Constraining the Cosmic Strings Gravitational Wave Spectra in No Scale Inflation with Viable Gravitino Dark matter and Non Thermal Leptogenesis

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Abstract

We revisit the hybrid inflation model gauged by $U(1)_{B-L}$ extension of the Minimal Supersymmetric Standard Model (MSSM) in a no-scale background. Considering a single predictive framework, we study inflation, leptogenesis, gravitino cosmology, and the stochastic background of gravitational waves produced by metastable cosmic strings. The spontaneous breaking of $U(1)_{B-L}$ at the end of inflation produces a network of metastable cosmic strings while, the interaction between $U(1)_{B-L}$ Higgs field and the neutrinos generate heavy Majorana masses for the right-handed neutrinos. The heavy Majorana masses explain the tiny neutrino masses via the seesaw mechanism, a realistic scenario for reheating and non-thermal leptogenesis. We show that a successful non-thermal leptogenesis and a stable gravitino

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as a dark matter candidate can be achieved for a wide range of reheating temperatures and $U(1)_{B-L}$ symmetry breaking scales. The possibility of realizing metastable cosmic strings in a grand unified theory (GUT) setup is briefly discussed. We find that a successful reheating with non-thermal leptogenesis and gravitino dark matter restrict the allowed values of string tension to a narrow range $10^{-9} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6}$, predicting a stochastic gravitational-wave background that lies within the 1-$\sigma$ bounds of the recent NANOGrav 12.5-yr data, as well as within the sensitivity bounds of future GW experiments.

1 Introduction

Spontaneous symmetry breaking in grand unified theories (GUTs) can produce variety of topological or non-topological defects [1] [2] [3] [4] [5]. These defects generically arise from the breaking of a group, $G$, to its subgroup, $H$, such that a manifold of equivalent vacua, $M$, $G/H$, exists. Monopoles form when the manifold $M$ contains non-contractible two-dimensional spheres [6], cosmic strings when it contains non-contractible loops and domain walls when $M$ is disconnected [7]. The monopoles can be avoided by inflation which naturally incorporates the GUT scale in supersymmetric hybrid inflation [8]. It has been shown for a large class of GUT models that in spontaneous symmetry breaking schemes curing the monopole problem, the formation of cosmic strings cannot be avoided [9].

Cosmic strings are interesting messenger from the early universe due to their characteristic signatures in the stochastic gravitational wave background (SGWB). The evidence for a stochastic process at nanohertz frequencies as reported by recent NANOGrav 12.5 year data has been interpreted as SGWB in a large number of recent papers [10] [11] [12] [13] [14] [15] [16] [17] [18] [19] [20]. Relic gravitational waves (GWs) provide a fascinating window to explore the very early universe cosmology [21]. Cosmic string produce powerful bursts of gravitational radiation that could be detected by interferometric gravitational wave detectors such as LIGO, Virgo, and LISA [22] [23]. In addition, the stochastic gravitational wave background (SGWB) can be detected or constrained by various observations including Big Bang Nucleosynthesis (BBN), pulsar timing experiments and interferometric gravitational wave detectors [24].

Among the various proposed extensions of the minimal supersymmetric standard model (MSSM), the $U(1)_{B-L}$ is the simplest [25] [26] [27]. Here $B$ and $L$ denote the baryon and lepton numbers, respectively and $B - L$ is the difference between baryon and lepton numbers. As a local symmetry, the $B - L$ group resides in the grand unified (GUT) gauge group $SO(10)$. The spontaneous breaking of $U(1)_{B-L}$ at the end of inflation requires an extended scalar sector, which automatically yields hybrid inflation explaining the inho-
geneities of the CMB. In the $B - L$ breaking phase transition, most of the vacuum energy density is rapidly transferred to non-relativistic $B - L$ Higgs bosons, a sizable fraction also into cosmic strings. The decay of heavy Higgs boson and heavy neutrino leads to an elegant explanation of the small neutrino masses via the seesaw mechanism, explaining the baryon asymmetry via thermal and nonthermal leptogenesis [28, 29, 30, 31]. The temperature evolution during reheating is controlled by the interplay between the $B - L$ Higgs and the neutrino sector, while the dark matter originates from thermally produced gravitinos. The embedding of $U(1)_{B-L}$ into a simply-connected group such as $SO(10)$ or Pati-salam symmetry $(SU(4)_C \times SU(2)_L \times SU(2)_R)$, produces metastable cosmic strings due to the spontaneous pair creation of a monopole and an anti-monopole. Once the string is cut, the monopoles at the two ends are quickly pulled together due to string tension, forcing them to annihilate. If the string network is sufficiently long-lived, it can generate a stochastic gravitational wave background (SGWB) in the range of ongoing and future gravitational wave (GW) experiments [32, 33].

Hybrid inflation, in particular, is one of the most promising models of inflation, and can be naturally realized within the context of supergravity theories. This scenario is based on the inclusion of two scalar fields [34], with the first one realizing the slow-roll inflation and the second one, dubbed the “waterfall” field, triggering the end of inflationary epoch. While in the standard hybrid inflationary scenario [8, 35, 36], the GUT gauge symmetry is broken at the end of inflation, in shifted [37] and smooth variants [38, 39], the gauge symmetry breaking occurs during inflation and thus, the disastrous magnetic monopoles and other dangerous topological defects are inflated away.

In this paper we study standard hybrid inflation in the context of supergravity where a no-scale Kähler potential is assumed. We consider the framework of MSSM gauge symmetry augmented by a $U(1)_{B-L}$ factor and investigate the implementation of hybrid inflation and its interplay with the issues of non-thermal leptogenesis, gravitino dark matter and stochastic gravitational wave background (SGWB) generated by metastable cosmic string network. For $\mu$ hybrid inflation see Ref [40]. We consider the value of monopole-string-tension ratio from $\sqrt{\lambda} \simeq 7.4$ (metastable cosmic strings) to $\sqrt{\lambda} \simeq 9.0$ (quasi-stable cosmic strings). The parametric space consistent with successful reheating with non-thermal leptogenesis and gravitino dark matter restrict the allowed values of string tension to the range $10^{-9} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6}$ and predicts a stochastic gravitational wave background (SGWB) that lies within the 1- and 2-$\sigma$ bounds of recent NANOGrav 12.5 years data, as well as the sensitivity bounds of future gravitational wave (GW) experiments.

The layout of the paper is as follows. In Sec. 2 we describe the basic features of the model including the superfields, their charge assignments, and the superpotential con-
strained by a $U(1)_R$ symmetry. The inflationary setup is described in Sec. 3. The numerical analysis is presented in Sec. 4 including the prospects of observing primordial gravity waves, non-thermal leptogenesis, gravitino cosmology and stochastic gravitational wave background (SGWB) generated by metastable cosmic string network. Our conclusion is summarized in Sec 5.

2 Model Description

In this section, we present basic features regarding the gauge symmetry and the spectrum of the effective model in which the inflationary scenario will be implemented. The gauge group $U(1)_{B-L}$ is embedded in a grand unified (GUT) gauge group $SO(10)$ and is based on the gauge symmetry

$$G_{B-L} = SU(3)_C \times SU(2)_L \times U(1)_Y \times U(1)_{B-L} \cdot$$ \hspace{1cm} (2.1)

In addition to the MSSM matter and Higgs superfields, the model supplements six superfields namely; a gauge singlet $S$ whose scalar component acts as inflaton, three right-handed neutrinos $N^c_i$ and a pair of Higgs singlets $H$ and $\overline{H}$, which are responsible for breaking the gauge group $U(1)_{B-L}$. The charge assignment of these superfields under the gauge symmetry $SU(3)_C \times SU(2)_L \times U(1)_Y \times U(1)_{B-L}$ as well as the global symmetries $U(1)_R$, $U(1)_B$ and $U(1)_L$ are listed in Table 1.

The $U(1)_{B-L}$ symmetry is spontaneously broken when the $H$, $\overline{H}$ singlet Higgs superfields acquire vacuum expectation values (VEVs), providing Majorana masses to the right handed neutrinos. The superpotential of the model, invariant under the symmetries listed in Table 1 is given as

$$W = \mu H_u H_d + y_u H_u Q u^c + y_d H_d Q d^c + y_e H_d L e^c + y_v H_u L N^c$$

$$+ \kappa S (\overline{H}H - M^2) + \beta^c_{ij} \frac{HHN^cN^c}{\Lambda} \cdot$$ \hspace{1cm} (2.2)

The first line in the above superpotential contains the usual MSSM $\mu$-term and Yukawa couplings supplemented by an additional Yukawa coupling among $L_i$ and $N^c_i$. These Yukawa couplings generate Dirac masses for up and down quarks, charged leptons and neutrinos. The family indices for Yukawa couplings are generally suppressed for simplicity. The first term in the second line is relevant for standard supersymmetric hybrid inflation with $M$ being a GUT scale mass parameter and $\kappa$, a dimensionless coupling constant. The non-renormalizable term in the second line generates Majorana masses for right handed neutrinos $N^c_i$ and induces the decay of inflaton to $N^c_i$. By virtue of the extra global symmetries, the model is protected from dangerous proton decay operators and $R$-parity violating terms.
| Superfields | Representations under $G_{B-L}$ | Global Symmetries |
|-------------|---------------------------------|------------------|
|             |                                 | $U(1)_R$ | $B$ | $L$ |
| **Matter Fields** |                                 |       |    |    |
| $e_i^c$     | $(1, 1, 1, 1)$                  | 1   | 0  | -1 |
| $N_i^c$     | $(1, 1, 0, 1)$                  | 1   | 0  | -1 |
| $L_i$       | $(1, 2, -1/2, -1)$              | 0   | 0  | 1  |
| $u_i^c$     | $(3, 1, -2/3, -1/3)$            | 1/2  | -1/3 | 0 |
| $d_i^c$     | $(3, 1, 1/3, -1/3)$             | 1/2  | -1/3 | 0 |
| $Q_i$       | $(3, 2, 1/6, 1/3)$              | 1/2  | 1/3 | 0  |
| **Higgs Fields** |                                 |       |    |    |
| $H_d$       | $(1, 2, -1/2, 0)$               | 1   | 0  | 0  |
| $H_u$       | $(1, 2, 1/2, 0)$                | 1   | 0  | 0  |
| $S$         | $(1, 1, 0, 0)$                  | 2   | 0  | 0  |
| $\overline{H}$ | $(1, 1, 0, 1)$                 | 0   | 0  | -1 |
| $H$         | $(1, 1, 0, -1)$                 | 0   | 0  | 1  |

Table 1: Superfield contents of the model, the corresponding representations under the local gauge symmetry $G_{B-L}$ and the properties with respect to the extra global symmetries, $U(1)_R$, $U(1)_B$ and $U(1)_L$.

### 3 Inflation Potential

We will compute the effective scalar potential contributions from the $F$- and $D$-sector, radiative corrections as well as the soft supersymmetry breaking terms. The superpotential terms relevant for inflation are

$$W \supset \kappa S \left( \overline{H} H - M^2 \right).$$  \hfill (3.1)

We consider a no-scale structure Kähler potential which, after including contributions from the relevant fields in the model, takes the following form

$$K = -3m^2_P \log \left[ T + T^* - \frac{1}{3m^2_P} \left( HH^* + \overline{H} \overline{H}^* + S^\dagger S \right) + \frac{\xi}{3m^2_P} \left( H \overline{H} + H^* \overline{H}^* \right) + \frac{\gamma}{3m^4_P} \left( S^\dagger S \right)^2 + \ldots \right],$$  \hfill (3.2)

where $T, T^*$ are Kähler complex moduli fields, $T = (u + i v)$, hence $T + T^* = 2u$ and $\xi$ is
a dimensionless parameter. Here we choose \( u = 1/2 \). For later convenience, we define

\[
\Delta = \left[ T + T^* - \frac{1}{3m_P^2} \left( HH^* + \bar{H} \bar{H}^* + S^\dagger S \right) + \frac{\xi}{3m_P^2} \left( H \bar{H} + H^* \bar{H}^* \right) \right. \\
\left. + \frac{\gamma}{3m_P^2} \left( S^\dagger S \right)^2 + \ldots \right],
\]

so that Eq. 3.2 can be written as

\[
K = -3m_P^2 \log \Delta. \tag{3.4}
\]

The fields carrying \( SU(3)_C \times SU(2)_L \times U(1)_Y \times U(1)_{B-L} \) quantum numbers are given in Table 1 and denoted collectively here with \( \phi_i \). The \( D \)-term potential is given as,

\[
V_D = \frac{1}{2} D^p_a D_a^p, \tag{3.5}
\]

where \( D^p_a \) is defined for \( SU(N) \) groups as

\[
D^p_a = -g_a K_{\phi_i [t^p_a]_i} \phi_j
\]

and for \( U(1) \) groups as,

\[
D^p_a = -g_a K_{\phi_i [t^p_a]_i} \phi_j - ga q_i \zeta.
\]

Here \( K_{\phi_i} \equiv dK/d\phi_i \), \( \zeta \) is the Fayet-Iliopoulos coupling constant and \( q_i \) are the charges under \( U(1) \) group. The \( t^p_a \) are the generators of the corresponding group \( G \) and \( p = 1, \ldots, \text{dim}(G) \). The \( D \)-term potential can be written as,

\[
V_D = \frac{g^2_{B-L}}{2 \Delta^2} \left[ 2 | H |^2 - 2 | H |^2 - \xi \left( 2H \bar{H} - 2 \bar{H} \bar{H} \right) + (q_H + q_{\bar{H}}) \zeta \right]^2. \tag{3.6}
\]

The \( D \)-flat potential can be achieve by parametrization of the fields \( H \) and \( \bar{H} \). We can rewrite the complex fields in terms of real scalar fields as

\[
H = \frac{Y}{\sqrt{2}} e^{i\theta} \cos \vartheta, \quad \bar{H} = \frac{Y}{\sqrt{2}} e^{i\bar{\theta}} \sin \vartheta, \tag{3.7}
\]

where the phases \( \theta, \bar{\theta} \) and \( \vartheta \) can be stabilized at

\[
\vartheta = \frac{\pi}{4} \quad \text{and} \quad \theta = \bar{\theta} = 0, \tag{3.8}
\]

along the \( D \)-flat direction (\( |H| = |\bar{H}| = \frac{Y}{2} \)). The \( F \)-term SUGRA scalar potential is given by

\[
V_F = e^{K/m_P^2} \left[ \left( K_{ij} \right)^{-1} (D_z W) (D_z W)^* - \frac{3|W|^2}{m_P^2} \right]. \tag{3.9}
\]
Introducing a canonically normalized field 

\[ \gamma M \]

\[ \text{can be written as,} \]

\[ \text{Since} \]

\[ \cosmicstrings. \text{Defining dimensionless variable} \]

\[ \text{After the end of inflation, the spontaneous breaking of the gauge group} \]

\[ \text{The action of our model for non-canonically normalized field} \]

\[ = 0 \]

\[ S \]

\[ \text{Using the flatness condition,} \]

\[ D_z W \equiv \partial W / \partial z_i + \partial K W / \partial z_i m_p^2, \quad K_{ij} \equiv \partial^2 K / \partial z_i z_j; \quad (3.10) \]

\[ \text{and} \quad D_z W^* = (D_z W)^* \]. The \( F \)-term scalar potential during inflation becomes

\[ V_F(Y, |S|) = \frac{\kappa^2}{16} (Y^2 - 4M^2)^2 + \kappa^2 Y^2 |S|^2 - \kappa^2 M^4 \left( \frac{2}{3} - 4\gamma \right) \left( \frac{|S|}{m_p} \right)^2 \]

\[ + \kappa^2 M^4 \left( -\frac{5}{9} + \frac{14\gamma}{3} + 16\gamma^2 \right) \left( \frac{|S|}{m_p} \right)^4 \cdots. \quad (3.11) \]

Using the \( F \)-flatness condition, \( D_z W = 0 \), the minima of potential lies at \( Y = 2M \) and \( S = 0 \). Along the inflationary trajectory, \( Y = 0 \), the gauge group \( U(1)_{B-L} \) is unbroken. After the end of inflation, the spontaneous breaking of the gauge group \( U(1)_{B-L} \) yields cosmic strings. Defining dimensionless variable \( x \equiv |S|/M \), we obtain the following form of potential along the inflationary trajectory,

\[ V_F(x) \simeq \kappa^2 M^4 \left( 1 - \left( \frac{2}{3} - 4\gamma \right) \left( \frac{M}{m_p} \right)^2 + \left( -\frac{5}{9} + \frac{14\gamma}{3} + 16\gamma^2 \right) \left( \frac{M}{m_p} \right)^4 \right. + \left. \cdots. \right. \quad (3.12) \]

The action of our model for non-canonically normalized field \( x \) is given by

\[ \mathcal{A} = \int dx^4 \sqrt{-g} \left[ \frac{m_p^2}{2} R - K_{ij} \partial_i x^i \partial_j x^j - V(x) \right]. \quad (3.13) \]

Introducing a canonically normalized field \( \chi \) that satisfies

\[ \left( \frac{d\chi}{dx} \right)^2 = \frac{3 \gamma M^2 x^2 \left( \frac{M^2}{m_p^2} x^2 - 12 \right) + 9}{\left( \frac{M^2}{m_p^2} x^2 \left( \gamma M^2 / m_p^2 \right) x^2 - 1 + 3 \right)^2} \sim 1. \quad (3.14) \]

Since \( \gamma M^2 \ll m_p^2 \), integrating Eq. (3.14) in this limit, we obtain the canonically normalized field \( \chi \) as a function of \( x \). The canonically normalized potential as a function of \( \chi \) can be written as,

\[ V_F(\chi) \simeq \kappa^2 M^4 \left( 1 - \left( \frac{2}{3} - 4\gamma \right) \left( \frac{M}{m_p} \right)^2 \chi^2 + \left( -\frac{5}{9} + \frac{14\gamma}{3} + 16\gamma^2 \right) \left( \frac{M}{m_p} \right)^4 \chi^4 + \cdots \right. \quad (3.15) \]

The effective scalar potential including the well-known radiative corrections and soft SUSY breaking terms, can be expressed as

\[ V(\chi) \simeq V_F + V_D + V_{CW} + V_{Soft} \]

\[ \simeq \kappa^2 M^4 \left( 1 - \left( \frac{2}{3} - 4\gamma \right) \left( \frac{M}{m_p} \right)^2 \chi^2 + \left( -\frac{5}{9} + \frac{14\gamma}{3} + 16\gamma^2 \right) \left( \frac{M}{m_p} \right)^4 + \right. \]

\[ + \frac{\kappa^2}{8\pi^2} F(\chi) + a \left( \frac{m_{3/2}}{\sqrt{\gamma M}} \right) + \left( \frac{M_S \chi}{\kappa M} \right)^2 \right), \quad (3.17) \]
with
\[ a = 2|A - 2| \cos \left[ \arg S + \arg(1 - A) \right], \tag{3.18} \]
and
\[ F(\chi) = \frac{1}{4} \left( \chi^4 - 1 \right) \log \left( \frac{\chi^4 - 1}{\chi^4} \right) + 2 \chi^2 \log \left( \frac{\chi^2 + 1}{\chi^2 - 1} \right) + 2 \log \left( \frac{\kappa^2 M^2 \chi^2}{Q^2} \right) - 3 . \tag{3.19} \]

Here, \( Q \) is the renormalization scale, \( a \) and \( M_S \) are the coefficients of soft SUSY breaking linear and mass terms for \( S \), respectively, and \( m_{3/2} \) is the gravitino mass. For simplicity, we set \( M_S = m_{3/2} \) and assume a suitable initial condition for \( \arg S \) to be stabilized at zero and take \( a \) to be constant during inflation (for details see Ref [41]).

4 Analysis

In this section, we analyze the implications of the model and discuss its predictions regarding the various cosmological observables. We pay particular attention to inflationary predictions and stochastic gravitational waves (GW) spectrum consistent with leptogenesis and gravitino cosmology.

4.1 Inflationary Predictions

The inflationary slow-roll parameters can be expressed in terms of \( \chi \) as
\[ \epsilon = \frac{1}{4} \left( \frac{m_p}{M} \right)^2 \left( \frac{V'(\chi)}{V(\chi)} \right)^2 , \quad \eta = \frac{1}{2} \left( \frac{m_p}{M} \right)^2 \left( \frac{V''(\chi)}{V(\chi)} \right) , \tag{4.1} \]
\[ s^2 = \frac{1}{4} \left( \frac{m_p}{M} \right)^4 \left( \frac{V'(\chi) V''(\chi)}{V(\chi)} \right) , \tag{4.2} \]
where a prime denotes a derivative with respect to \( \chi \). The tensor-to-scalar ratio \( r \), the scalar spectral index \( n_s \), and the running of the spectral index \( \frac{dn_s}{d\ln k} \) are given by
\[ r \simeq 16 \epsilon , \quad n_s \simeq 1 + 2 \eta - 6 \epsilon , \quad \frac{dn_s}{d\ln k} \simeq 16 \epsilon \eta - 24 \epsilon^2 + 2s^2 . \tag{4.3} \]
The number of e-folds is given by [42],
\[ N_l = 2 \left( \frac{M}{m_p} \right)^2 \int_{\chi_e}^{\chi_l} \left( \frac{V(\chi)}{V'(\chi)} \right) d\chi = 54 + \frac{1}{3} \ln \left[ \frac{T_r}{10^9 \text{GeV}} \right] + \frac{1}{3} \ln \left[ \frac{V(\chi_l)^{1/4}}{10^{16} \text{GeV}} \right] , \tag{4.4} \]
where \( l \) denotes the comoving scale after crossing the horizon, \( \chi_l \) is the field value at \( l \), \( \chi_e \) is the field value at the end of inflation, (i.e., when \( \epsilon = 1 \)), and \( T_r \) is the reheating
Figure 1: Contours of tensor to scalar ratio $r$ (left panel) and the field $S_0$ (right panel) in the $\kappa - M$ plane, where $M$ is the $B - L$ gauge symmetry breaking scale. The boundary is drawn for different constraints shown. The color bar on the right displays the range of string tension parameter $G_{\mu CS}$. The shaded region represents the parametric space that is consistent with gravitino dark matter.

temperature which will be discussed in the following section. The amplitude of curvature perturbation $\Delta_R$ is given by

$$\Delta_R^2 = \frac{V(\chi)}{24\pi^2 \epsilon(\chi)}.$$  \hspace{1cm} (4.5)

The results of our numerical calculations are presented in Fig. 1 where the variation of parameters is shown in the $\kappa - M$ plane. In our analysis, the scalar spectral index is fixed at the central value of Planck’s bounds $n_s = 0.9655$. To keep the SUGRA expansion, parameterized by $\gamma$, under control we impose $S_0 \leq m_\nu$. We restrict $M \leq 2 \times 10^{16}$ GeV and $T_r \leq 10^{10}$ GeV to avoid the gravitino problem. We further restrict our numerical results by imposing the following conditions

$$m_{inf} = 2M_N, \quad M_N = 10T_r,$$  \hspace{1cm} (4.6)

which ensure successful reheating with non-thermal leptogenesis. The boundary curves in Fig. 1 represent; $M = 2 \times 10^{16}$ GeV, $T_r = 10^{10}$ GeV, $m_{inf} = 2M_N$, $M_N = 10T_r$ and $G_{\mu} = 10^{-12}$ constraints. The left panel in Fig. 1 shows the variation of tensor to scalar ratio $r$, whereas, the right panel shows the variation of the field value $S_0$. The color bar depicts the range of string tension $G_{\mu CS}$ obtained in our model. It should be noted that the parameter $\gamma$ which controls the SUGRA corrections, makes this model more predictive than the standard hybrid model of inflation. Using leading order slow-roll approximation, we obtain the following analytical expressions for $n_s$ in the small $\kappa$ limit,

$$n_s = 1 - 2 \left(\frac{2}{3} - 4\gamma\right).$$  \hspace{1cm} (4.7)

It can readily be check that for $\gamma = 0.162292$, we obtain $n_s \sim 0.9655$ which is in excellent agreement with the numerical results displayed in Fig. 1. The above equation therefore
gives a valid approximation of our numerical results. For the scalar spectral index $n_s$ fixed at Planck’s central value (0.9655), we obtain the following ranges of parameters

$$4.2 \times 10^{-6} \lesssim \kappa \lesssim 6.2 \times 10^{-2},$$

$$(1.3 \times 10^{13} \lesssim M \lesssim 2.0 \times 10^{16}) \text{ GeV},$$

$$(2 \times 10^{16} \lesssim S_0 \lesssim 2 \times 10^{17}) \text{ GeV},$$

$$7.1 \times 10^{-23} \lesssim r \lesssim 10^{-4},$$

$$10^{-12} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6}. \quad (4.8)$$

Using the Plank’s normalization constraint on $\Delta_R$, we obtain the following explicit dependence of $r$ on $\kappa$ and $M$

$$r \simeq \frac{2\kappa^2}{3\pi^2\Delta_R^2} \left( \frac{M}{m_P} \right)^4,$$  \quad (4.9)

which explains the behavior of tensor to scalar ratio $r$ in $\kappa - M$ plane. It can readily be checked that for $\kappa \simeq 4.65 \times 10^{-5}$ and $M \simeq 1.42 \times 10^{13} \text{ GeV}$, the above equation gives $r \simeq 7.9 \times 10^{-23}$. On the other hand, $\kappa \simeq 2.7 \times 10^{-2}$ and $M \simeq 2.0 \times 10^{16} \text{ GeV}$ gives $r \simeq 10^{-4}$. These approximate values are very close to the actual values obtained in the numerical calculations.

### 4.2 Reheating with non-thermal leptogenesis

At the end of inflation epoch, the vacuum energy is transferred to the energies of coherent oscillations of the inflaton $S$ and the scalar field $\theta = (\delta H + \delta \bar{H})/\sqrt{2}$ whose decays give rise to the radiation in the universe. The inflaton decay to right handed neutrino is induced by the superpotential term

$$W \supset \beta'_{ij} \frac{HHN^cN^c}{\Lambda}, \quad (4.10)$$

where $\beta'_{ij}$ is a coupling constant and $\Lambda$ represents a high cut-off scale (in a string model this could be identified with the compactification scale). Heavy Majorana masses for the right-handed neutrinos are provided by the following term

$$M_{\nu^c_{ij}} = \beta'_{ij} \frac{\langle H \rangle \langle H \rangle}{\Lambda}. \quad (4.11)$$

Also, Dirac neutrino masses of the order of the electroweak scale are obtained from the tree-level superpotential term $y_{\nu_{ij}} N_i^c L_j H_u \rightarrow m_{\nu_{Dij}} NN^c$ given in (2.2). Thus, the neutrino sector is

$$W \supset m_{\nu_{Dij}} N_i N^c_j + M_{\nu^c_{ij}} N^c_i N^c_j. \quad (4.12)$$

The small neutrino masses supported by neutrino oscillation experiments, are obtained by integrating out the heavy right-handed neutrinos and read as

$$m_{\nu_{D\alpha\beta}} = -\sum_i y_{\nu_{ia}} y_{\nu_{i\beta}} \frac{v_u^2}{M_i}. \quad (4.13)$$
The neutrino mass matrix $m_{\nu_{D\alpha\beta}}$ can be diagonalized by a unitary matrix $U_{\alpha i}$ as $m_{\nu_{D\alpha\beta}} = U_{\alpha i} U_{\beta i} m_{\nu_{D}}$, where $m_{\nu_{D}}$ is a diagonal mass matrix $m_{\nu_{D}} = \text{diag}(m_{\nu_1}, m_{\nu_2}, m_{\nu_3})$ and $M_i$ represent the eigenvalue of mass matrix $M_{\nu_{ci}}$.

The lepton asymmetry is generated (inducing also baryon asymmetry [28, 29]) through right-handed neutrino decays. The lepton number density to the entropy density in the limit $T_r < M_1 \equiv M_N \leq m_{\text{inf}}/2 \leq M_{2,3}$ is defined as

$$\frac{n_L}{s} \sim \frac{3}{2} \frac{T_r}{m_{\text{inf}}} \epsilon_{cp},$$

(4.14)

where $\epsilon_{cp}$ is the CP asymmetry factor and is generated from the out of equilibrium decay of lightest right-handed neutrino and is given by [43],

$$\epsilon_{cp} = -\frac{3}{8\pi} \frac{1}{(y_{\nu} y^\dagger_{\nu})_{11}} \sum_{i=2,3} \text{Im} \left[ \left( y_{\nu} y^\dagger_{\nu} \right)_{1i} \right] \frac{M_N}{M_i},$$

(4.15)

and $T_r$ is reheating temperature which can be as estimated as

$$T_r \approx \sqrt{\frac{90}{\pi^2 g_* \sqrt{\Gamma m_P}}},$$

(4.16)

where $g_*$ is 228.75 for MSSM. The $\Gamma$ is the decay width for the inflaton decay into right-handed neutrinos and is given by [43]

$$\Gamma \left( \text{inf} \to N^c_i N^c_j \right) = \frac{1}{8\pi} \left( \frac{M_N}{M} \right)^2 m_{\text{inf}} \left( 1 - \frac{4M_N^2}{m_{\text{inf}}^2} \right)^{1/2},$$

(4.17)

with the inflaton mass given by

$$m_{\text{inf}} = \sqrt{2\kappa^2 M^2 + M_S^2}.$$

(4.18)

Assuming a normal hierarchical pattern of light neutrino masses, the CP asymmetry factor, $\epsilon_{cp}$, becomes

$$\epsilon_{cp} = \frac{3}{8\pi} \frac{M_N m_{\nu_3}}{v_u^2 \delta_{\text{eff}}} \delta_{\text{eff}},$$

(4.19)

where $m_{\nu_3}$ is the mass of the heaviest light neutrino, $v_u = \langle H_u \rangle$ is the VEV of the up-type electroweak Higgs and $\delta_{\text{eff}}$ is the CP-violating phase. The experimental value of lepton asymmetry is estimated as [44],

$$|n_L/s| \approx (2.67 - 3.02) \times 10^{-10}.$$

(4.20)

In the numerical estimates discussed below we take $m_{\nu_3} = 0.05 \text{ eV}, |\delta_{\text{eff}}| = 1$ and $v_u = 174 \text{ GeV}$, while assuming large $\tan \beta$. The non-thermal production of lepton asymmetry, $n_L/s$, is given by the following expression

$$\frac{n_L}{s} \lesssim 3 \times 10^{-10} \frac{T_r}{m_{\text{inf}}} \left( \frac{M_N}{10^6 \text{ GeV}} \right) \left( \frac{m_{\nu_3}}{0.05 \text{ eV}} \right),$$

(4.21)
with $M_1 \gg T_r$. Using the experimental value of $n_L/s \approx 2.5 \times 10^{-10}$ with Eq. (4.16) and (4.21), we obtain the following lower bound on $T_r$,

$$T_r \gtrsim 1.9 \times 10^7 \text{ GeV} \left( \frac{m_{\inf}}{10^{11} \text{ GeV}} \right)^{3/4} \left( \frac{10^{16} \text{ GeV}}{M_N} \right)^{1/2} \left( \frac{m_{\nu_3}}{0.05 \text{ eV}} \right)^{1/2}. \quad (4.22)$$

A successful baryogenesis is usually generated through the sphaleron process where an initial lepton asymmetry, $n_L/s$, is partially converted into a baryon asymmetry \cite{45, 46}. However, the right handed neutrinos produced in inflaton decays are highly boosted, which affects the estimate of the final baryon asymmetry as given in \cite{32}. Eq. (4.22) is used in our numerical analysis to calculate inflationary predictions which are consistent with leptogenesis and baryogenesis.

Fig. 2 shows the contours of reheating temperature $T_r$ (top), inflaton mass $m_{\inf}$ (bottom left) and right handed neutrino mass $M_N$ (bottom right) in the $\kappa - M$ plane. We obtain
these parameters in the following ranges

\[
(10^7 \lesssim T_r \lesssim 10^{10}) \text{ GeV},
\]
\[
(4.7 \times 10^8 \lesssim M_N \lesssim 5.3 \times 10^{11}) \text{ GeV},
\]
\[
(9.4 \times 10^8 \lesssim m_{\inf} \lesssim 7.6 \times 10^{11}) \text{ GeV}.
\] (4.23)

The color bar on the right displays the range of string tension parameter $G_{\mu CS}$, while the shaded region corresponds to the stable gravitino, as discussed in the following section.

### 4.3 Gravitino Dark Matter

An important constraint on the reheat temperature $T_r$ arises, when gravitino cosmology is taken into account, that depends on the SUSY breaking mechanism and the gravitino mass $m_{3/2}$. As noted in [25, 47], one may consider the case of

- $\alpha$) a stable LSP gravitino;
- $\beta$) unstable long-lived gravitino with mass $m_{3/2} < 25$ TeV;
- $\gamma$) unstable short-lived gravitino with mass $m_{3/2} > 25$ TeV.

We first consider the case of stable gravitino, in which case it is the lightest SUSY particle (LSP) and assuming it is thermally produced, its relic density is estimated to be

\[
\Omega_{3/2} h^2 = 0.08 \left( \frac{T_r}{10^{10} \text{ GeV}} \right) \left( \frac{m_{3/2}}{1 \text{ TeV}} \right) \left( 1 + \frac{m_{\tilde{g}}^2}{3m_{3/2}^2} \right),
\] (4.24)

where $m_{\tilde{g}}$ is the gluino mass parameter and $h$ is the present Hubble parameter in units of $100 \text{ km sec}^{-1} \text{Mpc}^{-1}$ and $\Omega_{3/2} = \rho_{3/2}/\rho_c$. A stable LSP gravitino requires $m_{\tilde{g}} > m_{3/2}$ while current LHC bounds on the gluino mass are around 2.2 TeV [52]. It is found from Eq. (4.24) that the overclosure limit $\Omega_{3/2} < 1$ puts a severe upper bound on the reheating temperature $T_r$, depending on the gravitino mass $m_{3/2}$. Here, we have omitted the contribution from the decays of squarks and sleptons into gravitinos. Using the lower bound of relic abundance $\Omega_{h}^2 = 0.144$ [53] in the above equation, we display a gray shaded region in Fig. 3 that satisfies the condition $(m_{\tilde{g}} > m_{3/2})$ and hence, in this region, gravitino is the lightest supersymmetric particle (LSP) and acts as a viable dark matter candidate.

---

5 $\rho_{3/2}$ and $\rho_c$ are the present energy density of the gravitino and the critical energy density of the present universe, respectively.

6 Eq. (4.24) contains only the dominant QCD contributions for the gravitino production rate. In principle there are extra contributions descending from the electroweak sector as mentioned in [49, 50] and recently revised in [51]. If we consider these type of contributions in our analysis, we estimate that (depending on gaugino universality condition) our results will deviate $\sim (10 - 15)\%$. 

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Figure 3: Contours of the gravitino mass $m_{3/2}$ in the $\kappa - M$ plane, where $M$ is the $B - L$ gauge symmetry breaking scale. The boundary is drawn for different constraints shown. The color bar on the right displays the range of string tension parameter $G_{\mu CS}$. The gray shaded region corresponds to the parametric space where the gravitino is LSP ($m_{\tilde{g}} > m_{3/2}$).

For gravity mediated SUSY breaking, the constraints on gravitino mass and reheat temperature from BBN are \[54\]

$$
T_r \lesssim 10^7 \text{GeV} \quad \text{for} \quad m_{3/2} = (100 - 5000) \text{ GeV},
$$

$$
T_r \sim (10^7 - 2.5 \times 10^9) \text{ GeV} \quad \text{for} \quad m_{3/2} \geq 5000 \text{ GeV}.
$$

The shaded region in above Fig. 3 describes the gravitino dark matter and the value of gravitino mass varies in the range $1.5 \text{ GeV} \lesssim m_{3/2} \lesssim 4.2 \times 10^5 \text{ GeV}$ with reheat temperature $T_r \gtrsim 10^7 \text{ GeV}$. However, the gravitino mass in the range $100 \text{ GeV} \lesssim m_{3/2} \lesssim 5000 \text{ GeV}$ requires a reheat temperature $T_r < 10^7 \text{ GeV}$, which is not achieved in our model and therefore, this small range of $m_{3/2}$ is ruled out by BBN.

An unstable gravitino, could be either long-lived or a short-lived. The lifetime of a long-lived gravitino with mass $m_{3/2} < 25 \text{ TeV}$ is about $\tilde{\tau} \gtrsim 1 \text{ sec}$. A long-lived gravitino leads to the cosmological gravitino problem \[55\] that originates due to the fast decay of gravitino which may affect the light nuclei abundances and thereby ruin the success of BBN theory. To avoid this problem, one has to take into account the BBN bounds (Eq. 4.25) on the reheating temperature. Nevertheless for all range of $5000 \leq m_{3/2} \leq 25000 \text{ GeV}$, a long-lived gravitino scenario is viable and consistent with the BBN bounds \[4.25\].

For short-lived gravitino, the BBN bounds on the reheating temperature are not ef-
fective and gravitino decays into the LSP neutralino $\tilde{\chi}_1^0$, for which the abundance is given by

$$\Omega_{\tilde{\chi}_1^0} h^2 \simeq 2.8 \times 10^{11} \times Y_{3/2} \left( \frac{m_{\tilde{\chi}_1^0}}{1 \text{ TeV}} \right),$$

(4.26)

where $Y_{3/2}$ is the gravitino Yield and is defined as,

$$Y_{3/2} \simeq 2.3 \times 10^{-12} \left( \frac{T_r}{10^{10} \text{ GeV}} \right).$$

(4.27)

Since the LSP neutralino density produced by gravitino decay should not exceed the observed DM relic density, choosing the upper bound of relic abundance $\Omega_{\tilde{\chi}_1^0} h^2 = 0.126$ and using equations (4.27) and (4.26), we find a relation between the reheating temperature $T_r$ and $m_{\tilde{\chi}_1^0}$, given by

$$m_{\tilde{\chi}_1^0} \simeq 19.6 \left( \frac{10^{11} \text{ GeV}}{T_r} \right).$$

(4.28)

For gravity mediation scenario $m_{\tilde{\chi}_1^0} \geq 18$ GeV [56], which is easily satisfied in the current model. Therefore, the short-lived gravitino scenario is also a viable possibility in this model. The region above the shaded area in Fig. 3 corresponds to short-lived gravitino. Finally, we obtain the following ranges of string tension $G\mu_{CS}$ and gravitino mass for stable and unstable gravitino consistent with BBN bounds,

$$10^{-9} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6},$$

$$(-3.2 \times 10^9 \lesssim am_{3/2} \lesssim 5 \times 10^8) \text{ GeV.}$$

(4.29)

In next sub section, we analyze stochastic gravitational waves (GW) spectrum, consistent with leptogenesis and gravitino cosmology.

### 4.4 Gravitational Waves From Cosmic Strings

The superposition of GW sources, such as inflation, cosmic strings and phase transition, would generate a stochastic GW background (SGWB). The tensor perturbations upon horizon re-entry give rise to the inflationary SGWB [15, 16] which imprint a distinctive signature in the CMB $B$-mode polarization. The amplitude and scale dependence of the inflationary SGWB is parameterized via the tensor-to-scalar ratio $r$ and the tensor spectral index $n_T$, which satisfy the inflationary consistency relation $r = -8n_T$ [63], within single-field and hybrid slow-roll models. Since $r \geq 0$, this requires $n_T \leq 0$ (red spectrum) [64]. With current constraints on tensor-to-scalar ratio $r$, the amplitude of the inflationary SGWB on PTA and interferometer scales is far too small to be detectable by these probes and would instead require a strong blue tilted ($n_T > 0$) primordial tensor power spectrum [15]. For a detailed study on SGWBs from first-order phase transition associated with the spontaneous $U(1)_{B-L}$ gauge symmetry breaking, see Refs [59, 60, 61, 62].
In this section, we study SGWB spectra produce by the decay of cosmic string network [10, 11, 12, 13]. The breaking of $U(1)_{B-L}$ gauge symmetry generates stable cosmic string network that can put severe bounds on model parameters. These bounds can be relaxed if the cosmic strings are metastable. The embedding of $U(1)_{B-L}$ group in $SO(10)$ GUT gauge group leads to production of metastable cosmic string network which can decay via the Schwinger production of monopole-antimonopole pairs, generating a stochastic gravitational wave background (SGWB), in the range of ongoing and future gravitational wave (GW) experiments.

The MSSM matter superfields reside in the 16 (spinorial) representation, whereas the MSSM Higgs doublet reside in 10 representations of $SO(10)$. The $SO(10)$ symmetry breaking to MSSM gauge group is achieved by non-zero VEV of 45 multiplet;

$$SO(10) \overset{(45)}{\to} G_{\text{MSSM}} \times U(1)_Y \overset{(16), (16)}{\to} G_{\text{MSSM}},$$

where $G_{\text{MSSM}} \equiv SU(3)_C \times SU(2)_L \times U(1)_Y$ is the MSSM gauge group. The $U(1)_Y$ charge is defined as a linear combination of hypercharge $Y$ and $B - L$ charge,

$$Q_Y = Yx + Q_{B-L}, \quad (4.31)$$

with $x$ being a real constant. As a special case of $x = 0$, the model, after spontaneous breaking of $SO(10)$, can be effectively realized as $B - L$ extended MSSM, $U(1)_{B-L}$. The Higgs superfield pair $(H, \bar{H})$ belong to $(16 + \bar{16})$ representation of $SO(10)$ and is responsible for breaking $G_{B-L}$ to MSSM. The first step gauge symmetry breaking produces magnetic monopoles which are inflated away during inflation, whereas the second step breaking produces metastable cosmic string network.

If cosmic strings form after inflation, they exhibit a scaling behavior where the stochastic GW spectrum is relatively flat as a function of the frequency, and the amplitude is proportional to the string tension $\mu_{CS}$. For our case, $\mu_{CS}$ can be written in term of $M$ as [65],

$$\mu_{CS} = 2\pi M^2 y(\Upsilon), \quad y(\Upsilon) \approx \begin{cases} 1.04 \Upsilon^{0.195}, & \Upsilon > 10^{-2}, \\ 2.4 \log[2/\Upsilon], & \Upsilon < 10^{-2}, \end{cases} \quad (4.32)$$

where $\Upsilon = \frac{\mu_{CS}^2}{g^2}$ with $g = 0.7$ for MSSM. The CMB bound on cosmic string tension, reported by Planck 2018 [66, 67] is

$$G\mu_{CS} \lesssim 2.4 \times 10^{-7}, \quad (4.33)$$

where $G\mu_{CS}$ denotes the dimensionless string tension with the gravitational constant $G = 6.7 \times 10^{-39}$ GeV$^{-2}$. The observation of GWs from cosmic strings is crucially dependent on two scales; the energy scale of inflation $\Lambda_{\text{inf}}$, and the scale at which cosmic string generate the GW spectrum $\Lambda_{CS} \equiv \sqrt{\mu_{CS}}$. The amplitude of the tensor mode cosmic
Figure 4: Gravitational wave spectra from metastable cosmic strings explaining the NANOGrav excess at 2-σ confidence level. The curves in left panel are drawn for all range of string tension obtained in the model with $\sqrt{\lambda} = 8$. The curves in right panel are drawn for the range of string tension consistent with non-thermal leptogenesis and gravitino dark matter, with $\sqrt{\lambda} = 7, 8, 9$. The shaded areas in the background indicate the sensitivities of the current and future experiments.

microwave background (CMB) anisotropy fixes the energy scale of inflation as $\Lambda_{\text{inf}} \sim V^{1/4} \sim 3.3 \times 10^{16} r^{1/4}$ \([68]\). Using Planck 2-σ bounds on tensor-to-scalar ratio $r$ we obtain the upper limit on scale of inflation, $\Lambda_{\text{inf}} < 1.6 \times 10^{16}$ GeV \([69]\). In our model, strings form after inflation, namely $\Lambda_{\text{inf}} > \Lambda_{CS}$, for which a stochastic gravitational wave background (SGWB) is generated from undiluted strings. The SGWB arising from meta-stable cosmic strings network are expressed relative to critical density as \([70]\)

$$
\Omega_{GW}(f) = \frac{\partial p_{gw}(f)}{\rho_c \partial \ln f} = \frac{8 \pi f(G \mu_{CS})^2}{3 H_0^2} \sum_{n=1}^{\infty} C_n(f) P_n, \quad (4.34)
$$

where $\rho_{gw}$ denotes the GW energy density, $\rho_c$ is the critical energy density of the universe, and $H_0 = 100 \, \text{h km s}^{-1} \text{Mpc}^{-1}$ is the Hubble parameter. The parameter $P_n \sim \frac{50}{\zeta_{(4/3)n/3}}$ is the power spectrum of GWs emitted by the $n^{th}$ harmonic of a cosmic string loop and $C_n(f)$ indicates the number of loops emitting GWs that are observed at a given frequency $f$

$$
C_n(f) = \frac{2n}{f^2} \int_{z_{\text{min}}}^{z_{\max}} dz \frac{N(\ell(z), t(z))}{H(z)(1+z)^6}, \quad (4.35)
$$

which is a function of number density of cosmic string loops $N(\ell, t)$, with $\ell = 2n/((1+z)f)$. For the number density of cosmic string loops, $N(\ell, t)$, we use the approximate expressions of Blanco-Pillado-Olum-Shlaer (BOS) model given in \([70] [71]\)

$$
N_r(\ell, t) = \frac{0.18}{t^{3/2}(\ell + \Gamma G \mu_{CS})^{5/2}}, \quad (4.36)
$$

$$
N_{m,r}(\ell, t) = \frac{0.18 \sqrt{t_{\text{eq}}}}{t^{2}(\ell + \Gamma G \mu_{CS})^{5/2}} = \frac{0.18(2H_0 \sqrt{\Omega_c})^{3/2}}{(\ell + \Gamma G \mu_{CS})^{5/2}} (1+z)^3. \quad (4.37)
$$
For our region of interest, the dominant contribution is obtained from the loops generated during the radiation-dominated era. For \( t(z) \) and \( H(z) \), we use the expressions for \( \Lambda \) CDM cosmology assuming a standard thermal history of universe, while ignoring the changes in the number of effective degrees of freedom with \( z \)

\[
H(z) = H_0 \sqrt{\Omega_\Lambda + \Omega_m (1 + z)^3 + \Omega_r (1 + z)^4}, \tag{4.38}
\]

\[
t(z) = \int_{z_{\text{min}}}^{z_{\text{max}}} \frac{dz'}{H(z')(1 + z')}, \quad l(z) = \frac{2n}{(1 + z)f}. \tag{4.39}
\]

The integration range in the above equation corresponds to the lifetime of the cosmic string network, from its formation at \( z_{\text{max}} \approx \frac{T_r}{2\pi^2} \) until its decay at \( z_{\text{min}} \) given by \([72, 73, 74]\),

\[
z_{\text{min}} = \left( \frac{70}{H_0} \right)^{1/2} (\Gamma \Gamma_d G_{\mu CS})^{1/4}, \quad \Gamma_d = \frac{\mu}{2\pi} e^{-\pi \lambda}, \quad \lambda = \frac{m_M^2}{\mu} \tag{4.40}
\]

where \( \Gamma \approx 50 \), \( m_M \) is the monopole mass, \( \mu \) is the string tension, and we fix the reheat temperature at \( T_r = 10^8 \) GeV. The dimensionless parameter \( \lambda \) is the hierarchy between the GUT and \( U(1)_{B-L} \) breaking scales. Fig. 4 shows gravitational wave spectra from metastable cosmic strings for the predicted range of cosmic string tension, \( 10^{-12} \lesssim G_{\mu CS} \lesssim 10^{-6} \). The curves in left panel are drawn for the GUT and the \( B-L \) breaking scales ratio, \( \sqrt{\lambda} = 8 \). The parametric space consistent with successful reheating with non-thermal leptogenesis and gravitino dark matter restricts the value of \( G_{\mu CS} \) in the range \( 10^{-9} \lesssim G_{\mu CS} \lesssim 10^{-6} \). This is shown in the right panel of Fig. 4 where the curves are drawn for \( \sqrt{\lambda} = 7, 8, 9 \). It can be seen that the GW spectrum for the entire range of \( G_{\mu CS} \) passes through most GW detector sensitivities. LIGO O1 [22] has excluded cosmic strings formation at \( G_{\mu CS} \lesssim 10^{-6} \) in the high frequency regime 10-100 Hz. The low frequency band, 1-10 nHz, can be probed by NANOGrav [75], EPTA [76] and other GW experiments at nano Hz frequencies. Planned pulsar timing arrays SKA [77], space-based laser interferometers LISA [23], Taiji [78], TianQin [79], BBO [80], DECIGO [81], ground-based interferometers, such as Einstein Telescope [82] (ET), Cosmic Explorer [83] (CE), and atomic interferometer AEDGE [84], will probe GW generated by metastable cosmic string in a wide regime of frequencies.

### 4.5 Explaining the NANOGrav results

We now discuss the SGWB signal predicted by metastable cosmic strings for recent NANOGrav 12.5 yr results [75], which constrain the amplitude and slope of a stochastic process. The amplitude of the SGWB is obtained in terms of dimensionless characteristic strain \( h_c = A(f/f_{yr})^\alpha \) at the reference frequency \( f_{yr} = 32 \) nHz as [12]

\[
\Omega_{GW}(f) = \frac{2\pi^2 f_{yr}^2 A^2}{3 H_0^2} \left( \frac{f}{f_{yr}} \right)^{2\alpha + 2} \equiv \Omega_{gw}^y \left( \frac{f}{f_{yr}} \right)^{n_{gw}}, \tag{4.41}
\]
Figure 5: Gravitational wave signals from metastable cosmic strings compared to the NANOGrav observations for different values of the string tension $G_{\mu CS}$ and the hierarchy between the GUT and $U(1)$ breaking scale $\lambda$. The solid colored lines represent fixed values of $G_{\mu CS}$ whereas, the dotted lines represent contours of $\sqrt{\lambda}$. The dark (light) yellow region represent the 1-σ (2-σ) bounds reported by NANOGrav 12.5 yr data [75].

where $A$ is the strain amplitude. At low GW frequency, $\Omega_{GW}$ behaves as $\sim f^{3/2}$, whereas at high GW frequencies, $\Omega_{GW} \sim 1$. NANOGrav uses a power law fit with $5 - \gamma = 2 + 2\alpha = n_{gw}$ and constrain the parameters $A$ and $\gamma$. This allows us to directly translate the 1- and 2-σ NANOGrav bounds given in [75] into the $\Omega_{yr}^{\gamma}-n_{gw}$ plane, as displayed by the yellow shaded regions in Fig. 5. Following [11], we extract the amplitude $\Omega_{yr}^{\gamma}$ and slope $n_{gw}$ using Eq. (4.41) by comparing the amplitude at the pivot scale $f_{*}$ and taking the logarithmic derivative of $\Omega_{gw}(f)$ at the desired frequency scale $f_{*}$.

$$n_{gw} = \frac{d \log \Omega_{GW}(f)}{d \log f} \bigg|_{f=f_{*}},$$

$$\Omega_{gw}^{\gamma} = \Omega_{GW}(f_{*}) \left( \frac{f_{yr}}{f_{*}} \right)^{n_{gw}}. \quad (4.42)$$

Fig. 5 shows the comparison of the predictions from metastable cosmic strings (mesh of solid and dotted curves) with the constraints on the amplitude and tilt from [75] (yellow shaded region). We vary $G_{\mu CS}$ from $10^{-11}$ to $10^{-6}$, however the CMB constraint $G_{\mu CS} \leq 1.3 \times 10^{-7}$ only applies to cosmic strings with a lifetime exceeding CMB decoupling, corresponding to $\sqrt{\lambda} \gtrsim 8.6$. For each value of $G_{\mu CS}$, we consider the GUT and the $B-L$
breaking scales ratio in the range \( \sqrt{\lambda} = 7.4 - 9.0 \), where smaller values lead to a small spectrum at nHz frequencies that can be detected by future experiments, while all values \( \sqrt{\lambda} \gtrsim 8.8 \) quickly converge towards the result for stable cosmic strings and can be observed by NANOGrav and PPTA experiments \cite{75}. The parametric space in the above model, consistent with successful reheating with non-thermal leptogenesis and gravitino dark matter restrict the allowed values of string tension to the range \( 10^{-9} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6} \) that lies within the 1- and 2-\( \sigma \) bounds of NANOGrav, as well as the sensitivity bounds of future gravitational wave (GW) experiments.

5 Summary

To summarize, we have investigated various cosmological implications of a generic model based on the \( U(1)_{B-L} \) extension of the MSSM gauge symmetry in a no-scale Kähler potential setup, highlighting the issues of inflation, leptogenesis and baryogenesis, gravitino as well as the stochastic gravitational wave background (SGWB) from metastable cosmic string network. The embedding of \( U(1)_{B-L} \) into a simply-connected group \( SO(10) \), produces metastable cosmic string due to the spontaneous pair creation of a monopole and an anti-monopole, which can generate a stochastic gravitational wave background (SGWB) in the range of ongoing and future gravitational wave (GW) experiments. The interaction between \( U(1)_{B-L} \) Higgs and the neutrino superfields generate heavy Majorana masses for the right-handed neutrinos. The heavy Majorana masses explain the tiny neutrino masses via the seesaw mechanism, a realistic scenario for reheating and non-thermal leptogenesis. A wide range of reheat temperature \( (10^7 \lesssim T_r \lesssim 10^{10}) \text{ GeV} \) and \( U(1)_{B-L} \) symmetry breaking scale \( (1.3 \times 10^{13} \lesssim M \lesssim 2.0 \times 10^{16}) \text{ GeV} \) is achieved here with successful non-thermal leptogenesis and stable gravitino as a possible dark matter candidate. The metastable cosmic string network admits string tension values in the range \( 10^{-12} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6} \). A successful reheating with non-thermal leptogenesis and gravitino dark matter restrict the allowed values of string tension to the range \( 10^{-9} \lesssim G\mu_{CS} \lesssim 8 \times 10^{-6} \), predicting a stochastic gravitational-wave background that lies within the 1-\( \sigma \) bounds of the recent NANOGrav 12.5-yr data, as well as within the sensitivity bounds of future GW experiments.

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