χPT description of the pion mass and decay constant from $N_f = 2$ twisted mass QCD

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We study lattice QCD determinations of the pion mass and decay constant by means of chiral perturbation theory (χPT). The lattice data are obtained from large scale simulations with $N_f = 2$ flavours of twisted mass fermions at maximal twist. We perform a scaling test to the continuum limit of these data and use χPT to perform both the chiral and the infinite volume extrapolations.

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1. Introduction

In the last few years, lattice QCD simulations have made a substantial progress in controlling the systematic effects present in the determination of several important physical quantities allowing therefore for their direct contact with experiment (see [1, 2] for recent reviews). Simulations including the light-quark flavours in the sea, as well as the strange and recently also the charm, with pseudoscalar masses below 300 MeV, lattice extents \( L > 2.0 \) fm and lattice spacings smaller than 0.1 fm are currently being performed by several lattice groups. Such simulations will eventually allow for an extrapolation of the lattice data to the physical point and to the continuum limit while keeping also the finite volume effects under control.

The European Twisted Mass collaboration (ETMC) has performed large scale simulations with \( N_f = 2 \) flavours of mass degenerate quarks using Wilson twisted mass fermions at maximal twist. Four values of the lattice spacing ranging from 0.1 fm down to 0.051 fm, pseudoscalar masses between 280 and 650 MeV as well as several lattice sizes \((2.0 - 2.5 \) fm) are used to address the systematic effects.

The light pseudoscalar meson is an appropriate hadron for investigating the systematic effects arising from continuum, infinite volume and chiral extrapolations, because its mass and decay constant can be obtained with high statistical precision in lattice simulations. Moreover, chiral perturbation theory (\( \chiPT \)) is best understood for those two quantities. As a consequence of this study one can extract other quantities of phenomenological interest, such as the \( u, d \) quark masses, the chiral condensate or the low energy constants of \( \chiPT \). First results for the pseudoscalar mass \( m_{PS} \) and decay constant \( f_{PS} \) from these \( N_f = 2 \) simulations can be found in Refs. [3 – 8].

ETMC is currently performing \( N_f = 2 + 1 + 1 \) simulations including in the sea, in addition to the mass degenerate light \( u, d \) quark flavours, also the heavier strange and charm degrees of freedom. Some first results for the pseudoscalar mass and decay constant from this novel setup were presented in [9, 10].

In the following we will concentrate on the analysis of the \( N_f = 2 \) data for \( m_{PS} \) and \( f_{PS} \).

2. Lattice Action and Setup

In the gauge sector we employ the tree-level Symanzik improved gauge action (tlSym) [11]. The fermionic action for two flavours of maximally twisted, mass degenerate quarks in the so-called twisted basis [12, 13] reads

\[
S_{\text{tm}} = a^4 \sum_x \{ \overline{\chi}(x) \left[ D[U] + m_0 + i\mu_q \gamma_5 \tau^3 \right] \chi(x) \},
\]

where \( m_0 \) is the untwisted bare quark mass tuned to its critical value \( m_{\text{crit}} \), \( \mu_q \) is the bare twisted quark mass, \( \tau^3 \) is the third Pauli matrix acting in flavour space and \( D[U] \) is the Wilson-Dirac operator.

At maximal twist, i.e. \( m_0 = m_{\text{crit}} \), physical observables are automatically \( O(a) \) improved without the need to determine any action or operator specific improvement coefficients [13] (for a review see Ref. [14]). With this being the main advantage, one drawback of maximally twisted mass fermions is that flavour symmetry is broken explicitly at finite value of the lattice spacing, which amounts to \( O(a^2) \) effects in physical observables.
Table 1: Ensembles with $N_f = 2$ dynamical flavours produced by the ETM collaboration. We give the ensemble name, the values of the inverse bare coupling $\beta = \frac{6}{g_0^2}$, an approximate value of the lattice spacing $a$, the lattice volume $V = L^3 \cdot T$ in lattice units, the approximate value of $m_{PSL}$, the bare quark mass $\mu_q$ in lattice units and an approximate value of the light pseudoscalar mass $m_{PS}$.

For details on the setup, tuning to maximal twist and the analysis methods we refer to Refs. [3, 4, 6]. Recent results for light quark masses, meson decay constants, the pion form factor, $\pi$-$\pi$ scattering, the light baryon spectrum, the $\eta'$ meson and the $\omega$-$\rho$ mesons mass difference are available in Refs. [15, 16, 8, 17–20].

Flavour breaking effects have been investigated for several quantities [3, 4, 6, 7, 17]. With the exception of the splitting between the charged and neutral pion masses, other possible splittings so far investigated are compatible with zero. These results are in agreement with a theoretical investigation using the Symanzik effective Lagrangian [21, 22].

A list of the $N_f = 2$ ensembles produced by ETMC can be found in table 1.

3. Results

3.1 Scaling to the Continuum Limit

Here we analyse the scaling to the continuum limit of the pseudoscalar meson decay constant $f_{PS}$ at fixed reference values of the pseudoscalar meson mass $m_{PS}$ and of the lattice size $L$ (we refer to [4, 6, 8] for details). The aim of this scaling test is to verify that discretisation effects are indeed of $O(a^2)$ as expected for twisted mass fermions at maximal twist.
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\[ a = 0.051 \text{ fm} \]

\[ L/a = 24 \]

\[ r_0/f_{PS} = 0.614 \]

\[ r_0 m_{PS} = 1.100 \]

\[ (a/r_0)^2 \]

(a) \( r_0/f_{PS} \) as a function of \((r_0 m_{PS})^2\) (b) Continuum limit scaling: \( r_0/f_{PS} \) as a function of \((a/r_0)^2\) at two fixed values of \(r_0 m_{PS}\).

In order to compare results at different values of the lattice spacing it is convenient to measure the hadronic scale \( r_0/a \) \[23\]. It is defined via the force between static quarks at intermediate distance and can be measured to high accuracy in lattice QCD simulations. For details on how we measure \( r_0/a \) we refer to Ref. \[6\].

In figure 1(a) we plot the results for \( r_0/f_{PS} \) as a function of \((r_0 m_{PS})^2\). The vicinity of points coming from different lattice spacings along a common curve is an evidence that lattice artifacts are small for these quantities. This is indeed confirmed in figure 1(b) where the continuum scaling of \( r_0/f_{PS} \) is illustrated: the very mild slope of the lattice data shows that the expected O\((a^2)\) scaling violations are small. The result of a linear extrapolation in \((a/r_0)^2\) to the continuum limit is also shown.

3.2 \(\chi PT\) Description of Finite Size Effects

At the level of statistical accuracy we have achieved, finite size effects (FSE) for \( f_{PS} \) and \( m_{PS} \) cannot be neglected. It is therefore of importance to study whether FSE can be described within the framework of chiral perturbation theory. This requires to compare simulations with different lattice volumes while all other parameters are kept fixed, like for instance ensembles \( C_2, C_3 \) and \( C_6 \) or \( B_1 \) and \( B_6 \) in table 1. For all these ensembles \( m_{PS} L \geq 3 \) holds, which is believed to be needed for \(\chi PT\) formulae to apply. Given the smallness of the lattice artifacts in \( f_{PS} \) and \( m_{PS} \) (as discussed in the previous section), we proceed to compare the measured finite size effects to predictions of continuum \(\chi PT\) at NLO \[24\] (denoted GL) and in the form of the resummed Lüscher formula as described in Ref. \[27\] (for short CDH).

We note \( R_O = [O(L = \infty) - O(L)]/O(L = \infty) \) the relative FSE for the observable \( O \in \{m_{PS}, f_{PS}\} \). The results for \( R_{\text{meas}} \), \( R_{\text{GL}} \) and \( R_{\text{CDH}} \) are compiled in table 2. We observe that the CDH formulae tend to provide an appropriate description of the lattice data. A more detailed description of FSE in our \( f_{PS} \) and \( m_{PS} \) data was presented in Ref. \[4, 8\].
The chiral extrapolation of lattice data down to the physical point is currently one of the main sources of systematic uncertainties in the lattice results. The possibility to rely on an effective theory such as $\chi$PT to perform this extrapolation is therefore of great importance to quote accurate results from lattice simulations. On the other hand, while smaller quark masses are being simulated, the possibility to perform a quantitative test of the effective theory as well as to measure the low energy parameters of its Lagrangian becomes more and more realistic.

We shall now present the results of a combined chiral, infinite volume and continuum extrapolation of $m_{PS}$ and $f_{PS}$ for two values of the lattice spacing (corresponding to $\beta = 3.90$ and $\beta = 4.05$). We use $r_0/a$ to relate data from the two lattice spacings and a non-perturbative determination of the renormalisation factor $Z_P$ \cite{25} in order to perform the fit in terms of renormalised quark masses. This analysis closely follows those presented in Refs. \cite{4,5,7,8} to which we refer for more details.

We perform combined fits to our data for $f_{PS}$, $m_{PS}$, $r_0/a$ and $Z_P$ at the two values of $\beta$ with the formulæ:

\[
\begin{align*}
\frac{r_0 f_{PS}}{m_{PS}} &= \frac{r_0 f_0}{m_{PS}} \left[ 1 - 2 \xi \log \left( \frac{\chi_\mu}{\Lambda_4^2} \right) + T_{f}^{\text{NNLO}} + D_{f_{PS}}(a/r_0)^2 \right] K_{f}^{\text{CDH}}(L), \\
(r_0 m_{PS})^2 &= \frac{\chi_\mu f_0^2}{m_{PS}} \left[ 1 + \xi \log \left( \frac{\chi_\mu}{\Lambda_3^2} \right) + T_{m}^{\text{NNLO}} + D_{m_{PS}}(a/r_0)^2 \right] K_{m}^{\text{CDH}}(L)^2,
\end{align*}
\]  

(3.1)

with $\xi \equiv 2B_0\mu_R/(4\pi f_0)^2$, $\chi_\mu \equiv 2B_0\mu_R$, $\mu_R \equiv \mu_q/Z_P$, $f_0 \equiv \sqrt{2}F_0$. $T_{m,f}^{\text{NNLO}}$ denote the continuum NNLO terms of the chiral expansion \cite{26}, which depend on $\Lambda_{1-4}$ and $k_M$ and $k_F$, and $K_{m,f}^{\text{CDH}}(L)$ the finite size corrections \cite{27}. Based on the form of the Symanzik expansion in the small quark mass region, we parametrise in eq. (3.1) the leading cut-off effects by the two coefficients $D_{f_{PS},m_{PS}}$. Setting $D_{f_{PS},m_{PS}} = 0$ is equivalent to perform a constant continuum extrapolation. Similarly, setting $T_{m,f}^{\text{NNLO}} = 0$ corresponds to fit to NLO $\chi$PT.

From the fit parameters coming from the quark mass dependence predicted by $\chi$PT (in particular from $\Lambda_{3,4}$, $B_0$ and $f_0$) the low energy constants $\hat{\ell}_{3,4}$ and the chiral condensate $\Sigma$ can be determined.

By including or excluding data points for the heavier quark masses, it is in principle possible to explore the regime of masses in which NLO and/or NNLO SU(2) $\chi$PT applies. We have actually generalised this procedure in order to estimate all the dominant sources of systematic uncertainties that can be addressed from our setup, which include, discretisation effects, the order at which we
work in χPT or finite size effects. The idea is to use different fit ansatz (see below) on a given data-set and to repeat this same procedure over different data-sets: by weighting all these fits by their confidence level we construct their distribution and estimate the systematic error from the associated 68% confidence interval.

The fit ansätze we consider are:

- **Fit A**: NLO continuum χPT, \(T_{m,f}^{NLO} \equiv 0\), \(D_{mps,frs} \equiv 0\), priors for \(r_0\Lambda_{1,2}\)
- **Fit B**: NLO continuum χPT, \(T_{m,f}^{NLO} \equiv 0\), \(D_{mps,frs}\) fitted, priors for \(r_0\Lambda_{1,2}\)
- **Fit C**: NNLO continuum χPT, \(D_{mps,frs} \equiv 0\), priors for \(r_0\Lambda_{1,2}\) and \(k_{M,F}\)
- **Fit D**: NNLO continuum χPT, \(D_{mps,frs}\) fitted, priors for \(r_0\Lambda_{1,2}\) and \(k_{M,F}\)

The choice of the different data-sets (each of them including data for different lattice spacings, quark masses and physical volumes) is made in order to quantify how the quality of the fit is modified when including/excluding data from e.g., a given mass region or with a given volume. The data-sets considered in the fits are listed in Ref. [8].

As an example we show in figures 2(a) and 2(b) the result for a fit of type B on data-set composed of ensembles \(B_{1,2,3,4,6}\) and \(C_{1,2,3,5}\).

The main physical results we obtain from this analysis are the light quark mass \(m_{u,d}^{PS}(\mu = 2\text{GeV}) = 3.54(26)\text{MeV}\), the pseudo scalar decay constant in the chiral limit \(f_0 = 122(1)\text{MeV}\), the scalar condensate \(\langle \Sigma^{PS}(\mu = 2\text{GeV}) \rangle / 3 = 270(7)\text{MeV} \) and \(f_\pi / f_0 = 1.0755(94)\). We furthermore extract accurate values for other low energy constants of χPT, in particular \(\tilde{\ell}_3 = 3.50(31)\) and \(\tilde{\ell}_4 = 4.66(33)\). The errors are statistical and systematic errors summed in quadrature.

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**Figure 2**: Quark mass dependence: (a) Data for \((r_0m_{PS})^2/r_0\mu_R\) as a function of \(r_0\mu_R\). The data are from ensembles \(B_{1,2,3,4,6}\) and \(C_{1,2,3,5}\) and the fit to this data is of type B. Note that in these figures we did not propagate the errors of \(r_0\) and \(Z_p\).
3.4 Discussion and Conclusion

Here we collect a short list of observations coming from a set of $\chi$PT fits. A complete description of a large set of combined fits, including the details on the estimates of the systematic effects, was presented in Ref. [8].

We observe that including in the fits pseudoscalar masses $m_{PS} > 520$ MeV decreases significantly the quality of the NLO fits ($\chi^2$/dof $\gg 1$). This indicates that the applicability of NLO $\chi$PT in that regime of masses is disfavoured.

On the contrary, extending the fit-range to a value of $m_{PS} \sim 280$ MeV preserves the good quality of the fit and gives compatible values for the fit parameters. This result makes us confident that the extrapolation to the physical point is trustworthy.

Including lattice artifacts in the fits gives results which are compatible to those where $D_{m_{PS},f_{PS}}$ is set to zero but with a somehow better $\chi^2$/dof. We observe that the values of the fitting parameters $D_{m_{PS},f_{PS}}$ are compatible with zero within two standard deviations. This is in line with the small discretization effects observed in the scaling test.

The inclusion of NNLO terms produces similar results to the NLO fits in the quark mass region corresponding to $m_{PS} \in [280,520]$ MeV. When fitting data only in this mass region (i.e. when excluding from the fit the heavier masses at $m_{PS} \sim 650$ MeV), we observe that the fit curve at NLO lies closer to those data points (heavier masses) than the NNLO one. On the other hand, when including the heavier masses, the NNLO fit is able describe these data points but the quality of the fit is somehow reduced with respect to the NLO fit. To improve the sensitivity of our lattice data to $\chi$PT at NNLO, additional data points would be needed.

We have presented determinations of $f_{PS}$ and $m_{PS}$ and their continuum, infinite volume and chiral extrapolations. A complete description of the results was presented in Ref. [8].

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