The insulated conductivity problem, effective gradient estimates and the maximum principle

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Received: 20 April 2021 / Revised: 2 November 2021 / Accepted: 3 November 2021 / Published online: 26 January 2022
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Abstract
We consider the insulated conductivity problem with two unit balls as insulating inclusions, a distance of order $\varepsilon$ apart. The solution $u$ represents the electric potential. In dimensions $n \geq 3$ it is an open problem to find the optimal bound on the gradient of $u$, the electric field, in the narrow region between the insulating bodies. Li-Yang recently proved a bound of order $\varepsilon^{-(1-\gamma)/2}$ for some $\gamma > 0$. In this paper we use a direct maximum principle argument to sharpen the Li-Yang estimate for $n \geq 4$. Our method gives effective lower bounds on $\gamma$, which in particular approach 1 as $n$ tends to infinity.

1 Introduction

We consider the following problem. Let $B^+, B^- \subset \mathbb{R}^n$, for $n \geq 2$, be two closed balls of radius 1 centered at $(0, \ldots, 0, 1 + \varepsilon)$ and $(0, \ldots, 0, -1 - \varepsilon)$ respectively. Let $\Omega \subset \mathbb{R}^n$ be a bounded domain containing the convex hull of $B^+$ and $B^-$. Assume that the boundary $\partial \Omega$ is $C^{1, \alpha}$, for a fixed $0 < \alpha < 1$. Define $\Omega' = \Omega \setminus (B^+ \cup B^-)$. See Fig. 1.
Let \( u : \overline{\Omega'} \to \mathbb{R} \) be the solution of the insulated conductivity problem:

\[
\begin{align*}
\Delta u &= 0, \quad \text{in } \Omega' \\
\partial_{\nu} u &= 0, \quad \text{on } \partial B^+ \cup \partial B^- \\
u &= \varphi, \quad \text{on } \partial \Omega,
\end{align*}
\]

for a given function \( \varphi \in C^{1,\alpha}(\partial \Omega) \). Here \( \partial_{\nu} \) denotes the normal derivative on \( \partial B^+ \cup \partial B^- \). It is well-known that there is a unique such solution \( u \) which is smooth on \( \Omega' \cup \partial B^+ \cup \partial B^- \) and \( C^{1,\alpha} \) on \( \overline{\Omega'} \).

The solution \( u \) represents the electric potential in the domain \( \Omega' \) with insulating inclusions \( B^+ \) and \( B^- \). There is interest from the perspective of engineering in estimating the magnitude of the electric field \( \nabla u \) in the narrow region between \( B^+ \) and \( B^- \). An open problem is to find the optimal upper bound on \( |\nabla u|_{L^\infty(\Omega')} \) in terms of \( \varepsilon \). We refer the reader to \[4,7,8,14–16,19\] and the references therein for background and early work on this problem.

Ammari et al. \[2\] proved in dimension \( n = 2 \) an upper bound for \( |\nabla u| \) of the order \( \varepsilon^{-1/2} \), although with the condition \( u = \varphi \) on \( \partial \Omega \) replaced by a condition of being asymptotic to a harmonic function at infinity. Later, in the context of Eq. (1.1), Bao et al. \[6\] proved the following estimate for \( n \geq 2 \):

\[
|\nabla u|(x) \leq \frac{C\|\varphi\|C^{1,\alpha}(\partial \Omega)}{(\varepsilon + |x'|^2)^{1/2}}, \quad \text{for } x \in \Omega',
\]

where \( C \) depends only on \( n \) and \( \Omega \). Here we are writing

\[
x' = (x_1, \ldots, x_{n-1}), \quad |x'| = \sqrt{x_1^2 + \cdots + x_{n-1}^2}.
\]

Ammari et al.\[3\] showed that for \( n = 2 \), an upper bound of order \( \varepsilon^{-1/2} \) cannot be improved, and hence Eq. (1.2) is in that sense optimal for \( n = 2 \). See also Refs.
[1,2,9,13,18] for work on sharper estimates, asymptotics and discussion in the case $n = 2$.

However Eq. (1.2) is not optimal for $n \geq 3$. Indeed, Yun [23] proved an upper bound for $n = 3$ of the form $|\nabla u| \leq C\varepsilon^{\sqrt{2} - 2}$ on the shortest segment connecting the two balls, under a condition that $u$ is asymptotic to a harmonic function at infinity. He also showed that this estimate is optimal for a special choice of harmonic function. For Eq. (1.1), Li and Yang [17] showed that for dimensions $n \geq 3$ the estimate Eq. (1.2) can be sharpened to

$$|\nabla u|(x) \leq \frac{C\|\varphi\|_{C^{1,\alpha}(\partial\Omega)}}{(\varepsilon + |x'|^2)^{(1-\gamma)/2}}, \quad \text{for } x \in \Omega', \quad (1.3)$$

for some (non-explicit) $\gamma > 0$. The optimal $\gamma$ remains unknown.

We remark that intuitively one should indeed expect stronger bounds for larger dimensions $n \geq 3$ compared to $n = 2$. In dimension two, after taking the limit as $\varepsilon \to 0$ so that $B^+$ and $B^-$ touch, points in $\Omega'$ with $x_1 < 0$ and $x_1 > 0$ may be close in $\mathbb{R}^2$ but “far away” in $\Omega'$. This is a phenomenon that does not occur for $n \geq 3$, where the extra dimensions allow for $u$ to diffuse around the intersection point.

We prove an effective version of the Li-Yang result in dimension at least four. For $n \geq 4$, let $\gamma^* = \gamma^*(n)$ be the positive solution of the quadratic equation:

$$(n - 2)(\gamma^*)^2 + (n^2 - 4n + 5)\gamma^* - (n^2 - 5n + 5) = 0. \quad (1.4)$$

One can check that $0 < \gamma^* < 1$ and $\gamma^*(n)$ increases to 1 as $n \to \infty$. On the other hand, Eq. (1.4) has no positive solutions for $n = 2$ or 3.

Our main result shows that Eq. (1.3) holds for $0 < \gamma < \gamma^*$.

**Theorem 1.1** Let $n \geq 4$ and let $u$ solve Eq. (1.1) as above. Let $0 < \gamma < \gamma^*(n)$. Then there exists a uniform constant $C$ depending only on $n$, $\Omega$ and $\gamma$ such that

$$|\nabla u|(x) \leq \frac{C\|\varphi\|_{C^{1,\alpha}(\partial\Omega)}}{(\varepsilon + |x'|^2)^{(1-\gamma)/2}}, \quad \text{for } x \in \Omega'. \quad (1.5)$$

In the following table we give the exact and approximate numerical values $\gamma^*$ for $n = 4, 5, 6, 7$:

| $n$ | $\gamma^*$ | Approx. |
|-----|-------------|---------|
| 4   | $\frac{1}{4}(\sqrt{33} - 5)$ | 0.186   |
| 5   | $\frac{1}{5}(2\sqrt{10} - 5)$ | 0.442   |
| 6   | $\frac{1}{6}(\sqrt{465} - 17)$ | 0.570   |
| 7   | $\frac{1}{7}(2\sqrt{66} - 13)$ | 0.650   |

Our method is a direct application of the maximum principle, and can be used to give another proof of Eq. (1.2), which we explain in Sect. 4 below. Our approach
differs from the works [6,17] whose techniques involve dividing the domain into a large number of subdomains.

We have no particular reason to believe that our bounds for $\gamma$ are optimal. Indeed since our results do not recover the estimate Eq. (1.3) of Li and Yang in dimension three it is possible that our methods can be further refined.

There are various ways in which the above setup can also be generalized, as in Refs. [5,6,17,21,22]: $B^+$ and $B^-$ can be replaced by more general domains, say with strongly convex boundaries near the origin, and the equation $\Delta u = 0$ can be replaced by a more general elliptic equation or system. Although we expect our method applies also to these settings we restrict ourselves to the setup above for the sake of simplicity and to more cleanly illustrate our technique.

We now briefly describe the idea of our method. We apply the maximum principle to a specific quantity in the narrow region between the insulators. The quantity suggested by the estimate Eq. (1.3) is $(\epsilon + |x'|^2)^{(1-\gamma)}|\nabla u|^2$. However to rule out the maximum occurring at points on $\partial B^+$ or $\partial B^-$, we subtract a term of the form $x^2 - \gamma n$ whose normal derivative along this boundary has a good sign. Unfortunately, its second derivative blows up to the order $x^{-\gamma}n$ at an interior maximum, giving a bad term for the maximum principle near $x_n = 0$. We make an appropriate adjustment, considering the quantity:

$$\left(|x'|^{2-2\gamma} + \epsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4)^{1-\gamma/2}\right)|\nabla u|^2,$$

for a small $\delta > 0$ and constants $A, b > 0$ which are chosen to optimize the estimate. In fact, since this quantity is not smooth at points with $x' = 0$ we introduce a positive constant $\sigma > 0$ to regularize it, and then later let $\sigma$ tend to zero. We call this modified quantity $Q$ (see Eq. (3.3) below).

In Sect. 3 below we show that if $Q$ achieves a local maximum at a boundary point of $B^+$, say, close to the origin, then at this point,

$$0 \leq \partial_\nu Q \leq F|\nabla u|^2,$$

where $\nu$ is the inward unit normal to the ball and $F$ is a certain function involving $x, A, b$ and $\gamma$. At an interior maximum of $Q$, close to the origin, we show that, for a different function $G$,

$$0 \geq \Delta Q \geq G|\nabla u|^2.$$

It turns out that with careful choices of $A, b$ and $\gamma$ we can show that $F < 0$ and $G > 0$, ruling out both of the cases above, but only when

$$\rho := -(n-2)\gamma^2 - (n^2 - 4n + 5)\gamma + (n^2 - 5n + 5) > 0.$$

This restricts our result to $n \geq 4$.

The outline of the paper is as follows. In Sect. 2 we recall some well-known and elementary results. In Sect. 3 we give the proof of Theorem 1.1. Finally, in Sect. 4 we explain briefly how our methods can give a direct maximum principle proof of Eq. (1.2).
Note. Seven months after this paper was completed and posted on the arXiv, Dong et al. [10] posted a preprint establishing optimal estimates (in terms of the constant $\gamma$) for the insulated conductivity problem in all dimensions $n \geq 3$. The techniques of Ref. [10] are completely different from those introduced here. It would be interesting to know whether the maximum principle techniques of the current paper can be used to give another proof of the optimal Dong-Li-Yang estimates.

2 Preliminaries

Let $u$ solve Eq. (1.1) as in the introduction. For a small constant $c > 0$, let $B_c$ be the closed ball of radius $c$ centered at the origin. Define $V = \Omega' \cap B_c$ (see Fig. 2). This is a narrow region between the inclusions $B^+ \cap B^-$ and is the set on which we will later need to prove estimates for $|\nabla u|$.

The $L^\infty$ norm of $u$ is bounded on $\Omega'$, and the gradient of $u$ is bounded away from the region $V$. More precisely, we have the following result, whose proof is well-known.

**Proposition 2.1** We have

1. $\|u\|_{L^\infty(\Omega')} \leq \|\varphi\|_{L^\infty(\partial \Omega)}$.
2. $\|\nabla u\|_{L^\infty(\Omega' \setminus V)} \leq C\|\varphi\|_{C^{1,1}(\partial \Omega)}$, where $C$ depends only on $n$, $\partial \Omega$ and $c$.

**Proof** For (1), since $u$ satisfies $\Delta u = 0$ the maximum of $u$ must be attained at a boundary point $\partial \Omega'$. As long as $u$ is not constant, the maximum cannot occur at $p \in \partial B^+ \cup \partial B^-$ by the strong maximum principle and the Hopf Lemma (see for example [11, p. 347]). Hence $u$ achieves its maximum at a point of $\partial \Omega$ so is bounded above by $\|\varphi\|_{L^\infty(\partial \Omega)}$. The lower bound of $u$ is similar.

For part (2), by the usual interior estimates (see for example [12, Theorem 3.9]) it is sufficient to obtain the bound for $|\nabla u|$ on neighborhoods of points in $\partial \Omega$ and neighborhoods of those points in $\partial B^+ \cup \partial B^-$ not contained in $V$. To obtain these boundary estimates, which are local, one can compose with diffeomorphisms to flatten
the boundary, at the expense of replacing the Laplace equation \( \Delta u = 0 \) by uniformly elliptic equations of the form

\[
Lu = a^{ij} u_{ij} + b^i u_i = 0,
\]

with smooth coefficients \( a^{ij}, b^i \) such that \( (a^{ij}) \geq c \text{Id} \), for \( c > 0 \). Here and henceforth we are using subscripts (such as in \( u_i, u_{ij} \)) to denote partial derivatives.

Using the method of freezing coefficients, and after a linear change of coordinates, we can further reduce to the case of the Poisson equation \( \Delta u = g \), where \( g \) is a lower order term. In the case of neighborhoods of points of \( \partial \Omega \), we have a Dirichlet boundary condition \( u = \varphi \) on a subset of the hyperplane \( x_n = 0 \). By standard Schauder estimates, which can be proved using Newtonian potentials and reflection, we have a local \( C^{1,\alpha} \) estimate for \( u \) in terms of the \( L^\infty \) norm of \( u \) and the \( C^{1,\alpha} \) norm of \( \varphi \). See [12, Corollary 8.36], for example, for more details. This gives the required gradient estimate of \( u \) in these neighborhoods.

A similar argument, with a suitable modification of the Newtonian potential, gives the boundary estimate in neighborhoods of points in \( \partial B^+ \cup \partial B^- \) not contained in \( V \), with the Dirichlet condition replaced by a Neumann boundary condition. We refer the reader to [12, Theorem 6.30] (which although stated as a global estimate, is proved locally). For an approach using Sobolev norms, see [20, p.217].

Next we prove an elementary lemma on the normal derivative of \( |\nabla u|^2 \) on the boundary of \( B^+ \) (of course the case of \( B^- \) is similar). The unit normal vector to \( B^+ \), pointing towards the center of \( B^+ \) is given by

\[
\nu = -(x_1, \ldots, x_{n-1}, x_n - 1 - \varepsilon).
\] (2.1)

We have:

**Lemma 2.1** At any point of \( \partial B^+ \) we have

\[
\partial_\nu |\nabla u|^2 = 2|\nabla u|^2,
\]

where \( \nu \) is the unit normal vector given by Eq. (2.1).

**Proof** The proof uses only the Neumann boundary condition \( \partial_\nu u = 0 \). Without loss of generality, translate the center of \( B^+ \) to the origin, and compute at the point \( p = (0, \ldots, 0, -1) \). Then \( \nu(x) = -x \) and \( \partial_\nu u = 0 \) becomes

\[
\sum_{i=1}^{n} x_i u_i = 0,
\] (2.2)

and in particular \( u_n = 0 \) at \( p \). Write

\[
x_n = x_n(x') = -\sqrt{1 - x_1^2 - \cdots - x_{n-1}^2}.
\]

Differentiating Eq. (2.2) with respect to \( x_j \) for \( j = 1, \ldots, n - 1 \) and noting that \( \partial_j x_n = 0 \) at \( p \) we have

\[\Box\]
\[ u_j - u_{nj} = 0. \]

Hence, at \( p \),
\[
\partial_v |\nabla u|^2 = 2 \sum_{i=1}^{n} u_i u_i n = 2 \sum_{i=1}^{n-1} u_i^2 = 2 |\nabla u|^2,
\]

as required.

We end this section by remarking that although Lemma 2.1 makes use of the spherical shape of the inclusion, a similar result holds for more general inclusions which are strongly convex near the origin. Indeed, suppose that we replace \( B^+ \) by a domain \( D^+ \) whose lower boundary near \( x' = 0 \) is given by the graph \( x_n = f(x') \) where \( f \) is a smooth function with \( f_1(0) = \cdots = f_{n-1}(0) = 0 \) and \( f_{ij}(0) = P_{ij} \) for \( (P_{ij})_{i,j=1}^{n-1} \) a positive definite symmetric matrix. Then at a point on \( \partial D^+ \) near the origin we have
\[
\partial_v |\nabla u|^2 = 2 \sum_{i,j=1}^{n-1} \left( \frac{f_{ij}}{\sqrt{1 + \sum_{k=1}^{n-1} f_k^2}} - f_i f_j \right) u_i u_j + 2 u_n^2. \tag{2.3}
\]

In particular, for \( |x'| \) small,
\[
\partial_v |\nabla u|^2 = 2 \sum_{i,j=1}^{n-1} (P_{ij} + E_{ij}) u_i u_j + 2 u_n^2, \quad \text{for } |E_{ij}| = O(|x'|^2). \tag{2.4}
\]

The eigenvalues of the matrix \( P_{ij} \) are the principal curvatures of \( \partial D^+ \) at \( (0, f(0)) \).

The Eq. (2.4) can be regarded as a generalized version of Lemma 2.1.

To prove Eq. (2.3), observe that the inward pointing unit normal is given by
\[
v = \frac{1}{\sqrt{1 + \sum_{i=1}^{n-1} f_i^2}} (-f_1, \ldots, -f_{n-1}, 1),
\]

and so the Neumann condition \( \partial_v u = 0 \) is equivalent to
\[
- \sum_{i=1}^{n-1} f_i u_i + u_n = 0.
\]

Differentiating this with respect to \( x_j \) for \( j = 1, \ldots, n-1 \) gives
\[
- \sum_{i=1}^{n-1} f_{ij} u_i - \sum_{i=1}^{n-1} f_i u_{ij} - \sum_{i=1}^{n-1} f_i u_{in} f_j + u_{nj} + u_{nn} f_j = 0,
\]

and then Eq. (2.3) follows from a straightforward computation of \( \partial_v |\nabla u|^2 \), substituting from the two equalities above.
Proof of Theorem 1.1

We recall that $\gamma^*$ is by definition the positive solution of the quadratic equation (1.4). Moreover, (1.4) has a negative solution. Then the assumption $0 < \gamma < \gamma^*$ means that $\rho = \rho(\gamma)$ defined by

$$\rho := -(n-2)\gamma^2 - (n^2 - 4n + 5)\gamma + (n^2 - 5n + 5)$$

is strictly positive. Choose $b > 0$ sufficiently small such that

$$4\gamma \left(1 + \frac{b}{4}\right)^{\gamma/2} < 4\gamma + \frac{\rho}{n-1},$$

and then define $A > 0$ by

$$A = \frac{4\gamma + \frac{\rho}{n-1}}{b(2 - \gamma)}.$$

Then $A, b$ are fixed constants depending only on $\gamma$ and $n$ satisfying the inequalities

$$4\gamma \left(1 + \frac{b}{4}\right)^{\gamma/2} < Ab(2 - \gamma) < 4\gamma + \frac{2\rho}{n-1},$$

which we will make use of later.

Let $\varepsilon_0, c, \delta > 0$ be small uniform constants, which later we may shrink if necessary. For $0 < \varepsilon < \varepsilon_0$, define

$$Q = ((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2})|\nabla u|^2,$$

on

$$V = \Omega' \cap B_c,$$

for a small constant $\sigma > 0$ with $\sigma^{1-\gamma} < \varepsilon^3$. The constant $\sigma$ is only inserted so that $Q$ is a smooth function. Later we will let $\sigma$ tend to zero.

We will use $C$ to denote a large positive constant which may differ from line to line and is uniform in the sense that it will depend only on $n, \partial\Omega, c, \gamma, \delta$ and $\varepsilon_0$. In particular $C$ will be independent of $\varepsilon, x$ and $\sigma$.

The upper boundary $\partial B^+ \cap B_c$ of $V$ is given by $x_n = f(x')$ where

$$f(x') = 1 + \varepsilon - (1 - |x'|^2)^{1/2},$$

where $x' = (x_1, \ldots, x_{n-1})$. 

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which has \( f(0) = \varepsilon, f_j(0) = 0 \) and \( f_{jk}(0) = \delta_{jk} \) giving

\[
x_n = \varepsilon + \frac{|x'|^2}{2} + O(|x'|^3), \quad \text{on } \partial B^+ \cap B_c.
\]  
(3.4)

Similarly, the lower boundary of \( V \) is given by \( x_n = -f(x') = -\varepsilon - \frac{|x'|^2}{2} + O(|x'|^3) \) and hence in \( V \) we have

\[
|x_n| \leq \varepsilon + \frac{|x'|^2}{2} + O(|x'|^3).
\]  
(3.5)

The quantity \( Q \) achieves a maximum at a point \( p \) in \( V \). If \( p \) is in \( \partial B_c \) then from Proposition 2.1 we have \( |\nabla u|^2(p) \leq C\|\varphi\|_{C^{1, \alpha}(\partial \Omega)}^2 \) and hence \( Q(p) \leq C\|\varphi\|_{C^{1, \alpha}(\partial \Omega)}^2 \), giving

\[
\left((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma}(1-\delta)\right)|\nabla u|^2 \leq C\|\varphi\|_{C^{1, \alpha}(\partial \Omega)}^2, \quad \text{on } V.
\]  
(3.6)

Here we used (3.5) which implies that

\[
A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2} \leq C(\varepsilon^{2-\gamma} + |x'|^{4-2\gamma}) < < (|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma}(1-\delta).
\]  
(3.7)

We will rule out the cases where \( Q \) achieves a maximum at a point on the upper or lower boundaries of \( V \) (on \( \partial B^+ \) or \( \partial B^- \)) or at an interior point of \( V \).

First assume that \( Q \) achieves a maximum at a point \( p \in \partial B^+ \). Recalling that \( v \) is given by Eq. (2.1) we have

\[
\partial_v |x'|^2 = -(x_1, \ldots, x_{n-1}, x_n - 1 - \varepsilon) \cdot (2x_1, \ldots, 2x_{n-1}, 0) = -2|x'|^2,
\]

\[
\partial_v x_n = -(x_1, \ldots, x_{n-1}, x_n - 1 - \varepsilon) \cdot (0, \ldots, 0, 1) = 1 + \varepsilon - x_n.
\]  
(3.8)

Using this and Lemma 2.1, we have, after shrinking \( \varepsilon_0 \) and \( c \) if necessary, writing \( \eta = 1/C \) for a uniform large \( C \),

\[
0 \leq \partial_v Q = \left(-(2 - 2\gamma)(|x'|^2 + \sigma)^{-\gamma} |x'|^2 - A(2 - \gamma)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}(bx_n \partial_v x_n - 2|x'|^4)\right)|\nabla u|^2
\]

\[
+2 \left((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma}(1-\delta) - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}\right)|\nabla u|^2
\]

\[
\leq \left(2\gamma(|x'|^2 + \sigma)^{1-\gamma} + (2 - 2\gamma)(|x'|^2 + \sigma)^{-\gamma} \sigma - A(2 - \gamma)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}(bx_n(1 + \varepsilon - x_n) - 2|x'|^4)
\]

\[
+2\varepsilon^{1-\gamma}(1-\delta)\right)|\nabla u|^2
\]

\[
\leq \left(2\gamma(|x'|^2 + \sigma)^{1-\gamma} - Ab(2 - \gamma)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}(1 - \eta)x_n
\]

\[
+3\varepsilon^{1-\gamma}(1-\delta)\right)|\nabla u|^2.
\]  
(3.9)
where for the last line we used the inequalities
\[
(2 - 2\gamma)(|x'|^2 + \sigma)^{-\gamma} \sigma \leq 2\sigma^{1-\gamma} \leq 2\epsilon^3 \leq \epsilon^{1-\gamma(1-\delta)}
\]
\[
b x_n (1 + \epsilon - x_n) - 2|x'|^4 \geq b(1 - \eta)x_n.
\]

Here and henceforth, we will use \(\eta = 1/C\) to denote a small positive constant which may differ from line to line, and which can be shrunk at the expense of shrinking \(\epsilon_0\) or \(c\).

Note that we may neglect the term \(3\epsilon^{1-\gamma(1-\delta)}\) on the right hand side of Eq. (3.9). This is because from (3.4),
\[
b x_n^2 + |x'|^4 + \sigma \leq Cx_n^2
\]
and hence
\[
(b x_n^2 + |x'|^4 + \sigma)^{-\gamma/2} x_n \geq x_n^{1-\gamma} C \geq \frac{\epsilon^{1-\gamma}}{C} >> \epsilon^{1-\gamma(1-\delta)}.
\]

Then from (3.9) we obtain
\[
0 \leq \partial_\nu Q \leq \left(2\gamma|x'|^2 - 2\gamma - Ab(2 - \gamma)(b x_n^2 + |x'|^4)^{-\gamma/2}(1 - \eta)x_n\right)|\nabla u|^2,
\]
(3.10)
after possibly changing \(\eta\), and noting that the contribution of \(\sigma\) can also absorbed by the good negative term.

We claim that
\[
(b x_n^2 + |x'|^4)^{-\gamma/2} x_n \geq \frac{1}{2} \left(1 + \frac{b}{4}\right)^{-\gamma/2} (1 - \eta)|x'|^2 - 2\gamma.
\]
(3.11)
To prove the claim we first note the elementary inequality
\[
\left(b \left(\frac{\epsilon}{2} + \frac{y}{2}\right)^2 + y^2\right)^{-\gamma/2} \left(\frac{\epsilon}{2} + \frac{y}{2}\right) \geq \frac{1}{2} \left(1 + \frac{b}{4}\right)^{-\gamma/2} y^{1-\gamma}, \text{ for any } y, \epsilon \geq 0.
\]
(3.12)
Indeed to see Eq. (3.12) note that equality holds at \(\epsilon = 0\) and the left hand side of the equation is an increasing function of \(\epsilon\). But then Eq. (3.11) is an immediate consequence of Eq. (3.12) once we recall (3.4).

But from Eq. (3.2) we have
\[
\frac{1}{2} Ab(2 - \gamma) \left(1 + \frac{b}{4}\right)^{-\gamma/2} > 2\gamma.
\]
Hence shrinking \(\eta > 0\) if necessary we can ensure that the right hand side of Eq. (3.10) is negative, contradicting the assumption that \(Q\) achieves a maximum at a point \(p \in \partial B^+\). The case of \(p \in \partial B^-\) is similar.
It remains to rule out the case when $Q$ achieves a maximum at a point $p$ in the interior of $V$. Compute at $p$,

$$0 \geq \Delta Q = \begin{cases} 2(1 - \gamma)(n - 1 - 2\gamma)(|x'|^2 + \sigma)^{-\gamma} + 4\gamma(1 - \gamma)(|x'|^2 + \sigma)^{-1-\gamma}\sigma \\ + A(1 - \gamma/2)(\gamma/2)bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\Delta(bx_n^2 + |x'|^4)^2 \\ - A(1 - \gamma/2)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\Delta(bx_n^2 + |x'|^4)^2 \end{cases} \geq 0$$

$$= (b^2x_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\Delta(bx_n^2 + |x'|^4)^2$$

$$+ 2((|x'|^2 + \sigma)^{-\gamma} + \varepsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\Delta(bx_n^2 + |x'|^4)^2\Delta(bx_n^2 + |x'|^4)^2$$

$$+ 2\nabla((|x'|^2 + \sigma)^{-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\cdot \nabla|\nabla u|^2. \quad (3.13)$$

We wish to show that the right hand side is strictly positive, giving a contradiction.

For the negative term in the coefficient of $|\nabla u|^2$ we note that $\Delta(bx_n^2 + |x'|^4)^2 \leq 2b(1 + \eta)$ and so

$$A(1 - \gamma/2)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\Delta(bx_n^2 + |x'|^4)^2 \leq Ab(2 - \gamma)(1 + \eta)(|x'|^2 + \sigma)^{-\gamma}. \quad (3.14)$$

In the above we used:

$$bx_n^2 + |x'|^4 + \sigma \geq |x'|^4 + \sigma \geq (|x'|^2 + \sigma)^2, \quad (3.15)$$

since we may assume that $|x'|$ and $\sigma$ are less than $1/2$.

We can essentially ignore the negative term in the coefficient of $|\nabla\nabla u|^2$ since, recalling Eq. (3.7), we have

$$A(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2} \leq \eta \left((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)}\right). \quad (3.16)$$

Combining Eqs. (3.13), (3.14) and (3.16) and discarding some nonnegative terms we have

$$\Delta Q \geq (2(1 - \gamma)(n - 1 - 2\gamma) - Ab(2 - \gamma)(1 + \eta)) \cdot (|x'|^2 + \sigma)^{-\gamma}|\nabla u|^2$$

$$+ 2(1 - \eta) \left((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)}\right) |\nabla\nabla u|^2$$

$$+ 2\nabla((|x'|^2 + \sigma)^{-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\cdot \nabla|\nabla u|^2. \quad (3.17)$$

It remains to control the term

$$(\ast) = 2\nabla((|x'|^2 + \sigma)^{-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2}\cdot \nabla|\nabla u|^2. \quad (3.18)$$

First observe that

$$\nabla|x'|^2 = (2x_1, \ldots, 2x_{n-1}, 0),$$
and we may make a change of coordinates so that $x_2 = \cdots = x_{n-1} = 0$ and $x_1 \geq 0$ and hence
\[
\nabla |x'|^2 = (2|x'|, 0, \ldots, 0).
\]

Next, we use the fact that at the maximum of $Q$ we have
\[
\begin{align*}
0 = Q_1 &= |\nabla u|^2 \nabla_1 ((|x'|^2 + \sigma)^{1-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \\
&\quad + ((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \nabla_1 |\nabla u|^2.
\end{align*}
\]
Hence
\[
\begin{align*}
2\nabla_1 ((|x'|^2 + \sigma)^{1-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) |\nabla u|^2 \\
&= -2((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \frac{(\nabla_1 |\nabla u|^2)^2}{|\nabla u|^2} \\
&= -8((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \frac{(\sum_j u_j u_{jj})^2}{|\nabla u|^2} \\
&\geq -8(1 + \eta) \left((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)}\right) \sum_j u_j^2,
\end{align*}
\]
where for the last line we used Eq. (3.16) and the Cauchy–Schwarz inequality. Note that we may assume without loss of generality that $|\nabla u|^2 \neq 0$. We can replace $\sum_j u_j^2$ above by $\frac{n-1}{n} |\nabla u|^2$ using the fact that $u$ is harmonic:
\[
\begin{align*}
\sum_{j=1}^{n} u_{jj}^2 &= \frac{n-1}{n} u_{11}^2 + \frac{1}{n} u_{11}^2 + \sum_{j=2}^{n} u_{jj}^2 \\
&\leq \frac{n-1}{n} u_{11}^2 + \frac{1}{n} (u_{22} + \cdots + u_{nn})^2 + \frac{1}{2} \sum_{i \neq j} u_{ij}^2 \\
&\leq \frac{n-1}{n} u_{11}^2 + \frac{n-1}{n} \sum_{j=2}^{n} u_{jj}^2 + \frac{n-1}{n} \sum_{i \neq j} u_{ij}^2, \\
&= \frac{n-1}{n} \sum_{i,j=1}^{n} u_{ij}^2 \leq \frac{n-1}{n} |\nabla u|^2,
\end{align*}
\]
where for the third line we used the elementary inequality that for real numbers $a_1, \ldots, a_{n-1}$ we have
\[
\left(\sum_{\ell=1}^{n-1} a_\ell\right)^2 \leq (n-1) \sum_{\ell=1}^{n-1} a_\ell^2.
\]
On the other hand we can estimate the same quantity as in Eq. (3.19) in a different way:

\[
2\nabla_1 ((|x'|^2 + \sigma)^{1-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \nabla_1 |\nabla u|^2 \\
= -2|\nabla u|^2 \left( \nabla_1 ((|x'|^2 + \sigma)^{1-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \right)^2 \\
\geq -2(1 + \eta)(2 - 2\gamma)^2 \frac{(|x'|^2 + \sigma)^{-2\gamma} |x'|^2}{(|x'|^2 + \sigma)^{1-\gamma}} |\nabla u|^2 \\
\geq -8(1 + \eta)(1 - \gamma)^2 (|x'|^2 + \sigma)^{-\gamma} |\nabla u|^2,
\]

(3.21)

for any small \( \eta > 0 \) where for the third line we used Eq. (3.16) and the bounds

\[
\nabla_1 (|x'|^2 + \sigma)^{1-\gamma} = (2 - 2\gamma)(|x'|^2 + \sigma)^{-\gamma} |x'| \\
\]

and

\[
A|\nabla_1 (bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}| \leq \eta \nabla_1 (|x'|^2 + \sigma)^{1-\gamma}.
\]

Next, we note that

\[
2\nabla_n ((|x'|^2 + \sigma)^{1-\gamma} - A(bx_n^2 + |x'|^4 + \sigma)^{1-\gamma/2}) \nabla_n |\nabla u|^2 \\
= -4Ab(2 - \gamma)(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2} x_n \sum_j u_j u_{jn} \\
\geq -\eta(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2} |\nabla u|^2 - \frac{C}{\eta} x_n^2 (bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2} |\nabla u|^2 \\
\geq -\eta(|x'|^2 + \sigma)^{-\gamma} |\nabla u|^2 - \eta \left( (|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} \right) |\nabla \nabla u|^2,
\]

(3.22)

where for the last line we used (3.15) and

\[
|x_n|^2(bx_n^2 + |x'|^4 + \sigma)^{-\gamma/2} \leq b^{-\gamma/2}|x_n|^{2-\gamma} \\
\leq 2b^{-\gamma/2} \left( \varepsilon + \frac{|x'|^2}{2} \right)^{2-\gamma} \\
\leq \frac{\eta^2}{C} \left( (|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)} \right).
\]

Then combining Eqs. (3.18), (3.19), (3.20), (3.21) and (3.22) we obtain for 0 < \( \alpha < 1 \) to be determined:

\[
(*) \geq -8(1 - \alpha + \eta)(1 - \gamma)^2 (|x'|^2 + \sigma)^{-\gamma} |\nabla u|^2 \\
- (8\alpha + \eta)((|x'|^2 + \sigma)^{1-\gamma} + \varepsilon^{1-\gamma(1-\delta)}) \frac{n-1}{n} |\nabla \nabla u|^2.
\]
Then pick $\alpha$ so that $8a^{n-1}_n < 2$, in order for the second term on the right hand side to be absorbed by the $|\nabla \nabla u|^2$ term in Eq. (3.17). Namely we choose

$$\alpha = \frac{n}{4(n-1)} - \eta.$$ 

Hence from Eq. (3.17) we obtain at the maximum of $Q$, recalling Eq. (3.1),

$$0 \geq \Delta Q \geq (2(1-\gamma)(n-1-2\gamma) - Ab(2-\gamma) - 8(1-\gamma)^2 \left( 1 - \frac{n}{4(n-1)} \right) - \eta \right) (|x'|^2 + \sigma)^{-\gamma} |\nabla u|^2 \geq \frac{2}{n-1} \left( \rho - \frac{(n-1)(Ab(2-\gamma) - 4\gamma)}{2} - \frac{(n-1)\eta}{2} \right) (|x'|^2 + \sigma)^{-\gamma} |\nabla u|^2 > 0,$$

a contradiction. For the last inequality we used Eq. (3.2) and chose $\eta > 0$ sufficiently small.

Hence we have ruled out the possibility that $Q$ obtains a maximum at an interior point of $V$ or at a boundary point intersecting with $\partial B^+$ or $\partial B^-$. Hence $Q$ achieves a maximum at a point on $\partial B_c$ and Eq. (3.6) holds. Let $\sigma \to 0$ and observe that $\delta > 0$ can be made arbitrarily small. Theorem 1.1 follows. 

$$\square$$

4 A proof of the estimate of Bao–Li–Yin

In this section we briefly explain how a simplified version of our method gives a different proof of the estimate Eq. (1.2) of Bao et al. [6] for the case of spherical inclusions of the same radii.

**Theorem 4.1** For $u$ solving Eq. (1.1) as in the introduction,

$$|\nabla u|(x) \leq \frac{C\|\varphi\|_{C^{1,\alpha}(\Omega)}}{(\varepsilon + |x'|^2)^{1/2}}, \quad \text{for } x \in \Omega',$$

for $C$ depending only on $n$ and $\Omega$.

**Proof** Since the result is a simpler version of Theorem 1.1, we provide here just a sketch of the proof. We use $V$, $B_c$ as above. Define

$$Q = (|x'|^2 + \varepsilon - 2x_n^2)|\nabla u|^2 + Au^2,$$

for a uniform constant $A$ to be determined. Recalling Eq. (3.5), an upper bound $Q \leq C\|\varphi\|_{C^{1,\alpha}(\Omega)}^2$ implies Eq. (4.1), after shrinking $c$ if necessary.

First assume $Q$ achieves its maximum on $V$ at a point $p$ in $\partial B^+ \cap \text{int}(B_c)$. Then using Lemma 2.1, (3.8) and (3.4) we have, after possibly shrinking $c$,

$$0 \geq \partial_u Q = (-4x_n(1 + \varepsilon - x_n) + 2\varepsilon - 4x_n^2)|\nabla u|^2 < 0,$$

$$\square$$ Springer
a contradiction. The case when \( p \) is in \( \partial B^- \cap \text{int}(B_c) \) is similar.

Next suppose that \( p \) is an interior point of \( V \). Then computing at \( p \) we have

\[
0 \geq \Delta Q = 2(n - 3)|\nabla u|^2 + 2(|x'|^2 + \varepsilon - 2x_n^2)|\nabla \nabla u|^2 + 2\nabla(|x'|^2 - 2x_n^2) \cdot \nabla |\nabla u|^2 + 2A|\nabla u|^2. \tag{4.3}
\]

But

\[
2|\nabla x'|^2 \cdot \nabla |\nabla u|^2 \geq -8|x'||\nabla u| |\nabla \nabla u| \geq -|x'|^2|\nabla \nabla u|^2 - 16|\nabla u|^2,
\]

and

\[
-4x_n^2 \cdot \nabla |\nabla u|^2 \geq -8x_n^2|\nabla \nabla u|^2 - 8|\nabla u|^2.
\]

In (4.3) we obtain at \( p \),

\[
0 \geq \Delta Q \geq 2(A + n - 15)|\nabla u|^2 + (|x'|^2 + 2\varepsilon - 12x_n^2)|\nabla \nabla u|^2 > 0,
\]
as long as we choose \( A > 15 - n \), since we may assume that \( 12x_n^2 \leq |x'|^2 + 2\varepsilon \). This is a contradiction.

It follows that \( Q \) achieves its maximum on \( V \) at a boundary point on \( \partial B_c \), and the result follows from Proposition 2.1.

We end by observing that an immediate consequence of Eq. (4.1) is a uniform bound on the derivative of \( u \) in the \( x_n \) direction.

**Corollary 4.1** Let \( u \) solve Eq. (1.1) as in the introduction. For \( x \in B_{1/2} \cap \Omega' \) where \( B_{1/2} \) is the ball of radius \( 1/2 \) centered at \( 0 \), we have

\[
|u_n(x)| \leq C\|\phi\|_{C^{1,\alpha}(\partial\Omega)}, \tag{4.4}
\]

for a constant \( C \) depending only on \( n \) and \( \Omega \).

**Proof** Since \( u_n \) is harmonic, \( |u_n| \) does not achieve a maximum in the interior of \( \Omega' \) unless it is constant. Hence, applying Proposition 2.1, we only need to bound \( u_n \) on \( \partial B^+ \) near the origin (the case \( \partial B^- \) is similar). Recalling (2.1), the Neumann boundary condition gives

\[
0 = u_v = -\sum_{i=1}^{n-1} x_i u_i - (x_n - 1 - \varepsilon)u_n.
\]

But from (3.5) we have \( |x_n - 1 - \varepsilon| \geq 1/2 \) so using (4.1),

\[
|u_n| \leq 2|x'||\nabla u| \leq C\|\phi\|_{C^{1,\alpha}(\partial\Omega)},
\]

completing the proof. \( \square \)
Acknowledgements  The author thanks the referees for helpful comments and suggestions.

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