Inclusion of microbe-derived antioxidant during pregnancy and lactation attenuates high-fat diet-induced hepatic oxidative stress, lipid disorders, and NLRP3 inflammasome in mother rats and offspring

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Abstract

Objective: This study aimed to evaluate the effects of microbe-derived antioxidant (MA) on high-fat diet (HFD)-induced hepatic lipid disorders in mother rats and offspring.

Methods: A total of 36 female rats were randomly divided into three groups at the beginning of pregnancy: the control group (CG), HFD, and HFD with 2% MA. Mother rats were slaughtered at the first and 10th day of lactation (L1 and L10) and offspring were slaughtered at L10. The plasma and liver of mother rats, and liver of offspring were collected.

Results: The results showed that MA reversed HFD-induced activities of inducible nitric oxide synthase (iNOS) and antioxidative enzymes in liver of mother rats and offspring. In addition, MA reduced HFD-induced lipid accumulation through decreasing the low-density lipoprotein cholesterol (LDLC) content in plasma of mother rats and improving hepatic fatty acid synthase (FAS) in mother rats and offspring. MA reduced HFD-induced hepatic alkaline phosphatase (AKP) activity in liver of mother rats and offspring. Furthermore, MA reduced HFD-activated NLRP3 inflammasome in liver of mother rats and offspring.

Conclusions: MA supplementation reversed HFD-induced hepatic oxidative stress, lipid accumulation, NLRP3 inflammasome, and function in mother rats and offspring, suggesting MA can be functional ingredients to improve maternal-fetal health.

Keywords: high-fat diet; liver; microbe-derived antioxidant; NLRP3 inflammasome; rats

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Epidemiological studies have indicated that obesity-related metabolic diseases are major risk for public health. Maternal overnutrition during pregnancy and lactation predisposes offspring metabolism (1, 2). Animal studies recently have shown that high-fat diet (HFD) during pregnancy and lactation increases hepatic oxidative stress, lipid accumulation, inflammatory cytokines, and activation of signaling pathways, predisposing offspring to the development of metabolic disorders such as insulin resistance and nonalcoholic fatty liver disease (3–5). Nucleotide-binding oligomerization domain-like receptor containing pyrin domain 3 (NLRP3) is a central regulator of innate immunity in response to endogenous molecules. Once activated, NLRP3 inflammasome increases the caspase-1 expression, which can promote maturation of IL-1β and IL-18 (6). NLRP3 inflammasome participates in immune dysfunction leading to chronic inflammation, insulin resistance, and metabolic disorders in HFD-induced obesity in mice (7, 8). Furthermore, maternal obesity was reported to increase hepatic natural killer cells and TNFα in prenatal offspring (9). Whether HFD activated inflammatory response through NLRP3 inflammasome both in liver of mother rats and offspring during pregnancy and lactation has not been investigated.

Bioactive compounds and plant extracts are reported to have protective and beneficial effects against diet-induced metabolic disorders (10). Furthermore, antioxidant blend interacted in a complex network and showed synergistic action in vitro and in vivo, which is promising in functional foods (11, 12). Microbe-derived antioxidants (MA) are a new-type compounds fermented by probiotics, containing isoflavones, superoxide dismutase (SOD), glutathione, Se, and vitamin C and E, which showed superior free radical scavenging capacity in vitro (13). To date, it is uncertain whether MA supplementation during gestation and lactation has beneficial synergies to improve HFD-induced hepatic metabolic disorders in rats and offspring. Thus, in the present study, we hypothesized that dietary MA supplementation during pregnancy and lactation would attenuate HFD-induced hepatic redox status and lipid accumulation through NLRP3 inflammasome in mother rats and offspring. The hypothesis was explored by investigating the hepatic redox status, hepatic function, lipid metabolism, and NLRP3 inflammasome in mother rats and offspring.

Materials and methods

Animals and diets
The experiment was conducted according to the guidelines of Shanghai Jiao Tong University Institutional Animal Care and Use Committee. The MA is made from the fruits of Sea buckthorn and Rosa roxburghii, which were fermented by beneficial bacteria such as *Bacillus subtilis, Lactobacillus*, Beer yeast through solid–liquid complex fermentation and processing methods, such as extraction, concentration, inactivation, and freeze-drying. MA (KB-120, dry powder) was provided by Shanghai Jiang Han Biotechnology and the main components of MA are 503 mg/kg Fe, 367 mg/kg Mn, 1.07 mg/kg Cu, 0.18 mg/kg Se, 194,000 U/100 g SOD, 322 mg/100 g vitamin C, 908 μg/100 g vitamin E, 4.43% total isoflavones, 1.37% isoflavones, 886 mg/100 g glutathione, 82.4 mg/100 g total saponins, 4.21% total amino acids, and 0.146% taurine (13). A total of 36 nonpregnancy Sprague-Dawley (SD) female rats (body weight 250–270 g) were fed with a standard diet for 3 days to adapt to the environment. Then they were mixed and mated with 12 male SD rats (three females and one male in a cage). A vaginal plug is considered as successful pregnancy. Then each pregnant rat was transferred to a single cage (25 ×40 cm) and fed separately. They were randomly allocated into three groups (12 rats per group) fed with the following diets: standard diet (CG), 80% standard diet + 20% lard (HFD), and 78% standard diet + 20% lard + 2% MA (HFDMA). Rats were free access to drinking water and food in a controlled environment (23 ± 2°C, 50–60% relative humidity, 12-h light and 12-h darkness cycles). The experiment began at the first day of pregnancy and ended at the 10th day of lactation (L10). Six mother rats from each group were given pentobarbital sodium (45 mg/kg, P3761; Sigma, USA) through intraperitoneal injection according to the body weight and slaughtered at the first day of lactation (L1) and L10. The plasma samples were centrifuged at 5,000 × g for 20 min; the supernatants and liver samples were stored at −80°C. Offspring from each litter (n = 6) were also given pentobarbital sodium and slaughtered at L10. The liver tissues were sampled and immediately frozen at −80°C.

Determination of oxidative stress parameters in liver
The liver samples were weighed and homogenized in saline solution (1:9, w/v), and the supernatants were collected after centrifuging at 10,000 × g for 10 min. Protein concentrations were measured according to the instructions of the bicinchoninic acid (BCA) protein assay kit (P0010; Beyotime Biotech, Shanghai, China). The concentrations of H$_2$O$_2$, malondialdehyde (MDA) and total antioxidant capacity (T-AOC), the activities of total and inducible nitric oxide synthase (tNOS and iNOS), SOD, glutathione peroxidase (GSH-Px), catalase (CAT), and xanthine oxidase (XOD) in the liver were determined by measuring the absorbance at 405, 532, 520, 530, 530, 550, 412, 405, 530 nm according to the protocols of respective commercial kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China).
Determination of lipid profiles in plasma and liver
The contents of triglyceride (TG), total cholesterol (TC), high-density lipoprotein cholesterol (HDLC) and low-density lipoprotein cholesterol (LDLC), oxidized low-density lipoprotein (Ox-LDL) in plasma, and TG in liver were determined by a colorimetric assay, and the absorbance was measured at 500, 510, 546, 546, 450, and 500 nm, following the commercial kits (Nanjing Jiancheng Bioengineering Institute).

Enzyme-linked immunosorbent assay (ELISA)
The activities of caspase-3, caspase-8, caspase-9, and fatty acid synthase (FAS) in liver, and the contents of Ox-LDL, IL-1β, IL-18, and caspase-1 in plasma were determined according to the protocols of the respective ELISA kits (Nanjing Jiancheng Bioengineering Institute and Shanghai Yili Biological Technology). Briefly, the plates were coated with their corresponding antibodies followed by detection with a horseradish peroxidase-labeled substrate after incubation at 37°C for 10 min. The absorbance was recorded in a microplate reader (Synergy 2; BioTek, USA) at 450 nm. A four parameter logistic curve-fit was generated using ELISA Calc software v0.1 (Comple-Software, Iowa City, IA). The concentrations of samples were calculated from the standard curve.

Determination of hepatic function
The activities of alanine aminotransferase (ALT), aspartate aminotransferase (AST), and alkaline phosphatase (AKP) in plasma and liver tissues were determined by measuring the absorbance at 510, 510, 520 nm according to the commercial kits (Nanjing Jiancheng Bioengineering Institute).

RNA isolation, cDNA synthesis and real-time PCR
The liver samples were homogenized in liquid nitrogen, then lysed in 700 μL TRK Lysis Buffer (R6841-01; Omega, USA) containing 2-mercaptoethanol (0482; Amresco, USA). RNA was extracted according to the protocol of the E.Z.N.A. total RNA kit I (R6841-01; Omega). The concentrations of RNA were quantified using a NanoDrop Lite Spectrophotometer (Thermo Fisher Scientific, USA). Then 2,000 ng of RNA were reverse transcribed into cDNA using PrimeScript™ RT reagent Kit (RR047A; Takara, Japan). The real-time PCR reaction was performed using a SYBR Green premix Ex Taq (RR420A; Takara) with Applied Biosystems 7500 Real-Time PCR system (Thermo Fisher Scientific). Amplification conditions were initially 95°C for 30 sec, 40 cycles of 95°C for 5 sec, and 60°C for 34 sec, with a stepwise increase in the temperature from 60 to 95°C to obtain the melting curve data. The primer sequences were designed according to previous studies, as shown in Table 1. Results were expressed as a fold of the CG, using the 2^{-(ΔΔCt)} formula, where ΔΔCt = (Ct_{Target} - Ct_{GAPDH})_{treatment} - (Ct_{Target} - Ct_{GAPDH})_{control}.

Statistical analysis
Data were presented as mean ± standard deviation (SD). The data were analyzed with one-way analysis of variance (ANOVA) followed by least significant difference (LSD) test, using the statistical software SPSS 20.0 (SPSS, Chicago, IL, USA). p < 0.05 was considered statistically different.

Results
Oxidative stress parameters in liver
Oxidative stress parameters in the liver of mother rats are shown in Table 2. At L1, MA supplementation

### Table 1. The primer sequences used in this study

| Name     | Forward (5′–3′)             | Reverse (5′–3′)             | References |
|----------|----------------------------|----------------------------|------------|
| GAPDH    | CGGTCCTCAGTTGGTGTAAGAC      | GTTCTTCATCAGCGAGAC         | 40         |
| IL-1β    | GCTTTGTAGGCTCAGAC           | CGTCTTCATCAGAGAC          | 40         |
| IL-18    | TGGAACACAGACAGAC           | CTATGAGTTGGTGCTGGGATA     | 40         |
| NLRP3    | AGTGGCAGTTGGTGCTGGGATA     | CTATGAGTTGGTGCTGGGATA     | 40         |
| Caspase-1| GAGATAGGGAACAAAT            | GTGAGATGACCTGAAAGC        | 40         |
| Caspase-3| GAGACAGGACAAGGTA            | GAGGCAAAGGAGGTA           | 42         |
| Caspase-8| GGCAGCTTGATGAC             | GGCAGCTTGATGAC           | 43         |
| Caspase-9| CTGGGGCAGTTGGTGAACTCC       | CTGGGGCAGTTGGTGAACTCC     | 43         |
| FAS      | GAGAATGCTTTCCCCCTCT         | AAGCAGCTCTCTCAGCCA        | 44         |
| CPT1α    | ATCCACCTATTCCACTCGT         | TGTGGCTCTGGCTGGTGGTGGTAA | 44         |
| PPAR-α   | CCATACAGGACAGGAGA           | CCGAGCATAGCCGAGAGGAGA     | 44         |
| PPAR-γ   | CTGGTTGGATGGTGCTGGGATT     | GGAGCCAGCAGCAGAGGCTT      | 44         |
| ACC      | ATCTCGGGGACGATCAGTGG        | AGCAATGACGAGCAGGCTT       | 44         |
| MACD     | GTGCCGGCAAGACTCGATTAA       | GGCAGACGAGCAGCAGGCTT      | 45         |
| PGC1α    | ATGAATGCGAGCAGGCTTACG       | TGGTGCAAGTATCGGAAGC       | 46         |
Table 2. Oxidative stress parameters in the liver of mother rats at L1, L10, and offspring

| Item                      | CG            | HFD          | HFDA         |
|---------------------------|---------------|--------------|--------------|
| tNOS (U/g total protein)  | 401.42 ± 50.51 | 477.73 ± 14.25 | 412.07 ± 58.33 |
| iNOS (U/g total protein)  | 207.16 ± 16.18  | 290.16 ± 50.93  | 232.28 ± 28.42  |
| H2O2 (mmol/g total protein) | 7.76 ± 1.59  | 8.78 ± 2.10  | 7.78 ± 1.92  |
| MDA (nmol/mg total protein) | 0.54 ± 0.11a | 0.62 ± 0.08b | 0.46 ± 0.09b |
| CAT (U/mg total protein)  | 41.37 ± 7.92c | 24.66 ± 10.30c | 30.35 ± 12.13c |
| GSH-Px (U/mg total protein) | 906.00 ± 34.40 | 788.26 ± 69.39 | 861.59 ± 19.53 |
| SOD (U/mg total protein)  | 366.56 ± 15.59 | 314.52 ± 18.39 | 318.31 ± 17.88 |
| T-AOC (U/mg total protein) | 1.98 ± 0.11b | 1.57 ± 0.14b | 1.55 ± 0.06b |
| XOD (U/g total protein)   | 16.85 ± 0.65c | 13.00 ± 1.49c | 13.02 ± 1.09c |

Mother rats, L1

| tNOS (U/g total protein)  | 487.99 ± 54.80 | 641.64 ± 81.55 | 526.21 ± 66.86 |
| iNOS (U/g total protein)  | 202.15 ± 14.03 | 284.42 ± 2.66  | 262.37 ± 1.27  |
| H2O2 (mmol/g total protein) | 9.29 ± 2.09a  | 11.55 ± 4.78b  | 7.32 ± 2.01b  |
| MDA (nmol/mg total protein) | 0.65 ± 0.11a  | 0.88 ± 0.10b  | 0.52 ± 0.21b  |
| CAT (U/mg total protein)  | 60.52 ± 8.81b | 40.58 ± 4.60b  | 41.82 ± 6.11b |
| GSH-Px (U/mg total protein) | 876.92 ± 91.79 | 653.64 ± 37.05 | 681.53 ± 41.69 |
| SOD (U/mg total protein)  | 379.12 ± 40.01 | 532.38 ± 59.06 | 331.76 ± 80.40 |
| T-AOC (U/mg total protein) | 2.34 ± 0.36c  | 1.48 ± 0.25c  | 1.68 ± 0.23c  |
| XOD (U/g total protein)   | 19.46 ± 2.42c | 14.97 ± 0.76c | 14.26 ± 1.17c |

Offspring

| tNOS (U/g total protein)  | 696.32 ± 95.05 | 1163.98 ± 185.77 | 984.39 ± 31.14 |
| iNOS (U/g total protein)  | 473.67 ± 2.43  | 510.98 ± 5.69   | 483.79 ± 19.06 |
| H2O2 (mmol/g total protein) | 8.00 ± 0.69   | 8.44 ± 1.17    | 7.43 ± 1.28   |
| MDA (nmol/mg total protein) | 0.77 ± 0.12b  | 1.20 ± 0.15b   | 1.05 ± 0.15b  |
| CAT (U/mg total protein)  | 34.10 ± 2.90  | 37.89 ± 2.87b  | 30.59 ± 1.49b |
| GSH-Px (U/mg total protein) | 253.45 ± 42.40 | 309.36 ± 55.94 | 304.93 ± 33.63 |
| SOD (U/mg total protein)  | 273.87 ± 10.29 | 279.68 ± 6.33  | 217.59 ± 5.12 |
| T-AOC (U/mg total protein) | 1.04 ± 0.10c  | 0.80 ± 0.03b   | 0.86 ± 0.04b  |
| XOD (U/g total protein)   | 11.12 ± 0.93c | 12.53 ± 1.06c | 11.15 ± 0.35c |

Data were presented as mean ± standard deviation (SD). The superscript letters a and b represent significant differences (p < 0.05) among treatments.

H2O2, hydrogen peroxide; MDA, malondialdehyde; tNOS, total nitric oxide synthetase; iNOS, inducible nitric oxide synthase; CAT, catalase; GSH-Px, glutathione peroxidase; SOD, superoxide dismutase; T-AOC, total antioxidant capacity; XOD, xanthine oxidase; CG, control group; HFD, high-fat diet; HFDA, HFD + 2% microbe-derived antioxidant (n = 6).

significantly lowered the HFD-induced activities of tNOS, iNOS, and MDA content, but did not improve (p > 0.05) HFD-induced activities of CAT, GSH-Px, SOD, and XOD and T-AOC content in the liver of mother rats. At L10, MA significantly decreased the HFD-induced activities of tNOS and SOD and contents of H2O2 and MDA (p < 0.05), but had no effects on HFD-induced activities of iNOS, CAT, XOD, and GSH-Px and the content of T-AOC (p > 0.05).

Oxidative stress parameters in the liver of offspring are shown in Table 2. MA significantly decreased (p < 0.05) the HFD-induced activities of tNOS, iNOS, CAT, SOD, and XOD, but had no effects on HFD-induced activity of GSH-Px, contents of MDA and T-AOC (p > 0.05).

Lipid profiles in the plasma of mother rats

At L1 (Table 3), MA significantly decreased the HFD-induced content of LDLC (p < 0.05) in plasma of mother rats, but had no effects on the HFD-induced content of TC (p > 0.05). The contents of TG, HDLC, and Ox-LDL were not affected by treatments (p > 0.05). At L10, MA significantly decreased HFD-induced contents of TC, HDLC, and LDLC (p < 0.05). The contents of TG and Ox-LDL were not affected by treatments (p > 0.05).

Lipid metabolism in liver

Lipid metabolism parameters in liver of mother rats and offspring are shown in Fig. 1A–C. At L1 and L10 (Fig. 1A and B), MA significantly decreased (p < 0.05) the...
MA improve HFD-induced hepatic disorders

HFD-induced content of TG, but had no effect on the HFD-induced activity of FAS \((p > 0.05)\). In the offspring, MA significantly recovered HFD-induced \((p < 0.05)\) content of TG and activity of FAS.

The gene expression of lipid metabolism in liver is presented in Fig. 1D–F. At L1, MA significantly reversed \((p < 0.05)\) HFD-induced gene expression of FAS, peroxisome proliferator-activated receptor gamma \((\text{PPAR}_\gamma)\), and medium-chain acyl-CoA dehydrogenase \((\text{MACD})\), but did not reverse \((p > 0.05)\) gene expression of acetyl-CoA carboxylase \((\text{ACC})\), peroxisome proliferator-activated receptor gamma coactivator 1-alpha \((\text{PGC1}_\alpha)\), and carnitine palmitoyltransferase-1-alpha \((\text{CPT1}_\alpha)\) in the liver of mother rats. At L10, MA significantly increased \((p < 0.05)\) HFD-induced gene expression of FAS, but did not recover the HFD-induced expression of other genes \((p > 0.05)\). In the offspring, MA significantly reversed \((p < 0.05)\) HFD-induced gene expression of FAS and \(\text{CPT1}_\alpha\), but did not reverse \((p > 0.05)\) HFD-induced gene expression of \(\text{ACC}\), \(\text{PPAR}_\gamma\), \(\text{PGC1}_\alpha\), and \(\text{MACD}\) in the liver.

### Table 3. The contents of lipid profiles in plasma of mother rats

| Item                   | CG     | HFD    | HFDA   |
|------------------------|--------|--------|--------|
| **Mother rats, L1**    |        |        |        |
| TG (mmol/L)            | 1.22 ± 0.06 | 1.44 ± 0.36 | 1.27 ± 0.22 |
| TC (mmol/L)            | 1.73 ± 0.13a | 2.33 ± 0.24a | 2.34 ± 0.06a |
| HDLC (mmol/L)          | 1.75 ± 0.08 | 1.57 ± 0.30 | 1.47 ± 0.24 |
| LDLC (mmol/L)          | 0.22 ± 0.02a | 0.35 ± 0.03a | 0.25 ± 0.08a |
| Ox-LDL (µg/L)          | 33.21 ± 1.53 | 35.80 ± 2.92 | 33.95 ± 1.50 |
| **Mother rats, L10**   |        |        |        |
| TG (mmol/L)            | 0.88 ± 0.14 | 1.04 ± 0.12 | 0.93 ± 0.15 |
| TC (mmol/L)            | 1.89 ± 0.24a | 3.38 ± 0.47a | 1.95 ± 0.39a |
| HDLC (mmol/L)          | 1.38 ± 0.16a | 1.05 ± 0.14a | 1.38 ± 0.32a |
| LDLC (mmol/L)          | 0.23 ± 0.03a | 0.38 ± 0.06a | 0.24 ± 0.02a |
| Ox-LDL (µg/L)          | 28.33 ± 3.23 | 27.18 ± 1.82 | 28.12 ± 3.11 |

Data were presented as mean ± standard deviation (SD). Values with different letters differ significantly \((p < 0.05)\).

TG, triglyceride; TC, total cholesterol; HDLC, high-density lipoprotein cholesterol; LDLC, low-density lipoprotein cholesterol; Ox-LDL, Oxidized low-density lipoprotein; CG, control group; HFD, high-fat diet; HFDA, HFD + 2% microbe-derived antioxidant \((n = 6)\).

**Fig. 1.** Lipid profiles TG (A), FAS (B) in liver of mother rats at L1 and L10. Gene expression of lipid metabolism in the liver of mother rats at L1 (C), L10 (D), and offspring (E). Values with different letters differ significantly \((p < 0.05)\). TG, triglyceride; FAS, fatty acid synthase; ACC, acetyl-CoA carboxylase; PPAR\(\alpha\), peroxisome proliferator-activated receptor alpha; PPAR\(\gamma\), peroxisome proliferator-activated receptor gamma; PGC1\(\alpha\), peroxisome proliferator-activated receptor gamma coactivator 1-alpha; CPT1\(\alpha\), carnitine palmitoyltransferase-1-alpha; MACD, medium-chain acyl-CoA dehydrogenase; CG, control group; HFD, high-fat diet; HFDA, HFD + 2% microbe-derived antioxidant \((n = 6)\).
The activities of AST, ALT, and AKP in plasma and liver

The activities of AST, ALT, and AKP in plasma of mother rats are shown in Fig. 2A–C. At L1 and L10, MA significantly ($p < 0.05$) decreased the HFD-induced activity of AKP, but did not affect the activities of AST and ALT ($p > 0.05$).

The activities of AST, ALT, and AKP in liver of mother rats are shown in Fig. 2D–F. At L1, MA significantly

![Graphs showing the activities of ALT, AST, and AKP in plasma and liver of mother rats at different stages and treatments.](image)

Fig. 2. The activities of ALT (A), AST (B), and AKP (C) in plasma of mother rats at L1 and L10. The activities of ALT (D), AST (E), and AKP (F) in the liver of mother rats at L1, L10, and offspring. Values with different letters differ significantly ($p < 0.05$). AST, aspartate aminotransferase; ALT, alanine aminotransferase; AKP, alkaline phosphatase; CG, control group; HFD, high-fat diet; HFDA, HFD +2% microbe-derived antioxidant ($n = 6$).

![Graphs showing the activities of caspase-3, caspase-8, and caspase-9 in liver of mother rats at L1 and L10. Gene expression of caspase-3, caspase-8, and caspase-9 in offspring.](image)

Fig. 3. The activities of caspase-3 (A), caspase-8 (B), and caspase-9 (C) in liver of mother rats at L1 and L10. Gene expression of caspase-3, caspase-8, and caspase-9 in offspring (D). Values with different letters differ significantly ($p < 0.05$). CG, control group; HFD, high-fat diet; HFDA, HFD +2% microbe-derived antioxidant ($n = 6$).
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The activities of ALT and AKP were decreased (p < 0.05) in HFD-fed rats compared to controls. MA significantly decreased (p < 0.05) the activities of ALT, AKP, and AST compared with the HFD (p > 0.05). In the offspring, MA significantly decreased the activity of ALT (p < 0.05), but did not affect HFD-induced activities of AST and AKP (p > 0.05).

The activities of caspases and gene expression in liver

The activities of caspases in liver of mother rats are shown in Fig. 3A–C. At L1, MA significantly decreased (p < 0.05) the activity of caspase-3, but had no effects on HFD-induced activities of caspase-8 and caspase-9 (p > 0.05). At L10, MA had no effect on the activities of caspase-3, caspase-8, and caspase-9 (p > 0.05).

The gene expression of caspases in offspring is presented in Fig. 1D. MA significantly decreased (p < 0.05) the HFD-induced gene expression of caspase-8 and caspase-9, but had no effects on the gene expression of caspase-3 (p > 0.05).

NLRP3 inflammasome in plasma and liver

The contents of IL-1β, IL-18, and caspase-1 in plasma of mother rats at L1 and L10 are presented in Fig. 4A–C. MA significantly reversed (p < 0.05) HFD-induced contents of IL-1β, IL-18, and caspase-1 in plasma of

![Graphs of IL-1β, IL-18, and caspase-1 in plasma at L1 and L10.](image)

![Graphs of gene expression of NLRP3 inflammasome pathway.](image)

*Fig. 4.* The activities of IL-1β (A), IL-18 (B), and caspase-1 (C) in plasma of mother rats at L1 and L10. Gene expression of NLRP3 inflammasome pathway in liver of mother rats at L1 (D), L10 (E), and offspring (F). Values with different letters differ significantly (p < 0.05). CG, control group; HFD, high-fat diet; HFDA, HFD +2% microbe-derived antioxidant (n = 6).
mother rats. At L10, the contents of IL-1β and IL-18 decreased ($p < 0.05$) in the HFDA compared with the HFD. The content of caspase-1 was not affected by dietary treatments.

Gene expression of NLRP3 inflammasome in liver of mother rats and offspring is shown in Fig. 4D–F. At L1, MA significantly decreased ($p < 0.05$) the HFD-induced gene expression of NLRP3, IL-1β, and IL-18, but had no effect on caspase-1 expression ($p > 0.05$). At L10, MA significantly decreased ($p < 0.05$) HFD-induced gene expression of IL-1β and L-18, but did not affect the gene expression of NLRP3 and caspase-1 ($p > 0.05$) in the offspring.

**Discussion**

Our previous study has suggested that MA supplementation decreased HFD-induced body weight and feed intake of mother rats, which could affect the individual birth weight of offspring (14). Furthermore, MA decreased the liver weight of mother rats compared with CG and HFD at L1, but had no effect at L10 (Supplemental Table 1). From a health standpoint, the present study showed that MA supplementation during pregnancy and lactation improved HFD-induced hepatic redox status and function, decreased LDLC content in plasma and FAS activity in liver, and inhibited NLRP3 inflammasome in mother rats and offspring, implying that MA is beneficial and promising to prevent chronic diseases or metabolic syndrome in offspring.

The liver is a major site of fatty acid and TG synthesis and regulator of whole lipid metabolism homeostasis. Hepatic lipid disorders are often associated with obesity and metabolic syndromes (15). Hepatic fat accumulation has been suggested to be a result of the increase of free fatty acids uptake and de novo hepatic lipogenesis, decrease of fatty acids oxidation, and alteration in lipoprotein delivery (16). LDLC is responsible for delivering TG and cholesterol to skeletal muscle and adipose tissue for energy expenditure and storage, while HDLC facilitates translocation of cholesterol from peripheral tissue to liver (17). ACC and FAS are mainly involved in de novo lipid synthesis. CPT1α, PPARs, PGC1α, and MACD are responsible for fatty acid β-oxidation and esterification (5, 18). In the present study, MA normalized HFD-induced content of LDLC in plasma and TG in liver at L1 and L10, TC and HDLC contents at L10 in mother rats, improved the gene expression of FAS in mother rats and offspring, and attenuated the content of TG and the activity of FAS in offspring, suggesting that MA decreased HFD-induced hepatic lipid accumulation in mother rats and offspring probably through decreasing hepatic lipogenesis and altering lipoprotein transport during gestation and lactation. Previous studies have reported that supplementation with probiotics and probiotic-fermented soymilk effectively decreased lipid profiles through inhibiting lipogenic gene expression and increasing lipolytic gene expression (19, 20). The different mechanisms of regulating lipid metabolism possibly depend on the ingredients after probiotic fermentation. Of note, it is reported that bile salt hydrolase produced by probiotic fermentation is mainly responsible for hydrolyzing conjugated bile salts and reducing the serum cholesterol content (21, 22). Whether bile salt hydrolase exists in MA is unknown and needs to be verified.

iNOS is the enzyme to produce NO (nitrogen radical), which is a key mediator of immune and inflammatory responses (23). XOD produces O$_2^-$ and H$_2$O$_2$ (oxygen radicals) in liver (24). The increase of FFA intake or lipid overload has been reported to induce an increase of reactive stress species (ROS) production (25). In this study, HFD increased the activities of tNOS, iNOS, and XOD, but MA decreased the activities of tNOS and iNOS in liver of both mother rats and offspring, suggesting MA is mainly responsible for scavenging NO and inflammation in vivo. These results are consistent with the findings from our previous studies showing that MA inhibited DPPH (a marker of nitrogen radical) in vitro and LPS-induced hepatic NO content in rats (13, 26). SOD, GSH-Px, and CAT play an important role in preventing O$_2^-$ and H$_2$O$_2$-induced oxidative damage (27). MDA is one of the biomarker of lipid peroxidation. MA supplementation did not change the activity of CAT and GSH-Px, but decreased the content of MDA in liver of mother rats, while MA increased the activity of CAT, but did not change the MDA content in liver of offspring, indicating that MA probably plays a different role in preventing HFD-induced hepatic oxidative stress in mother rats and offspring under different physical conditions. Similarly, a recent study reported that resveratrol intake during pregnancy and lactation is effective under context-specific metabolic stress or depends on the cellular redox status (28). On the contrary, the synergistic effects of multiple antioxidants probably have significant advantages. Combination of vitamin C and meso-2,3-dimercaptosuccinic acid showed a better efficacy than monotherapy arsenic-fluoride coexposure in rats (29). Thus, these results indicated that antioxidant blend MA was considered as a promising functional food in preventing chronic diseases. Of note, HFD increased the activity of SOD in liver of mother rats at L10 and offspring, suggesting a compensatory response in resisting oxidative stress (30).

The apoptosis response is regulated by either the death receptor pathway or the mitochondrial pathway in cells, depending on different stress sources. The death receptors can activate caspase-8 and downstream caspase-3, while the other pathway induces release of mitochondria protein cytochrome c to activate caspase-9 and downstream caspase-3 (31). In the present study, results showed that
MA did not recover HFD-induced activities of caspase-8 and caspase-9 in liver of mother rats, but decreased gene expression of caspase-8 and caspase-9 in offspring, suggesting that MA could effectively attenuate maternal HFD-induced hepatic apoptosis in offspring and protect fetus from maternal factors. The excessive apoptosis of hepatocytes could result in hepatic dysfunction. AST and ALT are intracellular enzymes in the liver, which are specific indicators for hepatocellular injury when released into blood circulation. The increase of AKP in blood is considered as hepatic bile duct obstruction (32). Previous studies have reported that HFD supplementation during pregnancy and lactation affected hepatic function and metabolism in offspring (33, 34). Dietary supplementation with Lactobacillus plantarum KCTC3928 increased bile acid secretion and lowered cholesterol content in C57BL/6 mice (22). Furthermore, genistein supplementation in laying broiler breeder hens increased cholesterol 7α-hydroxylase (CYP7A1) expression, an enzyme responsible for conversion of cholesterol into bile acids, in the liver of offspring (35). The present results showed that MA decreased HFD-induced activity of AKP in plasma of mother rat, and ALT and AKP in liver of mother rats and offspring. These results suggested that dietary probiotics or antioxidants effectively recovered hepatic function through decreasing HFD-induced hepatocellular injury and clearing hepatobiliary system both in mother rats and offspring. Thus, the promotion of bile acid secretion and metabolism in offspring by dietary MA supplementation will be explored in our future studies.

NLRP3 inflammasomes are large protein complexes that represent the first line of the innate immunity. Recent study have reported that HFD-induced NLRP3 inflammasome participated in inflammation and metabolic disorders (7). Furthermore, saturated fatty acid palmitate activated NLRP3 inflammasome in bone marrow-derived macrophages through AMPK-autophagy-ROS pathways, while this regulating pathway is unique in contrast to conventional NLRP3 agonists such as ATP and nigericin, suggesting the complex regulation of NLRP3 inflammasome in response to fatty acids (8, 36). In fact, NLRP3 activation needs a two-step process: the first signal is to activate NF-κB pathway and transcriptional expression of inflammasome, and the second signal is to induce inflammasome formation and instigate caspase-1 activation (37). The present study showed that MA inhibited HFD-induced NLRP3 inflammasome in liver of mother rats at L1 and decreased the gene expression of IL-1β and IL-18 in mother rats at L10 and offspring, but did not affect the gene expression of NLRP3 and caspase-1 in mother rats at L10 and offspring. The specific mechanism of differences in HFD-activation of NLRP3 inflammasome between mother rats and offspring still needs further studies. Dietary antioxidants such as red raspberries, quercetin, and conjugated linoleic acid have been reported to improve HFD-induced metabolic dysfunction through suppressing of hepatic inflammasome in mice and reversed metabolic dysfunction in offspring (6, 38, 39). Taken together, these results suggest that MA improved diet-induced lipid abnormality and metabolic syndrome partly through activation of NLRP3 inflammasome in mother rats and offspring.

Conclusions

The present study indicated that MA supplementation during pregnancy and lactation alleviated HFD-induced maternal-fetal hepatic nitrogen radical production and increased antioxidative enzymes, attenuated lipid accumulation and NLRP3 inflammasome, and improved hepatic function, suggesting MA can be promising functional constituents to prevent diet-induced chronic disease and metabolic syndrome.

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Conflict of interest and funding

The authors declare that there is no conflict of interest in relation to this work.

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