Effect of Constant Rate Infusion of Xylazine & Xylazine Morphine Combination on Sedation, Analgesia and Ataxia in Horses

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Abstract

In standing horses, notable sedation and analgesia may be attained by using α₂-agonists/opioids combinations relative to α₂-agonists alone. Therefore, this study aimed to evaluate the effect of a constant rate infusion (CRI) of xylazine (XYL) alone or in combination with morphine (XYL/MOR) on sedation, analgesia and ataxia in horses. Five adult healthy horses were assigned to receive two sedative protocols at one week interval as follows, XYL (0.55 mg/kg of xylazine IV directly followed by xylazine CRI of 1.08 mg/kg/hour followed later by saline bolus and a CRI of saline) and XYL/MOR (0.55 mg/kg of xylazine IV directly followed by xylazine CRI of 0.66mg/kg/hour followed later by morphine 0.15 mg/kg, IV and morphine CRI of 0.1 mg/kg/hour). The effect of both protocols on sedation, analgesia and ataxia was assessed following xylazine administration by 10, 15 minutes and later at 15 minutes interval for 120 minutes during infusion of the tested combinations and every 15 minutes for 60 minutes after cessation of infusion. Relative to baseline, significant changes in sedative and analgesic scores were detected for 120 minutes with significant ataxia for only 15 minutes following both treatments. Addition of morphine to xylazine produced significantly higher sedation scores compared to xylazine alone for 120 minutes with slightly higher analgesic scores at some time points without significantly different ataxia scores in between. In conclusion, xylazine/morphine protocol had a superior sedative effect compared to xylazine alone consequently it might be better alternative to xylazine protocol during standing interventions in horses.

Keywords: Xylazine; Morphine; Sedation; Analgesia; Ataxia; Horses

Abbreviations: CRI: Constant Rate Infusion; MOR: Morphine; XYL: Xylazine; NRS: Numerical Rating Scale; MFSS: Multifactorial Sedation Scale; ANOVA: One-Way Analysis of Variance

Introduction

Virtually, standing sedation is a prominent approach in equine practice whereas it eliminates the risks and expenses associated with general anesthesia and provides a suitable option for veterinarians to conduct various diagnostic and surgical procedures in horses with a deteriorated physical status [1-4]. α₂-adrenoceptor agonists are routinely used during different standing procedures but sedation produced by these drugs alone is less reliable as the sedated horses may be aroused and respond unexpectedly to imposed stimuli especially to touch which represents a danger both to the horse and personnel involved [5-8]. For this, many authors recommended the use of α₂-agonists in combination with opioids to improve their sedative and analgesic effects and to prolong their duration of action [9-11]. Furthermore, due to the dose-dependent side effects of α₂-agonists, administration of opioids with them was proposed to reduce their required doses [12]. Standing sedation for prolonged duration can be conducted by administration of α₂-agonists either as repeated bolus or as constant rate infusion (CRI). Application of CRI is the preferable approach as it results in stable depth of sedation along with reduction of required drug doses. Moreover, the profound cardiovascular effects following bolus administration tend to stabilize over time during the CRI [13,14]. Morphine is a pure agonist opioid analgesic which was successfully used as CRI in combination with repeated xylazine boluses and medetomidine in horses undergoing various standing surgical procedures [15-17]. Based on the previously reported merits of α₂-agonists/
opioid combinations along with importance of xylazine as the most economically and extensively used sedative agent for horses in Egypt, the present study aimed to evaluate the effects of a CRI of xylazine alone or in combination with morphine on sedation, analgesia and ataxia in horses.

Materials and Methods

Animals

Five adult mixed breed horses (four males and one female) aged 15.60±5.77 years and weighing 286.33±16.01kg were enrolled in this study. The horses were considered healthy and free from painful conditions based on physical examination, complete blood count and serum biochemistry analyses. This study was approved by the Ethical Committee of the Faculty of Veterinary Medicine, University of Sadat City. For the entire duration of the study, the horses were kept in their stall (provided with hay with free access to water) belonging to University of Sadat City.

At the end of the day prior to experiment, horses were weighed and the hair over right jugular vein was shaved for placement of venous catheter. Food but not water was withheld from horses for 12 hours before the experiment. On the day of the study, horses were kept in a stock in a quiet room and allowed at least two hours to acclimatize to their surroundings. Fly repellent was also applied to the skin of the horses to decrease external stimulation. The right jugular vein was catheterized under local anesthesia with subcutaneous lidocaine 2% (2mL) using a 16-gauge catheter (45mm, Harsoria health care, Haryana, India). Jugular catheter was connected to a three-way stopcock valve (Ghatwary medical Co, Alex, Egypt) that was secured in position for connection of the two infusion sets utilized for CRI of the studied drugs. Horses were subjected to two consecutive sedation protocols with a week wash out period in between. Subsequently, two treatment groups were evaluated.

Xylazine (XYL) Group: Horses received an intravenous bolus of xylazine at dose of 0.55 mg/kg followed by a CRI of 1.08 mg/kg/hour. After 5 minutes, about 10mL saline bolus was administered over 2 minutes followed by CRI of saline. The CRI of xylazine and saline were conducted at a rate of 1 drop/second through separate infusion sets attached to a three-way stopcock valve.

Xylazine/Morphine (XYL/MOR) Group: Horses received an intravenous bolus of xylazine at dose of 0.55 mg/kg. Thereafter, a CRI of xylazine (0.66mg/kg/hour) was started. About 5 minutes later an intravenous bolus of morphine was injected over 2 minutes at dose of 0.15mg/kg diluted in 0.9% saline to a volume of 10mL. Immediately afterwards, CRI of 0.1 mg/kg/hour of morphine was started at a rate of 1 drop/second.

Assessments

During the study, degree of sedation and analgesia was assessed at 10,15 minutes following xylazine administration and later every 15 minutes for 120 minutes during the CRI of the studied drugs and every 15 minutes after stopping the infusion for 60 minutes (135, 150, 165 and 180 minutes after xylazine administration).

Evaluation of the Degree of Sedation

| Variable                        | Score | Description                                    |
|---------------------------------|-------|-----------------------------------------------|
| Head Drop %                     | 0     | No head lowering (head height was equal or higher than baseline) |
|                                 | 1     | Head slightly lowered (<40%)                   |
|                                 | 2     | Head moderately lowered (40–60%)               |
|                                 | 3     | Head markedly lowered >60%                     |
| Response to Auditory Stimulation| 0     | Horse raised its head briskly and ears were erected or laid back |
|                                 | 1     | Horse calmly raised its head                   |
|                                 | 2     | Ear twitched or horse moved slightly           |
|                                 | 3     | No observable response                         |
| Response to Visual Stimulation  | 0     | Undiminished response, animal move away vigorously |
|                                 | 1     | Muted response or subdued reaction and movements |
|                                 | 2     | Reaction significantly subdued (elevates head slightly) |
|                                 | 3     | No signs of visual arousal                     |
| Response to Tactile Stimulation | 0     | Rapid and marked response (head shake) to stimulation. It was also awarded when test was extremely difficult to be performed |
|                                 | 1     | The response was easily elucidated but was slower |
|                                 | 2     | The response was sluggish and only elicited by prolonged stimulation |
|                                 | 3     | No response                                   |
| Total Score of Sedation Degree  | 0-3   | No sedation                                   |
Degree of sedation was assessed based on determination of the head drop percentage. At each recording time, head drop percent was estimated by measuring the change in distance from the most ventral bony portion of the chin to the ground (in centimeters) with respect to baseline head height using a measuring tape attached to chin region [8,17,18]. For determination of baseline head height, the horses were observed for 15 minutes before drug administration and the most frequently observed head position was recorded as the baseline head height. A numerical rating scale ranged from 0-3 was used to score the degree of head drop at each observation time using a modification of scoring system previously listed by [17] (Table 1). Degree of sedation was also assessed by evaluating the response of studied horses to auditory, visual and tactile stimuli. Auditory stimulation was performed by clapping hands approximately 60 centimeters from the horse head according to [19]. The horse response to the used stimulus was subsequently scored using a scale modified from [3]. Visual stimulation was done by waving a piece of cloth towards the animal head with scoring of its reaction using scoring system previously described by [20,21]. Tactile stimulation was carried out by touching inside the pinna of the ear using pen with subsequent scoring for the resultant response using a scale modified from Clarke et al. [9,11].

The behavioral response of the studied horses to different imposed stimuli (auditory, visual and tactile) was subjectively scored from 0-3 (Table 1). For overall scoring of the degree of sedation exhibited by each animal at each observation period, the score of head drop as well as the scores of horse response to auditory, visual and tactile stimuli were summated to develop a final multifactorial sedation scale (MFSS) as presented in Table 1.

### Evaluation of the Degree of Analgesia

Analgesic effect was assessed depending on the animal response to two nociceptive stimuli, needle prick and electrical stimulation. In needle prick method, a 22-gauge, 1.25-inch needle was thrust to its whole length just once at the right and left flank regions, alternatively after aseptic preparation of the proposed area. The animal response to needle prick was graded from 1-5 based on a numerical rating scale (NRS) (Table 2) adapted from [3]. Electrical stimulation method was based on determination of electrical nociceptive threshold. To evaluate the nociceptive threshold, an electrical stimulus (100Hz and 1ms) was applied to the horse skin at the shoulder region via two adhesive electrodes connected to electric muscle stimulator device (Healthtronic muscle stimulator JH4207, China).

| NRS | Response to Pinprick                          |
|-----|-----------------------------------------------|
| 1   | Dramatic response (the horse was alert and moved, kicked, or bit) |
| 2   | Moderate response (the horse raised its head briskly and ears were erect or laid back) |
| 3   | Mild response (the horse calmly raised its head) |
| 4   | Slight or barely perceptible response (the ear twitched or horse moved slightly) |
| 5   | No observable response                        |

The shaved skin over shoulder region was washed with water and soap and degreased twice with alcohol and dried before attaching the electrodes of the muscle stimulator. The electrodes were placed 7cm apart and secured in position using a sheet of adhesive and transparent medical tape. At each observation period, the intensity of electrical stimulus was gradually increased and intensity of the stimulus at which the animal turned its head back towards the stimulus (avoidance response) was recorded and considered as the end point (electrical nociceptive threshold). The displayed output of the electric muscle stimulator unit does not reflect the exact voltage of the electrical stimulus. Therefore, the electrodes of the unit were subsequently connected to an oscilloscope (FLUKE–PM 3394A, Holland) to determine the voltage corresponding to each recorded electrical stimulus throughout the study period.

### Evaluation of Ataxia

| NRS | Degree of Ataxia                          |
|-----|-------------------------------------------|
| 0   | No ataxia                                 |
| 1   | Mild ataxia (the horse was stable but slightly swaying |
| 2   | Moderate ataxia (the horse was swaying and leaning against the stock |
| 3   | Intense ataxia. The horse was leaning against the stock and swaying with its hind limbs crossed and its forelimbs buckling at the carpal joints |

### Table 2: Numerical rating scale (NRS) used to assess analgesic effect in needle prick method.

| NRS | Degree of Ataxia                          |
|-----|-------------------------------------------|
| 0   | No ataxia                                 |
| 1   | Mild ataxia (the horse was stable but slightly swaying |
| 2   | Moderate ataxia (the horse was swaying and leaning against the stock |
| 3   | Intense ataxia. The horse was leaning against the stock and swaying with its hind limbs crossed and its forelimbs buckling at the carpal joints |

Table 3: Numerical rating scale used to assess degree of ataxia.
Degree of ataxia was evaluated at different time points by using the numerical rating scale [22]. At each time point the animal was given a score ranged from 0-3 as listed in Table 3. To enhance reliability of the used scales for measuring the degree of sedation and analgesia, performance of the adopted methods and the assessment of the horses, response were conducted by the same observer who was unaware of treatment given. Degree of ataxia was also evaluated by same observer.

**Statistical Analysis**

Statistical analysis was performed with SPSS 16.0 software (SPSS, USA). The parametric variables involving head drop percent and electrical nociceptive threshold were analyzed using a one-way analysis of variance (ANOVA) with Dunnett’s post-test for comparisons of means within each group in relation to baseline. Comparisons between groups at each time were performed with one-way ANOVA followed by Tukey’s test. The Friedman test was used for the non-parametric variables including response scores to auditory, visual and tactile stimuli as well as sedation, ataxia and needle prick scores. The results of parametric variables were expressed as mean ± standard deviation whereas non-parametric results were expressed as the median (range). The level of significance was set at p<0.05.

**Results**

In both studied groups, the classic symptoms of sedation (head dropping, eyelid ptosis, ataxia and ear tip and lip separation) were evident just after xylazine administration. Considering the observed alterations in head height, head was significantly dropped below baseline from 10 minutes till 120 minutes in XYL and XYL/MOR groups. The maximum head drop percent was demonstrated at 10 minutes in XYL group (64.40±4.04) and at 30 minutes in XYL/MOR group (68.80±6.06). Head drop percent did not show significant differences in between treatments however it tended to be lower in XYL/MOR group than xylazine group till 120 minutes (Figure 1). Assessment of the horses, reaction to auditory, visual and tactile stimulation revealed that, both protocols induced a significant reduction in the response of horses to the used stimuli from 10 minutes up to 120 minutes relative to baseline. Significantly lower reaction to auditory stimulation was also evident in XYL/MOR group than XYL group at 30 minutes however significant difference was not detected among groups considering their response to visual and tactile stimuli (Table 4). Despite of this, slightly lower response to tactile stimulation was documented in XYL/MOR compared to XYL group. Regarding the degree of sedation, from 10 up to 120 minutes, significantly deeper sedation was demonstrated in all treatment groups than baseline. For the 120 minutes infusion period, moderate sedation was the most observable sedation whereas in XYL group, it was evident in all horses for 120 minutes, in XYL/MOR group, it was recorded in all horses at 10, 15, 90, 105 and 120 minutes and in four horses at other times (as intense sedation was evident in one horse).

**Table 4:** Median (range) of response scores to auditory, visual and tactile stimuli and sedation scores in horses after receiving a constant rate infusion of xylazine either alone (XYL) or combined with a constant rate infusion of morphine (XYL/MOR).

| Time (minutes) | Variables to auditory stimulation | Treatment | Baseline | 10 | 15 | 30 | 45 | 60 | 75 | 90 | 105 | 120 | 135 | 150 | 165 | 180 |
|---------------|----------------------------------|-----------|---------|----|----|----|----|----|----|----|----|----|----|----|----|----|
|               |                                  | XYL       | 1(0-2)  | 2(2-3)| 2(2-3)| 2(2-3)| 2(2-3)| 2(2-3)| 2(2-3)| 2(2-3)| 2(2-3)| 2(1-3)| 1(0-2)| 1(0-2)| 1(0-2)| 1(0-2) |
|               |                                  | XYL/MOR   | 1(0-2)  | 2(2-3)| 2(2-3)| 3(3-3)³ | 3(2-3)| 3(2-3)| 2(3-3)| 3(2-3)| 3(2-3)| 3(2-3)| 1(0-2)| 1(0-2)| 1(0-2)| 1(0-2) |
Within each group, the highest sedation scores were obtained at 10 and 15 minutes in XYL and at 30 and 45 minutes in XYL/MOR. In between treatments, sedation scores were significantly higher in XYL/MOR group compared to XYL group till 120 minutes (Table 4). With respect to analgesic effect of the studied treatments, significant increase in response scores to needle prick as well as electrical nociceptive threshold was demonstrated in all groups from 10 till 120 minutes relative to baseline. Despite lack of significant difference between groups, using both nociceptive models a slightly higher analgesic effect was evident in XYL/MOR group than XYL group at some time points. Comparing both models, all groups produced similar baseline scores to needle prick at 135 minutes while slight analgesic effect (not significant) was evident using electrical stimulation at 135 minutes in XYL and at 135, 150 and 165 minutes in XYL/MOR group. Data in Table 5 also illustrated the presence of significantly higher ataxia scores in both groups than baseline at 10 and 15 minutes. At these time points, mild ataxia was exhibited by four horses in XYL group with moderate ataxia in the remaining one while in XYL/MOR group, mild ataxia was evident in two horses with moderate ataxia in three horses. Throughout the study, degree of ataxia did not vary significantly in between groups.

Table 5: The Median (range) of response scores to needle prick, Mean ± SD values of electrical nociceptive threshold and Median (range) of ataxia scores in horses after receiving a CRI of xylazine either alone (XYL) or combined with a CRI of morphine (XYL/MOR).

| Variables                     | Treatment       | Baseline | 10     | 15     | 30     | 45     | 60     | 75     | 90     | 105    | 120    | 135    | 150    | 165    | 180    |
|-------------------------------|-----------------|----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Response to needle prick      | XYL             | 3(1-4)   | 4(3-5) | 4(2-5) | 4(2-5) | 4(2-5) | 4(2-5) | 4(2-5) | 4(2-5) | 4(2-5) | 4(2-4) | 3(1-4) | 3(1-4) | 3(1-4) | 3(1-4) |
|                               | XYL/MOR         | 3(1-4)   | 5(3-5) | 5(3-5) | 5(3-5) | 5(3-5) | 3(5-3) | 3(5-3) | 3(5-3) | 3(5-3) | 3(1-4) | 3(1-4) | 3(1-4) | 3(1-4) | 3(1-4) |
| Ataxia Score                  | XYL             | 0(0-0)   | 1(1-2) | 1(1-2) | 1(0-1) | 0(0-1) | 0(0-1) | 0(0-1) | 0(0-1) | 0(0-1) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) |
|                               | XYL/MOR         | 0(0-0)   | 2(1-2) | 2(1-2) | 1(0-2) | 0(0-1) | 0(0-1) | 0(0-1) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) | 0(0-0) |

Note: Shaded timepoints indicate significant difference (p<0.05) from baseline.
Discussion

Due to increasing trend towards the use of standing sedation in horses for performance of various interventions and due to the necessity for reliable standing protocols with minimal side effects this study was established to evaluate and compare a morphine CRI/low xylazine CRI with high xylazine CRI. Following administration of α2-agonists, the classical signs of sedation (head lowering and dropping of eyelids, dropping of ears and lower lip) were recorded by many authors [18,23-26]. Consistently in the current study, similar symptoms were showed by all horses shortly after xylazine administration. Observable sedation achieved by α2-agonists can be mediated by their binding to α2-receptors located in the locus coeruleus of the pons which subsequently blocks norepinephrine release and produces sedation [27,28].

The discrepancy between both studies could be due to a slightly lower infusion rate used in XYL/MOR group which was easy to use and allowed determination of the analgesic properties of xylazine and xylazine/tramadol combination [10]. Regarding the analgesic effect, it is a commonly used method to investigate antinociception produced by analgesics in horses [34]. This method also seemed satisfactory to compare the analgesic effect of each of xylazine and detomidine given alone or combined with tramadol and to compare the analgesic effect of xylazine CRI with/out a CRI of lidocaine [10,22,35].

To evaluate the electrical nociceptive threshold, electrical stimulus was applied to shoulder region of horses instead of limbs as ataxia observed with α2-agonists may increase the number of false negative responses as the animal may not respond even if it experiences pain [26,36]. Furthermore, opioids may cause excitement and locomotor stimulation in conscious and pain-free horses which may hinder the observer’s interpretation of the response to the stimulus applied to the limb where the response is lifting the limb [37,38]. Also, to increase reliability of the used electrical test, the distance between the electrodes of the electric muscle stimulator device was standardized throughout the study to avoid possible changes in resistance that could affect the current on which stimulus intensity depends [36]. Both nociceptive test models, was easy to use and allowed determination of the analgesic effect of the studied treatments. The used models elucidated the analgesic effect of xylazine in horses. Consistently, xylazine associated analgesia was detected in different studies [3,10,23,39].

The attained analgesia can be explained by a direct spinal action of α2-agonists on α2-adrenoceptors which initiates pre-and post-synaptic inhibitory mechanisms [40,41]. Pre-synaptically, the release of neurotransmitter norepinephrine is inhibited while post-synaptically hyperpolarization of the cell membrane prevents further transmission of stimuli [40]. Supraspinal sites of action are also proposed for analgesia produced by α2-agonists [42]. Co-administration of morphine with xylazine resulted in slightly improved analgesia compared to using xylazine alone but they were not statistically different. The lack of significant difference could be attributed to the lower infusion rate used in XYL/MOR group.
compared to XYL group. Another cause could be the short-term nociception produced by needle prick and electrical stimulation methods whereas, nociception resulted from short-term electrical stimulation responds less to opioid analgesics than prolonged pain which involves an inflammatory component in the processing of nociceptive stimuli [43]. Therefore, despite the lack of significance observed under this experimental condition, we could speculate that, XYL/MOR combination could be the superior combination under clinical conditions as the animal would suffer from a more prolonged pain. Ataxia was a frequently reported complication following xylazine administration to horses [20,30]. Considering this and to mild ataxia reported mainly following xylazine bolus (0.55mg/kg) [22], we selected to use similar bolus dose of xylazine in order to limit its deleterious ataxic effect as the greatest ataxia usually occur in the time points close to administration of boluses. The obtained results revealed that this selection was adequate as moderate ataxia was the greatest level of ataxia that was encountered and was only detected in one horse in xylazine group. Furthermore, according to our results we speculated that tested xylazine protocol could have lesser ataxic effect compared to that previously used by [20]. Addition of morphine to xylazine caused slightly higher ataxia compared to xylazine alone however both groups were not significantly different. In agreement with these findings, morphine slightly increased the medetomidine induced ataxia in horses [17]. Despite of this, moderate ataxia was also the greatest degree of ataxia detected in this group which considered to be acceptable during standing procedures in horses [17].

Conclusion
Xylazine/morphine treatment was efficient to produce superior sedative effect and slightly better analgesic properties compared to xylazine treatment despite using lower xylazine infusion rate in combination with morphine. Based on this along with dose-dependent side effects of α₂-agonists, this protocol might be taking care of the examined animals during the study period.

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Conflict of Interest
No conflict of interest

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