Influence of Vegetation Restoration on Soil Hydraulic Properties in South China

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Abstract: Over the past several decades, vegetation restoration has been carried out extensively in South China. Theoretically, the process of vegetation restoration is usually accompanied by changes in soil properties. However, the effects of vegetation restoration on soil hydraulic properties are poorly documented in humid subtropical China. In this study, we compared soil hydraulic properties across three undisturbed subtropical forests, i.e., Pinus massoniana forest (PF), mixed Pinus massoniana/broad-leaved forest (MF), and monsoon evergreen broad-leaved forest (BF), which represented a vegetation restoration sequence in South China. Our results showed that vegetation restoration decreased the bulk density while increasing the total porosity and the soil organic matter (SOM). The clay content and capillary porosity of soil in the middle- and late-recovery-stage forests were significantly higher than those in the early stage, which was consistent with the soil water-holding capacity. The saturated hydraulic conductivity (Ks) values of BF were always significantly higher than those of the other forests. In the whole soil profile, the water-holding capacity and Ks in the topsoil (above 30 cm depth) were significantly higher than those in the deep soil for all forests. Further analyses indicated that the SOM was the main factor that affected Ks, and the relationship of them could be fitted by a linear equation. Overall, our study revealed vegetation restoration ameliorates soil hydraulic properties in humid subtropical China. And the role of SOM in improving soil hydraulic properties should be emphasized in future forest ecosystem management.

Keywords: vegetation recovery; saturated hydraulic conductivity; soil water retention characteristics; soil organic matter; subtropical China

1. Introduction

Water is the key component of terrestrial ecosystems, and forests serve as a natural reservoir [1,2]. Studies have confirmed that the soil layer, as the main aquifer of forest ecosystems, plays an important role in the regulation of water movement in mountainous areas [3,4]. Soil hydraulic properties such as saturated hydraulic conductivity and soil water retention characteristics affect runoff generation, the patterns of infiltration, and water retention, etc. [5,6]. Thus, understanding the variability of soil hydraulic characteristics are of great significance to catchment water management, such as water conservation and soil erosion control [1,7,8].

Soil physicochemical properties (e.g., soil texture, bulk density, organic matter content) are the basis for the formation of soil hydraulic characteristics [5,6]. The dominant factors affecting soil hydraulic characteristics could differ vastly among different regions. Neris et al. found that the soil
organic matter and porosity determined soil infiltration capacity of green forests and pine forests in Spain [9]. Li et al. reported that soil hydraulic characteristics in the black soil region were mainly influenced by the bulk density and clay content [10]. Vegetation restoration usually improves soil quality and water circulation efficiency [1,11]. In contrast, the conversion of forestland to farmland results in a significant degradation of soil hydraulic characteristics, manifested as increased surface runoff and frequent flood disasters [3]. In recent decades, vegetation recovery engineering has been widespread around the world, including the restoration of the Loess Plateau in China [12], rainforests in Brazil [13], and riparian forests in the United States of America [14]. The relationship between soil hydraulic properties and vegetation has become the focus of ecological research, with topics of general interest including changes in the soil structure under different vegetation types [9,12,15], soil water infiltration characteristics [3,16], surface run-off and sediment yield processes of soil [1,8], soil water storage and its influential factors [4,17], and changes in evapotranspiration [18,19].

The area of degenerated mountains and slopes exceeded 1/3 of the total area of mountainous areas in Guangdong by 1985, which seriously affected the ecological security in South China. Reasonable restoration and management of vegetation are important ways to solve the problems of water resources and the water environment [18,20]. Since the implementation of “Greening Guangdong in Ten Years” project in 1985, the forest coverage of the whole province has increased 31.2%, but the eco-hydrological benefit of the total increase in forest resources was indistinct. With regional extreme climate change in the future, frequent droughts and floods occur in the humid area of South China [21]. Therefore, scientifically understanding the relationship between vegetation restoration and soil hydraulic characteristics is crucial to sustainable forestry management and the assessment of the response capacity of forest ecosystems in the context of regional climate polarization in Guangdong [22,23].

*Pinus massoniana*, as a pioneer, has been commonly used in afforestation practice and has become the most widely distributed conifer in subtropical humid areas [24,25]. According to succession theory, the monsoon evergreen broad-leaved forest could be a permanent feature of the forest landscape in South China [26,27]. A complete sequence of recovery from the *Pinus massoniana* forest to the monsoon evergreen broad-leaved forest occurred in Dinghushan [28]. Existing relevant studies have reported the carbon-sink function [29], carbon and water fluxes [30], and soil moisture dynamics [15] in the forest ecosystems of this region. Yan et al. also reported that the distribution pattern of viscosity particles (<0.001 mm) and soil aggregates (>0.25 mm) and their influence on soil moisture availability and soil anti-erosion capability in typical restored vegetation, and they found an overall positive development in soil hydrological functions along vegetation restoration [31]. However, knowledge of the effects of vegetation restoration on soil hydraulic properties and the action mechanism is not comprehensive or sufficiently clear.

The purposes of this study are to (a) assess the soil physicochemical properties and hydraulic characteristics between different types of restored vegetation and soil depths, (b) identify the relationship between them, (c) explore the main soil physicochemical properties that affect the hydraulic characteristics, and (d) point out some practical considerations that should be focused on with respect to future re-vegetation projects in this area.

### 2. Materials and Methods

#### 2.1. Site Description

The study was carried out in the Dinghushan Biosphere Reserve in Guangdong Province in South China (23°09′21″–23°11′30″ N, 112°30′39″–112°33′41″ E). The specific geographical location is shown in Figure 1. The reserve is hilly terrain with altitudes of 100–700 m above sea level in most areas. This area has a typical subtropical monsoon climate, with annual average temperature and relative humidity of 22.3 °C and 77.7%, respectively. The mean annual precipitation is 1678 mm, and most of the rain is confined to April–September months, with distinct wet and dry seasons within a year [21].
with a 3.5 cm diameter soil auger. The samples from the five points of each layer within a plot were fully mixed as a composite sample for the measurement of soil organic matter (SOM, g/kg), soil specific gravity (SSG) and soil particle size distribution (clay, silt and sand, %).

### Table 1. Basic description of the study area.

| Stand Type | Elevation (m) | Gradient (°) | Stand Age (years) | Canopy Coverage (%) | LAI | Main Vegetations |
|------------|---------------|--------------|-------------------|---------------------|-----|------------------|
| PF         | 130–200       | 25–30        | 70–80             | 70                  | 4.3 | *Pinus massoniana*, *Schefflera octophylla*, *Calamus simplicifolius* |
| MF         | 150–220       | 22–30        | 100–110           | 90                  | 6.5 | *Aporosa dioica*, *Schima superba*, *Psychotria rubra*, *Calamus simplicifolius* |
| BF         | 160–230       | 25–30        | >400              | 95                  | 7.8 | *Gardenia jasminoides*, *Acmena acuminatisima*, *Mischocarpus sudaicus* |

Abbreviations: PF, *Pinus massoniana* forest; MF, mixed *Pinus massoniana*/broad-leaved forest; BF, monsoon evergreen broad-leaved forest.

### 2.2. Soil Sampling

Soil sampling was conducted between July and December 2019. Three random replicate plots with an area of 10 × 10 m were established in each forest. Three pits of 1.3 × 1 m were dug for soil collection in each plot. The soil layer was measured from 0 to 90 cm at intervals of 15 cm. Three undisturbed soil cores from each layer were collected with 100 cm³ cylindrical metal cores for the measurement of the saturated hydraulic conductivity (Ks, mm/min), bulk density (BD, g/cm³) and soil porosity (%). Five points were established in the four corners and center of each plot to collect disturbed soil samples with a 3.5 cm diameter soil auger. The samples from the five points of each layer within a plot were...
fully mixed as a composite sample for the measurement of soil organic matter (SOM, g/kg), soil specific gravity (SSG) and soil particle size distribution (clay, silt and sand, %). Another three undisturbed soil cores were collected from 0–10, 10–20, 20–40, 40–60, and 60–100 cm soil depths in each pit for the measurement of a soil water retention curve (SWRC).

2.3. Measurements

The weights of cylindrical metal cores ($m_0$) were first recorded before soil sampling. Soil cores with fresh soil samples were placed in a plastic container, and water was added to the plastic container until the water level reached approximately 0.5 cm. The soil cores were kept steeped for 12 h. After that, the soil cores were placed on dry sand for 2 h at room temperature, and the resulting weight was recorded ($m_1$). Then, the soil cores were moved back to the plastic container, and water was added until the water level just reached the top of the soil cores. After the soil cores were kept saturated for 24 h, the $K_S$ was measured by the constant-head method based on Darcy’s law. Initially, an empty cylinder of the same size was tightly secured to act as a reservoir, and a Mariotte bottle was used to keep a constant head ($4h$) in the core reservoirs [34]. Next, the water was allowed to flow down from the upper surface of the soil sample, and the outflow water was caught using a plastic bottle and weighed in 30-min intervals. Last, the steady-state flow, Q, was defined as a change in flux smaller than 0.05 g over five consecutive readings [5]. The $K_S$ at the experimental temperature was calculated using Equation (4). Finally, the soil cores were placed in an oven to dry at 105 °C until constant weight ($m_2$).

Composite samples of approximately 1 kg were air-dried and sieved through a 2 mm sieve for the following measurements. The SSG and SOM contents were determined by the specific gravity bottle method [35] and the K$_2$Cr$_2$O$_7$–H$_2$SO$_4$ wet oxidation method [36], respectively. The particle size distribution was measured by the laser diffraction technique using a Mastersizer 2000 (Malvern Instruments, Malvern, UK) [12]. According to the classification system of USDA, the soil particle size was classified as sand (2–0.05 mm), silt (0.05–0.002 mm), and clay (<0.002 mm). The relevant formulas are as follows:

$$ BD = \frac{(m_2 - m_0)}{V} $$

(1)

$$ TP = 100 \times (1 - \frac{BD}{SSG}) $$

(2)

$$ CP = \frac{(m_1 - m_2)}{BD \times 100} \times (1 - \frac{BD}{SSG}) $$

(3)

$$ K_S = \frac{10QL}{4hAt} $$

(4)

$$ K_{10} = K_S / (0.7 + 0.03T) $$

(5)

where BD is the soil bulk density (g/cm$^3$); V is the volume of the cylindrical metal core (cm$^3$); TP is the total soil porosity (%); CP is the capillary porosity (%); $K_S$ is the saturated hydraulic conductivity (mm/min); 10 is a unit conversion factor that converts the $K_S$ from centimeters per minute to millimeters per minute; Q is the stable percolation volume of water (cm$^3$); L is the length of the sample (cm); A is the cross-sectional area of the sample (cm$^3$); $4h$ is the difference in the water head (cm); t is the time interval (min); and T is the experimental temperature (°C). $K_{10}$ is the $K_S$ measured at 10 °C. Hereafter, $K_S$ denotes the saturated hydraulic conductivity at 10 °C.

The SWRC was measured in the laboratory using a centrifuge (CR21G, Hitachi, Tokyo, Japan) [37]. Before the measurement, samples were first saturated in water for 24 h. Then, the soil samples were centrifuged at 20 °C from low speed to high speed in order and weighted at water balance. In this study, we mainly measured the weights of the samples at pressure heads of 102, 204, 408, 612, 816, 1020, 2040, 4080, 6120, 8160, and 10,200 cm H$_2$O. After that, the samples were oven-dried at 105 °C for 24 h to obtain the soil dry mass and to calculate the soil volumetric water content (cm$^3$/cm$^3$). To this end, the van Genuchten (VG) model was used to fit the data and to derive the VG equation parameters for each sample [38]. According to the SWRC, the volumetric water content at pressure heads of 300 and 15,000 cm H$_2$O was calculated, representing the field water capacity (FWC, cm$^3$/cm$^3$) and the wilting
water content (WWC, cm\(^3/cm^3\)), respectively. The available water content (AWC, cm\(^3/cm^3\)) was the difference between the FWC and the WWC. The relevant formulas are as follows:

\[
\theta = \frac{\theta_s - \theta_r}{1 + |\alpha h|^m} + \theta_r \left( m = 1 - \frac{1}{n}, 0 < m < 1 \right)
\]

where \(\theta\) is the volumetric water content (cm\(^3/cm^3\)), \(\theta_s\) is the saturated water content (cm\(^3/cm^3\)), \(\theta_r\) is the residual water content (cm\(^3/cm^3\)), \(\alpha\) is the scaling parameter related to the inverse of the air entry pressure (cm\(^{-1}\)), \(n\) is the curve-shape parameter related to the pore size distribution, and \(h\) is the metric potential (cm H\(_2\)O).

### 2.4. Statistical Analysis

The SWRC was fitted by RETention Curve software (Version 6.0, University of California, Riverside, CA, USA). We calculated the basic statistical parameters, such as the mean and standard error of the soil properties. The coefficient of variation was calculated for the SWRC parameters. The primary statistical characteristic analysis was carried out using SPSS software (20.0). The normality of the soil properties was tested using the Kolmogorov–Smirnov test at the \(p = 0.05\) significance level before statistical analysis. One-way analysis of variance (ANOVA) was applied to compare the differences in soil properties among various vegetation types and soil depths. When the ANOVA results were significant according to the F values, Duncan’s test at \(p < 0.05\) was performed to compare the means of the soil variables. Pearson’s correlation analysis, multiple regression analysis and path analysis were conducted to investigate the relationships among soil properties.

### 3. Results

#### 3.1. Differences in the Soil Physicochemical Properties of the Three Forests

##### 3.1.1. Soil Organic Matter and Bulk Density

As shown in Figure 2a, the SOM content of each forest showed significant surface enrichment in the soil profile. The SOM content of the surface layer (15 cm) significantly increased along vegetation restoration with values ranging from 29.9 g/kg to 54.8 g/kg. The ratio of the subsurface (30 cm) value to the surface value was 49.1%, 40.9%, and 42.8% in BF, MF, and PF, respectively. When averaged across the 0–90 cm depth, the SOM content was ranked as BF (25.3 g/kg) > MF (16.0 g/kg) > PF (12.1 g/kg). The soils collected from BF had significantly higher SOM contents than the others.

![Figure 2a](image_url)

**Figure 2.** Soil organic matter (a) and bulk density (b) of the 0–90 cm soil layer of different forests. Values are the means ± SE. Lowercase letters above the columns represent statistically significant differences among stand types for the same soil layer (Duncan’s test, \(p < 0.05\)). Abbreviations: SOM, soil organic matter; BD, bulk density; PF, *Pinus massoniana* forest; MF, mixed *Pinus massoniana* broad-leaved forest; BF, monsoon evergreen broad-leaved forest.
In general, the BD increased with increasing soil depth (Figure 2b). The BD of BF, MF and PF increased from 1.2 g/cm³, 1.3 g/cm³, and 1.4 g/cm³ at the 0–15 cm depth to 1.4 g/cm³, 1.5 g/cm³, and 1.6 g/cm³, respectively, at the 75–90 cm depth. The value of the surface soil was significantly lower than that of other soil layers. When averaged across the 0–90 cm depth, there was a significant difference in the BD between forests, i.e., BF (1.3 g/cm³) < MF (1.4 g/cm³) < PF (1.5 g/cm³).

3.1.2. Soil Particle Composition

As shown in Figure 3, there was no significant difference in all levels of particles among the soil layers in PF. When averaged across the 0–90 cm depth, the proportion of sand was significantly higher (50.3%), and the silt and clay contents were significantly lower (26.4% and 23.3%, respectively) in PF than in the other forests. The sand content of MF decreased from 48.4% to 27.7% as soil depth increased, which was significantly lower than that of PF. The average silt content of MF (28.0%) was similar to that of PF for the 0–90 cm depth. The change trend of the clay content of MF in the vertical section was opposite to that of the sand content, with a mean value of 35.6%, similar to BF (34.4%). When averaged across the 0–90 cm depth, the sand content of BF (30.6%) was significantly lower than that of other forests, and the total proportion of the silt and clay was 69.4%.

3.1.3. Soil Pore Distribution

As shown in Figure 4, the TP decreased with increasing soil depth, and the corresponding value of surface soil was significantly higher than that of the other soil layers. The TP of BF was always significantly higher than that of the other forests within the 0–90 cm layer, and there was no significant difference in the TP of MF and PF in the soil layers below 60 cm. When averaged across the 0–90 cm depth, the TP was 49.5%, 44.7%, and 41.7% in BF, MF, and PF, respectively.

**Figure 3.** Soil mechanical composition including sand (a), silt (b), and clay (c) contents of the 0–90 cm soil layer of the different forests. Values are the means ± SE. Lowercase letters above the columns represent statistically significant differences among stand types for the same soil layer (Duncan’s test, p < 0.05). Abbreviations: PF, *Pinus massoniana* forest; MF, mixed *Pinus massoniana*/broad-leaved forest; BF, monsoon evergreen broad-leaved forest.

**Figure 4.** Soil porosity distribution of the 0–90 cm soil layer of BF (a), MF (b) and PF (c). Abbreviations: TP, total porosity; CP, capillary porosity; NCP, non-capillary porosity; PF, *Pinus massoniana* forest; MF, mixed *Pinus massoniana*/broad-leaved forest; BF, monsoon evergreen broad-leaved forest.
The CP was the main component of soil porosity in the three forests. The average CP/TP values were 0.82, 0.88, and 0.80 in BF, MF, and PF, respectively. The CP of all soil layers in PF was significantly lower than that in the other forests, and the corresponding values of BF and MF were similar. In general, the CP of BF and MF tended to decrease as the soil depth increased, and the CP of the 15–30 cm soil layer in BF was the highest (42.6%). When averaged across the 0–90 cm depth, the CP values were ranked as BF (40.3%) > MF (39.3%) > PF (33.0%). The mean NCP of MF (5.4%) was the lowest among the forests at the 0–90 cm depth, while the mean NCP of PF (8.6%) was close to that of BF (9.2%).

3.2. Differences in Soil Water and Hydraulic Properties of the Three Forests

3.2.1. Soil Water-Holding Characteristics

SWRC ($\theta$-$h$ relationships) was determined at pressure heads from 102 to 10,200 cm H$_2$O. The measured data were well fitted by the VG model, which had high determination efficiencies of more than 99%. The data in Figure 5 show that BF and MF had significantly larger moisture retention capacities of soil at any given pressure head compared to PF, especially at the 0–40 cm depth. There was no significant difference in the water-holding capacity between forests at the 40–100 cm depth.

![Soil water retention curves](image)

Figure 5. Soil water retention curves at depths of 0–10 cm (a), 10–20 cm (b), 20–40 cm (c), 40–60 cm (d), and 60–100 cm (e) in the three forests. Abbreviations: PF, *Pinus massoniana* forest; MF, mixed *Pinus massoniana* broad-leaved forest; BF, monsoon evergreen broad-leaved forest.

The parameters ($\alpha$, $n$) of SWRC in the different forests varied with the soil layer (Table 2). The mean $\alpha$ value of PF (0.005) was higher than that of BF (0.003) and MF (0.002). The coefficient of variation for $\alpha$ between forests increased in the order MF (0.203) < BF (0.211) < PF (0.248). There was little change in the range of $n$ values between the different soil layers of each forest, and the coefficient of variation ranged between 0.013 and 0.014. The mean $n$ value among forests showed a decreasing sequence of PF (1.193) > MF (1.174) > BF (1.171).

As shown in Table 3, when averaged across the 0–100 cm depth, the $}\theta_5$ between forests ranked as BF (0.43 cm$^3$/cm$^3$) > MF (0.42 cm$^3$/cm$^3$) > PF (0.35 cm$^3$/cm$^3$). The FWCs of BF (0.40 cm$^3$/cm$^3$) and MF (0.39 cm$^3$/cm$^3$) were similar and significantly greater than that of PF (0.31 cm$^3$/cm$^3$). The WWC was 0.23, 0.23, and 0.16 in BF, MF, and PF, respectively. Vegetation restoration gradually improved the AWC from 0.15 to 0.17 cm$^3$/cm$^3$. 

The measured data were well fitted by the VG model, which had high determination efficiencies of more than 99%. The data in Figure 5 show that BF and MF had significantly larger moisture retention capacities of soil at any given pressure head compared to PF, especially at the 0–40 cm depth. There was no significant difference in the water-holding capacity between forests at the 40–100 cm depth.
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Table 2. Parameters describing the soil water retention curve for the three forests across soil depth.

| Soil Layer (cm) | BF    | MF    | PF    |
|-----------------|-------|-------|-------|
|                 | α     | n     | R²    | α     | n     | R²    | α     | n     | R²    |
| 0–10            | 0.003 | 1.182 | 0.993 | 0.002 | 1.184 | 0.994 | 0.005 | 1.216 | 0.997 |
| 10–20           | 0.003 | 1.149 | 0.991 | 0.002 | 1.183 | 0.994 | 0.005 | 1.201 | 0.995 |
| 20–40           | 0.003 | 1.158 | 0.993 | 0.002 | 1.187 | 0.994 | 0.006 | 1.184 | 0.994 |
| 40–60           | 0.002 | 1.188 | 0.993 | 0.003 | 1.151 | 0.996 | 0.004 | 1.171 | 0.993 |
| 60–100          | 0.002 | 1.180 | 0.992 | 0.002 | 1.167 | 0.996 | 0.003 | 1.191 | 0.991 |
| Average         | 0.003 | 1.171 | 0.992 | 0.002 | 1.174 | 0.995 | 0.005 | 1.193 | 0.994 |

a: Scaling parameters related to the inverse of the air entry pressure; n: Curve-shaped parameters related to the pore size distribution. Abbreviations: FWC, field water content; WWC, wilting water content; AWC, available water content; BF, monsoon evergreen broad-leaved forest; PF, Pinus massoniana forest; MF, mixed Pinus massoniana/broad-leaved forest.

Table 3. Effect of various forests on soil water retention characteristics across the 0–100 depth.

| Stand Type | FWC (cm³/cm³) | WWC (cm³/cm³) | AWC (cm³/cm³) |
|------------|---------------|---------------|---------------|
| BF         | 0.43 ± 0.02 a | 0.40 ± 0.01 a | 0.23 ± 0.01 a |
| MF         | 0.42 ± 0.01 a | 0.39 ± 0.01 a | 0.23 ± 0.00 a |
| PF         | 0.35 ± 0.01 b | 0.31 ± 0.01 b | 0.16 ± 0.01 b |

θᵣ indicates the saturated water content. Abbreviations: FWC, field water content; WWC, wilting water content; AWC, available water content; BF, monsoon evergreen broad-leaved forest; PF, Pinus massoniana forest; MF, mixed Pinus massoniana/broad-leaved forest. Values are the means ± SE. Lowercase letters represent statistically significant differences among stand types (Duncan’s test, p < 0.05).

3.2.2. Saturated Hydraulic Conductivity

As shown in Figure 6, the Kₛ values in different forests decreased as the soil depth increased, with ranges of 0.37 to 1.57 mm/min, 0.04 to 0.86 mm/min, and 0.03 to 0.24 mm/min in BF, MF, and PF, respectively. Across all forests, the Kₛ values in the topsoil were significantly higher than those in the subsoil, and the Kₛ values tended to be stable in the soil layers below 30 cm or 45 cm. For the same soil layer among different forests, the Kₛ values of BF were always significantly higher than those of the other forests. There were significant differences in the Kₛ values in the topsoil between forests, i.e., BF (1.57 mm/min) > MF (0.86 mm/min) > PF (0.24 mm/min). However, there was no significant difference in the Kₛ values between MF and PF below the surface layer. When averaged across the 0–90 cm depth, the Kₛ value of BF (0.75 mm/min) was significantly higher than that of the other forests and was 6.94 times that of PF. The Kₛ values of MF and PF were 0.24 and 0.11 mm/min, respectively.

Figure 6. Distribution of Kₛ along the soil profile (a) and the differences in average Kₛ in the different forests (b) in Dinghushan. Values are the means ± SE. Lowercase letters above the columns represent statistically significant differences among stand types (Duncan’s test, p < 0.05). Abbreviations: Kₛ, saturated hydraulic conductivity; BF, Pinus massoniana forest; MF, mixed Pinus massoniana/broad-leaved forest; PF, monsoon evergreen broad-leaved forest.
3.3. Relationship between Soil Properties and $K_S$

Table 4 shows the relationship between different soil properties. The soil water-holding characteristics of the above three forests were mainly affected by pore distribution and texture. The $K_S$ was closely related to the soil porosity, silt content, BD and SOM. Furthermore, the absolute value of the correlation coefficients showed a decreasing sequence of BD (0.905) > SOM (0.904) > TP (0.878) > CP (0.638) > silt (0.538) > NCP (0.504). Due to the strong interaction between soil properties, multiple stepwise regression analysis was used to select the optimal factors that influenced the $K_S$. Eight factors, sand ($X_1$), silt ($X_2$), clay ($X_3$), BD ($X_4$), TP ($X_5$), CP ($X_6$), NCP ($X_7$), and SOM ($X_8$), were taken as the independent variable factors, and $K_S$ was the dependent variable $Y$. When the independent variable factors silt ($X_2$) and SOM ($X_8$) were included, the model had the highest coefficient of determination ($R^2$) of 0.92, which was statistically significant. The regression equation was expressed as:

$$Y = -1.029 + 0.031X_2 + 0.026X_8$$  \(7\)

where $Y$ denotes $K_S$ (mm/min).

This indicated that SOM and silt contents were the main drivers of $K_S$ in this study area. To determine the direct and indirect effects of the above two soil properties on $K_S$, the path analysis method was further used for analysis. The residual path coefficient was 0.28, and the Durbin Watson statistic was 1.16, indicating that the result of path analysis was reliable. As shown in Figure 7, the direct path coefficient of SOM (0.82) for $K_S$ was greater than that of the silt content (0.32), while the indirect path coefficient of SOM for $K_S$ based on the silt content was 0.08.

**Figure 7.** Path diagram for the relationship between $K_S$ and the main effective soil properties. The magnitude of the numerical values in the figure indicates the level of effects between the factors. Abbreviations: $K_S$, saturated hydraulic conductivity; SOM, soil organic matter.
Table 4. Pearson’s correlation coefficients among soil properties.

| Index | FWC | WWC | AWC | $\theta_S$ | $\alpha$ | $\pi$ | TP | CP | NCP | BD | SOM | Sand | Silt | Clay |
|-------|-----|-----|-----|-----------|--------|------|----|----|-----|----|-----|------|------|------|
| $K_S$ | 0.20 | 0.20 | 0.10 | −0.29 | −0.11 | 0.88 ** | 0.64 ** | 0.50 * | −0.91 ** | 0.90 ** | −0.13 | 0.54 * | −0.13 |
| FWC  | 1    | 0.96 ** | 0.71 ** | 0.98 ** | −0.79 ** | −0.54 * | 0.27 | 0.67 ** | −0.54 * | −0.30 | 0.15 | −0.71 ** | 0.48 | 0.63 * |
| WWC  | 1    | 0.48 | 0.91 ** | −0.81 ** | −0.74 ** | 0.27 | 0.71 ** | −0.59 * | −0.30 | 0.11 | −0.76 ** | 0.45 | 0.71 ** |
| AWC  | 1    | 0.77 ** | −0.43 | 0.16 | 0.18 | 0.32 | −0.18 | −0.19 | 0.20 | −0.30 | 0.36 | 0.18 |
| $\theta_S$ | 1 | −0.66 ** | −0.50 | 0.18 | 0.56 * | −0.51 | −0.21 | 0.12 | −0.66 ** | 0.40 | 0.60 * |
| $\alpha$ | 1 | 0.39 | −0.41 | −0.75 ** | 0.44 | 0.40 | −0.14 | 0.68 ** | −0.61 * | −0.53 * |
| $\pi$ | 1 | −0.09 | −0.47 | 0.54 * | 0.12 | 0.05 | 0.57 * | −0.16 | −0.62 * |
| TP  | 1 | 0.78 ** | 0.50 * | −0.99 ** | 0.80 ** | −0.35 | 0.65 ** | 0.10 |
| CP  | 1 | −0.15 | −0.80 ** | 0.47 * | −0.65 ** | 0.64 ** | 0.50 * |
| NCP | 1 | −0.47 | 0.61 ** | 0.35 | 0.14 | −0.54 * |
| BD  | 1 | −0.84 ** | 0.31 | −0.59 ** | −0.08 |
| SOM | 1 | 0.11 | 0.26 | −0.30 |
| Sand | 1 | −0.73 ** | −0.93 ** |
| Silt | 1 | 0.41 |
| Clay | 1 |

* $\alpha$ indicates scaling parameters related to the inverse of the air entry pressure; $\pi$ indicates curve-shape parameters related to pore size distribution and $\theta_S$ indicates the saturated water content. Abbreviations: $K_S$, saturated hydraulic conductivity; FWC, field water content; WWC, wilting water content; AWC, available water content; TP, total porosity; CP, capillary porosity; NCP, non-capillary porosity; BD, bulk density; SOM, soil organic matter; ** $p < 0.01$; * $p < 0.05$. 
4. Discussion

Soil development is closely related with topography, parent rock, vegetation, climate, and time [39]. The three undisturbed forests mentioned above are similar in topography and elevation, and the soil all develop on the same parent rock [28,40], so the difference in soil properties have mainly been affected by the biome [31]. Along with the process of natural vegetation restoration, the SOM content significantly increased, which has been confirmed by a large number of studies [6,15,41]. The SOM of forests mainly derives from litterfall input, and the accumulation of SOM is beneficial to the improvement of the soil physical structure [11,42,43]. The increase in SOM promotes microbial activity and the growth of the root system. The physical interpenetration of root growth is conducive to the development of soil pores, and the chemical conditions created by the exudation of organic acids by roots and microorganisms promote the decomposition of soil particles, which ultimately lead to a decrease in BD [44,45]. Along the soil profile, the BD of surface soil in different forests was significantly lower than that of other soil layers. A possible explanation for this was that the large amount of organic matter from decomposing litter first returned to the surface layer, and the improvement in the surface soil structure was the strongest. In the deep layer, the SOM decreased greatly, and the soil compaction caused by deep root growth increased the BD [10].

In this study, soil particles developed towards fine grains during the forest recovery process, consistent with the results of Błońska et al. [7] and Oktavia et al. [46]. It was worth noting that the clay content of soil in BF was similar to that in MF. The alternation of dry and wet seasons here was beneficial to the leaching of soil colloids, which drove the migration of clay particles from topsoils to deep soils. Soil particle composition was one of the main factors that determined the soil pore structure. Analysis data showed that the CP was significantly correlated with all soil particles in this area. Moreover, the CP decreased with deeper soil layers in different forests, which might also be related to the variation trend of SOM along the soil profile. The increase in SOM was conducive to soil agglomeration, which promoted soil pore formation [11]. Generally, the transformation of the soil structure would affect the soil water-holding capacity, and then the soil moisture condition changes. The soil water-holding capacity was highly correlated with the clay particles, and could be indicated by the parameter $\alpha$ in the VG model [47]. In this study, the correlation coefficient between CP, clay and the $\alpha$ value was 0.75 ($p < 0.01$) and 0.53 ($p < 0.05$), respectively. The improvement of the local soil water-holding capacity was mainly realized by the increasing quantity of clay particles and CP. It could be seen from the water-holding characteristics between forests that the water storage potential of the middle- and late-recovery-stage forests increased significantly, providing a stable water environment for vegetation growth. A good soil moisture environment might be one of the important factors promoting vegetation development in this area. Overall, vegetation restoration significantly improved the soil water storage capacity and stable soil water supply capacity, which was also reported by Owuor et al. [3] and Li et al. [42].

Vegetation restoration also gradually increased the $K_S$, which was consistent with the research results of Hassler et al. [48], Leite et al. [1] and Li et al. [42]. The SOM and silt particles were the main factors that affected $K_S$ in this region, and the direct effect of SOM on $K_S$ was the strongest. Zema et al. also reported that the SOM was one of the key parameters in driving the soil hydraulic characteristics of pure even-aged Spanish black pine stands [6]. In general, SOM affected the hydraulic properties by improving the quality of the soil colloids, and the condition and volume of soil pores played a controlling role in water permeability [47,49,50]. A study by Hao et al. showed that $K_S$ was mainly affected by soil porosity and water-stable aggregates in subtropical forests [51]. In this study, the correlation coefficient between TP and $K_S$ was 0.878 at a significant level. We assumed that the SOM content were conducive to the reduction of BD and thereby had an effect on $K_S$ by increasing the soil porosity. Except for the surface layer, the $K_S$ of MF in the other soil layers was higher than that of PF, but the difference was not significant, which might be related to the gradual decrease of SOM content below the surface layer of MF. A low organic matter content beneath the surface soil led to poor stability of the soil structure and high dispersion of soil particles, easily forming a dense and
thick shell during water flow [41,52]. In addition, the proportion of CP in MF was the highest among forests, and the clay particles gradually moved down and blocked the pores in the process of water flow, which greatly weakened the permeability of the soil [10,53].

The improvement of the $K_S$ reduced surface runoff and erosion, thus effectively replenishing soil moisture and groundwater resources [3,6]. It could be seen from Figure 8 that the accumulation rate of SOM was fast before the middle recovery stage and then slowed down. The $K_S$ increased with the increase in SOM, and the relationship of them could be fitted by a linear function ($y = -0.149 + 0.029x, R^2 = 0.815$). We could predict that the regional eco-hydrological benefits will gradually improve with the maturation of the stands planted in Guangdong in 1980s, which is of positive significance for the response to the extreme precipitation pattern in the future [21].

![Figure 8. The variation trend of average SOM content across the 0–90 depth with vegetation restoration time (a) and the relationship between the SOM and $K_S$ (b). Abbreviations: SOM, soil organic matter; $K_S$, saturated hydraulic conductivity.](image)

Overall, vegetation restoration had significant effects on the amelioration of soil quality. The increase amount of litter return played an important role in leading to such a change. Thus, more efforts should be taken to protect the forest litter. Furthermore, the transformation of soil hydraulic performance by vegetation depended on the change in soil depth. For surface soil layer, the soil water-holding capacity and $K_S$ improved obviously when the vegetation was restored to the middle stage. Therefore, the form of mixed forests should be further emphasized in future afforestation practice in order to improve the eco-hydrological benefits in South China.

5. Conclusions

Vegetation restoration has continuously improved the soil physicochemical properties and hydraulic characteristics in South China. The continuous accumulation of SOM has decreased the bulk density and improved the total porosity and soil hydraulic properties. The clay content and capillary porosity of soil in the middle- and late-recovery-stage forests were significantly higher than those in the early stage, which was consistent with the soil water-holding capacity. The $K_S$ values of BF were always significantly higher than those of the other forests. In the whole soil profile, the water-holding capacity and $K_S$ in the topsoil (above 30 cm depth) were significantly higher than those in the deep soil. Further analyses indicated that the SOM was the main driver of $K_S$, and the relationship of them could be fitted by a linear equation. Overall, vegetation restoration gradually ameliorated the soil hydraulic properties alongside soil structural improvement, especially the surface layer. The SOM played a key role in improving soil quality in South China. The results of the study could provide sufficient strategies for eco-environment rehabilitation and forest management.

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Abbreviations

| Abbreviation | Definition |
|--------------|------------|
| PF           | *Pinus massoniana* forest |
| MF           | mixed *Pinus massoniana*/broad-leaved forest |
| BF           | monsoon evergreen broad-leaved forest |
| OLT          | other land-use types |
| SOM          | soil organic matter |
| SSG          | soil specific gravity |
| BD           | bulk density |
| CP           | capillary porosity; |
| NCP          | noncapillary porosity |
| TP           | total porosity |
| SWRC         | soil water retention curve |
| FWC          | field water content |
| WWC          | wilting water content |
| AWC          | available water content |
| Ks           | saturated hydraulic conductivity |
| K10          | the saturated hydraulic conductivity measured at 10 °C |
| VG           | van Genuchten |
| ANOVA        | One-way analysis of variance |

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