Early evaluation of a next-generation surgical system in robot-assisted total laparoscopic hysterectomy: A prospective clinical cohort study

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Abstract
Introduction: This study aimed to demonstrate the safe and effective use of the Versius surgical system (CMR Surgical, Cambridge, UK) in robot-assisted total laparoscopic hysterectomy. This surgical robot was developed iteratively with input from surgeons to improve surgical outcomes and end-user experience. We report data from the gynecology cohort of an early clinical trial designed in broad alignment with IDEAL-D (Idea, Development, Exploration, Assessment, Long-term follow-up – Devices) stage 2b (Exploration).

Material and methods: The study is registered in the Indian clinical trials register (CTRI/2019/02/017872). Adult women requiring total hysterectomy who provided informed consent and met the eligibility criteria underwent procedures at one of three hospitals in India. Five surgeons performed robot-assisted total laparoscopic hysterectomies using the device from March 2019 to September 2020. The primary endpoint was rate of unplanned conversion to conventional laparoscopic or open surgery. Adverse events were adjudicated by an independent clinical events committee using endoscope video recordings and clinical notes.

Results: In total, 144 women underwent surgery (median age: 44 years [range: 28–78]; median body mass index 25.8 kg/m² [range: 14.3–47.8]). The rate of unplanned conversion to conventional laparoscopy was 2/144 (1.4%); neither conversion was device related. No surgery was converted to open. In total, 13 adverse events occurred among seven (4.9%) patients, comprising seven serious adverse events and six adverse events. One serious adverse event was deemed device-related. Two patients were readmitted to hospital within 30 days; both made a full recovery. No patients died within 90 days of surgery.
Conclusions: The device provides a safe and effective option for total laparoscopic hysterectomy; these findings support its continued implementation in larger patient cohorts and expansion in other major minimal access indications.

**KEYWORDS**
clinical trial, gynecology, minimal access surgery, robot-assisted surgery, robotic surgical system, surgical robot

1 | INTRODUCTION

Minimal access surgery (MAS) offers numerous advantages to patients requiring gynecological procedures. Substantial hospital cost savings have been projected with MAS because complication rates are lower than with open surgery. However, surgeons performing MAS face extensive learning curves.

In conventional MAS, constrained instrument movements and wrist articulation, tremor transmission, and two-dimensional visual display make the surgical steps requiring precision especially challenging. Conventional MAS may also be physically detrimental to surgeons because of the inherent ergonomic challenges. Robot-assisted surgery offers improved dexterity, precision, and three-dimensional visualization and can extend MAS feasibility for patients with complex pathologies or higher body mass indices (BMIs).

Versius (CMR Surgical, Cambridge, UK), a next-generation robotic surgical system, aims to improve patient outcomes and end-user experience. The device comprises practical-sized mobile bedside units to provide maximum flexibility in the operating room (OR). Each wristed instrument has seven degrees of motion inside the patient and is supported by a flexible, human mimic robotic arm. This level of instrument articulation provides flexibility in port placement, which may be particularly advantageous for patients with different BMIs. The surgeon can operate in a seated or standing position, and the system features an open-console design, negating some of the ergonomic challenges associated with conventional MAS without limiting communication between the surgeon and the surgical team. Further, the controller handgrip was based on that of a games console for optimal ergonomic design.

The device was developed in broad alignment with the IDEAL-D (Idea, Development, Exploration, Assessment, Long-term follow-up – Devices) recommendations throughout its evolution. First, its design was based on testing by and feedback from end users to better meet their needs, and usability was demonstrated early in the development process. Several procedures were then successfully performed in cadaver and live porcine studies, and a purpose-designed training program was validated. A small number of first-in-human minor surgeries were then safely completed.

This prospective, early clinical study broadly aligns with stage 2b (Exploration) and aimed to provide a full device safety and performance analysis from a larger cohort of more than 120 women requiring total laparoscopic hysterectomy.

2 | MATERIAL AND METHODS

2.1 | Surgeons

The participating surgeons were accredited, practicing, high-volume consultant gynecology surgeons with extensive experience in MAS. Surgeons had no prior experience using other robotic systems and had limited or no experience using this robotic device in humans prior to the clinical trial (two or fewer cases per surgeon). In accordance with the training protocol, all participating surgeons completed approximately 10 h of online training and a minimum 6 h of simulator training and passed the validated 3.5-day training program immediately prior to the start of the study. Surgeons completed procedures at two study sites in Maharashtra, India: the Deenanath Mangeshkar Hospital and Research Center (March 12, 2019, to January 24, 2020) and the HCG Manavata Cancer Center (October 30, 2019, to January 20, 2020). Following a regulatory request for “final finished device” data, an additional 25 cases were performed as part of a bridging study completed at both centers and at an additional third center (because of the COVID-19 pandemic), the Healing Hands Clinic, Pune, Maharashtra, India, between August 24, 2020, and September 04, 2020.

2.2 | Patients

Eligible women requiring total hysterectomy, aged ≥18 years, and able to provide informed consent were prospectively enrolled in the study. Exclusion criteria included pregnancy and any of the following...
conditions: uncontrolled hypertension and/or diabetes mellitus (blood glucose concentration >200 mg/dl), known presence of regional and/or distant metastases, medical instability prior to surgery, and any obvious contraindications to abdomino-pelvic surgery. Patients were excluded if their physical status was American Society of Anesthesiologists (ASA) class III or higher. In June 2020, this exclusion criterion was changed to ASA class IV or higher to extend eligibility once several procedures had been safely performed. Eligible participants were identified from study hospital surgical lists and approached directly by their surgeon or clinical team. After being provided with relevant study information, patients provided written informed consent to participate in the study, and audio-visual consent was recorded for patients who enrolled at the Deenanath Mangeshkar Hospital and Research Center.

2.3 | Study design

Patients completed pre-operative screening, then underwent total hysterectomy on Day 1 (the surgical procedure steps are provided in Table S1). Perioperative care was uniform across all patients unless adverse events (AEs) occurred. Following surgery, patients were discharged from hospital when deemed safe by the operating surgeon and postoperative care team and were followed-up on postoperative Day 30 (±2 days) and Day 90 (±7 days) via telephone or clinic visit (Figure S1). Patients in the bridging study were followed up to at least Day 30 (±2 days).

2.4 | Device set-up and OR layout

The device consisted of a surgeon console, instrument bedside units (two or three instrument bedside units can be used according to procedure type and surgeon preference; three were used in this study), and one visualization bedside unit (Figure 1A+B). Energy instruments, including a Monopolar Hook and Bipolar Maryland Grasper, were used during the procedures. The most frequently used port positioning and OR layouts are illustrated in Figure 1C+D. The camera port was positioned up to 2 cm above the umbilicus on the midline, with a 5 mm robotic port on the right and left mid-clavicular line, at the level of the umbilicus. A 5–10 mm assistant port was positioned below the umbilicus at the midline. For women with high BMI (≥30 kg/m²), the camera port was positioned below the umbilicus.

**Figure 1** Overview of the device, port positioning, and operating room layout. Schematic representation of the setup of the device (A) and real-world image of the device setup (B); adapted from Haig et al. Common port positioning (C) with corresponding BSU positions (D); adapted from Kelkar et al. The assistant port was for nonrobotic laparoscopic instruments. Umbilicus is where the ML crosses the SUL. Aux: auxiliary monitor; BSU: bedside unit; Console: surgeon console; Endo: endoscope; Instr: instrument; MCL: mid-clavicular line; ML: midline; SUL: supine-umbilical line.
2.5 | Study procedures and evaluations

The primary endpoint was the rate of unplanned conversion of robot-assisted procedures to conventional laparoscopic or open surgery. Secondary endpoints included operative time (from first incision to skin closure), estimated intra-operative blood loss, intra-operative complications, return to the OR within 24 h, length of hospital stay, hospital readmission within 30 days, postoperative complications through 30 and 90 days, and mortality rate at 90 days. Uterine weight was measured postoperatively at a histopathology laboratory. As a standard protocol, length of stay was pre-emptively extended to 4 days for some patients living a long distance from the study site because of transportation limitations if readmission was required.

2.6 | Adverse events

All AEs were adjudicated by an independent clinical events committee (CEC), comprising four members who convened across a series of meetings between October 23 and November 17, 2020 (CEC member details are listed in the Acknowledgements). All postoperative AEs were graded according to the Clavien–Dindo classification, first by the operating surgeon and then by the CEC. 24 Serious AEs (SAEs) included all medical occurrences that were life-threatening or led to death, required hospital admission, prolonged hospitalization, or resulted in persistent disability or permanent damage. Any other AE the CEC deemed “medically significant” was also classified as an SAE.

Prior to the adjudication meetings, each CEC member was provided with detailed information on each AE/SAE, as recorded by the operating surgeon. For SAEs classified by the surgeon, additional information, including ethics committee notifications, follow-up reports, and summary operative and recovery notes, were provided. The CEC then systematically reviewed each AE regarding expect edness (expected/unexpected), seriousness (AE/SAE), and relatedness to the device (not related/possibly related/probably related/related) until consensus. Expectedness was determined based on whether the complication is typically listed on the patient consent form for hysterectomy and in view of the comorbidities present for each patient. If required, the committee had access to endoscope video recordings for all surgeries to aid their review. CEC members “upgraded” the event classification in uncertain cases.

2.7 | Statistical analyses

A sample size of at least 120 women was determined sufficient to estimate conversion rates with satisfactory accuracy, with confidence intervals of an appropriate size; alpha was set at 0.05, and the conversion rate was assumed to be 1.8% based upon a literature search. The inclusion of patients in the bridging study further increased the sample size. Unless otherwise stated, continuous data summaries were used to present the number of observations, the median, and range. Data were collected in SAS format, and all analyses were performed using SAS version 9.4.

2.8 | Ethical approval

This study was reviewed and approved by the Institutional Ethics Committee of the Deenanath Mangeshkar Hospital & Research Center, Erandwane, Pune, Maharashtra, India, on February 23, 2019 (Reference number ECR/15/Inst/Maha/2013/R1-R19), and the Manavata Clinical Research Institute Ethics Committee of the HCG Manavata Cancer Center, Mumbai, India, on October 11, 2019 (Reference number ECR/500/Inst/MH/2013/RR-20). The study is registered in the Indian clinical trials register (CTRI/2019/02/017872). All study activities were performed in compliance with Drugs and Cosmetic Rules 1945-Schedule Y, Indian Council of Medical Research, and ISO14155 standards.

3 | RESULTS

3.1 | Patient disposition and baseline characteristics

Of the 154 consenting women who were screened, 145 were eligible for the study and 144 proceeded to robot-assisted MAS (Figure 2). One patient underwent total hysterectomy and salpingectomy in the same surgery. Although the two procedures were successfully completed using the device without complications or readmission, this patient was excluded from the analysis presented herein as only gynecology procedures were included. A total of 144 women underwent robot-assisted total hysterectomy, of whom two also underwent robot-assisted bilateral salpingo-oophorectomies. The median age was 44 years (range: 28–78), and the median BMI was 25.8 kg/m² (range: 14.3–47.8). The physical status of most patients was classified as ASA class I (114/144; 79.2%), and all others were considered ASA class II (30/144; 20.8%). Common indications included dysfunctional uterine bleeding (n = 46; 31.9%), uterine fibroids/leiomyoma (n = 30; 20.8%), adenomyosis (n = 13; 9.0%), and uterine prolapse (n = 9; 6.3%; Table S2).

In total, 67 women (46.5%) had previously undergone abdominal/pelvic surgeries, one of which was in the previous 12 months. Median uterine weight (n = 41) was 170 g (range 50–600). The demographic and clinical characteristics of the cohort are summarized in Table 1.

3.2 | Intra-operative endpoints

Overall, 142/144 women (98.6%) underwent a successful total laparoscopic hysterectomy using the device (Figure 2). No procedure was converted to open surgery. Two (1.4%) surgeries were completed using conventional laparoscopy. One of the conversions was secondary to a bladder injury, which occurred at the time of anterior colpotomy (Table 2). This was sutured by a urologist who had no
training on the device and therefore used conventional laparoscopy. The CEC determined that this was a recognized (expected) complication of that stage of the procedure and was not related to the device. The second converted surgery was performed on an obese patient (BMI 47.8 kg/m²) who had multiple large uterine fibroids and had previously undergone cesarean section, resulting in an adherent bladder and dense omental adhesions. The combination of these findings led to a very difficult surgery and so, in line with the principles of the IDEAL-D collaboration, the surgeon decided that the safest option for the patient was to convert to their more familiar conventional laparoscopic approach. There were no AEs in this case.

Median time from incision to skin closure was 158.5 minutes (range: 50–385) (Figure 3A). Technical issues with the device (including an instrument not performing and an alarm sounding during surgery) in one surgery led to the longest recorded operative time; this procedure was not converted, and there were no complications or AEs in this patient at any time during the surgery or follow-up period. Median operative time was 191.5 minutes (range: 67–280) for the first 20 cases and 147 minutes (range: 90–273) for the last 20 cases. No patient lost more than 500 ml of blood during their surgery, and blood loss of less than 5 ml was noted in 18 patients (12.5%; Figure 3B). No patient required a blood transfusion during or after surgery.

### 3.3 | Postoperative endpoints

The median length of hospital stay, from admission to discharge, was 3 days (range: 1–9), and the median length of postoperative stay was 3 days (range: 1–9).
3 days (range: 0–7; Figure 3C); 72.2% of patients were discharged within 3 days of their surgery (104/144). The postoperative stay of 7 days for one patient was due to transportation limitations, as the patient lived a long distance from the hospital. This patient had no complications or AEs at any time in the study. No patient returned to the OR within 24 h of their surgery. There were no deaths within the 90-day follow-up period.

3.4 | AEs

Of the 144 women who underwent total hysterectomy, there were 13 AEs in seven patients (4.9%), comprising seven SAEs in five patients and six non-serious AEs in two patients (Table 2). One SAE was determined by the CEC to be related to the device; the surgeon experienced difficulty when suturing, and the patient had a vaginal bleed 25 days later. Consensus was that postoperative vaginal bleeding is a well-described complication of hysterectomy and may have been due to other complications such as infection. This patient was readmitted to hospital within the 30-day follow-up period. All of the other AEs and SAEs were judged as unrelated to the device. The other SAEs included acute urinary tract infection, breathlessness, and diabetic ketoacidosis. The patient with an acute urinary tract infection was the only other to be readmitted to hospital within the 30-day follow-up period, and this patient was readmitted for a second time with the same SAE within the 90-day follow-up period. Left ureteral duplication was found incidentally in one patient and required a separate surgery at a later date (which was classified as an SAE). The SAEs were judged as expected based on the comorbidities for each patient and in line with complications commonly observed following conventional laparoscopic total hysterectomy (which were listed on the patient consent form). The AEs included urinary tract infection, dysuria and increased frequency of micturition, burning sensation in the epigastric region, and lower abdominal pain, none of which were unexpected. The only unexpected AE was tingling sensation in both lower limbs in one patient.

As described, two patients were readmitted to hospital within 30 days of their surgery because of postoperative complications; one of these patients was readmitted for a second time in the 90-day follow-up period. Both patients made a full recovery within the 90-day period.

### Table 2 Adverse events

| Surgery number | AE                                | Days after procedure | Seriousness (AE/SAE) | CDC grade | Converted | Relatedness to device | Expectedness |
|---------------|-----------------------------------|----------------------|----------------------|-----------|-----------|-----------------------|--------------|
| 41            | Acute urinary tract infection     | 16                   | SAE                  | II        | No        | Not related           | Expected     |
| 43            | Vaginal bleeding                  | 25                   | SAE                  | IIIb      | No        | Related               | Expected     |
|               | Left ureteral duplication         | 74                   | SAE                  | IIIb      | No        | Not related           | Expected     |
| 63            | Breathlessness                    | 1                    | SAE                  | IVa       | No        | Not related           | Expected     |
| 88            | Urinary tract infection           | 15                   | AE                   | II        | No        | Not related           | Expected     |
|               | Tingling sensation in both lower limbs | 25              | AE                   | II        | No        | Not related           | Unexpected   |
|               | Lower backache radiating to both lower limbs | 25             | AE                   | II        | No        | Not related           | Expected     |
| 103           | Burning sensation in epigastric region | 5                   | AE                   | I         | No        | Not related           | Expected     |
|               | Dysuria and increased frequency of micturition | 9               | AE                   | II        | No        | Not related           | Expected     |
|               | Pain in lower abdomen             | 10                   | AE                   | I         | No        | Not related           | Expected     |
| 107           | Breathlessness                    | <1                   | SAE                  | IVa       | No        | Not related           | Expected     |
|               | Diabetic ketoacidosis             | 3                    | SAE                  | IVa       | No        | Not related           | Expected     |
| 117           | Urinary bladder injury            | Intra-operative      | SAE                  | NA        | Conventional laparoscopy | Not related | Expected     |

Abbreviations: AE, adverse event; CDC, Clavien–Dindo classification\(^{27}\); NA, not applicable; SAE, serious adverse event.
returned to the OR within 24h of surgery, and the 90-day mortality rate was 0.0%. The rate of hospital readmittance within 30 days was 1.4%. The postoperative vaginal bleed that led to readmission in one patient was determined as related to the device. However, relatedness did not necessarily indicate causation, and the bleed occurred more than 3 weeks after the surgery, possibly due to an infection.

This study provides a full safety and performance evaluation of a novel robotic surgical device in the early clinical setting. All AEs were thoroughly reviewed by the CEC using surgery endoscope video recordings and patient hospital records to ensure independent and consensus-based adjudication with respect to seriousness of events and their relatedness to the device. Independent video analysis allows for complete transparency when evaluating device safety. It is anticipated that post-surgery video analysis or implementation of a "surgical black box" in the OR may become standard practice in the future to objectively assess surgical team performance and identify ways to further improve patient safety.

The rate of operative complications/AEs was comparatively low; in the eVALuate and VALUE studies, the two largest studies to date in women undergoing a conventional laparoscopic hysterectomy, operative complications were observed in 11.1% and 6.1% of patients, respectively. Perioperative morbidity outcomes observed in this early clinical study were comparable to those in data reported in other robot-assisted hysterectomy studies. The median operative time was longer than expected from the published literature, at approximately 2 h 40 min. However, as surgeons and surgical teams had limited prior experience using the device, it took time for them to become familiar with the device and operating setup. Median operative times decreased from the first 20 cases to the last 20. As such, with further surgeon experience and familiarity using the device, it is anticipated that operative times will become shorter. In any case, patient safety is of paramount importance and was the key outcome of this current study.

Alongside its sister general surgery cohort study, this study supports the implementation of the device in more patients and in a greater range of abdominal and pelvic surgeries. Such expansion will continue to follow the IDEAL-D recommendations, proceeding to stage 3 (Assessment), with the explicit aims of demonstrating middle- and long-term clinical outcomes and cost effectiveness. We envisage that continued use and expansion of robot-assisted MAS will improve surgical outcomes for patients, with fewer intra- and postoperative complications than with conventional MAS and open surgery. Robotic assistance in major surgeries may also reduce the overall length of hospital stay, leading to higher case throughput and surgeon availability.

Results pertaining to length of surgery are important, and further clinical series will demonstrate mature use of the device.

FIGURE 3 Operative time, intra-operative blood loss, and length of hospital stay. Operative time from first incision to skin closure (A), estimated intra-operative blood loss (B), length of hospital stay from day procedure performed to patient discharge from hospital (C). For A and C, middle vertical lines represent the medians, left and right box edges represent the first and third quartiles, and lower and upper whiskers extend to the respective lowest and highest values. *Includes patients with estimated blood loss recorded as <100 ml. †Includes patients with estimated blood loss recorded as <500 ml
in relation to these perioperative outcomes. The data collected in this clinical study have been entered into a Versius surgical registry created in alignment with IDEAL-D stage 4 (Long-term study) to enable monitoring of rare events, longer-term outcomes, and quality assurance. The registry will enable continual collection of real-world data to evaluate ongoing patient safety, a crucial aspect for medical device vigilance and postmarket surveillance.

5 | CONCLUSION

This early clinical study demonstrates the safe and effective performance of the device in assisting total laparoscopic hysterectomy. The results support its continued implementation in larger patient cohorts in a wider range of major procedures, in line with IDEAL-D stage 3 (Assessment).

AUTHOR CONTRIBUTIONS

Substantial contributions to study conception and design, substantial contributions to analysis and interpretation of the data, drafting the article or revising it critically for important intellectual content, final approval of the version of the article to be published: MBo, GG, DK, MBa, ED, MS.

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CONFLICT OF INTEREST

ED is a paid consultant for CMR Surgical, and MS is Chief Medical Officer and founder of CMR Surgical. The remaining authors have no conflicts of interest to declare.

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SUPPORTING INFORMATION
Additional supporting information can be found online in the Supporting Information section at the end of this article.

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