Endovascular repair of bilateral common iliac artery aneurysms using GORE Excluder iliac branch endoprosthesis without aortobi-iliac stent graft conjunction
A case report

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Abstract
Introduction: Bilateral common iliac artery (CIA) aneurysm (CIAA) is a rare entity. In the past decade, different endovascular approaches have been adopted for patients with several comorbidities or unfit for open repair (OR). Recently, the use of iliac branch stent graft has been proposed, resulting in satisfactory patency rates and decrease in morbidity. Currently, according to instruction for use, the iliac branch stent graft is to be used with aortobi-iliac stent graft conjunction. We describe a case of a successful endovascular repair of bilateral CIAAs using the GORE Excluder iliac branch endoprosthesis (IBEs) without aortobi-iliac stent graft conjunction.

Case presentation: An 83-year-old man was admitted with abdominal pain and presence of pulsatile mass in the right and left iliac fossa. Computed tomographic (CT) angiography showed the presence of large bilateral CIAAs (right CIA = 66 mm; left CIA = 38 mm), without concomitant thoracic or abdominal aorta aneurysm. Moreover, CT scan demonstrated the presence of bilateral lower accessory renal artery close to the aortic bifurcation. Due to the high operative risk, the patient was scheduled for endovascular repair with bilateral IBEs, without the aortobi-iliac stent graft conjunction to avoid the renal ischemia as a consequence of renal arteries covering. The procedure was completed without complications and duplex ultrasound demonstrated the complete exclusion of both aneurysms without any type of endoleaks at 1 month of follow-up.

Conclusions: GORE IBEs without aortobi-iliac stent graft conjunction seem to be a feasible and effective procedure for the treatment of isolated CIAAs in patients with highly selected anatomical conditions.

Abbreviations: CIA = common iliac artery, CIAA = common iliac artery aneurysm, CT = computed tomography, DUS = duplex ultrasound, EIA = external iliac artery, IBE = iliac branch endoprosthesis, IFU = instruction for use, IIA = internal iliac artery, ILE = iliac limb endograft, OR = open repair.

Keywords: aneurysm, case report, common iliac artery aneurysm, endovascular, iliac branch device
1. Introduction

Common iliac artery (CIA) aneurysm (CIAA) is defined by a transverse diameter greater than 18.5 mm for men, and ≥15 mm for women.[1,2] The prevalence of isolated CIA aneurysm is around 0.008% to 0.03% in autopsy studies and 3% of all kind of aneurysms,[1,4] and they may be associated to an abdominal aorta aneurysm up to 20% of patients.[1,2] Common iliac aneurysm may be bilateral in 70% of isolated iliac artery aneurysms.[11] Currently, elective repair is indicated when CIA transverse diameter is greater than 30 mm, due to an increased chance of developing symptoms or complications, including rupture with high risk of mortality (50%–100%).[5,6]

Open repair (OR), compared with endovascular procedures, is associated with more blood loss, longer operative time, and higher morbidity and mortality rate.[6,7] Endovascular techniques, with the off-label use of commercially available devices, have been proposed as a safe alternative to open surgery for the treatment of CIAAs patients with severe comorbidities and high risk, or unfit for OR.[6] Usually, the endovascular approaches include embolization and endoluminal stenting of one or both internal iliac artery (IIA) in order to create a distal landing zone in the external iliac artery (EIA). However, the IIA embolization may result in erectile dysfunction, buttocck or thigh claudication, paraplegia, and sphincter dysfunction.[9] To address these issues, several endovascular strategies have been proposed to preserve at least 1 internal iliac artery, including the Bell Bottom technique,[8,9] Chimney technique,[10] Sandwich technique,[11] and Parallel Endograft technique.[12]

The off-the-shelf iliac branch stent graft offers the possibility to create a distal landing zone both in IIA and EIA, therefore maintaining the IIA patency and pelvic perfusion, resulting in satisfactory patency rates and decrease in mortality.[10] Currently, the main available devices are: the Zenith Iliac Branched Device (IBD, Cook, Inc., Bloomington, IN); the Gore Excluder iliac branch endoprosthesis (IBE, W.L. Gore & Associates, Flagstaff, AZ); and the JOTEC® E-iliac stent graft (Lotzenäcker, Hechingen, Germany).

The main anatomical indications for the treatment of aorto-iliac and CIA aneurysms using Gore IBE are resumed in Table 1.

According to the manufacturer instructions for use (IFU), the Gore IBE is to be used in conjunction with aortobi-iliac stent graft. Therefore, due to specific anatomical limitations, not every patient is always eligible for the standard approach.

2. Case presentation

An 83-year-old man was admitted with 3-day history of abdominal pain. The patient had clinical history of hypertension, coronary artery disease, diabetes mellitus, severe chronic pulmonary disease requiring permanent O2 therapy, and moderate renal failure (serum creatinine 1.5 mg/dL). Physical examination revealed the presence of a pulsatile mass in the right and left iliac fossa. Computed tomographic (CT) angiography demonstrated the presence of a large bilateral CIAAs (right CIA = 66 mm; left CIA = 38 mm) (Fig. 1A). There were no concomitant aneurysms of thoracic or abdominal aorta, but CT angiography showed the presence of a bilateral accessory lower renal artery, 2 cm above the aortic bifurcation (Fig. 1B, C). The length and diameter of the right CIA proximal neck were 23 and 17 mm, respectively. The total length of the right CIA was 104 mm and the diameter of the right external iliac artery (EIA) was 9.5 mm. The right CIA diameter at iliac bifurcation was 15 mm. The internal iliac artery diameter and length to first bifurcation were 9.3 and 27 mm, respectively. The length of the left CIA proximal neck was 27 mm and its diameter ranged between 15.5 and 18 mm. The total length of the left CIA was 85 mm and the diameter of the right EIA was 10 mm. The left CIA diameter at iliac bifurcation was 15.3 mm. The left internal iliac artery diameter and length to first bifurcation were 7.6 and 23 mm, respectively. Taking in consideration the advanced age and the significant comorbidities, the patient was considered not suitable for open repair and scheduled for endovascular treatment. Because of the 2 accessories renal arteries close to the aortic bifurcation, the bilateral CIAAs were treated with bilateral isolated IBE, without an aortic main body endograft support, to avoid the likely renal ischemia as a consequence of polar arteries covering by the endograft. The procedure was performed under local anesthesia and was approached from a bilateral antegrade common femoral artery puncture using sonography guidance and introducer sheaths of appropriate size. After sheath insertion, 5000 units of heparin were administered, and a BER II diagnostic catheter (4 F, 100 cm, Cordis Corporation, Bridgewater, NJ) was advanced into the left CIA with the support of a 0.035” Terumo guide wire (Terumo Medical). The contralateral access was used for the angiography. The Gore IBE was introduced over a 0.035” stiff guide wire and “through-and-through” wire, and deployed at the level of the left CIA bifurcation. A 12 F crossover sheath was advanced over the “through-and-through” wire and placed at the level of the side branch. A 0.035” short tip stiff guide wire (Amplatz, Boston Scientific) was introduced inside 12 F sheath, and internal iliac component was advanced over the wire and deployed in the ipsilateral internal iliac artery. A proximal cuff was deployed to achieve an adequate sealing zone. The angiography confirmed the complete exclusion of left CIAA and the absence of endoleak (Fig. 2A). The procedure was then performed in the right CIA, where a Gore Excluder IBE was deployed at the level of bifurcation (Fig. 2B), while an internal component was deployed in the right internal iliac artery. Also in this case, 2 proximal cuffs were deployed to achieve an adequate sealing zone. At the end of the procedure, angiography confirmed the complete exclusion of the 2 aneurysms without any signs of endoleaks (Fig. 2C). Postoperative course was uneventful and the patient was

We report a treatment of bilateral CIAAs by endovascular positioning of bilateral GORE IBEs, without the need of aortobi-iliac stent graft conjunction.

### Table 1

Anatomical criteria for the GORE® Excluder® iliac branch endoprosthesis device for the correct implantation.

| Gore Excluder® Iliac branch endoprosthesis | Diameter of | ≥18 mm for 2 iliac legs and ≥23 mm IBE and iliac leg |
|------------------------------------------|------------|------------------------------------------------------|
| Proximal aortic neck                     | Diameter of 19–32 mm |
| Distal aortic neck                       | ≥18 mm for 2 iliac legs and ≥23 mm IBE and iliac leg |
| Common iliac artery diameter             | ≥17 mm at the proximal implantation zone |
| Common iliac artery bifurcation          | Recommended ≥14 mm |
| Common iliac artery length               | ≥55 mm |
| External iliac artery (distal landing zone) | Diameter of 6.5–25 mm and length of at least 10 mm |
| Internal iliac artery (distal landing zone) | Diameter of 6.5–13.5 mm and length of at least 10 mm |
| Distance from lowest renal artery to iliac bifurcation | ≥16.5 cm |
discharged on the 3rd postoperative day with a stable renal function (serum creatinine 1.4mg/dL).

Patients with CIA aneurysm are usually followed by means of duplex ultrasound (DUS) and clinical examination before discharge, and after 1 and 6 months, to evaluate patency and endoleak occurrence.

Unfortunately, the patient died 3 months after the procedure due to myocardial infarction.

3. Discussion

This is the first report of endovascular repair, using GORE IBE device, of symptomatic bilateral CIAA, without the need for an aortobi-iliac stent graft conjunction. Endovascular management of CIA aneurysms with the IBE device is safe and effective in the short-term.\[15,14–16\]

In a review on the endovascular treatment of
iliac aneurysm with the Zenith iliac branched device, Karthikesalingam et al. reported a technical success rate ranging between 85% and 100%, with an iliac branch device occlusion in 12% of patients. Similar results were reported with the Gore IBE with a technical success of 93.3%, no 30-day mortality, and with an IIA patency rate of 91.4% at 1 and 3 years of follow-up, respectively. More recently, Millon et al. reported their experience with the Gore IBE in 10 patients with aneurysmal CIA: technical success was 100%, with a complete aneurysm exclusion without type Ib or type II endoleak in all patients; 1 aortic type Ia endoleak was observed in the follow-up, while branch patency was 100% at 1 month and 90% at 6 months.

However, anatomical limitations exclude a large number of CIA that could be treated with dedicated branched endovascular devices. Karthikesalingam et al. and Gray et al. reported that only one third of patients with aorto-iliac or isolated CIA aneurysms fulfilled the criteria for the use of these endovascular devices.

Several endovascular strategies have been proposed to preserve at least 1 internal iliac artery.

In 2001, Karch et al. described the “Bell Bottom” technique in the treatment of ectatic and nonaneurysmal iliac aneurysm. They used the larger diameter aortic extension cuff to achieve and adequate endograft to arterial wall apposition in patients with ectatic, nonaneurysmal CIAs. In 14 patients, an aortic extension cuffs were placed into 18 ectatic (>14 mm, but <20 mm) CIAs. No endoleaks, ruptures, and endograft migration related to this technique were recorded at a mean follow-up of 14 months.

In 2010, Torsello et al. reported a technical success rate of 97.8% in 89 patients with aorto-iliac artery aneurysm undergoing a Bell Bottom technique: after a mean follow-up of 56.5 months, 8 patients died (none aneurysm related). Cumulative survival by Kaplan–Meier analysis was 96.3% at 1 year, 85.5% at 3 years, and 83.1% at 5 years. The freedom from secondary intervention was 91.6% at 5 years.

In 2013, Wu et al. described the “Crossover-Chimney” technique for the treatment of CIAs, with no recorded branch occlusion or type I endoleak from the IIA or chimney grafts at 6-month imaging studies.

In 2011, Lobato described the sandwich technique for isolated common and IIA aneurysms or aorto-iliac aneurysms extending to the IIA. This technique consists of: insertion of an aortobi-iliac stent graft through an ipsilateral femoral approach with the iliac limb distal end positioned 1 cm above the IIA origin; catheterization of the ipsilateral IIA through a left brachial access with a long floppy tip guidewire; placement of a covered self-expanding stent inside the IIA with a 6-cm overlap into the iliac limb, followed by positioning of an iliac limb extension 1 cm below the covered stent proximal end; modeling of the iliac limb stent grafts using a latex balloon and dilation of the covered stent with an angioplasty balloon; and deployment of the contralateral iliac limb.

In 2013, Lepidi et al. described the “Parallel Endograft” technique in the treatment of distal aortic and common iliac aneurysms. This technique allows avoiding main body insertion, using 2 iliac limbs endografts (ILEs) that are simultaneously delivered from both femoral arteries, landing parallel into the aortic neck. Distal landing zones include external iliac arteries. A 3rd parallel covered stent graft (usually a Viabahn) is delivered from a left brachial approach in order to maintain blood flow to 1 IIA when needed. Eighteen patients were treated using this technique. Three patients required a reintervention: 1 patient needed an ILE extension to treat a type Ib endoleak and 2 for a type II endoleaks. Five patients died of nonaneurysm-related causes during follow-up. No endoleaks, graft displacements, or occlusions were observed during follow-up (median: 26 months, range 12–42 months).

It should be noted that these approaches are often used only in the case of aorto-iliac aneurysm and considered off-label and not always feasible.

The Gore IBE device provides a very conformable technology and accurate positioning thanks to its repositionable delivery system, and the internal iliac component is a fully supported sinusoidal stent designed for kink resistance, with proven long-term results in iliac patency preservation. Currently, according to Gore IFU, IBE is to be used together with an aortobi-iliac stent graft in order to obtain a reconstruction of the healthy proximal portion of the CIA and to avoid the possible migration of the device due to the large proximal diameter of the CIA.

In this case report, we have demonstrated the feasibility of a bilateral CIAA repair with isolated GORE IBEs, preserving the patency of both IIA. Due to the presence of the bilateral polar renal arteries close to the aortic bifurcation, the use of aortobi-iliac stent graft has to be avoided due to the likely renal ischemia. The main body extensions were used bilaterally in order to increase the size of the available landing zone and to avoid proximal endoleaks. The main limitation of this case report is the absence of an adequate follow-up because to patient died 3-month after intervention. Nevertheless, the aim of this case report was to assess the feasibility of the Gore IBE implantation, without aortobi-iliac stent graft conjunction, for the treatment of patients with isolated bilateral CIAs.

4. Conclusions

Bilateral, isolated Gore Excluder IBEs seem to be a feasible and safe procedure in the treatment of isolated CIA, maintaining the patency of IIA and reducing the risk of pelvic complications. This case report may suggest a possible IFE extension of this device, in high selected patients, in the near future. However, a larger number of patients with a longer follow-up are needed to better define suitable anatomical characteristics and determine the effective efficacy and durability of this device.

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