Arsenic Trioxide and Resveratrol Show Synergistic Anti-Leukemia Activity and Neutralized Cardiotoxicity

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Abstract

Cardiotoxicity is an aggravating side effect of many clinical antineoplastic agents such as arsenic trioxide (As2O3), which is the first-line treatment for acute promyelocytic leukemia (APL). Clinically, drug combination strategies are widely applied for complex disease management. Here, an optimized, cardi-friendly therapeutic strategy for APL was investigated using a combination of As2O3 and genistein or resveratrol. Potential combinations were explored with respect to their effects on mitochondrial membrane potential, reactive oxygen species, superoxide dismutase activity, autophagy, and apoptosis in both NB4 cells and neonatal rat left ventricular myocytes. All experiments consistently suggested that 5 μM resveratrol remarkably alleviates As2O3-induced cardiotoxicity. To achieve an equivalent effect, a 10-fold dosage of genistein was required, thus highlighting the dosing advantage of resveratrol, as poor bioavailability is a common concern for its clinical application. Co-administration of resveratrol substantially amplified the anticancer effect of As2O3 in NB4 cells. Furthermore, resveratrol exacerbated oxidative stress, mitochondrial damage, and apoptosis, thereby reflecting its full range of synergism with As2O3. Addition of 5 μM resveratrol to the single drug formula of As2O3 also further increased the expression of LC3, a marker of cellular autophagy activity, indicating an involvement of autophagy-mediated tumor cell death in the synergistic action. Our results suggest a possible application of an As2O3 and resveratrol combination to treat APL in order to achieve superior therapeutics effects and prevent cardiotoxicity.

Introduction

Due to its substantial anticancer effect, arsenic trioxide (As2O3) has been recommended as the front-line agent for treatment of acute promyelocytic leukemia (APL), particularly for cases of relapsed or refractory APL [1–3]. Although generally considered an effective at suppressing the proliferation of APL cancer cells and in cell apoptosis [9–12]. Indeed, enrichment of mitochondrial cardiomyocytes enhanced their susceptibility to oxidative damage compared to other cells [19]. Accordingly, a prophylactic strategy was proposed that is based on maintaining mitochondrial function to guard against As2O3-induced oxidative stress [14]. This suggests that natural, strong antioxidants might be ideal drug candidates. Recently, such antioxidants have been investigated as rational cardioprotectants against the cardiotoxicity induced by As2O3, including the flavonoid genistein (Gen) as well resveratrol (Rev), a stilbene that is enriched in red wine [15,16]. These investigations have pointed to the use of a combination treatment of Gen or Rev (Gen/Rev) and As2O3 as a novel therapeutic strategy for APL to prevent cardiotoxicity. Nonetheless, many important issues have yet to be considered. First, the exact mechanism regarding the cardioprotective effect of Gen/Rev against As2O3 remains elusive. Second, due to poor bioavailability of polyphenolic compounds, a reasonable and feasible choice of drugs is necessary [17]. Third, the potential antitumor effects of the use of Gen/Rev and As2O3 in combination in APL are unknown. Finally, although previous studies have validated the anticancer effect of Gen and Rev independently [18,19], it is still unknown whether they can be effective at suppressing the proliferation of APL cancer cells and
assist As$_2$O$_3$. This is a particularly important line of evidence that is required to determine whether the proposed new method is superior to the currently widely applied As$_2$O$_3$ monotherapy strategy.

Therefore, in this study, the ability of these two natural antioxidants, Gen and Rev, to reverse As$_2$O$_3$-induced oxidative stress injuries and simultaneously enhance the anticancer effect of As$_2$O$_3$ was investigated in vitro in neonatal rat left ventricular myocytes (NRLVMs) and NB4 cells, respectively. Our experiments focused on drug-induced alterations of mitochondria-derived ROS generation and the secondarily triggered cell apoptosis. Due to an intrinsic functional relationship between the mediators implicated in regulating oxidative stress and autophagy [20], we also measured the protein expression of LC3, a marker of cellular autophagy activity. We designed these experiments with the aim of providing mechanism-based answers to the open questions related to the potential of Gen/Rev plus As$_2$O$_3$ combinatorial therapy for APL.

Materials and Methods

Reagents and drugs

Gen and Rev were provided by Xi’an QingYue Biotechnology Co. Ltd. (China) and Sigma Chemical Co. (St. Louis, MO, USA), respectively. As$_2$O$_3$ was acquired from Harbin YI-DA Pharmaceutical Limited Company. The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT), cell-penetrating lipophilic cationic fluorochrome JC-1 (5,5′,6,6′-tetrachloro-1,1′,3,3′-tetraethylbenzimidazole-carboxylic acid iodine), the Total Superoxide Dismutase Assay Kit with 2-(4-iodophenyl)-3-(4-nitrophenoxy)-5-(2,4-disulfophenyl)-2H-tetrazolium, monosodium salt (WST-1), and Annexin V-FITC Apoptosis Detection Kit were bought from Beyotime Institute of Biotechnology (China) and stored at −20°C in the dark. The 2′,7′-dichlorofluorescein diacetate (DCFH-DA) was provided by Molecular Probes (Eugene, OR, USA). The TUNEL detection kit was purchased from Roche (Cell Death Detection Kit; Roche Biochemicals; Mannheim, Germany). LC3A/B monoclonal antibody was purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA).

Culture of NB4 cells and NRLVMs

Human promyelocytic leukemia NB4 cell line, established in 1991 from a patient suffering from APL having the t(15;17) translocation, was a kind gift from Dr. M. Lanotte (INSERM Unit301, St Louis Hospital, Paris, France) [21]. NB4 cells were collected, washed two times in RPMI1640, counted and resuspended at 500,000 cells/ml in RPMI1640 with 10% fetal bovine serum (FBS). After 24 h cultivation, the cells were sedimented by centrifugation (1500 × g for 5 min). NRLVMs were isolated from neonatal rat hearts of 1- to 2-day-old Sprague-Dawley rats. Briefly, the rats were immersed in 75% alcohol and decapitated, and the hearts were then quickly removed and seeded in 100 mL of serum-free medium and stored in FBS-free medium. Hearts were cut into small pieces with scissors and digested with 0.1 M NaOH and the protein concentration was determined by the Bio-Rad microprotein assay in 96-well plate using bovine serum albumin as the standard. The GSH level was expressed as nmol GSH/mg cellular protein.

Measurement of mitochondrial membrane potential (MMP)

JC-1 was applied to explore the effects of Gen and Rev on mitochondrial function by measuring MMP in As$_2$O$_3$-treated cardiomyocytes and NB4 cells. Cells were placed in a 6-well plate and cultured for 12 h at 37°C and then incubated with Rev (5 μM) or Gen (50 μM) for 1 h prior to co-treatment with As$_2$O$_3$, or were incubated with As$_2$O$_3$ alone for another 12 h. A concentration of 5 μM and 2 μM of As$_2$O$_3$ was used for NRLVMs and NB4 cells, respectively. The cells were then further incubated with 10 μM DCFH-DA at 37°C for 30 min, and then washed twice with serum-free medium and stored in FBS-free medium. Cellular DCF fluorescence intensities were detected by confocal microscopy with excitation and emission spectra of 488 nm and 525 nm, respectively.

Measurement of intracellular GSH

NB4 cells or NRLVMs were seeded in 6-well plate. After the cells grew into 90% confluence, they were treated with Rev + As$_2$O$_3$ or Rev at the indicated concentration. After 24 hours of Rev + As$_2$O$_3$ or Rev exposure, the cells were trypsinized, harvested and centrifuged at 1000 × g, for 3 min. Cell pellets were removed to 1.5 mL eppendorf tubes, cleaned twice with cold PBS and resuspended in ice-cold metaphosphoric acid (MPA). After homogenization, the solution was centrifuged at 10,000 × g at 4°C for 10 min and then the supernatant was applied to measure levels of GSH according to the manufacturer’s instructions (Bioxytech-GSH 400, OxisResearch, Portland, OR, USA). The assay was carried out in eppendorf tubes and transferred to flat-bottom 96-well plates for absorbance measurement at 400 nm. The pellet from the centrifugation was dissolved in 100 μL of 0.1 M NaOH and the protein concentration was determined by the Bio-Rad microprotein assay in 96-well plate using bovine serum albumin as the standard. The GSH level was expressed as nmol GSH/mg cellular protein.

Determination of superoxide dismutase (SOD) activity

The activity of the anti-oxidant enzyme SOD in NRLVMs and NB4 cells was detected by using a Total Superoxide Dismutase Assay Kit with WST-1 according to the manufacturer’s protocol. Briefly, cells were exposed to Rev (5 μM) or Gen (50 μM) for 1 h or were incubated with As$_2$O$_3$ (5 μM) for another 24 h. A concentration of 5 μM and 2 μM of As$_2$O$_3$ was used for NRLVMs and NB4 cells, respectively. The cell suspension was centrifuged (800 × g, 10 min, 4°C), and the cell pellets were ultrasonicated for 30 s.
15 min (every 15 s with 5-min intervals) at 4°C in cell lysate buffer (RIPA buffer, 50 mM Tris, pH 7.4, 150 mM NaCl, 1% Triton X-100, 1% sodium deoxycholate, 0.1% sodium dodecyl sulfate (SDS), sodium orthovanadate, sodium fluoride, ethylenediamine tetraacetic acid, and leupeptin). After the cell-lysed buffer was centrifuged at 2000 g for 15 min, the supernatant was removed. Supernatants, enzyme-working solutions, and WST-1 were prepared and added to a 96-well plate. The mixtures were incubated at 37°C for 20 min, and the absorbance was finally determined at 450 nm using a microplate reader.

Protein extraction and immunoblotting analysis

Protein samples were isolated from NRLVMs and NB4 cells. NRLVMs and NB4 cells were seeded in 6-well plate at 37°C in
5% CO₂. After treatment with different types of drugs, the two types of cells were collected from 6-well plate, then the cell suspension was centrifuged (800 g, 10 min, 4°C), and the cell pellets were ultrasonicated for 15 min (every 15 s with 5 min intervals) at 4°C in cell lysate buffer (RIPA buffer, 50 mM Tris pH 7.4, 150 mM NaCl, 1% Triton X-100, 1% sodium deoxycholate, 0.1% SDS, sodium orthovanadate, sodium fluoride, EDTA and leupeptin). After cells-lysed buffer was centrifuged at 1000 g for 15 min, the supernatant protein samples were kept for the following experiments. The isolated protein samples were subject-ed to 15% SDS-polyacrylamide gel electrophoresis, blotted to a nitrocellulose membrane, and then blocked with 5% non-fat milk for 120 min. Next, the membranes were probed with LC3A/B in phosphate-buffered saline (PBS) containing 1% BSA and incubated overnight at 4°C. Thereafter, membranes were washed three times with PBS for 30 min and incubated with secondary antibody (Alexa Fluor; Molecular Probes; Eugene, OR, USA) for 1 h. The bands were acquired using an imaging system (LI-COR Biosciences; Lincoln, NE, USA), and quantified with Odyssey v3.0 software by measuring the band intensity [area × optical density (OD)] in each group using β-actin (anti-β-actin antibody) as an internal control for normalization.

**Measurement of cell viability**

The cell viability was measured with an MTT reduction assay using a previously described method [24]. Briefly, cells were seeded in serum-free DMEM for 24 h, followed by administration with the indicated concentrations of agents at each time point. After incubation, the cells were quickly washed twice with cold PBS and added to MTT solution (final concentration, 5 mg/mL) for 4 h at 37°C. Then, the supernatant was removed and formazan crystals were dissolved with dimethylsulfoxide (150 µL) for 10 min. The absorbance was measured at 490 nm. Notably, the effect of Rev and As₂O₃ on the cell viability of NB4 cells was

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**Figure 3. Effect of Gen/Rev on As₂O₃-induced SOD activity in NB4 cells and NRLVMs (n = 6).** Co-treatment of 5 µM Rev or 50 µM Gen further decreased the SOD activity in NB4 cells compared to As₂O₃ alone (A, C) but restored it in NRLVMs (B, D). **p < 0.001, As₂O₃+Rev versus Rev; *p = 0.023, **p < 0.001, As₂O₃+Rev versus As₂O₃; ***p < 0.001, As₂O₃+Gen versus As₂O₃; *p = 0.02, **p = 0.038, As₂O₃+Gen versus As₂O₃. doi:10.1371/journal.pone.0105890.g003
quantitatively assessed by calculating combination index (CI) as described before [25].

**TUNEL assay**

The cells were treated as described above. DNA fragmentation of the cells was then determined using the TUNEL assay. Briefly, air-dried slides were fixed with 4% paraformaldehyde for 30 min at room temperature, washed three times with PBS, and then permeabilized with 1% Triton X-100 for 4 min at 4°C. Subsequently, a TdT-labeled nucleotide mix was added to each slide and incubated at 37°C for 60 min in the dark. Slides were washed twice with PBS and then counterstained with 10 mg/mL 4,6-diamidino-2-phenylindole (DAPI) for 5 min at 37°C.

**Flow cytometric analysis of cell apoptosis**

The extent of apoptosis was detected by using annexinV-FITC apoptosis detection kit as described in the manufacturer’s instructions [26]. After NB4 cells or NRLVMs had been treated with Rev+As2O3 or Rev for 24 h, cells were harvested, and carefully washed with PBS for three times. After centrifugation at 1000×g for 5 min, the cell pellets were resuspended in 195 μL annexin V binding buffer and gently mixed by adding another 5 μL annexin V binding buffer. The suspension was then incubated in the dark for 10 min at room temperature. Thereafter, the supernatant was removed by centrifugation at 1000×g for 5 min. After 190 μL of annexin V binding buffer and 10 μL of propidium iodide (50 mg/mL) were added, the fluorescence of these cells were analyzed by flow cytometry using the FloMax software. The fraction of cell population in different quadrants was analyzed using quadrant statistics. The lower left quadrant indicated normal cells; lower right quadrant represented early apoptotic cells and in the upper right quadrant was late apoptotic cells. The upper left quadrant was necrotic cells.

**Statistical analysis**

Data are presented as the mean ± SEM. The significance of differences between groups was assessed using one-way ANOVA followed by Dunnett’s test. Two-tailed p<0.05 was considered to be a statistically significant difference.

**Results**

Co-treatment of Gen/Rev further increased As2O3-induced oxidative stress in NB4 cells but relieved oxidative stress in NRLVMs

Consistent with previous studies [27–29], the individual compounds, Rev, Gen, and As2O3, substantially induced endogenous production of ROS in NB4 cells (Figure 1A and C).
Mitochondrial malfunction, in conjunction with other factors such as increased metabolic activity and oncogenic stimulation, contributed to the heightened redox status of cancer cells, whereas excessive ROS generation inevitably aggravated tumor cell damage [30]. Significant alteration of MMP clearly indicated drug-induced damage to the mitochondria, the main intrinsic source of ROS, in NB4 cells (Figure 2A and C). Combination of $\text{As}_2\text{O}_3$ and Gen/Rev led to a more dramatic release of ROS from dysfunctional mitochondria than single drug treatment. Combined application of $\text{As}_2\text{O}_3$ and Gen/Rev also caused a remarkable decline in SOD activity (Figure 3A and C). As SOD is one of the main endogenous free radical scavenging enzymes, this finding suggests the continuous accumulation of ROS. Simultaneously reduced GSH level further exacerbated the injuries by excessive cellular oxidative stress (Figure S1A). In contrast to these phenomena observed in NB4 cells, the drug combination treatment in NRLVMs showed neutralized effects on ROS generation, MMP, GSH level, and SOD activity rather than synergistic effects (Figures 1–3 and S1B). Both Rev (5 μM) and Gen (50 μM) obviously mitigated the $\text{As}_2\text{O}_3$-induced increase of ROS and mitochondrial injury in cardiomyocytes, demonstrating cytoprotection against the cardiotoxicity caused by $\text{As}_2\text{O}_3$. In addition, successful reversal of SOD activity to basal levels suggested the restored ability of cardiomyocytes to scavenge ROS.

**Gen/Rev enhanced $\text{As}_2\text{O}_3$-induced autophagy in NB4 cells and NRLVMs**

Increased release of ROS is one of the main endogenous factors for enhancement of cell autophagy [31]. Accordingly, $\text{As}_2\text{O}_3$ obviously increased the expression ratio of LC3 II/LC3 I in NB4 cells following the excessive generation of ROS (Figure 1A and 4A). Our result was in line with a previous study by Qian et al., in which another autophagy marker, Beclin-1, was confirmed to be up-regulated by $\text{As}_2\text{O}_3$ in leukemia cells [32]. Co-treatment with Rev substantially enhanced the effect of $\text{As}_2\text{O}_3$ on autophagy in NB4 cells (Figure 4A). However, to achieve the same effect with

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**Figure 5. Effect of Gen/Rev on $\text{As}_2\text{O}_3$-induced cell viability of NB4 cells and NRLVMs (n = 6).** Co-treatment of 5 μM Rev or 50 μM Gen further decreased the cell viability of NB4 cells (A, C) but reversed the cell viability of NRLVMs (B, D). ***$p<0.001$, $\text{As}_2\text{O}_3$+Rev versus Rev or $\text{As}_2\text{O}_3$; **$p=0.002$, $\text{As}_2\text{O}_3$+Gen versus Gen; ***$p<0.001$, $\text{As}_2\text{O}_3$+Gen versus $\text{As}_2\text{O}_3$. doi:10.1371/journal.pone.0105890.g005
Gen versus As2O3. As2O3 was sufficient to substantially induce cell apoptosis of NB4 cells, obviously alleviated As2O3-induced apoptosis in NRLVMs by treatment of 5 μM Rev or 50 μM Gen further aggravated the As2O3-induced apoptosis of NB4 cells (A, C) but reversed that of NRLVMs (B, D). **p < 0.001, As2O3+Rev versus Rev; ***p = 0.001, ***p < 0.001, As2O3+Rev versus As2O3; ***p = 0.001, As2O3+Gen versus Gen; **p = 0.002, ***p < 0.001, As2O3+Gen versus As2O3.

![Image](58x542 to 554x730)

**Figure 6.** Effect of Gen/Rev on As2O3-induced apoptosis of NB4 cells and NRLVMs as determined by a TUNEL assay (n = 6). Co-treatment of 5 μM Rev or 50 μM Gen further aggravated the As2O3-induced apoptosis of NB4 cells (A, C) but reversed that of NRLVMs (B, D). **p < 0.001, As2O3+Rev versus Rev; ***p = 0.001, ***p < 0.001, As2O3+Rev versus As2O3; ***p = 0.001, As2O3+Gen versus Gen; **p = 0.002, ***p < 0.001, As2O3+Gen versus As2O3.

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Gen, a ten-fold concentration was required (Figure 4C and E). We further confirmed that the autophagy induced by As2O3 was also enhanced by co-treatment with Gen/Rev in NRLVMs (Figure 4B and D). This result is consistent with the cardioprotection that Rev provides via activation of autophagy [33]. As observed in NB4 cells, an equal concentration of Gen failed to enhance autophagy, implying a dosage advantage of Rev relative to Gen (Figure 4F).

Gen/Rev promoted As2O3-induced apoptosis in NB4 cells but protected against apoptosis in NRLVMs

MTT and TUNEL assays consistently verified that only 2 μM As2O3 was sufficient to substantially induce cell apoptosis of NB4 cells (Figure 5A and 6A), in line with its good therapeutic effect for APL [3]. However, this apoptosis-promoting activity might also contribute to marked cardiac toxicity [16]. Our results indicated that As2O3 substantially decreased the cell viability of NRLVMs and induced cardiomyocyte apoptosis (Figure 5B and 6B). However, addition of Gen/Rev changed the picture. On the one hand, Rev or Gen further exacerbated the apoptotic damage caused by As2O3 in NB4 cells (Figure 5C and 6C), whereas no obvious damage to cell viability and apoptosis was observed in these co-treated cardiomyocytes (Figure 5D and 6D). Additionally, the results of MTT-based CI calculation indicated that Rev act synergistically with As2O3 on inducing cell apoptosis of NB4 cells (Figure S2). This finding was further confirmed by the result of flow cytometry (Figure S3A). Co-administration of 2 μM As2O3 and 5 μM Rev dramatically increased the proportions of early apoptotic cells (27.16%) and late apoptotic cells (34.82%), compared with those of the control NB4 cells (early apoptotic cells, 0.87%; late apoptotic cells, 0.73%). However, 5 μM Rev obviously alleviated As2O3-induced apoptosis in NRLVMs by substantially reducing early apoptotic cells from 20.37% to 12.17% and late apoptotic cells from 7.71% to 1.55% (Figure S3B). The above findings were consistent with the results obtained with respect to ROS generation and LC3 expression in NB4 cells and NRLVMs (Figures 1–4).

Discussion

The outstanding benefit of As2O3 treatment for APL is due to its ability to specifically initiate the degradation of PML/RARA alpha, a core driving oncoprotein of APL [34]. Non-specific actions of As2O3, such as increasing ROS production, also greatly contribute to the mechanism by which APL can be cured with As2O3 [35]. However, as with many drugs, there is another side to these beneficial effects. The excessively amplified ROS generation flux induced by As2O3 inevitably leads to above-threshold toxicity levels in normal cells. Cardiomyocytes are likely to bear the brunt of this toxicity due to enrichment of mitochondria and their particular susceptibility to oxidative stress injury [13]. This has been validated experimentally [9–12] and confirmed by a plethora of clinical drug toxicity event reports [5–8]. In this study, combinations of As2O3 and the natural antioxidants Gen/Rev were investigated in vitro for the first time to explore their potential for treating APL without inducing cardiotoxicity.

Because of its multiple phenolic hydroxyl groups, the natural product Rev shows strong cytoprotective capacity against ROS generated by different inducers in non-tumor cells [36], which was confirmed in the present study. Rev successfully reversed the As2O3-induced ROS outbreak in NRLVMs. An equivalent effect was achieved with another natural antioxidant, Gen, but at a ten-fold concentration. Interestingly, we found that Rev and Gen played the role of accomplice to As2O3 in NB4 cells by exacerbating intracellular oxidative stress instead of adversary by extinguishing the ROS outbreak. Tumor cells employ a different mechanism to that of non-tumor cells for regulating mitochondrial functions [37,38], which eventually leads to disparate effects of the same drug in tumor cells relative to non-tumor cells. Accordingly, in this study, we validated that both Rev and Gen could exacerbate As2O3-induced mitochondrial damage in the NB4 cells, but mitigated the mitochondrial injury caused by As2O3 in cardiomyocytes, in agreement with previous studies [28,29,37,38]. In addition, our experiments demonstrated that Gen/Rev further reduced SOD activity and deteriorated the intracellular ROS environment of NB4 cells by shifting the balance between ROS scavenging factors and ROS release factors. Ultimately, Gen/Rev might accelerate the As2O3-mediated degradation of PML/RARA...
oncoprotein via maintaining a high level of intracellular ROS, as proposed by Jeanne et al. [35]. This potential mechanism is reasonable to explain the synergistic proapoptotic effect observed by the combination of As$_2$O$_3$ and Gen/Rev.

While significantly relieving the oxidative injury caused by As$_2$O$_3$, 5 μM Rev was still able to enhance the autophagic flux of NRLVMs, indicating ROS-independent activation of autophagy. This role is likely the main contributor to Rev’s myocardial protection, as revealed in previous studies [39,40]. Although there is currently no consensus as to whether activation or inhibition intervention of autophagy in APL is recommended [41], a study by Qian et al. strongly demonstrated that obvious enhancement of autophagy was indeed associated with the As$_2$O$_3$-mediated cell death of leukemia cells [32]. The results of our study further verified this finding, as autophagic cell death was implicated in the mechanisms by which As$_2$O$_3$ counteracts cell proliferation and promotes apoptosis of NB4 cells; Gen/Rev strengthened its proapoptotic effect via further elevating the level of autophagy.

In conclusion, we presented here in vitro evidence for synergistic antileukemic action of As$_2$O$_3$ and Rev from multiple aspects including oxidative stress, autophagy, and apoptosis. Meanwhile, the cardioprotective potential of Rev was also validated against As$_2$O$_3$-induced cardiomyocytes injury. Compared with Gen, the lower effective concentration of Rev indicates its potential as a rational drug candidate for APL treatment in combination with As$_2$O$_3$. Our findings provide a novel therapeutic possibility for APL with enhanced efficiency and reduced toxicity. Further functional experiments in vivo are required to validate our findings.

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