The ARRIVE guidelines 2.0: author checklist

**The ARRIVE Essential 10**

These items are the basic minimum to include in a manuscript. Without this information, readers and reviewers cannot assess the reliability of the findings.

| Item | Recommendation | Section/line number, or reason for not reporting |
|------|----------------|--------------------------------------------------|
| Study design | For each experiment, provide brief details of study design including: | |
| | a. The groups being compared, including control groups. If no control group has been used, the rationale should be stated. | line number 121-123/139-140 |
| | b. The experimental unit (e.g. a single animal, litter, or cage of animals). | line number 121-123 |
| Sample size | a. Specify the exact number of experimental units allocated to each group, and the total number in each experiment. Also indicate the total number of animals used. | |
| | b. Explain how the sample size was decided. Provide details of any a priori sample size calculation, if done. | |
| Inclusion and exclusion criteria | a. Describe any criteria used for including and excluding animals (or experimental units) during the experiment, and data points during the analysis. Specify if these criteria were established a priori. If no criteria were set, state this explicitly. | |
| | b. For each experimental group, report any animals, experimental units or data points not included in the analysis and explain why. If there were no exclusions, state so. | |
| | c. For each analysis, report the exact value of n in each experimental group. | |
| Randomisation | a. State whether randomisation was used to allocate experimental units to control and treatment groups. If done, provide the method used to generate the randomisation sequence. | |
| | b. Describe the strategy used to minimise potential confounders such as the order of treatments and measurements, or animal/cage location. If confounders were not controlled, state this explicitly. | |
| Blinding | Describe who was aware of the group allocation at the different stages of the experiment (during the allocation, the conduct of the experiment, the outcome assessment, and the data analysis). | line number 443-455 |
| Outcome measures | a. Clearly define all outcome measures assessed (e.g. cell death, molecular markers, or behavioural changes). | |
| | b. For hypothesis-testing studies, specify the primary outcome measure, i.e. the outcome measure that was used to determine the sample size. | line number 208-211/223-228 |
| | line number 162-183 |
| Statistical methods | a. Provide details of the statistical methods used for each analysis, including software used. | |
| | b. Describe any methods used to assess whether the data met the assumptions of the statistical approach, and what was done if the assumptions were not met. | line number 199-203 |
| | line number 201-203 |
| Experimental animals | a. Provide species-appropriate details of the animals used, including species, strain and substrain, sex, age or developmental stage, and, if relevant, weight. | |
| | b. Provide further relevant information on the provenance of animals, health/immune status, genetic modification status, genotype, and any previous procedures. | line number 120-121 |
| Experimental procedures | For each experimental group, including controls, describe the procedures in enough detail to allow others to replicate them, including: | |
| | a. What was done, how it was done and what was used. | |
| | b. When and how often. | |
| | c. Where (including detail of any acclimatisation periods). | |
| | d. Why (provide rationale for procedures). | |
| Results | For each experiment conducted, including independent replications, report: | |
| | a. Summary/descriptive statistics for each experimental group, with a measure of variability where applicable (e.g. mean and SD, or median and range). | line number 125-132 |
| | line number 122 |
| | line number 125-132 |
| | line number 443-455 |
| | line number 208-211/223-228 |
| | line number 162-183 |
| | line number 199-203 |
| | line number 201-203 |
| | line number 120-121 |
| | line number 125-134/139-143 |
| | line number 127/131/135/141/142 |
| | line number 121-134/138-143 |
| | line number 51-66/97-108 |
| | line number 205-296 |
| | p<0.05/0.01 |
The Recommended Set

These items complement the Essential 10 and add important context to the study. Reporting the items in both sets represents best practice.

| Item                                | Recommendation                                                                 | Section/line number, or reason for not reporting |
|--------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------|
| Abstract                             | Provide an accurate summary of the research objectives, animal species, strain and sex, key methods, principal findings, and study conclusions. | line number 22-46                               |
| Background                           | a. Include sufficient scientific background to understand the rationale and context for the study, and explain the experimental approach.  
  b. Explain how the animal species and model used address the scientific objectives and, where appropriate, the relevance to human biology. | line number 51-108  
  line number 100-108/298-300 |
| Objectives                           | Clearly describe the research question, research objectives and, where appropriate, specific hypotheses being tested. | line number 23-25                               |
| Ethical statement                    | Provide the name of the ethical review committee or equivalent that has approved the use of animals in this study, and any relevant licence or protocol numbers (if applicable). If ethical approval was not sought or granted, provide a justification. | line number 118-120                               |
| Housing and husbandry                | Provide details of housing and husbandry conditions, including any environmental enrichment. | line number 123-125                               |
| Animal care and monitoring           | a. Describe any interventions or steps taken in the experimental protocols to reduce pain, suffering and distress.  
  b. Report any expected or unexpected adverse events.  
  c. Describe the humane endpoints established for the study, the signs that were monitored and the frequency of monitoring. If the study did not have humane endpoints, state this. | line number 129  
  Six rats died during the experiment.  
  line number 134-135 |
| Interpretation/ scientific implications | a. Interpret the results, taking into account the study objectives and hypotheses, current theory and other relevant studies in the literature.  
  b. Comment on the study limitations including potential sources of bias, limitations of the animal model, and imprecision associated with the results. | line number 205-308  
  line number 309-312 |
| Generalisability/ translation        | Comment on whether, and how, the findings of this study are likely to generalise to other species or experimental conditions, including any relevance to human biology (where appropriate). | line number 306-308/371--378                      |
| Protocol registration                | Provide a statement indicating whether a protocol (including the research question, key design features, and analysis plan) was prepared before the study, and if and where this protocol was registered. | line number 118-120                               |
| Data access                          | Provide a statement describing if and where study data are available. | line number 440                                   |
| Declaration of interests             | a. Declare any potential conflicts of interest, including financial and non-financial. If none exist, this should be stated.  
  b. List all funding sources (including grant identifier) and the role of the funder(s) in the design, analysis and reporting of the study. | line number 433-437                               |

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