Oral Administration of Nanopeptide CMCS-20H Conspicuously Boosts Immunity and Precautionary Effect Against Bacterial Infection in Fish

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Massive mortalities caused by bacterial infections in intensive aquaculture result in serious economic losses. In this study, a novel antimicrobial peptide gcIFN-20H was efficiently expressed in Pichia pastoris (GS115) and loaded on carboxymethyl chitosan (CMCS) to prepare CMCS-20H nanoparticles. Through physical characterization assays (TEM, DLS, BCA, and Raman) and biological activity tests (antimicrobial activity and cytotoxicity), CMCS-20H nanopeptide was verified to be spherical nanoparticles with sustained release, antimicrobial activity, and negligible toxicity. CMCS-20H nanoparticles are more resistant to intestinal degradation than unloaded gcIFN-20H by indirect immunofluorescence assay. Oral administration was then carried out for 42 days. Complement C3 content, lysozyme, and total superoxide dismutase activities are highest in CMCS-20H group by serum biochemistry index assays. After challenge with Aeromonas hydrophila, the survival rate in CMCS-20H group is highest (46%), which is 64% higher than the control group (28%). Meanwhile, the tissue bacterial loads (intestine, spleen, head kidney, trunk kidney, hepatopancreas, muscle, and blood) in the CMCS-20H group are significantly lower than other groups. By PAS staining analysis, the number of intestinal villi goblet cells and the thickness of mucin in the CMCS-20H group obviously increased. CMCS-20H effectively enhances mRNA expressions of some important immune genes (IL-1β, IL-6, TNF-α, IL-2, IFN-γ2, and IgM). The minimal tissue lesions (Intestine, spleen, and trunk kidney) were seen in the CMCS-20H group by histopathological examination. 16S rRNA sequencing showed that oral CMCS-20H maintains the intestinal microbiome homeostasis in bacterial infection. The results indicate that the novel nanopeptide CMCS-20H as the immunopotentiator can remarkably boost fish immunity and precautionary effect by oral administration and address the theoretical mechanisms and insights into the promising application prospect in aquaculture.

Keywords: CMCS-20H nanoparticles, bacterial disease, immune response, antimicrobial peptide, immunopotentiator
HIGHLIGHTS

1. CMCS-20H nanoparticles have the effects of slow release and prevent enzymatic hydrolysis.
2. Oral CMCS-20H improves the innate immunity against bacterial disease.
3. CMCS-20H shows excellent immune responses and highest survival rate.
4. CMCS-20H remarkably improves survival rate and mucin thickness in bacterial infection.
5. CMCS-20H maintains intestinal microbiome homeostasis in bacterial infection.

1 INTRODUCTION

Bacterial infections cause massive mortalities in intensive aquaculture, leading to serious economic losses (1, 2). The bacterial diseases of aquaculture animals are often prevented and treated by chemotherapeutants. However, this method may result in many problems, such as the production of drug-resistant bacteria, decrease of fish immune functions, and drug residues which could further affect human health (3, 4). Bacterial infections can also be prevented by vaccination (5, 6). However, commercial vaccines only prevent specific pathogens, and numerous vaccines also increase the costs (7, 8). Facing the severe bacterial diseases in aquaculture, it is urgent to develop ideal antimicrobial agents.

Immunopotentiators, based on recent successes in both laboratory and clinic, are considered a viable option for controlling bacterial diseases (9, 10). Some antimicrobial peptides (AMPs) have good immune regulation function, so they can also be used as immunopotentiators. AMPs are short peptides with cationic and amphipathic characteristics, and they widely exist from microorganisms to humans in various life forms (11). The immunomodulatory activity of AMPs mostly depends on its influence on the function of innate immune cells and mediators (12). In addition, AMPs (such as lactoferrin, polypeptide S100, LL-37, cecropin A) have the advantages of broad-spectrum antibacterial activity, small bioconcentration, and less possibility to cause bacterial resistance (13, 14). Therefore, the researches on immune enhancement of AMPs have also become a hotspot in recent years. The efficacy of AMPs is easily weakened once it enters the complex physiological environment. The bioavailability of AMPs is greatly reduced by biological digestion, thus reducing the effect of AMPs (15, 16). It is a feasible method to utilize carboxymethylation carboxymethyl chitosan (CMCS) drug loading system to load AMPs to resist environmental impact. CMCS is a chemical modification version of chitosan (CS). CS and CMCS have been widely explored based on their biodegradability, biocompatibility, and nontoxicity (17). The functional groups on the surface of CMCS can couple with AMPs to form nanoparticles which have the effect of preventing enzymatic hydrolysis (15). The CMCS nanoparticles can slowly release AMPs at specific sites (18, 19). Through the functions of anti-enzymatic hydrolysis and sustained release, CMCS drug loading system will improve the bioavailability of AMPs. The application method of oral AMPs is suitable for elevating immunity of aquatic animals (20, 21). In order to improve the applicability, the production of AMP needs to fulfill the requirements of high yield and low cost. In many expression protein systems, Pichia pastoris expression system is a good choice because of its eukaryotic property, efficient secretion capacity, and high-cell cultivation ability (22, 23). In addition, methanol as inducer could further lower the costs in P. pastoris culture under the precise regulation of AOX1 promoter (24).

Aeromonas hydrophila is generally considered a major pathogen in almost all the animal taxa, causing hemorrhagic septicemia and intestinal inflammation in freshwater fish (25, 26). Due to the intensive culture, the bacterial diseases usually break out in the farmed commercial fish such as grass carp (Ctenopharyngodon idella). The bacterial enteritis induced by A. hydrophila is regarded as one of the most frequently occurring diseases in grass carp culture (27). In order to prevent the diseases caused by A. hydrophila, the intestinal inflammation model is developed in grass carp (26). This inflammation model can be applied to test antimicrobial drugs for potential use in aquaculture.

Our previous study found that grass carp IFN1 is a highly effective AMP (28). The fifth α-helix was identified as a novel AMP (gcIFN-20) with a typical cationic AMP structure and broad spectrum of bactericidal activity (unpublished data). In this study, we expressed gcIFN-20H through yeast expression system and prepared CMCS-20H nanoparticles by CMCS loading. The precautionary efficacy and mechanisms for bacterial diseases by oral CMCS-20H nanoparticles were investigated by grass carp against A. hydrophila infection. The results demonstrated that CMCS-20H exhibits excellent immune enhancement effect, which lays a solid foundation for the application of novel nanoparticle CMCS-20H in aquaculture.

2 MATERIALS AND METHODS

2.1 Preparation of Experimental Basic Materials

Healthy grass carp (weight = 25 ± 5 g) were obtained from a fish farm in Fanzhou, Hubei Province, China. Healthy fish were randomly divided into eight experimental groups (50/group), each tank was filled with 250 L of water, and the water temperature was kept at 25°C ± 1°C. The animals acclimatized for 4 weeks before experiments, and we fed the grass carp with commercial feed twice a day. All procedures of animal experiments were approved by the Ethical Committee on Animal Research at Huazhong Agricultural University. All the efforts were made to minimize animal suffering. CMCS (deacelation degree = 85%, CAS: 83512-85-0) was provided by Santa Cruz (Dallas, TX, USA).

The P. pastoris GS115 was stored at –80°C in our laboratory. GS115 was grown in yeast extract peptone dextrose (YPD) liquid
medium at 28°C, 200 rpm. *C. idella* kidney (CIK) cells were cultured in M199 (Gibco, Waltham, MA, USA) medium, supplemented with 10% FBS (Gibco, USA), 100 U/ml penicillin, and 100 U/ml streptomycin and maintained at 28°C in a humidified atmosphere of 5% CO₂ incubator. *A. hydrophila* (ATCC7966) was stored at −80°C in our laboratory. The single colony was formed by inoculating a Luria–Bertani (LB) agar plate with 80 μl of cryopreserved *A. hydrophila* and incubated at 28°C for 48 h. A bacterial colony was then selected and inoculated into the LB medium and cultured in a shaking incubator at 150 rpm for 24 h at 28°C.

2.2 The Process of Yeast Expression of gcIFN-20H

Yeast expression system was used to express gcIFN-20H according to a previous method (22). According to the codon usage of *P. pastoris*, gcIFN-20H DNA sequence was optimized. The lower-frequency codons were replaced with synonymous codons with a higher frequency in *P. pastoris*, and accompanied by adjusting AT-rich region for suitable G + C content. 6 x His-tag sequence was linked at the end of gcIFN-20 DNA sequence. The optimized gcIFN-20H DNA sequence (GenBank accession number: OK413875) was synthesized by Tsingke Biological Technology (Beijing, China). The optimized sequence was inserted into the pPIC9K (p9K) plasmid to obtain pPIC9K-gcIFN-20H (p9K-20H). p9K vector was the negative control vector.

The p9K-20H were linearized using *Sal I* and transformed into *P. pastoris* GS115 by electroporation (7,000 V/cm, 25 μF). Transformants were selected on minimal dextrose (MD) medium plates (1.34% YNB, 0.00004% biotin, 2% dextrose, 1.5% agar) without histidine. Transformants were selected from the MD plates were then selected in YPD+G418 to a previous method (22). According to the codon usage of *P. pastoris*, gcIFN-20H DNA sequence was optimized. The lower-frequency codons were replaced with synonymous codons with a higher frequency in *P. pastoris*, and accompanied by adjusting AT-rich region for suitable G + C content. 6 x His-tag sequence was linked at the end of gcIFN-20 DNA sequence. The optimized sequence was inserted into the pPIC9K (p9K) plasmid to obtain pPIC9K-gcIFN-20H (p9K-20H). p9K vector was the negative control vector.

The p9K-20H were linearized using *Sal I* and transformed into *P. pastoris* GS115 by electroporation (7,000 V/cm, 25 μF, ×400; Life Technologies CellPorator, Carlsbad, CA, USA). Transformants were selected on minimal dextrose (MD) medium plates (1.34% YNB, 0.00004% biotin, 2% dextrose, 1.5% agar) without histidine. Clones from the MD plates were then selected in YPD+G418 (Invitrogen, Shanghai, China) plates (1% yeast extract, 2% peptone, 2% dextrose, 2% agar, and 0.2–0.8 mg/ml G418). Recombinants bearing different copies of the target gene were inoculated into 10 ml buffered glycerol–complex medium (BMGY; 1% yeast extract, 2% peptone, 1.34% YNB, 0.00004% biotin, 1% glycerol, 100 mM potassium phosphate, pH 6.0) and incubated at 28°C for 2 days. The cells in each culture were collected by centrifugation at 4,000×g for 5 min and individually inoculated into 100 ml buffered minimal methanol YP medium (BMMY; same as BMGY but replacing glycerol with 0.5% methanol). A total of 1% (v/v) methanol was then added every 24 h to induce the expression of the foreign protein. The p9K was also operated according to the previous description (19). In the released medium (PBS, pH = 7.4 and pH = 5.2), *in vitro* release profile of CMCS-20H was detected at 25°C for 20 h. CMCS-20H (1 mg) was placed into EP tubes with 2 ml of release medium in a shaking incubator at 100 rpm. The protein content in the supernatant was measured by BCA assay method within the specified time. The release efficiency (RE) was calculated according to formulas (3):
2.0 s; 1 min/cycle; power 130 W) characterization. The particle size distribution and zeta potential of CMCS-20H were determined by dynamic light scattering (DLS) using a Malvern Nano-ZS 90 laser particle size analyzer (Malvern Instruments, Royston, UK) at a detector angle of 90°, 670 nm, and temperature of 25°C. The morphology of CMCS-20H was observed by transmission electron microscopy (TEM, SPA-400, Japan).

### 2.3.3 Cytotoxicity Test
Cytotoxicity was measured in CIK cells by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. The cells were seeded in a 96-well plate at a density of 10^4 cells/well. CMCS-20H and gcIFN-20H (final concentration at 256 µg/ml) were then added into the corresponding wells. The CIK cells supplemented with fresh media and equal PBS were used as a control. After incubation for 12 and 24 h, the medium was replaced with fresh medium containing 10% MTT solution for 4 h at 28°C. The absorbance at 595 nm was measured by a microplate reader of multiwavelength measurement system. Each measurement was performed in triplicate.

### 2.4.1 Indirect Immunofluorescence Analysis
Grass carp (n = 4) were reared in 10 L plastic aquaria that were filled with dechlorinated tap water (water temperature 25°C) and aerated. According to the LE, grass carp were respectively fed with 0.5 ml solution of CMCS-20H nanoparticles (5 mg/ml) and gcIFN-20H (1 mg/ml) by using a catheter. Grass carp were fed with PBS as control. At 6 and 12 h, intestines were excised to make frozen sections. The sections were then incubated with 5% polyvinyl alcohol (PVA) solution at 4°C for 2.5 h, and then transferred to 100% ethanol. After that, sections were dehydrated and stained with PAS. Images were captured using UltraVIEW VoX 3D Live Cell Imaging System (Olympus, Shinjuku, Japan). Indirect immunofluorescence analysis of intestine was repeated four times. Fluorescence intensity was analyzed by ImageJ software.

#### 2.5 Investigating the Immune Enhancement Effect of CMCS-20H In Vivo

### 2.5.1 Bacterial Challenge and Survival Rate
Grass carp were divided into two kinds of experimental groups. There were 100 fish in each experimental group; 50 of them were used to measure mortality, and the remaining 50 were used for sampling. Based on previous experimental methods (18, 32), the dosage of CMCS-20H was converted into the same dose of free gcIFN-20H according to LE. The feeding situations before challenge were as follows: CMCS-20H (20 mg/kg, CMCS-20H group), gcIFN-20H (4 mg/kg, gcIFN-20H group), CMCS (16 mg/kg, CMCS group), and common fodder (control group).

Each group of fish was fed twice a day for 42 days. Feeding was stopped for 1 day before the challenge and given common fodder after challenge. A. hydrophila was resuspended in PBS buffer (pH = 7.4), and intraperitoneally injected on D43. The mortality was monitored from D1 to D7 postchallenge.

### 2.5.2 Tissue Bacterial Loading Assay
The tissue bacterium-loading experiment was based on the previous experimental method (33, 34). At 72 h after challenge, four fish were taken from each group, and trunk kidney, intestine, hepatopancreas, blood, muscle, spleen, and head kidney were collected and grinded by multisample tissue grinding machine (CEBO-24, Cebo, Aberdeen, UK), respectively. These tissue homogenates were used to detect the bacterial load in tissues. The homogenates were diluted using sterile PBS (pH = 7.4), spread on Rimler-Shotts (RS) medium plates (Haibo, Ningbo, China) for 12–16 h at 28°C. Colonies of A. hydrophila were counted by two independent investigators.

### 2.5.3 Hematoxylin and Eosin Staining
The intestine, spleen, and trunk kidney were taken on D46 and immediately fixed in 10% neutral buffered formalin for 24 h. Tissue samples were embedded in paraffin. Four-micrometer-section samples were mounted on aminopropyl triethoxysilane-coated slides. Following the deparaffinization in xylene, sections were rehydrated, stained with hematoxylin and eosin (HE), and mounted with neutral gum, and then the images were captured. Images were captured using an Eclipse Ti-SR microscope with a DS-U3 Image-Pro system (Nikon, Minato, Japan).

### 2.5.4 Periodic Acid-Schiff Staining
Periodic acid-Schiff (PAS) staining was used to detect goblet cell and mucus layer thickness in intestine. Intestine tissues were collected on D46 and immediately fixed in methanol-Carnoy’s fixative at 4°C for 2.5 h, and then transferred to 100% ethanol. Fixed intestinal tissues were washed with distilled water for 5 min and embedded in paraffin. Sections of 5 µm thickness were deparaffinized and stained with PAS. Images were captured using an Eclipse Ti-SR microscope with a DS-U3 Image-Pro system (Nikon, Japan). Three fields (×20) and three fields (×70) were respectively selected for goblet cell count and mucin thickness measurement. The PAS staining experiments were repeated three times.

### 2.5.5 qRT-PCR Assay of Immune Genes
Total RNAs of head kidney tissue were isolated with RNAiso Plus kit (TaKaRa, Kusatsu, Japan), the purification and concentration were measured by a NanoDrop 2000 spectrophotometer (Thermo Scientific, Waltham, MA, USA), and the quality was evaluated using 1.5% agarose gel.
electrophoresis. mRNAs were reverse-transcribed into cDNAs respectively with MMLV reverse transcriptase, RNase inhibitor (Thermo Fisher Scientific, USA), hexamer random primer. The primers for qRT-PCR analyses are listed in Supplementary Table S1. Sequence source (GenBank): 18S rRNA (EU047719.1), TNF-α (KX094934.1), IL-1β (KX094935.1), IL-6 (MG188797.1), IL-2 (MH883895.1), IFN-γ2 (KX657683.1), and IgM (DQ417927.1). 18S rRNA was used as a reference control gene, and the relative mRNA expression levels were calculated with the CT method (2^ΔΔCT).

2.5.6 Serum Biochemistry Index Assay
Blood samples were collected from the caudal vein and placed for 2 h at 25°C. After centrifugation (4,500 rpm/min, 10 min) at 4°C, the serum samples were collected and stored at −80°C. The serum biochemical indexes of complement 3 (C3), lysozyme, total superoxide dismutase (TSOD), and total protein (TP) were examined by the commercial kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China). Sera of four grass carp were taken from each group for detection.

2.5.7 Microbiome Analysis
We used 16S rRNA gene sequencing method to investigate the intestinal microbiota in total intestinal samples. PCR amplification of the bacterial 16S rRNA gene V3–V4 region was performed using the forward primer 338F (5′-ACTCTCTACGGGAGGCAGCA-3′) and the reverse primer 806R (5′-GGACTACHVGGGTWTCTAAT-3′). Sample-specific 7-bp barcodes were incorporated into the primers for multiplex sequencing. PCR volume consists of 4 μl 5×FastPfu buffer, 2 μl dNTPs (2.5 mM), 1.0 μl each primer (5 μM), 0.2 μl FastPfu polymerase, 5.0 μl BSA, 2 μl template DNA (10 ng), and 4.8 μl ddH2O. Thermal cycling is composed of initial denaturation at 98°C for 5 min, followed by 25 cycles consisting of denaturation at 98°C for 30 s, annealing at 53°C for 30 s, and extension at 72°C for 45s, with a final extension of 5 min at 72°C. PCR amplicons were purified with Vazyme VAHTSTM DNA Clean Beads (Vazyme, Nanjing, China) and quantified using the Quant-iT PicoGreen dsDNA Assay Kit (Invitrogen, Waltham, MA, USA). After the individual quantification step, amplicons were pooled in equal amounts, and pair-end 2 × 250 bp sequencing was performed using the Illumina MiSeq platform with MiSeq Reagent Kit v3 at Shanghai Personal Biotechnology Co., Ltd. (Shanghai, China).

In this study, 20 samples were sequenced by Illumina MiSeq system, and a total of 93,210 high-quality sequences were obtained. On average, each sample has 44,908 reads. All the sequence reads were trimmed and assigned to each sample based on their barcodes. Sequences with high quality (length >250 bp, without the ambiguous base “N,” an average base quality score >30) were used for further analysis. Assignment of operation taxonomic units (OTUs) was completed at 97% identity using the Uclust function in web (https://www.genescloud.cn). The gut microbial community compositions at phylum and genus levels in different samples were analyzed by R software. The α-diversity metrics of intestinal microbiota, including Chao1 index, Goods coverage index, Simpson index, and Observed species index were calculated using web (http://www.genescloud.cn/analysisProcess). For the β-diversity metrics, the principal coordinate analysis (PCoA) and permutational multivariate analysis of variance (PERMANOVA) analysis were performed using OTUs for each sample through the web (https://www.genescloud.cn/analysisProcess). Kruskal-Wallis, Wilcoxon rank sum, and Dunn’s multiple comparison tests were used for hierarchy cluster analyses. Grass carp fed with common fodder and unchallenged with A. hydrophila were used as blank control group (BC).

2.6 Statistical Analysis
The results were expressed as the means ± standard deviation (SD), and all the statistical analysis were done using SPSS 26.0 package. The experimental data were subjected to the Kruskal-Wallis test, followed by Dunn’s multiple comparison (with Bonferroni adjustment) to identify the significance (p < 0.05). Different superscript letters in each group (a, b, and c) denote significant variations. The survival rates were analyzed by Mantel-Cox test; * denotes significant variation.

3 RESULTS
3.1 CMCS-20H Nanoparticles Possess Antibacterial Activity, Sustained Release, and Low Toxicity
By SDS-PAGE analysis, band associated with gcIFN-20H was found in the supernatant (Figure 1A). In addition, the band of purified sample was confirmed as gcIFN-20H by WB using specific antibody (Figure 1B). These results showed that GS115 strain successfully expressed gcIFN-20H. CMCS-20H nanoparticles were prepared according to the iononic gelation methods. CMCS-20H nanoparticles form through the adsorption of negatively charged CMCS and positively charged gcIFN-20H. The unloaded CMCS was spherical with smooth surfaces in PBS solution (Figure 1C), and after gcIFN-20H was loaded onto the surface of CMCS, protein shadow was observed, surrounding the surface of CMCS (Figure 1D). Raman spectroscopy analysis indicated that numerous specific peaks were observed in the CMCS group, and no peak was observed in the gcIFN-20H group. After the surface of CMCS was covered by gcIFN-20H, the intensity of peaks in the CMCS group was decreased (Figure 1E). By drug release analysis, gcIFN-20H was released from CMCS-20H nanoparticles in different buffers (pH = 5.2 and 7.4). Compared with that in neutral environment, CMCS-20H releases gcIFN-20H faster in acidic environment (Figure 1F). Compared with the control group, CMCS-20H and gcIFN-20H exhibit forceful antibacterial activity (Figure 1G). By MTT assay, CMCS-20H and gcIFN-20H do not show sensible cytotoxicity (Figure 1H).
index (PDI) value of CMCS-20H and CMCS was less than 0.25. EE and LE of CMCS-20H were 26.11 ± 1.56% and 21.20 ± 1.62%, respectively (Table 1). These results indicate that CMCS-20H is spherical nanoparticle with features of uniform particle size, sustained release, antimicrobial activity, and low toxicity.

3.2 CMCS-20H Has Excellent Resistance Activity to Hydrolase Degradation

To explore the stability of CMCS-20H in intestine, CMCS-20H and gcIFN-20H were fed into the intestine of grass carp. By indirect immunofluorescence detection, the intestines of

![Figure 1](image-url)
CMCS-20H group and gcIFN-20H group show obvious green fluorescence at 6 h. The green fluorescence in the CMCS-20H group is still be observed at 12 h, but the green fluorescence in the gcIFN-20H group disappeared (Figure 2A). Subsequently, the fluorescence intensity analysis of intestinal frozen sections showed that the fluorescence intensity in the CMCS-20H group was significantly higher than that in the gcIFN-20H group and control group at 6 and 12 h (Figures 2B, C). In addition, there was no significant difference in the fluorescence intensity between the gcIFN-20H group and control group at 12 h (Figure 2C). These results show that CMCS-20H possesses better stability and strongly resists degradation in intestine.

3.3 CMCS-20H Nanoparticles Effectively Establish Serum Immune Barrier Against Bacterial Infection

The immune enhancement function of CMCS-20H was explored through in vivo experiments. The experimental flow
and sampling time points are shown in Figure 3A. In the analyses of serum biochemical indexes before challenge, the activities of lysozyme and TSOD and complement C3 content were significantly higher than those in the gcIFN-20H, CMCS, and control groups on D14, D28, and D42 (Figures 3B–D). There was no significant difference of serum total protein concentration among the four groups (Figure 3E). After challenge, TSOD, lysozyme, and C3 in serum decreased on D44. They then increased and were significantly higher in the CMCS-20H group than those in the other three groups on D46 (Figures 3B–D). The total protein content in serum was significantly higher in the CMCS-20H group than that in the other three groups on D46 and D50 (Figure 3E). These data indicated that a beneficial serum immune barrier was induced by CMCS-20H to fight bacterial infections.

3.4 Oral Administration of CMCS-20H Nanoparticles Can Effectively Prevent Bacterial Infections by Improving Survival Rate and Immune Defense Capability, Alleviating Tissue Bacterial Load, Lesion, and Enteritis

The survival rate in the CMCS-20H group (46%) was significantly higher than that in the gcIFN-20H (32%), CMCS (24%), and control (28%) groups. There was no significant difference in survival rate among the gcIFN-20H, CMCS, and control groups (Figure 4A). The CMCS-20H group dramatically reduced the content of A. hydrophila in grass carp tissues (intestine, spleen, head kidney, trunk kidney, hepatopancreas, muscle, and blood) by approximately 2–4 orders of magnitude (Figures 4B–H). These

![Figure 3](image-url)
results indicated that CMCS-20H can efficiently prevent bacterial infections.  
The intestinal goblet cell number and mucin thickness were analyzed by PAS staining. Overall, the number of goblet cells in the CMCS-20H group increased, compared with blank control group. The number of goblet cells in groups gcIFN-20H, CMCS, and control decreased, compared with blank control group (Figures 5A–E). Compared with the blank control group, the mucins on intestinal villi in the CMCS-20H group increased, while the mucins in groups gcIFN-20H, CMCS, and control decreased (Figures 5A–E). Through the quantitative analysis of the number of goblet cells and mucin thickness, the number of goblet cells and mucin thickness in the CMCS-20H group were significantly higher than those in the other three groups. Compared with blank control group, the number of goblet cells and mucin thickness in the gcIFN-20H, CMCS, and control groups decreased significantly (Figures 5F, G).

**FIGURE 4** The survival rate and tissue bacterial load in grass carp post- *A. hydrophila* infection. (A) Survival rate was monitored and calculated for 7 days. (B–H) The content of *A. hydrophila* in each tissue (intestine, spleen, head kidney, trunk kidney, hepatopancreas, muscle, blood) in infected grass carp in each treatment group (*n* = 50). Samples were taken at 72 h postchallenge. Data are presented as means ± SD (*n* = 4). Different lowercase letters in each group (a and b) denote significant variations suggested by the Kruskal-Wallis statistics followed by the Dunn’s multiple comparison (*p* < 0.05). *p* values were calculated by Log-rank (Mantel-Cox) Test. * denotes significant variation (*p* < 0.05).
mRNA expressions of representative immune genes including IL-1β, IL-6, TNF-α, IL-2, IFN-γ, and IgM were examined by qRT-PCR in head kidney at different time points postfeeding and challenge. mRNA expressions of IL-1β, IL-6, TNF-α, and IL-2 in the CMCS-20H group were rapidly upregulated and significantly higher than those in other three groups on D44 (Figures 6A–D). mRNA expression of IFN-γ2 in the CMCS-20H group was significantly upregulated on D46 (Figure 6E). mRNA expression of IgM increased gradually and was significantly higher than the other three groups on D46 and D50 (Figure 6F).

FIGURE 5 | Mucus barrier investigations in grass carp intestine. (A–E) PAS staining of intestine section. The goblet cells are marked with black arrows. (a–e) Magnification of black box region to show the mucin thickness. The thickness of mucin was measured with a black line segment. (F) The number of goblet cells. Three fields (>20) were selected for goblet cell count. (G) The thickness measurement of mucin. Three fields (>70) were selected for goblet cell count. Samples were taken on D46. Different lowercase letters in each group (a and b) denote significant variations suggested by the Kruskal-Wallis statistics followed by the Dunn’s multiple comparison (p < 0.05).
To assess the extent of tissue lesion, intestine, spleen, and trunk kidney tissues were collected, fixed, and sliced for HE staining on D46. In intestinal sections, the gcIFN-20H, CMCS, and control groups showed obvious symptoms, such as submucosal swelling and lymphocyte aggregation. The CMCS-20H group had no symptom of submucosal swelling and the slight symptom of lymphocyte aggregation (Figure 7A). In spleen and trunk kidney sections, macrophage aggregation center was the most obvious lesion. The melano-macrophage centers in the gcIFN-20H, CMCS, and control groups were more serious than those in the CMCS-20H group (Figures 7B, C). Together, oral CMCS-20H can improve the survival rate in three ways: increasing the thickness of mucin and the number of goblet cells in the intestinal villi, improving mRNA expressions of the innate and adaptive immune genes, and reducing the tissue bacterial load and tissue lesion.

3.5 Oral Administration of CMCS-20H Can Maintain the Intestinal Microbiome Homeostasis in Bacterial Infection

16S rRNA gene sequencing method was used to evaluate the intestinal microorganisms in five groups. Abundance analysis of OTUs from five groups was carried out at levels of phylum and genus (Figures 8A, B). Compared with the gcIFN-20H, CMCS, and PBS groups, the relative abundance of Proteobacteria in the CMCS-20H group was highest and that of Fusobacteria was lowest at the phylum level. At the genus level, the relative richness of Cetabacterium in the CMCS-20H group was significantly lower than that of the gcIFN-20H, CMCS, and PBS groups. The intestinal microbiome richness in the CMCS-20H group was similar to that in the blank control group. The α-diversity (represented by Chao1, Goods coverage, Simpson, and Observed species indexes) of the gut microbiota was calculated in the five groups. According to Chao1
and Observed species indexes, the index richness in CMCS-20H and blank control groups were significantly higher than those in the gcIFN-20H, CMCS, and PBS groups (Figures 8C, F). The goods coverage value in the CMCS-20H and blank control groups were significantly lower than that in the gcIFN-20H, CMCS, and PBS groups (Figure 8D). The Simpson value in the gcIFN-20H group was significantly lower than that in the other four groups (Figure 8E). These results indicate that oral administration of CMCS-20H can effectively prevent the destruction of intestinal flora richness and maintain the stability of intestinal flora. PCoA analysis based on weighted UniFrac distances revealed that the bacterial composition in the CMCS-20H group was clearly segregated from that in the gcIFN-20H, CMCS, and PBS groups (Figure 8G). PERMANOVA was used to test the significant difference of sample distance among groups. After testing, the sample distance between the CMCS-20H group and the other three groups (gcIFN-20H, CMCS, and PBS) was significantly different (Figure 8H). In order to further compare the species composition differences between samples and display the species abundance distribution trend of each sample, we will use heatmap to display the species composition results. In species composition heatmap, we observed that the richness of Flavobacterium,
FIGURE 8 | 16S rRNA amplicon-sequencing analysis of intestinal microorganisms in grass carp. (A, B) Taxonomic composition analysis at phylum and genus levels. Grass carp fed with common fodder and unchallenged with A. hydrophila were used as blank control (BC). Each color bar represents one phylum and genus. The height of bar represents the phylum or genus relative abundance. "Others" includes the sum of different genera which are less than 1% in the sample. (C–F) Chao1, Goods coverage, Simpson, and Observed species were analyzed. (G) Principal coordinates (PCo) analysis. (H) Permutational multivariate analysis of variance (PERMANOVA) analysis. (I) Heatmap of hierarchy cluster results for the relative abundance of all samples at genus level. The sample information is shown along the horizontal axis. Annotations are shown along the vertical axis on the right. The genera clustering tree is shown along the vertical axis on the left. The sample clustering tree is shown above. The color represents the Z-score, which is the standardized relative abundance. Data are presented as means ± SD (n = 4). Different lowercase letters in each group (a and b) denote significant variations suggested by the Kruskal-Wallis statistics followed by the Dunn’s multiple comparison (p < 0.05).
The gcIFN-20H DNA sequence was cloned into pPIC-9K plasmid extensively used in fundamental research and industry (23, 38). Simple operation, high yield, and low cost of production was achieved by methanol induction in medium (39). The results of SDS-PAGE analysis and WB assay showed that the secreted expressions of the target proteins were achieved by methanol induction in P. pastoris. The methylotrophic yeast P. pastoris which has the advantages of simple operation, high yield, and low cost of production was extensively used in fundamental research and industry (23, 38). The gcIFN-20H DNA sequence was cloned into pPIC-9K plasmid between the α-factor secretion signal and the His-tag. Multicopy genes usually have a positive effect on yeast expression (22). In order to make the gene cassette carry a higher copy number of gcIFN-20H gene, a series concentration of G418 (0.2–0.8 mg/ml) was used to select the putative multicopy insertion transformants. In addition, the signal peptide can be naturally removed from the target protein without affecting the normal function of the target protein, and the target protein with His-tag can be easily separated from the culture medium (39). The results of SDS-PAGE analysis and WB assay showed that the secreted expressions of the target proteins were achieved by methanol induction in P. pastoris.

CMCS drug delivery nanotechnology provides a novel method to overcome the disadvantage of using peptide-based agents, especially in controlling the release and avoiding the digestion by enzymes (40, 41). The principle of CMCS binding to AMPs has confirmed that the negatively charged surface of CMCS and positively charged AMPs can attract each other through electrostatic interaction, and then form new nanoparticles by intermolecular forces (19). In this study, we successfully loaded AMP gcIFN-20H onto CMCS nanoparticles and obtained CMCS-20H nanoparticles. CMCS-20H has uniform particle size, good biocompatibility, and not obvious cytotoxicity. Previous studies have shown that free AMPs were readily degraded in tissues by hydrolases, causing the function of AMPs to be affected greatly (15). In the observation of intestinal frozen section, CMCS-20H can exist in the intestine for 12 h, and free gcIFN-20H can only exist for 6 h. This showed that CMCS-20H nanoparticles are more likely to function in vivo than free gcIFN-20H. CMCS-20H nanoparticles also have sustained release property, which can be released continuously for 20 h. Previous studies have shown that continuous release of AMPs can help nanoparticles function in the tissues (19, 42).

At present, CMCS drug delivery system has been widely used in the treatment of human diseases (18, 43), but few studies pay attention to the effect of loading AMPs on preventing fish diseases and improving immune response. In this study, the effect of oral CMCS-20H on serum biochemical indexes reflecting innate immunity was firstly investigated. Complement is a humoral factor of innate immunity and plays important roles in immune surveillance and clearance of invading pathogens. Complement 3 is a central molecule in the complement system whose activation is essential for all the important functions performed by this system (44). As having the same effect of lactoferrin (12), the activation of CMCS-20H to complement system can increase the content of C3 in serum. The main function of lysozyme in the process of disease resistance and immunity is to hydrolyze bacterial cell wall, leading to bacterial rupture and death, inducing and regulating the synthesis and secretion of other immune factors, so as to resist the invasion of foreign microorganisms (44). TSOD is an important antioxidant enzyme, which helps to remove the oxides produced by the body against pathogens (45). Previous studies showed that the resistance of grouper to bacterial and viral pathogens was related to the increase of TSOD and lysozyme activity (46). Compared with other experimental groups, the CMCS-20H group significantly increased the lysozyme activity in serum, indicating that oral administration of CMCS-20H helps grass carp establish a stronger innate immune barrier to resist the invasion of A. hydrophila. The highly active TSOD can help the body remove excessive oxides and help the body restore a stable state. After challenge, fish consume a large amount of C3, lysozyme, and TSOD in serum to eliminate A. hydrophila. Only biochemical indexes in the CMCS-20H group increase rapidly on D50, and the total protein concentration in the CMCS-20H group remains stable in the overall process. This indicates that the CMCS-20H group rapidly produce a beneficial serum innate immune response to fight bacterial infection, so as to keep the internal environment from damage. Noteworthy, innate immune response is not specific, leading to the strong innate immunity established by the oral administration of CMCS-20H to suffice to resist various types of pathogens (such as bacteria, viruses, and parasites). In addition, innate immunity can heighten protection upon reinfection with the same or unrelated pathogens (47).

The survival rate is the best reflection of the drug efficacy. In our previous study, the survival rate of the AMP hepcidin (60 mg/kg) group was 15% higher than that in the control group after injection of Flavobacterium columnatus (48). The survival rate of shrimp fed with AMP S100 (10 g/kg) after infection by Harvey bacilli was significantly higher than the control group (49). These AMPs are considered to be immunopotentiators with protective effects. In our experiment, the survival rate in the CMCS-20H group was significantly higher than that in the other three experimental groups. These results showed that CMCS-20H is an excellent immunopotentiator that can prevent bacterial infection.

Mucin is a highly glycosylated glycoprotein secreted by goblet cells (50). Mucin forms the skeleton of intestinal mucus layer, which is an important barrier against pathogens (51). The mucin in the...
CMCS-20H group help the body resist the invasion of A. hydrophila. This showed that CMCS-20H helps grass carp build a stable innate immune barrier, which is also one of the reasons to improve the survival rate. The CMCS-20H group significantly reduced the tissue bacterial load and the damage of A. hydrophila to visceral tissue. These effects are conducive to the body to produce beneficial adaptive and innate immune response to resist pathogenic infections (45). Therefore, it is necessary to explore the mechanism of oral CMCS-20H on innate and adaptive immunity. IL-1β, IL-6, and TNF-α are usually induced together to regulate immune responses and inflammation, which play an important role in regulating defensive and pathological innate immune responses (48). mRNA expressions of IL-1β, IL-6, and TNF-α in the CMCS-20H group were rapidly upregulated, suggesting that this treatment can better improve the inflammatory response. IL-2 promotes the proliferation and survival of activated T cells and has a strong upregulation effect on the effector cytokines (IFN-γ1, IFN-γ2, TNF-α, and IL-12) secreted by Th1 cells (52, 53). In addition, IL-2 is a cytokine necessary to activate B cells to synthesize immunoglobulin (52, 54). In this experiment, mRNA expressions of IL-2, IFN-γ2, and IgM in the CMCS-20H group were significantly upregulated at different time points, indicating that the cellular and humoral immunity in grass carp have been effectively improved.

Intestinal microorganisms form a symbiotic ecosystem, which helps maintain the steady balance in intestine and is essential to the health of humans and animals (14, 55). It is reported that intestinal inflammation will lead to changes in intestinal microorganisms, thus affecting the normal function of organisms (56). Through the sequencing of 16S rRNA gene by Illumina, we found that the relative abundance of Proteobacteria in the CMCS-20H group was highest and that of Fusobacteria was lowest. Previous research declared that the reduced Proteobacteria and elevated Fusobacteria may be related to the occurrence of intestinal inflammation (57, 58). α-Diversity in the exploration of diversity, Chao1, and observed values showed that the biodiversity in the CMCS-20H group was significantly higher than that in the gcIFN-20H, CMCS, and PBS groups. These results indicated that the intestinal inflammation in the CMCS-20H group is lower than the other challenged groups. In the principal coordinate analysis, we found that the distance between the CMCS-20H group and the other three groups (gcIFN-20H, CMCS, and PBS) was significantly different. The different distance between groups is caused by the difference of bacteria in each genus in the group (50, 55), in which different genera have been listed (Aeromonas, Rhodobacter, and Cetabacterium). We conclude that the intestinal inflammation in grass carp after oral administration of CMCS-20H is mild and the intestinal microbial richness is relatively stable, which is conducive to the normal function in grass carp.

5 CONCLUSION

CMCS-20H nanoparticles designed by us exhibit excellent features of sustained release and low toxicity, which can effectively prevent hydrolysis degradation. Oral CMCS-20H treatment effectively enhances the activity and concentration of innate immune-related enzymes in serum. Oral CMCS-20H nanoparticles effectively reduce the mortality, tissue bacterial load, and tissue damage, significantly improve the innate and adaptive immune responses, and observably increase the thickness of mucin and the number of goblet cells in intestine in infected grass carp. In addition, the treatment of oral CMCS-20H improved the intestinal microbiome composition and microbial community balance. This study indicates that we have created a novel immunopotentiator and provide a method for the development of green AMPs for the prevention of fish diseases in practical large-scale aquaculture.

DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: https://www.ncbi.nlm.nih.gov/genbank/, accession ID: PRJNA775959.

ETHICS STATEMENT

All procedures of animal experiments were reviewed and approved by the Ethical Committee on Animal Research at Huazhong Agricultural University (ID Number: HZAUFI-2021-0004).

AUTHOR CONTRIBUTIONS

JS and XH conceived and designed the experiments and wrote the manuscript. XH, XX, ZW, and CY performed the experiments and analyzed the data. JS, XX, ZW, and CY revised the manuscript critically. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fimmu.2021.811616/full#supplementary-material
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