Role of neutrophils in systemic autoimmune diseases

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Abstract

Neutrophils have emerged as important regulators of innate and adaptive immune responses. Recent evidence indicates that neutrophils display marked abnormalities in phenotype and function in various systemic autoimmune diseases, and may play a central role in initiation and perpetuation of aberrant immune responses and organ damage in these conditions. This review discusses the putative roles that neutrophils and aberrant neutrophil cell death play in the pathogenesis of various systemic autoimmune diseases, including systemic lupus erythematosus, small vessel vasculitis and rheumatoid arthritis.

Introduction

Neutrophils, terminally differentiated cells with a short lifespan in circulation, are the most abundant leukocytes in the human body, with homeostasis maintained by their continuous release from the bone marrow. More than 50% of the bone marrow is devoted to neutrophil production. As a first line of defense against invading microorganisms, neutrophils are characterized by their ability to act as phagocytic cells, release lytic enzymes from their granules and produce reactive oxygen species. In addition to microbial products, other stimuli (for example, tissue deposition of immune complexes) can induce the respiratory burst, leading to enhanced inflammation and the recruitment of inflammatory cells [1].

The neutrophil-mediated inflammatory response is a multistep process, initially characterized by adhesion of granulocytes to the activated vasculature, followed by their extravasation and migration towards inflamed tissues, then leading to in situ destruction of microorganisms [2-4]. Upon homing to inflamed tissues, neutrophils engage in complex bidirectional interactions with macrophages, dendritic cells (DCs), natural killer cells, lymphocytes and mesenchymal stem cells, thereby influencing innate and adaptive immune responses [5,6]. Indeed, neutrophils can modulate DC maturation and, in turn, the proliferation and polarization of T cells [7]. Further, they can directly prime antigen-specific T-helper type 1 and T-helper type 17 cells [8]. Recent evidence also implicates splenic neutrophils in the development and establishing of specific phenotypes in marginal-zone B cells through cytokine effects, including immunoglobulin class switching, somatic hypermutation and antibody production [9]. In addition, several innate and adaptive immune cells can modulate neutrophil function [10,11].

Neutrophils may also display immunoregulatory roles in vivo at both peripheral sites and lymph nodes by synthesizing soluble mediators, decoy receptors and scavengers that promote downregulation of deleterious responses [12,13]. The disposal of apoptotic neutrophils is an important step in the resolution of inflammation and is regulated by the expression of eat-me signals, which shape the phenotype of engulfing macrophages [14].

Neutrophils are characterized by two distinctive morphological characteristics: the shape of their nucleus and their granules, which provide sequential release of bactericidal proteins into the extracellular space. Granules are classified into four groups: primary or azurophilic, secondary or specific, tertiary or gelatinase, and secretory vesicles. A wide variety of stimuli induce neutrophil degranulation, including C5a, formyl-methionyl-leucyl-phenylalanine, lipopolysaccharide, platelet-activating factor, and TNF. Neutrophils also express Toll-like receptors TLR1 to TLR10, with the exception of TLR3, enabling them to initiate various potentially important immune responses upon recognition of pathogen-associated molecular patterns [2,4,15].
Among some of the molecules present in the primary granules is a group called the alarmins, endowed with the capacity to rapidly engage antigen-presenting cells and activate innate and adaptive immune responses [16]. Neutrophil-derived alarmins include a number of human antimicrobial peptides such as α-defensins, cathelicidin and lactoferrin. Further, neutrophil injury results in the release of nuclear binding proteins with alarmin activity, such as high-mobility group box-1 protein. The cathelicidin peptide LL-37, produced by proteolytic cleavage of the C-terminal antimicrobial domain of hCAP18, is chemotactic to various leukocytes. Other molecules released by neutrophils, including myeloperoxidase (MPO), neutrophil elastase and cathepsin G, also have important roles in triggering aberrant inflammatory responses [16]. Additionally, neutrophils synthesize eicosanoids and various inflammatory cytokines. Pertinent to autoimmune responses, although not usually considered classic IFN-α-producing cells, neutrophils are capable of synthesizing this cytokine and other type I interferons in response to certain stimuli, including granulocyte colony-stimulating factor, or via double-stranded RNA helicase signaling pathways [17,18]. However, these observations relate to mRNA levels and there is some evidence that this may not translate into protein synthesis [19]. Future studies are needed to further address this controversy, particularly when related to lupus-specific stimuli.

In addition to granule release, neutrophils are efficient phagocytes and engulf microbes into phagosomes that rapidly fuse with the granules, exposing microorganisms to proteases, phospholipases and cationic peptides [20]. Neutrophils can also immobilize pathogens extracellularly by releasing neutrophil extracellular traps (NETs) (Figure 1) [21]. These traps are networks of extracellular fibers, primarily composed of DNA and various bacterial proteins (neutrophil elastase, histones, and so forth), which bind and disarm pathogens [21-24]. During NET formation, neutrophils may die through a distinct cell death program termed NETosis [21]. NET formation appears to require NADPH oxidase (NOX) activity [25] as well as histone citrullination. The latter appears relevant for chromatin decondensation required for NET formation [26-28]. Indeed, neutrophils express high levels of nuclear peptidylarginine deiminase (PAD)-4, which catalyzes histone hypercitrullination, and mice lacking PAD-4 have decreased NET formation upon stimulation [25,27-29].

Various cytokines and chemokines play prominent roles in the recruitment, activation and survival of neutrophils at inflammatory sites, including IL-17, IL-8, IFNγ, TNF and granulocyte–macrophage colony-stimulating factor [30]. Conversely, human neutrophils are a source of cytokines that are important for the survival, maturation and differentiation of B cells, including BAFF and APRIL [9,31].

While neutrophil responses eventually result in the successful resolution of inflammatory lesions, their recruitment and activation can become aberrant and lead to the development of disease states associated with tissue damage. To limit potentially excessive inflammatory responses, neutrophils are characteristically short-lived and die in circulation within 4 to 10 hours. However, the neutrophil lifespan can increase in response to cytokines or other proinflammatory agents [32]. Furthermore, recent data from in vivo labeling of human neutrophils with deuterium suggests a considerably longer half-life, averaging around 5 days in circulation, while murine neutrophils have a significantly shorter half-life [33].

Over the last several years, a renewed interest in the role that neutrophils play in various systemic autoimmune diseases has emerged. This review highlights the putative roles that neutrophils and aberrant neutrophil cell death play in several of these diseases, including systemic vasculitides, systemic lupus erythematosus (SLE) and rheumatoid arthritis (RA).

**Anti-neutrophil cytoplasm antibody-associated systemic vasculitis**

Anti-neutrophil cytoplasmic antibody-associated systemic vasculitis (AASV) comprises a group of systemic inflammatory vasculitides associated with circulating autoantibodies (anti-neutrophil cytoplasmic antibodies (ANCA)) directed against the neutrophil granule components proteinase-3 (PR3) and MPO. AASV is characterized by leukocytoclasia and accumulation of unscavenged apoptotic and necrotic neutrophils in perivascular tissues. Indeed, injury in these conditions is largely driven by myeloid cells, including neutrophils. ANCA interact with...
their target antigens on cytokine-primed neutrophils, causing neutrophil activation via several signaling pathways that lead to interaction with the endothelium, degranulation, cytokine production, and tissue damage. Given the presence of autoantibodies, the assistance of autoreactive T-helper cells and B cells appears to be required for disease to develop [34,35].

There are various proposed mechanisms by which ANCA s are pathogenic in this group of diseases. Priming of neutrophils with TNF induces PR3 and MPO translocation to the cell membrane, where they are accessible to autoantibody binding [36]. Anti-MPO and anti-PR3 antibodies cause neutrophil-dependent endothelial injury [37]. ANCA s bind to membrane-expressed target antigens and initiate intracellular signaling events. Fcγ receptor (FcyR) interactions (including FcyRIla and FcyRIIib) are involved in neutrophil activation by ANCA s, but additional putative pathways have also been described [38-40]. Anti-MPO IgG can cause pauci-immune glomerular necrosis and crescent formation in the absence of functional T lymphocytes or B lymphocytes in Rag2−/− mice and in the presence of an intact immune system [41]. Chimeric MPO−/− mice with circulating MPO-positive neutrophils develop pauci-immune necrotizing and crescentic glomerulonephritis, while chimeric MPO+/− mice with circulating MPO-negative neutrophils do not, suggesting that bone marrow-derived cells are necessary for induction of anti-MPO disease [42]. In contrast, it has not been possible to induce similar phenotypes by passive transfer of anti-mouse-PR3 antibodies [43].

Human lysosome-associated membrane protein-2 (LAMP-2) has been identified as an additional target antigen in AASV. LAMP-2 is a heavily glycosylated type 1 membrane protein that is integrated into the membranes of neutrophil intracellular vesicles that contain MPO and PR3. Antibodies to human LAMP-2 have been reported to be highly prevalent in AASV and correlate with disease activity [44]. A passive model of anti-LAMP-2-mediated pauci-immune glomerular necrosis and crescent formation has been developed. The LAMP-2 epitope recognized by human autoantibodies has 100% homology to the bacterial adhesin FimH, with which it cross-reacts. Indeed, rats immunized with FimH develop a similar clinical phenotype and antibodies to rat and human LAMP-2 [45].

Dysregulation of neutrophil cell death has been proposed to contribute directly to the pathogenesis of AASV. Membrane PR3 expressed on apoptotic neutrophils has been proposed to amplify inflammation and promote autoimmunity by affecting the anti-inflammatory reprogramming of macrophages [46].

Polyclonal ANCA s isolated from patients and chimeric PR3-ANCA can trigger release of neutrophil microparticles that express PR3 and MPO and bind and activate endothelial cells. Neutrophil microparticles can also induce generation of thrombin, thereby promoting clot formation [47]. ANCA-activated neutrophils also release BlyS, which could contribute to the amplification of ANCA responses by inducing B-cell survival and plasma cell differentiation [48].

NETs are produced by ANCA-stimulated neutrophils and have been reported in glomeruli and in the interstitium of kidney biopsies from patients with AASV. NETosis results in elevated levels of PR3 and MPO that are contained in the NETs. Further, circulating MPO–DNA complexes have been detected in patients with AASV, suggesting that NET formation triggers vascular inflammation and promotes autoimmune responses against neutrophil components in these diseases [49].

Propylthiouracil, a drug used to treat hyperthyroidism, has been associated with the development of vasculitis. A recent study found that NETs formed in neutrophils exposed to propylthiouracil change their conformation and are less prone to be degraded by nucleases. Further, when these propylthiouracil-exposed netting neutrophils are transferred to rodent models, they elicit a AASV phenotype [50]. Finally, DCs cocultured with netting neutrophils internalize NET material and, when transferred to rodent models, induce a vasculitis-like syndrome [51]. These observations suggest that aberrant NETosis may be implicated in the pathogenesis of AASV.

**Systemic lupus erythematosus**

Several qualitative abnormalities in various neutrophil functions have been reported in SLE. Lupus neutrophils display impaired phagocytic capacity [52]. SLE serum induces increased neutrophil aggregation and interferes with phagocytosis and lysosomal enzyme release by control neutrophils [53]. Lupus neutrophils are activated intravascularly by autoantibodies and nucleosomes and display a tendency to form aggregates [54]. Differences in oxidative metabolism of neutrophils mediated by FcγR/complement receptor have been suggested as acquired characteristics of the disease that are associated with distinct clinical manifestations. However, this observation requires further confirmation [55]. Levels of various bacterialid proteins synthesized and released by activated neutrophils and/or their precursors are increased in lupus sera [56].

Increased numbers of apoptotic neutrophils are found in SLE, related to disease activity and levels of anti-double-stranded DNA (anti-dsDNA) antibody. Anti-dsDNA and anti-SS/B antibodies can modulate neutrophil cell death and function, respectively [57]. Neutrophils from SLE patients have a reduced ability to be recognized and removed by the C1q/calreticulin/CD91-
mediated apoptotic pathway, despite the presence of main apoptotic recognition partners [58]. Interestingly, there is recent evidence that various scavenger molecules show reduced binding to NETs [59]. ANCAs develop in SLE and are directed toward a number of neutrophil proteins, although their role in disease pathogenesis remains unclear (reviewed in [60]).

Neutropenia is a common feature in SLE and may be multifactorial, including neutrophil-reactive autoantibody-driven cell removal, neutralizing autoantibodies against neutrophil growth factors and myeloid precursors, bone marrow suppression, enhanced neutrophil apoptosis, secondary necrosis and NETosis. For a more comprehensive review on this specific complication, please refer to [61].

Significant upregulation of granulocyte-specific transcripts (granulocyte signatures) have been identified in the peripheral blood mononuclear cell fractions from SLE patients [62]. This is due to a subset of low-density granulocytes (LDGs) that are present in peripheral blood mononuclear cell fractions from adult and pediatric lupus patients. LDGs express similar cell-surface markers to mature autologous or healthy control neutrophils but differ from these cells in their nuclear morphology, which is consistent with an immature phenotype. LDGs appear to be proinflammatory; they synthesize higher levels of type I and type II interferons and TNF, and they display enhanced capacity to kill endothelial cells [63,64].

Gene array studies have demonstrated higher mRNA levels of various immunostimulatory bactericidal proteins and alarmins present in azurophilic granules in the LDGs, relative to normal density SLE-derived and control neutrophils [65]. Given that levels of mRNAs that encode neutrophil serine proteases are highest at the promyelocytic stage in the bone marrow and decrease as these cells mature, it has been suggested that LDGs possess a more immature phenotype than normal-density neutrophils. This is supported by gene expression studies of SLE bone marrow, where a granulopoiesis-related signature is associated with disease activity [66]. As such, it is possible that LDGs represent an aberrant immature subset originating from the bone marrow that might persist or expand in the blood and/or other tissues in patients with SLE [64].

Recent evidence implicates aberrant NET formation, as well as impaired clearance of NET material, in lupus pathogenesis [65,67-69]. Increased NET formation has been reported in lupus neutrophils in the absence of infection. In particular, LDGs appear to be primed to form NETs ex vivo without needing additional stimuli [65]. These NETs externalize dsDNA and inflammatory cytokines, and levels of NETosis in the periphery and in tissues correlate with circulating anti-dsDNA titers. Indeed, affected skin and kidneys from patients with SLE are infiltrated by neutrophils that are undergoing NETosis, thereby exposing autoantigens and proinflammatory molecules at the tissue level [65]. Lupus serum contains immune complexes composed of autoantibodies to antimicrobial peptides such as LL37 and human neutrophil peptides and anti-dsDNA, in association with NETs. These immune complexes block the degradation of self-DNA by nucleases, thereby promoting its uptake by plasmacytoid DCs [69]. Indeed, self-DNA triggers TLR9 activation in plasmacytoid DCs and promotes the synthesis of IFNα, a cytokine that may prime further NET production [69]. Upon priming with IFNα, anti-RNP antibodies induce NET formation in lupus neutrophils [67]. The degradation of NETs by DNase I, normally found in healthy human serum, is impaired in about one-third of SLE patients [68]. This finding correlates with high levels of antinuclear and anti-NET antibodies and with higher prevalence of lupus nephritis and complement activation [70]. Indeed, NETs activate complement and the deposition of C1q in these structures impairs their degradation [70]. NETs, and LL37 associated with the NETs, also stimulate the NLRP3 inflammasome machinery in lupus macrophages, which may further promote proinflammatory responses in various organs, including kidneys and vasculature, through IL-18 and IL-1β effects [71].

A role for aberrant NET formation in animal models of lupus has been the focus of recent investigations. Injection of netting neutrophil cell lines to nonlupus prone mice led to moderate anti-IgG and anti-IgM responses but did not trigger a clinical phenotype [72]. However, it is unclear whether second signals or specific priming factors would be needed for this phenomenon to occur and whether this approach truly mimics in vivo NET formation with regards to TLR signaling and other putative mechanisms implicated in immunogenicity [72]. In the MRL/lpr mouse, knocking out NOX2 resulted in worsening lupus phenotype [73]. However, the role of NOX in immune responses is complex. For example, patients with chronic granulomatous disease and lack of functional NOX display a proinflammatory phenotype even if they are immunodeficient [74]. This may be related to the observation that NOX is important in preventing inflammasome activation in monocytes in addition to other anti-inflammatory roles [74,75]. Finally, whether all processes of NET formation require NOX has been challenged recently [76,77]. Nevertheless, these observations may support pleiotropic functions of NOX2, with potential immunoregulatory roles.

In the rat pristane model of autoimmunity, cathelicidin expression was also found in other organs (spleen, joints) and in association with low-density granulocytes in the blood. After pristane injection, the increased expression of rCRAMP (the mouse ortholog of LL37)
coincided with higher levels of apoptosis, type I interferons and autoantibodies [78].

The NZM2328 lupus prone model displays evidence of enhanced NET formation in bone marrow neutrophils. Furthermore, factors present in NZM2328 sera induce NET formation in control neutrophils, and anti-Net and anti-CRAMP antibodies have been detected in the sera of these mice [79]. Similarly to human biopsies, neutrophils infiltrate kidneys from NZM2328 mice and NETs directly impair endothelial function. When these mice were administered Cl-amidine, an irreversible inhibitor of PAD enzymes (including PAD-4), they displayed decreased NET formation and significantly less deposition of immune complexes in the kidney and complement activation, while serum autoantibody levels increased, possibly due to lack of immune complex deposition in tissues. Furthermore, endothelial function, vascular repair and prethrombotic phenotype all improved when NETosis was inhibited in these mice [79]. These observations implicate PAD-4-dependent pathways for NET formation as functionally relevant in lupus pathogenesis as well as in its associated vascular risk [79]. Future studies need to further address in additional models, using additional inhibitors and knockout systems, the specific role that NETs play in lupus pathogenesis.

Another important issue that requires future experimentation is better understanding the interplay of neutrophils in both susceptibility for infections and autoimmunity in the context of SLE, as suggested in specific murine models [80].

**Rheumatoid arthritis**

The identification of increased neutrophils in RA synovial fluid, particularly in early disease stages, supports a role for these cells in the pathogenesis of joint destruction [81-85]. Activated neutrophils have been found in RA synovial fluid, synovial tissue and RA-associated skin disease [86-89]. Anti-granulocyte antibodies and ANCAAs have also been described in RA [90-92]. Further, there is a prominence of neutrophil recruitment in RA animal models [93-95], with critical roles for these cells in initiating and maintaining joint inflammatory processes described in collagen-induced arthritis [96]. Cathelicidins are strongly upregulated in RA synovial membranes and in joints from rats with arthritis, particularly in myeloid cells including neutrophils [78].

Various chemoattractants stimulate neutrophil migration from the peripheral blood to the joint in RA [81,97]. Neutrophils have been demonstrated to participate in their own recruitment in murine arthritis through C5aR and FcγR signaling [98]. Granulocyte colony-stimulating factor promotes neutrophil trafficking into inflamed joints and induces neutrophil production [99]. Granulocyte–macrophage colony-stimulating factor has been found to be a key player in arthritis models, participating in interactions between hematopoietic cells through control of myeloid cell numbers and activation [100]. Dysregulation of T-helper type 17 responses in RA may play a role in increasing neutrophil recruitment to the joint [101]. In the K/BxN transgenic mouse model of inflammatory arthritis, neutrophil recruitment into the joints is promoted by leukotriene B4 through its receptor BLT1, both of which are expressed by neutrophils [102]. Neutrophil activation by immune complexes in the joints promotes IL-1β production, which in turn stimulates synovial cells to produce chemokines, and this amplifies neutrophil recruitment into the joints [98]. PAD-4 mRNA, absent from healthy synovium, is transcribed and translated by neutrophils infiltrating synovial tissue during inflammation. As a consequence, several synovial proteins are citrullinated in this compartment, which may play a pathogenic role [103].

Various neutrophil function abnormalities have been reported in RA [104,105]. Exposure to immune complexes, rheumatoid factor and cytokines in synovial fluid results in neutrophil activation and granular content release that contributes to cartilage destruction [106-108]. The rheumatoid synovial joint contains a complex mixture of proapoptotic and antiapoptotic factors, and local oxygen tensions that exist within these joints can exert profound effects on neutrophil survival [109]. Neutrophil-derived cytokines are also involved in bone resorption. Indeed, neutrophils can upregulate expression of functionally active, membrane-bound receptor activator of NF-κB ligand [110] and this is increased in synovial fluid from active RA patients [111]. Remission of RA has been linked with changes in neutrophil adhesion and chemotaxis that may potentially decrease neutrophil migration to the synovial fluid, with subsequent improvements in the clinical manifestations of RA [112].

Circulating and synovial fluid RA neutrophils are more prone to form NETs when compared with neutrophils from healthy controls and from patients with osteoarthritis. Levels of NETosis correlate with the presence and levels of anti-citrullinated peptide antibodies and with markers of systemic inflammation [113]. Similar to what has been described above for anti-RNP [67] and ANCA antibodies [49], RA sera, synovial fluid, rheumatoid factor and IgG fractions purified from RA patients with high levels of anti-citrullinated peptide antibodies significantly enhance NET formation and lead to distinct protein content in the NETs [113]. NETs externalize citrullinated autoantigens implicated in RA pathogenesis, including citrullinated vimentin. In turn, purified anti-citrullinated vimentin antibodies potently induce NET formation. As additional triggers for enhanced
NETosis in RA, IL-17A and TNFα were identified as putative factors (Figure 2) [113]. The implications for enhanced NETosis in RA pathogenesis were also suggested by identifying RA NETs as strong activators of synovial fibroblasts, leading to enhanced synthesis of proinflammatory cytokines, adhesion molecules and chemokines by these cells [113]. As such, accelerated NETosis may play a pathogenic role in RA through externalization of citrullinated autoantigens and immunostimulatory molecules. This could lead to the promotion of immune responses in the joint, blood and other tissues and could perpetuate pathogenic mechanisms in this disease. Recent evidence indicates that inflammatory loops initiated by molecules described to be externalized in NETs may be key in arthritis development [114]. Interestingly, antibodies to modified citrullinated vimentin are associated with severity of RA [115]. Confirmation of the impact of NETs in RA pathogenesis is required in animal models and using specific inhibitors of NETosis to elucidate the phenotype and function of NETs and NETs. These observations suggest a direct contribution of neutrophil activation and the production of NET-associated nuclear autoantigens in the initiation or progression of Felty’s syndrome [118].

Summary and conclusions
Neutrophils have emerged as important regulators of innate and adaptive immune responses, display marked abnormalities in phenotype and function in various systemic autoimmune diseases, and may play a central role in initiation and perpetuation of aberrant immune responses and organ damage in these conditions. In addition to the use of ANCsAs in AASV, there is a need to examine the role of neutrophils, anti-neutrophil antibodies, NETs and associated proteins as potential biomarkers that may predict development of tissue damage, autoantibody responses, vascular complications, and so forth. Important questions remain with regards to neutrophil diversity and plasticity that may be quite important to address with regards to induction of inflammatory responses and tolerogenic roles. In addition, better tools are needed to dissect the phenotype and function of neutrophils in vivo with respect to their role in autoimmunity. Future studies should also examine whether inhibition of aberrant NETosis will lead to amelioration of symptoms and prevent organ damage in patients with autoimmune disorders.

Abbreviations
AASV: Anti-neutrophil cytoplasmic antibody-associated systemic vasculitis; ANCA: Anti-neutrophil cytoplasmic antibody; DC: Dendritic cell; dsDNA: Double-stranded DNA; FcR: Fc gamma receptor; IFN: Interferon; Ig: Immunoglobulin; IL: Interleukin; LAMP-2: Lysosome-associated membrane protein 2; LDG: Low-density granulocyte; MPO: Myeloperoxidase; NET: Neutrophil extracellular trap; NF: Nuclear factor; NOX: NADPH oxidase; PAD: Peptidyl arginine deiminase; PR3: Proteinase-3; RA: Rheumatoid arthritis; SLE: Systemic lupus erythematosus; TLR: Toll-like receptor; TNF: Tumor necrosis factor.

Competing interests
The author declares that she has no competing interests.

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