Low thermal polarization of nuclear spins is a primary sensitivity limitation for nuclear magnetic resonance. Here we demonstrate optically pumped (microwave-free) nuclear spin polarization of $^{13}$C and $^{15}$N in $^{15}$N-doped diamond. $^{15}$N polarization enhancements up to $-2000$ above thermal equilibrium are observed in the paramagnetic system $N_s^{0}$. Nuclear spin polarization is shown to diffuse to bulk $^{13}$C with NMR enhancements of $-200$ at room temperature and $-500$ at 240 K, enabling a route to microwave-free high-sensitivity NMR study of biological samples in ambient conditions.

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The enhancement of nuclear polarization is of great importance to nuclear magnetic resonance (NMR) experiments, where the primary sensitivity limit is caused by the small thermal population differences of nuclear spin levels. The development of a general nuclear hyperpolarization technique at arbitrary fields would enable measurement of biomolecules and reaction dynamics that were not accessible by present techniques, while decreasing routine NMR measurement times by orders of magnitude [1]. Several approaches to dynamic nuclear polarization (DPN) processes have been demonstrated that enhance nuclear spin polarization; however, the majority are limited to specific fields [2–5], low temperatures [6, 7], specific molecules [8], or require microwave irradiation of the sample [5, 9]. Low temperature is particularly problematic for liquid-state biological samples, where freezing leads to loss of spectral resolution [13]. Recently, microwave-free optically-pumped DNP (OPDNP) of a diamond containing a high concentration of the negatively-charged nitrogen vacancy center (NV$^-$) has been demonstrated [14]; however, the electron-nuclear transfer mechanism is not well-understood.

In this Letter we demonstrate the electronic spin polarization of two $S = 1/2$ paramagnetic nitrogen centers, $N_s^{0}$ (substitutional nitrogen [Fig. 1(a)]) and $N_3V^0$ (vacancy with three nearest-neighbor N [Fig. 1(c)]), in a $^{15}$N-doped synthetic diamond with an NV concentration $<10^3$ of $N_s^{0}$. Upon illumination, $^{13}$C and $^{15}$N nuclei proximal to the defect centers are spin polarized, with $^{15}$N polarization enhancement of $>2000$ over thermal equilibrium observed. Nuclear spin polarization is shown to diffuse to the bulk $^{13}$C, leading to microwave-free OPDNP enhancements of $-200$ at room temperature and $-500$ at 240 K. We propose a possible spin polarization mechanism supported by ab initio calculations.

Sample – The sample was grown by the high temperature high pressure (HPHT) method described in [12], with approximate concentrations of 80 ppm $^{15}$N$^0$ and $^{13}$C.

FIG. 1. (a) Atomic structures of $N_s$ (left), NV and $N_3V$. In all cases the unpaired electron probability density is localized primarily in the carbon orbitals (gray). (b) EPR spectra collected without (top) and with illumination by 80 mW of light at 532 nm (2.33 eV) with the sample at 85 K and the external magnetic field $B_0$.[1 1 1]. The two visible systems are $^{15}$N$^0$ (nitrogen hyperfine transitions numbered) and $^{13}$C$^0$: inversion of the lines under illumination indicates electron spin polarization, and the change in relative intensity of different lines is due to nuclear spin polarization. Panel highlights nuclear polarization of $^{13}$N$V^0$ and $^{13}$C coupled to $^{15}$N$^0$. (c) Single shot $^{13}$C NMR spectra at 7.04 T. Illuminated spectra were collected following illumination at 520 nm (2.38 eV); the dark spectrum was collected after 86 h at field. Inset: room temperature bulk $^{13}$C polarization build-up, collected after saturating $^{13}$C with a train of $\pi/2$ pulses and illumination for a time $\tau$. 

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All-optical hyperpolarization of electron and nuclear spins in diamond
5 ppm $^{15}$N$_s^0$. The sample was treated with high energy (4.5 MeV) electron irradiation and HPHT annealing at 1900° C to produce 1.6 ppm $^{15}$N$_s^0$, 20 ppm $^{15}$N$_s^0$ and 40 ppm N-N nearest-neighbor pairs. See Supplemental Material for further detail [13].

**Results** – $^{15}$N$_s^0$ and N$_s^0$ centers in diamond each possess a (111) $C_3v$ symmetry axis [Fig. 1(a)], and thus have four symmetry-related orientations. Both centers are $S = 1/2$ in the ground state (GS). The use of $^{15}$N ($I = 1/2$) during synthesis greatly simplifies the electron paramagnetic resonance (EPR) spectra [Fig. 1(b)] compared to $^{14}$N ($I = 1$) due to the lack of nuclear quadrupole interactions [14, 15].

At temperatures below approximately 120 K, in-situ optical illumination results in electron spin polarization of both paramagnetic centers in field-parallel and non-field-parallel orientations [Fig. 1(b)]. The constituent $^{15}$N nuclei are spin polarized, as are proximal $^{13}$C (1.1% abundance). The spin polarization mechanism is orientation-dependent [13], and most efficient with $B\parallel(1 1 1)$ (symmetry axis of one orientation).

EPR enhancements $\eta = (I_{\text{light}} - I_{\text{dark}})/I_{\text{dark}}$ up to a factor of $\eta = -3$ were measured using 150 mW at 532 nm (2.33 eV) and a sample temperature of 50 K. The polarization excitation mechanism is highly broadband, with electron and nuclear enhancements measured for 750–375 nm (1.65–3.31 eV) [Fig. 2(a)]. As the optical power is increased, the polarization saturates before decreasing [Fig. 2(b)]: it is postulated that this decrease can be accounted for primarily by a mixture of sample heating and photoionization of $^{15}$N$_s^0$.

$^{15}$N nuclear polarization persists after optical excitation is removed, and is strongest in the field-parallel orientation where $m_S, m_I$ are eigenstates of the $^{15}$N$_s^0$ spin system [Fig. 3]. The difference in relaxation timescales for the electron and nuclei allows the $^{15}$N spin to be directly read-out using the electron. Immediately following the removal of illumination the ratio of observed nuclear polarization to thermal equilibrium, $\epsilon_{\text{N}}$, was measured as $-2000$, corresponding to $\approx 1/3$ of electron thermal polarization: sequential measurement of the $^{15}$N$_s^0$ spectrum reveals a nuclear lifetime $\approx 30(1)$ min.

Single-shot $^{13}$C NMR measurements collected with the sample under in-situ optical illumination at 520 nm (2.38 eV) indicate that the nuclear spin polarization extends beyond the local nuclei and into the bulk [Fig. 1(c)]. The characteristic time for this process is 94 min, too slow for an electronic process, and hence is proposed to be mediated by nuclear spin diffusion from the polarized shell around the paramagnetic centers. Bulk OPDNP enhancements of $\epsilon_{\text{N}}$ = -200 were measured at room temperature, and $\epsilon_{\text{N}} > -500$ at 240 K, leading to experimental speed-up factors of 40, 000 and 250, 000, respectively. An additional factor of 2 is gained by the reduction in spin-lattice relaxation ($^{13}$C)$T^{-1}_{1,\text{dark}} > 8$ h to ($^{13}$C)$T^{-1}_{1,\text{light}} > 1.5$ h.

**Discussion** – Two distinct processes can be identified in this sample under illumination: the generation of (electron and nuclear) spin polarization; and the transfer of that polarization out to bulk nuclei. Initially we will not
consider how the spin polarization is generated, and simply deal with its transfer to bulk nuclei. Our EPR measurements demonstrate electronic polarization occurring at \( N_3V^0 \) and \( N_s^0 \) on timescales orders of magnitude faster than the bulk nuclear polarization: we therefore presume that these centers are the source of the polarization.

Several mechanisms exist to transfer polarization from electrons to nuclei, though the typical mechanisms encountered in solids (the solid, cross, and thermal effects \([16, 17]\), and Hartmann-Hahn resonance \([18]\) require microwave driving of the electron spin(s) — absent in our experiments. We observe nuclear spin polarization at both 0.34 and 7.04 T, and therefore assume that no resonance coupling of the nuclear and electron spins is required for polarization transfer from electron to nuclei. EPR measurements indicate high levels of nuclear polarization local to the paramagnetic center (within three lattice spacings); however, these nuclei cannot efficiently couple to bulk nuclei due to the local field induced by the electron. Electron spin polarization may be transferred to bulk nuclei via a three-spin electron-electron-nucleus exchange process (i.e. \( |+,+,+\rangle \rightarrow |−,+,+\rangle \) in the basis \( |m_{S1}, m_{S2}, m_J\rangle \), with the condition that the difference of the electron resonance frequencies must equal the nuclear Larmor frequency \( |\omega_1 − \omega_2| = |\omega_I| \). At 0.34 T and 7.04 T, \( \omega_{13C} = 3.64 \) and 75.3 MHz, respectively. The spin Hamiltonian values for \( 15N_3V^0 \) and \( 15N_s^0 \) are such that a large number of frequencies between 0 and 100 MHz are generated at both field strengths [Fig 4], facilitating polarization transfer out to bulk nuclei. Net bulk polarization will proceed by resonant spin diffusion. This process is sensitive only to the spin Hamiltonian parameters of the interacting defects, and provides a generic route for polarization transfer within dielectric solids.

The above model is sensitive to both the spatial proximity of paramagnetic centers, and also to the spin Hamiltonian parameters of the centers (i.e. the ‘type’ of center). Statistical modeling of relative positions at the present concentrations indicates that between 5 and 20% of defect center pairs have a separation of 1.7–4.7 nm (see \([13]\) for an exploration of model sensitivity to defect center orientation and separation, and magnetic field strength), corresponding to dipolar coupling frequencies of 0.5–10 MHz. This distribution of dipolar couplings will yield a population of centers which are difficult to observe in EPR but will generate additional resonance frequencies (and hence \( \Delta \omega_S \)), increasing the probability of meeting the polarization transfer matching condition \( |\omega_1 − \omega_2| = |\omega_I| \). Additionally, the small difference in \( g \)-values between the two defects means these conditions will be met for a large range (approx. 0.3 to >14 T) of magnetic field strengths.

We turn our attention now to the initial generation of the polarization itself. There have been several reports of OPDNP in diamond, however we are aware of only two reports (from the same group) that study all-optical diamond DNP \([11, 19]\): in both cases the effect is attributed to polarization transfer from NV\(^-\). The NV\(^-\) concentration in the present sample is below EPR detection limits (\( \approx 10 \text{ppb} \)), even when measured under illuminated (spin-polarized) conditions. Optically-pumped measurements of four other samples, both \( ^{14}N \)- and \( ^{15}N \)-doped with a range of NV\(^-\) concentrations [see Table I in \([13]\) for details] failed to exhibit any detectable electron spin polarization: thus we do not attribute the present mechanism to NV\(^-\) and must instead consider the other defects present.

The accepted electronic structure of \( N_s^0 \) \([13]\) places only one level (of \( a_1 \) symmetry) in the band gap: thermoelectricity measurements give the ionization threshold at 1.7 eV, whereas photoionization is subject to a substantial Stokes shift and starts at approximately 1.9–2.2 eV \([20, 21]\). Similarly, the GS of \( N_sV^0 \) has only one hole (also \( a_1 \) symmetry), with the excited state transition at 3.0 eV \([22]\). Additional transitions at 2.6 and 3.6 eV are associated with \( N_3V^0 \); density functional theory (DFT) studies of \( N_3V^0 \) suggest they arise from an additional hydrogenic-type state \( (N_3V^- + e^-) \), yielding another \( a_1 \) state and potentially enabling high-spin \((S > 1/2)\) states \([23]\). Nevertheless, we expect the optical threshold for \( N_3V \) to be greater than 2.6 eV, contrary to the \( \approx 1.9 \text{eV} \) observed here [Fig. 2a]: these limitations preclude the typical internal singlet-triplet intersystem crossing and level anticrossing polarization mechanisms observed in diamond and SiC \([23, 24, 25]\). Both \( N_s^0 \) (including \( 15N_s^0 \) \([26]\)) and \( N_3V^0 \) have been studied extensively under optical excitation \([27, 28]\), and no spin polarization of either system has been reported. The other high-abundance defects in this sample (\( N_2, N_sV \)) have no reported optical transitions below 4 eV; and the optical absorption spectrum of this sample contains only \( N_s^0 \) and \( N_3V^0 \) \([13]\).

The simultaneous observation of spin polarization in two well-characterized, optically non-spin polarizable defects suggests a common mechanism. The data allow us
to place constraints on such a mechanism: we suppose the same mechanism is responsible for polarization at both 0.34 and 7.04 T, and therefore is relatively insensitive to magnetic field-strength. Additionally, the mechanism must be capable of spin polarizing electrons and nuclei in multiple systems simultaneously.

Optical illumination at >1.9 eV is sufficient to ionize $N_s^0$, whereby $N_3V^0$ centers can capture the carriers and become negatively charged, $N_3V^-$ [15]. Optical absorption measurements of this sample $N_s^0$ and $N_3V^0$ concentrations both increase under 2.33 eV illumination, suggesting the reverse charge transfer process. This is supported by our DFT calculations (see [13] for method details), which predict the adiabatic acceptor level of $N_3V^0$ at 1.85 eV below the conduction band minimum (CBM). Under illumination, the sample is therefore in a metastable equilibrium $(N_s^0 + N_3V^-) \leftrightarrow (N_s^0 + N_3V^0)$.

Further *ab initio* calculations indicate that the CBM states split near the defect due to the perturbation potential of the defect. We find that the excited state of $N_3V^-$ is a bound exciton and includes resonant conduction band states [Fig. 5(a)]. The calculated radiative lifetime of the singlet $^1E$ is about three times longer than that of $^1A_1$, thus these states provide a route for differential decay processes. The $^3E^*$ ($^3A_1^*$) can couple to the $^1A_1$ ($^1E^*$) excited state by transverse spin-orbit coupling [Fig. 5(b)]. The corresponding spin substates of $^3E^*$ and $^3A_1^*$ are also coupled by transverse spin-orbit coupling.

Upon applying an on-axis (positive) external magnetic field the $^3A_1^*$ and $^3E^*$ states will be slightly $m_S = +1$ and $m_S = -1$ polarized, respectively, due to the asymmetry of the spin-orbit coupling between the different spin states. The asymmetry, and thus the spin polarization, increases with the magnetic field strength (see [13] for the parameters used in the calculation). Due to the transverse spin-orbit coupling and the differential decay from the singlet states, the $^3A_1^*$ state has a longer lifetime than the $^3E^*$ state. As a consequence of a possible thermal ionization of the $N_3V^-$ excited state, the electron spin is left spin-up polarized on $N_3V^0$ and a spin-polarized carrier is ejected into the conduction band that can be captured by a proximate $N_s^+$ defect, thus spin-polarized $N_s^0$ will form [Fig. 5(c)]

**Conclusion** – Our results show that optical pumping can induce electron and nuclear polarization in two paramagnetic systems in diamond with very low NV$^-$ concentration. NMR measurements with in-situ illumination show that the nuclear polarization diffuses out to the bulk $^{13}$C, leading to OPDNP enhancements of up to $-500$ at 240 K. The two systems involved, $^{15}N_0^0$ and $^{15}N_3V^0$, have only $S = 1/2$ states accessible, and hence the standard internal triplet intersystem crossing or level anticrossing mechanisms for solid-state polarization [5, 28] cannot be responsible here. Our DFT calculations have indicated the presence of a previously-unidentified high-spin state in the excited state of $N_3V^-$. Furthermore, it may be possible for this state emit a spin-polarized current, spin-polarizing proximal defects. Electron spin polarization is transferred to bulk nuclei by anisotropic three-spin exchange, with a large set of frequencies generated by the interaction between $^{15}N_0^0$ and $^{15}N_3V^0$. Our study implies that engineered synthetic nanodiamonds with concentrations designed to maximize the bulk nuclear polarization would provide a general platform for optical hyperpolarization of a target sample, enabling study of new biological and dynamical systems without the requirement for sample shutting, low temperature or microwave irradiation.

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![FIG. 5.](image-url) (a) Fine structure of $N_3V^-$ excited states, including the three lowest-energy triplets (ES-1) and singlets (ES-0). The higher energy $A_1$ and $E$ states are marked by *. Excited states are resonant with the local conduction band minimum. (b) Spin-orbit (SO) coupling effects in the closest pair of $^3A_1^*$ and $^3E^*$ states. Blue arrows indicate transverse spin-orbit coupling. At room temperature, phonon induced spin conserving transitions may average out the spin-orbit splitting of the states driven by axial spin-orbit coupling and electron spin-spin (SS) couplings. (c) Possible model for spin polarization generation. Continuous optical excitation and relaxation causes defect pairs to oscillate between different charge and excitation states. Spin-orbit interactions generate spin polarization in the excited state of $N_3V^-$; thermal excitation out of this state produces a spin-polarized current which is captured by $N_s^+$, leading to spin-polarized $N_s^0$ and $N_3V^0$. [image-url]
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All-optical hyperpolarization of electron and nuclear spins in diamond: Supplemental Material

PRODUCTION OF $^{15}$N$_3$V

The $^{15}$N-enriched sample (figure S1) used for EPR and optical studies was grown using the technique described in [S1]. Post-synthesis, the sample contained mean substitutional nitrogen concentrations of $[^{15}$N$_0]$ = 80(2) ppm and $[^{14}$N$_0]$ = 4(3) ppm, respectively. The sample was neutron irradiated to a dose of $5 \times 10^{17}$ neutrons cm$^{-2}$ and subsequently annealed under a non-oxidizing atmosphere for 15 h at 1500°C, before finally being annealed under high pressure at a nominal temperature of 1900°C for 1 h. This processing regime generated a total concentration of $[^{15}$N$_3$V$] = 1.6(2)$ ppm and substitutional nitrogen concentrations of 20 ppm $[^{15}$N$_0]$ and 5 ppm $[^{15}$N$_1^+]$, respectively. The sample was polished in order to remove the seed crystal and to provide a flat reference face (within 1° of ⟨1 1 0⟩).

Inhomogeneities in the uptake of nitrogen during growth are visible in the sample when viewed under a microscope (figure S1).

![Photograph of sample](a)

**FIG. S1.** (a) Photograph of sample used for this study. Nitrogen inhomogeneity is evident by the variation in yellow color saturation in the different growth sectors. Counter-intuitively, the highest concentration of N$_3$V is found in the clear sector: this is because the level of nitrogen aggregation is highest in the high-nitrogen sector, leading directly to a reduction of the yellow color. (b) UV-Vis absorption spectrum of the sample at 80 K.

![UV-Vis absorption spectrum](b)

**TABLE S1.** Summary of the samples tested for the presence of electron or nuclear polarization under the same experimental conditions as the primary sample (sample 1).

| Sample | Enrichment | Defect concentration (ppm) | NMR measured? |
|--------|------------|----------------------------|---------------|
|        | $^{14}$N : $^{15}$N | $N_0^{0/+}$ | NV$^-$ | $N_3$V$^0$ | $N_0^0$ | $N_4$V$^0$ | |
| 1      | 5 : 95     | 25            | <0.01 | 1.6 | 40 | 15 | Y |
| 2      | 5 : 95     | 125           |        |    |    |    | N |
| 3      | 5 : 95     | 120           | 10     |    |    |    | N |
| 4      | 15 : 85    | 38            |        |    |    |    | Y |
| 5      | 100 : 0    | 2             | 0      | 30 |    |    | Y |

Of the five samples measured under the same EPR conditions, three (including the primary sample) were grown simultaneously in the same reaction volume, and hence have the same nitrogen isotopic enrichment (see Table S1): of these, one was measured as-grown, and the other was electron irradiated and annealed to produce NV$^-$ before measurements. Samples 4 & 5 were HPHT-grown and natural, respectively.

**EPR OF $^{15}$N$_3$V AND $^{15}$N$_0^0$**

Both N$_3$V$^0$ and N$_0^0$ are common defects in diamond and have been studied extensively in EPR. The parameters used to generate the frequencies for the spin diffusion model, and for fitting of data for extraction of polarization levels are given in table S2.
TABLE S2. Spin Hamiltonian parameters for the two paramagnetic centers $^{15}\text{N}_0$ \cite{S2} and $^{15}\text{N}_3\text{V}^0$ \cite{S3}. $\theta$ measured from [1 1 0] toward [0 0 1].

| Center | $g_\parallel$ | $g_\perp$ | $\theta_\parallel$ | $A_1$ | $A_2$ | $A_3$ | $\theta_\Delta$ |
|--------|---------------|-------------|-----------------|------|------|------|----------------|
| $^{15}\text{N}_0$ | 2.0024 | 2.0024 | 35.26 | -113.838 | -113.838 | -159.73 | 35.26 |
| $^{15}\text{N}_3\text{V}^0$ | 2.00241(5) | 2.00326(5) | 35.26 | -10.44(5) | -10.46(5) | -15.85(5) | 157.8(2) |

**ORIENTATION-DEPENDENCE OF SPIN POLARIZATION**

The effect of the observed spin polarization depended strongly on the orientation of the external magnetic field $B_0$. The effect was strongest with $B_0 \parallel (1 1 1)$, where all detectable paramagnetic species exhibited both electronic and nuclear spin polarization; and was weakest for $B_0 \parallel (0 0 1)$, where nuclear polarization was detectable on the $^{15}\text{N}$ and $^{13}\text{C}$ hyperfines of $^{15}\text{N}_0$ and the primary hyperfines of $^{15}\text{N}_3\text{V}^0$ (see figure S2). Contrast with the “dark” spectrum from [Fig. 1] of main text.

![EPR spectra along three high-symmetry directions under illumination from 70 mW of 532 nm light at a sample temperature of 85 K.](image)

**THE MODEL**

Electronic structure of $\text{N}_0^0$ & $\text{N}_3\text{V}^0$

Due to its role both as one of the most abundant impurities in diamond and its potential as a donor, the electronic structure of $\text{N}_0^0$ has been studied extensively (figure S3). It is well-established from thermoconductivity measurements that the ground state lies approximately 1.7 eV below the band gap \cite{S4}. Photoconductivity measurements report cut-on thresholds at approximately 1.9–2.2 eV \cite{S5, S6}. There is some suggestion that $\text{N}_0$ may also possess an acceptor level, but the transition energy is approximately 4 eV and hence cannot be the intrinsic source of the observed spin polarization \cite{S7, S8}.
The electronic structure of \( N_3V \) is not definitively known. In the neutral charge state, the ground state and excited state characters (\( ^2A_1 \) and \( ^2E \), respectively) have been experimentally verified via optical characterization of the N3 transition \([S9, S10]\) and EPR of the ground state \([S11, S13]\). Some confusion has arisen due to the presence of additional optical transitions (N2, N4) which appear to arise at the same center \([S11]\). The N2 transition was associated with \( N_3V^0 \) by correlation with N3 transition intensity over an order of magnitude in intensity \([S11]\); however, the absorption cross-section is small in comparison to the N3 transition, leading to suggestions that it may arise from a forbidden dipole transition (\( A_1 \leftrightarrow A_2 \) in \( C_{3v} \) symmetry). It is not clear how to generate these states in the “vacancy-cage” electronic model (explicitly treating only those orbits directly pointing into the vacancy) typically used to treat vacancy-type defects in diamond \([S14, S15]\). More recent theoretical analysis suggested the presence of an additional one-electron level outside the vacancy, weakly bound to defect center \([S16]\); if correct, the additional one-electron level would enable the generation of high-spin states (\( S = 3/2 \)), which are prohibited in the pure vacancy-cage model. In any case, we note that the threshold energy for the first excited state (N2 (2.6 eV) or N3 (3.0 eV)) is too high to explain the optical dependence of the spin polarization behavior (see main text).

Our study of the electronic structure of \( N_3V \) places the additional \( a_1 \) state in the conduction band rather than the gap (see next section for methods). The calculated zero-phonon-line (ZPL) of \( ^2A_1 \leftrightarrow ^2E \) transition is 3.07 eV, close to the experimental data at 3.00 eV, associated with N3 center. We found optical transitions, that might be observable in absorption, only at higher energies than N3 ZPL energy.

**Ab initio calculations**

Theoretical calculations were performed by using density functional theory (DFT). A 512-atom supercell diamond with 370 eV of plane-wave cutoff energy and \( \Gamma \)-point sampling of the Brillouin zone was used in the calculations. We applied HSE06\([S18]\) hybrid density functional which is capable of providing accurate bandgap and defect levels in diamond within 0.1 eV to experiment \([S19]\). The electronic transition (zero-phonon line energy) was calculated by the constrained DFT approach\([S20]\). The imaginary part of the frequency dependent dielectric matrix which represents the absorption spectrum without excitonic effects were calculated without including local field effect \([S21]\). The defect’s charge transition level, i.e. \((-|0)\), can be determined by the defect formation energies of the neutral and negatively charged states \([S22]\). The finite-size effects of supercells associated with electrostatic interactions were corrected using the scheme developed by Freysoldt et al. \([S23, S24]\). We calculated the zero-field splitting parameters associated with the electron spin dipole-dipole interaction using our house-build code\([S25, S26]\). In the calculation of the hyperfine coupling constants, the core spin polarization within the frozen valence approximation is taken into account \([S27, S28]\).
Table S3. Parameters of the model Hamiltonian given in Eq. (S1).

| Crystal field splitting ($\Delta$) | 7 meV |
| Zero-field splitting in $^3A_1$ ($D^1_A$) | 1.115 GHz |
| Zero-field splitting in $^3E$ ($D^3_E$) | 1.032 GHz |
| Spin-spin coupling in $^3E$ ($D^3_{1E}$) | 0.516 GHz |
| Axial spin-orbit coupling strength ($\lambda_\parallel$) | 10 GHz |
| Transverse spin-orbit coupling strength ($\lambda_\perp$) | 10 GHz |

Model Hamiltonian approach

In order to describe the triplet excited states of $N_2V^{-}$, we used the following model Hamiltonian

$$
\hat{H} = \hat{H}_{cf} + \hat{H}_{ss}^3 + \hat{H}_{ss}^3 + \hat{H}_{so}^3 + \hat{H}_{so}^3 + \hat{H}_{B}
$$

(S1)

where

$$
\hat{H}_{cf} = \Delta |^3A_1^\ast\rangle \langle ^3E^\ast|
$$

(S2)

defines the crystal field splitting between the $^3A_1^\ast$ and $^3E^\ast$ states whereas

$$
\hat{H}_B = g_\ast\mu_B B \hat{S}
$$

(S3)

accounts for the Zeeman splitting of the spin states, where $g_\ast$ and $\mu_B$ are the electron $g$-factor and the Bohr magneton, respectively, $B$ is the external magnetic field, and $\hat{S}$ is the spin vector operator. Next,

$$
\hat{H}_{ss}^3 = D_{||} \left( \hat{S}_z^2 - \frac{S(S+1)}{3} \right)
$$

(S4)

describes the spin-spin interaction in the $^3A_1^\ast$ state whereas

$$
\hat{H}_{ss}^3 = D_{||} \left( \hat{S}_z^2 - \frac{S(S+1)}{3} \right) + D_{\perp} \left( \hat{\sigma}_z \left( \hat{S}_y^2 - \hat{S}_x^2 \right) - \hat{\sigma}_x \left( \hat{S}_y \hat{S}_x + \hat{S}_x \hat{S}_y \right) \right)
$$

(S5)

describes the spin-spin interactions in the $^3E^\ast$ state, where $\hat{\sigma}_x$ and $\hat{\sigma}_z$ are the Pauli matrices in the basis of orbital states $|X\rangle$ and $|Y\rangle$ of $^3E^\ast$ [S29]. Finally,

$$
\hat{H}_{so}^3 = \lambda_|| \hat{\sigma}_y \hat{S}_z
$$

(S6)

describes the spin-orbit interaction in the $^3E^\ast$ state, where $\hat{\sigma}_y$ is the corresponding Pauli matrix in the basis of orbital states $|X\rangle$ and $|Y\rangle$, and

$$
\hat{H}_{so}^3 = \sqrt{2}\lambda_\perp \left( |E_+\rangle \langle ^3A_1^\ast(-1)| + |A_2\rangle \langle ^3A_1^\ast(0)| + |E_-\rangle \langle ^3A_1^\ast(+1)| + c.c. \right)
$$

(S7)

accounts for the spin-orbit coupling between $^3A_1^\ast$ and $^3E^\ast$ states, where $E_+$, $E_-$, and $A_2$ and $^3A_1^\ast$ ($m_S$) are the eigenstates of $\hat{H}_{so}^3 = \hat{H}_{so}^3 + \hat{H}_{so}^3$ and $\hat{H}_{so}^3$, respectively. Parameters used in the above described model Hamiltonian are given in Table S3. The spin-spin interaction parameters and the $^3A_1 - ^3E$ gap were obtained by our ab initio calculations, while the spin-orbit coupling strengths were chosen to be comparable with the known parameters of NV$^-$. [S30].
for the sectors containing the highest nitrogen density (as estimated from the EPR linewidth). The results are given in the table below.

According to our calculation the radiative lifetime of the spin-up polarized current will lead to a spin-up polarized neighbor induced by singlets. Since the transverse spin-orbit interaction links the spin-up and spin-down polarized states, the probability that the optical pumping leads to a spin-up polarized current is expected to appear because the spin-up polarized singlets have longer lifetime than the spin-down polarized singlets. Thus the transverse spin-orbit mixing increases the probability of the optical pumping leading to a spin-up polarized current. Inverse effects cause slight decreases of different spin-orbit coupled pairs vary, thus the mixing of the states varies too. In order to understand the effect of different coupling strengths caused by an applied magnetic field, we consider the state mixing in 3A1 related branch. For magnetic fields, the highest energy state is a mixture of 3A1 (+1) and E−. The larger the magnetic field is, the smaller the coupling strength γ, so the mixing of the states is less pronounced. In other words, the state becomes more 3A1 (+1) like with a defined spin projection of mS = +1. The lowest 3A1 related state is a mixture of 3A1 (−1) and E+. For increasing positive magnetic fields the spin-orbit mixing (γ) increases, thus the 3A1 (−1) state loses its mS = −1 character. Using similar arguments, it can be shown that the 3A1 (0) becomes more mS = +1 like with increasing magnetic field. As a consequence of all of these effects, the 3A1 becomes slightly mS = +1 polarized. Inverse effects cause slight mS = −1 polarization of 3E+. The above described static polarization process depends linearly on the magnetic field strength as long as λ⊥ << Δ.

Differential decay process from 3A1 and 3E can result in different lifetime for mS = +1 and mS = −1 spin and provide a route for dynamical spin polarization processes to cool down the spins in diamond. Here, we have to consider that the triplet excited states either may be ionized or may scatter to the excited singlet states by transverse spin-orbit interaction mediated by phonons. Since the calculated 3A1 energy levels lie higher than the 3E energy levels, an mS = +1 spin-polarized current is expected to appear because the spin-up polarized 3A1 states can be ionized with higher probability than the spin-down polarized 3E states. If the electron decays from the excited triplet states to the ground state singlet via spin-orbit scattering and radiative decay then the applied optical pumping will repopulate the excited state singlets. According to our calculation the radiative lifetime of the 3E singlets is about twice longer than that of the 3A1 singlets. Since the transverse spin-orbit interaction links 1E+ ↔ 3A1 and 1E+ ↔ 3E+ and 3E+ singlets have longer lifetime it has a higher probability that the optical pumping leads to mS = +1 spin polarization induced by 3A1 states. Taken as a whole, we calculate that the electron spin of N3V0 will be spin-up polarized, and the spin-up polarized current will lead to a spin-up polarized neighbor Ns0 defect.

**Inter-defect distances for three-spin exchange**

A Monte-Carlo model was constructed in order to estimate the distance between neighboring Ns0 and N3V0 defect centers, using the concentrations of 20 and 1.6 ppm, respectively. The “lattice” was a cube of 1,024 conventional diamond unit cells per side — a total of 8.6 × 10⁹ possible atomic sites. Each Ns0 was placed randomly in the lattice, and for each N3V0 the distance to the nearest Ns0 center was computed: to minimize computation time only the nearest neighbor distance was computed for each center.

Two different defect concentration regimes were computed: 15N3V0 = 20 ppm, 15N3V0 = 1.6 ppm, corresponding to the average distance for the ensemble concentrations measured; and 15N3 = 80 ppm, 15N3V0 = 6.4 ppm, to account for the sectors containing the highest nitrogen density (as estimated from the EPR linewidth). The results are given in figure S5.

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FIG. S4. Magnetic field dependence of 3A1 and 3E states. Due to the varying energy gaps of the states in external magnetic field, different spin-orbit mixing (red arrows) can be observed that results in a net spin polarization of the 3A1 and 3E states.
FIG. S5. Nearest-neighbor inter-center distances computed for a diamond lattice containing (a) 20 ppm N<sub>s</sub> and 1.6 ppm N<sub>3V</sub>; (b) 80 ppm N<sub>s</sub> and 6.4 ppm N<sub>3V</sub>. Distances computed from each N<sub>3V</sub> center to the nearest N<sub>s</sub> center only.

**Coupling strengths and orientations**

The spin Hamiltonian relevant to our electron-electron-nuclear three-spin system is

\[ H = \sum_{i} \sum_{j} N_i \cdot B_i \cdot g_i \cdot S_i + \sum_{i} S_i \cdot A_i \cdot I_j + S_1 \cdot J \cdot S_2 \]  

(S8)

with \( i \) and \( j \) for electrons and nuclei, respectively. The values of \( A \) and \( g \) for \(^{15}\)N<sub>s</sub> and \(^{15}\)N<sub>3V</sub> are given in Table S2. The value of \( J \) is dependent on electron-electron separation \( r \), with the dipolar contribution (expected to be dominant over exchange at these concentrations) dependent on \( 1/r^3 \). Using the inter-defect distributions given in figure S5, the corresponding dipolar coupling frequency distribution is generated by

\[ \omega_{dd} = \frac{\mu_0 g_i^2 \mu_B^2}{4\pi h} \frac{1}{r^3} \]

assuming that the \( g \)-anisotropy is small [S31]. Both spatial distributions generate a range of coupling frequencies, with approximately 5% of defect pairs in the range 0.5–10 MHz (4.7–1.73 nm separation) for the low density distribution, and 20% for the high density distribution (see figure S6). Approximately 1% (3%) of pairs in low (high) density regions have a separation of 2.4 nm or less, where the exchange interaction becomes significant compared to dipolar couplings [S32, S33].

FIG. S6. Dipolar coupling frequencies generated by the defect distributions given in figure S5.

The spin Hamiltonian parameters for each center are anisotropic (as required by our model [S34]), and hence the frequencies generated depends on the relative orientations of the defect pair in question. As each center has \( C_3v \) symmetry and we consider only \( B_0 \parallel \langle 111 \rangle \), there are only four classes of orientation: both centers parallel to \( B_0 \); one of the pair parallel to \( B_0 \); and neither center parallel to \( B_0 \) — the frequency contribution of each case is given in figure S7. A distribution of dipolar interaction strengths will increase the generated frequencies and hence increase the likelihood that the polarization transfer matching condition (see main text) is satisfied: the effect of changing \( J \) is illustrated in figure S8.
FIG. S7. Frequencies generated by solving equation S8 for different relative orientations of $^{15}\text{N}^0_{s}-^{15}\text{N}_3\text{V}^0$ pairs with an isotropic $J = 0.5$ MHz. The defect centers are either parallel (∥) to the external field $B_0$, or at an angle $\theta_d = 109.47^\circ$ to it (for [1 1 1] and [1 1 1] orientations of each center, respectively). The basis for the following is ($^{15}\text{N}^0_{s}-^{15}\text{N}_3\text{V}^0$). For (a-d), respectively, the orientations are: (∥, ∥); (θ_d, ∥); (∥, θ_d); (θ_d, θ_d). Figure 4(b) of main text generated by weighting the frequencies generated at each oriented pair by their relative occurrence. All spin Hamiltonian calculations performed using EasySpin [S35].

FIG. S8. Effect of increasing interaction strength $J$. (a) As figure S7(a) ($J = 0.5$ MHz). (b) As (a) with $J = 2.0$ MHz.

FIG. S9. Field-insensitivity: frequencies generated by all four orientations of a $^{15}\text{N}^0_{s}-^{15}\text{N}_3\text{V}^0$ pair at (a) 0.34 T (red) and 7.03 T and (b) 0.34 T and 14.0 T. An isotropic coupling of $J = 0.5$ MHz was used in all cases.

**Polarization efficiency**

The efficiency of the polarization mechanism is difficult to estimate: in our measurements, 40% polarization of 5% population is indistinguishable from 10% polarization of 20% population. The sample under study is highly inhomogeneous, with at least three optically distinguishable nitrogen concentrations, and two distinct concentrations visible in EPR spectra (determined by multiple simultaneous linewidths). If the polarization mechanism is dependent on interaction between $N_0^s$ and $N_3V$ then we expect it to occur in only the higher nitrogen sectors (upper limit 40% of the sample). At room temperature no electron polarization is visible in the EPR spectra, and the upper limit on $^{13}\text{C}$ polarization is therefore given by the ratio of the Boltzmann polarizations $\propto \mu_e/\mu_{^{13}\text{C}} \approx 2000$: enhancements of $-200$ correspond to an effective homogeneous efficiency of approximately 8%. 


NMR MEASUREMENTS

The static $^{13}$C solid state NMR measurements were completed at 7.04 T using a Bruker Avance III HD spectrometer. A 5 mm low temperature static probe was used to produce an 80 kHz $\pi/2$ pulse, which was calibrated on CH$_3$OH(l). The diamond was mounted into a 3.2 mm ZrO$_2$ rotor with the (111) axis parallel to $B_0$. The sample was held in place using the optical fiber fixed into the cap position.

CHARGE TRANSFER CORRECTION

Figure 3 of the main text refers to a correction made for a slow charge transfer process. As detailed in the main text, the light excitation drives charge transfer between $N_s$ and $N_3V$ (and potentially other defects). Once the light is switched off, the populations of these centers do not revert immediately back to their pre-light state: there is a fast decay as the light is switched off, and a slow component of the order of minutes. In the nuclear polarization EPR measurement (Fig. 3 of main text), this has the effect of modifying the relative polarization of each line as the experiment proceeds. Each point on the Fig. [S10] represents a full EPR spectrum, with the integrated intensities of two lines extracted by fitting. The data in the main text were corrected by normalizing to the total integrated area of each spectrum (and hence population of the defect center at that point in time).

FIG. S10. Identical data to figure 3 of main text, but without correction for loss of population during the measurement. On approximately the same timescale as the measurement, the $N_s^0$ population is exponentially decreasing. The exponential fits from the main text to the (processed) data have been plotted to give a reference for the magnitude of the change.

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