Review

Review on Carbon Nanotube Varieties for Healthcare Application: Effect of Preparation Methods and Mechanism Insight

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Abstract: Many potential uses of carbon nanotubes (CNT) in various sectors have created an urge to assess their diverse range of properties pertaining to various applications like catalysis, biosensor, and antimicrobial activity. Increasing studies on the biosensor and antibacterial activity of CNT have prompted tremendous interest in the utilization of the carbon-based nanostructured material as an alternative to currently existing antibiotics. However, the study of bactericidal aspects of this nanomaterial is relatively new and hence the deeper understanding of the various physicochemical characteristics and antimicrobial nature of CNT is extremely wanted. This review covers the effect of framework substitution and explains the understanding of membrane disintegration and oxidative stresses upon nanomaterials for antimicrobial activity. The present article has also reviewed effect of preparation nanoparticle deposition and framework modification on carbon nanotube structure. The recent research on graphene-modified nanomaterials for biosensor applications related to healthcare/clinical applications have also been discussed. Major physicochemical contributing factors such as size, functionalization, high surface area, and aggregation features of CNT assisting in the bacterial killing have nicely been outlined. Hence, the present review explains the supporting information related with Single and multi-walled carbon nanotube and summarized the advantages of functionalized carbon nanotube/graphene-based nanostructured carbon-based materials towards protection and reduction of bacterial/viral infections in the healthcare sector.

Keywords: carbon nanotube; E. coli; single wall carbon; catalyst; graphene oxide; carbon electrodes

1. Introduction

Carbon nanotubes (CNT) are one of the most promising and appreciated nanomaterials in the present time as well as in the past decades [1]. Excellent thermal conductivity, pore-size, and dimensions as well as electrical, mechanical, and magnetic properties of graphene and CNT varieties have made them one of the most applied materials in nanoscience and engineering technology [2]. Since its discovery in 1991, CNT have gained worldwide attention for its attractive and useful chemical, thermal, mechanical, and electrical properties and exceptional stabilities under normal environmental conditions [3]. They are made up of cylindrical tube of one or more layers of graphene sheets with a hexagonal structure. Currently, carbon nanotubes are found in two types: (1) single-walled CNT (SWCNT) that consist of a single layer of graphite sheet having diameter of 1 nm to 10 nm and length...
of several micrometers and (2) multi-walled CNT (MWCNT) are made up of more than one layer of graphene sheet that forms concentric circle towards the middle with variable diameters and length [4].

On the other hand, Fullerene (0D), Carbon nanotube (1D), and graphene oxide like two-dimensional (2D), Diamond-based carbon (3D) nanomaterial that have achieved remarkable attention for various applications such as catalysis, transistors-based DNA sensor, energy storage, bio-sensing, gene delivery, and drug delivery in recent years [5–28].

Usage of CNT in numerous fields has prompted a growing concern on the potential toxicity of this material towards human cells. The basic principle of bacterial action of carbon nanomaterials involves structural damage to the cell wall and membrane of microorganism. The carbon-based graphene sheets are capable of isolating cells from the microorganism and it eventually leads to cell death [12–16]. As toxicity of CNT towards human cell lines was obtained in past research reports, this has necessitated the interest to investigate the interactions of CNT towards microorganisms. The first evidence of antibacterial activity of CNT materials are reported in 2007, graphene like single layers of carbon nanotube (SWCNT) have claimed to exhibit strong antibacterial activity towards Escherichia coli [15–22]. Since then, various findings have indicated that physicochemical properties of CNT such as diameter, length, residual catalyst, electronic structure, functional groups on the surface, coatings of CNT, and dispersion factor affects the bacterial toxicity [16–20]. The general mechanistic action of CNT towards bacterial cells involves membrane disruption and oxidative stress [23]. Generation of reactive oxygen species (ROS) by the CNT upon exposure to bacterial cells causes destructive effects to components of cell mainly through lipid peroxidation methods [24]. Additionally, oxidative stress response genes such as oxyR and soxRS in E. coli were up-regulated after exposure to CNT and this clearly indicates the involvement of oxidative stress as a mechanism of action of CNT [16,25]. In this pandemic situation, recently some interesting articles reported for the detection and label free platform for virus analysis using Carbon nanotube array-based microfluidic device fabrication [26]. They constructed a microfluidic platform with differential filtration porosity for the rapid enrichment and identification of viruses by surface enhanced Raman spectroscopy. The captured viruses remain viable in chip-based microfluidic devices and are purified in a micro device followed by detail characterization by conventional biological methods [27].

Therefore, the present review is explained in details related with effect of framework additive addition on Carbon nanotube and their influences in the antimicrobial mechanisms. Figure 1 shows the various preparation methodology for carbon nanotube formation and highlighted applications related to present article such as biosensors and antimicrobial activity of CNT.

![Figure 1. Carbon nanotube (CNT) preparation method and its potential application (our own original image).](image-url)
2. Summary of the Review Article

The following sections deal with the antimicrobial activity and mechanistic aspects of CNT (SWCNT and MWCNT) and functionalization of carbon network like in CNT and graphene nanomaterials for efficient Biosensor and Antimicrobial action. Table 1 highlights the role of materials that are used for suitable pathogens and its mechanism action such as cell damage or oxidative mechanism are explained in detail. The present review article is also focused to explain the role of particle size and morphology of different variety of carbon nanotube in Antibacterial activity for infection control. The electronic structure of CNT is discussed with respect to their framework modification. Graphene oxide modified nanocomposite electrode application of various CNT morphology has compared and exploited their outcome property.

3. Results and Discussion

3.1. Effect of Preparation Method and Functionalization on CNT for Biosensor and Antibacterial Activity

Carbon nanotube, SWCNT, and MWCNT materials can be prepared by many preparation methods such as chemical vapor deposition, laser ablation, flame synthesis (burning of carbon precursor in the presence of flame to collect the deposits), and nanoparticle assisted catalytic synthesis of MWCNT. The graphene oxide synthesis from graphite has been very popular in past decades to fabricate the reduced graphene oxide or graphene layer for electrochemical sensor and catalytic applications. Effects of synthesis strategy and addition of extra additive for modified CNT materials play an important role for achieving the higher efficiency to get the final product. Recently, our group reported Molybdenum disulfide Nano sheets dispersed as an additive component in MWCNT and it is applied on bio-sensing application towards determination of chloramphenicol (CAP) in milk, honey, and condensed milk samples [27]. Figure 2 shows the schematic image of functionalization of MWCNT in acidic medium followed by in situ formation of MoS$_2$ on the surface of carbon nanotube matrix. The MoS$_2$ functionalized MWCNT shows the higher selectivity for the determination of CAP (0.8–1.3 µM) compared to gold nanoparticle functionalized graphene oxide (1.5 to 2.5 µM). The higher detection limit (0.015 µM) was achieved by nanoparticle functionalization on MWCNT due to negatively charged acidic group and blended with incoming nanoparticle and forms the interconnected three dimensional (3D) network of multi walled carbon nanotube as shown in Figure 2.

![Figure 2](image_url)

**Figure 2.** Effect of preparation and functionalization of MoS$_2$ with MWCNT (reproduced and modified from our own publication report with copy right permission from Elesvier).
In another related work on MWCNT, we reported the determination of dopamine using graphene oxide and carbon nanotube hybrid decorated with nanoparticle of MoS$_2$. Dopamine (DA) is a kind of neurotransmitter in mammalian central nervous systems which facilitates communication between brain and neurons. To maintain the healthy human system, dopamine plays an important role. To determine DA, we fabricated first hybrid composite formation using graphene oxide from low cost graphite by hammers method. In the second step, the graphene oxide treated with commercial carbon nanotube to form hybrid nanostructure followed by in situ addition of sodium molybdate in hydrothermal process to form the nanoparticle of MoS$_2$ followed by insert into the composite structure. Hydrothermal process is facilitating the graphene oxide Nano sheets binding with as formed nanoparticles of MoS$_2$ with flower morphology and deposited strongly on nanotubes of carbon network, which is shown schematically in Figure 3. The as prepared modified electrode show effective results at nano-Molar (nM) concentration of DA detection. Voltammetry technique shows the sensing limit of 100 nM–100 µM with low detection limit of 50 nM [28]. Hence, to achieve the above sensitivity to biological molecules purely depends on preparation strategy adopted in the formation of carbon nanotube and graphene-based modified composite materials fabrication.

![Graphene oxide/CNT by MoS$_2$ nanoparticle formation](Reproduced with permission, modified picture of our own published work).

**Figure 3.** Functionalization strategy for Graphene oxide/CNT by MoS$_2$ nanoparticle formation (Reproduced with permission, modified picture of our own published work).

### 3.2. Antimicrobial Activity and Mechanistic Insights of CNT (SWCNT and MWCNT)

In addition to the various medical, chemical, physical, and engineering contributions of carbon nanomaterials in the real-world applications, antibacterial and future antiviral potential of CNT has collected enough credits worldwide to be well acclaimed and researched for the utilization of this carbon nanomaterial for the application in the field of Nano-biotechnology [25–28]. However, the mechanistic action of CNT has not been elucidated clearly and conflicting results achieved through inconsistent experimental setup is undoubtedly the main culprit of these circumstances [29–38]. This review will focus exclusively on the antimicrobial potentials of CNT, in addition to the mechanistic aspects that are involved during the interactions between the nanomaterial and the microorganism, especially among the bacterial cells.

Although substantial effort has been devoted to explore the beneficial prospects of CNT in the revolutionary field of biomedical sciences, the applications of these nanomaterials are considered for use in combating the ever-increasing microbial infections especially in the clinical setting and hospital atmosphere due to many years of negligent usage of antimicrobial agents [29–38]. Table 1 shows the
variety of carbon nanomaterials and its contributing factor toward mechanism action in antimicrobial property. Carbon nanotubes tremendous antibacterial potency have triggered immense interest to investigate the potentials of CNT as coating agents or protective film on medical instrumentations, especially in the hospital settings to prevent the spread of nosocomial infections [39–44]. Application of CNT in wound dressings have been exploited for use in any injury with the risk of bacterial infection. However, this dressing is similar to conventional bandages, but the antiseptic solution embedded along with the SWCNT would undergo a slow-release as it is in the woven material of the bandage [45,46].

Table 1. Brief description of antibacterial activity and its mechanism insights of CNT varieties.

| Carbon Nanomaterials | Bacteria                     | Contributing Factor                                                                 | Mechanism of Action                                      | References |
|----------------------|------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------|------------|
| Fullerenes MWCNT     | E. coli, E. coli             | Uncapped, short, debundled and highly dispersed in solution                        | Synergistically target bacterial cells that increase ROS, Membrane damage | [31], [17] |
| SWCNT                | E. coli K12                  | Direct contact between bacterial cell and SWCNT in solution                        | Membrane damage                                           | [15]       |
| SWCNT                | Soil microorganisms          | Raw SWCNT enhances metal toxicity in the soil                                      | Suppressed metabolic activity                             | [47]       |
| SWCNT                | E. coli K12                  | Aggregation characteristics                                                        | Bacterial inactivation                                     | [19]       |
| SWCNT                | E. coli K12                  | Increasing metallic fraction                                                       | Oxidative stress                                           | [48]       |
| CNT                  | E. coli, Shigella sonnei, Klebsiella pneumoniae, P. aeruginosa, Lactobacillus acidophilus, Bifidobacterium adolescentis, E. coli, Enterococcus faecalis, S. aureus | Presence of light, wrapping mechanism influenced by length and piercing mechanism dependent on diameter | Membrane damage, release of DNA and RNA, potential reduction of bacterial membrane | [49]       |
| SWCNT                | E. coli, Shigella sonnei, Klebsiella pneumoniae, P. aeruginosa, Lactobacillus acidophilus, Bifidobacterium adolescentis, E. coli, Enterococcus faecalis, S. aureus | Presence of light, wrapping mechanism influenced by length and piercing mechanism dependent on diameter | Membrane damage, release of DNA and RNA, potential reduction of bacterial membrane | [49]       |

3.3. Functionalization of Carbon Nanotube for Antimicrobial Action to Control Infections

Carbon nanotube-based 1D and 2D nanomaterial are being regarded as the best invention of nanotechnology as the utilization of this nanomaterial could be playing as special category components in the field of chemical, bio-chemical engineering, medical and electrical sensor industry [40–45]. Although the discovery of CNT was made in 1991, the antimicrobial potential of this nanomaterial was not made until 2007 [15,50–65]. Recent findings in mechanistic pathway for damage of human cell for antimicrobial potential of CNT are greatly influenced by the unique physicochemical properties of this nanomaterial such as size, length, diameter, surface functionality, dispersivity, and agglomeration factors [47–51].

Carbon nanotubes are usually extreme insolubility in aqueous and organic solvents was the main limitation for CNT utilization in diverse range of fields. Given that the diameter of SWCNT are in the range of 0.4–3 nm and in the range of 1.4–100 nm for MWCNT, while the length of these nanomaterials are often in the range of micro-meters to millimeters, moreover it is a known fact that CNT are usually not equivalent in diameter and length [60–62]. Modification of surface chemistry of
this material with functional group that are strong oxidizing agents have tremendously improved its dispersivity in aqueous solution for improved utilization in biotechnology [66]. Figure 4 demonstrates the effect of CNT particle size and functionalization results in changing its properties and efficiency. Functionalization and purification steps significantly transform the physicochemical nature of CNT to progress with modifications in cytotoxicity against the bacterial model. Attachment of polar functional groups like hydroxyl and carboxylic groups on the sidewalls and open ends of the nanotube mainly increases the dispersivity of the nanomaterial and simultaneously increases the potential use of CNT to be employed in various other fields [17,65–73].

 Commercial exploitation of CNT is heavily dependent on the physical, chemical, and structural characteristics of the carbon-based nanomaterial. Functionalization of carbon nanotube depends on many factors such as solvent usage to dissolve the precursor, time of reaction, ageing process are all plying a key role in improve the electronic and structural properties of carbon nanotube [60]. These formations of defects caused by functionalization might play a role in determining the toxic effects against bacteria. Contradictory results in the literature regarding the toxicity of CNT have often fueled the enthusiasm to conduct toxicity assays for the nanotubes due to the large difference of outcomes observed in CNT-mediated toxicity [21,74,75]. For instance, inactivation rate of bacteria models (B. subtilis, E. coli, and S. aureus) were demonstrated to increase with the addition of functional groups on the surface of CNT, which in turn, have increased the dispersivity of the nanotubes [72–74]. Besides that, another report has linked the toxicity effects of functionalized CNT, especially with the attachment of carboxyl group, to the presence of amorphous carbon species that are detected through Raman spectra. The various functional group addition, role of carbon nanotube length, size effect towards its potential application, and physico chemical property variations (Figure 4). The length of nanotubes is important during its interaction with cell membrane. The shorter SWCNT shows the higher activity for bactericidal performance than longer SWCNT [72–74]. In liquid medium, short lengths of CNT are more likely self-aggregate without involving a large number of microbial cells and its vice versa in the case of lengthier carbon nanotube. The diameter of tube also plays an important role in bacterial inactivation process. Smaller diameters can provide higher damage to cell membrane though the cell-surface interaction [74,75]. The existence of the additional carbon species was generated through acid treatment protocol were utilized to carboxylate the carbon nanotube surface. Therefore, carbon-based nano-products that are utilized in medical field should be developed

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**Figure 4.** Effect of preparation strategy upon functionalization, physico chemical property, and its potential application in various field [60] (modified image reproduced with permission).
based on highly purified condition in preparations and functionalization process to avoid the other carbon species interference or contaminates with single walled carbon nanotubes [70–75]. Aggregation and dispersivity characteristics of functionalized CNT should be considered, when envisaging the possibility of toxic effects of the nanotube towards the experimental bacterial model. An article researching these circumstances has demonstrated that aggregation characteristics of functionalized SWCNT have to be taken into consideration foremost for predicting the likelihood of the bactericidal effects of the CNT as the group found that compact and narrow distribution of aggregates poses a reduction in toxicity [18,19]. Hence, an elevation in the toxicity characteristics of the CNT is not exclusive to one factor and its length, diameter, and nature of functional group exist in the surface create the unique carbon-based nanomaterials for selective killing of bacterial pathogens.

3.4. Role of CNT in Oxidative Stress Property in Cell Membrane

Another possible mechanism experienced by CNT with bacterial cells is reactive oxidative stress. The initial study that was examined by the bacterial response involving CNT and oxidative stress mechanism reported that more than 50% of bacterial genes were up-regulated upon exposure to SWCNT. The interaction between SWCNT and membrane damage related to bacterial oxidative stress response system involving oxyR and soxRS [16]. Figure 5 clearly explains the production of singlet oxygen (O$_2^*$), hydroxyl radicals (•OH), and superoxide anions (O$_2$•−) are generated in a step-by-step process and classified under reactive oxygen species (ROS) where ROS are mostly by-products of aerobic respiration conducted by the bacterial cells (Figure 5A). However, the bacterial cell experiences inadequacy in the elimination of additional ROS as exogenous production of ROS is being generated by the CNT in the aqueous media through photo induction [24,56].

![Figure 5](image-url)

Figure 5. Schematic representation of oxidative stress-mediated cell death and its amelioration by antioxidant treatment. (A) Oxidative stress (ROS)-mediated bacterial cell death. (B) Protection of bacterial cells against oxidative stress by an antioxidant [24] (modified image and Reproduced with permission and cited in the reference, from ACS chemical Society).

Figure 5A,B shows the cytotoxicity properties that may be exerted by ROS includes damaging effects to the lipids, nucleic acid, proteins, and carbohydrate-moieties and generation of •OH is considered the most damaging species as it causes instantaneous reaction with the fatty acids, proteins, and sugar molecules and initiates a rapid stimulation of lipid peroxidation activity that
causes membrane disintegration and subsequent leakage of cytosol content into the surrounding environment [16,24,49]. Lipid peroxidation reactions are mediated through a Fenton-like reaction that generates hydroxyl radicals, which in turn induces structural damages to the lipid bilayer of the bacterial membrane through unsaturated fatty acids peroxidation process [57].

Since ROS is a by-product of bacterial undergoing oxidative stress, therefore it is naturally assumed that existence of this reactive species is beneficial in moderate levels where generation of ROS stimulates the production of regulons to reduce the damaging effects of oxidative stress [58]. However, exposure of CNT to the bacterial cells induces the formation of ROS and additionally the CNT material itself generates ROS, therefore, an overwhelming presence of ROS creates lesions that causes cellular damage and an eventual cell death [59].

3.5. Role of Particle Size and Morphology in Antimicrobial Action

The unique microbicide strength of carbon nanotubes mainly lies on its nano-scale characteristics and although all materials in this scale of length are often referred to as nanoparticles, results in the greatest antimicrobial toxicity effects [60]. SWCNT with smaller diameter measurements in contrast to MWCNT has higher antibacterial potential as demonstrated for the first time in 2008. In this study, these two nanomaterials were subjected to exposure towards E. coli for 60 min and better antibacterial activity of SWCNT were associated to its small diameter that contributed towards penetration of the nanotube into bacterial cell walls which were highly effective due to the improved surface area and generation new active sites in the carbon nanotube surface could promotes effective interaction with bacterial cells [16]. Similarly, SWCNT have better toxicity effects towards E. coli, P. aeruginosa, B. subtilis, and S. aureus compared to MWCNT, aqueous phase C60 (fullerene) nanoparticles, and colloidal graphite. Although moderate amounts of toxicity were observed with MWCNT, graphene oxide, and colloidal graphite, SWCNT was clearly the best candidate for eradicate the bacterial contaminants especially in river water and wastewater effluent treatments [61]. The authors suggested that further antimicrobial studies must take into account the difference in membrane structure of Gram positive bacteria, especially B. subtilis as variations in the membrane potential would play a greater role in determining its susceptibility towards CNT. This was due to the longer incubation time imposed on the B. subtilis isolate to achieve similar toxicity effects as observed on other bacteria models [61]. Moreover, this specialty in the diameter size also facilitates partitioning and partial penetrations of the nanotubes into the outer membrane of bacterial cells and causes irreversible membrane damage [16].

Comparison between the SWCNT and MWCNT proves that a large difference in their respective lengths greatly influences the mode of interaction with the bacterial cells as shorter lengths of SWCNT have a higher amount of surface area for interaction with additional open end of the nanotubes. However, this is clearly not the case with MWCNT that are nearly 70 µm and SWCNT which are merely 2 µm, thus improvement in contact with bacterial cells which promotes bacterial toxicity effects are clearly seen with SWCNT [16]. Although an enormous dissimilarity in length specification that is present between the SWCNT and MWCNT have elicited variations in bacterial toxicity, however, additional study was initiated to record deviations in bactericidal effects garnered through difference in length among the SWCNT [62–70].

Carbon nanotube materials have shown greater activity in the case of bacterial cells in the form of biofilms. In the past reports predict that the 80–90% of microbial cells were damaged in the case of SWCNT coating on polymer substrate towards E. coli and B. subtilis bacteria [68–70].

Three types of SWCNT length were investigated for their exposure towards a common food-borne pathogen, S. typhimurium, and ironically, the longest of the studied SWCNT models (~5 µm) recorded the most effective antimicrobial activity in comparison to SWCNT which were <1 µm and 1–5 µm correspondingly as depicted through growth curves in Figure 6A–C where growth curve C shows the most significantly affecting parameter. Figure 6A–C indicates the longer time required for the bacterial cells to reach optical density at 600 nm (OD 600 nm) compared to other carbon nanotube lengths. Although it was an expectation that shorter SWCNT would possibly have the best antimicrobial
potential through existence of more open ends of the nanotubes, but this was clearly not the only factor that determines the antibacterial potential of the SWCNT. The author implied that aggregation factor also regulates toxicity factor of SWCNT where the longer SWCNT (~5 µm) formed aggregates involving a larger number of bacterial cells compared to the <1 µm SWCNT which had a tendency to form self-aggregates without the involvement of a significant number of bacteria cells. Formation of aggregates have prompted better interaction among the SWCNT and the cells, that have ultimately affected the mortality of the bacteria [62].

Figure 6. (A–C) Optical density (OD) growth curves measurement of Salmonella cells when 180 µL of ~8.0 × 10^8 CFU/mL cells was treated at the following conditions and grew in 5 mL BHI at 37 °C: (A) single-walled CNT (SWCNT) of <1 µm long, (B) 1–5 µm long, and (C) 5 µm long, at various concentrations of blank, 50, 100, 150, and 200 µg/mL [62] (modified and cited with permission from ACS Chemical Society).

3.6. Adsorption Activity CNT and Its Antimicrobial Application

Usage of CNT for water purification has been on the increase as these filters can be cleaned repetitively for regaining full water filtering efficiency unlike other commercial water filters that only offers single usage policy [75–77]. Clearly, the benefits of possessing a large surface area gives an upper hand in water filtering systems as seen in SWCNT which retain a surface availability of approximately 407 m^2/g that could aid in removing 3.18 × 10^{12} CFU/mL of bacterial contaminants from raw drinking water supply [76,78]. Three major advantages have been claimed for utilization of CNT filters for water disinfection systems. First, the microbial adsorption capability of CNT is the highest recorded in the literature than the filters that are currently in use in the consumer’s arena. Second, CNT filters have been demonstrated to have selective adsorptive behavior towards bacteria and lastly, the adsorption kinetics of CNT is very rapid signifying their use in biosensor applications [60]. Figure 6 shows that the High adsorption ratio of SWCNT are contributory to its highly fibrous nature of the nanomaterial that has been claimed to have an efficiency of adsorbing microbial spores of B. subtilis at 27–37 times greater than alumina-based adsorbents [62,79].

Selective behavior of CNT filters was first studied using mixed cultures of E. coli and S. aureus in the presence of SWCNT and it shows high selectivity towards certain species of bacteria. A 100 times greater adsorption values have been recorded for S. aureus compared to E. coli. The obtained results clearly confirm the adsorption mechanism dependent on size, morphology, and framework additive dispersion on CNT. The Gram-positive or Gram-negative bacteria differs their selectivity due to the morphology of the bacterial cell wall and outer membrane structure [22,53]. Lastly, good bacterial adsorption values of CNT have prompted the use of these nanomaterials to be applied in the field of bio sensing and detection techniques that involve bacterial culture are irrelevant. Kinetic rates of SWCNT are highly rapid where 95% of bacterial isolates that are present in the reaction mixture are captured and inactivated within 5 and 30 min especially in raw water [53,61]. Graphene oxide-based material has shown higher antibacterial activity toward P. aeruginosa and the antibacterial activity decrease in the following order such as reduced GO > Graphite > Graphite Oxide [78]. Hence, the mechanistic aspects of graphene oxide-based materials make challenges to predict the exact cell damage process in the surface of graphene layers. Two theoretical mechanism was already proposed, one is the interaction of
graphene innovative insertion with cell membrane and another one could be destructive extraction of phospholipids from lipid membranes [77]. Kang et al. (2009) made systematic study of different varieties of carbon nanotube for both gram-positive and gram-negative bacteria (Figure 7 [61]). Figure 7 clearly shows that selectivity and activity of carbon nanotube is varied based on crystalline structure, band structure of carbon nanotubes, and morphology of different method prepared carbon-based nanomaterials [78–80].

![Figure 7](imageURL)

**Figure 7.** The schematic of fluorescence-based toxicity assays in the presence of different type of CNT against gram positive and negative bacteria. Reprinted with permission from referenced Kang et al. (2009). Acknowledged and cited [61,80] (Reproduced with permission and cited in references, ACS Chemical Society).

### 3.7. Role of Electronic Structure of CNT in Antimicrobial Application

The synthesized carbon nanotubes (CNT) often produce the metallic or semiconducting structures that are defined mainly through the carbon atom helical arrangement and the diameter of the nanotubes. Most often, one of three parts of the structures will display pseudo metallic characteristics, whereas the remaining two parts will comprise of nanotubes with semi-conducting properties [48,80]. The advanced method of preparation and purification process in the fabrication of individual SWCNT could be differentiated from other method prepared carbon nanomaterials in terms of its nanotube diameter, electronic structure and band gap CNT [81]. Therefore, the ability to separate SWCNT with varying electronic structures have made it possible to investigate the effects of this parameter in influencing the toxicity effects of CNT and improved antibacterial activity.

Increase in the fraction of metallic SWCNT in the solution mixture of nanotubes and bacteria have enhanced the oxidative stress experienced by the *E. coli* cells through loss of membrane integrity. SEM images clearly define the increase in the range of toxicity to the bacterial cells are associated with elevation in metallic properties of CNT fraction [48]. Carbon nanotube semiconducting property has changed from metallic and semi-metallic by functionalization of suitable quaternary ammonium salt addition and the specific selectivity towards the target was drastically changing with respect to fermi-energy level alteration in the band structure of carbon nanotubes [82]. The lone pairs present
in nitrogen atom of diazonium salt react with carbon nanotubes and it extract electrons from the nanotube in the formation of covalent aryl bonds followed by transform its property from metallic to semi metallic nature and it results changes the biochemical-selectivity towards bacterial or any target species. Hence the addition of suitable additive internally or framework substitution of CNT could alter the metallic nature and its efficiency for specific application in the medical field.

3.8. Antimicrobial Mechanism Aspect of CNT Modified Materials for Water Treatment and Electrode Application

A carbon filter made from traditional activated charcoal is still a potential as a water disinfectant in rural areas and adoption of low cost route prepared CNT could be employed into membranes to remove bacteria and viruses in water [83]. Brady et al. (2008,2010) developed SWCNT filter with polymer membrane to inactivate bacteria and virus [84,85]. Similar work is carried out by Kang et al. (2009) on various bacterial species in water with respect to carbon nanotubes, which is already discussed earlier. Surface functionalization of CNT can increase the antimicrobial effect for water disinfectant. Nanocomposite-based on CNT with metal nanoparticles are promising candidates for antibacterial activity by synergistic mechanism between CNT and silver like nanoparticle deposition on the matrix of carbon network. Biogenic method prepared silver nanoparticle dispersion on reactive SWCNT could normalize the cytotoxicity of the SWCNT. No trace of viruses was found to flow through the filters after treatment with silver nanoparticle-based carbon nanotube in tea bag design filter usage in drinking water treatments. Silver nanocomposite towards E. coli and S. aureus improved significantly, with respect to silver loading [86,87]. The alternative low-cost metal oxide coating on CNT have also reported to treat the microorganism in water such as Zinc oxide, titanium dioxide, and ferric oxide. Recently, Ali et al. (2017) reported a class of novel multifunctional nanocomposites composed of MWCNT with iron oxide and silver nanoparticle coating provide the efficient damage for E. coli in drinking water [88]. Polymer coating on carbon nanotube is also an alternative filtration substrate for water treatments. In situ formation of carbon nanotube growth internally in the polymer membrane by novel design provide the improved antimicrobial activity for polymer-based carbon composite materials. In terms of electrode application of carbon nanotube with respect to microorganism, microbial fuel cell (MFC) is an ecofriendly method of wastewater treatment and self-powered electricity generation using microorganisms. The efficiency of MFC and chemical oxygen demand purely depends on physicochemical nature of CNT-based electrode materials. The biocompatibility of the CNT can be improved by surface oxidation. The 3D CNT anodes exhibit improved efficiency after deposition on biofilm and facilitates electron transfer process for improved performance [89]. Therefore, the fabrication of variety of CNT modified electrode and filtrate materials depend on low cost preparation strategy and play a crucial role in water treatment application and also in health care protective coating devices development in health care sector industry for future infection prevention aspects.

4. Conclusions

In summary, the present review article highlighted the significance of preparation strategy of functionalization and mechanistic aspects of carbon nanotube and graphene oxide-based carbon nanomaterials. Physicochemical characteristics of the carbon nanotube varieties are playing a definite role in determining the extent of the bacterial inactivation properties and therefore, future studies that involve investigations on the similar nature of this application should take into account the differences in the physical attributes of CNT and graphene oxide-based carbon nanomaterials. Diversity among the bacterial species could be taken into account and the above discussion highlighted the carbon-based nanomaterials application for antibacterial activity and water treatment/disinfectant process towards sustainable development. A deeper understanding of the growth and lifecycle of bacteria is required prior to the engineering of nanomaterial to combat bacterial and all possible viral infections, especially in the health care sector.
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