Near-infrared (NIR) II luminescence between 1000 and 1700 nm has attracted reviving interest for biosensing due to its unique advantages such as deep-tissue penetration and high spatial resolution. Traditional NIR-II probes such as organic fluorophores usually suffer from poor photostability and potential long-term toxicity. Herein, we report the controlled synthesis of monodisperse NaCeF₄:Er/Yb nanocrystals (NCs) that exhibit intense NIR-II emission upon excitation at 980 nm. Ce³⁺ in the host lattice was found to enhance the luminescence of Er³⁺ at 1530 nm with a maximum NIR-II quantum yield of 32.8%, which is the highest among Er³⁺-activated nanoprobes. Particularly, by utilizing the intense NIR-II emission of NaCeF₄:Er/Yb NCs, we demonstrated their application as sensitive homogeneous bioprobes to detect uric acid with the limit of detection down to 25.6 nM. Furthermore, the probe was detectable in tissues at depths of up to 10 mm, which enabled in vivo imaging of mouse organs and hindlimbs with high resolution, thus revealing the great potential of these NaCeF₄:Er/Yb nanoprobes in deep-tissue diagnosis.

Introduction

Luminescent biolabeling is a powerful technique that employs optical probes for detecting biomolecular concentration or visualizing biological events.¹⁻⁵ In order to avoid auto-fluorescence and improve the signal-to-noise (S/N) ratio, several luminescent probes have emerged based on unique optical properties such as long-lived downshifting (DS) luminescence or near-infrared (NIR)-triggered upconversion (UC) luminescence.⁶⁻¹⁰ Generally, the emission lights for these probes are located below 1000 nm, which is not optimal in bioapplications since the photon scattering may limit the tissue penetration depth. To solve this problem, luminescent materials exhibiting NIR-II emission (1000–1700 nm) in the second biological window have recently been proposed as an excellent class of probes that can significantly reduce light scattering and increase the probing depth in bioapplications.¹¹⁻¹³

In the past few years, continuous efforts have been dedicated to developing NIR-II probes including organic fluorophores, carbon nanotubes, and semiconductor quantum dots (QDs).¹⁴⁻¹⁷ However, the use of these bioprobes has several limitations. For example, organic fluorophores commonly possess poor photostability and are susceptible to photobleaching. The applicability of QDs is compromised by photoblinking and high toxicity of heavy metal elements (e.g., cadmium and selenium). Moreover, both organic fluorophores and QDs may induce high background noise owing to a small Stokes shift, which decreases the detection sensitivity for bioassays. These concerns fuel high demand for a new generation of luminescent probes to circumvent the limitations of traditional ones.¹⁸

Lanthanide (Ln³⁺)-doped nanocrystals (NCs), as another kind of promising luminescent probe, have received growing attention due to their tunable emissions from different Ln³⁺ activators.¹⁹⁻²² Compared with organic fluorophores and QDs, Ln³⁺-doped NCs feature long luminescence lifetime, high photostability, low toxicity and sharp f-f emission peaks. Thus, they are widely applied for in vitro bioassays and in vivo bioimaging.²³⁻²⁴ Nevertheless, most previous research studies focused on the exploration of UC nanoprobes with emission light in the UV or visible range,²⁵⁻²⁶ which may restrict the tissue penetration depth. Several Ln³⁺ ion (e.g., Pr³⁺, Nd³⁺, Sm³⁺, Dy³⁺, Ho³⁺, Er³⁺, Tm³⁺ and Yb³⁺) doped NCs have been reported to emit NIR-II light.²⁷ However, the NIR-II quantum yields for most of these Ln³⁺-based NCs are still low for practical application. To meet the requirement of sensitive bioassays, it is urgent to develop...
Ln$^{3+}$-doped NCS with highly efficient emission in the NIR-II region.

In this regard, we herein report the synthesis of monodisperse and size controllable Er$^{3+}$/Yb$^{3+}$-doped hexagonal NaCeF$_4$ core-only and core/shell NCS that exhibit intense NIR-II emission upon 980 nm excitation, by virtue of the efficient Yb$^{3+}$-Er$^{3+}$-Ce$^{3+}$ energy transfer. The maximum NIR-II quantum yield for the NaCeF$_4$:Er/Yb NCS is determined to be 32.8%, which is $\sim$17.5 times higher than that of the widely reported NaYF$_4$:Er/Yb NCs. A core-only NCs (7.1 nm) can be well dispersed in nonpolar organic solvents such as cyclohexane to form a stable trans-disperse and size controllable Er$^{3+}$/Yb$^{3+}$-doped hexagonal NaCeF$_4$ nanoprobes. Besides the core-only NCs, core/shell NCs were also synthesized through epitaxial growth of inert NaCeF$_4$ shells on the core-only NCs (7.1 ± 0.5 nm). These core/shell NCs, with an average size of 18.1 ± 1.9 nm, can be well dispersed in nonpolar organic solvents such as cyclohexane to form a stable transparent colloidal solution (ESI Fig. S2†). The high-resolution TEM (HRTEM) image shows a clearly observed d-spacing of 0.308 nm, which is in good agreement with the lattice spacing in the (0111) planes of hexagonal NaCeF$_4$, indicative of the high crystallinity of the as-prepared NCs.

Currently, Er$^{3+}$/Yb$^{3+}$-doped fluorides (e.g., NaYF$_4$) with low phonon energy are frequently reported as UC materials. For the typical UC emission process, the Yb$^{3+}$ ion is usually used as the sensitizer to harvest 980 nm photons. An Er$^{3+}$ ion is then excited to its excited states via two or more successive energy transfers from Yb$^{3+}$ ions in close proximity, followed by radiative relaxation, resulting in UC emission of a higher-energy photon (Fig. 2a). Nevertheless, the energy gap between the $^2$F$_{5/2}$ and $^2$F$_{7/2}$ levels of Ce$^{3+}$ ($\sim$2300 cm$^{-1}$) is close to that of the $^4$I$_{13/2}$-$^4$I$_{15/2}$ energy gap ($\sim$3700 cm$^{-1}$) of Er$^{3+}$. Therefore, for NaCeF$_4$:Er/Yb NCs, the $^4$I$_{13/2}$ level of Er$^{3+}$ is significantly populated through the efficient phonon-assisted nonradiative relaxation from the $^4$I$_{11/2}$ level facilitated by Ce$^{3+}$ ions. Upon excitation at 980 nm, intense DS emissions centered at $\sim$1530 nm that are ascribed to the $^4$I$_{13/2}$ → $^4$I$_{15/2}$ transition of Er$^{3+}$ were detected for all the synthesized Er$^{3+}$/Yb$^{3+}$-co-doped NaCeF$_4$ NCs (ESI Fig. S3 and S4†). With the size increasing from 7.1 nm to 200.6 nm, the NIR-II emission intensity increased by 4.1 times, and the effective PL lifetime of $^4$I$_{13/2}$ was found to increase from 1.53 to 5.60 ms (ESI Fig. S5†).

The NIR-II absolute quantum yield (QY), defined as the ratio of the number of emitted photons to the number of absorbed photons, was determined to be as high as 32.8% for NaCeF$_4$:Er/

Results and discussion

Hydrophobic and monodisperse NaCeF$_4$:Er/Yb NCS were synthesized via a facile high-temperature co-precipitation method. The X-ray diffraction (XRD) patterns of the as-prepared NCS can be indexed to pure hexagonal NaCeF$_4$ (JCPDS no. 75-1924), and no traces of other phases or impurities were detected (ESI Fig. S1†). Energy-dispersive X-ray (EDX) spectroscopy confirms the successful doping of Er$^{3+}$/Yb$^{3+}$ ions into the NaCeF$_4$ host (ESI Fig. S1†). By changing the reaction time at 320 °C, the sizes and morphologies of these NCs can be finely tailored. Specifically, longer reaction time resulted in larger particles. As shown in Fig. 1, when the reaction time increased from 20 to 30 min, the size of the obtained NaCeF$_4$:Er/Yb NCs increased markedly from 7.1 ± 0.5 to 25.2 ± 2.7 nm (Fig. 1a–c). With further increasing the reaction time to 45 min, the coexistence of small nanospheres and large nanorods was observed (Fig. 1d), which may be attributed to an Ostwald-ripening process where small particles dissolved and big nanorods grew simultaneously. After heating for 60 or 90 min, the small nanospheres completely transformed into larger nanorods with lengths of 103.3 ± 10.9 and 206.6 ± 16.5 nm (Fig. 1e–f), respectively.
H2O2 or H2O2-generated biomolecules (Fig. 3a). In order to explore as an effective probe for the detection of H2O2 or H2O2-generated biomolecules (Fig. 3a). In order to investigate the quenching effect of H2O2 on the NIR-II emission of NaCeF4:Er/Yb NCs, the spectral response of ligand-free NaCeF4:Er/Yb NCs with a size of 200.6 nm upon excitation by a 980 nm laser with a power density of ≈100 W cm\(^{-2}\) (ESI Fig. S3†). Meanwhile, impressive 3.6-fold and 13.6-fold enhancements of NIR-II emission at 1530 nm for NaCeF4:Er/Yb core-only and NaCeF4:Er/Yb@NaCeF4 core/shell NCs were observed relative to that of NaYF4:Er/Yb NCs (20.1 ± 1.8 nm, ESI Fig. S6†), upon excitation at 980 nm (Fig. 2b). In sharp contrast, the visible UC emissions for Er\(^{3+}\) were negligibly weak in NaCeF4:Er/Yb NCs, due to the effective depopulation of \(^{2}H_{11/2}, \ ^{4}S_{3/2}, \ ^{4}F_{9/2}\) levels in the presence of Ce\(^{3+}\) ions (Fig. 2c). The NIR-II absolute QYs were determined to be 1.9%, 5.6% and 19.5% for NaYF4:Er/Yb, NaCeF4:Er/Yb core-only, and NaCeF4:Er/Yb@NaCeF4 core/shell NCs, respectively.

To make the OA-capped NaCeF4:Er/Yb NCs hydrophilic for bioapplications, we removed the surface ligands through an acid treatment. Since Ce\(^{3+}\) ions in the host matrix were exposed on the surface of ligand-free NCs, which endows these NCs with excellent dispersibility in aqueous solutions.

Since Ce\(^{3+}\) ions in the host matrix were exposed on the surface of ligand-free NCs after the acid treatment, H2O2 can directly oxidize Ce\(^{3+}\) to Ce\(^{4+}\) through redox reaction,\(^23\) resulting in the quenching of NIR-II emission of Er\(^{3+}\) upon 980 nm excitation. Benefiting from such a redox reaction, NaCeF4:Er/Yb NCs can be explored as an effective probe for the detection of H2O2 or H2O2-generated biomolecules (Fig. 3a). In order to investigate the quenching effect of H2O2 on the NIR-II emission of NaCeF4:Er/Yb NCs, the spectral response of ligand-free NaCeF4:Er/Yb NCs with a size of 25.2 ± 2.7 nm (0.5 mg mL\(^{-1}\)) upon addition of different amounts of H2O2 (0–10 μM) was measured upon 980 nm excitation (Fig. 3b). The integrated DSL intensity of NaCeF4:Er/Yb decreased gradually with increasing concentration of H2O2, due to the redox reaction between the H2O2 and Ce\(^{3+}\) ions. As a result, the concentration of H2O2 can be quantified by the NIR-II emission intensity of NaCeF4:Er/Yb NCs (Fig. 3c). In the control experiment, by utilizing NaYF4:Er/Yb or NaYF4:Er/Yb/Ce (with a Ce\(^{3+}\) content of 10 mol%) as the probe, a negligible photoluminescence (PL) quenching effect of Er\(^{3+}\) was observed upon addition of different concentrations of H2O2 (ESI Fig. S10†). The LOD, defined as the concentration that corresponds to 3 times the standard deviation above the signal measured in the blank, was determined to be 41.8 nM based on NaCeF4:Er/Yb nanoprobes.

The highly sensitive response of H2O2 allows for the detection of biomarkers such as UA which can yield H2O2 through the UA/uricase reaction (Fig. 4a). The level of UA, which is the end product of purine metabolism in the human body in human blood and urine, can be treated as an indicator for certain clinical criteria. Abnormal levels of UA may cause diseases like gout, arthritis, renal disorder, Lesch–Nyhan syndrome, etc.\(^24\) Specifically, excess UA in human blood is a risk factor in cardiovascular related diseases, while reduced UA levels (hypouricemia) have been found to be closely related to several diseases such as diabetes mellitus and AIDS.\(^25\) Therefore, the accurate detection of UA is of great importance in physiological survey and clinical diagnosis.

In the assay system, UA or uricase alone was not able to quench the NIR-II emission of NaCeF4:Er/Yb nanoprobes upon 980 nm excitation, since no H2O2 was generated (Fig. 4b). However, a notable quenching in Er\(^{3+}\) emission was observed with the addition of both UA and uricase in NaCeF4:Er/Yb
solution. Meanwhile, it was found that a time of 3 h was needed to reach equilibrium for the NIR-II emission of Er$^{3+}$ (ESI Fig. S11†). Under the optimized conditions (0.5 mg mL$^{-1}$ NaCeF$_4$:Er/Yb and 0.011 U mL$^{-1}$ uricase), the integrated NIR-II emission intensity of Er$^{3+}$ decreased gradually with UA concentration from 0 to 900 µM (Fig. 4c), due to the gradual release of H$_2$O$_2$. The calibration curve for the UA concentration exhibits a linear dependence in the range of 0.411–900 µM. The LOD of UA assay was determined to be 25.6 nM, which is much lower than the UA level in the serum of healthy human beings (130–460 µM). In order to verify the specificity of the bioassay, we performed control experiments by replacing UA with other possible interfering biomolecules and electrolytes that may exist in serum samples, such as metal ions, proteins, and amino acids, under otherwise identical conditions. As displayed in Fig. 5a, the quenching of NIR-II emission of Er$^{3+}$ in the control groups was negligibly small, which is in marked contrast to the significant quenching effect caused by the addition of UA. Such an exclusive PL quenching in the experiment group confirms the high specificity of the assay, thus validating the applicability of NaCeF$_4$:Er/Yb nanoprobes for UA detection in complex biological matrices such as serum.

For the detection of UA in human serum samples, the NIR-II signal of the serum-based detection system exhibited a linear dependence on the UA concentration ranging from 1.234 to 900 µM (ESI Fig. S12†). To show the reliability of direct quantitation of UA in complex biological fluids by applying the NaCeF$_4$:Er/Yb nanoprobes, we carried out in vitro detection of UA in 24 serum samples. The UA concentrations determined by NaCeF$_4$:Er/Yb nanoprobes were compared with those detected based on a commercial kit. As shown in Fig. 5b and Table S1,† the UA levels determined from the NaCeF$_4$:Er/Yb based assay are highly consistent with those from the commercial assay kit. The correlation coefficient between both kinds of assays was determined to be 0.98, demonstrating that the NC-based assay is as reliable as that using the commercial kit.

Moreover, we determined the recovery of three human serum samples upon addition of UA standard solutions with different concentrations. The analytical recoveries are in the range of 93.4–108.8% (Table 1). Both the coefficients of variation (CV) and recovery are within the acceptance criteria (CVs ≤ 15%, and recoveries in the range of 90–110%) set for bioanalytical method validation. These results clearly prove that the NaCeF$_4$:Er/Yb nanoprobe has high reliability and practicability for UA detection.

![Chemical equation for the generation of H$_2$O$_2$ through UA/uricase reaction.](Image)

![NIR-II emission spectra of 100 µL of NaCeF$_4$:Er/Yb NCs (0.5 mg mL$^{-1}$) after the addition of 100 µL of H$_2$O, uricase (0.011 U mL$^{-1}$), UA (900 µM) and uricase (0.011 U mL$^{-1}$) + UA (900 µM), respectively, upon excitation at 980 nm.](Image)

![Calibration curve for the UA concentration from 0 to 900 µM (ESI Fig. S12†).](Image)

![Quenching effect of NIR-II signal at 1530 nm of the NCs/uricase solution under 980 nm excitation after incubation with 1 mM UA or other different analytes.](Image)

![Correlation between NCs-based assay and commercial kit for the detection of UA in 24 human serum samples, which were kindly provided by Fujian Provincial Cancer Hospital, Fuzhou, China. Each data point represents the mean of triplicate experiments.](Image)

![Table 1 Assay precision and analytical recovery of UA added to three serum samples from healthy people.](Table)

![Graphical representation of the detected signal at 1530 nm of the NCs/uricase solution under 980 nm excitation after incubation with 1 mM UA or other different analytes.](Image)

![Graphical representation of the correlation between NCs-based assay and commercial kit for the detection of UA in 24 human serum samples, which were kindly provided by Fujian Provincial Cancer Hospital, Fuzhou, China. Each data point represents the mean of triplicate experiments.](Image)
detection in complex biological samples. Therefore, the proposed NaCeF4:Er/Yb nanoprobe, exhibiting background-free NIR-II emission under NIR excitation, is highly desired as a homogeneous bioassay nanoplatform for accurate detection of UA and other H2O2-generated biomarkers in clinical bioassays. Compared to previously reported UA bioassay systems, the homogeneous assay carried out employing the NaCeF4:Er/Yb nanoprobe is much more convenient and cost-effective, given that the assay can be performed based on a simple mixing of the test samples with uricase and the ligand-free NaCeF4:Er/Yb nanoprobe, and no complicated operations are involved in either nanoprobe preparation or surface modification.

Another important application of NIR-II emission is the deep-tissue bioimaging. To make the as-prepared hydrophobic NCs biocompatible, we coated the surface of OA-capped NaCeF4:Er/Yb@NaCeF4 NCs with amphiphilic 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[carboxy-(polyethylene glycol)-2000] (DSPE-PEG2000-COOH) phospholipids (Lipo). The resultant Lipo-modified NaCeF4:Er/Yb@NaCeF4 NCs with a hydrodynamic diameter of 22.3 ± 1.1 nm were monodisperse in water (ESI Fig. S9†). As a proof-of-concept experiment to examine the tissue penetration ability of NIR-II emission, we covered Lipo-modified NaCeF4:Er/Yb@NaCeF4 and NaYF4:Er/Yb NCs with pork muscle tissue of various thicknesses, which were imaged using a modified Maestro imaging system. As shown in Fig. 6a and b, the NIR-II luminescence of NaCeF4:Er/Yb@NaCeF4 NCs was detectable even at a depth of 10 mm upon excitation at 980 nm. By contrast, the green UC luminescence of NaYF4:Er/Yb NCs can only be observed at 4 mm beneath the tissue surface under otherwise identical conditions. The penetration depths that correspond to 50% of the original signal of NIR-II and green luminescence were determined to be ~7 and ~3 mm, respectively. The higher depth of penetration of NIR-II emission is due to reduced tissue scattering of light within the NIR-II window compared with that in the visible range.

Furthermore, to demonstrate their great capability for noninvasive imaging, in vivo bioimaging experiments were carried out based on the Lipo-modified NaCeF4:Er/Yb@NaCeF4 and NaYF4:Er/Yb nanoprobes via tail vein injection into mice with the same dosage (0.1 mg mL−1, 1 mL). After 30 min of blood circulation, images were taken upon excitation at 980 nm with appropriately equipped filters. Fig. 6c shows the evolution of the PL signal over 24 h arising from the injection of NaCeF4:Er/Yb@NaCeF4 nanoprobes. 0.5 h after injection, the NCs accumulated essentially in the hindlimbs, liver, spleen, and lungs, as can be monitored by the bright NIR-II signals of Er3+. Particularly, images of the mouse blood vessels of organs and hindlimbs can be clearly observed, which reveals the excellent spatial resolution of NIR-II bioimaging. After longer time periods of blood circulation, PL fading from hindlimbs was observed. 24 h later, all the NaCeF4:Er/Yb@NaCeF4 nanoprobes accumulated in the liver. Note that no tissue autofluorescence signal and light scattering were detected.
during in vivo imaging experiments. Considering the depth of the nude-mice organs (>3 mm), only weak visible UC emission of Er$^{3+}$ can be observed in the control experiment by utilizing NaYF$_4$:Er/Yb as the probe under otherwise identical conditions (ESI Fig. S13†). These results are well consistent with the penetrated depths of NIR-II and visible lights verified in the above-mentioned in vitro imaging experiments with pork tissue.

Conclusions

In summary, we have developed a highly efficient NIR-II nanoprobe based on NaCeF$_4$:Er/Yb NCs. Upon 980 nm excitation, intense NIR-II emissions at 1530 nm were realized because of efficient Yb$^{3+}$–Er$^{3+}$–Ce$^{3+}$ energy transfer. The maximum absolute NIR-II QY for NaCeF$_4$:Er/Yb NCs has been determined to be 32.8%, which is the highest among Er$^{3+}$–activated NIR-II nanoprobes. Significantly, the NIR-II emission can be effectively inhibited by H$_2$O$_2$ produced via the UA/uricase reaction, due to the redox reaction between the H$_2$O$_2$ and Ce$^{3+}$ ions. By virtue of such H$_2$O$_2$–responsive luminescence, we have achieved an LOD of 25.6 nM for UA detection. The concentrations of UA in 24 human serum samples determined using NaCeF$_4$:Er/Yb nanoprobes were highly consistent with those measured independently using a commercial kit, showing the assay’s accuracy and reliability. More importantly, a deep tissue penetration depth and superior spatial resolution in in vivo imaging of mouse organs and hindlimbs have been demonstrated by employing the distinct NIR-II emission of NaCeF$_4$:Er/Yb@NaCeF$_4$ in comparison with the UC emission of NaYF$_4$:Er/Yb. These findings reveal the great potential of NaCeF$_4$:Er/Yb nanoprobes in practical in vivo detection of disease markers, which may open up a new route to the exploitation of Ln$^{3+}$-doped NIR-II nanoprobes in versatile biomedical applications.

Experimental

Detailed experimental procedures are reported in the ESI.†

Conflicts of interest

There are no conflicts to declare.

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