Encrusted Uropathy Associated with Cutaneous Lesion and Renal Failure

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Abstract

Encrusted uropathy is a rare condition in which infection by ureas germs, most commonly Corynebacterium urealyticum, can lead to urinary tract calcification. Moreover, it usually occurs in immunocompromised patients, especially in renal transplants patients or patients with a history of previous urological procedures. The diagnosis is made easy thanks to the contribution of imagery, combined with the measurement of urinary pH and the isolation of the responsible germ. We describe the case of a 62 year old male patient with an alkaline encrusted uropathy in native kidneys associated with cutaneous lesions and complicated with a renal failure and vein thrombosis.

Keywords: Encrusted uropathy, ultra sonography, CT, Corynebacterium.

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INTRODUCTION

Alkaline-encrusted uropathy is a severe chronic infection of urinary tract. It was first reported in 1914 [1]. More recently, alkaline-encrusted uropathy has been reported particularly in renal transplants or after surgical procedures of the urinary tract [2].

Corynebacterium urealyticum is a common skin colonizer, seen in up to 30% of hospitalized elderly individuals who are receiving broad-spectrum antibiotics. This pathogen mainly causes acute cystitis, pyelonephritis, encrusted cystitis, and encrusted pyelitis [2, 3].

In our case, the patient presented with extensive cutaneous lesions which may explain the occurrence of this disease in native kidneys with no predisposing factors and make the particularity of this report.

CASE REPORT

We report the case of a 62 year old male patient who was first admitted for etiological assessment of a skin ulceration (figure 1). During his stay at the hospital, the patient presented with dysuria and a total hematuria. The biological investigations showed a renal failure and signs of infection with positive Corynebacterium blood cultures. The ultrasounds showed bilateral nephromegaly with a thickened and irregular bladder wall (figure 2). The CT scan showed the mucosal encrustations of the bladder wall suggestive of encrusted cystitis (figure 3). There were associated a bilateral pyelitis and thrombosis of the renal veins (figure 4). The etrapenem was given as intravenous infusion in association with a good oral rehydration therapy. An improvement of his symptoms was noted with a restitution of his renal failure.

Fig-1: Skin ulceration located on the right foot with crusty borders with the evidence of a second totally crusted lesion (star)
Fig-2: Irregular thickening with calcifications of the bladder wall

Fig-3: Irregular and heterogenous thickening of the bladder wall. The calcifications are located within the intern side of the bladder wall

Fig-4: A: Bilateral thickening of the pyelic walls enhanced with the contrast associated with renal vein thrombosis (b)

**DISCUSSION**

Encrusted uropathy is usually caused by Corynebacterium urealyticum, a Gram-positive, slow-growing, lipophilic, asaccharolytic, and usually multi drug-resistant organism with strong urease activity, which can infect the upper and lower urinary tract [4].

This bacterium is a urease-producing microorganism transforming urea into ammonia which explains the modification of pH in urine that becomes alkaline. This leads to formation of struvite and calcium phosphate which are responsible for wall encrustation and stone formation.

Previously reported cases of encrusted uropathies have occurred in patients with predisposing factors. Urological procedures, prolonged catheterization, or long-term hospitalization with broad-spectrum antibiotic therapy have most commonly been reported as causative factors [5]. Encrusted uropathy has been observed in immunosuppressed patients, including renal transplant patients, and in those being treated for cancer or a systemic autoimmune disorders such as rheumatoid arthritis, systemic lupus erythematosus, or vasculitis [6, 7]. Rarely reported predisposing actors include neurologic bladder dysfunction and ectopic kidney [8].

In our case, the patient has a competent immune system and no history of urological procedures. Yet, he had extensive cutaneous lesions and since the Corynebacterium urealyticum is a common skin colonizer; those lesions may be considered as a gateway to his urinary tract infection.

In urological literature on Corynebacterium urealyticum infections, there are many isolated clinical cases or small series [9, 10], but until today there are no conclusive data on its incidence. However because of an increasing number of renal transplants and other complex urologic procedures in an older or debilitated patient population, Sánchez-Martín and al [11] demonstrate the growing increase in cases of Corynebacterium urealyticum infections.

Encrusted cystitis usually presents with dysuria and suprapubic pain. Encrusted pyelitis can be minimally symptomatic for a long period. Fever is inconstant. Macroscopic hematuria with elimination of stones and an ammonia odor of the urine are strongly indicative of this infection. It may be also revealed by a clinical consequence such as acute obstruction or renal failure in patients with transplants [12].

The specific diagnosis of C. urealyticum infection may be missed by a standard urine culture and requires a prolonged incubation for more than 48 hours on special media. In some reported cases, this bacterium was not found because it was not specifically sought [13].

Imaging features is a non invasive way that could be helpful for the diagnosis. Alkaline-encrusted cystitis or pyelitis is defined by stone encrustation of the urinary tract wall, which can be depicted on an abdominal radiograph. In the bladder, when calcification outlines the bladder wall, the diagnosis is simple. In the upper urinary tract, when calcification is bulky or associated with free stones and could be mistaken for a staghorn calculus, the diagnosis can be
more difficult [13]. Moreover, calcification of encrusted pyelitis may be radiolucent [12].

Sonography is also a useful diagnostic tool when calcifications lies in the bladder. However, in the caliceal system, this encrustation is difficult to differentiate from staghorn calculus. Therefore, CT appears to be the optimal technique to diagnose encrustation, particularly in the upper urinary tract [12].

The differential diagnosis includes schistosomiasis, tuberculosis, urothelial carcinoma, malacoplasia, cystophatie due to cyclophosphamide or mitomycin [14]. Treatment includes appropriate antimicrobial therapy, urine acidification, and surgical removal of encrustations. Corynebacterium is typically sensitive to glycopeptides, including vancomycin and teicoplanin. Acidification of the urine has a synergistic effect with antibiotics by dissolving the calcified crustations and preventing the formation of additional encrustations. Urine is acidified with oral or topical acidic preparations. Application of a topical acidic solution through a catheter or nephrostomy tube is usually needed, especially at the start of treatment. Finally, surgical resection of encrustations via cystoscopy is usually necessary and often requires multiple procedures. Left untreated, encrusted cystitis and pyelitis can eventually lead to renal failure [15].

CONCLUSION

The clinical suspicion of encrusted uropathy should be more likely considered in renal transplant and immunocompromised patients. CT is the imaging test of choice. As the other urinary tract infections, encrusted uropathy can also be complicated with renal failure and venous thrombosis. Treatment is multimodal and personalized and should be start as fast as possible to avoid complications. Finally the occurrence of urinary symptoms in old patients with extensive cutaneous lesions should be considered carefully!

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