Complete atrioventricular nodal block after propofol administration in an elderly patient undergoing total knee replacement arthroplasty
-A case report-

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Complete atrioventricular (AV) block occurs when no electrical impulses are conducted from the upper to lower chambers of the heart [1]. It is associated with high mortality and sudden death, myocardial infarction, and progressive heart failure until a pacemaker is inserted. However, the prognosis of a complete AV block improves greatly once a pacemaker is inserted [2].

Propofol has been one of the most widely used drugs for anesthesia since the early 1980s. It has several advantages over other anesthetics, such as smooth induction and a good recovery profile [3]. However, various types of arrhythmias are associated with the infusion of propofol [4]. Propofol may prolong AV conduction (or stimulus-to-His bundle interval) and Wenckebach cycle length in a concentration-dependent manner [5]. It can also decrease heart rate via central sympatholytic or vagotonic mechanisms rather than depression of baroreceptors [6].

We present a patient who experienced complete AV block that persisted after propofol administration during the induction of anesthesia for total knee replacement arthroplasty (TKRA).
Case Report

An 80-year-old woman (weight, 53 kg; height, 154 cm) was scheduled for TKRA of the left knee due to degenerative joint disease. She was diagnosed with hypertension 1 year ago but did not receive any medication. Preoperative blood and coagulation tests were normal. She had not undergone any previous operations. At admission, her vital signs were stable. Preoperative electrocardiography (ECG) showed normal sinus rhythm and a complete right bundle branch block (Fig. 1). A chest X-ray showed a hypertensive heart contour. We did not perform an echocardiogram, because it was obtained at another hospital, and cardiac function was normal except for the hypertension.

The patient was premedicated with glycopyrrolate 0.2 mg intramuscularly 30 min before anesthesia. Upon arrival in the operating room, standard ECG, pulse oximeter, noninvasive blood pressure, and bispectral index monitoring (Model A-2000; Aspect Medical Systems, Newton, MA, USA) were applied. Her vital signs were pulse rate, 76 beats/min (bpm); oxygen saturation, 97%; and blood pressure, 177/83 mmHg. Anesthesia was induced with 40 mg lidocaine and 60 mg propofol. Rocuronium was given at a dose of 0.6 mg/kg to facilitate endotracheal intubation after loss of consciousness. After a few minutes, the ECG showed a complete AV block and ventricular rhythm of about 40 bpm (Fig. 2). Despite the administration of 0.5 mg atropine, the arrhythmia persisted (blood pressure, 90/40 mmHg; pulse rate, 30–49 bpm). At that time, her trachea was intubated with a 7.0-sized endotracheal tube under direct laryngoscopy, and a radial arterial line was placed for continuous arterial pressure monitoring and blood gas analysis. A central venous catheter was also inserted via the right internal jugular vein catheter. About 10 minutes after the propofol injection, her blood pressure was 145/55 mmHg, and her pulse rate was 66 bpm. The ECG showed a sinus rhythm. The operation was delayed, and she was transferred to the intensive care unit until fully awake for close observation and further evaluation.

We assessed the patient’s creatine kinase-MB, troponin T,
and myoglobin, and all values were normal. An echocardiography taken the next day exhibited a left ventricular ejection fraction of 63%, which was suggestive of an indeterminate left ventricular filling pattern due to complete AV block. In addition, a 24-h ECG Holter monitor showed AV dissociation. Three-dimensional (3D) computed tomography of the heart revealed that the proximal and middle parts of the left anterior descending artery were narrowed by 50%. She also had a focal aortic valve and mitral annular calcification.

We had planned to perform the surgery again. She received a temporary pace maker (VDD mode) with the minimum rate was set to 60 bpm. She was taken to the operating room, where her blood pressure was 180/95 mmHg and pulse rate was 72 bpm. A 22-gauge catheter was placed in the left radial artery for blood pressure monitoring. A central venous catheter was already inserted via the right internal jugular vein. The patient was placed in the right lateral decubitus position, and spinal anesthesia was performed at the L4/L5 interspinous space with 0.5% hyperbaric bupivacaine 8 mg. The sensory level reached the 10th thoracic segment. The surgeon then began the operation with an initial blood pressure of 170/80 mmHg and a heart rate of 90 bpm. The operation lasted about 2 h. She asked for sedation and we administered midazolam 3 mg intravenously. However, because adequate sedation was not achieved, she received a continuous infusion (50 μg/kg/min). A few minutes after the propofol infusion, the ECG showed a complete AV block with a ventricular rhythm of about 40 bpm. The complete AV block disappeared soon after the propofol infusion was stopped. During the remainder of the surgery, her vital signs were stable. At the end of the operation, she had a blood pressure of 150/55 mmHg, a pulse rate of 55 bpm, and oxygen saturation of 96%.

A permanent pacemaker (DDDR mode) on postoperative day 2 was inserted (Fig. 3). On postoperative day 27, she remained hemodynamically stable and was discharged from the hospital uneventfully.

**Discussion**

Complete AV block may even lead to asystole [7]. Complete AV block is a complete dissociation of atrial and ventricular activities. The ventricular escape mechanism can occur anywhere from the AV node to the bundle-branch of the Purkinje system [2]. In general, the causes of complete AV block include myocardial infarction, iatrogenic injuries and drugs, such as quinidine, procainamide, flecainide, beta-blockers, amiodarone and calcium channel blockers [7,8].

The risk factors of AV block are fibrosis and sclerosis of the conduction system, ischemic heart disease and intraventricular conduction disturbance. Our patient may have been at risk for a complete AV block because she had conduction disorder (right bundle branch block), had mild coronary artery stenosis, and had annular calcification. However, although 3D computed tomography of the heart revealed that the proximal and middle parts of the left anterior descending artery were narrowed by 50%, clinical features did not indicate a diagnosis of myocardial infarction, and normal cardiac enzyme values were obtained. There was no confirmed evidence of ischemia by a cardiologist. We may have been able to rule out complete AV block due to myocardial infarction.

AV block occurred twice immediately after propofol administration in our patient. During the first operation, lidocaine, rocuronium and anesthetic agents, such as propofol and desflurane may have been the cause of the complete AV block. However, during the second operation, as the heart rate was kept > 60 bpm, the failure of the temporary pacemaker was not
noticed before the AV block occurred after the administration of propofol without lidocaine. Therefore, the administration of propofol alone may have induced the complete AV block.

Propofol can affect AV nodes through depressed sympathetic outflow, enhanced vagal tone, and altered baroreceptor sensitivity [5]. Studies have also described a direct inhibitory effect of propofol on myocardial contractility. Propofol acts directly on the calcium channel proteins to diminish voltage-dependent L-type calcium channels and cardiac contractility [9]. The L-type calcium channel plays an important role in the plateau phase of the cardiac action potential as well as to pacemaker activity in nodal cells. The influx of calcium ion through voltage-dependent L-type calcium channel plays an essential role in cardiac excitability and in coupling excitation to contraction. This influx of calcium ion triggers the release of intracellular stores of calcium ion from the sarcoplasmic reticulum, and the ensuing intracellular calcium ion transient results in activation of the myofilaments [10]. Therefore, propofol retards AV nodal conduction by directly suppressing calcium channels. Several reports have been published about propofol-associated cardiac arrhythmias or adverse events [11,12].

Propofol may also produce sinus bradycardia and complete AV block in adult patients [13]. Yorozu et al. [14] reported a retrospective examination showing factors that influence intraoperative bradycardia in adult patients. They revealed that the most prominent factor to affect heart rate was premedication with atropine. Other factors such as the use of muscle relaxants, endotracheal intubation, and neuraxial blockade were determined to affect heart rate only temporarily. Atropine significantly antagonized propofol-induced stimulus to a His bundle interval prolongation [5].

The cardiovascular effects of propofol are a negative chronotropic effect, a negative dromotropic effect, and a frequency-dependent effect [5]. The negative chronotropic effect of propofol is concentration-dependent based on slowing of spontaneous atrial rate. The negative dromotropic effect of propofol is concentration-dependent prolongation of AV nodal conduction time. This effect is predominantly mediated by M\textsubscript{1} muscarinic receptors. The frequency-dependent effect of propofol is greater at faster atrial pacing rate than at slower atrial pacing rates.

Wu et al. [15] reported propofol has been shown to retard the atrial rate and depress the AV nodal conduction at concentration ranging from 10 to 100 μM, and propofol at 100 μM might also cause AV block. They thought that the negative dromotropic and chronotropic effects of propofol have been potential properties of this drug which may be manifested in patients with diseased hearts.

In conclusion, complete AV block may be induced by propofol administration. In patients with risk factors, physicians should closely monitor patients in whom an arrhythmia occurs when anesthesia is induced with propofol.

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