Analysis of a second order discontinuous Galerkin finite element method for the Allen-Cahn equation

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ABSTRACT

The paper proposes and analyzes an efficient second-order in time numerical approximation for the Allen-Cahn equation which is a nonlinear singular perturbation of the reaction-diffusion model arising from phase separation in alloys. We firstly present a fully discrete, nonlinear interior penalty discontinuous Galerkin finite element (IPDGFE) method, which is based on the modified Crank-Nicolson scheme and a mid-point approximation of the potential term $f(u)$. We then derive the stability analysis and error estimates for the proposed IPDGFE method under some regularity assumptions on the initial function $u_0$. There are two key works in our analysis, one is to establish unconditionally energy-stable scheme for the discrete solutions. The other is to use a discrete spectrum estimate to handle the midpoint of the discrete solutions $u^m$ and $u^{m+1}$ in the nonlinear term, instead of using the standard Gronwall inequality technique. We obtain that all our error bounds depend on reciprocal of the perturbation parameter $\epsilon$ only in some lower polynomial order, instead of exponential order.
CHAPTER 1. INTRODUCTION

Let $\Omega \subseteq \mathbb{R}^d (d = 2, 3)$ be a bounded polygonal or polyhedral domain. Consider the following nonlinear singular perturbation model of the reaction-diffusion equation

$$
 u_t - \Delta u + \frac{1}{\epsilon^2} f(u) = 0, \quad \text{in } \Omega_T := \Omega \times (0, T).
$$

(1.1)

In this paper, we consider the following homogenous Neumann boundary condition

$$
 \frac{\partial u}{\partial n} = 0, \quad \text{in } \partial\Omega_T := \partial\Omega \times (0, T),
$$

(1.2)

and initial condition

$$
 u = u_0, \quad \text{in } \Omega \times \{t = 0\},
$$

(1.3)

where, $n$ denotes the unit outward normal vector to the boundary $\partial\Omega$, and the boundary condition (1.3) means that no mass loss occurs through the boundary walls.

Equation (1.1), which is called the Allen-Cahn equation, was originally introduced by Allen and Cahn in [1] to describe an interface evolving in time in the phase separation process of the crystalline solids. Herein, $\epsilon > 0$ is a parameter related to the interface thickness, which is small compared to the characteristic length of the laboratory scale. $u$ denotes the concentration of one of the two metallic species of the alloy, and $f(u) = F'(u)$ with $F(u)$ being some given energy potential. Several choices of $F(u)$ have been presented in the literature [2-6]. In this paper we focus on the following Ginzburg-Landau double-well potential

$$
 F(u) = \frac{1}{4}(u^2 - 1)^2 \quad \text{and} \quad f(u) = F'(u) = (u^2 - 1)u.
$$

(1.4)

Although the potential term (1.4) has been widely used, its quartic growth at infinity leads to a variety of technical difficulties in the numerical approximation for the Allen-Cahn equation. For example, in order to assure that our numerical scheme is second-order in time, we have to
employ the modified Crank-Nicolson scheme and a second order in time approximation of the potential term $f(u)$ (see (3.4) in section 3.1).
CHAPTER 2. PRELIMINARIES

Let $\mathcal{T}_h$ be a quasi-uniform “triangulation” of $\Omega$ such that $\bar{\Omega} = \bigcup_{K \in \mathcal{T}_h} K$. Let $h_K$ denote the diameter of $K \in \mathcal{T}_h$ and $h := \max\{h_K; K \in \mathcal{T}_h\}$. We recall that the standard broken Sobolev space $H^s(\mathcal{T}_h)$ and DG finite element space $V_h$ are defined as

$$H^s(\mathcal{T}_h) := \prod_{K \in \mathcal{T}_h} H^s(K), \quad V_h := \prod_{K \in \mathcal{T}_h} P_r(K),$$

where $P_r(K)$ denotes the set of all polynomials whose degrees do not exceed a given positive integer $r$. Let $E_I^h$ denote the set of all interior faces/edges of $\mathcal{T}_h$, $E_B^h$ denote the set of all boundary faces/edges of $\mathcal{T}_h$, and $E_h := E_I^h \cup E_B^h$. The $L^2$-inner product for piecewise functions over the mesh $\mathcal{T}_h$ is naturally defined by

$$(u, v)_{\mathcal{T}_h} := \sum_{K \in \mathcal{T}_h} \int_K uv \, dx,$$

and for any set $S_h \subset E_h$, the $L^2$-inner product over $S_h$ is defined by

$$\langle u, v \rangle_{S_h} := \sum_{e \in S_h} \int_e uv \, ds.$$

Let $K, K' \in \mathcal{T}_h$ and $e = \partial K \cap \partial K'$ and assume global labeling number of $K$ is smaller than that of $K'$. We choose $n_e := n_K|_e = -n_{K'}|_e$ as the unit normal on $e$ and define the following standard jump and average notations across the face/edge $e$:

$$[v] := v|_K - v|_{K'}, \quad [v] := v \quad \text{on } e \in E_I^h, \quad \{v\} := \frac{1}{2}(v|_K + v|_{K'}) \quad \text{on } e \in E_B^h, \quad \{v\} := v \quad \text{on } e \in E_I^h$$

for $v \in V_h$. Let $M$ be a (large) positive integer. Define $\tau := T/M$ and $t_m := m\tau$ for $m = 0, 1, 2, \ldots, M$ be a uniform partition of $[0, T]$. For a sequence of functions $\{v^m\}^M_{m=0}$, we define the (backward) difference operator

$$d_t u^m := \frac{u^m - u^{m-1}}{\tau}, \quad m = 1, 2, \ldots, M.$$
First, we introduce the DG elliptic projection operator \( P^h_r : H^s(T_h) \to V_h \) by
\[
a_h(v - P^h_r v, w_h) + (v - P^h_r v, w_h)_{T_h} = 0 \quad \forall w_h \in V_h
\] (2.1)
for any \( v \in H^s(T_h) \).

We start with a well-known fact [18, 27] that the Allen-Cahn equation (1.1) can be interpreted as the \( L^2 \)-gradient flow for the following Cahn-Hilliard energy functional
\[
J_\epsilon(v) := \int_\Omega \left( \frac{1}{2} |\nabla v|^2 + \frac{1}{\epsilon^2} F(v) \right) \, dx
\] (2.2)

The following assumptions on the initial datum \( u_0 \) are made as in [16, 19] to derive a priori solution estimates.

**General Assumption (GA)**

(1) There exists a nonnegative constant \( \sigma_1 \) such that
\[
J_\epsilon(u_0) \leq C \epsilon^{-2\sigma_1}.
\] (2.3)

(2) There exists a nonnegative constant \( \sigma_2 \) such that
\[
\|\Delta u_0 - \epsilon^{-2} f(u_0)\|_{L^2(\Omega)} \leq C \epsilon^{-\sigma_2}.
\] (2.4)

(3) There exists nonnegative constant \( \sigma_3 \) such that
\[
\lim_{s \to 0^+} \|\nabla u_t(s)\|_{L^2(\Omega)} \leq C \epsilon^{-\sigma_3}.
\] (2.5)

The following solution estimates can be found in [16, 19].

**Proposition 1** Suppose that (2.3) and (2.4) hold. Then the solution \( u \) of problem (1.1)–(1.4) satisfies the following estimates:

\[
\text{ess sup}_{t \in [0, \infty)} \|u(t)\|_{L^\infty(\Omega)} \leq 1,
\] (2.6)

\[
\text{ess sup}_{t \in [0, \infty)} J_\epsilon(u) + \int_0^\infty \|u_t(s)\|_{L^2(\Omega)}^2 \, ds \leq C \epsilon^{-2\sigma_1},
\] (2.7)

\[
\int_0^T \|\Delta u(s)\|^2 \, ds \leq C \epsilon^{-2(\sigma_1+1)},
\] (2.8)

\[
\text{ess sup}_{t \in [0, \infty)} \left( \|u_t\|^2_{L^2(\Omega)} + \|u_t\|^2_{H^2(\Omega)} \right) + \int_0^\infty \|\nabla u_t(s)\|^2_{L^2(\Omega)} \, ds \leq C \epsilon^{-\max\{\sigma_1+1, \sigma_2\}},
\] (2.9)

\[
\int_0^\infty \left( \|u_{tt}(s)\|^2_{H^{-1}(\Omega)} + \|\Delta u_t(s)\|^2_{H^{-1}(\Omega)} \right) \, ds \leq C \epsilon^{-2\max\{\sigma_1+1, \sigma_2\}}.
\] (2.10)
In addition to (2.3) and (2.4), suppose that (2.5) holds, then \( u \) also satisfies
\[
\text{ess sup}_{t \in [0, \infty)} \| \nabla u_t \|_{L^2(\Omega)}^2 + \int_0^\infty \| u_{tt}(s) \|_{L^2(\Omega)}^2 \, ds \leq C \epsilon^{-2 \max\{\sigma_1 + 2, \sigma_2\}}, \tag{2.11}
\]
\[
\int_0^\infty \| \Delta u_t(s) \|_{L^2(\Omega)}^2 \, ds \leq C \epsilon^{-2 \max\{\sigma_1 + 2, \sigma_2\}}, \tag{2.12}
\]

Next, we quote the following well known error estimate results from [21, 22].

**Lemma 1** Let \( v \in W^{r, \infty}(T_h) \), then there hold
\[
\| v - P^h v \|_{L^2(T_h)} + h \| \nabla (v - P^h v) \|_{L^2(T_h)} \leq C h^{\min\{r+1, s\}} \| u \|_{H^s(T_h)} \tag{2.13}
\]
\[
\frac{1}{|\ln h|} \| v - P^h v \|_{L^\infty(T_h)} + h \| \nabla (v - P^h v) \|_{L^\infty(T_h)} \leq C h^{\min\{r+1, s\}} \| u \|_{W^{r, \infty}(T_h)} \tag{2.14}
\]
where \( \overline{r} := \min\{1, r\} - \min\{1, r - 1\} \).

Let
\[
C_1 = \max_{|\xi| \leq 2} |f''(\xi)| \tag{2.15}
\]
and \( \hat{P}^h_i \), corresponding to \( P^h_i \), denote the elliptic projection operator on the finite element space \( S_h := V_h \cap C^0(\Omega) \), there holds the following estimate from [12]:
\[
\| u - \hat{P}^h_i u \|_{L^\infty} \leq C h^{2 - \frac{d}{2}} \| u \|_{H^2}. \tag{2.16}
\]

We now state our discrete spectrum estimate for the DG approximation.

**Proposition 2** Suppose there exists a positive number \( \gamma > 0 \) such that the solution \( u \) of problem (1.1)–(1.4) satisfies
\[
\text{ess sup}_{t \in [0, T]} \| u(t) \|_{W^{r+1, \infty}(\Omega)} \leq C \epsilon^{-\gamma}. \tag{2.17}
\]
Then there exists an \( \epsilon \)-independent and \( h \)-independent constant \( c_0 > 0 \) such that for \( \epsilon \in (0, 1) \) and a.e. \( t \in [0, T] \)
\[
\lambda^{DG}_h(t) := \inf_{\psi_h \in \mathcal{V}_h, \psi_h \not\equiv 0} \frac{a_h(\psi_h, \psi_h) + \frac{1}{\epsilon^2} \left( f'(P^h_i u(t)) \psi_h, \psi_h \right)_{T_h}}{\| \psi_h \|_{L^2(T_h)}^2} \geq -c_0, \tag{2.18}
\]
provided that \( h \) satisfies the constraint
\[
h^{2 - \frac{d}{4}} \leq C_0 (C_1 C_2)^{-1} \epsilon^{\max\{\sigma_1 + 3, \sigma_2 + 2\}}, \tag{2.19}
\]
\[
h^{\min\{r+1, s\}} |\ln h|^{\overline{r}} \leq C_0 (C_1 C_2)^{-1} \epsilon^{\overline{r} + 2}, \tag{2.20}
\]
where $C_2$ arises from the following inequality:

\begin{align}
\|u - P_r^h u\|_{L^\infty((0,T);L^\infty(\Omega))} &\leq C_2 h^{\min\{r+1,s\}} |\ln h|^{-\gamma}, \\
\|u - \tilde{P}_r^h u\|_{L^\infty((0,T);L^\infty(\Omega))} &\leq C_2 h^{2 - \frac{d}{2}} \epsilon^{-\max\{\sigma_1,\sigma_2\}}.
\end{align}

**Lemma 2** Let $\{S_\ell\}_{\ell \geq 1}$ be a positive nondecreasing sequence and $\{b_\ell\}_{\ell \geq 1}$ and $\{k_\ell\}_{\ell \geq 1}$ be non-negative sequences, and $p > 1$ be a constant. If

\begin{align}
S_{\ell+1} - S_\ell &\leq b_\ell S_\ell + k_\ell S_\ell^p \quad \text{for } \ell \geq 1, \\
S_1^{1-p} + (1-p) \sum_{s=1}^{\ell-1} k_s a_{s+1}^{1-p} &> 0 \quad \text{for } \ell \geq 2,
\end{align}

then

\begin{equation}
S_\ell \leq \frac{1}{a_\ell} \left\{ S_1^{1-p} + (1-p) \sum_{s=1}^{\ell-1} k_s a_{s+1}^{1-p} \right\}^{\frac{1}{1-p}} \quad \text{for } \ell \geq 2,
\end{equation}

where

\begin{equation}
a_\ell := \prod_{s=1}^{\ell-1} \frac{1}{1 + b_s} \quad \text{for } \ell \geq 2.
\end{equation}
3.1 Discretized DG scheme

We are now ready to introduce our fully discrete DG finite element methods for problem (1.1)–(1.4). They are defined by seeking \( u^m \in V_h \) for \( m = 0, 1, 2, \cdots, M \) such that

\[
(d_t u^{m+1}, v_h)_{T_h} + a_h(u^{m+\frac{1}{2}}, v_h) + \frac{1}{\epsilon^2} (f^{m+1}, v_h)_{T_h} = 0 \quad \forall v_h \in V_h, \tag{3.1}
\]

where

\[
a_h(u, v_h) := (\nabla u, \nabla v_h)_{T_h} - \langle \{\partial_n u\}, [v_h] \rangle_{E_h}^I + \lambda \langle [u], \{\partial_n v_h\} \rangle_{E_h}^I + j_h(u, v_h), \tag{3.2}
\]

\[
j_h(u, v_h) := \sum_{e \in \mathcal{E}_h^I} \sigma_e \langle [u], [v_h] \rangle_e,
\]

\[
f^{m+1} := \frac{1}{4} [((u^{m+1})^3 + (u^{m+1})^2 u^m + u^{m+1}(u^m)^2 + (u^m)^3) - u^{m+\frac{1}{2}}]
\]

\[
= \frac{F(u^{m+1}) - F(u^m)}{u^{m+1} - u^m},
\]

where \( u^{m+\frac{1}{2}} = \frac{u^{m+1} + u^m}{2} \), \( \lambda = 0, \pm 1 \) and \( \sigma_e \) is a positive piecewise constant function on \( \mathcal{E}_h^I \), which will be chosen later (see Lemma 3). In addition, we need to supply \( u_0^h \) to start the time-stepping, whose choice will be clear (and will be specified) below.

**Lemma 3** There exist constants \( \sigma_0, \alpha > 0 \) such that for \( \sigma_e > \sigma_0 \) for all \( e \in \mathcal{E}_h \) there holds

\[
\Phi^h(v_h) \geq \alpha \| v_h \|_{l, DG}^2 \quad \forall v_h \in V_h,
\]

where

\[
\| v_h \|_{l, DG}^2 := \| \nabla v_h \|_{L^2(T_h)}^2 + j_h(v_h, v_h).
\]
Now we introduce three mesh-dependent energy functionals which can be regarded as DG counterparts of the continuous Cahn-Hilliard energy $J_c$ defined in (2.2).

\[
\Phi^h(v) := \frac{1}{2} \| \nabla v \|^2_{L^2(T_h)} - \langle \{ \partial_n v \}, [v] \rangle_{E_h} + \frac{1}{2} j_h(v, v) \quad \forall v \in H^2(T_h),
\]

(3.5)

\[
J_c^h(v) := \Phi^h(v) + \frac{1}{\epsilon^2} (F(v), 1)_{T_h} \quad \forall v \in H^2(T_h),
\]

(3.6)

\[
I_c^h(v) := \Phi^h(v) + \frac{1}{\epsilon^2} (F_c^+(v), 1)_{T_h} \quad \forall v \in H^2(T_h),
\]

(3.7)

It is easy to check that $\Phi^h$ and $I_c^h$ are convex functionals but $J_c^h$ is not because $F$ is not convex.

Moreover, we have:

**Lemma 4** Let $\lambda = -1$ in (3.2), then there holds for all $v_h, w_h \in V_h$

\[
\left( \frac{\delta \Phi^h(v_h)}{\delta v_h}, w_h \right)_{T_h} := \lim_{s \to 0} \frac{\Phi^h(v_h + sw_h) - \Phi^h(v_h)}{s} = a_h(v_h, w_h),
\]

(3.8)

\[
\left( \frac{\delta J_c^h(v_h)}{\delta v_h}, w_h \right)_{T_h} := \lim_{s \to 0} \frac{J_c^h(v_h + sw_h) - J_c^h(v_h)}{s}
\]

\[
= a_h(v_h, w_h) + \frac{1}{\epsilon^2} (F'(v_h), w_h)_{T_h},
\]

(3.9)

\[
\left( \frac{\delta I_c^h(v_h)}{\delta v_h}, w_h \right)_{T_h} := \lim_{s \to 0} \frac{I_c^h(v_h + sw_h) - I_c^h(v_h)}{s}
\]

\[
= a_h(v_h, w_h) + \frac{1}{\epsilon^2} ((F_c^+)'(v_h), w_h)_{T_h}.
\]

(3.10)

### 3.2 Stability of the DG scheme

**Theorem 1** The scheme (3.1)–(3.4) is unconditionally stable for all $h, k > 0$.

Proof: We have the DG scheme as below:

\[
(d_t u^{m+1}, v_h) + a_h\left(\frac{u^{m+1} + u^m}{2}, v_h\right) + \frac{1}{\epsilon^2} (f^{m+1}, v_h) = 0.
\]

(3.11)

Let $v_h = d_t u^{m+1}$, and we will get:

\[
(d_t u^{m+1}, d_t u^{m+1}) + a_h\left(\frac{u^{m+1} + u^m}{2}, d_t u^{m+1}\right) + \frac{1}{\epsilon^2} (F(u^{m+1}) - F(u^m), d_t u^{m+1}) = 0.
\]

(3.12)

Rearrange it to get:

\[
\|d_t u^{m+1}\|^2 + 2 d_t [a_h(u^{m+1}, u^{m+1})] + \frac{1}{\epsilon^2} d_t F(u^{m+1}) = 0,
\]

(3.13)

\[
d_t \left[ \frac{1}{2} a_h(u^{m+1}, u^{m+1}) + \frac{1}{\epsilon^2} (F(u^{m+1}), 1) \right] \leq 0.
\]

(3.14)

And the proof is complete.
3.3 Well-posedness of the DG scheme

We want to get a second order approximation of \( f(u^{m+1}, u^m) \), which leads to unconditionally energy stable schemes. We split the function \( F(v) = \frac{1}{4}(v^2 - 1)^2 \) into the difference of two convex parts and get the convex decomposition \( F(v) = F_c^+(v) - F_c^-(v) \), where \( F_c^+(v) := \frac{1}{4}(v^4 + 1) \) and \( F_c^-(v) := \frac{1}{2}v^2 \).

Now we want to construct a second-order energy-stable scheme to approximate the two convex functions \( F^+_{c}(u) \) and \( F^-_{c}(u) \).

\[
\begin{align*}
\frac{f^+(u^{m+1}, u^m)}{u^{m+1} - u^m} &= \frac{F_c^+(u^{m+1}) - F_c^+(u^m)}{u^{m+1} - u^m}, \\
\frac{f^-(u^{m+1}, u^m)}{u^{m+1} - u^m} &= \frac{F_c^-(u^{m+1}) - F_c^-(u^m)}{u^{m+1} - u^m}.
\end{align*}
\]

**Theorem 2** Under the constraint \( k < 2\epsilon^2 \), there exists a unique solution of the scheme (3.1) - (3.4).

Proof: Define the following functional:

\[
J(u^{m+1}) = \frac{1}{4}a_h(u^{m+1}, u^{m+1}) + \frac{1}{\epsilon^2} \int_{\Omega_h} F_c^+(u^{m+1}, u^m)
\]

\[
+ \left( \frac{1}{2k} - \frac{1}{4\epsilon^2} \right) \| u^{m+1} \|_{L^2(\Omega_h)}^2 + \frac{1}{2}a_h(u^m, u^{m+1}) + \int_{\Omega_h} \left( -\frac{1}{2\epsilon^2} - \frac{1}{k} \right) u^m u^{m+1}.
\]

Take the derivative of the functional \( J(u^{m+1}) \), and will get:

\[
\left( \frac{\delta J(u^{m+1})}{\delta u^{m+1}}, v_h \right)_{\Omega_h} = \frac{1}{2}a_h(u^{m+1}, v_h) + \frac{1}{\epsilon^2} \int_{\Omega_h} f^+(u^{m+1}, u^m)
\]

\[
+ \left( \frac{1}{2k} - \frac{1}{4\epsilon^2} \right) 2(u^{m+1}, v_h)_{\Omega_h} + \frac{1}{2}a_h(u^{m+1}, v_h) + \left( -\frac{1}{2\epsilon^2} - \frac{1}{k} \right) (u^m, v_h)_{\Omega_h}.
\]

Rearrange it, and we will get:

\[
\left( \frac{\delta J(u^{m+1})}{\delta u^{m+1}}, v_h \right)_{\Omega_h} = (d_t u^{m+1}, v_h)_{\Omega_h} + a_h(u^{m+1}, v_h) + \frac{1}{\epsilon^2} (f^{m+1}, v_h)_{\Omega_h} = 0.
\]

Also we can see from (3.10) the first two terms of \( J(u^{m+1}) \) are convex, also since the last two terms are linear with respect to \( u^{m+1} \), so they are also convex, so if we restrict the coefficient of third term to be positive, that is, if we restrict \( k < 2\epsilon^2 \), then the \( J(u^{m+1}) \) will be a convex functional, and the uniqueness of the solution to this scheme is approved.
3.4 Error estimates analysis

The main result of this subsection is the following error estimate theorem.

**Theorem 3** suppose \( \sigma_e > \max\{\sigma_0, \sigma'_0\} \). Let \( u \) and \( \{u^m_h\}_{m=1}^M \) denote respectively the solutions of problems (1.1)–(1.4) and (3.1)–(3.5). Assume \( u \in H^2((0,T); L^2(\Omega)) \cap L^2((0,T); W^{s,\infty}(\Omega)) \) and suppose (GA) and (2.17) hold. Then, under the following mesh and initial value constraints:

\[
\begin{align*}
    h^2 - \frac{d}{2} &\leq C_0(C_1 C_2)^{-1} \epsilon^{\max\{\sigma_1 + 3, \sigma_2 + 2\}}, \\
    h^{\min\{r+1,s\}} \ln h &\leq C_0(C_1 C_2)^{-1} \epsilon^{\gamma + 2}, \\
    k &< A(\epsilon),
\end{align*}
\]

there hold

\[
\begin{align*}
    u^0_h &\in S_h \text{ such that } \|u_0 - u^0_h\|_{L^2(\mathcal{T}_h)} \leq C h^{\min\{r+1,s\}}, \\

    \max_{0 \leq m \leq M} \|u(t_m) - u^m_h\|_{L^2(\mathcal{T}_h)} &\leq C (k^2 + h^{\min\{r+1,s\}}) \epsilon^{-(\sigma_1 + 2)}, \\

    \left( k \sum_{m=1}^M \|u(t_m) - u^m_h\|_{H^1(\mathcal{T}_h)}^2 \right)^{\frac{1}{2}} &\leq C (k^2 + h^{\min\{r+1,s\}}) \epsilon^{-(\sigma_1 + 3)}, \\

    \max_{0 \leq m \leq M} \|u(t_m) - u^m_h\|_{L^\infty(\mathcal{T}_h)} &\leq C h^{\min\{r+1,s\}} |\ln h|^{\frac{\gamma}{\epsilon}} \\
    &+ C h^{-\frac{d}{2}} (k^2 + h^{\min\{r+1,s\}}) \epsilon^{-(\sigma_1 + 2)}.
\end{align*}
\]

Proof: Since the proof is long, we split the proof into four steps:

**Step 1:**

We write:

\[
    u(t_m) - u^m = \eta^m + \xi^m, \quad \eta^m := u(t_m) - P_h u(t_m), \quad \xi^m := P_h u(t_m) - u^m.
\]

Multiply \( v_h \) on both sides of the Allen-Cahn equation in (1.1) at the point \( u(t_m + \frac{1}{2}) \)

\[
    (u(t_m + \frac{1}{2}), v_h)_{\mathcal{T}_h} + a_h(u(t_m + \frac{1}{2}), v_h) + \frac{1}{\epsilon^2} (f(u(t_m + \frac{1}{2})), v_h)_{\mathcal{T}_h} = 0, \tag{3.21}
\]
for all \( v_h \in V_h \), where \( t_{m+\frac{1}{2}} = \frac{t_{m+1} + t_m}{2} \).

Subtract (3.1) from (3.21), we get the following equation:

\[
(u_t(t_{m+\frac{1}{2}}) - \frac{u^{m+1} - u^m}{k}, v_h)_{T_h} + a_h(u(t_{m+\frac{1}{2}}) - \frac{u^{m+1} + u^m}{2}, v_h) + \frac{1}{\epsilon^2}(f(u(t_{m+\frac{1}{2}})) - f^{m+1}, v_h)_{T_h} = 0. \tag{3.22}
\]

From Taylor expansion:

\[
u(t_{m+1}) = u(\frac{t_{m+1} + t_m}{2}) + u_t(\frac{t_{m+1} + t_m}{2})(t_{m+1} - t_m) + R_1^m,
\]

where \( R_1^m = u_{tt}(\xi_1)(\frac{t_{m+1} - t_m}{2})^2 \).

\[
u(t_m) = u(\frac{t_{m+1} + t_m}{2}) - u_t(\frac{t_{m+1} + t_m}{2})(t_{m+1} - t_m) + R_2^m,
\]

where \( R_2^m = u_{tt}(\xi_2)(\frac{t_{m+1} - t_m}{2})^2 \). And we will get:

\[
u(t_{m+\frac{1}{2}}) = \frac{u(t_{m+1}) + u(t_m)}{2} - \frac{(R_1^m + R_2^m)}{2}, \tag{3.23}
\]

\[
u_t(t_{m+\frac{1}{2}}) = \frac{u(t_{m+1}) - u(t_m)}{k} - \frac{(R_1^m - R_2^m)}{k}. \tag{3.24}
\]

Use (3.23) and (3.24) into (3.22), we will get:

\[
\left(\frac{\xi^{m+1} - \xi^m}{k} + \frac{\eta^{m+1} - \eta^m}{k} - \frac{(R_1^m - R_2^m)}{k}, v_h\right)_{T_h} + a_h\left(\frac{\xi^{m+1} + \xi^m}{2} + \frac{\eta^{m+1} + \eta^m}{2} - \frac{(R_1^m + R_2^m)}{2}, v_h\right)_{T_h} + \frac{1}{\epsilon^2}(f(u(t_{m+\frac{1}{2}})) - f^{m+1}, v_h)_{T_h} = 0.
\tag{3.25}
\]

\[
\left(d_t \xi^{m+1}, v_h\right)_{T_h} + a_h(\frac{\xi^{m+1} + \xi^m}{2}, v_h)
\]

\[
+ \frac{1}{\epsilon^2}(f(u(t_{m+\frac{1}{2}})) - f^{m+1}, v_h)_{T_h}
\]

\[
= \left(\frac{(R_1^m - R_2^m)}{k}, v_h\right)_{T_h} - (d_t \eta^{m+1}, v_h)_{T_h} - a_h(\frac{\eta^{m+1} + \eta^m}{2}, v_h) + a_h(\frac{(R_1^m + R_2^m)}{2}, v_h)
\]

\[
= \left(\frac{(R_1^m - R_2^m)}{k}, v_h\right)_{T_h} - (d_t \eta^{m+1}, v_h)_{T_h} + (\eta^{m+1} + \eta^m, v_h)_{T_h} + a_h(\frac{(R_1^m + R_2^m)}{2}, v_h).
\tag{3.26}
\]
Let \( v_h = \frac{\xi^{m+1} + \xi^m}{2} \), for the first term on the left hand side:

\[
(d_t \xi^{m+1}, \frac{\xi^{m+1} + \xi^m}{2})_{T_h} = \frac{1}{2} d_t \| \xi^{m+1} \|_{L^2(T_h)}^2. \tag{3.27}
\]

We split the third term on the left hand side in (3.26) into two parts and deal with them separately:

\[
\frac{1}{\epsilon^2} \left( f(u(t_{m+\frac{1}{2}})) - f^m, \frac{\xi^{m+1} + \xi^m}{2} \right)_{T_h}
\]

\[
= \frac{1}{\epsilon^2} \left( f(u(t_{m+\frac{1}{2}})) - f\left(\frac{u(t_{m+1}) + u(t_m)}{2}, \frac{\xi^{m+1} + \xi^m}{2}\right) \right)_{T_h} + \frac{1}{\epsilon^2} \left( f(u(t_{m+1}) + u(t_m)) - f^m, \frac{\xi^{m+1} + \xi^m}{2} \right)_{T_h}.
\]

Let \( \tilde{u}(t_{m+\frac{1}{2}}) = \frac{u(t_{m+1}) + u(t_m)}{2} \), the we have the following:

\[
f(u(t_{m+\frac{1}{2}})) - f(\tilde{u}(t_{m+\frac{1}{2}}))
\]

\[
= f(\tilde{u}(t_{m+\frac{1}{2}})) - \frac{1}{8} k^2(u''(\xi_1) + u''(\xi_2)) - f(\tilde{u}(t_{m+\frac{1}{2}}))
\]

\[
= f'(\xi_{12})(-\frac{1}{8})k^2((u''(\xi_1) + u''(\xi_2)) \geq -Ck^2.
\]

Since \( f' \) and \( u'' \) both are bounded, we will get the following inequality by Cauchy-Schwarz inequality:

\[
\frac{1}{\epsilon^2} \left( f(u(t_{m+\frac{1}{2}})) - f(\tilde{u}(t_{m+\frac{1}{2}})), \frac{\xi^{m+1} + \xi^m}{2} \right)_{T_h}
\]

\[
\geq -\frac{1}{\epsilon^2} \left( Ck^2, \frac{\xi^{m+1} + \xi^m}{2} \right)_{T_h}
\]

\[
\geq -\frac{1}{\epsilon^4} Ck^4 - \| \xi^{m+\frac{1}{2}} \|_{L^2(T_h)}^2.
\]

For the last term of the right hand side in (3.26):

\[
a_h\left( \frac{R_1^m + R_2^m}{2}, \frac{\xi^{m+1} + \xi^m}{2} \right) = a_h\left( \frac{R_1^m + R_2^m}{2\epsilon}, \frac{\xi^{m+1} + \xi^m}{2} \right)
\]

\[
\leq a_h\left( \frac{R_1^m + R_2^m}{2\epsilon} , \frac{R_1^m + R_2^m}{2\epsilon} \right) + a_h\left( \frac{\epsilon(\xi^{m+1} + \xi^m)}{2}, \frac{\epsilon(\xi^{m+1} + \xi^m)}{2} \right)
\]

\[
\leq Ck^4 \epsilon^{-2} + \epsilon^2 a_h\left( \xi^{m+\frac{1}{2}}, \xi^{m+\frac{1}{2}} \right).
\]
Substitute (3.27),(3.30) and (3.31) into (3.26), and we will get:

\[
\frac{1}{2} d_t \|ξ^{m+1}\|^2_{L^2(Ω)} + a_h \left( \frac{ξ^{m+1} + ξ^m}{2} , \frac{ξ^{m+1} + ξ^m}{2} \right) + \frac{1}{ε^2} \left( f(\hat{u}(t_{m+\frac{1}{2}})) - f^{m+1}, \frac{ξ^{m+1} + ξ^m}{2} \right)_{T_h} \\
= \left( \frac{R^m_1 - R^m_2}{k} , v_h \right)_{T_h} - \left( d_t η^{m+1} , v_h \right)_{T_h} + \left( \frac{η^{m+1} + η^m}{2} , v_h \right)_{T_h} + a_h \left( \frac{R^m_1 + R^m_2}{2} , v_h \right) \\
\leq \left( \left\| \left( \frac{R^m_1 - R^m_2}{k} \right) \right\|^2_{L^2(Ω)} + \left\| d_t η^{m+1} \right\|^2_{L^2(Ω)} \\
+ \left\| \left( \frac{η^{m+1} + η^m}{2} \right) \left( \frac{ξ^{m+1} + ξ^m}{2} \right) \right\|^2_{L^2(Ω)} \\
+ Ck^4[ε^{-4} + ε^{-2}] + ε^2 a_h \left( ξ^{m+\frac{1}{2}} , ξ^{m+\frac{1}{2}} \right) + \|ξ^{m+\frac{1}{2}}\|^2_{L^2(Ω)} \\
\right). 
\]

Using the integral form of Taylor formula, we can get:

\[ \left| \frac{R^m_1 - R^m_2}{k} \right| = \left| k(u_H(ξ_1) - u_H(ξ_2)) \right| = \left| k u_H(ξ_{11})(ξ_1 - ξ_2) \right| \leq Ck^2. \]

Hence

\[ \left\| \frac{R^m_1 - R^m_2}{k} \right\|^2_{L^2(Ω)} \leq Ck^4. \]  \hspace{1cm} (3.33)

Summing in m from 1 to ℓ, using (3.13),(3.32) and (3.33), and we will get the following inequality:

\[ \|ξ^ℓ\|^2_{L^2(Ω)} + 2k \sum_{m=1}^ℓ a_h \left( \frac{ξ^m + ξ^{m-1}}{2} , \frac{ξ^m + ξ^{m-1}}{2} \right) + 2k \sum_{m=1}^ℓ \frac{1}{ε^2} \left( f(\hat{u}(t_{m-\frac{1}{2}})) - f^m, \frac{ξ^m + ξ^{m-1}}{2} \right)_{T_h} \\
\leq \|ξ^0\|^2_{L^2(Ω)} + Ch^2 \min\{r+1,s\} \|u\|^2_{H^1((0,T);H^s(Ω))} \\
+ 2Ck^4[ε^{-4} + ε^{-2} + 1] + 2k \sum_{m=1}^ℓ ε^2 a_h \left( ξ^{m-\frac{1}{2}}, ξ^{m-\frac{1}{2}} \right) + 4k \sum_{m=1}^ℓ \|ξ^{m-\frac{1}{2}}\|^2_{L^2(Ω)}. \]

Step 2: We want to bound the term \( f(\hat{u}(t_{m+\frac{1}{2}})) - f^{m+1}, \frac{ξ^{m+1} + ξ^m}{2} \) on the left hand side of (3.34):

\[ f(\hat{u}(t_{m+\frac{1}{2}})) - f^{m+1} = [f(\hat{u}(t_{m+\frac{1}{2}})) - f(P^h_r \hat{u}(t_{m+\frac{1}{2}}))] + [f(P^h_r \hat{u}(t_{m+\frac{1}{2}})) - f^{m+1}]. \]  \hspace{1cm} (3.35)
For the constant term, we have
\[
|f(u^{m+\frac{1}{2}}) - f(P_r u(t_{m+\frac{1}{2}}))| = |f'(\xi)||\xi(t_{m+\frac{1}{2}}) - P_r u(t_{m+\frac{1}{2}})| \geq -C\frac{\eta_{m+1} + \eta_m}{2}.
\] (3.36)

For the second part on the right hand side of (3.35), we get:
\[
f(P_r u(t_{m+\frac{1}{2}})) = \left(\frac{P_r u(t_{m+1}) + P_r u(t_m)}{2}\right)^3 - \left(\frac{P_r u(t_{m+1}) + P_r u(t_m)}{2}\right)
\]
\[
- \left[\frac{1}{4}[(u^{m+1})^3 + (u^{m+1})^2 u^m + u^{m+1}(u^m)^2 + (u^m)^3] - \frac{u^{m+1} + u^m}{2}\right]
\]
\[
= \frac{(P_r u(t_{m+1}) + P_r u(t_m))^3}{8} - \frac{2}{8}[(u^{m+1})^3 + (u^{m+1})^2 u^m + u^{m+1}(u^m)^2 + (u^m)^3]
\]
\[
- \left[\left(\frac{P_r u(t_{m+1}) + P_r u(t_m)}{2}\right) - \frac{u^{m+1} + u^m}{2}\right]
\]
\[
= \frac{(P_r u(t_{m+1}) + P_r u(t_m))^3}{8} - \frac{2}{8}[(P_r u(t_{m+1}) - \xi^{m+1})^3 + (P_r u(t_{m+1}) - \xi^m)^2(P_r u(t_m) - \xi^m) + (P_r u(t_{m+1}) - \xi^{m+1})(P_r u(t_m) - \xi^m)] - \frac{(\xi^{m+1} + \xi^m)}{2}.
\] (3.37)

We split the above into four terms: constant term with resect to \(\xi^{m+1}\) and \(\xi^m\), linear, quadratic and cubic in terms of \(\xi^{m+1}\) and \(\xi^m\).

For constant term, we have
\[
\left(\frac{1}{8}(P_r u(t_{m+1}) - P_r u(t_m))^2(P_r u(t_{m+1}) + P_r u(t_m)), \frac{\xi^{m+1} + \xi^m}{2}\right)\eta_h
\]
\[
\geq -C(h^4 + k^2)(1, \frac{\xi^{m+1} + \xi^m}{2})\eta_h
\]
\[
\geq -C(h^8 + k^4) - C\|\xi^{m+\frac{1}{2}}\|^2_{L^2(\eta_h)}.
\] (3.38)

By the boundness of \(P_r u^m\) and \(|P_r u(t_{m+1}) - P_r u(t_m)| \leq h^2 + k\).

For the linear term, we have the following:
\[
l = \frac{1}{4}\left\{\xi^{m+1}[3(P_r u(t_{m+1}))^2 + P_r u(t_{m+1})P_r u(t_m) + (P_r u(t_m))^2]
\]
\[
+ \xi^m[3(P_r u(t_m))^2 + P_r u(t_{m+1})P_r u(t_m) + (P_r u(t_{m+1}))^2] - \frac{(\xi^{m+1} + \xi^m)}{2}\right\}
\]
\[
= \frac{1}{4}(\xi^{m+1} + \xi^m)(P_r u(t_{m+1}) + P_r u(t_m))^2
\]
\[
+ \frac{1}{2}\xi^{m+1}(P_r u(t_{m+1}))^2 + \xi^m(P_r u(t_m))^2 - \frac{(\xi^{m+1} + \xi^m)}{2}.
\] (3.39)
By using the Schwarz Inequality and $|P^h_r u(t_{m+1}) - P^h_r u(t_m)| \leq C(h^2 + k)$, we get the following inequalities for the first and second terms of the right hand side of (3.40):

\[
(\frac{1}{2}(P^h_r u(t_{m+1}) + P^h_r u(t_m))^2, (\frac{\xi^{m+1} + \xi^m}{2})_{T_h}) - C(h^2 + k)\|\xi^{m+\frac{1}{2}}\|^2_{L^2(T_h)}
\]

\[
(\frac{1}{2}[\xi^{m+1}(P^h_r u(t_{m+1}))^2 + \xi^m(P^h_r u(t_m))^2], (\frac{\xi^{m+1} + \xi^m}{2})_{T_h}) - C(h^2 + k)\|\xi^{m+\frac{1}{2}}\|^2_{L^2(T_h)}
\]

\[
(l, (\frac{\xi^{m+1} + \xi^m}{2})_{T_h}) - C((P^h_r u(t_m))^2 - 1, (\frac{\xi^{m+1} + \xi^m}{2})_{T_h}) - C(h^2 + k)\|\xi^{m+\frac{1}{2}}\|^2_{L^2(T_h)}
\]

For the quadratic term, we get the inequality below:

\[
q = 3(\xi^{m+1})^2 P^h_r u(t_{m+1}) + (\xi^m)^2 P^h_r u(t_m) + 2\xi^{m+1}\xi^m P^h_r u(t_{m+1}) + 2\xi^{m+1}\xi^m P^h_r u(t_m) + 3(\xi^m)^2 P^h_r u(t_m) \\
\geq -C_1[(\xi^{m+1})^2 + (\xi^m)^2]
\]
So we get:

\[
(q, \frac{\xi^{m+1} + \xi^m}{2})_{\mathcal{T}_h} \geq -C_1((\xi^{m+1})^2 + (\xi^m)^2, \frac{\xi^{m+1} + \xi^m}{2})_{\mathcal{T}_h} \geq -C\|\xi^{m+\frac{1}{2}}\|_{L^3(\mathcal{T}_h)}^3.
\]  

(3.45)

For cubic term, we have:

\[
c = \frac{1}{4} [(\xi^{m+1})^3 + (\xi^{m+1})^2 \xi^m + \xi^{m+1}(\xi^m)^2 + (\xi^m)^3]
\]

\[
= \frac{1}{4} [(\xi^{m+1})^2 + (\xi^m)^2] (\xi^{m+1} + \xi^m),
\]

(3.46)

the we have

\[
(c, \frac{\xi^{m+1} + \xi^m}{2})_{\mathcal{T}_h} = ((\xi^{m+1})^2 + (\xi^m)^2, (\xi^{m+1} + \xi^m)^2)_{\mathcal{T}_h} \geq 0.
\]

(3.47)

Combine all above together, we will get:

\[
(f(P_r^h u(t_{m+\frac{1}{2}}))) - f^{m+1}, \frac{\xi^{m+1} + \xi^m}{2})_{\mathcal{T}_h} \geq -C\|\eta^{m+\frac{1}{2}}, \xi^{m+\frac{1}{2}}\|_{\mathcal{T}_h} - C(h^8 + k^4) - C\|\xi^{m+\frac{1}{2}}\|_{L^2(\mathcal{T}_h)}
\]

\[
(f'(P_r^h u(t_m)))(\frac{\xi^{m+1} + \xi^m}{2})_{\mathcal{T}_h} - C(h^2 + k)\|\xi^{m+\frac{1}{2}}\|^2_{L^2(\mathcal{T}_h)} - C\|\xi^{m+\frac{1}{2}}\|_{L^3(\mathcal{T}_h)}^3
\]

\[
+ \frac{4k}{c^2}((\xi^{m+1})^2 + (\xi^m)^2, (\xi^{m+1} + \xi^m)^2)_{\mathcal{T}_h}.
\]

(3.48)
Summing in \( m \) from 1 to \( \ell \) and we will get the following:

\[
\frac{2k}{\varepsilon^2} \sum_{m=1}^{\ell} \left( f(P_r^h u(t_{m+\frac{1}{2}})) - f^{m+1}, \frac{\xi^{m+1} + \xi^m}{2} \right)_{T_h} \geq -\frac{Ck}{\varepsilon^2} \sum_{m=1}^{\ell} \| \eta^{m+\frac{1}{2}} \|_{T_h} \| \xi^{m+\frac{1}{2}} \|_{T_h} - C \frac{1}{\varepsilon^2} (h^8 + k^4) - \frac{Ck}{\varepsilon^2} \sum_{m=1}^{\ell} \| \xi^m \|_{L^2(T_h)}^2 \]

\[ + \frac{2k}{\varepsilon^2} \sum_{m=1}^{\ell} \left( f'(P_r^h u(t_m)), \left( \frac{\xi^{m+1} + \xi^m}{2} \right)^2 \right)_{T_h} - C \frac{k}{\varepsilon^2} (h^2 + k) \sum_{m=1}^{\ell} \| \xi^m \|_{L^2(T_h)}^2 \]

\[ - C \frac{k}{\varepsilon^2} \sum_{m=1}^{\ell} \| \xi^{m+\frac{1}{2}} \|_{L^3(T_h)}^3 + \sum_{m=1}^{\ell} \left( (\xi^m)^2 + (\xi^{m+1})^2, (\xi^m + \xi^{m+1})^2 \right)_{T_h}, \]

\[ \geq -Ch^2 \min\{r+1,s\} \varepsilon^{-4} \| u \|_{L^2((0,T);H^s(\Omega))}^2 - C \frac{1}{\varepsilon^2} (h^8 + k^4) + \frac{2k}{\varepsilon^2} \sum_{m=1}^{\ell} \left( f'(P_r^h u(t_m)), \left( \frac{\xi^{m+1} + \xi^m}{2} \right)^2 \right)_{T_h} \]

\[ + \frac{2k}{\varepsilon^2} \sum_{m=1}^{\ell} \left( (\xi^m)^2 + (\xi^{m+1})^2, (\xi^m + \xi^{m+1})^2 \right)_{T_h} - C \frac{k}{\varepsilon^2} \sum_{m=1}^{\ell} \| \xi^{m+\frac{1}{2}} \|_{L^3(T_h)}^3 \]

Substitute the inequality above into (3.34), and we get:

\[
\| \xi^\ell \|_{L^2(T_h)}^2 + \frac{2k}{\varepsilon^2} \sum_{m=1}^{\ell} \left( (\xi^m)^2 + (\xi^{m+1})^2, (\xi^m + \xi^{m+1})^2 \right)_{T_h} \leq \| \xi^0 \|_{L^2(T_h)}^2 + C h^2 \min\{r+1,s\} \left( \| u \|_{L^2((0,T);H^s(\Omega))}^2 + \varepsilon^{-4} \| u \|_{L^2((0,T);H^s(\Omega))}^2 \right) + C \frac{1}{\varepsilon^2} (h^8 + k^4)
\]

\[ + C k^4 \left( \varepsilon^{-4} + \varepsilon^{-2} + 1 \right) + C k \left( 1 + \frac{ke^2}{\varepsilon^2} + \frac{h^2 + k}{\varepsilon^2} \right) \sum_{m=1}^{\ell} \| \xi^m \|_{L^2(T_h)}^2 + C \frac{k}{\varepsilon^2} \sum_{m=1}^{\ell} \| \xi^{m+\frac{1}{2}} \|_{L^3(T_h)}^3. \]

\textbf{Step 3:} In order to control the last two terms on the right-hand side of (3.49) we use the following Gagliardo-Nirenberg inequality [23]:

\[
\| v \|_{L^3(K)}^3 \leq C \left( \| \nabla v \|_{L^2(K)}^\frac{2}{3} \| v \|_{L^2(K)}^\frac{2}{3} + \| v \|_{L^2(K)}^3 \right) \quad \forall K \in T_h,
\]
Notice that on the right hand side, we need to choose the appropriate initial value to get spectrum estimate (2.18) to bound it from below as follows:

$$
\xi_0 \parallel h \leq C \epsilon \sum_{m=1}^{\ell} \parallel \nabla \xi_m \parallel_{L^2(\mathcal{T}_h)}^2 + C \epsilon^2 k \sum_{m=1}^{\ell} \parallel \xi_m \parallel_{L^2(\mathcal{T}_h)}^2
$$

Finally, for the third term on the left-hand side of the above inequality, we utilize the discrete spectrum estimate (2.18) to bound it from below as follows:

$$
2k(1 - \epsilon^2) \sum_{m=1}^{\ell} \left( a_h(\xi^{m-\frac{1}{2}}, \xi^{m-\frac{1}{2}}) + \frac{1}{\epsilon^2} \left( f'(P^h_t u(t_{m-1})), (\xi^{m-\frac{1}{2}})^2 \right)_{\mathcal{T}_h} \right)
$$

Step 4: Substitute (3.51) and (3.52) into (3.50), and we get the following:

$$
\parallel \xi^\ell \parallel_{L^2(\mathcal{T}_h)}^2 + 3k^2 \epsilon^2 \sum_{m=1}^{\ell} \parallel \xi_m \parallel_{L^2(\mathcal{T}_h)}^2 + C \epsilon^2 k \sum_{m=1}^{\ell} \parallel \xi_m \parallel_{L^2(\mathcal{T}_h)}^2
$$

$$
\leq Ck(1 + \frac{k^2}{\epsilon^2} + \frac{h^2 + k}{\epsilon^2}) \sum_{m=1}^{\ell} \parallel \xi_m \parallel_{L^2(\mathcal{T}_h)}^2 + C \epsilon \sum_{m=1}^{2(4+d)} \parallel \xi_{m} \parallel_{L^2(\mathcal{T}_h)}^2
$$

Notice that on the right hand side, we need to choose the appropriate initial value $u_0^h$, so that $\parallel \xi^0 \parallel_{L^2(\mathcal{T}_h)} = O(h^{\min(r+1,a)})$ to maintain the optimal rate of convergence in $h$. Clearly, both the
\(L^2\) and the elliptic projection of \(u_0\) work. and in the latter case, we get \(\xi^0 = 0\).

It then follows from (2.7), (2.9), (2.12) and (3.53) that

\[
\|\xi^\ell\|_{L^2(T_h)}^2 + 3\epsilon^2\alpha k \sum_{m=1}^\ell \|\xi^m\|_{L^2(T_h)}^2 + 2k^2 \sum_{m=1}^\ell ((\xi^m)^2 + (\xi^{m-1})^2, (\xi^m + \xi^{m-1})) \\
\leq C k \left(1 + \frac{\epsilon k^2}{\epsilon^2} + \frac{h^2 + k}{\epsilon^2}\right) \sum_{m=1}^\ell \|\xi^m\|_{L^2(T_h)}^2 + C \epsilon^{-\frac{2(4+d)}{4-d}} k \sum_{m=1}^\ell \|\xi^m\|_{L^2(T_h)}^\frac{2(6-d)}{4-d} \]
\[+ C \epsilon h^2 \min\{r+1,s\} \epsilon^{-2(\sigma_1+2)} + C \epsilon^2(h^4 + k^4) + C k^4[\epsilon^{-4} + \epsilon^{-2} + 1].\]

Since \(u^\ell\) can be written as

\[
u^\ell = k \sum_{m=1}^\ell dt^m u^m + u^0,\]

then by (2.3) and (3.11), we get

\[
\|u^\ell\|_{L^2(T_h)} \leq k \sum_{m=1}^\ell \|dt^m u^m\|_{L^2(T_h)} + \|u^0\|_{L^2(T_h)} \leq C \epsilon^{-2\sigma_1}.
\]

By the boundedness of the projection, we have

\[
\|\xi^\ell\|_{L^2(T_h)}^2 \leq C \epsilon^{-2\sigma_1}.
\]

Then the above inequality is equivalent to the form below:

\[
\|\xi^\ell\|_{L^2(T_h)}^2 + k \sum_{m=1}^\ell 3\epsilon^2\alpha \|\xi^m\|_{L^2(T_h)}^2 \leq H_1 + H_2,
\]

where

\[
H_1 := C k \left(1 + \frac{\epsilon k^2}{\epsilon^2} + \frac{h^2 + k}{\epsilon^2}\right) \sum_{m=1}^{\ell-1} \|\xi^m\|_{L^2(T_h)}^2 + C \epsilon^{-\frac{2(4+d)}{4-d}} k \sum_{m=1}^{\ell-1} \|\xi^m\|_{L^2(T_h)}^\frac{2(6-d)}{4-d} \]
\[+ C \epsilon h^2 \min\{r+1,s\} \epsilon^{-2(\sigma_1+2)} + C \epsilon^2(h^4 + k^4) + C k^4[\epsilon^{-4} + \epsilon^{-2} + 1],\]

\[
H_2 := C k \left(1 + \frac{\epsilon k^2}{\epsilon^2} + \frac{h^2 + k}{\epsilon^2}\right) \|\xi^\ell\|_{L^2(T_h)}^2 + C \epsilon^{-\frac{2(4+d)}{4-d}} k \|\xi^\ell\|_{L^2(T_h)}^\frac{2(6-d)}{4-d}.
\]

It is easy to check that

\[
H_2 \leq \frac{1}{2} \|\xi^\ell\|_{L^2(T_h)}^2 \quad \text{provided that} \quad k < A(\epsilon).
\]
By (3.58) we have

$$\begin{align*}
\|\xi^\ell\|^2_{L^2(T_h)} + k \sum_{m=1}^{\ell} 3\epsilon^2\alpha \|\xi^m\|^2_{1, DG} & \leq 2H_1 \\
& \leq 2Ck(1 + \frac{k\epsilon^2}{e^2} + \frac{h^2 + k}{e^2}) \sum_{m=1}^{\ell-1} \|\xi^m\|^2_{L^2(T_h)} + 2C\epsilon^{-\frac{2(4+\delta)}{4-d}k} \sum_{m=1}^{\ell-1} \|\xi^m\|^{2\left(\frac{6-d}{4-d}\right)}_{L^2(T_h)} \\
& + 2Ch^{2\min\{r+1,s\}} \epsilon^{-2(\sigma_1+2)} + 2\frac{C}{\epsilon^2}(h^8 + k^4) + 2Ck^4[\epsilon^{-4} + \epsilon^{-2} + 1] \\
& \leq Ck(1 + \frac{k\epsilon^2}{e^2} + \frac{h^2 + k}{e^2}) \sum_{m=1}^{\ell-1} \|\xi^m\|^2_{L^2(T_h)} + C\epsilon^{-\frac{2(4+\delta)}{4-d}k} \sum_{m=1}^{\ell-1} \|\xi^m\|^{2\left(\frac{6-d}{4-d}\right)}_{L^2(T_h)} \\
& + Ch^{2\min\{r+1,s\}} \epsilon^{-2(\sigma_1+2)} + \frac{C}{\epsilon^2}(h^8 + k^4) + Ck^4[\epsilon^{-4} + \epsilon^{-2} + 1].
\end{align*}$$

Let $d_\ell \geq 0$ be the slack variable such that

$$\begin{align*}
\|\xi^\ell\|^2_{L^2(T_h)} + k \sum_{m=1}^{\ell} 3\epsilon^2\alpha \|\xi^m\|^2_{1, DG} + d_\ell \\
= Ck(1 + \frac{k\epsilon^2}{e^2} + \frac{h^2 + k}{e^2}) \sum_{m=1}^{\ell-1} \|\xi^m\|^2_{L^2(T_h)} + C\epsilon^{-\frac{2(4+\delta)}{4-d}k} \sum_{m=1}^{\ell-1} \|\xi^m\|^{2\left(\frac{6-d}{4-d}\right)}_{L^2(T_h)} \\
& + Ch^{2\min\{r+1,s\}} \epsilon^{-2(\sigma_1+2)} + \frac{C}{\epsilon^2}(h^8 + k^4) + Ck^4[\epsilon^{-4} + \epsilon^{-2} + 1].
\end{align*}$$

and define for $\ell \geq 1$

$$S_{\ell+1} := \|\xi^\ell\|^2_{L^2(T_h)} + k \sum_{m=1}^{\ell} 3\epsilon^2\alpha \|\xi^m\|^2_{1, DG} + d_\ell,$$

$$S_1 := Ch^{2\min\{r+1,s\}} \epsilon^{-2(\sigma_1+2)} + \frac{C}{\epsilon^2}(h^8 + k^4) + Ck^4[\epsilon^{-4} + \epsilon^{-2} + 1].$$

then we have

$$S_{\ell+1} - S_\ell \leq C(1 + \frac{k\epsilon^2}{e^2} + \frac{h^2 + k}{e^2})kS_\ell + C\epsilon^{-\frac{2(4+\delta)}{4-d}k}k^{\frac{6-d}{4-d}}S_\ell \quad \text{for } \ell \geq 1.$$

Applying Lemma 2 to $\{S_\ell\}_{\ell \geq 1}$ defined above, we obtain for $\ell \geq 1$

$$S_\ell \leq a_\ell^{-1}\left\{S_1^{-\frac{2}{4-d}} - 2Ck^{\frac{4-d}{4-d}} \sum_{s=1}^{\ell-1} \epsilon^{-\frac{2(4+\delta)}{4-d}a_{s+1}} \right\}^{-\frac{4-d}{4-d}}$$

provided that

$$\frac{1}{2}S_1^{-\frac{2}{4-d}} - 2Ck^{\frac{4-d}{4-d}} \sum_{s=1}^{\ell-1} \epsilon^{-\frac{2(4+\delta)}{4-d}a_{s+1}} > 0.$$
We note that $a_s (1 \leq s \leq \ell)$ are all bounded as $k \to 0$, therefore, (3.68) holds under the mesh constraint stated in the theorem. It follows from (3.66) and (3.67) that

$$S_\ell \leq 2a_\ell^{-1} S_1 \leq C k^{4} \epsilon^{-2(\sigma_1+2)} + C h^{2 \min\{r+1, s\}} \epsilon^{-2(\sigma_1+2)}.$$  \hspace{1cm} (3.69)

Finally, using the above estimate and the properties of the operator $P_h^r$ we obtain (3.18) and (3.19). The estimate (3.20) follows from (3.19) and the inverse inequality bounding the $L^\infty$-norm by the $L^2$-norm and (2.21). The proof is complete.
CHAPTER 4. CONVERGENCE OF THE NUMERICAL INTERFACE TO THE MEAN CURVATURE FLOW

In this section, we prove the rate of convergence of the numerical interface to its limit geometric interface of the Allen-Cahn equation. This convergence theory is based on the maximum norm error estimates, which is proven above. The rate of convergence can be proven by the sharper error estimates, which is the negative polynomial function of the interaction length $\epsilon$. It can’t be proven if the coarse error estimate, which is the exponential function of $\epsilon$, is used.

For all the DG problem, the the zero-level set of $u_h^n$ may not be well defined since the zero-level set may not be continuous. Therefore, we introduce the finite element approximation $\tilde{u}_h^m$ of the DG solution $u_h^n$. It is defined by using the averaged degrees of freedom of $u_h^n$ as the degrees of freedom for determining $\tilde{u}_h^m$ (cf. [24]). We get the following results [24].

**Theorem 4** Let $\mathcal{T}_h$ be a conforming mesh consisting of triangles when $d = 2$, and tetrahedra when $d = 3$. For $v_h \in V_h$, let $\tilde{v}_h$ be the finite element approximation of $v_h$ as defined above. Then for any $v_h \in V_h$ and $i = 0, 1$ there holds

$$
\sum_{K \in \mathcal{T}_h} \|v_h - \tilde{v}_h\|^2_{H^i(K)} \leq C \sum_{e \in \mathcal{E}_h^I} h_e^{1-2i} \|v_h\|^2_{L^2(e)},
$$

where $C > 0$ is a constant independent of $h$ and $v_h$ but may depend on $\epsilon$ and the minimal angle $\theta_0$ of the triangles in $\mathcal{T}_h$.

Using the above approximation result we can show that the error estimates of Theorem 3 also hold for $\tilde{u}_h^m$.

**Theorem 5** Let $u_h^m$ denote the solution of the DG scheme (3.1)–(3.4) and $\tilde{u}_h^m$ denote its finite element approximation as defined above. Then under the assumptions of Theorem 3 the error
estimates for $u^m_h$ given in Theorem 3 are still valid for $\hat{u}^m_h$, in particular, there holds

$$
\max_{0 \leq m \leq M} \|u(t_m) - \hat{u}^m_h\|_{L^\infty(\mathcal{T}_h)} \leq C h^{\min\{r+1,s\}} |\ln h|^\gamma \epsilon^{-\gamma} + C h^{-\frac{d}{2}} (k^2 + h^{\min\{r+1,s\}}) \epsilon^{-(\sigma_1+2)}.
$$

(4.2)

Proof: We only give a proof for (4.2) because other estimates can be proved likewise. By the triangle inequality we have

$$
\|u(t_m) - \hat{u}^m_h\|_{L^\infty(\mathcal{T}_h)} \leq \|u(t_m) - u^m_h\|_{L^\infty(\mathcal{T}_h)} + \|u^m_h - \hat{u}^m_h\|_{L^\infty(\mathcal{T}_h)}.
$$

(4.3)

Hence, it suffices to show that the second term on the right-hand side is an equal or higher order term compared to the first one.

Let $u^I(t)$ denote the finite element interpolation of $u(t)$ into $S_h$. It follows from (4.1) and the trace inequality that

$$
\|u^m_h - \hat{u}^m_h\|^2_{L^2(\mathcal{T}_h)} \leq C \sum_{e \in \mathcal{E}^I_h} h_e \|[u^m_h]_e\|^2_{L^2(e)} = C \sum_{e \in \mathcal{E}^I_h} h_e \|u^m_h - u^I(t_m)\|^2_{L^2(e)} \leq C \sum_{K \in \mathcal{T}_h} h_K^{-1} \|u^m_h - u^I(t_m)\|^2_{L^2(K)} \leq C (\|u^m_h - u(t_m)\|^2_{L^2(\mathcal{T}_h)} + \|u(t_m) - u^I(t_m)\|^2_{L^2(\mathcal{T}_h)}).
$$

(4.4)

Substituting (4.4) into (4.3) after using the inverse inequality yields

$$
\|u(t_m) - \hat{u}^m_h\|_{L^\infty(\mathcal{T}_h)} \leq \|u(t_m) - u^m_h\|_{L^\infty(\mathcal{T}_h)} + C h^{-\frac{d}{2}} \|u^m_h - \hat{u}^m_h\|_{L^2(\mathcal{T}_h)} \leq \|u(t_m) - u^m_h\|_{L^\infty(\mathcal{T}_h)} + C h^{-\frac{d}{2}} (\|u^m_h - u(t_m)\|_{L^2(\mathcal{T}_h)} + \|u(t_m) - u^I(t_m)\|_{L^2(\mathcal{T}_h)}),
$$

which together with (3.18) implies the desired estimate (4.2). The proof is complete.

We are now ready to state the main theorem of this section.
Theorem 6 Let \( \{ \Gamma_t \} \) denote the (generalized) mean curvature flow defined in [25], that is, \( \Gamma_t \) is the zero-level set of the solution \( w \) of the following initial value problem:

\[
\begin{align*}
    w_t &= \Delta w - \frac{D^2 w D w \cdot D w}{|D w|^2} & \text{in } \mathbb{R}^d \times (0, \infty), \\
    w(\cdot, 0) &= w_0(\cdot) & \text{in } \mathbb{R}^d.
\end{align*}
\]

(4.5)

Let \( u^{\epsilon,h,k} \) denote the piecewise linear interpolation in time of the numerical solution \( \{ \hat{u}_m^h \} \) defined by

\[
    u^{\epsilon,h,k}(x,t) := \frac{t - t_m}{k} \hat{u}^{m+1}_h(x) + \frac{t_m + 1 - t}{k} \hat{u}_h^m(x), \quad t_m \leq t \leq t_{m+1}
\]

(4.7)

for \( 0 \leq m \leq M - 1 \). Let \( \{ \Gamma_t^{\epsilon,h,k} \} \) denote the zero-level set of \( u^{\epsilon,h,k} \), namely,

\[
    \Gamma_t^{\epsilon,h,k} = \{ x \in \Omega; u^{\epsilon,h,k}(x,t) = 0 \}.
\]

(4.8)

Suppose \( \Gamma_0 = \{ x \in \overline{\Omega}; u_0(x) = 0 \} \) is a smooth hypersurface compactly contained in \( \Omega \), and \( k = O(h^2) \). Let \( t_* \) be the first time at which the mean curvature flow develops a singularity, then there exists a constant \( \epsilon_1 > 0 \) such that for all \( \epsilon \in (0, \epsilon_1) \) and \( 0 < t < t_* \) there holds

\[
    \sup_{x \in \Gamma_t^{\epsilon,h,k}} \{ \text{dist}(x, \Gamma_t) \} \leq C \epsilon^2 |\ln \epsilon|^2.
\]

Proof: We note that since \( u^{\epsilon,h,k}(x,t) \) is continuous in both \( t \) and \( x \), then \( \Gamma_t^{\epsilon,h,k} \) is well defined. Let \( I_t \) and \( O_t \) denote the inside and the outside of \( \Gamma_t \) defined by

\[
    I_t := \{ x \in \mathbb{R}^d; w(x,t) > 0 \}, \quad O_t := \{ x \in \mathbb{R}^d; w(x,t) < 0 \}.
\]

(4.9)

Let \( d(x,t) \) denote the signed distance function to \( \Gamma_t \) which is positive in \( I_t \) and negative in \( O_t \). By Theorem 6.1 of [26], there exist \( \tilde{\epsilon}_1 > 0 \) and \( \tilde{C}_1 > 0 \) such that for all \( t \geq 0 \) and \( \epsilon \in (0, \tilde{\epsilon}_1) \) there hold

\[
    u_\epsilon(x,t) \geq 1 - \epsilon \quad \forall x \in \{ x \in \overline{\Omega}; d(x,t) \geq \tilde{C}_1 \epsilon^2 |\ln \epsilon|^2 \},
\]

(4.10)

\[
    u_\epsilon(x,t) \leq -1 + \epsilon \quad \forall x \in \{ x \in \overline{\Omega}; d(x,t) \leq -\tilde{C}_1 \epsilon^2 |\ln \epsilon|^2 \}.
\]

(4.11)

Since for any fixed \( x \in \Gamma_t^{\epsilon,h,k} \), \( u^{\epsilon,h,k}(x,t) = 0 \), by (4.2) with \( k = O(h^2) \), we have

\[
    |u^\epsilon(x,t)| = |u^\epsilon(x,t) - u^{\epsilon,h,k}(x,t)| \leq \tilde{C} \left( h^{\min\{r+1,s\}} |\ln h|^\gamma \epsilon^{-\gamma} + h^{-\frac{d}{2}} (k + h^{\min\{r+1,s\}}) \epsilon^{-(\sigma_1 + 2)} \right).
\]
Then there exists $\bar{\epsilon}_1 > 0$ such that for $\epsilon \in (0, \bar{\epsilon}_1)$ there holds

$$|u^\epsilon(x, t)| < 1 - \epsilon. \quad (4.12)$$

Therefore, the assertion follows from setting $\epsilon_1 = \min\{\widehat{\epsilon}_1, \bar{\epsilon}_1\}$. The proof is complete.
CHAPTER 5. NUMERICAL EXPERIMENTS

In this section, we provide a two-dimensional numerical experiment to gauge the accuracy and reliability of the fully discrete IPDGFE method developed in the previous sections. We use a square domain \( \Omega = [-1,1] \times [-1,1] \subset \mathbb{R}^2 \), and \( u_0(x) = \tanh \left( \frac{d_0(x)}{\sqrt{2\epsilon}} \right) \), where \( d_0(x) \) stands for the signed distance from \( x \) to the initial curve \( \Gamma_0 \).

The test uses the smooth initial curves \( \Gamma_0 \), hence the requirements for \( u_0 \) are satisfied. Consequently, the results established in this paper apply to the test example. In the test we first verify the spatial rate of convergence given in (3.18) and (3.20). We then compute the evolution of the zero-level set of the solution of the Allen-Cahn problem with \( \epsilon = 0.025 \) and at various time instances.

**Test.** Consider the Allen-Cahn problem with the following initial condition:

\[
    u_0(x) = \begin{cases} 
        \tanh \left( \frac{d(x)}{\sqrt{2\epsilon}} \right), & \text{if } x_1^2 + x_2^2 \geq 0.25^2, \\
        \tanh \left( -\frac{d(x)}{\sqrt{2\epsilon}} \right), & \text{if } x_1^2 + x_2^2 < 0.25^2,
    \end{cases}
\]

here \( d(x) \) stands for the distance function to the circle \( x_1^2 + x_2^2 = 0.25^2 \).

| \( h \)  | \( L^\infty(L^2) \) error | \( L^\infty(L^2) \) order | \( L^2(H^1) \) error | \( L^2(H^1) \) order |
|---------|-----------------------------|-----------------------------|--------------------------|--------------------------|
| \( \sqrt{2}/10 \) | 0.02451 | | 0.34216 | |
| \( \sqrt{2}/20 \) | 0.00539 | 2.1850 | 0.17258 | 0.9874 |
| \( \sqrt{2}/40 \) | 0.00142 | 1.9244 | 0.08394 | 1.0398 |
| \( \sqrt{2}/80 \) | 0.00036 | 1.9798 | 0.04172 | 1.0086 |

Table 5.1 shows the spatial \( L^2 \) and \( H^1 \)-norm errors and convergence rates, which are consistent with what are proved for the linear element in the convergence theorem.
Figure 5.1 Test 1: Snapshots of the zero-level set of $u^{\epsilon,h,k}$ at time $t = 0, 1 \times 10^{-2}, 3 \times 10^{-2}, 4 \times 10^{-2}$ and $\epsilon = 0.025$.

Figure 5.1 displays four snapshots at four fixed time points of the zero-level set of the numerical solution $u^{\epsilon,h,k}$ with four different $\epsilon$. Once again, we observe that as $\epsilon$ is small enough the zero-level set converges to the mean curvature flow $\Gamma_t$ as time goes on.
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