Absolute neutrino mass as the missing link to the dark sector

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With the KATRIN experiment, the determination of the absolute neutrino mass scale down to cosmologically favored values has come into reach. We show that this measurement provides the missing link between the Standard Model and the dark sector in scotogenic models, where the suppression of the neutrino masses is economically explained by their only indirect coupling to the Higgs field. We determine the linear relation between the electron neutrino mass and the scalar coupling \( \lambda_\text{s} \) associated with the dark neutral scalar mass splitting to be \( \lambda_\text{s} = 3.1 \times 10^{-9} \ m_\nu / \text{eV} \).

This relation then induces correlations among the DM and new scalar masses and their Yukawa couplings. Together, KATRIN and future lepton flavor violation experiments can then probe the fermion DM parameter space, irrespective of the neutrino mass hierarchy and CP phase.

INTRODUCTION

The identification of cold Dark Matter (DM) – a mysterious particle that according to most cosmological models is five times more abundant in the Universe than ordinary matter – is one of the most urgent challenges in modern physics. Neutrinos as only weakly interacting massive particles in the Standard Model (SM) have the right characteristics of a DM candidate, but are neither cold nor can they, due to their tiny masses, contribute more than a small fraction (between 0.5 and 1.6\%) to the measured total DM relic density [11,2]. Nevertheless the idea that neutrinos and DM might be related is intriguing and has led to an enormous theoretical activity on so-called radiative seesaw models, where the suppression of the SM neutrino masses is due to their only indirect interaction (via DM) with the SM Higgs field [3,5].

While the fact that at least two of the three neutrino flavors are massive has been deduced about 20 years ago from atmospheric [6] and solar [7,8] neutrino oscillations, their absolute masses are still unknown. The KATRIN experiment has recently improved the upper limit on the electron (anti)neutrino mass to 1.1 eV [9] and ultimately aims at a sensitivity of 0.2 eV [10]. This value would rival the cosmological constraint on the sum of the SM neutrino masses of \( \sum \ m_\nu < 0.12 \ \text{eV} \), assuming the ΛCDM model and normal hierarchy (NH), the minimal value allowed by oscillation experiments being 0.06 eV [11]. An inverted hierarchy (IH) is still a possibility, although the long-baseline experiments T2K and NOνA and further evidence from reactor and atmospheric neutrinos favor NH. For the CP phase, T2K and to a lesser degree also NOνA data seem to favor \( 3\pi / 2 \) (\( \pi / 2 \)) for NH (IH) [12].

In radiative seesaw models, the SM neutrinos \( \nu \), even under a discrete \( Z_2 \) symmetry, interact with the (also \( Z_2 \)-even) SM Higgs field \( \phi \) and obtain their masses via a dark (\( Z_2 \)-odd) sector, which contains only a small number of new multiplets (typically up to four new scalar/fermion singlets, doublets or triplets under SU(2)\(_L\)) [4]. In Ma’s famous scotogenic model (see Fig. 1), only one additional scalar doublet \( \eta \) and (for three massive SM neutrinos) three generations of fermion singlets \( N_i \) (sterile neutrinos with \( i = 1, 2, 3 \)) are required [3]. The parameter space is therefore much smaller than, e.g., the one of supersymmetry and can be better constrained with neutrino oscillation data via the Casas-Ibarra method [13], limits on lepton flavor violation (LFV) [14], and measurements of the DM relic density [15]. Nevertheless, these previous analyses found that the dark scalar/fermion masses as well as their scalar and Yukawa couplings could still vary over several orders of magnitude.

In this Letter, we demonstrate that a determination of the absolute electron neutrino mass, which has now come into reach, will provide additional stringent constraints on the dark sector of the scotogenic model in a way that is almost independent of the neutrino hierarchy and CP phase. In particular, we determine the linear relation between the absolute electron neutrino mass and the scalar coupling associated with the mass splitting of the dark neutral scalars. This linear dependence induces correlations among the other parameters of the model, i.e. the DM and scalar masses and their Yukawa couplings, which we can also quantify. Together, current neutrino mass and future LFV experiments can then probe almost the entire fermion DM parameter space.
THE SCOTOGENIC MODEL

In the original scotogenic model, the SM is enlarged with a dark sector containing only two new types of fields, a complex Higgs doublet \( \eta \) and three generations of left-handed SM lepton doublets. We define fermions in terms of Weyl spinors and denote neutrinos \( \lambda \). Note that it is natural for their mass only at one loop (see Fig. 1) via the 3 × 3 matrices of Yukawa couplings \( y \) and the scalar potential

\[
V = m_\phi^2 \phi \phi + m_\eta^2 \eta^\dagger \eta + \frac{\lambda_1}{2} (\phi \phi)^2 + \frac{\lambda_2}{2} (\eta^\dagger \eta)^2 + \lambda_3 (\phi \phi)(\eta^\dagger \eta). \tag{2}
\]

The parameters \( m_\phi \) and \( \lambda_i \) are fixed by the known SM Higgs vacuum expectation value (VEV) \( \langle \phi^0 \rangle = 246 \text{ GeV}/\sqrt{2} \) \( \text{[1]} \) and the LHC measurement of the (squared) SM Higgs boson mass \( m_h^2 = 2\lambda_1 \langle \phi^0 \rangle^2 = -2m_\phi^2 = (125 \text{ GeV})^2 \) \( \text{[10]} \). To ensure that the scalar potential is bounded from below and the vacuum is stable, we must have

\[
\lambda_1 > 0, \quad \lambda_2 > 0, \quad \lambda_3 > -\sqrt{\lambda_1 \lambda_2}, \quad \lambda_3 + \lambda_4 - |\lambda_5| > -\sqrt{\lambda_1 \lambda_2}, \tag{3}
\]

while perturbativity imposes \( |\lambda_{2,3,4,5}| < 4\pi \). The inert doublet \( \eta \) does not acquire a VEV, so that \( \lambda_5 \) induces only self-interactions and decouples from the phenomenology. We set \( \lambda_2 = 0.5 \) without loss of generality. The masses of the charged scalar component \( \eta^+ \) and the real and imaginary parts of the neutral component \( \eta^0 = (\eta_R + i\eta_I)/\sqrt{2} \) are then

\[
\begin{align*}
    m_{\eta^+}^2 &= m_\eta^2 + \lambda_3 \langle \phi^0 \rangle^2, \\
    m_R^2 &= m_\eta^2 + (\lambda_3 + \lambda_4 + \lambda_5) \langle \phi^0 \rangle^2, \\
    m_I^2 &= m_\eta^2 + (\lambda_3 + \lambda_4 - \lambda_5) \langle \phi^0 \rangle^2.
\end{align*}
\]

Note that it is natural for \( \lambda_4 \) and the mass difference \( m_R^2 - m_I^2 = 2\lambda_5 \langle \phi^0 \rangle^2 \) to be small, since if \( \lambda_5 \) was exactly zero, it would induce a conserved lepton number and massless neutrinos \( \text{[17]} \). Following previous work \( \text{[15]} \), we scan over the range \( 10^{-12} < |\lambda_5| < 10^{-8} \). For vanishing \( \lambda_3 \), the LEP limit on charged particles \( \text{[18]} \) implies a lower limit on the scalar mass range \( m_\eta \in [0.1; 10] \text{ TeV} \), which we also employ for the sterile neutrino masses \( m_{\nu_i} \). As \( m_\eta^2 \) dominates over \( \langle \phi^0 \rangle^2 \) in much of the parameter space, the scalar couplings \( \lambda_3 \) and \( \lambda_4 \) will play a subdominant role, and \( \eta^+ \) will be close in mass to both \( \eta_R \) and \( \eta_I \).

EXPERIMENTAL CONSTRAINTS

The SM neutrino mass matrix \( (m_\nu)_{\alpha\beta} = (y^\dagger \Lambda y)_{\alpha\beta} \) can be written in a compact form using the Yukawa matrix \( y \) and the diagonal mass matrix \( \Lambda \) with eigenvalues

\[
\Lambda_i = \frac{m_{N_i}}{2\pi^2} \left[ \frac{m_{R_i}^2}{m_{R_i}^2 - m_{N_i}^2} \log \left( \frac{m_{R_i}^2}{m_{N_i}^2} \right) - (R \rightarrow I) \right]. \tag{5}
\]

It is diagonalized by the PMNS matrix \( U \),

\[
U^\dagger m_\nu U = \tilde{m}_\nu = \text{diag}(m_1, m_2, m_3). \tag{6}
\]

This implies that, for a given set of masses in \( \Lambda_i \), the Yukawa couplings

\[
y = \sqrt{\lambda}_i^{-1} R \sqrt{\tilde{m}_\nu} U^\dagger \tag{7}
\]

can be constrained, up to an orthogonal matrix \( R \) depending on three arbitrary rotation angles \( \theta_i \in [0; 2\pi] \), on top of the perturbativity bound \( |y_{i\alpha}|^2 < 4\pi \) and vacuum stability requirements \( \text{[14]} \), by the measured neutrino mass differences and mixing angles, which we apply at 3\sigma \( \text{[12]} \). When \( \lambda_5 \ll 1 \) and \( m_R^2 \approx m_I^2 \), the SM neutrino mass matrix simplifies to

\[
(m_\nu)_{\alpha\beta} \approx 2\lambda_5 \langle \phi^0 \rangle^2 \sum_{i=1}^3 y_{i\alpha} y_{i\beta} m_{N_i} \left[ 1 + \frac{m_{R_i}^2 - m_{N_i}^2}{m_{R_i}^2 - m_{N_i}^2} \log \left( \frac{m_{N_i}^2}{m_{R_i}^2} \right) \right], \tag{8}
\]

i.e. it is not only bilinear in \( y \), but also linear in \( \lambda_5 \).

We then impose current (and study the constraining power of future) upper bounds on the most important LFV processes

\[
\begin{align*}
    \text{BR}(\mu \rightarrow e\gamma) &< 4.2 \cdot 10^{-13} \quad \text{[20] (2 \cdot 10^{-15} \text{[21]})}, \\
    \text{BR}(\mu \rightarrow 3e) &< 1.0 \cdot 10^{-12} \quad \text{[22] (10^{-16} \text{[23]})}, \\
    \text{CR}(\mu \rightarrow e, T) &< 4.3 \cdot 10^{-12} \quad \text{[24] (10^{-18} \text{[25]})}.
\end{align*}
\]

The branching ratios (BRs) and conversion rates (CRs) depend on the charged scalar and sterile neutrino masses and their Yukawa couplings through dipole/non-dipole form factors and box diagrams \( \text{[14]} \) and are calculated with SPheno 4.0.3 \( \text{[26]} \).

We also restrict the DM relic density with micrOMEGAs 5.0.8 \( \text{[27]} \) to the central value \( \Omega h^2 = 0.12 \) measured by Planck \( \text{[11]} \), allowing for a theoretical uncertainty of 0.02 \( \text{[25]} \). In the standard freeze-out scenario, the relic density results from DM annihilation processes in the early Universe, here of the lightest sterile neutrinos into leptonically final states via charged and neutral scalars in the t-channel. Coannihilation processes, which may occur in fine-tuned scenarios with nearly mass-degenerate scalars and fermions \( \text{[20]} \), are required to contribute less than 1\%. Direct DM detection is theoretically possible at one loop, but is currently beyond the experimental reach \( \text{[31]} \).
NUMERICAL RESULTS

For electron neutrino masses of 1.1 eV to 0.2 eV as currently explored by KATRIN [10], i.e. larger than the minimal \( \sum m_{\nu_i} > 0.06 \) eV, but approaching the cosmological upper limit of 0.12 eV [11], the mass differences, PMNS matrix \( U \) and rotation angles \( \theta_i \) play a subdominant role, and the eigenvalues of the Yukawas matrices \( y_{\alpha} \) take similar values. This is demonstrated in Fig. 2 (grey points), where the ratio \( |y_2/y_1| \) varies over its full range at low \( m_{\nu_1} \), but only by about a factor of two at large \( m_{\nu_1} \). In addition, the LFV processes \( l_\alpha \to l_\beta \gamma \) and \( l_\alpha \to 3l_\beta \) impose upper limits on both \( y_{\alpha} \) and \( y_{\beta} \), limiting their ratio further (blue). Conversely, to obtain the correct DM relic density, the Yukawas must not be too small (green), so that the combination of all constraints leads indeed to \( |y_2/y_1| \sim 1 \) (red points). We have verified that this result is independent of the neutrino mass hierarchy and holds also for the ratios \( |y_3/y_1| \) and \( |y_3/y_2| \).

The linear dependence of the neutrino mass matrix \( (m_{\nu})_{\alpha\beta} \) on the dark sector-Higgs boson coupling \( |\lambda_3| \) in Eq. (8) can then be made explicit by studying the dependence of \( |\lambda_3| \) on the lightest eigenvalue \( m_{\nu_1} \). It emerges in Fig. 3 after imposing LFV (blue), relic density (green) and all (red points) constraints and can be fitted at 90% C.L. to

\[
|\lambda_3| = \begin{cases} 
(3.08 \pm 0.05) \times 10^{-9} & \text{(NH)} \\
(3.11 \pm 0.06) \times 10^{-9} & \text{(IH)}
\end{cases} 
\]

the sign being arbitrary, while below \( m_{\nu_1} = 0.052 \) eV the heaviest neutrino mass dominates and

\[
|\lambda_3| = \begin{cases} 
(1.6 \pm 0.7) \times 10^{-10} & \text{(NH)} \\
(1.7 \pm 1.5) \times 10^{-10} & \text{(IH)}
\end{cases} 
\]

becomes independent of \( m_{\nu_1} \). The dark sector-Higgs boson coupling \( \lambda_3 \) can therefore be predicted, once the absolute neutrino mass scale is known.

Furthermore, with \( m_{\nu_1}/|\lambda_3| \) fixed, the Yukawas in Eq. (8) become correlated with the DM and scalar masses. Since the ratio of the latter is in addition constrained by the relic density \( (m_{R,I}/m_{N_1} \sim 1.5) \), the leading term in Eq. (8) becomes proportional to \( |y_1|^2/m_{N_1} \), which allows us to fit this dependence in Fig. 4 at 90% C.L. as

\[
|y_1| = \begin{cases} 
(0.078 \pm 0.021) \sqrt{m_{N_1}/\text{GeV}} & \text{(NH)} \\
(0.081 \pm 0.012) \sqrt{m_{N_1}/\text{GeV}} & \text{(IH)}
\end{cases} 
\]

FIG. 2. Ratio of Yukawa couplings as a function of the lightest neutrino mass \( m_{\nu_1} \), with mass difference/mixing (grey), LFV (blue), relic density (green) and all constraints (red points).

FIG. 3. The dark sector-Higgs boson coupling \( |\lambda_3| \) as a function of lightest neutrino mass \( m_{\nu_1} \), with LFV (blue), relic density (green) and all constraints (red points).

FIG. 4. Yukawa coupling of the lightest neutrino as a function of the DM mass. The ratio of the neutral scalar over the DM mass is given on the temperature scale.
As we have demonstrated in this Letter, the parameter space of fermion DM in Ma’s scotogenic model is now severely constrained. In particular, an electron neutrino mass measurement would allow to directly predict the dark sector-Higgs boson coupling $\lambda_5$ and to test the complete parameter space of the model in an orthogonal way to LFV, while a DM mass measurement would result in a prediction for its Yukawa coupling to the SM leptons. This is due to the strong mutual constraints inherent in the one-loop diagram (Fig. 1) for neutrino mass generation, which is topologically similar to a penguin diagram mediating LFV and (when cut on the internal fermion line) to DM annihilation. The correlations are absent for scalar DM, i.e. when the diagram is cut on the internal scalar lines, since the scalar doublets can annihilate into weak gauge bosons. The case of scalar-fermion coannihilation has been studied elsewhere \[30\].

Our observations generalize to other scotogenic models such as those with triplet fermions \[32\] and/or singlet-doublet scalars \[33\], where the neutrino mass matrices take forms similar to Eq. (8). However, since the neutral components of electroweak triplets can annihilate into gauge bosons, the Yukawas and LFV processes are generally smaller, so that collider constraints must also be considered \[34\] \[35\].

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**SUMMARY AND OUTLOOK**

As we have demonstrated in this Letter, the parameter space of fermion DM in Ma’s scotogenic model is now severely constrained. In particular, an electron neutrino mass measurement would allow to directly predict the dark sector-Higgs boson coupling $\lambda_5$ and to test the complete parameter space of the model in an orthogonal way to LFV, while a DM mass measurement would result in a prediction for its Yukawa coupling to the SM leptons. This is due to the strong mutual constraints inherent in the one-loop diagram (Fig. 1) for neutrino mass generation, which is topologically similar to a penguin diagram mediating LFV and (when cut on the internal fermion line) to DM annihilation. The correlations are absent for scalar DM, i.e. when the diagram is cut on the internal scalar lines, since the scalar doublets can annihilate into weak gauge bosons. The case of scalar-fermion coannihilation has been studied elsewhere \[30\].

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