Inhibition of biofilm formation by alpha-mangostin loaded nanoparticles against *Staphylococcus aureus*

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**Abstract**

This study aimed to investigate the antibiofilm activity of alpha-mangostin (AMG) loaded nanoparticles (nanoAMG) against *Staphylococcus aureus*, including the methicillin-resistant strain MRSA252. The results indicated that treatment with 24 μmol/L nanoAMG inhibited the formation of biofilm biomass by 53–62%, compared to 40–44% for free AMG (p < 0.05). At 48 μmol/L, biofilms in all nanoAMG treated samples were nearly fully disrupted for the two tested strains, MRSA252 and the methicillin-sensitive strain NCTC6571. That concentration resulted in killing of biofilm cells. A lower concentration of 12 μmol/L nanoAMG inhibited initial adherence of the two bacterial strains by > 50%. In contrast, activity of nanoAMG was limited on preformed mature biofilms, which at a concentration of 48 μmol/L were reduced only by 27% and 22% for NCTC6571 and MRSA252, respectively. The effects of AMG or nanoAMG on the expression of biofilm-related genes showed some noticeable differences between the two strains. For instance, the expression level of ebpS was downregulated in MRSA252 and upregulated in NCTC6571 when those strains were treated with either AMG or nanoAMG. In contrast, the expression of fnbB was down regulated in NCTC6571, while it was up-regulated in the MRSA252. The expression of other biofilm-related genes (icaC, clfB and fnbA) was down regulated in both strains. In conclusion, our results suggest that AMG coated nanoparticles had enhanced biological activity as compared to free AMG, indicating that nanoAMG could be a new and promising inhibitor of biofilm formation to tackle *S. aureus*, including strains that are resistant to multiple antibiotics.

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1. **Introduction**

Biofilm-related bacterial infections cause significant problems, as bacteria in biofilms are more tolerant to antibiotics (Fey, 2010; Fleming and Wingender, 2009; Hall-Stoodley and Stoodley, 2009; Dastgheyb et al., 2014). Biofilm-producing bacteria account for about two-thirds of human bacterial infections. Therefore, novel strategies for battling clinically relevant biofilms are urgently needed.

*Staphylococcus aureus* (SA) biofilms are associated with chronic infections and contaminated medical devices, such as in native valve endocarditis, bone tissue infections, and chronically infected wounds. The presence of a biofilm renders the bacteria highly tolerant to antibiotics and capable of resisting phagocytosis (Kong et al., 2018; Archer et al., 2011). SA strains usually have either a polysaccharide intercellular adhesion (PIA)-associated biofilm or a protein-mediated biofilm, which depends on the strain and environmental conditions (Foulston et al., 2014; Phitaktim et al., 2016; Vergara-Ingaray et al., 2009; Oniciuc, et al., 2016; O’Neill et al., 2008; Burke et al., 2010; Speziale et al., 2014; Shivaee et al., 2019). Interestingly, protein-mediated biofilms seem to be formed frequently by highly virulent MRSA isolates, demonstrating a special role of this biofilm structure (O’Neill et al., 2008; Greenberg et al., 2008).
α-Mangostin (AMG) is a natural xanthone from mangosteen (Garcinia mangostana L) grown in Vietnam, and the pericarp is particularly rich in this compound. It has been reported to have valuable bioactive properties which includes antimicrobial, anti-inflammatory, anticancer, antifungal, antiviral, and antioxidant activities (Ibrahim et al., 2016; Wang et al., 2017). It is, for instance, an effective antimicrobial agent against biofilm-forming Streptococcus mutans, a cariogenic organism, through disruption of the development, acidogenesis, and/or the mechanical stability of S. mutans biofilms (Nguyen et al., 2014). Recently, it was found to inhibit biofilm production by Staphylococcus epidermidis, Acinetobacter baumannii and S. aureus biofilms, including MRSA strains (Nguyen et al., 2017; Sivaranjani et al., 2017; Sivaranjani et al., 2018). However, the potential use of AMG to prevent biofilm formation for clinical purposes is complicated due to its low water solubility. To improve its biological activity, we have prepared AMG loaded nanoparticles (nanoAMG) to enhance the availability of AMG and consequently to enhance its antibiofilm activity for application purposes (Gunasekaran et al., 2014; Koo et al., 2017; Rabin et al., 2015). AMG was tested in vitro for anti-biofilm activity using S. aureus strains MRSA252 (which forms protein-based biofilms) and NCTC6571 (polysaccharide-based biofilm) (Nguyen et al., 2017). We report for the first time the effects of synthesized nanoAMG on S. aureus adherence, biofilm formation and eradication, and the expression of genes involved in those processes.

2. Materials and methods

2.1. Bacteria and growth conditions

S. aureus (SA) strains, which included the standard strain NCTC6571 and the clinical isolate MRSA 252 (Holden et al., 2004), were aerobically cultured in tryptic soy broth (TSB) medium (Difco) at 37 °C. For biofilm growth, the medium was supplemented with 0.5% glucose (TSBg).

2.2. Isolation of AMG

AMG from G. mangostana peels was prepared as described elsewhere (Nguyen et al., 2017). The obtained AMG with a purity level exceeding 98% (HPLC) was identified by 1H and 13C – nuclear magnetic resonance (NMR).

2.3. Preparation of nanoAMG

AMG loaded polymeric nanoparticles were prepared using Tween 20 (Sigma) and PEG 400 (Sigma) based on a method described by Nguyen et al. (2020) NanoAMG was characterized using a dynamic light scattering machine (DLS - HORIBA SZ-100 analyzer, Germany). The nanoparticle sizes were in a range of 10–50 nm with a zeta potential value of ~35.20 mV and a polydispersity index (PI) was < 0.3 (Fig. A). The infrared spectrum data (Fig. B) showed the incorporation of AMG in the carriers (Nguyen et al., 2020).

2.4. Biofilm assay in 96-well microtiter plate

S. aureus was cultured overnight in TSBg and diluted for biofilm growth in 96-well polystyrene plates. To measure the effect of biofilm formation, different concentrations of AMG (stocks prepared in ethanol) or nanoAMG (prepared in water) were also added to the wells. The plates were then incubated at 37 °C on a 3-dimensional rocking plate. After 24 h of growth the medium was replaced with fresh medium containing the same concentration of AMG or nanoAMG, and the plates were incubated for a further 24 h. Planktonic cells were then removed and the biofilms were washed 3 times with sterile PBS. Next, the plates were dried for 1 h at 60 °C, and biofilms were stained with crystal violet solution (0.1% w/v) for 15 min. The crystal violet was then removed and the plates were washed gently with water. The absorbed crystal violet was dissolved in 30% v/v acetic acid and the absorbance was quantified at λ = 595 nm (A595) (Alhussein et al., 2013). To measure the effect of biofilm eradication, cells were first grown in the absence of AMG or nanoAMG for 24 h, and then the medium was replaced with fresh medium containing different concentrations of AMG or nanoAMG. The plates were incubated for a further 24 h, and the biofilms were then washed, stained, and quantified as above.

2.5. Bacterial adhesion assay

The quantification of bacterial adhesion was performed by using the crystal violet staining technique according to Rodrigues et al., (2006). The adhesion tests were performed by dispensing 200 μL of bacterial suspensions, prepared as previously described, in a 96 well polystyrene microtiter plate. The time of contact for the adhesion of cells to polystyrene was 4 h. Unattached cells were removed by washing the wells three times with water, and the adherent microorganisms were fixed with 200 μL of methanol for 15 min. The wells were then stained for 15 min with 200 μL of crystal violet (1% w/v aqueous solution), rinsed under the running tap water and left to dry. The bound dye was resuspended with 200 μL of glacial acetic acid (33% v/v) and the absorbance of each well was measured using an automated plate reader (Thermomate) at 630 nm.

2.6. Confocal microscopy

Polyvinyl plastic coverslips (22 mm × 22 mm) were sterilized in absolute isopropanol and then dried and placed in a 6-well culture plate. An aliquot (2 mL) of a diluted bacterial suspension in TSBg was added. To test inhibition of the formation of biofilms, AMG was added to the wells at the start of biofilm growth. To test disruption and/or killing of preformed biofilms, biofilms were grown for 24 h, followed by removal of planktonic cells and addition of fresh medium containing nanoAMG. The 6-well plate was incubated at 37 °C for a further 24 h, then the culture medium was removed and the coverslips were washed 3 times with sterile water. To assess the effectiveness of the agents, biofilms were stained with 0.3% v/v LIVE/DEAD BacLight mixture of dye solution in sterile water. The coverslips were left for 15 min in the dark prior to washing again with sterile water. Then the coverslips were mounted on glass slides and sealed with nail varnish. Stained biofilms were observed using laser scanning confocal fluorescence microscopy (Olympus, Tokyo, Japan). The image data were processed with Imaris software (Bitplane AG, Zürich, Switzerland).

2.7. Reverse transcription quantitative PCR (qRT-PCR)

qRT-PCR was performed to evaluate the expression of the selected fnbA, fnbB, ebpS, icaC, clfB genes that are related to biofilm adhesion and synthesis by S. aureus. These genes were found to have the biggest changes in expression level compared to other genes during biofilm formation by SA (Atshan et al., 2013). The time point of 24 h biofilm growth was chosen for treatment based on data reported by Atshan et al. (2013). In this experiment, biofilms were grown in 24 well plastic plates (Costar, USA) in presence of the test agents at 12 μmol/L for 24 h. After treatment, biofilms were washed twice with 0.9% NaCl. The adhering bacterial cells in each well were disrupted and resuspended in cold sterile double distilled water by rapidly scraping them from the plate surface using sterile micropipette tips and the suspensions were immedi-
PCR primers sequences.

For gene quantitative real-time PCR, the PCR mixtures (20 μL) contained 1 μL of cDNA, primers (1 μM concentration, Table 1), and 10 μL TOPreal™ qPCR 2X PreMIX (SYBR Green with low ROX) master mix. The replication process involved denaturation step at 95 °C for 10 s, followed by 35 cycles of 95 °C for 15 s, 60 °C for 20 s, and 72 °C for 20 s. Each measurement was performed in three independent experiments. Data were analyzed using Bio-Rad CFX manager software and calculation of gene expression levels were normalized to the signal of the reference gene 16S rRNA.

2.8. Statistical analysis

Data are presented as the mean ± standard deviation (SD). The Student’s t-test was used to calculate the significance of the difference between the mean expression of experimental and control samples. The level of significance was set at 5%.

3. Results

3.1. Biofilm formation and eradication

Strong biofilm production by SA is an important virulence factor of this organism. The effect of nanoAMG on biofilm formation by SA NCTC6571 and MRSA252 was measured in 96-well polystyrene plates. The test agents were added into the culture medium at the beginning of biofilm growth to analyse activity against biofilm formation (Fig. 1).

The results showed that at a concentration of 12 μmol/L, nanoAMG (black bars) showed an inhibition of biofilm biomass, up to about 42% and 25% for NCTC6571 and MRSA252 strains, respectively. This inhibition was less when the samples were treated with free AMG (white bars; about 24% and 10% inhibition, respectively). At the concentration of 24 μmol/L, nanoAMG still showed a stronger inhibitory activity by reducing biofilm biomass up to 62% and 53% for NCTC6571 and MRSA252 strains, respectively, while treatment with AMG resulted in inhibition of 44% and 39%, respectively. Treatment with 48 μmol/L nanoAMG resulted in disrupted biofilms up to 80% for the both strains. To verify if the activity of nanoAMG was solely due to AMG, or whether the carrier also influenced the results, the unloaded carrier was also tested. This, however, did not have any activity (data not shown).

When testing biofilm eradication, i.e. adding the compounds after 24 h of biofilm growth, AMG and nanoAMG were far less effective, and the biomass in the biofilms was reduced only by 27% and 22% when treated with nanoAMG at a concentration as high as 48 μmol/L for the NCTC6571 and MRSA 252, respectively (Fig. 2). This was, however, still better than free AMG, which did not have any activity against preformed biofilms.

3.2. Effects on bacterial adherence

Bacterial adherence is an initial step for biofilm formation. One of the strategies to control biofilm-related infections is to prevent both tissue colonization and biofilm formation by inhibiting bacterial adhesion. In this experiment, the effect of AMG and nanoAMG on the initial adherence of bacteria on polystyrene surface was investigated. The results in Fig. 3 show that both AMG and nanoAMG strongly inhibited bacterial adherence to polystyrene of both SA NCTC6571 and MRSA252. AMG at a concentration of 12 μmol/L inhibited about 33% and 42% for MRSA252 and NCTC6571, respectively, while the nanoAMG inhibited up to 54% and 65%, respectively.

3.3. Cell death

To determine the efficacy of nanoAMG to kill S. aureus cells in biofilms, bacteria were grown for 48 h on polystyrol coverslips (22 mm × 22 mm) in TSBg medium containing nanoAMG at a concentration of 48 μmol/L, with the medium being replaced with fresh nanoAMG-containing medium after 24 h. The biofilms were then analysed using two fluorescent nucleic acids staining agents, SYTO 9 and propidium iodide (PI). The treated biofilms clearly fluorescence red, which indicates that the bacteria are dead, whereas the fluorescence of the S. aureus biofilm was mainly green in the control samples without treatment (Fig. 4). This observation was similar to that of free AMG which was reported previously (Nguyen et al., 2017).

3.4. Gene expression

Recently, AMG was reported to suppress biofilm accumulation by SA strains (Nguyen et al., 2017). However, the effects of AMG/nanoAMG on the expression of genes responsible for biofilm formation by SA have not been investigated, especially in SA strains with different biofilm structures (polysaccharide-based and protein-based biofilms). Therefore, in this study, we profiled the transcription of the selected genes involved in biofilm formation by SA under treatment with AMG or nanoAMG at 12 μmol/mL. Atshan et al. (2013) reported a number of genes that were found to be highly overexpressed during biofilm growth, which were icAC, clfB, fnbA, fnbB and ebpS. These genes were therefore selected to study the effects of AMG and nanoAMG. The data presented in Table 2 show the interesting result that ebpS was downregulated in MRSA252, but upregulated in NCTC6571, while the reverse was observed for fnbB. The genes icAC, clfB and fnbA were down regulated in both SA strains.

4. Discussion

>80% of human bacterial infections are reportedly biofilm associated (Song et al., 2018). It is clear that microbial biofilms are largely responsible for the resistance of many infections to conventional antimicrobial therapies. Natural compounds that exhibit antibiofilm activity have been documented previously.
Hassk at a concentration of approximately 100 mg/ml in the pericarps of the tropical fruit mangosteen, has been reported at a concentration of 0.1 mg/ml (Song et al., 2018).

namomum zeylanicum could inhibit biofilm formation by 80% in different concentration of 12 µmol/L for 4 h at 37 °C. The adhered bacteria were assessed by staining with 0.1% crystal violet solution, which was then dissolved with 30% acetic acid and followed by measuring the absorbance at λ = 595 nm (A595). Data are expressed as the mean ± standard deviation. Data marked with * are significantly different with p < 0.05 and ** with p < 0.01.

Effect of nanoAMG on initial adherence of S. aureus NCTC6571 (□) and MRSAS252 (■). Bacteria were grown in TSBg media containing AMG and nanoAMG at different concentrations for 4 h at 37 °C. The adhered bacteria were assessed by staining with 0.1% crystal violet solution, which was then dissolved with 30% acetic acid and followed by measuring the absorbance at λ = 595 nm (A595). Data are expressed as the mean ± standard deviation. Data marked with * are significantly different with p < 0.05.

NanoAMG inhibits biofilm formation by SA strains NCTC6571 (A) and MRSAS252 (B). AMG (□); nanoAMG (■). Biofilms were grown in TSBg media containing AMG and nanoAMG at different concentrations for 24 h at 37 °C. Biofilm biomass was assessed by staining with 0.1% crystal violet, which was then dissolved with 30% acetic acid and followed by measuring the absorbance at λ = 595 nm (A595). Data are expressed as the mean ± standard deviation. Data marked with * are significantly different with p < 0.05 and ** with p < 0.01.

For example, myricetin and proanthocyanidin from cranberry decreased the production of insoluble extracellular polymeric substance (EPS) by 80% in S. mutans (Kim et al., 2015). Furthermore, rhodomyrtone from the leaves of Rhodomyrtus tomentosa (Aiton) Hassk at a concentration of approximately 100 µM could inhibit biofilm formation by S. epidermidis ATCC 35,984 and S. pneumoniae (Saising et al., 2011). Eugenol from Syzygium aromaticum and Cinnamomum zeylanicum could inhibit biofilm inhibition by S. aureus on polystyrene and stainless steel (52.8 and 19.6%, respectively) at a concentration of 0.1 mg/ml (Song et al., 2018).

AMG, a valuable bioactive xanthone compound that is enriched in the pericarps of the tropical fruit mangosteen, has been reported to possess anti-biofilm activity against S. mutans and S. aureus, including MRSA strains, through the disruption of biofilm formation at concentrations of 100 µM (Nguyen et al., 2014, 2017). However, the potential use of AMG on preventing the biofilm formation is problematic due to its low solubility, leading to a low bioavailability. In this study, to overcome this limitation, polymeric nanoparticles of AMG were synthesized and these were, for the first time, tested for antibiofilm activity on two SA strains including the reference strain NCTC6571 and the multiresistant strain MRSAS252. These strains were chosen as they have different biofilm structures, forming polysaccharide and protein-based biofilms, respectively.

NanoAMG inhibits preformed biofilm by SA strains NCTC6571 (A) and MRSAS252 (B). AMG (□); nanoAMG (■). Biofilms were grown in TSBg media containing AMG and nanoAMG at different concentrations for 24 h at 37 °C. Biofilm biomass was assessed by staining with 0.1% crystal violet solution, which was then dissolved with 30% acetic acid and followed by measuring the absorbance at λ = 595 nm (A595). Data are expressed as the mean ± standard deviation. Data marked with * are significantly different with p < 0.05 and ** with p < 0.01.

NanoAMG inhibits preformed biofilm by SA strains NCTC6571 (A) and MRSAS252 (B). AMG (□); nanoAMG (■). Biofilms were grown in TSBg media containing AMG and nanoAMG at different concentrations for 24 h at 37 °C. Biofilm biomass was assessed by staining with 0.1% crystal violet, which was then dissolved with 30% acetic acid and followed by measuring the absorbance at λ = 595 nm (A595). Data are expressed as the mean ± standard deviation. Data marked with * are significantly different with p < 0.05.

AMG coated nanoparticles for different therapeutic purposes have also been studied. Pan-In et al. (2014, 2015) have successfully synthesized nanoAMG to treat Propionibacterium acne and Helicobacter pylori. Yao et al. (2016) have prepared nanoAMG using polyethylene glycol-polyactic acid as a delivery system to treat Alzheimer’s disease. The nanoparticles improved distribution in organs such as the brain and liver. Ramadhan and Krisanti (2018) reported a AMG nanoemulsion that penetrated the skin layer up to 12 µg/cm². For treatment of oral diseases, Zhou et al. (2016) and Ren et al. (2019) reported the use of cationic, pH-responsive p(DMAEMA)-b-p(DMAEMA-co-BMA-co-PAA) block copolymer micelles of the natural compound farnesol with high affinity for dental and biofilm surfaces and efficient anti-bacterial drug release in response to acidic pH, characteristic of cariogenic (tooth-decay causing) biofilm microenvironments. So far, the synthesis of nanoAMG for the treatment of biofilms related to diseases had not been implemented. By using a modified method for the preparation of polymeric...
nanoparticle of AMG, we successfully synthesized nanoAMG particles with sizes in the range of 10–50 nm and enhanced solubility compared to free AMG (of which solubility in water is only 0.2 mg/mL) (Aisha et al., 2012). The data indicated that the particles exhibited a clearly improved inhibitory activity against biofilm production by SA strains as compared to the unloaded AMG, especially in the early stages of biofilm formation. On preformed (24 h) biofilms, however, the bacteria were more recalcitrant to AMG and nanoAMG, which may be caused by their limited diffusion into the biofilms of SA strains. Nevertheless, nanoAMG showed an enhanced antibiofilm activity as compared to free AMG on both biofilm formation and biofilm eradication, indicating that AMG availability was improved by using a nanoparticle formulation.

In our previous study we found that the two SA strains had different sensitivity to AMG in which MRSA252 is more resistant to AMG than NCTC6571. The biofilm structures of two these strains are different, as MRSA252 produces EPS mainly containing protein, whereas the EPS of NCTC6571 mainly contains polysaccharides (Nguyen et al., 2017). The difference in biofilm structure may relate to the AMG sensitivity of two these strains and we hypothesized that the proteinaceous biofilm matrix of MRSA252 provides better protection by binding AMG. To this purpose we analysed the expression of several biofilm-related genes in the two strains that were treated with AMG or nanoAMG. There were some interesting differences when comparing the two strains with each other. Firstly, the expression of icaC was suppressed to a much greater extent in NCTC6571 as compared to MRSA252. This gene encodes a transporter that is involved in the production of the biofilm adhesin poly-beta-1,6-N-acetyl-D-glucosamine (PNAG) (Atkin et al., 2014). PNAG is also likely to be the main constituent of the polysaccharide-based matrix of NCTC6571, while, as mentioned before, the extracellular matrix of MRSA252 mainly contains protein. Thus, it seems likely that AMG or nanoAMG has a greater effect on the EPS of NCTC6571 as compared to MRSA252. This
could explain the increased sensitivity to AMG or nanoAMG of the former strain, which supports our hypothesis that sensitivity to AMG/nanoAMG is be related to the composition of the EPS. Another curious observation was that after treatment with AMG or nanoAMG, fnbB expression was clearly down-regulated in NCTC6571 but this gene was up-regulated in MRSA252. The gene product of fnbB appears to be responsible for increased levels of resistance observed in highly resistant subpopulations of heterogeneous MRSA, suggesting fnbB may play a role in the response to environmental conditions (Aedo and Tomasz, 2016). In contrast, the expression of ebpS was suppressed in MRSA252 but enhanced in NCTC6571. It is known that the gene product of ebpS is involved in binding of SA to the host protein elastin, thereby facilitating attachment, colonization, and invasion of the bacteria. Moreover, ebpS also plays a role in the regulation of growth of S. aureus (Downer et al., 2002). However, it is at this stage not clear what these results with fnbB and ebpS expression mean in relation to the response to AMG or nanoAMG, and further research is required to explain these observations. The other genes tested relating to bacterial adhesion included cjfb and fnbA (Lim et al., 2015), which were down-regulated in both SA strains after treatment with AMG or nanoAMG. Taken together, our data provide new findings indicating a relationship between AMG resistance and biofilm structure, and we show a number of genes that are involved in this.

We also speculated that, because nanoAMG appears more effective than AMG, that this might be reflected in differences in gene expression in the biofilm-related genes. However, while absolute levels of gene expression did vary to some degree when comparing the two drug formulations, there was no clear pattern in this, which is probably a reflection of the complex multifactorial process of biofilm formation. We should also point out that the differences in sensitivity to AMG or nanoAMG between the strains is fairly subtle, and of course other genes are also involved in the regulation of biofilm formation. For instance, McCarthy et al. (2015) indicated that the release of cell surface expression of a number of sortase-anchored proteins and the major autolysin have been implicated in the biofilm phenotype of MRSA isolates. Obviously, more investigations on the genes involved in biofilm pathways are necessary to fully understand the actions of AMG and nanoAMG on biofilm synthesis by SA strains for practical application.

5. Conclusions

Our findings suggest that incorporation of AMG into polymer nanoparticles potentially results in better efficacy for biofilm treatment, especially at early phases of biofilm formation by SA, including MRSA. It seems to have a relationship between AMG resistance and biofilm structure as well, as there are genes that are involved in this. Nevertheless, for fully understand of action mechanisms and therapeutic application, further work on the antibiofilm activity of nanoAMG, for instance, mixed biofilm models, and in vivo studies regarding toxicity, pharmacokinetic profile and bioavailability are still needed.

Authors’ contributions

NTMP designed the project, supervised and performed the experiments, analyzed data and wrote the manuscript. AB revised the research and the manuscript. NTHM performed the experiments, and analyzed data. All authors have read and approved the final manuscript.

Declaration of Competing Interest

The authors declare that they have no competing interests.

Acknowledgments

The authors are highly appreciative of the NAFOSTED grant 106-NN.02-2016.19 for financial support. We thank A/Prof. Anh Van Thi Nguyen and MSc. Son Van Chu for help with qRT-PCR analysis.

Appendix A. Supplementary material

Supplementary data to this article can be found online at https://doi.org/10.1016/j.sjbs.2020.11.061.

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