Research Article

A Novel and Simplest Green Synthesis Method of Reduced Graphene Oxide Using Methanol Extracted Vernonia Amygdalina: Large-Scale Production

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The large-scale production of high-quality graphene is the major focus of scientists and engineers recently. However, its massive manufacturing routes from its precursor graphene oxide (GO) are involved in the production of toxic gasses and consist of hazardous explosive steps that severely hurt and threaten ecological balance and human health. Therefore, in this study, we investigated the green, effective, and economical approach for the synthesis of graphene by using Vernonia amygdalina (VA) plant leaf extracts for the effective and efficient reduction of GO. The nonexplosive two-step synthesis of GO in a short period of time in the absence of an ice bath was used in this study. The appropriate solvent for the extraction of VA for the green synthesis of graphene was methanol, and the reducing and capping agent in the plant extract was identified to be terpenoids and polyphenols. The graphene/rGO obtained this way was characterized by UV-VIS, XRD, FTIR, SEM, HR-TEM, and EDAX that confirmed the successful reduction of GO to graphene under the hydrothermal process. The HR-TEM images showed the development of few layers of graphene. The FTIR result also shows the complete reduction of GO. Hence, methanol extracted VA leaves consisted of the most appropriate compounds for reducing and capping agent in the green synthesis and could be the preferred method for the large-scale production of graphene-based materials.

1. Introduction

Graphene, a two-dimensional, only one atom thick, and densely packed crystalline material, is the thinnest, lightest, and strongest material on Earth and the best conductor of heat and electricity known to man [1–5]. Recent reports have also mentioned that graphene materials are the ideal materials for energy storage devices and for the application of photocatalytic activities [6–8]. This material has been identified and analyzed by mechanical exfoliation of pyrolytic graphite a decade ago by Manchester university physicists Geim and Novoselov, because of which they won the noble prize in 2010 for their record-breaking work [9, 10]. Even if the above method and epitaxial chemical vapor depictions are more preferable to produce precise pristine graphene, they are less effective for large-scale manufacturing [11, 12]. The interest of scientists to investigate this material began 70 years ago, when Wallace explained some of the physical properties of graphite through the band theory of solids [13]. The carbon atoms are connected in a hexagonal honeycomb lattice in graphene and can be seen with the naked eye because it absorbs about 2.3% of light [14]. Recent studies showed that graphene is not only the strongest material ever measured but also the
stiffest, and its current density is a million times that of copper [15]. This new material has shown a number of unique properties so that it is much more than just a scientific interest; it boasts a growing list of real-world applications [16–18].

Hence, the large-scale production method of graphene and its family should be pronounced by researchers. The most popular approach to produce large-scale graphene to date is the use of a strong oxidizing agent to obtain graphene oxide (GO) [19, 20]. GO is the oxidized analogy of graphene from which we can only synthesize graphene on a large scale [21]. It is a nonstoichiometric chemical compound of carbon, hydrogen, and oxygen in variable ratios which largely depend on the processing methodologies [22–24]. GO possesses a large amount of oxygen functional groups that are presented to the carbon skeleton in the form of epoxide and hydroxyl across the basal plane (hydroxyl, carbonyl, and carboxyl) at the edge during chemical oxidation from the oxidizing agent [25–27]. This deliberate insertion of an oxygen-containing functional group into graphite is reflected by the increment of interlayer distance from 0.34 nm in graphite to 0.63 nm in GO [28]. Then, this product, firstly graphite oxide, and later on graphene oxide (after exfoliation by the addition of distilled water and ultrasonication) reveal the following special properties such as easy functionalization, hydrophilicity, and ability to convert to graphene (for large-scale production) and prevent the restoration of Van der Waals interaction between graphene layer in graphite leading to exfoliation upon sonication [26–30]. Therefore, the chemical exfoliation method is the most popular method to prepare GO, reduced graphene oxide (rGO), and graphene. GO is highly polar and hydrophilic but is a nonconductor of electricity because of the presence of a large amount of oxygen at its edge and basal plane [31, 32].

In this study, graphene oxide was synthesized by the novel modification of the improved method which was later on used as a precursor for the synthesis of reduced graphene oxide by the simplest green method. Solvent extracted compounds of Vernonia amygdalina (VA) plant were used to synthesize rGO. This method is cheap, where the reducing agent is abundantly locally available, and ecofriendly where it does not discharge any gas and toxic substances into the environment unlike the antioxidant chemicals such as hydrazine hydrate and ascorbic acid, and furthermore, the synthesis method is easy and scalable. In our preceding study, we identified the optimum condition and effective solvent extraction method to be used to extract compounds from VA for the synthesis of rGO.

Hence, the objective of this study was to synthesis reduced graphene oxide using abundantly available plant extracts of Vernonia amygdalina as a reducing and capping agent. The objective also includes the large-scale synthesis of this recently significant attention captured graphene-based material at the nanoscale.

2. Materials and Methods

2.1. Materials. Graphite powder pract of 100 microns (99.5% purity) from S D Fine Chem, methanol extracted leaf of Vernonia amygdalina, sulfuric acid (98%), phosphoric acid (75%), hydrogen peroxide (35%), hydrochloric acid (37%), potassium permanganate (99.5%), barium chloride (99%), methanol (99.8%), and deionized water were purchased from a market and used directly without further treatment.

2.2. Synthesis of Graphene Oxide (GO). GO was synthesized by making a slight modification to the improved method [33]. A mixture of H2SO4/H3PO4 in a volume ratio of 9:1 was prepared. A second mixture of graphite/KMnO4 in a mass ratio of 1:6 was prepared. The H2SO4/H3PO4 acid mixture was poured into the beaker containing graphite-KMnO4 mixture slowly at room temperature while continuous stirring. A deep green color solution was formed due to the production of highly oxidizing dimanganese heptoxide Mn3O7. Under controlled temperature of water bath at 80°C, the solution was heated while stirring using a magnetic stirrer for six hours. The hot and slightly brown solution was taken off the water bath and added to 400 ml distilled ice water to terminate the reaction. Then, 5 ml of H2O2 was added dropwise because of which a yellowish colored solution was formed. The purpose of the addition of H2O2 was to stop the oxidation reaction by directly reacting with the excess of potassium permanganate. The reaction product was washed with 1 liter of 5% HCl aqueous solution and distilled water four times each until the pHpzc was obtained. The complete removal of SO4 2- ion from the solution was checked by the addition of BaCl2 to the supernatant. Its presence produces a white precipitate of BaSO4. The resulting paste was dried in an oven at 60°C for 8 hours to obtain the brown graphene oxide sample.

2.3. Synthesis of Reduced Graphene Oxide (rGO). Graphene oxide was deoxygenated using Vernonia amygdalina (locally called “dhebicha”) plant extract to produce rGO. 10 ml of methanol extracted compounds of bitter leaf (dhebicha) was added to 100 ml of the brown solution of graphene oxide. The mixture was heated with a heater while stirring using a magnetic stirrer at 70°C for an hour. At this temperature, the solvent was evaporated leaving the reducing and capping agent behind. The black paste was then taken off and cooled at room temperature after which excess H2O2 was added to separate the solvent from the rGO. The clear solvent and the black residue (rGO) were separated easily by Whatman number 1 filter paper. The black and foam-like structure was washed multiple times with distilled water and dried in an oven at 50°C for 5 hours. After drying, the sample was ground finely using glass mortar and pestle and stored for further use.

2.4. Characterization Techniques. The presence of oxygen-containing functional groups on the basal plane or edge of the carbon framework in GO and rGO was determined by Fourier-transform infrared spectroscopy, FTIR (Perkin Elmer, USA). GO and rGO pellets were prepared using KBr as a mulling agent, and the sample was analyzed in the range
between 400 cm$^{-1}$ and 4000 cm$^{-1}$. The morphology of the samples was analyzed using scanning electron microscopy, SEM (Jeol, JSM 6460LV). X-ray diffraction, XRD of graphite, GO, and rGO were recorded on a Panalytical PW 3040 X'pert MPD X-ray diffractometer with Cu-Kα X-ray radiation sources at 40 keV and 30 mA. XRD spectra were recorded to determine the purity and crystallinity of the samples. High-resolution transmission electron microscopy, HR-TEM (Philips CM-1000 with a tungsten filament), coupled with EDAX was used to determine the morphology, measure the size of the particles, and quantify the elemental composition. Optical absorption properties of graphite GO and rGO were examined by ultraviolet-visible spectroscopy, UV-Vis (SM, UV-1600 Maadab-India). Energy-dispersive X-ray analysis (EDX), referred to as EDS or EDAX, was used in this work to identify the elemental composition of (GO, rGO).

### 3. Result and Discussion

#### 3.1. Visual Observation

As shown in Figures 1(a)–1(d), four main different colors were observed during the stepwise synthesis of rGO. The mixing of the two mixtures (a mixture of graphite/KMnO$_4$ and H$_2$SO$_4$/H$_3$PO$_4$) resulted in the formation of a dark green colored thick solution as shown in Figure 1(a). This color was due to the formation of the high oxidizing agent dimanganese heptoxide (Mn$_2$O$_7$) [31, 34] from the reaction of MnO$_4^-$ and MnO$_4^{2-}$, and in the meanwhile, the temperature of the solution was increased to 45°C. The thick slurry solution observed in Figure 1(b) was due to prolonged reaction under heating and stirring. The presence of unreacted potassium peroxide was observed by the formation of yellowish color by the addition of H$_2$O$_2$ which disappeared later by intensive washing. The brown color as indicated in Figure 1(c) was obtained which is one of the confirmations of the formation of graphene oxide nanostructure. The dark black suspension formed as shown in Figure 1(d) is the sign of GO reduction to produce rGO. The images of powders depicted in Figures 2(a) and 2(b) are GO and rGO, respectively. The brown powder on the left-hand side (a) is GO, and the black powder on the right-hand side (b) is the reduced form of GO called rGO.

The reduction was done by using Vernonia amygdalina plant extract, and this result confirmed that bitter leaf extract is an eco-friendly and excellent reducing agent for the nanosynthesis of rGO.

#### 3.2. Principles of GO Reduction

KMnO$_4$ donates a large amount of oxygen to the precursor graphite to produce GO in the presence of chopping and intercalating agent H$_2$SO$_4$/H$_3$PO$_4$. Hence, GO possesses a large amount of oxygen-containing functional group at its basal plane (epoxy and hydroxyl) and at its edge (carboxyl, carbonyl, and hydroxyl). GO makes use of these active sites to react with the other active sites on the alkaloids, polyphenols, and carboxyl of the Vernonia amygdalina extract. In this study, the hydroxyl of methanol extracted polyphenols were reacted with the hydroxyl and epoxy group on the GO favoring a ring formation which was followed by ring opening which facilitates the reduction of GO. Besides, the hydroxyl group on the polyphenols of plant extract was reacted with the carboxylic group of the GO generating an ester in the condensation process. In each step of this process, a cleavage of bonds occurred, and the reduction of GO progressed. In the meanwhile, the long-chain plant extracted compounds such as the carbonyl, hydroxyl, and esters were involved in the capping agent of the synthesis through π-π* stacking interaction principle rGO [25]. The nucleophilic substitution reactions happened simultaneously as in the case of the SN$_2$ principle [31].

#### 3.3. UV-Vis Absorption Analysis

The existence of conjugate bonds, the extent to which it exists, and the degree of redox reaction that has taken place in GO and rGO were monitored by UV-Vis spectroscopy measurements. The presence of various extents of conjugation in GO and rGO is determined from the $\lambda_{max}$ value of the UV-Vis spectra. UV-Vis spectroscopy generated independent $\lambda_{max}$ values for GO and rGO with the larger value corresponding to rGO spectra as shown in Figure 3.

As shown in Figure 3, the π-π* transition $\lambda_{max}$ values for GO are observed at 230 nm and $\lambda_{max}$ for rGO was at 259 nm which means that a peak at a larger wavelength (259 nm) was recorded for rGO. This specifies that most oxygen functionalities were removed from the surface of GO and conjugations C=C remain restored. This indicates that there are a large number of -C=C- free conjugations in rGO. In this case, a small amount of energy is required to remove its electron. As the absorption peak decreases, there must be a decrease in the delocalization of electrons which means on the other hand a decrease in the degree of conjugation. In this case, a large amount of energy that is required to remove electrons is needed because of their strong attachment to the parent in the localized bond. Here, a more electronegative oxygen atom is occupied either at the basal plane or at the edge so that less delocalization effect was observed. A shoulder peak was also observed at 300 nm as shown in Figure 3 which was attributed to n-π* transition. The n-π* transition is a transition that occurred from either hydroxyl or carboxyl or carbonyl group in the structure of GO and rGO. As a result of the reduction reaction, GO is deoxygenated and converted into rGO with a less number of attached oxygen, and there must be a greater number of n-π* transition in GO than rGO. The higher the intensity of n-π* transition, the higher the degree of oxidation.

#### 3.4. X-Ray Diffraction (XRD)

The changes in the crystal structure of graphite followed by its oxidation to produce GO and subsequent reduction to produce rGO were evaluated by XRD patterns as shown in Figure 4. Besides structural arrangement, this characterization technique was used to monitor the extent of oxidation and purity of the material under examination. The interlayer spacing and its corresponding sharp peak at the 2θ value of graphite are 0.34 nm and 26.4°, respectively, which is in good agreement with a graphitic nature and exactly matches the literature values [35, 36]. Regarding GO, the 2θ value was shifted to 10° and the d-spacing to 0.88 nm as a result of the intercalation
of an oxygen-containing functional group from the oxidizing agent KMnO₄ using the intercalating agent H₂SO₄. This insertion of an oxygen-containing functional group in

![Figure 1: The color change observed during the stepwise synthesis of reduced graphene oxide.](image1)

![Figure 2: The powder of GO (a) and rGO (b).](image2)

![Figure 3: UV-Vis spectra record of GO and rGO.](image3)

![Figure 4: X-ray diffraction patterns of graphite, GO, and rGO.](image4)
the form of hydroxyl and epoxy across the basal plane and carbonyl and carboxyl at the edge of the graphitic structure increases the interlayer distance alarmingly. Thus, the bond between the layers became so weak that they can simply disintegrate to pieces of layers called graphene or rGO by introducing reducing agents.

Furthermore, peaks were observed at around $2\theta = 43^\circ$ in GO and rGO which resulted due to slipping out of the alignments of crystal structure from basal planes. With the green reduction using methanol extracts of Vernonia amygdalina (Dhebiccha) of GO to produce graphene (rGO), there was a shift in the d-spacing and $2\theta$ values to 0.36 nm and 24.5°, respectively, and this result confirmed the successful reduction of GO to graphene.

3.5. Fourier-Transform Infrared Spectroscopy (FTIR). As shown in Figures 5(a) and 5(b), the structures of the prepared GO and rGO were characterized using FTIR spectroscopy. Figure 5(a) shows a series of different absorption bands or characteristic peaks of GO. The peak at 1735 cm$^{-1}$ indicates the stretching vibration of carbonyl (C=O) groups as well as carboxylic acid and the one at 1623 cm$^{-1}$ attributed to the (C=C) in the aromatic ring. There was also an absorption peak formed at 1226 and 1051 cm$^{-1}$ as a result of stretching vibration of epoxide and alkoxy (C-O) group, respectively. The FTIR record of GO displays a broad stretching peak at 3408 cm$^{-1}$ which was attributed to the –OH of the intercalated residual water molecules which were almost removed but the remaining small peak is shifted to 3419 in rGO due to reduction.

The weak band displayed at 1376 cm$^{-1}$ corresponds to the stretching vibration result of C-OH of carboxyl originating from carboxylic acids. The bands for the C-H symmetric and asymmetric stretching frequencies were observed at 2850 and 2920 cm$^{-1}$, respectively, in both GO and rGO. The FTIR spectral record of rGO is shown in Figure 5(b). As the oxygen-containing functional groups were removed by the reducing agent, the characteristic absorption peaks of oxide groups decreased significantly, the C=O peak at around 1735 cm$^{-1}$ vanished, and the small shift of bands to the longer wavelength 1738 indicates the successful reduction of GO. The broadband formed at 1638 cm$^{-1}$ was attributed to the (C=C) stretching of the aromatic ring of the rGO.

3.6. Scanning Electron Microscopy (SEM). SEM is a powerful technique in providing informative data for characterizing microstructure such as corrosion, fracture, grains, and grain boundaries [37]. Figures 6(a)–6(c) show the micrographs for graphite, GO, and rGO at a magnification of 17,000X, 18,000X, and 18,000X, respectively. Figure 6(a) shows the graphite micrograph which depicts the existence of platelet-like crystalline structure of carbon. The graphite micrograph shown appears to be ordered and compactly stacked with a properly aligned edge because of the existence of Van der Waals forces which bonded their layers together. The SEM morphology of the modified tour method synthesized GO in this work clearly shows a two-dimensional sheet-like structure. As indicated in Figure 6(b), the SEM image of GO showed a smooth, wrinkled structure folded at its surface due to the expansion of the layer because of the insertion of an oxygen-containing functional group during oxidation. The layered flakes observed were the confirmation of complete oxidation of graphite to GO. This resulted in the destroying of the laminated structure in graphite so that the structure of GO is delaminated and disordered. Unlike graphite, GO sheets were thicker at the edge than at the basal planes because of the high combination of an oxygen-containing functional group at the edge. As it can be observed from the SEM image of GO, its layers were independently suspended in the matrix and there is no sign of bending observed.

Figure 6(c) shows the micrograph of rGO obtained by the green reduction of GO using bitter leaf extracts. An improvement in the surface morphology of rGO was observed when compared with the surface morphology of GO because of the removal of wrinkles and folds. After the reduction of GO, different forms of the transparent and thin-layer structure of rGO were obtained. SEM image of rGO demonstrates individual sheet-like structure by means of self-assembly techniques which indicated the successful reduction of GO into rGO by using solvent extracted Vernonia amygdalina.

3.7. High-Resolution Transmission Electron Microscopy (HR-TEM). HR-TEM was used to measure the particle size and investigate the morphology of the samples. Figures 7(a)–7(d) and Figures 8(a)–8(d) show the TEM image recorded for GO and rGO, respectively. These materials were examined under HR-TEM to confirm the formation of GO and rGO and to determine their morphology and size. The EDAX analysis was made to determine the elemental composition of GO and rGO. The result showed that C and O were the major components in addition to some impurities such as S from H$_2$SO$_4$, Na may be from plant extracts, and Ca may also be from plant extracts, Cl from HCl was used for washing purpose, and K was from the oxidizing agent KMnO$_4$, which must be completely removed during washing. As observed on the graph of EDAX, the percentages of oxygen were greatly reduced in the case of rGO, and this is the indication of the reduction of GO to rGO. As seen from the TEM image of Figures 7(a) and 7(b), the high electron transparent corrugated or wrinkled layered structure of GO was formed. It reveals a mixture of multilayer graphene oxide (dark region) and a few layers of graphene oxide (transparent region). Even if the exact number of 2D nanosheets cannot be determined, we can observe from the TEM and SEM image that there are no large graphitic aggregates present which indicates the formation of a few layers of graphene. The folded edges observed on the TEM images of rGO were the indicators of the presence of the functional groups. The SEAD pattern displayed the interlayer distance obtained by calculating the distance between two bright spot points around the core white spot matching the values obtained from the XRD analysis.

Figures 8(a)–8(d) represent the rGO micrograph which displayed platted rGO from a few layers to a single layer of...
Figure 5: FTIR spectra of graphene oxide (a) and reduced graphene oxide (b).

Figure 6: SEM morphology of (a) graphite, (b) GO, and (c) rGO.
graphene. This image depicted that the sample consists of scrolled, wrinkled, and transparent structures which were often the indicators of a few layers of rGO sheets. It can also be clearly seen that the rGO samples are the crippled and wrinkled structure which inhibits the restacking of the graphene sheets together. The TEM micrograph of rGO
revealed that the edge of the sheets appeared to be smooth. The broad XRD peak and the diffused ring indicating the disordered structure and less crystallinity of materials were observed in SAED patterns of rGO.

The energy-dispersive X-ray analysis (EDAX) obtained using K-series shown in Figures 9 and 10 for GO and rGO, respectively, revealed that the GO contains 62.89% of C, 35.25% of O, and 1.42% of S. The EDAX analysis suggests that the rGO sheets contained 78.86% C, 20.30% of O, 0.17% of Si, 0.13% of S, and 0.08% of Ca as reported by Rawal et al. [26].

The d-spacing of both GO and rGO was calculated to be 0.88 nm and 0.36 nm, respectively, from the following equation:

\[
d - \text{spacing} = \frac{2}{\text{distance between the two white spot}}.
\] (1)

These correspond to the (001) and (002) planes of GO and rGO sheets present at 2θ = 10° and 24.5° of XRD data, respectively, mentioned above.

4. Conclusion

A slightly modified tour method was used in this work to synthesis GO which was later used as a precursor for the synthesis of graphene. The nonexplosive and time-saving mixing of two mixtures was done by avoiding the time
taking slow addition of the highly explosive KMnO₄ in the ice bath. The addition of the acids mixture to the mixture of graphite and KMnO₄ is much less explosive than the slow addition of KMnO₄ to the other mixture. Easily available, cheap, and green reducing as well as capping agent at the same time with a maximum capacity to reduce GO to produce graphene having a better solubility in aqueous solvent was discovered from Vernonia amygdalina. The reducing capacity of Vernonia amygdalina was attributed to the existence of a large number of terpenoids and polyphenols in its methanol extracts. This green synthesis method is considered to be the preferred method to manufacture graphene-based materials in a large-scale, eco-friendly, and economical way. The method was tested for its oxygen removing capacity and found to be the efficient and effective reduction method comparable to chemical methods. Different characterization techniques were used to determine the reducing capacity of the plant leaf extracts and confirmed to be the best-reducing compounds for the green synthesis of graphene. Besides, they are capping agents due to their carbonyl and hydroxyl ends in the extracts to stabilize the nanoparticle synthesized.

**Data Availability**

The data used in the study are included in the body text of the manuscript.

**Conflicts of Interest**

The authors declare that there are no conflicts of interest to disclose.

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