"Do probiotic preparations for humans really have efficacy?"

Do probiotic preparations for humans really have efficacy? by Marika Mikkelsaar et al. is the result of hard work throughout almost two years. The 4 authors are/have been distinguished members of the board or in the inner circle of SOMED. Ever since the Rome Workshop on Probiotics February 25–27, 2010 they have worked on the answer to the difficult question they had been given, reflected in the title above. Everyone working in the probiotic field knows the many difficulties when evaluating experimental and clinical reports. The experienced authors were of course aware of that, and they have handled the data in a very balanced way, making the report a very valuable Position Paper.

It is a pleasure for me recommending readers of MEHD to carefully go through this paper as well as the relevant references given. I am sure they will find a lot of valuable information for their own research as well as for their clinical practice. It goes without saying that if anyone has comments or questions, please feel free to address them to MEHD.

I can promise a rapid publishing.

Tore Midvrdt
Editor-in-Chief