Intrinsic Stability of Temporally Shifted Spike-Timing Dependent Plasticity

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Abstract

Spike-timing dependent plasticity (STDP), a widespread synaptic modification mechanism, is sensitive to correlations between presynaptic spike trains and it generates competition among synapses. However, STDP has an inherent instability because strong synapses are more likely to be strengthened than weak ones, causing them to grow in strength until some biophysical limit is reached. Through simulations and analytic calculations, we show that a small temporal shift in the STDP window that causes synchronous, or nearly synchronous, pre- and postsynaptic action potentials to induce long-term depression can stabilize synaptic strengths. Shifted STDP also stabilizes the postsynaptic firing rate and can implement both Hebbian and anti-Hebbian forms of competitive synaptic plasticity. Interestingly, the overall level of inhibition determines whether plasticity is Hebbian or anti-Hebbian. Even a random symmetric jitter of a few milliseconds in the STDP window can stabilize synaptic strengths while retaining these features. The same results hold for a shifted version of the more recent “triplet” model of STDP. Our results indicate that the detailed shape of the STDP window function near the transition from depression to potentiation is of the utmost importance in determining the consequences of STDP, suggesting that this region warrants further experimental study.

Introduction

Hebbian synaptic plasticity can effectively organize neural circuits in functionally useful ways, but only when implemented in a manner that induces competition among synapses [1]. Spike-timing dependent synaptic plasticity (STDP), which has been observed in a wide variety of preparations (see [2] for a review), appears to provide such an implementation by forcing synapses to compete for control of the timing of postsynaptic action potentials while being strengthened or weakened. In STDP, a synapse is potentiated when a presynaptic action potential precedes a postsynaptic spike, and depressed otherwise (see [3] for a review). STDP has been shown to induce a competitive form of Hebbian plasticity that is useful for a variety of neuro-computational problems (see [4] for a review). However, this form of STDP has an inherent instability in that strong synapses get stronger and weak synapses get weaker. This instability can be tamed by biophysical limitations on synaptic strengths, resulting in a U-shaped distribution of synaptic efficacies [5]. Nevertheless, it is interesting to examine models that do not require such constraints for stabilization and that generate unimodal distributions of synaptic strengths resembling those measured in cultured and cortical networks [6–8].

Synaptic competition and synaptic stability (meaning that synapses reach a stable equilibrium distribution independent of bounds on their strengths) are desirable but conflicting features of Hebbian synaptic plasticity. For example, the instability of STDP mentioned in the previous paragraph can be eliminated by introducing strength-dependent modification [9,10], but at the expense of eliminating synaptic competition. By interpolating between stable and unstable models of STDP, it is possible to obtain both synaptic competition and stability, but over a limited parameter range [11]. Here we propose an alternative solution inspired by the slow kinetics of NMDA receptors. We show that STDP can be stabilized if the boundary separating potentiation and depression does not occur for simultaneous pre- and postsynaptic spikes, but rather for spikes separated by a small time interval. Through simulation as well as by solving the Fokker-Planck equation governing the distribution of synaptic strengths, we show that any positive shift of the STDP window can stabilize the distribution of synaptic strengths while preserving synaptic competition. These properties also hold for a multi-spike STDP rule in which triplets of pre- and postsynaptic spikes are the key events in determining the synaptic change [12], as opposed to pair-based STDP in which pairs of pre- and postsynaptic spikes govern the plasticity process. Moreover, our simulations show that even a random symmetric jitter of a few milliseconds in the STDP window can stabilize synaptic strengths while retaining these features.

Results

To study the effects of STDP on synaptic strengths, we simulated a single spiking neuron that receives excitatory and inhibitory presynaptic spike trains with Poisson statistics at rates $r_{ex}$ and $r_{in}$, respectively (Methods). The strengths of the excitatory synapses, denoted by $w$, change due to STDP, while the strengths of the inhibitory synapses remain constant. We first consider the
The parameters \( A_t \) model, as discussed below. The parameter \( d \) is determined by

\[
\Delta w = F(\Delta t) = \begin{cases} 
-A_+ e^{(\Delta t-d)/\tau_+} & \text{if } \Delta t \leq d \\
A_+ e^{-(\Delta t-d)/\tau_+} & \text{if } \Delta t > d.
\end{cases}
\] (1)

The parameters \( A_+ \) and \( A_- \), both positive, determine the maximum amount of synaptic potentiation and depression, respectively. We define synaptic strengths in units of membrane potential depolarization (mV), so \( A_+ \) and \( A_- \) have mV units as well (Methods). The time constants \( \tau_+ \) and \( \tau_- \) determine the temporal extent of the STDP window for potentiation and depression. The parameter \( d \), also positive, introduces a shift in the STDP window such that even in cases where a presynaptic action potential precedes the postsynaptic spike by a short interval \((0 < \Delta t < d)\), the corresponding synapse gets depressed. Note that we recover conventional pair-based STDP by setting \( d = 0 \). Further details of the synaptic modification procedure appear in the Methods, and the numerical values of the STDP parameters are given in Table 1. An important feature of the pair-based model we use is that STDP arises solely from pairs of pre- and postsynaptic spikes that are nearest neighbors in time, in agreement with experimental results [13]. Specifically, each postsynaptic action potential can only potentiate a synapse on the basis of the interval to the presynaptic spike immediately preceding it, and each presynaptic action potential can only depress a synapse on the basis of the timing interval to the immediately preceding postsynaptic spike. This assumption is important for the results we obtain using the pair-based STDP model, as discussed below.

### Stability of synaptic strengths

With conventional, unshifted STDP (\( d = 0 \)), synaptic strengths grow or shrink indefinitely unless limits are imposed. These limits produce a U-shaped distribution of synaptic strengths (figure 1A, [5]). However, if we introduce a \( d = 2 ms \) shift into the STDP window, the steady-state distribution of synaptic strengths is unimodal and stable even when no limits are imposed (figure 1B). Why does this occur?

The total effect of a sequence of pre- and postsynaptic action potentials on the strength of a synapse can be computed by multiplying the STDP window function by the probability of a spike pair appearing with time difference \( \Delta t \) and then integrating over all values of \( \Delta t \). If we assume Poisson spike trains and ignore the effects of the synapse, the probability distribution of nearest-neighbor pre-post pairs is an exponentially decaying function of the magnitude of the interval between them (figure 1C). The decay rate of this exponential is equal to the sum of the pre- and postsynaptic firing rates (Methods). The presence of a synapse induces an additional contribution to this distribution for small positive \( \Delta t \) arising from postsynaptic spikes induced by the synaptic input (figure 1C). The size of this “causal bump” is proportional to the probability of a presynaptic action potential evoking a postsynaptic response, and hence to the strength of the synapse. The stronger the synapse, the larger the bump. In addition, because the postsynaptic spike latency is shorter for stronger synapses, the bump moves closer to \( \Delta t = 0 \) as the synaptic strength increases (figure 1D). These features of the pre-post interval distribution are crucial for our analyses.

When there is no shift in the STDP window, the causal bump falls entirely within the potentiation domain (figure 1E), which is why synaptic strengths grow until something else stops them (figure 1F). When the STDP window is shifted, part of the causal bump falls into the region where depression occurs (figure 1G). Furthermore as the synapse gets stronger, a larger portion of the causal bump falls into the depression domain, both because the causal bump gets bigger and because it moves closer to \( \Delta t = 0 \) (figure 1H). This prevents further growth of the synaptic strength and explains why a shift stabilizes synaptic growth through STDP. Stabilization of synaptic weights occurs for any positive value of the delay (\( d \)), but larger delays result in lower mean values and sharper distributions for the weights (figure 2).

For a more quantitative evaluation of shifted STDP, we computed the steady-state solution of the Fokker-Planck equation governing the distribution of synaptic strengths [14–16] (Methods).
Figure 1. Comparison of unshifted and shifted STDP. 

A. The U-shaped steady-state distribution of synaptic strengths for conventional unshifted STDP.

B. The unimodal steady-state distribution of synaptic strengths for shifted STDP ($D = 2\text{ms}$).

C. The probability density of pairing intervals for presynaptic and postsynaptic spike trains. The blue area is the symmetric acausal contribution, and the pink area is the additional causal bump arising from postsynaptic spikes induced by the presynaptic input.

D. Same as C, but for a stronger synapse. The causal bump is larger and closer to $\Delta t = 0$.

E. The causal bump superimposed on the unshifted STDP window. The potentiation part of the STDP curve is red and the depression part blue. The causal bump falls entirely within the potentiation domain (red shading).

F. Same as E, but for a stronger synapse. The causal bump still falls within the potentiation region.

G. Same as E, but for shifted STDP. Part of the causal bump falls into the depression region (blue shading).

H. Same as G, but for a stronger synapse. More of the causal bump falls into the depression region.

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With a few reasonable approximations and ignoring any limits or bounds, the steady-state distribution of synaptic strengths has the form of a gamma distribution,

$$r(w) = N_0 (w + \mu)^{k-1} \exp\left(-\frac{w + \mu}{\theta}\right),$$

where $N_0$ is a normalization constant and $\mu$, $\theta$ and $k$ are computed parameters. If either $k$ or $\theta$ is negative, this distribution cannot be normalized, implying unstable synaptic strengths. The calculations indicate that $\theta$ is positive for any positive shift ($d > 0$, Methods). Positivity of $k$ requires that $A_+ \tau_+ > A_- \tau_-$. Note that this is opposite to the condition required of conventional, unshifted STDP (see for example [5]). Because it is easier to do the analytic calculations without imposing strict boundary conditions on the synaptic strengths, the analytic formula sometimes includes a small probability for negative strength synapses, which is not allowed in the simulations. Other than this small discrepancy, the agreement between the analytic distribution and the simulation results is good (figures 2 & 3).

**Steady-state firing rate**

STDP has an interesting regulatory effect on the steady-state firing rate of a neuron [5,15]. With unshifted STDP, this is a buffering effect making the steady-state postsynaptic firing rate relatively insensitive to the firing rates of excitatory and inhibitory inputs. Shifted STDP also buffers the postsynaptic firing rate, but the residual dependence on the presynaptic rates displays an interesting effect. Although the steady-state firing rate decreases when the inhibitory input rates are increased, it has a surprising non-monotonic dependence on the rates of excitatory inputs (figure 3).

The stabilization of synaptic strengths discussed in the previous section arises from the change of size and shape of the causal bump seen in figure 1C & D. Buffering of the steady-state postsynaptic firing rate is affected primarily by the shape of the symmetric, non-causal component of the spike-timing probability. As mentioned previously, this component falls off exponentially, for either positive or negative spike-timing differences, at a rate given by the sum of the presynaptic and postsynaptic firing rates (Methods). If this sum grows, the acausal part of the distribution gets more peaked near zero, bringing more spike pairs into the region of the STDP window where the shift leads to synaptic depression. The resulting reduction in synaptic strength then lowers the postsynaptic firing rate. This form of buffering would not be present if all spike pairs, rather than only nearest-neighbor pairs, were involved in STDP. If we allowed all spike pairs to induce synaptic plasticity the relevant symmetric, non-causal distribution would be flat, rather than exponentially decaying. In this case, there is no analogous stabilization and, in fact, postsynaptic rates slowly rise, making the plasticity unstable, even with shifted STDP. This is why we require shifted STDP to be based only on nearest-neighbor spike pairs.

**Figure 2. Shifted STDP stabilizes the distribution of synaptic strengths.** The horizontal axis is the value of the shift, the vertical axis is the synaptic strength and the gray level is the probability density of strengths, obtained by simulation. Solid line is the analytically calculated mean and dashed lines show the analytically calculated standard deviation around the mean. Insets show the distribution of synaptic strengths for different values of the shift. Solid curves are analytically calculated distributions. The arrows at the bottom of the horizontal axis of the main plot show the shift values corresponding to the insets.

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In general, we expect the firing rate of a neuron to increase when its excitatory inputs fire more rapidly, and this is exactly what occurs for excitatory input rates below about 10 Hz in figure 3. However, for excitatory input rates higher than this, the steady-state (after STDP has equilibrated) postsynaptic firing rate decreases. This occurs for the reason outlined in the previous paragraph. Increasing the presynaptic rate causes the acausal distribution to sharpen and induces synaptic depression. This slows the postsynaptic rate, broadening the acausal distribution until the spike intervals in the delay region are sufficiently reduced in number. This is what causes the steady-state postsynaptic firing rate to drop when the excitatory presynaptic rates are raised to high levels.

Shifted STDP also has a buffering property on changes in the inhibitory input rate. In presence of strong inhibitory input, the postsynaptic firing rate falls. This broadens the acausal part of the spike-pair distribution, lowering the chance for pairs to fall into the depression domain caused by the shift and, thus, resulting in more potentiation. However, in this case, the effect is not strong enough to overcome the expected tendency of the postsynaptic rate to be suppressed by inhibition (figure 3).

### Synaptic competition

Hebbian plasticity in general and STDP in particular allows neurons to become selective to correlated subsets of their inputs, but this requires synaptic competition [1]. We call synaptic plasticity “competitive” if correlating a subset of synaptic inputs causes both that set and the remaining synapses to change their strengths in an opposing manner, so than either the correlated or the uncorrelated set of synapses gains control of the postsynaptic firing (see for example [11]). In particular, if STDP is competitive, the strengths of either the correlated or uncorrelated subgroup of synapses should cluster near zero. To determine whether the necessary competition exists with shifted STDP, we imposed pairwise correlations with a coefficient of 0.2 on one half of the incoming excitatory spike trains while leaving the other half uncorrelated (Methods). With unshifted STDP, this arrangement induces a competition that correlated synapses always win [3].
other words, the synapses receiving correlated input become stronger and those receiving uncorrelated input get weaker.

Interestingly, with shifted STDP the outcome of the competition depends on the rate of inhibitory input to the neuron. When the rate of inhibitory input is 10 Hz for the parameters we use, the synapses receiving correlated spikes end up weaker than the synapses receiving uncorrelated spikes (figure 4A). This behavior is “anti-Hebbian” in that it is opposite to what is expected from normal Hebbian modification. However, when the rate of the inhibitory inputs is increased to 20 Hz, we obtain the usual Hebbian result in which correlated synapses win the competition and become stronger than uncorrelated synapses (figure 4B). Results obtained over a range of inhibitory input rates show a transition from anti-Hebbian to Hebbian modification (figure 4C). Choosing other values for the correlation coefficient within a range from 0.1 to 0.9 yielded qualitatively similar results. Competition also occurs between two correlated subgroups with different correlation coefficients, with the more correlated synapses dominating over the less correlated ones in the Hebbian (high inhibition) case and vice versa in the anti-Hebbian (low inhibition) mode. If the correlation coefficients for the two groups are the same, no competition takes place.

These results were obtained using spike trains with zero time-lag correlations, meaning that for any two correlated spike trains, a subset of spikes is perfectly synchronous. More realistic spike correlations can be generated by including a small random jitter in the timing of the synchronous spikes. The mean of this jitter determines the correlation time constant. Breaking perfect synchrony does not change the above results qualitatively. However, the rate of inhibitory input needed to transition from anti-Hebbian to Hebbian competition is sensitive to the correlation time constant (figure 4D). When the correlation time constant increases, the inhibitory rate at the transition decreases, until the correlation time constant becomes greater than the shift of the

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**Figure 4. Synaptic competition through shifted STDP.** Cyan color indicates synapses with uncorrelated inputs, and magenta indicates correlated inputs. The rate of excitatory input is fixed at 10 Hz, and the correlation coefficient is 0.2 for correlated input spike trains. A. Steady-state distribution of synaptic strengths for an inhibitory rate of 10 Hz. Uncorrelated synapses become stronger than correlated. B. Steady-state distribution of synaptic strengths for an inhibitory rate of 20 Hz. Correlated synapses now become stronger than uncorrelated. C. Distributions of strengths for synapses receiving uncorrelated (top) and correlated (bottom) inputs as a function of the inhibitory input rate. The color level indicates the probability density of strengths. A transition from anti-Hebbian to Hebbian competition occurs at an inhibitory input rate of 14 Hz (dotted line). Arrows indicate the parameters for panels A and B. D. The transitional inhibitory rate as a function of correlation time constant. The transition takes place at lower inhibitory rates as the correlation time constant increases up to 2ms, then remains constant at 7Hz for higher values. The insets show the full distribution of correlated and uncorrelated synaptic strengths as in C, for correlation time constants of 1, 2 and 10ms.

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STDP window (2ms). Further increase in the correlation time constant does not lead to any more lowering of the transitional inhibitory rate (figure 4D).

The dependence of the outcome of synaptic competition on the level of inhibitory input can be explained by evaluating the effect of inhibition on the firing regime of the postsynaptic neuron. When the inhibitory input to a neuron is low, it operates in a “mean-driven” regime, meaning that the firing rate is free-running membrane potential (that is, the membrane potential if the spike generation mechanism is turned off) is above the firing threshold [17]. In the mean-driven regime, integrate-and-fire neurons spike regularly, so the coefficient of variation of the inter-spike-intervals (CV_{ISI}), which is a measure of the irregularity of firing, is small [18]. On the other hand, when the inhibitory input to the neuron is high, the mean membrane potential is below the firing threshold. In this case, large deviations in the membrane potential from its mean are required to make the neuron fire, and the neuron is said to be in the “fluctuation-driven” regime [17–19]. This makes firing times irregular, resulting in a larger CV_{ISI}.

The model neuron we study traverses these regimes as the firing rate of its inhibitory inputs is varied (figure 5A). When the inhibitory input is small, the neuron operates in the mean-driven regime, with its mean free-running membrane potential above threshold and a small CV_{ISI}. When the inhibitory input rates increase beyond 14 Hz, the neuron suddenly switches to a fluctuation-driven regime in which the mean membrane potential is below threshold and CV_{ISI} is large. The transition between the mean-driven and fluctuation-driven regimes occurs exactly where synaptic competition switches from being anti-Hebbian to Hebbian (compare figure 4C with 5A). Thus, the key feature determining whether plasticity is anti-Hebbian or Hebbian is whether the postsynaptic neuron is in a mean-driven or fluctuation-driven state.

Recall that the causal bump is the excess probability of postsynaptic firing caused by an incoming input spike. As mentioned previously, the effect of shifted STDP on the distribution of synaptic strengths can be explained by considering the shape of the postsynaptic causal bump in relation to the STDP temporal window. When the postsynaptic neuron is in the mean-driven regime, the membrane potential rises rapidly to the threshold. As a result, presynaptic action potentials can only enhance postsynaptic firing if they occur during a relatively short time-interval prior to the postsynaptic spike. This means that the causal bump decays rapidly for longer intervals. The causal bump also has a higher amplitude and decays more rapidly for stronger synapses (figure 5B). Furthermore, the causal bump due to correlated inputs is even narrower and sharper (and more inside the depression region) than the bump due to uncorrelated inputs (figure 5B, magenta traces), because correlated spikes are more likely to induce a postsynaptic spike rapidly when they occur in unison. As a result, the uncorrelated synapses win the synaptic competition when the level of inhibition is low.

When the postsynaptic neuron fires in the fluctuation-driven regime, the membrane potential spends a considerable time near but below the firing threshold before spiking. As a result, presynaptic input can affect postsynaptic firing over a longer time interval than in the mean-driven regime. This makes the causal bump broader than in the mean-driven case (figure 5C). Furthermore, the causal bump is even broader for correlated than for uncorrelated inputs because the simultaneous arrival of correlated spikes generates a stronger depolarization transient that makes it possible for subsequent weaker inputs to push the postsynaptic neuron above threshold over a longer time interval. This gives the causal bump for the correlated inputs a long tail that extends well into the potentiation domain of the STDP window (figure 5C, magenta traces), allowing them to win the competition in this case.

The transition from the mean-driven to the fluctuation-driven regime and correspondingly from anti-Hebbian to Hebbian competition is quite abrupt. This may be due to the interplay between the correlated inputs and the firing mode of the neuron. Correlated inputs increase membrane potential fluctuations and spiking irregularity [20]. Therefore, within the context of shifted STDP, there is positive feedback between the fluctuation-driven regime and the dominance of correlated inputs. As the neuron transitions to the fluctuation-driven regime through increased inhibition, the correlated synapses start to strengthen more than the uncorrected ones which, in turn, increases the fluctuations of the membrane potential and pushes the neuron further into the fluctuation-driven regime. This positive feedback continues until the correlated synapses dominate over the uncorrelated ones and the neuron falls completely into the fluctuation-driven mode.

**Jittered STDP window**

It is not necessary to introduce an explicit shift into the STDP window to assure stability. Any mechanism that causes depression to dominate over potentiation for short positive pairing intervals will have the same qualitative effect. One such mechanism is a symmetric random jitter introduced into an unshifted STDP window that has $A_+ > A_-$. By jitter we mean that the time $\Delta t$ used to determine the effect of STDP for any given pair of pre- and postsynaptic spikes, is not simply the difference between the times of their occurrence, but instead a random term is added. In other words, $\Delta t = t_{post} - t_{pre} + \eta$, where $\eta$ is a random variable drawn from a distribution with zero mean and a certain variance (we use a Gaussian distribution). Although the STDP window has no explicit shift in this case (figure 6A, top), the effective window obtained by averaging over the symmetric random jitter (figure 6A, bottom), exhibits the required feature that depression occurs for small positive pairing intervals.

Simulations show that jittered STDP has all the qualitative properties of shifted STDP, although the maximum depression must be set to be greater than the maximum potentiation (we take $A_+ = 0.005mV$ and $A_- = 0.007mV$, although see [21]). To keep $A_+ > A_-$, as required for stability, the time constant of potentiation must be larger than that of depression (we take $\tau_+ = 20ms$ and $\tau_- = 10ms$). If the standard deviation of the jitter is less than $2ms$, the steady-state distribution of synaptic weights is not inherently stable and we obtain a U-shaped distribution of synaptic strengths (figure 6B). However, for larger standard deviations of the jitter, the steady-state distribution is stable and unimodal as in the case of shifted STDP (figure 6B). Other features of shifted STDP are also reproduced. The steady-state firing rate of the postsynaptic neuron decreases when the rate of presynaptic input increases (figure 6C), and either anti-Hebbian or Hebbian competition occurs depending on the rate of inhibitory input to the neuron (figure 6D).

**Shifted STDP with multi-spike interactions**

A pair-based STDP model cannot account for all experimentally observed spike-timing dependent synaptic modifications. When bursts of spikes are induced in the pre- and postsynaptic neurons, frequency dependence is observed for both pre-after-post and post-after-pre pairings. The magnitude of LTD, but not LTD, increases with burst frequency and, at high burst frequency, LTD is induced regardless of the ordering of the pre- and postsynaptic spikes [13,22]. Similarly, the dependence of synaptic modification on triplets and quadruplets of spikes cannot be fully explained by...
Recent results from experiments that used complex spike patterns have led to STDP models that take into account interactions between multiple pre- and postsynaptic spikes. The details of the multi-spike interactions vary among different models. In the “suppression model” the plasticity-inducing effect of each pre- or postsynaptic spike is suppressed by the preceding spikes in the same neuron [22,23]. In the “triplet model”, in addition to the effect of neighboring pre-post pairings there is an extra depression exerted by the preceding presynaptic spikes and an extra potentiation by the preceding postsynaptic spikes [12]. The triplet model can account for most of the observed synaptic modifications induced by complex spike patterns [12], including the dependency of plasticity on burst frequency [13] and triplet effects in hippocampal culture [24].
where pre-post-pre ensembles with the same timing difference lead to insignificant changes but post-pre-post ensemble induces a strong potentiation of synapse. The triplet model can also be mapped to a Bienenstock-Cooper-Munro learning rule [25], which has several interesting functional properties. Nevertheless, the triplet model suffers from the same instability as pair-based STDP. Therefore, we examine the effect of introducing a shift into this model.

In the triplet model, a “2 pre/1 post” ensemble of spikes exerts an extra depression (the triplet depression) in addition to the usual pre-post pairing effect. The triplet depression has its maximum value $\Delta_3$ immediately after the first presynaptic spike and decays exponentially as a function of the interval between the two presynaptic spikes, with time constant $\tau_3$. Similarly, a “1 pre/2 post” ensemble of spikes exerts an extra potentiation (the triplet potentiation) with the maximum value $\Delta_3^+$ and decay time constant $\tau_3^+$ (see Methods for details).

Figure 6. Jittered STDP. A. A random symmetric jitter of the unshifted STDP window (top) results in an effective window function (bottom) in which depression is dominant for short positive pairing intervals (blue shading). B. Jittered STDP stabilizes the distribution of synaptic weights. The horizontal axis is the standard deviation of the jitter ($\sigma$), the vertical axis is synaptic strength and the gray level indicates the probability density of strengths. For jitters smaller than 2 ms the distribution is bimodal, but for larger jitters it is stable and unimodal. C. The steady-state firing rate of the postsynaptic neuron as a function of the excitatory and inhibitory input rates when the jitter is 3 ms. D. Jittered STDP ($\sigma = 3\text{ms}$) implements both Hebbian and anti-Hebbian competition. As in figure 4, the top panel shows the distribution of uncorrelated synapses (cyan) and the bottom panel shows the distribution of correlated synapses (magenta), both as functions of the inhibitory input rate. The transition from anti-Hebbian to Hebbian competition occurs when the inhibitory input rate is about 50 Hz in this case.

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value of these triplet parameters vary in different neuronal preparations [12]. Here, we set the time constants $\tau_+ \text{ and } \tau_-$ to 50 ms and examine the model with a range of parameters $A_+$ and $A_-$. The window of the pre-post pairing is shifted by 2 ms as before and all other parameters are the same as in Table 1.

Simulations show that the final distribution of weights is stable and unimodal (figure 7A) using the triplet model, unless the triplet depression is extremely high, which causes the firing rate of the postsynaptic neuron to go to zero, terminating plasticity. After finding that the shifted STDP in the triplet model stabilizes weights for a wide range of parameters, we set $A_+$ and $A_-$ to 0.003 mV and examined other properties of shifted STDP in this model. Further simulations showed that shifted STDP within the framework of the triplet model has all the qualitative properties of the shifted pair-based STDP model. A shift as low as 0.1 milliseconds is sufficient to stabilize the weights, with larger delays resulting in lower mean values and sharper distributions for the weights (figure 7B). The steady-state firing rate of the postsynaptic neuron decreases when the rate of the excitatory and/or inhibitory presynaptic input increases (figure 7C). Finally, either anti-Hebbian or Hebbian competition occurs depending on the rate of inhibitory input to the neuron (figure 7D).

**Figure 7. The shifted triplet model.** A. The final distribution of weights for different values of maximum triplet potentiation ($A_+$) and depression ($A_-$). Except for very high depression values, the distribution is unimodal and stable. We used the representative value of 0.003 mV for both $A_+$ and $A_-$ (red dotted box) for the remaining results in this figure. B. The shift stabilizes the distribution of synaptic weights. The horizontal axis is the value of the shift, the vertical axis is the synaptic strength, and the gray level is the probability density of the strengths (as in figure 2), obtained by simulation. C. The steady-state firing rate of the postsynaptic neuron as a function of the excitatory and inhibitory input rates. D. The shift in the triplet model can implement both Hebbian and anti-Hebbian competition. As in figure 4, the top panel shows the distribution of the uncorrelated synapses (cyan) and the bottom panel shows the distribution of the correlated ones (magenta), as a function of the inhibitory input rate. The transition from anti-Hebbian to Hebbian competition occurs at an inhibitory input rate of 16 Hz.

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Discussion

We have shown that a slight shift in the effective STDP temporal window, such that postsynaptic spikes occurring shortly after presynaptic action potentials cause synaptic depression, can stabilize the distribution of synaptic strengths without loss of competition, both in pair-based and triplet-based models. The shift can be explicitly implemented in the STDP window or achieved by other means such as a symmetric spike-by-spike random jitter. In fact, any mechanism that causes synaptic depression for small but causal (positive by our convention) pre-post spike intervals should lead to the stabilization and other effects we report. What biophysical mechanisms could cause this to occur?

The sharp transition between depression and potentiation in STDP appears to be due to the abrupt onset of long-term potentiation [26,27]. It is believed that the Ca\(^{2+}\) influx through NMDA receptors is responsible for this potentiation [28] and that the abrupt onset arises because the NMDA channel be in an open but blocked configuration before subsequent depolarization removes the Mg\(^{2+}\) block [29]. To assure a large Ca\(^{2+}\) influx and subsequent potentiation, it seems reasonable to assume that the depolarization that removes the Mg\(^{2+}\) block should occur near the peak of the NMDA activation. The Mg\(^{2+}\) removal by postsynaptic depolarization is extremely rapid [30] but the NMDA activation has a finite rise time, so the peak of NMDA activation occurs a few milliseconds after the arrival of the presynaptic spike [31]. Therefore, it seems likely that the maximum potentiation should occur when the presynaptic spike precedes the postsynaptic action potential by several milliseconds, and that depression could result from timing differences shorter than this. Thus, the biophysics of the NMDA receptor appears to support the idea of a temporal shift in the STDP window. The shape of the STDP window has been inferred from models of NMDA receptor kinetics and back-propagating action potentials [32,33]. However, the millisecond timing of the transition from depression to potentiation was not investigated systematically, because its significance was not evident at that time. Nevertheless, in some parameterizations of such models a small depression domain for short positive pairing intervals has been reported [33].

Typically in electrophysiological recordings, action potentials are measured at the soma, but what matters for STDP is the timing of the events at the synapse. More precisely, the timing of the postsynaptic EPSP and that of the backpropagating action potential to the synapse control plasticity. Transmission delays may have their own interesting computational properties. For example, it has been shown that STDP in the presence of axonal transmission delays can have a desynchronizing effect on population bursts and a synchronizing effect on random spiking in a recurrent network [34]. The transmission delay of the EPSP to the soma and that of the backpropagating action potential subtract from the delay we need for shifted STDP. For distal synapses where these delays are longer, there may be a higher probability that the causal bump falls out of the depression domain caused by the shift. This might be a mechanism for counterbalancing the attenuation of the EPSPs arising from distal dendrites [35,36] along with other proposed mechanisms [37,38]. It may explain the enhancement of LTD reported in studies of STDP at distal sites [21,39,40]. If the delay becomes longer than the shift for very distal synapses, other mechanisms such as limits on synaptic strength must serve to stabilize STDP. Finally, if the speed of backpropagating action potential can be increased through modification of voltage-dependent conductances, the model predicts that synapses should be more readily depressed.

The most direct test of the shifted STDP hypothesis would be to observe the effect of almost synchronous pre- and postsynaptic spikes on synaptic strength. However, the results of such experiments could be difficult to interpret because of confounding factors such as the physiological delays mentioned above. For example, if the pre- and postsynaptic spikes are induced exactly at the same time, the timing of their arrival at the synapse is not necessarily synchronous. If a shift in the STDP window function acts as a stabilizing mechanism, synapses should get depressed when postsynaptic spikes are generated by presynaptic spikes with short latency. Therefore, as an alternative experiment we suggest inducing spikes only in the presynaptic neuron and allowing the postsynaptic firing to be affected by this presynaptic activity. One possible way to perform such an experiment is to hold the voltage of the postsynaptic neuron close to its firing threshold, so that individual EPSPs can induce a postsynaptic spike. In this case, if there is a stabilizing shift in the STDP window, strong synapses that induce short-latency postsynaptic action potentials abruptly should get depressed.

Shifted STDP results in a unimodal distribution of synaptic strengths. This finding is in agreement with the measurements of quantal synaptic currents [6,7] and from paired recordings [8]. However, the observed distribution of peak EPSP amplitudes has a heavier tail than the gamma distribution obtained from shifted STDP [see also [36,41]]. STDP is unlikely to be the only mechanisms involved in shaping the distribution of synaptic strengths. Nevertheless, figure 4 shows that in presence of correlated input, this distribution can be quite broad. Thus, in the context of shifted STDP, a heavy-tailed distribution may be a sign of multiple correlated subgroups of input spike trains.

The synapses in the model we considered were current-based, meaning that each excitatory or inhibitory input injects a current waveform to the neuron regardless of the value of its membrane potential. We have also studied an analogous model with conductance-based synapses, and this does not qualitatively change the reported results. These results show that the outcome of competition between correlated and uncorrelated spike trains with shifted STDP depends on the firing state of the postsynaptic neuron, which can be controlled by the rate of its inhibitory inputs. This allows for a dynamic switching between anti-Hebbian and Hebbian forms of plasticity, and it might be related to the role of local inhibitory interneurons in switching the activity-dependent development of visual cortical circuits during the critical period [42]. We also showed that a shifted version of the triplet model is stable and implements both Hebbian and anti-Hebbian competitions, as in the shifted pair-based model. It is worth noting that the suppression model [22,23] is inherently stable without any shift and shows solely anti-Hebbian competition between correlated and uncorrelated inputs [45].

In conclusion, a slightly shifted STDP window stabilizes synaptic strength, buffers firing rates, and can implement different modes of synaptic competition. The required shift may arise from properties of the NMDA receptor, or from random jitter. In light of their importance in determined the outcome of synaptic plasticity, we argue that the properties of STDP for short pairing intervals, which have not yet been clearly resolved, warrant a more detailed investigation.

Methods

Neural and synaptic models

The membrane potential of the integrate-and-fire model neuron obeys

$$\tau_m \frac{dV}{dt} = (V_e - V) + I_{\text{ex}} - I_{\text{in}}.$$  (3)
where $\tau_m$ is the membrane time constant, $V$ is the resting potential, $I_{\text{ex}}$ is the excitatory input and $I_{\text{in}}$ is the inhibitory input. Note that although these inputs appear as currents, they are actually measured in units of the membrane potential ($mV$) because a factor of the membrane resistance has been absorbed into their definition. When the membrane potential $V$ reaches the firing threshold $V_{\text{th}}$, the neuron fires an action potential and the membrane potential resets to the resting value. The numerical values of all parameters are given in Table 1.

Each presynaptic action potential at an excitatory or inhibitory synapse induces an abrupt jump into the corresponding synaptic input ($I_{\text{ex}}$ or $I_{\text{in}}$), which decays exponentially afterwards. The time course of the synaptic inputs can thus be expressed as

$$I_{\text{ex}}(t) = \sum_{i=1}^{N_{\text{ex}}} \sum_{j \leq t}^{t} e^{-t_j / \tau_{\text{ex}}} \text{ and } I_{\text{in}}(t) = w_{\text{in}} \sum_{i=1}^{N_{\text{in}}} \sum_{j \leq t}^{t} e^{-t_j / \tau_{\text{in}}}. \quad (4)$$

Here, the first sums run over all excitatory (inhibitory) synapses ($N_{\text{ex}}$ or $N_{\text{in}}$, respectively). The second sums run over all the presynaptic spike times $t_j$, indexed by $k$, reaching synapse $i$ before time $t$. The synaptic time constant $\tau$ is taken to be the same for excitatory and inhibitory synapses. The inhibitory synaptic strength $w_{\text{in}}$ is fixed and is the same for all inhibitory synapses. The excitatory synaptic strengths $w_{\text{ex}}$ change due to STDP.

In all simulations, the synaptic strengths were initialized randomly from a uniform distribution over the range 1–5 mV. For each parameter regime, the simulations were run for 1000 seconds of simulated time. The steady-state nature of the synaptic strengths was established when the first, second, and third moments of the distribution, as well as the average firing rate of the neuron, remained constant.

**Shifted triplet model**

The triplet model [12] includes a presynaptic detector for each synapse $m_i(t)$ and a single postsynaptic detector $n(t)$. In the absence of incoming presynaptic spikes to synapse $i$, the value of the detector $m_i(t)$ decays exponentially with the time constant $\tau_+$. Likewise, the value of the postsynaptic detector $n(t)$ decreases exponentially in the absence of spikes with the time constant $\tau_-$. When a presynaptic spike reaches synapse $i$ at time $t$, $m_i(t)$ is set to 1, and $n(t)$ is set to 1 if there is a postsynaptic spike at time $t$. Formally,

$$\begin{align*}
\tau_- \frac{d m_i(t)}{dt} &= -m_i(t), \quad \text{if } t_{\text{pre}} = t, m_i(t) \rightarrow 1 \\
\tau_+ \frac{d n(t)}{dt} &= -n(t), \quad \text{if } t_{\text{post}} = t, n(t) \rightarrow 1
\end{align*} \quad (5)$$

For each excitatory synapse $i$, the change in synaptic strength, $\Delta w_{i}$, induced by a pair of pre- and postsynaptic action potentials with time difference $\Delta t = t_{\text{post}} - t_{\text{pre}}$ is determined by

$$\Delta w_i = \left\{ \begin{array}{ll}
-A_+ + A_- m_i(t-\epsilon) e^{(\Delta t - d) / \tau_+} & \text{if } \Delta t \leq d \\
A_+ + A_- n(t-\epsilon) e^{-(\Delta t - d) / \tau_-} & \text{if } \Delta t > d
\end{array} \right. \quad (6)$$

The infinitesimally small parameter $\epsilon$ ensures that the values of $m_i$ and $n$ before their update by the immediate pre- or postsynaptic spikes are used.

**Correlated spike trains**

To study synaptic competition, half of the excitatory input spike trains were correlated. To generate Poisson spike trains with homogeneous pairwise (zero-lag) correlations, we used the method developed by Kuhn et al [44]. First, a “generating” Poisson spike train with rate $r/c$ was produced. The correlated spike trains were then obtained by thinning the generating spike train, i.e., by randomly deleting spikes with probability $1-c$. The resulting spike trains all have rate $r$, with each pair having the correlation coefficient $c$. To introduce a non-zero lag to the spike trains, a random value drawn from an exponential distribution is added to each spike time. The mean of the exponential distribution is the correlation time constant.

**Derivation of the steady-state distribution of weights**

The evolution of the distribution of synaptic strengths is described by the Fokker-Planck equation [14–16].

$$\frac{\partial \rho(w,t)}{\partial t} = -\frac{\partial}{\partial w} \left( D_1(w) \rho(w,t) \right) + \frac{1}{2} \frac{\partial^2}{\partial w^2} \left( D_2(w) \rho(w,t) \right), \quad (7)$$

where $D_1$ and $D_2$ are drift and diffusion terms, respectively. To derive equilibrium distributions of synaptic strengths, we need the steady-state solution, obtained by setting the right side of equation 7 to zero. Solving the resulting ordinary differential equation for $\rho(w)$, we obtain

$$\rho(w) = \frac{N_1}{D_2(w)} \exp \left( \int_{w}^{\infty} dw' \frac{2D_1(w')}{D_2(w')} \right), \quad (8)$$

where $N_1$ is a normalization constant.

The terms $D_1$ and $D_2$ can be written as

$$D_1(\omega) = \int_{-\infty}^{\infty} \omega d\epsilon T(\omega, \epsilon) \quad \text{and} \quad D_2(\omega) = \int_{-\infty}^{\infty} \omega^2 d\epsilon T(\omega, \epsilon). \quad (9)$$

Here, $T(\omega, \epsilon)$ is the probability density of a synaptic modification that changes the strength of a given synapse from $w$ to $w+\epsilon$.

When the synaptic strengths are changing due to STDP, the only relevant stochastic variable is the interval between the pre- and postsynaptic spike pairs. If a pairing of pre- and postsynaptic spikes occurs with interval $\Delta t$, then $\epsilon = F(\Delta t)$, where $F$ is the STDP window function (equation 1). To simplify the notation, we use $t$ to denote $\Delta t$ in the following equations. If the probability density of a pairing interval $t$ is $P(t)$, then the transitional probability density can be written as

$$T(\omega, \epsilon) = \frac{P(t)}{F(t)}. \quad (10)$$

With the transformations $dt \rightarrow |F'| dt$ and $\epsilon \rightarrow F$, the terms $D_1$ and $D_2$ can be re-expressed as

$$D_1 = \int_{-\infty}^{\infty} dt' P(t') F(t') \quad \text{and} \quad D_2 = \int_{-\infty}^{\infty} dt' P(t') F^2(t'). \quad (11)$$

Thus, to determine $D_1$ and $D_2$ in terms of the parameters of the model, we only need to know the probability density of pairing intervals $P(t)$.

We approximate the spiking behavior of the integrate-and-fire neuron by that of a linear Poisson neuron firing at the same rate [11,15]. We first consider the case that the presynaptic spike follows the postsynaptic spike ($t<0$). In this case, the timing of the presynaptic spike has no causal effect on the postsynaptic spike time. If we assume that both the presynaptic and postsynaptic
spike trains are Poisson, the probability density of nearest-neighbor pairing intervals is

\[ P(t) = r \exp(rt) \], \hspace{1cm} (12) \]

where \( r = r_{\text{ex}} + r_{\text{post}} \) is the sum of the excitatory presynaptic firing rate \( (r_{\text{ex}}) \) and the steady-state postsynaptic firing rate \( (r_{\text{post}}) \). For an integrate-and-fire neuron, the steady-state firing rate can be approximated as

\[ \bar{r}_{\text{post}} \approx \frac{N_{\text{ex}} r_{\text{ex}} r_{\text{syn}} - N_{\text{inh}} r_{\text{inh}} w_{\text{inh}} - 0.5(V_{\text{th}} - V_{r})}{(V_{\text{th}} - V_{r}) \tau_{\text{m}}} \], \hspace{1cm} (13) \]

where \( \langle w \rangle \) is the mean of the excitatory synaptic strengths. Now consider the case in which the postsynaptic spike follows a presynaptic spike \( (t > 0) \). In this case, the arrival of the presynaptic spike increases the postsynaptic firing rate transiently. For an integrate-and-fire neuron, the instantaneous firing rate upon arrival of a presynaptic spike can be approximated as

\[ r_{\text{post}}(t) = \bar{r}_{\text{post}} + \frac{w \exp(-t/\tau_{s})}{(V_{\text{th}} - V_{r}) \tau_{\text{m}}} \], \hspace{1cm} (14) \]

where \( w \) is the strength of the synapse at which the presynaptic spike arrived. The second term in equation 14 accounts for the correlation between pre- and postsynaptic spikes as calculated by Gutig et al [11] for a linear Poisson neuron, except that we have a synaptic time constant \( \tau_{s} \). If we assume that both the presynaptic and postsynaptic spike trains are Poisson, the probability density of pairing intervals is

\[ P(t) = (r_{\text{ex}} + r_{\text{post}}(t)) \exp \left( - \int_{0}^{t} ds (r_{\text{ex}} + r_{\text{post}}(s)) \right) . \hspace{1cm} (15) \]

If we assume that \( w \ll (V_{\text{th}} - V_{r}) \), we can Taylor expand equation 15 to first order in \( w \) and, together with equation 14, the probability density of pairing intervals can be expressed as (see figure 1C & D)

\[ P(t) = \begin{cases} r \exp(rt) & \text{if } t \leq 0 \\ r \exp(-rt/w) \frac{\tau_{s}}{\tau_{\text{m}}(V_{\text{th}} - V_{r})} \exp(-\lambda t) - r \exp(-rt/w) \frac{\lambda}{\tau_{s}} & \text{if } t > 0, \end{cases} \hspace{1cm} (16) \]

with

\[ \lambda = r + \frac{1}{\tau_{s}}. \]

Note that the second term in equation 16 for \( t > 0 \) corresponds to the causal bump in figure 1C & D. The shape of the causal bump resembles that calculated by Cateau & Fukai [16] from the equation for the first passage time of a noisy integrate-and-fire neuron.

If we substitute 16 into equation 9, we obtain \( D_{1} \) and \( D_{2} \) in terms of the parameters of the model. Because \( P(t) \) is linear in \( w \), \( D_{1} \) and \( D_{2} \) are also linear and can be written as

\[ D_{1} = \lambda w + \beta \quad \text{and} \quad D_{2} = \gamma w + \delta. \hspace{1cm} (17) \]

Assuming that \( d \ll \tau_{\pm} \), these coefficients can be written as

\[ \lambda = \frac{1}{\tau_{\text{m}}(V_{\text{th}} - V_{r})} \left( \frac{A_{+}(\tau_{s} + d\tau_{s})}{(1 + r\tau_{s})(r_{\text{syn}} + 1 + r\tau_{s} + \tau_{s} + \tau_{+})} - (A_{+} + A_{-})d \right) \]

\[ \beta = A_{+} r_{\text{syn}} \left( \frac{1 - dr}{1 + r\tau_{+}} \right) - A_{-} \tau_{-} \left( \frac{1 + dr}{1 + r\tau_{-}} \right) \]

\[ \gamma = \frac{1}{\tau_{\text{m}}(V_{\text{th}} - V_{r})} \left( \frac{A_{+}^{2}(2\tau_{s} + 4d\tau_{s})}{(2 + r\tau_{s})(r_{\text{syn}} + 2\tau_{s} + \tau_{+})} - (A_{+}^{2} - A_{-}^{2})d \right) \]

\[ \delta = \frac{A_{+}^{2} r_{\text{syn}}}{2 + r\tau_{+}} + A_{-}^{2} \tau_{-} \left( \frac{1 + dr}{2 + r\tau_{-}} \right). \]

Finally, by inserting equations 17 into equation 8, we obtain the steady-state distribution

\[ \rho(w) = N_{0}(w + \mu)^{k-1} \exp(-(w + \mu)/\theta) \hspace{1cm} (19) \]

with

\[ \mu = \frac{\delta}{\gamma}, \quad k = \frac{2(\beta - 2\delta)}{\gamma}, \quad \text{and} \quad \theta = -\frac{\gamma}{2\lambda}. \hspace{1cm} (20) \]

Equation 19 is the same as equation 2 of the Results.

For the above distribution 19 to be normalizable, \( \theta \) and \( k \) must be positive. Equations 20 indicate that these conditions are met if \( \beta, \gamma \) and \( \delta \), as given by equations 18, are all positive and \( \lambda \) is negative. Provided that \( r \) is less than of order \( 1/d \) (which it always is at steady-state), \( \beta > 0 \) if \( A_{+} \tau_{+} \) is sufficiently greater than \( A_{-} \tau_{-} \), which is the condition stated in the text. Over the range we consider, \( \gamma > 0 \) and \( \delta > 0 \) without requiring any further conditions. When \( r \) is greater than of order \( \sqrt{1/d\tau_{+}} \), which it is at steady state, \( \lambda < 0 \), so stability is achieved.

If \( \beta \) is positive, the mean synaptic strength is approximately

\[ \langle w \rangle = -\frac{\beta}{\lambda}. \hspace{1cm} (21) \]

Solving the above equation simultaneously with equation 13, gives the steady-state firing rate of the neuron, as depicted in figure 3 (inset). Having solved for the steady-state postsynaptic firing rate and the mean synaptic strength, the parameters of the distribution (equation 2) are fully expressed in terms of the model parameters.

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**Author Contributions**

Conceived and designed the experiments: BB LFA. Performed the experiments: BB LFA. Analyzed the data: BB LFA. Contributed reagents/materials/analysis tools: BB LFA. Wrote the paper: BB LFA.

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