Solitons are one-dimensional wave-packets that propagate with neither change of shape nor loss of energy. They are a consequence of non-linearities that balance wave-packet spreading due to dispersion. They appear in numerous physical systems such as water waves, optical fibers, plasmas, acoustic waves or even in energy propagation along proteins. Solitons are also observed in ultracold quantum gases. In this context, matter-wave bright solitons are Bose-Einstein condensates that remain bound thanks to mean-field attractive interactions in a one-dimensional geometry.

Matter-wave bright solitons are predicted to be a great tool to locally probe rapidly varying forces for example close to a surface, or probe (surface) bound states which do not appear in linear scattering. For example, the small size of bright solitons has been used in the measurement of quantum reflection from a barrier. Because of their dispersion-free propagation, bright solitons are also believed to be good candidates for performing very long time atom interferometry measurements although interactions may cause additional phase shifts. Recently, an experiment demonstrated an increased visibility for a soliton atomic interferometer as compared to its non interacting counterpart. The interactions in solitons can also lead to squeezed or entangled states, which could improve the sensitivity of interferometric measurements beyond the shot noise limit. In some cases, the formation of mesoscopic Schrödinger cat states or NOON states is predicted. A problem in using these states is losses, such as three-body collisions, which are an intrinsic source of decoherence. They can also induce unusual soliton center of mass dynamics.

Experiments producing and studying matter-wave bright solitons, despite their interest in both applied and fundamental physics, have remained scarce. In fact, only two elements have been turned into bright solitons, $^7\text{Li}$ and $^{85}\text{Rb}$. In this paper, we describe the production of $^{39}\text{K}$ solitons in the $|F = 1, m_F = -1\rangle$ state using the Feshbach resonance at 561 G and its associated zero-crossing of the scattering length at 504.4 G. We have optimized the setup in order to produce strongly bound solitons, i.e., solitons with a large negative interaction energy. We thus produce very dense solitons close to the threshold for collapse. We observe significant three-body losses with peak density up to $5 \times 10^{20} \text{m}^{-3}$. We study the three-body loss rate as a function of the scattering length $a$ on both sides of the zero-crossing. The observed strong variations of loss rates are well explained by a simple mean-field model that predicts variations of the size of the condensates or solitons and assumes a constant three-body loss coefficient $K_3$, yielding $K_3 = 1.5(6) \times 10^{-41} \text{m}^6\text{s}^{-1}$. We are able to reach a regime where the interaction energy of the soliton exceeds its center of mass kinetic energy, and where the atoms are predicted to behave collectively in scattering.

The creation of potassium bright solitons is based on the all-optical production of $^{39}\text{K}$ Bose-Einstein condensates. A crucial ingredient allowing an efficient direct loading of the optical trap is the gray molasses cooling of potassium. Evaporative cooling is performed...
condensates with up to 4 energetic atoms fall under gravity. We obtain almost pure final evaporation is performed by lowering the power of to provide a weak longitudinal confinement (44 Hz). The second one at 1550 nm with a waist of 150 \(\mu\)m (radius \(a_{\text{f}}\)) permits a strong radial confinement while the first one at 1064 nm with a waist of 150 \(\mu\)m is used to provide a weak longitudinal confinement (44 Hz). The final evaporation is performed by lowering the power of the 1064 nm beam down to 56 mW such that the most energetic atoms fall under gravity. We obtain almost pure condensates with up to 4 \(\times 10^4\) atoms. The radial trap is then recompressed up to a power of 117 mW to form an elongated trap, whose frequencies are measured through parametric oscillations to be 195 Hz \times 195 Hz \times 44 Hz.

The initial step to produce solitons consists of modifying the scattering length by changing the magnetic field value. This is done in two steps, first to 507 G in 150 ms approaching the zero-crossing from the positive side and then to 501.3 G in 400 ms, where the scattering length \(a = -1.5(2) a_0\) is then negative (see figure 1). The condensate then shrinks and forms the solitons. The ramp times are relatively long compared to the inverse of the longitudinal trapping frequency, preventing the condensate from being excited. Figure 2 shows the propagation of solitons in the 1064 nm optical trap, when the longitudinal confining beam is switched off. The longitudinal potential has been characterized in detail. It has an anti-trapping curvature \((i \times 1.9\) Hz) which mainly originates from the bias magnetic field curvature. The acceleration at the release point can be varied at will by introducing a weak magnetic field gradient along the trapping beam with an auxiliary coil. In figure 2 we observe the characteristic absence of dispersion for the solitons during the 250 ms propagation time. Their center of mass is moving by about 1 mm along an hyperbolic trajectory because of a 5 mm.s\(^{-2}\) acceleration at the release point.

Images are taken by fluorescence imaging after the following sequence. The optical trap is first switched off abruptly. After 7 ms of expansion, the magnetic field is switched off. At this time, the gas is already in a ballistic regime and is sufficiently diluted to avoid losses while crossing the lower field Feshbach resonances. An additional delay of 15 ms permits the eddy currents to damp. The four horizontal beams from the magneto-optical trap cooling laser, tuned to be on resonance with the optical transitions, are then shined on the atoms and their fluorescence signal is collected from above during 100 \(\mu\)s and recorded with an EMCCD camera (Andor iXon). The duration of the imaging pulse is chosen to optimize the signal without introducing too high blurring. The overall resolution is then 15 \(\mu\)m, which exceeds the in-situ micrometer size of solitons as well as their size after 22 ms expansion. Over the 250 ms of propagation, the longitudinal sizes of the solitons are given by this resolution limit.

The initial atom number in our solitons is typically \(6 \times 10^3\), a number which is well below the initial condensate atom number \(N = 10^6\). Actually, the atom number also decreases by an additional 25% during the 250 ms propagation time. This is a consequence of three-body losses whose rate increases with the density when the scattering length is reduced toward zero or negative values, and which will be studied in more details below. Note that such important three-body losses lead to a stabilization of the atom number in the solitons and we see no significant difference in soliton atom number when the initial atom number is decreased by a factor two.

The calibration of the scattering lengths is based on the measurement of the longitudinal expansion of a condensate when varying the current flowing through the Feshbach field coils. In practice, the zero-crossing of the scattering length is spotted when the longitudinal expansion of the gas corresponds to the one of a condensate, interacting solely via the dipole-dipole interaction (whose effect is small although non-negligible in our case \[42\]). We then rely on the scattering model from \[32\], to deduce all magnetic field values and their corresponding scattering length. The scattering lengths are calibrated with an accuracy of 0.2 \(a_0\) in the region of interest, i.e., close to the zero-crossing.

We observe the non dispersive propagation of solitons only in a relatively narrow region of scattering lengths. For \(a \geq -0.9(2) a_0\), the condensate expands because of the initial confinement energy. For \(a \leq -2.15(20) a_0\), we observe a collapse. With about \(4.5 \times 10^3\) atoms this corresponds to a value of the parameter \(N|a|/\sigma_\rho = 0.45(10)\), where \(\sigma_\rho = \sqrt{\hbar/m\omega_\perp}\) is the radial harmonic oscillator length. Theoretically, the limit of stability is \(N|a|/\sigma_\rho = 0.027\) in the absence of longitudinal confining potential \[43\]. Our observed slightly smaller value can be explained by important three-body losses during the formation of the soliton and prior to its observation close to the collapse (see below). Note that, when we encounter a collapse, we observe the disappearance of all condensed atoms. This is in contrast with recent experiments done in 3D Bose-gases trapped in a box potential \[44\].

We now study the losses as a function of the magnetic field or equivalently as a function of the scattering length. We focus our study in the region where the scat-
tempering length is varied from \(24a_0\) to \(-2a_0\). For a fixed value of the magnetic field, we observe the decrease of the atom number as a function of a waiting time at the end of the preparation sequence. A typical decay curve is plotted in figure 3. We intentionally stop our analysis after 3 seconds such that most atoms remain in the condensate and not to be fooled by thermal atoms. On this time scale, it is difficult to discriminate the nature of losses. We have measured a 30 s one-body decay time, and such losses are negligible. As we are not in the absolute ground state, two-body relaxations are energetically allowed. Nevertheless, they do not conserve the total spin and require dipole-dipole interaction. Their rate is thus expected to be small as compared to the three-body loss rate [46]. The atom decay curves are thus experimentally fitted using the loss equation

\[
\dot{N} = -\beta N^3
\]  

with constant \(\beta\). We observe in figure 4 that the fitted \(\beta\) coefficient strongly varies as a function of the dimensionless parameter \(Na/\sigma_p\). As we explore only a small region in magnetic field, the variation of the loss rate is not likely to be a consequence of a variation of the loss rate coefficient \(K_3\) but rather a consequence of the variation of the effective volume of the condensate, and thus of the density, when changing the interaction parameters [46]. An increase by a factor of 30 in \(\beta\), as shown in figure 4, corresponds to an increase by a factor of 5.5 in the density, for a constant loss rate coefficient. The effective volume of the condensate continues to decrease when the scattering is tuned from zero to negative values, as expected for a soliton.

Our experimental measurements of the three-body coefficients can be compared to the expectations from the mean-field theory. In practice, we use a cylindrical gaussian ansatz wave function, which is known to give a good estimate of the density profile [14] all the way from positive to negative scattering lengths.

\[
\psi(r) = \frac{1}{(2\pi)^{1/2} \sigma_r} \exp(-r^2/4\sigma_r^2) \frac{1}{(2\pi)^{1/4} \sigma_z^{1/2}} \exp(-z^2/4\sigma_z^2)
\]

(2)

The r.m.s. sizes \(\sigma_r\) and \(\sigma_z\) are variational parameters that we use to minimize the Gross-Pitaevskii energy functional as a function of the interaction parameter \(Na/\sigma_p\) [2, 16, 43]. An integration over the density profile gives \(\beta = K_3/(2\pi)^3/3^{3/2}/\sigma_r^2/\sigma_z^2\), where \(K_3\) is the condensate three-body loss coefficient. In figure 4 this simple approximate theory is found to reproduce fairly well the data with a constant value of \(K_3\) furthermore validating our assumption of a dominant three-body loss mechanism. For the highest values of \(a\), we observe a deviation from the theoretical curve that we attribute to an increase of the three-body coefficient as we move toward the Feshbach resonance. We find \(K_3=1.5(6) \times 10^{-41}\) m\(^6\) s\(^{-1}\) in the region of the zero-crossing where the uncertainty mostly comes from the atom number calibration. This is comparable to the value of \(1.3(5) \times 10^{-41}\) m\(^6\) s\(^{-1}\) measured in the absolute ground state of potassium 39 around its zero-crossing [45]. Both values have the right order of magnitude for a non-resonant three-body loss coefficient expected from the Van der Waals coefficient of potassium [46]. Comparisons with \(^7\)Li and \(^{85}\)Rb solitons are difficult as the loss rates close to the zero-crossings are not well documented.

In the case of the densest solitons, obtained at the lowest values of \(a\), we can infer a high peak density of \(\sim 5 \times 10^{20}\) m\(^{-3}\). This corresponds to an interaction energy per particle of 30 Hz in the Gross-Pitaevskii energy functional [2, 16, 43]. This value can be compared to the center of mass kinetic energy in our soliton. Experiments...
perimentally, we measure a shot to shot fluctuation of the position of the solitons after a propagation time of 200 ms, corresponding to an r.m.s. initial velocity fluctuation of 0.15 mm/s. This fluctuation probably originates from residual dipole oscillation in the trap. Such a velocity corresponds to a kinetic energy per atom of about 1 Hz. We can thus produce solitons in the interesting situation where the interaction energy of the soliton dominates over its kinetic energy. In this regime, the atoms are expected to behave collectively, for example in the collision with a potential barrier [15, 53, 57].

More generally, our work opens a new experimental platform to study the matter-wave bright solitons both for fundamental and applied physics. Atom interferometry with solitons is certainly worth investigating. Further studies include the soliton dynamics after a quench of one of the parameters such as the scattering length $a_{s}$. Relaxation in such an interacting quantum integrable system with attractive interaction is of particular interest [44, 51]. Another interesting direction would be to experimentally produce liquid droplets that are predicted to form in a Bose-Bose mixture because of a compensation between two-body mean-field interaction and repulsive three-body interaction [52] or beyond mean-field corrections [53, 54]. A mixture of $^{39}$K in two different spin states has been predicted to be especially suited for these studies [52, 53]. Similar droplets have recently been observed in dipolar condensates [52, 53].

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