## Narrative Review Checklist

| Section/Topic         | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-----------------------|---------|----------------------------------------------------------------------|------------------------------------|------------------------------|
| **TITLE**             |         |                                                                      |                                    |                              |
| Title                 | 1       | Identify the report as a Narrative Review of …                      |                                    |                              |
| **ABSTRACT**          |         |                                                                      |                                    |                              |
| Unstructured summary  | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. |                                    |                              |
| **INTRODUCTION**      |         |                                                                      |                                    |                              |
| Rationale/background  | 3       | Describe the rationale for the review in the context of what is already known. |                                    |                              |
| Objectives            | 4       | Specify the key question(s) identified for the review topic.        |                                    |                              |
| **METHODS**           |         |                                                                      |                                    |                              |
| Research selection    | 5       | Specify the process for identifying the literature search (e.g., years considered, language, publication status, study design, and databases of coverage). |                                    |                              |
| **DISCUSSION/SUMMARY**|         |                                                                      |                                    |                              |
| Narrative             | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. |                                    |                              |
| Summary               | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. |                                    |                              |