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A B S T R A C T

The glacial history of the westernmost Weddell Sea sector of Antarctica since the Last Glacial Maximum is virtually unknown, and yet it has been identified as critical for improving reliability of glacio-isostatic adjustment models that are required to correct satellite-derived estimates of ice sheet mass balance. Better knowledge of the glacial history of this region is also important for validating ice sheet models that are used to predict future contribution of the Antarctic ice sheet to sea level rise. Here we present a new Holocene deglacial chronology from a site on the Lassiter Coast of the Antarctic Peninsula, which is situated in the western Weddell Sea sector. Samples from 12 erratic cobbles and 18 bedrock surfaces from a series of presently-exposed ridges were analysed for cosmogenic ¹⁰Be exposure dating, and a smaller suite of 7 bedrock samples for in situ ¹⁴C dating. The resulting ¹⁰Be ages are predominantly in the range 80–690 ka, whereas bedrock yielded much younger in situ ¹⁴C ages, in the range 6.0–7.5 ka for samples collected from 138–385 m above the modern ice surface. From these we infer that the ice sheet experienced a period of abrupt thinning over a short time interval (no more than 2700 years) in the mid-Holocene, resulting in lowering of its surface by at least 250 m. Any late Holocene change in ice sheet thickness — such as re-advance, postulated by several modelling studies — must lie below the present ice sheet surface. The substantial difference in exposure ages derived from ¹⁰Be and ¹⁴C dating for the same samples additionally implies ubiquitous ¹⁰Be inheritance acquired during ice-free periods prior to the last deglaciation, an interpretation that is consistent with our glacial-geomorphological field observations for former cold-based ice cover. The results of this study provide evidence for an episode of abrupt ice sheet surface lowering in the mid-Holocene, similar in rate, timing and magnitude to at least two other locations in Antarctica.

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1. Introduction

Ice streams flowing into the Weddell Sea Embayment (WSE) of Antarctica at the present day drain approximately a fifth of the Antarctic Ice sheet (Joughin et al., 2006). Modelling studies suggest that changes in the current patterns of ocean circulation in the region over the next centuries could bring warm ocean water into contact with grounding lines, resulting in increasing contributions to sea level rise from this sector of the ice sheet (e.g. Hellmer et al., 2012; Wright et al., 2014; Ritz et al., 2015). It is therefore critical to develop a realistic understanding of how the drainage basins surrounding the WSE are likely to respond to future environmental change. Physical models that simulate such changes require glacial-geological evidence for past ice sheet behaviour for their validation (DeConto and Pollard, 2016). As a result of several marine and terrestrial geological campaigns studying the eastern and central regions of the WSE during the past decade — summarised in Hillenbrand et al., 2014, and subsequently Arndt et al., 2017; Balco et al., 2017; Bentley et al., 2017; Fogwill et al., 2014; Hein et al., 2014, 2016 — understanding of the configuration and extent of the Antarctic ice sheet in the WSE during the Last Glacial Maximum (LGM), as well as its subsequent thinning and retreat, has significantly increased. However, the westernmost margin of the WSE has seldom been visited; thus the pace and pattern of ice sheet change there since the LGM remains virtually unknown.

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This data gap is limiting the development of models, particularly those that require knowledge of ice mass loading during the past 5,000 years in order to reliably model glacio-isostatic adjustment (GIA) (Whitehouse et al., 2012). In particular, the Lassiter Coast of the south-western WSE (Fig. 1a) has been identified as an area where satellite-derived estimates of ice sheet mass balance are at present extremely unreliable due to the lack of knowledge of the degree and timing of Holocene ice mass loss (Wolstencroft et al., 2015). The importance of determining Holocene history of the ice sheet occupying the WSE has been further highlighted by several recent modelling studies which suggest that it may have been more dynamic during the last 10,000 years than previously thought: some simulations show a grounding line re-advance instead of progressive retreat to the present-day (Pollard et al., 2016, 2017; Gollédi et al., 2014; Maris et al., 2015; Kinglake et al., 2018). Furthermore, Bradley et al. (2015) achieved a better fit to GPS observations of crustal uplift across the whole WSE in their ice loading simulations by invoking an extended period of retreat or thinning during the mid-Holocene, followed by a late Holocene re-advance. This paper presents geomorphological evidence for a formerly thicker ice sheet in the westernmost WSE than at present, and geochronological data (10Be and in situ 14C exposure ages) that provide constraints on the deglacial history of the ice sheet in that area during the Holocene.

2. Ice sheet configuration since the Last Glacial Maximum

Results of several terrestrial geomorphological and cosmogenic dating studies in the eastern and southern WSE have been interpreted as evidence that the ice sheet was no more than a few hundred metres thicker at the LGM than it is today (Bentley et al., 2010; Fogwill et al., 2004, 2014; Hein et al., 2011, 2014; Hodgson et al., 2012). Some also document periods of thinning through the early-mid Holocene in the southern region in the Ellsworth and Pensacola Mountains (Bentley et al., 2017; Hein et al., 2016; Balco et al., 2017). However, the deglacial history — both at LGM and Holocene — of the ice sheet in the westernmost WSE is, in contrast, virtually unknown because there has been only one terrestrial reconnaissance-scale glacial-geomorphological study in the region (Bentley et al., 2006) and only one research cruise has collected marine sediment cores from the western Ronne Ice Shelf front (RV Polarstern ANT-IV/3; Fütterer et al., 1987). Geophysical surveys from that cruise revealed pristine mega-scale glacial lineations preserved in sediment on the inner shelf of Ronne Trough (Stolldorf et al., 2012), implying that ice was grounded there during the late Pleistocene (Hillenbrand et al., 2014). The only published age constraint on grounded ice retreat from Ronne Trough — 5.3 ± 0.3 cal yr BP, determined by radiocarbon dating of a glaciomarine diamicton in marine sediment (Hedges et al., 1995) — is a minimum limiting age and therefore does not preclude earlier retreat of grounded ice from the core site (Crawford et al., 1996).

The only terrestrial geomorphological study of the south-eastern Antarctic Peninsula determined cosmogenic 10Be and 26Al exposure ages for erratic cobbles collected from peaks situated within 30–50 km of the modern grounding line in the SE Antarctic Peninsula: Fergusson Nunataks and Mt Dewe (Fig. 1a; Bentley et al., 2006). These cobbles — transported to the sites by glaciers and subsequently exposed during ice sheet thinning — yielded a range of ages from 30 ka to 1.3 Ma, all suggesting that they experienced multiple periods of exposure since the LGM. Thus the authors were unable to constrain the onset of the last retreat of the Antarctic Peninsula ice sheet in the south-western WSE or to determine its trajectory through the Holocene. However, three erratics from the Behrendt Mountains in the central southern Antarctic Peninsula yielded Holocene exposure ages (7.2–12.3 ka; Bentley et al., 2006), suggesting that ice there was <300 m thicker than present by the early Holocene. Since the lowest sample analysed was situated 250 m above the present ice sheet surface, their exposure age data do not preclude further ice sheet surface lowering after 7.2 ka.

Since publication of the Bentley et al. (2006) study, the in situ-produced nuclide 14C has become more frequently utilised for glacio-geological studies in Antarctica, although only a few studies have reported more than a handful of in situ 14C ages. The nuclide has a half-life short enough that it decays rapidly during ice cover and hence permits determination of Holocene ice mass loss without the problem of nuclide inheritance that often complicates interpretation of 10Be and 26Al exposure age data in areas where there has been a lack of ice-sheet erosion. The present study takes advantage of this, demonstrating with 7 in situ 14C ages its importance for determining reliable Holocene deglacial histories in areas of Antarctica where 10Be inheritance is ubiquitous.

3. Study area and methods

We present exposure age data from a suite of rock samples collected from currently-exposed peaks and ridges of the Bowman and Smith Peninsulas on the Lassiter Coast of Antarctica (Fig. 1b). Several major outlet glaciers dissect the region at the present day, draining ice from the Antarctic Peninsula into the western and south-western WSE. The study sites were chosen for their close proximity to the modern grounding line (Fig. 1), where the greatest ice sheet thickness change since the LGM is expected. Details of sample collection and field methods are provided in Supplementary Data, Appendix I. Sparsely-distributed erratic cobbles of local lithology with sub-angular shape (Fig. 2a), juxtaposed with relatively-smooth bedrock surfaces and occasional tors (Fig. 2b and 2c), provide evidence for past ice cover. Small accumulations of till in bedrock hollows also confirm former ice cover. Bedrock in the region consists of extensive granodiorite and quartz diorite of the Lassiter Coast Intrusive Suite, co-existing with Latady Formation metasediments (Vennem and Rowley, 1986) and minor exposures of hornblende-rich pegmatites. Only the granodiorite and quartz diorite lithologies are suitable for exposure dating; however, all erratics observed in the study area were of this lithology.

In total, we collected 74 samples from bedrock and erratic cobbles from ice-free peaks adjacent to Johnston Glacier. Of these, we selected 36 for exposure dating as follows: 18 bedrock samples and 12 erratics — including some pairs from the same elevation — from exposed ridges at four nunataks on the central Bowman Peninsula (Mt Lampert and three un-named peaks; Fig. 1b), and six additional samples — 2 bedrock and 6 erratics — from Mt Owen, Mt Rath and Mt Light (Fig. 1b). All sites are situated within 15 km of the present grounding line. Samples were collected from a range of altitudes between 510–1141 m asl (Table 1), equating to 20–651 m above the modern ice sheet surface at 490 m asl (see Supplementary material, Appendix I, section 1.2). Fresh unweathered samples were selected where possible, and pitted and spalled erratics were avoided to minimise both the effect of post depositional geomorphic processes and the likelihood of cosmogenic nuclide inheritance from exposure prior to the LGM (which is common in Antarctica; Balco, 2011).

Cosmogenic 10Be exposure ages were determined on both erratic cobbles and bedrock from all study sites. In situ cosmogenic 14C was measured in 7 bedrock samples from the central Bowman Peninsula; these samples were selected because they span a wide altitudinal range and thus their 14C exposure ages would provide a check on the timing and magnitude of deglaciation derived from 10Be dating. Since it is conceivable (although unlikely) that sample sites might not have been ice-covered during the LGM for long enough for all the 14C accumulated during prior
Fig. 1. Location of study area. (a) Map of the Antarctic Peninsula and westernmost Weddell Sea Embayment, showing location of study area on Lassiter Coast (black rectangle). Inset shows area covered by main map. Also shown are the locations of key sites mentioned in the text. (b) Map of study area located within black rectangle in panel a. The Landsat-8 image (© 2018 DigitalGlobe, Inc.) is provided courtesy of U.S. Geological Survey; the blue line is the 2011 grounding line (Rignot et al., 2011). Locations of samples analysed in this study are indicated by solid and open symbols as shown in legend, and sample site names are shown in bold. The star marks the location of marine sediment core, PS-1423 (see text). (For interpretation of the colours in the figure(s), the reader is referred to the web version of this article.)

Table 1
Sample details and location information.

| Sample ID | Location                  | Type       | Latitude  | Longitude  | Altitude (m a.s.l.) | Shielding factor |
|-----------|---------------------------|------------|-----------|------------|---------------------|------------------|
| P11.16.3  | Bowman Peninsula          | bedrock    | −74.5475  | −62.4297   | 850                 | 1.000            |
| P11.12.2  | Bowman Peninsula          | bedrock    | −74.5714  | −62.4789   | 675                 | 1.000            |
| P11.11.4  | Bowman Peninsula          | bedrock    | −74.5735  | −62.4808   | 628                 | 0.997            |
| P11.16    | Bowman Peninsula          | bedrock    | −74.5740  | −62.4817   | 607                 | 0.999            |
| P11.12.1  | Bowman Peninsula          | bedrock    | −74.5570  | −62.4676   | 800                 | 1.000            |
| P11.12.2  | Bowman Peninsula          | bedrock    | −74.5551  | −62.4692   | 830                 | 1.000            |
| P11.12.3  | Bowman Peninsula          | bedrock    | −74.5535  | −62.4703   | 868                 | 1.000            |
| P11.12.4  | Bowman Peninsula          | bedrock    | −74.5536  | −62.4702   | 864                 | 1.000            |
| P11.12.6  | Bowman Peninsula          | bedrock    | −74.5532  | −62.4720   | 875                 | 1.000            |
| P11.13.2  | Bowman Peninsula (Mt Lampert) | bedrock | −74.5499  | −62.5906   | 690                 | 0.998            |
| P11.13.3  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5489  | −62.5897   | 710                 | 0.997            |
| P11.13.5  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5465  | −62.5919   | 768                 | 0.998            |
| P11.13.6  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5457  | −62.5934   | 795                 | 1.000            |
| P11.13.9  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5503  | −62.5909   | 663                 | 0.997            |
| P11.14.1  | Bowman Peninsula          | bedrock    | −74.5745  | −62.4881   | 510                 | 0.977            |
| P11.14.2  | Bowman Peninsula          | bedrock    | −74.5741  | −62.4840   | 585                 | 0.994            |
| P11.14.4  | Bowman Peninsula          | bedrock    | −74.5740  | −62.4841   | 589                 | 0.994            |
| P11.14.5  | Bowman Peninsula          | bedrock    | −74.5742  | −62.4831   | 593                 | 0.994            |
| P11.16.4  | Bowman Peninsula          | bedrock    | −74.5475  | −62.4297   | 850                 | 1.000            |
| P11.6.6   | Bowman Peninsula          | bedrock    | −74.5447  | −62.4236   | 822                 | 1.000            |
| P11.6.7A  | Bowman Peninsula          | bedrock    | −74.5434  | −62.4229   | 798                 | 0.998            |
| P11.6.7B  | Bowman Peninsula          | bedrock    | −74.5434  | −62.4229   | 798                 | 0.998            |
| P11.8.1   | Bowman Peninsula          | bedrock    | −74.5533  | −62.4706   | 875                 | 1.000            |
| P11.8.3   | Bowman Peninsula          | bedrock    | −74.5530  | −62.4716   | 873                 | 0.999            |
| P11.11.3  | Bowman Peninsula          | bedrock    | −74.5710  | −62.4797   | 671                 | 1.000            |
| P11.11.5  | Bowman Peninsula          | bedrock    | −74.5547  | −62.4817   | 607                 | 0.999            |
| P11.12.5  | Bowman Peninsula          | bedrock    | −74.5536  | −62.4702   | 864                 | 0.996            |
| P11.13.1  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5499  | −62.5906   | 690                 | 0.999            |
| P11.13.7  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5457  | −62.5934   | 795                 | 0.981            |
| P11.13.8  | Bowman Peninsula (Mt Lampert) | bedrock  | −74.5457  | −62.5934   | 795                 | 1.000            |
| P11.15.5  | Mt Rath                   | bedrock    | −74.3293  | −62.5825   | 1141                | 0.987            |
| P11.15.7  | Mt Rath                   | bedrock    | −74.2646  | −62.0396   | 909                 | 1.000            |
| P11.17.5  | Mt Light                  | bedrock    | −74.2637  | −62.0416   | 937                 | 1.000            |
| P11.17.6  | Mt Light                  | bedrock    | −74.2635  | −62.0431   | 952                 | 0.999            |
| P11.10.1  | Mt Owen                   | bedrock    | −74.4109  | −62.5562   | 848                 | 0.989            |
| P11.10.9  | Mt Owen                   | bedrock    | −74.4126  | −62.5451   | 932                 | 1.000            |
bedrock or erratics are analysed because, unlike $^{10}$Be, $^{14}$C from exposure prior to the LGM decays rapidly rather than remaining in the rock surface (e.g. Briner et al., 2014; Johnson et al., 2017; Young et al., 2018). Although there will always be some residual $^{14}$C (approximately 5% in a surface that was ice-covered at 25 ka, for example), the $^{14}$C measured is predominantly that which accumulated in the rock surface only since the LGM. However, in contrast to erratics which could have been transported from elsewhere during the LGM, there is zero chance that bedrock could have moved since it was last covered by ice; therefore, any $^{14}$C age versus altitudinal profile on bedrock samples is likely to more reliably reflect the trajectory of post-LGM ice sheet change. For this reason, bedrock samples were preferred for the in situ $^{14}$C analysis in this study.

Samples were prepared for $^{10}$Be measurement at Lamont-Doherty Earth Observatory cosmogenic nuclide laboratory, and analysed at the Center for Accelerator Mass Spectrometry, Lawrence Livermore National Laboratory, USA; quartz for in situ $^{14}$C analysis was isolated at Tulane University Cosmogenic Nuclide Laboratory, USA, and the extracted carbon and stable carbon isotope ratios measured at Woods Hole National Ocean Sciences Accelerator Mass Spectrometry (NOSAMS) and UC Davis Stable Isotope Facility, respectively. Details of all samples, field methods, analytical procedures, exposure age calculations and analytical data are provided in Table 1 and Supplementary material Appendix 1 (Tables 2–3); analytical data are also publicly accessible in the ICE-D'Antarctica database (http://antarctica.ice-d.org).

4. Results

Bedrock from both the central Bowman Peninsula and Mts Owen, Rath and Light yielded $^{10}$Be ages in the range 90–489 ka for elevations of 20–385 m above the modern ice surface, and erratic cobbles yielded ages of 19–686 ka for elevations above modern ice of 117–651 m (Fig. 3a). With just three exceptions, all the ages are older than 100 ka, significantly pre-dating the LGM. Whilst bedrock ages show a general trend of decreasing age with elevation (Fig. 3b), the erratic $^{10}$Be ages are scattered with no apparent trend (Fig. 3a). In contrast, in situ $^{14}$C measurement of selected bedrock samples from three closely-spaced nunataks of the central Bowman Peninsula (Mt Lamport and two un-named peaks; Fig. 1b) — including the highest sample collected — yielded ages in the much narrower range of 6.0 ± 0.5 to 7.5 ± 0.7 ka (Fig. 4) for elevations of 138–385 m above the modern ice surface. Since all the $^{14}$C ages are Holocene (i.e. <11.7 ka), they provide evidence that all the bedrock samples contained some $^{10}$Be inherited from exposure prior to the LGM and thus their $^{10}$Be ages cannot be interpreted as deglaciation ages. Combined with an almost complete absence of both erratics of exotic lithology (i.e. non-granodiorite) and striated bedrock surfaces across the study area, the presence of inherited $^{10}$Be in all bedrock samples furthermore implies little erosion during glacial cycles. Such a situation is consistent with intermittent cover by cold-based (non-erosive) ice prior to the Holocene (Stone et al., 2003; Sugden et al., 2005).

We interpret the $^{14}$C ages as reflecting the timing of thinning of Johnston Glacier, one of several large glaciers along the Lassiter Coast that drain ice from the eastern Antarctic Peninsula into the WSE (Fig. 1). Whilst the possibility that they reflect retreat of a local ice dome or cold-based glacier cannot be ruled out, field evidence consistent with the former presence of local ice was observed in the study area. For example, no moraines or radial patterns of striations were seen, and some erratics have faceted surfaces, implying subglacial transport. In addition, the nunataks are not flat-topped and thus would not readily support small local ice domes. The $^{14}$C ages imply that the ice sheet thinned in this

**Fig. 2.** Surface features on nunataks of the Bowman Peninsula, Lassiter Coast. (a) Sub-angular granodiorite erratic cobbles — indicated by arrows — perched on smooth bedrock surfaces of the same lithology. Compass and pen for scale. Photograph location: −74.5027°S/−62.5664°W (b) Bedrock surface with abundant weathering pits. Smith Peninsula (situated NE of Bowman Peninsula; Fig. 1b) is visible in the background. Compass for scale. Location: −74.5434°S/−62.4229°W (c) Small tor-like feature — marked with an arrow — with weathering pits on its uppermost surface, formed in granodiorite bedrock. Compass for scale. Location: −74.5535°S/−62.4703°W.
region by at least 250 m during a short interval of no more than 2700 years, between 6.0 ± 0.5 and 7.5 ± 0.7 ka. All the 14C ages overlap within error, so we use the average age of those samples (6.9 ± 0.5 ka; Fig. 4) as the best estimate for when the ice surface had lowered to its modern elevation; however since there are no ages for elevations lower than 138 m above the modern ice surface, a lower rate of thinning proceeding into the later Holocene cannot be excluded.

5. Discussion

5.1. Extent and timing of deglaciation

The concurrence of 14C ages from nunataks on the Bowman Peninsula is strong evidence that those peaks deglaciated during the mid-Holocene. The consistency of those ages furthermore implies rapid deglaciation, with at least 250 m of thinning occurring over just a few thousand years between 6.0 ± 0.5 and 7.5 ± 0.7 ka. Given that the highest elevation sample from which a reliable deglaciation 14C age was obtained is 385 m above the modern ice sheet surface, we infer that the ice sheet in this region was at least 385 m thicker than present at the LGM, and probably much thicker (the samples analysed were not collected from sufficiently high above the modern ice sheet surface to permit an estimation of maximum LGM ice thickness; a few quartz-bearing samples were collected from higher elevations further inland at Mt Rath, but were not analysed for in situ 14C due to limited resources available for this project) (Fig. 5). In comparison with the nearest existing glacial-geomorphological constraints on ice sheet thickness – that suggest ice in the Behrendt Mountains was 300 m thicker than present by 7.2 ka (Bentley et al., 2006) – the new data imply that the ice sheet was ~100 m thicker on the WSE coast than at the Behrendt Mountains at that time (the highest sample analysed for 14C, P11.2.6, yielded a deglaciation age of 6.7 ± 0.6 ka from 385 m above modern ice).

The 14C exposure age data presented here also provide constraints on the timing of lowering of the ice sheet surface close to its modern elevation. Using the average of the upper seven in situ 14C ages as the most likely timing for lowering of the ice sheet surface to its modern elevation implies that the ice sheet surface was close to present by 6.9 ka (Fig. 4). However, the data do not preclude thinning after 6.9 ka, perhaps even into the late Holocene, as is suggested by mismatches between GIA models and observed uplift (see section 5.3); nevertheless, any evidence for this must lie below the modern ice sheet surface and can only be accessed by subglacial bedrock drilling (see Spector et al., 2018).

At several other sites on the eastern Antarctic Peninsula, Bentley et al. (2006) reported a large proportion of samples showing evidence for 10Be and 21Al inheritance, which they attributed to cover by cold-based ice. 10Be ages from the Lassiter Coast samples are all considerably older than the 14C ages, and are all >80 kyrs older than LGM. Thus they must contain a large amount of inherited 10Be. We interpret this as evidence for lack of erosion during multiple periods of cover by cold-based ice. This interpretation is further supported by the geomorphological observations described in section 3, such as the presence of few erratics of only local lithologies, as well as landscape features such as tors and weathering pits that can survive several periods of glaciation under conditions of minimal erosion (Sugden et al., 2005). Evidence for cover by cold-based ice is widespread around the WSE (e.g. Balco et al., 2017; Bentley et al., 2017; Hein et al., 2014).
5.2. Comparison with other evidence for Holocene ice sheet change

In the marine geologic record, grounded ice retreat from a core site near the mouth of Nantucket Inlet (PS-1423; Fig. 1) had occurred by 5.3 ± 0.3 ka (Hedges et al., 1995; Crawford et al., 1996; Fig. 3c), and subglacial lineations on the seafloor at that site provide evidence for streaming ice along Ronne Trough at that time. The in situ $^{14}$C exposure ages that suggest deglaciation of the Bowman Peninsula 6–8 kyrs ago therefore concur with the timing of grounded ice retreat across the continental shelf, which was under way in the Holocene and had reached the core site PS-1423 by 5.3 ka. Based on both terrestrial and marine geologic evidence, two scenarios have been suggested for LGM ice extent in the WSE; these differ over whether or not ice was grounded at the LGM in the deepest parts of palaeo-ice stream troughs that extend northwards across the continental shelf (Hillenbrand et al., 2014). The new $^{14}$C exposure age data presented here do not favour one scenario over the other; since both scenarios imply that grounded ice along the Lassiter Coast had retreated close to its modern configuration between 10 and 5 ka, either would be consistent with the exposure age data.

Several regions of Antarctica have undergone hundreds of metres of ice surface lowering during the Holocene. Johnston Glacier experienced a change in ice thickness ~6–8 kyrs ago similar in abruptness and magnitude to that detected by exposure dating in both the Hudson Mountains/Pine Island Glacier in the Amundsen Sea sector (Johnson et al., 2014) and Mackay Glacier in the Ross Sea sector (Jones et al., 2015) (Fig. 6). In the southern Transantarctic Mountains, several short phases of similarly-rapid thinning are evident, but within a longer — and overall slower — trajectory of thinning that continued into the late Holocene (Spector et al., 2017; Fig. 6). In contrast, exposure ages from the Heritage Range of the Ellsworth Mountains (Hein et al., 2016) provide a less well-constrained thinning history than the other sites in Fig. 6, hence it is not possible to detect any short-lived episodes of rapid ice sheet surface lowering in that area. The Johnston Glacier data do not preclude that rapid thinning in the mid-Holocene was preceded by a slower phase of thinning immediately following the LGM ( sampling at higher elevations would be required to determine this); however, in contrast to the Transantarctic Mountains data, there is no evidence that thinning — whether rapid or not — continued to the modern ice surface elevation beyond 6 ka. Thus the series of thinning histories shown in Fig. 6 demonstrates that episodes of rapid thinning resulting in a few hundred metres of surface lowering, such as that detected on the Lassiter Coast, were not uncommon in the Holocene epoch in Antarctica. Such phases of rapid upstream thinning are an expected response to phases of rapid grounding line retreat at coastal locations (e.g. Joughin et al., 2014; Jones et al., 2015). However, the causes of such retreat will vary depending on location and ice sheet dynamics. Modelling experiments in which a range of forcings can be applied to test likely influences on timing and style of deglaciation (e.g. Whitehouse et al., 2017) are needed to determine the most likely cause of the episode of rapid thinning of Johnston Glacier and to test the significance of the concurrence of mid-Holocene thinning on the Lassiter Coast with simultaneous thinning of Pine Island Glacier (Hudson Mountains) and Mackay Glacier (Fig. 6). Such model experiments are beyond the scope of the present study and, to our knowledge, none have yet been undertaken in this area by others.

5.3. Significance for GIA models

Reliable models of GIA are important for correcting estimates of ice mass loss derived from satellites such as GRACE (Bentley and Wahr, 1998). There is currently a mismatch between uplift predicted by GIA ice history models and that observed from ground-based GPS measurements in the south-east Antarctic Peninsula, particularly along the Lassiter Coast (Wolstencroft et al., 2015). This suggests that the GIA ice history models are not correct, and that grounding line retreat must have occurred later in this region than currently assumed, or that the ice sheet was thicker at the LGM. Thus an improved understanding of LGM ice sheet thickness in this region and its Holocene deglacial history from glacial-geological studies is critical for correcting the models.

The new exposure age data presented here show that at least 385 m of ice sheet lowering has occurred since 7.5 ka in the westermmost WSE, with at least 250 m of that in the mid-Holocene, 6–7.5 ka. If the rate of thinning derived from the $^{14}$C age dating had been sustained for the past 20 kyrs, the LGM ice sheet would have been implausibly thick; therefore the data imply that the ice sheet could not have thinned steadily from LGM to the mid-Holocene, but that grounding line retreat occurred in a stepwise manner. This study thus provides valuable new data on Holocene deglacial history needed for improving GIA ice history models. However, it is unable to provide constraints on any late Holocene change in grounding line positions: although there is no evidence in the exposure age data for change in ice sheet thickness after 6 ka, further lowering of the ice surface below its present elevation followed by late Holocene thickening to the present configuration cannot be ruled out. Such a re-advance was invoked by
Bradley et al. (2015) to achieve a better fit of their GIA model to GPS-measured observations of uplift and to explain glaciological and geophysical evidence (Siegert et al., 2013) for reorganisation of ice flow in the south-eastern WSE in the late Holocene. In addition, recent model experiments of the West Antarctic Ice Sheet by Kingslake et al. (2018) showed that isostatic rebound caused widespread Holocene grounding line re-advance after an earlier post-LGM retreat. Although in the model this occurred during the early — rather than late — Holocene, the precise timing of re-advance is sensitive to both bed topography and forcings. Nonetheless, the new exposure age data do not preclude the possibility that some or all of the terrestrial geological record of late Holocene change lies below the modern ice surface, and therefore cosogenic dating of rock samples obtained by subglacial bedrock drilling may be necessary to validate these interpretations.

6. Conclusions

This study presents the Holocene deglacial history of Johnston Glacier in the westernmost Weddell Sea Embayment determined from cosogenic $^{10}$Be and in situ $^{14}$C exposure age dating of bedrock and erratic cobbles. Geomorphological observations combined with a mismatch between $^{10}$Be and $^{14}$C dates on bedrock samples — the majority yielding $^{10}$Be ages in the range 100–800 ka compared with $^{14}$C ages entirely of mid-Holocene age on the same samples — indicates former cover by non-erosive cold-based ice. Results from in situ $^{14}$C exposure dating show that the ice sheet underwent abrupt thinning in the mid-Holocene; 250 m of surface lowering occurred in a narrow time interval (no more than 2700 years if errors are taken into account) between 6.0 ± 0.5 and 7.5 ± 0.7 ka. The results further show that between 7.5 ka and the
Appendix A. Supplementary material

Supplementary material related to this article can be found online at https://doi.org/10.1016/j.jes.2019.05.002.

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