Supplementary figure S1. Distributions of the fitness variables

Sprint 10 meters
K-S d=0.08734, p > .20; Lilliefors p > .20
Expected Normal

20 yards
K-S d=0.05130, p > .20; Lilliefors p > .20
Expected Normal

Reactive strength index
K-S d=0.11107, p > .20; Lilliefors p < .10
Expected Normal

Football specific CODS
K-S d=0.11133, p > .20; Lilliefors p < .10
Expected Normal
Football specific RAG
K-S d=0.0123, p>.20; Lilliefors p>.20
Expected Normal

No. of obs.

X <= Category Boundary

2.2 2.4 2.6 2.8 3.0 3.2 3.4 3.6