Recombinant Human Erythropoietin Augments Neovascularization Responses in a Neonatal Rat Model of Premature Brain Damage by Phosphatidylinositol 3 Kinase/Akt Pathway

Da-Fan Yu¹, Li-Hua Zhu², Li Jiang²
¹Department of Clinical Medcine, Medical School of Southeast University, Jiangsu 210009, China
²Department of Pediatrics, Zhongda Hospital, Southeast University, Nanjing, Jiangsu 210009, China

Abstract

Background: Recombinant human-erythropoietin (rh-EPO) has therapeutic efficacy for premature infants with brain damage during the active rehabilitation and anti-inflammation. In the present study, we found that the rh-EPO was related to the promotion of neovascularization. Our aim was to investigate whether rh-EPO augments neovascularization in the neonatal rat model of premature brain damage through the phosphatidylinositol 3 kinase (PI3K)/protein kinase B (Akt) signaling pathway.

Methods: Postnatal day 5 (PD5), rats underwent permanent ligation of the right common carotid artery and were exposed to hypoxia for 2 h. All the rat pups were randomized into five groups as follows: (1) control group; (2) hypoxia-ischemic (HI) group; (3) HI + LY294002 group; (4) HI + rh-EPO group; and (5) HI + rh-EPO + LY294002 group. The phospho-Akt protein was tested 90 min after the whole operation, and CD34, vascular endothelial growth factor receptor 2 (VEGFR2), and vascular endothelial growth factor (VEGF) were also tested 2 days after the whole operation.

Results: In the hypoxic and ischemic zone of the premature rat brain, the rh-EPO induced CD34⁺ cells to immigrate to the HI brain zone (P < 0.05) and also upregulated the VEGFR2 protein expression (P < 0.05) and VEGF mRNA level (P < 0.05) through the PI3K/Akt (P < 0.05) signaling pathway when compared with other groups.

Conclusions: The rh-EPO treatment augments neovascularization responses in the neonatal rat model of premature brain damage through the PI3K/Akt signaling pathway. Besides, the endogenous EPO may exist in the HI zone of rat brain and also has neovascularization function through the PI3K/Akt signaling pathway.

Key words: Erythropoietin; Hypoxia-ischemia; Neovascularization; Premature Brain

INTRODUCTION

Incidence and mortality of neonatal-acquired brain damage, especially hypoxic-ischemic brain damage (HIBD), have an increasing trend.[1] Brain damage of prematurity is the predominant form of the acquired brain damage in neonates who undergo neurological morbidity.[2] There are only limited therapies to improve the outcome from the HIBD.[3] Administration of the recombinant human-erythropoietin (rh-EPO) into extremely preterm infants at Neonatal Intensive Care Unit improved neurodevelopmental outcomes.[4] However, the underlying mechanisms that support the neuroprotective effects of the rh-EPO following premature brain damage remain unclear. The present study therefore used an animal model to investigate the role of rh-EPO in enhanced neurological recovery, which was thought to be related to the promotion of angiogenesis.[5]

Address for correspondence: Prof. Li Jiang, Department of Pediatrics, Zhongda Hospital, Southeast University, Nanjing, Jiangsu 210009, China
E-Mail: familyjiang77777@126.com

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Some in vitro experiments suggest that EPO enhances vascular endothelial growth factor (VEGF) secretion in neural progenitor cells through the activation of phosphatidylinositol 3 kinase (PI3K)/Akt signaling pathway. The neural progenitor cells, treated with the rh-EPO, upregulate vascular endothelial growth factor receptor 2 (VEGFR2) expression in the cerebral endothelial cells (ECs).[9] In addition, the PI3K/Akt signaling also mediates angiogenesis and VEGF expression in the ECs.[7-9] Wang et al.[10] found that the rh-EPO increased the mobilization of endothelial progenitor cells (EPCs) and subsequent promotion of angiogenesis.

Based on these studies, we hypothesized that: (1) rh-EPO may increase the amount of EPCs or ECs in the hypoxia-ischemic (HI) region of the neonatal rat model of premature brain damage through the PI3K/Akt signaling pathway by promoting neovascularization; (2) rh-EPO may induce the secretion of VEGF in the HI region in the neonatal rat model of premature brain damage through the PI3K/Akt signaling pathway and then promote neovascularization through the VEGF/VEGFR system. To verify our hypothesis, we tested the phospho-Akt, CD34, VEGFR2 proteins (the surface markers for ECs and EPCs), and VEGF mRNA after administration of the rh-EPO.

**METHODS**

**Reagents**

The rh-EPO injection was obtained from Zhongda Hospital Affiliated to Southeast University (China). LY294002 was obtained from Cell Signaling Technology (USA). Antibodies were obtained from the following sources: phospho-Akt (Ser 473, D9E) XP rabbit mAb from CST (USA); rat CD34 antibody from R and D (USA); and anti-VEGF receptor 2 antibody from Abcam (UK).

**Experimental animals**

Pregnant Sprague-Dawley rats were obtained from Nanjing Medical University of China and were allowed to deliver. All 5-day-old Sprague-Dawley rat pups were used for experiments. The animals were double housed with food and water supply ad libitum at a temperature- and light-controlled environment (12-h light/dark cycle, daily humidity, and temperature monitoring). All the protocols were approved by the Institutional Animal Care and Use Committee of Southeast University.

**Neonatal rat model of premature brain damage and drug administration**

Five-day-old (PD5) postnatal rats underwent permanent ligation of the right common carotid artery (CCA). The infant rats were then exposed to hypoxia (94% N₂, 6% O₂) for 2 h as described by Back et al.[11] All the rat pups were randomized into five groups as follows: (1) control group (I): without HI, rh-EPO, and LY294002 (C; 10⁻⁶ M); a PI3K inhibitor); (2) HI group (II): underwent permanent ligation of the right CCA and exposed to hypoxia, but without rh-EPO and LY294002; (3) HI + LY294002 group (III): underwent permanent ligation of the right CCA; exposed to hypoxia; and given LY294002, without rh-EPO; (4) HI + rh-EPO group (IV): underwent permanent ligation of the right CCA, exposed to hypoxia, and given rh-EPO, without LY294002; (5) HI + rh-EPO + LY294002 group (V): underwent permanent ligation of the right CCA; exposed to hypoxia; given rh-EPO and LY294002. Each group was further divided into nine subgroups. The rats were then sacrificed 90 min and 2 days after the whole operation.

**Immunofluorescence experiments**

Coronal sections (10 μm) from the brains were cut using a freezing microtome (Leica CM3050; Leica Instruments, Germany). The slides were then baked for 1 h at 50°C. After repairing antigen of the slides, the slides were then closed by 10% donkey serum for 60 min at 37°C. The slides were then incubated overnight at 4°C with the primary antibody: anti-CD34 (10 μg/ml), and then followed by treatment with appropriate secondary antibody for CD34 for 1 h at room temperature. Each of the aforementioned steps was followed by 5-min rinses in PBS for three times. The slides were then mounted with glycerin for immunofluorescence analysis. The nuclear staining procedures using DAPI (Abcam, UK) were the same as above. The CD34 protein (red) and nucleus (blue) were examined with an epifluorescence microscope (Nikon, Japan). Three sections from each rat were taken from the right white matter region and the cells in the white matter were counted (per ×400) in three areas by two blinded independent observers.

**Western blot assays**

Protein concentration was determined by the BCA protein assay kit (KeyGEN BioTECH, China). Homogenate protein (30 μl) was heated for 5 min at 99°C and then subjected to 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis gel. After electrophoresis, the proteins were electroblotted on the nitrocellulose (NC) membrane and blocked with 5% skim milk. The immobilized proteins were exposed to commercially available antibodies such as phospho-Akt (1:2000), CD34 (0.1 μg/ml), and VEGFR2 (0.2 μg/ml). Specific proteins were detected with secondary antibody and visualized by High-sig ECL reagents (Tanon, China). Western blotting for the glyceraldehyde-3-phosphate dehydrogenase (GAPDH, 1:1000; Abcam, UK) was performed as loading control, and band densities were semi-quantified using Image-J software (National Institutes of Health, Bethesda, USA).

**Quantitative real-time-polymerase chain reaction**

Total RNA was extracted from the right brains of rats using Trizol (Invitrogen, California, USA), and cDNA was synthesized using a kit (Invitrogen). Polymerase chain reaction (PCR) was performed using the SYBR Green OPCR Mix kit (Invitrogen), and β-actin was used as an internal control. The reverse transcription conditions were 10 min at 25°C, 30 min at 42°C, and 5 min at 85°C. The amplification program consisted of activation at 94°C for 30 s, followed by 45 amplification cycles, each
consisting of 94°C for 10 s, 60°C for 12 s, and 72°C for 30 s. Primer pairs used for amplification were as follows: VEGF, forward 5′-AACGTCACTATGCAGATCATGC-3′, reverse 5′-CTCCGCTCTGAACAAGGCT-3′; β-actin, forward 5′-CTGAACCCTAAGGCCAACC-3′, and reverse 5′-AGCGCGTAACCCTCATAGAT-3′. Data were analyzed using Gel-pro32 analyzer (Thermo Fisher Scientific, USA). The relative value of mRNA = The absorbance value of objective fragment/the absorbance value of β-actin.

**Data analysis**
Multiple comparisons were conducted using one-way analysis of variance (ANOVA) followed by Student–Newman–Keuls test. A statistically significant difference between means was considered when \( P < 0.05 \). Data in the figures and text are expressed as means ± standard deviation (SD).

**RESULTS**

**Recombinant human erythropoietin promoted phosphorylation on Akt**
The content of phospho-Akt in the right white matter of premature brains was determined by Western blot assays. Nineteen minutes after the whole operation, the results revealed a significant increase in phospho-Akt in Group IV compared with the other groups [\( P < 0.05 \); Figure 1a]. Group III was less than Groups IV, V, and II [\( P < 0.05 \); Figure 1a]. However, there was no significant statistical significance when we compared Group I and Group III (\( P > 0.05 \)). Group II was higher than Group I (\( P < 0.05 \); Figure 1a).

**Recombinant human erythropoietin increased the expression of CD34 and vascular endothelial growth factor receptor 2 through phosphatidylinositol 3 kinase/Akt pathway**
The content of CD34 and VEGFR2 proteins in the right white matter of premature brain was also determined by Western blot assays. Two days after the whole operation, the amount of CD34 and VEGFR2 proteins in Group IV was higher than in the other groups [\( P < 0.05 \); Figure 1b and 1c]. Group V was lower than Group IV [\( P < 0.05 \); Figure 1b and 1c] but higher than Group III [\( P < 0.05 \); Figure 1b and 1c]. Group III was lower than Group II [\( P < 0.05 \); Figure 1b and 1c] but had no significant statistical significance when compared with Group I [\( P > 0.05 \); Figure 1b and 1c]. Group II was a little higher than Group I [\( P < 0.05 \); Figure 1b and 1c]. The trends of the CD34 and VEGFR2 proteins in the five groups were consistent with the amount of phospho-Akt in the right white matter of premature brains. Two days after the whole operation, the trends of CD34+ cells’ count in the five groups after the immunofluorescence experiments were consistent with results for the CD34 protein in the Western blot assays [Figure 2a and 2b]. At the same time, Group II was a little higher than Group I [\( P < 0.05 \); Figure 2a and 2b] and Group III [\( P < 0.05 \); Figure 2a and 2b].

**Recombinant human erythropoietin upregulated the expression of vascular endothelial growth factor through phosphatidylinositol 3 kinase/Akt pathway**
The VEGF mRNA level was assessed by quantitative real-time PCR during HI in the right white matter of premature brains. Two days after the whole operation, the VEGF mRNA level in Group IV was significantly higher than in the other four groups [\( P < 0.05 \); Figure 2c]. Group III was significantly lower than in the other four groups [\( P < 0.05 \); Figure 2c]. The exogenous rh-EPO could have upregulated the expression of VEGF through the PI3K/Akt signaling pathway during the HI in the white matter of premature brains. Group II was a little higher than Group I [\( P < 0.05 \); Figure 2c] and Group III [\( P < 0.05 \); Figure 2c].

![Figure 1: Expressions of p-Akt, CD34, and VEGFR2 in the right white matter of premature brain were analyzed by Western blot analysis. (a) Representative bands and bar graph showing expression of p-Akt 90 min after the whole operation. (b) Representative bands and bar graph showing expression of CD34 2 days after the whole operation. (c) Representative bands and bar graph showing expression of VEGFR2 2 days after the whole operation. Group IV showing significant difference from other groups (\( P < 0.05 \)); Group III showing significant difference from Groups IV, V, and II (\( P < 0.05 \)); Group II showing significant difference from Group I (\( P < 0.05 \)). VEGFR2: Vascular endothelial growth factor receptor 2.](image-url)
Administration of the rh-EPO after ischemia, either peripherally or centrally injected, suggested beneficial effects on brain edema by delaying the neuronal death and resulted in functional improvement of neurons in neonatal animal models. The injection of rh-EPO centrally is not a practical approach in clinical settings, and indeed, systemic delivery of the rh-EPO has advantages in that it is universally available to the capillary endothelium and thus potentially present everywhere in the brain. In addition, the receptors of EPO are extensively expressed in the mature brain, including hippocampus. A study showed that the peak time of administrating EPO peripherally was 3 h in the brain tissue of rodents. In our experiments, we administered the rh-EPO by intraperitoneal injection before HI (2 h).

Akt was originally identified by Staal in 1987, which was also known as PKB. The Akt is the downstream protein for the PI3K and can be activated by growth factors and other extracellular stimulators. LY294002 can inactive the sites (Ser473/Thr308) of the Akt to inhibit its phosphorylation. In this study, the rh-EPO increased the number of CD34+ cells in the HI zone of rat brain through the PI3K/Akt signaling pathway. The CD34 is the common surface marker for the ECs and EPCs. Moreover, the rh-EPO induces EPCs’ immigration into the HI zone and then the EPCs’ proliferation and differentiation to form the new blood vessels. This physiological process is called vasculogenesis, whereby the new blood vessels are formed where no preexisting vessels were present. On the other hand, the ECs from the capillaries in the HI zone of brain proliferate and form the new blood vessels. This physiological process is called angiogenesis, which involves the growth and development of new blood vessels from preexisting vessels. The rh-EPO may therefore regulate blood vessels’ growth through two mechanisms: vasculogenesis and angiogenesis.

VEGFR2 can combine with the VEGF and can be activated to induce neovascularization. In this study, the expression of VEGFR2 protein and VEGF mRNA levels were significantly upregulated by the rh-EPO through the PI3K/Akt pathway.
in the HI zone of the brain. First, this result indicated that the rh-ePO could activate the VEGF/VEGFR2 signaling pathway through the PI3K/Akt pathway. Second, the increased expression of VEGFR2 could combine with more VEGF and then enhance neovascularization of the VEGF. Third, the VEGFR2 is 100% expressed in the mature ECs but not in the EPCs.[18] Our study has showed that the rh-ePO could significantly stimulate the ECs' proliferation by the PI3K/Akt pathway in the HI brain.

In our study, the protein levels of p-Akt, CD34, VEGFR2, and mRNA level of VEGF in the HI group were a little higher than in the same group. Hence, we hypothesized that hypoxia could induce the expression of EPO gene.[20] The expressions of p-Akt, CD34, VEGFR2, and VEGF in Group V were all between Group III and Group IV in our study. This shows that the PI3K/Akt signaling pathway was partly inhibited by LY294002. There may also be some other signaling pathways which were activated by the rh-ePO that could not be inhibited by LY294002. Moderate neovascularization is beneficial to the HI zone of premature brain[8] which can provide enough oxygen and energy to the surrounding cells. This information offers hope for the potential neovascularization by these molecules for clinical benefits.

In conclusion, our study has demonstrated that the PI3K/Akt signaling pathway is one of the essential mechanisms for neovascularization of rh-ePO. The rh-ePO induces CD34+ cell immigration into the hypoxic and ischemic zone of premature rat brain and also upregulates the expression of VEGFR2 protein and VEGF mRNA level through the PI3K/Akt signaling pathway.

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Conflicts of interest
There are no conflicts of interest.

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