Research Article

Development of a Novel Sensor System Based on Magnetic Microspheres to Detect Cardiac Troponin T

Junrong Zhang,1 Hongxiang Liu,1 Baofeng Xu,2 Sijun Huang,1 Rui Liu,3 Jinming Zhu,3 Yi Guo,1 and Li Xu1

1Key Laboratory for Molecular Enzymology and Engineering, The Ministry of Education, National Engineering Laboratory for AIDS Vaccine, School of Life Sciences, Jilin University, Changchun 130012, China
2Department of Neurosurgery, The First Hospital of Jilin University, Changchun 130021, China
3China-Japan Union Hospital of Jilin University, Changchun 130033, China

Correspondence should be addressed to Yi Guo; guoyi@jlu.edu.cn and Li Xu; xuli@jlu.edu.cn

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Acute myocardial infarction (AMI) causes irreversible injury to cardiomyocytes in a short time and may result in various complications, severely threatening patient safety. Therefore, it is necessary to predict the possibility of AMI in the prophase. Prognostic detection of biomarkers that specifically reflect myocardial damage in a patient’s blood has become an essential mediating measure to prevent the serious occurrence of AMI. The present study is aimed at exploring a novel sensing system with high specificity and precision based on magnetic microspheres developed to detect cardiac troponin T (cTnT), which is the most specific diagnostic marker for AMI in cardiovascular diseases. Naive human cTnT protein in serum samples and antigens on functional magnetic microspheres will competitively bind with limited specific antibodies. After rapid removal of heterogeneous elements in the sera using a magnetic separator, fluorescein isothiocyanate-labeled immunoglobulin G is added to react with specific antibodies on the magnetic microspheres. Then, a flow cytometer is used to collect signals of different fluorescence intensities. The results show that the method is characterized by economy, high accuracy, and novelty. It can be used for the detection of cTnT in blood at 1.7–106.1 ng/mL, with a detection limit of 0.5 ng/mL. Thus, the proposed sensor improves the accuracy and efficiency of diagnosis before clinical deterioration of AMI.

1. Introduction

Acute myocardial infarction (AMI) is a threat to human health that causes disability and is characterized by high morbidity. Therefore, establishing a rapid and accurate diagnostic testing method at an early stage will reduce mortality, disability, and high costs [1–3]. So far, three techniques have been used in combination to confirm diagnosis: (a) clinical history examination of patients with ischemic chest pain, (b) dynamic evolution of an electrocardiogram (ECG) [4], and (c) detection of the fluctuation of concentration of serum biomarkers in myocardial necrosis or heart failure [5]. The first method is beyond the scope of this discussion, and the second method relies on experienced clinicians but has many uncertainties. This creates limitations in clinical and laboratory applications. According to previous reports, 25% of patients have no obvious typical symptoms and more than 50% of patients have no ECG changes. This has created obstacles to definite diagnosis in the development of ECG for AMI diagnostic purposes [6]. In comparison, serum index detection has been widely used in the diagnosis of AMI due to its simple detection process, high sensitivity, and strong specificity [7, 8].

Cardiac troponin (cTn) is a unique protein in cardiomyocytes, and very little of it is released in the serum of healthy people [9]. cTn includes three different subunits: cTnT, cTnI, and TnC. It acts as a regulatory protein in myocardial contraction and is released into the bloodstream when the heart is damaged. In addition, the detection of cTn has high sensitivity and specificity and may substitute traditional cardiac enzymes as a diagnostic indicator of AMI [10–14]. Therefore, the fluctuation of cTnT content is regarded as an important
2. Materials and Methods

2.1. Experimental Materials and Reagents. In this work, all the reagents were analytically pure. 2-(N-Morpholino)ethanesulfonic acid (MES) was purchased from GEN-VIEW SCIENTIFIC INC. Tween-20 was obtained from Amresco (Houston, USA). 1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide hydrochloride (EDC) and N-hydroxysuccinimide (NHS) were obtained from Sigma-Aldrich (MO, USA). Natural human cTnT protein was purchased from Abcam (Cambridge, UK). Rabbit anti-cTnT and goat anti-rabbit IgG/FITC (IgG–FITC) were obtained from Beijing Bios Antibodies Co., Ltd. (Beijing, China). Carboxyl-modified magnetic microspheres (a mean diameter particle of 4.5 μm) were purchased from BaseLine Chromtech Research Centre (Tianjin, China).

MES (50 mM) was adjusted to pH 6.0 and pH 5.0 to serve as an activation and coupling buffer, respectively. 0.1% (v/v) Tween-20 was dissolved in phosphate buffer saline (PBS, 10 mM, pH 7.4) to prepare PBST washing buffer. PBS supplemented with 0.1% (w/v) bovine serum albumin (BSA), 0.01% (v/v) Tween-20, and 0.05% (w/v) Na2S2O3 (PBSBTN) was used as a storage buffer. The activation buffer MES (50 mM MES, pH 6.0) and the coupling buffer (50 mM MES, pH 5.0) were prepared before use.

2.2. Magnetic Microspheres Covalently Coupled with cTnT. The immobilization of cTnT protein on the surface of the carboxylic magnetic spheres (1.07 × 10^6/mL) was performed in a 2 mL EP tube. Activating the carboxyl group involved washing it using the activation buffer MES and the coupling buffer. The activation buffer (200 μL) was added to the magnetic spheres (100 μL) and subjected to vortex oscillation for 30 s. Then, the buffer was suspended for 5 min and subjected to magnetic separation. Additionally, the microspheres were resuspended in 160 μL of coupling buffer, 20 μL of EDC (0.32 mM; dissolved in deionized water), and 20 μL of NHS (0.33 mM; dissolved in deionized water). After incubation for 30 min, the microspheres were separated by a magnetic separator and the supernatant was carefully discarded and washed three times with the coupling buffer. Then, the cTnT protein was added to the coupling buffer (1 mL) and incubated with the purified microspheres (2 mL) at 37°C for 2 h with shaking. After separating the coupled microsphere–cTnT conjugates using a magnetic separator, the supernatant was carefully discarded and the precipitate was washed 2 times. Next, 500 μL of blocking buffer was added into EP tubes and incubated at body temperature for 2 h. Finally, the microsphere–cTnT conjugates were enriched with a magnetic separator and washed 3 times using PBST. Then, the conjugates were stored in 1000 μL PBSBTN at 4°C in the dark for subsequent experiments.

2.3. Detection of cTnT. 100 μL of the serum sample with cTnT or cTnT standard dilution, 8 μL of magnetic microsphere–cTnT conjugate, and 100 μL of specific cTnT antibodies were added into an EP tube. The system was mixed using vortex oscillation and incubated for 150 min. After magnetic-enrichment and washing 3 times, 100 μL of goat anti-rabbit
IgG/FITC was added and incubated for 1 h. All the incubation samples were shaken at 37°C in the dark. The separation step took about 2 min, and after the washing buffer was removed, PBS (pH 7.4) was added into the system and fluorescent detection was performed in dedicated FACS tubes. Due to the quenching of organic fluorescence, the measurement had to be taken as soon as possible.

A flow cytometer was used to measure forward scattering (FSC), side scattering (SSC), and FITC signal (FL1) sources of each magnetic sphere. The functional spheres were mixed with serum diluent or a buffer containing cTnT. After incubation, fluorescently labeled probes were added to form a sandwich structure with fluorescence. The intensity signals of FSC, SSC, and FITC were negatively correlated with the concentration of cTnT.

2.4. Data Analysis. To optimize data from the FACSCalibur flow system, mean fluorescence intensity (MFI) is a desirable parameter in various severe conditions. The MFI computational formula was followed; it accurately reflects the concentration of cTnT in a sample or standard dilution solution, and the average fluorescence intensity (MFI) and binding reaction can be used as measurement indicators as shown in the following:

\[
\text{MFI} = \frac{S_n - S_{\text{min}}}{n}. \tag{1}
\]

In the formula, MFI is the average fluorescence intensity of each magnetic sphere–cTnT binding to the fluorescent probe under the same control conditions, \( S_n \) is the fluorescence signal detected in the sample or standard, and \( n \) represents the number of samples. Moreover, \( S_{\text{min}} \) is the background fluorescence signal intensity; the magnetic sphere–cTnT do not bind to any specific antibody or IgG/FITC.

\[
R(\%) = \frac{S_n - S_{\text{min}}}{S_{\text{max}} - S_{\text{min}}}, \tag{2}
\]

where \( R \) is the specific rabbit anti-cTnT antibody with a fluorescent binding reaction, \( S_n \) is the intensity of the fluorescence signal obtained in the sample or standard, \( S_{\text{min}} \) is the background fluorescence signal intensity and the magnetic sphere–cTnT do not bind to any specific antibodies or IgG/FITC, and \( S_{\text{max}} \) is the fluorescence signal intensity which of maximum anti-cTnT antibody coupled with functional magnetic spheres. In order to reduce possible errors in the statistical analysis, three independent experiments were performed on each sample.

\[
Y = A_2 + \frac{(A_1 - A_2)}{1 + (X/X_0)^p}. \tag{3}
\]

In the fitted curve formula, \( X \) is the concentration in the
3. Results and Discussion

3.1. Magnetic Microspheres Modified with cTnT. Magnetic microspheres were modified with the target protein cTnT to make them compete with anti-cTnT for binding. Figure 2(a) shows SEM (scanning electron microscope) images of natural (in the upper left corner) and functional (in the center) magnetic microspheres with smooth surfaces and rough textures, respectively, indicating that cTnT successfully adhered to the surface of the magnetic microspheres. Furthermore, biological analysis experiments verified the combination. The natural magnetic microspheres, microspheres–cTnT, and microspheres–BSA (magnetic microspheres coupled with BSA) were incubated with anti-cTnT followed by incubation with goat anti-rabbit IgG/FITC. As shown in Figure 2(b), only cTnT coupled with magnetic microspheres showed obvious fluorescence intensity, indicating that cTnT was successfully connected to the magnetic microspheres and had a high affinity for the corresponding antibodies.

3.2. Condition Optimization. As the diversity of complex element structures seriously threatens the sensitivity and specificity of the detection system, each condition was reexplored through experiments. In the general optimization stage, samples and standard targets were not added to the measurement, and the MFI of the FITC–IgG fluorescent reporter probe on the surface of the magnetic microspheres was used as an evaluation index.

The carboxyl groups on the magnetic particles allowed the covalent binding between cTnT and the microparticles to stabilize the structure of the functional magnetic microspheres. Furthermore, the higher concentration of coated antibodies added to the functional magnetic microspheres provided improved ability to capture the target. However, excessive coating antibodies may cause steric hindrance on the coating surface [29]. In order to optimize the concentration of rabbit anti-cTnT in the analysis system, $8.6 \times 10^4$ microspheres were used for this work. Therefore, $8 \mu L$ of magnetic microspheres and $100 \mu L$ of anti-cTnT at 25, 50, 100, 200, and 400 ng/mL were selected. Theoretically, the MFI of magnetic microspheres is positively correlated with the concentration of cTnT antibodies and is the optimal detection condition until the amount of anti-cTnT reaches saturation. Figure 3(a) shows that the MFI collected by the flow cytometer increased logarithmically until the concentration of anti-cTnT was 200 ng/mL, indicating that this was the ideal detection concentration.

Goat anti-rabbit IgG/FITC on the surface of coded magnetic microspheres served as signal molecules and was found to be negatively correlated with cTnT content in the sample or standard. An appropriate amount of IgG–FITC is essential for optimal fluorescence intensity and accurate quantification; therefore, different multiples of dilution concentrations were used. Figure 3(b) shows that the fluorescent intensity of coded microspheres gradually increased with increasing concentrations of anti-rabbit IgG/FITC with 0.8, 1.0, 1.3, 2, 4, and $100 \mu g/mL$ or dilution ratios of 1:2500, 1:2000, 1:1500, 1:1000, 1:500, and 1:20, respectively. However, MFI of FITC–IgG fluorescent reporter probes on the surface of magnetic microspheres reached saturation as the concentration of IgG–FITC became 4 $\mu g/mL$ or a ratio of dilution of 1:500. This shows that almost all anti-cTnT on the surface of the magnetic microspheres combined with IgG–FITC in the solution to guarantee optimal conditions.

In addition, incubation time is a crucial parameter that influences the combination of anti-cTnT and IgG–FITC with microspheres–cTnT and coded microspheres–cTnT, respectively. According to the antigen–antibody reaction theory, sufficient incubation time can increase the density of anti-cTnT on the microsphere surfaces. This has been proven with general western blot. However, considering the high sensitivity of FITC fluorescein to light and the stability of goat anti-rabbit IgG–FITC and rabbit anti-cTnT as well as to save time and reduce the fluorescence quenching of FITC, we obtained the results shown in Figure 3(c). Fluorescence intensity increased with incubation time between 30 and 150 min till the optimal time for anti-cTnT to couple with

![Figure 2](image-url)
magnetic microspheres was reached. Thus, 150 min was chosen as incubation time in subsequent experiments.

The optimal time for IgG–FITC binding is shown in Figure 3(d); all fluorescent antibodies bind to the magnetic microsphere cTnT at a maximum fluorescence intensity of 60 min. The incubation temperature is another important parameter for antigen–antibody immune recognition in vitro. The incubation temperature easily affects the fluorescence intensity or quantitative accuracy of FITC on the surface of magnetic microspheres. As shown in Figure 3(e), fluorescence intensities on the surface of the microspheres changed with increasing incubation temperatures between 10 and 60°C. The fluorescence intensity of conjugates increased with increasing incubation temperature from 10°C to 37°C, followed by a decreasing trend after 37°C. Therefore, the appropriate incubation temperature for anti-cTnT coupled with magnetic microspheres–cTnT and IgG–FITC linked with coded microspheres–cTnT was 37°C.

The cTnT in the samples or standard coupled with anti-cTnT through electrostatic attraction, van der Waals forces, hydrogen bonds, hydrophobic forces, and other less prominent stable combination methods. The noncovalent bond

![Figure 3](image_url)

**Figure 3**: (a) MFI of magnetic microspheres–cTnT incubated with different concentrations of anti-cTnT at 25, 50, 100, 200, and 400 ng/mL, respectively. (b) MFI of coded conjugations incubated with different concentrations of IgG–FITC, i.e., 0.8, 1.0, 1.33, 2.0, 4.0, and 100 μg/mL or at dilution ratios of 1 : 2500, 1 : 2000, 1 : 1500, 1 : 1000, 1 : 500, and 1 : 20, respectively. (c) MFI of magnetic microspheres–cTnT incubated with anti-cTnT for 30, 60, 90, 120, and 150 minutes. (d) MFI of coded conjugate incubated with different IgG–FITC concentrations for 10, 30, 60, 90, and 120 minutes. (e) Incubation temperatures of the reaction system at a range of 4, 15, 25, 37, 50, and 60°C. (f) Binding response of cTnT in the samples or standard with anti-cTnT at the first reaction step.
combination showed a certain degree of dependence on incubation time, and cTnT in the samples or standards combined with anti-cTnT in the solution. Appropriate incubation time could increase the coupling efficiency of all cTnT and anti-cTnT in the sample and standard solution, and the remaining anti-cTnT would bind to the cTnT on the surface of the magnetic microspheres thereby achieving high sensitivity and accurate quantification. In order to evaluate the binding reaction of cTnT and anti-cTnT in the solution, 100 ng/mL of cTnT in PBS (10 mM; pH 7.4) was selected. As shown in Figure 3(f), the maximum binding reaction incubation time was 0 min up to 84.97%. It is worth mentioning that direct and indirect competitions are used in a series of detection methods. Indirect competition incubates the cTnT in the samples or standards with anti-cTnT between 30 and 150 min before adding the magnetic microspheres-cTnT to the system. The direct competition mode involved the addition of functional magnetic microspheres, cTnT, and antibodies in serum samples or standards to the EP tube at the same time of the reaction. The results indicate that direct competition was an optimal method to decrease the influence of unstable antigen–antibody binding in the solution on lowering the SD (Standard Deviation) value.

3.3. Performance Verification. Fluorescence signals from the IgG–FITC attached to the magnetic microspheres were used to quantitatively determine analyte concentration. Figure 4(a) shows scatter plots (SSC-H vs. FSC-H) which helped to separate permitted or distinguished particle sizes. As shown in the scatter plots (FL1-H vs. FSC-H), 100 ng/mL of cTnT in the standard was used in the established detection system. After prior optimization work, the target cTnT dissolved into PBS was quantified using the established magnetic microsphere-based detection assay. According to the principle of direct competition and antigen–antibody reaction, the anti-cTnT adhering to the surface of the microspheres would reduce with increasing cTnT levels in the standard. Figure 4(c) shows a histogram of the magnetic microspheres, and the target concentration–responsive signal change in FL1 can be clearly observed. The binding reaction of the microspheres in each gradient experiment was calculated to quantitatively analyze the target protein in the solution on lowering the SD (Standard Deviation) value.

3.4. Accuracy. Accuracy is one of the key parameters to be evaluated in the detection system. The detection system is estimated through recovery additions of known amounts of the biomarker to healthy human sera as an additional evaluation approach [23]. Since the magnetic microspheres were uniform in size, they could be easily discriminated at the same location on the horizontal x-axis from their characterized background FSC signals (Figures 4(a) and 4(b)). The fluorescence signals of the monodisperse detected in the FL1 channel as shown on the vertical y-axis exhibited a clear decreasing tendency with the magnetic microspheres and coded magnetic microspheres. Herein, a series of cTnT standard solutions were analyzed to construct the fitting curves in Figure 4(c). From the changes of fluorescence signals of FITC to cTnT concentrations, the fitted binding response curve is plotted in Figure 4(d). The calibration equation was calculated as $Y = 0.024 + (0.994 – 0.024)/(1 + (X/12.095)^{1.135})$. The linear detection ranges ($R_{10} - R_{90}$) was calculated from 1.7 ng/mL to 106.1 ng/mL [23]. The accuracy evaluation experiments were conducted at five spiking levels (2, 5, 10, 20, and 50 ng/mL) in three duplicates for each gradient. As shown in Figure 4(e), the variation curve of binding response in the mock samples and the standard presents excellent correspondence, indicating high accuracy in the established detection method for the quantitation of cTnT.

3.5. Interference Research. The selectivity of this system should be partially attributed to the specific hybridization between the target cTnT and the antibodies on the magnetic microspheres. Therefore, different kinds of proteins were used to test the anti-interference performance and specificity of this strategy. The binding response was used to reflect the concentration of the target in complicated conditions. Bovine serum albumin (BSA); casein; a mixture of BSA, casein, and cTnT; and cTnT were dissolved in human serum to prepare an experimental gradient. As shown in Figure 5(a), the reduction in binding reaction was significant in the presence of cTnT, and further mixtures did not affect this reduction, indicating that the reduction was caused by cTnT. The obtained BSA and casein signals had almost no targets. This hybridization does not affect coupling between cTnT in the samples or standards and rabbit anti-cTnT. In short, depending on antigen–antibody recognition and antibody–IgG–FITC, this detection method showed high specificity for the target cTnT.

3.6. Application of Magnetic Microspheres Based on the Detection Method. Our method showed pronounced anti-interference performance and high specificity. Owing to the presence of magnetic microspheres, it is easy to remove excess fluorescent probes and other autofluorescent substances in the detection system to reduce background noise [30]. Furthermore, the versatility of the flow cytometer itself could resolve extraordinary complex analytical mixtures. Since the FSC signal only depends on the size of particles, by limiting the fluorescence collection to a population with an appropriate FSC signal, the fluorescent beads can be readily distinguished from any fluorescence interference [31]. Therefore, in order to prove the feasibility of this technique, it is important to apply this system to the detection of patient serum indexes [32].

cTnT is an important biomarker in the serum of patients with myocardial infarction. Another important parameter is that the minimum fluorescence intensity collected from the
magnetic microspheres must be greater than three times the background signal [33]. Based on the combination of target cTnT with anti-cTnT, antibodies with microspheres–cTnT, and fluorescence probe encoding magnetic microspheres–cTnT, the fluorescence intensity could be directly collected and then converted into a binding reaction through an analytical formula. cTnT was dissolved in human sera at concentrations of 0.1, 0.2, 0.5, 1, 2, 5, 10, 20, 50, and 100 to 150 ng/mL to construct our mock patient serum. The variation curve of fluorescence intensity is shown in Figure 5(b). The results
show that this is consistent with the trend of the binding reaction curve, and the horizontal line below is a signal-to-noise ratio curve, indicating that the quantification detection range of this method was below a concentration of 150 ng/mL. As shown in Figure 5(c), the corresponding curve was calculated from the detection concentration divided by the actual concentration in human sera. Therefore, points closer to the level on the graph indicate that they are approaching high specificity and accuracy. The cTnT concentrations in the range of 0.5 to 100 ng/mL showed pronounced sensing performance. Therefore, the limit of detection (LOD) is 0.5 ng/mL. Furthermore, depending on the calibration equation and accuracy analysis, the limit of quantification (LOQ) is 1.7-106.1 ng/mL in our method.

4. Conclusions

In summary, this experiment describes and validates a novel cost-effective magnetic microsphere-based flow cytometric method for rapid quantification of cTnT. This method takes advantage of magnetic microspheres and is easy to operate. The results show high accuracy and specificity in the quantification concentration gradient of 1.7-106.1 ng/mL, with a detection limit of 0.5 ng/mL. Furthermore, based on the advantages of flow cytometry, this method could be applied to detect more than one type of AMI biomarker at the same time, such as cTnT, cTnI, and creatine kinase isoenzymes (CK-MB), making the early diagnosis of AMI more accurate and rapid.

Data Availability

All datasets used in this study are included in the manuscript.

Conflicts of Interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

Acknowledgments

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