Review Paper

Biorefinery perspectives of microbial electrolysis cells (MECs) for hydrogen and valuable chemicals production through wastewater treatment

Abudukeremu Kadier1,2, Pratiksha Jain3,4, Bin Lai5, Mohd Sahaid Kalil1,2, Sanath Kondaveeti6, Khulood Fahad Saud Alabbosh7, Ibrahim M Abu-Reesh8, Gunda Mohanakrishna8,*

1Department of Chemical and Process Engineering, Faculty of Engineering and Built Environment, National University of Malaysia (UKM), 43600 UKM Bangi, Selangor, Malaysia.
2Research Centre for Sustainable Process Technology (CESPRO), Faculty of Engineering and Built Environment, National University of Malaysia (UKM), 43600 UKM Bangi, Selangor, Malaysia.
3TERI University, 10, Institutional Area, Vasant Kunj, New Delhi – 110070, India.
4The Energy and Resources Institute (TERI), India Habitat Center, Lodhi Road, New Delhi – 110003, India.
5Department of Solar Materials, Helmholtz Centre for Environmental Research – UFZ, 04318 Leipzig, Germany.
6Department of Chemical Engineering, Konkuk University, Seoul 05029, Republic of Korea.
7School of Biosciences and Biotechnology, Faculty of Science and Technology, National University of Malaysia (UKM), 43600 UKM Bangi, Selangor, Malaysia.
8Department of Chemical Engineering, College of Engineering, Qatar University, P O Box. 2713, Doha, Qatar.

HIGHLIGHTS
➢ Critically reviews the niche areas, fundamentals, and advantages of the MEC technology.
➢ Comprehensively quantifies and analyses performance of MEC based on integrated approaches.
➢ Discuss existing challenges and limitations of MEC platform for biorefinery applications.

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ABSTRACT
The degradation of waste organisms through microbial electrolysis cell (MEC) generates hydrogen (H2) gas in an economically efficient way. MEC is known as the advanced concept of the microbial fuel cell (MFC) but requires a minor amount of supplementary electrical energy to produce H2 in the cathode microenvironment. Different bio-processes could be integrated to generate additional energy from the substrate used in MECs, which would make the whole process more sustainable. On the other hand, the energy required to drive the MEC mechanism could be harvested from renewable energy sources. These integrations could advance the efficiency and economic feasibility of the whole process. The present review critically discusses all the integrations investigated to date with MECs such as MFCs, anaerobic digestion, microbial desalination cells, membrane bioreactors, solar energy harvesting systems, etc. Energy generating non-biological and eco-friendly processes (such as dye-sensitized solar cells and thermoelectric microconverters) which could also be integrated with MECs, are also presented and reviewed. Achieving a comprehensive understanding about MEC integration could help with developing advanced biorefineries towards more sustainable energy management. Finally, the challenges related to the scaling up of these processes are also scrutinized with the aim to identify the practical hurdles faced in the MEC processes.

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Abbreviations

| AD | Anaerobic digestion |
|---|-------------------|
| AEM | Anion exchange membrane |
| AnEMBB | Anodic electrochemical membrane bioreactor |
| BES | Bio-electrochemical system |
| BEH | Bio-electrohydrolysis |
| BOD | Biological oxygen demand |
| BPEC | Bio-photo-electrochemical cell |
| BPM | Bipolar membrane |
| CF | Carbon felt |
| CNP | Carbon nanopowder |
| CEM | Cation exchange membrane |
| COD | Chemical oxygen demand |
| CSTR | Continuous stirred tank reactor |
| DrF | Dark fermenter |
| DSSC | Dye-sensitized solar cell |
| FO | Forward osmosis |
| GHG | Greenhouse gas |
| HBR | Hydrogen bioreactor |
| HPR | Hydrogen production rate |
| MBR | Membrane bioreactor |
| MDC | Microbial desalination cell |
| MEC | Microbial electrolysis cell |
| MEDC | Microbial electrolysis and desalination cell |
| MDCC | Microbial electrolysis desalination and chemical-production cell |
| MES | Microbial electrolysissystem |
| MFC | Microbial fuel cell |
| MPR | Methane production rate |
| MRCC | Microbial reverse-electrodialysis chemical-production cell |
| MREC | Microbial reverse-electrodialysis electrolysis cell |
| Ni-HFM | Nickel-based hollow-fiber membranes |
| PEM | Proton exchange membrane |
| PRO | Pressure retarded osmosis |
| RED | Reverse electrodialysis |
| SMDC | Submersible microbial desalination cell |
| SMDDC | Submerged microbial desalination-denitrification cell |
| SMEBR | Submerged membrane electro-bioreactor |
| SMEC | Submersible microbial electrolysis cell |
| SMFC | Submersible microbial fuel cell |
| UABE | Up-flow anaerobic bioelectrochemical reactor |
| UASB | Up-flow anaerobic sludge bed |
| VFA | Volatile fatty acid |

1. Introduction

One of the biggest global challenges that needs to be addressed is to meet the growing energy demands. Due to the greenhouse gas (GHG) emissions, the global temperature has risen unfavorably. In the year 2015, the Paris Agreement set the target to maintain the global average surface temperature below 2 °C with reference to the pre-industrial period (Schleussner et al., 2016). This “safe” level requires to retain over 30%, 50% and 80% of oil, gas, and coal reserves, respectively, unused before 2050 (McGlade and Ekins, 2015). Therefore, developing renewable and eco-friendly alternatives to fossil fuels is essential (Kadier et al., 2016a).

Hydrogen (H₂) is considered as a clean and sustainable energy carrier, and has a net calorific value of 119.9 kJ/g which is much higher than those of the other fuels like coal (29.0 kJ/g), petroleum (43.4 kJ/g), ethanol (26.7 kJ/g), etc. (Bartels et al., 2010; Njenga et al., 2014). Moreover, during ignition, H₂ generates only water which is not harmful to the environment. The potential applications of H₂ as future energy are tremendous but still challenging. One of the major issues is the low content of H₂ in nature but the demand will be billions of tons per year to build a full hydrogen economy (Turner, 2004).

Today, H₂ is mainly produced from unsustainable natural gas and coal (Abdeshahian et al., 2014; Zhen et al., 2017). Other sources include thermolyis or electrolysis of biomass and water (Turner, 2004). These resources are renewable, but require high energy due to the high temperatures or usage of electricity (Kadier et al., 2016a). Therefore, biological H₂ production from renewable sources, which requires lower energy inputs, offers great potentials to meet future demands (Azman et al., 2016). To date, the most promising biological process for H₂ production is dark fermentation (Khanna and Das, 2013). This process can be catalyzed, either by pure or mixed microbial culture (Rittmann and Herwig, 2012), and the substrate can be either pure carbohydrate or organics from diverse wastes (Ren et al., 2011). Furthermore, the specific and volumetric H₂ production rate (HPR) can reach over 40 mmolH₂/g/h and 40 LH₂/L/d, respectively (Kumar and Das, 2001; Rittmann and Herwig, 2012).

However, this process has some bottlenecks that restrict the upper boundary of H₂ yield. In this process, the yield is relatively low (< 4 mol/mol of glucose) and the obtained H₂ gas is always mixed with the other anaerobic digestion (AD) gas (e.g., CO₂), necessitating further purification. These factors increase the overall cost of dark fermentation and thus, limit its industrial applications (Venkata Mohan et al., 2008; Mohanakrishna et al., 2010).

In the past decade, a novel bio-technique named microbial electrolysis cells (MECs) were developed for sustainably producing H₂ from wastes (Lu et al., 2005; Rozendal et al., 2006). It could use a wide range of biologically degradable organics as the source of electron (Kadier et al., 2016a), and has a net calorific value of 119.9 kJ/g which is much higher than those of the other fuels like coal (29.0 kJ/g), petroleum (43.4 kJ/g), ethanol (26.7 kJ/g), etc. (Bartels et al., 2010; Njenga et al., 2014). Therefore, developing renewable and eco-friendly alternatives to fossil fuels is essential (Kadier et al., 2016a). Therefore, developing renewable and eco-friendly alternatives to fossil fuels is essential (Kadier et al., 2016a).
In principle, MECs could overcome the fermentative barrier observed in the fermentation-based processes and exhibit a high theoretical yield of H₂ (Kadier et al., 2016a). Moreover, MECs show advantages in terms of vast substrate diversity and low energy input, compared to the other H₂ production routes (Kadier et al., 2014). The future of MECs is promising but many issues need to be addressed before their commercialization. System optimization need to be conducted to increase the rate and reduce the cost. Moreover, due to the high modularity of the MEC system (anode, cathode, reactor structure, etc.), integrating with other existing techniques could also bring additional benefits beside the value of H₂, which could potentially improve the economic feasibility of MECs and facilitate their commercialization. In this review, we briefly introduce the status quo of knowledge and discuss the pros and cons of MECs. Subsequently, the focus is placed on addressing the potentials of integrating MECs with other existing technologies for fuels and chemicals production.

2. Fundamentals of microbial electrolysis cells

The first study on MECs was published by Liu et al. (2005). Since then, exponentially growing numbers of papers were published (Kadier et al., 2016b; Lu and Ren, 2016). Basically, the exoelectrogens (i.e., the bacteria which can transfer electrons through extracellular mechanism) in MECs use anode as an electron sink to oxidize organics and produce protons and electrons. The protons diffuse via a proton exchange membrane (PEM) to cathode and are reduced by the electrons transferred via the external electric circuit to produce H₂. The MEC system cannot work spontaneously due to the thermodynamic barrier and additional energy is required to drive the reduction reaction (Kadier et al., 2015; Kumar et al., 2017). A typical schematic representation of MECs is shown as Figure 1.

In theory, any carbon compounds that can be digested by the exoelectrogens, can be used in anode of MECs. This has led to a large variety of organics sources studied in MECs, ranging from defined pure chemicals to mixture of real wastewaters (Kadier et al., 2014; Escapa et al., 2016). With different carbon sources, the anode potential can range from 0.2-0.5 V. The typical values of some commonly used carbon sources are shown in left side of Figure 1. The half-reaction at the cathode is the reduction of protons to H₂ gas. Based on the Nerst equations, the cathode potential will be affected by the concentration of free protons (i.e., pH of electrolyte), temperature, and partial pressure of H₂. As presented in the right side of Figure 1, the cathode potential decreases with increases in temperature, pH value, and partial pressure of H₂. With respect to influence on cathode potential, pH is the most critical parameter (Rozendal et al., 2006).

The energy input is essential for MECs because of the thermodynamic limitations (Liu et al., 2005; Call and Logan, 2008). Under standard conditions (pH of 7, H₂ partial pressure (pH₂) of 1 bar, and temperature of 25°C), the cathode potential for H₂ evolution reaction is about -0.41 V (Rozendal, 2006) which is more negative than the anode potentials using most of the carbon sources listed in Figure 1. Theoretically, it should be possible to make the reaction happen spontaneously with glucose as substrate, but glucose in that case has to be fully oxidized to CO₂ which does not happen in anaerobic fermentation (Wünschiers and Lindblad, 2002). Another approach to reduce or remove the energy requirement of MECs is to increase the cathode potential by changing the pH or pH₂. This appears feasible since the cathode potential would be high enough if the cathodic electrolyte pH could be reduced to lower than 5 or maintain the pH₂ at lower than 0.001 bar (see Fig. 1). However, maintaining a low pH in cathode would block the proton migration through the membrane (Rozendal et al., 2006), subsequently resulting in decreased pH in anode which is harmful to the microorganisms. On the other hand, maintaining an extremely low pH₂ is impractical during the operations.

3. Advantages and disadvantages of MEC technology

Compared with other H₂ producing techniques, one of the advantages of MECs is mild operating conditions. In principle, only 0.11 V input is needed to drive the H₂ production from acetate (Liu et al., 2005; Kadier et al., 2016a), and this is less than 10% of the typical power (typically 1.23-2.0 V) required for water electrolysis (Kadier et al., 2015). Thus, the energy cost of H₂ production in MEC is about 1-3 kWh/m³ (Call and Logan, 2008), while the conventional industrial electrolyzers would cost up to 4.5-5.0 kWh/m³ (Wang et al., 2015).
In addition to the cost, the yield of H\textsubscript{2} is much higher in the MEC process, compared with the fermentation-based processes (Kadier et al., 2016a). Due to the energy barrier discussed above, the stoichiometric yield of H\textsubscript{2} is the dark fermentation process is only 4 mol H\textsubscript{2}/mol acetate (Venkata Mohan et al., 2007 and 2012), and the typical values reported in real studies are 2.5-3 mol H\textsubscript{2}/mol acetate (Ren et al., 2011). Many by-products (acetate, butyrate, etc.) are also produced during this process and their conversion into H\textsubscript{2} gas is not thermodynamically feasible. Generation of these by-products during dark fermentation also indicates the incomplete degradation of organics during this process. However, if those substances (e.g., acetate, butyrate) can be completely oxidized, the H\textsubscript{2} yield could then be dramatically improved (Kadier et al., 2014). Stoichiometrically, this would add up 4 mol H\textsubscript{2}/mol acetate and could bring up the total yield of H\textsubscript{2} from glucose close to its theoretical limit of 12 mol H\textsubscript{2}/mol glucose. Moreover, H\textsubscript{2} production in dark fermentation is significantly affected by pH\textsubscript{2} and would become thermodynamically unfavorable if H\textsubscript{2} is highly accumulated in the gas phase (Khanna and Das, 2013). On the contrary, the effect of partial pressure on cathode potential in MEC is found to be minor and this factor will not alter the performance of MEC system. Furthermore, MECs are superior in terms of the purity of H\textsubscript{2} as well. Due to the spatial separation of organic degradation and H\textsubscript{2} production in MECs, it is likely to have other gases such as carbon dioxide and other fermentation gases in minor proportions (Stavan et al., 2019). The purity of H\textsubscript{2} is essential for its various downstream applications, for example, it has to be sulfur-free to be used in proton exchange membrane fuel cell systems.

Overall, MECs present a bright future for superior H\textsubscript{2} production and yield, with high purity at a low energy cost. However, its commercialization is strongly limited by HPR. More specifically, the HPR in MECs at laboratory scale could only reach about 3 m\textsuperscript{3} H\textsubscript{2}/m\textsuperscript{3} of reactor volume/d (Call and Logan, 2008; Escapa et al., 2016; Li et al., 2018). The HPR could reportedly even deteriorate while scaling up the process (Rozendal et al., 2008; Cusick et al., 2012; Heidrich et al., 2014). The lower hydrogen production and lower current density recorded with pilot reactors, compared to the laboratory reactors were due to several differences between these systems. These differences can be listed as reactor geometry, electrode materials, inclusion of glass fiber separators, possible connection resistances, and microbiological factors related to the startup of the reactor. Methane production is also one of the possibilities for the lower HPR at pilot scale (Cusick et al., 2012). Maximum volumetric HPR in small-scale (volume < 100 mL) MECs could reach 50 m\textsuperscript{3} H\textsubscript{2}/m\textsuperscript{3}d (Lu and Ren, 2016). Therefore, MECs seem to be more suitable as decentralized systems for H\textsubscript{2} production at domestic sites. Integrating MECs with other existing techniques to generate extra benefits could also potentially be an efficient approach to improve their industrial feasibility in the future.

4. MEC integration with other technologies

4.1. MEC-microbial fuel cell (MFC) coupled system

Microbial fuel cells (MFCs) are systems used to produce power by degrading various wastes (Deval et al., 2017). In recent studies, MFCs were proposed as renewable power sources to operate MEC. The concept was demonstrated using a novel system integrating a single chambered MFC and a dual chambered MEC (MEC-MFC-coupled system) and was successfully used for H\textsubscript{2} production without external power supplementation. Peak systemic H\textsubscript{2} yield of 1.21 mol H\textsubscript{2}/mol acetate and HPR of 14.9 ± 0.4 mL/L/d were achieved using acetate as substrate with the developed MEC-MFC-coupled system (Fig. 2) (Sun et al., 2008). Later, a bio-photo-electrochemical cell (BPEC) design was proposed by Wen et al. (2015), also comprising MFC and MEC. Illumination of BPEC photocathode with the visible light led to H\textsubscript{2} production at the rate of 1.35 ± 0.15 mL/h and registered a current density of 0.68 A/m\textsuperscript{2} (Table 1) (Wan et al., 2015).

Apart from H\textsubscript{2} generation, MFCs can be used to power virtually any MEC systems (Wan et al., 2015). Accordingly, a group of researchers proposed the use of MFC to supply power to an MEC used to convert carbon dioxide by biocatalysis in the water sample. Since, type of the inorganic and its concentration influences the bacterial cell adhesion to the electrode surface, a fresh anode was used to evaluate the microbial activity (Zhang and Angelidaki, 2011). In another study, ammonia inhibition in AD was overcome by a novel hybrid system consisting of a submersible microbial desalination cell (SMDC) and a continuous stirred tank reactor (CSTR). This integration not only resulted in in-situ ammonia recovery and electricity production but also led to 112% additional biogas production (Zhang and Angelidaki, 2015). Another variation of submersible cells was also proposed later, called submerged microbial desalination-denitrification cell (SMDDC). It was used for in-situ removal of nitrate from groundwater and produced electrical energy. Additionally, added value was created in
**Table 1.** Various integration processes of microbial electrolysis cells (MEC) with different technologies for energy generation.

| S. No | Integration type | Type of electrode | Applied energy (Voltage or current) | Operational conditions | Hydrogen | Current or power density | Coulombic efficiency (CE, %) | Remarks | Reference |
|-------|------------------|-------------------|-------------------------------------|------------------------|----------|-------------------------|-------------------------------|---------|-----------|
|       |                  |                   | Electrolyte                         | Type                   |          |                         |                               |         |           |
| 1     | MEC with microbial fuel cell (MFC) | Anode: Carbon brush Cathode: Silicon nanowires (photo cathode) | N/A | Growth media | Single chamber | 1.35 mL/h | 0.68 A/m² (Light conditions) | N/A | Solar assisted MEC | Wan et al. (2015) |
| 2     | MEC with dye-sensitized solar cell | Anode: Carbon felt (CF) Cathode: Platinum (Pt)-loaded graphite | 0.7 V | Growth media | H-type | 536 μmol | N/A | N/A | - | Chae et al. (2009) |
| 3     | MEC with MFC | Anode: Carbon paper Cathode: Pt. coated cathode paper | 0.8V | Growth media | Double chamber | 14.9 mL/L.d | 0.25 mA | MEC: 64% MFC-MEC: 33% | - | Sun et al. (2008) |
| 4     | MEC with hydrogen bioreactor (HBR) | Anode: Graphite plate Cathode: Graphite plate | 0.2 V | HBR effluent | Single chamber | 0.33 mmol/h | N/A | N/A | HBR+MEC led to the best performance at 0.6 V | Babu et al. (2011) |
| 5     | MEC with forward osmosis (FO) | Anode: Carbon brush Cathode: Pt. coated carbon cloth | 0.6 V | Synthetic wastewater | Double chamber | 18.4 mL | 2.7 mA | 36.1% | - | Yuan et al. (2015) |
| 6     | MEC with PO | Anode: CF stuck on perforated stainless-steel plate using silver paste Cathode: Perforated titanium plate | 0.7 V | Synthetic wastewater | Double chamber | 12.5 ± 1.84 x10⁻¹ m³ H₂/m²d | 3.34 ± 0.24 A/m² | 13.1 ± 2.65% | - | Lee et al. (2015) |
| 7     | MEC with anaerobic digester | Anode: CF Cathode: Stainless steel | 0.4 V | Anaerobic digestion effluent | Single chamber | 1 mL | 1.3 mA | N/A | AD+ MEC were combined to upgrade CH₄ | Bo et al. (2014) |
| 8     | MEC with anaerobic digester | Anode: Carbon brush Cathode: Stainless steel mesh | 0.8 V | Sludge fermentation liquid | Double chamber | NA | 9.6 mA (average for 2 reactors) | NA | AD+MFC were combined to upgrade CH₄ | Cai et al. (2016) |
| 9     | MEC with anaerobic digester | Anode: Carbon brush Cathode: Ti/RaO₂ | 0.0-0.8 V | Food waste + sewage sludge in varying ratios | Single chamber | Maximum CH₄ at 0.4 V (2.8 folds increase) | Steady increase in current with applied voltage | NA | AD+ MEC were combined to upgrade CH₄ | Zhi et al. (2019) |
| 10    | MEC with anaerobic digester | Anode: CF Cathode: stainless-steel mesh | 0 mV | Raw pig slurry | Double chamber | 0.42 ± 0.05 m³ CH₄/m²d (55% increase) | Maximum current density: 2.01 ± 0.63 A/m² | NA | AD-MEC loop system was used | Cerrillo et al. (2016) |
| 11    | MEC with simultaneous desalination | Anode: Carbon cloth Cathode: Pt. coated carbon cloth | 0.55 V | Phosphate buffer solution | MFC (Triple chamber) | 6.5 ml (5 g/L salt) | 1.4 A/m² (MEC) | 48 % (5 g/L salt) | MDC+MEC | Mehanna et al. (2010) |
| 12    | Dark fermentor (DrF)-MEC-MFC | Anode: Carbon brush Cathode: Pt. coated carbon cloth | Power output of stack MFC 0.33 to 0.47 V | DrF effluent | Single chamber | 0.48 m³H₂/m²d | 52 A/m² (MEC) | 57 % (MEC) | Stack MFC with forest organisms | Wang et al. (2015) |
demonstrated the potentiality of the integration of the MECs with anaerobic digesters and MDCs. The proof of concept studies also proved that submersible groundwater with wastewater hydraulic retention time (HRT) of 12 h (Zhang et al., 2015) was reduced to nitrogen gas by autotrophic biomass & photosynthesis. The conversion efficiency in the DSSCs ranged from 42 to 65% for the four connected MECs. To improve such systems further, Wan et al. (2015) connected four MECs to a single dye (N719) sensitized solar cell (V\textsubscript{OC}=0.7 V) for biohydrogen production (Chae et al., 2009). Ajayi et al. (2010) obtained with this novel hybrid system was 1.35±0.15 mL/h (Wan et al., 2015). Thus, in the MEC-DSSC process, the current density is regulated by the light intensity and the performance of anodic microbiological catalysts. Since the voltage demand is not very high (usually about 0.8 V), MEC-coupled system converts solar energy to liquid or gas transportation fuels such as H\textsubscript{2}, CH\textsubscript{4}, and ethanol, which could be subsequently stored for future use (Zhang and Angelidaki, 2014). Chae et al. (2009) successfully generated H\textsubscript{2} in a solar powered MEC with H\textsubscript{2} conversion efficiency of 92% from acetate. DSSCs fabricated with a dye-sensitized TiO\textsubscript{2}-based anode were used to harvest solar energy (Chae et al., 2009). Ajayi et al. (2010) connected four MECs to a single dye (N719) sensitized solar cell (V\textsubscript{OC}=0.7 V) for biohydrogen production (Table 1). Also, as reported by other researchers, H\textsubscript{2} production in DSSCs was similar to that obtained from MECs with a conventional power supply (Fig. 3b). The substrate to product (acetate to H\textsubscript{2}) conversion efficiency in the DSSCs ranged from 42–65% for the four connected MECs. To improve such systems further, Wan et al. (2015) designed a BPEC powered by a MFC. This BPEC comprised of a photocathode and a microbially-catalyzed anode while the MFC was used as additional voltage supply to overcome cathode overpotentials. The HPR obtained with this novel hybrid system was 1.35±0.15 mL/h (Wan et al., 2015).)

### 4.3. Solar powered MEC

Solar energy is renewable and is freely available all over the world and thus, is considered as a favorable option to meet the world energy demands. Therefore, the energy required to run MECs could also be potentially derived from solar energy in the form of a dye-sensitized solar cell (DSSC). Solar cell-
and that it can be met with light of moderate intensity, the microbially catalyzed anode becomes the limiting factor for such systems. Fischer et al. (2018) argued that the application of solar powered MECs would be a cheaper way to produce hydrogen than most other comparable processes. Different photocatalytic materials enable the hydrogen evolution reaction. Materials like TiO$_2$ nanorods, CuO, and Cu$_2$O/NiO composite were evaluated for the effective light supported hydrogen evolution reaction in MECs. However, more research is required to transform the currently available solar powered MECs to commercial hydrogen production platforms (Fischer et al., 2018).

4.4. Dark fermentation and MFC–MEC coupled system

Biological H$_2$ production from dissolved organic materials in wastewaters provides an opportunity to utilize this untapped resource via dark fermentation. However, there are many thermodynamic barriers which pose technical challenges to obtain favorable yields through the dark fermentation process (Rozendal et al., 2006). Due to these thermodynamic limitations, several byproducts like acetate and butyrate are formed instead of H$_2$, and external energy needs to be supplied for a thermodynamically feasible reaction (Zhang and Angelidaki, 2012). Dark fermentation of 1 mole of glucose yields a maximum of 4 moles of H$_2$ and 2 moles of acetate (Venkata Mohan et al., 2008 and 2012). Further, acetate can also be converted into H$_2$ gas by biocatalyzed electrolysis. The combination of both processes could achieve a theoretical production of 12 moles H$_2$/mole$_{glucose}$ (Clauwaert et al., 2008). In a study, dark fermentation of corn stalk was integrated with an MEC (poised at 0.8 V), thereby tripling the rate of H$_2$ production (387.1 mL H$_2$/g-corn stalk) as compared to the dark fermentation alone (Li et al., 2014). This concept of utilizing unused energy of dark fermentation through MECs was also demonstrated by Rivera et al. (2015) using the effluent of dark fermentation as substrate for MEC operation. The effluent containing various volatile fatty acids (VFA) produced 81 mL H$_2$/L/d with an organic removal rate of 85% (Rivera et al., 2015). Wang et al. (2015) used a novel approach to extract maximum H$_2$ from cellulose. They connected two MFCs in series to an MEC system to produce 0.43 V using fermentation effluent as substrate and achieved an HPR of 0.48 m$^3$ H$_2$/m$^3$/d (33.2 mmol H$_2$/g chemical oxygen demand-COD) (Table 1). The overall H$_2$ production for the integrated system comprising a dark fermenter, MFC and MEC (in series) resulted in 41% higher H$_2$ production than the fermentation alone. Thus, without using an external electrical supply, higher H$_2$ yield was achieved using this combined fermentation and MFC–MEC.

4.5. Integration of pyrolysis-MEC

Fuel sources produced from the biomass origin by different biological and thermochemical processes are named renewable hydrocarbon biofuels. These fuels are also termed as green-hydrocarbons, bio-hydrocarbons, drop-in biofuels, and sustainable or advanced hydrocarbon biofuels (Fig. 4). Pyrolysis is a process, where thermochemical decomposition of organic materials occurs at high temperatures in the absence of O$_2$ and is temperatures by the production of these bio-hydrocarbons (Borole, 2015). The high O$_2$ content in biomass (> 40%), lowers the yield of bio-hydrocarbons from them. This problem is often handled by supplying the fuel finishing step with a source of H$_2$. Due to the current unavailability of commercial renewable sources of H$_2$, fossil resources are required for its production, which in turn, impact its sustainability. Alternatively, H$_2$ can be derived from the liquid/aqueous waste streams produced during pyrolysis via microbial electrolysis, thus offering a sustainable source of H$_2$ (Borole, 2015). The blend of organic and aqueous phases generated through pyrolysis is known as bio-oil. The organic content of liquid phase bio-oil includes organic acids, furan aldehydes, phenolic compounds, and sugar derivatives. These organic compounds are reported as potential bioanode substrates for H$_2$ production in MECs. The aqueous stream generated during pyrolysis of switchgrass was used as substrate for H$_2$ production in MEC, reaching an overall energy efficiency of 48–63% (Lewis et al., 2015; Table 1). Maximum HPR of 4.3 L H$_2$/L/d (loading of 10 g COD/L/d) was recorded through (approx.) complete conversion of acetic acid, propionic acid, levogluconic acid, and furfural. Thus, the H$_2$ produced from the integrated process could be utilized to hydrodeoxygenate bio-oil to produce fuel (Lewis et al., 2015).
water generates a voltage over individual membranes and the total potential of AEM. The chemical potential difference prevailing between salt and fresh that develops between sea water and fresh water using a series of CEM and membranes, and increases energy losses from pumping water through a large number of MRECs to capture salinity-gradient energy from thermolytic ammonium RED stack (Zhang and Angelidaki, 2014). Cusick et al. (2012) reported the use of anodic biocatalyst while the low voltage prevailed in MFCs can be increased due to the salinity driven potential with the oxidation of organic matter. The maximum energy recovery with acetate reached 30 ± 0.5% with a power density of 5.6 W/m$^2$.

4.7. Integration of MEC with anaerobic digestion (AD)

AD is carried out through the anaerobic bacterial/archaeal metabolisms breaking down biodegradable materials and generates methane gas. This is a well-known technology and has been commercially used for simultaneous methane generation and waste/wastewater treatment (Batstone and Virdis, 2014). Electrochemical technologies and AD can be integrated for increased efficiency with the stillage released from the latter process used in the former as feedstock and energy resource recovered from the former used in the latter (Sadhukhan et al., 2016). Bo et al. (2014) inserted a pair of MEC electrodes in an anaerobic digester and generated $H_2$ at the cathode which subsequently reacted with carbon dioxide to produce methane in-situ by the action of hydrogenotrophic methanogens. Compared to the conventional anaerobic digesters, the MEC-anaerobic digester system achieved higher methane content (up to 98%). In this system, along with 24–230% improvement in methane yield, substrate (COD) degradation and carbon recovery were also enhanced by 130–300% and 55–56%, respectively, compared with the conventional AD reactor (Bo et al., 2014) (Table 1). In another study, an up-flow anaerobic bioelectrochemical (UABE) reactor was compared with an up-flow anaerobic sludge blanket (UASB) reactor for the treatment of acidic distillery wastewater to produce methane (Feng et al., 2016). The UABE was poised at 300 mV and both UASB and UABE were operated in continuous mode. The integration, i.e., UABE, resulted in an improved CH$_4$ yield of 407 mL/g COD, at 4.0 g COD/L.d, which was significantly higher than that of UASB (282 mL/g COD) (Feng et al., 2016). De Vrieze et al. (2014) tried to evaluate the plausible mechanism behind the improved performance of AD by inserting an MEC system into the reactor. They reported increased stability of the AD treating molasses by inserting electrodes and poising them at 0.75 and 1.205 V. In the control reactors, CH$_4$ production reduced to 5% of the initial rate (on day 91), while it remained stable in the MEC-AD reactors indicating a stabilizing effect. Interestingly, when the electrodes from these reactors were inserted in the control reactors, the methane production increased by 3-4 times. This revealed that the electroactive biofilm formed on the electrode surface must have enhanced the stability of the AD rather than the electrical current (De Vrieze et al., 2014). Similarly, Liu et al. (2016) combined MEC and AD to form an MEC-AD system to improve CH$_4$ production rate (MPR) from waste activated sludge. MPR was enhanced to 91.8 g CH$_4$/m$^2$/day in the integrated MEC-AD reactor, compared to 30.6 g CH$_4$/m$^2$/day in the AD alone (Liu et al., 2016). A novel combination of AD and MEC was also designed by Cai et al. (2016) in which, two anaerobic digesters were separated by AEM, and each functioned as an electrode chamber, i.e., anode and cathode. With sludge fermentation liquid, 0.247 ml CH$_4$/m$^2$/day was produced at the cathodic anaerobic digester (increased by 51.53% than control) (Cai et al., 2016). Thus, methane production was enhanced with improving reactor stability, while lower contamination was observed by combining the MEC with AD (Claauw et al., 2008; Tartakovsky et al., 2011). Combining MEC with AD is an excellent example of how MECs can be used in a modular way to enhance the productivity of an existing technology (Aryal et al., 2018).
4.8. Integration of MEC with anaerobic membrane bioreactor (MBR)

The term membrane bioreactor (MBR) is used to define wastewater treatment processes where a perm-selective/semipermeable membrane (for example microfiltration or ultrafiltration) is integrated with a suspended growth bioreactor. Membrane filtration can be integrated into bio-electrochemical systems (BES) in the following ways: (a) as a separator between the electrodes, (b) an internal filtration component in the anode/cathode compartment, or (c) an external treatment process before or after the BES. More efficient treatment (more favorable quality of treated water), high energy efficiency, reduced investment, and mitigated fouling and/or sustainable desalination are the advantages of such integration systems (Table 1) (Yuan and He, 2015). Katuri et al. (2014) developed a novel anaerobic treatment system named as anaerobic electrochemical membrane bioreactor (AnEMBR); a combination of MEC with membrane filtration phenomenon employing electrically conductive, porous, nickel-based hollow-fiber membranes (Ni-HFMs) (Fig. 5). The AnEMBR was employed for the treatment of low organic strength wastewaters/solutions and to recover biogas (energy). The Ni-HFM served two different functions as cathode electrode for H₂ production and as membrane to filter the treated water. Removal of COD (initial COD: 320 mg/L) was >95% and up to 71% of the substrate energy was recovered (CH₄-rich biogas, 83%) at an applied potential of 700 mV. Additionally, there was less membrane fouling observed in the AnEMBR than in the control reactor (open circuit), which was due to H₂ bubble formation, low cathode potential, and localized high pH at the cathode surface, (Katuri et al., 2014). In another study, a pilot scale submerged membrane electro-bioreactor (SMEBR) was operated based on the interaction between biological processes and membrane filtration for the treatment of wastewater, and electrokinetic processes were assessed (Hasan et al., 2012). A current density of 12 A/m² was maintained in the SMEBR which was operated in 235 L volume, at an HRT of 11 h for 7 weeks. In a single chamber, municipal wastewater was first treated biologically where most of COD and ammonia were removed followed by phosphorus, and flocs were coagulated in the electrical zone. Later the treated water (effluent) was filtered with a hollow fiber Microza microfiltration membrane module placed at the center of the SMEBR. The integrated system exhibited a superior function (phosphorus removal of 99%, ammonia removal of 99%, and COD removal of 92%), over MBR (phosphorus removal of 59%, ammonia removal of 97%, and COD removal of 87%) (Hasan et al., 2012). Although coupling an MBR with MEC has many potential benefits, more insights about of energy generation and consumption in the coupled system are needed.

4.9. MEC- pressure retarded osmosis (PRO) system

MEC systems require energy input in form of electricity to function and synthesize desired products. Combining MECs with renewable sources of energy can make the whole process more sustainable and eco-friendly. Pressure retarded osmosis (PRO) is a technique to separate a solvent from a solution that is more concentrated and also pressurized through a semipermeable membrane. The salinity gradient generated during PRO can be used for electricity production, as also in the RED systems (see Section 4.6). Thus, the PRO unit can reduce the volume of wastewater and extract treated water. Further, the effluents from PRO unit can be treated by the MEC; and the osmotic energy obtained from the PRO unit can be integrated into the MEC for sustainable H₂ production. A proof-of-concept for this system was demonstrated by Yuan et al. (2015). They first developed a time dependent PRO model and a batch model for MEC. Subsequently, using the predicted water flux obtained from the PRO model, the anolyte and the catholyte were prepared for an MEC operated experimentally using a power supply to mimic the energy supply process. The MEC system removed approx. 94% of the organics at 800 mV and produced 32.8 mL H₂ at the expense of 470 J of energy after 46.9 h. The PRO unit produced 579 J of energy, demonstrating that such a system could be effectively used to power MECs. Thus, PRO-MEC system can help with organics removal, H₂ production, and water recovery simultaneously (Yuan et al., 2015).

4.10. Integration of MEC with acidogenic bioreactor

Similar to combining AD with MEC (see Section 4.7), acidogenic bioreactors can also be combined with MECs. Biohydrogen production was evaluated using acetate, butyrate, and propionate as substrates in a single chamber MEC by applying different voltages by Babu et al. (2013b). Maximum HPR of 2.42 mmol/h was recorded at 600 mV along with about 53% removal of synthetic acids (Babu et al., 2013a). Furthermore, acidogenic bioreactor was also combined with MEC by the same group of researchers to improve product recovery and H₂ yield (Babu et al., 2013b) (Table 1). MEC was operated at VFAs concentration of 3000 mg/L under different poised potentials with a maximum HPR of 0.53 mmol/h and 49.8% VFA utilization being observed at 600 mV (Babu et al., 2013b). In another study, a novel bio-electrohydrolysis (BEH) system based on self-inducing electrogenic activity was designed as a pretreatment device to improve H₂ production efficiency through the treatment of food waste.

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A two-stage integrated or hybrid system with hydrolysis (first stage) followed by acidogenic fermentation for H$_2$ production (second stage) was used. As a result of pretreatment, BEH showed a higher H$_2$ production (29.12 mL/h) than the control (26.75 mL/h). Additionally, substrate degradation also improved with the BEH-pretreated substrate (COD removal of 52.42%) over the control (COD removal of 43.88%) (Chandrasekhar and Mohan, 2014). Modesta et al. (2015) also designed a single chambered MEC with acid pretreated biocatalyst, for electro-fermentation of effluents towards additional H$_2$ production with simultaneous treatment. The effect of VFA concentration (4000 mg/L and 8000 mg/L) on biodehydrogen production with simultaneous remediation was studied at 200 mV and 600 mV applied potential. Maximum HPR of 0.057 mmol/h was observed at 600 mV along with a VFA utilization of 68% (Modesta et al., 2015). Thus, by combining MEC with acidogenic reactors, waste effluent from such reactors could be potentially converted into useful products like H$_2$.

### 4.11. Integration of MEC with microbial electrolysation and desalination cell (MEDC)

A BES system developed by combining microbial electrolysation and desalination cell (MEDC) can concurrently reduce the salinity of salt water and produce H$_2$. The benefit of MEDC is that it can generate pure and collectable H$_2$ gas without dealing with contamination or voltage fluctuation and can achieve improved desalination assisted by an external power supply (Saeed et al., 2015). Mehanna et al. (2010) developed a three chambered MEDC consisting of an anode, desalination and cathode chambers, by using a pair of ion exchange membranes. Maximum HPR of 0.16 mmol H$_2$/m$^3$/d was obtained in this study at an applied voltage of 550 mV (Table 1). Also, the conductivity of the water in the desalination chamber decreased by 68% ± 3% with the 5.0 g/L NaCl sample and by 37 ± 4% with the 20 g/L NaCl sample (Mehanna et al., 2010). Similarly, Luo et al. (2012) reported 98.8% removal of NaCl (initial concentration: 10 g/L) from the middle desalination chamber per day. Apart from NaCl removal, H$_2$ production at the rate of 1.5 m$^3$/m$^3$/d (1.6 mL/h) was achieved at 0.8 V (Luo et al., 2012). Thus, MEDC systems can potentially treat saline wastewaters along with H$_2$ production. However, due to the sharp fluctuations in pH, exoelectrogens at anode and HPR at cathode could suffer. A solution to this problem was reported by Chen et al. (2012) who integrated an acid-production chamber and a bipolar membrane (BPM) into MEDC to form the microbial electrolysation desalination and chemical-production cell (MEDCC), which could simultaneously desalinate seawater, produce hydrochloric acid and generate NaOH. This arrangement helped to alleviate the difficulties of pH fluctuations and chloride ion (Cl$^-$) accumulation observed in a conventional MEDC. They also compared the performance of an MEDC and an MEDCC in their experiments. With the applied voltage of 1.0 V, the coulombic efficiency values of the MEDCC and MEDC were 97±2% and 65±2%, respectively. Furthermore, 86±4% and 60±4% of the 10 g/L NaCl (initial concentration) was removed in the desalination chamber of the MEDCC and MEDC, respectively, within 18 h. Lastly, with the applied voltage of 1.0 V within 18 h, the MEDCC produced 0.057 mmol NaOH with 7.46 × 10$^{-5}$ kWh electricity (Chen et al., 2012). Therefore, by using an MEDCC, salty water can be treated without large pH changes. However, more research is required to make the membranes leakproof while provisions for up-scaling also need to be explored (Zhang and Angelidakis, 2014).

### 4.12. Integration of MEC with lignocellulosic ethanol biorefinery process

Lignocellulosic ethanol production is considered as one of the important second-generation biofuels. The substrate that is generated from lignocellulosics such as wheat straw by hydrothermal treatment followed by enzymatic hydrolysis can be used to produce ethanol. This process also generates wide range of products viz., VFAs, phenolics, xylose, and polysaccharides, exhibiting the potential to generate a considerable amount of energy. Accordingly, an MEC was coupled to harvest H$_2$ from the effluent of lignocellulosic ethanol production which converted 60-70% of COD to H$_2$ (Bisore and Meulens, 2011). Moreover, during the pretreatment stage, a large number of metabolic inhibitors like furanic and phenolic compounds, furfural and hydroxymethyl furfural were generated which are critical impediments for the downstream process. Rich bacterial diversity/community developed in the system was helpful for the utilization of phenolics and polysaccharides (Zeng et al., 2015). H$_2$ was generated in the MEC using a mixture of furfural and 5-hydroxymethyl furfural and three phenolic compounds such as syringic acid, vanillic acid, and 4-hydroxybenzoic acid as substrate in an anodic oxidation reaction. The initial concentration of 8.7 mM of the mixture of the five compounds was used, which bio-transformed at a rate ranging from 0.85 to 2.34 mM/d. The H$_2$ yield varied in the range of 0.26 to 0.42 g H$_2$/COD/g COD removed through the anodic reaction (Zeng et al., 2015). The concept of biorefineries could also be beneficial for polyphenol purification as well as for targeted modification of fruit-based phenolics. As waste products can be directly considered as substrate input for an MES, the combination of an ethanol biorefinery process could allow the maximization of the energy output and simultaneous valorization of the ethanol waste stream (Fig. 6) (Thygesen et al., 2010).

### 4.13. Thermoelectric microconverter-MEC coupled system

Industrial processes viz., automobile industries, steel industries, etc., generate waste heat as by-product which can be tapped as an energy source by thermoelectric converters and this energy is called as thermoelectricity. This phenomenon is called as Seebeck effect and was discovered in 1821 (Elshiekh et al., 2014). Thermoelectricity converters function based on the temperature gradient that exists in the medium, which can be water or any solid phases. Industrial activities generate a large amount of heat and that could create a temperature gradient, which could help with thermoelectricity generation. Thermoelectricity can also be captured from low temperatures on which limited studies are available. Recovery of waste heat from such low temperatures is more environmentally friendly. MECs operation for the production of H$_2$ requires low amounts of electrical energy. Thermoelectricity is renewable in nature. Thus, the integration of MECs with thermoelectricity can make the H$_2$ production process more sustainable. Chen et al. (2016) evaluated the effects of different temperature ranges in a thermoelectric microconverter-MEC coupled system on H$_2$ production from acetate as carbon source. HPR of the systems was found to depend on the generated electric potential by the thermoelectric microconverter. Based on the temperature (between 35 to 55°C), the voltage varied between 170 mV to 830 mV. Maximum H$_2$ production of 0.16 m$^3$/m$^3$/d and yield of 2.7 mol/mol$_{acetate}$ were recorded at 55°C of the hot side, where an average voltage of 700 mV was sustained with the current density in the range of 0.28 to 1.10 A/m$^2$ (Chen et al., 2016).

### 5. Existing challenges and limitations to scaling-up the MEC technology

Bringing the MEC technique into a pilot or industrial scale is still a challenge. MECs, as being a newly developed technique in the past decade,
Fig. 7. Key factors influencing the components of microbial electrolysis cell (MEC) during the scale-up of the process.

Table 2. Comparison of the present review with the review articles previously published on MEC (2013-2019).

| Reference                     | Different types of MEC integration |
|-------------------------------|-----------------------------------|
| This Study                    | ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ |
| Hua et al. (2019)             | ✓ × × × × × ✓ × ✓ × ✓ × ✓ |
| Katuri et al. (2019)          | ✓ × × ✓ × × ✓ × ✓ × × ✓ |
| Yang et al. (2019)            | × ✓ × × × ✓ × ✓ × ✓ × |
| Bakonyi et al. (2018)         | × × × ✓ × × × × × × × |
| Jiang et al. (2018)           | × × ✓ × × ✓ ✓ ✓ × × × |
| Li et al. (2018)              | × ✓ × × × × × × × × ✓ |
| Sivagurunathan et al. (2018)  | ✓ × × ✓ × × × × × × × |
| Yu et al. (2018)              | × × × × × × × × × × × |
| Bundhoo (2017)                | ✓ × × ✓ × × ✓ × × × × |
| Khan et al. (2017)            | × × ✓ ✓ × × × × × × × |
| Zhen et al. (2017)            | × × × × × × × × × × × |
| Escapa et al. (2016)          | × ✓ × × × × × × × × × |
| Sadhuikhan et al. (2016)      | × × × × × × × × × × × |
| Lu and Ren (2016)             | × × × × × × × × × × × |
| Kadier et al. (2016a)         | ✓ × ✓ ✓ ✓ × × × × × ✓ |
| Kadier et al. (2016b)         | ✓ × ✓ ✓ ✓ × × × × × ✓ |
| Zhang et al. (2014)           | ✓ × ✓ ✓ ✓ × × × × × ✓ |
| Zhou et al. (2013)            | ✓ ✓ × × × × × × × × × |

* A: MEC – MFC coupled system; B: Submersible Microbial Electrolysis Cell (SMFC); C: Solar powered MEC; D: Dark fermentation and MFC-MEC coupled system; E: Integration of pyrolysis with MEC; F: Microbial Reverse-Electrodialysis Electrosynthesis Cells (MRECs); G: Integration of MEC and Anaerobic Digestion (AD); H: Integration of MEC with anaerobic membrane bioreactor (MBR); I: MEC-Pressure Retarded Osmosis (PRO) system; J: Integration of MEC with acidogenic bioreactor; K: Integration of MEC with microbial electrolysis and desalination cell; L: Integration of MEC with lignocellulosic ethanol biorefinery process; M: Thermoelectric microconverter-MEC coupled system.
has not been well studied at large scale yet, with only a few pilot studies reported so far (Rozendal et al., 2006; Cusick et al., 2012; Heidrich et al., 2013; Gil-Carrera et al., 2013; Escapa et al., 2016). The biggest impediment to scale up MECs (similar to the other bioelectrochemical systems) is the matter of system efficiency. More energy losses and lower specific production rates are normally observed with increases in reactor size (Escapa et al., 2016; Li et al., 2018). Some core technical challenges of each component of MEC reactors are presented in Figure 7. Firstly, there is a major challenge to maintain the electron transfer efficiency from exoelectrogens to the anode while scaling up the MEC reactors. Even though the relationship between current density and anode surface area has not been systematically quantified, it is generally accepted that the current density would decrease with increases in anode size (Dewan et al., 2008). This will reduce energy efficiency and increase the energy input cost for H₂ production. Establishing a highly electrochemically active biofilm and maintaining the sufficient mass/electron transfer within the biofilm is essential.

Another important issue affecting MEC efficiency is energy losses. The first factor that causes energy loss is the pH gradient, which is a common issue for membrane-based MEC reactors regardless of the membrane material used (Rozendal et al., 2006). This could cause a major shift in cathode potential and interfere with anode exoelectrogen metabolism. Rozendal et al. (2006) reported that about 0.38V out of 1V applied in the system was lost due to the proton gradient using a CEM. The ion selection of membrane as well as the ions presented in the electrolyte and its pH buffering capability determine the pH gradient between the two compartments. It should be noted that buffering the electrolyte by chemical dosing is also impractical at the industrial scale. Therefore, a practical solution to solve this issue is highly required.

The second type of energy loss is caused by the ohmic resistances, mainly originating from the ohmic resistance of anode and cathode as well as the conductivity of electrolytes and membrane. Because of their relatively lower conductivity and lower ohmic resistance, carbon-based electrodes could serve more ideally at large scale applications. Moreover, the conductivity of electrolytes is also an issue, especially when an MEC is combined with wastewater treatment. Although some wastewaters have high conductivities, such as distillery wastewater (Mohankrishna et al., 2010), wastewater from chemical industries (Venkata Mohan et al., 2008), and source-separated urine (Ledzma et al., 2015), the majority of domestic and industrial wastewaters typically show low conductivity that could cause large ohmic losses (Jeremiasse et al., 2010). This will require shortening the distance between the two electrodes (anode and cathode) to reduce the ohmic drop, but another issue of gas diffusion will become serious in this case: either the diffusion of H₂ to anode to induce the methanogens growth or the diffusion of carbon dioxide to cathode to reduce the purity of H₂ gas.

In addition to the issue solely related to MEC reactors, integrating MECs with other techniques on a large scale also still challenging. Integrating with other techniques could significantly expand the potentiality of MECs and could enhance their industrial competitiveness. The major challenge of this approach is that most of the options discussed above are still in the stage of infancy and sufficient insights are lacking. Firstly, advanced system-structure designs are required to meet both requirements of MECs and the other processes to be integrated. This may lead to higher costs for system construction, which needs to be compensated for by additional benefits. Furthermore, the comparability between MECs and the technique to be integrated is unclear and needs to be systematically investigated. Since the two techniques are dependent of each other, the performance of one process could exert a significant influence on that of the other. This influence could be negative if the system is not well-designed. Dynamic evaluation of the configuration is also essential, especially because of the relatively low rate of MECs. Different scaling up factors, required for MEC reactors and other techniques to achieve a dynamic equilibrium status, might be problematic and need to be solved during the scaling up process.

6. Conclusions and future prospects

Table 2 presents a comparison between the present review and the review articles previously published on MECs (2013-2019). As seen, to the best of our knowledge, this work is the most inclusive review on the topic in particular for its coverage of the various MFC integration options.

In summary, the future of MECs seems promising in reducing the overall cost of wastewater treatment and in providing additional benefits through the production of H₂ or other value-added fuels/chemicals. However, MEC technology is still in its infancy, facing some challenges which should be overcome prior to its scaling-up and commercialization. Issues like energy loss, mass transfer limitations, pH gradient, etc., need to be investigated systematically at pilot-scale using real-field wastewaters. Application of dynamic modeling and designing MECs having lower mass transfer limitations and energy loss are also equally important. The advantage of integrating MEC with different energy-generating processes will also improve the pace of biorefinerries growth towards sustainable development.

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