Unravelling the Environmental Application of Biochar as Low-Cost Biosorbent: A Review

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Abstract: In this age, a key target for enhancing the competitiveness of the chemical, environmental and biotechnology industries is to manufacture high-value products more efficiently and especially with significantly reduced environmental impact. Under this premise, the conversion of biomass waste to a high-value added product, biochar, is an interesting approach under the circular economy principles. Thus, the improvements in the biochar production and its new and innovative uses are hot points of interest, which are the focus of vast efforts of the scientific community. Biochar has been recognized as a material of great potential, and its use as an adsorbent is becoming a reliable strategy for the removal of pollutants of different streams, according to its high adsorption capacity and potential to eliminate recalcitrant compounds. In this review, a succinct overview of current actions developed to improve the adsorption capability of biochar, mainly of heavy metal and organic pollutants (dyes, pharmaceuticals and personal care products), is summarized and discussed, and the principal adsorption mechanisms are described. The feedstock and the production procedure are revealed as key factors that provide the appropriate physicochemical characteristics for the good performance of biochar as an adsorbent. In addition, the modification of the biochar by the different described approaches proved their feasibility and became a good strategy for the design of selective adsorbents. In the last part of this review, the novel prospects in the regeneration of the biochar are presented in order to achieve a clean technology for alleviating the water pollution challenge.

Keywords: adsorption; biochar; micropollutants; heavy metals; biomass; water pollution

1. Introduction

Nowadays, the environmental crisis and vulnerabilities have attracted the attention of researchers to the hunt for new green and friendly strategies for increasing resources [1]. In addition, the current linear economic system stands out diametrically from the life cycle of nature, in which there is no garbage or landfills are reused for other different stages. In this context, in recent years, the replacement of conventional sources with recoverable wastes has set the pace for the achievement of genuinely revolutionary processes from an environmental perspective [2]. The utilization of these wastes as a raw material has been proposed as one of their principal alternatives, and a brightening industrial future has been recently suggested for them, based on the concept of the circular economy. An example of the circular economy is the transformation of wastes into biochar, which, although initially prepared from non-residual biomass, in recent years have been produced from a wide variety of organic raw materials. Their availability is subject to sustainability requirements, such as not competing with the human food chain or animal and plant nutrition, and coming from a sustainable source for the environment and climate protection [3]. Thus, biochar preparation itself is a process of recycling...
organic waste with multiple benefits: waste treatment, environmental protection, and reduction in the biochar processing cost.

Biochar is a carbon-rich product obtained under reducing thermal conditions by the decomposition of organic matter with a limited supply of oxygen [4]. It is comprised of particles with different sizes and has high porosity with micro-, meso-, and macropores, whose sizes range from <2 nm to 2–50 nm and >50 nm, respectively. The macropores come from the spaces of the original raw material, and micropores and mesopores are generated in the thermochemical process [5]. In the production of biochar, researchers have applied several thermochemical methods using several feedstocks, with diverse contents of cellulose, hemicellulose and lignin, leading to different physicochemical properties of biochar [6,7]. As it was explained by Xiao et al. [8], the characterization of the biochar surface could explain its main properties, which are composites of aliphatic and aromatic groups and having abundant functional groups such as hydroxyl, epoxy, carboxyl, carbonyl, ether, ester, amide, sulfonic, and acyl groups as well as minerals and trace metals. Therefore, it is deemed a material that possesses the capacity to exchange electrons and high reactivity.

The potential applications of biochar include as an energy source (biofuel), soil conditioner, and adsorbent [9]. For the last 20 years, the reviewing of the database Scopus®, by evaluation of articles, reviews and books containing the keyword “biochar”, draws a growing trend in the number of articles published per year, from 1 in 2000 to 3030 in 2019, and over 2341 by July 2020 (Figure 1). Concerning the different applications, the evolution of publications is similar and has increased over the 10 years. As can be seen in Figure 1, most of the articles published are related to the use of biochar as a soil conditioner. This tendency is observed from the beginning, followed by articles related to biofuel. However, from 2006 onwards, this pattern changes, and there is a growing interest in studies related to its usage in the remediation of polluted streams. Currently, the number of papers published so far in 2020 on this subject (1187) is higher than its application as a soil conditioner, which represents around 42% of the papers published in relation to biochar. The adsorption process is currently one of the main technologies applied in wastewater remediation. This fact is corroborated by the analysis of recent studies; thus, the search on the database Scopus® of the keywords “biochar” and “adsorption” reveals the exponential growth of the articles published, from 10 in 2009 to nearly 1000 in 2019.

![Figure 1. Evolution of papers published in the last decade: pink, total; orange, soil; green, biofuel; and blue, adsorbent (Source: Scopus® database).](image-url)
demands lower energy requirements compared to more commonly employed adsorbents such as activated carbon [10].

There are diverse production methods, mainly considering thermochemical technologies to transform biomass into biochar. These can be classified into several categories (Figure 2): (i) slow or fast pyrolysis in the complete absence of oxygen, (ii) gasification, which occurs with reduced oxygen atmosphere, (iii) hydrothermal carbonization, applying heating to biomass in the water at subcritical with high levels of oxygen, (iv) dry and wet torrefaction under inert nitrogen and (v) microwave-assisted pyrolysis [11]. The physical and chemical transformations that occur in the fabrication process are very complex and rely on both the nature of the biomass and the conditions of the reactor. These conditions and the characteristics of the raw material (composition, particle size distribution and pore size, among others) largely determine these mentioned properties of the biochar [12]. Furthermore, chemical or physical post-treatments can be applied to the biochar with the aim to enhance surface characteristics or increase its catalytic activity (Figure 2).

![Figure 2. Biochar production methods.](image)

Therefore, based on the increasing interest in its use as an adsorbent, the aim of this review will focus on analyzing the most recent studies on the effect of main production variables in the biochar, discussing their influence in the application to wastewater remediation and evaluating the different strategies employed in order to enhance the uptake capacity of this low-cost adsorbents. An insight into the adsorption mechanism for organic and inorganic contaminants is provided. Furthermore, the recent advances in the regeneration of these carbonaceous adsorbents and the limitations in their use will be also displayed and discussed. Finally, an economic analysis is performed, and future prospects are analyzed.

2. Adsorption Process

The elimination of organic and inorganic pollutants from the aquatic ecosystem is essential due to the increase in the global population, estimated to reach around 9.3 billion by 2050 [13]. Among the different techniques that are being applied today for the rapid removal of organic and inorganic pollutants from wastewater, the adsorption process has increasingly gained attention as a valuable promissory technique. Adsorption is a well-known process, especially in the removal of pollutants from effluents containing moderate or low concentrations pollutants.

Several materials can be used as adsorbents, and their proper selection is largely related to their feasible environmental applications. To consider a material as an ideal adsorbent, it is required to have many characteristics, such as cost-effectiveness, abundance, physical and chemical resistance, morphology and surface chemistry, high specific surface area, user-friendliness or being easily renewable [14]. Other important parameters are its hydrophobic-hydrophilic properties and the functional groups present in the adsorbent [15]. In recent studies, different strategies, such as the loading of metals, oxides or ions, physical and chemical modification and so forth, have been assessed in order to achieve higher adsorption capacity of the existing adsorbents by improving the above-mentioned properties [16].
Numerous studies have demonstrated the applicability of biochar as a low-cost adsorbent, [17,18], a fact confirmed by Yoder et al. [19] who estimated the cost for the production of biochar from feedstock as lower than $0.08/\text{kg}, which is lower than 10\% of the price of the commercial adsorbents. Generally, biochar is characterized by low apparent density (0.30 to 0.45 g/cm$^3$), high surface area (200–400 m$^2$/g) and high porosity (micro-, meso- and macropores) [20]. Several variables can be selected to ameliorate the biochar properties [21]. In general, as the temperature of the process increases, a greater percentage of gases is produced and the percentage of the solid fraction is reduced, with a similar effect on the surface functional groups of the biochar (C=O and C–H), which is also reduced [22]. Thus, it is necessary to understand better how to act on the different process variables in order to provide the adequate properties to the engineered biochar based on the characteristics of the effluent to treat and the operational scale request.

3. Biochar Adsorption of Heavy Metals

It is known that some heavy metals are essential to organisms in small amounts, such as Fe, Mn, Zn, B, V, Cu, Ni or Mo, but become harmful when they are present in high concentrations, while others, such as Cd, Cr, Hg or Pb, have no biological function and are highly toxic. Currently, mining operations, metal plating facilities, industrial development and other human activities are the main contributions to the discharge of a high level of heavy metals in water. Thus, their presence in drinking water constitutes a threat to the environment and living organisms’ health [23,24]. The affinity for biochar by heavy metals is limited, as a result of the active surface groups generated after the manufacturing process. Therefore, at the present time, the use of physical-chemical pre-treatments of the raw material and post-treatments of the biochar constitutes the main strategy to obtain efficient adsorbents for the treatment of streams polluted with heavy metals. In Table 1 are summarized recent examples of the biochar manufacturing in order to increase the metal adsorption, and in the following subsections, the particularities of the more toxic heavy metals are studied in depth.
Table 1. Recent studies in relation to heavy metal adsorption by different biochars.

| Biochar                                              | Temperature (°C) | Procedure                                                                 | Pollutant | Uptake (mg/g) | Sorption Mechanism                  | Reference |
|------------------------------------------------------|------------------|----------------------------------------------------------------------------|------------|---------------|--------------------------------------|-----------|
| Montmorillonite modified biochar composites          | 350              | Sodium-montmorillonite and corn straw 1:5, 30 min of ultrasonic dispersion. Neutralization and dried at 80 °C. | Zn         | 8.16          | Chemical interaction                 | [25]      |
| Iron-impregnated food waste biochar                  | 400              | Ratio food waste:FeCl₃ 1:3, stirring at 60rpm for 24 h.                     | Se         | 11.73         | Electrostatic interactions           | [26]      |
| Corn stalk                                           | 600              | Mass ratio corn stalk: KOH 4.8:1. Mixture poured in 500 mL Teflon-lined stainless-steel autoclave at 200 °C for 24 h. After cool and dried, pyrolysis at 600 °C for 2 h. | Hg         | 38.33         | Chemical interactions (Hg-O coordination) | [27]      |
| Pomelo peels                                         | 500              | Pomelo peels: NaOH (5 M) 1:5 (w/v), at 30 °C for 24 h, dried at 60 °C. Pyrolysis under N₂ atmosphere for 2 h. | Mn         | 163.19        | Chemical adsorption                  | [28]      |
| Egeria najas (EN)-derived biochar supported nZVI composite | 200              | EN powder dispersed in SDS alkaline solution at 95 °C for 2 h. Hydrothermal carbonization in 50% glutaraldehyde 8h. nZVI by reducing Fe²⁺ with KBH₄. | Cr(VI)     | 56.79         | Surface complex formation, reduction and ion exchange reaction | [29]      |
| MnO₂ loaded water hyacinth plants biochar            | <700             | Nanosized MnO₂-loaded biochar was prepared using KMnO₄ at 25 °C for 30 min, after dropwise addition of 40 mL of 30% H₂O₂ and pH adjusted to 7.0. | Pb         | 268.9         | Electrostatic interactions           | [30]      |
| 3D MnO₂ modified rice husks biochar                  | 500              | Rice husks biochar modified by a rapid redox reaction between KMnO₃ and Mn(II) acetate and, embedded in the polyelectrolyte gel to polymerization | Cd         | 84.76         | Chemical adsorption                  | [31]      |
| Jujube pit                                           | 800              | Pyrolysis under N₂ atmosphere for 2 h tubular furnace. Immersion MgCl₂ 0.3M and FeCl₃ 0.1M (1:100 ratio) | Pb         | 137.1         | Ion exchange                         | [32]      |
| Grape pomace lignin                                  | 700              | Feedstock particle size<0.85 mm. From room temperature to 700 °C for 2 h. Sieved < 0.106 mm | Pb         | 150           | Physical and chemical sorption       | [33]      |
| Corn Stalks (L-cysteine/FeOOH@ porous hydrophilic biochar) | 120              | Mass ratio FeSO₄·7H₂O and porous hydrophilic biochar 5:1. Addition of L-cysteine solution and heated in an electric thermostatic drying oven at 120 °C for 12 h. | Pb         | 103.01        | Electrostatic interaction and surface complexation | [34]      |
| Pine sawdust (Magnetic ferrite/biochar composite)     | 200              | Pine sawdust and deionized water heated in Teflon-lined autoclave. Dried material mixture with Mn-Zn ferrites heated to 90 °C and stirred for 1 h. Mass ratio of Mn-Zn ferrites and pine sawdust biochar was 1:1. | Pb         | 99.5          | Chemical binding adsorption, electrostatic attraction and ion exchange | [35]      |
| Amino-modified rice bran biochar/MgFeAlO₄             | 210/500          | Rice bran and Mili-Qwater 1:12 in a reactor for 5 h at 210 °C. Ratio of Al(NO₃)₃·9H₂O and Mg(NO₃)₂·6H₂O was 1:1.36 and 1:0.70 of FeSO₄·7H₂O. Purified and desiccated colloid was calcined in air at 500 °C for 3 h. | Ni         | 220.75        | Physical sorption                    | [36]      |
| Acoustic pine wood biochar                           | 550–600          | Ultrasound by a 20 kHz at 100% amplitude for 30 s and chemical activation by H₃PO₄ (10–30%), | Ni         | 67%           | Chemical interaction                 | [37]      |
3.1. Cadmium

Jing et al. [38] reported that the special physicochemical properties of biochar could make it an effective adsorbent in Cd removal, although the mechanism could be different depending on the feedstock or the thermochemical process used [39]. In the recent literature are reported numerous studies that examined the adsorption of Cd by distinctive biochars. Kim et al. [40] found the highest Cd uptake (13.2 mg/g) by biochar produced from Miscanthus sacchariflorus at 500 °C. At a high pyrolysis temperature (700 °C), Usman et al. [41] reported that palm biochar increases this level to 43.6 mg/g. However, Teng et al. [42] determined an adsorption maximum of 92.7 mg/g using pinecone biochar prepared at low temperatures (350–400 °C). Based on these previous results, the effect of raw material is remarkable.

Furthermore, in the adsorption process with the increase in pH, the efficiency of Cd removal is augmented. This fact could be explained due to a low pH solution—the large amount of H⁺ in the system protonates the functional groups on the adsorbent surface, which results in the rejection of Cd (II) in the system [41]. However, at a pH higher than 8, the HO⁻ present in the solution could react with Cd, forming low solubility complexes, favoring its precipitation [43].

As depicted in Table 1, methods to improve biochar characteristics could include chemical treatment or the inclusion of metals. In the study by Li et al. [44], they determined that the KMnO₄ impregnation of rape straw biochar enhanced the adsorption capacity, achieving a maximum uptake of 81.10 mg/g. They attributed this enhancement to the increase in specific surface area, the number of oxygen-containing functional groups, and pore size achieved that favor the main mechanisms: cation exchange and cation-π bonding (Figure 3). Akgül et al. [45] reported that among the different composites of tea waste biochar impregnated with Mg, Fe, Mn or Al salts, Mg and Mn biochar composites increased the surface area slightly, being the most efficient in Cd removal. However, these levels have recently been exceeded by Li et al. [46], who evaluated the ability of ZnCl₂, H₃PO₄ and KMnO₄ to modify the Enteromorpha prolifera-biochar, showing that the biochar modified with H₃PO₄ considerably increased the uptake (until 423 mg/g) in a short period (∼1 h). As has been highlighted in a previous study [47], H₃PO₄ worked as a dehydrating agent, reacting with raw biochar that reduces a substantial amount of hydrogen because of the asymmetric stretching of C–H.

Figure 3. Main sorption mechanisms in biochar (left) and regeneration processes (right).

3.2. Chromium

Cr exists in many valence states, with Cr(IV) being the most soluble of them. In addition, the toxicity of Cr(VI) has been identified as superior to Cr(III) by around 1000 times [48]. Thus, the studies of Cr removal are mainly focused on Cr(IV). As was proposed by Li et al. [49], the adsorption mechanism is by electrostatic attraction and/or reduction to Cr(III) by an oxygen-containing functional group.
In addition, solution pH is recognized as a significant factor in the adsorption process as well as the redox reactions. At pH below the point of zero charge of biochar, the material is positively charged, contributing to the inorganic anions’ (HCrO$_4^-$ or Cr$_2$O$_7^{2-}$) negatively charged uptake onto the biochar by electrostatic attraction [50]. However, at low pH, the reduction of Cr(VI) to Cr(III) is favored, thus the electrostatic repulsion can be also generated.

The used feedstock has a great influence in the Cr adsorption mechanism. In several studies using biochar fabricated from sugar beet [51] or coconut coir [52], it was determined that the main mechanism is the Cr(VI) reduction and Cr(III) complexation by hydroxyl and carboxyl groups present in the biochar (Figure 3).

The modification of biochar by metal impregnation can be produced previous to biochar manufacturing. Thus, by hydrothermal carbonization of biomass with metal salts, it is possible to produce a modified biochar with a higher surface area, pore volume and aromaticity. Comparison of bamboo sawdust hydrochar modified by ZnCl$_2$ and AlCl$_3$ treatment shows a higher C content, reducing the H/C ratio together with an increase in surface area and pore volume, with biochar modified by ZnCl$_2$ achieving the best result (Cr(VI) uptake 14 mg/g), with levels around three-fold higher in relation unmodified biochar [53]. In addition, cations added on the surface may have enhanced electrostatic interaction between Cr(VI) and the adsorbent. Similarly, Sun et al. [54] prepared several iron–biochar composites with different Fe/biochar ratios, by pyrolysis at 1000 °C of pre-treated forestry wood waste with FeCl$_3$. The XPS analyses of spent biochar showed that as Fe loading increases, the dominating specie is FeCr$_2$O$_4$ (78.7% at a loading of 2:1), suggesting the reduction of Cr(VI) by Fe$_0$.

Recently, porous biochar was successfully improved by chemical activation of KOH [55], increasing the specific surface area, micropore distribution and pore diameters (1–2 nm). This modified biochar presented an excellent adsorption performance with a theoretical monolayer uptake of 116.97 mg/g for Cr(VI), operating at acid pH below the point of zero charge.

### 3.3. Mercury

Until now, few studies have reported Hg adsorption by biochar. Two biochars from bagasse and hickory chips were synthesized by Xu et al. [56], revealing that surface complexation and cation-π bonding on biochar are the most important mechanisms in the Hg adsorption (Figure 3). Liu et al. [57] produced thirty-six biochars from wood, agricultural residue, and manure feedstocks at 300 and 600 °C. They concluded the preference of Hg to bind to sulfur atoms when its level is high in the biochar, while at a low level, Hg is bound to oxygen and chlorine functional groups. Thus, sulfurized biochar enhances Hg removal by forming a Hg-S bond [58]. In this context, biochars produced from tobacco, rice and wheat were treated with H$_2$S, showing the play role of C-S functional group in the adsorption process that is increased more than seven-fold compared to the level achieved in unmodified biochar [59]. Similarly, biochars produced by pyrolysis (range temperature 300–900 °C) from poplar wood were able to remove Hg from water, although their modification with FeCl$_3$ and FeSO$_4$ increased the Hg removal due to the contribution of adsorbing sites of Fe$_0$, Fe$_{1-x}$S, and Fe$_2$O$_3$ [60].

Another new alternative is the application of microwave activation to increase the porosity of the adsorbent. In this framework, Shan et al. [61] prepared biochar from cotton straw by “microwave activation and Mn-Fe mixed oxides impregnation assisted by ultrasound treatment”. The combination of these techniques allows for increasing its porosity, and ultrasound favors Mn and Fe distribution in the biochar composite.

Recently, biochar produced by pyrolysis of high-salinity Spirulina residue in a temperature range from 350 to 700 °C for 90 min (heating rate of 15 °C/min) shows excellent sorption of Hg (uptake ranged from 107.1 to 196.1 mg/g), which is mainly due to the high content of nitrogen, sulphur-heterocycles and chlorine-containing minerals formed in the biochar production. The results are in agreement with previous studies, in which by the use of a nitrogen-doped microalgae biochar, Hg sorption was enhanced [62].

### 3.4. Lead

In the literature, various kinds of biochar have been used for the removal of lead. Thus, Lee et al. [63] determined the high adsorption capability of three unmodified biochars produced
from peanut shell, ginkgo and metasequoia leaf. However, better results were reached by rice straw biochar prepared by pyrolysis at 700 °C (Pb uptake 171.34 mg/g) [64].

Likewise, Pb removal using the biochar produced from different feedstocks (peanut shells, corn cobs, poultry manure, buckwheat husk, and white mulberry wood) was considerably high above 97.5% [65]. This fact could be attributed to four adsorption mechanisms driven by the main biochar properties, such as organic functional groups, mineral content, ionic content and π-electrons (Figure 3). These sorption mechanisms may take place simultaneously or supplementing each other.

Gao et al. [32] studied the Pb adsorption by jujube (Ziziphus jujuba) pit biochar, determining the positive effect by increasing the pH of the solution and the influence of coexisting ions, such as K⁺ and Na⁺. In addition, the reusability of the biochar was measured for five cycles. The regeneration process was done by solvent extraction (Figure 3) using 0.2 M hydrochloric acid and washed using distilled water followed by drying. It is detected that the removal level was around 70% of the initial adsorption capacity after the last round; this procedure can reduce the operational cost of the adsorption process.

To improve the Pb adsorption capability of biochar, several treatments of biochar have been proposed, such as alkali [66] or acid treatment, [67] chemical modification with ammonia, hydrogen peroxide and nitric acid [68] and chemical graft [69]. Recently, Zhang et al. [30] used the redox precipitation method to load manganese dioxide (MnO₂) nanoparticles on invasive water hyacinth biochar produced by pyrolysis at 450 °C at 5 °C/min. They determined higher calculated maximum uptakes (216.22–351.37 mg/g) concerning other biochars. Based on the kinetic study, it was determined that the rate-limiting step is chemisorption, Langmuir model represents the isotherm model, and Pb was adsorbed onto biochar via carbonyl and hydroxyl groups. Thus, the high Pb uptakes decreased when the concentration of coexistent natural cations common present in wastewater or natural water, such as K⁺, Na⁺, Ca⁺, and Mg²⁺, was increased.

In this line, Ifthikar et al. [70] reported a facile one-pot synthesis technique to obtain a carboxymethyl chitosan coating on sewage sludge biochar with Pb and Hg removal capacity and good reusability. The modified biochar showed shorter equilibrium time for Pb and Hg adsorption with a capacity of 210 and 594.17 mg/g, respectively, a fact that could be explained by the strong chemical interactions between the amino, hydroxyl and carboxyl functional groups present in the modified biochar and heavy metals. Likewise, the adsorbent exhibited good stability, its regeneration being made possible by the use of Na₂-EDTA solution (0.05M) as a regenerative agent without significant biochar alteration after five regeneration cycles, keeping a similar adsorption capacity.

4. Biochar Adsorption of Emerging Contaminants

Presently, the so-called “emerging contaminants” as the result of anthropogenic activities are being released into the environment and have been detected in surface water, groundwater, drinking water and wastewater treatment plant effluents in trace amounts. In recent years, the development of new and more sensitive methods of analysis has made it possible to alert people to the presence of these micropollutants. Just in the case of Europe, more than 700 of these compounds have been reported [71]. Thus, a standard pharmaceutical product such as ibuprofen has been detected in several scenarios, such as wastewater treatment plant effluents (0.038 µg/L) [72], surface water (6–780 ng/L) [73], groundwater (4–2250 ng/L), and drinking water (4–50 ng/L) [74]. In the same scenarios, it is also possible to find pesticides such as atrazine in surface water (1.29 µg/L) [75] or dyes such as disperse blue 373 or disperse red 1 in the effluents of a wastewater treatment plant in a range of 0.03–0.35 µg/L [76]. These facts confirm that the current wastewater treatment plants are not designed to remove these micropollutants.

In this context, it should be noted that one of the main handicaps for proper treatment is their low concentration, and the adsorption process stands out. However, the large variety of micropollutants requires the design of new and more specific adsorbents, so the use of unmodified or modified biochar opens up a field of possibilities. In Table 2, the recent research on the application of biochar in the restoration of aquatic environments containing several organic contaminants is summarized.
### Table 2. Organic pollutants adsorption by different unmodified and modified biochars.

| Biochar                  | Pyrolysis | Procedure                                                                 | Pollutant               | N (%) | H (%) | O (%) | C (%) | Surface Area (m²/g) | Isotherm Model | Uptake (mg/g) | Maximum Removal (%) | Sorption Mechanism                  | Ref. |
|--------------------------|-----------|---------------------------------------------------------------------------|-------------------------|-------|-------|-------|-------|---------------------|----------------|---------------|----------------------|--------------------------------------|------|
| Kraft lignin             | 500 °C for 1 h under an N₂ flow (100 mL/min) | Kraft lignin washed with 1% H₂SO₄ solution and impregnated with H₃PO₄ solution (85% w/w) at 85 °C for 6 h, using an H₃PO₄: lignin weight ratio of 1.4. Dried slurry at 105 °C for 2 d | Bisphenol A              | 0.26  | 3.04  | 34.67 | 61.45 | 1053                | Dual-site Langmuir | 195.5        | Intra-particle diffusion                     | [77] |
| Spherical biochars (derived from pure glucose) | 900 °C lid-enclosed porcelain crucible for 3 h in a non-circulated air atmosphere. | Two-stage process: hydrothermal carbonization (190 °C and 24 h) of glucose solution (125 g/L) in Teflon autoclave and pyrolysis 900 °C  | Paracetamol              | 0     | 0     | 19.9  | 80.1  | 1292                | Redlich–Peterson  | 286          | π–π interactions and Van der Waals force     | [78] |
| Cotton straw             | 350 °C under oxygen-free conditions | Aged biochar in air over 12 months prior to use | Sulfamethoxazole N₄-acetyl-sulfamethoxazole | 0.37  | 1.04  | n.a   | 31.22 | 68.4                | n.a            | 38% 61%      | π–π interaction                                   | [79] |
| Swine manure             | 600 °C 2h with N₂ purge | Dried at 60 °C for 24 h and pulverized and screened by a 100-mesh sieve. | Sulfamethazine           | 2.34  | 1.45  | 14.21 | 52.36 | 9.15                | Langmuir—Hinshelwood | 80.2%        | Electrostatic attraction                           | [80] |
| Pomelo peel              | 600 °C for 2h with a heating rate of 10 °C/min | Biochar: KOH at a mass ratio of 1:4. Activation: wash with 35% HNO₃ for 24 h. Dried at 80 °C for 24 h and sieved <5 µm | Tetracycline             | n.a   | n.a   | 11.81 | 86.18 | 2457.37             | Langmuir         | 476.2         | π–π interactions                                  | [81] |
| Fallen maple leaves      | 750 °C under constant N₂ atmosphere for 2 h | Pulverized maple leaves (500 and 2360 µm). Biochar sieved below 106 µm | Tetracycline             | 0.74  | 0.80  | 16.63 | 42.15 | 191.1               | Freundlich       | 407.3        | Chemical sorption                                 | [82] |
| Wheat stalk              | 600 °C 4h N₂ atmosphere | Dried at 105 °C and sieved 0.15-0.45 mm. Ball-milled ratio 1:100 Biochar: ball mass | Tetracycline             | n.a   | n.a   | n.a   | n.a   | 257.50              | Langmuir         | 84.54         | Electrostatic attraction                          | [83] |
| Bamboo sawdust           | 450 °C 5 h | Dried at 80 °C and biochar crushed-sieved 100-mesh. Effect of citric acid and Ca²⁺ | Tetracycline             | 0.62  | 3.41  | 17.87 | 75.09 | 140.51              | Langmuir         | 15.4         | Electrostatic attraction                          | [84] |
| Rice straw               | 300 °C 1h O₂-limited conditions | Alkali-acid combined and magnetization method by co-precipitation with Fe²⁺/Fe³⁺ solution (1:1), slowly stirred at 60 °C for 30 min. | Tetracycline             | 0.73  | 1.74  | 24.30 | 43.49 | 140.1               | Freundlich       | 98.3         | Electrostatic attraction                          | [85] |
Table 2. Cont.

| Biochar       | Pyrolysis                          | Procedure                                                                 | Pollutant          | N (%) | H (%) | O (%) | C (%) | Surface Area (m^2/g) | Isotherm Model | Uptake (mg/g)/Maximum Removal (%) | Sorption Mechanism | Ref. |
|---------------|------------------------------------|---------------------------------------------------------------------------|--------------------|-------|-------|-------|-------|----------------------|----------------|-----------------------------------|-------------------|------|
| Peanut shell  | 400 °C 4h under N₂ atmosphere     | Dried and crushed into fragments of 0.2-0.6 mm. Fe₂O₃ was premixed with crushed peanut shell at about 11% (m/o) for 24 h. Biochar crushed and sieved (0.150 mm). | Methylene Blue     | 1.14  | 2.80  | 28.9  | 52.4  | 13.7                 | n.a            | 92.4% / 85.1%                     | π-π interactions   | [86] |
| Wheat straw   | 700 °C for 4 h (3 °C/min)          | Mg:Al molar ratio 0.003:0.001. Ratio mass of biochar and mixture of Mg: Al 1:2.3. Sonicated for 1 h | Methylene Blue     | n.a   | n.a   | n.a   | n.a   | 441.06               | Langmuir        | 302.75                           | Electrostatic attraction and π-π interactions | [87] |
| Sawdust biochar| 700 °C for 2 h (15 °C/min) under N₂ atmosphere | Washed, dried, crushed, and sieved into 0.149 mm sieve | Acid Orange 7      | n.a   | 4.38  | n.a   | 67.0  | 311                  | n.a            | 21.3%                            | Electrostatic attraction | [88] |
| Orange peels  | Microwave pyrolysis Rapid heating rate (15–120 °C/min), higher temperature (>800 °C) 15 min | Dried 105 °C for 24 h and crushed into 4 mm. Combines microwave heating and activation by CO₂ or steam | Congo Red dye      | 0.5   | 2.1   | 19.0  | 783.4 | 158.5                | Freundlich       | 136                              | Electrostatic attraction | [89] |
| Waste tea residue | 700 °C slow pyrolysis for 2 h (7 °C/min) under limited O₂ | Ground into particles ≤0.1 mm Activation under a flow of steam at 5 mL/min for 45 min at the peak temperature 700 °C and atmospheric pressure | Caffeine           | 2.5   | n.a   | 8.37  | 87.67 | 576.06               | Freundlich       | 15.4                            | π-π and hydrogen bonding interactions | [90] |

n.a.: not available.
These results confirm that biochar produced in the laboratory can adsorb organic pollutants at a similar level to commercial activated carbon. As an additional advantage, the regeneration of biochar can be easily carried out through different treatments (Figure 3), such as microwave irradiation, thermal or chemical treatment [91–93], including by extraction with organic solvents or by direct degradation on the biochar surface using advanced oxidation processes [94–96].

The adsorption mechanism to remove organic compounds depends on the nature of the pollutants and the properties of biochar, which vary greatly with the selected feedstock and the thermochemical process used. For example, when the temperature is increased, the aromaticity, hydrophobicity and surface area of biochar also increase, which makes it a suitable adsorbent for hydrophobic organic compounds. In addition, by application of other traditional or emerging technologies (such as coating, physical or chemical activation, nanotechnology and/or biotechnology) it is possible to create additional active sites to favor the removal of these organic pollutants [75,76]. Therefore, due to the diversity of synthesized biochar as well as the variety of organic compounds with different properties, the recent developments in this issue focusing on the most abundant organic contaminants (dyes, pharmaceuticals and personal care products) are summarized.

4.1. Dyes

In the literature, a multitude of studies have been reported in which the biochar has been manufactured from different feedstocks, evaluating the effect of the pyrolysis parameter in its dye adsorption capacity [97,98]. Thus, recent improvements in different biochars to enhance the adsorptive properties of the biochar will be presented.

One alternative is the use of ball-milling technology, which offers advantages such as consuming less energy, not requiring chemicals during the ball-milling process and increasing the specific surface area of biochar by 65 times [99]. Lyu et al. [100] applied this technology in a planetary ball mill to sugarcane bagasse biochar to increase its sorption ability to a soluble cationic dye, methylene blue. The reported results reveal that this technology increases the external and internal surface area, oxygen-containing functional groups and reduces the point of zero charges from 4.2 to 2.7, thereby enhancing methylene blue adsorption via π–π interaction and electrostatic attraction (Figure 3).

As was reported by Inyang et al. [101], the increase in oxygen species on the surface of biochar by incorporation of carboxylic, carbonyl, lactonic, and phenolic groups affects the dye removal. In this sense, several strong acids (HNO₃, KMnO₄, H₂O₂, H₃PO₄ or HCl) have been tested, with a positive effect on biochar adsorptive properties [102]. The biochar modification process could be improved by combination with other agents. Thus, methylene blue was also removed by bamboo hydrochar modified with HCl and NaOH [103]. By a sequential acid/NaOH treatment, it is possible to enlarge the surface area and pore volume of hydrochar in the first stage, followed by the enhancement of the oxygen-containing functional groups by the activation process with NaOH. In addition, it was concluded that by activation, the π–π interactions could be considered as the primary mechanism, and electrostatic attraction and ion-exchange mechanism interactions between cationic dye and hydrochars are also involved.

Another alternative is the use of activating agents (such as ammonium chloride or ammonium acetate) to produce nitrogen-doped biochar due to the binding with carbon and generating nitrogen-containing functional groups during the heating process (such as nitrogen-pyrrole, nitrogen-pyridine, or nitrogen-oxidized). In a comparative study of nitrogen-doped biochar with one derived from phosphoric acid activation for the removal of an azo dye, acid red 18, the authors concluded that maximum adsorption capacity increased by 40% due to the beneficial effect of N-functional [104]. To obtain similar nitrogen-doped biochar, Xu et al. [105] applied a simple method by ball-milling bagasse biochar with ammonium hydroxide. In this case, it was detected that the nitrogen species were amine and nitrile, whose presence enhanced the sorption of the dye reactive red to 16 times the level of unmodified biochar.
New composites have been produced satisfactorily by the co-precipitation method, such as MgAl-layered double hydroxide (LDH) bovine bone biochar composite. Meili et al. [106] tested this composite in the adsorption of methylene blue, achieving uptake around 406 mg/g, with the capacity for solvent regeneration with methanol and sodium chloride (Figure 3). However, the efficiency of adsorbent decreases until uptake around 70 mg/g after six cycles due to the disintegration of LDH. Better results were obtained when a green banana peel biochar/iron oxide composite was manufactured, enhancing its adsorb dye capacity in a wide range of pH, keeping the uptake level after five regeneration cycles [107]. Similarly, a novel Fe₃O₄-graphene-biochar composite (GBC-Fe₃O₄) was prepared for the removal of crystal violet dye. In this composite, the introduction of graphene and Fe₃O₄ nanoparticles reduced the zeta potentials and the mechanism study suggested the interactions of functional groups, such as aromatic C= =C and C= =O, –OH, C–C, and π–π interactions played an important role in dye adsorption [108].

4.2. Pharmaceuticals and Personal Care Products (PPCPs)

Due to drug abuse, the concentration of this kind of pollutant in several water scenarios far exceeds the pollution limit, so there is an urgent need for a potentially efficient, sustainable and eco-friendly method such as biochar adsorption to avoid this problem. Thus, to obtain a stable and repeatable adsorbent with better pollutant removal efficiency, it is necessary to prepare engineered biochar by the application of modification techniques such as metal embedding, nanomaterial decoration or surface functionalisation.

In this context, by hydrothermal treatment, hierarchical MoS₂ nanomaterials were embedded in rice straw biochar, obtaining a novel biochar-based nanomaterial “g-MoS₂ nanosheet-decorated biochar” that was tested in the removal of tetracycline hydrochloride [109]. The pore structures and surface properties of biochar enhanced the tetracycline hydrochloride adsorption by several binding mechanisms: electrostatic interaction, pore-filling, hydrogen bonding and π–π conjugate effect (Figure 3). In addition, this material showed excellent reusability, as NaOH treatment detected only a slight reduction after five adsorption/desorption cycles.

In the literature, different metal-biochar composites have been synthesized, providing good results thanks to their multifunctionality (adsorption, reduction, and catalytic activity) that make them good materials for the removal of different contaminants [110]. Cho et al. [111] prepared by pyrolysis a “multifunctional mixed metal-biochar composites” using a mixture of two abundant industrial wastes, red mud and lignin, and demonstrated its ability to perform the removal of p-nitrophenol and p-chlorobenzoic acid and a great variety of contaminants.

The removal of bisphenol A and sulfamethoxazole was successfully performed by adsorption on a “biochar-supported magnetic CuZnFe₂O₄ composite” [112]. The involved mechanisms were charge-assisted H-bonding, hydrophobic, and π–π electron donor–acceptor interactions. The main advantages of this composite are its magnetic properties, which made the separation process easy and reduced the reusability to lower than 10% after four cycles of regeneration, as well as the removal efficiency of both pollutants.

Another conventional process such as the physical and chemical activation of the biochar also allows for obtaining substantial improvements in the material properties that favor the removal of pharmaceuticals and personal care products [113]. Thus, steam and phosphoric acid can activate the surface of bagasse biochar at high temperature, creating many holes on the surface, thereby increasing the adsorption of ibuprofen [114]. In addition, this biochar presented reusability potential by ibuprofen desorbing with methanol, but after four adsorption/desorption cycles, the removal percentage decreased by around 30%.

5. Limitation of Biochar Application

In the production of biochar by thermochemical technologies the reduction in the waste volume is also possible, as well as the complete destruction of pathogens and parasites, immobilizing metals
and producing value-added bio-energy. However, the presence of impurities, mainly heavy metals, which are part of the wastes used as feedstock, may be a risk due to the heavy metals leaching during biochar application. Recently, a few papers have reported the behavior of heavy metals during the pyrolysis process, focusing on their distribution and mobility in the biochar [115]. Shen et al. [116] studied the transformation behaviors of heavy metals in animal manure during pyrolysis at 300–700 °C. The results indicate that the characteristics of biochars (>500 °C) were relatively stable. Under this condition, the total percentages decreased from 16.98% to 9.43% for Cr, 85.60% to 65.55% for Mn, 57.26% to 10.61% for Cu, and 37.90% to 13.78% for Zn, respectively, determining that the bioavailability and toxicity of Cr, Mn, Cu and Zn in pig manure biochar were greatly reduced and the potential ecological risk index values significantly decreased after pyrolysis. Additionally, to reduce their possible adverse effects, one solution is the mixture of different kinds of biomass. Thus, co-pyrolysis of animal manures and biomass with lower heavy metals contents may lead to a decrease in the heavy metal contents in the obtained biochar compared to the single manure pyrolysis [117,118]. By co-pyrolysis, it is possible to convert the more toxic heavy metals into stable fractions with a significant reduction in their bioavailability in biochar [119]. Huang et al. [117] reported a minimal effect on the mobility of different heavy metals in biochar by the co-pyrolysis process of a mixture of sewage sludge with rice straw or sawdust at 50% mixture ratio. Similarly, Jin et al. [120] detected the transformation of unstable metals into more stable fractions at a 50% mixture ratio of bamboo sawdust and sludge pyrolysis. Hence, the resultant biochars and their chemical composition depend on the kind of feedstock used and the controlling rate of pyrolysis temperature or the use of a mixture of feedstocks [121].

6. Regeneration of Biochar

The desorption process for the recovery of the biochar is of extreme importance in assessing their potential to be reused. The metal recovery of a solution may be based in different mechanisms (precipitation, complexation or ion exchange) [122]. Solvent regeneration achieves the pollutant desorption from biochar, taking into account the equilibrium relationship between biochar, the solvent and pollutant to break the adsorption equilibrium by changing the temperature and the pH value of the solvent [123].

Different acids and bases (NaOH, HCl, H$_2$SO$_4$, EDTA, HNO$_3$, Ca(NO$_3$)$_2$, NaNO$_3$) are used as reagents for desorbing [124]. Thus, alkaline regeneration agents, such as NaOH, NaHCO$_3$, and NaH$_2$PO$_4$, have been found to efficiently desorb As from Fe-impregnated biochar [125]. Additionally, 0.1 M NaOH is able to desorb 72% of initially sorbed As(V) on biochar, showing that desorption and regeneration rates decreased gradually with the number of cycles, from 72% (the first cycle) to 60% (the third cycle) [125]. Similarly, Fe$_3$O$_4$-orange peel can be recycled using 0.1 M HNO$_3$ with a desorption capacity of 98.5% after five recycling cycles [126]. The efficacy of recycling biochar using different organic solvents was examined in several studies. Reguyal et al. [95] revealed that methanol, ethanol, and acetone have a higher regeneration capacity by separation of organic contaminants from the biochar.

Another alternative to achieve the pollutant desorption from biochar is the thermal method or microwave irradiation in which the adsorbed pollutant is carbonized and decomposed and eventually the molecule becomes smaller than the pore size of biochar and escapes [123]. In thermal regeneration, there is a relationship between the temperature and the regeneration efficiency—for example, when Enteromorpha prolifera biochar polluted by pyrene was regenerated at 80, 150, and 200 °C, the regeneration efficiency was 35.00%, 45.00% and 48.00%, respectively [127]. In the microwave irradiation method, the trapped polar substance molecules in biochar are used to produce dipole to polarization and the electromagnetic field can be transformed into heat energy, generating the heating and volatilization of the organic substances present in the biochar. The main advantage of this method over thermal method is the uniform heating of the biochar, preserving its porous structure [128].

Latterly, the combination of treatment processes has led to improved treatment techniques due to the synergistic effect between them. Among the different alternatives, advanced oxidation
processes (AOPs) have been demonstrated to be effective for removing organic pollutants from wastewater [129,130]. Recently, in the literature several processes have been reported in which the biochar is used as a catalyst to AOPs or the AOPs are applied to the exhausted biochar regeneration. Thus, Li et al. [131] synthesized a Fe, N co-doped wheat straw biochar using urea, and ferrous sulfate as precursors and apply to activate persulfate for organic contaminant degradation (such as acid orange, methyl orange, phenol, bisphenol A and tetracycline hydrochloride). In this line, Mer et al. [132] suggested a dual application of biochar as an adsorbent of nickel and lead and subsequent degradation of phenol through in situ generation of hydroxyl radicals. Zhang et al. [133] concluded that the defective structures and functional groups (C-OH) of mesoporous biochar (by bagasse calcination with KOH and CaCl₂ modified activation) to act as reaction active sites which played important roles in the oxidative degradation of phenol.

Thus, in the degradation of sulfamethoxazole by persulfate activation, Lykoudi et al. [134] figured out a clear linear relationship between the spent-coffee biochar activity and the sodium persulfate concentration, and the process is favored by the adsorption of sulfamethoxazole on the biochar surface. Similarly, Acevedo-García et al. [94] demonstrated the high adsorption capacity of lime fiber biochar by the removal of sulfamethoxazole and methylparaben and its feasible regeneration by several alternative AOPs (Fenton, electro-oxidation-H₂O₂ and electro-Fenton).

To sum up, in this kind of process, biochar is a key factor as an adsorbent and catalyst or activator. This synergic effect increases the efficiency of the degradation process and demonstrates the potential application of biochar as a cost-effective agent to treat organic pollutant wastewater.

7. Economic Analysis and Future Prospects

The cost analysis is an important aspect to evaluate the production and implementation of the proposed materials. The global biochar market was USD 1.39 billion in 2019, and it is expected to increase to USD 3.46 billion in 2025. This product is mainly used in agriculture application (71.1% in 2018), but other areas such as water and wastewater treatment have shown an increase in the demand of the products, mainly in emerging economies [135]. There are several processes for the production of the biochar as it is displayed in Figure 2, but pyrolysis is the most effective process actually used.

Biochar obtained by pyrolysis presents excellent adsorptive properties for organic and inorganic compounds, which suggests an increase in this use in the near future and can be considered as a feasible cheaper alternative to the more expensive activated carbons. Krasucka et al. [136] reported a biochar production cost of 350–1200 USD/ton, which is lower than the reported value for activated carbon—USD 1100–1700 per ton. Other studies showed even lower biochar production prices as 90 USD/ton in the Philippines and higher values for those produced in the UK, at 8850 USD /ton [137]. From an economic point of view, the market price of the biochar depends on the effectiveness of the generated material and is an important factor correlated with the biochar cost. Moreover, several aspects related to biochar production, such as the selected feedstock, pyrolysis production conditions and transport, considerably affect the production costs. Homagain et al. [138], using life cycle assessment analysis, reported that most of the production cost is related to the pyrolysis process, but also significant cost is related to the storage/processing of the biochar and feedstock. Similarly, Keske et al. [139] considered these aspects in their economic analysis of biochar production from Canadian black spruce forest. The reported results imply that the pyrolysis stage is the most costly, attaining 36% of the cost, followed by feedstock collection (12%) and transportation cost (9%), which resulted in a biochar cost of 762.20 USD/ton. Thus, the reduction in the cost may rely on the use of new production technologies and the selection of appropriate and suitable low-cost materials. The use of wastes is aligned with circular economy principles and the goals of “2030 Agenda for Sustainable Development” adopted by the United Nations for reducing carbon emissions, favoring the reuse of materials and avoiding the generation of waste.
The future prospects of biochar require researchers to face several challenges associated with these materials for proper use. One of these challenges is the search for potential feedstock materials and wastes as low-cost materials for the production process attaining good adsorptive properties. Based on this, the design of engineered biochar adsorbents (via activation) for the removal of specific compounds is also required due to the wide variety of pollutants that are being released to the environment. The management of the spent biochar adsorbents by regeneration is another aspect to be considered and is required to tackle with. All these issues also require the performance of an economic analysis of the biochar production including activation and regeneration costs, which is an important factor to be considered in the development of these biochars and have been scarcely studied.

8. Conclusions

The problems derived from the presence in the aquatic environment of heavy metals, which are not susceptible to degradation, and organic pollutants, usually characterized by their low concentration, request the application of separation technology, such as adsorption. In this review, the recent advances in the efficient production of engineering biochar that increase the application of adsorption process as the primary separation technology are highlighted. The production and modification of biochar produced from biomass wastes open up new paths for the production of engineered adsorbents and demonstrate advantages over commercial activated carbon. The feedstock and biochar manufacturing process (operating conditions, pre or post physical-chemical treatments) have demonstrated to meaningful influence over the removal of the pollutants attaining upright removal efficiencies. The synthesis of the biochar according to the target pollutant is postulated to be a next step in the research. Thus, the introduction of metals, chemical treatment and so forth attained a significant adsorption enhancement in the removal of organic and metallic pollutants caused by the increase in the surface area, pore area and reactivity of the adsorbent. Furthermore, the probed regeneration of these carbonaceous materials increases the usability of these renewable sources for the treatment of huge amounts of wastewater. However, experimental and modelling studies in packed columns are highly recommended for future studies in order to validate the real use and scalability of the synthesized biochars.

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