From Highs to Lows: Changes in Dissolved Organic Carbon in a Peatland Catchment and Lake Following Extreme Flow Events

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Abstract: The concentration of dissolved organic carbon (DOC) in freshwater catchments has implications for carbon availability in downstream lakes and for water supplies. The links between catchment hydrology and stream and lake DOC concentrations are, however, still not fully understood. Much of the literature has been from catchments with organo-mineral soils, with fewer studies from upland peat sites. We used high-frequency fluorescence data, a proxy for DOC, to investigate 1. the relationship between stream discharge and concentration in a blanket peat catchment during extreme high flows and 2. the relationship between inflow and in-lake estimated DOC concentrations. We found that for approximately two thirds of extreme events, there was a decrease in stream DOC concentration (i.e., a dilution) on the rising limb rather than an increase (i.e., a flushing out of DOC from terrestrial stores). Flushing events dominated only in summer when concentrations in the stream were also increasing. In comparison to the stream, concentrations in the downstream lake were less variable, and peaks and troughs were damped and lagged. Replicating these patterns and processes in DOC models would be critical in order to provide appropriate simulations in response to shorter- and longer-term changes in climate, and thus inform future catchment and lake management.

Keywords: blanket peat; humic lakes; dissolved organic carbon; discharge–concentration relationships; extreme events

1. Introduction

The concentrations of dissolved organic matter (DOM) in surface waters have come under increased scrutiny in recent years due to reports of upward trends in many regions [1–4]. The DOM in surface waters arises predominantly from the decomposition of organic matter in catchment soils. It has been estimated that about 1500 Pg of carbon are stored in soil organic matter globally and that in warm moist temperate regions, soil organic carbon represents 68% of the total terrestrial organic carbon pool [5]. Changes in riverine and lake DOM concentrations, usually quantified as dissolved organic
carbon (DOC), have implications both for carbon supply to downstream aquatic systems and global carbon cycling. There are also implications for the treatment of drinking water supplies, as DOM reacts with chlorine used as a disinfectant during water treatment to form a range of toxic by-products. Understanding the movement of carbon through freshwater systems is critical for the identification of uncertainties in global carbon budget estimations [6], while removal of DOM from water sources remains a major challenge in drinking water treatment [7]. Despite the increasing number of studies, however, the main factors that control DOC concentrations in surface waters have still not been fully resolved [8]. In particular, while much of the literature has emphasized a positive relationship between stream discharge rates and DOC concentrations i.e., where there is a flushing of DOC from the peat soil and a subsequent increase in stream concentrations [9–12], other studies have reported no increases at higher discharge rates, or even a decrease (i.e., a dilution) in stream DOC levels [13,14]. Greater insight into when dilution dominates over flushing in a given system, and when and why both dilution and flushing events occur, is fundamental for understanding the aquatic carbon cycle, and in particular the supply of carbon to downstream lakes.

As highlighted by Clark et al. [13], most of the studies that have reported flushing effects have been from catchments with organo-mineral or mixed soil types. Raymond and Saiers [10], for example, conducted a meta-analysis of data from 30 eastern United States watersheds and reported that there was a clear increase in DOC concentration during hydrologic events across the catchments. They estimated that 86% of DOC was exported during such events. Hinton et al. [9] reported that stream DOC concentrations increased during storms by as much as 100% and 410% in a study of seven small catchments in Canada, and that, in one catchment, a single storm accounted for 30% of the annual DOC export. More recently, Koenig et al. [12] also reported that DOC concentration had a positive response to increased flow in a study in a forested catchment in the eastern USA. In contrast in peat catchments, Clark et al. [14] noted that when soils are saturated, water associated with both high and low flows will generally travel through highly organic soil layers where DOC is produced. Stream water DOC concentration in such systems may, therefore, not show any increase/decrease during high discharge as there is no switch in flow paths between organic and mineral layers. Holden et al. [15] have also proposed that natural pipes in upland peat systems can also actually act as major point sources for the release of carbon. Point sources generally have relatively constant concentrations of dissolved ions during baseflow, with a typical pattern of decreases in concentrations during the highest flows. Natural pipes in peat are associated with very rapid and flashy flow in response to rainfall, allowing water to be carried rapidly through them with little interaction with the peat soil matrix.

In their own study of an upland peat catchment in the UK, Clark et al. [14] reported a negative relationship between streamflow and DOC concentration which they attributed to dilution of DOC-rich soil water from the peat by rainfall. Not all studies from upland peat catchments report such dilutions during high discharge, however. Austnes et al. [16] in a study in a catchment in Wales (UK) reported that DOC concentrations increased during three storm events by 16%, 44% and 89% relative to base flow and concluded that the flow pathways in their study system were not similar to those described by Clark et al. [14]. It is notable, however, that the dataset did not include a full annual cycle. Kohler et al. [17] reported seasonal differences in the relationship between stream discharge and DOC in a peat catchment in Ireland over one year, and found that concentration appeared to be independent of flow during colder months, with then either increases in concentration or no change during warmer months. Differences in the relationship between concentration and discharge have also been linked to proximity to the peat source [18], for example, DOC concentrations at a headwater site draining a small peatland site (an area of 0.65 ha) were found to not usually increase on the rising limb of the hydrograph, although in some events, a slight dilution was observed. In contrast, in the same study, increases on the rising limb of stream discharge were observed at a downstream site that had a lower percentage area of peat soil in the upstream catchment.

Exploring the relationships between catchment hydrology and DOC levels in rivers and downstream lakes, including during extreme floods and in periods of baseflow, requires monitoring at
sub-daily intervals. Automated high-frequency monitoring (HFM) of rivers and lakes can be used to capture the required detailed data for such analysis [17,19]. The Burrishoole catchment in northwest Ireland has had an automated monitoring platform on its main lake (Lough Feeagh) since the late 1990s and an instrumented platform on one of the main inflows, the Glenamong River, since 2003. The instruments deployed include sensors measuring chromophoric dissolved organic matter (CDOM) fluorescence, a proxy for DOC. Previous studies using CDOM data [19] and water color data [20] from the catchment have highlighted the importance of soil temperature in driving a strong seasonal cycle in river water DOC concentrations. Ryder et al. [19] also identified a statistically significant step change in DOC concentration for the Glenamong site in 2010 in response to an early summer drought. While an overall significant relationship between DOC concentration and stream discharge was identified in both studies [19,20], it was non-linear and plateaued as discharge increased. Earlier analysis of high-frequency data from the same site had noted that high stream discharge resulted in increases in CDOM levels in autumn, but in decreases in the following February [4]. The authors suggested that these decreases indicated a depletion of DOC in the active flow pathways in the peat soil as the wetter winter period progressed. Such changes will have implications for carbon availability in downstream rivers and lakes.

Despite the increased availability of HFM data as a proxy of DOC concentration, many studies to date have described only selected storms [16], or selected seasons [21,22]. While a few have analyzed data from a complete annual cycle [18], none have compared data for all storm events over multiple years. These data can also inform more accurate and reliable models of DOC behavior in humic systems. Using estimated DOC concentration (based on CDOM data) for the Glenamong River, and downstream Lough Feeagh, we have explored the relationship between stream discharge and both inflow and in-lake DOC concentrations. Based on other studies [13,14,23], we hypothesized that flushing events would be the dominant driver of changes in stream DOC concentrations and export to the lake during summer and autumn, but that dilution events would begin to dominate in the early winter as soil DOC stores were depleted. We also expected that variation in DOC would be greater in the stream than in the downstream lake due to integration of the signal over time within the lake. Our specific aims were to 1. describe the relationship between DOC and discharge for the inflow stream; 2. identify any temporal pattern in the occurrence of dilution and concentration events and assess how such patterns differed in wetter and drier years; and 3. illustrate the relationship between inflow DOC concentrations and loading to the lake, and in-lake DOC concentrations. We also aimed to show the usefulness of HFM data for gaining insights into the processes that drive changes in DOC in surface waters and thus inform both lake and catchment management and model development.

2. Materials and Methods

2.1. Site Description

The Glenamong River is one of two main inflows into Lough Feeagh located in the Burrishoole catchment in the west of Ireland (53°56’50” N, 9°34’30” W) (Figure 1). The sub-catchment (total area 18.21 km²) is comprised of 77% upland peat, 23% plantation forestry with small pockets of transitional woodlands and scrub [20]. The main land use in the Glenamong sub-catchment is extensive sheep grazing on commonage. The steep slopes result in a hydrological system with a rapid reaction time to precipitation events. The area experiences a moderate climate due to its close proximity to the Atlantic Ocean. The air temperature rarely goes above 25 °C in the summer or below −5 °C in the winter, and snowfall is occasional and does not occur in every year. The annual precipitation in the Glenamong sub-catchment is relatively high, with an annual average for the study period (based on three rain gauges from that sub-catchment) of 2004–2011 of 2063 mm year⁻¹. The river and downstream lake (Lough Feeagh) are characterized by high levels of water color, high DOC concentrations, and relatively low levels of nutrients and phytoplankton biomass [24]. Lough Feeagh has a surface area of 3.95 km², a maximum depth of 46 m, a mean depth of 14.5 m, an estimated volume of $5.9 \times 10^7$ m³, an average
retention time of 172 days, and an area of 89.5 km$^2$ [24]. The lake is oligotrophic and humic and drains into a coastal lagoon (Lough Furnace) that subsequently drains into the Atlantic Ocean.

Figure 1. The Burrishoole catchment in Ireland, showing the outlines of the catchment and of the Glenamong River sub-catchment, the locations of the chromophoric dissolved organic matter (CDOM) sensors on the Glenamong and on the lake (Feeagh) and locations of the three Glenamong sub-catchment rain gauges (stars). The areas of coniferous forestry are also indicated.

2.2. In Situ Monitoring of CDOM Fluorescence

Estimates of in-stream DOC concentration were calculated using data from in situ high-frequency sensors measuring CDOM fluorescence. These were situated on a site on the Glenamong River at a location 150 m upstream of the inflow to Lough Feeagh as a component of an automatic river monitoring station (upstream catchment 17.60 km$^2$). The monitoring point on Lough Feeagh was on an automatic water quality monitoring station deployed above the deepest point of the lake. A CDOM sensor was first installed at the Glenamong site in 2003, with a second, replacement sensor
deployed in 2008. Data for the first sensor on the Glenamong (referred to as G1) were available from August 2003 to May 2008, with some gaps. Data were available from the second sensor (G2) from September 2008 to November 2011 at the same site, again with some gaps. The sensor on Lough Feeagh was first deployed in March 2010 (referred to as F1). Data from that sensor used in this study ran from 5 March 2010 to 26 December 2011. All three sensors were Seapoint CDOM UV fluorometers (http://www.seapoint.com/suvf.htm; Seapoint Sensors Inc., Exeter, NH, USA). The Glenamong sensors were deployed in the stream so that they were continuously submerged, while the sensor on the lake was deployed at a depth of 1 m. All measured CDOM fluorescence every two minutes (mV). Water temperature was measured at the stream site with a Hydrolab Quanta (Hydrolab Corporation, Austin, TX, USA). Water temperature in Lough Feeagh was measured with a Hydrolab Data Sonde 5X (www.ott.com, OTT Hydrometry Ltd., Sheffield, UK). All data were logged and stored by a Campbell Scientific CR1000 data logger (https://www.campbellsci.com) (Campbell Scientific Inc, Logan, UT, USA).

The Seapoint CDOM fluorometers used UV light emitting diodes (LEDs) as the CDOM excitation source (Ex 370 nm CWL, 12 nm FWHM; Em 440 nm CWL, 40 nm FWHM, where CWL is the center wavelength and FWHM is the full width at half maximum wave height). The instrument gain was set to 1 for all measurements. Assessment of instrument performance was carried out at regular intervals using a quinine sulphate standard as recommended by the manufacturers (1 QSU = 1 µg quinine sulphate L⁻¹). The river sensors were cleaned on a ca. weekly basis, and the lake sensor was cleaned at least every month. All data were quality controlled before further processing to remove any spurious data generated during routine maintenance. A drift correction was applied between cleaning events using OTT HYDRAS 3 (Version: V 4.00.0) software (www.ott.com; OTT HydroMet, Kempten, Germany). The full dataset for the stream from 2003 to 2011 had gaps where the system was damaged during high flows in this upland river site and needed repair or replacement. Data for the most complete years, 2004, 2006 and 2010–2011, were used in the current study.

2.3. Data Processing Including Conversion of CDOM to Estimated DOC

The fluorometer output in mV was first corrected for the fluorescence reading of that sensor when deployed in distilled deionized water (31 mV for G1; 48 mV for G2, 18 mV for F1), referred to as a clear-water offset. The clear water-offset corrected mV reading was then corrected for the quenching effect of temperature [25,26]. Ryder et al. [26] reported monthly temperature correction coefficients for both the stream and the lake for 2010–2011 which varied between months. To incorporate this month-to-month variability into the corrections but avoiding jumps in the coefficient at the end of any month, an interpolated correction coefficient was calculated for each Julian Day using the monthly data slope and intercept values [26]. This calculation used generalized additive models with either slope or intercept as the dependent variable, and Julian Day as the independent variable, to predict daily values. The predicted slope and intercept values for each Julian Day were then used to calculate a daily correction coefficient, which was finally applied to all hourly values in that day.

Downing et al. [27] have previously reported a decline in fluorescence yield for CDOM fluorescence sensors during periods of high turbidity. To assess the potential effect of turbidity levels on CDOM fluorescence yield from the Seapoint sensors, we undertook a laboratory experiment using the CDOM fluorometer that was deployed in the Glenamong from 2008–2011 (G2). This was immersed in water samples spiked with serial dilutions of a HACH Formazin Turbidity standard (4000 NTU (Nephelometric Turbidity Units)). The results indicated a very low decline of 0.098% per NTU in the fluorescence yield. We then compiled data from a Chelsea Technologies Minitracka MkII nephelometers (www.chelsea.co.uk, Chelsea Technologies Group Ltd., West Molesey, UK), installed at the study sites for the period 2010–2011. Data were converted from mV to NTU using a rating curve based on serial dilutions of the same turbidity standard. While the maximum turbidity level recorded in the Glenamong was 56 NTU, 95% of daily mean values were less than 3 NTU and 99% of values were less than 20 NTU. Values in the lake in the same period were always <7 NTU. We therefore did not include a correction for turbidity to the data used in this study.
Hourly mean temperature corrected fluorescence data were converted to estimated DOC concentration (mg DOC L\(^{-1}\)) based on separate calibration equations established using measured DOC data and corrected CDOM data from 2004 to 2005 (G1), from 2010 to 2011 (G2) and for the lake from 2010–2011 (F1) (Figure 2). The measured DOC data for equations 1 to 3 below were from water samples taken at the site which were analyzed in the laboratory within 48 h. All samples were taken using pre-rinsed amber glass bottles and were filtered on-site using Whatman GF/C filters before total organic carbon analysis. The DOC data for G1 (equation 1) were analyzed using a Shimadzu Total Organic Carbon (TOC) analyzer, while the DOC data for G2 (equation 2) and F1 (equation 3) were measured on a Sievers TOC Analyzer (model 5310) which had an operational range from 4 ppb to 50 ppm and accuracy of ±2% or 5% ppb. For both instruments, samples were first acidified to remove any dissolved inorganic carbon using the manufacturers’ protocols. The Sievers TOC Analyzer was calibrated using manufacturer standards. In both cases, blank (MilliQ water) and 10 mg C L\(^{-1}\) standards were included as instrument checks in each run.

Figure 2. (a) Relationships between dissolved organic carbon (DOC) concentration and mean hourly CDOM fluorescence for the Glenamong River which were used to convert hourly CDOM data to estimated DOC concentrations for G1 from 2003 to 2008 (blue) and for G2 data from 2008 to 2011 (orange); (b) relationship between DOC concentration and mean daily CDOM fluorescence used to convert hourly CDOM data to estimated DOC concentrations for Lough Feeagh (F1) for 2010–2011. Note the differences in scale between a. and b.

Relationships were established using linear regression. Similar equations for the relationship between DOC concentration and temperature corrected CDOM levels were obtained for each calibration
period for the two stream sensors, notwithstanding the difference in sensors, in carbon analyzers, and in the total number of samples (G1: \( n = 47 \) (August 2003 to September 2005); G2 \( n = 409 \) (December 2010 to September 2011) (Figure 2a). The data available for the Feeagh site were sparser (17 days between December 2010 to September 2011), and the range of concentrations was also much lower (Figure 2b). For all three sensors, there was a small offset indicating that the water contained some DOC that was not fluorescent:

\[
\text{DOC} = 0.0434 \times \text{CDOM} + 0.837 \quad (n = 47; r^2 = 0.60)
\]

\[
\text{DOC} = 0.0412 \times \text{CDOM} + 1.377 \quad (n = 409, r^2 = 0.63)
\]

\[
\text{DOC} = 0.081 \times \text{CDOM} + 0.5272 \quad (n = 17, r^2 = 0.44)
\]

2.4. Stream Discharge and Meteorological Data

The water level at the same location where the CDOM was deployed on the stream was recorded every fifteen minutes using an Orpheus Mini water level logger (www.ott.com; OTT HydroMet, Kempten, Germany). These data were converted to discharge (\( \text{m}^3 \text{s}^{-1} \)) using a rating curve for the study site (\( r^2 = 0.98 \), Marine Institute unpublished data). Precipitation was measured using Davis Raincollector II tipping buckets (www.davisnet.com, Davis Instruments Corp., Hayward, CA, USA) and Hobo event loggers (www.onsetcomp.com, Onset, Bourne, MA, USA) located within the Glenamong sub-catchment. There were stream discharge data available for all hourly timesteps for each of the three years. Hourly mean stream discharge data for the site were split into two datasets comprising: 1. baseflow dominated periods and 2. periods when there was a runoff component, using a baseflow separation equation [28]. These two derived time series were then used to categorize the hourly stream DOC concentration data as either baseflow-associated or runoff-associated. CDOM data, and therefore estimated DOC concentration, were missing for 16%, 3% and 11% of timesteps for 2004, 2006 and 2010 respectively. Dissolved organic carbon loads for each hourly timestep where data were available were calculated as the product of hourly discharge and estimated DOC concentration for both 1. runoff-associated and 2. baseflow-associated hourly time steps, and 3. for all time steps. These discharge and load data were used to estimate the percentage of time during which DOC export was related to discharge where either baseflow or to runoff dominated. For the estimation of the annual loads only, missing estimated DOC concentration data were filled by interpolation.

2.5. Change in DOC Concentration during Extreme Discharge Events

Extreme discharge events were defined as any event where hourly mean discharge was greater than the 90th percentile of discharge, commonly referred to as the Q10 [29] for at least one hour. The Q10 was based on the mean hourly discharge data for the Glenamong River for the period from 1 January 2004 to 31 December 2011 (1.90 \( \text{m}^3 \text{s}^{-1} \)). For each event, the start time was defined by an increase in discharge of more than 20% above preceding baseflow conditions. The end was defined by either a return to baseflow conditions or when discharge began to rise again if another storm occurred before the system had returned to baseflow [30]. The change in estimated DOC concentration (\( \Delta C \)) during the rising limb was calculated as difference between the concentration at the peak of the storm hydrograph and the concentration just prior to the start of the event [31]. Negative \( \Delta C \) values indicated a dilution of DOC concentrations (referred to as dilution events). Positive \( \Delta C \) values indicated an increase in DOC concentrations (referred to as flushing events). The numbers of dilution and flushing events were summed for each month in each year to allow assessment of any annual pattern. The gaps in CDOM fluorescence data from the Glenamong in the study years resulted in no estimated DOC concentration being available for 15 of 88 events in 2004, and 3 of 63 events in 2010. No data were missing for the extreme events in 2006.
2.6. Statistical Analysis

Generalized additive mixed modelling (GAMM) with a cubic regression spline and cross-validation was used to identify any significant relationship between stream discharge and estimated DOC concentration for each year. Analysis was carried out using the mgcv package [32] in R version 3.3.4 [33]. The spreads of the residuals were homogenous, indicating that a Gaussian distribution was appropriate for the model [34]. A variance structure and a correlation structure were added to the model for the 2010 data, where the assumptions were violated for 1. equal variance and 2. independence, respectively [34].

The hypothesis that the probability densities for the estimated DOC concentration in runoff-dominated and baseflow periods (for hourly data) were not significantly different was tested using a bootstrap version of the univariate Kolmogorov–Smirnov (KS) test using the R package Matching [35] (KS test statistic \( D \)). Ties are allowed with this test unlike the traditional KS test. The number of bootstraps to be completed was set to 1000.

3. Results

3.1. Meteorological and Hydrological Conditions

Total annual precipitation was relatively high in all three years for which stream data were assessed (Table 1). It was similar in both 2004 and 2006 at 2125 mm year\(^{-1}\) and 2108 mm year\(^{-1}\), respectively, but was lower in 2010 at 1599 mm year\(^{-1}\). Median stream discharge rates also differed in each of these three years at 0.40 m\(^3\) s\(^{-1}\) (2004), 0.34 m\(^3\) s\(^{-1}\) (2006) and 0.29 m\(^3\) s\(^{-1}\) (2010), reflecting these year-to-year differences. Despite the similarity in total annual precipitation, however, the discharge data for the Glenamong site differed between 2004 and 2006 in the percentage of hourly time steps where runoff was a component of discharge (42.3% (2004) and 35.4% (2006), respectively). The equivalent percentage for 2010 was lower at 32.7%.

Table 1. Summary data for the three study years for the Glenamong River.

|                      | 2004 | 2006 | 2010 |
|----------------------|------|------|------|
| Annual precipitation mm yr\(^{-1}\) | 2125 | 2108 | 1599 |
| Median daily Q m\(^3\) s\(^{-1}\) | 0.40 | 0.34 | 0.29 |
| Mean daily Q m\(^3\) s\(^{-1}\)  | 0.77 | 0.91 | 0.67 |
| % hours as runoff     | 42.3 | 35.4 | 32.7 |
| % hours as baseflow   | 57.7 | 64.6 | 67.3 |
| Median DOC mg L\(^{-1}\) all hours \(^1\) | 7.7  | 6.7  | 7.4  |
| Median DOC mg L\(^{-1}\) runoff hours \(^1\) | 7.3  | 6.5  | 8.0  |
| Median DOC mg L\(^{-1}\) baseflow hours \(^1\) | 8.0  | 6.8  | 7.4  |
| Total annual load t km\(^{-2}\) | 10.3 | 10.9 | 10.0 |
| % load runoff hours   | 62.3 | 60.9 | 61.6 |
| % load baseflow hours | 37.7 | 39.1 | 38.4 |
| % load h in 10% of time | 43.4 | 49.0 | 54.8 |

\(^1\) median for all timesteps for which data were available.

Hourly estimated DOC concentrations for the Glenamong River showed a general seasonal cycle all three study years with highest estimated DOC concentrations generally occurring in the months from July to September, after which concentrations declined over the late autumn and early winter (Figure 3). The most extreme low concentrations generally occurred in early summer in each year. The months with highest DOC concentrations did not coincide with times with higher stream discharge for the Glenamong, which peaked between September and December. Discharge and precipitation showed a general increase from August each year to higher values in autumn and winter. The median estimated DOC concentrations for the three years (based on the hourly data) were similar at 7.7 mg DOC L\(^{-1}\) (2004), 6.7 mg DOC L\(^{-1}\) (2006) and 7.4 mg DOC L\(^{-1}\) (2010) (Table 1). Interestingly, the
median concentration for time steps in which baseflow only was recorded was slightly but significantly greater than when runoff occurred for both 2004 (baseflow: 8.0 mg DOC L\(^{-1}\); runoff: 7.3 mg DOC L\(^{-1}\); D = 167; \(p < 0.0001\)) and 2006 (baseflow: 6.8 mg DOC L\(^{-1}\); runoff: 6.5 mg DOC L\(^{-1}\); D = 168; \(p < 0.0001\)) (Table 1). In 2010, in contrast, the median concentration was significantly higher for time steps when runoff was recorded (baseflow: 7.4 mg DOC L\(^{-1}\); runoff: 8.0 mg DOC L\(^{-1}\); D = 112; \(p < 0.0001\)). There were no significant relationships between the daily mean DOC concentration and discharge rates in either 2004 or 2006 (Figure 4a,b). Discharge explained 19% of deviance in DOC concentration (generalized additive model with estimated degrees of freedom = 7.12; \(p < 0.0001\)) in 2010 (Figure 4c,d), however, this relationship was strongly influenced by a small number of timesteps where higher concentrations co-occurred with higher flows.

![Figure 3](image_url)

**Figure 3.** Estimated mean hourly (grey) and daily (black) DOC concentrations (mg L\(^{-1}\)) and stream discharge (Q) (m\(^3\) s\(^{-1}\)) for the Glenamong River for (a) 2004, (b) 2006, and (c) 2010 for the Glenamong sub-catchment.
Figure 4. The relationship between stream discharge (Q) and estimated DOC concentration at a daily time step for (a) 2004, (b) 2006, and (c) 2010; (d): the smoother for the relationship between discharge and estimated DOC concentrations for 2010 (the solid line is the smoother and the grey area is the 95% confidence band in this plot). The y axis is the centered smoother, showing the estimated degrees of freedom (7.12) for the model in brackets.

3.2. Change in DOC Concentration during Extreme Discharge Events

The number of extreme discharge events (events greater than the 90th percentile) in each year reflected the differences in total annual precipitation. There were a higher number in the two wetter years, 2004 and 2006 (88 and 91 extreme discharge events respectively), with only 63 in 2010 (Table 2). Notably, there were no discharge events classified as extreme in June 2010, and only one in May of that year, a period of unusually drier conditions at this site in that year. The pattern in the relationship between stream discharge and DOC concentration over the course of individual events was complex and variable (Figure 5). For many of the events, however, there was a clear direction of change in estimated concentration over the rising limb, allowing the classification of events as either dilution (Figure 5a), or flushing events (Figure 5b). We found that sequential dilution events were common, particularly in autumn and winter months (Figure 5c). However, there were also occasions when there were, for example, increases in estimated DOC concentration as discharge decreased (e.g., an event on 29–30 December 2006, Figure 5d). There were also some events that had more complex patterns, for example, events where concentration increased but where it declined at the peak of discharge (e.g., Figure 5e), or actually showed little change (Figure 5f).
Table 2. Summary data for dilution and flushing events for the three selected study.

|                | 2004 | 2006 | 2010 |
|----------------|------|------|------|
| No. dilution events | 54   | 63   | 33   |
| No. flushing events   | 19   | 28   | 25   |
| No. with missing DOC data | 15   | 0    | 3    |
| Total number of events | 88   | 91   | 62   |

1 Change in (DOC) mg L\(^{-1}\) Dilut. Flush. Dilut. Flush. Dilut. Flush.

|                | Max   | Mean | Median |
|----------------|-------|------|--------|
| 2004           | -6.60 | -1.12| -0.97  |
| 2006           | 3.89  | 0.83 | 0.59   |
| 2010           | -3.45 | -0.89| -0.80  |

1 for timesteps for which estimated DOC data were available.

Figure 5. Estimated DOC concentrations during extreme discharge events (where discharge exceeded the 90th percentile): (a) a typical dilution event (13–14 February 2006); (b) the largest flushing event in the time series (30 June–1 July 2010); (c) three sequential dilution events in December 2006; (d) two-day period with 1. a dilution event, 2. falling limb increase in concentration (29–30 December 2004); (e) a flushing event with a prolonged increase in DOC concentration (8–9 July 2006); (f) an event with a small increase on the rising limb (26–28 December 2010).
3.3. Distribution of Flushing Versus Dilution Events

While the total number of events classified as flushing events (i.e., events in which DOC concentration increased on the rising limb) were similar per year (19 in 2004, 28 in 2006, and 25 in 2010), it was notable that the number of dilution events greatly exceeded flushing events in all three years (54 in 2004, 63 in 2006 and 33 in 2010) (Table 2; Figure 6a,c,e respectively).
For 2004 for 15 events, data were available for all events between April and September. Interestingly, the months in each year when flushing events dominated were all during spring and summer. These were May and June in 2004 (Figure 6a), months from April to August in 2006 (Figure 6c), and months from April to August in 2010 (Figure 6e). With the exception of these time periods, however, dilution events dominated in each of the three years.

The average magnitude of the reduction or increase in estimated DOC concentration over the rising limb during these extreme events was calculated for each month and was generally similar in each year (Figure 6b,d,f). The absolute change in DOC concentration during dilution events ranged up to \(-6.60\, \text{mg DOC L}^{-1}\) in 2004 (mean: \(-1.21\, \text{mg DOC L}^{-1}\)), up to \(-3.45\, \text{mg DOC L}^{-1}\) in 2006 (mean: \(-0.89\, \text{mg DOC L}^{-1}\)), and up to \(-2.54\, \text{mg DOC L}^{-1}\) in 2010 (mean: \(-0.84\, \text{mg DOC L}^{-1}\)). For concentration events, the increases in estimated DOC concentration ranged from up to \(+3.89\, \text{mg DOC L}^{-1}\) in 2004 (mean: \(+0.54\, \text{mg DOC L}^{-1}\)), up to \(+2.69\, \text{mg DOC L}^{-1}\) in 2006 (mean: \(+0.65\, \text{mg DOC L}^{-1}\)), and up to \(5.98\, \text{mg DOC L}^{-1}\) in 2010 (mean: \(+0.89\, \text{mg DOC L}^{-1}\)). The largest individual increase in concentration in any of the three study years was \(+5.89\, \text{mg DOC L}^{-1}\) in July 2010, while the largest single decrease in concentrations was \(-6.60\, \text{mg DOC L}^{-1}\) in January 2004 (Figure 6b).

3.4. **DOC Loading and DOC Concentration in Lough Feeagh**

The daily load of DOC that was exported from the Glenamong to Lough Feeagh in the period March 2010 to September 2011 closely tracked stream discharge (Figure 7a). The influence of discharge meant that the highest daily loading (8 September 2010) did not coincide with the highest mean daily DOC concentration, which occurred on 9 June 2010. It was also of note that for all three years, a higher percentage of the DOC load exported to Lough Feeagh was associated with runoff time steps (62.3% in 2004, 61.0% in 2006, and 61.6% in 2010; Table 1) than baseflow time steps, a function of higher discharge volumes. The percentage of DOC estimated to be exported when discharge exceeded the 90th percentile, the most extreme discharge events, was lower at 43.4% (2004), 49.0% (2006) and 54.8% (2010), respectively. Despite these differences between years, the estimated total annual DOC export for each year was remarkably similar at 10.3 t DOC km\(^{-2}\) year\(^{-1}\) (2004), 10.9 t DOC km\(^{-2}\) year\(^{-1}\) (2006), and 10.0 t DOC km\(^{-2}\) year\(^{-1}\) (2010) (Table 1).

The hourly mean DOC concentration for the Glenamong River showed much greater variability that the equivalent hourly data for downstream Lough Feeagh for the period March 2010 to November 2011 (Figure 7b). The lake concentrations were also generally lagged and smoothed compared to those in the inflow. However, the large fluctuations in stream DOC concentration that coincided with the prolonged dry period in spring 2010, and the subsequent high rainfall and discharge on 9 June 2010, were reflected in delayed troughs and peaks in the lake concentrations between May and September in that year. The concentrations in the lake rose gradually from lows of ca. 8 mg DOC L\(^{-1}\) in late May to mean values >12 mg DOC L\(^{-1}\) for the months of September and October 2010, indicating an approximate three to four month lag between the peak concentrations in the stream and the peak in the lake. As well as this lagged effect, it was of note that peak hourly concentrations of >14 mg L\(^{-1}\) were recorded in the lake between 10–15 September 2010, just after the two days with the maximum DOC loading to the lake (7 and 8 September 2010), dates on which daily average discharge rates of 7.61 and 6.96 m\(^3\) s\(^{-1}\) were recorded. After this September peak, and in contrast to 2010, concentrations in the lake declined and were more stable in 2011 than in 2010.
4. Discussion

Interest in the factors controlling DOC concentrations in peatland systems has increased due to concerns about the loss of carbon from long-term stores, changes in the supply of carbon to downstream lakes, and the challenges of treating high DOC waters for human consumption. Our results highlight the variable relationship between stream discharge and DOC concentrations in blanket peatland catchments, and indeed the complex nature of the balance between catchment decomposition rates, biogeochemical processes, and the activation of pathways through the peat soil [13,14,19]. Most interestingly, higher stream discharge rates were actually found to be more likely to result in decreases rather than increases in DOC concentration for much of the annual cycle. This pattern contrasts with the often reported increases in concentration, and flushing of DOC from the catchment, described in many studies, especially for those sites where organo-mineral soils dominate [9,10]. Many of those studies have been undertaken in catchments where soils are typically dry throughout the summer, and where stream concentrations of DOC will normally peak in mid- to late-autumn when the first high rainfall of the season occurs [3]. Inamdar et al. [16], for example, in a study on DOC concentrations in forested watersheds in New York State (USA), reported the largest increase from pre-event conditions during two summer events, with lower but still always positive changes in concentration in March/April and October/November [36]. Our results show that such a build-up of DOC in soil stores and subsequent flushing in autumn is a rarer event in wetter peatland catchments such as the Burrishoole.

Most notably, the seasonal pattern in the occurrence of dilution and flushing events was generally consistent for the Glenamong River between our study years. Flushing events dominated in early summer, a time when stream DOC levels are at their highest in this catchment [19,20], a seasonal pattern consistent for streams draining peat bogs [14,18]. This cycle is driven by the effect of temperature on decomposition in peat soils, a controlling factor which has previously been identified for this site [19,20]. The likely mechanism explaining this dominance of concentration increases in the summer is that...
more DOM and, therefore, DOC that was being produced as the organic carbon stored in the peat was decomposed, and that this was then flushed from the surface peat layers as the water table in the catchment rose following rainfall. Soil temperature is always higher, and peat decomposition therefore greater, in the surface soil layers [13]. Moreover, soil moisture levels will be lowest during summer when evapotranspiration rates are high, thus increasing the availability of oxygen within the peat layers. This not only stimulates bacterial growth, but also increases phenol oxidase activity, the enzyme responsible for the breakdown of phenolic compounds, substances which inhibit decomposition and accumulate in anoxic peat soils [37]. The effect of drought on stream and river DOC concentrations has been highlighted in previous studies in the catchment [19,20]. The highest flushing events in our study were recorded in July 2010 and followed a particularly dry spring and early summer that led to a step change in DOC concentrations in the Glenamong, previously described by Ryder et al. [19]. Such step changes in DOC concentrations have been described at other peatland sites and have been linked to changes in the relative rates of aerobic and anaerobic decomposition in the peat, as well changes in DOC solubility coupled with a flushing effect from the first rainfall post-drought [38]. The 2010 event in the Glenamong contributed to the significant but non-linear relationship between mean daily stream discharge and estimated DOC concentration that we found for that year, which was not apparent in the two other years assessed.

Where positive discharge to concentration relationships have been reported, those have been in sites that tended to have more extreme wet and dry periods within the annual cycle than those in the peatland Glenamong catchment. For example, Guarch-Ribot and Butturini [39] monitored 72% of storms over 2.5 years in a headwater Mediterranean catchment at a site that experienced very dry summers, times when flow ceased entirely. A positive concentration–discharge relationship was found for that site especially in autumn as the soils rewetted, while no dilution events were observed. That study concluded that storm magnitude was the main driver of change in DOC concentration. For the Glenamong River, we had hypothesized that concentration events would dominate in the autumn, a time of year when stream DOC concentrations are usually still relatively high at this site. In fact, dilution events dominated from September through to March in our study years. The mechanism explaining dilution events most likely involves the transport of low DOC rainwater to the stream during periods of saturation excess runoff once the peat soils are again fully wetted after summer [14,21]. The small number of concentration events that occurred in this autumn–winter period when dilution dominated likely reflected the flushing of “old” DOC from alternative pathways in the soil. Worrall et al. [21] used end-member analysis in a peat system in northern England to show that decreases in DOC during events there were more likely to be the result of exhaustion of reserves rather than changes in the flow paths. Peat soils have also been shown to have a “dual porosity” structure, which includes pockets of closed, dead-end pore spaces in their macropore structure [40]. Solute transport from these zones will be via diffusion only and will proceed slowly and any response would therefore be delayed. However, Rezanezad et al. [40] noted that there were to date few studies on dilute transport from such zones in peatlands. Similar to our study, Clark et al. [14] reported that DOC concentrations decreased during autumn storm events and showed a poor relationship with flow during other seasons for streams in an upland peat catchment in the UK.

While we also found slightly higher estimated DOC concentrations during baseflow periods than during times when runoff occurred in the two wetter years (2004 and 2006) and the opposite pattern in the drier 2010, it was notable that the differences were small at an annual scale (less than 0.7 mg DOC L$^{-1}$ in all cases). These similarities likely reflected the common peat acrotelm source for water discharged during both flow types [13,14]. It was also notable that despite differences in total precipitation and total discharge in the three study years, they all had similar annual loads exported to the lake. This implies that a similar quantity of DOC was produced within the catchment in each year and highlights the importance of temperature controls on the rate of peat decomposition [19,20]. This similarity between our study years is likely coincidental, as annual loads ranging from 11.6 t C km$^{-2}$ year$^{-1}$ to 18.5 t C km$^{-2}$ year$^{-1}$ have been estimated for the Glenamong catchment for the period of 2011 to 2016.
based on weekly water color data [18]. The loads exported to the lake are also within the range reported for other upland peat catchments [13,18,41]. Koehlar et al. [18], for example, reported an annual export of DOC of 14 t C km\(^{-2}\) year\(^{-1}\) from a catchment in southwestern Ireland. Worrall et al. [41] estimated that a similar 9.4 t C km\(^{-2}\) year\(^{-1}\) was exported from the Moor House catchment in Northern England, while annual export rates reported by Clark et al. [13], also in the UK, ranged up to 27 t C km\(^{-2}\) year\(^{-1}\). The percentage of the annual DOC load that was exported in 10% of the time during extreme discharge events in our study was 43% to 55%. This is lower than the values reported for eastern US catchments [10], but similar to other studies in catchment with peat soils [36].

While our estimated DOC concentration and loads were for the inflow from the smaller of the two sub-catchments of Lough Feeagh, Doyle et al. [20] found a high level of synchrony between the temporal pattern in water color, a proxy for DOC, in the Glenamong River and that in the larger sub-catchment of the Black River. The estimated DOC concentration at the Lough Feeagh monitoring station appears to be strongly influenced by the inflow concentrations. Our high-frequency estimated DOC data from the lake were, however, notably less variable than that from the inflow site. In addition, our data showed clearly that the impacts of large flushing and dilution events, such as those that occurred in the study catchment in 2010 [14], will be strongly damped in downstream lakes. The retention time of Lough Feeagh is 172 days, although it was estimated to be reduced to ~15 days following an extreme large inflow in July 2009 [24]. The stream discharge that coincided with the abrupt increase in our estimated DOC concentrations on 9 June 2010 was, however, much lower than that reported for a summer event in 2009 by de Eyto et al. [24], an event which followed extreme (once in 250 year) rainfall. It also is of note that separate to any response to catchment-controlled inflows, dissolved organic carbon concentrations in lakes will also be affected by in-lake processes such as carbon uptake by bacterioplankton [42], and degradation of DOC compounds by UV light [43]. Nevertheless, for lakes with retention times greater of c. 6 months and with catchment areas similar to the Burrishoole, our results suggest that catchment processes are the main drivers of in-lake DOC concentrations, with an integrating effect related to lake retention time.

5. Conclusions

Undertaking a similar analysis to ours to gain insight into any seasonal patterns in the discharge–concentration relationship for a specific site, either through HFM or through forecasts using an appropriate model, could inform on carbon budgets and guide catchment management decisions for both current and future climatic conditions. The results we have presented give insights into the close linkages between weather, catchment carbon cycling, and effects on downstream aquatic systems in general. We also have shown how these events can more frequently result in a dilution of stream DOC levels. However, the magnitude of any flushing and dilution of DOC, and the consequent implications for carbon availability and water treatment, will likely be more pronounced in rivers rather than lakes, as the effects in lakes or reservoirs will likely be damped depending on their retention time.

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