Anomalous diffusion is frequently described by scaled Brownian motion (SBM), a Gaussian process with a power-law time dependent diffusion coefficient. Its mean squared displacement is \( \langle x^2(t) \rangle \approx 2K_0 t^\alpha \) with \( x(t) \approx t^{\alpha-1} \) for \( 0 < \alpha < 2 \). SBM may provide a seemingly adequate description in the case of unbounded diffusion, for which its probability density function coincides with that of fractional Brownian motion. Here we show that free SBM is weakly non-ergodic but does not exhibit a significant amplitude scatter of the time averaged mean squared displacement. More severely, we demonstrate that under confinement, the dynamics encoded by SBM is fundamentally different from both fractional Brownian motion and continuous time random walks. SBM is highly non-stationary and cannot provide a physical description for particles in a thermalised stationary system. Our findings have direct impact on the modelling of single particle tracking experiments, in particular, under confinement inside cellular compartments or when optical tweezers tracking methods are used.

The passive, thermally driven diffusion of fluorescently labelled molecules or optically visible submicron particles is routinely measured inside living cells and complex liquids by methods such as single particle tracking and fluorescence correlation spectroscopy. Often the observed diffusion patterns deviate from the laws of Brownian motion and display anomalous diffusion characterised by the mean squared displacement (MSD)

\[
\langle \Delta x(t)^2 \rangle := \langle x(t)^2 - x(0)^2 \rangle \approx 2K_0 t^\alpha
\]

with the anomalous diffusion coefficient \( K_0 \) of dimension cm\(^2\) s\(^{-3}\). Depending on the magnitude of the anomalous diffusion exponent one distinguishes subdiffusion (\( 0 < \alpha < 1 \)) and superdiffusion (\( 1 < \alpha < 2 \)).\(^{3-5}\)

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In biological contexts one often invokes the concept of apparent subdiffusion, which is in fact a transient crossover between free normal diffusion with \( \alpha = 1 \) and the thermal plateau of the MSD in confinement.\(^{6}\) However, there is clear experimental evidence of long-ranged subdiffusion (\( 1 < \alpha < 2 \)) in living biological cells\(^{4,7-12}\) and in artificially crowded or structured liquids.\(^{13-17}\) The physical mechanisms for such anomalous diffusion are very varied, even considering the most common approaches: we mention the continuous time random walk approach,\(^{3,5,18}\) in which subdiffusion is effected by multiple trapping or sticking events with an emerging power-law distribution of waiting times, as seen in the data of ref. 9, 10 and 12. Alternatively, subdiffusion arises in fractal geometries with their dead ends and bottlenecks across spatial scales,\(^{19}\) an additional mechanism pinpointed in ref. 12. We also mention diffusion processes in which the anomaly arises from the spatial dependence of the diffusion coefficients,\(^{20-22}\) or from interaction of the tracer particle with a structured environment.\(^{23-26}\)

A special role play the Gaussian models for anomalous diffusion which belong to two families, that can best be distinguished on the Langevin equation level. The Mandelbrot–van Ness fractional Brownian motion (FBM) follows the stochastic equation \( \dot{x}(t) = \xi(t) \), where \( \xi(t) \) represents fractional Gaussian noise characterised by the covariance \( \langle \xi(t_1) \xi(t_2) \rangle \approx \sigma^2 (t_1 - t_2)^\beta \) which has long-ranged negative or positive correlations, respectively, for subdiffusion (\( 0 < \beta < 1 \)) or superdiffusion (\( 1 < \beta < 2 \)).\(^{27,28}\) FBM and the closely related fractional Langevin equation motion are physically related to the motion in a viscoelastic environment.\(^{29}\) In various experiments this type of motion was identified as single or partial component.\(^{9-11,13,30}\)

Here we focus on the second family of Gaussian anomalous diffusion models, namely, scaled Brownian motion (SBM).\(^{31}\) SBM is governed by the Langevin equation

\[
\dot{x}(t) = \sqrt{2K_0} \xi(t)
\]

where \( \xi(t) \) is white Gaussian noise with normalised covariance \( \langle \xi(t_1) \xi(t_2) \rangle = \delta(t_1 - t_2) \). The prefactor in eqn (2) is the power-law time dependent diffusion coefficient.
\[ \mathcal{X}(t) = 2K_x t^{z-1}, \]

which decreases or increases in time for 0 < z < 1 and 1 < z < 2, respectively. SBM is used to model anomalous diffusion in a wide range of systems,\textsuperscript{32–37} in particular, in FRAP experiments.\textsuperscript{38} In terms of the time dependent diffusivity, the MSD (1) can be rewritten as \( \langle x^2(t) \rangle \approx \mathcal{X}(t) \times t \). Originally, the diffusion process with a time dependent diffusivity was introduced by Batchelor in the description of relative diffusion in turbulence.\textsuperscript{39}

For unconfined SBM the probability density function is the Gaussian\textsuperscript{31}

\[ P(x, t) = \frac{1}{\sqrt{4\pi K_x t^2}} \exp \left( -\frac{x^2}{4K_x t^2} \right). \]

It has exactly the same form as the free PDF of FBM,\textsuperscript{31} if only both processes are started at the origin. Despite this deceiving similarity, we show that SBM is fundamentally different from FBM and all other anomalous diffusion models mentioned above. Most importantly, we show that it cannot represent a physical model for anomalous diffusion in stationary or thermalised systems. Concurrently, the remarkable properties of SBM revealed here may have other relevant applications, as briefly discussed below.

**Time averaged mean squared displacement for unconfined SBM**

While we are used to think of a diffusion process in terms of the MSD (1) calculated as the spatial average of \( x^2 \) over the probability density function \( P(x, t) \), single particle tracking experiments typically provide few but long individual time series \( x(t) \). These are evaluated in terms of the time averaged MSD\textsuperscript{5}

\[ \overline{\langle x^2(D) \rangle} = \frac{1}{t-D} \int_{0}^{t-D} \left( x(t') + D - x(t') \right)^2 dt', \]

where \( t \) is the length of the time series (measurement time) and \( D \) the lag time. In an ergodic system for sufficiently long \( t \) ensemble and time averages provide identical information, formally, \( \langle x^2(D) \rangle = \lim_{t \to \infty} \overline{\langle x^2(D) \rangle} \) for different trajectories are identical. For anomalous diffusion the behaviour of the MSD (1) and the time averaged MSD (5) may be fundamentally different. Simultaneously \( \overline{\langle x^2(D) \rangle} \) for different trajectories may become intrinsically irreproducible. This phenomenon of irreproducibility and disparity \( \langle x^2(D) \rangle \neq \lim_{t \to \infty} \overline{\langle x^2(D) \rangle} \) is usually called weak ergodicity breaking\textsuperscript{3} and was discussed in detail for the subdiffusive CTRW.\textsuperscript{5,41–45}

For SBM the mean of the time averaged MSD over multiple trajectories \( i \), \( \langle \overline{\langle x^2(D) \rangle} \rangle = N^{-1} \sum_{i=1}^{N} \overline{\langle x^2(D) \rangle} \) can be derived from the Langevin eqn (2), yielding\textsuperscript{48}

\[ \langle \overline{\langle x^2(D) \rangle} \rangle = \frac{2K_x}{(z+1)} \times \left[ 1 - \left( \frac{D}{t} \right)^{1+z} - \left( 1 - \frac{D}{t} \right)^{1+z} \right]. \]

In the limit \( D \ll t \), we recover the behaviour\textsuperscript{49}

\[ \langle \overline{\langle x^2(D) \rangle} \rangle \sim 2K_x \frac{A}{t^{1-z}}, \]

and when the lag time \( D \) approaches the measurement time \( t \) the limiting form

\[ \langle \overline{\langle x^2(D) \rangle} \rangle \sim 2K_x t^{1/2} \left( t - D \right) + 2(z-1)K_x \left( t - D \right)^{1/2} \]

describes a cusp around \( D = t \). Result (6) is important to deduce the full behaviour of \( \overline{\langle x^2(D) \rangle} \) when \( D \) approaches \( t \), as shown in Fig. 5 in the Appendix.

In Fig. 1 we show results from simulations of the SBM process for both sub- and superdiffusion, observing excellent agreement with the analytical findings. We also see that the scatter between individual trajectories is very small. Such scatter is a characteristic of subdiffusion and was discussed in detail for the subdiffusive CTRW processes.\textsuperscript{40,46} For CTRW subdiffusion we found pronounced scatter between \( \overline{\langle x^2(D) \rangle} \) from individual trajectories even in the limit of extremely long trajectories \( t \to \infty \).\textsuperscript{5,40,41} While for FBM the scatter vanishes for longer \( t \), a signature of the ergodic nature of FBM.\textsuperscript{29,40,46,50} The amplitude scatter of individual \( \overline{\langle x^2(D) \rangle} \) can be characterised in terms of the dimensionless variable \( \xi = \overline{\langle x^2(D) \rangle} / \langle \overline{\langle x^2(D) \rangle} \rangle \). If \( \xi \) has a narrow distribution around \( \xi = 1 \) and the width decreases with increasing \( t \), the process is usually considered ergodic. This width is characterised in terms of the ergodicity breaking parameter \( EB = \langle \xi^2 \rangle - \langle \xi \rangle^2 \). For SBM it was found\textsuperscript{49}

\[ EB = \begin{cases} 4I_a(A/t)^2, & 0 < z < 1/2 \\ \frac{1}{3}(A/t)\ln(t/A), & z = 1/2 \\ \frac{4z^2}{3(2z - 1)}(A/t), & z > 1/2 \end{cases} \]

with the integral \( I_a = \int_0^1 dy \int_0^y dx \left( (x + 1)^z - (x + y)^z \right)^2 \).\textsuperscript{49} The EB parameter for SBM thus clearly decays to zero for increasing \( t \). For \( z = 1 \) we obtain the known form \( EB = \frac{1}{3} A/t \) for Brownian motion. The \( A/t \) scaling also characterises FBM for \( z < 3/2 \).\textsuperscript{50} Our analysis for SBM shows that the scatter distribution \( \phi(\xi) \) is indeed narrow and bell shaped, albeit it is broader than the Gaussian form predicted for FBM in ref. 46 (see Fig. 6). It decreases with the ratio \( A/t \) and thus indicates a reproducible behaviour between individual trajectories. The coexistence of the disparity \( \overline{\langle x^2(D) \rangle} \neq \langle x^2(D) \rangle \) and asymptotically vanishing ergodicity breaking parameter, \( \lim_{t \to \infty} EB = 0 \) is a new class of non-ergodic processes the more detailed mathematical nature of which remains to be examined.

From the analysis so far for free motion we can see that the SBM process has a truly split personality. Thus, on the one hand SBM's PDF is identical to that for free FBM. On the other hand, however, in contrast to the ergodic behaviour \( \overline{\langle x^2(D) \rangle} \) of FBM for sufficiently long \( t \)\textsuperscript{40,50} SBM exhibits weak ergodicity breaking \( \overline{\langle x^2(D) \rangle} \neq \langle x^2(D) \rangle \), as demonstrated by...
comparison of eqn (7) with eqn (1). This scaling form \( \delta^2 \propto D_{\text{E}}^{-1} t^{a} \) exactly matches the result for CTRW subdiffusion\(^5\),\(^4\),\(^0\) or diffusion processes with space-dependent diffusivity.\(^2\),\(^0\) Unlike the weakly non-ergodic dynamics of the latter two, for SBM the fluctuations around the mean \( \left\langle \delta^2 \right\rangle_{\text{DE}} \) measured by the distribution \( f(x) \) are narrow and decrease with longer \( t \). We now show that the behaviour of confined SBM is also unconventional.

**Confined SBM**

An important physical property of a stochastic process is its response to external forces or spatial confinement. From an experimental point of view, this is of relevance to tracer particles moving in the confines of cellular compartments or when the particle is traced by the help of optical tweezers, which exert a Hookean restoring force on the particle.\(^9\) We study the paradigmatic case of an harmonic potential \( V(x) \propto \frac{1}{2} k x^2 \), for which the motion is governed by the Fokker–Planck equation

\[
\frac{\partial}{\partial t} P(x, t) = \frac{\partial}{\partial x} \left( k x + \mathcal{X}(t) \frac{\partial}{\partial x} \right) P(x, t), \tag{10}
\]

which follows directly from the Langevin eqn (2) with the additional Hookean force term \(- k x(t)\). Note that in absence of the external force \( k = 0 \) this equation is that of Batchelor.\(^39\) For the MSD we find an exact expression in terms of the Kummer function \( M_\alpha \),\(^5\),\(^1\)

\[
\left\langle x^2(t) \right\rangle = 2 K_a \delta^2 e^{-2 k t} M(\alpha, 1 + \alpha, 2 k t), \tag{11}
\]

from which we obtain the initial free subdiffusion (1) for \( t \ll 1/k \) and the scaling form

\[
\left\langle x^2(t) \right\rangle \sim \alpha K_a k^{-1} t^{\alpha - 1} \tag{12}
\]

in the long time limit \( t \gg 1/k \). For subdiffusion (0 < \( \alpha < 1 \)) the MSD thus has a power-law decay to zero, while for superdiffusion (1 < \( \alpha < 2 \)) it grows indefinitely. In the normal diffusion limit \( \alpha = 1 \), eqn (12) yields the thermal value \( \left\langle x^2 \right\rangle_{\text{th}} = \frac{K_1}{k} \) of a system kept at temperature \( T \). In that case, the diffusion coefficient \( K_1 \) fulfills the Einstein relation.\(^6\),\(^3\) This counterintuitive behaviour of SBM is due to the fact that the time dependence of the diffusivity \( \mathcal{X}(t) \) corresponds to a time dependent temperature\(^5\),\(^2\) or a time dependent viscosity. Thus SBM is a most non-stationary process that never reaches stationarity. Fig. 2 corroborates this analytical result with simulations based
Discussion

As we showed SBM is a truly paradoxical stochastic process. Somewhat similar to a chameleon, each time we compare SBM with other established anomalous diffusion processes we find certain similarities. Looking at the sum of its features, however, SBM is an independent process with a range of remarkable properties.

For free SBM the probability density function $P(x,t)$ equals that of FBM, despite the fact that both processes are governed by different stochastic (Langevin) equations. SBM’s time averaged MSD scales equally to those of the weakly non-ergodic CTRW subdiffusion and diffusion processes with space-dependent diffusivity. Despite this weakly non-ergodic character of the mean time averaged MSD $\langle \delta^2 \rangle$, the amplitude scatter between the time averaged MSD $\delta^2$ of individual realisations is small and the distribution is bell shaped, as otherwise observed for the ergodic FBM or for Brownian motion of finite time $t$. In that sense SBM represents a new class of non-ergodic processes.

The most striking behaviour of SBM is, however, its strongly non-stationary behaviour under confinement. Instead of relaxing to a plateau the MSD acquires a power-law decay or growth mirroring a continuously decreasing or increasing temperature encoded in SBM’s time dependent diffusion coefficient $\kappa(t)$.

SBM is thus at variance with the currently available experimental observations in complex liquids using single particle tracking by video microscopy or by optical tweezers tracking of single submicron particles. Thus the free anomalous diffusion data garnered so far was classified into FBM-like and CTRW-like behaviour, or combinations thereof. Note that also for fluorescence correlation spectroscopy experiments recent analysis tools corroborated an FBM nature of the data. For optical tweezers tracking of lipid granules in different complex liquids the subdiffusive time averaged MSD either continues to grow under confinement, reflecting the non-ergodic features of CTRW or it relaxes to a plateau value mirroring an ergodic dynamics.

How can FBM and SBM have the same distribution (4) in free space? Simply put for FBM, the viscoelastic properties of the environment effecting the long-range correlations of FBM lead to a frequency dependent response of the environment to a disturbance, while the materials properties remain unchanged in time. For free FBM this gives rise to the subdiffusive MSD (1), in which the time dependent diffusivity effectively encodes the frequency dependent response of the viscoelastic environment. The distribution (4) for FBM and its description in terms of a Fokker–Planck equation of the form (10) is treacherous, however. This can already be seen when we use the PDF (4) or the dynamics eqn (10) to calculate the first passage behaviour. This procedure leads to the wrong result and the full analytical description of FBM in the presence of boundaries remains elusive, a difficulty imposed by the highly correlated fractional Gaussian noise driving its Langevin equation. In contrast, SBM, according to its Langevin description (2), is driven by uncorrelated noise but the environment itself is changing as function
of time, effecting an extremely non-stationary process. The equivalence of the PDF (4) of both processes is thus simply due to the fact that a Gaussian PDF is completely defined by its second moment, the MSD (1).

With its interesting behaviour that is so different from the other conventional anomalous diffusion models, SBM may indeed have relevant applications to weakly coupled or fully adiabatic systems, as well as for active systems, in which the existence of a temperature is not meaningful. In particular, in the superdiffusive case SBM or analogous dynamics with other increasing effective diffusivities may represent an alternative approach to active Brownian motion.56

The difference of SBM to other processes can also be seen in Fig. 4. For the subdiffusive case a sample trajectory of SBM is compared to that of FBM and the noisy CTRW,47 in which the pure subdiffusive CTRW is superimposed with Ornstein–Uhlenbeck noise to accommodate the thermal noise of the environment observed in experiments.25 We see that SBM with its Gaussian probability density function and uncorrelated driving noise appears more similar to the noisy CTRW motion, albeit it has a more pronounced tendency to reach larger amplitudes than the CTRW with its waiting time periods. The fluctuations of SBM are dramatically less than those of the anticorrelated FBM, which also shows the largest amplitudes in x(t). For superdiffusion, we compare SBM with a noisy version of the Lévy walk process57 and again with FBM. Note the vastly different size of the window shown on the ordinate. This time, the persistent FBM shows pronouncedly larger excursions and a distinct reduction of the noise compared to SBM. The shape of x(t) of the latter does not appear to be qualitatively different from the subdiffusive case. The noisy CTRW is fundamentally different from both SBM and FBM. Despite their disparate physical nature and their dissimilarity when setting one against the other in a direct comparison, we note that generally it is difficult to identify a stochastic process solely from the appearance of the recorded trajectory.

From this discussion it is obvious that one thing is to have at our disposal a handy and easy-to-use description for anomalous diffusion processes: SBM with its Gaussian and uncorrelated nature appears deceivingly simple and is therefore easy to implement in numerical analyses and descriptions such as diffusion limited reactions. However, it is yet another thing to consider the physical relevance of a model process. Using SBM with its time-dependent diffusion coefficient violates the physical setting in typical experiments, in which the system is held at approximately constant temperature and its predictions are at odds with actual observations. The unphysical nature for the kind of processes we have in mind is most obvious for confined motion. In contrast, FBM and fractional Langevin equation motion are ergodic processes with the physical background of an effective particle motion in a viscoelastic multi-body environment. FBM and fractional Langevin equation motion exhibit a transient disparity between the MSD and the time averaged MSD under confinement.15 Weakly non-ergodic CTRW processes emerge due to immobilisation periods that are imprinted on the dynamics by the structure of the environment or binding events to the environment. Finally, diffusion processes with space dependent diffusivities arise naturally in non-homogeneous systems such as biological cells or subsurface aquifers. To extract physically meaningful information from anomalous diffusion data one needs to have some physical insight into the observed process and properly analyse the data using complementary tools5,10–12,15,47,58–60 before settling for the appropriate physical model.

We finally note that it will be interesting to compare the predictions of the SBM model in the superdiffusive range 1 < α < 2 with that of active processes in viscoelastic environments, which in the relevant overdamped limit are of FBM type.61,62

**Appendix**

The covariance of the position for SBM in an harmonic potential follows from the Langevin eqn (2). Our result is

\[
\langle x(t_1) x(t_2) \rangle = 2K^2 e^{-K(t_1+t_2)} M(\alpha, 1 + \alpha, 2Kt_1) \quad (14)
\]

for \( t_1 < t_2 \). In absence of the confinement \( k = 0 \) the covariance reduces to the MSD (1) and in the Brownian limit \( \alpha = 1 \) we recover the familiar covariance

\[
\langle x(t_1) x(t_2) \rangle = \frac{K^2}{k} \left( e^{-K(t_2-t_1)} - e^{-K(t_1+t_2)} \right). \quad (15)
\]

---

**Fig. 4** Individual trajectories of anomalous stochastic processes: FBM, SBM, and noisy CTRW (nCTRW), for subdiffusion with \( \alpha = 1/2 \) (top) and superdiffusion with \( \alpha = 3/2 \) (right).
A remarkable behaviour is due to the pole in the defining expression (5). We show the result for $x = \frac{1}{2}$ and $x = \frac{3}{2}$. The measurement time $t = 10^5$. Top: free SBM. For the superdiffusive case the dashed black line of unity slope aids in demonstrating the non-linear behaviour of $\langle \delta^2(t) \rangle$. Bottom: SBM in an harmonic potential with $k = 0.1$. Note the different ranges of the abscissa in the two cases. For the extremely small window for the subdiffusive case needed to illustrate the cusp at $A \to t$ and the relatively large variation of $\langle \delta^2(t) \rangle$ the MSD $\langle x^2(t) \rangle$ appears almost constant.

From eqn (14) we derive the exact result for the time averaged MSD (5),

$$\langle \delta^2(t) \rangle = \frac{2K_r}{1+2}(t-A)^{2}e^{-2k(t-A)} \times M(1+x,2+x,2k|t-A|)$$

$$+ \frac{2K_s}{(1+x)(t-A)}[t^{1+x}e^{-2k}\times M(1+x,2+x,2kt)]$$

$$-A^{1+x}e^{-2kA}M(1+x,2+x,2kA)]$$

$$= \frac{4K_r}{1+2}(t-A)^{2}e^{-2k(t-A)} \times M(1+x,2+x,2k|t-A|).$$

(16)

To derive the limit (13) of the time averaged MSD for confined SBM in the long time limit $t \to \infty$ we use the property

$$M(\alpha,1+\alpha,\alpha) \sim \frac{\Gamma(1+\alpha)}{\Gamma(\alpha)} \times e^{x} \frac{e^{x}}{x}$$

(17)

of the Kummer function.\textsuperscript{51}

In Fig. 5 we illustrate the convergence of the time averaged MSD $\langle \delta^2(t) \rangle$ to the value of the MSD $\langle x^2(t) \rangle$ in the limit $A \to t$.

In Fig. 6 we demonstrate the bell shaped scatter around the ergodic value $\xi = 1$, for $A = 1$ (top) and $A = 10$ (bottom), as well as $x = \frac{1}{2}$.

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