Comparison of prosthetic models produced by traditional and additive manufacturing methods

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PURPOSE. The purpose of this study was to verify the clinical-feasibility of additive manufacturing by comparing the accuracy of four different manufacturing methods for metal coping: the conventional lost wax technique (CLWT); subtractive methods with wax blank milling (WBM); and two additive methods, multi jet modeling (MJM), and micro-stereolithography (Micro-SLA).

MATERIALS AND METHODS. Thirty study models were created using an acrylic model with the maxillary upper right canine, first premolar, and first molar teeth. Based on the scan files from a non-contact blue light scanner (Identica; Medit Co. Ltd., Seoul, Korea), thirty cores were produced using the WBM, MJM, and Micro-SLA methods, respectively, and another thirty frameworks were produced using the CLWT method. To measure the marginal and internal gap, the silicone replica method was adopted, and the silicone images obtained were evaluated using a digital microscope (KH-7700; Hirox, Tokyo, Japan) at 140X magnification. Analyses were performed using two-way analysis of variance (ANOVA) and Tukey post hoc test (α=.05).

RESULTS. The mean marginal gaps and internal gaps showed significant differences according to tooth type (P<.001 and P<.001, respectively) and manufacturing method (P<.037 and P<.001, respectively). Micro-SLA did not show any significant difference from CLWT regarding mean marginal gap compared to the WBM and MJM methods.

CONCLUSION. The mean values of gaps resulting from the four different manufacturing methods were within a clinically allowable range, and, thus, the clinical use of additive manufacturing methods is acceptable as an alternative to the traditional lost wax-technique and subtractive manufacturing. [J Adv Prosthodont 2015;7:294-302]

KEY WORDS: Additive manufacturing; Subtractive manufacturing; Multi Jet Modeling; Micro-SLA; Marginal gap; Internal gap

INTRODUCTION

The dental industry has a long history in the development of dental prostheses to recover a patient's tooth function.¹ As a substitute for teeth, a dental prosthesis must show stable durability, aesthetic value, precise function, and convenient use, as well as biocompatibility in order to perform the desired function properly. In addition, these factors must be applied to a wide range of manufacturing methods used in the construction of dental prostheses.²

Metal ceramic is a very common material used worldwide, and it has been successfully used as the gold standard for long-term clinical use; it provides excellent results in stability, aesthetic value, and marginal adaptation.³⁻⁵

In recovery using a dental prosthesis, marginal adaptation is an important factor.¹ An inappropriate margin could cause a minute gap between the abutment tooth and prosthesis, which may lead to a periodontal lesion, plaque accumulation, secondary caries, microleakage, inflammation after endodontic treatment, or periodontal disease.⁶⁻⁸ In addition, according to previous research, a defective margin...
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MATERIALS AND METHODS

An acrylic model (standard working model AG-3 ZPVK 13, 14, 16, Frasaco GmbH, Tettang, Germany) with abutment teeth was used. Therefore, the maxillary right canine, first pre-molar, first molar were provided with a 360º 1.0 mm chamfer preparation. The incisal and occlusal reductions were 1.5-2.0 mm.

The maxillary right canine, first pre-molar, first molar were reproduced using duplication silicone (Deguform®, DeguDent GmbH, Hanau, Germany). In the reproduced area, the epoxy model (Master model) was reproduced by pouring the epoxy (Modralit® 3K, Dreve Dentamid GmbH, Unna, Germany). For the reproduced epoxy model, 10 plaster molds for each tooth were produced using duplication silicone, and, as a result, a total of 30 molds were produced. After filling the plaster molds with type IV stone (Dentona esthetic-base gold; Dentona AG, Dortmund, Germany), a total of 30 study models were produced.

The study models were scanned by a non-contact blue light scanner (Identica; Medit Co., Ltd., Seoul, Korea). Based on the scanned files, a metal framework was designed by Delcam Power SHAPE Pro® (Delcam Plc, Birmingham, UK) according to the manufacturer’s instruction, with the following parameters (thickness): 30 µm for the cement film, 0.3 mm for the maxillary right canine, and 0.5 mm for the maxillary right first pre-molar and first molar. From this design, a standard template library (STL) file was created.

For the CIWT method, the lost wax technique was applied. After applying separating medium onto the study models and passing through the wax dipping process, each of the 10 abutment teeth, 30 in total, were produced with an even thickness of wax. For the WBM method, the 30 wax patterns were produced, based on the STL files, using the CAD/CAM system (DWX-50, Roland DG Corporation, Shizuoka, Japan) and milling the wax blank (DMAX Co., Ltd., Seoul, Korea). For the MJM method, the 30 resin patterns were produced using the MJM Printer (Project-DP3000, 3D system, Rock Hill, SC, USA) and the STL files by jetting the light curing resin (Build Material VisiJet DP200, VisiJet, 3D system, Rock Hill, SC, USA) and wax (Support Material VisiJet S100, VisiJet, 3D system, Rock Hill, SC, USA) simultaneously through the inkjet print heads. The resin was hardened by UV light and laminated. Finally, for the Micro-SLA method, the 30 resin patterns were produced using a Micro-SLA printer (Projet®1200, 3D Systems, Rock Hill, SC, USA) and the STL files, by projecting the desired metal framework via the beam projector onto the liquid UV curable plastic (VisiJet® FTX Green material, 3D Systems, Rock Hill, SC, USA). Sequential layers at 30 µm layer thickness were added until the patterns were complete. The test piece was mounted on the UV curing station and photopolymerized for 10 minutes.

A total of 120 patterns were produced. The patterns were placed in the crucible former, covered with the metal ring, and invested in accordance with the proper water/powder ratio through phosphate-bonded investment.
Deguvest-Impact-Degussa-Hüls, Hanau, Germany). After passing through the burnout furnace (Ring furnace, Seki Dental Co., Seoul, Korea), the nickel-chromium (Ni-Cr) alloy (VeraBond® 2V; AalbaDent Inc., Fairfield, CA, USA) was cast in the casting machine (Seki Dental Co., Seoul, Korea), and each test piece was produced (Fig. 1).

To measure the marginal and internal gap of the metal framework, skilled dental technician has used a silicone replica method. After mixing the light-body silicone (Aquasil Ultra XLV Regular Set, Dentsply Caulk, Milford, DE, USA), it was injected between the metal framework and model, and 50 N of finger pressure was applied. After hardening, the metal framework was separated carefully from the model, and heavy-body silicone (Aquasil Ultra Rigid Regular Set, Dentsply Caulk, Milford, DE, USA) was injected into the circular tray so that the light-body and heavy-body silicone could combine through an even pressure, and embed the light-body silicone. In order to cut the equal part, the zig (Modralit® 3K, Dreve Dentamid GmbH, Unna, Germany) was made by duplicating each two epoxy models, cutting one in a bucco-lingual direction, and cutting the other in a mesio-distal direction. The silicone replica reproduced by using this method was cut in a bucco-lingual direction and mesio-distal direction, respectively, using a razor blade (Fig. 2).

The thickness of the light-body silicone replica, which corresponds to the gap between model and the metal framework, was measured using a digital microscope (KH-7700; Hirox, Tokyo, Japan) at 140× magnification. The margin gaps (MGs), which corresponded to the absolute marginal discrepancy and internal gap, rounded chamfer (RC), axial wall (AW), incisal area (IA), and occlusal area (OA) were measured. To confirm an accurate measurement, the measurement points (16 in total) were checked on the zig and those points were measured (Fig. 3).

The total gap and the mean and standard deviation of the 16 points were determined, and this data met the hypothesis of a normal distribution ($P>0.01$). The 16 points were divided into 4 regions as follows: MG, points 1, 8, 9, 16; RC, points 2, 7, 10, 15; AW, points 3, 6, 11, 14; and IA or OA, points 4, 5, 12, 13. After each region’s mean and standard deviation were determined, two-way analysis of variance (ANOVA) was conducted to evaluate the difference in average values according to tooth type and fabrica-
tion method. As the reciprocal action between the tooth variable and fabrication method variable was significant ($P<.05$), this analysis allowed verification of the significance of the difference between groups as a full factorial model. Post-hoc test was performed using Tukey HSD. The level of the type I-error for statistical significance was fixed at 0.05, and the statistical analysis was conducted by using IBM SPSS Statistics 21.0 (IBM Co., Armonk, NY, USA).

RESULTS

Results of the analysis of the marginal and internal gap according to tooth type and fabrication methods are listed as the mean and standard deviation (Table 1). The mean value of MG, RC, AW, IA or OA according to the four fabrication methods and the three tooth types are shown in Figures 4 and 5. As a result of the two-way ANOVA analy-

Table 1. Mean (SD) of 16 points of measure of canine, premolars and molars according to the fabrication methods (unit: μm, number of models: 10 per group)
sis of the means, there was a significant difference in MG according to tooth type \((P<.001)\) and fabrication method \((P<.037)\). In addition, there was a significant interaction \((P<.001)\) between tooth type and fabrication method. Further, there were significant differences in RC, AW, and IA or OA according to tooth type \((P<.001)\) and fabrication method \((P<.001)\), with significant interaction \((P<.001, \text{Table 2})\) between tooth type and fabrication method.

The results of the post-hoc test using the Tukey HSD method (Table 2, Fig. 4, Fig. 5) indicate that MG was the lowest for the molar type fabricated using the CLWT method, and was the highest for the canine type fabricated using the MJM method. In the case of RC, the canine type manufactured using the CLWT method had the lowest value, while the molar type manufactured using the MJM method had the highest value. In AW, the premolar type fabricated using the WBM method showed the lowest value, while the molar type fabricated using the CLWT method had the highest value. Lastly in the case of IA or OA, the canine type fabricated using the CLWT method had the lowest value, while the molar type fabricated using the MJM method had the highest value.

To assess the results measured at individual points (16 points), results were classified into four regions: MG, RC, AW, and IA or OA. In MG, the canine and molar types showed the lowest value when fabricated using the CLWT method, and the premolar type showed the lowest value using the Micro-SLA method. In the case of RC, the canine type showed the lowest value using the CLWT method, while premolar and molar types showed the lowest value using the Micro-SLA method. In case of AW, the lowest value of the canine type was shown using the CLWT method, while the lowest values for the premolar type and molar type were shown using the WBM method and the MJM method, respectively. In the case of IA or OA, the canine type showed the lowest value using the CLWT method, while the premolar and molar type showed the lowest value using the Micro-SLA method (Table 2, Fig. 4, Fig. 5). In addition, a whole AM, MG, IA or OA, and RC showed a lower value (Fig. 4, Fig. 5).

**DISCUSSION**

This study evaluated the marginal and internal gaps according to four fabrication methods, in order to verify the applicability of AM in dentistry. The internal gap showed a significant difference between the four fabrication methods. CLWT and Micro-SLA did not show a significant difference in the marginal gap, but, since these fabrication methods are significantly different from the other two methods, the null hypothesis was rejected.

As shown in Figures 4 and 5, the values increased in the following order: AW, MG, IA or OA, and RC. Because the abutment tooth was parallel to prosthetic appliance, AW showed a low value. However, because the occlusal surface has an irregular curve, IA or OA showed a relatively higher value compared to MG. RC had the highest value because the shape of the margin forms a rounded chamber.

**Table 2.** Mean (SD) of the marginal gap and internal gap for 16 points of measure in canine, premolars and molars compared using two-way ANOVA

|                      | CLWT     | WBM     | MJM     | Micro-SLA |
|----------------------|----------|---------|---------|-----------|
| Marginal gap         |          |         |         |           |
| Canine               | 65.0(17.1) | 84.8(18.8) | 93.6(19.9) | 71.7(17.4) |
| Premolar             | 72.5(14.9) | 85.6(24.3) | 76.1(18.5) | 62.9(15.9) |
| Molar                | 60.8(10.8) | 85.7(17.7) | 83.2(14.8) | 69.3(13.6) |
| P-value              | \(P(\text{Method})<.001, P(\text{Tooth})<.037, P(\text{Method*Tooth})<.001\) |         |         |           |
| Rounded chamfer      |          |         |         |           |
| Canine               | 106.1(24.3) | 130.6(29.7) | 153.6(33.2) | 110.2(18.3) |
| Premolar             | 134.2(27.5) | 127.3(40.0) | 127.7(30.0) | 107.1(22.4) |
| Molar                | 149.6(27.5) | 147.1(32.2) | 154.8(43.6) | 115.4(20.0) |
| P-value              | \(P(\text{Method})<.001, P(\text{Tooth})<.001, P(\text{Method*Tooth})<.001\) |         |         |           |
| Axial wall           |          |         |         |           |
| Canine               | 65.9(18.6) | 53.7(16.7) | 64.1(25.6) | 86.1(17.1) |
| Premolar             | 71.5(14.6) | 44.4(11.2) | 39.4(11.8) | 61.4(20.2) |
| Molar                | 87.0(12.5) | 68.6(13.9) | 57.6(14.1) | 67.0(14.4) |
| P-value              | \(P(\text{Method})<.001, P(\text{Tooth})<.001, P(\text{Method*Tooth})<.001\) |         |         |           |
| Incisal or occlusal area |        |         |         |           |
| Canine               | 89.2(20.1) | 130.0(32.4) | 145.9(43.2) | 138.8(33.9) |
| Premolar             | 102.5(17.2) | 96.4(26.8) | 100.2(15.9) | 96.9(12.4) |
| Molar                | 111.8(14.2) | 128.5(30.4) | 147.7(29.8) | 135.0(25.9) |
| P-value              | \(P(\text{Method})<.001, P(\text{Tooth})<.001, P(\text{Method*Tooth})<.001\) |         |         |           |

* different letters indicate significant difference \((P<.05)\) according to post-hoc comparison.
According to the Table 2, the marginal gap using either CLWT or Micro-SLA was better than that using the other two methods. In other studies, CLWT has been shown to achieve the most suitable marginal-adaptation value, and, therefore, CLWT has been designated as the gold standard. However, considering that the Micro-SLA method shows no significant difference from the CLWT method in the marginal gap, we infer that the Micro-SLA method has a better fitness value than the WBM and MJM methods. In the WBM method, it is difficult to reproduce the projection part, undercut part, and sharp edge accurately due to the positive error, as well as negative error resulting from the limits of the currently available bur diameters. In spite of the advantages of the MJM method in delicacy and precision, it combines wax and thermoset material in the fabrication process. Thus, the MJM method has several drawbacks such as weak solidity among the 3D Printers and its deformation at high temperatures.

As a modified method of digital light processing, the newly released Micro-SLA method projects a shaped light beam on the liquid photopolymer resin, hardens the resin as projected, builds the model layer by layer, and then, hardens the built shape by exposure to light again in the built-in UV curing station. The advantage of this method is that the manufacturing speed is even as the model forms and is comparatively fast. The Micro-SLA method shows high precision and surface roughness since the layers are applied at a thickness of 30 μm.

Fig. 4. Mean of MG, RC, AW, IA or OA according to the fabrication methods based on the tooth types. (A) mean values of marginal gap, (B) mean values of rounded chamfer, (C) mean values of axial wall, and (D) mean values of incisal or occlusal area.
The SLS method and SLA method are currently the most widely used AM method.\textsuperscript{17} According to the research relating to the stereolithography (SLA) method, the mean (SD) of Margin, Axial wall, Occlusal are 96.9 μm (17.6 μm), 84.7 μm (16.8 μm), 114.2 μm (16.7 μm) respectively.\textsuperscript{17} And as a result of the research, MJM method and Micro-SLA method showed better fitness value, except the Occlusal part in the current study.

According to the report of Örtorp et al.,\textsuperscript{16} the mean (SD) value of the SLS showed the best fitness value, with the measured value 133 μm (89 μm), 117 μm (89 μm), 166 μm (135 μm), and 84 μm (60 μm), at all measurement points in the conventional lost wax method, milled wax method, milled Co-Cr, and SLS method. However, according to the earlier research, the mean (SD) value of the MG (absolute marginal discrepancy) part of premolar and molar made in the SLS method showed 132.1 μm (60.5 μm) and 128.0 μm (68.8 μm) each. And it was found that the SLS method has worse fitness than the MJM method and Micro-SLA method, showing the higher values than those of both methods used in the current study.\textsuperscript{15} Also, Kim et al.\textsuperscript{15} reported that the efforts to improve the SLS method will be required since the current SLS method is highly inferior to the conventional lost wax technique method and even has the gaps beyond the clinically allowable range.

According to previous studies, no difference is observed in the marginal and internal gap between anterior, premolar, and molar teeth.\textsuperscript{18,19} However, Nakamura et al.\textsuperscript{20} showed that

**Fig. 5.** Mean of MG, RC, AW, IA or OA according to the tooth types based on the fabrication methods. (A) Mean values of marginal gap, (B) Mean values of rounded chamfer, (C) Mean values of axial wall, and (D) Mean values of incisal or occlusal area.
there are differences according to the tooth type. Our results on the canine, premolar, and molar teeth (Table 2, Fig. 4) indicate a difference in the marginal and internal gap according to tooth type. This is significant because each tooth type has a different molar surface condition and appearance, although there is the uniformity in the tamper degree and chamfer margin. There are several ways to measure the fitness of a restoration, including a direct measurement after the cementation process of the restoration on the tooth model or observing the inside of the prosthesis using X-ray micro-computed tomography (micro CT).

In the present study, we used the cross-sectioning replica technique with silicone, which is considered the most suitable method to measure prosthesis prior to cementation.

According to previous studies, there is much controversy as to the clinical validity of the size of the margin adaptation. For example, Fransson et al. reported that the clinically allowable range is 100 μm, and the value suggested by McLean and von Fraunhofer was 120 μm. Beuer et al. stated that the size of the marginal adaptation ranges from 100 to 150 μm and Boening et al. suggested the range is from 100 to 200 μm based on the long-term preserved prostheses.

In this study, all of the MG results showed values within the clinically allowable range suggested by the preceding studies (Table 2). In addition, the values for RC, AW, IA or OA were also within the clinically allowable range (Table 1 and Table 2). Therefore, all the four methods can be used clinically.

A limitation to this study is that there could be an error in the resin pattern and wax pattern due to the characteristic contraction of the material itself. Thus, the development of suitable materials should be included in future studies, and, especially in the case of the AM methods, further clinical studies should be conducted.

CONCLUSION

All of the four fabrication methods have sufficient marginal adaptation, since the marginal and internal gaps were within the allowable clinical range. The results of the Micro-SLA method showed a statistically significant difference in outcome compared to the WBM and MJM methods and a significant difference from the gold standard CLWT method in the internal gap, but no statistically significant difference in the marginal gap from the CLWT method. Together, our results demonstrate that additive manufacturing can be used clinically as an alternative to the conventional lost wax-technique or subtractive manufacturing in the creation of dental prostheses.

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