A co-cultivation process of *Nannochloropsis oculata* and *Tisochrysis lutea* induces morpho-physiological and biochemical variations potentially useful for biotechnological purposes

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Received: 29 September 2020 / Revised and accepted: 18 May 2021 / Published online: 11 June 2021
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**Abstract**

The biotechnological potential of microalgae has gained considerable importance in many applied fields: biomass production for food and feed, cosmeceutical and pharmaceutical products, energy and phytoremediation. The driving force that inspires the progress in microalgae production is the need for new cultivation systems to obtain simultaneously the maximum yield, reduction of water and nutrients use, and production of economically interesting molecules, such as pigments, fatty acids and polysaccharides. We aim to test, for the first time, the co-cultivation in saline medium of *Tisochrysis lutea* (Haptophyta) and *Nannochloropsis oculata* (Ochrophyta) to obtain valuable compounds, i.e. pigments and lipids characteristic of each species, using a single culture process. Mono-cultures of each strain were used as controls. The two strains showed an increase in the concentration of chlorophylls and carotenoids in co-culture. At the end of the experiment, the fatty acid profile was analysed by gas chromatography–mass spectrometry. The lipids in the co-cultivated cell extracts were mainly attributable to *N. oculata*, which represented 97% of the total cells (ca. 83% of the total biomass) at the end of the experiment. Nevertheless, the ω-3 characteristic of *T. lutea* (DHA and SDA, absent in *N. oculata*) was also detectable. Although the co-cultivation of these two phylogenetically different species of microalgae did not show positive effects on the growth and on the total lipid production, however, this process resulted in a reduction of the production costs and a lower consumption of water and nutrients.

**Keywords** *Nannochloropsis oculata* · *Tisochrysis lutea* · Co-cultivation · Biomass · Fatty acids

**Introduction**

In recent decades, the biotechnological potential of microalgae has gained considerable importance because of their wide application range: production of biomass for food and feed, synthesis of high-value compounds (e.g. polyunsaturated fatty acids, pigments, polysaccharides) for cosmetic and pharmaceutical sectors, employment in renewable green-energy and in phytoremediation systems (Sabia et al. 2015; D’Amato et al. 2017; Rizwan et al. 2018; Alam et al. 2020). The evolutionary and phylogenetic diversity of microalgae results in an interesting variety in their biochemical composition. They are extremely attractive as sources of a wide range of biomolecules, such as vitamins, essential amino acids, polyunsaturated fatty acids (PUFA), minerals, carotenoids, enzymes and fibres (Borowitzka 2013; Matos 2017; Rahman 2020). The production of microalgae may be of interest also because it does not require arable land, does not compete with food crops, and can use waste as nutrients for their growth (da Silva Vaz et al. 2016). Moreover, microalgae can act as a natural sink for the reduction of atmospheric CO2 and some of them can also utilize the CO2 derived from industrial exhaust gases (Yen et al. 2015). According to the World Water Development Report 2018 of the United Nations, water use has increased worldwide by about 1% per year since the 1980s, and the global water demand is expected to continue to rise. However, as microalgae cultivation is a water intensive process, water consumption and loss must be managed efficiently during cultivation (Mayers et al. 2016). The use of saline algae could help to reduce freshwater consumption destined to microalgal cultures as reported in Ishika et al. (2017). A current driving force...
that inspires the progress in microalgae production is the search for novel cultivation systems to obtain a reduction of the costs and a lower consumption of water and nutrients. In this context, several studies have been focused on the co-cultivation of different organisms, a strategy based on the concept of ecological community: no species lives isolated in nature (Smith and Crews 2014; Zhu 2015; Das et al. 2021). In co-cultivation, two or more different microorganisms are grown together; in fact, this cultivation mode can involve different microalgal species or microalgae and other microorganisms such as fungi and bacteria (Zhu et al. 2017).

With this perspective, the main purpose of this study was to test a co-cultivation strategy in saline medium of the algae _Nannochloropsis oculata_ (Ocrephyta) and _Tisochrysis lutea_ (Haptophyta), species particularly interesting for their composition in pigments and fatty acids (Ryckebosch et al. 2014; Cavalier-Smith et al. 2018). Natural pigments are used as additives and colourants in aquaculture, and in nutraceutical, pharmaceutical and cosmeceutical industries (Alam et al. 2020); consequently, their demand is increasing over the years. In this context, microalgae are a valuable solution, also considering that they contain a different pattern of pigments, but also of lipids and other valuable molecules (e.g. polysaccharides), in relation to their phylogenetic position (Barsanti and Gualtieri 2014; Begum et al. 2016). _Nannochloropsis_ sp. contains chlorophyll _a_, _β_-carotene and the accessory pigments, violaxanthin, diadinoxanthin and zeaxanthin (Ryckebosch et al. 2014; Sukarni et al. 2014). _Tisochrysis lutea_ is characterized by chlorophyll _a_, _c_1 and _c_2, _β_-carotene, diadinoxhrome, diatoxanthin, and fucoxanthin (Barsanti and Gualtieri 2014; Ryckebosch et al. 2014). In microalgae, PUFAs usually account for 25–60% of the total lipids (Richmond 2004). The most common are arachidonic acid (AA; 20:4n6, _ω_6), docosahexaenoic acid (DHA; 22:6n3, _ω_3) and eicosapentaenoic acid (EPA; 20:5n3, _ω_3) (Pulz and Gross 2004; Mata et al. 2010), which are the most nutritionally significant PUFAs present in marine food and fish oil (Ramesh Kumar et al. 2019; Zhang et al. 2019). In _N. oculata_, the lipid content is usually about 30% of the dry weight biomass, but it can increase or decrease as a consequence of growth or stress conditions, e.g. inoculum, irradiance, salinity and nitrogen availability (Su et al. 2011). As regards _ω_3 fatty acids, _N. oculata_ does not contain DHA, while it accumulates high levels of EPA, about 193 mg g⁻¹ of extracted oil (Ryckebosch et al. 2014). _Tisochrysis lutea_ is characterized by a total lipid content of approximately 20% of the dry weight biomass. High levels of DHA are detectable, about 46 mg g⁻¹ of extracted oil; conversely, the levels of EPA are low, about 2.8 mg g⁻¹ (Ryckebosch et al. 2014). Taken together, _N. oculata_ and _T. lutea_ could represent a valid alternative to the use of fish oil and fishmeal, both in aquaculture and in human nutrition, because of their complementarity of the biochemical composition, especially in _ω_3 PUFAs (Becker 2004, Shah et al. 2018). Moreover, it should be considered that, currently, fish- and animal-derived products find less and less consensus among consumers, especially vegetarians or vegans (Wang et al. 2020). Thus, the aim of this research is focused to ascertain if the co-cultivation of _N. oculata_ and _T. lutea_ could allow the production of high-value molecules, in particular _ω_-3 fatty acids, for obtaining in a single cultivation system a microalgal biomass rich in all _ω_-3 fatty acids typical of fish oil and fishmeal. Furthermore, the co-cultivation represents an added value in the perspective of reducing (in this case, halving) water consumption for algae cultivation.

**Materials and methods**

**Algal culture condition and growth**

_Nannochloropsis oculata_ (Droop, Hibberd 1981; strain CCAP 849/1) and _Tisochrysis lutea_ (Bendif et al. 2013; strain CCAP 927/14) were obtained from the Culture Collection of Algae and Protozoa of Scottish Marine Institute (Scotland, UK; www.ccap.ac.uk). The two algae were co-cultivated and mono-cultures of each strain were used as controls. Both mono- and co-cultures were inoculated at least in triplicate and grown in 300-mL Erlenmeyer flasks (150 mL of total culture volume). Axenic cultures were grown and maintained in liquid f/2 medium (Guillard and Ryther 1962; Guillard 1975) in artificial seawater ESAW (Berges et al. 2001) in a growth chamber (25 ± 1 °C; 60 μmol photons m⁻² s⁻¹ photosynthetically active radiation (PAR); 16:8 h light-dark photoperiod), without shaking, and no additional CO₂ was supplied. For mono-cultures, _T. lutea_ cells were inoculated at a density of 0.6 ± 0.1 × 10⁶ cells mL⁻¹, and _N. oculata_ cells at a density of 5 ± 0.1 × 10⁶ cells mL⁻¹, corresponding respectively to a dry biomass (DW) of 0.066 ± 0.008 and 0.069 ± 0.006 g L⁻¹. For dry biomass (DW), aliquots of samples were filtered through pre-dried and pre-weighed glass-fibre filters (1.2 μm pore size; Whatman GF/C). Filters with cells were rinsed with 20 mL of distilled water, dried for 72 h at 60 °C, and weighted until they reached a constant weight (Popovich et al. 2012a). The dry biomass data was used to calculate the biomass yield in cultures (g L⁻¹). For co-cultures, _T. lutea_ and _N. oculata_ cells were inoculated together at the same densities used in mono-culture. Growth was estimated by measuring the optical density at 750 nm and by counting the cells with a Thoma’s chamber (HGB, Germany) sampling 1 mL of culture at days 0, 3, 7, 10, 14, 21. To make the cell counting of _T. lutea_ easier, 100 μL of Lugol’s iodine was added to 1 mL of culture to stop cell movements. For DW, aliquots of co-cultures were treated as described...
above for mono-cultures. For a better interpretation of final data, an estimation of DW derived from \( T. \ lutea \) and \( N. \ oculata \) in co-cultures was obtained using data of biomass yield vs cell density of mono-cultures.

Light and fluorescence microscopy

Cell samples were observed at 0, 3, 7, 10, 14 and 21 days, under a Zeiss Axiophot microscope equipped with conventional or fluorescent attachments. The light source for chlorophyll fluorescence examinations was an HBO 100 W pressure mercury vapour lamp (filter set, BP436/10 FT 460, LP470). According to Hillebrand et al. (1999) images were employed to calculate the cell volume using “ImageJ” software (https://imagej.nih.gov/ij/index.html). To highlight the presence of acidic mucopolysaccharides, 40 \( \mu \)L of Alcian Blue (1% in 3% acetic acid) was added to an algal pellet obtained after the centrifugation of 2 mL of culture (Mowry and Scott 1967; Discart et al. 2015). After incubation at room temperature for 30 min, the samples were rinsed twice with culture medium to remove the stain excess. Cells were then observed under white light with the microscope described above. In order to highlight the intracellular lipid accumulation, cells were stained with Nile Red (Sigma) according to Giovanardi et al. (2013), with some modifications. Aliquots of 10 \( \mu \)L Nile Red (0.5 mg dissolved in 100 mL acetone) were added to an algal pellet obtained after the centrifugation of 2 mL of culture. Cells were then observed with excitation at 485 nm (filter set BP485, LP520). All pictures were taken with a Canon Powershot S40 digital camera.

Transmission and scanning electron microscopy

For transmission electron microscopy (TEM), cells were harvested weekly by centrifugation and prepared as reported in Baldisserotto et al. (2012) with minor modifications: the phosphate buffer was substituted with 0.1 M sodium cacodylate buffer (pH 7.2) for \( N. \ oculata \) and 0.1 M sodium cacodylate buffer 0.25 M with sucrose for \( T. \ lutea \). Ultra-thin sections were observed with a Hitachi H800 electron microscope (Electron Microscopy Centre, University of Ferrara). For scanning electron microscopy (SEM), co-cultivated cells were harvested by centrifugation at the 21st day of cultivation. Samples were fixed with 2.5% (v/v) glutaraldehyde in 0.1 M phosphate buffer (pH 7.4), post-fixed overnight with 2% (m/v) OsO\(_4\) in the same fixation buffer and dehydrated in a graded ethanol series. Samples were then mounted on a metal holder, covered with gold with a sputter Edwards S150, and observed with a Zeiss Evo 40 electron microscope at 20 kV (Electron Microscopy Centre, University of Ferrara).

Pigment extraction and analysis

Cells were collected by centrifugation after 0, 3, 10 and 21 days of experiment and treated with 100% methanol for 10 min at 80 °C (Baldisserotto et al. 2012). Absorption of extracts was measured at 665 nm for chlorophyll \( a \) (Chl \( a \)), 632 nm for chlorophyll \( c \) (Chl \( c \)) and 470 nm for carotenoids (Cars) (Wellburn 1994; Ritchie 2006). Extracts were manipulated under dim light to avoid photo-degradation. Chlorophyll concentration in \( T. \ lutea \) was evaluated using the equations of Ritchie (2006). Otherwise, the equations of Wellburn (1994) were employed to determine the chlorophyll concentration in \( N. \ oculata \) and the carotenoid concentration in both samples. Cells in co-culture were separated through a sucrose gradient prepared in f/2 medium in ESAW (20–30–40%). An aliquot of co-culture was placed in a 50-mL tube containing the sucrose gradient. After 10 min centrifugation at 5300 \( \times g \) cells of \( N. \ oculata \) are separated from those of \( T. \ lutea \). In particular, the cells of \( N. \ oculata \) and \( T. \ lutea \) stratified at the 20–30% and 30–40% interface, respectively. The two cell fractions were recovered using a Pasteur pipette and washed with f/2 medium in ESAW before analysis.

Chlorophyll fluorescence measurements

At days 0, 3, 7, 10, 14 and 21, fluorescence measurements were performed on cell pellets prepared as described by Ferroni et al. (2011). After 15 min of dark incubation, initial fluorescence \( F_0 \) and maximum fluorescence \( F_M \) were used to calculate the maximum quantum yield of PSII (\( F_V/F_M \) ratio). Fifteen minutes were found to be the optimal adaptation time for both microalgae after testing a range between 5- and 40-min dark adaptation time. For analyses, a pulse amplitude modulation fluorometer (PAM; Junior-PAM, Walz, Germany) was used with the following setting: measuring light (ML) with intensity and frequency at level 1; 0.6 s saturation pulse at level 6. Before PAM analysis, cells in co-culture were separated through a sucrose gradient as described above. To verify the possible effects of the sucrose gradient procedure on \( F_V/F_M \) values, mono-cultivated cells have been tested using the same procedure.

Proteins extraction and quantification

At days 0 and 21, the total proteins were extracted. Aliquots of mono-cultivated and co-cultivated cells (about 100 mL with optical density of 0.5 at 750 nm) were centrifuged at 500 g for 10 min and treated accordingly to Ivleva and Golden (2007), with some modifications as described in Baldisserotto et al. (2016). Pellets were resuspended in a small quantity (2 mL) of washing buffer [2 mM Na\(_2\)EDTA, 5 mM \( \varepsilon \)-aminoacapric acid, 5 mM MgCl\(_2\), 5 mM dithiothreitol dissolved in 1× PBS buffer; PBS buffer (1 L, stock solution ×10): 80 g NaCl, 2 g KCl, 14.4 g
Na₂HPO₄·2H₂O, 2.4 g KH₂PO₄ dissolved in distilled water], transferred into 2-mL tubes and then centrifuged (10 min, 2000 g). Subsequently, the pellets were resuspended in the extraction buffer (0.1 M NaOH, 1% sodium dodecyl sulphate, 0.5% β-mercaptoethanol dissolved in water). Samples were frozen three times in liquid N₂ for 2 min each and subsequently heated at 80 °C for another 2 min, then rapidly frozen in liquid N₂ and kept at −20 °C overnight. The subsequent day, glass beads (0.40–0.60 μm diameter; Sartorius, Germany) were added to the samples followed by vigorous vortexing for 10 min (mixing cycles of 30 s, each followed by 30 s cooling on ice). After centrifugation (1500×g, 10 min) the supernatants were harvested (extract I). Pellets were re-extracted by resuspending with 0.5 mL of extraction buffer, vortexing in tubes for 2 min, and finally keeping tubes at 60 °C for 15 min. Samples were then centrifuged (1500×g, 10 min) and the supernatant (extract II) was added to the extract I. Finally, the total extract was rapidly frozen in liquid N₂ and stored at −20 °C until quantification. Proteins were quantified following the Lowry’s method (Lowry et al. 1951).

Total lipid content

At the 21st day of cultivation, lipid extraction was performed according to Ryckebosch et al. (2012) with some modifications. Duplicate freeze-dried samples containing 100 mg of biomass were vortexed for 30 s at room temperature in 6 mL chloroform:methanol (1:1, v:v) and 0.4 mL of distilled water. The solvent mixture (2 mL) and water (0.4 mL) were then added and the tube was mixed again with a vortex and subsequently centrifuged. The aqueous layer was removed, and the solvent layer was transferred into a clear tube. The pellet was re-extracted with 4 mL of chloroform:methanol (1:1, v:v). The combined solvent layers were passed through a layer of anhydrous Na₂SO₄ using Whatman No. 1 filter paper in a funnel. After removal of the solvent by rotary evaporation at 40 °C, the lipid content was determined gravimetrically.

Lipid fractionation and fatty acid profile

Lipid fractionation in neutral lipids, glycolipids and phospholipids was performed using a silica Sep–Pak (SP) of 700 mg (Waters) according to Popovich et al. (2012b) with some modifications. Adsorbent conditioning was performed with 10 mL of chloroform, and samples were loaded by 1 mL of chloroform/oil solution containing 15 mg of oil in 100 mL of chloroform. Elution of neutral lipids from the adsorbent bed was performed with 15 mL of chloroform, glycolipids were recovered by elution with 10 mL of acetone/methanol (9:1, v:v) and phospholipids by elution with 10 mL of methanol. Each fraction was collected into a conical vial and evaporated to dryness under nitrogen. The efficiency of SP was verified by thin layer chromatography (Silicagel G 60 70–230 mesh, Merck, Germany). Concentrated solutions of each fraction of lipids were applied to the bottom of the plates and the plates were processed with chloroform:methanol (2:1, v:v). After solvent evaporation, plates were sprayed with phosphonomolybdic acid and heated at 120–130 °C. Fatty acid profiles were determined by methyl ester derivation and gas chromatographic (GC) analysis, with a Varian GC-3800 gas chromatograph, equipped VF-5 ms column with stationary phase bound poly-5% phenyl-95% dimethyl-siloxanes (internal diameter, 0.25 mm, length, 30 m, film thickness, 0.25 μm) and a Varian MS-4000 mass spectrometer with ionization for electronic impact and ion trap, equipped with a NIST library. Fatty acid methyl esters (FAMEs) have been identified comparing their retention time and the mass spectrum with that of a mixture of 37 pure compounds (Supelco, Sigma-Aldrich).

Statistical analysis

Data were processed and analysed using Excel (Microsoft Office 2016). When necessary, statistical tests such as Student t-test, one-way ANOVA and two-way ANOVA were performed using Origin 2018 analysis software, followed by Tukey post-hoc test (p < 0.05).

Results

Growth kinetics

Growth kinetics of N. oculata and T. lutea in mono- and in co-cultivation are reported in Fig. 1. In both systems of cultivation, N. oculata cells remained in the logarithmic phase of growth up to the tenth day, then the cells entered the stationary phase. However, the mono-cultures showed a higher cell density, and the final cell density was about 26 ± 1.5 × 10⁶ cells mL⁻¹ in co-culture and 35 ± 5.2 × 10⁶ cells mL⁻¹ in monoculture. In contrast, both mono- and co-cultures of T. lutea showed a rapid growth during the first 3 days. Subsequently, while the growth of the mono-cultures continued slowly until the end of the experiment, the growth of the co-cultivated cells entered the stationary phase already on the third day. Final cell density was about 1 ± 0.3 × 10⁶ cells mL⁻¹ in co-cultures and 6 ± 0.6 × 10⁶ cells mL⁻¹ in mono-cultures. As shown in Fig. 1, both microalgae species had a lower growth in co-cultivation than in mono-cultivation. Furthermore, at the end of the experiment, biomass, evaluated for all cultures, yielded 0.95 and 0.93 g L⁻¹ for mono-cultivated T. lutea and N. oculata, respectively, and 0.99 g L⁻¹ for co-cultures (ANOVA, p > 0.05). For co-cultures, it was estimated that T. lutea, which was about only 3% of total cells, yielded about 0.165 g L⁻¹ (17% of total biomass), while N. oculata yielded 0.821 g L⁻¹ (83% of total biomass).
μmono-cultures, 80 and 190 volume of the microalga in co-cultures was smaller than in
gella were observed in the in the late stages of cultivation. The
flagella. In some cells, the loss or rupture of one or both fla-
had a shape from spherical to ovate or oblong, with two apical
μmono- (Fig. 2h and i) and co-cultivated
21st day). The cup-shaped plastid laid peripherally in the cell.
and q). Moreover, from the first days of cultivation, translu-
lucent globules were visible, and their number increased over
time in both mono- and co-cultivated cells; since the begin-
ing of the experiment, 2–3 lipid globules were present in
most of the cells (Fig. 3d and g). In the 10–14 days interval,
the number and volume of globules increased (Fig. 3e and h)
and, at the final stages of cultivation, 4–5 lipid droplets oc-
curred in the cells and were larger than during the previous
days (Fig. 3f and i).

**SEM and TEM observations**

TEM observations are shown in Fig. 4. In the early stages
of mono-cultivation (3–10 days), the N. oculata chloro-
plast occupied more than half of the cell volume. Large
mitochondria indicated an intense cellular activity during
the early stages of cultivation. Small globules, probably
corresponding to lipid droplets, were visible (Fig. 4a).
After 10 days of cultivation, the chloroplast still occupied
a significant portion of the total cell volume, but the thy-
lakoids were less numerous and locally appressed. Several
large lipid globules were always present (Fig. 4b). At the
21st day, the thylakoids were fewer and more appressed
than in previous days; moreover, the stroma appeared
darker. On the other hand, the lipid globules increased in
size and number, consistent with Nile Red analysis (Fig.
4c). No morphological differences in the co-cultivated
cells were noted in the early phases of cultivation (Fig.
4d). After 10 days of co-cultivation, the thylakoids looked
appressed (Fig. 4e) and even more after 21 days; neverthe-
less, well-structured mitochondria were visible (Fig. 4f).
Lipid globules only occurred at the last stages of cultiva-
tion, confirming the observations in epifluorescence with
Nile Red (Fig. 4f).

In mono-cultured T. lutea cells, the cup-shaped plastid
and pyrenoid were visible (Fig. 4i). Already from the third
day of cultivation, some lipid globules were visible in
mono-cultivated cells (Fig. 4i). After 10 and 21 days from
the inoculation, the cells showed the first signs of
vacuolisation, and the lipids droplets appeared darker than
at the early stages (Fig. 4h, i). Moreover, from the 10th
day, a great secretion activity was visible and characterized
by the presence of many vesicles releasing their contents
outside the cells (Fig. 5a). During the early phases of co-
cultivation, T. lutea cells showed no substantial differences
compared to those mono-cultivated (Fig. 4i). On the other
hand, from the 10th day, all organelles and membranes
were altered (Fig. 4m, n). The extrusion of vesicles was
also found in co-cultures and Alcian Blue staining
highlighted on the surface of T. lutea cells the presence
of acid mucopolysaccharides which were probably respon-
sible for the cell aggregation phenomena observed in co-
cultures (Fig. 5b, insert): N. oculata cells adhered to the
surface of T. lutea cells (Fig. 5b).
Pigment content

The time-course of pigment content is shown in Fig. 6. In order to compare the pigment content in mono- and co-cultivated cells, *N. oculata* and *T. lutea* from co-cultures were separated on a sucrose gradient. An increase in Chl *a* (Fig. 6a) and total carotenoids (Fig. 6b) occurred when *N. oculata* cells were co-cultivated. This increase was observed at the 3rd and 10th day of cultivation. In co-cultivated cells Chl *a* content was 63% higher than that in mono-cultivated algae at the 3rd day (*p* < 0.05; Student *t*-test) and 119% higher at the 10th day (*p* < 0.05; Student *t*-test). The same trend characterized the carotenoids concentration: 75% higher in co-cultivated *N. oculata* cells after 3 days (*p* < 0.05; Student *t*-test) and 105% after 10 days (*p* < 0.05; Student *t*-test). In contrast, after 21 days, carotenoids were significantly less concentrated in co-cultivated cells than in the mono-cultivated ones (*p* < 0.05; Student *t*-test), while Chl *a* content was similar in mono- and co-cultivated *N. oculata* cells. Likewise, *T. lutea* co-cultivated cells showed a higher concentration of pigments, which underwent a progressive increase during cultivation and especially in the last phases (Fig. 6c–e). At the 21st day, the co-cultured cells contained 173% higher content of Chl *a*, 63% higher content of Chl *c* and 129% higher amount of total carotenoids than in mono-cultivated *T. lutea* (*p* < 0.05; Student *t*-test).
**PSII maximum quantum yield measure**

The effects of the co-cultivation process on photosynthetic efficiency were evaluated by PAM fluorimetry. In order to compare the PSII maximum quantum yield, measured as $F_v/F_M$ ratio, in mono- and co-cultivated cells, *N. oculata* and *T. lutea* from co-cultures were separated in a sucrose gradient. Mono-cultivated cells have been tested using the same procedure to verify the possible effects of the sucrose gradient procedure on $F_v/F_M$ values. *T. lutea* cells showed no significant differences ($p = 0.1$; Student t-test) in $F_v/F_M$ values between gradient-treated and nontreated cells. On the contrary, *N. oculata* cells showed a significant decrease of 13% ($p < 0.05$; Student t-test) in $F_v/F_M$ values after the treatment with sucrose gradient. This difference was considered and used to correct the values recorded from gradient-treated co-cultivated cells. In microalgae, $F_v/F_M$ values of about 0.6 indicate an efficient use of light in the photosynthetic processes (White et al. 2013; Sirin and Sillanpää 2015; Bhola et al. 2016). $F_v/F_M$ was higher in mono-cultivated than in the co-cultivated cells (Fig. 7); this difference was always significant ($p < 0.05$; Student t-test), except for *N. oculata* cells at 7th day, when there was no significant difference between mono- and coculture. *Nanochloropsis oculata* co-cultivated cells showed low $F_v/F_M$ values, until they reached an average value of 0.359 ± 0.016 after 21 days of cultivation. However, $F_v/F_M$ also decreased in mono-cultures, reaching the average 0.431 ± 0.030 at the end of the experiment (Fig. 7a). In *T. lutea* mono-cultivated cells, the ratio remained almost stable above 0.600 throughout the experiment, with a decrease to 0.540 only after 21 days (Fig. 7b). Co-cultivated *T. lutea* showed $F_v/F_M$ values lower than 0.600 already from the 7th day. The ratio decreased to less than 0.450 in the last stages of cultivation (14–21 days).

**Protein content**

As shown in Fig. 8, both microalgal species, either in monoculture or co-cultivation, showed a significant reduction in their protein content from the day of the inoculation to the 21st day ($p < 0.05$; Student t-test): in *N. oculata* it decreased from 22.15 to 3.62 μg protein $10^6$ cells (−83%); in *T. lutea* from 174.18 to 24.76 μg protein $10^6$ cells (−85%); in co-cultivated cells from 55.65 to 4.59 μg protein $10^6$ cells (−91%).

**Lipid fraction and fatty acid profile**

The lipid amount is very important in order to select oleaginous microalgae species. All analyses of lipid fraction were performed at the 21st day of cultivation, when Nile Red staining and TEM observations showed the maximum presence of lipid droplets inside all cells. Figure 9 shows the total lipid content (% DW) in *N. oculata* and *T. lutea* mono- and co-cultures: differences between the tested samples were not significant ($p > 0.2$; one-way ANOVA). However, the fractions of neutral lipids, glycolipids and phospholipids showed
significant differences only in the content of neutral lipids ($p < 0.05$; one-way ANOVA) (Fig. 10). In particular, the percentage content of neutral lipids differed between mono-cultivated $T. lutea$ and $N. oculata$ (55% and 69% respectively; $p < 0.05$; one-way ANOVA followed by Tukey’s post-hoc test) and between $T. lutea$ and the co-cultivated microalgae, in which the neutral lipids were about 67% of total lipids ($p < 0.05$; one-way ANOVA followed by Tukey’s post-hoc test).

The fatty acid profile of the neutral lipid fraction was characterized by gas-chromatography coupled to mass spectrometry (GC-MS; Table 1). In mono-cultivated $N. oculata$, palmitoleic (C16:1) and palmitic (C16:0) acids were the major components (respectively 31.41% and 24.32%), followed by oleic acid (C18:1n9c; 13.68%). The characteristic $\omega-3$ of this species, i.e. EPA (C20:5n3), accounted for 11.1% and the probable presence of eicosatrienoic acid (ETE—C20:3n3) accounted for 2.38%. Furthermore, two $\omega-6$ PUFAs, linoleic
(C18:2n6) and arachidonic (C20:4n6) acids, were also present, with 5.55% and 1.34%, respectively. Differently, in mono-cultivated *T. lutea*, the most abundant fatty acid was oleic acid (C18:1n9; 25.46%), followed by the ω-3 SDA (C18:4n3) and DHA (C22:6n3), 20.23% and 17.59%, respectively. The ω-3 EPA was extremely low (0.43%) (Table 1).

The fatty acid profile of co-cultivated cells was quite similar to that of *N. oculata* mono-cultivated samples; this was attributable to the low number of *T. lutea* in co-cultures at the 21st day, i.e. only 3% of total cells (estimated to be approximately 17% of total DW). For example, palmitoleic and palmitic acids, i.e. the major components in mono-cultivated *N. oculata*, were only slightly reduced in co-cultures. Differently, oleic acid, 25.46% in *T. lutea* and 13.68% in *N. oculata*, was reduced to about 15%. Finally, SDA, present only in *T. lutea*, accounted for about 1.6% (Table 1). Moreover, the co-cultures showed a not significant lower fatty acid percentages than the mono-cultivated *N. oculata* (about 21% vs. 24%) (Fig. 9). Interestingly, the contribution of *T. lutea* to the ω-3 profile in the co-cultivated samples was visible owing to the detection of the characteristic DHA and SDA, absent in *N. oculata* (Ryckebosch et al. 2014), and to the increase, even if small, in EPA percentage.

An estimation of fatty acid profile productivity in the neutral lipid fraction of samples was also calculated (Table S1). Results are consistent with those expressed as percentage of total fatty acids (Table 1). In both cases, it emerges that total ω-3 PUFAs are accumulated the most in *T. lutea* mono-cultivated samples. However, the co-cultivated cells show a lower content of ω-3 PUFAs with respect to *N. oculata* mono-cultivated samples, indicating a lower efficiency of the *T. lutea* in producing these fatty acids.
cultures (38.46% of total fatty acids or 6.442 g (100 g DW)$^{-1}$ algal biomass), while the lower content was observed for *N. oculata* (13.48% of total fatty acids or 2.225 g (100 gDW)$^{-1}$ algal biomass). Interestingly, in co-cultures, characterized by a 97% of *N. oculata* of total cells (about 83% of total biomass), ω-3 content was improved, due to the even less presence of *T. lutea* cells in the biomass. In co-cultures, total ω-3 PUFAs accounted for 17.1% of total fatty acids or 2.438 g (100 g DW)$^{-1}$ algal biomass, i.e. about 10% and 26% more than in mono-cultivated *N. oculata*, if considering results as total percentage or as yield, respectively.

**Discussion**

We studied the capability of *T. lutea* and *N. oculata* to grow in a co-cultivation batch system in saline medium. This strategy may aim to obtain distinctive compounds of each algae, like pigments (chlorophylls and carotenoids), as well as fatty acids (e.g. DHA and EPA), using a single process of cultivation, with the concomitant advantage to halve water and nutrient use. Typical goals of co-culture are, in fact, overyielding (higher productivity of the desired product(s) than mono-cultures), greater stability under perturbations, and/or more efficient use of inputs (e.g. nutrients or water).

**Growth and cell morphology**

Under the experimental conditions used in this study, both microalgae grew better in mono-culture than in co-cultivation, as reported in some other studies on microalgae-microalgae co-cultivation systems (Tejido-Nuñeza et al. 2020; Rashid et al. 2019). Recently, Tejido-Nuñeza et al. (2020) reported that *Chlorella vulgaris* and *Tetraselmis obliquus*, when co-
cultivated in sterile and non-sterile water both derived from an aquaponic system, grew less than in mono-cultures. In our research, although the initial dry biomass used to inoculate was the same for each species, the lower growth, observed in co-culture, might have depended upon the inoculum ratio used for the two microalgae: at the beginning of the experiment, the ratio between the two algae was about 1:8 (0.6 × 10⁶ cells mL⁻¹ of T. lutea and 5 × 10⁶ cells mL⁻¹ of N. oculata). Indeed, the initial cell density affects the growth and metabolism of microalgae, both in mono- and in co-cultures. As an example, Lu et al. (2012) reported different growth rates and lipid profile in mono-cultures of C. sorokiniana depending on inoculum size, from 10 × 10⁴ to 1 × 10⁷ cells mL⁻¹. Similarly, the co-cultivation of Ettlia sp. with Chlorella sp. starting from different proportions of both algae gave different results in terms of productivity and was related to even very different percentages of the inoculated algae in the cultures at the end of experiment (Rashid et al. 2019). Independent from final cell density, it is noteworthy that mono- and co-cultivated N. oculata entered the stationary phase from the 10th day, sharing same kinetics. Differently, both mono- and co-cultivated T. lutea concluded the logarithmic phase on the 3rd day, consistent with other studies in mono-cultivations, which reported the end of the exponential growth between the 3rd and 6th day (Garnier et al. 2014;
In our experiment, while mono-cultivated *T. lutea* continued to grow slowly after the 3rd day and reached the stationary phase around the end of the experiment, the number of co-cultivated *T. lutea* cells decreased, pointing to negative competition with *N. oculata*. As mentioned above, growth of algae in co-cultivation is not obvious and the issue deserves dedicated studies to guarantee good biomass production. The limited growth of co-cultured *T. lutea* is consistent with decrease in size, alterations of thylakoids and the other cellular structures observed by TEM analyses. Moreover, especially for co-cultivated *T. lutea*, a stress condition was confirmed by the lower mobility observed under the light microscope. At the best of our knowledge, nowadays no literature data report alterations of size in *T. lutea* due to stresses, but analogous results are described in several other microalgae with flagella and without a robust cell wall (Goiris et al. 2015; Borowitzka 2018; Wang and Lan 2018). In this research, we propose that the presence in co-culture of abundant small *N. oculata* cells with a hard wall can have triggered reduction in cell size of the Haptophyta, as an effect linked to a sort of shear or hydrodynamic stress. In addition, already at early stages of co-cultivation *T. lutea* produced acidic exo-mucopolysaccharides, as shown by Alcian Blue staining and SEM analysis. Extrusion of such polysaccharidic compounds by microalgae often represents a defensive mechanism against stress conditions, also due to the presence of other microorganisms (Wotton 2004). Furthermore, the production of these defensive molecules by *T. lutea* may in part support the lower growth of *N. oculata* in co-cultures compared to mono-cultures. The extrusion activity of *T. lutea* was also observed in mono-cultivated cells, but only in advanced stages of cultivation (about after 18 days from the inoculation; not shown), when microalgae entered the stationary phase.

### Photosynthetic properties

An early and progressive decline of PSII maximum quantum yield was observed in co-cultivated cells, which showed $F_V/F_M$ values below 0.6, lower than in the mono-cultured controls. The low $F_V/F_M$ values is in line with the lower growth observed in co-culture and indicates a stress condition of the microorganisms; in fact, the analysis of the PSII maximum quantum yield by PAM fluorimetry allows an estimate of the photosynthetic efficiency and can be used as a parameter.

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**Table 1** Fatty acid profile (percentage of total fatty acids) in the neutral lipid fraction of *T. lutea* and *N. oculata* mono-cultures and in co-cultures. Values are means ± SD ($n = 2$).

| Fatty acids | *N. oculata* | *T. lutea* | Co-culture |
|-------------|--------------|------------|------------|
|             | mean ± SD    | Mean ± SD  | Mean ± SD  |
| C12:0       | 0.22 ± 0.01  | 0.12 ± 0.03| 0.26 ± 0.02|
| C14:0       | 5.31 ± 0.52  | 10.46 ± 1.50 | 5.07 ± 0.86|
| C15:0       | 0.79 ± 0.09  | 0.93 ± 0.11 | 0.72 ± 0.07|
| C16:2       | 0.29 ± 0.05  | 0.13 ± 0.01 | 0.34 ± 0.11|
| C16:1       | 31.41 ± 1.72 | 4.13 ± 0.28 | 27.26 ± 0.95|
| C16:1 t     | 0.56 ± 0.01  | ––           | 0.43 ± 0.06|
| C16:0       | 24.32 ± 0.63 | 10.71 ± 1.63 | 19.97 ± 2.32|
| C17:2       | ––           | ––           | 0.20 ± 0.01|
| C17:1       | ––           | 0.58 ± 0.32  | 0.23 ± 0.18|
| C17:0       | ––           | 0.60 ± 0.30  | 0.92 ± 0.35|
| C18:4n3     | ––           | 20.23 ± 0.53 | 1.57 ± 0.54|
| C18:2n6c    | 5.55 ± 0.11  | 4.61 ± 0.05  | 6.35 ± 0.95|
| C18:1n9c    | 13.68 ± 0.44 | 25.46 ± 0.73 | 14.99 ± 0.27|
| C18:1n9t    | 1.36 ± 0.03  | 2.14 ± 1.94  | 1.71 ± 0.62|
| C18:0       | 1.70 ± 0.09  | 0.50 ± 0.21  | 2.05 ± 0.62|
| C20:4n6     | 1.37 ± 0.21  | ––           | 2.25 ± 1.06|
| C20:5n3     | 11.10 ± 2.30 | 0.43 ± 0.24  | 12.19 ± 0.22|
| C20:3n6 or C20:3n3 | 2.38 ± 0.25 | 0.21 ± 0.06 | 2.36 ± 0.12|
| C20:0       | ––           | 0.35 ± 0.16  | 0.23 ± 0.13|
| C22:6n3     | ––           | 17.59 ± 4.26 | 0.98 ± 0.56|

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**Fig. 10** Relative proportions of lipid fractions (percentage of total lipids, %) in mono-cultivated *N. oculata* (a) and *T. lutea* (b), and in co-cultivated cells (c).
to evidence the physiological stress in microalgae (Cosgrove and Borowitzka 2010; Ramanna et al. 2014; Dao and Beardall 2016). In microalgae, \( F_v/F_M \) values higher than 0.6 indicate good conditions of growth and an efficient use of light for photosynthesis, a condition met in mono-cultures (White et al. 2013; Sirin and Sillanpää 2015; Bhola et al. 2016). Lower \( F_v/F_M \) values were generally reported under nutrient deficiency or very dense cultures or light-stressed cultures (Beardall et al. 2001a, b; Baldisserotto et al. 2014; Benvenuti et al. 2015). In our experiment conducted under non-photo-inhibiting light and leading to not very dense cultures, the lower \( F_v/F_M \) values in co-cultivation could not depend on these two latter factors. While a nutrient deficiency could have occurred, this cause of stress seems not supported by the photosynthetic pigment content. In particular, up to 10 days of cultivation, the strong accumulation of chlorophylls/cell, hosted in more appressed thylakoids, did not justify a nutrient limitation, especially (da Silva Ferreira and Sant'Anna 2017). Conversely, the accumulation of chlorophylls could be an attempt to compensate for the decreased photosynthetic efficiency of PSII. The reason why the co-cultivation of \( N. oculata \) and \( T. lutea \) decreased \( F_v/F_M \) in both algae is still unknown, but strongly suggests that the co-cultivation is a source of stress for both.

On the other hand, the accumulation of pigments can have relevant impact on the biotechnological exploitation of the co-cultivation itself. Not only carotenoids but also chlorophylls have a wide market: carotenoids are mainly used due to their antioxidant properties (Garcia et al. 2017; Mourelle et al. 2017; Sayo et al. 2013), while chlorophylls are employed as food colourant, as cosmetic ingredient, e.g. in toothpaste or in deodorant, and also for human health for their anticancer and antioxidant activities (Timberlake and Henry 1986; Abad 1994; da Silva Ferreira and Sant'Anna 2017; Vesenick et al. 2012).

**Lipid and fatty acid profile**

At the end of cultivation, the lipid accumulation inside cells was the higher, highlighted by morphological observations. Total lipids (24, 31 and 21% of algal DW, respectively for mono-cultures of \( N. oculata \) and \( T. lutea \), and for the co-cultures) did not differ significantly between mono- and co-cultivated algae \( p > 0.2 \); one-way ANOVA). The results for mono-cultures were substantially in line with those available in the literature for the same algea (Su et al. 2011; Gao et al. 2020). Interestingly, the lower, even if not significant, value obtained for the co-cultures reflected the different proportion of algae in the whole population, where \( N. oculata \) was dominant over \( T. lutea \). The obvious influence of different proportion of algae in the co-cultures on lipid content was already observed also in other microalgae-microalgae co-cultivation experiments, e.g. \( Ettlia \) with \( Chlorella \) (Rashid et al. 2019). From the analysis of neutral lipids, glycolipids and phospholipids, neutral lipids were higher in samples of the co-culture and of the mono-cultivated \( N. oculata \) (67% and 69% of total lipids, respectively). For \( N. oculata \) cells, our results are in contrast to those by Ryckebosch et al. (2014), who reported that standard cultures of the alga contained about 40% of neutral lipids. However, our data are in agreement with other papers using the alga under stress conditions (Obeid et al. 2018). In our experiments, the stress conditions could be the age of culture in mono-cultivation and both the age of the culture and other stresses, like hydrodynamic stress or interaction with mucopolysaccharides released by \( T. lutea \). Differently, in mono-cultivated \( T. lutea \), the neutral lipids accounted for about 55% of total lipids, quite similar to that found by Ryckebosch et al. (2014) for the same alga (about 60%).

In co-culture, \( N. oculata \) cells were dominant and \( T. lutea \) represented only the 3% of the total cells (about 17% of total biomass) at the end of experiment. In fact, the fatty acid profile of co-cultivated cells was similar to that of \( N. oculata \) mono-cultivated. In accordance, Rashid et al. (2019) described an analogous effect on fatty acids profile during their research on co-cultivated microalgae \( Ettlia \) and \( Chlorella \), both under standard autotrophic condition and under mixotrophy. Despite the low number of \( T. lutea \) cells, in co-culture ω-3 DHA and SDA were detectable; probably, the larger cell size of \( T. lutea \) compared to \( N. oculata \) influenced this result. The obtainsment of a mixture of ω-3 fatty acids combining EPA as the main one \((1.74 \text{ g (100g DW)}^{-1})\), plus SDA and DHA, even if as minor components \((0.223 \text{ and } 0.139 \text{ g (100g DW)}^{-1})\), respectively, represents a promising starting point to produce a “green” alternative to fish oil for food/feed. Currently fish oil is one of the main sources of long-chain ω-3 fatty acids for human nutritional supplement use and for animal feed (Misund et al. 2017; Chua et al. 2020; Matsui et al. 2020). However, the increasing demand for this material raises issues related to sustainability; in fact, fish oil is a limited resource derived from wild fish (Shepherd and Bachis 2014). Currently, the mixture of ω-3 PUFAs obtained from our co-cultivated \( N. oculata \) and \( T. lutea \) opens a novel understanding on the co-cultivation of two microalgae phylogenetically very distant, thus with a great diversity in their morpho-physiology, also in terms of molecules they produce. Furthermore, the two microalgae share marine media for their cultivation, making it possible to employ seawater, instead of freshwater, for the cultivation. This, combined with the halving of water consumption, makes more sustainable the whole process. The knowledge acquired in this work can drive future research, for example by modulating environmental parameters (e.g. light quality, temperature) that can help emphasize biomass and lipid production in a new kind of co-cultivation.
Conclusions

The aim of the present work was to test the feasibility to cocultivate *N. oculata* and *T. lutea*, two marine microalgae that, due to their phylogenetic position, produce different and complementary molecules, with the added advantage of a higher environmental sustainability linked to a less consumption of freshwater. The method has still some limitations, but it is noteworthy that the algal biomass from co-cultivation was enriched both in natural pigments and in a promising blend of ω-3 PUFAs, the latter being exploitable as a plant alternative to fish oil. The opportunity to set up a single cultivation, instead of two, can imply a reduction of production costs in terms of culturing facilities, energy and nutrients consumption, and water demand. Through the improvement of some cultivation parameters, the co-cultivation of *N. oculata* and *T. lutea* could become a promising method to produce valuable natural fatty acids and pigments in a single cultivation process, potentially using seawater.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s10811-021-02511-2.

Authors’ contributions Conception or design of the work: Simonetta Pancaldi. Data collection: Michele Maglie, Costanza Baldisserotto and Alessandra Guerrieri. Data analysis and interpretation: Simonetta Pancaldi, Michele Maglie, Alessandra Sabia and Costanza Baldisserotto. Drafting the article: Michele Maglie. Critical revision of the article: Simonetta Pancaldi and Lorenzo Ferroni. Final approval of the version to be published: Simonetta Pancaldi, Michele Maglie, Costanza Baldisserotto, Alessandra Guerrieri, Alessandra Sabia and Lorenzo Ferroni.

Funding Open access funding provided by Università degli Studi di Ferrara within the CRUI-CARE Agreement. This work was supported by grants from the University of Ferrara (Fondo di Ateneo per la Ricerca Scientifica, FAR-2018 and Fondo per l’Incentivazione alla Ricerca, FIR-2018 granted to SP).

Declarations

Consent for publication All authors read and approved the manuscript for the publication in Journal of Applied Phycology.

Conflicts of interest The authors declare that they have no conflicts of interest.

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