Genetic dissection of the different roles of hypothalamic kisspeptin neurons in regulating female reproduction

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Abstract

The brain regulates fertility through gonadotropin-releasing hormone (GnRH) neurons. Estradiol induces negative feedback on pulsatile GnRH/luteinizing hormone (LH) release and positive feedback generating preovulatory GnRH/LH surges. Negative and positive feedbacks are postulated to be mediated by kisspeptin neurons in arcuate and anteroventral periventricular (AVPV) nuclei, respectively. Kisspeptin-specific ERα knockout mice exhibit disrupted LH pulses and surges. This knockout approach is neither location-specific nor temporally controlled. We utilized CRISPR-Cas9 to disrupt ERα in adulthood. Mice with ERα disruption in AVPV kisspeptin neurons have typical reproductive cycles but blunted LH surges, associated with decreased excitability of these neurons. Mice with ERα knocked down in arcuate kisspeptin neurons showed disrupted cyclicity, associated with increased glutamatergic transmission to these neurons. These observations suggest that activational effects of estradiol regulate surge generation and maintain cyclicity through AVPV and arcuate kisspeptin neurons, respectively, independent from its role in the development of hypothalamic kisspeptin neurons or puberty onset.

Introduction

Infertility is a common clinical problem affecting 15% of couples; ovulatory disorders account for 25% of this total (Macaluso et al., 2010). The hypothalamic-pituitary-gonadal axis controls reproduction and malfunction of this axis can cause ovulatory dysfunction and/or other disturbances of the reproductive cycle (Helm et al., 2009; Plant and Zeleznik, 2015). Gonadotropin-releasing hormone (GnRH) neurons form the final common pathway for central neural regulation of reproduction. GnRH stimulates the pituitary to secrete follicle-stimulating hormone and luteinizing hormone (LH), which regulate gonadal steroid and gamete production. Estradiol, via estrogen receptor alpha (ERα), plays crucial roles in both homeostatic negative feedback and positive feedback action on GnRH/LH release in females (Döcke and Dörner, 1965; Moenter et al., 1990; Lubahn et al., 1993; Krege et al., 1998; Winteman et al., 2006; Christian et al., 2008; Glanowska et al., 2012; Cheong et al., 2015). Low estradiol levels suppress pulsatile GnRH/LH release, whereas sustained elevations in estradiol during the late follicular phase of the cycle cause a switch of estradiol feedback action from negative to positive, inducing prolonged GnRH/LH surges, which ultimately triggers ovulation (Christian and Moenter, 2010). As GnRH neurons typically do not express detectable ERα (Hrabovszky et al., 2001), estradiol feedback is likely transmitted to GnRH neurons by ERα-expressing afferents.
Kisspeptin neurons in the arcuate and anteroventral periventricular (AVPV) regions are estradiol-sensitive GnRH afferents that are postulated to mediate estradiol negative and positive feedback, respectively (Oakley et al., 2009; Lehman et al., 2010). Kisspeptin potently stimulates GnRH neurons and Kiss1 mRNA is differentially regulated in these nuclei by estradiol (Han et al., 2005; Messager et al., 2005; Smith et al., 2005; Pielecka-Fortuna et al., 2008; Lehman et al., 2010; Kumar et al., 2015; Yip et al., 2015). ERα in kisspeptin cells is critical for estradiol negative and positive feedback, as kisspeptin-specific ERα knockout (KERKO) mice exhibit higher frequency LH pulses and fail to exhibit estradiol-induced LH surges (Mayer et al., 2010; Dubois et al., 2015; Greenwald-Yarnell et al., 2016; Wang et al., 2018). Although informative, the KERKO model has several caveats that limit interpretation. First, ERα is deleted as soon as Kiss1 is expressed, before birth in arcuate kisspeptin neurons (also called KNDy neurons for coexpression of kisspeptin, neurokinin B and dynorphin) and before puberty in AVPV kisspeptin neurons (Semaan et al., 2010; Kumar et al., 2014). This may cause developmental changes in these cells and/or their networks. Second, ERα is deleted from all kisspeptin cells, thus making it impossible to assess independently the role of AVPV and arcuate kisspeptin neurons.

Combining CRISPR-Cas9 with targeted viral vector injection allows deletion of ERα in a nucleus-specific and temporally-controlled manner to address the above caveats (Swiech et al., 2015). We designed Cre-dependent AAV vectors that carry single guide RNAs (sgRNAs) that target Esr1 (encoding ERα) or lacZ and delivered these vectors to the AVPV or arcuate of adult female mice that express Cas9 in kisspeptin cells. We then compared the reproductive phenotypes as well as kisspeptin neuronal physiology in AAV-Esr1 vs AAV-lacZ targeted mice and KERKO mice.
Results

AVPV kisspeptin neurons from KERKO mice exhibit decreased firing rate and excitability

We first used extracellular recordings to monitor the spontaneous firing rate of YFP-identified AVPV kisspeptin neurons in coronal brain slices from ovary-intact control and KERKO mice. As the persistent cornified vaginal cytology of KERKO mice is similar to that observed during estrus (Greenwald-Yarnell et al., 2016), we used mice in the estrous stage of the reproductive cycle as controls. The firing frequency of AVPV kisspeptin neurons was lower in ovary-intact KERKO mice compared to controls (Figure 1a,b, two-way ANOVA/Holm-Sidak, p=0.0001). To test if the firing rate of AVPV kisspeptin neurons in KERKO mice responds to circulating estradiol, we repeated this study in ovariectomized (OVX) mice and OVX mice with an estradiol implant producing constant physiologic levels (OVX + E) (Christian et al., 2005). OVX reduced and estradiol treatment increased firing rate in cells from control, but not KERKO, mice (Figure 1a,b two-way ANOVA/Holm-Sidak, control intact vs OVX p=0.009, intact vs OVX + E, p=0.02, OVX vs OVX + E, p<0.0001). As a result of this difference, the firing frequency is higher in cells from OVX + E control than OVX + E KERKO mice (p<0.0001). Statistical test parameters for all figures are in Tables 1 and 2.

We next recorded the whole-cell firing signatures of neurons in these six groups in response to current injection. AVPV kisspeptin neurons in control mice exhibit a greater number of depolarization-induced bursts (DIB) and rebound bursts when estradiol is elevated, confirming previous observations (Wang et al., 2016) (Figure 1c,d,e, Chi-square, DIB, p=0.02; rebound, p=0.02; Fisher’s exact post hoc test, DIB, OVX vs OVX +E, p=0.008, rebound OVX vs OVX +E p=0.03, for other paired comparisons, p>0.2). In KERKO mice, these two types of bursts were rare (<25% of cells) in all steroid conditions tested and were not regulated by estradiol (Figure 1c,d,e, Chi-square, DIB, p=0.4, rebound, p=0.3). We also compared the action potential output of these cells in response to current injection (0–50 pA, 10 pA increments, 500 ms). Cells from ovary-intact KERKO mice generated fewer action potentials compared to controls. Action potential generation as a function of current injection was similar in cells from OVX control and OVX KERKO mice but was increased by estradiol only in control mice (Figure 1f, two-way repeated-measures ANOVA/Holm-Sidak, intact, 20 pA, p=0.03, 30 pA, p=0.06; OVX + E, 20 pA to 50 pA, p<0.04). Reduced action potential firing of AVPV kisspeptin neurons from KERKO mice may be attributable at least in part to decreased input resistance compared to controls (Figure 1—figure supplement 1, two-way ANOVA/Holm-Sidak control vs KERKO, intact, p=0.006, OVX, p=0.7, OVX +E p=0.02).

As both depolarization-induced bursts and rebound bursts are sensitive to NiCl (100 μM) (Lee et al., 1999) at levels that fairly specifically block T-type calcium channels, we measured T-type (I\text{\textsubscript{T}}) current density and voltage dependence. I\text{\textsubscript{T}} current density was decreased in AVPV kisspeptin cells from gonad-intact KERKO mice compared to controls (Figure 2a,b, two-way repeated-measures ANOVA/Holm-Sidak, −50 mV, p=0.003; −40 mV, p=0.002; −30 mV, p=0.003). The voltage dependence of activation was not different between groups, but the voltage dependence of inactivation was depolarized in cells from KERKO mice (Figure 2c, control vs KERKO, two-tailed unpaired Student’s t-test, V\text{1/2} activation −52.2 ± 1.6 vs −48.6 ± 1.4 mV, p>0.1; slope 5.5 ± 0.6 vs 5.5 ± 0.7, p>0.1; V\text{1/2} inactivation −74.8 ± 4.1 vs −61.9 ± 3.1 mV, p=0.03; slope −3.1 ± 0.5 vs −4.2 ± 0.3, p=0.1).

Design and validation of sgRNAs that target Esr1

A caveat of studying the role of ERα in AVPV kisspeptin neurons using KERKO mice is that the deletion of ERα (encoded by Esr1) using cre recombinase under the control of the kisspeptin promoter is neither time- nor location-specific. We utilized the CRISPR-Cas9 approach to achieve temporal and spatial control of Esr1 gene knockdown. Two sgRNAs were designed that target exon1 of Esr1 based on software prediction (Ran et al., 2013); sites predicted by FengZhang’s guide design software (http://crispr.mit.edu) as possible off-target regions for binding of these guides are listed in Table 3. The efficiency of each guide was tested in vitro in C2C12 mouse myoblast cells (Milanesi et al., 2008). The sgRNAs that target Esr1 and a sgRNA that targets lacZ as a control were subcloned into the lentICRISPRv2 plasmid (Sanjana et al., 2014), from which Cas9 and the sgRNA are expressed after transfection of C2C12 cells. Puromycin was used to select construct-
Figure 1. AVPV kisspeptin neurons from KERKO mice are less excitable compared to those from control mice and are not regulated by estradiol. (a) Representative extracellular recordings for cells from control and KERKO mice from ovary-intact, OVX and OVX+E groups. (b) Individual values and mean ± SEM firing frequency of cells from control (white circles) and KERKO groups (black circles). (c) representative depolarizing (magenta, +20 pA, 500 ms) and hyperpolarizing (black, −20 pA, 500 ms) firing signatures for cells from control and KERKO mice in ovary-intact (left), OVX (middle) and OVX+E (right) groups. (d) & (e) Histograms showing the percentage of rebound bursts. (f) Number of action potentials (APs) per 500 ms for cells in control and KERKO groups under different current injection conditions.
expressing cells. After a ~4-week selection period, DNA was harvested and the Esr1 region sequenced. Cells expressing either of the sgRNAs targeting Esr1, but not lacZ, exhibited a peak-on-peak sequencing pattern, indicating disruption of the gene (Figure 3a). As these in vitro experiments suggested these sgRNAs were able to mutate Esr1, we designed Cre-dependent AAV vectors to express each sgRNA and mCherry (to indicate infected cells) under control of the U6 promoter (Figure 3b). The AAV vector was bilaterally stereotaxically injected into the AVPV region of adult female mice that express Cas9 and GFP under control of the kisspeptin promoter (Kiss1-Cre; Cas9 loxp-stop-Gfp, Figure 3—figure supplement 1); these groups are referred to as AVPV-AAV-Esr1 or AVPV-AAV-lacZ. Only one guide was injected per animal to allow comparison of phenotypes when different areas of Esr1 were targeted. The ERα knockdown efficiency of the two sgRNAs targeting Esr1 was comparable. The infection rate for AVPV-AAV-Esr1 was 81 ± 4% (Figure 3d, Esr1-guide 1 [g1] 82 ± 2%, n = 3; Esr1-guide 2 [g2] 81 ± 8%, n = 3) and only 28 ± 1% of AVPV kisspeptin cells expressed ERα post infection (Figure 3d, n = 3, Esr1-guide 1 27 ± 0.4%; n = 3, Esr1-guide 2 28 ± 2%). In mice that received AVPV-AAV-lacZ (n = 3), the infection rate was comparable at 82 ± 2%, but

| Table 1. Statistical parameters for two-way ANOVA. |
|---------------------------------------------|
| Parameter | Figure | Factor 1 | Factor 2 | Interaction |
| Firing frequency | Figure 1b | steroid | genotype | F (2, 57)=14.7 * F (1, 57)=40.1 * F (2, 57)=6.2 * |
| Input-output curve | Figure 1f | current | genotype | F (4, 80)=242.7 * F (1, 20)=8.2 * F (4, 80)=0.6 F (4, 72)=0.7 F (4, 84)=1.5 |
| | | OVX | | F (1, 80)=2.1 F (1, 84)=2.1 |
| | | OVX + E | | F (1, 80)=2.1 F (1, 84)=2.1 |
| I_r current density | Figure 2b | voltage | genotype | F (8, 104)=39.74 * F (1, 13)=11.1 * F (8, 104)=9.4 * |
| I_r normalized conductance | Figure 2c | activation inactivation | voltage | F (8, 104)=494.7 F (1, 13)=3.2 F (8, 104)=1.5 |
| | | | genotype | F (8, 104)=195.8 F (1, 13)=4.5 F (8, 104)=3.1 |
| LH | Figure 3f | time | AAV type | F (2, 24)=2.1 F (1, 13)=35.8 * F (2, 24)=1.8 F (1, 13)=19.5 * |
| Input-output curve | Figure 3g | current | AAV type | F (4, 136)=165.5 * F (2, 34)=7.2 * F (4, 136)=0.7 F (4, 68)=4.3 * F (4, 100)=7.2 |
| | | | | F (4, 100)=7.2 |
| | | | AA V type | F (1, 12)=29.8 * F (1, 13)=0.3 F (1, 12)=29.8 * F (1, 13)=0.3 |
| | | | time | F (1, 12)=35.8 * F (1, 13)=35.8 * F (2, 24)=1.8 |
| Days proestrus/week | Figure 5d | time | AAV type | F (2, 12)=5.8 F (2, 12)=10.0 * |
| | | | | F (1, 12)=13.6 * F (1, 12)=13.6 * F (1, 12)=13.6 * |
| LH | Figure 5g | injection | AAV type | F (1, 12)=7.5 * F (1, 12)=7.5 * F (1, 12)=7.5 * |
| | | | | F (1, 12)=7.5 |
| | | steroids | genotype | F (2, 59)=2.6 F (1, 59)=13.2 * F (2, 59)=2.0 |
| Input resistance | Figure 1—figure supplement 1a | | | F (2, 59)=2.6 F (1, 59)=13.2 * F (2, 59)=2.0 |
| Cell capacitance | Figure 1—figure supplement 1b | | | F (2, 59)=5.2 F (1, 59)=0.1 * F (2, 59)=0.4 |
| Normalized uterine mass | Figure 1—figure supplement 1c | | | F (2, 30)=19.9 * F (1, 30)=80.0 * F (2, 30)=2.4 |

*p<0.05, #p=0.05

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there was no disruption of ERα; 72 ± 2% of AVPV kisspeptin neurons expressed ERα, which is similar to control mice (Kumar et al., 2015). Of note, the ERα antibody used recognizes the C-terminus, suggesting a lack of rare splice variants that were generated at low levels in initial ERKO mice (Couse et al., 1995).

Table 2. Statistical parameters for two group comparisons.
For normally distributed data, two-tailed unpaired Student’s t-test; for non-normally distributed data, two-tailed Mann-Whitney U test.

| Parameter | Figure | T or U, df |
|-----------|--------|------------|
| V<sub>1/2</sub> activation slope | in the text, control vs KERKO | |
| V<sub>1/2</sub> inactivation slope | I<sub>t</sub> kinetics | |
| rate of rise IF rate of rise PCR | Figure 4h | |
| FWHM IF | Figure 4i | |
| FWHM PCR | Figure 4j | |
| AHP amplitude IF | | |
| AHP amplitude PCR | | |
| LH pulses/h | Figure 5e | |
| Mean LH | Figure 5f | |
| Firing rate | Figure 6b | |
| EPSC frequency | Figure 6e | |
| EPSC amplitude | | |
| Input resistance lacZ vs Esr1 IF, lacZ vs Esr1 PCR, KERKO vs Esr1 | Figure 1—figure supplement 1a | |
| Cell capacitance lacZ vs Esr1 IF, lacZ vs Esr1 PCR, KERKO vs Esr1 | Figure 1—figure supplement 1b | |
| Normalized uterine mass lacZ vs Esr1 AVPV lacZ vs Esr1 arcuate | Figure 1—figure supplement 1c | |

* p<0.05, # p=0.05
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Figure 3. In vitro and in vivo validation of AVPV-AAV-Esr1 guides. (a) Sequencing from C2C12 cells transiently transfected with lentCRISPR v2 with sgRNAs targeting Esr1 (guide 1 [g1] top, guide 2 [g2] middle) or lacZ. N in yellow highlight indicates peak on peak mutations. (b) and (c) Schematic representation of (b) the Cre-inducible AAV vector delivering sgRNAs and (c) Kiss1 cre Cas9-loxp Stop-Gfp mice. (d) AVPV-AAV-lacZ, -Esr1 g1 or g2 were bilaterally delivered to the AVPV region (see Figure 3—figure supplement 1). Brain sections were processed to detect GFP (green), mCherry (red) and ERα (black), dual GFP/mCherry detection indicates infection of kisspeptin neuron (white arrows, left panel of each pair). AVPV-AAV-Esr1 infected AVPV kisspeptin neurons exhibit decreased ERα expression compared to AVPV-AAV-lacZ infected cells (right panel of each pair, white arrows indicate ERα-negative, magenta arrows indicate ERα-positive infected cells). (e) Representative reproductive cycles of mice that received AAV-lacZ, g1 or g2; E, estrus; D, diestrus; P, proestrus; day 0 is the day of stereotaxic surgery. (f) Mean ± SEM proestrous LH surge measured at 3, 4, and 5 pm EST in AVPV-AAV-lacZ and AVPV-AAV-Esr1 mice (mice receiving g1 or g2 combined). (g) Mean ± SEM estradiol-induced LH surge measured at 9 am and 5 pm EST from AAV-lacZ and AAV-Esr1 OVX + E mice (mice receiving g1 or g2 were combined).

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The following figure supplement is available for figure 3:

Figure supplement 1. Bilateral delivery of AAV-lacZ, and AAV-Esr1 (g1 and g2) to AVPV of adult female mice.

Figure 3 continued on next page
Knockdown of ERα in AVPV kisspeptin neurons in adulthood does not affect estrous cycles but disrupts preovulatory and estradiol-induced LH surges

We monitored the reproductive cycles of the mice injected with AAV-sgRNAs in the AVPV 12 days before and for up to eight weeks following surgery. Neither AVPV-AAV-Esr1 guide (tested independently) nor the AVPV-AAV-lacZ disrupted reproductive cyclicity (Figure 3e), even in mice with a high rate of bilateral infection (~80%). These mice entered proestrus at the same frequency in the last four weeks compared to the first four weeks (two weeks pre-surgery plus the first two weeks post-surgery, two-way repeated-measures ANOVA/Holm-Sidak, before vs after; g1, n = 3, 1.3 ± 0.1 vs 1.6 ± 0.1; g2, n = 4, 1.2 ± 0.1 1.4 ± 0.1; lacZ n = 4, 1.3 ± 0.2 vs 1.3±0.1, p>0.1 for each paired comparison). To test for the occurrence of estradiol-positive feedback, we monitored both proestrus (preovulatory) and estradiol-induced LH surges in these mice. Surge data were similar for guide 1 and guide 2 and data from both guides were combined for group comparisons. Both proestrus and estradiol-induced LH surges were blunted after ERα knockdown (Figure 3f,g, two-way repeated-measures ANOVA/Holm-Sidak; f, lacZ, 3pm vs 5pm, p=0.04; lacZ vs Esr1, 4pm, p=0.006, 5pm, p<0.0001, h, lacZ AM vs PM, p<0.0001). There were fewer corpora lutea (CL) in mice with Esr1 guides targeted to the AVPV (p<0.05, guides 1 and 2 combined n = 6, 5.2 ± 2.1 CL/mouse, vs lacZ guide n = 5, 10.8 ± 0.4 CL/mouse, two-tailed paired Student’s t test with Welch’s correction, t = 2.598, df = 5.05). Of note, variation was high in the Esr1 mice, with two looking similar to controls, two having fewer CL and two not having any CL. This suggests ovulation is disrupted in a substantial subpopulation of these mice but can proceed with the blunted LH surge in some animals.

Decreased excitability of AVPV kisspeptin neurons in AAV-Esr1 knockdown mice

To test if knockdown of ERα in adult AVPV kisspeptin neurons alters their intrinsic excitability, we recorded firing signatures of infected and uninfected cells in brain slices from AAV injected OVX + E mice. We again observed no difference between AVPV-AAV-Esr1 g1 vs g2 and combined these data. Some cells were loaded with neurobiotin during recording for identification and ERα protein detected post hoc with immunofluorescence (Figure 4a,c, and IF post hoc portions of Figure 4e–j). Cells not infected with AVPV-AAV-Esr1 and cells infected with either AVPV-AAV-Esr1 guide but in which ERα protein was detected exhibited similar firing signatures in terms of DIB and rebound bursts (Figure 4b,e,f). In contrast, cells infected by AVPV-AAV-Esr1 that had undetectable ERα protein had reduced burst firing compared to AVPV-AAV-lacZ or uninfected groups (Figure 4e,f). Chi-square, DIB, DI, p=0.008, rebound bursts, p=0.0008; Fisher’s exact post hoc test, DIB, Esr1 vs lacZ, or vs uninfected, p<0.03; rebound, Esr1 vs lacZ, or vs uninfected p<0.04; for other paired comparisons, p>0.5). The firing signature of AAV-Esr1-infected cells with successful deletion of ERα was comparable to cells from KERKO mice (Chi-square, p>0.9 for both DIB and rebound bursts). Cells that lost detectable ERα after AVPV-AAV-Esr1 infection also produced fewer action potentials with current injection than cells infected with AAV-lacZ (Figure 4d left and center, two-way repeated-measures ANOVA/Holm-Sidak, Esr1 vs lacZ, 20 pA, p=0.08; 30 to 50 pA p≤0.02). This difference is not attributable to passive properties (Figure 1—figure supplement 1a,b). The relationship between current injection and number of action potentials fired (input-output curve) in cells from KERKO and in AVPV-AAV-Esr1 knockdown mice was only different at the highest level of current injected, with AVPV-AAV-Esr1-infected cells being less excitable (Figure 4d, right, two-way repeated-measures ANOVA/Holm-Sidak, 50 pA, p=0.01), despite no change in input resistance (Figure 1—figure supplement 1a,b). Action potential properties from AVPV-AAV-Esr1 knockdown cells with AVPV-AAV-lacZ control also differed. Specifically, loss of ERα led to decreased action potential rate of rise, a trend toward prolonged full-width half-maximum (FWHM), and hyperpolarized afterhyperpolarization potential (AHP) (Figure 4–j, two-tailed unpaired Student’s t-test, h, p=0.02, j, p=0.0002; i, Mann-Whitney U-test, p=0.06).
Figure 4. Decreased excitability of AVPV kisspeptin neurons in AVPV-AAV-Esr1 knockdown mice. (a–c) Whole-cell recording and immunofluorescence (IF) post hoc identification of ERα in recorded cells in OVX + E AVPV-AAV-Esr1 infected mice. (a) Visualization during recording; (b) representative depolarizing (+20 pA, magenta) and hyperpolarizing (−20 pA, black) firing signatures; (c) neurobiotin (blue) and ERα (red) staining after photobleaching of GFP and mCherry signals. From top to bottom: cells not infected by AVPV-AAV-Esr1 and immunopositive for ERα; cells infected by AVPV-AAV-Esr1.
but still immunopositive for ERα; cells infected by AAV-Esr1 and not immunopositive for ERα; cells infected by AVPV-AAV-LacZ and immunopositive for ERα. (d) left, input-output curves of infected cells with undetectable ERα in AAV-Esr1 (third row in a-c, black circle), cells infected by AAV-AAV-lacZ (bottom row in a-c, white circle, n = 14), and cells not infected by AAV (top row in a-c, orange circle); middle, input-output curves from a separate set of cells in which Esr1 status was confirmed by single-cell qPCR post hoc (AAV-Esr1 black circle; AAV-lacZ, white circle); right, input-output curve of AAV-AAV-Esr1 knockdown (black circle) vs KERKO (yellow circle) cells. (e,f) percent of cells exhibiting DIB (e) or rebound bursts (f). Cells per group is shown within or on top of the bar. (g), representative action potentials at the rheobase from lacZ vs Esr1 infected cells. (h–j) individual values and mean ± SEM rate of rise (h) full width at half maximum (FWHM) (i) and afterhyperpolarization potential amplitude (AHP) (j). *p<0.05 vs all other groups; # p<0.05 vs uninfected.

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The following figure supplement is available for figure 4:

Figure supplement 1. Single-cell qPCR for mRNA from AVPV kisspeptin neurons in mice with AAV vector delivered to AVPV region.

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In parallel, we performed whole-cell patch-clamp recording with single-cell PCR post hoc identification of Esr1 mRNA on a separate set of cells (AVPV-AAV-Esr1, 10 cells from four mice; AVPV-AAV-lacZ, 9 cells from three mice; primers are in Table 4). A similar decrease in burst firing and action potential input-output curve was observed in Esr1 mRNA negative cells as was observed in cells verifying to have undetectable ERα protein by immunofluorescence (Figure 4e,f, Chi-square, DIB, p=0.04, rebound p=0.03; Fisher’s exact post hoc test, DIB, Esr1 vs lacZ p=0.03. Esr1 vs uninfected, p=0.07; rebound, Esr1 vs lacZ p=0.02; for other paired comparisons, p>0.2). Absence of Esr1 mRNA expression was again associated with decreased number of action potentials in response to current injection (Figure 4d middle, Esr1 vs lacZ, p=0.002 for 20 to 50 pA steps). Absence of Esr1 mRNA, similar to loss of ERα protein, led to decreased action potential rate of rise, prolonged FWHM, and AHP (Figure 4g–j, two-tailed unpaired Student’s t-test, h, p=0.02; i, p=0.006; j, p=0.02). Single-cell PCR analysis also indicates that a lower percent of AVPV-AAV-Esr1 knockdown cells express Kiss1 and a trend to increase in Esr2 mRNA (AVPV-AAV-Esr1, 23 cells from four mice; AVPV-AAV-lacZ, 16 cells from three mice; Figure 4—figure supplement 1). Interestingly, expression of the mRNA for progesterone receptor (Pgr) did not differ between groups (Figure 4—figure supplement 1), suggesting the estradiol-dependence of this gene may be paracrine regulated in the brain as in other tissues (Hilton et al., 2015). We also examined gene expression for several ion channels, but none showed any changes or patterns of expression among groups (Figure 4—figure supplement 1).

Knockdown of ERα in arcuate kisspeptin neurons in adulthood disrupts estrous cycles

To examine the role of estradiol feedback on arcuate kisspeptin neurons, we delivered the AAV-sgRNAs bilaterally to the arcuate region to knockdown ERα in these cells (Figure 5—figure supplement 1); these groups are referred to as Arc-AAV-Esr1 or Arc-AAV-lacZ. The infection rate for Arc-AAV-Esr1 was 92 ± 3% (Figure 5—figure supplement 1, n = 3 Esr1-guide1 96 ± 2%; n = 3 Esr1-guide2 86 ± 2%) and only 34 ± 3% of KNDy neurons expressed ERα post infection (Figure 5a n = 3 Esr1-g1, 38 ± 0.3%; n = 3 Esr1-g2, 30 ± 5%). In mice that received Arc-AAV-lacZ, the infection rate was comparable (Figure 5a n = 3, 94 ± 3%), and 92 ± 1% of KNDy neurons expressed ERα, similar to control mice (Kumar et al., 2015). Reproductive cycles were monitored for 12 days before and for up to eight weeks following surgery. In contrast to mice with Arc-AAV-Esr1 targeted to the AVPV region, mice with the same virus targeted to the arcuate began exhibiting disrupted cyclicity three to four weeks post surgery (Figure 5b). These mice entered proestrus less frequently after surgery than before (two weeks pre-surgery plus the first two weeks post-surgery, Figure 5d, two-way repeated-measures ANOVA/Holm-Sidak, g1, p=0.002, g2, p=0.03). There was no difference in LH pulse frequency measured on the day of estrus or mean levels between Arc-AAV-Esr1 vs Arc-AAV-lacZ injected mice on estrus (Figure 5c,e,f). Notably, LH response to kisspeptin and to GnRH was reduced in Arc-AAV-Esr1 mice (Figure 5g, two-way repeated measures ANOVA/Holm-Sidak, lacZ, control vs kisspeptin or GnRH, p<0.001, Esr1 vs lacZ for kisspeptin and GnRH both, p<0.002).
Figure 5. Deletion of ER in arcuate kisspeptin neurons. (a) Arc-AAV-lacZ and Arc-AAV-Esr1 (g1 or g2) were bilaterally delivered to arcuate region (see Figure 5—figure supplement 1). Brain sections were processed to detect GFP (green), mCherry (red) and ERα (black). Arc-AAV-Esr1 infected arcuate kisspeptin neurons exhibit decreased ERα expression compared to Arc-AAV-lacZ infected cells (bottom panel of each pair, white arrows indicate ERα-negative, magenta arrows indicate ERα-positive infected cells). (b) representative reproductive cycles of mice that received Arc-AAV-lacZ, -Esr1 g1 or -Esr1 g2.
Knockdown of ERα in arcuate kisspeptin neurons in adulthood increase ionotropic glutamatergic transmission to these cells but does not alter their short-term spontaneous firing rate

Arcuate kisspeptin neurons are postulated to form an interconnected network that is steroid sensitive and utilizes glutamatergic transmission at least in part for intranetwork communication (Qiu et al., 2016). We thus hypothesized that loss of ERs specifically from arcuate kisspeptin neurons would increase their spontaneous firing rate and increase glutamatergic transmission to these cells, similar to what is observed in these cells in KERKO mice (Wang et al., 2018). As Arc-AAV-Esr1 knockout mice spend the most time in estrus, similar to KERKO mice, we used estrus as the reproductive stage to examine the short-term (~10 min) firing frequency of these neurons and AMPA-mediated excitatory glutamatergic postsynaptic currents (EPSCs). The firing frequency of Arc-AAV-Esr1 infected cells was not different from Arc-AAV-lacZ infected cells (Figure 6a,b, Mann-Whitney U-test, p=0.14) even though there tends to be more cells firing at >1 Hz in the Arc-AAV-Esr1 group compared to the Arc-AAV-lacZ group (Figure 6c, Fisher’s exact test, Esr1 vs lacZ, p=0.07). In contrast, the frequency and amplitude of glutamatergic EPSCs in arcuate kisspeptin cells in Arc-AAV-Esr1 infected mice was greater than in the Arc-AAV-lacZ group (Figure 6d,e,f, two-tailed unpaired Student’s t-test, frequency p=0.0007, amplitude p=0.014).
This study examined the roles of two hypothalamic kisspeptin neuronal populations in mediating estradiol feedback from cellular, molecular and whole-body physiology perspectives. We utilized both conventional kisspeptin-specific ER\textsubscript{a} knockout mice (KERKO) and CRISPR-Cas9-based viral vector-mediated knockdown of \textit{Esr1}. The latter approach allows both temporal control and nucleus-specificity of the \textit{Esr1} sgRNAs and off-target predictions by Feng Zhang’s guide design tool software (https://crispr.mit.edu); Benchling analysis (https://benchling.com/academic) produced a subset of these results.

| sgRNA | Specificity score | \& mismatches (MMs) between sgRNA and gene locus | Gene | \# Off-target score | Locus |
|-------|-------------------|-----------------------------------------------|------|-------------------|-------|
| \textit{Esr1-g1} | 90 | 4MMs [2:9:11:12] | NM_013870 | 0.2 | chr11:+3417882 |
|       |       | 4MMs [5:10:13:19] | NM_009728 | 0.2 | chr7:--66040030 |
|       |       | 4MMs [4:9:15:20] | NM_023805 | 0.1 | chr9:+107561207 |
|       |       | 4MMs [7:8:15:19] | NM_001037764 | 0.1 | chr11:+60003531 |
|       |       | 4MMs [3:10:13:14] | NM_053193 | 0.1 | chr15:--76426196 |
| \textit{Esr1-g2} | 73 | 4MMs [4:8:11:12] | NM_001024560 | 0.4 | chr19:+5495979 |
|       |       | 4MMs [2:4:5:16] | NM_001194923 | 0.3 | chr9:+99617489 |

\*Values range from 1 to 100 index to assess the specificity of a guide, with 100 being the most specific guide.

\&4MMs [2:9:11:12] indicates nucleotides 2, 9, 11, 12 of the sgRNA do not match the 'off target' gene locus.

\#Off-target score values range from 0 to 100, with 100 being the value for the target \textit{Esr1} gene.

Discussion
This study examined the roles of two hypothalamic kisspeptin neuronal populations in mediating estradiol feedback from cellular, molecular and whole-body physiology perspectives. We utilized both conventional kisspeptin-specific ER\textsubscript{a} knockout mice (KERKO) and CRISPR-Cas9-based viral vector-mediated knockdown of \textit{Esr1}. The latter approach allows both temporal control and nucleus-specificity of the \textit{Esr1} sgRNAs and off-target predictions by Feng Zhang’s guide design tool software (https://crispr.mit.edu); Benchling analysis (https://benchling.com/academic) produced a subset of these results.

Table 4. Primer probes used for single-cell qPCR.

| IDT prime time | Transcript | Forward 5'–3' | Reverse 5'–3' | Probe 5'–3' | Amplicon | Accession | Location |
|----------------|------------|---------------|---------------|-------------|-----------|-----------|----------|
| Mm.PT.58.42702897 | Cacna1g | CTCACAAGTGTA TCACCATGCTTA | AAGACTGCCG TGAAGATGT | CGCCCCAAAA TTGACCCCCAC | 101 | NM_009783 | 4446–5465 |
| Mm.PT.58.15908160 | Cacna1h | GACACTGTGG TTAAGCTGCTT | TTATCCTCGC TGCATTCTAGC | ACCAGGCTCAT CCCTAGGACAGC | 122 | NM_021415 | 5565–6586 |
| Mm.PT.58.9567566 | Cacna1i | CATCACCTTC ATCATCTGCTT | CCTCCAGCA CAAAGACAGT | ACCAGGCTCAT CCCTAGGACAGC | 125 | NM_001044308 | 4914–5038 |
| Mm.PT.58.41764708 | Esr1 | GTCCTCCTCTC ATTTTCCCCCA | TCCAGGAGC AGTGCTAGAG | CATGCGCCCC TTACTCATGTGCG | 108 | NM_007956 | 1768–1865 |
| Mm.PT.58.16981577 | Esr2 | CCTCTCGTGG TTTTTCCTAT | TGCAAGCTG GTGTGAGCATTC | TCCATGAAATAG AGCCATCTGACG | 133 | NM_0010408 | 1913–2027 |
| Mm.PT.58.30501833 | Hcn3 | GCATTATGAC AATCCTCCATT | TCAAGGACAG TCGCTCGGACA | CTCCGAAGTAAG TTGACCTGGAG | 115 | NM_008226 | 935–1032 |
| Mm.PT.58.7963736 | Hcn2 | CTTCACCAAG ATCTCTCTCTG | GGTGCTAGG TCACTGAGAAA | TGGCGCTATCA CGGCCTTATCC | 98 | NM_008224 | 935–1032 |
| Mm.PT.58.7999585 | Hcn3 | GCCTCCTCATG TGCTGCTTCTC | TCAAGGACAG TCGCTCGGACA | CTCCGAAGTAAG TTGACCTGGAG | 115 | NM_008226 | 935–1032 |
| Mm.PT.58.43863085 | Hcn4 | GCTGTAGGCC TCTCATTGGG | TCAAGGACAG TCGCTCGGACA | AGATTTGAGC CCTCTACCGTCA | 120 | NM_001081192 | 2614–2729 |
| Mm.PT.45.16269514 | Kiss1 | CCTTGTCCCT CTGTGCTG | TCCCTGAGA CAATACAGTGG | CGGAAGTGCTC GCTGCTGAGA | 105 | NM_172860 | 66–170 |
| Mm.PT.47.10254276 | Pgr | CGCCATAATT ACATGCACTG | CCATAGTGAG CAGCCAGAGCT | AGCCTAGCGAAGC CAGCCAGAGCG | 124 | NM_008829 | 2230–2353 |
| Mm.PT.51.17048009. g | Syn1 | TTGGATACGGT GATGAGTTGG | TCAAGGACAG TCGCTCGGACA | AGATTTGAGC CCTCTACCGTCA | 131 | NM_0013680 | 1159–1289 |
| Mm.PT.58.33106186 | Th | CTTTACCAAGA TCAAACCTTAC | GTTGCTAGG TGTTGCGCAGTG | AGATTTGAGC CCTCTACCGTCA | 96 | NM_009377 | 1298–1393 |
specific manipulations to distinguish the role of ERα within each population in negative and positive feedback regulation of LH release and neurobiological properties (Figure 7).

AVPV kisspeptin neurons are postulated to convey estradiol positive feedback signals to generate the GnRH surge. Consistent with this postulate, these neurons are more excitable during positive feedback and also receive increased glutamatergic transmission (Piet et al., 2013; Zhang et al., 2013; Wang et al., 2016; Wang et al., 2018). AVPV kisspeptin cells in both KERKO and AVPV-AAV-Esr1 models are less excitable compared to controls, firing fewer bursts and single action potentials in response to the same current injection. Results from the AVPV-AAV-Esr1 model support and extend data from KERKO mice and provide evidence towards accepting the hypothesis that the role of ERα in shifting excitability is activational, independent of its role in the development of these cells (Mayer et al., 2010).

Kisspeptin expression in AVPV cells is estradiol activated and fewer cells expressing Kiss1 mRNA are detected in this region in KERKO mice (Greenwald-Yarnell et al., 2016). In AVPV-AAV-Esr1 mice with adult knockdown, we also observed fewer cells express Kiss1 mRNA compared to AVPV-AAV-lacZ mice, further supporting an activational role for estradiol in the adult physiology of these cells. The inability to sense estradiol through ERα in AVPV kisspeptin neurons may reduce production and release of kisspeptin and ultimately impair the downstream GnRH/LH surge. This could explain the blunted LH surges in AVPV-AAV-Esr1 injected mice. Esr1 knockdown in the AVPV, however, did not alter reproductive cyclicity monitored by changes in vaginal cytology. Vaginal cytology

**Figure 7.** Schematic diagram of estradiol feedback regulation on ERα in AVPV and arcuate kisspeptin neurons in adulthood. Knockdown of ERα in AVPV kisspeptin neurons blunted LH surge but did not alter reproductive cyclicity whereas knockdown of ERα in arcuate kisspeptin neurons disrupted the cyclicity.

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reflects circulating steroids, in particular estradiol. Of note, only some of these mice had evidence of typical ovulation monitored by the number of corpora lutea. It is possible that sufficient estradiol is produced during these cycles to induce vaginal cytology, but not to trigger an LH surge. It is important to point out, however, that estradiol-induced LH surges, in which an established dose of estradiol was provided to the mouse, were also blunted in AVPV-AAV-Esrl mice. This latter observation suggests that inappropriate response of the neuroendocrine system to estradiol is, at least in part, responsible for the blunting of the LH surge. With regard to the continuation of estrous cycles in the AVPV-AAV-Esrl mice, typical function of the remaining ERα-positive AVPV kisspeptin neurons may be sufficient to drive maintain cyclicity. Alternatively, cyclicity and the associated changes in sex steroids may be controlled by other cells that express ERα. Of interest, stress or neuronal androgen receptor KO can similarly disrupt the LH surge without a change in estrous cyclicity (Wagenmaker and Moenter, 2017; Walters et al., 2018).

In support of a non-AVPV kisspeptin neuronal population being a primary driver of estrous cyclicity, several reproductive phenotypes of KERKO and AVPV-targeted ERα knockdown mice are different. KERKO mice tend to exhibit prolonged vaginal cornification and enlarged uteri, neither of which were observed in mice in which AAV-Esrl infection was targeted to the AVPV (Figure 1-figure supplement 1c). In contrast, prolonged estrus and enlarged uteri were observed in mice in which Arc-AAV-Esrl infection was targeted to arcuate kisspeptin neurons. These latter neurons have been postulated to play a role in generating episodic GnRH output. Changes in episodic GnRH frequency drive gonadotropins and thus follicle development and steroidogenesis, including the estradiol rise, which triggers positive feedback and changes in vaginal cytology. Long-term firing output of arcuate kisspeptin neurons in brain slices is episodic and steroid modulated (Vanacker et al., 2017), and activation of these cells in vivo generates a pulse of LH release (Clarkson et al., 2017). Further evidence comes from Tac2-specific ERα KO mice, in which ERα is primarily deleted from the arcuate, not the AVPV, kisspeptin population. These mice also exhibit prolonged vaginal cornification (Greenwald-Yarnell et al., 2016). We thus hypothesize that ERα in arcuate kisspeptin neurons contributes to maintaining pulsatile LH release and mediates central estradiol negative feedback.

Consistent with this postulate, partial (~65%) adult knockdown of ERα in these cells altered the reproductive cycle. As KERKO mice exhibit increased LH-pulse frequency, we were initially surprised we did not observe differences in pulse frequency or mean LH levels in mice receiving Arc-AAV-Esrl. This may be attributable to single housing conditions in the present experiment, which may make mice prone to stress despite more than four weeks of handling before sampling. It is also possible that the pulse frequency during diestrus differs between Arc-AAV-Esrl and Arc-AAV-lacZ mice. Despite this lack of statistical difference in LH-pulse frequency, ERα knockdown mice had a markedly reduced response to IP injection of both kisspeptin and GnRH, similar to KERKO mice (Wang et al., 2018). This suggests loss of ERα function in arcuate kisspeptin neurons may disrupt GnRH neuronal response to kisspeptin and/or the pituitary response to GnRH. This could arise from a disruption of negative feedback leading to overstimulation and thus desensitization of the hypothalamo-pituitary-gonadal axis or blunting of the response to administered neuropeptides.

Dissection of the electrophysiological properties of arcuate kisspeptin neurons revealed that glutamatergic transmission to these neurons was elevated when ERα is knocked down. This indicates the connectivity of these cells remains plastic even after puberty. The observation that targeted reduction of ERα in arcuate kisspeptin neurons increases glutamatergic transmission further suggests interconnections among these cells provide many of their glutamatergic inputs. Given this, it is intriguing that the short-term firing rate of these cells was not increased, although there was a strong trend toward a greater percent of higher frequency cells. The lack of change in mean firing rate may reflect the partial deletion of ERα in this population, with lower firing rate being preserved in cells with ERα, and elevated EPSC frequency arising at least in part from the high firing cells. It is also possible that long-term firing patterns of these Arc-AAV-Esrl infected arcuate kisspeptin neurons, which may be associated with episodic neuroendocrine activity, are disrupted. These data support the idea that glutamatergic inputs to arcuate kisspeptin neurons play an important role on maintaining normal reproductive function.

Although the CRISPR-Cas9-based knockdown approach allows spatial and temporal control, it too has caveats. For example, sgRNAs may have off-target actions on other regions of the genome beyond the sites predicted by the design software (Anderson et al., 2018). To address this, we independently tested two sgRNAs that target Esr1 to address the possible off-target effects among
groups. We did not observe any differences between Esr1 guide1 and guide2 groups. This suggests the phenotypes observed are primarily attributable to the deletion of ERα. Because of the nature of the nonhomologous end joining repair machinery activated after CRISPR-Cas9-initiated cuts, Esr1 gene editing in each cell varies. It is difficult to assess each individual neuron to test if mutations at other genes are potentially involved in changes of biophysical properties. Despite these variables, in the present study the systemic and cellular phenotypes in Esr1 guide1 vs guide2 infected mice were quite consistent.

In conclusion, utilizing CRISPR-Cas9 AAV, we were able to successfully knockdown ERα in specific populations of kisspeptin neurons in adult female mice. Knockdown in each population recapitulated part of the KERKO model and furthers our understanding the role ERα in that population in regulating estradiol feedback.

### Materials and methods

#### Key resources table

| Reagent type (species) or resource | Designation | Source or reference | Identifiers | Additional information |
|-----------------------------------|-------------|---------------------|-------------|------------------------|
| Mus musculus, C57BL/6J            | Kiss1-ires-Cre | PMID 26862996       |             | Dr. Martin Myers, University of Michigan |
| Mus musculus, C57BL/6J            | Esr1 loxp  | PMID 17785410       |             | Dr. Martin Myers, University of Michigan |
| Mus musculus, C57BL/6J            | Kiss1-cre  | Dr. Carol Elias/Jackson Labs | JAX 023426 | |
| Mus musculus, C57BL/6J            | Cas9-stop loxp | Jackson Labs | Jax 024858; RRID:IMSR_JAX:024858 | |
| Mus musculus, C57BL/6J            | Rosa26-EYFP | Jackson Labs | Jax 006148; RRID:IMSR_JAX:006148 | |
| Mus musculus myoblast, C3H        | C2C12 myoblast | ATTC Cat # CRL 1772 |             | Dr. Daniel Michele, University of Michigan |
| Antibody                          | rabbit anti-ERα | Millipore #06-935 |             | dil. 1:10000            |
| Antibody                          | rat anti-mCherry | Invitrogen M11217 |             | dil. 1:5000             |
| Antibody                          | chicken anti-GFP | Abcam ab13970 |             | dil. 1:2000             |
| Recombinant DNA reagent           | AAV8-hsyn-dio-sg RNA_lacZ-mCherry | this paper | Custom Order | UNC-viral core |
| Recombinant DNA reagent           | AAV8-hsyn-dio-sg RNAEsr1_g1-mCherry | this paper | Custom Order | UNC-viral core |
| Recombinant DNA reagent           | AAV8-hsyn-dio-sg RNAEsr1_g2-mCherry | this paper | Custom Order | UNC-viral core |
| Recombinant DNA reagent           | plasmid Lentiv2-sgRNA-Esr1_g1 | this paper | built on lentiCRISPRv2; Addgene Cat #52961 | |
| Recombinant DNA reagent           | plasmid Lentiv2-sgRNA-Esr1_g2 | this paper | built on lentiCRISPRv2; Addgene Cat #52961 | |
| Recombinant DNA reagent           | plasmid Lentiv2-sgRNA-lacZ | this paper | built on lentiCRISPRv2; Addgene Cat #52961 | |
| Commercial assay or kit           | ABC amplification | Vector Laboratories | Cat # PK-6100 | |
| Chemical compound, drug           | CNQX        | Sigma-Aldrich       | Cat # 1045  | |
| Chemical compound, drug           | APV         | Tocris              | Cat # 0106  | |
| Chemical compound, drug           | picrotoxin  | Sigma-Aldrich       | Cat # P1675 | |
| Chemical compound, drug           | TTX         | Tocris              | Cat # 1069  | |

Continued on next page
Animals

The University of Michigan Institutional Animal Care and Use Committee approved all procedures. Adult female mice (60–150 days) were used. Mice were provided with water and Harlan 2916 chow (VetOne) ad libitum and were held on a 14L:10D light cycle (lights on 0400 Eastern Standard Time).

To delete ERα specifically from all kisspeptin cells (Wang et al., 2018), mice with the Cre recombinase gene knocked-in after the Kiss1 promoter (Kiss1-ires-Cre mice, Cravo et al., 2011) were crossed with mice with a floxed Esr1 gene, which encodes ERα (Esr1 floxed mice) (Greenwald-Yarnell et al., 2016). The expression of Cre recombinase mediates deletion of ERα in kisspeptin cells (KERKO mice). To visualize kisspeptin neurons for recording, mice heterozygous for both Kiss-Cre and floxed ERα were crossed with Cre-inducible YFP mice. Crossing mice heterozygous for all three alleles yielded litters that contained some mice that were homozygous for floxed ERα and at least heterozygous for both Kiss-Cre and floxed ERα were crossed with Cre-inducible YFP mice. Crossing mice heterozygous for all three alleles yielded litters that contained some mice that were homozygous for floxed ERα and at least heterozygous for both Kiss-Cre and YFP; these were used as KERKO mice. Littermates of KERKO mice with wild-type Esr1, Kiss1-Cre YFP (heterozygous or homozygous for either Cre or YFP) were used as controls; no differences were observed among these controls and they were combined.

To generate kisspeptin-specific S. pyogenes Cas9 (Cas9)-expressing mice, mice with the Cre recombinase gene knocked-in after the Kiss1 promoter (Kiss1-Cre mice) were crossed with mice that have Cre recombinase-dependent expression of CRISPR-associated protein 9 (Cas9) endonuclease, a 3X-FLAG epitope tag and eGFP directed by a CAG promoter. KERKO mice have disrupted estrous cycles with persistently cornified vaginal cytology typical of estrus; we thus used females in estrus as controls. Estrous cycle stage was determined by vaginal lavage. To examine the role of circulating estradiol, mice were ovariectomized (OVX) under isoflurane anesthesia (Abbott) and were either simultaneously implanted with a Silastic (Dow-Corning) capsule containing 0.625 mg of estradiol suspended in sesame oil (OVX +E) or not treated further (OVX) (Christian et al., 2005). Bupivacaine (0.25%, APP Pharmaceuticals) was provided local to incisions as an analgesic. These mice were studied 2-3 days after surgery. Mice for electrophysiology were sacrificed at the time of estradiol positive feedback in the late afternoon (Christian et al., 2005). For free-floating immunochemistry staining, mice were perfused at 1700 EST 2-3d post OVX +E surgery at the expected peak of the estradiol-induced LH surge.

sgRNA design

For Cas9 target selection and generating single guide RNAs (sgRNA), 20-nt target sequences were selected to precede a 5'NGG protospacer-adjacent motif (PAM) sequence. To minimize off-targeting effects and maximize sgRNA activity, two CRISPR design tools were used to evaluate sgRNAs (Ran et al., 2013; Doench et al., 2014) targeting the first coding exon of mouse Esr1. The two best candidates were selected based on lowest predicted off-target effects and highest activity. The target sequence for guide 1 is 5’-CACTGTGTTCAACTACCCCG-3’ (referred to as g1) and the target sequence for guide 2 is 3’-CTCGGGGTAGTTGAACACAG-5’ (referred to as g2). Because g1 and g2
were similarly effective in Esr1 knockdown and effects on cycles, mice were combined for physiology studies. Control sgRNA sequence was designed to target lacZ gene from Escherichia coli (target sequence: 5’-TGCGCAGCCTGAATGGCGAA-3’).

**In vitro validation of sgRNAs**

Mycoplasma-free C2C12 mouse myoblast cells (generous gift of Dr. Daniel Michele, University of Michigan) were grown in DMEM containing 1% FBS (Thermo Fisher) at 37°C in 5% CO2. Each individual sgRNA was introduced to BsmBI site of the lentiCRISPRv2 construct. Cells were co-transfected with one of the lentiCRISPRv2 plasmids containing sgRNAs and a standard GFP plasmid construct (Ramakrishnan et al., 2016) using Lipofectamine 3000 (Invitrogen) according to the manufacturer’s instructions. Cells were selected for ~4 weeks with medium containing 1 μg/mL puromycin. Selected cells were harvested, DNA isolated using the Qiagen DNA Extraction Kit, and sequenced with primers for Esr1.

**AAV vector production**

To construct the AAV plasmid, a mCherry-U6 promoter-sgRNA scaffold segment was synthesized by Integrated DNA Technologies (IDT). After PCR amplification, the ligation product containing mCherry-U6 promoter-sgRNA scaffold was cloned in reverse orientation into a hSyn (human Synapsin 1) promoter driven Cre-inducible AAV vector backbone (Flak et al., 2017). The individual sgRNAs (with an extra G added to the 5’-end of each sgRNA to increase guide efficiency [Doench et al., 2014]) were then inserted into a designed SapI site between U6 promoter and sgRNA scaffold component. All three AAV viral vectors were prepared in AAV8 serotype at University of North Carolina Vector Core.

**Stereotaxic injections**

Kiss1Cre/Cas9-GFP female animals (>2 mo) were checked for estrous cycles for >10 days before surgery; only mice with regular 4–5 day cycles were used. Mice were anesthetized with 1.5–2% isoflurane. AVPV injections were targeted to 0.55 mm posterior to Bregma, ±0.2 mm lateral to midline, and 4.7 and 4.8 mm ventral to dura. Arcuate injections were targeted to 1.5–1.7 mm posterior to Bregma, ±0.2 mm lateral to midline, and 5.9 mm ventral to dura. 100 nl virus injected bilaterally at the target coordinates at ~5 nl/min. The pipette was left in place for 5 min after injection to allow viral diffusion into the brain. Carprofen (Zoetis, Inc., 5 mg/kg, sc) was given before and 24 hr after surgery to alleviate postsurgical pain. Estrous cycle monitoring continued after surgery for up to 8 weeks. Stereotaxic hits were defined as >70% infection rate in both hemispheres; only bilateral hits were included for in vivo evaluation of reproductive parameters.

**Perfusion and free-floating immunohistochemistry**

Mice were anesthetized with isoflurane and then transcardially perfused with PBS (15–20 mL) then 10% neutral-buffered formalin for 10 min (~50 mL). Brains were placed into the same fixative overnight, followed by 30% sucrose for ≥24 hr for cryoprotection. Sections (30 μm, four series) were cut on a cryostat (Leica CM3050S) and stored at −20°C in antifreeze solution (25% ethylene glycol, 25% glycerol in PBS). Sections were washed with PBS, treated with 0.1% hydrogen peroxide, and then placed in blocking solution (PBS containing 0.1% TritonX-100, 4% normal goat serum, Jackson Immunoresearch) for 1 hr at room temperature, then incubated with rabbit anti-ERα (#60–935, Millipore, 1:10,000; this antibody recognizes the C-terminus of ERα) in blocking solution 48 hr at 4°C. Sections were then incubated with biotinylated anti-rabbit antibody (Jackson Immunoresearch, 1:500) followed by ABC amplification (Vector Laboratories, 1:500) and nickel-enhanced dianaminobenzidine (Thermo Scientific) reaction (4.5 min). Sections were washed with PBS and incubated overnight with chicken anti-GFP (ab13970, Abcam, 1:2000) and rat anti-mCherry (M11217, Invitrogen, 1:5000) in blocking solution. The next day, sections were washed and incubated with Alexa 594-conjugated anti-rat and Alexa 488-conjugated anti-chicken antibodies for 1 hr at room temperature (Molecular Probes, 1:500). Sections were mounted and coverslipped (VWR International 48393 251). Images were collected on a Zeiss AXIO Imager M2 microscope, and the number of immunoreactive GFP only, GFP/mCherry, and GFP/mCherry/ERα cells were counted in
the injected region. The other kisspeptin region in the hypothalamus was examined and no infection of kisspeptin cell bodies was observed.

Brain slice preparation
All solutions were bubbled with 95% O₂ and 5% CO₂ for ≥15 min before exposure to tissue and throughout experiments. Brains were rapidly removed 1.5–2 hr before lights off and placed in ice-cold sucrose saline solution containing (in mM): 250 sucrose, 3.5 KCl, 25 NaHCO₃, 10 D-glucose, 1.25 Na₂HPO₄, 1.2 MgSO₄, and 3.8 MgCl₂. Coronal slides (300 μm) were made with a Leica VT1200S. Slices were incubated in a 1:1 mixture of sucrose-saline and artificial cerebrospinal fluid (ACSF) containing (in mM): 135 NaCl, 3.5 KCl, 26 NaHCO₃, 10 D-glucose, 1.25 Na₂HPO₄, 1.2 MgSO₄, 2.5 CaCl₂ for 30 min at room temperature. Slices were then transferred to 100% ACSF at room temperature for ≥30 min before recording. Slices were then used within 6 hr of preparation.

Electrophysiology recordings
Slices were transferred to a recording chamber and perfused with oxygenated ACSF (3 mL/min) and heated by an in-line heater (Warner Instruments) to 30 ± 1°C. GnRH-GFP neurons were identified by brief illumination at 470 nm using an upright fluorescence microscope Olympus BX51W1. Recording pipettes were pulled from borosilicate glass (type 7052, 1.65 mm outer diameter and 1.12 mm inner diameter; World Precision Instruments, Inc) using a P-97 puller (Sutter Instruments) to obtain pipettes with a resistance of 2–3.5 MΩ. Recordings were performed with an EPC-10 dual-patch clamp amplifier and Patchmaster acquisition software (HEKA Elektronik). Recorded cells were mapped to a brain atlas (Paxinos and Franklin, 2001) to determine if cell location was related to response to treatment. No such correlation was observed in this study.

Extracellular recordings
Extracellular recordings were used to characterize firing rate as they maintain internal milieu and have minimal impact neuronal firing rate (Nunemaker et al., 2003; Alcami et al., 2012). Recordings were made with receptors for ionotropic GABA, and glutamate synaptic transmission antagonized (100 μM picrotoxin, 20 μM D-APV [D-(-)2-amino-5-phosphonopentenoic acid], 10 μM CNQX [6-cyano-7-nitroquinoxaline]). Pipettes were filled with HEPES-buffered solution containing (in mM): 150 NaCl, 10 HEPES, 10 D-glucose, 2.5 CaCl₂, 1.3 MgCl₂, and 3.5 KCl (pH = 7.4, 310 mOsm), and low-resistance (22 ± 3 MΩ) seals formed between the pipette and neuron after first exposing the pipette to the slice tissue in the absence of positive pressure. Recordings were made in voltage-clamp mode (0 mV pipette holding potential) and signals acquired at 20 kHz and filtered at 10 kHz. Resistance of the loose seal was checked frequently during the first 3 min of recordings to ensure a stable baseline, and also before and after a subsequent 10 min recording period; data were not used if seal resistance changed >30% or was >25 MΩ. The first 5 min of this 10-min recording were consistently stable among cells and were thus used for analysis.

Whole-cell recordings
For whole-cell patch-clamp recordings, three different pipette solutions were used depending on the goal. Most recordings were done with a physiologic pipette solution containing (in mM): 135 K gluconate, 10 KCl, 10 HEPES, 5 EGTA, 0.1 CaCl₂, 4 MgATP and 0.4 NaGTP, pH 7.2 with NaOH, 302 ± 3 mOsm. A similar solution containing 10 mM neurobiotin was adjusted to similar osmolarity. A solution in which cesium gluconate replaced potassium gluconate was used to reduce potassium currents and allow better isolation of calcium currents. Membrane potentials reported were corrected online for liquid junction potential of −15.7 mV, same among all solutions (Barry, 1994).

After achieving a minimum 1.6 GΩ seal and the whole-cell configuration, membrane potential was held at −70 mV between protocols during voltage-clamp recordings. Series resistance (Rₛ), input resistance (Rᵢ), holding current (Iᵢhold), and membrane capacitance (Cᵢm) were frequently measured using a 5 mV hyperpolarizing step from −70 mV (mean of 16 repeats). Only recordings with Rₛ >500 MΩ, Iᵢhold <40 to 10 pA and Rᵢ <20 Ω, and stable Cᵢm were accepted. Rₛ was further evaluated for stability and any voltage-clamp recordings with ΔRₛ >15% were excluded; current-clamp recordings with ΔRᵢ >20% were excluded. There was no difference in Iᵢhold, Cᵢm, or Rᵢ among any comparisons.

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For current-clamp recordings, depolarizing and hyperpolarizing current injections (−50 to +50 pA, 500 ms, 10 pA increments) were applied from an initial membrane potential of −71 ± 2 mV, near the resting membrane potential of these cells (DeFazio et al., 2014). For voltage-clamp recordings of excitatory postsynaptic currents (EPSCs), membrane potential was held at −68 mV, the reversal potential for GABA_A-receptor mediated currents, and ACSF contained picrotoxin (100 μM), and D-APV (20 μM).

For voltage-clamp recordings of I_T, ACSF containing antagonists of ionotropic GABA_A and glutamate receptors was supplemented with TTX (2 μM) and the Cs-based pipette solution was used. Two voltage protocols were used to isolate I_T as reported (Wang et al., 2016). First, total calcium current activation was examined. Inactivation was removed by hyperpolarizing the membrane potential to −110 mV for 350 ms (not shown in figures). Next, a 250 ms prepulse of −110 mV was given. Then membrane potential was varied in 10 mV increments for 250 ms from −110 to −30 mV. Finally, test pulse of −40 mV for 250 ms was given. From examination of the current during the test pulse, it was evident that no sustained (high-voltage activated, HVA) calcium current was activated at potentials more hyperpolarized than −40 mV. To remove HVA contamination from the step to −30 mV, a second protocol was used in which removal of inactivation (−110 mV, 350 ms) was followed by a 250 ms prepulse at −40 mV, then a step for 250 ms at −30 mV and finally a test pulse of −40 mV for 250 ms. I_T was isolated by subtracting the trace following the −40 mV prepulse from those obtained after the −110 mV prepulse for the depolarized variable step to −30 mV; raw traces from the initial voltage protocol were used without subtraction for variable steps from −110 mV to −40 mV because of the lack of observed activation of HVA at these potentials. Activation of I_T was assessed from the resulting family of traces by peak current during the variable step phase. Inactivation of I_T was assessed from the peak current during the final −40 mV test pulse.

**Post hoc identification of ERα**

The pipette solution containing neurobiotin was used for recordings from AAV-injected mice. An outside-out patch was formed after recording to reseal the membrane and the location of cells was marked on a brain atlas (Paxinos and Franklin, 2001). The brain slices were fixed overnight in 10% formalin at 4°C and changed to PBS. Slices were photo-bleached with a UV illuminator for ~72 hr and checked to ensure no visible fluorescent signal was observed. Slices were then placed in blocking solution for 1 hr, then incubated with rabbit anti-ERα for 48 hr at 4°C. Slices were washed and then incubated with Alexa 594-conjugated anti-rabbit and Alexa 350-conjugated neutravidin for 2 hr at room temperature (Molecular Probes, 1:500). Slices were mounted, coverslipped and imaged as above. Cells with neurobiotin-labeling were examined for ERα-immunoreactivity.

**Single-cell PCR**

Cells for single cell PCR were collected as previously described (Ruka et al., 2013). Patch pipettes (2–3 MΩ) were filled with 5–8 μL of an RNase free solution containing (in mM): 135 K-glucanate, 10 KCl, 10 HEPES, 5 EGTA, 4.0 Mg-ATP, 0.4 Na-GTP, and 1.0 CaCl_2 (pH 7.3, 305 mOsm). Additionally, just before use 1 U/μL Protector RNase Inhibitor (Roche, Indianapolis, IN) was added to the pipette solution. Single-cell RNA was harvested from the target cells in whole-cell configuration after recording membrane response in current-clamp; cytoplasm was aspirated into the pipette and expelled into a 0.2 mL tube containing reverse transcriptase buffer (Superscript Vilo cDNA Synthesis Kit, Invitrogen/ThermoFisher), volume was adjusted to 20 μL with molecular grade water. Cell contents were reverse transcribed following manufacturer’s instructions. False harvests, in which the pipette was lowered into the slice preparation but no aspiration of cell contents occurred, were used to estimate background contamination. These were performed on each recording day. Additionally, a standard curve of mouse hypothalamic RNA (1, 0.1, 0.01, 0.001 ng/μL final concentration) and a water blank (negative control) were reverse transcribed. An equivalent volume of water or patch solution was reverse transcribed as a negative control. Single-cell cDNA, controls, and the standard curve were preamplified for 15 cycles using TaqMan PreAmp Master Mix (Invitrogen/ThermoFisher) as previously described (Glanowska et al., 2014). Quantitative PCR was performed using 5 μL of diluted preamplified DNA (1:10) per reaction, in duplicate, for 50 cycles (TaqMan Gene Expression Master Mix; Invitrogen). Single-cell cDNA was assayed for: Kiss1, TH, Esr1, Esr2, Pgr, Cacna1g, Cacna1h, Cacna1i, Hcn1 Hcn2 Hcn3 Hcn4; Syn1 was used as housekeeping gene; only Syn1-positive cells were analyzed. Single cells were considered positive for a transcript if their threshold was a minimum of three cycles earlier (eight fold greater) than the false harvests and
the reverse transcribed and preamplified water blank sample. TaqMan PrimeTime qPCR assays for mRNAs (Table 4) were purchased from IDT.

Tail-tip blood collection for LH pulses
Ovary-intact Kiss1Cre-Cas9 adult female mice with AAV-lacZ and AAV-Esr1 targeted to the arcuate nucleus were singly-housed were handled daily ≥4 wks before sampling. Vaginal cytology was determined for ≥10 days before sampling. As the majority of AAV-Esr1 arcuate targeted mice (6 of 9) exhibit prolonged cornification typical of estrus, all mice (Esr1 and lacZ) were sampled during estrus. Repetitive tail-tip blood collecting was performed as described (Steyn et al., 2013). After the excision of the very tip of the tail, blood (6 μL) was collected every 6 min for 2 hr from 1pm to 3pm. At the end of this frequent sampling period, mice received a single intraperitoneal injection of kisspeptin (65 μg/kg) (Hanchate et al., 2012). Blood was collected just before and 15 min after kisspeptin injection. GnRH (150 μg/kg) (Glanowska et al., 2014) was injected 40–45 min after kisspeptin, with blood collected immediately before and 15 min after GnRH injection.

Tail-tip blood collection for LH surge
Ovary-intact Kiss1Cre-Cas9 adult female mice with AAV-lacZ and AAV-Esr1 targeted to the AVPV were singly-housed. Tail blood was collected as above on proestrus at 3, 4 and 5pm EST (lights are off at 5pm EST in the mouse room). One to two weeks later, these same mice were then subjected to OVX + E surgery and tail blood (6 μL) was collected 2–3 days post-surgery at 9am and 5pm EST.

LH assay
Whole blood was immediately diluted in 54 μL of 0.1M PBS with 0.05% Tween 20% and 0.2% BSA, mixed and kept on ice. Samples were stored at −20°C for a subsequent ultrasensitive LH assay (Steyn et al., 2013). Intraassay CV was 2.2%; interassay CVs were 7.3% (low QC, 0.13 ng/mL), 5.0% (medium QC, 0.8 ng/mL) and 6.5% (high QC, 2.3 ng/mL). Functional sensitivity was 0.016 ng/mL.

Ovarian histology
Ovaries were fixed for 24 hr in 10% neutral-buffered formalin, then stored in 70% ethanol until paraffin embedding, sectioning (5 μm) and H and E staining. Every fifth section was examined and corpora lutea counted.

Data analysis and statistics
Data were analyzed offline using custom software written in IgorPro 6.31 (Wavemetrics). For targeted extracellular recordings, mean firing rate in Hz was determined over 5 min of stable recording. In experiments examining I_{I_T}, the peak current amplitude at each step potential (V) was first converted to conductance using the calculated reversal potential of Ca^{2+} (E_{Ca}) and G = I/(E_{Ca} - V), because driving force was linear over the range of voltages examined. The voltage dependencies of activation and steady-state inactivation were described with a single Boltzmann distribution: G(V) = G_{max}/[1 - exp [(V_{1/2} - V)/k)], where G_{max} is the maximal conductance, V_{1/2} is the half-maximal voltage, and k is the slope. Current density of I_{I_T} at each tested membrane potential was determined by dividing peak current by membrane capacitance. LH pulses were detected by a version of Cluster (Veldhuis and Johnson, 1986) transferred to IgorPro using cluster sizes of two points for both peak and nadir and t-scores of two for detection of increases and decreases. Data were analyzed using Prism 7 (GraphPad Software) and reported as mean ± SEM. The number of cells per group is indicated by n and the number of mice by N in Table 5. For two-by-two designs, data were normally distributed and analyzed by two-way ANOVA or two-way repeated-measures (RM) with Holm-Sidak post hoc. For two group comparisons, normally-distributed data were analyzed by two-tailed unpaired Student’s t-test; non-normal data were analyzed by Mann-Whitney U test. For categorical data, for more than three categories, Chi-square test of independence was used with Fisher’s exact test as post hoc analysis. For two categories, Fisher’s exact test was used. For each electrophysiological parameter comparison, no more than three cells per mouse was used in control and KERKO mice; no more than four cells per mouse was used for AAV-infected mice. No less than five mice were tested per parameter. The variance of the data was no smaller within an animal than among
Table 5. Number of cells (n) and number of mice (N) in each experiment. For AAV-injected mice, only animals with bilateral hits are included.

| Figure 1a, b                                                                 | Control | KERKO |
|------------------------------------------------------------------------------|---------|-------|
| Intact n = 12, N = 7                                                         | Intact n = 11, N = 6 |
| OVX n = 10, N = 5                                                            | OVX n = 11, N = 4 |
| OVX + E n = 10, N = 6                                                        | OVX + E n = 9, N = 5 |

| Figure 1c–f, Figure 1—figure supplement 1a left, 1b left                      | Control | KERKO |
|------------------------------------------------------------------------------|---------|-------|
| Intact n = 11, N = 4                                                         | Intact n = 11, N = 5 |
| OVX n = 11, N = 5                                                            | OVX n = 9, N = 4 |
| OVX + E n = 11, N = 7                                                        | OVX + E n = 12, N = 5 |

| Figure 2                                                                     | Control | KERKO |
|------------------------------------------------------------------------------|---------|-------|
| n = 8, N = 4                                                                 | n = 7, N = 4 |

| Figure 3d,e                                                                  | AVPV-AAV-lacZ | AVPV-AAV-Esr1g1 | AVPV-AAV-Esr1g2 |
|------------------------------------------------------------------------------|---------------|-----------------|-----------------|
| N = 3                                                                        | N = 3         | N = 4           |

| Figure 3f                                                                     | AVPV-AAV-lacZ | AVPV-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| N = 6                                                                        | N = 8 (g1 N = 4, g2 N = 4) |

| Figure 3g                                                                     | AVPV-AAV-lacZ | AVPV-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| N = 6                                                                        | N = 9 (g1 N = 5, g2 N = 4) |

| Figure 4d–j and Figure 1—figure supplement 1a middle, 1b middle              | IF post hoc   | PCR post hoc   |
|------------------------------------------------------------------------------|---------------|---------------|
| Esr1 n = 15, N = 5                                                           | Esr1 n = 10, N = 4 |
| lacZ n = 14, N = 4                                                            | lacZ n = 9, N = 3 |
| uninfected n = 8, N = 4                                                       | uninfected n = 4, N = 2 |

| Figure 5a–d                                                                  | Arc-AAV-lacZ  | Arc-AAV-Esr1g1 | Arc-AAV-Esr1g2 |
|------------------------------------------------------------------------------|---------------|----------------|----------------|
| N = 6                                                                        | N = 4         | N = 4          |

| Figure 5e–g                                                                  | Arc-AAV-lacZ  | Arc-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| N = 6                                                                        | N = 8 (g1 N = 4, g2 N = 4) |

| Figure 6a–c                                                                  | Arc-AAV-lacZ  | Arc-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| n = 11, N = 5                                                                | n = 13, N = 5 |

| Figure 6d–f                                                                  | Arc-AAV-lacZ  | Arc-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| n = 10, N = 5                                                                | n = 12, N = 5 |

| Figure 1—figure supplement 1a left, 1b right                                  | KERKO         | AVPV-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| n = 12, N = 5                                                                | n = 25, N = 9 |

| Figure 1—figure supplement 1c left                                           | Control       | KERKO         |
|------------------------------------------------------------------------------|---------------|---------------|
| Intact N = 6                                                                 | Intact n = 11, N = 7 |
| OVX N = 6                                                                    | OVX n = 11, N = 6 |
| OVX + E N = 5                                                                | OVX + E n = 9, N = 7 |

| Figure 1—figure supplement 1c middle                                          | AVPV-AAV-lacZ | AVPV-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| N = 7                                                                        | N = 9         |

| Figure 1—figure supplement 1c middle                                          | Arc-AAV-lacZ  | Arc-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| N = 5                                                                        | N = 5         |

| Figure 4—figure supplement 1                                                  | AVPV-AAV-lacZ | AVPV-AAV-Esr1 |
|------------------------------------------------------------------------------|---------------|---------------|
| n = 16, N = 5                                                                | n = 23, N = 5 (g1 N = 3, g2 N = 2) |

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animals. For IF staining, LH surge and LH pulse measurements, and reproductive cyclicity, at least three mice were tested per AAV vector.

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Ethics
Animal experimentation: This study was performed in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. All of the animals were handled according to approved institutional animal care and use committee (IACUC) protocols (Pro 00006816 and Pro000008797) of the University of Michigan. The protocol was approved by the University of Michigan Institutional Animal Care and Use Committee. Every effort was made to minimize suffering.
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Additional files

Supplementary files

- Transparent reporting form
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Data availability

No new dataset is generated or used in the current study.

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