Tailoring the interactions between self-propelled bodies

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Abstract. We classify the interactions between self-propelled particles moving at a constant speed from symmetry considerations. We establish a systematic expansion for the two-body forces in the spirit of a multipolar expansion. This formulation makes it possible to rationalize most of the models introduced so far within a common framework. We distinguish between three classes of physical interactions: i) potential forces, ii) inelastic collisions and iii) non-reciprocal interactions involving polar or nematic alignment with an induced field. This framework provides simple design rules for the modeling and the fabrication of self-propelled bodies interacting via physical interactions. A class of possible interactions that should yield new phases of active matter is highlighted.

1 Introduction

Active materials composed of motile bodies define a quickly growing field of statistical and soft-matter physics [1,2]. Over the last decades, much attention has been devoted to the individual dynamics of self-propelled particles (\textit{e.g.} effective diffusion and migration in an external field), and to the collective properties of large populations (\textit{e.g.} transition to collective motion, and emergence of coherent spatial patterns) [1–3].

From a theoretical perspective, the large-scale properties of active populations have been investigated for several interaction schemes at the single-particle level, see \textit{e.g.} [4–9]. In most of the models, dynamical rules such as velocity-alignment or hard-core repulsion were included without referring to the microscopic physics responsible for these couplings. \textit{A priori} a number of alternative phenomenological rules could be considered, yet no global framework exists to elaborate and classify such interactions with overlooked symmetries.

From an experimental perspective, significant progress has been made over the last years, and a number of artificial active systems are now available, including self-propelled colloids [10–14], vibrating grains [15–18], biofilaments [19–21]. Now that the fabrication of motile microscopic systems is a problem that has been partly solved, a natural next step is to consider the self-assembly of these autonomous units into new materials. The design of such active phases requires a deeper understanding of the interaction symmetries between their elementary units. Surprisingly, until now, the two-body interactions between self-propelled colloids and filaments have been scarcely characterized.

In this paper, we classify the symmetries of the mutual interactions between self-propelled bodies moving at a constant speed. We first decompose systematically the two-body force fields in a generalized multipole expansion which solely requires that the particles live in a homogeneous space (translational invariance). We then show how little additional information about the interaction process further simplify the form of the interactions. We consider explicitly three relevant cases: i) Isotropic particles interacting only via potential interactions, ii) Isotropic particles interacting via two-body inelastic collisions, and iii) Particles of arbitrary shape that interact via non-reciprocal interactions (\textit{viz.} interactions that are non-invariant upon Galilean transformations). We systematically exemplify our results with classical active-matter models, which we rationalize within a unified framework. We close this paper by suggesting guidelines for the design of new active materials.

2 Interacting self-propelled bodies: Equations of motion

By definition, self-propelled particles convert stored internal energy to propel themselves in the absence of any external force [2]. We consider here the simplest framework supporting this definition: point particles moving at a \textit{constant} speed $v_0$ in a homogeneous space. More precisely, any force acting on the particle $a$ located at $\mathbf{r}_a$ and moving at a velocity $\mathbf{v}_a = v_0 \hat{\mathbf{p}}_a$ alters only its direction...
of motion, defined by the unit vector $\hat{p}_a$. We also assume that the particles interact via pairwise-additive couplings. The equations of motion for the particle $a$ are then the Newton’s equations completed by the constant velocity constraint:

$$\frac{dr_a}{dt} = \hat{p}_a,$$

$$\frac{d\hat{p}_a}{dt} = (\mathbb{I} - \hat{p}_a \hat{p}_a) \cdot \sum_{b \neq a} F_{b \rightarrow a},$$

where $F_{b \rightarrow a}$ is the force exerted by particle $b$ on particle $a$, and where we have set $v_0 = 1$. The projection operator $(\mathbb{I} - \hat{p}_a \hat{p}_a)$ ensures that the norm of the velocity vector $\hat{p}_a$ remains constant. Equation (2) implies that particles having a constant speed reorient and align along the net force that they experience. These equations, that have been extensively studied [22], can also be viewed as the asymptotic limit of a broader class of active-particle dynamics, see e.g. [5,23,24]. Our predictions do not strictly require the propulsion speed to be a constant, but only that some internal dissipation mechanisms cause $v_0$ to relax towards its stationary value in a time much shorter than the changes in the velocity direction. We further clarify this point and discuss the robustness of eqs. (1) and (2) in appendix A, by studying a specific energy-exchange part $F$ in a homogeneous medium.

3 Interactions in homogeneous media:

Translational invariance

We now establish a generic expression which classifies the interactions according to their angular symmetries. For the sake of clarity, we restrict the discussion to two spatial dimensions; the generalization to a 3D system is provided in appendix B. The force exerted by particle $b$ on particle $a$ is a priori a function of the two positions $r_a, r_b$ and orientations $\hat{p}_a, \hat{p}_b$. However, by definition, in a homogeneous medium $F_{a \rightarrow b}(r_a, r_b; \hat{p}_a, \hat{p}_b)$ is translationally invariant, and therefore only depends on the relative position of the particles: $r_a - r_b$. We now identify 2D vectors to complex numbers, and note $r_a - r_b = r_{ab} \exp(i\varphi_{ab})$, where $r_{ab}$ is the interparticle distance and $\varphi_{ab}$ the relative angular position. Without any additional assumption, we Fourier transform $F_{b \rightarrow a}$ with respect to $\varphi_{ab}$. Using the complex-number notation we obtain

$$F_{b \rightarrow a} = \sum_k f_k(r_{ab}, \hat{p}_a, \hat{p}_b) e^{i(k\varphi_{ab} + \psi_k(r_{ab}, \hat{p}_a, \hat{p}_b))},$$

where $f_k$ and $\psi_k$ are, respectively, the amplitude and the phase of the $k$th Fourier coefficients. Coming back to vector notations, eq. (3) can be recast into a more intuitive expansion akin to a multipolar series. Transforming the real and imaginary parts into polynomial series in $\cos \varphi_{ab}$ and $\sin \varphi_{ab}$, and after some elementary algebra, we find

$$F_{b \rightarrow a} = F_0 + f_1^{\text{div}} \hat{r}_{ab} + f_1^{\text{rot}} \hat{r}_{ab}$$

$$+ f_{-1}(2 \frac{f_{-1}}{f_{-2}} - 1) \hat{r}_{ab}$$

$$+ f_2 \cdot (2 \hat{r}_{ab} \hat{p}_{ab} - \mathbb{I}) + \ldots,$$

where $f_0^{\text{div}} = f_1 \cos \psi_1$ and $f_1^{\text{rot}} = -f_1 \sin \psi_1$ are scalars, $\epsilon$ is the completely antisymmetric Levy-Civita symbol, and all the other coefficients are vectors: $f_0 = f_0(\cos \psi_0, \sin \psi_0), f_{-1} = f_{-1}(\cos(\psi_{-1}/2), \sin(\psi_{-1}/2))$ and $f_2 = f_2(\cos \psi_2, -\sin \psi_2)$. We recall that all the $f_k$ depend in principle on the relative position and on the orientations of particles $a$ and $b$. The terms in eq. (4) are classified according to their angular periodicity, the index $k$ corresponds to the topological charge of the force field induced by the particle $b$: the larger $k$, the faster the angular variations of the field. Equation (4) is already a pivotal result of this paper as it describes all the possible symmetries of the field in which a self-propelled particle reorients. In order to gain more physical insight into this formal expansion, the first modes are plotted in fig. 1, and discussed below.

- The $k = 0$ component is a field having a constant orientation. The particle $a$ reorients along $F_{a \rightarrow b}$, which is aligned with the vector $F_0(r_{ab}, \hat{p}_a, \hat{p}_b)$ regardless of the relative positions of the particles.

- The $k = 1$ component in eq. (4) generically corresponds to a spiral force field. To better understand its contribution, it is convenient to distinguish between its divergence and rotational components as done in eq. (4) and fig. 1. The first term, $f_1^{\text{div}}$, has the symmetry of a monopolar field. This term therefore gives rise to repulsive (resp. attractive) couplings. For example, particle $a$ reorients along $r_{ab}$ if $f_1^{\text{div}}(r_{ab}, \hat{p}_a, \hat{p}_b) > 0$. The second term, the rotational part $f_1^{\text{rot}} \hat{r}_{ab}$, breaks the bottom-top symmetry in 2D, which implies that $f_1^{\text{rot}}$ is a pseudoscalar quantity. Consequently, $f_1^{\text{rot}}$ is non-zero only for particles having some chiral features. In such an interaction field, a chiral particle $b$ could be forced to circle around its neighbor.

- The $k = 2$ component has a dipolar symmetry. The direction of the dipole is the one of $F_2(r_{ab}, \hat{p}_a, \hat{p}_b)$. Similarly, the higher-order terms of the Fourier expansion correspond to higher-order multipoles, including quadrupolar, octupolar fields, etc.

- In addition to these contributions with $k > 0$, eq. (4) also involves components having negative topological charges. For instance, the $k = -1$ term is an hyperbolic elongation field. Higher-order components, associated with faster angular variations, can be obtained as well, see fig. 1. Note that these contributions do not correspond to conventional multipoles associated with a Laplacian field, such as the electric field in an electrostatic problem.

We have classified all the possible symmetries of the fields that cause the particle reorientation. In order to fully prescribe the orientational dynamics, we now have to specify
how the $f_k$’s relate to the particle orientations and relative distance. In order to do so, we focus on three types of interactions which encompass most of the numerical and experimental systems.

**4 Potential interactions between isotropic particles**

We first consider the simplest possible setup: isotropic particles interacting via potential interactions. $F_{a \rightarrow b} = -\nabla_a U(r_{ab})$ derives from a potential $U(r_{ab})$ which only depends on the interparticle distance. Consequently, $F_{a \rightarrow b}$ readily reduces to the sole curl-free part of the mode $k = 1$ in eq. (4). The force field has the symmetry of a monopole, with a strength $f_{1}^\text{div}(r_{ab}) = -\partial_{r_{ab}}U(r_{ab})$, it results in attractive or repulsive couplings. Such potential interactions have been studied in a number of numerical models, see e.g. [5,25–28]. For instance, d’Orsogna et al. demonstrated that forces deriving from a Morse potential can lead to the emergence of a number of patterns all having a rotational symmetry, such as vortices, rings and circular clumps [25]. We stress that potential forces cannot explicitly couple the velocities of isotropic particles. However we will show in sect. 6, and in appendix C, that potential forces can yield net alignment interactions between slender bodies.

**5 Inelastic collisions between isotropic particles**

We now turn to a more general situation and assume that the particles undergo physical two-body collisions, where $F_{a \rightarrow b}$ could also be associated to a dissipative process. However, we still restrain here to the situation where $F_{a \rightarrow b}$ is invariant upon Galilean transformations. In other words, $F_{a \rightarrow b}$ is assumed to only depend on the relative position, $r_{ab}$, and on the relative orientation/velocity, $\hat{p}_a - \hat{p}_b$. The coefficients of the Fourier series hence depend only on $\hat{p}_a - \hat{p}_b$, and the vector coefficients $f_k\neq1$ in eq. (4) are all oriented along $\hat{p}_a - \hat{p}_b$:

$$f_k = f_k(r_{ab}, [\hat{p}_a - \hat{p}_b]) (\hat{p}_a - \hat{p}_b).$$  \hspace{1cm} (5)$$

It follows from eq. (4) that $F_{b \rightarrow a} = -F_{a \rightarrow b}$. Even though the self-propulsion mechanism does not conserve momentum, see eq. (1), the invariance of the forces upon Galilean transformations implies that they obey the Newton’s third law. This situation typically corresponds to the model for vibrated polar disks introduced in [23]. Weber et al. studied numerically a system of polar grains set in motion by the vibration of a substrate and interacting via short-range inelastic collisions [15–17,29]. They modeled the interactions by the spring-and-dash-pot model and assumed that $F_{a \rightarrow b} = -\lambda (\hat{p}_a - \hat{p}_b) \cdot \hat{r}_{ab} f_{ab} + \kappa (d - r_{ab}) f_{ab}$. The first term is associated with viscous friction, and the last term corresponds to elastic repulsion for $r_{ab} < d$. They observed numerically that such inelastic collisions can lead to velocity alignment interactions, thereby giving rise to a macroscopic polar order. In the classification given by eq. (4), the force corresponds to a linear superposition of a curl-free and of a divergence-less monopolar fields.
alignment at the two-particle level. The lowest-order mode of \( F_{\alpha \rightarrow b} \), \( f_0 = f_0(r_{ab}, |\hat{p}_b - \hat{p}_a|) (|\hat{p}_b - \hat{p}_a|) \cdot \hat{p}_b \), is the only one that promotes a net polar alignment regardless of the two particles conformation provided that \( f_0 < 0 \) (\( f_0 > 0 \) would result in anti-alignment interactions). Particles interacting via \( f_0 \) evolve according to

\[
\frac{d\hat{p}_a}{dt} = -f_0(r_{ab}, |\hat{p}_b - \hat{p}_a|) (|\hat{p}_b - \hat{p}_a|) \cdot \hat{p}_b. \quad (6)
\]

Consequently, any other contribution to the force expansion, \( eq. (4) \), would compete with this velocity-alignment rule and, in principle, could yield macroscopic states with more complex symmetries than a mere polar phase.

6 Non-reciprocal interactions

We now consider forces that are not necessarily invariant upon Galilean transformations, and therefore relax the reciprocal condition. \( F_{a \rightarrow b} \) can now be different from \( -F_{b \rightarrow a} \). Prominent instances are: i) hydrodynamic interactions between swimmers [30,31]: when swimming in a liquid, particle \( b \) creates a flow field that causes particle \( b \) to reorient in this flow, thereby yielding effective long-range interactions. ii) Polar (Janus) phoretic particles respond to the local variations of a scalar quantity (chemical potential [10,11,32], temperature [13]). They are also prone to align in the phoretic field induced by their neighbors. A Janus particle making an angle with an external gradient indeed experiences a net phoretic rotation leading to alignment with the driving field [33,34]. In all these systems the interactions have non-trivial symmetries, as they do not reduce to alignment between the particle directions and give rise to more complex spatio-temporal dynamics, such as the formation of clusters, asters or oscillatory patterns. In this section, we show that the systematic classification \( eq. (4) \) provides a suitable framework to account for this variety of microscopic interactions. To do so, we here describe particles that reorient in a field originated from their neighbors. Note that this broader class of systems also encompasses the potential interactions that we first considered. The field in which the particle aligns would precisely correspond to the gradient of the potential.

In all that follows, we denote by \( \mathbf{h}(r - r_b, \hat{p}_b) \) the field created by particle \( b \) at position \( r \). We assume that \( \mathbf{h} \) depends on time only via the particles’ conformation (this hypothesis corresponds to a zero-Peclet number approximation in the context of phoretic particles) and that it does not depend on \( \hat{p}_a \). This approximation is well-suited in a far-field description, since at long distance the orientation of particle \( a \) does not modify the field induced by particle \( b \).

We now have to specify how the particle reorients in the external field \( \mathbf{h} \) to fully define the expression of \( F_{a \rightarrow b} \). In view of gaining more physical intuition, we first introduce a prototypical dumbbell model that can be simply solved.

6.1 Self-propelled dumbbells

We consider dumbbells made of two rigidly connected disks separated by a distance \( \ell \) in the same spirit as in e.g. [31,35], fig. 2A. Looking at the motion of the dumbbell \( a \), we denote by \( \mathbf{R}_a^{(1)} \) and \( \mathbf{R}_b^{(2)} \) the positions of the two disks. We assume that the particle propels along its main axis: \( \hat{p}_a = (\mathbf{R}_a^{(1)} - \mathbf{R}_b^{(2)})/\ell \). The dynamics of the dumbbell is then modeled as follows. The disk \( \mathbf{R}_a^{(1)} \) responds linearly to the field \( \mathbf{h}(\mathbf{R} - r_b, \hat{p}_b) \) exerted by particle \( b \). As thoroughly demonstrated in appendix C, the equation of motion of the dumbbell orientation then reduces to

\[
\frac{d\hat{p}_a}{dt} = (\| - \hat{p}_a \hat{p}_a \cdot [\alpha \mathbf{h}(r_a - r_b, \hat{p}_b) + \beta (\hat{p}_a \cdot \nabla) \mathbf{h}, \quad (7)
\]

where \( \alpha \) and \( \beta \) are two constant scalar quantities. This equation correspond to \( eq. (2) \) with \( F_{a \rightarrow b} \) given by

\[
\mathbf{F}_{a \rightarrow b} = \alpha \mathbf{h}(r_a - r_b, \hat{p}_b) + \beta (\hat{p}_a \cdot \nabla) \mathbf{h} + O(\ell^2 \nabla^2). \quad (8)
\]

We also show in appendix C that \( \alpha \) can either be a positive or a negative quantity depending of the relative mobility coefficients of the two disks. Hence two different behaviors are obtained. If the two disks are not identical (polar dumbbell), \( \alpha \neq 0 \) and the force is \( \mathbf{F}_{a \rightarrow b} = \alpha \mathbf{h}(r_a - r_b, \hat{p}_b) + O(\nabla) \). The dumbbell aligns with, or opposite to \( \mathbf{h}(r_a - r_b, \hat{p}_b) \). Conversely, if the two disks are identical, then \( \alpha = 0 \) and the first term in \( eq. (7) \) vanishes. The force then reduces to \( \mathbf{F}_{a \rightarrow b} = \beta (\hat{p}_a \cdot \nabla) \mathbf{h} \), and the dumbbell aligns natively in a direction set by the field gradient. This minimalist set up already shows that multiple field alignment rules can exist. We now go beyond this specific picture and discuss more generally the polar and nematic cases.

6.2 Polar alignment in an induced field

We first assume polar alignment in the direction of the field, which, regardless of the shape of the particle, translates into

\[
\mathbf{F}_{a \rightarrow b} = \alpha \mathbf{h}(r_a - r_b, \hat{p}_b), \quad (9)
\]

where \( \alpha \) is here a phenomenological coefficient. The force is independent of \( \hat{p}_a \). As a consequence, the coefficients of the expansion in \( eq. (4) \) only depend on \( r_{ab} \) and \( \hat{p}_a \), and the scalar coefficients \( f_1^{\text{div}} \) and \( f_1^{\text{rot}} \) solely depend on the
interparticle distance. In addition, the vector coefficients $f_{k \neq 1}$ are necessarily oriented along $\hat{p}_b$.

$$f_k = f_k(r_{ab})\hat{p}_b.$$  \hspace{1cm} (10)

We illustrate this result with three concrete examples. i) This situation has been considered in the context of interacting polar swimmers in confinement [31,36], and of the motion of biofilm in plant cytoskeleton [37]. For confined swimmers, eq. (4) reduces to the sole dipolar term ($k = 2$) which reflects the potential flow induced by any type of self-propelled object in a rigidly confined liquid film. In a different context, Kumar et al. have demonstrated experimentally and numerically that pointy rods lying on a shaken bed of isotropic grains experience self-propulsion and velocity alignment interactions [18]. The rods interact effectively as they align locally with the polar velocity field induced by the motion of their neighbors on top of the shaken bead layer. ii) This type of coupling is also responsible for the emergence of flocking patterns and of spontaneously flowing phases in the ensembles of colloidal rollers introduced in [14]. The velocity of a roller aligns in the direction of the flow field induced by the surrounding motile colloids. As show in [14] (supplementary materials), within a far-field approximation, the roller-roller interaction combines the first terms of eq. (4), $k = 0, 1$ and 2. We emphasize that the colloidal rollers have a perfectly isotropic shape, however their velocity very quickly relaxes in the direction of their dipolar electric-charge distribution. This polar internal degree of freedom is responsible for the polar-alignment rule in the external field, see fig. 2B. iii) Finally this type of coupling also encompasses the interactions used in agent-based models for collective motion, provided that they involve pairwise-additive interactions. In all these sequels of the seminal Vicsek model [4], see e.g. [7,38,39], the interactions exactly correspond to the first Fourier mode, $f_0 = f_0(r_{ab})\hat{p}_b$. On top of this velocity-alignment rule, short-range repulsion and long-range attraction have also been considered to reproduce the morphology of cohesive flocks akin to the salient features of the two-body dynamics, even if the interactions involve pairwise-additive interactions in the field in principle involves higher symmetries than the polar or nematic modes. For instance, the force can include higher-order terms such as $f_0^{(pp)}$ and the $f_0^{(pp)}$ contributions promote nematic alignment between the two interacting particles $a$ and $b$. We are not aware of any experimental realization where self-propelled particles would experience nematic alignment mediated by an induced field, and corresponding to this lowest-order term. For instance in the seminal pusher/pulser model of Saintillan et al., the zeroth-order term vanishes since active swimmers exert no net force on the surrounding fluid [30]. Although the swimmers align nematical in the far-field flow induced by their motion, these hydrodynamic interactions only correspond to the $k = +3$ mode in eq. (4), thereby yielding complex spatiotemporal fluctuations in swimmer suspensions which cannot support nematic order [42].

6.4 Higher-order symmetries

For particles having more complex shapes, the reorientation in the field in principle involves higher symmetries than the polar or nematic modes. For instance, the force can include higher-order terms such as $F_{a \rightarrow b} = \gamma M(r_a - r_b, \hat{p}_b) : \hat{p}_a \hat{p}_a$, where $M$ is a third-rank tensor built from the field $h$ and its derivatives. Following the same procedure, classifying the interactions associated with these higher-order couplings is straightforward.

7 Discussion

Building only on symmetry arguments, we have introduced a formal classification of all the possible interactions between self-propelled particles. This classification does not only rationalize all the previously introduced models within a unique formal framework, it also brings two unanticipated perspectives on the physics of interacting motile bodies.

Firstly, from a technical perspective, the classification defined by eq. (2) makes it possible to quickly identify the salient features of the two-body dynamics, even if the interactions take a complex form. For instance, it offers a simple mean to check wether the interactions promote velocity alignment (polar or nematic). In practical terms, eqs. (2) and (4) imply that $F_{b \rightarrow a}$ supports a net alignment of the velocities only if its zero mode does not vanish. Equivalently, a simple criteria for two-body alignment is
that the angular integral of the two-body force does not vanish. From eq. (3), it necessarily takes the simple form:

$$\int \mathbf{F}_{b \rightarrow a} \, d\varphi_{ab} = \epsilon \mathbf{p}_b + \epsilon' \mathbf{p}_a,$$

(13)

where the $\mathbf{p}_a$ term does not contribute to the orientational dynamics, see eq. (2). Any non-zero value for $\epsilon$ yields alignment. To distinguish between interactions that promote pole or nematic ordering, one should also look at the dependence on $\mathbf{p}_a$ of $\epsilon$. If $\epsilon$ is unchanged as the particle $a$ changes its orientation ($\mathbf{p}_a \rightarrow -\mathbf{p}_a$), then $\mathbf{F}_{a \rightarrow b} \sim \mathbf{p}_b$ and leads to polar alignment in eq. (2). In contrast, if the sign of $\epsilon$ changes as particle $a$ changes its orientation ($\mathbf{p}_a \rightarrow -\mathbf{p}_a$), then $\mathbf{F}_{a \rightarrow b}$ leads to nematic alignment in eq. (2).

Secondly, going back to the initial motivation of this work, the phase of an ensemble of interacting particles is set by the symmetries of the interactions at the microscopic level. Although this statement is obvious for equilibrium systems, it has been surprisingly overlooked when considering active matter. Until now, all the theoretical models and the (quantitatively characterized) experimental realizations of active matter involving physical interactions have been restricted to the $k = 0, 1, 2$ modes of the classification (4). Equation (4) demonstrates that there exist a number of possible interactions rules between self-propelled particles that have not been considered at all, even though they should yield novel macroscopic phases of active matter. A special attention should be devoted to the $k = -1$ and $k = -2$ modes of eq. (4). All the kinetic theories of active matter confirmed that interactions with a low angular symmetry strongly contribute to the large-scale hydrodynamics of these systems. These types of interactions are therefore expected to significantly contribute to the phase behavior of unanticipated active materials.

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Appendix A. Impact of small fluctuations of the particle speed

In this section, we further extend the range of validity of the equations of motion (1)–(2). Let us consider the more general case where small fluctuations of the particle speed are allowed. Following e.g. [25,5], we model self-propulsion by a non-linear friction force and assume the following equations of motion:

$$\frac{d\mathbf{r}_a}{dt} = \mathbf{v}_a,$$

(1.1)

$$\frac{d\mathbf{v}_a}{dt} = \frac{1}{\tau} (1 - |\mathbf{v}_a|) \mathbf{v}_a + \sum_{b \neq a} \mathbf{F}_{b \rightarrow a} + \xi_a(t).$$

(1.2)

Equation (1.2) describes the propulsion and the response to external forces. The first term on the r.h.s. models self-propulsion. It describes the conversion of internal energy into translational motion, and accounts for dissipative friction forces. As a result, the particle speed relaxes to $|\mathbf{v}| = 1$. In addition, $\sum \mathbf{F}_{b \rightarrow a}$ is the total external force acting on particle $a$. We also include here a possible noise term $\xi_a(t)$ with zero mean and variance $\langle \xi_a(t) \xi_a(t') \rangle = 2D \delta(t - t')$. For the sake of clarity we discard active noise, which would stem from fluctuations in the propulsion mechanism and could be easily included as well, see e.g. [22].

We focus on small fluctuations of the speed, i.e. we assume that $\tau D = O(\epsilon)$ and $\tau \mathbf{F}_{b \rightarrow a} = O(\epsilon)$, where $\epsilon \ll 1$. It is worth noting that eq. (A.2) is the only possible expression for the propulsion force at first order in $\epsilon$. For sake of simplicity we restrain here to particles moving in a 2D space, as the generalization to 3D is straightforward.

In order to obtain stochastic equations for the particle position and orientation, we have to integrate out the speed fluctuations. This is easily done by using polar coordinates. We introduce $\mathbf{v}_a = (1 + u_a) \mathbf{p}_a$, where $u_a = O(\epsilon)$, and we describe the particle orientation by the polar angle $\theta_a : \mathbf{p}_a = (\cos \theta_a, \sin \theta_a)$. Similarly, we write the force as:

$$\sum_b \mathbf{F}_{b \rightarrow a} \equiv \mathbf{F}_a(t) (\cos \phi_a(t), \sin \phi_a(t)).$$

Equations (A.1)–(A.2) are recast into

$$\frac{d\mathbf{r}_a}{dt} = (1 + u_a) \mathbf{p}_a,$$

(3.1)

$$\tau \frac{du_a}{dt} = -u_a + \tau D + \tau \mathbf{F}_a \cos(\theta - \phi_a) + \xi^u_a(t),$$

(3.2)

$$\tau \frac{d\theta_a}{dt} = -\tau \mathbf{F}_a \sin(\theta - \phi_a) + \tau \xi^\theta_a(t) + O(\epsilon^2),$$

(3.3)

where $\xi^u_a$ and $\xi^\theta_a$ are independent white noises with zero mean and variance $\langle \xi^u_a(t) \xi^u_a(t') \rangle = \langle \xi^\theta_a(t) \xi^\theta_a(t') \rangle = 2D \delta(t - t')$. The term $\tau D$ in eq. (3.4) is a spurious drift term that classically results from the Stratonovich discretization scheme used here to define the noise terms, see e.g. [3].

Equations (3.4)–(3.5) involve two well separated time scales. In eq. (3.4), the particle speed relaxes to $|\mathbf{v}| = 1$ in a time $\sim \tau$. The force and noise terms only give rise to subdominant corrections. Conversely, in eq. (3.5) the particle orientation evolves on a much longer time scale $\sim \tau/\epsilon$. Indeed, self-propulsion corresponds to a spontaneous breaking of the rotational symmetry, the orientation is not constrained to relax toward a position set by any potential. Only the external forces and noise dictate the orientational dynamics.

We now want to describe the particle dynamics on time scales much longer than $\tau$. In other words, we want to average the dynamics over the fast variations of the particle speed. Firstly, we integrate eq. (3.4) and combine this result with eq. (3.1), which yields

$$\frac{d\mathbf{r}_a}{dt} = (1 + \tau D) \mathbf{p}_a + \tau \xi_\tau(t) \mathbf{p}_a$$

$$+ \sum_b \int G(t - t') \tau [\mathbf{F}_{b \rightarrow a}(t') \cdot \mathbf{p}_a(t')] \mathbf{p}_a(t) \, dt'$$

(A.6)
and 
\[ \frac{d\theta_{a}}{dt} = -F_{a} \sin(\theta - \phi_{a}) + \xi_{\theta}(t), \] (A.7)  
where \( \xi_{\theta}(t) \) is a colored translational noise, with zero mean and correlations defined by \( \langle \xi_{\theta}(t)\xi_{\theta}(t') \rangle = \langle -|t - t'|/\tau \rangle. \) The kernel \( G \) is given by \( G(t) = \tau^{-1}\exp[-|t|/\tau]\Theta(t) \), where \( \Theta \) is the Heaviside step function. When considering only time variations at scales much larger than \( \tau \), the time correlations of the translational noise vanish, \( \langle \xi_{\theta}(t)\xi_{\theta}(t') \rangle \sim 2D\delta(t - t') \) and we recover a simple Markovian kernel \( G(t - t') \sim \delta(t - t') \). Coming back to vector notations for the particle orientation, the two coarse-grained equations of motion are

\[ \frac{dr_{a}}{dt} = \hat{p}_{a} + \tau \sum_{b} \mathbf{F}_{b-a} \cdot \hat{p}_{a} + \tau \xi_{\theta}(t) \hat{p}_{a}, \] (A.8)  
\[ \frac{d\hat{p}_{a}}{dt} = (1 - \hat{p}_{a} \hat{p}_{a}) \cdot \left[ \sum_{b} \mathbf{F}_{b-a}(t) + \xi_{\theta}(t) \right]. \] (A.9)

We recover eq. (2) for the orientation dynamics. The velocity of the particle, eq. (A.8), is the sum of the self-propulsion \( \hat{p}_{a} \) and additional advection terms due to the interactions and the noise. However, these corrections correspond to small corrections as \( \tau F_{b-a} \) and \( \tau D \) were assumed to be of order \( \epsilon \). The equations of motion that we assumed in the main text therefore correspond to the limit \( \tau \to 0 \) of this more general model. In other words, eqs. (1) and (2) are valid when the relaxation of the speed towards \(|v| = 1 \) is much faster than the modification of the particle’s direction due to interactions and noise.

**Appendix B. Generalization to 3D space**

The 3D generalization of eq. (3) is a spherical harmonics expansion, and contains a much larger number of terms. However, most of them are discarded by the symmetries of the interactions. For potential interactions between isotropic particles, the force is radial. For Galilean-invariant interactions, the force field depends on a unique vector, \( \hat{u} = (\hat{p}_{a} - \hat{p}_{b})/|\hat{p}_{a} - \hat{p}_{b}|. \) Its expression is therefore invariant by rotation around the \( \hat{u} \)-axis. For particles aligning in a field, the force field also depends on a unique vector, \( \hat{u} = \hat{p}_{b} \), if the alignment rule is polar. The case of particles aligning nematically is readily inferred from the polar case by adding a factor \( \hat{p}_{a} \cdot \hat{p}_{b} \) or \( \hat{p}_{a} \cdot \hat{r}_{ab} \) in the expression of the force.

These symmetry requirements greatly simplify the spherical harmonics expansion. In an orthonormal basis \((\hat{x}, \hat{y}, \hat{u})\), we find

\[ \mathbf{F}_{b-a} = f_{0} \hat{u} + \sum_{k \geq 1} \left[ \begin{array}{c} f_{k} \langle \hat{r}_{ab} \rangle \ Y_{\ell,x}(\hat{r}_{ab}) \\ f_{k} \langle \hat{r}_{ab} \rangle \ Y_{\ell,y}(\hat{r}_{ab}) \\ -Y_{\ell,x}(\hat{r}_{ab}) \\ -Y_{\ell,y}(\hat{r}_{ab}) \\ Y_{\ell,0}(\hat{r}_{ab}) \end{array} \right] + \Omega_{k} \langle \hat{r}_{ab} \rangle, \] (B.1)

where \( Y_{\ell,m} \) are the spherical harmonics, \( Y_{\ell,x} = (Y_{\ell,-1} - Y_{\ell,1})/2 \) and \( Y_{\ell,y} = -(Y_{\ell,-1} + Y_{\ell,1})/(2i) \). In vector notations, the above equation takes a much more compact form

\[ \mathbf{F}_{b-a} = f_{0} \hat{u} + f_{1} \hat{r}_{ab} + f_{-1}(2\hat{u}u - \| \hat{r}_{ab} + \Omega_{1} \hat{u} \times \hat{r}_{ab} + f_{2} \hat{u} \cdot (3\hat{r}_{ij}\hat{r}_{ij} - \|) + \ldots. \] (B.2)

The components \( f_{k} > 0 \) correspond to a standard multipolar series, they have the symmetries of monopolar, dipolar, quadrupolar fields etc. The coefficients \( f_{-1} \) and \( \Omega_{k} \) are associated with elongational and rotational fields, respectively.

**Appendix C. Equations of motion for a dumbbell-shaped particle**

We consider particles composed of two rigidly connected disks separated by a fixed distance \( \ell \). Looking at the motion of particle \( a \), we denote by \( \mathbf{R}_{a}^{(1)} \) and \( \mathbf{R}_{a}^{(2)} \) the positions of the two disks. We assume here that the dumbbell propels along its principal axis: \( \hat{p}_{a} = (\mathbf{R}_{a}^{(1)} - \mathbf{R}_{a}^{(2)})/\ell \). The dynamics of the dumbbell is modeled as follows. We assume that the disk \( j \) propels itself in the direction \( \hat{p}_{a} \) and experiences the force field \( \mathbf{h}(\mathbf{R}_{a}^{(j)}) - \mathbf{r}_{b}, \hat{p}_{b} \) exerted by particle \( b \) \((j = 1 \text{ or } 2)\). The corresponding equations of motion are

\[ \frac{d^{2}\mathbf{R}_{a}^{(1)}}{dt^{2}} = \frac{1}{\tau_{1}} \left( \hat{p}_{a} - \mathbf{R}_{a}^{(1)} \right) + \mathbf{h}(\mathbf{R}_{a}^{(1)} - \mathbf{r}_{b}, \hat{p}_{b}) + \mathbf{F}_{a}^{(2)-(1)}, \] (C.1)
\[ \frac{d^{2}\mathbf{R}_{a}^{(2)}}{dt^{2}} = \frac{1}{\tau_{2}} \left( \hat{p}_{a} - \mathbf{R}_{a}^{(2)} \right) + \mathbf{h}(\mathbf{R}_{a}^{(2)} - \mathbf{r}_{b}, \hat{p}_{b}) + \mathbf{F}_{a}^{(1)-(2)}, \] (C.2)

where the first term on the r.h.s accounts for the competition between the propulsion and the drag force experienced by the two disks. The phenomenological drag coefficients \( \tau_{1}^{-1} \) and \( \tau_{2}^{-1} \) depend on the sizes of the disks.

The internal tension forces \( \mathbf{F}_{a}^{(2)-(1)} \) and \( \mathbf{F}_{a}^{(1)-(2)} \) are Lagrange multipliers that preserve the inextensibility constraint \( |\mathbf{R}_{a}^{(1)} - \mathbf{R}_{a}^{(2)}| = \ell \).

The timescales \( \tau_{1} \) and \( \tau_{2} \) control the relaxation of the particle speed towards \( \hat{p}_{a} \). As we did it in appendix A, we assume that they are much faster than the evolution of the force field \( \mathbf{h} \). In this overdamped limit, the dynamics of the dumbbell becomes

\[ \frac{d\mathbf{R}_{a}^{(1)}}{dt} = \hat{p}_{a} + \tau_{1} \mathbf{h}(\mathbf{R}_{a}^{(1)} - \mathbf{r}_{b}, \hat{p}_{b}) + \tau_{1} \mathbf{F}_{a}^{(2)-(1)}, \] (C.3)
\[ \frac{d\mathbf{R}_{a}^{(2)}}{dt} = \hat{p}_{a} + \tau_{2} \mathbf{h}(\mathbf{R}_{a}^{(2)} - \mathbf{r}_{b}, \hat{p}_{b}) + \tau_{2} \mathbf{F}_{a}^{(1)-(2)}. \] (C.4)

In addition, the inextensibility condition imposes \( \frac{d}{dt}(\mathbf{R}_{a}^{(1)} - \mathbf{R}_{a}^{(2)}) \cdot \hat{p}_{a} = 0 \). Introducing the center of dragging
of the dumbbell, \( \mathbf{r}_a = (\tau_1 \mathbf{R}_a^{(1)} + \tau_2 \mathbf{R}_a^{(2)})/(\tau_1 + \tau_2) \), and assuming that the variations of the force field \( \mathbf{h}(\mathbf{r} - \mathbf{r}_b, \mathbf{p}_b) \) occur on large length scales compared to the particle size, the equations of motion are

\[
\frac{d\mathbf{r}_a}{dt} = \mathbf{p}_a + \tau \left[ 2\mathbf{h}(\mathbf{r}_a - \mathbf{r}_b, \mathbf{p}_b) + \mathbf{F}_a^{(1)}(\mathbf{r}_a - \mathbf{r}_b, \mathbf{p}_b) + \mathbf{F}_a^{(2)}(\mathbf{r}_a - \mathbf{r}_b, \mathbf{p}_b) \right],
\]

(C.5)

\[
\frac{d\mathbf{p}_a}{dt} = (I - \mathbf{p}_a \mathbf{p}_a) \cdot [\alpha \mathbf{h}(\mathbf{r}_a - \mathbf{r}_b, \mathbf{p}_b) + \beta (\mathbf{p}_a \cdot \nabla) \mathbf{h}],
\]

(C.6)

where \( \tau \equiv \tau_1 \tau_2/(\tau_1 + \tau_2) \), \( \alpha \equiv (\tau_1 - \tau_2)/\ell \) and \( \beta = -(\tau_1^2 + \tau_2^2)/(\tau_1 + \tau_2) \). Equation (C.5) describes the translational motion of the particle. Note that the advection terms are subdominant in the small-\( \tau \) limit (as we explained it in appendix A). The orientational dynamics of the dumbbell due to interactions with particle \( b \) is described by eq. (C.6). This equation is identical to eq. (2) with the effective force

\[
\mathbf{F}_a \rightarrow b = \alpha \mathbf{h}(\mathbf{r}_a - \mathbf{r}_b, \mathbf{p}_b) + \beta (\mathbf{p}_a \cdot \nabla) \mathbf{h} + \mathcal{O}(\ell^2 \nabla^2).
\]

(C.7)

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