Variant Medical Treatment of Mental Diseases with Help of Gene Engineering

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Abstract In article personal experience of treatment from perseverance depression is presented, appeared on the basis of own guesses and references. However full medical treatment, in my opinion, can achieve only as a result of gene engineering by inversion of DNA or transformation of its thread to a ring.

Keywords: perseverance depression, meditation, gene engineering, inversion or transformation of a thread DNA into a ring

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1. Introduction

I’m not a psychology specialist as my specialization is hydrobiology, that’s why I can inform you only about my personal experience enriched by the literature sources. Perhaps, high sensitivity to the environment I’ve got from my mother as she had quite often excited out coming feelings called by non correct behave colleagues at work to mother-in-law behave at home. As she got older those excitement became stronger and she even consulted with psychologist. Besides dysfunctional genes the boxing trainings during my student time also made influence on my brain’s work, there I got several times strong cuff on my jaw and head. 2-3 month later after I’ve finished the boxing career I got troubles with memorizing of new material and the tension disease was appeared. One year later I’ve lefted the boxing my memory was recovered but the tension disease increased slow and study and only after many years it has been reduced a little after relaxing exercises. I wouldn’t have any obvious “cycling” until such time as one of my colleague not disturb my copyright. The violation was not so considerable, therefore I didn’t go to court, but I decided to write critique review on her two publications. To study her publications and write critique review I spent 12 hours daily during Christmas holidays and also during several months at work and all my thoughts were devoted only to that process.

In mid summer after making physical work at the infield and thinking about the critical reviews there something clicked in my head and my consciousness became disturbed. I started to look for solutions to release from that state and came to conclusion that during wakefulness I can control only the clenched teeth. In dream the brain didn’t have rest and it continued to function and in the morning my consciousness was like a man consciousness who didn’t sleep all night long. Perhaps the lack of delta dream (the 3rd and the 4th Phase Slow Dream (PSD)) contributed to my depression condition, and in the Phase of Rapid Dream (PFD) duration of a stage Rapid Movement of Eyes (REM) was reduced [1]. At this stage the brain form our psychology and multiple violations of rapid dream can lead to undesirable sequences [2]. Perhaps, the depression state is facilitated by the fact that during the sleep brain works and it doesn’t receive the usual information for it from the future. It is known that according to the relativity theory the time depends on the movement speed. During wakefulness the person is in usual time, in cosmos he happens in past and during the dream in future time. It seems during the active phase of REM dream he scans the future information [3] which spreads faster then the light speed [4]. The skull bones which protect brain from electromagnetic field that sway ions in the axoplasm of neurons help the light signal penetration from other time through closed eyes to the occipital part for memorizing. In non protected neurons the vibration ions collide with a flux of conduction electrons that leads to the resisting increase and slow down the passage of a nerve impulse. Positive influence of neuron coverage on signal speed confirms the existence of myelin coats which thinning slows down the impulse speed [5].

In order to increase sleep quality I started to take two pills of glycine under my tongue, one pill (100 mg) contains 1 mg water soluble methyl cellulose and 1 mg of magnesium stearate. This preparation I took about 3 months and then I read about the method of falling asleep as yogas use. It consisted of step by step relaxing all body parts. At the beginning in bed I took three full ventilation in like yogas do and with 15 seconds ventilation hold and 15 seconds slow breathing out. Then in my mind I asked...
my feet to get relax, then my ankle and steadily I reached to the head. After relaxing in my mind I brought together the closed eyes in one point and started to imagine green field in front of me. As a rule I got asleep during those procedures.

After waking up the primitive meditation played a key role in my recovery I tried to put attention only to my vision, then hearing, smell, the work of heart, brain and speech. After that I made physical trainings during 10 minutes. My nutrition often consisted of vegetables spiced with curry sauce, chili, fruits and nuts that have good influence on brain work [6]. Very significant for fast waking up and recovery was morning coffee which I drunk with such additives as ginger root, burdock, dandelion, rose hips and hawthorn. Sometimes after food taking in I ate the mint leaf. In summer during work on my infield I ate several oregano leafs. Perhaps fruit and vegetables eating and making physical trainings that changes by the relax time can stimulate new neuron appearance from stem cells situated in hippocampus – the brain structure staying in the cortex depth [6]. Not less important moment of my recovery became singing. It helped me to stop “looping” at on thought and diverse singing repertoire made the mood good and expanded the range of thoughts. The pleasant music enhances the release of the neurotransmitter dopamine known as “hormone of happiness” [7]. Of course, the very important factor of my recovery became my revealing publications that stopped the copyright problem and also watching of interesting movies and sport channels. Now, armed with that method, I prevent the possibility which calls for the thoughts looping in its very beginning.

It is possible that demineralization of old people bone tissue protects weaker the brain from external electromagnetic field that leads to the ions vibrating amplification and slow down the nerve impulse in the brain neurons. Hence, the Alzheimer's disease is caused not only myelinic covers destruction at neurons but also by the bone tissue demineralization at an old age.

In order to protect from electromagnetic waves A.L. Chizhevskiy already in 1936 [8] offered to cover treatment ward with the iron sheets. It seems that the skull bones have protective reduction properties and it is one of the reason why old people are suffer from meteosensitivity and migraine. At the present time there are articles in Healthy Life Style (HLS) journal which describe migraine attacks relief cases after bearing of copper wire rings on head. However, the age psycho-somatic disease full recovery, in my opinion, it is possible only by inversion the DNA part or by the means of DNA string convolution into a ring as at bacteria (Figure 1). Long preservation in cytoplasm of free fragments DNA before embedding in a chromosome, is probable, possible only provided that these fragments form ring structures [9]. In case of DNA part reversion at 180° (Figure 2) the time arrow of vivid organism will be reversed and the looping of “young” DNA part (Figure 3) will lead to the breather will be eternally young and won’t reach old age. In photos published [10], it is possible to find out cases of a turn of DNA on 180° (Figure 4) or its looping (Figure 5) in people.
Figure 5. Brook Shrinberg (at the left) till 20 years looked the one-year-old child

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