Superior LSPR substrates based on electromagnetic decoupling for on-a-chip high-throughput label-free biosensing

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Localized surface plasmon resonance (LSPR) biosensing based on supported metal nanoparticles offers unparalleled possibilities for high-end miniaturization, multiplexing and high-throughput label-free molecular interaction analysis in real time when integrated within an opto-fluidic environment. However, such LSPR-sensing devices typically contain extremely large regions of dielectric materials that are open to molecular adsorption, which must be carefully blocked to avoid compromising the device readings. To address this issue, we made the support essentially invisible to the LSPR by carefully removing the dielectric material overlapping with the localized plasmonic fields through optimized wet-etching. The resulting LSPR substrate, which consists of gold nanodisks centered on narrow SiO2 pillars, exhibits markedly reduced vulnerability to nonspecific substrate adsorption, thus allowing, in an ideal case, the implementation of thicker and more efficient passivation layers. We demonstrate that this approach is effective and fully compatible with state-of-the-art multiplexed real-time biosensing technology and thus represents the ideal substrate design for high-throughput label-free biosensing systems with minimal sample consumption.

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INTRODUCTION

Surface plasmon resonance (SPR) biosensing, established in the late 1980s1, is the gold standard of optical label-free sensing technologies and the most successful application of plasmonics to date2. However, during the early 2000s3, the concept of localized SPR (LSPR) sensing emerged as a convenient alternative to SPR. As the name suggests, the LSPR-sensing transduction mechanism relies on localized plasmon modes, typically excited in inert gold nanoparticles (GNPs)4–9, rather than on surface plasmon polaritons propagating on a continuous metal film. In both cases, the sensitivity is due to the delicate variation in plasmon properties with the refractive index (RI) of the dielectric material just above the metal surface. Recent studies have shown that the sensitivity of SPR and LSPR to thin molecular coatings are very similar10, but the LSPR concept presents clear advantages in terms of the simplicity of supporting optics and possibilities for high-end miniaturization, which can, for example, be utilized to enable the simultaneous interrogation of a large number of independent sensor elements on the same 'chip'. Although individual GNPs can be operated as autonomous sensors11,12, the optimal LSPR-sensing spot for most applications is considerably larger, typically containing at least a few thousand GNPs13,14 to ensure a sufficiently high dynamic range and signal-to-noise ratio, and efficient molecule delivery. By combining properly designed LSPR substrates with a microfluidics interface based on polydimethylsiloxane (PDMS) technology, the plasmonic-sensing spots can be addressed independently, and the reagent and sample consumption can be greatly reduced compared to, for example, standard enzyme-linked immunosorbent assays. The integration of micro-mechanical valves15 can expand the functionality further to true lab-on-a-chip format, enabling programmable and autonomous operation16.

The existence of a well-established orthogonal surface chemistry for gold/glass surfaces based on the gold-thiol (–SH) bond gives plasmon-based optical sensors an important advantage compared to all-dielectric sensors, such as wave-guides or microresonators. However, as schematically illustrated in Figure 1a, large areas of dielectric material, the base substrate and the channel walls, are also present in an LSPR-sensing structure. This material causes nonspecific molecular adsorption, which can in turn cause unpredictable depletion of the capture and target molecules as well as a false nonspecific sensor signal due to the overlap between the plasmon-induced evanescent electromagnetic (EM) fields and the dielectric support. The issue of nonspecific adsorption in microfluidics is typically countered by introducing a passivation coating, for example, poly[l-lysine]-graft-poly(ethylene glycol)17,18 or a similar non-fouling agent19,20. In the ideal case, this coating confines the biorecognition reactions exclusively to the plasmonic-sensing structures, as indicated in Figure 1b.
Unfortunately, the majority of reported passivation strategies\textsuperscript{17–23} are challenging to apply to structures that contain several different kinds of interfaces, such as PDMS, SiO\textsubscript{2} and gold, due to factors including cross-contamination, differences in hydrophobicity/hydrophilicity\textsuperscript{24}, solvent incompatibility\textsuperscript{25}, device assembly issues and so on. Moreover, even if the dielectric support surrounding the plasmonic-sensing structure is successfully passivated without interfering with the sensor functionalization, which is extremely challenging, it would still occupy a large portion of the most sensitive plasmonic detection volume. Figure 1b, resulting in reduced sensitivity. Here we address these issues by instead engineering plasmonic substrates to be intrinsically immune to the signals caused by nonspecific substrate adsorption. This goal can be achieved by positioning disk-shaped GNPs on narrow pillars optimized so that the plasmonic probing volume falls completely outside and is decoupled from the dielectric support material, as indicated in Figure 1c. The idea of elevating gold nanodisks above the substrate to increase the LSPR sensitivity to RI changes was introduced by Dmitriev \textit{et al.}\textsuperscript{26,27} and later followed up by several research groups\textsuperscript{28–30}. In particular, Sepulveda and co-workers\textsuperscript{29} demonstrated that wet-etching could be used to achieve a significant undercut beneath the Au nanodisk, resulting in pillar-like structures with ca. 50% enhanced sensing performance for small target DNAs. However, to the best of our knowledge, none of these studies demonstrated complete EM decoupling or made the connection to the issue of nonspecific adsorption in the context of LSPR high-throughput sensing. Here we optimize the technique pioneered by Otte \textit{et al.}\textsuperscript{29} to maximize the EM decoupling effect without compromising the mechanical integrity of the nanodisk sensors. We then demonstrate that samples fabricated in this way exhibit markedly reduced sensitivity to nonspecific substrate adsorption, which is later exploited as a passivation step in our model system biosensing protocol. Furthermore, we show that it is possible to micropattern the samples inexpensively using PDMS stamps and to interface such plasmonic substrates with advanced microfluidics architectures.

**MATERIALS AND METHODS**

**Fabrication of sensing substrates**

Glass slides (24 × 24 mm #5) were cleaned by 5 min sonication in acetone and isopropanol, and then covered by sputter deposited titanium (1 nm) and gold (50 nm), as indicated in Figure 2a. The substrates were then briefly treated in oxygen plasma prior to the drop casting of positively charged PDDA (poly-diallyldimethylammonium chloride) and then passivated with a polyethyleneimine (PEI) solution to hydrophilize the surface. Finally, the substrate was coated with a layer of positively charged PSS (poly-sodium styrene sulfonate) to improve the binding characteristics of the PDDA layer. The LSPR substrates based on EM decoupling were fabricated by patterning the PDMS surface with a polymeric matrix and then casting the PDMS solution on the substrate. The PDMS solution was polymerized with a curing agent to form a polymer matrix that was subsequently etched using oxygen plasma to create narrow pillar structures. The pillars were then further patterned with a photolithography process to create the final substrate.

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**Figure 1** Nanoplasmonic molecular sensing in microfluidic channels. (a) Nonspecific binding will deplete both the receptor and the target molecular concentrations if the channel has not been passivated, leading to delayed sensor response, and high receptor and target consumption. Arrows represent possible interaction paths of analyte molecules. (b) Passivation of the channel surfaces with suitable blocking species reduces nonspecific binding, but the blocking molecules occupy a large portion of the most sensitive plasmonic detection volume. (c) By elevating the metal particle on an optimized nanopillar, the plasmonic fields decouple from the substrate and the passivation molecules. This configuration significantly increases the effective sensing volume and improves the overall sensor performance.
chloride, 0.2 volume % in water, Sigma-Aldrich), as shown in Figure 2b. After a short water rinse, a solution of negatively charged polystyrene (PS) beads (0.1% in water, Microparticles GmbH, Germany) was drop casted on the substrates (Figure 2c). Depending on the application, either the PS beads were removed from half of the substrate surface with dicing tape, or the substrates were patterned by PDMS micro-contact printing (Figure 2d). The self-assembled PS beads acted as a mask during subsequent ion-beam milling (Ionfab 300, Oxford Instruments, UK; Figure 2e). The PS beads were then removed by dicing tape, and the substrates were treated in oxygen plasma to remove the remaining PDDA fragments (Figure 2f).

Fabrication of PDMS structures
The mold for micro-contact printing was made by laser-writing lithography on a silicon wafer ( mrDWL 5-negative photoresist, Allresist GmbH, Germany). The process parameters were tuned according to the manufacturer’s recommendations. A bubble-free PDMS mixture (10:1, Sylgard 184 kit, Dow Corning, USA) was spin-coated on the mold at 250 r.p.m. After being kept in the dark for ~ 40 h, this process resulted in a final PDMS thickness of 0.75–1 mm. The sticky PDMS membrane was carefully peeled off, rolled over the PS-covered gold substrate, where it was kept in contact for 10–20 s, and then removed in one smooth move. Detailed descriptions of the PDMS microfluidic fabrication procedure can be found elsewhere31,32.

Optical spectroscopy
Ensemble averaged extinction spectra were recorded on a UV-VIS-NIR spectrophotometer ( Cary 2000, Agilent Technologies, USA). Real-time tracking of the LSPR wavelength of single sensing spots was performed using a home-built extinction set-up based on a collimated fiber-coupled light source (HL-2000, Ocean Optics, Dunedin, USA) and a fiber-coupled spectrometer (BRC711E, B&W Tek, USA). Simultaneous measurements of multiple sensing spots were performed using a hyperspectral imaging set-up33,34 built around an inverted microscope (Eclipse Ti-E, Nikon, Japan), a liquid crystal tunable filter (LCTF, 650–1100 nm spectral range, 7 nm bandwidth, 1 nm resolution, model Varispec SNIR, PerkinElmer, USA) and a CMOS camera (Neo5, Andor Technologies, UK). Our system has been specially designed for the real-time parallel interrogation and on-the-fly analysis of multiple sensing sites by synchronizing and controlling all essential optical components using custom-made Labview code.

Electrodynamics simulations
Simulations of optical spectra and near-field distributions were conducted using a commercial finite-difference time-domain (FDTD) implementation (Lumerical, Inc., Canada) with optical constants for gold based on35 and a total-internal reflection field formulation. The simulated gold disks had diameters d = 172, 200 or 280 nm, thickness t = 60 nm, a curvature of the top and bottom edges of radius 5 nm, and a side taper angle of 20°. The RI of the substrate/pillar support was set to n = 1.52, and the structures were surrounded by water (n = 1.33). The mesh size was 4 nm but refined to 0.5 nm around the disks and the etched profiles.

Surface chemistry
First, 0.1 mM SH-PEG-methoxy (5 kDa, Rapp Polymere, Germany) was dissolved in ethanol at 50 °C. The substrates were immersed in PEG solution overnight and then attached to the PDMS microfluidic structures by low-temperature thermal bonding (40 °C) for 2–3 h. Anti-PEG immunoglobulin Gs (IgGs) E11 and E6.3 were received in 50% glycerol at a concentration of 400 μg ml⁻¹ (Ref. 36). Neutravidin (NTV; ThermoFischer Scientific) was dissolved in corresponding buffer(s) to a concentration of 50 μg ml⁻¹ and used as such.

RESULTS AND DISCUSSION
We used the well-established, cheap and scalable colloidal lithography method37 to produce well-defined patterns of short-range-ordered gold nanodisks on standard glass microscope slides. The fabrication
steps involved are schematically illustrated in Figure 2a–2f, where we have also included the optional step (Figure 2d) of two-dimensional micro-patternning based on the lift-off-free method developed by Andersson et al.\textsuperscript{28}. This fabrication protocol yields samples fully compatible with the microfluidics devices and assay protocols previously developed by Aćimović et al.\textsuperscript{35}. The contrast between regions with and without nanoparticles achievable through this method is excellent, as illustrated in Supplementary Fig. S1.

The nanodisk substrates constitute the starting point for wet-etching (Figure 2g), to generate nanodisks on narrow pillars, as introduced by Otte et al.\textsuperscript{29}. We use a standard buffered oxide etch (BOE, 15% of hydrofluoric acid) throughout. Following a gentle water rinse to stop the etching process, the samples are dried under a stream of nitrogen. The surface tension that arises because of the retreat of the thin water layer during drying can cause the nanopillars to break, and this effect sets a limit on how thin a nanopillar can be, which, in turn, limits the minimum nanodisk diameter needed to achieve EM decoupling. For this reason, we focused on gold nanodisks with larger diameters, \( d \), than explored previously\textsuperscript{29}.

Figure 3 summarizes morphological changes versus etching time for three different Au nanodisk samples with \( d = 170\)–290 nm. We hypothesized that the etching rates might be anisotropic due to the three-dimensionally nanostructured landscape. To test this possibility, we first determined the vertical etching rate by profilometer scans across boundaries with and without \( d = 290 \) nm nanodisks. As seen in Figure 3a, these data are in excellent agreement with the known nominal etch rate of glass in BOE in our lab (90 nm min\(^{-1}\)). We then imaged the substrates using a scanning electron microscope (SEM) at a tilt angle of 70° to estimate the lateral etch depth directly underneath the nanodisks, obtained as \( \approx (d - d')/2 \), where \( d' \) is the diameter of the nanopillar closest to the nanodisk. The data in Figure 3a suggest a lateral etch rate of 77.5 nm min\(^{-1}\) (linear fit), demonstrating a pronounced but favorable etching anisotropy, presumably due to diffusion inhomogeneity. Finally, based on the SEM image analysis, we estimated the minimum mechanically stable nanopillar diameter to be \( d = 350 \) nm. Figure 3b compares non-etched disks (left) and disks supported by \( d = 250 \) nm nanopillars (right).

We measured optical extinction as a function of etching time to quantify the degree of EM decoupling versus pillar morphology. Figure 4a illustrates typical spectral evolution during etching for the case of 210 nm disks (for 170 and 290 nm disks, see Supplementary Fig. S2). It is obvious that the dominant LSPR, which corresponds to a dipolar charge oscillation in the plane of the disk, undergoes a continuous blue shift and narrowing upon pillar formation. The blue shift is a result of the decreasing average RI within the plasmonic near-field. We interpret the narrowing as due to the more symmetric dielectric environment around the disks. In Figure 4b, we plot the resonance peak wavelength versus etching time for the three nanodisk diameters considered. The resonance evolution can be fitted well with an exponential decay towards a static value, \( \lambda_{\text{LSPR}}(t) = \lambda_{\text{LSPR}}(\infty) \exp(-t/\tau) \), with a time constant \( \tau \) that increases with the disk diameter (9.8 ± 1.1, 14.29 ± 5.9 and 24.69 ± 10.1 s), indicating a larger sensing volume for larger disks. More importantly, the change in resonance position versus time levels out and enters a plateau region (that is, approaching \( \lambda_{\text{LSPR}}(\infty) \)) after a certain size-dependent etching time, indicating that we have reached the EM decoupling regime in which the dipolar plasmonic near-field no longer ‘sees’ the supporting nanopillar. Figure 4b shows that the EM decoupling regime begins at an etching time of ca. 40, 50 and 75 s for the 170, 210 and 290 nm nanodisk substrates, respectively. Ideally, one would like to be as far as possible at the right side of the plateau region, as long as the mechanical stability of the nanopillars is preserved. For instance, at the threshold of mechanical stability for the 210 nm disks, corresponding to a 65 s etching time, a 20 nm-thick passivation layer would still reside mainly within the ‘invisible zone’ according to the etching rates extracted from Figure 3a. In addition, the substantial reduction in LSPR linewidth (see the inset of Figure 4b), is highly beneficial because it results in lower baseline noise levels when tracking the LSPR position in sensing experiments\textsuperscript{39}. Spectroscopic tracking can also be used to precisely identify the point when substrate over-etching induces mechanical instability of the nanopillars, which results in broad and red-shifted resonances (Supplementary Fig. S3).

We performed electrodynamics calculations using the FDTD method to substantiate our claim of EM decoupling and to obtain a better understanding of the optimal structure parameters. We calculated the optical response for single nanodisks of diameter \( d = 172, 200 \) and 280 nm, which closely match the experimental values, but assumed isotropic etching dynamics to reduce calculation time and modeling efforts. As summarized in Figure 4c, the calculated peak positions display a similar exponential trend to the one observed in the experiments. The LSPR linewidths also exhibit an exponential

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**Figure 3** Formation of nanopillars underneath gold nanodisks by etching in BOE. (a) Vertical (red data points) and lateral (black points) etch depths of glass for substrates covered with gold nanodisks of various diameter \( d \). The nominal etch rate of ca. 90 nm min\(^{-1}\) is indicated by the dashed line. Error bars represent the standard deviation of the data sets. (b) SEM images at 70° tilt angle of representative populations of unmodified and etched gold nanodisks of varying diameter \( d \) (scale bar = 100 nm).
decay (Figure 4c, inset), although the experiments only showed a general decrease in full width at half maximum, probably due to inhomogeneous broadening, for example, from the size polydispersity of PS beads (Figure 4b, inset). The calculations reveal that the resonance plateaus are not entirely flat, partly because of the assumed isotropic rather than anisotropic etching, but they do have very low slopes after a certain time. We checked the derivative of the resonance position as a function of etching depth to determine the highest degree of EM decoupling attainable for the chosen minimum nanopillar diameter $d' = 50$ nm (Figure 4d). The data show that the minimal absolute value, $\sim 0.12$ nm per nm of adsorbed layer thickness, is obtained for the 200 nm disks. The initial derivatives, at zero etch depth:

$$\frac{d(E/E_0)^2}{d(E/E_0)}$$

Figure 4 Optical properties of gold nanodisks versus etching time. (a) Experimental extinction spectra in air as a function of substrate etching time for nanodisks with diameter $d=210$ nm. (b) Plasmon resonance peak positions and linewidth (inset in full width at half maximum, FWHM) as functions of substrate etching time and disk diameter for nanodisks with $d=170, 210$ and $290$ nm. Lines show exponential fits to data. Note that a plateau is reached after a certain etch time, signaling EM decoupling between the disks and the glass substrate. (c) Calculated resonance position as a function of etching depth for $d=172, 200$ and $280$ nm disks. The inset shows the linewidth evolution as a function of etching depth. (d) Calculated derivative of resonance position versus etching depth. The discrete points mark the etching depth for which the nanopillar diameter has reached a diameter $d' = 50$ nm, corresponding to the experimentally determined minimum value that yields undisturbed mechanical stability. (e) Calculated intensity enhancement maps at resonance showing spatial extension of sensing volume for a 200 nm nanodisk directly on glass (left, $\lambda = 752$ nm) and supported by a 50 nm glass nanopillar (right, $\lambda = 652.5$ nm).
depth, represent the response of the disks to an infinitesimally thin layer with RI = 1.52 formed on the glass. For the 200 nm disk, this value is ~ 5.01, that is, ~40 times higher than the derivative value for the same disk supported by a d = 50 nm pillar. Thus, the nanodisk is essentially decoupled from the substrate for the optimally etched structure. Figure 4e illustrates the corresponding changes in EM near-field intensity at resonance for these two limiting cases, indicating a significant reduction in field-substrate spatial overlap for the pillar-supported nanodisk.

To demonstrate the advantage of EM decoupling for biosensing applications, we choose to work with a simple model system resembling the ideal assay strategy as illustrated in Figure 1b and 1c. We use NTV as a passivating entity due to its almost irreversible adsorption to glass at neutral pH. The receptor is a 5 kDa thiol-PEG-methoxy that binds exclusively to gold and repels proteins efficiently, thus fulfills the requirement of low cross-contamination between the passivating species and the receptor biorecognition layer. We use NTV as a passivating entity due to its almost irreversible resemblance to the ideal assay strategy as illustrated in Figure 1b and 1c.

For the same disk supported by a single-channel PDMS fluidics device (see Supplementary Fig. S4b). Using our hyperspectral imaging spectroscopy measurement system, we could then simultaneously trace the LSPR response of the ‘standard’ (that is, 5 s etched) and pillar-supported (that is, 50 s etched) nanodisks in real-time. As summarized in Figure 5b, we successively exposed the sample to three different kinds of RI perturbations: (1) NTV (50 μg ml⁻¹) in phosphate-buffered saline (PBS) buffer, which tests the sensitivity to nonspecific interactions with the substrate, as in Figure 5a, followed by a rinse; (2) a test of the bulk RI sensitivity by injecting PBS buffer containing 2.5% glycerol and NTV (50 μg ml⁻¹); and (3) a test of the analyte sensitivity, performed by injecting a PEG-specific antibody (E11 IgG, 20 μg ml⁻¹) dissolved in PBS containing 2.5% glycerol and 50 μg ml⁻¹ NTV, followed by a rinse. The data in Figure 5b again show that the sensitivity to nonspecific substrate binding is reduced for the pillar-supported nanodisks, this time by a factor of 4–5 (the theoretical reduction factor is 13, as calculated by integration of the derivative in Figure 4d over a 4.5 nm-thick NTV layer). In agreement with earlier reports on elevated nanoplasmonic structures, the pillars also increase the bulk RI sensitivity by almost a factor of two, and more importantly, they increase the analyte sensitivity by ~25%. Thus, we can conclude that all essential sensing characteristics of the nanodisk LSPR sensors are improved by EM decoupling, as summarized in the inset of Figure 5b.

Although working with microfluidics channels directly interfaced with pillar-supported nanodisks, such as the one used for the measurements in Figure 5b, we found that the microfluidics devices sometimes suffered from leakage and delamination issues (see Supplementary Fig. S4b for an example). This result is not very surprising, considering that the top face of the nanodisks can be

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![Figure 5](https://via.placeholder.com/150)

**Figure 5** EM decoupling in LSPR biosensing. (a) Response of PEG-coated gold nanodisks upon injection (arrow 1) of NTV (50 μg ml⁻¹) versus substrate etching time in BOE. Arrow 2 denotes the buffer rinsing step. Inset shows the final resonance shift. The test device is shown in Supplementary Fig. S4a. Error bars represent the uncertainty in determination of the resonance shift. (b) Simultaneous response of 5 and 50 s etched gold nanodisk areas under exposure to various analyte model systems: NTV (nonspecific absorption to glass), bulk RI change and PEG-specific IgG antibody detection. The sequence of injection steps is as follows: (1) NTV (50 μg ml⁻¹) in PBS buffer, (2) PBS buffer rinse, (3) injection of 2.5% glycerol in NTV (50 μg ml⁻¹)-spiked PBS, (4) injection of anti-PEG E.11 antibody (20 μg ml⁻¹) in 2.5% glycerol PBS buffer spiked with NTV (50 μg ml⁻¹). Note the inverse ratio of the response between 5 and 50 s etched substrates for the substrate (NTV) and sensor-specific analyte (anti-PEG antibody). Inset shows improvement factor of 50 s etched structures over 5 s etched for the case of nonspecific interaction of NTV to glass, bulk RI change and specific interaction of Ab. The most dramatic change is observed for nonspecific protein adsorption on glass. The test device is shown in Supplementary Fig. S4b.
> 150 nm above the bottom glass surface for optimally etched samples, which makes it difficult for the PDMS interface to deform and establish a firm bond with the substrate. Leakage is not a major issue if wide channels are used, when the liquid pressure can be kept low, but for miniaturized multiplexed sensing, the substrate needs to be patterned so that the pillar-supported nanodisks reside only inside channels. Two-dimensional patterning on the micrometer-scale can easily be achieved using PDMS stamps, as demonstrated here or by Andersson et al.26, but it is challenging to precisely align such complex patterns with narrow-channel microfluidics structures without compromising the functionality of the device or the total cost. We therefore decided to test whether the simplified architecture used by Chen et al.27 and Acimović et al.32, consisting of lines of plasmonic nanoparticles running perpendicular to microfluidic channels, could be applied to pillar-supported nanodisk substrates. The test device consists of 210 nm disks supported on \( d = 50 \) nm-narrow pillars patterned into eight parallel 100 μm-wide stripes with a separation of 150 μm. The patterned substrate was cross-aligned with an active microfluidic structure with eight parallel 100 μm-wide channels with 100 μm separation and hemispherical cross-section radii of 16 μm. The final device, shown in Figure 6a, contains 64 sensing spots with a packing density of \( \sim 20 \) mm\(^{-2} \). During the course of standard operation, using pressure driven flows of \( < 1 \) μl min\(^{-1} \), we did not observe any leakage or chip delamination in > 10 tested devices. Importantly, we did not observe any cross-contamination between channels through the plasmonic stripes, where bonding is expected to be the weakest. Finally, we used this kind of device to measure the biorecognition reaction of two antibodies (E11 and E6.3 IgGs) targeting the PEG receptor. Prior to antibody injection, the channels were passivated with NTV as before. We then injected the IgGs, in concentrations within the range recommended by the supplier, at 0.5 μl min\(^{-1} \) for 30 min and then switched to rinsing buffer (50 μg ml\(^{-1} \) of NTV in 2.5% glycerol in PBS). Interestingly, the two antibodies showed quite different binding kinetics, possibly due to different affinities and different epitopes, but the origin of this effect is beyond the scope of this article. More importantly, the binding curves show no evidence of concentration-dependent delays, even for the lowest concentrations detectable here (2 μg ml\(^{-1} \)) during 30 min incubation. This finding may allow LSPR to be used not only for on-chip diagnostics27,32,43,44 but also for determining binding rates in buffer matrices. We conclude that the micropatterned nanopillar-supported nanodisk substrates are extremely well suited for high-throughput low-consumption opto-fluidics LSPR sensing due to their full compatibility with state-of-the-art microfluidics and read-out schemes and their less restrictive nature regarding the development of assay strategies for applications in diagnostics or the pharmaceutical industry.

**CONCLUSIONS**

Elevated supports of various kinds have been previously explored as a route to increased sensitivity of plasmonic nanosensors to RI perturbations26,28-30. The partial physical removal of the substrate around and beneath a metal nanoparticle increases the usable fraction of the plasmonic mode volume and pushes it away from the high index substrate towards the embedding aqueous medium, resulting in a sensing performance approaching that of a nanoparticle in solution. In this work, we have shown that this ‘electromagnetic decoupling’ approach can also be used to make the plasmonic-sensing structures almost insensitive to molecular adsorption at the dielectric support structure. We achieved this goal by carefully engineering a mechanically stable support pillar and selecting the optimal parameters of disk-shaped GNP. The sensing properties of the optimized pillar-supported nanodisks were assessed in direct comparison to standard nanodisk substrates by exposing them simultaneously to three classes of possible RI perturbations (proteins interacting nonspecifically with the substrate, a bulk RI change and a specific analyte–biorecognition interaction) and found to be superior in all three aspects. However, the most important conclusion is that it is possible to almost entirely eliminate the sensitivity to perturbations occurring on the supporting substrate, in this case represented by the adsorption of the moderately large protein NTV. This possibility significantly simplifies the assay strategy and sensor preparation in essentially all types of LSPR biosensing applications, removing the restrictions on the size (molecular weight) of the passivating layers. In addition, we showed that nanopillar-supported gold nanodisk sensors can be easily patterned for convenient integration with state-of-the-art active microfluidics devices to achieve efficient and rapid read-out with a high signal-to-noise ratio using parallel real-time hyperspectral imaging, enabling flexible high-throughput operation. On the basis of these results, one can argue that LSPR biosensing is extremely well poised to become the next revolutionary tool for cost-effective label-free molecular interaction analysis with high sensitivity, high throughput, low sample consumption, robust instrumentation and superior miniaturization, and multiplexing capabilities.
CONFLICT OF INTEREST
The authors declare no conflict of interest.

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Supplementary Information for this article can be found on the Light: Science & Applications’ website (http://www.nature.com/lsa).