Table S1. Checklist for Reporting Results of Internet E-Surveys (CHERRIES)

| Item Category                  | Checklist Item                           | Response                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Development and pre-testing    | Development and testing                   | Several researchers actually answered the web questions. They checked inappropriate expressions, ease of answering and other issues, and revised.                                                                                                                                                                                           |
| Recruitment process and description of the sample having access to the questionnaire | Open survey versus closed survey          | Only people who are registered with Cross Marketing Inc. (Tokyo, Japan) can answer this survey.                                                                                                                                                                                                                                                     |
|                                | Contact mode                             | Only on the internet                                                                                                                                                                                                                                                                                                                      |
|                                | Advertising the survey                   | Of the 605,381 people who were emailed invitations to participate, 55,045 registered monitors answered the initial screening questions and participated in the survey. 33,302 who matched the survey’s criteria (worker status, region, gender, and age) responded.                        |
| Survey administration          | Web/E-mail                               | Cross Marketing Inc. (Tokyo, Japan) sent out through e-mail. There was an automatic method for capturing responses.                                                                                                                                                                                                                   |
|                                | Context                                  | It is a survey company that includes questionnaires in a variety of fields. The purpose of web site is to answer surveys. (e.g., Research Panel, Inc. https://research-panel.jp/ )                                                                                                                                                             |
|                                | Mandatory/voluntary                      | It was a voluntary survey.                                                                                                                                                                                                                                                                                                                  |
|                                | Incentives                               | Yes                                                                                                                                                                                                                                                                                                                                     |
|                                | Time/Date                                 | December 22 to 25, 2020                                                                                                                                                                                                                                                                                                                   |
|                                | Randomization of items or questionnaires  | No                                                                                                                                                                                                                                                                                                                                     |
|                                | Adaptive questioning                     | Yes                                                                                                                                                                                                                                                                                                                                     |
|                                | Number of Items                          | 1 item per page                                                                                                                                                                                                                                                                                                                        |
|                                | Number of screens (pages)                | 55 pages                                                                                                                                                                                                                                                                                                                               |
|                                | Completeness check                       | We did consistency or completeness checks before the questionnaire is submitted. In case of inconsistency in a question, an alert was displayed to control the consistency.                                                                                                                                                |
|                                | Review step                              | Yes                                                                                                                                                                                                                                                                                                                                     |
| Response rates                 | Unique site visitor                      | We count the monitor ID given to the respondents when they accessed the survey system.                                                                                                                                                                                                                                                  |
|                                | View rate (Ratio of unique survey visitors/unique site visitors) | We don't know. We sent first e-mail to 605,381 people, and 55,045 people agree to complete the survey.                                                                                                                                                                                                                           |
|                                | Participation rate (Ratio of unique visitors who agreed to participate/unique first survey page visitors) | We don't count number of people who filled in the first survey page, or who visit the first page of the survey.                                                                                                                                                                                                                     |
|                                | Completion rate (Ratio of users who finished the survey/users who agreed to participate) | The completeness rate is 81.7%. 33,087 people submitted the last questionnaire page (215 of the 33,302 respondents were excluded because they were deemed to have provided fraudulent responses by Cross Marketing Inc.) 27,036 people agreed to participate. (6,051 surveys determined to contain invalid responses or response errors were excluded. The exclusion criteria were as follows: extremely short response time (less than 6 minutes), extremely low body weight (<30 kg), extremely short height (<140 cm), inconsistent answers to similar questions throughout the survey (e.g., inconsistency to questions about marital status and living area), and wrong answers to a staged question used to identify fraudulent responses (choose the third largest number from the following five numbers). |
| Preventing multiple entries from the same individual | Cookies used | No                                                                                                                                                                                                                                                                                                                                     |
|                                | IP check                                 | No                                                                                                                                                                                                                                                                                                                                     |
|                                | Log file analysis                        | No                                                                                                                                                                                                                                                                                                                                     |
|                                | Registration                            | It is managed by member ID.                                                                                                                                                                                                                                                                                                                  |
Table S2. Odds ratios by number of infection control measures in the workplace and wearing a mask in the presence of others

| Number of infection control measures in the workplace | (1) Wearing a mask in the presence of others | OR* | 95%CI | p value |
|------------------------------------------------------|---------------------------------------------|-----|-------|--------|
| 0                                                   | reference                                   |     |       | <0.001†|
| 1–2                                                 |                                              | 2.12| 1.81  | 2.49   | <0.001 |
| 3–4                                                 |                                              | 3.22| 2.77  | 3.75   | <0.001 |
| 5–7                                                 |                                              | 5.21| 4.52  | 6.01   | <0.001 |
| 8–9                                                 |                                              | 6.75| 5.80  | 7.86   | <0.001 |
| Age                                                 |                                              | 1.00| 0.99  | 1.00   | 0.46   |
| Sex                                                  |                                              |     |       |        |
| Men                                                  | reference                                   |     |       |        |
| Women                                                |                                              | 2.43| 2.19  | 2.70   | <0.001 |
| Equivalent income (million JPY)                     |                                              |     |       |        |
| <2.50                                                |                                              | 0.90| 0.79  | 1.03   | 0.11   |
| ≥2.50 and <3.75                                      |                                              | 1.02| 0.91  | 1.15   | 0.72   |
| ≥3.75 and <4.99                                      |                                              | 1.04| 0.93  | 1.18   | 0.49   |
| ≥4.99                                                | reference                                   |     |       |        |
| Educational background                              |                                              |     |       |        |
| Junior high or high school                          | reference                                   |     |       |        |
| Vocational school, junior college or technical school|                                              | 1.12| 0.99  | 1.26   | 0.07   |
| University                                           |                                              | 1.09| 0.98  | 1.21   | 0.10   |
| Graduate School                                      |                                              | 0.97| 0.79  | 1.17   | 0.72   |
| Marital status                                       |                                              |     |       |        |
| married                                              | reference                                   |     |       |        |
| widowed/divorced                                     |                                              | 0.94| 0.81  | 1.09   | 0.44   |
| unmarried                                            |                                              | 0.86| 0.78  | 0.95   | <0.001 |
| Occupation                                            |                                              |     |       |        |
| General employee                                     | reference                                   |     |       |        |
| Manager                                              |                                              | 1.09| 0.95  | 1.25   | 0.22   |
| Executive manager                                    |                                              | 1.24| 0.95  | 1.62   | 0.11   |
| Public employee, faculty member, or non-profit       |                                              | 1.13| 0.98  | 1.30   | 0.09   |
| organization employee                                |                                              | 1.13| 0.98  | 1.30   | 0.09   |
| Temporary/contract employee                          |                                              | 1.19| 1.03  | 1.36   | 0.02   |
| Professional occupation (lawyer, tax accountant,    |                                              | 1.24| 1.01  | 1.53   | 0.04   |
| medical-related, etc.)                               |                                              | 1.24| 1.01  | 1.53   | 0.04   |
| Other occupation                                     |                                              | 1.28| 0.77  | 2.13   | 0.33   |
| Number of employees in the workplace                 |                                              |     |       |        |
| 5–9                                                  | reference                                   |     |       |        |
| 10–99                                                |                                              | 0.88| 0.75  | 1.04   | 0.14   |
| 100–999                                             |                                              | 0.85| 0.71  | 1.01   | 0.06   |
| ≥1,000                                               |                                              | 0.89| 0.75  | 1.07   | 0.21   |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
| Number of infection control measures in the workplace | 0 reference | 1–2 | 3–4 | 5–7 | 8–9 |
|-----------------------------------------------------|-------------|-----|-----|-----|-----|
| OR*                                                | 1.13        | 1.54 | 2.18 | 3.34 | 0.99 |
| 95% CI                                              | 0.98        | 1.35 | 1.93 | 2.94 | 0.99 |
| p value                                             | <0.001†     | <0.001 | <0.001 | <0.001 | <0.001 |

| Age | 0.99 | 1.00 |
|-----|-----|-----|
| OR* | 1.75 | 1.63 |
| 95% CI | 1.63 | 1.87 |
| p value | <0.001 |

| Sex | Men reference | Women |
|-----|---------------|-------|
| OR* | 1.09          | 0.99  |
| 95% CI | 0.99          | 1.19  |
| p value | 0.07          | 0.88  |

| Equivalent income (million JPY) | <2.50 | ≥2.50 and <3.75 | ≥3.75 and <4.99 | ≥4.99 |
|--------------------------------|------|-----------------|-----------------|------|
| OR*                            | 1.09 | 0.99            | 1.04            | 1.04 |
| 95% CI                         | 0.99 | 1.19            | 0.96            | 1.12 |
| p value                        | 0.07 | 0.88            | 0.33            | 0.33 |

| Educational background | Junior high or high school reference | Vocational school, junior college or technical school |
|------------------------|-------------------------------------|-----------------------------------------------------|
| OR*                    | 1.11                                | 1.11                                                |
| 95% CI                 | 1.02                                | 1.20                                                |
| p value                | 0.01                                | 0.01                                                |

| Educational background | University reference | Graduate School |
|------------------------|-----------------------|-----------------|
| OR*                    | 0.95                  | 0.76            |
| 95% CI                 | 0.88                  | 0.67            |
| p value                | 0.14                  | <0.001          |

| Marital status | married reference | widowed/divorced |
|----------------|-------------------|------------------|
| OR*            | 0.89              | 0.82             |
| 95% CI         | 0.81              | 0.77             |
| p value        | 0.02              | <0.001           |

| Occupation | General employee reference | Manager |
|------------|---------------------------|---------|
| OR*        | 1.10                      | 1.10    |
| 95% CI     | 1.00                      | 1.22    |
| p value    | 0.05                      | 0.05    |

| Occupation | Executive manager reference | Executive manager |
|------------|-----------------------------|-------------------|
| OR*        | 1.24                        | 1.24              |
| 95% CI     | 1.03                        | 1.49              |
| p value    | 0.02                        | 0.02              |

| Occupation | Public employee, faculty member, or non-profit organization employee reference | 0.96 |
|------------|---------------------------------------------------------------------------------|------|
| OR*        | 0.96                                                                           | 0.96 |
| 95% CI     | 0.88                                                                           | 1.06 |
| p value    | 0.44                                                                           | 0.44 |

| Occupation | Temporary/contract employee reference | Temporary/contract employee |
|------------|--------------------------------------|-----------------------------|
| OR*        | 0.91                                | 0.91                        |
| 95% CI     | 0.83                                | 0.99                        |
| p value    | 0.03                                | 0.03                        |

| Occupation | Professional occupation (lawyer, tax accountant, medical-related, etc.) reference | 1.31 |
|------------|---------------------------------------------------------------------------------|------|
| OR*        | 1.31                                                                           | 1.31 |
| 95% CI     | 1.16                                                                           | 1.48 |
| p value    | <0.001                                                                          | <0.001 |

| Occupation | Other occupation reference | Other occupation |
|------------|---------------------------|------------------|
| OR*        | 1.19                      | 1.19             |
| 95% CI     | 0.88                      | 1.63             |
| p value    | 0.26                      | 0.26             |

| Number of employees in the workplace | 5–9 reference | 10–99 |
|-------------------------------------|--------------|------|
| OR*                                | 1.08         | 1.08 |
| 95% CI                             | 0.96         | 0.96 |
| p value                            | 0.20         | 0.20 |

| Number of employees in the workplace | 100–999 reference | 1,000 |
|-------------------------------------|------------------|------|
| OR*                                | 0.98             | 0.95 |
| 95% CI                             | 0.87             | 0.84 |
| p value                            | 0.78             | 0.42 |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
Table S4. Odds ratios by number of infection control measures in the workplace and washing hands after using the toilet

| Number of infection control measures in the workplace | OR* | 95%CI | p value |
|------------------------------------------------------|-----|-------|---------|
| 0 reference                                         | 1.00| 1.00  | 1.00    |
| 1–2                                                 | 1.13| 0.98  | 1.31    | 0.103   |
| 3–4                                                 | 1.54| 1.35  | 1.76    | <0.001  |
| 5–7                                                 | 2.18| 1.93  | 2.48    | <0.001  |
| 8–9                                                 | 3.34| 2.94  | 3.80    | <0.001  |

| Age                                                  | 0.99| 0.99  | 1.00    | <0.001  |

| Sex                                                  |      |       |        |
|------------------------------------------------------|------|-------|---------|
| Men reference                                        | 1.00| 1.00  | 1.00    |
| Women                                               | 1.75| 1.63  | 1.87    | <0.001  |

| Equivalent income (million JPY)                      | 0.99| 0.99  | 1.00    |
|------------------------------------------------------|------|-------|---------|
| <2.50                                                | 1.09| 0.99  | 1.19    | 0.07    |
| ≥2.50 and <3.75                                      | 0.99| 0.92  | 1.08    | 0.88    |
| ≥3.75 and <4.99                                      | 1.04| 0.96  | 1.12    | 0.33    |
| ≥4.99 reference                                      |      |       |        |

| Educational background                               |      |       |        |
|------------------------------------------------------|------|-------|---------|
| Junior high or high school reference                 |      |       |        |
| Vocational school, junior college or technical school| 1.11| 1.02  | 1.20    | 0.01    |
| University                                           | 0.95| 0.88  | 1.02    | 0.14    |
| Graduate School                                      | 0.76| 0.67  | 0.87    | <0.001  |

| Marital status                                       |      |       |        |
|------------------------------------------------------|------|-------|---------|
| married reference                                    |      |       |        |
| widowed/divorced                                     | 0.89| 0.81  | 0.98    | 0.02    |
| unmarried                                            | 0.82| 0.77  | 0.88    | <0.001  |

| Occupation                                           |      |       |        |
|------------------------------------------------------|------|-------|---------|
| General employee                                     |      |       |        |
| Manager                                              | 1.10| 1.00  | 1.22    | 0.05    |
| Executive manager                                    | 1.24| 1.03  | 1.49    | 0.02    |
| Public employee, faculty member, or non-profit       |      |       |        |
| organization employee                                | 0.96| 0.88  | 1.06    | 0.44    |
| Temporary/contract employee                          | 0.91| 0.83  | 0.99    | 0.03    |
| Professional occupation (lawyer, tax accountant,     |      |       |        |
| medical-related, etc.)                               | 1.31| 1.16  | 1.48    | <0.001  |
| Other occupation                                     | 1.19| 0.88  | 1.63    | 0.26    |

| Number of employees in the workplace                 |      |       |        |
|------------------------------------------------------|------|-------|---------|
| 5–9 reference                                        |      |       |        |
| 10–99                                                | 1.08| 0.96  | 1.22    | 0.20    |
| 100–999                                              | 0.98| 0.87  | 1.11    | 0.78    |
| ≥1,000                                               | 0.95| 0.84  | 1.08    | 0.42    |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
Table S5. Odds ratios by number of infection control measures in the workplace and gargling when returning home

| Number of infection control measures in the workplace | OR*  | 95%CI | p value |
|------------------------------------------------------|------|-------|---------|
| 0 reference                                          |      |       | <0.001†|
| 1–2                                                  | 1.14 | 0.99  | 1.32    | 0.072   |
| 3–4                                                  | 1.27 | 1.11  | 1.45    | <0.001  |
| 5–7                                                  | 1.48 | 1.30  | 1.67    | <0.001  |
| 8–9                                                  | 2.11 | 1.86  | 2.40    | <0.001  |

Age

| Sex          | OR*  | 95%CI | p value |
|--------------|------|-------|---------|
| Men reference|      |       |         |
| Women        | 1.19 | 1.11  | 1.27    | <0.001  |

Equivalent income (million JPY)

| Equivalent income | OR*  | 95%CI | p value |
|-------------------|------|-------|---------|
| <2.50             | 1.06 | 0.97  | 1.16    | 0.21    |
| ≥2.50 and <3.75   | 1.03 | 0.95  | 1.11    | 0.46    |
| ≥3.75 and <4.99   | 0.97 | 0.89  | 1.04    | 0.37    |
| ≥4.99 reference   |      |       |         |

Educational background

| Educational background | OR*  | 95%CI | p value |
|------------------------|------|-------|---------|
| Junior high or high school reference |      |       |         |
| Vocational school, junior college or technical school | 1.14 | 1.05  | 1.23    | <0.001  |
| University             | 1.24 | 1.15  | 1.33    | <0.001  |
| Graduate School        | 1.22 | 1.07  | 1.39    | <0.001  |

Marital status

| Marital status          | OR*  | 95%CI | p value |
|-------------------------|------|-------|---------|
| married reference       |      |       |         |
| widowed/divorced        | 0.78 | 0.71  | 0.86    | <0.001  |
| unmarried               | 0.94 | 0.88  | 1.00    | 0.05    |

Occupation

| Occupation                           | OR*  | 95%CI | p value |
|--------------------------------------|------|-------|---------|
| General employee reference           |      |       |         |
| Manager                              | 0.99 | 0.90  | 1.09    | 0.89    |
| Executive manager                    | 1.07 | 0.89  | 1.28    | 0.47    |
| Public employee, faculty member, or non-profit organization employee | 1.01 | 0.93  | 1.11    | 0.76    |
| Temporary/contract employee          | 0.87 | 0.80  | 0.95    | <0.001  |
| Professional occupation (lawyer, tax accountant, medical-related, etc.) | 1.00 | 0.89  | 1.12    | 0.99    |
| Other occupation                     | 1.13 | 0.84  | 1.52    | 0.41    |

Number of employees in the workplace

| Number of employees in the workplace | OR*  | 95%CI | p value |
|-------------------------------------|------|-------|---------|
| 5–9 reference                       |      |       |         |
| 10–99                               | 1.01 | 0.89  | 1.13    | 0.92    |
| 100–999                             | 0.91 | 0.81  | 1.03    | 0.14    |
| ≥1,000                              | 1.00 | 0.89  | 1.14    | 0.95    |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
| Number of infection control measures in the workplace | Reference | OR* | 95%CI | p value |
|-----------------------------------------------------|-----------|-----|-------|---------|
| 0                                                   | reference | 1   |       | <0.001† |
| 1–2                                                 | 1.06      | 0.91| 1.23  | 0.464   |
| 3–4                                                 | 1.24      | 1.08| 1.42  | 0.003   |
| 5–7                                                 | 1.55      | 1.36| 1.76  | <0.001  |
| 8–9                                                 | 2.56      | 2.24| 2.92  | <0.001  |
| Age                                                 | 1.00      | 1.00| 1.00  | 0.84    |

| Sex                                                  | Reference | OR* | 95%CI | p value |
|------------------------------------------------------|-----------|-----|-------|---------|
| Men                                                  | reference | 1.00|       |         |
| Women                                                | 1.62      | 1.51| 1.73  | <0.001  |
| Equivalent income (million JPY)                      |           |     |       |         |
| <2.50                                                | 0.98      | 0.89| 1.07  | 0.64    |
| ≥2.50 and <3.75                                      | 0.96      | 0.89| 1.04  | 0.33    |
| ≥3.75 and <4.99                                      | 0.98      | 0.91| 1.06  | 0.62    |
| ≥4.99                                                | reference |     |       |         |
| Educational background                               |           |     |       |         |
| Junior high or high school                           | 1.07      | 0.99| 1.16  | 0.10    |
| Vocational school, junior college or technical school | 1.00      | 0.94| 1.08  | 0.90    |
| University                                           | 0.88      | 0.77| 1.00  | 0.06    |
| Graduate School                                      |           |     |       |         |
| Marital status                                       |           |     |       |         |
| married                                              | 1.02      | 0.92| 1.12  | 0.72    |
| unmarried                                            | 0.92      | 0.86| 0.98  | 0.01    |
| Occupation                                           |           |     |       |         |
| General employee                                     | reference |     |       |         |
| Manager                                              | 1.08      | 0.98| 1.19  | 0.10    |
| Executive manager                                    | 1.37      | 1.14| 1.65  | <0.001  |
| Public employee, faculty member, or non-profit       | 1.20      | 1.09| 1.31  | <0.001  |
| organization employee                                | Temporary/contract employee | 0.83 | 0.76 | 0.91 | <0.001 |
| Professional occupation (lawyer, tax accountant,     | 1.17      | 1.04| 1.31  | 0.01    |
| medical-related, etc.)                               | Other occupation | 1.41 | 1.04 | 1.89 | 0.03 |
| Number of employees in the workplace                 |           |     |       |         |
| 5–9                                                  | reference |     |       |         |
| 10–99                                                | 1.08      | 0.96| 1.22  | 0.20    |
| 100–999                                              | 0.89      | 0.78| 1.00  | 0.05    |
| ≥1,000                                               | 0.90      | 0.79| 1.02  | 0.09    |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
| (6) Carrying alcohol disinfectant | OR* | 95% CI | p value |
|----------------------------------|------|--------|---------|
| **Number of infection control measures in the workplace** |     |        |         |
| 0 reference |     |        | <0.001† |
| 1–2 | 0.90 | 0.76  | 1.06 | 0.193 |
| 3–4 | 0.95 | 0.82  | 1.11 | 0.526 |
| 5–7 | 1.01 | 0.88  | 1.15 | 0.941 |
| 8–9 | 1.73 | 1.51  | 1.99 | <0.001 |
| **Age** |     |        |         |
| Men reference |     |        |         |
| Women | 2.41 | 2.23  | 2.59 | <0.001 |
| **Sex** |     |        |         |
| 0.99 | 0.99 | 1.00 | <0.001 |
| **Equivalent income (million JPY)** |     |        |         |
| <2.50 | 1.03 | 0.93  | 1.13 | 0.59 |
| ≥2.50 and <3.75 | 0.93 | 0.86 | 1.01 | 0.10 |
| ≥3.75 and <4.99 | 1.01 | 0.93 | 1.10 | 0.76 |
| ≥4.99 | reference |     |        |         |
| **Educational background** |     |        |         |
| Junior high or high school reference |     |        |         |
| Vocational school, junior college or technical school | 1.04 | 0.96 | 1.14 | 0.34 |
| University | 0.92 | 0.85 | 0.99 | 0.03 |
| Graduate School | 0.83 | 0.71 | 0.96 | 0.01 |
| **Marital status** |     |        |         |
| married reference |     |        |         |
| widowed/divorced | 0.92 | 0.83 | 1.02 | 0.11 |
| unmarried | 0.83 | 0.77 | 0.89 | <0.001 |
| **Occupation** |     |        |         |
| General employee reference |     |        |         |
| Manager | 1.09 | 0.98 | 1.22 | 0.11 |
| Executive manager | 1.54 | 1.27 | 1.87 | <0.001 |
| Public employee, faculty member, or non-profit organization employee | 0.99 | 0.90 | 1.10 | 0.88 |
| Temporary/contract employee | 0.81 | 0.74 | 0.90 | <0.001 |
| Professional occupation (lawyer, tax accountant, medical-related, etc.) | 1.18 | 1.05 | 1.33 | 0.01 |
| Other occupation | 1.22 | 0.90 | 1.65 | 0.20 |
| **Number of employees in the workplace** |     |        |         |
| 5–9 | reference |     |        |         |
| 10–99 | 0.94 | 0.83 | 1.07 | 0.35 |
| 100–999 | 0.79 | 0.69 | 0.90 | <0.001 |
| ≥1,000 | 0.81 | 0.70 | 0.92 | <0.001 |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend
Table S8. Odds ratios by number of infection control measures in the workplace and disinfecting hands and washing hands after touching things

| (7) Disinfecting hands and washing hands after touching things | OR* | 95%CI | p value |
|---------------------------------------------------------------|-----|-------|---------|
| Number of infection control measures in the workplace |     |       |         |
| 0 reference | | | |
| 1–2 | 0.96 | 0.82 | 1.13 | 0.627 |
| 3–4 | 1.08 | 0.93 | 1.25 | 0.322 |
| 5–7 | 1.36 | 1.19 | 1.56 | <0.001 |
| 8–9 | 2.33 | 2.03 | 2.68 | <0.001 |
| Age | | | |
| Men | reference | 0.99 | 0.99 | 0.99 | <0.001 |
| Women | | 2.18 | 2.03 | 2.34 | <0.001 |
| Equivalent income (million JPY) | | | |
| <2.50 | 1.00 | 0.91 | 1.09 | 0.93 |
| ≥2.50 and <3.75 | 0.93 | 0.85 | 1.01 | 0.07 |
| ≥3.75 and <4.99 | 1.04 | 0.96 | 1.13 | 0.34 |
| ≥4.99 | | | |
| Educational background | | | |
| Junior high or high school | reference | | | |
| Vocational school, junior college or technical school | 1.00 | 0.92 | 1.09 | 0.95 |
| University | 0.93 | 0.86 | 1.00 | 0.05 |
| Graduate School | 0.90 | 0.78 | 1.04 | 0.14 |
| Marital status | | | |
| Married | reference | | | |
| Widowed/divorced | 0.98 | 0.89 | 1.09 | 0.76 |
| Unmarried | 0.86 | 0.80 | 0.92 | <0.001 |
| Occupation | | | |
| General employee | reference | | | |
| Manager | 1.07 | 0.97 | 1.19 | 0.17 |
| Executive manager | 1.63 | 1.35 | 1.96 | <0.001 |
| Public employee, faculty member, or non-profit organization employee | 0.97 | 0.89 | 1.07 | 0.60 |
| Temporary/contract employee | 0.83 | 0.76 | 0.92 | <0.001 |
| Professional occupation (lawyer, tax accountant, medical-related, etc.) | 1.24 | 1.11 | 1.40 | <0.001 |
| Other occupation | 1.31 | 0.97 | 1.77 | 0.08 |
| Number of employees in the workplace | | | |
| 5–9 reference | | | |
| 10–99 | 0.89 | 0.78 | 1.00 | 0.06 |
| 100–999 | 0.79 | 0.70 | 0.90 | <0.001 |
| ≥1,000 | 0.79 | 0.69 | 0.90 | <0.001 |

* Odds ratio adjusted for age and sex, equivalent income, educational background, marital status, occupation and number of employees in the workplace.
† p for trend