## 11 months consult

**Personal ID:**

**Date:** ____________

**Total consultation time:** _______ minutes

### Which teeth are present:

| 55 | 54 | 53 | 52 | 51 | 61 | 62 | 63 | 64 | 65 |
|----|----|----|----|----|----|----|----|----|----|
| ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  |

| 85 | 84 | 83 | 82 | 81 | 71 | 72 | 73 | 74 | 75 |
|----|----|----|----|----|----|----|----|----|----|
| ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  | ∎  |

### Age-related topics:

- **In-between eruption phases (first molars will erupt around 12-15 Months)**
- **Advice to brush twice daily with fluoride toothpaste**
- **How to brush the child’s teeth (position child and parent)**
- **No comfort bottle feeding or bottle in bed (water is allowed anytime)**
- **Can the baby already drink from a cup? Offer training tips for practicing.**
- **Limit the frequency of sugar consumption to max. 7 times a day (water is allowed anytime).**
- **Try to stop dummy sucking during daytime.**

### NOCTP caries risk assessment, oral health, oral hygiene and oral health behaviour

| Criterion | Assessment | Action |
|-----------|------------|--------|
| Parental involvement? | □ Sufficient (0 points) | □ Oral examination. |
| Measured by attitude towards oral health, oral health knowledge, child’s oral hygiene and adherence to general advice for caries prevention. | □ Insufficient (1 point) | Complete oral report in healthy-toddler-teeth booklet + action plan. |

### Is there any active enamel- or dentin caries? 

- □ No (0 points)
- □ Yes (1 point)

(mark element and surface in diagram)

### Total points: _______

### Dental plaque:

- □ None
- □ Local
- □ Generalised

### Any remarks about soft tissues:

- If yes, ______________

### Gingiva:

- □ Healthy
- □ Local gingivitis
- □ Generalised gingivitis

### Feeding at night:

- □ No
- □ Yes, bottle feeding
- □ Yes, breastfeeding

### Parafuncion:

- □ No
- □ Tongue pressing
- □ Lipping
- □ Infantile swallow
- □ Thumbs/finger sucking
- □ Dummy sucking

### Toothbrushing:

- □ 1 time a day
- □ 2 times a day
- □ Other: ____________

### Toothpaste:

- □ <1000 ppm F toothpaste
- □ 1350-1500 ppm F toothpaste
- □ Other: ____________

### Remarks about oral hygiene:

### Explanatory note:

- Is this behavioural change phase also valid for the attitude towards food (e.g. drinking water?)
  - □ Yes □ No

### Stage of oral health behaviour change and behavioural determinants for focus coaching

| Pre-contemplation | Contemplation | Relapse |
|-------------------|---------------|---------|
| Intervention goal: | Intention forming | Planning behaviour |
| Focus on determinants: | Self-efficacy | Action self-efficacy |
| Outcome expectations | Action Planning | Coping Planning |
| Risk Perception | Recovery self-efficacy | Action control |

### Explanatory note:

### Next appointment:

- □ with ___ months consult at WBC
- □ extra appointment in ___ month(s)

### Details next appointment:

- Date: __ / __ / ______
- Time: __ : __