Continuous and Long-Term Volume Measurements with a Commercial Coulter Counter

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Abstract

We demonstrate a method to enhance the time resolution of a commercial Coulter counter and enable continuous and long-term cell size measurements for growth rate analyses essential to understanding basic cellular processes, such as cell size regulation and cell cycle progression. Our simple modifications to a commercial Coulter counter create controllable cell culture conditions within the sample compartment and combine temperature control with necessary adaptations to achieve measurement stability over several hours. We also wrote custom software, detailed here, to analyze instrument data files collected by either this continuous method or standard, periodic sampling. We use the continuous method to measure the growth rate of yeast in G1 during a prolonged arrest and, in different samples, the dependency of growth rate on cell size and cell cycle position in arrested and proliferating cells. We also quantify with high time resolution the response of mouse lymphoblast cell culture to drug treatment. This method provides a technique for continuous measurement of cell size that is applicable to a large variety of cell types and greatly expands the set of analysis tools available for the Coulter counter.

Introduction

Cell size is a fundamental property of all organisms and tissues. Size is coupled to cell cycle progression and affected by both internal and external cues, as well as certain disease states. The measurement of cell size over time offers insight into the rate at which cells translate energy derived from nutrients into cellular biomass, and this information can be applied to molecular-level knowledge to further understanding of cell size regulation and predict cell fate. Size measurements by single cell tracking provide the highest level of detail, but are low throughput and face technical challenges because cells move or drift and require a steady nutrient supply [1–3]. Population-scale measurements at fixed time intervals evaluate a large number of cells, but are often collapsed into qualitative descriptions or a single data point, such as a change in population mode or average [4,5]. Moreover, population-scale data frequently lack the time resolution necessary to quantify any fast kinetics during a culture’s response. A large-scale continuous size measurement captures with high time resolution valuable statistics about the population’s size heterogeneity, describes how the average cell of any given size behaves, and more precisely identifies when a population responds to environmental perturbations.

Continuous population-scale volume measurements have not been achieved, mainly due to the lack of instruments and analysis tools. In addition to the requirement that cells be kept in culture conditions for the entirety of the timecourse, this style measurement must be ultra-high throughput without sacrificing precision. Tools for measuring cell volume are mostly limited to image analysis, light scatter, and the resistive-pulse (Coulter) technique. Image analysis enables relatively high resolution in a focused horizontal plane, but non-spherical cells larger than the objective’s depth of field necessitate z-stack imaging and a computationally slow reconstruction process [6,7]. Image acquisition may be as fast as 30 cells per second if cells are imaged in parallel, but the necessary processing to calculate volume can be slow and constitutes a major source of error. Forward scatter (FSC) measurements can achieve rates exceeding 10 000 cells per second, but FSC is more closely related to cross-sectional area than volume, and it assumes all cells are spherical and have identical optical properties [8,9]. Deviations in cell shape and content introduce error to FSC measurements and this error has been reported as instrument-dependent [10], which makes it difficult to compare results across studies.

The commercial Coulter counter is also high-speed (≈2 000 cells per second) but, in contrast to FSC, its output is directly proportional to cell volume. The Coulter principle states that a cell transiting an aperture decreases the aperture’s electrical conductivity in proportion to the volume of the cell [11]. The commercial instrument’s aperture is on a test tube-like structure that is directly immersed in a sample beaker (Figure 1), and cells are driven via negative pressure from the beaker into the tube by way of the aperture. The commercial version is designed for “instantaneous” volume profiling of large cell populations at discrete time points; however, many biological studies require dynamic measurements over an extended timecourse with quantitative analysis of how cells...
change with time. To address this, we present modifications and analysis tools for a commercial Coulter counter to continuously acquire population data from active cell culture and quantitatively describe cell response as a function of both volume and time.

Results and Discussion

Instrument modifications for measurement of culture volume response

The basic requirement for a large-scale continuous cell volume measurement is the ability to maintain cell cultures in temperature-controlled media and homogeneous suspension during sampling. If the Coulter counter’s sample beaker is filled with cell medium and the electrolyte inside the aperture tube is commercial solution (Isoton II), there is a gradient of electrical conductivity through the aperture sensing zone that causes the initial volume measurements to be unreliable (Figure S1). We found volume measurements in media are stable only when the instrument electrolyte closely matches that of the sample. Thus, we replaced the Isoton contents of the instrument with 0.2 mL filtered cell medium matched to each culture protocol (Figure 1).

Additionally, we used the Multisizer 4 accessory stirrer to maintain a homogeneous cell suspension. In order to achieve temperature-controlled media and homogeneous suspension during sampling, the Multisizer stirrer maintain culture temperature and a homogeneous suspension. The heating tube is connected to a temperature-controlled recirculating waterbath filled with deionized water, which minimizes electrical interference. Each 150 s file is stored by the Multisizer software and custom software reads the single-particle data from multiple files to plot volume for the timecourse.

Commercial software set-up and description of custom data processing

In addition to establishing cell culture conditions, there are critical settings in the Multisizer software that allow for stable long-term measurements. One limitation of the commercial software is the 325 000 cell limit for each data file written. By recording a new data file every 150 s interspersed with aperture tube flushes, millions of single-cell measurements for a culture may be collected over several hours. Regular flushing of the aperture tube reduces continuity (data are collected during ~75% of the measurement), but ultimately results in higher quality data. By this method, a typical two-hour timecourse produces several million volume measurements distributed across ~40 raw Multisizer data files that are batch-processed by our custom software. Details for the extraction of time data from Multisizer files (*#m3 or *#m4, model-dependent) are provided in the Materials and Methods, and MATLAB (MathWorks, Natick, MA) code is provided in File S1.

The fundamentals of the volume extraction are as follows:

(1) Cell diameter is calculated from each peak height, according to Beckman-Coulter, as:

$$\text{diameter} = K_d \sqrt{\frac{\text{height}}{\text{countspervolt} \times 25 \times \text{gain} \times \text{current}}}$$

where $K_d$, gain, and current are constants reported in the header of each file. Height is the sum of a correction factor and the first of five hexadecimal-encoded values recorded for each cell measurement. Countspervolt is 838 870 V^-1.

(2) Particle volume is calculated as $\pi/6 \times \text{diameter}^3$.

Assessment of error during long-term volume measurements

In order to investigate the stability of continuous and long-term data acquisition, we measured beads and G1-arrested yeast (cdc28-4, Table 1) over a 2-hour timecourse (Figure 2AB). These data are represented by a colormap in which the number of cells located in a small area is designated by a color. Any deviation in the bead volume distribution is entirely due to measurement error. G1-arrested yeast data provide an example of a biological sample actively maintained and measured within the instrument. The G1 arrest is achieved by a temperature-sensitive allele of Cdc28, a protein kinase in yeast required for passage through Start [16]. At
high temperature (>34°C) the protein is inactivated and cells arrest in G1. Colormaps of volume timecourses are drawn directly from single-particle data rather than exported histograms and may be constructed with any time and volume resolution. Occasionally, debris partially occludes the aperture and introduces an error that is resolved by a flush or unblock of the aperture tube and the subsequent start of a new file (Figure S2). The commercial software does not save data if there is a flush or unblock before the end of the file and the number of automatic unblocks is limited by the commercial software to 9. Data skewed by debris were identified as those files in which a specific feature of the size distribution was greater than that of the two neighboring files (further details in Materials and Methods), and these were replaced by data interpolated from the neighboring files. This interpolation criterion removes short timescale fluctuations (~150 s), which are not biologically relevant for the samples we measured. Faster events may require alternative constraints. Volume timecourse colormaps without interpolation are provided in Figure S3AB for comparison. As an alternative to data interpolation, spiking each cell sample with a large and small internal bead standard could be used to correct data during partial occlusions by imposing the constraint that bead volume distributions do not change during the experiment’s timecourse. Ideally, a weak and rapid pressure reversal that does not interrupt data collection would eliminate the need for interpolation.

Continuous data collection enables growth rates to be reported with high frequency and nearly any averaging or smoothing window size. The calculated growth rates for beads (Figure 2C, blue) establish the method’s growth rate resolution to be as low as 0.111 mm³/min (three standard deviations, 60 minute averaging window) and significantly smaller than the growth rates observed for G1 arrested cells (Figure 2C, red). The arrested cell sample’s growth rate remains elevated (Figure 2C), which is supported by previous results in which G1-arrested cells maintain growth over several hours [4]. As the averaging window sizes increases, the calculated rates converge to the average. For some samples, smaller averaging windows may reveal features that correlate with specific biological events.

Rapid detection of growth rate perturbations in mammalian cell culture

In order to determine the time resolution at which cell response may be detected and demonstrate the method for mammalian cells, we continuously measured the volume of a mouse lymphoblast leukemia (L1210) cell line before and after treatment with staurosporine. Staurosporine is an inducer of the intrinsic apoptotic pathway, for which the first stage is apoptotic volume decrease (AVD) [17]. AVD is clearly detected within 30 minutes by standard protocols that track the mode of a volume distribution measured at fixed time intervals (Figure S3A), but a general and quantitative method for determining how early this change occurs could provide insight into the time required by certain pathways to
induce changes to a cell's biophysical properties, such as size. During the initial stages of AVD, ion pumps that maintain homeostatic ion balance across the cell membrane shut down [17,18], thus changes to cell size in response to staurosporine are similar to those during osmotic shock. The time for a change in cell size to occur consists of the time needed for the cells to respond and the system to detect the change. In order to determine this time, L1210 cells were measured for 1 hour, treated with 0.5 μM staurosporine, and measured for an additional hour (Figure 3B, upper panel). These data were analyzed with a bilinear model (similar to [19]) in which the entire dataset is broken in two and a linear regression is performed on each part. The location of the separation is varied across the timecourse and the goodness of fit was measured by the sum of squared errors from both regressions. A decrease in the sum of squared errors indicates an improvement in the bilinear fit (Figure 3B, lower panel). A mock-treated sample (equal volume DMSO) demonstrates no improvement in the fit because its measured volume is constant and there is no optimal point for the separation. Cells treated with staurosporine show a dramatic fit improvement at ~9.7 min. This analysis highlights the continuous method’s ability to precisely identify a population’s response to changes in environmental conditions without prior knowledge of the timing or timescale of this change. The brevity in the cells’ time to respond indicates that the size changes must occur by fast-acting pathways, such as those reported in previous literature.

**Growth rate calculations for size-based subpopulations**

We next used this method to track populations of cells other than those represented by the mode of a histogram. We first investigated yeast growing at room temperature and arrested by a kinase inhibitor (1-NM-PP1) that inactivates Cdc28 (cdcl28-a1, Table 1). For single-peaked histograms, which we observed for timecourses measured at room temperature, small and large cells may be separately tracked by specific histogram features, such as bound pairs. Bound pairs are defined as the volume for which the count is X% of the mode (Figures 4A) and consist of one bound on each side of the mode. Bound pairs ease the tracking of changes in histogram shape over large datasets (Figure 4B). Although the result is similar to the volume timecourse colormaps shown in Figures 2 and 3, this information enables growth rate data to be calculated independently for subpopulations of the culture measured together. In arrested cells and other samples in which cells do not divide, these growth rates are correlated to cells of a specific size and cell cycle phase (Figure 4C). Yeast arrested in the cell cycle have a growth rate that is dependent on cell size, which is similar to observations in cycling populations [20], but within a given size class the growth of arrested cells is relatively constant throughout the timecourse. Thus, Cdc28-inactivated yeast appear to have a diminished capacity to accelerate growth even as cells increase in size.

For samples with emerging subpopulations, the modes of each can be identified as local peaks and tracked individually (Figure 4D). We observed multi-peaked distributions to occur in cells with Cdc28 inactivation and grown at the optimal temperature for yeast (30°C). During the first hour of arrest the distribution is single-peaked and analysis is as described previously, but subpopulations later appear as a result of elevated growth rates (Figure 4EF). The G1-labeled population closely correlates with a population grown in parallel culture and maintained in an incubated shaker (30°C, 300 RPM). Although Cdc28 inactivation by 1-NM-PP1 arrests most cells in G1, a significant fraction of the population arrests as large budded cells. This is in agreement with work by Bishop, et al. [21], which reports an arrest with both unbudded G1 cells and large-budded G2/M cells at the same inhibitor concentration (5 μM). The M-labeled population likely represents the metaphase-arrested cells we observed in parallel culture. These G1- and metaphase-arrested populations are also present in the cultures grown at room temperature, but their size distributions are indistinguishable. The SG-labeled population represents a population of slow-growing cells that are not present in a flask-grown culture and are not altered by sonication. This subpopulation may be sensitive to reduced aeration in the sample compartment and result from cdcl28-a1 cells’ deficient growth [21]. The proportion of cells in each subpopulation is color-coded for reference (Figure 4E). The widening of the distribution (Figure 4EB, distance between bound pairs) is a result of the size-dependent growth rates and diverging subpopulations that likely reflect cell cycle position.
We next wanted to compare the results of arrested cells to measurements for a population of synchronously proliferating cells. To accomplish this, we isolated G1-phase diploid cells (Table 1) by centrifugal elutriation and resuspended the population in YEPD for synchronous cell cycle progression. The elutriated cells (Figure 5A) have a prolonged G1-phase due to their initial small size and overnight growth in raffinose-supplemented media. As indicated by the presence of budding, these cells begin to enter S-phase near 200 min (Figure 5B). Bud calculations were recorded from a parallel flask-grown culture, and the volume distributions’ modes from these aliquots closely match those of the continuously measured population (Figure S4). The G1-phase growth of elutriated cells (Figure 5A) is better fit to an exponential rather than a linear function (Table 2), which is in contrast to the more linear growth pattern of G1-arrested cells (Figure 2B and 4B). This suggests that exponential growth in proliferating yeast can be interrupted by changes to cell cycle progression. The growth rate continues to increase as cells progress through S-phase, and subpopulations emerge concurrently with the appearance of a second generation of cells in the parallel culture (Figure 5AB, 225 min). As expected, the population begins to lose synchrony over time and the calculated bounds diverge.

Conclusion
Analysis of changes to cell size distribution provides fundamental insight into cell size regulation. Although there are well-established cell size measurement tools, each have a fundamental tradeoff between throughput and time resolution. The method described here enhances the time resolution of a commercial Coulter counter’s rapid, single-cell volume measurement by creating cell culture conditions within the sample compartment and improving long-term measurement stability. We also detail the requirements for extraction of volume and corresponding time data for timecourse analyses longer than a single file’s measurement time, which is applicable to data collected by standard periodic sampling and the continuous method presented here. These methods for the extended analysis of cell size distributions are readily accessible to all users of a Beckman-Coulter Multisizer. We employ this method to describe cell growth as a function of size and cell cycle position in yeast and identify the response time for a mouse lymphoblast cell culture after drug treatment, but it may be applied to a variety of suspension cell systems and biological questions that could benefit from dynamical cell size measurements.

Materials and Methods
Multisizer 4 measurements
The system electrolyte was replaced with media closely matched to the cells’ growth media. A 400 mL Multisizer beaker with pre-warmed growth media was equilibrated to a sample-appropriate temperature by a polyurethane heating tube connected to a temperature-controlled recirculating bath (NESLAB RTE-111).
Continuous Volume Measurements of Cell Cycle-Synchronized Yeast

(A) A population of G1-phase yeast were collected via centrifugal elutriation and volume was continuously measured as cells synchronously progressed through the cell cycle. Size classes are indicated by the calculated bound pairs and the rate of growth for all size classes increases throughout the timecourse, even with the prolonged G1-phase. As the timecourse progresses, the cells lose synchrony and a bimodal population emerges. After 240 min, the mode of each subpopulation is tracked and bound pairs are omitted. (B) Fraction of budded cells in a flask-grown culture prepared for Figure 5A. The presence of buds indicates cell cycle position, and there is good agreement between the emergence of budded cells in the flask-grown culture and the bimodal population in cells grown within the instrument sample chamber.

Figure 5. Continuous volume measurements of cell cycle-synchronized yeast. (A) A population of G1-phase yeast were collected via centrifugal elutriation and volume was continuously measured as cells synchronously progressed through the cell cycle. Size classes are indicated by the calculated bound pairs and the rate of growth for all size classes increases throughout the timecourse, even with the prolonged G1-phase. As the timecourse progresses, the cells lose synchrony and a bimodal population emerges. After 240 min, the mode of each subpopulation is tracked and bound pairs are omitted. (B) Fraction of budded cells in a flask-grown culture prepared for Figure 5A. The presence of buds indicates cell cycle position, and there is good agreement between the emergence of budded cells in the flask-grown culture and the bimodal population in cells grown within the instrument sample chamber.

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Yeast strains, growth conditions and sample preparation

Cells were grown to OD600<0.7 in YEP supplemented with 2% glucose (YEPD) at room temperature (~21°C). For cdc28-as1 cells, cells were arrested with 1-NM-PP1 (5 μM) at either room temperature or 30°C, and for cdc28-4, cells were arrested by temperature shift (34°C). After 1 h at arrest conditions, yeast were washed via vacuum filtration, resuspended in 0.2 μm filtered YEPD, sonicated, and transferred to a measurement beaker with identical arrest conditions (cdc28-as1: YEPD with 5 μM 1-NM-PP1 at 21°C or 30°C, cdc28-4: YEPD at 34°C). The Multisizer system electrolyte was 0.2 μm-filtered YEPD. Additional pre-warmed growth medium was added after 2 h of measurement to better maintain sample temperature and increase sample volume. The first hour of arrest conditions was not measured because it mostly consists of the population collecting into the arrested phase and does not accurately portray an arrested population.

Elutriation

Cells were grown overnight in YEP +2% raffinose at 30°C, synchronized by centrifugal elutriation [22], and resuspended in YEP +2% glucose at 30°C. Aliquots from a parallel flask-grown culture were collected into 4% paraformaldehyde at indicated timepoints for quantifying the presence of buds. The Multisizer system was prepared and maintained as described above.

L1210 growth conditions and sample preparation

Cells were grown at 37°C in L-15 medium (Gibco/Invitrogen, Carlsbad, CA) supplemented with 0.4% (w/v) glucose, 10% (v/v) fetal bovine serum, 100 I.U. penicillin, and 100 μg/mL streptomycin. Cells were passaged every 2–3 days to maintain a cell density of ~10^9 mL^-1. Cells were arrested by temperature shift (cdc28-4), cells were arrested by temperature shift (cdc28-as1: YEPD with 5 μM 1-NM-PP1 at 21°C or 30°C, cdc28-4: YEPD at 34°C). The Multisizer system electrolyte was L-15 medium.

Data extraction, interpolation, and analysis

Raw Multisizer files were batch-processed with custom MATLAB software (See File S1 and Figure S5). This software is necessary for timecourses longer than a single file because combining files within the commercial software resets the start was replenisshed with pre-warmed (if necessary, pre-treated) growth medium to maintain sample temperature and sufficient volume for measurement. Alternatively, a basic pump system contained within the sample chamber may be implemented to continuously exchange media during the measurement.

| Table 2. Goodness of fit for exponential and linear growth patterns. |
|-----------------|----------------|----------------|
|                 | 10% Bounds     | 25% Bounds     | 33% Bounds     | Mode |
|                 | Lower          | Upper          | Lower          | Upper          | Lower          | Upper          |
| R² of Linear Fit| 0.938          | 0.896          | 0.943          | 0.896          | 0.943          | 0.901          | 0.932          |
| R² of Exponential Fit| 0.994       | 0.950          | 0.995          | 0.949          | 0.992          | 0.932          | 0.972          |

Linear (y = ax+b) and exponential (y = Ae^xt) functions were fit to the bound and mode data of Figure 5A. Analysis was limited to data between 0 and 240 min, after which the population loses synchrony and is bimodal. The goodness of fit is determined by R², or the coefficient of determination, which measures scatter surrounding a fitted function. Higher R² values indicate a better fit and all populations from Figure 5A are better fit by the exponential function.

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time of each file to zero and makes rate analysis for cell cycle progression or drug response impractical. Furthermore, data exported from the commercial software are limited to 5,010 pulses per file and files must be handled individually. The custom software batch-processes raw Multiziser data files to acquire time and volume data for all measurements and extend the time axis beyond that of a single file (Figure 1). The method for volume data extraction is described in the main text. The corresponding time data are provided in two sections of the raw Multiziser file (*.#m4). Every 200 ms the instrument records the time passed (‘‘[#TSms]’’), and the number of measurements that have occurred since the measurement began (‘‘[#TSpulses]’’). Volume measurements are linearly distributed across each 200 ms time step such that each cell measurement has at least 200 ms time resolution.

For each file, the lowest 2% of data by volume were excluded from analysis as instrument noise. Bound pairs were determined for each file and data outside of a certain bound pair (exclusion bounds), typically the 10% bound pair, were excluded from rate analysis. Extreme size measurements skew the rate analysis and typically represent instrument noise and culture debris.

Large and instantaneous changes in the size distribution were interpreted as a partial occlusion of the instrument aperture or some other instrument error. The files identified as ‘‘debris’’ files contained a 25% bound pair that was greater than 1,025 times the corresponding bound pair in either of the neighboring files. These files were replaced with data interpolated from the two neighboring files and linearly spaced across the entire 150 s measurement. Interpolated data were written as a new Multiziser file and used for subsequent analysis.

Since data collected over an entire timecourse are usually too large to be imported in its entirety, files required for analysis on each averaging window are imported and cleared before analysis on subsequent averaging windows begin.

Supporting Information

**Figure S1** Volume measurements are unreliable (up to 20% error) for mismatched electrolyte and dilute conditions. (A, B) For a mismatched system electrolyte (inside aperture tube) and sample solution (beaker) there is a ~30 s period required for the measurement to stabilize. During this period the sample solution fills the inside of the aperture tube and finally creates matched solution conditions across the aperture sensing zone. During a continuous measurement, this drift would be observed after every instrument flush, or between each recorded file (every 150 s). (C,D) Volume measurements are stable through the entire measurement if the system electrolyte and sample solution are identical.

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### Author Contributions

Conceived and designed the experiments: AKB. Performed the experiments: AKB AE AG. Analyzed the data: AKB AE. Contributed reagents/materials/analysis tools: SRM. Wrote the paper: AKB AE AG SRM.
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