The Potential of Atractylodin-Loaded PLGA Nanoparticles as Chemotherapeutic for Cholangiocarcinoma

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Abstract

Backgrounds: The anti-cholangiocarcinoma (CCA) activity of atractylodin isolated from Atractylodes lancea (Thunb.) DC. has previously been demonstrated both in vitro and in vivo. However, the compound is insoluble in water and must be dissolved in organic solvent which might be harmful to human body. The aim of the study was to develop atractylodin-loaded poly (lactic-co-glycolic acid) (PLGA) nanoparticles (NPs) (ALNPs) and to investigate its cytotoxic activity against CCA. Methods: The ALNPs were prepared using PLGA MW 12,000 and 48,000 by solvent displacement methods. Particle size, polydispersity index (PDI), zeta potential, encapsulation efficiency (%EE) and loading efficiency (%LE) as well as drug releasing profile of ALNPs were characterized. The selected ALNPs formulation was then investigated cytotoxic activity against CCA cell lines, CL-6 and HuCC-T1. Results: The ALNPs preparation was achieved using PLGA MW 12,000 (ALNPs-1) with mean (±SD) values of particle diameter, PDI and zeta potential of 158.13±0.21 nm, 0.076±0.003, and (-) 23.80±(-) 0.75 mV, respectively. The transmission electron microscopy (TEM) showed spherical morphology of NPs. The %EE and %LE were 50.16±1.77% and 2.22±0.08%, respectively. The release of atractylodin from ALNPs-1 in PBS was up to 88% in 72 h. The potency of ALNPs-1 cytotoxic activity including selectivity against CCA cell line, CL-6, were about twice of the unformulated atractylodin after 24 h of exposure (IC₅₀: 29.28 vs 56.36 µg/mL, selectivity index 2.99 vs 1.50). Conclusion: ALNPs were successfully prepared by solvent displacement method using PLGA MW 12,000 (ALNPs-1) with suitable pharmaceutical properties and cytotoxic activity against CCA. However, nano-formulation with improved pharmaceutical properties (higher %EE and %LE) and cytotoxic activity (improved selectivity to CCA) should be further developed for potential used as drug delivery systems for the treatment of CCA.

Keywords: Atractylodin- cholangiocarcinoma- poly (lactic-co-glycolic acid) (PLGA)- polymeric nanoparticles

Introduction

Cholangiocarcinoma (CCA) or bile duct cancer arises from the epithelial cells of the intrahepatic or extrahepatic bile ducts. This cancer is the leading cause of death worldwide. The estimated number of deaths in the United State in 2018 is 30,200 cases (Siegel et al., 2018). The highest incidence of CCA (85 cases per 100,000 population per year) is reported from the northeastern region of Thailand (Bridgewater et al., 2014). Standard chemotherapeutic regimens for the treatment of CCA are 5-fluorouracil (5-FU)-based and gemcitabine-based combination therapies with cytotoxic drugs or targeted therapy (Khan et al., 2012; Kuhlmann, 2012; Ramirez-Merino et al., 2013). Nevertheless, their clinical efficacy remains unsatisfactory (Park et al., 2015).

Several traditional medicines and their derivative natural compounds are currently increasingly recognized as potential complementary treatments for cancers. These include baicalin, curcumin, and Atractylodes lancea (Thunb.) DC. (A. lancea) (Mukerjee and Vishwanatha, 2009; Na-Bangchang et al., 2017; Dou et al., 2018). Promising anti-CCA activities of A. lancea, a traditional Chinese medicine, and isolated compounds have been well demonstrated both in vitro and in vivo (Plengsuriyakarn et al., 2012; Plengsuriyakarn et al., 2015; Na-Bangchang et al., 2017). Phase I and II clinical trials to evaluate safety, efficacy, and pharmacokinetics of the oral pharmaceutical formulation of standardized extract of A. lancea are underway. Atractylodin is one of the bioactive compounds isolated from the rhizomes of A. lancea. Similarly to several other natural compounds, atractylodin is insoluble in water but soluble in organic solvents such as ethyl acetate, dimethyl sulfoxide (DMSO), and acetone.

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(ChemFaces, 2018). This physicochemical property would be expected to limit drug absorption and bioavailability. The aim of the present study was to develop the poly(lactic-co-glycolic acid) (PLGA) nanoparticles (NPs) delivering atractylodin formulation with optimal pharmaceutical and pharmacological properties for the treatment of CCA. The nano-formulation could help to enhance water solubility and thus, improve efficacy of atractylodin in CCA. The advantages of PLGA copolymer over other nanoparticle formulations include its potential to deliver both hydrophobic and hydrophilic drugs and applicability of both oral and parenteral administration (Martin-Banderas et al., 2012; Rafiei and Haddadi, 2017).

Materials and Methods

Materials
Atractylodin and 5-fluourouracil (5-FU) were purchased from WAKO, Osaka, Japan. PLGA 50:50, Resomer® (RG502, MW 12,000, inherent viscosity (IV) 0.24 dL/g), Resomer® (RG504, MW 48,000; IV 0.5 dL/g), D-mannitol, and [3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] (MTT) reagent were purchased from Sigma-Aldrich, MO, USA. Acetone and dimethyl sulfoxide (DMSO) were purchased from Fisher scientific, Co. LLC, MA, USA. Kolliphor® P 407 (poloxamer 407) was kindly provided by BASF Thailand. The dialysis membrane MWCO 50,000 Da was purchased from Spectrum Laboratory Products Inc., Rancho Dominguez, CA, USA. The CCA cell line CL-6 was kindly provided by Associate Professor Dr. Adisak Wongkajornsilp, Faculty of Medicine, Siriraj Hospital, Mahidol University, Thailand. The CCA cell line HuCC-T1 and human normal fibroblast cell line OUMS-36T-1F were purchased from Japanese Collection of Research Bioresources (JCRB) Cell Bank, Osaka, Japan. RPMI (Roswell Park Memorial Institute) 1640 medium (RPMI) and Dulbecco’s Modified Eagle Medium (DMEM), fetal bovine serum (FBS), and antibiotic-antimycotic solution (100 IU/mL) were purchased from Gibco Co. Ltd., NY, USA.

Preparation of atractylodin-loaded PLGA NPs
Two formulations of atractylodin-loaded PLGA NPs (ALNPs-1 and ALNPs-2) and their corresponding blanks PLGA NPs (blank NPs-1 and blank NPs-2) were prepared by solvent displacement method with modification (Martin-Banderas et al., 2012). Atractylodin (1 mg) and PLGA (22.5 mg each of 12,000 or 48,000 MW for ALNPs-1 and ALNPs-2, respectively) were dissolved in acetone (1.5 mL) and thoroughly mixed. The mixture was slowly added into 1% poloxamer 407 (15 mL) using syringe pump (KD Scientific, USA) under magnetic stirring (405 rpm). The excess surfactant was removed by dialysis (MWCO 50,000 Da) against 0.2% D-mannitol solution for 1.5 h. Both ALNPs formulations were kept in the form of suspension at 4°C for further use. Blank NPs were prepared by the same method but without the addition of atractylodin. The formulations of ALNPs and blank NPs are shown in Table 1.

Characterization of atractylodin-loaded PLGA NPs
Size, polydispersity index (PDI), and zeta potential values of both ALNPs formulations and their corresponding blanks were investigated by dynamic light scattering (DLS) technique. ALNPs or blank NPs suspension (100 µL of 1.4 mg/mL) was diluted with 900 µL of ultrapure water. The size, PDI, and zeta potential were determined using Zetasizer Nano ZS at the scattering angle of 173° under the temperature of 25°C (Zetasizer Nanoseries, Malvern, UK). The morphology of the selected ALNPs and blank NPs were observed under transmission electron microscope (TEM; JEM-2100 Plus, JEOL, Tokyo, Japan) with an accelerating voltage of 120 kV. The photographs were taken at appropriate magnification.

Determination of drug encapsulation and drug loading efficiency
To determine encapsulation efficiency (%EE) and loading efficiency (%LE), freshly prepared ALNPs suspension (500 µL) was centrifuged (13,000 rpm, 4°C) for 15 min. The supernatant was discarded and DMSO (500 µL) was added to dissolve drug and polymer. Absorbance of the solution was determined spectrophotometrically using UV Absorbance Reader (Spectramax microplate reader, Molecular Devices, CA, USA) at the wavelength of 340 nm. The amount of atractylodin in the solution was estimated from the calibration curve. The %EE and %LE were calculated from Equation (1) and (2):

\[
\text{Encapsulation efficiency (%EE)} = \frac{\text{Amount of drug loaded in NPs}}{\text{Amount of drug added}} \times 100\% \quad (1)
\]
\[
\text{Loading efficiency (%LE)} = \frac{\text{Amount of drug in NPs}}{\text{Amount of NPs}} \times 100\% \quad (2)
\]

Determination of in vitro drug release
To investigate drug release from both formulations of ALNPs, newly prepared ALNPs suspension (400 µL of 1.4 mg/mL) was suspended in 400 µL of PBS (pH 7.4), serum-free RPMI medium, or serum-free DMEM medium and incubated at 37°C for 20, 40 min, 1.5, 4, 24, 48, and 72 h. The samples were collected at specified time points and supernatant was removed through centrifugation (13,000 rpm, 4°C) for 15 min. DMSO (400 µL) were added to dissolve atractylodin and polymer. The amount of atractylodin released from each ALNPs formulation was determined spectrophotometrically using UV Absorbance Reader (Spectramax Microplate Reader, Molecular Devices, CA, USA) at the wavelength of 340 nm. Cumulative release (%) of atractylodin was calculated according to the Equation (3):

\[
\text{Cumulative atractylodin release (%) = } \frac{\text{DL-DR}}{\text{DL}} \times 100\% \quad (3)
\]

Where DL: Amount of drug loaded in NPs
DR: Amount of drug remained in NPs

Cytotoxicity assay
Human cholangiocarcinoma (CCA) cell lines, CL-6 and HuCC-T1, and normal fibroblast cell line, OUMS-36T-1F, were used for cytotoxicity assay. CL-6 and HuCC-T1 cell lines were cultured in RPMI
Characterization of atractylodin-loaded PLGA NPs

The particle size, PDI, and zeta potential of the prepared ALNPs and blank NPs determined by DLS technique are shown in Table 2. The particle diameter, PDI and zeta potential values of all NP formulations were in the ranges of 150-160 nm, 0.068-0.089 and (-) 29-(-) 23 mV, respectively. The TEM micrographs showed that the size of ALNPs-1 and blank NPs-1 were about 100 nm in diameter. The NPs were well-formed with the spherical shape without aggregation. The morphology ALNPs-1 and blank NPs-1 were shown in Figure 1.

Drug encapsulation and drug loading efficiency

Results showed satisfactory encapsulation efficiency (%EE) and loading efficiency (% LE) of both ALNPs formulations (ALNPs-1 and ALNPs-2) (Table 2). The %EE and %LE of ALNPs-1 were about 8-10% higher than ALNPs-2.

In vitro drug release

Biphasic phases of compound release from both formulations were observed with initial burst release followed by sustained release. The releasing profile of ALNPs-1 and ALNPs-2 in all media are shown in Figure 2. The amounts of atractylodin released from both ALNPs formulations in all media were comparable during both phases. During the initial burst phase (0-4 hours), cumulative release of atractylodin from ALNPs-1 and ALNPs-2 (range values of mean ± SD) in all media were 40.14±0.31-42.87±4.74% and 42.66±4.04-46.92±0.76%, respectively. At 24 hours, the cumulative release were 61.67±0.99-82.06±1.68% and 69.16±0.70-82.03±2.39%, respectively. At 48 hours, the cumulative release were 77.17±1.06-82.30±0.28% and 79.49±1.81-84.77±0.34%, respectively. At 72 hours, the cumulative release were

Data analysis

Quantitative data are presented as mean ± SD or range values of three replications. Inferential statistics for comparison of difference between the groups was not performed due to small sample size.

Results

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Based on the relatively higher %EE however, ALNPs-1 formulation was selected for further study for cytotoxic activity.

Cytotoxic activity

Cell viability of CL-6 after exposure to the highest concentration of atractylocladin (125 µg/mL) and ALNPs-1 (6,000 µg/mL) at 24 hours of exposure were 24.38-33.56% and 34.92-39.55%, respectively. The corresponding values for 48 and 72 hours exposure were 9.71-13.89% vs 21.16-24.48% and 9.12-10.27% vs 20.01-22.21%, respectively (Figure 3). Cell viability of HuCC-T1 after exposure to the highest concentration of atractylocladin and ALNPs-1 at 24 hours of exposure were 23.72-30.39% and 38.36-41.17%, respectively. The corresponding values for 48 and 72 hours exposure were 16.18-17.18% vs 31.02-37.36% and 16.43-20.57% vs 26.82-35.28%, respectively (Figure 4). Cell viability of OUMS-36T-1F after exposure to the highest concentration of atractylocladin and ALNPs-1 at 24 hours of exposure were 39.61-41.50% and 25.67-28.42%, respectively. The corresponding values for 48 and 72 hours exposure were 14.88-15.37% vs 8.94-13.02% and 6.61-7.92% vs 7.71-10.97%, respectively (Figure 5). The IC_{50} values of atractylocladin, ALNPs-1 and 5-FU for the CL-6, HuCC-T1, and OUMS-36T-1F cell lines after 24, 48, and 72 hours of exposure are presented in Table 3.

Table 3. Cytotoxic activities of Atractylocladin, ALNPs-1, Blank NPs-1 and 5-Fluorouracil (5-FU) for the CL-6, HuCC-T1 and OUMS-36T-1F Cell Lines after 24, 48, and 72 h of Exposure. Data are presented as mean ± SD values of IC_{50} from three replications.

| Sample                  | IC_{50} (µg/mL) | CL-6 |        |        | HuCC-T1 |        |        | OUMS-36T-1F |
|-------------------------|-----------------|------|--------|--------|---------|--------|--------|-------------|
|                         | 24 h            | 48 h | 72 h   | 24 h   | 48 h    | 72 h   | 24 h   | 48 h        | 72 h        |
| Atractylocladin         | 56.36           | 37.66| 52.02  | 53.66  | 59.74   | 76.15  | 84.33  | 58.16       | 69.03       |
| ALNPs-1 (eq. to Atractylocladin) | (29.28) | (35.06) | (50.74) | (47.68) | (66.09) | (71.30) | (87.41) | (76.55) | (82.10) |
| Blank NPs-1             | 2.112           | >6.000 | 6.000  | 2.393  | >6.000  | >6.000 | >6.000 | >6.000     | >6.000     |
| 5-FU                    | 77.43           | 38.84 | 3.46   | 38.87  | 25.95   | 8.2    | 132.7  | 49.83       | 30.78       |

Figure 2. Drug Release Profiles of ALNPs-1 and ALNPs-2 in Various Media. Data are presented as mean ± SD of three replications.

Figure 3. Viability (%) of CL-6 Cells Following Exposure to ALNPs-1, Blank NPs-1, Atractylocladin, and 5-FU (Positive Control) for (A) 24, (B) 48, and (C) 72 h. Data are presented as mean ± SD of three replications.
Discussion

In the present study, two atracylodin-loaded PLGA NPs (ALNPs) formulations were prepared by solvent displacement method to enhance water solubility of atracylodin using PLGA MW 12,000 (ALNPs-1) and 48,000 (ALNPs-2). The particle diameters were in the range of 100-200 nm which are suitable to be used as a drug delivery system for cancer treatment to facilitate the enhance permeability and retention (EPR) effect (Huang and Zhang, 2018). The effect of MW of PLGA on the size of ALNPs was not observed in this study. In a previous study, smaller NPs size was observed with NPs loaded hydrophobic drugs prepared using higher MW PLGA due to longer aliphatic chain (Martin-Banderas et al., 2012). On the other hand, another study reported smaller size of NPs prepared using lower MW PLGA (Surolia et al., 2012). The PDI values of both ALNPs formulations was less than 0.1 indicating monodisperse size distribution (Gossmann et al., 2015). As ALNPs-1 exhibited higher %EE, thus ALNPs-1 and the corresponding blank NPs-1 were selected for morphology investigation. TEM showed no difference between the morphology of drug-loaded NPs and blank NPs. This confirmed that the drug loaded in the NPs did not affect the size and shape of the NPs. Both ALNPs and blank NPs were spherical shape without an aggregation. The size of NPs examined by TEM was smaller than that observed from DLS. The DLS technique measures hydrodynamic diameter including the core and the charge layer surrounded on the particle, while the TEM measures the size of particles at the dry state and in neutral environment resulted in smaller particle size (Gaumet et al., 2008; Swider et al., 2018). For the surface charge, both ALNPs formulations provided zeta potential lower than (-)20 mV which would be expected to promote the stability of NPs (Honary and Zahir, 2013). High MW surfactants such as poloxamer 407 used to prepare NPs have been shown to provide zeta potential (-)20 mV or much lower with sufficient stability for NP suspensions (Honary and Zahir, 2013). The ALNPs-1 was shown to provide higher encapsulation efficiency (%EE) and loading efficiency (%LE) compared with ALNPs-2. This might be due to the solid-state solubility of atracylodin in the polymer matrix during dispersed state (Panyam et al., 2004). The amount of hydrophobic drug-entrapped into hydrophobic polymer due to solid-state drug-polymer has been shown to be increased with the increasing lactide content in copolymer and with the decreasing in MW of polymer (Panyam et al., 2004). Atracylodin encapsulated in ALNPs at the concentration up to 500 mg/L was freely dispersible in water, while the solubility of free atracylodin in water was only 7.541 mg/L (TGSC Information System, 2019). This indicated that ALNPs facilitated water dispersibility

Figure 4. Viability (%) of HuCC-T1 Cells Following Exposure to ALNPs-1, Blank NPs-1, (AL) and 5-FU (Positive Control) for (A) 24, (B) 48, and (C) 72 h. Data are presented as mean ± SD of three replications.

Figure 5. Viability (%) of OUMS-36T-1F Cells Following Exposure to ALNPs-1, Blank NPs-1, (AL), and 5-FU (Positive Control) for (A) 24, (B) 48, and (C) 72 h. Data are presented as mean ± SD of three replications.
of atracylodin as a result of the adsorption of poloxamer on hydrophobic surface of PLGA NPs and the expression of hydrophilic part (polyethyleneoxide) to the aqueous solution (Santander-Ortega et al., 2006; Pradhan et al., 2013).

Drug releasing profiles of both ALNPs formulations were shown to be similar with biphasic phases in all media. This result confirms the release of atracylodin from ALNPs to produce cytotoxic effect. The burst release from NPs is explained by diffusion of the adsorbed atracylodin on the surface of NPs through the polymer matrix as well as by the large surface to volume ratio of the NPs. The slow release phase is explained by drug diffusion and polymer degradation (Chittasupho et al., 2009; Mukerjee and Vishwanath, 2009). Previous studies demonstrated higher rate of drug release from low MW compared with high MW PLGA NPs since PLGA with high MW contains higher content of the hydrophobic part lactic acid which results in lower amount of drug release from the NPs (Mittal et al., 2007; Surolia et al., 2012). The drug release from ALNPs-1 in PBS (pH 7.4) after 24 hours of incubation was significantly higher than that in DMEM-serum free medium (pH 8.85) and RPMI-serum free medium (pH 9.06). The higher drug release rate in PBS was due to the lower pH of PBS which facilitated hydrolysis of PLGA copolymer and resulted in higher amount of compound release from the nanoparticles compared to drug release into DMEM-serum free medium and RPMI-serum free medium (Ham et al., 2008; Khanal et al., 2016; Chai et al., 2017). However, after 48 and 72 hours, the amount of atracylodin released was comparable in all media. This might be due to the saturation of atracylodin in each media that led to delay of compound release from NPs.

Cytotoxic activity of ALNPs-1 against the two CCA cell lines (CL-6 and HuCC-T1) was investigated using MTT assay following the optimized conditions. Results suggested that ALNPs-1 was successfully prepared as indicated by its relatively potent cytotoxic activity against both CCA cell lines. However, the potency of cytotoxic activity of ALNPs-1 against both CCA cell lines following 48 and 72 hours of exposure was about 2-14 folds lower than 5-FU. The cytotoxic activity of atracylodin and ALNPs-1 appeared to be concentration-dependent. Atracylodin exhibited cytotoxicity against both HuCC-T1 and CL-6 at the concentration of 31.25 µg/mL (%cell viability less than 70%) which was lower than that of ALNPs-1 (%cell viability less than 70% at 7.81 µg/mL) when exposing to both cells for 24 hours. After removing NPs from the medium, the cytotoxicity of both atracylodin and ALNPs-1 for both cancer cells were decreased due to recovery of the cells resulting in higher IC_{50} values at 48 and 72 hours. Even though atracylodin at high concentrations (62.5-125 µg/mL) produced cytotoxic effect against normal cells (OUMS-36-1F), the IC_{50} of AL was higher than that of cancer cells. The cytotoxicity of blank NPs was observed at high concentration due to the unsuitable environment for cell growth (cloudy of NP suspension in culture medium). However, the cells recovered after replacement with complete medium. In the previous study, the recovery of the cells was observed after 5 and 7 days of treatment with blank PLGA microsphere (Azouz et al., 2008).

The ALNPs were successfully prepared by solvent displacement method using PLGA MW 12,000 (ALNPs-1) with suitable pharmaceutical properties and cytotoxic activity against CCA. However, nano-formulation with improved pharmaceutical properties (higher %EE and %LE) and cytotoxic activity (improved selectivity to CCA) should be further developed for potential used as drug delivery systems for the treatment of CCA.

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