Extremely low-coverage whole genome sequencing in South Asians captures population genomics information

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Abstract

Background: The cost of Whole Genome Sequencing (WGS) has decreased tremendously in recent years due to advances in next-generation sequencing technologies. Nevertheless, the cost of carrying out large-scale cohort studies using WGS is still daunting. Past simulation studies with coverage at ~2x have shown promise for using low coverage WGS in studies focused on variant discovery, association study replications, and population genomics characterization. However, the performance of low coverage WGS in populations with a complex history and no reference panel remains to be determined.

Results: South Indian populations are known to have a complex population structure and are an example of a major population group that lacks adequate reference panels. To test the performance of extremely low-coverage WGS (EXL-WGS) in populations with a complex history and to provide a reference resource for South Indian populations, we performed EXL-WGS on 185 South Indian individuals from eight populations to ~1.6x coverage. Using two variant discovery pipelines, SNPTools and GATK, we generated a consensus call set that has ~90% sensitivity for identifying common variants (minor allele frequency ≥ 10%). Imputation further improves the sensitivity of our call set. In addition, we obtained high-coverage for the whole mitochondrial genome to infer the maternal lineage evolutionary history of the Indian samples.

Conclusions: Overall, we demonstrate that EXL-WGS with imputation can be a valuable study design for variant discovery with a dramatically lower cost than standard WGS, even in populations with a complex history and without available reference data. In addition, the South Indian EXL-WGS data generated in this study will provide a valuable resource for future Indian genomic studies.

Keywords: Single nucleotide variant, Whole genome sequencing, South Asian, Extremely low coverage, Population structure, Imputation

Background

The rapid development of next-generation sequencing technologies has resulted in a fruitful decade of genomic discoveries, many of which are becoming integrated into translational settings and promise to dramatically improve clinical outcomes [1]. Despite the tremendous reduction in sequencing costs and increase in data generation throughput, projects that require interrogating more than a few hundred human genomes can still be costly. Efforts that explored a “low coverage” sequencing strategy, such as the 1000 Genomes Project [2] and the CHARGE Project [3], sequenced thousands of human subjects at 4–10x read depth of coverage each. These projects have been very successful by leveraging informatics algorithms and imputation methods to achieve variant discoveries with exceedingly high quality and sensitivity [4]. In addition, several studies have demonstrated that genotype likelihood
and read information from low-coverage sequencing can be directly used for population genetics analyses, without genotype calling [5–7].

We aim to continue these developments and hypothesize that a study design of sequencing at population scale (e.g., more than a few hundred subjects) with each subject at 1–2x coverage (i.e., extremely low coverage) would capture sufficient information to understand population genomic attributes such as diversity, population substructure, and admixture. Such a study design would decrease the cost for a population genomics study to tens of thousands of dollars. This design has broad utility for both population genomics studies in various model species [8] and disease genetics studies [9, 10]. For example, while projects such as the 1000 Genomes Project and the HapMap Project [11, 12] surveyed a number of populations to generate a large resource of reference panels, populations or ethnicities that have large genetic distances from these sample panels have poor imputation power using these standard reference panels [13]. An extremely low coverage, population-level WGS surveys would provide additional information for these populations.

South Asian populations are an example of major populations that lack adequate reference panels. South Asian populations on the Indian subcontinent are known to have a complex demographic history with multiple socio-linguistic groups [14, 15]. There is also evidence of founder effect [16] and a long history of endogamy along caste and tribal lines [16, 17], making South Asian populations among the most diverse populations with unique disease profiles [18, 19]. Association studies among South Asians, using generic genotyping arrays and reference panels for interrogation and imputation, could fail to identify associated loci specific to these populations due to their unique genetic variants and haplotypes. Many South Asian populations sequenced in previous studies [2, 20], including the 1000 Genomes Project, were migrant populations and captured only a limited amount of the genetic variation and haplotype diversity present in the Indian subcontinent. Our proposed strategy holds potential for surveying various South Asian populations to catalogue new genetic variation at an affordable cost.

As a proof-of-principle, we present the results from extremely low coverage whole genome sequencing (EXL-WGS) of eight South Asian populations from a wide spectrum of social and cultural strata living in the state of Andhra Pradesh. The population samples belong to four broad self-identified classifications: lower caste, middle caste, upper caste and tribe. Using EXL-WGS of 185 samples with coverages between 1x and 2x, we demonstrate that the EXL-WGS study design generates accurate genomic variant information and reliably recapitulates population substructure generated by previous methods. Moreover, sequencing approaches provide an advantage for population studies compared to genotyping array platforms, which are known to have substantial ascertainment bias [21, 22]. Furthermore, we show that the genotypes from EXL-WGS can serve as a customized reference panel, adding more power to association studies than existing genomic data [2].

Results

Samples and sequencing coverage

We sequenced 185 samples from the state of Andhra Pradesh to an average read depth of coverage of 1.6x (ranging from 0.84x to 3.39x) (Additional file 1: Table S1). We refer to our dataset as SAS-AP (South Asian-Andhra Pradesh). The cohort consists of eight populations across four social strata (Table 1). On average, ~65% (standard deviation (stdev) 7%) and ~38% (stdev 9%) of the genome is covered by at least one read or two reads, respectively. At 1.6x coverage, 77 and 47% of the genome is predicted to be covered by at least one read and two reads, respectively, based on the Lande-Waterman statistics [23] (Additional file 2: Figure S1.1). Our result is comparable to the expectation.

| Group | Populations | # of samples | Depth of Coverage | Total SNVs | Avg SNVs | Ti/Tv | Novel 1000G-SAS | Novel dbsNP 141 |
|-------|-------------|--------------|------------------|------------|----------|------|----------------|----------------|
| Upper Brahmins | 16 | 1.81 | 4,443,583 | 2,571,972 | 2.09 | 97,022 | 5632 |
| *Middle Kapu | 37 | 1.57 | 4,457,414 | 2,582,833 | 2.09 | 97,303 | 5701 |
| *Middle Yadava | 32 | 1.65 | 4,457,237 | 2,575,646 | 2.09 | 97,300 | 5699 |
| *Lower Mala | 23 | 1.56 | 4,455,626 | 2,615,726 | 2.09 | 97,261 | 5701 |
| *Lower Madiga | 24 | 1.35 | 4,455,972 | 2,583,914 | 2.09 | 97,271 | 5699 |
| *Lower Reeli | 15 | 1.69 | 4,455,972 | 2,586,868 | 2.09 | 96,908 | 5639 |
| Tribal Irula | 22 | 1.86 | 4,439,932 | 2,570,388 | 2.09 | 97,024 | 5674 |
| Tribal Khonda Dora | 16 | 1.82 | 4,403,761 | 2,574,472 | 2.09 | 96,340 | 5523 |
| Total | 185 | 1.64 | 4,457,475 | 2,583,004 | 2.09 | 97,309 | 5701 |

Only SNVs with minor allele frequency (MAF) ≥10% are included. Total SNVs: the total number of SNVs in a population. Avg SNVs: the average number of SNVs in an individual. Ti/Tv: transition/transversion SNV ratio. Novel 1000G-SAS: the number of SNVs that are not in the 1000G-SAS dataset. Novel dbsNP 141: the number of SNVs that are not in dbSNP 141. *Caste Populations
Variants discovery

To test the feasibility of an EXL-WGS sequencing design for variant identification, we first simulated a cohort of 208 samples from the African populations in the 1000 Genomes Phase 1 data (see Protocol 1 for details (Additional file 2: Section S2)). The coverages in the simulated dataset closely matched that of the SAS-AP dataset (Additional file 2: Section S2). When the variance ratio statistic parameter (s) is set at 2.8, SNPTools [24] recovered all single nucleotide variants (SNVs) with minor allele frequency (MAF) ≥ 10%. The false discovery rate was bounded by 3%, where the majority of false positive sites had a MAF < 10%. The average individual genotype discordance rate for SNVs with MAF ≥ 10% was 6.43% (stdev 4.93%). This result demonstrates that SNPTools has good accuracy in calling SNVs with MAF ≥ 4.93%). This result demonstrates that SNPTools has good accuracy in calling SNVs with MAF ≥ 10% using EXL-WGS data. Therefore, we identified SNVs in the SAS-AP dataset using SNPTools with s = 2.8 as determined in the simulation study (Additional file 2: Section S2).

To further improve the variant calling quality, we used a second variant calling tool, the Genome Analysis Tool Kit (GATK) [25], for variant identification. Using the same simulation strategy, we generated a new set of simulated samples from the same 208 African samples on chromosome 20 and evaluated the performance of SNPTools and GATK, as well as the consensus of the two call sets. For sites with MAF ≥ 10% in the 1000 Genomes dataset, SNPTools call set has a sensitivity of 98.8% and a FDR of 19.6%. GATK called 116,348 variants with MAF ≥ 10%, with a sensitivity of 88.7% and a FDR of 16.5%. The consensus of the two pipelines yielded a recall rate of 88.5%, while reducing the FDR to ~13% (Additional file 2: Figure S2.4). Because the consensus call set improves the FDR with only a small reduction in sensitivity, we called variants in SAS-AP data using the same approach and autosomal biallelic SNVs with MAF ≥ 10% were selected as our final call set and used for all subsequent population genetics analyses.

The final call set included 4,457,475 autosomal biallelic SNVs with a transition/transversion ratio of 2.09. Of these, 97,309 (2.18%) are novel with respect to the South Asian dataset in the 1000 Genomes Project Phase 3 (1000GP3-SAS), and ~5700 SNVs are absent in dbSNP build 141. The vast majority of the SNV sites have an average coverage between 0.5x and 4x, close to our average sequencing depth of 1.6x (Additional file 2: Figure S4.1). The number of SNVs in each sample ranges from 2,485,817 to 2,930,235, with an average of 2,583,005 (stdev 37,370) (Additional file 1: Table S1).

To assess the quality of the EXL-WGS call set, we compared the EXL-WGS calls to single nucleotide polymorphism (SNP) genotyping array genotype calls and Sanger sequencing results from previous studies [18, 26]. For 42 of the samples that were previously genotyped using SNP arrays [26], 93.2% of the SNVs were recovered by EXL-WGS dataset. In another study, 63 samples in this study were sequenced for a 100 Kb ENCODE region on chromosome 12 with Sanger sequencing [18] (referred as ENCODE data set hereafter). Within the 100 Kb region, 75.3% of the SNVs were rediscovered by EXL-WGS dataset (Additional file 2: Section S3). Among the 4301 heterozygous calls in the ENCODE dataset, 4231 (98.4%) were correctly called by SAS-AP dataset (Additional file 2: Section S4.2). In particular, we achieve high genotyping accuracy (97.3%) even for heterozygous sites that have no coverage in an individual.

Population genetic analyses

Next we assessed if the EXL-WGS provides sufficient information for examining population structure in SAS-AP samples. First, simulation experiments were carried out by thinning the reads from the 1000 Genomes dataset to test the feasibility of performing principal component analysis (PCA) on common SNVs in an EXL-WGS cohort (Additional file 2: Section S2.2). PCA was carried out on four simulated datasets with coverages of 0.25x, 0.5x, 0.75x and 1x, respectively (Additional file 2: Figure S2.3). Simulation results suggest that SNVs with MAF > 20% are sufficient to detect population structure by PCA in all four call sets.

Using SAS-AP variant calls with MAF ≥ 10%, we examined the relationship among the populations/groups in our dataset. PCA of SAS-AP samples with the 1000 Genomes Project Phase 3 European (1000GP3-EUR), East Asian (1000GP3-EAS) and South Asian (1000GP3-SAS) samples showed that our samples are most closely related to the 1000GP3-SAS samples, as expected (Fig. 1). The Khonda Dora samples cluster separately from all other south Asian samples on principal component 1 (PC1, variance = 2.9%) and are the closest to 1000GP3-EAS samples among south Asian samples (Fig. 1). When the 1000 Genomes Project Phase 3 African and American samples are included, the SAS-AP samples still clustered with 1000GP3-SAS samples (Additional file 2: Figure S5.1). Consistent with the PCA result, FST statistics place SAS-AP closest to 1000GP3-SAS. Except for Khonda Dora, all other populations are closer to 1000GP3-EUR than 1000GP3-EAS (Additional file 2: Table S5.1). The 1000GP3-AFR populations have the largest distance with all SAS-AP populations, which is consistent with the out-of-Africa expansion model.

To further examine fine-scale population structure within our samples, we performed PCA on SAS-AP samples only (Fig. 2a). The two tribal groups, Irula and Khonda Dora, are clearly separated from the caste groups on PC1 and PC2, respectively. Consistent with this result, Irula has the highest pairwise FST with all other SAS-AP group, followed closely by Khonda Dora,
except for Brahmins, who have a higher $F_{ST}$ with Khonda Dora than Irula (Additional file 2: Table S5.2).

The mean pairwise $F_{ST}$ of populations in SAS-AP is 0.015 (stdev 0.012). This value is higher than those of other populations sampled across the Indian subcontinent (0.0109, [16]). PCA that includes the 1000GP3-SAS samples also shows distinctive clustering of Khonda Dora and Irula tribal samples separated from the caste samples (Fig. 2c). While the non-tribal populations are not as clearly differentiated as the tribal groups, there is evidence of clustering along caste-based lines. When PCA is performed on caste samples only (Fig. 2b, d), lower caste samples cluster separately from 1000GP3-GIH (Gujaratis in Houston), 1000GP3-PJL (Punjabis from Lahore), and Brahmins on PC1. Lower caste samples are also mostly separate from 1000GP3-BEB (Bengalis from Bangladesh), 1000GP3-ITU (Telugu from UK) and 1000GP3-STU (Sri Lankan Tamils from UK) samples (Fig. 2d). Middle caste Yadava and Kapu samples are indistinguishable from the 1000GP3-BEB, ITU and STU samples but can be distinguished based on PC1 values from the lower caste, upper caste, 1000GP3-GIH, and 1000GP3-PJL samples. The upper caste Brahmin samples are differentiated from lower caste and tribal samples in all PCA plots and are the closest to 1000GP3-PJL and 1000GP3-GIH samples. This is consistent with previous research suggesting a larger west Eurasian genetic component in upper castes compared to other castes [16, 27].

Next, we examined the composition of potential ancestral components in SAS-AP and 1000GP3 samples using the ADMixTURTE program [28] (Fig. 3, Additional file 2: Figure S5.2). At $K = 4$, four ancestral components corresponding to Africa, Europe, India, and East Asia were identified (Additional file 2: Figure S5.2). At $K = 5$, the five ancestral components corresponded to the major continental groups: Africa, Europe, India, East Asia, and America (Fig. 3a). At $K = 6$, two groups within India were identified: one is predominantly represented in the 1000GP3 samples, and one in the SAS-AP samples (Fig. 3b). Previously studies have also identified two similar main ancestral groups in India and termed them “Ancestral North Indians” (ANI) and “Ancestral South Indians” (ASI) [16]. Most of our SAS-AP samples contain an admixture of ANI and ASI components, with the majority of the predicted ancestry from ASI. Interestingly, compared to the caste groups, the two tribal groups showed distinct ancestry: Irula samples are dominated by the ASI component while Khonda Dora samples have a distinctively large (>20%) East Asian ancestral component compared to other SAS-AP samples. It is also notable that at $K = 6$, the 1000GP3 Finnish population has more Asian and American-like components than do other Europeans. This might be explained by Finnish origins: many Finns are thought to have ancestry from southeastern Europe and share ancestral components with Asian/American people [29, 30]. At
K = 7, an ancestral group that is dominant in Irula samples is recognized (Additional file 2: Figure S5.2).

Several recent studies have proposed to directly use genotype likelihood (GL) from low-coverage sequencing for population genetics analyses, without genotype calling [5–7]. For sites covered by sequencing reads, using GL before calling genotype should maintain more information for population genetics analysis. We compared the population genetic analysis results for genotype-based analyses with GL-based analyses (Additional file 2: Section S5.2). The PCA, Admixture, and FST results for the two types of analyses showed similar results in general. The GL-based PCA showed a tighter clustering of the samples than the genotype-based PCA but the overall pattern and the amount of variance explained are similar between the two plots (Additional file 2: Figure S5.3). This observation is consistent with the original study where genotype-based PCA using common variants are similar to GL-based PCA [5].

Imputation performance
The EXL-WGS study design can be a highly effective and affordable strategy to generate population-specific imputation reference panels, which can improve imputation accuracy in association studies that use SNP arrays as primary data sources. Using a simulation dataset, we showed EXL-WGS imputation reference panel has a comparable performance to the SNP array reference panel within the same population (Additional file 2: Section S6). However, when the population of interest has a large genetic distance from the available reference panels, EXL-WGS could provide a better imputation panel than a generic reference panel. To test this hypothesis, we examined whether imputation accuracy can be improved by creating a population-specific reference panel using SAS-AP samples than using the 1000 Genomes South Asian reference panel. The weighted FST estimates between populations in SAS-AP and 1000GP3-SAS is maximum for tribal populations at approximately 0.02.

For the imputation experiment, approximately one-third of the samples from each of the main caste and tribal classifications from SAS-AP were chosen as a target set for imputation. The remaining samples from SAS-AP were used as a representative EXL-WGS population-specific reference panel, and 160 randomly selected 1000GP3-SAS samples were used as the generic reference panel.
Approximately 5% of sites were removed from the target set (see Methods) and the performances of the two reference panels are compared. For SNVs removed in the target site, the custom SAS-AP reference panel had a higher dosage correlation coefficient (R²) value than the 1000GP3 panel for all population classifications (Fig. 4). The R² is most pronounced (0.90 vs 0.85) in the tribal population and least apparent for the lower caste (0.902 vs 0.892). All the missing SNVs were recovered using both the reference panels. Given the high genetic diversity in the Indian subcontinent, and the unique ancestry profiles of populations, using a custom reference panel will be

![Admixture analysis of SAS-AP and 1000GP3 samples.](image)

**Fig. 3** Admixture analysis of SAS-AP and 1000GP3 samples. a K = 5; b K = 6. Each vertical bar represents one sample. The vertical bar is composed of colored sections, where each section represents the proportion of a sample’s ancestry derived from one of K ancestral populations

![Imputation dosage correlation coefficient R²](image)

**Fig. 4** Imputation dosage correlation coefficient R² of ~200,000 missing sites from SAS-AP samples. Results from the SAS-AP reference panel and the 1000GP3-SAS reference panel are shown in blue and red bars, respectively. The number of target samples is given in parenthesis.
better than using any of the existing populations, even for
SNVs in the MAF range ≥ 10%.
To determine if the better performance of the SAS-AP
reference panel is due to the batch effect between the
1000 Genomes and the SAS-AP samples, or due to
population composition, we further evaluated the per-
formance of the reference panels for imputing the 1000
Genomes ITU samples as the target (Additional file 2:
Section S7). Imputation results from different 1000
Genomes Indian samples suggest the reference panel
population composition has a considerable effect on the
reference panel performance. For example, the 1000
Genomes reference panel from ITU samples outper-
fomed SAS-AP samples for ITU sample imputation, as
expected (Additional file 2: Figure S7.1). However, SAS-
AP panel performed as well as the reference panel
from the 1000 Genomes GIH, PJL, and BEB samples
(Additional file 2: Figure S7.2). This result highlights the
need of an extensive sampling of Indian populations.

Mitochondrial genome
Because of the high copy number of mitochondrial
DNA, EXL-WGS should yield higher coverage for the
mitochondrial genome than for the single-copy nuclear
genome. To test this hypothesis, we determined the
depth of coverage for the 185 mitochondrial genomes
(Additional file 1: Table S1). All nucleotide bases in all
samples were covered by at least one read, and on aver-
age, 99.94% percent of bases had >10x coverage. Mean
depth of coverage ranged from 57x to 266x, with an
average coverage of 124x for all samples.

Using the EXL-WGS data, we generated a high-quality
mitochondrial genome sequence for each sample. To
further assess the EXL-WGS quality, we generated
mtDNA sequence data for sample I8 and KD7 on an Ion
Torrent PGM and compared the results to the Illumina
EXL-WGS data. For both samples, all base calls between
the PGM and EXL-WGS were in agreement except for
one difference in I8 at position 3107 (N vs. T) and four
single C base addition in KD7. All four additions in KD7
are within homopolymeric C regions. These differences
are likely attributable to the well-known difficulties in
sequencing homopolymeric regions on the Ion Torrent
platform. Additionally, no differences were found between
the EXL-WGS data and lineage-defining SNVs genotyped
previously in a subset of the 185 samples using single-base
extension genotyping [31]. Taken together, these results
demonstrate that EXL-WGS produces high-quality
complete mitochondrial genome sequence data.

Next, we determined the mtDNA haplogroup distribu-
tion among SAS-AP samples using mitochondrial whole-
genome sequences. Samples were grouped into popu-
lations based on their caste or tribe affiliation, and the
proportion of each major mtDNA lineage was
calculated for each population (Fig. 5). Mitochondrial
haplogroup M is the predominant lineage in all popu-
lations. A greater proportion of R, U, and H/HV occur in
caste than in tribal populations. Caste populations, with the
exception of Relli, have at least 30% non-M lineages. In
contrast, non-M lineages were not observed in Irula, an
isolated tribal group from southern Andhra Pradesh. Simi-
larly, only one major non-M lineage (U) was seen in
Khonda Dora, an isolated tribe from northeastern Andhra
Pradesh. The population distributions of the major mtDNA
haplogroups are consistent with higher gene flow and adm-
mixture into caste populations than into tribal groups.
These results are concordant with previous analyses of
these caste and tribal samples using Sanger-sequenced
mtDNA HVS1 and lineage-defining SNVs [27, 31] and
demonstrate the feasibility of generating high-quality mito-
chondrial genomes using EXL-WGS.

Discussion
In the past, SNP genotyping arrays have been used to
survey genomic diversity in previously unexplored popu-
lations [12, 26, 32]. With the ever-decreasing sequencing
cost, EXL-WGS (e.g., ~1x) provides an alternative, and
for some study designs, better approach for studying
population diversity than SNP arrays. The primary bene-
fits of EXL-WGS over SNP arrays include discovering
population-specific variants for analyzing fine-scale
population structure, improving imputation power, and
providing high-quality mitochondrial genomes. In
addition, even at current sequencing costs, the cost of
EXL-WGS is comparable to or even lower than SNP
arrays.

Fine-scale population structure
SNP genotyping arrays are usually designed using exist-
ing genetic information. Therefore, for populations that
have not been studied extensively and do not have a
good reference population, the SNP array is likely to
miss population-specific variants and bias population
structure analysis [21, 22]. An accurate population struc-
ture/ancestry analysis is not only important for popula-
tion genetic and evolutionary genetic studies, it is also
crucial for association studies [33, 34].

Here we demonstrate the benefit of EXL-WGS over
SNP genotyping arrays by studying populations from
South Asia. The Indian subcontinent has witnessed mul-
tiple waves of migration since the first migration of
modern humans out of Africa [35–37], which resulted in
a highly variable genetic diversity among South Asian
populations [18]. We were able to examine the fine-scale
population structure using 4,457,466 SNVs with MAF ≥
10% among SAS-AP samples. There were ~97,000 com-
mon variants that are not present in the 1000GP3-
SAS dataset and ~5700 variants that are absent in the
dbSNP database. Our PCA result suggests that SAS-AP tribal populations are distinct from caste populations (Fig. 2a, c), and the caste samples are roughly clustered along the caste groups but the clusters are less distinguishable than tribal groups (Fig. 2b, d). The ADMIXTURE analysis suggests South Asian samples can be predominantly divided into two clines, one aligned with populations having west Eurasian ancestry and one aligned with populations having East Asian ancestry. In our analysis, all castes are closer to the Eurasians than to the East Asians along these clines. The position of caste populations along the west Eurasian cline is consistent with previous results on higher ANI component in higher ranks [27]. The Khonda Dora population is clearly more aligned with the East Asian cline, supporting a recent report about an East Asian ancestry component in Indian tribal populations [17]. The Irula population has a predominantly ASI profile making them distinct from both the west Eurasian and East Asian clines (Fig. 3). Our results present an unbiased estimate of genetic diversity in South Asian populations and demonstrate the EXL-WGS design can be used to study the population structure.

In addition to the genotype based population genetic analyses, we also tested the methods that are designed for low-coverage WGS and directly use genotype likelihood for analysis. The results of PCA, admixture, and FST analyses are largely congruent between the two sets of analyses (Additional file 2: Section S5.2). Compared with the GL-based methods, calling genotypes with our current pipeline has different advantages and utilities. For example, for multi-individual variant calling, SNPTools can leverage linkage association information and impute genotypes for sites that have no variant reads or sequence coverage. So the number of genotype calls from SNPTools is higher than the number of sites with sequence coverage. In our comparison with the gold standard ENCODE dataset the genotype calls at sites with no sequencing coverage has a high accuracy (>97%) in our dataset (Additional file 2: Figure S4.2). In addition, for studies that need to combine data from different types of technologies, it is more straight-forward to combine genotypes.

Several other programs, such as Beagle [38] and STITCH [39], can also perform imputation on low-coverage samples without a reference panel, similar to SNPTools we used in
this study. However, Beagle is optimized for use in a setting with available reference panels, and we have also demonstrated the efficacy of Beagle in this respect in this study. STITCH is optimized for read-based haplotype construction for imputation and phasing. In comparison, the SNPTools imputation engine is independent of read length and is optimized for genotyping variants. This approach would allow a researcher to maximize the value of EXL-WGS data even with short read lengths.

Enhanced imputation reference panel
Another advantage of EXL-WGS over SNP arrays is the improved power in imputation. Many populations in the Indian subcontinent have been found to have founder events, resulting in a higher burden of recessive diseases [16]. In this situation, imputation strategies using existing reference panels can be ineffective for gene mapping studies involving unique recessive variants [16, 40]. However, with an appropriate reference panel, even coverages as low as 0.01x may be sufficient to achieve more than 90% of the effective population size surveyed by a dense one million site SNP array designed for variants with MAF ≥ 5% [10]. As shown in our result, the EXL-WGS reference panel improves the imputation power over a generic 1000GP3-SAS reference panel, even though the 1000GP3-SAS samples were also from the Indian subcontinent. Moreover, our methodology of producing reference panels, can be used for using off target reads from large existing cohorts of whole exome sequencing datasets, many of which have read lengths less than 100 bp [41, 42].

High quality mitochondrial genome
Lastly, EXL-WGS allows the interrogation of mitochondrial genomes of the sequenced samples. Even with ~1.5x coverage EXL-WGS design we obtained high-confidence mitochondrial genome sequence (average coverage 124x) and generated high-quality mitochondrial haplotypes for every SAS-AP sample. Using the haplotypes we were able to examine the material lineage diversity among the samples. Among tribal samples, all Irula people have the deep-rooted ancestral mitochondrial haplogroup M that is typical of South Asia. Thirteen percent of the Khonda Dora samples have the mitochondrial haplogroup U. Although haplogroup U is shared with western European populations, it has some deep (>35,000 years before present) India-specific branches [43]. The mitochondrial haplogroup K is only observed in the Brahmin populations, and it is estimated that this haplogroup arose in west Eurasia within the last 12,000 years [44]. These results are consistent with previous studies and demonstrate EXL-WGS can be used for high-resolution mitochondrial haplotype studies.

Feasibility and necessity of WGS
In our project the average yield of SNVs per individual is approximately 2.5 million for MAF ≥ 10%, and a SNP genotyping array of comparable yield will cost ~ $170/sample. The cost of sequencing one gigabase has been estimated to be less than $30 on a HiSeq 2500 [45]. Accounting for library preparation costs of about $30 per sample [10], the total cost of sequencing a genome with 1.5x coverage is less than $180. Advances in library preparation methods can lead to further cost reductions of almost half [46].

For coverages less than 2x, there is a valid concern about genotyping accuracy, especially for heterozygotes. In a recent case-control study involving more than 10,000 samples with an average depth of coverage ~1.7 x, mean genotype concordance was better than 98% with respect to deep WGS gold standard datasets and SNP arrays [9]. Even though more than 5000 cases were used by [9] to replicate signals for common variation, coverage as low as 0.1x may be sufficient to infer fine-scaled ancestry information among worldwide continental populations [47]. Indeed, with multiple sample joint-calling and genotyping using SNPTools, followed by SNPTools imputation, we achieved excellent calling accuracy for heterozygous SNVs (Additional file 2: Section S4.2). Even for sites that have no coverage in an individual, we achieved high genotyping accuracy (97.3%) for heterozygous SNVs. Our results are consistent with previous studies and demonstrate the power of EXL-WGS design in leveraging genetic information at the population level.

Conclusions
The advances in sequencing technologies are making EXL-WGS a more cost-effective and advantageous strategy than SNP genotyping arrays for studying new populations. EXL-WGS allows for the discovery of population-specific variants that are not present on a SNP array, provides a population-specific reference panel for imputation, and generate a high-quality mitochondrial genome for each sample.

Methods
Sample collection and sequencing
A total of 235 samples were collected from the state of Andhra Pradesh in India. All samples belong to the Dravidian language family and were collected as unrelated individuals as described previously [48, 49]. All studies of South Indian populations were approved by the Institutional Review Boards of the University of Utah and Andhra University, India.

Whole genome sequencing using DNA samples from the blood was performed at the Human Genome Sequencing Center, Baylor College of Medicine using Illumina HiSeq following a standard protocol [50]. The raw
sequencing data were subject to QC and aligned to the human reference genome (hg19) using BWA [51] through the Mercury Pipeline [52]. The alignment files were then used for variant calling using SNPTools [24] and GATK [25] pipeline.

**Variant calling – SNPTools**

The parameter fitting of the SNPTools pipeline was done on a simulated cohort generated using Protocol 1 from 208 AFR samples from the 1000 Genomes Phase 1 data [53] with coverages corresponding to the real data (See Additional file 2: Section S2.1 for more details). The call set was phased and imputed using SNPTools.

**Variant calling – GATK**

Variant discovery by the Genome Analysis Tool Kit (GATK, v2.4-9) pipeline roughly followed the best practice recommendation for alignment processing and variant calling [54]. Starting from sorted and indexed individual BAM files, a series of GATK alignment-processing procedures were conducted, including indel realignment, PCR duplicate removal, and base quality score recalibration. Then, a joint genotype calling was performed on all individuals with GATK UnifiedGenotyper to generate the raw genotype call in a single variant-calling format (VCF) file. The quality scores were then recalibrated with VariantRecalibrator according to the calling format (VCF) file. The quality scores were then recalibrated with VariantRecalibrator according to the GATK recommended parameters. Detailed commands are listed in Additional file 2: Section S8.

**Variant calling – QC and sample selection**

Among the 235 samples, 50 exhibited a high number of SNVs. The dataset was tested for the confounding variables of sequencing depth and batch effect, and all 50 samples were in the batches sequenced on days 29–31 and days 41–43. These 50 samples were removed from further analysis, and SNVs were recalled using the SNPTools for a new consensus call set. The filtered dataset with 185 samples is presented in Table 1.

**Data merging**

1. SNPTools and GATK call sets: SNVs with MAF <10% were filtered out from both call sets. A consensus site list was generated for sites that are present in both call sets, and the phased SNPTools calls for the consensus sites were used for further analysis and annotation.

2. SAS-AP and the 1000 Genomes call set: For PCA and \( F_{ST} \) analysis, samples from the 1000 Genomes Phase 3 dataset were merged with SAS-AP samples. Twenty samples were randomly chosen from each population from the 1000GP3 dataset except the SAS populations, for a total of 140, 80, 100 and 100 samples in 1000GP3-AFR, 1000GP3-AMR, 1000GP3-EAS and 1000GP3-EUR groups, respectively. All 489 samples in the 1000GP3-SAS dataset were used for the population genetic analyses. CombineVariants in GATK (version 2.4-9, [25]) was used for merging the datasets. Two different merging datasets (SAS-AP + 1000GP3-SAS, and SAS-AP + all 1000GP3 groups) were generated for different analyses.

**Population structure analysis**

The smartpca module of EIGENSTRAT (version 5.0.1) [55] was used for PCA and was executed without outlier filtering. Given the novel population cohort, no linkage disequilibrium-based filtering or preprocessing was carried out. VCFtools (v0.1.12) [56] was used for calculating the mean weighted Weir-Cockerham \( F_{ST} \) between populations.

Genome-wide admixture estimates were obtained using a model-based algorithm implemented in ADMIXTURE (version 1.02) [28]. To eliminate the effects of SNVs that are in linkage disequilibrium, the dataset was first filtered to remove SNVs that have a pairwise \( r^2 > 0.2 \) within 50 SNV windows using PLINK [57] as recommended by the authors of ADMIXTURE. Multiple ADMIXTURE runs were performed to cover the number of ancestral populations (K) values from 4 to 7.

**Imputation experiment**

For this experiment, 6, 23, 20 and 12 samples were randomly chosen from 16 upper caste, 69 middle caste, 62 lower caste, and 38 tribal samples, respectively. This leaves 179, 162, 165 and 173 samples remaining in the SAS-AP dataset as the reference panel for imputation experiment of upper caste, middle caste, lower caste, and tribal populations, respectively. One hundred and sixty 1000GP3-SAS samples were chosen randomly from the 489 1000GP3-SAS samples and SNVs with MAF <10% were filtered out to generate a generic reference panel. The target missing SNVs were selected using a 2-stage process. First a site level intersection of all three datasets used in an imputation experiment (target, population specific and generic) was produced. Every 20\textsuperscript{th} site from this intersection was then removed from the consensus set, thereby deleting approximately 5% of the common sites from the target dataset for imputation. This strategy of removing SNVs ensures a genome-wide assessment of imputation accuracy where there is enough haplotype structure information remaining in the target dataset to effectively impute the missing SNVs. Beagle (ver 3.09) [58] was used to impute missing sites in the target set from the reference panels with default parameters.
Additional files

Additional file 1: Table S1. Sequencing and variant calling statistics for 185 SAS-AP samples. (XLS 50 kb)

Additional file 2: Supplementary Information. (PDF 1370 kb)

Abbreviations

1000GP3: 1000 Genomes Phase 3; 1000GP3-AFR: 1000 Genome Project Phase 3 African; 1000GP3-AMR: 1000 Genome Project Phase 3 American; 1000GP3-BEB: 1000 Genome Project Phase 3 Bengalis from Bangladesh; 1000GP3-EAS: 1000 Genomes Project Phase 3 East Asian; 1000GP3-EUR: 1000 Genomes Project Phase 3 European; 1000GP3-GIH: 1000 Genome Project Phase 3 Gujaratis in Houston; 1000GP3-ITU: 1000 Genome Project Phase 3 Telugu from UK; 1000GP3-JIL: 1000 Genome Project Phase 3 Punjabis from Lahore; 1000GP3-SAS: 1000 Genome Project Phase 3 South Asian; 1000GP3-STU: 1000 Genome Project Phase 3 Sri Lankan Tamils from UK; ANI: Ancestral North Indians; ASI: Ancestral South Indians; EXL-WGS: Extremely low coverage whole genome sequencing; GATK: Genome analysis toolkit; PCA: Principal component analysis; $R^2$: dosage correlation coefficient; SAS-AP: South Asian-Andhra Pradesh; SNV: Single nucleotide variants

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Availability of data and materials

The BAM files containing the sequencing read alignments have been uploaded to the SRA database under http://www.ncbi.nlm.nih.gov/bioproject/PRJNA329321. The final variant call used in the analysis is available from https://sourceforge.net/projects/sas-ap-185-ed-wgs/. The VCF files from the 1000 Genomes consortium used in the study were downloaded from ftp://ftp.1000genomes.ebi.ac.uk/vol1/ftp/release/20130502/.

Authors’ contributions

LBJ, FY, and JX conceived the study; NR, AZ, WSW, EG, SW, NR, and JX performed the analysis, DM and RAG oversaw the sequencing experiment. All authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interest.

Consent for publication

Not applicable.

Ethics approval and consent to participate

All samples were collected as unrelated individuals as described previously [48, 49]. All the individuals in this study gave written consent to participate in the study. All studies were approved by the Institutional Review Board at the University of Utah, USA and the administration of Andhra University, India.

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