Chromatin without the 30-nm fiber
Constrained disorder instead of hierarchical folding

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Several hierarchical levels of DNA packaging are believed to exist in chromatin, starting from a 10-nm chromatin fiber that is further packed into a 30-nm fiber. Transitions between the 30-nm and 10-nm fibers are thought to be essential for the control of chromatin transcriptional status. However, recent studies demonstrate that in the nuclei, DNA is packed in tightly associated 10-nm fibers that are not compacted into 30-nm fibers. Additionally, the accessibility of DNA in chromatin depends on the local mobility of nucleosomes rather than on decompaction of chromosome regions. These findings argue for reconsidering the hierarchical model of chromatin packaging and some of the basic definitions of chromatin. In particular, chromatin domains should be considered as three-dimensional objects, which may include genomic regions that do not necessarily constitute a continuous domain on the DNA chain.

Introduction

In eukaryotic cells, a very long DNA chain (the total length of DNA in a haploid set of human chromosomes is ~2 meters) is packaged within a relatively small volume of the cell nucleus, which typically has a diameter of ~10 μm. In spite of its tight packaging, DNA remains accessible for the transcription and replication machinery. The mechanisms of DNA packaging in chromatin have been intensively studied over the past 40 y. It is commonly believed that DNA is packed at several hierarchical levels, the first of them being the wrapping of DNA over histone octamers to form nucleosomes. The nucleosomal chain has been thought to be packed into the so-called 30-nm fiber and further folded to form loops or several hierarchical coiled structures. Of all these structures, only the nucleosomal particle has been characterized in detail (including the high-resolution structure of a histone octamer and an octamer wrapped with DNA). The structure of the 30-nm chromatin fiber remains unclear, and the very existence of this fiber in living cells has been questioned by some authors. As for the higher level of chromatin packaging, the existing experimental data are so controversial that no comprehensive picture can be drawn. The principal difficulty was the absence of an experimental tool allowing for the study of the DNA path in chromatin within an undisturbed cell nucleus. For this reason, the existing models of chromatin folding at supranucleosomal scales are mostly based on observations made in experiments with chromatin fibers either folded or both assembled and folded in vitro. Although experiments of this type allow for elucidation of the basic mechanisms of chromatin fiber folding and intranucleosomal interactions, the relevance of models based on observations made in vitro to the actual status of chromatin folding in vivo is not obvious. One aspect of the problem that is usually overlooked is the dynamics of nucleosomes and folded nucleosomal fibers. In the case of X-ray analysis, the method of study already modifies the object being studied. Indeed, only static objects can be crystallized. Therefore, specific (and frequently "unnatural") conditions are used to stabilize a particular configuration of either a nucleosomal particle or a fragment of a chromatin fiber (e.g., see ref. 8). For this reason, the existence of a variety of other configurations may have escaped the attention of researchers.

30-nm Chromatin Fiber

The 30-nm chromatin fiber was first seen when chromatin released from nuclei was inspected under an electron microscope. Based on the results of X-ray analysis, it was proposed that this fiber forms from the folding of a nucleosomal chain into a helical structure (solenoid or “one-start” helix) where the nucleosomes coil around a central cavity with ~six nucleosomes per turn, so that each nucleosome in the fiber interacts with its fifth and sixth neighbor nucleosomes. Later, electron microscopy (EM) studies of chromatin that had been frozen immediately after release from nuclei demonstrated that in a 30-nm fiber, nucleosomes are arranged not linearly along the same helical path but rather zigzag back and forth to form a “two-start” helix, in which each nucleosome binds to the second neighbor nucleosome. A solenoid has been proposed to represent a structure that is the most stable thermodynamically and, thus, any other type of supranucleosomal fiber is easily converted into a solenoid, as long as this conversion was not prevented by freezing. Crystallization of a tetranucleosomal array provided additional evidence for the...
zig-zag model of the 30-nm fiber. However, the tetramer that was crystallized was assembled without H1, and the nucleosomal repeat length was only 167 bp (in contrast to the 200 bp typical for most eukaryotic organisms). Thus, the biological relevance of this structure is unclear. Nevertheless, some conclusions that followed from the analysis of the crystallized tetramer appear highly important. In particular, it was observed that the fiber was stabilized by interaction of a charged H4 tail with the acidic patch on the globule of a neighboring nucleosome. The acidic patch is composed of several negatively charged amino acid residues present in histones H2A and H2B. Variant forms of histone H2A (H2A.Z, H2A.Bbd, and macro-H2A) have substitutions in the region involved in the formation of the acidic patch. The presence of these substitutions correlates well with the stability of the 30-nm fiber and the biological properties of chromatin domains containing these variant histones. Also of note is that acetylation of the tail of H4 (in particular at K16) results in destabilization of the 30-nm fiber, as one would expect based on analysis of the crystallized tetramer structure.

Cryo-electron microscopy of long regular nucleosomal arrays assembled in vitro on regularly spaced positioning sequences demonstrated that spacer length and the presence of a linker histone are of crucial importance for the parameters of the 30-nm fibers. Short-to-medium repeat length, including the most typical repeat length for metazoan cells (200 bp), favors formation of zig-zag structures, while longer repeat lengths allow for the assembly of solenoid-like structures. Most importantly, results of several recent studies strongly suggest that the 30-nm fiber is not uniform. In this heteromorphic 30-nm fiber, the regions with two-start organization (zig-zag) are interspersed by regions possessing properties of one-start solenoids. If it exists in nature (see below), the 30-nm fiber most likely represents a delicate balance of different configurations that can be modified by a number of factors, including but not limited to, deposition of linker histones and high mobility group (HMG) proteins, incorporation of variant histones, modifications of histone tails, activity of chromatin remodeling factors, presence of phased nucleosome arrays, and interruptions in the continuity of nucleosomal fibers due to the presence of nucleosome-free regions.

Importantly, all of the above observations were made in experiments performed in vitro. Meanwhile, estimation of the contour length of active segments of the genome made using fluorescence in situ hybridization (FISH) and other more sophisticated approaches suggests that these regions are compacted far beyond the level that can be achieved by packaging in a 30-nm fiber. It is thus likely that in both active and repressed genome regions, chromatin is folded by side condensation of 10-nm fibers into a compact structure that textbooks usually show to illustrate a possible way of forming heterochromatin (Fig. 1). Fiber association can be stabilized by interaction between nucleosomes that belong to different fibers. This interaction may be either direct (e.g., interaction of the H4 tail with the acidic patch of another nucleosome) or assisted by architectural proteins, such as Hsp1 (Fig. 1). One can imagine the side-to-side association of both 10-nm and 30-nm fibers. Until recently, the existing experimental approaches did not allow visualization of the path of DNA within the nucleus due to the overlapping of multiple chromatin fibers projected onto a single 2D image. This problem was solved by combining electron spectroscopic imaging (ESI) with electron tomography. Surprisingly, 10-nm fibers were the only regular chromatin structures that were observed in eukaryotic cell nuclei using this technique. Both euchromatic and heterochromatic regions appeared to be composed of tightly packed 10-nm fibers with no traces of 30-nm fibers seen anywhere. The compaction level (i.e., the density of nucleosomal particles per a volume unit) was higher in heterochromatic regions, but this was achieved by more densely packaged 10-nm fibers and not by their folding into a regular structure. In heterochromatic regions, the bending of individual fibers was more pronounced. Experiments performed using electron cryotomography also demonstrated that there is no regularity in the higher-order packaging of a nucleosomal fiber. Interphase chromatin appeared to be a disordered assemblage of nucleosomes and could best be described by the polymer melt model. Using Hi-C analysis (a biochemical approach based on the proximity ligation procedure), Dekker and collaborators also came to the conclusion that both open (active) and closed (repressed) chromatin domains were composed of a single type of fiber. No evidence for the hierarchical folding of chromatin fibers was found.

**Active Chromatin and the Histone Code**

Pioneering observations made by Weintraub and Groudine that were confirmed in a number of subsequent studies demonstrated that actively transcribed genes were preferentially sensitive to nucleases in permeabilized cells. The proposed explanation for this preferential sensitivity to nucleases was that in active chromatin regions, DNA is more accessible to trans-acting factors. Additional accessibility can be gained both by reorganization of core particles, allowing for nucleases to attack DNA wrapped around the octamer, and by reorganization of higher-order chromatin structures, allowing for more easy diffusion. Although nucleosomal particles isolated from active chromatin possess some special characteristics, preferential sensitivity of active genes to nucleases was commonly considered to be a consequence of partial chromatin unfolding. In particular, the unfolding of 30 nm-fibers is believed to be the cause of preferential sensitivity to nucleases. As discussed above, current results show that this is an oversimplification. Still, less dense packaging of chromatin in active (euchromatic) regions is an established fact confirmed by numerous studies, including those that demonstrated the absence of 30-nm chromatin fibers in undisturbed nuclei. Active and repressed genomic regions are characterized by different profiles of histone modifications. Since the histone code hypothesis was first proposed, the significance of different histone modifications has been intensively studied. Development of modern genomic approaches (including chromatin immunoprecipitation [ChIP] followed by high-throughput sequencing) allowed for comprehensive analysis...
of profiles of histone modifications in different organisms, different genomic regions and under different conditions (e.g., differentiation and transcriptional activation in response to hormones). The histone code hypothesis gradually transformed into the histone context hypothesis, as several different modifications should be considered simultaneously to predict positions of genome regulatory elements and to determine the type of chromatin domain (reviewed in refs. 50-53). Histone modifications essential for activation of chromatin domains have been discussed in terms of transitions between 30-nm and 10-nm chromatin fibers. For example, acetylation of histone H4 at position K16 was shown to prevent interaction of the H4 N-terminal tail with the acidic patch on the neighboring nucleosomal globule, therefore destabilizing the 30-nm chromatin fiber. Substitution of histone H2A by H2A.Bbd had similar consequences due to a decrease in the negative charge of the acidic patch. In view of the new concepts of chromatin folding (see the previous section), one may question the biological relevance of all the above-mentioned conclusions, although such reasoning appears to be too hasty. Irrespective of whether 30-nm fibers exist or not, the generic mechanisms of higher-order hierarchical folding that depend on histone substitutions or modifications are still likely to play major roles in higher order folding structures. For example, in the absence of intra-fiber interactions resulting in the formation of a 30-nm fiber, these mechanisms may stabilize inter-fiber associations necessary to keep chromatin in a folded state. Consequently, loss of interactions between neighboring nucleosomes will lead to local decompaction of a chromatin domain.

Is Decompaction of Chromatin Necessary to Grant Accessibility of DNA?

The answer to this question seems obvious. Indeed, it is known that active chromatin is preferentially digested by nucleases and is packed in a less dense fashion. However, to what extent dense packaging of nucleosomal arrays interferes with accessibility of DNA has remained unknown until recently. In a recent study, Maeshima and collaborators directly approached this question using fluorescence correlation spectroscopy. Unexpectedly, a relatively large object (in this case, a pentamer of enhanced green fluorescent protein [EGFP] that is slightly larger than a nucleosome) moved with comparable speed through the cytoplasm, interphase chromatin, and metaphase chromatin, although the estimated density of nucleosomal particles in metaphase chromatin was 5 to 10 times higher than in interphase chromatin. Computer simulations demonstrated that an object of this size should not move at all through metaphase chromatin unless nucleosomes are mobile (i.e., can make short non-directional movements at distances of up to 10–20 nm). Single nucleosome imaging studies showed that nucleosomes are indeed mobile in living cells. For both interphase and mitotic chromatin, the fluctuation of individual nucleosomes was ~50 nm/30 ms. If confirmed by other researchers, these observations may open a new chapter in the study of chromatin domains. Modifications of histones, collectively known as the histone code, may control the local mobility of nucleosomes. In the computer simulations mentioned above, the nucleosomes and the EGFP pentamer were considered as solid spheres. In reality, all cellular constituents, including nucleosomes, are relatively soft, i.e., they can change their shape to some extent. This can further enhance the mobility of different objects in chromatin.

In Conclusion

During the past 35 y, the hierarchical model of chromatin folding constituted the basis for the study of the functionally relevant spatial organization of the eukaryotic genome. However, this model was mostly based on results obtained from experiments performed in vitro. The development of methods allowing for the study of chromatin folding in living cells permitted researchers to make observations that have questioned this model. To account for the new data, many current concepts of chromatin need...
to be revised. Although some established results (such as the relation of histone acetylation to chromatin activation) remain clear, their interpretation of particular molecular events should be reconsidered in view of a new model of interphase chromatin folding. There is no need to revise the basic principles of signals (either activation or repressive) that spread in chromatin via modification of histones in neighboring nucleosomes and attraction of “histone code writers” to these modified nucleosomes. However, in a mesh of stochastically folded and tightly packed chromatin, the activating/repressive signal will spread in all directions in 3D space, as nucleosomes from different fibers will be positioned close to a nucleation center (Fig. 2). In this situation, it is not clear how the spreading of this signal can be restricted to a particular genome area. Perhaps organization of chromosomes into topologically associating domains (TADs) or smaller globular units61 may put restrictions upon chromatin domain expansion. In classical molecular biology, distances were calculated in kilobases rather than in micrometers. This measurement principle also applies to the mapping of chromatin modifications (see, for example, the ENCODE project).

Recognition of the importance of long-range intrachromosomal and interchromosomal interactions has made modern genomics three-dimensional;62 chromatin studies will expand in the same direction. Chromatin domains are not necessarily continuous. These domains may be composed of a mosaic of chromosome regions that become united in a 3D nuclear space. The Hi-C data strongly support the idea of spatial segregations of active and repressive genomic regions.

Disclosure of the mechanisms controlling the assembly of 3D chromatin domains that incorporate segments of different chromosomal regions constitutes an important task for future studies. By solving this problem it will become possible to reinterpret the existing data on the distribution of histone modifications and to provide new insights into the principles of histone code functioning. The current progress in the development of high-resolution microscopic techniques, allowing the study of living cells, promises exciting new discoveries in the chromatin field.

Disclosure of Potential Conflicts of Interest
No potential conflicts of interest were disclosed.

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