Retention and Loss of Amino Acid Biosynthetic Pathways Based on Analysis of Whole-Genome Sequences

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Plants and fungi can synthesize each of the 20 amino acids by using biosynthetic pathways inherited from their bacterial ancestors. However, the ability to synthesize nine amino acids (Phe, Trp, Ile, Leu, Val, Lys, His, Thr, and Met) was lost in a wide variety of eukaryotes that evolved the ability to feed on other organisms. Since the biosynthetic pathways and their respective enzymes are well characterized, orthologs can be recognized in whole genomes to understand when in evolution pathways were lost. The pattern of pathway loss and retention was analyzed in the complete genomes of three early-diverging protist parasites, the amoeba Dictyostelium, and six animals. The nine pathways were lost independently in animals, Dictyostelium, Leishmania, Plasmodium, and Cryptosporidium. Seven additional pathways appear to have been lost in one or another parasite, demonstrating that they are dispensable in a nutrition-rich environment. Our predictions of pathways retained and pathways lost based on computational analyses of whole genomes are validated by minimal-medium studies with mammals, fish, worms, and Dictyostelium. The apparent selective advantages of retaining biosynthetic capabilities for amino acids available in the diet are considered.

Before the genomic era, minimal-medium studies offered essential information about the metabolic potential of an organism. Comparative genomics can now discover the same information about an organism even when the life cycle or environment is so complex as to preclude the defining of a minimal medium. The amino acid requirements of a variety of organisms were the subject of considerable interest in the last century. The first successful synthetic diet using purified amino acids was reported in 1935 for rats from the laboratory of W. C. Rose (13). Subsequent work showed that rats, mice, or salmon fed on diets lacking any one of nine amino acids (Phe, Trp, Ile, Leu, Val, Lys, His, Thr, or Met) would waste away and die (7, 17). These are known as the essential amino acids. The other 11 amino acids found in proteins could be omitted from the diet with no deleterious effects and so were considered nonessential. Yeasts such as Saccharomyces cerevisiae, as well as plants such as Arabidopsis thaliana, are able to grow in media devoid of amino acids, demonstrating that they can synthesize all of the amino acids from sugars and fats in the media or generated photosynthetically. Clearly, the common progenitor of plants, fungi, and animals carried genes for all of the enzymes in the 20 amino acid biosynthetic pathways, but almost half of them have been lost in consumers. Now that the sequences of a considerable number of eukaryotic genomes have been completed, we can inspect them to determine when in evolution the pertinent genes were lost.

Since the biosynthetic pathways and their respective enzymes are well characterized in mammals and fungi, orthologs can be recognized in whole genomes. When key enzymes in a pathway are missing, it can be concluded that the respective amino acid is not synthesized. We analyzed the genomes of two alveolates, Cryptosporidium hominis and Plasmodium falciparum; one euglenozoid, Leishmania major; and six animals, Homo sapiens, Tetraodon nigroviridis, Ciona intestinalis, Drosophila melanogaster, Anopheles gambiae, and Caenorhabditis elegans. Previously, we used this approach to predict the metabolic capabilities of a free-living soil amoeba, Dictyostelium discoideum, for which a defined medium had been developed (6). We confirmed that the pathways leading to the five amino acids not added to the medium were intact but also found genes for the pathways leading to four other amino acids that were included in the medium (16). We verified that Dictyostelium cells could synthesize these four amino acids by successfully growing cells in media lacking all of them. Omission of any of the 11 remaining amino acids in the new minimal medium precluded growth of the cells, confirming the bioinformatic analyses which showed that genes for the pathways to these 11 amino acids were missing in the genome (16). This approach seems sufficiently robust to apply to other organisms with fully sequenced genomes so as to follow the pattern of gene retention and loss during evolution.

MATERIALS AND METHODS

Databases. Complete genome sequences for humans (H. sapiens), the fly D. melanogaster, the mosquito A. gambiae, the worm C. elegans, the yeast S. cerevisiae, and the plant A. thaliana were downloaded from the National Center for Biotechnology Information. The genome for the fish T. nigroviridis was downloaded from Genoscope (genoscope.cns.fr), and that for the chordate C. intestinalis was downloaded from the Department of Energy Joint Genome Institute. The genomes for D. discoideum, P. falciparum, L. major, and C. hominis were recovered from their respective websites: dictybase.org, plasmodb.org, sanger.ac.uk/Projects/L_major/, and hominis.mic.vcu.edu.

Orthology. The amino acid sequences of enzymes in the amino acid biosynthetic pathways of S. cerevisiae and H. sapiens were downloaded from the KEGG website (www.kegg.com; references 11 and 12). Pfam domains in these enzymes were used to collect potential orthologs from other organisms (http://hmmer.wustl.edu/; reference 2). The yeast and human enzymes were also compared to gene products in the other complete genomes by using the BlastP program. Genes with the pertinent Pfam domain(s) and a BLAST score of e-80 or better were considered functional orthologs. Genes below this BLAST threshold that
The biosynthetic pathways leading to these 11 amino acids involve multiple steps. The number of genes in each pathway in *S. cerevisiae* was taken from KEGG. The number of genes for each pathway that are missing in the other organisms was determined from their complete genomes. The amino acids are given in the order in which they are expected, even if a pathway lacks a functional phosphoserine phosphatase. As expected, *Dictyostelium* lacks a functional phosphoserine phosphatase. Alternative pathways not including the missing genes would have been considered in *Dictyostelium*, worms, fish, or mammals when their minimal media were defined. However, all of the amino acids expected to be required were directly observed to be essential.

The pathways Leishmania, Cryptosporidium, and Plasmodium grow within mammalian cells, an environment rich in amino acids. They diverged before the separation of plants and animals and must have inherited genes for the biosynthesis of all amino acids (Fig. 1). However, they subsequently lost the ability to make most amino acids (Tables 2 and 3). Cryptosporidium, whose metabolic capabilities are sparse (23), has retained the biosynthetic pathways for only four amino acids: asparagine, glutamine, glycine, and proline. Plasmodium has retained the ability to synthesize these four plus aspartate and glutamate. The euglenozoid *Leishmania* diverged separately from *Cryptosporidium* and *Plasmodium*. Although they are all intracellular parasites, *Leishmania* has a more expansive set of amino acid biosynthetic pathways: alanine, asparagine, aspartate, cysteine, glutamate, glutamine, glycine, proline, and tyrosine.

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![Figure 1](https://example.com/figure1.png)

**FIG. 1.** Evolutionary tree depicting the branching order of the organisms studied (adapted from reference 15). The tree is rooted on seven archaeobacterial genomes. Abbreviations: *Ch*, *C. hominis*; *Pf*, *P. falciparum*; *At*, *A. thaliana*; *Dd*, *D. discoideum*; *Sc*, *S. cerevisiae*; *Hs*, *H. sapiens*; *Tn*, *T. nigroviridis*; *Ct*, *C. intestinalis*; *Ag*, *A. gambiae*; *Dm*, *D. melanogaster*; *Ce*, *C. elegans*; *Lm*, *L. major*. 

| Pathway | No. of dedicated genes | No. of enzymes missing in: |
|---------|-------------------------|----------------------------|
|         | Animals | Dictyostelium | Plasmodium | Cryptosporidium | Leishmania |
| ILV     | 5        | 5            | 5          | 5               | 5          |
| H       | 7        | 7            | 7          | 7               | 7          |
| K       | 3        | 3            | 3          | 3               | 3          |
| FW      | 11       | 11           | 11         | 10              | 11         |
| R       | 3        | 3            | 3          | 3               | 3          |
| T       | 5        | 5            | 5          | 5               | 5          |
| M       | 2        | 2            | 2          | 2               | 2          |
| S       | 3        | 0            | 1          | 3               | 3          |

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pathways for the human-essential amino acids, they have lost genes required for serine and arginine biosynthesis. These bioinformatic predictions have been experimentally verified by testing the ability of *Dictyostelium* to grow in media lacking these amino acids (16). Since the yeast *S. cerevisiae* diverged from the line leading to vertebrae and *Dictyostelium* and has retained the ability to synthesize the 20 amino acids, loss of these pathways in the amoebae must have occurred independently of the subsequent loss in the animal branch (1).

All of the enzymes for the biosynthesis of the 11 amino acids known to be nonessential for rodents can be easily recognized in the human and fish genomes (Table 2). Ten of the 11 pathways are complete in the genomes of all metazoans, but the pathways for isoleucine, leucine, valine, phenylalanine, tryptophan, lysine, methionine, threonine, and histidine (Table 3). For genes dedicated to these pathways, no putative homolog could be found in any animal genome.

Only four pathways are universally conserved in the 12 eukaryotes examined: those leading to asparagine, glutamine, glycine, and proline. The enzymes for glycine and glutamine synthesis, serine hydroxymethyltransferase and glutamine synthase, are highly conserved in all organisms. Although the ability to synthesize asparagine and proline is universally conserved, analysis of the enzymes in the pathways suggests that the means for their synthesis is not. Asparagine synthase (glutamine hydrolyzing) transaminates aspartate from glutamine and is present in animals, *Dictyostelium*, and *Plasmodium*. Alternately, aspartate can be amidated with free ammonia by the aspartate ammonia-ligase present in *Cryptosporidium* and *Leishmania*. Likewise, proline is synthesized in *Dictyostelium* and *Plasmodium* from arginine via ornithine and glutamate semialdehyde, while animals, *Leishmania*, and *Cryptosporidium* encode enzymes to convert glutamate to proline via phosphoglutamate and glutamate semialdehyde. The final steps in these pathways to proline are both catalyzed by pyrroline-5-carboxylate reductase.

### TABLE 2. Pathways for nonessential amino acids

| Amino acid | Vertebrates | Chordate | Invertebrates | Unicellular organisms | Plant | Intracellular parasites |
|------------|-------------|----------|---------------|-----------------------|-------|------------------------|
|            | H.s. | T.n. | C.l. | D.m. | A.g. | C.e. | S.c. | D.d. | A.t. | L.m. | P.f. | Ch. |
| Alanine    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Asparagine | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Aspartate  | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Arginine   | +    | +    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Cysteine   | +    | +    | +    | +    | +    | +    | +    | –    | –    | –    | –    |
| Glutamate  | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Glutamine  | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Glycine    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |
| Proline    | +    | +    | +    | +    | +    | +    | +    | –    | –    | –    | –    | –    |
| Serine     | +    | +    | +    | +    | +    | +    | +    | –    | –    | –    | –    | –    |
| Tyrosine   | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    | +    |

* The synthesis capabilities of the following eukaryotic organisms are shown: *H. sapiens* (H.s.), *T. nigroviridis* (T.n.), *C. intestinalis* (C.i.), *D. melanogaster* (D.m.), *A. gambiae* (A.g.), *C. elegans* (C.e.), *S. cerevisiae* (S.c.), *D. discoideum* (D.d.), *A. thaliana* (A.t.), *C. hominis* (C.h.), *L. major* (L.m.), and *P. falciparum* (P.f.). A plus sign indicates that the genes for all of the enzymes of the biosynthetic pathway are present in the genome. A minus sign indicates that one or more of the genes encoding an enzyme in the pathway are missing in the genome.

### TABLE 3. Pathways for the essential amino acids

| Amino acid | Vertebrates | Chordate | Invertebrates | Unicellular organisms | Plant | Intracellular parasites |
|------------|-------------|----------|---------------|-----------------------|-------|------------------------|
|            | H.s. | T.n. | C.l. | D.m. | A.g. | C.e. | S.c. | D.d. | A.t. | L.m. | P.f. | Ch. |
| Histidine  | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Isoleucine | –    | –    | –    | –    | –    | –    | –    | –    | –    | –    | –    | –    |
| Leucine    | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Lysine     | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Methionine | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Phenylalanine | – | – | – | – | – | – | + | – | – | – | – | – |
| Threonine  | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Tryptophan | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |
| Valine     | –    | –    | –    | –    | –    | –    | +    | –    | –    | –    | –    | –    |

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DISCUSSION

When an organism becomes a consumer by eating other organisms, all of the amino acids are available in the diet and no longer need to be synthesized. Unless amino acid biosynthetic pathways serve other essential functions besides providing an amino acid, they are unnecessary and dispensable. Genes in the dispensable pathways accumulate deleterious mutations, lose the ability to encode functional enzymes, and are eventually deleted from the genome. Deletion was the fate for almost all of the genes specific to the pathways that were lost (Table 1). It is important to note that this common set of pathways was lost in at least four independent evolutionary instances (Fig. 1). This process of complete purging of genes in a pathway is not without precedent (9). Our predictions of pathways retained and pathways lost based on computational analyses of whole genomes are validated by the observed minimal requirements of mammals, fish, worms, and Dictyostelium (7, 16, 19). Therefore, our predictions for insects, Ciona, and the parasites are likely to be substantiated when minimal media are defined for these organisms.

Selective conservation of a pathway over time indicates that it is indispensable for the metabolic needs of the organism. An example of this is the arginine synthesis pathway, which is part of the urea cycle used in mammals and embryonic fish to remove excess nitrogen (20, 22). Dictyostelium and invertebrates utilize alternate nitrogen excretion metabolites (4, 16, 21). Therefore, the urea cycle and arginine synthesis are not essential and were lost in these organisms.

Only four pathways (Asn, Gln, Gly, and Pro) are universally conserved. The importance of these pathways is emphasized by their retention in Cryptosporidium. Its tiny genome lacks genes for the tricarboxylic acid cycle and the biosynthetic pathways to sugars and nucleotides (23), yet it has retained these capabilities. The synthesis of glycine also produces 5,10-methylenetetrahydrofolate. This is the major source of one-carbon units used in dTMP and purine ring biosynthesis, making this pathway indispensable. Glutamine synthesis is essential for nitrogen assimilation, detoxification, and general nitrogen metabolism (e.g., transamination), and the same may be true for asparagine. The utility of the pathway to proline is not immediately obvious. However, yeast strains in which the gene encoding pyrroline-5-carboxylate reductase is deleted have been found to grow slowly even in rich media with a plentiful supply of proline (Barbara Dunn, personal communications).

Dictyostelium feeds on bacteria and yeast. They have lost the pathways to all of the amino acids essential for humans. Surprisingly, they have retained all of the biosynthetic pathways found in metazoa, except that for serine. Loss of the ability to synthesize serine appears to result from the fairly recent inactivation of phosphoserine phosphatase, since a pseudogene can be recognized in the genome. Our bioinformatically predicted pathway loss and retention are validated by minimal-medium studies (16).

Ten pathways (Ala, Asp, Asn, Gly, Ser, Cys, Tyr, Pro, Glu, and Gln) were uniformly conserved in the animal lineage. Discerning the selective advantage they might provide is aided in some cases by symptoms of human metabolic disorders. The tyrosine synthesis pathway is also part of the phenylalanine catabolic pathway. Mutations in phenylalanine hydroxylase, which makes tyrosine, are the cause of phenylketonuria. The resulting buildup of phenylalanine and relative depletion of tyrosine cause clinical symptoms of seizures and mental retardation (10). Likewise, loss of cystathionine beta-synthase, a component of the cysteine pathway, causes a buildup of homocysteine, which contributes to ocular, skeletal, nervous system, and vascular problems (18). Defects in enzymes of the serine biosynthesis pathway lead to congenital microcephaly, severe psychomotor retardation, and intractable seizures (5).

When any of these three pathways fails, the resulting metabolic imbalance has severe consequences.

The importance of the glycine, asparagine, and glutamine pathways has been previously discussed. The alanine pathway, like proline, does not have an obvious reason for conservation. In the same yeast experiment, knocking out alanine transaminase was detrimental to cells, even in rich media with a plentiful supply of alanine (Barbara Dunn, personal communications). The importance of aspartate and glutamate is likely to result from their nitrogen handling. It is likely that free-living organisms require a more responsive nitrogen-handling capability than parasites and therefore require the ability to synthesize glutamate and aspartate, so as not to rely only on the simple transaminase reactions involving glutamine and asparagine.

The metabolic capabilities of parasites living within other cells offer unique insights into the loss and retention of pathways. Parasites lack several pathways that are conserved in all of the free-living organisms we studied. The ability to thrive without these pathways may be confined to the obligate intracellular parasites that rely on their host for additional metabolic functions. For instance, the lack of phenylalanine hydroxylase in Cryptosporidium may not result in a phenylalanine-tyrosine imbalance if these amino acids are rapidly exchanged with the host where excess phenylalanine can be metabolized. Thus, by identifying conspicuous voids in metabolic capabilities, we can learn what critical functions the host provides for its parasite with the potential of intervention.

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