Case report

A 50-year-old man with sickle cell disease and a 20-year history of bilateral total hip arthroplasties for avascular necrosis presented with progressive worsening of right hip pain and stiffness. When initially evaluated in the orthopedic clinic, he walked with a Trendelenburg gait on the right and limited range of motion in his right hip compared to the left.

At that time, radiographs of the pelvis demonstrated complete wear of the polyethylene acetabular liner of the right hip arthroplasty, with extensive osteolysis. There were also fractures of the greater trochanter, lesser trochanter, and right superior and inferior pubic rami (Fig. 1). Noncontrast CT of the pelvis further demonstrated the extent of the osteolysis and fractures. CT also showed non-x-ray-apparent fluid-attenuation collections with high-density-material rims along the synovial margins of the right hip joint (Figs. 2 and 3).

Due to the failure of his right hip arthroplasty, the patient subsequently underwent surgical revision. Operative notes document full wear-through of the polyethylene acetabular liner with abnormal metal-on-metal articulation and significant metallic and granulomatous debris staining the surrounding tissues. However, the metal acetabular cup and femoral components were well fixed. Therefore, the revision consisted of an exchange of the acetabular polyethylene liner and femoral head, with debridement of the surrounding metallic stained tissue.

The patient functionally did well for six months. However, he returned with progressively worsening deep lateral right thigh pain, to the point of needing crutches for ambulation. Laboratory evaluation confirmed no evidence of infection. Radiographs and noncontrast CT of the pelvis...
revealed a new fracture of the right acetabulum with significant superior subluxation of the hip and extensive surrounding osteolysis (Fig. 4). Numerous round, soft-tissue masses with high-density walls were again seen outlining the right hip joint.

Due to the presence of multiple soft-tissue ulcers, surgery was not performed. Repeat CT six months later showed further progression of prosthesis failure, with worsening osteolysis of both the anterior and posterior columns of the right acetabulum. There was also further accumulation of radiodense debris, and increased size and number of metallic-rimmed fluid collections. Findings were consistent with advanced metallosis (Figs. 5, 6, and 7).

Discussion

Metallosis is a rare condition defined by infiltration of periprosthetic soft tissues and bone by metallic debris resulting from wear of joint arthroplasties (1). The accumulation of metallic debris can further accelerate wear and loosen-
ing of the hardware components by instigating a local inflammatory response with synovitis and cytokine-mediated osteolysis (2-4). In the setting of total hip arthroplasty (THA), metallosis can occur by a variety of mechanisms. For metal-on-metal THAs, the metal femoral head may wear against the weight-bearing surface of the metal acetabular component (5, 6). Alternatively, if the implant is improperly positioned, the femoral neck may impinge on the acetabular cup (7).

As in this case, metallosis may also occur in THAs that have been constructed with polyethylene liners. The polyethylene liner may fracture or wear down from overuse, resulting in abnormal metal-on-metal contact and the dispersion of metal particles within the joint (8-11). In a review of 418 THAs, the overall incidence of metallosis as the cause of THA failures was approximately 5.3% (12).

There are several characteristic radiographic features of metallosis in THA. On plain films, eccentric alignment of the femoral head in the acetabular cup may suggest wear, fracture, or breakdown of the polyethylene liner. Another finding is the bubble sign, seen as bubble-like hyperdensities representing deposited metallic debris outlining the joint space (13). The cloud sign is described as amorphous cloudy radiodensities in the periprosthetic tissues (14). In advanced cases such as this one, metallosis may be seen as gross metallic particulate matter in the periprosthetic tissues, which may lead to extensive osteolysis in the surrounding bone.

Unfortunately, these radiographic signs may be absent in over half of cases (12). Therefore, CT may aid in diagnosis. Cases demonstrating the imaging findings of metallosis on CT are sparsely documented in the literature. Findings include high-density material outlining the joint capsule or bursa (1, 15). Our case report further documents the imaging appearance of metallosis on CT, with the unique findings of metallic debris in addition to high-density material outlining the hip joint capsule. This case of metallosis is particularly unusual in that it occurs in the context of sickle cell disease, which is associated with a high incidence of polyethylene wear and osteolysis requiring re-operation (16, 17).

Due to the severe consequences of metallosis, including chronic inflammation, osteolysis, and prosthetic loosening, as well as the inconsistent appearance of metallosis on plain film, we recommend CT in conjunction with plain films when evaluating the integrity of total hip arthroplasties. This will allow timely detection of metallosis, prompt revision arthroplasty, and minimization of osteolysis.
Metallosis: CT findings in a total hip arthroplasty

Figure 7. Volume-rendered 3D reformation of CT of prostheses. Left: Medial surface of left acetabular component. Right: Medial surface of the displaced right acetabular component. The abnormal articulation between this component and the ilium has worn a circular hole (arrows) in the component. In addition: QuickTime 3D movie (893 kB) of both prostheses.

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