Table S1 List of selected multiple reaction monitoring parameters and collision energies (CE) of sixteen active ingredients in Gandi Capsules and the LLOQs in plasma samples

| Analytes            | Q1 mass (Da) | Q3 mass (Da) | Collision energies (eV) | LLOQs (ng/mL) |
|---------------------|--------------|--------------|-------------------------|---------------|
| Baicalin            | 447.0        | 271.0        | 24.0                    | 1.0           |
| Wogonoside          | 461.2        | 285.0        | 24.0                    | 5.0           |
| wogonin             | 285.0        | 270.0        | 33.0                    | 5.0           |
| loganin             | 408.2        | 229.0        | 12.0                    | 2.0           |
| rutin               | 609.0        | 299.9        | -44.0                   | 2.0           |
| rehmannioside D     | 731.1        | 263.0        | -33.0                   | 0.5           |
| astragaioside IV    | 785.6        | 143.0        | 18.0                    | 1.0           |
| quercetin           | 300.8        | 150.8        | -30.0                   | 2.0           |
| isoquercetin        | 463.1        | 299.9        | -33                     | 5.0           |
| Isoastragaloside    | 913.4        | 58.9         | -60                     | 5.0           |
| scutellarin         | 461.1        | 285.0        | -23.0                   | 4.0           |
| scutellarein        | 285.0        | 116.9        | -40.0                   | 5.0           |
| Sweroside           | 403.2        | 124.9        | -24                     | 2.5           |
| ferulic acid        | 192.7        | 133.8        | -21                     | 5.0           |
| caffeic acid        | 178.6        | 134.9        | -21                     | 1.0           |
| isoacteoside        | 623.1        | 160.9        | -44                     | 1.0           |