Case Report: Medicolegal evaluation in a pediatric case of fatal scald injury from rural Nepal [version 3; peer review: 2 approved]

Previously titled: Case Report: Medicolegal evaluation in a case of fatal scald where a child fell into a cauldron in rural Nepal

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Abstract
Thermal injuries in young children involving the buttocks, perineum, and lower limbs raise suspicion of child abuse. Determining the manner of death and ruling out homicide in a fatal case of scalding remains a challenge for forensic practitioners. In the present article, the medicolegal evaluation in a case of fatal scald injury involving a two-year-old child from rural Nepal is discussed. Young children sustaining serious injuries from scalds is a grave social concern. Such young lives need to be protected from scald injuries whether accidental or purposeful. Differences in injury patterns on the basis of their distribution and their characteristics are important to determine the manner of death in such cases.

Keywords
Accident; fatal; Nepal; scald; thermal injury

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Approval Status

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| 1       | ✔ ✔            |
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| 3       | (Revision)     |
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| 2       | ✔ ✔ (Revision) |

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2. Biliana Mileva, Medical University of Sofia, Sofia, Bulgaria

Any reports and responses or comments on the article can be found at the end of the article.
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Competing interests: No competing interests were disclosed.

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First published: 12 Jan 2022, 11:35 https://doi.org/10.12688/f1000research.74607.1
Introduction
Thermal injuries from hot liquid are a common cause of serious injuries to young children. Children are naturally curious about exploring their surroundings from a young age and are usually attracted towards steam from hot water.\textsuperscript{1,2} Due to this, they are highly prone to develop superficial to deep scald injuries over body parts. The manner of such injuries may be accidental or homicidal.

Thermal injuries in children are preventable; however, ignorance and neglect may lead to a mishap and, in extreme cases, a fatality. Accidental scalds are a common form of thermal injuries that usually occur in home-settings.\textsuperscript{1-5} Children under five years of age sustain ten times more thermal injuries than children above five years.\textsuperscript{4} Scald injuries affect younger children on a large scale. Sometimes, it is very difficult to differentiate whether the injuries inflicted on the body are because of an accident or a homicidal act. Thus, it is very important to rule out all possibilities before arriving at a conclusion in these cases. The present case describes a scenario from rural Nepal where a two-year-old girl child allegedly fell into a cauldron where animal feed was being stewed and sustained fatal scald injuries. The event was unwitnessed, and history was provided by the family members on the basis of circumstances. The present article further discusses the pattern and the nature of such injuries sustained by the victim.

Case report
Case history
It was the Nepalese New Year (mid-April), and the school was closed for vacation. A two-year-old girl child, accompanied by her mother had come to her maternal grandparents’ house, in a mountainous village of rural Nepal. On the evening in question, the individuals present in the house were the maternal grandmother, maternal grandfather, mother, and the victim. It was early in the evening and the family had left cattle feed to stew on a cauldron. As it would take around an hour to cook, it was usual for the family to leave it unattended and engage in other chores. On the fateful evening at around 1900 hours, the victim allegedly fell into the cauldron while playing. Her grandfather carried her from the scene of the incident to the nearest health post about a kilometer away. Looking at the grave nature of the injury the health assistant at the health post referred her to a larger center with a burn care unit as the rural health post had a limited facility. At this point, the victim was given paracetamol suspension for pain relief. No other treatment or wound care was provided in the health post. An ambulance was called, and she was rushed to a hospital in Palpa. It was a three-hour drive and she reached the hospital at around 2300 hours. As per the hospital records, the child was restless and crying in agitation when presented to the emergency department (ED). She was afebrile, her body temperature was 98.5 Fahrenheit (F), pulse 126 beats per minute, respiration 22 per minute, and oxygen saturation was 95% at room air. A quick general survey done estimated 50-55% deep scalds involving the front and back of the chest, both upper limbs, and back of both thighs involving buttocks. There were superficial scalds noted around the head-neck region and front of the abdomen and front of both the thighs. Under ketamine anesthesia, the wounds were thoroughly cleaned with normal saline, 1% silver sulfadiazine cream was applied evenly and dressing was done. The child was given tetanus immunization. An intravenous line (IV) was secured and the Ringer’s lactate solution was started. Prophylactic broad-spectrum antibiotics (IV) and pain medication was started. Catheterization was done with Foley’s. Dressing was planned on every alternate day. In the evening of the third day of admission, the child was restless, and the temperature was 100.8 F. The fever spiked to 102.4 F on the following morning. Blood and wound swabs were sent for culture and one more antibiotic was added for broad coverage. On day five, the child was afebrile. In the evening of day six, the child was restless, with oxygen saturation dropping to 85-87%.

Despite treatment upon arrival, she succumbed to the complications on the seventh day of admission. A police inquest was done, and the body was then subjected to a post-mortem examination. As per Nepalese law, it is mandatory to conduct a medicolegal examination in all cases of unnatural deaths. The post-mortem was conducted at the district hospital, Palpa.\textsuperscript{6}

Autopsy
The deceased was a female of weight 13.5 kg and length 80 cm. External examination revealed superficial to deep scald injuries present over the body involving about 90% of the total body surface area (Figure 1). Peeling of skin was observed.
over the body in several places, most notably on both lower limbs (Figure 2A and B). Yellowish discoloration of skin was observed over the mid-back and shoulders with the presence of foul-smelling wounds and unhealthy granulation tissue as a result of infected wounds. reddish, healthy granulation tissue was also observed over the body at places. Hairs present

**Figure 1.** The front of the body showing the scalded area.

**Figure 2.** A and B. The back of the body and lower limbs showing the area involved in scald.
over the scalp and other body parts did not show any sign of singeing. No other injury was noted over the body. Upon internal examination, organs were grossly congested. Otherwise, no remarkable finding was observed. The cause of death was opined as complications of scald injuries sustained involving about 90% of the total body surface area.

Scene of the incident
As per the history provided by the family members during the police inquest, the victim accidentally fell into the cauldron where the cattle feed was being stewed for the domesticated buffalo. The cattle feed is generally cooked in the cauldron without a cover. Medicolegal autopsies in Nepal follow police inquests. Expedite autopsy and quick report mentioning the cause of death is primarily what the investigating officer is interested in and therefore a visit to the scene of death by the doctor performing the autopsy is usually not undertaken. Death scene photographs are also not obtained in most cases. In this case, the investigating officer did not photograph the scene. History was taken from the relatives by the investigating officer as a part of the full investigation via interviews with all members present in the house. Certain details regarding the scene were not available, including size, weight, and placement of the cauldron. However, it was unlikely that the victim could climb and enter into the cauldron because the burning firewood and the heated cauldron would not allow the victim to climb up it. It was further unknown if the cauldron was still over the fireplace or it was moved down from the clay stove. Another possibility might be that the victim might have accidentally knocked the cauldron while playing and spilled the broth all over her body. The spillage which was on the ground might have caused deeper scald over the back of the lower limbs and the buttocks as noted in the autopsy. A remote possibility of deliberate immersion of the child in hot liquid cannot be ruled out. When the mother was questioned on how the child was injured as part of the police inquest, she replied saying the child fell into the cauldron. However, when she was asked if the child fell into the cauldron or cauldron fell on the child, she said she was not present at the scene of the incident and arrived only after she heard the cry of her child.

Discussion
Most of the cases of thermal injuries are reported from the low and middle-income countries around the globe. Scald injuries are an important public health issue worldwide. Although most scald injuries are preventable, when sustained they cause significant morbidity and mortality. Younger children are more curious in exploring their surroundings making them prone to suffer a variety of injuries. Hence, ensuring that they are not left alone while they are doing their routine activity may help to prevent any such kind of catastrophic event. Sustaining scald injuries even on a smaller area of the body may also cause sufficient damage to the skin of young children.

Almost 70% of all thermal injuries in infants, toddlers, and pre-school children are due to scalds and mostly occur at home. Shah et al., reported that the risk for scald injury was greatest in children of 13 to 24 months of age. This is most likely because of their dependency on the mothers and increasing mobility, thus involving more risk of getting injured by spillage of hot liquid or other material present in the household. A study on pediatric scald injuries conducted by Prabakaran revealed a slightly higher proportion of females (53%) compared to males (47%) in the study population. A similar trend where the female to male ratio was more was also observed in the studies conducted by Shah et al., (1.22:1), Rimmer et al., (1.08:1), Yeoh et al., and Agbenorku et al., The World Health Organization states that adult females have slightly higher death rates from thermal injuries than males because of open fire cooking, unsafe cookstoves, and loose clothing. This is opposite to the usual injury pattern sustained by the victims, where rates of injuries are higher in males than females. Children too are vulnerable to thermal injuries as adult women as children accompany their mothers most of the times. While improper adult supervision is considered a major risk factor for childhood thermal injury, child maltreatment too should not be overlooked.

Medicolegal examination of victims of thermal injury is a challenge in forensic practice. In cases of scalds in children, there is suspicion if the injuries were nonaccidental in nature. Thermal injuries in children involving buttocks and lower limbs point more towards abuse. Russo et al., in 1986 suggested some criteria to differentiate between nonaccidental and accidental injuries. The following features are suggestive of child abuse: if the history is inconsistent with the physical findings when there is a delay in seeking medical attention following injury, when there are multiple blunt force injuries with different stages of healing, and when there is localized burn involving the buttocks, genitalia, or perineum. If a child is brought to the hospital by people other than the caretakers, it can also raise suspicions of abuse. The circumstances of injury should also corroborate the autopsy findings. In the present case, the manner of scald injury could not be established as outlined in the case report section.

Thermal injuries are fatal especially in children, with most deaths occurring during the first week after injury. In the present case, the victim died in the hospital a week after sustaining scald injury. The cause of death in fatal cases is usually due to complications of thermal injuries sustained, with the most common complications being septicemia, hypovolemic shock, neurogenic shock, and multiple organ failure. In such cases, timely management is important, especially the
response from the first responder in the form of providing first aid at the site of the incident itself. Upgrading the rural primary health care centers and appointment of medical doctors would save time and lives in serious injuries in remote rural locations of a mountainous country like Nepal. In the present case, first aid was not provided at the scene or initial health center, and there was a delay in treatment as the victim was transferred. The government should frame a policy in this regard. Furthermore, campaigns for awareness can be conducted through radio, television, and in the form of pamphlets, brochures, and street plays. Such campaigns would make the general public aware of preventing unintentional injuries in younger children.

There were some limitations noted in the examination of the present case. Circumstantial evidence, death scene visits, and death scene photographs are important while considering the investigation into the manner of death. In the present case, a detailed death scene investigation and photographic evidence were not available. The police inquest mentioned that the child allegedly fell into the cauldron while playing with no additional analyses. As seven days had already passed and the victim died while under treatment, the police did not visit the actual scene of the incident and the inquest was conducted in the hospital itself. The police inquest detailed the location of the mortuary cold chamber where they viewed the dead body. The bereaved family was also reluctant to provide the details of the incident due to fears of the medicolegal nature of the case and potential legal hassle.

Conclusion
Most thermal injuries are preventable; educating the caretakers might help reduce further thermal injury-related morbidity and mortality in rural Nepal. Deficiencies in the inquest being conducted in rural Nepal and its impact on opining the manner of injury are highlighted in the present case.

Data availability
All data underlying the results are available as part of the article and no additional source data are required.

Consent
Written informed consent for publication of the clinical details and/or clinical images was obtained from the deceased’s mother.

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Version 3

Reviewer Report 17 March 2022

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✅ Wasey Ali Yadullahi Mir
Department of Internal Medicine, Mount Sinai Hospital, Chicago, IL, USA

Good. Approved

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Internal Medicine, Critical Care, Pulmonology and Cardiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 2

Reviewer Report 11 March 2022

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✅ Biliana Mileva
Department of Forensic Medicine and Deontology, Medical University of Sofia, Sofia, Bulgaria

Thank you for making the effort to revise the article and for adding more detailed information concerning the case. I believe that the article should be published in its current form.

Competing Interests: No competing interests were disclosed.
Reviewer Expertise: Forensic medicine, Autopsy, Forensic pathology,

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Wasey Ali Yadullahi Mir
Department of Internal Medicine, Mount Sinai Hospital, Chicago, IL, USA

Thank you for sending me the revised editions. I believe the authors have done a good job in revising and providing the requested information. Unfortunately, certain things cannot be written in more detail due to a lack of police investigation. I believe it should be accepted and move further.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Biliana Mileva
Department of Forensic Medicine and Deontology, Medical University of Sofia, Sofia, Bulgaria

This article presents a rare case in the medico-legal practice. It refers to a two-year-old girl who sustained a severe thermal injury - scalds in unclear circumstances and dies a week later. Scalds are commonly seen injuries but rarely fatal. Since scalds are a well-known method of child abuse - a careful examination and evaluation of the sustained injuries over the victim's body are needed. In the case presented, there is a lack of information concerning the scene of the incident. The
above makes the evaluation and interpretation of the sustained injuries of great importance. The authors have summarized the subject adequately, but more details would make it perfect. Maybe consider adding:

1. More information concerning the condition of the girl on admission to the hospital, the treatment during the hospital stay, and the occurred complications.

2. A more detailed description of the distribution of the injuries over the body - if there are any intact areas, the degree of burns in different anatomical areas, etc., and their interpretation.

Is the background of the case's history and progression described in sufficient detail?
Partly

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?
Partly

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?
Yes

Is the case presented with sufficient detail to be useful for other practitioners?
Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Forensic medicine, Autopsy, Forensic pathology,

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 28 Feb 2022

**Navneet Ateriya, All India Institute of Medical Sciences, Gorakhpur, India**

We thank the learned reviewer for their valuable time going through our manuscript. We have addressed all the suggestions made by the reviewers.

*Comment:* This article presents a rare case in the medico-legal practice. It refers to a two-year-old girl who sustained a severe thermal injury - scalds in unclear circumstances and dies a week later. Scalds are commonly seen injuries but rarely fatal. Since scalds are a well-known method of child abuse - a careful examination and evaluation of the sustained injuries over the victim's body are needed.

*Response:* Thank you.

*Comment:* In the case presented, there is a lack of information concerning the scene of the
incident. The above makes the evaluation and interpretation of the sustained injuries of great importance.

Response: We do agree with the reviewer that the case presented lacks much detail on the scene of incident. The investigating officers of the present case thought this to be a case of an accident and did not visit the crime scene for further investigation. Due to the lack of details of the scene of incidence, there was difficulty in interpreting the manner of death in the present case, which was the focus of the present study and this has been discussed in the discussion section.

Comment: The authors have summarized the subject adequately, but more details would make it perfect. Maybe consider adding:

- More information concerning the condition of the girl on admission to the hospital, the treatment during the hospital stay, and the occurred complications.
- A more detailed description of the distribution of the injuries over the body - if there are any intact areas, the degree of burns in different anatomical areas, etc., and their interpretation.

Response: This information is added.

Competing Interests: No competing interest to declare.

Reviewer Report 21 January 2022

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Wasey Ali Yadullahi Mir

Department of Internal Medicine, Mount Sinai Hospital, Chicago, IL, USA

The authors have presented a case of a female child who presented with extensive burns on admission causing death within 7 days. The autopsy revealed death due to complications of scald injuries. Also puts forth the details of police inquest and lack of emergent care provided at a rural location and delay in treatment in the burn center. Unfortunately, the manner of death was not determined due to reasons provided in the case. The authors also provide the major issue of lack of awareness leading to such preventable causes of injury.

The authors did provide the images, however, the details on the child's presentation on arrival, complications of burns, and seven days treatment in hospital are not discussed in detail. Maybe considering adding a few more details on how to differentiate child abuse in immersion burns from accidental burns in forensic practice will be helpful for readers in the discussion part of the paper.
Is the background of the case's history and progression described in sufficient detail?
Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?
Partly

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?
Yes

Is the case presented with sufficient detail to be useful for other practitioners?
Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Pulmonary disease, Critical Care Medicine, Cardiology and Internal Medicine

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

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**Author Response 28 Feb 2022**

**Navneet Ateriya**, All India Institute of Medical Sciences, Gorakhpur, India

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The authors did provide the images, however, the details on the child's presentation on arrival, complications of burns, and seven days treatment in hospital are not discussed in detail.

Maybe considering adding a few more details on how to differentiate child abuse in immersion burns from accidental burns in forensic practice will be helpful for readers in the discussion part of the paper.
Response: We have added the details on the child's presentation on arrival at the hospital as per the available hospital records. The points to differentiate accidents from intentional scalds are discussed in the discussion section.

**Competing Interests:** No competing interest to declare.

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