Abstract: The exploitation of genetic diversity within agricultural plants, including grapevine, is suggested as a valuable tool to cope with the negative impacts of climate change on yield and crop quality. In some winegrowing regions of Europe, there is a renewed interest in knowing the grapevine genetic resources available, focusing on the prospection, recovery, and study of ancient cultivars typical of every zone. Grapevines are naturally associated with arbuscular mycorrhizal fungi (AMF), which provide some benefits to the host plant, although such effects depending on many factors, including variety. Therefore, the aim of this research was to characterize the potential fruit quality of eight old grapevine varieties recovered in Navarre (northeastern of the Iberian Peninsula), associated or not with AMF. The study was carried out on fruit-bearing cuttings grown under controlled conditions (greenhouse). Overall, AMF inoculation reduced bunch and berry mass, as well as phenolic content in fruits. In some varieties, AMF association improved some berry traits by increasing the concentrations of soluble solids and anthocyanins; in others, berry colour, total phenolic and anthocyanin content were diminished in AMF-inoculated plants. The results, therefore, suggest that intraspecific diversity of old grapevines could include different abilities to respond to arbuscular mycorrhizal symbiosis.

Keywords: anthocyanins; intraspecific diversity; mycorrhizal association; old grapevine varieties; phenolic compounds; soluble sugars

1. Introduction

Grapevine (*Vitis vinifera* L.) is one of the most extensively cultivated species with a total global surface of 7.4 million hectares of vineyards, most of them dedicated to the production of wine (292 million hectoliters in 2018). Spain produced 44.4 million hectoliters, which represent, respectively, 15% and 23.5% of the world and the European wine production [1]. One of the most important consequences linked to the increased ambient temperatures predicted for the end of the present century is the production of unbalanced red wines with enhanced alcohol levels, decreased acidities and modified organoleptic properties such as reduced colour due to the decoupling effect of anthocyanins and sugars accumulated in the fruits [2,3].

Among the strategies suggested to cope with the next challenges of agriculture (e.g., climate change, sustainable production and/or competition in a global market) is the exploitation of the intraspecific genetic diversity within crops, including grapevines [4]. Thus, in some grapevine growing
regions of the Mediterranean zone, this approach is generating a renewed interest to know the genetic resources available in this species, both in collections and isolated in old vineyards [5–7]. Therefore, the prospection, recovery and study of ancient cultivars are becoming very important to preserve the genetic resources of a region. In Spain, there is an increasing interest to identify and recover forgotten ancient varieties to give a response to the market demanding regional typicity and diversity. These old cultivars show a very narrow regional distribution, but studies focused on their genetic and oenological characterization are showing new sorts of wines that can identify productions from local or small geographical regions, providing them with special recognitions [6,8–11]. Moreover, this trend attempts to counterbalance the rapid loss of genetic diversity in vineyards and could be a very positive strategy to maintain higher genetic diversity, as well as product diversity in the markets [12].

Another strategy which may alleviate the negative effects of the elevated air temperatures on the quality of red wines is to implement techniques based on the exploitation of carbon and nutritional competition between developing grapevine organs [13]. Under field conditions, grapevines are associated with arbuscular mycorrhizal fungi (AMF) [14,15]. The presence of AMF colonizing grapevines roots benefits nutrient uptake and plant vigour [16,17], but also, influence berry hormonal status and fruit ripening [18]. Several studies reported that AMF may modulate the synthesis of secondary metabolites in host plants, including grapevines [19]. In fact, it has been shown that the phenolic and anthocyanin accumulation of berries was increased in AMF colonized plants [18,20], which could result in wines with improved nutritional and nutraceutical value [21]. These positive effects have been related to differential activity of diverse enzymes in mycorrhizal plants leading to the production of terpenoids, flavonoids and polyphenols [22–24]. Moreover, the association of grapevines with AMF can induce the accumulation of aminoacids in berries, including those responsible for the aromatic characteristics of wines [25]. However, the AMF also represents an additional sink of carbon fixed by the host plant, because these fungi need plant sugars for their own growth and functioning. It has been calculated that the carbon flow from the host to AMF in roots may vary from 4 to 20% of total photoassimilates [26] depending on the relative activity, hierarchy and developmental stage of the different sinks within the plant [27]. To our knowledge, the impact of mycorrhizal inoculation to berry quality of ancient grapevine varieties is still unexplored.

Navarre, in the northeastern of the Iberian Peninsula, is an important grape-growing region in Spain giving high-quality wines. In 2018, this region produced 0.83 million hectoliters of wine and represented 2% of Spain wine production [28]. The prospection and recovery of old varieties of Navarre started in 2002 with the aim of preserving the genetic richness of old vineyards. However, it is mandatory to check the agronomical and enological traits of these varieties to establish its potential to produce quality wines. This evaluation should include the study of the phenology, plant development, yield, and fruit quality parameters. Moreover, there is an increasing interest from winegrowers for a better knowledge of the possible services which AMF could provide with respect to the adaptation to climate evolution and development towards sustainable viticulture. Therefore, the aim of this research was to characterize the potential fruit quality of eight old grapevine varieties isolated in Navarre, comparing plants inoculated or not with AMF. Potted vines were used to ensure that all the varieties experienced the same conditions and to control the application of AMF.

2. Materials and Methods

2.1. Biological Material

Dormant 400–500 mm long Vitis vinifera (L.) cuttings from different ancient grapevine varieties were collected during the winter of 2017 from an experimental vineyard of the Estación de Viticultura y Enología de Navarra (EVENA) (Olite, Spain). Some agronomic traits of the selected ancient varieties are shown in the Table 1. Cuttings were prepared for fruit-bearing according to the steps originally outlined by [29] with some modifications previously described by [20]. Rooted cuttings were transplanted in
6.5-L plastic pots containing a mixture of vermiculite–sand–light peat (2.5:2.5:1, v:v:v). The peat was previously sterilised at 100 °C for 1 h on 3 consecutive days.

Table 1. Summary of the agronomic characteristics of the ancient grapevine varieties used in this study. Data provided by the Estación de Viticultura y Enología de Navarra (EVENA) (Olite, Spain) were collected in 2018 from plants grown in the vineyard.

| Variety      | Clone | Code | Reproductive Cycle | Bunch Mass (g bunch⁻¹) | Berry Mass (g) |
|--------------|-------|------|--------------------|-------------------------|---------------|
| Tempranillo  | T23   | TEMP | Medium             | 329                     | 2.58          |
| Vidadillo    | T75   | VID  | Medium             | 326                     | 2.29          |
| Grand Noir   | T48   | GN   | Medium             | 173                     | 1.27          |
| Tinto Velasco| T73   | TV   | Medium             | 158                     | 2.13          |
| Graciano     | T72   | GRA  | Medium             | 85                      | 1.17          |
| Morate       | T71   | MO   | Long               | 216                     | 1.65          |
| Pasera       | T85   | PAS  | Long               | 449                     | 2.63          |
| Ambrosina    | T46   | AMB  | Long               | 219                     | 1.74          |

At transplanting, half of the plants (+M) were inoculated with the mycorrhizal inoculum Bioradis Gel (Bioera SLU, Tarragona, Spain). The inoculum was a mixture of five AMF (Septoglomus deserticola, Funneliformis mosseae, Rhizoglomus intraradices, Rhizoglomus clarum, and Glomus aggregatum), and contained 100 spores per g of inoculum and a mixture of rhizobacteria belonging to the genera Bacillus and Paenibacillus (2 × 10⁶ CFU g⁻¹). Mycorrhizal inoculum was produced by using trap plants for each type of mycorrhizal fungus, and then all AMF were mixed according the commercial formulation.

The final commercial formulation included plant growth promoting rhizobacteria (PGPRs) because they can act synergistically with AMF to benefit host plants (Hernández, A. from Bioera SLU, personal communication). The microbial preparation was diluted in distilled water (1:20) to ensure that each plant could receive 1 g of product. The inoculation was performed by submerging roots of fruit-bearing cuttings in the Bioradis Gel for 15 min. In order to restore rhizobacteria and other soil free-living microorganisms accompanying AMF, uninoculated plants (-M) were submerged for 15 min in a filtrate of the abovementioned mycorrhizal inoculum. The filtrate was obtained by passing the mycorrhizal inoculum through a layer of 15–20 µm filter paper with particle retention of 2.5 µm (Whatman 42; GE Healthcare, Little Chalfont, UK). Microorganisms accompanying AMF play an important role in the uptake of soil resources as well as on the infectivity and efficiency of AMF isolates [30] and some PGPR, such as Bacillus spp. isolated from vineyards are known to benefit the basal immunity of grapevines against some pathogens [31]. By restoring the bacterial component of the mycorrhizal inoculum in the rhizosphere of the –M plants, differences between –M and +M plants are expected to be mainly due to the presence of AMF associated with +M plants.

2.2. Experimental Design

Fruit-bearing cuttings grew in a greenhouse, where growth conditions were 25/15 °C and 50/90% relative humidity (day/night) regime and natural daylight (photosynthetic photon flux density, PPFD, was on average 850 µmol m⁻² s⁻¹ at midday) supplemented with high-pressure sodium lamps (SON-T Agro Phillips, Eindhoven, Netherlands) to extend the photoperiod up to 15 h and ensure a minimum PPFD of 350 µmol m⁻² s⁻¹ at the level of the inflorescence. Humidity and temperature were controlled using M22W2HT4X transmitters (Rotronic Instrument Corp., Hauppaug, USA). PPFD was monitored with a LI-190SZ quantum sensor (LI-COR, Lincoln, USA). Under these conditions, bud-break took place after one week and only a single flowering stem was allowed to develop on each plant during growth. Fruit set (Eichhorn and Lorenz (E-L) growth stage 27) [32] took place one month after bud-break. Then, vegetative growth was controlled by pruning, thus maintaining a leaf area to fruit mass ratio enough for berry ripening in all the varieties (12-14 leaves per plant) [33].

Plants were watered twice per day with a nutrient solution with phosphorus level 0.30 mM alternated with water to maintain the soil water content at 80% of pot capacity [34]. When fruit maturity
was reached (E-L 38 stage) plants were harvested separately based on sugar level (ca. 21–23 °Brix)
from berry subsamples (2-3 berries) taken weekly. There were 3 or 4 replicates for each combination of
treatment (+M and −M) and variety.

2.3. Plant Determinations

The length of phenological phases was recorded independently for each plant as the number
of days from fruit set (E-L 27 stage) to when half of the berries of the bunch were coloured (E-L 35
stage, veraison), and from veraison (E-L 35 stage) to maturity (E-L38 stage). At harvest, bunches were
weighed, and 10 berries from each plant were collected and weighed individually. Mean fresh berry
mass was determined and berries were separated into skin and flesh. The remaining berries were
frozen at −20 °C for further analysis. The relative skin mass was calculated as the quotient between
skin fresh matter (FM) and total berry FM expressed as a percentage.

For determining mycorrhizal colonization, root samples were cleared and stained following the
procedure described in [35]. A potassium hydroxide solution (10% w:v) was added to the roots which
were placed in an oven at 70 °C for 2 h. After rinsing with water, roots were clarified by the addition of
H2O2 (3% v:v) and subsequent washing with water. Then, they were acidified by soaking in HCl (1%
v:v) for 5-15 min and stained in a solution of methyl blue: lactic acid (1% w:v) at 70 °C for 1 h. Stained
roots were stored in a mixture of glycerol, water, and HCl 1% (500:450:50, v:v:v) until quantification.
The percentage of mycorrhizal colonization was determined under a stereoscopic microscope (15-20 x
overall magnification) by the plate intersection method (100–130 intersections for each sample, one
sample per plant [36].

2.4. Berry Determinations

A subsample of 25 berries was crushed and then extracts were centrifuged at 6000× g at 4 °C for
10 min. The supernatant was used for the following determinations: total soluble solids measured with
a temperature-compensating refractometer (Zuzi model 315; Auxilab, Beriáin, Spain) and expressed as
°Brix; must pH measured with a pH meter (Crison Instruments, Barcelona, Spain) standardised to pH
7.0 and 4.0; titratable acidity measured by titration with NaOH according to International Organisation
of Vine and Wine methods [37]; and L-malic acid measured by an enzymatic method (Enzytec L-Malic
Acid; R-Biopharm, Darmstadt, Germany).

Another 25-berry subsample per plant was taken for the analysis of anthocyanins, total phenols and
chromatic properties. Total and extractable anthocyanins were determined according to the procedure
described by [38]. Two samples of the non-filtered, crushed grape homogenate were macerated for 4h
at pH 1 (hydrogen chloride) and pH 3.2 (tartaric acid), respectively. Then, the macerated samples were
centrifuged at 6000× g at 4 °C for 10 min. Total and extractable anthocyanins were determined in both
supernatants (macerated at pH 1 and pH 3.2) according to [39] by reading absorbance at 520 nm. Both
data were used to calculate the cellular extractability (EA) of anthocyanins [40]. The seed maturity
(SM) index was calculated by the Glories method [40]. Total polyphenol index (TPI) was calculated by
the absorbance reading at 280 nm in the supernatant obtained after maceration at pH 3.2 [41]. Colour
density was calculated by adding the absorbance readings at 420, 520 and 620 nm, whereas tonality
index was determined as the ratio of absorbance readings at 420 and 520 nm of the samples extracted
at pH 3.2 [42].

2.5. Statistical Analyses

Statistical analyses were carried out using the Statistical Package for the Social Sciences (SPSS)
software (SPSS Inc., Chicago, IL, USA) version 22.0 for Windows. Data were analyzed by principal
component analysis (PCA) to determine general trends in the different samples. Bartlett’s test of
sphericity and the Kaiser–Meyer–Olkin (KMO) test were calculated to assess the suitability of the data
to PCA. Then, an analysis of variance (ANOVA) was employed once proved that the data met the
assumptions of normality (Shapiro-Wilks’s test) and homoscedasticity (Levene’s test) with a threshold
of 0.05. When ANOVA was statistically significant \((p \leq 0.05)\), the differences among groups were tested with a Duncan test post-hoc test. Results were considered statistically significant if \(p \leq 0.05\).

3. Results

The ancient grapevine varieties tested in this study have significant diversity for some agronomic traits such as length of cycle, yield, bunch mass and berry mass (Table 1). Under field conditions, Tempranillo (TEMP), Vidadillo (VD), Grand Noir (GN), Tinto Velasco (TV) and, Graciano (GRA) were characterized by a shorter reproductive cycle than Morate (MO), Pasera (PAS) and, Ambrosina (AMB). Under our experimental model, the inoculation of the ancient varieties with AMF resulted in a quite similar percentage of mycorrhizal colonization of the roots among them, ranging between 75 and 91% (Figure 1). Solely, AMB attained a mycorrhization percentage significantly higher than that of GRA and MO.

![Figure 1](https://example.com/figure1.png)

**Figure 1.** Percentage of mycorrhizal colonization of roots from fruit-bearing cuttings of ancient grapevine varieties. Values are means ± S.E. \((n = 3)\). Bars topped by the same letter do not differ significantly \((p > 0.05)\) according to Duncan’s test. The variety labels can be found in Table 1.

3.1. Principal Component Analysis

Considerable descriptive data regarding yield and fruit quality were collected from eight old grapevine varieties recovered in Navarre (Spain). The principal component analysis (PCA) was conducted to determine general trends in the different genotypes and treatments. In particular, this analysis provided a tool to describe the main differences among the varieties studied in terms of plant characteristics and berry composition, as well as to identify the variables involved in their response to AMF association, thus helping to elucidate which of the genotypes studied performed better with the AMF inoculation. Our hypotheses were: i) the varieties studied performed differently according to the parameters analyzed; ii) the association with AMF can modulate in a different way the performance of the varieties. Figure 2 shows the score plot obtained by PCA, where samples of each grapevine variety, either inoculated or not, are grouped in the plot of the first and second principal components: PC1 versus PC2. Here, PC1 accounted for about 38% of the total variance, while PC2 covered 15%. AMF inoculated or uninoculated plants could not be clearly distinguished (Figure 2a). However, varieties were separated along PC1 where a clear distinction was observed between VD and MO with respect to GRA and TV. The loading plot highlighted the importance of the grape anthocyanin content (total and extractable anthocyanins) and anthocyanin to soluble solids ratio, to a larger extent, but also fruit set-maturity cycle, bunch mass, must pH, titratable acidity, to a lesser extent, in explaining variance
across PC1 (Figure 2b). PC2 allowed establishing a difference among varieties in relation to TPI and the total soluble solids. According to this result, GRA and TV stood out for having a higher anthocyanin content and anthocyanin to sugar ratio, whereas VD and MO were characterized by presenting higher must pH and longer fruit set to maturity period.

With the aim to understand the different performances of varieties within each treatment (inoculated with AMF or uninoculated) two more PCA were conducted (Figure 3). Figure 3a,b show the score and the loading plots generated for uninoculated (-M) treatment, while Figure 3c,d correspond to AMF inoculated condition (+M). Within uninoculated treatment, the varieties were separated both along PC1, which explained the 35.18% of the variance, and PC2, which covered 18.65% (Figure 3a). GRA and PAS were the most differentiated varieties due to PC1 according the content of extractable anthocyanins and relative skin mass (both higher in GRA), as well as, bunch mass and length of phenological development (both higher in PAS) (Figure 3b). On the other hand, the two first principal components from data of AMF inoculated treatment covered 48.30% and 16.76% of the total variance, respectively (Figure 3c). Interestingly, a higher dispersion among varieties was observed in this treatment compared with the uninoculated one. In particular, VD was more separated from the rest of varieties by PC1 than in the analysis of uninoculated treatment. Such segregation was related to a lower content of total and extractable anthocyanins, extractability (EA), titratable acidity, and lower anthocyanins to soluble solids ratio, as well as a longer fruit set to maturity period and pH (Figure 3d). In addition, PC2 established a higher difference between TV and the rest of varieties, which was associated with lower TPI values in this cultivar.
Figure 2. Principal component analysis score (a) and loading plot (b) obtained from the statistical analysis of plant and berry characteristics data of 56 studied samples from fruit-bearing cuttings of some ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or uninoculated (−M).
Figure 3. Principal component analysis score (a,c) and loading plot (b,d) obtained from the statistical analysis of plant and berry characteristics data of 28 studied samples from fruit-bearing cuttings of some ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (a,b) or uninoculated (c,d).
3.2. Plant Characteristics

Regarding phenology, under our experimental conditions, the variety was the main factor influencing phenology (Table 2). However, the length of ripening was affected by the interaction V×M ($p < 0.001$) being VD and AMB the varieties in which mycorrhizal colonization significantly modified the berry ripening period (Figure 4).

**Table 2.** Main effects and their interaction on phenology from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). The variety labels can be found in Table 1.

| Varieties | Fruit Set-Veraison (Days) | Veraison-Maturity (Days) | Fruit set-Maturity (Days) |
|-----------|--------------------------|--------------------------|--------------------------|
| **Main effects** | | | |
| Variety (V) | | | |
| TEMP | 83 ab | 14 d | 98 bcd |
| VID | 84 ab | 49 a | 133 a |
| GN | 74 b | 24 cd | 100 bcd |
| TV | 76 b | 13 d | 88 d |
| GRA | 62 c | 34 bc | 96 cd |
| MO | 78 ab | 41 ab | 115 b |
| PAS | 88 a | 22 cd | 107 bc |
| AMB | 82 ab | 28 c | 111 bc |
| Mycorrhization (M) | | | |
| -M | 77 a | 28 a | 103 a |
| +M | 81 a | 29 a | 110 a $^1$ |

**ANOVA** $^2$

| Variety (V) | | | |
| ns | *** | *** |
| Mycorrhization (M) | | | |
| ns | ns | ns |
| V × M | ns | *** |

$^1$ Values represent means ($n = 3-4$). Within columns, means followed by the same letter do not differ significantly ($p \geq 0.05$) according to Duncan’s test as affected by the main factors variety (V), mycorrhization (M) and their interaction (V × M). $^2$ Significance of the analysis of variance ($^1$ANOVA): ***$p < 0.001$; ns, not significant ($p \geq 0.05$).
Figure 4. Main phases of berry development recorded from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). Values are means ± S.E. (n = 3-4). Within each variety, asterisks (*) indicate significant differences (P ≤ 0.05) between +M and –M plants according to Duncan’s test. The variety labels can be found in Table 1.
The bunch and berry mass were significantly differed among varieties (Table 3). AMF inoculation affected bunch and berry size with different intensity depending on the variety, as indicates the significant interaction observed between factors (V × M, P < 0.001 and 0.05, respectively). However, the relative skin mass depended mainly on the variety factor, being GRA that which achieved the highest values. Mycorrhizal inoculation was the main factor contributing to reduction of bunch and berry mass. With respect to the varieties, +M plants of PAS and AMB obtained smaller bunch mass than −M whereas that AMF inoculation reduced berry mass of TV and PAS (Figure 5).

Table 3. Main effects and their interaction bunch characteristics from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). The variety labels can be found in Table 1.

| Varieties | Bunch Mass (g FM\(^3\) bunch\(^{-1}\)) | Berry Mass (g FM\(^{berry}\) \(^{-1}\)) | Relative Skin Mass (% berry FM) |
|-----------|--------------------------------------|----------------------------------------|-------------------------------|
| **Main effects** | | | |
| Variety (V) | | | |
| TEMP | 72.8 a | 0.86 bc | 20.9 bc |
| VID | 91.1 a | 1.41 a | 13.9 d |
| GN | 37.5 b | 0.81 bc | 16.1 cd |
| TV | 65.1 ab | 0.89 bc | 26.0 b |
| GRA | 39.5 b | 1.06 b | 33.6 a |
| MO | 67.3 ab | 1.16 ab | 14.6 d |
| PAS | 91.2 a | 0.99 bc | 14.1 d |
| AMB | 60.5 ab | 0.66 c | 17.7 cd |
| **Mycorrhization (M)** | | | |
| -M | 75.0 a | 1.08 a | 19.0 a |
| +M | 53.2 b | 0.84 b | 20.4 a\(^1\) |
| **ANOVA\(^2\)** | | | |
| Variety (V) | *** | *** | *** |
| Mycorrhization (M) | *** | *** | ns |
| V × M | *** | * | ns |

\(^1\) Values represent means (n = 3-4). Within columns, means followed by the same letter do not differ significantly (p ≥ 0.05) according to Duncan’s test as affected by the main factors variety (V), mycorrhization (M) and their interaction (V × M). \(^2\) Significance of the analysis of variance (ANOVA): *p < 0.05; ***p < 0.001; ns, not significant (p ≥ 0.05). \(^3\) FM indicates fresh matter.
Figure 5. Bunch characteristics from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). Values are means ± S.E. (n = 3-4). Within each variety, asterisks (*) indicate significant differences (p ≤ 0.05) between +M and –M plants according to Duncan’s test. The variety labels can be found in Table 1.
3.3. Berry Composition

The variety was the main factor modifying most of the traits related to organic acids content (must pH, titratable acidity and malic acid) whereas the AMF inoculation resulted in a high concentration of total soluble sugars (Table 4), which was significantly increased in +M plants of GN, PAS and AMB (Figure 6). Regarding the varieties, TV had the highest values of titratable acidity and malic acid, whereas VD had the lowest titratable acidity level along the highest must pH (Table 4). The effect of AMF inoculation on the chromatic characteristics of must (colour density and tonality index) varied depending on the cultivar, as indicates the significant interaction between these factors (V×M, p < 0.001 and 0.05, respectively). Specifically, AMF inoculation contributed significantly to the reduction of must tonality in TEMP, GN, PAS and AMB. The colour density was differentially affected by mycorrhiza, increasing in TV and decreasing in VD and MO.

### Table 4. Main effects and their interaction on must characteristics from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). The variety labels can be found in Table 1.

| Varieties | Total Soluble Solids (◦Brix) | Must pH | Titratable Acidity (g L⁻¹) | Malic Acid (g L⁻¹) | Colour Density (AU)³ | Tonality Index |
|-----------|-----------------------------|--------|---------------------------|-------------------|----------------------|--------------|
| TEMP      | 21.4 a                      | 3.50 b | 6.45 b                    | 5.43 a            | 5.8 c                | 1.09 ab       |
| VID       | 21.3 a                      | 3.80 a | 3.49 c                    | 2.51 b            | 7.0 c                | 0.93 abc      |
| GN        | 21.8 a                      | 3.28 b | 6.75 b                    | 2.97 b            | 19.5 a               | 0.89 bcd      |
| TV        | 21.5 a                      | 3.18 d | 8.89 a                    | 6.04 a            | 14.8 b               | 0.72 cd       |
| GRA       | 20.8 a                      | 3.36 bcd| 6.84 b                   | 3.07 b            | 14.6 b               | 0.63 d        |
| MO        | 21.3 a                      | 3.47 bc| 5.95 b                    | 3.26 b            | 20.8 a               | 1.17 a        |
| PAS       | 23.1 a                      | 3.50 b | 5.95 b                    | 3.99 b            | 11.7 b               | 0.94 abc      |
| AMB       | 22.5 a                      | 3.20 d | 5.98 b                    | 2.41 b            | 12.9 b               | 0.83 bcd      |
| -M        | 21.4 b                      | 3.42 a | 6.37 a                    | 3.89 a            | 13.4 a               | 0.98 a        |
| +M        | 22.1 a                      | 3.41 a | 6.07 a                    | 3.36 a            | 13.3 a               | 0.79 b ³      |

**ANOVA**²

| Variety (V) | ns | *** | *** | *** | *** | *** |
|-------------|----|-----|-----|-----|-----|-----|
| Mycorrhization (M) | ns | ns  | ns  | ns  | ns  | *** |
| V×M         | ns | ns  | ns  | ns  | *** | *   |

1 Values represent means (n = 3-4). Within columns, means followed by the same letter do not differ significantly (p ≥ 0.05) according to Duncan’s test as affected by the main factors variety (V), mycorrhization (M) and their interaction (V×M). ² Significance of the analysis of variance (ANOVA): *p < 0.05; **p < 0.01; ***p < 0.001; ns, not significant (p ≥ 0.05). ³ AU indicates absorbance units.

Regarding phenolic composition, data from the current study showed that the total phenolic content (TPI) diminished in response to AMF inoculation, but such reducing effect was variety-specific, TV, GRA, and MO being the most responsive cultivars (Figure 7). This differential pattern was emphasized by two-way ANOVA showing significant V×M interaction (p < 0.05) (Table 5). In addition, the anthocyanin content was also significantly modified by AMF inoculation, and +M plants accumulated more anthocyanins in berries than –M plants in most cases, even though the extent of the effect was dependent on variety (V×M, p < 0.001). GRA was the variety with the highest concentration of anthocyanins whereas VD was the sole variety in which anthocyanin synthesis was negatively affected by AMF inoculation (Figure 7). Similarly, a clear interaction between the two factors was observed for extractable anthocyanins and their extractability (EA) applied (V×M, p < 0.001) (Table 5). Thus, significant increases of EA were detected in +M plants of TEMP, MO, PAS, and AMB, whereas in VD, the opposite effect was detected (Figure 7). The presence of AMF did not affect the seed maturity (SM) index. Finally, the anthocyanin to soluble solids ratio was modulated by the two factors (variety and AMF inoculation), with a significant interaction between them (V×M, p < 0.01). Regarding the mycorrhization, the ratio between total anthocyanins and soluble solids was significantly higher in +M plants than in –M of most of the varieties tested (TEMP, TV, GRA, PAS, and AMB).
Figure 6. Must characteristics from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). Values are means ± S.E. (n = 3-4). Within each variety, asterisks (*) indicate significant differences (p ≤ 0.05) between +M and –M plants according to Duncan’s test. The variety labels can be found in Table 1. AU means absorbance units.
Figure 7. Phenolic composition of berries from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). Values are means ± S.E. (n = 3-4). Within each variety, asterisks (*) indicate significant differences (p ≤ 0.05) between +M and –M plants according to Duncan’s test. The variety labels can be found in Table 1. TPI: total polyphenol index; EA: cellular extractability of anthocyanins; SM: seed maturity; AU: absorbance units.
Table 5. Main effects and their interaction on phenolic composition from fruit-bearing cuttings of ancient grapevine varieties inoculated with arbuscular mycorrhizal fungi (+M) or non-inoculated (-M). The variety labels can be found in Table 1.

| Varieties | TPI³ (AU)⁴ | Total Anthocyanins (mg L⁻¹) | Extractable Anthocyanins (mg L⁻¹) | EA⁵ (%) | SM⁶ (%) | Anthocyanin/Soluble Solids (mg L⁻¹ °Brix⁻¹) |
|-----------|------------|-----------------------------|----------------------------------|---------|---------|-------------------------------------------|
| Main effects | | | | | | | |
| Variety (V) | | | | | | | |
| TEMP      | 45.3 b    | 527.4 cd                  | 202.0 bcd                       | 47.8 b  | 81.6 ab | 24.4 cde                                   |
| VID       | 36.5 bc   | 261.1 d                   | 139.5 d                         | 42.5 b  | 85.6 a  | 11.6 f                                     |
| GN        | 39.2 bc   | 871.6 ab                  | 268.4 b                         | 68.3 a  | 73.4 bcd| 40.3 ab                                    |
| TV        | 35.1 bc   | 758.5 bc                  | 230.0 bc                        | 68.9 a  | 70.8 cd | 35.2 bc                                    |
| GRA       | 59.5 a    | 1048.5 a                  | 407.4 a                         | 59.4 ab | 71.5 bcd| 50.5 a                                     |
| MO        | 41.8 bc   | 370.5 d                   | 186.4 cd                        | 47.2 b  | 81.1 abc| 16.1 ef                                    |
| PAS       | 33.0 bc   | 495.6 cd                  | 197.4 bcd                       | 53.2 ab | 74.2 bcd| 21.3 def                                   |
| AMB       | 32.2 c    | 649.5 bc                  | 248.4 bc                        | 56.2 ab | 69.3 d  | 28.5 cd                                    |
| Mycorrhization (M) | | | | | | | |
| -M        | 44.3 a    | 509.7 b                   | 230.3 a                         | 49.5 b  | 78.3 a  | 24.0 b                                     |
| +M        | 35.1 b    | 773.7 a                   | 241.1 a                         | 63.4 a  | 72.7 a  | 34.5 a¹                                   |
| ANOVA² | | | | | | | |
| Variety (V) | *** | *** | *** | *** | *** | *** |
| Mycorrhization (M) | *** | *** | ns | *** | ns | *** |
| V × M     | *         | **           | ***                           | ***    | ns      | **                                        |

¹ Values represent means (n = 3-4). Within columns, means followed by the same letter do not differ significantly (p ≥ 0.05) according to Duncan’s test as affected by the main factors variety (V), mycorrhization (M) and their interaction (V × M). ² Significance of the analysis of variance (ANOVA): *p < 0.05; **p < 0.01; ***p < 0.001; ns, not significant (p ≥ 0.05). ³ TPI: total polyphenol index; ⁴ AU: absorbance units; ⁵ EA: cellular extractability of anthocyanins; ⁶ SM: seed maturity.

4. Discussion

The characterization of berry quality of ancient grapevine varieties could play an important role in the future climate scenario, considering their specific wine profiles and capacity to adapt to climatic conditions [12,43]. The eight ancient cultivars tested in the present study could be fully distinguished by traits as the length of the reproductive cycle, bunch mass, must pH, titratable acidity, total and extractable anthocyanins, relative skin mass and the anthocyanin to soluble solids ratio (Figure 2). According to these results, GRA and TV stood out for having some interesting characteristics, such as higher total and extractable anthocyanin concentrations. Arbuscular mycorrhizal fungi (AMF) present in vineyard soils [14,15] are, from both ecological and economic point of view, a key component for obtaining high-quality wines [17,44]. The PCA analysis represented in Figure 3 shows that AMF colonization tended to accentuate the differences among varieties, being VD and TV the varieties that most clearly separated from the rest. The former, due to a longer fruit-set maturity period and higher pH values, and the later mainly due to higher anthocyanin levels. On the other hand, the analysis of the effects exerted by the main factors on fruit characteristics (Table 3) showed that application of AMF caused the reduction of bunch mass associated with a reduced berry size, maybe as a consequence of the sink of photosyntates from leaves to the roots colonized by AMF [26]. When studied separately (Figure 5), the varieties TV, PAS and AMB appeared as the most affected by AMF in terms of reduction of bunch and/or berry size.

Sugars and organic acids are the metabolites of most interest to winegrowers because they determine the ethanol to acidity ratio after yeast fermentation, which is a primary factor of wine quality [45]. Thereby, the concentration of total soluble solids is still the most used parameter to assess ripening, though such value is indeed variety-dependent [46], as illustrated in Figure 6. The association of grapevines with AMF resulted in a higher accumulation of sugars in berries of GN, PAS and AMB,
but no changes were detected in TEMP, VD, TV, GRA and MO. Similarly, other studies [20,47] found no significant differences between +M and −M on soluble solids, but obviously, such effect depends on the variety. Moreover, both organic acids content and must pH were not affected by the presence of AMF in roots of any varieties assayed, which agrees with the above-mentioned studies (Figure 6).

Polyphenols are the principal compounds in the determination of wine style and quality, and are related to the wine consumption benefits due to their antioxidant and free radical scavenging properties [48,49]. Polyphenols accumulate mainly in the skin during fruit development, and comprise mainly flavonols, flavan-3-ols (when organized into polymers are called proanthocyanidins or condensed tannins) and anthocyanins. Our study shows that the AMF symbiosis exerted a negative effect on TPI, which was especially accentuated in TV, GRA and MO (Table 5, Figure 7), which contrasts with the increased TPI levels in berries of the commercial variety Tempranillo when associated with AMF [25]. This finding emphasizes the genetic diversity provided by the old grapevine varieties recovered in the Iberian Peninsula. Nevertheless, the total anthocyanin content was improved by AMF in most of the varieties (Figure 7), in concordance with previous findings of Torres et al. [20] in several clones of Tempranillo, which indicates that AMF induced the reduction of other soluble phenolic compounds different from anthocyanins in the old varieties tested in the present study. In red varieties, berry colour results from the biosynthesis and vacuolar accumulation of anthocyanins in berry skin cells from veraison, and plays an essential role in wine quality [50]. There are many studies demonstrating that the association of plants with AMF stimulates the biosynthesis of secondary metabolites (such as resveratrol, flavonols, and anthocyanins), which contributes to enhancing fruit quality [19,44,51]. However, these beneficial effects of AMF were not a general pattern, as indicates the loss of colour in VD and MO related to reduced anthocyanin content and to decreased TPI, respectively (Figures 6 and 7).

During winemaking, the overall concentration of phenolic compounds in berries is not the only important factor, but also their structure and capacity to be extracted during the process. Our approach has included the measurement of extractable anthocyanins and estimations of cellular extractability of anthocyanins (EA) and seed maturity (SM) (Figure 7). Usually, EA index ranges between 10% and 80% and it decreases throughout maturity. The association with AMF increased EA in comparison to −M plants (Table 5), which suggests a lower potential of colour extraction in this treatment [40]. Indeed, in TEMP and PAS, the increase of EA counterbalanced the improvement in total anthocyanins, thus extractable anthocyanins were similar in berries of +M and −M plants. By contrast, in TV and AMB, the extractable anthocyanins were improved in mycorrhized plants regardless of EA values. The higher EA in +M of MO was not associated with significant changes in total or extractable anthocyanins with respect to −M plants.

The anthocyanin to soluble solids ratio has been utilized as a good indicator of the coupling between pulp and skin evolution during berry ripening [3]. Although this ratio differed significantly between the varieties analyzed, AMF inoculation contributed to its increase (Table 5), indicating that, in general, anthocyanins accumulated faster than soluble solids in the berries of +M plants (Figure 7). These results support the existence of additional factors favoring increased quantities of anthocyanins in +M plants [23,24]. Finally, bearing in mind that the global warming associated with climate change is decoupling the accumulation of anthocyanins and sugars in berries, changing the colour-alcohol balance of wines [3], results presented here suggest that the association of grapevines with AMF in old vineyards could contribute to maintain the anthocyanin to soluble solids balance under the future climate conditions.

5. Conclusions

This research has evaluated the influence of mycorrhizal symbiosis on yield and berry quality of some grapevines recovered from old vineyards. Overall, mycorrhization resulted in lower bunch and berry mass and in certain modifications of berry characteristics, which assisted in decreasing phenolic content and improving the accumulation of soluble sugars and anthocyanins. The findings
of this study provide evidence that intraspecific diversity of old grapevines led to different abilities to respond to AMF association. Consequently, the differences in performance among the genotypes studied increased appreciably as a result of AMF association. Under our experimental conditions, the benefits of mycorrhization were particularly evident in GN, TV, PAS, and AMB, but some attributes of berries in MO and, especially, in VD were not improved by their association with AMF. This research also offers the first evidence on the winemaking potential of these old varieties of grapevines. However, further studies including rootstocks are needed to corroborate the conclusions obtained with the model of fruit-bearing cuttings, so that extrapolations to field-grown grapevines should be made with due caution.

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