Using a single RGB frame for real time 3D hand pose estimation in the wild

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Abstract

We present a method for the real-time estimation of the full 3D pose of one or more human hands using a single commodity RGB camera. Recent work in the area has displayed impressive progress using RGBD input. However, since the introduction of RGBD sensors, there has been little progress for the case of monocular color input. We capitalize on the latest advancements of deep learning, combining them with the power of generative hand pose estimation techniques to achieve real-time monocular 3D hand pose estimation in unrestricted scenarios. More specifically, given an RGB image and the relevant camera calibration information, we employ a state-of-the-art detector to localize hands. Given a crop of a hand in the image, we run the pretrained network of OpenPose for hands to estimate the 2D location of hand joints. Finally, non-linear least-squares minimization fits a 3D model of the hand to the estimated 2D joint positions, recovering the 3D hand pose. Extensive experimental results provide comparison to the state of the art as well as qualitative assessment of the method in the wild.

1. Introduction

Hand pose estimation using markerless visual input is a long-standing problem in the area of articulated object pose estimation. The first efforts to tackle the problem date as early as 1994 [39]. The popularity of the problem as well as new insights and progress towards solving it are steadily increasing in recent years. This interest can be attributed to several factors. Firstly, the introduction of inexpensive RGBD cameras has enabled easy access to relatively high quality depth maps, facilitating the solution of an inherently ill-posed problem. The advent of Augmented Reality and Virtual Reality applications has served as a source of demand for natural user interfaces, fueling the interest in solutions to the problem of hand pose estimation. Finally, the success of deep learning approaches has enabled new levels of accuracy and robustness and lower execution times. Still, despite the significant progress that has been achieved, the problem remains unsolved in its full generality.

This work tackles the problem of recovering, in real-time, the full 3D state of one or more hands, observed from a conventional RGB camera. Specifically, for each hand observed by a calibrated monocular color camera, we seek to estimate the 3D position of 21 pre-defined key points: the base of the palm, the centers of the 15 finger joints and the 5 fingertips. The goal is to estimate these points in real-time or interactive frame rates, allowing the continuous re-estimation of these positions in a stream of images. When performing this task without explicit assump-
tions on the motion of the hands, the approach is commonly referred to as tracking-by-detection [3]. The advantage of such approaches is that they do not require initialization of the tracking process. On the other hand, if the application context permits valid assumptions on the type of motion (e.g., temporal continuity, hands involved in specific activities and motions, etc), then the problem can be treated as a tracking one, facilitating the search in the large space of possible solutions.

There are several interacting factors that make this problem hard to solve [9]. The human hand is very dexterous, and so the problem involves the estimation of more than 20 finger articulation parameters. If the hand moves fast, purely tracking-based methods are prone to track loss. The uniform/textureless appearance of a hand hinders the identification of different parts. Additionally, the hand appearance can vary widely depending on the viewpoint of observation because of articulation, self occlusions, or occlusions from other objects during manipulation.

To deal with these difficulties, different classes of approaches have been proposed. A common categorization (adopted for example in [50]) of methods regards the type of runtime computations: methods that try to fit observed features to synthesized, hypothesized ones are called generative. Methods that pre-compute a mapping from the input data directly to the pose space, typically in a large training step, are called discriminative. Finally, methods that in some way incorporate characteristics of both of these approaches are called hybrid.

In this work we develop a hybrid approach. More specifically, we advocate the use of discriminative, state-of-the-art deep learning networks to solve the problems of 2D hand detection and 2D hand joint localization. On top of the results of these components, we employ generative model fitting that is formulated as a non-linear least-squares optimization problem and solved using the Levenberg-Marquardt optimizer. This approach enables real-time and robust tracking of the full 3D hand pose using conventional RGB input. Experimental results on ground-truth-annotated datasets as well as in youtube videos acquired in the wild show that the proposed approach outperforms state of the art solutions in accuracy and can be used for effective 3D hand pose estimation in real world situations.

2. Related work

The problem of hand pose estimation using visual markerless input is a long standing one in the relevant literature, exhibiting both theoretical interest and important applications. Early works [39] required specialized hardware to achieve real-time performance. Since then, both the available computational power as well as the input modalities have significantly evolved. The first important change happened in 2010 with the introduction of commodity RGBD sensors. The computer vision community has heavily capitalized upon this relatively inexpensive and reliable source of information to improve the accuracy and performance of several problems including body pose and hand pose estimation [33,45,60]. Almost simultaneously with the advent of depth cameras, modern commodity hardware such as GPUs have enabled the practical use of deep learning, yielding a spectacular increase in the accuracy of tasks such as image classification [47]. Thus, extensive efforts have been devoted to the problem of estimating the 3D pose of a single hand observed using a depth sensor, possibly with the aid of a similar-viewpoint color image [6,11–13,16–20,23,24,26,28,30,31,33,35,36,41,44,48–50,55,57–63,67,69,71]. The same trend is also witnessed for the related problem of body pose estimation [14,45,54,56]. However, research on human body pose estimation has been continuously producing approaches that rely only on regular RGB [3,10,27,64,65].

The problem of 3D hand pose estimation and tracking based solely on color input has been studied for at least two decades [4,7,8,32,34,42,43,51–53,72] but has not seen an advancement that is comparable to that of human body pose estimation. Earlier works on monocular RGB suffered from large runtime and low accuracy. The work of Rehg and Kanade [39] required specialized hardware to achieve interactive performance at 10Hz using stereo RGB input. Furthermore, the adopted tracking method did not support hand self-occlusions, limiting considerably the range of manageable hand motions. The work in [8] achieved accurate monocular RGB 3D hand tracking by modeling the observed scene using explicit parametric models for the hand, the lighting, and the background. A sophisticated optimization approach was developed to optimize the parameters, recovering the 3D hand pose. This explicit modeling and optimization however resulted in a computational cost that is prohibitive for real-time applications, even with the evolution of hardware since the introduction of the method in 2011.

In our work, we capitalize upon the robust performance of state-of-the-art deep learning techniques and the power, versatility and effectiveness of generative methods to achieve real-time 3D hand pose estimation that is robust enough to support real-world applications. A similar approach has been followed by [25] but for the problem of 3D pose estimation of the human body. We adopt a three-step pipeline, namely hand detection, 2D key-point localization, and 3D pose estimation. For hand detection, we retrain a state-of-the-art detector [38] to reliably detect hands in interactive frame rates. For the second step, we use the state-of-the-art 2D key-point localization approach from [46]. Finally, for the 3D pose estimation step, we opt for a generative approach, allowing us to explicitly exploit known information such as personalized hand model metrics and camera calibration information. Therefore, our method es-
The closest to our approach is the one by Zimmermann and Brox [72] who also propose a method to estimate the 3D pose of a hand using as input a single color image. They also adopt a three-step pipeline as we do, but propose different solutions for each of these tasks. A striking difference between [72] and our method, is that [72] does not estimate the absolute 3D position of the hand, but rather a scale-normalized pose that is anchored on the palm center. Thus, its applicability in real world scenarios is limited. Other advantages of our approach include its higher accuracy and its faster execution time. The first and last step are faster than the respective ones proposed by Zimmermann and Brox, while still allowing us to exploit the exceptional performance of the “heavyweight” architecture that OpenPose [46] uses for our middle step.

Overall, to the best of our knowledge, the method proposed in this paper in the only one that tackles the problem of monocular, real-time 3D hand pose estimation robustly enough for real-world applications.

3. 3D hand pose from a single RGB frame

The pipeline of the proposed method is illustrated in Figure 2. Starting from a color image as input, we first detect all hands in it. For this task we employ a CNN-based object detector trained to identify hands in the RGB input. The architecture and training method of the network is described in Section 3.1. For each hand in the input image, the detector produces a likelihood estimate and the coordinates of the hand’s bounding box. We proceed to identify 2D joint positions on the detected hand(s) by passing each cropped hand image through a feed forward CNN. This produces heatmaps for the 2D joint locations of the hand which we convert to estimations of the 2D joint locations as described in Section 3.2. The final step (Section 3.3) lifts the 2D joints to 3D. We do so in a generative manner, employing a hand kinematics model and minimizing the distance of each projected model point from the corresponding 2D target point.

3.1. Hand detector

In the recent years, the state of the art in the task of object detection has progressed significantly with the use of convolutional neural networks. Many different architectures [22, 38, 40] have been proposed. These methods achieve impressive results in well-known benchmarks for hundreds or even thousands of object classes. They can also generalize well enough to perform “in the wild”.

For the scope of this work, we are interested in just a limited number of classes and therefore, regarding specifically this aspect, most state-of-the-art methods are adequate. However, it is important to keep runtime low while also achieving a high quality detection rate with an as low as possible number of false positives. To this end we chose to follow the architecture of YOLO v2 [38]. YOLO is a state of the art object detector that has been demonstrated to outperform in detection accuracy more complex network architectures. At the same time, its runtime is low enough to enable its incorporation into realtime pipelines.

The YOLO V2 detector is an evolution of the older version presented in [37]. The changes include the employment of the Darknet-19 architecture which resembles the VGG network architecture [47]. It is a fully convolutional architecture all the way to the last layer. It comprises a total of 19 convolutional layers that along with the max pooling operations reduce the 288 × 288 input image to a score map of size 7 × 7. Additional important changes include the use of batch normalization to speed-up and stabilize the training process, and a careful strategy to select anchor boxes.

A shortcoming of the selection of YOLO V2 in our ap-
plication is the fact that the detection is performed in a local manner, not taking into account contextual information. This hinders the task of differentiating between left and right hands since the network has to decide the “handedness” of a region using the local image information, only. It is conceivable that this task would be improved if the detector took into account the image context.

Our hand detector was adapted from YOLO to have two classes: “head” and “hand”. Having extra information about the location of body parts apart from the hands can be beneficial as an easy way to differentiate between left and right hand and to give clues regarding the tasks that the observed hands are engaged in. We used the pre-trained weights for the convolutional layers from darknet19\(^1\) as initialization for the retargeting process described below.

In order to train our detector we created a dataset, with a total of 13k RGB frames captured in VGA resolution. The dataset contains 12 subjects in different indoor environments. The subjects perform tasks such as typing on a computer, gesturing, and engaging in conversations. The frames were automatically annotated using OpenPose [5]. Before training the network, the dataset was split into a training set of about 12k and a validation set of about 1k frames. The network was trained for 20k iterations. The retrained network achieved a 92.8% detection rate and 1.7% false positive rate on the validation set. Given an input image, the resulting detector can detect the two specified classes as well as their bounding boxes in constant time.

### 3.2. 2D joints estimation

In the last few years a lot of research has been devoted to methods that employ CNN based architectures to perform human body 2D joint estimation in RGB images. These methods capitalized on the emergence of large datasets with annotated human body parts and poses such as the MS COCO [21] and the MPII [2]. As a result, the state of the art on this task has moved forward significantly. Nevertheless, mainly due to the lack of annotated datasets, the body-keypoint architectures could not be applied for hand joint estimation. Only recently, the work of Simon et al [46] used multiview bootstrapping in order to iteratively create a large real world dataset of hands annotated with 2D joint positions. The multiview dataset enables the annotation of all joints on each frame, even if they are occluded. This, in turn, enables to train a network with an architecture similar to Wei’s et al. [68] that learns to estimate visible as well as occluded joints. OpenPose achieves state of the art results in difficult datasets and is shown to perform in the wild. This ability to generalize and produce good 2D keypoint detections from arbitrary hand images is key to the goals of this work.

We incorporated the work of [46] into our pipeline in order to detect the 2D positions of hand joints. More specifically, we crop the image according to the detected bounding box (see Section 3.1) and feed it to the 2D keypoint detector. Since the keypoint detector is only trained on left hands, we handle right hands by first mirroring the image along the Y axis. The output of the detector is 21 heatmaps that correspond to estimates for the 20 hand keypoints (four per finger) and one wrist point.

### 3.3. From 2D joints to 3D pose

The task of computing the 3D hand pose using 2D joint estimations from a single view is formulated as an inverse kinematics (IK) problem.

The information about the scale of the observed object is lost during the projection transformation. To account for that, we use a 3D hand model that is close in scale to the observed hand. Apart from the scale, the 3D hand model constrains the solution space to only plausible hand articulations by explicitly encoding joint limits.

#### 3.3.1 Hand model

The hand model has 26 degrees of freedom represented by 27 parameters, similar to [33] and others. The global translation and rotation of the hand requires 6 degrees of freedom (DoFs), encoded by 7 values since we adopt the representation of quaternions for 3D rotations. The joint at the base of each finger is modeled using two DoFs and the rest of the finger joints require one DoF each. The finger joints are bound by the joint limits that apply to a real hand. We identify keypoints on the model skeleton that correspond to the locations of the joints that the 2D joint detector estimates.

#### 3.3.2 Single camera view

Given a hand pose \( P \) defined by the 27 parameters and the forward kinematics function for the hand model \( F \), we compute the 3D positions of the joint keypoints using \( K^P = F(P) \) in the world coordinate frame.

By applying the camera view matrix \( C_v \) and the camera projection matrix \( C_p \), we first transform the points to the coordinate frame of the camera and then project them on the camera plane:

\[
M_i^P = C_p \cdot C_v \cdot K_i^P, \tag{1}
\]

where \( M_i^P \) is the projection \((x_i, y_i)\) of the joint \(i\) on the image plane. In the case a single view/camera is used, we can always choose to keep the model in the camera frame. In this case \( C_v \) is the identity matrix.

Let \( J_i = (u_i, v_i, p_i), i \in [1, 21] \), represent the 21 detected 2D hand joints (see Section 3.2). \((u_i, v_i)\) are the 2D
coordinates of the joint on the input image and \( p_i \) is the network’s confidence for the joint \( i \) (\( p_i \in [0, 1] \)). In order to avoid using false detections in the IK step we do not consider joints \( J_i \) with confidence \( p_i \) below an experimentally identified value \( p_i^{th} = 0.1 \).

For a given pose \( P \), we quantify the discrepancy \( s(P, M_i, J_i) \) between the observed joint \( J_i \) and the computed one \( M_i \), as:

\[
s(P, M_i, J_i) = (p_i^3 \cdot (x_i - u_i))^2 + (p_i^3 \cdot (y_i - v_i))^2.
\]

(2)

Similarly, the total discrepancy \( S(P, M, J) \) between the observed and model joints can be computed as:

\[
S(P, M, J) = \sum_{i=0}^{21} s(P, M_i, J_i).
\]

(3)

The 3D hand pose \( P^* \) that is most compatible with the available observations (observed 2D joints) can be estimated by minimizing the objective function of Eq.(3):

\[
P^* = \text{arg min}_P \{ S(P, M, J) \}.
\]

(4)

This is achieved by using the Levenberg-Marquardt optimizer that minimizes this objective function after the automatic differentiation of the residuals.

Figure 3 illustrates graphically the employed objective function. The hypothesized keypoints are shown in red, and the target ones in green. The sum of squares of the arrow lengths forms our objective function to be minimized, subject to the kinematic constraints of the hand.

### 3.3.3 Stereo or multicamera input

The presented pipeline can be extended to support multiple input cameras (i.e., stereo) in a straightforward manner. More specifically, after the 3D keypoint generation, Eq.(1) is applied separately to each camera, using the corresponding \( C_c \) and \( C_p \). This yields a set of 2D keypoints per camera, corresponding to the ones detected by OpenPose on the respective camera image. We proceed to formulate our non-linear least squares problem by defining and minimizing the sum of 2D residuals across all views:

\[
S_{all}(P) = \sum_{c \in C} S(P_c, M_c, J),
\]

(5)

where \( C \) is assumed to be the set of available cameras. Experimental results (see Section 4.3) show that the availability of more views improves hand pose estimation accuracy considerably as additional constraints are provided to the IK problem.

### 3.4. Implementation details

The proposed method assumes that the intrinsic parameters of the camera (focal length, camera center, distortion) are known. In our reference implementation we used three different sets of left and right hand models. The first set was created with the makehuman\(^2\) 3D character creation tool. The second was adapted from the libhand\(^3\) project. The libhand model is an anatomically accurate skinned hand model with a skeleton that supports realistic articulations. The third hand model is a scaled version of the makehuman model used to compare our method with Zimmermann’s et al. [72] on the Zhang et al. [70] dataset (see Section 4.1 and Figure 4 (left)).

The proposed method operates on a single frame, without requiring any form of initialization. However, when employed on a video where the assumption of temporal continuity holds between several frames, it is useful to start the IK optimization step from the last known solution, i.e., use the method in a tracking mode. However, this does not prevent the method to operate correctly even in the case of abrupt hand motions, provided that OpenPose gives reliable estimates of the 2D locations of joints.

In certain cases, when joints become invisible, OpenPose reports 2D locations with very low confidence. In such situations, we consider the last known position of that joint and transform it according to the rotation \( R \) and translation \( T \) of the hand root pose.

In our implementation, optimization has been performed by employing the Ceres Solver [1].

For the single handpose estimation scenario the proposed method is able to perform in real-time. Tested on a workstation with an Intel i7 CPU and an NVIDIA GTX 1070 GPU, our reference implementation achieves 18fps. In that setup, the majority of the processing time, per frame, is consumed

\(^2\)http://www.makehuman.org/

\(^3\)https://github.com/libhand/libhand
by OpenPose with about 30ms, while the hand detection step requires about 16ms.

4. Experiments

We evaluated experimentally our method both quantitatively and qualitatively and compared it to [72].

4.1. Selected datasets

Despite the importance of the 3D hand pose estimation problem, there are surprisingly few datasets available that can be used for benchmarking and comparing different methods. This scarcity is mainly due to the difficulty of acquiring accurate ground truth without the use of intrusive methods like markers or sensor gloves. Since the advent of the RGB-D sensors, most of the methods for 3D hand pose estimation relied on depth data. There is a number of datasets available which provide manual or semi-automatic annotations on depth data. In recent years, the NYU hand pose dataset [63] has become a standard dataset for depth-based methods. The ground truth for this dataset is computed using a generative method [33] instead of manual labeling. Unfortunately, the creators of this dataset provide RGB images that are warped onto the depth map. As it is also pointed out by Zimmermann and Brox [72], this makes the dataset unusable by RGB-only methods. In the same work, Zimmermann proposed a new synthetic dataset for handpose estimation. Unfortunately they rendered the synthetic poses in low resolution (320 × 320) which makes it unusable by our method. The dexter1 [50] dataset would fit our requirements but as it is pointed out by Simon et al [46] it suffers from bad calibration and synchronization issues. Finally the datasets by Gomes et al [15] and Oberweger et al [29] do not have 3D ground truth available yet.

Thus, in our work we used three publicly available datasets, the Stereo handpose dataset [70] (SHD), a synthetic dataset presented in [34] (B2RGB) and the hands in action RGB-D dataset [66] (HIC).

**Stereo handpose dataset [70] (SHD):** SHD is used for training and quantitative evaluation in [72]. We choose to include this dataset in our quantitative evaluation in order to provide a direct comparison with [72], even though the accuracy of the provided ground truth is limited.

**Synthetic dataset [34] (B2RGB):** This dataset contains sequences of a realistic hand model from libhand. The sequences include articulations of a single hand, hand-object interaction and two strongly interacting hands. The same sequences are available rendered from a virtual stereo pair as well as a virtual RGB-D sensor. Being synthetic, this dataset is annotated with perfectly accurate ground-truth.

**Hands in action RGB-D dataset [66] (HIC):** HIC consists of multiple RGB-D sequences of one or two hands performing articulations. The authors of the dataset provide manual 2D annotations of the sequences at intervals of 5 frames. Additionally, the dataset is accompanied with the tracks of the hands, as those were estimated by [66].

4.2. SOTA comparison

Figure 4 shows the percentage of frames (y axis) for which the average 3D joints estimation error is below a certain threshold (x axis). We plot and compare the performance of the proposed method (blue curves) compared to the method of Zimmermann and Brox [72] (green curves) in the SHD [70] (left), B2RGB [34] (middle) and HIC [66] (right) datasets. It should be stressed that the method of Zimmermann does not estimate the 3D location of the hand or the scale of the estimated hand. Therefore, in Figure 4 we report output that is processed similarly to the final 3D output in [72] (labeled “proposed aligned”). For a fair comparison, the output of our method is also post-processed in exactly the same way. As it can be observed, our method outperforms largely the method of Zimmermann in the B2RGB and the HIC datasets. In the SHD dataset, the

![Figure 4](image-url)
method of Zimmermann performs better for error thresholds less than 30mm. This is attributed to the fact that their CNN-based approach is trained on this dataset. Additionally, the low performance of our method below 30mm is attributed to the difference in hand dimensions between our hand model and the human hand in SHD.

4.3. Error analysis

The per-axis error of the proposed method is shown in Figure 5. It is evident that the main source of uncertainty is the depth estimation (Z axis), while the accuracy for the estimation on the X and Y is below 10mm for 90% of the frames. This observation is further supported when we compare with the accuracy achieved for the same dataset using stereo input. Figure 6 illustrates the performance of the proposed method in case a single RGB view is used (Section 3.3.2) in comparison to the case where stereo input is used (Section 3.3.3) on the B2RGB dataset. It can be verified that the addition of a second camera increases considerably the accuracy in 3D hand pose estimation.

4.4. Qualitative results

Figure 7 provides qualitative results from the application of the proposed 3D hand pose estimation method to a variety of image frames. These frames belong to either standard datasets or have been extracted from youtube videos. In the case of dataset frames, the calibration provided by the authors was used. In the case of youtube videos, a generic calibration adjusted for the resolution of the input was selected. It can be verified that the estimated 3D hand models agree with the visual data even when generic calibration parameters were used. More indicative such results are included in the supplementary material accompanying the paper.

The performed experiments (both the quantitative and the qualitative ones) also demonstrate that the hand model does not have to match exactly the observed one in order to estimate a 3D pose of reasonable accuracy.

5. Summary

We presented the first method that is capable of estimating the 3D pose of hands observed from monocular RGB input in the wild. The proposed hybrid approach consists of a discriminative component (used to estimate the location of 2D joints through a powerful CNN-based method) that is appropriately combined with the power of a generative approach (used to lift 2D joint estimations in 3D). We presented quantitative experimental evidence showing that our method compares favorably to the state of the art. Further qualitative experimental validation of the method was presented in challenging real-world situations. The presented solution avoids a series of limitations that hinder the deployment of 3D hand pose estimation in real life applications. Compared to tracking-based methods, initialization is not required. RGBD-based methods perform fairly accurately, nevertheless they have constraints regarding natural lighting and outdoor environments, spatial and temporal resolution and limitations on the effective range of observation. Stereo camera configurations have also been employed, nevertheless, they are more expensive and sensitive to calibration issues. On the contrary, RGB cameras are cheap and available everywhere. Thus, our approach can be useful in a broad spectrum of applications that require knowledge of the 3D pose of human hands.
Future directions of research include the automatic adjustment of the model metrics to the observed hand, the incorporation of color cues in the last step of our approach and the investigation of approaches for automatic estimation of the camera calibration.

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