Life-History Traits of the Miocene *Hipparion concudense* (Spain) Inferred from Bone Histological Structure

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Abstract

Histological analyses of fossil bones have provided clues on the growth patterns and life history traits of several extinct vertebrates that would be unavailable for classical morphological studies. We analyzed the bone histology of *Hipparion* to infer features of its life history traits and growth pattern. Microscope analysis of thin sections of a large sample of humeri, femora, tibiae and metapodials of *Hipparion concudense* from the upper Miocene site of Los Valles de Fuentidueña (Segovia, Spain) has shown that the number of growth marks is similar among the different limb bones, suggesting that equivalent skeletochronological inferences for this *Hipparion* population might be achieved by means of any of the elements studied. Considering their abundance, we conducted a skeletochronological study based on the large sample of third metapodials from Los Valles de Fuentidueña together with another large sample from the Upper Miocene locality of Concud (Teruel, Spain). The data obtained enabled us to distinguish four age groups in both samples and to determine that *Hipparion concudense* tended to reach skeletal maturity during its third year of life. Integration of bone microstructure and skeletochronological data allowed us to identify ontogenetic changes in bone structure and growth rate and to distinguish three histologic ontogenetic stages corresponding to immature, subadult and adult individuals. Data on secondary osteon density revealed an increase in bone remodeling throughout the ontogenetic stages and a lesser degree thereof in the Concud population, which indicates different biomechanical stresses in the two populations, likely due to environmental differences. Several individuals showed atypical growth patterns in the Concud sample, which may also reflect environmental differences between the two localities. Finally, classification of the specimens’ age within groups enabled us to characterize the age structure of both samples, which is typical of atritional assemblages.

Introduction

Understanding how biological evolution has unfolded and how environment has shaped organisms, communities or biomes depends upon our capacity to extract information from the fossil record. Morphological analysis of fossil bones has constituted the principal source of information in vertebrate paleobiology. Other approaches, however, such as genomic or histological analyses of fossil bones, can provide complementary data unavailable for morphological studies. Bone is a dynamic tissue that undergoes changes in its histological microstructure in response to phylogenetic, developmental, environmental and physiological factors [1], [2] and references therein). Indeed, bone paleohistology has proven to be a rich source of information with regard to deciphering aspects of the growth, life history and physiology of extinct vertebrates. In mammals, paleohistological analyses have provided clues regarding the development, biomechanics, ecology and physiology of several extinct taxa [1–9]. Nonetheless, there are as yet few studies in mammals compared with other taxa such as dinosaurs or aves, and many groups remain unexplored.

Equidae is a classic family in evolutionary studies, exhibiting a complex evolutionary history and a rich fossil record spanning the early Eocene to the present. Hitherto, only two studies have addressed the bone histology of this family [3], [5] (see Table 1). The first, by Enlow and Brown (1957), analyzed diverse skeletal elements (see Table 1) from the Oligocene *Mesohippus*, the Miocene *Merychippus* and *Parahippus blackburni*, and the Plio-Pleistocene *Pleistotherium shoshonensis* (synonymous to *Equus simplicidens*). The second study by Sander and Andrassy (2006) [5] analyzed the tibia and the third metatarsal of the Late Pleistocene horses *Equus germanicus*, *Equus ferus* and *Equus hydruntinus*, all from Europe. Both studies provide descriptions of the bone tissue microstructure, but provide no further biological interpretations. According to these studies, bone histology in horses is characterized by plexiform bone tissue with variations in the vascular pattern and the presence of bone remodeling, mainly in the inner two-thirds of the cortex. Additionally, Sander and Andrassy (2006) [5] detected the presence of up to three lines of arrested growth or LAGs in *Equus*. These authors suggested that these growth marks could be used for individual aging (skeletochronology [10]), as well as for inferring physiological changes under variable climatic conditions. Additional information can be obtained from histological studies of modern horses (*Equus caballus*) [11–13]. These studies mainly focus on the mechanical properties of the limb.
bones—particularly metapodials—in order to explore the capacity of the skeleton to adapt to physical activity in racehorses. In addition, Stover et al. (1992) [11] analyzed in detail the histology of the third metacarpal in horses up to 8 years old, describing changes in bone microstructure and remodeling during the ontogeny, as well as showing the occurrence of external fundamental system (EFS) in individuals over two years old (Table 1).

In order to gain knowledge on the life history, physiology, and growth patterns of equids during their evolutionary history, we analyzed the histology of the Neogene equid Hipparion. The genus Hipparion characterizes the Upper Miocene and Pliocene faunas of Eurasia. It represents an intermediate stage of horse evolution characterized by: i) a medium albeit highly variable body size; ii) a moderate-to-high degree of hypsodonty; and iii) a partial reduction of the autopodium to a major central toe and two reduced lateral ones (e.g [14]). In the present paper, we first describe and compare the histology (microstructure, vascular pattern, extent and distribution of bone remodeling, and number and distribution of growth marks) of different long bones—particularly metapodials—of Hipparion concudense from two populations of equids. We chose these anatomical elements because: i) they constitute the most common long bone in the fossil sites studied (and in most fossil sites) and ii) previous analyses of metapodial histology in extant horses, including the study of ontogenetic series, provide a good reference for comparison [11]. To conduct these analyses we added a sample of 9 metacarpals and 6 metatarsals from the Los Valles de Fuentidueña site. All the material studied corresponds to unequivocally identifiable anatomical remains fragmented at the midshaft level and preserving the fully fused epiphyses (distal or proximal) and 11 anatomically recognizable diaphysis fragments lacking epiphyses (Table 3).

### Materials and Methods

#### Material

In the present study we analyzed a sample of limb bones from the upper Miocene localities of Los Valles de Fuentidueña (Segovia province, Spain) and Concud (Teruel province, Spain) (Figure 1). The material contained in the Vertebrate Paleontology Collection of the Museo Nacional de Ciencias Naturales—CSIC (Madrid, Spain). Los Valles de Fuentidueña (LVF) is an early Vallesian site in the Duero basin [15], whereas Concud (CD) is a Turolian locality in the northeast of the Calatayud-Teruel Basin [16–19].

To characterize the general histology of the limb bones, we used a sample of 3 humeri, 4 femora, 6 tibiae, 10 metatarsals, and 7 metacarpals (see Table 2 and Table 3) from the Los Valles de Fuentidueña site. Although previous studies in dinosaurs [20] have indicated that metapodials may be unreliable for skeletochronological studies, the comparisons performed in the present study show congruent results among the different limb bones (humeri, tibiae, femora and metapodials). We chose these anatomical elements because: i) they constitute the most common long bone in the fossil sites studied (and in most fossil sites) and ii) previous analyses of metapodial histology in extant horses, including the study of ontogenetic series, provide a good reference for comparison [11]. To conduct these analyses we added a sample of 9 metacarpals and 6 metatarsals from the Concud site to the LVF sample (Table 3). The samples from Valles de Fuentidueña and Concud include 21 specimens fragmented at the midshaft level and preserving the fully fused epiphyses (distal or proximal) and 11 anatomically recognizable diaphysis fragments lacking epiphyses (Table 3).

### Table 1. Summary of extinct and extant equids analyzed in previous studies.

| Reference | Genus     | Age          | Bone       | Bone tissue type | Growth marks |
|-----------|-----------|--------------|------------|------------------|--------------|
| 3         | Mesohippus| Oligocene    | Mandible   | Reticular bone   | not indicated|
|           | Merhippus | Miocene      | Mandible   | Reticular bone   | not indicated|
|           | Parahippus| Miocene      | Humerus    | Primary plexifom | not indicated|
|           |           |              | Rib        | Dense harvesian  | not indicated|
|           | Plesippus | Pliocene     | Rib        | Dense harvesian  | not indicated|
|           | Equus     | Pleistocene  | Tibia      | Plexiform bone   | LAGs and EFS |
|           |           |              | Metatarsal | Dense harvesian  | not indicated|
| 5         | Equus     | Pleistocene  | Tibia      | Plexiform bone   | LAGs and EFS |
| 11        | Equus     | 0–6 months  | Metacarpal | Fibrolamelar bone| No LAGs/No EFS|
|           | Equus     | 1–2 years   | Metacarpal | Fibrolamelar bone| No LAGs/No EFS|
|           | Equus adult| 3–8 years  | Metacarpal | Dense harvesian  | No LAGs/EFS |

The table shows genus, age, bone and data obtained from the histological analysis (bone tissue type and growth marks) in previous studies.

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Preparation of histological sections

Histological sections were prepared from 1.5 cm-thick samples of the midshaft region following standard procedures [21–24]. Bone samples were embedded in epoxy resin EpoFix (Struers), the cutting surface was ground and polished with a Buehler low-speed Isomet with SiC grinding papers (SiC-800, SiC-1200; Struers) and fixed to a glass-slide with epoxy resin. Subsequently, 200 μm-thick sections were cut using a Struers Discoplan TS diamond saw, and finally ground and polished to a final thickness of 100 μm with the use of different SiC grinding papers (SiC-800, SiC-1200; Struers). All necessary permits were obtained for the described study, which complied with all relevant regulations (Vertebrate Paleontology Collection Department, Museo Nacional de Ciencias Naturales – CSIC, Madrid, Spain). All histological sections employed in the present paper are deposited in the Vertebrate Paleontology Collection of the MNCN and are available to researchers. High resolution images of the analyzed sections can be obtained from the corresponding author of this article.

Figure 1. Geographic locations of the Miocene sites studied. The map shows the location of the two fossil sites studied in the present paper. LVF: Los Valles de Fuentidueña (Segovia, Duero Basin) and CD: Concud (Teruel, Calatayud-Teruel Basin).

Table 2. Sample of the limb bones of *Hipparion concudense* from Los Valles de Fuentidueña.

| Specimen | Element | LAG | EFS (max NGM) | Partial lines |
|----------|---------|-----|--------------|---------------|
| 30698    | Femur   | 2   | 6            | 0             |
| 30699    | Femur   | 2   | 7            | 1             |
| 30694    | Femur   | 2   | 0            | 1             |
| 28594    | Femur   | 2   | 4            | 0             |
| 30685    | Tibia   | 2   | 3            | 0             |
| 30682    | Tibia   | 2   | 0            | 0             |
| 30779b   | Tibia   | 2   | x            | 1             |
| 30684    | Tibia   | 2   | 2            | 0             |
| 30686    | Tibia   | 2   | 2            | 0             |
| 28826    | Tibia   | x   | x            | 0             |
| 30779a   | Humerus | 2   | 4            | 0             |
| 30700    | Humerus | 3   | 2            | 0             |
| 30702    | Humerus | 2   | 3            | 1             |

The table shows data for the specimens analyzed for the comparative histological study. LAG: line of arrested growth; EFS: external fundamental system; max NGM: maximum number of growth marks within the EFS.

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| Locality | Specimen | Region | LAG | EFS (max NGM) | Age at death | HOS | Density Sec. Ost. | ADP (mm) | TD (mm) | Cortical Area (mm²) | Medullary Area (mm²) | Bone Area (mm²) | Cortical Thickness (mm) |
|----------|----------|--------|-----|---------------|--------------|-----|------------------|----------|---------|-------------------|---------------------|----------------|----------------------|
| LVF      | 30657 (355X) | MC | 0 | 0 | <1 | 1 | 2.49 | 21,072 | 25,990 | 373,164 | 68,726 | 441,891 | 8,617 |
|          | 43971* | MT | 0 | 0 | <1 | 1 | 0.85 | 21,451 | 29,746 | 317,125 | 176,191 | 493,480 | 5,86 |
|          | 30602* | MC | 1 | 0 | >1 | 2 | 4.1 | 21,601 | 24,885 | 348,103 | 83,249 | 431,352 | 9,238 |
|          | 30613 (878) | MT | 1 | 0 | >1 | 2 | 6.48 | 23,508 | 26,109 | 379,688 | 103,555 | 483,243 | 9,701 |
|          | 30613 (609) | MT | 2 | 0 | >2 | 2 | 8.99 | 25,061 | 28,085 | 435,307 | 120,043 | 555,351 | 7,531 |
|          | 30656d (A311)* | MT | 2 | 1 | (2) | 3 | 15.96 | 26,149 | 25,807 | 449,423 | 107,047 | 556,470 | 7,818 |
|          | 30656a* | MT | 2 | 1 | >4 | 3 | 3.34 | 25,643 | 22,637 | 386,956 | 83,095 | 470,052 | 11,158 |
|          | 30656c* | MC | 2 | 1 | >5 | 3 | 18.4 | 27,475 | 23,812 | 429,932 | 94,197 | 524,129 | 10,59 |
|          | 30613-xfisura | MT | 2 | 1 | >5 | 3 | 2.39 | 24,561 | 24,699 | 408,082 | 82,646 | 490,728 | 8,661 |
|          | 30613 (LVF6X) | MT | 2 | 1 | >6 | 3 | 14.19 | 29,157 | 26,130 | 465,484 | 127,547 | 598,548 | 9,878 |
|          | 67917 | MT | 3 | 1 | >7 | 3 | 5.87 | 26,640 | 26,031 | 420,688 | 120,533 | 541,221 | 7,444 |
|          | 30599 | MC | 1 | 2 | (3+3) | >8 | 3 | 4.3 | 19,908 | 23,048 | 382,646 | 207,495 | 590,141 | 9,238 |
|          | 30613–599x | MT | 1 | 1 | >3 (>47) | 3 | 18.23 | 27,208 | 23,212 | 448,214 | 80,773 | 525,653 | 11,64 |
|          | 30604** | MC | x | x | x | x | x | 22,099 | 26,449 | 357,834 | 100,795 | 458,629 | 8,551 |
|          | 67930** | MT | x | x | x | x | 26,902 | 23,181 | 443,049 | 79,921 | 522,970 | 11,468 |
|          | 17092 | MC | 0 | 0 | <1 | 1 | 4.76 | 21,366 | 25,843 | 336,181 | 94,499 | 431,352 | 8,14 |
|          | 31186* | MC | 0 | 0 | <1 | 1 | 2.208 | 17,853 | 25,979 | 289,917 | 79,351 | 369,268 | 5,172 |
|          | 17197 | MC | 1 | 0 | >1 | 2 | 6.173 | 23,249 | 24,308 | 325,942 | 96,997 | 418,52 | 9,364 |
|          | 17188 | MC | 2 | 0 | >2 | 2 | 7.191 | 20,565 | 26,717 | 318,95 | 99,652 | 418,603 | 7,13 |
|          | 17093* | MC | 2 | 1 | (2) | >1 | 3 | 0.24 | 21,203 | 28,291 | 365,655 | 109,93 | 475,585 | 7,294 |
|          | 17215* | MC | 2 | 1 | >4 | 3 | 5.01 | 20,908 | 27,122 | 348,189 | 91,328 | 439,516 | 7,627 |
|          | 17083* | MT | 2 | 1 | >5 | 3 | 11.94 | 25,87 | 25,747 | 447,518 | 77,089 | 524,607 | 10,254 |
|          | 17216 | MC | 2 | 1 | >8 | 3 | 4.53 | 21,714 | 27,471 | 380,644 | 93,894 | 485,256 | 8,513 |
|          | 17085 | MT | 2 | 1 | >4 | 3 | 19.56 | 28,282 | 23,791 | 480,109 | 93,81 | 573,918 | 10,617 |
|          | 17242 | MC | 1 | 1 | >4 | 3 | 7.028 | 20,633 | 24,379 | 309,745 | 96,716 | 406,46 | 8,094 |
|          | 17082 | MT | 1 | 1 | >3 (>47) | 3 | 17.19 | 25,534 | 28,084 | 452,266 | 108,017 | 560,282 | 9,322 |
|          | 31183 A | MT | 1 | 1 | >5 (>57) | 3 | 24,33 | 28,115 | 27,042 | 521,179 | 98,101 | 619,28 | 11,664 |
|          | 31183 B** | MT | 2 | 1 | >2 | 3 | x | 29,986 | 27,521 | 646,621 | 137,26 | 593,356 | 11,356 |

LVF: Los Valles de Fuentidueña; CD: Concud; MC: metacarpal; MT: metatarsal; Asterisks indicate the degree of preservation: (*) the cortical bone is altered but histological features can be observed; (**) the cortical bone is highly altered and histological features are not discernible; LAG: line of arrested growth; EFS: external fundamental system; max NGM: maximum number of growth marks within the EFS; age at death was inferred from the numbers of growth marks; HOS: histological ontogenetic stage; ADP: antero-posterior diameter; TD: transverse diameter; Density Sec. Ost.: density of secondary osteons (number of secondary osteons/mm²).
Histological analysis reveals that all limb bones of the LVF sample are characterized by fibrolamellar bone tissue. However, the different limb elements differ markedly with regard to vascular patterns. Femora and humeri show a laminar bone tissue with vascular canals arranged circumferentially throughout the cortical bone (Figure 3a and b). On the contrary, the tibiae are characterized by fibrolamellar bone tissue with vascular canals arranged circumferentially throughout the cortical bone (Figure 3a and b). However, the different limb elements differ markedly with regard to vascular patterns.
region, where the bone shows longitudinal primary osteons arranged in circumferential rows, or is randomly distributed (Figure 3c). Finally, the metapodials are characterized by longitudinal primary osteons arranged in circumferential rows limited by thin layers of woven-fibered bone tissue (Figure 3d). In addition, some specimens show lamellar bone associated with growth marks in the periosteal (EFS) and the endosteal regions.

The primary cortical bone is highly remodelled in most of the LVF sample, particularly in tibia 20962 (Figure 4). Interestingly, the distribution of secondary osteons varies depending on the skeletal element. In the humeri, bone remodeling can be observed throughout the cortex of the dorsal region and in the middle cortex of the plantar region (Figure 5a). In the tibiae, secondary osteons are located in the outer cortex of the plantar region, throughout the cortical bone of the dorsal region, and in the outer cortex of the medial side of some specimens (Figure 5b). The femora present a high level of bone remodeling in the plantar region, from where it extends to other regions (Figure 5d). The large sample of metapodials reveals differences in the degree of bone remodeling, from unremodeled specimens to other highly remodelled ones, and specimens where remodeling is mostly restricted to the medial region of the cortex (Figure 5c). In both metacarpals and metatarsals, secondary osteons are mainly located in the dorsal region and in areas of the plantar region. Bone remodeling in the dorsal region is mainly restricted to the middle cortex, with few secondary osteons in the inner and outer cortex of some specimens, whereas in the plantar region, secondary osteons are located in the outer and the inner cortex of the regions coming into contact with the lateral metapodials.

As illustrated in Figures 6–9, most of the specimens studied present two types of growth marks, lines of arrested growth (LAGs) and external fundamental systems (EFS). All the studied limb elements of *Hipparion concudense* exhibit the same general pattern in the distribution of growth marks, showing up to two

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**Figure 3. Bone histology of *Hipparion concudense* from Los Valles de Fuentidueña.** Detail of the bone microstructure observed in the transverse thin sections of mid-shaft from (a) humerus 30779a, (b) femur 30694, (c) tibia 30682, and (d) metapodial 30657-355x. Scale bar: 5000 μm. doi:10.1371/journal.pone.0103708.g003
LAGs with or without EFS (Table 2 and 3). The presence of EFS is associated with the presence of two LAGs, although several of the specimens reveal other patterns, such as metapodial 30613-599x, which presents one LAG plus one EFS, or metacarpal 30599, which presents one LAGs plus two EFSs (see Table 3). Moreover, humerus 30700 and metatarsal 67917 present three LAGs plus one EFS. In the humerus, LAGs are clearly distinguished across the whole section, whereas in the metatarsal, the second and especially the third LAGs can be distinguished from the EFS only on the lateral side. In some specimens, bone remodeling complicates the observation of growth marks in particular areas, although their continuity can be deduced after a detailed microscope analysis, except in the highly remodelled specimens 28826, 30604, 31183B and 67930. From a taphonomical point of view, it is worth mentioning that LAGs seem to be preferred regions for fractures within the cortical bone. In addition to LAGs and EFS, femora 30694, tibia 30779b and humerus 30702 also present partial lines within the primary cortical bones confined to a region of the section (Figure 6). In femur 30699 we observed a partial mark close to the medullary cavity which might be associated with cortical drift [31]. We did not consider them to be among the annual growth marks, but rather as non-cyclical growth marks such as cortical drift lines or temporary changes in the direction and relative intensity of bone deposition along a local section [31].

**Inferences of life history and developmental traits in *Hipparion concudense*: a comparative study of two populations**

In order to infer the life history and developmental traits of *Hipparion concudense* and to identify temporal and environmental variations in its bone histology, we compared the histological features of the large sample of LVF metapodials with another large sample from Concud. Although the use of metapodials for skeletochronology is a controversial issue, our previous comparison of different limb bones demonstrates that they all provide coherent skeletochronological data.

As previously mentioned, the LVF sample of metapodials is histologically well preserved. In comparison, the bones from Concud (CD) are more fragile and difficult to prepare, but their histological features are nonetheless well preserved. As in LVF, some CD specimens presented slight taphonomical alterations which do not preclude histological analysis (see Table 3). In addition, specimen CD 31183B presents a high level of alteration but certain histological features could be identified (see Figure 2). The histological structure of the cortical bone in the Concud metapodials is similar to LVF, consisting of fibrolamellar bone tissue with circumferential rows of primary osteons limited by thin layers of woven-fibered bone tissue (Figure 10).

From the skeletochronological point of view, LVF and CD present two types of growth marks - lines of arrested growth (LAGs), as well as external fundamental systems (EFS). In the Concud sample, however, we observed that the LAGs are less marked than in the specimens from Los Valles de Fuentidueña; some CD specimens also exhibit annuli. In some of the CD specimens, LAGs are seen to surround the cross section (e.g. 17215, 17216, 17188) but in other specimens, these lines are weak in some regions of the section (e.g. 17083, 17093, 17242, 17085, 31183 B). In other specimens (31183A and 17082) the LAGs continue on the annuli, a narrow region of avascular bone reflecting a drastic decrease in bone formation rate, without growth being fully arrested [31] (Figure 10).

As illustrated in Table 3 and Figure 11, most specimens from both samples can be included in one the following: 1) specimens...
lacking LAGs and EFS; ii) specimens with one or two LAGs; and iii) specimens presenting two LAGs plus EFS (Figure 10). Several specimens present atypical numbers of growth marks (Figure 10), including metapodials 17242, 17082 and 31183A from Concud and 30613-599x from Los Valles de Fuentidueña, which show only one LAG together with the EFS, and metacarpal 30599 from Los Valles de Fuentidueña, which presents one LAG plus two EFSs (see Table 3). In some specimens, the distance between LAGs and EFSs varies throughout the cross-section, and are so close to each other in some areas that the LAGs could be erroneously considered to be part of the EFS, whereas in other areas they are clearly separated (e.g. LVF:30656c and 30615 x-fisura; CD: 17197). As occurs in other limb bones (see above), LAGs (and sometimes EFSs) cannot be recognized in regions of some specimens due to a high degree of remodeling. Additionally, lines in the EFSs are sometimes lost due to erosion of the periosteal surface. Some specimens also exhibit rows of primary osteons limited by thin layers of different colours that could be misinterpreted as growth marks. These structures, however, are highly mineralized thin concentric plates of woven bone tissue that do not correspond to periodic growth marks [11].

Considering LAGs as annual marks, we can distinguish specimens up to two years old (0, 1 and 2 LAGs) and specimens older than three years (2 LAGs plus EFS). As illustrated in Figure 12 (see also Table 3), the distribution of specimens among these age groups is similar in both localities, with most individuals in the adult group, whereas the least abundant group corresponds to 2-year-old individuals. Previous research has employed rest lines within the EFS to estimate age at death in mammal bones [35], [36]. According to these criteria, Hipparion lived as long as 8 years. However, as far as we know, there is no evidence to demonstrate that rest lines within the EFS represent annual cycles. As a compromise, we determined the maximum number of rest lines observed in the EFS of each specimen and provided a tentative age estimate on that basis (Table 3), which should be validated in future studies addressing the biological significance of the EFS. The presence of two LAGs prior to the onset of the EFS in both the LVF and CD samples indicates that Hipparion concundense from these localities would generally grow for two years until reaching skeletal maturity at three years of age. According to some authors [34–36], EFS formation also marks the onset of sexual maturity or the age of first reproduction in mammals, but this inference is again controversial (see discussion). Some individuals, particularly in the Concud sample, present an alternative growth pattern reaching skeletal maturity in their second year of life (1 LAG before EFS; specimens LVF 30613-599x, CD 17082, CD 17242 and CD 31183A). Individual LVF 30599 shows an anomalous growth pattern with the presence of two EFS.

Figure 5. Distribution of bone remodeling areas in limb bones of Hipparion concundense. Green lines delimited the highly remodelled areas in each skeletal element. (a) humerus 30702, (b) tibia 38686, (c) metatarsal 67917, and (d) femur 30694. Scalebar: 5000 μm.

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Integration of bone histological structure and skeletochronological data reveals marked histological differences among the age groups identified. The first of these, comprising individuals lacking growth marks (less than one year old), is characterized by the presence of vascular canals open to the bone surface (Figure 10a) and slight or no bone remodeling with isolated secondary osteons (mean secondary osteon density: 2.579 secondary osteons/mm²; Figure 13a). Individuals from the second (one LAG, i.e. 1 year old) and the third (two LAGs, i.e. 2 years old) age groups are characterized by the absence of open vascular canals and lamellar bone in the periosteal surface (Figure 10b), except specimen 30602, which still presents open vascular canals, as in the previous age group. Bone remodeling patterns also change with respect to the first age group, from isolated secondary osteons to clusters of secondary osteons in the woven bone plates delimiting the concentric rows of primary osteons, mainly in the periosteal region (Figure 13b). Density of secondary osteons follows an increasing trend in the second and third age groups, with a mean of 5,584 secondary osteons/mm² in specimens with one LAG and 8.09 in those with two LAGs. Finally, specimens older than 3 years are characterized by the presence of a layer of avascular lamellar bone in the periosteal surface corresponding to the EFS (Figure 10c) and the highest degree of bone remodeling (10.83 secondary osteons/mm²; Table 3 and Figure 13c), which sometimes obscures the presence of growth marks. The presence or absence of radial vascular canals, which has been related to a high bone growth rate [39], [41], appears to be randomly

Figure 6. Growth marks in humeri of Hipparion concudense. The figure shows (on the left) the cross sections of humeri 30702 (top) and 30779a (down) with the lines of arrested growth identified in the cortical bone and (on the right) a detail of the cortical bone with these growth marks. Red lines are LAGs; green lines indicate the LAGs in the bone remodelled areas; gray lines show the inferred position of the LAGs in regions of the section lacking the cortical bone; black lines show the partial marks observed in the section; red arrows indicate the growth marks within the cortical bone; and vertical red lines show the EFS. Scalebar: 5000 μm.
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distributed among the studied specimens, irrespective of age, skeletal element, or locality.

While most histological features do not differ between localities or anatomical elements (metacarpals and metatarsals), detailed analysis of bone remodeling reveals several differences (Figure 13d). First, the Concud metacarpals show a lower level of remodeling than the metatarsals (Mt: 18.36 Sec. Ost./mm², Mc: 3.36 Sec. Ost./mm²), and this remodeling only increases slightly during ontogeny. And second, the LVF metatarsals present a peculiar remodeling pattern in the older age group (2 LAGs plus EFS), exhibiting a bimodal distribution of specimens showing low and high degrees of remodeling.

Ontogenetic trends in histological features are paralleled by size measurements of the bone sections –anterior posterior diameter (APD), cortical bone area and dorsal cortical thickness and, to a certain extent, bone section area–, which increase during ontogeny, although within-group variability is often greater than between groups (see Figure 14). On the contrary, the medullary cavity areas do not show marked differences among groups, whereas the transversal diameter appears to decrease throughout ontogeny.

**Discussion**

In the present research, we conducted the first histological study of the limb bones of the Miocene equid Hipparion concudense. Our results reveal that all Hipparion limb bones show a similar histological structure, characterized by fibrolamellar bone tissue, but differ with respect to histological features such as vascular pattern or distribution of remodelled areas. Differences in vascular pattern involve the main orientation of the vascular canals, from the laminar bone tissue observed in humeri and femora, to the longitudinal vascular canals arranged in circumferential rows of
the metapodials, and the laminar bone tissue with longitudinal canals in the plantar region of the tibiae. The different vascular patterns agree with previous observations in other equids, such as in the humerus of *Parahippus* [3], the tibiae and the metatarsals of Pleistocene *Equus* [5], and the humeri and the metapodials of extant *Equus* [3], [11]. The analysis of the vascular pattern in the long bones of the hadrosaurus *Hypacrosaurus stebingeri* by Horner et al. (1999) [20] (see also [23]) indicates that these differences can be related to the specific growth rate (Amprino’s Rule), size, growth dynamics or the biomechanical factors of each skeletal element.

Regarding bone remodeling, all the bones studied present secondary osteons, but their distribution in the cortical bone would appear to be specific to each limb bone. The remodeling patterns in these elements are similar to those described in extant and extinct *Equus* [5], [11] but differ from other perissodactyls (Rhinocerotidae) and mammalian taxa such as Proboscidea or Artiodactyla [5]. The occurrence of bone remodeling in specific areas of the humerus, femur, tibia and metapodials in *Equus* and *Hipparion* is likely related to biomechanical factors shared by both genera. Considering the reduction of the number of toes characterizing equid evolution, it would be very interesting to analyze whether remodeling patterns are preserved in all equid species or whether they differ significantly in most plesiomorphic horses presenting completely developed lateral toes. Further studies addressing the biomechanics of limb bones will provide valuable information on the locomotion of *Hipparion* and the evolution of monodactylia in Equidae.

An interesting observation is the occurrence of growth marks – both LAGs and EFS– in the studied sample of limb bones of *Hipparion concudense*. The presence and distribution of growth marks differs from previous observations in extinct and extant horses. In a sample of extant horses analyzed by Stover et al. (1992) [11], growth marks resembling EFS appeared in the periosteal region of horses older than 29 months, but no LAGs were observed within the intracortical region. The absence of
LAGs in these individuals indicates continuous growth during the first two and half years of life, which is likely due to the fact that the farm animals employed in the study were continuously fed and well cared for. On the other hand, in the Sanders and Andrassy (2006) [5] study of Pleistocene mammals, the authors observed up to 3 LAGs but no EFS in *Equus* tibiae and metatarsals. The presence of LAGs indicates arrested growth, whereas the lack of EFS suggests that either the sample studied by Sanders and Andrassy (2006) [5] only included subadult specimens, or that taphonomic or remodeling alterations in the periosteal region prevented identification of this structure. Growth marks reflect discontinuous growth, interrupted by periods of arrested growth that can result from internal endogenous factors or can be caused by environmental seasonality ([30] and references therein). The presence of growth marks in extinct wild equids [5] [present data] contrasts with the lack of LAGs in the farm horses studied by Stover *et al.* (1992) [11]. These differences suggest that environmental factors are most likely responsible for growth arrest and consequently, for the formation of growth marks. Indeed, several studies have shown that growth rates in extant horses are strongly influenced by several factors such as sex, birth month, weaning, feeding level, and the season of the year with growth patterns following changes in temperature and pasture growth [42–46]. For example, Martin-Rosset 2005 [46] shows that horses with a higher feeding level show a continuous growth curve, whereas those with lower feeding levels alternate periods of high growth with others of arrested or low growth. However, further research is needed to test whether changes in growth during ontogeny of extant horses caused by seasonal factors (e.g. temperature, food availability, photoperiod etc) and/or developmental events (such as weaning.

Figure 9. Growth marks in metapodials of *Hipparion concudense*. The figure shows (on the left) the cross sections of the metatarsal 30613-xfisura from Los Valles de Fuentidueña (top) and 17215 from Concud (down) with the lines of arrested growth identified in the cortical bone and (on right) a detail of the cortical bone with these growth marks. Red lines are LAGs; green lines indicate the LAGs in the bone remodelled areas; red arrows show the growth marks within the cortical bone. Scalebar: 5000 μm.
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puberty, sexual maturity or first reproduction) are reflected as growth marks within the cortical bone. Among these, photoperiod seems to play a key role in the regulation of bone growth rates [4], [11], [29], [45–47].

In addition to the histological characterization of Hipparion limb bones, our objective involved comparing different skeletal elements to evaluate the reliability of Hipparion metapodials for skeletochronology. Metapodials are generally the most abundant fossil remains of large mammals, including Perissodactyla, and they enable population level studies that are not possible with other, scarcer long bones. However, Horner et al. (1999) [20], (see also [23]) questioned the use of metapodials in skeletochronological studies, based on a detailed comparison of the number of growth marks in different skeletal elements of a single individual of Hypacrosaurus. The authors indicated that, among dinosaurs, metapodials present higher degrees of remodeling than other limb bones, which make them a poor source of data for skeletochronology [20], [23]. Contrary to these observations in dinosaurs, we observed a similar degree of remodeling in all limb bones, including metapodials. Across the LVF and CD samples, specimens present a variable degree of remodeling, from specimens presenting almost no secondary osteons to highly remodelled ones with most of the cortical bone covered by secondary osteons. With some exceptions, however, this remodeling variability does not reflect anatomical differences, but rather an ontogenetic gradient, in agreement with previous descriptions of high bone remodeling in adult specimens of extinct and extant Equus [3], [5], [11] and other extinct equids [3] but not in young horses (Stover et al., 1992) [11]. Horner et al. (1999) [20] also argued that the humerus, femur and tibia are the best skeletal elements for skeletochronology because they preserve the most complete record of growth marks. Conversely, we observed that the distribution of growth marks is similar among the different skeletal elements, including the metapodials. Even anomalous patterns –such as the presence of three LAGs together with one EFS- are observed in both the metapodials and the other skeletal elements. Furthermore, the metapodials show a higher degree of variability and anomalous patterns in growth marks than the other elements.

Figure 10. Bone histology of the metapodials of Hipparion concudense from Los Valles de Fuentidueña and Concud. The figure shows the histological features characterizing the three ontogenetical groups established in the Hipparion concudense sample from skeletochronological data (a–c) and different growth patterns (d–f). (a) 31186: immature specimens with vascular canals open to the periosteal surface (white arrows); (b) 17083: subadult specimen with fibrolamellar bone tissue, two LAGs and no periosteal canals; (c) 67917: adult specimen showing intracortical fibrolamellar bone with two LAGs and periosteal lamellar with EFS. Red arrows indicate growth marks; (d) 30599: one LAG, one inner EFS (4 LAGs) and one outer EFS (2 LAGs); (e) 17242: one LAG and one EFS (4 LAGs); 17184: (f) two EFSs (6 LAGs in the inner EFS and 3 LAGs in the outer EFS). Growth marks are indicated with red arrows. Scale bar: 500 µm.

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elements due to their much larger sample size. In summary, our results indicate that the different limb bones studied herein present comparable degrees of bone remodeling and, as far as we can establish in the present study, yield equivalent skeletochronological data. We therefore suggest that metapodials from *Hipparion* can be reliably used for skeletochronological analysis. Discrepancies with Horner *et al.* (1999) [20] could be explained by the restricted growth of equids with respect to dinosaurs, which likely minimizes the effects of the differences in growth rates among skeletal elements. Moreover, we hypothesize that the presence of the same pattern of growth marks among long bones (including metapodials) due to their much larger sample size. In summary, our results indicate that the different limb bones studied herein present comparable degrees of bone remodeling and, as far as we can establish in the present study, yield equivalent skeletochronological data. We therefore suggest that metapodials from *Hipparion* can be reliably used for skeletochronological analysis. Discrepancies with Horner *et al.* (1999) [20] could be explained by the restricted growth of equids with respect to dinosaurs, which likely minimizes the effects of the differences in growth rates among skeletal elements. Moreover, we hypothesize that the presence of the same pattern of growth marks among long bones (including metapodials)
dials) of *Hipparion concundense* might also be influenced by the skeletal structure of their limbs.

Assuming that *Hipparion* metapodials constitute reliable elements for skeletochronology, we analyzed two large samples of central metapodials from the Miocene localities of Los Valles de Fuentiduena and Concud. In general terms, these skeletochronological results are broadly similar in both localities, characterized by up to two intracortical LAGs prior to the formation of the EFS. LAGs are marks caused by annual growth arrests which are used to infer the age of the specimen, whereas the EFS is a structure resulting from a general decrease in bone growth rate associated with the attainment of skeletal maturity. According to some authors [34–37], EFS also marks the onset of sexual maturity due to a trade-off between growth and reproduction [48], [49]. However, according to Lee et al. (2013) [50] reproductive maturity precedes skeletal maturity in most vertebrates, including humans. In racehorses, skeletal maturity, defined as the formation of EFS, is achieved at two years of age [11], slightly later than the onset of puberty, estimated at 15 months. Full testis size, however, is reached in male horses years later, whereas skeletal maturation can occur at 6 years of age [51]. Thus, controversy regarding the agreement between the onset of sexual and skeletal maturity is not merely a matter of data, but also of how both sexual and skeletal maturity are defined.

Based on LAG and EFS definitions, these growth marks enable four age groups to be differentiated: individuals less than one year old, individuals one or two years old, and individuals over three years old which have already reached skeletal maturity and potentially...
sexual maturity. Greater accuracy in the age estimates of the latter group can be achieved by considering lines within the EFS as annual growth marks [35], [36]. However, as we indicated previously, there is no evidence to support this proposal (e.g. [31]) and further studies are needed to establish their biological significance and to validate their use for age estimation. However, we tentatively consider these lines to provide an hypothetical age of death in specimens with EFS, observing individuals up to 10 years of age.

Skeletochrological aging of the LVF and CD individuals also enables us to interpret the histological variability observed in both samples from an ontogenetic perspective. Two features show consistent changes in central metapodials: the presence or absence of vascular canals open to the periosteal surface, and the presence or absence of lamellar bone in the periosteal region. Our results indicate that open vascular canals in the periosteal surface are usually observed in individuals without LAGs, i.e., in their first year of life, whereas older animals present closed vascular canals or even lamellar bone in the periosteal surface of the oldest individuals. In agreement, previous studies have shown that both features reflect ontogenetic changes in growth rate ([35] and cites there in). The presence of open vascular canals on the periosteal surface characterizes immature horses [11] and other taxa [52–55]. According to Stover et al. (1992) [11], this type of bone, known as “saltatory primary osteonal bone” results from a rapid growth rate involving a particular mechanism described in detail by these

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**Figure 14. Bone section measurements and distribution of the specimens throughout the ontogenetic groups.** The graphs show the increase in (a) antero-posterior diameter, (b) bone area, and (c) the cortical thickness throughout the three ontogenetic groups established in this study from skeletochronological data. doi:10.1371/journal.pone.0103708.g014
authors. Stover et al. (1992) [11] added the term salutary to stress its underlying growth mechanism that differentiates this type of bone from the otherwise similar “simple” primary osteonal bone. The latter type of bone develops later in young horses [11] and in *Hipparion concudense* specimens with one or two lags, but with no EFS. Finally, avascular lamellar bone resulting from a very slow growth rate [40], [50] is formed in the periosteal surface of older individuals that have reached skeletal maturity (i.e. presenting EFS), as occurs in extant adult horses over 29 months old [11]. We can therefore define 3 histological ontogenetic stages (HOS 1 to 3) in the *Hipparion* sample that broadly correspond to the immature, subadult and adult horses described by Stover and colleagues (1992) [11]. Immature individuals are characterized by fast-growing periosteal bone –“salutary primary osteonal bone”–, whereas subadult individuals present a “simple” primary bone associated with a lower growth rate, which eventually almost ceases in the adult specimens when avascular lamellar bone is deposited in the periosteal region.

Bone remodeling also presents a high degree of ontogenetic variation in the *Hipparion* sample, showing a general increase in the density of secondary osteons with age. Immature individuals present very low densities, which tend towards a progressive increase in subadults, reaching the highest values in adults. Within this general ontogenetic pattern, several differences between localities and between metacarpals and metatarsals become apparent. First, remodeling develops earlier in ontogeny in LVF than in CD; and second, the metacarpals from CD become less remodelled during ontogeny compared to the CD metatarsals and the LVF metapodials. These differences likely reflect biomechanical differences associated with environmental and/or morphological differences between the CD and LVF populations, such as those described by Pesquero and Alberdi (2012) [19]. According to these authors, LVF *Hipparion* are more slender than Concud individuals as a result of a drier environment and a harder substrate. Thus, it could be hypothesized that the hard ground of LVF might have induced a biomechanically stressful locomotion that caused high remodeling in both metacarpals and metatarsals. On the contrary, the soft ground of the wet environment described for CD might have caused less biomechanical stress, thus lowering bone remodeling, mainly in the metacarpal bone. However, there is a need for further studies analyzing the biomechanics of *Hipparion* in order to understand these differences.

All this histological and skeletonochronological information, as well as the inferences derived therefrom, provide a relatively detailed reconstruction of the ontogeny, growth and life history of *Hipparion concudense*. This species had an initial, immature stage of continuous rapid growth which extended during the first year of life. Subsequently, the individuals became subadults, a stage characterized by a reduced growth rate with cyclic periods of growth arrest. The subadult stage extended for 2 years prior to reaching maturity in the third year of life. This ontogenetic change was marked by a sharp decrease in growth rate marking the onset of skeletal, and possibly sexual, maturity [34–37]. Assuming that EFS marks the onset of sexual maturity and that rest lines within the EFS correspond to annual cycles, the resulting inferred life history of *Hipparion concudense* resembles that of extant equid species, but develops within a shorter time span. Sexual maturity is reached in or after the fourth year of life in extant equids (e.g. *E. burchelli*: 4 yrs and *E. grevy*: 6 yrs old [36–38] as well as in the Pleistocene *Equus* as indicated by the presence of subadult individuals over 3 years old [presenting 3 LAGS] in the sample analyzed by Sanders and Andrassy (2006) [5]. Lifespan is also prolonged in extant *Equus* species, reaching over 20 years in wild populations [58], [59]. While disparities can be accounted for by size differences between the medium-sized *Hipparion concudense* (170–186 kg, [19]) and the larger *Equus* (e.g. *E. burchelli*: 220–322 kg (males), 175–250 kg (females), and *E. grevy*: 380–450 kg (males), 352–450 kg (females) [57]), in agreement with the well-established allometric relationships between body size and life history traits, including age of maturity and lifespan [36], [60].

In addition to this general ontogenetic pattern, we have observed alternative ones, particularly in CD. Indeed, half of the metacarpals of adult specimens from Concud, as well as one from LVF, present a single LAG in association with EFS. These individuals might have reached skeletal maturity in their second year of life, before the formation of the second LAG. Alternatively, it may indicate that these specimens arrested their growth only once prior to reaching skeletal maturity at the usual age (in the third year of life). The extent of this pattern among the Concud sample would therefore indicate that animals from this population encountered favourable environmental conditions that enabled more continous growth. At the other end of the spectrum, one LVF metapodial presents 3 LAGs together with EFS. This individual took one year more than the majority of individuals to reach skeletal maturity, and reflects some intra-population variability in this life history trait. Specimen LVF-30590 shows a more anomalous pattern, characterized by the presence of two EFS. Considering that the presence of EFS corresponds to skeletal maturity [1], [33], the presence of two EFSs in this specimen is puzzling. Further research on life history and bone histology in wild extant horses could shed light on the significance of the EFS and the variability of bone growth and growth marks.

Age-at-death estimations obtained from the analysis of growth marks have enabled us to establish the age structure of the LVF and CD samples. The profiles from both localities are quite similar and do not appear to differ between metacarpals and metatarsals, although the sample is not large enough to reach a definitive conclusion. As illustrated in Figure 12, the profile of the age structure takes a U-shaped form, in which immature (0–1 years) and adult individuals (above 3 years old) are numerous, whereas subadults (2 years) are scarce. This profile corresponds to an atritional model, in which the specimens are accumulated in the assemblage due to a combination of factors (predation, neonatal mortality, disease, competition) that mainly affect the most vulnerable age groups [61]. In this respect, the profile of *Hipparion* from both the LVF and CD assemblages resembles the U-shape profiles of Pleistocene *Equus* from archaeological sites in France [62], although the age classes are broader in *Equus*, likely due to its longer life span. Interestingly, the LVF and CD profiles differ from the profiles of Burchel’s zebras, but resemble those of the smaller bovid impala, both from current atritional accumulations sampled in the Akegara National Park (South Africa) [61].

In general terms, the present paleohistological analysis has yielded several interesting results, including the first description of the limb histology of the Miocene equid *Hipparion* and the inference of life history traits in two populations of this equid. An additional major finding involves the validation of the reliability of metapodials for skeletonochronological analyses in this taxon. However, there is an urgent need for additional evidence in extant and extinct species to confirm the congruence of skeletonochronological data among skeletal elements from the same individual and to determine to what extent this congruence occurs in other mammalian taxa. As we have mentioned throughout the text, further experimental data and other empirical evidence is urgently needed to verify many skeletonochronological inferences employed in paleohistological studies. Nonetheless, our paper illustrates the richness of data that histological analysis can provide...
for the study of extinct populations. In this respect, histological features have enabled us to distinguish different age groups, characterize their growth pattern, estimate age of skeletal maturity, establish the variability in two populations and tentatively relate them to environmental differences in two samples of otherwise morphologically similar specimens. We therefore conclude that paleohistology is of great value for the study of extinct mammalian populations and that this approach would strongly benefit from further experimental and empirical research with regard to understanding the biological basis of histological features.

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Author Contributions

Conceived and designed the experiments: CMM MTA. Performed the experiments: CMM. Analyzed the data: CMM MTA MND JLP. Contributed reagents/materials/analysis tools: CMM MTA MND JLP. Wrote the paper: CMM MTA MND JLP.

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