Talin in mechanotransduction and mechanomemory at a glance
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ABSTRACT
Talins are cytoskeletal linker proteins that consist of an N-terminal head domain, a flexible neck region and a C-terminal rod domain made of 13 helical bundles. The head domain binds integrin β-subunit cytoplasmic tails, which triggers integrin conformational activation to increase affinity for extracellular matrix proteins. The rod domain links to actin filaments inside the cell to transmit mechanical loads and serves as a mechano-sensitive signalling hub for the recruitment of many other proteins. The α-helical bundles function as force-dependent switches – proteins that interact with folded bundles are displaced when force induces unfolding, exposing previously cryptic binding sites for other ligands. This leads to the notion of a talin code. In this Cell Science at a Glance article and the accompanying poster, we propose that the multiple switches within the talin rod function to process and store time- and force-dependent mechanical and chemical information.

KEY WORDS: Integrin, Mechanobiology, Mechanomemory, Mechanotransduction, Memory, MeshCODE, Talin, TLN1, TLN2

Introduction
Talin, the principal protein linking integrins and F-actin, has emerged as a key mechano-effector protein for integrin-mediated adhesion to the extracellular matrix (ECM) (Critchley, 2009; Klapholz and Brown, 2017). Talin is a large (270 kDa) multidomain cytosolic protein composed of an N-terminal FERM domain ‘head’ coupled to a large flexible rod domain consisting of 13 sequential α-helical bundles (R1–R13; see poster). The FERM domain binds directly to the cytoplasmic domains of integrin β-subunits, increasing integrin affinity for ECM ligands (Calderwood et al., 2013; Tadokoro et al., 2003). The 13 α-helical bundles (R1–R13) of the talin rod are arranged like beads on
Box 1. The talin interactome

Talin has many binding partners, which comprise a complex talin interactome (see poster).

The talin head domain

The head domain binds the integrin cytoplasmic tails via its FERM domain (Anthis et al., 2009; Calonder et al., 1999; Tadokoro et al., 2003) but also interacts with phospholipids in the plasma membrane (Anthis et al., 2009; Gout et al., 2010; Saite et al., 2009) and with the small GTPase Rap1 (Rap1α and Rap1β in humans) (Gingras et al., 2019; Gout et al., 2010; Zhu et al., 2017). There are also multiple ligands in addition to integrins that bind its F3 domain, including RIAM (Yang et al., 2014b), layilin (Wegener et al., 2008), FAK (also known as PTK2) (Lawson et al., 2012), PIPKI90 (also known as PIP5K1C) (Barsukov et al., 2003) and Gα13 (GNA13) (Srinivasan et al., 2015). Together, these proteins coordinate the activation state of the integrins.

The mechanical binary switches in the talin rod

The 13 mechanical switches of the talin rod bind a myriad of proteins (reviewed in Gout et al., 2018). These ligands can be categorised into binding to either the folded ‘0’ or the unfolded ‘1’ state (with integrin binding on R11 possibly binding to an intermediate state) (Gingras et al., 2009).

Folded (0) rod binders

Many of these ligands contain LD motifs, helices with a leucine aspartate motif, that bind to the talin helix bundles via a helix addition mechanism. LD-containing proteins that bind talin in this way include RIAM (Gout et al., 2013b), KANK family proteins (Bouchet et al., 2016), CDK1 (Gough et al., 2021), DCL1, paxillin (Zacharenko et al., 2016) and tensin (Atherton et al., 2021 preprint). LD-independent folded rod binders include F-actin (Hemmings et al., 1996), synemin (Sun et al., 2008), moesin (Beaty et al., 2014) and the talin F3 domain that mediates autoinhibition (Goksoy et al., 2008; Gout et al., 2009).

Unfolded (1) rod binders

Currently only vinculin has been identified as binding to talin in its unfolded state. Nine of the 13 talin rod domains contain vinculin-binding sites, which are accessible when the domains are in the unfolded state (Gingras et al., 2005; Yao et al., 2016). There are currently no known ligands for the unfolded state of domains R4, R5, R9 or R12.

a string (Gout et al., 2013b) and connect to F-actin via both direct actin-binding sites and through vinculin. Other interactors include Rap1-interacting adapter molecule (RIAM; also known as APBB1IP), deleted in liver cancer 1 (DLC1), and cyclin-dependent kinase 1 (CDK1) (see poster and Box 1 for more details). At the C-terminus of the talin rod is a dimerisation domain, which forms an antiparallel dimer with another talin molecule (Gingras et al., 2008). Talin in the cytoplasm adopts a closed, autoinhibited conformation (Dedden et al., 2019; Goksoy et al., 2008; Gout et al., 2013a), whose structure was recently solved by cryoelectron microscopy (PDB ID 6R9T; Dedden et al., 2019). A model of full-length talin in an extended conformation based on nuclear magnetic resonance (NMR) and crystallographic analyses of the subdomain structures has been proposed (Gout et al., 2013b) (see poster), which provides a map of the binding sites and a way to consider the interactions, mechanical properties and functionalities of talin.

Talin arose in the amorphia lineage of eukaryotes, which includes slime moulds, fungi and animals, and is absent from other eukaryotic lineages, for example, flowering plants (Sebè-Pedrós et al., 2010). Different organisms contain between one and four talin genes, with two in humans, TLN1 and TLN2. To date, all talin genes identified encode the full protein, with all domains arranged in the same order (Gough and Gout, 2018), suggesting that this arrangement is critical for function. This contrasts with other cytoskeletal linker proteins, such as filamin, which varies greatly in length (Light et al., 2012). Through gene duplication, talin has also given rise to kindlin family proteins, which contain a FERM domain but lack the rod (Ali and Khan, 2014; Meller et al., 2015) and play a key role in integrin activation (Plow and Qin, 2019; Zhu et al., 2021), as well as the actin regulatory protein talin rod domain containing protein 1 (TLNRD1) (Cowell et al., 2021). Although many helical bundles exist in nature, the talin rod fold, comprised of a five-helix bundle, appears to be unique to talins and TLNRD1.

The unique structure, force transmission and multiple conformation-dependent ligand binding activities of talin offer the potential for a remarkable array of complex, force-dependent signalling outputs. In this Cell Science at a Glance article, we briefly review talin structure, function, interactions and mechanical properties, before describing a novel view of talin as a molecular information processing and memory device that plays a key role in determining cellular responses to changes in extracellular matrix composition, organization and physical properties.

Integrin-mediated adhesion

Integrins are the main receptors for ECM proteins, although some integrins bind transmembrane counter-receptors (reviewed in Bachmann et al., 2019; Barczyk et al., 2010; Campbell and Humphries, 2011; see poster). Integrins are heterodimers of α- and β-subunits. The short integrin β-cytoplasmic domains (‘tails’) are very similar in sequence and mediate the main cytoskeleton linkage and signalling outputs; integrin β4 is the exception, having a long cytoplasmic tail that links to intermediate filaments in hemidesmosomes (reviewed in Walko et al., 2015).

Integrins nucleate diverse adhesion classes, from small, transient nascent adhesions and focal complexes at the leading edge of cells, to larger, more stable focal adhesions that form under high mechanical loads, to podosomes and invadopodia that mediate matrix degradation and remodelling, and to fibrillar adhesions that mediate ECM assembly (Block et al., 2008; Revach et al., 2019; Zaidel-Bar et al., 2004). Within tissues, integrins also mediate strong, stable attachments to the ECM, such as the myotendinous junction and epidermal attachment via hemidesmosomes (Maartens and Brown, 2015; Winograd-Katz et al., 2014).

Integrins assemble intracellular protein complexes containing many cytoskeletal and signalling proteins. These complexes vary depending on the specific ligand, the integrin(s) involved, the organization, topology and mechanics of the ECM, and the expression levels of signalling and cytoskeletal proteins (Mishra and Manavathi, 2021; Seetharaman and Etienne-Manneville, 2018). The core cytoskeletal link common to nearly all integrin adhesions is provided by talin, which binds directly to the short β-subunit cytoplasmic tails (see poster). Thus, the simplest version of an integrin adhesion has just four components — the extracellular ECM ligand, the transmembrane integrin heterodimer and talin, which connects to actin filaments. Addressing the functions of the more than 250 additional components of integrin adhesions that comprise the integrin ‘adhesive’ (Chastney et al., 2018; Horten et al., 2015; Winograd-Katz et al., 2014) is an active area of research.

Binding of talin to the integrin β-tail disrupts the autoinhibitory association between the integrin α- and β-tails and promotes a conformational transition in the integrin structure that increases its affinity for extracellular ligands (Kim et al., 2011). Talin also links to actin filaments via the two actin-binding sites (ABS2 and ABS3) within the talin rod (Atherton et al., 2015) and by recruiting additional actin-binding proteins (Crichley, 2009; Gout et al., 2018; Klapholz and Brown, 2017) (see poster). We note that an additional actin-binding site ABS1 in the talin head also provides...
additional cytoskeletal linkages (Ciobanasu et al., 2018; Hemmings et al., 1996), but its function is not well understood. Of these, vinculin is best characterized and can bind to the 11 vinculin binding sites (VBBs) distributed throughout the talin rod (Gingras et al., 2005). In Drosophila at least, talin is essential for the recruitment of the remainder of the integrin-associated proteins, either directly or indirectly (Klapholz and Brown, 2017). This has led to the idea that talin forms a ‘platform’ for the assembly of an integrin adhesion complex. This design ensures that high-affinity ECM binding and connection to the cytoskeleton are functionally linked.

Once talin links integrins and actin, it transmits both cell-generated contractile forces and forces derived from externally applied strains between these components. Measured forces across talin range from a few to above 1 piconewtons (Austen et al., 2015; Driscoll et al., 2020; Kumar et al., 2016). The responses of talin to forces have four features with important consequences. First, forces stabilise the extended conformation of talin (Khan and Goult, 2019) as the head and tail are held apart by the tension, thus limiting autoinhibition mediated by head–tail interactions. Second, the binding of talin to actin and integrin shows catch-bond behaviour, that is, the binding becomes stronger under moderate forces (Owen et al., 2020 preprint), which further stabilizes the activated, engaged state. Third, force unfolds the helix bundles of the talin rod domain; this simultaneously disrupts binding of proteins that bind the folded state and exposes binding sites for others (see poster and discussion below). Finally, talin rod domain unfolding exhibits hysteresis such that the force required for unfolding is higher than the force at which it refolds. For example, if a rod domain unfolds in response to a force of 10 pN it will not immediately refold when the force drops to just below 10 pN. Instead, refolding requires tension that is substantially lower (e.g. ~1–3 pN; Yao et al., 2016). Thus, the basal physiological forces (~5 pN) on talin within adhesions (Kumar et al., 2016) stabilise the patterns of folded and unfolded talin rod domains (Yao et al., 2016). Together, these features endow the talin molecule with mechanical memory (see poster and discussion below).

Talin as a paradigm for a mechanotransducer

The development and maintenance of most, if not all, animal tissues and organs is guided to some extent by mechanics (Engler et al., 2006; Felsenthal and Zelzer, 2017; Urner et al., 2018). Talin and organs is guided to some extent by mechanics (Engler et al., 2006; Felsenthal and Zelzer, 2017; Urner et al., 2018). Talin and vinculin have also been reported (Atherton et al., 2020; Austen et al., 2015; Han et al., 2021; Kelley et al., 2020) although such interactions require the partial relief of autoinhibition of both proteins. This fits with the notion that these proteins must first interact in a non-mechanical manner to form the linkages for transmitting force. Once force is applied, unfolding of talin helix-bundle domains exposes vinculin-binding sites; these bind to and stabilise the active conformation of vinculin, which can also connect to F-actin and further increase the force on talin (Wang et al., 2021; Yao et al., 2014). Force also stabilizes the open states of talin and vinculin, in which the head–tail autoinhibition is disrupted. Together, these mechanisms greatly extend lifetimes of the open and engaged states for each molecule (Khan and Goult, 2019; Wang et al., 2019; Wang et al., 2021), an important form of mechanosensitivity.

Force transmission

The mechanical behaviour of talin is critical in the complex control mechanisms that govern transmission of force between the actin cytoskeleton and the extracellular matrix. The major paradigm for force transmission between F-actin and integrins is via the ‘focal adhesion clutch’, which describes interactions between relatively stationary ligand-bound integrins and centripetally flowing F-actin near cell edges (reviewed in Elosegui-Artola et al., 2018). The bonds that transmit force in this setting are highly dynamic, with fast on and off rates. ECM stiffness alters the loading rate across these bonds, which alters internal kinetics. Importantly, stiffer substrates increase traction force and stabilize the adhesions (Elosegui-Artola et al., 2018), as does application of force by substrate stretch (Sun et al., 2016). Although these effects have been attributed to the focal adhesion clutch model for dynamic force transfer (Elosegui-Artola et al., 2018), recent work has challenged this paradigm and demonstrated a more-complex mechanism. Analysis of tension across talin together with actin dynamics identified three distinct mechanisms of force transmission, only one of which is dynamic (Driscoll et al., 2020). For newly formed cell adhesions near the cell edge, force transmission involves rapidly flowing actin driven by rapid polymerization at the edge, as described by the clutch model. However, as vinculin is recruited and actin velocity decreases, force transmission shifts to a flow-independent transfer driven by myosin contraction. This is consistent with the stabilization of vinculin-F-actin bonds under force (catch bond behaviour) (Huang et al., 2017), but not the short-lived bonds of the clutch model. Thus, vinculin contributes to the arrest of moving actin filaments and establishment of stable linkages, rather than dynamic force transmission. Importantly, the balance between these mechanisms is controlled by substrate stiffness, such that dynamic force transfer is more important on soft substrates but flow-independent force transfer dominates on stiff substrates (Driscoll et al., 2020).

A key aspect here is feedback between the forces and the sensing apparatus. Cells on stiff surfaces or subject to strain reinforce their
adhesions and increase cell-generated contractile force, which in
turn modifies their mechanosensing. For example, highly contractile
cells require relatively stiff substrates for full spreading, whereas less
contractile cells spread on softer surfaces (reviewed in Discher et al.,
2005). Cells can thus adapt to environments with widely varying
mechanical properties.

Talin itself appears to be one of the determinants of cellular
stiffness sensing. Support for this concept comes from studies in
which the stability of the third helix bundle, R3, was altered. R3 is
the least-stable helix bundle, thus, the earliest to open under force
(Yao et al., 2014). Indeed, R3 shows some binding to vinculin
without force if vinculin is activated by other means (Kelley et al.,
2020), and is completely opened under modest forces of ~5 pN
(Yao et al., 2014) (thermal forces at 37° are on the order of 1 pN;
Humphrey and Delange, 2004). Introducing mutations into critical
amino acids within the hydrophobic core of R3 (Goult et al., 2013b)
increased the forces required for opening to ~8 pN (Yao et al., 2014),
which shifts cell spreading and force transmission toward
stiffer substrates and/or high forces (Elosegui-Artola et al., 2016).

Conversely, mutations that decrease the force required for R3
unfolding decrease cellular traction forces (Rahikainen et al., 2017).
Thus, opening of R3 by force is a rate-limiting event in stiffness
sensing and demonstrates the importance of the force-dependent
switch-like behaviour of the talin rod domains in coordinating
cellular processes.

**Interdependence of talin and integrins**

Genetic analysis of talin and integrins supports their functional
interdependence. Talin and integrins have extensive functions in
development and homeostasis (Maartens and Brown, 2015;
Winograd-Katz et al., 2014). Combining analysis of loss-of-
function phenotypes with biochemical analysis has revealed that
the majority, but not all, of integrin functions require talin.
Examples of talin-independent integrin functions include the
hemidesmosome integrin β4 subunit and the divergent
*Drosophila* βv subunit, which do not utilize talin (Devenport and
Brown, 2004). Conversely, in *Drosophila*, loss of talin in the
follicular epithelium causes upregulation of cadherin, with severe
developmental consequences, but loss of integrins does not,
demonstrating that talin performs this function without integrin
(Bécam et al., 2005). But despite these exceptions, we emphasize
that the majority of integrin functions indeed require talin.
In support of this, the double knockout of talin 1 and talin 2 in mouse
has been shown to give rise to patterns of gene expression that
persist for weeks after switching to the opposite substrate (Dunham
et al., 2020; Li et al., 2017; Yang et al., 2014a). In one case,
activation on stiff substrates was essentially irreversible (Yang et al.,
2014a). We hypothesize that talin may play a role in these processes.
The positive-feedback loops described in the previous section offer
means for establishing long-lived states among the talin rod
switches, which is, in essence, mechanical memory. Although it
remains to be demonstrated that patterns of open and closed talin
switches can persist for weeks or months, extending the duration of
talin-dependent signals to longer time frames may be sufficient to
induce epigenetic imprinting or other long-lived mechanisms of
regulation.

Importantly, experimental data support the notion that talin is
more stable than is commonly recognized. Fluorescent recovery
after photobleaching (FRAP) showed that ~60% of the talin is
immobile during FRAP time frames of several minutes (Stutchbury
et al., 2017). Within tissues, talin has been shown to turn over at very
low rates, remaining stable for many hours (Hákónardóttir et al.,
2015; Lemke et al., 2019).

The talin code model proposes that the 13 talin helix-bundle
domains function as binary switches that can transition between a
folded ‘0 state’ and an unfolded ‘1 state’ (see poster). If these conformational states determine signalling outputs, the switch patterns can be considered to encode information in a binary format. For example, tension above a threshold force (x pN) together with an active kinase (AND) gives rise to output a, whereas either tension or kinase activation alone (OR) result in different outputs (e.g., b, c) (see poster). For example, phosphorylation of talin can alter the mechanical stability of the phosphorylated domain (Gough et al., 2021), altering the order in which the domains unfold and, by extension, the molecules recruited under equivalent tension conditions.

More-complex relationships seem plausible. Binding partners on nearby rod domains might interact via enzyme–substrate or other mechanisms. In that case, the conformational states of different domains will influence each other’s outputs. For example, if domains X and Y are both closed and both bound to their respective ligands A and B, then A phosphorylates B, which activates downstream pathway C. This sequence can be modulated by mechanical history, by post-translational modifications of X and Y, by expression levels of A and B, and by expression or affinity of other ligands that stabilize the bound or open states of X and Y. The possibilities thus extend to beyond simple logic gates (AND versus OR) to more-complex logic with multiple dependencies and multiple outputs.

**Conclusions and perspectives**

In this article, we have established the talin code model based on three properties — memory, signalling and information processing. These features lead to the concept that cell–ECM adhesions can both store and process information. The simplest version of the hypothesis that talin encodes information is that adhesions in mechanically stable environments store information in binary switches provided by individual talin helix bundle domains. Each adhesion would serve as a memory module and information-processing centre. At the core of each adhesive structure will be a scaffold comprised of talin molecules, with its composition and signalling outputs dictated by the binary switch patterns of each talin molecule in that macromolecular complex. The talin molecules form the core of a meshwork of mechanosensitive molecules, intricately linking integrins to the force generation machinery of the cells. This meshwork of mechanical switches at an adhesion has the capacity to serve as a mechanical code, termed a MeshCODE (Goult, 2021). The binary patterns stored in each talin molecule that are generated by forces acting on the talin molecule are highly reproducible (Yao et al., 2016) and can be altered by phosphorylation (Gough et al., 2021). Vinculin binding to a talin VBS stabilises that helix bundle in the open conformation (Yao et al., 2014), with the lifetime of the complex tuned by the interaction of vinculin with actin and the resultant force (Chen et al., 2006; Dumbauld et al., 2013; Wang et al., 2021). In this way, vinculin stabilises individual talin rod domain helix bundles in their ‘1 state, helping maintain these patterns and allowing robust and reproducible adhesion complexes, mechanical linkages and signalling responses. Conversely, ligands that bind the folded, ‘0’ state stabilize their target helix bundles in this conformation and promote an opposite set of signalling responses.

In this way, each talin molecule would store information as patterns of 1s and 0s, representing a type of binary coding (see poster) that governs cell behaviour. Changes in tension would switch specific domains to a new state, recruiting and/or displacing molecules from the adhesion site to alter signalling outputs (see poster). For instance, an extracellular ligand binding a cell surface receptor to activate the cells force generation machinery would increase force to update the switch patterns and the resulting signalling output. Such signals also have the potential to regulate epigenetic imprinting and other long-lived mechanisms of cellular regulation.

Having laid out these possibilities, we emphasize that these notions are highly speculative. Nevertheless, the individual elements are grounded in experimental results. The concept of individual talin molecules acting as memory molecules has been shown experimentally (Yao et al., 2016), and the ability of talin switches to recruit different signalling molecules as a function of force to control cellular processes is also known (Elosegui-Artola et al., 2016; Goult et al., 2018; Haining et al., 2018; Lee et al., 2013). However, it remains to be investigated whether cells assemble these mechanisms in a coherent way with the characteristics of information processing systems. This would point to a level of order of these cytoskeletal systems that is beyond current appreciation.

However, if the history of cell biology has taught us anything, it is that cells seldom miss an opportunity to harness the laws of physics and chemistry to their own ends. We look forward to seeing the results from critical experiments designed to test the hypotheses proposed here.

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**Competing interests**

The authors declare no competing or financial interests.

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**Cell science at a glance**

Individual poster panels are available for downloading at https://journals.biologists.com/jcs/article-lookup/doi/10.1242/jcs.258749#supplementary-data

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