Stiff substrates enhance cultured neuronal network activity

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The mechanical property of extracellular matrix and cell-supporting substrates is known to modulate neuronal growth, differentiation, extension and branching. Here we show that substrate stiffness is an important microenvironmental cue, to which mouse hippocampal neurons respond and integrate into synapse formation and transmission in cultured neuronal network. Hippocampal neurons were cultured on polydimethylsiloxane substrates fabricated to have similar surface properties but a 10-fold difference in Young's modulus. Voltage-gated Ca\(^{2+}\) channel currents determined by patch-clamp recording were greater in neurons on stiff substrates than on soft substrates. Ca\(^{2+}\) oscillations in cultured neuronal network monitored using time-lapse single cell imaging increased in both amplitude and frequency among neurons on stiff substrates. Consistently, synaptic connectivity recorded by paired recording was enhanced between neurons on stiff substrates. Furthermore, spontaneous excitatory postsynaptic activity became greater and more frequent in neurons on stiff substrates. Evoked excitatory transmitter release and excitatory postsynaptic currents also were heightened at synapses between neurons on stiff substrates. Taken together, our results provide compelling evidence to show that substrate stiffness is an important biophysical factor modulating synapse connectivity and transmission in cultured hippocampal neuronal network. Such information is useful in designing instructive scaffolds or supporting substrates for neural tissue engineering.

Results
Polydimethylsiloxane (PDMS) substrates were used in the present study as have been recently shown to have a wide range of elasticity or mechanical strength independently of surface properties and thus are highly appro-
appropriate for study of the mechano-sensitivity of cellular processes\textsuperscript{16}. Indeed, our two types of PDMS substrate preparations had similar surface roughness or topography as revealed using atomic force microscopy (Fig. 1a), but a 10-fold difference in Young’s modulus (46 ± 11 kPa versus 457 ± 39 kPa; n = 6) as determined using the spherical indentation method (see Materials and Methods). We referred to them from here onwards as the soft and stiff substrates, respectively. Hippocampal neurons cultured on such substrates over a period of 14–18 days showed the typical size of cell body, morphology, neurite growth and extension. Neurites grew in all directions and with varying distances, and a high proportion of them made contacts with each other in the later stage (Fig. 1b–d). Further characterization by immunofluorescent confocal microscopy using antibodies that recognize MAP2 (a neuronal marker), vesicular glutamate transporter (vGLUT1) (a marker of excitatory neurons using glutamate) or GAD67 (a maker for inhibitory neurons using \( \gamma \)-aminobutyric acid or GABA) shows no difference in neuron density, soma size, and percentage of excitatory and inhibitory neurons on stiff and soft substrates (Fig. 1c–e).

Cytosolic Ca\( ^{2+} \) is a ubiquitous signaling molecule, and neurons express numerous Ca\( ^{2+} \) signaling mechanisms that play a crucial role in determining and regulating their functional roles\textsuperscript{17}. Voltage-gated Ca\( ^{2+} \) channels mediating Ca\( ^{2+} \) influx into the presynaptic terminals are particularly important for synaptic transmission\textsuperscript{17,18}. Thus, we firstly examined the effect of substrate stiffness on voltage-gated Ca\( ^{2+} \) channels in hippocampal neurons in culture for 8–10 days \textit{in vitro} (DIV8–10), using whole-cell patch-clamp recording and Ba\( ^{2+} \) as the charge carrier to avoid perturbation of Ca\( ^{2+} \)-dependent mechanisms. Neurons cultured on both substrates responded to depolarization pulses with non-inactivating currents (Fig. 2a). The current-voltage (I-V) relationship curves were bell-shaped; the inward currents began to appear approximately at \(-30\) mV, reached the maximum at \(-5\) mV and reversed at \(+50\) mV (Fig. 2b). The amplitude of inward currents in the voltage range from \(-15\) mV to \(+15\) mV was significantly greater in neurons on stiff substrates as compared to that in neurons on soft substrates (Fig. 2b). Similar increases in voltage-gated Ca\( ^{2+} \) channel currents in nerve growth factor-differentiated PC12 pheochromocytoma cells (Fig. 2c–d), a cell model for neuronal function. Taken together, these results suggest up-regulation of neuronal voltage-gated Ca\( ^{2+} \) channels by stiff substrates.

Hippocampal neurons as they mature \textit{in vivo} or \textit{in vitro} develop spontaneous oscillations in the cytosolic Ca\( ^{2+} \) concentrations.

![Figure 1](https://www.nature.com/scientificreports/) Surface topography of PDMS substrates and effect of substrate stiffness on neuronal cultures. (a) Representative AFM images showing similar surface topography of soft and stiff substrates. (b) Representative optical microscopic photos showing DIV14 neurons on soft and stiff substrates. (c) Left: representative fluorescent confocal images showing neurons stained with MAP2. Right: summary of neurons density (top) and soma size (bottom), determined from images like the one shown on the left. (d) Representative MAP2 staining, GAD67 staining and merged fluorescent images (top), or MAP2 staining and vGLUT1 staining and merged fluorescent images (bottom), on soft substrates. The arrows in the merged images highlight example neurons with positive (filled) and negative (empty) co-staining. (e) Percentage of vGLUT1-positive (top) and GAD67-positive neurons (bottom). The numbers shown in parenthesis indicate images (cell density in (c) and (e)) or neurons (soma area in (c)) examined in each case. Similar results were observed in four independent experiments. NS denotes no significant difference.
(\([\text{Ca}^{2+}]_c\)), or \(\text{Ca}^{2+}\) oscillation as a result of synapse formation in neuronal network\textsuperscript{19–24}. We combined time lapse microscopy and Fura-2 ratiometry to investigate the effect of substrate stiffness on basal \([\text{Ca}^{2+}]_c\) and \(\text{Ca}^{2+}\) oscillations in DIV14–18 neurons (Fig. 3a–c). The basal \([\text{Ca}^{2+}]_c\) were similar in neurons cultured on soft and stiff substrates (Fig. 3d). \(\text{Ca}^{2+}\) oscillations were observed in a majority of neurons but neurons on stiff substrates exhibited significant increases in both frequency and amplitude (Fig. 3e–f) with no discernible change in synchronization (Fig. 3g).

\(\text{Ca}^{2+}\) oscillations have been shown to be mediated by excitatory and inhibitory neurons or synapses in the neuronal networks\textsuperscript{19–22}. To further study the effects of substrate stiffness on synapse formation and function, we recorded spontaneous excitatory and inhibitory postsynaptic currents (sEPSC and sIPSC) from DIV14–18 neurons. The results are summarized in Fig. 4. There were significant increases in both amplitude and frequency of sEPSC in neurons on stiff substrates (Fig. 4b–c) and by contrast no effect on sIPSC was detected (Fig. 4d). We also determined the synaptic connectivity directly by paired recording (Fig. 5a) on the basis that action potentials (APs), induced by injecting currents into one (or presynaptic) neuron, evoke neurotransmitter release and subsequent postsynaptic currents in another synaptically coupled (postsynaptic) neuron. The average percentage of synaptic connectivity among neurons on stiff substrates was significantly greater than that among neurons on soft substrates (Fig. 5b). More specifically, stiff substrates increased both excitatory and inhibitory synaptic connectivity (Fig. 5c). The synaptic connectivity was completely abolished in extracellular \(\text{Ca}^{2+}\)-free solutions (data not shown), consistent with a critical role of \(\text{Ca}^{2+}\) influx in inducing synaptic transmission. We also examined the electrical coupling between neurons. The prevalence of electrical coupling and the coupling coefficient were not altered by substrate stiffness (Fig. 5d–f). Finally, we compared AP-evoked excitatory postsynaptic currents (EPSC) and inhibitory postsynaptic currents (IPSC), and also paired-pulse facilitation (PPF) or depression (PPD) that are often indicative of vesicular release probability (Pr) of neurotransmitters with a lower Pr resulting in a greater PPF or PPD value\textsuperscript{25}. The cumulative distribution of postsynaptic currents shows that the size of evoked EPSC was increased significantly in neurons on stiff substrates relative to that in neurons on soft substrates (Fig. 5g). The PPF value was, as expected, significantly lower for neurons on stiff substrates \((1.12 \pm 0.07)\) than on soft substrates \((1.38 \pm 0.08; p < 0.05)\) (Fig. 5h), consistent with enhanced excitatory synaptic transmission. In contrast, there was no change in evoked IPSC and PPD value (Fig. 5i–j). Collectively, these results provide consistent evidence to show that stiff substrates preferentially enhance the excitatory synaptic connectivity and transmission in cultured hippocampal neuronal network.

**Discussion**

The present study provides evidence to show that substrate stiffness strongly enhances voltage-gated \(\text{Ca}^{2+}\) channel currents, \(\text{Ca}^{2+}\) oscillations, synaptic connectivity, and excitatory neurotransmission in cultured hippocampal neuronal networks.
As mentioned above, neurons express a diversity of 
Ca\(^{2+}\) signaling mechanisms that are important for brain functions\(^{17,18,25–27}\), including presynaptic voltage-gated \Ca\(^{2+}\) channels to mediate transmission at synapses, and synchronized \Ca\(^{2+}\) oscillations in neuronal networks to determine neuronal plasticity. Diverse extrinsic chemical signals and intrinsic mechanisms exist at both presynaptic and postsynaptic sites to determine or modulate synaptic formation and transmission\(^{17,22–28}\). For example, expression of cadherin-9 is crucial for synapse formation between dentate gyrus and CA3 neurons in hippocampus\(^{28}\) and neuropeptides via activation of distinctive G-protein-coupled receptors can alter the amplitude and/or frequency of \Ca\(^{2+}\) oscillations and thereby neuronal plasticity\(^{23}\). Emergent evidence suggests that the physical properties of neuron-supporting substrates are also influential. Thus, culturing neuronal stem cell differentiated neurons on graphene, as opposed to tissue culture plastic surface, enhanced synchronized spontaneous \Ca\(^{2+}\) oscillations and thereby neuronal plasticity\(^{25}\). Stiff substrates also stimulated synchronized spontaneous \Ca\(^{2+}\) oscillations in cultured neuronal network (Fig. 3), and facilitated excitatory synaptic connectivity and transmission (Fig. 4a–c, Fig. 5c and Fig. 5g–h). These findings are consistent with the notion that the \Ca\(^{2+}\) oscillations result from periodic burst firing of APs engaging excitatory synaptic transmission via activation of L-type voltage-gated \Ca\(^{2+}\) channels and excitatory NMDA receptors\(^{19,22,23,30}\). The excitatory GABA\(_{A}\) receptors in the neonatal hippocampus have been reported to mediate the \Ca\(^{2+}\) oscillations in synergy with NMDA receptors\(^{19}\). This study has shown that the stiff substrates also enhanced the inhibitory synaptic connectivity (Fig. 5c) but did not alter the inhibitory synaptic transmission (Fig. 4d–f and Fig. 5i–j). Further investigations are required to determine the contribution of the excitatory and inhibitory receptors in mediating the increases in the \Ca\(^{2+}\) oscillations and the discriminating effects on the excitatory versus inhibitory synaptic transmission. The increases in spontaneous \Ca\(^{2+}\) oscillations on stiff substrates have also been documented in other cell types; for

**Figure 3** Stiff substrate increases synchronized spontaneous cytosolic \Ca\(^{2+}\) oscillations in cultured neural networks of hippocampal neurons. **(a)** Representative single cell images showing \Ca\(^{2+}\) fluorescence in DIV14–18 neurons on stiff substrates. **(b)** Representative single cell images showing \Ca\(^{2+}\) fluorescence intensity at given time points from one neuron on soft substrate and another neuron on stiff substrate. **(c)** Representative time elapse recordings of \Ca\(^{2+}\) oscillations from neurons on soft and stiff substrates. **(d)** Summary of the basal cytosolic \Ca\(^{2+}\) concentrations (left), and the magnitude (middle) and frequency (right) of \Ca\(^{2+}\) oscillations in 58 neurons on soft and stiff substrates from three preparations. *\(p < 0.05\) denotes significant difference, and NS, no significant difference. **(g)** Left: representative single cell images showing \Ca\(^{2+}\) fluorescence in DIV14–18 neurons on soft and stiff substrates. Right: time elapse recordings of \Ca\(^{2+}\) oscillations from four neurons as denoted by circles in the left images.
example, spontaneous cytosolic Ca^{2+} oscillations became more frequent in human mesenchymal stem cells when cultured on stiff polyacrylamide gel substrates or were amplified in endothelial cells when migrating from soft to stiff region of the substrates. It is thus attractive to propose tuning the frequency and/or amplitude of cytosolic Ca^{2+} oscillations as a common intrinsic mechanism which cells use to encode the difference and/or change in the mechanical property of their microenvironments. Neurons examined in the present study were supported directly by the substrates based on visual examination (Fig. 1b). The stiff substrates increased the voltage-gated Ca^{2+} channel currents in cultured hippocampal neurons (Fig. 2a–b) and similarly in nerve growth factor-differentiated PC12 cells (Fig. 2c–d). Taken together, these results support expression of intrinsic mechano-sensing mechanisms in neurons. Nevertheless, it is worth pointing out that our hippocampal neuronal preparations like those used in many previous studies contained glial cells, and thus we cannot exclude the intriguing possibility that the glial cells have a role in sensing the mechanical cues and relaying to co-existing neurons. The PDMS substrates used in this present study are similar to those in previous studies, particularly those focusing on tissue engineering, and the substrate stiffness is much higher than the overall stiffness of brain tissues. While it is important to determine the effects of changing the substrate stiffness occurring to the brain tissues on synaptic formation and function, the interesting finding reported in the present study is useful for the development of novel instructive scaffolds for neural tissue engineering.

The mechano-sensing mechanisms are currently still poorly understood, despite several cytoskeletal and signaling proteins have been identified in various cell types, including receptor-like protein tyrosine phosphatase, integrins, RhoA and GAP-43 as well as mechano-sensitive ion channels as well as mechano-sensitive ion channels. In addition, there is evidence suggesting that the effect of substrate stiffness on dendrite arborization is mediated by glutamate receptors. More investigations are clearly required to identify the neuronal voltage-gated Ca^{2+} channels that are up-regulated by stiff substrates, and particularly elucidate the mechano-sensing mechanisms that enhance voltage-gated Ca^{2+} channel function, synaptic connectivity, excitatory synaptic transmission, and synchronized spontaneous Ca^{2+} oscillations we have reported here in cultured hippocampal neuronal network.

In summary, we have shown stiffness of cell-supporting substrates can strongly modulate excitatory synaptic connectivity and transmission in cultured hippocampal neuronal network. Such findings are useful for design of instructive scaffolds to be used in neural tissue engineering as well as to inspire a new insight into brain functions and mechanisms of diseases that change extracellular matrix compliance.

Methods

Preparation and characterization of PDMS substrates. PDMS curing agent (sylgard184; Dow corning Corp) were mixed with base agent in a mass ratio of 10:1 or 50:1 in 15-mL centrifugal tubes, and centrifuged in a bench-top centrifuge to remove air bubbles. The mixture of ~100 µl was transferred using a pipette onto the top of four 12-mm coverslips in a 35-mm petri dish and left at 65°C for 12 hrs; the resulting PDMS substrates were oxidized in an oxygen plasma cleaner, which generated silanol group (Si-OH) on the surface of the PDMS, then sterilized by UV radiation for 2 hrs, coated with fibronectin and left in a laminar flow cabinet for at least 2 hrs. The PDMS-coverslips were washed extensively with sterile water and dried before being used to culture hippocampal neurons as described previously.

The substrate surface topography was examined using atomic force microscopy (AFM) (Nanoscope IIIa system, Digital Instruments, Santa Barbara, CA, USA) in a
tapping mode with 512 × 512 pixel data acquisition and 1 Hz scan speed. The AFM images were recorded with a standard silicon tip on a cantilever beam. The cantilever had a spring constant of 50 pN/nm, and was 125 μm long with a resonant frequency of 300 kHz.

The Young’s modulus of the substrates was determined using the spherical indentation method and ElectroForce H3100 test instrument (Bose, Shanghai, China) as described previously. In brief, the samples had a diameter of 55 mm and a height of 15 mm. The spherical indenter of 3-mm radius was used. The loading procedures were undertaken with controlled displacement, and the loading rate was set at 2 mm/s and the maximum indentation depth at 5 mm. Measurements were undertaken at six different positions of the sample, and the depth-indentation load curves were recorded. The initial shear modulus was determined by fitting the load curves up to different ratios of h/R using the following equation:

\[ P = \frac{16}{9} E \sqrt{hR} \left( 1 - 0.15 \frac{h}{R} \right) \]

where \( P \) represents indentation load, \( E \) Young’s modulus, \( h \) indentation depth and \( R \) indenter radius.

**Hippocampal neuron culture preparation and PC12 cell culture.** All animal procedures were in accordance with the guidelines approved by Tsinghua University. Mouse hippocampal neurons were isolated from one day old pups as previously described. In brief, after the blood vessels and meninges were removed, the hippocampus was collected into tubes in cold Hank’s balanced salt solution (HBSS), and rinsed twice with HBSS solutions. Tissues were digested in TrypIE (Sigma) for 15 min at 37°C and gently triturated using pipette tips to cell suspension in DMEM medium supplemented with 10% fetal bovine serum (FBS) and 2% B-27 (Life Technologies). Cells were seeded approximately 6000 cells/cm² and were maintained at 37°C in humidified atmosphere with 5% CO₂. Arabinofuranosyl cysteine at 1 μg/
ml was added to culture medium 2–3 days after initial seeding to inhibit glial proliferation. PC12 cells were seeded on substrates and culture in DMEM medium supplemented with 10% FBS and 50 ng/ml nerve growth factor (Sigma) for 8–10 days before use.

**Immunofluorescence staining and confocal imaging.** This was performed at room temperature with the primary antibody at 4°C. The sections were washed with phosphate buffered solutions (PBS), fixed with 4% paraformaldehyde in PBS for 15 min and then permeabilized with 0.2% Triton X-100 (Sigma) in PBS for 5 min. After extensive washing with PBS, cells were blocked with 5% bovine serum albumin in PBS for 60 min, and incubated with primary rabbit polyclonal MAP2 antibody (Abcam) at a dilution of 1: 500 alone, or together with mouse monoclonal GAD67 antibody (Millipore) at 1: 200 or mouse monoclonal vGLUT1 (Millipore) at 1: 200 overnight. After extensive wash with PBS, cells were incubated with secondary Alexa Fluor568 goat anti-rabbit IgG antibody (Molecular Probes) at 1: 1000 alone or with Alexa Fluor488 goat anti-mouse IgG antibody (Molecular Probes) at 1: 1000 for 60 min. Fluorescence images were captured using a fluorescence microscope (TCS-SPS, Leica Microsystems).

**Patch-clamp recording.** Whole-cell currents were recorded from DIV8–10 neurons at room temperature, using an Axopatch 200B amplifier and pClamp software version 10.0 (Axon Instruments). The patch cells were perfused at 0.5 ml/min in extracellular solution containing (in mM): 140 NaCl, 10 HEPES, and 20 glucose, pH 7.3 with TEA-OH, 310 mOsm. The pipette solution contained (in mM): 110 CsCl, 10 EGTA, 4 Mg-ATP, 0.3 Na-GTP, 25 HEPES, 10 Tris-phosphocreatine and 20 U/ml creatine phosphokinase, pH 7.3 with CsOH, 290 mOsm. The resistance of recording pipettes in extracellular solution was 3.0–4.0 MΩ. The membrane potential was held at −80 mV and series resistance compensated by 80%. Currents were evoked by applying test pulses of −75 mV to +100 mV with 40-s duration and an increment of 5 mV at 10-s intervals. The cell capacitance (32 ± 2 pF) and series resistance (<20 MΩ) were monitored throughout the recording. Signals were filtered at 1 kHz and digitized at 10 kHz. The leak currents were corrected using the online P/6 trace subtraction.

**Cytosolic Ca**²⁺** measurement.** Cytosolic Ca**²⁺** concentrations in DIV14–18 neurons were measured at room temperature using Fura-2 ratiometric method. In brief, neurons were incubated with 2 μM Fura-2/acetoxymethyl ester (Life Technologies) in DMEM culture medium at 37°C for 30 min, followed by washing with extracellular solution without CaCl2. Before use. Alexa Fluor488 goat anti-mouse IgG antibody (Molecular Probes) at 1: 1000 alone or with Alexa Fluor568 goat anti-rabbit IgG antibody (Molecular Probes) at 1: 1000 for 60 min. Fluorescence images were captured using a fluorescence microscope (TCS-SPS, Leica Microsystems).

**Statistical analysis.** The data were presented as mean ± s.e.m., where appropriate. The neuron density was derived from MAP2-positive cells that were counted in fluorescent images and converted to the number of neurons per mm², and the soma area of individual MAP2-positive cells was estimated using ImageJ. The percentage of excitatory and inhibitory neurons was obtained by visually identifying the number of MAP2-positive and vGLUT1-positive neurons or MAP2-positive and GAD67-positive neurons, and divided by the number of MAP2-positive neurons examined. The peak Ba²⁺ currents were normalized to the cell membrane capacitance and presented as current density. To determine the basal Ca**²⁺** level and cytosolic Ca**²⁺** oscillations, cells with the basal F340/F380 value within the average ± 2 × standard deviation were included in analysis, and the Ca**²⁺** spike was defined with its amplitude being >1.2 times the basal level. The number of Ca**²⁺** oscillation per minute and the changes in F340/F380 were used to calculate the frequency and amplitude. Spontaneous postynaptic currents were analyzed using Clampfit (Molecular Devices) and Mini Analysis Program (Synaptosoft). The last 10 AP-evoked EPSCs and IPSCs were averaged to obtain the postynaptic current amplitude which was obtained from the cumulative distribution as described previously14. PPF value was derived by the ratio of the second EPSC over the first EPSC and PPD value by the ratio of the second IPSC over the first IPSC. Statistical analysis was conducted using Student’s t-test for the mean data and using Kolmogorov-Smirnov for the cumulative distribution of spontaneous and evoked EPSC and IPSC, with the difference to be considered significant at p < 0.05.
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**Acknowledgments**

This work was support by research grants (No.11072132 and No.11272184) from National Natural Science Foundation of China.

**Author contributions**

H.C.Z., L.H.J. and Q.Y.Z. conceived the research, designed the experiments, prepared and revised the manuscript. Q.Y.Z. and J.X. performed the experiments. Y.Y.Z. and B.L.L. analyzed the data. S.N.L., B.H., C.X.L. and W.Y.C. provided technical support. All authors discussed the results and commented on the manuscript.

**Additional information**

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Zhang, Q.-Y. et al. Stiff substrates enhance cultured neuronal network activity. *Sci. Rep.* **4**, 6215; DOI:10.1038/srep06215 (2014).