Clinicopathological Significance of Overall Frequency of Allelic Loss (OFAL) in Lesions Derived from Thyroid Follicular Cell

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Abstract

Background Loss of heterozygosity (LOH) and microsatellite instability (MSI) are frequent molecular events in thyroid tumor etiopathogenesis occurring in several chromosomal critical areas, including 3p12–25.3, 7q21–31, 10q22–24, and 15q11–13, with loci of tumor suppressor genes.

Objective We evaluated the usefulness of LOH/MSI as a diagnostic/prognostic biomarker in lesions derived from thyroid follicular cells: follicular thyroid carcinoma (FTC); follicular adenoma (FA), papillary thyroid carcinoma (PTC), and nodular goiter (NG).

Methods We performed allelotyping (GeneMapper Software v. 4.0.) of ten microsatellite markers linked to the 1p31.2, 3p21.3, 3p24.2, 9p21.3, 11p15.5, and 16q22.1 region on DNA from 93 primary thyroid lesions then evaluated the LOH/MSI frequency and overall frequency of allelic loss (OFAL).

Results We found regions with significantly increased frequency of LOH/MSI for specific histotypes: the 3p24.2 region for FA and 1p31.2 for FTC. LOH/MSI in 3p21.3 was significantly elevated in PTC and FTC. LOH/MSI in 3p21.3 was increased for small size tumors (T1a + T1b), tumors with no regional lymph node involvement (N0 + Nx), American Joint Committee on Cancer (AJCC) stage I tumors, and tumor diameter (Td) < 10 mm; in 1p31.2 for T2–3, N1, stage II–IV, and Td 10–30 mm; in 11p15.5 for T2–3, N1, stage II–IV, and Td > 30 mm. OFAL values were significantly higher in younger patients (< 40 years), in men, in those with T2–3 stage tumors, in those with increased Td, and in FA and FTC compared with NG and PTC.

Conclusions We confirmed the occurrence of LOH/MSI in 3p21.3 at an early stage of tumorigenesis and mapped 1p31.2 and 11p15.5 as characteristic for advanced-stage tumors. The results of our study may enable consideration of OFAL, defined as LOH/MSI coincidence in various chromosomal regions, as a tumor progression marker. OFAL values were significantly higher in follicular neoplasms (FA and FTC) than in PTC or NG; hence, increased OFAL values can be regarded as a characteristic feature of the follicular phenotype.

1 Introduction

The high prevalence of thyroid carcinomas ranks this disease in first place among all endocrine malignancies worldwide. The incidence of thyroid carcinoma continues to increase, which may be because better, cheaper, and more available diagnostic methods enable the detection of very small changes [1–4]. However, relevant imaging and fine-needle aspiration biopsy (FNAB) are insufficient for diagnosis, and the final diagnosis is established after surgery in up to one-quarter of cases. In approximately 30% of thyroidectomies for suspicion of thyroid cancer in preoperative procedures, the nodular goiter (NG) is confirmed after histopathological verification. The high prevalence of false-positive results leads to “overdiagnosis phenomena” [2, 5]. On the other hand, the development of diagnostics and the use of thyroid surgery in case of suspicion of cancer mean that patients with differentiated thyroid cancers (DTC) have very good survival rates. After surgery, patients with DTC can receive postoperative radioiodine ablation or thyroid-stimulating hormone (TSH) suppression treatment [6]. However, in a small percentage of patients with DTC, the cancer is more
The genetic instability of loss of heterozygosity (LOH) and microsatellite instability (MSI) in thyroid tumorigenesis is significant not only in chromosomal region 3p21.3, which is important in the early stages, but also in 1p31.2 and 11p15.5 regions, where it is highly alternated in advanced stages of thyroid carcinoma.

Analysis of LOH/MSI co-occurrence in several loci, i.e., the overall frequency of allelic loss (OFAL), revealed increased OFAL in follicular adenoma (FA) and follicular thyroid carcinoma (FTC) specimens when compared with nodular goiter (NG) or papillary thyroid carcinoma (PTC), so can be treated as a hallmark of the follicular phenotype and as a promising biomarker to distinguish FA and FTC from NG and PTC.

The observed correlation of OFAL with advanced tumor stage, reflected as larger tumor diameter, higher T stage, and lymph node involvement at diagnosis, suggests OFAL may be considered a putative maker of tumor progression.

Key Points

- The genetic instability of loss of heterozygosity (LOH) and microsatellite instability (MSI) in thyroid tumorigenesis is significant not only in chromosomal region 3p21.3, which is important in the early stages, but also in 1p31.2 and 11p15.5 regions, where it is highly alternated in advanced stages of thyroid carcinoma.

2 Materials and Methods

2.1 Patient Clinical Features and Thyroid Tissue Samples

This work is based on the analysis of 93 thyroid tissue specimens obtained postoperatively from patients (16 men, mean age 52 ± 14.923 years, and 77 women, mean age 48 ± 14.132 years) who underwent total thyroidectomy following an initial diagnosis with FNAB of suspicious for malignancy (Bethesda category V), malignant (Bethesda VI), or follicular neoplasm/suspicious for follicular neoplasm (Bethesda IV). We also enrolled patients without a suspected tumor with FNAB (Bethesda II) but who qualified for surgery because of giant NG, retrosternal goiter, airway compression, or thyrotoxic hyperactivity of the NG. Table 1 summarizes the results of cytological verification of FNABs.

The study was a single-center prospective study. The surgeries were performed in the Department of Endocrine, General and Vascular Surgery, Chair of Endocrinology, Medical University of Lodz, Poland, during the years 2011–2016. Thyroid tissue samples (100–150 mg) were obtained from the center of the primary lesion and from matching noncancerous tissue (macroscopically unchanged) from the second lobe. Total tumor tissue samples, immediately after resection, were collected in a stabilization buffer, RNAlater® (Qiagen, Hilden, Germany), homogenized and frozen at −80 °C until use. Histopathological diagnoses for thyroid lesions, according to the 7th edition of the American Joint Committee on Cancer (AJCC)/TNM (tumor-node-metastasis) classification system [23], were obtained from pathomorphological reports. No metastasis were detected during surgery for any of the enrolled patients (M0 in pathological TNM [pTNM] classification). Tissues from patients with NG confirmed as benign via histopathology served as references. Table 2 summarizes the results of pathological verification of lesions derived from thyroid follicular cells.
Table 1  Cytological verification of fine needle aspiration biopsy

| Cytological FNAB verification | Bethesda category | n | % of confirmed diagnosis in histopathology | No. of benign changes in histopathology |
|------------------------------|-------------------|---|------------------------------------------|----------------------------------------|
| Benign                       | II                | 22 | 54.6                                     | 12 NG                                  |
| Follicular neoplasm/suspicious for follicular neoplasm | IV                | 36 | 30.5                                     | 25 NG                                  |
| Suspicious for malignancy   | V                 | 3  | 100                                      | None                                   |
| Malignant                    | VI                | 32 | 78.1                                     | 6 NG, 1 FA                             |

FNAB fine needle aspiration biopsy, NG nodular goiter, FA follicular adenoma

2.2 Genomic DNA Extraction, Polymerase Chain Reaction, and Loss of Heterozygosity (LOH)/Microsatellite Instability (MSI) Analysis

Genomic DNA was extracted from thyroid specimens and the matching macroscopically unchanged thyroid tissue (serving as reference DNA) using QIAamp DNA Mini Kit (Qiagen) according to the manufacturer’s protocol. To isolate DNA, the RNA residue was removed using the RNase A solution (Qiagen). The concentration and quality of the extracted DNA were tested with BioPhotometer™ plus spectrophotometer (Eppendorf, Hamburg, Germany). DNA samples with a 260/280 nm ratio in the range of 1.8–2.0 were considered high quality and used in further analysis.

Microsatellite analysis was performed using ten microsatellite markers linked to the chromosomal regions 1p31.2, 3p21.3, 3p24.2, 9p21.3, 11p15.5, and 16q22.1; the cytogenetic location has been described previously [19]. All forward primers were labelled at the 3’ end with a fluorescent dye (6-FAM, NED, PET, or VIC). Table 3 lists the chromosomal locations of the microsatellite markers and nucleotide sequences of primers used in the study.

The amplification reaction of microsatellite markers was performed in a Gradient Mastercycler (Eppendorf) using an AmpliTaq Gold® 360 DNA Polymerase Kit (Applied Biosystems, Carlsbad, CA, USA). Reactions were conducted in a total volume of 12.5 µl and the reaction mix according to the protocol, as previously reported [19]. In the reaction with every microsatellite marker, the internal controls were used for biological contamination (contamination of foreign DNA, blank samples with nuclease-free water), and for reagent contamination (deionized water instead of AmpliTaq polymerase). The temperatures of the annealing were experimentally set for each pair of primers (Table 3).

The amplified products were genotyped by capillary electrophoresis on a 3130xl Genetic Analyzer (Applied Biosystems, Hitachi, NY, USA) and assessed using GeneMapper Software v 4.0 (Applied Biosystems) according to the manufacturer’s protocol.

The informativeness of studied samples (heterozygosity) was confirmed when two distinct alleles were detected in the reference sample (DNA from the unchanged thyroid tissue from the same patient). Where only one allele was detected in the reference sample, the sample was classified as noninformative (homozygosity). All further calculations of LOH/
MSI frequency involved only informative cases. LOH/MSI was evaluated by calculating the ratio of the fluorescence intensity of the alleles originating from an unchanged thyroid tissue sample (N, normal, i.e., control sample) to the fluorescence intensity of the alleles originating from noncancerous or cancerous lesions (T). For each informative DNA pair (paired T and N samples), an allelic imbalance ratio was calculated based on the maximum allele peak heights (fluorescence intensity), as follows: N-allele 1: N-allele 2/T-allele 1: T-allele 2 (N1:N2/T1:T2) according to the protocol [19]. LOH in samples was considered indicative when the allelic imbalance ratio was < 0.67 or > 1.35 (according to the criteria of the GeneMapper software v. 4.0). MSI was considered indicative if one or more additional alleles were present in the T sample as compared with the N sample.

LOH/MSI frequency was calculated as a percentage of LOH/MSI alteration presence in relation to all informative loci (heterozygous DNA). For each studied sample, the fractional allele loss (FAL) value was also calculated. FAL describes the ratio of the total number of chromosomal loci with LOH/MSI to the total number of informative loci in all examined ten microsatellite loci. Overall frequency of allelic loss (OFAL)—a percentage of LOH/MSI coincidences in all microsatellite markers—was assessed.

### 2.3 Statistical Analysis

We used the Chi squared test ($\chi^2$) to assess the frequency of LOH/MSI among different markers or chromosomal regions, correlation between incidence of LOH/MSI in a particular chromosomal region with studied clinical parameters (patient characteristics: age, sex and tumor staging according to the pTNM and AJCC classifications, histopathological group, and primary tumor diameter [Td]). For small groups, we used Fisher’s exact test, and this test was also applied to compare the frequency of LOH/MSI in the studied chromosomal regions depending on the sex of the patient. Nonparametric (Kruskal–Wallis and Mann–Whitney U tests) were used to assess the possible relationship between OFAL and examined clinicopathological parameters. The statistical evaluation of differences between multiple groups was carried out using the post hoc Newman–Keuls test. The results are presented as mean ± standard error of the mean and mean ± standard deviation. In all tests, the accepted level of statistical significance was estimated at $P < 0.05$. Statistica® for Windows 10.0 (StatSoft, Cracow, Poland) was used for statistical analysis.

### 2.4 Ethics Statement

The study was approved by the Bioethical Committee of the Medical University of Lodz, Poland (Resolution no. RNN/217/11/KE). All participants signed an individual consent form.

### 3 Results

In total, 93 DNA specimens (DNA from the noncancerous or cancerous lesion tissue paired with its matching DNA from the macroscopically unchanged tissue) underwent LOH/MSI analysis using a panel of ten microsatellite markers.
All studied DNA samples were informative for at least two studied markers. The informativity of the markers was in the range of 51.61–88.17% (mean 70.86 ± 13.45) and are summarized in Table 4. LOH/MSI changes were observed for all (100%) microsatellite markers and in 27 of 93 patients (29%).

### 3.1 LOH/MSI Frequency for Individual Microsatellite Markers and Chromosomal Regions

The LOH/MSI frequency (%) was evaluated separately for each marker used in the study. The highest frequency of LOH/MSI (12.28%) was observed for the D3S3615 marker, spanning the chromosomal region 3p21.3, followed by the D1S368 marker (11.11%) covering the chromosomal region 1p31.2. (Table 4).

Focusing on a comparison of LOH/MSI frequencies between the studied chromosomal regions, the highest LOH/MSI frequency was observed for 11p15.5 (14.29%). The lowest LOH/MSI frequency (10%) was observed in the 3p24.2 and 16q22.1 regions.

Statistical analysis did not confirm a significant difference in LOH/MSI frequency between particular markers or between studied chromosomal regions (P > 0.05; χ² test, data not shown).

### 3.2 LOH/MSI Frequency in Correlation with Clinicopathological Parameters

The presence of LOH/MSI in samples was used in calculation of (1) LOH/MSI frequency in a particular chromosomal region (regional LOH/MSI score), (2) FAL index evaluation for a particular sample, (3) OFAL—a percentage of LOH/MSI coincidences in all microsatellite markers and analyzed separately for variants (1–3) in relation to patients’ clinical features (sex, age at diagnosis) and the histopathological characteristics of tumors (according to the TNM and AJCC classifications), histopathological types, and primary Td.

#### 3.2.1 Regional LOH/MSI Score vs. Clinicopathological Parameters

LOH/MSI incidence was higher in men than in women in all analyzed regions (1p31.2, 3p21.3, 3p24.2, 7q32.2, 9p21.3, 11p15.5, and 16q22.1) but this was not statistically significant (P > 0.05; Fisher’s exact test, data not shown). Among men, the observed LOH/MSI incidence in 11p15.5 (43.75%) was significantly higher than in other regions (P = 0.021; χ² test).

The comparison of LOH/MSI frequency between the studied chromosomal regions in all histopathological types of lesions derived from thyroid follicular cells (NG, FA, FTC, PTC) revealed regions with significantly increased LOH/MSI frequencies for specific histotypes: the 3p24.2 region for FA (P = 0.001; χ² test) and 1p31.2 for FTC (P = 0.017; χ² test). LOH/MSI in 3p21.3 was significantly elevated in malignant lesions derived from FTC and FCT (P = 0.001 and P = 0.001, respectively; χ² test).

When analyzed using TNM classification, a significantly increased frequency of LOH/MSI was observed in the 3p21.3 locus for the T1a + T1b group (P = 0.001; χ² test) and in the 1p31.2 and 11p15.5 regions for the T2–T3 group (P = 0.001 and P = 0.003, respectively; χ² test). Using degree of lymph node involvement (the ‘N’ value), LOH/MSI frequency was analyzed in N0 + Nx versus N1 groups. We combined the N0 and Nx groups, because according to the AJCC staging, stage I accounted for both cases with pT1N0M0 and those with pT1NxM0. We observed a significantly increased frequency of LOH/MSI in the 3p21.3 locus for the N0 + Nx group (P = 0.001; χ² test) and in the 1p31.2 and 11p15.5 regions for the N1 group (P = 0.001 and P = 0.003, respectively; χ² test).

In relation to AJCC classification, the highest incidence of allelic imbalance for the AJCC I group was noted in the 3p21.3 locus, and the differences were statistically significant (P = 0.005; χ² test). Analysis revealed a statistically significant increase in LOH/MSI frequency for the AJCC II–IV group in the 1p31.2 and 11p15.5 regions (P = 0.002 and P = 0.040, respectively; χ² test).

In reference to primary Td, a significantly higher frequency of allelic imbalance was observed in 3p21.3 for the group with thyroid Td < 10 mm (P = 0.001; χ² test), 1p31.2 for Td 10–30 mm (P = 0.004; χ² test), and in 11p15.5 for Td > 30 mm (P = 0.004; χ² test).

#### Table 4

| Chromosomal location | Marker | Informative cases | LOH/MSI-positive cases |
|----------------------|-------|------------------|-----------------------|
|                      | n     | % total          | N                     |
| 1p31.2               | D1S2137 | 79               | 3 3.80                |
|                      | D1S368 | 63               | 7 11.11               |
| 3p21.3               | D3S3615 | 57               | 7 12.28               |
|                      | D3S1583 | 48               | 5 10.42               |
| 9p21.3               | D9S974  | 75               | 5 6.67                |
|                      | D9S1604 | 53               | 5 9.43                |
| 11p15.5              | D11S4088 | 82               | 6 7.32                |
|                      | D11S1318 | 80               | 7 8.75                |
| 16q22.1              | D16S496 | 67               | 6 8.96                |
|                      | D16S3025 | 55              | 3 5.45                |

LOH loss of heterozygosity, MSI microsatellite instability
Table 5 summarizes the findings for LOH/MSI frequency in particular chromosomal regions within an individual pathological group.

### 3.2.2 Fractional Allelic Loss (FAL) Index vs. Clinicopathological Parameters

FAL indices were evaluated only for thyroid samples for which LOH/MSI was present in at least one microsatellite locus. The highest FAL value was 0.75 (Table 6). The FAL mean value was 0.224 ± 0.266 in men and 0.0488 ± 0.107 in women. Table 6 depicts the results of LOH/MSI frequency in at least one locus in relation to sex.

Statistical analysis showed significant differences in FAL levels between sex cohorts \((P = 0.015, \text{Mann–Whitney } U \text{ test})\), with significantly higher FAL values in men. There were no statistically significant correlations between the FAL index value and patient age, histotype, and other clinicopathological parameters (\(pTNM, \text{AJCC, Td}\); \(P > 0.05\); data not shown).

Mean FAL was evaluated regarding FNAB cytological verification. Patients were grouped according to Bethesda classification: II, IV, and V + VI. As only three patients were classified as Bethesda V (suspicious for malignancy), these patients were combined with the Bethesda VI (malignant) group for analysis. No statistically significant differences were observed \((P = 0.402, \text{Kruskal–Wallis test}; \text{data not shown})\). Afterwards, in each FNAB group (II, IV, V + VI), analysis comparing mean FAL values between valid (confirmed by histopathology) and incorrect FNAB diagnoses was performed. No statistically significant differences were found \((P > 0.05, \text{Mann–Whitney } U \text{ test}; \text{data not shown})\).

### 3.2.3 Overall Frequency of Allelic Loss (OFAL) vs. Clinicopathological Parameters

OFAL occurred significantly more often in men than in women (mean 22.66 vs. 5.21%; \(P = 0.002; \text{Mann–Whitney } U \text{ test})\).

Patients were divided into the following groups according to age at time of diagnosis: (1) \(\leq 40\) years, (2) \(40–60\) years, (3) > 60 years. Significant differences were found between them \((P = 0.038; \text{Kruskal–Wallis test})\) (Fig. 1).

Statistically significantly increased OFAL was revealed in patients aged < 40 years as compared with patients aged > 60 years (mean 10.52 vs. 4.32%; \(P = 0.016; \text{Newman–Keuls test})\).

Concerning histopathological characteristics of the lesion (NG, FA, FTC, PTC), we revealed significant differences in OFAL values between the histotypes \((P = 0.033, \text{Kruskal–Wallis test})\). The average OFAL was highest in the FA group (mean 17.73%) and was significantly higher than in other histotypes.

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**AJCC American Joint Committee on Cancer stage, FA follicular adenoma, FTC follicular thyroid carcinoma, LOH loss of heterozygosity, MSI microsatellite instability, N0/Nx no regional lymph node involvement, N1 regional lymph node involvement, NG nodular goiter, PTC papillary thyroid carcinoma, pTNM pathological tumor-node-metastasis, T1 tumor size pT1, T2–T3 tumor size pT2–T3, Td tumor diameter**

\(^a\)Comparison between particular chromosomal regions within an individual pathological group \(P < 0.05\)
than in the NG and PTC groups (mean 8.82%, \( P = 0.049 \); mean 4.06%, \( P = 0.006 \), respectively; Mann–Whitney \( U \) test; Fig. 2a). Differences in OFAL values between NG and PTC were also statistically significant (\( P = 0.026 \), Mann–Whitney \( U \) test). In addition, comparison of OFAL values between follicular lesions (FA and FTC together) versus PTC versus NG demonstrated significantly higher OFAL values in follicular neoplasms (\( P = 0.008 \), Kruskal–Wallis test), and Mann–Whitney \( U \) test confirmed the differences between the follicular and papillary changes (mean 14.40 vs. 4.06%, \( P = 0.009 \)).

Statistically significant differences in OFAL values were observed for tumor size and regional lymph node involvement according to pTNM classification. OFAL was significantly higher in the T1a + T1b than in the T2–T3 groups (mean 2.95 vs. 15.69%, respectively; Mann–Whitney \( U \) test, \( P = 0.044 \); Kruskal–Wallis test). The Newman–Keuls multiple comparison test revealed statistically significant differences between thyroid tumors sized <10 mm versus >30 mm (4.10 vs. 13.97%; \( P = 0.027 \); Fig. 2c).

OFAL was also evaluated in groups according to FNAB cytological verification (Bethesda II vs. IV vs. V + VI). The highest OFAL was observed in the benign group (Bethesda II; mean 11.58%), whereas values were similar between the

![Table 6](image-url)

| Sample | D1S2137 | D1S368 | D3S3615 | D3S1583 | D9S974 | D9S1604 | D11S4088 | D11S1318 | D16S496 | D16S3025 | FAL  |
|--------|--------|--------|--------|--------|--------|--------|----------|----------|--------|----------|------|
| Women  | W1     | I      | I      | NI     | I      | LOH    | I        | I        | I      | I        | 0.11 |
|        | W2     | I      | I      | MSI    | NI     | I      | NI       | I        | I      | I        | 0.13 |
|        | W3     | I      | NI     | NI     | I      | LOH    | LOH      | I        | I      | I        | 0.25 |
|        | W4     | I      | I      | I      | I      | I      | I        | I        | NI     | LOH      | 0.11 |
|        | W5     | I      | I      | I      | LOH    | I      | I        | NI       | NI     | I        | 0.13 |
|        | W6     | I      | LOH    | NI     | NI     | I      | I        | I        | I      | I        | 0.14 |
|        | W7     | LOH    | NI     | NI     | I      | I      | I        | I        | NI     | 0.14   |
|        | W8     | LOH    | NI     | NI     | I      | I      | I        | LOH      | I      | NI       | 0.29 |
|        | W9     | NI     | NI     | LOH    | NI     | I      | LOH      | I        | I      | I        | 0.29 |
|        | W10    | NI     | NI     | NI     | I      | I      | NI       | LOH      | I      | I        | 0.14 |
|        | W11    | I      | I      | I      | NI     | I      | I        | LOH      | LOH    | I        | 0.25 |
|        | W12    | I      | LOH    | I      | I      | I      | NI       | I        | I      | NI       | 0.13 |
|        | W13    | LOH    | I      | NI     | I      | I      | NI       | I        | I      | NI       | 0.14 |
|        | W14    | I      | NI     | LOH    | I      | LOH    | I        | I        | I      | NI       | 0.25 |
|        | W15    | NI     | NI     | LOH    | I      | I      | LOH      | I        | I      | I        | 0.25 |
|        | W16    | MSI    | I      | NI     | NI     | I      | I        | I        | I      | NI       | 0.14 |
|        | W17    | NI     | NI     | NI     | NI     | I      | I        | I        | LOH    | NI       | 0.25 |
|        | W18    | MSI    | LOH    | I      | NI     | I      | I        | LOH      | MSI    | LOH      | 0.63 |

**FAL** fractional allelic loss, *I* informative loci without LOH/MSI (heterozygote), **LOH** loss of heterozygosity, **M** men, **MSI** presence of microsatellite instability, **NI** non-informative allelotype (homozygote), **W** women.
IV and V/VI groups (mean 7.14 and 7.40%, respectively). Differences were not statistically significant ($P = 0.196$, Kruskal–Wallis test). The next analysis compared OFAL values in FNAB diagnosis groups (II, IV, V + VI) between valid (confirmed by histopathology) and incorrect FNAB diagnoses. The OFAL value was significantly elevated in the incorrect diagnosis group: entire group (mean OFAL 11.325 vs. 5.718, $P = 0.010024$; Mann–Whitney $U$ test), Bethesda II group (mean OFAL 18.147 vs. 4.79, $P = 0.0163$; Mann–Whitney $U$ test), and Bethesda V + VI group (mean OFAL 14.359 vs. 5.892, $P = 0.0164$; Mann–Whitney $U$ test).

### 4 Discussion

We performed comprehensive allelotyping in the following chromosomal regions: 1p31.2, 3p21.3–24.2, 9p21.3, 11p15.5, and 16q22.1. Considering the paucity of previously published studies on LOH/MSI frequency in 1p, 9p, 11p, and 16q in thyroid cancer, our study seems interesting and valuable [10, 15, 18, 19, 22, 24, 25]. We focused on many markers covering loci of genes important in carcinogenesis and located on different chromosomes. Our results provided evidence for the presence of LOH/MSI alterations in all studied thyroid lesion samples, with the highest incidence in 11p15.5, followed by 1p31.2, 3p21.3, and 9p21.3.

As yet, neither the molecular effects of events in the thyroid gland nor the link with predictors of tumor outcome or therapeutic potential for patients has been fully determined. In view of a large number of thyroid cancer misdiagnoses in preoperative biopsies, “overdiagnosis phenomena”, resulting in unnecessary surgery and a group of DTC patients with more aggressive outcomes, we aimed to search for thyroid cancer diagnostic/prognostic markers [1, 2, 5, 6]. The results of our study correlated with clinical and histopathological features of thyroid tumors, revealing significant associations with LOH/MSI frequency in individual chromosomal regions (Fig. 3). As we discuss in the following paragraphs, these regions contain loci of specific genes whose silencing through LOH/MSI may result in the development/progression of thyroid cancer.

The results of our study confirm the involvement of LOH/MSI in the 1p31.2 region in the progression from FA to FTC, the frequency of which increased from 20 to 29%, respectively. Other researchers have similarly found genetic alterations in 1p31, especially in FA (10–22%) and in FTC (57–69%) [18, 26]. Additionally, the involvement of LOH/MSI in 1p31.2 in thyroid cancer progression is further emphasized by its significantly increased frequency in patients with more advanced stage/grade cancer development and greater Td. Previous work found that neighboring subregions, i.e., 1p32 and 1p35-36, were associated with aggressive course, tumor progression, and development of a bigger lesion in advanced stages of thyroid cancer [22, 24].

Such results strongly support the significance of genes located in 1p31 in thyroid carcinogenesis. An example of such genes is the tumor-suppressor gene (TSG) ARHI, which inhibits cell growth, motility, and invasion. Expression of ARHI was decreased in breast, ovarian, pancreatic, and esophageal carcinogenesis, and its silencing was also observed in follicular thyroid neoplasia [19, 26–28].
Similar to 1p31.2, the highest LOH/MSI frequency in 11p15.5 was shown for FA (20%) and FTC (25%). These results are in accordance with those of Sarquis et al. [18], who observed an even higher LOH frequency (42%) in both FAs and FTCs. Genetic alterations in 11p15.5 can be linked with the inactivation of TSGs located in this region. The markers used in our study cover the imprinted domain of the so-called KCNQ1 cluster, which, along with the KCNQ1 gene, also involves SLC22A18, CDKN1C, TSSC4, CD81, and PHLDA2, most of which have proven suppressive roles [29]. It is assumed that, in the case of parental imprinting, the silencing of the active copy of the gene through one of a number of possible genetic events (including LOH) may cause excessive cell proliferation [18]. Among others, lack of KCNQ1 protein was proven to interfere with the regulation of cell proliferation in the thyroid gland [30]. Our study confirmed an association between genetic instability in the KCNQ1 locus and more advanced thyroid carcinoma (clinical stage T2–3, N1, AJCC II–IV) and greater Td (> 30 mm). Elevated LOH/MSI in this region, especially in FA and FTC, seems to lead to malignant progression.

Similarly, in 9p21.3, a high frequency was observed in both the FA and the FTC groups, and genes located in this region also account for parental imprinting. The frequency of LOH/MSI in 9p21.3 observed in other studies was lower in FA (6%) but varied in FTC (11–44%) [15, 31]. One of the most important genes in 9p21.3 is CDKN2A/B, whose implications in cell cycle regulation and participation in the late stage of carcinogenesis has been clearly documented [32, 33]. In our study, genetic alterations in 9p21.3 were more frequently observed in advanced thyroid tumors. In our previous study, LOH/MSI in the locus of this gene was the highest among other analyzed loci (ARHI, KCNQ1, CDH1) [19].

In the 3p21.3 region, we documented for the first time a statistically significant increase in LOH/MSI frequency in malignant lesions for FTC (33%) and PTC (16%) compared with FA and NG. Other researchers have observed LOH on a comparable level in both FTC and PTC (22% and 10%, respectively), although they analyzed the neighboring region 3p21.2–p14.2. In their study, two minimal common deletion regions were defined for FTC (mapped to 3p25.3–pter and 3p21.2–p12) and one for PTC (3p25.3–24.2) [14]. Genetic instability in this chromosomal region is also specific in other cancers such as lung, breast, or kidney, where numerous TSGs were recognized within the two so-called frequently affected regions in 3p21.3 [34]. One of these genes is RASSF1A, which encodes protein taking part in apoptotic processes, the stabilization of cytoplasmic microtubules, and cell cycle progression [35, 36]. In vitro analysis of RASSF1A function revealed its suppressor activity in cells, i.e., blocking tumor growth in many cancers (lung, breast, ovarian, and renal) [37, 38].

Remarkably, in our study, genetic instability in the 3p21.3 region was significantly higher in smaller and lower-grade tumors. It was also observed in FA and NG, albeit without statistical significance. Such results support the findings that the incidence of LOH/MSI in 3p21.3 is increased in early clinical stages of thyroid tumor. Indeed, molecular changes in RASSF1A locus leading to gene silencing (promoter hypermethylation) were observed in FA and NG and also in the macroscopically unchanged thyroid tissue surrounding PTC [19, 39–41].

Unlike 3p21.3, we did not detect any genetic alterations in the neighboring chromosomal region 3p24.2 in FTC and PTC samples, but we did find them in FA (40%) and NG (14%). The results of other studies are similar in relation to FA (14–27%), but genetic alterations in this region were also found in FTC (10–27%) and PTC (46%) [14, 42]. Still, such results allow the inclusion of 3p24.2 as the “hot” initiation site of the carcinogenesis or transformation into a benign lesion characteristic of premalignant thyroid lesions. A high percentage of LOH/MSI in 3p24.2 in FA may indicate the protective role of this region in progression of follicular cells.
toward FTC, which can be associated with inactivation of genes taking part in cancer initiation, but is not crucial in the progression process. RARB is one of the genes within this locus, encoding the beta-retinoic acid receptor, playing an important role in growth regulation, differentiation, and apoptosis. Its expression was downregulated in thyroid carcinoma [42, 43]. The mechanisms responsible for expression silencing have not yet been fully elucidated, but a high level of LOH occurrence (44% of thyroid carcinomas and 27% of FA) in RARB locus was demonstrated [42]. Our studies appear to confirm that the LOH/MSI in RARB locus may be one of the first molecular events, albeit not enough for further tumor progression. According to one of the most recent studies, this phenomenon can be explained via the suppressive action of microRNA (miRNA). Inhibition of miRNA-146a and miRNA-146b families results in restoration of RARB expression and decreased thyroid cancer cell proliferation rates [43].

For the chromosomal region 16q22.1, we used two markers that flanked the CDH1 and CDH3 genes proximally and distally. Inactivation of those TSGs may implicate uncontrolled proliferation, leading to a malignant phenotype [44]. In our study, we observed an increasing LOH/MSI frequency along with increasing Td in cancer samples, which confirms the findings of Kim et al. [15]. However, its frequency in malignant thyroid tumors was low (<7%) and much higher in NG and FA lesions (13–20%). These findings indicate a role for CDH1/3 silencing via LOH/MSI in the early stage of thyroid carcinogenesis, although it can also highlight the protective role of genetic loss in 16q21.1 against progression into FTC. The results on genetic instability in E-cadherin loci are divergent; other researchers have observed high LOH frequencies in this region in PTC [10, 15, 19]. However, the low LOH/MSI frequency in lesions derived from thyroid follicular cells could be explained via the alternative mechanism of E-cadherin silencing, i.e., gene promoter hypermethylation [40, 45].

Our results regarding the percentage of LOH/MSI coincidence in different loci (OFAL) support the postulation that, in the multistage model of carcinogenesis, LOH/MSI in a single locus may be a primary event in the development of various types of tumors, including the thyroid. However, only progressive accumulation of these molecular changes concerning several loci and their occurrence with other genetic and/or epigenetic disorders can lead to the development of a malignant tumor [46–49]. The frequency and the range of LOH/MSI, presented in our study as OFAL, significantly increases with tumor progression (clinical stages T2–T3), which is in concordance with the multistage model of carcinogenesis. The size of the tumor at the time of diagnosis is another important prognostic factor in the course of thyroid cancer [50, 51]. Our study revealed that the highest percentage of allele loss was correlated with the diameter of the primary tumor being ≥3 cm, with a significant difference in the OFAL frequency compared with tumors < 1 cm. OFAL was also higher with lymph node involvement (clinical stage N1). This could point to the prognostic significance of OFAL, as research carried out so far indicates a correlation between the simultaneous presence of LOH and/or MSI in numerous chromosomal loci and an unfavorable clinical course. It was more frequent in primary PTC with intratumor metastasis and distant metastases from primary FTC in patients who died from PTC or FTC [10, 21, 22]. Higher FAL values can be related to worse prognosis for diffuse sclerosing variants of PTC or oncocytic and tall-cell PTC variants [22, 52].

We also observed high OFAL frequency in FA as well as FTC, so, as such, it could be considered a universal feature in analyzing the risk of neoplasia. In addition, OFAL can be a hallmark of the follicular phenotype that can distinguish FA and FTC from NG, and FA and FTC from PTC. It may be that OFAL analysis is beneficial for patients without a suspected tumor in FNAB (Bethesda II) but with thyrotoxic hyperactivity or for the follow-up of patients. On the other hand, detection of a relatively high OFAL value in NGs suggests the presence of genetically altered precursor cells preceding morphological changes in the thyroid gland. High OFAL in NG may result from its polyclonality and various aberrations in different nodules [53]. Given the significantly higher OFAL value in NG in relation to PTC in our study, we conclude that the co-occurrence of LOH/MSI at different loci predisposes to its recognition as a marker distinguishing benign lesions from malignant tumors. Many previous studies focused only on the smallest common deleted regions: the revealed single loci were linked to the development of FA (3p14–25, 6q24–26, 7q21.1–31.2, 10q22.2, 11p15.5, 11q23–25) or NG (2p24–25, 10q22.2) [14–18, 54, 55]. Only a few of these analyses addressed the simultaneous presence of LOH/MSI and its clinical significance. Given our results, we suggest that a higher OFAL value predisposes to mild disease outcome where oncogenic mutations are absent. On the other hand, in the context of rising OFAL tendency in FA and FTC, elevated LOH/MSI frequency in NG can be a hallmark of dedifferentiation into a follicular lesion. This requires further research, especially in patients diagnosed with thyroid proliferative changes (NG) before surgical treatment.

Interestingly, our study found a negative correlation between OFAL and age of the patient at time of diagnosis, with OFAL significantly higher in younger patients (<40 years). This result is particularly valuable in terms of the usefulness of age as a prognostic factor for probability of developing a malignant neoplastic lesion in the thyroid NG [56]. We also observed a higher frequency of LOH/MSI in patients aged <45 years, regardless of clinical parameters [57], but these results were inconclusive. Some link greater
age (>45 years) with PTC and clinical aggressiveness of cancer; others indicate a lack of association between LOH/MSI and age [15, 17, 19, 58]. Several reports found younger age (<45 years) in PTC to be an independent predictor of lymph node metastasis [50].

The prognostic importance of OFAL in lesions derived from thyroid follicular cells in correlation with sex is also uncertain. Since thyroid cancer prognosis is worse in men than in women and FAL and OFAL frequencies were significantly higher in men in our study, this issue requires independent research in the context of sex, taking into account the advance of thyroid cancer [50, 59].

The usefulness of the proposed OFAL analysis can also be regarded as an addition to classical mutation analysis in PTC or FTC. According to The Cancer Genome Atlas (TCGA) study, the somatic mutation density in PTC was much lower than in the majority of cancers, with the highest density observed in melanoma and non-small-cell lung or breast cancers [60, 61]. In that analysis, based on comprehensive multiplatform analysis of new-generation sequencing (NGS) data (on 496 PTC samples), the somatic mutation density stratified the risk of cancer recurrence, correlated with age and MACIS score (prognostic score calculation for PTC) [61]. The most frequently mutated gene in PTC is BRAF, accounting for almost 60% of the driver mutations. Others that are also frequently altered are NRAS, HRAS, KRAS, EIF1AX, PPMID, ZFHX3, TG, and CHEK2. These genes are localized in different genomic locations without a clear mutation hotspot [61]. Three are localized in regions analyzed in our study. HRAS is located in the region with the highest frequency of LOH/MSI observed in our study (11p15.5), but nevertheless at a distance from the microsatellite markers used for the KCNQ1 cluster. Two genes mentioned in the TCGA study, in the 16q, are CDH1 in 16q22.1 and ZFHX3 near 16q21. The 16q22 region in our study was characterized by the lowest LOH/MSI frequency.

A low rate of MSI is not necessarily associated with lack of mutation. Nevertheless, the evaluation of LOH/MSI markers located on different chromosomes enabled calculation of OFAL, which can be used as a simple tool to assess general instability in the genome, using much cheaper methods than NGS and not requiring complex bioinformatic analysis.

The usefulness of proposed FAL and OFAL analysis was also tested regarding the initial cytologic diagnosis of focal thyroid lesions. We evaluated the frequency of LOH/MSI in groups according to initial cytology diagnosis. Our analyses indicated that frequency of LOH/MSI does not coincide with the initial biopsy category (benign; follicular neoplasm; suspicious for malignancy; malignant). On the other hand, comparison of OFAL in each FNAB category (diagnoses confirmed vs. not confirmed) revealed significantly lower OFAL values in lesions with diagnoses confirmed by histopathology. Elevated OFAL (based on regions selected for our study) coincided with cases where the FNAB score did not coincide with the histopathology score. For example, the significantly elevated OFAL value in samples from the benign group (Bethesda II), not confirmed by histopathology, can direct attention to the presence of malignant lesions even if the FNAB result is benign. This is in accordance with our finding that the highest OFAL value was detected in FA and FTC histotypes, and that 45% of patients with an initial FNAB diagnosis of Bethesda II eventually had malignant change. However, the statistically significant relationships were not obtained for the same material; LOH/MSI was analyzed in tissue obtained after total thyroidectomy not from the biopsied nodule. An elevated frequency of LOH/MSI, despite correlation with histopathological features, does not correlate with FNAB result, which can also be due to limitations of the biopsy procedure. Using the studied tissue material rather than biopsies, it is not possible to directly translate the diagnostic value of LOH/MSI for preoperative material, but testing the frequency of LOH/MSI in selected regions in preoperative material may be useful for determining risk or analyzing ambiguous diagnoses. OFAL analysis may play a role in the evaluation of tumor progression and can probably be beneficial for patients with Bethesda II FNAB.

5 Study Limitations

The main limitation of our study is the small number of patients with FA and FTC because our study involved only a single center. The research material was obtained from one hospital, in which only a few such operations were conducted during the study period. For the study (from 2011 to 2016), we collected a greater proportion of FA and FTC samples than occurs in the general population compared with PTC samples: in the Polish population, the prevalence of FTC is about 8% among differentiated thyroid cancers, and the frequency of FA is about 3–4.3% (7–8% women and 2% men) among thyroid proliferative/hyperplastic changes [62]. However, we believe our results indicating a significantly higher frequency of LOH/MSI in follicular neoplasms (FA and FTC) compared with PTC and NG are valuable and encourage further research (multicenter studies) aimed at supporting differential diagnosis of thyroid cancer based on molecular methods.

Our main research goal was assessment of the presence of LOH/MSI in thyroid cancer tissue. A comparison study involving genetic testing of (initial) biopsy material would enable us to confirm our findings on the role of OFAL in the evaluation of tumor progression. Unfortunately, we had no biopsy material on which to perform a comparative LOH/MSI analysis to state unequivocally whether our proposed markers would be useful in the differential diagnosis of FNAB.

△ Adis
6 Conclusions

LOH/MSI genetic instability is one of the hallmarks of multistage carcinogenesis in the thyroid gland. The results of our study indicate the importance of LOH/MSI assessment in the following chromosomal regions: 3p21.3 (statistically elevated LOH/MSI in early stages of thyroid tumors), 1p31.2, and 11p15.5 (for advanced stages). However, we would like to highlight the analysis of the LOH/MSI co-occurrence in several loci, i.e., the OFAL profile, which reflects the total level of genetic instability in cancer, leading to the development of aggressive forms and reflecting the clinical progression of neoplasm. A high OFAL frequency in thyroid tumors confirms the influence of genetic instability in various regions, affecting the loci of genes regulating the survival and growth of cancer cells. The results of our study enable us to consider OFAL as a useful and inexpensive support tool as a marker of tumor progression. In addition, future multicenter research may confirm our findings regarding OFAL as a characteristic feature of the follicular phenotype, and thus the importance of OFAL analysis as a diagnostic marker distinguishing FA and FTC from both NG and PTC.

Author contributions MMS and KHC conceived and designed the research project. MMS performed the experiments. EN conducted DNA isolation and quality assessment. MK and KK collected tissue and conducted the data analysis. MMS, KHC, DPL, and EBL wrote the manuscript.

Compliance with Ethical Standards

Conflict of interest Monika Migdalska-Sęk, Karolina H. Czarnecka, Michał Kusiński, Dorota Pastuszak-Lewandoska, Ewa Nawrot, Krzysztof Kuzdak, and Ewa Brzeziańska-Lasota have no conflicts of interest that are directly relevant to the content of this article.

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