Biomechanical engineering analysis of an acute papillary muscle rupture disease model using an innovative 3D-printed left heart simulator

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Abstract

OBJECTIVES: The severity of acute papillary muscle (PM) rupture varies according to the extent and site of the rupture. However, the haemodynamic effects of different rupture variations are still poorly understood. Using a novel ex vivo model, we sought to study acute PM rupture to improve clinical management.

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METHODS: Using porcine mitral valves (n = 32) mounted within an ex vivo left heart simulator, PM rupture was simulated. The mitral valve was divided into quadrants for analysis according to the PM heads. Acute PM rupture was simulated by incrementally cutting from 1/3 to the total number of chordae arising from 1 PM head of interest. Haemodynamic parameters were measured.

RESULTS: Rupture >2/3 of the chordae from 1 given PM head or regurgitation fraction >60% led to markedly deteriorated haemodynamics. Rupture at the anterolateral PM had a stronger negative effect on haemodynamics than rupture at the posteromedial PM. Rupture occurring at the anterior head of the anterolateral PM led to more marked haemodynamic instability than rupture occurring at the other PM heads.

CONCLUSIONS: The haemodynamic effects of acute PM rupture vary considerably according to the site and extent of the rupture. Rupture of <2/3 of chordae from 1 PM head or rupture at the posteromedial PM lead to less marked haemodynamics effects, suggesting a higher likelihood of tolerating surgery. Rupture at the anterolateral PM, specifically the anterior head, rupture of >2/3 of chordae from 1 PM head or regurgitation fraction >60% led to marked haemodynamic instability, suggesting the potential benefit from bridging strategies prior to surgery.

Keywords: Papillary muscle rupture • Mitral regurgitation • Ex vivo model

ABBREVIATIONS

| Abbreviation | Description          |
|--------------|----------------------|
| CO           | Cardiac output       |
| CS           | Cardiogenic shock    |
| LAP          | Left atrial pressure |
| LHS          | Left heart simulator |
| MAP          | Mean arterial pressure|
| MCS          | Mechanical circulatory support |
| MI           | Myocardial infarction|
| MR           | Mitral regurgitation |
| MV           | Mitral valve         |
| PM           | Papillary muscle     |
| RF           | Regurgitation fraction|

INTRODUCTION

Acute papillary muscle (PM) rupture is a mechanical complication that leads to severe mitral regurgitation (MR), cardiogenic shock (CS) and acute pulmonary oedema [1]. It is frequently associated with poor outcomes [2–4]. Myocardial infarction (MI) is the most frequent aetiology, most commonly due to occlusion of the right coronary artery [1–3]. The reported incidence of acute PM rupture following MI ranges from 0.25% to 5% [1, 5–7]. It can also occur following severe infective endocarditis or after blunt chest trauma. Acute PM rupture is usually identified with bedside transthoracic or transoesophageal echocardiography [1–4]. Other imaging modalities such as cardiac computed tomography or magnetic resonance usually are not feasible because of the haemodynamic compromise of these patients. A substantial increase in the number of patients presenting with PM rupture has been observed during the current corona virus disease (COVID-19) pandemic due to delayed presentation and management of MI [8, 9]. Despite the increasing observed frequency of PM rupture, the different rupture variations according to the extent and site of rupture are still poorly described and understood.

Even though PM rupture is generally classified as a surgical emergency, given the current lack of evidence on patient selection and management strategies, the correct timing and strategy for surgical intervention are uncertain. Moreover, clinical practice shows that not all patients with PM rupture present with the same severity of haemodynamic compromise. The influence on the clinical presentation of the extent and site of the rupture is still poorly described and understood. Hence, the most effective haemodynamic stabilization and/or bridging options are uncertain and are mainly decided on a case-to-case basis. Some groups prefer to implant temporary mechanical circulatory support (MCS) before surgery and wait until haemodynamic improvement and consolidation of the infarction zone occur to avoid friable infarcted tissue that makes surgery challenging [10–12]. Alternatively, there are reports of provisional transcatheter edge-to-edge mitral leaflet clipping as a bridging strategy to delay surgery until haemodynamic stabilization is achieved [13, 14]. Other surgeons tend to operate early without bridging strategies to correct the severe MR and revascularize the affected surrounding myocardium as soon as possible [15]. These treatment options are solely based on clinical experience but miss a detailed understanding of the disease's haemodynamical and pathophysiological behaviour. A better understanding of the disease and its various presentations can improve preoperative decision-making, patient selection and surgical planning, thus improving clinical outcomes.

Ex vivo simulation of acute PM rupture may provide insights into all these critical aspects. In addition, ex vivo simulations are a safe, reliable and reproducible method to analyse acute PM rupture. Its results can be effectively translated into clinical practice, possibly improving the disease’s management and outcomes without risking human lives.

This experimental research aims to simulate and study a disease model of acute PM rupture using a left heart simulator (LHS) to improve our understanding and clinical management of the disease based on comprehensive haemodynamic analyses according to the location and extent of the PM rupture.

MATERIALS AND METHODS

Ethical statement

No ethics committee approval is required since no human nor animal individuals are involved in this ex vivo experimental setup.

Data availability statement

All relevant data are provided within the manuscript. Additional details can be provided upon request by contacting the corresponding author.
Left heart simulator

A 3D-printed, custom, modular LHS (Fig. 1) was used as a testing platform to simulate acute PM rupture [16–24]. A 3D printer (Carbon 3D, Redwood City, CA, USA) was used to prototype a modular left heart (left atrium and ventricle) and was mounted to a pulsatile linear piston pump (ViVitro Superpump; ViVitro Labs, Victoria, BC, Canada). This system is equipped with pressure and flow sensors, while compliance chambers generate physiological pressure and flow profiles. A 29-mm mechanical aortic valve (St. Jude Regent, Abbott Vascular, Lake Bluff, IL, USA) was used in the aortic position. The reference valve in the mitral position, used for tuning and calibrating the system, was a 28-mm leak-less disc valve (ViVitro). With this valve, the system was tuned to generate a cardiac output (CO) of 5 l/min with a mean arterial pressure (MAP) of 100 mmHg, a systolic pressure of 120 mmHg and a diastolic pressure of 80 mmHg. Normal saline (0.9%) was used as the test fluid for proper conduction and function of the electromagnetic flowmeters.

Sample preparation

Porcine hearts were obtained from a local abattoir and the complete mitral valve (MV) apparatus, including the chordae tendineae and PM, as well as the annulus and a cuff of left atrial tissue, was dissected free from the surrounding tissue. Valves with intercommissural distances of 34–36 mm were used. A 3D-printed elastomeric sewing ring was used to mount the valve inside of the LHS by sewing the left atrial cuff to the sewing ring using a continuous suture. Carbon fibre positioning rods with 3D-printed PM holders were used to secure the PM position by sewing them to the holders.

Study design and experimental setup

The MV was divided into quadrants for analysis according to the PM heads (Fig. 2A) [(i) anterior PM–anterior head (A1–A2 quadrant), (ii) anterior PM–lateral head (P1–P2 quadrant), (iii) posterior PM–posterior head (P2–P3 quadrant) and (iv) posterior PM–medial head (A2–A3 quadrant)]. An incomplete counterbalanced repeated measures design where each valve serves as its own positive and negative control was used. A total of 32 porcine MVs were analysed in the ex vivo model. Haemodynamics were first measured in the valve at baseline (healthy pre-rupture, i.e. control valve). Next, MR was induced by cutting primary and secondary chordae from 1 head (quadrant) of interest. The chordae were incrementally cut from 1/3 to the total number of chordae arising from 1 PM head of interest to simulate different extents of rupture and degrees of MR severity (Fig. 2B and Video 1). Measurements were performed following the cut of each third. The experiment was performed 4 times per quadrant, cutting the chordae in a clockwise direction, and was repeated 4 more times per quadrant, cutting the chordae in a counterclockwise direction, thus leading to a total sample size of 32 porcine MVs.
Haemodynamics

Regurgitation fraction (RF), MAP, CO and left atrial pressure (LAP) were precisely measured in the ex vivo LHS. However, to provide a more understandable numerical representation of the resulting relative LA pressure increase following chordal rupture, the LA pressure is not reported throughout the manuscript as an absolute value but as a ratio of the LA pressure over the MAP.

Data acquisition and statistical analysis

Given the inexistence of a previous similar model to simulate PM rupture and the unclear expected effects, statistical power calculations for sample size determination are not accurate for this specific experimental model and were therefore not performed [25–27]. To account for the resulting treatment effect uncertainty, continuous variables are reported as mean and 95% confidence intervals (in parentheses) throughout the manuscript, as suggested by Hickey et al. [25].

Haemodynamic data were recorded with a data acquisition system integrated into the linear pump (ViVitro). MATLAB (MathWorks, Natick, MA, USA) was used for measurement processing. Pairwise comparison of haemodynamic variables according to the rupture site (anterolateral versus posteromedial PMs; Table 1) or rupture direction (clockwise versus counterclockwise; Table 4) was performed using independent two-tailed Student’s t-test. Non-parametric Friedman tests were performed to compare haemodynamic variables according to the extent of rupture (from baseline to full rupture; Table 2). In addition, a post hoc analysis with paired Wilcoxon tests and Bonferroni correction was performed to compare the variables included in the Friedman tests. A comparison of haemodynamic variables among the 4 quadrants was performed using the non-parametric Kruskal–Wallis test (Table 3). A linear regression analysis was performed to evaluate and confirm the haemodynamic variation trend after incremental chordal rupture (from baseline to full rupture). A P-value of <0.05 was considered statistically significant for all tests. All tests were performed using R (The R Foundation for Statistical Computing, Austria; Version 4.0.5).

RESULTS

The incremental chordal cutting by thirds led to a detrimental effect on the haemodynamics in terms of a progressive increase of the measured RF and LA pressure/MAP ratio and a continuous decrease of the MAP and CO (Tables 1–4 and Figs 3 and 4). A post hoc analysis comparing the different rupture extents (i.e. the different ‘thirds’) showed a significant difference in every pairwise comparison of all haemodynamic parameters (RF, CO, MAP) except for the LAP/MAP ratio. Every post hoc pairwise comparison of the LAP/MAP ratio was significant except for baseline versus 1/3 rupture and 1/3 rupture versus 2/3 rupture. The chordal cutting direction (i.e. clockwise or counterclockwise) did not influence the haemodynamic changes (Table 4).

Irrespective of the affected quadrant, the rupture of up to 2/3 of the chordae from a given PM head progressively led to a considerable mitral RF but without significant haemodynamic

| Extent of rupture | Rupture at anterolateral PM | Rupture at posteromedial PM | P-Value*  |
|-------------------|----------------------------|----------------------------|----------|
| Regurgitation fraction (%) | 27.0 (24.7–29.3) | 20.6 (17.7–23.5) | 0.050   |
| Cardiac output (l/min) | 3.6 (3.4–3.8) | 3.8 (3.6–4.0) | 0.194   |
| Mean arterial pressure (mmHg) | 86.9 (85.9–87.9) | 94.4 (92.4–96.4) | 0.004   |
| Left atrial pressure/mean arterial pressure (%) | 11.9 (11.3–12.5) | 11.1 (10.6–11.5) | 0.128   |

Continuous variables are expressed as mean and 95% confidence interval in parentheses.

*Comparisons performed using independent two-tailed Student’s t-test.

PM: papillary muscle.
### Table 2: Comparison of haemodynamics as a function of rupture extent

|                      | Baseline | One-third rupture | Two-thirds rupture | Full rupture | P-Value* |
|----------------------|----------|-------------------|--------------------|--------------|----------|
| Regurgitation fraction (%) | 17.2 (15.0–19.4) | 23.8 (19.7–27.9) | 39.6 (33.3–45.9) | 67.3 (59.7–74.9) | <0.001 |
| Cardiac output (l/min) | 4.0 (3.8–4.2) | 3.7 (3.4–3.8) | 3.1 (2.8–3.4) | 1.9 (1.4–2.1) | <0.001 |
| MAP (mmHg)           | 98.1 (96.5–99.7) | 90.6 (86.4–94.8) | 77.1 (69.5–84.7) | 44.2 (35.2–53.2) | <0.001 |
| LAP/MAP (%)          | 10.6 (10.0–11.2) | 11.7 (10.8–12.6) | 15.2 (12.2–18.2) | 30.1 (23.3–36.9) | <0.001 |

Continuous variables are expressed as mean and 95% confidence interval in parentheses.

*Comparisons performed using non-parametric Friedman tests.

LAP: left atrial pressure; MAP: mean arterial pressure.

### Table 3: Comparison of haemodynamics as a function of rupture site (quadrants)

| Extent of rupture | Anterolateral PM | Posteromedial PM | P-Value* |
|-------------------|------------------|-----------------|----------|
|                   | A1–A2 quadrant (anterior head) | P1–P2 quadrant (lateral head) | P2–P3 quadrant (posterior head) | A2–A3 quadrant (medial head) |
| Regurgitation fraction (%) | 24.7 (15.1–34.3) | 29.3 (19.5–39.1) | 21.4 (15.0–27.8) | 19.8 (13.8–25.8) | 0.45 |
| Cardiac output (l/min) | 3.7 (3.2–4.2) | 3.5 (3.2–3.8) | 3.6 (3.2–4.0) | 4.0 (3.6–4.4) | 0.45 |
| Mean arterial pressure (mmHg) | 88.2 (77.4–99.0) | 85.6 (74.6–96.6) | 94.6 (93.1–100.1) | 94.1 (88.5–99.7) | 0.44 |
| Left atrial pressure/mean arterial pressure (%) | 12.5 (10.0–14.9) | 11.8 (10.2–13.4) | 11.4 (9.8–13.0) | 11.3 (9.7–12.9) | 0.36 |

Continuous variables are expressed as mean and 95% confidence interval in parentheses.

*Comparisons performed using non-parametric Kruskal–Wallis tests.

PM: papillary muscle.

### Table 4: Comparison of haemodynamics as a function of rupture’s direction (clockwise versus counterclockwise)

| Extent of rupture | Anterolateral PM | Posteromedial PM | P-Value* |
|-------------------|------------------|-----------------|----------|
|                   | Clockwise cutting | Counterclockwise cutting | P-Value |
| Regurgitation fraction (%) | 27.5 (27.0–27.9) | 26.5 (20.9–32.1) | 0.82 |
| Two-thirds        | 37.2 (36.8–37.6) | 50.2 (44.4–56.0) | 0.26 |
| Cardiac output (l/min) | 3.7 (3.5–3.9) | 3.5 (3.2–3.8) | 0.54 |
| Mean arterial pressure (mmHg) | 86.5 (84.3–88.7) | 87.4 (86.8–88.1) | 0.63 |
| Left atrial pressure/mean arterial pressure (%) | 11.1 (10.9–11.2) | 12.7 (12.1–13.3) | 0.12 |

Continuous variables are expressed as mean and 95% confidence interval in parentheses.

*Comparisons performed using independent two-tailed Student’s t-test.

PM: papillary muscle.
effects. A complete chordal rupture (i.e. >2/3) led to severe MR with markedly reduced subsequent haemodynamic parameters indicative of CS (Fig. 3). As a clinical surrogate of rupture extent, RF >60% led to haemodynamics compatible with CS (Tables 1–3 and Figs 3 and 4). Regression analysis showed a statistically significant ($P < 0.001$) linear effect on haemodynamics after incremental PM rupture. Per every third rupture increase, the mean RF increased 16.6% (14.0–19.2%) and the mean LAP/MAP increased 6.0% (4.0–8.0%). The mean CO decreased 0.7 l/min (0.6–0.8 l/min) and the mean MAP decreased 17.5 mmHg (14.5–20.6 mmHg).

Rupture occurring at the anterolateral PM (i.e. A1–A2 and P1–P2 quadrants) had a considerably more pronounced negative effect on haemodynamics than rupture at the posteromedial PM (Fig. 4A and Table 1). In addition, a differentiated analysis per quadrant showed that rupture occurring in the A1–A2 quadrant (anterior head of the anterolateral PM) led to more marked haemodynamic instability compared to the other quadrants (Fig. 4B and Table 3).

**DISCUSSION**

This bioengineering-based study analyses an acute PM rupture disease model based on *ex vivo* simulation with a previously validated LHS [16–24]. The experimental setup was designed to study different PM rupture variations in terms of location and extent of the rupture. To the best of our knowledge, this is the first experimental study of this type, creating an acute PM rupture disease model to increase the understanding of this lethal disease. The main findings of the study are:

1. The severity of the haemodynamic changes following acute PM rupture varies considerably according to the site and extent of the rupture.
2. Rupture of $<2/3$ of the chordae tendineae from 1 PM head or rupture occurring at 1 head from the posteromedial PM leads to less severe haemodynamic deterioration.

3. Rupture occurring at the anterolateral PM, specifically the anterior head, $>2/3$ rupture of the chordae tendineae from 1 PM head or RF $>60\%$ lead to marked haemodynamic instability.

Acute PM rupture is a dreaded mechanical complication frequently associated with poor clinical outcomes, given the impact of the resulting severe acute MR on haemodynamics. The known poor clinical outcomes, the broad spectrum of clinical presentations and lack of data on patient selection and timing strategies make this patient group particular unappealing for most cardiac surgeons. In addition, the preoperative patient risk may be underestimated in some patients because of the overestimation of left ventricular function in patients with acute MR. In this regard, we believe an ex vivo model of this perplexing and highly lethal clinical entity would be of interest to the cardiac surgery community.

An experimental ex vivo disease model may increase our understanding of acute PM rupture, possibly changing the previous paradigm by shifting the definition of this clinical scenario from a 'binary' to a 'spectral' understanding of the disease depending on the specific rupture's location and extent. For example, according to our observed results, the haemodynamic effects are markedly different if the rupture occurs at the anterolateral or the posteromedial PM. Similarly, the extent of the rupture has a significant influence on the severity of the acute effects. For example, the rupture of a complete PM head leads to catastrophic haemodynamic parameters. Still, the rupture of only one-third of the chordae arising from 1 PM head may have a very benign clinical presentation with mild haemodynamic consequences.

The clinical translation of these results could help the clinician improve preoperative decision-making and patient selection, thus potentially improving clinical outcomes. However, the translation and applicability of these results to a clinical scenario strongly depend on high-quality cardiac imaging describing the exact PM rupture characteristics. Hence, we advise avoiding the general term 'acute PM rupture' in diagnostic imaging test reports (e.g. echocardiography) and instead characterize the rupture more descriptively in terms of site and extent.

Following this rationale, the concept of PM rupture 'spectrum' helps classify patients and make surgical eligibility and timing decisions. Based on our results, we hypothesize that patients presenting with rupture of the posteromedial PM or $<2/3$ of the chordae from 1 PM head are better surgical candidates since they will more likely tolerate surgery due to less affected preoperative haemodynamics. On the other hand, we hypothesize that patients presenting with acute PM rupture of $>2/3$ of the chordae tendineae from a PM head, rupture of the anterolateral PM, specifically the anterior PM head, or RF $>60\%$ are more likely to develop severe haemodynamic alterations and might benefit from bridging strategies such as temporary MCS before undergoing corrective surgery.

Predicting the severity of the haemodynamic decompensation based on our ex vivo simulation results may not only be useful in helping to identify the need for temporary MCS but may also help surgeons to design a surgical plan in terms of intraoperative timing for cannulation and coronary graft harvesting and to consider either MV replacement or repair. A successful MV repair is more likely in patients presenting with a less decompensated haemodynamic state and less extensive rupture (e.g. partial PM/chordal rupture), particularly in patients who are operated on later in the disease process when PM tissues are less friable [28].
Since the most common cause of acute PM is MI [1–3], the regional myocardial coronary blood supply has an important influence on the rupture location. As observed in this study, rupture occurring at the posteromedial PM leads to less severe haemodynamic consequences than the anterolateral PM. Acute rupture is more likely to occur in a PM with a single-vessel coronary blood supply [29, 30]. Hence, acute PM rupture occurs more frequently at the posteromedial PM because its coronary blood supply arises solely from the right coronary artery in most patients. In contrast, the anterolateral PM has a combined coronary blood supply provided by the left anterior descending and circumflex arteries. Hence, even if the acute rupture of the posteromedial PM has a higher incidence, the deleterious effects on the function of the MV and the negative haemodynamic consequences are less severe.

Although we demonstrated a statistically significant difference when comparing the haemodynamic changes following anterolateral or posteromedial PM rupture, we failed to find such differences according to specific quadrant rupture location. Nonetheless, despite the absence of statistical significance, the observed total numerical difference among quadrants has clinical relevance. For example, when comparing the A1–A2 and A2–A3 quadrants, the observed differences after full rupture were ~22%, 23 mmHg and 1.2 l/min in the measured RF, MAP and CO, respectively. These differences observed among quadrants might be explained by an unequal proportion of chordae tendineae arising from each PM head and asymmetrical distribution of chordae along the mitral leaflets. During valve preparation, we observed that chordae arising from the anterolateral PM, especially from the anterior head, are responsible for a wider mitral leaflet area compared to the other PM heads, thus explaining why rupture of the same extent at the anterior PM head leads to a more severe MR and therefore worse haemodynamics.

A wide variety of concomitant factors need to be considered in a patient-specific decision-making process when considering surgery for acute PM. However, we believe that the observations from our ex vivo study may further help clinicians guide their difficult decision-making processes for these high-risk, complex patients.

Limitations

While the ex vivo experimental setup used in this study is a reliable, reproducible and controllable method to study the haemodynamics and biomechanics of the MV, there are limitations to this approach. First, the model does not perfectly simulate the physiological interactions between the annulus and ventricle. In addition, the employed valves were normal MVs from healthy pigs and severe MR was induced by cutting chordae rather than through native pathological processes, resulting in chordal rupture. Second, the most common aetiology of PM rupture is the ACS that results in MI. The ex vivo model is unable to completely simulate the additional consequences of MI, such as ventricular dysfunction or cardiac arrhythmias. Therefore, the observed deteriorated haemodynamics result from the dysfunctional MV and the resulting severe MR. Nonetheless, this last aspect can also be seen as a strength since it eliminates these confounding variables, thus focusing the observations on the MV apparatus. Third, normal anatomical variations of the PM in terms of different degrees of fusion or separation of the PM heads have been described [31]. These variations can lead to a different biomechanical behaviour of the MV after acute PM rupture leading to effects on the haemodynamics that might differ from patient to patient and even from the results obtained with our ex vivo model. However, it was not possible to include anatomical variations in our experimental design. Finally, the use of porcine valves rather than human MVs is an intrinsic limitation. However, porcine valves are strikingly similar to human valves in terms of the leaflet, annular and PM anatomies as well as chordae distribution, density and cellular composition [32, 33].

CONCLUSION

The haemodynamic effects of acute PM rupture vary considerably according to the site and extent of the rupture. Rupture of ≥2/3 of chordae from 1 PM head or rupture of the posteromedial PM lead to less marked haemodynamic effects, suggesting a more benign clinical presentation and a higher likelihood of surgery tolerance in patients presenting with this clinical scenario. Rupture of the anterolateral PM, specifically the anterior head, rupture of ≥2/3 of chordae from 1 PM head, or RF >60% lead to marked haemodynamic instability, suggesting that patients in this clinical scenario might benefit from bridging strategies prior to surgery. A differentiated understanding of the acute PM rupture spectrum can improve preoperative decision-making and patient selection.

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Conflict of interest: Michael A. Borger discloses that his hospital receives speakers’ honoraria and/or consulting fees on his behalf from Edwards Lifesciences, Medtronic, Abbott, and CryoLife. The remaining authors have no conflicts of interest or financial relationships with the industry to disclose.

Author contributions

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