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Phys. Rev. D 95, 056015 — Published 17 March 2017
DOI: 10.1103/PhysRevD.95.056015
Volume dependence of baryon number cumulants and their ratios

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Abstract

We explore the influence of finite volume effects on baryon number fluctuations in a non-perturbative chiral model. In order to account for soft modes, we use the functional renormalization group in a finite volume, using a smooth regulator function in momentum space. We compare the results for a smooth regulator with those for a sharp (or Litim) regulator, and show that in a finite volume, the latter produces spurious artifacts. In a finite volume there are only apparent critical points, about which we compute the ratio of the fourth to the second order cumulant of quark number fluctuations. When the volume is sufficiently small the system has two apparent critical points; as the system size decreases, the location of the apparent critical point can move to higher temperature and lower chemical potential.
I. INTRODUCTION

Experiments with ultrarelativistic heavy-ion collisions at RHIC and LHC explore the phase structure of Quantum ChromoDynamics (QCD) at nonzero temperature and density, and so probe the phase transitions associated with deconfinement and the restoration of chiral symmetry. Two of the most promising observables are the fluctuations of the net baryon number and electric charge. The cumulants and related quantities (see e.g. Ref. [1]) of these fluctuations may provide experimental evidence for a chiral critical endpoint [2–4] or chirally inhomogenous phases.

The interest in the analysis of cumulants is not restricted only to high baryon densities. As was pointed out in Ref. [5, 6], higher order cumulants reflect the underlying $O(4)$ critical dynamics, as cumulants of higher order are driven to negative values at temperatures close to that for a phase transition. This may lead to a strong suppression of the higher order cumulants, and help to identify the chiral crossover experimentally.

The STAR collaboration has measured fluctuations in the net proton number, as a proxy for the net baryon number, and demonstrated that the kurtosis depends non-monotonically on the collision energy [7]. This may serve as a strong indication of the chiral critical endpoint.

However, there are many other effects besides the critical dynamics which might be important in the interpretation of the data. Those include the conservation of baryon number [8], corrections for efficiency in the detectors [9], hadronic rescattering [10], non-equilibrium effects [11, 12], and finally volume fluctuations [13–15]. The latter are important due to a finite size of a domain passing through the critical region during the evolution of the fireball. Usually one tries to minimize the effects of fluctuations in the volume by considering the ratios of cumulants. As we describe in the main text, in such ratios the explicit dependence on the volume cancels out, making the analysis of volume fluctuations trivial. However, we show that the implicit dependence on the volume might be very strong if the characteristic system size is below $\sim 5$ fm.

In this paper we compute using the functional renormalization group (FRG) in a Quark-Meson (QM) model. In the next section we formulate the FRG approach to the QM model in a finite volume and stress the importance of using a smooth cut-off function in momentum space for the FRG. In Sec. III, we show how the chiral order parameter depends on the size
of the system. We perform the calculation in a box with both isotropic and anisotropic dimensions. In Sec. IV we find the location of apparent critical points and trace their dependence on the system size. Finally, in Sec. V we compute the cumulants of quark number fluctuations for different system sizes and anisotropies.

II. FUNCTIONAL RENORMALIZATION GROUP FOR CHIRAL MODELS IN FINITE VOLUME

In this paper we use the quark-meson model as a realization of the chiral symmetry in QCD at low energies. The quark-meson model consists of a $O(4)$ multiplet of mesons, $\phi = (\sigma, \vec{\pi})$, coupled to quark fields $q$ through a Yukawa-type coupling, $y$. The Lagrangian density is given by

$$\mathcal{L} = \bar{q} [i \gamma^\mu \partial_\mu - y (\sigma + i \gamma_5 \vec{\tau} \cdot \vec{\pi})] q + \frac{1}{2} (\partial_\mu \sigma)^2 + \frac{1}{2} (\partial_\mu \vec{\pi})^2 - U(\sigma, \vec{\pi}),$$

where $U(\sigma, \vec{\pi})$ denotes the mesonic potential,

$$U(\sigma, \vec{\pi}) = \frac{1}{2} m^2 \phi^2 + \frac{\lambda}{4} (\phi^2)^2 - h \sigma,$$

(1)

$\phi^2 = \sigma^2 + \vec{\pi}^2$. For $m^2 < 0$ and $h = 0$, the $O(4)$ symmetry of the potential is spontaneously broken to $O(3)$, resulting in a non-vanishing value of the vacuum scalar condensate $\langle \sigma \rangle$ and a non-zero quark mass. The last term, $h = f_\pi m_\pi^2$, breaks the chiral symmetry explicitly and yields a nonzero pion mass.

In order to formulate a non-perturbative thermodynamics in the QM model we adopt a method based on the functional renormalization group (FRG). The FRG is based on an infrared regularization with the momentum scale parameter, $k$, where the full propagator is derived from a corresponding effective action, $\Gamma_k$.

For an infinite volume, in the Local Potential Approximation [16] the FRG equation for the quark-meson model is

$$\partial_k \Omega = \frac{1}{4} \int \frac{d^3q}{(2\pi)^3} \left( \frac{1 + 2 n_B(E_\sigma)}{E_\sigma} + \frac{1 + 2 n_B(E_\pi)}{E_\pi} - 2 \nu_q \frac{1 - n_F(E_q) - \bar{n}_F(E_q)}{E_q} \right) \partial_k R_k(q),$$

(2)

where $\nu_q = 2 N_c N_f$ is the fermion degeneracy factor, $R_k(q)$ is the regulator function,

$$n_B(E) = \frac{1}{e^{E/\beta} - 1}, \quad n_F(E) = \frac{1}{e^{(E-\mu)/\beta} + 1}, \quad \bar{n}_F(E) = \frac{1}{e^{(E+\mu)/\beta} + 1}$$

(3)
are the Bose-Einstein and Fermi-Dirac distribution functions with the quasi-particle energies defined as

\[ E_x = \sqrt{m_x^2 + q^2 + R_k(q)} \]  

(4)

and \( \beta = 1/T \) is the inverse temperature. The masses for the quasi-particles are

\[ m_\sigma^2 = \frac{\partial^2 \Omega}{\partial \sigma^2}, \]

(5)

\[ m_\pi^2 = \frac{1}{\sigma} \frac{\partial \Omega}{\partial \sigma}, \]

(6)

\[ m_q = \nu \sigma. \]  

(7)

Here we assume the symmetry is broken in the \( \sigma \) direction.

The solutions of the FRG flow equation determines \( \Omega(k \to 0, \sigma) \) at any possible value of \( \sigma \). We are interested in the equilibrium value, which can be found by locating the minimum of the thermodynamic potential, \( \Omega(k \to 0, \sigma) \). In the presence of the explicit symmetry breaking term, instead of minimizing \( \Omega(k \to 0, \sigma) \), one minimizes \( \Omega(k \to 0, \sigma) - h \sigma \). Note that the symmetry breaking parameter \( h \) does not enter the FRG evolution equation, which is solved for any value of \( \sigma \).

In a finite volume we consider periodic boundary conditions, and that means momentum integrals are replaced by summations. The general flow equation becomes

\[ \partial_k \Omega = \frac{1}{4L^3} \sum_{n_x, n_y, n_z} \left( \frac{1 + 2n_B(E_\sigma)}{E_\sigma} + \frac{3 + 2n_B(E_\pi)}{E_\pi} - 2\nu_q \frac{1 - n_F(E_q) - \bar{n}_F(E_q)}{E_q} \right) \partial_k R_k(q). \]  

(8)

The external momentum \( q \) is an appropriate function of the modes \( q = q(\vec{n}) \) defined by the boundary conditions. For the box of dimensions \( L_x, L_y, \) and \( L_z \), with periodic boundary conditions we have

\[ q^2 = \sum_{i=x,y,z} \left( \frac{2\pi n_i}{L_i} \right)^2. \]  

(9)

In this work, we do not restrict ourselves a symmetric box where \( L_x = L_y = L_z = L \), but consider as well geometries with equal transversal extents, \( L_x = L_y = L \), and longer in \( L_z = AL \). The mode summation in Eq. (2) is performed numerically by introducing a multiplicity of state function, as described in Appendix A. The numerical algorithms and the input parameters are detailed in Appendix B.

So far we have not defined the regulator function \( R_k(q) \) that we use. Previously, regulator functions which are sharp in momentum space have been used: see, e.g., Refs. [17, 18].
However, sharp cutoffs result in numerical artifacts. As we show in the next section, these include oscillations in the order parameters and meson masses. Mathematically, a sharp cutoff is awkward for the fact that the spatial momenta are quantized in a finite volume, as discussed by Fister and Pawlowski [19]. In this paper, we adopt an exponential cutoff

$$R_k(q) = \frac{q^2}{e^{q^2/k^2} - 1}.$$  \hspace{1cm} (10)

Such an exponential clearly cuts off fluctuations above the momentum scale $k$, but does so smoothly.

III. ZERO TEMPERATURE AND CHEMICAL POTENTIAL

In this section we compute expectation value of the order parameter and its flow as a function of the cut off momentum $k$. We compare our results, with a smooth, exponential regulator, to those with a sharp cutoff

$$R_{\text{sharp}}^k(q) = (k^2 - q^2)\theta(k^2 - q^2),$$  \hspace{1cm} (11)

where $\theta$ denotes the Heaviside step function, $\theta(x) = 0$ for $x < 0$ and $= 1$ for $x > 0$.

In Fig. 1 we show the flow of the expectation value of the order parameter, which is the location of the minimum of the potential, in the chiral limit. As expected in the IR limit, the expectation of the order parameter is zero, demonstrating the absence of spontaneous symmetry breaking in a finite volume. We discuss this point further in Appendix C. We also show this figure to demonstrate that a sharp regulator in momentum space produces non-analytic flow in the Functional Renormalization Group.

These artifacts become more prominent when we plot the dependence of the order parameter on the size of the system. In Fig. 2 we perform the calculations at a physical pion mass. We have checked our computations analytically in the limits of small and large volumes, $L \to 0$ and $L \to \infty$, in Appendix E.

These artifacts are elementary to understand. In a finite volume we uniformly take periodic boundary conditions, so that each momentum is a multiple of $2\pi/L$. With a sharp cutoff in momentum space, then, the momenta included by the Functional Renormalization Group jumps whenever $2\pi/L$ crosses that cutoff. With a smooth cutoff, the effects of high momenta are automatically included, but vanish smoothly, and so do not produce any artificial discontinuities.
FIG. 1. The flow of the chiral condensate, $\sigma$, in the chiral limit as a function of the scale $k$ for the exponential and Litim regulators. The scale dependent condensate is obtained by minimizing the potential at each RG scale. The system size was chosen to be $L = 3$ fm and $L = \infty$, at zero temperature and chemical potential. The chiral condensate is normalized by the physical value of $f_\pi$.

In Fig. 3, we show how the order parameter depends upon the anisotropy parameter $A$. While the results differ for small volume, as the volume increases, then the results approaches that for infinite volume, regardless of the value of the anisotropy. Curves with anisotropy parameters $A_1$ and $A_2 > A_1$ start to differ at the point, where $A_1 L \approx 8$ fm.

IV. LOCATION OF APPARENT CRITICAL END POINT

We consider systems in which there is a true critical point in infinite volume. In finite volume, instead there is an apparent critical point (ACP). There is some degree of arbitrariness in how one defines an apparent critical point. We define the position of the apparent critical point from the maximum in the corresponding chiral susceptibility, which is equivalent to the minimum in the sigma mass, $m_\sigma$. We stress, however, that unlike the case of infinite volume, that in finite volume other definitions will give different positions for the apparent
FIG. 2. The chiral condensate, $\sigma$, as a function of the system size, $L$, at zero temperature and chemical potential for the exponential and the Litim regulators.

critical point.

With our definition, we show that at some intermediate system size, the system has two apparent critical points, located at different values of $T$ and $\mu$. One of the apparent critical points, which we call ACP I, approaches the true critical point in the limit of infinite volume; we show that for the ACP I, it approaches the zero temperature axis as the volume decreases. The second apparent critical point, which we call ACP II, appears near the zero temperature axis, and evolves to higher temperature as the volume decreases. The location of the two apparent critical points is depicted in Fig. 4. The emergence of a second apparent critical point influences the cumulants of baryon number, and is studied in the next section.

To grasp the essence of the behavior of the critical point, we carried out a mean-field calculation by omitting the bosonic contribution. A recent study suggests that the apparent critical point within this approximation shows a qualitatively similar behavior [20]. We refitted the parameters to reproduce $m_q = 335$ MeV and $m_\sigma = 500$ MeV. For transparency, we chose a slightly smaller sigma mass compared to our calculations. In this case the first-order phase transition occurs at slightly smaller chemical potential, and so the minimum of the potential at $\sigma = f_\pi$ is not influenced by finite density effects at the relevant chemical
FIG. 3. The chiral condensate as a function of the system size, $L = L_x = L_y$, for the different anisotropy parameter $A \equiv L_z/L_{x,y}$. The results are normalized by the corresponding values of the chiral condensate for the isotropic volume, $L_x = L_y = L_z = L$. Periodic boundary conditions are used.

In mean-field calculations one drops bosonic fluctuations, and there appears to be a second order chiral phase transition even in finite volume. For simplicity, we consider the the chiral limit at zero temperature. For each volume, at some intermediate chemical potential the system goes from the ground state at $\sigma = f_\pi$ to a chirally restored phase at $\sigma = 0$ through a first order transition. We assume that where this transition happens on the $T = 0$ axis is related to the location of the critical end-point in the plane of temperature and chemical potential.

On the axis where $T = 0$, the phase transition occurs when the condition

$$\Omega(\mu, L, \sigma = f_\pi) = \Omega(\mu, L, \sigma = 0) \quad (12)$$

is fulfilled. For chemical potentials $\mu < g f_\pi$, the left-hand side is independent of $\mu$. After
subtracting the value in infinite volume,

\[ \Omega(\mu < g f_\pi, L, \sigma = f_\pi) - \Omega(0, \infty, f_\pi) = \nu_q \left( \frac{1}{L^3} \sum_{n_x, n_y, n_z} (E_1 - E_2) - \frac{1}{(2\pi)^3} \int d^3p (E_1 - E_2) \right), \]  

with

\[ E_1 = \sqrt{g^2 f_\pi^2 + q^2 + R_\Lambda(q)}, \quad E_2 = \sqrt{g^2 f_\pi^2 + q^2}, \quad q = \frac{2\pi}{L} \sqrt{n_x^2 + n_y^2 + n_z^2}. \]  

This is depicted by the black, solid line in Fig. 5. The right-hand side of Eq. (12) depends on the chemical potential and is given by

\[ \Omega(\mu, L, 0) = \nu_q \frac{L^3}{L^3} \sum_{n_x, n_y, n_z} \left( \sqrt{q^2 + R_\Lambda(q)} - q - (\mu - q)\theta(\mu - q) \right). \]  

where \( \theta \) denotes again the Heaviside step function. Let us consider the finite density part of this function at constant chemical potential as the size of the system changes. It is expected that the finite density part (\( \mu \)-dependent term in Eq. (15)) will be affected by finite-volume effects stronger than the vacuum part, since we only probe modes up to the Fermi surface, and in small volumes they are few in number. The finite density part contributes with a negative sign, so as it gets larger, the value of the potential decreases driving a phase transition.

As the volume decreases, the contribution of each mode is \( \sim 1/L^3 \), and so the total increases. On the other hand, as \( L \) decreases the momentum of each mode goes up, \( \sim 2\pi/L \), so in all fewer modes fall below the Fermi momentum \( q_f = \mu \). In total, there is a balance between these two effects, so that at large \( L \) there is an oscillatory behavior, as shown in Fig. 5. If the volume is very small, say below \( L = 3 \) fm, only the zero mode contributes. This enhances the quark contribution to the potential at nonzero density at small volume, and triggers a first order phase transition at lower values of the chemical potential. This is illustrated in Fig. 5, where the potential of the \( \sigma = f_\pi \) solution is compared to the \( \sigma = 0 \) solution at different chemical potentials. When the two curves cross, there is a first order phase transition in the given volume at the corresponding chemical potential. In relatively high volumes, i.e. above \( L = 4 \) fm, the phase transition occurs in the range \( \mu = 320 - 335 \) MeV. Its location as the function of system size is not monotonous due to oscillations. At low volumes, i.e. \( L < 3.5 \) fm, only the zero mode contributes to the finite density part, and the phase transition moves down to very low chemical potential: at
FIG. 4. The location of the apparent critical points (ACP) as a function of the system size, $L$. Due to the numerical difficulties we were not able to resolve ACPs at temperatures below 5 MeV. The red points continuously approach the true critical point in the limit of infinite volume, which is already well approximated by $L = 5$ fm.

$L = 3$ fm the chemical potential is $\mu = 250$ MeV. As the temperature is turned on, the transition line is expected to reach higher temperatures, since the phase transition at $T = 0$ is strengthened by the sudden change in the zero mode contribution to $\Omega(\sigma)$ at $\mu = g\sigma$.

This brief analysis suggests that the behavior of the ACP I is difficult to understand, as its location may show oscillatory behavior. At small volumes, the position of the apparent critical point is expected to move to very low chemical potentials, and its temperature is also expected to increase. This is in agreement with our findings about ACP II.

V. CUMULANTS

In this section we discuss the dependence of the cumulants of baryon number fluctuations on the size of the system. In particular, we consider the ratio of the fourth to the second order cumulant of quark number fluctuations. Up to an overall factor of $1/9$, this corresponds to the same ratio for baryon number. The second and fourth order cumulants for quark number
FIG. 5. The potential at $\sigma = f_\pi$ and $\sigma = 0$ as a function of the system size for different chemical potentials.

are

$$c_2 = \langle (\delta N_q)^2 \rangle ,$$

$$c_4 = \langle (\delta N_q)^4 \rangle - 3(\langle (\delta N_q)^2 \rangle)^2$$

respectively, where $\delta N_q = N_q - \langle N_q \rangle$.

In the limit of infinite volume a cumulant $c_n$ is proportional to the volume times the susceptibility

$$c_n = VT^3 \chi_n ,$$

where

$$\chi_n = \frac{\partial^n}{\partial(\mu/T)^n} \left( \frac{p}{T^4} \right) .$$

Thus in infinite volume, it is natural to go from the experimentally observable cumulants to the susceptibilities by taking their ratio,

$$c_4/c_2 = \chi_4/\chi_2 .$$

In a finite volume, however, the factors of volume do not cancel. As we demonstrated in
the previous section, the value of the chiral condensate depends upon the volume, and this influences the position of any apparent critical point.

In our model, we derived flow equations for the density, which is closely related to $\chi_1$. Using numerical derivatives with respect to the chemical potential, we were able to extract $\chi_2$ and $\chi_4$. In order to get the correct high temperature behavior, we took into account quark contributions above the UV cutoff perturbatively. This is discussed in Appendix D.

In Figs. 6, 7, 8 and 9, we show the dependence of the ratio $\chi_4/\chi_2$ on the temperature for different system sizes and different anisotropy parameters. The calculations are done on lines of constant ratio of $\mu/T$. We consider the values $\mu/T = 0, 0.5, 1, 1.5$. We observe that the cumulant ratio does not vary much at high temperatures $T > 1.6T_{pc}$ and is almost independent of the system size. However, there is a significant variation in the vicinity of the phase transition and at lower temperatures. The figures also show that the location of the maximum of $\chi_4/\chi_2$ shifts to lower temperatures with the decreasing system size. The behavior of the maximal value of $\chi_4/\chi_2$ on the system size is non-monotonous: with decreasing $L$, the maximum first decreases until $L$ reaches about 3 fm and than increases. The dependence on the system size becomes more complicated at higher chemical potential, because the cumulants become sensitive to the ACP II.
FIG. 7. The ratio of the fourth to the second order susceptibilities as a function of temperature for different systems sizes and the anisotropy parameter $A$; the results are computed at $\mu/T = 0.5$.

FIG. 8. The ratio of the fourth to the second order susceptibilities as a function of temperature for different systems sizes and the anisotropy parameter $A$; the results are computed at $\mu/T = 1$.

VI. CONCLUSIONS

In this article, we considered the quark-meson model in a finite volume. We carried out our calculations using the functional renormalization group approach. We demonstrated

FIG. 9. The ratio of the fourth to the second order susceptibilities as a function of temperature for different systems sizes and the anisotropy parameter $A$; the results are computed at $\mu/T = 1.5$. 

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that the previously employed Litim regulator is not suitable for finite volume studies in small values, and we proposed to use an exponential regulator instead.

We computed the chiral susceptibility on the phase diagram in finite volume and we showed that for some volumes there are two distinct apparent critical end points. One of them, which we called ACP I, is smoothly connected to the critical point of the infinite volume calculation when its location is considered in the function of volume. The location of this point moves to lower temperatures and higher chemical potentials with decreasing system size. The other apparent critical endpoint, ACP II, approaches the zero temperature axis and is not detectable for system size larger than 4 fm. For small system sizes however its location shifts towards higher temperatures and lower chemical potentials with decreasing system size.

Our main goal was to calculate the ratio of the fourth to the second order baryon number cumulant. These calculations showed that there is a rather strong volume dependence of the ratio for system size less than 5 fm. This dependence becomes more significant with increasing value of chemical potential, because it probes regions of the phase diagram which are close to the apparent critical point ACP II.

Our results indicate that an estimate of the effect of the volume fluctuations [13, 14] for system sizes less than 5 fm might be very challenging and should account not only for the explicit, but also for the implicit volume dependence of the cumulants. We note however that in this paper we adopted periodic boundary conditions; obviously the system created in heavy-ion collision is not periodic, but rather a finite volume system with inhomogeneity. The finite volume effect discussed in this paper thus can be quite different from those in the medium created in heavy-ion collisions.

Appendix A: Mode summation

In this appendix, we consider an efficient numerical way to perform summation of the discrete modes for the different boundary conditions.
1. Isotropic periodic boundary conditions

The calculation in a finite volume with the periodic boundary conditions involves a three dimensional summation of functions that depend only on the magnitude \( \vec{n}^2 = n_x^2 + n_y^2 + n_z^2 \). We use this symmetry to rewrite the sum as

\[
\sum_{\vec{n}} f(\vec{n}^2) = \sum_{m=0}^{\infty} \left( \sum_{\vec{n}} \delta_{m,\vec{n}^2} \right) f(m) = \sum_{m=0}^{\infty} G(m) f(m), \tag{A1}
\]

where the function, the multiplicity of states, \( G(m) \equiv \sum_{\vec{n}} \delta_{m,\vec{n}^2} \) automatically takes the symmetries of the magnitude \( \vec{n}^2 = n_x^2 + n_y^2 + n_z^2 \) into account. The function \( G(m) \) is to be computed once and tabulated for repeated use. This method gives a significant reduction in computational time.

2. Anisotropic periodic boundary conditions

Here, following the logic of Sec. A 1, we extend the method for anisotropic volumes. Let us consider particular anisotropy \( L_z = AL_x = AL_y = AL \), where \( A \) is an integer number. The momentum is, just as in the isotropic case, discrete and its magnitude is given by

\[
\vec{p}^2 = \left( \frac{2\pi}{LA} \right)^2 \left( A^2 n_x^2 + A^2 n_y^2 + n_z^2 \right). \tag{A2}
\]

Thus, as before, we can introduce the multiplicity of states

\[
G^A(m) = \sum_{\vec{n}} \delta_{m,A^2n_x^2+A^2n_y^2+n_z^2} \tag{A3}
\]

to perform the summation

\[
\sum_{\vec{n}} f(A^2 n_x^2 + A^2 n_y^2 + n_z^2) = \sum_{m=0}^{\infty} G^A(m) f(m). \tag{A4}
\]

3. Anti-periodic boundary conditions

Although not used in this paper, for completeness we also consider the anti-periodic boundary conditions

\[
\vec{p}^2 = \left( \frac{\pi}{L} \right)^2 \left( (2n_x + 1)^2 + (2n_y + 1)^2 + (2n_z + 1)^2 \right) = \left( \frac{2\pi}{L} \right)^2 \left( n_x^2 + n_x + n_y^2 + n_y + n_z^2 + n_z + \frac{3}{4} \right). \tag{A5}
\]
Thus it is convenient to introduce

\[ G^{\text{AP}}(m) = \sum \delta_{m,n_x+n_y+n_z+n_\xi+n_\eta+n_\zeta} \]  

so that summation can be represented as

\[ \sum \tilde{n} f((2n_x + 1)^2 + (2n_y + 1)^2 + (2n_z + 1)^2) = \sum_{m=0}^{\infty} G^{\text{AP}}(m) f(4m + 3). \]  

Appendix B: Numerical details and tests

In order to explore the region of the phase diagram at a high chemical potential, where \( \Omega_k(\sigma) \) may potentially develop two minima, we avoided the polynomial/Taylor expansion anzatz for the thermodynamic potential. An alternative approach would be to use the so-called grid method; which is based on the evenly spaced discretization of the classical field, \( \sigma \), see e.g. Ref. [21]. It is however very well known that uniform discretization results in the worse possible approximation of a function. Instead we use the pseudo-spectral Chebyshev collocation method. We found that this method is numerically more reliable and substantially faster than the grid method. The details of the numerical method can be found in Ref. [22, 23]; here we only present the most important ingredients. The function \( \Omega_k(\sigma) \) is approximated by the Chebyshev expansion up to the \( N \)-th order

\[ \Omega_k(\sigma) = \sum_{i=0}^{N-1} a_i(k) T_i(\sigma). \]  

The flow equation is then solved in the range \(-\sigma_{\text{max}} < \sigma < \sigma_{\text{max}}\) at the collocation nodes defined by the zeros of \( T_N(\sigma) \). The boundary conditions have to be provided additionally. To enhance stability, we keep the meson masses at the outermost collocation points constant during the flow given by their UV value. The maximal value of the field, \( \sigma_{\text{max}} = 400 \text{ MeV} \), and the order of Chebyshev approximation, \( N = 120 \), were chosen by testing the convergence of the results (obviously, physics should be independent of our choice of either \( \sigma_{\text{max}} \) or \( N \)).

We note that it is absolutely crucial to use \( \sigma_{\text{max}} \geq 400 \text{ MeV} \), at or below \( L = 1 \) fm. While the final value of \( \sigma \) (minimum of the potential) is only a few dozen percents above \( f_\pi \); it may reach substantially larger values, \( \sim 300 \text{ MeV} \) at intermediate \( k \).

The free parameters and the initial conditions are defined to describe the following vacuum properties in the infinite system.
• the pion decay constant, $f_\pi = 93$ MeV,

• the constituent quark mass, $m_q = 300$ MeV,

• the pion mass, $m_\pi = 140$ MeV,

• the sigma mass, $m_\sigma = 585$ MeV.

These result in $y = 3.2$, and $\Omega(k = \Lambda, \sigma) = m_I^2 \frac{\sigma^2}{2} + \lambda_I \frac{\sigma^4}{4}$ with $m_I = 753$ MeV and $\lambda_I = 27.8$, together with the UV cutoff $\Lambda = 950$ MeV.

**Appendix C: Absence of spontaneous symmetry breaking in finite volume**

In this section, we discuss the absence of spontaneous symmetry breaking in finite volume with periodic boundary conditions. To this end, we consider the quark-meson model without explicit chiral symmetry breaking, so the external field is set to $h = 0$.

The periodic boundary conditions naturally include a zero mode $p_x = p_y = p_z = 0$. Therefore, as in the case of the infinite volume, we expect the potential to evolve to a convex one, in contrast to anti-periodic boundary conditions, which do not include the zero mode. Using the numerical calculations of a finite volume system, we want to demonstrate that in this case the spontaneous symmetry breaking is impossible. We will start, however, with an analytic argument. Let us consider a schematic form of the flow equation:

$$\partial_k \Omega_k \propto \frac{1}{L^3} \frac{kT}{k^2 + m_k^2},$$

(C1)

where we considered sigma meson contribution and included the $\vec{n} = 0$ zero mode. Higher modes do not play an important role at small $k$, where the most important part of the FRG evolution takes place. Other degrees of freedom can be included as well, but they do not change the main conclusion. Additionally, we only consider the “high-temperature” limit of the Bose-Einstein distribution function, i.e. we approximate

$$1 + 2n_B(\omega) \approx \frac{2T}{\omega}.$$  

(C2)

This is a good approximation for the zero mode at $k \ll T$ and $m_k \ll T$. These restrictions are suitable to study the spontaneous symmetry breaking.
FIG. 10. The dependence of the minimum of the potential on the FRG flow parameter $k$ for different system sizes in the chiral limit $h = 0$. The calculations are performed at $T = 10$ MeV. For higher $L$, the non-trivial minimum of the potential is preserved by the FRG evolution to lower values of $k$, as expected.

Next we assume that $\lim_{k \to 0} \partial_k \Omega_k = 0$. This condition manifests the convergence of the FRG flow equation. It also implies that

$$\lim_{k \to 0} \frac{kT}{k^2 + m_k^2} = 0,$$

which has a few important consequences. First of all, it restricts $m_k^2$ from being non-negative to positive values only. Next, it also demands that at small $k$, $m_k^2$ cannot be proportional to a larger or equal positive power of $k$ to unity. That being said, the masses, and hence the curvature will either converge to a positive constant, in which case there is no spontaneous symmetry breaking, or go to zero with a power of $k$ smaller than one. In the latter case however, since $m_k^2$ approaches zero slower, than $k^2$, the bosonic modes will decouple. The dynamics is then purely fermionic, hence Landau-treatment is possible. The resulting potential will be analytic, and this rules out the possibility of $m_k^2$ approaching zero with a power of $k$ between 0 and 1. This rules out the second possibility, so $m_k^2$ has to approach a positive constant, no spontaneous symmetry breaking possible. Following
similar logic, this argument can be also easily extended to the $T = 0$ limit; we leave this as an exercise for an interested reader.

Note that the above argument does not restrict $m_k^2$ being negative at some non-zero $k$. Indeed our numerical simulation do show that the transitional potential does develop a minimum at some non-zero $\sigma$; it, however, evolves at small $k$ to $\sigma = 0$. Intuitively the transition between this two regimes starts at the values of $k$ inversely proportional to the system size, $L$. We confirmed this with direct numerical calculations shown in Fig. 10.

As seen in Fig. 10, the initial evolution of the minimum is independent of the system size. The curves start to deviate from each other when the discreetness of the momentum start to play an important role for mesonic fluctuations.

**Appendix D: Perturbative contribution**

As we alluded to in Section V, the contribution of quarks is not negligible above the cutoff $\Lambda$ and must be properly accounted for. Here we follow Ref. [24] and supplement the FRG flow above the cutoff with the following contribution

$$
\partial_k \Omega(k > \Lambda) = \frac{-2\nu_q}{4L^3} \sum_{n_x,n_y,n_z} \left( 1 - n_F(E_q) - \bar{n}_F(E_q) \right) \partial_k R_k(q),
$$

where $E_q$ is computed using the perturbative quark mass $m_q = 0$. The vacuum contribution here can be neglected because it does not alter the dynamics. This equation can be integrated out to yield:

$$
\Delta \Omega = \int_{\Lambda}^{\infty} \partial_k \Omega_q = \int_{\Lambda}^{\infty} \frac{\nu_q}{2L^3} \sum_{n_x,n_y,n_z} \left( \frac{n_F(E_q) + \bar{n}_F(E_q)}{E_q} \right) \partial_k R_k(q) dk
$$

$$
= -\frac{T\nu_q}{L^3} \sum_{n_x,n_y,n_z} \left( \log \left( 1 + e^{\frac{-E^\Lambda_q}{T}} \right) + \log \left( 1 + e^{\frac{\mu + E^\Lambda_q}{T}} \right) \right),
$$

where $E^\Lambda_q = \sqrt{m_q^2 + q^2 + R_\Lambda(q)}$.

**Appendix E: Large/small $L$ limits in the mean-field approximation**

To get the mean-field (MF) approximation we start from the RG flow equation in finite volume and we drop the boson contribution. This yields

$$
\partial_k \Omega = -\frac{\nu_q}{2L^3} \sum_{n_x,n_y,n_z} \left( 1 - n_F(E_q) - \bar{n}_F(E_q) \right) \partial_k R_k(q)
$$
for an arbitrary regulator function $R_k(q)$. The quark energies are given by

$$E_q = \sqrt{g^2\sigma^2 + q^2 + R_k(q)}, \quad q = \frac{2\pi}{L}\sqrt{n_x^2 + n_y^2 + n_z^2}. \quad (E2)$$

For simplicity let us consider $T = \mu = 0$ to understand the asymptotic behavior of the theory in the function of system size. The grand canonical potential is given by

$$\Omega = U_\Lambda(\sigma) + \int_0^\Lambda dk \partial_k \Omega \quad (E3)$$

$$= U_\Lambda(\sigma) + \frac{\nu_q}{2L^3} \int_0^\Lambda \sum_{n_x, n_y, n_z} \frac{\partial_k R_k(q)}{E_q} dk = U_\Lambda(\sigma) + \sum_{n_x, n_y, n_z} \frac{\nu_q}{L^3} \int_0^\Lambda dE_q \frac{dE_q}{dk} \quad (E4)$$

$$= U_\Lambda(\sigma) + \frac{\nu_q}{L^3} \sum_{n_x, n_y, n_z} \left( \sqrt{g^2\sigma^2 + q^2 + R_\Lambda(q)} - \sqrt{g^2\sigma^2 + q^2} \right). \quad (E5)$$

The first term is highly suppressed for small momenta, however is essential for the UV regularization of the theory.

1. **Small L behavior**

If $L \to 0$ all momenta will be large, except the zero mode. The contribution to the sum will be dominated by the zero mode contribution, that depends on $L$ as $L^{-3}$:

$$\Omega_0 = \nu_q \frac{\sqrt{g^2\sigma^2 + R_\Lambda(0)} - |g\sigma|}{L^3}. \quad (E6)$$

Apart from the zero mode all other modes will have diverging momentum as $L \to 0$. The contribution of a mode can be obtained using the approximation

$$\sqrt{m^2 + q^2} = q \left( 1 + \frac{m^2}{2q^2} - \frac{m^4}{8q^4} \right) + \ldots \quad (E7)$$

and yields

$$\Omega_n = \frac{\nu_q R_\Lambda(q_n)}{4\pi L^2} - \nu_q \frac{2g^2\sigma^2 R_\Lambda(q_n) + R_\Lambda(q_n)^2}{64\pi^3}. \quad (E8)$$

In the case of proper UV regularization these contributions vanish for $L \to 0$. One can see that the zero mode contribution alone cannot fulfill the gap equation, and tries to push the condensate to $\sigma \to \infty$. If we neglect the other modes (due to exact cancellation or exponential suppression above the UV cutoff), then at finite $L$ an interplay of the zero mode and the UV potential $U_\Lambda(\sigma)$ will yield the condensate and hence it is expected that it
increases with a power law. In particular with the exponential regulator, at \( L \to 0 \), assuming a \( \lambda/4\sigma^4 \) leading term in \( U_\Lambda(\sigma) \), the gap equation will asymptotically be

\[
\lambda \sigma^3 = \frac{\nu_q L^2}{2g}\frac{\Lambda^2}{\sigma^2},
\]

yielding \( \sigma \sim L^{-3/5} \).

2. Large \( L \) behavior

The large \( L \) behavior will be opposite to the small \( L \) behavior, here the interplay of many modes will yield the final result. We use the Poisson-summation method to obtain the result. We start from the identity

\[
\sum_{k=-\infty}^{\infty} e^{-2\pi i k x} = \ldots + \delta(x - 2) + \delta(x - 1) + \delta(x) + \delta(x + 1) + \delta(x + 2) + \ldots
\]

which can be used to yield

\[
\sum_{n=-\infty}^{\infty} f(n) = \int_{-\infty}^{\infty} dx f(x) \ldots + \delta(x - 2) + \delta(x - 1) + \delta(x) + \delta(x + 1) + \delta(x + 2) + \ldots
\]

\[
= \int_{-\infty}^{\infty} dx f(x) \sum_{k=-\infty}^{\infty} e^{-2\pi i k x} = \sum_{k=-\infty}^{\infty} \int_{-\infty}^{\infty} dx f(x) e^{-2\pi i k x}.
\]

In the finite size setup we have summation over momentum modes in 3 dimensions. In all three we apply this identity and change variable from the discrete mode number back to the physical momenta. This formally in the \( x \) direction is

\[
\frac{1}{L} \sum_{n_x=-\infty}^{\infty} f\left(\frac{2\pi n_x}{L}\right) = \sum_{j=-\infty}^{\infty} \int_{-\infty}^{\infty} \frac{dq}{2\pi} f(q) e^{-ijqL}.
\]

Applying this in all direction yields for the grand canonical potential

\[
\Omega = U_\Lambda(\sigma) + \nu_q \sum_{j_x,j_y,j_z} \int \frac{d^3q}{(2\pi)^3} \left( \sqrt{g^2\sigma^2 + q^2 + R_\Lambda(q)} - \sqrt{g^2\sigma^2 + q^2} \right) e^{-iL\vec{q}\cdot\vec{j}}.
\]

In this sum we can consider only the smallest winding numbers, \( j_i = \pm 1 \); and perform integration using the saddle point approximation. This is a straightforward derivation and as such requires only brief description. Let us consider only the winding number \( j_z = 1 \). The integration with respect to the transverse coordinate \( q_z^2 = q_x^2 + q_y^2 \) can be performed
analytically assuming that $q_\perp \ll \Lambda$. This assumption is justified because only the momenta $q < \Lambda$ contribute to the integral. The upper bound of the integration is thus also limited by $\Lambda$. After the integration is performed, one can use saddle point approximation to integrate with respect to $q_z$. We obtain that the correction to the infinite volume limit, $\vec{j} = 0$, is proportional to $\frac{g^2 \Lambda}{\pi} \exp(-g\sigma L)$. Hence it is expected that at the $L \to \infty$ limit the order parameter will approach the infinite volume value exponentially with the system size $L$.

ACKNOWLEDGMENTS

We thank B. Friman, S. Rechenberger, K. Redlich, S. Mukherjee for useful discussions. We are grateful to A. Bzdak for comments and suggestions. R.D.P. thanks the U.S. Department of Energy for support under contract DE-SC0012704.

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U.S. Department of Energy Office of Nuclear Physics or High Energy Physics

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