Stellar coronal X-ray emission and surface magnetic flux

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ABSTRACT

Context. Observations show that the coronal X-ray emission of the Sun and other stars depends on the surface magnetic field. Aims. Using power-law scaling relations between different physical parameters, we aim to build an analytical model to connect the observed X-ray emission to the surface magnetic flux. Methods. The basis for our model are the scaling laws of Rosner, Tucker & Vaiana (RTV) that connect the temperature and pressure of a coronal loop to its length and energy input. To estimate the energy flux into the upper atmosphere, we used scalings derived for different heating mechanisms, such as field-line braiding or Alfvén wave heating. We supplemented this with observed relations between active region size and magnetic flux and derived scalings of how X-ray emissivity depends on temperature. Results. Based on our analytical model, we find a power-law dependence of the X-ray emission on the magnetic flux, \( L_X \propto \Phi^m \), with a power-law index \( m \) being in the range from about one to two. This finding is consistent with a wide range of observations, from individual features on the Sun, such as bright points or active regions, to stars of different types and varying levels of activity. The power-law index \( m \) depends on the choice of the heating mechanism, and our results slightly favor the braiding and nanoflare scenarios over Alfvén wave heating. In addition, the choice of instrument will have an impact on the power-law index \( m \) because of the sensitivity of the observed wavelength region to the temperature of the coronal plasma. Conclusions. Overall, our simple analytical model based on the RTV scaling laws gives a good representation of the observed X-ray emission. Therefore we might be able to understand stellar coronal activity though a collection of basic building blocks, like loops, which we can study in spatially resolved detail on the Sun.

Key words. Sun: corona – stars: coronae – Sun: X-rays, gamma rays – methods: analytical – X-rays: stars

1. Introduction

The Sun, other solar-like stars, and, in particular, other more active stars are sources of X-ray emission. These X-rays are mostly of a thermal nature and originate from stellar coronae due to the high temperatures, well above 1 MK, in their outer atmospheres. Observational studies show a clear dependence of the X-ray emission on the surface magnetic field for individual structures on the Sun as well as for stars as a whole. Combining measurements from the Sun and other stars, Pevtsov et al. (2003) found this dependence to be slightly steeper than linear following roughly a power law, \( L_X \propto \Phi^{1.15} \). Here \( L_X \) and \( \Phi \) are the X-ray luminosity and the unsigned surface magnetic flux. Different studies found different power-law relations, depending on the structures and stars that were investigated. For example, studying the X-ray emission and the surface magnetic field of solar-like stars, Kochukhov et al. (2020) found a relation of \( L_X \propto \Phi^{2.68} \). Observations of different solar magnetic structures, such as active regions, bright points, or microflares, and of stars with various levels of activity, reveal power-law relations between X-ray emission and the magnetic field. Mostly the power-law indices range from about one to two (see Table 1 for a non-complete list). There is quite a large scatter in the X-ray observations of other stars, in part because the data usually used for a statistical analysis of the X-ray emission might capture different phases of stellar activity (e.g., Vidotto et al. 2014).

On the Sun, most of the total X-ray emission originates from coronal loop systems, and it is widely assumed to be also true for other (solar-like and more) stars (e.g., Güdel 2004). The general properties of these loops can be described using the Rosner, Tucker & Vaiana (RTV) scaling laws, named after the authors of the original study (Rosner et al. 1978). These scaling relations connect the temperature and pressure of a loop to the (volumetric) heating rate and the length of the loop through power laws and will be described in more detail in Sect. 4. To derive the scaling laws, one usually assumes a one-dimensional coronal loop in hydrostatic equilibrium with a constant volumetric heating rate where the loop length is smaller than the pressure scale height. An analytical analysis of the balance between energy input, heat conduction, and radiative cooling then yields the scaling laws (e.g., Sect. 6.5.1A of Priest 1982). Even though they were developed for simple static coronal loops, the RTV scaling laws still capture the average properties of quite complex situations as found in three-dimensional coronal models (Bourdin et al. 2016). The RTV scaling laws have also been used extensively in stellar coronal studies (e.g., Güdel 2004) and can thus be considered as a basis for our understanding of stellar coronae.

The RTV scaling relations require some information on the heating rate (and the loop length) to determine the temperature and pressure (and thus the density) of a loop. The exact form of the mechanism to heat a stellar corona to temperatures in excess of 1 MK is still open to debate. In our study, we employ two widely used proposals, mainly for illustrative purposes, namely the Alfvén wave model (e.g., van Ballegooijen et al. 2011) and the nanoflare or field-line braiding model (Parker 1972, 1983). For both scenarios, the upward-directed Poynting flux, and by
this, the heating rate can be scaled as a function of the surface magnetic field (see Sect. 3). With that scaling of the energy input with the surface magnetic field, we have the critical input to derive the temperature and density from the RTV scaling relations.

Based on the temperature and density of a loop one can estimate the X-ray emission to be expected from the structure. Under coronal equilibrium conditions, essentially, the optically thin emission is proportional to the density squared, and is a function of temperature, often called the temperature response function or contribution function (e.g., Del Zanna & Mason 2018). Using the appropriate atomic data, one can then calculate the X-ray emission over a given wavelength region, for the continuum emission alone (Culhane 1969) and also including emission lines (Landini & Monsignori Fossi 1970). For different wavelength regions the temperature response functions will be different, with emission from shorter wavelength intervals having the tendency to originate from hotter plasma (e.g., Mewe & Gronenschild 1981, their Fig. 3; or Mewe et al. 1985, their Fig. 1). In order to evaluate the temperature response for a given instrument one should use a modern atomic data base tool (e.g., CHIANTI; Dere et al. 1997) and the wavelength dependence of the effective area of the instrument. We employ both in our considerations in Sect. 2.

In this study, we use the temperature response function of various X-ray detectors (Sect. 2) and two of the main coronal heating mechanisms (Sect. 3) together with the RTV scaling laws (Sect. 4) to derive an analytical model describing how the X-ray emission depends on the unsignaled surface magnetic flux. Finally, in Sect. 5 we compare our model with stellar observations and discuss the consequences for stellar surface magnetic fields as well as for stellar coronal heating mechanisms.

## 2. Temperature dependence of X-ray radiation

Optically thin X-ray radiation is a combination of emission lines and continua that both change with the temperature of the source region. In general, both line and continuum emission are also proportional to the (electron) density squared, so that

\[ F_X = n^2 R(T), \]

where \( F_X \) is the loss of energy (per volume and time) through optically thin X-ray radiation, and \( n \) is the number density. The function \( R(T) \) characterizes the temperature dependence. When considering only one single emission line, this would be the contribution function, typically including collisional excitation rates, ionization fraction, and other factors. When considering the total emission from a number of lines (plus the continuum), \( R(T) \) would essentially be the sum of all contribution functions involved. Then, one has to consider that these lines are spread over a wavelength region and hence one has to account for the efficiency of the instrument as a function of wavelength. In those cases, \( R(T) \) is usually called temperature response, and we will use this term in the remainder of this paper.

To calculate the temperature response for a number of X-ray instruments we use the CHIANTI atomic data package (v9.0.1; Dere et al. 1997, 2019). We first calculate the radiances of the emission lines in a range of wavelengths \( \lambda \) from 0.1 to 250 Å for an isothermal plasma at temperature \( T \). For this we employ the CHIANTI routine ch_synthetic.pro. In the second step we use make_chianti_spec.pro to calculate the resulting spectrum \( I_T(\lambda) \) in this same wavelength range, which also includes the calculation of the continua. We do this for a number of temperatures \( T \) in the range from \( \log_{10} T [K] = 5.5 \) to 8.0. For the calculation of the spectra, we use the standard CHIANTI ionization equilibrium and photospheric abundances. In the final step we multiply the spectrum at each temperature by the effective area \( A_{\text{eff}}(\lambda) \) of a number of instrument-filter-detector combinations (see Table 2). Here we use the values as stored in CHIANTI. The response at temperature \( T \) is then simply given by the integral of intensity and effective area over wavelength,

\[ R(T) = \int I_T(\lambda) A_{\text{eff}}(\lambda) \, d\lambda. \]

Typically, the response of an X-ray instrument peaks at temperatures around (or slightly below) 10 MK. For lower temperatures the response drops quickly (see Fig. 1). This is the case for a wide range of X-ray instruments, including major instruments for stellar observations, such as XMM-Newton (Jansen et al. 2001), Chandra X-ray observatory (Weisskopf et al. 2000), Röntgensatellit (ROSAT; Pfeffermann et al. 1986), and Einstein observatory (Giacconi et al. 1979). The current main instrument for solar studies behaves in a similar way (Hinode/XRT; Golub et al. 2007).

Coronae of the Sun and other stars harbor mostly plasma in the range from about 1 to 10 MK. To implement the temperature response into a power-law estimate (in Sect. 4) we consider a simplified variant. The change of the temperature response below 10 MK is reasonably well characterized by a power-law

\[ R(T) \propto T^{p}, \]

### Table 1. Observed relations of X-ray luminosity and X-ray flux to surface magnetic flux and magnetic field.

| Objects                  | Index \( m \) in \( L_X \sim \Phi^m \) | Index \( p \) in \( F_X \sim B^p \) | Reference          |
|-------------------------|-------------------------------------|-------------------------------------|--------------------|
| Solar active regions    | 1.19                                |                                     | Fisher et al. (1998) |
| Solar X-ray bright points | 0.89                               |                                     | Longcope et al. (2001) |
| Solar microflares       | 1.48                                |                                     | Kirichenko & Bogachev (2017) |
| Solar disk averages     | 1.86                                |                                     | Wolfson et al. (2000) |
| Solar disk averages     | 1.5–2.2                             |                                     | Benevolenskaya (2007) |
| Solar-like stars (mostly G type) | 2.68                    |                                     | Kochukhov et al. (2020) |
| Low mass stars (F, G, K, M) | 1.80               |                                     | Vidotto et al. (2014) |
| Sun and large sample of stars | 1.15                   |                                     | Pevtsov et al. (2003) |

In CHIANTI database: dbase/ancillary_data/instrument_responses/. For Hinode/XRT, CHIANTI does not list effective areas so we use values supplied in the XRT branch of SOLARSOFT (www.lmsal.com/solarsoft).
Table 2. Overview of selected X-ray instruments and the resulting power-law indices.

| Instrument       | Detector/Filter    | Energy range (a) [keV] | Power-law (c) index α for: R ∝ T(β) | m for: L_X ∝ Φ^m (d) | Nanoflares (β = 2) | Alfven waves (β = 1) |
|------------------|--------------------|------------------------|---------------------------------------|------------------------|-------------------|----------------------|
| XMM/EPIC         | pn_med             | 0.05–12                | 0.7 ± 0.03                            | 1.0 ± 0.3              | 0.8 ± 0.2         |
| Einstein         | ipc                | 0.1–5                  | 0.7 ± 0.04                            | 1.0 ± 0.3              | 0.8 ± 0.2         |
| Chandra/LETG     | acis-s_order0      | 0.07–10                | 1.2 ± 0.1                             | 1.1 ± 0.3              | 0.9 ± 0.2         |
| ROSAT            | pspc_brn           | 0.1–2.3                | 1.6 ± 0.1                             | 1.2 ± 0.3              | 0.9 ± 0.2         |
| XMM/RGS          | rgs2_o1            | 0.3–2.5                | 1.8 ± 0.2                             | 1.3 ± 0.3              | 1.0 ± 0.3         |
| Hinode/XRT       | Al-poly            | 0.2–3                  | 2.1 ± 0.2                             | 1.3 ± 0.4              | 1.0 ± 0.3         |
| Chandra/HETG     | acis-s_heg1meg1    | 0.4–10                 | 3.1 ± 0.3                             | 1.6 ± 0.4              | 1.2 ± 0.3         |

Notes. (a) The detector or filter type refers to the naming convention as used in the CHIANTI database for the effective area for the respective instrument-detector-filter combination. (b) The energy ranges are estimates based on the effective areas as listed in CHIANTI or as available in SOLARSOFT (in the case of Hinode/XRT). (c) The power-law fits to the temperature responses R(T) as shown in Fig. 1 have been performed in the range of log_{10} T [K] from 5.9 to 6.9 (for ROSAT the lower end of the fit range is 6.2 to avoid the bump at lower temperatures). (d) The power-law indices m as defined in Eq. (13), are calculated for γ = 1 as in Eq. (5) and δ = 0.819 as in Eq. (7) for the two heating processes (nanoflares, Alfven waves; see Sect. 3).

3. Magnetic field and heating of coronal plasma

The plasma in the corona of the Sun and other stars is heated to temperatures of well above 1 MK. In view of the scaling laws to be discussed in Sect. 4, we first consider how to relate the heat input into the corona to the magnetic field on the surface of the Sun or a star. For this we consider two of the main heating mechanisms, namely Alfven wave heating (van Ballegooijen et al. 2011) and field-line braiding (or nanoflare heating Parker 1972, 1983). In order to get a scaling of the energy flux into the upper atmosphere, the Poynting flux, we follow the discussion in Fisher et al. (1998). In general, one can relate the Poynting flux in the vertical direction, S_z, to the vertical surface unsigned magnetic field B by

\[ S_z \propto B^\beta \]

with \( \beta = 2 \) : braiding/nanoflares,
\( \beta = 1 \) : Alfven waves.

In the case of braiding, the magnetic field B at the surface is driven by convective flows with a velocity v. Neglecting resistivity, the Poynting flux \( S = -(v \times B) \times B/\mu_0 \) in the vertical direction can be approximated by \( S_z \propto v B^2 \) (Fisher et al. 1998, Eq. (3)), where v is the horizontal photospheric velocity. Hence the exponent \( \beta = 2 \) in Eq. (4) for field-line braiding (or nanoflares).

In the case of an Alfvén wave propagating into the corona, the wave energy flux is given by \( \rho v^2 \nu_{prop} \), with density \( \rho \), mean square velocity amplitude \( v^2 \), and the propagation speed being the Alfvén speed, \( \nu_{prop} = v_A \). Because the Alfvén speed is proportional to the magnetic field B, so is the energy flux of the Alfvén wave (Fisher et al. 1998, Eq. (2)). Hence the exponent \( \beta = 1 \) in Eq. (4) for Alfvén waves.

In the remainder of this study, we will use the values of \( \beta = 1 \) and 2 just to represent the possible ranges of what we might expect for different heating processes. Other possible parameterizations have been suggested and used, such as \( \beta = 1.75 \) based on magnetohydrodynamics (MHD) turbulence models (Rappazzo et al. 2008; van Wettum et al. 2013), or \( \beta = 1 \) derived...
from full-sun visualizations through 1D parameterized models (Schrijver et al. 2004).

For the scaling laws discussed in Sect. 4 the volumetric heating rate $H$ is required. If all the Poynting flux $S_z$ injected through the bottom boundary is dissipated in the corona, then the dissipated energy integrated in height should equal the Poynting flux at the bottom, that is, $S_z = \int H \, dz$. This has been shown to be the case in 3D MHD models (e.g., Bingert & Peter 2011). If the volumetric heating $H$ is constant, then $S_z = H \, L$, where $L$ is the length (or height) of the coronal structure. To be more general, we allow the influx of energy, the Poynting flux, to be related by a power law to the heating rate,

$$H \, L \propto S_z^\gamma.$$  \hspace{1cm} (5)

In the remainder of this study we will assume $\gamma = 1$, but will keep $\gamma$ in the equations.

Finally, we have to relate the surface unsigned magnetic field strength $B$ to the unsigned magnetic flux $\Phi$ in the region considered, for example, a coronal bright point, an active region, or a whole star. If we consider $B$ to be the average magnetic field strength, then the magnetic flux would be given by

$$\Phi = B \, A,$$  \hspace{1cm} (6)

where $A$ is the (weighted) area of the respective region (using the same terminology as Fisher et al. 1998). The area of an active region can be related to the magnetic flux through a power law as

$$A \propto \Phi^\delta \quad \text{with} \quad \delta = 0.819.$$  \hspace{1cm} (7)

If $\delta$ were unity, this would imply that the (average) magnetic field strength in each active region is the same. In their analysis of observed solar magnetograms, Fisher et al. (1998) found a value of $\delta = 0.819$ (their Sect.4.1.3, following their Eq. (18)). This value of $\delta < 1$ implies that larger active regions have a magnetic flux that is large not only because of the greater area coverage, but also because the (peak or average) magnetic field strength is higher. We will discuss the special cases of $\delta = 0$ and $\delta = 1$ in Sect. 5.2.

Interestingly, Eq. (7) is also roughly valid for other stars. In a study of solar-like stars, Kuchukhov et al. (2020) found a similar power-law relation based on the filling factor $f$ and the averaged surface magnetic field $\langle B \rangle$ as $f \propto \langle B \rangle^\delta$ with $\delta = 0.86$ (see their Fig. 8). This filling factor $f$ is defined as the ratio of the surface area covered by a magnetic structure (e.g., active region) $A$ to the total surface area of a star $A_{\text{star}}$. Then with Eq. (6), this relation can be rearranged to $A \propto A_{\text{star}}^{(1-\delta)} \langle B \rangle^\delta$. Since $\delta \approx 1$ we can ignore $A_{\text{star}}$ and retrieve the same relation as Eq. (7).

A similar conclusion can be drawn from a study of stars with different spectral types and activity levels (See et al. 2019). In that study, the estimated filling factor $f$ using the large-scale surface magnetic field and total surface magnetic flux follows a similar power-law relation as in the work of Kochukhov et al. (2020) but with $\delta = 0.78$. In conclusion, these results of stellar observations provide further support for using Eq. (7) with $\delta = 0.819$ in our model.

To estimate the length $L$ of the coronal structure, we assume that this is related to the square root of the area $A$; that is, to the linear scale of the region considered,

$$L \propto A^{1/2}.$$  \hspace{1cm} (8)

Basically, this consideration assumes that the separation length of two (main) magnetic polarities of opposite sign in the active region is proportional to the linear extent of the active region. In the case of the Sun this can be confirmed through observations (see, e.g., Cameron et al. 2010, their Fig. 1). We will discuss this limitation in Sect. 5.3.

With the relations in Eqs. (4)–(8) we can find how the heating rate $H$ and length scale $L$ depend on the (average) magnetic field $B$ or the magnetic flux $\Phi$. This and the discussion in Sect. 2 will allow us in the following to derive a scaling between the X-ray emission and the surface magnetic flux.

### 4. Scaling laws: Coronal emission versus magnetic flux

The thermal properties of coronal loops, their temperature, density, and pressure structure were described in 1D models more than 40 yr ago. An early key finding that still is a pillar of coronal physics are the so-called RTV scaling laws. These relate the length $L$ and (volumetric) heating rate $H$ of a loop to its temperature $T$ and pressure $p$ (Rosner et al. 1978). In this section, we will employ these scaling laws together with the discussions in Sects. 2 and 3 to derive a scaling between X-ray emission and surface magnetic flux.

The original scaling laws presented by Rosner et al. (1978) are

$$T \propto (p\, L)^{1/3} \quad \text{and} \quad H \propto p^{\gamma/6} L^{-3/6}.$$  \hspace{1cm} (9)

They are commonly known as the RTV scaling laws named after the initials of the authors. Essentially, these can be derived by comparing energy input, energy redistribution through heat conduction, and radiative losses (see, e.g., Priest 1982, Sect. 6.5).

The RTV scaling relations can be rearranged to express temperature and density in terms of heating rate and loop length,

$$T \propto H^{2/7} L^{3/7} \quad \text{and} \quad n \propto H^{6/7} L^{1/7}.$$  \hspace{1cm} (10)

Here we used the number density $n$ through the ideal gas law, $n \propto p/T$. While originally derived for static 1D loops, these scaling laws still give a good representation in more complex situations. For example, these RTV relations capture quite well the average properties of time-dependent 3D MHD models of an active region (Bourdin et al. 2016).

Observations show that the coronal density $n$ depends on the stellar rotation rate $\Omega$. While the RTV scaling laws do not explicitly take into account this dependency, they implicitly include it. The heating rate $H$ depends on the surface magnetic field $B$ (see Eqs. (4) and (5)), which itself depends on the stellar rotation rate $\Omega$. Hence, through Eq. (10) the coronal density depends implicitly on rotation and thus would change from star to star. We assume $B \propto \Omega^\beta$, which is representative of observations that give a range of power-law indices from 0.7 to 1.3 (Kuchukhov et al. 2020; Vidotto et al. 2014). Together with Eqs. (4), (5), and (10) this yields $n \propto \Omega^{6.57}$ (for $\beta = 1$ and neglecting the dependence on the length $L$). Thus, for Alfvén wave heating ($\beta = 1$) this model result is consistent with observations by Ivanova & Taam (2003) who found a power-law relation $n \propto \Omega^{6.6}$. Thus we conclude that our model properly treats the change in the coronal density due to the variation of stellar activity introduced by rotation, even though only implicitly.

We can now derive the relation between X-rays and (surface) magnetic field. In the first step we express the X-ray emission $F_X$ as given in Eq. (1) through magnetic field $B$ and length of the loop structure $L$. For this we use Eq. (3) to replace the temperature response and substitute the temperature and density from
Eqs. (9) and (10). Using then Eqs. (4) and (5) we can replace the (volumetric) heating rate by the magnetic field strength. This yields

$$F_X \propto B^\alpha L^\beta$$ with

$$p = \frac{\beta}{7} (2\alpha + 8),$$

$$q = \frac{1}{7} (2\alpha - 6).$$

(11)

With the values of $\alpha$ listed in Table 2, mostly $|q|$ is much smaller than 0.5. Consequently, the X-ray emission $F_X$ is mainly dependent on the magnetic field $B$ but only weakly depends on the length $L$ of the coronal structure because $\beta, \gamma \geq 1$. This result for $F_X$ essentially applies for a single structure, for example, one coronal loop.

In the second step, we express the total X-ray luminosity $L_X$ in terms of the surface magnetic flux $\Phi$. The total X-ray loss $L_X$ from a region on the Sun (the X-ray luminosity in the case of a whole star) is given by integrating the X-ray emission $F_X$ over the respective area $A$ (or the whole star). Assuming that $F_X$ is constant (or represents an average value), we simply have

$$L_X = F_X A. \quad (12)$$

If $A$ is considered to be the surface of a whole star, Eqs. (7) and (8) are not necessarily applicable. However, we expect the surface area of a star contributing to the X-ray luminosity to obey a similar relation as an active region (see Eq. (7)).

Substituting Eqs. (6)–(8) into Eqs. (11) and (12) yields our final result,

$$L_X \propto \Phi^\alpha$$

$$m = \frac{\beta}{7} (2\alpha + 8) + \delta \left( \frac{4}{7} + \frac{1}{7} \alpha - \frac{8}{7} \beta \gamma - \frac{2}{7} \alpha \beta \gamma \right). \quad (13)$$

Technically, $L_X$ in Eq. (12) represents the X-ray luminosity per unit length and needs to be integrated along the line of sight to get the total X-ray luminosity. However, choosing an appropriate length scale to perform the line of sight integration is not trivial. There are at least two natural choices for the length scale. One way would be to use the coronal pressure scale height, which is proportional to the coronal temperature $T$. Multiplying Eq. (13) by the pressure scale height and replacing the temperature in a similar way as before will add two extra terms in each of the two brackets in Eq. (13). This will, however, change the power-law index $m$ by only roughly 5% for both heating models.

Compared to the uncertainty range in $m$ (cf. Table 2) we consider this insignificant. Another possibility to account for the line of sight integration would be to multiply Eq. (13) with the coronal loop length $L = A^{1/2}$. This would add 0.5 to $m$ in Eq. (13). In that case, the changes in $m$ are larger, around 30–40% higher for both heating models. Still this would be comparable to the uncertainty range of $m$. Overall, we conclude that the line of sight integration will not significantly alter the quantitative results for the power-law indices $m$. Hence, we can consider $L_X$ roughly independent of the integration along the line of sight and Eq. (13) a valid expression for the total X-ray luminosity.

The power-law indices $m$ resulting from Eq. (13) are listed in Table 2 for different X-ray instruments, that is, their different temperature responses parameterized by $\alpha$ (Sect. 2), and for two different choices of the heating mechanism ($\beta = 2$ for nanoflares and $\beta = 1$ for Alfvén waves). In Table 2 we keep $\gamma = 1$ (cf. Eq. (5)) and use $\delta = 0.819$ as found in observations of the Sun and solar-like stars (see Eq. (7)).

The overall errors in the power-law index $m$ are on the order of 20% to 40% (see Table 2). We estimated these errors from the uncertainties in the fits to the instrument response functions (errors in $\alpha$, see Table 2) and the uncertainty in the parameterization of the area coverage (errors in $\delta$). For $\delta$ we use the value derived by Fisher et al. (1998), but unfortunately they do not quote an error for $\delta$. Thus we estimate that error by taking the difference of the minimum and maximum slopes from their Fig. 4. Through this we estimate their error in $\delta$ to be 0.2. For $\beta$ we cannot provide an error, because this is the theoretical expectation for the nanoflare or Alfvén wave heating. Also, we cannot give an error for $\gamma$, because we assume $\gamma = 1$.

5. Discussion

The most important and central result of our study is that the power-law indices, as derived from our simple analytical model, match the observed values well. The values of the power-law indices $m$ from Eq. (13) listed in Table 2 are generally in the range from about 1 to almost 2. Thus they match the values found in observations (Table 1) remarkably well, maybe with the exception of the study by Kochukhov et al. (2020). Based on this, we conclude that our analytical approach, and hence the RTV scaling laws, can capture the processes in stellar coronae qualitatively and quantitatively well.

In the following, we will first discuss the implications of the main result in terms of discriminating different heating mechanisms (Sect. 5.1). We will then consider special (limiting) cases of our approach. In particular, we will address the question of whether or not changes of active region size or peak magnetic field strength can alone be responsible for the changes in X-ray emission (Sect. 5.2), and what role the spatial structuring of the magnetic field on the surface might play (Sect. 5.3).

5.1. Discriminating heating mechanisms

With our simplified approach, it is hard to distinguish between different heating mechanisms. Mainly, this is because of the large scatter found in the power-law index $m$ for $L_X \propto \Phi^\alpha$ in Eq. (13) introduced by different X-ray instruments. As seen from Table 2, $m$ differs by only 20–30% between the cases of nanoflare ($\beta = 2$) and Alfvén wave heating ($\beta = 1$). However, combining observations from different sources (as necessarily done in data compilations), will imply having different responses of the X-ray emission to the coronal temperature, here quantified by the power-law index $\alpha$ (Sect. 2). This can lead to differences in the index $m$ by almost a factor of two (cf. Table 2). Consequently, when mixing data from different instruments, the imprints of different heating mechanisms would be swamped by the noise introduced by the different temperature responses.

To distinguish different heating mechanisms, future observational studies would have to carefully evaluate the impact of the temperature response of the instruments used. One could use (a) just one single instrument, (b) show the different instruments in a combined study separately, or (c) use a theoretical approach to normalize the observed X-ray emission of each instrument according to its temperature response.

With all these uncertainties, our analysis would slightly favor nanoflare heating over the Alfvén wave model. The values for the power-law index $m$ we find in Table 2 for Alfvén waves range from $0.8 \pm 0.2$ to $1.2 \pm 0.3$. As such, they seem to be at the lower end of what is found in observations that show mostly values from just below 1 to below 2 (except for the recent study of Kochukhov et al. 2020, see Table 1). Hence, the indices $m$ for
nanoflare heating ranging from $1 \pm 0.3$ to $1.6 \pm 0.4$ seem to be a better fit to observational studies. Considering the uncertainties, the values of $m$ derived by our model largely overlap with the observations. (see Table 1). There is the tendency in the observations to show values of $m$ in the upper range of what is predicted by our model (Alfvén wave and nanoflare) and typically the nanoflare model yields larger values of $m$ than the Alfvén wave model. Hence, we consider the nanoflare model to be a slightly better candidate for the stellar X-ray activity than the Alfvén model.

5.2. Magnetic flux and area coverage

Another key element in our scaling for $L_X \propto \Phi^{m}$ in Eq. (13) is the relation of magnetic flux and area as parameterized in Eq. (7) by $\delta$. While we know from the Sun and solar-like stars that this should be on the order of 0.8 (Fisher et al. 1998; Kochukhov et al. 2020), it is instructive to consider two limiting cases, namely $\delta = 0$ and $\delta = 1$.

We first consider the case $\delta = 1$. According to Eq. (7) this implies that the magnetic flux is strictly proportional to the area covered by an active region, $\Phi \propto A$. Hence the (average) magnetic field strength in each active region would be the same, and the magnetic flux would only change by changing the area. Then the expression for the power-law index $m$ for $L_X \propto \Phi^{m}$ as given in Eq. (13) simplifies to

$$\delta = 1 \longrightarrow m = \frac{1}{7} \left(4 + \alpha \right).$$

(14)

Interestingly, in this case there is no dependence on $\beta$ for $S_X \propto B^\beta$ in Eq. (4). Our result does not depend on the actual choice of the heating mechanism. Instead, the relation of the coronal emission to the magnetic flux would only depend on the choice of the instrument through $\alpha$, the wavelength range that is considered (see Eq. (3) and Table 2). For values of $\alpha$ in the range of $0.7$–$3.0$ (cf. Table 2) the values of $m$ would be in the range of $0.7$–$1.0$. These values fall short of the observations. Thus we conclude that increasing the magnetic flux just by increasing the area ($\delta = 1$) would not provide a sufficiently steep increase of the coronal emission with magnetic flux in $L_X \propto \Phi^{m}$.

In the other limiting case, $\delta = 0$, the change in the magnetic flux would only be due to the increase in the (average or peak) magnetic field strength. This implies that the magnetic flux in Eq. (7) would be independent of the area and we find from Eq. (13)

$$\delta = 0 \longrightarrow m = \frac{\beta \gamma}{7} \left(2 \alpha + 8 \right).$$

(15)

This gives a much steeper dependence of $L_X \propto \Phi^{m}$ than for $\delta = 1$. Again using $\alpha$ in the range $0.7$–$3.0$ (cf. Table 2) we find values of $m$ in the range $1.3$–$4.0$. Of course, considering the studies of, for example, Fisher et al. (1998) and Kochukhov et al. (2020), a value of $\delta = 0$ is unrealistic for the Sun and solar-like stars. However, the steep dependence of the coronal emission $L_X$ on the magnetic flux $\Phi$ that we find in this case might help us to understand the high levels of observed X-ray emission of rapidly rotating stars, which still show an increase of X-ray activity with increasing rotation (e.g., Pizzolato et al. 2003; Reiners et al. 2014; Wright & Drake 2016). Should the star be (more or less) completely filled with active regions, then the only way to increase the magnetic flux, and therefore its X-ray luminosity, further would be to increase the surface magnetic field strength. Observations of very high average magnetic field strengths on the order of several 1000 G on more active stars (Reiners 2012) indicates that this scenario could be realistic.

5.3. Spatial structure of the magnetic field

So far, we assumed that the length scale $L$ of the coronal structures, namely the loops, is directly proportional to the linear extent of the active region. Now we explore the effects on the scaling of coronal emission with magnetic flux if the length scale were independent of the active region size.

The assumption that the length scale is given through the active region size is expressed through Eq. (8), $L \propto A^{1/2}$, and is justified for solar active regions (e.g., Cameron et al. 2010). In general, this does not have to be the case, and stellar observations suggest that large starspots have an internal structure (e.g., Solanki 2002). Thus, it is plausible that generally in (stellar) active regions distances between opposite magnetic polarities might not be related to the active region size. Consequently, Eq. (8) would no longer hold. To explore an extreme case, in the following we assume that loop length $L$ would be independent of the area, and in particular assume that $L$ would be a constant. For example, one might argue that for an active star the size of the coronal structures we see might be related to the coronal pressure scale height.

Assuming a constant loop length $L$, therefore not considering Eq. (8), we can repeat the derivation of Eq. (13) for the scaling between coronal emission and magnetic flux, $L_X \propto \Phi^{m}$. Then we find for the power-law index

$$m = \frac{\delta + p \left(1 - \delta \right)}{p} \frac{\beta \gamma}{7} \left(2 \alpha + 8 \right).$$

(16)

As expected, for $\delta = 0$ this gives the same result as discussed above with Eq. (15). For $\delta = 1$ we find that coronal emission is strictly linear with the magnetic flux. Quantitatively, this is similar to the result above with Eq. (14), where we found $m$ to be a bit smaller but close to unity.

For the case of the Sun, it is well established that the total magnetic flux (integrated over the whole solar surface) during the maximum activity is mostly increasing through the number of active regions and not by increasing their size (e.g., Tang et al. 1984). Hence, we can also expect the length of coronal loops on the Sun not to change (significantly) with activity level. Therefore, Eq. (16) might be the appropriate description for the relation of X-ray emission to magnetic field for the Sun and its cycle.

In general, the values for the power-law index $m$ found here in Eq. (16) are quantitatively similar to the values when not assuming constant loop length as given through Eq. (13). The values of $m$ listed in Table 2 would change typically only by about 20%. This shows that within the limitations of our analytical approach for the scaling laws, the loop length does not have a significant impact.

Still, numerical models of active regions will be needed to investigate the applicability of our simplified analytical approach. For example, if the size of the active region is increased, the total magnetic energy of the volume associated with the active region will also increase. This increase can be expected to be steeper than proportional to the magnetic flux at the surface. This is similar to increasing the separation of opposite polarities in a magnetic dipole. The work done to separate the two poles (like separating two magnets) goes into magnetic energy stored in the volume, even though the magnetic flux at the surface stays the same. While we find a good match between

A119, page 6 of 8
our simple model and observations, future numerical models will have to show if the basics of the analytical considerations presented here will hold.

5.4. X-ray emission for rapid rotators

For rapidly rotating stars the coronal X-ray emission becomes independent of their rotation rate (see, e.g., Pizzolato et al. 2003). Sometimes this is called the saturation regime, but it remains unclear what causes this behavior (e.g., Reiners et al. 2014). Assuming that in this regime also the surface magnetic flux is increasing with increasing rotation rate, our model would have to predict that the X-ray emission does not change with magnetic flux. Consequently, $m$ in Eq. (13) would have to vanish.

So, to test if our model is applicable in this saturation regime, we simply set $m = 0$ in Eq. (13). As before, we assume that $\gamma = 1$, meaning that the heating rate is proportional to the Poynting flux (cf. Eq. (5)). With this we can solve for $\delta$,

$$\delta = \frac{2\beta}{2\gamma - 1}.$$  

(17)

The result does not depend on $\alpha$, meaning that in this regime it would not matter which instrument or filter was used for the diagnostics.

Interestingly, for both types of our heating model we find that $\delta > 1$. More precisely, for the nanoflare model ($\beta = 2$) we get $\delta = 1.33$ and for the Alfvén model ($\beta = 1$) we get $\delta = 2$. This would imply that an increase in the total surface magnetic flux would lead to a decrease in the magnetic active area, meaning that the magnetic flux would concentrate in smaller and smaller regions. Such peculiar behavior would require an additional effect to operate that needs to overcome the strong magnetic pressure forces. However, this seems rather unphysical, and to our knowledge is without observational support.

Overall, we can conclude that the X-ray emission of very active rapidly rotating stars is not governed by the same relations as for solar-like stars. Not surprisingly, our model is not suitable to describe the stellar X-ray emission in that specific regime.

6. Conclusions

We derived an analytical scaling relation of the coronal X-ray emission with the unsigned surface magnetic flux, $L_X \propto \Phi^\alpha$ in Eq. (13). Previously, this relation had only been derived using observations, without the backing of a theoretical framework. We based our approach on the coronal loop scaling laws of Rosner et al. (1978) (see Eqs. (9) and (10)), and the idea that the heating of the corona is mainly driven by an upward-directed Poynting flux generated in the photosphere.

The power-law index $m$ that we derive in Eq. (13) depends on the area of the active region, the heating mechanism, and the wavelength range covered by the respective X-ray instrument, namely, its temperature response function. Each of these factors can be represented by power laws. The active region area impact is constrained observationally ($\delta = 0.819$, Eq. (7)), the heating mechanism is inspired by basic considerations ($\beta$ from 1 to 2; Eq. (4)), and the temperature response between 1 and 10 MK is based on atomic data ($\alpha$ in the range of 1–3, Table 2).

The power-law indices $m$ we find through our analytical approach are generally in a range between just below $m = 1$ and almost 2 (see Table 2). This is within the range found by most observations, which are mostly composed of a combination of stellar studies with different instruments (see Table 1); a larger value only found by Kochukhov et al. 2020. As such, we consider our simple analytical model approach to be a good first step to build a theoretical foundation for the observed power-law relations between X-ray emission and magnetic field. However, with our simplified model approach it is difficult to distinguish between different heating mechanisms, mainly because the different X-ray instruments have quite different responses to the temperature of the coronal plasma.

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J. Zhuleku et al.: Stellar X-ray emission and surface magnetic flux

A119, page 7 of 8
Appendix A: Temperature response for different filters in the same instrument

Naturally, we do not show all the possible combinations of instrument, filter and detector here. Instead Table 2 and Fig. 1 show a representative selection. There is quite a range of power-law indices $\alpha$ for $R(T) \propto T^\alpha$ also within one instrument. To illustrate this we plot in Fig. A.1 the temperature response for the six combinations of the MOS and pn cameras of the EPIC instrument on XMM (Turner et al. 2001; Strüder et al. 2001), each with the thin, medium and thick filters. There, the power-law indices of the temperature responses range from 0.4 to 1.8.

Fig. A.1. Temperature response for the MOS and pn cameras of EPIC on XMM. Similar to Fig. 1, but now all the curves are multiplied with the same constant. See Sect. 2 and Appendix A.