System of prevention of gynaecological diseases in high-productive cows under in a farm in the Udmurt Republic

Roman Rudakov, Liliya Khamitova*, Anastasiya Metlyakova, and Vyacheslav Milaev

Izhevsk State Agricultural Academy, Izhevsk 426069, Russia

Abstract. The purpose of the work is to develop a system for the restoration of the genital organs of cows after calving. We studied the therapeutic efficacy of drugs for the incidence of genital diseases of cows. The studies were conducted based on a complex of cattle of Black Motley breed at the facilities of Rico-Agro LLC in the Uvinsky district, Udmurt Republic. The average milk yield per lactation is 6250 kg. Most animals are susceptible to ovarian disease. The incidence of ovaries hypofunction increases annually. In the study of cows on the 60th day after calving, it was found that the uterus was ready for insemination in 86% of cows. However, the condition of the ovaries allows insemination of only 50% of the cows. The remaining animals needed treatment. The most common pathology was ovarian hypofunction. This is more common in highly productive cows and cows with a low body mass index. Three regimens for treating ovaries have been tested. The most effective Scheme 2 included Surfagon and an emulsion from ASD-2 and Tetravit. In the Scheme 2 group, 6 out of 8 cows were first successfully inseminated. It was established that using Estrofan on the first day after calving, it is possible to reduce the number of persistent corpus luteum.

1 Introduction

To achieve a high level of animal reproduction, regular monitoring of indicators characterizing the fecundity of each animal individually and the herd as a whole is necessary. Comparison of actual and planned (optimal) indicators allows you to correctly evaluate the work of livestock breeders in reproduction, calculate the economic damage from infertility or reduce fertility and outline reasonable measures for quickly changing the state in the desired direction [4].

Currently, there are three reliable methods for diagnosing the genitals of a cow: transrectal palpation, transrectal ultrasound, and endocrine testing. Although none of them meets all the criteria for an ideal test, each has its own advantages and disadvantages. The veterinarian should carefully review each test and determine which ones are most useful for the conditions. Of these methods, transrectal palpation is the most affordable and meets most criteria in most circumstances [5].

The ovaries (ovaria) are a paired organ with generative and endocrine functions. The ovary is a dynamic organ, and its structure undergoes constant cyclic changes through the reproductive period [3].

Purpose of this work is to develop a system for the best restoration of the genitals of cows in the conditions of the economy of Rico-Agro LLC, Uvinsky District, Udmurt Republic.

To achieve this goal, the following tasks have been developed:

• To study the prevalence of genital morbidity in cows at a particular farm; (clinical and instrumental research, ultrasound)
• To study the therapeutic efficacy of hormonal drugs for the restoration of the genitals in cows
• Develop treatment and prevention regimens;

Scientific novelty. For the first time in the Udmurt Republic, using the example of the complex of Rico-Agro LLC in the Uvinsky district, a comprehensive treatment regimen for recovering cows after calving was developed and tested on the basis of an individual farm study and the results of therapeutic measures.

2 Materials and Methods

Performing monthly gynecological medical examination of animals and analysis of the reproductive ability of females using various approaches to the restoration of animals after calving is important. So during the study period, 24 cow heads were observed from the first day after calving and until fruitful insemination. Animals are selected by the method of pairs of analogues. Animals were examined on the first day after calving for the presence of a delayed placenta and its absence, then on day 10, 20 to determine the condition of the uterus. The following observation was carried out one month after calving and 60 days after calving. The condition of the uterus was monitored using an ultrasound scanner (Draminski), as well as rectal palpation of the genital organs. To study the condition of animals on the farm, they used: a retrospective, anamnestic, clinical study, including rectal examination, ultrasound of the genital
organisms. Cows were divided into groups according to the pathology of the ovaries and uterus for treatment in accordance with the scheme.

The following drugs were used for therapy:

- **Progesterone**
  - Is an oily clear solution for injection.
  - Contains progesterone as an active ingredient – 25.0 mg.
  - Promotes the release of luteinizing hormone, which stimulates ovulation and development of the corpus luteum.
  - In small doses, it forms a blocking effect on the secretion of gonadotropic hormones.
  - Stabilizes the development of the terminal elements of the mammary gland.

- **Surfagon**
  - Is a drug whose active substance is luliberin acetate.
  - A solution for injection, in 1 ml as an active substance, contains 5 mg surfon.
  - Competitively binds to cell receptors of the anterior pituitary gland, causing, like other GnRH analogues, a short-term increase in the level of sex hormones in the blood.
  - Promotes the release of luteinizing hormone, which stimulates ovulation and development of the corpus luteum.

- **Tetravit**
  - Is a drug analog of prostaglandin F2a (cloprostenol) – 250 μg / ml.
  - The introduction of the drug promotes resorption of the corpus luteum and thus creates the prerequisites for the onset of estrus and ovulation.
  - The period from the introduction of the drug to the appearance of the first signs of estrus is 48–60 hours, the most suitable period for artificial insemination is the 76th hour from the moment of administration of the drug.
  - Period of excretion of the drug from the body is 24 hours.

According to a retrospective and anamnestic study, the following results were obtained.

At the farm of Black Motley breed is kept in the number of 1646 animals. Of these, on January 1, 2019, there were 637 cows. The average milk yield of cows for 305 days of lactation is 6250 kg. The yield of live calves per 100 cows is 85 %; previously this indicator did not fall below 88 %.

Rico-Agro is engaged in the cultivation of Black-and-White cattle for dairy. They use artificial insemination with the cervical method, using the sperm of the best bulls to produce milk, with a high proportion of fat and protein, which have categories for milk yield and mass fraction of fat. Sperm is acquired in specialized breeding companies.

Animals are kept in clean, dry and warm cowsheds with good lighting and ventilation. The cats are fat.

Cattle are kept in a stall with a paddock. Automatic milking of animals takes place in the dairy line at the site and in the milking parlour at the factory. Manure is mechanically cleaned using a scraper conveyor.

Cows are delivered to the maternity ward 10–20 days before calving. Calves are kept freely in houses. Straw and hay are used as litter in houses. Disinfection is performed after each calving, as well as in the stalls where the newborn animals are. Chemical disinfection is used after mechanical cleaning.
Calves are kept together with their mother for up to two days. Milking is carried out using a machine in a milk line.

In summer, calves are kept in separate houses with walking paths. Animals are kept in this room for 20 to 30 days, and then moved to another room, where animals are kept for up to 6 months. Dairy calves older than 10 days are fed from buckets. In winter, calves are kept in group cells of 5–6 animals each. Garbage and manure are cleaned manually every day.

Animals up to 6 months old are kept in cells in groups of 10–15 animals each. Feeding is carried out twice a day in group feeders – a substitute for whole milk, concentrates, hay and chalk are freely available; from 3–4 months, silage is added to the diet. Next to the calf, there is a walking farm where passive physical exercises are performed. The main animals up to 6 months old move, but in winter they do not become physically active every day, because not all animals can be driven out every day in the enclosures. New-born animals receive passive movement daily.

Silage feeding is used; feeding is distributed by a mixer. Protein-mineral-vitamin-premix, additives, as well as preparations of selenium and Kayoda are also used, since the Udmurt Republic is located in a biogeochemical zone with insufficient selenium and iodine in soils and water. Feeding in winter is done twice a day. The total nutritional value of feed for dairy cows averages 21.7 feed units. In the summer grazing season, the diet of dairy cows includes: green mass, concentrates, salt and additives. For every liter of milk, 0.2 kg of concentrate is added to the cows. Individual drinking troughs are used for drinking. Chemical analysis of the feed gave the following results: hay and silage of the 1st, 2nd class, hay layer of the 2nd class.

In connection with increasing the productivity of animals, problems with the reproductive ability of cows begin. This is evidenced by the annual decrease in fertility of cows in the postpartum period, the average number of cows with ovarian diseases is 28–30, which is 22–25% from the total number of cows. Sick animals of different ages.

A significant number of cows are prone to ovarian disease. Sick animals of different ages.

According to table 1, the annual growth of ovarian disease is visible. They occupy a third of all other gynaecological diseases. The most common diseases of the ovaries are ovarian hypofunction and follicular cysts (Table 2).

### Table 2. Ovarian Disease Diagnostic Results

| Ovarian disease                  | 2015 | 2016 | 2017 | 2018 | 2019 |
|---------------------------------|------|------|------|------|------|
| Follicular cyst, heads (%)      | 28   | 31   | 29   | 37   | 40   |
| Luteal cyst, heads (%)          | 13   | 16   | 17   | 20   | 21   |
| Hypofunction, heads (%)         | 26   | 25   | 26   | 38   | 46   |
| Atrophy, heads                  | 2    | 1    | 4    | 3    | 3    |
| Persistent corpus luteum, heads | 21   | 26   | 19   | 26   | 32   |

The main etiological factors that provoked the development of ovarian hypofunction are the lack of exercise in the postpartum period, and its intensive provision, especially in the winter – stall period, as well as intensive exploitation of animals [1].

The exercise has a positive effect on the cardiovascular, respiratory, digestive, sexual and musculoskeletal systems of cows. In conditions of physical activity, most animals after childbirth remain with impaired sexual function and infertile [2].

According to a clinical study of animals, the following observations were made on the first day after calving: of the experimental 24 cows calving in September 2019. 11 cows left their placenta without using drugs 9 hours after calving, in 6 cows the placenta fell after applying 2 ml of estrofan during 30 minutes after the injection, the remaining 7 cows recorded a retention of the placenta despite the use of prostaglandins.

Based on these results, we can say that with the use of estrofan 9 hours after calving, you can increase the excretion of the placenta by 25%.

A rectal examination at 10, 20, 30, 60 days after calving revealed changes in the uterus in the observed cows.

### Table 3. Results of rectal examination of cows after calving

| Identified disease                  | Observation day |
|------------------------------------|-----------------|
|                                    | 10  | 20  | 30  | 60  |
| Purulent endometritis, heads (%)    | 7   | 6   | –   | –   |
| Catarrhal purulent endometritis,    |     |     |     |     |
| heads (%)                          |     |     |     |     |
| Uterine Subinvolution, heads (%)    | 8   | 10  | 8   | –   |
| Uterine atony, heads (%)            | 4   | 6   | 4   | 3   |
| Norm, heads                        | 2   | 12  | 21  |     |

Having examined table 3, we can conclude that by the 60th day after calving, 86% of the cows are ready for insemination according to the state of the uterus at this stage, but do not forget about the condition of the ovaries, which undergo significant changes during the recovery period after calving. So, having examined the data of obstetric-gynaecological medical examination, on the 30th and 60th day after calving, the results shown in Table 4 were obtained.

Comprehensively observing the restoration of the genital organs of a cow after calving, 12 heads were deemed ready for full-fledged estrum and fruitful.
insemination, respectively, they are being closely monitored. This is 50%. The remaining cows need immediate treatment.

Hypofunction of the ovaries is accompanied by significant changes in the hormonal status of the female body. In animals, anaphrodisia is clinically manifested. A rectal examination establishes a decrease in the size of the ovaries. In heifers, they sometimes reach the size of a pea, i.e. their atrophy takes place [2].

Table 4. A diagnostic study of the condition of the ovaries in cows on days 30 and 60 after calving

| ovarian condition                   | observation day after calving |
|-------------------------------------|-----------------------------|
|                                     | 30  | 60  |
| Hypofunction: one ovary, heads      | 2   | 5   |
| Hypofunction: two ovaries, heads    | 4   | 2   |
| Atrophy, heads                      | 1   | 1   |
| Persistent corpus luteum, heads     | 4   | 3   |
| Luteal cyst, heads                  | –   | 1   |
| Follicular cyst, heads              | –   | –   |
| Norm, heads                         | 13  | 12  |

Cows with hypofunction only on one ovary, in the presence of active estrum with vivid manifestations of all its stages, can also be inseminated without the intervention of hormonal drugs. However, cows that had hypofunction of one ovary and did not come to estrum, as well as cows that had hypofunction of two ovaries and their atrophy, needed immediate treatment.

Therefore, it was noticed that cows with ovarian hypofunction had the highest milk yield, over 35–40 litres per day, as well as low body condition. In this regard, we can conclude that highly productive cows with a low body mass index are more likely to experience ovarian disease.

Because most often ovarian hypofunction is accompanied by uterine atony, we needed to use reducing drugs to restore the uterus more quickly. Therefore, the scheme must be supplemented with a complex of drugs that reduce the uterine myometrium and restore ovarian function. So, as a reducing drug, we used Metrilong, containing propranolol in its composition. It was administered once on the first day of therapy.

Table 5. Scheme No. 1 for the restoration of ovarian function in cows

| therapy day | pharmacological agent          |
|-------------|--------------------------------|
|             | Progesterone, 4 ml             |
|             | Surfagon, 5 ml                 |
| 1           | +                              |
| 2           | +                              |
| 3           | +                              |
| 4           |                                |
| 5           |                                |
| 6           |                                |
| 7           |                                |
| 8           |                                |
| 9           |                                |
| 10          |                                |

Based on the experimental data, one can observe the time of arrival of cows in the estrum. When analyzing these data, it turned out that the ovarian therapy had the highest quality effect on the 2nd group of cows, in which the 2nd scheme was used, which included drugs such as surphagon and an emulsion from ASD-2 and tetravita. According to this scheme, 100% of the cows came into estrum. At the same time, the gap between days was the shortest from 5 to 12 days, and on average 7–8 days.

We would also like to note the good results obtained when using scheme 1, in which progesterone and surphagon were used – 87% of cows that came into estrum. In this scheme, the earliest occurrence in estrum for 4 days was observed for a cow 1.4, and the average rate for cows who came into estrum was 8.2 days. At the same time, there is a large and uneven variation in the period of starting the estrum, from 4 to 13 days. Therapy according to the 3rd scheme was less successful than the others, due to the its resulting in only 66% of cows in estrum. We would also like to note the late arrival in estrum on average 9.8 days. The positive side of this scheme is a small variation in the days of coming to the hunt for 8–14 days.

Table 6. Scheme No. 2 for the restoration of ovarian function in cows

| therapy day | pharmacological agent          |
|-------------|--------------------------------|
|             | Surfagon, 5 ml ASD-2, 1 ml tetravit 9 ml |
| 1           | +                              |
| 2           | +                              |
| 3           | +                              |
| 4           |                                |
| 5           |                                |
| 6           |                                |
| 7           |                                |
| 8           |                                |
| 9           |                                |
| 10          |                                |

Table 7. Scheme No. 3 for the restoration of ovarian function in cows

| Therapy day | Pharmaceutical                          |
|-------------|----------------------------------------|
|             | Surfagon, 5 ml Estrofan, 2 ml Folliimag 1000, 1 ml |
| 1           | +                                      |
| 2           | +                                      |
| 3           | +                                      |
| 4           | +                                      |
| 5           | +                                      |
| 6           | +                                      |
| 7           | +                                      |
| 8           | +                                      |
| 9           | +                                      |
| 10          | +                                      |

2 months after the stimulation, we can conclude that the second scheme of stimulation of the sexual cycles in cows is most effective, since the highest rate of pregnant cows is 6 out of 8, which corresponds to 75%. I would also like to note 100% arrival in estrum. According to the results of Scheme 1, half of the cows inseminated once after the simulation, 2 cows re-entered the estrum, and one cow did not. Indicators of 3 stimulation schemes
are less significant, since only 2 cows were inseminated, and 4 cows have not come to estrum at all.

Having examined the data on persistent corpus luteum, the following pattern was observed. Cows with persistent corpus luteum had no problems with delayed hatching, and accordingly they were not injected with PGF2α prostaglandins, in our case it was 2 ml estrofan. Accordingly, we can conclude that using estrofan on the day of calving, we can significantly change the picture of persistent corpus luteum.

Using prostaglandins on the first day of calving gives us the opportunity to significantly reduce the percentage of retention of the placenta, namely by 25 % according to this farm experiment. It also significantly reduces the cost of treating the retention of the placenta and the recovery period of the cow after calving. This means that preventive measures to restore the cow after calving are the key to successful coverage of the cow for the first insemination.

4 Conclusion

On the farm of Rico-Agro LLC, ovarian diseases of various etiologies are widespread. The results of the studies showed that when using estrofan 9 hours after calving, the amount of placenta excretion is increased by 25 %. The best restoration of the ovaries with their hypofunction is observed when using a therapy regimen that includes surfagon, ASD-2, and tetravit. At the same time, 75 % of the cows were inseminated from the first time. It was also found that when injecting estrofan on the first day of calving, there were no persistent yellow bodies.

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