Intracellular Targeting and Sorting

How are macromolecules delivered to specific locations?

Eric Holtzman

The ability of cells to deliver particular macromolecules to specific locations underlies the maintenance of functionally and architecturally distinct intracellular compartments—the cell's organelles, its surface domains, and specialized regions such as the axons and dendrites of neurons or the glycogen storage areas in the cytoplasm of hepatocytes. Cellular and molecular biologists currently are seeking common features of different molecules targeted to given sites. The features they seek can, when introduced into molecules or deleted from them (e.g., by genetic engineering), alter the destinations of the molecules. This approach, coupled to more traditional microscopic and biochemical analyses, have made it evident that targeting and sorting processes involve controls over both the delivery of individual molecules and the movement and behavior of multimolecular transport vehicles such as membrane-delimited vesicles.

The principal known targeting mechanisms in eukaryotic cells include:

- synthesis of different molecules at different places and retention of the molecules at or near the sites of synthesis;
- random movement from sites of synthesis with differential "trapping" (e.g., by receptors or by assembly into complexes) at target locations;
- directed movement to particular sites.

The particulars of such mechanisms, and their combinations, vary for different sites and circumstances (Table 1). The most progress has been made in analyzing how newly made proteins, traveling as individual molecules, enter the membranes and compartments of the cytoplasm. In this article, I consider such mechanisms first. Next, I take up the bidirectional exchanges of individual molecules and of multimolecular ribonucleoprotein particles between nucleus and cytoplasm. Then I consider the assembly and behavior of the vesicles that carry many molecules simultaneously from one membrane-bounded cytoplasmic compartment to another. Finally, I briefly outline differential distributions of lipids and intracellular degradation, topics that, until recently, have received less research attention than they deserve. My references are chiefly to review articles and recent papers that provide quick access to the primary literature.

Distribution of newly made cytoplasmic proteins

The proteins that travel through the endoplasmic reticulum, as well as the majority of those that are constituents of organelles such as the endoplasmic reticulum, mitochondria, or chloroplasts, are synthesized on cytoplasmic polysomes outside the organelles. For the most part, these polysomes are assembled from mRNAs and ribosomal subunits that cannot, by themselves, direct the polysomes to particular cellular sites. Rather, the operative targeting (or addressing) information is found in the newly synthesized proteins. Because the proteins can be successfully delivered in experimentally reconstituted cell-free mixtures consisting of polysomes, target membrane systems, and soluble components, targeting does not seem to require directed movements along cell systems such as the cytoskeleton (Perara and Lingappa 1988, Pfanner et al. 1991, Rapoport 1991, Sabatini et al. 1991, Smeekens et al. 1990, Warren and Simons 1990).

Passage of proteins from free polysomes into the cytosol or cytoskeleton. Proteins that function in the cytosol (the seemingly unstructured, background cytoplasm) or those that

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are assembled into non-membrane-bounded cytoplasmic structures, such as microtubules or filaments, are thought simply to be released from the polysomes on which they are made into the adjacent cytoplasm. This pathway is thought of as a default pathway in that, with some notable exceptions considered below, no specific targeting information is known to be involved.

In the cytosol, the proteins enter a diffusible pool from which they can be recruited by the assembly processes that generate multiprotein enzyme complexes or polymeric cytoskeletal elements. The polysomes on which the synthesis takes place are called "free" because their ribosomes are not closely attached to cytoplasmic membranes or other well-defined structures.

Passage of proteins from free polysomes into membrane-delimited organelles. Studies in vitro have led to a working consensus that most proteins imported into mitochondria, chloroplasts, or peroxisomes can readily enter the organelles post-translationally (after release of the newly made proteins from the polysomes). Therefore, such proteins are presumed to be made largely on free polysomes.

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Table 1. Examples of molecular features known or strongly suspected to be used by cells in targeting particular molecules to particular sites or compartments.

| Process or phenomenon | Molecular features |
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| Entry of newly synthesized proteins into: | |
| Endoplasmic reticulum | Domain in polypeptide, largely of nonpolar amino acids and usually at N-terminus; additional amino acid sequences specify disposition of membrane proteins |
| Mitochondria, chloroplasts | Polypeptide domain usually at N-terminus that, for mitochondria, can form amphipathic helix; additional amino acid sequences specify locations within the organelles |
| Peroxisomes | Family of amino acid sequences at C-terminus |
| Nucleus | Family of amino acid sequences at different sites in different proteins |
| Transport of diverse hydrolases from Golgi zone to lysosomes | Phosphorylated mannoses in oligosaccharides of hydrolases |
| Retention of proteins in ER lumen | Family of amino acid sequences at C-terminus |
| Retention of Golgi membrane proteins | Polypeptide domain inserted in membrane |
| Packaging of secretions in regulated pathway | Ability to aggregate differentially in Golgi structures (?) |
| Endocytic uptake of plasma membrane receptors and targeting of various membrane proteins transported by vesicles within cells | Polypeptide domains on cytoplasmic side of membranes; for endocytosis, key tyrosines within such domains |
| Targeting of certain proteins to apical domains of epithelial cells | Linkage to certain glycolipids |
| Lysosomal uptake of certain proteins to be degraded | Polypeptide domain characterized by a particular type of short, specified amino acid sequence |
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the endoplasmic reticulum membrane. The polypeptides thus become bound to the endoplasmic reticulum (Figure 1), and the nascent proteins can move, cotranslationally (as they grow), into the membrane and across it to the lumen of the endoplasmic reticulum. During this movement, endoplasmic reticulum enzymes and other agents initiate glycosylation, folding, and other maturation of the nascent polypeptide.

Import. Recognition of targeting sequences by target membranes or other systems implies that the sequences are exposed at external surfaces of the proteins, at least at crucial moments. Target membranes are presumed to possess receptor-like proteins responsible for the recognition. A few of these proteins have been tentatively identified. For example, among the putative receptors on the outer membranes of mitochondria, one protein can bind to many of the species of proteins imported by these organelles (Glick et al. 1991, Horwich 1990, Pfanner et al. 1991).

The nonpolar portions of the signal sequences of proteins entering the endoplasmic reticulum, mitochondria, and chloroplasts seem essential for the initial entry of the proteins into the organelles' membranes (Bird et al. 1990). This observation, plus the fact that an alpha-helix 20 amino acids in length is long enough to span the width of a lipid bilayer, led at one time to models in which these hydrophobic sequences were thought to require no aid in penetrating into the hydrophobic interior of the membrane. However, although processes resembling such direct penetration may occur for portions of certain membrane proteins, most investigators now believe that the passage of polypeptide chains into or across membranes generally depends on specific arrangements of membrane constituents into channels or transporters (translocator) complexes associated with the appropriate receptors (Kuchler and Thorner 1990, Simon and Blobel 1991). The passage involves consumption of ATP and, for mitochondria and chloroplasts, requires that the organelles have transmembrane electrochemical potentials, but the precise uses of such energy is not clear. For mitochondria, one possibility is that the transmembrane potential helps trap, orient, or move the positively charged signal sequence.

When the signal sequence is at the N-terminus of the nascent protein, it most often is cleaved by specific peptidases present in the organelles' bounding membranes; cleavage occurs while the C-terminal portion of the chain is still being translated. Cleavage may expose other sequences important for subsequent behavior of the protein, aid the passage of the protein across the membrane and especially its release from the membrane (Figure 1), and influence the folding of the protein.

Without cleavage, might newly made polypeptide chains that have passed across the membranes of the endoplasmic reticulum, mitochondria, or chloroplasts tend to leak back via the machinery through which they entered? Probably not, both because of features of this machinery and because soon after they cross the membrane—even before translation of the C-terminal end is complete—the polypeptides experience changes that would make passage back difficult: they fold into thicker conformations, associate with other proteins and, in the endoplasmic reticulum, become attached to bulky hydrophilic groups, notably oligosaccharide chains. Later, however, I will consider other situations in which targeting sequences that are not cleaved may enable repeated back-and-forth movements between structures or compartments, including the cycling of vesicles and the shuttling of nuclear proteins.

Proper delivery of many mitochondrial or chloroplast proteins depends on passage across two or more of these organelles' membranes. Machinery for entry is believed to be centered at sites where the two membranes that delimit a mitochondrion or chloroplast are closely apposed.

Details of the entry of proteins into peroxisomes are scant. Specific energy-dependent transporters have been proposed. But the short C-terminal targeting sequence is not cleaved, and peroxisomal entry is likely to differ in other ways as well from import into mitochondria, chloroplasts, or the endoplasmic reticulum (Horwich 1990).

Chaperoning and unfolding. Proteins passing into or across membranes must be in translocation-competent configurations. The proteins...
must be at least partly unfolded, making them thin enough for the passage and exposing domains such as targeting sequences or nonpolar groups. Some of the energy required for passage is consumed in achieving or regulating such configurations.

For the endoplasmic reticulum, cotranslational entry permits the protein to traverse the membrane before it has folded extensively (Perara and Lingappa 1988). Such entry depends on a system that chaperones the process, controlling its timing. As the nascent chain grows long enough for the signal region to emerge from the ribosome on which the protein is being made, the signal sequence is recognized by a ribonucleoprotein signal recognition particle. Binding of this particle to the nascent chain slows further translation. The particle remains associated until the complex of polysome, nascent chains, and signal recognition particles interacts (docks) with proteins of the endoplasmic reticulum membrane. Thereupon, the ribosomes bind to the endoplasmic reticulum, the signal recognition particles dissociated in a GTP-dependent reaction, and translation resumes with the nascent chains positioned to traverse the membrane.

The intervention of cytoplasmic proteins of the group called the heat-shock class is probably required to provide the unfolded protein configurations needed for entry into mitochondria or chloroplasts or for the processes through which certain membrane or secretory proteins may enter the membrane or the interior of the endoplasmic reticulum posttranslationally (Horwich 1990, Kuchler and Thorner 1990, Pfanner et al. 1991). Note, in this connection, that the ribosomes sometimes seen associated with the external surfaces of mitochondria (Glick et al. 1991) may get there as a result of the initiation of entry of unfolded nascent mitochondrial proteins, before translation has been completed. If so, the distinctions between free and bound polysomes and between posttranslational and cotranslational import are not absolute.

Folding of proteins once they are inside the endoplasmic reticulum, mitochondria, or chloroplasts crucially influences the proteins' properties and subsequent behavior. Assistance in folding is provided by chaperone proteins (Ellis 1990) that both speed the process and govern it in ways that favor correct assembly of multichain complexes. Folding, assembly, and association with chaperones are sensitive to several factors, including levels of Ca$^{2+}$ ions within the endoplasmic reticulum lumen (Suzuki et al. 1991). For cytochrome c, association with heme groups within the mitochondrion both completes the assembly of the protein and helps release it from the membrane through which it has entered.

**Sorting.** Proteins entering an organelle become distributed to different subcompartments—membrane versus lumen and inner mitochondrial compartment versus outer, for example. This sorting depends partly on factors comparable in kind to those that govern the targeting of the proteins to the organelles. For example, a protein entering a given membrane or compartment of a mitochondrion or chloroplast can be directed in its further movements by amino acid sequences (transfer sequences) that come into play after the proteolytic removal of the sequences that brought the proteins to the organelles. Interestingly, some proteins reach the outer compartment of the mitochondrion by initially entering completely into the inner compartment and then moving back across the inner membrane. This route, which may reflect the symbiotic origins of cellular organelles (see Horwich 1990), depends on sequential use of different targeting sequences, controls of folding, and proteolytic cleavages.

Once translocation has begun, polypeptide chains tend to move completely across the membranes of the endoplasmic reticulum or other organelles unless arrested in the membrane by specific features of the chains (Perara and Lingappa 1988). Signal sequences found at internal locations within certain natural polypeptides sometimes can have this effect. So can stop-transfer amino acid sequences. These sequences are principally made up of nonpolar amino acids and usually are long enough (15-20 amino acids or more) to form hydrophobic helices that could stretch the width of a lipid bilayer. Often, these membrane-spanning stretches are flanked by positively charged amino acids that would not readily reside within a lipid bilayer. In the most straightforward cases (Figure 1), the hydrophobic stretches seem simply to remain embedded in the membrane, leaving C-terminal domains of the protein on the cytoplasmic side of the membrane and N-terminal domains on the luminal side. The positive amino acids, along with folding, glycosylation, and interactions with other proteins, could stabilize such configurations.

It is not known how amino acid sequences such as the stop-transfer sequences are recognized and permitted to escape laterally into the membrane's lipid bilayer from the channels or transporters responsible for translocation of nascent polypeptides. Other sequences, some of which are hydrophobic, move completely across the membrane through the same types of channels or transporters (Singer 1990). Nor is much understood about how interactions of the ribosomes with the endoplasmic reticulum membrane are governed so as to leave the C-terminal domains of membrane proteins extending into the cytoplasm while delivering C-terminal domains of secretory proteins to the translocation apparatus.

Membrane polypeptides with N-terminal domains on the cytoplasmic side of the membrane, or those characterized by looping of the chain through the membrane (Figure 1), may achieve such dispositions partly through the presence of properly distributed signal and stop-transfer sequences in the chain. They may also change their folding during insertion, so as to expose domains that can interact with other membrane molecules.

**Differential localization of the machinery making particular proteins.** Mitochondrial and chloroplast maintenance of their own protein synthetic capacities provide the most obvious cases, aside from the endoplasmic reticulum, of particular proteins being synthesized in particular
cellular regions. The polypeptide chains made within these organelles associate with the much larger variety of proteins imported from the outside. Such dual origin of components is thought to help regulate mitochondrial and plastid growth and assembly, which probably is one reason why dual origin has persisted in evolution.

As regards other classes of proteins, a few convincing cases have been reported in which specific messenger RNAs show differential localization in regions of oocytes, neurons or fibroblasts (Ginzburg 1991, Gottlieb 1990). Some of these mRNAs are involved in active protein synthesis; others are stored. Those in oocytes include some synthesized within the oocyte and other species coming from associated nurse cells.

One view, widely held but still controversial, is that mRNAs (or the corresponding polysomes) often tend to link to the cytoskeleton (Maquat 1991) and therefore could be carried to particular locations by cytoskeletal elements such as filaments or microtubules. Indeed, a few mRNAs code for cytoskeletal components, raising the possibility that the mRNAs are somehow carried along as a result of the assembly of their nascent polypeptides into cytoskeletal structures before translation is complete. This last explanation, however, is based largely on speculative analogies with the events through which polysomes become bound to the endoplasmic reticulum, and it cannot account for the differential localization of mRNAs in oocytes at times before translation of the messages begins. Recent genetic and molecular biological studies suggest that the latter localizations may involve cellular recognition of specific features of the RNAs and the participation of specific sets of proteins (e.g., Gottlieb 1990, St. John et al. 1991).

The endoplasmic reticulum seems not, for the most part, to maintain subregions specialized for the synthesis of particular proteins. Does this imply that, for each round of translation of its mRNA molecule, a polysome making proteins targeted to the endoplasmic reticulum must associate anew with the reticulum?

Export of RNAs and ribonucleoprotein particles produced by the nucleus. Nucleoli, where ribosomal subunits are made, frequently are located directly adjacent to the nuclear envelope (Hernandez-Verdun 1991). When the nucleoli are deep within the nucleus, this association can involve the extension of deep folds of the envelope that reach the nucleoli. Such observations have fueled speculation that newly assembled ribosomal subunits are guided to the pores through which they exit, without first diffusing in the nucleoplasm.

Intimate associations of the sites of transcription or assembly within the envelope have also been postulated for other RNAs or ribonucleoprotein particles made in the nucleus (see Blobel 1983). Alternatively, an organized intranuclear matrix might orient or control movements to the pores (Jackson 1991, Spector 1990). This possibility emerges from observations suggesting that machinery, such as small ribonucleoprotein particles, that helps process nuclear products before export has an ordered distribution within the nucleus. In addition, the transcripts undergoing processing seem to be bound to organized material in the nucleus (Maquat 1991), and viral transcripts made in the nucleus can be demonstrated along localized tracks in the nucleoplasm.

How export actually occurs, the significance of evidence suggesting that it depends on particular features of the RNAs or of the proteins with which they associate, and whether it always requires energy
are open questions. For large ribonucleoprotein particles, passage through the pore can require substantial distortion of the particles; they appear, in the microscope, as if squeezing through the pore (Figure 2). (The maximal diameter of the aperture through which materials traverse the pore is usually reported to be approximately 10–20 nm. The state of the aperture may alter during transport; for example, some investigators believe that the aperture opens and closes or that it can widen somewhat to permit passage of large nondeformable bodies.)

**Entry of proteins from the cytoplasm.** Histones, ribosomal proteins, regulatory proteins, enzymes of nucleic acid metabolism, and proteins of invading viruses are among the proteins made in the cytoplasm that enter the nucleus. For several such proteins, nuclear localization sequences have been identified that can target proteins to the nucleus. These amino acid sequences vary in composition and location along the polypeptide chain. Some contain key stretches, approximately a half-dozen amino acids in length, that include clusters of basic amino acids. In other cases, noncontiguous amino acid clusters including basic amino acids cooperate with one another in nuclear targeting (Dingwall and Laskey 1991).

These targeting sequences are recognized by receptor proteins. Some receptors may be located at the nuclear pores, but others seem to be free in the cytosol, docking at the pores only after complexing with proteins to be transported. It is the subsequent movement into the nucleus that is thought by most investigators to require expenditure of energy. This expenditure may occur even with proteins that are small enough to diffuse through the pores in vitro.

**Vectorial and regulated facets of transport: shuttling.** The directionality of net transport across the nuclear envelope—for example, histones accumulate in the nucleus and ribosomal subunits in the cytoplasm—may arise partly because molecules or particles, at their destinations, often become involved in

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**Figure 3.** Schematization of some principal routes of transport of proteins among membrane-bounded cytoplasmic compartments. Many types of proteins made on the rough (ribosome-studded) endoplasmic reticulum (RER) are transported in vesicles to sacs associated with the cis side of the Golgi apparatus (cisGA). After moving to systems located at or near the trans side of the Golgi apparatus (transGA), the proteins are sorted into vehicles that carry appropriate molecules to different sites. Vesicles of the regulated secretory pathway (regS) transport hormones and secreted enzymes for release to the extracellular space by exocytic membrane fusions with the plasma membrane (PM). Some other secretions and certain cell-surface molecules and components of extracellular matrices are among the materials carried by the constitutive secretory pathway (conS). Membranes from secretory vesicles are retrieved from the cell surface and recycle to the Golgi zone for reuse (recyc). There also is recycling from compartments associated with the cis Golgi face to the ER. Different Golgi-derived vesicles transport plasma membrane components to different domains of the cell surface; A versus B sorting schematizes differential targeting to the apical or the basal domain of epithelial cells. The diagram also illustrates the direct continuities between RER and ER lacking ribosomes (smooth ER; SER) through which the enzymatic machinery of the SER and other materials can move. The thick walls drawn for some of the Golgi-associated vesicles schematize the likely presence of special coats on their cytoplasmic surface. One forming Golgi vesicle has been drawn with spike-like projections, indicating the projections seen by electron microscopy on Golgi and endocytotic vesicles coated with clathrin. Vesicles from the trans Golgi systems carry enzymes and other molecules to the system of endosomes (ENDOs) and lysosomes (LYSOs). This system receives diverse materials that the cell internalizes by endocytosis (EC) from the cell surface and extracellular milieu. Some endocytosed materials acquired at one cell surface region cross the cytoplasm in vesicles and are released by vesicle fusion at a different cell surface region. This route (transcytosis; TC) may involve endosomes as a way station, and it may participate in sorting of materials to apical versus basal cell surface domains. Membranes recycle from the endosome-lysosome system to the cell surface, and there also are incompletely delineated pathways from endosomes and lysosomes to Golgi-associated structures.
complexes that limit their subsequent freedom of movement. On the other hand, one kinase is thought to move into the nucleus only when cyclic-AMP-mediated signals free it from binding to cytoplasmic membranes (Goldfarb 1991). Thus, the cell allows this protein to enter the nucleus only under particular biological circumstances. Regulated movements of other proteins—hormone receptors, transcription factors, and enzymes—into the nucleus depend on phosphorylations, masking and unmasking of nuclear localization sequences, or, possibly, association with carrier proteins possessing nuclear localization sequences (e.g., Schmitz et al. 1991, Sommer et al. 1991).

The life histories of certain small nuclear ribonucleoprotein particles require movement of the RNAs into the cytoplasm, where the nascent particles acquire their protein constituents and then return to the nucleus (Nigg et al. 1991). In some cases, this return may be targeted partly by the acquired proteins, but features of the RNAs may also be important, particularly the methylguanosine caps present at the ends of certain RNAs (Michaud and Goldfarb 1992). A number of proteins appear to shuttle with the opposite orientation, moving into and then out of the nucleus (Goldfarb 1991). Some such proteins are putative regulatory agents. Others are postulated to be agents—perhaps including receptors for nuclear localizational ways—that transport molecules into the nucleus, release them there and return to the cytoplasm to be loaded again. Carriers of this type might participate in export from the nucleus, as well as in import. Conceivably, some move into and out of the nucleus whether or not they are loaded, thus constituting a sort of ever-operating conveyor belt.

Nucleolar proteins. Targeting of proteins to nucleoli (Borer et al. 1989, Garcia-Bustos et al. 1991) depends on amino acid sequences additional to the nuclear localization sequences. Some of the nucleolus-targeting sequences may simply bind the proteins to nucleolar structures, but others could have more specific effects. Certain prominent nucleolar proteins are among the molecules suspected to shuttle repeatedly to the cytoplasm, where they spend only a brief time before returning to the nucleolus. Such proteins might function in the export of ribosomal subunits assembled in the nucleolus and in the import of molecules for nucleolar functions.

Transport and sorting in the endocytic and Golgi systems

The Golgi apparatus and the endoplasmic reticulum collaborate in handling proteins destined for secretion or for delivery to the plasma membrane or lysosomes. This collaboration depends heavily on transport vesicles. For example, vesicles move materials from the endoplasmic reticulum to the cis face of the Golgi apparatus and from compartments at the trans Golgi face to subsequent destinations (Figure 3). The behavior of these vesicles, and of the comparable structures that mediate endocytosis or transcytosis (vesicle-mediated intracellular passage from one cell surface to another) is my principal topic here.

Specialized systems for transport from endoplasmic reticulum to Golgi apparatus are found in the immediate vicinity of the Golgi apparatus. These systems include transitional endoplasmic reticulum elements from which Golgi-slated vesicles bud and, perhaps, additional compartments intermediate between the endoplasmic reticulum and the Golgi sacs. But how do proteins destined for lysosomes, the plasma membrane, or secretion reach the Golgi region from distant sites of synthesis along the endoplasmic reticulum? Although there are close associations between the endoplasmic reticulum and cytoskeletal elements such as microtubules (Terasaki 1990), these structural associations have not yet been shown to be essential for orienting the transport of materials within the endoplasmic reticulum.

When cells are exposed to a tripeptide linked to a hydrophobic tail that allows the tripeptide to reach interior compartments of the cell, this molecule rapidly passes through the endoplasmic reticulum and Golgi systems that glycosylate the molecule and package it for secretion. Such a molecule seems unlikely to contain targeting information. Consequently, it seems to some investigators that passage through the endoplasmic reticulum to the Golgi apparatus and then to the cell surface is via a default path traversed by any protein not specifically retained at one or another point along the way (see Karrenbauer et al. 1990; there may be important distinctions in these regards between membrane proteins and proteins in the endoplasmic reticulum lumen). Differences in rates of movement of different secretory proteins from the endoplasmic reticulum to the cell surface, which had been taken as indications of specificity in the mechanisms for movement, might instead reflect differential retarda
tion due to factors such as differences in rates of folding, assembly, or dissociation from chaperones.

Retention and retrieval. Retention of some protein constituents of the endoplasmic reticulum's membranes (see Jackson et al. 1990) could result partly from their assembly into complexes, such as those held responsible for transmembrane movements of newly synthesized proteins. Such complexes may be too large or diffuse too slowly to be captured by the vesicles or other vehicles responsible for movement to the Golgi apparatus (Pelham 1989). Comparable restrictions may account for differences between rough and smooth endoplasmic reticulum, membrane systems that are in direct continuity with one another and are thought to exhibit considerable exchange of macromolecules by diffusion. (These differences are still poorly understood. They manifest themselves, for example, in the differential deposition of glycogen stores in hepatocytes, chiefly in the vicinity of the smooth endoplasmic reticulum and the extensive differential development of smooth reticulum in cells that secrete steroid hormones.)

On the other hand, many of the soluble proteins resident in the endoplasmic reticulum's interior seem to stay in place because they possess specific C-terminal amino acid se-
Transport vehicles. Many endocytic vesicles are considered so far (Chrispeels 1991, Wilson et al. 1991). So do the large post-Golgi granules containing concentrated aggregates of the materials to be released through regulated secretion by gland cells (Kelly 1991). For example, the vesicles that transport proteins from the endoplasmic reticulum to the Golgi apparatus, or from one Golgi sac to another, are coated with cytoplasmic proteins, but these proteins do not include clathrin (Rothman and Orci 1992). Perhaps loading of these vesicles is a less selective process than loading at clathrin-coated pits. It is not known whether membrane-linked receptors are needed or even whether luminal materials become substantially concentrated in the vesicles.

Delivery by vesicle. Two complementary types of models have been considered for the mechanisms that target vesicular delivery within cells. Structural models propose that vesicles are guided by elongate cytoskeletal elements such as microtubules. Biochemical models focus on membrane-associated proteins that control vesicle formation and fusion.

Structural models. According to the structural models, the direction of vesicle movement would be governed by interactions of cytoplasmic domains of molecules in the vesicles’ membranes with kinesin, dynein, or other motor proteins that promote movement differentially toward one or the other end of a microtubule (Burgoyne 1991). Upon reaching their destinations, vesicles are thought to dock by associating with membranes or cytoskeletal elements through events mediated by specific proteins, such as the synapsins, that are concentrated at nerve terminals (Kelly 1991). Membrane fusions involving the vesicles depend partly on the dismantling of barriers such as actin networks or clathrin coats.

Proteins inserted into a given membrane domain by vesicle fusion can be kept in that domain by structural barriers to intramembrane diffusion, especially the tight junctions that border regions of the surfaces of epithelial cells, or by binding to one another or to anchoring molecules. Suspected anchor systems include the cytoskeletal networks that un-
nderlie the plasma membrane (e.g., Gunderson et al. 1991) and components of extracellular matrices, such as the basal lamina molecules that are thought to help cluster plasma membrane constituents into localized concentrations (e.g., Campanelli et al. 1991).

**Biochemical models.** Biochemical models focus on the control of vesicle formation and fusion by sets of proteins that associate with the membranes (Balch 1990, Rothman and Orci 1992, Wilson et al. 1991). Some of these proteins, including one called N-ethyl-maleimide-sensitive fusion protein, probably participate in membrane fusion-fission phenomena of several sorts. Others may help specify interactions of particular vesicles with particular target membranes. GTP-binding proteins or the proteins of vesicle coats might be involved in such specification, especially where different species of such proteins participate in different phenomena (e.g., endocytosis versus transport in the Golgi zone).

**The evidence.** Circumstantial evidence can be adduced in support of both types of models. Differences are known in the distribution and nature of different GTP-binding proteins or cytoskeletal structures that correlate with particlular vesicular transport phenomena (Balch 1990, Rothman and Orci 1992, Wilson et al. 1991). Recently formed endosomes (bodies that function as intermediates in several types of endocytic phenomena; Holtzman 1989) seemingly differ from older ones in their capacities to fuse with other bodies. Microtubule disruption affects certain phases of transport more than it does others. Disruption can have a large effect, for example, on movement of proteins from the Golgi apparatus to the apical poles of epithelial cells and on passage of proteins back from the Golgi apparatus to the endoplasmic reticulum. It has little effect on movement of proteins from the endoplasmic reticulum to the Golgi apparatus or from the Golgi apparatus to basal cell domains (Kelly 1990).

Details are still limited, however. For example, little information is available as to how particular motors become associated with particular vesicles or how they become activated at given times. And it seems unlikely that the vesicles leaving the endoplasmic reticulum or a cis-Golgi sac simply move at random through the entire cytoplasm until they chance on a receptive Golgi membrane. More likely, their movements are constrained by cellular organization within the Golgi region (Valterson et al. 1990).

**Sorting.** Vesicular transport from a given source can deliver different sets of proteins selectively to specific target compartments. Thus, the membrane systems at the trans-Golgi face segregate proteins destined for regulated secretion into vesicles different from those involved in constitutive release (Kelly 1991). There are trans-Golgi derived vehicles that transport membrane proteins and luminal proteins to the lysosomal system and others that carry proteases and proteoglycans to different cell surface domains (Figure 3; Hopkins 1991, 1992, Mostov et al. 1992).

Targeting can be direct. Or, it can be circuitous, as in hepatocytes, where membrane proteins destined for the apical region of the plasma membrane move from the Golgi apparatus to the basolateral plasma membrane but then pass to the apical membrane through the agency of transcytotic vehicles that bud from the basolateral domain (Bartels and Hubbard 1988, Mostov et al. 1992, Schauer et al. 1991). There seem also to be cases in which plasma membrane proteins delivered initially to both apical and basolateral domains of epithelial cells accumulate differentially at one of these domains because of their longer retention there (Hammerton et al. 1991).

 Certain proteins that reach the plasma membrane from the Golgi apparatus remain at the cell surface for hours or days, functioning there in transport or cellular adhesion. Others serve as endocytic receptors. Some types of these receptors cluster and cycle into the cell's interior and back out to the surface every few minutes, even if their ligands are not present; some types remain dispersed until their ligands arrive. Membrane proteins from secretory bodies that have fused with the cell surface are retrieved rapidly by vesicles or tubules that bud from the cell surface and carry membrane constituents back to the Golgi region for reuse.

The endosomes, to which many endocytic vesicles and some Golgi vesicles deliver their contents and membranes, serve sorting functions in endocytosis, lysosome genesis, and transcytosis. Different materials become distributed from endosomes to lysosomes, Golgi-associated systems, or specific domains of the plasma membrane.

Appreciable progress is being made in untangling the mechanisms underlying Golgi and endocytic sorting. Many of the features identified thus far as important for the behavior of particular proteins are amino acid sequences or particular amino acids (e.g., tyrosine residues and serines that undergo phosphorylation). These components generally occupy domains of the protein that are exposed on the cytoplasmic surfaces of the relevant membranes (Hopkins 1992, Mostov, 1992). In this position, they would be readily accessible for interactions with regulatory agents, the cytoskeleton, and the other systems presumed to govern the behavior of vesicles.

A protein that traverses a complex route can have several targeting domains along its cytoplasmic portion, each domain being used in a different part of the route (Mostov et al. 1992, Schauer et al. 1991). And the fate of a given vesicle may be influenced predominantly by key molecules in its surface, with other materials having been placed as passive passengers in the correct transport compartments.

**Lysosomes.** Not all the important information is, however, carried by amino acids or polypeptide sequences, and not all signals operate on the cytoplasmic side of membranes. For example, in mammalian cells, targeting of many of the lysosomal acid hydrolases to lysosomes depends on the phosphorylation of mannoses in the N-linked oligosaccharides that are attached to the polypeptide chains (Holtzman 1989, Kornfeld and Mellman 1989). Many proteins have N-linked oligosaccharides, but phosphorylation occurs selectively on the acid hydrolases,
perhaps due to conformational features of the hydrolyses based on the folding of regions distant from one another in their primary sequences (Baranski et al. 1991). (This is one of the few situations in which there is detailed, strong evidence for involvement, in targeting, of a patch assembled from noncontiguous sequences in a protein; Chrispeels 1991, Sabatini et al. 1991.) The phosphomannoses are recognized by mannose-6-phosphate receptors in trans-Golgi-associated membranes. These receptors bind the hydrolyses within the lumen of the trans-Golgi systems and segregate the enzymes into clathrin-coated vesicles for transport to forming lysosomes.

The mannose-6-phosphate-dependent pathway may be a relatively recent evolutionary invention: transport of lysosomal constituents in plants, yeast, and various other organisms depends on other pathways (Armstrong 1991, Chrispeels and Raikhel 1992, Holtzman 1989). Other pathways are also used in mammalian cells for transport of lysosomal membrane proteins and for certain hydrolyses (Ginsel and Fransen 1991, Holtzman 1989). Even in a single mammalian cell some components pass to lysosomes or prelysosomes directly from the Golgi apparatus, whereas others first enter the plasma membrane and then move to the lysosomes by endocytosis (Hopkins 1992).

Facets of sorting mechanisms. Where membrane-bounded transport vehicles shuttle among compartments, the directionality and extent of net transport depend on factors such as the volumes and surface areas of the participating structures, the rates of formation and fusion of transport vehicles, and mechanisms such as those governing the associations of ligands with membranes. The best known of such mechanisms involves the pH sensitivity of ligand binding to receptors. Many of the membrane-associated receptors that transport materials to compartments with acidified interiors, such as endosomes or lysosomes, bind ligands well at neutral pH but release them at low pH (Holtzman 1989). Thus, the ligands are freed from the membrane on delivery, but the receptors can be recruited into vehicles that ultimately carry them back to sites where they acquire new ligands.

Note that such phenomena imply a constant coming and going of the macromolecules in the membranes of endosomes and lysosomes, comparable in some respects to the fluxes seen in the endoplasmic reticulum and Golgi apparatus. For endosomes, these dynamics have led to persistent uncertainties as to whether the organelles are best considered transient intermediates that soon mature into lysosomes or whether identifiably endosome-related structures persist over prolonged periods even if they feed most of their materials into other compartments (Griffiths and Gruenberg 1991, Holtzman 1989, Murphy 1991).

Although sorting in Golgi systems depends partly on specific receptors such as those for mannose-6-phosphate at the trans-Golgi face, or Lys-Asp-Glu-Leu receptors near the cis face, other mechanisms may be important as well. For example, molecules destined for the contents of the secretion granules that mediate regulated secretion by gland cells may segregate from other materials in the trans-Golgi lumen largely by condensation (Kelly 1991, Seethaler and Huttner 1991). That is, the secretory materials may form into their concentrated aggregates through processes resembling selective precipitation based on direct interactions of these molecules with one another rather than on clustering mediated by receptors or other outside agents. It seems likely to several investigators that such processes, regulated perhaps by pH, calcium ion concentration, sulfation, and other modifications of the aggregating molecules, could sufficiently sort the granule-directed secretions from other molecules, permitting only minimal leakage of materials into the wrong compartments. How the aggregates become packaged within the membrane-delimited bodies that ultimately release the secretions from the cell still needs to be explained.

The nuclear envelope. The growth and maintenance of the nuclear envelope and nucleolus, and the cyclical assembly and disassembly of these and other structures during cell division in many organisms, involve tantalizing phenomena of intracellular targeting that have only begun to be addressed (Blobel 1985, Gerace and Burke 1988, Newport and Dunphy 1992, Warner 1990). The membranes of the nuclear envelope represent a differentiated region of the rough endoplasmic reticulum and are thought to contain a few special membrane proteins along with proteins typical of the remainder of the endoplasmic reticulum. The membrane system is associated with the nuclear lamina, a meshwork of unique proteins to which are attached the pore complexes, the chief transport pathways through the nuclear envelope. Components of the envelope's membrane, the lamina, and the pores may interact to help specify each others' locations. Some of the proteins involved in the envelope are unusual in that they exhibit glycosylation on their cytoplasmic domains.

During cell division, many of the components of the envelope disperse. The nuclear lamina dissociates into its components and the membrane system of the envelope fragments into smaller, vesicle-like membranous structures. Later, as the nucleus reforms, the dispersed envelope components reassemble. Models of this reassembly have the fragmented membrane system becoming trapped into the new envelope partly by association with special sites on the chromosomes or with a reassembling network of lamina proteins. The network may be structured by components that do not disperse far from the chromosomes during cell division. Cycles of dephosphorylations and kinase-mediated phosphorylations of lamina proteins, controlled by proteins that enter the nucleus at particular phases of the cell cycle (Pines and Hunter 1991), are among the regulatory devices that govern assembly and disassembly of the envelope.

Lipid distributions

Membranes and membrane domains can differ in the relative proportions of specific lipids. Even the two faces of the bilayer in a given membrane can differ. How such differences arise remains an underexplored arena.
of cell biology (Pagano 1990, Simons and Van Meer 1988).

Most lipid synthesis is centered in the endoplasmic reticulum, although peroxisomes also contribute. The Golgi apparatus, mitochondria, and chloroplasts can participate in the synthesis of certain characteristic lipids. The apparent simplicity of lipids, compared with proteins, would seem to limit the possible mechanisms for targeting lipid movements. Some proposals emphasize likely interactions of lipids with one another, for example, the clustering of particular lipids to form microdomains within membranes (Mostov et al. 1992) or the spontaneous aggregation of triglycerides to form globules. Other models focus on associations of lipids with various types of protein, including integral membrane proteins, the transfer proteins that can carry individual phospholipid molecules from one membrane to another (Cleves et al. 1991), and the transporters or other devices that move lipids between surfaces of a bilayer.

The paths by which lipids move through the cell overlap with those taken by membrane proteins, but there are divergences. For example, although glycolipids are thought to move to the cell surface by vesicular transport from the Golgi apparatus, phospholipids seem able to move without involvement of the Golgi apparatus.

These considerations gain added interest from the observation that lipids can dramatically influence the targeting of proteins. Many proteins are covalently linked to some type of lipid molecule. For some regulatory G-proteins and proteins of the nuclear lamina, this linkage is thought either to target the proteins for associations with membranes or to stabilize these associations (Deschenes et al. 1990, Spiegel et al. 1991). In epithelial cells, diverse proteins of the apical plasma membrane domain are targeted to that domain by their covalent links to membrane lipids of the glycosylated phos-phetamine class (Lisanti et al. 1990, Mostov et al. 1992). And lipids may help control the differential clustering of certain cell surface receptors (Rothberg et al. 1990).

Targeting of intracellular proteins for degradation

Selective intracellular degradation of macromolecules is known to be important for regulating cell growth and change. But surprisingly little is known about such key matters as the sites at which eukaryotic cells degrade their various RNAs or the nucleotide sequences and other molecular features that might govern such degradation (Higgins 1991). Progress has been better with proteins; it is now clear that different species are broken down by digestive systems located at different intracellular sites (Dice 1990, Holtzman 1989).

Lysosomal digestion of cytoplasmic proteins. A cell’s lysosomes can break down material from the cytoplasm by classical autophagy: the sequestration and degradation of relatively large portions of cytoplasm. Through related processes, plasma membrane proteins taken into the cell during endocytosis can become internalized and digested within lysosomes rather than recycling to the cell surface or to intracellular stores. Autophagy involves both random aspects and some selectivity. Little is understood, however, about how the cell chooses cytoplasmic regions to be engulfed within autophagic lysosomes or about the controls of cinopahy, the autophagic process in which secretion granules fuse selectively with lysosomes. Degradation of endocytic membrane components may also involve random facets, like the accidental trapping of membrane in lytic bodies. But for the epidermal growth factor receptor, a specific domain with kinase activity targets the receptor protein for selective, rapid degradation induced by the growth factor (Felder et al. 1990).

One form of lysosomal degradation differentially targets cytosolic molecules containing particular amino acid sequences. The first sequence identified was Lys-Phe-Glu-Arg-Gln. All the sequences identified are thought to specify similar conformational features recognized by the degradative apparatus. Recognition is initiated by a cytosolic protein of the heat-shock class. This protein is thought either to unfold the proteins to which it binds so as to permit penetration through membranes of lysosomes or prelyosomes (Dice 1991; see also Armstrong 1991) or to target ligands for a still-hypothetical endocyticlike uptake by lysosomes.

Non-lysosomal degradation. Proteolytic systems in nonlysosomal cellular locales can degrade particular classes of proteins (Dice 1990). Thus, cytosolic systems rapidly destroy some cytosolic proteins that are grossly abnormal in structure. Cytosolic proteases in cells of the immune system may also generate fragments of certain antigenic molecules that subsequently enter the endoplasmic reticulum and move eventually to sites where phenomena leading to antibody production are initiated (Harding and Unanue 1990). Other antigens are fragmental in the endosome-lysosome system.

Mitochondria break down certain of their own polypeptides. Even the endoplasmic reticulum, or a closely related compartment, degrades various proteins newly made on the rough endoplasmic reticulum but delayed in passing out of the reticulum because of abnormal structure or failure to assemble into the proper arrays (Klausner and Sitia 1990).

Recognition of its targets by one of the systems mediating cytosolic proteolysis depends on the prior enzymatic linkage of the polypeptide, ubiquitin, to the targeted protein. Among the several features that govern selectivity in such linkage is the N-terminal amino acid of the protein. Proteins with basic amino acids in this position are the favored substrates. Other proteolytic systems degrade cytosolic proteins containing the sequence Pro-Glu-Ser-Thr or related motifs.

Degradation of newly made membrane proteins by the endoplasmic reticulum seems to depend, at least in part, on particular membrane-inserted segments of the targeted proteins. For the endoplasmic reticulum, and for other compartments such as mitochondria and chloroplasts, control of degradation could also involve chaperoning or mask-
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