Phytoliths of six woody species important in the Carpathians: characteristic phytoliths in Norway spruce needles

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Abstract
Phytoliths—also known as plant opals—are preserved in soils and sediments and have taxonomical relevance, therefore phytoliths can be fingerprints of the vegetation of the period from which they originated. Comparative phytolith studies are essential for finding phytolith morphotypes with taxonomic relevance. These are used to build reference collections for future palaeoecological and archaeobotanical studies. Biogenic silica extracted from the leaves of six woody species commonly occurring in temperate climate plant communities was examined using light and scanning electron microscope methods (Deciduous broad-leaved species: Corylus avellana, Fagus sylvatica, Quercus robur. Coniferous species: Abies alba, Picea abies, Pinus sylvestris). The element content of phytoliths was analysed by SEM EDX and the phytolith taxonomic diagnostic potential of element content was tested by discriminant analysis. An inventory of phytolith types with their anatomical origin was provided and type-frequencies were assessed. Three species have been systematically screened here for the first time in detail (C. avellana, F. sylvatica, Q. robur). This is the first time that a characteristic cubical phytolith morphotype (“Picea—blocky type”) originating from transfusion tissue was described as a distinct layer encompassing the central cylinder of the needle. High concentrations of aluminium and magnesium in phytoliths are associated with two of three conifer species. A. alba and P. sylvestris could be differentiated statistically on the basis of elemental content. Our findings open up the possibility to identify these taxa based on their phytoliths and it is anticipated that this could be a useful tool for phytolith identification originating from soils and sediments as well. Moreover, Picea—blocky type allows comparative, in situ studies (amongst others isotopic) to provide the possibility of finding further measurable proxies.

Keywords Biogenic silica · Conifers · Elemental content · Picea abies · Phytolith · SEM EDX

Introduction
In the last two decades, an assortment of techniques for measuring ecosystem responses to environmental changes has expanded, revealing novel approaches to studies of past environmental conditions. Multi-proxy studies, including phytolith analysis, gain a wider and wider understanding in palaeoenvironmental reconstructions using several physical and biotic proxies (Smol 2002; Birks and Birks 2006). In past years, the number of phytolith studies has grown exponentially (Hart 2016) and knowledge of silicon uptake and development of phytoliths is increasing (Hodson et al. 1985; Epstein 1999; Soukup et al. 2014, 2017), but is incomplete. Monosilicic acid is taken up by plant roots from porewater of the soil and precipitates in cell walls, cell lumens or intercellular spaces in the form of SiO₂ n(H₂O) in several organs of the plant. These micrometric amorphousopal particles occur in several plant species of about 50 families of higher plants (Piperno 2006) and are called phytoliths. As phytoliths are preserved in soils and sediments after the decomposition of the plants, and in a manner that has taxonomical relevance, phytoliths can be fingerprints of the vegetation of the period from which they originate (Piperno 2006).
Phytolith analysis of soils and sediments potentially gives more particular and local data of vegetation change than pollen analysis (Rovner 1988; Rosen 1994; Lentfer and Boyd 1998), and is a useful source of evidence when other micro- or macrobotanical remains are absent (Neumann et al. 2017). Palaeoenvironmental reconstruction based on only one proxy may not lead to reliable results in every case, but phytolith analysis may be useful to complement pollen analyses, macrobotanical and other studies (An et al. 2015; Chen et al. 2015; Solis-Castillo et al. 2015; Sakai et al. 2016; Neumann et al. 2017; Woodburn et al. 2017).

Environmental and vegetation reconstruction phytolith-studies concentrate mainly on the Palaeotropis and Neotropis, for America and Japan (Mulholland et al. 1992; Bozarth 1993; several relevant sources have been summarized in Carnelli et al. 2004 and Hart 2016). Phytolith assemblage-based reconstruction studies are not available so far for the Carpathian Mountains region. Only a few phytolith studies of mountain species are available in Europe: for the Caucasus (Kiseleva 1992; Blinnikov 1994), for the Alps (Carnelli et al. 2001, 2004) and for the lower-elevation mountain ecosystem in eastern France (Bremond et al. 2004).

Since 2000, more and more new technological advances have become available to refine and broaden the application of phytolith analysis, and Hart (2016) reinforces this with the term “Period of Expanding Applications”. One of the measurable characteristics of phytoliths, which may be important to identify a plant taxon, is the chemical element content. A few studies suggested that the elemental composition of phytoliths correlates with taxonomic relevance, and it may be a useful tool for identifying the plant taxon that was present in the period being investigated; also this may give us information about the type of the soil in which the plant grew (Hart 2001; Buján 2013). It seems that the elemental composition of phytoliths may be helpful to identify a widely-defined plant taxon, especially in the case where the identification of a phytolith morphotype is ambiguous or not typical (cf. multiplicity and redundancy; Rovner 1971). Besides metabolic carbon and nitrogen, the most remarkable element in phytoliths is aluminium. The plant opal material of conifers contains a high amount of aluminium, even more than deciduous species (Piperno 1988; Hodson and Sangster 1998). Based on Bartoli and Wilding (1980), phytoliths with higher aluminium content are more resistant to weathering agents in the soil-sediment system. However, other taphonomical studies showed that impure phytoliths were more susceptible to weathering, because of the impurities causing irregularities in the continuum ofopal silica matrix (Osterreith et al. 2009).

A reference phytolith database for the Carpathian Mountains and the Carpathian Basin region was designed and built in order to establish a plant-based reference key for palaeoenvironmental studies, and here we report on a part of it. In this paper, we investigate a characteristic occurrence of phytoliths in *Picea abies* [L.] H.Karst (Norway spruce) needles. Leaf phytolith assemblages and biogenic silica content of *P. abies* needles and leaves of another five tree species are described and compared (deciduous: *Corylus avellana* L., *Fagus sylvatica* L., *Quercus robur* L., coniferous: *Abies alba* Mill., *Pinus sylvestris* L.). The phytolith assemblages of the species studied here are important in a palaeoecological view of the early Holocene for the Carpathian Basin and the Carpathian Mountains (Soó 1930; Juhász 2005; Magyari et al. 2014; Buró et al. 2016; Molnár and Végvári 2017; Hubay et al. 2018; Tapody et al. 2018 and others). At the same time, the elemental compositions of leaf phytoliths for the three coniferous and three deciduous tree species were measured from ash by energy-dispersive X-ray spectroscopy (EDX) to look for any correlation between the species and elemental content that could have diagnostic potential.

### Materials and methods

Apart from *Picea abies*, two coniferous and three deciduous woody species were chosen that are relevant for palaeo- and recent vegetation and at the same time have higher biogenic silica content, as well as identifiable leaf phytoliths (Table 1).

Material was collected at the end of the vegetation growing period from the Botanical Garden of Debrecen University (Hungary) in the beginning of November 2016. Thus, leaves contained the total annual silicon amount that is characteristic for the species. The soil type can affect mineral uptake of leaves (Hodson and Sangster 1998), but the soil conditions were regarded as essentially the same in this case, thus differences in element uptake between the different species could be assessed. We attempted to collect leaves from more than one tree. For *Corylus avellana*, *Fagus sylvatica* and *Quercus robur*, composite leaf samples from a few branches of 5, 2 and 3 individuals, respectively, were collected randomly. For *Abies alba*, *Picea abies* and *Pinus sylvestris*, composite samples of evergreen needles were collected from a few branches of 3, 5 and 3 individuals, respectively. We attempted to sample different aged needles, because the accumulation of elements varies in needles of different age (Hodson and Sangster 1998).

Phytolith extraction from the leaves was accomplished in three repetitions through the dry-ashing technique (Albert and Weiner 2001; Mercader et al. 2010). Samples were washed intensively in distilled water using sonication (ultrasonic cleaning bath) and then were dried at 105°C overnight and weighed. After this samples were combusted in a furnace at 500°C for 8 h, then 3 mol l−1 HCl and 3 mol l−1 HNO3 solution was added and the ash was treated for 30 min at 100°C. The acid-insoluble fraction...
was centrifuged three times (3,000 rpm for 2 min) and the supernatant was discarded and re-suspended. Then, hydrogen peroxide (H$_2$O$_2$) was added and samples were mixed thoroughly and phytoliths were mounted on microscope slides in immersion oil and observed under an Olympus BH-2 polarized light microscope at a magnification of 1,000 ×. Optically isotropic phytoliths were checked using cross-polarised illumination. In addition, the phytolith samples were stored in Eppendorf tubes in the Phytolith Collection of Isotope Climatology and Environmental Research Centre (ICER) with a laboratory code of 115-1073.1. A total of 500 phytoliths in all samples of one species were counted in adjacent but not overlapping lines across the cover slip.

The typological and taxonomical types of approach for phytolith analysis are combined in this study, since the morphotypes are described by using the International Code for Phytolith Nomenclature (ICPN) 2.0 (ICPT 2019), however their anatomical origin is emphasized and used as the most important attribute of these phytoliths. Thus, whenever it was possible, the phytolith morphotypes were described based on the anatomical origin of the given morphotype, because the knowledge of the anatomical structure may increase the usefulness of the phytoliths in palaeoecological studies. Because of this, in Table 2 collective nouns for the morphotypes according to their anatomical origin are listed. Moreover, phytolith names created by Carnelli et al. (2004) are also given (in italics below), because we considered the phytolith assemblage data of the Alpine species as a possible baseline dataset for comparison. The study of Carnelli et al. (2004) was published ahead of ICPN 1.0, therefore phytoliths are not denominated according to the rules of the ICPN 1.0 nomenclature. Phytolith morphotype names are written in small capitals according to ICPN 2.0 (ICPT 2019).

Phytolith morphotypes were measured and documented by microphotographs (ScopePhoto, Version 3.1.615). Large fragments of silicified tissues were considered as representative features, but intercellular deposits or other small and undefined fragments were not included in the count.

Ash from the leaves was spread with a paint brush onto double-sided tape mounted on an aluminium stub and then the ash sample was coated with gold (BIO-RAD E5000C Sputter Coater). The well-characterized phytolith forms were randomly measured by elemental analysis, without considering their anatomical origin. Consequently, the proportion of the measured phytolith morphotypes was considered to be equivalent to the proportion of the phytolith morphotypes in the sample. More than 10 phytoliths were measured per species (13 *C. avellana, 20 F. sylvatica, 13 Q. robur, 12 A. alba, 17 P. abies* and 12 *P. sylvestris* phytoliths were examined). Elemental analysis of phytoliths was conducted with a Hitachi S4300-CFE scanning electron microscope using Energy Dispersive X-ray Fluorescence, operating at 15 kV with a detection threshold of 0.1 atom %. The elements detected were the following: Si, O, C, Mg, Al, P, S, K, Ca, Mn, Na, Ti, Ba, Fe. The anatomical position of the silicon accumulation was examined by X-ray element mapping. Phytoliths were identified in situ in the tissues on the longitudinal and cross sections of leaves cut by blade under a Zeiss Stereo Discovery.v20 microscope. Microphotos of phytoliths were also taken in situ.

The element contents of the phytoliths revealed from the six species were compared by ANOVA. Moreover, these six groups of phytolith samples, a priori ordered according to species, were classified by linear discriminant analysis (LDA) using SPSS/PC+ (Norušis 1990). The SEM-EDX data are expressed as proportions of a fixed total, this approach can cause a problem with compositional data (Swan and Sandilands 1995). Following the suggestions of Aitchison (1986) discriminant analysis was run on the log-ratio transformed data. Concentrations of Ba, Fe, Na and

| Species Family | bSi % ± s.d. | Published bSi % | Authors |
|---------------|-------------|----------------|---------|
| Corylus avellana L. Betulaceae | 2.32 ± 0.16 | | |
| Fagus sylvatica L. Fagaceae | 2.06 ± 0.12 | 1.59 | 1 |
| Quercus robur L. Fagaceae | 3.04 ± 0.07 | 1.17 | 1 |
| Abies alba Mill. Pinaceae | 1.16 ± 0.27 | 0.06 | 2 |
| Picea abies (L.) Karst Pinaceae | 1.97 ± 0.09 | 0.85 | 2 |
| Pinus sylvestris L. Pinaceae | 0.78 ± 0.19 | 0.05–0.1 | 3 |

1. Cornelis et al. (2010); 2. Carnelli et al. (2001); 3. Bartoli and Souchier (1978); 4. Hodson et al. (1997). 5. Klein and Geis (1978)
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Ti were under detection limit in many cases, therefore they were excluded from the analysis.

Results

Biogenic silica content

The highest percentage of silica was found in Q. robur leaves (mean value with standard deviation: 3.04 ± 0.07%), and it was also relatively high in C. avellana and F. sylvatica leaves (2.32 ± 0.16% and 2.06 ± 0.12%) (Table 1). Among the three coniferous species, the highest percentage of silica was found from the leaves of P. abies (1.97 ± 0.09%), whereas the leaves of A. alba and P. sylvestris contained 1.16 ± 0.27% and 0.78 ± 0.19%, respectively.

Phytolith morphotype descriptions

The distribution of a total of 16 phytolith morphotypes is described below and summarised in Table 2. The phytolith morphotypes were divided into two groups: epidermal tissue fragments and non-epidermal phytoliths.

| Phytolith morphotype                      | Carnelli et al. (2004)       | Size (µm) | Corav | Fagsyl | Querob | Abal | Picab | Pinsyl | Ubiquity/6 species |
|------------------------------------------|------------------------------|-----------|-------|---------|--------|------|-------|--------|-------------------|
| Jigsaw epidermal cells                   | Jigsaw epidermal cells      | 18-41     | 22.6  | 52.6    |        |      |       |        |                   |
| Isodiametric epidermal cells             |                              | 10-45     | 40.8  |         |        |      |       |        |                   |
| Stoma                                    | Stoma                       | 23-50     | 0.9   | 6.8     | 0.9    | 3.0  | 4     |        |                   |
| ACICULAR; ACUTE BULBOUS                   | Trichoma                    | 57-73     | 3.3   | 1.3     | 2      |      |       |        |                   |
| Idioblast                                |                              | 12-33     | 9.0   |         |        |      |       |        |                   |
| ELONGATE SINUATE                         | Undulated hypodermal cells  | 33-60     |       | 39.4    | 1      |      |       |        |                   |
| Mesophyll cells                          | Mesophyll cells              | 4-8       | 28.6  | 31.5    | 2.7    | 3    |       |        |                   |
| TRACHEARY ANNULATE/HELICAL; TRACHEARY BORDERED | Trachea/tracheids             | 35-98     | 25.2  | 15.7    | 11.7   | 15.1 | 6     |        |                   |
| POLYHEDRAL of conifers; BLOCKY of conifers | Polyhedron of conifers / blocky | 19-66     |       | 46.6    | 56.3   | 32.3 | 3     |        |                   |
| ELLIPSOIDAL MACULATE; BULBOUS RECTANGULAR MACULATE | Polyhedral cell / blocky | 19-51     | 9.8   | 9.2     | 5      |      |       |        |                   |
| ELONGATED PITTED                         |                              | 83-87     | 24.5  |         |        |      |       |        |                   |
| ELONGATED ENTIRE                         |                              | 38-66     |       | 7.8     | 3.1    | 2    |       |        |                   |
| SPHEROID PSILATE                         | Spherical                    | 4-10      | 29.0  | 37.3    | 2      |      |       |        |                   |
| Silica skeleton                          | Silica skeleton              | 11-84     | 9.8   | 4.0     | 2      |      |       |        |                   |
| Scleroid                                 |                              | 32-61     | 7.8   |         | 1      |      |       |        |                   |
| SPHEROID                                 | Spherical                    | 6-8       | 1.1   |         | 1      |      |       |        |                   |
| Number counted (100%)                    |                              | 500       | 530   | 509     | 500    | 532  | 500   |        |                   |

Synonyms used according to Carnelli et al. (2004). Corav: Corylus avellana, Fagsyl: Fagus sylvatica, Querob: Quercus robur, Abal: Abies alba, Picab: Picea abies, Pinsyl: Pinus sylvestris

Epidermal tissue fragments

Ash from the leaves of the sampled species was rich in silicified epidermal fragments with characteristics that typified the species, particularly if the tissue fragments usually contain stomata, idioblasts and hairs. Epidermal fragments are more frequently observed in identifiable phytolith assemblages of the sampled broad-leaved specimens than in assemblages of coniferous specimens. Two types of silicified epidermal tissue were found, jigsaw epidermal cells and the tissue of isodiametric epidermal cells (Fig. 1, 1–6). Two of the three deciduous species shown in this study contained strongly silicified jigsaw epidermal cells (C. avellana, F. sylvatica) from the adaxial surface of the leaf (Fig. 1, 4–5). Isodiametric epidermal cells were the feature of Q. robur from both of adaxial and abaxial epidermis surfaces (Fig. 1, 1 and 6).

At the same time, epidermal fragments are often identifiable based on the stomata, hairs or idioblasts attached to them. Stomata occurred in samples of every species at least embedded in the epidermal tissue (Fig. 1, 7–13). The ash of C. avellana and F. sylvatica leaves included stomata mainly in the epidermal fragments, but samples of conifers and Q.
Fig. 1 1–3: SEM pictures of 1 silicified epidermal tissue of *Quercus robur* leaf, mc: mesophyll cells, 2 silicified mesophyll cells of *Q. robur* leaf, i: cavity of an idioblast, 3 silicified mesophyll cells of *Fagus sylvatica*. 4–32: Light microphotographs of 4 *Corylus avellana* jigsaw epidermal cells, 5 *F. sylvatica* jigsaw epidermal cells, 6 *Q. robur* isodiametric epidermal cells, 7–8 *Q. robur* stoma, 9–12 *Abies alba* stoma, 13 *Picea abies* stoma, 14 *C. avellana* acicular, 15 *Q. robur* acute bulbous, 16 *C. avellana* idioblast, 17 *P. abies* tissue of elongate sinuate cells with an embedded photo of an elongated sinuate cell, 18–20 *C. avellana* tracheary annulate/helical, 21 *C. avellana* elliptical, 22 *Q. robur* bulbous rectangular, 23–24 *Q. robur* elongate, 25–27 *A. alba* elongate entire, 28 *Pinus sylvestris* spheroid psilate, 29 *P. sylvestris* silica skeleton, 30–31 *Q. robur* brachiates, 32 *C. avellana* spheroid. Scale bars: 10 µm
robur contained abundant discrete guard cells. The ashes from the leaves of A. alba and P. sylvestris were richer in stomata than samples of P. abies. Acicular and acute bulbus phytoliths were observed in C. avellana and Q. robur leaves ash (Fig. 1, 14–15), by contrast the hairs in the F. sylvatica leaf edge proved to be less persistent and were broken in the ash. These types of silicified trichomes were published earlier as trichomas (Carnelli et al. 2004). Moreover, idioblast cell remains of calcium-oxalate druses and hair bases in the epidermis of C. avellana were frequently observed in isodiametric epidermal tissue fragments. Sub-epidermal silicified cell complexes were only found in P. abies.

Non-epidermal phytoliths

Silicified mesophyll cells connected to epidermis were found in leaves of deciduous trees (Fig. 1, 2–3 and 16). Fragments of jigsaw epidermal cells with attached silicified mesophyll tissue were also found, but the silicified cells in the deciduous species did not form a peculiar discrete layer. Silicified tissue occurred under the epidermis also in the spruce needles as a hypodermis (Fig. 1, 17). These are elongated sinulate cells, and Carnelli et al. (2004) named them undulated hypodermal cells.

The leaves of the studied species were rich in tracheary, with varied morphology. These forms are mentioned with synonyms, as tracheids or vessels in Carnelli et al. (2004). Moreover, different studies such as Carnelli et al. (2004) also used the following morphotype names: polyhedron of conifers, polyhedral cell or blocky for these silicified cells, but several phytoliths of those referred to originated unambiguously from the water conducting system, because they had pitted ornament on the surfaces (Plate VI, 1–2 in Carnelli et al. 2004, p 57). However, according to ICPN 2.0, in that case, if cell walls display rings, spiral, pitted or bordered ornaments, these elements are from the water conducting system and these belong to the tracheary morphotype. Consequently, we classified a phytolith as belonging to the tracheary morphotype category, if there was no doubt that the physiological role of it was the water transport system (in some measure there is taxonomical relevance of these morphotypes. Deciduous trees have vessels with different spiral and circular walls, these are tracheary annulate/helical morphotypes (Fig. 1, 18–20). These spiral and circular cell wall ornaments are often missing in conifers (but not always, Klein and Geis 1978) and these more or less distinguish the deciduous species from conifers. Ash of the P. sylvestris needles contained tracheary bordered phytoliths (Table 2).

The most characteristic phytoliths of the studied needles—based on their shape and material texture—originated from the transfusion tissue. These phytoliths represent the highest percent of the phytoliths in the needles of our studied conifer species. The 46.6% of classifiable phytoliths belonged to this tissue in A. alba needles and this value was 56.3% in P. abies needles and 32.3% in P. sylvestris needles (Table 2). According to Carnelli et al. (2004) and An (2016) the phytolith morphotype that originates from the transfusion tissue (transfusion tracheids or transfusion parenchymal cells) is blocky and these are often pitted (cf. blocky scrobiculate; An 2016). Similarly to the tracheary, there are several synonyms of the blocky morphotype mentioned in the literature, such as polyhedron of conifers, polyhedral cells and also blockies (Carnelli et al. 2004; An 2016; Table 2). An (2016) described this phytolith type as blocky with smooth edges having a psilate to irregular surface, sometimes with wrinkles or pits. Carnelli et al. (2004) called it polyhedron of conifers, and stated that blocky polyhedron transfusion cells are often pitted.

In our samples, these abundant phytoliths originating from the transfusion tissue were smooth, granulated, or pitted in needles of every studied conifer species. However, we found that the form of 80–90% of these phytoliths was typical for the species studied (Fig. 2). About 10–20% of these phytoliths originating from the transfusion tissue were irregular in the three conifer needles. The most typical phytoliths of the sampled needles are described as follows. A. alba needles produced polyhedral phytoliths with one of the endpoints more or less tapering, sometimes occurring in clusters (Fig. 2a). The shape of these resembles a lance-head, several times longer than wide, broadest above the base and narrowed to the apex, the margins are velloate, with a surface...
marked with relatively big and shallow depressions. *P. sylvestris* had more irregular-shaped polyhedral morphotypes with one or more concave sides (Fig. 2b). *P. abies* had almost cubic or parallelepipedal-shaped (a four-faced geometrical figure in which every face is parallel to the opposite side) phytoliths with more or less equal sides (with length/width \( \leq 2 \), Fig. 2c). These cubic or almost cubic blocky phytoliths can be observed in needles of *Picea wilsonii* and also of *P. asperata* as An (2016) mentioned, and we confirmed the last author’s description of this form, that was the following: “This type is characterized by smooth surfaces, sharp sections or sides, and is concave on one or both sides, with sharp edges, clear ridges and distinct corners, sometimes in clusters. The length of a side is 30–40 μm” (Fig. 2c).

A few, less characteristic silicified cells in leaves of deciduous *C. avellana* and *Q. robur* were found with unknown origin (Fig. 1, 21–22). Leaves of *C. avellana* had ellipsoidal maculose while *Q. robur* had bulbous/rectangular maculose phytoliths with about 9% of the total phytolith number (Table 2). Carnelli et al. (2004) mentioned presumably similar, irregular phytoliths of deciduous species examined by them (*Arctostaphylos, Calluna, Loiseleuria, Rhododendron, Vaccinium* and *Alnus* spp.) as blocky and “polyhedral cells”. Other phytolith types created by the xylem were the elongated entire morphotype found in *P. abies* and *A. alba* needle samples (Fig. 1, 25–27). These phytoliths were not frequent and their origin may be the xylem. The origin of the elongated forms with irregular edges in *Q. robur* leaves may also be the xylem, but these forms were not useful for species identification. The elongated phytolith morphotype in samples of *Q. robur* was probably derived from the xylem and represented a transitional form between the sclereid and tracheid cells (Fig. 1, 23–24). In addition, some spheroid plicate phytoliths were in the ash of *C. avellana* leaves (Fig. 1, 32). Spheroids are often found in phytolith assemblages of trees (for instance in Juniperus nana leaves; Carnelli et al. 2004). Brachiates were detected occasionally in *Q. robur* leaves, which were thin phytoliths with thick walls (Fig. 1, 30–31).

Silicified tissues with an unknown anatomical origin were present in *P. sylvestris* and *A. alba*, as Carnelli et al. (2004) also observed in *Pinus mugo* and *Picea abies* leaves (Fig. 1, 29). Several spheroids were revealed with scrobiculate ornament or without any ornament from *P. sylvestris* and *A. alba* leaves that were similar to grass short cells and their origin was perhaps the endodermis (Fig. 1, 28). Rare phytolith types observed in our samples were not included in this study, particularly because they had no identification value.

### Anatomical position of conifer phytoliths with species-identification value

Because the questionable phytoliths presumably originated from the central part of the needles (presumably from the endodermis, transfusion tissue or xylem), X-ray mapping was focusing on this area. The X-ray mapping did not show any well-characterized opal particles in the cross sections (Fig. 3A-b, B-b) or longitudinal sections (Fig. 3A-c, B-c) of *A. alba* and *P. sylvestris* leaves. The silicon maps showed only a diffuse silicon distribution that did not imply any silicon accumulation. This suggests that the polyhedral phytoliths of *A. alba* and *P. sylvestris* needles originated from xylem or transfusion tissue, but were less abundant than the polyhedral phytoliths of *P. abies* needles. Specifically, in *P. abies* leaves a layer of accumulated silicon and phytoliths could be found adjacent to the inner side of the endodermis (Fig. 3C). On a few phytoliths a specific peak (in fact an edge—with a three dimensional aspect) can be seen in the cross section (Fig. 3C d, arrow). These edges show the joining area of the phytolith to the endodermis cells. In the apex of the needle, the phytolith layer almost surrounds the vascular framework of this study.

### Elemental content of phytoliths

The elements with concentrations above 0.2 atom % included Si, O, C, Mg, Al, P, S, K, Ca, Mn (Table 3). Elements detected below 0.2 atom % were Na, Ti, Ba, Fe. As the latter elements likely originated from contamination, they are not relevant to palaeoenvironmental studies due to their low abundance; we did not consider them within the framework of this study.

Some of the element contents were higher in the phytoliths of conifers (especially in *A. alba*) than in the non-conifer species phytoliths. *A. alba* and *P. sylvestris* have significantly more magnesium content in their leaf phytoliths than in those of *F. sylvatica*. Significantly more aluminium was also measured in *A. alba* (the mean atom % 1.2; 95% confidence intervals 0.8–1.7) and *P. sylvestris* (mean atom % 0.3; 95% confidence intervals 0.9–1.7) than in deciduous species phytoliths. Similar to magnesium, the aluminium content was not higher in *P. abies* needle phytoliths than in deciduous species phytoliths. The presence of aluminium in conifer phytoliths was an expected result. Atom percent values for leaf phytolith phosphorus, potassium and calcium content were higher in conifers (the highest value for phosphorus in *A. alba* 0.9; 95% confidence intervals 0.2–1.6, for
Discriminant analysis (LDA)

The suitability of using a discriminant approach to classify the phytoliths according to their elemental content was confirmed. Five significant (p < 0.05) discriminant functions were obtained (Table 4). The first two discriminant functions

Fig. 3 SEM pictures, X-ray maps and stereomicroscopic pictures (SMP; g, h, i) of the sections of the needles. Si in yellow. A Abies alba (a) cross section (b) X-ray map of the central cylinder in the cross section (c) X-ray map of the longitudinal section. B Pinus sylvestris (a) cross section (b) X-ray map of the central cylinder in the cross section (c) X-ray map of the longitudinal section. C Picea abies (a) cross section (b) X-ray map of the central cylinder in the cross section in the middle of the needle (c) X-ray map of the central cylinder in the cross section in the middle of the needle (d) SEM picture of a “Picea—BLOCKY type” phytolith (e) X-ray map of the longitudinal section in the middle of the needle (f) X-ray map of the longitudinal section in the apex of the needle (g) cross section (h) longitudinal section in the middle of the needle (i) longitudinal section in the apex of the needle. ep epidermis, rd resin duct, vb vascular bound, pl phytolith layers, ed joining edge of the endodermis cells, en endodermis

potassium 1.0; 95% confidence intervals 0.1–1.8, for calcium 2.6; 95% confidence intervals 1.1–3.9), but without significant differences.
explained 77.7% of the total variance. Eighty percent of the phytoliths were correctly classified \textit{a priori}. Pooled within-groups correlations (Table 4) between discriminating variables and standardized discriminant functions indicated that aluminium contributed significantly in the first discriminant function. Potassium, sulfur and carbon correlated significantly with the second one. Magnesium and silicon were correlated with the third, phosphorus, calcium and oxygen with the fourth, and manganese with the fifth discriminant function. The LDA (as ANOVA) showed that there were significant differences in Al and Mg content among samples (Table 4).

Distribution of samples was plotted using LDA based on the first two discriminant functions (Fig. 4). LDA analysis was able to distinguish between samples of coniferous and deciduous species (Fig. 4).

Summarizing the results of the LDA, the following conclusions can be drawn from the result of discriminant analysis: The sampled phytoliths of coniferous species were defined by their aluminium concentrations, which were higher than those of the remaining phytolith samples of deciduous species; These assays showed that using 10 elements allows for a useful differentiation of species based on leaf phytoliths.

### Table 3

Means of element content (atom %) with confidence intervals (95%) of the species

| Elements       | Si  (± 4.5) | O  (± 4.0) | C  (± 4.2) | Mg  (± 0.3) | Al  (± 0.1) | P  (± 0.2) | S  (± 0.2) | K  (± 0.1) | Ca  (± 0.2) | Mn  (± 0.2) |
|----------------|------------|------------|------------|-------------|-------------|------------|------------|------------|------------|------------|
| Quercus robur  | 24.2       | 67.5       | 5.7        | 0.3         | 0.1         | <0.2       | <0.2       | 0.4        | 1.0        | <0.2       |
| Corylus avellana| 21.8       | 68.6       | 5.4        | 0.3         | 0.1         | <0.2       | <0.2       | 0.3        | 1.7        | <0.2       |
| Fagus sylvatica| 24.3       | 66.6       | 5.9        | 0.4         | 0.2         | <0.2       | <0.2       | 0.6        | 1.1        | <0.2       |
| Abies alba     | 19.6       | 66.0       | 4.7        | 0.6         | 1.2         | 0.9        | 0.2        | 1.0        | 2.6        | <0.2       |
| Picea abies    | 24.1       | 66.0       | 5.0        | 0.4         | 0.2         | 0.5        | 0.2        | 0.9        | 2.1        | <0.2       |
| Pinus sylvestris| 22.5      | 65.9       | 4.6        | 0.4         | 0.3         | <0.2       | <0.2       | 0.9        | 1.4        | <0.2       |

Means with different letters (a, b) are significantly different (p<0.05)

### Table 4

Pooled within-groups correlations between discriminating variables and standardized canonical discriminant functions with eigenvalues and cumulative % of variance

| Elements       | Function | 1   | 2   | 3   | 4   | 5   |
|----------------|----------|-----|-----|-----|-----|-----|
| Al             | −0.775a  | 0.109| 0.250| 0.082| 0.015|
| K              | 0.301    | 0.631a| 0.100| 0.099| 0.281|
| S              | 0.079    | 0.521a| 0.494| 0.282| 0.271|
| C              | 0.048    | 0.147a| 0.000| 0.040| 0.079|
| Mg             | 0.200    | 0.286| 0.443a| 0.084| 0.033|
| Si             | 0.095    | 0.021| 0.258a| 0.045| 0.157|
| P              | 0.041    | 0.077| 0.123| 0.738a| 0.318|
| Ca             | 0.038    | 0.136| 0.167| 0.269a| 0.108|
| O              | 0.051    | 0.031| 0.117| 0.184a| 0.120|
| Mn             | 0.065    | 0.312| 0.240| 0.205| 0.530a|
| Eigenvalue     | 4.065    | 1.208| 0.816| 0.474| 0.223|
| Cumulative %   | 59.9     | 77.7| 89.7| 96.7| 100 |

\(^a\)Largest absolute correlation between each variable and any discriminant function

**Fig. 4** Discriminant analysis similarity map obtained for the phytolith element content classifications of the studied leaf samples as determined by discriminant factors 1 (59.9%) and 2 (17.8%), plus average discriminant scores and 95% confidence intervals for species (along the axes)

**Discussion**

Biogenic silica content data obtained for the leaves of the six species indicated that deciduous species produced higher biogenic silica content than coniferous species. The highest value of silica was found in \textit{Q. robur} leaves. Based on the accessible literature, this high silica value of \textit{Q. robur} leaves
is much higher than the silica content in other Quercus species leaves (0.4% in Q. macrocarpa; Piperno 2006). In this study, the extracted silica content in leaves of A. alba is higher than the value reported by Carnelli et al. (2001) (Table 1). Silica percentage values of P. abies needles are between 0.3 and 3.7%, and are between 0.05 and 1.2% in P. sylvestris reported by other authors (Bartoli and Souchier 1978; Klein and Geis 1978; Hodson et al. 1997; Carnelli et al. 2001; Cornelis et al. 2010); our results are also between these values. The genus Picea heavily accumulates Si, as other authors already noted (Klein and Geis 1978; Hodson and Sangster 1999), and the high silica content in P. abies needles also has been reported by Carnelli et al. (2001). The silica content of leaves of C. avellana, F. sylvestica and Q. robur are described here for the first time. Carnelli et al. (2001) studied the silica content of different families (43 species) from temperate regions and they found an extremely wide range ofopal silica content (0.01 ± 8.8%) for arborescent dicotyledons. Theopal content in woody Alnus viridis (0.13%) and Salix helvetica (0.04%) was low (Carnelli et al. 2001). They reported that the herbaceous dicotyledons considered in their study seemed to exclude silicon. However, it is necessary to note that Carnelli et al. (2001) focused on the subalpine region of the Alps. In general, herbaceous dicotyledons have been reported to contain on average less than 1% silica (Jones and Handreck 1967), significantly less than monocotyledons. Apparently, the methods used to measure silica and the soil conditions of the sampled plant could have been different in the cited literature, which could explain the different silica content results. For instance, silica content in F. sylvatica and Q. robur leaves were consistently lower in the study of Cornelis et al. (2010) than our values.

With regard to the phytolith assemblages, the ash of Q. robur leaves was rich in identifiable phytoliths (eight morphotypes) that matches the high biogenic silica content (bSi) content measured previously. Characteristic epidermal phytoliths of deciduous species were found: strongly silicified jigsaw epidermal cells may be indicative of C. avellana and F. sylvatica, at the same time isodiametric epidermal cells are a feature of Q. robur. Stomata of A. alba and P. sylvestris were more silicified and durable than stomata of P. abies needles. Consequently, a phytolith assemblage abundant in conifer-type stomata may be indicative of vegetation dominated rather by A. alba or P. sylvestris than P. abies.

The more or less cubical blocky form of P. abies needles was well characterized regarding our results, and we were looking for further possible synonyms or previous findings of this morphotype. Earlier Rovner (1971) referred to polyhedral cells of conifers as “irregular polyhedron” in the case of Picea glauca needles, but he did not report more or less regular cubic forms in this species. Klein and Geis (1978) mentioned “endodermal polyhedrons” of Picea genus, so they make it likely that the possible anatomical origin of these phytoliths were endodermal cells. Strömbberg (2004) mentioned “blocky polyhedron” phytoliths, but she observed this type not only in conifers, but also in grasses and dicotyledons. Carnelli et al. (2004) described a similar phytolith type as “block-ridged” and mentioned it as a diagnostic phytolith type of P. abies and Pinus mugo. Bozarth (1993) reported “blocky smooth polyhedrons” in Picea glauca and “blocky polyhedrons with grainy surfaces” in P. mariana needles. These data proved that phytoliths similar to the “Picea—blocky type” phytoliths might have been observed earlier in the genus Picea, but the anatomical origin was not clear in detail and not separated from polyhedrons with other anatomical origins or of other coniferous species. Furthermore, polyhedral phytoliths of A. alba and P. sylvestris needles were at least three times longer than wide, implying that these cells may have a transport function more likely than that of Picea—blocky type phytoliths.

After examining 15 taxa of Pinaceae, Klein and Geis (1978) concluded that the identification of conifers was possible on the basis of tracheary elements, blocky polyhedrons and epidermal cells. Our study also provides phytolith data with reference values, considering the characteristic epidermal phytoliths of deciduous species and differences were found in silicified transfusion cell forms in conifers.

Determining the anatomical origin of the characteristic phytoliths is important, as in the case for most of the phytolith assemblages of different plant taxa, we have to deal with the case of “multiplicity and redundancy” (Rovner 1971). At the same time, the taxonomical relevance of the blocky and polyhedral phytoliths in the leaves of the sampled conifers was remarkable. It was assumed that the blocky and polyhedral morphotypes of different species may originate from different anatomical positions, and so cross and longitudinal sections were studied to find the specific tissue areas of the silica accumulation. The form of the Si accumulation of P. abies needles described above was not found in the Picea glauca needles (Hodson and Sangster 1998, 1999). As the latter authors reported, the inner tangential wall of the hypodermis is the primary site of silica deposition in the needles of P. glauca and there was an increase in silica deposition with time at this location. Hodson and Sangster (1998) found endodermal accumulation of silicon in P. glauca, but it was too variable to be confirmed by analysis of variance.

Hodson and Sangster (1999) listed major sites of silica accumulation in the needles of coniferous species. According to their study, the most important deposition is in the cell walls of the epidermis and hypodermis, the outermost tissues of the needle. Another frequent site of deposition is the endodermis, and the third one is in the calcium oxalate crystals of the mesophyll. As Hodson and Sangster (2002) described, silicon was concentrated in the extreme tips of the Pinus strobus needles in all tissues, but especially in the transfusion tissue. At the same...
time, observation of a well-characterized phytolith layer was not mentioned in their study. Hodson and Sangster (1999) showed conclusive SEM images (their Fig. 5 F, G) of silicified endodermis cells in *P. glauca* needles. In spite of the previous work, our results suggest that the most important location of silica accumulation is the transfusion cells adjacent to the inner side of the endodermis of *P. abies* needles. This implies that there is a remarkable difference in the localization of the silicon accumulation between the *P. glauca* and *P. abies* species, within the same genus. Ghimire et al. (2015) also reported on similar result, namely that anatomical characteristics of the *Picea* needles were useful for species differentiation.

The reason of this difference of the Si accumulation is not clear. It seems that the stream of fluid with high silicon content is blocked along the way from the xylem to the mesophyll tissue in the transfusion tissue and cannot enter into the endodermis in *P. abies* needles. The silicon block may be a result of the functional intensity and dynamic or density of the aquaporins in the cell membranes of the endodermis cells (Laur and Hacke 2014; Mayr et al. 2014). As the water flow from the xylem to the mesophyll cells takes place across the transfusion tracheids (Bäck et al. 2013), consequently the *Picea*—*blocky* type may originate from the transfusion tracheid cells, especially as bordered pits were observed on the surfaces of a few of them by us and An (2016). On the other hand, the physiological role of the transfusion parenchyma cells is ensuring the sugar flow (Bäck et al. 2013) and storage of different secondary products of the metabolism (Stelzer et al. 1990). The latter authors reported sporadic appearance of Si in transfusion parenchyma cells, but data were not shown in their paper. Moreover, it is an undoubted fact that some of the *Picea*—*blocky* type phytoliths are without bordered pits, and this is an anatomical feature of the transfusion parenchyma cells (Huber 1947; Heimerdinger 1951; Liesche et al. 2011). Summarizing, since there is some evidence for a tracheidal origin as well as a parenchymal origin, it seems that *Picea*—*blocky* type phytoliths may develop from both of them.

Although the proportion of the different elements in phytoliths is related to the environment of plant habitats and the plant species (Hodson 2016), we can establish some of the distribution of the elements in the phytoliths. As the phytoliths in the leaves of the sampled species originated from different tissues and may be from different anatomical positions, consequently phytoliths with different origins may play different roles in the elemental transport of the leaves and in this case differences in phytolith elemental content may be found among these species. Our samples contained Si, O, C, Mg, Al, P, S, K, Ca, Mn, Na, Ti, Ba, Fe. Hodson and Sangster (2002) described further elements: Cl, Cu and Zn in *Pinus strobus* needles, but did not observe Ti and Ba in their samples. Hart (2001), studying two species, confirmed the presence of Ti in phytoliths, as well as Al, Fe, Mg, Ca, Na, Mn, K, and C.

Silicon was reported to increase with needle age in *P. glauca* by Hodson and Sangster (1998), in *P. abies* by Wyttenbach et al. (1991) and in *P. rubens* by Meng et al. (1995). This tendency of silica accumulation was not studied here, however, it may be important to focus on this in the future, along with the question of whether elemental composition could also increase with needle age.

As Hodson established in his review (Hodson 2016), many other carbon values for phytoliths can be found in the literature. However, it is not beneficial to compare data measured using different methods. For example, our carbon data were appreciably different from the value of 0.96% carbon in phytoliths that was reported by Jones and Beavers from silt loam after acid extraction (Jones and Beavers 1963 in Hodson 2016). Hodson et al. (2008) made a study of different organs in wheat (*Triticum aestivum*) by the dry ashing method and found that the carbon content varied from 0.07 to 1.72% depending on the organ. By contrast, Parr et al. (2010), using microwave digestion as a preparative method, observed a higher concentration of carbon in the phytoliths of ten bamboo species, ranging between 1.4% and 4%, similar to our results. Overall, measured carbon content of phytoliths may depend on the species, on the tissue type of the revealed organ from which the phytolith originated, and may strongly depend on the preparation technique and also the measuring method (Hodson 2016).

There was higher concentration of magnesium in phytoliths of needles than in phytoliths of deciduous species. Stelzer et al. (1990) and Wienhaus et al. (2001) found that magnesium was at low levels throughout the needles of *P. abies*, and they noted that it was concentrated in the endodermis (see also for *P. glauca*, Hodson and Sangster 1998). We hypothesize that there is a correlation between the higher magnesium concentration of the endodermis (as established in the literature) and the high magnesium content of the needle phytoliths originating from the central cylinder (as we found in *P. abies* needles).

Aluminium content was also higher in phytoliths of conifers than phytoliths of deciduous species. Carnelli et al. (2002) also found that phytoliths from the conifer species had a higher concentration of aluminium than those from Poaceae and Cyperaceae. Hodson (2016) emphasized that the aluminium content in phytoliths also depends on the availability of aluminium in the soil because this is much greater in acidic soils than in neutral or alkaline soils (Hodson and Sangster 2002). As a result, the authors suggested caution with regards to the aluminium content of phytoliths as a useful tool for palaeoecological studies. However, our coniferous and deciduous samples were from the same soil without any difference in soil pH, additionally it seems that the higher aluminium content of conifers is confirmed by
other recent studies (Hodson and Sangster 1999; Hodson 2016).

There were some phosphorus and potassium in the phytoliths of our samples. Hodson and Sangster (2002) mapped the phosphorus distribution in *Pinus strobus* needles among others, and they also found that it was ubiquitously distributed and in low concentrations. Similarly, accumulation of potassium in the endodermis was established by Stelzer et al. (1990) and Wienhaus et al. (2001) in *P. abies* needles, as well as Hodson and Sangster (1998) in *P. glauca* needles. The values for calcium were relatively high, and one of the possible reasons for this is that Ca is an important structural element of the cell walls (Hart 2001; Hodson and Sangster 2002; Fraysse et al. 2009; Buján 2013). *Corylus avellana* epidermis was rich in calcium-oxalate crystals; accordingly among the studied broad-leaved species the highest Ca value was measured in its phytoliths; probably some calcium-oxalate remains were present in the silicified idioblasts. Calcium and silicon may be attached to each other in the plant structural system, as has been confirmed in the literature (Hodson and Sangster 1999; Serdar and Demiray 2012). The previous authors reported that silicon is also often found in the calcium oxalate crystals of the mesophyll in the needles. Hodson and Sangster (2002) reported results similar to ours, as manganese was detected in small amounts in epidermis, endodermis and transfusion tissue of *Pinus strobus* needles, and they found some sulfur in almost every tissue.

The discriminant analysis showed that the elemental content of phytoliths of coniferous and deciduous species differed mainly in the accumulation of aluminium and magnesium. The most obvious reason is that measured phytoliths from deciduous tree leaves were mainly from the epidermal basic cells and stomatal cells, but phytoliths of conifer needles were from the inside of the central cylinder of the needle. These latter silicified cells are active participants in the fluid transport of the plant thus the cell walls of these cells directly incorporate elements from plant fluid that is taken up by the roots from the soil. The results of Hodson and Sangster (2002) confirm this hypothesis, as they reported that Al and Mg could be found in the inner part of the central cylinder, in the transfusion tissue and in the endodermis. The difference in some elemental content between species was established in Hart (2001), who detected 24 elements in phytoliths of two species. We note that the elemental content of *P. abies* needle phytoliths is more similar to the deciduous species studied than to the elemental content of the coniferous phytoliths. This confirms that the anatomical origin of the *P. abies* cubical phytoliths is different. As Hodson and Sangster (2002) established, “phytoliths are not homogeneous and consist of at least two main types, lumen and cell wall, which would be expected to have very different chemical and isotopic contents”. As Hodson (2016) emphasized, using elemental as well as isotopic markers as proxies in palaeoecology will be reliable only in the event that our knowledge of the development of phytoliths is better understood.

### Conclusions

1. The studied deciduous species contained more silica in their leaves than conifer species did. Since the samples originate from the same environmental conditions, this suggests that deciduous species accumulate more silica in their leaf tissue than the conifer species under similar environmental conditions. Relatively high silica content was found in *Quercus robur* leaves, and *Picea abies* leaves had the highest silica content among the studied conifers.

2. We observed characteristic epidermal phytoliths of deciduous species, as well as some differences were found in silicified transfusion cell forms within the conifers. The cubic-like blocky morphotype described from *Picea abies* needles is a characteristic one for this species. Although the multiplicity and redundancy phenomenon hinders the exact and unambiguous identification of a plant species solely based on their phytoliths, however it is important to stress that comparative phytolith research is essential for finding phytoliths with taxonomic relevance.

3. The anatomical position of the characteristic silicified transfusion cells was identified in *Picea abies* needles. We found that a specific phytolith layer developing from more or less cubical blocky phytoliths becomes continuous towards the apex of the needle.

4. The silicic acid is probably trapped in the transfusion tracheids and/or stored in the transfusion parenchyma cells close to the endodermis in the *Picea abies* needles, and this is the origin of the cubical blocky phytoliths. Our hypothesis is that silicic acid is being concentrated in the transfusion tissue near the endodermis at a higher level than in the xylem, and does not enter the endodermis.

5. High concentrations of magnesium and aluminium in phytoliths are indicative of *Abies alba* and *Pinus sylvestris* species. Because this result is confirmed by several other authors in connection with other conifer species, this phenomenon may be considered as a useful proxy in future palaeoenvironmental studies, if measured on several phytoliths. It is important to mention that the element content of *Picea abies* needle phytoliths was more similar to the deciduous species studied than to the element content of the coniferous phytoliths. It will be important to study the Si accumulation and phytoliths developed in the *Picea abies* needles of several whole trees in detail.
6. Finally, the description of the characteristic **blocky** morphotype: “Picea—blocky type” phytolith layer of Norway spruce needles and significantly more aluminium and magnesium content in the phytoliths of needles gives us the possibility of identifying the taxa based on phytoliths from soils and sediments. Moreover, *Picea*—blocky type as a phytolith type with the same anatomical origin, position and function—allows comparative, in situ, isotopic studies to provide the possibility of finding further measurable proxys.

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