The chimney technique for preserving the left subclavian artery in thoracic endovascular aortic repair

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Abstract

OBJECTIVES: The objective of the present study was to evaluate short- and mid-term outcomes of the left subclavian artery (LSA) chimney stent implantation (LSACSI) during thoracic endovascular aortic repair (TEVAR), and to summarize our experience with this technique.

METHODS: From June 2010 to September 2012, 59 patients (49 men; mean age of 57.4 ± 13.3 years, range from 26 to 83 years) who underwent TEVAR and LSACSI were enrolled. Patients suffered from Stanford type B aortic dissection (n = 27), penetrating aortic ulcer (n = 18), aortic arch aneurysm (n = 9), pseudoaneurysm of the aortic arch (n = 4) and proximal type I endoleak after TEVAR of aortic dissection (n = 1). Elective settings were performed in 72% and emergent in 38% of all patients. Follow-up was performed at postoperative 3 months, 6 months and yearly thereafter.

RESULTS: The technical success rate was 98.3% (58/59), and 62 thoracic stent grafts were used. Sixty-two chimney stents, including 55 uncovered and 7 covered stents, were implanted in 59 LSAs. The overall immediate endoleak rate was 15.3% (9/59); type I endoleak was observed in 5 patients and type II in 4 patients. The difference in the immediate endoleak rate related to the anatomy between the outer and the inner curvature was statistically significant (35 vs 4%, P = 0.018). Chimney stent compression was observed in 3 patients and another stent was deployed inside the first one. Perioperative complications included stroke (3.4%, 2/59) and left upper limb ischaemia (1.7%, 1/59). The median follow-up period was 16.5 (range 1–39 months). The mortality rate during follow-up was 5.4% (3/56). Complications during follow-up included endoleak (overall, n = 8 (14.3%, 8/56); type I, n = 5; type II, n = 3), retrograde type A aortic dissection (n = 1), collapse (n = 3, 5.4%) or occlusion (n = 2, 3.6%) of the chimney stent.

CONCLUSIONS: Short- and mid-term results showed that it is feasible to preserve the patency of the LSA in TEVAR with the chimney technique for thoracic aortic pathologies close to the LSA. However, TEVAR combined with LSACSI was not advocated for lesions located at the outer curve of the aortic arch due to a high possibility of endoleak.

Keywords: Endovascular • Aortic arch • Left subclavian artery • Chimney technique

INTRODUCTION

Thoracic endovascular aortic repair (TEVAR) has demonstrated good short- and mid-term results for a variety of thoracic aortic pathologies. For thoracic aortic pathologies with inadequate proximal sealing zones, TEVAR necessitates coverage of the left subclavian artery (LSA) and even the left common carotid artery (LCCA), in order to obtain good fixation of stent grafts. However, covering the origins of these arteries may induce some complications, such as left upper limb ischaemia, posterior circulation ischaemia or cerebral infarction [1, 2]. These considerations make the reconstruction of supra-arch branch vessels necessary for favourable outcomes. TEVAR combined with graft bypass (hybrid procedure) has gained a widespread implementation and extended endovascular treatment options [3]. This technique does not require extracorporeal circulation and hypothermic arrest; morbidity and mortality outcomes can be improved, especially in high-risk patients. However, the long-term durability of hybrid procedures remains to be defined. Endovascular supra-arch branch preservation was successfully attempted using fenestrated, scalloped or branched stent grafts [4, 5], all of which have to be customized before implantation, limiting their applicability in emergent settings. Use of a chimney stent makes it possible to use standard off-the-shelf stent grafts to instantly treat lesions with inadequate sealing zones, providing an alternative in emergent cases [6, 7]. However, reports regarding the application of the chimney technique to...
revascularize aortic arch branches during TEVAR have been limited to case reports or small series. We retrospectively reviewed our experience and evaluated the effectiveness of TEVAR combined with LSACSI for thoracic aortic pathologies close to the LSA.

METHODS

The study was approved by the Institutional Review Board of Anzhen Hospital affiliated to Capital Medical University (Beijing, China), and informed signed consents were obtained from each patient involved in this study.

From June 2010 to December 2012, a total of 59 patients (49 males; mean 57 ± 13 years, range 26–83) with thoracic aortic pathologies close to the LSA underwent TEVAR and LSACSI at Anzhen Hospital (Beijing, China). Preoperative computed tomography angiography (CTA) measured the length (8.5 ± 2.2 mm) and diameter (30.2 ± 3.2 mm) of the landing zone. Clinical entities included 27 Stanford type B aortic dissections, 18 penetrating aortic ulcers, 9 aortic arch aneurysms, 4 pseudoaneurysms of the aortic arch and 1 proximal endoleak after TEVAR. Of these subjects, 44 had concomitant hypertension, 12 had coronary heart disease, 5 had diabetes mellitus and 5 had cerebrovascular disease. Patients’ characteristics are listed in Table 1.

All patients received local and potentiated anaesthesia. Thoracic aortic stent grafts were implanted through the femoral artery using a surgical (n = 53) or totally percutaneous method (n = 6). Elective settings were performed in 72% and emergent in 38% of all patients. The aortic stent grafts were 10–15% oversized. For 10 patients with long thoracic pathology, implantation of two overlapped thoracic aortic stent grafts was necessary. Types of endografts included Relay (Bolton, Spain; n = 5), Zenith TX2 (Cook, Denmark; n = 9), Valiant (Medtronic, USA; n = 12), Captiva (Medtronic, USA; n = 7), Hercules (MicroPort, China; n = 7), E-vita (JOTEC, Germany; n = 13) and Grikin (GRIKIN, China; n = 10).

In the current study, only one LSA was implanted with a balloon-expandable chimney stent, and the others were implanted with self-expandable chimney stents. Chimney stents were deployed into the LSA through a 6-F arterial sheath after puncturing the left radial artery for the bare stent delivery systems [Sinus (OptiMed, Germany; n = 49), Precise (Cordis, USA; n = 2), Astron (BIOTRONIK, Germany; n = 1) and Hippocampus (Invatec, Italy; n = 1)], or a 9-F sheath by surgically exposing the left brachial artery for the covered stent delivery system [Fluency Plus (Bard, USA; n = 7)]. At the initial stage, we preferred to choose a self-expandable covered chimney stent. However, it needed a large delivery system and was delivered through surgical exposure, greatly affecting the blood supply of the left upper limb and leading to a gap with the aortic stent graft. Instead, the bare stent has both good long-term patency in peripheral vessels and a thinner delivering system, which can be delivered totally percutaneously. Therefore, at the late stage of this study, only one case complicated with an LSA pseudoaneurysm was implanted with the covered chimney stent and all the others were implanted with the bare stent in the LSA.

Concerning the LSACSI, after the wire access was obtained in the LSA, a pigtail catheter was sent into the LSA, through which a super-stiff guidewire was sent into the ascending aorta. Then the pigtail catheter was removed and the chimney stent was delivered into the LSA along the guidewire and placed at the LSA take-off. After the endo-aortic device was deployed, the chimney stent was deployed rapidly parallel to the main aortic stent graft, with 1 cm overlapping and 1 cm protruding proximally. Completion ascending aortic angiogram was performed to evaluate the immediate results (Fig. 1). Technical success was defined as the instant postoperative aortogram demonstrating successful proximal fixation of the aortic stent graft and preserved LSA. The lesion was excluded successfully and the LSA had favourable antegrade blood flow. No severe complications occurred, such as large amount of endoleak, stroke or death. All patients received a hypodermic injection of 5000 U low-molecular-weight heparin once a day for 2–3 days, and then took 100 mg/day aspirin orally for life. Table 2 gives the characteristics of all procedures.

Follow-up examinations included chest X-ray and CTA, which were performed at discharge, at postoperative 3, 6 and 12 months, and then yearly thereafter. Follow-up examinations including x-ray and CTA could be finished in any hospitals, but the images were always read by the physicians involved in this study.

SPSS 17.0 (SPSS, Inc., Chicago, IL, USA) was used for statistical analysis. Continuous variables are expressed as mean ± standard deviation. For comparison of the endoleak rate, the continuity corrected chi-square test in a 2 × 2 table was used. A P-value of <0.05 was considered statistically significant.

| Characteristic          | N or mean     | %     |
|------------------------|--------------|-------|
| Age (years)            | 57.4 ± 13.3  | 83.1  |
| Male gender            | 49           | 83.1  |
| Main disease           |              |       |
| Aortic dissection      | 27           | 45.8  |
| Aortic arch aneurysm   | 9            | 15.3  |
| Pseudoaneurysm of the aortic arch | 4       | 6.8    |
| Aortic ulcer           | 18           | 30.5  |
| Proximal endoleak following TEVAR | 1      | 1.7    |
| Comorbidities          |              |       |
| Hypertension           | 44           | 74.6  |
| Coronary heart disease | 12           | 20.3  |
| Diabetes mellitus      | 5            | 8.5   |
| Cerebrovascular disease| 5            | 8.5   |
| Length of the proximal landing zone (mm) | 8.5 ± 2.2 |       |
| Diameter of the proximal landing zone (mm) | 30.2 ± 3.2 |       |

Table 1: Characteristics of 59 patients

TEVAR: thoracic endovascular aortic repair.

RESULTS

The technical success rate was 98.3% (58/59). A total of 69 aortic stent grafts were used. The diameter of aortic stent grafts was 32.8 ± 3.2 mm (range 24–42 mm), and the length was 172.9 ± 29.0 mm (range 80–230 mm). Chimney stent compression was observed in 3 patients and another stent was deployed inside the first one. A total of 62 chimney stents, including 55 bare and 7 covered stents, were deployed in 59 LSAs. The diameter of all chimney stents was 9.2 ± 1.3 mm (range 7–12 mm), and the length was 41.8 ± 6.5 mm (range 24–60 mm).

Immediate postoperative endoleak was detected in 9 cases (9/59, 15.3%) on postoperative aortogram, including 5 type I and 4 type II, in most (88.9%, 8/9) of which the lesion was located at the outer curve of the aortic arch (versus lesions located at the inner curve, P = 0.018). Perioperative complications included stroke (n = 2), distal left radial arterial occlusion (n = 1), and sharp chest and back pain possibly arising from acute spinal cord ischaemia (SCI; n = 1). The incidence rate of stroke was 3.4% (2/59). Characteristics
of the population detected on immediate postoperative endoleak are listed in Table 3.

Among the 59 subjects, 56 (91.5%) patients were successfully followed up with a median period of 16.5 months. During follow-up, 3 patients died. One died of abrupt haemoptosis of unclear reason. One died of a ruptured pseudoaneurysm secondary to surgical replacement of the thoraco-abdominal aorta for dissected aortic aneurysm 19 months after TEVAR. The other died of cerebral infarction 19 months after TEVAR. Five patients suffered from chimney stent collapse or occlusion, but no reintervention was needed. All the other patients showed good LSA patency (Fig.2).

Among the 9 cases with immediate endoleak, 3 resolved spontaneously, 3 diminished, 1 increased and the other 2 were stable without clinical consequences during follow-up. However, there were three newly generated endoleaks. The incidence rate of endoleak during follow-up was 14.3% (8/56).

**DISCUSSION**

In 2002, Criado et al. [8] used stent implantation to reconstruct covered aortic branch vessels. In 2003, Greenberg et al. [9] used this same method to treat abdominal aortic aneurysm with an insufficient proximal landing zone. To maintain blood flow of the renal artery, they implanted another renal stent parallel to the aortic stent graft. In 2007, Criado [10] systemically introduced this technique for aortic endovascular repair. Considering the parallel relationship of the stent in the branch vessel with the proximal stent graft in the aorta, the stent in the branch vessel was defined as the chimney stent, and the technique was named the chimney technique [11]. In the past few years, this technique has been increasingly reported to expand endograft repair in the aortic arch. However, reports about the chimney technique in TEVAR have been limited to small series with a short follow-up [7, 12]. This study may be the largest reported series about the application of the chimney technique in TEVAR at a single medical centre so far including mid-term results. We evaluated the available data regarding LSACSI in TEVAR and summarized our experience with it.

As we know, the LSA provides extensive circulation to the left upper limb, spinal cord and brain. Consequently, intentional coverage of this great vessel might not be physiologically tolerated. However, LSA coverage was necessary to achieve good proximal fixation for thoracic aortic pathologies with an insufficient
proximal landing zone. To keep antegrade blood supply to the LSA, both surgical and endovascular methods were attempted. While the result of surgical bypass was satisfactory, it was more invasive and had associated complications, which was not recommended for high-risk patients (e.g. comorbidities, advanced age or low cardiac function). The introduction of fenestrated and branched endografts has made it possible to preserve blood flow of the LSA with a totally percutaneous method. However, these stent grafts had to be custom-made based on the patients’ individual anatomy and were thus time-consuming, limiting their application in urgent situations. The chimney technique may be taken as a less invasive alternative not only in emergent cases, but also as a routine technique in TEVAR.

Concerning the indication of LSACSI in TEVAR, it can be applied in all cases requiring the LSA opening to be preserved after coverage of it in TEVAR, especially for those with dominant left vertebral artery and severely stenotic or occlusive right vertebral artery or congenital right vertebral artery dysplasia [13], and for those with left upper extremity dialysis access and pedicled left internal mammary grafts [14]. One patient with thoracic aortic aneurysm presented with dizziness, nausea and blood pressure elevation after the LSA was completely covered by the aortic stent graft. The chimney stent was instantly implanted into the LSA, and then symptomatic and antihypertensive treatments were provided. Although blood pressure returned to normal after a short time, the patient suddenly became unconscious despite 100% blood oxygen saturation, equally responsive pupils and normal blood gas results. Then left radial artery pulse diminution was detected. Urgent angiogram of the aortic arch and brachiocephalic arteries detected stenosis of the right internal carotid artery (70%) and the right vertebral artery (70%), and diminished antegrade LSA blood flow and LSA stealing, but no intracranial haemorrhage. After local anaesthesia was converted to general anaesthesia, the left brachial artery was exposed and punctured. The guidewire was inserted into the ascending aorta through the LSA. A Cook balloon catheter was deployed into the chimney stent to dilate it and another chimney stent was implanted. Completion ascending aortogram showed favourable LSA antegrade blood flow. However,

Table 2: TEVAR characteristics

| Characteristic                      | N or mean     | %   |
|-------------------------------------|---------------|-----|
| LSA diameter (mm)                   | 8.3 ± 2.4     |     |
| Distance between LSA and LVA (mm)   | 43.1 ± 3.2    |     |
| Diameter of chimney stents (mm)     | 9.2 ± 1.3 (7–12) |    |
| Length of chimney stents (mm)       | 41.8 ± 6.5 (24–60) | |
| Chimney stent implantation access   |               |     |
| Excision                            | 8             | 12.9|
| Percutaneous                        | 54            | 87.1|
| Two chimney stents                  | 3             | 5.1 |
| Two aortic stent grafts             | 10            | 16.9|
| Diameter of landing zones (mm)      | 29.5 ± 2.6    |     |
| Diameter of aortic stent grafts (mm)| 32.8 ± 3.2 (24–42)|  |
| Length of aortic stent grafts (mm)  | 172.9 ± 29.0 (80–230) | |
| Stent graft implantation access     |               |     |
| Excision                            | 62            | 89.9|
| Percutaneous                        | 7             | 10.1|
| Postoperative immediate endoleak    | 9             | 15.3|
| Stroke                              | 2             | 3.4 |
| Death during follow-up              | 3             | 5.1 |

LSA: left subclavian artery; LVA: left vertebral artery.

Table 3: Characteristics of the population detected with immediate postoperative endoleak

| Patient | Sex/age | Aortic pathology | Location of lesion | Procedural status | Endograft (type and size) | Endoleak type | Volume | Follow-up result | Chimney stent (type and size) | Volume | Follow-up result |
|---------|---------|------------------|--------------------|------------------|------------------------|---------------|--------|-----------------|-------------------------------|--------|-----------------|
| 1       | M/56    | AD (chronic)     | Outer curvature    | Elective          | E-vita 36 × 170        | Covered        | 8 × 40 | Ia Medium        | Chimney stent 36 × 40         | 8 × 40 | Resolved        |
| 2       | M/59    | AD (acute)       | Outer curvature    | Elective          | E-vita 33 × 170        | Covered        | 10 × 40| Ia Slight        | Chimney stent 33 × 40         | 10 × 40| Diminished      |
| 3       | M/79    | PAU              | Outer curvature    | Elective          | E-vita 36 × 230        | Covered        | 8 × 40 | Ia Slight        | Chimney stent 36 × 230        | 8 × 40 | Resolved        |
| 4       | M/60    | TAA, PAU         | Outer curvature    | Elective          | E-vita 36 × 250        | Bare/Sinus     | 10 × 40| Ia Slight        | Chimney stent 36 × 250        | 10 × 40| Diminished      |
| 5       | M/53    | AD (subacute)    | Inner curvature    | Elective          | Valiant 30 × 200       | Bare/Sinus     | 10 × 40| Ia Slight        | Chimney stent 30 × 200        | 10 × 40| Diminished      |
| 6       | M/51    | AD (subacute)    | Outer curvature    | Elective          | Valiant 33 × 180       | Bare/Sinus     | 10 × 40| Ia Slight        | Chimney stent 33 × 180        | 10 × 40| Diminished      |
| 7       | M/62    | IMH              | Outer curvature    | Elective          | E-vita 33 × 230        | Bare/Sinus     | 10 × 40| Ia Slight        | Chimney stent 33 × 230        | 10 × 40| Diminished      |
| 8       | M/65    | PAU, IMH (acute) | Outer curvature    | Elective          | E-vita 36 × 220        | Bare/Sinus     | 8 × 40 | II Slight        | Chimney stent 36 × 220        | 8 × 40 | Diminished      |
| 9       | M/41    | AD (subacute)    | Outer curvature    | Elective          | Captiva 30 × 150       | Bare/Sinus     | 8 × 40 | II Slight        | Chimney stent 30 × 150        | 8 × 40 | Diminished      |

AD: aortic dissection; TAA: thoracic aortic aneurysm; PAU: penetrating aortic ulcer; IMH: intramural haematoma.
postoperative brain CT scan showed bilateral cerebellar infarction of this patient. This further demonstrated the necessity of LSA revascularization during TEVAR for some patients with cerebrovascular disease.

SCI is a devastating complication after TEVAR [15]. Risk factors for SCI after TEVAR have been previously reported to include length of aortic coverage [16], prior abdominal aortic aneurysm repair, hypotension, iliac artery injury, renal failure and LSA coverage. For patients with both long aortic coverage and LSA coverage, LSA revascularization was necessary to maintain perfusion of the spinal cord. In this group, 13 cases had aortic coverage more than 230 mm in length and simultaneous LSA coverage. LSACSI was performed instantly to restore the blood supply of the LSA. There was no paraplegia observed in this group, which was consistent with the results of other studies [17]. Only one patient developed sharp back pain arising from suspected acute spinal cord ischaemia after the deployment of the aortic stent graft and LSA coverage, and the symptom resolved after LSACSI. We suggest that patients associated with risk factors for SCI as mentioned above should be considered for LSACSI in TEVAR.

Stroke is another major complication of intentional LSA coverage in TEVAR [18]. In this group, 2 patients developed abrupt loss of consciousness after deployment of the aortic stent graft and instantly LSACSI was performed. Postoperative CT scan of the brain demonstrated hemispheric cerebral infarction in both patients. The stroke rate in this group was 3.4% (2/59), which was unrelated with chimney stent implantation (CSI). The reported stroke rate in a review about the chimney-graft technique for preserving supra-aortic branches was 4% [17].

The chimney technique is expected to prevent an endoleak by prolonging the proximal landing zone. However, it was reported that the deployment of the chimney stent may potentially displace the aortic stent graft and even induce an endoleak [19]. Furthermore, the inadequacy of the proximal sealing zone has been reported to be a main cause of failure to exclude the entry tear or aneurysmal sac, especially when the tear or aneurysmal sac is located at the outer curvature of the aortic arch [20], potentially resulting in a type Ia endoleak. We observed 9 (9/59, 15.3%) immediate endoleaks, including 5 type I and 4 type II. The difference in the immediate endoleak rate related to the anatomy between the outer and the inner curvature was statistically significant (35 vs 4%, P = 0.018). Therefore, the chimney technique should not be recommended for aortic dissection with the tear or false lumen located at the greater curvature [21], or for a true aneurysm with fusiform intumesence [22]. In this case, endoleak management was very difficult. For endovascular abdominal aortic repair...
(EVAR), type I endoleak after the procedure can be treated by expanding the aortic stent graft and the chimney stent with a kissing balloon technique [23]. However, the safety of this approach in TEVAR needs further study.

It is reported that retrograde type A aortic dissection is a rare but lethal complication after TEVAR. The incidence rate of retrograde type A aortic dissection after TEVAR was ~2.5% [24]. One patient with acute type B aortic dissection in this group developed a type II endoleak after TEVAR, which can increase the shear stress on the aortic arch, strengthening interaction among the aortic stent graft, the chimney stent and the fragile aortic wall and causing retrograde type A aortic dissection 3.5 months after TEVAR. He was converted to open surgery and underwent total arch replacement combined with stented elephant trunk implantation.

It is crucial to select and deploy the aortic stent graft to achieve technical success. The radial supporting power of the aortic stent graft is positively associated with the long-term patency of the chimney stent. Reinforced stent grafts with no proximal bare components are more beneficial for the deployment of the chimney stent. Considering long-term patency, we do not recommend that the aortic stent graft go too far from the LSA opening. The LSA stent. Considering long-term patency, we do not recommend that the aortic stent graft go too far from the LSA opening. (EVAR). Type I endoleak after the procedure can be treated by EVAR, needs further study.

The chimney stent should also have a proper landing zone in the LSA. The proximal end of the chimney stent should properly exceed the proximal aortic stent graft (1 cm is better) to prevent the proximal aortic stent graft, followed by deployment of the chimney stent. The proximal end of the chimney stent should properly exceed the proximal aortic stent graft (1 cm is better) to prevent the opening from being covered by the aortic stent graft, and to prevent a too long anterior free segment to reduce thrombosis formation [7]. The chimney stent should also have a proper landing zone in the LSA.

The primary limitation of this study was that comparisons between the CSI group and supra-arch branch bypass combined with endograft implantation (hybrid procedure) group were not made. Though the preliminary result of the LSA chimney technique in TEVAR was satisfactory, it is necessary to evaluate whether this technique for aortic pathologies close to the LSA can improve the long-term outcome.

CONCLUSION

Short- and mid-term results showed that it is feasible to preserve the patency of the LSA in TEVAR with the chimney technique for thoracic aortic pathologies close to the LSA, especially for lesions in the lesser curvature of the aortic arch. However, we cannot come to any conclusion on which kind of chimney stent should be the first choice between covered and bare ones, and also between self-expandable and balloon-expandable ones. Further control studies are necessary to identify which kind of chimney stent should be the first choice.

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In the present article, the chimney technique was used for the left subclavian artery (LSA) in order to enlarge the landing zone for thoracic endovascular aortic repair (TEVAR) in 59 cases with thoracic aortic aneurysms (landing zone 2: between the left carotid and the LSA). Xue et al. [1] show the immediate and mid-term outcome data. The authors of the present article need to be acknowledged for presenting their honest data in this challenging patient cohort. As a matter of fact, using the chimney technique, the LSA was patent in most patients during the mid-term follow-up. They conclude that, using this method, it is technically achievable to keep the LSA patent.

Besides this technical success, the clinical relevance of this technique needs to be judged with more caution. The immediate and mid-term complication rate of these 59 patients is worrisome: we learned about at least 2 aortic deaths, limb perfusion problem, 2 strokes, a retrograde type A dissection, 9 early plus 8 late endoleaks and 1 spinal cord injury. One more patient died of a non-aortic reason (stroke 19 months after the procedure) and the follow-up comprises all but 3 patients. This outcome seems unfavourable. However, according to the definition of technical success given by the authors, most patients suffering from these complications can be summarized as ‘successfully’ treated. Similar findings on the chimney technique were reported in a summary of the published cases by Hogendoorn et al. [2].

When talking about technically achievable methods, we all know from our daily practice that technical success can differ from patient outcome in the short and long term. As one principle example, ultrasonic decalcification of the calcified aortic valve instead of prosthetic valve replacement was performed in several places decades ago. Brown and Davies [3] first reported about excellent immediate results with relief of valvular gradients without causing incompetence. Other surgeons followed, publishing technical success with this technique. Some years later, Craver reported that several initially successfully treated patients needed valve replacement only months or a few years later. Mid-term results in the Mayo Clinic and the Cleveland Clinic were similar [4], and the technique was abandoned for many years. Presently we know that decalcification of the aortic valve should only be done in rare indication and with great caution.

When looking at the chimney technique in TEVAR, it is not advisable to abandon this technique but we should rather identify those patients who might profit from it. Especially, the correlation of the morphology and aneurysm type to the outcome needs more precise data than given in the manuscript.