Quantum thermodynamics with missing reference frames: Decompositions of free energy into non-increasing components

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Abstract

If an absolute reference frame with respect to time, position, or orientation is missing one can only implement quantum operations which are covariant with respect to the corresponding unitary symmetry group $G$. Extending observations of Vaccaro et al., I argue that the free energy of a quantum system with $G$-invariant Hamiltonian then splits up into the Holevo information of the orbit of the state under the action of $G$ and the free energy of its orbit average. These two kinds of free energy cannot be converted into each other. The first component is subadditive and the second superadditive; in the limit of infinitely many copies only the usual free energy matters.

Refined splittings of free energy into more than two independent (non-increasing) terms can be defined by averaging over probability measures on $G$ that differ from the Haar measure.

Even in the presence of a reference frame, these results provide lower bounds on the amount of free energy that is lost after applying a covariant channel. If the channel properly decreases one of these quantities, it decreases the free energy necessarily at least by the same amount, since it is unable to convert the different forms of free energies into each other.

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1 Introduction

Free energy is among the most important concepts of thermodynamics since it formalizes the fact that the usability of energy resources depends also on their entropy. Roughly speaking, the idea is that in an energy conversion process the target system should typically be provided with energy without transferring entropy (like increasing the kinetic of potential energy or a macroscopic body, for instance). Therefore, the worth of a system for being an energy source depends on the question to what extent one can extract energy from it without releasing too much entropy $S$ since the transfer of the dispensable entropy to the environment requires the additional amount $S k_B T$ of energy (here $k_B$ is Boltzmann’s constant and $T$ is the temperature of the heat reservoir where the entropy is transferred to, e.g., the environment). Hence the amount of work that can be extracted from a physical system is not given by its inner energy. Instead, it depends also on the entropy and on a fixed reference temperature, namely the temperature of the environment which is potentially used as an entropy sink. Conversely, a system that has no inner energy at all (like a degenerate two-level system) can be used to extract energy from the environment if its physical state is not the maximal entropy state. In other words, information can directly be used to extract work from the surrounding heat bath [1, 2, 3]. This fact implies on the other hand that the initialization of bits requires energy resources, an observation which is usually referred to as Landauer’s principle (cp. [4, 5]). All these statements can be brought into a consistent picture by the notion of free energy: for instance, the initialization of a non-degenerate two-level system to a well defined pure state increases its free energy and requires therefore resources of free energy.

For a quantum system with density operators $\rho$ and Hamiltonian $H$ one can define (in analogy to the classical definition, see [6]) the free energy by the difference

$$ tr(\rho H) - S(\rho) k_B T , $$

where

$$ S(\rho) := -tr(\rho \ln \rho) $$
is the von-Neumann entropy\(^1\) of \(\rho\). Since the Gibbs state

\[
\gamma_T := \frac{e^{-H/(k_B T)}}{tr\left(e^{-H/(k_B T)}\right)}
\]

minimizes (1) it is convenient to redefine free energy by

\[
F(\rho) := tr(\rho H) - S(\rho) k_B T - tr(\gamma_T H) + S(\gamma_T) k_B T,
\]

implying that \(F(\rho) = 0\) if and only if \(\rho = \gamma_T\).

It is known that no physical process which uses no additional energy resources can convert \(\rho\) into a state \(\tilde{\rho}\) with \(F(\tilde{\rho}) > F(\rho)\). This follows already from the fact that \(F(\rho)\) is up to the constant \(k_B T\) the Kullback-Leibler distance between \(\rho\) and \(\gamma\) [8] and that it is not possible to create non-equilibrium states from \(\gamma\) without using additional energy resources. Therefore \(\gamma\) is invariant with respect to all those operations and to increase \(F\) would mean to increase the distance to \(\gamma\) in contradiction to the fact that no operation can increase Kullback-Leibler distances between density operators [8].

Even though the monotonicity of free energy is maybe the most important constraint on the possible operations one should not forget that additional constraints arise in particular for quantum systems. However, they depend on additional assumptions on the set of physical processes. Refs. [3, 2, 9, 10] consider work extraction from quantum systems by unitary operations. In these models, the amount of extractable work does not only depend on the inner energy and the entropy of the system. Instead, it can only be calculated from more detailed information on the spectrum of the density operator.

In [11] we have furthermore considered timing information as a kind of thermodynamic resource. The idea was the following. Defining a physical system that includes all available clocks, no operation on the joint system can increase the information about an externally defined time reference frame. Every quantum state that is prepared in a superposition of different energy eigenstates with well-defined phase with respect to the external reference frame, provides some information on the latter. The impossibility to create

\(^1\)Note that it is not straightforward to replace the classical quantity \(S\) with von-Neumann entropy in quantum mechanics [7]. However, it goes beyond the scope of this article to discuss this issue. We assume here that the free energy in eq. (1) is nevertheless a reasonable quantity for quantum thermodynamics.
information on the external time can also be interpreted as the impossibility to prepare superpositions of different energy eigenstates with well-defined phase. Such kind of coherent superpositions are therefore a special kind of deviation from equilibrium which could be considered as a resource in its own right. Whereas the complexity for communicating reference frames for time, position, and orientation has been extensively studied in the literature (e.g. [12, 13]) and its cryptographic power has been pointed out [14], the thermodynamical relevance of reference frames has mainly be considered in [15] and [16]. Whereas the first article considers the thermodynamic cost of establishing reference frames with classical communication, the authors in [16] observe that the worth of thermodynamic resources is reduced by missing reference frames. The latter observation is the venue of this article.

The paper is organized as follows. In Section 2 we sketch the idea to restrict the set of operations to covariant maps, i.e., those that can be implemented without referring to an external frame. We rephrase the idea of Vaccaro et al. [16] to consider a thermodynamic theory that is modified by the additional constraint of covariance.

In Section 3 we will show explicitly that the covariance condition implies a splitting of free energy into two terms which cannot be converted into each other. We refine this splitting of free energy into arbitrarily many terms reflecting the fact that different kind of timing information that refer to different time scales cannot be converted into each other. The theory can be generalized to other covariance conditions that may stem, for instance, from missing spatial or rotational reference frames provided that the considered unitary symmetry operation commutes with the Hamiltonian. In Section 4 we argue why the splitting loses its relevance in the macroscopic limit of a large number of identical systems. In Section 5 we will show that the results have implications also for situations where reference frames are available. This is because every covariant operation that decreases one kind of free energy decreases also the total amount of free energy and this loss is clearly irreversible even if a reference frame is available. We sketch how to apply this idea to time-invariant passive devices (i.e. devices without energy source) in optics or in electrical engineering. Then our results imply that a device that causes an indeterministic time delay of the output signal causes necessarily a loss of free energy.
2 Covariant operations

The set of possible operations on a quantum system is given by the set of completely positive trace-preserving maps [17]. In [11] we have argued that not every CP map $C$ can be implemented if no time reference frame is available. Consider a quantum system with free evolution

$$\alpha_t(\rho) = e^{-iHt}\rho e^{iHt}.$$ 

Assume that the state $\rho$ was prepared at time $t = 0$. If a person implements an operation $C$ at time instant $s$ the state of the system after $C$ was implemented is described by

$$C(\alpha_s(\rho)).$$

Looking at the system later it is described by the state

$$\alpha_{t-s}(C(\alpha_s(\rho))), \tag{4}$$

if $t$ is the time that has passed since the system was prepared. If no clock was available during the implementation of $C$, it is implemented at a random time instant $s$. We may therefore define a CP map $\overline{C}$ that results from averaging (4) over all $0 \leq s \leq t$. If the quantum system has discrete spectrum and $t$ is large compared to the time scale given by the inverse of the minimal distance between its energy eigenvalues, $\overline{C}$ satisfies approximatively the covariance condition

$$\alpha_t \circ \overline{C} = \overline{C} \circ \alpha_t, \forall t. \tag{5}$$

In [11] we have therefore assumed that the set of operations which can be performed without additional clock is given by those that satisfy the above covariance condition (5). In [18] we have analyzed this class of CP maps in full detail.

With the same arguments one can restrict the set of available operations to those satisfying covariance conditions with respect to other symmetry groups if the corresponding reference frame is not available\(^2\). Interesting instances are given by the group of space translations or by the rotation symmetry [16]. The symmetry is represented by a unitary group $U_g, g \in G$ acting

\(^2\)For a model for a formulation of quantum mechanics that avoids absolute reference frames see [19].
on the Hilbert space of the considered system. We assume that \([U_g, H] = 0\), otherwise \((U_g)\) would not be a symmetry group of the Hamiltonian and the missing reference frame would even make the definition of \(H\) impossible. Every transformation is covariant with respect to \(G\), i.e., we can only implement a CP map \(C\) with

\[
C(U_g \rho U_g^\dagger) = U_g C(\rho) U_g^\dagger .
\]

(6)

It has already been observed in Ref. [16] that the absence of a reference frame puts thermodynamically relevant constraints on the set of available operations. The idea is that the system may contain some information that is not accessible without using the frame. The authors assume that the work extractable from a \(d\)-dimensional system being in the mixed state \(\rho\) is usually (if a reference frame is available) given by

\[
k_B T \left( \ln d - S(\rho) \right) .
\]

(7)

Note that this definition of extractable work refers actually to thermodynamics in degenerate systems or the infinite temperature limit, where the Hamiltonian of the system is irrelevant and the free energy \(F(\rho)\) is given by the difference of the entropy to the maximally mixed state. Within this thermodynamic perspective [20] all maximally mixed states are free resources whereas usual (finite temperature and non-degenerate) thermodynamics assumes all Gibbs states to be free and “worthless” resources. To consider \(F\) as defined in Eq. (3) as the extractable work is therefore a bit more general. We will refer to these two points of view as the finite and the infinite temperature picture, respectively.

If no reference frame is available, the extractable work reduces to

\[
W_G := k_B T \left( \ln d - S(\bar{\rho}) \right)
\]

(8)

instead of (7) (as the authors of [16] observe), where

\[
\bar{\rho} := \int_G U_g \rho U_g^\dagger d\mu(g)
\]

is the average of \(\rho\) over the orbit of \(G\), where we have implicitly assumed for the moment that \(G\) is a compact group and denoted its Haar measure by \(\mu\).

Introducing the reference information by

\[
R(\rho) := S(\bar{\rho}) - S(\rho) ,
\]

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the deficit between the terms (7) and (8) is $R(\rho) k_B T$, a term called asymmetry in [16]. The asymmetry is non-increasing under covariant operations since no trace-preserving CP map can increase the Holevo information\(^3\). The authors of Ref. [16] prove that even covariant operations that include measurements cannot increase the average asymmetry as long as the probabilities for the measurement outcomes are $G$-invariant. They consider a family $C_j$ of maps where each $C_j$ is a covariant CP map\(^4\) and show that the average asymmetry of the conditional post measurement states $\rho_j := C_j(\rho)/p_j$ with $p_j := tr(C_j(\rho))$ cannot exceed the initial asymmetry. However, this generalization needs not explicitly be made when we include a toy version of a measurement apparatus into the description. One can check that there exists a covariant map $C$ that transfers the state

$$|0\rangle\langle 0| \otimes \rho$$

of the “measurement apparatus” plus system into

$$\sum_j |j\rangle \langle j| \otimes C_j(\rho),$$

where the state $|j\rangle$ indicates that $j$ was measured. Assuming that the group acts trivially on the ancilla system, the asymmetry of the state (10) coincides with the average asymmetry of the ensemble $\rho_j, p_j$. Since we know that $C$ cannot increase the asymmetry of (9), the average post-measurement asymmetry cannot be increased either.

In the following section we will show that the observations of [16] can be generalized to the finite temperature setting and give rise to two kinds of free energy.

### 3 Decomposition of free energy

The key statement of this section is that the different components in which we decompose the free energy are independent resources in the sense that no

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\(^3\)This follows, for instance, if one rewrites Holevo information as the mutual information of the bipartite state $\sum_j p_j |j\rangle \langle j| \otimes \rho_j$. Then the statement follows because no local operation on one system can increase the mutual information [21] of the joint system.

\(^4\)Note that this class of operations does not include general covariant measurements where the outcome probabilities change according to the group action.
covariant channel can increase them without access to an additional energy resource. To state this formally, we will use the notion of a passive channel:

**Definition 1** A trace-preserving CP map $C$ acting on a quantum system with Hamiltonian $H$ is called passive if $C(\gamma_T) = \gamma_T$ with the thermal state $\gamma_T$ as defined in eq. (2).

We have already seen that passivity implies $F(C(\rho)) \leq F(\rho)$. To define our decomposition of free energy, we assume for the moment that the considered quantum system has discrete energy spectrum such that the time average $\bar{\rho}$ exists. It is then given by

$$\bar{\rho} := \sum_j P_j \rho P_j,$$

where $(P_j)$ is the family of energy eigenprojections. We write the free energy $F(\rho)$ as

$$F(\rho) = F(\rho) - F(\bar{\rho}) + F(\bar{\rho}),$$

and use the fact that averaging over the time can only decrease the free energy since the energy term in (3) remains the same. Then we have

$$F(\rho) - F(\bar{\rho}) = \left( S(\bar{\rho}) - S(\rho) \right) k_B T = R k_B T,$$

and conclude

$$F(\rho) = R(\rho) k_B T + F(\bar{\rho})$$

where we call $F(\bar{\rho})$ the covariant free energy. Note that $F(\bar{\rho})$ can be considered as the natural generalization of the accessible work $W_G$ in eq. (8) to our finite temperature setting. To see that $F(\bar{\rho})$ is non-increasing when applying passive channels we observe that a covariant channel $C$ that converts a state $\rho$ to another state $\sigma$ must necessarily convert $\bar{\rho}$ to $\bar{\sigma}$. The channel $C$ is therefore only passive if $F(\bar{\rho}) \geq F(\bar{\sigma})$. This shows that asymmetry as well as covariant free energy are both non-increasing under passive covariant operations. We rephrase these observations as a theorem:

**Theorem 1** The free energy of a quantum system with discrete energy levels can be decomposed into

$$F(\rho) = R(\rho) k_B T + F(\bar{\rho}),$$
where
\[ R(\rho) := S(\mathcal{P}) - S(\rho) \]
is the Holevo information of the time orbit and \( F(\mathcal{P}) \) is the free energy of the orbit average. The terms \( R(\rho) \) and \( F(\mathcal{P}) \) are both non-negative and non-increasing with respect to time-covariant passive operations.

Theorem 1 can be generalized in two respects. First, we may have an arbitrary group representation instead of the time evolution provided that it leaves the Hamiltonian invariant. Then the term \( tr(\rho H) \) is preserved by averaging, too. Second, we need not necessarily consider uniform averaging over the whole group. Instead, we can define hierarchies of states, obtained by averaging more and more over the group, and calculate free energy differences between more and less mixed states. By this procedure, we obtain a splitting of free energy into many independent terms. We phrase this idea also as a theorem:

**Theorem 2** Given a quantum system with Hilbert space \( \mathcal{H} \) and Hamiltonian \( H \). Let \( g \mapsto U_g \) with \( g \in G \) be the unitary representation of a group \( G \) acting on \( \mathcal{H} \) such that \( [U_g, H] = 0 \). Let \( \mu_1, \mu_2, \ldots, \mu_n \) be an \( n \)-tuple of probability measures on \( G \) such that there exist measures \( \nu_j \) on \( G \) with \( \mu_j \star \nu_j = \mu_{j+1} \), i.e., \( \mu_{j+1} \) is the convolution\(^5\) of \( \mu_j \) with a third measure \( \nu_j \). Let \( \mu_1 \) be the Dirac measure on the identity.

Let \( A_\mu \) be the CP map given by the average
\[
A_\mu(\rho) := \int_G U_g \rho U_g^\dagger d\mu(g).
\]

Then the free energy \( F(\rho) \) splits up into the \( n \) terms
\[
F(\rho) = \sum_{j=1}^n F_j(\rho),
\]
with
\[
F_j(\rho) := F(A_{\mu_j}(\rho)) - F(A_{\mu_{j+1}}(\rho)) \quad j = 1, \ldots, n - 1.
\]

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\(^5\)The convolution product \( \mu \star \nu \) of measures \( \mu, \nu \) on \( G \) is here defined by the probability distribution of \( h \circ g \) if \( g \in G \) and \( h \in G \) are independently distributed according to \( \mu \) and \( \nu \), respectively (see [22], and adapt Def. 19.8 to our setting).
F_n(\rho) := F(A_{\mu_n}(\rho)).

All terms \( F_j(\rho) \) for \( j = 1, \ldots, n \) are non-negative and non-increasing with respect to passive covariant operations.

Proof: \( F_n(\rho) \) is clearly non-negative. To see that it is non-increasing we observe

\[ F\left(A_{\mu_n}(C(\rho))\right) = F\left(C(A_{\mu_n}(\rho))\right) \leq F(A_{\mu_n}(\rho)), \]

where the last inequality is due to the monotonicity of usual free energy under passive operations. The terms \( F_j(\rho) \) for \( 1 \leq j \leq n - 1 \) are, up to the constant \( k_B T \), given by the entropy difference

\[ S\left(A_{\mu_j}(\rho_j)\right) - S(\rho_j), \quad (11) \]

with

\[ \rho_j := A_{\mu_j}(\rho). \]

This follows easily from \( A_{\mu_j} = A_{\nu} \circ A_{\mu} \). Expression (11) is for fixed \( j \) the Holevo information [17] of the ensemble defined by the family of states \( U_g \rho_j U_g^\dagger \) with \( g \in G \) according to the probability measure \( \nu_j \). It is therefore non-negative. To show that it is non-increasing when applying \( C \) we observe that the covariance implies

\[ A_{\mu_j}(C(\rho)) = C(\rho_j), \]

and \( F_j(C(\rho)) \) is therefore, up to the constant \( k_B T \), the Holevo information of the ensemble

\[ U_g C(\rho_j) U_g^\dagger = C(U_g \rho_j U_g^\dagger), \quad g \in G \]

according to the probability measure \( \nu_j \). Then monotonicity of \( F_j(\rho) \) with respect to \( C \) follows from the monotonicity of Holevo information. \( \square \)

The advantage of Theorem 2 compared to the preceding remarks is not only that it allows a splitting into more than two terms. It is furthermore important that it allows a splitting for non-compact groups since it does not refer to a uniform average over the whole group.
4 Superadditive and subadditive components

We will now restrict our attention again to the splitting into two free energy terms like in the beginning of Section 3 and investigate how these quantities behave when systems are composed to joint systems. Let us consider a two-level system with lower and upper state, denoted by $|0\rangle$ and $|1\rangle$, respectively.

Let $E$ denote the energy gap between both levels. If $k_B T \geq E$ its equilibrium state is almost the maximally mixed state $\gamma_\infty := \frac{1}{2}$. The free energy of the state

$$|+\rangle := \frac{1}{\sqrt{2}}(|0\rangle + |1\rangle)$$

is given by

$$F(|+\rangle\langle+|) = k_B T \left( S(|+\rangle\langle+|) - S(|+\rangle\langle+|) \right) + F(\gamma_\infty) = \ln 2 k_B T + F(\gamma_\infty).$$

One checks easily that $F(\gamma_\infty)$ is negligible compared to the first term since $E \ll k_B T$ and the entropy difference between $\gamma_\infty$ and $\gamma_T$ is small.

To see the asymptotics of many copies of $|+\rangle\langle+|$ we observe that the entropy of the time average of $|+\rangle\langle+| \otimes n$ is exactly the entropy of the binomial distribution $B_n, 1/2$ with

$$B_{n,1/2}(k) := \frac{1}{2^n} \binom{n}{k}.$$

Hence the entropy of the average of $|+\rangle\langle+| \otimes n$ increases only with $O(\ln n)$ since the measure is supported by only $n$ different points. In other words, there are only $n$ different eigenspaces of the joint Hamiltonian

$$H = E \sum_j \sigma_z^{(j)},$$

where $\sigma_z^{(j)}$ is the Pauli matrix $\sigma_z$ acting on qubit $j$. For the same reasons, the covariant free energy of $|+\rangle\langle+| \otimes n$ can be bounded from below by $n \ln 2 - O(\ln n)$. Hence the asymmetry part of the free energy is for large $n$ more and more a negligible fraction of the total free energy. Similar arguments apply to the general situation.

This does not mean, however, that the splitting is completely irrelevant for large particle numbers. Instead, the results show that every process that
increases the covariant free energy of some of the particles requires interactions between them. Hence the amount of increase of covariant free energy can bound the number of interacting particles from below. Therefore the results imply statements on the complexity of the considered process. This kind of complexity issues are related to the questions discussed in [23] where we have discussed the complexity of molecular heat engines. The key observation was that the additional constraints for energy conversion processes that arise in simple quantum systems imply statements on the complexity of energy conversion processes in macroscopic ensembles of particles.

For the sake of completeness we sketch the proof of the superadditivity of covariant free energy. Then the subadditivity of the asymmetry term follows because total free energy is additive. The essential observation is that for two states \( \rho \) and \( \sigma \) with time evolution \( \alpha_t \) and \( \beta_t \), respectively, the entropy of the joint time average \( \overline{\rho \otimes \sigma} \) cannot be greater than the entropy of the tensor product of the averages, i.e., \( \rho \otimes \sigma \). This is because the latter state can be obtained from the former by averaging over all possible relative time translations \( \alpha_t \otimes \beta_{-t} \). We have therefore

\[
F(\overline{\rho \otimes \sigma}) \geq F(\overline{\rho} \otimes \overline{\sigma}) = F(\overline{\rho}) + F(\overline{\sigma}).
\]

## 5 Applications

Remarkably, the results above have also implications for situations where a reference frame is available since every passive covariant operation that decreases one term \( F_j(\rho) \) necessarily decreases the total free energy since it is unable to convert one kind of free energy into the other. This can be used to derive lower bounds on the loss of free energy of a physical signal like an electrical pulse or a light pulse when it passes a device such that it degrades the time accuracy of the pulse. We will explain this idea using a system with discrete energy levels as a toy model for the physical signal.

Consider for instance a system which has some integer values \( n_1, n_2, \ldots, n_d \) as energy spectrum. Due to the periodicity, we can restrict its group of time translations to \( G := SU(1) \). Parameterizing \( G \) by the interval \([0, 2\pi]\) we obtain the unitary representation

\[
t \mapsto U_t := \mathrm{diag}(e^{-itn_1}, e^{-itn_2}, \ldots, e^{-itn_d}).
\]
Now we consider an input state $\rho$ which is perfectly distinguishable from its time evolved state $\alpha_s(\rho)$ for some $s \in \mathbb{R}$ in the sense that

$$\text{tr}(\rho \alpha_s(\rho)) = 0.$$ 

Let $C$ be a passive time covariant operation that corrupts the timing information of $\rho$ in the sense that the corresponding output density matrices $C(\rho)$ and $C(\alpha_s(\rho)) = \alpha_s(C(\rho))$ are not perfectly distinguishable. Then we can use the results of Section 3 to bound the free energy loss of the channel from below as follows. Define a measure on $SU(1)$ by

$$\mu := \frac{1}{2}(\delta_0 + \delta_s),$$

where $\delta_0$ and $\delta_s$ denote the Dirac measures at the time instants $t = 0$ and $t = s$, respectively. By applying Theorem 2 using the measures $\mu_1 := \delta_0$ and $\mu_2 := \mu$, the free energy of the input splits up into

$$F(\rho) = k_B T \left( S(A_\mu(\rho)) - S(\rho) \right) + F(A_\mu(\rho)) = k_B T \ln 2 + F(A_\mu(\rho)),$$

and for the output into

$$F(C(\rho)) = k_B T \left( S(A_\mu(C(\rho))) - S(C(\rho)) \right) + \mu \left( A_\mu(C(\rho)) \right).$$

The fact that the output states are not perfectly distinguishable is equivalent to the statement that the Holevo information of an ensemble that consists of the states $C(\rho)$ and $C(\alpha_s(\rho))$ with probability $1/2$ each is strictly less than $\ln 2$, i.e.,

$$c := S(A_\mu(C(\rho))) - S(C(\rho)) < \ln 2.$$ 

Then the loss of free energy satisfies

$$F(\rho) - F(C(\rho)) \geq (\ln 2 - c) k_B T.$$ 

The intuitive content of this statement is that it provides lower bounds on the free energy loss caused by devices that corrupt the time accuracy of the input signal by generating output signals with stochastic time delay.

To consider a more concrete physical situation, assume some electrical, acoustical, or optical signal enters a passive device whose input-output behavior is described by the time covariant map $C$. The time covariance reflects only the fact that the state of the physical device is stationary before the signal enters into it (see [18] for details). Assume that the channel converts
Figure 1: Symbolic drawing of input and output signals. The curves do not necessarily have direct physical meaning. Their widths only symbolize the time scale of distinguishability. The curves could, however, have a direct meaning in the following situation. Consider a pulse which has on the considered time scale a well-defined time of arrival (since the quantum uncertainty [24] may be only relevant on a much smaller scale). Assume that the time of arrival is subjected to stochastic fluctuations such that the curves indicate the probability distribution of the time of arrival. Then an increase of these fluctuations leads necessarily to a loss of free energy according to our results.

some input signal that can be perfectly distinguished from its time evolved copy that is defined by a time shift $\Delta t$ in the sense that the quantum states $\rho$ and $\alpha_{\Delta t}(\rho)$ are mutually orthogonal density operators. Assume that the channel generates an unknown time delay such that the output density operators $C(\rho)$ and $C(\alpha_{\Delta t}(\rho))$ are not perfectly distinguishable.

Then the fluctuation of the time delay leads necessarily to a loss of free energy. One may argue that these fluctuations would obviously lead to a loss of free energy of the signal since they increase the entropy of the state. However, a priori it is not clear whether the channel could change the probability distribution of energy values such that the loss of free energy caused by an increase of entropy is compensated by an increase of the inner energy $tr(\rho H)$. The statement that no covariant channel can do such a compensation is the key statement of this article.

The signal above is assumed to pass the device only once. By applying our results to such a situation with aperiodic dynamics we have actually ignored the fact that it refers necessarily to continuous spectrum. Otherwise the free evolution of the signal would be quasiperiodic. We may remove this by letting it oscillate between distant mirrors for obtaining discrete energy spectrum. The problem with the aperiodic limit is anyway that it refers to an infinite amount of free energy. This can be seen as follows. Given a density
operator \( \rho \) such that for some \( t \in \mathbb{R} \) all states \( \alpha_{nt}(\rho) \) for \( n \in \mathbb{Z} \) are perfectly distinguishable from \( \rho \). Then one can choose an arbitrary probability measure on \( \mathbb{Z} \) by \( (p_j) \) with \( \sum_j p_j = 1 \) and observe

\[
F(\rho) - F\left( \sum_j p_j \alpha_{tj}(\rho) \right) = k_B T S(p),
\]

where \( S(p) \) denotes the Shannon entropy of \( p \). By choosing measures \( p \) with diverging entropy one can show that the free and recalling that \( F \) is always non-negative, the statement follows. However, even though the free energy diverges in the aperiodic limit our statement on the free energy loss still makes sense since the absolute value of the free energy is irrelevant in this context.

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