Building the mammalian testis: origins, differentiation, and assembly of the component cell populations

Terje Svingen¹ and Peter Koopman²

Institute for Molecular Bioscience, The University of Queensland, Brisbane QLD 4072, Australia

Development of testes in the mammalian embryo requires the formation and assembly of several cell types that allow these organs to achieve their roles in male reproduction and endocrine regulation. Testis development is unusual in that several cell types such as Sertoli, Leydig, and spermatogonial cells arise from bipotential precursors present in the precursor tissue, the genital ridge. These cell types do not differentiate independently but depend on signals from Sertoli cells that differentiate under the influence of transcription factors SRY and SOX9. While these steps are becoming better understood, the origins and roles of many testicular cell types and structures—including peritubular myoid cells, the tunica albuginea, the arterial and venous blood vasculature, lymphatic vessels, macrophages, and nerve cells—have remained unclear. This review synthesizes current knowledge of how the architecture of the testis unfolds and highlights the questions that remain to be explored, thus providing a roadmap for future studies that may help illuminate the causes of XY disorders of sex development, infertility, and testicular cancers.

The existence of two sexes complicates the genetics and biology of embryonic development: It requires a strategy of embryogenesis that can generate two physiologically different types of mature organism in each species. In eutherian mammals, early development of the embryo is similar in both sexes until the fetal stage, when males and females embark on different developmental trajectories. This divergence is marked by the formation of testes or ovaries, respectively.

Although the testis and ovary are functionally analogous and arise from a common primordial structure, the genital ridge, they are remarkably different organs, and their development is driven by distinct programs of gene regulation and cellular organization. The identification of the mammalian testis-determining gene Sry a quarter of a century ago (Gubbay et al. 1990; Sinclair et al. 1990; Koopman et al. 1991) provided an entry point to molecular studies of testis development. Since that time, much has been learned regarding the genetic networks responsible for orchestrating testis development, far more so than ovary development. This progress has been reviewed extensively elsewhere [Brennan and Capel 2004; Wilhelm et al. 2007b; Eggers and Sinclair 2012; Quinn and Koopman 2012; Warr and Greenfield 2012] and is not reiterated here.

In parallel with molecular studies, imaging techniques developed in the last two decades have led to a growing appreciation of the well-organized tissue architecture of the developing testis. The cellular makeup of the testis is now well understood [Fig. 1] due to the availability of antibodies and probes recognizing specific markers for most of the component cell types. How these cell types assemble into a functional organ remains an active topic of research. It has become clear that the development of the testis is in many ways a paradigm for the development of other organs, incorporating mechanisms for determining organ shape, size, internal architecture, vascularization, and interaction with other tissues physically, hormonally, and neurally. On the other hand, the development of the testis is unusual in several respects. First, several of the cell lineages involved are bipotential, since the genital ridges must be able to differentiate into testes or ovaries depending on signals received. Second, the differentiation of these cell lineages does not proceed independently but instead follows from differentiation of Sertoli cells, which then orchestrate the behavior of all other cell types [Fig. 2; Burgoyne et al. 1995]. Finally, the testis is built from a combination of innate precursors and immigrant cells such as germ cells. Together, these idiosyncrasies present logistical challenges in terms of regulatory circuitry, canalization of outcomes, and coordination of developmental events between cell lineages.

[Keywords: sex determination, organogenesis, Sertoli cells, Leydig cells; disorder of sex development; fertility]
Here, we review current knowledge, mostly gained from studies in mice, regarding the origin, early differentiation, interaction, and function of the cell lineages of the mammalian fetal testis. Discussion of these issues provides a framework for further research into the cell biology and tissue morphogenesis of the testis, promotes a deeper appreciation of potential causes of testicular dysmorphology syndromes, and provides a point of reference for comparative studies of testis development in nonmammalian species and of organogenesis more broadly, including the relatively mysterious process of ovarian morphogenesis.

The beginnings of gonad formation

The bipotential gonadal primordia

In mice, the genital ridges first appear between 10 and 10.5 days post-coitum (dpc) as regional thickenings of the epithelium overlying the ventromedial surfaces of the mesonephros, two parallel structures lying dorsally in the coelomic cavity, each running along the head-to-tail axis of the embryo (Fig. 3). It is understood that proliferation of the coelomic epithelium overlying each mesonephros leads to genital ridge outgrowth (Merchant 1975; Pelliniemi 1975; Karl and Capel 1998; Schmahl et al. 2000) and that the genital ridge mesenchyme expands through a combination of ingestion of cells from the coelomic epithelium, recruitment of cells from the adjacent mesonephros, and proliferation. Mainly through mouse knockout studies, several genes—including Lhox9, Emx2, Wt1, Cbx2, Nrs5a1, Sdx1/4, and genes encoding the insulin receptors Igf1r/Irr/Ir—have been implicated in establishing the bipotential genital ridges in both sexes (Kreidberg et al. 1993; Luo et al. 1994; Miyamoto et al. 1997; Katoh-Fukui et al. 1998; Birk et al. 2000; Nef et al. 2003; Fujimoto et al. 2013).

There is no morphological difference between the genital ridges of XX and XY embryos. Moreover, XY genital ridges can be induced to differentiate as ovaries by deletion or malfunction of the protestis genes Sry and Sox9, and XX genital ridges can be induced to develop as testes by forced expression of these genes (Koopman et al. 2013).
including several guidance cues (Richardson and Lehmann 2010), anteriorly through the hindgut toward the future genital derm, after which they become motile and migrate posterior primitive streak to the subjacent embryonic endoderm (Harikae et al. 2013). At this point, the germ cells lose their motility and polarized morphology (Baillie 1964; Donovan et al. 1986) and are referred to as gonocytes.

Testis differentiation needs to be carefully orchestrated so that it does not begin until the germ cells have arrived in the gonads, since the germ cells must come to be encased in the somatic testis cords. With this in mind, it is curious that cord formation does not depend on the presence of germ cells as a trigger. Numerous germ cell-deficient mouse models exist, including the white spotting mutants of the c-kit/Kit ligand pathway, in which normal testicular histology and endocrine function are achieved (Merchant 1975; Hashimoto et al. 1990; Pellis et al. 1991; Buehr et al. 1993b). The mechanisms that coordinate testis differentiation and arrival of germ cells remain to be determined.

Sertoli cell specification and testis cord formation

Experiments conducted in the early 1990s revealed that in XX ↔ XY mouse chimeras, both XX and XY cells could contribute to several testicular cell types (Palmer and Burgoyne 1991; Burgoyne et al. 1995). However, Sertoli cells were almost exclusively XY, suggesting that Sertoli cell differentiation is normally driven by cell-autonomous action of the testis-determining gene in the XY cells of the lineage now known as “supporting cells” and that all other testicular cell types can differentiate as a result of signaling from the Sertoli cells to the other cells of the nascent gonad, whether XX or XY. This central role of the Sertoli cell in the signaling machinery of testis development is illustrated in Figure 4.

**Specification of pre-Sertoli cells**

Cell-tracing studies revealed that some cells of the supporting cell lineage originate from the coelomic epithelium overlying the genital ridges (Fig. 5; Karl and Capel 1998). Whether these cells enter the gonad by active migration or passive ingestion caused by the high rate of division of surface epithelial cells (Rodemer-Lenz 1989; Karl and Capel 1998; Schmahl et al. 2000) is not clear. However, coelomic epithelial cells ingress into both XY and XX genital ridges, and it is only after they have colonized the gonad proper that the testis-determining factor Sry is activated in XY genital ridges (Bullejos and Koopman 2001). Therefore, this ingression cannot be a consequence of Sry expression.

In mice, Sry-positive supporting cells are first observed in the middle third of the XY genital ridges, with sub-
The presence, integrity, and activity of Sry are not always sufficient to activate Sox9 in a cell-autonomous manner. Several experimental observations indicate that a threshold level of Sry expression is required within any given supporting lineage cell during a defined temporal window to activate Sox9 expression. In B6-Y<sup>Dom</sup> ovo-testes [Eicher et al. 1982], where testis cords appear in the center and ovarian structures at the poles within the same gonad, Wilhelm et al. [2009] observed Sry expression along the entire gonadal axis, even where ovarian tissue would later develop. Sox9 expression, on the other hand, was confined to the center of the primitive gonad, in the region that later develops into testicular tissue [Fig. 6B]. Furthermore, using a transgenic mouse system in which Sry was ectopically induced in XX genital ridges [Kidokoro et al. 2005], delayed Sry expression at 12 dpc failed to induce SOX9 expression in the majority of XX supporting cells [Fig. 6C; Hiramatsu et al. 2009]. Both sets of experiments point to the existence of a limited time window within which cells remain competent to respond to SRY by activating Sox9 expression. Thus, although Sry is necessary for the initial up-regulation of Sox9 in pre-Sertoli cells, it is not always sufficient [Wilhelm et al. 2009].

Even if Sox9 is successfully activated, the number of Sox9-positive cells is a critical determinant of testis differentiation, and three mechanisms act to maximize the number of Sox9-positive pre-Sertoli cells in the developing testes. XX × YY chimeric gonads typically develop as testes [Palmer and Burgoyne 1991; Wilhelm et al. 2005], indicating that XY gonadal cells can recruit neighboring XX gonadal cells to a testicular fate [Palmer and Burgoyne 1991]. Subsequent experiments revealed that XY cells use prostaglandin D2 (PGD2) signaling to recruit neighboring XX cells to a Sertoli fate in these chimeras [Wilhelm et al. 2005]. PGD2 is able to induce Sox9 expression in neighboring cells, and SOX9 is able to induce Pgds expression and hence secretion of PGD2 [Malki et al. 2005; Wilhelm et al. 2005, 2007a; Moniot et al. 2009]. Extrapolating to normal XY gonadal development, it is

**Figure 4.** Sertoli cells as the organizing center of testis differentiation. Sertoli cells are the first somatic cells to differentiate in the XY gonad. They then act as a regulatory hub during testis organogenesis, influencing testis cord formation, Müllerian duct regression, and the differentiation and function of several other cell types, including the germ cells, PMCs, FLCs, and endothelial cells [ECs]. In turn, androgens produced by the FLCs are largely responsible for the masculinization of the embryo.

**Pre-Sertoli cell differentiation**

Sry transcription in the supporting cells up-regulates Sox9 expression in those cells, which are then referred to as pre-Sertoli cells. Up-regulation of Sox9 follows a center-to-pole pattern similar to that of Sry, albeit ~10 h later [Bullejos and Koopman 2001; Wilhelm et al. 2005]. This expression pattern is also observed for some other genes expressed even earlier in both male and female embryos [Lee et al. 2009], so it seems likely that the “wave” of Sry up-regulation depends on the appropriate combination of transcription factors being present in different parts of the gonad at different times. While it remains unclear how the center-to-pole expansion of Sry expression occurs, the result is that Sertoli cells do not differentiate synchronously in all parts of the gonad, a situation that has consequences for the formation of ovotestes in some situations, as discussed below.

**Figure 5.** Known and proposed origins of the testicular cell lineages. The cells of the nascent genital ridges originate primarily from the overlying coelomic epithelium but also from the subjacent mesonephros. A subset of ingressing coelomic epithelial cells differentiates into Sertoli cells following Sry expression. Some of these supporting cells are also believed to differentiate into FLCs. It is unclear whether cells originating from the mesonephros contribute toward somatic cells other than blood endothelium, but they very likely contribute to the mesenchyme. The origin of PMCs remains unknown, but it is likely that they differentiate from a subset of mesenchymal cells or yet unidentified precursor cells of the testis interstitium. A second origin for the FLCs has also been proposed to include perivascular cells located at the gonad-mesonephric junction.
likely that cells that express too little SRY to activate Sox9 directly can be persuaded to become Sox9-positive by other cells that do express levels of SRY sufficiently robust for Sox9 activation. This mechanism serves to canalize testis development in XY gonads given the lack of robustness of Sry [Polanco and Koopman 2007].

FGF9 may provide a second mechanism by which the number of Sox9-expressing supporting cells is maximized. FGF9 expression is activated downstream from Sry and Sox9 and plays a pivotal role in testis development, since deletion of Fgf9 or the receptor gene Fgfr2 in mice causes complete or partial male-to-female sex reversal, respectively [Colvin et al. 2001; Kim et al. 2007; Bagheri-Fam et al. 2008]. It was initially proposed that FGF9 and SOX9 create a positive feedback loop to stabilize Sox9 expression [Kim et al. 2006], and clearly such a loop might also provide a recruitment mechanism similar to that described above for PGD2. More recent reanalysis suggests that the primary role of FGF9 is to repress pro-ovary genes such as Wnt4 [Jameson et al. 2012a]; if that is the case, then the observed up-regulation of Sox9 by exogenous FGF9 [Hiramatsu et al. 2010] must be a secondary effect.

A third mechanism that helps to maximize the number of Sox9-positive pre-Sertoli cells is proliferation. A consequence of Sry expression is increased rate of cell division in this lineage [Schmahl et al. 2000], which would be expected to amplify the ratio of Sox9-positive cells relative to any Sox9-negative supporting cells that may be present in the XY genital ridge. Despite the action of these mechanisms, it is commonly believed that in XX → XY chimeras where the XY cell complement is below ~20%, testis differentiation cannot proceed normally, and ovotestis or even ovarian development is observed [Palmer and Burgoyne 1991; Patek et al. 1991; Burgoyne et al. 1995]. Thus, a threshold number of cells of the supporting cell lineage must be capable of cell-autonomous activation of Sox9 by SRY in order for PGD2-based and/or other secreted factor-based recruitment mechanisms to successfully convert all cells of that lineage to a Sertoli cell fate. Together, the above observations place the spotlight on Sox9, not Sry, as the determinant and hallmark of Sertoli cell differentiation. In support of this view, Sox9 has the capacity to drive testis differentiation in the absence of Sry in transgenic XX embryos [Vidal et al. 2001]. Although deleting Sox9 after testis cord formation has no detrimental effect on subsequent testis differentiation [Barrionuevo et al. 2009] and Sertoli cells can differentiate in the complete absence of Sox9 under some experimental conditions [Lavery et al. 2012], it is possible that one or both of the two closely related factors Sox8 and Sox10 can substitute for Sox9 in some contexts [Barrionuevo et al. 2009; Polanco et al. 2010].

**Accelerated growth of the early testis**

One of the hallmarks of the early testis is its very rapid growth rate compared with that of the early ovary [Schmahl et al. 2000]. This phenomenon has been noted previously in several species [for review, see Mittwoch 1998] and had even been predicted to be a requirement for testis determination [Mittwoch et al. 1969], consistent with the requirement for maximal numbers of Sox9-positive pre-Sertoli cells as discussed above. It is likely that an increased rate of cell division stimulated by Sry expres-
Agregation of pre-Sertoli cells into primitive testis cords

The formation of testis cords—the future seminiferous tubules—is the defining event in testis differentiation. Testis cords perform several important roles. First, they segregate the two main functions of the testis; namely, spermatogenesis and androgen production. They also physically shield the gonocytes from retinoic acid present in the interstitium (Griswold et al. 2012) that otherwise would stimulate the germ cells to enter meiosis too soon. Finally, testis cords later come to play an important mechanical role in the export of mature sperm from the testis. How do these structures arise?

Shortly after Sox9 activation, when the genital ridges are still long and very thin, the pre-Sertoli cells start to aggregate around clusters of germ cells and form cords, at which point they are referred to as Sertoli cells. Their aggregation can be reproduced in vitro by culturing them on reconstituted basement membrane gels (Hadley et al. 1985) and is impeded by inhibitors of neurotrophic tyrosine kinase receptors [NTRKs] (Gassei et al. 2008). It is known that Ntrk3 is expressed by pre-Sertoli cells at the onset of testis cord formation (Russo et al. 1999; Cupp et al. 2000; Levine et al. 2000), as is the NTRK ligand NTF3, and both seem to be involved in forming adhesive cell contacts (Cupp et al. 2002; Gassei et al. 2008). However, knockout mice for both Ntrk1 and Ntrk3 show disruption, but not a complete absence, of seminiferous tubules (Cupp et al. 2002), and the story is far from complete.

Testis cord formation may also involve FGF9. When genital ridges are cut into three segments and cultured, testis cords do not form in the polar segments unless exogenous FGF9 is supplied, implicating rapid poleward diffusion of FGF9 in stimulating cord formation (Hiramatsu et al. 2010). Such a mechanism has been proposed to explain why cord formation occurs synchronously throughout the testis despite the wave of Sry and Sox9 expression that moves outward from the center of the genital ridge (Harikae et al. 2013).

Regardless of the molecular trigger mechanism, the process of cord formation must involve some form of tubularization, with attachment of both ends of each tube to a common junction complex adjacent to the mesonephros—a plexus known as the rete testis. It is clear that testis cord formation does not proceed via sprouting from any pre-existing tubular structure but instead happens de novo starting from the clusters described above. Furthermore, cords develop normally in XY gonads devoid of germ cells (Merchant 1975; McCoshen 1982, 1983; Escalante-Alcalde and Merchant-Larios 1992), indicating that the formation of Sertoli–germ cell aggregates is driven by Sertoli-to-Sertoli cell interactions and not by aggregation around germ cells as focal points. Thus, Sertoli cell aggregation evidently involves changes to their cell surface to make them more able to recognize and adhere to each other; yet, intriguingly, these aggregates develop into tubes rather than remaining as simple clumps, and furthermore, these tubes encase, rather than exclude, germ cells.

Somatic factors acting on XY germ cells

While there is currently no evidence that germ cells signal to initiate somatic testis differentiation or maintain testis architecture, it is abundantly clear that Sertoli cells are crucial for supporting both differentiation and survival of the germ cell lineage. Several of the molecules produced by Sertoli cells and influencing the germline have been identified (Fig. 7). The enzyme CYP26B1 acts to catabolize retinoic acid that would otherwise promote entry of germ cells into meiosis, a step that is appropriate to ovarian but not testicular germ cells (Bowles et al. 2006; Koubova et al. 2006). Sertoli cell-derived FGF9 further acts to make germ cells less responsive to retinoic acid (Bowles et al. 2010) and stimulate the expression of the Nodal coreceptor Cripto (Bowles and Koopman 2010, Spiller et al. 2012), thus prolonging germ cell pluripotency and encouraging a spermatogenic fate. Activin A and transforming growth factor β [TGFβ] signaling have been implicated in the regulation of germ cell quiescence, as both Inhba and Tgfbr2 knockout mice display increased germ cell proliferation, concomitant with delayed G1/G0 arrest, in the fetal testis (Moreno et al. 2010;
Mendis et al. 2011]. Finally, platelet-derived growth factor (PDGF), estrogen, and TGFβ have been implicated in germ cell survival postnatally (Fig. 7; Li et al. 1997; Hasthorpe et al. 1999; Thuillier et al. 2003; La Sala et al. 2010]. Given the intimate and dynamic relationship between Sertoli and germ cells, it is likely that future studies will reveal additional Sertoli cell-derived signaling factors and perhaps even evidence that the communication is not all one way.

Testis cord partitioning and maturation

Combes et al. (2009a) referred to the primitive tubular structures as “proto-cords” and counted ~13 of them per developing mouse testis at 12 dpc. Rapidly, within ~24 h, the structure is resolved to generate about nine easily visualized “external” cords, each of which is toroid and somewhat uniform in thickness and lies perpendicular to the long axis of the testis (Combes et al. 2009a; Nel-Themaat et al. 2009). The testis cords initially resemble a stack of doughnuts joined together at a point on their circumference corresponding to the rete testis.

Several studies have revealed the involvement of vascular endothelial cells in cord formation (Coveney et al. 2008; Combes et al. 2009b; Cool et al. 2011]. Evidently, streams of endothelial cells from the mesonephros partition the field of Sertoli and germ cells into proto-cords, the irregular size and spacing of which results from apparently stochastic spacing of the immigrant streams. Blocking the immigration of endothelial cells from the mesonephros disrupts cord formation (Coveney et al. 2008; Combes et al. 2009b]. The Sertoli cells continue to proliferate and form stronger contacts around germ cell clusters, and the cords elongate [Nel-Themaat et al. 2011]. They are remodeled to assume a relatively uniform thickness, probably influenced by mechanical factors such as the number of germ cells that need to be accommodated, the optimal number of Sertoli cells needed to form a stable tubular circumference, and the available space (that is, the length of the gonad). The observation that some cords are branched, fused, or blind-ended (Combes et al. 2009a; Nel-Themaat et al. 2009) most likely reflects the stochastic nature of the initial aggregation event.

External factors, likely both molecular and physical, then help to mold the growing testis cords into toroid structures by ~13 dpc. At this stage, the Sertoli cells mature from a fibroblast-like to an epithelial-like morphology [Nel-Themaat et al. 2011], and the testis cords develop an outer layer of peritubular myoid cells [PMCs] and an extracellular matrix [ECM]. Elongation of each cord pushes the surface of the gonad outward, expanding its short axis to make the testis plumper (Combes et al. 2009a; Nel-Themaat et al. 2009). As space becomes limiting, each cord begins to buckle; further extension then yields the complex “spaghetti” of testis tubules seen in adult testes. It is interesting to note that the mature mouse testis is often mistakenly considered to have hundreds of tubules but in fact has only a dozen.

How each tubule comes to be plumbed into the rete testis at both ends, what remodels the proto-cords into definitive cords, and how the process can accommodate equally well the presence or absence of germ cells are issues that remain profoundly mysterious.

PMC origins and function

PMCs make up the outer cell layer of the seminiferous tubules and are in direct contact with the basal surface of the Sertoli cells (Fig. 1B; Skinner et al. 1985]. In smaller rodents, the PMC sheet is only one cell layer thick, whereas in larger mammals, it typically consists of multiple layers separated by extracellular connective tissue [Maekawa et al. 1996]. This boundary tissue—the lamina propria that helps separate tubules from interstitial and acts as contractile tissue to facilitate sperm export—typically consists of PMCs and ECM, although in humans, fibroblast cells (myofibroblasts) also occupy the outer layers of the lamina propria [Davidoff et al. 1990; Dym 1994; Holstein et al. 1996]. The composition of ECM is contributed by both PMC and Sertoli cells [Tung et al. 1984; Skinner and Fritz 1985; Skinner et al. 1985; Georg et al. 2012].

During fetal testis differentiation, the PMCs emerge shortly after the formation of primitive testis cords and are morphologically recognizable at 13.5 dpc in mice (Fig. 1; James et al. 2005]) or 12 wk of gestation in humans [Ostrer et al. 2007]. PMCs were once thought to originate from the adjacent mesonephros as part of the cell population that migrates into the gonads [Buehr et al. 1993a; Merchant-Larios et al. 1993]. However, more recent studies indicate that the migrating mesonephric cells do not contribute to the PMC lineage but rather are endothelial and contribute to testis vasculature [Cool et al. 2008; Combes et al. 2009b]. Thus, the origins of PMCs remain unknown.

The main obstacle in delineating where and how the PMCs arise has been the lack of a PMC-specific molecular marker during early testis differentiation. Although morphologically distinguishable already at 13.5 dpc in the mouse testis, any molecular marker found to be expressed by PMCs at early stages is also expressed by additional interstitial cells [James et al. 2005]. Therefore, based on current knowledge, it is likely that the PMCs originate from intragonadal cells [Fig. 5] or, as proposed by Combes et al. (2009b], the coelomic epithelium by epithelial-to-mesenchymal transformation. The latter possibility is consistent with the observation that some descendants of experimentally labeled surface cells were found to contribute to the interstitial cell population, although no specific cell types were definitively identified [Karl and Capel 1998].

Few animal models show PMC abnormalities during early testis development, but available data point to the involvement of Sertoli cells in normal PMC differentiation. Dhh is expressed in pre-Sertoli cells shortly after SRY [Bitgood et al. 1996; Park et al. 2007], and Dhh knockout mice display compromised PMC and fetal Leydig cell [FLC] differentiation in the developing testis [Clark et al. 2000; Pierucci-Alves et al. 2001; Yao et al. 2002]. This dependence on normal testis cord differenti-
Establishing steroidogenic function: FLCs

Arguably the most important cell type for endocrine function of the testes is the Leydig cell, the source of steroid hormones that drive and maintain the secondary sexual features that essentially define what it is to be male. Decades of morphological and genetic observations have suggested that the Leydig cells found in fetal testes do not develop into those present in the adult but instead that the two cell types arise as two separate lineages with distinct functions and different cellular origins (Rosen-Runge and Anderson 1959; Lording and De Kretser 1972; Vergouwen et al. 1991; O’Shaughnessy et al. 2002; Chen et al. 2009). However, more recently, this dogma has been challenged, and three models are now being considered for the generation of FLC and adult Leydig cell (ALC) populations, as illustrated in Figure 8.

FLC origin and differentiation

Surprisingly, although it is clear that the Leydig cells arise in two separate phases of development in eutherian mammals, the doctrine stipulating two distinct cell lineages (Fig. 8A) rests mainly on gene expression differences between the FLC and ALC populations and not on conclusive lineage-tracing data. Therefore, it remains formally possible that these cells share a common precursor (Fig. 8B,C; for review, see Griswold and Behringer 2009; Barsoum and Yao 2010; Svechnikov et al. 2010). In view of their function, it was speculated that FLCs stem from a shared precursor pool of cells destined for endocrine/steroidogenic cell fates. Hence, both neural crest cells (Middendorff et al. 1993; Mayerhofer et al. 1996b) and early adrenogonadal steroidogenic precursor cells [Hatano et al. 1996] were proposed to contribute to establishing the FLC population. However, analysis of early testis development in several strains of knockout mice carrying homozygous gene deletions suggests that neither is the case.

Deletion of Pdgfra (Pdgf receptor α) leads to a lack of FLCs, evidenced by the absence of a steroidogenic marker in the testis at 12.5 dpc despite being detected in the adrenal gland [Brennan et al. 2003]. Furthermore, tissue recombination in ex vivo culture showed that cell migration from a wild-type mesonephros failed to rescue the block in Leydig cell differentiation in a Pdgfra-null testis, indicating that the FLC precursors arise from gonadal tissue and not from a migratory population [Brennan et al. 2003]. However, this lack of FLC differentiation could also be a result of the mutant testis lacking a required signaling factor: The Pdgfranull testis also displays...
impaired proliferation of Sertoli cells and mesonephric cell migration, and it has been suggested that this Leydig cell phenotype is secondary to Sertoli cell function (Barsoum and Yao 2010).

As discussed previously, the early Sertoli cell marker Dhh has been proposed to act as a paracrine trigger for FLC differentiation, given that Leydig cell differentiation is initiated in the fetal ovary as a result of ectopic DHH expression (Barsoum et al. 2009; Huang and Yao 2010). Although not conclusive, these observations suggest that hedgehog signaling is responsible for inducing differentiation of multipotent precursor cells present in the gonad interstitium and common to nascent testes and ovaries. Accordingly, a recent study strongly supports the likelihood that NR5A1-positive precursor cells are the main contributor to FLCs and also potentially a source for ALCs later in life (Barsoum et al. 2013).

Notch signaling also influences FLC differentiation in mice, with loss and gain of function resulting in increased and reduced FLC numbers, respectively [Tang et al. 2008]. Notably, Notch signaling does not appear to influence differentiated FLCs after 13.5 dpc but rather acts to maintain a progenitor cell lineage. These data, together with previous observations that FLCs proliferate by recruitment from a precursor pool of cells rather than by mitotic division of differentiated FLCs (Orth 1982; Kerr et al. 1988), support the hypothesis that FLCs originate from the same precursor pool of Nr5a1-positive cells as do Sertoli cells [Griswold and Behringer 2009; Barsoum and Yao 2010]. In addition, a small proportion of FLCs appear to be recruited from a second pool of NR5A1-negative perivascular progenitor cells at the mesonephric–gonadal junction [Fig. 5; DeFalco et al. 2011, 2013]. These cells express both the Notch ligand JAG1 and the androgen receptor, suggesting a means by which circulating testosterone may be involved in regulating the progenitor cell pool via Notch signaling [DeFalco et al. 2013].

**FLC function**

FLCs produce androgens necessary for several aspects of secondary sexual development in the fetus, a function first appreciated after the pioneering work of Jost (1947, 1953). They include development of the Wolffian ducts and external genitalia, testicular descent, and potentially also sex-specific brain patterning (Vilain and McCabe 1998; Klonisch et al. 2004; Griswold and Behringer 2009; Scott et al. 2009), androgen and INSL3 deficiency during early development can lead to feminization of the external genitalia and cryptorchism and increase the risk of testicular pathologies in later life (Klonisch et al. 2004; Hutson and Hasthorpe 2005; Sharpe and Skakkebaek 2008; Griswold and Behringer 2009; Wohlfahrt-Veje et al. 2009). These functions of FLCs are schematized in Figure 9. Also of note is that the early phase of fetal androgen production by FLCs is independent of pituitary-derived gonadotropins, thus initiating masculinization prior to the establishment of the hypothalamic–pituitary–gonadal signaling axis [Huhtaniemi 1989; O’Shaughnessy and Fowler 2011].

The function of the FLCs could also potentially shed light on their early differentiation and maturation. Testosterone production requires the precursor cholesterol, but testosterone is present in the male fetus prior to cholesterol being detected in the testis [Büdefeld et al. 2009]. Hence, initial testosterone synthesis must depend on cholesterol from the blood vasculature (for review, see Azhar et al. 2003). In turn, this could indicate that early FLCs develop near established vasculature (such as the coelomic blood vessel) or the vascular plexus at the mesonephric border, consistent with the model proposed by DeFalco and colleagues (2011) [Fig. 5].

**Macrophages**

Macrophages may represent as much as 25% of the interstitial cell population in adult mice and rats [Niemi et al. 1986; Hutson 1992; Giannessi et al. 2005] but have remained an underappreciated contributor to testicular development and function during the fetal period. They are known to play important protective and functional roles during reproductive life [Hutson 2006; Pérez et al. 2013]. When they first populate the testis is not clear: In rats, testicular macrophages were first reported to arise just before 19 dpc [Hutson 1990], but a subsequent study reported their presence ~3 d earlier [Livera et al. 2006]. It is commonly assumed that they arise from circulating blood monocytes [Hutson 2006]. One study reported the presence of macrophages in fetal testes removed from the circulatory system, but these may have arisen from a small number of progenitors or founders that had migrated into the testis early during development [Livera et al. 2006].
would be of interest to revisit this question to clarify when monocytes first migrate into the interstitium to become testicular macrophages and to study any putative early function during gonadal development.

Testicular macrophages have a distinctive phenotype, associating with Leydig cells to form junctional complexes [Christensen and Gillim 1969; Miller et al. 1983; Hutson 1990]. In the mature testis, macrophages influence steroiogenesis in Leydig cells, secreting 25-hydroxycholesterol, which is acquired by ALCs and used in testosterone synthesis [Lukyanenko et al. 2000, 2001; Nes et al. 2000]. It is not clear whether macrophages play similar or additional roles during fetal testis development or whether FLCs and/or ALCs play a reciprocal role in regulating macrophage differentiation, proliferation, or function. However, studies of Leydig cell function in testis explant or xenograft models, where macroage numbers might vary significantly from normal, should take into account the potential influence of macrophages on Leydig cells.

Testis vascularization

All developing organs need a vasculature to deliver oxygen, hormones, and nutrients and remove waste; endocrine organs require also a means of secreting their hormonal products to the circulation. During fetal development, the arterial blood vasculature of the testis is established early and is likely to be necessary for testis morphogenesis in addition to simply supplying blood. Following arterIALIZATION, the venous network is established to export blood from the testis and also help regulate temperature at reproductive age [Harrison 1949; Harrison and Weiner 1949]. Testis lymphangiogenesis appears to be one of the last events during fetal development [Fig. 1], suggesting that lymphatic vasculature is only required during late gestation or postnatally for testis function and fluid homeostasis.

Blood vasculature

Initially, a prominent vascular plexus can be observed in the mesonephroi of both XX and XY embryos, with microvessels extending into the gonadal tissue. As the gonads continue to grow, the blood vasculature of the ovary is thought to develop by angiogenesis [Coveney et al. 2008], whereas in the testis, the first blood vessels develop by a nonangiogenic process involving rearrangement of migratory endothelial cells emanating from the pre-existing mesonephric vascular plexus [Brennan et al. 2002; Coveney et al. 2008]. Detailed imaging experiments involving transgenic mouse models coupled with confocal microscopy have shown that endothelial cells first detach from the arteries of the mesonephric plexus, become motile, and actively migrate through the testis to the anti-mesonephric region, where they rearrange to form the main testis artery (the coelomic vessel) [Fig. 1] subjacent to the coelomic endothelium [Coveney et al. 2008]. Vascular endothelial growth factor (VEGF) isoforms have been shown to be required for this process [Bott et al. 2008; Cool et al. 2011]. From the coelomic vessel, new branches extend toward the tunica albuginea and also into the testis interstitium, ultimately reconnecting at the rete testis. In addition to this testis-specific arterIALIZATION, endothelial cell migration is also involved in testis morphogenesis by influencing testis cord partitioning (see “Testis Cord Partitioning and Maturation,” above). Several mouse mutant models display both testis cord and vascular abnormalities [Brennan et al. 2003; Bott et al. 2006; Yao et al. 2006], confirming that the two processes are closely intertwined.

Compared with arterIALIZATION, little is known about the mechanisms of venous development during testis organogenesis. Nevertheless, it appears that the venous vasculature arises from the mesonephros—in the rete testis—before sprouting into the testis, probably following an already established arterial network [Brennan et al. 2002].

In the early mouse gonads (~11.5 dpc), both the arterial marker Ephb2 and the venous marker Ephb4 have been identified in presumptive microvessels in both sexes [Brennan et al. 2002]. However, Ephb4 expression was observed to be rapidly down-regulated in the XY gonads, and endothelial cells contributing to the coelomic (arterial) vessel were all Ephb4-negative [Brennan et al. 2002]. Interestingly, a venous-specific upstream regulator of Ephb4 has been identified as Nr2f2 [also known as COUP-TFI], which is responsive to retinoic acid [You et al. 2005; Kruse et al. 2008]. Thus, clearance of retinoic acid due to up-regulation of CYP26B1 shortly after 11.5 dpc [MacLean et al. 2001; Kashimada et al. 2011], a prerequisite for protecting testicular germ cells from entering meiosis [Bowles et al. 2006; MacLean et al. 2007], may down-regulate Nr2f2, suppressing Ephb4 expression and temporarily suspending venous development in the testis. However, further studies are required to test these possibilities.

Lymphatic vasculature

Although hormone circulation is essential for male embryonic differentiation and virilization, it remains unclear whether testicular lymphatic vessels play a role in this process in addition to the blood circulatory system. Lymphatic vessels have been observed within the adult testis in diverse mammalian species [Fawcett et al. 1969; Fawcett et al. 1973; Clark 1976; Robaire and Bayly 1989; Sonne et al. 2006; Heinzlebecker et al. 2013], and it has been assumed that these vessels develop by lymphangiogenesis. However, when and how lymphangiogenesis occurs in the developing testis has only recently been studied.

First insights in mice came from analysis of heterozygous Prox1+/lacZ lymphatic reporter embryos [Brennan et al. 2002]; lacZ-positive vessels were observed at the gonad–mesonephric border from 13.5 dpc, but surprisingly, no lymphatic vessels were observed to invade the testis by 18.5 dpc. Use of the lymphatic marker Ccl21 (chemokine, C-C motif, and ligand 21; commonly called SLC) confirmed this observation, with Ccl21+ lymphatic vessels seen on the gonad surface from 17.5 dpc [Brennan et al. 2002].
Recently, a *Prox1*-EGFP reporter mouse was used to detail the spatiotemporal development of gonadal lymphangiogenesis (Svingen et al. 2012). In the testis, lymphangiogenesis was found to be initiated at ~17 dpc, originating from a rich lymphatic network already established along the vasa deferentia and epididymis (Svingen et al. 2012). Interestingly, as new vessels reach the gonad at the rete testis, they sprout to cover the testis cap but never grow further than just under the tunica albuginea, supporting observations from adult rodent testes (Hirai et al. 2012). This patterning is in contrast to larger mammals, and the reason for [and, indeed, the mechanism underlying] the limited range of lymphangiogenesis in the mouse testis remains unknown.

The tunica albuginea

The mammalian testes are surrounded by a protective capsule of fibrous tissue, of which the tunica albuginea constitutes the main component [Fig. 1B]. The thickness of the tunica varies between species, and in larger mammals, it also contains numerous smooth muscle [Setchell et al. 1994] and contractile cells [Middendorff et al. 2002]. Apart from serving as a protective capsule, it is also involved in regulating blood flow, intertesticular pressure, and sperm movement through rhythmic contractions [Setchell et al. 1994]. Despite having been well characterized in the postnatal testis, fetal development of the tunica albuginea has received little attention.

Studies from various mammalian species have shown that the tunica albuginea forms early during fetal testis differentiation, shortly after the primitive testis cords (Waters and Trainer 1996; Karl and Capel 1998; Carmona et al. 2009). The process involves the formation of a fibrous basement membrane just beneath the coelomic epithelium and is suggested to involve both cell movement and differentiation, as cells need to undergo changes in shape and location and are known to express migratory markers [Carmona et al. 2009]. It is still unclear exactly what cells contribute to this membrane, and both the coelomic epithelium and testis interstitium have been proposed [Karl and Capel 1998; Carmona et al. 2009]. Also, as discussed, extragonadal cell migration contributes to key morphological events of early testis differentiation, but after the formation of the tunica albuginea, this cell migration ceases [Karl and Capel 1998]. Since the tunica albuginea contains numerous smooth muscle cells, at least in larger mammals, it would be interesting to delineate both the precursor cells and the genetic triggers of this cell lineage. Such studies could potentially also help illuminate the origin of the PMCs.

Testis innervation

It is well known that physical trauma to the testes can cause severe pain for their owners, suggesting that testes contain abundant and highly functional sensory neurons. However, more than a century ago, it was also suggested that the sensory neurons might localize to the surrounding tissues and structures rather than to the testes themselves [Cushing 1900]. Many subsequent studies have addressed neuronal activity in testes subjected to pressure, stretching, and general trauma [Woollard and Carmichael 1933; Moore 1938; Oettle 1954; Peterson and Brown 1973; Yoshioka et al. 2010].

The testes have a neuronal network that depends on two main nerve supplies: the superior and inferior spermatic nerves. Denervation experiments have established that these nerves are important for adult testis function, including endocrine regulation and spermatogenesis [Frankel and Ryan 1981; Nagai et al. 1982; Campos et al. 1993; Chiocchio et al. 1999; Chow et al. 2000; Lee et al. 2002; Gong et al. 2009]. However, very little is known regarding the involvement of the nervous system in fetal testis development. Also, the developmental timing of testis innervation in various species is poorly delineated, and thus a potential function during fetal development is difficult to envisage.

Nerve fibers have been noted in the human fetal testis as early as week 16 of gestation, with increasing numbers observed from week 17 and a clear localization between the seminiferous cords from 20 wk [Otolakowski 1992]. It is assumed that these are extrinsic nerves entering the gonad by innervation, and the existence of intrinsic neurons in the fetal testis has not been clearly established. Nevertheless, intrinsic neurons have been identified in postnatal testes of primates [Mayerhofer et al. 1996a; Mayerhofer et al. 1999; Frungieri et al. 2000] and also in fetal ovaries of both humans and pigs [Anesetti et al. 2001; Dees et al. 2006]. In rodent ovaries, there appear to be few or no intrinsic neurons [D’Albora and Barcia 1996; D’Albora et al. 2000]. However, there are clear sexual differences in the neuronal network of adult rodent gonads [Allen et al. 1989], suggesting that fetal testes may not possess intrinsic neurons despite the fetal ovaries doing so.

Interestingly, studies performed to delineate factors that promote or inhibit neurogenesis elsewhere in the embryo have revealed spatial pro- and anti-neurogenic zones involving retinoic acid and FGF signaling [Diez del Corral et al. 2003; Maden 2007]. An antagonistic relationship between the same signaling molecules is also pivotal for gonadal sex differentiation; therefore, although speculative, these overlapping molecular pathways could help explain the sexually dimorphic neuronal network that develops in the gonads.

Concluding remarks

The embryo resembles a set of Russian dolls: Open it and you will find in each organ the same issues of structural organization and cell fate specification as occur in the embryo itself but on a smaller scale. Open each organ and most likely you will find smaller, repeated structural units—alveoli, glomeruli, and crypts—in which the same issues are played out once more on a smaller scale still. In recent decades, the availability of molecular tools, imaging systems, and mouse models has provided the opportunity to shed light on these processes in the developing testis.
Clearly, Sertoli cells stand out as the central drivers of testis differentiation, the testicular equivalent of an embryonic organizing center. Having one cell lineage direct the fate of the others avoids the problem that would otherwise occur if different transcriptional cascades were flowing from a single master regulator gene in different cell types. It also allows the behavior of several lineages to be coordinated rather than independently specified. In that regard, it is curious that no mechanism appears to exist that ties the onset of Sry expression in the supporting cell lineage to the arrival of the germ cells, given how tightly these two events need to dovetail.

Unlike other organ systems, at least three cell lineages (supporting cells, steroidogenic cells, and germ cells) are bipotential and can differentiate into testicular or ovarian counterparts [Fig. 2]. Having the Sertoli cells coordinate testis development also provides a means of canalizing gonadal fate: Where expression of Sry is weak or delayed, recruitment mechanisms are in play to encourage all supporting cells to follow the Sertoli cell path, maximizing the signals that induce Leydig cell differentiation and promote male germ cell fate and minimizing the possibility of mixed-sex cell types in the gonad.

It is especially noteworthy that Sertoli (or granulosa) cell fate, once specified, is not permanent but instead needs to be constantly reinforced. Loss of FOXL2 function in the adult ovary allows granulosa cells to transdifferentiate into Sertoli cells [Uhlenhaut et al. 2009], while loss of DMRT1 in Sertoli cells of the adult testis allows their transformation into granulosa cells [Matson et al. 2011]. Perhaps this plasticity is an evolutionary vestige of mechanisms that allow some fish species to change sex during adult life in response to social cues.

Considering their importance for endocrine function and hence the intensity with which Leydig cells have been studied, it is surprising that their origins and the nature of the difference between FLCs and ALCs have not been resolved. Comparative studies involving marsupials, which appear to have only one population of Leydig cells, may be informative, and detailed lineage-tracing studies using appropriate mouse marker strains will be required to settle the issue conclusively.

Some mechanisms used during testis organogenesis are completely novel. Testis cord formation proceeds via a mechanism that is completely distinct from other modes of tube formation in the embryo, such as the branching morphogenesis seen in the kidneys and lungs and the sprouting of existing tubes under the guidance of tip cells, as occurs during angiogenesis and pancreatic duct outgrowth (for review, see Cleveland et al. 2012; Tung et al. 2012). In the testis, dispersed pre-Sertoli cells coalesce into primitive tubes that are then remodeled in close association with the testis vasculature. Clearly, this mechanism deserves detailed real-time imaging in three dimensions and molecular study; it would also be surprising if this mechanism were not used elsewhere in the embryo.

Similarly, testis vascularization appears to be mechanistically unique. Rather than sprouting from pre-existing arteries by angiogenesis, the coelomic blood vessel that runs the length of the testis forms from endothelial cells that originate from a vascular plexus in the adjacent mesonephros, migrate across the width of the gonad, and reassemble on its opposite face. Although it is not known how or indeed why this occurs, this mechanism is completely distinct from known modes of vasculogenesis and angiogenesis.

Unlike the situation with Sertoli, Leydig, and germ cells, where a bipotential lineage is induced to adopt one of two alternative fates, the vasculature and neuronal components of the developing testes arise from external cell populations exposed to immigration cues that differ between the testis and ovary. While these cues are currently not well understood, analysis of ovotestis development may prove instructive. Ovotestes provide a unique situation in which both testicular and ovarian tissues are present in the one organ, allowing for detailed analyses of the interplay between different cell populations in instructing formation and patterning of immigrant cell networks. Detailed study of cell behavior at the border of testis and ovary in these organs will allow vuxtracrine, paracrine, and autocrine signaling to be distinguished and can also help distinguish between the presence of attractive or repulsive cues. Further study of ovotestis development may also shed light on the origin and sexual dimorphism of other cell types of the gonad about which less is known.

Despite tremendous advances, many questions pertaining to testis development and function remain. The basic determinants of gonadal shape and size remain unresolved. Some components such as the PMC lineage and the tunica albuginea remain very poorly characterized. Furthermore, the tools that have been so thoroughly exploited in the mouse system have not been widely used in comparative studies to date. Understanding the detailed processes involved in building a testis will guide efforts to identify the genes and pathways that drive them, which in turn will fuel the search for genetic lesions that underpin the many XY disorders of sex development whose causes remain unknown. Similarly, understanding how somatic cells and cord structures physically and molecularly regulate the proliferation, meiosis, maturation, and export of germ cells is likely to reveal new causes for infertility and germ cell cancers.

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