Fluctuations and the axial anomaly with three quark flavors

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I. INTRODUCTION

Quantum Chromodynamics (QCD) with \(N_f\) flavors of massless quarks has a global \(U(N_f)\times U(N_f)\) symmetry which is spontaneously broken in the low-energy hadronic sector of QCD by the formation of non-vanishing chiral condensates. The included axial \(U(1)_{A}\)-symmetry is violated by quantization yielding the axial or chiral anomaly \([1]\) which is related to the \(U(1)_{A}\)-problem \([2,3]\). The large mass of the \(\eta'\)-meson can be explained by an instanton induced ’t Hooft determinant \([5]\) and is linked to the topological susceptibility of the pure gauge sector of QCD \([6]\).

At high temperatures and baryon densities QCD predicts a transition from ordinary hadronic matter to a chirally symmetric phase, whose detailed symmetry restoration pattern is not yet fully clarified. At baryon densities a few times of normal nuclear density and relatively low temperatures a color-flavor locked phase is expected at sufficiently high temperatures and chemical potentials \([7]\).\(^*\) Inhomogeneous phases might additionally arise \([8]\). A deeper understanding of the nature of the chiral phase transition is not only important on the theoretical side, but also plays a crucial role in relativistic heavy-ion experiments \([9]\). On the one hand, it is well-established that the \(U(1)_{A}\)-symmetry is restored at high temperatures and chemical potentials \([10]\). On the other hand, it is an open question whether an effective \(U(1)_{A}\)-symmetry restoration occurs at the chiral transition temperature for three physical quark masses. For related two and three flavor investigations in the chiral limit see e.g. \([11]\).

Recent analyses of experimental data by the PHENIX and STAR collaborations at the Relativistic Heavy Ion Collider (RHIC) have revealed a drop in the \(\eta'\)-meson mass at the chiral crossover temperature \([12]\). This observation is interpreted as a sign of an effective \(U(1)_{A}\)-symmetry restoration already at the chiral transition temperature \([13]\).

Similar conclusions can be drawn from several recent lattice QCD investigations \([14,15]\). Unfortunately, these investigations are still hampered by a sign problem at finite chemical potential, e.g. \([16]\). Other non-perturbative approaches without sign problem are based on continuum methods such as the functional renormalization group (FRG) \([17]\). Recently, functional methods have been successfully applied to the \(U(1)_{A}\)-problem, see e.g. \([18]\), the low-energy QCD sector at finite temperature and chemical potentials, e.g. \([19]\) as well as QCD-like effective theories. Usually, such effective investigations are performed with two flavors, assuming a strong axial anomaly and taking only the \((\sigma,\pi)\)-multiplet into account \([20,21]\), see \([22]\) for a more elaborate one flavor approach. In view of recent lattice and experimental observations the assumption of a strong axial anomaly seems to be not justified, at least in the vicinity of the chiral transition. However, it has been shown in purely bosonic theories that the chiral transition crucially depends on the fate of \(U(1)_{A}\)-symmetry violating operators at the chiral transition \([23,24]\). As a consequence, the proper implementation of the \(U(1)_{A}\)-anomaly is also important in model investigations at intermediate chemical potentials. In particular, this might affect a possibly existing critical endpoint in the QCD phase diagram \([27]\).

This work is an extension of previous analyses within effective linear sigma models with two \([22]\) and three quark flavors \([24]\) to the more realistic case where the three flavor dynamics on the chiral phase transition is included beyond mean-field approximations. The restoration of the chiral \(SU(3)_{L}\times SU(3)_{R}\) as well as the axial \(U(1)_{A}\)-symmetry with temperature and quark chemical potential are addressed. The breaking of the \(U(1)_{A}\)-symmetry in the Lagrangian is implemented by an effective Kobayashi-Maskawa-’t Hooft determinant \([5,30]\).

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which models the axial \(U(1)_A\)-anomaly.

The outline of this work is as follows: In the next Sec. [II] we examine a \(U(N_f) \times U(N_f)\)-symmetric chiral quark-meson model with axial \(U(1)_A\)-symmetry breaking. In order to study the influence of thermal and quantum fluctuations on the chiral phase transition including the axial anomaly various approximations of the grand potential are considered. In Sec. [III] we briefly summarize the mean-field approximation of the grand potential of the three flavor model, where mesonic fluctuations are ignored, c.f. [29]. These fluctuations are included with the functional renormalization group method which we discuss in a leading-order derivative expansion of the effective action in Sec. [IV]. Our numerical results on the chiral phase transition, the dependency on the axial anomaly and the quark mass sensitivity are collected in Sec. V. We conclude and summarize in Sec. [V]. Technical details of the FRG implementation are given in the appendices.

II. \(U(1)_A\)-SYMMETRY BREAKING IN CHIRAL MODELS

Quark-meson models often serve as an effective description of low-energy QCD with \(N_f\) quark flavors. They consist of a chirally invariant linear sigma model, typically for (pseudo)scalar mesonic degrees of freedom, \(\Sigma\), a Yukawa-type quark-meson vertex and a bilinear quark action [31].

In general, the Euclidean Lagrangian of the mesonic sector with a global chiral \(U(N_f)_L \times U(N_f)_R\) flavor symmetry has the form [32, 33]

\[
\mathcal{L}_m = \text{tr}[\partial_\mu \Sigma \partial_\mu \Sigma^\dagger] + U(\{\rho_i\}) ,
\]

where the potential \(U\) is a function of chiral invariants \(\rho_i\) defined by

\[
\rho_i = \text{tr}\left[\left(\Sigma \Sigma^\dagger\right)^i\right] , \quad i = 1, \ldots, N_f .
\]

It is also possible to construct higher chiral invariants with \(i > N_f\), but these invariants can be expressed in terms of the lower ones with \(i \leq N_f\) [20]. In addition, only the invariants \(\rho_1\) and \(\rho_2\) correspond to renormalizable interactions in four spacetime dimensions and \(\rho_1\) is the only invariant quadratic in the fields.

The \((N_f \times N_f)\)-matrix field \(\Sigma\) parametrizes the scalar \(\sigma_a\) and the pseudoscalar \(\pi_a\) meson multiplets

\[
\Sigma = T^a (\sigma_a + i \pi_a) ,
\]

where the \(N_f^2\) Hermitian generators of the \(U(N_f)\) symmetry are normalized by \(\text{tr}[T^a T^b] = \delta^{ab}/2\). For three flavors the generators are \(T^a = \lambda^a/2\) with the standard Gell-Mann matrices \(\lambda^a\) and \(\lambda^3 = 0\). Explicit chiral symmetry breaking can be implemented by adding

\[
\text{tr}\left[C(\Sigma + \Sigma^\dagger)\right] , \quad C = T^a c_a ,
\]

to the Lagrangian \(U(1)_A\) yielding non-vanishing Goldstone boson masses. Adjusting the constant parameters \(c_a\), different explicit symmetry breaking patterns are possible [34].

As mentioned in the introduction, the (axial) \(U(1)_A\)-symmetry breaking can be implemented in the effective Lagrangian on the tree-level by adding the lowest dimensional \(U(1)_A\)-symmetry violating operator, the Kobayashi-Maskawa-’t Hooft interaction term \([3, 30]\)

\[
\xi = \text{det} \left[\Sigma\right] + \text{det} \left[\Sigma^\dagger\right] ,
\]

\[
x\Rightarrow \text{det} \left[\Sigma\right] + \text{det} \left[\Sigma^\dagger\right] ,
\]

\[
\xi = \text{det} \left[\Sigma\right] + \text{det} \left[\Sigma^\dagger\right] ,
\]

to the Lagrangian which represents a determinant in flavor space. On the quark level, this interaction corresponds to a flavor- and chirality-mixing \(2N_f\)-point-like interaction with \(N_f\) incoming and \(N_f\) outgoing quarks. From a phenomenological point of view this term is important to properly describe, for example, the \(\eta\) and \(\eta'\) meson mass splitting [35]. It breaks the axial \(U(1)_A\)-symmetry, but is invariant under the \(SU(N_f)_L \times SU(N_f)_R \times U(1)_V\)-symmetry. However, other axial symmetry breaking terms are possible, cf. e.g. [20]. For example, a \(U(1)_A\)-symmetry breaking term proportional to \(\left(\text{det} \left[\Sigma\right] - \text{det} \left[\Sigma^\dagger\right]\right)\), would violate the discrete \(\Sigma \rightarrow \Sigma^\dagger\) symmetry and is discarded due to the required \(CP\) invariance of the model. The \(U(1)_A\)-symmetry breaking term via Eq. (5) scales with the meson (quark) fields to the power \(2\), which leads to qualitative differences as the number of flavors is increased [20, 30]. In the mesonic formulation, the \(N_f = 1\) case yields a linear explicit breaking term, whereas for \(N_f = 2\) the determinant corresponds to a mesonic mass term. Important \(N_f\)-dependent effects on the chiral transition are anticipated.

We focus on three quark flavors \(q = (u, d, s)\) with an exact \(SU(2)\) isospin symmetry in the light quark sector, i.e. two light flavors are degenerate with \(m_u = m_d = m\). The renormalizable and chirally symmetric potential with the \(U(1)_A\)-anomaly is expanded as

\[
U(\rho_1, \rho_2, \xi) = m^2 \rho_1 + \lambda_1 \rho_1^2 + \lambda_2 \rho_2 - c\xi ,
\]

where we have introduced four parameters \(m^2, \lambda_1, \lambda_2\) and \(c\) with values such that the potential is bounded from below. The parameter \(c\) represents the strength of the cubic \(U(1)_A\)-symmetry violating determinant and is temperature and density dependent in general [28]. In the instanton picture the anomaly strength in the vacuum is proportional to the instanton density and can be estimated perturbatively [5]. In total, without the Kobayashi-Maskawa-’t Hooft term, i.e. for \(c = 0\), the model has an \(U(1)_V \times SU(N_f)_L \times SU(N_f)_R \times U_A(1)\) symmetry which reduces to an \(U(1)_V \times SU(N_f)_L \times SU(N_f)_R\) symmetry for non-vanishing \(c\) apart from multiple covering of the groups. The potential is of order \(O(\Sigma^4)\) and all invariants obey the discrete symmetry \(\Sigma \rightarrow \Sigma^\dagger\).

Finally, the quark-meson (QM) model is obtained by coupling quarks in the fundamental representation of \(SU(N_f)\) to the mesonic sector which yields the La-
The quark chemical potential matrix $\tilde{\mu}$ is diagonal in flavor space $\tilde{\mu} = \text{diag}(\mu_1, \mu_1, \mu_s)$ and we will consider in the following only one flavor symmetric quark chemical potential $\mu \equiv \mu_1 = \mu_s$.

Appropriate order parameters for spontaneous chiral symmetry breaking are the quark condensates that are related via bosonization to vacuum expectation values of the corresponding scalar-isoscalar mesonic fields. For three quark flavors the corresponding non-strange–strange ($x-y$) basis and for isospin symmetry $\langle \sigma_y \rangle$ vanishes and only the remaining two condensates are independent.

As argued in [29] it is advantageous to rotate the scalar singlet-octet $(0-8)$ basis into the non-strange–strange $(x-y)$ basis by

$$
\begin{pmatrix}
\sigma_x \\
\sigma_y
\end{pmatrix} = \frac{1}{\sqrt{3}} \begin{pmatrix}
\sqrt{2} & 1 \\
1 & -\sqrt{2}
\end{pmatrix} \begin{pmatrix}
\sigma_x \\
\sigma_y
\end{pmatrix}.
$$

In this case, the explicit symmetry breaking term simplifies to $\text{tr}[C(\Sigma + \Sigma')] \rightarrow c_x \sigma_x + c_y \sigma_y$ with the modified non-strange $c_x$ and strange $c_y$ explicit symmetry parameters. For the vacuum expectation value we obtain $\langle \Sigma \rangle = \text{diag}(\langle \sigma_x \rangle/2, \langle \sigma_x \rangle/2, \langle \sigma_y \rangle/\sqrt{2})$.

### III. MEAN-FIELD APPROXIMATION

We begin with a mean-field analysis of the three flavor model and derive the grand potential. In the mean-field approximation (MFA) of the path integral for the grand potential, certain quantum and thermal fluctuations are neglected. In case of the quark-meson model the mesonic quantum fields are usually replaced by constant classical expectation values. Only the integration over the fermionic degrees of freedom is performed, which additionally yields a divergent vacuum contribution to the grand potential. In the standard MFA this vacuum term is simply ignored. However, the quark-meson model is renormalizable and the inclusion of the divergent vacuum contribution to the grand potential is possible. The consideration of the vacuum terms represents a first step beyond the standard MFA, see [30, 37] for the influence of the vacuum fluctuations on the thermodynamics and [38, 39] for corresponding investigations in other models. In the following we will employ the standard (no-sea) MFA where the vacuum term in the grand potential is omitted, in order to straightforwardly compare our results with previous works. Later on we will confront our MFA analysis with various renormalization group results where the vacuum terms are included.

In the no-sea MFA the resulting grand potential consists of two contributions: the purely mesonic potential $V$ with a linear explicit chiral symmetry breaking term and the quark/antiquark contribution $\Omega_{\bar{q}q}$

$$
\Omega_{\bar{q}q}(T, \mu) = \Omega_{\bar{q}q}(T, \mu; \Sigma) + V(\Sigma),
$$
evaluated at the minimum $\Sigma \equiv \langle \Sigma \rangle$ of the potential. Explicitly, the mesonic potential is given by

$$
V(\Sigma) = \frac{m^2}{2}(\sigma_x^2 + \sigma_y^2) - c_x \sigma_x - c_y \sigma_y - \frac{c}{2\sqrt{2}} \sigma_x^2 \sigma_y
$$
$$
+ \frac{2\lambda_1 + \lambda_2}{8} \sigma_x^4 + \frac{\lambda_1}{2} \sigma_x^2 \sigma_y^2 + \frac{\lambda_1 + \lambda_2}{4} \sigma_y^4
$$

(11)

and the quark/antiquark contribution without the vacuum term reads

$$
\Omega_{\bar{q}q} = -2N_f T \sum_{f=1}^{N_f} \int \frac{d^3p}{(2\pi)^3} \left\{ \ln \left[ 1 + e^{-(E_{p,f} + \mu)/T} \right] + \ln \left[ 1 + e^{-(E_{p,f} - \mu)/T} \right] \right\}.
$$

(12)

The quark/antiquark single-quasiparticle energies are defined by $E_{p,f} = p^2 + m_f^2$ with the field-dependent eigenvalues $m_f^2$ of the mass matrix $h^2 \Sigma \Sigma^\dagger$, which yield the constituent quark masses, when evaluated at the minimum $\Sigma$. In the non-strange–strange $(x,y)$ basis and for $SU(2)$ isospin symmetry the masses simplify to

$$
m_l = h \frac{\sigma_x}{2}, \quad m_s = h \frac{\sigma_y}{\sqrt{2}}.
$$

(13)

where the index $l$ labels the two degenerate light (up and down) flavors and the index $s$ stands for the strange flavor.

Finally, the two order parameters for the non-strange and strange chiral phase transition $\langle \sigma_x \rangle$ and $\langle \sigma_y \rangle$ are obtained as the (global) minimum of the grand potential [10] and are functions of the temperature and quark chemical potential, cf [29].

### IV. FUNCTIONAL RENORMALIZATION GROUP ANALYSIS

For the non-perturbative analysis of the three flavor model we employ a functional renormalization group (FRG) equation. One possible implementation of the Wilsonian renormalization group idea is based on the effective average action approach pioneered by Wet- 

terich [40]. The scale evolution of the effective average action $\Gamma_k[\Phi]$ with arbitrary field content $\Phi$ including fermionic and bosonic fields is governed by

$$
\partial_t \Gamma_k[\Phi] = \frac{1}{2} \text{Tr} \left\{ \left[ \Gamma^{(2)}_k[\Phi] + R_k \right]^{-1} \partial_t R_k \right\},
$$

(14)
where \( t = \ln k \) denotes the logarithm of the RG scale \( k \). The trace involves an integration over momenta or coordinates, as well as a summation over internal spaces such as Dirac, color and flavor indices. \( \Gamma_k^{(2)} \) represents the second functional derivative of \( \Gamma_k \) with respect to the fields \( \Phi \) which together with the regulator \( R_k \) defines the inverse average propagator in Eq. (14). Because \( R_k \) serves as a scale dependent infrared mass for momenta smaller than \( k \) slow modes decouple from the further evolution while high momenta are not affected. Hence, \( \Gamma_k \) interpolates between the microscopic theory at large momenta and the macroscopic physics in the infrared (IR), \( k \to 0 \), where the full effective action \( \Gamma = \Gamma_k \to 0 \) represents the generating functional of one-particle irreducible diagrams including all quantum fluctuations. Note that the appearance of the full propagator turns the one-loop structure of Eq. (14) into an exact identity and thus includes non-perturbative effects as well as arbitrarily high loop orders.

Without any truncations the evolved flow equations are independent of the renormalization scheme, i.e., of the choice of the regulator function \( R_k \). However, the solution of the functional equation requires some truncations which result in a regulator dependency. This truncation induced dependence of physical observables on the regulator can be minimized by choosing optimized regulators \([11]\). In this work, a modified three-dimensional version of the optimized regulator by Litim \([11]\) is employed. For bosonic fields the optimized regulator reads
\[
R_{k,B}(\vec{p}) = \bar{\rho}^2 \left( \frac{k^2}{\vec{p}^2} - 1 \right) \Theta \left( 1 - \frac{\bar{\rho}^2}{k^2} \right) , \tag{15}
\]
and for fermions
\[
R_{k,F}(\vec{p}) = i \bar{\rho} \left( \sqrt{\frac{k^2}{\vec{p}^2} - 1} \right) \Theta \left( 1 - \frac{\bar{\rho}^2}{k^2} \right) . \tag{16}
\]
This choice is particularly convenient for finite temperature calculations since the optimized flows at finite temperature factorize \([11, 32]\) and the arising summation over the Matsubara frequencies in the flow equations can be carried out analytically.

The flow equation for \( \Gamma_k \) must be supplemented with an initial condition \( \Gamma_{k \to \Lambda} \) corresponding to the microscopic theory that is in principle given by QCD at some high initial scale \( \Lambda \). Here, we chose an initial scale of the order of \( \Lambda \approx 1 \) GeV close to the threshold scale where the original QCD degrees of freedom can be substituted by effective degrees of freedom, cf. e.g. \([13]\). This is implemented by the following three flavor quark-meson model truncation
\[
\Gamma_{\Lambda} = \int d^4x q \left( \sqrt{\rho^2 + \mu \gamma^4 + h \Sigma_5} \right) q + \text{tr} \left[ \partial^a \Sigma \partial_b \Sigma^a \right] + U\Lambda(\rho_1, \bar{\rho}_2, \xi) . \tag{17}
\]
The meson multiplets \( \Sigma \) and the fields \( \Sigma_5 \) are given by Eqs. \([5]\) and \([6]\). In the effective potential \( U\Lambda \) a modified chiral invariant \( \bar{\rho}_2 = \rho_2 - \frac{\rho_1}{3} \) has been defined which simplifies some expressions. In the non-strange–strange \((x - y)\) basis the chiral invariants are explicitly given by
\[
\rho_1 = \frac{1}{2} \left( \sigma_x^2 + \sigma_y^2 \right) , \quad \bar{\rho}_2 = \frac{1}{24} \left( \sigma_x^2 - 2 \sigma_y^2 \right)^2 , \quad \xi = \frac{\sigma_x^2 \sigma_y}{2\sqrt{2}} . \tag{18}
\]
This ansatz for the effective action, Eq. (17), corresponds to a derivative expansion at leading-order with a standard kinetic term for the meson fields. No scale-dependence in the scalar wave-function renormalizations and Yukawa coupling between the quarks and mesons is taken into account. Finally, this yields the following dimensionful flow equation for the grand potential
\[
\partial_t U_k(T, \mu; \Sigma) = \frac{k^5}{12\pi^2} \left[ \sum_{b=1}^{2N_f} \frac{E_b}{E_b} \coth \left( \frac{E_b}{2T} \right) - 2N_c \sum_{f=1}^{N_f} \frac{1}{E_f} \left( \tanh \left( \frac{E_f + \mu}{2T} \right) + \tanh \left( \frac{E_f - \mu}{2T} \right) \right) \right] , \tag{19}
\]
with the bosonic \((b)\) and fermionic \((f)\) quasi-particle energies
\[
E_i = \sqrt{k^2 + m_i^2} ; \quad i = b, f . \tag{20}
\]
The masses for the quarks simplify in the \((x - y)\) basis according to Eq. (13) and the equations for the meson masses are collected in App. \([19]\). In contrast to the two flavor case \([20, 22]\), the isospin symmetric potential \( U_k \) now depends on two condensates, \( \sigma_x \) and \( \sigma_y \), denoted by \( \Sigma \) in Eq. (19), in analogy to the mean-field potential in Eq. (10).

The right-hand side of the flow equation is composed of a sum of temperature-dependent threshold functions for each degree of freedom. Due to the \( SU(2) \) isospin symmetry some masses of the meson multiplets degenerate and hence yield the same contribution in the flow equation (19).
V. RESULTS AND DISCUSSION

In this section we discuss and compare the phase structure of the (2 + 1)-flavor quark-meson model in different approximations. We focus on the chiral phase transition at finite temperature and flavor symmetric chemical potential and consider homogeneous chiral condensates. Any inhomogeneities which might be of relevance at low temperatures and intermediate quark densities, see e.g. [8], are thus excluded. We thoroughly investigate the interplay of quantum and thermal fluctuations with the temperature and intermediate quark densities, see e.g. [44].

Consequences for the location of the critical endpoint in the phase diagram as well as the order of the chiral transition in the limit of vanishing light quark masses are discussed. We compare results obtained with a full functional renormalization group (FRG) analysis, a mean-field approximation (MFA), and with a modified FRG approximation where meson loop contributions are dropped. The latter approximation is equivalent to the so-called extended mean-field approximation where the renormalized fermionic vacuum sea term is included in the grand potential (eMFA), see [30] and Sec. [31]. Further technical details concerning the numerical solution of the flow equation can be found in the appendices [A1] and [A2]. All parameters of the model are fixed in such a way that experimental observables like the pion decay constant and meson masses are reproduced in the vacuum, see appendix [A2] for details.

A. Chiral Crossover and Axial Anomaly

First we investigate the $U(1)_A$-symmetry breaking and the influence of thermal fluctuations on the chiral crossover at vanishing chemical potential $\mu = 0$. In Fig. [1] we show FRG results for the (pseudo)scalar non-strange masses $\sigma, \pi$, and $a_0$-meson masses as a function of the temperature $T$. In the left panel the $U(1)_A$-symmetry is broken via Eq. [5]. Without this $U(1)_A$-symmetry breaking (right panel) the $\eta'$-meson mass degenerates always with the pion mass and the two sets of light chiral partners $(\sigma, \pi)$ and $(a_0, \eta')$ collapse in the chirally symmetric phase.

In agreement with experiment [12], we find for a broken $U(1)_A$-symmetry that the mass of the $\eta'$-meson drops around the chiral crossover. The drop of the mass at the chiral transition is a consequence of the Kobayashi-Maskawa-'t Hooft determinant and the anomalous $U(1)_A$-symmetry breaking via Eq. [5]. Consequences for the location of the critical endpoint in the phase diagram as well as the order of the chiral transition in the limit of vanishing light quark masses are discussed. We compare results obtained with a full functional renormalization group (FRG) analysis, a mean-field approximation (MFA), and with a modified FRG approximation where meson loop contributions are dropped. The latter approximation is equivalent to the so-called extended mean-field approximation where the renormalized fermionic vacuum sea term is included in the grand potential (eMFA), see [30] and Sec. [31]. Further technical details concerning the numerical solution of the flow equation can be found in the appendices [A1] and [A2]. All parameters of the model are fixed in such a way that experimental observables like the pion decay constant and meson masses are reproduced in the vacuum, see appendix [A2] for details.

![FIG. 1. Meson masses obtained with the FRG as a function of the temperature for vanishing chemical potentials.](image)
Independent of the used approximation the rather slow melting of the strange condensate might be related, at least partially, to the fit procedure of the model parameters. It has been observed previously that for low values of the sigma meson mass, all condensates vanish in the $SU(3)$ chiral limit. As a consequence, spontaneous chiral symmetry breaking is lost \[^{(29)}\] and the value of the strange condensate is mainly governed by the large and temperature-independent explicit symmetry breaking parameter $c_y$. Correspondingly, we expect a considerably smaller temperature dependence of the strange sector compared to the light one.

Finally, the strange condensate melts even slower when mesonic fluctuations are taken into account. This might lead to the conclusion that the temperature-dependence of a $U(1)_A$-symmetry breaking term is mostly driven by the non-strange sector. Work in this direction is in progress \[^{(45)}\].

### B. Finite density and the critical endpoint

In the following we explore how the location of the critical endpoint (CEP) in the phase diagram is affected by fluctuations with and without anomalous $U(1)_A$-symmetry breaking. The location of the CEP also depends considerably on the chosen value of the $\sigma$-meson mass \[^{(29)}\]. To eliminate this $m_\sigma$-dependence, we fix the value to $m_\sigma = 480$ MeV, unless stated otherwise.

Results for the location of the CEP obtained with our various approximations to the grand potential are summarized in Tab. 1. In agreement with previous investigations \[^{(29)}\], we find that in a standard mean-field approximation the CEP is pushed towards smaller chemical potentials and higher temperatures if the $U(1)_A$-symmetry violation is taken into account. Adding the fermionic vacuum contribution to the potential, this behavior with respect to the anomaly does not change qualitatively, although the CEP is pushed towards considerably larger densities and smaller temperatures. In contrast, by additionally taking mesonic fluctuations into account, the dependency on the anomalous $U(1)_A$-symmetry breaking is reversed. With a constant Kobayashi-Maskawa-\textquoteleft t Hooft determinant, the endpoint is pushed towards larger chemical potentials and smaller temperatures. It is remarkable that the endpoint without anomaly, but with mesonic fluctuations is located at larger temperatures and smaller chemical potentials than for the eMFA.

Although it is well-established that $U(1)_A$-symmetry breaking terms are suppressed at asymptotically large temperatures and chemical potentials \[^{(10)}\], it is not fully settled whether this also holds at intermediate temperatures and chemical potentials \[^{(46)}\]. Recent lattice investigations indicate, however, that the $U(1)_A$-symmetry might already be effectively restored at temperatures slightly above the chiral crossover \[^{(14, 15)}\]. Then our findings also have consequences on the location of the CEP in two-flavor investigations. In such studies one usually assumes maximal $U(1)_A$-symmetry breaking by considering only the $(\sigma, \bar{\pi})$-mesons. The $(\eta, \bar{\eta})$-mesons decouple due to their assumed large masses, which are induced by the large Kobayashi-Maskawa-\textquoteleft t Hooft determinant \[^{(29)}\]. If, however, the $U(1)_A$-symmetry is restored with chiral symmetry, we expect that the critical endpoint is shifted towards larger temperatures and lower chemical potentials also in a two flavor scenario. Thus, a direct confir-
The condensates in the vicinity of the critical point as a function of the chemical potential ($\mu$) are plotted in Fig. 3. The dotted and dashed lines are fit functions. See text for details.

In Fig. 3, both condensates with (left) and without anomaly (right) are plotted in the vicinity of the critical point as a function of the chemical potential. Similar to the crossover at $\mu = 0$, the strange condensate melts considerably less than the light condensate around the CEP in all approximations. Interestingly, the two condensates seem to be related to each other at criticality. We found a scaling between both condensates that is demonstrated in Fig. 3 with dashed and dotted lines which are obtained by the ansatz $\langle \sigma_x \rangle = \alpha_1 + \alpha_2 \langle \sigma_y \rangle$ with the two constant fit parameters $\alpha_i$. In particular, with $U(1)_A$-symmetry breaking (left panel) we see an almost perfect scaling in both regions while without anomaly (right panel) the scaling depends on which phase we use to fit the parameters.

The dependency of the CEP location in the phase diagram on the $U(1)_A$-symmetry and also on the sigma mass $m_\sigma$ is demonstrated in Fig. 4. For comparison, the $U(1)_A$-symmetric susceptibility for $m_\sigma = 480$ MeV (dashed, blue) is also shown.

Finally, we investigate the quark mass sensitivity of the chiral transition including the anomaly and examine various chiral limits.

Based on RG arguments for a purely bosonic theory, the chiral transition is of first order in the $SU(3)$-symmetric chiral limit, whereas the order of the transition in the two-flavor chiral limit depends on the implementation of the $U(1)_A$-symmetry breaking. For a $U(1)_A$-symmetric two flavor system with $U(2)_L \times U(2)_R$ symmetry a first-order transition is expected in the chiral limit, see e.g. [47, 48]. With an axial $U(1)_A$-symmetry breaking the order can change to second order if the cou-
pling strength of the Kobayashi-Maskawa-'t Hooft determinant is only moderately temperature dependent. Therefore, a temperature independent, i.e., constant, $U(1)_A$-symmetry breaking can smoothen the transition from first to second order in the two-flavor chiral limit, whereas the opposite happens for three flavors and the first-order transition becomes even stronger in the corresponding chiral limit.

Relative to the anomalous $U(1)_A$-symmetry implementation, several scenarios in the light and strange quark mass $(m_l,m_s)$-plane can now arise. Around the $SU(3)$-symmetric chiral limit with $(m_l,m_s) = (0,0)$ there might be a finite region of first-order transitions with a second-order boundary line, which terminates at a finite value of a tricritical strange mass, $m_s^*$, from which a second-order transition line is extended to the two flavor chiral limit. The precise location and even the existence of such a tricritical strange quark mass $m_s^*$ is not yet fully settled. However, there could also be a first-order region connecting the $SU(3)$ and the two-flavor chiral limits along the $(m_l=0)$-line, see e.g. [29, 39]. Then, there should not be a critical value of the strange quark mass $m_s^*$, but a critical light quark mass $m_l^*$ in the two flavor case.

Independent of the $U(1)_A$-symmetry breaking, a first-order transition is seen in quark-meson models in standard mean-field approximations in the two-flavor as well as in the $SU(3)$-symmetric chiral limit, see e.g. [22, 29]. For an explicit symmetry breaking strength $c_y = c_y\text{phys}$ that leads to a strange constituent quark mass of $m_s = 430$ MeV we also find a first-order transition in the non-strange chiral limit, see Fig.[3] where both order parameters in different approximations are plotted in the non-strange chiral limit. However, as already argued in [37], the first-order transition might be misleading and an artifact of the used mean-field approximation. Going beyond mean-field approximations by taking the vacuum fluctuations of the quarks into account (eMFA), this behavior is changed and a second-order transition is observed, which is independent of the axial anomaly (see dashed lines in the figure). When mesonic fluctuations are considered in addition via a full FRG treatment, the order of the transition depends on the anomaly. Including the Kobayashi-Maskawa-'t Hooft determinant, a second-order transition is found while for a $U(1)_A$-symmetric theory the transition becomes first-order (solid lines).

This agrees with the picture that the chiral transition is mostly driven by two flavor dynamics, i.e., the non-strange chiral limit behaves qualitatively more like the $SU(2)$-symmetric than the $SU(3)$-symmetric chiral limit. As a consequence, the $U(1)_A$-symmetry violating and temperature independent determinant acts like a mass term, which leads to a second-order transition as in [24].

FIG. 5. Non-strange $\langle \sigma_x \rangle$ and strange $\langle \sigma_y \rangle$ condensates in the non-strange chiral limit for $\mu = 0$ obtained in different approximations similar to Fig. 3 (solid lines: FRG, dotted lines: standard MFA and dashed lines: extended MFA).

FIG. 6. Scaling of the non-strange condensate close to the critical point. The slope corresponds to the $O(4)$ critical exponent $\beta = 0.39$. 
Without the Kobayashi-Maskawa-'t Hooft term we have also investigated the shape of the first-order region by varying the explicit symmetry breaking parameter \( c_y \) around its physical value \( c_{y,\text{phys}} \). In this way we have determined with the FRG the corresponding \( c_y^* \) that leads to a second-order chiral transition. Since the value of the critical \( c_y^* \) also depends on the chosen coarse grain- ing scale in the infrared \([54]\), we can only determine a qualitative picture of the first-order region. For example, in Fig. 5 an infrared cutoff of the order of 100 MeV has been employed. Schematically, we find that the critical \( c_x^* \) grows with \( c_y \) around its physical value \( c_{y,\text{phys}} \). A similar behavior has also been found in a purely mesonic study \([20]\) and is consistent with the scenario that the first-order region is extended along the \((m_l = 0)\)-line without anomalous \( U(1)_A \)-symmetry breaking.

For the second-order transition, we find critical exponents which lie in the \( O(4) \)-universality class. For example, we find \( \beta = 0.39 \), as demonstrated in the Fig. 6 where the scaling of the order parameter over several or- ders of magnitudes is displayed. Since the anomalous dimension vanishes in leading-order derivative expansion of the average effective action, \( \eta = 0 \), the remaining critical exponents are given by (hyper)scaling relations. The \( O(4) \) critical exponents are a consequence of the finite Kobayashi-Maskawa-'t Hooft coupling at the critical tem- perature. If, however, the \( U(1)_A \)-symmetry were effec- tively restored at the chiral transition, we would expect critical exponents in the \( U(2)_L \times U(2)_R/U(2)_V \) universality class in case of a second-order transition \([18, 19, 51]\).

VI. SUMMARY AND CONCLUSIONS

We have investigated the consequences of anomalous \( U(1)_A \)-symmetry breaking in the presence of quantum and thermal fluctuations in a three flavor effective de- scription for QCD with a focus on the phase struc-
ture. With an effective quark-meson model a drop of the average effective action, \( \eta = 0 \), the remaining critical exponents are given by (hyper)scaling relations. The \( O(4) \) critical exponents are a consequence of the finite Kobayashi-Maskawa-'t Hooft coupling at the critical temperature. If, however, the \( U(1)_A \)-symmetry were effec- tively restored at the chiral transition, we would expect critical exponents in the \( U(2)_L \times U(2)_R/U(2)_V \) universality class in case of a second-order transition \([18, 19, 51]\).

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Appendix A: Numerical implementations

In this appendix some technical details of the used two-
dimensional grid and Taylor expansion technique for the numerical solution of the flow equation are given. At the end of this appendix the procedure for fixing the initial parameters for the flow equations is summarized.

1. Two-dimensional grid and Taylor technique

For the construction of the two-dimensional grid we define the positive variables

\[
x = \sigma_x^2, \quad y = 2\sigma_y^2 - \sigma_x^2.
\]

Clamped cubic splines are used to evaluate the required first- and second-order derivatives of the effective poten- tial as a function of \( x \) and \( y \), see also \([39]\). Derivatives of the effective potential with respect to the chiral invari- ants are obtained by applying the chain rule.

For comparison, a Taylor expansion of the effective poten- tial in the variables \( \rho_1 \) and \( \rho_2 \) is performed to order
\[ \mathcal{O}(\rho^3) \] around the \( k \)-dependent minimum. The scale dependence of the \( a_{10} \) and \( a_{01} \) is used to replace the flow of the Taylor coefficients \( a_{10} \) and \( a_{01} \) via the conditions

\[ \partial_{\sigma_{\xi}} U_k|_{\text{min}} = \partial_{\sigma_{\rho}} U_k|_{\text{min}} = 0. \quad (\text{A}2) \]

The convergence properties of such expansion schemes have been studied in, e.g., \[ 52, 53 \].

In both numerical approaches, the right hand side of the flow equation (19) requires the knowledge of the eigenvalues of the Hessian of the effective potential with respect to all mesonic fields \( \Sigma \). The Hessian is given in terms of derivatives of the effective potential with respect to the chiral invariants \( \rho_1 \) and \( \rho_2 \). The resulting expressions are summarized in App. [B]. Then, the flow equation becomes a coupled set of non-linear ordinary differential equations for either the values of the effective potential at the interpolated grid points or for the Taylor expansion coefficients (beta-functions), which can be solved with standard numerical methods. A numerical comparison of both techniques is given in Fig. 7 where the meson masses are plotted as a function of the temperature for \( \mu = 0 \). Both methods agree very well, at least for small chemical potentials, see also \[ 44 \].

2. Initial condition

In order to solve the flow equation the initial action has to be specified at a given UV scale. Explicitly, as initial potential at \( \Lambda = 1 \text{ GeV} \) we use the expression

\[ U_\Lambda = \tilde{U}_\Lambda(\rho_1, \rho_2) - c_\xi - c_x \sigma_x - c_y \sigma_y \]

with

\[ \tilde{U}_\Lambda(\rho_1, \rho_2) = a_{10, \Lambda} \rho_1 + \frac{a_{20, \Lambda}}{2} \rho_1^2 + a_{01, \Lambda} \rho_2. \]

and fix the Yukawa coupling \( h \) such that physical values for the pion and kaon decay constants \( f_\pi \) and \( f_K \), the pion masses \( m_\pi \) and the combined \( \eta \) and \( \eta' \) masses \( m_\eta^2 + m_{\eta'}^2 \), the sigma mass \( m_\sigma \) and the light constituent quark mass \( m_l \) are obtained in the infrared. In contrast to a mean-field treatment \[ 29 \] it is not possible to choose arbitrary values for the mesonic potential in the infrared. Especially, the sigma meson mass is restricted to values between approximately 400 and 600 MeV for physical pion masses \( m_\pi \approx 140 \text{ MeV} \). We use \( h = 6.5 \), \( c_x = (120.73 \text{ MeV})^3 \) and \( c_y = (336.41 \text{ MeV})^3 \) together with \( a_{10, \Lambda} \), \( a_{01, \Lambda} \) and \( a_{20, \Lambda} \) as given in Tab. [I].

| \( m_\pi \) [MeV] | \( c \) [MeV] | \( a_{10, \Lambda} \) [MeV] | \( a_{01, \Lambda} \) [MeV] | \( a_{20, \Lambda} \) |
|---|---|---|---|---|
| 480 | 0 | (178.88)^2 | 140 | 25 |
| 400 | 4807.84 | (972.63)^2 | 50 | 2.5 |
| 480 | 4807.84 | (867.76)^2 | 50 | 12 |
| 560 | 4807.84 | (542.22)^2 | 50 | 36 |

TABLE II. Parameters for the initial potential.

In this section the explicit expressions for the mesonic screening masses are collected. They are derived from the potential

\[ U_k(\Sigma) = \tilde{U}_k(\rho_1, \rho_2) - c_\xi - c_x \sigma_x - c_y \sigma_y, \]

with isospin symmetry, i.e., for \( \langle \sigma_3 \rangle = 0 \).

The squared masses are defined by the eigenvalues of the Hessian matrix of the effective potential \( \nabla^2 U_k = \nabla^2_k \tilde{U}_k - c \nabla^2_k \xi \) with

\[ \nabla^2_k \tilde{U}_k = \left( \partial_{\rho_1} \tilde{U}_k \right) \left( \nabla^2_\Sigma \rho_1 + \left( \partial_{\rho_2} \tilde{U}_k \right) \right) \left( \nabla^2_\Sigma \rho_2 \right) + \left( \partial^2_{\rho_1} \tilde{U}_k \right) \left( \nabla^2_\Sigma \rho_1 \right)^T \nabla_\Sigma \rho_1 - c \nabla^2_\Sigma \xi \]

and hence, the mesonic masses can be calculated from derivatives of \( \tilde{U}_k \) with respect to the invariants \( \rho_1 \) and \( \rho_2 \) together with the gradient and Hessian of the invariants with respect to \( \Sigma = (\sigma_x, \sigma_1, ..., \sigma_7, \sigma_y, \pi_0, ..., \pi_8) \). The latter are given by

\[ \langle \nabla_\Sigma \rho_1 \rangle_i = \sigma_x, \quad \langle \nabla_\Sigma \rho_1 \rangle_8 = \sigma_y, \]

\[ \langle \nabla^2_\Sigma \rho_1 \rangle_{i,i} = 1, \quad i = 1, ..., 18, \]

\[ \langle \nabla_\Sigma \rho_2 \rangle_1 = \sigma_x \frac{\sigma_x^2 - 2 \sigma_y^2}{6}, \]

\[ \langle \nabla_\Sigma \rho_2 \rangle_8 = -\sigma_y \frac{\sigma_x^2 - 2 \sigma_y^2}{3}, \]

\[ \langle \nabla^2_\Sigma \rho_2 \rangle_i = 0, \quad i = 2, ..., 17. \]

Appendix B: Meson Masses

FIG. 7. Meson masses obtained with the grid method (solid lines) and with the Taylor expansion technique (crosses).
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\[ \langle \nabla^2 \rho \rangle_{1,1} = \frac{3 \sigma_x^2 - 2 \sigma_y^2}{6}, \]

\[ \langle \nabla^2 \rho \rangle_{9,9} = \frac{-\sigma_x^2 + 6 \sigma_y^2}{3}, \]

\[ \langle \nabla^2 \rho \rangle_{1,9} = \frac{-2 \sigma_x \sigma_y}{3}, \] (B6a)

\[ \langle \nabla^2 \rho \rangle_{1,i} = \frac{7 \sigma_x^2 - 2 \sigma_y^2}{6}, \quad i = 2, 3, 4, \] (B6b)

\[ \langle \nabla^2 \rho \rangle_{2,i} = \frac{\sigma_x^2 + \sqrt{18} \sigma_x \sigma_y + 4 \sigma_y^2}{6}, \quad i = 5, \ldots, 8, \]

\[ \langle \nabla^2 \rho \rangle_{10,10} = 0, \]

\[ \langle \nabla^2 \rho \rangle_{18,18} = \frac{\sigma_x^2 + 2 \sigma_y^2}{6}, \] (B6c)

\[ \langle \nabla^2 \rho \rangle_{10,18} = \frac{-\sigma_x^2 + 2 \sigma_y^2}{3\sqrt{2}}, \]

\[ \langle \nabla^2 \rho \rangle_{i,i} = \frac{\sigma_x^2 - 2 \sigma_y^2}{6}, \quad i = 11, 12, 13, \] (B6d)

\[ \langle \nabla^2 \rho \rangle_{i,i} = \frac{\sigma_x^2 - \sqrt{18} \sigma_x \sigma_y + 4 \sigma_y^2}{6}, \quad i = 14, \ldots, 17, \]

\[ \langle \nabla^2 \rho \rangle_{1,1} = \frac{\sigma_y}{\sqrt{2}}, \] (B7a)

\[ \langle \nabla^2 \rho \rangle_{9,9} = 0, \]

\[ \langle \nabla^2 \rho \rangle_{1,9} = \frac{\sigma_x}{\sqrt{2}}, \]

\[ \langle \nabla^2 \rho \rangle_{i,i} = \frac{-\sigma_y}{\sqrt{2}}, \quad i = 2, 3, 4, \] (B7b)

\[ \langle \nabla^2 \rho \rangle_{i,i} = \frac{-\sigma_y}{\sqrt{2}}, \quad i = 5, \ldots, 8, \] (B7c)

\[ \langle \nabla^2 \rho \rangle_{10,10} = \frac{-2 \sigma_x - \sqrt{2} \sigma_y}{3}, \]

\[ \langle \nabla^2 \rho \rangle_{18,18} = \frac{5 \sigma_x - \sqrt{2} \sigma_y}{6}, \] (B7d)

\[ \langle \nabla^2 \rho \rangle_{10,18} = \frac{\sqrt{2} \sigma_x - 2 \sigma_y}{6}, \]

where the subscripts \( i \) denote the components of the vectors and matrices, respectively. Hence, the Hessian splits into a (pseudo)scalar \( (9 \times 9) \)-mass matrix \( M_{ps}^2 \) and \( M_s^2 \)

\[ \nabla^2 U_k = \left( \begin{array}{cc} M_{ps}^2 & 0 \\ 0 & M_s^2 \end{array} \right), \] (B8)

where the only nonvanishing off-diagonal entries in each submatrix are the 1, 9 components.

Note that in a mean-field treatment there is an additional quark contribution to the effective potential, which also modifies the Hessian, see Ref. [29] for explicit expressions. For a renormalization group treatment, on the other hand, these contributions are naturally included in the IR solution of the potential \( U_{k \to 0} \).
