Characterization of a Novel Gain of Function Glucocorticoid Receptor Knock-in Mouse*

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Glucocorticoids (GCs) exert profound influences on many physiologic functions by virtue of their diverse roles in growth, development, and maintenance of homeostasis. We previously created a novel gain of function in the human glucocorticoid receptor (hGR), hGR_{M604L}†, which is active at GC concentrations 5–10-fold lower than wild-type GR. To gain a greater insight into GC physiology in vivo, we inserted this mutant GR (GR_{M610L} in mice) into mice via homologous recombination. Mice expressing the allele are phenotypically normal with respect to GC function. However, corticosterone levels, ACTH levels, and adrenocortical size are markedly reduced, suggesting they are phenotypically normal because the mutant GR alters the basal regulation of the hypothalamic-pituitary-adrenal axis. We demonstrate via physiologic and immunologic studies that GR_{M610L} mice have increased sensitivity to GCs in vivo. Sensitivity to the actions of endogenous GCs may be an important factor underlying the development of many human diseases including hypertension, obesity, and diabetes. Our model may provide a new and powerful tool for the study of GC physiologic and pathological processes in vivo.

Glucocorticoids (GCs)‡ are extraordinary hormones, important for maintenance of basal and stress-related homeostasis and essential for life. They modulate the expression of ~10% of human genes and function in every organ and in a wide variety of physiologic, cellular, and molecular networks (1). The biological action of glucocorticoids is mediated primarily through the activation of the cytoplasmic glucocorticoid receptor (GR), a member of the nuclear receptor family of ligand-dependent transcription factors. Like other members of the family, GR possesses a modular structure consisting of three major domains (2): an N-terminal, a central DNA binding domain, and a C-terminal ligand binding domain. There are many aspects of GC action that we do not yet know or are just beginning to appreciate.

Glucocorticoid secretion is determined through a complex series of feedback regulation. Endogenous cortisol binds to GR in the hypothalamus, acting as a potent negative regulator of the hypothalamic-pituitary-adrenal (HPA) axis. Alterations in the number or sensitivity of GR to glucocorticoids can significantly influence HPA axis activity and, in particular, can regulate hormone levels by mediating the strength of cortisol feedback inhibition (3, 4). Abnormalities in glucocorticoid sensitivity can be divided into two major groups: resistance (CR) and hypersensitivity (CH). To our knowledge, only one case of CH has been reported, in a patient with Cushingoid manifestations despite persistent hypocortisolism (5); the molecular basis of cortisol hypersensitivity was not elucidated. Polymorphisms in GR may also change glucocorticoid sensitivity, as has been suggested for the N363S polymorphism, which has been linked with excess adiposity in European populations (6). CR was first described as an inherited disorder, characterized by hypercortisolism without Cushingoid features (7). Diminished GC sensitivity in the hypothalamus results in higher cortisol secretion by the adrenal glands, thus maintaining relative glucocorticoid balance in tissues also bearing diminished GC sensitivity. CR is caused by loss-of-function mutations in the GC receptor (GR) (8–11). Patients homozygous for such mutations exhibit severe hypertension and hypokalemia due to hypercortisolism and secondary activation of the mineralocorticoid receptor. Heterozygotes, on the other hand, generally exhibit relatively mild symptomatology,although virilization and hirsutism has been reported in female patients due to shunting of cortisol precursors into the androgen biosynthetic pathway (12).

We previously described the construction of a mutant human glucocorticoid receptor with increased activity in the presence of GCs (13). The mutation, a substitution of leucine for methionine at residue 604 in the hormone-binding domain of the receptor, increases the affinity of the receptor for GCs by creating a novel helix 3-helix 5 contact. The receptor has increased sensitivity, being activated by 5–10-fold lower corticosterone concentration that GR_{WT} in vitro without any alteration in specificity. This is one of a small group of gain of function mutations that have been described in the steroid hormone receptor family (14, 15). Whether such point mutations can be responsible for in vivo glucocorticoid hypersensitivity remains to be shown. The availability of a GR with increased activity suggests an intriguing reagent for the study of tissue-specific
glucocorticoid effect. To gain new insights into this gain of function of GR function and more directly examine glucocorticoid sensitivity in vivo, we aimed to take advantage of this mutation receptor with increased steroid affinity to study physiological aspects of glucocorticoid biology relevant to the genetics of endocrine activity via creation of a knock-in mouse bearing this gain of function receptor.

MATERIALS AND METHODS

Animal Care—All experiments were performed according to an Institutional Animal Care and Use Committee-approved protocol at Yale School of Medicine, which is consistent with the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

Targeting Vector Construction and Homologous Recombination to Create GRM610L Mice—The targeting vector utilized is described in Fig. 1A. A single base pair mutation converting nucleotide 1828 in the mouse GR sequence from A to C, thereby creating an M610L substitution, was produced in exon 6 using the QuickChange kit (Stratagene); the resulting product was sequenced in full prior to insertion into the cloning vector. Exon 6 lies on a 1.4-kb EcoRV fragment that was placed between two flanking arms of ~2.5 and 6.5 kb in length, which span exons 5–8. The targeting vector includes a neomycin phosphoroducase cassette flanked by frt sites for positive selection and the herpes simplex virus tk gene for negative selection in ES cells. Details of the exact cloning strategy used are available upon request. The targeting construct was inserted into ES cells derived from SV129/REJ mice, and homologous recombinants were identified via a combination of long range PCR and Southern blotting. Details of the exact cloning strategy used are available upon request. The targeting construct was inserted into ES cells derived from SV129/REJ mice, and homologous recombinants were identified via a combination of long range PCR and Southern blotting.

Mice were of a mixed C57BL/6X129 background. They were housed and bred according to international standard conditions with a 12-h dark, 12-h light cycle (lights on from 6:30 a.m. to 6:30 p.m.). We mated GRM610L heterozygous (GR +/L) mice such that each pregnant female produces +/+ (wild-type), +/L, and L/L (GRM610L homozygous) offspring. Six-generation littermate knock-in and control mice, which were 3–6 months old, were used for all experiments. Genotyping was performed by PCR using these primers: GRSHF1 (forward), ACAGCAG-GTGTAGTTGGACTTTG; GRSHR1 (reverse), GTGATGGCAGTTTTGTTGACTTTG. All mouse protocols were in accordance with National Institutes of Health guidelines and were approved by the Institutional Animal Care and Use Committee of Yale University.

Plasma ACTH, Corticosterone, and Aldosterone Measurement—Plasma for measurement of corticosterone and ACTH was obtained by rapid retro-orbital phlebotomy into heparinized capillary tubes with a total time from first handling the animal to completion of bleeding not exceeding 30 s. Blood was collected at circadian nadirs (9:30 a.m.) and peaks (9:30 p.m.) from adult male mice (3–6 months old) on ice, and plasma was separated by centrifugation and stored at ~80 °C until assay. Plasma corticosterone and ACTH concentration were determined using commercially available radioimmunoassay kits with 125I-corticosterone and 125I-ACTH (ICN Pharmaceuticals Inc., Costa Mesa, CA). Aldosterone was measured on collected plasma via a commercially available kit as well (DSL-8600, Diagnostic Systems Laboratories, Inc.). For evaluation of the stress release of corticosterone and ACTH, blood samples were taken in the morning (9:30–10 a.m.) immediately after 30 min of restraint stress for which animals were placed in 50-ml conical tubes (plastic conical tube with the bottom removed) (n = 10–12 per genotype and gender). For the fasting test, blood samples were collected after food was removed for 36 h.

ACTH Stimulation Testing—Wild type or GRM610L mice were bled by retro-orbital phlebotomy 20 min after intraperitoneal injection of vehicle (phosphate-buffered saline with 0.3% bovine serum albumin) or ACTH (10 mg/kg of body weight, ACTH-24 from Sigma, freshly dissolved in phosphate-buffered saline). We performed synthetic ACTH-24 stimulation testing at 10:00 a.m. Plasma corticosterone concentrations were determined by radioimmunoassay as described above.

Adrenal Weight—For analysis of adrenals, adult male and female mice of each genotype (n = 10–16) were evaluated at 3–4 months of age. Whole body weight was measured and bilateral adrenals were isolated and cleaned of fat. The weight of the combined left and right adrenals were determined and corrected by body weight to generate corresponding adrenal weight index values. Adrenals were fixed by overnight immersion in a solution of 4% paraformaldehyde in phosphate-buffered saline and then processed for paraffin embedding. Sections were cut at 4 μm, and stained with hematoxylin and eosi. Sections were blind to the genotype.

Blood Pressure Measurement—Arterial pressure in littermate controls (n = 6) and GRM610L mice on each treatment was measured by radiotelemetry. Briefly, the mice were anesthetized with a mixture of ketamine/xylazine (100 and 10 mg/kg, respectively). A Data Sciences catheter was inserted into the left carotid artery, and a transmitter was placed to a subcutaneous pocket on the right flank (16). Baseline values were continuously recorded every minute for 4 days beginning 1 week after surgery. Mice from each group (+/+ , +/L, and L/L) were then given DEX (1 mg, 10 mg/liter in drinking water) for 4 days. After treatment, mice were allowed to recover until blood pressure reached baseline. Values were analyzed as 12 h means reflecting the day (6:30 AM to 6:30 p.m.) and night periods (6:30 p.m. to 6:30 a.m.).

Bone Marrow Transfer—Bone marrow was flushed from tibias and femurs of donor mice as described (17). Wild type B6 recipients received 2 500-centigray fractions of γ-irradiation and were reconstituted with T cell-depleted bone marrow from GRM610L homozygous, heterozygous, or wild-type littermate controls.

Flow Cytometry—Bone marrow chimeric mice were sacrificed, and bone marrow, spleen, thymus, and lymph node cells were harvested. Single cell suspensions were made and cells were stained with antibodies against CD4, CD8, B220, and CD11b (clones, colors, and sources) and analyzed on a FACS Calibur (BD Biosciences, Franklin Lakes, NJ).

Physiologic Assessment of GRM610L Mice—Physiologic assessment of the mice was done in conjunction with the Yale Mouse Molecular Phenotyping Center. Blood samples were taken by retro-orbital phlebotomy in GRM610L and wild-type littermates, collected in a heparinized capillary tube, and immediately centrifuged. Serum levels of glucose (fasting for 15 h), triglyceride,
cholesterol, and high density lipoprotein were measured using a COBAS Mira Plus blood chemistry analyzer. Plasma concentrations of Na\(^+\), K\(^+\), Cl\(^-\), BUN, Ca\(^{2+}\), and Mg\(^{2+}\) were measured by standard atomic absorption flame photometry. Dual energy x-ray absorptiometry was used for measurement of bone density. GR(M610L) and wild-type littersmates were anesthetized and body weights recorded, and a small x-ray source was used to expose the entire animal to a cone shaped beam of both high and low energy x-rays. A high-resolution picture (0.18 × 0.18 mm pixel resolution) was taken of an image of the x-rays hitting a luminescent panel, and accuracy was determined by using phantoms of known values. Correlation of lean tissue mass of the total body was excellent (\(r^2 = 0.99\)), whereas the smaller components of fat mass and bone mass were very good (\(r^2 = 0.86\) and \(r^2 = 0.92\), respectively). Software provided by the manufacturer was used to analyze the data and generate values for BMC, BMD, and lean body mass.

**Human Mutation Screening**—Genomic DNA was extracted from peripheral blood of 200 control subjects using standard techniques. Mutation detection was sought in hGR(M610L) and performed by PCR, the Reveal Mutation Discovery System, and direct sequencing, as described previously (18).

**Animal Treatment and Serum Testosterone Analysis**—11 to 15 wild-type, heterozygous, and homozygous animals in each group were injected with 0.1 mg/kg DEX in 0.25 ml of saline or vehicle intraperitoneally, housed separately for 3 h, then sacrificed for blood and liver collection. Serum testosterone concentrations were measured by radioimmunoassay as described previously (19). Interassay and intraassay variations were within 15%.

**Liver Microsome Preparation and 11β-HSD1 Assay**—Liver microsomes were prepared from DEX or vehicle-treated mice according to a previously described method. Briefly, 100 mg of liver was homogenized in 0.01 M phosphate-buffered saline containing 0.25 mM sucrose and centrifuged at 750 × g for 30 min to collect the supernatant. The supernatant was centrifuged at 12,000 × g for 30 min twice to remove mitochondria, and then ultracentrifuged at 105,000 × g for 60 min twice to collect the microsomes. 11β-HSD1 activity was assayed as described previously (20). Briefly, 25 nM [\(^{3}H\)]dehydrocorticosterone (11-DHC) was incubated with 2 μg of liver microsome in the presence of 200 μM NADPH and 10 mM glucose 6-phosphate reactions for 10 min, at which time linear reaction rates were confirmed. The reaction was stopped by adding 2 ml of ice-cold ether. Steroids were extracted, and the organic layer dried under nitrogen. Steroids were separated chromatographically on thin layer plates in chloroform and methanol (90:10), and the radioactivity was measured using a scanning radiometer (System AR2000, Bioscan Inc., Washington, DC). The percentage conversion of 11-DHC to corticosterone was calculated by dividing the radioactive counts identified as 11-DHC (or corticosterone, respectively) by the total counts associated with corticosterone plus 11-DHC.

**Statistical Methods**—Data are presented as the mean ± S.E. Statistical analysis was by one-way analysis of variance or unpaired \(t\) test (two tailed) with significance accepted for \(p < 0.05\). The PRISM software package (GraphPad, San Diego, CA) was used for all analyses.

**RESULTS**

**Generation of a Gain of Function GR Knock-in Mouse**—The targeting construct we used is described in Fig. 1A. The construct was linearized and electroporated into mouse strain 129 SV/REJ embryonic stem (ES) cells by the Animal Genomics Service at Yale University School of Medicine and G418, ganciclovir-resistant clones were selected. A total of 190 clones were

![FIGURE 1. GR(M610L) knock-in strategy.](image-url)
**A Gain of Function Glucocorticoid Receptor Knock-in Mouse**

**TABLE 1**

|                    | WT (GR +/+ ) | Heterozygotes (GR L/+ ) | Homozygotes (GR L/L ) |
|--------------------|--------------|-------------------------|-----------------------|
| Birth weight       | 1.35 ± 0.03  | 1.36 ± 0.02 (38)        | 1.34 ± 0.03 (25)      |
| Adult weight       | 29.64 ± 1.05 (14) | 30.32 ± 1.647 (29) | 30.28 ± 1.34 (14) |
| Glucose            | 12.0 ± 8.52 (10) | 123.5 ± 8.08 (10) | 123.6 ± 5.66 (10) |
| Cholesterol        | 89.39 ± 3.81 (10) | 87.31 ± 3.19 (10) | 89.46 ± 3.12 (10) |
| Triglycerides      | 78.88 ± 5.2 (10) | 73.94 ± 5.9 (10) | 72.73 ± 5.98 (10) |
| HDL                | 70.84 ± 3.76 (10) | 69.04 ± 2.49 (10) | 70.62 ± 2.86 (10) |
| Na                  | 148.8 ± 0.72 (11) | 148.6 ± 0.99 (20) | 149.1 ± 0.52 (16) |
| K                   | 4.273 ± 0.16 (11) | 4.288 ± 0.12 (16) | 4.54 ± 0.14 (15) |
| Cl                  | 115.1 ± 0.76 (11) | 115.89 ± 0.20 (30) | 115.4 ± 0.76 (16) |
| Ca                  | 8.545 ± 0.11 (9) | 8.622 ± 0.09 (9) | 8.772 ± 0.13 (13) |
| Mg                  | 1.847 ± 0.06 (9) | 1.79 ± 0.06 (9) | 1.672 ± 0.04 (13) |
| BUN                 | 21.45 ± 1.05 (25) | 21.48 ± 1.21 (26) | 23.04 ± 0.97 (33) |
| Bone density        | 0.054 ± 0.0022 (23) | 0.053 ± 0.0044 (14) | 0.054 ± 0.0030 (10) |
| % of Fat            | 19.96 ± 7.22 (23) | 20.42 ± 4.54 (19) | 19.66 ± 5.73 (10) |

All data are from three- to four-month-old wild-type, GR +/+ , GR L/L, and littermates and are expressed as the mean ± S.E. The number of animals is indicated in parentheses. Serum was isolated following a 15-h fast for lipid and glucose measurements. Total body bone density and whole body fat content were measured by dual energy x-ray absorptiometry in 10 pairs of gender matched littermates with or without the GR_{M610L} allele. There were no significant differences between the groups for any parameter measured.
suggest that the GRM610L allele is functional in vivo and that the HPA axis of the mouse is intact. Given the potential contribution of plasma corticosterone to the renin-angiotensin-aldosterone system, we assessed plasma aldosterone levels as well (Fig. 2I). Interestingly, we found a trend toward decreased circulating aldosterone levels in both homozygous (429.0 ± 81.4 pg/ml) and heterozygous (539.8 ± 118.7 pg/ml) mice compared with wild-type littermates (693.2 ± 132.5 pg/ml, p = 0.069 versus L/L).

Reduced Adrenal Gland Size in GR L/L and GR+/L Mice—Because corticosterone levels are very low in GR L/L mice, this led us to check adrenal size and morphology in these mice. The adrenal glands from GR L/L and +/L mice were significantly smaller than those found in wild-type littermates; the adrenal weight/body weight ratio in GRM610L mice was ~41% (L/L) and 56% (+/L) of that in WT female littermates, with similar reductions in adrenal size in male mice as well (Fig. 3, A and B). This is consistent with the decreased corticosterone levels observed in these mice. Histologic examination of the adrenal glands from GRM610L mice confirmed these findings. The adrenal cortex is composed of three zones: the outer zona glomerulosa synthesizes mineralocorticoids, the zona fasciculata is the area primarily responsible for corticosterone production in the mouse, and the inner zona reticularis primarily synthesizes androgens (22, 23). On hematoxylin and eosin staining, the adrenal architecture of GR610L mice was markedly altered.
compared with +/+ mice, with marked cortical thinning (Fig. 3, C–F). In particular, the zona fasciculata of the adrenal cortex was markedly reduced in size, whereas the zona glomerulosa and medullary cells appeared relatively unaffected (Fig. 3F). To quantify this difference, we assessed adrenal cortical thickness in these mice. We found that the mean adrenal cortical thickness was 390.6 ± 21.6 μm (+/+), 318.4 ± 16.2 μm (+/L), and 246.1 ± 14.5 μm (L/L), indicating a highly significant reduction in adrenocortical size in GRM610L mice (Fig. 3G, p < 0.001).
Low Dose Dexamethasone Increases Blood Pressure in GRM610L Mice, but Not in WT Mice—We hypothesized that GRM610L mice would have increased response to exogenously administered GC, and we therefore assessed the blood pressure response to dexamethasone administered in the drinking water. Blood pressure was measured directly in 3-month-old conscious male mice using radiotelemetry and was recorded for 12 days (4 days for baseline; 4 days DEX treatment; 4 days for following discontinuation of DEX). Mean arterial pressure (MAP) at baseline did not differ between the mutant and WT mice ($p = 0.9262$). Mice exhibited normal diurnal variation, with an elevated MAP at night (awake) and reduced MAP during the day (sleep) in both genotypes. When we treated GRM610L homozygous mice and WT littermates with the synthetic glucocorticoid DEX in their drinking water (1 mg/liter, about 0.1 mg/kg/day) for 4 days, blood pressure increased within hours of GC therapy and remained elevated for as long as steroid therapy was continued (Fig. 4A). Daytime MAP

**FIGURE 4.** The GRM610L allele increases sensitivity to exogenous glucocorticoids in vivo. A, baseline blood pressure was recorded for 4 days in an L/L mouse (left panel) or in a +/- (right panel) littermate. Subsequently, dexamethasone was provided in the drinking water (1 mg/liter) and blood pressure was followed radiotelemetrically. The blood pressure tracing of a representative mouse is shown. The initiation and termination of dexamethasone are indicated. Each data point represents the average of all measurements obtained within a 4-h window. DEX (1 mg/liter) induces a rapid rise in BP with loss of normal diurnal variation in L/L mice, but not in +/- littermates; and that this rise in BP rapidly reverses following discontinuation of dexamethasone. Subsequently, 10 mg/liter DEX was provided to the +/- mouse, and a rapid rise in BP was observed. B, 12-h means of MAP in male GR +/- ($n = 6$), L/L ($n = 6$), or +/- ($n = 6$) littermates before (baseline) and after treatment with DEX (1–10 mg/liter) in the drinking water. MAP values were measured by telemetry. Values were analyzed as 12 h means reflecting the day and night periods and expressed as mean ± S.E.; C, mean ± S.E. values for sleep-to awake BP ratio of GR L/L mice before and after 1 mg/liter DEX treatment.
increased by 21 mm Hg and nighttime MAP by 12 mm Hg in DEX-treated GR L/L mice compared with baseline (p < 0.0001 for each point, Fig. 4B). We saw a similar but less pronounced rise in MAP in GR +/+ treated with 1 mg/ml DEX (Fig. 4B). Notably, in each of these mice, the rise in BP was most pronounced during the daytime phase; the sleep-to-awake BP ratio was higher in DEX-treated GR L/L mice by 8.5% compared with their baseline MAP (Fig. 4C, p < 0.001), indicating that the dexamethasone-induced MAP elevation in GRM610L mice is exaggerated in the sleep phase. These data suggest the dexamethasone-induced rise in blood pressure mimics that which is observed in Cushing syndrome, with the characteristic loss of diurnal variation (Fig. 4A). Interestingly, when GC therapy was discontinued (after 4 days of therapy), there was a rapid reversal of GC-induced hypertension, blood pressure dropped within hours to baseline levels with an almost immediate resumption of normal diurnal variation.

Although provision of 1 mg/liter DEX had a marked effect on blood pressure in GRM610L mice, the same dose had no effect on blood pressure in wild-type littermates (Fig. 4, A and B). However, when we increased the dexamethasone dose 10-fold, blood pressure rose to a similar degree as to what we observed in GR L/L mouse at 1 mg/liter. To measure other effects of the GRM610L allele in vivo, we measured serum testosterone and liver 11β-HSD1 activities in wild-type, heterozygous, and homozygous mice treated with either saline or DEX. Previous work has shown that serum testosterone levels are downregulated by glucocorticoid. There was no significant difference in baseline serum testosterone levels in wild-type, heterozygous, and homozygous mice (Fig. 5A). However, provision of low dose DEX (0.1 mg/kg intraperitoneally) had no significant effect on serum testosterone levels in wild-type mice (Fig. 5B), but caused a highly significant reduction in serum testosterone levels in mice heterozygous and homozygous for the GRL604 allele (Fig. 5, C and D). Similarly, glucocorticoids have been shown to cause a down-regulation in 11β-HSD1 activity in the liver. We found no significant difference in 11β-HSD1 activity in wild-type, heterozygous, or homozygous mice (Fig. 6A). Low dose DEX had no effect on hepatic 11β-HSD1 activity in wild-type mice (Fig. 6B), but caused a nonsignificant reduction (p = 0.26) in 11β-HSD1 activity in heterozygous mice (Fig. 6C) and a significant reduction in hepatic 11β-HSD1 activity in homozygous mice (Fig. 6D). These data again support that the GRM610L allele...
A Gain of Function Glucocorticoid Receptor Knock-in Mouse

We previously demonstrated that substitution of leucine for methionine at residue 604 in the human GR leads to a gain in sensitivity of the mutant receptor in vitro (13). Here, we extend this finding to establish a knock-in mouse carrying this point mutation (residue 610 in the mouse) of the GR and demonstrate that the homologous mutation in mice leads to a similar gain of function in vivo. Mice carrying the mutant allele do not display any obvious phenotypic abnormalities in terms of serum electrolyte, glucose or lipid levels, bone mineral density, serum testosterone levels, or percent body fat when compared with wild-type littermates. We believe the absence of a clinical manifestation of glucocorticoid hypersensitivity in these mice is due to a “resetting” of the HPA axis, presumably mediated by the hypothalamic GR, which brings about a compensatory decrease in basal corticosterone secretion to keep balance between need and production. GRM610L mice markedly decrease corticosterone levels, both basally and in response to stress or ACTH stimulation. This phenotype is similar to what has been observed in mice overexpressing a GR transgene (24), confirming that GR activity can be regulated by changes in ligand affinity or receptor numbers. Coupled with the significant decrease in ACTH levels we observed in heterozygotes and homozygotes, our data suggests enhanced glucocorticoid feedback inhibition in GRM610L mice, which is likely due to hypersensitivity on the part of hypothalamic GRs.

Glucocorticoids act via intracellular receptors of 2 types: GR and mineralocorticoid (MR) receptors (25). MR binds corticosterone with 10-fold higher affinity than GR and, in addition, binds the mineralocorticoid aldosterone with equal affinity (26, 27). Until recently, it had been commonly believed that hippocampal MR serves as the primary regulator of basal HPA activity by virtue of its high affinity, and that GR provides feedback regulation during stress, when endogenous levels of glucocorticoids are high (28–30). However, more recent evidence argues against this hypothesis. Mice lacking GR in the brain (31) or forebrain (32) have elevated basal GC plasma levels, indicating that MR is not sufficient to compensate for the lack of GR in the brain. Our finding that GRM610L mice have marked suppression of the HPA axis both at baseline and during stress is consistent with this idea, and suggests that GR is a primary mediator of both basal and stress regulation of the HPA axis. In contrast, the contribution of brain MR to corticosteroid feedback regulation has been assessed in mice lacking MR in the forebrain; these mice showed normal basal corticosterone levels as well as normal CRH mRNA and GR protein expression in the paraventricular nucleus (33). These results indicate that...
limbic MR is dispensable for the maintenance of basal circadian HPA axis activity. Based on our GR<sub>M610L</sub> mice, in which a single amino acid change in GR markedly alters HPA axis activity, and genetically engineered GR or MR mouse studies, GR and not MR seems to function as the primary regulator of the HPA system activity both at baseline and following stress.

GCs are necessary for maintenance of BP in clinical and experimental models of adrenalectomy. Glucocorticoid deficiency can result in hypotension (Addison disease), weight loss, hypoglycemia, and death, especially in the setting of stress (34). Conversely, exogenous or endogenous glucocorticoid excess can contribute to the development of hypertension, insulin resistance, hyperglycemia, weight gain, hyperhomocysteinemia, and atherosclerosis. Hypertension occurs in ~75% of patients with Cushing syndrome (35, 36) and 20% of patients treated with oral glucocorticoids (37). Glucocorticoid-induced hypertension has traditionally been ascribed to the promiscuous activation of renal MR by cortisol or other GCs. Our finding that markedly reduced doses of dexamethasone were sufficient to induce sustained hypertension in GR<sub>M610L</sub> mice, but not in GR<sub>WT</sub> mice, suggests that, at least in this model system, DEX-mediated hypertension is mediated primarily if not exclusively by GR and that mineralocorticoid effects are negligible. These, together with some clinical findings that cortisol increases blood pressure in essential hypertension because of a change in tissue sensitivity rather than a change in circulating concentration (38), suggest that GR hypersensitivity may contribute to hypertension. Further studies will be required to determine the contribution of GR to the hypertension induced by corticosterone, a steroid with both glucocorticoid and mineralocorticoid effects, and also to determine the mechanism by which GR mediates this hypertension. Nevertheless, these data suggest that this model system can provide a useful method to determine the relative contribution of GR and MR to glucocorticoid dependent effects.

In rodent models, increased GC levels disrupt and suppress endocrine signaling in the male reproductive axis (39, 40). Elevations in circulating corticosteroid in response to stress are associated with testicular involution and a significant drop in testosterone secretion. These changes are accompanied by diminished libido and fertility (41). A similar pattern is observed in rats subjected to immobilization stress (42). A number of in vitro studies have shown that increased glucocorticoid directly inhibits testosterone production by Leydig cells (43, 44). Leydig cells contain glucocorticoid receptors (45). Moreover, it is now known that glucocorticoid directly inhibits the transcription of genes encoding testosterone biosynthetic enzymes (43, 46–49) and these same genes are positively induced by luteinizing hormone (50). The results here confirm that suppression of testosterone synthesis is mediated directly by the glucocorticoid receptor.

For GCs sensitivity and healthy individuals, GCs are important therapeutic agents used for the treatment of various inflammatory and autoimmune diseases and variability in the sensitivity to GCs is observed in patients treated with GCs (51). In clinical observations, a considerable variability among subjects is seen in their sensitivity to GC therapy, both with regard to efficacy and side effects (51, 52). In the normal population, some individuals develop severe adverse effects on low dose glucocorticoid therapy, whereas others do not develop side effects even during long-term therapy with much higher doses. Clinical and laboratory evidence suggest that patients can be divided into “steroid-sensitive” and “resistant” groups (53). Generalized glucocorticoid resistance and hypersensitivity states represent diametrically opposite examples of this process. This implies that each subject, when treated with GCs, needs an individually optimized dose to maintain a balance between beneficial and adverse effects associated with GC treatment. Mutations in the hormone-binding domain of the GR gene have been described as the cause of familial glucocorticoid resistance (53, 54); the abnormal receptor does not properly regulate the HPA axis, thereby leading to elevated plasma ACTH levels and increased circulating cortisol concentrations. Clinical syndromes of glucocorticoid hypersensitivity have been less well studied. Iida et al. (5) described a patient affected with Cushingoid symptoms despite low plasma glucocorticoid levels; an underlying etiology was never identified. Recent evidence suggests that human carriers of a common GR polymorphism (N363S) have increased sensitivity to GCs in vitro, but in vivo studies on the N363S polymorphism found no effects on its ability to bind hormone or activate transcription (55). Our findings show that the M610L substitution in the mouse GR ligand binding domain in vivo is associated with an increased sensitivity to GCs, which is consistent with human GR<sub>M604L</sub> that causes glucocorticoid hypersensitivity in vitro. These data reinforce the idea that the pathophysiological contribution of glucocorticoids is not always inadequately assessed by measurement of circulating GC concentrations and raise the possibility that gain of function mutations in GR could underlie GC sensitivity in healthy humans. We failed to identify GR<sub>M604L</sub> in 200 healthy controls, suggesting that this is not a common clinical polymorphism. Further screening of patients identified with GC hypersensitivity will be required to determine whether, indeed, this clinical entity exists. However, our unique mouse model to approach the molecular mechanism of glucocorticoid hypertension, for the first time, establishes that glucocorticoid hypersensitivity can be linked to genetic alteration of the GR.

In conclusion, the GR<sub>M610L</sub> mice increase the sensitivity to GCs 10-fold in vivo, as evidenced by alterations in HPA axis, decreased adrenal size, altered immune cell count/function in bone marrow chimeras, and the altered hypertensive response to exogenous GCs. This work confirms the importance of helix 3-helix 5 interactions in the anchoring of steroidal GR agonists (13, 56). Our present study demonstrated that the GR<sub>M610L</sub> mouse serves as a unique model to approach the molecular mechanism of glucocorticoid hypersensitivity. This model should prove useful in distinguishing the relative contribution of GR versus other receptors to glucocorticoid-mediated events, such as hypertension. Furthermore, we believe that an animal model permitting tissue-specific expression of the GR<sub>M610L</sub> allele will provide a valuable tool for the study of glucocorticoid effects in vivo.

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