Telomerase Impinges on the Cellular Response to Oxidative Stress Through Mitochondrial ROS-Mediated Regulation of Autophagy

Paula D. Green 1, Nilesh K. Sharma 1,2 and Janine Hertzog Santos 1,3,*

1 Department of Pharmacology and Physiology, New Jersey Medical School, Rutgers The State University of New Jersey, 185 South Orange Avenue, Medical Sciences Building, Newark, NJ 07103, USA; pauladgreen@gmail.com (P.D.G.); nilesh.sharma@dpu.edu.in (N.K.S.)
2 Department of Molecular Biology and Genetics, Dr. D.Y. Patil Vidyapeeth’s, Dr. D.Y. Patil Biotechnology and Bioinformatics Institute, Mumbai-Bangalore Highway, Tathawade, Pune 411033, India
3 Current address: National Toxicology Program, National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health, 111 TW Alexander Drive Bldg 101, Durham, NC 27709, USA
* Correspondence: janine.santos@nih.gov; Tel.: +1-984-287-4008

Received: 24 January 2019; Accepted: 15 March 2019; Published: 26 March 2019

Abstract: Telomerase has cellular functions beyond telomere stabilization, including a role in mitochondria. The function of the catalytic component—TERT—in mitochondria is still unknown, but it seems to play a role in the response to oxidative stress. Here, we interrogated the role of the subcellular localization of TERT to the response to hydrogen peroxide (H\textsubscript{2}O\textsubscript{2}) treatment. Using normal human fibroblasts (NHF) expressing non-tagged wild type (WT) human TERT (hTERT) or nuclear localization and function (nuc\_hTERT), a mutant that we previously described as being competent in telomere elongation, while not being able to localize to mitochondria, we found the differential activation of autophagy as a function of hTERT’s subcellular localization. Specifically, we found that only cells expressing the mutant had significant increases in autophagy markers as a response to H\textsubscript{2}O\textsubscript{2} challenge. Either the reintroduction of the mitochondrial pool of hTERT or the expression of mitochondrially-targeted catalase in mutant cells blunted the autophagic response under oxidative stress. Interestingly, autophagy activation was also associated with decreased levels of mitochondrial DNA damage. Taken together, these results suggest that the loss of hTERT in mitochondria initiates a signaling cascade that allows for cells to adapt to and cope with the lack of mitochondrial telomerase. Such effects also influence the cellular response to oxidative damage.

Keywords: telomerase; mitochondria; oxidative stress; autophagy

1. Introduction

Telomerase is a ribonucleoprotein that is primarily responsible for telomere maintenance that is a common target in cancer therapy. Since the catalytic component of telomerase (TERT) is also mitochondrial [1–5], it is anticipated that the inhibition of telomerase will not only affect telomere biology, but also mitochondrial function. Consistent with this view, we previously showed in a cell culture model that the expression of mutant human TERT (hTERT) that is unable to enter mitochondria, while maintaining its nuclear localization and function (nuc\_hTERT), led to decreased mitochondrial DNA (mtDNA) integrity, increased mitochondrial reactive oxygen species (mtROS), and altered mitochondrial ultrastructure [3]. In a TERT (mTERT) knockout (KO) mouse model, systemic mitochondrial dysfunction prior to telomere defects was also observed [6]. Later, it was also shown, in a cancer-prone mouse model, that mTERT extinction resulted in mitochondrial dysfunction...
and short telomeres. While the reinstatement of telomere maintenance by recombination (ALT) allowed for the re-emergence of resistant tumors, it did not completely alleviate mitochondria dysfunction [7], indicating that TERT has an impact on mitochondria that cannot be compensated by telomere stabilization.

Telomerase has also been implicated in the cellular response to genotoxic stress. Still unresolved are opposing findings that are related to the protection or promotion of DNA damage and cell death, as induced by hTERT, particularly as it relates to oxidative stress [1,2,8–11]. In this context, our own findings were counterintuitive, as, while we showed that cells expressing nuc-hTERT had dysfunctional mitochondria at baseline [3], they were also highly resistant to oxidative damage. Instead, cells expressing the wild type (WT) protein were sensitive [2]. A detailed analysis of the electron microscopy (EM) images also revealed an increased number of autophagosomes in nuc-hTERT [3], which led us to hypothesize that autophagy may play a role in the resistance of mutant cells to oxidative damage. In this work, we capitalized our previously characterized cells expressing WT hTERT- or nuc-hTERT [1,2] to show that the subcellular localization of hTERT affects the sensitivity to hydrogen peroxide (H$_2$O$_2$) treatment, at least in part, by differentially regulating autophagy.

2. Results

AMP-activated protein kinase (AMPK) and autophagy are robustly activated in nuc-hTERT—but not in WT hTERT—expressing cells upon oxidative stress. As autophagy can enable cells to maintain homeostatic functions in response to cellular stresses, including mitochondrial dysfunction [12], we started by evaluating the autophagy markers beclin and LC3-II by Western blots in normal human fibroblasts (NHF) expressing WT or nuc-hTERT. At baseline, the levels of beclin and LC3-II were slightly increased in the mutant-expressing (Figure 1A), which is in agreement with the EM data [3]. To determine the contribution of organellar hTERT to these effects, we re-instated the mitochondrial pool of the protein by infecting the nuc-hTERT-expressing cells (puromycin-resistant), with full length hTERT being expressed in a retroviral vector (hTERTpLXIN) carrying a G418 cassette. Double transfectants were selected based on puromycin and G418 resistance, and Western blots gauged the mitochondrial pool of hTERT (Figure 1B). We then probed autophagy markers and found that the levels of LC3-II and beclin were blunted when hTERT was reinstated in the mutant (Figure 1C).

AMP-activated protein kinase (AMPK) is a master metabolic sensor that can regulate autophagy through its inhibition of mTOR (mammalian target of rapamycin) [13]. AMPK is activated through phosphorylation at threonine (Thr) 172 in response to changes in the AMP:ATP ratio and by ROS [14]. The phosphorylation of AMPK at Thr172 was increased in nuc-hTERT-expressing cells when compared to WT controls and it was also blunted in double transfectants (Figure 1D). Thus, we conclude that the presence of hTERT only in the nucleus is associated with the activation of autophagy.

Next, we tested the degree to which autophagy was activated in cells that were exposed to H$_2$O$_2$. To this end, the same number of WT or nuc-hTERT cells were plated, and 16 h later the cells were exposed to 200 µM H$_2$O$_2$ for 60 min. The cells were then allowed to recover for up to 24 h in conditioned medium, when flow cytometry based on YOPRO-1 and propidium iodide (PI) uptake evaluated cell death. In parallel, the levels of the autophagy marker beclin were probed by Western blots. In agreement with our previous data [2], significant cell death was detected in WT hTERT, while levels of YOPRO-1 and/or PI positive cells were not significantly increased in nuc-hTERT (Figure 2A). The beclin levels were increased in a time-dependent manner in mutant-expressing cells, but they were surprisingly not augmented in cells expressing WT hTERT (Figure 2B). LC3-II levels immediately after H$_2$O$_2$ exposure were also increased in the mutant, but not in cells expressing WT hTERT (Figure 2C). Similarly, the phosphorylation of AMPK and decrease in the levels of phosphorylation of the mTOR downstream target p70S6 kinase (p70S6K) were robustly modulated in the mutant but not WT cells (Figure 2D–E). The parental cells (NHF) were also able to modulate the autophagy markers under oxidative stress (Figure 2F). Importantly, the activation of autophagy under oxidative stress was also reversed upon the reinstatement of hTERT to the mitochondria of mutant expressing cells (Figure 2G–I),
indicating not only that autophagy was robustly upregulated in these cells under oxidative stress, but that this effect was associated to the mitochondrial, not nuclear, localization of hTERT.

**Figure 1.** Autophagy and AMP-activated protein kinase (AMPK) are upregulated in nuclear localization and function (nucH TERT) under basal conditions due to lack of the mitochondrial localization of telomerase. (A and C) Expression levels of autophagy markers LC3-II and beclin in untreated cells. The position of LC3-II is indicated by thin black arrow, actin was used as the loading control. (B) Representative immunoblots (N = 3) of protein lysates from whole cell extracts and mitochondrial extracts from each corresponding cell line—wild type human TERT (WT hTERT), nucH TERT, and nucH TERT + WT. Tubulin was used to check for cytoplasmic contamination and Ku80 was used to check for nuclear contamination; mt HSP70 probed enrichment of the mitochondrial fraction. (D) Representative (N = 5) immunoblot analysis of phosphor-active AMPK in untreated normal human fibroblasts (NHF) WT hTERT, nucH TERT, and nucH TERT + WT cells. Total AMPK was used as loading control.
the autophagy markers under oxidative stress (Fig. 2F). Importantly, the activation of autophagy under oxidative stress was also reversed upon the reinstatement of hTERT to the mitochondria of mutant expressing cells (Figure 2G–I), indicating not only that autophagy was robustly upregulated in these cells under oxidative stress, but that this effect was associated to the mitochondrial, not nuclear, localization of hTERT.

Figure 2. Cont.
Figure 2. Autophagy is upregulated upon oxidative stress but only when hTERT does not enter mitochondria.

(A) WT hTERT and nuchTERT were submitted to 60 minutes of 200 µM H2O2 treatment and allowed to recover in conditioned medium for 24 hours. The cells were then harvested and assayed with Yopro-1 and propidium iodide to monitor apoptosis (YoPro-1) and cell death (propidium iodide) using flow cytometry. Graphs depict the mean of at least three biological experiments ± SEM. Student t-test was performed by comparing each corresponding cell death marker to its representative control. 

(B) WT hTERT and nuchTERT cells were subjected to 200 µM of H2O2 for 60 minutes (0 hour), and allowed to recover at two, six, and 24 hours. After the removal of H2O2 the cells were cultured in conditioned medium (medium in which cells had grown overnight containing cells released-growth factors) for the two, six, and 24 hours recovery time points. Levels of beclin were normalized to actin. Graph represents the average of eight independent experiments ± SEM. Student t-test was performed by comparing each treated sample — 60 minutes H2O2 and the recovery time points to its respective control (untreated cells). Statistical significance was determined by one-way ANOVA followed by Tukey’s post-hoc test. *p < 0.05, **p < 0.01.
If autophagy activation underlies the resistance of nuchTERT cells to H$_2$O$_2$-induced cell death, then its inhibition should restore the sensitivity of these cells to H$_2$O$_2$-induced damage. As consistent with this, pre-treatment (48 hours) of nuchTERT cells to H$_2$O$_2$ led to an increase in the amount of non-viable cells at 24h (Figure 3A).

Representative Western blot analysis of extracts from cells (WT hTERT, nuchTERT and nuchTERT + WT) untreated (control) and treated (200 µM H$_2$O$_2$ for 60 min) against beclin, phospho AMPKα (Thr172), AMPKα total, phospho p70S6K (Thr389) and p70S6K total antibodies. Actin was also included as loading control for beclin. Graphs show average data from four independent experiments ± SEM. Phosphorylated p70S6K density was normalized to total p70S6K. Student’s t-test was used to evaluate statistical significance. Student t-test compared each H$_2$O$_2$ treated hTERT expressing cells to its representative untreated control. Statistical significance was determined at a p value < 0.05 * and 0.01 **.

Figure 2. Autophagy is upregulated upon oxidative stress but only when hTERT does not enter mitochondria. (A) WT hTERT and nuchTERT were subjected to 200 µM H$_2$O$_2$ treatment and allowed to recover in conditioned medium for 24 h. The cells were then harvested and assayed for LC3-II levels by immunoblots following H$_2$O$_2$ treatment in WT hTERT and nuchTERT expressing cells. The levels of LC3-II were determined at p value < 0.05 * and 0.01 **. (B) WT hTERT and nuchTERT cells were subjected to 200 µM of H$_2$O$_2$ for 60 min (0 h), and allowed to recover at two, six, and 24 h. After the removal of H$_2$O$_2$ the cells were cultured in conditioned medium (medium in which cells had grown overnight containing cells released-growth factors) for the two, six, and 24 h recovery time points. Levels of beclin were normalized to actin. Graph represents the average of eight independent experiments ± SEM. Student t-test was performed by comparing each treated sample — 60 min H$_2$O$_2$ and the recovery time points to its respective control (untreated cells). Statistical significance was determined at p value < 0.05 * and 0.01 **. (C) LC3-II levels were assayed by immunoblots following H$_2$O$_2$ treatment in WT hTERT and nuchTERT expressing cells. The levels of LC3-II were normalized to actin. Graph shows average of 8 independent experiments ± SEM. Student t-test was performed by comparing each 60-minute H$_2$O$_2$ treatment to its respective untreated control. Statistical significance was p value < 0.01 **. (D–E) Representative Western blot analysis of extracts from cells (WT hTERT and nuchTERT) untreated (control) and treated (200 µM H$_2$O$_2$ for 60 min) against phospho AMPKα (Thr172), AMPKα total, phospho p70S6K (Thr389) and p70S6K total antibodies. Graphs show average data from four independent experiments ± SEM. Phosphorylated AMPKα (Thr172) density was normalized to total AMPKα. Phosphorylated p70S6K density was normalized to total p70S6K. Student’s t-test was used to evaluate statistical significance. Student t-test compared each H$_2$O$_2$ treated hTERT expressing cells to its representative untreated control. Statistical significance was determined at a p value < 0.05 * and 0.01 **. (F) NHF parental cells were submitted to the same H$_2$O$_2$ treatment as above and autophagy markers analyzed. (G–I) Representative Western blot analysis of extracts from cells (WT hTERT, nuchTERT, and nuchTERT + WT) untreated (control) and treated (200 µM H$_2$O$_2$ for 60 min) against beclin, phospho AMPKα (Thr172), AMPKα total, phospho p70S6K (Thr389), and p70S6K total antibody. Actin was also included as loading control for beclin. Graphs show average data from three experiments ± SEM. Student’s t-test was used to evaluate statistical significance and then compared each untreated (control) to its respective H$_2$O$_2$ treatment. Statistical significance was determined at a p value < 0.05 * and 0.01 **.
Differential modulation of autophagy in nuclear- or mitochondrial hTERT-expressing cells associates with sensitivity to H$_2$O$_2$-induced damage. If autophagy activation underlies the resistance of nu$hTERT$ cells to H$_2$O$_2$-induced cell death, then its inhibition should restore the sensitivity of these cells to H$_2$O$_2$. As consistent with this, pre-treatment (48 h) of nu$hTERT$ cells to the autophagy inhibitor 3-methyladenine (3-MA, 10 mM), followed by treatment with 200 µM H$_2$O$_2$ for 60 min, led to an increase in the amount of non-viable cells at 24 h (Figure 3A).

**Figure 3.** WT hTERT accumulates more mtDNA that nu$hTERT$-expressing cells upon oxidative stress. (A) The nu$hTERT$ cells were pretreated with the autophagy inhibitor 3-MA for 48 h and then treated with 60 min H$_2$O$_2$. In addition, the cells were allowed to recover for an additional 24 h in condition media with and without the presence of 3-MA. Cell viability was determined by PI and flow cytometry. Graph represents mean of four separate biological experiments ± SEM. Student t-test was performed comparing the vehicle (no 3MA) + H$_2$O$_2$ to its respective control and 3MA + H$_2$O$_2$ to 3MA + no H$_2$O$_2$. Statistical significance was determined at a p value < 0.01 **. (B) WT and the nu$hTERT$ cells were exposed to 200 µM of H$_2$O$_2$ for 60 min and then allowed to recover for six and 24 h. Total genomic DNA was isolated and the mtDNA integrity was analyzed. Data was normalized to mtDNA copy number. The results represent the mean of three experiments. (C) Total genomic DNA was extracted from WT hTERT and nu$hTERT$ non-treated or immediately following 60 min H$_2$O$_2$ treatment when mtDNA content was analyzed. Graphs show average data from three independent biological experiments ± SEM. Student t-test compared mtDNA content at 60 min as compared to non-treated control. Statistical significance was determined at p value < 0.01 **. The dotted line represents non-treated control. (D) Quantification of mtDNA damage per 10 kb DNA by QPCR. WT hTERT expressing cells were exposed to 200 µM of H$_2$O$_2$ for 60 min in the presence or absence of the autophagy modulator rapamycin. The samples were
pretreated for one hour with rapamycin and then exposed to H$_2$O$_2$ (H$_2$O$_2$ + rapamycin) for an additional hour. Graphs show an average from four independent experiments ± SEM. Student t-test compared levels of mtDNA detected in the rapamycin + H$_2$O$_2$ compared to H$_2$O$_2$ treatment alone. Statistical significance was determined at $p$ value < 0.05 *. Data were normalized to mtDNA content.

In addition to being resistant to cell death, we also showed that the mtDNA of these cells is less sensitive to H$_2$O$_2$-induced damage when compared to the WT-expressing counterparts [2]. While we first proposed that this could be associated to the levels of free bioavailable iron in the cells [1], an alternative hypothesis is that mtDNA repair is slower in the WT cells; it is feasible that it is more active in the mutant, given the observed mitochondrial dysfunction at the baseline [3]. While we found that initial amount of damage is higher in the WT cells, as previously reported [2], the data presented in Figure 3B show that the kinetics of damage removal is not different between the cells. These results rule out that defects or changes in mtDNA repair per se underlie the different sensitivity of the mitochondrial genome of these cells to the same H$_2$O$_2$ challenge.

As autophagy can aid in the removal of UV-induced mtDNA damage both in C. elegans and in mammalian cells in culture [12,15], the perceived “increased” mtDNA damage that was observed in WT-expressing cells may partially reflect an accumulation of damaged mtDNA due to the less robust autophagic response that was observed in these cells. At least two predictions are made by this hypothesis: (i) upon H$_2$O$_2$ treatment, the mtDNA content should be higher in WT hTERT cells when compared to the nuc-hTERT counterpart; and, (ii) the promotion of autophagy should decrease mtDNA damage in WT hTERT-expressing cells. To test these, we monitored mtDNA content after H$_2$O$_2$ treatment by quantitative PCR, and also pharmacologically stimulated autophagy in WT cells before mtDNA damage analysis. What we found was that mtDNA content was increased in both of the cell lines upon H$_2$O$_2$ exposure, but that mtDNA copy number was ~2–3-fold in WT hTERT-expressing cells relative to the non-treated control or the mutant (Figure 3C). Likewise, the stimulation of autophagy by exposing WT cells to rapamycin (10 nM) for two hours prior to H$_2$O$_2$ exposure slightly but significantly decreased the oxidative mtDNA damage (Figure 3D). Thus, we conclude that autophagy activation plays a role in the protection that is afforded by nuc-hTERT, both in terms of cell death and mtDNA damage.

Cells expressing WT hTERT can activate autophagy. Our data suggest that oxidative stress does not activate autophagy in cells expressing WT hTERT. One reasonable explanation for these results is that the autophagic pathway is somehow impaired in these cells. To address this, we put WT hTERT cells under the conditions of nutrient deprivation, which is a classical means of autophagy activation [16]. Under nutrient stress, autophagy is dependent on the inhibition of the kinase mTOR [17]. The cells were exposed to modified DMEM media, which lacked amino acids and serum, for two hours. In parallel cultures, the cells were also exposed to rapamycin (10 nM), which is a direct inhibitor of mTOR. The cells were collected at the end of the two-hour period and LC3-II levels, phosphorylation of p70S6K (Thr 389), and AMPK activation were assayed by immunoblots. Autophagy as judged by changes in these markers was induced in WT hTERT-expressing cells undergoing nutrient deprivation and, to a lesser extent, when exposed to rapamycin (Figure 4). The activation of autophagy was AMPK and mTOR-dependent, as the levels of phosphorylated p70S6K were significantly inhibited both under nutrient deprivation and rapamycin treatment. These data confirm that the autophagic machinery was intact in the WT hTERT cells.

Mitochondrial ROS-mediates the activation of autophagy in nuc-hTERT-expressing cells. Nutrient deprivation is known to increase the intracellular ROS levels [18], which are significantly decreased in WT hTERT-expressing cells [3]. In fact, a common feature that was reported by many about mitochondrial hTERT is its ability to significantly lower the levels of mitochondrial (and cellular) ROS [3,4,8–10,19]. This ability of hTERT has been demonstrated to decrease the cellular redox potential and impact ROS-dependent signaling [20]. Thus, it is possible that the decrease in mtROS that was observed in cells expressing WT hTERT may blunt the activation of autophagy under oxidative stress.
Conversely, the increased in organellar ROS in the mutant cells is required for the robust autophagy response that was observed. To test this possibility, we infected WT hTERT and nuc:hTERT cells, with an adenovirus expressing catalase that was targeted to mitochondria (mitocatalase). Catalase is a potent enzyme that is involved in the decomposition of H$_2$O$_2$ into H$_2$O. Twenty-four hours after infection with mitocatalase, the cells were exposed to 60 min of H$_2$O$_2$ treatment when Western blots gauged AMPK activation and beclin levels. The results that are presented in Figure 5A show that mitocatalase had no effect on either beclin or AMPK activation in WT hTERT-expressing cells. However, it completely reversed both AMPK and beclin activation in nuc:hTERT counterparts, reverting these cells to the WT phenotype. Taken together, these data show that the activation of autophagy in nuc:hTERT-expressing cells is dependent on mitochondrial generated H$_2$O$_2$. Furthermore, the lack of autophagy activation in the WT hTERT cells is, analogously, likely due to the decreased redox potential that is associated to the presence of hTERT in the organelle. Exactly how the presence or absence of hTERT in the mitochondria modulates organellar ROS remains unclear. In trying to attain insights into this issue, we probed extracts from cells carrying the WT or mutant proteins for manganese superoxide dismutase (MnSOD), which is the mitochondrial protein that is involved in the decomposition of superoxide into H$_2$O$_2$. What we found was that the levels of MnSOD are significantly decreased in mutant-expressing cells (Figure 5B), which likely contributes to the increased levels of ROS in these cells.

**Figure 4.** Lack of upregulation of autophagy in WT hTERT is not due to defects in signaling. The WT hTERT cells were put under conditions of nutrient deprivation (ND) or treated with 10 nM rapamycin (an mTOR inhibitor) for two hours. Autophagy activation was evaluated utilizing the LC3-II and AMPK antibodies. Phosphorylation of p70S6K (Thr 389), which is a downstream target of mTOR and classically used as a surrogate of mTOR activity, was probed. Actin was used as loading control. Graphs show average data from three independent experiments ± SEM. Student t-test as compared nutrient deprivation and rapamycin to untreated WT hTERT control. Statistical significance was determined at a p value < 0.05 * and 0.01 **.
Int. J. Mol. Sci. 2019, 20, 1509 10 of 16

(mitocatalase). Catalase is a potent enzyme that is involved in the decomposition of H\textsubscript{2}O\textsubscript{2} into H\textsubscript{2}O. Twenty-four hours after infection with mitocatalase, the cells were exposed to 60 minutes of H\textsubscript{2}O\textsubscript{2} treatment when Western blots gauged AMPK activation and beclin levels. The results that are presented in Figure 5A show that mitocatalase had no effect on either beclin or AMPK activation in WT hTERT-expressing cells. However, it completely reversed both AMPK and beclin activation in nuc\textsubscript{h}TERT counterparts, reverting these cells to the WT phenotype. Taken together, these data show that the activation of autophagy in nuc\textsubscript{h}TERT-expressing cells is dependent on mitochondrial generated H\textsubscript{2}O\textsubscript{2}. Furthermore, the lack of autophagy activation in the WT hTERT cells is, analogously, likely due to the decreased redox potential that is associated to the presence of hTERT in the organelle. Exactly how the presence or absence of hTERT in the mitochondria modulates organellar ROS remains unclear. In trying to attain insights into this issue, we probed extracts from cells carrying the WT or mutant proteins for manganese superoxide dismutase (MnSOD), which is the mitochondrial protein that is involved in the decomposition of superoxide into H\textsubscript{2}O\textsubscript{2}. What we found was that the levels of MnSOD are significantly decreased in mutant-expressing cells (Fig. 5B), which likely contributes to the increased levels of ROS in these cells.

Figure 5. Expression of mitochondrially-targeted catalase blunts AMPK activation and autophagy in nuc\textsubscript{h}TERT-expressing cells. (A) WT hTERT and nuc\textsubscript{h}TERT cells were infected with an adenovirus expressing mitocatalase and 24h later cells were treated with H\textsubscript{2}O\textsubscript{2} for 60 min. Beclin and AMPK levels were evaluated through immunoblot analysis. Actin was used as loading control. Western blots are representative; graphs are the mean of four biological experiments ± SEM. Student t-test compared control untreated to control mitocatalase and so forth. Statistical significance was determined at a p value < 0.05 *. Protein extracts were taken from untreated WT hTERT and nuc\textsubscript{h}TERT cells. Actin was used to normalize data. The graph represents the mean of three independent experiments. Student t-test compared either cell type to the untreated samples. Statistical significance was determined at a p value < 0.05 *. (B) Levels of MnSOD were assayed by immunoblots in the cells and actin was used as loading control to normalize MnSOD amounts The graph represents the mean of three independent experiments; student t-test compared levels in WT to mutant cells. p value < 0.05 *.

3. Discussion

Although telomerase is well studied for its role in telomere elongation, various studies have shown that hTERT impinges on the cellular response to toxicants. In the past decade, the subcellular localization of hTERT has gained special attention as a player in modulating the response to oxidative stress. Under hyperoxia and H\textsubscript{2}O\textsubscript{2} treatment, hTERT actively accumulates in mitochondria that are seemingly dependent on its phosphorylation at tyrosine 707 by Src kinase [8,11]. It is still not known why hTERT relocates to the cytoplasm and mitochondria under oxidative stress, but it could be associated to its role in modulating mtROS production to impinge on signaling. Our current data are consistent with this hypothesis by demonstrating that the maintenance of hTERT only in the nucleus under basal and H\textsubscript{2}O\textsubscript{2} conditions [21] leads to mtROS-dependent activation of pro-survival autophagy (Figures 2 and 5), while such events are blunted in WT cells. Recently, a peptide that was encoded by
telomerase RNA (TERC) was shown to play a role in the protection of drug-induced apoptosis and autophagosome formation [22]. However, since both WT and \textsubscript{nuc}hTERT-expressing cells express TERC, it is unlikely that this peptide plays a differential role in these cells.

The association between hTERT, mitochondria, and ROS may serve as a means to unify discrepancies in terms of its role in protection versus sensitization to stress [1,2,8,11]. By decreasing mtROS, hTERT protects the mitochondria and perhaps the cells from endogenous oxidative damage. However, the resulting change in cellular redox state may be unfavorable to some oxidizing-dependent signaling pathways, while potentially favoring reducing reactions. For instance, hTERT was shown to alter the cellular response to TNF\textsubscript{α} through a redox mechanism [20]. Our data is in line with these findings, as indicated by the fact that AMPK activation of autophagy is dampened in cells expressing WT hTERT or upon mitocatalase expression. AMPK has been shown to be directly activated by ROS [14], as have been the other Atg genes that are involved in the autophagic response [23]. In addition, other findings show that ROS are required to induce autophagy under starvation conditions [24]. Although the target(s) that are affected by the changes in mitochondrial redox state upon the expression of hTERT in mitochondria remain unknown, our data place mitochondrial H\textsubscript{2}O\textsubscript{2} as an important signaling molecule that modulates autophagy based on the hTERT’s subcellular localization. Why exactly the absence of hTERT in mitochondria leads to increased mitochondrial ROS remains unknown, but our data would suggest that decreased levels of MnSOD might play a role. In turn, this could increase the oxidative damage within the organelle and lead to changes in the electron transfer efficiency, overall contributing to leakage at the ETC. It will be important to assay MnSOD activity in these cells to define whether the decreased levels of the protein indeed impart effects on the overall mitochondrial ROS. Most notably, understanding why and how the levels of MnSOD change based on the subcellular localization of hTERT may lead to important insights regarding the crosstalk between telomerase, mitochondria, and cellular redox changes.

Accumulating evidence suggests that the outcomes of autophagy modulation, including those that are mediated by ROS, can either promote cell survival or may be associated with cell death [25]. Decreased autophagy may provide a cellular environment allowing for the accumulation of dysfunctional mitochondria [26], perhaps channeling the cells to apoptosis. We had previously proposed that the increased levels of apoptosis that were caused when hTERT was mitochondrial were a means to cull out the dysfunctional organelles (and cells) from the population [1]. It is possible that the impaired autophagic clearance of damaged organelles that are caused by mitochondrial hTERT observed here could be the means through which the accumulation of damaged organelles causes the cells to die. Conversely, the strong activation of autophagy in \textsubscript{nuc}hTERT mutant-expressing cells leads to resistance to H\textsubscript{2}O\textsubscript{2}-induced cell death, despite dysfunctional mitochondria. These results may help to explain recent findings, in which the extinction of TERT in a cancer prone mouse model initially led to tumor reversal, which was associated to short telomeres and mitochondrial dysfunction, but later to the re-emergence of a resistant population. The latter had re-established telomere maintenance through ALT but, interestingly, mitochondrial function and ROS production were not fully restored [7]. While the authors concluded that telomere dysfunction facilitated resistance amongst the reemerging tumors [7], one alternative explanation is that this effect may be mitochondrial-driven. It is possible that the initial loss of cellular telomerase caused telomere dysfunction and set in motion a mitochandrially-driven cascade. In our study, this cascade involved the adaptation by activation of autophagy, a pro-survival mechanism that is shown to be upregulated in some cancers [27]. It would be interesting to evaluate autophagy activation in these re-emergent tumors.

4. Materials and Methods

4.1. Cells and Cell Culture

Normal human fibroblasts (NHF) stably expressing WT hTERT and \textsubscript{nuc}hTERT have been previously described [2]. To reinstate the mitochondrial pool of hTERT, \textsubscript{nuc}hTERT -expressing cells
were infected with full length WT hTERT, as expressed in a retroviral vector (hTERTpLXIN). Infections were performed following our previous work [2] and the cells expressing the two vectors were selected based on double resistance of puromycin (nuchTERT pBabe) and G418 (hTERTpLXIN). The cell lines were cultured in DMEM/F-12 medium (ThermoFisher Invitrogen, Grand Island, NY, USA), supplemented with 10% fetal bovine serum, 1% penicillin/streptomycin, and 2 µg/mL of puromycin and/or 800 µg/mL of G418. Cells were maintained in 5% CO2 at 37 °C. The cells were subcultured approximately every three days or sooner if needed.

4.2. H2O2 Treatments

Hydrogen peroxide (H2O2) (Millipore Sigma, St. Louis, MO, USA) treatments were performed, as described [28]. Briefly, the cells were challenged with 200 µM H2O2 for 60 min and then harvested immediately after treatment upon washing with (1X) phosphate buffer saline (PBS, ThermoFisher Invitrogen, Grand Island, NY, USA). For all experiments, the cells were seeded 15–18 h prior to the experiments. Immediately before treatment, the cells were washed once with DMEM/F-12 (ThermoFisher Invitrogen, Grand Island, NY, USA) without any supplements, and the conditioned medium was saved for later use for studies where recovery was performed.

4.3. Cell Viability

For autophagy inhibition, NHF nuc hTERT were exposed to a final concentration of 10 mM 3-MA (Millipore Sigma, St. Louis, MO, USA) for 48 h, prior to treatment with H2O2. After the H2O2 exposure, cells were washed and allowed to recover in conditioned media for an additional 24 h in the presence and absence of 3-MA. Cell viability was analyzed by PI exclusion by flow cytometry as well as using trypan blue exclusion. The cells were evaluated both immediately after the treatments, as well as upon the 24 h of recovery from H2O2 exposure.

4.4. Apoptosis

Cells were seeded 15–18 h prior to subsequent treatments. WT hTERT and nuc hTERT were submitted to 60 min of 200 µM H2O2 treatment. Cells were allowed to recover in conditioned medium for 24 h. The cells were then harvested and then assayed with YOPRO-1 and PI to monitor apoptosis (YOPRO-1, ThermoFisher Invitrogen, Grand Island, NY, USA) and cell death (PI) using flow cytometry. In brief, after trypsinization, the cells were washed twice with 1 mL of PBS, resuspended in PBS, and then stained with a final concentration of 2.5 µM of YO-PRO-1 (ThermoFisher Invitrogen, Grand Island, NY, USA) and 1 µg of PI (ThermoFisher Invitrogen, Grand Island, NY, USA) for 20 min on ice. Cells were then scored as viable (negative for both markers), apoptotic YOPRO-1 positive/PI-negative or YOPRO-1 positive/PI-positive, and dead (PI positive) while using a BD Biosciences FACS Calibur flow cytometer.

4.5. Nutrient Deprivation and Rapamycin Exposure

For nutrient deprivation, NHF WT hTERT were maintained for two hours in modified DMEM media composed of: 138 mM NaCl, 1X DMEM salts, 24 mM NaHCO3, 1.8 mM CaCl2, 10 mM glucose, 0.3 mM pyruvate, Vitamin mixture, 40 mg/mL Fe(NO3)3·9H2O, 1% penicillin/strep, 50 µg/L gentamycin lacking amino acids, and serum. The cells were also exposed to rapamycin (10 nM) for two hours. The time for nutrient deprivation and rapamycin treatment were selected based on time course and dose response experiments monitoring beclin and LC3-II levels by immunoblot as readouts of autophagy induction (not shown).

4.6. Western Blot Analysis

The protein extracts were prepared from independent cultures by resuspension in 1X Chaps Lysis Buffer containing protease inhibitor cocktail (Millipore Sigma, St. Louis, MO, USA) and phosphatase
arrest III (Biosciences). Lysates were centrifuged and supernatant was recovered. Protein content was then estimated using the Lowry Assay. Proteins were separated on 4%, 10%, 12%, or 15% SDS-PAGE gels, and in some cases in 4–12% precast gradient gel (Novex; ThermoFisher Invitrogen, Grand Island, NY, USA), and then blotted onto nitrocellulose membranes. The membranes were blocked with 5% nonfat milk in PBS-T (phosphate buffered with 0.05%-Tween 20) at room temperature for one hour and subsequently probed with primary antibodies. The following antibodies were used: BECN1 (beclin 1) (Santa Cruz Biotechnology, Santa Cruz, CA, USA); LC3 (Novus biologicals, Centennial, CO, USA); phospho-p70S6 kinase (Thr389) (Cell Signaling, Danvers, MA, USA); p70S6 kinase (Cell Signaling, Danvers, MA, USA); phospho-AMPKα (Thr172) (Cell Signaling, Danvers, MA, USA); AMPKα (Cell Signaling, Danvers, MA, USA); and, Actin (Millipore Sigma, St. Louis, MO, USA) were used as a loading control. All of the primary antibodies were diluted to 1:1000, unless otherwise specified and the respective secondary antibodies were used in a 1:10,000 dilution. The protein bands were visualized by using the Amersham ECL detection system (GE Healthcare, Glenn Allen, VA, USA) or Femto Maximum Sensitivity Substrate (ThermoFisher, Grand Island, NY, USA) with the operation of the Fujifilm multi-gauge V3.1 software.

4.7. Adenovirus Infection

Adenovirus expressing mitochondria-targeted catalase was obtained as a gift from Dr. Marcelo Bonini from the University of Illinois at Chicago. WT hTERT and nuc-hTERT cells were plated in DMEM/F-12 (ThermoFisher Invitrogen, Grand Island, NY, USA) medium with 10% Fetal bovine serum and then allowed to attach to six-well plate dishes overnight at 37 °C before the desired amount of viral particles were added. The next day, cells were washed in warm PBS (2X) and 500 µL DMEM/F-12 serum free medium were added to each well. 1 µL mito-catalase adenovirus was subsequently added to each well and incubated for one-hour at 37 °C, swirling every 15 min. Fresh medium with serum was added the following day. On the following day, the cells were treated with and without 200 µM H2O2 for 60 min. The samples were then collected for western analysis.

4.8. Mitochondria Isolation

The harvested cells were washed twice with PBS, centrifuged (1000 g, minutes), and the supernatants were discarded. The pellets were weighed and gently resuspended in HEPES dissociation buffer (5 mM KPO4, pH 7.5, 2 mM KCl, 1 mM 2-mercaptoethanol), at 9× volume of the wet weight of the cells. Protease inhibitor cocktail (1:100 v/v) was added, and the cells were left on ice for one hour. Once the cells were swollen and they were broken by dounce homogenization for 20–30 strokes until only 0–2 intact cells/microscope field remained. Sucrose buffer 2.5 × (0.625 M sucrose, 20 mM Tris–HCl, 5 mM EGTA, 5 mM KCl, pH 7.5) was added to a 1 × concentration. To collect nuclei, the cells were centrifuged for five minutes at 600 g (4 °C). The supernatants with remaining mitochondria were collected, while the pellet was kept as the nuclear fraction. This centrifugation step was repeated to make sure the broken or unbroken cells nuclei were completely pelleted. Supernatants were then centrifuged for 30 min at 12,000 g; the pellets containing mitochondria were washed three times with 1 × 0.25 M sucrose buffer to remove the remaining nuclear DNA and proteins, and then treated with proteinase K (10 µg mL−1 final concentration) for 30 min on ice. Protease inhibitors 10 µL of (PMSF 100 mM) were added, and samples were incubated on ice for an additional 10 min. Mitochondrial pellet was then washed three times with 1 × sucrose buffer (20 min at 12,000 g). The mitochondrial pellets were resuspended in lysis buffer (4% SDS, 0.3 M NaCl, 10% glycerol, 20 mM Tris–HCl, pH 8.0, 14 mM 2-mercaptoethanol, and proteinase inhibitors) and left on ice for 30 min. The protein was quantified using the Lowry method. Equal amounts of 40 µg lysed whole cell and mitochondria prep samples from each cell lines were run on 4–12% gradient gel.
4.9. DNA Damage and DNA Isolation

Kinetics of mtDNA repair was followed using gene-specific quantitative PCR (QPCR) measuring restoration of amplification of the target DNA after the removal of H$_2$O$_2$, as described [28]. The cells were treated with H$_2$O$_2$ for one hour and were either harvested immediately (time 0) or they could recover in conditioned medium for six or 24 h. MtDNA damage was also estimated in the cells upon treatment with the autophagy modulator rapamycin, as described above. For DNA damage analysis, the total genomic DNA was isolated and the integrity of the mtDNA was measured using two sets of primers to the mtDNA. Specific primers were used to amplify a large 8.9-kb fragment of human mtDNA, to determine mtDNA integrity, and a small 221-bp fragment to monitor the mtDNA copy number. The latter was used to normalize the data that were obtained with the large fragment [28]. Relative amplifications were calculated and used to assess the damage frequency per 10 kb of the genome, assuming a Poisson distribution of damage on the template. This assay is centered on the fact that DNA lesions block/slow the progression of the polymerase, so that only undamaged templates take part in the PCR reaction. Therefore, the amplification is inversely relative to DNA damage or in other words the more lesions on the target DNA, the less amplification.

4.10. Statistical Analysis

Significance was calculated using Student’s $t$-test with GraphPad Prism software. Data were considered to be statistically significant when the probability value ($p$) was less than 0.05 * and 0.01 **. Values are represented as average ± S.E.M.

**Author Contributions:** P.D.G. performed and analyzed most of the experiments. N.K.S. generated the cells in which WT hTERT was re-introduced into the nuchTERT mutant background and performed Western blots associated with those. J.H.S. conceptualized the study and wrote the manuscript.

**Funding:** This work was supported by grants from the University of Medicine and Dentistry of New Jersey Foundation; the New Jersey Commission for Cancer Research: [808033]; and the Army Research Office: [56027LS] awarded to JHS.

**Acknowledgments:** We would like to acknowledge the technical help with flow cytometry from Carl Bortner, at NIEHS, and Andreas Beyer (Medical College of Wisconsin) for critical review of the manuscript. We also thank the members of the Santos, Thomas and Gasper’s laboratories for productive discussions.

**Conflicts of Interest:** The authors declare no conflict of interests.

**Abbreviations**

3-MA 3-methyladenine  
AMPK AMP-activated protein kinase  
H$_2$O$_2$ hydrogen peroxide  
hTERT human telomerase reverse transcriptase  
hTR human telomerase RNA  
mtDNA mitochondrial DNA  
OXPHOS oxidative phosphorylation  
PI propidium iodide  
ROS reactive oxygen species

**References**

1. Santos, J.H.; Meyer, J.N.; Skovrada, M.; Annab, L.A.; Van Houten, B. Mitochondrial hTERT exacerbates free-radical-mediated mtDNA damage. Aging Cell 2004, 3, 399–411. [CrossRef] [PubMed]
2. Santos, J.H.; Meyer, J.N.; Van Houten, B. Mitochondrial localization of telomerase as a determinant for hydrogen peroxide-induced mitochondrial DNA damage and apoptosis. Hum. Mol. Genet. 2006, 15, 1757–1768. [CrossRef]
3. Sharma, N.K.; Reyes, A.; Green, P.; Caron, M.J.; Bonini, M.G.; Gordon, D.M.; Holt, I.J.; Santos, J.H. Human telomerase acts as a hTR-independent reverse transcriptase in mitochondria. Nucleic Acids Res. 2012, 40, 712–725. [CrossRef] [PubMed]

4. Singhapol, C.; Pal, D.; Czapiewski, R.; Porika, M.; Nelson, G.; Saretzki, G.C. Mitochondrial telomerase protects cancer cells from nuclear DNA damage and apoptosis. PLoS ONE 2013, 8, e52989. [CrossRef] [PubMed]

5. Listerman, I.; Sun, J.; Gazzaniga, F.S.; Lukas, J.L.; Blackburn, E.H. The major reverse transcriptase-incompetent splice variant of the human telomerase protein inhibits telomerase activity but protects from apoptosis. Cancer Res. 2013, 73, 2817–2828. [CrossRef] [PubMed]

6. Sahin, E.; DePinho, R.A. Axis of ageing: Telomeres, p53 and mitochondria. Nat. Rev. Mol. Cell Biol. 2012, 13, 397–404. [CrossRef] [PubMed]

7. Hu, J.; Hwang, S.S.; Liesa, M.; Gan, B.; Sahin, E.; Jaskelioff, M.; Ding, Z.; Ying, H.; Boutin, A.T.; Zhang, H.; et al. Antitelomerase therapy provokes ALT and mitochondrial adaptive mechanisms in cancer. Cell 2012, 148, 651–663. [CrossRef] [PubMed]

8. Ahmed, S.; Passos, J.F.; Bircket, M.J.; Beckmann, T.; Brings, S.; Peters, H.; Birch-Machin, M.A.; von Zglinicki, T.; Saretzki, G. Telomerase does not counteract telomere shortening but protects mitochondrial function under oxidative stress. J. Cell Sci. 2012, 121, 1046–1053. [CrossRef]

9. Haendeler, J.; Drose, S.; Buchner, N.; Jakob, S.; Altschmied, J.; Goy, C.; Spyridopoulos, I.; Zeiher, A.M.; Brandt, U.; Dimmeler, S. Mitochondrial telomerase reverse transcriptase binds to and protects mitochondrial DNA and function from damage. Arterioscler. Thromb. Vasc. Biol. 2009, 29, 929–935. [CrossRef] [PubMed]

10. Indran, I.R.; Hande, M.P.; Pervaiz, S. hTERT overexpression alleviates intracellular ROS production, improves mitochondrial function, and inhibits ROS-mediated apoptosis in cancer cells. Cancer Res. 2010, 71, 266–276. [CrossRef] [PubMed]

11. Haendeler, J.; Hoffmann, J.; Brandes, R.P.; Zeiher, A.M.; Dimmeler, S. Hydrogen peroxide triggers nuclear export of telomerase reverse transcriptase via Src kinase family-dependent phosphorylation of tyrosine 707. Mol. Cell. Biol. 2003, 23, 4598–4610. [CrossRef] [PubMed]

12. Li, L.; Chen, Y.; Gibson, S.B. Starvation-induced autophagy is regulated by mitochondrial reactive oxygen species leading to AMPK activation. Cell Signal. 2013, 25, 50–65. [CrossRef] [PubMed]

13. Passos, J.F.; Saretzki, G.; von Zglinicki, T. DNA damage in telomeres and mitochondria during cellular senescence: Is there a connection? Nucleic Acids Res. 2007, 35, 7505–7513. [CrossRef] [PubMed]
22. Rubtsova, M.; Naraykina, Y.; Vasilkova, D.; Meerson, M.; Zvereva, V.; Prassolov, V.; Lazarev, V.; Manuvera, V.; Kovalchuk, S.; Anikanov, N.; et al. Protein encoded in human telomerase RNA is involved in cell protective pathways. *Nucleic Acids Res.* 2018, 46, 8966–8977. [CrossRef]

23. Scherz-Shouval, R.; Shvets, E.; Fass, E.; Shorer, H.; Gil, L.; Elazar, Z. Reactive oxygen species are essential for autophagy and specifically regulate the activity of Atg4. *EMBO J.* 2007, 26, 1749–1760. [CrossRef]

24. Komatsu, M.; Waguri, S.; Ueno, T.; Iwata, J.; Murata, S.; Tanida, I.; Ezaki, J.; Mizushima, N.; Ohsumi, Y.; Uchiyama, Y.; et al. Impairment of starvation-induced and constitutive autophagy in Atg7-deficient mice. *J. Cell Biol.* 2005, 169, 425–434. [CrossRef] [PubMed]

25. Scherz-Shouval, R.; Elazar, Z. ROS, mitochondria and the regulation of autophagy. *Trends Cell Biol.* 2007, 17, 422–427. [CrossRef] [PubMed]

26. Alexeyev, M.F.; Ledoux, S.P.; Wilson, G.L. Mitochondrial DNA and aging. *Clin. Sci.* 2004, 107, 355–364. [CrossRef] [PubMed]

27. Esclatine, A.; Chaumorcel, M.; Codogno, P. Macroautophagy signaling and regulation. *Curr. Top. Microbiol. Immunol.* 2009, 335, 33–70. [PubMed]

28. Santos, J.H.; Mandavilli, B.S.; Van Houten, B. Measuring oxidative mtDNA damage and repair using quantitative PCR. *Methods Mol. Biol.* 2002, 197, 159–176. [PubMed]

© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).