Microtubules that form the stationary lattice of muscle fibers are dynamic and nucleated at Golgi elements

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**Introduction**

Microtubules (MTs) have recently been implicated in the pathology of Duchenne muscular dystrophy (DMD; Khairallah et al., 2012), the most common genetic disease of skeletal muscle. This puts a spotlight on muscle MTs, whose organization is poorly understood. During myogenesis, coordinated waves of subcellular remodeling affect MTs as well as MT-organizing centers (MTOCs), ER exit sites (ERES), and the Golgi complex (Tassin et al., 1985a,b; Lu et al., 2001; Musa et al., 2003; Bugnard et al., 2005; Srse and Zaal et al., 2011). The resulting organization has little resemblance to that of proliferating cells. Muscle cultures can be used to study the first phase of MT reorganization that takes place during differentiation of myoblasts into multinucleated myotubes. But cultured myotubes do not mature into the fibers of which muscle is made. Therefore most of our knowledge of MTs in adult muscle comes from immunofluorescence images of single fibers, hand-teased from rodent muscles (Ralston, 1993; Ralston et al., 1999, 2001). Muscle fibers are shaped like flattened cylinders; their cytoplasm is mostly filled with actomyosin filaments. Between filaments and the plasmalemma there is a thin cytoplasmic layer that contains nuclei, other organelles, and what we refer to as surface MTs. Tubulin immunofluorescence shows that these MTs form a grid-like network with very few clear starting or ending points (Fig. S1 A). There are no clues as to their organization. Also lacking from these MTs are the asters that typically represent MT nucleation sites in images of proliferating cells (we call an aster a flower-shaped figure formed by several MTs, which each have one end anchored to a central point and the other end free [Fig. S1 A, insets]). In addition, Golgi elements (the small but numerous Golgi complexes of muscle fibers) are positioned at the vertices of the MT lattice in a unique and unexplained organization. It became clear that we could only understand this organization by looking at live cells.

To do so, we have introduced GFP- and mCherry-tagged MT and Golgi markers into the mouse flexor digitorum brevis (FDB) muscle (Schertzer et al., 2006; Schertzer and Lynch, 2008; DiFranco et al., 2009; Fig. S1 G). We have characterized their dynamics ex vivo, in single fibers obtained by enzymatic digestion of the muscle (Bekoff and Betz, 1977; Rosenblatt et al., 1995), and in vivo, in muscles of live animals. We show that muscle MTs are highly dynamic and grow from static Golgi elements. Thus, forming small bundles that build a durable network. We also show that static Golgi elements, associated with the MT-organizing center proteins γ-tubulin and pericentrin, are major sites of muscle MT nucleation, in addition to the previously identified sites (i.e., nuclear membranes). These data give us a framework for understanding how muscle MTs organize and how they contribute to the pathology of muscle diseases such as Duchenne muscular dystrophy.
EB3-GFP labeling the plus tips of MTs growing on parallel and antiparallel tracks. Puncta can be followed on average for 4.3 ± 0.1 s, i.e., 0.6 µm. Occasional spots (Fig. 1, A, C, and D, arrowheads) release EB3-GFP again and again, suggesting cytoplasmic MT nucleation sites. Projections show these spots to be at MT intersections. The mean growth rate of EB3-GFP in muscle fibers is 8.6 ± 0.1 µm/min (Table 1), similar to that in Drosophila melanogaster neuronal dendrites (Ori-McKenney et al., 2012).

To validate plated fibers as a model for muscle in vivo, we built a setup for intravital microscopy of the FDB and surrounding muscles (Fig. 1 C; Videos 2 and 5; and Fig. S2, A–C). EB3-GFP dynamics, the presence of antiparallel tracks, and the existence of cytoplasmic nucleation centers validate all ex vivo observations. The mean MT growth rate indicated by EB3-GFP in vivo is 5.0 ± 0.1 µm/min.

GFP-tubulin highlights a stationary, durable frame
To visualize the entire MTs we then examined GFP-tubulin. Compared with EB3-GFP, GFP-tubulin in plated fibers first appears like some other cells (Efimov et al., 2007; Rivero et al., 2009; Ori-McKenney et al., 2012), muscle fibers use the Golgi complex as a MTOC, while forming a MT network unlike any other.

Results and discussion
EB3-GFP reveals a dynamic network of MTs in live muscle, both ex vivo and in vivo
The MT plus tip end-binding protein EB3 is arguably the best marker of growing MTs (Stepanova et al., 2003) but its distribution in muscle fibers is unusual because it is found not only at the tips but anywhere along MTs (Fig. S1 B). Our first goal was therefore to clarify EB3 distribution by observing EB3-GFP in live fibers (see Materials and methods and Fig. S1 D2).

In plated fibers (Fig. 1, A1 and B1), each of the EB3-GFP puncta moves (Video 1) mostly longitudinally (parallel to the fiber axis) or transversely (perpendicular). To analyze EB3-GFP dynamics we generated color-coded time-lapse projections (Fig. 1 A2) and kymograph plots (Fig. 1 B). Puncta move indifferently left or right (56 vs. 44%; Fig. 1 A2) and up or down, and at similar speeds in all directions (Fig. 1 B, arrows). These results are consistent with
track. The kymograph (Fig. 3 A2) emphasizes both the contrast in EB3 dots move in the same or in opposite directions on a single labeled tracks (Fig. 3 A1 [arrows] and Video 4). In addition, multiple Fig. S1, E and F). EB3-GFP moves along mCherry-tubulin–
the network as a whole (also see immunoblotting controls in (Fig. 3 A). Each of the markers behaves as if alone, indicating that one does not interfere with the other and that neither affects (Fig. 3 A). Each of the markers behaves as if alone, indicating that one does not interfere with the other and that neither affects
dynamics, we coexpressed EB3-GFP and mCherry-tubulin
For growing MTs
The durable MT frame serves as a track
for growing MTs
To clarify the apparent differences between EB3 and tubulin dynamics, we coexpressed EB3-GFP and mCherry-tubulin (Fig. 3 A). Each of the markers behaves as if alone, indicating that one does not interfere with the other and that neither affects the network as a whole (also see immunoblotting controls in Fig. S1, E and F). EB3-GFP moves along mCherry-tubulin–labeled tracks (Fig. 3 A1 [arrows] and Video 4). In addition, multiple EB3 dots move in the same or in opposite directions on a single track. The kymograph (Fig. 3 A2) emphasizes both the contrast in motility and the association of EB3-GFP with mCherry-tubulin.

| MT marker | Plated fibers | Intravital |
|-----------|---------------|------------|
|           | µm/min        | µm/min     |
| EB3-GFP   | 8.6 ± 0.1 (n = 463) | 5.0 ± 0.1 (n = 220) |
| GFP-tubulin | 5.6 ± 0.2 (n = 49) | 3.6 ± 0.2 (n = 31) |

In vivo recordings of GFP-tubulin also validated the ex vivo data (Fig. S2, D and E; and Video 6). GFP-tubulin–labeled MTs in vivo grow at 3.6 ± 0.2 µm/min. We ascribe the apparently slower growth rate of GFP-tubulin compared with that of EB3-GFP to the different methods of analysis (manual vs. PlusTipTracker; see Materials and methods) and to intrinsic differences between the two markers. Tubulin is the building block of MTs, whereas EB3 is in dynamic association with MTs from which it dissociates when MTs pause or shrink (explaining why EB3 puncta can only be followed on average for 0.6 µm).

To learn more about the MT frame, we followed FRAP of regions of interest containing one to three MT tracks (Fig. 2). Because tubulin subunits are not in dynamic exchange with MTs, we did not expect true recovery, i.e., a uniform progressive return of the bleached track. Recovery was possible if new GFP-tubulin–labeled MTs grew along the bleached track, as occurred, but in only 7 out of 45 MT tracks. However, in half the regions of interest a new MT entered the box near the bleached track (Fig. 2 A, box 3 and arrow). Displacement of the bleached MT portion, which would indicate motor-induced MT transport, was not observed. The FRAP results are consistent with a frame of stable, immobile MTs and/or of anchored, growing MTs. Many of the observed MTs show dynamic instability, which results in repeated loss and gain of the EB3–tip complex. This can explain the apparent discrepancy between the low number of GFP-tubulin recoveries and the larger number of EB3-GFP puncta that would move in comparable fiber areas.

The durable MT frame serves as a track
for growing MTs
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Table 1. Measurements of MT growth rate

Muscle MTs nucleate from static
Golgi elements
During muscle differentiation the MTOC redistributes from centrosomes to nuclear membranes (Tassin et al., 1985a; Lu et al., 2001; Bugnard et al., 2005; Zaal et al., 2011). EB3-GFP and

Figure 2. FRAP showing only growth (or transport) of MTs restores fluorescence to the bleached area. (A) GFP-tubulin in a plated FDB fiber before (prebleach), just after (bleach), and 28 s after photobleaching of two regions of interest surrounded by orange boxes. For quantitation of recovery (B), the lower box was divided into parts 2 and 3. In seven independent photobleachings, more than half of the bleached boxes recover some fluorescence, as is the case in box 3, by growth or transport of a MT distinct from the original one (A, arrows). Bar, 2 µm.

These observations imply that muscle MTs are bundled. However, diffraction-limited microscopy, with a resolution of 250 nm at best, cannot resolve closely spaced MTs, which have outer diameters of 25 nm. Using G-STED superresolution microscopy (Vicidomini et al., 2013), we reached an improved resolution of 65 nm and resolved MT tracks into two to four strands, often torsading around each other (Fig. 3, B and C, red arrowheads). With a few exceptions (Fig. 3 C, black arrowhead) the strands are of even intensity, suggesting that they represent single MTs. Muscle MTs thus form small bundles with space between strands for MT-associated proteins (MAPs; Chen et al., 1992).

MT tracks may contain dynamic MTs growing alongside stable MTs, as suggested by the stationary character of the GFP-tubulin frame (Fig. 1 D). However, few muscle MTs have the curly shape and posttranslational tubulin modifications typical of stable MTs (Schulze et al., 1987). Muscle MTs could be stabilized by the muscle-specific isoform of MAP4 (Nguyen et al., 1997), which lines each muscle MT (Fig. S1 C) and whose function is not clear (Mangan and Olmsted, 1996; Casey et al., 2003). However, it is most likely that the stationary MT frame is entirely composed of dynamic MTs fasciculating along each other. Although MTs can bear compressive forces and support a cell structurally (Brangwynne et al., 2006), a dynamic frame of short MTs may be better suited to contracting fibers; indeed, excessive MT stabilization has been implicated in cardiac hypertrophy (Sato et al., 1997; Takahashi et al., 2003) and in DMD (Khairallah et al., 2012).
could play a role in GLUT4 translocation (Semiz et al., 2003)
and lysosomal positioning (Fukuda et al., 2006; Korolchuk et al., 2011).

\[ \text{\(\gamma\)-Tubulin and pericentrin are associated with Golgi elements} \]

The MTOC protein \(\gamma\)-tubulin is required for both centrosomal and noncentrosomal MT nucleation (Erhardt et al., 2002; Bugnard et al., 2005; Efimov et al., 2007; Rivero et al., 2009; Ori-McKenney et al., 2012; Zhu and Kaverina, 2013), but it is anchored by different proteins. In nonmuscle cells, Golgi \(\gamma\)-tubulin is linked either to the trans-Golgi by GCC185 and CLASP2 (Efimov et al., 2007) or to the cis-Golgi by GM130 and AKAP450 (Rivero et al., 2009).

By immunofluorescence we detected \(\gamma\)-tubulin on GM130-labeled Golgi elements of muscle fibers (Fig. 4 C and Table 2). CLASP2 could not be detected at all, and AKAP450 was only seen in the perinuclear area (Fig. 4 E). However, AKAP450 resembles another MTOC protein, pericentrin. AKAP450 and pericentrin are large coiled-coil proteins that share a centrosome-binding sequence (Gillingham and Munro, 2000). We found in silico that they also share sequences in the GM130-binding region of AKAP450 (Hurtado et al., 2011). Moreover, AKAP450 and kendrin, a pericentrin isoform, collaborate to bind \(\gamma\)-tubulin to centrosomes (Takahashi et al., 2002). Pericentrin could therefore replace or supplement AKAP450 in muscle fibers. Pericentrin was detected in fibers and found colocalized with Golgi elements (Fig. 4 D and Table 3). Although these results are consistent with cis-Golgi MT nucleation, we have not been able to confirm the involvement of GM130 because knocking it down by shRNA was inconclusive. It is possible that both cis- and trans-Golgi nucleations coexist or that other cis-Golgi proteins are involved.

Finally, we assessed the motility of Golgi elements. We coexpressed galactosyl-transferase-mCherry (GaIT-mCherry),
a marker of the Golgi complex, with GFP-tubulin or EB3-GFP (Fig. S3, Video 7, and Video 8). In both plated fibers (Fig. S3 A) and in vivo (Fig. S3 B) Golgi elements are static. Thus, the classic model that MTs position the Golgi complex is turned upside down in muscle, where, instead, static Golgi elements position MT nucleation. The lack of motility of muscle Golgi elements is consistent with their steady positioning along Z bands (Kaito and Metsikkö, 2003).

Building a model of muscle MT organization
At this point, we can start building a model (Fig. 5 A). At steady-state, MTs nucleated from Golgi elements grow along other dynamic and/or stable MTs to form bundles. To explain the orthogonal grid of MTs, we must involve dystrophin, the protein missing in DMD. Dystrophin is a MAP (Prins et al., 2009) and its absence in the mdx mouse prevents MTs from forming an orthogonal grid (Percival et al., 2007; Prins et al., 2009). However, dystrophin does not line MTs as MAP4 does; instead, dystrophin appears to define domains along which MTs grow preferentially (Prins et al., 2009). Dystrophin may capture MTs; those that start at an oblique angle (Fig. 1 D2, colored MTs) often abruptly change their orientation (Fig. 5 B) when they encounter the transverse bands that contain dystrophin. Studies of MT dynamics and directionality in mdx muscles will help us to further develop this model.

Skeletal muscle MTs, like the proverbial canary in the mine, are affected by practically all physiological and pathological changes in muscle, most likely because they are sensitive to patterned contractions (Ralston et al., 2001). They reach and dynamically connect all domains of muscle fibers.

Table 2. Association of MT seeds with GM130 and γ-tubulin

| Associated with           | Fraction of MT seeds ± SEM |
|--------------------------|-----------------------------|
| GM130 + γ-tubulin        | 20.1 ± 2.8                  |
| GM130 only               | 25.4 ± 2.9                  |
| γ-Tubulin only           | 14.1 ± 1.7                  |
| None                     | 40.4 ± 4.0                  |

Based on two experiments and 322 MT seeds.

Table 3. Association of MT seeds with GM130 and pericentrin

| Associated with             | Fraction of MT seeds ± SEM |
|----------------------------|-----------------------------|
| GM130 + pericentrin        | 45.5 ± 4.9                  |
| GM130 only                 | 6.1 ± 0.8                   |
| Pericentrin only           | 13.6 ± 1.5                  |
| None                       | 34.8 ± 4.5                  |

Based on two experiments and 400 MT seeds.
Bars, 2 µm. Expressing fibers. The MT lattice that results is both durable and dynamic. In contact with other MTs or dystrophin bands, as observed (B) in GFP-tubulin–longitudinal stripes. MTs starting at an oblique angle reorient upon contact to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or parallel to existing MTs, thereby forming small bundles, which are guided or

Figure 5. Model of MT organization in skeletal muscle fibers at steady-state. (A) MTs nucleating from Golgi elements grow parallel or antiparallel to existing MTs, thereby forming small bundles, which are guided or restricted by the dystrophin bands positioned along Z lines, M bands, and longitudinal stripes. MTs starting at an oblique angle reorient upon contact with other MTs or dystrophin bands, as observed (B) in GFP-tubulin–expressing fibers. The MT lattice that results is both durable and dynamic. Bars, 2 µm.

MTs are moored by Golgi elements through ERES to the ER/sarcoplasmic reticulum, which extends longitudinally in the myofibrillar core (Kaisto and Metsikkö, 2003). They interact with the triad junctions of T-tubules and sarcoplasmic reticulum (Fourest-Lieuvin et al., 2012), with dystrophin, and also with muscle-specific protein networks involved in the maintenance of sarcomeric organization (Ayalon et al., 2008, 2011; Randazzo et al., 2013). For a long time, the relevance of muscle MTs and the consequences of their perturbations were not clear. Now muscle MTs are finally starting to receive long overdue attention.

Materials and methods

Antibodies and other reagents
Several antibodies were gifts: rabbit anti-mouse/human detyrosylated tubulin from G. Cooper IV and T. Gallen (Veterans Affairs Medical Center, Charleston, SC; Sato et al., 1997); rabbit anti–mouse/human EB3 from A. Akhmanova (Utrecht University, Utrecht, Netherlands; Stepanova et al., 2003); rabbit anti–mouse mMAP4 from J. Olmsted (University of Rochester, Rochester, NY; Casey et al., 2003); and rabbit anti–human AKAP450/210 from J. Goldenring (Medical College of Georgia, Augusta, GA; Shanks et al., 2002). Other antibodies were purchased commercially: rat anti-β-tubulin and mouse anti-GAPDH from Abcam; mouse anti–α-tubulin, rabbit anti-acetylated tubulin, and rabbit anti–γ-tubulin from Sigma-Aldrich; rabbit anti-detyrosylated tubulin from EMD Millipore; mouse anti-GM130 and mouse anti-pericentrin from BD; rabbit anti-GFP from Cell Signaling Technology; and rabbit anti–pericentrin from Covance. Goat anti–mouse and anti–rat conjugated with DyLight 488, 549, and 647 were obtained from Jackson ImmunoResearch Laboratories, Inc. and goat anti–rabbit conjugated with Alexa 488, 546, 568, and 647 were obtained from Molecular Probes. For Western blot analyses we used horseradish peroxidase–conjugated goat anti–rabbit and goat anti–mouse purchased from Bio-Rad Laboratories and Alexa 680–conjugated goat anti–rat and anti–mouse antibodies purchased from Invitrogen.

Plasmids
All plasmids expressed in this study are based on pEGFP-N1 or pEGFP-C1 vectors (Takara Bio Inc.). pEB3-GFP-N1 cDNA was a gift from A. Akhmanova [Stepanova et al., 2003], pEGFP-tubulin-C1 was obtained from Takara Bio Inc., and p-mCherry-tubulin-C1 was constructed from pEGFP-tubulin-C1 and p-mCherry-C1. p-GaST-MtGFP-N1 was constructed from p-GaST-GFP-N1 (Zaal et al., 1999) and p-mCherry-N1 (a gift from G. Patterson [National Institute of Biomedical Imaging and Bioengineering, Bethesda, MD]). p-EGFP-EMTB-N1 was subcloned from p-EMTB-N1 (a gift from C. Bulinski [Columbia University, New York, NY]).

cDNA injection and electroportation into mouse muscles
All animal protocols were reviewed and approved by the National Institute of Arthritis and Musculoskeletal and Skin Diseases Animal Care and Use Committee. Mice were C57BL/6 (The Jackson Laboratory), 6 to 8 wk old unless otherwise mentioned. To obtain cDNA expression we followed the protocol of DiFrancesco et al. (2009) with a few modifications. Mice were anesthetized with 4% isoflurane throughout the procedure and received a subcutaneous injection of 0.05 mg/kg buprenorphine-HCl to avoid pain. To loosen the extracellular matrix and allow the plasmid to reach the FDB muscle, which extends along the sole of the foot, 10 µl of 0.5 U/µl (0.36 mg/ml) hyaluronidase was injected through the skin at the heel. After 1 h, 20–50 µg of endotoxin-free plasmid was injected (Genewijiz) at 5 mg/ml in sterile DPBS. After 15 min, acupuncture needles (0.20 × 25 mm, Tai Chi, Lhasa OMS) were placed under the skin at the heel and at the base of the toes and connected to an ECM 830 BTX electroporator (BTX Harvard Apparatus). Six pulses of 20 ms each at 1 Hz were applied to yield an electric field of ~75 V/cm. 5–7 days later the animal was killed to collect muscles or prepared for intravital imaging. Expression of the injected cDNA is easily verified under fluorescence illumination on the dissociation microscopy (Fig. S1 G). The efficiency of expression ranges from 20 to 80% of the fibers depending on the plasmid.

Selection of EB3-GFP and GFP-tubulin constructs to track MTs in muscle fibers
In search of suitable MT markers we expressed GFP-tubulin (Fig. S1 D1), EB3-GFP (Fig. S1 D2), and the MT-binding domain of the MAP ensconsin (EMTB-GFP; Fig. S1 D3). Our criteria for accepting a construct were as follows: pattern and location indistinguishable from native MTs (Fig. S1 A), even at moderate expression levels, normal appearance of the whole MT network, and useful signal-to-noise ratio. EB3-GFP and GFP-tubulin satisfied all criteria. Regrettably, EMTB (Faire et al., 1999) caused abnormalities of MTs in all but the lowest expressing fibers. We verified by immunoblotting (Fig. S1 F) that GFP-tubulin undergoes detyrosylation and acetylation, the normal posttranslational modifications of muscle tubulin (Gundersen et al., 1989), and that EB3-GFP overexpression does not affect the posttranslational modifications of tubulin (Fig. S1 E). We also checked by immunofluorescence that the expression of the GFP constructs does not alter the respective patterns of detyrosylated and tyrosylated tubulin. Finally we verified that mCherry constructs gave results similar to those with the corresponding GFP construct.

Intravital imaging
Mice injected with cDNA and electroperorated as described in a previous paragraph were anesthetized by intraperitoneal injection of 75 mg/kg of sodium pentobarbital. A flap of skin was removed from the plant of the foot to expose the FDB. The mouse was placed in a tub-shaped stage insert (custom designed at the National Institute of Arthritis and Musculoskeletal and Skin Diseases for the TCS SP5 confocal microscope [Leica]), the bottom of which was made of a no. 1.5 coverglass. The exposed FDB,
FDB fiber preparation
Mice were killed by CO₂ followed by cervical dislocation. FDB muscles were dissected in sterile DPBS under an MZ FLIII dissecting microscope (Leica), rinsed in sterile DMEM, and incubated with rotation for 3 h at 37°C in DMEM containing 1.5 mg/ml type I collagenase from Clostridium histolyticum (Sigma-Aldrich) and 1 mg/ml BSA. Fibers were then freed from the muscle by trituration and plated on Mattek dishes or Lab-Tek chambered coverglasses that had been coated for 1 h with a 1:10 dilution of Matrigel (BD). Fibers were plated in 0.1 ml of growth media (GM), consisting of DMEM supplemented with 20% FBS and 0.2% chicken embryo extract. After 2 h they were fed with GM supplemented with penicillin-streptomycin.

Drug treatments
To prevent MT polymerization and induce loss of MTs, plated fibers were incubated for 4 h at 37°C in 4 µg/ml NZ (Sigma-Aldrich) in GM. After washing out the drug with GM at 37°C, MTs were left to recover at 37°C in GM for 2 min to 24 h. Fibers were then fixed for staining, either with methanol at −20°C or with 4% PFA (Electron Microscopy Sciences). The Golgi complex was disrupted with 5 µg/ml BFA (Sigma-Aldrich) at 37°C for 1 h. For unrecovered NZ or BFA controls, the drug was added to PFA; alternately, methanol was used for fixation. When combined with NZ treatment, BFA was added for the last hour of the 4-h incubation with NZ and throughout the washout and fixation process.

Immunofluorescence
Fixed fibers were blocked for 2 h at RT in PBS containing either 5% BSA, 1% normal goat serum, and 0.04% saponin or the blocking reagent from the Mouse On Mouse basic kit (Vector Laboratories). Fibers were then incubated with primary antibodies for 2 h at RT (or overnight at 4°C) and with secondary antibodies for 2 h at RT, counterstained with Hoechst 33342, and mounted in Vectashield (Vector Laboratories). Rinses between and after antibody incubations were three times 5 min with PBS containing 0.04% saponin.

Microscopy
Confocal images were collected using a 63×1.4 NA or a 40×1.25 NA oil immersion objective lenses on a TCS SP5 (Leica) driven by the LAS AF 2.6.1 software or on an LSM 780 confocal microscope (Carl Zeiss) driven by Zen 2011. In both cases, images were collected in sequential scanning to avoid cross talk. Live fibers were imaged in phenol red-free GM with 25 mM Heps at 37°C, using a Tokai Hit heated stage insert on the SP5 and a Pecan Lab-Tek S1 stage insert on the LSM 780. We used a confocal pinhole between 1 and 3 Airy units (AU) to increase depth of field and signal intensity while limiting potential laser damage to live fibers.

For FRAP sequences on the LSM 780, we wanted to achieve close to complete photobleaching of target regions without damaging them. We tested different protocols and settled on 10 bleaching iterations with a 40-mW Argon laser at 80%. We were satisfied that no damage was done because MTs that had been photobleached continued to grow outside of the bleached area.

Unless otherwise mentioned, the images shown are single frames. Camera icons refer to the corresponding video, available online. Projections of images were done as “maximum” projections. Images were exported in 8-bit Tiff format and linearly adjusted using Photoshop CS5, and then cropped and resized if needed for composing montages. Some movies were processed in ImageJ (National Institutes of Health) with an image stabilizer and Kalman filter. For black and white images, the grayscale was inverted to facilitate viewing. Settings used for still images and videos can be found in Table S1.

Supersolution microscopy
Fibers stained with anti-tubulin followed by Alexa 488 or 647 goat anti-mouse IgG were mounted in Prolong Gold. They were imaged using time-gated detection on the gated HyD detectors of a TCS SP8 X G-STED system (Leica) with pulsed white light laser excitation. The conditions for confocal imaging were identical to those for time-lapse series, i.e., pinhole opened to 1.5 AU to increase brightness and depth of field, whereas G-STED parameters were optimized for best resolution, i.e., pinhole between 0.5 and 1.0 AU.

Image rendering and analysis
Two techniques were used to make dynamics perceptible in single static images: color coding and kymograph plotting. Color coding of confocal time series was done with Photoshop CS5. Each track of the 3D time series had its red, green, and blue levels set to obtain a progressive change of colors, the first frame being blue (red = 0, green = 0, and blue = 255) and the last frame magenta (red = 255, green = 0, and blue = 255). A moving object appears rainbow colored in projection whereas a stationary object is white. Kymograms were done on image stacks in ImageJ with the Reslice tool. The position of the line that is extracted from each image and repeated in the kymograph is indicated by two arrowheads on one of the images. An object that moves along the selected line during the recording of the series appears as an oblique dash in the kymograph, a stationary object on the line appears as a vertical line, and an object that crosses the line appears as a single dot.

GFP speed was analyzed with PlusTipTracker, a Matlab-based open source software (Applegate et al., 2011). The tracks were detected with PlusTip GetTracks, with the following parameters, adapted depending on the quality of the movie: gap length = 3, angle = 10–15, radius range = 1–8, fluctuation radius = 2, and maximum shrinkage factor = 1.5. Each track was checked by hand with PlusTip SeeTracks to avoid false positives. GFP-tubulin MT growth rate was analyzed with ImageJ. The path covered was tracked, measured manually, and converted to a growth rate in micrometers per minute.

To quantitate the association of nascent MTs with Golgi elements, γ-tubulin, and/or pericentrin (Fig. 4, C5 and D5; and Tables 2 and 3), we examined the tubulin staining of triple-stained immunofluorescence images while hiding the other channels, marked the position of presumed MT seeds (at least three MT fragments), and then examined whether Golgi and γ-tubulin or pericentrin staining were present. Because MT seeds at early recovery times are less organized than the later asters, it is possible to count as seeds the simple crossing of two MTs. It is likely that this explains the relatively high percentage of MT seeds not linked to any of the components.

Immunoblots
Fibers were prepared as described in a previous paragraph but instead of being plated they were rinsed three times in DPBS, lysed in 40 µl of loading buffer (National Diagnostics), and boiled. Protein concentration was assayed with the 2D Quant Kit (GE Healthcare). Proteins were separated on 10% acrylamide gels and immunoblotted according to standard procedures. Protein bands were detected either with the Odyssey infrared imaging system (Li-Cor) or with photographic film.

Online supplemental material
Fig. S1 presents background and quality control data: immunofluorescence of muscle fibers stained for tubulin, EB3, and MAP4, and characterization of muscle fibers expressing GFP constructs by fluorescence and immunoblotting. Fig. S2 illustrates the setup for and images from intravital imaging of EB3-GFP and GFP-tubulin. Fig. S3 illustrates simultaneous recordings of the Golgi marker GalT-mCherry and of a MT marker, ex vivo and in vivo. Videos provide examples of time-lapse recordings and are essential to perceive MT dynamics. Videos 1 and 2 present EB3-GFP dynamics ex vivo and in vivo, respectively. Video 3 shows GFP-tubulin ex vivo. Video 4 shows simultaneous EB3-GFP and GalT-mCherry recordings ex vivo. Video 5 shows a more extensive muscle area expressing EB3-GFP in vivo. Video 6 shows GFP-tubulin in vivo. Video 7 shows simultaneous GFP-tubulin and GalT-mCherry recordings ex vivo, and Video 8 shows EB3-GFP and GalT-mCherry in vivo. Online supplemental material is available at http://www.jcb.org/cgi/content/full/jcb.201304063/DC1. Additional data are available in the JCB Data Viewer at http://dx.doi.org/10.1083/jcb.201304063.

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