Anthrax Outbreaks among Domestic Ruminants Associated with Butchering Infected Livestock and Improper Carcass Disposal in Three Districts of Uganda, 2016-2018

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Abstract

Background During January 2017-December 2018, multiple human anthrax outbreaks in Arua, Kween, and Kiruhura districts, Uganda were caused by exposure to domestic ruminants that died of anthrax. We investigated to determine the scope of anthrax outbreaks in domestic ruminants, identify possible exposures, and recommend evidence-based control measures.

Methods We defined a suspected case-animal as sudden death of a domestic ruminant with unclotted blood oozing from body orifices during January 2016–December 2018 in Arua, Kween and Kiruhura districts. A probable case-animal was a suspected case-animal with a positive rapid diagnostic test using the Active Anthrax Detect Rapid Diagnostic Test, and/or the microscopic identification of Gram-positive rods in biological samples. A case-kraal was defined as an enclosure of cattle/sheep or mixed species with ≥1 suspected case-animal. We reviewed district veterinary records and actively searched for case-livestock. We conducted separate case-control studies in the affected districts to compare exposures between case-kraals and control-kraals (i.e., kraals with no suspected case-livestock during the same time period as the case-kraal), frequency-matched by village, with ratios of 1:1 in Arua, 1:4 in Kiruhura, and 1:2 in Kween. We estimated overall associations in all three districts using pooled analysis.

Results We identified 1,971 suspected case-livestock (attack rate [AR] =1.4/1000) in 229 (7.3/1,000) of 31,500 kraals. Cattle (AR=2.1/1,000), goats (AR=0.48/1,000), and sheep (AR=0.10/1,000) were all affected. Of the three districts, Arua was the most affected (AR=3.1/1,000), followed by Kween (AR=1.8/1,000) and Kiruhura (AR=0.065/1,000). The epidemic curve indicated continuous outbreaks in Arua and Kween districts. Human outbreaks were reported during or after the onset of livestock outbreaks in all three districts. Having livestock that died of suspected anthrax butchered <50m from the kraal
(OR=8.0; 95%CI=5.2-12) and improper livestock carcass disposal on/near the pastureland
(OR=1.7, 95%CI=1.1-2.4) before the outbreak were significant risk factors for being a
case-kraal.

Conclusions Ugandan districts with human anthrax outbreaks had concurrent livestock
anthrax outbreaks associated with nearby butchering and improper carcass disposal of
livestock with suspected anthrax. We recommended anthrax vaccination for domestic
ruminants, proper carcass disposal, increased surveillance for sudden livestock deaths,
increased capacity for laboratory confirmation, and sensitization to livestock-keepers
about anthrax control.

Introduction

Anthrax is a zoonotic disease caused by the Gram-positive spore-forming bacteria Bacillus
anthracis (1). It is primarily a disease of domestic and wild herbivores, and presents as a
peracute or acute condition, usually resulting in death (2). Livestock become infected
when they either inhale or ingest B. anthracis spores from contaminated soil,
contaminated water, or from carcasses of livestock that have died of anthrax (3). Upon
entering the host, the spores germinate, multiply, and cause disease. The most
susceptible species are cattle, sheep, and goats, but anthrax can also infect other
mammals such as pigs, horses, dogs, cats, and primates (4,5). The incubation period of
anthrax in susceptible livestock is 1-14 days after oral exposure (3). Infected livestock
may have high fevers, blood-stained urine, bleeding from orifices, or no signs or
symptoms at all (3). At death, livestock may demonstrate oozing blood from body orifices
and rapid bloating of the carcass (6). It is postulated that the massive releases of
capsulated bacilli from the lymphoid tissues, especially the spleen, leads to terminal
septicemia and death within a day or two (7).

B. anthracis occurs in a vegetative form within the host, and a spore form in the
environment (8). The spore form is extremely resistant to adverse conditions, and can survive for years in soil, or in the wool and hair of infected livestock. After an animal dies of anthrax, vegetative B. anthracis cells within the carcass sporulate and further contaminate the surrounding land, subsequently posing a risk to grazing livestock, such as cattle, goats, and sheep (9,10). B. anthracis spores can remain viable on pastureland for decades. As a result, livestock outbreaks can be protracted, as exposures continue over many months or even years (9,10). Human infections are most often associated with exposure to infected livestock or their products, such as meat, hides, bones, and other materials (11).

Anthrax has been documented in Uganda since at least 1918 (12), and livestock outbreaks have been reportable since 1959 (9). In recent years, outbreaks have occurred sporadically - including livestock and wildlife- and humans living in and around Queen Elizabeth National Park (13–15). Control of anthrax in livestock and, as a result, in humans, requires strong surveillance, annual vaccination of livestock, and rapid outbreak response involving immediate safe carcass disposal, ring vaccination of cattle, antibiotic treatment of sick livestock, and awareness campaigns (9,16–18). However, in Uganda, no policy currently exists regarding annual routine vaccination against anthrax among livestock, although some farmers privately buy prophylactic antibiotics and vaccines for their livestock during suspected anthrax outbreaks. During January 2017 to December 2018, human anthrax outbreaks were reported in three geographically distant districts of Uganda. Investigations of these human anthrax outbreaks revealed that they were caused by eating and handling meat from livestock that died of suspected anthrax (unpublished data). Although these findings suggested that outbreaks had also occurred recently or were occurring among domestic ruminants, no livestock cases were reported during this time. We investigated to identify corresponding
anthrax outbreaks in domestic ruminants, to establish the scope of livestock infections, identify risk factors for infection, and recommend evidence-based prevention measures for future outbreaks.

Methods

Study Area

Arua District (coordinates at district center: 2.9960° N, 31.1710° E) lies in northwestern Uganda, neighboring South Sudan, with an estimated population of 862,700 people (19,20). Kiruhura District (coordinates at district center: 0.1928° S, 30.8039° E) is located in western Uganda, with an estimated total population of 328,077 people (21). Kween District (coordinates at district center: 1.4439° N, 34.5971° E) is located in eastern Uganda, neighboring Kenya, with an estimated population of 93,667 people (22). The districts of Kween and Kiruhura are located within the “cattle corridor region” of Uganda (23), which is a broad zone stretching from southwestern to northeastern Uganda, dominated by pastoral rangelands. In Kiruhura and Kween Districts, approximately 60% of the population is engaged in livestock-rearing, including imported and indigenous cattle, goats, poultry, and pigs, and approximately 30% are involved in growing crops. This corridor has high rainfall variability, including periodic late seasonal onset of rains leading to drought (24). In Arua District, most of the population – approximately 90% - work in the crop sector, primarily growing maize, coffee, and beans, while fewer than 1% work in livestock-rearing.

Case definition and case-finding

We defined a suspected livestock case as sudden death of a domestic ruminant with unclotted blood emerging from body orifices from January 2016 to December 2018 in the districts of Arua, Kiruhura, and Kween. A probable case was a suspected case that tested
positive for anthrax by the Active Anthrax Detect Rapid Diagnostic Test (AAD-RDT, described later) or identification of Gram-positive rods via microscopy of livestock tissue samples. To identify cases, we reviewed district veterinary anthrax records and conducted active community case-finding in the affected villages. We recorded the cases in a line list, which included signs and symptoms, livestock location, identification information, species, breed, date and site of death, method of carcass disposal, and vaccination status (ever vaccinated, and vaccinated during the past year).

**Descriptive epidemiology**

We described the characteristics of domestic ruminants (livestock) affected by anthrax by calculating the attack rates (AR) by species, sex, and breed. Denominator data for livestock populations were provided by the district veterinary offices. We evaluated the time of death using district-specific epidemic curves, and place of death using maps.

**Hypothesis generation interviews**

We conducted individual hypothesis-generating interviews with 229 leaders or owners of case-kraals (140 case-kraals in Arua, 22 case-kraals in Kiruhura, and 67 case-kraals in Kween). We collected information on potential exposures for livestock anthrax, including method and location of grazing (specifically, grazing near the riverbank during a drought), purchase of livestock from areas known to have anthrax outbreaks at the time of purchase, presence of a wildlife migration route on or near the pastureland, method of livestock carcass disposal, and vaccination status of livestock before an anthrax outbreak. Proper carcass disposal was defined as burial of a suspected anthrax-infected carcass at least six feet deep followed by disinfection of the land, while improper carcass disposal was defined as failure to bury a suspected anthrax-infected carcass at least six feet deep and/or failure to disinfect the site and/or leaving the carcass on the pastureland to rot or
throwing the carcass in the river.

Case-control studies

We conducted three separate case-control studies in Arua, Kiruhura, and Kween districts. The units of study were case- and control-kraals. In all three districts, a case-kraal was defined as one with at least one case-animal during January 2016-December 2018. A control-kraal was matched to a case-kraal by village and had not had any livestock that died suddenly with unclotted blood coming from body orifices during the same time period. For all three case-control studies, the same questionnaire tool was used, and questions were asked in the same way.

In Arua district, the field investigation was conducted during 10-24 July 2018 in Rigbo, Pawor, and Rhino sub-counties where human cases had been reported. We investigated exposures during January 2016-July 2018. The case- and control-kraals were frequency-matched by village with a ratio of 1:1. In Kiruhura District, the field investigation was conducted during 23-28 October, 2018 in Engari, Burunga, Buremba, Nyakashashara, Keshungu, and Kanoni sub-counties where human cases had been reported. The period of exposure investigated was during January 2016-October 2018. Case- and control-kraals were frequency-matched by village with a ratio of 1:4. Case-kraal to control-kraal ratios were determined based on the number of case-kraals in the district, with increasing numbers of control-kraals for districts with fewer case-kraals. In Kween District, the field investigation was conducted during 5-15 December 2018 in Ngenge sub-county, where human cases were reported. The period of exposure investigated was during January 2016-December 2018. Case- and control-kraals were frequency-matched by village with a ratio of 1:2.

We interviewed the heads or owners of the case- and control-kraals on the same exposures as used during hypothesis generation. We asked about these exposures with
specific reference to the time period before the human outbreaks occurred in their respective districts.

Environmental and laboratory investigations

We assessed the environment to identify carcass disposal sites or remains, migration routes near the pastureland, and presence of natural features such as a rivers, swamps, or game reserve/game parks.

At the time of our investigation, livestock cases were still occurring. We were able to test samples from livestock carcasses from Arua, Kween and Kiruhura districts. We obtained nasal swabs, ear clips, and dried skin for testing using Gram stain and AAD-RDT (a lateral flow immunoassay) (25). These tests were used to identify probable livestock cases.

Data analysis

We conducted descriptive analysis overall and by district, using frequency distributions, percentages, and rates. We analyzed the case-control data for each district independently using Epi-info version 7.2.2.6 to identify the exposures of interest. Finally, we conducted a pooled analysis to estimate the summary odds ratios (OR) and their associated 95% confidence intervals (CI) associated with the exposures of interest for all three districts, using Stata version 13.1.

Results

Findings from descriptive epidemiology and hypothesis-generating interviews

We identified 1,971 case-livestock in 229 case-kraals in the three districts during 2016-2018. Of these, 1,600 (81%) were from Arua District, 316 (16%) were from Kween District, and 55 (2.8%) were from Kiruhura District. Cattle were the most affected species in all districts (Attack rate [AR]/1000=2.1), followed by goats (AR/1000=0.48) and sheep (AR/1000=0.10).
Of the three districts, Arua had the highest AR (3.1/1000), followed by Kween (1.8/1000), and Kiruhura (0.065/1000) (Figure 1a). Although kraals are located throughout Arua district (not shown) all the case-kraals in Arua were located along the Nile River (Figure 1b). In Kiruhura District, two clusters of case-kraals were identified, one in Engari Sub-County and the other in Nyakashashara Sub-county; a few other sub-counties were also sporadically affected (Figure 1c). In Kween District, case-kraals were located in one sub-county close to the Pian Upe Game Reserve (Figure 1d).

During the study period, cases in Arua were reported from January 2016–July 2018; cases in Kween were reported from January–December 2018, and cases in Kiruhura were reported from May 2018–October 2018. The epidemic curve in Arua District suggested continuous, sustained exposures among livestock in the community (Figure 2a), while the epidemic curves in Kween and Kiruhura indicated outbreaks only during the year 2018 (Figures 2b-c). In Kiruhura, six sub-counties were affected in several clusters of infections (Figure 3). The corresponding epidemic curves by sub-county indicated that the livestock anthrax outbreak started in the neighboring Engari and Kanoni sub-counties before cases appeared in other sub-counties (Figure 4a-f).

Hypothesis-generating interviews with leaders of case-kraals from each district suggested that different districts might have different risk factors (Table 2). Leaders also mentioned that they sometimes provided antibiotics (in particular, oxytetracylines) to their livestock when they heard about outbreaks in neighboring kraals, with the hope of protecting their own kraal.

**Findings of case-control studies**

The district-specific case-control studies showed that, in Arua District, butchering the carcasses of livestock suspected to have died of anthrax on/near the pastureland was
associated with 7.5 times higher odds of illness. In Kiruhura District, case-kraals had a 76 times higher odds of having suspected case-livestock butchered on/near the pastureland than control kraals. In Kween District, having suspected case-livestock butchered on/near the pastureland was associated with a 3.8-fold higher odds of being a case-kraal (Table 3). When we asked the kraal leaders about livestock anthrax vaccination, they reported that none of the livestock in either the case- or control-kraals had ever been vaccinated against anthrax.

In the pooled analysis, having suspected anthrax-infected dead livestock butchered on or near the pastureland before the outbreak was associated with 8-fold higher odds of being a case-kraal (Table 4).

**Environmental and laboratory investigation findings**

In all three districts affected by the outbreak, we observed carcasses of livestock reported to have died of suspected anthrax on the pastureland, as well as remains of wild herbivores suspected to have died of anthrax in game reserves near the pastureland. Community leaders in Ngenge Subcounty, Kween District reported that pastoralists who had come from Kenya during a drought in late 2017 in search of pasture and water had left dead livestock on the pastureland. Wildlife migration routes were also observed on the pastureland where outbreaks occurred. In Arua and Kween districts, we observed communal grazing with mixing of livestock from different kraals, while in Kiruhura District the livestock grazed in individual kraals. We observed livestock grazing near the riverbanks (<50m from the water source) in Arua and Kween districts. In Kiruhura District, we observed carcass disposal sites on the pastureland.

Three specimens (swabs, ear clips, and dried skin) were collected from each of 21 carcasses identified during the study period. In total, 14 (67%) carcasses were probable
anthrax cases, as defined by positive AAD-RDT and Gram-positive rods identified by microscopy.

Discussion

Our epidemiologic, laboratory, and environmental investigations confirmed the existence of anthrax outbreaks in livestock populations in three Ugandan districts that reported human outbreaks. The outbreak in Arua District appeared to have been long-standing and continuous, at least dating back to 2016, whereas the outbreaks in Kiruhura and Kween districts appeared to have been smaller and more recent. Outbreaks in all three districts were associated with butchering dead livestock that died of suspected anthrax on/near the pastureland, and improper disposal of livestock carcasses. However, additional risk factors also differed to some extent between the districts: the Arua outbreak was associated with grazing livestock near the Nile River bank, the Kiruhura outbreak was associated with the construction of dams (not shown on the map), and the Kween outbreak was associated with having livestock pastureland close to a wildlife migration route.

Our findings of increased risk of livestock outbreaks after suspected anthrax-infected livestock were butchered on or disposed of on the pastureland are consistent with other studies (12,18,26). Due to the long survival time of anthrax spores, a contaminated carcass can serve as a continuous source of infections for livestock in the surrounding area. Thus, an area that has substantial numbers of anthrax cases among livestock, such as Arua District during our study period, may face difficulty ending an outbreak if proper carcass disposal practices are not consistently followed. Proper carcass disposal involves digging a six-foot-deep hole for burial, in which the uppermost part of the carcass is ≥ 3 feet below the original ground level. All the material around the carcass, including bedding, feed, and surrounding soil contaminated by the carcass are also put into the hole, followed by surface area disinfection with 10% formaldehyde. In Arua District in
particular, the large number of suspected cases during 2016 may have served as sources of infection for the subsequent cases in 2017 and 2018. Because we did not assess cases beyond July 2018, it is not known if cases continued during that period.

Furthermore, in Arua District, grazing near the Nile riverbank during a drought was also associated with anthrax outbreaks. During drought, many livestock trek long distances and congregate at the Nile riverbank for pasture and water. It is possible that one animal could have died near the riverbank and contaminated the pastureland, making it a source of more widespread infections. The presence of carcasses in common areas where livestock mix widely – not just on their own pastureland – should be a signal to herders to avoid the area.

Our findings also indicated that anthrax exposures leading to the 2018 outbreaks in Kiruhura and Kween might have been fairly recent: although Kiruhura District has reported outbreaks previously (12), none had occurred during the past two years. However, during January 2018, a new dam was constructed in Kiruhura District, near pastureland. Digging of dams typically involves high levels of soil turnover, which can liberate buried anthrax spores (27). These spores could subsequently have contaminated the pastureland and served as sources of infection for both wildlife and domestic livestock in Kiruhura. The link between wildlife migration routes and infection observed in Kween District has also been demonstrated previously: other studies in Kenya and Tanzania have reported anthrax outbreaks at the human-livestock and livestock-wildlife interfaces (28,29). The reported introduction of livestock from Kenya to graze in Kween during the 2017 drought could also have served as a potential source of infections. During that time period, there was an ongoing anthrax outbreak in the region of origin in Kenya (28). It is possible that livestock coming in from Kenya during that time period died of anthrax in Uganda; however, that remains unconfirmed.
In our study, cattle were more affected than goats and sheep. This is consistent with studies in both Kenya and China that identified cattle as being more affected by anthrax than goats and sheep (26,28). Cattle ingest a large amount of soil from the ground when grazing, while goats typically browse on grass only; this may lead to higher levels of exposure among cattle, compared with goats. This characteristic is thought to be a major factor associated with different levels of infection among different species (9).

Interestingly, the attack rates among male livestock were more than twice as high as among female livestock, and more than six times higher among domestic than imported livestock. The reasons for this are unknown, but may relate to the ways in which livestock ingest the spores during grazing or browsing, or variation in lethal doses among livestock (9).

Reported anthrax outbreaks among humans occurred concurrently with or subsequent to the start of the livestock outbreaks. Interestingly, in Arua district, human anthrax cases were not reported during 2016 or the first half of 2017, despite the deaths of many suspected case-livestock during this time. Indeed, in April 2016 alone, more than 200 livestock died of suspected anthrax in Arua. The reason for the lack of reported human cases during this time is unclear. It is possible that human cases - and, possibly, deaths - simply went unrecognized or unreported. It is also possible that at least some of the livestock deaths were due to other causes, or were due to anthrax but were not followed by human anthrax cases. Improved laboratory capacity to diagnose anthrax would facilitate improved understanding of the dynamics between livestock and human anthrax in Uganda.

Vaccination is generally considered a cost-effective prevention method for anthrax among livestock, and, as a result, among humans (4,16,17,30,31). Although farmers reported using antibiotic prophylaxis during outbreaks (with a protective outcome for their
livestock], none of the case-kraals were reportedly vaccinated against anthrax. This finding suggests a possible opportunity to promote routine annual vaccination in Uganda. Studies evaluating the cost-effectiveness of vaccination may help guide policy decisions.

In 2017, anthrax was categorized as the most important of seven priority zoonoses in Uganda (33), and in June 2019, a national symposium was held to enhance One Health efforts to combat anthrax in Uganda. The symposium included: i) sharing of up-to-date spatial and temporal data on anthrax outbreaks in both livestock and humans in Uganda; ii) validating the national anthrax control strategy; iii) forming a National Anthrax Prevention and Control Technical Working Group (NAPCTWG) and iv) developing a roadmap for National Anthrax Prevention and Control Technical Working Group. Part of validating the national anthrax control strategy involved determining the best approaches to livestock vaccination, and filling the gaps in laboratory capacity. At the time of writing this paper, only the National Livestock Reference Laboratory and Uganda Virus Research Institute laboratory were able to confirm anthrax in Uganda. In addition, although One Health is recognized as a priority in Uganda, there are still gaps in implementing a harmonized approach to anthrax outbreaks. For example, as soon as the human anthrax outbreaks were reported, both the human anthrax and livestock anthrax could have been investigated together rather than separately. Indeed, the recognition by either human or livestock health staff of an anthrax outbreak should trigger notification to the corresponding human or livestock health counterpart, to enable coordination of investigations and concerted efforts towards effective interventions. Future efforts in Uganda should focus on these issues as the country improves its approach to combating anthrax.

Limitations

Our investigation had several limitations. Given that anthrax-infected livestock die
suddenly, it is possible that livestock that may have died of anthrax in more rural areas went unnoticed. Additionally, some farmers may have failed to notice the absence of some members of their herd due to their large herd size. Failure to account for all anthrax-related livestock deaths in the area may have resulted in an underestimation of the scope of the outbreak. In addition, only a small subset of reported livestock deaths were tested, due to lack of available specimens and testing materials. Therefore, some of the suspected anthrax deaths might have been deaths due to other etiologies, and some anthrax deaths may have been unidentified.

Conclusions And Recommendations

In conclusion, there was evidence of livestock anthrax outbreaks in Arua, Kiruhura, and Kween districts in Uganda concurrent with or preceding human outbreaks. Butchering anthrax-infected carcasses on the pastureland and improper disposal sites of contaminated carcasses on or near the pastureland was associated with elevated odds of being a case-kraal. As the outbreaks were still ongoing at the time of our investigation, we recommended that the Ministry of Agriculture, Animal Industry and Fisheries (MAAIF) and affected districts should conduct immediate vaccination of domestic ruminants in these high-risk areas and to follow annual anthrax vaccination schedules. We also recommended further efforts to increase the laboratory capacity to confirm livestock cases of anthrax and other causes of livestock deaths with human health importance. Additionally, we recommended sensitization of the various stakeholders, including the farmers, game wardens, livestock health workers and medical health workers about anthrax prevention and control. We also recommended increased surveillance and reporting of sudden livestock deaths and enforcement of livestock movement and quarantine, especially in known affected districts.
Abbreviations

AR: Attack Rate; CDC: US Centers for Disease Control and Prevention; AAD-RDT: Active Anthrax Detect Rapid Diagnostic Test; CI: Confidence Interval; DVO: District Veterinary Officer; MAAIF: Ministry of Agriculture, Animal Industry and Fisheries; MoH: Ministry of Health; NADDEC: National Animal Disease Diagnostic Epidemiology Centre; OR: Odds Ratio; PEPFAR: President’s Emergency Plan for AIDS Relief.

Declarations

**Ethical approval and Consent to participate**

The National Animal Disease Diagnostic and Epidemiology Centre of the Ministry of Agriculture, Animal Industry and Fisheries and the District Veterinary Officers of Arua, Kiruhura, and Kween districts gave the permission to conduct the investigations. The Center for Global Health, US Centers for Disease Control and Prevention (CDC) determined that this investigation was public health practice with the primary intent of disease control; therefore, it was not considered research. Thus, we do not need any other permission from Institutional Review Board according to the Ugandan policies and guidelines and are free to publish the work. We obtained verbal informed consent from leaders or owners of case- and control-kraals before interviews began. Participants were told that their participation in the study was voluntary and refusal to participate would not result in any negative consequences. During data analysis, we used unique identifiers to ensure confidentiality of the information provided by livestock owners.

**Consent for Publication**

Not applicable
Availability of supporting data

The datasets upon which our findings are based belong to the Uganda Public Health Fellowship Program. For confidentiality reasons, the datasets are not publicly available. However, the data sets can be availed upon reasonable request from the corresponding author and with permission from the Uganda Public Health Fellowship Program.

Competing interests

The authors declare that they had no competing interests

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Authors’ contributions

FM designed the study, and took lead in data collection, analysis, interpretation and drafting of the manuscript. EK, VN and DE participated in data collection and analysis; DBN provided expertise on the design of the study, data collection tools and livestock anthrax laboratory testing; DK, ARA participated in the design, analysis and interpretation of the data; BK supervised data collection, analysis, and interpretation of the study in the affected districts. SK provided guidance on pooled analysis. LB supervised the design and drafting of the manuscript. JSS, JH and BPZ reviewed the manuscript for intellectual
content and approved it for publication. All the authors reviewed the manuscript to ensure scientific integrity and intellectual content.

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Tables

Table 1: Attack Rates (/1,000) by livestock type in anthrax-affected districts of Arua, Kween and Kiruhura: 2016–2018

| District | Livestock type | Cases | Total Population | AR/1000 |
|----------|----------------|-------|------------------|---------|
|          |                |       |                  |         |
| Arua     | Cattle         | 1,322 | 144,090          | 9.2     |
|          | Goat           | 268   | 314,832          | 0.85    |
|          | Sheep          | 10    | 54,693           | 0.18    |
|          | All livestock  | 1600  | 513,615          | 3.1     |
|          | Cattle         | 285   | 95,560           | 2.9     |
|          | Goat           | 30    | 75,073           | 0.39    |
|          | Sheep          | 1     | 9,850            | 0.10    |
|          | All livestock  | 316   | 180,483          | 1.8     |
| Kween    | Cattle         | 54    | 570,519          | 0.095   |
|          | Goat           | 1     | 230,468          | 0.0043  |
|          | Sheep          | 0     | 42,441           | 0       |
|          | All livestock  | 55    | 843,428          | 0.065   |
| Kiruhura | Cattle         |       |                  |         |
|          | Goat           | 183   | 1,080,643        | 1.7     |
|          | Sheep          | 0     | 42,441           | 0       |
|          | All livestock  | 55    | 843,428          | 0.065   |

By sex

|          | Cases | Total Population | AR/1000 |
|----------|-------|------------------|---------|
| Male     | 330   | 94,362           | 3.5     |
| Female   | 1,641 | 1,080,843        | 1.5     |

By source

|          | Cases | Total Population | AR/1000 |
|----------|-------|------------------|---------|
| Local    | 1,918 | 1,014,818        | 1.9     |
| Imported | 53    | 160,387          | 0.3     |

Table 2: Distribution of possible exposure factors from hypothesis generation interviews with leaders of case-kraals in districts of Arua, Kiruhura and Kween, Uganda: 2016–2018
| Exposures                                                                 | Arua, n=140 (%) | Kiruhura, n=22 (%) | Kween, n=67 (%) |
|--------------------------------------------------------------------------|-----------------|---------------------|-----------------|
| Dead livestock butchered on or near the pastureland                      | 85              | 73                  | 73              |
| Grazed livestock near the river bank during drought                       | 84              | 5                   | 33              |
| Presence of migration route near the pastureland                          | 62              | 77                  | 92              |
| Digging activities taking place on or near the pastureland (including dams)| 46              | 18                  | 37              |
| Carcass disposal sites on or near the pastureland                         | 31              | 59                  | 85              |
| Not vaccinating livestock against anthrax in past year                    | 100             | 100                 | 100             |

Table 3: Case-kraal exposure factors during outbreaks: Arua, Kiruhura and Kween Districts, Uganda, 2016-2018

| Arua District                                                                 | # case-kraals | # control-kraals | % case-kraals | % control-kraals | OR (95% CI)       |
|--------------------------------------------------------------------------------|---------------|------------------|---------------|------------------|-------------------|
| Dead Livestock butchered on or near the pastureland                          | 67            | 33               | 61            | 30               | 7.5 (3.9-14)*     |
| Grazed livestock near river bank during drought                              | 55            | 45               | 50            | 41               | 2.3 (1.2-4.4)*    |
| Livestock treated with antibiotics upon hearing rumors of anthrax outbreaks in the neighborhood | 14            | 86               | 13            | 78               | 0.029 (0.014 - 0.061) |

| Kiruhura District                                                            | # case-kraals | # control-kraals | % case-kraals | % control-kraals | OR (95% CI)       |
|------------------------------------------------------------------------------|---------------|------------------|---------------|------------------|-------------------|
| Dead livestocks butchered on or near pastureland                             | 16            | 3                | 73            | 3.4              | 76 (17-330)*      |
| Carcass disposal sites on or near pastureland                                | 13            | 10               | 59            | 11               | 11 (3.8-33)*      |
| Disturbed earth to build dam on or near pastureland                          | 4             | 4                | 18            | 4.5              | 4.7 (1.1-20)*     |
| Migration route near                                                          | 17            | 54               | 77            | 61               | 2.1 (0.76-6.3)    |
pastureland grazing sites

| Exposure                                      | Kween District | Migration route near pastureland grazing sites | Dead livestocks butchered near or on the pastureland | Carcass disposal sites near or on the pastureland | Digging activities near or on the pastureland | Grazed livestock near the riverbank during drought |
|-----------------------------------------------|----------------|-----------------------------------------------|-------------------------------------------|-----------------------------------------------|-----------------------------------------------|-----------------------------------------------|
| Grazed livestock near riverbank during drought| 67             | 63                                            | 51                                         | 47                                            | 47                                            | 21                                            |
|                                               | 128            | 99                                            | 47                                         | 73                                            | 73                                            | 48                                            |
|                                               | 100            | 94                                            | 76                                         | 70                                            | 70                                            | 31                                            |
|                                               | 100            | 77                                            | 37                                         | 57                                            | 57                                            | 38                                            |
|                                               |                | 5.6 (1.9-16)*                                 | 3.8 (1.9-7.5)*                            | 2.0 (1.1-3.7)*                                | 1.3 (0.71-2.6)                                | 0.82 (0.44-1.5)                                |

* Exposures significant at p<0.05

OR=Odds ratio using conditional logistic regression to account for matched study design; CI=confidence interval.

Table 4: Pooled analysis results showing association of exposures and livestock anthrax infection in districts of Arua, Kiruhura and Kween, Uganda: 2016–2018
| Exposures                                                                 | Study Name | Effect Size (OR) | 95% CI          | Weight (%) |
|--------------------------------------------------------------------------|------------|------------------|-----------------|------------|
| Dead livestock butchered near or on the pastureland                      | Arua       | 7.1              | 3.8 - 13        | 49         |
|                                                                           | Kiruhura   | 7.6              | 17 - 334        | 2.1        |
|                                                                           | Kween      | 5.9              | 3.0 - 11        | 49         |
|                                                                           | pooled OR (for 3 districts) | 7.9              | 5.2 - 12        | 100*       |
| Carcass disposal sites near or on the pastureland                        | Arua       | 0.88             | 0.50 - 1.6      | 61         |
|                                                                           | Kiruhura   | 1.1              | 0.39 - 3.3      | 3.9        |
|                                                                           | Kween      | 1.9              | 1.1 - 3.7       | 35         |
|                                                                           | pooled OR (for 3 districts) | 1.7              | 1.1 - 2.4       | 100*       |
| Migration routes on or near the pastureland grazing sites                | Arua       | 0.57             | 0.33 - 1.0      | 79         |
|                                                                           | Kiruhura   | 2.1              | 0.72 - 6.3      | 12         |
|                                                                           | Kween      | 5.6              | 1.9 - 16        | 9          |
|                                                                           | pooled OR (for 3 districts) | 1.2              | 0.82 - 1.86     | 100        |
| Grazed livestock near the river bank during drought (<100m)              | Arua       | 2.3              | 1.2 - 4.4       | 34         |
|                                                                           | Kiruhura   | 0.65             | 0.07 - 5.7      | 6.3        |
|                                                                           | Kween      | 0.87             | 0.47 - 1.6      | 59         |
|                                                                           | pooled OR (for 3 districts) | 1.34             | 0.87 - 2.1      | 100        |
| Digging activities on or near the pastureland                            | Arua       | 0.41             | 0.24 - 0.71     | 74         |
|                                                                           | Kiruhura   | 4.7              | 1.1 - 20        | 2.3        |
|                                                                           | Kween      | 1.9              | 1.0 - 3.6       | 24         |
|                                                                           | pooled OR (for 3 districts) | 0.88             | 0.6 - 1.3       | 100        |

*Significant exposures

Figures
Figure 1
Spot maps of case-kraals in the districts of Arua, Kween, and Kiruhura, Uganda: 2016-2018
Stratified epidemiological curves of livestock anthrax outbreaks in districts of Arua, Kween and Kiruhura, Uganda: 2016-2018

Figure 2
Figure 3

Attack Rates per Subcounty of livestock anthrax in Kiruhura District, May-October, 2018
Figure 4

Stratified epidemiological curves of livestock anthrax outbreaks per Subcounty in Kiruhura District, Uganda: 2016-2018