Bondi or not Bondi: the impact of resolution on accretion and drag force modelling for supermassive black holes

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ABSTRACT

Whilst in galaxy-size simulations, supermassive black holes (SMBHs) are entirely handled by sub-grid algorithms, computational power now allows the accretion radius of such objects to be resolved in smaller scale simulations. In this paper, we investigate the impact of resolution on two commonly used SMBH sub-grid algorithms; the Bondi–Hoyle–Lyttleton (BHL) formula for accretion on to a point mass, and the related estimate of the drag force exerted on to a point mass by a gaseous medium. We find that when the accretion region around the black hole scales with resolution, and the BHL formula is evaluated using local mass-averaged quantities, the accretion algorithm smoothly transitions from the analytic BHL formula (at low resolution) to a supply-limited accretion scheme (at high resolution). However, when a similar procedure is employed to estimate the drag force, it can lead to significant errors in its magnitude, and/or apply this force in the wrong direction in highly resolved simulations. At high Mach numbers and for small accretors, we also find evidence of the advective-acoustic instability operating in the adiabatic case, and of an instability developing around the wake’s stagnation point in the quasi-isothermal case. Moreover, at very high resolution, and Mach numbers above $M_\infty \geq 3$, the flow behind the accretion bow shock becomes entirely dominated by these instabilities. As a result, accretion rates on to the black hole drop by about an order of magnitude in the adiabatic case, compared to the analytic BHL formula.

Key words: accretion, accretion discs – black hole physics – hydrodynamics – methods: numerical.

1 INTRODUCTION

One common problem in astrophysics is that the range of scales involved in a given problem can be huge, from atomic to galactic, and as such, it is extremely difficult to fully capture a physical process in a single simulation. This is especially true for processes that suffer from an ‘inverse cascade’ problem, where (unresolved) small-scale behaviour influences the outcome on (resolved) large scales. For these reasons, we have to rely on sub-grid models, which aim to replicate the impact of unresolved, small-scale behaviour on scales relevant to the simulation at hand, using only information available in the simulation. The success of such a sub-grid algorithm therefore depends both on the relevance of the physics it contains, and its ability to account for it over the widest possible range of scales.

Supermassive black holes (SMBHs) in cosmological or idealized galaxy simulations are one such problem. The gas fuelling the black hole flows from the Mpc scales of the cosmic web, through the kpc scales of the galaxy down to the last stable orbit and event horizon of the black hole on au scales. It is currently impossible to adequately track the gas from where it originated all the way to the black hole in a single simulation. Instead, in adaptive mesh refinement (AMR) particle-grid codes such as RAMSES, SMBHs are typically modelled as ‘sink’ particles (Krumholz, McKee & Klein 2004; Dubois et al. 2010), i.e. the black hole is a massive particle that moves over the grid, removing gas from a small accretion region centred on its current location (see Bate, Bonnell & Price 1995; Springel, Di Matteo & Hernquist 2005, for the equivalent in smoothed particle hydrodynamics codes). Although there exist alternatives (see the next paragraph), accretion usually proceeds at the Bondi–Hoyle–Lyttleton (BHL) rate. More specifically, the amount of mass accreted by the sink is calculated using the analytic formula of Bondi & Hoyle (1944) and Hoyle & Lyttleton (1939) derived for a point mass accretor moving at constant velocity through a homogeneous background. In this approach, quantities measured ‘at infinity’ should in principle be used to infer the mass accretion rate on to the sink (see Section 2.3 for details).
Whilst a good starting point in situations with limited information, this approach has several notable shortcomings, particularly the question of where ‘infinity’ is to be defined in a busy galaxy simulation (Korol et al. 2016). The analytic solution also does not account for the background gravitational potential of the host galaxy, the self-gravity of the gas, nor does it consider density or velocity gradients, angular momentum or gas effects such as pressure or instabilities [see Edgar (2004) for a detailed review of BHL accretion]. A variety of suggestions have been put forward to address some of these shortcomings. They fall broadly into two camps: (i) replace the BHL model with another that takes as input different large-scale properties of the host galaxy, such as gravitational torque (Hopkins & Quataert 2011; Anglés-Alcázar et al. 2015), vorticity (Krumholz et al. 2004), or velocity dispersion of the bulge (Hobbs et al. 2011); or (ii) model unresolved physics on smaller scales via accretion disc schemes (Power, Nayakshin & King 2011; Dubois, Volonteri & Silk 2014) or unresolved circularization and viscous transfer considerations (DeBuhr, Quataert & Ma 2010; Rosas-Guevara et al. 2015).

We refer the interested reader to Negri & Volonteri (2017) for a comprehensive review of current accretion schemes.

The BHL analytic solution assumes a uniform density and velocity of the gas at infinity, a situation that most closely resembles simulations where all characteristic length-scales associated with the SMBH are much smaller than the local resolution, and the gas reservoir per cell is large compared to the accreted mass. Indeed in this situation, ‘infinity’ can reasonably be understood to mean the gas cells surrounding the sink, as the black hole’s gravitational potential is unresolved, and therefore has little impact on the local gas flow. This is particularly true in the absence of feedback, as the cold, dense phase of the interstellar medium (ISM) gas that is expected to feed the black hole, is also under-resolved in low-resolution simulations. However, while this has led some authors to introduce a simple boost factor to the Bondi rate to compensate for the lack of resolution (Booth & Schaye 2009), Negri & Volonteri (2017) recently showed that the interplay between local gas density, accretion rate, and resolution is much more subtle, and becomes even more so in the presence of black hole feedback.

Computational advances now allow us to resolve a much wider range of scales in galaxy evolution simulations, from the Mpc scales of the cosmic web at large scales to the length-scales of the black hole at small scales, fast approaching the physical scale (Schwarzschild or Kerr radius) of the black hole itself. In this paper, we investigate how the popular BHL accretion algorithm, where local mass- or volume-weighted average gas properties are used to approximate quantities at infinity, behaves as the gravitational influence of the black hole becomes better resolved, and the local cell mass becomes comparable to the mass accreted per time resolution element. In that respect, the work presented here is similar to Ruffert (1995a,b), who investigated the validity and convergence of the analytic BHL formula using a range of fixed spherical, inflow-only regions to represent the sink. However, our work focuses less on the validity of the BHL analytic solution itself – even though we do discuss the observed instabilities and how they cause systematic deviations from the analytic solution – than on testing the impact of representing the BH as a sink particle, as well as estimating local gas averages from partially or fully resolved density features within the accretion region of the sink.

Our work also builds on Krumholz et al. (2004), which first introduced the use of Lagrangian sink particles in grid codes, and Dubois et al. (2010), who implemented it in RAMSES. More specifically, we carry out the most thorough exploration of the BHL parameter space performed to date using such a model, both in Mach number and resolution, and for two gas adiabatic indices. This allows us to test the sub-grid accretion algorithm behaviour in a variety of regimes where it has or will be used in galaxy simulations, including two features only briefly mentioned in Krumholz et al. (2004): a change in accretion mode at sufficiently high resolution, and accretion becoming inefficient when the resolution approaches the scale radius of the black hole.

As the total mass accreted on to SMBH in galaxy simulations depends not only on the amount of gas removed, but also on the ability of the black hole to stay attached to local high-density structures, we then look in detail at the sub-grid algorithm used to account for the dynamical friction exerted by the gaseous gravitational wake behind the sink particle. The particular simulations presented here were performed with RAMSES, but we believe that the conclusions we reach are widely applicable to sub-grid algorithms where the size of the accretion region, over which local gas properties are measured and from which gas is removed, decreases with increasing resolution.

The structure of the paper is as follows: in Section 2.2, we present the set-up of the simulations, and explain the sink particle algorithm in RAMSES in detail. Section 2.3 investigates accretion for a range of Mach numbers and resolutions, including a detailed study of the Bondi problem (Section 3.1) and the Hoyle–Lyttleton problem (Section 3.2). Section 4 presents results for the impact of Mach number and resolution on dynamical friction, both resolved on the grid and calculated analytically. Section 5 discusses the origin of instabilities observed in the flow. Conclusions can be found in Section 6.

2 THE SIMULATIONS

To study gas dynamics in the vicinity of the sink particle, we set up a series of 3D isolated boxes where the sink particle is embedded in a uniform gas flow. Each simulation is parametrized by a Mach number, $M_{\infty} = v_{\infty}/c_{s,\infty}$, where $c_{s,\infty}$ and $v_{\infty}$ are the sound speed and flow velocity, respectively. As the sink is held fixed at the centre of the box, $v_{\infty}$ is both the absolute flow velocity, and the flow velocity relative to the sink. Resolution is measured as the number of cells, $N$, within the sink particle’s scale radius $R_{s,\infty}$, so that $N = R_{s,\infty}^3/\Delta x_{\min}$, where $\Delta x_{\min}$ is the size of the smallest grid cell in the simulation.

This characteristic scale radius depends on $M_{\infty}$ as follows:

$$R_{s,\infty} = \begin{cases} \frac{GM_{\text{sink}}}{c_{s,\infty}^2} & \text{if } M_{\infty} \leq 1 \\ \frac{2GM_{\text{sink}}}{v_{\infty}^2} & \text{if } M_{\infty} > 1 \end{cases}$$

where $G$ is the gravitational constant and $M_{\text{sink}}$ is the mass of the sink particle. Setting $G = c_{s,\infty} = \rho_{\infty} = 1$ for all simulations reduces the number of parameters of the problem. Under this assumption, $M_{\text{sink}} = R_{s,\infty}^2/L_{\text{box}}$, so the mass of the sink determines the relative size of the local scale radius to the size of the box. In order to reduce edge effects, we set $L_{\text{box}} = 1000 \times R_{s,\infty}$, which leads to $M_{\text{sink}} = 0.001$. The final parameter is the gas pressure, which is set to $P = 1/\gamma$ for all simulations. We perform simulations for two values of $\gamma$, an adiabatic one where $\gamma = 1.3334$, and a quasi-isothermal one, where $\gamma = 1.0001$.

Most work on BHL accretion in the literature parametrizes resolution by $r_s/R_{\infty}$, where $r_s$ is the size of the accretor. However, with the sink particle algorithm used here, $r_s$ cannot be unambiguously defined, as we remove gas from a region spanned by a Gaussian kernel, whose width varies from $\Delta x_{\min}/4 < r_{\text{kernel}} < 2\Delta x_{\min}$, depending on local conditions (see Section 2.3 for details). We therefore use $N$ as the resolution parameter instead, but write $r_s \approx 2\Delta x_{\min}$ i.e. $r_s/R_{s,\infty} \approx 2/N$ when comparing to previous work.
2.1 Nomenclature

In the remainder of the paper, quantities denoted with a • subscript, \( X_\infty \), are analytical values which parametrize the simulations presented here, defining both initial and boundary conditions. Quantities denoted with a ◦ subscript, \( X_s \), are calculated numerically on the fly, and are based on mass-averaged quantities within the accretion region of the sink. We explain in detail what this means in Section 2.3. Quantities with a ◯ subscript, \( X_r \), are calculated from cell values across the entire simulation box. The term ‘local’ refers to the immediate vicinity of the black hole, whereas the term ‘global’ describes conditions at the boundaries of the simulation, far away from the sink particle. Time-averaged values are denoted by triangular brackets, \( \langle \cdot \rangle \).

The input parameters for each simulation are summarized in its name as follows: a simulation labelled \( m, M_\infty, n, N \) is adiabatic (\( \gamma = 1.3334 \)) when \( x = a \), and quasi-isothermal (\( \gamma = 1.0001 \)) when \( x = i \). For example, a simulation called \( m10.0n4.8a \) has \( \gamma = 1.3334, M_\infty = 10, \) and \( N = 4.8 \).

Scalar quantities are denoted with italic lettering, \( x \), whereas vector quantities are denoted in bold \( \mathbf{x} \). \( r \) denotes a radial distance from the accretor, whereas \( s \) denotes the distance from the accretor measured along the line axis of symmetry of the wake, with positive values measured downstream of the accretor, and negative values upstream.

2.2 Simulation set-up

All simulations presented here are performed with the AMR code RAMSES (Teyssier 2002) and consist of a simple 3D isolated cubic box, with a sink particle kept fixed at the centre. Gravity is prescribed by an analytic gravitational field for a point mass, which inherits the mass and location of the sink and a gravitational softening length equal to the smallest cell size, \( \Delta x_{\text{min}} \). There is no radiative cooling and the gas is not self-gravitating.

Gas enters the simulation box diagonally, from the bottom left corner, to avoid issues associated with grid aligned flows.\(^1\) All ghost regions (cells outside of the simulation domain) are set using a zero-gradient scheme, except in the ghost regions (cells outside of the simulation domain) are set using an algorithm (Krumholz et al. 2004; Dubois et al. 2010). We use a linear reconstruction scheme for conservative variables, and a Courant factor of 0.36 as higher order reconstructions and/or larger Courant factors lead to numerical artefacts.

To reach the required number of levels of refinement within a sufficiently large box, we employ a fixed nested grid strategy, as seen in Fig. 1. In all cases, the black hole is surrounded by concentric shells of progressively lower refinement down to a root grid of \( 16^3 \) cells, with the highest resolution shell determined by the chosen resolution value of \( N \). Test of various nested grid configurations show that the results presented here are insensitive to the exact grid layout, so the radius of grids was doubled for each level to balance the size of refined regions with computational cost. For all simulations with \( N \geq 100 \), all levels of refinement are present from the beginning of the simulation. Simulations with \( N > 100 \) developed a shock feature during the initial settling phase, which led to a permanent breaking of the symmetry of the flow (see Appendix A). This issue can be prevented by running simulations with \( N > 100 \) with a lower initial resolution of \( N \approx 60 \) until \( t \approx 3 \), and refining to the desired level after this pre-conditioning period. To further avoid numerical effects when refining, only a single additional level of refinement is added per time-step until the correct \( N \) is reached. In order to give all simulations enough time to damp initial condition transients, all time-averaged values in the paper are measured for \( t > 10 \), where the time \( t \) is given in units of scale radius crossing time:

\[
[t] = \frac{R_\infty^2}{(c_{s,\infty} + v_\infty^2)^{1/2}}
\]

2.3 The accretion algorithm

The standard sink particle accretion algorithm in RAMSES is that implemented by Dubois et al. (2010) from an algorithm originally proposed by Krumholz et al. (2004), using the BHL interpolation formula (Hoyle & Lyttleton 1939; Bondi & Hoyle 1944; Edgar 2004),

\[
M_{\text{sink}}^{\text{BHL}} = \frac{4\pi G^2 M_\infty^2 \rho_\infty}{(c_s^2 + v_\infty^2)^{3/2}}
\]
and $r_i$ is the cloud-particle distance from the sink. The width of the kernel, $r_{\text{kernel}}$, depends on the value of an interpolated scale radius,

$$r_{\text{BHL}} = \frac{GM_{\text{sink}}}{v_{\text{host}}^2 + c_s^{\text{host}}},$$

where $v_{\text{host}}$ and $c_s^{\text{host}}$ are the relative velocity and sound speed of the sink host cell, respectively. $r_{\text{kernel}}$ is also limited by the local cell size, so that altogether:

$$r_{\text{kernel}} = \begin{cases} \frac{\Delta x_{\text{loc}}}{4} & \text{if } r_{\text{BHL}}^{\text{host}} < \frac{\Delta x_{\text{loc}}}{4} \\ \frac{2\Delta x_{\text{loc}}}{r_{\text{BHL}}^{\text{host}}} & \text{if } r_{\text{BHL}}^{\text{host}} > 2\Delta x_{\text{loc}} \\ r_{\text{BHL}}^{\text{host}} & \text{otherwise}. \end{cases}$$

Gas mass is removed from local cells, and added to the sink particle, by looping over the cloud particles and removing mass from each host cell according to

$$\Delta m_i^{\text{cell}} = M_{\text{BHL}}^{\star}dr \sum_i \alpha_i,$$

where $dr$ is the local time-step. $M_{\text{BHL}}^{\star} = M_{\text{BHL}}(\rho_\infty, v_\infty, c_s, \alpha)$ is the accretion rate calculated on the fly according to the BHL formula in equation (3), evaluated using local mass-weighted average quantities.

To avoid creating numerical instabilities by removing too much gas mass from a single cell, the total mass accreted per time-step is capped at 75 per cent of the cloud-particle host cell gas mass. This criteria is commonly employed in RAMSES, and ensures that no single cell is emptied in a single time-step when the sink particle moves across the grid. As we force the sink particle to remain in a specific host cell, we also introduce a density floor, $\rho_{\text{min}} = 10^{-5}$, below which accretion is not permitted. We emphasize that this extra parameter is specific to the set of simulations presented in this work rather than a standard RAMSES parameter. Our results are insensitive to the choice of $\rho_{\text{min}}$ as long as $\rho_{\text{min}} \ll \rho_\infty$.

2.4 The drag force algorithm

One way in which the black hole interacts with gas in its vicinity is through dynamical friction. The relative velocity between the two creates an overdensity downstream of the black hole, and the enhanced gravitational pull that ensues acts as a drag force. This process transfers momentum from the sink to the gas – contrary to accretion which transfers momentum from the gas to the black hole – thus boosting the tendency of the sink to stay attached to overdense local gaseous structures. When this drag is unresolved, black holes often dynamically decouple from the gas, leading, in the worst cases, to their ejection from the galaxy disc. This has been a recurring problem in galaxy simulations including SMBHs (Sijacki et al. 2007; Volonteri et al. 2016; Biernacki, Teyssier & Bleuler 2017).

RAMSES includes a sub-grid model for dynamical friction (Dubois et al. 2013), in which the drag force on the sink is estimated according to the analytic formula derived by Ostriker (1999):

$$F^D = -I \frac{4\pi G \rho_\infty}{v_{\infty}^2} \hat{v}_{\infty} = F^D_{\infty} \hat{v}_{\infty},$$

where $\hat{v}_{\infty}$ is the unit vector pointing in the direction of the relative velocity between the gas and the sink, and

$$I = \begin{cases} \frac{1}{\pi} \ln \left( \frac{1 + M_{\infty}}{1 - M_{\infty}} \right) - M_{\infty} & \text{if } M_{\infty} < 1 \\ \frac{1}{\pi} \ln \left( M_{\infty}^{2} - 1 \right) + \ln(\Lambda) & \text{if } M_{\infty} > 1. \end{cases}$$

In the previous equation, $\ln(\Lambda) = \ln(r_{\text{max}}/r_{\text{min}}) = 3.2$ is the Coulomb logarithm, with the numerical value chosen according to Chapon,
Mayer & Teyssier (2013), \( r_{\text{max}} = (c_s \infty + v_\infty)t \) is the maximum distance information has travelled downstream of the sink, and \( r_{\text{min}} \) is the softening length used to curtail the diverging density profile near the sink. We re-examine the choice for \( \ln(\Lambda) \) in this paper, as the value from Chapron et al. (2013) is extracted from black hole merger simulations that do not include accretion.

In the simulations presented here, the sink particle is held at a fixed position, so the drag force sub-grid algorithm is not employed. However, we compare the analytic formula given by equation (9) to values measured directly from gravitational wakes of the sink particle when the latter is resolved. As with the BHL accretion rate, the analytic model (equation 9) calculates the drag force from gas flow properties at infinity. However, the sub-grid model implemented in RAMSES evaluates the drag force on the sink based on the same local mass-weighted quantities used for BHL accretion, \( \rho_\infty, v_\infty \), and \( M_\infty \).

In this paper, we thus distinguish between four different drag force calculations:

(i) \( F^D_{\text{total}} \) is the drag force given by equation (9), using the quantities at infinity.

(ii) \( F^D = F^D(\rho_\infty, v_\infty, M_\infty) \) is the drag force given by equation (9), using mass-weighted quantities from the accretion region, i.e. the drag force as estimated by the sub-grid model.

(iii) \( F^D = \sum c^D_{\text{cells}} \rho \frac{r}{r_i} \) is the net gravitational force exerted on the sink by gas on the grid. It is found by summing over all cells \( i \) in the box, where \( m_i \) and \( r_i \) are the cell mass and cell position vector relative to the sink, respectively. As the set-up is symmetric, this is equal to the total gravitational attraction of the wake downstream of the sink.

(iv) \( F^D_{\text{total}} = F^D + F^D \) is the total drag force acting on the sink when the sub-grid algorithm is active.

2.5 Plotting conventions

Streamlines annotated on slice plots follow the velocity field in the plane of the slice. They therefore do not represent 3D particle trajectories and are merely added to guide the eye as to the dominant flow patterns in the plot. For clarity, a minimum distance is enforced between streamlines. This discrete sampling can mean that some streamlines are interrupted.

3 ACCRETION

The BHL formula in equation (3) is based on two limiting cases. The pure Bondi problem, where the sink is at rest relative to the uniform density background, i.e. \( M_\infty = 0 \), and the Hoyle–Lyttleton problem, where \( M_\infty \gg 1 \). We investigate both cases in detail, in this section and the next, before exploring the parameter space further.

3.1 The bondi problem

As expected from the analytic work by Bondi & Hoyle (1944) and Bondi (1952), Fig. 3 shows that the global flow pattern is symmetric and directed radially towards the sink even at very low resolutions, with the sink located at the density peak. Only the immediate sink environment is influenced by the resolution. There is an initial period during which the simulation is dominated by initial condition transients, which last until \( t \approx 5 \) (see Fig. 4). After the simulation has settled into a steady flow pattern, the accretion rate on to the sink, \( M_\star \), converges. Note that the actual accretion rate on to the sink, \( M_\star \), is not necessarily the same as the BHL accretion rate evaluated from the local gas properties \( M_\infty^{\text{BHL}} \), as \( M \) is limited by the total gas mass present in the accretion region, \( \sum \rho \Delta x / \alpha \).

Fig. 5 demonstrates that for all simulations presented here, the radial density, pressure, temperature, and velocity profiles provide excellent agreement with the analytic predictions by Bondi (1952) at radii larger than the size of the accretion region, i.e. at \( r > 2\Delta x \).

Within the accretion region, density and pressure drop sharply as mass is removed from the grid and added to the black hole, while temperatures can increase by up to a factor of 2 above the analytic value. As the analytic profiles diverge as \( r \rightarrow 0 \), some deviation within the central region is to be expected, particularly in the velocity field which has to go to zero at the centre of a spherically symmetric flow.

The analytic solution for the BHL accretion rate assumes that gas properties are measured far from the influence of the sink, a situation that is best captured in the simulations presented here when the cell size is significantly larger than the sink’s gravitational scale radius, i.e. \( \Delta x \gg R_\infty^S \). Fig. 4 shows that for the unresolved case, here m0.0n0.05a, the accretion rate on to the black hole, as well as the local gas properties as calculated using the cloud particles, reflect the analytic solution closely. The local overdensity before accretion is very shallow, at \( \rho \sim 1.035 \rho_\infty^S \) (see m0.0n0.05a Fig. 3, top left), and is suppressed within the cell containing the sink once accretion starts.

The other extreme is the most highly resolved case probed here (m0.0n131a, bottom right panel of Fig. 3), where an overdense peak develops within the Bondi radius. When the gas crosses the sonic radius, it transitions from subsonic to supersonic flow as it evolves towards a free-fall solution before being accreted. The rising local density increases the BHL rate computed on the fly and the maximum amount of gas permitted is removed from the central cells at each time-step. This means that the accretion algorithm effectively transitions from the BHL algorithm to a supply-limited accretion (SLA) scheme, where the accretion rate on to the sink is set by the gas inflow rate into the spherical accretion region of the sink, which has a radius of \( \approx 2\Delta x_\min \). We refer to this as SLA throughout this paper.

Note that at this resolution, the accretion rate on to the sink settles well below the analytic BHL rate, to \( M_\star / M_\infty^{\text{BHL}} \ll 0.78 \), in agreement with results in Edgar (2004). Simulations with better force resolution probe the density profile on smaller scales, and therefore measure higher densities \( \rho_\infty \). As the contraction is adiabatic, higher densities have correspondingly higher sound speeds \( c_s \), as can be seen in Fig. 4. For this reason, although the analytic model postulates that the gas should transition to supersonic near the Bondi radius, the black contours in Fig. 3 show that the transition occurs at a smaller radius, again in agreement with previous numerical simulations. Finally, the accretion rate has already converged to its 0.78 \( \times M_\infty^{\text{BHL}} \) value even at the comparatively modest resolution of \( N = 32 \), in simulation m0.0n32a.

The partially resolved case, m0.0n1.6a, where \( R_\infty^S \sim \Delta x_\min \) shows intermediate behaviour, with a shallower central density feature and a smaller evacuated region. This simulation also shows more noticeable grid effects, both in the stream lines and in the central density peak, as spherical symmetry is poorly described by the small number of Cartesian resolution elements when \( 0.1 < N < 4 \).

The resulting steady-state accretion rate is lower than the converged value, with \( M_\star / M_\infty^{\text{BHL}} \approx 0.6 \) as the local density feature feeding the black hole is not replenished efficiently.
Arguably the most worrisome numerical aspect of transitioning to SLA is that the force due to the pressure gradient artificially created by the low-density region developing in the immediate vicinity of the sink might dominate the gravitational force on the gas. Fig. 6 shows that while such a pressure gradient does reinforce the gravitational pull on the gas at the edge of the accretion region, it is not the dominant force. Moreover, the contribution of this pressure force decreases for simulations with higher resolution as the gravitational acceleration $-\nabla \phi_g$ increases faster than the pressure gradient, $\nabla P$, within the Bondi radius. As previously mentioned, this effect is also insensitive to our choice of density floor, as long as $\rho_{\text{min}} \ll \rho_\infty$, as sufficiently small pressure inside the accretion region, $\nabla P \approx \Delta P/\Delta x = (P_{\text{edge}} - P_{\text{in}})/\Delta x \rightarrow P_{\text{edge}}/\Delta x$, and therefore only depends on the cell size $\Delta x$ and the pressure at the edge of the accretion region, $P_{\text{edge}}$, not the actual pressure inside the accretion region $P_{\text{in}}$.

From the pure Bondi problem presented here, we conclude that the accretion algorithm is well behaved at all resolutions. Indeed, at low resolution, when $N < 0.05$, local gas properties measured in the vicinity of the sink, using cloud particles, produce an accretion rate in excellent agreement with the analytic BHL formula. At high resolution, where $N > 8$, accretion is driven by the local gas supply into the accretion region, and the algorithm transitions to SLA. The accretion rate on to the sink converges to the correct value of $M_\ast/M_{\text{BHL}} \sim 0.78$ in that case, fed by supersonically free-falling gas well within the Bondi radius. For intermediate resolutions of $0.05 < N < 8$, grid effects lead to poorer spherical symmetry and lower accretion rates, as gas neither reflects the values at infinity nor forms a central gas profile able to efficiently feed the sink, a conclusion also reached by Krumholz et al. (2004). However, independently of resolution, the accretion rate on to the black hole estimated using the sub-grid algorithm remains within 20 per cent of the correct $0.78 \times M_{\text{BHL}}$ value.

### 3.2 The Hoyle–Lyttleton problem

The other analytic solution was developed by Hoyle & Lyttleton (1939) for an accretor moving supersonically through a uniform medium, where the bulk velocity dominates over the local sound speed, such that $M_{\text{in}}$ approaches $M_{\text{HL}} = GM_{\text{sink}}/v_\infty^2$. In this section, we investigate accretion on to the sink in the highly supersonic case where $M_\infty = 10$.

#### 3.2.1 The adiabatic case

For the adiabatic case, when $\gamma = 1.3334$, in agreement with expectations from the analytic solutions (Hoyle & Lyttleton 1939; Ostriker 1999), we find that a conical wake develops downstream of the sink,
Figure 4. Accretion rates and gas properties as sampled by the cloud particles, for a variety of resolutions, in the pure Bondi case, where $M_\infty = 0$. The bottom panel shows the sound speed only, as the relative velocity at infinity is zero, and can therefore not be used as a scaling factor.

as is evident in Fig. 7. In the unresolved case, $m10n0.08a$, the overdensity around the sink is small, and the streamlines and properties of the gas are only mildly perturbed by the presence of the sink. Therefore, $\dot{M}_\infty^{BH} \approx \dot{M}_\infty^{BHL} \approx \dot{M}_* \approx \dot{M}_{BHL}$, and the sink accretes according to the analytic solution (top panel in Fig. 8). The gravitational wake is especially prominent because the simulations presented here are isolated. If the sink was embedded in a non-uniform medium, such as is typically found for black holes in galaxy simulations, we expect that local inhomogeneities would quickly wash out the gravitational focusing effect of the black hole.

With increasing resolution, such as $m10n13a$ in Fig. 7, the flow patterns resembles the analytic solution by Hoyle & Lyttleton (1939), with bent streamlines, stagnation point, and accretion column clearly visible in the density slice. The bow shock with the characteristic increase in density towards the edge of the shock, predicted by Ostriker (1999), also becomes apparent. At these intermediate resolutions, the shock is attached to the accretor, and the solution is stable (see Fig. 8). As in the pure Bondi case, $M_* < M_\infty^{BHL}$, and the accretion algorithm transitions to SLA, with the underdense accretion region visible in the density slices (Fig. 7).

With even more resolution, and an even smaller accretor, such as in $m10n26a$, the bow shock detaches from the accretor, and the solution becomes unstable, in agreement with results by Ruffert (1995b). In this regime, the wake alternates between episodes when instabilities die down and the flow returns to a more symmetric configuration (top row, Fig. 9), and episodes when instabilities dominate flow patterns, which are severely disruptive (bottom row, Fig. 9). While the accretion rate begins to fluctuate due to local instabilities, the time-averaged value remains similar to the case before the bow shock detached (compare $m10n13a$ and $m10n26a$ in Fig. 8), as the accretion column feeding the black hole, characterized by a low vorticity region along the axis of symmetry of the wake continues to reform between unstable episodes (see top right hand panel in Fig. 9). When not disrupted by instabilities, the gravitational attraction of the sink creates a peaked density profile around the accretion region, which, like in the Bondi case previously discussed, leads to a resolution dependence of the sound speed at the edge of the accretion region.

Figure 5. Radial density, pressure, temperature, and radial velocity profiles for the pure Bondi problem, at a range of resolutions, at time $t = 20$. The dotted line denotes the analytic solution according to equation (5) in Bondi (1952).

Figure 6. Acceleration due to the pressure gradient within the Bondi radius, compared to the gravitational acceleration at a range of radii $r$. The dashed vertical lines mark the point of highest pressure, i.e. the edge of the accretion region.
Figure 7. Slices of the central density feature for resolutions of \(N = 0.08, 13, 26,\) and \(209,\) respectively. The white circle denotes the size of the accretion radius \(R_s^\infty.\) The sonic surface for each slice is delineated by a black contour. Each simulation is shown at \(t = 25.\)

While the global wake remains stable, eddies develop behind the shock, suggesting that the instability is caused by the physical acoustic-advection instability reported in Foglizzo, Galletti & Ruffert (2005) for \(\gamma > 4/3, M_\infty > 3\) and ‘sufficiently small accretors’. According to these authors, the instability is caused by entropy perturbations that advected from the shock to the sonic surface around the accretor, where they excite acoustic waves due to the inhomogeneity of the flow, which in turn propagate outwards back towards the shock, where they excite new entropy perturbations. We would therefore expect the instabilities to occur in the subsonic region, where the gas has been decelerated by the shock and not yet sufficiently re-accelerated by the gravitational potential of the sink.

In the simulations presented here, entropy perturbations (yellow contours) form in the subsonic region between the accretor and the bow shock (see m10n26a and m10n209a in Fig. 10) for unstable simulations, as expected from the theory by Foglizzo et al. (2005). For stable simulations, entropy perturbations are concentrated downstream of the accretor instead and are much smaller in magnitude (m10n13a in Fig. 10). The origin of instabilities is explored further in Section 5.

The accretion algorithm creates a low-density region around the sink, surrounded by a high-density shell replenished by inflowing material. While most of the mass that enters the accretion region is removed, the sink particle algorithm does not implement a strict inflow criteria, with any surplus gas free to leave the accretion region during the next time-step. Accretion on to the sink varies on short time-scales, as the turbulent flow feeds the black hole intermittently (see m10n26a in Fig. 8), with an average value of \(\dot{M}_s / \dot{M}_{BHL}^\infty \approx 0.8,\) in agreement with simulations discussed in Edgar (2004). This is also the value recovered for the steady-state solution of extremely small accretors \((N = 1000)\) in the 2D axisymmetric simulations of El Mellah & Casse (2015).

The picture changes drastically for the highest resolutions, and smallest accretors, (m10n209a in Fig. 7), as the instabilities become more severe. The bow shock opening angle increases, supported by a strong rotational flow around the sink, with vorticity near the sink increasing by up to an order of magnitude (see Fig. 10). The accretion column, which feeds the sink at lower resolutions, is permanently disrupted and the solution is entirely dominated by instabilities, as evident by the oscillations in Fig. 8. Due to the increasing vorticity behind the bow shock, the gas within \(R < 0.15R_s^\infty \) builds up coherent angular momentum (top panel, Fig. 11).
Foglizzo et al. (2005) argue that the advective-acoustic instability is the circular velocity at a given radius (Bullock et al. 2001), angular momentum contained within a sphere of radius $r$, and $v_c(r)$ is the circular velocity at a given radius (Bullock et al. 2001), bottom panel, Fig. 11), preventing gas from accreting efficiently. Periods of lower angular momentum around the black hole, seen for lower resolution runs provides a poor estimate of the accretion rate drops to $\dot{M}_L/\dot{M}_{\infty}^{\text{BHL}} \simeq 0.11$, with order of magnitude fluctuations around this value, so that extrapolating results from lower resolution runs provides a poor estimate of the accretion rate on to the sink.

These results are in agreement with work by MacLeod & Ramirez-Ruiz (2015), who investigate Hoyle–Lyttleton type accretion in the presence of a density gradient at infinity, and find that the resulting circularization of gas behind the (warped) shock reduces the accretion rate on to the sink by over an order of magnitude. In the simulations presented here, the circularization is driven by the advective-acoustic instability, not a global density gradient. However, both cases show that the presence of significant angular momentum in the gas behind the shock reduces the accretion rate on to the sink by more than order of magnitude.

Overall, we conclude that, in contrast with the Bondi case, the accretion on to the sink for an adiabatic Hoyle–Lyttleton flow seems to converge to a value well below the analytic BHL solution, as it becomes entirely dominated by instabilities for very small accretors, i.e. $rs/R^2 < 0.01$ (equivalent to $N \geq 200$).

### 3.2.2 The quasi-isothermal case

Foglizzo et al. (2005) argue that the advective-acoustic instability should disappear for $\gamma < 4/3$, whereas Ruffert (1995a) report unstable flow for $\mathcal{M}_\infty = 10$ at any $\gamma$.

To further investigate the possible presence of instabilities, we run a suite of quasi-isothermal simulations with $\gamma = 1.0001$. We find a gas flow pattern broadly similar to the adiabatic case presented above, albeit with very different consequences for the accretion on to the sink. As can be seen in Fig. 12, at very low resolution, for $m_{10n0.08i}$ only a small overdensity forms downstream of the sink, which accretes according to the analytic BHL formula (see the top panel in Fig. 13). For higher resolutions, $N \geq 5$, the local flow pattern again shows curved streamlines, stagnation point, shock, and SLA. However, the shock opening angle is significantly smaller. Fig. 13 also shows that the accretion on to the sink is unstable for $N > 5$, a significantly lower resolution threshold than for the $\gamma > 4/3$ runs. Like in the adiabatic case, simulations with an intermediate resolution (e.g. $m_{10n3.3i}$) have a reduced accretion rate as the resolution does not yet allow the characteristic flow pattern to fully emerge. As discussed further in Section 5, at a resolution of $N \sim 3.3$, the stagnation point lies within the accretion region of the accretor, slowing down gas flows on to the sink. By definition, the sound speed (bottom panel of Fig. 13) remains constant in the quasi-isothermal case, so as resolution increases, the relative velocity of the gas with respect to the sink increases much more than in the adiabatic case (bottom panel of Figs 8 and 13).

As a result, and contrary to the adiabatic case, the shock remains attached to the accretion region regardless of resolution and the flow stays supersonic everywhere except in a small narrow region around the stagnation point (see Fig. 12). Despite this, we find that strong instabilities develop in the wake, particularly for small accretors, which also lead to accretion rate variations on short time-scales. Instead of originating at the bow shock, these instabilities occur downstream of the sink and affect the wake globally, disrupting the accretion column on to the sink. No eddies are visible in the stream lines (see Fig. 12). Rather, the narrow wake clumps and is distorted in the direction perpendicular to the axis of symmetry of the wake, in agreement with the seminal work of Ruffert (1995b). Taken at face value, the persistent instabilities for $\gamma \simeq 1$ seem to contradict predictions by Foglizzo et al. (2005), who argue that the acoustic-advevtive instability should disappear for $\gamma < 4/3$. However, these authors do point out that a different type of instability could occur at low $\gamma$, based on vorticity (rather than entropy) perturbations between shock front and accretor. We note that the instabilities seen here are also reminiscent of the ones discussed in Cowie (1977) and Soker (1990), who study the fate of small overdensities when the wake is modelled as an accretion line, but postpone a further discussion of the origin of these instabilities to Section 5. Beyond the exact nature of the instabilities, the main difference between the adiabatic and the quasi-isothermal simulations is that the strong drop in average accretion rate for the smallest accretors, which have $N > 200$, is absent for quasi-isothermal simulations. At the highest resolution probed here, the $\gamma = 1.0001$ accretion rate converges to $\dot{M}_L/\dot{M}_{\infty}^{\text{BHL}} \simeq 0.74$; while instabilities exist, they do not efficiently prevent accretion on to the sink.

In summary, we conclude that for black hole moving supersonically, with $\mathcal{M}_\infty = 10$, accretion proceeds via the BHL algorithm at low resolution, $N < 8$, and transition to SLA at higher resolution. The wake is unstable for both values of $\gamma$, with the instabilities in the adiabatic case originating in the subsonic region between the sink and the detached bow shock, and near the stagnation point in the quasi-isothermal case. With increasing resolution, and decreasing size of the accretor, the flow becomes unstable on progressively shorter time-scales. In the adiabatic case, instabilities dominate for $N > 100$, which leads to an order of magnitude reduction in the time-averaged accretion rate on to the sink, whilst in the quasi-
Figure 9. Zoom-in on flow patterns in and around the wake at two different times for m10n50a. The left two columns show density, with $R_S^\infty$ shown as a white circle when smaller than the box size. Streamlines are indicated in white, and the sonic surface as black contours. The right-hand column shows vorticity $\omega$, with entropy contours overplotted in yellow and the sonic surfaces again in black. The global wake is stable, but the front of the bow shock alternates between periods of symmetric flow (top row, $t = 8.87$) feeding the black hole efficiently, and instability-dominated flow (bottom row, $t = 10.24$).

Figure 10. Vorticity $\omega$ profiles of the flow in the vicinity of the sink, for the snapshots shown in Fig. 7. Sonic surfaces are annotated as solid black lines and entropy contours are shown in yellow. The dotted circle denotes the scale radius $R_S^\infty$. The lower limit of the colour bar was set to 3.5 in order to show the vorticity structure within the wake. All simulations are shown at $t = 25$.

Isothermal case, this averaged accretion rate converges to a value close to that of the BHL case.

3.3 Exploring the full parameter space in $\mathcal{M}$

We now explore the evolution of flow patterns and accretion rates in the adiabatic case for a wider range of Mach numbers and different resolutions. Note that in the case of intermediate Mach numbers ($0.3 \leq \mathcal{M} \leq 3.0$), we do not expect the analytic BHL formula (equation 3) to yield as accurate an estimate of the accretion on to the sink as in the low and high Mach number cases previously studied as it is merely an educated interpolation between these two extremes cases.

Having said that, Fig. 14 shows the resulting flow patterns and Fig. 15 presents the average accretion rate, in units of the analytic BHL accretion rate $\dot{M}_{\text{BHL}}^\infty$, for a variety of Mach numbers, as a function of resolution. As could already be seen for the Bondi and the Hoyle–Lyttleton problems (Sections 3.1 and 3.2 respectively), the unresolved case with $N < 0.01$ closely follows the analytic formula. As resolution increases, the behaviour becomes more
Moreover, all resolved simulations with Mach numbers for all cases studied here (see Fig. 6 for a measure in the Bondi case). The density slices for both the accretor (top), in units of \( (c_{s,\infty} + v_{\infty})/\rho_{\infty} R_{s,\infty}^{-1} \), and the gas spin parameter \( \lambda \) according to Bullock et al. (2001) (bottom). Profiles are calculated using concentric spheres at radius \( r \) centred on the sink particle. Each simulation is sampled at three points in time to highlight the range of profiles encountered in the unstable simulations. The stable m10n13a shows zero spin parameter and zero specific angular momentum around the accretor due to the symmetry of the flow.

In the intermediate regime, where \( 0.01 < N \leq 50 \), the simulations diverge from the analytic formula in a way that depends non-monotonically on the Mach number. Sub- and supersonic simulations \( (M_{\infty} = 0.5 \text{ and } 3, \text{ respectively}) \) show average accretion rates systematically lower than the BHL formula, up to by a factor 5. Trans-sonic simulations, on the other hand, with \( 0.9 \leq M \leq 1.5 \) feature accretion rates which are larger by up to a factor of 2.3. The BHL formula, used here to normalize results, is most uncertain for the trans-sonic regime, where both the bulk velocity \( v_{\infty} \) and the sound speed \( c_{s,\infty} \) have a significant influence on the flow. Our high-resolution results \( (N > 50) \) support this conclusion as the accretion rates indeed converge to higher values in the trans-sonic regime. We caution that at intermediate resolutions, the pressure force into the low-resolution region around the sink can dominate over the local gravitational force, possibly funnelling extra gas into the accretion region and thus leading to an overestimate of the accretion rate. However, this effect is very localized as it only occurs at the edge of the accretion region, and is alleviated by the kernel function which creates a gradual transition of density within the region covered by the cloud particles. At high resolution \( (N > 100) \), the gravitational force comfortably dominates over the pressure force for all cases studied here (see Fig. 6 for a measure in the Bondi case). Moreover, all resolved simulations with Mach numbers \( M_{\infty} \leq 1.2 \) show steady-state solutions (Fig. 4).

From \( M = 1.5 \) on, eddies begin to form behind the shock, and when the accretor becomes small enough, instabilities becomes stronger and begin to influence accretion on to the sink more significantly. The density slices for both \( M_{\infty} = 3 \) and 10 show strong instabilities that disrupt the flow patterns and decrease the time-averaged accretion rate on to the sink by up to an order of magnitude below the analytic value. We caution that while a lot of care has been taken to minimize the impact of initial conditions (see Appendix A), the seeding of the instabilities could still be due to the way the simulations are initialized. This is likely to affect the exact resolution and/or Mach number at which the instability-dominated regime appears, but unlikely to make it vanish altogether.

In summary, we conclude that the sink particle algorithm, using a locally evaluated BHL accretion rate as described in Section 2.3, is a versatile sub-grid model that smoothly adapts to a variety of resolutions. For highly resolved simulations \( (N > 100) \), the kernel function used to remove mass ensures that the maximum accreted mass per time-step, dominated by the dense cells at the edge of the accretion region, always exceeds the local gas supply and the sub-grid model automatically transitions to SLA. Intermediate and low resolutions \( (N \leq 50) \) lead to mixed results and appear to be a difficult regime when approximating the accretion rate on to the black hole from local gas properties, but still manage to capture the accretion rate within a factor \( \approx 2 \), at least in the moderate Mach number regime \( (M_{\infty} < 1.5) \). It is only at higher Mach numbers that they deviate from resolved time averages by more than an order of magnitude, an effect that can significantly impact the final mass of the sink. This is potentially important when simulating the cosmological growth of SMBHs, where an early accretion boost is crucial to enable the black holes to reach observed masses within the limited time frame available (see Volonteri 2010, for a review).

### 4 DRAG FORCE

The gravitational force of the wake formed downstream of sink particles in the presence of a significant bulk flow exerts dynamical friction on the sink particle, opposite to the direction of motion, causing it to reduce its relative velocity with respect to the gas over time. However, the total drag force of the wake depends sensitively on the mass contained in the wake, particularly close to the sink.

Returning to the \( M_{\infty} = 10 \) adiabatic simulations discussed in detail in Section 3.2.1, one can see in the density slices in Fig. 7 that the wake develops even for low-resolution simulations. Fig. 16 shows the mass distribution and drag force profile of each wake at \( t = 25 \), plotted against the distance \( s \) to the sink measured along the axis of symmetry of the wake. The mass distribution close to the sink, where \( |s| < 0.5 R_{s,\infty} \), shows some variation with increasing resolution, due to the locally unstable flow. However, the global structure of the wake at larger radii converges quickly, for \( N \geq 13 \), and remains stable. The highest contributions to the drag force are found in the immediate vicinity of the accretor, but as symmetric contributions upstream and downstream of the sink cancel out, the larger scale structure of the wake (within \( s \approx R_{s,\infty} \) in this case) contributes the bulk of the net drag force on to the sink. As a result, the overall drag is adequately captured even with moderate resolution: integrating \( dF_D/ds \) over \( s \) for simulations m10n13a, m10n26a, m10n52a, and m10n209a yields values for \( F_D \) of 0.057, 0.063, 0.071, and 0.059, respectively, in the dimensionless units used in this work, so that even in the most violently unstable case (m10n209a), the drag force fluctuates by less than 20 per cent.

Fig. 17 shows the spatial contribution of density slices along the wake for adiabatic simulations at \( t = 25 \) for a range of Mach numbers, the density slices for which can be found in Fig. 14. As expected, the wakes contain a significant amount of mass on relatively large scales (up to \( s \approx 25 \times R_{s,\infty} \)), especially for trans-sonic \( (M_{\infty} \approx 1) \) configurations. However, the inverse square dependence on the distance to the sink means that for all Mach numbers investigated here, most of the gravitational drag force comes from a region within \( r_{\text{max}} \approx 10 \times R_{s,\infty} \). Note that the intensity of the force also depends on the opening angle of the wake, with a similar mass...
Figure 12. Density slices for the quasi-isothermal runs, where $\gamma = 1.0001$, for a variety of resolutions. The accretion radius $R_{\infty}$ is shown as a white circle. The sink is marked by a black cross. Sonic surfaces are represented as black contours and located near the stagnation points but are difficult to notice as they are small and narrow: the flow remains supersonic almost everywhere. Streamlines are shown in white. All simulations are shown at $t = 25$.

Figure 13. Accretion rates and gas properties within the accretion region in the supersonic Hoyle–Lyttleton case, where $M_{\infty} = 10.0$. Gas is quasi-isothermal i.e. $\gamma = 1.0001$, and each line represents a different resolution, as indicated in the top panel of the figure. The bottom panel shows both velocities (solid lines) and sound speed (dashed lines), but as the simulations are quasi-isothermal $c_{\infty}, \sqrt{\gamma k_{\infty}} = 1$ for all simulations and the lines overlap.

profile exerting a stronger pull in the direction of motion if confined to a narrower cone. Finally, we also measure a non-negligible contribution of material in front of the sink particle, pooling behind the detached shock, that exerts a gravitational force in the opposite direction and reduces the overall drag, especially in the sub- and trans-sonic regimes. While this feature was also observed in Chapon et al. (2013), it appears more prominently in the simulations presented here, and is completely absent in the analytic solutions for supersonic black holes by Ostriker (1999), who state that the sink particle only generates a density wake within the rear Mach cone.

Comparing the total net gravitational drag for the set of resolved simulations in Fig. 17 to analytic estimates in Fig. 18, and considering that the size of the accretor sets the smallest scale $r_{\min} \propto r^+ \propto 2\Delta x_{\min} \propto \frac{1}{\Delta x_{\min}} R_{\infty}$, the Coulomb logarithm evaluates to $\ln (\Lambda) = \ln (r_{\max}/r_{\min}) \approx 5.8$, larger than the value of 3.2 reported by Chapon et al. (2013) in the trans-sonic regime. However, it is clear from the bottom panel of Fig. 17 that $r_{\max}$, the characteristic size of the medium which the accreting object traverses, is quite a sensitive function of Mach number, as it drops from $\approx 10 \times R_{\infty}$ in the trans-sonic regime to a value of about $R_{\infty}$ at Mach $M_{\infty} = 10$, corresponding to $\ln (\Lambda) \approx 3.5$. Fitting over the whole range of Mach numbers covered by our simulations, we find a time-averaged best-fitting Coulomb logarithm of $\ln (\Lambda) = 3.9$, with $\ln (\Lambda) = 3.2$ (5.0) providing an adequate lower (upper) bound to individual time measurements. We suspect that this discrepancy with the Chapon et al. (2013) results is partly due to the different value of $\gamma$ used in these authors’ simulations, but more likely caused by the absence of ac-
Figure 14. Density slices for a range of Mach numbers, ordered from the lowest \( M_{\infty} \) in the top left to the highest in the bottom right. The sink is denoted by the black cross at the centre of each panel. Flow lines are represented by white lines, \( R_{\infty}^S \) is indicated by a white circle and black contours mark sonic lines. All simulations are shown at \( t = 25 \).
Figure 15. Dependence of the accretion rate on resolution for a variety of Mach numbers in adiabatic simulations with $\gamma = 1.3334$. Each data point represents the time-averaged value for $t > 10$ of a specific run, as indicated on the panel.

Figure 16. Differential mass (top panel, in units of $[M_{\text{sink}}/R^5_{\infty}]$) and drag force (bottom panel, in units of $[4\pi\rho_{\infty}(GM_{\text{sink}})^2/(R^5_{\infty}c^2_s)]$) profiles at time $t = 25$ for a highly supersonic adiabatic flow ($M_{\infty} = 10$) and a variety of resolutions, as labelled on the bottom panel. $s$ is the distance of a given mass slice to the sink particle measured along the axis of symmetry of the wake. Negative values indicate density slices upstream of the sink, and the sink location is denoted by the vertical dashed line. Dotted vertical lines stand for $s = R^5_{\infty}$.

Contrary to the accretion rates in Fig. 15, the drag force due to the wake forming behind the sink shows rapid convergence at a surprisingly low resolution of $N \geq 1$, as shown in Fig. 19. It is only vastly underestimated at resolutions as low as $N < 1$, i.e. when the scale length corresponding to the gravitational influence of the black hole, $R^5_{\infty}$, is small in comparison to the minimal cell size, so that gravitational focusing is inefficient. The drag force due to the wake is only moderately influenced (up to 50 per cent) by the instabilities developing behind the bow shock, as it is dominated by larger scale contributions.

On top of the direct computation of the gravitational drag exerted on the sink by the overdensity in its wake, RAMSES includes a sub-
Figure 19. Time-averaged gravitational drag force as a function of resolution for a variety of Mach numbers, as indicated on the panel. The drag force for \( M_\infty = 0 \) does not appear on the plot as it is negligible.

grid algorithm that calculates the drag force based on the same local mass-weighted average quantities used to estimate the accretion rate, \( F^D_{\text{fid}}(M_\text{sink}, \rho_\text{*, v_*, c_s, v_\infty}, \text{with } \ln(\Lambda) = 3.2. \) It is designed to compensate for the lack of drag force in low-resolution simulations, clearly visible in Fig. 19 for \( N < 1 \). As the drag force on the sink is a vector quantity, it inherits its direction from the local relative velocity, \( v_\infty. \)

For the supersonic case, \( M_\infty = 10, \) the top panel of Fig. 20 shows that the magnitude of the cell-based force, \( F^D_t \) converges for \( t > 10 \) and \( N > 10 \). The instabilities in the flow for \( N > 20 \) cause small variations of about 10 percent in magnitude (filled symbols). To investigate the impact of resolution both on the magnitude and direction of the drag force, we define a fiducial drag \( F^D_{\text{fid}} = -F^D(N = 209, t = 25)\hat{v}_\infty, \) based on the flow velocity at infinity and the converged drag force intensity \( F^D_t(N = 209, t = 25). \) Fig. 20 shows that the drag force due to the wake is always parallel to the fiducial force (filled markers, middle panel). As expected from the direction of the wake, the force acts in the opposite direction to the global flow velocity, and slows the sink down. For low resolution, \( N < 2, \) the drag force due to the wake can be underestimated by a large factor, but remains steady. For high resolutions, \( N > 10, \) the magnitude of the force rapidly converges to within 10 percent of the fiducial value. At the highest resolutions, \( N > 20, \) short-term variations in the magnitude of the force are visible (filled markers, top panel) but no significant deviation from the axis of symmetry of the wake (middle panel).

The sub-grid-based drag force, \( F^D_s \) (see top two panels of Fig. 20), by contrast, shows a very erratic behaviour for \( N > 20. \) Its magnitude, \( F^D_t \) (solid lines), varies considerably on the shortest time-scale probed here, the finest time-step of the simulations, and can be both significantly larger or significantly smaller than the \( F^D_s \) value. Moreover, higher resolutions show larger fluctuations. Not only does the magnitude of the force fluctuate rapidly, but it is also directed in the opposite direction to the fiducial force most of the time (actually at all times for \( 10 < N < 200). \) This can be easily understood, because the bulk of the mass enters the accretor through the accretion column, which has a flow direction directly opposite to the global flow (see Fig. 7 for some examples). As a result of mass weighting, the velocity of the accretion column thus dominates the local flow velocity, \( \hat{v}_\text{*, } \) and as \( F^D_s \propto \hat{v}_\text{*, } \) the sub-grid drag force flips direction as soon as the accretion column forms. The full extent of the problem becomes apparent when calculating the total drag force in the presence of the sub-grid algorithm, \( F^D_t = F^D_s + F^D_s \) (bottom panel of Fig. 20). For the resolved cases, \( N > 20, \) \( F^D_s \) frequently is the dominant term, causing a net force that accelerates the sink relative to the global gas flow. This is clearly unphysical, and entirely caused by the fact that the local mass-weighted relative velocity, \( \hat{v}_\text{*, } \) does not reflect either the direction and/or magnitude of the value at infinity, as soon as the accretion column forms and the bow shock detaches from the accretor. As expected, the total drag force for the unresolved cases \( N < 2 \) is unaffected, as the local velocity reflects the value at infinity because the accretion column has not (fully) developed. The sub-grid-based drag force therefore significantly and accurately contributes to the overall drag force in that case. This contribution naturally drops as the accretion column builds up, leading to a decrease in relative velocity and an increase in sound speed as the flow in the vicinity of the accretor becomes sub-sonic (see bottom panel of Fig. 8). From Fig. 20 (top and middle panels), the flip in drag force direction occurs around at \( N \approx 10, \) which does not create a significant problem at this resolution as the resolved drag force term dominates. As a result, we find \( F^D_s > F^D_t(N \leq 10) \geq 0.8 \times F^D_s \) (bottom panel of Fig. 20) for the standard drag force sub-grid model used in RAMSES with \( \ln(\Lambda) = 3.2, \) and near perfect agreement at \( N < 2 \) with our best-fitting value of \( \ln(\Lambda) = 3.9 \) (not shown).

Based on these results, and taking a conservative approach, sub-grid algorithms for the drag force on to the sink should be avoided as soon as the characteristic scale radius, \( R_\text{scale}, \) becomes larger than the size of the accretor, \( 2\Delta\text{min}. \) Note that \( R_\text{scale}^2 \) itself depends on the relative velocity of the black hole and the ISM and can therefore be difficult to determine in more complex simulations than the idealized BHL flows investigated here, where the values at infinity are known. The criteria at which the sub-grid drag force on black holes becomes unphysical might therefore have to be revised for galaxy evolution simulations, the analysis of which we leave for future work.

5 ARE THE INSTABILITIES AT HIGH MACH NUMBER PHYSICAL?

To the best of our knowledge, no complete analytic analysis yet exists to explain the instabilities regularly found for accretion wakes in the Hoyle–Lyttleton problem, so the question remains whether the observed instabilities are physical or numerical in nature. Our work on the danger of using small accretors with uniform initial conditions (see Appendix A) shows that a numerical origin is extremely difficult to rule out. However, a vast amount of efforts to stabilize simulations have failed, as instabilities have been reported using a wide variety of codes, coordinate systems, and models for the accretor (See Foglizzo et al. 2005, for a review). In agreement with the results presented here, a majority of authors report a clear link of the appearance of instabilities with the size of the accretor.

Claims of the existence of steady-state solutions for small accretors and high Mach numbers, such as the work by El Mellah & Casse (2015) (\( N = 1000 \) and \( M = 16 \)) and Pogorelov, Ohsugi & Matsuda (2000) (\( N = 20 \) and \( M = 20 \)) have also been made. However, all such results are based on 2D axisymmetric simulations, and it is well known that for Hoyle–Lyttleton simulations, certain instabilities only appear for particular configurations. For example the flip-flop instability, frequently observed in 2D, is entirely absent in 3D simulations (Blondin & Pope 2009).

To investigate how a shrinking accretor impacts the stability of the flow, we take an established, stable simulation with an intermediate
accretor size (m3n32a), and shrink the accretor by adding refinement levels to reproduce the conditions in m3n72a, where instabilities unsettle the flow. Both simulations are supersonic, with $M_\infty = 3$, and m3n32a has reached a steady state before the accretor is shrunk.

The density slices in Fig. 21 confirm observations from the $M_\infty = 10$ case presented in Section 3.2. Shrinking the accretor creates a subsonic region, forming upstream between the supersonic region surrounding the accretor and the shock front, which is absent for the steady-state solution at lower resolution, as can be seen in Fig. 21. As soon as the subsonic region develops, entropy perturbations form close to the accretor upstream of the sink (Fig. 22). They oscillate back and forth between the two sonic surfaces, disturbing the upstream bow shock in the process. As can be seen both in the profiles in Fig. 22 and in the contours in Fig. 23, the entropy perturbations remain confined between the two sonic surfaces, and therefore are only able to form if the accretor is sufficiently small to allow this subsonic region to open. During the next 10 dynamical times, the simulation does not resettle into a steady state.

As previously mentioned, Foglizzo (2009) suggest that the advective-acoustic instability should unsettle the flow in exactly this manner. It is characterized by small entropy perturbations forming behind the shock, which are advected towards the accretor, where the local rise in density causes them to reflect back to the shock front, exciting further perturbations. Contrary to Foglizzo (2009), who predict that entropy perturbations form at the bow shock and propagate towards the accretor, the simulations presented here show that the entropy perturbations first appear close to the accretor and then propagate forwards in the direction of the bow shock instead. As was shown in Section 3.3, all of our simulations which have $\gamma > 4/3$, a sufficiently strong shock (which occurs for $M_\infty \geq 1.5$), and enough resolution for the shock to detach, show these types of instabilities, providing strong support for the physical origin advocated in the analysis of these authors.

While the entropy perturbations upstream of the sink appear as soon as the subsonic region opens up, the flow downstream of the sinks takes longer to become unsettled. This can be seen in Fig. 24, which shows the minimum vorticity within a hemisphere of radius $5\Delta r$, centred on the sink and oriented downstream, plotted against the instantaneous accretion rate of the sink particle. On timescales of order 5 flow crossing times of $R_\infty$, the flow at the bottom end of the accretion column evolves from a low-vorticity state, with $\omega_{\text{min}} < 10^3$, in which the black hole is accreting efficiently at $\dot{M}/\dot{M}_{\text{BHL}} > 0.8$ to a high vorticity state with $\omega_{\text{min}} > 10^4$, which accretion rates vary strongly and can drop as low as $\dot{M}/\dot{M}_{\text{BHL}} = 0.6$ (Fig. 24). While the vorticity perturbations behind the bow shock are difficult to quantify due to the non-uniform, resolution-dependent vorticity pattern of the characteristic Hoyle-Lyttleton flow, the vorticity slices in Fig. 23 show that both vorticity troughs and peaks develop in the regions affected by entropy perturbations.
the entropy peak. Sonic points along the profile, while the grey line highlights the position of the initial flow velocity \( \hat{v} \) for the simulation shown in Fig. 21. \( s \) denotes the distance to the accretor parallel to the axis of symmetry of the wake, with negative values measured upstream of the sink. Black lines denote the sonic points along the profile, while the grey line highlights the position of the entropy peak.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure21.png}
\caption{Density slices across the characteristic radius for a shrinking accretor, here from \( N = 36 \) to \( 72 \), equivalent approximately to \( \tau^* / R_{\text{in}}^3 = 0.06 \rightarrow 0.028 \) embedded in an adiabatic supersonic (\( M_{\text{in}} = 3 \)) flow. While the larger accretor shows a stable flow pattern, short-lived eddies appear behind the bow shock for the smaller accretor. The size of the accretor is annotated by the cloud particles (black dots), and \( R_{\text{in}}^3 \) by the solid white circle. Sonic surfaces are denoted as black contours.}
\end{figure}

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure22.png}
\caption{Time evolution of entropy, \( K \), profiles measured in the direction of the initial flow velocity \( \hat{v} \) for the simulation shown in Fig. 21. \( s \) denotes the distance to the accretor parallel to the axis of symmetry of the wake, with negative values measured upstream of the sink. Black lines denote the sonic points along the profile, while the grey line highlights the position of the entropy peak.}
\end{figure}

(yellows contours) as the flow forms drawn out eddies (see flow lines in Fig. 21). Over time, these eddies stretch backwards along the wake, eventually upsetting the symmetry of the flow downstream of the accretor, including the accretion column feeding the sink.

For the isothermal case, the shock remains attached and the flow is supersonic everywhere, but the wake again becomes globally unstable for sufficiently small accretors. This is particularly important for simulations of SMBHs, as their galactic environment is strongly affected by radiative cooling. While the instabilities for the quasi-isothermal case appear to have a different — and arguably less well analytically understood — origin than the adiabatic ones, they lead us to conclude that Hoyle–Lyttleton accretion on to galactic black holes is very unlikely to reach a steady state, whether radiative cooling plays an important role or not.

Indeed, repeating our experiment to explore the origin of the instability in the quasi-isothermal case, by shrinking the accretor for a \( M_{\text{in}} = 3 \) simulation from \( N = 3.5 \) (m3n3.5i), which leads to a steady-state solution, to \( N = 7 \) (m3n7i), which is unstable (see Fig. 25) reveals that the instability originates downstream of the sink in the region of the stagnation point of the flow. Instead of an increase in entropy in front of the accretor, like in the adiabatic case, the quasi-isothermal case shows a low-entropy region within the entire bow shock (Fig. 26). This low-entropy region is present for both stable and unstable simulations, with no signs of entropy perturbations, and we therefore conclude that this instability is not linked to the advective-acoustic cycle found in the adiabatic case.

Instead, this could be one of the two instabilities of the accretion column discussed in Foglizzo et al. (2005): either the longitudinal instability first described in Cowie (1977), where the authors consider the impact of a small-density perturbation in the accretion column, or the transverse instability of the accretion column from Soker (1990). Investigating the longitudinal case first, Fig. 27 shows the density contrast \( \delta \) along the wake. As predicted by Cowie (1977), density perturbations form near the stagnation point, but we do not see the amplification of waves travelling towards the accretor discussed by Foglizzo et al. (2005). Instead, density perturbations propagate downstream from the accretion point, and have all but faded by \( s = R_{\text{in}}^3 \), with no evidence of a self-sustaining feedback loop. We therefore conclude that the longitudinal instability is not responsible for unsettling the wake.

Fig. 28 shows that the stagnation point also plays an important role in the transverse displacement of the wake. The 3D angle, measured between the axis of symmetry of the problem and centre of mass of a given slice along the wake, is largest in the region bounded by the stagnation point and the accretor. This confirms the visual conclusions from Fig. 12, where the largest perpendicular displacement of the wake occurs at or near the stagnation point for all three simulations with \( N \geq 7 \). We see no evidence for the predicted increase of amplifications with increasing distance from the accretor (Soker 1990), and in fact see little transverse displacement of the wake beyond the stagnation point at all. We therefore conclude that while a local transverse instability can be observed in the 3D simulations presented here, its effect is constrained to the supersonic region between the stagnation point and the accretor. If this region is unresolved, such as in cases of very low resolution, the accretion column, and by extension the wake, remain stable.

The accretion column also remains stable in the adiabatic case previously discussed, as both the longitudinal and the transverse instabilities rely on the assumption that the radius of the shock cone is small compared to other distances, i.e. that the wake is very narrow. While theoretically both instabilities should appear for sufficiently high Mach numbers in the adiabatic case, the advective-acoustic instability acts to increase the shock opening angle for
are observed here. Finally, we stress that the main numerical limitations instead of Newtonian gravity. However, neither of these phenomena arise from Hoyle–Lyttleton ‘like’ accretion flows, such as individually distributed gas with a uniform Mach number, as reported in Lora-Clavijo & Guzman (2013) when investigating 2D adiabatic BHL accretion using general relativity.

An extra 10 dynamical times. The vorticity slices in Fig. 26 confirm the simulation despite the fact that the isothermal case was run for a wide range of resolutions, 0.01 < N < 500, Mach numbers 0 ≤ M∞ ≤ 10, and two values of the adiabatic index γ = 1.3334 and 1.0001, on the accretion rate beyond the scope of this work. We expect that this shortcoming will only affect the details of the instability triggering and their exact intensity.

Contrary to the adiabatic case, accretion on to the black hole remains effective even in the presence of turbulence. As can be seen in Fig. 29, gas properties in the wake remain in the low vorticity–high accretion regime, where \( \omega_{\min} < 10^3 \), throughout the course of the simulation despite the fact that the isothermal case was run for an extra 10 dynamical times. The vorticity slices in Fig. 26 confirm that a low vorticity region continues to exist within the narrow bow shock, allowing gas to continue feeding the black hole.

A variety of other instabilities have been suggested to potentially arise from Hoyle–Lyttleton ‘like’ accretion flows, such as individual vortex rings in Kim & Kim (2009) for a non-accreting massive perturber embedded in an adiabatic 2D supersonic flow, or shock cone vibrations as reported in Lora-Clavijo & Guzman (2013) when investigating 2D adiabatic BHL accretion using general relativity instead of Newtonian gravity. However, neither of these phenomena are observed here. Finally, we stress that the main numerical limitation of the simulations presented here is that the size of the accretor is intrinsically tied to the resolution, with \( r \sim 2 \times \Delta x_{\min} \). To truly investigate the nature of the instabilities would require exploring the impact of resolution and accretor size independently, which is beyond the scope of this work. We expect that this shortcoming will only affect the details of the instability triggering and their exact intensity.

Figure 23. Vorticity slices of the same simulation as shown in Fig. 21. Black contours show the sonic surfaces, whereas yellow contours denote entropy \( K/K_{\infty} = 5 \) (solid line) and \( K/K_{\infty} = 10 \) (dashed line). The location of the accretor is denoted by a black cross. A minimum value of \( \log(\omega) = 3.5 \) was enforced on the plot to bring out the vorticity structure within the bow shock and wake. The circular features in the vorticity at radii of \( \sim 0.3 R_\infty^3 \) in the right hand two plots are caused by discrete jumps in the spatial resolution of the nested grid.

Figure 24. Evolution of the instantaneous accretion rate on to the black hole versus the minimum vorticity, \( \omega_{\min} \), with a radius of \( 5 \Delta x \), centred on the accretor and oriented downstream of the accretor.

Moderate to high Mach numbers, suppressing the instabilities of the accretion column.

As numerical capabilities increase, we are able to cover a larger range of length-scales in simulations. In this paper, we explored the impact of resolution on the accretion and drag force for a sink particle in grid simulations, using sub-grid algorithms based on the BHL interpolation formula for accretion, and the linear analytic drag force estimate of Ostriker (1999). In all simulations presented here, the size of the accretion region shrunk with increasing resolution, and both analytic formulae were evaluated using mass-averaged, kernel-weighted quantities in the immediate vicinity of the accretor. We adopted an idealized BHL set-up, where originally homogeneously distributed gas with a uniform Mach number was allowed to settle in the gravitational potential of the accreting particle, with the relevant scale radius, \( R_\infty^2(M_\infty) \), resolved by a fixed number of resolution elements, \( N = R_\infty^2(M_\infty)/\Delta x_{\min} \) throughout the simulation.

We then investigated the impact of a wide range of resolutions, \( 0.01 < N < 500 \), Mach numbers \( 0 \leq M_\infty \leq 10 \), and two values of the adiabatic index \( \gamma = 1.3334 \) and 1.0001, on the accretion rate and drag force sub-grid algorithms on to our accretors, modelled as sink particles with radius of \( r = R_\infty^2 \approx 2/N \).

We found that, as expected, for very low resolutions, i.e. \( N < 1 \), where the local mass-weighted quantities reflect the ones at infinity because the gravitational influence of the sink is small, the accretion sub-grid algorithm closely followed the analytic values. Accretion rates converged for \( N > 100 \) and Mach numbers \( M_\infty < 1.5 \), although not to the analytic value set by the accretion algorithm as accretion on to the black hole transitioned from BHL to SLA. However, in this situation, the accretion rates measured on to the accretor all converged to values within a factor \( \sim 2 \) of the BHL.

6 CONCLUSIONS

As numerical capabilities increase, we are able to cover a larger range of length-scales in simulations. In this paper, we explored the impact of resolution on the accretion and drag force for a sink particle in grid simulations, using sub-grid algorithms based on the BHL interpolation formula for accretion, and the linear analytic drag force estimate of Ostriker (1999). In all simulations presented here, the size of the accretion region shrunk with increasing resolution, and both analytic formulae were evaluated using mass-averaged, kernel-weighted quantities in the immediate vicinity of the accretor.
Figure 25. Density slices through the characteristic scale radius for a shrinking accretor, here from $N = 3.5$ to 7, embedded in a quasi-isothermal supersonic flow with $M_{\infty} = 3$. The size of the accretor is annotated by the cloud particles (black dots), and $R_{\infty}^S$ by the solid white circle. Sonic surfaces are denoted as black contours: the flow remains supersonic everywhere except in a very narrow region around the stagnation point. Flow lines are shown in white.

Figure 26. Vorticity slices for the simulation and times shown in Fig. 25. Black contours show the sonic surfaces, whereas yellow contours denote entropy $K/K_{\infty} = 0.5$ (solid line) and $K/K_{\infty} = 0.1$ (dashed line). The location of the accretor is denoted by a black cross, and $R_{\infty}^S$ is shown as the dotted black circle. A minimum value of $\log(\omega) = 3.5$ was enforced on the plot to bring out the vorticity structure within the bow shock and wake. The circular features in the vorticity at radii of $\sim 2.5 R_{\infty}^S$ in the right hand two plots occurs due to a transitions in the refinement grid.

Figure 27. Average density contrast $\delta$ of a slice of wake at a distance $s$ from the accretor, for the simulation shown in Fig. 25. The black line denotes the position of the stagnation point, and the grey line highlights the position of the density contrast peak. Average densities are computed within thin cylinders of radius $R_{\infty}^S$ and height $ds$, aligned parallel to the axis of symmetry of the wake, and compared to the mass-weighted density $\bar{\rho}$ of a cylinder height $3.5 R_{\infty}^S$. The density contrast at $s \sim 2.5 R_{\infty}^S$ occurs due to a transition in the refinement grid.

Figure 28. The 3D angle between the axis of symmetry of the wake and the centre of mass of a slice at distance $s$ along the wake. The black line denotes the position of the stagnation point, and the grey line highlights the position of the largest angle at a given point in time. The centre of mass at each distances $s$ is measured within a cylinder of radius $R_{\infty}^S$ and height $ds$. 

Figure 29. 

Figure 30.
analytic interpolation formula, with the largest discrepancies found for trans-sonic flows.

On the other hand, at higher Mach numbers, $M_\infty \geq 1.5$, and higher resolution, instabilities appeared and started to dominate the flow to such an extent that the accretion rate dropped to $\dot{M}/\dot{M}_{\text{BHL}} \approx 0.1$ in the adiabatic runs with $\gamma = 1.3334$. In the quasi-isothermal case ($\gamma = 1.0001$), accretion rates remained within a factor $\approx 2$ of the BHL rate over the whole range of Mach numbers probed here, despite the presence of instabilities in the accretion column at high Mach numbers ($M_{\text{acc}} \geq 1.5$).

These findings are in agreement with previous work by Ruffert (1995b) and Foglizzo et al. (2005) as to the origin of these instabilities, at least in the adiabatic case when $\gamma \approx 4/3$. They are caused by an acoustic-advective feedback loop which develops in the subsonic region between the shock front and the accretor, as described analytically in Foglizzo et al. (2005) and Foglizzo (2009). In the quasi-isothermal case, where $\gamma = 1.0001$, we instead observe a transverse instability of the accretion column in the region between the stagnation point and the accretor, which locally displaces this column perpendicularly to the axis of symmetry of the problem, reminiscent of the transverse instability discussed in Soker (1990).

The drag force due to the wake, calculated from the cell density in the box, converged quickly with resolution, again in agreement with results by Ruffert (1995a,b), and with subsonic accretion column to be resolved by the simulation, the local mass-weighted quantities used in the sub-grid algorithm to evaluate the analytic drag force according to the formula of Ostriker (1999) started to poorly reflect the values of these quantities at ‘infinity’. Indeed, not only did the magnitude of the drag force estimated in this way fluctuate on extremely short time-scales, but also its direction actually flipped, so that even after adding the contribution from the resolved wake, the net force on the accretor remained an acceleration with respect to the gas flow, rather than a drag. This clearly unphysical behaviour solely occurs because the local relative velocity becomes dominated by gas flowing down the accretion column. Therefore, sub-grid algorithms for the drag force should be avoided as soon as the characteristic radius $R_{\text{acc}}$ becomes larger than the size of the accretor.

The main limitation of the conclusions we reach about the sub-grid algorithms presented in this work, is that quantities ‘at infinity’ are poorly defined in more realistic galaxy evolution or cosmological simulations. For example, we have measured the scale radius for quantities ‘at infinity’, taken to be the boundary of the box. However, embedded in a galaxy, the flow far from the accretor is not uniform or isothermal, and the gravitational field due to the accreting black hole not necessarily dominant. We also caution that it is important to resolve $R_{\text{acc}}$ which can be much smaller than the Bondi radius for highly supersonic flows which are quite frequent in galaxy simulations.

Moreover, while we measure fairly similar trends in both the adiabatic and quasi-isothermal cases probed here, our simulations do not include radiative cooling explicitly, which could significantly influence the sound speed in the vicinity of the accretor, and through it both the accretion rate and drag force. In addition, while we calculate the drag force, we do not allow the sink to move under its influence. This is particularly important for the instability dominated runs, where we would not expect the accretor to remain located on the axis of symmetry of the bow shock at all times. In less idealized simulations than those presented in this work, we also expect the sink to encounter non-homogeneous gas moving non-uniformly, other compact objects as well as gradients in the local gravitational potential.

However, it is clear that the sub-grid models, we have described in this work go beyond a basic implementation of an analytic BHL prescription. They are more versatile and reliable, capable of handling a wide range of resolutions and complex flow configurations. In particular, the smooth transition from an algorithm based on the analytic BHL accretion formula to SLA when local density and velocity features are resolved ensures that the accretion rate on to the black hole makes the best use of the local information available in the simulation, and should quite naturally converge to the correct solution once the size of the accretion region approaches the physical size of the black hole. By contrast, the drag force sub-grid algorithm becomes unphysical as resolution increases and extra caution regarding its implementation in less idealized simulations is needed, a question which we plan to address in a follow-up work.

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Figure 29. Evolution of the instantaneous accretion rate $\dot{M}$ on to the black hole versus the minimum vorticity, $\omega_{\text{min}}$ within the accretion column for simulation shown in Fig. 25. The vorticity is measured within a hemisphere with a radius of $5\Delta x$, centred on the accretor and oriented downstream.
APPENDIX A: UNIFORM INITIAL CONDITIONS AND SMALL ACCRETORS

The simulations presented in this work use uniform initial conditions to simplify and homogenize the set-up of different flow configurations. After an initial period, during which the flow settles, the simulations are assumed to have erased the memory of their initial conditions and evolved to their natural quasi-steady-state solution. As can be seen in the top row of Fig. A30, small accretors can cause shocks during the initial settling phase which generate density perturbations that remain present even after many dynamical time-scales. In this appendix, we present the method used here to minimize this spurious effect.

The first precaution we take is to introduce the analytic gravity field gradually, with
$$F_G = \frac{GM_{\text{sink}}}{r^2} \times \left(\frac{t}{t_{\text{full}}}\right),$$
where $t_{\text{full}} = 2$. For large accretors ($N = 65$), the simulations show some instability for $t < 5$, visible in the profile plots of Fig. A31, particularly when the bow shock detaches, but then settle into stable and converged solutions. However, for sufficiently small accretors, i.e. when $N > 100$, simulations of any Mach number show a shock

![Figure A30. Flow patterns for m0.5n262aA with all refinement levels available from the beginning (top row) and refinement levels triggered gradually (bottom row). The sink is marked by a black cross, and $R_s^\infty$ is shown as a white circle. Streamlines are annotated in white. Both simulations have identical final grid configurations, but the shock travelling upstream is avoided with gradual level releasing.](https://academic.oup.com/mnras/article-abstract/478/1/995/4975779)
Figure A31. Accretion rates and mass-averaged sink properties for simulations with all refinement levels available from the beginning (m0.5n65a\(t_0\) and m0.5n262a\(t_0\)), and simulations where the last two levels of refinement are added at \(t = 3\) (m0.5n65a\(t_3\) and m0.5n262a\(t_3\)).

forming in front of the sink and travelling upstream, driven and supported by eddies (see top row of Fig. A30 for an example). This ‘circularization’ of the gas flow breaks the symmetry of the problem, which develops perturbations that fail to settle during more than 10 dynamical times. We only observed this phenomenon for sufficiently small accretors, where the density profile around the sink is more strongly peaked, causing the reverse shock.

In order to minimize the effect of the initial conditions for small accretors, all simulations in this paper with \(N > 100\) were run using a reduced maximum level of refinement, while \(t < 3\), which is equivalent to an effective accretor size \(N_{\text{eff}}(t < 3) \approx 90\). This avoids shocking the gas and allows the flow to settle. Around \(t \approx 3\), the extra levels of refinement are added in a staggered fashion to minimize instabilities caused by changing the grid structure: we first decrease the size of the accretor and then add an extra level of refinement per time-step until the target resolution is reached.

Fig. A31 shows that some instabilities do occur during and just after adding refinement levels, as evidenced by the high-frequency fluctuations in the gas properties \(\rho_\infty, v_\infty, a\) and \(c_\infty\), caused by the gas ‘sloshing’ at the bottom of the gravitational well. After a few dynamical times, the solution settles into the stable flow pattern observed for larger accretors (bottom row, Fig. A30). A test run using \(N = 65\) (m0.5n65a), which is naturally stable, shows that both the run with the full resolution available from the beginning (n65\(t_0\) in Fig. A31), and the run where the full resolution is reached at \(t = 3\) (n65\(t_3\) in Fig. A31) converge to \(\langle \dot{M}/\dot{M}_\text{BHL} \rangle = 0.89\), which is also recovered for the small accretor with staggered refinement, n263\(t_3\).

By contrast, the simulation in which the small accretor is fully resolved from the start, n262\(t_0\), displays a lack of convergence, high-frequency variations in the accretion rate and a much lower time-averaged value of \(\langle \dot{M}/\dot{M}_\text{BHL} \rangle = 0.28\). To ensure that simulations have sufficient time to settle, we measure all time-averaged values in the paper for \(t > 10\).

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