Conversion of a Thiol Precursor into Aroma Compound 4-mercapto-4-methyl-2-pentanone Using Microbial Cell Extracts

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Abstract: 4-Mercapto-4-methyl-2-pentanone (4MMP), a high-impact aroma compound with the box tree and black currant flavors was first identified in wines and could be released by microbial cysteine-S-conjugate β-lyases from its precursors. In this study, various yeasts and bacteria encoding β-lyases were selected to examine their β-lyase activities. A thiol precursor of 4MMP, cysteine-conjugate of 4MMP (cys-4MMP), was synthesized with a purity of >95% in a relatively environmentally friendly approach, and its chemical structure was confirmed by nuclear magnetic resonance spectroscopy. The β-lyase activities of the crude cell extract from the bacteria and yeast strains for different substrates were examined using a colorimetric method. Shewanella putrefaciens cell extract exhibited the highest β-lyase activity for all tested substrates. Additionally, the optimum pH and temperature for their β-lyase activities were determined. To monitor the conversion efficiency of precursor cys-4MMP to 4MMP, liquid chromatography-mass spectrometry was used. Our data indicate that selected bacteria and yeasts could convert cys-4MMP into 4MMP, and S. putrefaciens exhibited the best conversion yield. This study demonstrated the potential use of microbial cell extracts to produce sulfur-containing aroma compounds such as 4MMP.

Keywords: aroma compounds; 4-mercapto-4-methyl-2-pentanone; β-lyase; precursors; fermentation; Shewanella putrefaciens

1. Introduction

The global food flavor market is approximately valued at 16.4 billion U.S. dollars in 2020 and is estimated to reach 20.7 billion by 2025 [1]. The global market has been pursuing flavorings from natural origins instead of chemical synthesis due to possible negative impacts on the environment, lack of matrix selectivity, and customer perceived value [2,3]. However, the direct extraction of natural flavors from plants and animals also faces challenges such as insufficient sources, increased costs, seasonal factors, and plant diseases (Longo and Sanroman, 2006). As a result, the prices of natural flavorings have been rising. The production of aroma compounds via microbial fermentation and enzymatic...
transformation has been drawing attention recently. Butter-flavored butyric acid was produced from sugar fermentation via intermediate acetyl-CoA by the absolute anaerobic genus *Clostridium* [4]. Previous reports have indicated that *Streptomyces* sp. has transformed ferulic into aroma compound vanillin [5,6]. Elderberry juice was added with *Lactobacillus casei* cell-free extracts and whole cells, individually, and the former generated the highest amount of esters, formed by the esterification of acids and alcohols [7]. Furthermore, microbial enzymes such as lipase, glycosidase, and carbon-sulfur lyase, have been reported to transform non-volatile compounds into volatile compounds for flavor production [8–11].

Volatile sulfur compounds have low odor thresholds and account for approximately 10% of edible aroma compounds. Although the content of volatile sulfur aroma compounds were monitored by TLC (EA/ethanol/distilled water = 4/2/1) and developed with 0.5% wine. For example, 4-mercapto-4-methyl-2-pentanone (4MMP) (CγYeast *Saccharomyces cerevisiae* The cys-4MMP synthesis reaction process and the fractions from flash chromatography βThey can catalyze β-elimination reactions with cysteine-S-conjugates and sometimes with aliphatic and aromatic substitutions [13]. Cysteine-S-conjugate β-lyase mainly exists in the form of tetramers and contains pyridoxal 5′-phosphate (PLP) as a cofactor [13], and it has been reported to be involved in the release of volatile sulfur-containing aroma compounds in fermented foods, such as cheeses and alcoholic beverages. It has been reported that *L. helveticus* CNRZ 32-expressing cystathionine β-lyase could increase the volatile sulfur-containing compounds methanethiol and dimethyl disulfide during cheese ripening [14]. Yeast *Saccharomyces cerevisiae* was reported to be responsible for the sulfur-containing compound 2-furfurylthiol in Chinese distilled liquor Baijiu [15], and *S. cerevisiae*-expressing cystathionine β-lyases Str3 and Cys3 could enhance the release of 2-furfurylthiol from cysteine-S conjugates [16].

Sulfur-containing compounds are also responsible for the organoleptic properties of wine. For example, 4-mercapto-4-methyl-2-pentanone (4MMP) (C₄H₉SOS) (blackcurrant and catty flavors) has been identified in Sauvignon blanc wine [17,18] and plays a vital role in aromatic complexity and typicity in wine. 4MMP has been reported to be released from the precursor by cysteine-S-conjugate β-lyase in the process of yeast alcohol fermentation, but the conversion rate was low (<5%) [19,20]. Whole cells, cell extracts, and pure enzymes have been investigated for flavor enrichment or production of 4MMP, but most studies focused on lactic acid bacteria and yeast *Saccharomyces cerevisiae* [8,11,19]. This study screened cell extracts from bacteria, such as *Bacillus subtilis*, *E. limosum*, *Lactobacillus bulgaricus*, *Lactobacillus casei*, and *Shewanella putrefaciens*, as well as yeasts, such as *S. cerevisiae*, *Kluveromyces marxianus*, *Kluveromyces lactis*, *Debaryomyces hansenii*, and *Schizosaccharomyces pombe*, for their cysteine-S conjugate β-lyase activities and determined their ability to transform the 4MMP precursor into the aroma compound 4MMP for future applications.

2. Materials and Methods

2.1. Synthesis of the Precursor cys-4MMP

All reagents were purchased from commercial sources. Flash chromatography was performed with SiliCycle silica gel 70–230 mesh (product number: R10040B). Thin-layer chromatography (TLC) was carried out on precoated silica plates (Merck cat. 1.05554). The cys-4MMP synthesis reaction process and the fractions from flash chromatography were monitored by TLC (EA/ethanol/distilled water = 4/2/1) and developed with 0.5% ninhydrin in acetone.

For the chemical structure verification by NMR, 1H NMR (600 MHz; D₂O) spectrum shows the following signals: δ = 1.41 (s, 2 × CH₃), 2.25 (3H, s, C(O)CH₃), 2.83 (1H, d, J = 15.4 Hz, C(O)CH₃CH₂), 2.88 (1H, d, J = 15.4 Hz, CH₃CH₂), 3.05 (1H, dd, J = 7.8 and 13.8 Hz, SCH₂CH₃), 3.18 (1H, dd, J = 4.2 and 13.8 Hz, SCH₂CH₃), and 3.92 (1H, dd, J = 4.2 and 7.8 Hz, H₂NCH₃). In addition, 13C NMR spectrum shows δ = 27.9, 28.0, 28.6, 31.7, 44.1, 53.5, 54.2, 172.5, and 213.5. For high-resolution mass spectrometry analysis, the theoretical molecular weight of C₄H₁₇NO₂S (M + H) is 220.1007, and the detected signal is at 220.0925.
2.2. Liquid Chromatography-Mass Spectrometry

In order to identify the 4MMP converted from cys-4MMP in the extract samples, the chemical derivatization was performed to generate a stable form of 4MMP-DTDP (4,4-dithiodipyridine) for subsequent mass spectrometry analysis. The chemical derivatized extract samples were subjected to LTQ (linear trap quadropole) mass spectrometer (Thermo Fisher, Waltham, MA, USA) coupled with an Agilent 1100 HPLC and Famos autosampler system (Agilent Technologies, Santa Clara, CA, USA). Instrument control, data acquisition, and analysis were performed using Thermo Xcalibur (ver. 2.2). Chromatographic separation was achieved on an XBridge C18 (1.0 × 150 mm, 3.5 µm) column with the column temperature set at 35 °C. The mobile phase consisted of solvent A (0.1% formic acid in the water) and solvent B (0.1% formic acid in 80% acetonitrile). The gradient was set as follows: 2% B for 3.0 min, increased to 80% at 18 min, increased further to 98% at 18.5 min and maintained for 1.5 min, then decreased to 2% at 20 min, followed by 10 min equilibration. The flow rate of mobile phases was 0.05 mL/min. The LTQ mass spectrometer was operated at positive mode with the following parameters: spray voltage, 4.0 kV; heated capillary, 275 °C; sheath gas pressure, 10 psi. For both full mass and MS/MS scans, spectra were acquired in the range of m/z 100 to 400. For the quantification of 4MMP-DTDP, the quantity of 4MMP-DTDP in each sample was determined by the extracted ion chromatogram of 4MMP-DTDP product ion at m/z 144.0 with the precursor ion at m/z 242.0 in MS/MS analysis.

2.3. Nuclear Magnetic Resonance Spectroscopy

NMR experiments were carried out at 298 K on Bruker Avance 600 MHz NMR spectrometers equipped with 5 mm triple resonance cryoprobe and Z-gradient. The data were acquired and processed using the software Topspin 2.1 (Bruker, Bremen, Germany). 1H and 13C chemical shifts were calibrated using methanol-d4 as the internal reference at 3.31 and 19.15 ppm, respectively. 1D 1H NMR, 1D 13C NMR, and 2D HSQC (heteronuclear single quantum coherence) spectra were performed for the compound structure validation.

2.4. Bacterial and Yeast Strains and Their Cultivation

The bacterial strains, such as B. subtilis BCRC 10255, E. limosum BCRC 14401, Lb. casei BCRC 10697, Lb. delbrueckii subsp. bulgaricus BCRC 10696, and S. putrefaciens BCRC 10596, and the yeast strains Debaryomyces hansenii BCRC 21394, Kluyveromyces lactis BCRC 21337, Kluyveromyces marxianus BCRC 21363, chizosaccharomyces pombe BCRC 20331, and Saccharomyces cerevisiae BCRC 21584, 21685, and 21686 were purchased from Bioresources Collection and Research Center (BCRC) in Hsinchu, Taiwan. B. subtilis was cultured in LB-broth (Foremedium, Hunstanton, Norfolk, UK); E. limosum was cultured in modified peptone yeast glucose medium; Lb. casei and Lb. delbrueckii subsp. bulgaricus were cultured in lactobacilli MRS broth (Becton, Dickinson and Company, Sparks, NV, USA); S. putrefaciens was cultured in tryptic soy broth (Becton, Dickinson and Company, Sparks, NV, USA). The yeast cells were in commercial yeast extract-peptone-dextrose (YPD) medium (Foremedium, Hunstanton, Norfolk, UK) for cultivation.

2.5. Preparation of Bacterial and Yeast Cell Extracts

Bacterial and yeast cell extracts were freshly prepared and used for the determination of β-lyase activity, as previously described with some modifications [21]. Cells were cultivated until an OD600 of 0.8 and centrifuged at 5000 × g for 5 min. The supernatant was discarded, and the pelleted cells were re-suspended in pH 7 phosphate buffer containing 30.75 mM K2HPO4, 19.25 mM KH2PO4, 1 mM EDTA, 20 mM pyridoxal phosphate, and 10% glycerol. The re-suspended cells were sonicated to disrupt the cell membrane, centrifuged at 20,000 × g at 4 °C for 20 min to remove cell debris, and the supernatant was collected as the cell extract.
2.6. β-Lyase Activity Assays

The β-lyase activity of the cell extracts was determined by measuring the absorbance of the product formed by the spontaneous disulfide interchange between free thiol groups and 5,5′-dithiobis(2-nitrobenzoic acid) (DTNB), as described previously [22]. Various substrates, such as L-cystathionine, L-cystine, L-methionine, and cys-4MMP, were added into pH 8 phosphate buffer containing 100 mM sodium phosphate, 1 mM EDTA, 20 mM pyridoxal-5′-phosphate, and crude cell extracts (4 × dilution), individually, to reach a final substrate concentration of 1 mM. The reaction solution was incubated for 30 min at RT, and 5 µL of the reaction solution was taken out to mix with 50 µL pH 8 phosphate buffer, which contains 100 mM sodium phosphate, 1 mM EDTA, and 1 µL DTNB. The absorbance of the mixture was measured at a wavelength of 412 nm with a spectrophotometer. The rate of β-lyase activity was calculated by using cysteine as the standard in the assay. Each enzyme activity unit (U) represents the formation of 1 µM L-cysteine per minute. In this study, we measured the β-lyase activity of the cell extracts at different temperatures (20, 30, and 37 °C) and pH (3.5, 4.5, 5.5, and 7) to evaluate the effects of temperature and pH on enzyme activity.

2.7. Determination of 4-MMP by Liquid Chromatography-Mass Spectrometry

In order to determine the amount of 4-MMP converted from cys-4MMP by β-lyase, 4-MMP was chemically derivatized with DTDP for liquid chromatography-mass spectrometry analysis according to a previous study by Capone et al. [23]. Cell extracts containing 4-MMP were added with freshly thawed DTDP (final concentration of 400 µM) and EDTA (final concentration of 10 mM) and incubated at RT for 30 min. Samples were passed through 6 mL, 500 mg ProElut™ C18 cartridges (previously activated with 6 mL of methanol and 6 mL of water). The cartridges were washed with 12 mL of 50% methanol, dried under air for 5 min, and then eluted with 3 mL of methanol. The elution solution was stored at 4 °C and ready for LC-MS analysis.

2.8. Statistical Analysis

Data were statistically analyzed using SPSS Version 12.0 (SPSS Inc., Chicago, IL, USA). One-way analysis of variance (ANOVA) was used to determine the statistical differences between the sample means, with the level of significance set at $p < 0.05$. Multiple comparisons of the means were conducted using the Tukey test. All data are expressed as mean ± SD.

3. Results and Discussion

3.1. Cys-4MMP Synthesis

The syntheses of cys-4MMP (also known as (2R)-S-(1,1-dimethyl-3-oxobutyl-cysteine), (R)-2-amino-3-(2-methyl-4-oxo-pentan-2-ythio) propanoic acid, and S-4-(4-mercapto-4-methylpentan-2-one)-L-cysteine) and its deuterated analog had been reported [8,24,25]. The structure of cys-4MMP was firstly identified by Tominaga et al. [8] using gas chromatography-mass spectrometry (GC-MS) and further confirmed using $^1$H and $^{13}$C NMR spectroscopy by Starkenmann [24] and Hebditch et al. [25]. However, previous synthesis methods encountered difficulties in separating the desired product from unreacted cysteine or involving 1,4-dioxane, a toxic and environmentally organic solvent [8,24,25]. Cysteine-conjugates can be obtained by treating cysteine with α,unsaturated carbonyl compounds under alkaline conditions. To meet the potential requirements of further studies, we used the Michael addition of cysteine to mesityl oxide (2, Scheme 1) (as shown in Section 3.1) to synthesize cys-4MMP and isolated it from the reaction mixture by flash chromatography with normal phase silica gel and a proper solvent system. For chemical structure characterization of cys-4MMP as shown in Figure 1, the base peak at $m/z$ 220 corresponds to the molecular formula C$_9$H$_{17}$NO$_3$S, the [M + H] ion of 3. In addition to the mass data, the NMR spectrum (Figure 2) closely coincided with the proposed structure revealed in the literature. Compared with other synthetic methods, our method is an
environmentally friendly and economical method with a higher yield and potential for large-scale production (Supplementary Table S1). To the best of our knowledge, we are the first to report a pure cys-4MMP (spectrum grade) with a yield of 29.7–35%, evident by the NMR and LC-MS data.

**Scheme 1.** L-cysteine hydrochloride 1 (2.81 g, 16 mmole) was dissolved in 10 mL of distilled water, and 16 mL of 1 M Na₂CO₃ solution was added dropwise to the mixture with stirring to adjust the pH to 8. Then, mesityl oxide 2 (1.57 g, 16 mmole) was added, and the mixture was stirred at room temperature for 2 h. After the reaction mixture was washed with diethyl ether, the aqueous layer was concentrated under vacuum at 40 °C and then subjected to flash column chromatography (eluent: EA/ethanol/distilled water = 4/2/1) to obtain the product cys-4MMP 3. The product was further purified via recrystallization (1.04 g, yield 29%).

![Mass spectrum of synthetic cysteine monoadduct 3 (cys-4MMP).](image1)

**Figure 1.** Mass spectrum of synthetic cysteine monoadduct 3 (cys-4MMP).

![1H-13C HSQC NMR spectrum of cysteine monoadduct 3 (cys-4MMP).](image2)

**Figure 2.** ¹H-¹³C HSQC NMR spectrum of cysteine monoadduct 3 (cys-4MMP).
3.2. Screening of Yeast Extracts for \( \beta \)-lyase Activities

For the yeast extracts screening, we surveyed the food-related yeast families, such as Saccharomyces and Schizosaccharomyces, and we selected food-related yeast strains, such as *S. cerevisiae*, *D. hansenii*, *K. lactis*, and *K. marxianus* from Saccharomyces, and *Schiz. pombe* from Schizosaccharomyces. In addition, we looked into the NCBI database to confirm that the selected yeast strains encode identified/putative cysteine-S-conjugate \( \beta \)-lyases.

Most thioamino acids can be used as substrates for carbon-sulfur \( \beta \)-lyases [11,26]; therefore, three different types of thiol-containing amino acids were selected as substrates to test \( \beta \)-lyase activity of the cell extracts from different microbial strains in this study. The \( \beta \)-lyase activities to L-cystathionine, L-cystine, and L-methionine in the presence of seven different yeast extracts were measured and summarized in Figure 4. For the \( \beta \)-lyase activity against L-cystathionine, the cell extracts from Saccharomyces cerevisiae 21584 and Kluveromyces lactis exhibited the highest \( \beta \)-lyase activities of 70.72 ± 7.92 and 69.57 ± 4.64 U/mL, respectively, followed by the cell extracts from Schizosaccharomyces pombe and S. cerevisiae 21685, with \( \beta \)-lyase activities of 57.20 ± 2.68 and 52.56 ± 5.36 U/mL, respectively. *S. cerevisiae* 21584 and *K. lactis* also exhibited the highest specific activities against L-cystathionine, which were 27.63 ± 3.09 and 27.17 ± 1.81 U/mg, respectively, and these were followed by the cell extracts from Schizosaccharomyces pombe and *S. cerevisiae* 21685, with specific activities of 22.34 ± 1.05 and 22.19 ± 2.72 U/mg, respectively (Table 1).

Table 1. The \( \beta \)-lyase activities for various substrates by various yeast crude extracts.

| Yeasts         | L-Cystathionine (U/mL) | L-Cystathionine (U/mg Protein) | L-Cystine (U/mL) | L-Cystine (U/mg Protein) | L-Methionine (U/mL) | L-Methionine (U/mg Protein) |
|---------------|------------------------|---------------------------------|------------------|--------------------------|---------------------|---------------------------|
| *S. cerevisiae* |                        |                                 |                  |                          |                     |                           |
| 21584         | 70.72 ± 7.92 \( ^a \)  | 27.63 ± 3.09 \( ^a \)           | 22.26 ± 2.41 \( ^a \) | 8.70 ± 0.94 \( ^a \)    | 44.87 ± 2.09 \( ^b \) | 17.53 ± 0.82 \( ^b \)     |
| 21685         | 56.81 ± 6.96 \( ^b \)  | 22.19 ± 2.72 \( ^b \)           | 13.57 ± 2.09 \( ^cde \) | 5.30 ± 0.82 \( ^b \)    | 40.70 ± 2.09 \( ^b \)  | 15.90 ± 0.81 \( ^bc \)    |
| 21686         | 12.75 ± 2.40 \( ^c \)  | 6.54 ± 1.19 \( ^c \)            | 12.52 ± 0.00 \( ^bc \) | 6.42 ± 0.00 \( ^b \)    | 10.43 ± 2.41 \( ^e \)  | 5.35 ± 1.24 \( ^c \)      |
| *K. marxianus* |                        |                                 |                  |                          |                     |                           |
|               | 52.56 ± 5.36 \( ^b \)  | 20.53 ± 2.09 \( ^b \)           | 15.30 ± 2.41 \( ^de \) | 5.98 ± 0.94 \( ^b \)    | 37.57 ± 3.41 \( ^c \)  | 14.67 ± 1.33 \( ^c \)      |
| *K. lactis*   | 69.57 ± 4.64 \( ^a \)  | 27.17 ± 1.81 \( ^a \)           | 13.91 ± 4.82 \( ^bcd \) | 5.43 ± 1.88 \( ^b \)    | 60.52 ± 7.23 \( ^a \)  | 23.64 ± 2.82 \( ^a \)      |
| *D. hansenii* | 17.01 ± 7.08 \( ^c \)  | 5.64 ± 2.77 \( ^c \)            | 22.96 ± 14.76 \( ^e \) | 8.97 ± 5.76 \( ^a \)    | 25.04 ± 7.62 \( ^d \)  | 9.78 ± 2.98 \( ^d \)       |
| *Schiz. pombe*| 57.20 ± 2.68 \( ^b \)  | 22.34 ± 1.05 \( ^b \)           | 23.65 ± 2.41 \( ^ab \) | 9.24 ± 0.94 \( ^a \)    | 63.65 ± 6.26 \( ^a \)  | 24.86 ± 2.45 \( ^a \)      |

Values are expressed as mean ± standard deviation (n = 3). Different superscript lower case letters in the same column indicate significant differences (p < 0.05).

For the \( \beta \)-lyase activity against L-cystine, the cell extracts from *Schizo. pombe* and *S. cerevisiae* 21584 exhibited the highest \( \beta \)-lyase activities of 23.65 ± 2.41 and 22.26 ± 2.41 U/mL, respectively. *Schizo. pombe* and *S. cerevisiae* 21584 also exhibited the highest specific activities against L-cystine of 9.24 ± 0.94 and 8.70 ± 0.94 U/mg, respectively. For the \( \beta \)-lyase activity against L-methionine, the cell extracts from *Schiz. pombe* and *K. lactis* exhibited the highest \( \beta \)-lyase activities of 63.65 ± 6.26 and 60.52 ± 7.23 U/mL, respectively, followed by the cell extracts from *S. cerevisiae* 21584 and 21685, with \( \beta \)-lyase activities of 44.87 ± 2.09 and 40.70 ± 2.09 U/mL, respectively. *Schizo. pombe* and *K. lactis* exhibited the highest specific activities against L-methionine of 24.86 ± 2.45 and 23.64 ± 2.82 U/mg, respectively, followed by the cell extracts from *S. cerevisiae* 21584 at 17.53 ± 0.82 U/mg.

It has been reported that *S. cerevisiae* \( \beta \)-lyase has a wide selection of substrates. Holt et al. [27] demonstrated that the purified recombinant *S. cerevisiae* Str3p had a \( \beta \)-lyase activity on seven sulfur-containing substrates, including L-cystathionine, L-djenkolate, L-cystine, S-ethyl-L-cysteine, S-methyl-L-cysteine, L-cysteine, and L-methionine. Their results indicated that *S. cerevisiae* Str3p had a relatively higher \( \beta \)-lyase activity against L-djenkolate (154% ± 11.0%) and L-cystathionine (100% ± 10.9%), but showed a lower activity against L-cystine (22.0% ± 2.1%), S-ethyl-L-cysteine (9.0% ± 0.7%), and S-methyl-
L-cysteine (7.4% ± 0.3%). Our data indicate that *S. cerevisiae* 21584, *Schizo. pombe*, and *K. lactis* showed the best β-lyase activity against the tested compounds. Additionally, the cell extracts from most yeast strains showed a higher β-lyase activity for L-cystathionine. As a result, the cell extracts from *S. cerevisiae* 21584, *Schizo. pombe*, and *K. lactis* were selected for subsequent experiments.

### 3.3. Screening of Bacterial Extracts for β-lyase Activities

We surveyed some bacteria families related to food production and spoilage, such as Bacillaceae, Lactobacillaceae, Eubacteriaceae, and Shewanellaceae, and we chose *B. subtilis* from Bacillaceae, *E. limosum* from Eubacteriaceae, *Lb. bulgaricus* and *Lb. casei* from Lactobacillaceae, and *S. putrefaciens* from Shewanellaceae. In addition, we looked into the NCBI database to confirm that the selected bacteria strains encode identified/putative cysteine-S-conjugate β-lyases.

As shown in Table 2, the β-lyase activities of the five bacterial extracts were tested. For the β-lyase activity against L-cystathionine, the cell extracts from *S. putrefaciens* exhibited the highest β-lyase activity of 305.46 ± 25.66 U/mL, which was followed by *Lb. casei* with a β-lyase activity of 40.19 ± 2.68 U/mL. *S. putrefaciens* also exhibited the highest specific activity of 41.84 ± 3.51 U/mg against L-cystathionine and the cell extracts from *Lb. casei* followed it with a specific activity of 11.48 ± 0.77 U/mg. For the β-lyase activity against L-cystine, the cell extracts from *S. putrefaciens* exhibited the highest β-lyase activity of 207.62 ± 22.98 U/mL and specific activity of 25.60 ± 2.83 U/mg. For the β-lyase activity against L-methionine, the cell extracts from *S. putrefaciens* exhibited the highest β-lyase activity of 184.33 ± 10.76 U/mL, followed by the cell extracts from *Lb. casei* with a β-lyase activity of 32.46 ± 4.64. *S. putrefaciens* exhibited the highest specific activity against L-methionine of 22.73 ± 1.33 U/mg, followed by the cell extracts from *Lb. casei* with a β-lyase activity of 8.35 ± 1.79 U/mg protein.

| Bacteria           | L-Cystathionine | L-Cystine | L-Methionine |
|--------------------|----------------|-----------|--------------|
|                    | β-Lyase Activity (U/mL) | Specific Activities (U/mg Protein) | β-Lyase Activity (U/mL) | Specific Activities (U/mg Protein) | β-Lyase Activity (U/mL) | Specific Activities (U/mg Protein) |
| *B. subtilis*      | 27.99 ± 2.75 c | 8.49 ± 0.84 c | 29.58 ± 4.77 b | 8.08 ± 1.30 b | 21.63 ± 2.75 c | 5.91 ± 0.75 c |
| *E. limosum*       | 13.91 ± 0.83 d | 7.14 ± 4.12 b | 6.96 ± 3.28 c | 3.21 ± 1.51 c | 12.37 ± 5.36 | 5.71 ± 2.47 b |
| *Lb. bulgaricus*   | 23.95 ± 5.93 c | 7.54 ± 1.86 c | 32.50 ± 2.96 b | 9.20 ± 0.84 b | 13.68 ± 2.96 c | 3.38 ± 0.84 c |
| *Lb. casei*        | 40.19 ± 2.68 b | 11.48 ± 0.77 b | 27.83 ± 4.64 b | 7.16 ± 1.19 b | 32.46 ± 4.64 b | 8.35 ± 1.19 b |
| *S. putrefaciens*  | 305.46 ± 25.66 a | 41.84 ± 3.51 a | 207.62 ± 22.98 a | 25.60 ± 2.83 a | 184.33 ± 10.76 a | 22.73 ± 1.33 a |

Values are expressed as mean ± standard deviation (n = 3). Different superscript lower case letters in the same column indicate significant differences (p < 0.05).

Our data show that the cell extracts from *S. putrefaciens* and *Lb. casei* have relatively high β-lyase activities on the three tested sulfur-containing substrates. In addition, the conversion efficiency of L-cystathionine of both *S. putrefaciens* and *Lb. casei* was higher than that of L-cystine and L-methionine. This observation was similar to previous reports, suggesting that the catalytic efficiency of L-methionine by *Lactococcus* β-lyase was approximately 100 times lower than that of L-cystathionine [28,29]. Additionally, despite the poor conversion efficiency in our study, it has been reported that the cysteine-S-conjugate precursor could convert into the sulfur-containing aroma compound 4MMP by reacting with *E. limosum* cell extract [8]. As a result, we selected the cell extracts from *S. putrefaciens*, *Lb. casei*, and *E. limosum* for subsequent β-lyase activity experiments.

Cysteine-S-conjugate β-lyase and cystathionine β-lyase are cellular metabolic enzymes involved in sulfur-containing amino acid biosynthesis, and previous studies have indicated that the addition of cysteine and methionine in culture media could have diverse impacts on their expression or activity in different microbial strains. In *Shewanella oneidensis*, the addition of cysteine could increase the gene expression of the cystathionine β-lyase.
MetC [30]. On the other hand, the expression of cystathionine β-lyase in *Lactococcus lactis* was negatively regulated by high concentrations of glutathione, cysteine, and methionine in the culture medium, while sulfur limitation could result in a high level of the β-lyase expression [31]. Further researches to improve the amount of cysteine-S-conjugate β-lyases in the cell extracts should be optimized for different microbial strains.

### 3.4. Optimized Temperature for Yeast and Bacterial Extracts for β-lyase Activities

Typical foods on the market are primarily acidic and neutral foods. Thus, considering that the pH applied to food in the future may affect the β-lyase activity in yeast and bacterial cell extracts, several possible food pH applications were selected, such as grape juice or wine (pH 3.0–3.5), sake (pH 4.5), and coffee or beer (pH 5.2–5.6), to explore the effect of pH on the β-lyase activity. To study the effect of temperature and pH on the activity of β-lyase in yeast and bacterial cell extracts, L-cystathionine was used as the substrate for the determination of β-lyase activity. As shown in Figure 3, the β-lyase activities of the yeast cell extracts from *S. cerevisiae* 21584, *K. lactis*, and *Schizo. pombe* were measured at 20, 25, 30, and 37 °C and pH 3.5, 4.5, 5.5, and 7. The cell extract from *S. cerevisiae* 21584 showed higher β-lyase activity at acidic pH, but different temperatures seemed to not affect β-lyase activity (Figure 3A). The *K. lactis* cell extract showed a relatively higher β-lyase activity at pH 3.5 and at 20 and 25 °C (Figure 3B). The cell extract from *Schizo. pombe* exhibited a higher β-lyase activity at pH 4.5 and 5.5; in addition, there was no significant difference in β-lyase activity at different temperatures (Figure 3C). Intriguingly, Zha et al. [16] found that the optimum temperature and pH for the β-lyase activity of the recombinant STR3 protein from *S. cerevisiae* were 50 °C and 8, respectively. Because the whole-cell extract instead of purified recombinant protein was used for β-lyase activity, the different results between the pure recombinant *S. cerevisiae* STR3 [16] and our *S. cerevisiae* 21584 cell extract may be because the cell extract contains other enzymes that also contribute to the release of thiol groups. Therefore, the overall optimum temperature and pH may be different.

The effects of temperature and pH on the β-lyase activities of bacterial cell extracts from *E. limosum*, *Lb. casei*, and *S. putrefaciens* were also investigated. As shown in Figure 4, the cell extract from *E. limosum* showed higher β-lyase activity at pH 3.5 at all temperatures (Figure 4A). Additionally, temperatures seemed to have no significant effect on the β-lyase activity. The β-lyase activities of the cell extract from *Lb. casei* did not show significant differences at various pH values and temperatures, although it had a relatively lower activity at pH 3.5 and 25 °C (Figure 4B). The cell extract from *S. putrefaciens* showed higher β-lyase activity at pH 7, and the β-lyase activity decreased with the decreasing pH. Additionally, the β-lyase activity seemed stable in the temperature range of 20 to 37 °C. Our data indicate that the cell extracts showed significant differences in substrate specificity and optimum reaction pH.
seemed to not affect β-lyase activity (Figure 3A). The *K. lactis* cell extract showed a relatively higher β-lyase activity at pH 3.5 and at 20 and 25 °C (Figure 3B). The cell extract from *Schizo. pombe* exhibited a higher β-lyase activity at pH 4.5 and 5.5; in addition, there was no significant difference in β-lyase activity at different temperatures (Figure 3C).

Intriguingly, Zha et al. [16] found that the optimum temperature and pH for the β-lyase activity of the recombinant STR3 protein from *S. cerevisiae* were 50 °C and 8, respectively. Because the whole-cell extract instead of purified recombinant protein was used for β-lyase activity, the different results between the pure recombinant *S. cerevisiae* STR3 [16] and our *S. cerevisiae* 21584 cell extract may be because the cell extract contains other enzymes that also contribute to the release of thiol groups. Therefore, the overall optimum temperature and pH may be different.

**Figure 3.** The β-lyase activity of (a) *S. cerevisiae* 21584, (b) *K. lactis*, and (c) *Schizo. pombe* yeast extracts at various temperatures and pH. The C-S β-lyase specific activities were determined by the DTNB assay using 1 mM L-cystathionine at 20, 25, 30, and 37 °C, and at pH values of 3.5, 4.5, 5.5, and 7.0. Relative activity of 100% represented the highest value among all the specific activities in different temperatures and pH. Data are expressed as mean ± standard deviation (n = 3). Different lower case letters in the same grouped bars indicate significant differences (p < 0.05).
Some studies have indicated that various enzymes with carbon-sulfur lyase activities could have different optimum pH values. Allegrin et al. [11] found that both $k_{cat}$ and specificity constant of the homotetrameric carbon-sulfur lyase from *Lactobacillus delbrueckii* subsp. *bulgaricus* were relatively better at pH 8 or higher and decreased with the decreasing pH, which indicated that the deprotonation of the enzyme’s functional groups is essential.

Figure 3. The β-lyase activity of (a) *S. cerevisiae* 21584, (b) *K. lactis*, and (c) *S. putrefaciens* bacterial extracts at various temperatures and pH. The C-S β-lyase specific activities were determined by the DTNB assay using 1 mM L-cystathionine at 20, 25, 30, and 37 °C, and at pH values of 3.5, 4.5, 5.5, and 7.0. Relative activity of 100% represented the highest value among all the specific activity in different temperatures and pH. Data are expressed as mean ± standard deviation ($n = 3$). Different lower case letters in the same grouped bars indicate significant differences ($p < 0.05$).
for its catalysis activity. Intriguingly, Irmler et al. [22] assayed the β-lyase activity of several L. casei strain cell lysates at different pH values, and the results showed that all cell lysates had no β-lyase activity at basic pH. Additionally, some of the L. casei strain cell lysates showed no differences for β-lyase activity at various pH values, whereas the others showed better β-lyase activity at acidic pH. These results may indicate that there are multiple enzymes with β-lyase activity in the tested lactic acid bacteria. Although the optimum temperature and pH for each β-lyase from various microbial strains can be different, the cell extracts from all strains exhibited β-lyase activities in all tested pH and temperatures (Figures 3 and 4). In addition, our β-lyase activity data (Tables 1 and 2) indicated that the S. putrefaciens extracts exhibited higher β-lyase activity (U/mL) at neutral pH than any other strains by 4.4–21.9-, 6.4–29.8-, and 2.9–14.9-fold against L-cystathionine, L-cystine, and L-methionine, respectively. These results suggested that the S. putrefaciens extracts had the best potential to produce sulfur-containing aroma compounds at a suitable catalysis environment, such as neutral pH. However, the β-lyase activity of the S. putrefaciens extracts was reduced by 70.3–73.6% at pH 3.5. Thus, in an acidic environment such as wine-making (pH 3.0–3.5), the GRAS (generally recognized as safe) yeast S. cerevisiae 21584 and K. lactis extracts might be suitable candidates for the enrichment of sulfur-containing aroma compounds. Both of them showed suitable β-lyase activity at acidic pH, and the β-lyase activity of yeast S. cerevisiae 21584 at the tested temperatures showed no significant differences.

3.5. Conversion of cys-4MMP into Aroma Compounds by Yeasts and Bacteria Extracts

The difficulties in analyzing thiol aroma compounds produced by cell extracts include low product concentration, poor stability, and easy oxidation. Therefore, we used 4,4′-dithiodipyridine (DTDP) to convert 4MMP into a stable derivatized 4MMP-DTDP [32] and then quantified it by LC-MS analysis to determine the product concentration of 4MMP. As shown in Figure 5, 4MMP-DTDP showed an intense peak at m/z 242.04 in the mass spectrum, and a significant fragment signal at m/z 144.0 was observed in the subsequent MS/MS spectrum. Through MS analysis, we confirmed the completeness of the derivatization between DTDP and 4MMP reported by Capone et al. [23] and demonstrated that a characteristic product ion signal was suitable for quantification. The 4MMP-DTDP standard curve determined by monitoring the product ion signal showed a suitable correlation in the range of 1 and 50 ppm, with $R^2 > 0.99$ (Figure S1).

![Figure 5](image-url)
The concentration of 4MMP converted from cys-4MMP by mixing with different cell extracts possessing carbon-sulfur \( \beta \)-lyase from yeasts, such as \textit{K. lactis}, \textit{S. cerevisiae}, and \textit{Schiz. pombe}, and bacteria, such as \textit{E. limosum}, \textit{Lb. casei}, and \textit{S. putrefaciens}, is shown in Figure 6. \textit{S. cerevisiae} 21584 exhibited the highest conversion efficiency to 4MMP in yeasts, and \textit{S. putrefaciens} showed the highest conversion rate in all bacterial strains and all six test cell extracts. We believe that this is the first study to compare the ability of yeast and bacterial extracts in converting the 4MMP precursor into the aroma compound 4MMP.

![Figure 6. The relative production of 4MMP from Cys-4MMP by microbial cell extracts.](image-url)

Cell extracts, crude enzymes, and purified enzymes have been reported to be used in aroma modification and production. Klein et al. [33] used the cell extract of \textit{Lact. helveticus} to convert free amino acids to produce neutral volatile aroma compounds benzaldehyde, dimethyl disulfide, and 2-methyl propanol to enhance and/or diversify the flavor of dairy products. Ricci et al. [7] added the cell extract of \textit{Lb. casei} into elderberry juice to increase the ester, phenol, and terpene contents in the juice, enhancing the aroma of elderberry. Commercially available aroma-enhancing enzymes Rapidase AR 2000 has been used in the hydrolysis of aroma glycosides for aroma enrichment during wine-making. To our knowledge, the research for microbial \( \beta \)-lyase activity and its application for aroma compound production remains limited. This study systematically screened bacteria and yeasts for their cysteine-S-conjugate \( \beta \)-lyase activities and investigated their optimum pH and temperatures. Our data show that the crude extract of \textit{S. putrefaciens} exhibited high \( \beta \)-lyase activity and its ability to release 4MMP from its precursor cys-4MMP. Indeed, cell extracts and crude enzymes are advantageous for lower costs and fewer purification steps with reasonable biological activities [34], whereas purified enzymes have the benefits of rapid and stable chemical catalysis. We believe that this study can be used as a reference for the practical application of \( \beta \)-lyase in aroma modification and production.

4. Conclusions

Owing to the increasing demands for natural flavors, aroma compounds’ production via microbial fermentation and enzymatic transformation has been drawing attention recently. 4MMP, an aroma compound with the box tree and black currant flavors in wine, has been reported to be released by cysteine-S-conjugate \( \beta \)-lyases from its precursors. This study systematically screened bacteria and yeasts for their cysteine-S-conjugate \( \beta \)-lyase activities and investigated their optimum pH and temperatures. We also showed that the microbial extracts could be used to release 4MMP from its precursor cys-4MMP. Furthermore, we provided a relatively eco-friendly and economical method for large-
scale preparation of precursor cys-4MMP with a higher yield. These findings provide more possibilities to produce more efficiently the 4MMP or other sulfur-containing aroma compounds. Our ultimate goal is to develop a sustainable process platform for sulfur-containing aroma compounds that fulfill the synthesis criteria to produce the “natural” flavoring substances.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/fermentation7030129/s1, Figure S1: Standard calibration curves of 4MMP-DTDP in the concentration range of 1 ppm to 50 ppm were based on the extracted chromatogram of (A) precursor ion signal of 4MMP-DTDP at \( m/z \) 242.0, and (B) product ion signal of 4MMP-DTDP at \( m/z \) 144.0, Table S1: Comparison of different purification methods for cys-4MMP production.

Author Contributions: H.-T.V.L., T.-C.L. and P.-H.H. conceived and designed the experiments; H.-K.L., C.-F.C., H.-J.L., J.-L.L., Y.-T.L., Y.-H.W. and C.-Y.L. performed the experiments; H.-K.L., C.-F.C., H.-J.L. and C.-Y.L. analyzed the data; H.-K.L., H.-J.L., C.-Y.L., H.-T.V.L., T.-C.L. and P.-H.H. wrote the paper. All authors have read and agreed to the published version of the manuscript.

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Abbreviations: 4MMP (4-Mercapto-4-methyl-2-pentanone); cys-4MMP (cysteine-conjugate of 4MMP); 4MMP-DTDP (4MMP-4,4-Dithiodipyridine); TLC (thin-layer chromatography); NMR (nuclear magnetic resonance); GC-MS (gas chromatography-mass spectrometry); HSQC (heteronuclear single quantum coherence); LTQ (linear trap quadrupole); GRAS (generally recognized as safe).

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