Multiband Dual-Meander Line Antenna for Body Centric Networks Biomedical Applications by Using UMC 180 nm

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Abstract
This paper presents a compact on-chip antenna architecture for 5G body centric networks (BCNs) applications. A dual meander line (DML) integrated antenna consists of two stacked layers of two turns of meander lines and a ground metal layer. The DML structure decreases the resonant frequency, increases tuning bands and broadens the operating bandwidth to be a suitable choice for high data rate biomedical applications. The antenna’s performance is evaluated in both scenarios inside and outside the human body. The proposed antenna is fabricated using UMC180 nm CMOS technology with a total area of 1150µm×200µm, and operates at bands 22 GHz, 34 GHz, 44 GHz and 58 GHz with an operating bandwidth up to 2 GHz at impedance bandwidth ≤ 7.5 dB (VSWR≤2.5). The proposed antenna is simulated using high frequency structure simulator (HFSS) and shows good agreement between measured and simulated results.

Keywords: integrated antenna; meander line (ML); 5G technology; body centric networks (BCNs); WBAN; WSN; WPAN; UMC 180nm CMOS

1. Introduction
5G technologies have the potential to make significant contributions to providing secure healthcare-orientated wireless networks with improved energy efficiency. Ultra-wideband (UWB) communication becomes the solution of the higher demand capacity to
multiple devices in 5G technology. UWB is a key component in many applications as radar imaging and smart biomedical sensors, which can be worn or implanted in the human-body [1-3]. Recently, these biosensors created closed UWB wireless body centric networks (BCNs) as shown in Fig.1 [4]. Body-centric wireless communications refer to human-self and human-to-human networking with the use of wearable and implantable wireless sensors. BCNs is a subject area combining wireless body-area networks (WBANs), Wireless Sensor Networks (WSNs) and Wireless Personal Area Networks (WPANs).

Body-centric wireless communications technology has numerous applications in healthcare, smart homes, personal entertainment, identification systems, space exploration and the military [5-8]. Battery lifetime in surgically implanted devices still a great challenge as the network has to last for years. Recently, implantable antennas have been largely studied for many sensing and wireless communication applications with tremendous need for integrated wireless powering techniques as energy harvesting/wireless power transfer module to reduce the need for regular battery replacement [9]. Multiband antenna are a potential solution for simultaneous wireless information and power transfer (SWIPT) technique for data rate and the long standby
time in the fifth generation (5G) mobile communication systems [10-12]. In order to achieve fully integrated sensors, CMOS technology is employed to design implantable antennas. In such a case, not only the size of antenna itself can be minimized, but also a wireless powering module can be integrated on the same chip.

In this paper, a multiband on-chip antenna is designed and fabricated by UMC 180 nm CMOS technology. The proposed antenna structure is shown in Fig. 2, consisting of three layers each in a separate metal layer; an upper meander line (UML), a lower meander line (LML) and a metal ground plane. Compared to normal meander line antenna, the proposed structure doubles tuning frequencies and increases the bandwidth for each tuning frequency. The operation of the proposed antenna resonates at four bands 22 GHz, 34 GHz, 44 GHz and 58 GHz. The broadened bandwidth for each tuning frequency makes it a good candidate for UWB transceivers that need many resonant frequencies for data and power transmission.

![Proposed dual meander line (DML) antenna structure.](image)

The organization of the paper is set as follows: Section 2 presents a detailed explanation for the DML antenna design. Section 3 present the simulation results for the proposed antenna and compares them with conventional single layer meander line antennas. In section 4, the effect of the human body for both implanted and wearable applications on the antenna performance are demonstrated. The measured results of the proposed
antenna and other antenna parameters are shown in section 5. Finally, a conclusion of the paper is shown in section 6.

2. Antenna Configuration and Design

In order to provide good wireless communication from outside the body to inside, factors such as high tissue conductivity, biocompatibility and small antenna size must be taken into consideration. Furthermore, simulation models and physical models are also important to predict the behavior of the antenna in the presence of human-body. The most commonly used models are one-layer models and three-layer models, which were compared in [13] and the results showed that the measured input parameters can be quite different from the real ones if the antenna is to be implanted in the fat layer, otherwise, no significant differences were observed. The dual meander line (DML) antenna is fabricated using UMC180 nm CMOS process. The technology layers consist of a low resistivity Silicon substrate, six metal layers embedded in inter-dielectric layers, with the upper metal layer M₆ being covered with a dielectric passivation layer. As shown in Fig.3, the proposed DML configuration is implemented at two stacked layers, the upper two turns of meander line (UML) at metal layer M₆ and two turns of the lower meander line (LML) at metal layer M₄. The presence of the LML increased the total antenna length which reduced the fundamental resonant frequency when compared to the single meander line (SML) by 20%. A sheet of metal is added as a ground plane to increase bandwidth with an area of 1525 µm×250 µm implemented at the bottom metal layer M₁ and connected to four ground PADs. Both meander line layers have identical structure, line finger has a line width 15 µm, line length 1150 µm, line spacing 20 µm between each two fingers in the same layer. The UML has five fingers while the LML has only four fingers. The LML has same alignment as the UML but shifted by 17.5µm, which increases the number of tuning bands. A signal PAD and four ground PADs each 80 µm×60 µm are set and separated by 150 µm. The ground layer is connected to the four ground PADs.
through four vias. The UML has a 50 Ω line connection with the signal PAD and both meander layers are stacked through Via 1.

3. Antenna Performance Results

The design and performance of the DML antenna are measured using a high frequency structure simulator (HFSS) ver. 15 which is a three-dimensional electromagnetic field simulator. Simulation results show that the proposed structure has four bands of operations. The First band at 22 GHz with bandwidth extended from 20 GHz to 25 GHz, the second band at 34 GHz with bandwidth extend from 30 GHz to 36 GHz, the third band at 44 GHz with bandwidth extend from 42 GHz to 46 GHz and the fourth band at 58 GHz extended from 55 GHz to 63 GHz. To investigate the effect of the proposed dual meander structure, simulation for only a single meander line (SML) antenna located at the metal layer M₆ with same previous dimensions were carried out. The results show that the resonant frequency of SML at 28 GHz is reduced to 23 GHz for DML and the two
higher resonant frequencies of SML at 43 GHz and 56 GHz with narrowed bandwidth reduced to 34 GHz and 47.5 GHz with broadened bandwidth for the DML antenna, respectively. Simulated reflection coefficients for both DML and SML antenna are shown in Fig. 4(a), while the resulting input impedance both real and imaginary are shown in Fig. 4(b). Simulations show that the existence of the lower meander line doubles the number of operational bands and improves the bandwidth for each band. The current distribution at different resonant frequencies on the two meander lines surface of the proposed antenna are shown in Fig.5.

![Reflection Coefficient](image1)

Fig. 4(a) Reflection coefficient versus frequency of the proposed DML and SML antenna (b) Input impedance Real and Imaginary.

![ Current Distribution](image2)

Fig. 5. The surface current distribution of the proposed DML antenna on the two meander lines at different resonant frequencies (a) 22 GHz, (b) 34 GHz, (c) 44 GHz, (d) 58 GHz and 60 GHz.
4. Analysis of Human-Body Effect

Body centric networks (BCNs) are mainly used in personal health care in 5G and IoT. The major field in this area is to monitor a large number of patients and control a huge number of sensors with high data rates. The 5G band from 57 to 64 GHz has received much interest for BCN. To check antenna performance for wearable WBAN applications, two scenarios are tested. In the first scenario, the proposed antenna is implanted inside human-body and in the second scenario, the antenna is placed outside human-body with different separation as shown in Fig. 6. The dielectric properties of the human body are characterized up to 65 GHz based on the extrapolation of the data obtained through measurements up to 20 GHz [14], [15]. Single relaxation time of Debye model is considered good accuracy for modelling the permittivity data from 15 GHz to 65 GHz frequency range [16]. The effect of the human body has been added to the proposed DML antenna as a single effective layer with thickness 300 µm, relative dielectric constant $\varepsilon_r=11$ and effective conductivity $\delta=2$ S/m, by setting frequency dependency with Debye model input in the HFSS simulator. The reflection coefficient magnitude and phase are calculated as shown in Fig.7.

The results show that when the human body effect is presented, the antenna impedance matching is more significant for implanted of the antenna inside the human-body. The resonant frequency is shifted down and the operating bandwidth is increased. The other parameter studied is the reflection coefficient phase, which is slightly changed when the antenna is placed outside human-body, and it is abruptly changed when the antenna is implanted in the human-body. The
variation of results is due to the conductor layer of the human-body which adds extra load on the antenna surface and changes in the electrical properties of the substrate. However, when the antenna is implanted in the human-body it becomes more dispersive so the operating bandwidth at -7.5 dB (VSWR ≤ 2.5) impedance matching extended from 20 GHz to 45 GHz and from 57 GHz up to 65 GHz. However, in both simulation scenarios, the antenna bandwidth is still operated in the selected bands of operations.

5. Measurement of the Proposed Antenna
The proposed DML antenna reflection coefficients are measured in the microstrip Lab, at the Electronics Research Institute. The reflection coefficient achieved by using on-wafer probing and the setup composed of one GSG 67 GHz PicoProbe-RF probe (pitch: 150 µm) and ZVA67 Rohde and schwarz vector network analyzer from 10 MHz to 67 GHz as shown in Fig. 8(a). The fabricated UMC180 nm die (miniasic 1525µm×1525µm) was fixed at PM5 KurlSuss manual probe-station. The photo of the fabricated antenna is shown in Fig. 8(b) with four ground PADs which are connected to the ground metal layer M1. Fig. 9(a) shows the comparison between the

![Graph of Reflection Coefficient vs Frequency](image)

![Graph of Reflection Coefficient Phase vs Frequency](image)

**Fig. 7 (a) Reflection coefficient versus frequency of the DML antenna with and without human body (a) Magnitude and (b) Phase.**
simulated and measured reflection coefficients of the proposed antenna.

![Setup of the reflection coefficient measurement and photo of the fabricated antenna.](image)

Fig. 8. (a) The setup of the reflection coefficient measurement and (b) the photo of the fabricated antenna.

There is a good agreement between the start and the end of the designed antenna bandwidth. The simulated 3D polar radiation pattern of the realized antenna gain at four resonant frequencies 22 GHz, 34 GHz, 44 GHz and 58 GHz are shown in Fig. 10(a) to (d), respectively. The normalized 2D radiation pattern of the proposed antenna in the presence of the human body is compared to an absence of the human body at two main coordinates $\varphi = 90^\circ$ and $\Theta = 90^\circ$ as shown in Table 1 at different resonant frequencies.
Table 2 shows the performance comparison between the proposed antenna and other previous literature reviews of the integrated antennas operating within the frequency range. In the 60 GHz band, the proposed DML antenna indicates a comparable gain with [18] and [20] with larger bandwidth and achieved multiband of operation. While [22] and [21] are lower gain and single band of operation at frequency higher than the proposed antenna, both antennas have the same efficiency (35%) at 65 GHz range. In references [17] and [18], antennas resonate at 24GHz but with narrow bandwidth and a larger area than the proposed antenna. While [19] and [20] have the largest antenna size area with a high gain. The proposed antenna has low antenna gain at lower frequency; this can be explained due to the small area which reduces the aperture area of the antenna. The
The proposed antenna is compact when compared to other structures and it has a large number of operational bands. The multiband of operation with wideband bandwidth makes the proposed antenna a good choice for BCN to cover a large number of sensors for many patients. Essentially, the antenna provides a wireless power transfer system that can be integrated for battery less applications.

### Table 1: The 2D polar radiation pattern — without human-body, -- with human-body at different resonant frequencies.

| Plane | 22 GHz | 34 GHz | 45 GHz | 58 GHz |
|-------|--------|--------|--------|--------|
| $\phi=0^\circ$ | ![Pattern](image1) | ![Pattern](image2) | ![Pattern](image3) | ![Pattern](image4) |
| $\theta=90^\circ$ | ![Pattern](image5) | ![Pattern](image6) | ![Pattern](image7) | ![Pattern](image8) |

### Table 2: Comparison of the proposed antenna with other on-chip antennas

| Ref | [17] | [18] | [19] | [20] | [21] | [22] | This work |
|-----|------|------|------|------|------|------|-----------|
| Freq. GHz | 24 | 24/60 | 40-50 | 60 | 94 | 67 | 22/34/44/58 |
| Gain dBi | -8 | -9/-1 | 0.8 to 3.3 | -3.2 | -2.71 | -8 | -20/-15/-10/-1 |
| BW GHz | -- | 0.18/0.7 | 5.3 | 5.5 | 15 | 4 | 5/6/4/8 |
6. Conclusion

In this paper, a compact of dual meander line integrated antenna for multiband biomedical applications is proposed. The proposed antenna consists of two stacked layers of meander lines and a ground metal layer. The DML structure increased the number of tuning bands with broadening bandwidth which make it suitable for high data rate 5G body centric network (BCN) applications. The proposed antenna has suitable gain and efficiency in the operational bands 44 and 60 GHz band when compared to different on chip antennas. The proposed antenna has small area by 20% from traditional meander line antennas for easily integration with implantable/wearable systems. The proposed antenna has acceptable performance when it is implanted or worn on the human body.

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