Sod Competition in Peach Production: II. Establishment Beneath Mature Trees

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Abstract. Planting sod beneath peach trees (Prunus persica) to control excessive vegetative growth was evaluated from 1987 to 1993 in three field studies. Peach trees were established and maintained in 2.5-m-wide vegetation-free strips for 3 years, and then sod was planted beneath the trees and maintained for 5 to 7 years. Reducing the vegetation-free area beneath established peach trees to a 30- or 60-cm-wide herbicide strip with three grass species (Festuca arundinacea, Festuca rubra, Poa trivialis), reduced total pruning weight/tree in 5 of 16 study-years and weight of canopy suckers in 6 of 7 study-years, while increasing light penetration into the canopy. Fruit yield was reduced by planting sod beneath peach trees in 5 of 18 study-years; however, yield efficiency of total fruit and large fruit (kg yield/cm² trunk area) were not reduced in one study and in only 1 year in the other two studies. Planting sod beneath peach trees increased available soil water content in all years, and yield efficiency based on evapotranspiration (kg yield/cm² soil water use plus precipitation) was the same or greater for trees with sod compared to the 2.5-m-wide herbicide strip. Planting sod beneath peach trees has the potential to increase light penetration into the canopy and may be appropriate for high-density peach production systems where small, efficient trees are needed.

Controlling excessive vegetative growth in peach production is necessary in order to maintain high productivity (Chalmers et al. 1981; Guilivio et al. 1984) and prevent canopy shading that reduces fruit bud initiation. Dwarfing rootstocks are successfully used in apple production (Lockard and Schneider, 1981) to limit vegetative growth, however, dwarfing peach rootstocks are not commercially available, even though some can reduce tree size by 50% (Layne, 1987). Dwarfing may be a secondary consideration in choosing a rootstock relative to pest resistance and short-life considerations. Gradziel and Beres (1993) have developed a semi-dwarf clingstone peach with 30% to 50% reduction in internode length; however, other semi-dwarf cultivars for fresh market are yet to be developed. Plant growth regulators can control tree size (Miller, 1988), however, environmental concerns limit their development in the United States.

Cultural practices remain the short-term solution to controlling excessive vegetative growth in peach production. In arid and semiarid climates, limiting root growth to the volume of soil wetted through deficit irrigation limited tree vigor (Boland et al. 1994; Chalmers et al. 1981; Ran et al. 1992). In temperate regions root growth is not exclusively limited to the soil volume wetted by irrigation and so would not limit tree growth. Williamson and Coston (1990) and Myers (1992) controlled tree vigor in a subhumid region by lining the lower extent of the rootzone with a root impermeable fabric. Welker and Glenn (1985, 1989) and Glenn and Welker (1996) used sod competition to control tree size in young peach trees, and Huslig et al. (1993) used sod competition to limit vegetative growth before stage III of fruit development and then killed the sod to prevent reduced fruit size. The premise of these cultural techniques is that there is an equilibrium between the size of the root system and the above ground portion of the tree (Richards and Rowe, 1977). Boland et al. (1994) confirmed this concept by demonstrating a 4-fold difference in size for peach trees planted in soil volumes ranging from 0.025 to 1.0 m³. Mandre et al. (1995) further demonstrated that fruit growth was not reduced when shoot growth was reduced by root confinement. Glenn and Welker (1989a, 1993) and Parker et al. (1993) have shown that sod limits peach root development and shoot growth supporting the idea that both biological and physical restriction of the root system will reduce vegetative growth. Glenn and Welker (1996) demonstrated that reducing the size of the vegetation-free area beneath peach trees during a 6-year period reduced vegetative growth and tree size, however, yield efficiency was unaffected.

The present study determined whether sod species and width of the sod strip beneath established trees would reduce yield, vegetative growth and yield efficiency.

Materials and Methods

‘Harmony’, ‘Redhaven’, and ‘Summerglo’ on ‘Halford’ seedling rootstock were planted in hand-dug holes in 1987, 1984, and 1983, respectively. The studies were within 300 m of each other and were similarly managed following planting. All trees were cut back to a height of 1 m at planting. A randomized complete-block design with five replicates was used with blocks arranged perpendicular to the slope. Each plot was 3 m wide and contained three trees, with a guard tree between plots in the row. Tree rows were spaced 6 m with 4.5 m between trees within the row and were oriented parallel to the slope. The trees were pruned each spring in an open-center form. The 3-m-wide drive middle was maintained in a ‘Kentucky-31’ (K-31) tall fescue (Festuca arundinacea Schreb.) sod. Following planting, the 3-m tree row strip was kept vegetation-free using a residual herbicide treatment of 1.12 kg a.i./ha N(3,4-dichlorophenyl)-N,N-dimethyleurea (diuron) plus 1.12 kg a.i./ha 5-chloro-3(1,1-dimethylthyl)-6-methyl-2,4(1H,3H) pyrimidinedione (terbacil). This residual herbicide treatment was used in growing seasons one and two for all studies. During the...
In the late summer of the third growing season, the sod treatments were applied. In the ‘Harmony’ study, ‘Reliant’ red fescue (*Festuca rubra*) was planted (224 kg/ha) in the tree row strip leaving either a 30- or 60-cm-wide vegetation-free strip in the center of the tree row. The untreated control remained a 2.5-m-wide vegetation-free strip. In the ‘Redhaven’ study, ‘Reliant’ red fescue (224 kg/ha) or rough meadow grass (*Poa trivialis*) (112 kg/ha) was planted in the tree row strip leaving a 30-cm-wide vegetation-free strip in the center of the tree row. The untreated control remained a 2.5-m-wide vegetation-free strip. In the ‘Summerglo’ study, ‘K-31’ tall fescue was planted (168 kg/ha) in the tree row strip leaving a 2.5-m, 30-cm- or 60-cm-wide vegetation-free strip in the center of the tree row.

In all three studies, trees were fertilized with 300 kg/ha of 10N–8.3P–4.4K in the spring of each year. Trees were dormant pruned annually and the weight of prunings/tree was measured. In the latter years of the study, the number and weight of canopy sucker shoots was also measured. Canopy sucker shoots were the vertically-oriented shoots originating from older wood in the interior of the canopy. Leaf samples were collected in July to determine leaf nitrogen percentage. Trunk diameter 30 cm above the soil line was measured at the end of each growing season and converted to trunk cross-sectional area. Fruit yield was measured from three to five pickings of all the fruit on the tree. All fruit harvested were sorted by size into categories: <65 mm in diameter and >65 mm in diameter (large fruit). Yield efficiency was calculated as yield (kg)/(trunk cross-sectional area (cm²)).

Acrylic tubes (57 mm in diameter, 1 m in length) were installed midway between the center trees in each plot of the ‘Redhaven’ and ‘Summerglo’ studies. Soil water content was determined using a calibrated neutron moisture probe (model 503; Campbell Pacific Nuclear, Pacheco, Calif.). Soil water content was measured weekly throughout the growing season for the 0–30, 30–60 and 60–90 cm depths. Water use efficiency was calculated as yield (kg)/(cm³ water use from May through August) plus precipitation for May through August) for years in which there was at least 80% of a full crop. Water use efficiency was based on the annual increase in trunk cross-sectional area (cm²)/(cm³ water use from May through August plus precipitation for May through August (cm)).

The depth of the A horizon in the three study areas was measured in two soil cores from each plot. The samples were collected midway between the center trees in each plot in 1993.

Light penetration through the canopy was measured with a 1-m-line quantum sensor (LI-COR, Lincoln, Neb.) in the ‘Redhaven’ and ‘Summerglo’ studies. The light bar was placed at ground level on permanent and level stakes positioned 1 and 2 m from the tree in line with the tree row and on both sides of the tree. The light bar was aligned parallel to the tree row. Before measuring each tree, a full sun reading was made, and the readings below the canopy were expressed as percentage of full sun. Readings were made on uniformly clear or uniformly overcast days. Light penetration data were collected on nine dates in 1992 and five dates in 1993.

Differences in canopy surface temperature from ambient air temperature were measured on nine dates in 1988 in the ‘Redhaven’ and ‘Summerglo’ studies with an infrared thermometer (model 110; Everest Scientific, Tustin, Calif.). The infrared thermometer was elevated to 3 m and aimed at a 30° angle below the horizontal. This orientation measured the canopy minus air temperature of the canopy top interior. Ambient air temperature was sensed by a thermistor extended 20 cm from the infrared thermometer. Four readings were made around the tree and averaged. A single tree in each plot was measured at each sampling date. All treatments were measured in the ‘Redhaven’ study however, only the 2.5-m and 30-

### Table 1. Effect of vegetation-free strip width on growth, yield, and leaf nitrogen for ‘Harmony’ peach.

| Width of vegetation-free strip (m) | Year | Total yield of fruit >65 mm (kg/tree) | Yield of fruit >65 mm in diam (kg/tree) | Trunk area (cm²) | Yield efficiency (kg cm⁻²) | Pruning total wt (kg/tree) | Canopy sucker pruning wt (kg/tree) | Leaf N (%) |
|-----------------------------------|------|-------------------------------------|--------------------------------------|----------------|--------------------------|--------------------------|----------------------------------|-----------|
| 2.5                               | 89   | 4.9                                 | 7                                    | 4.9             | 5.6                      | 58                       | 0.14                             | 0.14      | 2.89 A2 |
| 0.6                               | 89   | 3.2                                 | 3.8                                  | 3.2             | 3.1                      | 57                       | 0.07                             | 0.07      | 2.58 B  |
| 0.3                               | 89   | 3.0                                 | 3.5                                  | 3.0             | 2.5                      | 44                       | 0.06                             | 0.06      | 2.33 B  |
| 2.5                               | 90   | 15.5                                | 12.6                                 | 72              | 25                      | 69                       | 0.17                             | 0.17      | 2.75 A  |
| 0.6                               | 90   | 11.0                                | 10.2                                 | 72              | 25                      | 69                       | 0.17                             | 0.17      | 2.75 A  |
| 0.3                               | 90   | 8.3                                 | 9.0                                  | ND              | ND                      | 54                       | 0.15                             | ND        | 2.27 B  |
| 2.5                               | 91   | 35.3                                | 30.9                                 | 28.6            | 25.2                     | 75                       | 6.2 A                             | 3.06      |         |
| 0.6                               | 91   | 23.6                                | 24.9                                 | 16.0            | 17.0                     | 50                       | 5.4 B                             | 2.76      |         |
| 0.3                               | 91   | 19.6                                | 22.6                                 | 14.8            | 17.1                     | 54                       | 0.15                             | ND        | 2.27 B  |
| 2.5                               | 92   | 38.7                                | 34.9                                 | 36.6            | 33.2                     | 88                       | 0.38                             | 0.36      | 3.2      |
| 0.6                               | 92   | 31.4                                | 32.7                                 | 30.0            | 31.5                     | 79                       | 0.37                             | 0.35      | 1.2 B    |
| 0.3                               | 92   | 24.7                                | 29.4                                 | 24.0            | 26.3                     | 66                       | 0.35                             | 0.34      | 0.8 B    |
| 2.5                               | 93   | 23.4                                | 18.5                                 | 21.6            | 16.9                     | 95                       | 0.24                             | 0.22      | 7.2 A    |
| 0.6                               | 93   | 17.2                                | 18.7                                 | 16.4            | 17.9                     | 87                       | 0.19                             | 0.18      | 4.0 B    |
| 0.3                               | 93   | 12.3                                | 15.6                                 | 11.6            | 14.9                     | 69                       | 0.17                             | 0.16      | 3.0 B    |
| 2.5                               | 94   | 5.2                                 | 4.4 A                                | 3.7 A           | 2.9 A                    | 2.6 B                    | 3.1 B                            | 1.3 B     | 1.8 B    |
| 0.6                               | 94   | 3.5 AB                               | 3.8 AB                               | 2.1 B           | 2.4 B                    | 2.6 B                    | 3.1 B                            | 1.3 B     | 1.8 B    |
| 0.3                               | 94   | ND                                  | ND                                   | ND              | ND                      | 2.6 B                    | 3.1 B                            | ND       |         |

*Adjusted mean from analysis of covariance, using depth of ‘A’ horizon as the covariate P < 0.05

*Mean separation within columns and years at P < 0.05 by Ryan-Einot-Gabriel-Welsch test. Nonsignificant comparisons have no letter.

*No data.
cm-wide vegetation-free strip were measured in the ‘Summerglo’ study. Measurements were made under clear sky conditions near solar noon.

Yield, tree growth, and leaf N percentage data were initially analyzed using a split plot in time design with treatment as the main plot and year as the subplot. When treatment × year interactions were significant, data were analyzed by year. Soil water content, canopy minus air temperature, and light penetration data were analyzed in a split plot design with sod treatment as the main plot and date of sampling as the subplot; the date × treatment interactions were not significant for light penetration and canopy minus air temperature. An LSD ($P = 0.05$) was calculated for each soil depth to separate soil water content means. Analysis of covariance using the depth of the ‘A’ horizon as the covariate was applied to the growth and yield response. Only the ‘Harmony’ study had a significant covariance response and adjusted means were calculated for the growth and yield responses. Treatment means were separated using Ryan-Einot-Gabriel-Welsch mean separation technique at $P = 0.05$.

**Results**

**Harmony study.** The 0.3- and 0.6-m-wide vegetation-free strip did not reduce total yield, large fruit yield, trunk cross-sectional area, or yield efficiency (Table 1) compared to the 2.5-m-wide vegetation-free control. These growth parameters were related to the depth of the ‘A’ horizon, however, analysis of covariance indicated no treatment effect on the means adjusted to the average depth of the ‘A’ horizon. The sod treatments reduced total pruning weights and the weight of canopy suckers in all years. These pruning parameters were related to the depth of the ‘A’ horizon and analysis of covariance indicated significant treatment effects on the adjusted means. Leaf nitrogen percentage was reduced by the 30- and 60-cm-wide vegetation-free strip in 3 of the 5 years, and 2 of the 5 years, respectively. Trees in the 2.5-m vegetation-free strip had the highest percentage of N in 3 of 5 years.

**Redhaven study.** The sod treatments of *Poa trivialis* and *Festuca rubra* reduced total and large fruit yield in the last 2 years of the 7 year study compared to the 2.5-m control (Table 2). Yield and large fruit yield efficiency were reduced by the sod treatments in the last year of the study. The weight of canopy suckers was reduced by the sod treatments in the last 2 years of the study. Leaf N percentage was reduced by the sod treatments in 1 of 7 years. Planting sod of either species beneath peach trees did not reduce trunk cross-sectional area or total pruning weight in any year of the study compared to the 2.5-m-wide vegetation-free control. Light levels beneath the canopy 1 m from the trunk were unaffected by the sod treatments compared to the 2.5-m control, however, 2 m from the trunk both sod treatments increased light penetration in 1992 and the *Poa trivialis* treatment increased light penetration in 1993. Water use efficiency was not affected by the sod treatments, except in 1991 in which trees in the *Festuca runda* treatment had a higher yield-based water use efficiency than those in the *Poa trivialis* treatment and the 2.5-m strip had the highest growth-

### Table 2. Effect of grass species on growth, yield, leaf nitrogen and light penetration for ‘Redhaven’ peach.

| Treatment        | Year | Yield of fruit (kg/tree) | Large fruit yield efficiency (kg·cm⁻²) | Trunk area (cm²) | Total pruning wt (kg/tree) | Canopy sucker pruning wt (kg/tree) | Leaf N (%) | Full sunlight penetration into canopy (%) | Growth-based water-use efficiency (cm²) | Yield-based annual fruit growth (kg/tree) | Distance from trunk (cm) | Water use (cm) |
|------------------|------|--------------------------|----------------------------------------|-----------------|---------------------------|-------------------------------------|------------|-------------------------------------------|------------------------------------------|------------------------------------------|-------------------------|---------------|
| *Poa trivialis*  | 87   | 59.6                     | 2.6                                    | 1 m             |                           |                                     | ND         |                                           | 3.3 B                                    | 0.1 B                                    | ND                      |               |
| 2.5-m strip      | 87   | 57.1                     | 2.7                                    | 2 m             |                           |                                     | ND         |                                           | 3.3 B                                    | 0.1 B                                    | ND                      |               |
| *Festuca rubra*  | 87   | ND³                      | ND                                     | ND              | ND                        | ND                                  | ND         |                                           | ND                         | ND                                      | ND                      |               |
| *Poa trivialis*  | 88   | 61.0                     | 0.96                                   | 1.36            | 44.2                      | 62.0                                | 2.4        |                                           | 1.5                        | 0.1                      | ND                      |               |
| 2.5-m strip      | 88   | 64.4                     | 0.60                                   | 40.5            | 62.8                      | 2.0                                  | 2.9        |                                           | 1.2                        | 1.1                      | ND                      |               |
| *Festuca rubra*  | 88   | 64.4                     | 0.68                                   | 62.8            | 2.0                       | 2.9                                  | 6.6        |                                           | 2.9                        | 1.5                      | ND                      |               |
| *Poa trivialis*  | 89   | 27.3                     | 0.33                                   | 27.3            | 81.4                      | 2.8                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| 2.5-m strip      | 89   | 30.1                     | 0.37                                   | 29.1            | 79.6                      | 4.1                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| *Festuca rubra*  | 89   | 28.4                     | 0.34                                   | 27.7            | 80.1                      | 2.5                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| *Poa trivialis*  | 90   | 13.4                     | 0.13                                   | 4.4             | 100.6                     | 6.9                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| 2.5-m strip      | 90   | 18.9                     | 0.19                                   | 6.3             | 99.4                      | 7.8                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| *Festuca rubra*  | 90   | 15.6                     | 0.17                                   | 6.8             | 100.8                     | 7.3                                  | 2.9        |                                           | 6.6                        | ND                      | ND                      |               |
| *Poa trivialis*  | 91   | 66.2                     | 0.63                                   | 24.6            | 102.9                     | 4.5                                  | 2.9        |                                           | 3.3 B                      | 0.1 B                    | ND                      |               |
| 2.5-m strip      | 91   | 74.9                     | 0.69                                   | 28.4            | 107.7                     | 5.8                                  | 2.9        |                                           | 3.3 A                      | 1.0 A B                   | ND                      |               |
| *Festuca rubra*  | 91   | 58.9                     | 0.58                                   | 29.9            | 101.5                     | 5.3                                  | 2.9        |                                           | 5.1 A                      | 0.1 B                    | ND                      |               |
| *Poa trivialis*  | 92   | 19.9 B                   | 0.16                                   | 14.0 B          | 118.8                     | 5.3                                  | 2.9        |                                           | 3.0 B                      | 0.1 B                    | ND                      |               |
| 2.5-m strip      | 92   | 31.9 A                   | 0.27                                   | 28.4 A          | 122.7                     | 7.2                                  | 2.9        |                                           | 4.1 AB                     | 0.5 A B                   | ND                      |               |
| *Festuca rubra*  | 92   | 14.4 B                   | 0.13                                   | 19.4 B          | 110.8                     | 4.6                                  | 2.9        |                                           | 3.2                        | 0.1 B                    | ND                      |               |
| *Poa trivialis*  | 93   | 49.2 B                   | 0.39 B°                                | 30.1 B          | 125.8                     | 3.0                                  | 2.9        |                                           | 3.2                        | 0.1 B                    | ND                      |               |
| 2.5-m strip      | 93   | 69.2 A                   | 0.51 A                                 | 41.9 A          | 136.9                     | 4.5                                  | 2.9        |                                           | 3.2                        | 0.1 B                    | ND                      |               |
| *Festuca rubra*  | 93   | 46.7 B                   | 0.37 B                                 | 28.5 B          | 125.7                     | 3.2                                  | 2.9        |                                           | 3.2                        | 0.1 B                    | ND                      |               |

³No data.

°Mean separation within columns and years at $P < 0.05$ by Ryan-Einot-Gabriel-Welsch test. Nonsignificant comparisons have no letter.
Based water use efficiency. Canopy minus air temperature was lowest in the 2.5-m-wide vegetation-free strip treatment (–3.6 °C), highest in the Festuca rubra treatment (–3.1 °C), and not different from the other treatments in the Poa trivialis treatment (–3.3 °C) across nine sampling dates in 1988. Soil water content was lowest in the 2.5-m-wide vegetation-free strip compared to the sod treatments for all depths and all years. Neither sod treatment consistently maintained the highest soil water content over the treatment period. Although data were collected from 1987 to 1993, data from 1993 is presented to represent other years (Fig. 1).

**Discussion**

Establishing a sod beneath established peach trees reduced yield in some but not all of the study areas. Yield reduction did not occur for 4 and 3 years following sod treatment application in the ‘Redhaven’ and ‘Summerglo’ studies, respectively (Tables 2 and 3). The ‘Harmony’ study did not have yield reductions that were significant at \( P = 0.05 \), even though 1991 and 1993 had a 50% yield reduction due to the 30-cm-wide vegetation-free strip treatment. The ‘Harmony’ study had high yield variation that was significantly correlated to the depth of the A horizon in the field plots. Analysis of covariance and adjusting the ‘Harmony’ yield means for depth of the A horizon resulted in a smaller range of yield levels but no significant difference in adjusted yield means. The ‘Harmony’ study had the deepest A horizon (mean of 22 cm) and demonstrated no yield reduction due to the sod treatments. The ‘Redhaven’ study had the shallowest A horizon (mean of 17 cm) and demonstrated a reduction in total and large fruit yield in 1992 and 1993. The ‘Summerglo’ study had an intermediate depth of the A horizon (mean of 19 cm) and demonstrated a less dramatic though significant reduction in total yield in 1992 and 1993 with only 1992 indicating a significant reduction in large fruit yield. The depth of the A horizon was not a significant covariate in the ‘Redhaven’ and ‘Summerglo’ studies. It appears that the fertility of the soil, as reflected by the depth of the A horizon, may influence the impact of sod management. Trees growing on a deep fertile soil can maintain their yield potential and tolerate sod within the traditional tree row, whereas trees on shallower less fertile soils become stressed to the point where yield is reduced. This is a tentative conclusion, because different cultivars were studied at the different sites, yet practical experience would suggest that weed control is more important in maintaining yield and fruit size on shallow soils than on deep soils.

Yield efficiency was not significantly reduced at \( P = 0.05 \) by the sod treatments in the ‘Harmony’ and ‘Summerglo’ studies and only in one year in the ‘Redhaven’, although there was a tendency for the sod treatments to reduce yield efficiency in some years in all the studies. Our previous work (Glenn and Welker, 1996) demonstrated that reducing the size of the vegetation-free area beneath peach trees from the time of planting resulted in stable yield efficiency over a seven year period, and the present study indicates that establishing a sod beneath mature peach trees tends to decrease yield efficiency. The difference apparently lies in how the tree alters dry matter partitioning in response to plant competition. Sod competition reduces root initiation (Glenn and Welker, 1989a, 1993; Parker et al. 1993). Starting peach trees in a small vegetation-free area immediately reduces tree growth (Welker and Glenn, 1985), whereas planting sod beneath trees with an established root system, as we did in this study, may require 4 or more years to reduce vegetative growth of the tree in the form of pruning weight without a reduction in trunk growth. It is apparently

**Fig. 1.** Effect of vegetation-free strip width on soil water content of the ‘Summerglo’ study in 1993. ■ 2.5 m, ○ 0.6 m, ▲ 0.3 m.
imported to establish and maintain a small root system from the time of planting in order to maintain or increase yield efficiency (Boland et al. 1994; Glenn and Welker, 1996; Mandre et al. 1995; Myers, 1992; Ran et al. 1992; Williamson and Coston, 1990). Trying to reduce or restrict the size or efficiency of an established peach root system by imposing sod competition was not effective in our study.

There was severe frost damage to the flowers at bloom in 1990, reducing yield for all cultivars and treatments. No effect of sod treatments was visually noted or measured in yield or fruit size (Tables 1–3).

Trunk cross-sectional area was not reduced by the sod treatments in any of the studies indicating that the sod competition did not interfere with this component of growth. Total pruning weights were reduced for all years in the ‘Harmony’ and in none of the years for the ‘Redhaven’ study, yet in both studies, canopy suckers were reduced for all years in the ‘Harmony’ and in none of the years for the ‘Redhaven’ study demonstrating a consistent increase in the sod treatments was visually noted or measured in yield or fruit size (Tables 1–3).

Trunk cross-sectional area was not reduced by the sod treatments in any of the years indicating that the sod competition did not interfere with this component of growth. Total pruning weights were reduced for all years in the ‘Harmony’ and in none of the years for the ‘Redhaven’ study, yet in both studies, canopy suckers were reduced for all years in the ‘Harmony’ and in none of the years for the ‘Redhaven’ study, yet in both studies, canopy suckers were reduced for all years in the ‘Harmony’ and in none of the years for the ‘Redhaven’ study.

Prior to measuring canopy sucker weight in 1992, we observed that the sod treatments were reducing vegetative growth, however, total pruning weight measurements did not consistently confirm our observations. Canopy sucker weights were more consistent than total pruning weight in demonstrating a reduction in vegetative growth due to sod competition. Light penetration consistently indicated a reduction in vegetative growth due to sod competition, since increased light penetration was measured in 1992 for the ‘Summerglo’ study when no difference was measured in total or canopy sucker pruning weights. The goal of vegetation control in tree fruit crops is to increase light penetration and fruit bearing wood, not reduce growth per se. Reducing canopy sucker growth is effective, since this growth directly interferes with light penetration into the canopy that is needed to initiate fruit buds (Faust, 1989).

Increasing the amount of ground cover is important in reducing rainfall runoff (Glenn and Welker, 1989b) and increasing soil organic matter (Welker and Glenn, 1988), which are key elements in a sustainable production system. Establishing sod beneath 3-year-old peach trees increased soil water content in all years of the studies due in part to increased rainfall infiltration and reduced runoff. A rainfall event of 41 mm on 18 Aug. 1993, demonstrated the effect of the sod treatments (Figs. 1 and 2). Soil moisture increased for all treatments at the 0 to 30 depths on this date, however, the infiltration of the rainfall to the 30 to 60 and 60 to 90 cm depths is seen only in the sod treatments of the two studies. These results confirm earlier work of Kenworthy (1952) and Toenjes et al. (1956) who demonstrated that a mature sod has higher available soil water than cultivated soils due in large part to increased rainfall infiltration.

Table 3. Effect of vegetation-free strip width on growth, yield, leaf nitrogen, and light penetration for ‘Summerglo’ peach.

| Width of vegetation-free strip (m) | Year | Total yield of fruit (kg/tree) | >65 mm in diam (kg/tree) | Yield efficiency (kg·cm⁻²) | Large fruit yield efficiency (kg·cm⁻²) | Trunk cross-sectional area (cm²) | Total pruning wt (kg/tree) | Canopy sucker pruning wt (kg/tree) | Leaf N (%) | Full sunlight penetration into canopy (m) | Water-use efficiency Growth-based annual yield kg/tree | Water use (cm) |
|-------------------------------------|------|------------------------------|--------------------------|---------------------------|-----------------------------|------------------|-----------------|-------------------------------|-----------|-------------------------------|---------------------|-----------------|
| 2.5                                 | 2.5  | 87                           | 37.8                     | 37.3                      | 0.43                        | 0.43              | 86.9            | 2.9                           | ND        | ND                             | ND                   | ND              |
| 0.6                                 | 0.6  | 87                           | 38.9                     | 38.4                      | 0.47                        | 0.46              | 86.4            | 2.7                           | ND        | ND                             | ND                   | ND              |
| 0.3                                 | 0.3  | 87                           | 41.8                     | 41.4                      | 0.45                        | 0.45              | 94.5            | ND                           | ND        | ND                             | ND                   | ND              |
| 2.5                                 | 2.5  | 88                           | 97.4                     | 80.6                      | 1.00                        | 0.83              | 98.4            | 5.0                           | ND        | ND                             | ND                   | ND              |
| 0.6                                 | 0.6  | 88                           | 92.6                     | 79.8                      | 0.94                        | 0.81              | 98.4            | 5.2                           | ND        | ND                             | ND                   | ND              |
| 0.3                                 | 0.3  | 88                           | 94.9                     | 84.3                      | 0.90                        | 0.80              | 106.5           | 5.0                           | ND        | ND                             | ND                   | ND              |
| 2.5                                 | 2.5  | 89                           | 39.1 A                 | 29.3 A                     | 0.31 A                      | 0.23 A            | 126.6           | 5.1                           | 3.3       | 0.7                            | ND                   | ND              |
| 0.6                                 | 0.6  | 89                           | 18.7 B                 | 13.3 B                     | 0.15 B                      | 0.10 B            | 128.3           | 4.6                           | 3.1       | 1.1                            | ND                   | ND              |
| 0.3                                 | 0.3  | 89                           | 12.2 B                 | 0.14 B                     | 0.09 B                      | 137.4            | 4.5                           | ND        | 0.9                            | ND                   | ND              |
| 2.5                                 | 2.5  | 90                           | 6.3                     | 2.1                       | 0.05                        | 0.01             | 152.8           | 11.7                          | 2.8       | 0.6                            | ND                   | ND              |
| 0.6                                 | 0.6  | 90                           | 3.1                     | 1.2                       | 0.02                        | 0.01             | 154.0           | 12.6                          | 2.7       | 0.6                            | ND                   | ND              |
| 0.3                                 | 0.3  | 90                           | 6.8                     | 2.7                       | 0.05                        | 0.02             | 163.4           | 12.7                          | ND        | ND                             | ND                   | ND              |
| 2.5                                 | 2.5  | 91                           | 119.3                   | 72.4                      | 0.71                        | 0.44             | 169.9           | 16.2                          | 3.3       | 0.9                            | ND                   | ND              |
| 0.6                                 | 0.6  | 91                           | 107.6                   | 79.1                      | 0.63                        | 0.46             | 172.7           | 15.3                          | 3.1       | 0.9                            | ND                   | ND              |
| 0.3                                 | 0.3  | 91                           | 112.9                   | 87.7                      | 0.62                        | 0.48             | 183.3           | 15.2                          | ND        | 0.9                            | ND                   | ND              |
| 2.5                                 | 2.5  | 92                           | 107.7 A                | 105.4 A                    | 0.53                        | 0.50             | 200.4           | 4.9                           | 2.1       | 2.9                            | 36.3 B              | 42.8            |
| 0.6                                 | 0.6  | 92                           | 90.9 AB                | 88.9 AB                    | 0.49                        | 0.48             | 182.3           | 6.9                           | 3.6       | 2.7                            | 42.0 A              | 46.1            |
| 0.3                                 | 0.3  | 92                           | 78.7 B                | 77.3 B                     | 0.41                        | 0.40             | 191.1           | 5.3                           | 2.5       | 2.7                            | 42.8 A              | 45.7            |
| 0.6                                 | 0.6  | 93                           | 115.7 A               | 77.3 A                     | 0.55                        | 0.36             | 211.0           | 8.4 A                          | 4.1 A     | 3.3                            | 35.3 B              | 35.2 B          |
| 0.3                                 | 0.3  | 93                           | 94.7 B                | 74.8 B                     | 0.51                        | 0.39             | 187.9           | 5.7 B                          | 2.0 B     | 3.2                            | 41.0 A              | 44.7 A          |
| 2.5                                 | 2.5  | 93                           | 86.8                    | 68.8                      | 0.46                        | 0.34             | 199.5           | 5.8 B                          | 2.4 B     | 3.1                            | 40.0 A              | 44.3 A          |

*No data.

*Mean separation within columns and years at P < 0.05 by Ryan-Einot-Gabriel-Welsch test. Nonsignificant comparisons have no letter.

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cultural practices that diminish the extent or effectiveness of the

1989a), resulting in reduced water use and lower transpirational

cooling of the canopy. Glenn and Welker (1991) have shown that
peach water use is related to root length density and soil cover
characteristics. The yield-based water use efficiency of ‘Redhaven’
and ‘Summerglo’ trees in the sod treatments was the same or
greater than the 2.5-m vegetation-free strip treatment, supporting
the value of increasing the amount of soil cover in orchard systems
as part of a sustainable production system.

Cultural techniques to control tree size have included root
pruning (Geisler and Ferree, 1984; Glenn and Miller, 1995), trunk
scoring (Andrews et al. 1978; Fernandez-Escobar et al. 1987), root
restriction with fabric and herbicides (Myers, 1992; Williamson
and Coston, 1990), irrigation management (Chalmers et al. 1981;
Mitchell et al. 1982, 1991; Proebsting et al. 1989), and sod
management (Welker and Glenn, 1989; Glenn and Welker, 1996),
and when the trees are continually grown with a restricted root
system, yield efficiency is stable or increased. In the present study
we found that planting sod beneath mature peach trees specifically
to reduce vegetative growth resulted in reduced yield after several
years, and inconsistent reduction in pruning weight, with no
increase in yield efficiency. A proactive approach to preventing
excessive vegetative growth by controlling root volume from the
time of planting appears more effective than reactive measures
to reduce excessive vegetative growth of mature peach trees through
cultural practices that diminish the extent or effectiveness of the
established root system.

Fig. 2. The effect of grass species on the soil water content of the ‘Redhaven’ study
in 1993. ■ 2.5-m-wide herbicide strip, ● ‘Reliant’ fescue, A Poa trivialis.