Enhanced Hematopoietic Stem Cell Function Mediates Immune Regeneration following Sex Steroid Blockade

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SUMMARY

Mechanisms underlying age-related defects within lymphoid-lineages remain poorly understood. We previously reported that sex steroid ablation (SSA) induced lymphoid rejuvenation and enhanced recovery from hematopoietic stem cell (HSC) transplantation (HSCT). We herein show that, mechanistically, SSA induces hematopoietic and lymphoid recovery by functionally enhancing both HSC self-renewal and propensity for lymphoid differentiation through intrinsic molecular changes. Our transcriptome analysis revealed further hematopoietic support through rejuvenation of the bone marrow (BM) microenvironment, with upregulation of key hematopoietic factors and master regulatory factors associated with aging such as Foxo1. These studies provide important cellular and molecular insights into understanding how SSA-induced regeneration of the hematopoietic compartment can underpin recovery of the immune system following damaging cytoablative treatments. These findings support a short-term strategy for clinical use of SSA to enhance the production of lymphoid cells and HSC engraftment, leading to improved outcomes in adult patients undergoing HSCT and immune depletion in general.

INTRODUCTION

One key etiological factor underlying a wide range of diseases is the progressive decline in immune function with age (Dorshkind et al., 2009). At its core is a reduction in lymphopoiesis within the bone marrow (BM) and thymus (Miller and Allman, 2003; Rodewald, 1998), attributed in part to a decrease in the number and function of lymphoid progenitors (Min et al., 2004, 2006). Increasing evidence suggests that intrinsic changes to the earliest hematopoietic stem cells (HSCs) also contribute toward age-related immune degeneration (Geiger et al., 2013). Deficiency in DNA repair, altered DNA methylation patterns, aberrant metabolism and reactive oxygen species, and skewed upregulation of myeloid- (at the expense of lymphoid-) associated genes all contribute to altered HSC function with age (expertly reviewed in Geiger et al., 2013). However, the mechanisms underlying SSA-mediated immune regeneration are still unresolved. In particular, the effects of SSA on hematopoietic stem and progenitor cells (HSPCs) are likely to be pertinent given that sex steroids regulate HSC function as well as lymphoid-primed multipotent progenitor (LMPP) cells (Medina et al., 2001; Nakada et al., 2014; Thurmond et al., 2000). In this study, we sought to examine the events upstream of SSA-mediated lymphoid regeneration, focusing on the earliest HSPCs.

RESULTS

SSA Increases the Number of Hematopoietic Stem and Progenitor Cells

Although age-induced reduction in HSC function does not reach its nadir until at least 24 months of age in mice (Morrison et al., 1996), it is clear that significant defects in the capacity for T and B cell differentiation are already evident by middle age (9 months) (Dudakov et al., 2009a; Heng et al., 2005; Sutherland et al., 2005). To determine whether...
SSA initiates its impact early in hematopoiesis, we enumerated HSCs by flow cytometry (Figure S1A) at multiple time points after surgical castration of 9-month-old mice. Consistent with previous reports, there was a phenotypic increase in the absolute number of long-term HSCs (LT-HSCs) during aging with a 2-fold increase by middle age (Figure 1A). Following SSA, there was a further increase in the absolute number of LT-HSCs and short-term HSCs (ST-HSCs) from day 14 (d14SSA), which was maintained through to d56SSA compared to sham-SSA (shSSA) control mice (Figures 1A and 1B). While there was no observable impact of age on multipotent progenitors (MPPs), and SSA did not significantly alter their total number (Figure 1C), there was a selective decrease in LMPPs by 9 months, which was reversed following SSA (Figure 1D). This change in HSC number caused by SSA was extremely long-lived with increases in FLT3– (LT-HSC and ST-HSC) and FLT3hi (LMPPs) still observed 1 year later (Figure 1E).

A defining characteristic of HSC function is the ability to differentiate into multiple lineages. The frequency of multilineage repopulating cells was therefore enumerated using a limiting-dilution competitive repopulation assay (Figure 1F). 10, 100, or 1,000 fluorescence-activated-cell-sorted (FACS) lineage-negative, Sca1+, c-Kit+ (LSK) cells from untreated 2-month mice; 9-month mice 7 days following sham surgery (9-month d7shSSA); or 9-month mice 7 days following surgical SSA (9-month d7SSA) were transferred along with 5 × 10^5 supporting BM cells into lethally irradiated congenic CD45.1 recipients along with 5 × 10^5 CD45.1+ supporting BM cells. Multilineage reconstitution (>1% B cell, T cell, macrophage, and granulocyte) was analyzed 12 weeks after transplant and the frequency of repopulating cells was calculated by Poisson statistics.

Bar graphs represent mean ± SEM. *p < 0.05, **p < 0.01, ***p < 0.001. See also Figures S1 and S2.
lethally irradiated congenic recipients. We chose the d7SSA time point to better delineate qualitative from quantitative changes in HSCs as this was prior to any SSA-induced increase in absolute cell number (Figure 1A). Given there was no quantitative or functional differences in HSCs between untreated 9-month and 9-month shSSA mice (Figures 1A and S1B), all of our functional studies compared SSA mice to age-matched shSSA and untreated 2-month mice. Mice were considered reconstituted by a single HSC if there was ≥ 1% contribution of donor cells within both lymphoid (T and B cells) and myeloid (macrophage and granulocyte) lineages 12 weeks after transplant (Figure 1F). While there was no decrease in the frequency of multilineage repopulating cells in 9-month d7shSSA compared to 2-month mice (Figure 1F), functional LSK cells from 9-month d7SSA were significantly increased compared to 9-month d7shSSA controls (Figure 1F). When individual lineages were analyzed, mice reconstituted with 9-month d7SSA LSKs had an increased frequency of B-lineage and macrophage reconstituting cells (Figure S1C). All recipients, regardless of the number of cells transplanted, had detectable levels of granulocyte engraftment (data not shown), and there were no significant differences detected in T cell engraftment (Figure S1C). Ki67 and Annexin V (AnnV) were used to determine whether the increase in functional HSC frequency was due to a change in their cycling status or apoptosis. At day 7, there was no change in Ki67 or AnnV expression on CD34−, CD34+, or CD34+CD62L− LSK subsets following SSA (Figures S1D and S1E).

SSA Significantly Enhances HSC Repopulation Potential

To assess long-term functional capacity for multilineage reconstitution, BM (2.5 × 10^6 cells) from 9-month CD45.1+ d7shSSA or d7SSA was co-transplanted at a 1:1 ratio with congenic untreated young (2 month) competitor BM into lethally irradiated 2-month (CD45.2+) recipients. Over the 17 weeks analyzed, total CD45.1+ donor-derived peripheral leukocyte reconstitution of mice transplanted with 9-month d7SSA BM was significantly detected in T cell engraftment (Figure S1C). Ki67 and Annexin V (AnnV) were used to determine whether the increase in functional HSC frequency was due to a change in their cycling status or apoptosis. At day 7, there was no change in Ki67 or AnnV expression on CD34−, CD34+, or CD34+CD62L− LSK subsets following SSA (Figures S1D and S1E).

Enhanced Repopulation Ability following SSA Is Not due to Improved Homing of HSCs

To assess whether improved homing of transplanted cells to the BM niche could explain our observed SSA-mediated improvements to HSC repopulation, we examined LSK cells for expression of the homing and adhesion molecules VLA-4, VLA-5, and CXCR4. Although we found a decrease in the proportion of LSK cells expressing VLA-4, VLA-5, and CXCR4 with age, there was no change in their expression following SSA (Figures S2A and S2B), suggesting that the impacts of SSA on HSCs were intrinsic to the cells’ function. To directly examine the homing ability of LT-HSCs in vivo, we harvested BM from 9-month d7shSSA or d7SSA mice and transplanted into unaltered congenic 2- or 9-month recipients at a saturating dose of 20 × 10^6 BM cell and homing and engraftment of donor LT-HSCs analyzed 40 hr later (Figure S2C). The same proportion of LT-HSCs homed to BM irrespective of the age of the recipient, the age of the donor, or whether donors had undergone SSA. This result also held true for downstream ST-HSCs and MPPs (data not shown). Consistent with previous studies (Dykstra et al., 2011; Liang et al., 2005), when the number of transplanted LT-HSCs was taken into account, there was a significant decrease in HSC homing in recipients of 9-month shSSA and SSA BM, as well as in aged recipients in all groups (Figure S2D).

HSC Self-Renewal Is Improved following SSA

To assess the impact of SSA on HSC self-renewal, lethally irradiated 2-month CD45.2 mice were transplanted with
2,000 purified LSK cells from untreated 2-month, 9-month d7shSSA, or 9-month d7SSA mice together with 2.5 x 10^6 untreated congenic 2-month CD45.2 BM as support cells. 12 weeks after transplantation, 2.5 x 10^6 BM cells from primary recipients were transferred into secondary recipients along with 2.5 x 10^6 BM cells from untreated 2-month competitors. In both primary and secondary recipients, 9-month d7shSSA and untreated 2-month cells gave a similar level of donor engraftment, although with age there was a significant decline in the proportion of donor-derived cells upon secondary transplant (Figure 3A). However, 9-month d7SSA had significantly higher levels of engraftment in both primary and secondary recipients compared to cells from 9-month d7shSSA and untreated...
2-month mice. Consistent with previous reports (Dykstra et al., 2011), there was a reduction in donor contribution between primary and secondary recipients when cells derived from 9-month d7shSSA mice were transplanted. In contrast, secondary recipients receiving 9-month d7SSA cells or 2-month cells showed no reduction in the proportion of total donor cells engrafted compared to the primary grafts (Figure 3A).

This defect in the reconstitution of secondary recipients was not attributable to a numerical reduction in stem cell...
Figure 4. SSA Promotes Lymphoid Differentiation Potential of HSCs Derived from Middle-Aged Mice

(A and B) 5 × 10^6 CD45.1 BM cells from untreated 2-month; 9-month d7shSSA; or 9-month d7SSA were transferred into unablated 2-month Il7ra−/− recipients (n = 6 recipient/donor groups, one recipient per donor). (A) Concatenated flow cytometry plots displaying total donor reconstitution as well as donor Gr1 +CD11b+ granulocyte, Gr1 loCD11b+ monocyte/macrophage, B220 + B cells, and TCRβ+ T cells reconstitution at day 42. (B) Absolute number of donor cells as well as the number of donor B cells and T cells at day 42.

(C and D, and G and H) 2,000 CD45.1 LT-HSCs from untreated 2-month; 9-month d7shSSA; or 9-month d7SSA were transferred into unablated 2-month Il7ra−/− recipients (n = 6 recipient/donor groups, one recipient per donor) and donor-derived hematopoiesis measured.

(legend continued on next page)
engraftment, as there was no change in the proportion or number of donor-derived LT-HSCs in the BM of secondary recipients as a consequence of age or SSA (Figures 3B and 3C). However, consistent with the functional decline in lymphopoiesis with age, there was a significant decrease in donor-derived LMPPs from 9-month d7shSSA, which was reversed in secondary recipients of 9-month d7SSA cells (Figures 3B and 3C). Within specific hematopoietic lineages, although there was no loss in the proportion of donor-derived T cells or CD11b+ myeloid cells with age, there was a decline in B cell reconstitution, which contributed toward a global decline in CD45+ cells (Figures 3D and 3E). Importantly, secondary reconstitution from 9-month d7SSA BM significantly increased the donor contribution of all leukocyte subsets (Figures 3D and 3E), but this effect of SSA on HSC self-renewal was finite as there was no difference in donor contribution between 9-month d7shSSA and 9-month d7SSA in tertiary recipients (Figure 3F).

SSA Increased the Lymphoid Differentiation Capacity of LT-HSCs

The dominant downstream effects of SSA in steady-state aged mice are on lymphopoiesis, with little if any impact observed on myeloid cells. To test the lymphoid differentiation capacity of the BM as a whole, we transferred 5 x 10^6 BM cells derived from 2-month, 9-month d7shSSA, or 9-month d7SSA mice into unirradiated Il7ra−/− recipients, which bypasses the confounding effects of total body irradiation (TBI) (Gossens et al., 2009). We found a significant defect by 9 months in the ability of BM to engraft Il7Ra−/− recipients. As expected, this was predominantly composed of declines in donor-derived TCRβ+ T cells and B220+ B cells (Figures 4A and 4B). To test the relative functional changes between HSCs and their downstream progenitors, we transferred 2,000 LT-HSCs or LMPPs derived from untreated 2-month, 9-month d7shSSA, or 9-month d7SSA mice into unirradiated Il7ra−/− recipients. LT-HSCs isolated from 9-month d7shSSA mice exhibited reduced engraftment at day 70 compared to untreated 2-month LT-HSCs in both B and T cell lineages. However, Il7ra−/− recipients transplanted with 9-month d7SSA cells restored the differentiation capacity of aged LT-HSCs to that of untreated 2-month (Figures 4C and 4D). Interestingly, although we found a significant decline in their differentiation capacity with age, there was little effect of SSA on lymphoid differentiation of LMPPs on a per-cell basis (Figures 4E and 4F). Thus, increased lymphopoiesis seems to be predicated wholly on the intrinsic increase in HSC function. Given that Il7ra−/− mice have a selective deficiency in lymphopoiesis, we would only expect limited myeloid engraftment, and indeed that was the case when we transplanted whole bone marrow (WBM) (Figures S3A and S3B). However, interestingly, when LT-HSCs were transplanted, although there was no change in engraftment of granulocytes either as a consequence of age or SSA (Figure 4G), there was a significant decrease in monocyte/macrophage reconstitution with age, which was reversed after SSA (Figure 4H).

Early Intrinsic Functional Changes in LT-HSCs

To identify whether any functional effects could be observed in HSCs earlier than day 7, 8,000–10,000 CD34−/FLT3− LT-HSCs from 9-month d2SSA mice, 9-month d7SSA mice, or their shSSA controls were co-cultured with OP9-DL1 cells for 12 days. Consistent with our in vivo data, LT-HSCs derived from 9-month SSA mice progressed more rapidly to the DN2 and DN3 stages of T cell development when compared to LT-HSCs isolated from 9-month shSSA mice (Figure 5A). To explore the intrinsic mechanistic changes to the stem cell compartment after SSA, we performed transcriptome analysis on LT-HSCs from 9-month shSSA and 9-month SSA mice, 2 days after surgery. 251 genes were significantly altered (p < 0.05; >1.5-fold change), 55 upregulated and 196 downregulated (Figure 5B). Core pathway analysis revealed 24 genes upregulated and 13 downregulated in d7SSA LT-HSCs under the “Hematological System Development and Function” pathway (Table S1), indicating that even using an unbiased approach revealed hematopoietic-related gene changes. Upon further dissection, many of the 251 altered genes...
could be broadly grouped into those that impacted on cell cycle and cell differentiation (Figures 5C and 5D), including downregulation of cell-cycle inhibitors such as ARF proteins Nkx3-1, Dkk1, and Cebpα and pro-apoptotic factors including Cebpε, Prg3, and Nlrp10. There was also an upregulation of genes promoting proliferation such as Foxq1, Hoxb7, Zfhx1a, and Fgfbp3. Consistent with the marked shift in lineage differentiation potential of HSCs with age, previous studies have found considerable gene usage skewing in HSCs from old mice away from lymphoid-associated and toward myeloid-associated genes (Rossi et al., 2005). We found that as early as day 2 after SSA, there was a significant decrease in genes associated with myeloid differentiation (Prg2, Ela2, Mpo, and Ear·2, -4) as well as upregulation of genes previously associated with lymphopoiesis (Zbtb7a, Rag1ap1, Tbx1, and Tcta) (Figure 5D).

SSA Alters Intrinsic Gene Expression by Hematopoietic Niche Cells

Given the intimate relationship between HSCs and their microenvironment, we performed transcriptome analysis on non-hematopoietic cells from the sinusoidal niche of 2- and 9-month untreated mice, 9-month shSSA, and 9-month SSA mice at days 2, 4, 7, and 10 post-SSA. 160 genes were downregulated and 72 upregulated (>2-fold) between untreated 2- and 9-month mice (Figure S4A). Of the 160 downregulated genes, pattern discovery (correlation >0.7) revealed 116 that became progressively more similar after SSA to untreated 2-month mice (Figure 6A; Table S2). Genes of note following this pattern included Spib, which can be induced by RANKL, a factor critical for osteoblast (OBL) differentiation (de Lau et al., 2012; Wilson, 2011); Lgr5, which marks stem cells in the intestine, liver, and ovary (Koo and Clevers, 2014); and Foxo1, which...
has been implicated in protection from age-associated pathologies in other tissues (van der Horst and Burgering, 2007). qPCR of highly purified niche subsets confirmed an increase in Foxo1 expression by pre-OBLs as early as day 2 after SSA (Figure 6B). Gene ontology analysis of the 116-gene cluster revealed 50 Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways (Figure S4B), including (1) gap junction molecules, which have been found to regulate hematopoiesis and prevent HSC senescence (Schajnovitz et al., 2011; Taniguchi Ishikawa et al., 2012), (2) cell adhesion molecule-associated pathways, which modulate the interaction of HSCs with their stromal niche (Mendelson and Frenette, 2014), and (3) the MAPK signaling pathway, which regulates the balance between HSC expansion, survival, and differentiation and has also been implicated in promoting thymopoiesis (Geest and Coffer, 2009).

To further probe the basis underlying SSA-mediated changes to HSC function, molecular changes to genes previously implicated with maintenance of hematopoietic function were examined within specific isolated niche populations. Endothelial cells (CD45TER119CD31) and pre-OBLs (CD45TER119CD31CD51) were isolated from the sinusoidal compartment after flushing bones while mature endosteal niche OBLs (CD45TER119CD31CD51) were obtained by digesting bone fragments with collagenase. Precursor status of sinusoidal-resident OBLs was confirmed by their expression of Runx2 and their reduced expression of Gpnb (Osteoactivin), Bglap (Osteocalcin), and Spp1 (Osteopontin), compared with endosteal OBLs (Figure S4C); consistent with data suggesting that CD51PDGFRz cells in the sinusoidal niche correspond with HSC niche-forming Nestin mesenchymal stromal cells (Pinho et al., 2013). Analysis revealed no significant changes in niche population size with age or SSA (data not shown). Although there was no notable difference in endothelial gene expression at d2SSA (9 month), there was a significant increase in the expression of Kitlg and Il7 by day 7 (Figure 6C), both of which could aid in lymphoid differentiation. Within the pre-OBL population, there was a large early transient increase in Scf expression and Angiopoietin-1 (Ang-1) at day 2, which subsided by day 7 (Figure 6D). Despite sinusoidal niche-residing pre-OBLs expressing a fraction of the Omp compared to endosteal OBLs on a per-cell basis (Figure S4C), 7 days following SSA sinusoidal pre-OBLs showed a 30-fold increase in Omp production compared to shSSA control mice. Within the mature endosteal OBL population, there was an initial decline in the expression of Cxcl12, Scf, Angt1, Bmp4, and Il7 at day 2. However, by day 7 there was a significant increase in many of these factors including Spp1, Ang1, Cxcl12, Kitlg, Jag1, Vcam1, Bmp4, and Tgfb as well as decreased Igf1 (Figure 6E).
SSA Mediates Regeneration of the Hematopoietic Niche to Promote Lymphopoiesis

Consistent with these molecular changes in niche function, 9-month SSA-treated recipients of untreated 2-month HSCT had significantly greater engraftment of LSK cells compared with 9-month shSSA control recipients, even with ten times fewer cells transplanted (Figures 7A and 7B). This engraftment was reflected in the periphery at 4 and 12 weeks after transplant where there was an increased total number of donor cells (Figures 7C and 7D). In addition, the number of donor T cells, B cells, and macrophages was also significantly increased in recipients that had been given SSA regardless of which dose of cells they were given (Figure 7E). However, interestingly, within the granulocyte population we could detect no difference in engraftment in mice regardless of their SSA status or cell dose infused (Figure 7E). This suggests that, in addition to enhancing HSC function, SSA also enhances the function of the niche and its ability to support hematopoiesis.

DISCUSSION

One of the hallmarks of aging is reduced generation of new lymphocytes. Although there is a profound decline in the number of lymphoid progenitors with age (Min et al., 2004, 2006) that can be reversed by SSA, consistent with their sensitivity to sex steroids (Medina et al., 2001), we have demonstrated here and in previous work that the function of lymphoid progenitors does not change on a per-cell basis after SSA (Heng et al., 2005). Rather, upstream HSCs exhibit improved overall function early after the cessation of testosterone production. One hypothesis that may explain this early functional shift would be an immediate and direct intrinsic impact on stem and progenitor cells due to the removal of the negative influences of sex steroids. This was supported by the early molecular and functional changes within a highly purified population of LT-HSCs 2 days after SSA. Noteworthy among the altered genes in LT-HSCs post-SSA were downregulation of Dkk1, a wnt inhibitor that can be upregulated by androgens and mediate aging degeneration (Kwack et al., 2008; Seib et al., 2013); decreased Erbb3, elevated levels of which correlate with androgen-responsive prostate cancers (Koumakpayi et al., 2006); increased expression of Efna1, which has been implicated in enhanced proliferation and is downregulated upon exposure to androgens (Nanterm et al., 2004); decreased Arf3 and Arf4, which have been implicated in regulating CDC42 (Erickson et al., 1996), a potential mediator of HSC aging and regeneration (Florian et al., 2012); upregulation of genes directly involved with lymphoid differentiation, such as Zbtb7a, Tbx1, and Raglap1 (Gennery, 2012; Maeda et al., 2007); and downregulation of Ear2, which has recently been described as a negative regulator of T cell development (Ichim et al., 2014).

In our previous studies, we demonstrated that after SSA there is a significant increase in the number of all developing B and T cell subsets (Dudakov et al., 2009a, 2009b; Goldberg et al., 2010; Heng et al., 2005; Sutherland et al., 2005). However, in this study there was a clear increase in...
B lymphopoiesis, while thymopoiesis was only sometimes increased. Both T and B lymphopoiesis occur in very close contact with their respective stromal microenvironments; however, T cell development is entirely dependent on these interactions, while some B lymphopoiesis can be achieved independently of the BM stromal microenvironment (Cassetti, 2000; Nagasawa, 2006; Takahama, 2006). Therefore, one hypothesis could be that altering the intrinsic function of HSCs—although enough to profoundly impact on B lymphopoiesis—is not sufficient to promote thymopoiesis, which may require additional stimulation of the stromal microenvironment. Consistent with this hypothesis, increases after SSA in T-lineage progenitors such as LMPP and CLP were not by themselves enough to promote increased thymopoiesis, without additional impact on the thymic stromal microenvironment.

In addition to intrinsic changes in HSCs, we also found a qualitative change to the BM niche, which likely contributes to the improved function of HSCs after SSA. Consistent with this, we have previously found that SSA can significantly improve hematopoietic reconstitution after HSCT (Goldberg et al., 2005, 2007, 2009), and here we could demonstrate that fewer cells were needed for effective engraftment. There is some rationale for these findings, as (1) exposure of aged satellite stem cells to a young microenvironment reverses their age-related changes (Conboy et al., 2005), and (2) subsequently several studies have reported that circulating factors in young mice can reverse age-related defects in a number of tissues including heart, brain, and skeletal muscle (Loffredo et al., 2013; Sinha et al., 2014; Villeda et al., 2014). Pattern analysis of the changed genes within the stromal microenvironment revealed a distinct shift in gene expression after SSA from a profile characteristic of an aged mouse to that of the young by d10 after SSA. Of particular interest within this group was the gene Foxo1, which has been described in the development and differentiation of OBLs, regulating their expression of Runx2 and Bglap (Teixeira et al., 2010; Yang et al., 2011), and preventing differentiation of mesenchymal progenitor cells into fat or muscle (Nakae et al., 2003). Foxo1 has also been implicated with protection during aging (van der Horst and Burgering, 2007), with Foxo1-deficient mice displaying aberrant hematopoietic phenotypes resembling those seen with age; however, it is unclear whether these are intrinsic to HSCs or mediated through the BM microenvironment (Kim et al., 2008; Tothova et al., 2007). Consistent with these changes after SSA, the androgen receptor can directly bind the Foxo1 promoter and regulate its action, and FOXO1 can inhibit androgen receptor transcription (Liu et al., 2008; Ma et al., 2009). In addition, IGF-1, expression of which is almost completely abrogated after SSA, triggers the inactivation of FOXO1 by nuclear exclusion (Yang et al., 2011). Analysis of known hematopoietic niche interactions (Mercier et al., 2012) revealed upregulation following SSA of Spp1, Ang1, Cxcl12, Kitlg (Sf), Tgfβ, Jag1, and Vcan1—many of which can be directly regulated by FOXO1 (Ferdous et al., 2011; Martinez et al., 2008; Potente et al., 2005).

Taken together, these data indicate that the widespread downstream impacts of SSA on lymphopoiesis are at least partially attributable to the considerable effects on primitive HSC function, thereby demonstrating mechanisms by which lymphopoiesis can be rejuvenated following SSA. Given that SSA can be achieved clinically, and reversibly, using currently approved agonists and antagonists of the sex steroid pathway (e.g., LHRH/GnRH), and that these improve immune function (Goldberg et al., 2009; Velardi et al., 2014), it has important implications for replenishing the diminished repertoire of lymphoid cells following damaging cytoablative treatments associated with bone marrow transplantation and cancer therapies. While the capacity for long-term BM regeneration following SSA has not yet been established, this work provides the basis for more detailed investigations into hematopoietic niche aging and SSA-induced rejuvenation, to develop more targeted strategies for HSC recovery.

EXPERIMENTAL PROCEDURES

Animals

Young (2 months) or middle-aged (9 months) male C57Bl/6 or Ly5.1 mice were obtained from the Animal Resources Centre or Monash Animal Services. Il7ra−/− mice were kindly provided by A. Strasser (Walter and Eliza Hall Institute, Melbourne). All animal experimentation was carried out at Monash University in accordance with animal experiment ethics committee guidelines. Surgical removal of the testes was performed on male mice as previously described (Heng et al., 2005). Recipient mice were lethally irradiated with 1,100-cGy total body irradiation (137Cs source) as a split dose (2 × 550 cGy) separated by 3 hr and provided with antibiotics (Baytril) in water for 2 weeks after transplantation.

Cell Isolation and Analysis

Cell suspensions of the sinusoidal compartment were obtained by flushing tibias and femurs. Absolute numbers were calculated based on the total numbers of viable nucleated cells harvested from two tibias and two femurs. Osteoblasts from the endosteal niche were isolated by crushing flushed bones and digesting with 0.3% (w/v) Collagenase/Dispase (Roche) and 0.1% (w/v) DNase I (Roche) in RPMI-1640. Flow cytometric analysis and sorting was performed on FACSCalibur, FACSCanto II, FACSVantage, FACSARia, or Influx (BD Biosciences) cytometers and cell sorters. Gates were typically set using appropriate isotype controls.

Microarray and qPCR Analysis

Microarrays and bioinformatics were performed at the Australian Genome Research Facility (AGRF) using Partek v.6.5. Pathway.
Analysis on LT-HSCs was conducted using Ingenuity Pathway Analysis (IPA) software. qPCR was performed using Platinum SYBR Green Supermix-UDG (Invitrogen) on a Corbett Rotor-Gene 3000 (Corbett Research). Relative levels of target mRNA was compared to GAPDH using the 2^{-ΔΔCt} method, comparing 9-month d7SSA mice to 9-month d7shSSA control mice.

**Statistical Analysis**

Statistical analysis was performed using nonparametric, unpaired Mann-Whitney U test. Limiting dilution CRU frequencies were calculated by L-calc software (STEMCELL Technologies), using Poisson statistics (two-tailed test). Comparative analysis of relative gene expression in SSA mice was performed using Student’s t test.

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Enhanced Hematopoietic Stem Cell Function Mediates Immune Regeneration following Sex Steroid Blockade

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Supplemental Experimental Procedures

Flow Cytometry

The following antibodies and clones for flow cytometry were purchased from eBiosciences or BD Biosciences: CD3 (145-2C11), CD4 (GK1.5), CD8α (53-6.7), CD11b (M1/70), CD11c (HL3), CD19 (1D3), CD27 (LG.3A10), CD31 (MEC 13.3), CD34 (RAM34), CD44 (IM7), CD45 (30-F11), CD45.1 (A20), CD45.2 (104), CD45R/B220 (RA3-6B2), CD49d (9C10), CD49e (5H10-27), CD51 (RMU-7), CD61 (2C9.G2), CD62L (MEL-14), CD117 (2B8), CD135 (A2F10.1), CD184 (2B11/CXCR4), SCA1 (D7), Gr-1 (RB6-8C5) and TER119. Streptavidin-Pacific Orange was purchased from Molecular Probes. Lineage-Sca1+cKit+ (LSK) cells were divided into Long term HSC (LT-HSC; CD34-Flt3-); Short term HSC (ST-HSC; CD34+Flt3-); Multipotent Progenitors (MPP; CD34+Flt3+) cells with Lymphoid biased MPP (LMPP) being Flt3hiCD62L+. Osteoblasts were defined as CD45-TER119-CD31-CD51+ and endothelial cells as CD45-TER119-CD31+CD51-.

Transplantation Assays

Male (2mo or 9mo) mice were used for all transplant experiments. For competitive repopulation assays, donor and competitor BM or LSK were pooled and transplanted into recipients. For serial transplantation assays, donor mice were sacrificed and their BM individually suspended and transferred so that there were two primary recipients per individual donor. Primary recipients were sacrificed at 12 weeks after transplant and their BM individually suspended and
transferred so that there was one recipient per individual donor. Transplants assessing in vivo differentiation to \( Il7ra^{-/-} \) recipients used whole BM or sorted LT-HSCs or LMPPs from individual donors and transplanted them into recipients such that each recipient received cells from 1 individual donor.

Microarray and qPCR analysis

Isolated RNA was amplified from purified cell populations (>99%) using the Ambion Total Prep Amplification kit and hybridized to Illumina Mouse WG-6_V2 (LT-HSCs) arrays or Affymetrix arrays (non-hematopoietic niche cells). Pre-validated primers for \( Foxo1 \) (QT00116186); \( Cxcl12 \) (QT00161112); \( Kitlg \) (QT00416353); \( Spp1 \) (QT00157724); \( Angpt1 \) (QT00166859); \( Jag1 \) (QT00115703); \( Vcam1 \) (QT00128793); \( Bmp4 \) (QT00111174); \( Il7 \) (QT00101318); \( Tgfb1 \) (QT00145250); and \( Igf1 \) (QT00154469) were purchased from Qiagen.
**Figure S1**

A. Diagram illustrating lineage relationships and marker expression for LSKs, LT-HSCs, ST-HSCs, MPPs, and LMPPs.

B. Flow cytometry histograms showing cell counts for different cell lines.

C. Graphs showing reconstitution efficiency for different cell types.

D. Graphs showing Ki67+ and AnnV+ cell percentages.

E. Graphs showing Avp+ cell percentages.

### Table: Absolute number of LSK cells / recipient

| Condition          | 2mo B6 | 2mo B6 | 2mo B6 |
|--------------------|--------|--------|--------|
| Untreated (2mo)    | 103    | 102    | 101    |
| d7SSA              | 100    | 37     | 0      |
| d7SSA (9mo)        | 100    | 37     | 0      |

### Percent negative reconstitution

- **Donor LSK**: 9mo untreated, 2mo B6 → 2mo B6, 9mo d7SSA (CD45.2+), 2mo B6 → 2mo B6.

### Statistical Analysis

- p1 = d7SSA vs d7SSA
- p2 = d7SSA vs Unt 2-mo
- p3 = d7SSA vs Unt 2-mo

### Significance Levels

- *p < 0.05
- **p < 0.01
- ***p < 0.001

### Graph Notations

- Competitor BM Recipients:
  - Untreated (2mo) + 2mo B6 → 2mo B6
  - d7SSA (9mo) + 2mo B6 → 2mo B6
  - d7SSA (9mo) + 2mo B6 → 2mo B6
Figure S1. Gating strategies, transplantation controls and individual lineage analysis for limiting-dilution competitive repopulation assays, related to Figure 1.

(A). Gating strategy to identify hematopoietic stem and progenitor cells in the bone marrow. All cells expressing lineage-associated markers (CD3, CD4, CD8, B220, Gr1, CD11b, CD11c, NK1.1) were gated out and expression of ckit and Sca1 was analysed. Cells that were Lin-Sca1+ckit+ are termed LSK cells and encompass all hematopoietic stem cells as well as some of their downstream progenitors. Looking at expression of CD34 and Flt3 (CD135) on LSK cells allows the distinction between LT-HSCs, ST-HSCs and MPPs. Within the Flt3+CD34+ MPP population, cells that are skewed toward the lymphoid lineage and have considerable T cell potential, defined as LMPPs, can be identified based on expression of CD62L and high levels of Flt3 (Adolfsson et al., 2001; Adolfsson et al., 2005; Bhandoola and Sambandam, 2006; Perry et al., 2004).

(B). 5 x 10^6 BM cells from untreated 9mo mice or 9mo mice that had undergone shSSA 7 days earlier were transplanted along with 5 x 10^6 BM cells from untreated 2mo mice into lethally irradiated (2 x 550cGy) congenic recipients. Concatenated flow cytometry plots and absolute number of total donor cells, as well as donor B220+ B cells, TCRβ+ T cells, Gr1+CD11b+ granulocytes, and Gr1loCD11b+ monocyte/macrophages was assessed 12 weeks after transplant (n=10/group). (C) LSK cells from untreated CD45.2+ 2mo; CD45.2+ 9mo animals 7 days following surgical shSSA (d7shSSA); or CD45.2+ 9mo animals 7 days following surgical SSA (d7SSA) (n=6 recipients/group/dose) were FACS purified
and 10, 100 or 1000 cells were transferred into lethally irradiated congenic CD45.1 recipients along with 5 x 10^5 CD45.1^+ supporting BM cells. Reconstitution (>1%) was analysed 12 weeks after transplant and the frequency of repopulating cells was calculated by Poisson statistics. Parameters measured included assessing cells that gave rise to >1% total CD45.1^+ cells (Total); >1% CD45.1^+ B or T cells, and >1% CD45.1^+ granulocytes or monocytes/macrophages (Bipotent); >1% CD45.1^+ B and T cells (Lymphoid). (D) Proportion of Ki67^+ LSK cells 4, 7 and 14 days after surgical SSA in 9mo shSSA or SSA mice (n=10/treatment/timepoint). (E) Proportion of Ki67^+ cells 7 days after SSA in CD34^- HSCs, CD34^+CD62L^- MPPs and CD34^+CD62L^- LMPPs (n=10/treatment). (C) Proportion of AnnV^+ cells 7 days after SSA in CD34^- HSCs, CD34^+CD62L^- MPPs and CD34^+CD62L^- LMPPs (n=10/treatment). Results are expressed as mean ± SEM. *p < 0.05, **p < 0.01. * compared with 9mo shSSA mice.
Figure S2

A

B

C

D

Recipient Age

Proportion of infused LT-HSC Engrafted (%)
Figure S2. Assessment of homing capacity of HSCs with age and after SSA, related to Figures 1 & 2.

(A) Representative FACS plots showing expression of VLA-4, VLA-5 and CXCR-4 on LSK cells from untreated 2mo; 9mo-d7shSSA; or 9mo-d7SSA. Shaded plots represent isotype controls. (B) Frequency of LSK cells expressing CXCR4 (n=10/treatment), VLA-4 (n=5/treatment) or VLA-5 (n=5/treatment) in vascular BM. (C-D) 20 x 10^6 BM cells from individual untreated CD45.1+ 2mo; CD45.1+ 9mo-d7shSSA; or CD45.1+ 9mo-d7SSA were transferred into unablated 2mo (n=10/donor group, one donor/recipient) or 9mo (n=10/donor group, one donor/recipient) C57Bl/6 mice. (C) Proportion of CD45.1+ CD34-Flt3- LT-HSCs in vascular BM 40 hours after transplant. (D) Engraftment was calculated relative to the number of CD34-Flt3- LT-HSCs transferred. Results are expressed as mean ± SEM.
Figure S3

A

Granulocyte

B

Macrophage

| Donor                 | Cells                     | Recipient         |
|-----------------------|---------------------------|-------------------|
| Untreated 2mo         | 5x10^6 WBM → 2mo Il7ra^-  |
| d7shSSA (9mo)         | 5x10^6 WBM → 2mo Il7ra^-  |
| d7SSA (9mo)           | 5x10^6 WBM → 2mo Il7ra^-  |
Figure S3. Myeloid reconstitution of Il7ra−/− mice, related to Figure 4.

(A-B) 5 x 10^6 BM cells from untreated CD45.1+ 2mo; CD45.1+ 9mo-d7shSSA); or CD45.1+ 9mo-d7SSA were transferred into unablated 2mo Il7ra−/− recipients (n=6 recipient/donor groups, one recipient per donor). (A) Concatenated flow cytometry plots displaying donor reconstitution and absolute numbers of donor Gr1+CD11b+ granulocytes. (B) Concatenated flow cytometry plots displaying donor reconstitution and absolute numbers of donor Gr1loCD11b+ monocyte/macrophages. Results are expressed as mean ± SEM. * p < 0.05, ** p < 0.01, *** p < 0.001.
Figure S4

A

B

C

| Pathway                                    | p-value      | Fold-change |
|--------------------------------------------|--------------|-------------|
| Glycosaminoglycan biosynthesis             | 1.08E-05     | -3.7424     |
| Primary Immunodeficiency                   | 1.09E-11     | -3.0933     |
| Hematopoietic cell lineage                 | 3.26E-08     | -2.8581     |
| Gap Junction                               | 0.00128      | -2.8555     |
| B cell receptor signaling pathway          | 2.88E-11     | -2.7783     |
| Cytokine-receptor interactions             | 2.19E-07     | -2.7543     |
| Phagosome                                  | 2.86E-05     | -2.6765     |
| Protein digestion and absorption           | 0.00312      | -2.6694     |
| Carbohydrate digestion                     | 0.00147      | -2.6366     |
| Calcium reabsorption                       | 0.00147      | -2.6366     |
| MAPK signaling pathway                     | 3.69E-18     | -2.5927     |
| Chemokine signaling pathway                | 2.03E-05     | -2.5688     |
| Pathways in cancer                         | 8.41E-08     | -2.5575     |
| Jak-STAT signaling pathway                 | 0.00035      | -2.5483     |
| Spliceosome                                | 0.00025      | -2.4826     |
| Sodium reabsorption                        | 2.50E-05     | -2.4738     |
| Regulation of actin                        | 0.00017      | -2.4374     |
| FcγR-mediated phagocytosis                 | 5.03E-06     | -2.4083     |
| Metabolic pathways                         | 1.07E-11     | -2.4020     |
| Protein processing in ER                   | 6.04E-06     | -2.3263     |
| p53 signaling pathway                      | 0.00124      | -2.3055     |
| T cell receptor signaling                  | 0.00082      | -2.3024     |
| Purine metabolism                          | 0.02712      | -2.2593     |
| Cell adhesion molecules                    | 7.16E-06     | -2.239      |
| Glutamatergic synapse                      | 8.43E-05     | -2.1321     |
Figure S4. Cluster and pathway analysis of changed genes in, and validation of, hematopoietic niche cells, related to Figure 6.

(A) Unbiased hierarchical cluster analysis of microarray data across young, aged and early time-points (days 2-10) following shSSA or SSA. (B) Gene Ontology analysis of the gene cluster of 116 genes that reversed the pattern of expression between 2mo and 9mo mice after SSA. 50 KEGG pathways were revealed with 25 out of 50 KEGG pathways represented. (C) CD45-CD31-CD51+ osteoblastic lineage cells were FACS purified from sinusoidal (pre-OBL) or endosteal (OBL) niches. Expression of the osteoblast-related genes Runx2, Gpnb (osteoactivin), Bglap (osteocalcin) and Opn (osteopontin) were examined by qPCR. Bar graphs represent mean ± SEM of 4-6 biological replicates (where each replicate included cells pooled from 5-10 animals). Expression was measured relative to CD31+ endothelial cells isolated from the sinusoidal niche.
| Category                                | p-value                  | Genes                                                                 |
|-----------------------------------------|--------------------------|----------------------------------------------------------------------|
| Nervous system development and function | 2.0 x 10^{-5} – 4.99 x 10^{-2} | Hexb, Cyp7b1, Pitx2, Upp1, Disp1, Palld, Rhbdf1, Csrp2, Bmp4, Efna1, Tcf7l2, Apbb1, Tardbp, Hoxb2, Clcn3, E2f5, Dst, Soc52, Cited2, Nhlrc1, Kif1b, Selp, Gpr171, Tgif1, Bbs2, Mmp24 |
| Hematological System Development and Function | 1.04 x 10^{-4} – 4.86 x 10^{-2} | Clcn3, Birc2, Anxa7, Hexb, Cyp7b1, Hps6, Hivep3, Rap1gap, Cish, Trpc6, F2rl3, Gsta4, Mfap2, Lcp2, Bst2, SelP, Serpina3g, Cd84, Arhgef1, Tnfrsf13c, Fnip1, Zbtb7a, C1galt1c1, Tbxas1 |
| Cardiovascular Disease                  | 1.72 x 10^{-4} – 4.99 x 10^{-2} | Birc2, Anxa7, Lcp2, Gna11, Pitx2, Bmp4, Tgif1, Trpc6, F2rl3, Cited2 |
| Neurological Disease                   | 1.72 x 10^{-4} – 4.49 x 10^{-2} | Clcn3, E2f5, Anxa7, Hexb, Pitx2, Dst, Rap1gap, Upp1, Disp1, Cited2, Mfap2, Nhlrc1, Palld, Rhbdf1, Csrp2, SelP, Bmp4, Tgif1, Mmp24, Tardbp, Hoxb2 |
| Ophthalmic Disease                     | 1.72 x 10^{-4} – 4.99 x 10^{-2} | Clcn3, Hexb, Pitx2, Bmp4, B9d1, Cited2 |
| Inflammatory Response                  | 1.53 x 10^{-4} – 4.86 x 10^{-2} | Prg2, Diaph1, Als2, Mpo, Anxa3, Birc5, Ctsg, Sreb2f2, Hp, Fcgr2b, Cpa3, Hdc, Rgs1, Ear2 |
| Cancer                                 | 1.71 x 10^{-4} – 4.79 x 10^{-2} | Rrm2, Fancd2, Hp, Tmys, Mta1, Anxa3, Mpo, Birc5, Ilf3, Kif11, Mki67 |
| Organismal Injury and Abnormalities     | 1.71 x 10^{-4} – 4.79 x 10^{-2} | Top2a, Diaph1, Als2, Mta1, Mpo, Anxa3, Ctsg, Kif11, Rrm2, Fancd2, Hp, Fcgr2b, Ilf3, Tfdp1 |
| Reproductive System Disease            | 1.71 x 10^{-4} – 4.79 x 10^{-2} | Rrm2, Hp, Fancd2, Mta1, Anxa3, Ilf3, Kif11, Tfdp1 |
| Cellular Movement                      | 5.7 x 10^{-5} – 3.91 x 10^{-2} | Diaph1, Als2, Hp, Fcgr2b, Rgs1, Hdc, Mpo, Ear2, Ctsg |

**Table S1** – List of the top five pathways generated by Ingenuity Pathway Analysis (IPA) from genes upregulated or downregulated in LT-HSC purified from d2SSA compared to LT-HSC purified from d2ShSSA controls (p-value ≥ 0.05, fold change ≥ +/-1.5). Microarray analysis was performed on 3 biological replicates from each group.
|   | 1700027N10Rik | 30 | D930015E06Rik | 59 | Lgmn | 88 | Rrm2b |
|---|----------------|----|----------------|----|------|----|-------|
| 2 | 2010001M09Rik  | 31 | Ddc            | 60 | Lgr5 | 89 | Rsp1  |
| 3 | Adrbk1         | 32 | Dnajc7         | 61 | LOC100047815 | 90 | Sbk   |
| 4 | Agpat9         | 33 | Dok3           | 62 | LOC637082  | 91 | Sdc4  |
| 5 | Agtr1a         | 34 | Dpp4           | 63 | LOC676420  | 92 | Sertad4|
| 6 | Akap12         | 35 | Dusp2          | 64 | Lrmp  | 93 | Sgk1  |
| 7 | Alox12         | 36 | Emp1           | 65 | Lxn   | 94 | Slamf7|
| 8 | Aof1           | 37 | Ets1           | 66 | Ly6d  | 95 | S12a3 |
| 9 | Apobec1        | 38 | Fam169b        | 67 | Marcks| 96 | Smarca4|
| 10| Arhgap24       | 39 | Fbx12          | 68 | Myl4  | 97 | Smtn2 |
| 11| Arl5c          | 40 | Fcrla          | 69 | Nedd9 | 98 | Snap29|
| 12| Arntl          | 41 | Fgf13          | 70 | Nfkbe | 99 | Snn   |
| 13| Arpc5l         | 42 | Foxo1          | 71 | Nuak1 | 100| Spib  |
| 14| Atp1b1         | 43 | Foxp1          | 72 | Pafah1b3 | 101| Srk3  |
| 15| Axud1          | 44 | Gas7           | 73 | Pde2a | 102| St6gal1|
| 16| B3gnt5         | 45 | H2-M3          | 74 | Plekha2 | 103| Stambpl1|
| 17| Bach2          | 46 | H2-Ob          | 75 | Polm  | 104| Tmem108|
| 18| Bcl7a          | 47 | Hdac5          | 76 | Pou2af1 | 105| Tmem132e|
| 19| Blk            | 48 | Herpud1        | 77 | Ppbp  | 106| Tmprss3|
| 20| Blnk           | 49 | Hmgn3          | 78 | Ppm1e | 107| Tnrsf13c|
| 21| Ccng2          | 50 | Hspa2          | 79 | Prep  | 108| Tnrsf19|
| 22| Cd19           | 51 | Igf2bp3        | 80 | Prkcb | 109| Tpm4  |
| 23| Cd1d1          | 52 | Il12a          | 81 | Prm1  | 110| Trp53i11|
| 24| Cdk5r1         | 53 | Il16           | 82 | Pscd1 | 111| Trp53inp1|
| 25| Cdk7b          | 54 | Il7r           | 83 | Ptpa3 | 112| Ttpal |
| 26| Chst3          | 55 | Irf4           | 84 | Ptprcap| 113| Tubb2b|
| 27| Cnp            | 56 | Jakmip1        | 85 | Rapgefl1 | 114| Uch1  |
| 28| Coq7           | 57 | Klh6           | 86 | Rasgrp1| 115| Vpreb3|
| 29| Csrp2          | 58 | Lbh            | 87 | Rpe   | 116| Zhx2  |

**Table S2** – List of 116 genes in CD45- BM stromal cells that matched the pattern where they were increased in expression between untreated 9mo and untreated 2mo mice with mice that had been given SSA increasing their gene expression temporally after surgery.