**Online Resource 1.** Further advice about physical activity that cancer survivors would have liked to have received (n = 242)

| Type of advice                                                                 | Number (%) |
|--------------------------------------------------------------------------------|------------|
| General guidance, reassurance and support                                      | 25 (10)    |
| Advise on the type of physical activity                                       | 42 (17)    |
| Advise on the frequency, duration, or intensity of physical activity           | 18 (7)     |
| Advise on when to initiate physical activity                                  | 6 (2)      |
| Advise on the benefits of physical activity                                   | 24 (10)    |
| Advise on the safety of physical activity                                     | 12 (5)     |
| Advise on the Availability of physical activity resources (e.g. leaflets, group classes, exercise specialists) | 12 (5) |
| Advise about what the physical side effects of cancer treatment would be and how to adapt physical activity in light of these side effects | 22 (9) |
| Other                                                                          | 8 (3)      |

*Multiple responses are possible*