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Prevention of SARS-CoV-2 transmission during a large, live, indoor gathering (SPRING): a non-inferiority, randomised, controlled trial

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Summary

Background Mass indoor gatherings were banned in early 2020 to prevent the spread of SARS-CoV-2. We aimed to assess, under controlled conditions, whether infection rates among attendees at a large, indoor gathering event would be similar to those in non-attendees, given implementation of a comprehensive prevention strategy including antigen-screening within 3 days, medical mask wearing, and optimised ventilation.

Methods The non-inferiority, prospective, open-label, randomised, controlled SPRING trial was done on attendees at a live indoor concert held in the Accor Arena on May 29, 2021 in Paris, France. Participants, aged 18–45 years, recruited via a dedicated website, had no comorbidities, COVID-19 symptoms, or recent case contact, and had a negative rapid antigen diagnostic test within 3 days before the concert. Participants were randomly allocated in a 2:1 ratio to the experimental group (attendees) or to the control group (non-attendees). The allocation sequence was computer-generated by means of permuted blocks of sizes three, six, or nine, with no stratification. The primary outcome measure was the number of patients who were SARS-CoV-2-positive by RT-PCR test on self-collected saliva 7 days post-gathering in the per-protocol population (non-inferiority margin <0·35%). This trial is registered with ClinicalTrials.gov, NCT04872075.

Findings Between May 11 and 25, 2021, 18 845 individuals registered on the dedicated website, and 10 953 were randomly selected for a pre-enrolment on-site visit. Among 6968 who kept the appointment and were screened, 6678 participants were randomly assigned (4451 were assigned to be attendees and 2227 to be non-attendees; median age 28 years; 59% women); 88% (3917) of attendees and 87% (1947) of non-attendees complied with follow-up requirements. The day 7 RT-PCR was positive for eight of the 3917 attendees (observed incidence, 0·20%; 95% CI 0·09–0·40) and three of the 1947 non-attendees (0·15%; 0·03–0·45; absolute difference, 95% CI –0·26% to 0·28%), findings that met the non-inferiority criterion for the primary endpoint.

Interpretation Participation in a large, indoor, live gathering without physical distancing was not associated with increased SARS-CoV-2–transmission risk, provided a comprehensive preventive intervention was implemented.

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Introduction

The COVID-19 pandemic has halted all major gatherings in enclosed environments without physical distancing. As its incidence was surging worldwide, and evidence accumulating on the transmission risk from asymptomatic carriers and airborne droplets, most health-care authorities banned mass, indoor gatherings in early 2020. Mass-gatherings have led to further spread of SARS-CoV-2 at community and national levels.1–4 Early so-called super-spreader events, with no mask-wearing and activities favouring high aerosol production (eg, choirs, nightclubs, and religious meetings), were reported in venues poorly ventilated or with recirculated air. Because live indoor concerts with a standing audience meet all those conditions, they were identified as highly risky environments for spreading SARS-CoV-2. The French government decreed a general ban on gatherings of greater than 5000 people on Feb 28, 2020, which was subsequently extended to all gatherings on March 17, 2020. The events industry has come to a standstill, with major economic and psychological consequences, especially among the youngest. After 15 months of closure, and with highly efficient vaccines available, the question of reopening concert halls has emerged.

Several experiments in Germany, the Netherlands, the UK, and Spain, tried to define optimal interventions to prevent SARS-CoV-2 spread during events without physical distancing.5–9 Most were observational, except...
Research in context

Evidence before study
Since February, 2020, the COVID-19 pandemic has put a stop to most major gatherings without physical distancing in enclosed environments. Very few studies have attempted to define optimal conditions for holding such events again. In July, 2021, we searched PubMed, using the search terms “COVID-19”, “mass-gathering”, and “prevention”. The search found six studies, mainly observational. One single randomised controlled trial, done during an indoor live concert in Barcelona in December, 2020, provided preliminary evidence that same-day rapid antigen diagnostic testing and N95 mask wearing would prevent transmission. However, the number of participants was greatly restricted, and some logistic problems were encountered in implementing testing on the event day, making that approach difficult for larger events.

Added value of this study
The SPRING (Study on Prevention of SARS-CoV-2 Transmission at a Large Indoor Gathering) is, we believe, the first randomised, controlled trial testing the hypothesis that systematic SARS-CoV-2 screening within the 3 days preceding the event and simple medical mask wearing by participants can prevent SARS-CoV-2 transmission for concerts held in enclosed spaces, at full capacity, with a standing audience. Overall, 6678 participants were randomly assigned (4451 in the experimental group and 2227 in the control group). The trial showed that participating in such an event was not associated with an increased risk of SARS-CoV-2 transmission.

Implications of all the available evidence
The results of the SPRING trial shed light on the conditions required to resume live concerts and other indoor mass-gatherings. Until herd immunity is achieved and in a context of ongoing circulation of highly transmissible SARS-CoV-2 variants, resumption of cultural activities can be envisaged, provided a comprehensive preventive intervention, including testing within 3 days preceding the event and mask wearing, are implemented.

Methods
Study design and participants
This prospective, open-label, non-inferiority randomised (2:1) controlled trial was done during a live indoor concert on May 29, 2021 held in the Accor Arena, Paris, France. All participants were recruited via official (Public Assistance—Paris Hospitals [APHP] and PRODISS) and non-official media (Twitter, Facebook, Linkedin, artists websites, and social networks), leading them to a dedicated website. Participants, randomly drawn from that website, were invited to a pre-enrolment visit during the 3 days preceding the event at the concert venue, where 116 clinical research assistants verified their eligibility. Adults aged 18–45 years, residing in the Paris region, with no relevant comorbidities, not living with older or at-risk people, and a negative SARS-CoV-2 RADT within the 3 days preceding the event, were eligible. The nasopharyngeal swabs SARS-CoV-2 RADT were done on participants by healthcare professionals, with results transmitted within 15 min, by an automatically generated text message. SARS-CoV-2–positive participants were entered into the national contact-tracing programme. Participants reporting COVID-19–suggestive symptoms, or contact with a laboratory-confirmed infection within the 14 days preconcert were excluded. Detailed inclusion and non-inclusion criteria are provided in appendix 2 (p 2). The trial protocol was approved by the Scientific Ethics Committee of the Sud-Ouest and Outremer Regions of France and the French Data-Protection Agency and was registered on ClinicalTrials.gov (NCT04872075). All participants provided written informed consent.

Randomisation and masking
Test-negative participants were enrolled and randomly assigned in a 2:1 ratio to be in the experimental group (attendees) or in the control group (non-attendees). The allocation sequence was computer-generated by means of permuted blocks of sizes three, six, or nine, with no stratification. The allocation sequence was concealed from the research team assigning participants to groups and randomisation was achieved by means of a centralised, secure, interactive, web-response system (Cleanweb, Telemedecine Technologies SAS, Boulogne-Billancourt, France). Study participants were informed of their randomisation group by text message and email within 24 h of their inclusion. Participants allocated in the experimental group returned to normal life after the event. At the time of event, mask wearing was mandatory outdoors and indoors and a curfew was imposed at 2100 h. This was an open-label study in which both participants and investigators knew to which groups participants had been randomly assigned.

Procedures
Before entering the arena, attendees presented their negative RADT results. At the entrance gates, all received
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a medical face mask, mandatorily worn throughout the event, and hand-sanitiser was required, with sanitiser available at multiple sites inside. Water bottles were distributed, with mask removal allowed only for drinking. Bars were closed and alcoholic beverages were not permitted. In-arena movements were directed and controlled by the security team.

The arena’s total area is 55,000 m², for maximal capacity of 20,000 attendees (12,300 seated, 5,700 standing on the floor, and 2,000 elsewhere). During the event, only the floor was accessible to participants (19,000 m²). Ventilation was supplied by eight air-handling units working with 100% outside air, and no recirculated air. Ventilation was located in the arena floor and in all the parts receiving the public (box seats, corridors, staircases, and restrooms) and was initiated at least 3 h before the entry of the public on site. The system is sized to ensure air renewal in situations where the concert hall is opened at full capacity (20,000 attendees). Considering that less than 5,000 participants were present during the event, the ventilation can be considered as optimised. No physical distancing was required in the concert room (full capacity of the floor arena was 5,700); singing and dancing were permitted.

Doors were open from 1600 to 2000 h for the 2·5 h show, included two performances: one DJ session and one live music. All artists and staff members (n=525) were tested for SARS-CoV-2 within the 3 days preceding the event and were not tested at follow-up. All randomly assigned participants were given two self-saliva-collection kits. The first, collected on event day (day 0), was returned by attendees at the gate and mailed in prepaid envelopes by non-attendees; the second, collected on day 7 (ie, day 6–day 15 window) post-event, was mailed by all participants in prepaid envelopes. All samples were centralised and processed at the high-throughput platform of the Assistance Publique–Hôpitaux de Paris. All participants tested positive were covered by the different cameras was summed by crosslinking the data corresponding video-recording times. The percentage of adequately masked faces was calculated per 5-min increments. The overall statistic was calculated over the total 4-h period. Subanalyses were computed by considering only circulation-area or arena-floor cameras.

Outcomes

The primary outcome was the number of SARS-CoV-2-positive RT-PCR tests on self-collected saliva at day 7 (ie, day 6–day 15 window) post-gathering according to the viral RNA kinetic and to the protocol of previous similar studies. This was analysed for the per-protocol population (complete case analysis), which included all randomised, eligible participants without any major protocol deviations. Major protocol deviations were missing day 7-saliva RT-PCR result, day 7-saliva swab obtained outside the day 6–day 15 window, double randomisation and attendees who did not come. The main analysis yielded the absolute positivity-rate differences 95% CI between the two groups.

The secondary outcomes were the conversion rate of salivary carriage between the day 0 and day 7 visits and the percentages of adequately masked (nose and mouth covered) faces over the total 4 h period gathering and according to location in the venue calculated by means of an artificial intelligence tool analysing anonymised, continuous video-capture data.

Statistical analysis

We hypothesised that concert attendance in a closed arena would not engender increased risk of SARS-CoV-2 contamination compared with non-attendees, whose expected COVID-19-incidence rate 1 week later would not exceed 200 per 100,000 inhabitants (appendix 2 p 4). To satisfy the non-inferiority hypothesis, the upper limit of the two-sided 95% CI of the absolute difference
of contamination rates (ie, attendees minus non-attendees) had to be less than 0·35%. That non-inferiority margin was chosen as the maximum clinically acceptable difference. According to a 2:1 ratio and assuming equal contamination rates in both groups, 4500 attendees and 2250 non-attendees provided 85% power. By anticipating 10% loss-to-follow-up rate for the primary endpoint, it was planned to randomly assign 5000 attendees and 2500 non-attendees. Non-inferiority intention-to-treat (ITT) and sensitivity analyses assessed result robustness (appendix 2 p 4). The Miettinen and Nurminen method implemented in the gsDesign package was used to construct CIs of the difference in contamination rates as well as for those of the incidence rate ratios (IRRs).19

Categorical data are expressed as numbers (percentages) and continuous data as median (IQR).

Statistical analyses were computed with R-4.0.3 software and the gsDesign package. This trial is registered with ClinicalTrials.gov, NCT04872075.

Role of the funding source
The funders had no role in the study design or conduct of the trial, and had no role in data collection, data analysis, writing of the report, or the decision to submit for publication.

Results
Between May 11 and 25, 2021, 18845 individuals registered on the dedicated website, and 10953 were randomly selected for a pre-enrolment on-site visit. Among 6968 individuals screened for eligibility, 10953 were randomly assigned to be attendees and 2250 non-attendees; 376 (8·4%) did not attend and 158 (3·5%) had major protocol deviations, with the result that the primary analysis concerned 3917 attendees.

Major protocol deviations of 280 (12·6%) non-attendees left 1947 for primary outcome assessment.

The median age of primary analysis participants was 28 years (IQR 24–35); 59·0% were females (table). 43·1% of participants were vaccinated with one dose and 7·2% with two doses. Median (IQR) of days between first dose and inclusion was 14 days (7–26) and between second dose and inclusion was 26 days (16–46). Among the 5864 participants, 335 (5·7%) had received two doses at least 14 days previously and were considered fully protected.

Baseline characteristics of the randomised intention-to-treat population are provided in appendix 2 (p 6).

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Day 7 RT-PCRs were positive for eight of the 3917 attendees (observed incidence 0·20%; 95% CI 0·09 to 0·40) and three of the 1947 non-attendees (0·15%; 95% CI 0·03 to 0·45). The 95% CI of the positivity-rate absolute difference between attendees and non-attendees groups was −0·26% to 0·28%. The upper limit of that CI did not exceed the prespecified, non-inferiority margin...
(0·35%), thereby confirming non-inferiority. The IRR was estimated to be 1·33 (95% CI 0·38 to 4·60).

Among 14 participants with positive saliva at day 0 and available sample at day 7, eight (57%; 95% CI 29 to 82) were negative on day 7, suggesting that they were at a late stage of infection (and not detected by the RADT; appendix 2 p 10). Five of eight attendees with day 7-positive RT-PCRs had already been RT-PCR–positive on day 0, thereby excluding their contamination during the concert. But cycle threshold values decreasing between day 0 and day 7 suggest that they were at the onset of infection with a potential risk of transmission to others attendees during the concert. Clinical characteristics and day 0 test and day 7 test results of RT-PCR-positive participants are reported in appendix 2 (p 7).

Post-event, six participants reported mild COVID-19-suggestive symptoms (four attendees and two non-attendees). None with RT-PCR-positive saliva required hospitalisation.

Non-inferiority ITT analysis of five imputed datasets and sensitivity analyses confirmed the primary analysis conclusion: all 95% CI upper limits were below the 0·35% non-inferiority margin (appendix 2 p 9). Viral subtyping and the transmission analysis cluster are presented in appendix 2 p 10.

Throughout the event, the computer algorithm detected 33 349 faces; 28 302 (85%) were classified as no mask, inadequate, or adequate. Overall median mask-wearing compliance was estimated at 91·4% (95% CI 87·7 to 95·4): 90·0% (76·5 to 94·8) on the arena floor and 97·4% (74·1 to 99·9) in the lobby and staircases, and remained stable over the 4 h period (figure 2).

### Discussion

In an indoor arena in which the audience tested negative, showed high compliance with medical mask wearing, and ventilation was optimised, transmission of SARS-CoV-2 was rare. Eight of the 3917 attendees became infected, compared with three of the 1947 non-attendees, thereby confirming the absence of transmission risk. Overall mask-wearing compliance, estimated with a computer algorithm, was 91·4% throughout the 4 h event.

To our knowledge, no randomised controlled trial enrolling so many participants with sufficient statistical power to estimate transmission risk at a live indoor concert has been reported. Several published, mostly observational, studies have attempted to define optimal conditions for reauthorising such gatherings: upstream SARS-CoV-2 testing, mandatory facemasks, optimal ventilation, encouraging hand-sanitiser use, surface cleaning, and flow management during the event. An experimental event in Leipzig, Germany, in August, 2020, including 1212 participants and applying three hygiene concepts (all testing negative, wearing N95 masks, and different seating patterns) showed that seated indoor events, with implemented precautions and adequate ventilation, had little effect on SARS-CoV-2 spread.14

To date, only one much smaller (n=465) randomised controlled trial of an indoor live concert in Barcelona, Spain, in December, 2020, evaluated the efficacy of a comprehensive preventive intervention on the basis of a systematic same-day RADT-screening of attendees, compulsory N95 facemask wearing, and adequate site ventilation.15 That trial provided preliminary evidence of point-of-care RADT-screening, mask wearing, and air-ventilation efficacy at preventing SARS-CoV-2 transmission during an indoor mass-gathering event. Those authors’ observational study, on 5000 attendees under the same hygiene procedures on March 27, 2021, had an observed 0·13% incidence rate among attendees (six positive among 4584 within the 2 weeks post-gathering) similar to the background population based on public health records.15 That result confirmed their

![Figure 2: Overall mask-wearing compliance during the gathering](image-url)

Red circles represent the percentages of adequately masked (nose and mouth covered) faces, calculated for increments of 5 min. Red vertical lines represent the 95% CI for each value.
randomised controlled trial outcome on a real-life number of attendees but the observational design precluded drawing definitive conclusions.

However, RADT implementation for all attendees on the concert day proved to be a major logistic problem, making it unenforceable for larger events. Furthermore, N95 masks are usually restricted to professional use, and might be uncomfortable and inappropriately worn by the general public, particularly over extended periods and during concerts.

The strengths of our RCT were inclusion of quasi-full capacity (n=4451) participants at a single event; RADT-screening within the 3 days preceding the event, rather than day 0; required medical mask wearing (not N95); and the very challenging obtention of day 7-nasopharyngeal and saliva samples,15,20,21 being only able numbers were low. RADTs are less sensitive than RT-PCR no effect on the risk of false-negative results but the case screening on pre gathering day −1, day −2, or day −3 had early infection or a lower RADT sensitivity. RADT-screening on preconcert, RADT-negative attendees were also positive on day 7. The false-negative RADT-screening could reflect very high day 7-test-adhesion rates owing to incentives, text messages, phone reminders, gifts, and easy-to-collect and mail saliva samples. Retrieval of saliva samples was actually a major challenge to ensure success of the experiment. All participants were reminded to return their saliva samples by automatic text messages and emails on day 3, day 6, day 8, and day 10. Additionally, the clinical research team individually contacted those who had not sent their day 0 and day 7 samples by phone on day 8–day 9 (n=3026 including the 704 participants who were lost to follow-up).

Notably, day 0-saliva RT-PCRs to estimate the number of participants already positive showed that five of the eight preconcert, RADT-negative attendees were also positive on day 7. The false-negative RADT-screening could reflect very early infection or a lower RADT sensitivity. RADT-screening on pre gathering day −1, day −2, or day −3 had no effect on the risk of false-negative results but the case numbers were low. RADTs are less sensitive than RT-PCR on nasopharyngeal and saliva samples,15,20,21 being only able to estimate infectious people, except for 1 or 3 days post-infection, whereas RT-PCRs remain positive for several weeks after the infectious period.22 Pertinently, whole SARS-CoV-2 genome-sequencing examined whether day 7 RT-PCR-positive attendees were contaminated with the same strain.23 The absence of transmission clusters, based on phylogenetic analyses, was confirmed for the five attendees with available sequences, but this result was limited by a low number of cases. Contact tracing did not show other contamination risk (such as public transport) in the positive participants in either group, but at the end of May, 2021, the curfew shifted from 1900 h to 2100 h, restaurants opened outdoors with no more than six people, gatherings with more than 10 people were banned, and mask wearing was mandatory outdoors and indoors. Epidemiological and contact tracing data with phylogenetic analysis or, more recently, mobility data demonstrated the role of mass gathering events as predominant initial sources of cases.24

The non-inferiority analyses confirmed the primary analysis finding and reinforced the absence of enhanced virus-transmission risk. Moreover, primary analysis incidence rates for the two participant groups were similar (0·20% for attendees and 0·15% for non-attendees), and were consistent with the concomitant, age-standardised, 14-day, cumulative incidence rate of 190 cases per 100 000 Paris-region inhabitants.

Mask wearing is now recognised as a major measure preventing SARS-CoV-2 transmission, including in community settings.23 However, adequate mask-wearing compliance (ie, covering nose and mouth) by the general public over a prolonged period has rarely been assessed.26 In health-care settings, compliance estimation typically relies on direct observation of health-care personnel by trained investigators (practice audits), whereas community studies analysed airport video-surveillance-footage photographs.27,28 However, such evaluations of large populations encounter logistical difficulties because manual counting by observers is unfeasible. Artificial intelligence technology was used in the Paris subway to study people’s mask-wearing compliance on continuous captured-video data, but the special lighting effects of a live concert had not been attempted previously. Our results showed that overall mask-wearing compliance was high (estimated at 91·4%) and stable over the 4 h gathering. Interestingly, compliance was 90·0% on the floor (probably reflecting some breaks in order to drink), and 97·4% in the lobby and staircases during arena entry and exit. Medical masks efficiently prevented SARS-CoV-2 diffusion on the arena floor from the five saliva-positive attendees.

Our study has some limitations. First, participants’ behaviour might have been modified because camera observation during this test concert was known. This phenomenon, intrinsic to clinical trials, can limit result extrapolation to a real-life scenario. Nevertheless, outdoor and indoor mask wearing was mandatory during the event and attendees were quite compliant awaiting entry. Notably, half the attendees had received at least one vaccine dose during the preceding 2 weeks, whereas the country-level anti-COVID-19 vaccination rate (one dose) was around 30% in the same age-range. That observation suggests attendees’ awareness of hygiene protocols necessary to recover normal life activities. The rate of fully vaccinated people was 7-2% and similar between groups. The greater the proportion of immunisation, the lower the incidence of SARS-CoV-2 transmission during the gathering will be. Second, the infection incidence in France was decreasing in late May, 2021 and most infections were due to the SARS-CoV-2 alpha variant, less transmissible than the delta variant, which is circulating worldwide. Nevertheless, antigen testing accurately detects the delta variant and mask wearing seems efficient to prevent transmission, suggesting that the two main preventive measures would remain effective. However, a study published in 2021 reported that the delta variant had a shorter incubation period and a higher viral load compared with
of the original strain, suggesting that people might start spreading the virus earlier after they become infected.\(^9\) Antigen testing within 3 days preceding the gathering might not be enough to prevent the transmission during the concert. Further studies on preventive measures during large gatherings are needed, which account for the highly transmissible emerging variants, to confirm our results. Third, the statistical analyses done in this study also have limitations, in particular on the choice of analysis populations. Although, the primary and sensitivity analyses explore many scenarios in the dataset, these analyses excluded participants on the basis of post-randomisation information (i.e., major protocol deviations or missing data for the primary outcome), which cannot guarantee the presence of collider bias.\(^8\) For example, the exclusion of participants who have not returned their saliva samples might have led to an erroneous estimation of the SARS-CoV-2 positivity rate in either direction. To overcome the methodological limitations of per-protocol analysis sets and in accordance with the statistical analysis plan, we also provide the results obtained in the ITT population. However, contrary to superiority trials, ITT analyses in non-inferiority trials could be less conservative and tend to bias the results towards the alternative hypothesis. In addition, the imputation method used might also influence the conclusions. Per-protocol and ITT analyses could have methodological bias; however, all the analyses done in this study concluded non-inferiority, which suggest the robustness of our results (supplemental references, appendix 2 p 5). Fourth, cluster randomisation might have improved the attendance rate, since 8-5% of the designated group did not attend. Finally our study has been done for healthy young people whereas superspreading outcomes could be different for another population.\(^1,2\)

In conclusion, our results shed light on the conditions required to resume live concerts and other indoor mass-gatherings. Until herd immunity is achieved, our findings showed that participation in a large, indoor, live concert without physical distancing was not associated with heightened SARS-CoV-2-infection risk, provided comprehensive preventive measures were implemented. In the context of low circulation of SARS-CoV-2, it is now possible to envisage resumption of cultural activities applying health-protocol adaptations. In the case of highly transmissible variants with shorter incubation period, mask wearing should be maintained. Immunisation coverage, not studied here, might also affect the control of the viral circulation during large gatherings.

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