Evaluation of a mechanical lung model to test small animal whole body plethysmography

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Whole-body plethysmography (WBP) is an established method to determine physiological parameters and pathophysiological alteration of breathing in animals and animal models of a variety of diseases. Although frequently used, there is ongoing debate about what exactly is measured by whole-body plethysmography and how reliable the data derived from this method are. Here, we designed an artificial lung model that enables a thorough evaluation of different predictions about and around whole-body plethysmography. Using our lung model, we confirmed that during WBP two components contribute to the pressure changes detected in the chamber: (1) the increase in the pressure due to heating and moistening of the air during inspiration, termed conditioning; (2) changes in the chamber pressure that depend on airway resistance. Both components overlap and contribute to the temporal pressure-profile measured in the chamber or across the wall of the chamber, respectively. Our data showed that a precise measurement of the breathing volume appears to be hindered by at least two factors: (1) the unknown relative contribution of each of these two components; (2) not only the air in the inspired volume is conditioned during inspiration, but also air within the residual volume and dead space that is recruited during inspiration. Moreover, our data suggest that the expiratory negative pressure peak that is used to determine the enhanced pause (Penh) parameter is not a measure for airway resistance as such but rather a consequence of the animal’s response to the airway resistance, using forced or active expiration to overcome the resistance by a higher thoracic pressure.

Unrestrained whole-body plethysmography (UWBP) is a widely used physiological technique to analyze breathing behavior in mice. The technique is not only used for the analysis of lung and airway function such as 1–4 but it is also very helpful for the analysis of physiological or pathological changes of central respiratory control 5–10.

In principle, two modes of WBP can be discerned, pressure plethysmograph (PWBP) and flow plethysmograph (FWBP) 11. In 1955, James E. Drorbaugh and Wallace O. Fenn devised a sealed chamber to measure tidal volume in infants 12. They used the “barometric method” (PWBP) utilizing the pressure changes resulting from the warming of the inspired air (referred to as conditioning) and cooling during expiration 12 and assumed that at the end of inspiration the inspired air has been warmed to body temperature and humidified to saturation. Based on this assumption the tidal volume is calculated. In contrast, recording chambers devised for FWBP not only are open to the environment and “perfused” by a bias flow of air or other gas mixtures 13, but utilize the principle of a pneumotach to measure the flow from inside to the outside of the chamber -or vice versa- and the tidal volume is calculated via integration of the flow 11. Despite the successful story of UWBP, there is a long standing and still ongoing debate of whether it allows defining of the tidal volume in small animals correctly 14–18. Moreover, FWBP is often used to quantify the effect of bronchoconstrictors on airway resistance using the enhanced pause (Penh) parameter, which is also constantly debated 11,19,20.

In a recent study, we have compared the measurement of tidal volume (VT) from anaesthetized mice using flow plethysmograph (FWBP) with 3D reconstructions of X-Ray micro-computer tomography (μCT) data, and found that VT calculated from FWBP are smaller as compared to volumes derived from the 3D reconstructions of μCT 21. Currently, it is unclear why μCT and FWBP data do not match. This difference might be due to technical

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limitations of the µCT data, such as the difficulty to delineate airspace from micro-vasculature and tissue due to limited resolution of the images. On the other hand, it was also speculated that the uncertainty in FWBP to define the zero-flow point limits the accuracy of the FWBP.

Considering the ongoing discussion about the validity of lung volume-measurements by WBP, we devised a simple mechanical model of a lung, which allowed to perform a series of experiments comparing the tidal volumes derived from FWBP with the known volume of the model, to assess the use of Penh in the model, and compare the model to in vivo FWBP and µCT data.

**Methods**

**Ethical approval.** For in-vivo lung function measurements, male C57Bl/6 mice were used. Mice were kept under 12/12 light/dark cycle with access to water and food ad libitum. All animal procedures were performed in compliance with the guidelines of ARRIVE, the European Directive (2010/63/EU) and the German ethical laws and were approved by the administration of Lower Saxony, Germany. Permission was granted by the Niedersächsisches Landesamt für Verbraucherschutz und Lebensmittelsicherheit (LAVES, approval number G15/1747).

**X-ray based lung function.** X-ray based lung function (XLF) measurements were performed with a small-animal in vivo µCT (QuantumFX, PerkinElmer) allowing acquisition of a 20×20 mm² field of view. XLF was recorded at a speed of 30 s⁻¹ using an X-ray tube voltage of 90 kV and a tube current of 100 µA. The radiographs were sequenced and exported as TIF-series. Synchronization between µCT and FWBP was performed as described. The transparency of the lung was measured by using the "Plot Z-axis Profile" function of ImageJ software. A region of interest (ROI) was set to the level of the diaphragm in expiration. Data was exported as ASCII format and imported to LabChart 8.0 (ADInstruments). For removal of low frequency intensity changes resulting from the X-ray tube, a "smoothed" intensity trace (median filter over 101 samples) was subtracted from the raw trace. Processed image data and the UWBP data was exported to IGOR Pro 6.37 (Wavemetrics) for resampling (10 kHz) and reimported into LabChart for final offline analysis.

**Design of a lung model.** For our lung model, we aimed to model as many aspects of the lung as possible (Fig. 1). For the airspace of the lung cavity we used a rubber bulb (neoLab®, Heidelberg), as a temperature source—resembling the circulation—we placed the rubber bulb on top of a heating foil from Flächenheizungs GmbH, Rohrbach. Expiration was managed by squeezing the elastic rubber bulb with the lever of a servo motor (SG90, TowerPro, Taiwan). The servo motor was controlled by the analog output of the Powerlab 8/35 using a single-board microcontroller (Arduino, Torino, Italy). Inspiration was achieved by lifting the lever from the bulb.
and expiration by squeezing the bulb again. Different airway resistances were modelled by attaching a modified luer lock cannula tip (B. Braun, Melsungen) to the outlet of the rubber bulb (Fig. 1B).

Whole-body plethysmography chambers. We used two versions of plethysmography chambers. (i) For the μCT, a chamber was designed that fitted into the gantry of the μCT system. In brief, we recorded the pressure differences between a cylindrical recording chamber (220 ml) and a reference chamber (50 ml) by a differential pressure sensor (DPS, Board Mount Pressure Sensor, 0–1” H2O; 20 mV, 16 VDC supply; Mfr. No.: INCH-D-MV, Amphenol Cooperation Wallingford, CT, USA). (ii) For the test with the artificial lung model (ALM), we used a UWBP-chamber for mice. Here, the pressure difference between the recording chamber (1180 ml) and a reference chamber (130 ml) was captured by a differential pressure transducer (Validyne Engineering, Northridge, CA, USA). The raw signal passed through a sine wave carrier demodulator (CD-15; Validyne Engineering). Digitization (1 kHz sampling rate) was performed with an analog–digital interface (PowerLab 8/35; ADInstruments) and LabChart-software (ADInstruments). When the chamber was used in the flow whole-body plethysmography (FWBP) mode, a negative bias flow of 150 ml.min⁻¹ was introduced using a CO₂/O₂ sensor (ADInstruments). The low pass filter properties of the chamber were determined by the time constant of the pressure decay, which could be altered by attaching silicon tubing (inner diameter 1.5 mm, outer diameter 3.5 mm) of different length (0.5 mm to 300 mm) to the air inlet of the chamber (see below). The time constant was defined by briefly obstructing the air-inlet and then measuring the decay of the pressure signal after releasing the obstruction (LabChart Peak Analysis Module). All cables were fitted through the lid of the chamber, which was sealed by polymer clay (BORT therapeutic putty standard, BORT GmbH, Weinstadt).

Calibration of the chambers. In the FWBP-mode the chamber represents a pneumotach that can be calibrated via the bias flow. An independent calibration was repeated for each time constant using a two-point calibration (LabChart). The raw flow signal was band pass filtered off-line (0.5–20 Hz) to reduce noise, and then integrated for calculation of the tidal volume. We used the standard integral settings of the “Integral Channel Calculation module” of the LabChart-software (use of all data points, reset each cycle whereby the integral is reset each time the source signal passes through zero to a positive value).

Additionally, the chamber was used in the closed mode to perform pressure whole-body plethysmography (PWBP). Therefore, the inlet and the outlet of the chamber were closed by a luer lock plug or a three-way valve, respectively. The latter allows to reset the baseline, which shifts during the experiment due to the constant heat that is added by the ALM. Here, 500 μl of air was injected and/or withdrawn by an insulin syringe to calibrate the pressure changes.

Video analysis of the ALM. To exactly define the timing of the changes of the parts of ALM with respect to the pressure measured in the chamber, we recorded slow-motion videos (240 frames per second) from the ALM using a smartphone (iPhone SE, Apple, Cupertino, CA, USA). For synchronization of the video with the chamber-pressure signal, the light of LED (FiberOptoMeter, NPI electronics, Tamm, Germany) was controlled using a smartphone (iPhone SE, Apple, Cupertino, CA, USA). For synchronization of the video with the pressure measured in the chamber, we recorded slow-motion videos (240 frames per second) from the ALM using a smartphone (iPhone SE, Apple, Cupertino, CA, USA). To exactly define the timing of the changes of the parts of ALM with respect to the pressure measured in the chamber, we recorded slow-motion videos (240 frames per second) from the ALM using a smartphone (iPhone SE, Apple, Cupertino, CA, USA). For synchronization of the video with the chamber-pressure signal, the light of LED (FiberOptoMeter, NPI electronics, Tamm, Germany) was controlled using a smartphone (iPhone SE, Apple, Cupertino, CA, USA). The raw signal passed through a sine wave carrier demodulator (CD-15; Validyne Engineering). Digitization (1 kHz sampling rate) was performed with an analog–digital interface (PowerLab 8/35; ADInstruments) and LabChart-software (ADInstruments). When the chamber was used in the flow whole-body plethysmography (FWBP) mode, a negative bias flow of 150 ml.min⁻¹ was introduced using a CO₂/O₂ sensor (ADInstruments). The low pass filter properties of the chamber were determined by the time constant of the pressure decay, which could be altered by attaching silicon tubing (inner diameter 1.5 mm, outer diameter 3.5 mm) of different length (0.5 mm to 300 mm) to the air inlet of the chamber (see below). The time constant was defined by briefly obstructing the air-inlet and then measuring the decay of the pressure signal after releasing the obstruction (LabChart Peak Analysis Module). All cables were fitted through the lid of the chamber, which was sealed by polymer clay (BORT therapeutic putty standard, BORT GmbH, Weinstadt).

Temperature and humidity adjustment of volume. For the experiments with the mechanical lung model, the temperature or humidity was measured inside the plethysmography chamber using a Bluetooth Hygrometer/Thermometer (WS07; Shenzhen Seven Like Co., Ltd). Additionally, temperature could be measured at the surface of the heating foil or inside the rubber bulb with a wire probe (GTF 300) attached to a digital thermometer (GTH1170; Greisinger, Regenstauf, Germany) or to the Powerlab A/D interface (ADInstruments). Additionally, we used a FLIR A655sc infrared camera (FLIR Systems, Inc., Wilsonville, OR 97070, USA) to determine the temperature gradients in our ALM (supplemental figure). To correct for the changes of the pressure that relate to the temperature-dependent expansion and saturation of the air in the lung or ALM, a calculation (LabChart). The raw flow signal was band pass filtered off-line (0.5–20 Hz) to reduce noise, and then integrated for calculation of the tidal volume. We used the standard integral settings of the “Integral Channel Calculation module” of the LabChart-software (use of all data points, reset each cycle whereby the integral is reset each time the source signal passes through zero to a positive value).

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Data analysis and interpretation. Experiments were repeated up to three times using the model as technical replicates. Since the timing was always the same in the different sets of experiments, traces from one set of experiments could be overlaid to others to compare timing of e.g. flow, pressure and volume. The peak detection algorithm of LabChart was used to determine amplitude, decay and frequency of the plethysmography signal. Resulted were exported to Excel (Microsoft Corp., Redmond, WA, USA) for further offline calculations and to SigmaPlot 14.0 (Systat Software, Inc.; Richmond, CA, USA) for statistical interpretation. We used paired test or unpaired t-tests. In case the normality test (Shapiro–Wilk) failed, a Mann–Whitney Rank Sum Test was used. Additionally, Two Way ANOVA for repeated measures (RM), with all pairwise multiple comparison procedures...
Results

Tidal volume of the artificial lung model. In a first set of experiments, we defined the tidal volume of our artificial lung model (ALM) in two experimental settings and for two different timings of inspiration to expiration ratio (Fig. 1). The pressure changes induced by a single respiratory cycle of ALM were compared to known volumes that were injected by a syringe attached to the same port of the chamber. In the first setting, the inspiration time ($T_I$) was set to 50 ms and the time of expiration ($T_E$) was set to 100 ms, while in the second settings, resembling lower expiratory efforts, $T_E$ was set to 800 ms. With the first setting ($T_E = 100$ ms) a $V_T$ of 286.0 ± 5.5 µl and second setting ($T_E = 800$ ms) a $V_T$ of 239.5 ± 5.7 µl was measured (n = 3; p < 0.001; paired t-test, Fig. 1E,F).

Conditioning of the inspired air produces significant pressure changes. It had been debated, whether conditioning of the air in the lung contributes to the pressure changes that are recorded in WBP\textsuperscript{15}. Indeed, if the airway resistance is high, one would expect that the chamber pressure rises at the beginning of inspiration without conditioning. Since any resistance slows the airflow into the expanding lung, there will be a pressure gradient with a negative pressure in the lung that is accompanied by an increase in the chamber pressure\textsuperscript{15}.

Next, we tested the contribution of the components in our lung model (Fig. 2). Using the FWBP mode of the chamber, we recorded the chamber pressure in two conditions. In condition 1, the rubber bulb of the ALM was heated, in condition 2 the heating plate was turned off. When there was no cannula attached to the ALM, a substantial increase of the chamber pressure was measured only when the heating was turned on but not when it was off (Fig. 2D). This observation is in line with the concept that warming of the air inside the ALM during inspiration induces an increase in the pressure inside the chamber. When we placed a 20G cannula at the opening of the ALM, the pressure signal was different. The pressure in the chamber increased during the initial phase of the inspiration, even in the unheated ALM (26 °C; Fig. 2E). The increase of the pressure started earlier and quickly decreased again, followed by a negative peak during expiration (when the bulb was squeezed again; Fig. 2E). When the heat was turned on, a two-peak positive pressure change was detected during inspiration and a second negative dual pressure peak during expiration. Subtraction of the two signals resulted in a pressure fluctuation that resembled the pressure fluctuation of the 40 °C lung dummy with no resistance. With an even higher resistance (27 G cannula), the difference between the signal at 40 °C and 26 °C appears to be minimal, however, subtraction of the 26 °C signal from the 40 °C signal reveals that the component based on conditioning is still comparable.

Testing the precision of volume measurement in FWBP. The previous set of data indicated that conditioning of the inspired air alone is sufficient to induce a pressure rise in the chamber, which produces a corresponding airflow across the pneumotach in the chamber wall. Next, we tried to determine whether the integration of the flow signal provides a correct volume information. The integration of the flow resulting from cycles with $T_I$ 50 ms and $T_E$ 100 ms yield a $V_T$ of 59.2 ± 4.3 µl (n = 3). Adjusted for temperature and humidity this equals an adjusted tidal volume (adj$V_T$) of 426.9 ± 30.8 µl (n = 3), which is significantly larger as compared to the known volume (286.0 ± 5.5 µl) that is inhaled by the ALM (p = 0.018). When increasing $T_E$ to 800 ms the difference between the apparent $V_T$ (adj$V_T$ 819.1 ± 73.3 µl) and the expected $V_T$ (239.5 ± 5.7 µl) was even larger (Fig. 3).

Influence of the filter properties of the chamber. Next, we tested whether the design of the FWBP chamber, defined by the resistance at the air inlet of the chamber (Table 1; Fig. 3), is responsible for the overestimation of adj$V_T$. The volume measurements, described above, were recorded in a flow whole body plethysmography chamber with pressure decay time constant ($\tau$) of 58 ms. However, longer tubes lead to an increase in $\tau$ and thus also alter the filter properties of the chamber, since the corner frequencies (fc) of the chamber are in $\tau$ and thus also alter the filter properties of the chamber, since the corner frequencies (fc) of the chamber are defined by $\tau$:

$$fc = 1/(2\pi \tau)$$

(2)

Indeed, when comparing the adjusted tidal volume (adj$V_T$) from measurements of the ALM in chambers with different corner frequencies (fc) it was obvious that the fc of the chamber influences the read out of the FWBP (Fig. 3). It was obvious that adj$V_T$ was always larger for $T_E$ 800 s as $T_E$ 100 s (p < 0.01; Two Way ANOVA RM). Moreover, adj$V_T$ from chambers with lower fc tend to be smaller as compared to those from chambers with higher fc. This is, what one would expect with the pneumotach in the wall of the chamber: It acts as a low-pass filter\textsuperscript{22}.

For $T_E$ 100 s breaths, adj$V_T$ underestimated for the lowest fc ($\tau$ = 378 ms; P < 0.01, Two Way ANOVA RM). A significantly higher adj$V_T$ was measured for the higher fc ($\tau$ < = 58 ms; P < 0.05, Two Way ANOVA RM). For $T_E$ 800 s, however, the adj$V_T$ was overestimated for all (P < 0.001, Two Way ANOVA) except the lowest fc ($\tau$ = 378 ms).

Although, the interval between two cycles was 2 s (0.5 Hz), the effect of the filter on the amplitude of the pressure signal depends on the rise time $T_I$ (50 ms), which is the fastest component of the signal and equal to a frequency component of 10 Hz (the expiration resamples a frequency of 5 Hz ($T_E$ 100 ms) or 1.25 Hz ($T_E$ 800 ms). Still, even with the highest fc (4.01 s\textsuperscript{-1}) used, one expects an underestimation of the adj$V_T$ rather than...
an overestimation. Since, the overestimation of \( \Delta V_T \) became larger when using a \( T_E \) 800 ms as compared to \( T_E \) 100 ms (Fig. 3), it appears that the duration of the respiratory cycle (\( T_E + T_I \)) is responsible for the error (upward shift of curves in Fig. 3).

Timing of the pressure changes. Next, we tried to determine the exact timing of the changes of the chamber pressure (usually interpreted as flow in FWBP) with respect to the alteration of the ALM, especially the negative pressure in the latex bulb. Interestingly, it became evident that the inspiratory pressure peak (flow signal; blue trace (5) in Fig. 4C) in the \( T_E \) 800 ms situation (heat turned on, no resistance) was very broad and lasted almost 400 ms from start of the pressure change to the end, while it takes about 100 ms to reach the negative pressure peak in the ALM (Figs. 1 and 4). This clearly indicates that, while the lung (latex bulb of ALM) is already pushed back to the expiratory position, conditioning of the air in the bulb is continuously happening and thus contributing to the pressure rise in the chamber wall. For \( T_E \) 100 ms it takes 96.5 ms to build up the pressure, while the chamber-pressure peak still lasts 164 ms (Fig. 4).

Figure 2. Experimental testing of the ALM placed inside the plethysmography chamber. (A) Photograph of the lung dummy in the FWBP plethysmography chamber. (B) Different cut luer-lock cannulas were used to adjust the resistance of the ALM. (C) Schematic drawing of the chamber design. The flow through mode was used by applying constant suction of 150 ml/min to the outlet port (3) with a 3-way-valve. At the inlet port (4), the flow was limited by a defined resistance, a silicon tube (\( \tau \) 58 ms). Pressure changes were recorded with a differential pressure sensor (DPS) between the recording chamber and a reference chamber (2). (D–F) Analysis of the effect of the different degrees of airway resistance. To mimic low airway resistance (D) no cannula was attached to “tracheal” opening of the dummy lung (5). To apply additional resistance either a cut 20G (yellow, E) or a cut 27G (white, F) cannula was attached to the luer adapter. (D) Chamber pressure (non-calibrated) in the no-resistance situation. The lower trace represents the analog control signal for the micro servo motor (\( T_I \) 50 ms, \( T_E \) 100 ms). Traces in red are from recordings with the heating plate turned on (40 °C; see Fig. 1) and the yellow trace with the heating plate off (26 °C). The chamber pressure follows the lever of the servo motor with a short delay (see also Fig. 4). Note that with no temperature added to the ALM, almost no pressure change is measured (yellow trace). (E,F) Effects of addition of airway resistance. (E) With the first resistance (20G) the pressure in the chamber changes already in the unheated dummy lung (26 °C), with an obvious difference between the signal at 40 °C (red) and 26 °C (yellow). Subtraction (blue trace) of the 26 °C signal from the 40 °C signal reveals the pressure change that is based on warming of the air during the breath. Interestingly, it almost equals the change when no resistance was used (dotted trace). (F) Using a larger resistance (27G), the pressure changes are increased, moreover the difference between the signal at 40 °C and 26 °C is not easy to appreciate anymore. However, subtraction (blue trace) of the 26 °C signal from the 40 °C signal reveals that the flow that is based on warming is still very similar. The gray trace (D) resembles the pressure curve shown in Fig. 1E.
Figure 3. The apparent tidal volume depends on the decay time constant (tau) of the FWBP chamber. (A) Flow (upper trace) and volume trace from the ALM in a chamber with a pressure decay time constant (tau) of approximately 58 ms for two different durations of expiration (T_{e} 100 ms and T_{e} 800 ms). (B) Flow (upper trace) and volume trace from the ALM in a chamber with a pressure decay time constant (tau) of 196 ms for two different durations of expiration (T_{e} 100 ms and T_{e} 800 ms). (C) Comparison of the averaged flow (upper traces) and volume traces for respiratory cycles with T_{e} 100 ms from the ALM in two chambers with different corner frequencies. Note that the faster time constant (tau = 58 ms) leads to a larger apparent tidal volume for both durations of expiration (T_{e} 100 ms and T_{e} 800 ms). (D) Comparison of the averaged flow (upper traces) and volume traces for respiratory cycles with T_{e} 800 ms. The faster (58 ms) leads to a larger apparent tidal volume. (E) The plot shows the adjusted tidal volume of the ALM in relation to the time constant of the chamber (tau [ms]). Filled circles are from respiratory cycle with T_{e} 100 ms (TI 50 ms), open circles from T_{e} 800 ms cycles; error bars equal standard deviation. The gray bar represents the adjusted volume from the volume calibration (Fig. 1) for T_{e} 100 ms, the white bar the data for T_{e} 800 ms (upper and lower edge of bar = ±STD). (F) Comparison of the difference between measured adjTV and known TV of the ALM.
Table 1. Dependence of low-pass filter corner frequency (fc) from tube length and tau.

| Length [m] | 0.3  | 0.15 | 0.125 | 0.1  | 0.075 | 0.05  | 0.025 | 0.015 | 0.01  | 0.005 |
|------------|------|------|-------|------|-------|-------|-------|-------|-------|-------|
| Tau [s]    | 0.378| 0.196| 0.172 | 0.143| 0.103 | 0.084 | 0.058 | 0.049 | 0.046 | 0.040 |
| fc [s⁻¹]   | 0.42 | 0.81 | 0.93  | 1.11 | 1.55  | 1.90  | 2.72  | 3.22  | 3.50  | 4.01  |

Figure 4. Flow whole-body plethysmography (FWBP) of the artificial lung model (ALM). (A) Two frames; inspiration (left) and expiration (right) from a video of the ALM during the FWBP taken at 240 Hz. Regions of interest (ROIs) were placed on the servo motor lever of the ALM (ROI1), on the bulb of the ALM (ROI2) and on the tip a light guide that allowed the synchronization with the plethysmography measurement (ROI3). (B) Timing of different parameters of the ALM with 50 ms duration of the inspiration (T₁) and 100 ms expiration (T₂). (1) Green trace analog out from the digitizer. The gray trace represents the inverted pressure measured in the bulb according to the measurement shown in Fig. 1. (2) PMT signal of the LED (3) that was driven from the analog out and was also the source for the light signal that was recorded by the video. Graphical overlay of the two signals allows exact matching of the signals from the video and the A/D interface (4) Intensity of the ROI1 from the servo motor lever indicating the response of the ALM. (5) Flow signal of the FWBP. (6) Intensity of the reflex from the bulb of the ALM. (7) Volume of the FWBP. (C) Timing of the FWBP-parameters (see B) from ALM recording with a T₁ of 50 ms and a T₂ of 800 ms. Traces are averages of at least 3 consecutive cycles.
Determination of the tidal volume in the closed chamber configuration. In the next set of experiments, we tested the ALM in the closed chamber without bias flow. Unlike in animals, our ALM does not require any oxygen nor removal of CO₂. This factor means no limitation regarding the duration of the possible experiments with the ALM. However, this mode is still more prone to pressure artifact and keeping an animal or the ALM inside will lead to a constant increase of the chamber temperature and thus pressure. Although, intermittent opening of the chamber overcomes the pressure rise, the baseline is still difficult to define.

When we measured TV of our ALM in the closed configuration (Fig. 5A), the calibration was performed by injection of 500 µl air into the chamber. We tested the ALM with and without a 20G cannula as resistance, with TE 100 ms or TE 800 ms and without heat (Fig. 5B) as well as with heat (Fig. 5C). In the no heat situation only a very small increase of the pressure was measured, when no resistance was placed at the opening of the ALM (Fig. 5B). However, when the 20G cannula was used as resistance, an increase of pressure was measured during inspiration and a negative pressure peak was measured during expiration when TE was set to 100 ms. Moreover, with a TE of 800 ms the negative pressure peak was missing, indicating that resistance not necessarily causes a pressure peak. When the ALM was heated, however, an increase of the pressure and change of the timing of the pressure peaks were measured. Statistical analysis revealed a significantly higher apparent volume (after adjustment for humidity and temperature) for the longer TE (P < 0.05). Interestingly, the resistance did not change the measured volume significantly (P > 0.05; n = 4; Two Way ANOVA; Fig. 5D). Nevertheless, the adjVT was again larger than expected from the initial calibration of the ALM.

**Figure 5.** Measurements in the closed chamber (pressure plethysmograph (PWBP)). (A) Schematic drawing of the chamber. (B) Raw volume traces from PWBP with the heating plate off; without resistance (green trace) and with a resistance attached to the ALM (blue trace) for TE 100 ms (right) and TE 800 ms. (C) Raw volume from the same ALM as in (B) with heating turned on. (D) Bar chart of the basic statistical data of the adjusted volumes. DPS = differential pressure sensor. Gray traces in (B) represent the pressure/volume curve of the ALM shown in Fig. 1E (a.u.).
The Penh-parameter. The waveform of the FWBP chamber-pressure changes when the airway resistance is altered (Fig. 2). To quantify waveform-changes after e.g. bronchoconstriction, the enhanced pause (Penh) parameter was introduced. However, as mentioned earlier the data regarding the validity of Penh is very controversial. Our ALM allows to evaluate the Penh concept in a situation, where timing, volume and resistance can be changed under controlled conditions.

In the ALM, increase in the airway resistance is accompanied with an increase in the Penh from 12.64 (no resistance) to 26.51 (27G cannula; Fig. 6). When we increase $T_e$ to 800 ms, Penh drops dramatically to 0.15 (no resistance) and 0.62 (27G cannula), respectively. This drop is easily explained by the massive reduction of the peak expiratory flow, which in the ALM is a consequence of reduced speed of the servo motor lever. This shows that the peak expiratory flow is not defined by the resistance as such but rather by the expiratory force of the thorax or in our model of the servo motor. It can be concluded further that the low negative expiratory pressure plateau results from the cooling of the expired air.
Effect of anesthesia on airflow and volume changes. The data of our lung model suggest that the flow during expiration depends on the force introduced on the lung rather than on the airway resistance. Indeed, it would be interesting to know, how these results relate to the in vivo settings in mice. Earlier, we have observed a discrepancy between the timing of the lung-volume change during expiration and the pressure in the FWBP recording, suggesting that, during isoflurane anesthesia, bronchoconstriction is resulting in a slower decay of the chamber pressure.

To get additional insight into this phenomenon, we compared the pressure trace from FWBP and the XLF-derived X-ray transmission of the lung in mice with different depths of anesthesia, and thus reflecting different levels of bronchoconstriction. Indeed, when increasing the depth of isoflurane anesthesia, we observed a reduction of respiratory rate and an increase in the amplitude of the inspiratory peak and the opposite effect when isoflurane was washed out. In these experiments it became obvious that during more shallow levels of narcosis, indicated by higher respiratory rates (fr), the X-ray transmission XLF-curve and volume FWBP-curve are overlapping and that the difference of the duration of expiration (TE) is small. However, when depth of anesthesia is increased—as indicated by lower fr—both waveforms become different and the difference between FWBP (fTE) and XLF (xTE) increases significantly. The TE-difference (fTE-xTE [ms]) for shallow levels of narcosis (fr = 144.7 ± 24.4 min⁻¹; n = 5) measured 32 ± 16.9 ms and increased to 200.9 ± 156.8 ms under deep anesthesia (fr = 58.4 ± 18.8 min⁻¹; n = 11; 4 animals; significance p < 0.05; Mann–Whitney Rank Sum Test). These data indicate...
that isoflurane reduces expiratory pressure drop in FWBP and airflow, while retaining the passive and elastic properties of the thorax and lung, hence the XLF signal remains rather unaffected.

**Discussion**

In principle, our artificial lung model (ALM) supports the concept that in whole-body plethysmography pressure changes resulting from the warming of the inspired air and cooling during expiration significantly contribute to overall pressure change in the plethysmography chamber and thus to the calculated tidal volume. As evident from the PWBP recordings (Fig. 5), it appears that the major component contributing to the chamber pressure increase during inspiration. Additionally, there is a resistance dependent change of the chamber pressure following expansion of the lung (the rubber bulb) during the initial phase of the inspiration, when the air is obstructed from entering lung from the chamber due to the airway resistance.

However, we identified considerable discrepancies between the known tidal volume of the ATM and the adjusted tidal volume (adjTV) recorded in both in the FWBP and PWBP configuration. We can exclude that this discrepancy results from the filtering properties of the chamber since it is evident both in the FWBP (Fig. 4) as well as in the PWBP configuration (Fig. 5). We can also discard a misestimation of the volume adjustment factor (Fadj; see method) as a substantial cause of the mismatch. Fadj, required for calculating and correcting the conditioning effect, is inversely correlated to the body temperature or in the ALM (T_L) to the temperature of the heating plate. Since the temperature probe for measuring T_L was placed directly on top of the heating foil, we probably overestimated T and the actual adjTV value should be underestimated. In our model, the air is conditioned as soon as the lever is lifted and inhaled air has contact to the surface of the bulb above the heating plate (supplementary Fig. 1). Since the duration of T_E has a positive effect on the overestimation, we hypothesize that constant exchange of air within the bulb of the ALM and from the bulb to the chamber allows conditioning of a larger total volume than what is exactly moved into the lung during inspiration. Assuming that during inspiration all positive pressure changes inside the chamber add up to a flow from inside to the outside of the chamber, the tidal volume read out by a FWBP chamber is defined by the integral of all pressure changes. In case the resistance of the chamber outlet is high, tidal volume will additionally be underestimated by this integration.

However, the opposite effect in the lung might be the case if the contact of the air to the capillary is not long enough to reach vapor saturation and body temperature. This would contribute to the observed discrepancy for the tidal volume between μCT and FWBP.

In FWBP the aforementioned pressure change in the chamber is interpreted as a flow across a pneumotach in the chamber wall. However, it has to be kept in mind that the early inspiratory pressure changes that are seen with high airway resistance, result from the increase of the lung volume, while the airflow into the lung is hindered by the resistance. Likewise, while flow into the lung with high airway resistance is low, the pressure difference (negative in the chamber) is high and vice versa during expiration. Thus, in the condition of high airway resistance, flow across the chamber wall and airflow are not matched at all.

**Implications on the enhanced pause (Penh) concept.** The latter phenomenon has also important implications on the concept of the enhanced pause (Penh). Penh has been postulated as a measure for the quantification of airway resistance. Penh depends on the quotient of peak expiratory and peak inspiratory (chamber) flow and the time it takes for the peak expiratory volume to drop to 65% of the adjusted tidal volume (adjTV) recorded in both in the FWBP and PWBP configuration. We can exclude that this discrepancy results from the filtering properties of the chamber since it is evident both in the FWBP (Fig. 4) as well as in the PWBP configuration (Fig. 5). We can also discard a misestimation of the volume adjustment factor (Fadj; see method) as a substantial cause of the mismatch. Fadj, required for calculating and correcting the conditioning effect, is inversely correlated to the body temperature or in the ALM (T_L) to the temperature of the heating plate. Since the temperature probe for measuring T_L was placed directly on top of the heating foil, we probably overestimated T and the actual adjTV value should be underestimated. In our model, the air is conditioned as soon as the lever is lifted and inhaled air has contact to the surface of the bulb above the heating plate (supplementary Fig. 1). Since the duration of T_E has a positive effect on the overestimation, we hypothesize that constant exchange of air within the bulb of the ALM and from the bulb to the chamber allows conditioning of a larger total volume than what is exactly moved into the lung during inspiration. Assuming that during inspiration all positive pressure changes inside the chamber add up to a flow from inside to the outside of the chamber, the tidal volume read out by a FWBP chamber is defined by the integral of all pressure changes. In case the resistance of the chamber outlet is high, tidal volume will additionally be underestimated by this integration.

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**Limitation of the model.** Turbulent airflow induced by the resistance certainly contributes to the overall resistance as does (dynamic) airway compression during expiration (especially during active expiration). In our model we cannot model or even measure this contribution. Nevertheless, the overall resistance is what will define the corresponding pressure change measured in the chamber.

Although, the volume changes within an individual ALM are very reproducible (see low SD in the measurement (Fig. 1F)), the volume of individual builds of the model can vary in volume and maximal temperature change. To minimize this variability, we performed all measurements with a single build.
Notably, the lung cavity of our ALM is certainly not mimicking all aspects of the lung. The air ventilated by our model (between 200 and 300 µl; Fig. 1) was at the lower range of what we expect in adult mice. Moreover, both total capacity (~1.7 ml) and residual volume of the model lung appears to be too large as compared to the mouse. We expect that the single cavity of the bulb as compared to the segmented bronchial tree and alveolar compartment influences the discrepancy between measured and expected tidal volume. In the ALM, the servo motor lever squeezes the bulb such that the two opposing sides of the bulb are put together. Therefore, during expiration, all air is removed from the part that is placed directly on the heater. One can assume that in the animal lung this state is not reached unless there is an alveolar collapse and atelectasis occurs during expiration, e.g., in a pathological situation like ARDS84.

Furthermore, the tissue elasticity that drives the lungs expiration during passive expiration is also missing in our model, and thus, expiration in the ALM is always an active process that is mediated by squeezing of the bulb by the lever of the servo motor. This precludes a simulation of exactly the situation as seen in the mouse where recoil of the lung produces the positive pressure that drives passive expiration. However, the chosen inspiratory time (TI = 50 ms) allows to constrain the tendency of the bulb to expand in a way that mimics the in vivo condition (Fig. 7).

Notably, tidal volume (TV) is overestimated in the BWBP (Fig. 5) and the FWBP mode, however, the TV error in the FWBP mode depends also on the chamber design and the breathing pattern (Fig. 3). Since these pattern, e.g. respiratory rate and T I can change in a wide range during the development of a mice (sec−24) designing a chamber that exactly reports the tidal volume appears to be extremely difficult if not impossible. And thus, absolute volume measurement with WBP should be interpreted with care. However, since measurements are reproducible using always the same plethysmography chamber, measurements for comparisons of relative change or maybe different genotypes appear to be acceptable.

We have compared FWBP with µCT measurements and also found a discrepancy in the tidal volume estimates84. Thus, the definition of the most reliable method for the definition of tidal volume of behaving mice is still open.

Conclusion
In summary, undoubtedly UWBP allows to determine parameters of respiratory rhythm, respiratory rate as well as parameters that define regularity of the respiratory rhythm and also phases of respiratory arrest7,36–38. Measurement of absolute change of tidal volume with WBP should be interpreted with care. Moreover, our data suggests that the drop of the chamber pressure during expiration, which is used to define Penh, does not only depend on the airway resistance, but also and more importantly on the active force that is driving air out of the lung, which, in the living animal, is defined by active expiration.

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Author contributions

C.D. and S.H. designed the research. A.K. and S.H. performed the experiments with the help from M.H. and L.H. T.N. build the lung model with input from S.H. S.H. drafted the manuscript text and prepared figures. All authors C.D. and S.H. designed the research. A.K. and S.H. performed the experiments with the help from M.H. and L.H. T.N. build the lung model with input from S.H. S.H. drafted the manuscript text and prepared figures. All authors

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Competing interests

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