Dimer Formation Enhances Structural Differences between Amyloid β-Protein (1–40) and (1–42): An Explicit-Solvent Molecular Dynamics Study

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Abstract

Amyloid β-protein (Aβ) is central to the pathology of Alzheimer’s disease. A 5% difference in the primary structure of the two predominant alloforms, Aβ1−40 and Aβ1−42, results in distinct assembly pathways and toxicity properties. Discrete molecular dynamics (DMD) studies of Aβ1−40 and Aβ1−42 assembly resulted in alloform-specific oligomer size distributions consistent with experimental findings. Here, a large ensemble of DMD-derived Aβ1−40 and Aβ1−42 monomers and dimers was subjected to fully atomistic molecular dynamics (MD) simulations using the OPLS-AA force field combined with two water models, SPCE and TIP3P. The resulting all-atom conformations were slightly larger, less compact, had similar turn and lower β-strand propensities than those predicted by DMD. Fully atomistic Aβ1−40 and Aβ1−42 monomers populated qualitatively similar free energy landscapes. In contrast, the free energy landscape of Aβ1−42 dimers indicated a larger conformational variability in comparison to that of Aβ1−40 dimers. Aβ1−42 dimers were characterized by an increased flexibility in the N-terminal region D1-R5 and a larger solvent exposure of charged amino acids relative to Aβ1−40 dimers. Of the three positively charged amino acids, R5 was the most and K16 the least involved in salt bridge formation. This result was independent of the water model, alloform, and assembly state. Overall, salt bridge propensities increased upon dimer formation. An exception was the salt bridge propensity of K28, which decreased upon formation of Aβ1−42 assemblies and was significantly lower than in Aβ1−40 dimers. The potential relevance of the three positively charged amino acids in mediating the Aβ oligomer toxicity is discussed in the light of available experimental data.

Introduction

Alzheimer’s disease (AD) is the leading cause of dementia among the elderly. Substantial evidence implicates the amyloid β-protein (Aβ) in triggering a cascade of events that eventually lead to neuronal loss. There are two dominant alloforms of Aβ in the brain, Aβ1−40 and Aβ1−42. Both Aβ1−40 and Aβ1−42 have a high propensity to assemble into soluble, quasi-spherical oligomeric assemblies and further form insoluble fibrils with a characteristic cross-β structure typically found in extracellular amyloid plaques in the AD brain. Genetic, pathologic, and biochemical evidence strongly supports the hypothesis that low-order oligomeric assemblies of Aβ, rather than fibrils, are the proximate neurotoxic agents in AD [1–7]. Despite a relatively small difference in the primary structure, with Aβ1−42 having additional two C-terminal residues H41-A42, Aβ1−42 aggregates faster [8,9], is genetically linked to aggressive, early-onset familial forms of AD [10], and is more toxic [5] than Aβ1−40 in vitro [11,12] and in vivo [13,14].

Experimental studies of Aβ assembly pathways and structural characterization of resulting Aβ oligomers are critically limited by their transient and heterogeneous nature. Aβ1−40 and Aβ1−42 oligomer size distributions were characterized in vitro by photo-induced cross-linking of unmodified proteins (PICUP) combined with gel electrophoresis (SDS-PAGE) to demonstrate their distinct oligomerization pathways [15]. Whereas Aβ1−40 formed monomers through tetramers, in descending abundance order, Aβ1−42 showed in addition an increased abundance of pentamers and hexamers that assembled further to form decamers to dodecamers [15]. Similar observations on distinct Aβ1−40 and Aβ1−42 assembly pathways were later made by Bernstein et al. using ion mobility-mass spectrometry (IMS-MS) that does not require cross-linking chemistry [16]. Importantly, the assembly differences and the distinct toxicity properties originate in a relatively small difference (5%) between Aβ1−40 and Aβ1−42 primary structures.

While a variety of biophysical experimental techniques provided a few glimpses into Aβ monomer and oligomer structures in aqueous solution, experimentally-derived three-dimensional Aβ1−40 and Aβ1−42 oligomers are not available. Numerous computational approaches have been applied to elucidate Aβ monomer and oligomer structures [17,18]. An efficient discrete molecular dynamics (DMD) combined with a four-bead protein model with backbone hydrogen bonding and amino acid-specific interactions was applied to folding [19,20] and oligomer formation of Aβ1−40, Aβ1−42, and their Arctic mutants [19,21]. This DMD approach was shown to yield oligomer size distributions of all four full-length Aβ peptides [29] consistent with PICUP/SDS-PAGE...
data [15,22] and ion mobility/mass spectroscopy results [16]. DMD-derived \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) oligomers were quasi-spherical structures with hydrophobic regions comprising the core and hydrophilic regions located at the surface [19,21]. The DMD approach predicted a turn centered at G37–G38 in the \(\text{A}\beta_{1-42}\) but not in the \(\text{A}\beta_{1-40}\) monomer structure [19]. This structural difference was later observed in vitro and confirmed in silico [23–27]. A rather unexpected structural difference between DMD-derived \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) oligomers involved their N-terminal region D1–D7. \(\text{A}\beta_{1-42}\) oligomers had substantially increased solvent exposure of the D1–D7 region relative to \(\text{A}\beta_{1-42}\) oligomers [19,21], a feature that was recently observed by all-atom MD in \(\text{A}\beta_{1-42}\) monomers [20]. Urbanc et al. hypothesized that this structural difference was critical for distinct toxicity properties of \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) oligomers [19]. In a recent DMD study, this hypothesis was further corroborated by showing that the effective peptide inhibitors of \(\text{A}\beta_{1-42}\) toxicity significantly decreased the solvent exposure of the N-terminal region D1–D7 of \(\text{A}\beta_{1-42}\) in contrast to the ineffective inhibitors [21].

The comparison of the structural predictions of the DMD approach to the available experimental data [19–21] demonstrated that the DMD approach is a powerful tool for elucidation of \(\text{A}\beta\) assembly pathways and structures. The question remains whether the DMD-derived structural differences between \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) assemblies are an artifact of the DMD approach, which uses a coarse-grained protein structure and square-well potentials combined with an implicit solvent. Experimental characterization of N-terminal structural characteristics is complicated by the fact that the N-terminal region of full-length monomers and oligomers is the least structured region and thus more sensitive to solvent conditions and experimental probes. We here hypothesized that the DMD-derived \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) conformations are structurally similar to fully atomistic conformations, and selected a large ensemble of DMD-derived \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomers and dimers as initial conformations for an all-atom MD study in explicit water. Our aim was to structurally compare fully atomistic \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomers and dimers, quantify their structural differences, and thereby elucidate those structural elements that may be associated with distinct toxicities of \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) oligomers observed both in vitro and in vivo. A multiscale approach that combined coarse-grained modeling and all-atom MD, similar to ours, was recently shown by Samiotakis et al. to be even more efficient than all-atom REMD [30].

To select the force field and water model for our study, we examined the previous explicit solvent all-atom MD studies targeting folding of full-length \(\text{A}\beta\) [26,28,31–46]. These studies largely differed by the choice of the force field, the solvent treatment (either implicit or explicit), and, in the case of explicit solvent, by the choice of the water model. Many MD studies used replica exchange MD (REMD) for a more efficient sampling of the conformational space. Among the explicit water models, TIP3P and SPCE were used most frequently, though recently, Sgorakis et al. [44] reported REMD simulations of \(\text{A}\beta_{1-42}\) folding using the AMBER force field ff99SB combined with TIP4P-Ew water model that was previously applied to a REMD study of \(\text{A}\beta_{1-40}\) folding by Fawi et al. [47]. The choice of a water model was recently shown to strongly influence the accuracy of hydration thermodynamic properties of amino acid analogues whereas the differences resulting from application of different force fields were smaller [40]. Among the non-polarizable water models combined with three most common biomolecular force fields, the SPCE model resulted in overall the best agreement with experimental data [48].

Several implicit solvent computational studies were also applied to characterize full-length \(\text{A}\beta\) monomers and dimers [27,43,49–55]. Monomers of \(\text{A}\beta_{1-40}\), \(\text{A}\beta_{1-42}\), and a few selected mutants were studied by implicit solvent Monte Carlo simulations [51], \(\text{A}\beta_{1-40}\) and/or \(\text{A}\beta_{1-42}\) were examined by all-atom implicit solvent REMD [49,50] and by coarse-grained implicit solvent REMD [27]. Dimers of \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) were examined by all-atom implicit solvent Monte Carlo simulations [53], whereas N-terminally truncated, \(\text{A}\beta_{10-40}\) dimers were studied by implicit solvent REMD [52,53]. The present study is unique as it combines the coarse-grained DMD approach with all-atom MD in explicit solvent to examine and compare a large ensemble of fully atomistic structures of both \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomers and dimers aimed at characterizing structural changes involved in the first step of assembly from monomeric to dimeric states. By using two explicit water models, SPCE and TIP3P, we were able to examine in addition the robustness of the resulting structures with respect to the water model and to examine the effect of explicit protein-water interactions on the resulting dimer structures. We characterized all salt bridge propensities in monomers and dimers of both allolongs and identified those that were allolong-specific, thereby quantifying structural changes occurring during monomer to dimer conversion for both \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) relevant to understanding \(\text{A}\beta\)-induced toxicity.

### Results

Dimer formation is the first step in the \(\text{A}\beta\) assembly into toxic oligomers. The purpose of this study was to quantify distinct structural properties of \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomers and dimers using fully atomistic MD simulations in explicit water. MD simulations of full-length \(\text{A}\beta\) dimer formation are computationally demanding [17,56]. We enhanced the sampling efficiency by using a large ensemble of different monomer and dimer structures of each \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\), which were previously derived by the more computationally efficient DMD approach [21], as initial conformations in fully atomistic MD simulations in explicit solvent. The DMD-derived \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomer and dimer conformations were converted into all-atom representations as described in the section Methods and illustrated in Fig. 1. The number of 50 ns long trajectories of \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomers and dimers acquired by all-atom MD using the SPCE and TIP3P water models is shown in Table 1. The structural results described below are based on 343 trajectories, each 50 ns long, that amounted to 17.15 μs of a total simulation time. No dissociation events in our all-atom MD dimer trajectories were observed for either water model. All acquired monomer and dimer trajectories were included into the analysis described below.

In the following, we referred to the primary structure of \(\text{A}\beta_{1-42}\):

1. DAEFRHIDSGY
2. EVHHQKLVFF
3. AEDVGSNKGA
4. IGLGVGTV
5. I1A
6. I41
7. A42.

### Convergence of \(\text{A}\beta\) monomer and dimer trajectories

Because full-length \(\text{A}\beta\) peptides are intrinsically disordered, sampling of the conformational space is an important aspect of any computational study that aims to characterize \(\text{A}\beta\) structures. As a measure of convergence, we monitored the root mean square distance (RMSD) values for all MD \(\text{A}\beta_{1-40}\) and \(\text{A}\beta_{1-42}\) monomer and dimer trajectories. We selected five monomer and dimer trajectories with extreme RMSDs to show the lower and upper bounds for RMSDs of the entire ensemble of trajectories (Figs. S1 and S2). RMSD values converged within the initial 20 ns. In
addition to RMSDs, we also monitored the time evolution of the average distance of the z carbon atom of each amino acid from the center of mass (CM), hereafter referred to as the distance from the CM per amino acid, because it provided an intuitive measure of the structural arrangement of amino acids within monomers and dimers (Figs. S3 and S4). The convergence was reached within the first 20 ns. We also tested the convergence of the distance from the CM in terms of the number of trajectories, which was equal to the number of initial DMD-derived conformers. This data demonstrated that the distance from the CM per amino acid converged for ~40 (or more) trajectories and that the convergence was faster for dimers than for monomers (Figs. S5 and S6). These results demonstrated that performing simulations for more than 20 ns and acquiring more than 40 different trajectories for each alloform, assembly state, and water model was critical for the distance from the CM per residue to converge.

Structural characterization described below was performed by considering conformations of all acquired trajectories for simulation times 20–50 ns, resulting in at least 1.2 μs of MD simulation time per conformational ensemble. For each quantity, described below, we calculated the average value and the standard error of the mean (SEM) using entire conformational ensembles. The structural differences between $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ reported in this manuscript were based on those average quantities with non-overlapping SEM values.

Conformational space sampled by $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ dimers

To examine the conformational variability of $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ dimers, we constructed the PMF surface using the contact number and the distance of the N-terminal C$_a$ atom from the CM, the NT-CM distance, as reaction coordinates. The contact number, which is by definition the number of interpeptide contacts within a dimer, provided a measure of the contact surface area between the two peptides in a dimer. Because our results showed that the N-terminal amino acid D1 was the most solvent exposed amino acid in $A\beta$ dimers, the NT-CM distance was used as an estimate of a dimer radius. The conformational sampling efficiency of the MD trajectories was estimated by projecting $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ dimer conformations acquired at 20–50 ns onto the two reaction coordinates (Fig. 2). We noted a considerable overlap among conformations belonging to different MD trajectories. To facilitate a comparison to the DMD-derived initial dimer structures, Fig. 2 also shows the projections of the initial DMD dimer structures (open circles).

Comparing the DMD and all-atom MD conformations, we found that the DMD dimers were systematically shifted to larger contact numbers, indicating that the DMD approach overestimated the number of interpeptide contacts within dimers, resulting in more compact dimer structures. The effective radii (as measured by the NT-CM distances) of the DMD-derived $A\beta_1\_{-40}$ dimers were shifted to smaller values compared to the all-atom MD $A\beta_1\_{-40}$ dimer radii (Fig. 2A and B). However, this shift was significantly smaller for $A\beta_1\_{-42}$ than for $A\beta_1\_{-40}$ dimers (Fig. 2C and D).

The two water models resulted in slight yet systematic differences in the conformational space sampled by $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ dimers. The SPCE water model resulted in a broader range of the NT-CM distances than the TIP3P water model, whereas the TIP3P water model yielded somewhat larger contact numbers, closer to those predicted by the DMD approach. A comparison of distributions of the two reaction coordinates, the contact number and the NT-CM distance, for $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ dimers showed significant alloform-specific differences (with non-overlapping SEMs) that depended on the water model, consistent with the above conclusions (data not shown).

The PMF minima of $A\beta_1\_{-42}$ dimers were more dispersed and shallower than those of $A\beta_1\_{-40}$ dimers, indicative of less stable $A\beta_1\_{-42}$ dimers compared to $A\beta_1\_{-40}$ dimers. This interpretation is consistent with a notion that $A\beta_1\_{-42}$ tends to assemble into larger oligomers than $A\beta_1\_{-40}$ [15,16]. All-atom MD $A\beta_1\_{-42}$ dimers sampled a broader region of the reaction coordinate space than $A\beta_1\_{-40}$ dimers for both water models, suggesting an increased variability of $A\beta_1\_{-42}$ relative to $A\beta_1\_{-40}$ dimer structures. The free energy landscapes of $A\beta$ dimers were further explored and compared to monomer landscapes as described in the following.

Table 1. The number of $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ monomer and dimer trajectories.

| Monomers | Dimers | SPCE | TIP3P | SPCE | TIP3P |
|----------|--------|------|-------|------|-------|
| $A\beta_1\_{-40}$ | 44 (26,400) | 41 (24,600) | 49 (29,400) | 42 (25,200) |
| $A\beta_1\_{-42}$ | 45 (27,000) | 39 (23,400) | 42 (25,200) | 41 (24,600) |

The number of different conformations used for structural analysis acquired between 20 and 50 ns of each trajectory is given in parentheses.

Table 1. The number of $A\beta_1\_{-40}$ and $A\beta_1\_{-42}$ monomer and dimer trajectories.
Figure 2. Sampling efficiency and free energy landscapes of Aβ dimers. Dimer conformations of all acquired MD trajectories of (A,B) Aβ₁₋₄₀ and (E,F) Aβ₁₋₄₂, respectively, projected onto two reaction coordinates, for the (A,D) SPCE and (B,F) TIP3P water models. Each trajectory is shown in one color and each point corresponds to one dimer conformation along the trajectory acquired at simulation times 20–50 ns. The open black circles correspond to the initial DMD-derived dimer conformations. The PMF plots for (C,D) Aβ₁₋₄₀ and (G,H) Aβ₁₋₄₂ dimers calculated from MD trajectories with the (C,G) SPCE and (D,H) TIP3P water model. The color scheme to the right of each plot is given in units of k_BT. Images were created by the GNUPLOT software package.

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Dimerization Enhances Aβ40 and Aβ42 Differences

Dimerization enhances Aβ monomer to dimer conversion. In Fig. 3, representative structures of different conformational ensembles of Aβ₁₋₄₀ and Aβ₁₋₄₂ monomers and dimers are shown. These structures were identified as following. First, the conformations with the lowest PMF value were selected (34–197 per ensemble). Second, the resulting structures were clustered based on their pairwise RMSD values (with a cutoff of 0.4 nm), as implemented within the GROMOS algorithm within the GROMACS software package. Third, the centroid of the largest resulting cluster was identified as a representative conformation. Although these structures provide a visual representation of Aβ monomer and dimer conformations, representative monomer and dimer conformations of intrinsically disordered proteins do not provide a meaningful description of the entire conformational ensemble, as also concluded by other all-atom MD studies [16] and thus cannot serve as a substitute for a comprehensive structural analysis.

As anticipated, we observed a significant shift of the free energy landscape toward lower SASA values upon monomer (Fig. 3A,E,G) to dimer (Fig. 3B,D,F,H) conversion for both Aβ₁₋₄₀ and Aβ₁₋₄₂ structures and for both water models. Fig. 3A–D shows normalized distributions of SASA values for monomers and dimers of both alloforms and for both water models. In the following, we calculated the average SASA and the corresponding SEM values. Aβ₁₋₄₂ monomers had a larger average value of SASA of all hydrophobic residues (15.92 ± 0.31 nm² for SPCE and 16.65 ± 0.32 nm² for TIP3P) than Aβ₁₋₄₀ monomers (14.96 ± 0.27 nm² for SPCE and 15.09 ± 0.27 nm² for TIP3P). Aβ₁₋₄₂ dimers also had a larger average value of SASA of all hydrophobic residues (11.48 ± 0.17 nm² for SPCE and 11.81 ± 0.22 nm² for TIP3P) than Aβ₁₋₄₀ dimers (10.81 ± 0.18 nm² for SPCE and 10.98 ± 0.18 nm² for TIP3P). This result is consistent with a view that oligomer formation is driven by a hydrophobic collapse, during which hydrophobic residues get effectively shielded from the solvent. Our data showed that this shielding was more efficient in Aβ₁₋₄₀ monomers and dimers that lack the two additional hydrophobic residues at the C-terminus of each peptide. A larger solvent exposure of hydrophobic residues in Aβ₁₋₄₂ relative to Aβ₁₋₄₀ monomers and dimers might explain the larger aggregation propensity in the former.

Aβ₁₋₄₂ dimers populated a broader range of the NT-CM distances (Fig. 3F,H) than Aβ₁₋₄₀ dimers (Fig. 3B,D), indicating a more flexible and less structured N-terminal region in Aβ₁₋₄₂ relative to Aβ₁₋₄₀ dimers (see Aβ₁₋₄₀ and Aβ₁₋₄₂ dimer dynamics displayed as Movie S1 and Movie S2). This result was observed for both water models but was more pronounced for the SPCE water model. We asked whether this structural difference between Aβ₁₋₄₀ and Aβ₁₋₄₂ dimers was present also in monomeric states. Interestingly, in the SPCE water model, the Aβ₁₋₄₀ monomers displayed a slightly larger variability of the NT-CM distances than the Aβ₁₋₄₂ monomers (Fig. 3A,E), whereas in the TIP3P water model, the reverse effect was observed (Fig. 3C,G). Fig. 4E–H shows normalized distributions of NT-CM distances for monomers and dimers of both alloforms and for both water models. Overall, the structural differences between Aβ₁₋₄₀ and Aβ₁₋₄₂ monomers were smaller than those between Aβ₁₋₄₀ and Aβ₁₋₄₂ dimers, demonstrating that dimer formation enhances the initial structural differences between the two alloforms, with increased flexibility of the N-terminal region in Aβ₁₋₄₂ relative to Aβ₁₋₄₀ dimers, as predicted by the DMD approach [19,21].

We examined the radius of gyration R_g of all all-atom MD-derived Aβ₁₋₄₀ and Aβ₁₋₄₂ monomer and dimer conformations.
The resulting average and standard deviations \( R_g \) values were:

1. \( 0.3 \pm 0.09 \) nm (1.01 \pm 0.05 nm) for \( \text{Ab}^{1-40} \) monomers, 1.06 \pm 0.09 nm (1.06 \pm 0.09 nm) for \( \text{Ab}^{1-42} \) monomers, 1.26 \pm 0.05 nm (1.27 \pm 0.04 nm) for \( \text{Ab}^{1-40} \) dimers, and 1.30 \pm 0.06 nm (1.28 \pm 0.05 nm) for \( \text{Ab}^{1-42} \) dimers obtained for the SPCE (TIP3P) water model, respectively. Recently, Ball et al. examined the ensemble of \( \text{Ab}^{1-42} \) monomers by all-atom REMD in explicit solvent [45] and reported mostly compact although heterogeneous monomer conformations (90\%) with \( R_g \) values that matched well with our present data [45].

Next, we examined the complexity of the free energy landscapes in terms of the number of minima and their depths. Upon \( \text{Ab}^{1-40} \) monomer to dimer conversion, the number of minima on the free energy landscape did not change. \( \text{Ab}^{1-40} \) dimers were characterized by a slightly more compact free energy landscape and deeper minima than \( \text{Ab}^{1-42} \) monomers. \( \text{Ab}^{1-42} \) dimers had less compact free energy landscapes than \( \text{Ab}^{1-42} \) monomers in both water models. Importantly, the complexity of the free energy landscape increased upon \( \text{Ab}^{1-42} \) monomer to dimer conversion, suggesting that \( \text{Ab}^{1-42} \) dimer formation resulted in a larger number of less stable dimer structures relative to \( \text{Ab}^{1-40} \) dimer formation.

\( \text{Ab}^{42} \) forms more \( \beta \)-strand structure in the C-terminal region than \( \text{Ab}^{40} \)

The secondary structure of \( \text{Ab}^{1-40} \) and \( \text{Ab}^{1-42} \) monomers and dimers mostly consisted of turns and \( \beta \)-strands, and much less helical structure. The average percentages of the turn, \( \beta \)-strand, helical, and coil content in \( \text{Ab}^{1-40} \) and \( \text{Ab}^{1-42} \) monomers and dimers are reported in Tables 2 and 3. The turn propensities per amino acid in MD-derived \( \text{Ab}^{1-40} \) and \( \text{Ab}^{1-42} \) monomers and dimers were of the same magnitude as the turn propensities of the corresponding DMD monomers and dimers (Fig. S7). On the other hand, all all-atom MD conformations had on average lower \( \beta \)-strand propensities than the corresponding DMD conformations. Fully atomistic \( \text{Ab}^{1-40} \) and \( \text{Ab}^{1-42} \) dimers did not show an increased \( \beta \)-strand content relative to \( \text{Ab}^{1-40} \) and \( \text{Ab}^{1-42} \) monomers. In contrast, DMD-derived dimers had a significantly increased \( \beta \)-strand content relative to DMD-monomers, in

Figure 3. Free energy landscapes of \( \text{Ab}^{40} \) monomers and dimers with representative conformations. The reaction coordinates are the SASA of all hydrophobic amino-acids (x-axis) and the NT-CM distance (y-axis). The PMF plots for (A,C) \( \text{Ab}^{1-40} \) and (E,G) \( \text{Ab}^{1-42} \) monomers were acquired by MD using the (A,E) SPCE and (C,G) TIP3P water models. The corresponding PMF plots for (B,D) \( \text{Ab}^{1-40} \) and (F,H) \( \text{Ab}^{1-42} \) dimers were acquired by MD using the (B,F) SPCE and (D,H) TIP3P water models. The color scheme to the right of each plot is given in units of \( k_B T \). The representative conformations of each conformational ensemble are displayed with the N-terminal amino acid D1 colored red and the C-terminal amino acid (V40/A42) colored green. The images were generated by VMD.

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agreement with experimental findings on cross-linked Ab1-40 conformations [57].

There were two distinct secondary structure differences between the MD and DMD dimers. The MD-derived dimers of both Ab1-40 and Ab1-42 had [i] increased turn propensities in the region A2-F4 and [ii] decreased turn propensities in the C-terminal region V36–V39 relative to the dimers obtained by the DMD approach. Importantly, Ab1-42 dimers had significantly higher turn propensity in the C-terminal region than Ab1-40 dimers for both water models. Ab1-42 dimers had lower turn propensities at the N-terminal region D7-E12 relative to Ab1-40 dimers, but the difference was larger for the SPCE water model. In addition, Ab1-42 dimers had a lower turn propensity than Ab1-40 dimers at the N-terminal region A2-F4 but only for the SPCE water model (Fig. S7A).

The β-strand propensity per amino acid was significantly decreased for Ab1-40 and Ab1-42 dimers obtained from MD simulations with either of the two water models relative to the DMD-derived dimers (Fig. S8). Despite significantly lower values of the β-strand propensity in MD, the Ab regions with the largest β-strand propensity remained similar to those predicted by the DMD approach. The β-strand maxima between MD and DMD structures mostly coincided. The higher β-strand contents of DMD dimers was consistent with more structured and compact DMD dimers relative to the fully atomistic MD dimers. Notably, the dimers obtained by MD simulations with the SPCE water model showed slightly increased β-strand propensities than those

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**Figure 4. Probability distributions of SASA values and NT-CM values in MD-derived fully atomistic Ab1-40 and Ab1-42 monomers and dimers.** The SASA value was calculated as a sum of SASA values over all hydrophobic residues for each monomer and dimer conformation. Similarly, the NT-CM distance was calculated for each monomer and dimer conformation. The resulting histograms were normalized to obtain probability distributions, displayed as black curves for Ab1-40 and red curves for Ab1-42 monomers and dimers for each of the two water models. The error bars represent SEM values. doi:10.1371/journal.pone.0034345.g004
obtained with the TIP3P water model, but the water model-induced differences were considerably smaller than those between the DMD and MD dimer structures (Fig. S8A and S8B).

The alloform-specific differences in the β-strand propensity in MD dimers were mostly located in the region A30-V40/A42, in which Aβ1-42 dimers displayed more β-strand structure than Aβ1-40 dimers. Here, the region V39-I41 in Aβ1-42 dimers was characterized with β-strand structure not present in Aβ1-40 dimers as previously predicted by DMD [19] and consistent with subsequent experimental and computational studies [24–26]. The N-terminal region with a nonzero β-strand propensity in Aβ1-40 dimers at A2-F4 was shifted to the region E3-R5 in Aβ1-42 dimers for both water models. While this structural difference was qualitatively similar to the one observed for DMD structures, it was quantitatively smaller than predicted by DMD.

### Tertiary and quaternary structure of dimers is alloform specific

Tertiary and quaternary structure of Aβ1-40 and Aβ1-42 dimers was examined through intra- and intermolecular contact maps defined based upon a proximity between pairs of Cα atoms (Fig. S9). Overall, intramolecular contacts were more numerous and stronger than intermolecular contacts for dimers of both alloforms, indicating a stronger tertiary than quaternary structure. Although the two water models resulted in slightly different contact maps, the water model differences were smaller than the differences between the contact maps of Aβ1-40 and Aβ1-42 dimers.

Aβ1-40 dimers had stronger tertiary contacts than Aβ1-42 dimers (Fig. S9A–B,E–F). The dominant intramolecular contacts in Aβ1-40 dimers were those between the central hydrophobic cluster (L17-A21) and the mid-hydrophobic region I31-V36, followed by contacts between the central hydrophobic cluster and the N-terminal region A2-F4. Aβ1-42 formed stronger intramolecular contacts compared to Aβ1-40 dimers between the central hydrophobic cluster and the C-terminal region V39-A40. These results are qualitatively similar to the tertiary and quaternary structures derived within the DMD approach [19,21,58].

The strongest quaternary contacts in Aβ1-40 dimers were among the L17-A21 regions, followed by the contacts between the L17-A21 and I31-V36 regions (Fig. S9C–D,G–H). Aβ1-42 dimers were in comparison characterized with less quaternary contacts among the L17-A21 regions than Aβ1-40 dimers. Instead, the intermolecular contacts involving I31-V36 and the C-terminal region V39-I41 were dominant. This result also qualitatively agrees with the previous DMD-derived results [19,21,58].

### Spatial distribution of residues within Aβ1-40 and Aβ1-42 dimers differs

We determined specific differences in the spatial distribution of the residues within all-atom MD Aβ1-40 and Aβ1-42 dimers by calculating the distance from the CM for each residue of each of the two peptides comprising a dimer. The data, shown in Fig. 5,
Dimerization Enhances Aβ40 and Aβ42 Differences

Distinct residue-specific water density profiles around Aβ_{1-40} and Aβ_{1-42} dimers

We calculated the solvent accessible surface area (SASA) per amino acid (Fig. 6). A major difference in SASA between Aβ_{1-40} and Aβ_{1-42} was an increased solvent exposure of the C-terminal region V39-V40 in Aβ_{1-40} dimers relative to Aβ_{1-42} dimers. The two water models resulted in slightly different SASA values for individual residues. The residues that were more exposed to the solvent in Aβ_{1-43} dimers than in Aβ_{1-40} dimers for both water models were the three positively charged residues R5, K16, and K28.

Simulating explicit water molecules interacting with Aβ peptides allowed us to calculate the average residue-specific radial distributions of SPCE and TIP3P water molecules around Aβ_{1-40} and Aβ_{1-42} dimers (Figs. S10–S11). These residue-specific water density profiles demonstrated that structural differences between Aβ_{1-40} and Aβ_{1-42} dimers significantly affected the water density profiles at several specific residues along the sequence: (a) D1, R5, Y10, A30, and V40 for the SPCE water model (residues with well-separated non-overlapping SEMs, marked by "**" in Fig. S10) and (b) D1, R5, Y10, and L17 for the TIP3P water model (residues with well-separated non-overlapping SEMs, marked by "**" in Fig. S11). Although the primary structure of Aβ_{1-40} and Aβ_{1-42} differs at the C-terminus, the three residues that were characterized with distinct water density profiles in both water models (D1, R5, Y10) were located within the N-terminal region of the peptides. In Aβ_{1-42} dimers, a reduced number of water molecules in the first solvation shell around D1 and R5 was observed relative to Aβ_{1-40} dimers. The situation was reversed for Y10, which was in Aβ_{1-42} dimers surrounded by a larger number of water molecules in the first solvation shell than in Aβ_{1-40} dimers. These analyses showed that the secondary, tertiary, and quaternary structure differences between Aβ_{1-40} and Aβ_{1-42} dimers affected the local water density around selected N-terminal residues.

Salt bridge formation in Aβ_{1-40} and Aβ_{1-42} monomers and dimers

At neutral pH, Aβ peptides are characterized by three positively charged amino acids: R5, K16 and K28, which can form salt bridges with each of the six negatively charged amino acids: D1, E3, D7, E11, E22 and D23. We calculated all salt bridge propensities in Aβ_{1-40} and Aβ_{1-42} monomers and dimers. The average salt bridge propensities are displayed in Tables 4 and 5. Examples of D1-R5 salt bridge formation and breaking are shown in Fig. 7.

The alloform- and water model-specific salt bridge propensities for each of the three positively charged amino acids are shown as histograms in Fig. 8. Of the three positively charged amino acids, R5 was the most involved in salt bridge formation, followed by K28, and K16 had the lowest propensity for salt bridge formation. This result was independent of the water model, alloform, and assembly state. The preference for salt bridge formation involving R5 can be understood by taking into the account the proximity of negatively charged residues D1, E3, and D7. A turn/loop structure centered at G25-S26 enabled the positively charged K28 to be in the proximity of the negatively charged E22 and D23, resulting in E22-K28 and D23-K28 salt bridges. In contrast, the salt bridge counterparts for the positively charged K16 were less obvious as the tertiary and quaternary structure would not favor the proximity of K16 to the nearest negatively charged residues E11, E22, D23. Interestingly, there was no statistically significant alloform-specific difference in salt bridge propensities for monomers that would simultaneously appear in both water models, although R5 had a tendency to form more salt bridges in Aβ_{1-42} than in Aβ_{1-40} monomers (Table 4). No significant difference in salt bridge formation between Aβ_{1-40} and Aβ_{1-42} monomers, consistent with our results, was reported in a recent explicit-solvent MD study [46]. Whereas in a recent REMD study of Aβ_{1-42} monomers in implicit solvent, the E22-K28 salt bridge was reported to form with a higher propensity than the D23-K28 salt bridge [43]. Lin et al. showed that the D23-K28 salt bridge occurred more frequently than the E22-K28 salt bridge in both Aβ_{1-40} and Aβ_{1-42} monomers [46], in agreement with our present findings. The MD results of Wise-Scira et al. indicated a high salt bridge propensity for the residue R5 in the Aβ_{1-42} monomer as observed in our simulations (Table 4) [43].

The differences in salt bridge propensities between the two alloforms were larger for dimers. Some salt bridge propensities depended strongly on the water model. For example, Aβ_{1-40} dimers had almost three-fold larger D23-K28 salt bridge propensity than Aβ_{1-42} dimers for the SPCE water model. For the TIP3P water model, the difference was smaller (Table 5). For the SPCE but not TIP3P water model, Aβ_{1-40} dimers also had an increased E22-K28 salt bridge propensity relative to Aβ_{1-42} dimers. Among the 15 different salt bridge propensities, those that showed significant alloform-specific differences for both water
models were: (i) D1-R5 with a three-times larger propensity in Aβ42 than in Aβ40 dimers; and (ii) D1-K16 and E3-K28 with a more than two-fold increased propensity in Aβ40 relative to Aβ42 dimers (Table 5). These propensity differences can be understood by considering that the N-terminal region of Aβ42 dimers was more exposed to the solvent and interacted less with the other peptide regions than the N-terminal region of Aβ40 dimers.

**Discussion**

Aβ oligomers are central to the pathology of AD yet their structure is experimentally evasive. It is intriguing that a 5% difference in the primary structure between Aβ40 and Aβ42 results in distinct in vitro oligomerization pathways [15], toxicity [11,12], and membrane permeability [59]. The first computational study by Urbanc et al., which demonstrated that Aβ folding and oligomer formation were significantly affected by additional two amino acids in Aβ42, used the DMD approach [19]. In this approach, DMD was coupled with a four-bead protein model with backbone hydrogen bonding [60] and amino acid-specific implicit solvent interactions [61]. Moreover, this DMD approach resulted in distinct folded structures [20] and oligomer size distributions for Aβ40, Aβ42, and their Arctic mutants (E22G) [21]. Distinct structural characteristics of Aβ40 and Aβ42 were observed already at the stage of folding. Specifically, the Aβ42 monomer was shown to have an increased β-hairpin propensity at the C-terminal region that was absent in the Aβ40 monomer [19]. This observation was corroborated by both experimental [23–26] and all-atom MD studies [20,26,27,42,46]. Moreover, the DMD-derived Aβ oligomer conformations were qualitatively similar to a recently observed tetramer structure of Aβ18–41 enclosed within the CDR3 loop region of a shark Ig new antigen receptor single variable domain antibody and resolved by x-ray spectroscopy [62].

Based on the successful structural predictions of the DMD approach described above, we hypothesized that the DMD-derived Aβ40 and Aβ42 conformations are sufficiently proximate to their fully atomistic counterparts and can be used as viable initial conformations for the all-atom MD study in explicit solvent. Because dimer formation represents a seminal event in Aβ assembly, we here focused on structural characteristics of fully atomistic Aβ40 and Aβ42 monomers and dimers in explicit solvent. We structurally compared fully atomistic Aβ40 and Aβ42 monomers and dimers and quantified their structural differences. Our aim was to elucidate those structural elements that could be associated with distinct toxicities of Aβ40 and Aβ42 oligomers observed both in vitro and in vivo.

All-atom MD studies of full-length Aβ oligomers in explicit solvent are demanding due to a large number of atoms and also because Aβ belongs to a family of intrinsically disordered proteins without a well-defined native state in an aqueous solution, resulting in an ensemble of relatively unstructured conformers. On the other hand, in the presence of HFIP or in a membrane-like environment, both Aβ40 and Aβ42 adopt a more ordered helical structure [63,64]. Recent all-atom MD studies demonstrated the heterogeneous nature of the tertiary structure of the Aβ42 monomer ensemble and the importance of extracting structural characteristics from averaging over the entire conform
national ensemble rather than deriving them from a few representative structures [45,46]. Efficient sampling of the phase space of full-length Aβ conformations is thus critical for the convergence of structural quantities and is typically addressed by using advanced sampling techniques [26,39,44,49,50]. To ensure an efficient sampling of the phase space, we selected a large ensemble of Aβ1-40 and Aβ1-42 monomer and dimer structures derived by DMD [21] as initial conformations for fully atomistic MD simulations using OPLS- AA force field combined with SPCE and TIP3P water models. Comparison of the structural differences between Aβ1-40 and Aβ1-42 conformations using two water models allowed us to identify those that were robust with respect to the water model.

The resulting all-atom MD structures of Aβ1-40 and Aβ1-42 dimers qualitatively resembled that of DMD-derived dimers, with the hydrophobic C-terminal region comprising a core and the N-terminal region exposed to the surface [see Movies S1 and S2]. Quantitative comparison revealed that DMD dimers were more compact and displayed more interpeptide contacts than the corresponding MD dimers. This was not surprising, as the four-bread protein model used in the DMD approach reduces all amino acid side chains to a single atom. When fully atomistic side chain templates were superposed onto the four-bread dimer structure, the entire dimer “swelled up” to prevent side chains–backbone or side chain–side chain clashes. Importantly, a key structural difference between Aβ1-40 and Aβ1-42 dimers predicted by the DMD approach, the increased solvent exposure of the N-terminal region in Aβ1-42 relative to Aβ1-40 dimers, was qualitatively preserved in the present fully atomistic MD-derived dimer structures. This difference was recently hypothesized to be associated with distinct toxicity properties of Aβ1-40 versus Aβ1-42 oligomers [29]. The question of why and to which degree coarse-grained peptide models with simplified amino acid description might be successful in predicting assembly structures is still under investigation [53].

We examined specifically the β-strand propensity per amino acid and the distance from the CM. Overall, the amount of the β-strand structure in MD-derived Aβ1-40 and Aβ1-42 dimers was more than two times lower than experimentally measured β-strand content of ~15–25% for Aβ1-40 and Aβ1-42 dimers in an aqueous solution [57,65,66]. This result was on one hand surprising because the DMD-derived dimers, which were used as initial conformations for all-atom MD, were characterized by the amount of β-strand comparable to experimental values [21]. According to the experimental [57] and DMD studies [21], the average β-strand should increase upon dimer formation from ~10–20% to ~15–25%. Most explicit-solvent MD studies, including the present one result in lower amounts of the β-strand content in Aβ1-40 and Aβ1-42 monomers [26,44–46], whereas a larger amounts of β-strand content were reported for Aβ150-40 when combined with implicit solvent force field [41]. Although our explicit-solvent MD-derived Aβ dimers in the SPCE water model had more β-strand structure than those in the TIP3P water model, the difference was not statistically significant. These findings raise a question of an accuracy of the commonly used all-atom force field and/or the ability of the water model to capture the hydrophobic and hydrophilic effects is still unknown.

**Figure 6. The average SASA per amino acid in Aβ dimers.** The thick black and red curves correspond to SASA for all-atom Aβ1-40 and Aβ1-42 dimers obtained by MD using the (A) SPCE and (B) TIP3P water model. The error bars are SEM values. doi:10.1371/journal.pone.0034345.g006
We derived the free energy landscapes of A\text{b}_1\{40\} and A\text{b}_1\{42\} monomers and dimers to characterize structural changes in A\text{b}_1\{40\} and A\text{b}_1\{42\} induced by the monomer to dimer transition. The free energy landscapes were derived by characterizing each conformation by the NT-CM distance and SASA of all hydrophobic residues. Upon dimer formation, the minima of both A\text{b}_1\{40\} and A\text{b}_1\{42\} free energy landscapes were significantly shifted towards lower SASA values, demonstrating that dimer formation was driven by effective hydrophobicity. A\text{b}_1\{40\} and A\text{b}_1\{42\} free energy landscapes of dimers (but not monomers) revealed that A\text{b}_1\{42\} dimers were structurally more diverse than A\text{b}_1\{40\} dimers. In addition, the free energy landscape of A\text{b}_1\{42\} dimers was shifted towards higher SASA values relative to the free energy landscape of A\text{b}_1\{40\} dimers, consistent with a view that a higher solvent exposure of hydrophobic residues correlates with an increased aggregation propensity. The free energy landscape of A\text{b}_1\{42\} dimers showed a larger number of shallower minima compared to A\text{b}_1\{40\} dimers as well as monomers of both alloforms. This result demonstrated that dimer formation increased the structural disorder in A\text{b}_1\{42\} but not in A\text{b}_1\{40\} conformations.

Our results again demonstrate that considering the exact A\text{b} sequence is important for a correct description of A\text{b} folding and oligomer formation. Takeda and Klimov studied the effect of N-terminal truncation on A\text{b}_1\{40\} folding by REMD in implicit solvent and demonstrated that the N-terminal region of A\text{b}_1\{40\} formed contacts with the central hydrophobic cluster [41,52,71], in agreement with the DMD predictions for A\text{b}_1\{40\} but not for A\text{b}_1\{42\} monomers and oligomers [20,21]. A fully atomistic MD study in explicit solvent by Ball et al. showed that A\text{b}_1\{42\} and A\text{b}_21\{30\} monomers sample quite distinct ensembles of conformations [45]. Similarly, Wise-Scira et al. demonstrated that whereas A\text{b}_1\{16\} and A\text{b}_1\{28\} monomers displayed \(\beta\)-structure at the N-terminus, this feature was diminished in A\text{b}_1\{42\} [43]. Explicit solvent MD simulations by Lin et al. also showed that the peptide length and single amino acid substitutions affect the A\text{b}_1\{42\} monomer structure [46]. Thus, full-length A\text{b} structural characteristics cannot be automatically inferred from the studies of A\text{b} fragments.

Intrapeptide salt bridges were shown to play an important role in stabilizing the A\text{b}_1\{40\} fibril structure [72,73]. A\text{b}_1\{40\} modified by a lactam bridge D23-K28 formed fibrils 1000-fold faster,
suggested that a rate limiting nucleation step was bypassed [74]. To elucidate the role of charged residues in $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ monomer and dimer structures, we analyzed all intra- and interpeptide salt bridge propensities. In our simulations, salt bridge formation and breaking was a dynamic process involving charged residues that were highly solvent accessible. K28 formed salt bridges with all six negatively charged residues, although D23- K28 had the highest propensity, followed by E22-K28. It is known salt bridges with all six negatively charged residues, although D23-K28 had the highest propensity, followed by E22-K28. It is known salt bridge formation upon $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ monomer and dimer formation might be responsible for a reduced toxicity of $\alpha_\beta$ fibrils relative to oligomers.

Alternatively, the ability of positively charged amino acids R5, K16, K28 to form intra- and interpeptide salt bridges may be a reflection of the local structural flexibility of monomers in dimers. If so, then R5, which was shown here to have a higher solvent exposure and a lower number of water molecules in the first solvation shell in $\alpha_\beta_{1-42}$ than in $\alpha_\beta_{1-40}$ dimers, would be able to more readily interact with negatively charged membrane targets. This conclusion is supported by a recent hypothesis on the critical involvement of the N-terminal region in $\alpha_\beta$ oligomer-mediated toxicity [29] as well as in vivo studies, which demonstrated that amino acid substitution within the N-terminal region strongly affected $\alpha_\beta_{1-42}$-mediated toxicity [79] and that the antibody binding to the N-terminal region (but not to the C-terminal region) of $\alpha_\beta$ strongly reduced $\alpha_\beta$-induced toxicity [80].

In summary, our present MD study based on an extensive phase space sampling achieved through combining the DMD-derived $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ monomer and dimer conformations with all-atom MD in explicit solvent provided new insights into the structural differences between $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ induced by dimer formation that may be relevant to the distinct toxicity properties of the two alloforms. Specifically, our study elucidated the role of structural disorder, water solvation, and salt bridge formation upon $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ monomer to dimer conversion. The comparison between our fully atomistic and DMD-derived $\alpha_\beta_{1-40}$ and $\alpha_\beta_{1-42}$ conformations also provides a valuable feedback on the DMD approach, which can be employed to refine its underlying force field and may be of value to other computational approaches based on coarse-grained peptide modeling [81].

**Methods**

**All-Atom MD with Explicit Water Model**

The MD simulations were performed with the parallel code GROMACS 4.0.7 [82–85] and the OPLS-AA [86,87] force field combined with the SPCE [88] and TIP3P [89] water models. The SPCE water model was chosen because it resulted in the best hydration properties of amino acid analogues among five non-polarizable water models when combined with three commonly used biomolecular force fields, AMBER99, GROMOS 53A6, and OPLS-AA [48]. In addition, the TIP3P water model was selected because the combination of the OPLS-AA force field and TIP3P water model previously resulted in distinct $\alpha_\beta_{1-40}$ versus $\alpha_\beta_{1-42}$ folded structures consistent with experimental data [26]. This strategy allowed us to address the robustness of our structural results with respect to the water model. The cutoff for the Van der Waals interactions of 14 Å was suggested by the creators of GROMACS (see the GROMACS Manual) for optimal results in combination with the OPLS- AA force field. The efficient particle-mesh Ewald (PME) algorithm was used for implementation of long-range electrostatic interactions with the grid dimension of...
0.125 nm and interpolation order of 6. Equations of motion were integrated by the leap-frog method using a time step of 2 fs.

**Simulation Setup**

$\alpha_{\beta}$-40 and $\alpha_{\beta}$-42 monomer and dimer conformations derived by the DMD approach with the four-bead protein model and implicit solvent residue-specific interactions [21] were converted into the united-atom representation using an in-house software package *ProtView*. This process involved the use of united-atom side-chain templates, which replaced the Cβ atom of the four-bead conformation. The addition of the side chain templates was followed by an optimization of the contact energy using the four-bead protein model derived by the DMD approach with the four-bead protein model. The simulation setup was followed by an optimization of the contact energy using the Monte Carlo method, separately for backbone and side-chain atoms, including charged. The total number of water molecules was in the range of 29,330–53,793 resulting in 89,250–162,639 atoms, including the $\alpha_{\beta}$ conformation. Each $\alpha_{\beta}$-water system was subjected to the energy minimization using the steepest descent algorithm, followed by a 200 ps equilibration run, during which the heavy atoms were constrained to their initial positions, allowing water molecules to equilibrate around the $\alpha_{\beta}$ structure. The 50 ns production runs were performed in the NPT ensemble. The temperature of 310 K was maintained by a velocity rescaling thermostat with a stochastic term [91] using a time constant of 0.1 ps and the atmospheric pressure was enforced by the Parrinello-Rahman method [92] using a coupling constant of 2 ps. Monomer and dimer conformations were recorded every 50 ps, resulting in 1,000 conformations for each 50 ns-long trajectory. The simulations were conducted on * Steele* at Purdue University through the NSF TeraGrid supercomputing resources. For each trajectory, we used 8 cores in parallel, resulting in ~3 ns of simulation time per day.

**Structural Analysis**

**Contact Number.** The contact number was defined as the number of contacts between the two peptides within a dimer. Two amino acids belonging to different peptides were in contact if their respective Cγ atoms were less than $d_c$ apart. We tested two values of $d_c$, 6 Å and 7.5 Å, which resulted in the same contact.

### Table 5. Salt bridge propensity in $\alpha_{\beta}$-40 and $\alpha_{\beta}$-42 dimers.

| AA Pair | SPCE | TIP3P | SPCE | TIP3P | SPCE | TIP3P | SPCE | TIP3P | SPCE | TIP3P |
|---------|------|-------|------|-------|------|-------|------|-------|------|-------|
| R5-D1   | 11 ± 3 | 9 ± 3 | 27 ± 5 | 26 ± 4 | 2 ± 1 | 1 ± 1 | 3 ± 2 | 0 ± 0 | 13 ± 3 | 10 ± 3 |
| R5-E3   | 18 ± 4 | 32 ± 5 | 27 ± 4 | 36 ± 4 | 3 ± 2 | 0 ± 0 | 2 ± 1 | 1 ± 1 | 21 ± 4 | 32 ± 5 |
| R5-D7   | 14 ± 3 | 12 ± 3 | 13 ± 3 | 16 ± 3 | 1 ± 1 | 0 ± 0 | 1 ± 1 | 0 ± 0 | 15 ± 3 | 12 ± 3 |
| R5-E11  | 8 ± 2  | 6 ± 2  | 3 ± 2  | 6 ± 2  | 1 ± 1 | 5 ± 2 | 2 ± 1 | 1 ± 1 | 9 ± 2  | 11 ± 3 |
| R5-E22  | 7 ± 3  | 8 ± 3  | 6 ± 2  | 5 ± 2  | 3 ± 2 | 5 ± 2 | 2 ± 1 | 5 ± 2 | 10 ± 3 | 13 ± 4 |
| R5-D23  | 4 ± 2  | 3 ± 2  | 1 ± 1  | 1 ± 1  | 4 ± 2 | 2 ± 2 | 2 ± 1 | 3 ± 2 | 8 ± 2  | 5 ± 2  |
| TOTAL R5 | 62 ± 7 | 70 ± 8 | 77 ± 8 | 90 ± 7 | 14 ± 4 | 13 ± 4 | 12 ± 3 | 10 ± 6 | 76 ± 7 | 83 ± 8 |

| AA Pair | SPCE | TIP3P | SPCE | TIP3P | SPCE | TIP3P | SPCE | TIP3P |
|---------|------|-------|------|-------|------|-------|------|-------|
| K16-D1  | 3 ± 1 | 7 ± 2 | 1 ± 0 | 2 ± 1 | 7 ± 2 | 2 ± 1 | 1 ± 1 | 2 ± 1 | 10 ± 2 | 9 ± 3  |
| K16-E3  | 2 ± 1 | 4 ± 2 | 2 ± 1 | 4 ± 2 | 6 ± 2 | 2 ± 1 | 1 ± 1 | 3 ± 2 | 8 ± 2  | 6 ± 2  |
| K16-D7  | 4 ± 2 | 4 ± 2 | 3 ± 2 | 1 ± 1 | 1 ± 1 | 0 ± 0 | 3 ± 1 | 1 ± 1 | 5 ± 2  | 4 ± 2  |
| K16-E11 | 4 ± 1 | 9 ± 2 | 5 ± 2 | 4 ± 2 | 1 ± 1 | 0 ± 0 | 2 ± 1 | 4 ± 2 | 5 ± 1  | 9 ± 2  |
| K16-E22 | 1 ± 1 | 3 ± 2 | 1 ± 1 | 2 ± 1 | 1 ± 1 | 2 ± 1 | 0 ± 0 | 2 ± 1 | 2 ± 1  | 5 ± 2  |
| K16-D23 | 1 ± 1 | 2 ± 1 | 1 ± 1 | 1 ± 1 | 3 ± 1 | 1 ± 1 | 3 ± 2 | 3 ± 2 | 4 ± 2  | 4 ± 2  |
| TOTAL K16 | 15 ± 3 | 29 ± 5 | 13 ± 3 | 14 ± 3 | 19 ± 3 | 7 ± 2 | 10 ± 3 | 15 ± 8 | 34 ± 4 | 37 ± 5 |
| K28-D1  | 3 ± 1 | 4 ± 1 | 4 ± 1 | 5 ± 2 | 5 ± 2 | 3 ± 2 | 1 ± 1 | 1 ± 1 | 7 ± 2  | 7 ± 2  |
| K28-E3  | 1 ± 1 | 3 ± 1 | 1 ± 0 | 2 ± 1 | 3 ± 1 | 5 ± 2 | 1 ± 1 | 0 ± 0 | 4 ± 2  | 8 ± 2  |
| K28-D7  | 3 ± 1 | 4 ± 2 | 2 ± 1 | 2 ± 1 | 2 ± 1 | 0 ± 0 | 1 ± 1 | 3 ± 2 | 6 ± 2  | 5 ± 2  |
| K28-E11 | 2 ± 1 | 2 ± 1 | 2 ± 1 | 2 ± 1 | 0 ± 0 | 5 ± 2 | 0 ± 0 | 4 ± 2 | 9 ± 2  | 15 ± 3 |
| K28-E22 | 9 ± 2 | 11 ± 3 | 4 ± 1 | 8 ± 2 | 0 ± 0 | 5 ± 2 | 0 ± 0 | 4 ± 2 | 17 ± 3 | 20 ± 4 |
| K28-D23 | 15 ± 3 | 17 ± 3 | 5 ± 2 | 9 ± 3 | 2 ± 1 | 3 ± 1 | 1 ± 1 | 3 ± 1 | 17 ± 3 | 20 ± 4 |
| TOTAL K28 | 33 ± 4 | 41 ± 5 | 18 ± 3 | 28 ± 4 | 12 ± 3 | 17 ± 4 | 7 ± 3 | 14 ± 7 | 45 ± 5 | 59 ± 6 |

The average values are shown. The error bars correspond to SEM values.

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For the contact number between the two peptides within a dimer.
numbers. The contact number provided a measure of the contact surface area that stabilized a dimer structure.

**Distance from Center of Mass per Amino Acid.** To calculate the distance from the center of mass (CM) for each amino acid, the CM of each monomer/dimer conformation was first calculated, followed by the calculation of the distance between the position of the Ca atom of each residue and the CM. For each amino acid, an average value and the SEM was calculated using all Aβ1–40 and Aβ1–42 conformations acquired between 20 and 50 ns of each trajectory.

The overall structure of Aβ monomers and dimers was quasi-spherical with N-termini exposed to the solvent and buried C-termini. We defined a particular distance of the N-terminal Ca from the CM, the NT-CM distance, as a measure of an effective radius of a dimer conformation.

**β-Strand Propensity per Amino Acid.** The secondary structure of each amino acid was calculated with the STRIDE program [93] algorithm as implemented within the VMD software package [90]. The average β strand propensity per amino acid and the SEM values were calculated by averaging over all Aβ1–40 and Aβ1–42 conformations acquired between 20 and 50 ns of each trajectory.

**Solvent Accessible Surface Area.** We calculated the solvent accessible surface area per amino acid (SASA) as implemented within the VMD software package [90]. This calculation used a spherical surface around each of the amino acid atoms, 1.4 Å away from the atom’s van der Waals surface. The joint SASA for all atoms in an amino acid was then calculated by taking into account surfaces of all other atoms in the Aβ conformation. Amino acids that are buried inside of the conformation (shielded from the solvent) had lower SASA values than amino acids exposed to the solvent.

**Salt Bridge Propensities.** Salt bridges were identified between positively charged amino acids R5, K16 and K28 and negatively charged amino acids D1, E3, E11, E22, and D23 using the VMD software package [90]. We considered a salt bridge formed whenever any of the side-chain nitrogen atoms of a positively charged amino acid was within 3.2 Å distance from any side-chain oxygen atom of a negatively charged amino acid (Fig. 7). The salt bridge propensity was defined as the total time that the salt bridge was present during 20–50 ns of each trajectory divided by the total observation time (30 ns per trajectory).

**Potential of the Mean Force.** The potential of the mean force (PMF) was calculated by projecting each monomer or dimer conformation acquired between 20–50 ns of each trajectory onto two selected reaction coordinates. In the phase space of the two reaction coordinates, we created a two-dimensional normalized histogram with 100 × 100 = 10,000 bins and counted the total number of conformations N_i in each bin. The PMF values of each bin were obtained by calculating $\frac{k_B T \ln N_i}{N_T}$, where N_T was the total number of conformations. The total number of Aβ1–40 and Aβ1–42 dimer conformations included in each PMF plot is given in parentheses in Table 1.

**Contact Maps.** Two amino acids were considered to be in contact whenever their Ca atoms were found below a distance of 7.5 Å as used in the DMD studies [19,21,58]. The contact map is the (i,j) matrix with the average number of contacts between two specific amino acids, calculated by averaging over the total number of contacts between two specific amino acids, calculated by averaging over the total number of conformations (see Table 1). The intramolecular contact maps included contacts between the i-th and j-th amino acids in the same peptide (tertiary contacts). The intermolecular contact maps included contacts between the i-th and j-th amino acids that belonged to different peptides (quaternary contacts). The SEM values are included in all contact map plots.

**Supporting Information**

**Figure S1 Temporal evolution of RMSD Values.** RMSD values for five representative trajectories of each (A,B) Aβ1–40 and (C,D) Aβ1–42.
**Figure S2** Temporal evolution of RMSD Values. RMSD values for five representative trajectories of each (A,B) Aβ_{1–40} and (CD) Aβ_{1–42} dimers obtained by MD combined with (A,C) SPCE and (B,D) TIP3P water models.

(EPS)

**Figure S3** Convergence of the distance from the center of mass of each amino acid residue in Aβ monomers with simulation time. Distance from the center of mass for each C_α atom of each amino acid was calculated by averaging over 0–10 ns, 10–30 ns, 30–40 ns, and 40–50 ns of (A,B) Aβ_{1–40} and (C,D) Aβ_{1–42} monomer trajectories, for each (A,C) SPCE and (B,D) TIP3P water model.

(EPS)

**Figure S4** Convergence of the distance from the center of mass of each amino acid residue in Aβ dimers with simulation time. Distance from the center of mass for each C_α atom of each amino acid was calculated by averaging over 0–10 ns, 10–30 ns, 30–40 ns, and 40–50 ns of (A,B) Aβ_{1–40} and (C,D) Aβ_{1–42} dimer trajectories, for each (A,C) SPCE and (B,D) TIP3P water model.

(EPS)

**Figure S5** Convergence of the distance from the center of mass of each amino acid residue in Aβ monomers with the number of trajectories. Distance from the center of mass for each C_α atom of each amino acid was calculated by averaging over 10, 20, 30, and 40 trajectories of (A,B) Aβ_{1–40} and (C,D) Aβ_{1–42} monomer trajectories between 20 and 50 ns, for each (A,C) SPCE and (B,D) TIP3P water model.

(EPS)

**Figure S6** Convergence of the distance from the center of mass of each amino acid residue in Aβ dimers with the number of trajectories. Distance from the center of mass for each C_α atom of each amino acid was calculated by averaging over 10, 20, 30, and 40 trajectories of (A,B) Aβ_{1–40} and (C,D) Aβ_{1–42} dimer trajectories between 20 and 50 ns, for each (A,C) SPCE and (B,D) TIP3P water model.

(EPS)

**Figure S7** The average turn propensity per amino acid in Aβ dimers. The thick black and red curves correspond to turn propensities for Aβ_{1–40} and Aβ_{1–42} dimers, respectively, calculated from all-atom MD trajectories between 20 and 50 ns for the (A) SPCE and (B) TIP3P water model. The thin black and red curves correspond to turn propensities of the corresponding DMD-derived Aβ_{1–40} and Aβ_{1–42} dimers, respectively. The error bars are SEM values.

(EPS)

**Figure S8** The average β-strand propensity per amino acid in Aβ dimers. The thick black and red curves correspond to β-strand propensities for Aβ_{1–40} and Aβ_{1–42} dimers, respectively, calculated from all-atom MD trajectories between 20 and 50 ns for the (A) SPCE and (B) TIP3P water model. The thin black and red curves correspond to β-strand propensities of the corresponding DMD-derived Aβ_{1–40} and Aβ_{1–42} dimers, respectively. The error bars are SEM values.

(EPS)

**Figure S9** Average C_β–C_α contact maps in Aβ dimers. Distribution of water around each amino acid in Aβ_{1–40} are shown in black and in Aβ_{1–42} in red. Each amino acid is identified with the one letter code. ** indicates differences between Aβ_{1–40} and Aβ_{1–42} values outside of the SEM and * indicates differences between Aβ_{1–40} and Aβ_{1–42} values for which the SEM are marginal.

(EPS)

**Figure S10** Radial distribution function of SPCE water around amino acids in Aβ dimers. Distribution of water around each amino acid in Aβ_{1–40} are shown in black and in Aβ_{1–42} in red. Each amino acid is identified with the one letter code. ** indicates differences between Aβ_{1–40} and Aβ_{1–42} values outside of the SEM and * indicates differences between Aβ_{1–40} and Aβ_{1–42} values for which the SEM are marginal.

(EPS)

**Movie S1** Aβ_{1–40} Dimer Animation. Animation of representative fully atomic Aβ_{1–40} dimer simulation with OPLS-AA force field and TIP3P water model. In total, 1,000 frames separated by 50 ps were extracted from the 50 ns MD trajectories for each dimer and rendered using the the VMD package. The final animations were encoded at 30 frames/second. Atoms are shown in van der Waals representation. Individual peptides are shown in green and blue, respectively, and N-terminal D1 amino acids are depicted in red.

(AVI)

**Movie S2** Aβ_{1–42} Dimer Animation. Animation of representative fully atomic Aβ_{1–42} dimer simulation with OPLS-AA force field and TIP3P water model. In total, 1,000 frames separated by 50 ps were extracted from the 50 ns MD trajectories for each dimer and rendered using the the VMD package. The final animations were encoded at 30 frames/second. Atoms are shown in van der Waals representation. Individual peptides are shown in green and blue, respectively, and N-terminal D1 amino acids are depicted in red.

(AVI)

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**Author Contributions**

Conceived and designed the experiments: BU BB. Performed the experiments: BB. Analyzed the data: BB. Wrote the paper: BU.

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