Antidepressive-like effect of imperatorin from Angelica dahurica in prenatally stressed offspring rats through 5-hydroxytryptamine system

Yanjun Cao\textsuperscript{a,b,\ast}, Jiahui Liu\textsuperscript{b,\ast}, Qiong Wang\textsuperscript{c}, Minghui Liu\textsuperscript{b}, Ying Cheng\textsuperscript{b}, Xiaoxiao Zhang\textsuperscript{b}, Tianwei Lin\textsuperscript{b} and Zhongliang Zhu\textsuperscript{a,b}

Adolescence is a time of continued brain maturation, particularly in limbic and cortical regions, which undoubtedly plays a role in the physiological and emotional changes. Prenatally stressed offspring rats were used to investigate the potential antidepressive-like effects of imperatorin (IMP) extracted from the root of radix angelica. After 4 weeks of treatment of IMP, behavioral tests (sucrose-preference test, forced-swimming test, and open-field test) were measured. 5-hydroxytryptamine (5-HT) concentration in the hippocampus and frontal cortex was measured using an enzyme-linked immunosorbent assay. Serotonin transporters (5-HT\textsubscript{T}) and 5-HT\textsubscript{1A} receptor (5-HT\textsubscript{1A}R) mRNA expression in the hippocampus and frontal cortex were also determined by real-time PCR. Administration with IMP (15 and 30 mg/kg/day, intragastrically) for 28 days markedly increased the percentage of sucrose (anhedonia), decreased the immobility time, and increased the number of total crossings, center crossings, rearing, and grooming in the male prenatally stressed offspring. Meanwhile, we found that 5-HT concentration in the hippocampus and frontal cortex was significantly increased in the IMP-treated group. Subsequently, we found significantly decreased 5-HTT and increased 5-HT\textsubscript{1AR} mRNA expressions in the hippocampus and frontal cortex after IMP treatment in the prenatally stressed male offspring. IMP showed antidepressive-like effects and increased 5-HT concentration in male prenatally stressed offspring, suggesting that IMP could be of therapeutic use in preventing depressive-like behavior in adolescence. NeuroReport 28:426–433 Copyright © 2017 The Author(s). Published by Wolters Kluwer Health, Inc.

Keywords: 5-hydroxytryptamine, Angelica dahurica, imperatorin, offspring, prenatal stress

Introduction

Depression is a group of syndromes characterized by notable and persistent mood disorders, and is one of the most prevalent psychiatric disorders prevalent in humans, often beginning in adolescence and belonging to the category of ‘gloomy disease’ in Chinese medicine [1]. It is a prototypical multifactorial disorder that profoundly affects individual emotions, thoughts, sense of self, behaviors, interpersonal relations, physical functioning, biological processes, work productivity, and overall life satisfaction. Therefore, the present research focuses on adolescent depression.

Mounting evidence suggests that acute and chronic stress induces changes in 5-hydroxytryptamine (5-HT) neurotransmission in the hippocampus and prefrontal cortex, thereby increasing the risk of psychiatric disorders, such as schizophrenia, attention deficit hyperactivity disorder, depression, anxiety, and autism [2]. It has been well documented that prenatal stress (PS) impairs various aspects of brain functions including learning and memory, cognition, and emotion in both experimental animals and humans [3,4]. Prenatally stressed offspring may show alterations in brain morphology and behavior [5,6], increased emotional reactivity, altered regulation of the hypothalamic–pituitary–adrenal (HPA) axis [7], and affected 5-HT system [8,9]. 5-HT is a neuromodulator that regulates various brain functions including cognition and emotion through multiple receptors, and disorders of the 5-HT system are closely associated with various types of mental illness [10]. Recent studies have shown that alterations in 5-HT signaling during brain development induce neurodevelopmental and neuropsychiatric disorders [11–13]. Depression is reported to be associated with multiple changes in central 5-HTT and 5-HT\textsubscript{1A} receptors, including decreased tryptophan concentrations, impaired 5-HT\textsubscript{T} synthesis or release, malfunctions at postsynaptic 5-HT\textsubscript{T} receptors, and

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alterations in 5-HTT density [14]. In some patients, increasing brain 5-HT function through blockade of the 5-HTT [selective serotonin reuptake inhibitor (SSRI) treatment] seems to be sufficient to promote clinical recovery, although preclinical studies show that this simple pharmacological action is accompanied by a complex program of molecular and cellular changes. The 5-HTT gene is one of the most intensively investigated genetic risk factors for depression [11]. The current research assumes that the 5-HT is the neurotransmitter that is most associated with depression. Central and peripheral 5-HT levels decrease in depression patients. The 5-HT acts through the 5-HT receptor, which is closely related to depression. A decrease in 5-HT receptor expression levels in the cerebrum may be the mechanism responsible for depression. Not only does the content of 5-HT at hippocampus decrease but also the function and level of the 5-HT receptor are reduced during long-term stress state. In fact, facilitation of 5-HT signaling by 5-HT1A receptors in the hippocampus, elevated 5-HT levels, or SSRIs have been associated with antidepressive effects [15]. An inverse relationship can be found in animals previously exposed to early life trauma such as PS, where later treatment with SSRIs may reverse the stress response [3,8].

Despite the prevalence and severe impact of depression, the efficacy of currently available antidepressants is often inconsistent and many of them exert undesirable side effects. With a growing number of herbal medicines being introduced to psychiatric practice, many of them have been chosen as alternative therapies for depression [16]. Thus, developing safe and effective agents from traditional herbs may provide us with a good means to reduce the side effects as well as improve the efficacy. A growing number of newly discovered drugs were produced from simple plant and mineral sources. Many herbal drugs based on ethnomedicine were used traditionally in Chinese Medicine for psychiatric disorders such as depression, anxiety, schizophrenia, and autism [14,16]. IMP [9-(3-methylbut-2-enyloxy)-7H-furo[3,2-g] chromen-7-one; Fig. 1a], a dietary furocoumarin, was wide spread and found not only in the medicinal plant such as Cnidium monnieri (L) cusson and Angelica dahurica (Fisch. ex Hoffm) Benth, et Hook. F [17], but also in popular culinary herbs such as parsley and fennel. IMP had been shown to enhance the protective activity of conventional antiepileptic drugs in seizures [18], improve cognitive impairment [19], and also have anticonvulsant [19] and sedative-hypnotic effects [20]. Despite a growing understanding of the mechanisms by which IMP acts on mood disorders, the effects on depressive-like behavior in prenatally stressed male offspring have not been reported.

The aim of the present study was to determine whether long-term IMP administration ameliorates depressive-like behavior in prenatally stressed offspring. Behavioral tests [sucrose-preference test, forced-swimming test (FST), and the open-field test (OFT)] were measured after 4 weeks of IMP treatment in prenatally stressed offspring rats. 5-HT concentration in the hippocampus and frontal cortex was evaluated 4 weeks after IMP administration. Then, to discover the possible mechanism, we also measured hippocampal and prefrontal cortex mRNA expressions of 5-HT and 5-HT1A receptors.

Methods
Animals and procedures
All procedures were carried out in accordance with the National Institutes of Health Guide for Care and Use of Laboratory Animals and were approved by the Institutional Animals Care and Use Committee at Xi’an Jiaotong University. All efforts were made to minimize the number of animals used and their suffering. Female Sprague-Dawley rats weighting 230–250 g and male Sprague-Dawley rats weighting 280–350 g were used. Animals were provided by the experimental animal center of Xi’an Jiaotong University Medical College. The rats were housed in an animal room with controlled temperature (22–28°C) and humidity (60%) on a 12-h-light/dark cycle (light on from 08:00 to 20:00) with free access to food and water. Virgin female rats were placed overnight with adult male rats (3:1) for mating. Vaginal smear was examined on the following morning (before 8:00). The day on which the smear was sperm positive was determined as embryonic day 0. Each pregnant rat was then housed separately.

The pregnant rats were separately exposed to restraint stress on days 14–20 of pregnancy three times daily for 45 min [21]. To prevent habituation of animals to the daily procedure, restraint periods were randomly shifted within certain time periods (08:00–10:00, 11:00–13:00, and 15:00–17:00). The restraint device was a transparent plastic tube (6.8 cm in diameter) with air holes for breathing and closed end. The length could be adjusted to accommodate the size of the animals. The pregnant rats of the control were left undisturbed. On postnatal day 21, after all offspring were weaned, male and female pups were separated and housed four in each cage, respectively, until testing at 1 month of age. At the end of postnatal day 30, two male offspring rats from the same biological mother were selected randomly.

Administration of imperatorin in rats
IMP (purity >98% by high-performance liquid chromatography) from the supercritical fluid extraction of Angelica Dahurica was obtained from Shaanxi Huike Botanical Development Co. Ltd (Xi’an, China). IMP stock solutions were prepared in water containing 0.5% CMC-Na (m/v). In dose–response studies, IMP was administered at low concentrations of 15 mg/kg (IMP-L) and high concentrations of 30 mg/kg (IMP-H). The male prenatally unstressed offspring were treated with 0.5% CMC-Na used as the control group. All treatments or control were applied by intragastric administration for
4 weeks in male offspring rats at postnatal 30 days. Eight rats were used in each group.

After 4 weeks of administration of IMP, the depressive-like behavior in prenatally stressed offspring rats was assessed by the sucrose-preference test, the FST, and the OFT. After behavioral tests, the hippocampal and prefrontal cortex were removed and stored at $-80^\circ$C until processing for enzyme-linked immunosorbent assay or mRNA extraction. The timeline of the present study is shown in Fig. 2.

**Sucrose-preference test**

After 4 weeks of administration of IMP, sucrose preference was assessed by a modified version of the sucrose-preference test [22] in the male prenatally stressed offspring. The sucrose consumption tests were performed using a two-bottle test, with rats having free access to both water and a sucrose solution. Animals were first trained to consume water in the two bottles and water consumption was measured for 24 h. The next day, sucrose consumption tests began: a bottle filled with a 2% sucrose solution as replaced with a bottle of water for 4 h. Bottles were counterbalanced across the left and the right sides of the feeding compartment, and alternated in position from test to test. Sucrose preference (%) was calculated as follows:

$$\text{Preference (\%)} = \frac{\text{sucrose solution intake (ml)}}{\text{total fluid intake (ml)}} \times 100.$$

**Forced-swimming test**

After 4 weeks of administration of IMP, FST was assessed in the male PS offspring. The forced-swimming test was performed according to previous reports [22]. Rats were forced to swim in a cylindrical tank (50 cm in height; 20 cm in diameter) filled with water (23–25$^\circ$C) to a depth of 40 cm for 8 min. All movements of the rat in 8-min swim session were recorded by a video camera. The immobility time (floating in water without active movements of forepaws) was measured manually by a trained rater blinded to the status of rats. The immobility
Immobility time (\%) = \left( \frac{\text{immobility time (s)}}{\text{total time (s)}} \right) \times 100.

During the study, water in the tank was changed for each rat.

**Open-field test**

After 4 weeks of administration of IMP, OFT was assessed in the male PS offspring. During a 5-min observation period, rats were exposed to an open field (150 × 150 × 49.5 cm³; black acrylic walls, green floor) divided into a 5 × 5 grid of equally sized squares using white tape. The central region of the box (3 × 3 = 9 squares) was subdivided into a large center and a small center of eight and one squares, respectively. The test started by placing the rat in the same side of the small center. During the test, the time spent in the center was recorded. In addition, the frequency of the following behaviors was quantified: total crossing counts (the number of total squares crossed with the four paws), center crossing counts (the number of center squares crossed with the four paws), rearing counts (standing on the hind legs, with or without contact with the sides of the arena), and grooming counts (using the paws or tongue to clean/scratch body). The open field was cleaned with a 5% ethanol solution in liquid nitrogen, and stored at −80°C for posterior biochemical analysis. The levels of 5-HT in the prefrontal cortex and hippocampus were measured using a microtiter plate reader (Perkin-Elmer, Waltham, Massachusetts USA). Distilled water and measured using a microtiter plate reagent to each well, the plates were incubated at 37 °C for 30 min. Then, the plates were rinsed five times with the trizol method and quantified by nanodrop spectrophotometry (Thermo Scientific, Massachusetts, USA). First-strand cDNA was synthesized from 1 μg of each mRNA sample with a random primer and a reverse transcription kit (Takara, Shiga, Japan). PCR reactions were carried out using rat-specific primers for 5-HTT forward (5′-GGCGGAGATGAGGAATGAAG-3′) and reverse (5′-AAGAAGATGATGGCAAAAGACG-3′); 5-HT1A R forward (5′-CCACGGCTCACACCATCACG-3′) and reverse (5′-TGACAGTCTTTGAGGATTGC-3′). To normalize the 5-HTT and 5-HT1A R data for quantitative analysis, we performed RT-PCR on the same cDNA samples using GAPDH primers forward (5′-ATGTTGAGTTCGTGTCGTCAGG-3′) and reverse (5′-CGCTCTGGAAGATGTTGAGG-3′). SYBR Green real-time PCR Master Mix (Takara) was used for real-time PCR to detect the abundance of PCR products among samples. Amplification conditions were as follows: denaturation for all pairs of primers was 94°C 30 s; annealing for 5-HTT, 60°C 30 s, 5-HT1A R, 56°C 30 s; and elongation for 5-HTT and 5-HT1A R, 72°C 20 s. Forty cycles were performed. The relative expression of 5-HTT and 5-HT1A R mRNA was calculated using the 2−ΔΔCt comparative method, with 5-HTT and 5-HT1A R gene normalized against the internal endogenous reference GAPDH gene for the same sample.

**Statistical analysis**

The values are presented as means ± SEM. Differences between groups were compared using the one-way analysis of variance combined with the use of GraphPad Prism software 5.0. (GraphPad Software Inc., La Jolla, USA) P less than 0.05 was considered statistically significant.

**Results**

**Effects of imperatorin on body weight in prenatally stressed offspring**

Postnatal body weights of the male offspring are shown in Fig. 1b. Both male offspring treated with IMP or fluoxetine did not present any significant changes in body weights on 0, 7, 14, 21, and 28 days.

**Effects of imperatorin on the sucrose-preference test in prenatally stressed offspring**

After PS treatment, the percentage of sucrose consumed with the sucrose concentration of 2% in the male offspring was significantly reduced compared with the control group (P < 0.05) (Fig. 3), whereas administration with IMP-L, IMP-H, or fluoxetine for 28 days markedly increased the percentage of sucrose in the male offspring (P < 0.05) (Fig. 3).

**Effects of imperatorin on the forced-swimming test in prenatally stressed offspring**

The result of FST is presented in Fig. 4. After PS treatment, immobility time (P < 0.05, Fig. 4a) and the immobility time percentage (P < 0.05, Fig. 4b) in the male offspring were significantly increased compared with the control group, respectively (P < 0.05), whereas administration with IMP-L, IMP-H, or fluoxetine for 28 days markedly decreased the immobility time (P < 0.05,
Effects of imperatorin on the open-field test in prenatally stressed offspring
PS significantly decreased the number of total crossings ($P < 0.05$), center crossings ($P < 0.05$), rearing ($P < 0.05$), and grooming ($P < 0.05$) in the male offspring compared with their control group respectively, shown in Fig. 5. After treatment with IMP-L, IMP-H, or fluoxetine for 28 days, the number of total crossings, center crossings, rearing, and grooming were significantly increased in the male offspring compared with the PS group, respectively ($P < 0.05$, Fig. 5). There was no significant difference between the IMP-H group and the control group in the total number of line crosses ($P < 0.05$, Fig. 5a).

**Effects of imperatorin on 5-hydroxytryptamine concentration in the hippocampus and the frontal cortex of prenatally stressed offspring**

The effects of IMP treatment on the 5-HT concentration are summarized in Fig. 6a and b. In the hippocampus and prefrontal cortex, PS significantly reduced 5-HT levels compared with the control group ($P < 0.01$). IMP treatment for 4 weeks could reverse the effects of PS offspring rats significantly in hippocampus and prefrontal cortex tissues ($P < 0.01$). A similar tendency of results was found in the groups that received fluoxetine treatment.

**Effects of imperatorin on 5-HTT and 5-HT$_{1A}$R mRNA expression in the hippocampus and the frontal cortex of prenatally stressed offspring**

To investigate the influence of IMP on the 5-HT system in the PS offspring rats, we analyzed 5-HTT and 5-HT$_{1A}$R mRNA expression in both the hippocampus and the frontal cortex, which is critical for 5-HT trafficking. 5-HTT$_{1A}$R mRNA expression was significantly reduced by PS compared with the control group ($P < 0.01$, Fig. 7). 5-HTT mRNA expression was significantly increased by PS. After treatment with IMP for 4 weeks, the 5-HTT were markedly decreased and 5-HT$_{1A}$R mRNA expressions were markedly increased in the hippocampus and frontal cortex in the offspring rats compared with the PS group ($P < 0.05$, Fig. 7).

**Discussion**

The chronic PS model is currently the most widely used model of depression, making mother animals receive prenatal long-term mild stress to simulate various negative events faced by people in their daily life [23]. In the present study, the pregnant rats were separately exposed to restraint stress on days 14–20 of pregnancy three times daily for 45 min, the body weights of the male offspring did not change compared with the control group, but the intake of 2% sucrose decreased in the depression model groups, showing that these rats had clinical symptoms of anhedoni and thus had depression. Chronic treatment of male PS offspring rats with IMP for 4 weeks abolished the depressive-like behavior, decreased 5-HTT, and increased 5-HT$_{1A}$R mRNA expression in the hippocampus and the frontal cortex. This may depend on changes in 5-HT levels because PS alter 5-HT neurons and brain 5-HT concentration in the offspring [24]. It was also shown that the effects of PS on mRNA expression of 5-HT receptors were recovered by IMP. Therefore, the adjustment of the 5-HT system may be one of the mechanisms of IMP for antidepressant effects.

Environmental factors during prenatal altered the mRNA expression of 5-HT receptors in the frontal cortex and
hippocampus of male offspring [25]. Many research have shown that 5-HT was related to depression and this was mediated through different and common 5-HT receptor subtypes. Grippo et al. [24] showed chronic mild stress-induced behavioral and physiological changes, and may alter 5-HT1AR function. An increase in the 5-HT level can increase the neurogenesis in the hippocampus, thus causing an improvement in depression, causing a change in depressive behavior to normal status [11]. In the present study, it was found that administration of IMP increased the mRNA of 5-HT1AR in the hippocampus and prefrontal cortex to the level of control offspring rats.

Fig. 5

Effects of IMP on the open-field test of prenatally stressed offspring rats. (a) The number of total crossings. (b) The number of center crossings. (c) The number of rearings. (d) The number of grooming. Values represent means ± SEM (n = 10). *P < 0.05 and **P < 0.01 compared with the PS group, ##P < 0.01 compared with the control group. IMP, imperatorin; IMP-H, IMP administered at high concentrations; IMP-LPS, IMP administered at low concentrations; PS, prenatal stress.

Fig. 6

Effects of IMP on the 5-HT concentration in the hippocampus and frontal cortex of prenatally stressed offspring rats. (a) 5-HT concentration in the hippocampus. (b) 5-HT concentration in the frontal cortex. Values represent means ± SEM (n = 10). *P < 0.05 and **P < 0.01 compared with the PS group, ##P < 0.01 compared with the control group. 5-HT, 5-hydroxytryptamine; IMP, imperatorin; IMP-H, IMP administered at high concentrations; IMP-LPS, IMP administered at low concentrations; PS, prenatal stress.
This indicates that IMP has the potential to improve 5-HT deficiency and affect the 5-HT system in depressive rats.

Considerable evidence from preclinical laboratory studies indicates that PS affects the hormonal and behavioral development of offspring [26]. The effects of PS in rodents and nonhuman primates on HPA reactivity to stress, morphological changes in the brain, motor behavior, and learning are determined. PS has been found to alter baseline and stress-induced responsivity of the HPA axis and levels and distribution of regulatory neurotransmitters, such as norepinephrine, dopamine, acetylcholine, and 5-HT, and to modify key limbic structures. A previous study show that 5-HT in the central nervous system plays a key role in the regulation of mood, appetite, sleep, and memory [27]. 5-HT function in numerous neuropsychiatric disorders, such as depression, schizophrenia, and 5-HT receptor subtypes in this context, may lead to improved drug development and therapeutic approaches [28]. It has been shown that adult depression level was regulated positively by the 5-HT1A receptor during the postnatal period. In the present study, the depression level was elevated by prenatal stress, chronic treatment of male PS offspring rats with IMP for 4 weeks abolished the depressive-like behavior and moderated the 5-HT system, and may show a potential therapeutic use for depression. IMP has been used in traditional Chinese medicine for their anti-inflammatory, antitumoral, anticonvulsant, vasodilatory, and antihypertensive properties [17,29–31]. More directly, IMP was widespread and found not only in the radix angelicae but also in popular culinary herbs such as parsley and fennel. Thus, IMP, which is widespread in Chinese medicinal herb and popular culinary herbs, is a very good choice for the treatment of depressive-like behavior in adolescence.

The removal of 5-HT in the synaptic cleft is primarily through specific protein in the nerve terminal, named the 5-HT transporter or the serotonin transporter, 5-HTT[12], as fluoxetine is a SSRIs. IMP improved the behavior; our results emphasized that there were significantly lower levels of 5-HT in the PS group than the control group, and IMP
could ameliorate the 5-HT level deficiency in hippocampus and prefrontal cortex tissues by stress, and showed marked serotonergic activation in brain. Prenatal stress induced 5-htt mRNA in the hippocampus and prefrontal cortex. Statistical analysis indicated statistically significant decrease in 5-HTT mRNA in the hippocampus and the prefrontal cortex after IMP treatment for 4 weeks. On the basis of these findings, it is tempting to speculate that the anti-depressant effects of IMP were by upregulation of the level of 5-HT along with promotion of reuptake in prenatally stressed offspring rats. It has been reported that IMP can inhibit nicotine-induced anxiety-related and memory-related response [32,33], facilitate glutamate release [34], and improve ationvulcan effects in seizure [35]. In our study, IMP not only abolished the depressive-like behavior but also increased 5-HT concentration, 5-HTT mRNA and decreased 5-HTT in the hippocampus and prefrontal cortex in PS offspring, showing the antidepressive effect. The distinctly stimulatory effect on the 5-HT level of IMP is caused by suppression of 5-HT reuptake and eventual increase in the content of 5-HT in the brain. On the basis of the results from the present study, it is suggested that IMP could be of therapeutic use in preventing depressive-like behavior in adolescence.

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Conflicts of interest
There are no conflicts of interest.

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