells or bacteria [16,51,52]. Nano- or magnetic material. For these functional JPs that can serve as biosensors for the detection of biomolecules, cells or bacteria [16,51,52]. Nano- or micro motors constructed by JPs are also promising candidates for biomedical applications. These Janus motors can be driven by light, bubble or a magnetic field while simultaneously completing capture/adsorption of targets due to its unique composition and structure [22, 40,53]. A few Janus motors are even capable of self-destruction following the completion of their function, disassembling into biocompatible and harmless components [54].

Herein, we introduce a few design strategies of JPs capable of well-controlled morphology, particle size, composition, and surface modification. Subsequently, we review the common synthetic methods of JPs, mainly focusing on the surface nucleation and seeded growth method. The application of JPs in the biomedical field is explored such as drug delivery, bio-imaging and bio-sensing. The scheme is shown in Fig. 1. Finally, a summary for the design, preparation and biomedical applications of JPs are constructed, furthermore, we present an introduction to future directions of development.

2. Design and preparation of Janus particles

2.1. Design of Janus particles

Janus particles as a class of materials, have a characteristic anisotropic structure, composition and properties and are considered as some of the most complicated colloidal particles in existence. Over the past few decades, related research has attracted considerable interest due to the novel properties and unique applications of JPs. However, fabrication of a desired shape, size, components, and additional parameters face big challenges, as translating the properties of the building blocks into the properties of overall materials and combining the different components together, requires a complex and smart design of synthetic routes. Toward this end, researchers have done a great deal of work to better design JPs. In the section, the design principles for JPs are highlighted, especially those relevant to biomedical applications, based on the morphology, particle size, and components of JPs.

2.1.1. Morphology and particle size

There have been various shapes of JPs reported in many articles, including dumbbell [23,55], rod [56], snowman [25,57], or any of a variety of other shapes [3,6]. It is well recognized that properties and applications of JPs are highly dependent on their morphology and chemical composition. JPs with nano-/micro-objects not only offer complex morphologies and asymmetry but can combine individual components together without losing the intrinsic optical, magnetic, and electronic properties [58].

Due to the heterojunction of different components, Janus nanoparticles can integrate components of different and opposite character and can simultaneously display the properties and characteristics of both materials. These properties and materials can be altered depending on purpose. For example, the Janus design enables the combination of two opposing properties, hydrophobicity and hydrophilicity [59] or other physicochemical properties [60], into single particle that can be used in a variety of fields. Among these is the creation of amphiphilic Janus structure, which is designed by tuning the hydrophilic and hydrophobic domains of the JPs, akin to control hydrophilic–lipophilic balance (HLB) of traditional organic surfactants. Thus, the produced materials may be exploited as both surfactants and catalysts [61,62]. Liu and yang et al. [23] successfully constructed dumbbell-shaped amphiphilic JPs, containing one hydrophobic and one hydrophilic sphere, can act as interface-active solid catalysts to stabilize Pickering emulsions. And the Janus catalyst exhibited better catalytic performance than commercial Pt/C catalyst in aqueous hydrogenation reactions, as shown in Fig. 2A. Recently, Zhao et al. [63] designed the dual-mesoporous Fe3O4@m-C&@m-SiO2 (m-being the notation for mesoporous) Janus nanoparticles, containing a pure one-dimensional mesoporous SiO2 nanorod and a closely connected mesoporous Fe3O4@m-C magnetic nanosphere. Through adjusting the volume ratio between the hydrophilic and hydrophobic domains in single Janus nanoparticle, endows the Janus nanoparticles with a surfactant-like ability for emulsion

![Fig. 1. Schematic illustration of the design, preparation, and biomedical application of Janus particles.](image-url)
stabilization, while also allowing for magnetic separation and recycling both of these features are crucial for improving the efficiency of biphasic catalysis (Fig. 2B). Furthermore, unique optical properties and extraordinary catalytic properties can be obtained through combining components possessing surface plasmon resonance or excellent catalytic properties such as noble metals [64–66]. The unique morphology of Janus nanoparticles is also well suited for the combination of magnetically active materials, resulting in significantly enhanced separation character following drug delivery, biocatalytic uses and bio-imaging [67–69]. Moreover, Janus particles have been increasingly documented in their efficacious ability to stabilize immiscible polymer mixtures. Although heterogeneous materials developed for this purpose are not new, they suffer from preferential wetting, due to the low interfacial tensions (ITs) involved. This is because particles will only adsorb to an A–B interface only if it has a greater interfacial tension than the difference between that experienced by the particles with each of the components, IT_{A:B} > IT_{A,A_1} + IT_{B,B_1}. If this is not satisfied, the particles preferentially adsorb to one of the phases and fail to serve their intended purpose [70]. However, Janus particles overcome this problem by presenting two materials, each more suited to one or the other of the biphasic components, while being physically connected; preventing preferential wetting and making interfacial adsorption between the two phases more preferable for the system. Although Janus particles tailored in this way offer great advantages over existing media, their complex synthetic process has slowed research. Despite this, there have been numerous reports of Janus materials being synthesized and used as compatibilizing agents [3, 70–73]. The development of Janus materials is highly applicable to biomedical applications as the capability of tailoring two sets of characteristics within the same particle offers myriad opportunities that have yet to be fully explored. When considering the problems faced by the drug delivery field, the bipartisan nature of Janus particles could hold the key to allowing the co-delivery of both hydrophobic and hydrophilic drugs or drugs with dissimilar solubility [73]. However, a more specialist use of this morphology is simultaneous imaging and treatment. An example of this is seen in Xu et al.’s work concerning the use of an antibody functionalized Au–Fe₂O₃ dumbbell particles that offered enhanced imaging capabilities while also benefiting from the magnetic properties to provide magnetolytic therapy [74,75].

Further to the impressive degree of control over the JPs morphology and the tailorability of the biphasic and physical properties, research has proven that this control extends to overall particle size, as well. Most published studies document particle sizes that range from a few hundred nanometers to a few micrometers. However, reports on the synthesis of much smaller nano-sized (<100 nm) JPs present a greater challenge and are actually rather scarce [60]. As the inherently complex, and simplest, morphology of JPs consists of two building blocks, its size tends to fall into the submicrometer range. A variety of methods have been reported for the preparation of (sub) micron-sized JPs. In the preparation of submicrometer JPs of polyacrylonitrile (PAN) and polystyrene (PS) via a one-step batch seeded emulsion polymerization (Fig. 3A). Both the high degree of cross-linking and the slow feeding of the monomer were crucial to control the resultant anisotropic structure [76]. In the synthesis, an example submicrometer crosslinked polyacrylonitrile (PAN) hollow colloid was used as a seed, a monomer mixture of styrene/divinylbenzene (St/DVB) was slowly added into the seed emulsion at high temperature to allow for polymerization. Synthetic methods towards JPs have been the focus of significant research. Most methods are lengthy and complex, owing in part to the complexity of the final structure. However, despite these challenges, many nanoscale Janus structures and synthetic techniques have been reported. For example, Schick et al. [27] fabricated monodisperse multifunctional and highly biocompatible Au@MnO JPs by a seed-mediated nucleation and growth technique that produced JPs of about 25 nm size (Fig. 3B). The metal oxide domain could be coated selectively with a thin silica layer, leaving the metal domain untouched. In particular, size and morphology of the individual (metal and metal oxide) domains could be controlled by adjustment of the synthetic parameters.

2.1.2. Composition

The dual nature of Janus nanoparticles allow for novel and complicated architectures, not only of size and morphology, but composition as well. It is of vital importance to understand the relationship between the
components of the colloidal building blocks and the potential value of single particles. In recent years, significant effort has been devoted to developing JPs with diverse components, reporting considerable progress towards this goal. This section describes recent studies on a variety of component designs of JPs, which can be generally grouped into three categories: polymeric, inorganic, and polymeric-inorganic. Following this, an individual discussion of each category with a number of select representative works from the most recent literature will be presented.

2.1.2.1. Polymeric Janus particles. Polymeric JPs have attracted extensive attention from both industrial and academic areas because of the soft nature of the polymer backbone and the easily tailored asymmetric structure, which allows controllable physicochemical properties; their application areas range from medicine, biochemistry and physics to colloidal chemistry [6,77]. Recently, various well established strategies have been reported for the successful fabrication of polymeric JPs, typically including phase separation, self-assembly, and microfluidic strategies. Recently, the phase separation method was demonstrated in a work by Ku et al., where they reported the synthesis of pH-responsive biphasic JPs consisting of polystyrene/poly(2-vinylpyridine) (PS/P2VP) homopolymers. Subject to the geometry and pH-dependent hydrophilic–lipophilic balance, the newly synthesized PS/P2VP JPs were also...

**Fig. 3.** The size of the Janus particles. (A) The synthesis of submicrometer Janus PAN/PS colloids and electron image. Reproduced with permission from Ref. [76]. Copyright 2010, American Chemical Society. (B) The synthesis of nanoscale (< 100 nm) Janus Au@MnO heterodimers and SEM image. Reproduced with permission from Ref. [27]. Copyright 2014, American Chemical Society.

**Fig. 4.** Fabrication of Janus nanoarchitectures with polymeric components. (A) Schematic illustration of the preparation of amphiphilic PS/P2VP Janus particles and a facile transformation of emulsion types achieved by adjusting the pH of the aqueous phase (bottom). Reproduced with permission from Ref. [78]. Copyright 2017, American Chemical Society. (B) Self-assembly of diblock copolymer polystyrene-b-poly(4-vinylpyridine) (PS-b-P4VP) by an emulsion solvent evaporation method for the synthesis of patchy Janus particles with P4VP protuberances on their surface. Reproduced with permission from Ref. [79]. Copyright 2015, American Chemical Society. (C) Fabrication of biodegradable bicompartmental spherical, discoid, and rod-shaped microparticles via an electrohydrodynamic co-jetting of poly(lactide-co-glycolide) (PLGA) polymer solutions. Reproduced with permission from Ref. [80]. Copyright 2010, Wiley-VCH.
able to control the reversible formation, breakage, and switching of Pickering emulsions. Moreover, the switchable behavior and the associated stabilization of the emulsions at different pH could also be regulated by varying the relative ratio between PS and P2VP (Fig. 4A) [78]. Self-assembly from diblock copolymer has also been approved to be very convenient to fabricate different types of polymeric Janus nanostructures. In a typical example, Deng et al. [79] presented the self-assembly of a diblock copolymer, polystyrene-b-poly(4-vinylpyridine) (PS-b-P4VP), by an emulsion solvent evaporation method to synthesize patchy JPs with P4VP protuberances on their surface (Fig. 4B), which are amphiphilic and of self-organization into superstructures. The ratio of P4VP/PS and thus, the Janus balance of the NPs, can be tunable by changing the block chain length ratio of the block copolymers. Within the P4VP domains, other species, including metallic and inorganic, are favorably grown to achieve the respective functional composite Janus NPs. In addition to the previously mentioned phase separation or self-assembly, microfluidic synthesis and electrodynamic co-jetting of polymer solutions have also attracted great attention in recent years [6,77]. The design of these co-jetting microfluidic synthesis methods can be tuned by controlling the various parameters of the polymer solutions, such as concentration, viscosity, and conductivity. Polymer JPs with different shapes, compositions, and compartmentalization can be achieved via this method. Fig. 4C shows work by Bhaskar et al. concerning the fabrication of biodegradable bicompartimental spherical, discoid, and rod-shaped microparticles via an electrohydrodynamic co-jetting of poly(lactide-co-glycolide) PLGA polymer solutions from organic solvents through the control of concentration and flow rate of the two PLGA jetting solutions [80].

### 2.1.2.2. Inorganic Janus particles

Inorganic JPs can be divided into two types: the first type is JPs containing two or more different inorganic components phases. The other type involves a single inorganic phase with a different surface or other physical/chemical properties. These have shown great potential in magnetic, optical, and catalytic applications [6]. Like those documented for polymeric JPs, the fabrication of inorganic JPs has also received extensive attention. Examples of the typical synthesis methods for inorganic JPs include surface controlled nucleation, immobilization method and metal evaporation, though there are many others [8,39].

In the reported literature, the composition of inorganic JPs is mostly common inorganic composition, such as silica, metal, metal oxide, etc. For example, Zhao et al. [81] constructed a multifunctional diblock and triblock mesoporous silica-based Janus nanocomposites, which contained a 1D mesoporous organosilicate nanorod and a closely connected dense SiO2 nanosphere located on one side of the nanorods, (Fig. 5A). Furthermore, the triblock mesoporous silica nanocomposites composed of a cubic mesostructured nanocube, a nanosphere with radial mesopores and a hexagonal mesostructured nanorod that can also be fabricated with the anisotropic growth of mesopores. The obtained asymmetric Au-NR@SiO2@EPMO mesoporous nanorods with ultrahigh surface area, unique 1D mesochannels and functional asymmetry can be used as an ideal nanocarrier for the controlled release of drug molecules using a near-infrared, photothermal trigger. Several articles have reported the deposition of SiO2 or metallic oxide onto gold nanorods. Silica (SiO2) is of special interest for deposition in patches on inorganic NPs, such as, SiO2 lobes on the Au nanorods. Rowe et al. [82] reported a method for controlling the morphology of SiO2-overcoated gold nanorods (SiO2-GNRs). The SiO2 shell uniformly coats whole GNRs or forms lobes on the ends of the Au nano-bipyramids depending on the concentration of tetraethoxysilane (TEOS) in the TEOS/ methanol (MeOH) solvent. The size of the SiO2 lobes can be controlled, but there is a minimum lobe size, below which full encapsulation is favored (Fig 5B). Zhang et al. [83] reported a facile wet-chemistry route that selectively coats crystalline ceria on the Au nanorods (Fig. 5C). These nanostructures can be achieved with the assistance of bifunctional potassium tetrachloroplatinate(II) (K2PtCl4), which can selectively adsorb on both ends of the Au NRs to trigger the autoredox reaction of the ceria precursor. The unique structure is favorable for the adsorption and activation of N2 molecules due to the

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**Fig. 5.** Fabrication of Janus nanoarchitectures with inorganic components. (A) Schematic illustration of degradation-restructuring induced anisotropic epitaxial growth for the synthesis of asymmetric diblock nanocomposites and TEM image. Reproduced with permission from Ref. [81]. Copyright 2017, Wiley-VCH. (B) Cartoon depicting proposed mechanism of lobe formation facilitated by MeOH. Reproduced with permission from Ref. [82]. Copyright 2018, American Chemical Society. (C) Schematic illustration of the synthesis process of Au/end-CeO2 nanostructure and electron image. Reproduced with permission from Ref. [83]. Copyright 2019, American Chemical Society.
oxygen vacancy (OVs) rich surface of grown ceria. The obtained Au/end-CeO₂ are an excellent catalyst for nitrogen photofixation under near-infrared (NIR) illumination. Beyond the above-mentioned inorganic Janus composites, Janus nanostructures have also been studied with other components, such as Au–TiO₂, Au–ZnO, Au–Fe₃O₄, Pt–Au Janus nanowire, etc.

2.1.2.3. Polymeric–inorganic Janus particles. Compared with polymeric and inorganic JPs individually, polymeric-inorganic JPs combine both the easy processing, flexibility and even environmentally responsive properties of organic components and the mechanical, magnetic, and photoelectric properties of inorganic counterparts [6]. For polymeric-inorganic JPs, the most widely used synthesis techniques are: emulsion polymerization, confined nucleation and growth and immobilization. Nagao et al. prepared monodisperse dumbbell-shaped hybrid Janus structures through a surfactant-free emulsion polymerization technique (Fig. 6A). This method consists of three steps of double surfactant-free emulsion polymerizations that take place before and after a heterocoagulation. In the first step, a surfactant-free emulsion polymerization covers the silica cores with cross-linked poly (methyl methacrylate) (PMMA) shells. Then, positively or negatively charged silica nanoparticles were heterocoagulated with the silica-PMMA core-shell particles. In the third step, surfactant-free polymerizations at different pH values were performed to produce a polystyrene bulge from the core-shell particles, supporting the charged silica nanoparticles [84]. Through a competing growth, the composite structure of inorganic silica and a resorcinol-formaldehyde (RF) resin Janus material has been reported (Fig. 6B) [85]. The Janus dendritic mesoporous silica (DMS)@RF nanoparticle displays a bonsai-like morphology which consists of a dendritic mesoporous silica unit and an RF sphere unit. Through tuning the polymerization rates of silica and RF, eccentric and concentric core-shell nanostructures have been successfully prepared. Notably, some heterogeneous hybrid Janus nanostructures have also been synthesized, such as Fe₃O₄-PS, ZnO-PS, PS-Fe₃O₄, PS-SiO₂, SiO₂-polymer, etc. [39].

2.1.3. Surface modification
Exploring the design of JPs, asymmetric surface chemistry can be obtained through the surface modification of isotropic particles. A common synthetic theme in surface modification is to protect part of the initial isotropic particles while selectively functionalizing of particles in the unprotected part of the area, (i.e. anisotropic part area over the whole particle surface). The theme often involves a masking step, where particles are temporarily trapped at the interface between two phases, such as a liquid–liquid or liquid–solid interface, exposing the two sides of a particle to different chemical environments [77]. This technique allows for the treatment of a specified portion of the particles’ surface, which lead to the formation of these complex structures.

With this strategy, the Janus particles are symmetric in shape but asymmetric in surface properties, due to the distribution of different functional groups over the particle surfaces. For example, the use of planar surfaces to mask a part of the particle surface has been used to synthesize metal/polystyrene and metal/silica JPs [65,86,87]. Maspoch et al. [88] made advances towards a general protecting strategy to synthesize porous metallic Janus metal-organic framework (MOF) particles, based on depositing MOF particles onto a planar surface, followed by the direct evaporation of metal components on the surface of the colloidal MOF crystals that had been exposed (Fig. 7A). Deng et al. [89] reported

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**Fig. 6.** Fabrication of Janus nanoarchitectures with polymeric-inorganic hybrid components. (A) Preparation of dumbbell-like asymmetrically polymeric-inorganic hybrid nanoparticle by grafting growth. Reproduced with permission from Ref. [84]. Copyright 2011, American Chemical Society. (B) Fabrication of dendritic mesoporous silica@resorcinol-formaldehyde (DMS-RF) Janus nanostructure via a competing growth mechanism. Reproduced with permission from Ref. [85]. Copyright 2017, American Chemical Society.
the fabrication of Janus polystyrene (PS) microspheres that were partially covered with ZnO nanowires (Fig. 7B). The area for ZnO growth on a microsphere can be tailored by varying the thickness of the polymer mask. The PS microspheres with carboxylate groups were immersed in an aqueous solution of ZnCl₂. This treatment of the microspheres beforehand with Zn²⁺ effectively improved the growth of ZnO nanowires on the microspheres. The conductivity of the polymer mask was also an important factor for obtaining uniformly distributed ZnO nanowires on the microspheres.

Surface modification can also be explained in other ways. Subsequent to the synthesis of JPs, these nanoparticles can be engineered and functionalized by incorporating different functional groups located at surfaces or through the modification of existing ligand. This allows for the inclusion of more complex and novel features to an unprecedented degree. For this purpose, Liu et al. [57] reported that the water-wettability of ionic liquids (ILs) can be used in the modification of JPs to easily incorporate new functionalities through a simple anion exchange (Fig. 7C). In this methodology, two different ionic liquids were added on opposite sides is unstable, the anions would easily exchange in the solvent. Therefore, the water-wettability of the particles was tuned by anion exchange of the ILs, which provided a facile functionalization of the snowman-like JPs. To design multifunctional nanoparticles, Zhang et al. [90] designed an elaborate multifunctional Au/Fe₃O₄@C Janus nanoparticles (JNPs), which underwent further selectively functionalized functionalization with amino-poly(ethylene glycol)thiol (NH₂-PEG-SH) (Fig. 7D). Their anisotropic surface properties and various functionalities, allow them to house several components for the detection and targeting of cancer cells.

On the whole, Janus particles can be functionalized in several different ways. One way involves the self-assembly of ABC triblock
polymers into particles consisting of the “B” chain, while the “A” and “C” sections remain accessible as surface functionalization [6,73]. Through careful manipulation of the functional group density in the polymers, it is possible to tune the amount of surface functionalization [91]. Another method is through the incorporation of appropriately functionalized monomers into the bulk of the particles to form handles on the surface of the particle, following curing. In this way, amino groups were successfully introduced to one hemisphere of the particle body, that was applied towards the binding of biotin to the particle surface [92]. Another work detailed the production of Janus materials using a seeded dispersion polymerization induced phase separation to leave only the desired functional groups in two distinct areas on the particle surface while maintaining spherical structure [93]. The functional monomers were not incorporated into the main sphere, but instead polymerized around solid polystyrene spheres in a highly controllable manner, allowing for the precise tailoring of surface functionality.

2.2. Synthetic method of Janus particles

Over the past few decades, various strategies have been reported for the successful synthesis of Janus materials, including: phase separation, self-assembly, surface nucleation and seeded growth, toposelective

| Fabrication methods                  | Compositions       | Morphologies   | Schematic  | Size           | Ref   |
|--------------------------------------|--------------------|----------------|------------|----------------|-------|
| Phase separation                     | PS-P2VP            | Dumbbell       |            | Nanoparticles  | [78]  |
|                                      | PtBA/PS            | Hamburger,     |            | Nanoparticles  | [95]  |
|                                      | PLLA/PS            | Spherical      |            | Nanoparticles  | [96]  |
| Immobilization                       | SiO₂–Au            | Spherical      |            | Nanoparticles  | [87]  |
|                                      | SiO₂–PS            | Snowman        |            | Nanoparticles  | [97]  |
|                                      | ZnO–PS             | Irregular      |            | Microparticles | [89]  |
| Surface-controlled nucleation and growth | silica@RF         | Bonsai-like    |            | Nanoparticles  | [85]  |
|                                      | Au–SiO₂            | Octopus-type   |            | Nanoparticles  | [17]  |
|                                      | Au–Fe₃O₄           | Dumbbell       |            | Nanoparticles  | [98]  |
| Self-assembly                        | PS-PI-PMMA         | Irregular      |            | Nanoparticles  | [99]  |
|                                      | PS-b-P4VP          | Raspberry      |            | Nanoparticles  | [79]  |
|                                      | PS-b-P4VP          | Irregular      |            | Nanoparticles  | [100] |
| Microfluidics                        | Poly(lactide-co-glycolide) | Discoid, rod, Spherical | Microparticles | [80]  |
|                                      | PNIPAAm-SPO-fluorophore-PMBA | Snowman |         | Microparticles | [101] |
|                                      | PNIPAAm-SPO         | Snowman        |            | Microparticles | [102] |
| Emulsion polymerization              | SiO₂-polymers      | Core-shell-corona | Nanoparticles | [103] |
|                                      | PVDF/P(St-co-tBA)  | Raspberry      |            | Nanoparticles  | [104] |
|                                      | TPGDA/DMS          | Snowman        |            | Microparticles | [105] |
Fig. 8. The construction of Janus particles by surface nucleation and seeded growth method. (A) The synthesis illustration of Au@PMO Janus, Au@PMO yolk-shell, and Au@PMO/mSiO$_2$ yolk-double shell nanostructures. Reproduced with permission from Ref. [108]. Copyright 2016, Royal Society of Chemistry. (B) TEM images of single nanoparticle obtained at different reaction times and schematic illustration of the formation of rod-like Janus AuNR@PMO nanoparticles. Reproduced with permission from Ref. [109]. Copyright 2017, Royal Society of Chemistry. (C) Synthesis of UCNP@SiO$_2$@mSiO$_2$@PMO Janus mesoporous silica nanocomposites by an anisotropic island nucleation and growth method. Reproduced with permission from Ref. [47]. Copyright 2014, American Chemical Society.
surface modification (immobilization), microfluidics, Pickering emulsions interfacial synthesis, etc. [6,39,94] Not surprisingly, many reviews have summarized the synthesis methods of Janus. In order to provide a different outlook, we will summarize the synthesis methods of Janus used in recent years and highlight the most common methods. Table 1 summarizes the typical fabrication methods, compositions, particle size and morphologies of a number of representative Janus structures.

Of all the methods, surface nucleation and seeded growth is the most prevalent method for the construction of JPs, especially for the complex morphologies. The anisotropic growth of JPs is affected by the total surface energy change function, which can be represented by equation (1):

\[ \Delta \sigma = \sigma_{1,2} + \sigma_{2,3} - \sigma_{1,3} \]  

Where \( \Delta \sigma \) refers to total Gibbs free energy change, \( \sigma_{1,2} \) represents the interfacial energy between the initial nuclear component (1) and second component (2), \( \sigma_{2,3} \) and \( \sigma_{1,3} \) are the surface energies of the two components in solvent [106,107]. According to this equation, the JPs grow homogeneously or heterogeneously depending on the energy barrier on the surface of the system. If the variation in the total surface is positive, the system induces the formation of the asymmetrical structure. On the contrary, if \( \Delta \sigma \) is negative, component (2) isotropically coats on the component (1) surface to form a symmetrical structure. For this purpose, by adjusting the reaction parameters (temperature, surfactant, solvent), the growth mode of the system can be changed from Frank-van der Merwe mode to a Volmer-Webber mode, resulting in the formation of Janus nanostructures instead of core-shell structures [47,107]. Through a competing growth, a novel Au&periodic mesoporous organosilica (PMO) Janus nanostructure has been prepared (Fig. 8A) [108]. In this method, Au&PMO Janus, Au@PMO yolk-shell and Au@PMO/m-SiO₂ yolk-double shell nanoparticles, can be obtained by using Au@SiO₂ nanoparticles as seeds and using NH₃⋅H₂O as the basic catalyst and etching agent. Through controlled nucleation and growth, Zhang et al. [109] reported a monodisperse rod-like Janus AuNR@PMO nanostructures with precisely controlled morphology, such as fingerprint- and horsebean-like structures (Fig. 6B). In the synthesis, the seed-shape of PMO was determined by the shape of Au nanoparticles. Adjusting the system environment (temperature, surfactant, solvent), caused further
polimerization of the organosilica to grow on the nucleation site that had been formed beforehand through the classical Volmer-Weber island growth mode, resulting in the formation of a variety of shaped AuNR@PMO Janus nanostructures, rather than the core-shell nanostructure. Using a novel anisotropic island nucleation and growth approach, shown in Fig. 8C, Zhao et al. [47] successfully synthesized dual-compartment Janus m-silica nanocomposites UCN-P@SiO2@mSiO2–PMO (UCNP referred to upconversion nanoparticle, NaGdF4:Yb,Tm@NaGdF4) and UCN@SiO2@mSiO2–PMO nanoparticles, by varying the volume ratio between H2O and ethanol in the synthesis mixture. In the typical synthesis, core/shell UCN@SiO2 nanoparticles was first prepared as seeds, and then used with two different silanes as the precursors for the formation of the different domains of the heterodimer JPs. The synthesis strategy of anisotropic growth-induction may open new directions to construct complex Janus nanostructures with tailored properties [17,110].

Furthermore, Janus particle synthesis is often reliant upon the differences in surface tension between the would-be particles and surrounding solvent in order to form certain shapes [73]. In fact, the exploitation of surface tensions between the solid nanoparticles, “soft” polymer droplets and the liquid solvent is most often used to form asymmetric particle shapes [111–114]. The asymmetric nature occurs during the synthesis because as the interfacial tensions between this tri-phasic system increases with the maturity of the polymerization reaction, the solid nanoparticle and polymer surface begin to dewet [112], thus form asymmetric particles rather than spheres as a core@shell system.

3. Janus particles in biomedical applications

3.1. Janus particles for drug delivery

In the field of drug delivery, materials like mesoporous silica (or carbon) nanoparticles [115–119], core-shell nanoparticles [120–122], hollow structured nanoparticles [123–125], have been widely used as drug carriers for cancer therapy in research. However, it is challenging to realize combined therapy with loading multidrugs on these materials, due to their symmetrical structure and limited storage space. Even when multidrugs are simultaneously loaded in the storage space, drugs with different chemical properties (e.g., hydrophobic/hydrophilicity, acidity/basicity, etc.) will react with each other and the independent release of each drug is almost impossible to control [4]. In contrast, JPs are composed of two or more compartments that are anisotropic in nature. This makes them ideally suited for multidrug loading or modification with diverse functional molecules for separate drug release [47,48,126–130], or cancer therapy [4,17,131–134].

The intensive research of these materials as drug carriers is due to their anisotropic properties [15,18,48,135], and selectable drug release triggers like: pH [14,15], temperature [136], light [137] or two of them [17,18,47,48]. For example, Li et al. [47] fabricated Janus mesoporous silica nanocomposites (UCNP@SiO2@mSiO2–PMO) composed of distinguished, domains of hydrophilic composites (UCNP@SiO2@mSiO2–PMO and the hydrophobic component (PMO) (Fig. 9A). The hydrophobic paclitaxel and hydrophilic doxorubicin (DOX) were used as model drugs, which were successfully loaded in the independent mesopores of the JPs, due to the anisotropic composition. Furthermore, the release of each drug was triggered independently by heat and NIR light, following modification with azobenzene (Azo) (light sensitive) and 1-tetradecanol (heat sensitive). The dual-drug loaded JPs achieved higher cancer cell destruction efficiency (more than 50%) than that of the single-triggered drug delivery system (~25%). Similarly, Zhang et al. [48] designed poly(3-caprolactone)-gold nanocage/ferric hydroxide-poly(acrylic) acid (designated “PCL-AuNC/Fe(OH)3-PAA”) JPs, with two distinct domains for the loading of hydrophilic doxorubicin (DOX) and hydrophobic drug, docetaxel. The drug loaded PCL-AuNC/Fe(OH)3-PAA JNPs displayed enhanced tumor inhibition over the individual drugs. Wang et al. [4] synthesized Janus nanocomposites (SJNCs) of polystyrene/Fe3O4@SiO2, composed of a PS core and a half silica shell with iron oxide nanoparticle embedded in its matrix (Fig. 9B). The PS and Fe3O4@SiO2 surfaces were functionalized with carboxyl and hydroxyl groups, respectively. The PS surface was modified with folic acid (FA) for the recognition of cancer cells that overexpress folate receptors and the silica shell was used for the loading of anticancer drug DOX via a pH-sensitive hydrazone bond that controlled the drug release. The hydrazone bond would be stable during bloodstream circulation (pH 7.4), inducing the release of DOX after exposure to the acidic endosomal compartment (pH 4.5–6.5). Thus ensuring only tumor cells would be exposed to the high concentrations of DOX and reduce any side-effects, inducing significant cancer cell death.

Zhang et al. [17] constructed octopus-type PEG-Au-PAA/mSiO2–LA Janus NPs (PEG-OJNP-LA) by using Au@poly (acrylic acid) (PAA) JNPs as templates to grow a mesoporous silica (mSiO2) shell on the PAA unit and Au branches on the Au component, in addition to being separately modified with lactobionic acid (LA) for tumor-specific targeting and
methoxy-poly(ethylene glycol)-thiol (PEG) for improved stability (Fig. 9C). The synthesized PEG-OJNP-LA exhibited high loading efficiency for DOX and possessed pH and NIR dual response release properties. Furthermore, DOX-loaded PEG-OJNP-LA presented higher toxicity at the cellular and animal levels than chemotherapy or photothermal therapy alone.

3.2. Janus particles for bio-imaging

Cell-based therapies (like cancer immunotherapy or stem-cell therapy), chemotherapy or photothermal therapy have received considerable attention in oncological research [138–140]. These therapeutic strategies often require imaging technologies to track the therapeutic cells or tissues in real time. OI, CT and MRI are commonly used imaging modalities, though these techniques are not without limitation. For example, OI presents poor spatial resolution and tissue attenuation [141], CT and MRI are only efficient in detecting tumors larger than 0.5 cm and show low sensitivity [142,143]. Therefore, developing a nanoplatfrom to combine different functional materials into a single unit, capable of diverse composition and surface chemistry, has been shown to exhibit excellent performance in multimodality imaging [27,50,144,145]. One such work by Schick et al. [27] synthesized Au@MnO@SiO2 JPs, which show great potential as a multifunctional platform for fluorescent tracking, MRI (MnO domain), and CT (AuNP face) imaging. Song et al. [145] constructed Fe3O4@semiconducting polymer JPs for cell tracking by multimodal imaging, especially magnetic particle imaging (MPI) (Fig. 10). MPI is a novel imaging modality that directly detects iron oxide nanoparticles by time-varying magnetic fields, rather than indirectly via MRI signal dropouts. This technique allows for high depth penetration, linear quantitation, low background, etc. compared with existing modalities. The authors synthesized iron oxide nanoparticles (IONPs) that exhibited higher MPI signals (effected by the size and crystal of IONPs) than the commonly used superparamagnetic iron oxide nanoparticles. These IONPs were then encapsulated with fluorescent semiconducting polymers to form Fe3O4@semiconducting polymer JPs, which simultaneously possessed optical and magnetic properties for MPI and fluorescence imaging. The results demonstrated that these JPs for MPI presented high sensitivity and unlimited tissue penetration towards in vivo cell
tracking, compared with MRI and fluorescence imaging.

In addition to multiple imaging functions, JPs containing materials with strong ultraviolet (UV) or near-infrared (NIR) absorption are playing vital roles on imaging-guided phototherapy [142,146,147]. For instance, Ju et al. [142] successfully synthesized Au–Fe2C JNPs with broad absorption in the near-infrared range for photothermal therapy and multiple model imaging (Fig. 11A). Due to the special composition, Au–Fe2C JNPs were demonstrated to be excellent contrast agents for triple-modal MRI/multispectral photoacoustic tomography (MSOT)/CT imaging, which provided more integral information for precise diagnosis. Additionally, an antibody protein (ZHER2:342) modified Au–Fe2C JNPs (Au–Fe2C–ZHER2:342) selectively targeted HER2 tumor cells and showed more accumulation and deeper penetration than non-targeting JNPs, resulting in the ablation of tumors without side-effects. The results indicated that Au–Fe2C–ZHER2:342 had great potential as a multifunctional nanoplatform for efficient photothermal therapy as well as triple modal imaging in clinical situations.

Single-modality cancer treatments, such as photothermal therapy, chemotheraphy, external radiotherapy, and radio frequency ablation, show limited efficacy and remain unsatisfying [131,148–150]. A combination of different therapies, therefore, is a facile method of synergistic treatment. The JPs can be designed with anisotropic materials composed of photoactivators, radiosensitizers or a mesoporous structure for drug loading, while the previous section showed these materials can also serve as effective contrast agents. Recent studies have demonstrated that JPS can combine multiple therapeutic strategies and imaging capability for synergistic cancer therapy [5,49]. For example, Li et al. [5] designed ternary Janus nanoparticles composed of mesoporous MnO2 at one side and an Au core covered with a CuS shell at the opposite side (designated as CuS–Au–MnO2 ternary JNPs), towards imaging-guided synergistic chemotheraphy and photothermal therapy (Fig. 11B). MnO2 segments can serve as drug carriers and MR imaging contrast agents. The Au domain showed strong X-ray absorption and is an ideal contrast agents for CT imaging. Meanwhile, the CuS shell presented strong absorption in the NIR, which is suitable for realizing photothermal conversion. After modification with PEG, CuS–Au–MnO2 ternary JNPs demonstrated excellent biocompatibility. Finally, celastrol (CST)-loaded PEG-Cu-S-Au-MnO2 ternary JNPs exhibited high chemo-photothermal antitumor efficacy, both in vitro and in vivo under the guidance of CT/MR imaging.

3.3. Janus particles for bio-sensing

Biosensors that are capable of multiple functions, i.e. simultaneous detection of many diverse analytes and that also display separation, enrichment, signal transduction characteristics, have attracted increasing attention [151–156]. Considerable effort has been made to construct multiple nanostructures with multifunctional properties, such as core-shell particles [122,157–163]. However, additional coatings or modification will decrease these specialist properties. In contrast, the unique morphology of JPs make superior candidates for multifunctional biosensor construction. Recently, a variety of JNPs have been reported as biosensors for biomolecular detection [164,165]. For example, Lu et al. [164] fabricated a multifunctional biosensing platform composed of hematite-silica hybrid of Janus γ–Fe2O3/SiO2 nanoparticles (JFSNs) for sensitive colorimetric detection of glucose (Fig. 12A). The JFSNs presented excellent peroxidase-like catalytic activity, due to the magnetic particle acting as a nanozyme that possesses an intrinsic peroxidase-like activity. Besides, the presence of SiO2 facilitates the immobilization of glucose oxidase (GOx). Following which, the GOx-loaded JFSNs had both glucose oxidase-like and peroxidase-like activity. In one system containing tetramethylbenzidine (TMB), the material achieved fast, sensitive and colorimetric detection of glucose with high selectivity and reproducibility. Meanwhile, the biosensor exhibited an excellent capability for determination of glucose in serum. Su et al. [165] synthesized Janus PMO/Carbon spheres as a matrix of laser desorption/ionization mass spectrometry (LDI MS), which enhanced LDI MS detection of both hydrophobic and hydrophilic molecules due to its anisotropic properties. After loading silver particles, the JNPs simultaneously enabled direct diverse metabolites detection in serum without treatment beforehand, due to the selective LDI process caused by the nanoparticles. Other JNP materials have been used to construct immunosassays for macromolecule detection [33,51]. One such work by Han et al. [33]
synthesized retroreflective Janus microparticles (RJPs) for the analysis of cardiac troponin I (cTnI), an acute myocardial infarction (AMI)-specific biomarker (Fig. 12B). The RJP biosensor was designed by coating a highly reflective layer of Au on one hemisphere of silica particles. The Au hemisphere was subsequently modified with an antibody for the capture of cTnI. The retroreflective detection signals from RJPs were distinctly recognized as shining dots. As the concentration of cTnI increased as a result of the immune response, more shining dots were observed. On the basis of retroreflective immunosensing system, cTnI was detected with high sensitivity. Moreover, Sheng et al. [51] developed a magnetic encoded Janus microbead-based array with a gold “nanoisland” shell to enhance the fluorescence signals, making use of the local surface plasmon resonance (LSPR) properties of gold to achieve a highly sensitive multiplex immunoassay for various proteins.

Besides biomolecular analysis, JPs are playing vital roles for T cell activation [52,166] and bacteria detection [16]. T cell activation is an important step in immunotherapy, as activated T cells can recognize and attack cancer cells. However, most reported methods hardly realized control the signaling with single-cell precision [167,168]. To address this problem, Lee et al. [52] designed magnetic Janus microparticles to control of T-cell activation with the sought after single-cell precision (Fig. 13A). The functional JPs were constructed by coating a thin magnetic nickel layer on one hemisphere and modifying an anti-CD3 antibody (that binds to the T cell receptor, triggering T-cell activation) on the silica hemisphere. Confirmation of T cell activation was quantified by measuring the concentration fluctuation of intracellular Ca\(^{2+}\) ions. Overall, the biosensing platform achieved remote control of single T cell activation by taking advantage of the unique magnetic response of JPs. Zhang et al. [16] reported Janus-based emulsion assays with carbohydrate-lectin binding for the detection of Escherichia coli, which can cause serious illnesses and even death (Fig. 13B). The Janus droplets would orient in a vertical direction as a result of the different densities of the two hemispheres. After the addition of Escherichia coli strains that express the mannose-specific lectin, the bacteria would bind to surface of the Janus droplets, which were modified with mannose, causing agglutination and a tilted geometry of the particles. The naturally aligned and agglutinated Janus droplets produced distinct optical signals, which can be detected quantitatively by a smartphone relying on the readable quick response (QR) code distance that varied with ConA concentration. The Janus emulsion assay offers simplistic preparation, long-term stability and exhibits high sensitivity and specificity for Escherichia coli detection. Compared with current methods for bacterial detection, like surface...
plasmon resonance (SPR), the polymerase chain reaction (PCR) and immunoassays, this biosensing assay is quicker, cheaper and portable.

JPs can be designed for pathogenic *Escherichia coli* bacteria capture and detection. In turn, non-pathogenic *Escherichia coli* has been used to apply JPs to the construction of self-propelled micromotors [169]. Nano- or micromotors are inspired by natural motility, such as the motion of sperm, bacteria, or molecular motors, and are promising materials in a plethora of biomedical applications; ranging from biomolecular detection to drug delivery and microsurgery [53,54,170,171]. In comparison with other types of motors, JPs possess an anisotropic structure with distinct chemical or physical properties that allow for easy modification. Recently, many reports have showed that Janus micromotors exhibit excellent performance or great potential in biomedical applications [53,54,172,173]. For example, Jurado-Sánchez et al. [53] fabricated magnetocatalytic hybrid Janus micromotors encapsulating phenylboronic acid (PABA), that was in turn modified with graphene quantum dots (GQDs) for the detection of deadly bacteria endotoxins (Fig. 14A). The magnetic Fe3O4 NPs and Pt NPs with intrinsic peroxidase-like activity, were loaded on one side of the Janus body. In the presence of hydrogen peroxide and a suitable magnetic field, the micromotor was able to actuate using bubble propulsion or magnetic actuation. PABA served as a highly specific receptor for the recognition of endotoxin. After the target endotoxin was captured, the target interacted with GQDs that produced fluorescent quenching. The Janus micromotor displayed rapid and highly specific detection for deadly bacteria endotoxins, demonstrating considerable promise for more diverse clinical applications. Chen et al. [54] constructed self-destructing Mg/ZnO, Mg/Si, and Zn/Fe transient Janus micromotors that were able to autonomously disassemble in biological media after finishing their task (Fig. 14B). Magnesium (Mg), zinc (Zn), iron (Fe) and silicon (Si) are promising candidates for transient devices toward construction of self-destructible micromotors. Mg, Zn, and Fe are essential elements of human body and the final dissolved products are harmless to the in vivo surroundings. The Mg/ZnO, Mg/Si, and Zn/Fe Janus micromotors were driven by the bubbles produced by Mg-water, Zn-acid or Fe-acid reactions. The degradation of these materials relies on different corrosion rates of their core-shell components. The Mg- and Zn-based micromotors exhibited efficient bubble propulsion as well as controllable degradation rates. Further to this, the Zn-based micromotors showed high hemocompatibility and moved efficiently in biological fluid. These transient Janus micromotors offer considerable promise for diverse biomedical applications.

From the above cases, we conclude that JPs display remarkable performance in drug delivery, bio-imaging, and bio-sensing, suggesting great potential in constructing multifunctional systems for biomedical applications.

![Fig. 14. Janus particles constructed self-propelled motors. (Aa) Bubble propulsion and optical microscopy images of the Janus micromotors before and after the addition of the lipopolysaccharide, (Ab) asymmetry and Janus character of the micromotors, (Ac) optical microscopy image showing the fluorescence intensity of moving and static micromotors. Reproduced with permission from Ref. [53]. Copyright 2017, Wiley-VCH. (Ba) Fabrication of Janus micromotors: particles were spread on a glass substrate followed by sputtering of shell materials and release, (Bb) design of Mg/ZnO Janus micromotors, (Bc and Bd) microscope images of the propulsion and degradation of a typical Mg/ZnO Janus micromotor in 0.5 M NaHCO3 solution at 0.5 and 18 min, respectively, (Be) SEM image of a typical Mg/ZnO Janus micromotor, and (Bf) microscope images of the propulsion and degradation of a typical Zn/Fe Janus micromotor in simulated gastric acid at 1 and 7 min, respectively. Scale bars for Bc-Bf, 80 μm; for Bg and Bh, 20 μm. Reproduced with permission from Ref. [54]. Copyright 2016, American Chemical Society.](image-url)
4. Conclusion and outlook

This work explored the design strategies towards morphology, particle size, composition, and surface modification, which in turn affect the performance of JPs. Then, a review of the synthetic approaches for the preparation of JPs was conducted, highlighting surface nucleation and seeded growth method that appears to be the most popular method. Finally, we discussed the application of JPs in the biomedical field, including drug delivery, bio-imaging, and bio-sensing. Janus particles have attracted increased attentions for biomedical applications, exhibiting superior performance over existing technologies. Compared with isotropic polymer particles (like nano/microgels, hybrids etc.) or inorganic particles (like carbon, metals etc.), Janus particles are composed of two or more domains with anisotropic compositions and independent functions. Although individual components combine and coexist together in a single-particle system, the intrinsic physical and chemical properties of each domain are seldom altered or lost. So Janus particles as drug carriers can simultaneously realize multiple drugs (especially with opposite properties) loading and achieve synergistic therapeutic effect. If drug carriers can simultaneously realize multiple drugs especially with optical/electrical/magnetic properties as contrast agents can be used for multimodal bio-imaging, combining with drug loading and realizing imaging-guided therapy. And Janus particles as biosensor can simultaneously detect many biomolecules, also can be used for the construction of self-propelled motors, achieving self-target drug delivery and cancer therapy.

On the whole, the novel anisotropic morphological structure has given Janus nanoparticles broad application prospects in many fields, not only biomedicine but also optics and catalysis. Despite these particles finding applications that allow them to begin to establish themselves, there are still considerable improvements to be made in terms of the currently manifested overly complex synthetic procedures and small scale production of Janus particles. Although various methods have been developed to synthesize Janus nanoparticles, more effort needs to be made towards simpler, larger scale production before these materials can be considered for industrial usage. The full realization of the potential these materials hold, cannot be explored before either of these problems has been solved as further application advancement is, while certainly within scientific interest, not a defining problem; in fact, the promise of these materials means that their tailored uses are myriad and their future, bright. From a materials science perspective, it is of the utmost importance to determine a set of theories and methods to direct and develop the synthesis of Janus particles. In this way, further research and iteration of existing methodology could provide the answers we seek, while allowing us to explore the novel physical and chemical properties that Janus materials are capable of offering.

Although JPs are playing irreplaceable roles in biomedical field, several major issues related biomedical applications still exist and require addressing. First, for drug delivery and bio-imaging in vivo, JPs retains the issues of biodegradability and toxicity. Developing Janus particles with biodegradable and low-toxic materials (Mg/ZnO etc.) that can dissolve harmlessly into their surroundings after completing any desired purpose, would represent a very powerful tool in this field. Besides, non-porous and non-spherical JPs often exhibit limited drug loading efficiency and poor therapeutic effect. Designing biocompatible JPs with porous or hollow structure is an important method to improve drug loading capacity. Meanwhile, constructing JPs that can simultaneously serve as contrast agents and drug carriers is a promising direction for realizing real-time monitoring and enhancing therapeutic effect. Moreover, Fabricating JPs composed of noble metal particles with catalytic activity exhibits a great potential in cancer therapy. Such as, Pt NPs possessing peroxidase-like activity can catalyze intratumoral H2O2 to O2 and enhance sonodynamic therapy. The JPs constructed by Pt as drug carrier, will realize synergistic therapeutic effect in cancer therapy. Second, although Janus motors especially powered by enzymes, serving as biosensors present outstanding performance in biomolecules detection, drug delivery and targeted therapy, their performance may be compromised if faced biological media with complex components that will affect the speed of JPs. Moreover, it still remains a great challenge to simultaneously control the movement and direction of JPs. The fabrication of Janus motors by utilizing synergistic effect via combining enzyme catalytic reaction with an additional function such as light/thermal/magnetic has been developed for enhancing speed and controlling direction, which may be an important direction for the construction of next generation Janus motors. Third, it has been observed in many published papers that Janus particles present superior performance as drug carriers, contrast agents or biosensors compared with conventional uniform particles, however, little is known about the mechanism of how Janus particles work. With the rapidly increasing interest in these particles, it is necessary to understand the working mechanism of how the surface and structural anisotropy of JPs interact with the biological systems and affect biological functions. The fundamental understanding will drive the design of JPs, benefiting JPs’ biomedical applications.

Briefly, from the design, preparation and biomedical applications, the morphology, particle size, composition, and surface modification will affect the JPs applications, and some well-controlled methods synthesized JPs present great performance in drug delivery, bio-imaging and bio-sensing compared to conventional uniform particles. Although fascinating advances on JPs biomedical applications have been witnessed. Some challenges still exist in developing simple and large-scale fabrication strategies, constructing biodegradable and low-toxic JPs with high drug loading capacity, designing JPs with both self-propelled and self-controlled properties as well as understanding the work mechanism of JPs. All the above undoubtedly have a long way from being addressed. Here, we hope that this review will provide better understanding of the design and preparation of JPs, while stimulating further interest in expanding the litany of biomedical applications.

Declaration of competing interest

We declare that we do not have any commercial or associative interest that represents a conflict of interest in connection with the work submitted.

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