Identification of Chemical Composition and Metal Determination of *Retama raetam* (Forssk) Stem Constituents Using ICP-MS, GC-MS-MS, and DART-MS

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This study aims to investigate the chemical constituents of the stem of *Retama raetam* growing in Saudi Arabia. The organic and inorganic composition of ethanol extract of *R. raetam* stem has been explored using direct analysis in real time-mass spectrometry (DART-MS), gas chromatography-mass spectrometry (GC-MS), and inductively coupled plasma-mass spectrometry (ICP-MS). Analysis conducted by DART-MS and GC-MS reveals the presence of several interesting organic constituents identified as 2,4-di-tert-butylphenol, sparteine, benzenepropanoic acid, 3,5-bis(1,1-dimethylethyl)-4-hydroxy-, methyl ester, phthalic acid, 1-octadecanol, squalene, argentamin, 2,4-di-tert-butylphenol, sparteine, benzene propanoic acid, 3,5-bis(1,1-dimethylethyl)-4-hydroxy-, methyl ester, phthalic acid, 1-octadecanol, squalene, argentamin, and hentriacontane in the ethanol extract of the *R. raetam* stem. The ICP-MS analysis of stem extract showed the presence of a significant amount of important inorganic elements including aluminum, chlorine, calcium, bromine magnesium, phosphorus, scandium, and chromium. The current study complements other *R. raetam* extract investigations carried out in the past and provides the additional data for the future research studies.

1. Introduction

Aromatic and medicinal plants are considered as the primary natural source for a wide variety of volatile terpene, hydrocarbons, essential oils, and secondary metabolites. Essential oils also known as volatile oil are being widely used in traditional medicine. Among others, antibacterial, antifungal, antirheumatic, and anti-inflammatory activities have been reported in the literature for these essential oils [1–3].

Genus *Retama* is comprised of monophyletic taxon belonging to family Fabaceae. It is comprised of four structurally related species distributed from endemic to the Mediterranean area: *R. sphaerocarpa* (L.) Boiss., *R. dasycarpa* Coss., *R. monosperma* (L.) Boiss., and *R. raetam* (Forssk.) Webb [4, 5]. *R. raetam* is commonly found in the Sinai Peninsula and North East Mediterranean region. The extracts of aerial parts of various species of genus *Retama* are used as traditional remedies in treatment of hypertension, diabetes, rheumatism, and anti-inflammatory diseases [6–8]. Moreover, several studies in the literature report different pharmacological properties of *Retama* species which includes antioxidant, antibacterial, antifungal, hepatoprotective, antiproliferative, antiulcerogenic, hypoglycemic, antihypertensive, and diuretic effects [9–16]. Phytochemical investigation has shown that *Retama* species are rich in flavonoids, quinolizidine, and bipiperidyl alkaloids and the cyclitol pinitol compounds [17–21]. *Retama raetam* (Forssk) Webb, commonly known as ‘R’tm, is the most valuable aromatic and medicinal wild plant. It is naturally grown in the northeastern Mediterranean region,
the Sinai Peninsula, Tunisia, Libya, and Saudi Arabia [22, 23]. The flowers of this plant emit sweet honey aroma, and roots are deeply rooted in the soil. It has slender branches which reduces the exposed surface area to make plants resistant to dry conditions of the desert. The leaves are very small and quickly drop to conserve the water. Traditionally, different parts of plants are used in the treatment of renal and skin diseases. Its extracts are reported to possess potential diuretic activity and could be useful in the cure of hypertension. *R. raetam* have also shown antidiabetic effect. In Tunisia, it is found in abundance and is being used for various industrial purposes. In Algeria and Morocco, it is used to reduce the blood glucose and skin inflammation [24, 25]. However, in Saudi Arabia, the plant is used for wound healing and inflammation. Also, cattle fed with *R. raetam* made their milk sweeter.

A plenty of scientific data have been generated in the use of traditional medicines in the past two decades mainly encompassing the natural product-based drugs. Hundreds of reports are available in the literature on plant components, their isolation, identification, and studies related to their pharmacological and toxicological properties. Most of the scientific studies of natural products are concerned towards the identification and characterization of organic components, which are mostly secondary metabolites. Indeed, organic compounds are the responsible components of the biological activities. However, the inorganic elements are also present in the plant extracts, and they could play a potential influential role in the therapeutic effects of the natural products. Inorganic components can take part as supplementary materials in addition to the medicinal effects of herbal-based medicines [26, 27].

A number of studies addressed the organic constituents of *R. raetam*; however, the inorganic elements are not reported yet. The current work emphasizes on the organic as well as inorganic components of the *R. raetam* stem extract using DART-MS, GC-MS, and ICP-MS techniques.

### 2. Materials and Methods

#### 2.1. Plant Material

The stems of plant *Retama raetam* (2.5 Kg) were collected from the Mada’in saleh, North west of Saudi Arabia, in October 2019. The plant material was authenticated and identified by a taxonomist at the Botany Department of King Saud university. The dried stems were coarse powdered in a mixer grinder to get the uniform size. The powdered material of *R. raetam* was transferred to polyethylene plastic polybags and kept in a cold place at 4°C, until further use.

#### 2.2. DART-MS Analysis

Direct analysis in real-time study was performed in AccuTOF-DART-MS, JEOL (Inc., Peabody, MA, USA), equipped with an ionic source DART-SVPTM (Ionsense, Saugus, MA, USA). Stem sample of the botanical plant material was directly sampled by holding with forceps between the DART ion source and the mass spectrometer. The detection of chemical constituents by this technique does not require the extraction or sample preparation. The volatile components of the stem are evaporated in a stream of helium heated at 350°C and were then ionized by excited metastable helium atoms prior to entering the ion source of the mass spectrometer. The molecules are mainly protonated without any fragmentation in a positive ionization mode.

#### 2.2.1. DART-MS Instrumental Parameters

All mass measurements were performed using DART-AccuTOF mass spectrometer in a positive ion mode. Protonated reserpine was used to measure the resolving power of spectrometer at 6000 (FWHM). The mass spectrum of polyethylene glycol (1500 average molecular weight) was chosen as a reference standard for exact mass measurements of each generated compound in the plant sample. The following conditions for the atmospheric pressure interface were applied: ring lens (4 V); orifice 1 (10 V) and orifice 2 (5 V). The voltage of radio frequency (RF) ion guide was adjusted at 800 V to permit detection of ions greater than m/z 80. Helium gas was used as a DART ion source at the 350°C with a flow rate 2 L/min and a grid voltage of 530 V, and input gas pressure was adjusted to 1.8 × 10⁻² Pa (Airgas, Cambridge, MA). Elemental compositions of chemical constituents detected were compared with accurate mass spectral data with well-developed library of plant components isolated from the NIST standard reference database (2008 database).

#### 2.3. Preparation of *R. raetam* Extract for GC-MS Analysis

To analyze the organic components *R. raetam* plant, powdered stem (100 g) was subjected to ethanol extraction. The plant powder was soaked in 300 mL of ethanol for 48 h, at ambient temperature. The ethanolic extract was drained, filtered, centrifuged, and freed from solvent on the rotavapour at ±50°C, under reduced pressure to get the dark brown residue (16.5 g). The obtained extract was stored in the refrigerator at 4°C in dark air-tight bottles prior to further analysis with GC-MS.

#### 2.3.1. GC-MS Instrumental Conditions

The chemical composition of the ethanol extract obtained from the stem of *R. raetam* was analyzed in a Thermo Trace GC ultra-gas chromatography coupled with a TSQ quantum mass spectrometer (triple quadrupole), available at College of Science, King Saud University. 2 μL solution of stem extract of *R. raetam* was loaded into the glass capillary column fused with Elite-5MS column (30 × 0.25 mm internal diameter with 0.25 mm × 0.25 μm film thickness). The stationary phase is 5% phenyl polysilphenylene-siloxane. The temperature of the oven was set at 40°C, 5 min, reaching 300°C at an acceleration rate of 10°C/min. The injector and detector temperature was maintained at 250°C. Helium was used as the carrier gas with a flow rate of 0.5 mL and a split flow of 25 mL/min, corresponding to split ratio of 50. The total acquisition time for analysis was 75 min. Mass detector scanning was carried out at 40 to 500 (m/z), in an ionization mode. The mass detector was operated at 70 eV ionization energy and 0.132 s/scan in the full scan mode. Relative
abundance (% area) calculations were based on the ratio between the peak area of each compound and the sum of the peak areas of all compounds [28]. National Institute of Standard and Technology (v2.1, NIST, 2005, Wiley) library was used to identify the unknown components and the comparison with literature reported.

2.4. Preparation of Sample for ICP-MS Analysis by Microwave Digestion. The dried, powdered plant material (515 mg) was placed in dry, clean Teflon microwave digestion vessel, to which 2.0 mL of concentrated HNO₃, 6.0 mL of HCl, and 2.0 mL of HF were added. The sample was then subjected to digestion using scientific microwave (Model Milestone Ethos 1600) at 165°C for 10 min with the microwave irradiation of 1000 W power, followed by a dwell time 20 min at 165°C. The temperature and pressure limit was 175°C and 15.2 bar (220 psi), respectively. After cooling, the resulting digest was transferred to a 50 mL plastic volumetric flask and made up to the mark using deionized water. A blank digest was carried out in the same way.

2.4.1. ICP-MS Instrumental Conditions. For the trace elemental analysis of R. raetam, the instrument NexION 300D (inductively coupled plasma-mass spectrometer, PerkinElmer, USA) was used to conduct the ICP-MS analysis. Table 1 highlights the operating conditions of the instruments used in this study.

2.4.2. Calibration of ICP-MS and Internal Standard. Instrument calibration was performed using 1.0 ppb multielement internal standard solution in 1% nitric acid of various elements such as lithium (⁶⁷Li), beryllium (⁹Be), zinc (⁶⁵Zn), selenium (⁷⁸Se), bromine (⁸¹Br), cobalt (⁶³Co), sodium (²³Na), magnesium (²⁴Mg), silicon (²⁸Si), iron (⁵⁷Fe), chromium (⁶⁵Cr), lead (²⁰⁸Pb), copper (⁶⁷Cu), copper (⁶⁵Cu), and barium (¹³⁶Ba). The same standard solution was applied to optimize the gas flow, mass calibration, resolution, and AutoLens calibration. For all analyses, 20 ppb multielement internal standard solution was used.

2.5. Bacterial Strains. Five different pathogenic bacterial strains were used in this study including Salmonella typhi ATCC, Escherichia coli ATCC, Pseudomonas aeruginosa ATCC, and Klebsiella pneumoniae ATCC as Gram-negative and Staphylococcus aureus ATCC as Gram-positive bacterial strain. The bacterial strains were supplied by the King Khalid Hospital, Saudi Arabia, and were used to investigate the antibacterial potential of ethanol extract of R. raetam. The bacterial strains were cultured in nutrient broth for 6 h. 20 mL of the cultured bacterial strains were inoculated in the tubes containing nutrient broth supplemented with seven different concentrations (20, 40, 80, 160, 320, 640, and 1280 mL) of the plant extract (25 mg mL⁻¹) and incubated for one day at 37°C. The MIC of the sample was determined by measuring the optical density using spectrophotometer at 620 nm. Chloramphenicol was used as a standard substance [32].

2.6. Antibacterial Assay of R. raetam Extract. Agar well diffusion method was used to investigate the antibacterial potential of ethanol extract of R. raetam stem in Mueller–Hinton Agar (MHA) plates [31]. The test bacterial strains were placed in nutrient broth and incubated for 12 h at 37°C to make the turbidity to 0.5 McFarland standards yielding a final inoculum of 1.5 × 10⁸ CFU/mL. The standardized bacterial culture was spread on MHA plate. 50 mg mL⁻¹ solution of plant extract was prepared in dimethyl sulfoxide (DMSO). A sterile cork-borer was used to bore the inoculated media into the wells, and 50 μL of plant extract was added to each well. Streptomycin was used as positive control, while DMSO was used as a negative control. The mixture was allowed to diffuse for approximately 30 min at ambient temperature and incubated at 37°C for one complete day. After the incubation time, the plates were evaluated for clear zone formation around the well, which expresses the antibacterial potential of the tested plant extract. The zone of inhibition was measured in mm.

2.7. Determination of MIC of the Plant Extract. MIC was determined by using a broth microdilution procedure according to the instruction of CLSI. Microorganisms were cultured in nutrient broth for 6 h. 20 mL of the cultured bacterial strains were inoculated in the tubes containing nutrient broth supplemented with seven different concentrations (20, 40, 80, 160, 320, 640, and 1280 mL) of the plant extract (25 mg mL⁻¹) and incubated for one day at 37°C. The MIC of the sample was determined by measuring the optical density using spectrophotometer at 620 nm. Chloramphenicol was used as a standard substance [32].

2.8. DPPH Free Radical Scavenging Activity. The antioxidant effect of R. raetam stem extract was determined spectrophotometrically using the DPPH method by modifying previously described Brand-Williams et al. [33]. The method was conducted by mixing 1.5 mL of 20 μg mL⁻¹ of DPPH solution with 0.75 mL of 100 μg mL⁻¹ of plant extract. The sample under investigation was mixed well and kept in a dark at ambient temperature for 30 min. The absorbance of the mixture was measured spectrophotometrically at 517 nm against blank solution (0.75 mL of water mixed with 1.5 mL DPPH) using UV-Vis spectrophotometer (Shimadzu, Kyoto, Japan). Furthermore, to eliminate the crude extract absorbance, a blank sample was prepared by mixing 0.75 mL of plant extract with 1.5 mL of methanol. Thus, the
antioxidant capacity percentage was calculated using the following equation:

$$\text{antioxidant activity (％) } = \left( \frac{A_{\text{Control}} - A_{\text{Extract}}}{A_{\text{Control}}} \right) \times 100,$$

(1)

where $A_{\text{Control}}$ and $A_{\text{Extract}}$ are the absorbance of the DPPH solution without the extract and absorbance of the tested plant extract with DPPH, respectively.

3. Results and Discussion

3.1. Chemical Analysis of R. raetam Stem Extract by DART-MS, GC-MS, and ICP-MS. In the current study, phytochemical evaluation of organic and inorganic components of R. raetam stem extract were identified and quantitatively estimated by DART-MS, GC-MS, and ICP-MS analysis. A significant quantity of 22 organic chemical components was determined using DART-MS technique (Table 2). Figure 1 displays the mass spectrum of organic compounds by the DART-MS, whereas 12 organic constituents were estimated by GC-MS technique (Table 3). Figure 2 illustrates the chromatogram of organic compounds of R. raetam stem extract by GC-MS. However, a total of 33 inorganic constituents were detected using ICP-MS technique (Table 4). The results revealed that a significant amount of important organic compounds identified in the R. raetam stem extract include adiponitriile, 2-isopropylimidazole, cinachyrazole C, cadalene, 8-hexylisoquinoline, sparteine, 2-dodecyl-1H-imidazole, and 4-methyl-2-undecylimidazole in DART-MS analysis. Also, the GC-MS results showed the presence of valuable organic constituents, including 2,4-di-tert-butylphenol, sparteine, benzene propanoic acid, 3,5-bis(1,1-dimethylethyl)-4-hydroxy-, methyl ester, phthalic acid, 1-octodecanol, squalene, argentinam, and hentriacontane.

Sparteine is a heterobicyclononane alkaloid known to possess antiarrhythmic effect, to decrease the incidences of ventricular tachycardia and fibrillation, and helps in reduction of blood pressure and heart rate [34, 35]. It also showed a hypoglycemic effect and induces glucagon and insulin secretions in the pancreas [36, 37]. Other biological properties which are reported for this alkaloid include antiinflammatory, antibacterial, and diuretic effects and induce uterine contractions [38, 39].

GC-MS analysis estimated and identified the presence of hentriacontane in the stem extract of R. raetam (Table 3). Hentriacontane is reported to possess anti-inflammatory effects on the lipopolysaccharide- (LPS-) induced inflammatory responses in mouse peritoneal macrophages. It has inhibited the production of interleukin (IL-6), tumor necrosis factor (TNF-α), and prostaglandin-E2 (PGE 2), suggesting a potential candidate for the development of new inflammatory drugs to cure inflammatory diseases [40].

Antibacterial, antifungal, and cytotoxicity activities of R. raetam extract has been reported in the literature [10], which revealed that the constituents present in the plant have a major role in biological properties. A study conducted on a flower extract of R. raetam showed strong antimicrobial activity against P. aeruginosa, E. coli, and Candida species (7.81–15.62 μg mL⁻¹). The tested plant extract as well as flavonoids isolated showed strong cytotoxicity against Hep-2 cells [10].

Hentriacontane also known as untriacontane is a long chain hydrocarbon belonging to organic class alkanes. It is commonly found in a variety of food items such as saffron, sweet cherry coconut, and swamp cabbage. This makes a potential biomarker for the consumption of these food products. It has been reported for various pharmacological properties including, antitumor, anti-inflammatory, and antimicrobial activities [41].

Reactive oxygen species (ROS) are known to be responsible for oxidative cellular macromolecules damages such as nucleic acids, lipids, and proteins. These types of biological destruction may lead to disease progression and cell death. The stem extract of R. raetam displayed potent DPPH radical scavenging activity. The results attributed this activity due to the presence of terpenoids and flavonoids in the plant extract [42]. All of these addressed features of the R. raetam could be taken into account to support its medicinal applications in a traditional folk system of medicine [43]. In the current work, appreciable amount of sesquiterpenoids was detected in the R. raetam stem extract.

Inorganic components play a vital role in the survival of the bioactive chemical entities. In addition to four basis building elements hydrogen, carbon, oxygen, and nitrogen (forming main organic molecules), various inorganic components are required by the living organisms for their healthy survival. Several elements are essentially required for normal physiological body functions in humans [44]. In the current analysis, a total of 33 inorganic elements were detected in the R. raetam stem extract (Table 4), suggesting that they have an important role in biological functions in mankind.

The concentration of calcium was found to be the highest in the sample followed by iron, potassium, and sodium. Calcium is a vital element for numerous physiological functions and a structural material for bone in combination with phosphorus. Intake of calcium supplement helps in preventing bone fracture and calcium deficiency disorders [45]. Calcium was determined in the highest amount (71951 ± 3.1 mg Kg⁻¹) among all the inorganic elements identified in the tested plant in the present study. Other potential nutrient elements found in the extract were iron, potassium, and sodium (Table 4). Iron is an important element which helps in oxygen carrying capacity of hemoglobin. It is also found in various important enzymes such as cytochrome p450 enzyme. The amount of iron recorded in R. raetam stem extract was 1054.487 ± 1.0 mg Kg⁻¹ (Table 4). Potassium, which was also found in higher quantity in the R. raetam extract (15267.514 ± 0.9 mg Kg⁻¹), is reported to participate in regulating fluid balance, nerve signals, and muscle contraction. Studies have shown that high-potassium diet helps in reducing blood pressure and water retention, prevent osteoporosis and kidney stones, and protect against stroke.

Sodium is one of the useful elements required in small amounts via food to perform the normal biological functions and a structural material for bone in combination with phosphorus. Intake of calcium supplement helps in preventing bone fracture and calcium deficiency disorders [45]. Calcium was determined in the highest amount (71951 ± 3.1 mg Kg⁻¹) among all the inorganic elements identified in the tested plant in the present study. Other potential nutrient elements found in the extract were iron, potassium, and sodium (Table 4). Iron is an important element which helps in oxygen carrying capacity of hemoglobin. It is also found in various important enzymes such as cytochrome p450 enzyme. The amount of iron recorded in R. raetam stem extract was 1054.487 ± 1.0 mg Kg⁻¹ (Table 4). Potassium, which was also found in higher quantity in the R. raetam extract (15267.514 ± 0.9 mg Kg⁻¹), is reported to participate in regulating fluid balance, nerve signals, and muscle contraction. Studies have shown that high-potassium diet helps in reducing blood pressure and water retention, prevent osteoporosis and kidney stones, and protect against stroke.
processes. It helps to conduct nerve impulses, maintain the proper balance of water and minerals, and contraction and relaxation of muscles. The daily requirement of sodium by the human body is 500 mg. In the current investigation, 531.674 ± 2.4 mg Kg⁻¹ of sodium was detected in the *R. raetam* extract. Higher levels of sodium intake have been negatively correlated with the risk of high blood pressure, heart disease, and stroke. Other significant trace nutrient elements detected in the *R. raetam* extract were phosphorus, strontium, manganese, and chromium (Table 4). Phosphorus is considered as an important component of bones, teeth, DNA, and RNA. It plays a crucial role in the structure of cell membrane and a key source of body's energy. Several sugars and proteins present in the body are phosphorylated. In this study, phosphorus has been found in an appreciable amount (701.293 ± 2.1 mg Kg⁻¹).

The results of the current investigation revealed that four elements other than essential ones caught the attention for

| S. no. | Experimental mass | Calculated mass | Mass difference (mmu) | Formula | Proposed name | Unsaturation degree |
|--------|-------------------|----------------|-----------------------|---------|---------------|---------------------|
| 1      | 108.06872         | 108.06875      | -0.03                 | C₆H₈N₂  | Adiponitrile  | 4.0                 |
| 2      | 110.08439         | 110.08440      | 0.00                  | C₆H₄N₂  | 2-Isopropylimidazole | 3.0           |
| 3      | 168.12352         | 168.12626      | -2.74                 | C₉H₁₆N₂O | 3-[1-Ethyl-1-methylpropyl]-5-isoxazolamine | 3.0       |
| 4      | 169.12916         | 169.12962      | -0.45                 | C₈H₁₄N₂O | Unknown | 3.0                 |
| 5      | 195.12322         | 195.12459      | -1.36                 | C₈H₁₄N₂O | Cinachyrazole C | 4.5            |
| 6      | 196.12730         | 196.12794      | -0.64                 | C₈H₁₄N₂O | Unknown | 4.5                 |
| 7      | 212.14652         | 212.14392      | 1.31                  | C₁₁H₁₈N | Cadalene | 7.5                 |
| 8      | 213.14111         | 213.15175      | 2.36                  | C₁₁H₁₉N | 8-Hexylisoquinoline | 7.0         |
| 9      | 232.19781         | 232.19395      | 3.86                  | C₁₁H₂₆N₂ | 1,5-Dicyclohexylimidazole | 5.0      |
| 10     | 233.20650         | 233.20177      | 4.73                  | C₁₁H₂₆N₂ | Unknown | 4.5                 |
| 11     | 234.21224         | 234.20960      | 2.64                  | C₁₁H₂₆N₂ | Sparteine | 4.0                  |
| 12     | 235.21931         | 235.21742      | 1.89                  | C₁₁H₂₇N₂ | 4-Methyl-2-undecylimidazole | 3.5         |
| 13     | 236.22711         | 236.22525      | 1.87                  | C₁₁H₂₈N₂ | 2-Dodecyl-1H-imidazole | 3.0         |
| 14     | 237.22944         | 237.22860      | 0.83                  | C₁₄H₁₆N₂ | Unknown | 3.0                 |
| 15     | 239.15370         | 239.15482      | -1.12                 | C₁₂H₁₇N | 4-(4-Dimethylaminostyryl)-1-methylpyridinium | 8.5         |
| 16     | 240.15655         | 240.15818      | -1.63                 | C₁₅H₁₉N₂ | Unknown | 8.5                 |
| 17     | 247.18814         | 247.18599      | -1.45                 | C₁₁H₂₅N₂O | 2-Amino-N,N-diethylpropanamide; methyl (2S)-2-aminopropionate | 1.0 |
| 18     | 248.19482         | 248.19295      | 1.87                  | C₁₀H₂₃N₂O₃ | Unknown | 1.0                 |
| 19     | 249.20279         | 249.20524      | -2.45                 | C₁₁H₂₇N₂O₃ | N’-[2-(4,4,4-Trimethoxybutylamino)ethyl]ethane-1,2-diamine | 0.0 |
| 20     | 250.20532         | 250.20860      | -3.27                 | C₁₀H₂₇N₂O₃ | Unknown | 0.0                 |
| 21     | 256.17922         | 256.18137      | -2.15                 | C₁₅H₂₂N₃ | 2-(3-Propylbenzimidazol-3-ium-1-yl)hexenitrile | 7.5 |
| 22     | 257.18411         | 257.18473      | -0.62                 | C₁₅H₂₂N₃ | Unknown | 7.5                 |

**Figure 1:** Main constituents characterized in *R. raetam* plant stem by DART-MS.
their substantial quantity in the \textit{R. raetam} stem extract. These include bromine (35.389 ± 0.9), barium (15.622 ± 1.0 mg Kg$^{-1}$), copper (6.648 ± 0.7 mg Kg$^{-1}$), and arsenic (1.400 ± 2.4 mg Kg$^{-1}$). These inorganic elements are toxic in nature. Table 3 also demonstrates the other elements identified in trace amounts.

3.2. Evaluation of Antibacterial Potential of \textit{R. raetam} Stem Extract. Antibacterial activity of \textit{R. raetam} stem extract was determined using agar well diffusion method against five different bacterial strains. The plant extract used in this study showed a varying degree of antibacterial potential against all the bacterial strains used. The potency of plant extract was measured qualitatively as well as quantitatively to access the presence or absence of zone of inhibition, zone diameter, and MIC values. Streptomycin and DMSO were used as positive and negative control, respectively. The data presented in Table 5 show that the ethanol extract of \textit{R. raetam} stem has excellent antibacterial activity against all tested bacterial strains. The results revealed that the highest zone of inhibition was recorded against \textit{P. aeruginosa} (6.2 mm) and

### Table 3: Constituents identified in \textit{R. raetam} plant stem extract by GC-MS.

| S. no. | Proposed compound | Formula | M.W. | Rt (min.) | Area (%) | Composition (%) |
|--------|-------------------|---------|------|-----------|----------|-----------------|
| 1      | 2,4-di-tert-butylphenol | C$_{14}$H$_{22}$O | 206   | 19.68     | 0.820    | 14.584          |
| 2      | Sparteine         | C$_{15}$H$_{26}$N$_{2}$ | 234   | 25.93     | 3.232    | 7.84            |
| 3      | Benzenepropanoic acid, 3,5-bis(1,1-dimethylethyl)-4-hydroxy-, methyl ester | C$_{16}$H$_{24}$O$_{3}$ | 292   | 28.70     | 13.460   | 4.47            |
| 4      | Phthalic acid, butyl nonyl ester | C$_{21}$H$_{32}$O$_{4}$ | 348   | 29.35     | 4.280    | 6.89            |
| 5      | 1-Octodecanol     | C$_{18}$H$_{38}$O | 270   | 31.62     | 2.340    | 4.13            |
| 6      | 5,6-Dehydrodulpanine | C$_{13}$H$_{22}$N$_{2}$O | 246   | 34.95     | 4.280    | 6.89            |
| 7      | Dioisooctyl phthalate | C$_{24}$H$_{38}$O$_{4}$ | 390   | 39.28     | 36.420   | 2.13            |
| 8      | 1,3-Benzenedicarboxylic acid, bis(2-ethylhexyl)ester | C$_{29}$H$_{38}$O$_{4}$ | 390   | 42.38     | 4.262    | 10.54           |
| 9      | Squalene          | C$_{30}$H$_{50}$ | 436   | 47.08     | 0.962    | 24.71           |
| 10     | Argentamin        | C$_{15}$H$_{20}$N$_{2}$O$_{2}$ | 260   | 49.59     | 1.587    | 1.56            |
| 11     | Hentriacontane    | C$_{28}$H$_{46}$ | 436   | 47.08     | 0.962    | 24.71           |
| 12     | Methyl 8,14-epoxy-15-hydroxy-16-nor-pimarate | C$_{20}$H$_{32}$O$_{4}$ | 336   | 49.59     | 1.587    | 1.56            |

### Table 4: Elements and heavy metals concentration \textit{R. raetam} stem (mg Kg$^{-1}$).

| Element | Amount (mg Kg$^{-1}$) | Element | Amount (mg Kg$^{-1}$) | Element | Amount (mg Kg$^{-1}$) |
|---------|-----------------------|---------|-----------------------|---------|-----------------------|
| Li      | 1.213 ± 1.6           | Mn      | 108.878 ± 2.7         | Ag      | 0.307 ± 2.4           |
| Na      | 531.674 ± 2.4         | Fe      | 1054.487 ± 1.0        | Cd      | 0.124 ± 3.0           |
| B       | 157.829 ± 2.4         | Co      | 0.813 ± 1.1           | Sn      | 1.005 ± 1.8           |
| Mg      | 7387.130 ± 1.0        | Ni      | 4.508 ± 1.1           | Sb      | 0.1083 ± 1.4          |
| Al      | 409.554 ± 1.1         | Cu      | 6.648 ± 0.7           | Ba      | 15.622 ± 1.0          |
| Si      | 1122.7 ± 3.0          | Zn      | 17.495 ± 2.1          | La      | 0.456 ± 2.5           |
| P       | 701.293 ± 2.1         | As      | 1.400 ± 2.4           | Ce      | 0.851 ± 0.5           |
| K       | 15267.514 ± 0.9       | Br      | 35.389 ± 0.9          | W       | 0.550 ± 0.7           |
| Ca      | 71951 ± 3.1           | Sr      | 361.079 ± 2.8         | Hg      | 0.299 ± 1.0           |
| Ti      | 14.276 ± 2.4          | Mo      | 1.049 ± 0.7           | Pb      | 0.960 ± 0.6           |
| Cr      | 50.962 ± 1.9          | Pd      | 0.279 ± 1.6           | Bi      | 0.406 ± 2.2           |
S. aureus (5.8 mm), whereas the streptomycin gave inhibition zone between 1.65 and 3.74 mm. The ethanol extract of R. raetam showed a MIC of 2 and 5 mg mL\(^{-1}\) against P. aeruginosa and S. aureus, respectively. However, chloramphenicol had varied MIC from 6.5 to 10.5 mg mL\(^{-1}\). The results obtained in the present study supports with the previous study conducted by Awen et al. (2011) [46].

3.3. Evaluation of Antioxidant Potential of R. raetam Stem Extract. The antioxidant potential of R. raetam stem extract was evaluated using DPPH free radical scavenging assay. It is considered as one of the simplest, effective, reliable, reactive, and reproducible in vitro procedures used for the evaluation of pure compound’s activity as well as a plant extract. The results of DPPH radical scavenging potential of the R. raetam stem was compared with reference (ascorbic acid) and are presented in Figure 3. The measured antioxidant potential was estimated as IC\(_{50}\) values of DPPH free radical scavenging activity exhibiting strong antioxidant activity for the ethanol extract of R. raetam stem. The IC\(_{50}\) values obtained were 32.6 and 12.8 \(\mu\)gm mL\(^{-1}\) for the extract and ascorbic acid, respectively. The free radical scavenging abilities of the ethanol plant extract were lower as compared to ascorbic acid. The obtained results indicated that R. raetam stem extract has a strong hydrogen-donating ability, can act as a free radical scavenger, and can serve as possible substitute primary antioxidant. The strong antioxidant potential of R. raetam stem extract can be attributed to the presence of secondary metabolites.

4. Conclusion

This study provides an insight about the bioactive organic metabolites as well as beneficial inorganic elements of ethanol extract of R. raetam stem. It is probably the first report regarding the inorganic elements of the R. raetam extract and clearly supports the traditional use of R. raetam in the folk, traditional system of medicine. As a whole, R. raetam extract contains essential inorganic components needed for biological functions and traces of mercury, arsenic, and lead toxic elements. The outcome of present investigation offers the excellent role of the inorganic constituents in the medicinal properties together with its organic components. It also indicated the possibility of using this plant as a source of supplements for various inorganic elements in case of deficiency.

Data Availability

All the data included are present within the text.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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