Neutron-Proton Mass Difference in Nuclear Matter and in Finite Nuclei and the Nolen-Schiffer Anomaly

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Abstract. The neutron-proton mass difference in (isospin asymmetric) nuclear matter and finite nuclei is studied in the framework of a medium-modified Skyrme model. The proposed effective Lagrangian incorporates both the medium influence of the surrounding nuclear environment on the single nucleon properties and an explicit isospin-breaking effect in the mesonic sector. Energy-dependent charged and neutral pion optical potentials in the s- and p-wave channels are included as well. The present approach predicts that the neutron-proton mass difference is mainly dictated by its strong part and that it markedly decreases in neutron matter. Furthermore, the possible interplay between the effective nucleon mass in finite nuclei and the Nolen-Schiffer anomaly is discussed. In particular, we find that a correct description of the properties of mirror nuclei leads to a stringent restriction of possible modifications of the nucleon’s effective mass in nuclei.

1 Introduction

This presentation is about a calculation of the neutron-proton mass difference in finite nuclei and in nuclear matter in the framework of a medium-modified Skyrme model.

The nuclear-density dependence of isospin-breaking effects belongs to one of the fundamental questions in nuclear physics [123]. In particular, the effective neutron-proton mass difference in finite nuclei and nuclear matter $\Delta m_{\text{np}}^*$, although it is of astrophysical relevance, of importance for the description of mirror nuclei, the stability of drip-line nuclei etc., is not very well understood. Rather, there exist very different theoretical predictions of this quantity for isospin-asymmetric nuclear matter [14567891011121314151617] which predict both qualitatively and quantitatively different results.

Most notably, the in-medium neutron-proton mass difference is relevant for the description of mirror nuclei and the Nolen-Schiffer anomaly (NSA) [1819]. Although there are many theoretical approaches devoted to the explanation of the NSA discrepancy [202122232425262728293031] this phenomenon is still not fully understood.

Skyrme-soliton models have the inherent advantage, compared with other hadronic models, that they are based on chiral input (chiral Lagrangians in the meson sector) and that they treat the structure, properties and interactions of the investigated nucleons on an equal footing [323334353637]. Moreover, Skyrme-soliton models allow for an easy incorporation of the nuclear background via local medium-dependent coefficients [383940]. They are therefore well suited to address the problem of the medium-dependence of the effective neutron-proton mass splitting and the Nolen-Schiffer anomaly. In Refs. [4243] we investigated $\Delta m_{\text{np}}^*$ in symmetric and asymmetric nuclear matter, respectively. Here we rather focus on the results of Ref. [44] which addresses the behavior of this quantity in finite nuclei and the Nolen-Schiffer anomaly.

The presentation is organized as follows. In Sect. 2 we review how the Skyrme model should be generalized in order to include explicit isospin breaking and explicit chiral breaking on the same footing. An unconventional breaking mechanism is introduced and the relevant quantization procedure is discussed. Section 3 is dedicated to the introduction of medium-modifications to the isospin-extended Skyrme model. We review the construction of the medium-modified Skyrme model based on the pion dispersion in a nuclear background. Section 4 focuses on the static results of the nucleon when the pertinent skyrmion is placed at the center of spherical symmetric nuclear core. The construction of the electromagnetic part of the in-medium neutron-proton mass splitting is indicated. Values for the effective proton mass, the (total and electromagnetic contribution of the) in-medium neutron-proton mass splitting, the proton and neutron magnetic moments and the scalar and isovector rms-radii are reported. In Sect. 5 we discuss the in-medium neutron-proton mass difference when the nucleon...
is located at a distance $R$ from the center. Corresponding results in infinite nuclear matter can be found in Sect. 6. In Sect. 7 tentative conclusions are given to the behavior of the effective shift $\Delta m_{\pi}$. The Nolen-Schiffer anomaly and the prediction of the medium-modified generalized Skyrme model are discussed in Sect. 8. We end the presentation with final remarks in Sect. 9.

2 Isospin-modified Skyrme model

2.1 Generalized symmetry breaking

The standard Skyrme model \[32,33,34,35,36,37\] consists of the non-linear $\sigma$-model Lagrangian, which is of second order in the derivatives, and a fourth order soliton-stabilizing term:

$$L = \frac{F_{\pi}^2}{16} \mathrm{Tr} \left( \partial_{\mu} U \partial^{\mu} U^\dagger \right) + \frac{1}{32e} \mathrm{Tr} \left[ U^3 \partial_{\mu} U, U^T \partial_{\nu} U \right],$$

(1)

where

$$U(x) = \exp \left( 2i \sum_{a=1}^{3} \tau^a \pi^a(x) / F_{\pi} \right) = 1 + \frac{2 \tau \cdot \pi}{F_{\pi}} + \cdots$$

(2)

is the usual chiral SU(2) matrix formulated in terms of the pion field $\pi^a$. The pion-decay constant $F_{\pi}$ (its physical value would have been 186 MeV) and the stabilizing parameter $e$ are normally – and also here – adjusted in such a way, that, after rigid-rotator quantization in the (baryon number) $B=1$ soliton sector, the empirical isospin-averaged nucleon and delta masses are fitted. Note that the usual Skyrme model preserves isospin symmetry. This holds even if there is a chiral symmetry breaking term

$$L_{\text{SB}} = \frac{F_{\pi}^2 m_{\pi}^2}{16} \mathrm{Tr} \left( U + U^\dagger - 2 \right)$$

(3)

present, which induces the pion-mass term in the ($B=0$) meson-sector of the model, see especially \[33,35,36,37\]. In order to incorporate explicit chiral symmetry breaking and isospin-breaking on equal footing it is the case for the free pion Lagrangian

$$L_{\text{mes}} = \partial_{\mu} \pi^a \partial^{\mu} \pi^a - \frac{1}{2} \left( m_{\pi}^2 \right)^2 + \frac{1}{2} \left( m_{\pi}^2 \right)^2 - m_{\pi}^2 \pi^0 \pi^+ - \frac{1}{2} \left( \partial_{\mu} \pi^0 \partial^{\mu} \pi^0 - m_{\pi}^2 \pi^0 \pi^0 \right),$$

$$\pi^+ = \frac{1}{\sqrt{2}} (\pi_1 + i \pi_2), \quad \pi^0 = \pi_3,$$

the original Skyrme model has to be modified. Following Rathcke \[41\] we therefore add to the ordinary Skyrme Lagrangian \[1\] the following generalized symmetry breaking term

$$L_{\text{SB}} = -\frac{F_{\pi}^2}{16} \mathrm{Tr} \left( U - 1 \right) \frac{\overline{M}^2}{\overline{M}^2} \left( U^T - 1 \right)$$

$$- \mathrm{Tr} \left[ U - 1 \right] \tau_3 \overline{M}_{\overline{M}}^2 \left( U^T - 1 \right) \tau_3 \right] \right),$$

(4)

which explicitly breaks chiral symmetry and isospin symmetry. Here the following definitions have been applied:

$$\overline{M}^2 \equiv \frac{1}{2} (m_{\pi}^2 + m_{\pi}^+), \quad \overline{M}_{\overline{M}}^2 \equiv \frac{1}{2} (m_{\pi}^2 - m_{\pi}^+),$$

(5)

with $m_{\pi}^+ \equiv m_{\pi}^{\text{strong}}$ denoting the strong-interaction part of the mass of the charged pions. Note that the electromagnetic contribution to the latter mass is beyond the framework of the present model and will not be considered here.

2.2 Quantization

Following Refs. \[42,43,44\], we quantized the isospin-modified Skyrme model with the help of one constrained ($\varphi_1(t)$) and three unconstrained time-dependent collective coordinates ($\varphi_1(t), \varphi_2(t), \varphi_3(t)$)

$$U \rightarrow A U A^\dagger \quad \text{with} \quad A \rightarrow A(t) = \exp \left( i \tau \cdot \varphi / 2 \right)$$

(6)

where

$$\varphi_1 = \omega_1, \quad \varphi_2 = \omega_2, \quad \varphi_3 = \omega_3 + \varphi_3^a \equiv \omega_3 + a_c$$

(7)

are the pertinent angular velocities. Under the spherical hedgehog ansatz $U(r) = \exp (i \tau \cdot r \cdot F(r))$, there exist also collective coordinates linked to static rotations of the sigma-meson in coordinate space, where $\Omega_1, \Omega_2, \Omega_3$ are the relevant angular velocities. In terms of both classes of angular velocities the spatially integrated Skyrme Lagrangian \[1\] including the generalized symmetry breaking term \[4\] turns into

$$L \equiv \int d^3 r \left( L_2 + L_4 + L_{\text{SB}} \right) = -M_{NP} - M_{\Lambda_{\text{A}}2}$$

$$+ \frac{1}{2} A \left( \frac{1}{2} \left( \omega_1 - \Omega_1 \right)^2 + \left( \omega_2 - \Omega_2 \right)^2 + \left( \omega_3 - \Omega_3 + a_c \right)^2 \right)$$

$$= -M_{NP} + \frac{1}{2} A \sum_{a=1}^{3} \left( \omega_a - \Omega_a \right)^2 + A \left( \omega_3 - \Omega_3 \right) a_c,$$

(8)

where $M_{NP}$ is the static soliton mass when it is non-perturbed (NP) by isospin-breaking. It is the hedgehog mass in case the above-mentioned hedgehog ansatz is inserted for the time-independent chiral matrix $A_2$ and $A_4$ are the moments of inertia of the non-linear $\sigma$ model Lagrangian $L_2$ and the fourth-order stabilizing term $L_4$, respectively. In the last line of Eq. (8), we employed the constraint

$$M_{\Lambda_{\text{A}}2} = \frac{1}{2} A a_c^2,$$

(9)

whose role is to balance the isospin-breaking terms, such that the hedgehog ansatz of the usual Skyrme model can still be applied. In terms of the canonical conjugate momen-tum operators $\hat{T}_i \equiv \partial L / \partial \omega_i$ and $\hat{J}_3 \equiv \partial L / \partial \Omega_3 = -\hat{T}_3$ corresponding to isospin (and spin), the pertinent Hamiltonian becomes

$$H = M_{NP} + \frac{1}{2} A a_c^2 + \frac{\hat{T}_3}{2 A} - a_c \hat{T}_3,$$

(10)

while the baryon states are $[T, T_3, J = T, J_3 = -T_3]$. When the Hamiltonian is sandwiched by these states, the energy of a nucleon of isospin component $\pm \frac{1}{2}$ is determined as

$$m_{p/n} \equiv E_{p/n} = M_{NP} + \frac{1}{2} A a_c^2 + \frac{\hat{T}_3}{2 A} + a_c \hat{T}_3.$$
The latter equation allows to isolate the strong part of the neutron-proton mass difference as
\[ \Delta m_{\text{np}}^{\text{strong}} = a_c \]
with
\[ a_c = \sqrt{\frac{2 M_F}{A}} \approx (1.291 + 0.686) \text{MeV}. \] (11)
For consistency, the empirical electromagnetic contribution \(-0.686 \text{MeV}\) to the in-vacuum value \(1.291 \text{MeV}\) of the neutron-proton mass difference had to be subtracted.

### 3 Medium-modifications

The explicit isospin-breaking term is only one part contributing to the neutron-proton mass difference in a nucleus or nuclear matter. The other part comes from the isospin asymmetry of the nuclear background. In order to include this asymmetry into the nuclear-background parameters of a medium-modified Skyrme model, used in Refs. \[38,39,40\], we start out by introducing medium-modifications to the free pion Lagrangian (4).

Note that throughout this presentation we will denote Refs. \[38,39,40\] (which is characterized by density dependent coefficients of the second order symmetry-conserving and breaking Lagrangian terms) and extending it to asymmetric nuclear background as in Eq. (12), one arrives at the following isospin- and medium-modified Skyrme Lagrangian \[42,43,44\]:

\[ L^* = L_1 + L_4 + L_{\chi\text{SB}} + \Delta L_{\text{mes}} + \Delta L_{\text{env}}, \]

\[ L_2^* = \frac{F_2^2}{16} \left\{ \left( 1 + \frac{\Lambda}{m} \right) \text{Tr} \left( \hat{b}_0 U \hat{b}_0 U^\dagger \right) - \left( 1 - \lambda \right) \text{Tr} \left( \nabla U \cdot \nabla U^\dagger \right) \right\}, \]

\[ L_4 = \frac{1}{32e^2} \text{Tr} \left[ U^\dagger \partial_0 U U^\dagger \partial_0 U \right], \]

\[ L_{\chi\text{SB}} = \frac{F_2^2 m^2}{16} \left( 1 + \frac{m^2}{2} \chi \right)^0 \text{Tr} \left[ (U - 1)(U^\dagger - 1) \right], \]

\[ \Delta L_{\text{mes}} = \frac{F_2^2}{16} \sum_{i=1}^2 \left( \frac{m_i^2 - m_0^2}{2} \right) \text{Tr} (\tau_i U) \text{Tr} (\tau_i U^\dagger), \]

\[ \Delta L_{\text{env}} = \frac{F_2^2}{16} \sum_{a,b=1}^2 \epsilon_{ab3} \frac{A_{X_a} + A_{X_F}}{2m^2} \text{Tr} (\tau_a U) \text{Tr} (\tau_b U^\dagger). \]

Here \(L_{\text{mes}}\) is the explicitly isospin-breaking Lagrangian, while \(\Delta L_{\text{env}}\) summarizes the environment-induced isospin-breaking contribution. The second-order Lagrangians \(L_2^*\) and \(L_{\chi\text{SB}}\) are isospin-symmetric, but explicitly medium-dependent, whereas \(L_4\) is neither isospin-breaking nor medium-dependent. We preserve the original term for stabilizing skyrmions and do not modify it by, e.g. higher-order derivative terms or vector-meson contributions, since it is on the one hand generic for our purposes and on the other hand still simple to handle.

The medium functionals appearing in \(L_2^*\) and \(L_{\chi\text{SB}}\) are constructed by the rule \(\hat{b}(i\partial_0)\) from the input of

\[ p\text{-wave self-energies read in the local density approximation} \]

\[ \hat{\Pi}^p_{\omega} = \sqrt{\frac{4\pi c^p_{\omega}(\omega, r)}{1 + 4\pi g' c^p_{\omega}(\omega, r)}} \cdot \nabla - \frac{4\pi \omega}{2m_N} \left( \nabla^2 c^p_{\omega}(\omega, r) \right) \] (18)

in terms of the isoscalar and isovector pion-nucleon scattering volumes \(c_0 = 0.21m_\pi^2\) and \(c_1 = 0.165m_\pi^2\), respectively; see Refs. \[43,44\] for more details on the parameters and references.

### 3.2 Medium-modified generalized Skyrme model

Marrying the generalized isospin-modified Skyrme model of Rathske \[41\] with the in-medium modified Skyrme model of Refs. \[38,39,40\] (which is characterized by density dependent coefficients of the second order symmetry-conserving and breaking Lagrangian terms) and extending it to asymmetric nuclear background as in Eq. (12), one arrives at the following isospin- and medium-modified Skyrme Lagrangian \[42,43,44\]:

\[ L^* = L_2^* + L_4 + L_{\chi_{SB}} + \Delta L_{\text{mes}} + \Delta L_{\text{env}}, \]

\[ L_2^* = \frac{F_2^2}{16} \left\{ \left( 1 + \frac{\Lambda}{m} \right) \text{Tr} \left( \hat{b}_0 U \hat{b}_0 U^\dagger \right) - \left( 1 - \lambda \right) \text{Tr} \left( \nabla U \cdot \nabla U^\dagger \right) \right\}, \]

\[ L_4 = \frac{1}{32e^2} \text{Tr} \left[ U^\dagger \partial_0 U U^\dagger \partial_0 U \right], \]

\[ L_{\chi_{SB}} = \frac{F_2^2 m^2}{16} \left( 1 + \frac{m^2}{2} \chi \right)^0 \text{Tr} \left[ (U - 1)(U^\dagger - 1) \right], \]

\[ \Delta L_{\text{mes}} = \frac{F_2^2}{16} \sum_{i=1}^2 \left( \frac{m_i^2 - m_0^2}{2} \right) \text{Tr} (\tau_i U) \text{Tr} (\tau_i U^\dagger), \]

\[ \Delta L_{\text{env}} = \frac{F_2^2}{16} \sum_{a,b=1}^2 \epsilon_{ab3} \frac{A_{X_a} + A_{X_F}}{2m^2} \text{Tr} (\tau_a U) \text{Tr} (\tau_b U^\dagger). \]
Sect. [33] and take the form:

$$\chi_s^{00} = \left( b_0 + \frac{3k_F}{8\pi^2(1 + m_\rho/m_N)} \tilde b_0^2 \right) \rho, \quad (21)$$

$$\chi_s^{02} = \left( b_0 + \frac{3k_F}{4\pi^2(1 + m_\rho/m_N)} (\tilde b_0^2 - \tilde b_1^2) \right) \rho, \quad (22)$$

$$\chi_p^0 = \frac{2\pi c^+}{1 + 4\pi g' c^+} + \frac{2\pi c^-}{1 + 4\pi g' c^-} \quad (23)$$

with

$$c^\pm = \frac{e_0 \rho \mp e_1 \delta \rho}{1 + m_\rho/m_N} \quad (24)$$

$$\Delta \chi_s = \tilde b_1 \delta \rho, \quad \Delta \chi_p = -\frac{2\pi m_\rho}{m_\rho + m_N} c_1 \left( \nabla^2 \delta \rho \right). \quad (25)$$

Note the explicit occurrence of gradient density terms in the last expression which especially operate at the surface of finite nuclei and vanish in homogenous nuclear matter; compare Ref. [44] with [43].

### 3.3 Quantization of the in-medium Skyrme model

By essentially copying the steps of Sect. 2.2 one can find the following expression for the spatially integrated medium-dependent Lagrangian (20), see Refs. [43][44] for more details:

$$\int d^3 r \mathcal{L} = -M_{NP}^* - M_{\gamma}^* A_{mes} + \frac{\omega_1^2 + \omega_2^2}{2} \Lambda_{\text{env,12}}^*$$

$$- (\omega_1 \Omega_1 + \omega_2 \Omega_2) \Lambda_{\text{diff,12}}^* + \frac{\Omega_1^2 + \Omega_2^2}{2} \Lambda_{\text{diff,12}}^*$$

$$+ \left( \omega_3 + \alpha^* \right)^2 \Lambda_{\text{diff,33}}^* + \left( \omega_3 - \Omega_3 + \alpha^* \right) \Lambda_{\text{env}}^*.$$

Here $\omega_i$ and $\Omega_i$ are the angular velocities in isotropic and coordinate space, respectively, while $\Lambda_{\text{env,12}}^*$, $\Lambda_{\text{diff,12}}^*$ and $\Lambda_{\text{diff,33}}^*$ are the pertinent medium-dependent moments-of-inertia. Finally, $\Lambda_{\text{env}}^*$ is the medium-dependent coefficient of the angular velocity sum ($\omega_3 - \Omega_3 + \alpha^*$) generated by the environment-induced isospin breaking term $\Delta \mathcal{L}_{\text{env}}$.

Constructing the pertinent Hamiltonian by standard means and sandwiching it between the usual isospin-spin states, one can determined the energy of a nucleon (or delta) state classified by the total isospin $T$ and third component $T_3$ as

$$E = M_{NP}^* + M_{\gamma}^* A_{mes} + \frac{\Lambda_{\text{env}}^*}{2 \Lambda_{\text{diff,33}}}$$

$$+ \frac{\Lambda_{\text{diff,12}}^* + \Lambda_{\text{diff,33}}^*}{2 \Lambda_{\text{env,12}}^* \Lambda_{\text{diff,12}}^* - 2 \Lambda_{\text{diff,12}}^*} \left( T(T + 1) - T_3^2 \right)$$

$$+ \frac{T_3^2}{2 \Lambda_{\text{diff,33}}} - \left( \alpha^* + \Lambda_{\text{env}}^*/2 \Lambda_{\text{diff,33}} \right) T_3. \quad (26)$$

Consequently, the strong part of the neutron-proton mass difference in the interior of a nucleus can be isolated from the last term of Eq. (26) and takes the form

$$\Delta m_{np}^{\text{(strong)}} = \alpha^* + \frac{\Lambda_{\text{env}}^*}{\Lambda_{\text{diff,33}}} \quad (27)$$

with $\alpha^* = \sqrt{2M_{NP}^* A_{mes}/\Lambda_{\text{diff,33}}}.$

### 4 Skyrmion at the center of a nucleus

The knowledge of Eqs. (26) and (27) allows to construct the total mass of a proton (neutron) and the strong contribution to neutron-proton mass difference when the nucleon is located at the core of a nucleus. In order to determined the total in-medium neutron-proton mass splitting, the electric (E) and magnetic (M) form factors of the nucleons must be utilized in addition:

$$G_E^*(q^2) = \frac{4\pi}{\sqrt{2}} \int_0^\infty dq \left( G_{E}^S(q^2) G_{E}^V(q^2) - \frac{q^2}{2m_N^*} G_{M}^S(q^2) G_{M}^V(q^2) \right) \quad (28)$$

of Ref. [45], where $\alpha$ is the electric fine structure constant.

Explicit expressions of the pertinent scalar and isovector charge densities ($\rho_{E,S}^V$) and magnetic densities ($\rho_{M,V}^V$) can be found in Ref. [44]. The rms radii ($r_{E,S}^{1/2}$ and $r_{E,V}^{1/2}$) are calculated from the charge densities in the standard way, whereas the in-medium magnetic moments of the proton and neutron follow from calculating the sum and difference of the integrated scalar and isovector magnetic densities, respectively. Explicit expressions for the in-medium skyrmion mass $M_{\gamma}^*$ and the moments-of-inertia appearing in Eqs. (26) and (27) can be found in Refs. [44] as well.

In summary, the (in-medium) mass of the proton, the total and electromagnetic contribution of the (in-medium) neutron-proton mass splitting, the (in-medium) magnetic moments of the proton and neutron and the isoscalar and isovector (in-medium) rms radii are listed in Table 1 for the following situation: either a skyrmion in free space or located at the center of a finite nucleus core ($e.g.$ $^{14}$N, $^{16}$O, $^{38}$Ni, $^{40}$Ca) is quantized as a proton (or neutron). In the case that it is quantized as a proton, the resulting total nuclei will be $^{15}$O, $^{17}$F, $^{38}$Ca, $^{41}$Sc, respectively; in the case of a neutron, the resulting nuclei are $^{15}$N, $^{17}$O, $^{39}$N, $^{41}$Ca instead.

In accordance with previous calculations for infinite nuclear matter in the isospin-symmetric case [42], the second and third columns of Table 1 show that the total and
electromagnetic part, respectively, of the neutron-proton mass difference are slightly increased in finite nuclei relative to the vacuum case. Furthermore, the present model predicts (see the first column of Table 1) that the effective nucleon mass is strongly reduced at the center of the nucleus. We will return to this point later on when we discuss the Nolen-Schiffer anomaly in Sect. 8.

Finally, the increase in the tabulated in-medium values of the magnetic moments and rms charge radii is compatible with the hypothesis of the nucleon-swelling in a nuclear background which was already confirmed by the isospin-symmetric calculations of Refs. [38,39,40] for the medium-modified Skyrme model; see also the static in-medium results of Refs. [42,43].

### 5 Skyrmion off-centered in a nucleus

Whereas the results of the last section hold for the case that the skyrmion is at the center of a symmetrical core of a nucleus, the results of this section apply for the more general situation that the skyrmion is located at a distance $R$ from the center of a finite nucleus, as specified in Fig. 1. Note that in this case the spherical symmetric hedgehog ansatz cannot be used anymore, since the background – as viewed from the center of the skyrmion – is not spherically symmetric. Thus there exists further deformations in the isotopic and in the coordinate space [38,39]. In this case a variational ansatz can still be used which allows for more freedom in the radial and especially in the angular coordinates than the hedgehog form would do, but is still compatible with the quantization procedure. See Ref. [44] for more details on this variational parameterization. In this reference, it was also checked that the results of the variational computation merge with the ones of the hedgehog computation when the skyrmion is moved back to the center of the nucleus.

#### 5.1 Effective proton mass $m_p^*$ inside a nucleus

First, we will show in Fig. 2 the results of Ref. [44] for the effective proton mass $m_p^*$ as function of the distances between the geometrical center of the pertinent skyrmion and the center of the core-nucleus, i.e. $^{14}$N, $^{16}$O, $^{38}$K, and $^{40}$Ca. When the skyrmion is quantized as a proton, the resulting nuclei are $^{15}$O, $^{17}$F, $^{39}$Ca, and $^{41}$Sc, respectively. Note that the in-medium mass of the proton $m_p^*$ starts with the value listed in Table 1 when its is near the center of the nucleus – in agreement with the statements at the end of the last section. With increasing distance from the center of the nucleus the value of the effective mass monotonically increases, until it smoothly approaches the free space value $m_p$ at the border of the nucleus.

We will come back to the effective nucleon mass when we discuss the Nolen-Schiffer anomaly in Sect. 8. In the following we will concentrate on the effective in-medium neutron-proton mass difference.
Fig. 2. The dependence of the effective mass of the proton $m_p^*$ on the distance $R$ between the center of the skyrmion and the center of the nucleus. The solid curve represents the case that a skyrmion – quantized as a proton – is added to a $^{14}\text{N}$ nucleus, giving $^{15}\text{O}$ in total. The dot-dashed curve refers to the case of a $^{16}\text{O}$ nucleus $\rightarrow ^{17}\text{F}$ in total. The dashed curve stands for the case of $^{38}\text{K} \rightarrow ^{39}\text{Ca}$ and the dotted curve represents the case of $^{40}\text{Ca} \rightarrow ^{41}\text{Sc}$. The horizontal line marks the free space value of the proton mass. Figure from Ref. [44].

5.2 Effective neutron-proton mass difference

In Fig. 3, the behavior of the strong part of the in-medium neutron-proton mass difference can be found for the same notations and input as in Fig. 2.

Fig. 3. The dependence of $\Delta m_{np}^{\text{(strong)}}$ on the distance $R$ between the center of the skyrmion and the center of the nucleus. The notations and input are the same as in Fig. 2 with the exception that the horizontal line marks the free space value $\Delta m_{np}^{\text{(strong)}} = 2.0 \text{ MeV}$. Figure from Ref. [44].

Note that the strong part of the in-medium mass difference has a non-monotonic behavior. This follows from the fact that the density is a local quantity and that additional isospin-breaking contributions arise due to the density gradients resulting from the $p$-wave pion-nucleus scattering, see Eq. (25). Especially, it can be observed that in the surface region of each nucleus, where the density gradients are large and the local isospin asymmetry in the nuclear background is high, the value of $\Delta m_{np}^{\text{(strong)}}$ is at an extremum.

In Fig. 4, the electromagnetic part of the in-medium neutron-proton mass difference is shown for the same nuclei as before. It can be seen that the variations in the electromagnetic part of the effective neutron-proton mass differences are small as compared with their strong counterparts. Furthermore, $\Delta m_{np}^{\text{(EM)}}$ nearly monotonically decreases with increasing distance from the center. Note that the values at $R = 0$ agree of course with the values listed in Table

Fig. 4. The dependence of $\Delta m_{np}^{\text{(EM)}}$ on the distance $R$ between the center of the skyrmion and the center of the nucleus. The notations and input are the same as in Fig. 2 with the exception that the horizontal line marks the free space value $\Delta m_{np}^{\text{(EM)}} = -0.69 \text{ MeV}$. Figure from Ref. [44].

Finally, for completeness, in Fig. 5 the dependence of the total effective neutron-proton mass difference $\Delta m_{np}^*$ on the distance $R$ is shown for the same nuclei as specified above. Again, the values at $R = 0$ agree with the values listed in Table

Fig. 5. The dependence of the total in-medium neutron-proton mass difference $\Delta m_{np}^*$ on the distance $R$ between the center of the skyrmion and the center of the nucleus. The notations and input are the same as in Fig. 2 with the exception that the horizontal line marks the free space value $\Delta m_{np} = 1.3 \text{ MeV}$. Figure from Ref. [44].
6 Neutron-proton mass difference in nuclear matter

The densities of the finite nuclei discussed here and in Ref. [44] correspond closely to the isosymmetric nuclear matter case studied in Refs. [42-43], where a moderate increase of the effective neutron-proton difference, compatible with Fig. 3 or Fig. 5, can be observed. In neutron matter, however, as Ref. [43] shows, there is a pronounced decrease of the in-medium neutron-proton mass difference with increasing density.

Therefore, instead of discussing the density-variations of all the static quantities in an infinite nuclear matter background as in Ref. [43], we report here only about the effective neutron-proton mass differences in nuclear matter studied in Ref. [43].

In Fig. 6 the strong part of the in-medium neutron-proton mass splitting in nuclear matter, $\Delta m_{np}^{*(\text{strong})}$, is shown for isospin-symmetric nuclear matter (solid curve), neutron-rich matter (dashed curve), pure neutron matter (dotted curve), and proton-rich matter (dot-dashed curve). Especially, when the isospin symmetry of nuclear matter is broken, $\Delta m_{np}^{*(\text{strong})}$ strongly varies (see the dashed and dot-dashed curves in Fig. 6). In pure neutron matter the change becomes very drastic (see the dotted curve in Fig. 6), and $\Delta m_{np}^{*(\text{strong})}$ decreases very rapidly with increasing density.

In contrast to the strong part, the electromagnetic part of the neutron-proton mass difference in nuclear matter varies only by a very small amount when the isospin-asymmetry parameter $\delta \rho / \rho$ is increased (see Fig. 7).

Again, for completeness, the total neutron-proton mass difference in nuclear matter is presented in Fig. 8. The difference to the purely strong case, shown in Fig. 6, is hardly visible.

7 Tentative Conclusions

In summary, we have studied the effective neutron-proton mass difference $\Delta m_{np}^*$ in finite nuclei in the framework of an isospin- and medium-modified Skyrme model.

The in-medium mass of the proton starts near the center of the nucleus with a strongly reduced value and increases monotonically with increasing distance from the center. The strong part of the effective neutron-proton mass difference has a non-monotonic behavior because of the additional isospin-breaking contributions due to the gradients arising from the $p$-wave pion-nucleus scattering. There is an extremum of $\Delta m_{np}^{*\text{strong}}$ at the surface of the nucleus because there the gradients are large and the isospin asymmetry in the nuclear background is high. The electromagnetic part of the effective neutron-proton mass difference is negative and increases monotonically in magnitude with increasing distance from the center. In magnitude its value is small as compared with its strong counter part. The other static quantities (in-medium magnetic moments, rms charge radii etc.) behave according to the nucleon-swelling hypothesis for a nucleon embedded in the medium.

While in isosymmetric backgrounds the effective neutron-proton mass difference moderately increases, in asym-
metric nuclear matter the strong part of this quantity can vary markedly (upwards in proton-rich matter and downwards in neutron-rich matter), whereas the electromagnetic contribution is always small and subleading. Especially in neutron matter, there is a strong decrease of the (strong and also the total) neutron-proton mass difference with increasing density.

8 Nolen-Schiffer anomaly

A long standing problem in nuclear physics is the Nolen-Schiffer anomaly observed in mirror nuclei [18,19]. Here we will show how the Nolen-Schiffer anomaly can be treated in the framework of an isospin- and medium modified generalized Skyrme model.

The mass difference between mirror nuclei

\[ \Delta M \equiv A_{Z+1}M_N - A_{Z}M_{N+1} \]  

which differ by one unit in their charges, \( \Delta Z = 1 \), can very precisely be measured and is usually split into two terms

\[ \Delta M = \Delta E_{EM} - \Delta m_{np} - (\Delta m_{np}^* - \Delta m_{np}). \]  

The first contribution is the Coulomb energy difference \( \Delta E_{EM} \) computed relatively to the free neutron-proton mass difference, whereas the second is the in-medium neutron-proton mass difference subtracted from the free one and therefore the net in-medium change of this quantity. The Coulomb energy difference includes various corrections, e.g., by exchange terms, the center-of-mass motion, finite size effects of the proton and neutron distributions, magnetic interactions, vacuum effects, short-range two-body correlations etc. It can be calculated with great accuracy (within 1 % error) [19]. If \( \Delta m_{np}^* \) is assumed to be constant and equal to the vacuum value, then Eq. (30) cannot be satisfied. This phenomenon is called the Nolen-Schiffer anomaly (NSA). Quantitatively, the NSA ranges throughout the periodic table – from a few hundred keV for the lightest nuclei up to several MeV for the heaviest ones. A possible resolution is the assumption that the effective neutron-proton mass difference would decrease with increasing mass number \( A \), such that

\[ \Delta_{NSA} = \Delta m_{np} - \Delta m_{np}^*. \]  

Within the present approach \( \Delta m_{np} \) has a local \( R \) dependence according to the location of the nucleons inside the nuclei as shown in Fig. 5. In order to compare these results with the experimental data one therefore has to average the value of \( \Delta m_{np}^* \) with respect to the separation \( R \). Since the nucleons inducing the Nolen-Schiffer anomaly are valence nucleons, these must be located in the peripheral region of each of the mirror nuclei, if the latter differ by one particle or hole from a (magic) closed-shell nucleus. The averaged effective masses and splittings can therefore be expressed as follows:

\[ \bar{m}_n \equiv \int m_n^*(R) |\psi_n(R)|^2 \ d^3R, \]

\[ \Delta \bar{m}_{np} \equiv \bar{m}_n - \bar{m}_p, \]

where \( |\psi_n(R)|^2 \) and \( |\psi_p(R)|^2 \) are the density distributions of the in-medium neutron and proton, respectively. In terms of the difference of the density distributions

\[ \Delta \psi^2_{np}(R) \equiv |\psi_n(R)|^2 - |\psi_p(R)|^2. \]

Eq. (32) can be rewritten as

\[ \Delta \bar{m}_{np} \approx \int (\Delta \psi^2_{np}(R) m_n^*(R) + \Delta m_{np}^*(R) |\psi_p(R)|^2) \ d^3R \]

\[ \equiv \Delta \bar{m}_{np}^{(1)} + \Delta \bar{m}_{np}^{(2)}. \]

where the subleading contribution of the cross term

\[ \int \Delta \psi_{np} \Delta m_{np}^* \ d^3R \]

is neglected. Thus here the Nolen-Schiffer anomaly simply reads

\[ \Delta_{NSA} = \Delta m_{np} - (\Delta m_{np}^{(1)} + \Delta m_{np}^{(2)}). \]

It is listed in Table 2 left panel (labeled ‘\( \alpha=0 \)’), third column (labeled ‘present approach’) for chosen pairs of mirror nuclei, such that the overall mass number \( A \) increases.

Whereas qualitatively the calculated NSA values have the correct \( A \) behavior, quantitatively the results are more than one order of magnitude too big (compare with the empirical values listed in the last column of Table 2). This can be traced back to the pronounced negative shift of \( \Delta \bar{m}_{np}^{(1)} \) (see the first entry of the third column of Table 2). This shift is mainly there for three reasons:

(i) the rather large renormalization of the effective nucleon mass,

(ii) the pronounced \( R \) dependence of \( m_n^* \) inside the nucleus (see Fig. 2), and

(iii) the relative swelling of the proton distributions due to the Coulomb factor, i.e., \( \Delta \psi_{np}^2 \neq 0 \).

For example, the averaged in-medium mass of the valence proton in \( ^{179}O \) is reduced to \( \bar{m}_p = 812.35 \) MeV. This drop of about 125 MeV is very large in comparison with the empirical value of the binding energy per nucleon in nuclear matter. For heavier nuclei, where the density in the interior approximates the normal nuclear matter density, the drop of the averaged effective mass is even larger, e.g., \( m_p - \bar{m}_p \sim (150 - 200) \) MeV in the \( ^{40}Ca \) region (see the second column of Table 2) down to \( \sim 300 \) MeV in the \( ^{208}Pb \) region.

If solely the contribution \( \Delta \bar{m}_{np}^{(2)} \) (due to the explicit \( R \) dependence of the neutron-proton mass difference) were considered, then the NSA in the present approach would even have a negative sign: \( \Delta m_{np} - \Delta \bar{m}_{np}^{(2)} < 0 \).

Instead of driving the input parameters of Sect. 5.1 to unphysical values in order to match the NSA discrepancy, we suggested in Ref. [44] to invert the problem and to
estimate the effective nucleon mass inside finite nuclei according to the results in the isospin-breaking sector. To perform this task an artificially added renormalization parameter \( \alpha_{\text{ren}} \) in the expression

\[
m^*_{\text{n.p}}(R, \alpha_{\text{ren}}) = m^*_{\text{n.p}}(R) + \left( m_{\text{n.p}} - m^*_{\text{n.p}}(R) \right) \alpha_{\text{ren}}
\]

of the effective nucleon mass is fine-tuned in such a way, that the Nolen-Schiffer anomaly is satisfied. The results are presented in Table 2, fourth column labeled ‘\( \alpha_{\text{ren}} = 0.95 \)’. It can be seen that a successful description of the correct order of the NSA implies a rather small drop of the mass of the valence nucleons: \( m^*_{\text{n.p}} - m_{\text{n.p}}(\alpha_{\text{ren}} = 0.95) \sim 10 \text{ MeV} \) which is close to the empirical binding energy per nucleon in nuclear matter. In this case, the contribution to the Nolen-Schiffer anomaly from the term \( \Delta m^\text{ren} \) can be neglected: \( \Delta m^\text{ren} \sim \Delta E_{\text{EM}}^\text{NSA} \), though.

The calculated Coulomb energy differences \( \Delta E_{\text{EM}}^\text{NSA} \) for mirror nuclei of Ref. [19] incorporate a contribution due to the different wave functions of valence nucleons that is known as Thomas-Ehrman effect [46,47]. Note, however, that in Ref. [19] a constant, \( R \)-independent value of the nucleon mass – namely the free mass in vacuum – was used, whereas here the effect is based on the \( R \)-dependence of the effective nucleon mass.

In summary, the possibility exists that the anomaly of the mirror nuclei can be saturated by invoking a dynamical (local) mass of the nucleon that needs to be only slightly reduced in comparison to its free counterpart. In this context, it should be pointed out that the anomaly could also be removed by the introduction of an additional term into the Coulomb part of the energy density of nuclear systems in the local-density-functional approach [48,49,50,51]. In fact, this term is chosen such that it is proportional to the isoscalar rather than to the isovector density. Furthermore, it should be stressed that the isoscalar contribution is surface dominated. It is even argued in Refs. [52,53] that the effective-to-free-nucleon-mass ratio \( m^*_{\text{n}}/m_{\text{N}} \) is unity to within a few percent. Apparently, different model calculations can lead to similar conclusions about the origin of the Nolen-Schiffer anomaly.

Returning to the in-medium modified Skyrme model, we would like to point out that the results might still be improved if the calculations can be made more self-consistent, e.g., by the incorporation of feedback mechanisms between the modified skyrmeon and the local nuclear background. In addition, the inclusion of further degrees of freedom might be a useful possibility as their introduction can anyhow be motivated by more detailed considerations about the nucleon structure and the nucleon-nucleon interaction. Also the non-local character of the effective nucleon mass may be of importance.

### Table 2.
The averaged mass \( \overline{m}_p \) of the valence proton in a given nucleus, the contributions to the effective neutron-proton mass difference (see Eq. (33)) and the Nolen-Schiffer discrepancy \( \Delta_{\text{NSA}} \) calculated in the present approach by Eq. (34) or Eq. (35) and the corresponding “empirical” results of Ref. [19]. All quantities are in units of MeV.

| Nuclei        | Present approach | \( \overline{m}_p \) | \( \alpha_{\text{ren}} = 0 \) | \( \alpha_{\text{ren}} = 0.95 \) | \( \Delta_{\text{NSA}} \) |
|---------------|------------------|----------------------|-------------------------------|-------------------------------|-------------------------------|
| \(^{15}\)O-\(^{15}\)N |                  | 767.45               | 928.30                        | -2.47                         | 1.56                         | 4.02                         | -0.21                         | 1.33                         | 0.20                         | 0.16 ± 0.04                   |
| \(^{16}\)F-\(^{16}\)O |                  | 812.35               | 930.54                        | -5.53                         | 1.52                         | 5.33                         | -0.28                         | 1.32                         | 0.27                         | 0.31 ± 0.04                   |
| \(^{39}\)Ca-\(^{39}\)K |                  | 724.78               | 926.16                        | -8.11                         | 1.67                         | 7.75                         | -0.41                         | 1.33                         | 0.37                         | 0.22 ± 0.08                   |
| \(^{41}\)Sc-\(^{41}\)Ca |                  | 771.71               | 928.51                        | -9.74                         | 1.62                         | 9.44                         | -0.49                         | 1.33                         | 0.47                         | 0.59 ± 0.08                   |

9 Final remarks

Let us discuss our results for the Nolen-Schiffer anomaly. Qualitatively, our approach predicts the sign and the relative mass-number increase of this anomaly. But quantitatively it is far from satisfactory: the results are more than one order of magnitude too large. Clearly, the part of our calculation relevant to the Nolen-Schiffer anomaly depends on the proton and neutron distributions of the mirror nuclei and is very sensitive to the behavior of the wave functions of the valence nucleons in the peripheral region of the nucleus. We have pointed out the possibility that the Nolen-Schiffer anomaly may rather follow from the behavior of the effective nucleon mass in finite nuclei than from the effective neutron-proton mass difference: our calculations imply that the Nolen-Schiffer anomaly could not and, maybe, should not be saturated by \( \Delta m^\text{ren} \) (the averaged contribution due to the explicit density and radial dependence of the neutron-proton mass difference). Rather more important is \( \Delta m^\text{ren}\), the contribution due to the difference in the squared wave functions of valence proton and neutron weighted by the local (density and density-gradient induced) variation of the effective mass of the nucleon. In fact, when we restrict the in-medium reduction of the (averaged effective) proton mass to about 1% of the free proton mass – a value which is compatible with the empirical binding energy per nucleon in nuclear matter – we obtain a rather precise description of the NSA. Here, we should remark that the gradient terms which are present in our model do not noticeably affect the scaling behavior of \( m^* \). They are important for the surface behavior of \( \Delta m^\text{ren} \), though.
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