Vacuum-Induced Symmetry Breaking in a Superconducting Quantum Circuit

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The ultrastrong-coupling regime, where the atom-cavity coupling rate reaches a considerable fraction of the cavity or atom transition frequencies, has been reported in a flux qubit superconducting quantum circuit coupled to an on-chip coplanar resonator. In this regime the resonator field \(X = \hat{a} + \hat{a}^\dagger\) acquires a nonzero expectation value \(\langle X \rangle \neq 0\) in close analogy with the Higgs mechanism where the gauge symmetry of the weak force’s gauge bosons is broken by the nonzero vacuum expectation value of the Higgs field. The results here presented open the way to controllable experiments on symmetry breaking mechanisms induced by nonzero vacuum expectation values. Moreover the here proposed mechanism can be used as a probe of the ground state macroscopic coherence emerging from quantum phase transitions with vacuum degeneracy.

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Superconducting circuits based on Josephson junctions received considerable attention during recent years because they are considered promising fundamental building blocks for quantum computing [1–4]. Experimental progress on superconducting resonator-qubit systems has also inspired theoretical and experimental investigations of quantum optics in the microwave regime [5]. These recent advances in the engineering and control of quantum fields in superconducting circuits have also opened up the possibility to explore quantum vacuum effects with these devices [6–9]. Superconducting circuits have also been used for the realization of systems with ultrastrong qubit-resonator coupling [10, 11]. This regime, where the coupling rate \(g\) becomes comparable to the resonator frequency of the fundamental resonator mode, is attracting interest because of the possibility of manipulating the cavity quantum electrodynamical vacuum with controllable physical properties and it has been realized in a variety of solid state quantum systems [12–17].

The most puzzling property of light-matter systems displaying ultrastrong coupling (USC) is that their ground states \(|G\rangle\) is a squeezed vacuum containing correlated pairs of matter excitations and cavity photons \[15, 19\]. The photons in the ground state \(|G\rangle\) are, however, virtual and cannot be detected, although the intracavity mean photon number is not zero, \(\langle \hat{a}^\dagger \hat{a} \rangle \neq 0\). However it has been theoretically shown that in the presence of non adiabatic modulations, induced Raman transitions, sudden on/off switches of the light-matter interaction or spontaneous decay mechanisms these virtual photons can be converted to real ones giving rise to a stream of quantum vacuum radiation (see e.g. [20, 24]).

Here we investigate the cavity quantum electrodynamical ground state and its properties in superconducting resonators coupled with one or more flux qubits subject to parity symmetry breaking. The symmetry breaking can be induced by an external flux \(\Phi_{\text{ext}} \neq \Phi_0/2\) threading the artificial atoms, where \(\Phi_0\) is the magnetic flux quantum \[25, 26\], or can be spontaneous, arising from the degeneracy or the quasidegeneracy of the ground state in USC cavity-QED systems \[27, 29\]. In the latter case the two degenerate ground states are the product of a “ferromagnetic” state for the artificial atoms and coherent states for the resonator modes. In the USC regime the resonator field \(X = \hat{a} + \hat{a}^\dagger\) acquires a nonzero vacuum expectation value \(\langle |G\rangle X |G\rangle \neq 0\) displaying a high degree of first order coherence \(\langle |G\rangle \hat{a}^\dagger |G\rangle^2 / \langle |G\rangle \hat{a}^\dagger \hat{a} |G\rangle \sim 1\) also when the symmetry breaking is induced by an external flux offset \(f = \Phi_{\text{ext}} - \Phi_0/2\). The coherence properties of this peculiar ground states can be directly probed by fast modulating or switching the resonator-qubit interaction rate. Specifically we show that such a modulation or switch gives rise to quantum vacuum radiation with a high degree of first-order optical coherence. The strong coupling between states with different number of excitations determined by symmetry breaking induced by a flux offset in the USC has been demonstrated in a flux qubit interacting with an on-chip resonator in the USC regime [10].

The nonzero vacuum expectation value of the resonator field is reminiscent of the Higgs scalar field \(\phi\) whose expectation value in the vacuum state \(\langle 0 | \phi | 0 \rangle = v\) is different from zero [30]. In the standard model, the \(W^\pm\) and \(Z\) weak gauge bosons would be massless as a consequence of the electroweak \((SU(2) \times U(1))\) gauge symmetry. However, according to the Higgs mechanism, the gauge symmetry is broken and the mass is gained by the interaction of gauge bosons with a scalar field (so-called Higgs field) having a nonzero vacuum expectation value as a consequence of spontaneous symmetry breaking [31].

Here we show that the parity symmetry of an artificial atom with an even potential is broken by the interaction with a resonator with a nonzero field vacuum expectation value \(\langle |G\rangle X |G\rangle \neq 0\) in close analogy with the Higgs...
mechanism (Fig.1). The signature of symmetry breaking is the appearance of two-photon transitions among levels with opposite parity which are forbidden by parity selection rules (See Appendix A). It is worth noting that of course it is not possible to reproduce the Higgs model with just a single mode resonator and a few two level systems. The Higgs model has more degrees of freedom and distinguishes the Goldstone and Higgs mode, which is not present here. Moreover the gauge theory describes quantum field theories with Lagrangians invariant under a continuous group of local transformations. Parity is instead a discrete symmetry. Hence the analogy among the Higgs mechanism and our study consists only of one key feature: in both cases symmetry is broken by a nonzero vacuum (ground state) expectation value of a quantum field.

Spontaneous symmetry breaking is a widespread phenomenon in physics, nevertheless controllable experiments where the nonzero vacuum expectation value of a field breaks the symmetry of a quantum system are absent at our knowledge. Spontaneous symmetry breaking is an important feature of quantum phase transitions and typically implies the appearance of degenerate ground states. One example is given by the Dicke model [27], describing a collection of two-level systems interacting with a single-mode bosonic field. Recently an experimental realization with pump-dressed atoms embedded in an optical cavity has been reported [32]. In order to have a Dicke phase transition with a time-independent Hamiltonian and a true ground state, settings based on superconducting circuit QED have been proposed [28, 29]. One drawback however of systems with these features is that the macroscopic coherence of the resonator field in the ground state cannot give rise to a detectable optical signal [20]. The here proposed symmetry-breaking mechanism can thus be exploited as a means to probe the occurrence of vacuum coherence in this kind of quantum phase transitions.

We start considering a quantum circuit constituted by a coplanar resonator interacting with a number of flux qubits in the USC regime (Fig.1). For suitable junction sizes, the qubit potential landscape can be reduced to a double-well potential, where the two minima correspond to states with clockwise and anticlockwise persistent currents \( \pm I_p \) [10]. At \( f = 0 \), the lowest two energy states are separated by an energy gap \( \Delta \). In the qubit eigenbasis, the qubit Hamiltonian reads \( \hat{H}_q = \hbar \omega_q \hat{\sigma}_z / 2 \), where \( \hbar \omega_q = \sqrt{\Delta^2 + (2 I_p f)^2} \) is the qubit transition frequency with \( f = f_\text{ext} - f_0 / 2 \). We note that the two-level approximation is well justified because of the large anharmonicity of this superconducting artificial atom. The fundamental resonator mode is described as a harmonic oscillator \( \hat{H}_c = \hbar \omega_c (\hat{a}^\dagger \hat{a} + 1 / 2) \), where \( \omega_c \) is the resonance frequency; generalization to include higher frequency modes is straightforward.

The total Hamiltonian for this quantum circuit can be written as,

\[ \hat{H}_{\text{USC}} = \hat{H}_c + \sum_j [\hat{H}_{q_j} + \hbar g_j \hat{X}(\cos \theta_j \hat{x}_j + \sin \theta_j \hat{z}_j)] . \] (1)

Here \( \hat{x}_j \) and \( \hat{z}_j \) are Pauli operators for the \( j \)-th qubit, \( g \) is the coupling rate of the qubits to the cavity mode, and the dependence on the external magnetic fluxes threading the qubits is encoded in the angles \( \theta_j \) by the relation \( \cos \theta_j = \Delta / (\hbar \omega_q^{(j)}) \). When \( f = 0 \) the potentials of the artificial atoms are symmetric double-well potentials then, below critical coupling rates, the selection rules are the same as the ones for the electric-dipole transitions in usual atoms. This situation corresponds to \( \theta_j = 0 \). In this case Eq. (1) reduces to the standard Dicke Hamiltonian. When \( f \neq 0 \) (\( \theta \neq 0 \)), the parity symmetry is broken and one- and two-photon transitions can coexist [25]. In the following, for the sake of simplicity we will consider equal qubits all with the same coupling rates \( (g_j = g, \theta_j = \theta) \). Qubits displaying different coupling rates do not change the present scenario as shown in Appendix B where approximate results for qubits with different coupling rates are presented.

The Hamiltonian (1) can be diagonalized numerically. When the coupling rate reaches a considerable fraction of the cavity mode resonance frequency \( \omega_c \), the ground state \( |G\rangle \) acquires a non-negligible amount of excitations. Figure 2a displays a contour plot of the vacuum expectation value \( \langle G | \hat{X} | G \rangle \) as a function of the coupling rate \( g \) and the angle \( \theta \) at positive detuning \( \delta = \omega_q - \omega_c = 0.7 \omega_c \) obtained for a resonator coupled to three qubits. For \( \theta = 0 \), the ground state contains only states with an even number of excitations so that \( \langle G | \hat{X} | G \rangle = 0 \). On the contrary, when \( \theta \neq 0 \) the ground state contains also odd excitations so that \( \delta \equiv \langle G | \hat{X} | G \rangle \neq 0 \). At large coupling rates, when the ground state becomes quasidegenerate [28], the resonator field acquires a significant vacuum expectation value even for \( \theta \approx 0 \) when the double well potential of the qubits tends to be even: a clear example of a vacuum field (ground state) expectation value induced by spontaneous symmetry breaking. The quasi-degeneracy of the two lowest energy levels implies that even a very low-temperature reservoir could be able to affect coherence.
inducing incoherent jumps among the two levels. However it has been shown that specific choices of the system coupling with the reservoir and/or reservoir density of states can prevent these transitions [34]. As mentioned above, these virtual photons in the ground state cannot be detected. If it would be possible to abruptly switch-off the coupling rate $g$, the bound (virtual) photons present in the ground state could be released producing an output photon flux $\phi_{\text{out}} = \gamma_c (G[\hat{a}\dagger\hat{a}]G) \geq \gamma_c |(G[\hat{a}\dagger\hat{a}]G)|^2$, where $\gamma_c$ is the resonator loss rate due to external coupling. A more feasible way to detect such an extracavity quantum vacuum radiation is to apply a harmonic temporal modulation of the cavity-atom coupling rate [20] of the form $g = g_0 + g_1 \sin \omega t$. Such switches and modulations of the coupling rate the coupling strength $g$, while keeping the resonance frequency of the flux qubit constant, can be realized by suitable schemes applying external time-dependent magnetic fields [35]. Figure 2b displays the extracavity emission rate (See Appendix C) from a resonator coupled to a single flux qubit as a function of the modulation frequency $\omega$. The dashed-dotted line displays $\phi_{\text{out}}/\gamma_c$ for $\theta = \pi/10$. The peaks correspond to the system dressed energy-levels. The lowest energy peak is a cavity-like peak, while the second one is the atom-like peak. The dashed curve describes the coherent part of the emission rate. The lowest energy peak is fully coherent; the Fano-like lineshape of the higher part of the emission rate. The lowest energy peak can be realized by suitable schemes applying external time-dependent magnetic fields [35]. In order to highlight the analogy with the Higgs mechanism, let us describe this quantum circuit analog from the point of view of experimenters with limited resources.

\[ H = H_{\text{USC}} + \Delta \hat{\sigma}_z/2 + h g' \hat{X} \hat{\sigma}_z + h E(t) \hat{\sigma}_z, \quad (2) \]

where $\hat{\sigma}_z$ are Pauli operators acting on the Hilbert space of the P qubit, the third term in Eq. (2) describes the interaction of the qubit with the resonator and the last one describes the qubit excitation by an applied time-dependent microwave electromagnetic field. We start with an approximate theoretical analysis, then we will show the results of a full numerical test. In the dispersive regime, if the probe qubit is excited with a low frequency field ($\omega << \omega_c$), the USC system (resonator plus embedded qubits) can be assumed to be into the ground state. In this case the effective Hamiltonian felt by the probe qubit is $H' = \langle G|\hat{H}|G \rangle$. Dropping a constant contribution, $H'$ can be written as $H' = \Delta \hat{\sigma}_z/2 + h g' v \hat{\sigma}_x + h E(t) \hat{\sigma}_z$. The term $h g' v \hat{\sigma}_x$ arising from the vacuum expectation value of the resonator field induces a symmetry breaking on the P qubit. Changing the qubit basis in order to diagonalize the time-independent part of the above equation, we obtain $H' = \omega_0' \hat{\sigma}_z + h E(t) \sin(\alpha \hat{\sigma}_z + \cos \alpha \hat{\sigma}_x)$, where $\omega_0' = \sqrt{\Delta^2 + (2 g' v)^2}$ and $\sin \alpha = 2 g' v / \omega_0'$. By considering a monochromatic excitation signal $E(t) = E_0 \sin(\omega t)$ and applying standard time-dependent second-order perturbation theory, we obtain the two-photon transition rate $P_{\hat{g} \to \hat{w}_1} = \pi E_0^2 \sin(2 \alpha) / (\hbar^2 \omega_0'^2) \delta(2 \omega - \omega_0')$. As expected by dipole selection rules, this transition rate is zero for a zero vacuum expectation value of the resonator field ($v = 0 \Rightarrow \alpha = 0$). On the contrary a nonzero vacuum expectation value activates two-photon transitions giving rise to an absorption peak at $\omega = \omega_0'/2$ which is a direct evidence of the parity-symmetry breaking mechanism induced by the vacuum field of the resonator. The two-photon transition rate is maximum at $\alpha = \pi/4$. As shown in Fig. 2a, the vacuum expectation value $v$ can reach values of the order of 2 already with only three qubits coupled to the resonator. In the presence of quite large $v$ values, the angle $\alpha$ can reach nonnegligible values even for a relatively small coupling $g'$ (e.g. $g' = 0.05 \omega_c$ and $v = 4$ imply $\sin \alpha = 0.4$).

In order to highlight the analogy with the Higgs mechanism, let us describe this quantum circuit analog from the point of view of experimenters with limited resources.
Specifically we assume that they have direct access only to the P qubit and that in their laboratory they have only excitation sources with a limited energy range \( h\omega < h\omega_c \). They know that the artificial atom P under investigation has an even potential. They probe the qubit and find a resonance at \( \omega = \omega'_q \) being very surprised to find also an additional resonance at \( \omega = \omega'_q/2 \). The observed coexistence of one- and two-photon processes is a signature of parity symmetry-breaking. Hence they start searching for a mechanism explaining it. One of them conjectured that this effect can originate from the interaction of the qubit with a quantum field displaying a nonzero vacuum expectation value (the resonator in the USC regime). This additional quantum field is expected to be in its ground state since in the investigated energy range no additional resonances are found. Moreover they are aware that if this ghost field actually interacts with the qubit, it should be possible to excite it probing the qubit with an higher energy source. Finally they get such a source and will find at higher energies a new peak corresponding to the dressed resonance frequency of the resonator. Such a peak will be shown in the subsequent full numerical demonstration.

To provide full evidence for the above reasoning, we present a numerical demonstration based on the solution of a master equation in the dressed-states basis that takes into account the influence of the qubits-resonator coupling in the interaction of each subsystem with the environment. We calculate numerically the system dynamics under the effect of Hamiltonian and interacting with zero temperature reservoirs (See Appendix D). According to Eq. (2) the P qubit is excited by an applied monochromatic microwave field \( \mathcal{E}(t) = E_0\sin(\omega t) \). Figure 3 displays the excited state population of the P qubit. The lowest energy peak corresponds to the dressed resonance frequency \( \omega'_q \) of the P qubit. The inset in Fig. 3 shows that an additional absorption peak, corresponding to two-photon absorption, is observed at \( \omega = \omega'_q/2 \). As this absorption peak describes a two-photon process, a larger modulation amplitude than that used for obtaining the main spectrum displayed in Fig. 3 has been applied. The appearance of this two-photon transition is a clear signature of the parity symmetry breaking of the P qubit induced by its interaction with a resonator displaying a nonzero field vacuum expectation value. The basic idea under the search for the Higgs boson is that symmetry-breaking fields, when suitably excited, must bring forth characteristic particles: their excitation quanta. The peak at higher energy \( \simeq h\omega_c \) in Fig. 3 arises from the excitation of the quantum field (the resonator in the USC regime) via its interaction with the P qubit. Such a resonance confirms that the violation of parity symmetry of the P qubit can be attributed to the vacuum expectation value of a quantum field, the analogous of the Higgs field whose resonance energy is at about \( h\omega_c \). The used parameters are provided in the figure caption. Higher values of two-photon excitation rate can be obtained for resonators coupled in the USC regime with more artificial atoms, even in the presence of a lower coupling with the P qubit. In this case the very interesting situation of an Higgs-like symmetry breaking mechanism induced by a resonator field vacuum expectation value arising from spontaneous symmetry breaking can be realized.

In conclusion we have shown that superconducting circuits can be used to realize a symmetry-breaking quantum vacuum. Specifically we have shown that the parity symmetry of an artificial atom (P qubit) with an even potential is broken by the interaction with a resonator field displaying a nonzero vacuum expectation value in close analogy with the symmetry-breaking Higgs mechanism. We have also showed that when the P qubit is excited at suitable energy its interaction with the resonator field determines the excitation of a detectable field excitation, the analog of the so-called Higgs-particle. The present study is based on superconducting quantum circuits, but it can in principle be implemented also with other solid state systems sharing two key features, light matter ultrastrong coupling and parity symmetry breaking as e.g. asymmetric, doped quantum wells embedded into a planar photonic cavity. The here proposed Higgs-like mechanism can also be exploited to probe the occurrence of vacuum quantum coherence in quantum phase transitions occurring in systems with time independent Hamiltonians and true ground states.
The total system Hamiltonian is given by
\[ H_{\text{USC}} \approx \hat{H}_c - \sum_j \hbar g_j (\hat{a} + \hat{a}^\dagger) \sin \theta_j , \]
where \( \hat{H}_c = \hbar \omega_c (\hat{a}^\dagger \hat{a} + 1/2) \) describes the cavity mode with resonance frequency \( \omega_c \) and \( \hat{H}_q^{(j)} = \hbar \omega_q^{(j)} \hat{\sigma}_z^{(j)} / 2 \) is the \( j \)-th qubit Hamiltonian. \( \omega_q^{(j)} \) and \( \delta_z^{(j)} \) are the transition frequency and the Pauli operators for the \( j \)-th qubit, respectively; \( g_j \) is the coupling rate of the \( j \)-th qubit to the cavity mode, and the dependence on the external magnetic flux threading the \( j \)-th qubit is encoded in the angle \( \theta_j \) by the relation \( \cos \theta_j = \Delta / \hbar \omega_q^{(j)} \).

In the dispersive regime at positive detuning \( \delta_j = \omega_q^{(j)} - \omega_c > 0 \), the transition frequencies \( \omega_q^{(j)} \) are far off resonance and all the qubits can be assumed to be in their ground state \( \sigma_z^{(j)} \approx -1 \). This approximation leads to the effective Hamiltonian
\[ H_{\text{USC}}^\prime \approx \hat{H}_c - \sum_j \hbar g_j (\hat{a} + \hat{a}^\dagger) \sin \theta_j , \]

The Hamiltonian (B2) describes a displaced harmonic oscillator and is easily diagonalized by the following transformation,
\[ \hat{b} = \hat{a} - \sum_j (g_j \sin \theta_j) / \omega_c . \]

By applying the operator \( \hat{b} \) to the ground state \( |G\rangle \) of the system we obtain
\[ \langle \hat{b}|G\rangle = \langle \hat{a} - \sum_j (g_j \sin \theta_j / \omega_c)|G\rangle = 0 , \]
so that
\[ \hat{a}|G\rangle = \sum_j g_j \sin \theta_j / \omega_c |G\rangle . \]

Finally, using Eq.(B5) we obtain the approximate analytical expression for the vacuum expectation value of the resonator field
\[ \langle G|\hat{X}|G\rangle = \langle G|\hat{a} + \hat{a}^\dagger|G\rangle = 2 \sum_j g_j \sin \theta_j / \omega_c . \]

APPENDIX C: PHOTODETECTION IN THE USC REGIME

One of the most inconvenient issue arising in the ultrastrong coupling regime is that the usual normal order correlation functions fail to describe the output photon emission rate and photon statistics [33]. An incautious application of these standard relations for an USC system in its ground state \( |G\rangle \), which now contains a finite number of photons due to the counter-rotating terms in the system Hamiltonian, would therefore predict an unphysical stream of output photons so that \( \langle G|\hat{a}^\dagger \hat{a}|G\rangle \neq 0 \).

In order to derive the correct output photon emission rate (e.g. physical photons that can be experimentally detected), the cavity-electric field operator \( \hat{X} = \hat{a} + \hat{a}^\dagger \) has to be expressed in the atom-cavity dressed basis [34]. Once the field operator is expressed in the energy eigenstates \( |j\rangle \) of the total system Hamiltonian, it can be easily separated in its positive and negative frequency components, \( \hat{X}^+ \) and \( \hat{X}^- \), leading to the relations:
\[ \hat{X}^+ = \sum_{j,k>j} X_{jk} |j\rangle \langle k| ; \hat{X}^- = (\hat{X}^+)\dagger , \]
where $X_{jk} \equiv \langle j | \hat{a}^\dagger + \hat{a} | k \rangle$.

It is important to notice that the positive frequency component of $\hat{X}$, according to its actual dynamics, is not simply proportional to the photon annihilation operator $\hat{a}$. Moreover, the expected result $\hat{X}^+|G\rangle = 0$ is correctly obtained for the system in its ground state in contrast to $\hat{a}|G\rangle \neq 0$.

According to the input-output theory for resonators, the output field operator can be related through a boundary condition to the intracavity field and the input field operators. We consider the specific case of a resonator coupled to a semi-infinite transmission line, pointing out that while the resonator is ultrastrongly coupled with the qubit, its interaction with the reservoir (e.g. the transmission line) is weak. By the Markovian approximation, the input-output relation can be written as

$$A_{\text{out}}(t) = A_{\text{in}}(t) - \sqrt{\frac{\hbar \gamma_c}{2 \omega_c v}} X(t), \quad (C2)$$

where

$$A_{\text{out}} = A_{\text{out}}^+ + A_{\text{out}}^-, \quad (C3)$$

with

$$A_{\text{out}}^+(t) = \frac{1}{2} \int_0^\infty d\omega \sqrt{\frac{\hbar}{\pi \omega_c v}} a(\omega, t_1) e^{-i \omega (t-t_1)}, \quad (C4)$$

and $A_{\text{out}} = |A_{\text{out}}^+|^2$. Here, $v$ is the phase velocity of the transmission line, the operators $a(\omega, t_1)$ are the output Bosonic annihilation operators associated to the external (transmission line) continuous modes and $t_1 > t$ can be assumed in the remote future. The rate $\gamma_c$ represents the cavity damping due to the interaction of the single cavity mode with the continuum of the external modes. An analogous expression can be written for $A_{\text{in}}^-(t)$ just replacing in Eq. (C4) $t_1$ with $t_0 < t$ in the remote past. By taking the Fourier transform of Eq. (C2) and summing up only the components at positive frequency, we obtain

$$A_{\text{out}}^+ = A_{\text{in}}^+ - \sqrt{\frac{\hbar \gamma_c}{2 \omega_c v}} X^+. \quad (C5)$$

By applying the input-output relation (C5), we readily obtain the extracavity emission rate $\langle A_{\text{out}}^- A_{\text{out}}^+ \rangle$ for the case of an input in the vacuum [23]

$$\frac{2 \omega_c v}{\hbar} \langle A_{\text{out}}^- A_{\text{out}}^+ \rangle = \gamma_c \langle X^- X^+ \rangle. \quad (C6)$$

Following an analogous procedure, it can be shown that the emission rate from a qubit is proportional to $\langle \hat{\sigma}_z^+ - \hat{\sigma}_z^- \rangle$, where

$$\hat{\sigma}_z^+ = \sum_{j,k>j} \sigma_j^k \langle j | \hat{a}^\dagger + \hat{a} | k \rangle \hat{\sigma}_z^+ = (\hat{\sigma}_z^+)^\dagger, \quad (C7)$$

with $\sigma_j^k \equiv \langle j | \hat{a}^\dagger | k \rangle$.

### APPENDIX D: MASTER EQUATION

In order to correctly describe the quantum dynamics of the system, dissipation induced by its coupling to the environment needs to be considered. Assuming that the cavity and the two level system are weakly coupled with two different baths of harmonic oscillators, the standard approach where the coupling $g$ is ignored while obtaining the dissipative part of the master equation would lead, for a $T = 0$ reservoir, to the well known standard master equation. The standard quantum optical master equation can be safely used to describe the dynamics of the system in the weak and strong coupling regimes, in which the ratio $g/\omega_c$ is small enough for the RWA approximation to be still valid.

In the ultrastrong coupling regime however, owing to the high ratio $g/\omega_c$, the standard approach fails to correctly describe the dissipation processes and leads to unphysical results as well. In particular, it predicts that even at $T = 0$, relaxation would drive the system out of its ground state $|G\rangle$ generating photons in excess to those already present.

The right procedure that solves such issues consists in taking into account the atom-cavity coupling when deriving the master equation after expressing the Hamiltonian of the system in a basis formed by the eigenstates $|j\rangle$ of the total system Hamiltonian [33,37,38]. The dissipation baths are still treated in the Born-Markov approximation. Following this procedure it is possible to obtain the master equation in the dressed picture [37,38]. For a $T = 0$ reservoir, one obtains:

$$\dot{\hat{\rho}}(t) = -i \left[ \hat{H}_S, \hat{\rho}(t) \right] + \mathcal{L}_a \hat{\rho}(t) + \mathcal{L}_\Sigma \hat{\rho}(t). \quad (D1)$$

Here $\mathcal{L}_a$ and $\mathcal{L}_\Sigma$ are the Liouvillian superoperators correctly describing the losses of the system where $\mathcal{L}_a \hat{\rho}(t) = \sum_{j,k,j} \Gamma_{jk}^a \mathcal{D}[\langle j | \hat{a}^\dagger | k \rangle | \hat{\rho}(t) | s = s_a, s_\Sigma$ and $\mathcal{D}[\hat{O}] \hat{\rho} = \frac{1}{2} (2 \hat{O} \hat{\rho} \hat{O}^\dagger - \hat{\rho} \hat{O}^\dagger \hat{O} - \hat{O}^\dagger \hat{O} \hat{\rho})$. $\hat{H}_S$ is, in general, the system Hamiltonian in the absence of the thermal baths. In the limit $g \to 0$, standard dissipators are recovered.

The relaxation rates $\Gamma_{jk}^a = 2\pi d_\alpha(\Delta_{jk}) \alpha^2(\Delta_{jk}) \left| C_{jk}^s \right|^2$ depend on the density of states of the baths $d_\alpha(\Delta_{jk})$ and the system-bath coupling strength $\alpha_\alpha(\Delta_{jk})$ at the respective transition frequency $\Delta_{jk} \equiv \omega_k - \omega_j$ as well as on the transition coefficients $C_{jk} = \langle j | \tilde{s} + \tilde{s}^\dagger | k \rangle$ ($\tilde{s} = \hat{a}, \hat{\sigma}_z$). These relaxation coefficients can be interpreted as the full width at half maximum of each $|k\rangle \to |j\rangle$ transition. In the Born-Markov approximation the density of states of the baths can be considered a slowly varying function of the transition frequencies, so that we can safely assume it to be constant as well as the coupling strength. Specifically, we assume $\alpha_\alpha^2(\Delta_{jk}) \propto \left( \Delta_{jk} \right)^2$ so that the relaxation coefficients reduce to $\Gamma_{jk}^a = \gamma_s \left( \Delta_{jk} \right)^2 C_{jk}^s$ where $\gamma_s$ are
the standard damping rates. Equation (D1) can be easily extended to take into account \( T \neq 0 \) reservoirs [38].

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