Further delineation of autosomal recessive intellectual disability syndrome caused by homozygous variant of the NSUN2 gene in a Chinese pedigree

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Abstract
Background: The enzyme NOP2/Sun RNA methyltransferase 2 (NSUN2) catalyzes the methylation of cytosine to 5-methylcytosine (m5C) at position 34 of tRNA(Leu; CAA) precursors containing introns that play a vital role in spindle assembly during mitosis and chromosome segregation. Biallelic variants in the NSUN2 gene cause a rare intellectual disability that has been identified only in a few Middle Eastern patients. Affected individuals usually have other deformities, including developmental delay, short stature, microcephaly, and facial dysmorphism. The aim of this study was to identify the genetic cause of three female patients from a Chinese pedigree, who presented with similar phenotype consisting of the above clinical features.

Methods: Whole-exome sequencing (WES) was used to screen for causal variants in the genome, and the candidate variants were subsequently verified using Sanger sequencing.

Results: WES revealed a previously unreported homozygous nonsense variant (NM_017755.5: c.1004T>A, p.Leu335*) in exon 9 of NSUN2, which was consistent with the clinical phenotype of the patients and co-segregated with the disease in their family. A comparison of this phenotype with that of patients in published reports uncovered several novel clinical features related to NSUN2 variations, including feeding difficulties, slender hands and fingers, severely restricted finger mobility, hallux valgus, varus foot, and elevated α-hydroxybutyrate dehydrogenase (HBDH).

Conclusions: These are the first findings of a non-consanguineous Chinese pedigree with a homozygous NSUN2 variant. We expanded the phenotypic spectrum associated with NSUN2 variations.

Key words
developmental delay, homozygous variant, intellectual disability, novel phenotype, NSUN2 gene
1 INTRODUCTION

The NOP2/Sun RNA methyltransferase 2 (NSUN2, OMIM#610916) gene located at 5p15.31 encodes a methyltransferase comprising 767 amino acids (NP_060225; UCSC database, http://genome.ucsc.edu). The NSUN2 methyltransferase catalyzes the methylation of cytosine to 5-methylcytosine (m5C) at position 34 of tRNA(Leu; CAA) precursors containing introns, the modification of which is required to stabilize anticodon-codon pairing and correctly translate the mRNA (Brzezicha et al., 2016; Shinoda et al., 2019). Notably, NSUN2 is involved in the regulation of cell proliferation and division through stabilizing the mitotic spindle, which is independent of its methyltransferase activity (Hussain et al., 2009). Analyses of RNA sequences from 95 humans revealed that NSUN2 is expressed in many organs (Fagerberg et al., 2014). In addition to its enzymatic and cellular biological functions, these results implied that functionally impaired NSUN2 would lead to a severe disease phenotype.

Indeed, biallelic variants in the NSUN2 gene have caused syndromic congenital deformities in a few patients, who mainly had intellectual disability (ID; Abbasi-Moheb et al., 2012; Khan et al., 2012a; Khan et al., 2012b; Komara et al., 2015; Martinez et al., 2012; Yavarna et al., 2015). Other common clinical features include developmental delay (DD), short stature, microcephaly, and facial dysmorphism. However, due to the lack of defined clinical phenotypes, especially facial deformities, affected patients have sometimes been diagnosed with other conditions, such as Dubowitz and Noonan syndromes (Fahiminiya et al., 2014; Martinez et al., 2012). Moreover, some phenotypes are unique to individual patients. For example, Khan et al., (2012a), Khan et al., (2012b) described one family with problems only with feet and toes, and Komara et al. described one patient with severe osteoporosis and mild cerebellar atrophy (Komara et al., 2015). These rare clinical features might have resulted from biological effects of the races of the patients or the variants themselves, but they might also be due to incomplete phenotypic assessments of patients identified in specific cohorts (Fahiminiya et al., 2014; Mu et al., 2019; Shaheen et al., 2019). Therefore, better understanding of the phenotypes associated with NSUN2 defects requires careful assessment of more patients.

Here, we identified a homozygous nonsense variant in NSUN2 using whole exome sequencing (WES) in a Chinese family with three affected female members. The clinical phenotypes of the patients were consistent with each other, and mostly with reported phenotypes. We also uncovered several novel clinical features related to NSUN2 variations which deepened our understanding of the phenotype.

2 MATERIALS AND METHODS

2.1 Whole-exome sequencing

We conducted whole-exome sequencing (WES) as described (Wang et al., 2014). Briefly, genomic DNA was extracted from 2 ml of peripheral blood samples of the three patients and their parents using TIANamp Genomic DNA Kits (TIANGEN, Beijing, China). We sheared 3 μg of DNA from patient II-3 into lengths of 150–200 bp using a Covaris® M220 Ultrasonicator (Covaris Inc.). An adapter-ligated library was generated using an Agilent SureSelect Target Enrichment System (Agilent Technologies, Inc.), and a capture library including both coding exons and flanking intronic regions was produced using SureSelect XT Human All Exon V6 reagent kits (Agilent Technologies Inc.). Clusters were then generated by isothermal bridge amplification using an Illumina cBot station, and sequenced using an Illumina X10 System (Illumina Inc.).

The sequence reads were aligned to a reference human genome (GRCh37/hg19) using NextGENe® software (SoftGenetics LLC). All single nucleotide variants (SNV) and indels were uploaded in VCF format for Ingenuity® Variant Analysis™ (Ingenuity Systems), bioinformatics analysis and interpretation.

2.2 Sanger sequencing verification of the NSUN2 gene

We designed primers to amplify the NSUN2 gene (GenBank accession no. NM_017755.5) using Primer 3 software (http://primer3.ut.ee/). The primers designed for exon 9 were: forward, 5’-CAGAGAAAACCCCAGCTCAC-3’ and reverse, 5’-CAACCCACAGTGCAGACG-3’. Exons and exon-intron boundaries were amplified by polymerase chain reaction (PCR; Takara Bio Inc.). The PCR products were sequenced using an ABI3730XL sequencer (Applied Biosystems) with both forward and backward primers, then the data were analyzed using Mutation Surveyor DNA Variant Analysis Software (SoftGenetics LLC.).

2.3 Analysis of the NSUN2- p.Leu335* variant in silico

The three-dimensional (3D) structure of the wild-type (WT) NSUN2 protein was simulated using Pymol v.1.8.4.0 software (https://www.pymol.org; Schrödinger), according to its amino acid sequence (NP_060225.4).
3 | RESULTS

3.1 | Patient description

Patient 1 (II-1) was a 20-year-old female, and the first child born to a physically healthy and non-consanguineous Chinese couple (Figure 1a). One early sign of a problem was post-partum feeding difficulties. A physical examination showed she had severe short stature (147.5 cm, << −3SD), low body weight (30.6 kg), muscular hypertonia, and craniofacial deformities, including microcephaly (head circumference, 49 cm, << −3SD), long face, short philtrum, hypertelorism, ptosis, long palpebral fissures, high nasal bridge, prominent nose, and micrognathia (Figure 1b, Table 1). She had slender hands and fingers, light palmar creases, and hallux valgus (Figure 1c,d). She had undeveloped breasts, no pubic hair, and amenorrhea. She crawled at the age of 4.5 years and could walk with help at age of 10 years. Her gait remains unstable. Only two fingers of each hand could move; thus, she could not hold a pen or chopsticks. She had severe ID and no language development. She also had fecal and urine incontinence. Laboratory findings revealed elevated creatine kinase isoenzyme-MB (CK-MB; 44 U/L, normal range: 0–25 U/L).

Patients 2 (II-4) and 3 (II-5) are 4-year-old twin sisters (Figure 1a) with clinical features that were mostly similar to those of their older sister (patient 1), including short stature, low body weight, hypertonia, craniofacial deformities, ID, language developmental delay, and the developmental retardation of gross and fine motor skills (Figure 1e, Table 1). At the age of 35 months, their gross and fine motor skills were equivalent to those of 11- and 8–9-month-old infants, respectively. Their intellectual development was probably like that of a normal 9-month-old infant. Patient 2 had normal hands and feet, whereas patient 3 had varus right foot (Figure 1f). Moreover, patients 2 and 3 had elevated CK-MB (60 and 48 U/L, respectively), and α-hydroxybutyrate dehydrogenase (HBDH; 244 and 229 U/L, respectively; normal range: 53–168 U/L; Table 1). The family also has two boys and one girl who are asymptomatic.

The findings of cranial magnetic resonance imaging, electrocardiography (ECG), ultrasound of the abdomen, thyroid, and heart, and chromosome karyotyping were normal among the three patients.
Identification of the novel NSUN2 variant

We suspected a genetic intellectual disability syndrome, and therefore conducted WES. The following strategy was applied to filter variants. We excluded low-confidence variants, common variants with allele frequencies (AF) >1% in the gnomAD database (http://gnomad.broadinstitute.org/), benign variants, including synonymous, harmless missense variants predicted by PolyPhen-2 and MutationTaster, and those with no impact on splicing predicted by MaxEntScan software. Thereafter, clinical
symptoms of global DD and ID served as filtering indexes to analyze candidate variants.

Finally, we identified a homozygous nonsense variant (c.1004T>A, p.Leu335*) in the NSUN2 gene (NM_017755.5) in all three patients, and validated it using Sanger sequencing (Figure 2a). The variant located at exon 9 of NSUN2 had an extremely low (0.0012%) allelic frequency (AF; gnomAD database) and resulted in NSUN2 protein missing more than half of its amino acid residues (Figure 2b). This was likely to trigger nonsense-mediated mRNA degradation. Sanger sequencing revealed that the parents and the second child of the family (II-2) were heterozygous for the nonsense variant, while two of the healthy children (II-3 and II-6) had the wild-type allele. In addition, copy number variation (CNV) analysis was performed by comparing the read-depth with the WES data from the other 20 samples of the same batch as described (Yao et al., 2017, 2019), and no questionable CNVs were found.

4 | DISCUSSION

We uncovered a Chinese pedigree that included three females harboring a rare homozygous variant (c.1004T>A, p.Leu335*) in exon 9 of the NSUN2 gene that has so far remained unknown. The variant was co-segregated in the patients and in unaffected members of the family and was classified as pathogenic according to the ACMG guidelines (PVS1+PM2+PP4; Richards et al., 2015). All three patients had ID, DD, microcephaly, short stature, facial deformities (long face, prominent nose, high nasal bridge, short philtrum, hypertelorism, ptosis, long palpebral fissures, and micrognathia), hypertonia, feeding difficulties, and elevated CK-MB. Among these features, feeding difficulties were the first feature to be recognized in the patients. We also identified several novel skeletal deformities, including slender hands and fingers, severely restricted finger mobility, and hallux valgus in patient 1 (II-1) and varus foot in patient 3 (II-5). Moreover, patient II-1 had delayed puberty, which has been identified in two other patients (one female and one male; Khan et al., 2012a; Khan et al., 2012b; Komara et al., 2015), indicating that NSUN2 plays a vital role in sexual development. Due to the elevated CK-MB and/or HBDH levels in our patients, and in consideration of a description of one patient with elevated creatine phosphokinase and lactose dehydrogenase (Khan et al., 2012a; Khan et al., 2012b), we evaluated the cardiac function of our patients using ECG and cardiac ultrasonography. Although no abnormalities were evident, we recommended that the patients undergo regular specialist evaluation.

To date, eight homozygous NSUN2 variants have been identified in 18 progeny of eight pairs of consanguineous parents: five with c.538-1T>G (p.Ile179Argfs*192; Abbasi-Moheb et al., 2012), three with c.2035G>A (p.Gly679Arg; Khan et al., 2012a; Khan et al., 2012b), three with c.538-1G>C (Martinez et al., 2012), c.1095+1G>A (Yavarna et al., 2015), and one each with c.1478delA (p.Asn496Ilefs*18; Shaheen et al., 2019). All these patients were born to Middle Eastern families with a consanguineous history. In addition to our three patients, we summarized the most frequent clinical features in all known patients with defective NSUN2. Table 2 shows that all affected patients had ID, DD, and facial deformities. The most common facial

![FIGURE 2](image-url) Results of sequencing DNA from the pedigree. (a) Sanger sequencing confirmed that patients inherited homozygous variant of c.1004T>A (p.Leu335*) in exon 9, from both parents. Red arrows, variant base. (b) Homology model shows effects of nonsense variant on NSUN2 protein. Green and blue, amino acid residues before and after Leu 335, respectively; red, Leu 335 residue.
features were a high nasal bridge (17/20), prominent nose (17/20), long face (16/20), and short philtrum (15/20). Most patients had microcephaly (16/20) and short stature (14/20). Hypotonia (9/18), hypertonia (7/18), and strabismus (4/11) were also evident. Compared with other manifestations, patients with NSUN2 defects, including our three patients, tended to have significant ID, which might be due to cerebellar dysfunction (Christianson et al., 1999; Ventura et al., 2006). A study of expression profiles in the mouse brain has localized NSUN2 mainly to the nucleoli of Purkinje cells in the cerebellum, as well as some cortical and brain-stem neurons (Khan et al., 2012a; Khan et al., 2012b).

One affected patient was considered to have Noonan-like syndrome at the age of 6 months based on DD and facial features (Fahiminiya et al., 2014). Noonan syndrome (NS; OMIM#163950) is characterized by short stature, craniofacial dysmorphism, cardiac abnormalities, short and/or a webbed neck resulting from abnormal activation of RAS-MAPK signaling due to variations in several genes (e.g., PTPN11, SOS1, RAF1, BRAF, HRAS, KRAS, and LZTR1; Li et al., 2019; Roberts et al., 2013). Although patients with NS and with defective NSUN2 are difficult to distinguish based on facial features, several other features can be compared. Congenital heart diseases (e.g., pulmonary valve stenosis, atrial septal defect, and hypertrophic cardiomyopathy) occur in 50%–80% of individuals with NS, but not so far in patients with NSUN2 defects. The prevalence of microcephaly is rare in NS but 80% in NSUN2 defects, and that of ID is ~25% of patients with NS compared with 100% of those with defective NSUN.

Another similar autosomal recessive phenotype is Dubowitz syndrome (DS; OMIM#223370), which has been identified in >200 patients; however, a single causative gene remains unknown. This syndrome is usually characterized by low birth weight, eczema, microcephaly, growth restriction, mild to moderate developmental delay, and a characteristic sloping forehead, epicanthal folds, blepharophimosis, widely spaced eyes, ptosis, a wide mouth, and micrognathia (Innes et al., 2018; Tsukahara & Opitz, 1996). However, none of the patients with a known NSUN2 defect had eczema, compared with ~48% of patients with DS). More significantly, ID is more severe in patients with a NSUN2 defect than DS (~50% mild and ~25% moderate-to-severe compared with 100% moderate-to-severe in patients with NSUN2 defects). Several other features of DS, namely a high-pitched voice, behavior problems such as hyperactivity (~40%), recurrent infections (~32%), tooth problems (~29%), congenital heart defects (~10%), and increased risk of hematological and malignant disorders have not been associated with NSUN2 defects.

### Table 2

| Clinical features | Patients in this study (n = 3) | Previously reported cases (n=17a) | Total (n = 20) |
|-------------------|-------------------------------|----------------------------------|---------------|
| Sex               | 3 females                     | 10 Females, 6 males, and one unknown | 13 Females, 6 males and one unknown |
| Intellectual disability | 3/3                           | 17/17                            | 20/20 (100%)  |
| Developmental delay | 3/3                           | 17/17                            | 20/20 (100%)  |
| Facial deformities | 3/3                           | 17/17                            | 20/20 (100%)  |
| High nasal bridge | 3/3                           | 14/17                            | 17/20 (85%)   |
| Prominent nose    | 3/3                           | 14/17                            | 17/20 (85%)   |
| Long face         | 3/3                           | 13/17                            | 16/20 (80%)   |
| Short philtrum    | 3/3                           | 12/17                            | 15/20 (75%)   |
| Microcephaly      | 3/3                           | 13/17                            | 16/20 (80%)   |
| Short stature     | 3/3                           | 11/17                            | 14/20 (70%)   |
| Hypotonia         | 0/3                           | 9/15                             | 9/18 (50%)    |
| Hypertonia        | 3/3                           | 4/15                             | 7/18 (39%)    |
| Strabismus        | 0/3                           | 4/8                              | 4/11 (36%)    |

aThe patient reported by Shaheen et al. (ref 11) was excluded due to lack of detail clinical information.

### 5 Conclusion

We uncovered a novel NSUN2 variant that caused severe ID, DD, and other congenital abnormalities in three Chinese patients from the same family. This is the first description of a non-consanguineous Chinese pedigree with NSUN2 homozygous variants. These variants were associated with early feeding difficulties, slender hands and fingers, severely restricted finger mobility, hallux valgus, varus foot, and elevated HBDH, which further extends the phenotype spectrum of NSUN2 variations.
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CONFLICT OF INTEREST
The authors declare no conflict of interest.

AUTHOR CONTRIBUTIONS
Songyang Sun and Lin Chen gathered clinical information from the family, performed literature review, and drafted the manuscript. Jian Wang and Yuchuan Wang performed molecular genetic analysis. Songyang Sun and Niu Li generated figures and tables for the manuscript. Niu Li and Xike Wang designed the study. All authors revised the manuscript.

ETHICAL COMPLIANCE
This study proceeded in accordance with the ethical standards of the responsible institutional committee on human experimentation and with the Declaration of Helsinki 1975, as revised in 2013. The Ethics Committee at Guizhou Provincial People’s Hospital approved the protocol and the family of the patients provided written informed consent to participate in the study.

DATA AVAILABILITY STATEMENT
The data that support the findings of this study are available on request from the corresponding authors.

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