On gravastar formation

– What can be the evidence of a black hole? –

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Abstract

Any observer outside black holes cannot detect any physical signal produced by the black holes themselves, since, by definition, the black holes are not located in the causal past of the outside observer. In fact, what we regard as black hole candidates in our view are not black holes but will be gravitationally contracting objects. As well known, a black hole will form by a gravitationally collapsing object in the infinite future in the views of distant observers like us. At the very late stage of the gravitational collapse, the gravitationally contracting object behaves as a black body due to its gravity. Due to this behavior, the physical signals produced around it (e.g. the quasi-normal ringings and the shadow image) will be very similar to those caused in the eternal black hole spacetime. However those physical signals do not necessarily imply the formation of a black hole in the future, since we cannot rule out the possibility that the formation of the black hole is prevented by some unexpected event in the future yet unobserved. As such an example, we propose a scenario in which the final state of the gravitationally contracting spherical thin shell is a gravastar that has been proposed as a final configuration alternative to a black hole by Mazur and Mottola. This scenario implies that time necessary to observe the moment of the gravastar formation can be much longer than the lifetime of the present civilization, although such a scenario seems to be possible only if the dominant energy condition is largely violated.
I. INTRODUCTION

The black hole is defined as a complement of the causal past of the future null infinity (see, e.g., [1, 2]), or in physical terminology, a domain that is outside the view of any observer located outside it. As well known, not only general relativity but also many of modified theories of gravity predict the formation of black holes through the gravitational collapse of massive objects in our universe. Many black hole candidates have been found through electromagnetic (see for example [3]) and gravitational radiations [4].

FIG. 1: The conformal diagram of the black hole formation through the gravitational collapse of a spherical object is depicted.

Hereafter any discussion in this paper will be basically based on general relativity. Figure 1 is the conformal diagram that describes the formation of a black hole through the gravitational collapse of a spherical massive object; the region shaded by gray is the black hole, the region shaded by green is the collapsing massive object, the dark red curve $\lambda$ is the world line of a typical observer with finite lifetime outside the black hole and the region shaded by blue is the causal past of the observer often denoted by $J^{-}(\lambda)$: the causal past of the observer is defined as a set of all events which can be connected to $\lambda$ by causal curves, i.e., timelike or null curves; we believe that our situation in our universe is similar to the observer $\lambda$. Thus any event outside $J^{-}(\lambda)$ cannot causally affect the observer $\lambda$. As can be seen in Fig. 1, the black hole is outside the causal past of the observer $\lambda$, and hence
any signal detected by the observer \( \lambda \) (e.g., the black hole shadow, the quasi-normal ringing of gravitational radiation, the relativistic jet produced through Blandford-Znajek effect [5]) cannot be caused by the back hole itself, although they strongly suggest the formation of the black hole as can be seen in Fig. 1; as well known, the black hole will form after infinite time has elapsed in the view of the distant observers.

The black hole is often explained as an invisible astronomical object, but rigorously speaking, this explanation is inappropriate. We call an object invisible if it is in our view but does not emit anything detectable to our eyes or detectors. However, the black hole is located outside the view of the outside observer; this is the reason why the outside observer cannot see it. In the view of the outside observer, there is a gravitationally contracting object whose surface is asymptotically approaching the corresponding event horizon.

Although the black hole is a promising final configuration of a gravitationally collapsing object in the framework of general relativity, various alternatives have been proposed (see, for example, [6]; references are therein). We usually think that if a black hole candidate is not a black hole, it should be a static or stationary compact object, and believe that we will find differences from the black hole in observational data [6]. As mentioned in the above, any observer sees not black holes but gravitationally contracting objects and regard them as black holes. In the very late stage of the gravitational collapse of the massive object, distant observers can take a photo of the same shadow image as that in the eternal black hole spacetime with the boundary condition under which nothing is emitted from the white hole. Almost the same quasi-normal mode spectrum of gravitational waves as that of an eternal black hole spacetime will be generated around the contracting object in the very late stage and detected by distant observers. However, it should be noted that we cannot conclude from these observables that the black hole must form, since there is always the possibility that the formation of the black hole is prevented by some unexpected events and the contracting object settles down some alternative to the black hole in the future.

In this paper, we revisit a very simple model which describes the gravitational collapse of an infinitesimally thin spherical shell and offer a scenario of the gravitational collapse accompanied by the formation of not a black hole but a gravastar that has been proposed as a final configuration of a gravitationally collapsing object alternative to a black hole by Mazur and Mottola [7]. Our model shows that it is observationally very important when the gravastar formation begins. If the gravastar formation occurs in the very late stage
of the gravitational collapse, the observers like as $\lambda$ will get shadow images and quasi-normal mode spectrum of gravitational waves which are almost the same as those of the maximally extended Schwarzschild spacetime with the boundary condition under which nothing emerges from the white hole\(^1\). In this scenario, the *unexpected event* to prevent the black hole formation is the gravastar formation.

![Diagram](image)

**FIG. 2:** Typical null geodesics emanated from the event $p$ in past direction toward the shadow image observed at $p$ are depicted in the conformal diagram of the maximally extended Schwarzschild black spacetime. From this figure, we see that the shadow image is not produced by the absorption of photons into the black hole but is an image of the white hole with no radiation. If the white hole emits photons, the shadow image can be colored.

This paper is organized as follows. In Sec. II, we briefly review the basic equations to treat an infinitesimally thin spherical massive shell. In Sec. III, based on the analyses of null rays in the spacetime with a spherical massive shell in Appendix A, we discuss why a massive object without the event horizon is regarded as a black hole candidate in the very late stage of its gravitational collapse in the view of distant observers. Then, we give a model which represents a decay of the dust shell into two concentric timelike shells in Sec. IV. In Sec. V, we show a scenario in which a gravastar forms in the very late stage of the gravitational collapse of the dust shell; the gravastar formation is triggered by the decay of the dust shell.

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\(^1\) In the case of the maximally extended Schwarzschild spacetime, the so-called black hole shadow is the image of the white hole in the sense that if the white hole emits photons whose color is blue at distant observers, the shadow images are blue (see Fig. 2).
Sec. VI is devoted to summary and discussion. In Appendix B, we show that the Bianchi identity leads to the conservation of the four momentum at the decay event.

In this paper, we adopt the abstract index notation, the sign conventions of the metric and Riemann tensors in Ref. [2] and basically the geometrized unit in which Newton’s gravitational constant and the speed of light are one. If convenient, we adopt natural units with notice.

II. EQUATION OF MOTION OF A SPHERICAL SHELL

In this section, we give basic equations to study the motion of a spherically symmetric massive shell which is infinitesimally thin and generates a timelike hypersurface through its motion. We will refer this hypersurface as the world hypersurface of the shell. The world hypersurface of the shell divides the spacetime into two domains. These domains are denoted by $D_+$ and $D_-$. The situation is understood by Fig. 3.

\[
\begin{align*}
\text{temporal} & \quad \text{radial} \\
\end{align*}
\]

![Diagram](image)

**FIG. 3:** A schematic diagram of the situation considered in Sec. II. The vertical direction is timelike, whereas the horizontal direction is spacelike. The world hypersurface of the shell is a bit thick curve. The four-velocity $u^a$ is the timelike unit tangent to and $n^a$ is the unit normal to the world hypersurface of the shell.

The geometry of the domains $D_\pm$ are assumed to be described by the Reissner-Nordström-de Sitter spacetime; the infinitesimal world interval is given by

\[
\begin{align*}
\text{ds}^2 &= -F_\pm(r) dt^2_\pm + \frac{1}{F_\pm(r)} dr^2 + r^2 \left( d\theta^2 + \sin^2 \theta d\phi^2 \right), \\
\end{align*}
\]
with
\[ F_\pm(r) = 1 - \frac{2M_\pm}{r} + \frac{Q_\pm^2}{r^2} - \frac{\Lambda_\pm}{3} r^2, \]  
where \( M_\pm, Q_\pm \) and \( \Lambda_\pm \) are the mass parameter, the charge parameter and the cosmological constant in the domains \( D_\pm \), respectively, whereas the gauge one-form in each domain is given by
\[ A_\mu^\pm = \left( -\frac{Q_\pm}{r}, 0, 0, 0 \right). \]  
We should note that the time coordinate is not continuous at the shell and hence it is denoted by \( t_+ \) in the domain \( D_+ \) and by \( t_- \) in the domain \( D_- \), whereas \( r, \theta \) and \( \phi \) are everywhere continuous.

Since the finite energy and the finite momentum concentrate on the infinitesimally thin region, the stress-energy tensor diverges on the shell. This fact implies that the shell is categorized into the so-called scalar polynomial singularity [8] through the Einstein equations. Even though the shell is a spacetime singularity, we can derive its equation of motion from the Einstein equations through Israel’s formalism [9], since the singularity is so weak that its intrinsic metric on the world hypersurface of the shell exists and the extrinsic curvature defined on each side of the world hypersurface is finite. Hence, hereafter, we do not regard the shell as a spacetime singularity.

We cover the neighborhood of the world hypersurface of the shell by the Gaussian normal coordinate \( \lambda \), where \( \partial/\partial \lambda \) is a unit vector normal to the shell and directs from \( D_- \) to \( D_+ \). Then, the sufficient condition to apply Israel’s formalism is that the stress-energy tensor is written in the form
\[ T^{ab} = S^{ab} \delta(\lambda - \lambda_s), \]  
where the shell is located at \( \lambda = \lambda_s \), \( \delta(x) \) is Dirac’s delta function, and \( S^{ab} \) is the surface stress-energy tensor on the shell.

We impose that the metric tensor \( g_{ab} \) is continuous even at the shell. Hereafter, \( n^a \) denotes the unit normal vector to the shell, instead of \( \partial/\partial \lambda \). The intrinsic metric of the world hypersurface of the shell is given by
\[ h_{ab} = g_{ab} - n_a n_b, \]  
and the extrinsic curvature is defined as
\[ K^\pm_{ab} = -h^c_a h^d_b \nabla_c^{(\pm)} n_d, \]
where $\nabla_c^{(\pm)}$ is the covariant derivative with respect to the metric in the domain $D_\pm$. This extrinsic curvature describes how the world hypersurface of the shell is embedded into the domain $D_\pm$. In accordance with Israel’s formalism, the Einstein equations lead to

$$K^+_{ab} - K^-_{ab} = 8\pi \left(S_{ab} - \frac{1}{2} h_{ab} \text{tr}S \right),$$  

(4)

where $\text{tr}S$ is the trace of $S_{ab}$. Equation (4) gives us the condition of the metric junction.

By the spherical symmetry of the system, the surface stress-energy tensor of the shell should be the perfect fluid type;

$$S_{ab} = \sigma u_a u_b + P (h_{ab} + u_a u_b),$$

where $\sigma$, $P$ and $u^a$ are the energy per unit area, the tangential pressure and the four-velocity, respectively. Due to the spherical symmetry of the system, the motion of the shell is described in the form of $t_\pm = T_\pm (\tau)$ and $r = R (\tau)$, where $\tau$ is the proper time of the shell. The 4-velocity is given by

$$u^\mu = \left( \dot{T}_\pm, \dot{R}, 0, 0 \right),$$

where a dot represents a derivative with respect to $\tau$. Then, $n_\mu$ is given by

$$n_\mu = \left( -\dot{R}, \dot{T}_\pm, 0, 0 \right).$$

Together with $u^\mu$ and $n^\mu$, the following unit vectors form an orthonormal frame;

$$\hat{\theta}^\mu = \left( 0, 0, \frac{1}{r}, 0 \right),$$

$$\hat{\phi}^\mu = \left( 0, 0, 0, \frac{1}{r \sin \theta} \right).$$

The extrinsic curvature is obtained as

$$K^\pm_{ab} u^a u^b = \frac{1}{F^\pm_{\pm} T_{\pm}} \left( \ddot{R} + \frac{F'_\pm}{2} \right),$$

$$K^\pm \hat{\theta}^a \hat{\theta}^b = K^\pm \hat{\phi}^a \hat{\phi}^b = -n^a \partial_a \ln r |_{D_\pm} = -\frac{F'_\pm}{R} \dot{T}_\pm$$

(5)

and the other components vanish, where

$$F_\pm = F_\pm (R),$$

and a prime represents a derivative with respect to its argument, i.e.,

$$F'_\pm = \frac{dF_\pm (R)}{dR}.$$
By the normalization condition $u^\mu u_\mu = -1$, we have
\[ \hat{T}_\pm = \frac{1}{F_\pm} \sqrt{\dot{R}^2 + F_\pm}, \] (6)
where we have assumed that the shell exists outside the black hole and $u^a$ is future-directed. Substituting Eq. (6) into Eq. (5), we have
\[ K_{ab}^\pm \hat{\theta}^a \hat{\theta}^b = -\frac{1}{R} \sqrt{\dot{R}^2 + F_\pm}. \] (7)
From Eqs. (4) and (7), we have
\[ -\frac{1}{R} \sqrt{\dot{R}^2 + F_+} + \frac{1}{R} \sqrt{\dot{R}^2 + F_-} = 4\pi \sigma. \] (8)
Hereafter, we assume the weak energy condition $\sigma \geq 0$. Then, Eq. (8) leads to
\[ F_- > F_+. \] (9)
From the $u-u$ component of Eq. (4), we obtain the following relations.
\[ \frac{dm}{d\tau} + 4\pi P \frac{dR^2}{d\tau} = 0, \] (10)
where $m$ is the proper mass of the shell defined as
\[ m := 4\pi \sigma R^2. \] (11)
By dividing both sides of Eq. (10) by $dR/d\tau$, we have
\[ \frac{dm}{dR} + 8\pi P R = 0. \] (12)
By giving the equation of state to determine $P$, Eq. (12) determines the dependence of $m$ on $R$. Equation (10) implies that if the shell is composed of the dust, i.e., $P = 0$, $m$ is constant. Hereafter, we assume $\sigma$ is positive and hence $m$ is also positive.

In general, the energy cannot be uniquely defined within the framework of general relativity. However, in the case of the spherically symmetric spacetime, quasi-local energies proposed by many researchers agree with the so-called Misner-Sharp energy (see for example Ref. [10]). The Misner-Sharp energy just on each side of the shell is given as
\[ \mathcal{M}_\pm = \frac{R}{2} (1 - F_\pm). \]
Hence, the Misner-Sharp energy included by the shell is given by

\[ \mathcal{M} = \frac{R}{2} (F_- - F_+) \]  

(13)

From Eq. (8), we have

\[ \sqrt{\dot{R}^2 + F_\pm \pm \frac{m}{R}} = \sqrt{\dot{R}^2 + F_\mp}, \]  

(14)

where we have used Eq. (11). By taking the square of Eq. (14), we obtain

\[ \sqrt{\dot{R}^2 + F_\pm} = E \pm \frac{m}{2R}, \]  

(15)

where

\[ E = \frac{R}{2m} (F_- - F_+) = \frac{\mathcal{M}}{m} \]  

(16)

is the specific energy of the shell. By taking the square of Eq. (15), we obtain the energy equations for the shell as follows;

\[ \dot{R}^2 + U(R) = 0 \]  

(17)

with

\[ U(R) = F_\mp - \left( E \pm \frac{m}{2R} \right)^2. \]  

(18)

Here note that unless \( P = 0 \), \( m \) and \( E \) in Eq. (18) depend on \( R \).

Since the left-hand side of Eq. (15) is positive, the right-hand side should also be positive;

\[ E - \frac{m}{2R} > 0. \]  

(19)

By substituting Eq. (15) into Eq. (8), we have

\[ \dot{T}_\pm = \frac{1}{F_\pm} \left( E \mp \frac{m}{2R} \right). \]  

(20)

Here note again that Eq. (8) is obtained under the assumption that the shell is located outside the black hole. If the shell is in the black hole, Eq. (19) is not necessarily satisfied, and accordingly, \( \dot{T}_\pm \) is not necessarily positive.

III. THE VERY LATE STAGE OF THE GRAVITATIONALLY CONTRACTING SHELL

In Appendix A, by studying null rays in the spacetime with a spherical shell, we show that the contracting shell with the radius very close to its gravitational radius effectively behaves
as a black body due to its gravity, even though the material of the shell causes the specular reflection of or is transparent to null rays: both the null ray reflected by the shell and that transmitted through the shell suffer the large redshift or are trapped in the neighborhood of the shell. Hence the behavior of any physical field in this spacetime will be very similar to those in the maximally extended Schwarzschild spacetime with the boundary condition under which nothing appears from the white hole: the contracting shell corresponds to the white hole horizon. In the late stage of the gravitational collapse, the image of the shell and the spectrum of the quasi-normal modes will be very similar to the black hole shadow and the quasi-normal modes of the Schwarzschild spacetime. By contrast, the static shell will show images distinctive from the black hole shadow and a quasi-normal mode spectrum, of the Schwarzschild spacetime, since it does not behave as a black body.

IV. DECAY OF A TIMELIKE SHELL; CONSERVATION LAW

In this section, we consider the decay process of a spherical massive shell into two daughter spherical shells concentric with the parent shell; in the next section, this decay process is regarded as a trigger of the gravastar formation.

We call the parent shell Shell 0 and assume that Shell 0 initially contracts but decays just before the formation of a black hole. One of two daughter shells called Shell 1 is located outside the other one called Shell 2 (see Fig. 4). Shell 0, Shell 1 and Shell 2 divide the spacetime into three domains: \( D_0 \) is the domain whose boundary is composed of Shell 0 and Shell 2, \( D_1 \) is the domain whose boundary is composed of Shell 0 and Shell 1, and \( D_2 \) is the domain whose boundary is composed of Shell 1 and Shell 2.

The infinitesimal world intervals of the three domains \( D_i \) \((i = 0, 1, 2)\) are given as

\[
 ds^2 = -F_i(r)dt^2 + \frac{dr^2}{F_i(r)} + r^2(d\theta^2 + \sin^2 \theta d\phi^2),
\]

where

\[
 F_i(r) = 1 - \frac{2M_i}{r} + \frac{Q_i^2}{r^2} - \frac{\Lambda_i}{3} r^2.
\]

For later convenience, we introduce the dyad basis related to the two-sphere whose com-
FIG. 4: The schematic diagram representing the decay of Shell 0 into Shell 1 and Shell 2 is depicted.

Components are, in all domain, given as

\[ \hat{\theta}^{\mu} = \left( 0, 0, \frac{1}{r}, 0 \right), \quad \hat{\phi}^{\mu} = \left( 0, 0, 0, \frac{1}{r \sin \theta} \right). \]

By virtue of the spherical symmetry, the surface stress-energy tensor of Shell \( I \) \((I = 0, 1, 2)\) is given in the form,

\[ S_{ab}^{(I)} = \sigma^{(I)} u^{a}_{(I)} u^{b}_{(I)} + P^{(I)} H^{ab}, \]

where \( \sigma^{(I)} \), \( P^{(I)} \) and \( u^{a}_{(I)} \) are the surface energy density, the tangential pressure and the four-velocity of Shell \( I \), respectively, and

\[ H^{ab} = \hat{\theta}^{a} \hat{\theta}^{b} + \hat{\phi}^{a} \hat{\phi}^{b}. \]

We assume that \( \sigma^{(I)} \) is positive.

The radial coordinate of the decay event \( d \) is denoted by \( r = r_{d} \). Hereafter, the time and radial coordinates of Shell \( I \) are denoted by \( T^{(I)} \) and \( R^{(I)} \), where \( i \) is the index to specify the time coordinate in the domain \( D_{i} \) \((i = 0, 1, 2)\): as mentioned, the time coordinate is not continuous at the shells. Then, we introduce the orthonormal basis of the center of mass
frame at \( d \): the components of them are given as

\[
\begin{align*}
u_{(0)i}^0 &= \left( \dot{T}(0)i, \dot{R}(0), 0, 0 \right), \\
x_{(0)i}^0 &= \left( \frac{\dot{R}(0)}{F_i(r_d)}, F_i(r_d)\dot{T}(0)i, 0, 0 \right), \\
\hat{\theta}^0 &= \left( 0, 0, \frac{1}{r_d}, 0 \right), \\
\hat{\phi}^0 &= \left( 0, 0, 0, \frac{1}{r_d \sin \theta} \right),
\end{align*}
\]

where \( i = 0 \) (\( i = 1 \)) represents the components in \( D_0 \) (\( D_1 \)), and \( \dot{ \cdot } \) means the derivative with respect to the proper time of Shell 0.

Hereafter, we assume that the decay occurs before Shell 0 forms a black hole, i.e.,

\[
F_2(r_d) > 0.
\]  

The four-velocity \( u^a_{(J)} \) (\( J = 1, 2 \)) at \( d \) is written in the form,

\[
u^a_{(J)} = \Gamma_{(J)} u^a_{(0)} + \epsilon_{(J)} \sqrt{\Gamma_{(J)}^2 - 1} n^a_{(0)},
\]

where \( \Gamma_{(J)} \) is a positive number larger than one, and \( \epsilon_{(J)} = \pm 1 \) is the sign factor which will be fixed by the momentum conservation.

We require the conservation of four-momentum at \( d \);

\[
m_{(0)}u^a_{(0)} = m_{(1)}u^a_{(1)} + m_{(2)}u^a_{(2)},
\]

where

\[
m_{(I)} := 4\pi R_{(I)}^2 \sigma_{(I)}.
\]

Note that \( m_{(I)} \) is positive since we assume \( \sigma_{(I)} \) is positive. The derivation of the conservation law from the Bianchi identity is shown in Appendix B.

The \( u \)-component of Eq. (30) leads to

\[
m_{(0)} = m_{(1)} \Gamma_{(1)} + m_{(2)} \Gamma_{(2)},
\]

whereas the \( n \)-component leads to

\[
0 = m_{(1)} \epsilon_{(1)} \sqrt{\Gamma_{(1)}^2 - 1} + m_{(2)} \epsilon_{(2)} \sqrt{\Gamma_{(2)}^2 - 1}.
\]
Since $m_J$ is positive, Eq. (32) implies that $\epsilon_1 = +1$ and $\epsilon_2 = -1$ should hold in the situation we consider.

From Eq. (31), we have

$$m^2 \Gamma (2) = m^2 \Gamma (1) + m^2 \Gamma (1),$$

(33)

whereas, from Eq. (32), we have

$$m^2 \Gamma (2) = m^2 \Gamma (1) \Gamma (1) - 1 + m^2 \Gamma (2),$$

(34)

Equations (33) and (34) lead to

$$\Gamma (1) = \frac{m^2 (0) + m^2 (1) - m^2 (2)}{2m (0)m (1)}.$$ (35)

Through the similar procedure, we obtain

$$\Gamma (2) = \frac{m^2 (0) + m^2 (2) - m^2 (1)}{2m (0)m (2)}.$$ (36)

Equations (35) and (36) lead to

$$m (0) = m (1) \Gamma (1) + m (2) \Gamma (2) \geq m (1) + m (2).$$ (37)

From Eq. (29) with $J = 1$, we have

$$u_1 F_1 = \Gamma (1) u_1 + \sqrt{\Gamma^2 (1) - 1} n_1$$

$$u_1 = \frac{\Gamma (1)}{F_1} \left[ \frac{r d}{2m (0)} (F_0 - F_1) - \frac{m (0)}{2r d} \right] + \sqrt{\Gamma^2 (1) - 1} \frac{\dot{R}(0)}{F_1},$$

(38)

where we have used Eqs. (16) and (20) for $u_1$, and $F_i = F_i (r d)$. On the other hand, by using Eq. (20), we have

$$u_1 = \frac{1}{F_1} \left[ \frac{r d}{2m (1)} (F_2 - F_1) - \frac{m (1)}{2r d} \right].$$

(39)

Then Eqs. (38) and (39) lead to

$$F_2 = F_1 + \frac{m^2 (1)}{r d} + \frac{2m (1)}{r d} \left\{ \Gamma (1) \left[ \frac{r d}{2m (0)} (F_0 - F_1) - \frac{m (0)}{2r d} \right] + \sqrt{\Gamma^2 (1) - 1} \dot{R}(0) \right\}.$$ (40)

By the similar procedure starting from Eq. (29) with $J = 2$, we have

$$F_2 = F_0 + \frac{m^2 (2)}{r d} - \frac{2m (2)}{r d} \left\{ \Gamma (2) \left[ \frac{r d}{2m (0)} (F_0 - F_1) + \frac{m (0)}{2r d} \right] - \sqrt{\Gamma^2 (2) - 1} \dot{R}(0) \right\}.$$ (41)

By using Eqs. (35) and (36), we can see that Eq. (40) is equivalent to Eq. (41). The momentum conservation (30) uniquely determines the geometry of $D_2$ which appears after the decay event $d$ if we fix the values of $r_d, F_0, F_1, m (0), m (1)$ and $m (2); \dot{R}(0)$ is determined through Eqs. (17) and (18) except for its sign that we have to choose.
V. GRAVASTAR FORMATION

In this section, we consider the gravitational collapse of Shell 0 accompanied by the gravastar formation. Here, we will adopt the gravastar model devised by Visser and Wiltshire (VW) [14], which is simpler and clearer than the original one of Mazur and E. Mottola; VW gravastar is a spherical de Sitter domain surrounded by a spherical infinitesimally thin shell.

We assume that Shell 0 is an electrically neutral dust shell, $P(0) = 0$; the geometry of its inside is Minkowskian, whereas that of its outside is Schwarzschildian; $M_0 = Q_0 = Q_1 = 0 = \Lambda_0 = \Lambda_1$ hold. From Eq. (18), we obtain the effective potential of Shell 0 as

$$U(0)(R(0)) = 1 - \left( E(0) + \frac{m(0)}{2R(0)} \right)^2,$$

where $m(0)$ is constant due to the conservation law (12), and hence $E(0) = M_1/m(0)$ is also constant.

From Eq. (19), we have

$$R(0) > M_1^2 E_2(0)$$

so that $u^a_{(0)}$ is future-directed for $R(0) > 2M_1$. We are interested in the case that Shell 0 contracts and forms a black hole, i.e., $R(0) \leq 2M_1$, if the decay of Shell 0 does not occur. Hence we assume

$$E(0) > \frac{1}{2}$$

so that the r.h.s. of Eq. (12) is less than $2M_1$. Then, by investigating the effective potential $U(0)$, we can easily see that the allowed domain for the motion of Shell 0 is

$$0 \leq R(0) \leq \frac{M_1}{2E(0)(1 - E(0))},$$

for $1/2 < E(0) < 1$, whereas

$$0 \leq R(0) < \infty$$

for $E(0) \geq 1$.

We assume that the formation of the gravastar is triggered by the decay of Shell 0 into Shell 1 and Shell 2. The domain $D_2$ between Shell 1 and Shell 2 is described by the de Sitter geometry, i.e., $M_2 = Q_2 = 0$ but $\Lambda_2 > 0$. Shell 2 shrinks to zero radius, so that the innermost domain $D_0$ disappears at some stage (see Fig. [5]). By contrast, Shell 1 corresponds to the crust of the gravastar. The decay event of Shell 0 and its areal radius are denoted by $d_1$ and $r_{d1}$, respectively.
FIG. 5: The schematic diagram representing the formation of a gravastar triggered by decay of Shell 0 into Shell 1 and Shell 2 is depicted.

It is observationally very important when the gravastar formation starts. In Ref. 7, the gravastar formation is implicitly assumed to start when the radius $R$ of the contracting object satisfies $R - 2M \simeq l_{pl}$, where $l_{pl}$ ($\simeq 1.6 \times 10^{-33}$cm) is the Planck length. The time scale in which the radius of the collapsing object satisfies $0 < R - 2M \ll 2M$ is almost equal to the free fall time of the system. From Eqs. (17), (18) and (20), we can see that once $0 < R - 2M \ll 2M$ is satisfied, the time evolution of the radius of a dust shell ($m=$constant) is given by $R \simeq \text{Const.} \times e^{-t/2M}$, where $t$ is the proper time for an asymptotic observer. Thus, the time scale in which $R - 2M \simeq l_{pl}$ is achieved will be much less than our average lifetime if the mass $M$ of the contracting object takes $1M_\odot < M < 10^8 M_\odot$, where $M_\odot$ is the solar mass. If the criterion of the gravastar formation proposed by Mazur and Mottola is correct, we can, in principle, observe the gravastar as a final product of the gravitational collapse of a massive object. However, we know no physically well motivated estimate on when the gravastar formation starts. There is the possibility that the gravastar formation may start at very late stage of the gravitational collapse. For example, the trigger of the gravastar formation might be the energy loss from the system due to the semi-classical effects associated to the gravitational collapse. If the contracting object has a mass larger than the solar mass $M_\odot$, the particles created through the semi-classical effect will be photons.
and gravitons; for a spherically symmetric contracting object with \( R - 2M \ll 2M \), the time variation of the mass of the contracting object will be governed by

\[
\frac{dM}{dt} = -\frac{\pi^2}{30} T_{\text{BH}}^4 A_H, \tag{44}
\]

in natural units, where, \( m_{\text{pl}} \) being the Planck mass, \( T_{\text{BH}} = m_{\text{pl}}^2 / 8\pi M \) is the Bekenstein-Hawking temperature, and \( A_H \) is the horizon area \( 16\pi M^2 / m_{\text{pl}}^4 \). We assume that after a small fraction \( \epsilon \ll 1 \) of the initial mass of the collapsing objects is released through the particles created by the semi-classical effect, the gravastar formation begins. Then by solving Eq. (44), we can see that the time scale \( t_\epsilon \) in which the initial mass \( M_i \) of the contracting object becomes \( (1 - \epsilon)M_i \) is given by

\[
t_\epsilon = 7680\pi \left[ 1 + \mathcal{O}(\epsilon) \right] \frac{M_i^3}{m_{\text{pl}}^4} = 3.1 \times 10^{67} \left[ 1 + \mathcal{O}(\epsilon) \right] \epsilon \left( \frac{M_i}{M_\odot} \right)^3 \text{yr}.
\]

If this is true, asymptotic observers should wait to observe the gravastar formation for very long time after the gravitational collapse has begun: the time will be much longer than the age of the universe for a black hole of the mass larger than the solar mass if \( \epsilon \gtrsim 10^{-50} \).

Anyway, the radius of Shell 0 might be very close to the gravitational radius in the domain \( D_1 \) when the gravastar formation starts. Hence hereafter we assume so.

**A. The motion of Shell 2**

Let us start on the discussion about Shell 2. We assume that Shell 2 moves inward with the energy much larger than its proper mass, i.e., \( E_{(2)} = M_{(2)}/m_{(2)} \gg 1 \), where \( M_{(2)} \) is the Misner-Sharp energy of Shell 2. We introduce

\[
k^a_{(2)} := \frac{m_{(2)} u^a_{(2)}}{M_{(2)}} \tag{45}
\]

and rewrite \( S_{ab}^{(2)} \) in the form

\[
S_{ab}^{(2)} = E_{(2)} \left[ \frac{M_{(2)}}{4\pi R_{(2)}^2} k^a_{(2)} k^b_{(2)} + \frac{m_{(2)}}{M_{(2)}} H_{ab} P_{(2)} \right]. \tag{46}
\]

We assume that \( \sigma_{(2)} \) is non-negative, and the equation of state is given by

\[
P_{(2)} = w_{(2)} \sigma_{(2)},
\]
where \( \sigma(2) \) \( w(2) \) is a constant number of \( |w(2)| \leq 1 \). Then we take the massless limit for Shell 2: \( m(2) \to 0 \) with the Misner-Sharp energy \( \mathcal{M}(2) \) fixed. From Eqs. (29) and (36), we have

\[
k^{a}_{(2)} \to \frac{m^{2}_{(0)} - m^{2}_{(1)}}{2m_{(0)} \mathcal{M}(2)} (u^{a}_{(0)} - n^{a}_{(0)}).
\]

(47)

It is easy to see that \( k^{a}_{(2)} \) is null in this limit. Furthermore, we have

\[
\frac{S^{ab}_{(2)}}{E_{(2)}} \to \frac{\mathcal{M}(2)}{4\pi R^{2}_{(2)}} k^{a}_{(2)} k^{b}_{(2)}.
\]

(48)

As expected, Shell 2 becomes the null dust in this limit. Although \( S^{ab}_{(2)} \) itself diverges due to the Lorentz contraction, the Misner-Sharp mass kept by Shell 1 is finite by assumption (see Eq. (13)): this divergence should be absorbed in the integral measure (please see Ref. [11] for the proper stress-energy tensor of the null shell). In the massless limit of Shell 2, we have \( \mathcal{M}(2) \) at the decay event, from Eq. (41), in the following form;

\[
\mathcal{M}(2) \big|_{d_{1}} = \frac{m^{2}_{(0)} - m^{2}_{(1)}}{2m_{(0)}} \left[ E_{(0)} + \frac{m_{(0)}}{2r_{d_{1}}} + \sqrt{\left( E_{(0)} - \frac{m_{(0)}}{2r_{d_{1}}} \right)^{2} - F_{1}} \right] .
\]

(49)

The cosmological constant in \( D_{2} \) is determined at the decay event \( d_{1} \) through

\[
\Lambda_{2} = \frac{6}{r_{d_{1}}^{3}} \mathcal{M}(2) \big|_{d_{1}} .
\]

(50)

Then the Misner-Sharp energy of Shell 2 is a function of the radius of Shell 2;

\[
\mathcal{M}(2) = \frac{R^{(2)}}{2} (F_{0} - F_{2}) = \frac{\Lambda^{2}}{6} R^{3}_{(2)} .
\]

(51)

As can be seen from Eq. (51), \( \mathcal{M}(2) \) vanishes when the radius of Shell 2 becomes zero, or in other words, Shell 2 disappears when it shrinks to the symmetry center \( r = 0 \).

### B. The motion of Shell 1

From Eq. (29), the radial velocity of Shell 1 at \( d_{1} \) is written in the form

\[
\dot{R}_{(1)} = \Gamma(1) \dot{R}_{(0)} + \sqrt{\Gamma^{2}_{(1)} - 1} F_{1} \dot{T}_{(0)1}
\]

\[
= -\Gamma(1) \sqrt{\left( E_{(0)} - \frac{m_{(0)}}{2r_{d_{1}}} \right)^{2} - F_{1} + \sqrt{\Gamma^{2}_{(1)} - 1} \left( E_{(0)} - \frac{m_{(0)}}{2r_{d_{1}}} \right)} .
\]

(52)
Hence, $\dot{R}(1)$ is positive at $d_1$, if and only if
\[ R^2(1) > \frac{1}{F_1} \left( E(0) - \frac{m(0)}{2r_d} \right)^2 \] (53)
holds. Taking into account Eqs. (35) and (37), Eq. (53) leads to the condition on $m(1)$ as
\[ m(1)\big|_{d_1} < m_c := \frac{m(0)}{\sqrt{F_1}} \left[ E(0) - \frac{m(0)}{2r_d} - \sqrt{\left( E(0) - \frac{m(0)}{2r_d} \right)^2 - F_1} \right] \] (54)
On the other hand, $\dot{R}(1)$ is negative or zero, if and only if
\[ R^2(1) \leq \frac{1}{F_1} \left( E(0) - \frac{m(0)}{2r_d} \right)^2 \] (55)
or equivalently,
\[ m_c \leq m(1) < m(0) \] (56)
at $d_1$.

The effective potential $U(1)$ of Shell 1 is given by
\[ U(1) \left( R(1) \right) = 1 - \frac{2M_1}{R(1)} - \left[ \frac{1}{m(1)} \left( M_1 - \frac{\Lambda_2}{6} R^3(1) \right) - \frac{m(1)}{2R(1)} \right]^2. \]
The future directed condition $\dot{T}(1) > 0$ implies
\[ \frac{1}{m(1)} \left( M_1 - \frac{\Lambda_2}{6} R^3(1) \right) - \frac{m(1)}{2R(1)} > 0. \] (57)
It is easy to see that, irrespective of the equation of state of Shell 1,
\[ R(1) < R_u := \left( \frac{6M_1}{\Lambda_2} \right)^{\frac{2}{3}} \] (58)
is necessary so that Eq. (57) is satisfied, since we require $\sigma(1) \geq 0$, or equivalently, $m(1) \geq 0$; the allowed domain for the motion of Shell 1 is bounded from above.

1. Dissipation through further decay

Shell 1 is the crust of the gravastar. It is dynamical and hence should dissipate its energy so that the gravastar is stable and static. Chan et al studied the gravastar formation by taking into account a dissipation through the emission of null dust\[13\]. In this paper, instead of the emission of the null dust, we assume that the crust, Shell 1, emits outward Shell 3 at
FIG. 6: The schematic diagram representing the stabilization of the gravastar due to the decay of Shell 1 into Shell 3 and Shell 4. Shell 3 is null and causes the dissipation which results in the stabilization of the crust of the gravastar, i.e., Shell 3.

The event $d_2$ with $r = r_{d2}$ and becomes static and stable; the static crust of the gravastar is called Shell 4. This process is equivalent to the decay of Shell 1 into Shell 3 and Shell 4 (see Fig. 6).

The domain between Shell 3 and Shell 4 is denoted by $D_3$. Replacing Shell 0, Shell 1, Shell 2, $D_0$ and $D_2$ by Shell 1, Shell 3, Shell 4, $D_2$ and $D_3$ in Eq. (40), the same argument as that in Sec. IV is applied, and we obtain

$$F_3 = F_1 + \frac{m^2_{(3)}}{r^2_{d2}} + \frac{2m_{(3)}}{r_{d2}} \left( \Gamma_{(3)} \left[ \frac{r_{d2}}{2m_{(1)}} (F_2 - F_1) - \frac{m_{(1)}}{2r_{d2}} \right] + \sqrt{\Gamma^2_{(3)} - 1} \dot{R}_{(1)} \right),$$

(59)

where

$$\Gamma_{(3)} = \frac{m^2_{(1)} + m^2_{(3)} - m^2_{(4)}}{2m_{(1)}m_{(3)}},$$

and, in this section VB1, all quantities are evaluated at $d_2$. Here, as in the case of Shell 2, we take the limit $m_{(3)} \to 0$ under the assumption of $P_{(3)} = w_{(3)}\sigma_{(3)}$ with $w_{(3)}$ fixed: this limit is equivalent to the assumption that Shell 3 is a null dust. From Eq. (59), we have

$$F_3 = F_1 + \frac{m^2_{(1)} - m^2_{(4)}}{m_{(1)}r_{d2}} \left( E_{(1)} - \frac{m_{(1)}}{2r_{d2}} + \dot{R}_{(1)} \right).$$
Then, from this result, we have

\[
E(4) = \frac{r_{d2}}{2m(4)} (F_2 - F_3)
\]

\[
= \frac{r_{d2}}{2m(4)} (F_2 - F_1) + \frac{r_{d2}}{2m(4)} (F_1 - F_3)
\]

\[
= \frac{m(1)}{m(4)} E(1) - \frac{m^2(1) - m^2(4)}{2m(1)m(4)} \left( E(1) - \frac{m(1)}{2r_{d2}} + \dot{R}(1) \right)
\]

\[
= \frac{m^2(1) + m^2(4)}{2m(1)m(4)} E(1) + \frac{m^2(1) - m^2(4)}{2m(1)m(4)} \left( \frac{m(1)}{2r_{d2}} - \dot{R}(1) \right).
\]  \hspace{1cm} (60)

The crust of the gravastar is Shell 4 after the event \(d_2\). As mentioned, since the gravastar becomes static after the event \(d_2\), \(\dot{R}(4)\) always vanishes. Since we have

\[
\dot{R}^2 = -U(4) (R(4)) := \left( E(4) + \frac{m(4)}{2R(4)} \right)^2 - F_2 (R(4)),
\]

Eq. (60) and \(\dot{R}(4)|_{R(4)=r_{d2}} = 0\) lead to

\[
\left[ \frac{m^2(1) + m^2(4)}{2m(1)m(4)} \left( E(1) + \frac{m(1)}{2r_{d2}} \right) - \frac{m^2(1) - m^2(4)}{2m(1)m(4)} \dot{R}(1) \right]^2 - F_2 = 0.
\]  \hspace{1cm} (61)

Since we have

\[
\dot{R}^2 (1) = \left( E(1) + \frac{m(1)}{2r_{d2}} \right)^2 - F_2 = \left( E(1) - \frac{m(1)}{2r_{d2}} \right)^2 - F_1
\]  \hspace{1cm} (62)

at \(R(1) = r_{d2}\), the following inequality holds;

\[
E(1) + \frac{m(1)}{2r_{d2}} > \left| \dot{R}(1) \right|.
\]

By the same argument as that of Eq. (37), we have

\[
m(1) > m(4) > 0.
\]  \hspace{1cm} (63)

Then, Eq. (61) leads to

\[
\frac{m^2(1) + m^2(4)}{2m(1)m(4)} \left( E(1) + \frac{m(1)}{2r_{d2}} \right) - \frac{m^2(1) - m^2(4)}{2m(1)m(4)} \dot{R}(1) - \sqrt{F_2} = 0,
\]

and hence we have

\[
\left( E(1) + \frac{m(1)}{2r_{d2}} + \dot{R}(1) \right) m^2(4) - 2m(1)m(4) \sqrt{F_2} + \left( E(1) + \frac{m(1)}{2r_{d2}} - \dot{R}(1) \right) m^2(1) = 0.
\]
The above quadratic equation for \( m(4) \) has a degenerate root

\[
\begin{align*}
    m(4) &= \frac{m(1) \sqrt{F_2}}{E(1) + \frac{m(1)}{2 r_{d2}} + \dot{R}(1)},
\end{align*}
\]

where we have used Eq. (62). By using Eq. (62), we can see that Eq. (63) is satisfied only if \( \dot{R}(1) \) is positive. Thus, we consider the only situation in which \( \dot{R}(1) \) is positive at the event \( d_2 \). \( \dot{R}(4) \) vanishes if and only if the proper mass of Shell 4 satisfies Eq. (64), and hereafter we assume so. By virtue of the future directed condition of the 4-velocity of Shell 1, i.e., \( E(1) - \frac{m(1)}{2 r_{d2}} > 0 \), and Eq. (62), we have

\[
E(1) - m(1)/2 r_{d2} > 0.
\]

Here note that Eq. (60) can be rewritten as

\[
E(4) - \frac{m(4)}{2 r_{d2}} = \frac{m^2_{(1)} + m^2_{(4)}}{2 m_{(1)} m_{(4)}} \left( E(1) - \frac{m(1)}{2 r_{d2}} - \dot{R}(1) \right) + \frac{m^2_{(1)} - m^2_{(4)}}{2 m_{(4)} r_{d2}} + \frac{m_{(4)}}{m_{(1)}} \dot{R}(1).
\]

Hence, if \( \dot{R}(1) > 0 \) holds, the future directed condition, \( E(4) - m(4)/2 r_{d2} > 0 \), for Shell 4 also holds. The decay of Shell 1 to make the gravastar static is possible.

The effective potential of Shell 4, \( U(4) \), vanishes at \( R(4) = r_{d2} \) by assumption. The 1st and 2nd order derivatives of \( U(4) \) should vanish and be positive, respectively, at \( R(4) = r_{d2} \) so that the gravastar is stably static. Hereafter we assume so; these assumptions partly determine the equation of state of Shell 4 as follows.

Eq. (8) implies that the surface energy density of Shell 4 is given in the form

\[
\sigma(4) = \frac{1}{4 \pi R(4)} \left[ \sqrt{F_2 \left( R(4) \right) - U(4) \left( R(4) \right)} - \sqrt{F_3 \left( R(4) \right) - U(4) \left( R(4) \right)} \right],
\]

and the tangential pressure of Shell 4, \( P(4) \), is given from Eq. (12) in the form

\[
P(4) = -\frac{1}{2 R(4) \frac{d}{dR(4)}} \left( \sigma(4) R^2_{(4)} \right) = -\left[ \frac{1}{2} + \frac{R(4)}{4 \sqrt{\left[ F_2 \left( R(4) \right) - U(4) \left( R(4) \right) \right] \left[ F_3 \left( R(4) \right) - U(4) \left( R(4) \right) \right]}} \frac{dU(4) \left( R(4) \right)}{dR(4)} \right] \sigma(4)
+ \frac{\Lambda_2 R(4)}{24 \pi \sqrt{F_2 \left( R(4) \right) - U(4) \left( R(4) \right)}} + \frac{M_3}{8 \pi R_{(4)}^2 \sqrt{F_3 \left( R(4) \right) - U(4) \left( R(4) \right)}}.
\]

At \( R(4) = r_{d2} \), we have

\[
\sigma(4) \bigg|_{d_2} = \frac{1}{4 \pi r_{d2}} \left[ \sqrt{F_2 \left( r_{d2} \right)} - \sqrt{F_3 \left( r_{d2} \right)} \right],
\]
and

\[ P_{(4)} \big|_{d_2} = \frac{1}{2} \sigma_{(4)} \big|_{d_2} + \frac{\Lambda_2 r_{d_2}}{24\pi \sqrt{F_2 (r_{d_2})}} + \frac{M_3}{8\pi r_{d_2}^2 \sqrt{F_3 (r_{d_2})}} \]  \hspace{1cm} (68)

We are interested in whether the dominant energy condition \( \sigma_{(4)} \geq \left| P_{(4)} \right| \) holds.

2. The case of Shell 1 expanding at \( d_1 \)

First we consider the case of \( \dot{R}_{(1)} > 0 \) at the first decay event \( d_1 \) with the areal radius \( r_{d_1} \). Since we consider the case that \( r_{d_1} \) is very close to \( 2M_1 \), we have, from Eq. (54),

\[ m_{(1)} \big|_{d_1} < \frac{m_{(0)}}{2 \left( E_{(0)} - \frac{1}{4E_{(0)}} \right)} \left[ 1 + \mathcal{O} (F_1) \right] \sqrt{F_1}, \]  \hspace{1cm} (69)

The proper mass of Shell 1 should be much smaller than \( m_{(0)} \).

We show the effective potential \( U_{(1)} \) in the case of the dust, \( P_{(1)} = 0 \), in Fig. 7. Shell 1 will bounce off the potential barrier and then form a black hole by its contraction. The behavior of \( U_{(1)} \) even in the case

\[ P_{(1)} = w_{(1)} \sigma_{(1)} \]  \hspace{1cm} (70)

with \( |w_{(1)}| \leq 1 \) is too similar to distinguish from that of the dust, even if it is depicted together in Fig. 7. The dominant energy condition for Shell 1 is given by

\[ \sigma_{(1)} \geq \left| P_{(1)} \right|. \]  \hspace{1cm} (71)

As long as the dominant energy condition is satisfied, the effective potential of Shell 1 behaves as that shown in Fig. 7.

As mentioned below Eq. (62), Shell 1 should decay into Shell 3 and Shell 4, when \( \dot{R}_{(1)} > 0 \) so that the gravastar is static. Hence Shell 1 should decay before it bounces off the potential barrier. The allowed domain for the motion of Shell 1 is bounded from above as Eq. (58) and hence \( r_{d_1} < r_{d_2} < R_u \).

Let us estimate \( R_u \). Since \( 0 < F_1 (r_{d_1}) \ll 1 \) and \( m_{(1)} \ll m_{(0)} \) at \( d_1 \) due to Eq. (69), we have, from Eqs. (49) and (50),

\[ \Lambda_2 = \frac{6M_1}{r_{d_1}^3} \left[ 1 - \beta^2 - \frac{F_1}{4E_{(0)} \left( E_{(0)} - \frac{m_{(0)}}{2r_{d_1}} \right)} + \mathcal{O} (\beta^2 F_1, F_1^2) \right], \]  \hspace{1cm} (72)
FIG. 7: The effective potential $U_{(1)}$ near $R_{(1)} = r_{d1}$ is depicted in the case that Shell 1 is the dust, i.e., $P_{(1)} = 0$. We assume $r_{d1} = 1.001 \times 2M_1$, $E_{(0)} = 0.9$ and $m_{(1)} = 10^{-1}m_c$. Shell 1 begins expanding at $d_1$ and then bounces off the potential barrier.

where

$$\beta := \frac{m_{(1)}}{m_{(0)}} \bigg|_{d_1} \leq \mathcal{O} \left( \sqrt{F_1} \right),$$

and hence $R_u$ defined as Eq. (58) is written in the form,

$$R_u = r_{d1} \left[ 1 + \frac{\beta^2}{3} + \frac{F_1}{12E_{(0)} \left( E_{(0)} - \frac{m_{(0)}}{2r_{d1}} \right)} + \mathcal{O} \left( \beta^4, \beta^2F_1, F_1^2 \right) \right],$$

where all quantities are evaluated at $d_1$. Since $r_{d2} < R_u$ should be satisfied from Eq. (58), we have

$$r_{d1} < r_{d2} < R_u = r_{d1} \left[ 1 + \mathcal{O} \left( \beta^2, F_1 \right) \right].$$

Since we consider the situation that $r_{d1}$ is larger than but very close to $2M_1$, $r_{d2}$ should be very close to $2M_1$ from Eq. (73). Furthermore, from Eq. (72) and the inequality $0 < r_{d2} - r_{d1} \leq \mathcal{O} \left( \beta^2, F_1 \right)$ derived from Eq. (75), we have

$$\frac{\Lambda_2}{3} r_{d2}^2 = \frac{2M_{(2)}}{r_{d1}} \bigg|_{d_1} r_{d2}^2 = \frac{2M_1}{r_{d2}} + \mathcal{O} \left( \beta^2, F_1 \right),$$

23
and hence

\[ F_2(r_{d2}) = \mathcal{O}(\beta^2, F_1) \ll 1. \] (76)

Here again note that \( F_2(r_{d2}) > F_3(r_{d2}) \) holds because of \( E(4) > 0 \): see Eq. (60) and the discussion below Eq. (64).

From Eqs. (67), (68) and (76), Eqs. (67) and (68) imply \( \sigma(4) \ll P_4 \), and so the violation of the dominant energy condition (71). This result is basically equivalent to that obtained by Visser and Wiltshire for their gravastar model [14].

3. The case of Shell 1 contracting at \( d_1 \)

We consider the case that Shell 1 begins contracting at the first decay event \( d_1 \); the proper mass \( m_1 \) satisfies Eq. (56). As in the expanding case, we show the effective potential \( U_1 \) in the case of \( P_1 = 0 \) in Fig. 8. As in the case of expansion at \( d_1 \), \( U_1 \) of the equation of state (70) with \( |w(1)| \leq 1 \) is too similar to that of the dust to distinguish between them, even if they are depicted together in Fig. 8. In this case, Shell 1 does not bounce off the potential barrier but directly forms a black hole through its contraction. Thus, in the contracting case, the equation of state of Shell 1 can not be Eq. (70) with \( |w(1)| \leq 1 \) so that the gravastar forms.

Shell 1 should bounce off the potential barrier at some radius \( R_b \) larger than \( 2M_1 \) so that the black hole formation is halted; the effective potential should take the following form near \( d_1 \);

\[ U_1(r) = -\alpha (r - R_b) + \mathcal{O} ((r - R_b)^n), \] (77)

where \( \alpha \) and \( n \) are positive constant and natural number larger than one, respectively, and

\[ 2M_1 < R_b < r_{d1} \] (78)

should hold (see Fig. 9). By contrast to the case of Shell 1 expanding at \( d_1 \), in the present case, \( m_1 \) does not have to be much smaller than \( m_0 \) due to Eq. (50) and we assume that \( m_1 \) is close to but less than \( m_0 \). Equation (49) leads to

\[ M_2(d_1) = \frac{m_2(0) - m_2(1)}{m_2(0)} M_1 + \mathcal{O} (F_1). \] (79)
FIG. 8: The same as Fig. 7 but $m(1) = 5m_c$. In this case, Shell 1 begins contracting at $d_1$ and then a black hole forms.

Hence, Equation (58) implies

$$R_u = \frac{r_{d1}}{(1 - \beta^2)^{\frac{1}{2}}} [1 + O(F_1)] ,$$

where $\beta$ has been defined as Eq. (73) and is less than but can be very close to unity, and hence $R_u$ may be much larger than $r_{d1}$. As a result, $r_{d2}$ can also be much larger than $r_{d1}$, and hence, as we will discuss later, the dominant energy condition (71) can be satisfied by Shell 4. However, as shown below, the dominant energy condition is not satisfied at $R(1) = R_b$ by Shell 1.

Through the same prescription to derive Eqs. (65) and (66), we have

$$\sigma(1) = \frac{1}{4\pi R(1)} \left[ \sqrt{F_2 (R(1)) - U(1)(R(1))} - \sqrt{F_1 (R(1)) - U(1)(R(1))} \right] , \quad (80)$$
FIG. 9: The assumed effective potential $U_{(1)}$ of Shell 1 near $R = R_b$ is schematically depicted.

FIG. 10: The surface energy density and tangential pressure of Shell 4 are depicted as a function of the final radius of the gravastar $R_{(4)} = r_{d2}$. We assume $E_{(0)} = 0.9$, $m_{(1)} = 0.99m_{(0)}$ at $d_1$ and $r_{d1} = 1.00001 \times 2M_1$, and $v = \sqrt{F_1(r_{d1})} = 3.16 \times 10^{-3}$. 
FIG. 11: The same as Fig. 10 but $v = 10\sqrt{F_1(r_{d1})} = 3.16 \times 10^{-2}$.

FIG. 12: The same as Fig. 10 but $v = 100\sqrt{F_1(r_{d1})} = 3.16 \times 10^{-1}$. From Fig. 14 we can see $0.74M_1 < M_3 < 0.78M_1$ in this case. Hence, the lower bound of the domain of this figure is restricted by a bit large value.
FIG. 13: The mass parameter $M_3$ in the case of $r_{d2} = r_{d1} = 1.00001 \times 2M_1$ is depicted as a function of $v$.

FIG. 14: The mass parameter $M_3$ in the case of $v = \sqrt{F_1(r_{d1})}$, $10\sqrt{F_1(r_{d1})}$ and $100\sqrt{F_1(r_{d1})}$ is depicted as a function of $r_{d2}$. As in Figs. [10] [12] we assume $E(0) = 0.9$, $m(1) = 0.99m(0)$ at $d_1$ and $r_{d1} = 1.00001 \times 2M_1$. 

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and

\[
P_{(1)} = -\frac{1}{2R_{(1)} dR_{(1)}} \left( \sigma_{(1)} R_{(1)}^2 \right)
= -\left[ \frac{1}{2} + \frac{R_{(1)}}{4 \sqrt{\left[ F_2 (R_{(1)}) - U_{(1)} (R_{(1)}) \right] [F_1 (R_{(1)}) - U_{(1)} (R_{(1)})]} \right] \frac{dU_{(1)} (R_{(1)})}{dR_{(1)}} \sigma_{(1)}
+ \frac{\Lambda_2 R_{(1)}}{24\pi \sqrt{F_2 (R_{(1)}) - U_{(1)} (R_{(1)})}} + \frac{M_1}{8\pi R_{(1)}^2 \sqrt{F_1 (R_{(1)}) - U_{(1)} (R_{(1)})}} \right].
\]

(81)

Since we have
\[
\frac{dU_{(1)} (R_{(1)})}{dR_{(1)}} \bigg|_{R_{(1)}=R_b} = -\alpha < 0,
\]

we obtain, from Eq. (81),
\[
P_{(1)} \bigg|_{R_{(1)}=R_b} \geq -\frac{1}{2} \sigma_{(1)} \bigg|_{R_{(1)}=R_b} + \frac{\Lambda_2 R_b}{24\pi \sqrt{F_2 (R_b)}} + \frac{M_1}{8\pi R_b^2 \sqrt{F_1 (R_b)}}.
\]

(82)

Due to Eq. (78) and since \( r_{d1} \) is very close to \( 2M_1, F_1 (R_b) \ll 1 \) holds. Hence we have
\[
P_{(1)} \bigg|_{R_{(1)}=R_b} \simeq \frac{M_1}{8\pi R_b^2 \sqrt{F_1 (R_b)}} \gg \sigma_{(1)} \bigg|_{R_{(1)}=R_b}.
\]

The dominant energy condition can not be satisfied by Shell 1 at and around \( R_{(1)} = R_b \) by continuity.

Now we see the equation of state of Shell 4 which is the crust of the gravastar after the second decay event \( d_2 \); the surface energy density and the tangential pressure of Shell 4, \( \sigma_{(4)} \) and \( P_{(4)} \) are evaluated by using Eqs. (67) and (68). Although we have determined the effective potential \( U_{(1)} \) of Shell 1 in the only vicinity of \( R_{(1)} = R_b \) as Eq. (77), we have not yet in the vicinity of \( R_{(1)} = r_{d2} \). Thus, the value of \( U_{(1)} \), or equivalently, \( \dot{R}_{(1)} \) at \( d_2 \) is regarded as a free parameter. Once we assume the values of \( r_{d2} \) and

\[ v := \dot{R}_{(1)} \bigg|_{d_2}, \]

we have
\[
m_{(1)} \bigg|_{d_2} = 4\pi \sigma_{(1)} R_{(1)}^2 \bigg|_{d_2} = r_{d2} \left[ \sqrt{v^2 + F_2 (r_{d2})} - \sqrt{v^2 + F_1 (r_{d2})} \right]
\]

and
\[
E_{(1)} \bigg|_{d_2} = \frac{r_{d2}}{2m_{(1)}} \left[ F_2 (r_{d2}) - F_1 (r_{d2}) \right].
\]
We depict $\sigma(4)$ and $P(4)$ as a function of $r_{d2}/2M_3 - 1$ in the case of $E_{(0)} = 0.9$, $m_{(1)} = 0.99m_{(0)}$ at $d_1$ and $r_{d1} = 1.00001 \times 2M_1$ for three values of $v$, in Figs. 10, 12.

We also show $M_3$ in the case of $r_{d2} = r_{d1} = 1.00001M_1$ as a function of $v$ in Fig. 13. The larger $v$ is, the smaller $M_3$ is. This behavior implies that if Shell 1 has the larger outward velocity $v > 0$, the larger energy should be released through the emission of Shell 3 so that Shell 4 is at rest. Furthermore, we depict $M_3$ as a function of $r_{d2}/2M_1 - 1$ in Fig. 14 for three values of $v$; here note that $r_{d2}$ is normalized by not $M_3$ but $M_1$. The mass parameter $M_3$ is a decreasing function of $r_{d2}$.

We can see from Figs. 10 and 11 that the dominant energy condition $\sigma_{(4)} \geq |P_{(4)}|$ is satisfied in the case of $r_{d2} \approx 1.04 \times 2M_3$, it is not so for $r_{d2}$ very close to $2M_3$; the domain in Fig. 12 does not include $r_{d2} = 1.04 \times 2M_3$ due to the behavior of $M_3$ shown in Figs. 13 and 14. Since $r_{d2}$ is the radius of the gravastar in its final state, if $r_{d2} \approx 1.04 \times 2M_3$ holds, the formed gravastar satisfies the dominant energy condition, even though the crust of the gravastar does not in its formation process. The quantum gravitational effects should play an important role so that the process accompanied by the violation of the dominant energy condition is realized. Hence the gravastar formation should rely on the quantum gravitational effects, if it begins at the very late stage of the gravitational collapse, i.e., $0 < r_{d1} - 2M_1 \ll 2M_1$.

As mentioned, it is observationally very important when the gravastar formation begins. If the gravastar formation starts after the backreaction of the Hawking radiation begins sufficiently affecting the evolution of the contracting object, the gravitationally contracting object of the mass larger than that of the solar mass will form a gravastar completely outside the causal past of observers with the finite lifetime like us. In such a case, the observers will wrongly conclude that a black hole will form (see Fig. 15).

VI. SUMMARY

Any observer outside black holes cannot detect any physical signal caused by the black holes themselves but see the gravitationally contracting objects and phenomena caused by them; for observers outside black holes, the contracting objects will form after infinite time lapses if they are the cases. In order to see why a contracting object seems to be a black hole even if there is not an event horizons but the contracting object in our view, we have studied
FIG. 15: This is the case in which the observer $\lambda$ will wrongly conclude that a black hole will form if the areal radius $r_d$ at the beginning of the gravastar formation is sufficiently close to the gravitational radius $2M_1$ in $D_1$, but no event horizon forms. In the domain $D_2$ corresponds to the gravastar. Here Shell 0 is assumed to gravitationally contract, i.e., $1/2 < E_0^{(0)} < 1$.

a very simple model which describes the gravitational contraction of an infinitesimally thin spherical massive shell and studied null rays in such a situation. Even in the case that the shell made of materials which causes specular reflection of or is transparent to the null rays, it behaves as a black body due to its gravity if its radius is very close to its gravitational radius; incident null rays do not return from the shell or suffer indefinitely large redshift even if they return. Hence, the shell at the very late stage of its gravitational collapse is well approximated by the maximally extended Schwarzschild spacetime with the boundary condition under which nothing comes from the white hole: signals of the quasi-normal ringing and shadow images obtained in the spacetime with the shell will be, in practice, indistinguishable to those of the maximally extended Schwarzschild spacetime for any distant observer in the very late stage of the gravitational collapse. In this sense, the black hole shadow is not the appropriate name in the case of the observed black hole candidates, since
it is not a shadow of a black hole but the image of the highly darkened photosphere of gravitationally contracting object. Even in the case of the black hole spacetime, the black hole shadow is not the appropriate name, since it is an image of the white hole.

However, as we have shown, even though the observers detect the quasi-normal ringings and take photos of shadow images, those observables do not necessarily imply that the event horizon will form by the contracting object. There always remains the possibility that the formation of the event horizon is prevented by some unexpected event. We have given a scenario in which such a situation is realized: a gravitational contraction of the dust shell suddenly stops due to its decay into two daughter shells concentric with the parent shell, and then a gravastar forms. If the decay occurs at the radius so close to that of the corresponding event horizon that the decay event is outside of the causal past of observers, it may be impossible for the observers with finite lifetime to see the gravastar formation and hence such observers believe that the shell will form a black hole, even if there is no event horizon. On the other hand, our analysis on a simplified formation scenario suggests that the formation of gravastar with the radius extremely close to that of the would-be horizon may be possible only with large violation of the dominant energy condition by the crust of the gravastar.

VII. SOME REMARKS

Here we should note that the Hawking radiation can also not be the observable that is an evidence of the event horizon formation. As shown by Paranjape and Padmanabhan, almost Planckian distribution of particles created through the semi-classical effect will appear in the contracting shell model \[12\], and hence the gravastar formation model cannot be distinguished from the black hole spacetime through the particle creation due to the semi-classical effects if the gravastar formation starts at the too late stage of the gravitational collapse to be observed by the distant observers with finite lifetimes. This issue will also be discussed by one of the present authors and his collaborators \[15\]. It might be interesting that the Planckian distribution is consistent to the approximate black body behavior of the shell at very late stage of its gravitational collapse.

As mentioned, the gravastar formation might start after the effect of the Hawking radiation causes significant backreaction effects on the gravitational collapse of a massive object.
If it is really so, the gravitational collapse of the massive object with the mass larger than
the solar mass will not cause the gravastar formation within the age of the universe. By
contrast, the formation of the primordial black hole with the mass much smaller than the
solar mass should be replaced by the primordial gravastar formation that is, in principle,
observable for us [16, 17]. Although it is very difficult to observe compact objects with very
small mass, they might be very important in order to find the unexpected events.

Rigorously speaking, it is impossible for us to conclude, through any observation, that
it is a black hole. It is a profound fact that general relativity has predicted the advent of
domains of which the existence can not be confirmed through any observation. By contrast,
if it is not a black hole, we can, in principle, know that it is the case. It is necessary to keep
observing black hole candidates.

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Appendix A: Redshift of null ray due to massive spherical shell

Here we consider the redshift of a null ray due to a spherical massive shell considered in
Sec. II; notation adopted in this section is the same as that in Sec. II. The null ray goes
along a null geodesic. The components of the null geodesic tangent \( l^\mu \) are written in the
form

\[
    l^\mu = \omega_{\pm} \left( \frac{1}{F_\pm(r)}, \epsilon \sqrt{1 - \frac{b_\pm^2}{r^2} F_\pm(r)}, 0, \frac{b_\pm}{r^2} \right),
\]

where \( \omega_{\pm} \) and \( b_\pm \) are constants corresponding to the angular frequency and the impact
parameter, respectively, and \( \epsilon = \pm 1: \epsilon = +1 \) for the outgoing null, whereas \( \epsilon = -1 \)
for the ingoing one. Without loss of generality, we consider the only case of the non-negative
impact parameter \( b_\pm \geq 0 \).

In this section, for simplicity, we focus on the shell with no electric charge in the spacetime
without the cosmological constant and the domain $D_-$ is Minkowskian;
\[ F_+ = 1 - \frac{2M_+}{r} \quad \text{and} \quad F_- = 1. \]

We also focus on the case that the spherical massive shell is contracting $\dot{R} < 0$.

We obtain the energy equation from the radial component of $l^a_{\pm}$ as
\[ \frac{1}{\omega_{\pm}^2} \left( \frac{dr}{d\gamma_{\pm}} \right)^2 + W_{\pm}(r) = 0, \tag{A2} \]
where $\gamma_{\pm}$ is the affine parameter and
\[ W_{\pm}(r) = \frac{b_{\pm}^2}{r^2} F_{\pm}(r) - 1. \tag{A3} \]

The null ray can move only in the domain of $W_{\pm}(r) \leq 0$. The geometry of $D_+$ is Schwarzschildian, and as well known, the effective potential $W_+(r)$ has one maximum at $r = 3M_+$ (see Fig. 16). If $b_+$ is larger than $\sqrt{27} M_+$, the maximum of $W_+$ is positive; the null ray going inward in the region of $r > 3M_+$ bounces off the potential barrier and then goes away to infinity, whereas one going outward in the domain of $r < 3M_+$ also bounces off the potential barrier and then turns to the center. On the other hand, the maximum of $W_+(r)$ is non-positive in the case of $b_+ \leq \sqrt{27} M_+$; in this case, the null ray does not bounce off the potential barrier. The fact we should remember here is that if the null ray is ingoing, or equivalently, $\epsilon = -1$, in the region of $r < 3M_+$ within $D_+$, it does not bounce off but continues to go inward.

1. Reflected case

Let us consider the case that an ingoing null ray $l^{(\text{in})}_a$ from infinity in $D_+$ with $\omega_+ = \omega_i$ and $b_+ = b_i$ is reflected at the shell and then goes away to infinity in $D_+$ as an outgoing null ray $l^{(\text{out})}_a$ with $\omega_+ = \omega_o$ and $b_+ = b_o$. Since the angular frequency of the reflected null ray is the same as that before reflection in the rest frame of the shell, we have
\[ l^{(\text{in})}_a u^a = l^{(\text{out})}_a u^a. \tag{A4} \]

The parameter $\epsilon$ of ingoing null ray should be equal to $-1$, whereas it is non-trivial which sign of $\epsilon$ is chosen after the reflection; $\epsilon$ after the reflection is denoted by $\epsilon_o$. Then Eq. (A4)
FIG. 16: The effective potential of the null ray in the domain $D_+$ whose geometry is Schwarzschildian is depicted for three cases, $b_+ = \frac{4}{5}\sqrt{27}M_0$, $b_+ = \sqrt{27}M_0$ and $b_+ = \frac{6}{5}\sqrt{27}M_0$.

leads to

$$\omega_i \left( \sqrt{1 + \frac{F_+}{V^2}} - \sqrt{1 - \frac{b_i^2}{R^2}F_+} \right) = \omega_o \left( \sqrt{1 + \frac{F_+}{V^2}} + \epsilon_o \sqrt{1 - \frac{b_o^2}{R^2}F_+} \right), \quad (A5)$$

where $F_+ = F_+(R)$, and

$$V := -\dot{R} > 0. \quad (A6)$$

In the rest frame, the component of $l^a$ vertical to the shell changes its sign at the reflection event;

$$l_{a}^{(\text{in})}n^a = -l_{a}^{(\text{out})}n^a. \quad (A7)$$

Equation (A7) leads to

$$\omega_i \left[ 1 - \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_i^2}{R^2}F_+ \right)} \right] = -\omega_o \left[ 1 + \epsilon_o \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_o^2}{R^2}F_+ \right)} \right]. \quad (A8)$$

On the other hand, the component of $l^a$ tangential to the shell does not change; the equation

$$l_{a}^{(\text{in})}\dot{\phi}^a = l_{a}^{(\text{out})}\dot{\phi}^a$$

leads to the conservation of the angular momentum,

$$\omega_i b_i = \omega_o b_o =: L.$$
Since the null ray is assumed to hit the shell, \( l^{(i)}_\alpha n^\alpha < 0 \) should be satisfied, and hence

\[
b_i^2 < \frac{R^2}{V^2 + F_+}
\]  

(A9)

should hold.

From Eqs. (A5) and (A8), we have

\[
\frac{\sqrt{1 + \frac{F_+}{V^2}} - \sqrt{1 - \frac{b_i^2}{R^2} F_+}}{1 - \sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_i^2}{R^2} F_+\right)}} = - \frac{\sqrt{1 + \frac{F_+}{V^2} + \epsilon_o \sqrt{1 - \frac{b_o^2}{R^2} F_+}}}{1 + \epsilon_o \sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_o^2}{R^2} F_+\right)}}.
\]

(A10)

We rewrite Eq. (A10) in the form,

\[
A_L \sqrt{1 - \frac{b_o^2}{R^2} F_+} = \epsilon_o A_R,
\]

(A11)

where

\[
A_L = 1 + \frac{F_+}{2V^2} - \sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_i^2}{R^2} F_+\right)},
\]

(A12)

\[
A_R = \left(1 + \frac{F_+}{2V^2}\right) \sqrt{1 - \frac{b_i^2}{R^2} F_+} - \sqrt{1 + \frac{F_+}{V^2}}.
\]

(A13)

It is not so difficult to see that \( A_L > 0 \) whereas the sign of \( A_R \) depends on \( b_i, R \) and \( V \). Since the l.h.s. of Eq. (A11) is positive, \( \epsilon_o \) should be chosen so that the r.h.s. is also positive, and hence we have

\[
\epsilon_o = \begin{cases} 
+1 & \text{for } b_i^2 < b_{cr}^2, \\ -1 & \text{for } b_i^2 > b_{cr}^2,
\end{cases}
\]

(A14)

where

\[
b_{cr}^2 := \frac{R^2 F_+}{(2V^2 + F_+)^2}.
\]

The null ray with \( \epsilon_o = -1 \) goes inward although it is the null ray reflected by the shell. Since we consider the case that the reflection occurs when the radius of the shell is very close to the gravitational radius \( 2M_+ \), the reflected null ray with \( \epsilon_o = -1 \) continues to move inward in \( D_+ \); in other words, the distant observers recognize the shell as an absorber of all null rays hitting the shell.

By taking the square of Eq. (A11) and using the relation

\[
A_L^2 - A_R^2 = \frac{b_i^2 F_+^3}{4V^4 R^2},
\]

resulting in

\[
A_L = A_R = \frac{R^2}{V^2 + F_+}.
\]
we obtain
\[ \omega_o = \frac{2 \omega_i}{F_+} V^2 A_L. \]

Then, by regarding \( \omega_o \) as a function of \( L, \omega_i, R \) and \( V \), we have
\[ \frac{\partial \omega_o}{\partial L} = \frac{2 \omega_i V^2}{F_+} \frac{\partial A_L}{\partial L} = \frac{2 b_i V^2}{R^2} \left[ \frac{1 + \frac{F_+}{V^2}}{1 - \frac{b_i^2}{R^2} F_+} \right] > 0. \]

This result implies that \( \omega_o \) of the reflected null ray that can go away is bounded from the value with \( L = \omega_i b_{cr} \). When \( b_i \) is equal to \( b_{cr} \), \( A_R \) vanishes, and hence
\[ 1 - \frac{b_o^2}{R^2} F_+ = 0 \]
holds; the reflected null ray has vanishing radial component of \( l^\alpha \). In this case, Eq. (A5) leads to
\[ \omega_o \big|_{b_i=b_{cr}} = \frac{\omega_i F_+}{2 V^2 + F_+}. \]

Hence, the angular frequency of the reflected null ray is bounded from the above as
\[ \omega_o < \frac{\omega_i F_+}{2 V^2 + F_+}. \]

For \( 0 < F_+ \ll 1 \), the reflected null ray with \( \epsilon_o = +1 \) suffers indefinitely large redshift, i.e., \( \omega_o \ll \omega_i \). Note that, in the case of \( V = 0 \), i.e., the static shell, \( \omega_o = \omega_i \). The redshift of the reflected null ray is caused by the contraction of the shell.

2. Transmitted case

We study the redshift of a null ray in the case that it is transmitted through the shell. The null ray is assumed to be in \( D_+ \) initially, enter \( D_- \), and then return to \( D_+ \). We are interested in the case that when the null ray returns from \( D_- \) to \( D_+ \), the radius \( R \) of the shell is very close to the gravitational radius \( 2 M_+ \); here our attention is concentrated at the moment of this return. The angular frequency and the impact parameter of the null ray in \( D_- \) are denoted by \( \omega_- \) and \( b_- \), respectively, whereas those of the null ray after returning to \( D_+ \) are denoted by \( \omega_+ \) and \( b_+ \), respectively.

The inequality \( l_an^\alpha > 0 \), or equivalently,
\[ 1 + \epsilon \sqrt{\left( 1 + \frac{1}{V^2} \right) \left( 1 - \frac{b_i^2}{R^2} \right)} > 0 \]
should hold just before the null ray hits the shell in $D_-$, where $V$ has been defined as Eq. (A6). Equation (A15) is necessarily satisfied if $\epsilon$ is equal to unity. On the other hand, $\epsilon > R \sqrt{V^2 + 1}$ should hold in the case of $\epsilon = -1$. We will study these cases separately. But in both cases, the continuity of $l_\alpha \hat{\phi}_\alpha$ leads to 

$$\omega_- b_- = \omega_+ b_+.$$ 

Since it is non-trivial whether $\epsilon$ is equal to $+1$ after entering $D_+$, $\epsilon$ in $D_+$ is denoted by $\epsilon_+$. 

First, we consider the case of $\epsilon = -1$ in $D_-$. In the transmitted case, all components of $l^\alpha$ should be everywhere continuous; the continuity of $l_\alpha u^\alpha$ leads to 

$$\omega_- \left[ \sqrt{1 + \frac{1}{V^2}} - \sqrt{1 - \frac{b_-^2}{R^2}} \right] = \frac{\omega_+}{F_+} \left[ \sqrt{1 + \frac{F_+}{V^2}} + \epsilon_+ \sqrt{1 - \frac{b_-^2}{R^2} F_+} \right], \quad (A17)$$

whereas the continuity of $l_\alpha n^\alpha$ leads to 

$$\omega_- \left[ 1 - \sqrt{\left( 1 + \frac{1}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} \right] = \frac{\omega_+}{F_+} \left[ 1 + \epsilon_+ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} F_+ \right)} \right], \quad (A18)$$

where $F_+ = F_+(R)$. As in the reflected case, by dividing each side of Eq. (A17) by each side of Eq. (A18) and further by a few manipulations, we have 

$$B_L \sqrt{1 - \frac{b_-^2}{R} F_+} = \epsilon_+ B_R, \quad (A19)$$

where 

$$B_L = \sqrt{1 + \frac{1}{V^2}} \left( \sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right) - \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} - 1, \quad (A20)$$

$$B_R = \sqrt{1 + \frac{F_+}{V^2} + \sqrt{1 - \frac{b_-^2}{R^2}}} - \sqrt{1 + \frac{1}{V^2} \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 \right]}. \quad (A21)$$

Since we have 

$$\left( 1 + \frac{1}{V^2} \right) \left( \sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right)^2 - \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 \right]^2$$

$$= \frac{1}{V^2} \left( \sqrt{1 + \frac{F_+}{V^2} + \sqrt{1 - \frac{b_-^2}{R^2}} \right)^2 + \frac{b_-^2 F_+}{V^2 R^2} > 0, \quad (A22)$$
B_L > 0 holds. We also have
\[
\left( \sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right)^2 - \left( 1 + \frac{1}{V^2} \right) \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 \right]^2
\]
\[
= - \frac{1}{V^2} \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 \right]^2 + \frac{b_- F_+}{V^2 R^2}
\]
\[
= - \frac{1}{V^2} \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 + \frac{b_- \sqrt{F_+}}{R} \right] \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 - \frac{b_- \sqrt{F_+}}{R} \right]
\]
\[
\times \left[ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1 - \frac{b_-}{R} + \frac{b_-}{R} \left( 1 - \sqrt{F_+} \right) \right] < 0,
\]
(A23)
where, in the last inequality, we have used the fact that \( b_- / R \leq 1 \) and \( \sqrt{F_+} < 1 \), and hence \( B_R < 0 \) holds. Through Eq. (A17), this result implies that \( \epsilon_+ \) is equal to \(-1\). This result implies that in the case of \( \epsilon_- = -1 \), the null ray keeps going inward even after returning to \( D_+ \) and is effectively absorbed by the contracting shell.

Next, we consider the case of \( \epsilon = +1 \) in \( D_- \). By the similar argument to the case of \( \epsilon = -1 \) in \( D_+ \), the continuity of \( l_a u^a \) leads to
\[
\omega_- \left[ \sqrt{1 + \frac{1}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right] = \frac{\omega_+}{F_+} \left[ \sqrt{1 + \frac{F_+}{V^2}} + \epsilon_+ \sqrt{1 - \frac{b_-^2}{R^2} F_+} \right],
\]
(A24)
whereas the continuity of \( l_a n^a \) leads to
\[
\omega_- \left[ 1 + \sqrt{\left( 1 + \frac{1}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} \right] = \frac{\omega_+}{F_+} \left[ 1 + \epsilon_+ \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} F_+ \right)} \right].
\]
(A25)
By dividing each side of Eq. (A24) by each side of Eq. (A25) and by a few simple manipulations, we have
\[
C_L \sqrt{1 - \frac{b_-^2}{R^2} F_+} = \epsilon_+ C_R,
\]
(A26)
where
\[
C_L = \sqrt{1 + \frac{F_+}{V^2}} \left( \sqrt{1 + \frac{1}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right) - \sqrt{\left( 1 + \frac{1}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} - 1,
\]
(A27)
\[
C_R = -\sqrt{1 + \frac{1}{V^2}} - \sqrt{1 - \frac{b_-^2}{R^2}} + \sqrt{\left( 1 + \frac{F_+}{V^2} \right) \left( 1 - \frac{b_-^2}{R^2} \right)} + 1.
\]
(A28)
By the similar prescription to that in the case of $B_L$, we can see $C_L > 0$. Hence, $C_R$ should be positive so that $\epsilon_+ \text{ is equal to } +1$, although the sign of $C_R$ is non-trivial. In order to know it, we study the following quantity

$$C_R := \left(1 + \frac{F_+}{V^2}\right) \left[\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right) + 1} - \sqrt{1 + \frac{1}{V^2} + \sqrt{1 - \frac{b_-^2}{R^2}}}\right]^2 - \left(\sqrt{1 + \frac{1}{V^2} + \sqrt{1 - \frac{b_-^2}{R^2}}}\right)^2\right.$$

$$= \frac{F_+}{V^2} \left[\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right) + 1} + 1 / \sqrt{F_+} - b_- / R \sqrt{F_+}\right]$$

$$\times \left[\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right) + 1} - b_- / \sqrt{F_+}\right]$$.

(A29)

$C_R$ is positive, if and only if $C_R$ is positive. We can see that $C_R$ is positive if and only if

$$\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right) + 1} - b_- / \sqrt{F_+} > 0$$

(A30)

holds. If

$$b_- / R \sqrt{F_+} \leq 1$$

(A31)

is satisfied, Eq. (A30) holds. By contrast, in the case of

$$b_- / R \sqrt{F_+} > 1$$

(A32)

we rewrite Eq. (A30) in the form

$$\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right) + 1} > b_- / \sqrt{F_+} - 1$$

and take the square of its both sides and, as a result, obtain

$$\left[(V^2 + 1) F_+ + V^2\right] b_-^2 / R^2 - 2V^2 \sqrt{F_+} b_- / R - F_+ < 0.$$  

Then, we have

$$V^2 \sqrt{F_+} - \sqrt{(V^2 + 1)(V^2 + F_+)} F_+ < b_- / R < \frac{V^2 \sqrt{F_+} + \sqrt{(V^2 + 1)(V^2 + F_+)} F_+}{(V^2 + 1) F_+ + V^2}$$

(A33)

In order that the intersection between Eqs. (A32) and (A33) is not empty,

$$\sqrt{F_+} < \frac{V^2 \sqrt{F_+} + \sqrt{(V^2 + 1)(V^2 + F_+)} F_+}{(V^2 + 1) F_+ + V^2}$$
should hold. We are interested in the case of \( F_+ \ll 1 \) in which this inequality is satisfied. Hence, in the case of \( F_+ \ll 1 \), \( C_R \) is positive if and only if
\[
b_- < b_{cr} \tag{A34}
\]
holds, where
\[
b_{cr} := \frac{R \left[ V^2 \sqrt{F_+} + \sqrt{(V^2 + 1)(V^2 + F_+)} \right]}{(V^2 + 1) F_+ V^2} \tag{A35}
\]
holds.

By using
\[
C_L^2 - C_R^2 = \frac{b_-^2 F_+}{V^4 R^2}, \tag{A36}
\]
we have from Eq. \( \text{(A26)} \)
\[
\omega_+ = \omega_- V^2 C_L. \tag{A37}
\]
As in the reflected case, by regarding \( \omega_+ \) as a function of \( L, \omega_-, R \) and \( V \), we have
\[
\frac{\partial \omega_+}{\partial L} = \omega_- V^2 \frac{\partial C_L}{\partial L} = \frac{b_- V^2}{R^2} \sqrt{1 + \frac{1}{V^2}} - \sqrt{1 + \frac{F_+}{V^2}} \frac{\sqrt{1 - \frac{b_-^2}{R^2}}}{\sqrt{1 + \frac{F_+}{V^2}}} > 0.
\]
Hence, \( \omega_+ \) of the null ray with \( \epsilon_+ = +1 \) that can escape to infinity is bounded from above by the value of \( \omega_+ \big|_{b_- = b_{cr}} \). Since \( C_R \big|_{b_- = b_{cr}} = 0 \) holds, we have, from Eq. \( \text{(A36)} \),
\[
C_L \big|_{b_- = b_{cr}} = \frac{b_{cr} \sqrt{F_+}}{V^2 R}. \tag{A38}
\]
Substituting Eq. \( \text{(A38)} \) into Eq. \( \text{(A37)} \), we have
\[
\omega_+ \big|_{b_- = b_{cr}} = \omega_- \frac{b_{cr} \sqrt{F_+}}{R},
\]
and hence, in the case of \( V > 0 \),
\[
\omega_+ < \omega_+ \big|_{b_- = b_{cr}} = \frac{\omega_- F_+}{V (\sqrt{V^2 + 1} - V)} \left[ 1 + \mathcal{O}(F_+) \right].
\]
This result implies that the transmitted null ray going away to infinity suffers indefinitely large redshift in the limit of \( F_+ \to 0 \). Note that in the case of \( V = 0 \), i.e., the static shell, the angular frequency \( \omega_+ \) of the transmitted null ray is the same as that of the incident null ray, in \( D_+ \). The redshift of the transmitted null ray is caused by the contraction of the shell.
Appendix B: The conservation of the four-momentum

We show that the “four-momentum conservation” \((30)\) is consistent with the Bianchi identity \(\nabla_a T^{ab} = 0\). The stress-energy tensor of Shell \(I\) \((I = 0, 2, 3)\) is written in the form

\[
T^{ab} = S^{ab}(I) \delta(\chi(I)),
\]

where \(\delta(x)\) is Dirac’s delta function, and \(\chi(I)\) is the Gaussian normal coordinate: Shell \(I\) is located at \(\chi(I) = 0\).

We introduce a coordinate system \((\tau, \chi, \hat{\theta}, \hat{\phi})\) for the neighborhood of the decay event \(d\) to which the coordinates \((\tau, \chi) = (0, 0)\) is assigned. The coordinate \(\chi\) is the Gaussian normal coordinate associated to the hypersurface \(\Sigma\) that agrees with the world hypersurface of Shell 0 in \(D_0\) and \(D_1\) and is a \(C^{1-}\) extension of the world hypersurface of Shell 0 in \(D_2\), and hence \(\chi\) agrees with \(\chi(1)\) in \(D_0\) and \(D_1\). The coordinate basis vectors are chosen so that they are \(C^{1-}\) and agree with \(\left( u^a_{(0)}, n^a_{(0)}, \hat{\theta}^a, \hat{\phi}^a \right)\) defined as Eqs. \([21]-[27]\) at the decay event \(d\). We use the same notation for the coordinate basis as this tetrad basis.

By using the introduced coordinate basis, the stress energy tensors of the shells are written in the form,

\[
T^{ab}_{(0)} = \left( \sigma_{(0)} u^a_{(0)} u^b_{(0)} + P_{(0)} H^{ab} \right) \delta(\chi),
\]

\[
T^{ab}_{(1)} = \left( \sigma_{(1)} u^a_{(1)} u^b_{(1)} + P_{(1)} H^{ab} \right) \delta(\chi - X_{(1)}(\tau)) \left| \frac{\partial \chi_{(1)}(\tau, \chi)}{\partial \chi} \right|^{-1},
\]

\[
T^{ab}_{(2)} = \left( \sigma_{(2)} u^a_{(2)} u^b_{(2)} + P_{(2)} H^{ab} \right) \delta(\chi - X_{(2)}(\tau)) \left| \frac{\partial \chi_{(2)}(\tau, \chi)}{\partial \chi} \right|^{-1},
\]

where \(\chi = X_{(J)}(\tau)\) with \(X_{(J)}(0) = 0\) represents the world hypersurface of Shell \(J\) \((J = 1, 2)\). We have

\[
\frac{\partial \chi_{(1)}(\tau, \chi)}{\partial \chi} = (d\chi_{(1)})_a \left( \frac{\partial}{\partial \chi} \right)^a, \quad (B4)
\]

\[
\frac{\partial \chi_{(2)}(\tau, \chi)}{\partial \chi} = (d\chi_{(2)})_a \left( \frac{\partial}{\partial \chi} \right)^a, \quad (B5)
\]

where, at the decay event \(d\),

\[
(d\chi_{(1)})_a = \epsilon_{(1)} \sqrt{\Gamma^2_{(1)} - 1} u^a_{(0)} + \Gamma_{(1)} n^a_{(0)},
\]

\[
(d\chi_{(2)})_a = \epsilon_{(2)} \sqrt{\Gamma^2_{(2)} - 1} u^a_{(0)} + \Gamma_{(2)} n^a_{(0)},
\]

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and

\[
\left( \frac{\partial}{\partial \chi} \right)^a = n_{(0)}^a.
\]

Hence we have

\[
\frac{\partial \chi^{(1)}(\tau, \chi)}{\partial \chi} = \Gamma_{(1)}, \tag{B6}
\]

\[
\frac{\partial \chi^{(2)}(\tau, \chi)}{\partial \chi} = \Gamma_{(2)}. \tag{B7}
\]

FIG. 17: The domain of integration is schematically depicted by a dashed square.

We integrate the Bianchi identity \( \nabla_b T^{ab} = 0 \) over the small neighborhood of the decay event \( d \) shown in Fig. 17. The domain of integration is chosen so that the shells do not intersect the boundaries \( \chi = \pm \epsilon/2 \), only Shell 0 intersects the boundary \( \tau = -\delta/2 \), whereas
only Shell 1 and Shell 2 intersects the boundary \( \tau = +\delta/2 \). Then, we have

\[
0 = \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \sqrt{-g} n_b^{(0)} \nabla_a T^{ab}
\]

\[
= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \sqrt{-g} \left[ \nabla_a \left( T^{ab} u_b^{(0)} \right) - T^{ab} \nabla_a u_b^{(0)} \right]
\]

\[
= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left( \sqrt{-g} T^{ab} u_b^{(0)} \right) + O(\varepsilon^2 \delta)
\]

\[
= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left[ \sqrt{-g} \left( T^{ab} u_b^{(0)} + T^{ab} u_b^{(0)} \right) \right]_{\tau=+\delta/2} - \sqrt{-g} T^{ab} u_b^{(0)} \right]_{\tau=-\delta/2}
\]

\[
+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left( \sqrt{-g} T^{ab} u_b^{(0)} \right)_{\chi=+\varepsilon/2} - \sqrt{-g} T^{ab} u_b^{(0)} \right]_{\chi=-\varepsilon/2}
\]

\[
+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left( \sqrt{-g} T^{ab} u_b^{(0)} \right)_{\hat{\theta}=+\varepsilon/2} - \sqrt{-g} T^{ab} u_b^{(0)} \right]_{\hat{\theta}=-\varepsilon/2}
\]

\[
+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left( \sqrt{-g} T^{ab} u_b^{(0)} \right)_{\hat{\phi}=+\varepsilon/2} - \sqrt{-g} T^{ab} u_b^{(0)} \right]_{\hat{\phi}=-\varepsilon/2}
\]

\[
+ O(\varepsilon^2 \delta)
\]

\[
= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left[ \sqrt{-g} \left( T^{ab} u_b^{(0)} + T^{ab} u_b^{(0)} \right) \right]_{\tau=+\delta/2}
\]

\[
- \sqrt{-g} T^{ab} u_b^{(0)} u_b^{(0)} \right]_{\tau=-\delta/2}
\]

\[
= \sqrt{-g} u_{\tau}^{(0)} \left( \sigma_1 \Gamma_{(1)} + \sigma_2 \Gamma_{(2)} - \sigma_{(0)} \right) \varepsilon^2 + O(\varepsilon^2 \delta),
\]

where we have used the finiteness of \( \nabla_a u_b \) in the third equality, \( T^{ab} \right|_{\chi=\pm\varepsilon/2} = 0 \) due to the situation we consider (see Fig. 17), and \( T^{ab} \hat{\phi}_a u_b \right|_{\theta=+\varepsilon/2} = T^{ab} \hat{\phi}_a u_b \right|_{\theta=-\varepsilon/2} \) and \( T^{ab} \hat{\phi}_a u_b \right|_{\hat{\phi}=+\varepsilon/2} = T^{ab} \hat{\phi}_a u_b \right|_{\hat{\phi}=-\varepsilon/2} \) due to the spherical symmetry in the forth equality, and \( u_a^{(0)} \right|_{\tau=\pm\delta/2} = u_a^{(0)} \right|_{\tau=0} \right[ 1 + O(\delta) \] and Eqs. (B1)–(B3) in the final equality. Hence, in the limit of \( \delta \to 0 \), by multiplying Eq. (B8) by \( 4\pi r_a^2 \), we obtain Eq. (B1).

By the similar manipulations to those in Eq. (B8), we have

\[
0 = \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \sqrt{-g} n_b^{(0)} \nabla_a T^{ab}
\]

\[
= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi \int_{-\varepsilon/2}^{+\varepsilon/2} d\hat{\phi} \left[ \sqrt{-g} \left( T^{ab} n_b^{(0)} + T^{ab} n_b^{(0)} \right) u_a^{(0)} \right]_{\tau=+\delta/2} - \sqrt{-g} T^{ab} n_b^{(0)} u_a^{(0)} \right]_{\tau=-\delta/2}
\]

\[
= - \sqrt{-g} u_{\tau}^{(0)} \left( \epsilon_1 \sigma_1 \sqrt{\Gamma_{(1)}^2 - 1} + \epsilon_2 \sigma_2 \sqrt{\Gamma_{(2)}^2 - 1} \right) \varepsilon^2 + O(\varepsilon^2 \delta).
\]
Hence, in the limit of $\delta \to 0$, by multiplying Eq. (B8) by $4\pi r_d^2$, we obtain Eq. (32).

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