Evaluation of symmetric dimethylarginine and Doppler ultrasonography in the diagnosis of gentamicin-induced acute kidney injury in dogs

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Abstract
Acute kidney injury is a common problem in dogs and is associated with significant morbidity and mortality. So, the present study aimed to evaluate symmetric dimethylarginine (SDMA) and Doppler ultrasonography including resistive index (RI) in the diagnosis of acute kidney injury in dogs. Ten healthy mongrel dogs were injected with gentamicin sulfate 10% at the dose of 30 mg/kg body weight daily for 10 days for induction of acute kidney injury. Clinical, biochemical, ultrasonographic, and Doppler ultrasonographic examinations and urinalysis were performed for all dogs on 0 day before induction, on the 5th day, and on the 10th day of induction. The results of the current study showed significant increase in plasma level of SDMA, serum urea, creatinine, phosphorus, and potassium and a significant decrease in serum sodium, calcium, and chloride on the 5th day and 10th day of induction, and there was an increase in renal cortical echogenicity of the right and left kidney compared to adjacent liver and spleen, respectively. RI value showed a significant increase on the 5th day and 10th day of induction. The present study showed that SDMA is a sensitive and promising biomarker for diagnosis of acute kidney injury in dogs compared to routine biomarkers; also, the RI of Doppler ultrasonography is useful for early identifying acute kidney injury when the only observable change is an increase in cortical echogenicity.

Keywords Acute kidney injury · Dogs · Gentamicin · Symmetric dimethylarginine · Resistive index · Doppler ultrasonography

Introduction
Acute kidney injury is described as a sudden reduction in renal activity leading to uremic waste retention, fluid status modification, electrolyte, and acid-base imbalances (Gori et al. 2019). The kidney is sensitive to drug-induced disruption due to comparatively high blood supply (20% of stroke volume) and the capacity to extract and concentrate toxic molecules (Randjelović et al. 2017). Acute kidney injury has many causes in dogs which can be classified into several main groups, such as renal ischemia (e.g., hypotension), nephrotoxicity (e.g., ethylene glycol, gentamicin), and infectious diseases (e.g., leptospirosis, pyelonephritis) (Tufani et al. 2017). There is a bad prognosis for acute kidney injury, and the mortality rate of acute kidney injury is 50 to 60% in small animals, with high mortality rate that happened shortly after diagnosis (Thoen and Kerl 2011).

The slow diagnosis of acute kidney injury due to insensitive diagnostic testing, the subtlety of early symptoms preventing presentation to a veterinarian, and the rapid development of kidney damage associated with nephrotoxins are likely to be important factors in the high mortality rate associated with acute kidney injury (Cobrin et al. 2013). In the early detection of acute kidney injury, conventional blood (creatinine, urea) and urinary markers of kidney damage are insensitive (Han et al. 2008). Acute kidney injury diagnosis is dependent on relative or absolute alteration in serum creatinine concentration and urinary production, but serum creatinine is a late nephropathy biomarker, and mild types of kidney injury can go unnoticed (Monari et al. 2020).
Symmetric dimethylarginine (SDMA) is the catabolic product of post-translationally methylated arginine-containing proteins and is excreted mainly by the kidneys (Martens-Lobenhoffer and Bode-Böger 2015). SDMA is a new biomarker that accurately reflects the rate of glomerular filtration (GFR) relative to serum creatinine, enabling earlier diagnosis of kidney functional dysfunction in dogs, cats, and humans (Giapitzoglou et al. 2020). For the identification of renal failure, blood SDMA has greater sensitivity with just a 25 to 40% drop in GFR and SDMA increases, while creatinine increases will not be observed until GFR declines by 75% (Hall et al. 2016). SDMA has the benefit of not being affected by creatinine influencing non-renal causes such as body mass, diet, inflammation, diabetes, and hormone treatment (Hokamp and Nabity 2016).

The Doppler-based renal resistive index (RI) calculation is one of the most advanced tools for the diagnosis of acute kidney injury. This is a simple and non-invasive investigative technique used in the intensive care unit for the early diagnosis of acute kidney injury (Darmon et al. 2011). For determining conditions that modify renal parenchymal perfusion, pulsed wave Doppler ultrasound is more effective with the benefit that the modifications can be quantified by measuring the resistivity index (RI) and pulsatility index (PI). These indices are determined based on the spectral waveform obtained by pulsed Doppler, using systolic velocity peak values, diastolic velocity end, and mean velocity values (Bragato et al. 2017). The value of RI is positively correlated with age and not influenced by the sex and weight of dogs (Ostrowska et al. 2016).

The present study aimed to evaluate the SDMA and Doppler ultrasonography including renal RI compared to serum biochemical parameters for the diagnosis of acute kidney injury in dogs and determine the most accurate and sensitive method for the detection of acute kidney injury in the dog.

**Material and methods**

**Animal**

Ten healthy mongrel dogs were used in the present study, their body weight ranged from 10 to 15 kg, and their age ranged from 1 to 3 years. They were healthy based on clinical, biochemical, and ultrasonographic examinations. They were housed in separate boxes with plenty of food and water. After 2 weeks of adaptation, the dogs were injected with 30 mg/kg of gentamicin sulfate 10% (obtained from Memphis Co. for Pharmaceutical and Chemical Industries, Cairo, Egypt) intramuscular daily for 10 days for induction of acute kidney injury (Rivers et al. 1996). Clinical, biochemical, and ultrasonographic examinations; Doppler ultrasonography; and urinalysis were performed for all dogs on 0 day before induction, on the 5th day, and on the 10th day of induction.

**Samples**

Five mL of blood samples was collected from each dog from the cephalic vein. The first blood sample was collected in a plain test tube to obtain serum for biochemical analysis. The second blood sample was collected in a lithium heparin tube to obtain plasma for measurement of SDMA.

**Biochemical analysis**

Plasma concentrations of SDMA were analyzed using an automated analyzer (Catalyst One Chemistry Analyzer; IDEXX Laboratories, USA) and the catalyst SDMA test (IDEXX SDMA test; IDEXX Laboratories). All procedures were performed following IDEXX Laboratories manual guidelines. The predefined reference limit was <14 μg/dL (Rentko et al. 2013). The urea and creatinine concentration was measured spectrophotometrically according to the method described by Walker (1990) and Peake and Whiting (2006), respectively, using commercially available diagnostic kits (BIO DIAGNOSTIC Co. 29 Tahrir St., Dokki, Giza, Egypt). Serum chloride, sodium, and potassium levels were determined using a spectrophotometer according to the method described by Dacie and Lewis (1991). Serum calcium and phosphorus were determined by a spectrophotometer according to the method described by Cheesbrough (1991), using commercially available diagnostic kits (BIO DIAGNOSTIC Co. 29 Tahrir St., Dokki, Giza, Egypt).

**Urine examination**

Urine samples were collected by using urethral catheterization according to Kelly (1984), and analysis was made by using commercial urine strips (COMBI-9 strips Produced by Pasteur Lab, Egypt).

**Ultrasonographic examination**

Ultrasonographic examinations were performed without sedation or anesthesia. The dogs were controlled in lateral recumbency, i.e., left lateral recumbency for the examination of the right kidney and right lateral recumbency for the examination of the left kidney. The left kidney and right kidney were scanned below the transverse process of first to third lumbar vertebrae for the detection of any changes in the tissue architecture of kidneys using Chison E2 portable ultrasound with 5–8 micro convex transducer as described by Penninck and D’Anjou (2015). All examinations were made on 0 day before induction, on the 5th day, and on the 10th day of induction.
**Doppler ultrasonographic examination**

Ultrasonographic examination was done using a Doppler ultrasound (duplex) (SonoScape E2 portable color Doppler, with micro convex 5–8 MHz transducer, China). Renal RI was measured for each kidney. Firstly, the renal interlobar artery was differentiated by color Doppler and then transferred over the chosen artery to the pulsed wave Doppler using a gate of 1.5 mm width. To prevent the effect of the anesthetics on the renal blood supply, all animals were manually restrained (Novellas et al. 2007). The image obtained indicated the flow of blood without any aliasing. Multiple pulses were recorded from one artery to three poles for each right and left kidney in each dog. The renal RI from the chosen artery was measured by the ultrasound machine (Lin and Cher 1997).

**Statistical analysis**

The obtained results from the experiment were expressed as mean ± SD and were analyzed using one-way ANOVA with repeated measure followed by Tukey’s post hoc test (SPSS Statistics for Windows, version 25.0. Armonk, NY: IBM Corp). Differences were declared significant when \( P < 0.05 \).

**Results**

**Clinical findings**

The dogs with induced acute kidney injury showed only signs of depression, dullness appeared on the 5th day of induction, and polyuria, polydipsia, vomiting, dehydration, and tremors appeared on the 10th day of induction.

**Urine examination**

Physical examination of urine showed the presence of proteinuria on the 5th day of induction and became more pronounced on the 10th day of induction using strip kits (Table 1).

**Biochemical findings**

Plasma SDMA concentration showed a significant increase on the 5th day of induction (\( P<0.05 \)). The increase in SDMA was more than threefold on the 5th day of induction compared to its level before induction and became highly significant on the 10th day of induction, and the increase in SDMA was more than sixfold on the 10th day of induction compared to its level before induction (Table 2). There was a significant increase in serum urea and creatinine level on the 5th day and 10th day of induction. The increase in creatinine level was more than threefold on the 5th day of induction compared to its level before induction and increased more than sixfold on the 10th day of induction compared to its level before induction. The urea level was increased fivefold on the 5th day of induction compared to its level on 0 day before induction and increased more than ninefold on the 10th day of induction compared to its level on 0 day before induction. Serum level of phosphorus and potassium showed a significant increase in the current study, and the increase in serum potassium level was twofold on the 5th day of induction compared to its level on 0 day before induction and increased fivefold on the 10th day of induction compared to its level on 0 day before induction. The increase in serum phosphorus level was onefold on the 5th day of induction compared to its level on 0 day before induction and increased fivefold on the 10th day of induction compared to its level on 0 day before induction (Table 2). There was significant decrease in serum level of calcium, chloride, and sodium on the 5th day of induction and became highly significant on the 10th day of induction (Table 2).

**Ultrasonographic findings**

Ultrasonographic appearance of the kidney before the induction showed that the renal cortex has a homogenous echogenicity. The medulla was uniform in echogenicity and hypoecholic relative to the cortex. The demarcation between the cortex and the medulla was crisp. Ultrasonographic appearance of both kidneys of dogs on 0 day before induction revealed that the renal cortical echogenicity of the right kidney was less echogenic than that of the liver (Fig. 1). The renal

| Table 1 | Urinalysis of dogs with acute kidney injury on 0 day before induction, on the 5th day, and on the 10th day of induction |
|---------|----------------------------------------------------------------------------------------------------------------------------------|
|         | 0 day before induction \((n=10)\) | 5th day of induction \((n=10)\) | 10th day of induction \((n=10)\) |
| pH      | 6                                    | 6                                    | 7                                    |
| Protein | -                                    | ++                                   | +++                                  |
| Bilirubin| -                                    | -                                    | -                                    |
| Ketone  | -                                    | -                                    | -                                    |
| Glucose | -                                    | -                                    | -                                    |
| Blood   | -                                    | -                                    | -                                    |
| Nitrite | -                                    | -                                    | -                                    |
The cortex of the left kidney is less echogenic than the adjacent spleen (Fig. 2).

On the 5th day of induction, the ultrasonographic appearance of the left kidney showed the same echogenicity of the renal cortex when compared with the spleen (Fig. 3). The renal cortex of the right kidney showed the same echogenicity when compared with the liver (Fig. 4). Also, renal cortical echogenicity of the right and left kidney became more echogenic compared to their echogenicity on 0 day before induction. On the 10th day of induction, the ultrasonographic appearance of the left kidney showed higher echogenicity of the renal cortex when compared with the spleen (Fig. 5), and the renal cortex of the right kidney appeared more echogenic than the adjacent liver (Fig. 6). Also, renal cortical echogenicity of the right and the left kidney became more echogenic compared to their echogenicity on 0 day before induction and the 5th day of induction.

### Renal resistive index measurement (Pourcelot index measurement)

The dogs with induced acute kidney injury showed a significant increase in RI of both kidneys on the 5th day of induction which increased more than onefold compared to its value before induction and became highly significant on the 10th day of induction and increased more than threefold on the 10th day of induction compared to its value before induction (Table 3) (Figs. 7, 8, and 9).

### Discussion

Acute kidney injury is a term used to characterize an abrupt decline in renal activity, resulting in a loss of urea and creatinine excretion that raises the amount of serum creatinine
above the standard reference range (Mugford et al. 2013). Renal dysfunction is among the main causes of canine deaths. It is life-threatening and often requires urgent diagnosis and treatment (Athaley et al. 2018).

Acute kidney injury in the current study was induced using 30 mg/kg of gentamicin sulfate 10% daily for 10 days which is a potent broad-spectrum aminoglycoside that is commonly used especially in the treatment of life-threatening infections caused by Gram-negative and Gram-positive bacilli (Ali 2003). The renal toxicity of gentamicin was associated with its concentration in the renal proximal convoluted tubule, which induced a variety of morphological and biochemical changes in humans and laboratory animals (Sepehri et al. 2011).

The dogs showed signs of depression, dullness, polyuria, polydipsia, vomiting, dehydration, and tremors due to the harmful effect of gentamicin on renal tissue and accumulation of nitrogenous wastes, metabolic acidosis, and changes in the gastrointestinal tract (Kumar et al. 2011), and these findings were similar to Helal (2005) and Allaam et al. (2012).

Fig. 2  Ultrasonographic examination of the left kidney of dogs on 0 day before induction of acute kidney injury showed that renal cortical echogenicity (C) is less echogenic than adjacent spleen (S)

Fig. 3  Ultrasonographic examination of the left kidney of dogs on the 5th day of induction showed that renal cortical echogenicity of cortex (C) has the same echogenicity of adjacent spleen (S)
Examination of urine sample revealed the presence of proteinuria on the 5th day of induction and became more obvious on the 10th day which might be due to decrease of glomerular filtration rate which follows the proximal tubular damage caused by a high dose of gentamicin, glomerular damage increases the permeability of the filtration barrier which increased filtration of protein in urine lead to proteinuria (Cianciolo et al. 2016), and these findings were similar to Macanović et al. (2000) and Helal (2005).

The most promising novel biomarker for early diagnosis of kidney failure that appeared in the last few years is SDMA. SDMA, with asymmetric dimethylarginine and mono methylarginine, is one of the methylated forms resulting from arginine metabolism (Savarese et al. 2018). The findings of 18 human case trials observed a high correlation between SDMA and both GFR and serum creatinine and concluded that SDMA has significant potential as a biomarker of renal function (Kielstein et al. 2006). SDMA has more advantages over serum creatinine in detecting decreased GFR. SDMA detects loss of renal function earlier and is less affected by extrarenal factors such as age, sex, breed, and lean body mass (Kopke et al. 2018).

The present study revealed that there was a significant increase in SDMA on the 5th day of induction and 10th day of
induction, and this indicated that SDMA is a useful novel urinary biomarker for the detection of acute kidney injury in dogs, and these findings were similar to Hall et al. (2016), Relford et al. (2016), and Dahlem et al. (2017).

SDMA is more preferable than creatinine due to that serum SDMA concentrations are not affected by lean body mass in dogs or cats; creatinine is an unreliable indicator during acute changes in kidney function due to that creatinine concentrations can vary widely with age, gender, muscle mass, and muscle metabolism, and its concentration may not change until a significant amount of kidney function has already been lost (Devarajan 2008), and these findings were agreeable with Hall et al. (2016) and McKenna et al. (2020).

Concerning to serum level of urea and creatinine, there was a significant increase in serum urea and creatinine level in the present study due to the harmful impact of gentamicin on the kidneys, contributing to renal harm and the failure of the kidneys to eliminate waste products through reducing the rate of glomerular filtration (Sun et al. 2019), and these findings were agreeable with Helal (2005), Allaam et al. (2012), and Udupa and Prakash (2019).

There was a significant increase in serum potassium and phosphorus on the 5th day of induction and became highly significant on the 10th day of induction, and this occurs due to that acute renal insufficiency leads to reduced GFR with low urine flow leads to decrease renal excretion of potassium and subsequent hyperkalemia (Lehnhardt and Kemper 2011), and also significant hyperkalemia and hyperphosphatemia may occur due to leakage of potassium and phosphate from the intracellular fluids to the extracellular fluids (Haycock 2003; Ramesh and Reeves 2003), and these findings coincided with Vaden et al. (1997) and Helal (2005).

Regarding the serum level of calcium, chloride, and sodium, the significant decrease in serum sodium, chloride, and calcium appeared on the 5th day of induction and became highly significant on the 10th day of induction which might be attributed to the adverse effect of gentamicin on renal tubules, in particular proximal convoluted tubules and kidney failure, to maintain the balance of electrolytes (Stephen et al. 2017), and these findings were similar to Helal (2005) and Christo et al. (2011).

The kidney diseases diagnosed by ultrasonography can be classified into diffuse renal diseases, regional renal diseases, and focal or multifocal renal diseases. The diffuse renal diseases diagnosed were nephritis and end-stage kidney (Dehmiwal et al. 2016).

Table 3 Value of RI on 0 day before induction, on the 5th day, and on the 10th day of induction in dogs with acute kidney injury

|                     | 0 day before induction (n=10) | 5th day of induction (n=10) | 10th day of induction (n=10) |
|---------------------|-----------------------------|----------------------------|-----------------------------|
| RI                  | 0.507±0.04<sup>c</sup>      | 0.647±0.02<sup>b</sup>     | 0.865±0.07<sup>a</sup>      |

Data are presented as mean ± SD. S.D standard deviation. Mean values with different superscript letters in the same row are significantly different at P<0.05
spleen, respectively, and became more echogenic than adjacent liver and spleen, respectively, on the 10th day of induction, and this is due to extensive accumulation of gentamicin in kidney and increase amount of gentamicin bound to the renal cortex (Wiland and Szechiński 2003), and these findings were similar to Rivers et al. (1996), Helal( 2005), Allaam et al. (2012), and Sonet et al. (2018).

Alterations in the RI have been observed in many conditions affecting the kidney, such as acute variations in renal vascular resistance and renal damage in multiple organ dysfunction syndromes (Agut et al. 2020). For the evaluation of renal hemodynamics, Doppler ultrasonography can be used and becomes very helpful in the diagnosis of the renal artery and vein diseases such as thrombosis (Donia et al. 2019). The renal resistive index is probably the most commonly used parameter to evaluate blood flow in kidney vessels (Samoni et al. 2016). The resistive index (RI) measures the arterial resistance in the peripheral vessels by calculating the ratio between the peak systolic velocity (PSV) and the end diastolic velocity (EDV) (RI = (PSV – EDV) / PSV), which is
independent of the angle and the position of the transducer, allowing accurate and reproducible measurements (Tipisca et al. 2016).

The renal RI was significantly increased in the present study on the 5th day of induction and became highly significant on the 10th day of induction due to vasoconstriction resulting from renin release in response to the decreased blood flow in the renal arteries secondary to renal injury (Chang et al. 2010). These results coincided with Morrow et al. (1996), Novellas et al. (2007), and Donia et al. (2019). Therefore, the RI is useful for the diagnosis of acute kidney injury when the only observable change is an increase in renal cortical echogenicity and also when there is no alteration in B-mode ultrasound examination (Rivers et al. 1997).

**Conclusion**

The results of the present study indicated that the RI is useful for identifying acute kidney injury when the only observable change is an increase in cortical echogenicity. SDMA is a sensitive, specific, and promising biomarker for the diagnosis of acute kidney injury in dogs. Further studies are required for using SDMA in the early diagnosis of renal diseases in small animals.

**Author contribution** YMYE and MAYH: conducted experiment and manuscript writing

MMG, YMA, and MAYH: experiment conception, academic supervision, and results revision

MMMK: Doppler ultrasonography

YMYE, MMG, YMA, and MAYH: analysis procedures and results

YMYE, MMG, YMA, and MAYH: edited the manuscript

All authors read and approved the manuscript.

**Data availability** The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**Declarations**

**Ethical approval** All examinations were done after approval of the Ethics Committee of Benha University with approval number BUFVTM04032020.

**Consent to participate** Not applicable

**Consent for publication** Not applicable

**Conflict of interest** The authors declare no competing interests.

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