Realising Haldane’s vision for a Chern insulator in buckled lattices

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The Chern insulator displays a quantum Hall effect with no net magnetic field. Proposed by Haldane over 20 years ago, it laid the foundation for the fields of topological order, unconventional quantum Hall effects, and topological insulators. Despite enormous impact over two decades, Haldane’s original vision of a staggered magnetic field within a crystal lattice has been prohibitively difficult to realise. In fact, in the original paper Haldane stresses his idea is probably merely a toy model. I show that buckled lattices with only simple hopping terms, within in-plane magnetic fields, can realise these models, requiring no exotic interactions or experimental parameters. As a concrete example of this very broad, and remarkably simple principle, I consider silicene, a honeycomb lattice with out-of-plane sublattice anisotropy, in an in-plane magnetic field, and show that it is a Chern insulator, even at negligibly small magnetic fields, which is analogous to Haldane’s original model.

D.M. Haldane’s 1988 paper, ‘Model for a Quantum Hall Effect without Landau Levels: Condensed-Matter Realization of the “Parity Anomaly”’, was a paradigm shifting work which is undoubtedly a precursor to the far-reaching field of topological insulators and superconductors. In fact, topological insulators in an external field, or in the presence of ferromagnetic exchange coupling, are thought to be Chern, or quantum anomalous Hall (QAH) insulators, of which Haldane’s model is the seminal example.

An ultracold gas implementation of Haldane’s model was recently proposed, which utilised laser induced pseudomagnetic fields to produce a staggered flux, and some progress has been made with these flux phases. The necessary Dirac physics has been suggested to be realizable in optical lattices due to the impressively tuneable gauge fields achievable with such systems. Realistic condensed matter realizations of staggered flux rely on interaction induced mean field flux phases, such as in the topological Mott insulator proposals. From a different route, the quantum anomalous Hall state was recently observed. Since these foundational works, the notion of fractional Chern insulators has recently emerged. A partially filled, (almost) flat band in a Chern insulator can display fractional quantum Hall phenomena, i.e. fractionalized charge and statistics.

In the current work, I present a simple, general route to realising Chern insulator phases in lattice systems, relevant to condensed matter lattices, optical lattices, and indeed any periodic system. The only required ingredients to realise a Chern insulator, are the standard nearest and next-nearest neighbour hopping matrix elements, on a suitably buckled lattice. There is no requirement for interactions, order parameters, supercells, synthetic gauge fields, or even spin orbit coupling, making this, to the author’s knowledge, the simplest and possibly the most practical approach to realising Chern insulators in real materials, and in fact does so via a real staggered magnetic field.

Specifically, I show that Haldane-like models can be constructed, by inducing a staggered flux that retains translational invariance, by employing an in-plane magnetic field incident on a buckled two dimensional system. Importantly, I show that such a system realizes the same chiral states as in the original model, and yet does not have the same chiral structure of flux accumulation. The orientation of the incident field induces phase transitions between the Chern and ordinary insulating states.

The current proposal is potentially quite broad, being applicable to many different systems in various contexts. However, there are two essential ingredients in any specific application. Firstly, a buckled lattice is required, such that a staggered magnetic field pattern can be obtained, while no net magnetic field passes through the unit cell. Secondly, the dispersion relation in the absence of an in-plane magnetic field, must contain symmetry-protected gapless Dirac points, or at least, those with band-gaps which are smaller than those induced by the magnetic flux.

Results

Prototypical model. I choose silicene as the prototype buckled lattice. Silicene is a two dimensional honeycomb lattice, where the two sites in the unit cell are offset from each other, in the out-of-plane direction. I define the
plane parallel to the lattice, $z = 0$, such that one triangular sublattice is at $z = 1$, and the other at $z = -1$. Ezawa has introduced an unusual quantum anomalous Hall effect for silicene under circularly polarized light. The breaking of time reversal symmetry in this case is achieved by the time dependence of the electric field, and the topological phase is a nonequilibrium one, arising from Floquet theory.

The silicene Hamiltonian in an in-plane magnetic field and an out-of-plane electric field then, is:

$$H = t \sum_{\langle ij \rangle} c_i^\dagger c_j + \sum_{\langle ij \rangle} t'_{ij} c_i^\dagger c_j + \Delta \sum_i v(i)c_i^\dagger c_i,$$

(1)

where $t$ is the nearest neighbour hopping integral, $t'_{ij} = t'$ is the Peierls' substitution modified next nearest neighbour hopping, $\Delta = E_z$, is the electric field multiplied by the out-of-plane buckling $l = 0.23\,\text{Å}$. The out-of-plane buckling is essential to the current proposal, as it allows a non-trivial flux pattern, as shown in Fig. 1, to penetrate the unit cell. For this reason, a flat graphene sheet is not suitable to realize the proposed effect. The out-of-plane field is not necessary to observe the QAH effect, but allows us to make contact with Haldane's work, and when including spin effects, becomes important. I have chosen a gauge such that the flux is accounted for on next nearest neighbour bonds only. With the two sublattices at $z = \pm l$, this is the Landau gauge, $A = Bz(\sin \theta, -\cos \theta, 0)$, where $\theta$ is the angle of the field relative to the horizontal direction in Fig. 1.

In momentum space, the Hamiltonian becomes

$$H_{\pm} = \sum_{\vec{k}} \left( \begin{array}{c} d_0(\vec{k}) \sigma_0 + \vec{A}(\vec{k}) \cdot \vec{d} \\ \vec{d}^\dagger \end{array} \right) \vec{c}_{\vec{k}},$$

(2)

where $\vec{c}_{\vec{k}} = \left( \begin{array}{c} c_{\vec{k},A}^\dagger \\ e^{i\vec{A}\cdot\vec{r}_{\vec{k}}} c_{\vec{k},B}^\dagger \end{array} \right)$, with $A, B$ denoting the honeycomb sublattices, and in which

$$d_0(\vec{k}) = \sum_i 2t' \cos\left( \frac{\phi}{\theta_0} \vec{d}_i \cdot \vec{\delta}_i \right) \cos\left( \vec{k} \cdot \vec{\delta}_i \right),$$

(3)

where $\theta_0 = \hbar/2e$, and $\phi/\theta_0$ is the integrated gauge field over the bond using the Landau gauge, which gives the total flux through the loop with one next nearest neighbor and two nearest neighbor bonds, as indicated in Fig. 1, and $\vec{d}_i = (\sin \theta, -\cos \theta)$ is the two-dimensional unit vector parallel to our chosen vector potential $\vec{A}$. The three out of six of the next nearest neighbor vectors defined by $\vec{\delta}_{\pm} = R(2\pi n/3)(1, 0)$, where $R(0)$ rotates the vector by $\theta$, and

$$\vec{d}_i(\vec{k}) = \left( t \cos(\vec{k} \cdot \vec{\delta}_i), t \sin(\vec{k} \cdot \vec{\delta}_i), \Delta - 2t' \sin\left( \frac{\phi}{\theta_0} \vec{d}_i \cdot \vec{\delta}_i \right) \sin(\vec{k} \cdot \vec{\delta}_i) \right),$$

(4)

where $\delta_i$ are the three nearest neighbor vectors defined by $\vec{\delta}_n = R(2\pi n/3)(1, 0), n = 0, 1, 2$. Here and throughout, we take the next nearest neighbour vector to determine the natural length scale and set it to 1 such that all momenta are dimensionless.

The key difference between our buckled lattice Hamiltonian and that proposed by Haldane is, the vector $\vec{d}$, which modulates the next nearest neighbour flux accumulation. In the original work, a magnetic flux configuration was chosen such that the flux accumulation along all next nearest neighbour hops was equal. Here it is strongly angle dependent, and differs in sign for different hops. Nevertheless, an equivalent chirality emerges due to the breaking of time reversal symmetry, as we shall see.

The full Hamiltonian, re-introducing the dependence on all variables, is given by

$$H_{\pm}(\vec{k}) = \left( \begin{array}{cc} \Delta + h_D(\vec{k}) \sigma_0 & e^{-\frac{\phi}{\theta_0}}/C_{18/C19/C18} + 2 \cos\left( \frac{k_z}{2} \right) e^{\frac{\phi}{\theta_0}}/C_{16/C17} \\ e^{\frac{\phi}{\theta_0}}/C_{16/C17} + 2 \cos\left( \frac{k_x}{2} \right) e^{-\frac{\phi}{\theta_0}}/C_{16/C17} & -\Delta + h_D(\vec{k}) \sigma_0 \end{array} \right),$$

(5)

where $h_D(\vec{k}) = 2t' \left( 2 \cos\left( \frac{\sqrt{3}}{2} (k_y - \phi \cos \theta) \right) \cos\left( \frac{1}{2} (k_x + \phi \sin \theta) \right) + \cos(\phi + \phi \sin \theta) \right)$.

**Flux gaps and chirality.** The system, together with the inclusion of flux along the bonds, and the comparison with Haldane's model, are all shown in Fig. 1. The chirality, noted by Haldane in his model, is the clockwise accumulation of positive flux over next nearest neighbor hops. The clockwise accumulation of positive flux is clear in the lower panel in Fig. 1. This chirality is absent in the buckled lattices (i.e. the upper two unit cells shown in Fig. 1), where hopping over the equivalent loop leads to zero phase accumulation. However, due to the particular out-of-plane buckling of the silicene lattice, a loop comprising one next nearest neighbor and two next neighbor hops acquires a non-zero positive phase. For the upper left panel, there are two loops which acquire a negative phase on clockwise hopping, and one which acquires a positive phase. There is, therefore, a net chirality. In the upper right however, the lower triangular plaquette envelopes no magnetic flux, and thus there are just two oppositely oriented chiral loops, and thus no net chirality. I mention that very similar flux configurations, arising from proposed laser induced pseudomagnetic fluxes in ultracold atom systems, have recently been discussed, complementing the current study.

With all fields off, the honeycomb lattice has two low energy massless Dirac cones at the two inequivalent $K$ points, $K_\pm = (\pm 4\pi n/3, 0)$. Near these two inequivalent valleys, we can expand for small $\vec{k}$, and obtain the low energy theory of our buckled lattice, given by

$$H_{\pm}(\vec{k}) = -3t' \sigma_0 + \nu_F k_x \sigma_x + \nu_F k_y \sigma_y + \left( \frac{3 \phi}{2 \theta_0} \right) t' \left( k_x \cos \theta - k_y \sin \theta \right) \sigma_z$$

(6)

for small $\phi$, where $\nu_F$ is the usual Fermi velocity for a honeycomb lattice, $\nu_F = v_F = \sqrt{3}t/2$.

$\Delta$ and $B$ then introduce separate mass terms. The $\Delta$ mass term is due to the on-site energy imbalance between the two sublattices due to the electric field Stark effect. The magnitude of this gap is $2E_l$. The second, which I call the 'flux gap', is the sublattice anisotropy due to the orbital effect of the magnetic field, and its magnitude is
Due to the periodic boundary conditions of the Brillouin zone, the unit vector must wrap the sphere an integer number of times, which gives the Chern number. In all three figures, \( t' = 0.1t \). In (a), \( \Delta = 0.2t \), and so the system is a trivial insulator. The unit vector clearly never visits the north pole, but wraps and then un-wraps the lower hemisphere. In (b), \( \Delta = 0, \phi = \pi/2\theta \), and \( \theta = \pi/2 \), so the system is a Chern insulator. In (c) is shown the Haldane model. In the later two cases, it can be seen that the vector visits both the north and south poles once only, giving a Chern number of 1. The bottom figure shows the representation of the unit vector in pseudo-spin space, together with the corresponding colour coding of the \( \sigma_z \) component of each vector.

\[
\Delta_{n,\phi} = 4\sqrt{3}t' \sin \left( \frac{\phi}{2} \sin(\theta) \right) \left( \cos \left( \frac{\phi}{2} \sin(\theta) \right) - \cos \left( \frac{\sqrt{3} \phi}{2} \cos(\theta) \right) \right),
\]

For small \( \phi \), this gap goes as \( \phi^4 \), being given by

\[
\Delta_{n,\phi} \approx \frac{\sqrt{3}}{4} \left( \sin(3\theta) \right)^{\frac{1}{3}},
\]

and so will be tiny for realistic laboratory fields. Later, I will discuss ways in which this number can be improved by several orders of magnitude in the lab. \( \Delta \) and \( \Delta_{n,\phi} \) add, or compete, in the two valleys such that the gap in the two valleys, are \( \Delta_{K,\phi} = \Delta + \Delta_{n,\phi} \).

### Chern number and phase diagrams

The quantum anomalous Hall (QAH) phase is characterised by a Chern number of 1 (\( \text{Mod}(2) \)), where the Chern number is the integral of the Berry curvature over the Brillouin zone\(^{21} \). For our Hamiltonian Eq. [1], it takes the particularly simple form\(^{12,22} \)

\[
C = \frac{1}{4\pi} \int_{BZ} d^2k \frac{\hat{d} \times \hat{d}}{\partial k_x} \times \frac{\hat{d} \times \hat{d}}{\partial k_y} = \begin{cases} 1 & |\Delta_{n,\phi}| > |\Delta| \\ 0 & |\Delta_{n,\phi}| < |\Delta|, \end{cases}
\]

where \( \hat{d} = |d(\vec{k})| \).

The Chern number discriminates between ostensibly similar, or even identical, band-structures, by calculating the integral of the Berry curvature\(^{23} \) over the Brillouin zone. For two component Hamiltonians, such as Eq. [5], the Chern number calculation is readily visualised across the Brillouin zone. By considering the orientation of the unit vector \( \hat{d} = |d(\vec{k})| \), at each point, and specifically, noting how many times the vector wraps around the unit sphere, one can immediately ‘read off’ the Chern number. In Fig. 2, I have plotted the unit vector \( \hat{d} = |d(\vec{k})| \) over the hexagonal lattice Brillouin zone for the original Haldane model with no mass gap and finite flux (\( C = 1 \)), as well as Eq. [5] with \( \Delta = 0.2t, \phi = 0 \), which is a trivial insulator (\( C = 0 \)), and \( \Delta = 0, \phi = \pi/2, \theta = \pi/2 \), which is again a Chern insulator (\( C = 1 \)), being in the same topological class as the Haldane model. Remarkably, the bulk bandstructure in all three cases are nearly identical, being simply essentially graphene\(^{24} \), and so cannot be distinguished by viewing the bandstructure alone.

In Fig. 3 is shown the Chern number phase diagram of Hamiltonian Eq. [1], as a function of in-plane field orientation \( \theta \) (as defined in Fig. 1). At \( \Delta = 0 \), the Chern number is \( \pm 1 \) for almost the entire spectrum of field orientations. This can be understood by considering Fig. 1. For all \( \theta \) except \( \pi n/3 \), there is a positive flux passing through either one or two plaquettes in the unit cell, and a negative flux passing through two or one, such that the total flux is always zero. The positive fluxes induce a positive chirality about the triangular plaquettes in one direction, while the negative flux induce a negative chirality. Therefore we expect there to be a net chirality inducing a chiral mode at each edge of the material. A topological phase transition can be induced by varying the orientation of the in-plane magnetic field. It is also worth noting that at \( \Delta = 0 \), with finite \( t' < t/3 \), and at zero temperature, the system is a quantum anomalous Hall insulator for any nonzero magnetic field magnitude, so long as the field orientation is not precisely \( \theta = \pi n/3 \).

As can be seen from Fig. 1, the field orientation angles \( \theta = \pi n/3 \) are special in that a single triangular plaquette lies in a plane parallel to the field and thus sees no net flux through it. The sine dependence of the critical gap can be understood by noting that the flux passing through a plaquette goes as the sine of the angle between the plaquette and the field. For a decreased flux through a plaquette, the critical electric field to destroy the chiral edge modes is also decreased.

Although clearly distinct from the Haldane model in its flux configuration, the buckled honeycomb lattice in an in-plane magnetic field is topologically equivalent to the Haldane model for ranges of magnetic field orientations, as both systems have a Chern number of one.

### Effects of spin-orbit coupling

So far I have completely neglected spin. The Chern numbers reported in the phase diagram Fig. 3 for a fermionic system are per spin. For spin degenerate systems such as that considered here, each spin species will co-propagate. The Zeeman splitting will not affect the Chern number, but if it is larger than the flux gap it will move the bulk bands of one spin species across the Fermi energy, thus developing a Fermi surface. Experimentally, this is an added complication, and will be addressed briefly toward the end of the paper. Therefore, rather than having a Chern number in Hamiltonian Eq. [1] of 1, for a spinful fermionic system, there is an extra factor of 2 for the spin degeneracy, and the Chern number is in fact 2, corresponding to a \( v = 2 \) quantum Hall effect, with 2 filled Landau levels. I emphasise that this is not a quantum spin Hall insulator, where the total Chern number is \( C = 1 - 1 = 0 \) and the two spin species counter-propagate, but is a doubled Haldane model, or a quantum Hall effect with filling factor 2. Back scattering on the edges is still prohibited in this model, as there is only one direction of propagation on the edge.
I now add a spin index to Eq. [1], and introduce the Kane-Mele spin orbit coupling term between next nearest neighbors

$$H_{SO} = \frac{\lambda_{SO}}{3\sqrt{3}} \sum_{\langle i,j \rangle, \sigma} v_{ij} \epsilon_{ij}^{\uparrow} \theta_{i\sigma} c_{i\sigma}^{\dagger} c_{j\sigma}$$

(10)

where $v_{ij} = \pm 1$ in an alternating fashion. In silicene, $\lambda_{SO} \approx 4 \text{ meV}^{23}$. The induced mass has different signs in both the valley and spin degrees of freedom. Therefore it modifies the gap $\Delta_{v}$ such that

$$\Delta_{v} = \Delta + \Delta_{v,\sigma} \pm s_{v,\sigma}$$

where $s = \pm$ corresponds to spin. A lucid, overall exploring the link between the signs of mass terms with the edge state spectrum, was recently conducted$^{26,27}$. Armed with the insight that the unwrapping of the unit vector $\hat{d}(\mathbf{k})$ can only take integer values. Secondly, we note that there is no continuous way to deform the function $\hat{d}(\mathbf{k})$ over the Brillouin zone, such that the wrapping of the unit sphere changes by an integer. This point leads directly to the bulk-edge correspondence. Namely, if a system with Chern number one is placed next to a system with Chern number two, then the winding of the unit vector around the unit sphere over the Brillouin zone must change abruptly at some point near the interface of the two systems. This can only happen if the unit vector $\hat{d}(\mathbf{k})$ vanishes. Referring to Eq. [2], we see that the Hamiltonian becomes diagonal at that point, and therefore corresponds to a degeneracy. These points are discussed in much more rigorous detail elsewhere$^{28,29}$.

Arméd with the insight that the unwrapping of the unit vector around the unit sphere corresponds to a degeneracy point, we are specifically, over the full Brillouin zone, if the unit vector wraps around the unit sphere an integer $n$ number of times, then the conduction band has Chern number $C_{c} = \pm n$, and the valence band has Chern number $C_{v} = \mp n$, where the $\pm$ is determined by the sense of the wrapping, which is not relevant to us here. By continuity of $\hat{d}(\mathbf{k})$ together with the periodic boundary conditions of the Brillouin zone up to a unitary phase (i.e., the Brillouin zone is topologically equivalent to a 2-torus), we are assured that the wrapping of the unit vector $\hat{d}(\mathbf{k})$ can only take integer values.

Figure 4 | Spinful phase diagram of silicene. For small spin orbit coupling and small electric field, we obtain two co-propagating chiral bands, or a $v = 2$ QHE. For $\lambda$ larger than the flux gap, the system is a trivial insulator. For comparatively large spin orbit coupling, silicene is a Kane-Mele topological insulator$^2$. When $\lambda_{SO} + \Delta > \Delta_{v,\sigma}$ and $|\lambda_{SO} - \Delta| < \Delta_{h,\sigma}$, silicene is a Chern insulator. The diagonal $C = 1$ section continues indefinitely, so long as the energy scales $\Delta \sim \lambda_{SO} \ll t$. Note that in the weak-QSH phase there are helical edge states, yet there is also a magnetic field that weakens the robustness against backscattering, and thus the classification of ‘weak-QSH’.

Figure 5 | Dispersion of energy eigenstates for ribbons of: spinless silicene (upper) with $\Delta = 0$, the Haldane model (middle) with $\Delta = 0.05t$, and spinful silicene with $\lambda_{SO} = 0.07t$, $\Delta = 0.05t$ (lower). Both the Haldane model and spinless silicene have a single chiral mode per ribbon edge. Therefore the Chern number in the two systems is the same. In the lower pane, $\lambda_{SO}$ has caused a band inversion for one K-point, and one pseudospin, such that one chiral mode is destroyed, but the other survives, and the Chern number is 1. The other parameters for the silicene systems: $t' = 0.1t$, $\phi_{0} = \phi = \pi/2$, and $\theta = \pi/2$. In each figure, the edge states are coloured, with red depicting states bound to one edge of the ribbon, and green depicting the opposite edge.
assured then that near the edge of a finite slab of our honeycomb ribbons, if the Chern number is one, then there must be a state near each edge which crosses the chemical potential.

In Fig. 5, the energy band structure obtained by solving the model on a ribbon28 is shown for three different configurations. For spinless silicene, there is a single chiral edge mode crossing the bulk gap. The Haldane model is also shown in the middle pane, which just has a single propagation direction per edge band. The lower panel shows the effect of the spin orbit coupling on the edge states. The spin orbit interaction inverts the mass of a single spin species at a single valley, leading to the destruction of a single chiral edge state, but not the other, and thus the Chern number is 1. Note that the gap at the $K_\pm$ points are given by the sum and difference of the constituent gaps.

**Experimental considerations.** Finally, I estimate the magnetic field needed to produce a Haldane-like model in a real system. For any finite magnetic field, at zero temperature, silicene is a Chern insulator. In silicene, the next nearest neighbor bonds are separated by $\approx 4 \text{ Å}$, and the vertical buckling amount is $\approx 0.46 \text{ Å}$. Therefore $\phi_0/\phi_0 \approx 2 \times 10^{-3} \text{ B T}^{-1}$. Unfortunately, for small fields, the flux-gap Eq. [7] goes as $\phi_1$, as mentioned earlier, and so an extremely large field ($\sim 100 \text{ T}$) is required to obtain a gap of only 2 $\mu\text{K}$.

A gap which goes as $\phi_1$ can be achieved with next nearest neighbor anisotropy, for example, by the inclusion of a plane polarized laser, which modifies the hopping by a time averaged gauge field. In the regime $A_{K,z} t \to \int_{0} (eA_{y}/\hbar \omega \phi_{0}) \sin(3\theta)$, where $E = E_0 \cos(\omega t) a$, and $a$ is the lattice constant. This modifies the gap equation Eq. [7] such that, for an electric field polarized in the plane parallel to $\theta = 0$, and for small $\phi$

$$\Delta_{\phi_0} = \sqrt{3} \phi_1 / \phi_0 \left( \int_{0} (eaE_0/2 \hbar \omega) - \int_{0} (eaE_0/\hbar \omega) \right) \sin(3\theta),$$

(11)

where $J_0$ is the modified Bessel function of the second kind. As a simple example, with laser frequency $\hbar \omega = 10 \text{ meV}$, at an intensity of $5 \times 10^7 \text{ Vm}^{-2}$, a flux gap of $\Delta_{\phi_0} \approx 1.3 \phi_1 / \phi_0$ is achievable, which, for a 35 T field, is $\approx 0.5 \text{ K}$.

I stress, however, that this is not a necessary application of Floquet theory. The key requirement is the breaking of the C3 rotational symmetry of the hexagonal lattice. It is this rotational symmetry that forces the flux gap to be prohibitively small. While a plane polarized electric field may be the simplest way to break this symmetry, it is by no means the only way. As an alternative example, under a simple uniaxial strain, the flux gap is modified as $\Delta_{\phi_0} \propto \delta t/\delta t'$. It is this rotational symmetry that assures then that near the edge of a finite slab of our honeycomb ribbons, if the Chern number is one, then there must be a state near each edge which crosses the chemical potential.

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**Discussion** I have introduced a new conceptual framework whereby Haldane-like models can be realized. The key material property in this proposal is a buckled lattice, such that an in-plane magnetic field produces a unit cell with zero net flux, yet regions with positive and negative flux which individually support cyclotron orbits. In this way, the chirality necessary in implementing a Haldane-like model can be achieved. Using silicene as a specific example, I showed that over a range of field angles, silicene in an in-plane field is topologically equivalent to the Haldane model per spin, with chiral edge states arising by similar, yet distinct physical processes, and that topological phase transitions can be induced by rotating the orientation of the field. Upon successful observation of a Chern insulator, engineering a flat band in the Brillouin zone could be investigated to explore the possibility of a fractional Chern insulator29.

**Methods** Crystal structures were calculated using standard tight binding techniques. The Peierls substitution in the tight-binding context was adopted in order to incorporate the external magnetic field. As the field is in-plane, orbital effects are irrelevant and so Landau levels do not form. The gauge choice, centred about the vertical mid-point of the lattice is a Landau-type one, which was chosen for calculational convenience, and to highlight the role of the out-of-plane buckling. Chern number calculations were performed by numerical integration, using Eq. [9]. When including Rashba spin orbit interaction, the $SU(2) \times SU(2)$ structure breaks down to $SU(4)$, and so the standard numerical form of the Berry curvature was integrated over the Brillouin zone instead30. Ribbon dispersions were calculated within the same tight-binding formalism, by expanding the unit cell to cover the entire ribbon width, and keeping translational invariance along only the ribbon axis. The ribbons are all of zig zag edge type.

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**Author contributions**
A.R.W. performed all calculations, analysis, and writing of the manuscript.

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