J-slot EBG structure for SAR Reduction of Dual Band J-slot Textile Antenna

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ABSTRACT
In this article, the dual band is achieved with J-slot on rectangular Textile antenna on Jeans fabric as substrate. It resonates at the 2.4 GHz and 5.4 GHz of Wireless Body Area Network (WBAN) bands. The novel J-slot Electromagnetic Band Gap (EBG) array consists of 2x2 elements. It is used as superstrate of J-slot textile antenna for Specific Absorption Rate (SAR) reduction and gain enhancement. The Reflection coefficient and VSWR of dual band textile antenna are simulated and measured with and without human body.

Keywords:
J-slot EBG
SAR
Textile antenna
WBAN

1. INTRODUCTION
In the recent years, the demand is increased for multiband textile antennas because the WBAN is used for different wearable applications. It supports body to body and on-body communications. The wearable electronic devices on body can communicate using wearable antennas [1], [2].

The textile antennas are similar to Microstrip antenna but conductive and nonconductive materials of microstrip antenna are replaced with conductive (Shieldit, Zelt and Flectron) and non-conductive (jeans, felt and Dacron) fabrics, then it is called textile antenna. Textile antennas are easily embedded with garments. The textile antennas are comfortable, flexible, light weight to wear on human body and very low cost [3], [4].

EM waves are produced by textile antennas, when antennas are close to the human body, the body absorbs EM energy so the body tissues are more effected due to these waves. How much of EM energy is absorbed by tissues is calculated using Specific Absorption Rate (SAR)

\[ SAR = \frac{\sigma E_i^2}{\rho} \]  

\[ \sigma \] -conductivity(S/m), \( E_i \)-Electric-field (V/m) and \( \rho \) - Density (kg/m\(^3\)) of body tissue respectively. As for FCC standards, the averaged SAR value must be less than 1.6 W/kg for 1 g of tissue and for European, the value must be less than 2 W/kg for 10 g of tissue [5].
In [6], dual band monopole, wearable antenna is designed with EBG structure for SAR reduction. It covers GSM, ISM bands and EBG array is kept under the patch. In [7], the authors proposed felt cloth as substrate for double band wearable antenna resonant at the 2.45 GHz and 5.5 GHz with 3x3 EBG array. It improves gain and reduces the SAR. In [8], the Artificial Magnetic Conductor (AMC) is embedded with dual band slot dipole wearable antenna for SAR reduction with coaxially fed and AMC array is 4x4. In [9], authors used polyurethane foam for substrate and Shieldit textile for patch, ground. U–slot, slits on rectangular patch and shorting pins are used to design dual band textile antenna for ISM and HiperLAN bands. In [10], jeans cloth is substrate, two bands polygon shape textile antenna is implemented with circular slot, slits on patch and it resonates at 900 MHz and 1800 MHz bands. SAR values that are changed depends on thickness of tissues are observed. In [11], the authors proposed dual band wearable antenna for MIMO applications and multi band is achieved due to shorting wall of the patch, vias and felt is substrate. The SAR values are 0.056 W/kg at 2.45 GHz and 0.067 W/kg at 5.5 GHz and input power is 0.5 W. In [12], the multi band G-shape monopole antenna with inverted L-shape parasitic elements is designed for computer applications. SAR is reduced to less than 1.4 W/Kg over 1-g of tissue and FR4 is substrate. In [13], authors used polyurethane foam for substrate, Shieldit textile for patch, ground. U–slot, slits on rectangular patch and shorting pins are used to design dual band textile antenna for ISM and HiperLAN bands. In [14], jeans cloth is substrate, two bands polygon shape textile antenna is implemented with circular slot, slits on patch and it resonates at 900 MHz and 1800 MHz bands. SAR values that are changed depends on thickness of tissues are observed. In [15], the authors proposed mush-room CRLH-TL metamaterials structure inspired wearable antenna for SAR reduction at 2.4 and. 5.2 GHz bands. It is fabricated with felt and Shieldit super fabrics. In [14], the circular ring, trimmed patch are combined and two feeds are used, one feed for circular ring and another feed for trimmed path, then the dual band is achieved. It is implemented with felt, shieldex fabrics and embedded into military berets for GPS L1 and ISM bands applications. In [15], LV logo shaped wearable antenna is designed using conductive textile and leather as a substrate. In LV logo antenna, dual band is achieved using longer thin and shorter thick arms of the antenna, it resonates at 2.45 GHz and 4.5 GHz bands. In [16], the authors created two arc slots and shorting pins on circular patch for dual band wearable antenna. The polydimethylsiloxane (PDMS) is used as nonconductive fabric and NCS95R-CR is a nylon ripstop fabric coated with nickel, copper and silver is used as conductive fabric for textile antenna. It is tuned to resonate at 2.45 GHz and 5.8 GHz bands. In [17], the first octagonal antenna with FR-4 substrate operated in single band, then the inverted E slot is created on first antenna and it is operated in the dual band. In [18], the authors designed antenna by two elements with different lengths with FR-4 material then the two bands achieved.it is fed by coplanar wave guide. In [19], the dual band antenna is implemented by circular patch with two stubs and it is fed by proximity coupled line.

This paper is arranged as, design, prototype of J-slot dual band textile antenna and proposed method is given in Section II. In section III, results and SAR analysis of proposed dual band textile antenna are shown. Finally, the conclusions are given in Section IV.

2. TEXTILE ANTENNA DESIGN METHODOLOGY
2.1. Dual band J-slot Textile Antenna Design

First, the dual band textile antenna is implemented with a J-slot on rectangular patch. The Figure 1 (a) shows the front view of dual band textile antenna and Figure1 (b) is the side view of antenna. It is combination of ground, substrate and patch. The J-slot is created on textile patch antenna. The size of the rectangular patch is L=38 mm and width is W=32 mm. The dimensions of J-slot are L1=6 mm, L2=16 mm, L3=22 mm and width is 1mm. The Lc=71 mm, Wc=68 mm, h=2.4 mm are length, width and height of substrate. The Jeans fabric is used as substrate with dielectric constant 1.67, loss tangent 0.023. The size of the ground plane is 71 mm x 68 mm. The Lc=28 mm, Wc=2 mm are length and width of Microstrip feed line.

![Figure 1. Schematic of proposed Textile antenna, (a) Front, (b) Side view](image-url)
2.2. J-slot EBG structure

The proposed square shape EBG cell with J-slot is shown in Figure 2. The J-slot is created on square EBG cell for dual band operation of cell. The length and width of EBG cell are equal i.e. \( L_e = W_e = 32 \text{ mm} \). The parameters of J-slot are \( L_{s1} = 5 \text{ mm}, L_{s2} = 15 \text{ mm}, L_{s3} = 10 \text{ mm} \) and width is 1 mm. Here, jeans cloth used as a substrate. The gap between adjacent cells are 0.6 mm, then the periodicity of J-slot EBG cell is 32.6 mm along the Y-direction. The Floquet port is used for excitation of periodic J-slot EBG cell.

![Figure 2. Geometry of Proposed J-slot EBG cell](image)

The fabricated J-slot textile antenna without EBG is shown in Figure 3(a). The fabricated J-slot EBG structure is used as a superstrate of the J-slot Textile antenna is shown in figure 3(b) and it is positioned 0.8 mm height from the patch of J-slot Textile antenna. The layers of textile antenna are manually cut by scissor and layers are stitched.

![Figure 3. Prototype of Proposed J-slot textile antenna front view (a) without EBG (b) with J-slot EBG structure](image)

2.3. J-slot Textile Antenna with J-slot EBG Structure

The Figure 4 (a) shows the J-slot textile antenna with J-slot EBG structure on phantom model of human body and Figure 4 (b) is side view of Textile antenna. The dimensions of textile antenna are same for without and with human body. The J-slot EBG structure is used as superstrate for textile antenna and \( d_2 = 0.8 \text{ mm} \) is the distance between the J-slot patch and J-slot EBG array. The size of the J-slot EBG array is 2 x 2. The air gap between Phantom model and Ground plane of J-slot Textile antenna is \( d_1 = 2 \text{ mm} \).

![Figure 4. Simulated J-slot Textile antenna with J-slot EBG array, (a) Front View, (b) Side View](image)
3. RESULTS AND DISCUSSION

All the Results are simulated using Ansoft HFSS software for the proposed Dual Band J-slot Textile antenna. The Figure 5 shows reflection phase of dual band J-slot EBG cell. The reflection phase is nearly $0^\circ$ at 2.43 GHz and at 5.42 GHz, so the J-slot EBG cell operates in dual band.

![Figure 5. The Reflection Phase of J-slot EBG structure](image)

The Figure 6 shows the J-slot dual band textile antenna without EBG structure resonates at 2.4 GHz, with Reflection coefficient of -11.7 dB, impedance bandwidth is 170 MHz and at 5.4 GHz with Reflection coefficient of -22.1 dB, impedance bandwidth is 320 MHz.

![Figure 6. The J-slot dual band Textile Antenna without EBG array and without Phantom Model](image)

The Reflection coefficient of the J-slot textile antenna without EBG structure on Phantom model is shown in Figure 7. The dual band textile antenna resonates at 2.2 GHz with Reflection coefficient of -15.4 dB, impedance bandwidth is 240 MHz and another band resonates at 6 GHz with Reflection coefficient of -16.9 dB, impedance bandwidth is 300 MHz. Here, -10 dB is the reference line for calculation of Impedance Bandwidth. The frequency shift is occurred due to phantom model of human body.

![Figure 7. The J-slot Textile Antenna without EBG on Phantom Model](image)
The Figure 8 shows the measured Reflection coefficient of dual band J-slot textile antenna without J-slot EBG array on human body. It resonates at 2.46 GHz, 6.39 GHz with Reflection coefficients -11.9 dB, -18 dB respectively. Here, the frequency shift is occurred due to textile Antenna operates near to human body.

![Figure 8](image)

Figure 8. The dual band textile Antenna without EBG on human body

The Figure 9 (a) shows the simulated Reflection coefficient of dual band J-slot textile antenna with J-slot EBG structure as superstrate. The lower band resonates at 2.4 GHz with Reflection coefficient of -15.8 dB, impedance bandwidth is 160 MHz (2.3 GHz to 2.46 GHz) and second band resonates at 5.5 GHz with Reflection coefficient of -26.8 dB, impedance bandwidth is 320 MHz (5.32 GHz to 5.64 GHz). The Figure 9 (b) shows the measured Reflection coefficient of dual band J-slot textile antenna with EBG array as superstrate on human body. The dual bands of antenna are at 2.17 GHz, 5.47 GHz with Reflection coefficients of -22.9 dB, 25.3 dB respectively. The lower frequency band shift is occurred due to gap between layers of antenna.

![Figure 9](image)

Figure 9. The J-slot Textile Antenna with J-slot EBG on phantom model

The Figure 10(a) shows the simulated VSWR of the dual band J-slot textile antenna with J-slot EBG structure as superstrate on phantom model. The VSWR value is 1.63 at 2.4 GHz and 1.21 at 5.4 GHz. Both VSWR values are less than 2 and VSWR=2 is a reference line. The Figure 10(b) shows the measured VSWR of the dual band Textile antenna with J-slot EBG as a superstrate and antenna is positioned on the human body. The measured VSWR is 1.07, 1.11 at 2.17 GHz, 5.47 GHz respectively.

The Figure 11 shows the gain of the Dual Band J-slot textile antenna without EBG array on phantom model. The gain of the J-slot textile antenna at 2.4 GHz is -3.66 dB and at 5.4 GHz is 1.18 dB.
The Gain of the dual band J-slot textile antenna with J-slot EBG array on phantom model is shown in Figure 12. The gain of the dual band antenna is 2.44 dB at 2.4 GHz and 5.03 dB at 5.4 GHz. The gain of the textile antenna is improved due to J-slot EBG array. The EM waves are reflected between J-slot EBG structure and ground, then the aperture size of antenna is increased and surface waves are cancelled, so gain is enhanced and back radiation is reduced.
3.1. Analysis of SAR

The three layered rectangular phantom model of human body is created with Skin, Fat and Muscle [20] to simulate the SAR value of proposed textile antenna. The dimensions of the rectangular phantom model is 71x68x14 mm. The dielectric properties and thickness of tissues for the human phantom model are given in Table 1.

| Parameters     | Frequency | Skin | Fat | Muscle |
|----------------|-----------|------|-----|--------|
| Conductivity   | 2.4GHz    | 1.561| 0.102| 1.705  |
| (S/m)          | 5.4GHz    | 3.951| 0.267| 4.493  |
| Relative       | 2.4GHz    | 42.923| 5.285| 52.791 |
| permittivity   | 5.4GHz    | 39.118| 4.991| 49.015 |
| Loss Tangent   | 2.4GHz    | 0.272| 0.145| 0.241  |
| Thickness(mm)  | 5.4GHz    | 0.336| 0.178| 0.305  |

The averaged SAR value for dual band J-slot textile antenna without EBG array at 2.4 GHz is 2.76 W/kg and at 5.4 GHz is 2.90 W/kg for 0.5 W of input power are shown in Figure 13(a) and 13(b) respectively and it must be less than 2 W/kg over 10 g of tissues.

![Figure 13](image1.png)

Figure 13. SAR value of dual band textile antenna without EBG on body, (a) 2.4 GHz, (b) 5.4 GHz

The averaged SAR value of proposed dual band J-slot textile antenna with J-slot EBG array on phantom model of human body is shown in Figure 14. The averaged SAR value is 0.85 W/Kg at 2.4 GHz and 1.83 W/kg at 5.4 GHz for 10 g of tissue. The SAR value is reduced because back lobe is reduced due to J-slot EBG structure. It is less than the value specified by

![Figure 14](image2.png)

Figure 14. SAR value of dual band textile antenna with J-slot EBG structure on body, (a) 2.4 GHz, (b) 5.4 GHz
4. CONCLUSION

The proposed Textile antenna with J-slot EBG structure shows the better Radiation characteristics compare with the without EBG structure. The SAR values are reduced from 2.76 W/kg to 0.85 W/kg at 2.4 GHz, from 2.9 W/kg to 1.83 W/kg at 5.4 GHz over 10 g of tissue and gain is enhanced from -3.66 dB to 2.44 dB at 2.4 GHz, from 1.18 dB to 5.03 dB at 5.4 GHz using dual band J-slot textile antenna with J-slot EBG array as a superstrate on phantom model of human body. It is used for WBAN applications. The prototype dual band textile antenna resonates at 2.17 GHz and 5.47 GHz.

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