On the Norm Equivalence of Lyapunov Exponents for Regularizing Linear Evolution Equations

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Abstract

We consider the top Lyapunov exponent associated to a dissipative linear evolution equation posed on a separable Hilbert or Banach space. In many applications in partial differential equations, such equations are often posed on a scale of nonequivalent spaces mitigating, e.g., integrability ($L^p$) or differentiability ($W^{s,p}$). In contrast to finite dimensions, the Lyapunov exponent could apriori depend on the choice of norm used. In this paper we show that under quite general conditions, the Lyapunov exponent of a cocycle of compact linear operators is independent of the norm used. We apply this result to two important problems from fluid mechanics: the enhanced dissipation rate for the advection diffusion equation with ergodic velocity field; and the Lyapunov exponent for the 2d Navier–Stokes equations with stochastic or periodic forcing.

1. Introduction

Consider the linear evolution equation
\[
\frac{d}{dt} v(t) = L(t)v(t), \quad v(0) = v_0,
\] posed on a Banach space $(B, \| \cdot \|_B)$, where $L(t)$ is a time-varying, closed linear operator (potentially unbounded). Let us assume (1) is globally well-posed and it gives rise to an evolution semigroup $S(t)$, namely, a bounded family of solution operators $S(t) : B \to B, t \geq 0$, such that $v(t) = S(t)v_0$ is the unique solution to (1) for all fixed initial $v_0 \in B$.

The Multiplicative Ergodic Theorem (MET) is a powerful tool for characterizing the asymptotic behavior of systems such as (1) in the case when $L(t)$ depends on the value of some auxiliary stationary process, e.g., when $L(t)$ is random with probabilistic law independent of $t$. In this setting and under some mild conditions...
on the operators $S(t)$, the MET asserts that for ‘typical’ realizations of $t \mapsto L(t)$, there exists a value $\lambda_1 \in [-\infty, \infty)$ and a finite-codimensional subspace $F \subset B$ such that, for all $v_0 \in B \setminus F$,

$$\lambda_1 = \lim_{t \to \infty} \frac{1}{t} \log \|S(t)v_0\|_B .$$

As $B \setminus F$ is open and dense in $B$, it follows that the growth rate $\lambda_1$ is experienced by ‘typical’ initial $v_0$. For further details and a review of the MET in this setting, see Sect. 2.1 below.

Linear evolution equations such as (1) cover a broad variety of time-dependent dissipative linear PDE. In this paper, we consider the following example settings:

(i) the advection diffusion equation for a passive scalar advected by a velocity field evolving according to a “statistically stationary” evolution equation, e.g., the 2d Navier–Stokes equations with either time-periodic or stochastic forcing; and

(ii) the first variation (linearization) of the 2d Navier-Stokes equations with either time-periodic or stochastic forcing.

We will discuss both of these examples in more detail in Sect. 1.1 below. Other relevant examples that can be treated (though not discussed) in this setting are: the kinematic dynamo equation governing the advection and diffusion of a magnetic field in a flow, as well as the first variation equation of a wide class of forced dissipative semilinear parabolic problems, including reaction diffusion equations, magnetohydrodynamics (MHD), and various dissipative wave equations (see [75] and [15] for examples and descriptions of these models and more).

Lyapunov exponents along scales of norms

For globally well-posed linear evolution equations as above, it is common to have global well-posedness on a scale of Banach spaces $(B_\alpha, \|\cdot\|_{B_\alpha})$ for $\alpha \in [a, b] \subset \mathbb{R}$ such that $B_\beta$ is embedded in $B_\alpha$ for all $\alpha < \beta$. Such scales of spaces might capture varying degrees of integrability, e.g., $L^p$ spaces, or spatial regularity, e.g., Sobolev spaces $W^{r,p}$ or Besov spaces $B^r_{p,q}$. Each $B_\alpha$ comes equipped with its own norm $\|\cdot\|_{B_\alpha}$ with respect to which one can compute Lyapunov exponents, and so apriori, the same evolution equation (1) might possess an entire range of Lyapunov exponents

$$\lambda_1(B_\alpha) = \lim_{t \to \infty} \frac{1}{t} \log \|v(t)\|_{B_\alpha} ,$$

depending on the scale parameter $\alpha$.

It is evident from (2) that for a finite-dimensional Banach space, the choice of norm has no effect on the value of $\lambda_1$: in this case, local compactness implies that all norms on $B$ are equivalent up to a multiplicative constant which vanishes under the limit of $\frac{1}{t} \log$. Thus it is often said that in the finite dimensional setting, Lyapunov exponents are intrinsic to the underlying system in that they do not depend on the choice of norm. However, local compactness is false in infinite dimensions, and so it is possible that $\lambda_1(B_\alpha)$ could depend nontrivially on the scale parameter $\alpha$. This casts doubt on the ‘intrinsic’ nature of Lyapunov exponents in the infinite
dimensional setting, especially when there is no natural or otherwise physically relevant choice for the space $B_\alpha$.

The following is an informal statement of the main result of this paper:

**Informal Theorem.** Let $(B_\alpha)_{\alpha \in [a, b]}$ be a nested family of Banach spaces, each with separable dual. Assume that

(a) $B_\beta \subset B_\alpha$ is dense for all $a \leq \alpha < \beta \leq b$;

(b) $S(t) : B_\alpha \to B_\alpha$ is a compact (hence bounded) linear operator for all $\alpha \in [a, b]$; and

(c) $\sup_{t \in [0, 1]} \|S(t)\|_\alpha$ satisfies a logarithmic moment condition with respect to the stationary law governing $L(t)$.

Then, for all $\beta \in [a, b]$ and $v_0 \in B_\beta \setminus \{0\}$, the limit

$$\lambda(v_0) = \lim_{t \to \infty} \frac{1}{t} \log \|S(t)v_0\|_{B_\alpha}$$

exists and does not depend on $\alpha$.

This result affirms the idea that for such systems, the Lyapunov exponent is an intrinsic feature of the system, independent of the choice of norm $\| \cdot \|_{B_\alpha}$. For full statements, see Sect. 2.2. See Sect. 2.3 for a literature review of prior work on this topic.

**Remark 1.1.** (Time-transient behavior) Suppose that we are in the setting of the theorem above, and let $\epsilon > 0$, $\beta \in [a, b]$, and a vector $v_0 \in B_\beta$ be fixed; we define

$$T_{\epsilon, \beta}(v_0) = \min \left\{ T > 0 : \left| \frac{1}{t} \log \|S(t)v_0\|_{B_\beta} - \lambda(v_0) \right| < \epsilon \text{ for all } t \geq T \right\}.$$ 

The value $T_{\epsilon, \beta}(v_0)$ is, roughly speaking, the time it takes for the exponent $\lambda(v_0)$ to be ‘realized’ in the norm of $B_\beta$ to within accuracy $\epsilon$. While our main results give conditions under which the asymptotic value $\lambda(v_0)$ is independent of the norm $\| \cdot \|_{B_\beta}$, the value $T_{\epsilon, \beta}(v_0)$ can and will, in general, depend on the norm. Indeed, a prime example of this dependence is passive scalar advection; see the discussion in Sect. 1.1.1 below. Nevertheless, under stronger but realistic conditions it is possible to compare these timescales between norms: see Sect. 2.1.4 and Corollary 2.8 in Sect. 2.2.1 for precise statements.

### 1.1. Applications

This paper contains several applications of the main result to systems of interest in fluid dynamics. We will discuss these applications and their physical relevance below, deferring detailed statements to Sect. 4. While several simplifying assumptions are made, e.g., working with periodic domains without boundary, we note that many of the main ideas discussed below remain valid in broader generality. Moreover, while we work with Hilbert regularity spaces $H^s$, much of what we show can also be done in spaces like $W^{s,p}$ and $B^{s,p}_p$, which often carry more precise regularity information.
1.1.1. Lyapunov Exponents for Passive Scalar Advection

Let $d > 1$ and let $u : [0, \infty) \times \mathbb{T}^d \to \mathbb{R}^d$ be a time dependent, incompressible velocity field on the torus $\mathbb{T}^d$, which for the purposes of this discussion will be assumed to be $C^\infty$ in $x$ locally uniformly in $t$. Let $f(t, x)$ be a solution to the passive scalar advection equation

$$\partial_t f + u \cdot \nabla f = \kappa \Delta f, \quad f(0, x) = f_0(x)$$

for a given mean-zero initial scalar $f_0 : \mathbb{T}^d \to \mathbb{R}$. This equation models the advection of the scalar density $f_0$ (e.g., a dilute chemical concentration or small temperature variation) by a fluid with velocity field $u(t, x)$ taking into account molecular diffusivity $\kappa > 0$. Equation (3) is globally well-posed on the Sobolev space $H^r$ for any $r \in \mathbb{R}$, and so gives rise to a linear (nonautonomous) semiflow $S(t) : H^r \to H^r$ of bounded linear operators. Here, $H^r$ is viewed as a Hilbert space of mean-zero functions (or distributions, if $r < 0$) $g : \mathbb{T}^d \to \mathbb{R}$ with the homogeneous Sobolev norm $\|f\|_{H^r} = \|(-\Delta)^{r/2} f\|_{L^2}$ and corresponding inner product $(\cdot, \cdot)_{H^r}$.

When $t \mapsto u(t, \cdot)$ evolves according to some ergodic, stationary process, e.g., the Navier–Stokes equations with spatially regular, time-periodic or stochastic forcing, the Lyapunov exponent

$$\lambda_1(H^r) = \lim_{t \to \infty} \frac{1}{t} \log \|f(t)\|_{H^r}$$

exists in $[-\infty, \infty)$ with probability 1 for all sufficiently regular initial velocity profiles $u_0$ and for an open and dense set of initial scalars $f_0$.

In the mathematical literature on advection diffusion, special interest is often taken in interpretations of the growth or decay of $\|f(t)\|_{H^r}$ for various values of $r$. When $\kappa = 0$, the $H^1$ norm is naturally connected to the strength of shear-straining in the fluid (see (5) below), while the $H^{-1}$ norm and other negative Sobolev norms measure the degree to which the scalar $f_t$ has been uniformly “mixed” into the fluid—see, e.g., [22,53,58,74]—and are related to the decay of correlations of the Lagrangian flow associated to the velocity $u$. The addition of diffusion ($\kappa > 0$) somewhat complicates these interpretations: when advection generates small scales, diffusion can effect decay of the $L^2$ norm on time scales faster than the diffusive one. This is known in the mathematics literature as enhanced dissipation; this effect has been studied in both the physics [8,26,51,55,67] and (somewhat more recent) mathematics literature [2,3,6,7,18,29,81,89,90].

Despite such varied interpretations of the measurement of various norms, in this manuscript we prove the following (see Theorem 2.6 below for a precise statement):

**Informal Theorem.** Assume $\kappa > 0$ and that $u(t, \cdot)$ is an ergodic, stationary process and $\int_0^1 \|u(t, \cdot)\|_{H^r} \, dt$ satisfies a moment condition for some $\gamma > \frac{d}{2} + 1$. Then, $\lambda(H^s)$ exists for all $s \in [-\gamma, \gamma]$ and does not depend on $s$. In particular,

$$\lambda_1(H^1) = \lambda_1(L^2) = \lambda_1(H^{-1}).$$  

(4)
For a full statement, see Theorem 4.2 in Sect. 4.2 below. To our knowledge, ours is the first proof of this fact for passive scalar advection, although we note that it has been predicted before, e.g., by numerical evidence in the recent paper [62], as well as in [60].

**Additional discussion and context**

The case \( \kappa = 0 \). Key to the validity of (4) is compactness of the solution linear operators \( S^t : H^r \rightarrow H^r \) for (3) when \( \kappa > 0 \). A clear example is provided in the case \( \kappa = 0 \); in this case, (3) is still globally well-posed on \( H^r \) for all \( r \), and by the method of characteristics one has

\[
 f(t) = S(t) f_0 = f_0 \circ (\varphi_t)^{-1}
\]

for all \( f_0 \in L^2 \), where \( \varphi_t : \mathbb{T}^d \rightarrow \mathbb{T}^d \) is the Lagrangian flow associated to the velocity field \( u \). Note that in this case, \( S(t) : L^2 \rightarrow L^2 \) cannot be compact, as it is unitary: \( (S(t)f, S(t)g)_{L^2} = (f, g)_{L^2} \) for all \( f, g \in L^2 \) by incompressibility. In particular, for the \( L^2 \) Lyapunov exponent, \( \| f(t) \|_{L^2} = \| f_0 \|_{L^2} \) for all \( t \geq 0 \), hence \( \lambda_1(L^2) = 0 \). On the other hand,

\[
\| f(t) \|_{H^1} = \| (D\varphi_t)^{-T} \nabla f \|_{L^2}
\]

by incompressibility. When the Lagrangian flow \(\varphi_t\) associated to \( u \) has a positive Lyapunov exponent on a positive volume, i.e.,

\[
\text{Leb} \left\{ x \in \mathbb{T}^d : \limsup_{t \to \infty} \frac{1}{t} \log \| D_x \varphi_t \| > 0 \right\} > 0,
\]

then \( \| f(t) \|_{H^1} \) can grow exponentially fast, hence \( \lambda_1(H^1) > 0 \). It was recently shown by the authors and J. Bedrossian in [5] that when \( u \) solves the stochastic Navier–Stokes equations with nondegenerate, white-in-time forcing, the LHS of (6) has full Lebesgue measure with probability 1.\(^1\)

**L^2 and H^1 decay rates.** When \( \kappa > 0 \), standard heat equation energy estimates for the \( L^2 \) norm immediately imply

\[
\lambda_1(L^2) \leq -\kappa < 0,
\]

and therefore our result implies the same holds true for \( \lambda_1(H^1) \). At first glance, this might be surprising in light of the tendency of (32) to form large gradients. It is however consistent with the energy estimate

\[
\int_0^\infty \kappa \| \nabla f(s) \|_{L^2}^2 ds < \infty,
\]

requiring time integrability of \( \| f(t) \|_{H^1} \) over \([0, \infty)\) for \( \kappa > 0 \). We emphasize, though, that \( \lambda_1(H^1) < 0 \) refers only to time asymptotic behavior, and does not

\(^1\) Despite a wealth of numerical evidence, in the absence of noise it is a notoriously challenging open problem to prove that positivity of Lyapunov exponents for incompressible systems of practical interest. This is already the case for low-dimensional discrete-time toy models [19] of Lagrangian flow such as the Chirikov standard map [16], for which the analogue of (6) is a wide-open problem—see, e.g., the discussion in [10, 21].
rule out transient growth in $H^1$ on some ($\kappa$-dependent, potentially quite long) time scale after which the diffusion dominates (c.f. Remark 1.1 and Sects. 2.1.4, 2.2.1).

$H^{-1}$ decay rates. In [3–5], the authors proved the following exponential decay estimate for (32) when $u$ solves the 2d stochastic Navier-Stokes equation (or any of a large class of noisy evolution equations):

$$\|f(t)\|_{H^{-1}} \leq D_\kappa e^{-\gamma t} \|f_0\|_{H^1}.$$  

Here the deterministic constant $\gamma > 0$ is independent of $\kappa$ and the random variable $D_\kappa \geq 1$ has $\kappa$-independent expectation. Using that $S(t)$ instantly regularizes $H^{-1}$ to $H^1$ for $t > 0$, this readily implies that

$$\lambda_1(H^{-1}) \leq -\gamma < 0.$$  

In light of our main result and the results of [3], we conclude that, for the stochastic Navier–Stokes equations and related models, all Sobolev norms (including $L^2$) eventually decay no slower than the uniform-in-$\kappa$ exponential decay rate $\gamma > 0$ (perhaps after an initial $\kappa$-dependent period of transient growth). This $\kappa \to 0$ singular limit bears a striking similarity to the stochastic stability of the so-called Ruelle-Pollicott resonances associated to stationary hyperbolic flows [27].

Remark 1.2. We emphasize that we are not the first to apply the MET and related ideas to passive scalar advection. Froyland et al. have developed data-driven algorithms for identifying coherent structures in incompressible fluids [33], with applications in the forecasting of oceanic features such as persistent gyres in the Atlantic ocean [78]. Justifying the use of these algorithms required extending the MET for compositions of possibly noninjective linear operators, addressed in [32] in finite dimensions and, e.g., [38] in infinite dimensions. Additional applications of the MET in this vein include the exploration of almost-sure statistical properties for random compositions of mappings [23, 24].

1.1.2. Lyapunov Exponents for the Navier–Stokes Equations Let $u(t, x)$ be a mean-zero divergence free velocity field solving the Navier–Stokes equations on the periodic box $\mathbb{T}^2$,

$$\partial_t u + (u \cdot \nabla)u = v \Delta u - \nabla p + F, \quad \text{div } u = 0,$$

where $F$ is some spatially smooth, white-in-time or time-periodic forcing term, $v > 0$ is fixed, and $p$ denotes the pressure that enforces the divergence-free condition. Under appropriate conditions on the forcing, for all $r \geq 0$ this nonlinear evolution equation gives rise to a stochastic semiflow of $C^1$ Frechet-differentiable mappings $\Phi^t: H^r \to H^r$, where $H^r$ denotes the Sobolev space of $H^r$ (weakly) divergence-free fields ($r = 0$ corresponding to $L^2$). Here, $\omega$ denotes the history of the driving path. Given an initial $u_0 = u(0, \cdot)$ and an initial divergence-free $v_0 \in H^r$, the $v_0$ derivative $v_t = (D_{u_0} \Phi^t)v_0$ solves the linearized Navier–Stokes equations

$$\partial_t v + (u \cdot \nabla)v + (v \cdot \nabla)u = v \Delta v - \nabla q, \quad \text{div } v = 0,$$
with initial data \( v_0 \). When \( F \) is deterministic and time-periodic or when \( F \) is stochastic and white-in-time, the MET applies: under mild additional conditions, the \( H^r \) Lyapunov exponent

\[
\lambda_1(H^r) = \lim_{t \to \infty} \frac{1}{t} \log \| v_t \|_{H^r}
\]

exists with probability 1 and for ‘typical’ initial velocity fields \( u_0 \), where \( v_0 \) is drawn from an open and dense subset of \( H^r \). Since we are working with a first variation equation, the value \( \lambda_1(H^r) \) represents the asymptotic exponential rate at which nearby trajectories converge (\( \lambda_1 < 0 \)) or diverge (\( \lambda_1 > 0 \)) in the \( H^r \) norm as time progresses.

In the study of the 2d Navier–Stokes equations it is often useful to formulate the equation in terms of vorticity \( w = \text{curl} \ u \),

\[
\partial_t w + (u \cdot \nabla) w = \nu \Delta w + \text{curl} \ F,
\]

or in terms of the stream function \( \psi = \Delta^{-1} \text{curl} \ u \), which is the Hamiltonian for the velocity field \( u = \nabla \perp \psi = (-\partial_y \psi, \partial_x \psi) \). Depending on the variable considered, it is natural to study the associated growth of the perturbation in \( L^2 \) of the associated variable. Hence, measuring the linearization in \( H^1, L^2 \) or \( H^{-1} \) corresponds to measuring the linearization in \( L^2 \) for the vorticity, velocity, or stream function formulations of the equation.

In the inviscid case (\( \nu = 0 \)), it is known that the stability of the equation is strongly dependent on the whether one is considering \( L^2 \) of vorticity, velocity or the stream function with some perturbation being stable in \( L^2 \) of the stream function, but not in \( L^2 \) of velocity or vorticity due to the generation of high-frequencies due to mixing effects. For the viscous problem \( \nu > 0 \), we prove in this paper the following:

**Informal Theorem.** Assume that \( u(t, \cdot) \) solve the Navier–Stokes equations with forcing \( F \) (either time-periodic or white-in-time) and that the resulting process on velocity fields is (statistically) stationary and ergodic. Assume \( \int_0^1 \| u(t, \cdot) \|_{H^{r+2}} dt \) has finite moments for some \( r > 2 \). Then, \( \lambda(H^r) \) exists for all \( s \in [-r+1, r+1] \) and does not depend on \( s \). In particular,

\[
\lambda_1(H^1) = \lambda_1(L^2) = \lambda_1(H^{-1}).
\]

For full details, see Theorem 4.12 in Sect. 4.3.

There is a long and extensive literature on the linear stability or instability of stationary (time independent) solutions to the Euler and Navier–Stokes equations; see, e.g., the textbooks [14,25,42,73,86]. Lyapunov exponents, which can be viewed as analogous to spectra for nonstationary flows, have been employed extensively in the study of semilinear parabolic problems such as Navier–Stokes, for instance in providing upper bounds on the dimension of the global attractors— see, e.g.,

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\(^2\) When \( F \) is white-in-time and satisfies mild nondegeneracy conditions (e.g., those in [41]), the value \( \lambda_1(H^r) \) does not depend on \( u_0 \). When \( F \) is time-periodic it is possible that \( \lambda_1(H^r) \) depends on \( u_0 \). For more details and discussion, see Sect. 4 below.
Ruelle and Takens proposed dynamical chaos, of which a positive Lyapunov exponent is a natural hallmark, as a mechanism involved in the transition to turbulence [56,71]. To this end, Ruelle established an extension of smooth ergodic theory to dissipative parabolic problems such as Navier–Stokes [70] (see also, e.g., [11,52,54]). For numerical studies of Lyapunov exponents in turbulent regimes, see, e.g., [20,87].

Plan for the paper
Sect. 2 covers necessary background from ergodic theory and a full statement of our main abstract result, Theorem 2.6, the full proof of which is given in Sect. 3. Full statements and proofs of the assertions in Sect. 1.1 above are given Sect. 4.

2. Abstract Setting and Statement of Results

2.1. Background on the Multiplicative Ergodic Theorem (MET)

The MET is a theorem in ergodic theory, the study of measure-preserving transformations (mpt’s) of a probability space. Here we briefly recall a few basic definitions and the statement of the MET itself, and will afterwards provide the full statement of our main result. Additional context and a brief review of literature is given at the end of Sect. 2.1.

2.1.1. Setting

Let \((X, \mathcal{F}, m)\) be a probability space: here \(X\) is a set, \(\mathcal{F}\) a \(\sigma\)-algebra of subsets of \(X\), and \(m\) a probability measure. We say that a measurable transformation \(T : X \to X\) (possible noninvertible) is an mpt if \(m \circ T^{-1} = m\), i.e., \(m(T^{-1}A) = m(A)\) for all \(A \in \mathcal{F}\). We can interpret the invariant measure \(m\) as characterizing “equilibrium statistics” for the dynamics described by \(T\): if \(x_0\) is an \(X\)-valued random variable with law \(m\), and given any observable \(\varphi : X \to \mathbb{R}\), then the random variables

\[\varphi(x_0), \varphi \circ T(x_0), \ldots, \varphi \circ T^k(x_0), \ldots\]

all have the same law, i.e., \(\{\varphi \circ T^k(x_0)\}_{k \geq 0}\) a stationary sequence.

We say that \(T : (X, \mathcal{F}, m) \otimes \) is ergodic if, for any \(A \in \mathcal{F}\), the invariance relation \(T^{-1}A = A\) implies \(m(A) = 0\) or \(1\). Ergodicity is a form of irreducibility: the phase space \(X\) cannot be partitioned into two pieces of positive \(m\)-mass which never exchange trajectories.

Example 2.1. Let \(B\) be a separable Banach space and let \(T : B \to B\) be a continuous mapping, e.g., the time-1 solution mapping to a possibly nonlinear, well-posed evolution equation on \(B\). If \(\mathcal{A} \subset B\) is a compact, \(T\)-invariant subset\(^3\), e.g., a global attractor for \(T\), then there exists at least one \(T\)-invariant, Borel probability measure

\(^3\) We call \(\mathcal{A}\) a \(T\)-invariant set if \(T^{-1}A \supseteq A\).
supported on $\mathcal{A}$. Indeed, for any fixed $x_0 \in \mathcal{A}$, any subsequential weak* limit of the sequence
\[
\frac{1}{n} \sum_{i=0}^{n-1} \delta_{T^i x_0}
\]
is $T$-invariant. By standard arguments, it follows that there also exist ergodic $T$-invariant probability measures supported on $\mathcal{A}$.

2.1.2. The MET

Let $B$ be a separable Banach space with norm $\| \cdot \|_B$. The MET concerns cocycles of operators, which for our purposes are compositions of the form
\[
A^n_x = A(T^{n-1}x)A(T^{n-2}x) \cdots A(Tx)A(x), \quad n \geq 1, x \in X,
\]
where $A : X \to L(B)$, $L(B)$ the space of bounded operators on $B$, is the generator of the cocycle. We view the composition $A^n_x$ as being “driven” by the dynamics $T : X \to X$. The MET describes the asymptotic exponential growth rates
\[
\lambda(x, v) := \lim_{t \to \infty} \frac{1}{t} \log \| A^n_x v \|_B,
\]
where they exist, as $x$ ranges over $m$-typical initial conditions in $X$ and $v \in B \setminus \{0\}$. For simplicity, we assume below that $A_x$ is compact for all $x \in X$; otherwise, we make no additional assumptions, e.g., on the injectivity of $A_x$ (we follow the convention that $\log 0 = -\infty$). Many proofs of the MET in this setting exist; the following is taken from [52]; see also [72].

**Theorem 2.2.** (MET for compact cocycles) Let $T : (X, \mathcal{F}, m) \otimes$ be an mpt. Assume that $A : X \to L(B)$ is strongly measurable and that $A(x)$ is a compact linear operator on $B$ for all $x \in X$. Lastly, assume the log-integrability condition
\[
\int \log^+ \| A(x) \|_B \, dm(x) < \infty.
\]
Then, for every $\lambda_c > -\infty$, there exists a (i) function $r_{\lambda_c} : X \to \mathbb{Z}_{\geq 0}$; (ii) for each $i \geq 1$, a function $\lambda_i : \{ x : r_{\lambda_c}(x) \geq i \} \to \mathbb{R}$ satisfying
\[
\lambda_1(x) > \cdots > \lambda_{r_{\lambda_c}}(x) \geq \lambda_c;
\]

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4 That such weak* limits exist follows by compactness of $\mathcal{A}$. That such limiting measures are $T$-invariant is straightforward to check; see, e.g., Lemma 2.2.4 of [80]. The above procedure is often referred to as the Krylov-Bogolyubov argument for the existence of $T$-invariant measures [48].

5 E.g., Proposition 4.3.2 of [80] and the Krein-Milman Theorem, paragraph I.A.22 in [85].

6 When $B$ is separable, we say that $x \mapsto A_x$ is strongly measurable if it is Borel measurable w.r.t. the strong operator topology on $L(B)$, or equivalently, when $x \mapsto A_x v$ is a Borel measurable mapping for each fixed $v \in B$. For a summary of alternative measurability requirements for the MET, see, e.g., [79].
and (iii) at m-a.e. \( x \in X \) a filtration

\[
B =: F_1(x) \supseteq F_2(x) \supseteq \cdots \supseteq F_{r_\lambda_c}(x) \supseteq \bar{F}_\lambda_c(x)
\]

by closed, finite-codimensional, measurably varying\(^7\) subspaces \( F_i(x), \bar{F}_\lambda_c(x) \) such that

\[
\lambda(x, v) = \lambda_i(x) \quad \text{for all } 1 \leq i \leq r_\lambda_c(x) - 1 \text{ and } v \in F_i(x) \setminus F_{i+1}(x),
\]

\[
\lambda(x, v) = \lambda_{r_\lambda_c}(x)(x) \quad \text{for all } v \in F_{r_\lambda_c}(x) \setminus \bar{F}_\lambda_c(x),
\]

and

\[
\lim_n \frac{1}{n} \log \| A_n \|_{\bar{F}_\lambda_c} \|_B \leq \lambda_c
\]

for m-a.e. \( x \in X \).

The functions \( r_\lambda_c(x), \lambda_i(x) \) are constant along m-a.e. trajectory, as are the codimensions \( M_i(x) := \text{codim } F_{i+1}(x) < \infty \). Moreover, when \( T : (X, \mathcal{F}, m) \otimes \) is ergodic, \( r_\lambda_c \) and the values \( \lambda_1, \cdots, \lambda_{r_\lambda_c} \) are constant over m-a.e. \( x \in X \).

It is immediate that the \( F_i(x) \) are invariant in the sense that

\[
A_x(F_i(x)) \subset F_i(Tx) \quad \text{for } m - \text{a.e. } x.
\] \(^8\)

Note that we allow the inclusion to be strict. Observe also that

\[
d_i(x) := M_i(x) - M_{i-1}(x) = \text{codim } F_{i+1}(x) - \text{codim } F_i(x)
\]

is the codimension of \( F_{i+1}(x) \) in \( F_i(x) \); we refer to \( d_i(x) \) as the multiplicity of \( \lambda_i(x) \).

### 2.1.3. Lyapunov Exponents

The values \( \{\lambda_i\} \) are called Lyapunov exponents, while the collection of them is referred to as the Lyapunov spectrum, in analogy with the spectrum of a single closed operator. The value \( \lambda_c \) is a cutoff, past which we do not resolve the spectrum further, while adjusting the value \( \lambda_c \) lower can potentially ‘uncover’ additional Lyapunov spectrum (i.e., \( r_\lambda_c \) increases as \( \lambda_c \) decreases). Define

\[
r(x) = \lim_{\lambda_c \to -\infty} r_{\lambda_c}(x) = \sup_{\lambda_c \in \mathbb{R}} r_{\lambda_c}(x) \in \mathbb{Z}_{\geq 0} \cup \{\infty\}.
\] \(^{11}\)

To simplify the discussion below, assume \( T : (X, \mathcal{F}, m) \otimes \) is ergodic, so that \( r \) and the \( \{\lambda_i\} \) are constants. We distinguish three scenarios:

---

\(^7\) Throughout, we consider the space of closed subspaces of \( B \) with the Hausdorff metric \( d_{\text{Haus}} \) of unit spheres; see (17) for details. Here, we are asserting that \( x \mapsto F_i(x) \) is Borel measurable w.r.t. the topology induced by \( d_H \).

\(^8\) Some authors refer to the property (9) as equivariance.
(a) No Lyapunov exponents are uncovered \((r_\mu = 0\) for all values of cutoff \(\lambda_\mu\)). In this case, 
\[
\lambda(x, v) = -\infty
\]
for a.e. \(x \in X\) and all \(v \in B\). When this occurs, we follow the convention 
\[
\lambda_1 = -\infty, \quad F_1(x) := B, \quad r = 0.
\]
(b) Finitely many Lyapunov exponents \(\lambda_1 > \cdots > \lambda_r > -\infty, \quad r \in \mathbb{Z}_{\geq 1}\) are uncovered. Each exponent corresponds to a member of the filtration 
\[
B := F_1(x) \supseteq F_2(x) \supseteq \cdots \supseteq F_r(x) \supseteq F_{r+1}(x) \supseteq \{0\}
\]
such that \(\lambda(x, v) = \lambda_i\) for all \(i \leq r, \quad v \in F_i(x)/F_{i+1}(x)\), while \(\lim_{n} \frac{1}{n} \log \|A^n_x|_{F_{r+1}(x)}\| = -\infty\). In this case, we follow the convention \(\lambda_{r+1} = -\infty\).
(c) Infinitely many Lyapunov exponents \(\lambda_1 > \lambda_2 > \cdots\) are uncovered. In this case, compactness of \(A(x), \quad x \in X\) (see, e.g., discussion after Corollary 2.2 in [70]) implies that \(\lim_i \lambda_i = -\infty\), and each exponent corresponds to a member of the filtration 
\[
B := F_1(x) \supseteq F_2(x) \supseteq \cdots \supseteq F_i(x) \supseteq \cdots
\]
for which \(\lambda(x, v) = \lambda_i\) for all \(i \geq 1, \quad v \in F_i(x)/F_{i+1}(x)\). The (possibly trivial) closed space \(F_\infty(x) := \cap F_i(x)\) has the property that \(\lim_{n} \frac{1}{n} \log \|A^n_x|_{F_\infty(x)}\| = -\infty\). In this case we follow the convention \(r = \infty\).

We note that in all three scenarios, the codimension \(\text{codim} \quad F_i\) is constant along trajectories \(\{T^k x\}_{k \geq 0}\), while if \((T, m)\) is ergodic, \(\text{codim} \quad F_i(x)\) is constant \(m\)-almost surely.

Remark 2.3. When \(T : (X, \mathcal{F}, m) \supset ne\) nonergodic, the limiting value \(r(x)\) in (11) depends on \(x \in X\). In particular, \(X\) can be subdivided into the \(T\)-invariant (possibly empty) sets \(\{r(x) = 0\}, \{1 \leq r(x) < \infty\}\) and \(\{r(x) = \infty\}\) along which each of scenarios (a)–(c) holds, respectively.

Remark 2.4. These scenarios are analogous to the situation for the spectrum \(\sigma(K)\) of a compact linear operator \(K\) on \(B\): (a) when \(\sigma(K) = \{0\}\) (e.g., \(K\) is a compact shift operator); (b) when \(\sigma(K)\) is a finite set containing \(\{0\}\) (e.g., \(K\) is finite rank); and (c) when \(\sigma(K)\) is countable and accumulates only at \(\{0\}\) (e.g., \(K = \Delta^{-1}\) is the inverse Laplacian on \(L^2([0, 1])\) with Dirichlet boundary conditions). Indeed, when \(A_x \equiv K\) is a fixed compact operator not depending on \(x\), the \(\lambda_i\) are precisely the logarithms of the absolute values of the elements of \(\sigma(K)\), while the \(F_i\) are direct sums of the corresponding generalized eigenspaces.

Example 2.5. Let \(T : B \rightarrow B\) be a continuous mapping as in Example 2.1 admitting a compact invariant set \(A \subset B\) and an invariant Borel probability \(m\). Assume in addition that \(T\) is \(C^1\) Fréchet differentiable, and that the derivative \(D_x T\) is a compact linear operator (as is the case for a broad class of dissipative parabolic evolution equations [76]). Theorem 2.2 applies to the cocycle generated by \(A(x) = D_x T \in L(B)\) (note that by our assumptions, \(x \mapsto \log^+ |D_x T|\) is a continuous function and
\(A\) is compact, so (8) holds automatically). It follows that for \(m\text{-a.e. } x \in X\) and for all \(v \in B\), the limit
\[
\lambda(x, v) = \lim_{n \to \infty} \frac{1}{n} \log \|D_x T^n v\|_B \in [-\infty, \infty)
\]
exists, and if finite, equals one of the values \(\lambda_i(x)\).

### 2.1.4. Rate at Which Lyapunov Exponents are “Realized”

The MET guarantees convergence of the exponential rates \(\lambda(x, v)\) for \(x \in X, v \in B\) as in equation (7), but this convergence can be badly nonuniform in \(x \in X\). While little can be said at this level of generality, we can at least quantify this nonuniformity as we show below.

To fix ideas, assume \((T, m)\) is ergodic and \(r > 0\) (scenarios (b) or (c) in Sect. 2.1.3). Fix an \(i \in \{1, \ldots, r\}\), so by the statement of the MET we have that \(\lambda(x, v) = \lambda_i\) for all \(v \in F_i(x) \setminus F_{i+1}(x)\). With additional work, it is possible to show (see [11]) that for any \(\varepsilon > 0\), one has
\[
\|A^n_x v\|_B \leq \overline{D}_\varepsilon(x) e^{n(\lambda_i + \varepsilon)} \|v\|_B,
\]
where
\[
\overline{D}_\varepsilon(x) := \sup_{n \geq 0} \frac{\|A^n_x|_{F_i(x)}\|_B}{e^{n(\lambda_i + \varepsilon)}}
\]
is finite for \(m\text{-a.e. } x \in X\).

For corresponding lower bound, note that the convergence of \(\lambda(x, v)\) to \(\lambda_i\) should be slower as \(v\) approaches \(F_{i+1}(x)\). To account for this, given \(v \in B \setminus \{0\}\) and a closed subspace \(F \subset V\), write \(\angle_B(v, F)\) for the unique “angle” in \([0, \pi/2]\) such that
\[
\sin \angle_B(v, F) = \inf_{w \in F} \frac{\|v - w\|_B}{\|v\|_B}.
\]
Then,
\[
\frac{\|A^n_x v\|_B}{\|v\|_B} \geq (\overline{D}_\varepsilon(x))^{-1} e^{n(\lambda_i - \varepsilon)} \sin \angle_B(v, F_i+1(x)),
\]
where
\[
\underline{D}_\varepsilon(x) := \sup_{n \geq 0} \sup_{v \in B \setminus F_{i+1}(x)} \frac{e^{n(\lambda_i - \varepsilon)} \sin \angle_B(v, F_i+1(x))}{\|A^n_x v\|_B}
\]
is again \(m\)-almost surely finite.

Define
\[
\underline{D}_\varepsilon := \max\{\overline{D}_\varepsilon, \underline{D}_\varepsilon\}, \quad \Gamma_\ell := \{D_\varepsilon \leq \ell\}, \ell > 1.
\]
The sets $\Gamma_\ell \subset X$ are sometimes referred to as uniformity sets or Pesin sets: when $\varepsilon$ is chosen sufficiently small, for any fixed $\ell > 1$ we have

$$\|A^n_x v\|_B \approx_\ell e^{n\lambda_1} \|v\|_B$$

uniformly over all $x \in \Gamma_\ell$ and $v \in F_i(x) \setminus F_{i+1}(x)$ with $\angle^B(v, F_{i+1}(x))$ bounded away from 0, up to the multiplicative constant $\ell$ and ignoring the slowly-growing factors $e^{n\varepsilon}$. This can be very useful, e.g., in smooth ergodic theory where the exponential expansion/contraction along various directions of $B$ is used to construct stable/unstable manifolds of smooth systems (see references below). Unfortunately, despite their importance, little else can be said about $D_\varepsilon$ without additional assumptions.

2.1.5. Additional Background and Context for the MET

The MET for stationary compositions of $d \times d$ matrices was first proved by Oseledets [63] in the late 60’s, although investigations on the properties of IID products of $d \times d$ matrices date from the early 60’s [35, 36]. There are now many proofs available—see, e.g., [66, 69, 82] and [32]. Since then the MET has been extended in several directions, e.g., to the asymptotic behavior of random walks on semisimple Lie groups [43] and on spaces of nonpositive curvature [44].

One of the most significant impacts of the MET has been in smooth ergodic theory, the study of the ergodic properties of differentiable mappings. For such systems, the MET implies the existence of stable and unstable subspaces in the moving frames along “typical” trajectories of the dynamics. Pesin discovered [65, 69] soon after that these could be used in the construction of stable and unstable manifolds, generalizing directly from the classical theory of stable/unstable manifolds for equilibria and periodic orbits. This development is at the core of our contemporary understanding of chaotic dynamical systems and the fractal geometry of strange attractors [28]. For more discussion, see, e.g., the textbook [1] or the surveys [64, 84, 88].

A part of Ruelle’s work in [70] was a version of the MET for stationary compositions of Hilbert space operators. By now, there are many works extending the MET to various infinite-dimensional settings. Highlights include extensions to stationary products of compact linear operators on a Banach space [57], dropping the compactness assumption [77], versions of the MET suited to the first variation equations of SPDE [52, 72], and a version of the MET for compositions of operators drawn from a vonNeumann algebra [12]; see also, e.g., [9, 37, 79].

2.2. Statement of Main Results

To start, we will assume

(a) $(B, \| \cdot \|_B)$ is a Banach space and $V \subset B$ is a dense subspace;
(b) The space $V$ is equipped with its own norm $\| \cdot \|_V$ such that

$$\| \cdot \|_B \leq \| \cdot \|_V;$$
(c) Both \((B, \| \cdot \|_B)\) and \((V, \| \cdot \|_V)\) have separable duals. In particular, \((B, \| \cdot \|_B)\)
and \((V, \| \cdot \|_V)\) are separable by a standard argument.

Additionally,
1. \(T : (X, \mathcal{F}, m) \circlearrowleft\) is an mpt;
2. \(A : X \to L(B)\) is strongly measurable and \(A(x) \in L(B)\) is compact for all \(x \in X\);
3. The restriction \(A(x)|_V\) has range contained in \(V\) and is a compact linear operator \(V \to V\), and moreover, \(x \mapsto A(x)|_V\) is strongly measurable \(X \to L(V)\); and finally,
4. The operator \(A(x)\) satisfies the log-integrability condition regarded on both \((B, \| \cdot \|_B)\) and \((V, \| \cdot \|_V)\), i.e.,
\[
\int \log^+ \|A(x)\|_B dm(x) < \infty \\
\int \log^+ \|A(x)\|_V \|_V dm(x) < \infty
\]

Under (1)–(4), the MET as in Theorem 2.2 applies to \(A^n\) regarded as a cocycle on either \(B\) or \(V\). Below, for either of \(W = B\) or \(V\) we write \(\lambda^n W, r^W\) and \(F^n V\) for the objects in Theorem 2.2 applied to \(A^n\) regarded as a cocycle on \(W\).

**Theorem 2.6.** Under (1)–(4), we have that \(r^V(x) = r^B(x)\) for \(m\)-a.e. \(x \in X\). Writing \(r(x)\) for this common value, the following holds for all \(i \geq 1\) and \(m\)-a.e. \(x \in \{r \geq i\}\):
\[
\lambda_i^V(x) = \lambda_i^B(x) \quad \text{and} \quad F_i^V(x) = F_i^B(x) \cap V.
\]

In particular, for \(m\)-a.e. \(x \in X\) and all \(v \in V\), we have that
\[
\lim_{n \to \infty} \frac{1}{n} \log \|A^n v\|_B = \lim_{n \to \infty} \frac{1}{n} \log \|A^n v\|_V.
\]

Note also that scenarios (a), (b) and (c) above are carried over from \(B\) to \(V\). For instance, in the ergodic case, \(\lambda_1^B = -\infty, r^B = 0\) (our convention for scenario (a)) holds if and only if \(\lambda_1^V = -\infty, r^V = 0\).

**Example 2.7.** (i) Let \(T : B \to B\) be a \(C^1\) Frechet differentiable mapping with compact invariant set \(A \subset B\) as in Examples 2.1 and 2.5. Assume \(V \subset B\) is a dense embedded subspace, \(\| \cdot \|_V \geq \| \cdot \|_B\). If \(A(x) = D_x T\) satisfies assumptions (1)–(4) above, then Theorem 2.6 applies: writing \(\lambda^W(x, v) = \lim_{n \to \infty} \frac{1}{n} \log \|D_x T^n v\|_W\) for \(x \in A, v \in B\) and \(W = V\) or \(B\), it follows that
\[
\lambda^V(x, v) = \lambda^B(x, v) \quad \text{for \(m\) a.e.} \quad x \in A, \quad \text{and all} \quad v \in B.
\]

(ii) When \(T\) is the time-1 mapping for a dissipative semilinear parabolic problem, e.g., the 2d Navier–Stokes equations, one typically works with a scale of Banach spaces \(B_\alpha, \alpha \in [a, b] \subset \mathbb{R}, B_\alpha \subset B_\beta\) for \(\alpha < \beta\), e.g., the Sobolev spaces \(B_\alpha = W^{a,2}_\alpha = H^a\). Fixing \(B = B_\alpha\) and \(V = B_\beta\), it is often the case that \(D_x T : B \to B\) is compact, and that \(D_x T\) restricted to \(V\) maps into \(V\) and is similarly compact; this is a consequence of parabolic regularity for the first variation (linearization) equation. In particular, Theorem 2.6 applies. See Sect. 4 for more details in the case of 2d Navier–Stokes.
2.2.1. Comparison of Uniformity Sets  It is natural to attempt to compare the rate at which Lyapunov exponents are realized between the norms of $B$ and $V$. Fix $i \geq 1$ and assume $m\{r \geq i\} > 0$. Fix $\varepsilon > 0$ and let $\overline{D}^B_\varepsilon, D^W_\varepsilon, W = B, V$ be as in (12), (14), respectively (note that we have not assumed $(T, m)$ is ergodic, so $\lambda_i(x)$ can depend on $x$). Since $\|\cdot\|_B \leq \|\cdot\|_V$, it is of interest to bound $\overline{D}^V_\varepsilon$ from above by $DB_\varepsilon$ and $D^B_\varepsilon$ from above by $D^V_\varepsilon$. We prove such a comparison under the following additional assumption:

(5) For all $x \in X$, the range of $A_x : B \rightarrow B$ is contained in $V$ and is bounded as a linear operator $(B, \|\cdot\|_B) \rightarrow (V, \|\cdot\|_V)$. Moreover, assume that for some $p > 3$ we have that

\[
\log^+ \|A_x\|_{B \rightarrow V} \in L^p(m).
\]  

Corollary 2.8. Assume the setting of Theorem 2.6 and additionally that (16) above holds. For any $\delta > 0$, there exists a function $K_\delta : \{r \geq i\} \rightarrow \mathbb{R}_{\geq 1}$ such that

\[
\overline{D}^V_\varepsilon(x) \leq K_\delta(x)\overline{D}^B_{\varepsilon+\delta}(x) \quad \text{and} \quad D^B_\varepsilon(x) \leq K_\delta(x)D^V_\varepsilon(x)
\]

hold for any $\varepsilon > 0$ and $m$-a.e. $x \in \{r \geq i\}$. The function $K_\delta$ satisfies the moment estimate

\[
\int_{\{r \geq i\}} (\log^+ K_\delta)^q \, dm \lesssim_p q \delta^{-(p-q)}(1 + \log^+ \varphi\|_{L^p(m)}) \quad \text{for all} \quad q < \frac{p(p-3)}{p-1},
\]

where $\varphi(x) := \|A_x\|_{B \rightarrow V}$.

That is, while usually one has little control over $\overline{D}^W_\varepsilon, D^W_\varepsilon$, these terms are comparable between $W = B$ and $V$, in a way that can be made explicit in terms of the $L^p$-norm of $\log^+ \|A_x\|_{B \rightarrow V}$. Viewing $V$ as a “higher regularity” subspace of $B$ (c.f. the discussion in Sect. 1.1), condition (5) has the connotation that $A_x$ regularizes initial data from $B$ into $V$. This condition is natural for linear cocycles derived from dissipative parabolic PDE, and holds for all the applications covered in Sect. 4 below.

Proof of Corollary 2.8 assuming Theorem 2.6. We restrict attention to the lower bound for $D^B_\varepsilon$; the upper bound on $\overline{D}^V_\varepsilon$ is easier and omitted for brevity. Moreover, we assume below that $(T, m)$ is ergodic, so the value $r \geq i$ and the Lyapunov exponents $\lambda_i$ are almost-surely constant (the non-ergodic case is treated similarly and is omitted for brevity).

To start, observe that for $v \in F_i^V(x)$, we have

\[
\|A^n_x v\|_B \geq \|A^{n+1}_x v\|_V \|A^{T_n x}\|^{-1}_B \|v\|_V \sin \angle (v, F^V_{i+1}(x)).
\]

Since $\|\cdot\|_B \leq \|\cdot\|_V$, it holds directly from (13) that

\[
\|v\|_V \angle^V (v, F^V_{i+1}(x)) \geq \|v\|_B \angle^B (v, F^V_{i+1}(x)).
\]
Since $V$ is dense in $B$ and $F_{i+1}^V = V \cap F_{i+1}^B$, the closure of $F_{i+1}^V$ in $B$ coincides with $F_{i+1}^B(x)$, hence $\angle^B(v, F_{i+1}^V(x)) = \angle^B(v, F_{i+1}^B(x))$. We conclude that

$$\|A^p_{x}v\|_B \geq \left( \frac{D^V_{\epsilon}(x)\|AT^x_{,x}\|_{B \rightarrow V}}{\epsilon} \right)^{-1} e^{n(\lambda_1 - \epsilon)} \cdot \|v\|_B \sin \angle^B(v, F_{i+1}^B(x)).$$

The above estimate holds uniformly over $v \in F_{i+1}^V(x)$, and so by density of $F_{i+1}^V(x)$ in $F_{i}^B(x)$ we conclude the same holds for $v \in F_{i}^B(x)$.

It remains to bound $\|AT^x_{,x}\|_{B \rightarrow V}$ from above. Below, we write “$\lesssim_p$, $\lesssim_{p,q}$” for bounds up to a universal multiplicative constant depending only on $p$, and/or $q$ and independent of all other parameters, e.g., $\delta$. With $G_n := \{ x \in X : \|AT^x_{,x}\|_{B \rightarrow V} > e^{n\delta} \}$, we have

$$m(G_n) = m(\log^+ \|AT^x_{,x}\|_{B \rightarrow V} > n\delta) \leq \frac{\| \log^+ \varphi \|_{L^p(m)}^p}{(n\delta)^p}$$

by Chebyshev’s inequality, where $\varphi(x) := \|AT^x_{,x}\|_{B \rightarrow V}$. Since $p > 3 > 2$, it holds that $\sum m(G_n) < \infty$, hence

$$N_{\delta}(x) := \max\{ n \geq 0 : \|AT^x_{,x}\|_{B \rightarrow V} > e^{n\delta} \}$$

is almost-surely finite by the Borel-Cantelli Lemma, with the tail estimate

$$m\{ N_{\delta} > n \} \leq \sum_{\ell = n+1}^{\infty} m(G_\ell) \lesssim_p \delta^{-p} n^{-\frac{p+1}{p}} \| \log^+ \varphi \|_{L^p(m)}^p.$$ 

For $m$-a.e. $x$, we now have

$$\|AT^x_{,x}\|_{B \rightarrow V} \leq e^{n\delta} \cdot \left( 1 \vee \max_{0 \leq i \leq N_{\delta}} \|AT^x_{,x}\|_{B \rightarrow V} \right) := e^{n\delta} K_{\delta}(x).$$

Plugging $K_{\delta}$ into our previous estimate, we conclude $D^B_{\epsilon} \leq K_{\delta} D^{V}_{\epsilon + \delta}$, as desired.

It remains to estimate the $q$-th moment of $\log^+ K_{\delta}$, where from here on $q < p$ is fixed. We have

$$(\log^+ K_{\delta}(x))^q \leq \sum_{i \leq N_{\delta}} (\log^+ \|AT^x_{,x}\|_{B \rightarrow V})^q,$$

hence

$$\int (\log^+ K_{\delta})^q dm \leq \sum_{n=0}^{\infty} \sum_{i=0}^{n} \int_{\{N_{\delta} = n\}} (\log^+ \|AT^x_{,x}\|_{B \rightarrow V})^q dm(x).$$

Using Hölder’s inequality on each summand and that $m \circ T^{-1} = m$, we obtain

$$\int (\log^+ K_{\delta})^q dm \leq \| \log^+ \varphi \|_{L^p(m)}^q \sum_{n=0}^{\infty} (n+1)(m\{N_{\delta} = n\})^{1-\frac{q}{p}} \leq_{p,q} \delta^{-(p-q)} (1 + \| \log^+ \varphi \|_{L^p(m)}^p) \sum_{n=1}^{\infty} n^{1+(1-p)\left(\frac{p-2}{p}\right)}.$$ 

The sum in the RHS is finite if $q < \frac{p(p-3)}{p-1}$ (note the right-hand quantity is $> 0$ iff $p > 3$).
2.3. Comments on Existing Results

To the authors’ knowledge, the first result on the dependence of Lyapunov exponents on the norm was given in [34], which considered two potentially nonequivalent norms on the same Banach space.

During the preparation of this manuscript, the authors discovered that Theorem 37 in Appendix A of [40] is a version of the main result Theorem 2.6 of this manuscript. On the other hand, the (short and elegant) proof given in [40] relies on the invertibility of the base mpt \( T : (X, B, m) \subseteq \), while the proof given here, although longer, is inherently “one-sided” and does not rely at all on invertibility of \( T \). We also note that the setting of [40] requires only a “quasi-compactness” assumption on the cocycle, not compactness as we assume here. However, in view of our intended applications to dissipative parabolic PDE, we have opted for the sake of simplicity to limit the proof of Theorem 2.6 to the compact case. While not all details have been checked, the authors are confident an approach analogous to that given here will work in the quasi-compact setting. Corollary 2.8 appears to be new.

Lastly, we note that a version Theorem 2.6 for a class of linear delay-differential equations appears in the paper [59].

3. Proof of Theorem 2.6

In Sect. 3.1 we collect some preliminary regarding the Grassmanian of closed subspaces and a notion of determinant on finite-dimensional subspaces of Banach spaces. In Sect. 3.2 we prove an intermediate result. We complete the proof of Theorem 2.6 in Sect. 3.3.

3.1. Preliminaries

Let \((B, \| \cdot \|_B)\) be a Banach space. Let \( \text{Gr}(B) \) denote the Grassmanian of \( B \), i.e., the set of closed subspaces of \( B \). For \( k \in \mathbb{N} \), write \( \text{Gr}_k(B) \) for the set of \( k \)-dimensional subspaces of \( B \) and \( \text{Gr}^k(B) \) for the set of closed, \( k \)-codimensional subspaces.

Throughout, \( \text{Gr}(B) \) is endowed with the metric topology coming from the Hausdorff distance

\[
d_B^{\text{Haus}}(E, E') = \max \left\{ \sup_{e \in E, \| e \|_B = 1} \text{dist}^B(e, S_{E'}), \sup_{e' \in E', \| e' \|_B = 1} \text{dist}^B(e', S_E) \right\}
\]

Equation (17) is the usual Hausdorff distance between two closed subsets of a metric space. In this case, we are taking the usual Hausdorff distance of the unit spheres \( S_E := \{ e \in E : \| e \|_B = 1 \} \). Note that for \( v \in B \) and \( S \subseteq B \) we write \( \text{dist}^B(v, S) = \inf_{s \in S} \| v - s \|_B \) for the minimal distance between \( v \) and \( S \) in the \( \| \cdot \|_B \) norm. We note that in \( d_B^{\text{Haus}} \), the sets \( \text{Gr}_k(B), \text{Gr}^k(B) \) are clopen in \( \text{Gr}(B) \) for all \( k \geq 1 \). For additional background, see Section IV.2 of [45].
3.1.1. Norm Comparison

Let \((V, \| \cdot \|_V)\) be another Banach space such that \(V \subset B\) and \(\| \cdot \|_B \leq \| \cdot \|_V\).

**Definition 3.1.** For \(E \in \text{Gr}(V)\), define

\[
\alpha(E) = \sup_{v \in E \setminus \{0\}} \frac{\|v\|_V}{\|v\|_B},
\]

noting \(1 \leq \alpha(E) < \infty\) automatically by compactness of \(S_E\) when \(\dim E < \infty\) (in particular, the sup is a max).

For our purposes, we will require some degree of control over \(\alpha(E)\) as \(E\) varies:

**Lemma 3.2.** Let \(k \geq 1\) and \(E_0 \in \text{Gr}_k(V)\). Then, \(E \mapsto \alpha(E)\) is upper semi-continuous at \(E = E_0\): for any \(\varepsilon > 0\) there exists \(\delta = \delta(E_0, \varepsilon) > 0\) such that if \(d_{Haus}(E, E_0) < \delta\), then

\[
\alpha(E) \leq \alpha(E_0) + \varepsilon.
\]

It is not hard to check that if \(d_{Haus}(E, E_0) < 1\), then \(\dim E = \dim E_0\) (Corollary 2.6 of Section IV.2 in [45]), hence \(\alpha(E) < \infty\) automatically. Lemma 3.2 goes further, asserting that the \(B\) and \(V\) norms are uniformly equivalent for all \(E\) close enough to \(E_0\) in \(d_{Haus}\).

**Proof of Lemma 3.2.** Let \(E \in \text{Gr}(V)\) and assume \(d_{Haus}^V(E, E_0) < \delta\) for some \(\delta > 0\) to be specified. Let \(v \in E, \|v\|_V = 1\) be so that

\[
\alpha(E) = \frac{1}{\|v\|_B}.
\]

Let \(v_0 \in E_0, \|v_0\|_V = 1\) be such that \(\|v - v_0\|_V \leq \delta\). We see that

\[
\alpha(E) = \frac{\|v_0\|_B}{\|v\|_B} \frac{1}{\|v_0\|_B} \leq \frac{\|v_0\|_B}{\|v\|_B} \alpha(E_0)
\]

by definition of \(\alpha(E_0)\). Now, \(\|v - v_0\|_B \leq \|v - v_0\|_V < \delta\) and so \(\|v\|_B \geq \|v_0\|_B - \delta\). Using that \(\|v_0\|_B \geq \alpha(E_0)^{-1}\), we see that

\[
\frac{\|v_0\|_B}{\|v\|_B} \leq \frac{\|v_0\|_B}{\|v_0\|_B - \delta} = \frac{1}{1 - \delta \|v_0\|_B^{-1}} \leq \frac{1}{1 - \delta \alpha(E_0)}.
\]

On taking \(\delta > 0\) sufficiently small (depending only on \(\alpha(E_0)\) and \(\varepsilon > 0\)), we conclude \(\alpha(E) \leq \alpha(E_0) + \varepsilon\) as desired.

It is also useful to compare the Hausdorff distances \(d_{Haus}^B, d_{Haus}^V\):

**Lemma 3.3.** For any \(E, E' \in \text{Gr}_k(V), k < \infty\), we have that

\[
d_{Haus}^B(E, E') \leq 2 \max(\alpha(E), \alpha(E')) d_{Haus}^V(E, E').
\]
Proof. It is straightforward to check that \( \text{dist}^B(e', E) \leq \text{dist}^V(e', E) \) for all \( e' \in E' \). Since \( \text{dist}^B(ae', E) = |a| \text{dist}^B(e', E) \) holds for all \( a \in \mathbb{R} \), we see that

\[
\max_{e' \in E', \|e'\|_B = 1} \text{dist}^B(e', E) \leq \max_{e' \in E', \|e'\|_B = 1} \|e'\|_V \text{dist}^V(\|e'\|_V^{-1}e', E) \leq \alpha(E') \max_{e' \in E', \|e'\|_V = 1} \text{dist}^V(e', E).
\]

Reversing the roles of \( E, E' \), we conclude \( \delta^B(E, E') \leq \max\{\alpha(E), \alpha(E')\}\delta^V(E, E') \), where

\[
\delta^B(E, E') = \max \left\{ \sup_{e \in E, \|e\|_B = 1} \text{dist}^B(e, E'), \sup_{e' \in E', \|e'\|_B = 1} \text{dist}^B(e', E) \right\}.
\]

The desired conclusion now follows from the following standard inequality (c.f. Section IV.2 of [45]):

\[
\delta^B(E, E') \leq d^B_{\text{Haus}}(E, E') \leq 2\delta^B(E, E').
\]

3.1.2. Determinants in Banach Spaces

The following is an assignment to each \( E \in \text{Gr}_k(B) \) a “volume element” along \( E \).

**Definition 3.4.** (a) For \( E \in \text{Gr}_k(B), k \geq 1 \), we define \( \text{Vol}^B_E \) to be the Lebesgue measure on \( E \) normalized so that

\[
\text{Vol}^B_E\{v \in E : \|v\|_B \leq 1\} = 1.
\]

(b) For a linear operator \( A : B \rightarrow B \) and \( E \in \text{Gr}_k(B), k \geq 1 \), we define the determinant \( \det_B(A|E) \) of \( A|E : E \rightarrow B \) by

\[
\det_B(A|E) = \begin{cases} 
\frac{\text{Vol}^B_E(A(S))}{\text{Vol}^B_E(S)} & A|E \text{ injects}, \\
0 & \text{else},
\end{cases}
\]

where \( S \subset E \) is any Borel set of positive, finite \( m^B_E \)-measure.

We note that the measure \( \text{Vol}^B_E \) on \( E \) is characterized uniquely by (i) translation invariance and (ii) the normalization (18).\(^9\) It follows from this unique characterization that \( \det_B(A|E) \) is well-defined irrespective of the choice \( S \subset E \). Below we recall some basic properties of \( \det_B(\cdot : \cdot) \); for proofs and additional background, see [9].

In what follows, we define the **minimum-norm** of \( A|E \) by

\[
m_B(A|E) := \inf\{\|Av\|_B : v \in E, \|v\|_B = 1\}.
\]

Note that if \( A|E \) is injective, then finite-dimensionality of \( E \) implies that \( A|E : E \rightarrow A(E) \) is invertible, and therefore we have \( m_B(A|E) = \|(A|E)^{-1}\|^{-1} \).

\(^9\) The measure \( \text{Vol}^B_E \) is sometimes called the Busemann-Hausdorff measure [13] and appears naturally in Finsler geometry.
Lemma 3.5. Let $E \in \text{Gr}_k(B)$, $k \geq 1$.

(a) For bounded linear operators $A_1, A_2 : B \to B$, we have that
\[
\det_B(A_1A_2|E) = \det_B(A_1|A_2(E)) \det_B(A_2|E).
\]

(b) If $A : B \to B$ is a bounded linear operator and $A|E$ injects, then
\[
m_B(A|E)^k \leq \det_B(A|E) \leq \|A\|^k_B.
\]

The following compares $\det_B$ and $\det_V$:

Proposition 3.6. Let $V \subset B$ be an embedded Banach space satisfying $\| \cdot \|_B \leq \| \cdot \|_V$. Let $E \in \text{Gr}_k(V)$, $k \geq 1$. Let $A : B \to B$ be a bounded linear operator for which $A(E) \subset V$ and $A|E$ injects. Then,
\[
\det_B(A|E) \leq \alpha(E)^k \det_V(A|E), \quad \text{and}
\]
\[
\det_V(A|E) \leq \alpha(A(E))^k \det_B(A|E).
\]

Proof. Let $D^B_E$ denote the unit ball of $E$ in the $\| \cdot \|_B$ norm. First, we show that, for all Borel $K \subset E$, we have
\[
\text{Vol}_E^B(K) \leq \text{Vol}_E^V(K) \quad \text{and} \quad \text{Vol}_E^V(K) \leq \alpha^k(E) \text{Vol}_E^B(K).
\]
To see this, observe that by uniqueness of Haar measure, there exists $c > 0$ such that $\text{Vol}_E^V = c \text{ Vol}_E^B$. Let $D^W_E$ denote the unit ball of $E$ in the $W$ norm for $W = V, B$. To estimate $c$, we have
\[
1 = \text{Vol}_E^V(D^V_E) = c \text{ Vol}_E^B(D^B_E) \leq c \text{ Vol}_E^B(D^B_E) = c,
\]
hence $c \geq 1$, while
\[
1 = \text{Vol}_E^B(D^B_E) = c^{-1} \text{ Vol}_E^V(D^B_E) \leq c^{-1} \alpha^k(E) \text{ Vol}_E^V(D^V_E) = c^{-1} \alpha^k(E),
\]
hence $c \leq \alpha^k(E)$.

To obtain the first inequality, observe that by definition of $\alpha(E)$, $\text{Vol}_E^B(D^B_E) \geq \alpha^{-k}(E)$ and therefore
\[
\det_B(A|E) = \frac{\text{Vol}_E^B(A|A(D^V_E))}{\text{Vol}_E^B(D^B_E)} \leq \alpha^k(E) \text{ Vol}_E^V(A(D^V_E)) = \alpha^k(E) \det_V(A|E).
\]
For the second inequality, since $\text{Vol}_E^V(D^B_E) \geq \text{Vol}_E^V(D^V_E) = 1$, we find
\[
\det_V(A|E) = \frac{\text{Vol}_E^V(A|A(D^B_E))}{\text{Vol}_E^V(D^B_E)} \leq \alpha^k(E) \text{ Vol}_E^V(A(D^B_E)) = \alpha^k(E) \det_B(A|E).
\]

\qed
3.1.3. Determinants and Lyapunov Exponents  Our proof below uses the following characterization of Lyapunov exponents in terms of asymptotic growth rates of determinants. Assume \((B, \| \cdot \|_B)\) is a separable Banach space, \(T : (X, \mathcal{F}, m) \ni \) is an mpt, and \(A : X \to L(B)\) is a strongly measurable such that \(A(x)\) is compact for all \(x \in X\) (the setting of Theorem 2.2). Let \(x\) be an \(m\)-generic point and let \(r(x)\) be as in (11). Let \(\lambda_i(x), d_i(x)\) denote the Lyapunov exponents and corresponding multiplicities at \(x\), and \(B := F_1 \supset F_2(x) \supset \cdots\) denote the corresponding filtration. Recall (see (10)) that \(d_i(x)\) is the codimension of \(F_i+1(x)\) in \(F_i(x)\), and \(M_i(x) = d_1(x) + \cdots + d_i(x)\) is the codimension of \(F_{i+1}(x)\) in \(B\).

Let us define \(\chi_1(x) \geq \chi_2(x) \geq \cdots\) to be the Lyapunov exponents counted with multiplicity, i.e.,

\[
\chi_{M_i(x)+1} = \cdots = \chi_{M_i(x)} = \lambda_i(x)
\]

for all \(i \leq r(x)\) (here \(M_0(x) := \text{codim } F_1 = 0\) by convention). If \(r(x) = 0\), we adopt the convention that \(\chi_j(x) = -\infty\) for all \(j \geq 1\), while if \(0 < r(x) < \infty\), we define \(\chi_j(x) = -\infty\) for all \(j > M_r(x)\). For \(k \geq 1\) we define

\[
\Sigma_k(x) := \chi_1(x) + \cdots + \chi_k(x),
\]

with the convention that \(\Sigma_k(x) = -\infty\) if \(r(x) < \infty\) and \(k > M_r(x)\).

Below, for a linear operator \(A : B \to B\) and \(k \geq 1\) we define

\[
\mathcal{V}_k^B(A) = \sup \{ \det B(A|E) : \dim E = k \}.
\]

The following characterizes the sums \(\Sigma_k(x)\) in terms of the maximal \(k\)-dimensional volume growth \(\mathcal{V}_k^B(x)\).

**Proposition 3.7.** ([9]) Assume the setting of Theorem 2.2.

(a) For \(m\)-a.e. \(x \in X\) and for all \(k \geq 1\)

\[
\Sigma_k(x) = \lim_{n \to \infty} \frac{1}{n} \log \mathcal{V}_k^B(A^n_x).
\]

(b) For all \(i, k \geq 1\) and for \(m\)-a.e. \(x \in \{ r \geq i \} \cap \{ M_{i-1} < k \leq M_i \}\), it holds that

if \(E \in \text{Gr}_k(B)\) and \(E \cap F_{i+1}(x) = \{0\}\), then

\[
\Sigma_k(x) = \lim_{n \to \infty} \frac{1}{n} \log \det B(A^n_x|E).
\]

Equation (21) also holds for \(m\)-a.e. \(x \in \{ r = i \} \cap \{ M_r < k \}\) and all \(E \in \text{Gr}_k(B)\).
3.2. Main Proposition

Let us assume the setting of Theorem 2.6: \((B, \| \cdot \|_B)\) and \((V, \| \cdot \|_V)\) are Banach spaces with separable duals, where \(V \subset B\) is dense and \(\| \cdot \|_B \leq \| \cdot \|_V\). We are given an mpt \(T : (X, \mathcal{F}, m) \otimes \) and a strongly measurable mapping \(A : X \to L(B)\) satisfying (1)–(4) in Sect. 2.2. For simplicity and to spare heavy notation, we will assume below that \((T, m)\) is ergodic, so that Lyapunov exponents are constant in \(x\). The nonergodic case requires superficial changes, which we comment on in Remark 3.19 below.

For \(W = B\) or \(V\), let \(r^W\) denote the number of distinct Lyapunov exponents \(\lambda^W_i\) with multiplicities \(d^W_i, M^W_i := d^W_1 + \cdots + d^W_i\). Let \(\chi^W_j\) denote the Lyapunov exponents counted with multiplicity as in (20), and let \(\Sigma^W_k = \sum_{j=1}^k \chi^W_j\).

The following is the main step in the proof of Theorem 2.6:

**Proposition 3.8.** (Main Proposition) Let \(i \geq 1\).

(a) If \(i \leq r^V\), then \(\Sigma^V_{M_i^V} = \Sigma^B_{M_i^V}\)

(b) If \(i \leq r^B\), then \(\Sigma^V_{M_i^B} = \Sigma^B_{M_i^B}\)

The proof of Proposition 3.8 occupies the remainder of Sect. 3.2; we complete the proof of Theorem 2.6 in Sect. 3.3.

3.2.1. Measurable Selection of Projectors

Next, we will need the following Lemmas on the geometry of Banach spaces. Below, given a splitting \(B = E \oplus F\) into closed subspaces \(E, F \subset V\), we define \(\pi_{E/\parallel F}\) to be the unique oblique projection onto \(E\) with kernel \(F\).

**Lemma 3.9.** (Corollary III.B.11 in [85]) Let \(F \in \text{Gr}^k(B)\) for \(k \geq 1\), then there exists \(E \in \text{Gr}^k(B)\) with \(B = E \oplus F\) such that

\[
\| \pi_{E/\parallel F} \|_B \leq \sqrt{k}, \quad \text{and} \quad \| \pi_{F/\parallel E} \|_B \leq \sqrt{k} + 1.
\]

The following is a version of Lemma 3.9 for a measurable family \(F(x), x \in X\), of finite-codimensional spaces.

**Lemma 3.10.** Let \((X, \mathcal{F})\) be a measurable space and let \(F : X \to \text{Gr}^k(B)\) be a measurable family.

Then, there exists a measurable family \(E : X \to \text{Gr}^k(B)\) such that for all \(x \in X\), (i) \(V = E(x) \oplus F(x)\), (ii) the mapping \(x \mapsto \pi_{E(x)/\parallel F(x)}\) is strongly measurable; and (iii) we have that \(\| \pi_{E(x)/\parallel F(x)} \|_B \leq C_k := 3\sqrt{k} + 2\) for all \(x \in X\).

**Proof.** Separability of \(B^*\) implies separability of \(\text{Gr}^k(B)\) (Lemma B.12 in [38]; see also Chapter IV, §2.3 of [45]). Let \(\{F_n\}_n \subset \text{Gr}^k(B)\) be a countable dense sequence and for each \(n\) let \(E_n\) be a \(k\)-dimensional subspace of \(B\) such that \(\| \pi_{E_n/\parallel F_n} \|_B \leq \sqrt{k}\) as in Lemma 3.9. Set \(\epsilon = \frac{1}{2(\sqrt{k}+1)}\) and recursively define

\[
S_1 = \{ x \in X : d^B_{H_{haus}}(F(x), F_1) < \epsilon \},
\]

\[
S_n = \{ x \in X : d^B_{H_{haus}}(F(x), F_n) < \epsilon \} \setminus \bigcup_{m=1}^{n-1} S_m.
\]
By the density of \{F_n\} and measurability of \(x \mapsto F(x)\), it holds that \(\{S_n\}\) is a countable partition of \(X\) by \(\mathcal{F}\)-measurable sets. Now, define

\[
E(x) := E_n \quad \text{for} \quad x \in S_n.
\]

It is immediate that \(x \mapsto E(x)\) is measurable. Measurability of \(x \mapsto \pi_{E(x)/F(x)}\) follows from Lemma B.18 of [38]. To estimate \(\|\pi_{E(x)/F(x)}\|_B\), Proposition 2.7 of [9] implies that for \(x \in S_n\),

\[
\|\pi_{E(x)/F(x)}|_{E_n}\|_B \leq \frac{2d_{\text{Haus}}^{\mathbb{B}}(F_n, F(x))}{\|\pi_{E(x)/E_n}\|^{-1}_B - d_{\text{Haus}}^{\mathbb{B}}(F_n, F(x))} \leq 2
\]

for our choice of \(\varepsilon\). Therefore, for \(x \in S_n, e_n \in E_n, f_n \in F_n\),

\[
\|\pi_{E(x)/F(x)}(e_n + f_n)\|_B = \|e_n\|_B + \|\pi_{E(x)/F(x)}|_{E_n}\|_B \|f_n\|_B \\
\leq (3\sqrt{k} + 2)\|e_n + f_n\|_B.
\]

\[\square\]

Below we record various additional measurability properties, used freely and without further mention in Sect. 3.3, below.

**Lemma 3.11.** Let \((B, \|\cdot\|_B)\) be a separable Banach space and let \(M : X \rightarrow L(B)\) be a strongly measurable mapping.

1. (Lemma B.16 of [38]) If \(F : X \rightarrow \text{Gr}(B)\) is measurable, then \(x \mapsto \|M(x)|_{F(x)}\|_B\) is measurable. Consequently, the function \(x \mapsto \|M(x)\|_B\) is measurable.
2. (Lemma A.5 of [38]) If \(M' : (X, \mathcal{F}) \rightarrow L(B)\) is another strongly measurable mapping, then \(M' \circ M : (X, \mathcal{F}) \rightarrow L(B), x \mapsto M'(x) \circ M(x)\) is also strongly measurable.

For additional discussion of strong measurability, see, e.g., Appendices A, B of [38].

**3.2.2. Quotient Cocycle Construction** Assume \(r^V \geq i\) for some fixed \(i \geq 1\), and define \(F(x) := F_i^V(x)\). By Lemma 3.10, there exists a measurably-varying family \(x \mapsto E(x)\) of closed, finite-dimensional complements in \(V\) to \(F(x)\), equipped with a measurably-varying family of projectors \(x \mapsto \pi^\perp_x := \pi_{E(x)/F(x)}\) with \(\|\pi^\perp_x\|_{V} \leq C_k := \sqrt{k} + 1\) for all \(x \in X\), where \(k = M_i^V = \text{codim} \, F(x)\) is constant in \(x\). Note that \(\text{dim} \, E(x) = \text{codim} \, F(x) = k\).

We define \(\hat{A}_x : E(x) \rightarrow E(Tx), \hat{A}_x^\perp : E(x) \rightarrow E(T^n x)\) as follows:

\[
\hat{A}_x := \pi^\perp_{T_x} A_x|_{E(x)} , \quad \hat{A}_x^\perp = \hat{A}_{T^{n-1} x} \circ \cdots \circ \hat{A}_x.
\]

We note that invariance of \(F(x)\) under \(A_x\) as in (9) implies the identities

\[
\hat{A}_x^\perp = \pi^\perp_{T^n x} A_x^\perp|_{E(x)} , \\
\hat{A}_x^{n+1} = \hat{A}_{T^n x} \circ A_x^\perp|_{E(x)}.
\]
Below we write $\det_V(\hat{A}_x^n)$ below for the determinant of $\hat{A}_x^n: E(x) \to E(T^n x)$. In view of the expression (22), we have that

$$\det_V(\hat{A}_x^n) = \det_V(\pi_{T^n x}^\perp \circ A^n_x | E(x)).$$

(23)

**Lemma 3.12.** For $m$-a.e. $x \in X$ we have that

$$\Sigma^V = \lim_{n \to \infty} \frac{1}{n} \log \det_V(\hat{A}_x^n).$$

The proof uses the following corollary to the MET, which we recall here. Recall that $\angle^V(v, F) \in [0, \pi/2]$ is the angle between $v \in V \setminus \{0\}$ and a subspace $F \subset V$. For a nontrivial subspace $E \subset V$, we write

$$\angle^V_{\min}(E, F) := \min\{\angle^V(v, F) : v \in E \setminus \{0\}\}.$$

Note that if $E$ and $F$ share a nontrivial subspace $E \cap F$, then $\angle^V_{\min}(E, F) = 0$.

**Corollary 3.13.** For $m$-a.e. $x \in X$ and for any complement $E$ to $F(x)$ in $V$, we have that

$$\lim_{n \to \infty} \frac{1}{n} \log \sin \angle^V_{\min}(A^n_x(E), F(T^n x)) = 0.$$

The proof of Corollary 3.13 is contained in, e.g., paragraph “Proof of (h)” in the proof of Theorem 16 in [39].

**Proof of Lemma 3.12.** To start, by (23) and multiplicativity of the determinant (Lemma 3.5(a)), we have that

$$\det_V(\hat{A}_x^n) = \det_V(\pi_{T^n x}^\perp \circ A^n_x | E(x))) \det_V(A^n_x | E(x)).$$

It suffices to check that

$$\lim_{n \to \infty} \frac{1}{n} \log \det_V(\pi_{T^n x}^\perp A^n_x | E(x)) = 0.$$

By Lemma 3.5(b), we have

$$m_V(\pi_{T^n x}^\perp A^n_x | E(x)))^k \leq \det_V(\pi_{T^n x}^\perp A^n_x | E(x)) \leq \|\pi_{T^n x}^\perp\|_V^k,$$

where $k := M^V$ and $m_V(\pi_{T^n x}^\perp A^n_x | E(x)))$ is the minimum norm defined by (19). The RHS is uniformly bounded in $x, n$ from above by a constant in $k$, so it remains to bound the LHS from below. For this, we use the following estimate which related the norm of $\pi_{E/F} v$ to the distance between $v$ and $F$.  

**Claim 3.14.** Let $E, F$ be complementary closed subspaces of the Banach space $V$. Then

$$\|\pi_{E/F} v\|_V \geq \sin \angle^V(v, F) \|v\|_V.$$
Proof of Claim. Let \( v \in E' \), \( \|v\|_V = 1 \). Write \( v = u + w \) where \( u \in E \), \( w \in F \).

Then,
\[
\sin \angle^V(v, F) = \inf_{\hat{w} \in F} \frac{\|v - \hat{w}\|_V}{\|v\|_V} \leq \frac{\|v - w\|_V}{\|v\|_V} = \frac{\|u\|_V}{\|v\|_V}.
\]

Consequently, the above claim implies that
\[
m_V \left( \pi_{T^n x} | A^n_x(E(x)) \right) \geq \sin \angle^V_{\text{min}} \left( A^n_x(E(x)), F(T^n x) \right).
\]
Applying Corollary 3.13 completes the proof.

Proof of Proposition 3.8(a) To start, we check unconditionally that
\[
\Sigma_k^B \leq \Sigma_k^V \quad \text{for all} \quad k \geq 1.
\] (24)

Using Proposition 3.7(b) and the density of \( V \subset B \), we can choose a \( k \)-dimensional \( E \subset V \) such that \( \Sigma_k^B = \lim_{n \to \infty} \frac{1}{n} \log \det B(A^n_x|E) \). Applying now Proposition 3.6, we have
\[
\Sigma_k^B = \lim_{n \to \infty} \frac{1}{n} \log \det B(A^n_x|E) \\
\leq \lim_{n \to \infty} \inf \left( \frac{k}{n} \log \alpha(E) + \frac{1}{n} \log \det V(A^n_x|E) \right) \\
\leq \lim_{n \to \infty} \frac{1}{n} \log \nu_k(A^n_x) = \Sigma_k^V.
\]

It remains to check that \( \Sigma_k^{V_{M_i^V}} \leq \Sigma_k^B \). For this, observe that with the measurable selection \( x \mapsto E(x) \) as above, we have that \( \alpha(E(x)) < \infty \) \( m \)-almost everywhere. Choose \( C_0 > 0 \) large enough so that
\[
m(U) \geq \frac{99}{100}, \quad \text{where} \quad U := \{ \alpha(E(x)) \leq C_0 \} \subset X.
\]

Observe that \( m(T^{-1} U \cap U) \geq \frac{98}{100} > 0 \) by \( T \)-invariance of \( m \). By the Poincaré Recurrence Theorem, for \( m \)-a.e. \( x \in U \cap T^{-1} U \), there is a sequence of times \( n_k \to \infty \) such that \( T^{n_k} x \in U \cap T^{-1} U \) for all \( k \). Fixing such an \( x \) and sequence \( (n_k) \), we estimate
\[
\Sigma_k^{V_{M_i^V}} = \lim_{n \to \infty} \frac{1}{n} \log \det V(\hat{A}^n_x) \\
\leq \lim_{n \to \infty} \inf \frac{M_i^V}{n+1} \log \alpha(E(T^{n+1} x)) + \lim_{n \to \infty} \frac{1}{n+1} \log \det B(\hat{A}^{n+1}_x)
\]
where in the first line we used Lemma 3.12 and in the second we used Proposition 3.6. The first \( \lim \inf \) goes to 0, as \( \alpha(E(T^{n+1} x)) \leq C_0 \) along the sequence of times \( n = n_k \). For the second term, we estimate
\[
\det B(\hat{A}^{n+1}_x) = \det B(\hat{A}_{T^n x}) \det B(A^n_x) \\
\leq \alpha(E(T^n x))^{M_i^V} \det V(\hat{A}_{T^n x})^{B_{M_i^V}}(A^n_x) \\
\leq \left( \alpha(E(T^n x)) \|A^n_x\|_V \right)^{M_i^V} \nu_{B_{M_i^V}}^{V_{M_i^V}}(A^n_x)
\]
using Lemma 3.5(a) and (22) in the first line, Proposition 3.6 in the second line, and Lemma 3.5(b) in the third line. By construction, along \( n = n_k \) we have \( \alpha(E(T^n x)) \leq C_0 \). To control the \( \| A_{T^n x} \|_V \) term, define \( g(x) := \log^+ \| A_x \|_V \). By our assumptions, we have \( \log^+ g \in L^1(m) \). By a standard corollary of the Birkhoff Ergodic Theorem (see, e.g., Theorem 1.14 in [83]), it holds that

\[
\lim_{n} \frac{1}{n} g(T^n x) = 0 \quad m\text{-a.e.}.
\]

In all, we conclude \( \sum_{n=1}^V \leq \sum_{n=1}^B = \sum_{n=1}^B \), which in conjunction with (24) implies \( \sum_{n=1}^V = \sum_{n=1}^B \).

**Proof of Proposition 3.8(b)** Since (24) holds for all \( k \), it suffices to check that \( \sum_{n=1}^V \leq \sum_{n=1}^B \).

The proof below is parallel to that of Proposition 3.8(a), the most notable change being that we use a quotient cocycle parallel to the space \( \tilde{F}(x) := F_{i+1}(x) \). The following is an analogue of Lemma 3.10 above.

**Claim 3.15.** There exists a measurable selection \( x \mapsto \tilde{E}(x) \) of complement to \( \tilde{F}(x) \) with the properties that for a.e. \( x \), (a) \( \tilde{E}(x) \subset V \); (b) we have that

\[
\sum_{n=1}^V = \lim_{n \to \infty} \frac{1}{n} \log \det_V (A^n x | \tilde{E}(x)) \quad \text{and} \quad \sum_{n=1}^B = \lim_{n \to \infty} \frac{1}{n} \log \det_B (A^n x | \tilde{E}(x));
\]

and (c) the projector \( \tilde{\pi}_x^\perp := \pi_{\tilde{E}(x) / \tilde{F}(x)} \) satisfies \( \| \tilde{\pi}_x^\perp \|_B \leq C_{m,B} \), where \( C_k = \sqrt{k} + 1 \) for \( k \geq 1 \).

The proof requires the following.

**Lemma 3.16.** For all \( m, k \geq 1 \) there exists \( C_{m,k} > 0 \) such that the following holds. Let \( \{ V_i \}_{i=1}^m \subset \text{Gr}^k(B) \). Then, there exists a common complement \( E \in \text{Gr}_k(B) \) to each of the \( V_i \), \( 1 \leq i \leq m \), such that \( \| \pi_E / V_i \|_B = \sin \angle_{\min}^B (E,V_i)^{-1} \leq C_{m,k} \).

**Proof of Lemma 3.16.** We induct on the codimension \( k \). The base case \( k = 1 \) is Corollary 2.5 in [61]. Assume the induction hypothesis for \( k \) and fix \( \{ V_1, \cdots, V_m \} \) of codimension \( k+1 \). For each \( i \leq m \), let \( \tilde{V}_i \) be an arbitrary extension of \( V_i \) to a \( k \)-codimensional space. Using the induction hypothesis, fix \( E \in \text{Gr}_k(B) \) such that \( \sin \angle_{\min}^B (E,V_i) \geq \sin \angle_{\min}^B (E,\tilde{V}_i) \geq C_{m,k}^{-1} \). Define the hyperplanes \( V'_i = E + V_i \) and, using the base case \( k = 1 \), let \( v \in B \) be a unit vector with \( \sin \angle^B (v,V'_i) \geq C_{m,1}^{-1} \) for all \( i \leq m \). Let us now bound \( \sin \angle_{\min}^B (E',V_i) \) from below, where \( E' := E + \langle v \rangle \) and \( \langle v \rangle \) is the line spanned by \( v \). We compute:

\[
\pi_{E' / V_i} = \pi_{E / V_i \oplus \langle v \rangle} + \pi_{\langle v \rangle / E \oplus V_i}
\]

\[
= \pi_{E / V_i} |_{V'_i} \circ \pi_{V'_i / \langle v \rangle} + \pi_{\langle v \rangle / V'_i}
\]

\[
\implies \| \pi_{E' / V_i} \|_B \leq C_{m,k} C_{m,1} + C_{m,1} =: C_{m,k+1}.
\]

\( \square \)
Proof of Claim. The proof is parallel to that of Lemma 3.10. Assume for now that either 
\( r^V = \infty \) or \( r^V < \infty \) and \( M_{r^V} \geq M_i^B \); we address the alternative case at the end. Fix \( j \leq r^V \) so that \( M_{j-1}^V < M_i^B \leq M_j^V \) (following the convention \( M_0^V = 0 \)). For short, set \( k := M_i^B \), \( \ell := M_j^V \) and \( F(x) := F_{j+1}(x) \).

Set \( F(x) := F_{j+1}(x) \subset V \). Let \((\tilde{F}_n)\) denote countable dense sequences in \( \text{Gr}^M \) (\( V \), \( \text{Gr}^M \) (\( B \)), respectively. Set \( \varepsilon = \frac{1}{2(C_{2,k+1})} \), with \( C_{2,k} \) as in Lemma 3.16, and

\[
\tilde{s}_{m,n} = \{ x \in X : d^V_{Haus}(F(x), F_m) < \varepsilon \ \text{and} \ d^B_{Haus}(\tilde{F}(x), \tilde{F}_n) < \varepsilon \}.
\]

Refine to a partition \( S_{m,n}, m, n \geq 1 \) of \( X \) such that \( S_{m,n} \subset \tilde{s}_{m,n} \) for all \( m, n \).

Form a \( B \)-closed \( k \)-codimensional extension \( F'_m \) of \( F_m \). Apply Lemma 3.16 to obtain a complement \( \tilde{E}'_{m,n} \in \text{Gr}_k(B) \) to both \( \tilde{F}_n \), \( F'_m \) with

\[
\sin \left( \angle_{\min}(\tilde{E}'_{m,n}, F_m) \right) \geq \sin \left( \angle_{\min}(\tilde{E}'_{m,n}, F'_m) \right) \geq C_{2,k}^{-1}, \quad \sin \left( \angle_{\min}(\tilde{E}'_{m,n}, \tilde{F}_n) \right) \geq C_{2,k}^{-1}.
\]

Finally, using density of \( V \subset B \), fix \( \tilde{E}_{m,n} \in \text{Gr}_k(V) \) so that \( \sin \left( \angle_{\min}(\tilde{E}_{m,n}, F_m) \right) \geq (C_{2,k}+1)^{-1} \) and \( \sin \left( \angle_{\min}(\tilde{E}'_{m,n}, \tilde{F}_n) \right) \geq (C_{2,k}+1)^{-1} \). This step can be justified using, e.g., continuity of \( E \mapsto \pi_{E/F} \) as \( E \) ranges over the set of complements to \( F \in \text{Gr}^k(B) \) (Lemma B.18 in [38]).

One now sets

\[
\tilde{E}(x) = E_{m,n} \quad \text{for} \quad x \in S_{m,n}.
\]

the estimate on the \( B \)-norm of \( \pi^+_{\tilde{E}(x)} = \pi_{\tilde{E}(x) \parallel \tilde{F}(x)} \) is completely parallel to that in Lemma 3.10 and is omitted. That \( \tilde{E}(x) \cap F(x) = \{ 0 \} \) follows from a similar argument.

The proof is now complete when either \( r^V = \infty \) or \( r^V < \infty \) and \( M_{r^V} \geq M_i^B \). When \( r^V < \infty \) and \( M_{r^V} < M_i^B \) the proof is simpler: every \( E_0 \in \text{Gr}_k(V) \) satisfies the right-hand equation in (25) by Proposition 3.7(b). So, in this case it suffices to apply Lemma 3.10 directly to obtain a complement \( \tilde{E}(x) \) to \( \tilde{F}(x) \). \( \Box \)

Form the quotient cocycle

\[
\tilde{A}_x := \pi^+_{\tilde{T}_x} A_x |_{\tilde{E}(x)}, \quad \tilde{A}^n_x = \tilde{A}^{n-1}_{\tilde{T}^{-1}_x} \circ \cdots \circ \tilde{A}_x,
\]

noting as before that \( \tilde{A}^n_x = \pi^+_{\tilde{T}^n_x} A^n_x |_{\tilde{E}(x)} \) by invariance of \( \tilde{F}(x) \) (equation (9)). The proof is now largely the same as before with opposite signs: one checks that

\[
\Sigma_{M_i^B} = \lim_{n \to \infty} \frac{1}{n} \log \det B(\tilde{A}^n_x)
\]

as in Lemma 3.12 (no changes needed), and estimates

\[
\Sigma_{M_i^B} = \lim_{n \to \infty} \frac{1}{n} \log \det B(\tilde{A}^n_x)
\]

\[
\geq \lim_{n \to \infty} \frac{1}{n+1} \log \det \nu(\tilde{A}^{n+1}_x) - \lim_{n \to \infty} \frac{M_i^B}{n+1} \log \alpha(E(T^{n+1}))
\]
By a recurrence argument parallel to before, the lim inf term is 0 for a positive $m$-measure set of $x \in X$, while the lim sup term is bounded by
\[
\det V(\tilde{A}_x^{n+1}) = \det V(\tilde{A}_{T^n x}) \det V(A_x^n|E(x)) \\
\geq \left( \alpha(E(T^n x))^{-1} m_B(\tilde{A}_{T^n x}|E(T^n x)) \right)^{M_i^B} \det V(A_x^n|E(x)),
\]
using the analogue of (22) for $\tilde{A}_x^{n+1}$ in the first line, and Lemma 3.5(b) and Proposition 3.6 in the second line. By another recurrence argument, we can bound the above parenthetical term from below by a fixed positive constant along an infinite sequence of times $n_k \to \infty$ for an $m$-positive measure set of $x$. Overall, we conclude $\Sigma_{M_i^V}^B \geq \lim_{n \to \infty} \frac{1}{n} \log \det V(\tilde{A}_x^n|E(x)) = \Sigma_{M_i^V}^V$.

3.3. Completing the Proof of Theorem 2.6

To prove Theorem 2.6 we first establish the following claims.

Claim 3.17. If $r^V = 0$, then $r^B = 0$.

Proof of Claim. Pursuing a contradiction, observe that if $\lambda_1^B > -\infty$, then by the density of $V \subset B$, for $m$-a.e. $x$ there exists $v \in V\setminus\{0\}$, $\|v\|_V = 1$ so that
\[
\frac{1}{n} \log \|A_x^n v\|_B \to \lambda_1^B \text{ as } n \to \infty.
\]
Therefore,
\[
\liminf_{n} \frac{1}{n} \log \|A_x^n\|_V \geq \liminf_{n} \frac{1}{n} \log \|A_x^n v\|_V \geq \lim_{n} \frac{1}{n} \log \|A_x^n v\|_B = \lambda_1^B > -\infty.
\]
That $r^V = 0$ implies the LHS limit exists for $m$-a.e. $x$ and equals $-\infty$, a contradiction.

Claim 3.18. (a) For all $i \geq 1$, we have that $r^V \geq i$ if and only if $r^B \geq i$.
(b) If $r^V \geq i$, then $\lambda_j^V = \lambda_j^B$ and $d_j^V = d_j^B$ for all $1 \leq j \leq i$.

Proof of Claim 3.18. We will prove below, by induction on $i$, that $r^V \geq i$ implies $r^B \geq i$ and $\lambda_j^V = \lambda_j^B$, $d_j^V = d_j^B$ for all $1 \leq j \leq i$. The proof that $r^B \geq i$ implies $r^V \geq i$ is identical on exchanging the roles of $V$ and $B$ below; further details are omitted.

Assume first that $r^V \geq 1$: we will show that $r^B \geq 1$, $\lambda_1^B = \lambda_1^V$ and $d_1^B = d_1^V$. To start, by Proposition 3.8(a) we have
\[
\Sigma_{d_1^V}^V = \Sigma_{d_1^B}^B, \tag{26}
\]
hence $\Sigma_{d_1^V}^B > -\infty$ and $r^B \geq 1$. Applying Proposition 3.8(b), we see that
\[
\Sigma_{d_1^B}^V = \Sigma_{d_1^B}^B. \tag{27}
\]
To proceed, assume $d_1^B \geq d_1^V$. Then, (26) implies $d_1^V \lambda_1^V = d_1^V \lambda_1^B$, hence $\lambda_1^V = \lambda_1^B = \lambda_1$, while combining with (27) gives
\[
(d_1^B - d_1^V) \lambda_1 = \chi_{d_1^V+1}^V + \cdots + \chi_{d_1^B}^V.
\]
However, if $d_1^B > d_1^V$, this gives a contradiction since $\chi_j < \lambda_1 = \lambda_1^V$ for all $j > d_1^V$. One can similarly rule out the case $d_1^B < d_1^V$; we conclude $\lambda_1^B = \lambda_1^V$ and $d_1^B = d_1^V$.

Assume now the induction hypothesis that for some $i \geq 1$, we have that $r^V \geq i$ implies $r^B \geq i$ and $\lambda_j^B = \lambda_j^V$, $d_j^B = d_j^V$ for all $j = 1, \ldots, i$. If $r^V < i + 1$, there is nothing to prove. If $r^V \geq i + 1$, we proceed: Proposition 3.8(a) implies

$$\sum_{M_{i+1}}^{B} = \sum_{M_{i+1}}^{V} ; \quad (28)$$

since $M_i^B = M_i^V$, it follows that $r^B \geq i + 1$, hence by Proposition 3.8(b) we have

$$\sum_{M_{i+1}}^{V} = \sum_{M_{i+1}}^{B} ; \quad (29)$$

If $M_{i+1}^B \geq M_{i+1}^V$, then (28) implies $d_{i+1}^V \lambda_{i+1}^V = d_{i+1}^B \lambda_{i+1}^B$, hence $\lambda_{i+1}^V = \lambda_{i+1} = \lambda_{i+1}^B$. Applying this to (29), we obtain

$$(d_{i+1}^B - d_{i+1}^V) \lambda_{i+1} = \chi_{M_{i+1}^V} + \cdots + \chi_{M_{i+1}^B}.$$ 

If $d_{i+1}^B > d_{i+1}^V$ or $d_{i+1}^V > d_{i+1}^B$, then as before we obtain a contradiction, and conclude $d_{i+1}^V = d_{i+1}^B =: d_{i+1}$.

Completing the proof of Theorem 2.6. We have already shown that if $r^V = 0$, then $r^B = 0$ and the proof is complete. We now consider the case $r^V = \infty$; the case $0 < r^V < \infty$ is handled similarly and is omitted.

In this case, Claim 3.18 implies $r^B = \infty$ and

$$\lambda_i^V = \lambda_i^B =: \lambda_i \quad d_i^V = d_i^B =: d_i$$

for all $i \geq 1$. It remains to check that the identity

$$F_i^V(x) = F_i^B(x) \cap V$$

holds for a.e. $x \in X$. To start, assume $v \in F_i^V(x) \setminus \{0\}$. Then,

$$\lambda_i \geq \lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v \|_V \geq \limsup_{n \to \infty} \frac{1}{n} \log \| A_n^x v \|_B,$$

hence $v \in F_i^B$. We conclude $F_i^V(x) \subset F_i^B(x) \cap V$.

For the opposite inclusion, assume $v \in V \setminus F_i^V(x)$; we will show $v \in F_i^B(x)$. For this, let $E \subset V$ be a shared $M_{i-1}$-dimensional complement to both of $F_i^V(x)$ and $F_i^B(x)$, and write $v = v_\perp + v_\parallel$ where $v_\parallel \in F_i^V(x)$, $v_\perp \in E$, noting that $v \notin F_i^V(x) \implies v_\perp \neq 0$. Since $v_\parallel \in E$, it holds that $v_\perp \notin F_i^B(x)$, and so

$$\lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v_\parallel \|_B \geq \lambda_{i-1}.$$ 

Meanwhile, $\lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v_\parallel \|_B \leq \lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v_\parallel \|_V \leq \lambda_i$, and so

$$\lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v \|_B \geq \max \left\{ \lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v_\parallel \|_B, \lim_{n \to \infty} \frac{1}{n} \log \| A_n^x v_\parallel \|_B \right\} \geq \lambda_{i-1},$$

hence $v \notin F_i^B(x)$. This completes the proof.\end{proof}
Remark 3.19. (The nonergodic case) We provide here a list of changes needed in the case when \((T, m)\) is not ergodic. In the following steps, the main difficulty is to deal with the possibility that the values \(r^W, \lambda^W_i, d^W_i, \text{etc.}\), all depend on \(x \in X\).

1. To start, we can reduce to the case where \(r^V, r^B\) are both constant in \(x\) by restricting the measure \(m\) to sets of the form

\[
S = \{x \in X : r^V(x) = k^V, r^B(x) = k^B\}
\]

for arbitrary pairs \(k^B, k^V \in \{0, 1, 2, \ldots, \infty\}\). Sets of this form are \(T\)-invariant \((T^{-1}S = S \text{ up to } m\text{-measure zero sets})\) and so the restrictions \(m_S(K) := m(K \cap S)/m(S)\) are \(T\)-invariant. Since there are at most countably many such sets \(S\), it suffices to prove Theorem 2.6 for each \(m_S\) separately.

2. Suppose one has already restricted to a set of the form \(S\) for some fixed \(k^B, k^V\). The volume rates \(\Sigma^W_k\) and multiplicities \(M^W_i\) are now functions of \(X\), and so the analogue of Proposition 3.8 is to show that

\[
k^V \geq i \quad \Longrightarrow \quad \Sigma^V_{M^V_i(x)}(x) = \Sigma^B_{M^B_i(x)}(x),
\]

\[
k^B \geq i \quad \Longrightarrow \quad \Sigma^B_{M^B_i(x)}(x) = \Sigma^B_{M^B_i(x)}.\]

As in the ergodic case, one starts by showing that \(k^V \geq i\) allows to construct a cocycle \(\hat{A}^n_x, x \in S\), quotienting along \(F(x) = F^{V}_{i+1}(x)\). One can build the quotient spaces \(E(x)\) using Lemma 3.10 on restricting to sets of the form \(\{M^V_i(x) = \text{Const.}\}\). The proof of Lemma 3.12 now proceeds with no real changes. The only change to the remainder of the proof of Proposition 3.8(a) is that one shows \(\Sigma^V_{M^V_i(x)}(x) = \Sigma^B_{M^B_i(x)}(x)\) on a set of the form \(U \cap T^{-1}U\), where \(m(U) > 1 - \delta\). Taking \(\delta \to 0\) completes the proof of part (a); part (b) is treated similarly.

3. One checks that the case \(k^B \neq k^V\) leads to a contradiction, implying \(m\{r^V = r^B\} = 1\). The arguments in Sect. 3.3 now carry over without substantive changes.

4. Applications

Here we outline in detail our two main applications of our main theorem to the problems of advection diffusion and the 2d Navier-Stokes equations.

4.1. Preliminaries

Let \(\mathbb{T}^d\) denote the \(d\)-dimensional torus, \(d = 2\) or 3, parametrized by \([0, 2\pi)^d\). For \(f : \mathbb{T}^d \to \mathbb{R}\), we define the standard \(L^2\) inner product \((f, g)_{L^2} = \int_{\mathbb{T}^d} fg \, dx\) with corresponding norm \(\|f\|_{L^2} = (f, f)_{L^2}^{1/2}\). Recall the Fourier transform \(\mathcal{F}f = \hat{f}\) of an integrable \(f : \mathbb{T}^d \to \mathbb{R}\) is given by

\[
\hat{f} : \mathbb{Z}^d \to \mathbb{C}, \quad \hat{f}(k) = \frac{1}{(2\pi)^d} \int_{\mathbb{T}^d} f(x)e^{-ik \cdot x} \, dx,
\]
and that  \( \hat{f}(0) = 0 \) if \( f \) has zero mean; in this case we view \( \hat{f} : \mathbb{Z}_0^d \to \mathbb{C} \) where \( \mathbb{Z}_0^d = \mathbb{Z}^d \setminus \{0\} \). We define the homogeneous \( H^s \) norms for \( s \in \mathbb{R} \)

\[
\|f\|_{H^s} := \left( \sum_{k \in \mathbb{Z}_0^d} |k|^{2s} |\hat{f}(k)|^2 \right)^{1/2},
\]

where \( |k| := |k|_{\ell^2} = \left( \sum_{i=1}^d k_i^2 \right)^{1/2} \). This norm is equivalent to the \( H^s \) norms when restricted to spaces of mean-zero functions. Since we will only consider mean zero functions in this paper, we will not make a point to distinguish the homogeneous and non-homogeneous Sobolev spaces. Lastly, when it is clear from context, all the above constructions will be applied to divergence free vector-valued functions in the usual way, namely \( H^s \) corresponds to the Hilbert space of velocity fields \( u \) whose Fourier transform \( \hat{u}(k) \in \mathbb{C}^d \) satisfies \( \hat{u}(k) \cdot k = 0 \) for each \( k \in \mathbb{Z}_0^d \) and \( \|u\|_{H^s} \) is defined as in the scalar case above with \( |\cdot| \) instead denoting the norm on \( \mathbb{C}^d \).

Fix \( \gamma > \frac{d}{2} + 1 \) and let \( H = H^\gamma \) be the Sobolev space of \( H^\gamma \)-regular, mean-zero, divergence-free vector fields on \( \mathbb{T}^d \) with norm \( \|\cdot\|_{H^\gamma} \) defined above. Note that \( \gamma > \frac{d}{2} + 1 \) implies the Sobolev embedding \( H^\gamma \hookrightarrow W^{1,\infty} \), so all such velocity fields are at least (globally) Lipschitz. When it is clear from context, we will not distinguish when a norm is being applied to a scalar valued function or vector valued one.

### 4.1.1. Skew Product Formulation

In what follows, we will describe a class of time dependent velocity fields that are subordinate to an ergodic measure preserving flow. The formulation we present is in the general setting of a skew-product, defined below, which providing a natural dynamical framework for systems evolving on \( H \) driven by an external forcing, either random or deterministic.

Let \( (\Omega, \mathcal{F}, P) \) be a probability space and let \( \theta^t : \Omega \to \Omega \) be a flow of measurable ergodic, \( P \)-preserving transformations on \( \Omega \). Assume that for each \( t \geq 0 \), we have a mapping \( \tau^t : \Omega \times H \to \Omega \) of the form

\[
\tau^t(\omega, u) = (\theta^t \omega, \Phi^t_\omega(u)),
\]

where \( \Phi^t : \Omega \times H \to H \) is measurable and \( u \mapsto \Phi^t_\omega(u) \) is continuous for all \( \omega \in \Omega \). Moreover, we will assume \( \Phi^t_\omega \) satisfies \( \Phi^0_\omega(u) = u \) and the cocycle property

\[
\Phi^{t+r}_{\omega} = \Phi^r_{\theta^t \omega} \circ \Phi^t_{\omega}, \quad t, r \geq 0,
\]

for all \( \omega \in \Omega \). Mappings of the form \( \tau^t \) are referred to as skew product flows over \( \theta^t : \Omega \to \Omega \).

Conceptually, for each \( \omega \in \Omega \) we view the (potentially non-invertible) map \( \Phi^t_\omega : H \to H \) as describing the evolution of a time-varying incompressible velocity field

\[
u_t := \Phi^t_\omega(u_0).
\]
From this perspective, the set \( \Omega_1 \) encodes the set of nonautonomous driving or forcing paths \( \omega = (\omega(t))_{t \geq 0} \) and \( \theta^t \) denotes the time shift flow. Equation (30) reflects that the forcing path evolving from time \( t \) to time \( t + r \) is given by \( \theta^t \omega \).

This framework includes a variety of evolution equations on \( H \), including the 2d Navier–Stokes equations with either stochastic (e.g. white in time forcing) or deterministic (e.g. time-periodic) driving terms as (see [50] Section 2.4.4 for a construction of such an RDS in the case of white in time forcing). Higher dimensional (\( d \geq 3 \)) examples of fluid motion can be considered by adding hyperviscosity or Galerkin truncations. Other models can be formulated in terms of a skew-product flow and don’t necessarily need to solve a fluid equation, e.g., time-stationary fields, time-periodic fields, and time dependent linear combinations \( u_t(x) = \sum k u_k(x)z^k(t) \) of fixed, time-independent vector fields \( \{u_k\} \) are a collection of processes on \( \mathbb{R} \) (e.g., Ornstein Uhlenbeck processes).

Lastly, throughout what follows we will assume \( m \) is a \( \tau^t \)-invariant measure on \( (\Omega_1 \times H, \mathcal{F} \times \text{Bor}(H)) \) such that

\[
m(A \times H) = P(A), \quad A \in \mathcal{F}.
\]  

The measure \( m \) captures the statistics of typical velocity fields \( (u_t) \) with respect to the model, while (31) reflects that \( P \) is the law of the underlying driving. For additional discussion on ergodicity and invariance, see Sect. 2.1.1.

### 4.2. Passive Scalar Advection Linear Cocycle

Let \( \tau^t : \Omega \times H \to \Omega \times H \) be as above. Given a fixed initial \( (\omega, u_0) \in \Omega \times H \) and \( t > 0 \), define \( u_t := \Phi^t_\omega(u_0) \). For \( \kappa > 0 \), we are interested in solutions \( (f_t)_{t \geq 0} \) to the passive scalar advection diffusion equation

\[
\partial_t f_t + u_t \cdot \nabla f_t = \kappa \Delta f_t
\]

for fixed initial mean-zero scalars \( f_0 : \mathbb{T}^d \to \mathbb{R} \). Being a parabolic equation with Lipschitz velocity field, well-posedness of (32) \( H^s \) for any \( s \geq 0 \) is classical. One can extend to \( H^{-s} \) by the density of \( H^s \) in \( H^{-s} \), linearity of the equation, and the \( L^2 \) duality of \( H^s \) and \( H^{-s} \).

**Proposition 4.1.** For any \( s \in \mathbb{R} \) and \( (\omega, u_0) \in \Omega \times H \), there is a semiflow of compact linear operators \( S^t_{\omega,u_0} : H^s \to H^s \), \( t \geq 0 \), such that \( f_t := S^t_{\omega,u_0} f_0 \) is a solution to (32) with initial data \( f_0 \in H^s \). Moreover, the operators \( S^t_{\omega,u_0} \) form a linear cocycle over \( \tau^t \): for \( r, t \geq 0 \) we have

\[
S^{t+r}_{\omega,u_0} = S^r_{\theta^t \omega,u_t} \circ S^t_{\omega,u_0} \quad \text{for all} \quad (\omega, u_0) \in \Omega \times H.
\]

Our first result says that for measure-typical velocity fields \( (u_t) \), the asymptotic exponential growth (or decay) rate of \( (f_t) \) exists for any initial scalar \( f_0 \), and that ‘typical’ initial scalars see only a single exponential growth rate \( \lambda_1 \) independent of the \( H^s \) norm one uses.

\[10\] A version of this argument is carried out in the proof of Lemma 4.18.
Theorem 4.2. Let $\gamma' \geq \gamma > 1 + d/2$ and assume that there is an invariant measure $\mathfrak{m}$ for $\tau^t : \Omega \times H^{\gamma'} \circ$ that satisfies the mild moment condition

$$
\int \left( \int_0^1 \|u_s\|_{H^{\gamma'}} ds \right) \mathfrak{d}m(\omega, u_0) < \infty. \tag{33}
$$

Let $\kappa > 0$ be fixed. Then the following hold:

(a) For $\mathfrak{m}$-a.e. $(\omega, u_0) \in \Omega \times H^{\gamma'}$ and for all $s \in [-\gamma', \gamma']$ and mean-zero $f_0 \in H^s$, the global solution $f_t = S^t_{\omega, u_0} f_0$ to (32) has the property that the limit

$$
\lambda(\omega, u_0; f_0) := \lim_{t \to \infty} \frac{1}{t} \log \|f_t\|_{H^s} \in [-\infty, \infty) \tag{34}
$$

exists and is independent of $s \in [-\gamma', \gamma']$.

(b) If $\mathfrak{m}$ is also ergodic, then there exists $\lambda_1 \in \mathbb{R} \cup \{-\infty\}$ and $N \in \mathbb{Z}_{\geq 0}$, each depending only on $\kappa$, with the following property: for all $s \in [-\gamma', \gamma']$, for $\mathfrak{m}$-a.e. $(\omega, u_0) \in \Omega \times H$, and for all $f_0$ chosen off of an $N$-codimensional subspace of $H^s$, we have

$$
\lambda_1 = \lim_{t \to \infty} \frac{1}{t} \log \|f_t\|_{H^s}. \tag{35}
$$

Remark 4.3. In contrast to classical parabolic regularity theory, which gives $H^s$ regularity of $f_t$ for all $s \geq 0$ as long as $u_t \in H$ locally uniformly in $t$, Theorem 4.2 requires more quantitative regularity estimates in terms of $u_t$. Consequently, the range of $s$ to which equality of exponents applies is constrained by the regularity of $u$ where certain moments are available.

Proof. As an immediate implication of Lemmas 4.17 and 4.18 below, we obtain that for any $-\gamma' \leq s \leq \gamma'$, we have that $S^t_{\omega, u_0}$ is a semiflow of compact linear operators in $H^s$. By Lemmas 4.17 and 4.18, equation (33) implies the logarithmic moment estimate

$$
\int \log^+ \|S^1_{\omega, u_0}\|_{H^s} \mathfrak{d}m(\omega, u_0) < \infty, \tag{35}
$$

which implies that the MET (Theorem 2.2) applies to $S^t_{\omega, u_0}$ as a linear cocycle over $(\tau^t, \mathfrak{m})$ along integer times $t$. For the limits (34) taken along integer times, parts (a) and (b) now follow immediately from Theorem 2.6. To pass from discrete to continuous-time limits in part (a), it suffices that the cocycle $S^t_{\omega, u_0}$ satisfies

$$
\log^+ \sup_{t \in [0, 1]} \|S^t_{\omega, u_0}\|_{H^s}, \log^+ \sup_{t \in [0, 1]} \|S^{1-t}_{\omega, u_t}\|_{H^s} \in L^1(\mathfrak{m}). \tag{36}
$$

This too follows from Lemmas 4.17 and 4.18. \qed

---

11 This sufficient condition for passing from discrete to continuous time Lyapunov exponents is classical; see, e.g., [52].
As discussed in Sect. 1.1.1, at $\kappa = 0$ equality of exponents does not hold. This suggests that as $\kappa \to 0$ the “rate” at which the Lyapunov exponent is realized in $H^s$ depends heavily on $s$. For example, although the exponents in $H^1$ and $L^2$ agree and are negative as $t \to \infty$, there is a $\kappa$-dependent transient timescale along which the $H^1$ norm increases before decay starts [60], while the $L^2$ norm can only decrease. Now we provide a way of quantifying this $\kappa$-dependence. For simplicity, we state the result in the case when $(t^i, m)$ is ergodic and the comparison between $L^2$ and $H^s$, $s > 0$.

For $\epsilon > 0$, $s \in [0, \gamma')$, define the Lyapunov regularity functions\(^{12}\)

\[
D^{H_s^\epsilon}_{s, \kappa}(\omega, u_0) = \sup_{n \in \mathbb{Z} \geq 0} \frac{\| S^n_{\omega, u_0} \|_{H^s}}{e^{n(\lambda_1 + \epsilon)}},
\]

\[
D^{H_s^\epsilon}_{s, \kappa}(\omega, u_0) = \sup_{n \in \mathbb{Z} \geq 0} \frac{e^{n(\lambda_1 - \epsilon)} \sin \angle_{H_s^\epsilon}(v, F_{H_s^{s+1}}(x))}{\| S^n_{\omega, u_0} \|_{H^s}}. \tag{37}
\]

**Corollary 4.4.** Assume the setting of Theorem 4.2, and in addition, that $(t^i, m)$ is ergodic. Fix $p > 3$ and $0 < q < \frac{p^2 - 3p}{p - 1}$, and assume the moment condition

\[
\mathcal{I} := \int \left( \int_0^1 (1 + \| u_\tau \|_{H^\gamma}) d\tau \right)^p dm(\omega, u_0) < \infty.
\]

Then, for any $\delta, \kappa > 0$ and $-\gamma' \leq s' < s \leq \gamma'$, there exists a function $K_{s', s, \delta, \kappa} : \Omega \times H \to [1, \infty)$ such that for any

\[
\frac{D^{H_s^\epsilon}_{s, \kappa}}{K_{s', s, \delta, \kappa}} \leq \frac{D^{H_s^\epsilon}_{s + \delta, \kappa}}{D^{H_s^\epsilon}_{s, \kappa}}, \quad \frac{D^{H_s^\epsilon}_{s, \kappa}}{D^{H_s^\epsilon}_{s + \delta, \kappa}} \leq K_{s', s, \delta, \kappa},
\]

and the following moment condition holds:

\[
\int (\log^+ K_{s', s, \delta, \kappa})^q dm \lesssim_{p, q} \delta^{-(p - q)} (1 + (s - s')|\log \kappa| + \mathcal{I}.
\]

The proof is a straightforward consequence of Lemmas 4.17, 4.18 and Corollary 2.8.

### 4.3. 2d Navier–Stokes and Its Linearization Cocycle

We turn attention now to linearization along solutions to evolution equations governing the dynamics of the velocity field $u_t$ itself. While much of what we say here can be extended to different evolution equations, we focus in this manuscript on trajectories of the 2d incompressible Navier–Stokes equations on $\mathbb{T}^2$:

\[
\partial_t u + (u \cdot \nabla) u = \nu \Delta u - \nabla p + F, \quad \text{div } u = 0. \tag{38}
\]

\(^{12}\) Recall the definition of the minimal angle $\angle_{H^s}$ in (13).
Here \( p \) is the pressure enforcing the divergence free constraint, \( v > 0 \) is the kinematic viscosity and \( F \) is a spatially smooth body forcing which we will take to be either stochastic and white-in-time or periodic in time. We will assume throughout that the forcing \( F \) and solutions \( u_t \) are mean-zero on \( \mathbb{T}^2 \).

In what follows, we present two cases where the 2d Navier–Stokes equations give rise to a skew-product flow \( \tau^t \) in the sense of Sect. 4.1.1: periodic forcing and white in time stochastic forcing (both of which we assume to be additive). We will then study the cocycle associated to its linearization in vorticity form and present Theorem 4.12 concerning Lyapunov exponents taken in \( H^1 \) as \( s \) varies. Since many of the results below are standard, where appropriate proof sketches are given with most details omitted.

4.3.1. Periodic Forcing  
Below, we formulate evolution by the Navier–Stokes equations in the skew product formulation of Sect. 4.1.1 in the case of additive, time-periodic, spatially regular forcing. In this case, \( \Omega = S^1 \), where the circle \( S^1 \) is parametrized by \([0, 1)\) with the endpoints identified. The time shift \( \theta^t : \Omega \to \Omega \) is given by \( \theta^t \omega = \omega + t \mod 1 \), while the measure \( \mathbf{P} \) is normalized Lebesgue measure.

The following well-posedness and regularity results on Sobolev spaces are classical (see for instance \([50,68,75]\)).

**Proposition 4.5.** (\([50]\) Theorem 2.1.19) 
(i) Fix an integer \( m \geq 2 \) and \( F \in L^2([0, \infty), H^{m-1}) \). For each fixed initial \( u_0 \in H^0 \) and for all \( \varepsilon > 0 \) there exists a unique solution \( u \in C([\varepsilon, T]; H^m) \cap L^2([\varepsilon, T]; H^{m+1}) \) for each \( \varepsilon > 0 \) and \( T \geq 0 \). Moreover, there exists a constant \( C_m \) such that the following inequality holds for each \( 0 \leq t \leq T \):

\[
\tau^m \| u_t \|^2_{H^m} + \int_0^t \sigma^m \| u_s \|_{H^{m+1}} \, ds \leq \int_0^t \sigma^m \| F_s \|_{H^{m-1}} \, ds + C_m \left( \| u_0 \|_{L^2} + \| u_0 \|_{L^2}^{4m+2} + \| F \|_{L^2([0,T];L^2)^m} \right) 
\tag{39}
\]

(ii) For each \( 0 \leq r \leq m \), there exists a continuous mapping \( \Phi^r : \Omega \times H^r \to H^r \), over \( \theta^t \), (\( \Omega, \mathcal{F}, \mathbf{P} \)) such that \( u_t = \Phi^r_{\omega}(u_0) \) is the unique solution to (38) with initial data \( u_0 \) and forcing \( F + \omega \). Moreover, \( \Phi^r_{\omega} : H^r \to H^r \) in injective and \( C^1 \) Fréchet differentiable for all \( \omega \in \Omega \), \( t \geq 0 \).

Since \( F \) is periodic, it is natural to consider the time-one map \( \Phi^1_{\omega} : L^2 \to L^2 \) since \( \theta^1 \omega = \omega \) and therefore \( \Phi^n_{\omega} = \Phi^1_{\omega} \circ \cdots \circ \Phi^1_{\omega} \) for \( n \in \mathbb{Z}_{\geq 0} \). This mapping admits a compact global attractor \( \mathcal{A} \) to which solutions converge:

**Corollary 4.6.** Assume \( F \in H = H^r \) for all \( t \in [0, 1] \).

(a) The mapping \( \Phi^1_{\omega} \) admits a compact global attractor \( \mathcal{A} \subset H \). Precisely, (i) \( \Phi^1_{\omega}(\mathcal{A}) = \mathcal{A} \), (ii) \( \Phi^1_{\omega} : \mathcal{A} \to \mathcal{A} \) is a homeomorphism, and (iii) for all \( u_0 \in H \) and \( \omega \in \Omega \), any subsequential limit \( u_* = \lim_{n \to \infty} u_{n_{\omega}} \) of the trajectory \( (u_n)_{n \geq 0} \) belongs to \( \mathcal{A} \).
(b) There exist invariant probability measures \( \mu \) for \( \Phi^1_0 \). Moreover, all such invariant measures are supported on \( A \).

Proof sketch. For part (a), equation (39) implies that the time-1 semiflow \( \Phi^1_0 \) is dissipative on \( H \), and so admits a global compact attractor \( A \); see, e.g., Chapter 10 of [68] for further details. Injectivity of \( \Phi^1_0 : A \circ \rightarrow (\Phi^1_0, \Phi^1_0(\omega)) \) now implies \( \Phi^1_0 : A \circ \rightarrow A \) is a homeomorphism. Finally, statement (a)(iii) is immediate from the definition of a global attractor. Part (b) now follows from (a)(i)–(iii) and the Krylov-Bogoliubov argument (c.f. Example 2.1). \( \square \)

Given a \( \Phi^1_0 \)-invariant measure \( \mu \), we define an associated measure \( m \) on \( \Omega \times H \) via

\[
dm(\omega, u) = d\mu_\omega(u)dp(\omega), \quad \text{where} \quad \mu_\omega := (\Phi^0_0)_* \mu, \quad (40)
\]

and \( (\Phi^0_0)_* \mu := \mu \circ (\Phi^0_0)^{-1} \) is the pushforward of the measure \( \mu \) under the map \( \Phi^0_0 \). We see that the measure \( m \) is an ergodic invariant measure for the skew-product flow \( \tau^t(\omega, u) = (\theta^t \omega, \Phi^t_\omega(u)) \), and therefore we are in the general setup of Section 4.1.1.

Proposition 4.7. Let \( \mu \) be a probability measure on \( H \), and define \( m \) and \( \mu_\omega \) as in (40)

1. If \( \mu \) is \( \Phi^1_0 \)-invariant, then \( m \) is \( \tau^t \)-invariant.
2. If \( \mu \) is \( \Phi^1_0 \)-ergodic, then \( m \) is \( \tau^t \)-ergodic

Proof sketch. Part 1 follows from the definitions and [50, Proposition 1.3.27]. For part 2, it is straightforward from the definitions that \( \mu_\omega \) is ergodic for \( \Phi^1_\omega: H \circ \rightarrow H \) for all \( \omega \in \Omega \). From here, it follows that any \( \tau^t \)-invariant function \( \psi(\omega, u) \) is \( \mu_\omega \)-almost surely independent of \( u \), while ergodicity of \( P \) on \( \Omega \) implies almost-sure constancy in \( \omega \), so that in the end \( \psi \) itself is \( m \)-almost surely constant. \( \square \)

4.3.2. White-In-Time Forcing Next we consider the white-in-time stochastically forced case. Specifically, we will assume that the forcing \( F \) is the time derivative of a Brownian process in \( H \):

\[
F = \partial_t \xi, \quad \xi(t, x) = \sum_{j=1}^{\infty} \sigma_j e_j(x) \beta_j(t),
\]

where \( \{ \beta_j \} \) are independent canonical 1d Wiener processes, \( \{ e_j \} \) forms an orthonormal basis for \( H \), and the coefficients \( \sigma = \{ \sigma_j \} \) satisfy \( \| \sigma \|_2^2 = \sum_{j=1}^{\infty} \sigma_j^2 < \infty \). This last condition ensures that the process \( \xi_t = \xi(t, \cdot) \) is a continuous process in \( H \). Since \( \xi_t \) is not differentiable in time, the Navier–Stokes equations must be interpreted in a time-integrated sense:

\[
u \Delta u_t + \nabla p_t = \xi_t, \quad u_t - u_0 + \int_0^t ((u_s \cdot \nabla) u_s - v \Delta u_s + \nabla p_s) \, ds \quad \text{in} \quad H^{-1}
\]

where equality holds in \( H^{-1} \) with probability 1.
In this setting we take \( \Omega \) to be the space \( C_0(\mathbb{R}_+; \mathbf{H}) \) of continuous one-sided paths \( \omega : \mathbb{R}_+ \to \mathbf{H} \) vanishing at 0, with the standard Borel sigma algebra \( \mathcal{F} \) and equipped with a Gaussian measure \( \mathbf{P} \) whose projection onto basis elements \( e_j \) through the map \( \omega \mapsto \langle e_j, \omega \rangle_{\mathbf{H}} \) is the canonical Wiener measure. We define the semiflow \( \theta^t : \Omega \to \Omega \) to be the shift map

\[
(\theta^t\omega)_s = \omega_{t+s} - \omega_t, \quad t, s \in \mathbb{R}_+,
\]

which is easily seen to leave the measure \( \mathbf{P} \) invariant.

The following well-posedness, regularity and construction of an RDS is well-known (see e.g. [50] §2.4).

**Proposition 4.8.** Let \( d = 2, \gamma > 1 + \frac{d}{2} = 2 \), and suppose that \( F \) is of the form (41) where \( \sum_j j^{2(\gamma-1)}\sigma_j^2 < \infty \) (hence \( \xi_t \in \mathbf{H}^{\gamma-1} \) with probability 1). Then, there exists a measurable mapping \( \Phi^t : \Omega \times \mathbf{H} \to \mathbf{H} \) such that \( u_t = \Phi^t_\omega(u_0) \) is a strong pathwise solution to (38) (in the integral sense) with initial data \( u_0 \) and noise path \( \omega = (\xi_t) \). Moreover, for \( \mathbf{P} \)-a.e. \( \omega \), the mapping \( \Phi^t_\omega : \mathbf{H} \to \mathbf{H} \) is injective and \( C^1 \) Fréchet differentiable, and satisfies the cocycle property

\[
\Phi^{t+r}_{\omega} = \Phi^r_{\theta^t\omega} \circ \Phi^t_\omega \quad \text{for all } r, t \geq 0, \text{ and for all } \omega \in \Omega.
\]

Lastly, \( \omega \mapsto \Phi^t_\omega \) only depends on \( \omega|_{[0,t]} \).

That \( \Phi^t_\omega \) depends only on \( \omega|_{[0,t]} \) implies that it is Markovian, in the sense that \( u_t = \Phi^t_\omega \) is a Markov process. We say that a probability measure \( \mu \) on \( \mathbf{H} \) is a stationary measure for this Markov process if

\[
\mathbb{E}(\Phi^t_\omega)_*\mu = \mu.
\]

Existence of such a measure for dissipative RDS is generally guaranteed by a simple Krylov Bogoliubov argument (see, e.g. [50]). However, in contrast to the deterministic forcing case, it is often the case that this measure is in fact unique under fairly mild conditions on the noise (see e.g. [30,41]). It is well known that stationary measures \( \mu \) are in one-to-one correspondence with the invariant measure \( m = \mathbf{P} \times \mu \) on \( \Omega \times \mathbf{H} \) for the skew product flow \( \tau^t(\omega, u) = (\theta^t\omega, \Phi^t_\omega(u)) \).

**Theorem 4.9.** (a) (Theorem 4.2.9 [50]) Let \( \mu \) be a stationary probability measure for \((u_t)\). Then, \( m = P \times \mu \) is an invariant measure for the semiflow \( \tau^t : \Omega \times \mathbf{H} \).

(b) (Theorem I.2.1 [47]) If \( \mu \) is the unique stationary measure for \((u_t)\), then \( P \times \mu \) is ergodic for \( \tau^t \).

Moreover depending on the regularity of \( F_t \) one can obtain moment estimates of higher Sobolev norms with respect the the stationary measure \( \mu \). The following estimate is a consequence of [49] (also c.f. Exercise 2.5.8 [50]).

**Proposition 4.10.** Suppose \( \sum_j j^{2r}\sigma_j^2 < \infty \) for some \( r \geq \gamma \). Then, any stationary measure \( \mu \) for (38) satisfies the estimate

\[
\int \left( \sup_{t \in [0,1]} \|u_t\|_{H^r}^p \right) \, dm(\omega, u_0) < \infty.
\]

for all \( p \geq 0 \).
4.3.3. Linearized Navier–Stokes  In either the time-periodically forced or stochastically forced setting, we will assume below that \( u_t = \Phi^t_\omega(u_0) \) on \( \mathcal{H} \). Our main goal is to study the linearized Navier–Stokes cocycle given by the Fréchet derivative \( D_{u_0} \Phi^t_\omega \), which acts as a linear operator on divergence free velocity fields. Specifically, given an initial divergence free velocity \( v_0 \in \mathcal{H} \) (viewed as an infinitesimal perturbation), the trajectory \( v_t = (D_{u_0} \Phi^t_\omega)v_0 \) satisfies the linearized or first variation equation

\[
\partial_t v + (u \cdot \nabla)v + (v \cdot \nabla)u = v \Delta v - \nabla q, \quad \text{div} v = 0, \tag{42}
\]

where \( q \) is the pressure enforcing the divergence-free constraint on \( v \). Hence \( D_{u_0} \Phi^t_\omega \) is the solution operator to the above linear equation and defines a compact linear cocycle on \( \mathcal{H} \). By uniqueness of solutions to (42), the \( D_{u_0} \Phi^t_\omega \) satisfy the cocycle property

\[
D_{u_0} \Phi^{t+r}_\omega = D_{u_t} \Phi^t_{\theta_r \omega} \circ D_{u_0} \Phi^t_\omega \quad \text{for all } r, t \geq 0. \tag{43}
\]

To apply Theorem 2.6 in this setting, we want to treat \( D_{u_0} \Phi^t_\omega \) as a cocycle over \( \mathcal{H}^s \) for a range of \( s \), given a fixed base \( \Phi^t_\omega \) on \( \mathcal{H} = \mathcal{H}^\gamma \), where \( \gamma > 2 \) is fixed. The following summarizes what is needed.

**Proposition 4.11.** Fix \( \gamma' \geq \gamma, \omega \in \Omega, u_0 \in \mathcal{H} \) and suppose \( u_t = \Phi^t_\omega(u_0) \) is a solution to the 2d Navier-Stokes equations (38) in the setting of either Proposition 4.5 or 4.8. Assume that for \( m \)-a.e. \((\omega, u_0)\in\Omega \times \mathcal{H} \), the solution \( u_t = \Phi^t_\omega(u_0) \) satisfies \( (u_t) \in L^1_{\text{loc}}([0, \infty), \mathcal{H}^{\gamma' + 2}) \). Then:

(a) The mapping \( D_{u_0} \Phi^t_\omega : \mathcal{H} \rightrightarrows \mathcal{H}^s \) extends\(^{13}\) to a compact bounded linear operator on \( \mathcal{H}^s \) such that \( v_t := D_{u_0} \Phi^t_\omega v_0 \) is a solution to (42) with initial data \( v_0 \in \mathcal{H}^s \).

Equation (43) is satisfied as a cocycle on \( \mathcal{H}^s \).

(b) The mapping \((\omega, u_0) \mapsto D_{u_0} \Phi^t_\omega \) is strongly measurable in \( \mathcal{H}^s \).

**Proof sketch.** Since (42) is parabolic (up to a compact perturbation), well-posedness in \( \mathcal{H}^s, s \geq 0 \) is standard (see [42]), while well-posedness in \( \mathcal{H}^{-s} \) can be proved via a duality argument and using linearity of the equation. A priori estimates sufficient to deduce these statements for a range of \( s \) related to the regularity of \( u \) are presented in Sect. 4.4.3. \(\square\)

We are now in position to state our results on the Lyapunov exponents of 2d Navier–Stokes.

**Theorem 4.12.** Let \( \nu > 0 \) be fixed. Let \( \tau^t : \mathcal{H} \times \Omega \rightrightarrows \mathcal{H} \) be the skew product semiflow associated to the Navier-Stokes equations and let \( m \) be a \( \tau^t \)-invariant probability measure that satisfies the following moment condition for some \( \gamma' \geq \gamma > 1+d/2 = 2 \):

\[
\int \left( \int_0^1 \|u_t\|_{\mathcal{H}^{\gamma' + 2}} \, dt \right) \, dm(\omega, u_0) < \infty. \tag{44}
\]

Then:

\(^{13}\) When there is no confusion, we will abuse notation somewhat and write \( D_{u_0} \Phi^t_\omega : \mathcal{H}^s \to \mathcal{H}^s \) for the extended operator.
(a) For m-a.e. \((\omega, u_0) \in \Omega \times H\) and for all \(s \in [-\gamma' + 1, \gamma' + 1]\) and mean-zero divergence free velocity fields \(v_0 \in H^s\), the global solution \(v_t = D_{u_0} \Phi_t \omega v_0\) to (32) has the property that the limit
\[
\lambda(\omega, u_0; v_0) := \lim_{t \to \infty} \frac{1}{t} \log \|v_t\|_{H^s}
\]
exists (note the limit \(-\infty\) is possible) and is independent of \(s \in [-\gamma' + 1, \gamma' + 1]\).

(b) If \(m\) is also \(\tau'\)-ergodic, then there exists \(\lambda_1 \in \mathbb{R} \cup \{-\infty\}\) and \(d' \in \mathbb{Z}_{\geq 0}\), each depending only on \(m\) and \(\nu\), with the following property: for all \(s \in [-\gamma' + 1, \gamma' + 1]\), for m-a.e. \((\omega, u_0) \in \Omega \times H\), and for all \(v_0\) chosen off of a \(d\)-codimensional subspace of \(H^s\), we have
\[
\lambda_1 = \lim_{t \to \infty} \frac{1}{t} \log \|v_t\|_{H^s}.
\]

**Proof.** Lemmas 4.19 and 4.20 and the estimate (44) imply immediately that \(\|D_{u_0} \Phi_0\|_{H^s}\) satisfies the analogue of the logarithmic moment estimate (35) for any \(s \in [-\gamma' + 1, \gamma' + 1]\). The MET (Theorem 2.2) and Theorem 2.6 apply, implying convergence of the limits (45) and independence from \(s\) when taken along integer times. Passing from discrete to continuous time follows similarly, using the analogue of (36). \(\square\)

**Remark 4.13.** Note that in light of the regularizing properties of Navier–Stokes the moment condition (44) for solutions to Navier stokes is ultimately a condition on the regularity of the force. In the periodically forced case, it is sufficient for the moment condition (44) for solutions to Navier stokes is ultimately a condition
\[
\sum_j j^{2(\gamma'+2)}\sigma_j^2 < \infty.
\]

We now apply Corollary 2.8 concerning Lyapunov regularity functions to the Navier–Stokes cocycle. For \(\epsilon, \nu > 0\) and \(s \in [-\gamma' + 1, \gamma' + 1]\), let \(\overline{D}^H_{\epsilon, \nu}, \overline{D}^H_{-\epsilon, \nu} : \Omega \times H \to [1, \infty)\) denote the Lyapunov regularity functions for the cocycle \(D_{u_0} \Phi_t\omega\), defined analogously to (37).

**Corollary 4.14.** Assume the setting of Theorem 4.12, and in addition, that \((\tau', m)\) is ergodic. Fix \(p > 3\) and \(0 < q < \frac{p^2 - 3p}{p - 1}\), and assume the moment condition
\[
\mathcal{I}_p := \int \left( \int_0^1 (1 + \|u_\tau\|_{H^{\gamma'+2}}) d\tau \right)^p dm(\omega, u_0) < \infty.
\]
Then, for any \(\delta, \nu > 0\) and \(-\gamma' + 1 \leq s' < s \leq \gamma' + 1\), there exists a function \(K_{s', s}^{\delta, \nu} : \Omega \times H \to [1, \infty)\) such that
\[
\overline{D}^H_{\epsilon, \nu} \leq K_{s', s}^{\delta, \nu} \overline{D}^H_{-\epsilon, \nu}, \quad D^H_{\epsilon, \nu} \leq K_{s', s}^{\delta, \nu} D^H_{-\epsilon, \nu},
\]
and the following moment condition holds:
\[
\int (\log^+ K_{s', s}^{\delta, \nu}) q dm \lesssim_p q \delta^{-1(p-q)} (1 + (s - s')|\log \nu| + \mathcal{I}_p).
\]
4.4. Verifying the Moment Conditions

In this section we record and prove the estimates needed to verify the moment condition (15) to apply Theorem 2.6 to advection diffusion and the 2d linearized Navier-Stokes equations described above. The techniques are straightforward, employing tools from Fourier multipliers and paradifferential calculus. It is likely that the stability estimates (47), (49) and (52), (53) are not sharp and could be improved with more work.

4.4.1. Preliminary Estimates  For each $s \in \mathbb{R}$ we define the fractional derivative operator $\Lambda^s$ to be the Fourier multiplier

$$\mathcal{F}[\Lambda^s f](k) := |k|^s \hat{f}(k).$$

We begin by proving a fundamental commutator estimate for the advection operator $u \cdot \nabla$. While the following techniques are quite standard in the literature (see for instance [46]), we were unable to find the exact form needed for our analysis.

**Lemma 4.15.** Let $\gamma > \frac{d}{2} + 1$, $s \in [0, \gamma]$. Then, there exists a constant $C$ depending on $\gamma, d$ such that for all mean-zero vector fields $u \in H = H^\gamma$ and mean-zero scalars $f \in H^s$, we have

$$\|[(\Lambda^s, u \cdot \nabla)f]_{L^2} \leq C\|u\|_{H^\gamma}\|f\|_{H^s}.$$  

Here, $[A, B] = AB - BA$ denotes the commutator of two operators $A, B$.

**Proof.** By an approximation argument, it suffices to consider the case when $f, u$ are both $C^\infty$. Fixing such $f, u$, note first that the Fourier transform of $[(\Lambda^s, u \cdot \nabla)f]$ is given by

$$\mathcal{F}[\Lambda^s, u \cdot \nabla]f(k) = i \sum_{\ell \in \mathbb{Z}^d_0} \left( (|k|^s - |k - \ell|^s) \hat{f}(k - \ell) \right) (k - \ell) \cdot \hat{u}(\ell).$$

By Parseval’s identity, it suffices to bound this in $L^2(\mathbb{Z}^d_0)$. For this, we split this sum up into two regions $|\ell| < |k|/2$ and $|\ell| \geq |k|/2$; we label the $\sum_{|\ell| < |k|/2}$ term $I(k)$ and the $\sum_{|\ell| \geq |k|/2}$ term $II(k)$.

When $|\ell| < |k|/2$, it holds that $|k - \ell| \approx |k|$. It then follows from the mean value theorem that $|k|^s - |k - \ell|^s \lesssim |k - \ell|^{s-1}|\ell|$, hence

$$|I(k)| \lesssim \sum_{\ell \in \mathbb{Z}^d_0} |\ell| |\hat{u}(\ell)||k - \ell|^s |\hat{f}(k - \ell)|.$$

By Young’s inequality, it follows that the $L^2$ norm of $(I(k))_{k \in \mathbb{Z}^d_0}$ is bounded by $\|u\|_{H^\gamma}\|f\|_{H^s}$ where we used the fact that $|\ell|^{-r}$ belongs to $L^2(\mathbb{Z}^d_0)$ if $r > d/2$ and $\gamma \geq r + 1$ so that $\|u\|_{H^{r+1}} \leq \|u\|_{H^\gamma}$.

When $|\ell| \geq |k|/2$, we instead have that $|k - \ell| \lesssim |\ell|$. Therefore, $|k|^s - |k - \ell|^s \lesssim |\ell|^s$ and $|\ell|^{s-r} \lesssim |k - \ell|^{s-r}$ since $s \leq \gamma$. This gives,

$$|II(k)| \lesssim \sum_{\ell \in \mathbb{Z}^d_0} |\ell|^{s-r} |\hat{u}(\ell)||k - \ell|^{s-r} |\hat{f}(k - \ell)|.$$
Again, by Young’s inequality, this implies that the \( \ell^2 \) norm of \((II(k))_{k \in \mathbb{Z}_0^d}\) is bounded by \( \|u\|_{H^r} \|f\|_{H^s} \).

When dealing with the compact term that arises in linearized Navier-Stokes equation and its adjoint, we will also require the following Lemma, whose proof is similar to that of Lemma 4.15 and is omitted for brevity.

**Lemma 4.16.** Let \( d = 2, \gamma > 1 + d/2 = 2, \) and \( s \in [0, \gamma] \). Then, there exists a constant \( C \) depending on \( \gamma \) such that for all \( u \in H \) and mean-zero \( f \in H^s \), the following estimates hold:

\[
\|\Lambda^s(\Delta u \cdot \nabla)\Lambda^{-2}f\|_{L^2} \leq C\|u\|_{H^\gamma+2}\|f\|_{H^s},
\]

and

\[
\|\Lambda^{s-2}(\Delta u \cdot \nabla)f\|_{L^2} \leq C\|u\|_{H^\gamma+2}\|f\|_{H^s}.
\]

**4.4.2. Advection Diffusion** Let us first consider the advection diffusion equation (32) on \( \mathbb{T}^d \) associated to some arbitrary time dependent velocity field \( u \in L^\infty([0,1]; H) \). Our first step is to prove the following quantitative \( L^2 \to H^s \) regularity estimate:

**Lemma 4.17.** Let \( u : [0,1] \times \mathbb{T}^d \to \mathbb{R}^d \) be a time-varying, divergence-free vector field with \( u \in L^\infty([0,1]; H) \). Let \( (f_t)_{t \in [0,1]} \) be the solution to (32) with \( \kappa \in (0,1) \) and mean-zero \( f_0 \in L^2 \). Then, for all \( s \in [0, \gamma] \), we have that

\[
\|f_1\|_{H^s} \leq \kappa^{-s/2}\exp\left(c \int_0^1 (1 + \|u_\tau\|_{H^r}) \, d\tau\right) \|f_0\|_{L^2},
\]

If \( f_0 \in H^s \), then

\[
\sup_{t \in [0,1]} \|f_t\|_{H^s} \leq \exp\left(c \int_0^1 (1 + \|u_\tau\|_{H^r}) \, d\tau\right) \|f\|_{H^s}.
\]

**Proof.** We prove below the regularization bound (46); the propagation bound (47) follows similarly and its proof is omitted.

By an approximation argument, it suffices to prove the above estimate when \( f_0 \) is \( C^\infty \) and \( u_t \) is a \( C^\infty \) vector field for all \( t \in [0,1] \). For each \( t \in [0,1] \), we consider the time-depending operator \( \Lambda^{t} f_t \) and note that \( \kappa^{s/2} \Lambda^{st} f_t \) satisfies

\[
\partial_t(\kappa^{s/2} \Lambda^{st} f_t) = -\kappa^{s/2} \Lambda^{st}(u_t \cdot \nabla f_t) + \kappa^{s/2}(s \log(\sqrt{\kappa}\Lambda^1) + \kappa \Delta) \Lambda^{st} f_t,
\]

where the operator \( \log(\sqrt{\kappa}\Lambda^1) \) is defined by the Fourier multiplier

\[
\mathcal{F}[\log(\sqrt{\kappa}\Lambda^1) f](k) = \log(\sqrt{\kappa}|k|) \hat{f}(k),
\]

which is defined on the space of mean-zero \( f \). Note that there exists a \( C(s) > 0 \), independent of \( k \) or \( \kappa \), such that \( s \log(\sqrt{\kappa}|k|) \leq \kappa |k|^2 + C(s) \), so that for \( t \in [0,1] \) we have by Parseval’s identity

\[
\langle \Lambda^{rt} f_t, (s \log(\sqrt{\kappa}\Lambda^1) + \kappa \Delta) \Lambda^{st} f_t \rangle_{L^2} L^2 = \sum_{k \in \mathbb{Z}_0^d} (s \log(\sqrt{\kappa}|k|) - \kappa |k|^2) \hat{f}_t(k)^2 \leq ||f_t||^2_{H^{st}}.
\]
Using this and that $f_t$ is smooth and $u_t$ is divergence-free gives the following energy estimate

$$\frac{d}{dt} \left( \frac{1}{2} \kappa^{st} \| f_t \|_{H^{st}}^2 \right) = -\kappa^{st} \langle \Lambda^{st} f_t, \Lambda^{st} (u_t \cdot \nabla f_t) \rangle_{L^2}$$

$$+ \kappa^{st} \langle \Lambda^{st} f_t, (r \log(\sqrt{\kappa} \lambda^1) + \kappa \Delta) \Lambda^{st} f_t \rangle_{L^2}$$

$$\lesssim -\kappa^{st} \langle \Lambda^{st} f_t, [\Lambda^{st}, u_t \cdot \nabla] f_t \rangle_{L^2} + \kappa^{st} \| f_t \|_{H^{st}}^2$$

$$\lesssim \kappa^{st} \left( \| f_t \|_{H^{st}} \| [\Lambda^{st}, u_t \cdot \nabla] f_t \|_{L^2} + \| f_t \|_{H^{st}}^2 \right).$$

Applying the commutator Lemma 4.15 with $s = rt$, assuming $t \in [0, 1]$ and using that $\gamma > \frac{d}{2} + 1$, we conclude that

$$\frac{d}{dt} \left( \kappa^{st} \| f_t \|_{H^{st}}^2 \right) \lesssim (1 + \| u_t \|_{H^\gamma}) \left( \kappa^{st} \| f_t \|_{H^{st}}^2 \right).$$

In particular,

$$\frac{d}{dt} \log \left( \kappa^{st} \| f_t \|_{H^{st}}^2 \right) \lesssim 1 + \| u_t \|_{H^\gamma},$$

and integrating $t$ from 0 to 1 completes the proof. \hfill \Box

**Lemma 4.18.** Let $u : [0, 1] \times \mathbb{T}^d \rightarrow \mathbb{R}^d$ be a time-varying, divergence-free vector field with $u \in L^\infty([0, 1], H)$. Let $f \in C([0, 1]; H^{-s})$ be a solution to (32) with $\kappa \in (0, 1]$ and initial $f_0 \in H^{-s}$ for some $s \in [0, \gamma)$. Then, $f_1 \in L^2$, and

$$\| f_1 \|_{L^2} \leq \kappa^{-s/2} \exp \left( c \int_0^1 (1 + \| u_\tau \|_{H^\gamma}) \, d\tau \right) \| f_0 \|_{H^{-s}}$$

and

$$\sup_{t \in [0, 1]} \| f_t \|_{H^{-s}} \leq \exp \left( c \int_0^1 \| u_\tau \|_{H^\gamma} \, d\tau \right) \| f \|_{H^{-s}}.$$  

**Proof.** As before, we focus below on the proof of (48) and omit that of (49). By an approximation argument, we can assume $f_0, u_t$ are $C^\infty$. Our proof will use the $L^2$ duality of $H^{-s}$ with $H^s$. To see this, let $g_0$ be a smooth, mean-zero function and let $(g_t)$ solve the time reversed equation

$$\partial_t g_t - u_{1-t} \cdot \nabla g_t = \kappa \Delta g_t.$$  

We compute

$$\frac{d}{dt} \langle g_t, f_{1-t} \rangle = \langle \partial_t g_t, f_{1-t} \rangle = -\langle g_t, \partial_t f_{1-t} \rangle = \langle u_{1-t} \cdot \nabla g_t, f_{1-t} \rangle = -\langle g_t, -u_{1-t} \cdot \nabla f_{1-t} \rangle = 0$$

using (i) that $\Delta$ is self-adjoint in the $L^2$ inner product and (ii) $u \cdot \nabla$ is skew-adjoint when $u$ is divergence free. We conclude that $\langle f_1, g_0 \rangle = \langle f_0, g_1 \rangle$. Now,

$$\| f_1 \|_{L^2} = \sup_{\| g_0 \|_{L^2} = 1} \langle f_1, g_0 \rangle = \sup_{\| g_0 \|_{L^2} = 1} \langle f_0, g_1 \rangle \lesssim \| f_0 \|_{H^{-s}} \sup_{\| g_0 \|_{L^2} = 1} \| g_1 \|_{H^s},$$
treating the $g_0$ under the sup as an initial condition for (50). By Lemma 4.17, it holds that
\[
\| g_1 \|_{H^{s'}} \lesssim \kappa^{-s/2} \exp\left( c \int_0^1 (1 + \| u_\tau \|_{H^g}) d\tau \right)
\]
and so
\[
\| f_1 \|_{L^2} \leq \kappa^{-s/2} \exp\left( c \int_0^1 (1 + \| u_\tau \|_{H^g}) d\tau \right) \| f_0 \|_{H^{-s'}}
\]
as desired. \hfill \square

4.4.3. Linearized Navier–Stokes

It is convenient to work with Navier–Stokes in vorticity form
\[
\partial_t w + u \cdot \nabla w = \nu \Delta w + \text{curl } F
\]
where $w = \text{curl } u$, and the velocity $u$ is recovered by the Biot-Savart law $u = \Lambda^{-2}(\nabla \perp w) =: K w$, where here $\nabla \perp = (-\partial_y, \partial_x)$ denotes the skew gradient. In this form, the first variation equation becomes
\[
\partial_t \eta + u \cdot \nabla \eta + v \cdot \nabla w = \nu \Delta \eta
\]
where $v_t = K \eta_t$.

**Lemma 4.19.** Let $u \in L^\infty([0, 1], H) \cap L^1([0, 1], H^{\gamma+2})$, and let $\eta \in L^\infty([0, 1], L^2)$ be the solution to (51) with initial $\eta_0 \in L^2$. Then for each $s \in [0, \gamma]$, $\eta_1 \in H^s$, and satisfies
\[
\| \eta_1 \|_{H^s} \lesssim \nu^{-s/2} \exp\left( c \int_0^1 (1 + \| u_\tau \|_{H^{\gamma+2}}) d\tau \right) \| \eta_0 \|_{L^2}.
\]
If $\eta_0 \in H^s$, then
\[
\sup_{t \in [0, 1]} \| \eta_t \|_{H^s} \lesssim \exp\left( c \int_0^1 (1 + \| u_\tau \|_{H^{\gamma+2}}) d\tau \right) \| \eta_0 \|_{H^s}.
\]

**Proof.** Note that since $w = \Delta \psi$ and $\nabla \perp \psi = u$, we can also rewrite the second term in 51 in the following more useful form:
\[
\partial_t \eta + u \cdot \nabla \eta + \Delta u \cdot \nabla \Lambda^{-2} \eta = \nu \Delta \eta.
\]
Repeating previous computations, we have
\[
\frac{d}{dt} \frac{1}{2} v^{st} \| \eta_t \|_{H^{s'}}^2 = v^{st} \langle \Lambda^{st} \eta_t, (s \log(\sqrt{\nu} \Lambda) + \nu \Delta) \Lambda^{st} \eta_t \rangle - v^{st} \langle \Lambda^{st} \eta_t, [\Lambda^{st}, u_t \cdot \nabla] \eta_t \rangle - v^{st} \langle \Lambda^{st} \eta_t, \Lambda^{st} (\Delta u_t \cdot \nabla) \Lambda^{-2} \eta_t \rangle
\]
The first and second terms are bounded \( \lesssim v^{st} (1 + \|u_t\|_{H^\gamma}) \|\eta_t\|^2_{H^{st}} \) as before, while by Lemma 4.16 we have that the third term is
\[
\lesssim v^{st} \|\eta\|^2_{H^{st}} \|u_t\|_{H^{\gamma + 2}}.
\]
Applying these inequalities and combining all terms, we have shown that
\[
\frac{d}{dt} v^{st} \|\eta_t\|^2_{H^{st}} \lesssim v^{st} \|\eta_t\|^2_{H^{st}} \|u_t\|_{H^{\gamma + 2}}.
\]
The desired conclusion follows as before. The estimate when \( \eta_0 \in H^s \) is similar and omitted.

Using a time reversed adjoint argument, we also have the analogue of Lemma 4.18, whose proof we omit.

**Lemma 4.20.** Let \( u \in L^\infty([0, 1], H^\gamma) \) for \( \gamma > 1 + d/2 \) and let \( \eta \in L^\infty([0, 1], L^2) \) be the solution to (51) with initial \( \eta_0 \in H^{-s} \) for some \( s \in [0, \gamma] \). Then, \( \eta_1 \in L^2 \) and satisfies the estimate
\[
\|\eta_1\|_{L^2} \leq v^{-s/2} \exp\left(c \int_0^1 (1 + \|u_t\|_{H^{\gamma + 2}}) d\tau\right) \|\eta_t\|_{H^{-s}}.
\]
If \( \eta_0 \in H^{-s} \), then
\[
\sup_{t \in [0, 1]} \|\eta_t\|_{H^{-s}} \leq \exp\left(c \int_0^1 (1 + \|u_t\|_{H^{\gamma + 2}}) d\tau\right) \|\eta_t\|_{H^{-s}}. \tag{53}
\]

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