X-linked Hyper IgM (HIGM1) in an African kindred: the first report from South Africa

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Abstract

Background: The objective of this study was to describe the clinical and molecular features of the first South African family with X-linked hyper-IgM syndrome (HIGM1).

Methods: Diagnoses were based on immunoglobulin results and the absence of CD40 ligand (CD40L) expression on activated T-cells. Complete molecular characterisation involved CD40L cDNA sequencing, and genomic DNA analysis by polymerase chain reaction amplification, restriction enzyme digestion and sequencing. A PCR-based diagnostic assay was established for carrier detection and prenatal diagnosis in this family.

Results: There were originally six children, three males and three females. The eldest boy died after being diagnosed with hypogammaglobulinaemia, before HIGM1 was considered. This disorder was diagnosed in the second eldest boy at the age of 5 years, after failing to detect CD40L expression on his activated T-cells. A deficiency of CD40L was also confirmed in the youngest male at the age of 5 years. Both younger brothers have since died of infections relating to HIGM1. Molecular investigation showed that exon 3 was deleted from the CD40L mRNA of the affected males. Genomic DNA analysis identified a 1.5 kilobase deletion, spanning exon 3 and including extended flanking intronic sequence. Carrier status in the mother was confirmed by RT-PCR of her CD40L mRNA. Genetic analysis of the three female children was deferred because they were below the legal consenting age of 18 years. A PCR-based assay for genomic DNA was established for easy identification of female carriers and affected males in the future.

Conclusions: This study confirmed the diagnosis of HIGM1 in the first South African family to be investigated and identified a novel mutation in the CD40L gene.

Background

Immunodeficiency with hyper-IgM was first described in 1960 [1] and mapped to Xq26, in 1992, using DNA from families showing X-linked inheritance of the condition [2]. This locus was known to contain the CD40 ligand (CD154) gene. Shortly thereafter, several groups independently showed that mutations in this gene caused the disorder, which is now known as Hyper IgM Type I (HIGM1) [3,4]. The autosomal recessive forms took longer to delineate with two defects being described in the past three years. Hyper IgM Type II (HIGM2) is caused by mutations in the activation-induced cytidine deaminase
(AID) gene, while Type III (HIGM3) is due to defects in the gene encoding CD40 [5,6].

The clinical manifestations of HIGM1 include recurrent upper and lower respiratory tract infection, interstitial pneumonia, chronic diarrhoea, oral ulcers, sclerosing cholangitis and hepatitis. Less commonly arthritis, meningocencephalitis and tumours occur [7,8]. Patients with HIGM1 are uniquely susceptible to interstitial pneumonia caused by Pneumocystis carinii. Cryptosporidium parvum is frequently isolated from patients with chronic diarrhoea and ascending cholangitis. The immunodeficiency classically presents with elevated or normal IgM levels and low IgA, IgG and IgE concentrations. Neutropenia is frequently documented. Treatment consists of prophylactic co-trimoxazole and intravenous immunoglobulin replacement, and advice to boil water to prevent cryptosporidium infection. Granulocyte-colony stimulating factor may improve the neutropenia. Despite optimal medical treatment prognosis is unfavourable as less than 30% survive beyond the 3rd decade of life. Bone marrow transplantation may be curative and is being increasingly considered. Patients with advanced liver disease occasionally benefit from combined liver and bone marrow transplantation [9,10].

The CD40L gene comprises 5 exons, 4 introns, and spans 12 kilobases. It encodes a type II transmembrane glycoprotein of 261 amino acids, which has a molecular mass of 39 kDa and is a member of the TNF superfamily. Domains of the protein include a short cytoplasmic tail, a transmembrane section and an extracellular region that shares homology with TNF-α. CD40L is mainly expressed by activated CD4+ T-cells [4,11,12] and is functional as a homotrimer. Other cells expressing CD40L include B cells, macrophages, monocyes, dendritic cells and endothelial cells. The interaction of CD40L on activated CD4 cells with CD40 on B-cells induces B-cell proliferation, immunoglobulin isotype switching, germinal centre formation and somatic hypermutation. Dysfunctional CD40 ligation thus prevents isotype switching from IgM, and results in the typical immunodeficiency [12,13]. Failure to isotype switch, as well as failure to activate Kupffer cells and pulmonary macrophages increases the risk for Pneumocystis carinii and Cryptosporidial infection [7]. Autosomal forms of hyper-IgM syndrome are due to defects of B-cells, rather than T-cells [14].

The European CD40L defect database contains mutations scattered throughout the length of the gene. However, mutations are more common in the extracellularly located TNF-homology domain [15]. A variety of missense, nonsense, splice-site, deletion and insertion mutations have been reported [15,16]. In the present report we describe the characterisation of a novel deletion mutation in the first South African kindred with HIGM1.

Methods

Subjects

The kindred is of African ancestry and included 6 children, 3 boys and 3 girls. All three boys were affected and all died during early childhood from complications relating to hyper-IgM syndrome (Figure 1). The Research Ethics Committee of the University of Cape Town approved this study. Informed consent for molecular analysis was obtained from the parents.

CD40L expression

CD40L expression on activated T cells was measured by flow cytometry as previously described [17].

Activation of T-cells and CD40L cDNA analysis

Peripheral blood mononuclear cells (PBMCs) (10 x 10⁶) separated from heparinized blood by Ficoll isopaque density centrifugation, were incubated in 10 ml RPMI-1640 cell culture medium, 12% AB serum, with phorbol myristate acetate (PMA) (10 000 ng/ml) and ionomycin (1.5 mg/ml) for 6 hours, to allow for activation of the T-cells. Total RNA was isolated and the mRNA fraction converted into cDNA, from which CD40L cDNA was amplified using CD40L specific primers. The primer pair used was: 5'-CTCTGCAGAGAGATACCATTTC-3' (F) and 5' TATGAAAGACTCCCAGCCGTCAGC-3' (R). The amplified cDNA was sequenced using the ABI BigDye sequencing method.

Results

Clinical and laboratory data

The clinical data of the three affected children are summarised in table 1. Neutropenia was intermittently
documented during the clinical course of the two younger affected males but was not documented in the eldest male. There was no CD40L expressed by the activated T cells of two of the affected boys (data not shown).

**Nucleic acid analysis**

CD40L cDNA was analysed in the first instance, with RT-PCR yielding a PCR product from the proband (second eldest, affected male, which was approximately 60 bp shorter than normal (Figure 2a). This was most likely indicative of a splicing deletion involving either exon 3 or 4 as they are of this magnitude. Sequencing confirmed a deletion of exon 3 (58 bp), with exon 2 correctly spliced to exon 4 (Figure 2a,2b).

Attempts to examine exon 3 splice-site sequences were unsuccessful as we were unable to amplify exon 3 from genomic DNA using close, flanking intronic PCR primers. This problem was suggestive of a large deletion incorporating exon 3 and some flanking intronic sequence. Knowing that the patient had an intact exon 2 and 4 we chose primers with sequence from the intronic regions immediately flanking these exons. We were able to amplify across these exons by using long range Taq polymerase (Expand TM High Fidelity PCR System, Roche, Catalogue No 1732641). This gave PCR products of 6059 bp from a normal male and approximately 4500 bp from our patient, indicative of a deletion approximating 1500 bp. The positions of the deletion breakpoints in introns 2 and 3 were roughly determined by comparison of the restriction maps of both PCR products. Localisation of these breakpoints, allowed us to sequence across the junction site in one sequencing attempt and size the deletion at exactly 1500 bp. This site and immediate flanking sequence is given in Figure 3a.

To facilitate carrier detection we set up a PCR assay using primers flanking the deleted region. This assay gives a PCR product of 1741 bp from normal alleles and a product of 241 bp from the mutant allele. This is clearly shown in Figure 3b where PCR products from the patient and his carrier mother have been compared.

This deletion mutation is novel and has been submitted to the CD40L database with the following annotation: Reference sequence NT_011719, variant sequence bases 3083058–3084557 deleted [15].

**Discussion**

In sub-Saharan Africa the diagnosis of primary immunodeficiency diseases is constrained by limited diagnostic facilities; few African centres have reported on these conditions. This manuscript is the first South African report of a kindred with HIGM1 to be fully characterized at the clinical and molecular level. While the immunology service at Red Cross Children’s Hospital has been diagnosing primary immunodeficiency diseases for more than 30 years [18] a flow cytometric assay [17] for detecting CD40 ligand expression on activated T-cells was only established in 1998, facilitating the diagnosis of HIGM1 in the index family. This development occurred after the eldest, affected boy had died.

Low IgG concentration with either a normal or increased IgM concentration was present at the initial assessment of all three patients and is a fairly consistent feature of HIGM1 [7]. However, the normal IgA concentration recorded in two of the affected males is not a usual feature, and it should not thus preclude consideration of HIGM1 in the differential diagnosis of males with hypogammaglobulinaemia. Although the second patient initially had a normal IgM concentration, 3 years later the IgM concentration was 1.5 times the normal upper limit. The elevated IgM concentration in these patients is not a genetically determined feature but rather reflects a chronic, poorly controlled primary response to the many infections that

| Patient No. | Age at investigation (initial) | Immunoglobulin levels | CD40L status | Treatment and Outcome |
|-------------|--------------------------------|-----------------------|--------------|-----------------------|
| 1           | 10 months                      | IgM ↑, IgG ↓, IgA normal | Not done     | 4-weekly IVIG administered. Developed bronchiectasis. Died at age 17 months during an episode of pneumonia and acute-on-chronic respiratory failure |
| 2           | 24 months                      | IgM normal, IgG ↓, IgA ↓ | CD40L deficiency | 4-weekly IVIG and cotrimoxazole prophylaxis administered. Developed cryptococcal-associated ascending cholangitis / chronic liver disease. Died at the age of 7 years of an unknown cause |
| 3           | 9 months                       | IgM ↑, IgG ↓, IgA normal | CD40L deficiency | 1 infusion of IVIG administered. Died at age 10 months due to interstitial pneumonia and acute respiratory failure |
afflict these patients [7]. Medical treatment did not prevent the early demise of the three children. Despite intravenous immunoglobulin therapy less that 30% of patients with HIGM1 live beyond the third decade as they also have an increased tendency to autoimmune disease and cancer [8,19]. Improved outcome of bone marrow transplantation makes this therapeutic modality increasingly attractive in treating children with HIGM1 [9,20].

The deletion of exon 3 from the CD40L gene not only results in the loss of 19 amino acids from the primary sequence but also alters the reading frame of the mRNA transcript beyond the exon2/exon 4 coupling (Figure 2a), resulting in a premature termination codon 12 amino acid residues downstream. The final mRNA transcript is therefore shorter and carries a premature termination codon within the first third of the prescribed coding sequence. The introduction of premature stop codons in mRNA transcripts is known to often hasten their degradation in a process referred to as nonsense-mediated mRNA decay [21] and appears to be operative for this mutation.

Scrutiny of the CD40L mutation database reveals that large deletions are rarely encountered in affected subjects, showing the absence of repeat unit "hotspots" sometimes recorded at other gene loci [22]. We have analysed the breakpoint and flanking sequences from our patient and find that the deletion has occurred at a short 4 bp direct repeat (GGCC), which is similar to the short direct repeats reported in deletions of the retinoblastoma gene [23].

Carrier detection in this family has only been extended to the mother of our patient where PCR confirmed her obligate carrier status (Figure 3b). This family has been counselled to delay screening of the three female siblings until they are older and are contemplating having children of their own.

In conclusion, advances in the fields of genetics, and cellular and molecular biology during the last decade have helped to clarify many aspects of the pathogenesis of the hyper IgM syndromes, and allowed us to completely char-

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**Figure 2**
(a) Polyacrylamide gel electrophoresis of PCR amplified CD40L cDNA from a normal control (lane 2), the proband (II.5; lane 3), and his mother (lane 4), MWT markers (lanes 1 and 5); (b) Boundary sequences of exons 2, 3 and 4 of control and patient CD40L cDNA. The sequence for exon 3 is shown in italics.
acterise the HIGM1 mutation in this family. Recent progress should lead to a greater understanding of the spectrum of immunological and genetic disorders in sub-Saharan Africa.

List of abbreviations

- cDNA: complementary deoxyribonucleic acid
- CD40L: CD40 ligand
- DNA: deoxyribonucleic acid
- HIGM1: X-linked hyper IgM syndrome or Hyper IgM Type I
- HIGM2: Hyper IgM Type II
- HIGM3: Hyper IgM Type III
- IgA: Immunoglobulin A
- IgE: Immunoglobulin E
- IgG: Immunoglobulin G
- IgM: Immunoglobulin M
- mRNA: messenger ribonucleic acid
- PCR: polymerase chain reaction
- RT-PCR: reverse transcriptase polymerase chain reaction
- TNF: tumor necrosis factor
- TNF-α: tumor necrosis factor-α
- PBMCs: peripheral blood mononuclear cells
- PMA: phorbol myristate acetate

**Figure 3**

(a) Partial sequence across the deletion breakpoints in control DNA as compared to the sequence across the junction site in our patient (Figure 1; II.5). Sequence corresponding to the beginning and end of the deleted section is given in italics. The short 4 bp repeat at the breakpoints is underlined. (b) Agarose gel electrophoresis of PCR product spanning the 1500 bp deletion: MWT marker (lane 1), control DNA (lane 2), patient DNA (lane 3), maternal [carrier] DNA (lane 4).
Competing interests

None declared.

Authors’ contributions

Sandra Pienaar – completed all the molecular work, and wrote the first draft

Brian Eley – managed the patients, counselled the family, wrote the clinical sections of the article and co-ordinated the final draft

Jane Hughes – established the flow cytometric assay for determining CD40L expression

Howard Henderson – directed the molecular work, assisted in the interpretation of the results and contributed significantly to the final draft

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