The ALDOA Metabolism Pathway as a Potential Target for Regulation of Prostate Cancer Proliferation

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Background: ALDOA plays an essential role in cancer progression in different human cancers; however, its function has not been understood in prostate cancer (PCa).

Methods: Associations of ALDOA expression with clinicopathological features and patient prognosis in PCa were evaluated based on data obtained from the Taylor database and our clinical tissue microarray. The potential roles of ALDOA in malignant progression were verified using a series of in vivo and in vitro experiments after stable ALDOA overexpression and knockdown in DU145 and PC3 cell lines. An aldolase A inhibitor was used to determine the effects of inhibition of ALDOA on PCa cell proliferation.

Results: Higher expression of ALDOA was positively correlated with the incidence of postoperative metastasis and biochemical recurrence (BCR) and may predict poor prognosis in PCa patients. In vivo experiments demonstrated that overexpression of ALDOA could significantly promote cell proliferation, prolong the cell cycle, and significantly reduce the apoptosis rate of PCa cells. Knockdown of expression of ALDOA could inhibit the proliferation and shorten the cell cycle of PCa cells significantly, with no significant effects on cell apoptosis (P > 0.05). In vitro experiments showed that overexpression of ALDOA could significantly promote tumor growth (P < 0.05), while treatment with the Aldolase A inhibitor naphthol AS-E phosphate dose-dependently suppressed the growth of PCa cells (P < 0.01). The analysis of datasets from the Taylor database showed that there was negative regulatory relationship between the expression of ALDOA and MYPT1 (P < 0.001).

Conclusion: Our study revealed that ALDOA played an important role in the progression of PCa. The MYPT1-ALDOA signaling axis may be a new target for the clinical treatment of PCa patients given its negative regulatory relationship. Our study suggests that Aldolase A inhibitors may represent a novel approach to inhibit the growth of PCa.

Keywords: prostate cancer, ALDOA, aldolase A, tumor growth, metastasis

Introduction
In recent years, the incidence of prostate cancer (PCa) has been increasing worldwide. PCa was identified as the second most common cancer in the world and the fifth leading cause of cancer mortality in men according to the GLOBOCAN project.1 The 5-year survival rate of patients with PCa is nearly 80%, while the 5-year survival rate for patients presenting PCa metastasis is only 34%. Therefore, it is necessary to identify biomarkers for the early diagnosis and as potential therapeutic targets for reducing the invasive capacity and preventing distant metastasis of PCa.2,3
The nutritional requirements and metabolic pathways of tumors are reprogrammed to meet the rapid growth of malignant cells. Many studies have provided evidence that inhibition of enhanced cancer metabolic activity results in impaired growth of tumor cells. For example, silybin, a glucose transporter (GLUT) inhibitor, is able to induce cell cycle arrest, reduce angiogenesis, and downregulate NF-kB and EGFR activity.\(^4\) Lonidamine (TH-070) is a hexokinase inhibitor that can cause increased mitochondrial permeability, intracellular acidification, and apoptosis.\(^5\) Several tumor metabolic characteristics have been used as diagnostic markers and therapeutic targets of multiple malignancies clinically. In addition, several agents are currently being studied in early clinical trials as inhibitors of tumor metabolism.\(^6\) 2-Deoxyglucose, a competitive inhibitor of G6P isomerase and therefore of glycolysis, is currently under investigation in patients with castration-resistant PCa and advanced solid tumors\(^7\)–\(^9\) and this will open a new field of research toward the development of specific metabolic inhibitors that can be added to currently available chemotherapeutics to increase the efficacy of clinical outcomes of cancer patients.\(^10\)

Abnormal tumor metabolism may play a crucial role in carcinogenesis and cancer progression in PCa. Tumor metabolism is expected to provide new anti-tumor treatments that are more effective than traditional treatments.\(^5\)

Our previous studies demonstrated that miR-30d promoted the proliferation, invasion, and migration of PCa cells by targeting myosin phosphatase target subunit 1 (MYPT1).\(^11\) Another study has also indicated that MYPT1 may act as a tumor suppressor in PCa, and its downregulation has been indicated to be an independent prognostic factor of poor outcome of PCa patients.\(^12\) In addition, a total of 46 proteins that are bound with MYPT1 in PCa cells were identified by tandem affinity purification/mass spectrometry (TAP/MS). Functionally, these proteins were mostly involved in tumor metabolic pathways.\(^12\) Most of these proteins were associated with the glycolytic pathway and included fructose-bisphosphate aldolase A (Aldolase A), glyceraldehyde-3-phosphate dehydrogenase (GAPDH), enolase 1 (ENO1), pyruvate kinase M1/2 (PKM2), and lactate dehydrogenase A (LDHA) activity. Aldolase A is encoded by ALDOA and is a glycolytic enzyme that catalyzes the reversible conversion of fructose-1,6-bisphosphate to glyceraldehyde 3-phosphate and dihydroxyacetone phosphate.

Evidence from the Human Protein Atlas (https://www.proteinatlas.org/) indicates that ALDOA is a cancer-related gene. Ji et al found that ALDOA functions as an oncogene in highly metastatic pancreatic cancer.\(^13\) Recent studies have demonstrated that upregulation of ALDOA may promote the glycolysis of cancer cells and may be significantly associated with the development, metastatic potential, and poor prognosis of various kinds of tumors.\(^14\)–\(^17\) Chang et al found that down-regulated ALDOA expression could enhance radiotherapy sensitivity of cap-RR (prostate cancer radioresistance) cells, which suggested that the radiotherapy resistance of cap-RR cells could be effectively overcome by regulating ALDOA expression.\(^17\) However, the biological functions and molecular mechanisms of ALDOA activity underlying PCa have not been fully elucidated. Therefore, we conducted this study to verify the relationship between ALDOA expression and the progression and prognosis of PCa and to confirm whether ALDOA could be a therapeutic target in the clinical treatment of PCa.

Materials and Methods

Ethics Statement

This study was approved by the Human Study Ethics Committees at Guangzhou First People’s Hospital and Guangzhou Medical University of P. R. China. All specimens were handled and anonymized according to due ethical and legal standards.

All animal housing and experiments were conducted in accordance with the guidelines of the Institute for Laboratory Animal Research of Guangzhou Medical University, Guangzhou, P. R. China.

Clinical Tissue Samples and Database

Tissue microarray (TMA) for immunohistochemistry was purchased from Alenabio (China; Catalog number: PR803e). The TMA contains detailed clinical information about each specimen. Patients that had received treatment with chemotherapy or radiotherapy were excluded. The Taylor database (http://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE21032), which is a public microarray database of PCa, was used for the analysis of the associations between ALDOA expression and clinical-pathological features of PCa patients.\(^18\) Table 1 summarizes the clinicopathological data of PCa patients from the TMA and the Taylor dataset.

Cell Culture

Two PCa cell lines (DU145 and PC3) were acquired from the American Type Culture Collection (ATCC, USA).
Table 1 Association Between ALDOA Expression and the Clinicopathological Characteristics of Patients with PCa in the Evaluated Cohorts

| Clinical Feature             | IRS of ALDOA Expression in Our Cohort | ALDOA Expression in Taylor Dataset |
|------------------------------|---------------------------------------|-----------------------------------|
|                              | Case | Mean ± SD | P    | Case | Mean ± SD | P    |
| **ALDOA expression**         |      |           |      |      |           |      |
| Benign                       | 7    | 2.14±1.22 | 0.145| 29   | 6.34±0.23 | 0.237|
| Cancer                                      | 71   | 2.96±1.92 |      | 150  | 6.39±0.22 |      |
| **Age (years)**               |      |           |      |      |           |      |
| <66                          | 24   | 3.04±2.01 | 0.795| 125  | 6.39±0.23 | 0.617|
| ≥ 66                         | 47   | 2.91±1.90 |      | 25   | 6.42±0.20 |      |
| **Serum PSA (ng/mL)**        |      |           |      |      |           |      |
| < 4                          | –    | –         | –    | 24   | 6.41±0.23 | 0.696|
| ≥ 4                          | –    | –         | –    | 123  | 6.42±0.22 |      |
| **Gleason score**            |      |           |      |      |           |      |
| < 8                          | 23   | 2.22±1.882| 0.015| 117  | 6.38±0.21 | 0.158|
| ≥ 8                          | 41   | 3.39±1.745|      | 22   | 6.45±0.26 |      |
| **Pathological stage**       |      |           |      |      |           |      |
| < T3A                        | 46   | 2.61±1.98 | 0.009| 86   | 6.37±0.22 | 0.096|
| ≥ T3A                        | 24   | 3.75±1.51 |      | 55   | 6.43±0.21 |      |
| **Metastasis**               |      |           |      |      |           |      |
| No                           | 61   | 2.98±2.00 | 0.788| 122  | 6.37±0.21 | 0.019|
| Yes                          | 9    | 3.11±1.17 |      | 28   | 6.48±0.25 |      |
| **Overall survival**         |      |           |      |      |           |      |
| Alive                        | –    | –         | –    | 131  | 6.38±0.21 | 0.073|
| Die                          | –    | –         | –    | 19   | 6.48±0.29 |      |
| **PSA failure**              |      |           |      |      |           |      |
| Negative                     | –    | –         | –    | 104  | 6.36±0.21 | 0.008|
| Positive                     | –    | –         | –    | 36   | 6.47±0.22 |      |

Notes: “–” indicates there is a lack of relative information of patients in our cohort. The bold font indicates a P value less than 0.05.

Abbreviations: IRS, immunoreactivity scores; PCa, prostate cancer; PSA, prostate-specific antigen; ALDOA, Fructose-bisphosphate aldolase A.

They were, respectively, treated with RMPI 1640 medium (HyClone, USA; Cat No: SH30809-01B) or DMEM medium (HyClone, USA; Cat No: SH30222.01B). The medium was supplemented with 10% fresh fetal bovine serum (FBS) (Gibco, USA; Cat No: 10270–106) and antibiotics (penicillin (100 U/mL)-streptomycin (100 µg/mL)). All the cells were cultured in an incubator (37°C, containing 5% carbon dioxide), and all the experiments were conducted with actively proliferating cells.

Plasmid Construction and Transfection
The Plv.O plasmid (purchased from Danvers, USA) was used as the backbone vector for the construction of the ALDOA overexpression plasmid, while the Plv.I plasmid was used to construct the ALDOA shRNA plasmid. They were constructed by the HYY Medical Company (Guangzhou, China) based on a lentivirus with the open reading frame of the ALDOA gene. The ALDOA overexpression sequence comprised the CDS sequence of the ALDOA gene mRNA coding sequence. The target sequences of ALDOA shRNA in the DU145 and PC3 cell lines were 5’-GCCAGTATGACCGGAGA-3′ and 5’-GGCGTTGTGCTGAAGAT-3′, respectively. The constructed ALDOA overexpression and shRNA plasmids were used for cell transfection studies.

Immunohistochemistry
The protein expression levels of ALDOA and Ki-67 and PCNA in the tissues were analyzed by immunohistochemistry and the immunohistochemistry score (IRS) according to the method of our previous study.11 The anti-Ki-67 antibody (1: 100) was purchased from Shanghai Affinity...
Biotechnological (China; Cat. No: af0198). The anti-PCNA antibody (1: 50) was purchased from Zhong Shan Jinqiao Biological Technology (China; Cat. No: za0336). The anti-ALDOA antibody (1: 800) was purchased (HPA004177, Sigma-Aldrich Co. LLC, USA). The IRS was used to evaluate the expression level of ALDOA in PCa tissues. The tumor sample was considered to have high expression of ALDOA when IRS ≥ 5, while it was considered low expression of ALDOA when IRS < 5.

Western Blotting Analysis

The expression levels of ALDOA protein in all cell lines were detected by Western blotting analysis after cell transfection. Total protein was extracted 48 hours after cell transfection and was used in the Western blotting experiments. A total of 40 μg protein was added to SDS-PAGE gel for electrophoresis and transferred to Hybond nitrocellulose membrane (GE Healthcare). The membrane was blocked with 5% skim milk and incubated with anti-ALDOA (1: 1000), and anti-GAPDH antibody (1: 20,000, 10494-1-AP, Proteintech Group, Inc., USA), or anti-β-actin (1: 2000, BM0627, Santa Cruz Biotechnology, USA). The Super Signal West PICO fluorescence assay (Pierce Biotechnology) was used to detect the protein bands. GAPDH or β-actin was used as the control for normalization.

Cell Proliferation Assay

According to our previous studies,11,19 PCa cells were cultured for 24 hours after transfection and then made into a single-cell suspension. The cells were seeded into 96-well plates with suspensions containing 2000 cells per well and cultured for 4, 24, 48, and 72 hours, respectively, after pre-culture (37°C, 5% CO²). The plate was incubated in the incubator for 0.5 to 4 hours with 20 μL CCK-8 solution (Beyotime, China; Cat. No: C0039). The absorbance (OD value) at 450 nm was measured with a microplate reader, and the cell growth curve was plotted over time.

Cell Cycle and Apoptosis Assay

For cell cycle experiments, cells were collected in single-cell suspension and washed twice with precooled PBS. The cells were resuspended in pre-cooled 70% ethanol and fixed overnight at 4°C or kept at -20°C for long-term fixation. Subsequently, the cells were washed with 1 mL PBS and incubated at 4°C in the dark for 30 minutes with 500 mL PBS (including 5 μg/mL propidium iodide (PI), 100 μg/mL RNase A, and 0.2% Triton X-100). For cell apoptosis experiments, cells were collected in single-cell suspension and washed with precooled PBS and Binding Buffer, in turn. The cell suspension was prepared at 100 μL containing 1 x 10² to 1 x 10⁶ cells. To each sample, 5 μL Annexin v-APC and 10 μL 7AAD were added and then incubated at room temperature in the dark for 15 minutes. Next, 400 μL precooled Binding Buffer was added to resuspend the mixture. Flow cytometry was used to detect apoptotic cells. Both results were analyzed using Flowjo software.

Xenograft Tumor Model in Nude Mice

All animal experiments in this study were conducted in accordance with the guidelines of the Institute for Laboratory Animal Research of Guangzhou Medical University, Guangzhou, P. R. China. In total, 32 nude mice (male, 4-6 weeks old, Sun Yat-sen University Laboratory Animal Center) were randomly divided into 4 groups. A 100 μL suspension containing 4.0 x 10⁶ control cells was subcutaneously inoculated on the left side of the mice, while suspensions containing ALDOA over-expressing or shRNA cells were inoculated at the right side. After tumor formation, tumor size was measured once every three days, and tumor volumes were calculated using the following formula: V (mm³) = width² (mm²) x length (mm)/2. After 4 weeks, the nude mice were euthanized in strict accordance with the procedures formulated by Guangzhou Medical University Guidelines.

Treatment with Aldolase A Inhibitor Naphthol AS-E Phosphate and Evaluation of Prostate Cancer Cell Proliferation

We searched the Drug Bank for four inhibitors of Aldolase A (https://www.drugbank.ca/drugs/DB08240). After screening, naphthol AS-E phosphate was finally selected as the experimental drug. PC3 and DU145 cells were divided into the control group and the naphthol AS-E phosphate treatment groups (concentrations: 0, 2.5 μM, 5 μM, 10 μM, and 20 μM) and then assessed using the cell proliferation assay. Suspensions containing 8000 cells (200 μL/well) were seeded in a 96-well plate and cultured for 24 hours. After replacing the medium, the corresponding treatment of naphthol AS-E phosphate was added and cells were cultured for an additional 24 hours. Lastly, 20 μL CCK-8 solution was added to each well, and cells were
incubated for an additional 0.5 to 4 hours. The absorbance at 450 nm was measured using a microplate reader.

Molecular Docking of Naphthol AS-E Phosphate with Aldolase A
We downloaded the protein crystal structure of Aldolase A from the Protein data bank (PDB) database, and we used molecular docking to determine its active binding side. The procedure used for molecular docking experiments is outlined below.

Preparation of the receptor: We opened the selected protein molecule 1ALD (Aldolase A) files with AUTODOCK TOOLS. The polar hydrogen nucleus Kollman charge was added and then the whole protein was inserted in the search box for the docking conformation. The following pocket information was obtained: center_x = -50.757, center_y = 46.841, center_z = 49.371, size_x = 122, size_y = 102, size_z = 118, spacing = 0.531, and num_modes = 10.

Preparation of the ligand: The CAS number of naphthol AS-E phosphate provided was 18228-17-6. The small molecular structure file was searched and downloaded (http://www.chemicalbook.com/Search.aspx?Keyword=18228-17-6). The Gasteiger charge was added and the output file was stored as a PDBQT format file.

Docking: We used AUTODOCK software to pair the ligand molecule to the established receptor pocket and output the TOP10 molecules.

Statistical Analysis
The statistical software SPSS 19.0 (SPSS Inc., Chicago, IL, USA) was used for all analyses. Categorical variables were analyzed using Pearson’s chi-square test. The two independent sample t-test was used to analyze quantitative results. The Kaplan–Meier method and Log-rank test were used for the clinical survival analysis of PCa patients. Univariate and multivariate analysis of the COX regression model was used to evaluate whether ALDOA and various clinical indicators of PCa could be independent predictors of survival without BCR. The differences between data at different time points from the two groups were compared with the repeated-measurement variance method. $P < 0.05$ was considered statistically significant. Continuous variables are shown as mean ± standard deviations (SD).

Results
ALDOA Gene Selection
Our research has found that MYPT1 is a target gene directly regulated by miR-30d. The 46 proteins that are bound with MYPT1 were obtained by tandem affinity purification/mass spectrometry (TAP/MS). Combined with the GO/KEGG pathway analysis, it was found that most of these proteins in the potential downstream signaling pathway of MYPT1 were associated with the glycolytic pathway. We selected 7 genes from the 46 selected genes that bind to MYPT1 and the differently expressed genes of PCa patients with nonmetastatic and biochemical recurrent in Taylor database. Among them, ALDOA encodes ALDOLASE A which is a glycolytic enzyme and catalyzes the reversible conversion of fructose-1,6-bisphosphate to glyceraldehyde 3-phosphate and dihydroxyacetone phosphate. Evidence from the Human Protein Atlas (https://www.proteinatlas.org/) indicates that ALDOA is cancer-related. So we selected ALDOA as the target gene. The gene selection of ALDOA is shown in Figure 1.

Expression of ALDOA Associated with Aggressive Progression and Metastasis of PCa Patients
Immunohistochemistry analysis was performed on TMA samples from 78 patients (including 71 primary PCa tissues and 7 adjacent non-cancerous prostate tissues) to detect the expression of ALDOA protein and its relationship with clinicopathological characteristics (Figure 2A and B).

![Figure 1](image_url) Flow chart showing the selection of ALDOA.
According to the subgroup analysis based on the Gleason score (<8 and ≥8) and pathological stage (<T3A and ≥T3A), the IRS of ALDOA protein in PCa tissues with high Gleason score (≥8) and advanced pathological stage (≥T3A) was respectively higher than that with low Gleason score (<8) and early pathological stage (<T3A) (3.39 ± 1.745 vs 2.22 ± 1.882, P = 0.015, and 3.75 ± 1.51 Vs 2.61 ± 1.98, P = 0.009, respectively) (Table 1).

The association between ALDOA expression and various clinicopathological characteristics and prognosis of patients with PCa was analyzed based on the Taylor dataset. As shown in Table 1, the results showed that high expression of ALDOA was positively correlated with the incidence of postoperative metastasis and BCR in PCa patients (P = 0.019 and P = 0.008, respectively). However, there was no significant correlation between the expression of ALDOA,
Meanwhile, (survival OncoTargets and Therapy). Figure ALDOA). Figure -1.54 (0.304–2.191), -P, 0.0918, the corresponding results showed that the protein expression of ALDOA in the ALDOA overexpressing group was significantly higher than that of the NC groups, while it was markedly reduced in the ALDOA knockdown group compared with the NC groups (Figure 3A).

Cell proliferation (CCK-8 assays) results showed that the proliferative ability of PC3 and DU145 cells with overexpressing ALDOA was markedly enhanced compared with that of the NC group, $P < 0.01$ (Figure 3B). Meanwhile, the cell proliferative ability of PC3 and DU145 cells with ALDOA knockdown was decreased compared with that of the NC group $P < 0.01$ (Figure 3B). Cell cycle experiments showed that the S+G2 phase of both PC3 and DU145 cells with ALDOA overexpression was significantly prolonged ($P < 0.01$) (Figure 3C and E). Instead, the S+G2 phase of the ALDOA knockdown cells was shortened significantly compared to those of NC groups ($P < 0.01$) (Figure 3D and F). The results of the apoptosis experiment indicated that the rates of apoptosis in the ALDOA overexpression group with PC3 and DU145 cells were significantly lower than those in the control group (Figure 3G and I). However, there was no significant difference between the ALDOA knockdown groups and the corresponding control groups with regard to the apoptosis rate ($P > 0.05$) (Figure 3H and J).

### ALDOA Promoted Tumor Growth of PCa in Nude Mice in vivo

DU145 and PC3 cell lines with stable ALDOA overexpression or ALDOA knockdown and their corresponding empty vector control cell lines were injected subcutaneously into nude mice to form the tumor xenograft model. As shown in Figure 4A and B, in both the DU145 treatment groups, 4 mice of each group died within the 4 weeks of treatment. The growth rates of tumors

| Table 2 Prognostic Value of ALDOA Expression Levels for the Biochemical Recurrence-Free Survival of PCa Patients on Univariate and Multivariate Analyses by Cox Regression Analyses |
|---------------------------------|------------------|------------------|
| Univariable Analysis | Multivariable Analysis |
|-----------------|-----------------|-----------------|
| HR (95% CI) | P | HR (95% CI) | P |
| Preoperative serum PSA (≥4 vs <4) | 1.311 (0.508–3.381) | 0.576 | 0.816 (0.304–2.191) | 0.964 |
| Gleason score (≥8 vs <8) | 11.540 (3.810–22.921) | 0.000 | 7.367 (3.491–15.547) | 0.000 |
| Pathological tumor stage (≥T3A vs <T3A) | 5.221 (2.559–10.655) | 0.000 | 2.935 (1.341–6.424) | 0.007 |
| ALDOA (high vs low) | 2.288 (1.143–4.581) | 0.019 | 1.886 (0.905–3.933) | 0.090 |

Abbreviations: HR, hazard ratio; CI, confidence interval.
ALDOA promotes the proliferation of PCa cells, prolongs the cell cycle, and suppresses apoptosis in PC3 and DU145 cell lines. (A) ALDOA levels were verified by Western blotting after transfection. (B) ALDOA overexpression enhanced the proliferation of PC3 and DU145 cells in vitro, while ALDOA knockdown inhibited the proliferative effects. (C, D, E, F) ALDOA overexpression prolonged the cell cycle of PC3 and DU145 cells in vitro, while ALDOA knockdown suppressed the effects on the cell cycle. (G, H, I, J) ALDOA overexpression suppressed apoptosis of PC3 and DU145 cells, while ALDOA knockdown did not induce significant apoptosis. *P < 0.05, **P < 0.01, ***P < 0.001 compared with the NC group.
formed by ALDOA overexpressed DU145 and PC3 cells were significantly accelerated, and the tumor volume and weight were significantly higher than those of the NC groups \((P < 0.05)\) (Figure 4A and C). The growth rates of tumors formed by DU145 and PC3 cells with ALDOA knockdown were slowed, and the tumor volume and weight were lower than those of the NC groups. However, there was no significant difference between the two groups \((P > 0.05)\) (Figure 4B and D).

We conducted an immunohistochemical analysis to detect the expression of the proliferation marker Ki67 and PCNA in the transplanted tumor tissues. The IRS of PCNA showed that ALDOA overexpression promoted cell proliferation significantly \((PC3; P < 0.015; \text{DU145}: P < 0.001; \text{Figure 4E and F})\), and ALDOA knockdown suppressed cell proliferation \((P < 0.05; \text{Figure 4G and H})\). The IRS of Ki67 in the PC3-pre-ALDOA group was significantly higher than that of the NC group \((P < 0.001; \text{Figure 4F})\), but there was no significant difference between the other groups (Figure 4E, G and H).

**ALDOA Expression Negatively Correlated with MYPT1 Expression Based on the Taylor Database**

The prognostic potential of the MYPT1/ALDOA combination in the BCR-free survival of PCa patients was confirmed by the data from the Taylor Dataset \((P = 0.044, P = 0.011, \text{Figure 5A and C})\). There was no significant correlation between MYPT1 and ALDOA expression and the overall survival rate (Figure 5B). The expression of ALDOA was negatively correlated with MYPT1 expression in patients with PCa as evaluated using Pearson’s correlation analysis based on the Taylor database \((P < 0.001; \text{Figure 5D})\).

**Naphthol AS-E Phosphate Inhibited the Proliferation of PCa Cells in vitro**

Naphthol AS-E phosphate is an Aldolase A competitive inhibitor (https://www.rcsb.org/structure/2ot1). The results of the cell proliferation assay showed that the IC50 of naphthol AS-E phosphate inhibiting cell viability was 18.21 μmol/L in the PC3 cell groups and 32.32 μmol/L in the DU145 cell groups, respectively. When the concentration of Naphthol AS-E phosphate was greater than 2.5 μmol/L, the cell viability of the PC3-treated groups gradually decreased dose-dependently with increasing concentration \((P < 0.001; \text{Figure 5E})\). The cell viability of the DU145 groups treated with a higher concentration of naphthol AS-E phosphate (10 and 20 μmol/L) was lower than that of the control group \((P < 0.001; \text{Figure 5F})\).

**Molecular Docking Results of Naphthol AS-E Phosphate to Aldolase A**

As shown in Figure 5G, molecule naphthol AS-E phosphate is well incorporated into pockets formed by the lamina, loop region, and small spiral structure. The orange grid represents the van der Waals volume of the small molecule naphthol AS-E phosphate. Figure 5H presents the proposed action mode and the amino acids within the distance of the small molecule naphthol AS-E phosphate. All these amino acids are polar except for ALA-31, GLY-302, and ALA-362 and the phosphoric acid residues of the molecule forming two hydrogen bonds with the amino acids GLU-34 and ARG-42, which indicates that polar attractive forces may play an essential role in the binding pocket. Furthermore, nonpolar forces may exist between the naphthalene ring of the naphthol AS-E phosphate molecule and the benzene ring of TYR-363. In conclusion, both polar and non-polar activities play an essential role in the binding of naphthol AS-E phosphate and fructose bisphosphate aldolase A. Table 3 shows the affinity data between ligands and receptors of 10 molecular models obtained by the molecular docking of naphthol AS-E phosphate and aldolase A.

**Discussion**

Tumor cells accelerate glucose uptake through the “Warburg effect”, and elevated aerobic glycolysis becomes the primary metabolic mode for cancer cells to meet the energy requirements of rapid growth and proliferation of tumor cells. In addition, an elevated glycolytic phenotype has been found in the advanced stages of PCa. GLUT1, a key enzyme of the glycolytic pathway, is a glucose transmembrane transporter. Several factors can increase the expression of GLUT1 on cell membranes and consequently enhance glucose uptake. It has been reported that GLUT1 is overexpressed in PCa. Ferdn et al found that metformin treatment decreased glucose oxidation and increased dependency on reductive glutamine metabolism in cancer cell lines and in a mouse model of PCa, which suggests that interfering with glutamine metabolism may synergize with metformin to improve outcomes in patients with PCa.

ALDOA plays a vital role in glycolysis and the maintenance of sugar homeostasis, and its increased activity
Figure 4 ALDOA promotes the tumor growth of PCa in nude mice in vivo and upregulates the expression of Ki67 and PCNA in the tumor tissues of nude mice. (A and C) Overexpression of ALDOA enhances tumor growth of DU145 and PC3 cells in the nude mice xenograft model. (B and D) Knockdown expression of ALDOA does not significantly inhibit tumor growth of DU145 and PC3 cells in the nude mice xenograft model. (E and F) The immunohistochemistry score for Ki67 and PCNA in tumor tissues resulting from ALDOA overexpression in PC3 and DU145 cell lines. (G and H) The immunohistochemistry score for Ki67 and PCNA in the tumor tissues resulting from ALDOA knockdown in PC3 and DU145 cell lines. Statistical analysis is shown as mean ±SD. *P < 0.05, **P < 0.01, ***P < 0.001 compared with the NC group.
Figure 5 ALDOA expression is negatively correlated with MYPT1 expression in the Taylor prostate cancer dataset. (A and B) Comparison of the overall biochemical recurrence-free survival rate and overall survival rate across different groups stratified according to MYPT1 and ALDOA expression. (C) There was a significant difference in the overall biochemical recurrence-free survival rate between the groups with low MYPT1 expression and high ALDOA expression and the groups with high MYPT1 expression and low ALDOA expression. (D) The expression of ALDOA in the PCa of the Taylor Dataset was negatively correlated with MYPT1 expression. (E) The cell viability of PC3 groups gradually decreased as the concentration of naphthol AS-E phosphate increased. (F) The cell viability of DU145 cells treated with a higher concentration of naphthol AS-E phosphate (10 and 20 μm/L) was lower than that of the control group. \(^*\)p < 0.01 compared with the NC group. (G–H) Molecular docking results of naphthol AS-E phosphate and aldolase A. (G) The association between the higher affinity molecules and the acceptor molecules and hydrophobic and hydrophilic regions is shown in green and pink, respectively. (H) The mode of action between the molecule and the acceptor molecule showing the highest affinity.
promotes the glycolysis of tumor cells. As an independent prognostic factor, its expression level is associated with the overall survival rate of cancer patients. Multiple studies have shown that ALDOA is highly expressed in tumor cells and in tissue samples of cancer patients, including pancreatic cancer, osteosarcoma, lung cancer, hepatocellular carcinoma, and colorectal cancer. Ji et al found that ALDOA was associated with the proliferation and metastasis of pancreatic cancer cells, and further, ALDOA predicted poor prognosis of pancreatic cancer.13 Du et al. found expression levels of ALDOA were associated with metastasis, tumor grade, differentiation status, and poor prognosis of lung squamous cell carcinoma.16 Our findings using clinical data revealed that the up-regulated protein expression of ALDOA was significantly correlated with postoperative metastasis and BCR of PCa patients. ALDOA was a risk factor for PCa progression and prognosis. ALDOA overexpression was associated with shorter BCR-free survival but did not function as an independent prognostic factor of PCa patients.

Previous studies have reported that ALDOA plays an essential role in cancer progression in a variety of tumors. The increased expression of ALDOA is significantly associated with the development and poor prognosis of various tumors.15–17,26–30 In our study, we found that ALDOA overexpression could promote the proliferation and cell cycle progression of PCa cells and inhibited the apoptosis of PCa cells in vitro. Meanwhile, ALDOA overexpression promoted tumor growth of PCa in nude mice in vivo. The IRS of PCNA and Ki67 revealed that overexpression of ALDOA significantly promoted cell proliferation, while ALDOA knockdown suppressed cell proliferation. Thus, both cell function experiments and animal experiments confirmed that ALDOA could promote the proliferation of PCa cells.

Studies have indicated that ALDOA is a downstream target of hypoxia-induced factor 1-alpha (HIF1-α).31–33 Kawai et al.’s findings demonstrated that under hypoxic conditions, ALDOA promoted glycolysis of colorectal cancer cells and enhanced the proliferation and invasion ability of colorectal cancer by regulating epithelial-mesenchymal transformation and the cell cycle. Fructose diphosphate aldolase A is a key regulator of the hypoxic adaptation of colorectal cancer and has also been associated with treatment resistance and poor prognosis.30 Thus, we propose that the main mechanism underlying the biological effects of ALDOA’s on PCa is to regulate the glycolytic processes of PCa cells, thereby affecting energy sources required for their growth and activity and the development of PCa.

An aldolase inhibitor, 2-phospho-naphthalene 6-diphosphate, has been reported to regulate the hyper-glycolysis observed in malignant tumors by targeting aldolase diphosphate. The results showed that the aldolase inhibitor could inhibit the cell proliferation of HELA liver cancer cells.32 Further, a longer-lasting inhibitory effect on glycolysis, HIF-1 activation, and cancer cell proliferation could be induced by blocking ALDOA or by silencing the ALDOA gene, with a consequent increase in the overall survival rate of a metastatic breast cancer transplanted tumor model.29 Naphthol AS-E phosphate is a competitive inhibitor of Aldolase A. It has been reported that Naphthol AS-E phosphate may inhibit the expression of Myb target genes and induce myeloid differentiation and apoptosis, and thus, might represent a therapeutic strategy for the treatment of leukemia.34 In this study, we found that naphthol AS-E phosphate suppressed the proliferation of two PCa cell lines with a significant dose-dependent effect. Molecular docking simulations confirmed that naphthol AS-E phosphate bound to aldolase A via both polar and non-polar forces. Therefore, we believe that the systemic application of naphthol AS-E phosphate might act as an inhibitor of aldolase A activity, thus interfering with the glycolytic process of PCa cells and controlling their growth. Treatment with aldolase A inhibitors may be

| Mode | Affinity (kcal/mol) |
|------|---------------------|
| 1    | -8.45               |
| 2    | -7.66               |
| 3    | -7.05               |
| 4    | -6.94               |
| 5    | -6.67               |
| 6    | -6.26               |
| 7    | -6.16               |
| 8    | -6.10               |
| 9    | -5.63               |
| 10   | -5.37               |
considered a therapeutic option to inhibit the development of PCa.

MYPT1 may act as a tumor suppressor in PCa,\textsuperscript{12} while ALDOA is a glycolytic pathway-related protein which binds to MYPT1. Functionally, these proteins have been mostly involved in the tumor metabolic pathways. We found that there was a negative correlation between the expression of ALDOA and MYPT1 in patients with PCa. However, additional studies are needed to determine whether the MYPT1-ALDOA signaling axis influences the regulation of carbohydrate metabolism of PCa cells.

**Conclusions**

Our studies showed that ALDOA was a risk factor for PCa progression and prognosis. Up-regulation of ALDOA was significantly associated with metastasis and BCR rates after surgery of PCa but did not function as an independent prognostic factor of PCa patients. In addition, the over-expression of ALDOA promoted tumor growth of PCa. We propose that aldolase A inhibitors should be used to suppress the growth of PCa; however, additional studies investigating targeted therapies of aldolase A in PCa at the cellular level and animal level are needed to ensure their validity and safety. Our findings suggest that the MYPT1-ALDOA signaling axis may represent a new target for the clinical treatment of PCa patients.

**Abbreviations**

PCa, prostate cancer; ALDOA, Fructose-bisphosphate aldolase A; Tissue microarray (TMA); IRS, immunoreactivity scores; PSA, prostate-specific antigen; CI, confidence interval; HR, hazard ratio; MYPT1, myosin phosphatase target subunit 1; TAP/MS, tandem affinity purification/mass spectrometry.

**Data Sharing Statement**

The datasets used and analyzed during the current study are available from the corresponding author on reasonable request.

**Ethics Approval**

All procedures performed in these studies involving human participants and animals were approved by the Research Ethics Committee of Guangzhou First People's Hospital and Guangzhou Medical University, Guangdong, China.

**Author Contributions**

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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**Disclosure**

The authors report no conflicts of interest for this work.

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