Case Report

The Missing LNK: Evolution from Cytosis to Chronic Myelomonocytic Leukemia in a Patient with Multiple Sclerosis and Germline SH2B3 Mutation

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Chronic myelomonocytic leukemia (CMML) is a rare but distinct hematological neoplasm with overlapping features of myelodysplastic syndrome (MDS) and myeloproliferative neoplasm (MPN). Individuals with CMML have persistent monocytosis and bone marrow dyspoiesis associated with various constitutional symptoms like fevers, unintentional weight loss, or night sweats. It is established that there is a strong association of CMML with preceding or coexisting autoimmune diseases and systemic inflammatory syndromes affecting around 20% of patients. Various molecular abnormalities like TET2, SRSF2, ASXL1, and RAS are reported in the pathogenesis of CMML, but no such mutations have been described to explain the strong association of autoimmune diseases and severe inflammatory phenotype seen in CMML. Germline mutation in SH2B3 had been reported before to affect a family with autoimmune disorders and acute lymphoblastic leukemia. In this report, we describe the first case of a female subject with many years of preceding history of multiple sclerosis before the diagnosis of CMML. We outline the evidence supporting the pathogenic role of SH2B3 germline mutation, connecting the dots of association between autoimmune diseases and CMML genesis.

1. Introduction

Genes influencing epigenetics, cell signaling, splicing machinery, and transcription factors of the hematopoietic cells are commonly mutated in chronic myelomonocytic leukemia (CMML) [1]. The Janus-activated kinase/signal transducer and activator of transcription (JAK/STAT) pathway plays a key role in normal hematopoietic stem cell growth and differentiation and is activated abnormally in various myeloproliferative neoplasms (MPNs), including CMML. In normal circumstances, various growth factors (erythropoietin, thrombopoietin, granulocyte-macrophage colony stimulating factor) and cytokines (like IL-3 and IL-7) activate this pathway, and negative regulators of this pathway like SOCS1/3 and LNK adaptors are crucial in limiting cell proliferation. LNK (encoded by the gene SH2B3) contains an important src homology 2 domain that adapts to phosphorylated JAK2, thereby negatively regulating JAK2-activated pathways [2]. Germline mutations in the LNK/SH2B3 gene have been reported in acute lymphoblastic leukemia and MPNs other than CMML [3, 4], and various
single-nucleotide polymorphisms are associated with autoimmune diseases, adipose tissue inflammation, diabetes, and cardiovascular diseases [5–7]. While somatic mutations are well described in the pathogenesis of CMML, germline mutations outside of syndromes such as RASopathies are not well characterized. We report the first case of CMML with SH2B3 p.E395K germline mutation.

2. Case Presentation

A 37-year-old Caucasian woman was diagnosed with multiple sclerosis (MS) after presenting with headaches, optic neuropathy, and peripheral vision loss. A complete blood count at the time of diagnosis of MS showed leukocytosis and thrombocytosis (Supplementary Materials (see here)). A bone marrow biopsy performed 20 months from diagnosis of MS showed hypercellular marrow (80%) with orderly trilineage hematopoietic maturation and mild erythroid dyspoiesis (Figures 1(a)–1(c)). No anomalies were detected by flow cytometry. Cyto genetic studies showed a normal diploid karyotype, and no abnormalities were identified by a myelodysplastic syndrome (MDS)/MPN fluorescence in situ hybridization (FISH) panel. JAK2 p.V617F mutation analysis by next-generation sequencing (NGS) and BCR/ABL1 qualitative screening by reverse transcriptase polymerase chain reaction (RT-PCR) were unremarkable. A 40-gene myeloid mutation panel, validated for somatic mutation analysis using semiconductor-based NGS (Ion Torrent, ThermoFisher Scientific™, Waltham, Massachusetts), was performed on genomic DNA extracted from a peripheral blood specimen. This assay identified a variant in SH2B3 (NCBI Accession NM_005475.2) in exon 6 (p.E395K; c.1183G > A; sequence compared to hg19 reference sequence) with a variant allele frequency (VAF) of 52%. It was classified as likely pathogenic due to its presence in the conserved src homology 2 (SH2) domain, the association of SH2B3 variants with MPNs, and recent data indicating that the variant was pathogenic in the germline setting of familial erythrocytosis [8]. Other established driver mutations in genes that are associated with various MPNs, including those in JAK2 (exons 12–15), TPO receptor (MPL), and calreticulin (CALR) were not detected. Overall, the bone marrow morphological and immunophenotypic evaluation were insufficient to establish a diagnosis of MPN.

Because of the VAF of SH2B3 at 52% in this patient, and because there is a population frequency associated with this SH2B3 variant in the gnomAD browser (Broad Institute, Cambridge, MA) of 0.015%, it was considered that this could potentially be a germline variant. Therefore, after consent, a fibroblast culture was established from a skin punch biopsy and DNA was extracted. A targeted dideoxy sequencing assay was performed, detecting the same SH2B3 heterozygous missense variant, indicating that it was of germline origin (Figure 1(g)) classified as a variant of unknown clinical significance using germline classification guidelines. Outside breast cancer, there was no significant family history of hematological disorders at the time of presentation and genotyping of family members could not be performed. Using the DNA extracted from the patient’s skin fibroblasts, a customized 83-gene NGS panel performed for looking into hereditary cancer syndromes revealed heterozygous variants of uncertain significance (based on the NCBI ClinVar database) in exon 22, PDGFRB (c.2989G > A (p.E997K): NM_006206.4 cDNA reference sequence) gene, and exon 1, VHL (c.25G > A (p.D9N): NM_000551.3 cDNA reference sequence) gene. Screening for Fanconi anemia by chromosome breakage using mitomycin C or diepoxybutane was unremarkable.

The patient subsequently developed increasing leukocytosis and frequent night sweats. A repeat bone marrow biopsy was performed 2 years since the original one, which showed a hypercellular marrow (90%) with dysgranulopoiesis, dysmegakaryopoiesis, and persistent monocytosis, consistent with CMML without excess blasts (CMML-0; Figures 1(d) and 1(e)). Flow cytometry was unremarkable. Cytogenetic studies by karyotype analysis and a FISH panel for MDS/MPN showed normal results including probes for JAK2, PDGFRα, PDGFRβ, and FGFR1 gene rearrangements. A myeloid mutation panel was performed on DNA extracted from the repeat bone marrow, which demonstrated the SH2B3 p.E395K variant at 51% VAF (Figure 1(f)). As two years had passed, this variant was subsequently classified as pathogenic by one submitter in the NCBI ClinVar database and was also modeled in silico by PolyPhen and SIFT programs as probably damaging and deleterious, respectively. Because of these updates, and due to the patient’s clinical progression, the classification of “likely pathogenic” was maintained from the original mutation analysis, assessing for somatic mutations. No other somatic mutations were identified upon the subsequent analysis of the bone marrow.

3. Discussion

CMML is a type of MDS/MPN overlap neoplasm with clinical, laboratory, and morphological features suggestive of both MDS and MPN. Various somatic mutations have been reported with great frequency in CMML with TET2 (~50–60%), SRSF2 (~50%), ASXL1 (~40%), SETBP1 (~15%), and RAS pathway (~30% involving KRAS, NRAS, PTPN11, CBL, and NF1) being the most frequent of all [9]. Somatic mutations in SH2B3 are rare in myeloid neoplasms, and only a handful cases of germline SH2B3 mutations have been reported so far in patients with MDS/MPN, who had various clinical phenotypes based on the coexisting somatic driver mutation (Table 1) [10–13]. In addition to MPNs, SH2B3 mutations have also been discovered in people with idiopathic erythrocytosis without a clear etiology and with subnormal erythropoietin.

The SH2B3 gene encodes for an adaptor protein, LNK, which is a negative regulator of cytokine signaling through interaction between its SH2 domain and phosphorylated JAK2, attenuating JAK2/STAT signaling. This negative feedback loop is important for immunologic balancing and regulation in physiological and pathological conditions in which the JAK/STAT pathway is activated, such as MPNs. The SH2B3 gene has 8 exons and is located on chromosome 12q24. There are three functional domains in LNK which
includes Phenylalanine Zipper (dimerization domain), Pleckstrin Homology (PH), and Src Homology 2 regulatory (SH2) domains [4]. Various somatic mutations affecting any one of those domains have been described so far in patients with MPNs. The germline mutations reported so far includes p.E208Q and p.E400K which affects PH and SH2 domains, respectively. Our patient’s mutation leads to substitution of lysine for a glutamate at position 395, which substitutes a positively charged amino acid (Lys, K) for a negatively charged amino acid (Glu, E). This change in charge could potentially affect the SH2 domain function. The importance of the heterozygous variants discovered in PDGFRA and VHL genes is uncertain as she did not have any personal or family history of gastrointestinal stromal tumors seen with PDGFRA germline mutations, renal cell carcinoma, pheochromocytoma, or other tumors seen in von Hippel–Lindau (VHL) disease germline mutation (Figure 2).

Patients with CMLM have increased odds of preceding history of chronic inflammation and/or autoimmune diseases [14]. The mechanistic link behind that is still unclear.

Table 1: Germline mutations in SH2B3, previously reported in MPN.

| Germline mutation (domain) | Disease | Driver mutation | Reference |
|----------------------------|---------|----------------|-----------|
| LNK p.E395K (SH2)          | CMLM    | Not identified  | Present case |
| LNK p.E400K (SH2)          | MDS/MPN-RS-T | SF3B1              | [10]       |
| LNK p.E208Q (PH)           | PMF     | CALR type 1 [11]; not identified [12] | [11, 12] |
| LNK p.E208Q (PH)           | ET      | JAK2 V617F [11]; not identified [12] | [11, 12] |
| LNK p.E208Q (PH)           | PV (two patients) | JAK2 V617F | [13]       |

Polycythemia vera (PV) or essential thrombocythemia (ET) or primary myelofibrosis (PMF) or MDS/MPN with ring sideroblasts and thrombocytosis.
Mutations in SH2B3 are strongly linked with inflammatory and autoimmune syndromes, and the locus 12q24 has been postulated to be linked to type 1 diabetes mellitus [15]. Our patient had a history of multiple sclerosis preceding the diagnosis of CMML, suggesting that the SH2B3 mutation is possibly associated with both conditions. She continues to receive her treatment of MS with ocrelizumab and is currently on aspirin without any cytoreductive therapy for CMML.

4. Conclusions

This case uniquely shows the evolution of abnormal hematopoiesis in a patient with a history of multiple sclerosis and a germline LNK/SH2B3 p.E395K mutation, who developed progressive changes in bone marrow morphology in tandem with the evolution of cytosis to CMML. Interestingly, no other common driver mutations were identified in this patient, at least in the 40 genes assessed by the NGS panel, which includes all genes mutated in CMML at a high frequency. This report also suggests that dysregulation of LNK/SH2B3 can be one of the possible reasons behind the pathogenesis of the observed strong association between autoimmune diseases and CMML, which needs further exploration. Finally, this case demonstrates that classification of rare variants is difficult, especially when the somatic versus germline nature of the variant is not known. If there is any suspicion that a variant, identified by somatic mutation analysis, could be a germline mutation, further discussion regarding fibroblast culture analysis and genetic counseling may be appropriate in the setting of a hematologic disorder.

Data Availability

The data analyzed in the current work are available from the corresponding author on reasonable request.

Conflicts of Interest

Krishna Gundabolu reports receiving consulting fees from Blueprint Medicines, Novartis Pharmaceuticals, BMS company, BioMarin Pharmaceuticals, Jazz Pharmaceuticals, Bayer, Pfizer Pharmaceuticals, and research funding (institutional) for the Samus therapeutics trial and owns stock in Geron. Vijaya R Bhatt reports receiving consulting fees from Takeda, Omeros, Agios, Abbvie, Partner therapeutics, Rigel, Incyte and Partnership for Health Analytic Research, LLC (funded by Jazz), and research funding (institutional) from Jazz, Abbvie, Pfizer, Incyte, Tolero Pharmaceuticals Inc., and the National Marrow Donor Program. Drug support for a trial is provided by Oncoceutics. Zaid Al-Kadhimi owns stock in Intellia, Moderna, Bluebird, Pacific, Gilead, Novavax, and Regeneron. Rana K Zabad reports consulting fees from Genentech, Bayer, Celgene/BMS, Biogen, Sanofi, and Novartis and industry funded research with Genentech and Novartis, and is an adjudication committee member for MedDay pharmaceuticals. There are no conflicts of interest for other authors.

Authors’ Contributions

K. G., A. M. C. V., B. J. D., C. J. A. wrote the manuscript. B. J. D. and A. M. C. V. performed the genetic analysis. V. R. B., L. J. M., Z. S. A., R. K. Z., and J. J. C. revised the manuscript.
Supplementary Materials

Serial values of complete blood count with relevant white blood cell differential counts are provided, showing the changes over time since her original diagnosis of multiple sclerosis till the diagnosis of CMML and beyond. (Supplementary Materials)

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