Radiology of pancreatic neoplasms: An update

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INTRODUCTION

Diagnostic imaging is an important tool to evaluate pancreatic neoplasms. Accurate detection and staging are essential for ensuring appropriate selection of patients who will benefit from surgery and for preventing unnecessary surgeries in patients with unresectable disease\(^1,2\). Ultrasound (US), multidetector computed tomography (MDCT) with multiplanar reconstruction and magnetic resonance imaging (MRI) can help to do a correct diagnosis. Radiologists should be aware of the wide variety of anatomic variants and pathologic conditions that may mimic pancreatic neoplasms. The knowledge of the most important characteristic key findings may facilitate the right diagnosis.

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racy compared with that of PET/CT (in differentiating pancreatic cancer from benign lesions 96.6% vs 86.6%) [8].

Enlarged peripancreatic nodal chains and disease in surrounding structures can mimic pancreatic masses (gastric fundus neoplasm, small bowel tumors, renal or adrenal masses, etc.). The existence of fat planes between the nodes or tumoral masses and the pancreatic gland or displacement of the pancreas may be useful to distinguish these lesions from a pancreatic mass [9] (Figure 2). Choledochal cysts may simulate a cystic mass in the head of the pancreas [10].

True pancreatic masses can be classified in primary or metastatic lesions (Table 1).

**PRIMARY PANCREATIC LESIONS**

Primary pancreatic masses will be classified on the basis of its radiologic appearance in solid or cystic lesions.

**SOLID LESIONS OF THE PANCREAS**

**Pancreatic adenocarcinoma**

Pancreatic adenocarcinoma accounts for 85%-95% of all pancreatic malignancies and is the fourth leading cause of cancer-related deaths. Most patients are 60-80 years of age, and males are affected twice as often as females [3,4]. Of these tumors, 60%-70% are located in the pancreatic head, 10%-20% in the body, and 5%-10% in the tail. Diffuse glandular involvement occurs in 5% of cases [2,4]. Surgery is the only cure, with a postoperative 5-year survival rate of 20% [3,11]. Unresectable disease is seen at presentation in 75% of patients (Figure 3).

Dual-phase (arterial and portal) contrast material-enhanced MDCT is the established technique for evaluating pancreatic adenocarcinoma. Arterial phase imaging (performed 20-40 s after contrast agent injection) allows optimal visualization of the tumor and peripancreatic arteries (Figure 4). Portal phase imaging (performed 50-70 s after injection) is optimal for assessing the peripancreatic veins and detecting metastatic disease to the liver [3] (Figure 5). After intravenous contrast administration most tumors are hypoattenuating (Figure 6).

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**Table 1 Pancreatic tumors**

| Pancreatic tumors                  |
|-----------------------------------|
| Primary (95%)                     |
| Solid tumors                      |
| Pancreatic adenocarcinoma (85%-95%)|
| Pancreatic neuroendocrine tumor   |
| Solid pseudopapillary tumor       |
| Pancreatoblastoma                 |
| Pancreatic lymphoma               |
| Cystic tumors                     |
| Serous cystadenoma                |
| Mucinous cystic neoplasm          |
| Intraductal papillary mucinous tumor of the pancreas |
| Metastatic lesions (5%)           |

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No pancreatic mass is visualized in 10% of cases, since the tumor may be isooattenuating. The presence and location of a mass may be inferred from secondary signs such as mass effect, an abnormal convex contour of the pancreas, ductal obstruction, and vascular invasion [10,11] (Figures 7 and 8). Tumors in the pancreatic head may cause dilatation of both common bile duct and the main pancreatic duct (MPD), known as the “double duct sign”; whereas tumors in the pancreatic body may cause upstream MPD dilatation (Figure 9A). A circumferential soft-tissue cuff around the peripancreatic vessels with loss of the perivascular fat plane denotes vascular invasion. A sensitivity of 84% and a specificity of 98% for invasion are reported if the tumor is contiguous with more than 50% of the vessel circumference [1] (Figure 9B). Other features suggesting vascular invasion include vessel deformity, thrombosis, and development of collateral vessels [12]. Cystic-necrotic degeneration, an uncommon feature of adenocarcinoma, is present in 8% of cases [13,14]. Metastases are most commonly found in the liver (Figure 5B) and peritoneum (Figure 9C) [2,3].

Adenocarcinoma has low signal intensity on T1 and T2 weighted MRI secondary to its scirrhous fibrotic nature (Figure 10). As at MDCT, the hypovascular tumor enhances less than the normal pancreas at MRI (Figure 11). MRI has better contrast resolution than MDCT and is superior in detecting small tumors and metastases [15].

Diffusion-weighted (DW) MRI allows the assessment of thermally induced random molecular motion in biologic tissues and generates representative apparent diffusion coefficient (ADC) values [16,17]. The use of DW MRI may allow earlier detection of pancreatic tumours, since these neoplasms have increased signal intensity on diffusion-weighted images and relatively low ADC values because of the restricted diffusion associated with fibrosis (Figure 12). In addition, DW MRI may be helpful in the detection of metastases in the liver and lymph nodes [16,17].

Endoscopic US has a recognized role in the detection and staging of small tumors. It can help detect masses as small as 0.2 cm. Endoscopic US can clarify equivocal find-
ings at MDCT or MRI and allows biopsy of suspect lesions. Adenocarcinoma appears as an ill-defined, heterogeneous hypoechoic mass at endoscopic US\(^3\) (Figure 13).

PET is an emerging technique for characterizing tissue on the basis of functional rather than morphologic information. The principle of FDG PET is that malignant tissues have greater uptake and retention of FDG than does normal tissue due to enhanced glucose metabolism. Pancreatic adenocarcinoma generally shows intense focal FDG uptake. The biggest potential impact of FDG PET is in the detection of small metastases, an area in which MDCT and MRI generally underestimate lesions\(^3\).

### Pancreatic neuroendocrine tumor

Pancreatic neuroendocrine tumors (NETs) account for 1%-5% of all pancreatic tumors and typically manifest in patients aged 51-57 years. Most cases are sporadic, but association with syndromes such as multiple endocrine neoplasia type 1, von Hippel-Lindau syndrome, neurofibromatosis type 1, and tuberous sclerosis has been observed. Tumors tend to be multiple when associated with syndromes.

NETs are classified into functioning and nonfunc-
variable amounts of cystic-necrotic degeneration and calcification\(^[3,19,20]\) (Figure 14).

NETs have a rich vascular supply and therefore enhance avidly during the arterial phase, enhancing more rapidly and intensely than the normal pancreas. That finding helps differentiate NETs from the more common adenocarcinoma which is hypovascular. Homogeneous enhancement is typical for small tumors (less than 2 cm), whereas larger lesions tend to show heterogeneous enhancement.

When NETs have a predominantly cystic component MDCT and MRI show a hypervascular enhancement in the nonnecrotic or nondegenerated portions of the tumor. Cystic areas are typically hyperintense at MRI on T2-weighted images (Figure 15).

Metastases to lymph nodes and solid organs such as the liver may have an enhancement pattern similar to that of the primary tumor (Figure 16). Cystic metastases to the liver may also be seen\(^[3,19]\).

**Solid pseudopapillary tumor**

Solid pseudopapillary tumor (SPT) accounts for 1%-2% of all pancreatic tumors. It is most common in young females (mean age, 25 years)\(^[21]\). SPT has a low malignant potential with an excellent prognosis following complete resection.

SPT is typically a large (mean, 9 cm), slow-growing, well-encapsulated mass\(^[21,22]\). It most commonly occurs in the pancreatic tail. SPT has a tendency to displace rather than invade surrounding structures and rarely causes obstruction of the bile duct or pancreatic duct. MDCT usually demonstrates a well-encapsulated lesion with varying solid and cystic components owing to hemorrhagic degeneration\(^[23]\). Hemorrhage may progress to cystic changes within the lesions in approximately 20% of cases. Degenerated areas may mimic certain features of larger NETs. However, the peripheral portions of solid and papillary epithelial neoplasms do not demonstrate the hypervascularity typical of NETs\(^[23]\). SPT shows peripheral heterogeneous enhancement with central cystic spaces\(^[24,25]\).

MRI typically demonstrates a well-defined lesion with
heterogeneous signal intensity on T1- and T2-weighted images. Peripheral calcification is present in 30% of cases\textsuperscript{[21]}. The pseudocapsule (composed of compressed pancreatic tissue and reactive fibrosis) has low attenuation at MDCT and low signal intensity at T\textsubscript{1}- and T\textsubscript{2}-weighted MRI.

Internal hemorrhagic and cystic degeneration is the hallmark of SPT due to the fragile vascular network of the tumor\textsuperscript{[3,26]}. Although most SPTs exhibit benign behavior, malignant degeneration does occur. Metastases are uncommon, occurring in 7%-9% of cases, mostly to the liver, omentum, and peritoneum\textsuperscript{[27]}.

**Pancreatoblastoma**

Pancreatoblastoma accounts for 0.2% of all pancreatic tumors and is the most common pancreatic tumor in young children (mean 5 years)\textsuperscript{[3,28]}. Pancreatoblastoma rarely occurs in adults; when it does, however, the tumor is generally more aggressive. The serum alpha-fetoprotein level is elevated in 25%-33% of cases\textsuperscript{[29]}.

Pancreatoblastoma is typically slow growing and generally manifests as an asymptomatic large mass (mean, 10 cm). Because of the large size of the mass at presentation, in 50% of cases it is not possible to identify the
Figure 10  Adenocarcinoma has low signal intensity on T1 (A) and T2 (B) weighted magnetic resonance imaging (arrows).

Figure 11  Axial arterial-phase gadolinium-enhanced T1-weighted fat-suppressed gradient-recalled echo magnetic resonance imaging (A) and coronal re-formatted (B) show no enhancement of the hypovascular tumor in the pancreatic head (arrow). Pancreatic adenocarcinoma was proven by biopsy.

Figure 12  Use of diffusion-weighted magnetic resonance imaging in the earlier detection of pancreatic tumours. Axial contrast enhanced multidetector computed tomography image (A) and axial arterial-phase gadolinium-enhanced T1-weighted fat-suppressed gradient-recalled echo magnetic resonance image (B) do not depict any abnormality. Axial diffusion-weighted magnetic resonance imaging (C) demonstrates a focal increased signal intensity (arrow) and low apparent diffusion coefficient values in the color coded images (D).
organ of origin at radiology\(^\text{[30]}\). Therefore, differentiation from other pediatric tumors arising from adjacent organs (e.g., neuroblastoma, Wilms tumor, hepatoblastoma) is challenging, and biopsy is generally required to establish the diagnosis. Metastases occur mostly to the liver.

At US, the mass is heterogeneous with hypoechoic cystic spaces and hyperechoic internal septa\(^\text{[28]}\). At MDCT, pancreatoblastoma generally manifests as a multiloculated inhomogeneous mass with enhancing septa\(^\text{[28]}\). On MRI the tumor has low to intermediate signal intensity on T\(_1\)- and high signal intensity on T\(_2\)-weighted images, and shows mild contrast enhancement.

**Pancreatic lymphoma**

Pancreatic lymphoma is most commonly a B-cell subtype of non-Hodgkin lymphoma. Secondary lymphoma is the dominant form and is the result of direct extension from peripancreatic lymphadenopathy. Primary pancreatic lymphoma is rare, representing 0.5% of pancreatic tumors. It is more common in immunocompromised patients\(^\text{[31]}\).
Two morphologic patterns of pancreatic lymphoma are recognized: a focal well-circumscribed form and a diffuse form. The focal form occurs in the pancreatic head in 80% of cases and has a mean size of 8 cm. It typically has uniform low attenuation at MDCT. At MRI, it has low signal intensity on T1- and intermediate signal intensity on T2-weighted images and shows faint contrast enhancement. The diffuse form is infiltrative leading to glandular enlargement and poor definition, features that can simulate the appearance of acute pancreatitis [32,33].

CYSTIC LESIONS OF THE PANCREAS

Cystic lesions accounts for 10%-15% of all pancreatic neoplasms and represents < 5% of all malignant pancreatic tumors.

Unilocular cysts are well defined lesions without internal septa, calcification or internal soft-tissues nodules. When small (< 3 cm), these lesions are almost always benign. It is suggested to do serial imaging at 6-mo intervals for the first year and annual follow-up for a period of three years. If the cyst remains stable and the patient asymptomatic no further workup in needed [34].

Pseudocyst (encapsulated fluid collections without necrosis after 4 wk from onset of acute pancreatitis) is the most common unilocular cyst [34,35]. It is important to ask for the patient's history because a cystic lesion in a patient with a clinical history of pancreatitis is almost always a pseudocyst.

Imaging studies shows a rounded cystic mass with a thick wall. After intravenous contrast administration mild wall enhancement is demonstrated (Figure 17). If we detect a solid intracystic component, the lesion is not a pseudocyst. Other image findings that support this diagnosis are inflammation, atrophy or pancreatic calcifications. Cystic neoplasm may appear as uni or multilocular masses.

Serous cystadenoma

It is a benign lesion which typically occurs in older women. The cystic components range from millimeters to 2 cm. When the lesion grows a central scar and coarse calcification may be seen (30%). This calcified scar is highly specific and virtually pathognomonic [36] and is best demonstrated at CT.

MRI shows a cluster of small cyst without visible communication within the cyst or the pancreatic duct. These cysts are hyperintense on T2-weighted images. Central calcified scar is seen as a signal void at MRI (Figure 18). Enhancement of fibrous septa between the cysts are seen on delayed images.

Mucinous cystic neoplasm (mucinous cystadenoma/ cystadenocarcinoma)

This lesion has female predominance (80%) in their sixth decade of life [37]. Mucinous cystadenoma preferentially involves the body and pancreatic tail and do not communicate with the pancreatic duct.

Cross-sectional imaging is ineffective for differentiating between mucinous cystic neoplasms with and without malignant epithelium, except in cases with invasion of adjacent organs, vascular invasion, or metastatic disease. The presence of intracystic enhancing soft tissues are suspicious for malignancy. Peripheral eggshell calcifications are not frequent (16%) but such finding is specific and has a highly predictive value for malignancy.

On US mucinous cystic neoplasms appear as hypoechoic multilocular or, less commonly, unilocular masses with posterior acoustic enhancement. Internal septations are usually visualized and better demonstrated at US than at CT [36-40].

CT shows a round to slightly lobulated mass that is well encapsulated with smooth external margins. Because the cyst contents can vary in attenuation according to the degree of hemorrhage or protein in the mucoid cysts, different levels of attenuation may be seen within the cyst cavities [37,39,41-44] (Figure 19). After intravenous contrast administration septa and peripheral wall enhancement are detected.

At MR the lesion is hypointense on T1- and hyperintense on T2-weighted images. This lesion may be hyperintense on T1-weighted images due to mucinous content.

Figure 16  Sagittal multidetector computed tomography image. A: A heterogeneous pancreatic mass (arrow); B, C: Coronal (B) and axial (C) multidetector computed tomography images show multiple hypervascular metastases in the liver (arrows), showing the same enhancement pattern of the primary mass. Neuroendocrine pancreatic tumor and metastases were histologically proven.
Intraductal papillary mucinous tumor of the pancreas (IPMN) are most frequently identified in elderly men. The most important features are the presence of mucin-producing tumor and cystic dilation of the main pancreatic duct, its branches or both. The dilated ducts often contain profuse mucin. In the past, many IPMTs may have been misdiagnosed as chronic pancreatitis because of their generally benign behavior.

IPMNs may be classified as benign or malignant on the basis of the degree of dysplasia. Preoperative determination of the presence or absence of associated invasive carcinoma is crucial; when invasive carcinoma is present, the surgical procedure may be modified to include resection of regional lymph nodes.

Main duct IPMNs are more likely to be malignant. IPMNs are frequently multifocal, and 5%-10% involve the entire pancreas.

When CT reveals a pancreatic solid mass in patients with IPMN, the lesion is probably invasive carcinoma. Other imaging features suggestive of invasive carcinoma in IPMN are the large size of the mass (> 3.5 cm), presence of mural nodules, dilatation of the main pancreatic duct, and cystic dilation of the main pancreatic duct and its branches.

**Figure 17** Axial contrast enhanced multidetector computed tomography images (A, B) reveal a homogeneously hypodense intraparenchymal fluid collection of the pancreas without any non-liquefied material in it, encapsulated completely by a thin slightly hyperdense layer (arrows). These findings are compatible with a pseudocyst in a patient with a clinical history of pancreatitis.

**Figure 18** Axial nonenhanced multidetector computed tomography image. A: A polyloubulated cystic lesion with a coarse calcification in its center (arrow), which is the pathognomonic central scar for serous cystadenoma; B-D: Magnetic resonance imaging show a cluster of small cysts (arrows), which are hypointense in T1-weighted images (B) and hyperintense in T2-weighted images (C, D), without visible communication within the cyst or the pancreatic duct. A central signal void is also identifiable.
duct > 15 mm and multifocal involvement.\(^{49,51}\)

MRI is better than CT for evaluating ductal communication.\(^{52,53}\) Dilatation of main pancreatic duct or multiple side branches on T2-weighted images is the most common imaging finding.\(^ {54}\) Demonstrating ductal communication can be useful to differentiate between IPMNs and mucinous cystadenoma (the latter has no communication with the pancreatic ductal system) (Figure 20).

Three-dimensional contrast-enhanced ultrasonography showed similar results as compared with MRI in evaluating “IPMNs” smaller than 1 cm of diameter or greater than 2 cm.\(^ {55}\)

**METASTASES TO THE PANCREAS**

Pancreatic metastases account for 2%-5% of all malignant neoplasms. Metastases are most frequently from renal cell carcinoma and lung carcinoma.\(^ {56}\) The progno-
sis is generally more favorable than that for pancreatic adenocarcinoma\(^3\) (Figure 21).

Three morphologic patterns of involvement are recognized: solitary (50%-70%), multifocal and diffuse\(^5,6,7\). At contrast-enhanced CT and MR imaging, the appearances of pancreatic metastases closely resemble that of primary carcinoma but pancreatic adenocarcinoma generally manifests as a hypoenhancing mass, whereas metastases show either peripheral enhancement (in lesions >1.5 cm) or, less commonly, homogeneous enhancement (smaller lesions)\(^5,6,8,9\).

Cystic metastases to the pancreas cannot be differentiated from mucinous cystic neoplasms radiographically. Ovarian carcinoma metastases are the most likely to manifest as a predominantly cystic mass.

A known history of primary malignant disease, combined with the presence of other metastatic foci, are helpful clues in making the diagnosis.

**INTRAOPERATIVE ULTRA-SONOGRAPHY OF THE PANCREAS**

Up to 40% of patients with pancreatic adenocarcinoma judged resectable at CT are found to have unresectable lesions at surgery\(^6,10,11\). Laparoscopy intraoperative US may be useful before open surgical resection to decrease the number of patients who undergo needless open surgery for resection of a tumor that ultimately proves unresectable\(^6,12\). Pancreatic adenocarcinoma appears at intraoperative US as a hypoechoic mass with ill-defined margins\(^12\).

**EVALUATION OF THE POSTOPERATIVE PANCREAS**

The most common complications of the Whipple procedure are delayed gastric emptying, pancreatic fistulas, wound infection, abdominal abscess, intraabdominal bleeding, and anastomotic leakage. A pancreaticojejunal fistula is diagnosed clinically on the basis of the detection of amylase-rich fluid in the drainage. Anastomotic leaks usually occur at the pancreaticojejunal anastomosis during first 2 wk after pancreatoduodenectomy and these leaks can be diagnosed on the basis of the presence of oral contrast material in the peritoneal cavity and are associated with peripancreatic fluid collections\(^6,13\,14\).

Locally recurrent disease is sometimes difficult to depict on the earliest postoperative images. Locally recurrent disease appears as an infiltrating mass with soft-tissue attenuation, perineural invasion and encasement of the mesenteric vessels\(^15\). Perivascular cuffing in the mesenteric fat is likely inflammatory in patients with negative surgical margins and should not be mistaken for local recurrence\(^16\).

**CONCLUSION**

The knowledge of some of the most important characteristic key findings of pancreatic tumors may facilitate radiologists, and especially radiographers in training,
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