Gene regulations and delivery vectors for treatment of cancer

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Abstract

Background Resistant residual cancer and cancer stem cells after comprehensive treatment often result in the recurrence of cancer. The refractory nature of cancer is an important scientific problem to be solved.

Area covered An emerging gene regulation strategy of cancer is involved in the cross field of chemistry, genomics, bioinformatics and pharmaceutical sciences, which could offer a possible solution to a curative strategy of cancer.

Expert opinion In this review, we dealt with the advances and applications of major gene regulation strategies, including DNA modification, gene editing and RNA regulations. Moreover, we also analyzed the representative transfection carriers for delivering the genetic material into cancer cells, including viral and non-viral vectors. Herein, we conclude that the gene regulation by a safe and high efficient transfection vector would be promising to provide a new treatment strategy for fully recovery of cancer disease.

Keywords DNA modification · Gene editing · RNA regulation · Gene delivery · Cancer

Introduction

Treatment of cancer covers a comprehensive strategy, mainly involving chemotherapy, surgical therapy, radiotherapy and immunotherapy, among which, chemotherapy plays a fundamental role in sweeping cancer cells during whole treatment procedure. However, resistant residual cancer and cancer stem cells after comprehensive treatment often result in the recurrence of cancer. The refractory nature of cancer remains as unsolved scientific and clinical issues. The achievements in human genome project inspire scientists to continuously investigate new strategies by biological approaches, in which gene regulation emerges promising prospect to get a curative solution to cancer therapy.

Since the human genome sequence and associated identification of approximately 30,000 genes were elucidated in the year 2001 (Lander et al. 2001; Venter et al. 2001), there have many new treatment methods been developed in the field of gene therapy. Based on genomic knowledge, gene regulation is used as a possible measure which is performed by putting corrective genetic material into cells to treat a variety of diseases, including cancers (Dunbar et al. 2018).

Gene regulation enables to correct the mutated genes of cancer cells, and promote the differentiation of cancer stem cells. Accordingly, gene regulation has the potentials to decrease the indefinite proliferation of mutated cells, to increase the sensitivity of anticancer drugs, and to block the invasion and metastasis, thus impeding the recurrence of cancer cells. Theoretically, gene regulation could offer a curative measure to the mutated cancer cells.

The gene regulation agents used cover small molecule and macromolecule gene drugs. All-trans-retinoic acid (ATRA) can be a typical small molecule gene drug that enables to promote the differentiation of low-differentiated cancer cells or cancer stem cells. A survey on 12-year clinical treatments reveals that the combining therapy of anthracycline chemotherapy with ATRA reaches remarkable outcomes in which 918 of 1025 patients whose acute promyelocytic leukemia (APL) get first complete remission (CR) (Montesinos et al. 2010). As for macromolecule ones, a number of gene drugs based on varied regulation strategies have been developed at laboratory stage or clinical trial stages. To better understand the current status, herein, we discuss the advances in the
emerging gene regulation approaches, and delivery vectors for enhancing the treatment efficacy of cancer.

**DNA modification regulations**

**DNA methylation inhibitors**

DNA methylation is a way of chemical modification that alters genetic performance without changing DNA sequence. DNA methylation process is the covalent addition of the methyl group at the 5′ carbon of the cytosine ring under the action of a DNA methyltransferase (Fig. 1). The studies show that DNA methylation can cause the changes in chromatin structure, DNA conformation, DNA stability, and DNA–protein interactions, thereby controlling gene expression (Galm et al. 2006; Auclair et al. 2012; Moore et al. 2013; Xie et al. 2019).

DNA methylation of tumor suppressor gene promoters is associated with the progression of cancer as it causes transcriptional silencing of tumor suppressor gene. Accordingly, DNA methylation inhibitors have been developed to induce re-expression of aberrantly silenced genes in cancer for inducing growth arrest, apoptosis or differentiation of cancer cells (Gros et al. 2012; Yu et al. 2019).

As methylation of cytosine-phosphoric acid-guanine (CpG) islands rarely occurs in normal cells but exists in cancer cells (Park et al. 2011), DNA methylation provides a cancer-specific therapeutic target. Unlike the mutated gene, the DNA sequence and protein product of the methylated gene remain unchanged. Thus, normal gene function could be restored by application of inhibitors. The clinical results exhibit that the inhibitors are able to effectively treat hematologic malignancies in which certain genes are hypermethylated (Rush et al. 2002). For examples, azacitidine and its deoxy derivative decitabine are potent inhibitors of DNA methylation (Howell et al. 2010). The clinical

![Fig. 1 DNA methylation resulting in cancer by disabling normal transcription of DNA. Notes: Methylated DNA cannot bind to RNA polymerase leading to disabling the transcription of DNA due to the steric hindrance of methyl groups. In normal cells, DNA methyl transferase (DNMT) can remove methyl groups from genes and allow genes to be re-expressed. In cancer cells, however, DNMT is inhibited by methylated DNA, which facilitate the proliferation of cancer cells. A synthetic DNA methylation inhibitor enables to treat cancer by blocking this process.](image)
study demonstrates that DNA methylation inhibitors can reverse many of the epigenetic changes in the target genes that play a role in myelodysplastic syndromes (MDS) and leukemia (Baba et al. 2017). Although these results indicate that the clinical activity of either azacitidine or decitabine is mediated through the reversal of silenced genes, the causal relationship and identification of key gene targets are still lacking (Derissen et al. 2013; Hollenbach et al. 2010).

**Gene rearrangement and amplification**

Gene rearrangement refers to a phenomenon that a gene is moved away from a loci to a near loci in the promoter to initiate transcription. It occurs during the process of repairing DNA double-strand breaks, which leads to the conversional transfer of genes in the alleles or between alleles. DNA double-strand breaks often occur in the repeat unit near the 5′ end of the tandem repeat, forming two free overhanging single-stranded ends of the DNA molecule. However, in the process of repair, the two ends are not oscillated according to the position of the original paired base due to wobble or misalignment, resulting in two consequences: intra-gene and inter-gene rearrangements.

**Intra‐gene rearrangement**

The result of intra-gene rearrangement is a phenomenon that the base at the very end of the mismatch chain is renatured first. Then the vacant bases are locally synthesized and repaired to form one or several insertions repeat units. As a single-strand insertion in the same-DNA molecule happens, the transfer of this gene is an intra-gene transformation. Intra-gene rearrangement can be repeated, and an inserted sequence is added every time it replicates. Therefore, the number of repeating units generally increases in the small satellite seat (Ledwith et al. 1995; Chang et al. 2019).

**Inter-gene rearrangement**

The result of intra-gene rearrangement is another common phenomenon that the free single-stranded end of a DNA is connected with the corresponding allele on the chromatid and then it renatures with the DNA of the other chromatid. The transfer undergoes between the genes of the different chromatids (Newman et al. 2014; Suurmeijer et al. 2019).

The phenomenon of gene amplification often happens as well. During this process, the copy number of a gene encoding a specific protein is selectively increased while other genes are not proportionally increased. Under natural conditions, gene amplification is achieved by excising repetitive sequences of gene from the chromosome and then performing extrachromosomal replication in the plasmid, or by generating an RNA transcript from the entire repeat of the ribosomal RNA to get an additional copy of the original DNA molecule. Many oncogenes in human cancer cells are highly expressed after extensive gene amplification, resulting in uncontrolled cell growth. The amplification rates of some oncogenes are highly correlated with the developmental rate of the cancer (Janjigian et al. 2011; Singhi et al. 2012).

Gene rearrangement and gene amplification are characteristic responses in the pathogenesis of cancer, resulting in excessive proliferation of tumor cells (Shaw et al. 2011; Seol et al. 2012; Jones et al. 2019). Gene rearrangement even makes it difficult to find targets for drug treatment. Therefore, a challengeable research task is to develop suitable agents to suppress the occurrence of gene rearrangement and amplification in cancer cells for treatment of cancer.

**Intercalative binding between DNA and drug**

Some of anticancer drugs take effect depending on intercalative binding to DNA. For example, daunorubicin is able to play anticancer activity by embedding in DNA in which the daunorubicin is embedded in the double helix of DNA via binding to G and C base pairs. Intercalation does not break the hydrogen bonds between base pairs. This intercalative binding eventually interferes with the replication and transcription of cancer cell DNA, achieving therapeutic effect.

**DNA cross-linking**

There are also plenty of chemical anticancer drugs that can directly crosslink DNA by chemical bonds. For instance, chlorambucil can mediate the bimolecular nucleophilic substitution (SN2) process to attack the N7-position of the guanine residue, which is an alkylation process and induces a cross-linking between chlorambucil and DNA. After the cross-linking, DNA’s normal conformation is disrupted, thus hindering the replication and transcription of gene. Nonetheless, the efficacy of DNA cross-linking is still limited during treatment of cancer. To improve overall anticancer efficacy, scientists tried to enhance the efficacy of DNA cross-linking treatment by conjugated polymer. The conjugated polymer is a macromolecular material, which can enhance alkylation of chlorambucil. By conjugating chlorambucil with polymer, a polyfluorene derivative containing pendent alkylating chlorambucil moiety has been synthesized for DNA alkylation of cancer cells. By getting a tighter cross-linking with DNA than chlorambucil, the anticancer efficacy of the conjugated chlorambucil has been significantly enhanced in treatment of chronic lymphocytic leukemia, ovarian cancer and low-grade non-Hodgkin’s lymphoma (Nie et al. 2013).
Gene editing regulations

Gene editing refers to a technique that specifically changes the sequence of a target gene. To achieve the goal of gene editing, the exogenous cleavage complex is used to specifically recognize and cleave the gene sequence in the cell, and produce the cleavage end on the target gene sequence. Afterwards, the cleavage end is repaired by the DNA damage repair system inside the cell and rejoined to get purpose gene. Gene editing is now studying for the uses in the fields of cancer treatment, cytokine regulation, drug resistant gene knockout, etc. The edited cancer cells share the characteristics of high-differentiation level and low drug resistance, both of which are beneficial for eliminating cancer cells either by gene editing alone or by a combining gene therapy with chemotherapy.

ZFN gene editing

Zinc finger nuclease (ZFN) gene editing is a DNA endonuclease technique. ZFN consists of zinc finger protein (ZFP) and FokI endonuclease. The recognition domain of ZFN is composed of 3 to 4 Cys2-His2 zinc finger proteins, and each zinc finger protein recognizes a specific triplet base. Multiple zinc finger proteins are connected to form a zinc finger proteome, which recognizes a specific base sequence (9–12 bp) in the target gene. In the process of gene editing, a FokI endonuclease is connected with a zinc finger protein group to form a ZFN, which recognizes a specific site. When the recognition sites of two ZFNs are at a proper distance (6–8 bp), the interaction of two FokI endonucleases produces the enzyme cutting function, so as to achieve the purpose of DNA fixed-point cutting (Gaj et al. 2013).

Zinc finger protein used in ZFN gene editing has a small molecular weight, which only needs about 2000 bp in encoding a pair of ZFNs (Ul Ain et al. 2015). Such proteins can be easily introduced into the body for gene therapy by transfection of adeno-associated virus (AAV) vectors. In the field of scientific research and agriculture, the ZFN gene editing can be used not only to knock out or inactivate genes, but also to import target genes, activate or block genes or artificially modify gene sequences to meet a specific purpose. In the field of medical treatment, ZFN gene technique is used to transfec plasmids or stem cells that are further delivered into human body for achieving gene therapy. In addition, it can also be directly used to repair and replace harmful genes for achieving therapeutic purposes. ZFN gene editing has excellent specificity and efficiency so that it can minimize the risk of gene/genome errors.

However, the ZFN gene editing technique has an obvious shortcoming because it requires a large zinc finger protein library to target different gene sequences. In addition, when zinc finger proteins are linked together, they will interfere with each other, thus affecting DNA binding which leads to off-target of ZFN gene editing. Accordingly, a lot of screening work has to be performed in order to obtain an efficient and specific ZFN, and this work greatly hinders its popularization and application (Liu et al. 2018).

TALEN gene editing

Transcription activator-like effector nuclease (TALEN) is used for gene editing also by fusion of DNA binding protein and endonuclease Fok I. In 2007, scientists discovered that xanthomonas plantarum promoted its proliferation through transcription activator like effector (TALE) (Moscou et al. 2009).

TALE is produced by xanthomonas and secreted by its type III secretory system, and it is transported across the membrane of plant cells to act function in the nucleus of plant cells. TALE is able to target specific DNA sequence in promoter region to enhance the expression of plant gene. A nuclease TALEN can be assembled by connecting the TALE module with the cleavage domain of FokI nuclease. TALEN uses TALE residue to target the DNA sequence and uses FokI to cut DNA, acting a gene editing role.

In 2009, scientists deciphered the base correspondence between the transcription activator-like effector (TALE) encoded by rice pathogens and DNA (Boch et al. 2009). Then, TALEN gene editing has been successfully applied in yeast (Joung et al. 2013) and subsequently applied to plants (Bogdanove et al. 2010), rats (Ferguson et al. 2013), zebrafish (Zu et al. 2013), and pigs (Tan et al. 2013).

In 2014, the decoding of all TALE components has been completed by using TALE protein assembly technology (ULtiMATE system) (Yang et al. 2013). Nowadays, many efforts have been made to develop biological products based on TALENs gene editing for treatment of severe illness, including cancer diseases.

CRISPR/Cas gene editing

CRISPR is a short DNA palindrome structure, which is named as “clustered regular interspaced short palindromic repeats” (CRISPR). CRISPR is previously found in bacteria that contains fragments of genes from viruses that once attacked the bacteria. It consists of a leader, several short and highly conserved repeats, and several spacers. Bacteria use CRISPR as an immune defense mechanism to ward off phages. In the absence of the virus, CRISPR immune defense system lies dormant and it can be induced when needed (Bak et al. 2018; Zhang et al. 2014).
In the nearby flanking sequence of the CRISPR cluster, there exist polymorphic family genes that encode the proteins containing functional domains, showing the activities of nuclease, helicase, integrase, polymerase (Makarova et al. 2011a, b; Rath et al. 2015), etc. These genes can interact with nucleic acid, and play a role together with CRISPR region. Therefore, they are named CRISPR associated genes (Cas).

Cas genes discovered so far include Cas1–Cas10 and other types (Shalem et al. 2014). As a classical classification, CRISPR/Cas system has been divided into type I, type II, and type III according to the type and function of Cas proteins.

In the type I system, Cas1 and Cas2 integrate the cleaved PAM into the CRISPR sequence. Cas6 is responsible for processing pre-crRNA. Cas5, Cas7, and Cas8 identify the protospacer adjacent motif (PAM) on the invading DNA. Finally, Cas3 plays the cutting function.

In the type II system, Cas1 and Cas2 integrate the cleaved PAM into the CRISPR sequence. RNase III is responsible for processing the pre-crRNA, while Cas9 recognizes and cleaves the PAM.

In the type III system, Cas1 and Cas2 integrate the cleaved PAM into the CRISPR sequence. Cas6 is responsible for processing pre-crRNA. Cas5 and Cas7 recognize PAM on the invading DNA, and eventually Cas10 plays a cleavage function.

Based on the classical classification and the mechanism of Cas protein interaction, the CRISPR/Cas system is now divided into two categories (Makarova et al. 2015; Jung et al. 2015): the first category contains type I and type III systems, which require multiple Cas proteins to form a complex to recognize and cleave PAM; the second category contains type II systems, which require only Cas9 for recognizing and cutting PAM. Because the recognition and cleavage process of Cas9 involves only one protein, CRISPR/Cas9 system has been mostly developed.

In the nature, when viral DNA invades bacteria, the Cas9 encoded protein, which contains a regeneration lobe (REC) and a nucleic acid lobe (NUC), can scan viral DNA to recognize PAM, and to excise the invaded viral DNA, because REC specifically recognizes DNA sequence while NUC has nuclease activity (Makarova et al. 2011a, b). The symbol of PAM is NGG bases sequence. This fragment is then integrated into the CRISPR sequence of bacteria. When viral DNA invades again, the CRISPR sequence is transcribed into precursor of CRISPR RNA (pre-crRNA), and the trans-activating crRNA (tracrRNA), which is transcribed at upstream of a CRISPR sequence, is complementary to pre-crRNA. Afterwards, Cas9 protein relies on REC to specifically recognize crRNA and bind to crRNA. RNase III excises the repeat of pre-crRNA, leaving only PAM and a few extra bases to generate crRNA. Finally, crRNA, tracrRNA and Cas9 protein form a trisomy complex. This complex can unscrew the double helix of invaded viral DNA, and specifically recognize the PAM on the viral DNA, enabling crRNA to complement PAM. The complex cas9 protein has two endonuclease active domains: RuvC and HNH (Wu et al. 2013). The two subunits are respectively responsible for cutting a single strand of DNA. The HNH active site in Cas9 cut the complementary DNA chain with sgRNA, and the RuvC active site cut the non-complementary chain, and finally introduced the DNA double-strand break (DSB), resulting in the expression failure of the DNA invaded by the virus.

The gene editing technique is an engineering in which a single guide RNA (sgRNA) of about 20 bases is designed by fusing crRNA and tracrRNA artificially. To design sgRNA, the exon of the knockout gene needs to be determined firstly, and then a segment of sgRNA is obtained according to the principle of PAM sequence and base complementation in exons. The objective sequence of sgRNA is the PAM sequence containing NGG bases in the genome while the cutting site of Cas9 is designed at 3 bp upstream of the PAM. Researchers usually use plasmids to transfer sgRNA and Cas9 into target cells, and the constructed plasmid sequence usually includes DNA sequence corresponding to sgRNA, Cas9 gene, marker gene (such as puromycin resistant gene) and green fluorescent protein gene. After the plasmid is transfected into the cell, the DNA sequences of Cas9 gene and sgRNA are transcribed by the enzyme of the target cell and translated into Cas9 protein, which further forms a complex with sgRNA and binds specifically to PAM of the target gene. Afterwards, Cas9 protein plays the role of nuclease activity and cuts the target gene. When double strands breaks occur, cells will repair their own DNA through two DNA repair pathways: non homologous end-joining (NHEJ) or homology directed repair (HDR) (Chen et al. 2013; Gratz et al. 2013). NHEJ is the direct reconnection of broken DNA. Due to the lack of template in this process, the deletion and mismatch of base will occur, resulting in the change of original gene and gene editing. HDR relies on another homologous chromosome as a template to repair the broken DNA (Fig. 2). The gene editing effect can be verified by Western blot, etc.

Nowadays, gene editing based on CRISPR/Cas9 systems have been applied in knock-out of cancer genes, such as proto oncopgenes, and in the screening new targets for cancer treatment (Behan et al. 2019), and in treatment of cancer (Zou et al. 2018) and cancer stem cells (Mandal et al. 2014).

Compared with ZFN and TALEN gene editing techniques, CRISPR/Cas9 approach has demonstrated advantages in its simple process and economical aspect. However, lower transfection efficiency in cancer cells and possible base mismatch are still the major challenges for further developments.
RNA regulations

Non-coding RNA and cancer treatment

Ribonucleic acid (RNA) is a chain molecule of ribonucleotide, which is condensed by phosphodiester bonds. Each ribonucleotide consists of phosphate, ribose, and bases. There are four main types of RNA bases: adenine (A), guanine (G), cytosine (C), and uracil (U). RNAs exist in biological cells, some viruses and viroids as the carriers of genetic information.

RNAs can be classified in a variety of ways, such as messenger RNA (mRNA), transfer RNA (tRNA), ribosomal RNA (rRNA), micro RNA (miRNA), small RNA, etc. mRNAs are usually divided into coding RNA and non-coding RNA (ncRNA) as well, according to whether they encode proteins or not.

The coding RNA usually refers to mRNA, which is a single-stranded ribonucleic acid that is transcribed as a template from a strand of DNA and carries genetic information that guides protein synthesis.

The ncRNA includes many types of RNAs, such as tRNA involved in transport of amino acids, rRNA involved in catalytic capacity, small nuclear RNA (snRNA) involved in mRNA splicing, small nucleolar RNA (snoRNA) involved in RNA modification, and so on.

The ncRNAs may act as either housekeeping for cell survival or regulatory role in transcription, translation and other processes (Carninci et al. 2007; Flippot et al. 2019; Griffiths 2007). The ncRNAs can also be divided into two categories according to their length: those larger than 200 nt (nucleotides) are called long non-coding RNAs (lncRNAs) (Pauli et al. 2011), and those smaller than 200 nt are called small non-coding RNAs (small ncRNAs). Among small ncRNAs, those less than 50 nt are called tiny ncRNAs, such as small interfering RNA (siRNA), microRNA (miRNA), Piwi-interacting RNA (piRNA), etc.

It has been found that the abnormal expressions of ncRNAs are closely related to the occurrence and development of cancers, including digestive system neoplasm (Su et al. 2017), respiratory system tumors (Zhang et al. 2015), urogenital system tumors (Baker et al. 2018), lymphatic
hematopoietic system tumors (Kurita et al. 2016), etc. These findings open a new research field in artificial RNA regulations for diagnosis and treatment of cancers.

**IncRNA regulations**

According to the data from the ENCylopedia of DNA Elements (ENCODE) Project Alliance in 2012, 9640 of IncRNAs loci have been identified in human genome, and are waiting for functional verification (ENCODA Project Consortium 2012; Derrien et al. 2012). The scientists reveal that IncRNAs are implicated in serial steps of cancer development. IncRNA can interact with DNA, RNA protein molecule or/and their combinations and play vital role in chromatin organization, transcriptional and post-transcriptional regulation (Mercer et al. 2009). IncRNA has become an important regulatory target of almost all aspects of biology (Tsai et al. 2011). The irregular expressions of IncRNA are closely associated with the development of cancer as well, and therefore, IncRNAs are emerging as the promising treatment targets of cancers, despite that the function and structure for a number of IncRNAs remains unknown.

Each IncRNA has a complicated secondary and tertiary structure, while the complicated structure confers the ability of IncRNA to bind protein, RNA and/or DNA partners, thereby providing multiple regulatory capabilities. Over the past few years, studies have revealed many regulatory roles of IncRNAs. For example, IncRNA can interact with PRC complex (polycomb repressive complex), which play roles in tumor progression and development by blocking differentiation and promoting stem cell self-renewal (Yang et al. 2014; Richly et al. 2011). Besides, IncRNAs are involved in regulation of mRNA biogenesis of the cells (Rinn et al. 2012; Hung and Chang 2010; Dandan et al. 2019). Action modes of IncRNA can be roughly divided into four categories: signal, guide, decoy, and scaffold (Pandey et al. 2008), as the following descriptions.

The signal mode refers to the action way that IncRNA takes part in the signal transmission of a specific pathway as a signal molecule, thereby regulating transcription of downstream genes. For examples, IncRNA p21 acts as a signal molecule of p53-mediated apoptosis (Plath et al. 2002; Kino et al. 2010).

The guide mode is a process that IncRNA can specifically bind with a protein (usually a transcription factor), and then localize the protein complex to a specific DNA sequence for regulating the transcription of genes. For example, IncRNA HOTAIR specifically binds with downstream HOXD transcription factor to form a protein complex, which further recruits polycomb repressive complexes (PRC2) and lysine specific demethylase 1 (LSD1) by non-covalent manner to regulate methylation of histone. Accordingly, trimethylation happens in two lysine positions of histone H3 (position 27 and position 4, respectively). In normal physiological process, trimethylation degree of histone H3 is in a suitable range. Once HOTAIR is over-transcribed in a pathological situation, and histones H3 will be overly methylated, causing chromatin reprogramming and chromosome blocking. This pathological situation usually happens in cancer cells. A gene regulation study demonstrates that down-regulation of HOTAIR significantly reduces the invasiveness and proliferation of breast cancer cells (Dandan et al. 2019).

The decoy mode is a transcriptional regulation way that IncRNA plays effect as a bait by combining with transcription factors, chromosomal folding proteins or other RNAs (such as miRNA) to block their functions. For example, IncRNA PCAT-1 is able to block the function of miRNA-34 by a decoy mode via binding with miRNA-34 (Tripathi et al. 2010). In prostate cancer cells, PCAT-1 is overly transcribed and binds with miRNA-34, and such a decoy binding up-regulates the expression of oncogene myc-3, resulting in the proliferation and metastasis of prostate cancer cells. The investigations reveal that down-regulation of IncRNA PCAT-1 significantly decreases proliferation and migration of prostate cancer cells (Prensner et al. 2014).

The scaffold mode is a process that IncRNA binds to multiple effector molecules simultaneously, providing a platform for interactive regulation. For example, HOTAIR not only plays a role by the guide mode, but also by the scaffold mode. Its 3′ end binds to the PRC2 complex, while its 5′ end simultaneously with another complex LSD1 (Rinn et al. 2007; Tsai et al. 2010). In healthy human cells, Hotair acts as a scaffold to simultaneously bind with both the PRC2 complex and the LSD1 complex, regulating the methylation of DNA (Wang and Chang 2011; Zhu et al. 2013).

**RNA interference**

RNA interference (RNAi) is a natural phenomenon that is induced by double-stranded RNA to efficiently and specifically degrade homologous mRNA in eukaryotes (Fire et al. 1998). Eukaryotes use small interfering RNA (siRNA) to defend against the invasion of exogenous viral RNA (Fig. 3).

When a virus invades into a eukaryotic cell, the long chain of viral double stranded RNA (dsRNA) is cut into a small dsRNA (20–25 nt dsRNA, i.e., siRNA) by an endogenous Dicer protein (a ribonuclease Rnase III-like enzyme) of the cells. The double strand of siRNA is further dissociated by helicase into two single strands: a sense strand, and an antisense strand. The antisense strand of dissociated siRNA combines with Dicer and Ago (Argonaute) proteins to constitute a RNA-induced silencing complex (RISC). RISC specifically binds to the homologous region of an objective mRNA, acts the function of
nuclease, and cuts the mRNA at the binding site. The cutting site is the complementary and binding ends of the antisense chain in siRNA. The cut mRNA then degrades, triggering a host cell response to these mRNAs. During this process, siRNA can not only guide RISC to cut homologous single-stranded mRNA, but also be used as a primer to bind to the target RNA, and synthesize more new dsRNAs under the involvement of RNA-dependent RNA polymerase (RdRP). The newly synthesized dsRNA is then cut by Dicer to produce more secondary siRNA, eventually resulting in a cascade reaction till complete degradation of the target mRNA (Lima et al. 2012). Therefore, siRNA blocks the invaded viral gene expression by degrading its mRNA.

Based on the principle of siRNA, the researchers design an artificial siRNA to silence the target gene. The artificial siRNA (usually 20–25 nt short double-stranded RNA) is designed for interfering the transcription of a target mRNA, which is responsible for expression of disease gene, such as cancer gene. When the artificial siRNA is delivered into cell cytoplasm by suitable vectors, such as retroviruses or cationic liposomes, the delivered siRNA eventually degrade disease-related mRNA, thereby acting a target gene silencing effect by post-transcriptional regulation (Shen et al. 2012; Ozpolat et al. 2014).

siRNA technique has unique advantages, as follows: (i) high efficiency: after the antisense strand of siRNA recognizes and binds to the target mRNA, eventually resulting in a cascade reaction till complete degradation of the target mRNA, as discussed above; (ii) high specificity: RNAi only degrades the specific mRNA of a single endogenous gene corresponding to its sequence, showing less side effect; (iii) long-distance transmission: the inhibitor function of siRNA can cross a cell boundary, transmit and maintain signals over long distances between different cells and even spread throughout the organism. Therefore, siRNA technique has been a remarkable research hotspot. Up to date, siRNA technique has successfully been used in clinical trials for treatment of pancreatic cancer (Golan et al. 2015), leukemia (Schultheis et al. 2014), etc.

### Delivery vectors for gene regulations

To meet a purpose of gene therapy, a number of carriers or vectors have been developed for safely and efficiently delivering the genetic material into the cells, mainly consisting
of viral vectors and non-viral vectors. Viral vectors have the ability to deliver genetic material into cancer cells by encapsulation of viruses, including retrovirus, lentivirus, adenovirus, etc. (Kenneth et al. 2018). Viral vectors share the properties of high transfection efficiency but are plagued by safety concerns such as immunogenicity. Therefore, non-viral vectors are extensively engineered to deliver genetic material into cancer cells, including cationic liposomes, polymeric nanoparticles, dendrimers, etc. Non-viral vectors are able to mediate gene transfer in cells with a safer property, and accordingly, are widely being used in the gene therapy of cancers.
Retroviral vectors

Retroviruses are a class of RNA viruses, which need to first convert RNA into cDNA under the action of reverse transcriptase, and then to amplify under the action of DNA replication, transcription, translation and other proteases. In 1970s, scientists discovered Moloney murine leukemia retrovirus (Schlom et al. 1970), which can use RNA as a template according to the principle of base complementarity. Retroviruses have three core genes: gag, encoding the core protein of the virus; pol, encoding the reverse transcriptase; and env, encoding glycoprotein to generate the virus. Retroviruses can be efficiently integrated into the host’s genome (Morita et al. 2000; Elsner and Bohne 2017).

When constructing a retroviral vector, a recombinant retroviral vector containing multiple cloning sites is required first. The gag, pol, and env structural genes need to be removed, while the packaging signals and related sequences need to be retained. To do these, engineered packaging cells that can provide retroviral proteins, such as the HEK293 cells, where the packaging signals are integrated in the packaging cell line chromosome.

The safety concern for retroviral vectors used in gene delivery is that their accidental random integration can cause harmful effects, such as mutagenesis of insertion (Bushman 2020), activation of proto-oncogenes, or inactivation of tumor suppressor genes. In addition, retroviruses can only selectively infect dividing cells, and once they produce replicable viruses, their toxicity become dangerous. Nonetheless, retroviruses have the advantages that they can integrate into the host’s genome, and they can make foreign gene expression durable and stable. Accordingly, more and more retroviral vectors have been developed for multipurpose genetic investigations (Chen et al. 2020) and gene therapy of cancers, including leukemia (Müller et al. 2019; Quintarelli et al. 2019) ovarian (Qi and Mi 2016; Wang et al. 2015), brain (Tamura et al. 2019; Chen et al. 2020), lung cancers (Grzeskowiak et al. 2018), etc.

Lentiviral vectors

Lentivirus is a genus of the retrovirus family, which consists of human immunodeficiency virus (HIV), simian immunodeficiency virus (Sharp et al. 2005), equine infectious anemia virus, etc. (Tigre et al. 2017). Lentivirus can infect human cells and vertebrate cells, and the primary infected cells are mainly lymphocytes and macrophages. Lentivirus infection is characterized by the fact that most infected individuals experience an incubation period of several years before typical clinical symptoms, followed by a slow onset of disease, hence these pathogens are called slow viruses (Milone and Doherty 2018).

Lentiviral vector commonly used for gene therapy is derived from human immunodeficiency virus-1 (HIV-1). Its vector system and provirus structure are basically the same as that of retrovirus, while it can integrate not only with the DNA of dividing cells but also non-dividing cells, enabling to efficiently transfected cells and stably express the genes in both dividing and non-dividing cells (Benskey and Manfredsson 2016).

Lentivirus packaging system generally consists of lentiviral expression vector and lentiviral packaging vector (Dull et al. 1998). Lentivirus-packed plasmids, on the other hand, provide all the helper proteins needed for transcription and packaging RNA into recombinant pseudoviral vectors. In order to produce high-titer virus particles, the cells need to be co-transfected with expression vector and packaging plasmid, and the virus is packaged in the cells. The packaged pseudovirus particles are secreted into the extracellular medium, and centrifuged to obtain supernatant, which can be directly used for the infection of host cells (Benskey and Manfredsson 2016).

For the safety of purpose, lentiviral vectors have been made a series of modifications (Lee and Cobrinik 2020; Sakuma et al. 2012; Nobles et al. 2020), and widely used as the gene delivery carriers in treatments of breast cancer (Krishnamachary et al. 2017), lung cancer (Cui et al. 2020), gastric cancer (Park et al. 2020), leukemia (Müller et al. 2020), etc.

Adenoviral vectors

Adenovirus (AdV) is a DNA virus that typically causes mild infections involving the respiratory tract, gastrointestinal tract or conjunctiva. It belongs to a double-stranded DNA virus without envelope, and can be classified into 7 species (A to G) with 57 serotypes based on their hemagglutination properties, oncogenic potential, genotyping and phylogenetic analyses (Chen and Lee 2014).

Adenovirus was one of the most studied and published viral vector in gene therapy clinical trials as it has a robust transduction profile, particularly in the liver. However, adenovirus was also accompanied by strong immune responses. The early clinical trials for gene therapy using adenovirus did not have many successes because of the nonspecific binding of adenovirus to blood components (Hendrickx et al. 2014), and antibodies against common adenovirus 5 serotypes in adults (Nwanegbo et al. 2004), and one trial caused a tragic fatality (Raper et al. 2003).

To reduce the immunogenicity of adenoviral vectors, the attenuation of the viral toxicity can be achieved by removing different components, including complete removal of all genetic information to be a ‘gutless’ vector (Capasso et al. 2014). Adenoviruses have two main groups of genes named early (E) and late (L) genes. E genes are responsible for virus
DNA replication and for controlling the host cell metabolism, while L genes encode for all the structural proteins necessary for the capsid (Thomas and Mathews 1980). First generation adenoviral vectors delete E1 and/or E3 genes, and, for this reason, they are unable to replicate inside ‘normal’ cells. Second generation adenoviral vectors combine deletions of E1 and E3 with deletions in E2 or E4 regions (Silva et al. 2010). The reduced number of viral genes results in a decreased background production of viral proteins. Moreover, the most advanced adenoviral vectors are devoid of all viral genes, except for the two inverted terminal repeats (ITRs) and the packaging signal (psi) (Brunetti and Ng 2011; Tioetto et al. 2002). The enhanced safety profile of the advanced adenoviral vectors makes them the safest adenoviral vectors available nowadays for gene therapy.

Besides, multiple modifications have been made on adenoviral vectors, such as chemical and non-chemical modifications by PEGylation (Hiwasa et al. 2012), and polymer engineering (Zeng et al. 2012). A number of clinical trials using adenoviral vector to target a number of different cancers, such as prostate, ovarian, bladder, lung, colorectal and refractory solid tumors (Hemminki et al. 2015; Freytag et al. 2014; Kim et al. 2013; Burke et al. 2012; Pesonen et al. 2012; Ji et al. 1999; Archid et al. 2020).

**Cationic liposomes**

Liposome is an artificially designed lipid bilayer structure of a closed vesicle, which is also named artificial cell. The liposomes have widely used as drug carriers for delivering gene or chemical drugs because of their unique capabilities of carrying drugs and targeting specific tissues or cells by modifying the membrane. Cationic liposomes are the modified liposomes with positively charged membrane material, such as dimethylaminoethanecarbamoyl cholesterol (DC-cholesterol), as described below.

The major components of liposomes consists of phospholipids and cholesterol. Phospholipids can be available from both natural and synthetic sources. Naturally derived phosphatidylcholine is a mixture extracted from either egg yolk or soybean, and each has a different length and different saturation of the fatty chain. Synthetic phosphatidylcholine derivatives include dipalmitoyl phosphatidyl choline (DPPC), distearoylphosphatidyl choline (DSPC), polyethylene glycol distearoylphosphatidylethanolamine (PEG-DLPE), etc. As a primary membrane ingredient of natural cells, cholesterol is another important component of liposomes, as cholesterol tends to weaken the bonds between lipids and protein complexes in the membrane, acting as a ‘buffer’ to regulate the ‘fluidity’ of the membrane structure. These materials are electroneutral, and often are used to prepare liposomes for carrying chemical anticancer drugs, such as doxorubicin liposomes (Pujade et al. 2010).

Positively charged lipids are often used to prepare gene transfected liposomes. Positively charged lipids used in the preparation of liposomes are all synthetic products. Currently, positively charged lipids commonly used include stearamide, DOTMA (N-[1-(2,3-dioleloyloxy) propyl]-N,N,N-trimethylammonium chloride) (Gaucheron et al. 2002), DOSPA (N-[1-(2,3-dioleloyloxy) propyl]-N-(2-(sperminecarboxamido) ethyl)-N,N-dimethylammonium trifluoroacetate), DC-cholesterol, etc.

With the successful development of efficient cellular gene transfection method using cationic liposomes formed by DOTMA and DOPE (dioleoylphosphatidylethanolamine) (Gaucheron et al. 2001; Kim et al. 2015), various cationic lipids have been extensively studied. As amphiphilic cationic lipid is composed of a cationic head and a hydrophobic tail, the head group of a positively charged positive lipid interacts with the phosphate group of a negatively charged nucleic acid to form liposome complex (Fig. 4). This complex can be endocytosed or fused to the cell membrane by charge-to-charge interactions. In the endosome environment, the conformational changes of the neutral lipids in the cationic liposomes cause the complex to be released into the cytoplasm, thereby preventing nucleic acid drugs from being destroyed by the lysosome.

Cationic liposomes feature good physical stability, low toxicity, simple preparation, and low cost, while their transfection efficiency are barely satisfactory in the gene therapy, particularly in the intractable human cancer cells.

Nevertheless, various new cationic liposomes have been developed for gene therapy of cancers (Chien et al. 2005; Zhi et al. 2018; Zhen and Li. 2019), such as carboxybetaine-modified cationic liposomes carrying miRNA let-7a for treatment of lung cancer (Lee et al. 2013), cationic liposome-conjugated RNAi molecule targeting thymidylate synthase for treatment of ovarian cancer (Iizuka et al. 2018), cationic liposomes carrying Mcl-1 siRNA for treatment of pancreatic cancer (Wang et al. 2019), etc.(Table 1).

To optimize the transfection efficiency and to decrease the toxicity of cationic liposomes, a number of lipids-based vesicles have been developed. For example, a formulation of liposome containing DNA and a pH-sensitive calcium phosphate (CaP) core is developed as an efficient delivery vector. In this unique liposome vector, CaP can rapidly dissolve at the acidic endosome pH, releasing its cargo into the cytoplasm (Li et al. 2010), so that the targeted liposome vector releases more siRNA cargo to the cytoplasm, leading to a significant (~ 40-fold in vitro and ~ 4-fold in vivo) improvement in siRNA delivery (Yang et al. 2012).

**Polymeric nanoparticles**

Polymeric nanoparticles (PNPs) are defined as granular dispersions or solid particles with a size, usually in the
PNPs are a class of the most common non-viral vectors for delivering gene drugs because they can be modified by various chemical approaches for achieving beneficial transfection purposes of a high permeability and long retention effect of tumor tissue (Owens and Peppas 2006; Couvreur and Vauthier 2006; Pack et al. 2005), high protective effect in blood circulation (Matsumura and Maeda 1986; Duncan 2003) and in cellular lysosomes for avoiding degradation of the carried gene drugs.

Table 1 An example list of viral and non-viral vectors for gene delivery in treatment of cancers

| Vectors          | Gene drug                               | Target                  | Disease              | References                      |
|------------------|-----------------------------------------|-------------------------|----------------------|---------------------------------|
| Retrovirus       | Yeast cytosine deaminase (CD) and E. coli nitro reductase (NTR) prodrug activator gene | 5-FC (5-fluorocytosine) and CB1954 | Brain cancer           | Chen et al. (2020)              |
|                  | LAH4-A4                                 | CD19                    | Leukemia             | Quintarelli et al. (2019)       |
|                  | Antisense oligonucleotide (ASODN)       | Telomerase              | Ovarian              | Qi and Mi (2016)                |
|                  | DNA-barcodec cDNAs with Cre recombinase  | c-MYC pathway           | Lung cancer           | Grzeskowiak et al. (2018)      |
| Lentivirus       | CART19                                  | CD19                    | Leukemia             | Nobles et al. (2020)            |
|                  | shRNA                                   | Choline kinase (Chk)    | Breast cancer         | Krishnamachary et al. (2007)    |
|                  | shRNA                                   | Vascular endothelial growth factor A (VEGF) | Gastric cancer | Park et al. (2020)             |
|                  | SOX2                                    | hsa-miRNA-340-5p        | Small-cell lung cancer | Cui et al. (2020)              |
| Adenovirus       | CG0070 gene                             | RB pathway              | Bladder cancer        | Burke et al. (2012)             |
|                  | GM-CSF gene                             | p16/Rb pathway          | Refractory solid tumor | Posenen et al. (2012)          |
|                  | FHIT gene cDNA                          | FHIT gene               | Lung cancer           | Ji et al. (1999)                |
|                  | miRNA-143                               | KRAS gene               | Colorectal cancer     | Archid et al. (2020)           |
| Cationic liposomes | shRNA                                 | Against thymidylate synthase | Ovarian cancer | Iizuka et al. (2018)        |
|                  | c-raf siRNA                             | c-raf gene              | Breast cancer         | Chien et al. (2005)             |
|                  | let-7a miRNA                            | EphA2 (ephrin type-A receptor 2) | Lung | Lee et al. (2013)            |
|                  | Mcl-1 SiRNA                             | Mcl-1 gene              | Pancreatic cancer     | Wang et al. (2019)             |
| Polymeric nanoparticles | FAK siRNA                       | CD44                    | Ovarian cancer        | Byeon et al. (2018)            |
|                  | siRNA                                   | CD44, CD6               | Cancer                | Liu et al. (2012)              |
|                  | Anti-EGFR monoclonal antibody h-R3     | EGFR                    | Breast cancer         | Lim et al. (2017)              |
|                  | miRNA145                                | Oct4/Sox2/Fascin1       | Lung adenocarcinoma   | Chiou et al. (2012)            |

Polyethyleneimine (PEI), poly lactic-coglycolic acid (PLGA), and Zn-hyaluronic acid complex are used as the materials of polymeric nanoparticles by incorporating gene drugs in different ways.

Polyethyleneimine is a type of polymeric material that has been used as gene vector in recent years. It has shown excellent transfection ability in the gene therapy because its cationic structure is very suitable for packaging nucleic acids. Polyethyleneimine has a protonated amino nitrogen atom for every 3 monomers, hence being called a 'proton sponge'. Because of the protonated amino nitrogen atom, PEI can combine with siRNA by electrostatic attraction (Neuberg and Kichler 2014). Such a property makes PEI effectively protect nucleic acids from degradation of siRNA in acidic environment during endocytosis. To enhance the targeting to a specific cancer tissue, PEI can also be modified by a target molecule with chemical linkage or physical assembly approach. For instance, pullulan, a polysaccharide polymer consisting of maltotriose units, is introduced into polyethyleneimine (PEI) to carry siRNA for targeting liver cancer, where, PEI encapsulates siRNA by electrostatic attraction.

range of 25–100 nm. PNPs are produced by biocompatible and biodegradable polymers where the chemical drug is dissolved, encapsulated or attached to a nanoparticle matrix (Soppimath et al. 2001; Mohanraj and Chen 2007; Karlsson et al. 2018). Depending on the preparation method, nanospheres or nanocapsules can be obtained. Nanocapsule is system where the drug is confined in a cavity surrounded by a unique polymer film, while nanosphere is matrix system where the drug is physically and uniformly dispersed (Sant 2012). As for gene drugs, their encapsulation can be achieved by electrostatic attraction, hydrogen bonds and/or coordination bonds (Fig. 4).
while the modified pullulan plays two functions, i.e., specific targeting liver cancer, and weakening the surface positive charges of PEI nanoparticles. Accordingly, pullulan-PEI siRNA nanoparticles not only increase the anticancer effect but also reduce the cytotoxicity to normal cells from the positively charged PEI (Kang et al. 2010).

PLGA is a biodegradable high-molecular polymer, which is formed by the condensation of two kinds of monomers, lactic acid (LA) and glycolic acid (GA). PLGA is approved by the US FDA and widely used in clinical medicine. PLGA features good biocompatibility, biodegradability, simple synthesis, high stability, large mechanical strength, adjustable degradation rate, and good plasticity. PLGA combines with siRNA through hydrogen bonds and hydrophobic interaction to form a polymeric siRNA nanoparticle complex (Hazekawa et al. 2019). Similarly, PLGA can also be modified by a targeting molecule for achieving a more specific accumulation in cancer cells. For example, CD44-modified PLGA were used to carry FAK siRNA to treat ovarian cancer (Byeon et al. 2018).

Zn-hyaluronic acid complex is a kind of polymeric nanoparticle assembly by combining Zn-dipicolylamine with hyaluronic acid, where, zinc can tightly bind with siRNA by coordination bonds. Because of the hydrophobic property, Zn-hyaluronic acid complex enables to simultaneously carry siRNA and hydrophobic anticancer drug, thereby achieving a combining anticancer therapy (Liu et al. 2012).

Actually, polymeric nanoparticles have become a very active research field, and numerous polymeric nanoparticles are developed, in particular, for the gene therapy of cancers. Among these, positively charged polyamidoamine dendrimer (PAMAM) also exhibits a promising suitability that it can bind with the negatively charged pDNA or siRNA molecule for treatment of breast cancer, (Li et al. 2015, 2018) cervical cancer (Lim et al. 2017) and lung cancer (Chiou et al. 2012).

### Conclusion

Gene regulations enable to stop the expression of mutated genes by direct blocking, translational or post-translational interference, and to enhance the sensitivity of chemotherapy by inducing the differentiation of immature malignant cells (oncogenic stem or progenitor cells), demonstrating remarkable efficacy in eradicating the refractory cancer cells. Gene regulations can be achieved by DNA modifications, gene editing, and RNA interference. Among which, RNA interference technique has made a successful advance in treatment of human disease as a globally first commercial siRNA product to treat amyloidosis neuropathy (patisiran), while more siRNA drugs are still in evaluation stages in laboratory or clinical trials for treatment of cancers. Accordingly, number of viral and non-viral vectors have been developed for delivery the genetic materials into the target cancer cells, such as the outstanding advances in retroviral vectors, lentiviral vectors, adenoviral vectors, cationic liposomes, and polymeric nanoparticles. Each of them enables to deliver gene drug in its unique mechanism but shares a common result, namely, highly effective treatment of cancer. To achieve this objective, there have still bottlenecks of gene regulation strategy in two aspects, including a remarkable gene regulation target, and a safe and high efficient transfection vector. It could be prospect that the breakthrough in fully recovery of severe cancer disease would be made in the field of gene regulation, with the increase in understanding of functional genomes.

### Compliance with ethical standards

#### Conflict of interest

The authors declare that they have no conflict of interest.

#### Statement of human and animal rights

This article does not contain any studies with human and animal subjects performed by any of the authors.

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