Quantum metric contribution to the pair mass in spin-orbit coupled Fermi superfluids

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As a measure of the quantum distance between Bloch states in the Hilbert space, the quantum metric was introduced to solid-state physics through the real part of the so-called geometric Fubini-Study tensor, the imaginary part of which corresponds to the Berry curvature measuring the emergent gauge field in momentum space. Here, we first derive the Ginzburg-Landau theory near the critical superfluid transition temperature, and then identify and analyze the geometric effects on the effective mass tensor of the Cooper pairs. By showing that the quantum metric contribution accounts for a sizeable fraction of the pair mass in a surprisingly large parameter regime throughout the BCS-BEC crossover, we not only reveal the physical origin of its governing role in the superfluid density tensor but also hint at its plausible roles in many other observables as well.

I. INTRODUCTION

Along with the Berry curvature, the quantum metric encodes some of the elusive quantum geometrical properties of not only the modern solid-state materials and condensed-matter systems (e.g., the quantum spin Hall states, and topological insulators and superconductors [12]) but also of the photonics systems (e.g., the gyromagnetic photonic crystals, coupled resonators and waveguides, bianisotropic metamaterials, and quasicrystals [6, 9]), and of the quantum gases (e.g., the Hofstadter and Haldane models, and topological and geometrical charge pumps [2, 12]). Even though both the Berry curvature and the quantum metric characterize by definition the local momentum-space geometry of the underlying Bloch states, they may also be linked with the global properties of the system in somewhat peculiar ways. For instance, the topological Chern invariant of a quantum Hall system is simply determined by an integration of the Berry curvature over its entire Brillouin zone, controlling the Hall conductivity [1, 3]. Likewise, in the context of multi-band superconductors, in addition to the conventional intra-band contribution determined by the electronic spectra of the Bloch bands, the super-fluid (SF) weight has an additional contribution coming from the so-called geometric inter-band processes [14].

Despite a long history of inter-disciplinary interest on a variety of physical phenomena controlled by the Berry curvature [1–12], nature has not so far been as generous in offering the promise of not only the modern solid-state materials and condensed-matter systems (e.g., the quantum and spin Hall states, and topological insulators and superconductors), but also of the photonics systems as well. Along with the Berry curvature, the quantum metric was introduced to solid-state physics through the real part of the so-called geometric Fubini-Study tensor, the imaginary part of which corresponds to the Berry curvature measuring the emergent gauge field in momentum space. Here, we first derive the Ginzburg-Landau theory near the critical superfluid transition temperature, and then identify and analyze the geometric effects on the effective mass tensor of the Cooper pairs. By showing that the quantum metric contribution accounts for a sizeable fraction of the pair mass in a surprisingly large parameter regime throughout the BCS-BEC crossover, we not only reveal the physical origin of its governing role in the superfluid density tensor but also hint at its plausible roles in many other observables as well.

II. SINGLE-PARTICLE HAMILTONIAN AND TWO-BODY PROBLEM

Having a two-component or pseudospin-1/2 Fermi gas with a generic SOC in mind, here we consider a class of single-particle problems that are described by the wave equation $\hat{H}_k|\mathbf{s}\mathbf{k}\rangle = \epsilon_{\mathbf{s}\mathbf{k}}|\mathbf{s}\mathbf{k}\rangle$, for which the non-interacting Hamiltonian density $\hat{H}_k = \epsilon_{\mathbf{k}}\sigma_0 + \mathbf{d}_k \cdot \sigma$ in $\mathbf{k}$ space leads to a couple of energy (helicity) bands that are indexed by $s = \pm$. Thus, the energy spectra of the non-interacting particles can be expressed as $\epsilon_{\mathbf{s}\mathbf{k}} = \epsilon_{\mathbf{k}} + \alpha_{\mathbf{k}}$, where $\mathbf{d}_k = \sum_{\mathbf{i}}d_{\mathbf{k}\mathbf{i}}\hat{\mathbf{i}}$ is the wave vector, $\epsilon_{\mathbf{k}} = k^2/(2m)$ with $\hbar \to 1$ is taken (in this paper) as the usual quadratic dispersion of a free particle, $\sigma_0$ is the $2 \times 2$ identity matrix, $\mathbf{d}_k = \sum_{\mathbf{i}}d_{\mathbf{k}\mathbf{i}}\hat{\mathbf{i}}$ with the magnitude $d_{\mathbf{k}} = |\mathbf{d}_k|$ is the SOC field, and $\sigma = \sum_{\mathbf{i}}\sigma_{\mathbf{i}\mathbf{i}}$ is a vector of Pauli spin matrices. Note that $\hat{\mathbf{i}}$ is the unit vector along the $\mathbf{i}$ direction in such a way that $d_{\mathbf{k}\mathbf{i}}^\dagger = \alpha_{\mathbf{i}}\mathbf{k}$ corresponds to a Rashba SOC when $\alpha_x = \alpha_y = \alpha$ and $\alpha_z = 0$, and to a Weyl SOC when $\alpha_x = \alpha_y = \alpha$ and $\alpha_z = \alpha$. We choose $\alpha \geq 0$ without losing generality.
In the presence of an attractive and short-ranged two-body interaction between an \( \uparrow \) and a \( \downarrow \) particle, its strength \( U \geq 0 \) may be linked to the two-body binding energy \( \epsilon_b \leq 0 \) in vacuum via the relation, \( 2/U = \sum_{\mathbf{k}} 1/(2\mathbf{2k} + \epsilon_{\mathbf{k}} - \epsilon_b) \), where \( \epsilon_{\mathbf{k}} = m^2a^2 \) is the energy threshold for the formation of the two-body bound states.

In addition, for a 3D Fermi gas, the theoretical parameter \( U \) may also be eliminated in favor of the experimentally relevant \( s \)-wave scattering length \( a_s \) via the usual relation, \( 1/U = -mV/(4\pi a_s) + \sum_{\mathbf{k}} 1/(2\mathbf{k}) \), where \( V \) is the volume. While the combination of these relations leads to an implicit equation of the form \( 1/(ma_s) = \sqrt{1 + |\epsilon_b|/(ma^2)} - \ln(\sqrt{1 + ma^2/|\epsilon_b|} + \sqrt{ma^2/|\epsilon_b|}) \) for a Rashba SOC, it leads to \( |\epsilon_b| = 1/(2ma^2 + ma^2 + \sqrt{1/(4ma^2a_s^2) + \alpha^2/a_s^2}) \) for a Weyl SOC where \( \mp \) sign is for the \( a_s \leq 0 \) region. Note that setting \( |a_s| \to \infty \) in these implicit expressions, we find \( \epsilon_b \approx -0.44ma^2 \) for the Rashba SOC and \( \epsilon_b = -ma^2 \) for the Weyl SOC at unitarity. For a 2D Fermi gas, however, eliminating \( g \) via the usual relation \( 1/U = \sum_{\mathbf{k}} 1/(2\mathbf{k} - \epsilon_b) \), we find \( |\epsilon_b| = (|\epsilon_b| + ma^2) \exp[-2\sqrt{ma^2/|\epsilon_b|} \arctan(\sqrt{ma^2/|\epsilon_b|})] \) for a Rashba SOC.

### III. MANY-BODY PROBLEM AND GINZBURG-LANDAU THEORY

Once the formation of all sorts of Cooper pairs, e.g., consisting of \( \uparrow \) particles with \( \mathbf{k} + \mathbf{q}/2 \) momentum and \( \downarrow \) particles with \(-\mathbf{k} + \mathbf{q}/2 \) momentum, is taken into account, the resultant effective action may be approximated as \( S_{eff} \approx S_0 + S_{Gauss} \), where the first (second) term is the saddle-point (Gaussian fluctuation) contribution coming from the stationary (non-stationary) Cooper pairs with zero (finite) center-of-mass momentum \( \mathbf{q} \). Assuming an equal number of particles for the pseudospin components, \( S_0 = \Omega_{mf}/T \) is determined by the mean-field thermodynamic potential \( \Omega_{mf} = -T\sum_{\mathbf{s}} \ln[1 + \exp(-E_{s}/T)] + \sum_{\mathbf{s}} (\xi_0 - E_{s}/2)/2 + U/2 \), where \( T \) is the temperature with \( k_B \to 1 \) the Boltzmann constant, \( \xi_0 = \epsilon_{\mathbf{k}} - \mu \) is the shifted dispersion for the \( s \)-helicty band with \( \mu \) the chemical potential, and \( E_{s} = (\xi_0^2 + \Delta^2)/2 \) is the spectrum of the quasiparticles for the corresponding helicity band. Here, the BCS mean-field \( \Delta = U(\psi_{\uparrow s}^\dagger \psi_{\downarrow s} + \text{H.c.)} \) is taken as a real order parameter without losing generality, where \( \langle \cdot \rangle \) denotes a thermal average over the pair-annihilation operator. The mean-field self-consistency equations for \( \Delta \) and \( \mu \) are \( 1/U = \sum_{\mathbf{k}} \lambda_{s}(2E_{s}/4E_{sk}) \) and \( \mu = \sum_{\mathbf{k}} [1/2 - \xi_0 \lambda_{s}(2E_{sk})] \), where \( \lambda_{s} = \tanh(2E_{sk}/2T) \) is a thermal factor.

In order to derive the Ginzburg-Landau theory describing the low-energy dynamics of the order parameter near the critical SF transition temperature \( T_c \), we restrict our analysis to its vicinity, and calculate the Gaussian contribution \( S_{Gauss} \) to the action by expanding the order parameter field around \( \Delta = 0 \) up to quadratic order in the fluctuations \( 43\,44 \). This leads to \( S_{Gauss} = (1/T) \sum_{\mathbf{q}} \mathcal{L}_{\mathbf{q}} |\lambda_{\mathbf{q}}|^2 \), where \( \mathcal{L}_{\mathbf{q}} \) is the fluctuation field with \( \mathbf{q} \) the momentum of the Cooper pairs and \( \nu_{\ell} = 2\pi T \ell \) the bosonic Matsubara frequency, and

\[
\mathcal{L}_{\mathbf{q}}^{-1} = \frac{1}{U} - \frac{1}{2} \sum_{\mathbf{q}} \left( \lambda_{\mathbf{q}}^+ + \lambda_{\mathbf{q}}^- \right) \left( \xi_{s}^+ + \xi_{s}^- - i\nu_{\ell} \right) \left( 1 - s^2 \mathbf{d}_{s} \cdot \mathbf{d}_{s} \right) \tag{1}
\]

is the inverse fluctuation propagator \( 40\,45 \). Here, \( \lambda_{s}^\pm = \tanh(\xi_{s}^\pm/(2T)) \) is a short-hand notation with \( \xi_{s}^\pm = \xi_{s} + q_0/2 \) for the shifted dispersions, and \( \mathbf{d}_{s} \) is for the unit vectors along the SOC fields \( \mathbf{d}_{s} = \mathbf{k} + q/2 \). Further expanding the inverse propagator at low-momentum (up to second-order) and low-frequency (up to first order in \( \omega \) after the analytical continuation \( \nu_{\ell} \to \omega + i0^+ \)),

\[
\mathcal{L}_{\mathbf{q}} \approx a(T) + \frac{1}{2} \sum_{\mathbf{q}} c_{ij} q_i q_j - d_q \omega + \ldots \tag{2}
\]

we eventually arrive at the celebrated time-dependent Ginzburg-Landau equation \( 38\,40 \). More precisely, the microscopic parameters \( a(T) \), \( d_q \) and \( c_{ij} \) correspond to the coefficients of its quadratic terms, describing numerous properties of the system. We note that the quartic term describes the pair-pair interactions, and it is of no particular interest within the scope of this paper. For instance, the T-dependent coefficient \( a(T) = 1/U - \sum_{\mathbf{s}} \lambda_{s} \xi_{sk}/(4\xi_{sk}) \) gives precisely the Thouless criterion \( a(T_c) = 0 \) for \( T_c \), and the complex number \( d_q = \sum_{\mathbf{s}} \lambda_{s} \xi_{sk}/(8\xi_{sk}^2) + i\pi \lim_{\omega \to 0} \sum_{\mathbf{s}} \lambda_{s} \delta(2\xi_{sk} - \omega)/(4\xi_{sk}) \)

is the coefficient of the time-dependent term with \( \delta(x) \) the Dirac-delta function. While its nonzero imaginary part for \( \mu \geq -ma^2/2 \) reflects the finite lifetime of the many-body bound states, i.e., due to their instability towards decaying into the two-body continuum, its purely real value for \( \mu < -ma^2/2 \) reflects the eventual stability of the two-body bound states that are propagating in time with long lifetimes \( 39\,40 \).

Most important of all, we notice that the coefficient of the kinetic term \( c_{ij} = c_{ij}^{\text{intra}} + c_{ij}^{\text{inter}} \) has two contributions originating from physically distinct mechanisms, i.e.,

\[
c_{ij}^{\text{intra}} = \sum_{\mathbf{s}} \left( \frac{\lambda_{sk} \xi_{sk}}{16\xi_{sk}^2} - \frac{\lambda_{sk}}{32T \xi_{sk}} \right) \frac{\partial^2 \xi_{sk}}{\partial k_i \partial k_j}, \tag{3}
\]

\[
c_{ij}^{\text{inter}} = -\sum_{\mathbf{s}} \left( \frac{\lambda_{sk} \xi_{sk}}{4\xi_{sk}^2} \right) \frac{\partial \xi_{sk}}{\partial k_i} \frac{\partial \xi_{sk}}{\partial k_j}, \tag{4}
\]

where \( \lambda_{sk} = \text{sech}^2[\xi_{sk}/(2T)] \) is a thermal factor, and \( y^i = (1/2) \lim_{\omega \to 0} \partial^2(\mathbf{d}_{sk} \cdot \mathbf{d}_{sk})/(\partial q_i \partial q_j) \) or equivalently \( \delta_{sk} = \partial \xi_{sk}/\partial k_i \cdot (\partial \xi_{sk}/\partial k_j)/2 \) is solely controlled by the details of the SOC field. Here, \( c_{ij} = c_{ij} \) is necessarily symmetric in its indices. The former contribution \( c_{ij}^{\text{intra}} \) has precisely the conventional form arising from the tunneling of the particles within the individual helicity bands, and hence its name intra-band. However, the latter contribution \( c_{ij}^{\text{inter}} \) is due to the tunneling of
the particles between the helicity bands, and hence its name inter-band. Next we show that the inter-helicity contribution has its roots in the quantum geometry of the underlying k space, making its revelation one of our primary findings in this work.

IV. QUANTUM METRIC AND BERRY CURVATURE

First, let us recall that, given a non-interacting multi-band Hamiltonian density \( H_k \), the quantum metric \( g^{ij}_{nk} \) and the Berry curvature \( F^{ij}_{nk} \) of a given Bloch band \( n \) are determined by the real and imaginary parts of the so-called quantum geometric tensor \( Q^{ij}_{nk} = g^{ij}_{nk} - (i/2) F^{ij}_{nk} \) of the projected Hilbert space defined by \( \mathcal{I} = |nk\rangle\langle nk| = (\partial/\partial k_i)(\partial/\partial k_j) \) \[ \mathcal{H} \]. Here, the completeness relation is not for the entire Hilbert space, but limited to the subspace of \( k \) states, in such a way that \( \mathcal{I} = \sum_{n'} |n'k\rangle\langle n'k| \) with \( n' \) summing over all of the available bands. Alternatively, it is numerically much more practical to implement the elements of \( Q^{ij}_{nk} \) tensor in terms of the derivatives of the Hamiltonian density as follows \( Q^{ij}_{nk} = \sum_{n'} (\langle n'k|\partial H_k/\partial k_i\rangle \langle n'k|\partial H_k/\partial k_j\rangle - \langle n'k|\partial H_k/\partial k_j\rangle \langle n'k|\partial H_k/\partial k_i\rangle) |nk\rangle/\epsilon_{n'k} - \epsilon_{nk} |nk\rangle \). This is because, since the eigenstates \(|nk\rangle \) for a given \( k \) are determined up to a random phase factor in a computer program, further computation of the derivatives in the original definition produces determinate factors. Such a numerical ambiguity is clearly avoided by the latter formulation. For the case of the two bands that are described by our generic single-particle problem \( H_k|sk\rangle = \epsilon_{sk}|sk\rangle \), it can be shown analytically that while the quantum metrics \( g^{ij}_{sk} = (\partial \hat{d}_k/\partial k_i) \cdot (\partial \hat{d}_k/\partial k_j)/4 \) are identical for both bands, the Berry curvatures are exactly opposite \( F^{ij}_{sk} = -k^{ij}_{sk} \) of each other with \( k^{ij}_{sk} = (\langle \partial \hat{d}_k/\partial k_i\rangle \times (\partial \hat{d}_k/\partial k_j)) \cdot \hat{d}_k/2 \). Thus, while \( g^{ij}_{sk} \) is a symmetric tensor, \( F^{ij}_{sk} \) is an anti-symmetric one. In addition, the components of the latter tensor are determined by the those of the former up to a k-dependent sign in the following way \( |F^{ij}_{sk}| = (g^{ii}_{sk}g^{jj}_{sk} - g^{ij}_{sk}g^{ji}_{sk})^{1/2} \), where \( g^{ij}_{sk} = \sum_s g^{ij}_{sk} \) is the total quantum metric of the helicity bands appearing explicitly in Eq. (4).

Given the microscopic coefficients \( a(T), d_0 \) and \( c_{ij} \) of the Ginzburg-Landau theory derived above, an effective Gross-Pitaevskii theory for the corresponding Bose gas of weakly-interacting pairs can be obtained upon the rescaling of the fluctuation field as \( \Psi_{\omega q} = \sqrt{\Delta m}_q \). Note that this particular choice transforms the coefficient of the time-dependent term of the Schrodinger one, i.e., it becomes \( \partial \Psi_{\omega q}/\partial t \) in real space \( r \) and time \( t \) \[ \Psi_{\omega q}(r, t) \]. This identification implies that the effective mass tensor of the Cooper pairs is simply given by \( m_B^{ij} = d_0/c_{ij} \) for any given set of parameters, demonstrating the existence of a quantum geometric contribution to the pair mass in general. As the numerical calculation of these coefficients necessitates the self-consistent solutions for \( T_c \) and \( \mu \) in general, one needs to go beyond the mean-field approximation and include the Gaussian fluctuation contribution \( N_{\text{Gauss}} \) to the number equation as the minimal prescription for a reliable description. For its simplicity, next we restrict our analysis to the weakly-interacting BEC limit of small bosonic molecules, whose analytically-tractable nature already illustrates quite convincingly the relative importance of the geometric effects without any reliance on heavy numerics.

V. FATE OF COOPER PAIRS IN THE MOLECULAR BOSE GAS LIMIT

Since this limit is achieved when \( \mu < -ma^2/2 \) and \( |\mu| \gg T_c \), i.e., \( \xi_{sk}/T_c \rightarrow \infty \) for every \( k \), we may simply let \( X_{sk} \rightarrow 1 \) and \( Y_{sk} \rightarrow 0 \) in this limit, offering a tremendous simplification of the problem. For instance, eliminating \( U \) in favor of \( k_b \) and using the Thouless condition \( a(T_c) = 0 \) with \( a(T) = 1 - U - \sum_k (4\xi_{sk}^2)/(4\xi_{sk}^2) \), we find \( |\mu| = (ma^2 + |k_b|)/2 \). In addition, the rest of the coefficients reduce to \( d_0 = \sum_k (1/(8\xi_{sk}^2)) \) for the time-dependent term, and \( c_{ij}^{\text{inter}} = \sum_k (\partial^2\xi_{sk}/\partial (k_i\partial k_j))/|16\xi_{sk}^2| \) for the inter-helicity contribution and \( c_{ij}^{\text{enter}} = -\sum_k sd_0g_{sk}^{ij}/(4\xi_{sk}^2) \) for the inter-helicity contribution to the kinetic term. Note that the derivative \( \partial^2\xi_{sk}/\partial (k_i\partial k_j) = \partial^2\xi_{sk}/\partial (k_i\partial k_j) + s\partial^2d_k/\partial (k_i\partial k_j) \) of the helicity spectrum appearing in the intra-helicity contribution may also be expressed in terms of the quantum metric as follows \( \partial^2d_k/\partial (k_i\partial k_j) = 2d_kg_{sk}^{ij} + \hat{d}_k \cdot \partial^2d_k/\partial (k_i\partial k_j) \). While the latter term vanishes for typical SOCs, the former is in direct competition with the inter-helicity contribution due to the difference in their overall signs. This competition is best seen in Fig. (1) where we find that the intra-helicity (inter-helicity) term has a negative (positive) contribution to the usual result \( 2m/m_B = 1, i.e., when \alpha \rightarrow 0, in all cases considered in this paper.

Prior to presenting our detailed analysis for these coefficients, we note in passing that \( c_{ij} = c_{ij}^{\text{inter}} \), and hence \( m_B^{ij} \), is a diagonal tensor for the Rashba and Weyl SOCs that are considered in this paper. In addition, the critical SF transition temperature \( T_c \) of the resultant weakly-interacting molecular Bose gas in 3D is well-approximated by the critical BEC temperature of a non-interacting Bose gas determined by the usual number equation \( N_B = \sum_q 1/|\exp(\epsilon_{B q}/T_c) - 1| \). Here, \( N_B \) is precisely the pole contribution of the Gaussian fluctuations characterized by the propagator given in Eq. (4). Thus, by plugging \( \epsilon_{B q} = \sum_i q_i^2/(2m_B^i) \) for the low-energy spectrum of our pairs, we find \( T_c = 2\pi N_B/\sqrt{m_B^2\sum q_i^2|\exp(\zeta/3)|}^{1/2} \) with \( \zeta(3/2) \approx 2.61 \) the Riemann-zeta function. Furthermore, by setting \( N_B \approx N/2 \) for the pairs with \( N = k^3/3\pi^2 \) and the Fermi energy \( \epsilon_F = k_F^2/(2m) \), we eventually obtain \( T_c/\epsilon_F \approx 0.218[2m(c_{ij}^{\text{inter}}g_{sk}^{ij})^{1/3}/d_0] \) for our molecular Bose gas. In a weakly-interacting molecular 2D Bose
gas, however, $T_c$ is determined by an analogy with the BKT transition, leading to $T_c = \pi N_B/(2A m_B)$ or equivalently $T_c/\epsilon_F = 0.125(2mc/d_0)$ for the Rashba SOC, where $N = k_B^2 A/(2\pi)$ with $A$ the area.

![Graph of intra-helicity and inter-helicity contributions to the effective mass of the Cooper pairs](image)

**FIG. 1:** (color online) The intra-helicity and inter-helicity contributions to the effective mass of the Cooper pairs $2m/m_B^x = 2m c_{x\alpha}/d_0$ are shown for a molecular Bose gas near $T_c$. Since the weakly-interacting BEC limit is characterized by $\mu < -m\alpha^2/2$ and $|\mu| = (m\alpha^2 + |\epsilon|)/2 \gg T_c$, it is possible to achieve this limit by simply increasing $\alpha$ no matter how small $|\epsilon| \neq 0$ or equivalently interaction strength $U \neq 0$ is. Note that the peak value of the quantum metric contribution coincides nearly with the location of the unitarity in a 3D system, e.g., $|a_s| \to \infty$ when $|\epsilon| \approx 0.44m\alpha^2$ for the Rashba SOC and $|\epsilon| = m\alpha^2$ for the Weyl SOC as discussed in the text.

### A. 3D Fermi gas with Rashba SOC

In the molecular Bose gas limit, we obtain $d_0 = mV\sqrt{2m|\mu|/[8\pi(2|\mu| - m\alpha^2)]}$ for the time-dependent term, and note that while the kinetic coefficient $c_{x\parallel} = c^{\text{intra}}_{x\parallel} = d_0/(2m)$ has no inter-helicity contribution, its in-plane element $c_{xx} = c_{yy} = c_{\perp}$ is isotropic in the $xy$-plane with the following contribution $c^{\text{intra}}_{x\parallel} = d_0/(2m) - mV\sqrt{2m\alpha^2/[64\pi\sqrt{|\mu|}(2|\mu| - m\alpha^2)]}$ from the intra-helicity component, and $c^{\text{inter}}_{x\parallel} = \sqrt{mV\sqrt{2m}(64\pi\sqrt{|\mu|})\ln(|2m/\sqrt{m\alpha^2}/m| - m\alpha^2)}$ from the inter-helicity one. Thus, while $m_B^x = 2m$ is purely an intra-helicity contribution, we find $2m/m_B^{x\text{intra}} = 1 - m\alpha^2/(2|\epsilon| + 2m\alpha^2)$ for the intra-helicity component, and $2m/m_B^{x\text{inter}} = (|\epsilon|/|2|\epsilon| + 2m\alpha^2)\ln(1 + m\alpha^2/|\epsilon|)$ for the inter-helicity one, which are shown in Fig. 1. Using these analytic results, we also conclude that $2m/m_B^{x\text{intra}} \to \{1/2, 0.653, 1\}$ and $2m/m_B^{x\text{inter}} \to \{0, 0.181, 0\}$, respectively, when $1/(m\alpha s) \to \{-\infty, 0, +\infty\}$, such that the fraction of the inter-helicity contribution to the pair mass is 0.217 at unitarity. Note again that $T_c/\epsilon_F \to \{0.0726, 0.188, 0.218\}$ for the same limits.

### B. 3D Fermi gas with Weyl SOC

Similar to the Rashba case, here we obtain $d_0 = mV\sqrt{m|\mu|/[4\pi(2|\mu| - m\alpha^2)^{3/2}]}$ for the time-dependent term, and note that the kinetic coefficient $c_{x\parallel} = c_{yy} = c_{\perp}$ is isotropic in all space with the following contribution $c^{\text{intra}}_{x\parallel} = d_0/2m - mV\sqrt{m\alpha^2/[24\pi(2|\mu| - m\alpha^2)^{3/2}]}$ from the intra-helicity component, and $c^{\text{inter}}_{x\parallel} = \sqrt{V\sqrt{m}(12\pi)}(1/\sqrt{|2|\mu| - m\alpha^2} - 1/\sqrt{2m\alpha^2})$ from the inter-helicity one. Thus, we find $2m/m_B^{x\text{intra}} = 1 - 2m\alpha^2/(3|\epsilon| + 2m\alpha^2)$ for the intra-helicity component, and $2m/m_B^{x\text{inter}} = (4|\epsilon|/3|\epsilon| + 2m\alpha^2) - (4/3)|\epsilon|/(|\epsilon| + 2m\alpha^2)^{3/2}$ for the inter-helicity one, which are again shown in Fig. 1. Using these analytic results, we also conclude that $2m/m_B^{x\text{intra}} \to \{1/3, 2/3, 1\}$ and $2m/m_B^{x\text{inter}} \to \{0, (2 - \sqrt{3})/3, 0\}$, respectively, when $1/(m\alpha a) \to \{-\infty, 0, +\infty\}$, such that the fraction of the inter-helicity contribution to the pair mass is 0.226 at unitarity. Note again that $T_c/\epsilon_F \to \{0.0726, 0.188, 0.218\}$ for the same limits.

### C. 2D Fermi gas with Rashba SOC

In comparison to the 3D SOCs discussed above, here we obtain $d_0 = \{m^2\alpha/(4\pi(2|\mu| - m^2\alpha^2))\}[1/(ma) + \arctan(ma/\sqrt{2m|\mu| - m^2\alpha^2})/\sqrt{2m|\mu| - m^2\alpha^2}]$ for the coefficient of the time-dependent term, and note that the kinetic coefficient $c_{x\parallel} = c_{yy} = c$ is isotropic in all space with the following contribution $c^{\text{intra}}_{x\parallel} =$
pairs accounts for a sizeable fraction of the pair mass in a surprisingly large parameter regime throughout the BCS-BEC crossover. This work reveals not only the physical origin of the governing role played by the quantum metric in the SF density tensor [11,16,23,31] but also hints at its plausible roles in many other observables including the sound velocity, atomic compressibility, spin susceptibility, etc., all of which depend explicitly on the the pair mass. For instance, similar to the non-monotonic evolution of the SF density, which is a direct consequence of the competition between the intra-helicity and inter-helicity contributions at low temperatures [31], we expect non-monotonic evolutions for those observables that are proportional to the kinetic coefficient $c_1$ or equivalently to the inverse of the pair mass $1/m_B$. As a final remark, it is worth pointing out that, even though most of our analysis in this paper is restricted to the spin-orbit coupled Fermi SFs, our starting Hamiltonian density $H_k$ is quite generic and may find direct applications in other two-band systems as well, e.g., in the contexts of quantum spin-Hall effect [32] and superconductivity of Dirac electrons in graphene layers [33].

VI. CONCLUSIONS

In summary, here we showed that the quantum metric contribution to the effective mass tensor of the Cooper pairs accounts for a sizeable fraction of the pair mass in a surprisingly large parameter regime throughout the BCS-BEC crossover. This work reveals not only the physical origin of the governing role played by the quantum metric in the SF density tensor [11,16,23,31] but also hints at its plausible roles in many other observables including the sound velocity, atomic compressibility, spin susceptibility, etc., all of which depend explicitly on the the pair mass. For instance, similar to the non-monotonic evolution of the SF density, which is a direct consequence of the competition between the intra-helicity and inter-helicity contributions at low temperatures [31], we expect non-monotonic evolutions for those observables that are proportional to the kinetic coefficient $c_1$ or equivalently to the inverse of the pair mass $1/m_B$. As a final remark, it is worth pointing out that, even though most of our analysis in this paper is restricted to the spin-orbit coupled Fermi SFs, our starting Hamiltonian density $H_k$ is quite generic and may find direct applications in other two-band systems as well, e.g., in the contexts of quantum spin-Hall effect [32] and superconductivity of Dirac electrons in graphene layers [33].

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