Dysregulation of MicroRNA-34a Expression in Head and Neck Squamous Cell Carcinoma Promotes Tumor Growth and Tumor Angiogenesis

Bhavna Kumar1,2, Arti Yadav2, James Lang1,2, Theodoros N. Teknos1,2, Pawan Kumar1,2*

1 Department of Otolaryngology-Head and Neck Surgery, The Ohio State University, Columbus, Ohio, United States of America, 2 The Ohio State University Comprehensive Cancer Center, The Ohio State University, Columbus, Ohio, United States of America

Abstract

Background: MicroRNAs (miRs) are small non-coding RNAs that play an important role in cancer development where they can act as oncogenes or as tumor-suppressors. miR-34a is a tumor-suppressor that is frequently downregulated in a number of tumor types. However, little is known about the role of miR-34a in head and neck squamous cell carcinoma (HNSCC).

Methods and Results: miR-34a expression in tumor samples, HNSCC cell lines and endothelial cells was examined by real time PCR. Lipofectamine-2000 was used to transfect miR-34a in HNSCC cell lines and human endothelial cells. Cell-proliferation, migration and clonogenic survival was examined by MTT, Xcelligence system, scratch assay and colony formation assay. miR-34a effect on tumor growth and tumor angiogenesis was examined by in vivo SCID mouse xenograft model. Our results demonstrate that miR-34a is significantly downregulated in HNSCC tumors and cell lines. Ectopic expression of miR-34a in HNSCC cell lines significantly inhibited tumor cell proliferation, colony formation and migration. miR-34a overexpression also markedly downregulated E2F3 and survivin levels. Rescue experiments using microRNA resistant E2F3 isoforms suggest that miR-34a-mediated inhibition of cell proliferation and colony formation is predominantly mediated by E2F3a isoform. In addition, tumor samples from HNSCC patients showed an inverse relationship between miR-34a and survivin as well as miR-34a and E2F3 levels. Overexpression of E2F3a completely rescued survivin expression in miR-34a expressing cells, thereby suggesting that miR-34a may be regulating survivin expression via E2F3a. Ectopic expression of miR-34a also significantly inhibited tumor growth and tumor angiogenesis in a SCID mouse xenograft model. Interestingly, miR-34a inhibited tumor angiogenesis by blocking VEGF production by tumor cells as well as directly inhibiting endothelial cell functions.

Conclusions: Taken together, these findings suggest that dysregulation of miR-34a expression is common in HNSCC and modulation of miR34a activity might represent a novel therapeutic strategy for the treatment of HNSCC.

Introduction

Head and neck squamous cell carcinoma (HNSCC), which includes cancers of oral cavity, oropharynx, larynx, and hypopharynx accounts for approximately 600,000 new cases every year and is sixth leading cancer by incidence worldwide [1]. The most important risk factors identified so far are tobacco use and alcohol consumption, which seem to have a synergistic effect [2]. In recent years, the incidence of oropharyngeal cancers, particularly in the western world, has markedly increased, which may be related to increase in oral and oropharyngeal human papillomavirus (HPV) infections [3]. Despite advancements in surgical and other therapeutic regimens, 5 year survival rates for head and neck patients have stayed around 50% during the last two decades [4]. Patients that survive with surgery and/or chemo-radiation treatment (CRT) often live with significant cosmetic and functional defects. The limited information available on the molecular carcinogenesis of HNSCC and the genetic and biological heterogeneity of the disease has hampered the development of novel therapeutic strategies.

Cancer is a complex genetic disease in which deregulated cell growth arises due to defects in major pathways that are fundamental for normal homeostasis [1]. Evidence is emerging that alterations in the expression of microRNAs (miRs) may play a key role in cancer development and progression [5]. MicroRNAs (miRs), first described about 18 years ago in Caenorhabditis elegans [6], are small non-coding RNAs that act in concert to regulate expression of myriad target Proteins. Today more than 17000 microRNA’s in over 153 species have been identified (miRBase Sequence Database - Release 17; www.mirbase.org), of which around 1400 are in humans. Most miRs are evolutionarily conserved and often found in clusters [7]. In mammals, mature miRs are recognized by specific proteins to form RNA-inducing silencing complex (RISC) and associate
with 3’-untranslated regions (3’-UTR) of specific target messenger RNA (mRNA) to suppress translation or occasionally induce their degradation [5]. Changes in miR expression profile have been shown to be associated with a variety of human cancers [8,9,10,11]. More importantly, it has been found that they are differentially expressed in tumor tissues compared to noncancerous tissues [12,13,14,15,16]. miRs can function as tumor suppressors or oncogenes, depending on whether they specifically target oncogenes or tumor suppressor genes. Therefore, understanding the molecular mechanisms by which these miRs play a role in deregulated cellular signaling in the head and neck cancer cell might help develop better therapeutic strategies for treatment of this disease.

Recent studies have highlighted the role of miR-34a as a tumor suppressor in a number of tumor types including prostate cancer, hepatocellular carcinoma, neuroblastoma and colon cancer [17,18,19,20,21,22]. miR-34a was originally discovered as a potential tumor suppressor that is downregulated and induces apoptosis in neuroblastoma cells [20]. Subsequently, it was shown to be a transcriptional target of p53 protein [23,24]. Functionally miR-34a was found to affect tumor cell proliferation, apoptosis, senescence, invasion, metastasis and drug resistance [21,22,23,25,26,27]. However, very little is known about the role and expression status of miR-34a in head and neck cancers. In this study, we examined if loss of miR-34a in head and neck cancers promotes tumor growth and tumor angiogenesis. Our results demonstrate that miR-34a expression is significantly downregulated in primary tumors from head and neck cancer patients as well as in head and neck cancer cell lines. Ectopic expression of miR-34a in head and neck cell lines significantly inhibited tumor cell proliferation, migration and colony formation by downregulating the expression of E2F3 and survivin. In addition, miR-34a significantly inhibited tumor growth and tumor angiogenesis in a SCID mouse xenograft model. Interestingly, miR-34a inhibited tumor angiogenesis by blocking VEGF secretion by tumor cells as well as directly inhibiting endothelial cell functions.

Results

miR-34a Expression is Significantly Downregulated in Primary Tumor Samples and Tumor Cell Lines from the Head and Neck Cancer Patients

We measured miR-34a expression levels in 30 frozen samples from head and neck cancer patients (15 tumors and 15 adjacent normal controls) by TaqMan real time RT-PCR. Out of 15 tumor samples, 6 were from oral cavity, 5 from oropharynx and 4 from larynx. Our results show that miR-34a expression is significantly decreased (Mann-Whitney test; p value 0.0226) in head and neck tumors as compared to adjacent normal tissue (Figure 1A). We did not observe any significant differences in miR-34a levels in tumor samples from the different head and neck sub-sites. We next examined if head and neck tumor cell lines also exhibit similar downregulated expression of miR-34a as compared to normal keratinocytes. We examined miR-34a levels in 3 different normal keratinocyte cell types [human oral keratinocytes (HOK); human epidermal keratinocytes, adult (HEKa) and human epidermal keratinocytes, neonatal (HEKn)] and 9 head and neck cancer cell lines. Indeed, miR-34a expression was markedly downregulated in all the head and neck cancer cell lines that were examined (Figure 1B).

miR-34a Inhibits Head and Neck Tumor Cell Proliferation, Colony Formation and Migration

Next, we examined the role of miR-34a on head and neck tumor cell proliferation, colony formation and migration. 50 nM of pre-miR-34a or scrambled control RNA was used to transfect head and neck cancer cell lines. Ectopic expression of miR-34a in transfected cells (UM-SCC-74A) was confirmed by RT-PCR (Figure 2A). Similar ectopic expression of miR-34a was observed in UM-SCC-74B cells (data not shown). We performed parallel experiments for cell proliferation using Xcelligence system and MTT assay (Roche Diagnostics, Indianapolis, IN). Ectopic expression of miR-34a significantly inhibited cell proliferation in UM-SCC-74A cells (MTT assay; Figure 2B & Figure S2 and Xcelligence assay; Figure 2C) and UM-SCC-74B cells (Figure 2D). Similarly, miR-34a transfection in both the head and neck cancer cell lines markedly decreased tumor cell colony formation (Figure 2E-H) and tumor cell migration (Scratch assay; Figure 3A and Xcelligence migration assay; Figure 3B-C). Cell migration by
miR-34a Inhibits Tumor Cell Proliferation and Colony Formation by Downregulating E2F3 and Survivin

We next sought to identify the target mRNAs of miR-34a that regulate head and neck tumor cell function. TargetScan data base (www.targetscan.org) search revealed several growth regulatory mRNAs that contains conserved miR-34a recognition sites in their 3'-UTR. In this study, we focused our attention to E2F3a and E2F3b because E2F3 family of transcription factors play an important role in cell cycle regulation, cell proliferation and differentiation [28,29,30]. To confirm that miR-34a regulates the endogenous expression of E2F3a and E2F3b, we ectopically introduced miR-34a in UM-SCC-74A cells and examined E2F3a/b levels in these cells 72 hrs post transfection. We used two different antibodies against E2F3, including a monoclonal antibody that specifically recognizes the unique N-terminal portion of E2F3a (Figure 4A-B, top panel) and this antibody is referred as E2F3a. We also used a polyclonal antibody that recognizes a region close to C terminus, which is common to both E2F3a and E2F3b [29] (Figure 4A-B, middle panel). Expression of both E2F3a and E2F3b proteins was markedly downregulated in miR-34a transfected cells as compared to cells transfected with scrambled control RNA (Figure 4A).

As both E2F3 isoforms were downregulated in miR-34a transfected cells, we performed isoform-specific rescue experiments to understand the specific contribution of E2F3a and E2F3b in miR-34a mediated tumor suppressor function. We used microRNA resistant constructs for E2F3a and E2F3b [29]. These constructs were generated by modifying the microRNA targeting sequence by introducing three silent base changes (a gift from Dr. David Dynlacht, New York University). Expression of E2F3a and E2F3b in UM-SCC-74A cells showed significantly elevated protein levels as compared to cells transfected with control vector (VC) (Figure 4B). Overexpression of E2F3a or E2F3b in UM-SCC-74A cells showed a modest increase in cell proliferation (12% and 6% respectively; Figure 4C). Interestingly, E2F3a overexpression in UM-SCC-74A cells significantly rescued tumor cells from miR-34a-mediated inhibition of cell proliferation (56%, Figure 4C) and colony formation (86%, Figure 4D), whereas E2F3b was only partially effective in reversing miR-34a-mediated inhibition of cell proliferation (19%, Figure 4C) and colony formation (26%, Figure 4D).

Survivin, encoded by the gene BIRC5 is a member of the inhibitor of apoptosis proteins (IAP) family of molecules [31]. Survivin is aberrantly expressed in many malignancies including HNSCC [32] and has been shown to play a role in cancer progression and resistance to therapy [33]. Recently, miR-34a was shown to decrease survivin promoter activity [34]. In addition, survivin promoter activity is also regulated by E2F3, a key miR-34a target protein [35]. Since ectopic expression of miR34a inhibits E2F3 expression, we further examined if survivin expression is regulated by miR-34a via E2F3. Indeed, miR-34a transfection in UM-SCC-74A cells significantly decreased survivin protein levels (Figure 4E). We next examined if overexpression of miR resistant E2F3a or E2F3b could rescue survivin expression in miR-34a treated cells. Overexpression of E2F3a was able to completely rescue survivin expression in miR-34a transfected UM-SCC-74A cells, whereas E2F3b was only partially effective (Figure 4E). To further validate the cell line findings of inverse relationship between miR-34a and its target proteins survivin and E2F3, we examined miR-34a, survivin and E2F3 mRNA levels in the primary head and neck tumor samples. All 15 tumor samples showed an inverse relationship between miR-34a levels and survivin (Pearson r value 0.89; p value 0.0001). 14/15 patient samples showed low levels of miR-34a and high levels of survivin mRNA. One sample (Patient # 10) showed high miR-34a and low survivin levels (Figure 4F). Similarly, miR-34a levels were inversely correlated with E2F3 levels (Pearson r value 0.81; p value 0.0002).

miR-34a Inhibits Tumor Angiogenesis by Downregulating VEGF Secretion from Tumor Cells

In our in vivo tumor growth study, in addition to smaller tumor size, we also observed that tumors were visually less vascular in miR-34a transduced group. VEGF is a key angiogenic protein and recent studies have shown that a number of miR-34a target proteins including E2F3, Myc and c-met can regulate VEGF expression [36,37,38]. Therefore, we next examined if ectopic expression of miR-34a affected tumor angiogenesis. UM-SCC-74A tumors expressing miR-34a showed a significant decrease in blood vessel density (83%) as compared to tumors expressing scrambled control RNA (Figure 6A-B). Similarly, UM-SCC-74B tumors showed 87% decrease in tumor blood vessel density (Figure 6D-E). We next examined if miR-34a inhibits tumor angiogenesis by blocking VEGF production by the tumor cells. miR-34a was ectopically expressed in tumor cells and VEGF (VEGF A) levels in the culture supernatants was quantified by ELISA. Untreated UM-SCC-74A cells produced very high levels of VEGF [1247 pg/ml/10⁶cells] and miR-34a transduction significantly reduced VEGF production (56%) (Figure 6C). Similarly, miR-34a transfection in UM-SCC-74B cells significantly reduced VEGF production (45%) (Figure 6F).

miR-34a Inhibits Endothelial Cell Proliferation, Migration and Tube Formation

In our previous study, we have shown Bcl-2 expression is significantly elevated in tumor-associated endothelial cells (EC-Bcl-2) [39,40] and our results from this study suggest that miR-34a expression is significantly decreased in Bcl-2 expressing endothelial cells as compared to endothelial cells containing empty vector alone (EC-VC) (Figure 7A). We next examined if miR-34a could directly affect angiogenic function of endothelial cells in vitro. Transfection of miR-34a in endothelial cells significantly inhibited cell proliferation (83%) and migration (84%) (Figure 7B-C). Similarly, miR-34a significantly inhibited the ability of endothelial cells to form tubular structure on Matrigel (Figure 7D-a-b). In addition, ectopic expression of miR-34a in endothelial cells...
Figure 2. Ectopic expression of miR-34a inhibits tumor cell proliferation and colony formation. A: Tumor cells (UM-SCC-74A) were transfected with miR-34a or scrambled control microRNAs (SC) and miR-34a expression was analyzed by quantitative real time PCR (RT-PCR). *, represent a significant difference (p<0.05). B: Cell proliferation was measured by MTT assay at different time points. Percentage cell proliferation for tumor cells transfected with miR-34a was calculated by adjusting proliferation index of tumor cells transfected with SC to 100. *, represent a significant inhibition (p<0.05) of cell proliferation in miR-34a expressing tumor cells as compared to SC. C-D: Cell proliferation was measured using Xcelligence system using the RTCA DP instrument. Percentage cell proliferation for tumor cells transfected with ectopic miR-34a was calculated by adjusting proliferation index of tumor cells transfected with SC to 100. *, represent a significant inhibition (p<0.05) of cell proliferation in miR-34a expressing tumor cells at 48 hrs as compared to SC. E-H: Effect of miR-34a on tumor cell colony formation (E-F; UM-SCC-74A and G-H; UM-SCC-74B) was examined by culturing tumor cells (5,000) in 60 mm Petri dishes for 14 days. Colony numbers in each assay was quantified by Alpha Innotech (San Leandro, CA) imaging software and percentage colony formation for tumor cells transfected with miR-34a was calculated by adjusting tumor cells transfected with SC to 100. *, represent a significant inhibition (p<0.05) of tumor cell colony formation in miR-34a expressing tumor cells as compared to SC.

doi:10.1371/journal.pone.0037601.g002
significantly inhibited the expression of the target proteins E2F3a/b, SIRT1, survivin and CDK4 (Figure 7E).

Discussion

Head and neck squamous cell carcinomas (HNSCC) are the most frequent malignancies of the upper aerodigestive tract [41]. In many cases, these cancers are diagnosed at a very late stage (III or IV). These cancers are known to be very severe and they can strip away a person’s voice, distort the face and rob the basic abilities to eat, drink and swallow. Although advancements in the techniques for surgery, radiation and chemotherapy have increased the local control of HNSCC, the overall survival rates have not improved significantly over the last three decades [42,43]. The high mortality rate in these patients is in large measure due to local tissue invasion by the primary tumor as well as acquisition of resistance to chemotherapy and radiation.
treatment. Therefore, it is imperative that new therapeutic strategies are developed to increase the long-term survival of these patients as well as decrease the adverse effects associated with concurrent chemo-radiation regimen. In order to develop tumor specific therapies, recent research efforts have attempted to exploit the biological differences that may exist between normal and malignant cells.

Recent studies have demonstrated that microRNAs are differentially expressed in tumors as compared to normal tissues [8]. In our real-time PCR analysis of the head and neck cell lines, miR-34a expression was markedly downregulated in all the HNSCC cell lines that we tested. Similarly, Scapoli et al, have shown in their recent study that miR-34a levels are significantly downregulated in head and neck squamous cell carcinoma [44]. It is now being recognized that head and neck cancers can be subdivided into two distinct tumor types; HPV-negative and HPV-positive tumors and these tumor types have significantly different clinical outcome [45,46]. Recently, HPV infection was shown to down-regulate miR-34a levels by destabilizing tumor suppressor p53 protein in cervical cancer [47,48]. However, in our study, we did not observe any significant difference in miR-34a levels in HPV-positive as compared to HPV-negative head and neck cancer cell lines. In another study, Wald et al, also did not observe any significant difference in miR-34a levels in HPV-positive verses HPV-negative head and neck cancer cell lines [49]. This could be due to the fact that very few HPV positive head and neck cancer cell lines are available due to the difficulty in establishing HPV positive head and neck cell lines. In addition, the few HPV positive cell lines that are available might not represent the true nature of HPV positive head and neck tumors. We therefore selected two HNSCC cell lines (UM-SCC-74A and UM-SCC-74B) that are HPV negative and contain functional wild-type p53 for the in vitro and in vivo experiments, although they were not among the cell lines with the lowest miR-34a expression. The comparatively

Figure 4. miR-34a mediates its biological function by downregulating E2F3 and survivin levels. A: UM-SCC-74A cells were transfected with miR-34a or scrambled control (SC). Seventy two hrs after transfection whole cell lysate was prepared and Western blotted using antibody specific for E2F3a (top panel) or antibody that binds both E2F3a and E2F3b (middle panel). Equal protein loading in Western blotting was verified by stripping the blots and reprobing with tubulin antibody. B: MicroRNA resistant E2F3a or E2F3b were stably overexpressed in UM-SCC-74A cells by retroviral vector and E2F3a and E2F3b overexpression was verified by Western blot analysis. C: UM-SCC-74A cells overexpressing E2F3a, E2F3b or vector alone (VC) were ectopically transfected with miR-34a or scrambled control (SC). After 72 hrs, cell proliferation was measured using Xcelligence system. D: Tumor cell colony formation was examined by culturing tumor cells (5,000) in 60 mm Petri dishes for 14 days and colony numbers is each assay was quantified by Alpha Innotech (San Leandro, CA) imaging software. E: UM-SCC-74A cells overexpressing E2F3a, E2F3b or vector alone (VC) were ectopically transfected with miR-34a or SC. After 72 hrs, whole cell lysates were Western blotted for survivin. Equal protein loading in Western blotting was verified by stripping the blots and reprobing with tubulin antibody. F: miR-34a, survivin and E2F3 mRNA expression from primary tumors of 15 head and neck cancer patients was analyzed by real time RT-PCR. doi:10.1371/journal.pone.0037601.g004
Figure 5. miR-34a inhibits tumor growth in vivo. Tumor cells transfected with miR-34a or SC were mixed with 100 μl of Matrigel and injected subcutaneously in the left and right flanks of SCID mice respectively (n = 5). Tumor volume measurements began on day 3 and continued twice a week until the end of the study. The length and width of the tumors were measured using a digital caliper and tumor volumes were calculated using the formula, volume (mm³) = L×W²/2 (length L, mm; width W, mm). After 18 days, tumors samples were carefully removed. A-B: Tumor growth curves for UM-SCC-74A and UM-SCC-74B respectively. *, represent a significant inhibition (p<0.05) of tumor growth in miR-34a group cells as compared to SC. C-D: Representative photographs of mice bearing UM-SCC-74A or UM-SCC-74B tumors. Green and red circles are used to highlights tumor cells transfected with scrambled control (SC) or miR-34a, respectively. E-F: Representative photographs for UM-SCC-74A and UM-SCC-74B tumors at day 18, respectively. G: miR-34a levels in UM-SCC-74A tumors at the end of the in vivo experiments. *, represent a significant difference (p<0.05).

doi:10.1371/journal.pone.0037601.g005
higher miR-34a levels in these cell lines could most likely be due to the presence of wild-type p53 in these cells as miR-34a has been shown to be a direct transcriptional target of p53 [23,24]. UM-SCC-74B cell line is derived from an intraoral head and neck tumor and it is a relatively sensitive cell line to chemotherapy and radiation treatment. In contrast, UM-SCC-74A cell line is derived from the base of the tongue tumor and is highly resistant to both chemotherapy and radiation treatment [50].

Similar to HNSCC cell lines, miR-34a expression was also significantly downregulated in tumor samples from head and neck cancer patients. This remarkable decrease in miR-34a in head and neck tumors suggested to us that its deregulation in HNSCC may be playing a role in the progression of head and neck cancer. To test this hypothesis, we performed a series of experiment using in vitro as well as in vivo models. Our results demonstrate that ectopic expression of miR-34a strongly suppresses multiple tumorigenic functions (e.g. proliferation, and colony formation) of head and neck cancer cells. In addition, ectopic expression of miR-34a significantly inhibited cell migration even after taking into account the effect of miR-34a on cell proliferation at the same time point (60% cell migration inhibition as compared to 20% cell proliferation inhibition at 24 hrs). These tumor suppressive effects of miR-34a are mediated by changes in a number of target mRNAs including MYCN, CDK4, cyclin D1, SIRT1 and Bcl-2 [18,51,52,53]. In this study, we looked at changes in protein expression of some of the known targets of mir-34a (e.g. SIRT1, CDK4, E2F3) and found them to be altered upon ectopic miR-34a expression (Figure S1). We decided to conduct an in-depth
analysis of the effect of miR-34a and E2F3 in HNSCC. In this study we show that miR-34a mediates its tumor suppressor effects predominantly through E2F3a isoform, as overexpression of miR resistant E2F3a significantly rescued the effects of miR-34a on cell proliferation and colony formation. Recently, Chen et al, demonstrated that out of two different E2F3 isoforms, E2F3a showed significantly higher oncogenic potential as compared to E2F3b [54]. Similarly, Reimer et al, have shown that although both E2F3 isoforms were overexpressed in tumor samples, but only E2F3a expression directly correlated with tumor stage and residual disease in ovarian cancer patients [55]. In addition, the same group has also shown that there was a strong correlation between E2F3a expression and activated EGFR in ovarian cancer specimens and that E2F3a was a key player in EGFR driven cell proliferation [56]. The EGFR pathway is abnormally activated in HNSCC and overexpression of EGFR has been associated with poor response to chemotherapy and poor survival in head and neck cancer patients [57]. Partial rescue of miR-34a function by E2F3b in our studies could be due to some functional overlap often observed in E2F3a and E2F3b [28,30]. Another important observation we made in this study is that ectopic expression of miR-34a in head and neck cancer cells also significantly downregulated survivin expression. Recently, miR-34a was shown to modulate survivin promoter activity [34]. However, it is not known if miR-34a-mediated regulation of survivin promoter activity is due to its direct effect or mediated via another protein. Our rescue experiments with miR resistant E2F3a suggest that miR-34a may be inhibiting survivin expression via E2F3a [35]. We also observed an inverse correlation between miR-34a and survivin expression (low miR-34a and high survivin) in most of the

Figure 7. miR-34a inhibits endothelial cell proliferation, migration and tube formation. A: miR-34a expression in endothelial cells expressing Bcl-2 (EC-Bcl-2) or vector alone (EC-VC) was analyzed by real time RT-PCR. B-C: Endothelial cells (EC) transfected with 50 nM of miR-34a or scrambled control RNA (SC) were used for different assays after 48 hrs of transfection. Endothelial cell proliferation (B) and cell migration (C) was measured using Xcelligence system. D: Endothelial cell tube formation assay was performed on Matrigel coated lab-tech chamber slides. At the end of assay, each chamber was photographed under microscope, and the area occupied by endothelial cell tubes was calculated using NIS-Elements-BS software (Nikon) and expressed as an angiogenic score (E). Whole cell lysates were Western blotted (72 hrs post transfection) and probed with specific antibodies against E2F3a/b, SIRT1, survivin and CDK4 proteins. Equal protein loading in Western blotting was verified by stripping the blots and reprobing with tubulin antibody.
doi:10.1371/journal.pone.0037601.g007
tumor samples from HNSCC patients. Survivin is an important oncogene and its expression is directly associated with enhanced proliferation, resistance to chemotherapy [58,59], reduced apoptosis [60], enhanced angiogenesis [61], poor outcome [58,62] and increased rate of tumor recurrence [63]. These results provide a novel mechanistic role for the miR-34a-E2F3a-survivin axis in mediating miR-34a tumor suppressor function.

The strong tumor suppressor effect of miR-34a on HNSCC cell lines observed during in vitro assays was further supported by its effects on in vivo xenograft tumor growth. In addition, miR-34a also significantly inhibited tumor angiogenesis by downregulating a key angiogenic factor VEGF. It has been shown that VEGF levels can be regulated by a number of miR-34a target proteins including E2F3, Myc and c-met [36,37,38]. Furthermore, our results demonstrate that miR-34a can also regulate tumor angiogenesis by directly inhibiting angiogenic functions of endothelial cells by downregulating a number of key proteins including E2F3, SIRT1, survivin and CDK4. Taken together, our results demonstrate an important tumor suppressor and anti-angiogenic function for miR-34a in head and neck cancers.

Materials and Methods

Ethics Statement

This study was approved by the institutional review board at the Ohio State University and complied with all provisions of the Declaration of Helsinki. All animal work has been conducted according to the Ohio State University IACUC Animal ethic committee and was approved by this committee (Animal Welfare Assurance Number A3261-01).

Patient Samples, Cell Lines and Reagents

Tumor and adjacent normal tissue samples were collected from head and neck cancer patients undergoing surgical resection at the James Comprehensive Cancer Center at The Ohio State University. Use of these tissues was approved by the Ohio State University institutional review board. A board certified pathologist diagnosed all tumor tissue as HNSCC. Normal samples were collected from areas adjacent to the tumor tissue but outside the tumor margins. RNA was isolated from fresh frozen tissues samples using TRIzol reagent (Invitrogen). The isolated RNA was dissolved in RNase-free water and stored at −80°C. Out of the 15 tumor samples, 6 were from oral cavity, 5 from oropharynx and 4 from larynx. Head and neck squamous cell carcinoma (HNSCC) cell lines observed during in vitro assays were further supported by its effects on in vivo xenograft tumor growth. In addition, miR-34a also significantly inhibited tumor angiogenesis by downregulating a key angiogenic factor VEGF. It has been shown that VEGF levels can be regulated by a number of miR-34a target proteins including E2F3, Myc and c-met [36,37,38]. Furthermore, our results demonstrate that miR-34a can also regulate tumor angiogenesis by directly inhibiting angiogenic functions of endothelial cells by downregulating a number of key proteins including E2F3, SIRT1, survivin and CDK4. Taken together, our results demonstrate an important tumor suppressor and anti-angiogenic function for miR-34a in head and neck cancers.

Quantitative Reverse-transcription PCR (qRT-PCR)

RNA was extracted from the HNSCC cell lines and normal keratinocytes (HOK, HEKa and HEKn) using the MirVANA kit (Ambion). TaqMan microRNA assay specific for miR-34a (Assay ID 000426) was used to detect and quantify mature miR-34a. Survivin qRT-PCR. RNA was transcribed into cDNA and amplified with TaqMan primer/probe (Hs03953756_m1). The assays were performed in accordance with manufacturer’s instructions (Applied Biosystems, Carlsbad, CA). miRNA and mRNA expression was normalized to RNU48 and OAZ1, respectively using the 2^(-ΔΔCt) method [64].

Ectopic Expression of miR-34a in HNSCC Cells and Endothelial Cells

Precursor human miR-34a or scrambled control miRNA (Applied Biosystems) transfection in HNSCC tumor cells and EC was performed using Lipofectamine 2000 (Invitrogen) as per manufacturer’s instructions. In brief, HNSCC cells or endothelial cells were cultured in 6-well plates till they reached 60% confluence. Cells were washed and further cultured in the respective growth media minus antibiotics. In separate tubes, miR-34a (50 nM) and lipofectamine 2000 were diluted in OPTI-MEM medium and incubated for 5 minutes. After incubation, miR-34a and lipofectamine were mixed together and further incubated for 30 minutes. At the end of incubation, miR-34a and lipofectamine solution was carefully added to 6-well plates containing cells. After 24 hours, cells were washed and cultured in complete growth media containing antibiotics. To check transfection efficiency, FITC-labeled scrambled miRs were used and we consistently observed >80% transfection efficiency. Seventy two hours post transfection, cells were used for all the subsequent experiments.

Transduction of Tumor Cells with E2F3a and E2F3b

Retroviral particles were used to overexpress miR resistant E2F3a and E2F3b [29] [a kind gift from Dr. Brian D. Dynlacht, New York University] in head and neck cancer cell lines as described previously [65]. In brief, the E2F3a and E2F3b constructs or the vector alone was introduced into PT67 amphotropic packing cells with Lipofectamine 2000. Viral supernatants were collected after 24 h, centrifuged, filtered, and stored at −80°C. Head and neck tumor cells (UM-SCC-74A and UM-SCC-74B) were transduced with viral supernatants supplemented with 4 μg/ml polybrene 3 times every 4 hrs. The last infection was left overnight and the next morning cells were washed and cultured in fresh medium. Stable clones overexpressing E2F3a and E2F3b were selected by treating with puromycin (2 μg/ml) for 3 days.

Cell Proliferation

Tumor and endothelial cell proliferation were examined by MIT assay [66] (Roche Diagnostics, Indianapolis, IN) and Xcelligence system [67] using the RTCA DP instrument (Roche, Mannheim, Germany). For MIT assay, tumor or endothelial cells were plated in flat-bottomed 96-well microtitre plates at a density
of 2 x 10^3 and 5 x 10^3 cells/well respectively. At the completion of incubation, cell proliferation was assessed by adding 10 µl of MTT labeling reagent into each well and incubating at 37°C for 4–6 hrs (4 hrs for tumor cells and 6 hrs for HDMEC). Reaction was stopped by adding solubilization solution and incubating the plates at 37°C overnight. The plates were read on a microplate reader (Sectramax 190, Molecular Devices Corp., Sunnyvale, CA) at a wavelength of 590 nm. The percentage cell proliferation for each group was calculated by adjusting the control group to 100%. For Xcelligence system proliferation assay, 100 µl of media (DMEM for tumor cells and EGM for EC) containing 2% FBS was added to the wells. After 1 hr of equilibration with media, 100 µl of cell suspension (3,000 tumor cells or 5,000 endothelial cells) was added to each well. Cell proliferation was monitored and expressed as percentage cell proliferation.

**Motility Assay**

Tumor and endothelial cell motility were examined by scratch assay [66] and Xcelligence system [67]. For scratch motility assay, a fine groove was made using a sterile pipette tip in about 90% confluent cells. The migration of cells was monitored microscopically using Nikon Eclipse Ti microscope with DS-Fi1 camera. For Xcelligence system migration assay, 160 µl of media (DMEM for tumor cells and EGM for EC) containing 10% FBS was added to the lower chambers. Upper chamber (sensor surface facing down) was then carefully assembled on top of lower chamber and 50 µl of serum free media was added to the wells. After 1 hr of equilibration with media, 100 µl of cell suspension (50,000 cells/well in serum free media) was added to each well. Cell migration to lower chamber was monitored and expressed as cell migration index at 24 hrs.

**Tumor Cell Colony Formation Assay**

Tumor cells (5 x 10^3) were plated in 60 cm petri dishes and cultured at 37°C. After 14 days of culture, colonies were stained with crystal violet (0.005%) for 20 minutes and photographed. Alpha Innotech (San Leandro, CA) imaging software was used to quantify Western blot bands.

**Western Blot Analysis**

Whole cell lysates were separated by 4–12% NuPAGE Bis-Tris gels (Invitrogen, Carlsbad, CA) and transferred onto PVDF membranes. Non-specific binding was blocked by incubating the blots with 3% BSA in Tris buffered saline containing 0.1% Tween-20 (TBST) for 1 hr at room temperature (RT). The blots were then incubated with primary antibody in TBST +3% BSA at 4°C overnight. After washing with TBST, the blots were incubated with horseradish peroxidase-conjugated sheep anti-mouse IgG (1:5,000) or with donkey anti-rabbit IgG (1:5,000) for 1 hr at RT. An ECL-plus detection system (GE Healthcare, Piscataway, NJ) was used to detect specific protein bands. Protein loading in all the experiments was normalized by stripping the blots and then re-probing with anti-tubulin antibody. Alpha Innotech (San Leandro, CA) imaging software was used to analyze the blots.

**Matrigel in vitro Endothelial Tube Formation Assay**

Endothelial cell tube formation was performed on Matrigel coated chamber slides as described previously [68]. Each assay was photographed (Nikon Eclipse Ti microscope with DS-Fi1 camera) at 40x magnification and total area occupied by endothelial cell derived tubes in each chamber was calculated using software (NIS-Elements-Basic Research, Nikon, Melville, NY) and expressed as an angiogenic score.

**Xenograft Tumor Model**

Tumor cells (1 x 10^6) were mixed with 100 µl of Matrigel and injected subcutaneously in the flanks of SCID mice (n = 5) as described previously [40]. Tumor volume measurements began on day 3 and continued twice a week until the end of the study. The length and width of the tumors were measured using a digital caliper and tumor volumes were calculated using the formula, volume (mm^3) = L x W^2 / 2 (length L, mm; width W, mm). After 18 days, tumors samples were carefully removed. A piece of each of the primary tumor was used to extract RNA to confirm the presence of miR-34a by real-time PCR. Rest of the tumors were fixed with 4% paraformaldehyde and then processed to form paraffin embedded tissue blocks for immunohistochemistry. Tumor sections were stained for angiogenesis (CD31) as described previously [68]. Microvessel density was calculated by counting 5 random high power fields (200x).

**Statistical Analysis**

Data from all the experiments are expressed as mean ± SEM from a minimum of 3 independent experiments. The miR-34a expression in patient samples and head and neck cancer cell lines (Figure 1) was analyzed by Mann-Whitney test. To examine the inverse relationship between miR-34a and survivin expression in patient samples (Figure 4F), miR-34a levels for each tumor sample were plotted against the inverse of survivin levels and Pearson correlation coefficient was calculated. The rest of the data was statistically analyzed by two-way analysis of variance or Student’s t test (wherever applicable) and a p value of <0.05 was considered significant.

**Supporting Information**

**Figure S1** miR-34a significantly downregulates SIRT1, CDK4, E2F3a/b and survivin protein expression. UM-SCC-74A cells were transfected with miR-34a or SC. Seventy two hrs after transfection whole cell lysate was prepared and Western blotted using antibody specific for SIRT1 (top panel) or CDK4 (second panel) or E2F3a/b (third panel) or survivin (fourth panel). Equal protein loading in Western blotting was verified by stripping the blots and reprobing with tubulin antibody. (TIF)

**Figure S2** miR-34a significantly inhibits tumor cell proliferation. UM-SCC-74A cells were transfected with miR-34a or SC. Seventy two hrs after transfection, cells were plated in 96 well plates and cell proliferation was examined at different time points using MTT assay. (TIF)

**Table S1** Head and neck cancer cell line characteristics. (TIF)
Acknowledgments

We would like to thank Dr. Brian D. Dynlacht, New York University for providing us microRNA resistant E2F3a and E2F3b expression plasmids.

Author Contributions

Conceived and designed the experiments: PK BK TNT. Performed the experiments: BK BY AK. Analyzed the data: BK PK. Contributed reagents/materials/analysis tools: JL TNT. Wrote the paper: PK BK.

References

1. Leemans CR, Braakhuis BJM, Brakenhoff RH (2011) The molecular biology of head and neck cancer. Nat Rev Cancer 11: 9–22.
2. Zygouriani A, Kyrigos G, Mystakidou K, Antypas G, Kourvissis J, et al. (2011) Prognostic role of the aldehydes, 2-aminoacridine, and 2-aminofluorene in the squamous cell carcinoma of the head and neck: review of the current literature and new perspectives. Asian Pac J Cancer Prev 12: 339–344.
3. Marus S, D’Souza G, Westra WH, Forastiere AA (2016) HPV-associated head and neck cancer: a virus-related cancer epidemic. The Cancer Oncology 11: 781–789.
4. Richey LM, Shores CG, George J, Lee S, Couch MJ, et al. (2007) The effectiveness of surgery salvage after the failure of primary concomitant chemoradiation in head and neck cancer. Otolaryngol Head Neck Surg 136: 98–103.
5. Iorio MV, Croce CM (2009) MicroRNAs in Cancer: Small Molecules With a Huge Impact. Journal of Clinical Oncology 27: 5848–5856.
6. Lee RC, Feinbaum RL, Ambros V (1993) The C. elegans heterochronic gene lin-4 encodes small RNAs with antiterminal complementarity to lin-14. Cell 75: 834–845.
7. Kim VN (2005) MicroRNA biogenesis: coordinated chopping and dicing. Nat Rev Mol Cell Biol 6: 767–773.
8. Calin GA, Croce CM (2006) MicroRNA signatures in human cancers. Nat Rev Cancer 6: 877–886.
9. Meltzer PS (2005) Cancer genomics: small RNAs with big impacts. Nature 435: 745–746.
10. Sottorosposou G, Pampalakis G, Lianidou E, Mouralatzis Z (2009) Emerging roles of microRNAs as molecular switches in the integrated circuit of the cancer cell. RNA 15: 1489–1496.
11. Volinia S, Calin GA, Liu CG, Ambesi S, Cimmino A, et al. (2006) A microRNA expression signature of human solid tumors defines cancer gene targets. Proc Natl Acad Sci U S A 103: 22527–22532.
12. Baffa R, Fassan M, Volinia S, O’Hara B, Liu CG, et al. (2009) MicroRNA expression profiling of human metastatic cancers identifies cancer gene targets. J Pathol 219: 214–221.
13. Li J, Getz G, Miska E, Alvarez-Saavedra E, Lamb J, et al. (2005) MicroRNA expression profiles classify human cancers. Nature 435: 834–838.
14. Sarver AL, French AJ, Borrallio PM, Thyamini V, Oberg AL, et al. (2009) Human colon cancer profiles show differential microRNA expression depending on mismatch repair status and are characteristic of undifferentiated proliferative states. BMC Cancer 9: 401.
15. Childs G, Fazzari M, Kung G, Kawachi N, Brandwein-Gensler M, et al. (2009) Sarver AL, French AJ, Borrallio PM, Thyamini V, Oberg AL, et al. (2009) Human colon cancer profiles show differential microRNA expression depending on mismatch repair status and are characteristic of undifferentiated proliferative states. BMC Cancer 9: 401.
16. Chong JL, Tsai SY, Sharma N, Opavsky R, Price R, et al. (2009) E2F3a and E2F3b Contribute to the Control of Cell Proliferation and Mouse Development. Mol Cell Biol 29: 414–421.
17. Agp A, Costanzo-Aleva D, Takutki M, van Oeveren C, Dnylandh BD (2009) E2F3b plays an essential role in myogenic differentiation through isoform-specific gene regulation. Gene Dev 23: 37–53.
18. Danielian PS, Friesenbuhm LB, Faus AM, West JC, Caron AM, et al. (2008) E2F3a and E2F3b make overlapping but different contributions to total E2F3 activity. Oncogene 27: 6561–6570.
19. Hati DC (2003) Survivin, versatile modulation of cell division and apoptosis in cancer. Oncogene 22: 8381–8389.
20. Walk E, Weed S (2011) Recently Identified Biomarkers That Promote Lymph Node Metastasis in Head and Neck Squamous Cell Carcinoma. International Journal of Gynecological Cancer 20: 4511–4520.
21. Kim SJ, Johnson M, Koterba K, Haymuk MH, Ucharda H, et al. (2009) Reduced c-Met Expression by an Adenovirus Expressing a c-Met Ribozyme Inhibits Tumorigenic Growth and Lymph Node Metastases of PC3-LN4 Prostate Tumor Cells in an Orthotopic Nude Mouse Model. Clinical Cancer Research 9: 516–5170.
22. Ina A, Yagumida H, Sugimoto K, Fujita S, Sakata N, et al. (2011) Pathogenesis of focal segmental glomerulosclerosis in a girl with the partial deletion of chromosome 6p. Tohoku J Exp Med 223: 107–102.
23. Mesquita P, Paeghi SS, Brandolf KA, Raddell A (2004) Myc regulates VEGF production in B cells by stimulating initiation of VEGF mRNA translation. Oncogene 24: 8099–8101.
24. Kumar P, Colbas BK, Kumar B, Chepeha DB, Bradford CR, et al. (2007) Bcl-2 protects endothelial cells against gamma-radiation via a Raf-MEK-ERK-survivin signaling pathway that is independent of cytochrome c release. Cancer Res 67: 1193–1202.
25. Kumar P, Ning Y, Polverini PJ (2008) Endothelial cells expressing Bcl-2 promotes tumor metastasis and down-regulating survivin signaling pathway, blood vessel leakiness and tumor invasion. Lab Invest 88: 740–749.
26. Jenal A, Siegel R, Ward E, Murray T, Xu J, et al. (2007) Cancer statistics, 2007. CA Cancer J Clin 57: 43–66.
27. Pugliano FA, Piccirillo JF, Zequeira MR, Emanani B, Perez CA, et al. (1997) Clinical-severity staging system for oropharyngeal cancer: five-year survival rates. Arch Otolaryngol Head Neck Surg 123: 1118–1124.
28. Pugliano FA, Piccirillo JF, Zequeira MR, Fredrickson JM, Perez CA, et al. (1999) Clinical-severity staging system for oral cavity cancer: five-year survival rates. Otolaryngol Head Neck Surg 120: 38–45.
29. Scapoli L, Palmieri A, Lo Muzio L, Pezzetti F, Rubini C, et al. (2010) MicroRNA expression profiling of human metastatic cancers identifies new markers of prostate cancer. Proc Natl Acad Sci U S A 107: 98–103.
30. Danielian PS, Friesenhahn LB, Faust AM, West JC, Caron AM, et al. (2008) E2F3a and E2F3b expression profiling of human metastatic cancers identifies new markers of prostate cancer. Proc Natl Acad Sci U S A 105: 22527–22532.
31. Asp P, Acosta-Alvear D, Tsikitis M, van Oevelen C, Dynlacht BD (2009) E2f3b Contribute to the Control of Cell Proliferation and Mouse Development. Mol Cell Biol 29: 414–421.
32. Walk E, Weed S (2011) Recently Identified Biomarkers That Promote Lymph Node Metastasis in Head and Neck Squamous Cell Carcinoma. International Journal of Gynecological Cancer 20: 4511–4520.
33. Fukuda S, Pelus LM (2006) Survivin, a cancer target with an emerging role in prevention of apoptosis. Int Rev Mol Cell Biol 6: 376–385.
34. Jiang Y, Saavedra HI, Holloway MP, Leone G, Altura RA (2004) Aberrant microRNA levels in prostate cancer DLD-1 cells. Cancer Lett 300: 197–204.
35. Gou D, Zhang H, Baviskar PS, Liu L, et al. (2007) Primer extension-based method for microRNA expression profiling. Biochem Biophys Res Commun 351: 554–562.
36. Jiang Y, Saavedra HI, Holloway MP, Leone G, Altura RA (2004) Aberrant microRNA expression in prostate cancer: a virus-related cancer epidemic. The Lancet Oncology 11: 98–103.
37. Worden FP, Kumar B, Lee JS, Wolf GT, Cordell KG, et al. (2008) miR-34a Inhibits HNSCC Tumor Growth
51. He L, He X, Lim LP, de Stanchina E, Xuan Z, et al. (2007) A microRNA component of the p53 tumour suppressor network. Nature 447: 1130–1134.
52. Sun F, Fu H, Liu Q, Tix Y, Zhu J, et al. (2008) Downregulation of CCND1 and CDK6 by miR-34a induces cell cycle arrest. FEBS Lett 582: 1564–1568.
53. Yamakashi M, Ferrino M, Lowenstein CJ (2008) miR-34a repression of SIRT1 regulates apoptosis. Proc Natl Acad Sci U S A 105: 13421–13426.
54. Chen C, Wells AD (2007) Comparative Analysis of E2F Family Member Oncogenic Activity. PLoS One 2: e612.
55. Reimer D, Hubalek M, Kiefel H, Riedle S, Skvortsov S, et al. (2011) Regulation of transcription factor E2F3a and its clinical relevance in ovarian cancer. Oncogene.
56. Reimer D, Hubalek M, Riedle S, Skvortsov S, Erdel M, et al. (2010) E2F3a Is Critically Involved in Epidermal Growth Factor Receptor Directed Proliferation in Ovarian Cancer. Cancer Research 70: 4613–4623.
57. Kumar B, Cordell KG, Lee JS, Worden FP, Prince ME, et al. (2008) EGFR, p16, HPV Titer, Bcl-xL, and p53, sex, and smoking as indicators of response to therapy and survival in oropharyngeal cancer. J Clin Oncol 26: 3128–3137.
58. Liping S, Ying W, Mingzhen X, Yuan L, Lei Y (2010) Up-regulation of survivin in oral squamous cell carcinoma correlates with poor prognosis and chemoresistance. Oral Surgery, Oral Medicine, Oral Pathology, Oral Radiology, and Endodontology 110: 484–491.
59. Tran JZ, Master Z, Yu JL, Rak J, Dumont DJ, et al. (2002) A role for survivin in chemoresistance of endothelial cells mediated by VEGF. Proc Natl Acad Sci U S A 99: 4349–4354.
60. Tanaka K, Iwamoto S, Gou G, Nohara T, Iwamoto M, et al. (2000) Expression of survivin and its relationship to loss of apoptosis in breast carcinomas. Clin Cancer Res 6: 127–134.
61. Kawasaki H, Toyoda M, Shimohara H, Okuda J, Watanabe I, et al. (2001) Expression of survivin correlates with apoptosis, proliferation, and angiogenesis during human colorectal tumorigenesis. Cancer 91: 2026–2032.
62. Preuss SF, Weimuller A, Molitor M, Steiner M, Semrau R, et al. (2008) Nuclear survivin expression is associated with HPV-independent carcinogenesis and is an indicator of poor prognosis in oropharyngeal cancer. Br J Cancer 98: 627–632.
63. Swana HS, Grossman D, Anthony JN, Weiss RM, Aliieri DC (1999) Tumor content of the antiapoptosis molecule survivin and recurrence of bladder cancer. N Engl J Med 341: 452–453.
64. Livak KJ, Schmittgen TD (2001) Analysis of Relative Gene Expression Data Using Real-Time Quantitative PCR and the 2-([Delta][Delta]CT) Method. Methods 25: 402–408.
65. Nor JE, Christensen J, Liu J, Peters M, Mooney DJ, et al. (2001) Up-Regulation of Bcl-2 in microvascular endothelial cells enhances intratumoral angiogenesis and accelerates tumor growth. Cancer Res 61: 2183–2188.
66. Yadav A, Kumar B, Teknos TN, Kumar P (2011) Sorafenib enhances the antitumor effects of chemoradiation treatment by downregulating ERCC-1 and XRCC-1 DNA repair proteins. Mol Cancer Ther 10: 1241–1251.
67. Yadav A, Kumar B, Datta J, Teknos TN, Kumar P (2011) IL-6 Promotes Head and Neck Tumor Metastasis by Inducing Epithelial-Mesenchymal Transition via the JAK-STAT3-SNAIL Signaling Pathway. Mol Cancer Res 9: 1658–1667.
68. Kumar P, Benedict R, Urzua F, Fischbach C, Mooney D, et al. (2005) Combination treatment significantly enhances the efficacy of antitumor therapy by preferentially targeting angiogenesis. Lab Invest 85: 756–767.