Inhibition of the compound action potentials of frog sciatic nerves by aroma oil compounds having various chemical structures

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Abstract

Plant-derived chemicals including aroma oil compounds have an ability to inhibit nerve conduction and modulate transient receptor potential (TRP) channels. Although applying aroma oils to the skin produces a local anesthetic effect, this has not been yet examined thoroughly. The aim of the present study was to know how nerve conduction inhibitions by aroma oil compounds are related to their chemical structures and whether these activities are mediated by TRP activation. Compound action potentials (CAPs) were recorded from the frog sciatic nerve by using the air-gap method. Citral (aldehyde), which activates various types of TRP channels, attenuated the peak amplitude of CAP with the half-maximal inhibitory concentration (IC$_{50}$) value of 0.46 mmol/L. Another aldehyde (citronellal), alcohol (citronellol, geraniol, (+)-linalool, (−)-linalool, (+)-borneol, (−)-borneol, α-terpineol), ester (geranyl acetate, linalyl acetate, bornyl acetate), and oxide (rose oxide) compounds also reduced CAP peak amplitudes (IC$_{50}$: 0.50, 0.35, 0.53, 1.7, 2.0, 1.5, 2.3, 2.7, 0.51, 0.71, 0.44, and 2.6 mmol/L, respectively). On the other hand, the amplitudes were reduced by a small extent by hydrocarbons (myrcene and p-cymene) and ketone (camphor) at high concentrations (2–5 mmol/L). The activities of citral and other TRP agonists ((+)-borneol and camphor) were resistant to TRP antagonist ruthenium red. An efficacy sequence for the CAP inhibitions was generally aldehydes ≥ esters ≥ alcohols > oxides >> hydrocarbons. The CAP inhibition by the aroma oil compound was not related to its octanol–water partition coefficient. It is suggested that aroma oil compounds inhibit nerve conduction in a manner specific to their chemical structures without TRP activation.

Abbreviations

AP, action potential; CAP, compound action potential; DMSO, dimethyl sulfoxide; IC$_{50}$, half-maximal inhibitory concentration; nH, Hill coefficient; TRP, transient receptor potential; TRPA1, transient receptor potential ankyrin-1; TRPM8, transient receptor potential melastatin-8; TRPV1, transient receptor potential vanilloid-1; TRPV3, transient receptor potential vanilloid-3; TTX, tetrodotoxin.
produced by a peppermint component menthol (Kawasaki et al. 2013), that activates TRP melastatin-8 (TRPM8) channels, and also by a wasabi component allyl isothiocyanate and a cinnamon component cinnamaldehyde (Matsushita et al. 2013), both of which are TRP ankyrin-1 (TRPA1) agonists. Although some of plant-derived aroma oil compounds, such as citral, camphor, and (+)-borneol, activate TRP channels (Moqrich et al. 2005; Xu et al. 2005; Vogt-Eisele et al. 2007; Stotz et al. 2008), it has not been examined whether their TRP activations affect nerve conduction.

Aroma oil compounds have various therapeutic effects including anticonvulsion and antinociception through an action on the central nervous system (Buchbauer and Jirovetz 1994; Almeida et al. 2001; Quintans-Júnior et al. 2008). When administrated to the skin, some of the compounds modulate muscle contractions (Lis-Balchin and Hart 1997) and have a local anesthetic effect through an action on the peripheral nervous system (Ghelardini et al. 1999; Zalachoras et al. 2010; Guimarães et al. 2013). We have previously demonstrated that various vanilloid compounds and also menthol and its related chemicals, all of which are derived from plants, inhibit frog CAPs in a manner dependent on their chemical structures (Kawasaki et al. 2013; Tomohiro et al. 2013). A similar CAP inhibition has been shown as a difference among cocaine-related chemicals (Tokuno et al. 2004), between tramadol and mono-O-demethyl tramadol (Katsuki et al. 2006), among morphine, ethylmorphine, and codeine (Mizuta et al. 2008), among adrenoceptor agonists including dexmedetomidine (Kosugi et al. 2010), or between carbamazepine and oxtcarbazepine (Uemura et al. 2014; for review see Kumamoto et al. 2011). To our knowledge, it has not yet been systematically addressed how various aroma oil compounds act on nerve conduction and thus whether there is a chemical structure–activity relationship for their actions on nerve conduction. We investigated the actions of aroma oil compounds on CAPs, which were recorded by applying the air-gap method to the frog sciatic nerve, by focusing on the structure–activity relationship and an involvement of TRP channels.

Materials and Methods

Animals

This study was approved by the Animal Care and Use Committee of Saga University, and was conducted in accordance with the Guiding Principles for the Care and Use of Animals in the Field of Physiological Science of the Physiological Society of Japan. All efforts were made to minimize animal suffering and the number of animals used.

Preparation of frog sciatic nerves

The method used for obtaining frog sciatic nerve preparation has been described previously (Kumamoto et al. 2011; Matsushita et al. 2013). In brief, either sex of frogs (Rana nigromaculata) was decapitated and then pithed; thereafter the sciatic nerve was dissected from the lumbar plexus to the knee in Ringer solution. The isolated sciatic nerve was carefully desheathed under a binocular microscope and then loosely placed in five platinum wires that were glued to a Lucite plate, where the two ends of the nerve were tied to the wires by using threads. The plate was put on a beaker having Ringer solution in which the sciatic nerve was soaked. The composition of Ringer solution used was (mmol/L): NaCl, 115.5; KCl, 2.0; CaCl2, 1.8; Na2HPO4, 1.3; and NaH2PO4, 0.7 (pH = 7.0).

Recordings of CAPs from frog sciatic nerve fibers

As performed previously (Kumamoto et al. 2011; Matsushita et al. 2013), the Lucite plate having platinum wires attached with the sciatic nerve was moved from the beaker containing Ringer solution to a vacant one and then CAPs were recorded in air using a preamplifier. Here, two of the platinum wires were used to record CAPs, and the other two were for stimulating the sciatic nerve. The stimulation was performed at a frequency of 1 Hz with a stimulator, where rectangular pulses having 0.1 msec duration and various strengths were used. In order not to dry the sciatic nerve in air, this procedure was quickly performed at a time interval of 2 min. When the effects of drugs on CAPs were examined, the nerve was put back into the soaking solution with drugs in between two measures. The data were monitored on a storage oscilloscope and then loosely placed in five platinum wires that were glued to a Lucite plate, where the two ends of the nerve were tied to the wires by using threads. The plate was put on a beaker having Ringer solution in which the sciatic nerve was soaked. The composition of Ringer solution used was (mmol/L): NaCl, 115.5; KCl, 2.0; CaCl2, 1.8; Na2HPO4, 1.3; and NaH2PO4, 0.7 (pH = 7.0).
Data analysis

The concentration-dependence curve for the reduction of the peak amplitude of CAP in the sciatic nerve soaked with a drug was analyzed using the following Hill equation:

$$\text{CAP amplitude (\% of control)} = \frac{100}{1 + ([\text{Drug}] / IC_{50})^{n_H}}$$

where [Drug] is drug concentration, IC$_{50}$ is the concentration of drug for half-maximal inhibition, and $n_H$ is the Hill coefficient.

Data were indicated as mean ± SEM and statistical significance was set at $P < 0.05$ using a paired or unpaired Student’s t-test. In all cases n refers to the number of sciatic nerves studied. The peak amplitude of CAP before drug application was denoted as control.

Materials

Drugs used were citral, citronellal, citronellol, geraniol, (−)-linalool, (±)-linalool, (+)-borneol, (−)-borneol, geranyl acetate, camphor, rose oxide, myrcene, α-terpineol, ruthenium red (Sigma-Aldrich, St. Louis, MO), bornyl acetate (Funakoshi, Tokyo, Japan), p-cymene, and linalyl acetate (Tokyo Kasei, Tokyo, Japan). All of the drugs except for ruthenium red were first dissolved in dimethyl sulfoxide (DMSO) and then diluted to the final concentration in Ringer solution, where the concentration of DMSO was less than 1%. Ruthenium red was dissolved in distilled water at 10 mmol/L and then stored at −25°C. This drug was then diluted to the final concentration in Ringer solution immediately before use. DMSO at 1% did not affect CAPs. The pH of Ringer solution containing drugs was adjusted to 7.0 with 1 mmol/L NaOH. Drugs at concentrations larger than 10 mmol/L were not tested, because a change in osmotic pressure may affect CAPs. Nomenclature of all receptors, drugs, enzymes, and ion channels is according to the Guide to Receptors and Channels (Alexander et al. 2011).

Results

Effects of aroma oil compounds on fast-conducting CAPs

At first, we examined the effect of an aldehyde citral (contained in lemongrass, having an antinociceptive effect; Viana et al. 2000; Fig. 1A), that has an ability to activate TRPV1, TRPM8, TRPA1, and TRP vanilloid-3 (TRPV3) channels (Stotz et al. 2008), on CAPs recorded from the frog sciatic nerve. Soaking the sciatic nerve into citral (0.5 mmol/L)-containing Ringer solution reduced the peak amplitude of the CAP, as seen from Figure 1Ba. Figure 1Bb demonstrates an average of the time courses of a change in CAP peak amplitude following soaking into citral (0.5 mmol/L), relative to control, which are obtained from six sciatic nerves. The citral-induced reduction in CAP peak amplitude attained an almost maximal effect at 20 min of the soaking, where the peak amplitude of the CAP was 45 ± 6% (n = 6; P < 0.05) of control. In nerves treated with citral and then returned to drug-free Ringer solution (washout) for up to 50 min, the CAP amplitude recovered to about 70% of control level. Figure 1C shows the averaged time courses of changes in CAP peak amplitude with an increase in time after soaking the sciatic nerve into citral at various concentrations ranging from 0.01 to 2 mmol/L. The rate of the CAP peak amplitude reduction produced by citral was enhanced in extent with an increase in its concentration. CAP amplitude reduction at 20 min of the soaking increased in magnitude with an increase in citral concentration. The concentration–response curve for the citral-induced CAP amplitude reduction obtained from many nerve trunks is given in Figure 1D. Table 1 shows IC$_{50}$ and $n_H$ values obtained from analysis based on the Hill equation.

We next examined the effects on frog CAPs of an alcohol (+)-borneol (contained in rosemary; Fig. 2Aa) which activates TRPV3 channels (Vogt-Eisele et al. 2007) and has an antinociceptive effect (da Silva Almeida et al. 2013) and also of a ketone camphor (contained in camphor tree; Fig. 2Ba), which activates TRPV1 and TRPV3 channels (Moqrich et al. 2005; Xu et al. 2005) while being a topical analgesic (Buckingham 1994). As seen from Figure 2Ab, (+)-borneol (3 mmol/L) reduced CAP peak amplitudes in a reversible manner. The (+)-borneol-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude decreased to 2 ± 1% of control (P < 0.05; n = 4; Fig. 2Ab). The (+)-borneol-induced CAP inhibition was concentration-dependent in extent in the range of 0.2–3 mmol/L (see Table 1 for IC$_{50}$ and $n_H$ values obtained). On the other hand, camphor at 5 mmol/L, a maximal concentration tested, reduced CAP peak amplitudes in a partially reversible manner (see Fig. 2Bb). The camphor (5 mmol/L)-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this
amplitude reduced to 67 ± 4% of control (P < 0.05; n = 4; Fig. 2Bb). The camphor-induced CAP inhibition was concentration-dependent in extent in the range of 0.5–5 mmol/L.

Effects of TRP antagonist on the citral-, (+)-borneol, and camphor-induced CAP inhibitions

Figure 2C and D demonstrates how the effect of citral (1 mmol/L), (+)-borneol (3 mmol/L) or camphor (5 mmol/L) on sciatic nerve CAPs is affected by a nonselective TRP antagonist ruthenium red (0.3 mmol/L). Pretreatment with ruthenium red for 20 min resulted in a slight reduction in the amplitude of the CAP, albeit its duration was largely prolonged (possibly by inhibiting voltage-gated Na⁺-channel inactivation; Neumcke et al. 1987), as reported previously (Kawasaki et al. 2013; Matsushita et al. 2013). Adding citral, (+)-borneol or camphor to the ruthenium red-containing Ringer solution markedly inhibited the CAP, as summarized in Figure 2Ca, Cb, and Cc. The peak amplitude after 20 min treatment with citral, (+)-borneol or camphor together with ruthenium red, relative to that just before the co-treatment, was not significantly different from that obtained with

Table 1. Values of IC₅₀ for frog sciatic nerve CAP peak amplitude reductions by aroma oil compounds and of the logarithm of their Kₗow.

| Group | Compound | IC₅₀ (mmol/L) | log Kₗow |
|-------|----------|--------------|----------|
| Phenols | Carvacrol*¹ | 0.34 | 3.49 |
| | Thymol*¹ | 0.34 | 3.30 |
| | Eugenole*² | 0.81 | 2.49 |
| Aldehydes | Citral | 0.46 (3.6) | 3.45 |
| | Citronellal | 0.50 (3.8) | 3.53 |
| Esters | Linalyl acetate | 0.71 (1.6) | 3.93 |
| | Geranyl acetate | 0.51 (1.1) | 4.04 |
| | Bornyl acetate | 0.44 (2.2) | 3.86 |
| Alcohols | Citronellol | 0.35 (3.1) | 3.91 |
| | Geraniol | 0.53 (3.3) | 3.56 |
| | (±)-Linalool | 1.7 (1.8) | 2.97 |
| | (−)-Linalool | 2.0 (2.0) | – |
| | (−)-Borneol | 2.3 (2.9) | 3.01 |
| | α-Terpineol | 2.7 (4.0) | 2.98 |
| | (−)-Menthol*¹ | 1.1 | 3.3 |
| | (+)-Menthol*¹ | 0.93 | – |
| Ketones | (+)-Pulegone*¹ | 1.4 | 3.08 |
| | (−)-Carvone*¹ | 1.4 | 2.71 |
| | (+)-Carvone*¹ | 2.0 | 3.07 |
| | (−)-Menthone*¹ | 1.5 | 3.05 |
| | (+)-Menthone*¹ | 2.2 | – |
| Oxides | Rose oxide | 2.6 (2.8) | – |
| | 1,8-Cineole*¹ | 5.7 | 2.74 |
| | 1,4-Cineole*¹ | 7.2 | 2.97 |

Value in parentheses, next to IC₅₀, indicates nH used to obtain the IC₅₀ value in the present work. Data for the compounds denoted as *¹ and *², and of log Kₗow were taken from Kawasaki et al. (2013), Tomohiro et al. (2013), and ChemIDplus (2014), respectively. CAP, compound action potential; nH, Hill coefficient.
citral, (+)-borneol or camphor only without ruthenium red (P > 0.05; Fig. 2D).

**Effects of aroma oil compounds having various chemical structures on frog sciatic nerve CAPs**

Since citral (aldehyde), (+)-borneol (alcohol), and camphor (ketone) reduced CAP peak amplitudes with a different extent, we next examined in a quantitative manner how aroma oil compounds having various chemical structures affect CAPs in the frog sciatic nerve.

**Effects of aroma oil compounds belonging to alcohols**

As with menthol (Kawasaki et al. 2013), aroma oil alcohols inhibited CAPs. Citronellol (contained in rose; Fig. 3Aa) having an antinociceptive effect (Brito et al. 2012) reduced CAP peak amplitudes in a partially reversible manner, as seen in Figure 3Ab. The citronellol-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude decreased to 6/0% of control (P < 0.05; n = 4; Fig. 3Ab). On the other hand, geraniol (where one of the single bonds of carbon of citronellol changes to a double bond; Fig. 3Ba) contained in rose and geranium reversibly reduced CAP peak amplitudes (Fig. 3Bb). The geraniol-induced CAP amplitude reduction attained an almost maximal effect at 20 min of the soaking, where this amplitude reduced to 5/3% of control (P < 0.05; n = 6; Fig. 3Bb). The CAP inhibitions produced by citronellol and geraniol were concentration-dependent in extent in the range of 0.05–1 mmol/L (see Table 1 for IC50 and nH values obtained).
There is linalool (Fig. 3Ca) that is one of the aroma oil components contained in lavender essential oil having a local anesthetic effect (Ghelardini et al. 1999). As seen in Figure 3Cb, \((\pm)/C6\)-linalool (2 mmol/L) reduced CAP peak amplitudes in a reversible manner. The \((\pm)/C6\)-linalool-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude decreased to 35 \pm 7\% of control \((P < 0.05; n = 4;\) Fig. 3Cb). A similar inhibition was produced by \((-)/C6\)-linalool, albeit this action was incomplete in reversibility (Fig. 3Db). The \((-)/C0\)-linalool-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude reduced to 42 \pm 5\% of control \((P < 0.05; n = 4;\) Fig. 3Db). The CAP inhibitions produced by \((\pm)/C6\)-linalool and \((-)/C0\)-linalool were concentration-dependent in extent in the range of 0.1–5 mmol/L (see Table 1 for IC\textsubscript{50} and n\textsubscript{H} values obtained).

Although aroma oil compounds tested in Figure 3 are chain alcohols, we next examined the effects of cyclic alcohols on frog sciatic nerve CAPs. Like \((+)/C0\)-borneol, a stereoisomer \((-)/C0\)-borneol (Fig. 4Aa) inhibited CAPs, albeit this action was not reversible (Fig. 4Ab). The \((-)/C0\)-borneol (3 mmol/L)-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude decreased to 2 \pm 2\% of control \((P < 0.05; n = 4;\) Fig. 4Ab). \(\alpha\)-Terpineol (contained in eucalyptus; Fig. 4Ba), which has an antinociceptive effect (Quintans-Júnior et al. 2011b), also inhibited CAPs in a reversible manner (Fig. 4Bb). The \(\alpha\)-terpineol (2 mmol/L)-induced CAP amplitude reduction attained a maximal effect at 20 min of the soaking, where this amplitude reduced to 79 \pm 4\% of control \((P < 0.05; n = 4;\) Fig. 4Bb). The CAP inhibitions produced by \((-)/C0\)-borneol and \(\alpha\)-terpineol were concentration-dependent in extent in the range of 0.1–5 mmol/L (see Table 1 for IC\textsubscript{50} and n\textsubscript{H} values obtained).

**Figure 3.** Effects of aroma oil compounds, chain alcohols (citronellol, geraniol, \((\pm)/C6\)-linalool, and \((-)/C0\)-linalool), on frog sciatic nerve CAPs. (Aa, Ba, Ca, and Da) The chemical structures of citronellol (Aa), geraniol (Ba), \((\pm)/C6\)-linalool (Ca), and \((-)/C0\)-linalool (Da). (Ab, Bb, Cb, and Db) Average time course of changes in CAP peak amplitudes following exposure to citronellol (1 mmol/L; Ab), geraniol (1 mmol/L; Bb), \((\pm)/C6\)-linalool (2 mmol/L; Cb) or \((-)/C0\)-linalool (2 mmol/L; Db) for 20 min, relative to those before the soaking. CAP, compound action potential.

**Effect of an aroma oil compound citronellal belonging to aldehydes**

Citronellal (where one of the double bonds of carbon in citral is altered to a single bond; contained in lemongrass; Fig. 4Ca) having an antinociceptive effect (Quintans-Júnior et al. 2011a) inhibited CAPs in an irreversible manner (Fig. 4Cb), as seen for citral. The citronellal (0.5 mmol/L)-
induced CAP amplitude reduction attained a maximal effect at 20 min of soaking, where this amplitude decreased to 49\% of control \((P < 0.05; n = 4; \text{Fig. 4Cb})\). The citronellal-induced CAP inhibition was concentration-dependent in extent in the range of 0.02–1 mmol/L (see Table 1 for IC_{50} and n_{H} values obtained).

**Effects of aroma oil compounds belonging to esters**

Figure 5 demonstrates the effects on CAPs of linalyl acetate (Fig. 5Aa), geranyl acetate (Fig. 5Ba), and bornyl acetate (Fig. 5Ca), all of which are esters. Linalyl acetate contained in lavender essential oil has a local anesthetic activity (Ghelardini et al. 1999), geranyl acetate existing in ylang ylang has an antinociceptive effect (Quintans-Júnior et al. 2013), and bornyl acetate contained in conifer leaf oil produces autonomic nerve relaxation (Matsubara et al. 2011). As seen in Figure 5Ab, Bb, and Cb, all of them inhibited CAPs in a partially reversible manner. The CAP amplitude reductions by them somewhat persisted after 20 min of the soaking. The CAP peak amplitude at 20 min under the action of linalyl acetate (0.5 mmol/L), geranyl acetate (0.5 mmol/L) or bornyl acetate (1 mmol/L; Cb) for 20 min, relative to those before the soaking. CAP, compound action potential.
acetate (1 mmol/L), respectively, reduced to 45 ± 3% (P < 0.05; n = 5), 49 ± 2% (P < 0.05; n = 4) or 36 ± 1% (P < 0.05; n = 4) of control. When estimated from CAP inhibitions at 20 min soaking, the linalyl acetate, geranyl acetate, and bornyl acetate activities were concentration-dependent in extent in the range of 0.01–1 mmol/L (see Table 1 for IC50 and nH values obtained).

**Effect of rose oxide belonging to oxides**

With respect to aroma oil compounds belonging to oxides, we have already reported the actions of 1,8-cineole and 1,4-cineole on frog sciatic nerve CAPs (Kawasaki et al. 2013). The present study examined the effect of rose oxide (contained in rose, albeit by a small extent; Fig. 6Aa) having an anti-inflammatory effect (Nonato et al. 2012) on CAPs. As with 1,8-cineole and 1,4-cineole (Kawasaki et al. 2013), rose oxide inhibited CAPs in a partially reversible manner (Fig. 6Ab). The rose oxide (2 mmol/L)-induced CAP amplitude reduction attained an almost maximal effect at 20 min of the soaking, where this amplitude decreased to 46 ± 7% of control (P < 0.05; n = 5; Fig. 6Ab). The rose oxide-induced CAP inhibition was concentration-dependent in extent in the range of 0.1–5 mmol/L (see Table 1 for IC50 and nH values obtained).

**Effects of p-cymene and myrcene which belong to hydrocarbons**

p-Cymene (contained in amaranthacease in an appreciable quantity; Fig. 6Ba) having an antinociceptive effect (Quintans-Júnior et al. 2013) inhibited CAPs by a small extent in a partially reversible manner. CAP peak amplitude reduction produced by p-cymene at a maximal concentration (2 mmol/L) tested attained a maximal effect at 20 min of the soaking, where this amplitude was 78 ± 2% (P < 0.05) of control (n = 6; Fig. 6Bb). The p-cymene-induced CAP inhibition was concentration-dependent in extent in the range of 0.5–2 mmol/L. Another hydrocarbon myrcene (contained in pimenta racemota; Fig. 6Ca) exhibiting an antinociception (Rao et al. 1990) at 5 mmol/L, a maximal concentration examined, minimally inhibited CAPs, as seen in Figure 6Cb. CAP peak amplitude at 20 min of the soaking with myrcene (5 mmol/L), relative to control, was 93 ± 4% (P > 0.05; n = 4). A similar small inhibition was obtained in the action of a hydrocarbon (+)-limonene on frog CAPs (Kawasaki et al. 2013).

**Discussion and Conclusions**

The present study demonstrated that various aroma oil chemicals, many of which have antinociceptive effects, reduce the peak amplitudes of fast-conducting CAPs, recorded from frog sciatic nerve fibers by using the air-gap method, in a concentration-dependent manner. This action was either reversible or irreversible and the extent of its reduction was variable, depending on the chemicals tested.

**No involvement of TRP channels in the CAP inhibition by aroma oil chemicals**

We have previously reported that a TRPV1 agonist capsaicin, a TRPM8 agonist menthol and TRPA1 agonists, AITC and cinnamaldehyde, inhibit CAPs in a manner independent of TRP channels (Kawasaki et al. 2013; Matsushita et al. 2013; Tomohiro et al. 2013). Thus, the CAP inhibitions produced by capsaicin and AITC were,
respectively, resistant to a specific TRPV1 antagonist capsazepine and a specific TRPA1 antagonist HC-030031 (Matsushita et al. 2013; Tomohiro et al. 2013). In the present study, citral, which has an ability to activate TRPV1, TRPM8, TRPA1, and TRPV3 channels (Stotz et al. 2008), attenuated CAP peak amplitudes with the IC_{50} value of 0.46 mmol/L; this action was resistant to a nonselective TRP antagonist ruthenium red. Camphor (TRPV1 and TRPV3 agonist; Moqrich et al. 2005; Xu et al. 2005) at 5 mmol/L reduced CAP amplitudes by 33% and (+)-borneol (TRPV3 agonist; Vogt-Eisele et al. 2007) inhibited CAPs with the IC_{50} value of 1.5 mmol/L; these actions were insensitive to ruthenium red. Thus, the aroma oil compounds having an ability to activate TRP channels inhibited CAPs without TRP activation. This result obtained by using ruthenium red which prolonged CAP durations was consistent with one obtained by use of capsazepine and HC-030031 which by themselves did not affect the CAPs.

Like (+)-borneol, (−)-borneol inhibited CAPs with the IC_{50} value of 2.3 mmol/L, a value similar to that of (+)-borneol, indicating that there is almost no difference in the extent of CAP inhibition between the stereoisomers, as seen in the actions of (+)-menthol and (−)-menthol on frog CAPs (Kawasaki et al. 2013).

Chemical structure–activity relationship for CAP inhibition by aroma oil compounds

The components of lavender oil exhibiting a local anesthetic action, linalyl acetate, (±)-linalool, and (−)-linalool reduced CAP peak amplitudes with the IC_{50} values of 0.71, 1.7, and 2.0 mmol/L, respectively. The lack of difference in efficacy between (±)-linalool and (−)-linalool suggests that (+)-linalool and (−)-linalool have almost the same efficacy in inhibiting CAPs. This IC_{50} value was similar to that (1.85 mmol/L) in inhibiting action potentials (APs) recorded intracellularly from rat dorsal root ganglion neurons (Leal-Cardoso et al. 2010) while being somewhat larger than that (0.56 mmol/L) for inhibition of voltage-gated Na⁺ channels expressed in newt olfactory receptor cells (Narusuye et al. 2005).

With respect to other aroma oil compounds, aldehyde (citronellal), alcohols (citronellol, geraniol, and α-terpineol), esters (geranyl acetate and bornyl acetate), and oxide (rose oxide) reduced CAP peak amplitudes with the IC_{50} values of 0.50, 0.35, 0.53, 2.7, 0.51, 0.44, and 2.6 mmol/L, respectively. The IC_{50} value (0.35 mmol/L) of citronellol was somewhat smaller than that (2.2 mmol/L) obtained for CAPs recorded from the rat sciatic nerve by using the sucrose-gap method (de Sousa et al. 2006). The CAP inhibitory action of α-terpineol may be consistent with its ability to inhibit convulsive seizures produced by pentylentetrazole in the mouse (de Sousa et al. 2007). On the other hand, myrcene (5 mmol/L) and p-cymene (2 mmol/L) reduced CAP amplitudes by 7 and 22%, respectively.

Table 1 summarizes the effects of aroma oil compounds on frog sciatic nerve CAPs together with data reported previously (Kawasaki et al. 2013; Tomohiro et al. 2013). An efficacy sequence of aroma oil compounds for the CAP inhibitions was phenols (carvacrol, thymol, and eugenol) ≥ aldehydes (citral and citronellal) ≥ esters (linalyl acetate, geranyl acetate, and bornyl acetate) ≥ alcohols (citronellol, geraniol, (±)-linalool, (−)-linalool, (−)-borneol, (−)-borneol, α-terpineol, (−)-menthol, and (−)-menthol) ≥ ketones ((−)-pulegone, (−)-carbone, (−)-carbone, (−)-menthone, and (−)-menthone) ≥ oxides (rose oxide, 1,8-cineole, and 1,4-cineole) > hydrocarbons (p-cymene, myrcene, and limonene), except for a ketone camphor that was less effective than oxides. The aroma oil esters may have been more effective than obtained in the present study, because 20 min of soaking with the drugs appear to be somewhat insufficient to attain a steady CAP inhibition (see Fig. 5). Consistent with our results, Zalachoras et al. (2010) have reported that linalool is more effective than 1,8-cineole and p-cymene in inhibiting frog sciatic nerve CAPs. Rat sciatic nerve CAPs were inhibited by aroma oil compounds with an efficacy sequence of carvacrol > carbene > limonene (Gonçalves et al. 2010). The sequence results demonstrate that there is a relationship between nerve conduction inhibitions by aroma oil compounds and their chemical structures. This result may be consistent with our previous observation that =O group in menthol-related compounds plays an important role in inhibiting frog CAPs (Kawasaki et al. 2013).

With respect to recovery from CAP inhibition, aroma oil compounds having =O group (aldehydes and esters) appeared to exhibit a less reversibility, as noted from Figures 1Bb, 4Cb, and 5. Since menthol-related chemicals having =O group in a six-membered ring (menthone, pulegone, and carvone) exhibited an almost reversible CAP inhibition (see Fig. 5 in Kawasaki et al. 2013), it appeared to be necessary for this group to be attached to a ring structure for its reversibility. This issue remains to be further examined.

There was a variation among IC_{50} values of the aroma oil alcohols; chain alcohols (citronellol, geraniol, (−)-linalool, and (±)-linalool) were generally more effective than cyclic ones ((−)-borneol, (−)-borneol, α-terpineol, (−)-menthol, and (−)-menthol; Fig. 7A). Moreover, in the chain alcohols, it appeared to be important for the −OH group to exist at the end of the chemical structure in inhibiting CAPs, because citronellol and geraniol were more effective than linalool (Fig. 7A). Such a result may
be consistent with our previous observation that menthol was less effective by about three-fold in inhibiting CAPs than tetrahydrolavandulol (IC50 = 0.38 mmol/L) in which the six-membered ring of menthol is opened and the OH group is located at the end of the chemical structure (Matsushita et al. 2013). In aroma oil esters, on the other hand, there appeared to be no difference in inhibiting CAPs between chain (linalyl acetate and geranyl acetate) and cyclic ones (bornyl acetate).

The CAP inhibition produced by aroma oil compounds would be due to an inhibition of TTX-sensitive voltage-gated Na+ channels involved in producing frog CAPs (Katsuki et al. 2006; Mizuta et al. 2008). In support of this idea, various aroma oil compounds including linalool, menthol, carvacrol, thymol, and eugenol have been reported to inhibit voltage-gated Na+ channels (Haeseler et al. 2002; Cho et al. 2008; Leal-Cardoso et al. 2010; de Araújo et al. 2011; Joca et al. 2012). Their IC50 values for CAP amplitude reductions were similar to those for Na+-channel current amplitude reductions. The IC50 values of menthol, carvacrol, thymol, and eugenol for CAP inhibition were 0.93–1.1, 0.34, 0.34, and 0.81 mmol/L, respectively (see Table 1), while their corresponding ones for Na+-channel current inhibition were 0.571 mmol/L (Haeseler et al. 2002), 0.37 mmol/L (Joca et al. 2012), 0.149 mmol/L (Haeseler et al. 2002), and 0.308 mmol/L (Cho et al. 2008), respectively (see above for the linalool actions).

The Na+-channel inhibition may be mediated not only through the actions of aroma oil chemicals on Na+-channel proteins themselves but also through a change in lipid bilayer elasticity by the chemicals, as seen in an inhibition by capsaicin of voltage-gated Na+ channels (Lundbæk et al. 2005). Although aroma oil compounds may have produced intracellular second messengers which inhibit voltage-gated Na+ channels, as shown for capsaicin-induced Na+-channel inhibition (Liu et al. 2001), this possibility appears to be unlikely because the dissected sciatic nerve used in the present study lacks the neuronal cell body and the neuronal terminals.

Since aroma oil compounds are lipophilic, the CAP inhibition in the present study may be related to their lipophilicity. Figure 7B demonstrates IC50 value for CAP inhibition by aroma oil compounds, which is plotted against the logarithm of its Kow. Here, are plotted data of aroma oil compounds whose Kow values are available from ChemDplus (2014) (see Table 1). There was no correlation between the two values and thus a lipophilicity of aroma oil compounds appeared to be unimportant in their CAP inhibitory actions. Therefore, a possibility appeared to be unlikely that aroma oil compounds act on hydrophobic amino acid residues located in voltage-gated Na+-channel protein (Catterall and Mackie 2011) or the lipid phase of cell membrane around the protein, resulting in an inhibition of the channel.

**Clinical significance of aroma oil compound-induced CAP inhibition**

When compared with local anesthetics’ activities, the IC50 values of aroma oil components (linalool: 1.7–2.0 mmol/L; linalyl acetate: 0.71 mmol/L) contained in lavender

![Figure 7](image-url)
essential oil having a local anesthetic activity (Ghelardini et al. 1999), obtained in the present study, were almost comparable to those of levobupivacaine (0.23 mmol/L), ropivacaine (0.34 mmol/L), lidocaine (0.74 mmol/L), cocaine (0.80 mmol/L), and procaine (2.2 mmol/L; Katsumi et al. 2006; Mizuta et al. 2008; Tomohiro et al. 2013; Uemura et al. 2014), while being larger than that of tetracaine (0.013 mmol/L; Kosugi et al. 2010) in frog sciatic nerves. This result suggests that lavender essential oil has almost the same anesthetic effect as those of levobupivacaine, ropivacaine, lidocaine, cocaine, and procaine.

Linalool has not only a local anesthetic effect but also antinociceptive actions in the spinal and supraspinal level (Peana et al. 2004). This antinociception has been possibly attributed to an inhibition of glutamatergic transmission (Batista et al. 2008) or of voltage-gated Ca²⁺ channel (Narusuye et al. 2005), a potentiation of GABAergic transmission (Hossain et al. 2002), and a modulation of adenosine A₁ and A₂A receptors (Peana et al. 2006) in addition to nerve conduction inhibition. Myrcene that had a much smaller effect on frog sciatic nerve CAPs than other aroma oil chemicals had an antinociceptive effect in mice (Rao et al. 1990). Although frog sciatic nerve CAP inhibition by geranyl acetate was much larger than that of p-cymene, geranyl acetate exhibited a less antinociceptive effect than p-cymene in the formalin test in mice (Quintans–Júnior et al. 2013). Even if so at least a part of antinociception produced by various aroma oil compounds could be attributed to their inhibitory actions on nerve conduction, as revealed in the present study.

Although sensory information is transmitted by not only fast but also slow AP-conducting fibers in sciatic nerves, the present study does not examine the effects of aroma oil compounds on slow-conducting APs. In order to more firmly establish a clinical significance of CAP amplitude reductions produced by aroma oil compounds, their effects on slow-conducting CAPs such as TTX-resistant ones (for instance see Kobayashi et al. 1993) remain to be examined.

In conclusion, aroma oil compounds reduced CAP peak amplitudes in a manner specific to their chemical structures, possibly without TRP activation. Aroma oil compounds belonging to aldehydes, esters, and alcohols were more effective in inhibiting CAPs than those of ketones, oxides, and hydrocarbons. The structure–activity relationship revealed in the present study may provide information about aroma oil compounds having a local anesthetic or anticonvulsant effect.

**Author Contributions**

S. Ohtsubo and A. Matsushita performed the research; S. Ohtsubo, T. Fujita and E. Kumamoto designed the research study; S. Ohtsubo and T. Fujita analyzed the data; E. Kumamoto wrote the paper.

**Disclosure**

None declared.

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