Detection of SARS-CoV-2 by antigen ELISA test is highly swayed by viral load and sample storage condition

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ABSTRACT

Background: Rapid increase in COVID-19 suspected cases has rendered disease diagnosis challenging, mainly depending upon RT-qPCR. Reliable, rapid, and cost-effective diagnostic assays that complement RT-qPCR should be introduced after thoroughly evaluating their performance upon various disease phases, viral load, and sample storage conditions.

Objective: We investigated the correlation of cycle threshold (Ct) value, which implies the viral load and infection phase, and the storage condition of the clinical specimen with the diagnosis of SARS-CoV-2 through our newly developed in-house rapid enzyme-linked immunosorbent assay (ELISA) system.

Method: Naso-oropharyngeal samples of 339 COVID-19 suspected cases were collected and evaluated through RT-qPCR that were stored up to 30 days in different conditions (i.e. –80°C, –20°C and initially at 4°C followed by –80°C). The clinical specimens were evaluated with our in-house ELISA system after finalizing the assay method through checkerboard assay and minimizing the signal/noise ratio.

Result: The ELISA system showed the highest sensitivity (92.9%) for samples with Ct ≤30 and preserving at –80°C temperature. The sensitivity reduced proportionally with increasing Ct value and preserving temperature. However, the specificity ranged between 98.3% and 100%.

Conclusion: The results indicate the necessity of early infection phase diagnosis and lower temperature preservation of samples to perform rapid antigen ELISA tests.

1. Introduction

In the current pandemic situation of coronavirus disease 2019 (COVID-19), people worldwide are suffering as the number of cases so far has crossed 185 million and still counting along with more than 4 million deaths [1]. To date, no specific therapies or treatments for COVID-19 has been developed [2]. Even though few vaccines have been introduced, some already have achieved approval, while others are in either development or trial phases; for worldwide distribution, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) variants and efficacy are still a significant concern [3–6]. Hence the early and quick diagnosis is undoubted essential [7,8]. Primarily, reverse transcriptase quantitative polymerase chain reaction (RT-qPCR) and chest computed tomography (chest-CT) were considered the powerful diagnostics for SARS-CoV-2 identification, and a combination of both tests is recommended [9–11]. However, RT-qPCR is accepted as the gold standard for detecting SARS-CoV-2 in COVID-19 suspected cases.

Several underdeveloped or developing countries are at a disadvantage due to the lack of quality laboratory setup, proper sample handling tools, safety equipment such as personal protective equipment (PPE) and well-trained laboratory personnel [12–14]. Furthermore, the high-cost RT-qPCR test is in contention of being an economic burden for the low or mid-income population [15,16]. Besides, a moderate-to-high rate of false-negative results and recent claims about false-positive results of SARS-CoV-2 RT-qPCR created unintended complications in diagnosing the disease [17,18].

Understanding the circumstance, the World Health Organization (WHO) has consented to implement antigen detecting rapid diagnostic tests (Ag-RDTs) for the rapid diagnosis of case clusters and widespread community transmission.
2. Method and materials

2.1. Reagents

Two different types of SARS-CoV-2 nucleocapsid (NCP)-specific monoclonal antibodies (MAB), mouse MAB (MMAB), and rabbit MAB (RMAB), and horseradish peroxidase (HRP) conjugated anti-rabbit secondary antibody was purchased from SinoBiological, China. However, chemicals used such as 3,3′,5,5′-Tetramethylbenzidine (TMB) (Dojindo Molecular Technologies, USA), peroxidase substrate (Wako, Japan), and H2SO4 (Sigma-Aldrich, Germany) were of reagent grade. A semi-auto microplate ELISA reader (Thermo-Fisher Scientific, USA) was used to obtain the final optical density (OD) value at 450 nm.

2.2. Clinical specimen

Naso- oropharyngeal samples were collected in viral transport medium (VTM) for the real-time RT-qPCR test followed by our antigen ELISA test. Samples were obtained from Enam Medical College and Hospital, Gonoshasthaya Samaj Vittik Medical College, situated in Savar, Dhaka, and Gonoshasthaya RNA Molecular Diagnostic and Research Center Dhaka Metropolitan Area. Specimens were handled carefully with complete protection and processed in a biosafety level 2 cabinet (Airstream, Esco Class II Biological Safety Cabinet, Singapore).

2.3. SARS-CoV-2 detection using RT-qPCR

Primarily molecular test (RT-qPCR) was operated as the ‘gold standard’ to confirm SARS-CoV-2 positive/negative cases using samples within 1–3 hours after collection. Total RNA was collected from samples using the FavorPrep Viral Nucleic Acid Extraction Kit (Favorgen Biotech, Taiwan), using the manufacturer’s protocol. Later, one-step RT-qPCR was carried out using GoTaq 1-Step RT-qPCR System (Promega, USA) and Novel Coronavirus (2019-nCoV) Nucleic Acid Diagnostic Kit (Sansure Biotech). For the former RT-qPCR system, CDC 2019-nCoV Real-Time RT-qPCR primers, i.e. SARS-CoV-2 specific N1, N2 target genes, and Human RNase P gene, while for the latter SARS-CoV-2 typical N and ORF1ab target genes and Human RNase P genes were used. The CFX-96 real-time thermal cycler (Bio-Rad Laboratories, Inc., Hercules, CA, USA) was used for nucleic acid amplification. For GoTaq 1-Step RT-qPCR System, the RT-PCR thermal cycling initiated with reverse transcription at 50°C for 30 minutes followed by hot-start activation at 95°C for 2 minutes, 45 cycles of denaturation at 95°C for 15 seconds, and annealing/extension at 55°C for 30 seconds, with signal acquisition during the annealing/extension stage of cycling. A similar protocol with slight variation (cDNA pre-denaturation at 95°C for 1 minute and annealing/extension at 60°C) was maintained for Novel Coronavirus (2019-nCoV) Nucleic Acid Diagnostic Kit.

2.4. Sample preservation

After the RT-qPCR test, an adequate amount of remaining samples in the VTM were stored, including negative and positive samples at −80°C, −20°C, and 4°C for up to 30 days. The samples stored primarily at 4°C for 1 week were transferred to −80°C and kept there until the 30 days’ preservation period. These samples were designated as ‘4°C followed by −80°C.’ After 30 days of preservation in different conditions, samples were analyzed using this rapid in-house antigen ELISA system.

2.5. Assay plate preparation

Immunoplate 96-well flat-bottom plate (Extra Gene, USA) was coated with different dilution (1:50, 1:100, and 1:200) 100 μL/well of mouse SARS-CoV-2 NCP specific monoclonal antibody using coating buffer (sodium bicarbonate, pH >9) and incubated either overnight at 4°C or 37°C for an hour following our previously established ELISA methods [22,23]. The unbound
antibody was then decanted, and nonspecific interaction was blocked using blocking buffer (150 µL/well; phosphate buffer saline (PBS), 0.1% Tween-20, 2% bovine serum antigen (BSA)), which was then incubated at 37°C for an hour. Wells were washed with 1x wash buffer (50 mm Tris, 0.05% Tween 20, 0.1% SDS, 0.8% NaCl, distilled water) and prepared for the assay procedure.

2.6. Standardization and LOD determination

The ELISA procedure was standardized by checkerboard analysis using various concentrations of capture MMAb (1:50–1:200), detection RMA (1:500–1:1000), and secondary antibody (1:1000–2000). Primarily, the SARS-CoV-2 NCP protein (Sino Biological, China) was used in different concentrations (1:50–1:400) for standardization and limit of detection (LOD) optimization.

Moreover, we determined the plausible cross-reaction between capture antibody (1:12.5–100) and secondary antibody (1:1000–2000) using different concentrations, maintaining the detection antibody concentrations as same (1:500–1000) with no added NCP protein/sample in the well. The selection of different concentrations for checkerboard analysis and the incubation period was determined based on our previously developed rapid ELISA method for the determination of SARS-CoV-2 anti-NCP IgG/IgM/IgA, anti-receptor binding domain (RBD) IgG/IgM/IgA, anti-spike-1 (S1) IgG/IgM/IgA, and anti-whole spike (S1+S2) IgG/IgM/IgA in human serum [22,23].

2.7. Standardization using sample

After standardization using NCP, we used one confirmed (symptomatic patient and RT-qPCR positive) positive sample and an RT-qPCR negative sample with no symptoms to verify our protocol further. Each step was tested in triplicate, otherwise mentioned.

2.8. Evaluation using clinical specimens

The stored RT-qPCR samples, both positive (n = 147) and negative (n = 192), were examined using the optimized condition of this rapid in-house ELISA system and the determined sensitivity and specificity.

2.9. Assay procedure

Naso-oropharyngeal samples were added to each well at 1:4 dilutions in diluent buffer (PBS, 0.1% Tween 20, 1% Bovine Serum Albumin) and incubated at 37°C for 15 minutes. Each plate contains positive (n = 1), negative (n = 3), and plate controls with no added sample (n = 2), including other tested samples. The wells were washed five times afterward with ELISA wash buffer followed by the addition of RMAb and incubated at 37°C for 10 minutes. Five times wash after incubation, HRP-conjugated specific anti-rabbit monoclonal antibody was added and further incubated (37°C) for 5 minutes. After incubation, subsequent wash (5 times) was done, followed by the addition of tetramethylbenzidine (TMB) (100 µL), and the plate was kept until 5 minutes at room temperature for the color development in a dark place. Adding 100 µL of 1.5 M Sulfuric Acid (H₂SO₄), the reaction was stopped, and the OD was measured at 450 nm.

2.10. Estimation of cutoff value

The cutoff value was estimated with the negative samples previously tested negative in RT-qPCR and collected from healthy individuals. The mean OD value of the negative controls (n = 3) was determined as the cutoff value. Sample crossed the cutoff OD value at 450 nm was considered as positive. For a sample to be negative, the value should be equal to or less than the Cutoff OD.

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\text{Cut-off OD} = \frac{\text{OD average}}{\text{Mean OD of negative control}}
\]

2.11. Statistical analysis

Sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) with 95% confidence interval (95% CI) of this ELISA assay were determined to investigate its performance. Analyses were performed with STATA 13 (StataCorp, LP, College Station, Texas, USA), and GraphPad Prism 7.05 was used for graphical presentation.

2.12. Ethical approval

This study was approved by the National Research Ethics Committee (NREC) of Bangladesh [Reference No.: BMRC/NREC/2019-2022/1042]. Human participants in this study were enrolled, maintaining the NREC’s ethical standards and the 1964 Helsinki Declaration. The participants consented to their participation through consent forms and willingly provided their samples for the study.

3. Results

3.1. Sample characterization

A total of 339 specimens were primarily examined with RT-qPCR. As a result, both the positive (n = 147) with different ranges of Ct values (<30, <35, and <40) and negative (n = 192) samples were determined. All the remaining RT-qPCR examined samples stored (n = 339, stored up to 30 days, at −80°C (n = 192), −20°C (n = 31), and 4°C followed by −80°C (n = 116)) in VTM for further analysis with our rapid in-house antigen ELISA system.

3.2. Protocol establishment

The checkerboard analyses were done in three repetitions using different conditions to establish the protocol. After the primary checkerboard, analyses were carried out to check the cross-reactivity among MMAb, RMAb, and secondary antibodies (Figure 1(a)). We found that 1:100 dilution of MMAb, 1:1000 dilution of RMAb, and 1:2000 dilution of secondary goat anti-rabbit HRP tagged antibody provided the lowest optimum cross-reaction. Later,
commercial SARS-CoV-2 NCP was employed to validate the assay principle. Different concentrations of recombinant NCP (0.25, 0.5, 1.0, 2.0 ng/ml) were challenged, where the assay successfully detected NCP proteins even at 0.25 ng/ml level (Figure 1(b)). Later, we tested our assay with RT-qPCR positive and negative samples, and like the NCP challenge test, our assay successfully differentiated the positive and negative samples (Figure 1(c)). Interestingly, the cross-reaction was much lower when the secondary antibody concentration was 1:4000, and hence, we selected this condition for the in-house antigen ELISA system.

3.3. Clinical evaluation

We observed and collected data on the working of our ELISA system in various conditions based on sample preservation (stored in −80°C, −20°C, and 4°C followed by −80°C) and Ct value (i.e. ≤30, ≤35, and ≤40). After examining all the stored samples in our in-house rapid SARS-CoV-2 antigen ELISA system, the specificity and sensitivity of the system, including the entire preserved positive (Ct ≤40, n = 147) and negative (n = 192) samples, were determined as 61.9% and 99.0% respectively (Table 1). Categorizing the samples according to the preserving conditions, higher sensitivity (70.7%) was achieved for the samples stored directly at −80°C as compared
to the sensitivity of samples stored at −20°C (44.4%) and 4°C followed by −80°C (54.0%) (Table 1, Figure 2). Interestingly, average Ct values for samples stored at −80°C, −20°C, and 4°C followed by −80°C were 34.05 ± 4.84, 32.70 ± 3.92, and 26.40 ± 4.40, respectively, indicating that samples stored in −80°C can not only detect COVID-19 in the acute phase but recovered phase also (Figure 2).

Similar observation with better sensitivity was found when positive stored samples with Ct value ≤35 were evaluated. In that case, the sensitivity for the samples stored at −80°C increased to 89.6%. Similarly, the sensitivity for samples stored at −20°C (60.0%) and 4°C followed by −80°C (54.8%) also increased (Table 1, Figure 3). The pattern of sensitivity was similar in positive samples with Ct ≤30. Interestingly, our inhouse ELISA system demonstrated the highest sensitivity (92.9%) for −80°C preserved positive samples (Table 1, Figure 4). The sensitivity for samples stored at 4°C followed by −80°C was found 61.1%, which was better than the other two categories of Ct value (i.e. ≤35 and ≤40) for that particular preserving condition. Although the sensitivity at −20°C was found to be 100%, we do not consider that as only one positive sample remained at −20°C after Ct >30 exclusion.

4. Discussion

To date, molecular tests, essentially RT-qPCR, are regarded as the standard for SARS-CoV-2 detection. However, in a meta-analysis published by Kim et al., the sensitivity of RT-qPCR was investigated to be 89% (PPV ranged from 47.3% to 96.4%, NPV ranged from 96.8% to 99.9%). In that same study, the pooled sensitivity of chest CT was found even higher as compared to RT-qPCR (94% (95% CI: 91%, 96%)), although for low prevalence regions, chest CT would not be suitable because of the higher rate of a false-positive result [11,24]. Besides, these complex processes perhaps would not meet the urgency of quick and early diagnosis of vast amounts of suspected cases. Hence it necessitates the essentiality of a rapid antigen detection kit [11,12,14]. A few antigen kits have been developed recently to detect the SARS-CoV-2 [25–29]. However, no ELISA technique has been published for antigen assessment of SARS-CoV-2 to date.

Among the available SARS-CoV-2 antigen kits, Cerutti et al. evaluated the performance of STANDARD Q COVID-19 Ag by SD Biosensor, which presented 70.6% sensitivity where they could detect only one positive sample with Ct value <37 and one sample with Ct value = 35. The rest of the samples detected to be positive had Ct values <35. However, only 7% of the total sample used was stored at −20°C [30]. Fenollar et al. assessed Panbio Covid-19 rapid antigen detection test device, where they found higher sensitivity (75.4%) in positive samples (Ct <35), but the device struggled to maintain specificity (94.8%) using freshly collected samples [25]. In contrast, Torres et al. also evaluated the same device immediately after specimen collection and found lower sensitivity (48.1%) but higher specificity (100%) [26]. COVID-19 Ag Respi-Strip was evaluated by Scohy et al., where they determined a lower sensitivity (30.1%), although the specificity was 100%. However, they did acknowledge that unless the test was done immediately for a sample, they would preserve it at 4°C [27]. Interestingly, this association of sample preservation in 4°C with lower sensitivity does correlate with our observations. Furthermore, SARS-CoV-2 NADAL® COVID-19 Ag displayed 64.2% sensitivity only when the Ct values of the positive samples were ≤30 [28]. Besides, according to
Kohmer et al., an FDA-approved antigen detection kit also demonstrated 50% sensitivity when the Ct value of positive samples ranged between 22.13 and 36.46 [29].

In our in-house rapid antigen ELISA system, considering all the preserving conditions, we obtained higher sensitivity (69.6%) when the Ct value of positive samples was ≤35 compared to the sensitivity (61.9%) we perceived for positive samples Ct value up to 40 (Table 1; Figures 2 and 3). Following the same pattern of the inverse relation of Ct value and sensitivity, the highest sensitivity (75.4%) was achieved for samples with Ct value ≤30 (Tables 1 and 2, Figure 4). Ct value of RT-qPCR has an inverse correlation with viral load [31]. It is our understanding that most of the commercially available antigen kits could detect valid positive samples when the Ct value is less than 35 and detects better when the Ct value is even lower (e.g. Ct <25) [28,30]. Hence, these observations correlate with the result of our antigen ELISA system (Table 2). Usually, the viral load is higher in the acute phase of infection [32]. Therefore, earlier diagnosis just after the symptom onset or acute phase of the disease is better for the exact result, especially in the antigen-based detection system.

Proteasomal degradation of viral NCP has been previously observed in host cells [33]. Using our in-house ELISA system, we observed that the false-negative ratio of RT-qPCR positive samples (Ct <35) stored at 4°C followed by −80°C (34/62) was much higher when compared to samples stored at −80°C (43/48) and −20°C (3/5) indicating the possibility of proteasomal degradation of viral NCP during storage especially in a higher preserving temperature (Table 1). However, due to the sample storage time and temperature variation for each sample, we could not determine the relation between sample storage time and our assay’s sensitivity. Nevertheless, our in-house ELISA system achieved 99.0% specificity for overall samples. We assume the plausibility of false-negative results in RT-qPCR for the negative samples in our antigen ELISA system.

To conclude, our observation displays a significant correlation between Ct value and preserving temperature with the
diagnosis of SARS-CoV-2 antigen by ELISA method. Both present an inverse correlation between sample quality during preservation and the sensitivity of the system. Moreover, our antigen ELISA system demonstrated a significant performance that can be commercialized as a cost-effective and rapid diagnostic tool for SARS-CoV-2 detection compared to NAAT-based methods (~8 times lower) and would verify higher accuracy than currently available quick antigen kits.

4.1. Limitation of the study

We concede the dissimilarities in the number of samples stored as a limitation of this study. We further acknowledge the limitation of not re-confirming the assumption of the false-negative result that slightly reduced the specificity of this antigen ELISA system to 99%. Moreover, sample storage time varied among each sample before final testing. Henceforth, we could not determine the storage time effect on the outcome of the assay. Moreover, unavailability of the BSL-3 facility and limitation of the fund, the LOD of the assay could not be determined by inactivated SARS-CoV-2 virus and cross-reactivity with other respiratory pathogens.

4.2. Recommendations

Antigen test for COVID-19 detection is generally suggested for screening purposes and is not preferred, while RT-qPCR setup is available. Nevertheless, due to the surge of newer SARS-CoV-2 variants, unavailability of RT-qPCR facility, scarcity of reagents, consumables, and trained human resources, it is suggested to screen the symptomatic patients with an antigen test [6,34-36]. If positive results are found in kits having high specificity, the result can be trusted. Nevertheless, if symptomatic patients are given negative consequences, a retest should be performed, or a sample should be sent for RT-qPCR testing. Likewise, asymptomatic patients should not be assessed with an antigen test. Moreover, antigen tests should be carried out in the BSL-2 facility or under the biosafety cabinet using proper PPE, as infectious samples are handled during testing. High-throughput antigen testing, such as ELISA, should be implemented for screening while reducing the burden on molecular testing.

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Author contributions
All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis, and interpretation, or in all these areas; took part in drafting, revising, or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted, and decided to be accountable for all aspects of the work.

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