Nuclear Spins as Quantum Testbeds: Singlet States, Quantum Correlations, and Delayed-choice Experiments

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By

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Certificate

Certified that the work incorporated in the thesis entitled “Nuclear Spins as Quantum Testbeds: Singlet States, Quantum Correlations, and Delayed-choice Experiments”, submitted by Soumya Singha Roy was carried out by the candidate, under my supervision. The work presented here or any part of it has not been included in any other thesis submitted previously for the award of any degree or diploma from any other University or institution.

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Abstract

Nuclear Magnetic Resonance (NMR) forms a natural test-bed to perform quantum information processing (QIP) and has so far proven to be one of the most successful quantum information processors. The nuclear spins in a molecule are treated as quantum bits or qubits which are the basic building blocks of a quantum computer.

The long lived singlet state (LLS) has found wide range of applications ever since it was discovered by Carravetta, Johannessen, and Levitt in 2004. Under suitable conditions, singlet states can live up to minutes or about many times of longitudinal relaxation time constant (T1). For the first time, we have exploited the long lifetime of singlet states in NMR to execute several potentially important QIP problems. We were able to prepare high fidelity pseudopure states (PPS) in multi-qubit systems starting from LLS. We developed an efficient scheme of density matrix tomography to study all these quantum states. The tomographic study on LLS shows some interesting results. We performed experiments, where we created all the four Bell states from LLS and then studied the effect of various dynamical decoupling sequences on preserving these states. We found that Uhrig dynamical decoupling sequence is better than CPMG sequence in preserving Bell states for longer duration under suitable conditions.

Nuclear spin systems form convenient platforms for studying various quantum phenomena. We used violation of Leggett-Garg Inequality (LGI) in a two-qubit system to study the transition from quantum to macrorealistic behavior. We observed perfect violation of LGI for time scales which are much small compared to the spin-spin relaxation time scales. However, with the increasing time scales, we notice a gradual transition of spin-states from quantum to classical behavior. This steady arrival of classicality can be attributed to the decoherence process. In a separate experiment we performed quantum delayed choice experiment in nuclear spin ensembles to study the wave-particle duality of quantum states. These set of experiments clearly demonstrate a continuous morphing of the target qubit between particle-like and wave-like behaviors, thus supporting the theoreticians’ demand to reinterpret Bohr’s complementary principles.
Chapter 1

Introduction

“If we cannot possibly reach our desired destination, what is the point in setting out? This question might seem reasonable, but its premise is too restrictive: sometimes one walks not to reach a destination, but to observe the scenery along the way, and the pursuit of NMR quantum computation has thrown up some surprising sights.”

- Jonathan A. Jones, 2010

1.1 Nuclear Magnetic Resonance

There are four main physical properties in an atomic nucleus: mass, electric charge, magnetism, and spin [1 2]. Most of the macroscopic physical or chemical properties of matter depend on the mass and charge characteristics of nucleus. Though it is less evident, most of the nuclei are magnetic and behave like a tiny bar magnet [1]. However, this nuclear magnetism is very weak and may have little consequence on the matter’s property. The dynamics of a nuclear spin can not be understood fully under classical physics and one has to invoke quantum mechanics. The spin and the associated nuclear magnetism provide us the tool to look not only inside the atom but also its microscopic world [1 2].
Chapter 1. Introduction

The first direct evidence of nuclear magnetism was given by Stern and Gerlach in 1922 [3]. The Stern-Gerlach experiment involves sending a beam of particles through an inhomogeneous magnetic field and observing their deflection [3]. Much to the astonishment of classical physics, the beam splits into only two parts depending on the parallel and anti parallel alignment of their respective magnetic moment in the magnetic field. The exact measure of proton’s magnetic moment was done by a series of experiments performed by Frisch, Estermenn, and Stern during 1933-1937 [4, 5, 6]. Almost around the same time Isidor Rabi was working on the nuclear magnetism using the extended version of the Stern-Gerlach apparatus. Rabi and co-workers showed the first indication of ‘nuclear magnetic resonance’ in molecular beams [7]. Soon after, this resonance effect achieved its spectroscopic importance after Bloch [8, 9, 10] and Purcell [11, 12, 13] independently observed nuclear magnetization in a bulk matter in 1946.

Since then, NMR has been studied extensively and has found wide field of applications in physical, chemical, biological, medical and material sciences. In this section, we give a brief overview of the basic principles of NMR. Later sections will describe the field of quantum information processing and its physical realization through NMR.

1.1.1 A nuclear spin under a static magnetic field

Let us consider the simplest situation where we have a single nucleus (an isolated spin) placed in an external magnetic field \( B_0 \). The magnetic nuclei will have a characteristic ‘Larmor’ frequency of \( \omega_0 = -\gamma B_0 \). Here \( \gamma \) represents gyromagnetic ratio of the particular nuclear isotope. The Zeeman Hamiltonian can be written as

\[
    \mathcal{H}_z = -\mu \cdot B = -\hbar I_z \gamma B_0 = \hbar \omega_0 I_z, \quad (1.1)
\]

where \( \mu \) is the nuclear magnetic moment operator and the external magnetic field \( B_0 \) is taken along \( \hat{z} \) direction. \( I_z \) denoting the z component of the nuclear spin operator and the
1.1. Nuclear Magnetic Resonance

The relation between the spin operator and magnetic moment can be written as \( \mu = \gamma \hbar I_z \).

Below is a table showing comparative study of different properties relevant in NMR for various nuclei \([2]\).

| Nucleus | Spin | Natural abundance(%) | Gyromagnetic ratio \( \gamma /10^6 \text{ rad s}^{-1}\text{T}^{-1} \) | NMR frequency at 11.7 T \( (\omega_0/2\pi) \) in MHZ |
|---------|------|----------------------|--------------------------------------|------------------|
| \(^1\text{H}\) | 1/2  | ~100                 | 267.522                               | -500.000         |
| \(^{13}\text{C}\) | 1/2  | 1.1                  | 67.283                                | -125.725         |
| \(^{19}\text{F}\) | 1/2  | ~100                 | 251.815                               | -470.470         |
| \(^{31}\text{P}\) | 1/2  | ~100                 | 10.394                                | -202.606         |

Table 1.1: Table of most commonly used nuclear isotopes in NMR

The eigenvalues of the Zeeman Hamiltonian (Eq. 1.1) represent the energy levels of the nucleus and are given by

\[ E_m = -m\hbar\omega_0. \] (1.2)

Here \( m \) represents the magnetic quantum number and it can take certain discrete values \( m = -I, -I + 1, \ldots, I - 1, I \), where \( I \) can be integer or half-integer and is known as the spin quantum number. \( I(I + 1)\hbar^2 \) is the eigenvalues of total spin operator \( I^2 \).

While \( I_z \) represents a stationary state under the Zeeman Hamiltonian, \( \langle I_z \rangle \) and \( \langle I_x \rangle \) show out of phase oscillations at Larmor frequency \( (\omega_0) \). Higher (positive) \( m \) values have lower energy state (Eq. 1.2) and thus the ground state is the state with \( m = I \).

In a semiclassical picture, it can be seen as the nuclear spin that is aligned along the static magnetic field direction. On the other hand, highest excited state corresponds to a spin-alignment against the magnetic field.

For an ensemble of nuclear spins at thermal equilibrium, the population distribution can be represented by Boltzmann statistics. For spin-1/2 ensemble, there will be only two possible energy levels with \( m = -1/2 \) and \( m = +1/2 \). The population ratio of these
two levels is determined by Boltzmann distribution

\[
p_{-} = \frac{P_{-}}{P_{+}} = e^{-\hbar \omega_0 / k_B T}, \quad (1.3)
\]

where \( k_B \) is the Boltzmann constant and \( T \) is the absolute temperature of the ensemble. In the case of \(^1H\) nuclei at a 10 T magnetic field strength, \( \hbar \omega_0 \approx 10^{-6} \text{eV} \). Whereas at room temperature \( k_B T \approx 2.5 \times 10^{-2} \text{eV} \), hence the ratio \( \hbar \omega_0 / k_B T \approx 10^{-5} \). So the Boltzmann factor \( e^{-\hbar \omega_0 / k_B T} \) is almost close to unity. This can naively be interpreted as, there are slightly more spins in the parallel direction (lower state) than in the anti-parallel direction (upper state) and this slight imbalance in the populations is responsible for the ‘net’ nuclear magnetization along the \( z \)-direction. This also reveals the fact that, NMR is a very low sensitive technique.

The nuclear magnetization for an ensemble of spin-1/2 nuclei at thermal equilibrium is given by [14]

\[
M_0 = \frac{n_0 \gamma^2 \hbar^2 B_0}{4k_B T}, \quad (1.4)
\]

where \( n_0 \) is the number of nuclei per unit volume. From above equation it is clearly seen that the magnetization increases linearly with the external field strength, whereas it is inversely proportional to the temperature. Hence nuclear magnetism is paramagnetic in nature and follows Curie’s law [14]. Also, the demand for higher field strength can be understood from the above equation. However, the temperature of the ensemble can not be reduced as per wish, since it is related to the ‘state’ of the matter and hence on its dynamics. Here it can be noted that, electrons also posses paramagnetism and the magnitude of electron paramagnetism is three order of magnitude higher than the nuclear magnetism.

1.1.2 Radiofrequency field

The application of static magnetic field will create a Zeeman splitting according to the Eq. [1.1] Now the transitions between the energy levels can be induced by the application
of suitable oscillatory magnetic fields with appropriate frequencies. From the Table 1.1 it is seen that the Larmor frequencies are of the order of MHz in present days’ magnet of a few Tesla and resonance can be achieved by the application of RF fields. In Comparison, typical electron Larmor frequencies are of the order of GHz range.

The dynamics of nuclear spin excitation due to the application of oscillatory magnetic field can be well understood by considering a time dependent magnetic field, $B_1(t)$ applied perpendicular to the static magnetic field $B_0$. The RF interaction Hamiltonian $(\mathcal{H}_{RF})$, can be written in a similar way as the Zeeman Hamiltonian.

$$\mathcal{H}_{RF} = -\mu \cdot B_1(t) = -\gamma \hbar I_x [2B_1 \cos(\Omega t + \phi)]$$  \hspace{1cm} (1.5)

where

$$B_1(t) = 2B_1 \cos(\Omega t + \phi)\hat{x}$$ \hspace{1cm} (1.6)

Here $\Omega$ and $\phi$ are respectively the frequency and phase of the RF field which is along the $\hat{x}$ direction. The strength of the oscillatory magnetic field $(B_1(t))$ is much smaller than the Zeeman field strength $(B_0)$ an hence it is reasonable to treat the RF Hamiltonian $(\mathcal{H}_{RF})$ as a perturbation to the Zeeman Hamiltonian $(\mathcal{H}_z)$. The dynamics can be described by the standard time dependent perturbation theory [15]. The result shows that, at resonance condition ($\Omega \approx \omega_0$), there will be induced transitions between the eigenstates of $\mathcal{H}_z$ with a transition rate given by the Fermi golden rule [16]

$$p_{m_1 \rightarrow m_2} = p_{m_2 \rightarrow m_1} \propto \gamma^2 \hbar^2 B_1^2 \left| \langle m_1 | I_x | m_2 \rangle \right|^2,$$  \hspace{1cm} (1.7)

where $m_1$ and $m_2$ are two energy eigenstates of the system. It can be seen from the above equation that, the transition probability on either way depends on square root of gyromagnetic ratio of the nucleus and the magnitude of RF field. The selection rule for the allowed transition should be, $\Delta m = \pm 1$.

Now we will discuss the logic behind choosing the RF magnetic field similar to Eq. 1.6. We can think of a linearly polarized magnetic field $B_1(t)$ as composed of two circularly polarized fields with same frequency and amplitude but precessing in opposite
directions about z-axis.

\[ B_1(t) = 2B_1 \cos(\Omega t + \phi) \hat{x} = B_1^+(t) + B_1^-(t) \]  
(1.8)

where, \[ B_1^+(t) = B_1[ \cos(\Omega t + \phi) \hat{x} + \sin(\Omega t + \phi) \hat{y} ] \]  
(1.9)

\[ B_1^-(t) = B_1[ \cos(\Omega t + \phi) \hat{x} - \sin(\Omega t + \phi) \hat{y} ] \]  
(1.10)

The RF field interactions can be better described in rotating frame formalism. At resonance condition, (i.e., \( \Omega = \omega_0 \)) the field \( B_1^- \) rotates coherently with the nuclear Larmor precession along z-axis. Whereas, the field \( B_1^+ \) rotates exactly in opposite sense. In a frame which is rotating along with the Larmor frequency, the field \( B_1^- \) is stationary along with nuclear spin, whereas the field \( B_1^+ \) rotates with a frequency twice the Larmor frequency. Therefore, at high static fields it can safely be assumed that only the field \( B_1^- \) has effect on the nuclear spins.

Let us assume the on-resonance condition i.e., \( \Omega = \omega_0 \). In a frame that is rotating with \( B_1^- \) with same frequency and direction, the magnetic moment sees a static field, say along direction \( \hat{x}' \), and precesses about it. In the case of off-resonance conditions (i.e. \( \Omega \neq \omega_0 \)), the precession of magnetic moments in the rotating frame is around an axis defined by an effective magnetic field given by,

\[ B_{\text{eff}} = \left( B_0 - \frac{\Omega}{\gamma} \right) \hat{z} + B_1 \hat{x}'. \]  
(1.11)

The relation between laboratory frame and rotating frame is given by,

\[ \hat{x}' = \cos(\Omega t + \phi) \hat{x} - \sin(\Omega t + \phi) \hat{y} \]  
(1.12)

At on-resonance condition, the precession frequency about \( B_{\text{eff}} \) is also known as nutation frequency \( \omega_{\text{nut}} = -\gamma B_{\text{eff}} \) in analogy with the Larmor frequency. Application of an RF pulse for the time duration \( t_p \), makes the magnetization shift from its initial
1.1 Nuclear Magnetic Resonance

$z$-direction by a nutation angle given by,

$$\theta_p = \gamma B_1 t_p.$$ (1.13)

Hence, a $\pi/2$ pulse is defined as a pulse which can take the magnetization from longitudinal direction to transverse plane. One must remember that in laboratory frame the magnetization is always precessing around the $z$-axis in addition to nutating about the RF axis.

1.1.3 Nuclear spin interactions

So far we have described the nuclear spins in isolated situation without any kind of interactions. In practice, nuclear spins are interacting with each other as well as with the environment. The interaction of nuclear spins with each other makes NMR a very sophisticated tool with versatile applications. However interaction of nuclear spins with environment remains a challenge in the field of NMR-QIP and we will discuss this case in detail in a later chapter. Here we describe the main interactions involving in the nuclear spins under normal conditions [16, 17].

The total nuclear Hamiltonian is given by

$$\mathcal{H}_{total} = \mathcal{H}_{RF} + \mathcal{H}_{int},$$ (1.14)

where $\mathcal{H}_{int}$ represents the internal interactions of the nuclei. Here we will concentrate on the $\mathcal{H}_{int}$ part of the total Hamiltonian. There are several contributors to the internal Hamiltonian part based on its physical and chemical characters. In most of the case the material in study under NMR is a diamagnetic insulating substance. For this the internal Hamiltonian is given by

$$\mathcal{H}_{int} = \mathcal{H}_{CS} + \mathcal{H}_{D} + \mathcal{H}_{J} + \mathcal{H}_{Q}$$ (1.15)
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where, $\mathcal{H}_{CS}$ is the chemical shift interaction, $\mathcal{H}_D$ is the direct dipolar interaction, $\mathcal{H}_I$ is the indirect spin-spin interaction, and $\mathcal{H}_Q$ is the quadrupolar interaction.

Chemical Shift

Though the external magnetic field applied is same for all the nuclei, it is not even exactly same for a same type of nuclei in a molecule. The slight change in the magnetic field is due to the modified chemical environment created by the electron density surrounding it. The modified magnetic field is given by

$$
\mathbf{B}_{\text{loc}} = (1 - \tilde{\sigma})\mathbf{B}_0,
$$

where $\tilde{\sigma}$ is known as chemical shielding tensor allied to that particular nuclear site. Hence the chemical shift Hamiltonian can be written as,

$$
\mathcal{H}_{CS} = -\mu \cdot (-\tilde{\sigma}\mathbf{B}_0) \equiv \gamma \hbar \sigma_{zz}(\theta, \phi) B_0 I_z.
$$

The approximation is known as secular approximation. Now,

$$
\sigma_{zz}(\theta, \phi) = \sigma_{11} \sin^2 \theta \cos^2 \phi + \sigma_{22} \sin^2 \theta \sin^2 \phi + \sigma_{33} \cos^2 \theta,
$$

where, $\sigma_{11}, \sigma_{22},$ and $\sigma_{33}$ are the principle values of the chemical shielding tensor $\tilde{\sigma}$. Here $\theta$ and $\phi$ are the azimuthal and polar angle respectively, describing the magnetic field $\mathbf{B}_0$ in the principle axis system. In isotropic liquid, due to rapid molecular motions, shielding tensor get averaged. Hence, the time averaged shielding constant for isotropic liquid can be written as,

$$
\sigma_{\text{iso}} = \frac{1}{3} \left( \sigma_{xx} + \sigma_{yy} + \sigma_{zz} \right).
$$

The consequence of the above calculation is the introduction of a shift in resonance frequency,

$$
\omega = \omega_0 (1 - \sigma_{\text{iso}}).
$$
1.1. Nuclear Magnetic Resonance

For a monocrystalline material, the above equation will be modified just by replacing $\sigma_{\text{iso}}$ with $\sigma_{zz}$. In the case of polycrystalline material or powder samples, the continuous distribution of orientations of the several crystallites causes an anisotropic broadening, known as chemical shift anisotropy (CSA)[2].

$$\Delta \sigma = \sigma_{zz} - \frac{1}{2}(\sigma_{xx} + \sigma_{yy}). \quad (1.21)$$

The resonance frequency is conventionally expressed by the relative shift from the reference resonance frequency ($\omega_{\text{ref}}$),

$$\delta = \frac{\omega - \omega_{\text{ref}}}{\omega_{\text{ref}}}. \quad (1.22)$$

Here $\delta$ represents the chemical shift of the resonance lines and normally expressed in terms of parts per million (ppm).

**Direct dipolar coupling**

Any two magnetic dipole moments interact directly with each other through the magnetic fields created by each one for the others. It provides rich structural information about the materials. The dipolar Hamiltonian is defined as,

$$\mathcal{H}_D = \sum_{k<l} I_k \tilde{D}_{kl} I_l \quad (1.23)$$

$$= \sum_{k<l} \frac{\mu_0 \gamma_k \gamma_l \hbar^2}{4\pi r_{kl}^3} \left[ I_k . I_l - 3 \frac{1}{r_{kl}^2} (I_k . r_{kl})(I_l . r_{kl}) \right], \quad (1.24)$$

where $\tilde{D}_{kl}$ is the dipole-dipole interaction tensor, $r_{kl}$ is the radius vector connecting the two spins. Under secular approximation, the Hamiltonian can be rewritten as,

$$\mathcal{H}_D^{\text{trunc}} = - \sum_{k<l} \frac{\mu_0 \gamma_k \gamma_l \hbar^2}{4\pi r_{kl}^3} \frac{1}{2} \left( 3 \cos^2 \theta_{kl} - 1 \right) \left[ 3I_k I_l - I_k . I_l \right], \quad (1.25)$$

9
where \( \theta_{kl} \) is the angle between \( r_{kl} \) and \( \hat{z} \). In case of heteronuclear spin systems (i.e. \( \gamma_k \neq \gamma_l \)), further simplification is possible,

\[
\mathcal{H}_D^{IS} = \frac{\mu_0 \gamma_k \gamma_l \hbar^2}{4\pi r_{kl}^3} (1 - 3 \cos^2 \theta_{kl}) I_kz I lz. \quad (1.26)
\]

**Indirect spin-spin coupling**

Indirect spin-spin coupling (also called J-coupling or scalar coupling) is also an interaction between the nuclear magnetic dipole moments. This type of coupling is not direct and being mediated by the electron cloud involved in the chemical bonds between the atoms. The J-coupling Hamiltonian is defined as,

\[
\mathcal{H}_J = \frac{2\pi \hbar}{\sum_{k<l} I_k \tilde{J} I_l}, \quad (1.27)
\]

where \( \tilde{J} \) is the J-coupling tensor. J-coupling possesses an isotropic part which survives under random molecular motion in an isotropic substance (e.g. liquid samples), whereas direct dipolar coupling is averaged out under similar situation. In the case of solid samples, the J-coupling is generally overwhelmed by the strong direct dipolar couplings. Under secular approximation, the simplified J-coupling term is written as,

\[
\mathcal{H}_J^{ij} = 2\pi \hbar J_{kl} I_kz I lz. \quad (1.28)
\]

The approximation can be carried out when \( 2\pi J_{ij} << |\omega_i - \omega_j| \). It can be seen that this approximation holds for all heteronuclear pairs.

**Quadrupolar coupling**

All the nuclei with spin, \( I > 1/2 \) are subjected to electrostatic interaction with the neighboring electrons, ions due to the non-spherical charge distribution of nuclei [18]. The
Hamiltonian form of quadrupolar interaction is defined as,

\[ \mathcal{H}_Q = \sum_{k=1}^{N} I_k \tilde{Q}_k I_k, \]  

(1.29)

where, \( \tilde{Q}_k \) is the quadrupolar coupling tensor and it can be expressed in terms of electric field gradient tensor \( V_k \) at the \( k^{th} \) nuclear site,

\[ Q_k = \frac{eQ_k}{2I_k(2I_k - 1)} V_k. \]  

(1.30)

Here \( Q_k \) is the nuclear quadrupolar moment of the \( k^{th} \) nucleus. In the partial axis coordinate system, the quadrupolar Hamiltonian for the \( k^{th} \) nucleus can be written as,

\[ \mathcal{H}_Q = \frac{3e^2 q_k Q_k}{4I_k(2I_k - 1)} \left( I_{kz}^2 - \frac{1}{3} I_k^2 \right) + \frac{\eta}{3} \left( I_{kx}^2 - I_{ky}^2 \right), \]  

(1.31)

where \( eq_k = V_{kzz} \) and \( \eta_k \) defines the asymmetry parameter,

\[ \eta_k = \frac{V_{kxx} - V_{kyy}}{V_{kzz}}. \]  

(1.32)

### 1.1.4 Systems of spin-1/2 nuclei

The Hamiltonian for \( N \) coupled spin-1/2 nuclear spins in an isotropic medium is given by,

\[ \mathcal{H} = \sum_{k=1}^{N} \omega_k I_k I_z + \sum_{k<l} 2\pi J_{kl} I_k I_l, \]  

(1.33)

where \( \omega_k \) is the chemical shift for the \( k^{th} \) nucleus and \( J_{kl} \) is the J-coupling constant between the two spins. Considering weak coupling condition i.e. \( |2\pi J_{kl}| << |\omega_k - \omega_l| \), the Hamiltonian can be written as,

\[ \mathcal{H} = \sum_{k=1}^{N} \omega_k I_k I_z + \sum_{k<l} 2\pi J_{kl} I_k I_z. \]  

(1.34)
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The coupling part of the above equation actually commutes with the Zeeman part and hence both the part will share common eigenbasis. All the $2^N$ eigenstates of $\mathcal{H}$ can be expressed as tensor products of the single spin eigenstates, namely $|\alpha\ldots\alpha\rangle, |\alpha\ldots\beta\rangle, \ldots, |\beta\ldots\beta\rangle$. Here $|\alpha\rangle$ and $|\beta\rangle$ denote $|+1/2\rangle$ and $|-1/2\rangle$ single-spin eigenstates, which are labeled as $|0\rangle$ and $|1\rangle$ in QIP terminology. The NMR spectrum displays $N$ set of $2^{N-1}$ spectral lines of equal intensity.

The Hamiltonian for a pair of spin-$1/2$ system in an isotropic liquid environment can be written as,

$$\mathcal{H}_{kl} = \omega_k I_{kz} + \omega_l I_{lz} + 2\pi J_{kl} I_k I_l,$$

(1.35)

where we have considered the weak coupling condition. This Hamiltonian will have four eigenstates and corresponding four eigenenergy values. The four probable transition will reflect as four transition line in an NMR spectra. The eigenstates and eigenenergy are:

|00⟩ :: $E_{00} = -\left(\omega_k - \omega_l + \pi J \right)/2$

|01⟩ :: $E_{01} = -\left(\omega_k + \omega_l - \pi J \right)/2$

|10⟩ :: $E_{10} = -\left(\omega_k - \omega_l - \pi J \right)/2$

|11⟩ :: $E_{11} = -\left(\omega_k + \omega_l + \pi J \right)/2$

(1.36)

1.1.5 NMR Relaxation

In equilibrium, the population distribution of the spins follow Boltzmann statistics with off diagonal elements are zero for the density matrix of the system. The NMR mechanism depends on the perturbation of the system from equilibrium situation. For example, application of a single $\pi/2$ pulse on equilibrium equalizes the populations and also creates the coherences. Now, this is clearly a non-equilibrium situation and the disturbed state tends to go back to the original equilibrium state through relaxation mechanism of the spins. There are two different processes, occurring simultaneously but in general independently that can be identified for this relaxation. These two relaxation mechanisms known as transverse relaxation and longitudinal relaxation [19] [16].
1.1. Nuclear Magnetic Resonance

Just after the RF pulse, the magnetization is on the transverse plane perpendicular to the static magnetic field $B_0$. The transverse relaxation mechanism makes the magnetization along transverse plane to disappear. The result of the transverse relaxation is the loss of coherences among the spins. This happens due to the spread in nuclear precession frequencies of the spin ensemble. As shown earlier, the Larmor frequency of each spin depends on the external magnetic field as well as locally created magnetic field for various reasons. Hence due to this slight variance in the Larmor frequency, after some time these spins are oriented in a complete random direction on transverse plane and the vector sum of all this magnetization will be zero. The decay of coherences due to the inhomogeneous fields is one part of the transverse relaxation process. The other important part occurs due to the fluctuations in the local magnetic field [2].

Under normal conditions, the decaying of the transverse component of the magnetization of the nuclear spins ensemble in the rotating frame can be described by a phenomenological differential equation given by Bloch [9, 2].

$$\frac{dM_{x,y}}{dt} = -\frac{M_{x,y}}{T_2},$$

(1.37)

where $T_2$ is known as transverse or spin-spin relaxation constant. The solution of the above equation is simple and can be written as,

$$M_{x,y} = M_0 e^{-t/T_2},$$

(1.38)

where $M_0$ represents the initial value of the transverse magnetization. Hence from the above equation it is seen that the transverse magnetization decays with time in exponential fashion. The exact value of $T_2$ depends on the detail of each particular nuclear spin system and its environment.

The longitudinal part of the nuclear magnetization also goes under relaxation simultaneously with transverse relaxation. The mechanism can be understood as follows. Just after the $\pi/2$ pulse, the longitudinal magnetization, $M_z = 0$ and the population of a two
level system is equalized. Since this condition is non-equilibrium, the system will tend to go back to its equilibrium condition that is supported by Boltzmann distribution. The preferable way towards the equilibrium is by giving up its excess populations in upper to lower energy level till the Boltzmann distribution is reestablished. Since this mechanism involves energy exchange and that happens with the lattice part of the system, this relaxation mechanism is also termed as spin-lattice relaxation process [2].

Similar to the transverse case, the longitudinal relaxation mechanism is also described by a phenomenological differential equation given by Bloch [9, 2].

\[ \frac{dM_z}{dt} = \frac{M_0 - M_z}{T_1}, \]  

(1.39)

where \( T_1 \) representing the longitudinal or spin-lattice relaxation constant. The solution of the above equation is given by,

\[ M_z = M_0 \left( 1 - e^{-t/T_1} \right). \]  

(1.40)

As it can be seen from the above solution, the longitudinal magnetization is gaining with time beginning from zero and reaches to the stable magnetization \( M_0 \) after certain time. The exact values of \( T_1 \) and \( T_2 \) time constants depend on various factors such as physical state of matter (liquid or solid), temperature, molecular mobility, viscosity, concentration, external magnetic field etc [2]. In most of the cases it is found that \( T_1 \geq T_2 \). In case of liquids, \( T_2 \) values are comparable with \( T_1 \) and in many cases both are almost equal. However in case of solids, \( T_1 \) is much larger than \( T_2 \).

It is worth noting that the above simplistic approach of relaxation formalism in nuclear spins is not straightforward in many complicated situations. The relaxation phenomenon can be best understood by the elaborative mechanism of Redfield theory [14].
1.2 Quantum Information Processing

Quantum information processing (QIP) is the study of the information processing tasks that can be accomplished using quantum mechanical systems [20]. The idea of utilizing quantum systems for the information processing was first introduced by Benioff in early 1980s [21, 22]. The exponential time required for simulating the dynamics of quantum systems using classical computers inspired Feynman to propose exploiting quantum systems for such purpose [23]. He was rather skeptical whether a classical computer is capable enough to simulate a quantum system and advocated for building a quantum computer for this purpose. In 1985 Deutsch gave a decisively important step towards quantum computers by presenting the first example of quantum algorithm which utilizes the fact of quantum superposition in speeding up computational process [24]. He is also the pioneer of quantum computer history for introducing the notion of quantum logic gate in 1989 [25]. Since then there has been a good theoretical progress in the field of quantum computation and quantum information. Classically intractable problems were reduced to tractable regime by treating it in quantum way. It was 1994, when a major breakthrough happened, calling the attention of scientific community for the potential practical importance of quantum computation and its direct consequence on our society. Peter Shor discovered a quantum algorithm which is capable of factorization of prime numbers in polynomial time instead of exponential time [26, 27]. Prime factorization being the heart of computational security, draws tremendous attention from computer scientists and cryptographers as well. The successful experimental tests of Shor’s algorithm have been performed using a liquid state NMR systems [28]. A few years after that, in 1997, another important discovery had been made by Lov Grover by introducing a quantum search algorithm for searching an unsorted database [29]. Grover’s algorithm makes use of quantum superposition and quantum phase interference to find an item in an unsorted database, faster than any other classical algorithms. Various schemes on error correction has also being developed to counter the faulty outcomes [30]. In the meantime, other branches of QIP, namely quantum teleportation, quantum key distri-
bution and quantum cryptography are also being developed. Many of these techniques have actually making commercial success and continue to be better [31]. Considering the extreme difficulty in controlling a quantum system, there has been modest development towards a practical quantum computer. Nonetheless, commercialization of quantum computer has been taken very seriously and till date it has already arrived (arguably) in the markets [32]. This section intend to give a brief theoretical understanding on QIP and later its physical realization by various experimental schemes.

1.2.1 Computational science

Today, we can not even think a society without the machine called computer. The impact of a computer is such that, there hardly any field left where we are not using a computer directly or indirectly. There is a long history of development of computers and the theoretical notion of computation. As put by David Deutsch [33], ‘Computers are physical objects, and computations are physical processes. What computers can or cannot compute is determined by the laws of physics alone, and not by pure mathematics’. Computation is carried out through a procedure called algorithm and it needs three basic resources (space, time, energy) for it [20]. Space refers to the the computer hardware, i.e. the number of logic gates used. Time refers to the computational time required and energy refers to the energy spent for the computational work. The basic model of a modern day computer was mainly given by Alonzo Church and Alan Turing in early 20th century. Later it became famous as Turing machine [34]. A Turing machine is a hypothetical, idealized theoretical model of an actual computer. There is not a single computation work which can be done by an actual computer but not by a Turing machine. In that sense, a real computer is a physical realization of a Turing machine. It consisted of a program, a finite state of control, a memory tape, and a read-write head [20]. The Church-Turing thesis calls a problem ‘computable’ only if it can be done by a Turing machine. Quantum computation also obeys the ideology of the Church-Turing thesis and hence the notion of ‘computable’ has not changed, only efficient algorithms
could be possible. The efficiency of an algorithm is studied by its asymptotic behavior as the size of the input increases \([20]\). Consider the time taken by an algorithm varies as \(f(N)\), where \(N\) is the number of input bits. Now, if \(f(N)\) is polynomial, then the highest power in \(f(N)\), say \(g(N)\) is known as order of algorithm denoted by \(O(g(N))\). Depending on these requirements, computational problems are classified into various classes known as ‘complexity classes’ as shown in table 1.2. A simple addition, subtraction, or multiplication are in class L, while division comes under class P. Prime factorization is believed to be a class NP problem, however not proven till date. Many of the complexity classes are unclear even today. In fact it is a great source of debate whether \(N = NP\) or \(N \neq NP\) and nobody has come up with a concrete prove so far.

The relationship of energy with information processing has an important physical significance \([30]\). Erasure of information is a dissipative process, as pointed out by Rolf Landauer in 1961 \([35]\). Erasure of each bit increases the amount of entropy by \(k \ln 2\) and the energy dissipates at least by an amount \(kT \ln 2\). However, this amount is negligible compared with the energy dissipated in a modern computer which is of the order of \(500kT \ln 2\). All the irreversible gates involve in loss of information and hence dissipates energy. Interestingly in 1973, it was found by Charles Bennett that the dissipation of energy can be made vanishingly small by making all the gates reversible \([36]\).


1.2.2 Quantum Information

Information always exists as encoded with a physical system and therefore it should obey the physical laws. In other words, ‘Information is Physical’ and physical systems obey quantum mechanics. Hence the information encoded in such system is ‘Quantum Information’. Treating some problems in quantum mechanical way can actually make it much more efficient than classical way. For example, prime factorization is a ‘NP’ class problem classically (require exponential time), whereas solving it in quantum mechanical way can make it a ‘P’ class problem (require polynomial time).

1.2.3 Quantum Bits

The unit of information in quantum computation and quantum information is known as quantum bit or ‘qubit’. A qubit can assume a logical values ‘0’ and ‘1’ along with a state that is a linear combination of them. Physically a qubit can be represented by any well defined distinct eigenstates. For example, qubits can be the polarization states of a photon or nuclear spins inside a static magnetic field. Let us consider a two level quantum system, where the eigenstates are represented by \(|0\rangle\) and \(|1\rangle\). The general form of a quantum state under this condition can be written as,

\[
|\psi\rangle = \cos\left(\frac{\theta}{2}\right)|0\rangle + e^{i\phi} \sin\left(\frac{\theta}{2}\right)|1\rangle
\]  

(1.41)

where \(0 \leq \theta \leq \pi\) and \(0 \leq \phi \leq 2\pi\), neglecting the global phase factor. On measurement in \(|0\rangle, |1\rangle\) basis, the probability of getting the state \(|0\rangle\) is \(\cos^2(\theta/2)\) and for \(|1\rangle\) it is \(\sin^2(\theta/2)\). Also this kind of representation allows one to visualize this complex quantum state geometrically. The qubit states are designated as some geometrical point on the surface of a ‘Bloch sphere’ (Fig. 1.1). Any surface point on the Bloch sphere is a ‘pure’ state while any non-surface point represents a ‘mixed’ state. A more detailed description about pure and mixed states is given in chapter 3. The power of quantum computation comes from the quantum mechanical laws such as superposition of states of qubits and
the ability to manipulate the quantum states through unitary transformations as will be seen in next subsections.

1.2.4 Quantum Gates

A classical gate can transform a string of $n$ bits into a string of $m$ bits,

$$f : \{0, 1\}^n \xrightarrow{f} \{0, 1\}^m.$$  

(1.42)

Now for $f$ to be a reversible classical gate, it should be one to one (each inout is mapped to a unique output). In general $n$ and $m$ are not equal and hence a classical gate is an irreversible gate. Quantum gates on the other hand transform a state of quantum system from one point in the Hilbert space to another point. A single qubit can be expressed by $|\psi\rangle = a|0\rangle + b|1\rangle$, where $a$ and $b$ are coefficients having a relationship $|a|^2 + |b|^2 = 1$. Quantum gates on a qubit must preserve this normalization condition and thus it can be described by a $2 \times 2$ unitary matrices [20]. Since all the quantum operations are unitary operators, quantum gates must also be reversible.
Some important unitary transformations for one qubit are the Pauli matrices,

\[
\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}; \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}; \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}. \tag{1.43}
\]

These three Pauli matrices along with the 2 × 2 identity matrix form a 2 × 2 basis matrix space. Hence any one qubit operation can be decomposed as a linear combination of the four matrices. A NOT gate is nothing but the Pauli-x matrix and it flips the |0⟩ to |1⟩ and vice versa.

\[
U_{NOT} = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}; \tag{1.44}
\]

\[
U_{NOT}|0⟩ = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} = \begin{pmatrix} 0 \\ 1 \end{pmatrix} = |1⟩; \tag{1.45}
\]

\[
U_{NOT}|1⟩ = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} = \begin{pmatrix} 1 \\ 0 \end{pmatrix} = |0⟩. \tag{1.46}
\]

Another very important one qubit gate is Hadamard gate which has no classical analogue and it is used for the creation of superposition states as shown below. One important property of Hadamard operator is its self-reversibility, i.e. \(H^2 = \mathbb{1}\).

\[
U_H = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix}; \tag{1.47}
\]

\[
|0⟩ \xrightarrow{H} \frac{1}{\sqrt{2}} (|0⟩ + |1⟩); \tag{1.48}
\]

\[
|1⟩ \xrightarrow{H} \frac{1}{\sqrt{2}} (|0⟩ - |1⟩). \tag{1.49}
\]

A phase shift gate P selectively introduces a phase to either of the qubit of a superposi-
1.2. Quantum Information Processing

tion state,

\[
U_P = \begin{pmatrix}
1 & 0 \\
0 & e^{i\phi}
\end{pmatrix};
\]

\[
(a|0\rangle + b|1\rangle) \xrightarrow[\ P\ ]{\ } (a|0\rangle + b.e^{i\phi}|1\rangle).
\] (1.50)

For a two qubit system the dimension of Hilbert space is 4 × 4 and can be realized by tensor products among the one qubit states,

\[
|0\rangle, |1\rangle \otimes |0\rangle, |1\rangle = |00\rangle, |01\rangle, |10\rangle, |11\rangle,
\] (1.52)

where,

\[
|00\rangle = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}; \quad |01\rangle = \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix}; \quad |10\rangle = \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \end{pmatrix}; \quad |11\rangle = \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}.
\] (1.53)

The matrix representation for operators that act only on one of the qubits of a system of two qubit can be constructed by tensor product between one qubit operator and 2 × 2 identity operator.

\[
O_a = O \otimes \mathbb{1}; \quad O_b = \mathbb{1} \otimes O
\] (1.54)

Here \(O\) denoting the Pauli matrix operators. The above given scheme can be worked out for any number of qubits in a similar fashion. The most important two qubit gate is definitely the CNOT (or controlled not) gate. It can be proved that all the quantum operations necessary for quantum computation can be achieved using only CNOT and set of one qubit gates [20]. In that sense CNOT is the universal quantum gate similar to NAND gate in classical counterpart. A CNOT gate has a control qubit and a target qubit. Depending on the state of control qubit, the status of target qubit get flipped while the control qubit remaining same. The operator form of CNOT gate whose control is ‘a’
A general two qubit controlled-gate, where U can be any one qubit operator, and (iv) Toffoli gate. In the above circuits, the inputs are assumed to be individual basis states. If on the otherhand, inputs are in superposition, output maybe entangled.

\[
\begin{align*}
CNOT_a &= \begin{pmatrix}
1 & 0 & 0 & 0 \\
0 & 1 & 0 & 0 \\
0 & 0 & 0 & 1 \\
0 & 0 & 1 & 0
\end{pmatrix}; &
CNOT_b &= \begin{pmatrix}
1 & 0 & 0 & 0 \\
0 & 0 & 0 & 1 \\
0 & 0 & 1 & 0 \\
0 & 1 & 0 & 0
\end{pmatrix}; \\
\end{align*}
\]

CNOT can also be represented by binary addition of two qubits, i.e. \( CNOT_a |a, b\rangle = |a, a \oplus b\rangle \) and \( CNOT_b |a, b\rangle = |a \oplus b, b\rangle \). Here the symbol \( \oplus \) represents the addition modulo 2, for which \( 0 \oplus 0 = 0, 0 \oplus 1 = 1, 1 \oplus 0 = 1, \) and \( 1 \oplus 1 = 1 \). The application of CNOT gate on two qubit states has the following results,

\[
\begin{align*}
CNOT_a |00\rangle &= |00\rangle, &
CNOT_a |01\rangle &= |01\rangle, \\
CNOT_a |10\rangle &= |11\rangle, &
CNOT_a |11\rangle &= |10\rangle.
\end{align*}
\]

The circuit diagram of a CNOT gate is shown in Fig. 1.2. For a three qubit system, TOFOLLI gate is the universal gate which is nothing but a controlled-CNOT gate.
1.2.5 Quantum Algorithms

Quantum algorithm solves problems by exploiting the properties of quantum mechanics. An efficient algorithm will require minimum resources. Many quantum algorithms are much more efficient than any classical algorithms by exploiting the features like superposition and entanglement. The first quantum algorithm was given by David Deutsch and is known as Deutsch algorithm. This algorithm is capable of finding out whether a binary function of one qubit is ‘constant’ or ‘balanced’ in one go [24]. The most powerful quantum algorithm till date is the prime factorization given by Peter Shor. Shor’s algorithm can factor a number by exponentially faster than its classical version. Grover’s search algorithm can search an unsorted database in polynomially faster than classical algorithm.

Adiabatic quantum algorithm gains much attention due to its universality [37]. In most cases a quantum algorithm begins with a uniform superposition and ends with an eigenstate which is the desired result. Often it is found that the ground state of the final Hamiltonian ($H_f$) is the desired answer, however it is not easy to find the answer. Now suppose we have a Hamiltonian $H_i$ whose ground state can easily be found. Hence by evolving the system adiabatically from $H_i$ to $H_f$, one can reach the ground state of $H_f$ and hence the desired result. One has to make sure that there is no crossover of the ground state with any other state and the evolution process is slow enough that there won’t be any possible transition.

1.2.6 Experimental implementations of QIP

While there is a good amount of progress in the theoretical understanding of QIP, the physical realization of a quantum computer is proving extremely challenging. DiVincenzo laid out five criteria which must be fulfilled for a successful quantum computer architecture [38].

1. Well defined qubits
2. Ability to initialize
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3. Universal set of quantum gates
4. Qubit-specific measurement
5. Long coherence time

Also there are two more criteria that will be needed for quantum communication. Meeting all these criteria in a single experimental setup is a highly challenging task. Nonetheless, various techniques have been proposed and is being explored for QIP tasks. All the techniques have their own advantages and some disadvantages. The major techniques available today are:

1. Nuclear spins in NMR
2. Trapped ions / atoms
3. Photons
4. Spins in semiconductor:
   — Quantum dots
   — NV centers in diamond
5. Superconducting circuits

The first two techniques deal with the mutual interaction of quantum particles (atomic nucleus, atoms, ions) and controlled by electromagnetic field. Polarization of photons can be treated as qubits and it is controlled by optical means. Quantum dots and NV center in diamond techniques utilize the much developed semiconductor field in miniaturization scale. The well defined ‘phase’ and ‘flux’ parameters can serve as qubits in a superconducting circuits. Apart from these techniques, there are few more interesting techniques which might get much attention in future due to its hybrid approach. These methods are exploiting the best features among the available techniques and intend to make out a optimized experimental setup. For example, nuclear spins have much larger coherence time, but nuclear magnetization is very faint. By transferring magnetization from electrons to nuclei, the above problem can be solved and thus integrating the NMR with the ESR technique [39]. Another approach is integrating NMR with Atomic Force
1.3 NMR QIP

Microscopy (AFM) which is capable of measuring a single atom compare to bulk sample measurement done by NMR [40]. A comparative study of all the key techniques is given in Table 1.3 [41, 42, 43, 44].

1.3 NMR QIP

Application of NMR for the physical realization of QIP adds one more feather to the much colorful NMR application field. Implementation of QIP by NMR was independently proposed by Cory et al [45] and Gershenfeld et al [46] in 1997. Since the criteria laid by DiVincenzo was fulfilled more or less by NMR, it became an automatic choice whilst all other techniques were slowly coming up. One more thing fueled the NMR-QIP initiative was the fact that many of the QIP experimental basics are routinely done in conventional NMR experiments [47]. For example, the selective inversion of populations achieved in 1973 is described as a CNOT gate [48]. The inversion of zero quantum coherence takes the name as SWAP gate [49, 50]. However, NMR-QIP gains much of its attention after Cory et al and Gershenfeld et al independently showed the preparation of ‘pseudopure state’ in a liquid state NMR at room temperature. NMR-QIP in liquids containing small number of spins (preferably spin-1/2) have been studied extensively and its proven to be an excellent testbed for a small scale quantum information processor. Many complicated algorithms have been tested and verified. For example, Shor’s factorizing algorithm has been tested till date only by liquid state NMR [28]. However, scalability of liquid state NMR is an issue which hurdling the possibility of being an ‘useful’ quantum information processor in long-run. It is unlikely to get more than 15-20 qubits unless some technological breakthrough occurs [47]. On the other hand Solid state NMR has the potential to become a reliable QIP architecture in future, since scalability issue and preparing ‘true’ ground state seems more realistic. Some aspects of NMR-QIP are discussed in the following.
## Table 1.3: Comparison of main features for different available techniques in QIP

|                  | NMR            | Trapped ions | Photons  | Semiconductors | Superconductors |
|------------------|----------------|--------------|----------|----------------|-----------------|
| **System**       | Nucleus        | Atom         | Photon   | Atom, Vacancy  | Phase, Flux, Charge |
| **Maximum Qubits demonstrated** | 12 (entangled) in liquids, >100 (correlated) in solids | 10-10^3 stored, 14 (entangled) | 10 (entangled) | 1 (QDs), 3 (NV centers) | 128 (fabricated), 3 (entangled) |
| **Coherence time** | >1s (liquids), ~100ms (solids) | >1s | ~ 100µs | 1-10 µs (QDs), 1-10 ms (NV) | ~ 10µs |
| **Two qubit gates (highest fidelity)** | CNOT (>99%) | CNOT (>99%) | CNOT (>94%) | ~90% (NV centers) | >90% |
| **Measurement**  | Bulk magnetization | Fluorescence: ‘quantum jump’ technique | Optical | Electric, optical | SQUID |
| **Controls**     | RF pulses      | Optical, electrical | Optical | RF, electrical, optical pulses | MW, voltages, currents |
1.3 NMR QIP

1.3.1 NMR- A suitable candidate for QIP

A small scale NMR system is an attractive candidate for QIP for several reasons.

- The fast reorientation of nuclear spins in liquids makes them fairly well isolated from the environment and therefore provide a good source of qubits. Since they are weakly coupled with the environment, nuclear spins have long coherence times of the order of seconds.

- Nuclear spins can easily be manipulated and controlled using RF pulses. It is fairly simple to construct quantum logic gates using RF pulses and evolution of couplings.

- The development of NMR over half a century itself makes huge difference in developing and optimizing so many experiments. NMR is a perfect experimental tool for a quantum mechanical theorist.

- Modern NMR spectrometers are well developed. Though they are extremely sophisticated, they can be easily controlled.

1.3.2 NMR Qubits

A spin-1/2 nuclei (\(^1\)H, \(^{13}\)C, \(^{19}\)F, \(^{31}\)P) in an external magnetic field will be placed either ‘parallel’ or ‘antiparallel’ to the applied magnetic field. These two orthogonal states can be labeled as \(|0\rangle\) and \(|1\rangle\) state of a qubit. A spin-1/2 nuclei is most preferable since it is naturally equivalent to a qubit. A multi qubit system should have the individual addressing capability and strong enough coupling constant with the farthest qubit. Since NMR is an ensemble system, it can address qubits separately depending on the slight variance in Larmor frequencies. Coupling is provided by J-interaction (in liquids) or dipole-dipole interaction or both (in liquid crystals, solids). A stronger coupling constant is always welcome since it reduces the time duration of gates operation. Nuclei with spin> 1/2 has both advantages and disadvantages. Each nucleus can be treated
as multiple qubits. Quadrupolar nuclei having spin \( I = (2^N - 1)/2 \) (for \( N \geq 2 \)) will have \( 2^N \) states. Thus, a spin 3/2 nucleus has 4 states and can be treated as a 2-qubit system provided individual transitions are selectively addressable. This can be achieved by introducing first order quadrupolar coupling. Quadrupole systems partially oriented in liquid crystals can form an ideal multiqubit system.

Another possibility is that, one can take advantage of higher number of ‘base’ \( (N \neq 2) \) into computation work. For example, a spin-1 system has three orthogonal states, which makes a ‘qutrit’ system [20].

### 1.3.3 Initialization of NMR Qubits

NMR is an ensemble system which deals with a large number \( 10^{18} \) of identical spin-systems. At room temperature the nuclear energy levels are overwhelmed by the Boltzmann energy distribution. In order to achieve a state like \( |000...0\rangle \), all the spins should be brought to the ground state which needs extremely low temperatures or extremely high magnetic fields. It is almost a impossible task to prepare a ‘pure’ initial state at room temperature NMR. On the other hand for high resolution NMR, we need to have the systems to be in solution state. It is however pointed out by Cory et al [45] and Chuang et al [46] that the problem of preparing a pure initial state can be alleviated by preparing a pseudopure state which is a specially ‘mixed’ state mimicking a pure state. We will have a thorough discussion on preparing pseudopure states by various methods in Chapter 3.

### 1.3.4 NMR Quantum Gates

Single qubit gates can be thought of as a rotation in a Bloch sphere and can be implemented by the simple RF pulses [51] [52] [53]. In NMR, it is convenient to understand the effect of RF pulses in rotating frame.
The NOT gate as given in expression (1.44) can be realized by a $\pi$ pulse.

$$\begin{bmatrix} \pi_x \end{bmatrix} = e^{-i\pi I_x} = -i \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = U_{NOT}. \quad (1.58)$$

The factor $-i$ can be ignored since it produces an undetectable global phase [20]. Here the $\pi$ rotation is achieved by using a RF pulse of power $\omega_p$ for duration $\tau$ and phase $x$ such that $\omega_p \tau = \pi$. Similarly a Hadamard gate (see expression 1.47) can be realized by applying two RF pulses.

$$\begin{bmatrix} (\pi/2)_y, \pi_x \end{bmatrix} = e^{-i\pi I_x} e^{-i(\pi/2) I_y} = -i \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix} = U_H. \quad (1.59)$$

A phase shift gate (Eq. 1.50) is equivalent to rotation by an angle $\phi$ about z-axis and can be realized as follows.

$$\begin{bmatrix} \phi_z \end{bmatrix} = \begin{bmatrix} (\pi/2)_z, \phi_y, (\pi/2)_z \end{bmatrix}$$

$$= e^{-i(\pi/2) I_z} e^{-i\phi I_y} e^{i(\pi/2) I_z} = e^{-i\phi/2} \begin{pmatrix} 1 & 0 \\ 0 & e^{i\phi} \end{pmatrix} = U_P(\phi). \quad (1.61)$$

Construction of multiqubit gates (e.g. CNOT) is achieved mainly by the proper exploitation of evolution of coupling and qubit specific RF pulses. The Hamiltonian for a pair of weakly coupled system in an isotropic medium is given by

$$\mathcal{H}_{\text{weak}} = \omega_1 I^1_z + \omega_2 I^2_z + 2\pi J I^1_z I^2_z, \quad (1.62)$$

where $J$ is the coupling constant and $\omega_1$ and $\omega_2$ are Larmor frequencies of two spins. Now these $J$-coupling constant and Larmor frequencies are time independent fixed quantities and can not be turned off. But little tricks with the refocusing scheme can make it possible to overcome the problem. Historically most of the NMR experiments rely on this same refocusing technique. Consider at time $t = 0$, the density matrix of the system
Chapter 1. Introduction

is given by $I_1^x + I_2^x$, then the density matrix after time $t = \tau$ is given by

$$I_1^x \cos(\omega_1 \tau) + I_1^y \sin(\omega_1 \tau) + I_2^x \cos(\omega_2 \tau) + I_2^y \sin(\omega_2 \tau) \quad (1.63)$$

This generalized calculation can be simplified for many practical situations. For example, a $\pi$ pulse on spin 2 at the middle of $\tau$ period refocuses the J-coupling as well as chemical shift evolution of the spin 2 (see Fig 1.3a),

$$I_1^x + I_2^x \quad \rightarrow \quad I_1^x \cos(\omega_1 \tau) + I_1^y \sin(\omega_2 \tau) + I_2^x \cos(\omega_2 \tau) + I_2^y \sin(\omega_2 \tau) \sin(\pi J \tau) \quad (1.65)$$

Similarly, a $\pi$ pulse applied on both the spins in the middle of $\tau$ period refocuses the chemical shift while retaining the J-coupling evolution (see Fig. 1.3b)

$$I_1^x + I_2^x \quad \rightarrow \quad I_1^x \cos(\pi J \tau) + I_2^x \cos(\pi J \tau) \quad (1.66)$$

Both J-coupling and chemical shift can be refocused over a time $\tau$ by the pulse program shown in Fig. 1.3c.

$$I_1^x + I_2^x \quad \rightarrow \quad I_1^x \cos(\pi J \tau) + I_2^x \cos(\pi J \tau) \quad (1.67)$$

A general method for refocusing has been described by Linden et. al. [54][55]. A CNOT
1.3. NMR QIP

**Figure 1.3:** Switching ON and OFF of interactions for the first qubit ($I_1$) over a time $\tau$. (a) Chemical shift ON, J-coupling OFF, (b) chemical shift OFF, J-coupling ON, (c) both chemical shift and J-coupling OFF, (d) CNOT gate ($\tau = 1/2J$). Filled rectangles indicates $\pi/2$ pulses and rest are representing a $\pi$ pulses with phase mentioning on each pulse.

Gate can be achieved by the pulse sequence shown in Fig. 1.3d.

\[
\left[ \frac{\pi}{2} \right]_{-y} \left( \frac{\pi}{2} \right)_{-z} \frac{\tau}{2} (\pi)_{y}^{1,2} \frac{\tau}{2} (\pi)_{y}^{1} \left( \frac{\pi}{2} \right)_{-y} \right] = -(1 + i) \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \end{pmatrix}
\]

(1.68)

where $\tau = \frac{1}{2J}$. Various gates and corresponding unitary operators has been studied in this context [51, 52, 56].

1.3.5 Numerically optimized quantum gates

Apart from the above described methods of preparing quantum gates using ordinary ‘hard’ RF pulses, there are more robust ways to synthesize any desired gate with high fidelity. These kind of pulses are often called ‘strongly modulated pulses’ (SMPs). SMPs are made up with suitable sequences of RF pulses whose amplitude, frequency, and phase are made time-dependent in such a way that it produces the best sequence of pulses with maximum robustness against RF inhomogeneity [57, 58, 59]. There are few techniques available to find suitable SMPs for a given target operation [57, 58, 60]. Most of the techniques rely on the numerical optimization of the overall transformation.
by searching the available parameter space. Fortunato et al used the stochastic search
methods to construct SMPs [57], while Khaneja et al described the gradient ascent pulse
engineering (GRAPE) technique [60]. Designing an SMP for a given target operator re-
duces the numerical search problem to set the control parameters that maximizes the
fidelity [59]. In this thesis we have used SMPs in many cases in later chapters. Our
SMPs are synthesized by the stochastic search methods powered by genetic search al-
gorithm [58].

1.3.6 Measurement

NMR being an ensemble technique, the measurement of a quantity (say D) is done by
measuring its expectation value [18],

\[ s(t) \propto \sum_k p_k(t) \langle \psi^k(t) | D | \psi^k(t) \rangle \]
\[ = \sum_k p_k(t) \sum_{r,s} c^*_{r}(t)c_{s}(t) \langle r | D | s \rangle \]
\[ = tr(D\rho(t)), \quad (1.69) \]

where \( \rho \) is the density matrix and \( D \) is the detection operator. The free evolution of
spin system under Zeeman and coupling Hamiltonian is detected over a time scale. The
detection period is normally decided by the relaxation rate and it is recorded in the time
domain. By Fourier transform, the NMR spectra can be transformed into frequency
domain.

The quantum algorithms are designed such that the final output state is an eigenstate
in the computational basis [20]. In NMR, the computational basis is generally same as
Zeeman basis (product basis). The eigenstates of product basis (diagonal elements of
density matrix) correspond to the population distribution of a pseudopure state. For a
two spin system, the general population distribution can be written as,

\[ \rho = c_1 I_1^1 + c_2 I_2^2 + c_3 2I_1^1 I_2^2, \quad (1.70) \]
where $c_1, c_2, c_3$ are real constants. However, the traceless density matrix $\rho$ characterized by \{c_1, c_2, c_3\} does not give rise to any signal, since it corresponds to longitudinal magnetization. Applying a $\pi/2$ pulse results,

$$\rho' = c_1 I_1^I + c_2 I_2^I + c_3 2I_1^I I_2^I.$$  \hfill (1.71)

From the above equation one can get the values of $c_1$ and $c_2$ but not $c_3$ since the last term does not contain any single quantum coherences. The signal received for the above applied $\pi/2$ pulse will be,

$$s(t) = \text{tr} \left\{ e^{-i\mathcal{H}t} \rho' e^{i\mathcal{H}t} \left( I_1^I + I_2^I \right) \right\}$$  \hfill (1.72)

$$s(t) = \text{tr} \left\{ e^{-i\mathcal{H}t} \left( c_1 I_1^I + c_2 I_2^I \right) e^{i\mathcal{H}t} \left( I_1^I + I_2^I \right) \right\}$$  \hfill (1.73)

where the $c_3$ term won’t produce any signal since ‘multiple quantum’ under such an evolution remains ‘multiple quantum’. Here $\left( I_1^I + I_2^I \right)$ represents the detection operator and $\mathcal{H}$ is the evolution Hamiltonian as given in Eq. 1.62.

The complete procedure of characterizing a quantum state is through density matrix tomography. By this method all the coherence orders can be measured by a series of experiments. A detailed analysis of density matrix tomography is given in Appendix A and B and its explicit application in practical situations is given later part of Chapter 2.

1.3.7 Coherence order

Decoherence time in NMR quantum computers is generally related to the spin-spin relaxation time ($T_2$), although this is a simplification \[47\]. $T_2$ generally represents the decoherence time of a single spin coherences and the decoherence times for a multiqubit systems can be quite different. However $T_2$ gives a rough estimation of the decoherence time of the system and in most of the cases it is of the order of multiple seconds in a liquid state system. The decoherence time in NMR is one of the best among all the
available QC techniques. The coherence time can be prolonged by applying specific dynamical decoupling sequences. A thorough discussions given in Chapter 4.

1.3.8 Limitations of NMR-QIP

There are multiple issues which posses serious challenge to NMR-QIP tasks.

1. Scalability of liquid state NMR is a big challenge that we need to be overcome. Indeed, going beyond 10 qubits is a very difficult task. High resolution liquid state NMR-QIP relies on weakly coupled systems. For a large order qubit system (say 10), the J-coupling constants between two farthest spins are very small. Lower coupling constant means lack of well resolved spectra and more time consuming ‘quantum gates’. This problem can partly be resolved by taking partially orienting spin systems in liquid crystal solvents and thus introducing dipolar couplings along with J-couplings. Solid state NMR qubits has the potential for becoming the scalable qubits. However, at the moment solid state NMR system produces complicated spectra and allows lesser controlling technique.

2. Lack of creating a ‘pure’ state is another limitation in NMR-QIP. In liquid state NMR, spins are in a highly mixed initial state and preparation of a ‘pure’ state needs extreme experimental conditions. However, one can prepare a ‘pseudopure’ state (PPS) which mimics a ‘pure’ state and effectively able to perform as a ‘pure’ state. PPS can be written as,

$$\rho_{pps} = \frac{1}{2^N}(1 - \epsilon) \mathbb{1} + \epsilon |\psi\rangle\langle\psi|,$$

(1.74)

where $\epsilon$ denoting the purity factor and at high temperature limit it can be written as,

$$\epsilon \sim \frac{Nh\nu}{2^NkT},$$

(1.75)
\( \epsilon \) is of the order of \( 10^{-5} \) under normal conditions. Hence it can be seen that the amount of magnetization (signal) decreases exponentially with the number of qubits. However for 15-20 qubits, the magnetization may not be enough to carry out QIP tasks. Many ideas come forward to tackle this issue. Carrying out quantum computation in mixed state is one of them \([61]\). ‘One clean qubit’ protocol needs only one ‘pure’ qubit having rest of them in ‘mixed’ state \([62]\).

3. One of the major requirement to perform some algorithm is to create an entangled state. Many believe that the power of quantum computers is largely depend on its entangling phenomena. But it is proved by Braunstein et. al. that, small scale liquid state system at normal conditions lacks any kind of ‘entanglement’. But still NMR is the only technique which implements the Shor’s factoring algorithm till date and this algorithm needs an entangling state. These two contradictory aspects, led many people to think that ‘entanglement’ might not the necessary condition to be fulfilled to perform QIP tasks. A new measure of calculating non-classical correlations known as ‘discord’ is introduced recently \([63, 64, 65]\).

4. Crowding of frequency space is another challenge as the number of qubits increased. A weakly coupled spin system of N spin-1/2 nuclei gives rise to \( N^2 \) resonance lines. Thus, a 10 qubit system would have 10 sets of 512 lines. Resolving spectra is a daunting task for this kind of situation. This can partly be resolved by synthesizing special molecules and using sophisticated spectrometers.

5. Decoherence can be a potential problem for large scale qubit and also for solid state qubits. However, the relevant parameter is not the decoherence time itself but the ratio of decoherence time to the gate-time.
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1.4 NMR - An ideal platform for studying quantum mechanical phenomena

Although ‘nature prefers quantum mechanics’ and it is the most fundamental physics, capable of explaining almost everything starting from photosynthesis effect to blackhole formation, it is rather a challenging job to ‘feel’ it in our daily life \[66, 67, 68, 69, 70\]. The lack of experimental proof of quantum mechanical phenomena in the early days of its introduction led many eminent scientists commenting on its ‘utility’ and ‘completeness’ \[71, 72\]. Due to its very nature, even today it is highly challenging to perform quantum mechanical experiments in laboratory \[72\].

The nuclear spins in an NMR provides an excellent test bed for performing various kind of quantum mechanical experiments in a highly controlled way \[73\]. The principles of an NMR can only be fully understood by quantum theory \[1\]. In return, NMR can be used as a prototype quantum mechanical testbed. The outcome of the quantum mechanical probabilistic calculations mostly produces counter intuitive results which are difficult to ‘digest’. Nonetheless, NMR has proven to be one of the leading architecture in performing various quantum mechanical phenomena experimentally \[74, 75\].

In this thesis we have shown some important experimental implementations of quantum mechanical phenomena which earlier thought to be intractable. There are various examples where a quantum mechanical phenomenon does not have a classical analogue and in this kind of situation it is rather difficult to ‘understand’ it \[76\]. For example, quantum contextuality is a kind of quantum mechanical phenomenon which has been proved by various quantum platform including NMR recently \[77\]. The experimental results clearly shows quantum mechanically expected values which are counter intuitive to our macrorealistic world \[77\].

Quantum objects behave differently than a macrorealistic object and there are certain inequalities (e.g. Bell’s inequality) which can only be violated by quantum objects \[78, 79\]. To prove this kind of violation one needs to have an excellent quantum platform.
In Chapter 5, we have shown the violation of Leggett-Garg inequality for nuclear spins as predicted by quantum theory [75].

Bohr’s complementary principle is another famous description regarding quantum mechanical objects. A consequence of the complementary principle is that one cannot observe both ‘wave’ and ‘particle’ nature of a quantum object simultaneously [80]. However, recently it was proposed that, by using certain special experimental setups, one can simultaneously observe wave and particle nature of a quantum system [81]. This requires a reinterpretation of Bohr’s complementary principle. In Chapter 6, we have shown a detailed experimental study of this new experimental proposal and our results clearly suggest that there is indeed a necessity of revisiting Bohr’s principle [74].

Many new fields related to experimental quantum mechanics are coming up due to the fact that now we have some excellent quantum platform which are capable of carrying out experimental work in a highly controlled way. Quantum chemistry and quantum biology are such two emerging fields which are making lot of progresses [69] [82]. Understanding all these phenomena experimentally is vital in pursuit of understanding quantum mechanics and its practical applications at large.
Chapter 2

Density Matrix Tomography of Long Lived Singlet States

The lifetime of nuclear singlet states can be much longer than any other non-equilibrium states under suitable conditions. In section 2.2, we introduced long-lived singlet (LLS) states and it’s preparation by standard methods. In section 2.3, we introduced a robust density matrix tomography scheme which is particularly suited to study homonuclear spin systems with small chemical shift differences. In section 2.4, we have applied the tomography scheme to characterize the singlet states under various experimental conditions, revealing interesting features of LLS. This chapter ends with a conclusion given in section 2.5.

2.1 Introduction

The long lifetimes of nuclear spin coherence enables NMR spectroscopists to carry out a variety of spin choreography [2, 18]. Nuclear spin coherences decay over time mainly due to spin-spin relaxation and magnetic field inhomogeneity. Often, coherences are converted into longitudinal nuclear spin orders to study slow dynamical processes. But even the longitudinal spin orders decay toward equilibrium state due to spin-lattice
relaxation. Hence for a typical NMR experiment consisting of preparing and measuring certain correlated spin states, the ultimate time barrier was assumed to be defined by the spin-lattice relaxation time constant $T_1$ \[1\].

It has recently been demonstrated that there exist certain ‘long-lived states’ which decay slower than the $T_1$ values of individual spins \[83, 84, 85, 86, 87, 88, 89, 90\]. The long lived singlet states (LLS) has found wide range of applications ever since it was discovered by Carravetta, Johannessen, and Levitt in 2004 \[83\]. Overcoming the $T_1$ barrier has led to several exciting applications in studying slow molecular dynamics and transport processes \[91, 92\], precise measurements of NMR interactions \[93\], and the transport and storage of hyperpolarized nuclear spin orders \[94, 95, 96, 97, 98, 99\].

Bodenhausen and co-workers have demonstrated that the singlet spin-lock can also be achieved by RF modulations which are used in heteronuclear spin-decoupling \[100\]. Detailed theoretical analysis of zero-field singlet states as well as singlet spin-lock have already been provided by Levitt and co-workers \[85, 101\] and by Karthik et al \[86\]. Recently, long-lived states in multiple-spin systems are also being explored \[94, 102\].

## 2.2 Long-lived singlet states

Let us begin with a simplest model consisting of a pair of spin-1/2 nuclei. These two spins are labeled as $I^1$ and $I^2$. The free-precession Hamiltonian of this system at laboratory frame can be written as,

$$\mathcal{H} = \omega_1 I^1_z + \omega_2 I^2_z + 2\pi J_{12} I^1 \cdot I^2,$$  \hspace{1cm} (2.1)

where $\omega_1$ and $\omega_2$ are denoting the resonant frequency of the two spins respectively, whereas $J_{12}$ denotes the spin-spin coupling (J-coupling) between the two spins.

The quantum states of the system can always be expressed with the combination of superposition of Zeeman states, namely $|00\rangle$, $|01\rangle$, $|10\rangle$, $|11\rangle$. Here $|0\rangle$ denotes the angular momentum of $\hbar/2$ along the magnetic field direction (‘up’ direction) and $|1\rangle$ denotes
2.2. Long-lived singlet states

the angular momentum of $-\hbar/2$ along the exact opposite direction of the magnetic field (‘down’ direction). The four Zeeman product states together lead to one singlet state and three triplet states,

$$|S_0\rangle = \frac{|01\rangle - |10\rangle}{\sqrt{2}},$$

$$|T_{+1}\rangle = |00\rangle,$$

$$|T_0\rangle = \frac{|01\rangle + |10\rangle}{\sqrt{2}},$$

$$|T_{-1}\rangle = |11\rangle.$$  \hspace{1cm} (2.2)

Singlet states have many different properties compared to its triplet counterparts. Two most important properties are:

(a) Singlet state is anti-symmetric with respect to spin-exchange, whereas triplet states are symmetric.

(b) Singlet state has a zero total nuclear spin angular momentum quantum number $[I^2|S_0\rangle = 0]$, whereas triplet states have non-zero total nuclear spin angular momentum quantum number $[I^2|T_M\rangle = 2|T_M\rangle]$.

In the case of magnetically equivalent nuclear pair, the singlet state and the triplet states form an orthonormal eigenbasis of the internal Hamiltonian $\mathcal{H}_J = 2\pi JJ^1 \cdot I^2$. Singlet states can be prepared between two assymetric spins by imposing equivalence condition (either by lifting the sample out of Zeeman field or by applying suitable RF field acting as ‘spin-lock’). But, being a zero-quantum coherence, singlet state itself is inaccessible to macroscopic observable directly. The traditional methods by Caravetta et al [83], described the way to access the singlet states by breaking its magnetic symmetry to convert into observable single quantum coherences. In this context we may note that, protons in Hydrogen molecule or in water is already in magnetic equivalence, but there is still no way to break the symmetry.
Any quantum state, deviating from its thermal equilibrium conditions, will return to its stable thermal equilibrium state through a mechanism known as relaxation. Hence it is needless to say that in NMR any observable quantum state is in non-equilibrium condition and that is the reason each state has its own lifetime. There are two major factors behind relaxation, (i) spin-lattice relaxation ($T_1$) and (ii) spin-spin relaxation ($T_2$). In majority of the cases $T_2$ relaxation is much faster than $T_1$. So the upper limit of the nuclear spin memory is bounded by the $T_1$ irrespective of any experimental safe guard. However, there are some specialized cases where exceptions can be found, such as in the case of ‘parahydrogen’, where the spin state isomers lived much longer than $T_1$ [103]. Though the major reasons behind $T_1$, $T_2$ relaxation depend on individual molecular property, other controllable parameters such as magnetic field inhomogeneity, temperature fluctuations, sample concentration etc. also contributes to the relaxation mechanism.

Levitt and co-workers have successfully demonstrated [83,84] that the singlet state lifetime can be made many orders of magnitude longer than $T_1$ for ‘ordinary’ molecules in solution state of homonuclear system. Now we will discuss some physics behind this astonishing long-lifetime of singlet states [104]. The Hamiltonian for a pair of spins in magnetically equivalent environment is written as bellow:

$$\mathcal{H} = \omega_0 \left( I_1^z + I_2^z \right) + 2\pi JJ^1 \cdot J^2,$$

(2.3)

where, $\omega_0 = \gamma B_0$ denotes the Larmor frequency of both (equivalent) the spins and $B_0$ is the applied static magnetic field. The matrix representation of the Hamiltonian in
singlet-triplet basis can be written \[104\] as follows:

\[
\begin{pmatrix}
|S_0\rangle & |T_+\rangle & |T_0\rangle & |T_-\rangle \\
\langle S_0| & 0 & 0 & 0 \\
\langle T_+| & 0 & \omega_0 + \frac{1}{2}\pi J & 0 & 0 \\
\langle T_0| & 0 & 0 & \frac{1}{2}\pi J & 0 \\
\langle T_-| & 0 & 0 & 0 & -\omega_0 + \frac{1}{2}\pi J \\
\end{pmatrix}.
\]

\( (2.4) \)

From the earlier equation it is seen that at zero field (\( \omega_0 = 0 \)), the triplet states are degenerate with same energy eigenvalues (\( \frac{1}{2}\pi J \)). The energy difference between the singlet and the triplet states is \( 2\pi J \) which is independent of the field. Since the Hamiltonian is diagonal, there will not be any mix-up of singlet state population with triplet states’ populations \[104\]. However, triplet states among themselves equilibrate quickly. Eventually there will be a singlet-triplet transition resulting in the re-establishment of thermal equilibrium much slower than \( T_1 \) relaxation time scale. The time constant for singlet-triplet equilibration is loosely termed as ‘singlet lifetime’ \( (T_S) \) \[104\].

We already know that singlet states are ‘antisymmetric’ with respect to spin exchange, whereas triplet states are ‘symmetric’ with respect to the spin exchanges. The major relaxation processes, including intra-molecular dipolar relaxation mechanism, are ‘symmetry preserving’ in nature. Hence these relaxation mechanisms will not affect the singlet-triplet conversion which requires symmetry transformations. These conditions make singlet states as a ‘special’ state which is immune to intra-molecular dipolar relaxation, though it is the major reason behind \( T_1 \) relaxation \[104\].

Previous discussion shows how necessary it is to get a magnetically equivalent pair of nuclear spins to realize the LLS. We need to create such a magnetically equivalent condition to create and persist in singlet states, but to get signal out of singlet states we need to break the symmetry. In the next paragraphs we will discuss about the techniques for magnetically inequivalent pair of nuclear spins. The Hamiltonian for a pair of
Chapter 2. Density Matrix Tomography of Long Lived Singlet States

Chemically inequivalent nuclei in present of Zeeman field can be written as follows:

\[
H = \omega_1 I_1^z + \omega_2 I_2^z + 2\pi J I_1^1 \cdot I^2
= \omega_0(1 + \delta_1) I_1^z + \omega_0(1 + \delta_2) I_2^z + 2\pi J I_1^1 \cdot I^2,
\]

(2.5)

where \(\delta_1\) and \(\delta_2\) are the two chemical shifts of the two spins. The matrix representation of this Hamiltonian in singlet-triplet basis can be expressed as [104]:

\[
\begin{pmatrix}
|S_0\rangle & |T_+\rangle & |T_0\rangle & |T_-\rangle \\
\langle S_0| & -\frac{3}{2}\pi J & 0 & \frac{1}{2}\omega_0\Delta\delta \\
\langle T_+| & 0 & \omega_0(1 + \frac{1}{2}\sum \delta) + \frac{1}{2}\pi J & 0 \\
\langle T_0| & \frac{1}{2}\omega_0\Delta\delta & 0 & \frac{1}{2}\pi J \\
\langle T_-| & 0 & 0 & -\omega_0(1 + \frac{1}{2}\sum \delta) + \frac{1}{2}\pi J
\end{pmatrix},
\]

(2.6)

where,

\[
\sum \delta = \delta_1 + \delta_2, \quad \Delta\delta = \delta_1 - \delta_2.
\]

(2.7)

In this case, the matrix is not a diagonal matrix, hence the singlet and triplet states are not the eigenstates of this Hamiltonian. The off-diagonal term in the matrix (\(\frac{1}{2}\omega_0\Delta\delta\)) represents the possible conversion of singlet-triplet transition. This transition is directly dependent on the chemical shift difference between the two spins. Hence, even if we are able to prepare singlet states in an inequivalent pair of nuclei, it will not be long lived till it has some dependency on the chemical shift differences. Still, it gives us a clue to experience long-lived singlet states if somehow the chemical shift difference (\(\Delta\delta\)) is suppressed [104]. In the next subsection we will discuss this method of chemical shift suppression in detail.

### 2.2.2 Singlet Preparation in NMR

So far we have learn that singlet states can not be observed for magnetically equivalent pair of spins, as it does not give any observable NMR signal, and even for the magneti-
cally inequivalent spin pairs because of the chemical shift difference barrier.

The key to LLS revelation is to switch the magnetic equivalence ‘on’ and ‘off’ by some experimental manipulations [104]. There are at least two well established procedures to do so - (i) field cycling and (ii) radiofrequency spin-locking [83, 84]. By field cycling method, we can switch-off the magnetic field manually so that magnetic equivalence is established and then once again switch-on the magnetic field to convert into single quantum coherences. The other method (radiofrequency spin-locking) is more practical with least manual work. We will discuss this method in detail.

Getting pure singlet states may be seen as a three step procedure:

(i) Building singlet population.

(ii) Applying spin-lock.

(iii) Singlet detection.

**Building singlet population**

With the application of suitable rf pulses and delays it is possible to create a density matrix operator which represents a part of singlet states in it. The density matrix for a singlet population can be represented by the Cartesian product operator formalism as follows:

$$\langle S_0 | S_0 \rangle = \frac{1}{2} (|01\rangle - |10\rangle)(|01\rangle - |10\rangle)$$

$$= \frac{1}{2} (|01\rangle\langle 01| - |10\rangle\langle 01| - |01\rangle\langle 10| + |10\rangle\langle 10|)$$

$$= \frac{1}{2} \left( I_1^1 I_2^2 - I_1^1 I_2^2 - I_1^1 I_2^2 + I_1^1 I_2^2 \right)$$

$$= -\frac{1}{2} \left( I_1^1 I_2^2 + I_1^1 I_2^2 \right) - I_1^1 I_2^2 + \frac{1}{4} - I_1^1 I_2^2 + \frac{1}{4}.$$

The earlier equation shows that singlet populations can be constructed from zero quantum coherences and longitudinal magnetization of both the spins. Hence a little trick with the excitation of zero quantum coherences with appropriate phase can leads us to the singlet populations [104]. The following pulse sequence is found [83] suitable
Chapter 2. Density Matrix Tomography of Long Lived Singlet States

to create singlet state populations starting from equilibrium condition.

\[
90_0 - \tau_1 - 180_0 - (\tau_1 + \tau_2) - 90_0_0 - \tau_3, \quad (2.9)
\]

where \( \tau_1 = 1/4J \), \( \tau_2 = 1/2\Delta \nu \) and \( \tau_3 = 1/4\Delta \nu \). \( J \) and \( \nu \) are denoting the spin-spin coupling constant and chemical shift difference in Hz respectively. The ‘offset’ should be placed at the middle of the two spins for simplification. The above written pulse sequence works as follows:

Initial 90\(_0\) pulse brings the longitudinal magnetization to transverse plane.

\[
I_z^1 + I_z^2 \xrightarrow{90_0} -I_y^1 - I_y^2,
\]

followed by the spin-echo with only J evolution for the duration of 1/2J:

\[
-I_y^1 - I_y^2 \xrightarrow{\tau_1 - 180_0 - \tau_1} 2I_x^1 I_z^2 + 2I_x^1 I_y^2.
\]

During the subsequent \( \tau_2 \) interval, there will be evolution under the isotropic chemical shifts. This delay (\( \tau_2 = 1/2\Delta \nu \)) is relatively shorter and can be ignored for any significant J-evolution during this time. The product operator formalism goes as follows:

\[
2I_x^1 I_z^2 + 2I_x^1 I_y^2 \xrightarrow{\tau_2} 2I_x^1 I_y^2 - 2I_x^1 I_y^2.
\]

Now a 90 degree y pulse will bring the density operator into zero quantum coherences.

\[
2I_x^1 I_y^2 - 2I_x^1 I_y^2 \xrightarrow{900_0} 2I_x^1 I_y^2 - 2I_x^1 I_y^2 = -i(I_x^1 I_y^2 - I_x^1 I_y^2).
\]

A further chemical shift evolution required for a phase corrected zero quantum coherence.

\[
2I_x^1 I_y^2 - 2I_x^1 I_y^2 \xrightarrow{\tau_3} -2I_x^1 I_y^2 - 2I_x^1 I_y^2 = -(I_x^1 I_y^2 + I_x^1 I_y^2).
\]

This may be rewritten as follows:

\[
-I_y^1 I_x^2 - I_y^1 I_x^2 = -|01\rangle\langle 10| - |10\rangle\langle 01| = |S_0\rangle\langle S_0| - |T_0\rangle\langle T_0|.
\]

(2.10)
2.2. Long-lived singlet states

Hence from the above calculations it is seen that the resulting density operator is in fact combination of the singlet state and one of the triplet states’ population. Now our aim is to filter out the singlet state from the singlet-triplet population distribution. This can be done by radio frequency spin locking as discussed below in detail.

**Radio frequency spin-lock**

A spin-lock is a low power on-resonant continuous radio frequency pulse along the spin magnetization in transverse plane. This low frequency $rf$ pulse keeps the magnetization from precessing in transverse plane. Hence this pulse can be used as a possible way to suppress the chemical shift differences. It is popularly known as a ‘spin-lock’ as it arrests the spin precession.

The duration of the spin-lock may last for several minutes, triggering the possibility of severe probe damage. Hence one must be careful to select the $rf$ spin-lock power and duration. There are two basic kinds of spin-lock. (i) Unmodulated spin-lock, and (ii) modulated spin-lock.

(i) Unmodulated $rf$ field is commonly known as ‘continuous wave’ (CW) irradiation. CW irradiation has constant amplitude and has no phase modulation over time. CW has shorter bandwidth and hence not useful for large chemical shift differences. Theoretically it is possible to apply more power for higher chemical shift difference systems, but that may cause serious damage to $rf$ probes.

(ii) Modulated lock can be realized by using CPD (composite pulse decoupling) pulses. As the name suggests, it is a phase modulated composite pulse, routinely used as a decoupling pulse sequence. In many cases it can outperform CW pulses as a spin-lock sequence. The bandwidth of CPD pulses are much larger compared to CW pulses and hence useful for larger chemical shift difference singlets. Commonly used CPD pulses are WALTZ-16, GARP etc.

During spin-lock the three triplet states’ populations equilibrate rapidly under normal relaxation procedure, whereas singlet population being itself immune to $rf$ spin-
lock, decays much slowly. After the fast decay of triplet states, singlet state achieve its maximum purity (singlet correlation may reach up to 0.997). Eventually singlet state also decays despite rf spin-lock shielding, but with much slower rate than any other states.

Now here we can recap the fact that singlet state itself is a zero quantum coherences and can not be directly accessible. Hence we must transfer the zero-quantum coherences to a observable single-quantum coherences to detect it. The following section describes the method in detail.

**Singlet detection**

The simplest method to detect singlet is to evolve it for a $1/(4\Delta\nu)$ chemical shift evolution and followed by a strong 90° pulse. The transformation of density matrix operator are as follows:

\[
|S_0\rangle\langle S_0| = \begin{pmatrix} -\frac{i}{2}(I_x^1 I_x^2 + I_y^1 I_y^2) - I_z^1 I_z^2 + \frac{1}{4} \end{pmatrix}
\]

Now a simple 90° pulse brings the magnetization into observable single quantum coherence.

\[
\frac{1}{2}(2I_x^1 I_y^2 + I_x^1 I_y^2) - I_z^1 I_z^2 + \frac{1}{4} \xrightarrow{90°} \frac{1}{2}(2I_x^1 I_y^2 - I_z^1 I_z^2) - I_x^1 I_y^2 + \frac{1}{4}.
\] (2.11)

These shows the antiphase transverse magnetization for the spin pair. The characteristic spectra for this kind of antiphase magnetization shows a typical “up-down-down-
up” pattern in the NMR peaks.

However one might notice that this way of detecting singlet states has less qualitative information. A better quantitative study can be carried out through tomographic method. In this context we have developed a robust density matrix tomographic technique which is particularly suitable for this problem. In the following section we will discuss the ‘density matrix tomography’ scheme in detail. Later we will apply this tomography sequence on singlets for its characterization in various experimental conditions.

### 2.3 Density Matrix Tomography

The delicate nature of ‘quantum states’ makes it vulnerable to macroscopic-world. The inevitable last step for most of the quantum information processing and quantum simulation is the measurement of derived quantum states. In the case of an ensemble quantum system, the states are presented by density matrix. In order to measure these density matrices, many sophisticated schemes have been envisaged. ‘Density matrix tomography’ technique has proven its utility for mapping any quantum states with high accuracy. It enables us to measure all the elements of a general density matrix at any time point. The knowledge of the full density matrix of any quantum state is important for many reason e.g. (i) one can find the error in the experiment, since we already have the knowledge about theoretical density matrix. (ii) Measuring density matrix at different time points of a dynamic quantum algorithm gives the pattern of population and coherence transfers. In the following section we have presented a robust tomographic scheme in the context of NMR.

Earlier schemes of tomography were designed in the context of quantum information processing. They required spin-selective rotations and transition selective integrations of spectra. In homonuclear spin systems, particularly in $^1$H spin systems, it is hard to design high fidelity spin-selective rotations owing to the small differences in chemical shifts (on the other hand, the heteronuclear singlet state is predicted to be short-lived). These spin selective pulses generally tend to be long in duration,
still introduce significant errors. Integration of individual transitions is also problematic since the transitions, particularly those with mixed line shapes corresponding to a general density matrix, may severely overlap. Tomography based on two-dimensional NMR spectroscopy had also been proposed [109]. This is a general method in the sense only one 2D experiment is needed to be carried out irrespective of the size of the spin system. However, the 2D method is time consuming. Also since it relies on fitting the 2D cross-sections (along the indirect dimension) to mixed Lorentzian, the accuracy is limited by the quality of the fit that is achieved. In the following we present a robust density matrix tomography for a homonuclear weakly coupled two spins-$1/2$ system which needs only non-selective RF pulses and integrations over each spin instead of individual transitions [106].

The general traceless deviation density matrix consists of 15 independent real numbers:

\[
\rho = \begin{pmatrix}
p_0 & r_3 + is_3 & r_1 + is_1 & r_5 + is_5 \\
p_1 & r_6 + is_6 & r_2 + is_2 \\
p_2 & r_4 + is_4 \\
-\sum_{i=0}^2 p_i &
\end{pmatrix}.
\] (2.12)

Here real elements \(p_k\) are populations and the complex elements \(r_k + is_k\) correspond to single \((k = 1 \text{ to } 4)\), double \((k = 5)\), and zero \((k = 6)\) quantum coherences. The elements below the diagonal are determined by the Hermitian condition \(\rho_{jk} = \rho_{kj}^{\ast}\). Since only single quantum coherences are directly observable, four combinations \(R_1 := (r_1 + r_2)\), \(S_1 := (s_1 + s_2)\), \(R_2 := (r_3 + r_4)\), and \(S_2 := (s_3 + s_4)\) can be obtained from the integration of complex line shapes of spins 1 and 2 respectively. Now consider an RF sequence with propagator \(U\), that transforms the original density matrix \(\rho\) into \(\rho' = U\rho U^{\dagger}\). Single quantum coherences of \(\rho'\) will lead to different linear combinations of various elements in \(\rho\). Thus, by applying different propagators on \(\rho\), we can measure the values of different linear combinations of various elements of \(\rho\). The real and imaginary values of the
2.4 Singlet State Characterization

Integration of \( j \)th spin in \( k \)th experiment will be labeled as \( R^k_j \) and \( S^k_j \) respectively. Following six one-dimensional NMR experiments were found to be sufficient to tomograph a two-spin density matrix:

1. \( 1 \)
2. \( 90^\circ \)
3. \( \frac{1}{4\pi} \cdot 180^\circ \cdot \frac{1}{4\pi} \)
4. \( 45^\circ \cdot \frac{1}{4\pi} \cdot 180^\circ \cdot \frac{1}{4\pi} \)
5. \( 45^\circ \cdot \frac{1}{4\pi} \cdot 180^\circ \cdot \frac{1}{4\pi} \)
6. \( \frac{1}{2\pi} \cdot 45^\circ \cdot \frac{1}{4\pi} \cdot 180^\circ \cdot \frac{1}{4\pi} \)

Here \( 1 \) is the identity i.e., direct observation without applying any extra pulses. \( \Delta \nu \) and \( J \) are the chemical shift difference and the scalar coupling respectively (both in Hz). The offset is assumed to be at the center of the two doublets and the RF amplitudes are assumed to be much stronger than \( \Delta \nu \). By calculating the propagator for each of these experiments, 24 linear equations are achieved. Solving these equations, gives the all unknown parameters of the density matrix. A detailed analysis of the density matrix tomography scheme is given in Appendix A.

Now we will use this tomographic scheme on long-lived singlet states [106].

2.4 Singlet State Characterization

2.4.1 Observing through antiphase magnetization

The singlet state was prepared by the RF spin-lock method and converted into antiphase magnetizations as described by Carravetta and Levitt [84] using the pulse sequence shown in Figure 2.2b. The RF spin-lock was achieved by either CW irradiation or by
Chapter 2. Density Matrix Tomography of Long Lived Singlet States

Figure 2.1: Part of the $^1$H spectrum of 5-bromothiophene-2-carbaldehyde (inset), displaying the doublets corresponding to the two $^1$H spins used to study the singlet state. The sample was dissolved in dimethyl sulphoxide-D$_6$ and all the experiments are carried out at 300 K. The difference $\Delta \nu$ in chemical shifts is 192.04 Hz and the scalar coupling $J$ is 4.02 Hz. Scalar coupling to aldehyde proton was too weak to be observed. The spin lattice relaxation time constants ($T_1$) for the two spins obtained from inversion recovery experiment are 5.2 s and 6.2 s respectively for the spins 1 and 2.

WALTZ-16 modulations. The RF offset was set to the center of the two chemical shifts in these experiments. The total magnitude of the antiphase magnetizations decays at different rates depending on the spin-lock conditions (Figures 2.3 and 2.4). The decay constants with CW spin-lock are 16.6 s (Figure 2.3a) and 13.4 s (Figure 2.3h) respectively at RF amplitudes of 2 kHz and 500 Hz. Under WALTZ-16 spin-lock, the decay constants are slightly smaller, 16.2 s (Figure 2.4a) and 12.8 s (Figure 2.4h) respectively at 2 kHz and 500 Hz. Nevertheless, these values are about 2 to 3 times the $T_1$ values of the individual spins implying the preparation of long-lived singlet state.

In this scheme, the integrated magnitude spectrum is usually monitored as a function of spin-lock time. The contributions from the spurious coherences may not be eliminated in this process. Further, the double quantum coherences, if any, are not observed at all. Our interest is to quantify the singlet content in the instantaneous state $\rho(t)$ during the spin-lock. One might guess that the singlet content is maximum in the beginning and exponentially decays with the spin-lock time. Further, one may also guess that
2.4. Singlet State Characterization

Figure 2.2: The pulse sequences for the preparation of singlet states and detection via (a) converting to antiphase single quantum magnetization and (b) tomography of singlet states. Here $\tau_1 = 1/(4J)$, $\tau_2 = 1/(4J) + 1/(2\Delta\nu)$, and $\tau_3 = 1/(4\Delta\nu)$, with $\Delta\nu$ and $J$ being the chemical shift difference (in Hz) and the scalar coupling respectively. $\tau_4$ is the duration of spin-lock.

CW spin-lock is superior to WALTZ-16 spin-lock at all timescales. But the following tomography results provide a different picture [106].

2.4.2 Tomography under varying spin-lock duration

The pulse sequence for the tomography of singlet states is shown in Figure 2.2b. The density matrix of the singlet state is $|S_0\rangle\langle S_0| = \frac{1}{4} 1 + \rho_s$, with the traceless part $\rho_s = -I^1 \cdot I^2$ being the product of spin angular momentum operators of spins 1 and 2. The correlation of the theoretical singlet state operator $\rho_s$ in the instantaneous experimental density matrix $\rho(t)$ (obtained from tomography),

$$\langle \rho_s(t) \rangle = \frac{\text{trace} [\rho(t) \cdot \rho_s]}{\sqrt{\text{trace} [\rho(t)^2] \cdot \text{trace} [\rho_s^2]}}$$

(2.13)
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gives a measure of singlet content in $\rho(t)$. The normalization used in the above expression disregards the attenuation of $\rho(t)$ itself. Similar definitions can be applied to calculate the correlations $\langle I_x^1 \rangle$, $\langle |T_0\rangle\langle T_0| \rangle$, etc. We monitored the correlations as a function of spin-lock time $\tau_4$ from 0 s to 30 s in steps of 0.5 s under different spin-lock conditions using the sequence shown in Figure 2.2b. The results are shown in Figures 2.3 and 2.4. 3D bar plots of full density matrices at two particular spin-lock conditions are shown in Figure 2.5.

The Figures 2.3b, 2.3i, 2.4b, and 2.4i indicate correlation $\langle \rho_s \rangle$ as a function of spin-lock time under various spin-lock conditions. In all the cases, the initial correlation is about 0.8. This is expected, since the initial state prepared by the pulse sequences in Figure 2.2 just before the spin-lock is actually

$$\rho(0) = |S_0\rangle\langle S_0| - |T_0\rangle\langle T_0|.$$  \hspace{2cm} (2.14)

With CW spin-lock at a high RF amplitude of 2 kHz (Figure 2.3b - 2.3g), the singlet correlation $\langle \rho_s \rangle$ quickly reaches to 0.95 in 0.5 s of spin-lock time (Figure 2.3b). Most of the spurious coherences and the residual longitudinal magnetizations created during the preparation are destroyed by the RF inhomogeneity during spin-lock. Figures 2.3g and 2.3h reveal that the initial correlation $\langle |T_0\rangle\langle T_0| \rangle(0)$ is $-0.7 \sim 1/\sqrt{2}$ which is just expected. Within 0.5 s, the $|T_0\rangle\langle T_0|$ content is rapidly reduced. But complete equilibration of triplet levels takes about 5 s. Interestingly, there is a sudden build-up and gradual fall of double quantum coherence as seen in Figures 2.3f and Figures 2.3m. As the singlet state gets purified, $\langle \rho_s \rangle$ exceeds 0.99 in 6 seconds and reaches a maximum value of 0.994 at 9.5 s. After about 18 s, $\langle \rho_s \rangle$ starts decaying below 0.99, probably due to the gradual conversion of singlet state to other magnetization modes via the triplet states by relaxation mechanisms. On the other hand, there is a gradual build up of y- and z-magnetizations (Figures 2.3l and 2.3q) in a similar way as that of a steady state experiment \[111\]. Nevertheless, the singlet correlation remained above 0.95 till 30 s. The x-magnetization and the double quantum coherence (Figures 2.3c and 2.3f) re-
2.4. Singlet State Characterization

Figure 2.3: Data characterizing the singlet state under CW spin-lock at an RF amplitude of 2 kHz (a to g) and of 500 Hz (h to n). The spin-lock duration $\tau_4$ was varied from 0 s to 30 s in steps of 0.5 s in each case. Dots in (a) and (h) correspond to the total magnitude of antiphase magnetization obtained from the pulse sequence in Figure 2.2a. Singlet decay constant $T_s$ was obtained by using an exponential fit (smooth lines in (a) and (h)). During each fit, first two data points were omitted in view of strong spurious coherences created by the imperfections in the pulses. Remaining graphs are the results obtained from tomography using the pulse sequence shown in Figure 2.2b. They correspond to the correlations: $\langle \rho_s \rangle$ (b and i), $\langle I_p^x \rangle$ (c and j), $\langle I_p^y \rangle$ (d and k), $\langle I_p^z \rangle$ (e and l), $\langle I_1^x + I_2^x + I_1^y + I_2^y \rangle$ (f and m), and $c_q = \langle |T_q\rangle |T_q\rangle \rangle$ (g and n), with spin numbers $p = \{1, 2\}$ and triplet subscripts $q = \{-1, 0, 1\}$. 
Figure 2.4: Similar data as in Figure 2.3 but under WALTZ-16 spin-lock at an RF amplitude of 2 kHz (a to g) and of 500 Hz (h to n). The graphs correspond to total magnitude of antiphase magnetization (a and h), $\langle \rho_s \rangle$ (b and i), $\langle I^p_x \rangle$ (c and j), $\langle I^p_y \rangle$ (d and k), $\langle I^p_z \rangle$ (e and l), $\langle I^1_x I^2_x + I^1_y I^2_y \rangle$ (f and m), and $c_q = \langle |T_q| \rangle \langle T_q \rangle$ (g and n), with spin numbers $p = \{1, 2\}$ and triplet subscripts $q = \{-1, 0, +1\}$. 
2.4. Singlet State Characterization

Figure 2.5: Bar plots showing (a) traceless part $\rho_s$ of the theoretical singlet state density matrix, (b) experimental state after 15 s of WALTZ-16 spin-lock at an RF amplitude of 2 kHz, and (c) experimental state after 14 s of WALTZ-16 spin-lock at an RF amplitude of 500 Hz. The upper and lower traces correspond to the real and imaginary parts respectively. The singlet correlations in (b) and (c) are respectively 0.997 and 0.547. The density matrix in (b) shows significant decay, but still has high singlet content! The real part of the density matrix in (c) shows significant double quantum artifact.

...remained small during the period of high correlation. After the initial differences, the triplet states equilibrate in about 6s, and remain steady then onwards (Figures 2.3g and 2.3h).

With CW spin-lock at 500 Hz, the singlet correlation reaches only up to 0.94 again at about 9 s and then steadily drops to 0.71 at 30 s (Figure 2.3i). The increased buildup of x-, y-, and z- magnetizations with the reduction of the spin-lock power can also be noticed (Figure 2.3j - 2.3l).

Under WALTZ-16 spin-lock (Figure 2.4), all the graphs are characterized by oscillations that are either in-phase or anti-phase. The origin of oscillations probably lies in the cyclic nature of WALTZ-16 modulation.
At an RF amplitude of 2 kHz, the maximum singlet correlation of 0.997 was reached at 15 s (Figure 2.4b). The 3D bar plot of the density matrix corresponding to this case is shown in Figure 2.5b. More interestingly, $\langle \rho_s \rangle$ peaks seem to maintain above 0.99 till $\tau_4 = 28.5$ s, i.e., about 10 s longer than the CW case! Thus, for certain values of spin-lock durations, WALTZ-16 provides purer singlet states than that of CW.

The singlet correlation under WALTZ-16 spin-lock at 500 Hz displays stronger oscillations (Figure 2.4i). Despite the oscillations, the singlet correlation reaches as high as 0.96 at 13.5 s. Again it can be noticed that good singlet content is held for longer periods by WALTZ-16 than the CW of same amplitude. For example at 500 Hz RF amplitude, WALTZ-16 gives a singlet correlation of 0.94 at $\tau_4 = 27$ s, while that for CW it is only 0.79.

### 2.4.3 Offset dependence

Theoretical and numerical investigations on the offset dependence of singlet spin-lock has been carried out by Karthik and Bodenhausen [86] and by Pileio and Levitt [101]. Robustness of various modulation schemes with regard to offset of singlet spin-lock have been demonstrated by Bodenhausen and co-workers [100]. Here we probe the offset dependence of singlet evolution using tomography [106]. Figure 2.6 shows the experimental data obtained from a series of singlet state tomography experiments, each time varying the RF offset of the spin-lock. The RF offset was measured from the center of the two chemical shifts. Again the experiments were carried out under the following spin-lock conditions:

(i) CW for 15s (Figure 2.6a-2.6f),

(ii) CW for 28.5s (Figure 2.6g-2.6l),

(iii) WALTZ-16 for 15s (Figure 2.6m-2.6r), and

(iv) WALTZ-16 for 28.5s (Figure 2.6s-2.6x).
2.4. Singlet State Characterization

Figure 2.6: Correlations calculated using the density matrix tomography of singlet states prepared with different spin-lock conditions: (i) CW spin-lock at 2 kHz for 15s (a to f), (ii) CW spin-lock at 2 kHz for 28.5s (g to l), (iii) WALTZ-16 spin-lock at 2 kHz for 15s (m to r), and, (iv) WALTZ-16 spin-lock at 2 kHz for 28.5s (s to x). In each case, the horizontal axis indicates the RF offset \( \Delta \nu \) during the spin-lock. The offset is measured from the center of the two chemical shifts. The rows correspond to: \( \langle \rho_s \rangle \) (b and i), \( \langle I_p^x \rangle \) (c and j), \( \langle I_p^y \rangle \) (d and k), \( \langle I_p^z \rangle \) (e and l), \( \langle I_1^1 + I_2^1 + I_3^1 - I_1^2 - I_2^2 \rangle \) (f and m), and \( c_q = \langle \langle T_q \rangle \rangle \) (g and n), where spin numbers \( p = \{1, \text{pluses}\}, 2 (\times\text{’s}) \} \) and triplet subscripts \( q = \{-1, \text{dots}\}, 0 \text{ (circles)}, +1 \text{ (pluses)} \).
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Figure 2.7: Pulse sequence for the creation of long lived singlet states in a 3 spin system (AMX). (a) Anti-phase singlet magnetization to be accessed via spin-3, (b) qualitative measure of singlet correlation is done by state tomography. $\tau_1$ and $\tau_2$ are optimized delays in a way that both $J_{13}$, $J_{23}$ get a $\pi/2$ $J$- evolution, $\tau_3 = \frac{1}{4\Delta \nu_{12}}$, and $\tau_4$ is the spin-lock duration.

The graphs indicate that the WALTZ-16 scheme is far superior compared to CW in preserving the singlet correlation at high RF offsets. The singlet correlations with 2 kHz CW drops below 0.5 for an offset of 50 Hz. However, WALTZ-16 at 2 kHz amplitude maintains a high correlation of 0.97 at 28.5s, even with an offset of 2.1 kHz. In the case of CW spin-lock, rapid build up of y-magnetizations can be noticed with the increase of the RF offset [106].

2.5 Long lived singlet states in multi-spin systems

2.5.1 Long lived singlet states in a 3-spin system

In this subsection we will describe the methods for preparing long lived singlet states in a 3-spin system (AMX). We have extended the procedure of the 2-spin system as described in the previous sections. The singlet population distribution between any two spins can be prepared in presence of a third spin. The pulse sequence relies on the refocusing of the unnecessary couplings. The NMR pulse sequence is shown in Fig.
2.5. Long lived singlet states in multi-spin systems

Figure 2.8: Experimental results of 3-spin LLS. (a) Acrylonitrile dissolved in CDCl$_3$, where 3 protons acting as a three spin homonuclear system. (b) The $^1$H reference spectra of Acrylonitrile in a 500 MHz spectrometer. (c) and (d) showing the antiphase spectra of spin-3 after a spin lock duration of 5 s and 40 s respectively. (e) The solid curve showing the antiphase magnetization decay and dotted curve showing the singlet correlations obtained from tomography over a duration of spin-lock ($\tau_d$) time.

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2.7 In this particular example we have prepared the singlet population between spin-1 and spin-2. Singlet population is accessed by transferring the magnetization into spin-3. The quantitative measure of singlet magnetization is done by the pulse sequence shown in Fig. 2.7a. The extensive tomographic method of accessing singlet correlation has also been performed. The experimental results are shown in Fig. 2.8. The decay of antiphase magnetization and tomographic correlation is shown in Fig. 2.8a. The $T_1$ time for all the three spins are roughly 6 sec, while the LLS time ($T_{LLS}$) is found to be 17.9 sec. Hence the ratio $T_{LLS}/T_1 \approx 3$. The nature of this plot is similar to the spin-2 system and the reason for this is given in previous section. The 3-spin density matrix tomography scheme is described in detail in Appendix B.

2.5.2 Long lived singlet states in a 4-spin system

We have prepared two pair of singlet states in a 4 spin $AMXY$ system. The exact pulse sequence is shown in Fig. 2.9a. We were able to prepare simultaneous singlet states...
2.5. Long lived singlet states in multi-spin systems

Figure 2.10: Experimental results of 4-spin LLS. (a) Aspirin dissolved in CD$_3$OD, where 4 protons acting as a four spin homonuclear system. (b) The chemical shifts and J-coupling constants in Hz are shown in a table format. (c) The $^1$H reference spectra of Aspirin is at the bottom trace. The antiphase spectra are shown in upper trace after a spin lock duration of 3 s and 10 s respectively. (d) The solid curve showing the antiphase magnetization decay and dotted curve showing the 1-2 singlet correlations obtained from tomography over a duration of spin-lock ($\tau_4$) time.
in between spin-1 and spin-2 and also in between spin-3 and spin-4. The J-evolution
 delays ($\tau_1$ and $\tau_2$) are calculated in an optimized way. The traditional method of accessing
 singlet states is by converting it into single quantum coherences. The antiphase spectra
 of aspirin are shown in Fig. 2.10. We have done density matrix tomography to calculate
 the correlation at various spin-lock duration. The nature of antiphase decay and singlet
 correlation profile matches with the previous cases (2-spin and 3-spin) and hence got the
 similar explanation. We have found $T_1 \approx 3s$ and $T_{LLS} \approx 6s$, hence the ratio $T_{LLS}/T_1 \approx 2$.
 This also proves the long lived nature of the prepared singlet states.

2.6 Conclusions

Study of singlet state is important not only because of the interesting Physics that makes
 it long-lived, but also because of its potential for a number of applications. We have
 studied the singlet state directly and quantitatively using density matrix tomography.
 A new set of tomography sequences have been introduced for this purpose. The den-
 sity matrix tomography provides a tool not only for characterizing various spin-lock
 schemes but also for understanding the spin dynamics during the spin-lock period.

The singlet state is preserved with CW spin-lock as well as with WALTZ-16 spin-
 lock at two different RF amplitudes: 2 kHz and 500 Hz. The results indicate that at high
 RF amplitudes, both CW and WALTZ-16 achieve high singlet content. An important
 feature of singlet state is that it gets purified by itself during the spin-lock, simply be-
 cause of its longer life time compared to the spurious coherences. There exist optimum
 spin-lock values at which the singlet correlations are maximum. While WALTZ-16
 shows significant oscillations in the singlet purity, for certain intervals of spin-lock it
gives better performance than CW and holds the singlet content for longer intervals of
time. The dependence of correlations with the RF offset during the spin-lock are also
studied under both CW and WALTZ-16 schemes. It is found that WALTZ-16 is far
superior in preserving the singlet state at large RF offsets.
Chapter 3

Preparation of Pseudopure States
Using Long Lived Singlet States

An introduction to pseudopure states (PPS) is given in section 3.1. In section 3.2 a general review of various methods proposed for preparation of pseudopure states in NMR have been described. In section 3.3 a new method for creating pseudopure states from long-lived singlet states is presented. In this context, we have developed a robust, scalable quantum circuit for creating PPS for any number of qubits. Experimental results are shown and discussed for multi-qubit systems in the later part of the section 3.3.

3.1 Introduction

3.1.1 A pure state and a mixed state

A ‘pure state’ is a quantum state which can be represented by a single ket $|i\rangle$. A quantum state which can not be represented by a single ket format in any of the basis is termed as ‘mixed state’. In a mixed state system, we are only able to say that the system has certain probabilities (say $p_1$, $p_2$... ) of being in different states (say $|1\rangle$, $|2\rangle$... ). For example, let us consider a two level system of energy difference $\Delta E$ of about $2eV$ (e.g. electronic levels of sodium). At room temperature of 300 K, the ratio between ground and excited
Chapter 3. Preparation of Pseudopure States Using Long Lived Singlet States

states population is of the order of $1 : e^{-\Delta E/kT} \sim 1 : 10^{-34}$. For all practical purposes, we can assume that such a state exists in a pure ground state at thermal equilibrium. In another case, if we consider a much shorter energy gap difference of the order of $2\mu eV$ (such as the case of nuclear spin’s energy gap for hydrogen at $10^T$ external magnetic field), then the populations of the two states are roughly in the order of $1 : 0.9999$. The later case described a perfect mixed state condition.

While a pure classical state is represented by a single moving point in phase space having definite spatial ($q_i, ...q_f$) and momentum coordinates ($p_i, ...p_f$), a classical mixed state is described by a non-negative density function $\rho(q_i, ...q_f, p_i, ...p_f)$, such that the probability that a system is found in the interval $dq_i...dp_f$ at time $t$ is $\rho dq_i...dp_f$. The ‘quantum analog’ of the classical pure state is represented by a single state vector, while the quantum analog of a classical mixed state is represented by the density matrix $[112]$.

An ensemble is in an idealized pure state if all of its’ members are in state $|\psi(t)\rangle$. The density operator of a pure state $|\psi(t)\rangle = \sum_i c_i(t)|i\rangle$ is given by,

$$\rho_{pure} = |\psi\rangle\langle\psi| = \sum_i \sum_j c_i(t)c_j^*(t)|i\rangle\langle j|.$$  \hfill (3.1)

A pure state density matrix, $P_{|n\rangle} = |n\rangle\langle n|$ is a projection operator since,

$$P_{|n\rangle} \sum_i c_i|i\rangle = c_n|n\rangle, \quad \text{and} \quad \sum_n P_{|n\rangle} = 1.$$  \hfill (3.2)

Since all the subsystems behave identically, one has complete knowledge of all parts of the system. Pure states are also known as the ‘states of maximum information’. A pure state has two basic properties :

$$\rho_{pure}^2 = \rho, \quad \text{and} \quad tr(\rho_{pure}^2) = 1.$$  \hfill (3.3)

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Figure 3.1: Bloch sphere: All the surface points represent a pure states, any non-surface points are mixed states. The origin corresponds the maximally mixed state.

The density matrix of an ensemble in a mixed state is obtained by ensemble average:

\[
\rho_{\text{mix}} = \sum_i \sum_j c_i(t)c_j^*(t)|i\rangle\langle j| = \sum_k p_k |\psi_k\rangle\langle \psi_k|,
\]

where \(p_k\) denotes the probability of the system of being in state \(\psi_k\) with \(\sum p_k = 1\) and the bar denotes the ensemble average. \(\rho_{\text{mix}}\) is not a projection operator and is also known as state with ‘less than maximum information’. It holds the property of:

\[
\rho_{\text{mix}}^2 \neq \rho, \quad \text{and} \quad \text{tr}(\rho_{\text{mix}}^2) < 1.
\]

Another way to represent a wave function and hence a density matrix is through the ‘Bloch sphere’. A pure state \(|\psi\rangle\) is a geometrical point on the Bloch surface. For a single qubit, \(|\psi\rangle\) can be written as:

\[
|\psi\rangle = \cos(\theta/2) |0\rangle + e^{i\phi} \sin(\theta/2) |1\rangle,
\]

with \(0 \leq \theta \leq \pi\) and \(0 \leq \phi < 2\pi\). Here \(|0\rangle\) and \(|1\rangle\) are two orthonormal basis vectors of the two-level system (single qubit). Any arbitrary density matrix \(\rho\) can be expanded in
terms of Pauli operators $\sigma_i$:

$$\rho = \frac{1}{2}(1 + \vec{r} \cdot \vec{\sigma}),$$

(3.7)

where $\vec{r}$ is called as Bloch vector, the radius vector of the state from the origin. The eigenvalues of $\rho$ are $\frac{1}{2}(1 \pm |\vec{r}|)$. As density operator must be positive, we get $|\vec{r}| \leq 1$. The purity of the density matrix can be measured by squaring it,

$$tr(\rho^2) = tr\left(\frac{1}{4}(1 + 2\vec{r} \cdot \vec{\sigma} + (\vec{r} \cdot \vec{\sigma})(\vec{r} \cdot \vec{\sigma}))\right)$$

$$= \frac{1}{2}(1 + |\vec{r}|^2).$$

(3.8)

For a pure state $tr(\rho^2) = 1$, i.e., $|\vec{r}| = 1$ and for a mixed state $|\vec{r}| < 1$. Hence a pure state represents a point on the surface of a Bloch sphere, whereas any point other than on the surface represents a mixed state. The origin of the Bloch sphere ($|\vec{r}| = 0$) represents the maximally mixed state with $tr(\rho^2) = \frac{1}{2}$.

### 3.1.2 Necessity of Pure states in QIP

In order to carrying out information processing, a quantum register must satisfy a set of criteria laid out by DiVincenzo [124]. An important criterion is the ability to precisely initialize the register to a desired ket of the computational basis. It has been shown that highly mixed state may not be used to create an entanglement [113] in QIP. Again, a mixed input state leads to a mixed output state which are generally difficult for analysis [30]. In one particular case it can be show that a mixed state input gives wrong output results. Grover search algorithm for a two-qubit system starting from a pure state gives the desired answer with full probability. While starting from a mixed state, instead of getting a definite state, one gets a result with probabilities of different states. On the otherhand, we can find some algorithms which have no requirement of starting from pure initial state, e.g. Deutsch-Josza algorithm [114]. Deutsch-Josza algorithm decides whether the function is ‘balanced’ or ‘constant’ in one iteration. If the initial
3.1. Introduction

Figure 3.2: Simulations of Grover’s search algorithm for a two qubit system starting from pure-state and mixed-state condition. The state being selectively flipped is $|01\rangle$. (a) Pure input state $|00\rangle\langle00|$, (b) output state $|10\rangle\langle10|$ with full probability, (c) a complete random mixed state population input, (d) the answer of the Grover’s search algorithm with no definite result.

state is a pure state, then the in-phase output signal denotes it as a balanced and the anti-phase output signal denotes it as a constant function [115]. In other case, when the initial state is a mixed state, the output signal consists of all possible transitions for a constant function, whereas for a balanced function, at least one of the transition will be missing [50, 116, 117, 114]. Since the Deutsch-Josza algorithm is used only to distinguish between a balanced function and a constant function, mixed initial state should be sufficient for this purpose. Again there are some algorithms that take advantage of the mixed nature of an ensemble systems [118, 119, 120]. These algorithms utilize the power of parallel processing of the identical quantum registers. In a broad overview, however, initialization of quantum registers remain an important requisite for a large scale quantum computer.

3.1.3 Pure states in NMR

The density operator of an ensemble system characterized by the Hamiltonian $\mathcal{H}$ at thermal equilibrium is given by:

$$\rho = \frac{e^{-\mathcal{H}/kT}}{Z},$$

(3.9)

where $k$ is the Boltzmann constant and $T$ is the temperature of the system. $Z$ represents the partition function and is given by $Z = tr\left[e^{-\mathcal{H}/kT}\right]$. For a N-spin homonuclear system
at room temperature, the eigenvalues of \( \mathcal{H} \) are much smaller than \( kT \) value, hence the equilibrium density operator can be approximated to,

\[
\rho_{eq} = \frac{1}{2^N} \left( \mathbb{1} + \frac{\hbar \gamma B_0}{kT} \sum_{j=1}^{N} I_j^z \right)
\]

\[
= \frac{1}{2^N} \left( \mathbb{1} + \epsilon \rho_{dev} \right),
\]

(3.10)

where \( \gamma \) is the gyromagnetic ratio, \( B_0 \) is the strength of the Zeeman field, \( I_j^z \) is the longitudinal component of spin operator for \( j^{th} \) spin, and \( \rho_{dev} \) is the trace-less ‘deviation density matrix’. The coefficient \( \epsilon = \frac{\hbar \gamma B_0}{kT} \) is normally very small; \( \epsilon \sim 10^{-5} \) for hydrogen nuclei in a Zeeman field of 10 T, at room temperature (300 K). Thus a normal NMR system represents a highly mixed state [1, 2, 125]. However, only the deviation density matrix contributes to the NMR signal, which is smaller by a factor of \( \epsilon \) compared to the system which is in a pure state, i.e., if all the spins were in one state. It seems from the Eq. (3.10) that the only way of preparing a pure state in NMR is by using extremely high magnetic fields at extremely low temperatures. While achieving higher magnetic fields than a few tens of Tesla, is still a technological challenge, carrying out experiments at low temperatures is associated with many technical problems including among others, liquid to solid phase transition. However, in Eq. (3.10), we should notice that we have taken only the nuclear spin part. Efforts have been made to bring-in other interactions which will enable preparing pure states without the requirement of using unrealistically high magnetic fields or undesirable low temperatures. One technique is Optical pumping, wherein one tries to transfer electron polarization into the nuclear spin system. This includes for example, a polarization transfer from a laser polarized noble gas atoms like \( ^{129} \)Xe to molecule of interest. While this technique is widely used in magnetic resonance imaging (MRI), it is expected to be relatively inefficient with regard to preparing a pure state [121].

The spin temperature can nevertheless be reduced by using parahydrogens [126] or by using Dynamic Nuclear Polarization (DNP)[127]. In future, either or both of these
techniques may be available for preparing NMR quantum registers into almost pure states [122]. The existing approach for initializing NMR registers is however based on specially prepared mixed states known as pseudopure states (PPS).

3.1.4 Pseudopure states

In 1997 it was suggested independently by Cory et al [45] and Chuang et al [46] that a specially prepared mixed state can be prepared, known as pseudopure state (PPS), that can simulate a pure state in NMR. PPS are isomorphic to pure states for several computational problems [45, 46]. From Eq. 3.10 it is seen that the equilibrium density operator ($\rho$) can be split into two parts, the identity part ($\mathbb{1}$) and the deviation part ($\rho_{\text{dev}}$). The identity part comes as a uniform background and does not give any kind of NMR signals. The NMR signal solely depends on the deviational part of the density operator ($\rho_{\text{dev}}$). Although preparation of pure states in NMR is a very difficult and technically challenging task, preparing a pure deviational density operator is rather a easy one. Hence a pseudopure state (PPS) is an ensemble with a pure deviational density operator. It is also known as ‘effective pure state’ since it mimics a ‘pure state’. Fig. 3.3 shows representative population distributions of a two-spin system in equilibrium (Fig. 3.3a), the deviation part distribution (Fig. 3.3b), and the pure deviational distribution (Fig. 3.3c). Fig. 3.3c represents the ‘pseudopure state’. Equation 3.10 can be rewritten as follows:

$$\rho_{eq} = \frac{1}{2^N}(\mathbb{1} + \epsilon \rho_{\text{dev}}) = \frac{1}{2^N}(1 - \epsilon)\mathbb{1} + \epsilon |\psi\rangle \langle \psi| = \rho_{\text{pps}},$$

(3.11)

where $\epsilon$ is a measure of the magnetization retained in the pseudopure state and it usually gets halved with every additional qubit [128]. The unit background is invariant under the Hamiltonian evolution, does not lead to NMR signal and is ignored [45]:

$$U\rho_{\text{pps}}U^\dagger = \frac{1}{2^N}(1 - \epsilon)\mathbb{1} + \epsilon U|\psi\rangle \langle \psi|U^\dagger.$$

(3.12)
Chapter 3. Preparation of Pseudopure States Using Long Lived Singlet States

Figure 3.3: Representative population distribution of a two-spin system at room temperature when the system is in equilibrium (a), the deviation distribution (b), and the deviation distribution corresponding to $|00\rangle$ pseudopure state.

Thus the equilibrium density matrix of a single spin-$1/2$ nucleus is always in a pseudopure state. Initializing a multi-spin system into a pseudopure state however is essentially a non unitary process \[59\]. So far, PPS remains as the leading technique to simulate a pure state in NMR QIP.

### 3.2 Methods for preparing pseudopure state

Several methods have earlier been proposed for the preparation of pseudopure states. These methods involved in averaging the magnetization modes over the sample space (called ‘spatial averaging’ \[129\]), or over spin space (called ‘logical labeling’ \[46, 50\]), or over several transients (called ‘temporal averaging’ \[130\]). In some cases subsystem pseudopure states are easier to prepare either by transition selective pulses \[135\] or by coherence selection using pulsed field gradients \[128\], but these methods invariably result in loss of a qubit for further computation.

Implementation of a bulk quantum computation can be described in a general way as the transformation of an initial density matrix $\rho_0$ into a final density matrix $\rho_{out}$ according to \[130\],

$$\rho_{out} = \sum_{i,j} R_i C P_j \rho_0 P_j^\dagger C^\dagger R_i^\dagger,$$

where $P_j$ is the preparation operator, $C$ is the unitary transformation corresponding to \[130\].
3.2. Methods for preparing pseudopure state

![Figure 3.4: Preparation of |00⟩ pseudopure state by using temporal averaging method. Representative deviation population distribution at thermal equilibrium (a). Modified deviation populations after inverting populations between |01⟩, |11⟩ (b) and |10⟩, |11⟩ (c). The population distribution of |00⟩ PPS is obtained by temporal averaging technique i.e. by adding (a), (b), and (c).](image)

The computation to be performed, and $R_i$ is the post-processing unitary operator, usually the identity.

It can be noticed that for a single spin-$1/2$ system in thermal equilibrium, only two energy levels are possible. Hence, with an excess population in the lower energy level than higher energy level, the system is in a pseudopure state by default. However, for higher order spin systems (more than one) one has to suitably manipulate the spin order to achieve the desired pseudopure state. In the following, we will describe a few of the most successful methods for preparing pseudopure states in NMR. In section 3.3 we will introduce a new method for preparing pseudopure states by exploiting long-lived nature of singlet states.

### 3.2.1 Temporal averaging

Temporal averaging method is one of the earlier techniques that was proposed by Knill et. al. [130]. This method is based on the randomization of the probabilities of other states by adding multiple experiments. By averaging out all this experiments, we can retain the desired component whereas other undesirable terms cancel out. The basic idea of this method is quite similar to phase-cycling technique, routinely used in NMR. For a $N$-qubit system, the exhaustive averaging involves cyclically permuting the non-ground states in $2^N - 1$ different ways. This permutation achieved by CNOT gates which can be
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implemented by using spin-selective pulses and evolution of couplings or by transition selective pulses.

The method for preparing $|00\rangle$ PPS for a 2 qubit system is described here (Fig. 3.4). Figure 3.4a shows the devitional part of the equilibrium population distribution. After permuting the populations of $|01\rangle$ and $|11\rangle$ by applying a transition selective $\pi$ pulse, we obtain the population distribution similar to Figure 3.4b. Similarly, a permutation of populations of $|10\rangle$ and $|11\rangle$ can also be obtained as shown in Figure 3.4c. Now adding these three population distributions, we can obtain the $|00\rangle$ PPS as shown in Figure 3.4d.

Though this method is useful for smaller number of qubits, it becomes quite laborious for higher number of spin systems. The number of experiment (cyclic permutations) increases exponentially with the number of qubits. For example, preparing a 4-qubit PPS, would require 15 cyclic permutations. Because of this limitations various improvements on this method have been proposed such as by using non-cyclic permutations and applying unequal weightings to different permutations. Utilizing this improvements, one can find out the 4-qubit PPS by only 5 experiments [131]. Choosing random permutations may turn out effective for very large spin systems [130].

3.2.2 Logical labeling

The logical labeling technique [46, 107] can be used to prepare conditional (or subsystem) pseudopure states. It exploits the fact that in an N-spin homonuclear system, there are $N^NC_{N/2}$ levels having equal population distributions. The basic idea of this approach is to find the subset having similar kind of pattern of a pseudopure state and then ‘relabel’ these states.

Let us consider a case for a three-spin homonuclear system with the equilibrium deviation populations as shown in Figure 3.5a). By permuting the states $|001\rangle$ and $|010\rangle$ with $|101\rangle$ and $|110\rangle$ respectively, we obtain the population distribution similar to the
3.2. Methods for preparing pseudopure state

Figure 3.5: Preparation of pseudopure state by using logical labeling technique in a three qubit system. (a) Representative deviation population at thermal equilibrium. (b) The three qubit system can be thought of consisting two subsystems corresponding to 0 and 1 state of the first qubit. After inverting the transitions 001 ↔ 101 and 010 ↔ 110, 0 subsystem is in $|00\rangle$ pseudopure state and the 1 subsystem is in $-|11\rangle$ pseudopure state.

Figure 3.5b. Now these states correspond to the deviation density matrix,

$$
\rho = |0\rangle\langle 0| \otimes (2|00\rangle\langle 00| + 2I) + |1\rangle\langle 1| \otimes (3I - 2|11\rangle\langle 11|). \tag{3.14}
$$

From the above equation it is clearly visible that depending on the state of the first qubit, we can have $|00\rangle$ and $|11\rangle$ pseudopure state of the remaining qubit. Again, the permutations can be carried out by spin-selective pulses and evolution of couplings or by transition selective pulses. Here the first qubit is acting as a ancilla qubit and this should not be disturbed during the computation. The two subsystems (two circles in Fig. 3.5b) undergo independent and parallel evolution.

For higher number of qubits, more labeling qubits may be required. However, it is not necessary that all the subsystems are in pseudopure states. One clear disadvantage of this technique is the requirement of one ‘extra’ qubit as ancilla.
3.2.3 Spatial averaging

Spatial averaging technique relies on the application of suitable selective pulses and magnetic field gradients \[45\]. This method was proposed by Cory et al. and since then it is proven to be one of the popular techniques to prepare pseudopure states. Our aim is to prepare the state \( I_1^z + I_2^z + 2I_1^zI_2^z \) from the state \( \gamma_1 I_1^z + \gamma_2 I_2^z \). Depending on the situation whether \( \gamma_1 \) is greater, less, or equal to \( \gamma_2 \), we will have exact values for \( \theta \)s. For a homonuclear system \( (\gamma_1 = \gamma_2) \) or \( |\gamma_1/2\gamma_2| \leq 1 \), we will have: \( (\theta_1, \theta_2, \theta_3) = (\pi/3, \pi/4, \pi/4) \). On the other hand, suppose \( |\gamma_1/2\gamma_2| \geq 1 \) e.g., \(^1H - ^{13}C\) system, we will have the \( \theta \) values as \( (\theta_1, \theta_2, \theta_3) = (0, \pi/12, 5\pi/12) \).

A particular case for a homonuclear spin system for the preparation of \(|00\rangle\) pseudopure state is described below by product operator formalism.

Figure 3.6: Pulse sequence for preparing \(|00\rangle\) pseudopure state by using spatial averaging method in a two qubit system \((I_1, I_2)\). \( \theta \) representing particular pulse angles and subscript denoting phase of the pulses. \( J \) is the spin-spin coupling constant between two spins and \( G_Z \) denoting pulse field gradient pulses.
3.2. Methods for preparing pseudopure state

\[
\begin{align*}
I_1^z + I_2^z \\
\downarrow (\frac{\pi}{2})_{1z} \\
I_1^z + \frac{1}{\sqrt{2}}I_2^z - \frac{\sqrt{3}}{2}I_y^2 \\
\downarrow G_1 \\
I_1^z + \frac{1}{\sqrt{2}}I_2^z \\
\downarrow (\frac{\pi}{4})_{1z} \\
\frac{1}{\sqrt{2}}I_1^z - \frac{1}{\sqrt{2}}I_y^1 + \frac{1}{2}I_2^z \\
\downarrow \left[ \frac{1}{4\pi} - \frac{\pi}{4} - \frac{1}{4\pi} \right] \\
\frac{1}{\sqrt{2}}I_1^z + \frac{1}{\sqrt{2}}2I_1^zI_2^z + \frac{1}{2}I_2^z \\
\downarrow (\frac{\pi}{4})_{1z} \\
\frac{1}{2}I_1^z - \frac{1}{2}I_1^z + \frac{1}{2}2I_1^zI_2^z + \frac{1}{2}I_2^z + \frac{1}{2}2I_1^zI_2^z \\
\downarrow G_2 \\
\frac{1}{2}I_1^z + \frac{1}{2}I_2^z + \frac{1}{2}2I_1^zI_2^z \\
\end{align*}
\]  

(3.15)

The pulse sequence for three spin homonuclear weakly coupled system is also described [51, 132, 133]. Generalization of spatial averaging method for N-qubits is given by sakaguchi et. al. [134].

In addition to these three main approaches, there are few other methods also available to prepare pseudopure states such as spatially averaged logical labeling technique (SALLT) [135], using ‘cat states’, etc [136].

In the next section we propose a different approach that exploits long life-times of certain special states called ‘singlet states’ [83, 84]. We don’t need an extra qubit in this method as it was required in logical labeling technique [137]. The following section gives a detail description of the theory and pulse sequence required for the preparation of pseudopure state by this new approach. Later, experimental demonstrations on model
systems consisting of two, three and four-qubit NMR registers are also described.

3.3 Preparation of pseudopure states using Long-Lived Singlet States

Consider an ensemble of identical molecules each having \( n \) spin-1/2 nuclei in a magnetic field. The Zeeman Hamiltonian \( H_z = \hbar \sum_j \nu^j_0 I^z_j \), is characterized by the frequency \( \nu^j_0 \) of Larmor precession, and the z-component of the spin angular momentum operator \( I^z_j \) of spins \( j = 1 \cdots n \) \(^2\). The eigenstates \( | \pm 1/2 \rangle \) of \( H^z_j \) are labeled as \( |0\rangle \) and \( |1\rangle \) states of a qubit, and the multi-spin eigenbasis \( \{ |00\cdots00\rangle, |00\cdots01\rangle, \cdots \} \) is treated as the computational basis.

3.3.1 preparation of singlet states

The Hamiltonian for an ensemble of spin-1/2 nuclear pairs of same isotope, in the RF interaction frame, can be expressed as

\[
H^\text{eff} = \hbar \left[ \frac{\Delta \nu}{2} I^z_1 - \frac{\Delta \nu}{2} I^z_2 + J I^1 \cdot I^2 + \nu_{12} I^z_1, I^z_2 \right].
\] (3.16)

Here the RF frequency is assumed to be at the mean of the two Larmor frequencies, and \( \Delta \nu, J \) and \( \nu_{12} \) correspond respectively to the difference in Larmor frequencies (chemical shift difference), the scalar coupling constant and the RF amplitude (all in Hz).

The detail version of singlet state preparation is shown in Chapter 2.2. The standard pulse sequence for the preparation of singlet state is shown in Fig. 3.7. The propagator form of this pulse sequence upto spin-lock can be written as follow:

\[
U_{1}^{1,2} = e^{-i\frac{\pi}{4}(I^1_z-I^2_z)} e^{-i\frac{\pi}{2}(I^1_z-I^2_z)^2} e^{-i\frac{\pi}{4}(I^1_z-I^2_z)} e^{-i\pi I^1_z} e^{-i\frac{\pi}{2}(I^1_z-I^2_z)^2}.
\] (3.17)
3.3. Preparation of pseudopure states using Long-Lived Singlet States

Figure 3.7: Pulse sequence for the preparation and detection of singlet states. All the pulses are non-selective pulses. Here \( \tau_1 = 1/(4J) \), \( \tau_2 = 1/(4J) + 1/(2\Delta\nu) \), and \( \tau_3 = 1/(4\Delta\nu) \), with \( \Delta\nu \) and \( J \) being the chemical shift difference (in Hz) and the scalar coupling respectively. \( \tau_4 \) is the duration of spin-lock.

The singlet states by themselves are inaccessible to macroscopic observables, but can be indirectly detected by removing the equivalence and transforming to observable single quantum coherence using the following propagator (see Fig. 3.7) \[83, 84\].

\[
U_{D}^{1,2} = e^{-i\frac{\pi}{2}I_{1z}} \cdot e^{i\frac{\pi}{4}(I_{1} - I_{2})}.
\] (3.18)

A more detailed and quantitative analysis of singlet states was carried out using density matrix tomography in Chapter 2.3. In the next section we described the preparation of pseudopure states starting from this pure singlet states.

3.3.2 Initializing NMR Registers

2-qubit register

The pulse sequence for initializing a 2-qubit NMR register via singlet states is shown in Fig. 3.8. An initially imperfect singlet density matrix gets purified during the spin-lock period as a result of the long life time, while the artifact coherences are destroyed by relaxation process as well as the inhomogeneities in the spin-lock itself. There exist optimal spin-lock conditions at which one obtains singlet states with high fidelity \[106, 137\].

Once the singlet state is prepared with high fidelity, the conversion \(|S_{0}^{1,2}\rangle \rightarrow |01\rangle\) can
Figure 3.8: Pulse sequence for the creation of $|01\rangle$ pseudopure state. $\Delta \nu$ and $J$ being the chemical shift difference (in Hz) and the scalar coupling respectively. A pulse field gradient ($G_z$) used to destroy the unwanted coherences at the end of pulse sequence.

be easily achieved by the propagator $U^{1,2}_z$ described by

$$U^{1,2}_z = e^{i\xi I_{1x}^2} \cdot e^{-i\eta I_{1y}^2} \cdot e^{-i\frac{\pi}{2} I_{1z}^2} \cdot e^{i\frac{\pi}{4} (I_{1z} - I_{2z})}.$$  \hspace{1cm} (3.19)

This propagator works as follows:

\[
\begin{align*}
|S_0\rangle\langle S_0| &= \frac{1}{4} \mathbb{1} - 2I_{1x}^2I_{2x}^2 - 2I_{1y}^2I_{2y}^2 - 2I_{1z}^2I_{2z}^2 \\
\downarrow \frac{1}{2\Delta \nu} \\
2I_{1x}^2I_{2x}^2 - 2I_{1y}^2I_{2y}^2 - 2I_{1z}^2I_{2z}^2 \\
\downarrow 90_0 \\
2I_{1x}^2I_{2x}^2 - 2I_{1y}^2I_{2y}^2 - 2I_{1z}^2I_{2z}^2 \\
\downarrow \left[ \frac{1}{4\pi} - 180_0 - \frac{1}{4\pi} \right] \\
-I_{1y}^2 + I_{2y}^2 - 2I_{1z}^2I_{2z}^2 \\
\downarrow 90_{180} \\
I_{1z}^2 - I_{2z}^2 - 2I_{1z}^2I_{2z}^2 &= |01\rangle\langle 01| \hspace{1cm} (3.20)
\end{align*}
\]

Finally a pulsed field gradient $G_z$ can be used to destroy the residual single and multiple quantum coherences generated due to pulse imperfections. If necessary, other pseudopure states can be obtained simply by applying NOT gates.
3.3. Preparation of pseudopure states using Long-Lived Singlet States

Figure 3.9: Circuit diagram for the preparation of a 3 qubit pseudopure state. $U^{1,2}_1$ (see Eq. 3.17) and $U^{1,2}_2$ (see Eq. 3.19) are unitary propagator as described previously. The C’NOT gates with open circles correspond to NOT operation if the control is 0 and identity if the control is 1 $G_z$ denoting a pulse field gradient.

3-qubit register

For a 3-qubit system (see Fig 3.11), we first prepare a two-qubit singlet and apply CNOT(2,3), i.e., a NOT gate on qubit-2 controlled by qubit-3. Subsequent spin-lock and $U^{1,2}_2$ gate on qubits 1 and 2 initializes a three qubit system into $|010\rangle$ state [137].

The circuit can be understood as follows. After preparing the singlet on qubits 1 and 2 (at time point 2 in Fig. 3.9), the third qubit remains in a mixed state with a probability $p_0$ of being in state $|0\rangle$ and a probability $p_1$ of being in state $|1\rangle$. Since,

$$
\frac{|0\rangle - |1\rangle}{\sqrt{2}} \otimes |0\rangle \xrightarrow{\text{CNOT}(2,3)} \frac{|0\rangle - |1\rangle}{\sqrt{2}} \otimes |0\rangle, \quad \text{and}
$$

$$
\frac{|0\rangle - |1\rangle}{\sqrt{2}} \otimes |1\rangle \xrightarrow{\text{CNOT}(2,3)} \frac{|00\rangle - |11\rangle}{\sqrt{2}} \otimes |1\rangle,
$$

the CNOT(2,3) gate transforms the mixed state according to (at time point 3 in Fig. 3.9):

$$
|0\rangle |S^{1,2}_{0} \rangle |S^{1,2}_{0} \rangle \otimes (p_0 |0\rangle \langle 0| + p_1 |1\rangle \langle 1|) \xrightarrow{\text{CNOT}(2,3)}
$$

$$
p_0 |S^{1,2}_{0} \rangle |S^{1,2}_{0} \rangle |0\rangle \langle 0| + p_1 |\phi^{1,2}_{-} \rangle \langle \phi^{1,2}_{-}| \otimes |1\rangle \langle 1|.
$$

During the second spin-lock applied on qubits 1 and 2, the singlet part survives,
where as the second term consisting of the Bell state $|\phi^{1,2}\rangle = (|00\rangle - |11\rangle)/\sqrt{2}$ decays fast (at time point 4 in Fig. 3.9). The singlet $|S^{1,2}_0\rangle$ is ultimately transformed into $|01\rangle$ by $U_2^{1,2}$ and thus we obtain $|010\rangle$ pseudopure state with a good approximation (at time point 5 in Fig. 3.9). As mentioned in the introduction, at ordinary NMR conditions $p_0 \approx p_1$, and therefore discarding the second term means a loss of magnetization by a factor of 2. Thus the magnetization is halved with every additional qubit in the register. This scaling behavior is similar to that of other traditional methods [143].

4-qubit register

Let us now analyze a 4-qubit register (see Fig. 3.10). After the first spin-lock, we have the singlet state $|S^{1,2}_0\rangle$ on 1 and 2. The third and fourth qubits are still in mixed states. As seen before, if the third qubit is $|1\rangle$, the CNOT(3,2) converts $|S^{1,2}_0\rangle$ into $|\phi^{1,2}\rangle$, which will be eventually dephased out during the second spin-lock. Therefore we shall consider the third spin to be in state $|0\rangle$. Now if the fourth qubit is in state $|0\rangle$, the pseudo-Hadamard $h(3)$ gate followed by C’NOT(4,3) (which applies NOT on qubit-4 only if qubit-3 is in state $|0\rangle$) will lead to a correlated state of singlet pairs:

$$|S^{1,2}_0\rangle \otimes |0\rangle \otimes |0\rangle \xrightarrow{h(3)} |S^{1,2}_0\rangle \otimes \frac{|0\rangle - |1\rangle}{\sqrt{2}} \otimes |0\rangle \xrightarrow{\text{C’NOT}(4,3)} |S^{1,2}_0\rangle \otimes |S^{3,4}_0\rangle.$$  \hspace{1cm} (3.23)

By similar analysis one obtains $|S^{1,2}_0\rangle \otimes |\phi^{3,4}_-\rangle$ if the 4th qubit is originally in state $|1\rangle$. This latter spin-order decays fast due to the shorter life-time of $|\phi^{3,4}_-\rangle$. Finally the long-lived spin-order $|S^{1,2}_0\rangle \otimes |S^{3,4}_0\rangle$ can be converted into $|0101\rangle$ pseudopure state by the propagators $U_2^{1,2}$ and $U_2^{3,4}$.

The fact that only nearest-neighbor interactions are used is highly advantageous in practice [137]. Experimentally, the spin-lock of multiple singlet pairs can be achieved using sophisticated modulated RF sequences as described in the next section.
3.3. Preparation of pseudopure states using Long-Lived Singlet States

Figure 3.10: Circuit diagram for the preparation of a 4 qubit pseudopure state. $U_{1^2}^1$, $U_{2^2}^1$ (see Eq. 3.17), and $U_{2^4}^3$ are unitary propagators. $U_{2^2}^3$ is a similar propagator as $U_{2^2}^1$, acting on qubit 3 and 4. $G_z$ denoting a pulse field gradient to destroy unwanted coherences. the C’NOT gates with open circles correspond to NOT operation if the control is 0 and identity if the control is 1. The h-gate corresponds to pseudo-Hadamard: $|0\rangle \xrightarrow{h} (|0\rangle - |1\rangle)/\sqrt{2}$ and $|1\rangle \xrightarrow{h} (|0\rangle + |1\rangle)/\sqrt{2}$.

Initialization for any number of qubits

Initialization of NMR qubits through long-lived singlet states can be extended to any number of qubit in principle [137]. The circuits for initialization of registers with odd and even number of qubits are shown in Fig 3.11b and 3.11c respectively. The basic idea is to divide the register into qubit-pairs and prepare a correlated state of singlets. Each pair must consist of two qubits of same nuclear species (homonuclear), but different pairs may be made up of different species (heteronuclear). The correlated singlet states can be prepared by using CNOT gates and pseudo-Hadamard gates as shown in Fig 3.11(b-c). As each pair is converted into a singlet, an RF spin-lock is applied on all the singlet pairs. Under the RF spin-lock all the states except the singlet states decay rapidly. The circuits in Fig 3.11b and 3.11c differ only at the last qubit which is unpaired in the odd register. If two or more qubit-pairs are made up of same nuclear species, then it might be difficult to selectively spin-lock some of them leaving out others. However, as described by the optional spin-locks shown by the dashed boxes in Fig 3.11, applying spin-locks on pairs which are not yet singlets has little effect on the overall scheme. Only exception is for the final spin-lock on an odd-qubit register,
Figure 3.11: The circuit diagrams for initializing (a) even-qubit register, and (b) odd-qubit register. Here SL and $G_z$ denote spin-lock and the pulsed field gradient. $U_1$ and $U_2$ are gates as described the text. In (a) and (b) the C’NOT gates with open circles correspond to NOT operation if the control is 0 and identity if the control is 1. The h-gate corresponds to pseudo-Hadamard: $|0\rangle \xrightarrow{h} \frac{|0\rangle - |1\rangle}{\sqrt{2}}$ and $|1\rangle \xrightarrow{h} \frac{|0\rangle + |1\rangle}{\sqrt{2}}$. The dashed boxes indicate optional spin-locks.
which must be applied such that the last unpaired qubit is left undisturbed. It may be possible in some cases to overcome even this requirement (see 3-qubit experiment). Nevertheless it may be desirable to have the unpaired qubit in an odd-qubit register to be of different nuclear species than all others.

3.4 Experiments

Strongly modulated pulses are used for designing high fidelity local gates as well as CNOT gates \[57, 58\]. The spin-lock was achieved by WALTZ-16 - a phase modulated RF sequence, which is routinely used in broadband spin decoupling \[106\]. Spectra corresponding to pseudopure states are obtained by linear detection scheme using small flip angle RF pulses. Since the diagonal pseudopure states have one energy level more populated than the equal distribution in all others, the spectrum should consist ideally of only one transition per qubit in each case. Quantitative analysis of the pseudopure states are carried out using extended versions of density matrix tomography described in chapter 1 (Appendix A) \[106\]. Finally, the success of the experimental state \(\rho\) in achieving a target pseudopure state \(\rho_{pps}\) is measured by calculating the correlation \[57\],

\[
\langle \rho_{pps} \rangle = \frac{\text{trace}[\rho \cdot \rho_{pps}]}{\sqrt{\text{trace}[\rho^2] \cdot \text{trace}[\rho_{pps}^2]}}.
\]

(3.24)

Often only the diagonal elements of the density matrices are relevant and in such cases, the ‘diagonal correlation’ can be expressed by replacing all the operators in the above expression by their diagonal parts \[58\]. In the following we describe the individual cases of two-, three- and four-qubit registers \[137\].

3.4.1 2-qubit register

The two-qubit system, Hamiltonian parameters, and the corresponding pseudopure and the reference spectra are shown in Fig.3.12(a-d). As shown in Fig.3.8 the experiment
Figure 3.12: The molecular structure (a) and Hamiltonian parameters (b) of 5-bromothiophene-2-carbaldehyde (5 mg dissolved in 0.5 ml of dimethyl sulphoxide-d6), forming a homonuclear two-qubit register. In (b) diagonal and off-diagonal elements correspond to the chemical shifts and the scalar coupling constant respectively (in Hz). The $^1$H spectra correspond to the pseudopure state (c) and the equilibrium mixed state (d). The barplots (e-h) correspond to the real (e,g) and imaginary (f,h) parts of theoretical (e,f) and experimental (g,h) pseudopure $|01\rangle$ state.
3.4. Experiments

involved preparing singlet using $U^{1,2}_1$, followed by RF spin-lock with amplitude 2 kHz and duration 12.4 s, which are optimized for high singlet content [106]. The decay constant for singlet state was 16.2 s approximately three times the $T_1$ values of the two spins. The singlet is then converted into $|01\rangle$ pseudopure state using $U^{1,2}_2$. A final gradient pulse served to destroy the artifact coherences. The bar plots showing the real and imaginary parts of the theoretical and experimental density matrix are shown in Fig.3.12(e-h). A very high correlation of 0.995 is obtained with $|01\rangle$ pseudopure stat [137].

3.4.2 3-qubit register

The three-qubit system, Hamiltonian parameters and the corresponding pseudopure and the reference spectra are shown in Fig.3.13(a-d). The decay constant for singlet state of spins 1 and 2 was about 18 s, approximately three times of their $T_1$ values. The pseudopure state was prepared using the circuit shown in Fig.3.9. The off-set of the spin-lock was at the center of spins 1 and 2. As described in section II-C, the second spin-lock is to be applied ideally on qubits 1 and 2 only (without disturbing 3rd qubit), which was harder to achieve in this homonuclear system. However, we found that by carefully tuning the durations of the spin-locks, we can obtain identical result to that of a no spin-lock on the 3rd spin. This was possible due to (i) the cyclic nature of the WALTZ-16 spin-lock, and (ii) the slower decay of $|03\rangle$ state during the off-resonant spin-lock compared to that of artifact coherences. The two spin-locks consisted of 500 Hz WALTZ-16 modulations whose durations were optimized to about 6.3 s. The CNOT gate was implemented using a 14 segment strongly modulated RF pulse of duration approximately 60 ms and of fidelity 0.96. The bar plots showing the real and imaginary parts of the theoretical and experimental density matrix are shown in Fig.3.13(e-h). The 3-spin tomography is an extension of the technique described in reference [106] and is described in appendix B. The correlation of the experimental density matrix with the theoretical pseudopure state is $|010\rangle$ is 0.952. The correlation is smaller compared to
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Figure 3.13: The molecular structure (a) and Hamiltonian parameters (b) of acrylonitrile (5 mg dissolved in 0.5 ml of CDCl₃), forming a homonuclear 3-qubit register. In (b) diagonal elements are chemical shifts (in Hz) and the off-diagonal elements are the scalar coupling constants (in Hz). The ¹H spectra correspond to the pseudopure state (c) and the equilibrium mixed state (d). The bar plots are showing the real (e,g) and imaginary (f,h) parts of theoretical (e,f) and experimental (g,h) pseudopure $|010\rangle\langle 010|$ state.
3.4. Experiments

Figure 3.14: The molecular structure (a) and Hamiltonian parameters (b) of aspirin (5 mg dissolved in 0.5 ml of CD$_3$OD), forming a homonuclear 4-qubit register. In (b) diagonal elements are chemical shifts (in Hz) and the off-diagonal elements are the scalar coupling constants (in Hz). The barplot in (c) displays the diagonal elements of the density matrix obtained by tomography of the pseudopure |1001⟩ state. The $^1$H spectra correspond to the pseudopure state (d) and the equilibrium mixed state (e).

the two-qubit case, mainly due to the errors in the CNOT gate and the non-selectivity of the second spin-lock. Nevertheless, the diagonal correlation is achieved as high as 0.983 [137].

3.4.3 4-qubit register

The four-qubit system, Hamiltonian parameters and the corresponding pseudopure and the reference spectra are shown in Fig. 3.14. The pseudopure state was prepared using the circuit shown in Fig. 3.10. The singlet decay constants were about 6 s, approximately twice the $T_1$ values of the individual spins. We were able to carry out simultaneous spin-
lock of two singlet pairs and initialize a four-qubit register. The two spin-locks were achieved by 2 kHz WALTZ-16 modulations of durations 2 s and 4.5 s each. The two CNOT gates were made of 20 segments, approximately 61 ms duration and of fidelities about 0.94. The 10 segment h-gate was about 8.2 s long and of fidelity 0.98. Complete tomography of a 4-qubit density matrix is a laborious task. After the preparation of the pseudopure state, the non-zero quantum off-diagonal elements are efficiently destroyed by the final gradient pulse. Since only the diagonal elements are of main interest, we have carried out the four-qubit diagonal tomography [58]. The bar plot showing the diagonal part of the experimental density matrix is shown in Fig. 3.14. The diagonal correlation is estimated to be approximately $0.97 \pm 0.01$ with $|1001\rangle$ pseudopure state. The first pair has collapsed to $|10\rangle$ state instead of $|01\rangle$, due to an additional 180 degree pulse that was applied on qubits 1 and 2 for refocusing purposes during $U_{3,4}^{3,4}$ [137].

### 3.5 Conclusions

An ensemble of nuclear spin-pairs under certain conditions is known to exhibit singlet state life-times much longer than other non-equilibrium states. This property of singlet state can be exploited in quantum information processing for efficient initialization of quantum registers. Here we have described a general method of initialization and ex-
3.5. Conclusions

Experimentally demonstrate it with two-, three-, and four-qubit nuclear spin registers. The basic idea is to prepare correlated state of singlets which lives longer than other coherences and then convert this long-lived state into a desired diagonal pseudopure state (see Fig. 3.15). It is hard to initialize proton-based NMR registers using traditional methods. As a result many popular NMR registers were based on carbon spins or a combination of protons and carbons which permitted initialization by traditional methods. The proposed method [137] of using long-lived is useful since only the nearest neighbor interactions are used, the present method may facilitate initialization of larger registers with weak long range interactions. Molecules are of interest where in the inter pair dipolar couplings are sufficiently weak to keep the singlet states long-lived, while the covalent bond mediated scalar interactions among the nearest neighbor spins are sufficiently strong. The method may also be applicable to registers based on parahydrogens which naturally exist in singlet states. Similar techniques may be used for multi-qubit initialization in non-NMR systems exhibiting long-lived states.
Chapter 4

Storing Entanglement Via Dynamical Decoupling

In this chapter, we have described the experimental study of dynamical decouplings in preserving two-qubit entangled states using an ensemble of spin-1/2 nuclear pairs in solution state. A brief introduction of decoherence and dynamical decouplings are given in section 4.1. In section 4.2, we have described Uhrig’s dynamical decoupling and its usefulness in preserving coherence orders. In section 4.3, we have shown the creation of Bell states from long-lived singlet state. In section 4.4, experimental results are shown for storing coherence orders in Bell states including singlet state. We found that the performance of odd-order Uhrig sequences in preserving entanglement is superior to both even-order Uhrig sequences and periodic spin-flip sequences. We also found that there exists an optimal order of the Uhrig sequence using which the singlet state can be stored at high correlation for about 30 seconds.

4.1 Introduction

Harnessing the quantum properties of physical systems have several potential applications, particularly in information processing, secure data communications, and quantum
simulators [20]. It is believed that such quantum devices may play an important role in future technology [144]. But their physical realization is challenging mainly because of decoherence - the decay of the coherent states due to interaction with the surrounding environment [145, 146]. Therefore it is important to minimize the effects of decoherence using suitable perturbation on the quantum system [147]. A technique, known as ‘dynamical decoupling’ involves protecting the quantum states from decoherence by driving the system in a systematic manner such that the effective interactions with the environment at different instants of time cancel one another.

In the following subsections we will describe the effect of decoherence and saving coherence through dynamical decouplings.

### 4.1.1 Decoherence

As the name suggests, decoherence means loss of coherence order in a system which comprises with more than one entities. The idea of decoherence in quantum mechanics came much earlier in 1952 [148] in the context of hidden variable model. It was first developed due to the possible explanation of the appearance of wave function collapse [148, 149]. Decoherence based explanation started getting acceptance in early 1980 [150, 151]. However, Decoherence became inevitable tool of understanding quantum mechanical interactions in the context of quantum information processing later. Soon it became clear that, decoherence is one of the biggest challenges to be overcome in order to realize a practical quantum computer.

Let us consider an isolated 2-level quantum system (a single spin-1/2 system). The wave function can be represented by following:

\[ |\psi\rangle = c_0|0\rangle + c_1|1\rangle, \]  
\[ |c_0|^2 + |c_1|^2 = 1. \]

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The system can be best represented by the density matrix formalism:

\[ \rho_s = |\psi\rangle\langle\psi| = c_0 c_0^* |0\rangle\langle 0 | + c_1 c_1^* |1\rangle\langle 1 | + c_0 c_1^* |0\rangle\langle 1 | + c_1 c_0^* |1\rangle\langle 0 | , \]

\[ \begin{pmatrix} |0\rangle & |1\rangle \\ 
\end{pmatrix} \begin{pmatrix} c_0 c_0^* & c_0 c_1^* \\ c_1 c_0^* & c_1 c_1^* \end{pmatrix} \begin{pmatrix} |0\rangle \\ |1\rangle \end{pmatrix} \tag{4.2} \]

The diagonal elements are representing the population distribution of the system in two states. The off-diagonal elements are the coherence terms. Here, we are interested in the evolution of the coherence terms once the system is no more an isolated quantum system and is interacting with the environment. The interaction of system-environment is a non-unitary process and hence irreversible. Below we see the effect of environment on the 2-level super-positioned state.

\[ |\psi\rangle|E\rangle = (c_0|0\rangle + c_1|1\rangle)|E\rangle \xrightarrow{U(\tau)} (c_0|0\rangle|E_0\rangle + c_1|1\rangle|E_1\rangle). \tag{4.3} \]

Now it can be noticed that the output state is an entangled state and can not be written as system and environment separately (unless \(|E_0\rangle = e^{i\phi}|E_1\rangle\)). In terms of density matrix, the situation can be represented as below:

\[ \rho_s = |\psi\rangle|E\rangle\langle\psi|\langle E| = c_0 c_0^* |0\rangle\langle 0 | \otimes |E_0\rangle\langle E_0 | + c_1 c_1^* |1\rangle\langle 1 | \otimes |E_1\rangle\langle E_1 | + c_0 c_1^* |0\rangle\langle 1 | \otimes |E_0\rangle\langle E_1 | + c_1 c_0^* |1\rangle\langle 0 | \otimes |E_1\rangle\langle E_0 | . \tag{4.4} \]

Now tracing out the environment from the system gives the necessary information about
the system and can be written as:

\[
\rho_s = \text{trace}_E[\rho_{SE}] = c_0c_0^\dagger|0\rangle\langle 0| + c_1c_1^\dagger|1\rangle\langle 1| + \langle E_1|E_0\rangle c_0c_1^\dagger|0\rangle\langle 1| + \langle E_0|E_1\rangle c_1c_0^\dagger|1\rangle\langle 0|
\]

\[
\begin{pmatrix}
|0\rangle \\
|1\rangle
\end{pmatrix}
= \begin{pmatrix}
|0\rangle c_0^2 & \langle E_1|E_0\rangle c_0c_1^\dagger \\
\langle E_0|E_1\rangle c_1c_0^\dagger & |c_1|^2
\end{pmatrix}.
\] (4.5)

The above equation shows that the coherence terms obtains extra coefficients. Usually, when the environment has a large degree of freedom, these coefficients decay exponentially with time:

\[
|\langle E_1(t)|E_0(t)\rangle| = e^{-\Lambda(t)}.
\] (4.6)

Hence, after a certain time duration, the coherence terms decay to zero.

### 4.1.2 Dynamical decoupling

Dynamical decoupling is a technique by which it is possible to suppress, at least to some extent, the environmental effect on an open quantum system under study. The idea of dynamical decoupling has connections to the routinely used NMR decoupling sequences where unwanted couplings are averaged out with the applications of suitable modulated or unmodulated RF pulse sequences. The dynamical decoupling scheme relies on the application of \( \pi \) pulses at certain intervals. Preserving nuclear spin coherences by spin flips at regular intervals was long been known in NMR as the famous Carr-Purcell-Meiboom-Gill (CPMG) sequence [152, 153]. The CPMG sequence is widely used in NMR to measure the transverse relaxation time constants in the presence of spatial inhomogeneity of the static magnetic field and temporal fluctuations in the local fields arising due to the molecular motion [2]. The sequence involves a set of N number of \( \pi \) pulses uniformly distributed in a duration \([0, T]\) at time instants \([t_1, t_2, \cdots, t_N]\).
Assuming instantaneous $\pi$ pulses, $j^{th}$ time instant is linear in $j$,

$$t_j^{\text{CPMG}} = T \left( \frac{2j - 1}{2N} \right). \quad (4.7)$$

Of course, in practice the $\pi$ pulses do have finite duration owing to the limited power of electromagnetic irradiation generated by a given hardware. Further, the constant time period between these spin flips should ideally be shorter than the correlation time of the spin-bath interaction. Even, this delay is limited by the maximum duty-cycle that is allowed for the hardware. Dynamical decoupling with such bounded controls have also been suggested [154, 155, 156, 157]. For instance Hao et al. have been able to calculate, using a particular type of atomic systems, the maximum delay between spin-flips in order to efficiently suppress decoherence due to a bath with a finite cut-off frequency [158]. By studying the efficiency of the decoupling as a function of the CPMG period often it is possible to extract valuable informations about molecular dynamics and such studies are broadly categorized under ‘CPMG dispersion’ experiments [159].

Recently in 2007, Uhrig generalized the CPMG sequence by considering an optimal distribution $\{t_1, t_2, \cdots, t_N\}$ of $N$ spin flips in a given duration $[0, T]$ of time that provides most efficient dynamical decoupling [160]. Using a simple dephasing model, Uhrig proved that the time instants should vary as a squared sine bell:

$$t_j = T \sin^2 \left( \frac{\pi j}{2N + 2} \right). \quad (4.8)$$

UDD works well in systems having a high-frequency dominated bath with a sharp cutoff [161, 162, 163]. On the other hand, when the spectral density of the bath has a soft cutoff (such as a broad Gaussian or Lorentzian), the CPMG sequence was found to outperform the UDD sequence [164, 165, 166, 167, 168, 169, 170]. Suter and co-workers have studied these different regimes and arrived at optimal conditions for the dynamical decoupling [171].

Recently Agarwal has shown using theoretical and numerical calculations that even
entangled states of two-spin systems can be stored more efficiently using UDD [172]. Since entangled states play a central role in QIP, teleportation, data encryption, and so on, saving entanglement is crucial for the efficient physical realization of quantum devices [20]. More recently dynamical decoupling on an electron-nuclear spin-pair in a solid state system has been shown to prolong the pseudoentanglement lifetime by two orders of magnitude [173].

While much of the experimental efforts have been on testing the loss of coherence due to $T_2$ processes, here in this chapter, we presented the first experiments where we study not only the loss of coherences, but also the loss of entanglement due to both $T_1$ and $T_2$ processes. Though newer sequences have been suggested to decouple both of these processes, these are yet to be studied experimentally [174, 175]. We have developed experimental techniques where we can prepare Bell states with high fidelity and characterize these states with high precision [106, 137]. we explore the utility of different dynamical decoupling sequences on systems wherein both $T_1$ and $T_2$ relaxations are significant.

### 4.2 Uhrig dynamical decoupling

Uhrig dynamical decoupling (UDD) claims to be more efficient than the CPMG sequence (which serves as the best known decoupling sequence for more than 50 years!) in preserving coherence orders. The efficiency of UDD over CPMG can be understood by various mathematical approaches. Uhrig [160] explained the efficiency of UDD by considering the standard spin-boson model in ohmic bath. This model predicts the noise-spectrum with a sharp cut-off. Here we describe the ‘filter function analysis’ in brief for the study of UDD’s efficiency [162].
4.2. Uhrig dynamical decoupling

4.2.1 Efficiency of UDD over CPMG

We can write the Hamiltonian of a system interacting with an environment as

\[ \mathcal{H} = \frac{\hbar}{2} [\Omega + \beta(t)] \hat{\sigma}_z \]  \hspace{1cm} (4.9)

where \( \Omega \) is the unperturbed part representing the system and \( \beta(t) \) is the time dependent fluctuating part due to environmental interaction. As in ref [176], the time evolution of a superposition state initially oriented along \( \hat{Y} \) under the affect of this Hamiltonian can be written as

\[ |\psi(t)\rangle = \frac{1}{\sqrt{2}} \left( e^{-i\Omega t/2} e^{-\frac{i}{2} \int_0^t \beta(t') dt'} |0\rangle + e^{i\Omega t/2} e^{\frac{i}{2} \int_0^t \beta(t') dt'} |1\rangle \right) \]  \hspace{1cm} (4.10)

where \( |0\rangle \) and \( |1\rangle \) representing the basis states and \( \beta(t') \) adding the random phase errors. Accumulation of such phases lead towards decoherence. A fundamental technique for preserving coherence in NMR is ‘Spin-echo’ given by Hahn [177]. Spin-echo works as a refocusing technique by applying a \( \pi \) pulse in between two exact delays. Hahn echo became indispensable tool for coherence reorder and soon it was realized that the application of series of \( \pi \) pulses at regular interval would be most effective in order to reduce dephasing [152, 153]. Hahn echo acts as a high pass filter for an arbitrary noise spectrum \( S_\beta(\omega) \) and it neutralize the phase errors by slowly Fourier components of \( \beta \). Now this one \( \pi \) pulse logic can be extended to multiple \( \pi \) pulses technique as well. Application of multiple pulses on a qubit system, leads to coherence state as,

\[ W(\tau) = \left| \langle \sigma_Y(\tau') \rangle \right| = e^{-\chi(\tau)}, \]

where, \( \chi = \frac{2}{\pi} \int_0^\infty S_\beta(\omega) F(\omega) d\omega. \)  \hspace{1cm} (4.11)

Here, the filter function \( F(\omega \tau) \) contains all the necessary information regarding the efficiency of pulse sequence for preserving coherence against the environment influence.
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\[ S_\beta(\tau) \text{. Now, } F(\omega \tau) \text{ can be calculated from} \]

\[ F(\omega \tau) = |\tilde{\gamma}_n(\omega \tau)|^2 , \quad (4.12) \]

where \( |\tilde{\gamma}_n(\omega \tau)| \) is the Fourier transform of time domain filter function \( y_n(t) \). Any modification of filter function will give different efficiency power of that particular pulse sequence. CPMG sequence having \( \pi \) pulses at regular interval was modified by Uhrig by repositioning the \( \pi \) pulses at irregular intervals. Noise reduction is shown to be much more efficient for Uhrig sequence than CPMG [160, 162].

Later, Agarwal has shown that this results of efficient UDD can be generalized for an entangled system as well [172]. Here our work mainly focuses on the experimental studies of UDD and CPMG on such an entangled states as well as on non-entangled states.

4.3 Preparation of Entanglement

We study storage of entanglement by dynamic decoupling on a pair of spin-1/2 nuclei using liquid state NMR techniques. The sample consisted of 5 mg of 5-chlorothiophene-2-carbonitrile dissolved in 0.75 ml of dimethyl sulphoxide (see Figure 4.1). The two protons of the solute molecule differ in the Larmor frequency by \( \Delta \nu = 270.4 \) Hz and have an indirect spin-spin coupling constant of \( J = 4.1 \) Hz. The \( T_2 \) relaxation time constants for the two protons are about 2.3 s and the \( T_1 \) relaxation time constants are about 6.3 s.

4.3.1 Preparation of singlet states

High fidelity entangled states are prepared via long lived singlet states in a procedure described in chapter 2.

The long-lived nature of singlet states under the equivalence Hamiltonian can be used to prepare high-fidelity Bell states. The experiment involves preparing an incoher-
4.3. Preparation of Entanglement

Figure 4.1: The $^1$H NMR spectrum and the molecular structure of 5-chlorothiophene-2-carbonitrile.

\[ \frac{\pi}{2} x \rightarrow S_0 + \psi_+ |S_0 \rangle \rightarrow |\psi_+ \rangle + |\phi_+ \rangle \text{ (optional)} \]

Figure 4.2: NMR pulse sequence to study dynamical decoupling on Bell states. An incoherent mixture of singlet and triplet states is prepared which under spin-lock purifies to singlet state. The resulting singlet state can be converted to other Bell states. Then dynamical decoupling sequence can be applied and the performance of the sequence can be studied by characterizing the residual state using density matrix tomography.
ent mixture of singlet and triplet states,

$$\rho(0) = -I^1 \cdot I^2 \equiv |S_0\rangle\langle S_0| - |T_0\rangle\langle T_0|$$  \hspace{1cm} (4.13)

from the equilibrium state $I^1_z + I^2_z$ by using the pulse sequence shown in Figure 4.2 [87]. During the spin-lock $|T_0\rangle$ state rapidly equilibrates with the other triplet states. On the other hand, the decay constant of singlet state $|S_0\rangle$ during the spin-lock is much longer than the spin-lattice relaxation time constant ($T_1$) (and hence the singlet state is known as a long-lived state) [83, 84]. Hence at the end of suitable spin-lock we left out with high fidelity singlet states. The goodness of the prepared singlet state is measured by the tomographic method as described in Chapter 2.3. The correlation of the singlet state is given by,

$$\langle \rho_s(t) \rangle = \frac{\text{trace} [\rho(t) \cdot \rho_s]}{\sqrt{\text{trace} [\rho(t)^2] \cdot \text{trace} [\rho_s^2]}}$$ \hspace{1cm} (4.14)

In the following we describe preparation of other Bell states from the singlet state in a two-qubit NMR system.

### 4.3.2 Preparation of other Bell states from singlet states

Other Bell states can be obtained easily from the singlet state:

$$|S_0\rangle \xrightarrow{e^{i=t}} |\psi_+\rangle = \frac{1}{\sqrt{2}}(|01\rangle + |10\rangle),$$

$$|S_0\rangle \xrightarrow{e^{i=t}} |\phi_-\rangle = \frac{1}{\sqrt{2}}(|00\rangle - |11\rangle),$$

$$|S_0\rangle \xrightarrow{e^{i=x}, e^{i=t}} |\phi_+\rangle = \frac{1}{\sqrt{2}}(|00\rangle + |11\rangle).$$ \hspace{1cm} (4.15)

The $z$-rotation in the above propagators can be implemented by using chemical shift evolution for a period of $1/(2\Delta \nu)$, and qubit selective $x$-rotation can be implemented by
4.3. Preparation of Entanglement

Figure 4.3: Density matrix tomography of Bell states: Real part of (a) singlet state $|S_0\rangle = \frac{1}{\sqrt{2}}(|01\rangle - |10\rangle)$ with correlation 0.99, (b) $|\psi_+\rangle = \frac{1}{\sqrt{2}}(|01\rangle + |10\rangle)$ with correlation 0.99, (c) $|\phi_-\rangle = \frac{1}{\sqrt{2}}(|00\rangle - |11\rangle)$ with correlation 0.98, and (d) $|\phi_+\rangle = \frac{1}{\sqrt{2}}(|00\rangle + |11\rangle)$ with correlation 0.97.
using radio frequency pulses\[137]\). Details of dynamical decoupling on the Bell states will be described in the next sections. In order to investigate the decoupling performance, it is necessary to quantify the decay of Bell states with decoupling duration. The Bell states by themselves are inaccessible to macroscopic observables, but can indirectly be detected transforming to observable single quantum coherences \[83, 84\]. Alternatively, a more detailed and quantitative analysis of Bell states may be carried out using density matrix tomography as described in Chapter 2.3. \[106\]. We have utilized the density matrix formalism for the characterization of the Bell states. The goodness of prepared Bell states can be evaluated from the definition of correlation using expressions similar to \[4.14\]. The density matrices for all the four Bell-state have been shown in figure 4.3. We achieved high fidelity Bell states with correlation around 0.99. In the following we have shown the experimental implementations of dynamical decoupling on such entangled states.

### 4.4 Storage of entanglement by UDD

#### 4.4.1 Different orders of UDD

As described earlier, the UDD scheme consists of a sequence of spin flips placed at time instants given by the expression \[4.8\]. Instead of applying the Uhrig’s formula for the entire duration of decoupling, we have applied the formula for a short time interval \((T)\) consisting of a small number \((N)\) of pulses and then repeating the sequence. Figure 4.4 shows pulse sequences for various orders of Uhrig Dynamical Decoupling (we refer to an N-pulse UDD sequence as UDD-N). Note that UDD-1 (and UDD-2) are equivalent to CPMG sequences, in which repeating segment consists of \([\tau_{CPMG} - \pi - \tau_{CPMG}]\). In our experiments, \(\tau_{CPMG}\) was set to 2 ms and the duration \(\tau_\pi\) of the \(\pi\) pulse was 27.2 \(\mu\)s. The total duration of UDD-N was set to \(T = N(2\tau_{CPMG} + \tau_\pi)\), such that for an extended period of time, the total number of \(\pi\) pulses remain same irrespective of the order of UDD. Only the distribution of \(\pi\) pulses varies according to the order of UDD. For example, in one
4.4. Storage of entanglement by UDD

Figure 4.4: Pulse sequences for various orders of Uhrig Dynamical Decoupling. Note that both UDD-1 and UDD-2 are equivalent to CPMG. The time instants are calculated according to the expression (4.8), with $N$ being the order of UDD and the total period $T = N \times 4.0272$ ms.
second of decoupling, there will be about 250 π pulses in all UDD-N. Our investigation thus helps in studying the efficiency of decoupling over a fixed duration of time for a given number of π pulses dispersed according to different orders of UDD.

4.4.2 Performance of UDD over CPMG sequence

Now we describe the performances of UDD-N on the singlet state which was prepared as explained before (see Figure 4.2). After applying UDD-N for a fixed duration of time, we carried out density matrix tomography and evaluated the correlation of the preserved state with theoretical singlet density matrix. The correlations for various orders of UDD are displayed in Figure 4.5. As can be seen from the figure, the singlet state can be preserved for longer durations by UDD-1 (CPMG) than no-decoupling. It is also clear that all even-order UDD sequences result in significant fluctuations in the correlation of the singlet state. However, the odd order UDD preserve the singlet state for tens of seconds. For example, the correlation of the singlet state under UDD-7 at all the sampled time points till 20 seconds is above 0.96. This rather surprising even-odd behavior is likely due to the differences in the performances of the even and odd ordered sequences against the spatial inhomogeneity of the RF pulses.

One way to quantify the efficiency of dynamical decoupling under various orders of UDD in figure 4.5 is by counting the number of time instants in which the correlation of the preserved state exceeds a given threshold. The bar plot in Figure 4.6 compares the number of time instants during decoupling under various orders of UDD in which the correlation of the singlet state exceeded 0.9. It can be seen that there exists an optimal order of UDD (for a given τ_{CPMG} and τ_{π}), which performs the most efficient decoupling. The optimality may be because of the finite width of the π pulse. In a CPMG sequence the π pulses are uniformly dispersed, while in Uhrig sequence the π pulses are more crowded at the terminals (beginning and ending) of the sequence. For example, if there are too many π pulses, Uhrig’s formula will lead to an overlap of pulses. Experimentally, the overcrowding of π pulses may also lead to RF heating of
Figure 4.5: Experimental correlations (circles) of singlet state as a function of decoupling duration of various orders of UDD. Also shown in the top-left figure is the correlation decay under no dynamical decoupling (squares).
Chapter 4. Storing Entanglement Via Dynamical Decoupling

4.4.3 Decay of magnetization during various dynamical decouplings

It can be noticed that the attenuated correlation (expression (4.14)) is insensitive to the decay of the overall magnetization ($\epsilon$ in (3.10)), but simply measures the overlap between $\rho_\Delta$ and the theoretical density matrix $|\psi\rangle\langle\psi|$. An alternate method is to monitor the decay of magnetization (i.e., $\epsilon$) under dynamical decoupling.

As already mentioned in Chapter 2, singlet state itself can not be measured directly, but can be converted to observable magnetization by using a chemical shift evolution for a duration $1/(4\Delta\nu)$ followed by a $\left(\hat{x}\right)_{x(y)}$ pulse. Intensity of the resulting signal as

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure4_6.png}
\caption{The number of time instants at which the correlation exceeded 0.9 for various orders of UDD-N.}
\end{figure}
a function of the duration of dynamical decoupling is shown in Figure 4.7. As can be seen, UDD-7 is no better than CPMG in preserving the overall spin-order. In fact the decay constant for CPMG and UDD-7 are 6.1 s and 5.9 s respectively.

### 4.4.4 Efficiency of UDD over CPMG for a non-entangled state and various Bell states

Now we compare the efficiency of the optimal sequence UDD-7 with UDD-1 (CPMG) for preserving product state \((\sigma_1^x + \sigma_2^x)\) and other Bell states. Figure 4.8 shows the variation of correlation of product states and the Bell states as a function of the decoupling duration [178]. Here, after preparing each of the initial state, the dynamical decoupling was applied for a fixed duration of time. To monitor the correlation, we have carried out the density matrix tomography as described earlier [106]. In the case of no decoupling, we observe a rapid decay of the correlation. The UDD-1 (CPMG) sequence shows some improvement in the storage time. However, UDD-7 clearly exhibits much longer stor-
age times than the CPMG sequence. The superior performance of UDD-7 on the singlet state compared to other Bell states is presumably because of its antisymmetric property described in section II.

4.5 Conclusions

In this chapter, we have described the effect of decoherence on the quantum system and shows a method to tackle it in practical situations. Dynamical decoupling is a method by which we can reduce the effect of environment on the system and ultimately increase the coherence time scale of the system [178]. CPMG is known to be the best known dynamical decoupling sequence both theoretically and experimentally for more than 50 years until 2007. In 2007, Uhrig introduced a new sequence where instead of applying the $\pi$ pulses at regular intervals, one needs to apply $\pi$ pulses at irregular intervals synchronizing with a sine-square bell. Theoretically it has been well proved that Uhrig dynamical sequence (UDD) performs better than CPMG sequence for saving coherence orders of a quantum system. The coherence order for an entangled state is also proved to be elongated by the application of UUD sequence compared to CPMG sequence. Stroboscopic spin flips have already been shown to prolong the coherence times of quantum systems under noisy environments. Uhrig’s dynamical decoupling scheme provides an optimal sequence for a quantum system interacting with a dephasing bath. Several experimental demonstrations have already been verified the efficiency of such dynamical decoupling schemes in preserving single qubit coherences.

Here we have shown the first experimental study of UDD sequence on an NMR system. We have studied the efficiencies of CPMG and UDD sequences on 2-qubit Bell states both in terms of magnetization as well as in terms of correlation decay [178]. While the Uhrig sequence is no better than CPMG sequence in terms of preserving the overall magnetization (or spin order), it clearly outperforms the CPMG sequence in preserving the correlation of the entangled as well as non-entangled states. We summarize three important features:
Figure 4.8: Experimental correlations of the product state and various Bell states as a function of duration under (i) no decoupling (open squares), (ii) CPMG sequence (filled circles), and (iii) UDD-7 (open circles).
(i) The even-order UDD sequences result is fluctuations in correlations.

(ii) The odd-order UDD sequences out-perform the CPMG sequence.

(iii) There exists an optimal length for the odd order UDD sequence which exhibits the most efficient decoupling.

In our case, UDD-7 of 28.2 ms duration appeared to outperform all other sequences of both lower and higher orders. Further understanding on the subject can be achieved by carrying out investigations into the effects of other experimental issues like RF inhomogeneity, resonance off-set, errors in calibration of pulse angle etc. These considerations may help in the theoretical and practical understanding of the optimal decoupling schemes.
Chapter 5

Violation of Leggett-Garg Inequality

In this chapter, we have performed experimental implementation of a protocol for testing the Leggett-Garg inequality (LGI) for nuclear spins in a NMR setup. The motivation and importance of this work is given in the introduction section 5.1. In section 5.2, we have laid out the mathematical formulation of Leggett-Garg inequality for a spin-1/2 nucleus in external magnetic field. In section 5.3, we have presented the Moussa protocol for evaluating the expectation values of a target operator using an ancilla qubit. Section 5.4 shows the experimental results for the 3-qubit and 4-qubit measurements respectively. The conclusion is given in section 5.5.

5.1 Introduction

Distinguishing quantum from classical behavior has been an important issue since the development of quantum theory [71, 78, 181, 182, 204]. This issue is also at the heart of physical realizations of quantum information processing (QIP) [20]. Experimental tests for confirming quantumness in physical systems are usually guided by the Bell-type inequalities (BI) [78] and the Leggett-Garg inequality (LGI) [204]. BI places bounds on certain combinations of correlation coefficients corresponding to measurement outcomes for space-like separated systems which are assumed unable to influ-
ence one another (*local realism*). LGI, on the other hand, places bounds on combinations of temporal correlation coefficients between successive measurement outcomes for a system. Here the system at any instant of time is assumed to be in one or the other of many possible states, and each measurement is assumed to be perfectly non-invasive, in the sense that it has no effect on system’s subsequent dynamics (*macro-realism*). In other words, violation of LGI indicates that the system’s dynamics cannot be understood in classical terms. In recent years various protocols for implementing LGI and its refined versions have been proposed and experimentally demonstrated [183, 184, 185, 186, 187, 188, 189].

Here we have implemented the LGI protocol for individual spin-1/2 nuclei (from a liquid NMR sample) precessing in magnetic field and interacting with their local environments. A typical spin-1/2 system is genuinely ‘microscopic’ and exhibits quantum behavior. However, it is well-known that, due to decoherence, microscopic quantum systems appear to behave classically and as a consequence QIP tasks relying on such candidate systems tend to fail [146]. Nuclear spins from an NMR sample are examples of microscopic quantum systems that are in constant interaction with their local environment and are also candidate systems for QIP tasks. The interactions such as dipole-dipole and chemical-shift anisotropy are known to be leading to decoherence, dissipation and relaxation processes within the spin ensemble [190]. In experimental set-ups such as NMR, successful QIP implementation therefore demands confirmation of ‘survival’ of and determination of ‘durability’ of quantumness in candidate systems. While an LGI test was originally proposed for addressing the fundamental question about the ability of a *macroscopic* system to behave quantum mechanically, considering its basic mathematical framework, we extend such a test to investigate survival and durability of quantumness within individual nuclear spins interacting with their environments. The investigation also sheds light on the possible consistency of the assumptions of macrorealism with the ‘decoherence perspective’ [191].
5.2. Leggett-Garg inequality

Although individual nuclear spins from an NMR sample are not directly addressable, the sample provides an easily accessible ensemble of nuclear spins from a large number of molecules. Therefore the experimental evaluation of a particular temporal correlation involves simultaneous implementations of the LGI protocol on a large number of nuclei (identical ‘targets’). Further, an NMR read-out is an ‘ensemble average’ obtained in terms of magnetization signal. One thus needs to relate the required temporal correlation from an LG string with the NMR signal. A quantum network for encoding correlation between measurement outcomes of a target system in the phase of a probe system has recently been proposed by Moussa et al [77]. With this network they were able to demonstrate quantum contextuality using nuclear spins from a solid state NMR sample. In this chapter, we exploit this network for testing LGI.

Experimental results shown for values of LG-strings containing three and four temporal correlations as functions of delay between successive measurements [75]. We have found good agreement between the quantum mechanically expected and experimentally observed values of the strings for short timescales over which the decay in correlations due to typical NMR relaxation processes are ineffective. Further, to demonstrate effect of decoherence on the state of individual target nuclei which leads to relaxation of the entire ensemble, we have also measured the values of LG strings over longer timescales and found that the LG strings gradually decay and ultimately fall within the classical bounds.

5.2 Leggett-Garg inequality

Consider a system (the ‘target’) whose state-evolution in time is governed by a particular Hamiltonian. To perform an LGI test for the system, a particular system-observable (say $Q$) that can be taken as ‘dichotomic’, i.e. having two possible states with measurement outcomes $Q = \pm 1$, requires to be identified. Next, from a set of ‘$n$’ measurement instants $\{t_1, t_2, t_3, ..., t_n\}$, pairs of instants $t_i$ and $t_j$, such that $j = i + 1$, and a pair containing the first ($i = 1$) and the last ($j = n$) instants are to be chosen. For each such pair, one is
then required to perform measurements of $Q$ on the target system at the corresponding two instants and obtain outcomes $Q(t_i)$ and $Q(t_j)$. After repeating these two-time measurements over a large number of trials (say, $N$), one can obtain the two-time correlation coefficient (TTCC) $C_{ij}$ for each pair given by the formula:

$$C_{ij} = \frac{1}{N} \sum_{r=1}^{N} Q_r(t_i) \cdot Q_r(t_j).$$

(5.1)

where, $r$ is the trial number. Finally, the values of these coefficients are to be substituted in the $n$-measurement LG string given by:

$$K_n = C_{12} + C_{23} + C_{34} + \ldots + C_{(n-1)n} - C_{1n}.$$ 

(5.2)

Each coefficient from the r.h.s. of the above LG string would have a maximum value of $+1$ corresponding to perfect correlation, a minimum value of $-1$ corresponding to perfect anti-correlation, and 0 for no correlation. Thus, the upper bound for $K_n$ consistent with macrorealism comes out to be $(n - 2)$, the lower bound is $-n$ for odd $n$, and $-(n - 2)$ for even $n$. With these considerations the LGI reads $-n \leq K_n \leq (n - 2)$ for odd $n$, and $-(n - 2) \leq K_n \leq (n - 2)$ for even $n$. For example, $-3 \leq K_3 \leq 1$ and $-2 \leq K_4 \leq 2$.

5.2.1 Spin-1/2 precession

The Zeeman Hamiltonian for the precession of a spin-1/2 nucleus in a magnetic field about $z$-axis, is given by $\hat{H} = \frac{1}{2} \omega \hat{\sigma}_z$, with $\omega$ being the angular precession frequency and $\hat{\sigma}_z$ the Pauli-$z$ operator. For the present work we choose the Pauli-$x$ operator, i.e. $\hat{\sigma}_x$, as the dichotomic observable. The quantum mechanical expression of $C_{ij}$ for $\hat{\sigma}_x$ measurements on the nucleus is given by $[191]$

$$C_{ij} = \langle \hat{\sigma}_x(t_i) \hat{\sigma}_x(t_j) \rangle \approx \cos \{\omega(t_j - t_i)\}.$$ 

(5.3)
5.3 Evaluating TTCCs using network proposed by Moussa et al

Figure 5.1: The protocols for evaluating $K_3 = C_{12} + C_{23} - C_{13}$ (a) and $K_4 = C_{12} + C_{23} + C_{34} - C_{14}$ (b). In (a) three independent pairs of measurements are used to evaluate TTCCs $C_{12}$, $C_{23}$, and $C_{13}$. Similarly (b) uses four pairs of independent measurements to evaluate $C_{12}$, $C_{23}$, $C_{34}$, and $C_{14}$.

In Heisenberg representation one can obtain this relation from:

$$C_{ij} \approx \frac{1}{2} \sum_k \langle k | \hat{\sigma}_x(t_i) \hat{\sigma}_x(t_j) | k \rangle_z. \tag{5.4}$$

Here, $|k\rangle_z \in \{ |0\rangle, |1\rangle \}$, is an eigenstate of the Pauli-z operator. If we divide the total duration from $t_1$ to $t_n$ into $(n-1)$ equal intervals of duration $\Delta t$, we can express the LG string consistent with equation (3) as

$$K_n = (n - 1) \cos(\omega \Delta t) - \cos((n-1)\omega \Delta t). \tag{5.5}$$

The protocols for evaluating $K_3$ and $K_4$ are illustrated in Fig. 5.1. It can be seen that the quantum bounds for $K_3$ and $K_4$ are $[-3, +1.5]$ and $[-2\sqrt{2}, +2\sqrt{2}]$ respectively.

5.3 Evaluating TTCCs using network proposed by Moussa et al

Suppose that we wish to evaluate correlations between the outcomes of repeated measurements of two commuting dichotomic unitary observables $S_1$ and $S_2$ for a target
system (T). Consider an ancilla qubit (called ‘probe’ P) and a unitary transformation for the joint system ‘T + P’,

\[
U_S = \mathbb{I}_P \otimes (P_+)_T + (\hat{\sigma}_z)_P \otimes (P_-)_T. \tag{5.6}
\]

Here \( P_+ \) and \( P_- \) are the projectors onto the eigenspace of \( S \in \{S_1, S_2\} \), such that \( S = (P_+)_T - (P_-)_T. \)

Using equation \(5.6\) it can be shown that the ensemble measurement of the ‘probe’ gives correlation between successively measured commuting observables of the ‘target’. For evaluating TTCC’s from an LG string, the observable-set for the target qubit is \( \{\hat{\sigma}_x(t_i), \hat{\sigma}_x(t_j)\} \) and the corresponding unitaries to be applied to the joint (P + T) system at different time instants \( t_i < t_j \) are

\[
U_{\hat{\sigma}_x}(t_q) = \mathbb{I}_P \otimes P_+(t_q) + (\hat{\sigma}_z)_P \otimes P_-(t_q). \tag{5.7}
\]

Here \( \hat{\sigma}_x(t_q) = P_+(t_q) - P_-(t_q) \) and \( q = i, j \) for time instants \( t_i \) and \( t_j \). The quantum network for implementing these unitaries is shown in Fig. 5.2(a).

Let the target qubit ‘T’ be initially prepared according to \( \rho \). If the probe qubit ‘P’ is initially in one of the eigenstates of the \( \hat{\sigma}_x \) operator, say \( |+\rangle = (|0\rangle + |1\rangle)/\sqrt{2} \), the density matrix of the joint system is given by

\[
(\rho)_{P+T} = (|+\rangle\langle+|)_P \otimes (\rho)_T. \tag{5.8}
\]

Due to the application of the unitaries \(7\) the joint density matrix evolves according to:

\[
(\rho)_{P+T} \rightarrow U(t_j, t_i)(\rho)_{P+T}U^\dagger(t_i, t_j) = (\rho')_{P+T}, \tag{5.9}
\]

where \( U(t_j, t_i) = U_{\hat{\sigma}_x}(t_j)U_{\hat{\sigma}_x}(t_i) \). In terms of the evolved joint density matrix, the probabilities of obtaining \( \pm 1 \) outcomes for the Pauli-x measurements on the probe are
5.3. Evaluating TTCCs using network proposed by Moussa et al

Figure 5.2: Quantum network for the evaluation of TTCCs (a) and the corresponding NMR pulse sequence (b). The ensemble was initially prepared according to \((\rho)_P \otimes (\rho)_T\), where \((\rho)_P = (1 - \epsilon_P)I/2 + \epsilon_P|+\rangle\langle+|\), and \((\rho)_T = (1 - \epsilon_T)I/2 + \epsilon_T|+\rangle\langle+|\). Here \(\epsilon_P/T\) is a dimensionless quantity which represents the purity of the initial states.

Given by:

\[
p(\pm 1) = tr_{P+T}[ (\rho')_{P+T} (|\pm\rangle\langle\pm|)_P \otimes I_T].
\] (5.10)

By tracing over the probe states and using eqns. (5.7-5.9) in eqn. 5.10 one obtains:

\[
p(\pm 1) = tr_T[ P_+(t_i)P_\pm(t_j) + P_-(t_i)P_\mp(t_j) ](\rho)_T.
\] (5.11)

The ensemble average of the measurement outcome of joint (P + T) observable is given by:

\[
\langle (\hat{\sigma}_x)_P \otimes I_T \rangle = +p(1) - p(-1).
\] (5.12)
Substitution of results [5.11] in equation [5.12] gives:

\[
\langle (\hat{\sigma}_x)_P \otimes I_T \rangle = tr_T [\hat{\sigma}_x(t_i)\hat{\sigma}_x(t_j)(\rho)_T] \\
= \langle \hat{\sigma}_x(t_i)\hat{\sigma}_x(t_j) \rangle = C_{ij}. \tag{5.13}
\]

Comparing equations [5.1] and [5.13], it is clear that each TTCC in an LG string can be evaluated by applying unitaries (7) to the joint (probe + target) system followed by an ensemble measurement of Pauli-x operator on the probe.

### 5.4 Experiment

NMR sample consisted of 2 mg of $^{13}$C labeled chloroform ($^{13}$CHCl₃) dissolved in 0.7 ml of deuterated dimethyl sulphoxide (DMSO). To implement the protocol described above, the spin-1/2 nuclei of $^{13}$C and $^1$H atoms are treated as the target spin and the probe spin respectively. All the experiments are carried out on a Bruker 500 MHz spectrometer at an ambient temperature of 300 K. The carbon RF offset was chosen such that the $^{13}$C spin precesses at an angular frequency of $\omega = 2\pi \times 100 \text{ rad/s}$ under the effective longitudinal field in the rotating frame of the RF. The proton RF offset was chosen at the resonance frequency of $^1$H spin. The indirect spin-spin coupling constant (J) for these two spins is 217.6 Hz. The spin-lattice ($T_1$) and spin-spin ($T_2$) relaxation time constants for $^1$H spin are respectively 4.1 s and 4.0 s. The corresponding time constants for $^{13}$C are 5.5 s and 0.8 s.

The NMR pulse sequence for evaluating TTCCs is described in Fig. [5.2b]. Initial 90 degree $y$-pulses on both probe and target prepares them in $\hat{\sigma}_x$ states. All the spin manipulations including the C-NOT gates corresponding to $U_{\hat{\sigma}_x}$ operation are realized by specially designed strongly modulated pulses [57, 58] having Hilbert-Schmidt fidelity of over 0.995. These RF pulses are designed to be robust against the RF field inhomogeneity in the range of 90% to 110% and static field inhomogeneity in the range of −5 Hz to +5 Hz. The evolution of J-coupling during the intervals between the measure-
5.4. Experiment

Experiments are refocused using $\pi$ pulses on $^1\text{H}$ spin. Collective transverse magnetization of the probe spins induce an observable emf on a resonant Helmholtz-type coil which is amplified, digitized and stored as the probe signal. Quadrature detection of the probe signal enables us to measure the x-component of the probe magnetization as the real part of the complex signal. After Fourier transform, the probe signal is fitted to a mixed Lorentzian line shape to extract the absorptive content. A reference signal was obtained by an identical experiment with $\Delta t = 0$. The correlation $C_{ij}(\Delta t)$ was measured at each value of $\Delta t$ by normalizing the real part of the probe signal with the reference signal. Below, first we will prove the dichotomic nature of nuclear spin observable which is a requisite for the experimental verification of LGI violation. Later subsections shows the experimental results corresponding to LGI violations.

5.4.1 Confirmation of dichotomic nature of x-component of nuclear spin observable

As the first step towards the implementation of any LGI protocol, one needs to identify a dichotomic observable for the target system - i.e. having only two possible outcomes scalable as $\pm 1$ - for measurements of which temporal correlations are to be evaluated. Although Pauli-spin operators (relevant to systems such as spin-1/2 nuclei) are routinely taken as dichotomic observables in NMR-QIP implementations, LGI test requires ensuring that this indeed is the case experimentally, despite the presence of dominant couplings of the target nucleus with its environment.

The $^1\text{H}$ and $^{13}\text{C}$ spins in chloroform are coupled by indirect spin-spin interaction ($J$) with a strength of 217 Hz. The Hamiltonian for such a two-spins system in a doubly rotating interaction frame can be written as

$$\mathcal{H} = h\nu_H\sigma_z^H/2 + h\nu_C\sigma_z^C/2 + hJ\sigma_z^H\sigma_z^C/4,$$

where $\nu_H$ and $\nu_C$ are the precession frequencies of the two nuclei [2]. In the present
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![Energy Level Diagram](image)

**Figure 5.3:** The energy level diagram of $^1$H-$^{13}$C system (a) displaying four levels corresponding to two coupled spin-1/2 particles, NMR spectra of $^1$H (b) and $^{13}$C (c) nuclei showing splitting due to mutual interactions. The energy levels of $^{13}$C spin system after decoupling $^1$H spin (d), and the corresponding $^{13}$C spectrum (e).

The energy level diagram of such a system is shown in Figure 5.3a. The experimental spectrum of $^1$H spin consists of two lines corresponding to the two eigenstates of the $^{13}$C spin (and vice-versa) (Figure 5.3b-c). The effect of the probe spin (i.e., $^1$H) on $^{13}$C can be removed by spin-decoupling. Under decoupling, the $^{13}$C spectrum displays just a single line (Figure 5.3d) corresponding to a two-level system (Figure 5.3d).

We have also recorded the real part of the intensity of signal corresponding to x-magnetization of $^{13}$C spin (proportional to $\langle \sigma_x^C \rangle$), under $^1$H decoupling, as a function of precession duration (Figure 5.4). The data clearly fits to a cosine oscillation of single frequency.

Thus, given the above confirmations that $^{13}$C spin is indeed a two-level system and
the intensity of its signal corresponding x-magnetization has a cosine oscillation with a single frequency, we can say that $\sigma_x$ observable used for testing LGI in the present work is dichotomic.

### 5.4.2 Violation of LGI for 3 measurement case

The 3-measurement LG string $K_3 = C_{12} + C_{23} - C_{13}$ was evaluated for $\omega \Delta t$ varying from 0 to $60\pi$, with $\Delta t$ incremented from 0 to 300 ms in 360 equal steps. The results of the experiment are shown in Fig. 5.5. The maximum random errors in these experiments were found to be about 0.5%. It is clearly seen that the experimental $K_3$ data points violate the classical limit and hence macrorealism. Fig. 5.5e shows the $K_3$ plot for an extended duration consisting of 30 periods. It can be observed that the experimental values of $K_3$ gradually decay at a time constant of about 288 ms predominantly due to $T_1$ and $T_2$ relaxations and due to inhomogeneities in the magnetic field, thus eventually
Chapter 5. Violation of Leggett-Garg Inequality

5.4.3 Violation of LGI for 4 measurement case

Similarly, the 4-measurement LG string $K_4$ was measured for $\omega \Delta t$ varying from 0 to $16\pi$ (i.e., for 8 periods), with $\Delta t$ varying from 0 to 80 ms. The results of the experiment are shown in Fig. 5.7. Unlike the 3-measurement case, where the classical and quantum mechanical lower limits for $K_3$ values match (i.e., $-3$), the 4-measurement case displays violation of the classical limit both in the positive as well as in the negative sides. Similar to the previous case, we observe an exponential decay of $K_4$ with a time constant of falling within the classical limit for $\omega \Delta t > 26\pi$ ($\approx 42$ ms).
5.5 Conclusion

The present investigation of LGI employs an ensemble of nuclear spins and alleviates the need for repeated experiments on single isolated systems [77]. Simultaneous implementation of controlled operations on target-probe pairs enables evaluation of TTCCs and hence plotting of LG strings as functions of two-time measurement delays. The plots exhibit both violation and satisfaction of LGI respectively for delays shorter than and comparable to the relaxation timescales [75]. We qualitatively interpret them as follows: For time scales, over which environmental effects on spin states are negligible, individual target spins can be taken as isolated quantum systems. The plots do reflect this fact in terms of violation of LGI. However, the spin-environment interaction tends to destroy phase relationship characterizing superposition of quantum states of the target nuclear spin. As a result, each member from the ensemble, with its respective environ-
Figure 5.7: The individual correlations $C_{12}$, $C_{23}$, $C_{34}$, and $C_{14}$ are plotted in (a-d) and $K_4 = C_{12} + C_{23} + C_{34} - C_{14}$ is plotted in (e) for the range $\omega \Delta t \in [0, 16\pi]$. Continuous lines and crosses are used for theoretical ($K_4$ with decay) and experimental values respectively. The theoretical line was obtained by numerically fitting the $K_4$ function given in (5.5) with an exponential decay to the experimental data. The horizontal line demarcate the boundary between the classical and the quantum regimes.
ment traced out, begins to appear as if pre-existing in either one of the two states (of a spin observable chosen for performing measurements, which is Pauli-x in the present work) but not in their superposition. Such a gradual transition from quantum to macrorealistic behavior of individual microscopic systems manifests itself in terms of decay of TTCCs. This ultimately leads to the satisfaction of LGI. Our experimental results thus not only demonstrate initial macrorealism-violating dynamics in genuine microscopic systems such as individual nuclear spins, but also bring forward their environment-induced emergent macrorealistic behavior, captured in terms of satisfaction of LGI and consistent with decoherence mechanism.
Chapter 6

Quantum Delayed-Choice Experiment

In this chapter, we have discussed Bohr’s complementary principle and its implication on light quanta and subsequently on quantum systems. After giving a short introduction of wave-particle duality in section 6.1, we discussed the various interferometer that is been used to study this strange property in section 6.2. Then we described the theory of recently proposed quantum delayed choice experiment in section 6.3. In section 6.4, we have shown the experimental approach for the implementation of quantum delayed choice circuit in an NMR quantum information processor. The conclusion is given in section 6.5.

6.1 Introduction

“Is light made up of waves or particles?” has been an intriguing question over past many centuries, and the answer remains a mystery even today. The first comprehensive wave theory of light was advanced by Huygens [192]. He demonstrated how waves might interfere to form a wavefront propagating in a straight line, and he could also explain reflection and refraction of light. Soon Newton could explain these properties of light using corpuscular theory, in which light was made up of discrete particles [193]. The corpuscular theory held over a century till the much celebrated Young’s double slit
Chapter 6. Quantum Delayed-Choice Experiment

experiment clearly established the wave theory of light \([194]\). In the Young’s experiment, a monochromatic beam of light passing through an obstacle with two closely separated narrow slits produced an interference pattern with troughs and crests just like one would expect if waves from two different sources would interfere. Other properties of light like diffraction and polarization could also be explained easily using the wave theory. The 20th century developments such as Plank’s theory of black-body radiation and Einstein’s theory of photoelectric effects required quantization of light into photons \([195, 196]\). But the question remained whether individual photons are waves or particles. Subsequent development of quantum mechanics was based on the notion of wave-particle duality \([197]\), which was essential to explain the behavior not only of the light quanta, but also of atomic and sub-atomic entities \([80]\).

6.2 Studying wave-particle duality by interferometers

6.2.1 Mach-Zhender Interferometer

The wave-particle duality of quantum systems is nicely illustrated by a Mach-Zehnder interferometer (MZI) (see Fig. 6.1) \([198, 199]\). The intensity of the incident light is kept sufficiently weak so that photons enter the interferometer one by one. In the open-setup (Fig. 6.1a), it consists of a beam-splitter BS1, providing each incoming photon with two possible paths, named 0 and 1. A phase-shifter in path-1 introduces a relative phase \(\phi\) between the two paths. The two detectors D0 and D1 help to identify the path traveled by the incident photon. Experimental results show that only one of the detectors clicks at a time \([200]\). Each click can then be correlated with one of the two possible paths by attributing particle nature to the photons. Here the phase-shifter has no effect on the intensity of the photons measured by either detector, and therefore no interference is observed in this setup.

In the closed-setup (Fig. 6.1b), the interferometer consists of a second beam-splitter BS2, which allows the two paths to meet before the detection. Experimental results
again show that only one detector clicks at a time. But much to the astonishment of common intuition, the results after many clicks do show an interference pattern, i.e., the intensities recorded by each detector oscillates with $\phi$. Since only one photon is present inside the interferometer at a time, each photon must have taken both paths in the interferometer and therefore this setup clearly establishes the wave property of photons.

The naive question by the classical mindset is “whether the photon entering the interferometer decides to take one of the paths or both the paths depending on the experimental setup?”. Scientists who believed in a deterministic nature had proposed that, unknown to the current experimentalist, there exists some extra information about state of the quantum system, which in principle dictates whether the photon should take either path, or both the paths. In other words, they assumed some hidden information availed by the photon coming out of BS1 about the existence or non-existence of BS2.

### 6.2.2 Wheeler’s delayed-choice experiments

In order to break this causal link between the two beam-splitters, Wheeler proposed a modification in the MZI setup (Fig. 6.1), in which the decision to introduce or not to introduce BS2 is to be made after the photon has already passed through BS1. This way, there is no causal connection between the selection of the paths by the photon and the presence of BS2. Although initially considered as a ‘thought-experiment’, this proposal has recently been demonstrated by Jacques et al. In their experimental setup, the second beam-splitter (RBS) was controlled by a random number generator (RNG), that choose to switch the beam-splitter ON or OFF after the photon has already passed through BS1. The results of this delayed-choice experiment was in agreement with Bohr’s complementarity principle. That is, the behavior of the photon in the interferometer depends on the choice of the observable that is measured, even when that choice is made at a position and a time such that it is separated from the entrance of the photon into the interferometer by a space-like inter-
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Figure 6.1: Different types of Mach-Zehnder interferometer setups (a-d) and equivalent quantum circuits (e-h). BS1 and BS2 are beam splitters, $\phi$ is phase shifter, D0 and D1 are detectors. RBS is a beam-splitter switched ON or OFF by a random number generator (RNG) and QBS is a beam-splitter which is controlled by a quantum system in superposition. In the quantum circuits, $H$ is the Hadamard gate and $Y_\alpha = e^{-i\alpha \sigma_y}$ is used to prepare the state of ancilla qubit.
val. Breaking the causal link had no effect on the results of the wave-particle duality, thus ruling out the existence of hidden information \[205\].

### 6.2.3 Quantum delayed-choice experiments

Recently, Ionicioiu and Terno have proposed a modified version (Fig. 6.1) of the Wheeler’s experiment which not only demonstrates the intrinsic duality, but also shows that a photon can have a morphing behavior between particle and wave \[81\]. In their setup, BS2 is replaced with a beam splitter which is switched OFF or ON depending on $|0\rangle$ or $|1\rangle$ state of a two-level quantum system. Using this modification, Ionicioiu and Terno have been able to discard hidden variable theories which attempt to assign intrinsic wave or particle nature to individual photons even before the final measurement. This proposed experiment is named as ‘Quantum Delayed-Choice Experiment’ \[81\].

Using nuclear magnetic resonance (NMR) techniques we study the behavior of a target spin-1/2 nucleus going through a similar situation as that of a photon going through an interferometer \[74\]. Another spin-1/2 nucleus acts as an ancilla controlling the second beam-splitter. In section 6.3 we briefly explain the theory and in section 6.4 we describe the experimental results.

### 6.3 Theory

In the following we shall use the terminology of quantum information. The two possible paths of the interferometer are assigned with the orthogonal states $|0\rangle$ and $|1\rangle$ of a quantum bit. The equivalent quantum circuits for the different setups of MZI are shown in Figs. 6.1(e-h). Similar circuits have previously been used in ‘duality computers’ \[206, 207, 208\]. In these circuits the Hadamard operator H has the function of the beam splitter BS1. It transforms the initial state $|0\rangle$ to the superposition $(|0\rangle + |1\rangle)/\sqrt{2}$ such that both $|0\rangle$ and $|1\rangle$ states are now equally probable. The detection operators for the two detectors are $D_0 = |0\rangle\langle 0|$ and $D_1 = |1\rangle\langle 1|$. 

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In the open setup (Fig. 6.1e), the state after the phase shift becomes, \( |\psi_p\rangle = (|0\rangle + e^{i\phi}|1\rangle)/\sqrt{2} \). The intensities recorded by the two detectors are given by the expectation values,

\[
S_{p,0} = \langle \psi_p | D_0 | \psi_p \rangle = \frac{1}{2} \quad \text{and} \\
S_{p,1} = \langle \psi_p | D_1 | \psi_p \rangle = \frac{1}{2},
\]

(6.1)

independent of the phase introduced. Therefore no interference can be observed and accordingly this setup demonstrates the particle nature of the quantum system. The visibility of the interference

\[
\nu = \frac{\max(S) - \min(S)}{\max(S) + \min(S)},
\]

(6.2)

is zero in this case.

The equivalent quantum circuit for the closed interferometer is shown in Fig. 6.1f. After the second Hadamard one obtains the state, \( |\psi_w\rangle = \cos \frac{\phi}{2} |0\rangle - i \sin \frac{\phi}{2} |1\rangle \), up to a global phase. The intensities recorded by the two detectors are now,

\[
S_{w,0} = \langle \psi_w | D_0 | \psi_w \rangle = \cos^2 \frac{\phi}{2} \quad \text{and} \\
S_{w,1} = \langle \psi_w | D_1 | \psi_w \rangle = \sin^2 \frac{\phi}{2},
\]

(6.3)

Thus as a function of \( \phi \), each detector obtains an interference pattern with visibility \( \nu = 1 \). This setup clearly demonstrates the wave nature of the target qubit.

In the circuit corresponding to the Wheeler’s experiment (Fig. 6.1g), the decision to insert or not to insert the second Hadamard gate is to be made after the first Hadamard gate has been applied.

Here, we focus on the next modification, that is the quantum delayed-choice experiment [81]. In the equivalent quantum circuit (Fig. 6.1h), the second Hadamard gate is to be decided in a quantum way. This involves an ancilla spin prepared in a superposition
state \cos\alpha|0\rangle + \sin\alpha|1\rangle. This state can be prepared by rotating the initial |0\rangle state of ancilla by an angle 2\alpha about y-axis (using operator \(Y_\alpha = e^{-i\alpha \sigma_y}\)). The second Hadamard gate is set to be controlled by the ancilla qubit. If the ancilla is in state |0\rangle, no Hadamard gate is applied, else if the ancilla is in state |1\rangle, Hadamard gate is applied. The combined state of the two-qubit system after the control-Hadamard gate is

\[ |\psi_{wp,\alpha}\rangle = \cos\alpha|\psi_p\rangle|0\rangle + \sin\alpha|\psi_w\rangle|1\rangle, \]

(6.4)

wherein the second ket denotes the state of ancilla. After tracing out the ancilla, the reduced density operator for the system becomes,

\[ \rho_{wp} = \cos^2\alpha|\psi_p\rangle\langle\psi_p| + \sin^2\alpha|\psi_w\rangle\langle\psi_w|. \]

(6.5)

Again, the intensity recorded by each detector can be obtained by calculating the expectation values. For example, the intensity at the detector D0 is,

\[
S_{wp,0}(\alpha, \phi) = \text{tr}[D_0 \rho_{wp}]
= \text{tr}[D_0|\psi_p\rangle\langle\psi_p|] \cos^2\alpha + \text{tr}[D_0|\psi_w\rangle\langle\psi_w|] \sin^2\alpha
= S_{p,0} \cos^2\alpha + S_{w,0} \sin^2\alpha
= \frac{1}{2} \cos^2\alpha + \cos^2\phi \frac{1}{2} \sin^2\alpha.
\]

(6.6)

It can be immediately seen that the visibility \(\nu\) for the above interference varies as \(\sin^2\alpha\). When \(\alpha = 0\), the quantum system has a particle nature and when \(\alpha = \pi/2\), it has a wave nature. In the intermediate values of \(\alpha\), the quantum system is morphed in between the particle and the wave nature. In the following section we describe the experimental demonstration of morphing of a quantum system between wave and particle behaviors.
6.4 Experiment

The sample consisted of $^{13}$CHCl$_3$ (Fig. 6.2a) dissolved in CDCl$_3$. Here $^1$H and $^{13}$C spins are used as the target and the ancilla qubits respectively. The two spins are coupled by indirect spin-spin interaction with a coupling constant of $J = 209$ Hz. All the experiments were carried out at an ambient temperature of 300 K in a 500 MHz Bruker NMR spectrometer.

6.4.1 Open and closed interferometers

The pulse-sequences corresponding to open and closed setups of MZI are shown in Fig. 6.2(b-c). In these cases, the circuits (Fig. 6.1e-f) need only a single target qubit and no ancilla qubit. Here $^1$H spin is used as the target qubit, and its interaction with $^{13}$C spin is refocused during the MZI experiments. Ideally both of these setups need initializing the target qubit to $|0\rangle$ state. In thermal equilibrium at temperature $T$ and magnetic field $B_0$, an ensemble of isolated spin-1/2 nuclei exists in a Boltzmann mixture,

$$\rho_{eq} = \frac{1}{2} e^{\epsilon/2} |0\rangle\langle 0| + \frac{1}{2} e^{-\epsilon/2} |1\rangle\langle 1|,$$

where $\epsilon = \gamma \hbar B_0 / kT$ is a dimensionless constant which depends on the magnetogyratic ratio $\gamma$ of the spin. At ordinary NMR conditions $\epsilon \sim 10^{-5}$ and therefore $\rho_{eq}$ is a highly mixed state. Since preparing a pure $|0\rangle$ state requires extreme conditions, one can alleviate this problem by rewriting the equilibrium state as the pseudopure state

$$\rho_{eq} = |0\rangle\langle 0|_{pps} \approx \frac{1}{2} \left( 1 - \frac{\epsilon}{2} \right) |1\rangle\langle 1| + \frac{\epsilon}{2} |0\rangle\langle 0|. $$

The identity part does neither evolve under the Hamiltonians, nor does it give raise to NMR signals, and is therefore ignored. Thus the single qubit equilibrium state effectively mimics the state $|0\rangle$.

In all the cases (Fig. 6.2b-d), the first Hadamard gate on the target qubit is followed
6.4. Experiment

\( \rho_{wp} = |\psi_{wp}\rangle\langle \psi_{wp}| \) represent the states at different time instants.

**Figure 6.2:** Molecular structure of chloroform (a) and pulse-sequences (b-d) for different setups of MZI. Figs. (b) and (c) correspond to the open and closed setups respectively, and (d) corresponds to the quantum delayed-choice experiment. The unfilled rectangles are \( \pi \) pulses. Shaped pulses are strongly modulated pulses corresponding to Hadamard gate (H), \( Y_{\alpha} \) gate, and control-Hadamard (cH) gate. \( \pi/2 \) detection pulses are shown in dotted rectangles. \( J \) is the coupling constant and \( \tau \) is the phase-shifting delay. \( G_1 \) and \( G_2 \) are two pulsed-field-gradients for destroying coherences. In (d) two separate experiments for \( ^1H \) and \( ^{13}C \) are recorded after applying respective \( \pi/2 \) detection pulses. \( \rho_{eq}, \rho_{p} = |\psi_{p}\rangle\langle \psi_{p}|, \rho_{w} = |\psi_{w}\rangle\langle \psi_{w}|, \) and \( \rho_{wp} = |\psi_{wp}\rangle\langle \psi_{wp}| \) represent the states at different time instants.
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by the phase shift. A 100 Hz resonance off-set of $^1$H spin was used to introduce the desired phase shift $\phi(\tau) = 200\pi\tau$, with the net free-precession delay $\tau$. Experiments were carried out at 21 linearly spaced values of $\phi$ in the range $[0, 2\pi]$. The $^{13}$C spin was set on-resonance and the $J$-evolution during $\tau$ was refocused with a $\pi$ pulse on $^{13}$C.

Unlike the open interferometer (Fig. 6.2b), the closed interferometer (Fig. 6.2c) has a second Hadamard gate. In both of these cases, the intensity recorded by D1 detector corresponds to the expectation value of $D_0 = \langle 0 | 0 \rangle$ operator, which is a diagonal element of the density operator. To measure this element, we destroy all the off-diagonal elements (coherences) using a pulsed field gradient (PFG) $G_1$, followed by a $(\pi/2)_y$ detection pulse. The most general diagonal density operator for a single qubit is $\rho = \frac{1}{2}I + c\sigma_z$, where $c$ is the unknown constant to be determined. After applying the $(\pi/2)_y$ detection pulse, we obtain $\frac{1}{2}I + c\sigma_x$. The corresponding NMR signal is proportional to $c$. The experimental NMR spectra for the open and closed setups are shown in Fig. 6.3. These spectra are normalized w.r.t. equilibrium detection. Since both the pathways created by BS1 are equally probable in the open MZI, $c = 0$ and therefore spectrum vanishes. On the other hand, because of the second beam-splitter (BS2) in closed MZI, $c$ becomes $\phi$ dependent, and hence the interference pattern.

The corresponding intensities $S_{p(w),0} = c + 1/2$ are shown in Fig. 6.4. The theoretical values from expressions (6.1) and (6.3) are also shown in solid lines. The experimental visibility of interference in the particle case is 0.02 and that in the wave case is 0.97. As explained in the previous section, the open setup demonstrates the particle nature and the closed setup demonstrates the wave nature.

6.4.2 Quantum delayed-choice experiment

The circuit for quantum delayed-choice experiment is shown in Fig. 6.1 and the corresponding NMR pulse-sequence is shown in Fig. 6.2b. This circuit requires one target qubit ($^1$H) and one ancilla qubit ($^{13}$C). The equilibrium state of the two-qubit system does not correspond to a pseudopure state and therefore it is necessary to redistribute
the populations to achieve the desired pseudopure state. We used spatial averaging technique to prepare the pseudopure state \[ \rho_{pps} = \frac{1 - \epsilon'}{4} \mathbb{1} + \epsilon' |00\rangle \langle 00|, \] (6.9) where \( \epsilon' \) is the residual purity.

All the gates on the target and the ancilla were realized using strongly modulated pulses (SMPs) [57, 58]. The SMPs were constructed to be robust against RF amplitude inhomogeneities, which normally have a distribution of about 10% about the mean. Robust pulses were achieved by calculating the Hilbert-Schmidt fidelity between the desired operator and the experimental operator for different possible RF amplitude distributions, and then maximizing the average fidelity [59]. An average fidelity of over 0.995 was achieved for each gate. After the control-Hadamard gate, the state of the two-qubit system is expressed by the density operator \( \rho_{wp} \) (eqn. 6.5) up to the unit
The interference $S_{wp,0}$ (in eqn. [6.6]) due to the detection operator $D_0 = |00⟩⟨00|$ can be obtained by measuring the first diagonal element of the density matrix, and hence complete density matrix tomography is not necessary [106]. As in the single qubit case, we apply a PFG $G_2$ which averages out all the coherences and retains only the diagonal part of the density matrix. The most general diagonal density matrix of a two-qubit system is of the form

$$\rho = \frac{1}{4} \mathbb{1} \otimes \mathbb{1} + c_1 \sigma_z \otimes \mathbb{1} + c_2 \mathbb{1} \otimes \sigma_z + c_3 \sigma_z \otimes \sigma_z,$$  \hspace{1cm} (6.10)$$

with the unknown constants $c_1$, $c_2$, and $c_3$.

Recording the target spectrum after a $(\pi/2)_y$ pulse on the above state gives two sig-

**Figure 6.4:** The experimental intensities $S_{p,0}$ (particle) and $S_{w,0}$ (wave) at various values of $\phi$. 

---

**Chapter 6. Quantum Delayed-Choice Experiment**
6.4. Experiment

\[ \alpha = 0 \]

\[ \frac{\pi}{8} \]

\[ \frac{\pi}{4} \]

\[ \frac{3\pi}{8} \]

\[ \frac{\pi}{2} \]

Figure 6.5: The experimental spectra obtained after the quantum delayed choice experiment with \((\pi/2)_y\) detection pulse on target \((^1H)\) qubit. These spectra are recorded with 21 equally spaced values of \(\phi \in [0, 2\pi]\) and at different \(\alpha\) values (as indicated). In each spectrum, only one line is expected due to the preparation of pseudopure state.
nals proportional to $c_1 + c_3$ and $c_1 - c_3$. The spectra of the target qubit at various values of $\phi$ and $\alpha$ are shown in Fig. 6.5. The signals obtained after applying a $(\pi/2)_y$ pulse on either qubit after preparing the $|00\rangle$ pseudopure state are used to normalize these intensities. In each spectrum, the left transition (corresponding to the $|0\rangle$ state of ancilla), vanishes because of the particle nature (similar to the top trace of Fig. 6.3) and the right transition (corresponding to the $|1\rangle$ state of ancilla) displays the interference pattern because of the wave nature (similar to the bottom trace of Fig. 6.3).

Similarly, recording the ancilla spectrum after a $(\pi/2)_y$ pulse gives two signals proportional to $c_2 + c_3$ and $c_2 - c_3$. From these four transitions one can precisely determine all the three unknowns $c_1$, $c_2$, and $c_3$, and obtain the population $S_{wp,0} = 1/4 + c_1 + c_2 + c_3$. Calculated experimental intensities $S_{wp,0}$ are shown in Fig. 6.6a. The intensities were measured for five values of $\alpha$ in the range $[0, \pi/2]$, and for 21 values of $\phi$ in the range $[0, 2\pi]$. The theoretical values from expression (6.6) are also shown in solid lines. The experimental values were found to have small random errors with a standard deviation less than 0.01. The significant systematic errors are due to experimental limitations such as radio-frequency inhomogeneity and spectrometer non-linearities.

The visibility $\nu$ calculated at different values of $\alpha$ are plotted in Fig. 6.6b. The theoretical visibility varies as $\sin^2 \alpha$ as explained in the section II. There appears a general agreement between the quantum mechanical prediction (solid-line) and the experiments (symbols).

### 6.5 Conclusions

In this chapter, we have studied the open and closed setups of Mach-Zehnder interferometer using nuclear spin qubits, and demonstrated the particle-like and wave-like behaviors of the target qubit. Previously NMR interferometer has been used to study dipolar oscillations in solid state NMR [209] and to measure geometric phases in multi-level systems [210, 211, 212]. We have reported the first experimental demonstration of the quantum delayed-choice experiment using NMR interferometry.
6.5. Conclusions

Figure 6.6: The intensities $S_{wp,0}(\alpha, \phi)$ versus phase $\phi$ for different values of $\alpha$ (a) and the visibility $\nu$ versus $\alpha$ (b). The theoretical values are shown in solid lines and the experimental results are shown by symbols.
Bohr’s complementarity principle is based on mutually exclusive experimental arrangements. However, the quantum delayed-choice experiment proposed by Ionicioiu and Terno [81], suggests that we can study the complementary properties like particle and wave behavior of a quantum system in a single experimental setup if the ancilla is prepared in a quantum superposition. This experiment is the quantum version of the Wheeler’s delayed-choice experiment. The quantum delayed-choice experiment suggests a reinterpretation of complementarity principle: instead of complementary experimental setups, the new proposal suggests complementarity in the experimental data.

The NMR systems provide perfect platforms for studying such phenomena [74]. In our experiments we found a general agreement between the intensities and the visibilities of the interference with the theoretically expected values. These experiments not only confirm the intrinsic wave-particle duality of quantum systems, but also demonstrates continuous morphing of quantum systems between wave and particle behavior of the target qubit depending on the quantum state of the ancilla qubit.
Appendix A

Density Matrix tomography for a pair of spin-1/2 homonuclear system

A density matrix describes the statistical state of a quantum system and is considered to be the most profound way of representing a quantum state. A pair of spin-1/2 system can be expressed fully by a density matrix of $4 \times 4$ order. In general the size of the density matrix depends on the number of spins, such as a n-spin system can be represented fully by a $2^n \times 2^n$ density matrix. The density matrix of any quantum state is a Hermitian matrix with trace 1. In a NMR spin system, the diagonal elements of the density matrix represent populations, whereas the off-diagonal elements represent coherence orders. The density matrix for a typical two spin-1/2 system is given below:

\[
|00\rangle \quad |01\rangle \quad |10\rangle \quad |11\rangle \\
\langle 00| \\
\langle 01| \\
\langle 10| \\
\langle 11| \\
\begin{pmatrix}
P_{00} & S & Q & S \\
P_{01} & Z & Q & S \\
P_{10} & S & Q \\
P_{11} & \\
\end{pmatrix}
\]  

(A.1)

Here, $P_{00}, P_{01}, P_{10},$ and $P_{11}$ are representing the populations in $|00\rangle, |01\rangle, |10\rangle, |11\rangle$ states respectively. Single, double, and zero-quantum coherences are denoted by $S$, $Q$,
Appendix A. Density Matrix tomography for a pair of spin-1/2 homonuclear system

$DQ$, and $ZQ$ respectively. In NMR only single quantum coherences are directly observable. Hence to determine all these elements, we need to perform some unitary transformations by which we can effectively transfer other non-SQ terms into a SQ coherence and hence can be readout from the output signal.

The general traceless deviation density matrix consists of 15 independent real numbers:

$$
\rho = \begin{pmatrix}
    p_0 & r_3 + is_3 & r_1 + is_1 & r_5 + is_5 \\
    p_1 & r_6 + is_6 & r_2 + is_2 \\
    p_2 & r_4 + is_4 \\
    -\sum_{i=0}^{2} p_i
\end{pmatrix}
$$

(A.2)

Each coherence element has a real ($r$) and a imaginary ($s$) part in it. The elements below the diagonal are determined by Hermitian condition: $\rho_{jk} = \rho_{kj}^\ast$. Since, $^1H$ spin systems have smaller coupling constants, often it is difficult to readout each of the line separately in case of a dispersive spectra. Here, we developed the tomographic technique where we need to do total integration for one spin. This way integration errors for a dispersive spectra can be reduced significantly. Four combinations of different readout elements can be obtained from the integration of complex line shapes of spin 1 and 2 respectively.

- **Real part of spin 1**: $R_1 = (r_1 + r_2)$
- **Imaginary part of spin 1**: $S_1 = (s_1 + s_2)$
- **Real part of spin 2**: $R_2 = (r_3 + r_4)$
- **Imaginary part of spin 2**: $S_2 = (s_3 + s_4)$

Now consider an RF sequence with propagator representing by $U$, that transforms the original density matrix $\rho$ into $\rho' = U\rho U^\dagger$. Single quantum coherences of $\rho'$ will lead to different linear combinations of various elements in $\rho$. Thus, by applying different propagators on $\rho$, we can measure the values of different linear combinations of various
elements of $\rho$. The real and imaginary values of the integration of $j$th spin in $k$th experiment will be labeled as $R_k^j$ and $S_k^j$ respectively. Following six one-dimensional NMR experiments were found to be sufficient to tomograph a two-spin density matrix:

1. $\mathbb{1}$
2. $90_z$
3. $\frac{J}{4J} \cdot 180_x \cdot \frac{1}{4J}$
4. $45_x \frac{J}{4J} \cdot 180_x \cdot \frac{1}{4J}$
5. $45_y \frac{J}{4J} \cdot 180_x \cdot \frac{1}{4J}$
6. $\frac{\Delta \nu}{2\Delta \nu} \cdot 45_y \frac{J}{4J} \cdot 180_x \cdot \frac{1}{4J}$

Here $\mathbb{1}$ is the identity i.e., direct observation without applying any extra pulses. $\Delta \nu$ and $J$ are the chemical shift difference and the scalar coupling respectively (both in Hz). The offset is assumed to be at the center of the two doublets and the RF amplitudes are assumed to be much stronger than $\Delta \nu$.

Now, we will operate each of this propagator one by one and read out the four detectable element orders. We will follow the spin-operator formalism for mathematical treatments. $I_k^j$ defines as spin-operator, $j$ can be $x$, $y$, or $z$ depending on the phase of a particular pulse and $k$ can be either 1 or 2 depending on the spin, which is going through the evolution. E.g. $I_1^z$ denotes evolution of spin-1 w.r.t. $x$ axis. The single spin operator can be written as:

$$I_x = \sigma_x/2 = \frac{1}{2}\begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}; \quad I_y = \sigma_y/2 = \frac{1}{2}\begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}; \quad I_z = \sigma_z/2 = \frac{1}{2}\begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}.$$

(A.3)

Where $\sigma_x, \sigma_y, \sigma_z$ are Pauli matrices. Now, for a two spin system matrix operator is of the order of $4 \times 4$. Hence $I_k^1 = I_x \otimes I_d$, where $I_d$ denotes identity matrix of $2 \times 2$. Again
Appendix A. Density Matrix tomography for a pair of spin-1/2 homonuclear system

\[ \hat{I}_x^2 = I_d \otimes I_x. \] Similarly \( I_x^1, I_x^2, I_z^1, I_z^2 \) can be written. Obviously for a two-spin system
\[ I_x = I_x^1 + I_x^2, I_y = I_y^1 + I_y^2, I_z = I_z^1 + I_z^2. \]

The spin-operator formalism for the 6 tomographic experiments described in detail.

I.

The first experiment is the identity operator and hence the density matrix will be same and the readout elements are as written above:

\[ R_1^1 = (r_1 + r_2), \quad R_2^1 = (r_3 + r_4), \quad S_1^1 = (s_1 + s_2), \quad S_2^1 = (s_1 + s_2). \quad (A.4) \]

The left hand side of each of these equations are known values (achieved by integrating the spectra) and right hand side are unknowns to be determined.

II.

The second unitary operator is a 90° pulse. The matrix form of this operator can be written as:

\[ U_2 = e^{(-i \frac{\pi}{2} I_x)} = \frac{1}{2} \begin{pmatrix} 0 & 1 & 1 & 0 \\ 1 & 0 & 0 & 1 \\ 1 & 0 & 0 & 1 \\ 0 & 1 & 1 & 0 \end{pmatrix}. \]

Now operating \( U_2 \) on \( \rho \) can be written as: \( \rho_2 = U_2 \cdot \rho \cdot U_2^\dagger \). The readout elements from \( \rho_2 \) are:

\[ R_1^2 = (r_1 + r_2), \quad R_2^2 = (r_3 + r_4), \quad S_1^2 = (p_0 + p_1), \quad S_2^2 = (p_0 + p_2). \quad (A.5) \]
The third experiment is a 1/2J evolution of J-coupling, whereas chemical shift is refocussed since the offset is set in between the spins. Mathematically the operator form for this unitary evolution can be written as:

$$U_3 = e^{-i \frac{\pi}{4} J_{1z} I_{1z}} e^{-i \frac{\pi}{4} J_{2z} I_{2z}} e^{-i \frac{\pi}{4} J_{1x} I_{1x}} = \frac{1}{\sqrt{2}} \begin{bmatrix} 0 & 0 & 0 & -1 + i \\ 0 & 0 & -1 - i & 0 \\ 0 & -1 - i & 0 & 0 \\ -1 + i & 0 & 0 & 0 \end{bmatrix}.$$ 

Similarly as above, $\rho_3 = U_3 \cdot \rho \cdot U_3^\dagger$. The readout elements from $\rho_3$ are:

$$R_1^3 = (s_1 - s_2), \quad R_2^3 = (s_3 - s_4), \quad S_1^3 = (r_1 - r_2), \quad S_2^3 = (r_3 - r_4).$$ (A.6)

The fourth experiment comprises of a 45$^\circ$ pulse and a 1/2J evolution similar to the previous one. Mathematically, the operator can be written in a similar way as shown previously. $U_4 = e^{-i \frac{\pi}{4} J_{1z} I_{1z}} e^{-i \frac{\pi}{4} J_{2z} I_{2z}} e^{-i \frac{\pi}{4} J_{1x} I_{1x}} e^{-i \frac{\pi}{4} J_{1x} I_{1x}}$. Then, $\rho_4 = U_4 \cdot \rho \cdot U_4^\dagger$. The readout elements from $\rho_4$ are:

$$R_1^4 = \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (r_5 - r_6 + s_1 - s_2 - s_3 + s_4),$$

$$R_2^4 = \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (r_5 - r_6 - s_1 + s_2 + s_3 - s_4),$$

$$S_1^4 = \frac{1}{\sqrt{2}} (r_1 - r_2 - s_5 + s_6),$$

$$S_2^4 = \frac{1}{\sqrt{2}} (r_3 - r_4 - s_5 - s_6).$$ (A.7)
Appendix A. Density Matrix tomography for a pair of spin-1/2 homonuclear system

V.

The operator form of the fifth experiment can be written as, \( U_5 = e^{-i \frac{\pi}{4} 2 \hat{x}_1 \hat{x}_2} e^{-i \pi \hat{x}_1} e^{-i \frac{\pi}{2} \hat{z}_1 \hat{z}_2} e^{-i \pi/4 \hat{y}_1} \). Then, \( \rho_5 = U_5 \cdot \rho \cdot U_5^\dagger \). The readout elements from \( \rho_5 \) are:

\[
\begin{align*}
R^5_1 &= \frac{1}{\sqrt{2}} (s_1 - s_2 - s_5 - s_6), \\
R^5_2 &= \frac{1}{\sqrt{2}} (s_3 - s_4 - s_5 + s_6), \\
S^5_1 &= \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (r_1 - r_2 - r_3 + r_4 - r_5 - r_6), \\
S^5_2 &= \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (-r_1 + r_2 + r_3 - r_4 - r_5 - r_6). 
\end{align*}
\] (A.8)

VI.

The operator form of the sixth and last experiment can be written as, \( U_6 = e^{-i \frac{\pi}{4} 2 \hat{x}_1 \hat{x}_2} e^{-i \pi \hat{x}_1} e^{-i \frac{\pi}{2} \hat{z}_1 \hat{z}_2} e^{-i \pi/4 \hat{y}_1} \). Then, \( \rho_6 = U_6 \cdot \rho \cdot U_6^\dagger \). The readout elements from \( \rho_6 \) are:

\[
\begin{align*}
R^6_1 &= \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (r_1 - r_2 + r_3 - r_4 + r_5 + r_6), \\
R^6_2 &= \frac{1}{4} (p_0 - p_1 - p_2) + \frac{1}{2} (-r_1 + r_2 - r_3 + r_4 + r_5 + r_6), \\
S^6_1 &= \frac{1}{\sqrt{2}} (-s_1 + s_2 - s_5 + s_6), \\
S^6_2 &= \frac{1}{\sqrt{2}} (s_3 - s_4 - s_5 + s_6). 
\end{align*}
\] (A.9)

So, at the end of these 6 experiments, one should have a total 24 linear equations (Eqs. A.3-A.8) with 15 unknowns. All these equations can be written together in a matrix format, as written below: (see Eq. A.10) \( AX = Y \), where \( A \) is a constant matrix, \( X \) is an unknown matrix to be calculated and \( Y \) is a known matrix.)
\[
\begin{bmatrix}
0 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 & 0 \\
0 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{2} & \frac{1}{4} & \frac{1}{4} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{2} & \frac{1}{4} & \frac{1}{4} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & -1 & 0 & 0 & 0 \\
0 & 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{4} & \frac{1}{4} & \frac{1}{4} & 0 & 0 & 0 & 0 & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & 0 & 0 \\
\frac{1}{4} & \frac{1}{4} & \frac{1}{4} & 0 & 0 & 0 & 0 & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & 0 & 0 \\
0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & 0 & 0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{4} & \frac{1}{4} & \frac{1}{4} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{4} & \frac{1}{4} & \frac{1}{4} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
\frac{1}{4} & \frac{1}{4} & \frac{1}{4} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & \frac{1}{2} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0 & 0 & 0 & 0 & 0 \\
\end{bmatrix}
= \begin{bmatrix}
R_1^1 \\
R_2^1 \\
S_1^1 \\
S_2^1 \\
R_1^2 \\
R_2^2 \\
p_0 \\
p_1 \\
p_2 \\
r_1 \\
r_2 \\
r_3 \\
r_4 \\
r_5 \\
r_6 \\
s_1 \\
s_2 \\
s_3 \\
s_4 \\
s_5 \\
s_6 \\
\end{bmatrix}
\tag{A.10}
\]

Certainly, this is a over-determined problem since 24 linear equations are to be used for 15 unknowns. This redundancy however works to increase the precision of the solu-
Appendix A. Density Matrix tomography for a pair of spin-1/2 homonuclear system

...tion by reducing the condition number of the constraint matrix. For the $24 \times 15$ matrix in equation [A.10] condition number is about 3.7, meaning the solutions are precise to 5 significant digits. The equation [A.10] can be solved either by singular value decomposition (SVD) or by Gaussian elimination method (both of which are implemented in MATLAB).
**Appendix B**

**Density Matrix tomography for a three spin-1/2 homonuclear system**

The method for three-spin tomography is similar to one that we have described for a two-spin system. Since the number of unknowns here for three-spin system is much higher (63 unknowns) than two-spin (15 unknowns) system, we need to have more number of experiments in order to find out all the unknowns faithfully. The $8 \times 8$ general density matrix ($\rho$) for a three-spin system can be written as follows:

\[
\begin{pmatrix}
|000\rangle & |001\rangle & |010\rangle & |011\rangle & |100\rangle & |101\rangle & |110\rangle & |111\rangle \\
|000\rangle & P_0 & r_9 + is_9 & r_5 + is_5 & r_{13} + is_{13} & r_1 + is_1 & r_{14} + is_{14} & r_{15} + is_{15} & r_{25} + is_{25} \\
|001\rangle & P_1 & r_{16} + is_{16} & r_6 + is_6 & r_{17} + is_{17} & r_2 + is_2 & r_{26} + is_{26} & r_{18} + is_{18} \\
|010\rangle & P_2 & r_{10} + is_{10} & r_{19} + is_{19} & r_{27} + is_{27} & r_3 + is_3 & r_{20} + is_{20} \\
|011\rangle & P_3 & r_{28} + is_{28} & r_{21} + is_{21} & r_{22} + is_{22} & r_4 + is_4 \\
|100\rangle & P_4 & r_{11} + is_{11} & r_7 + is_7 & r_{23} + is_{23} \\
|101\rangle & P_5 & r_{24} + is_{24} & r_8 + is_8 \\
|110\rangle & P_6 & r_{12} + is_{12} \\
|111\rangle & \sum_{j=0}^{6}-P_j
\end{pmatrix}
\]

(B.1)
Appendix B. Density Matrix tomography for a three spin-1/2 homonuclear system

The lower triangle of the density matrix can be filled by applying the Hermitian property of it ($\rho_{jk} = \rho_{kj}^*$). The diagonal elements ($P_j, j = 0 \to 6$) are representing population distributions of the density matrix. Applying the traceless property (or identity trace property), one of the unknowns can be reduced. All other off-diagonal elements are representing the various coherence orders. Each coherence elements has a real ($r$) and imaginary ($s$) part in it. Elements $r_j$ and $s_j$, with $j = 1 \to 12$ representing the real and imaginary part of single quantum coherences. Whereas $r_j$ and $s_j$, with $j = 13 \to 28$ representing the real and imaginary part of double, triple, or zero quantum coherences. Only single quantum coherences are directly accessible in NMR. As described in the 2-spin tomography method, we have to find suitable unitary transformations which can transfer the double, triple, zero, and population orders into single quantum coherences. Consider a propagator $U$, that transforms the original density matrix $\rho$ into $\rho' = U\rho U^\dagger$.

Following 13 unitary transformations were found to be sufficient to tomograph a three-spin homonuclear system.

(1). $\mathbb{1}$

(2). $\frac{1}{J_{13}}$

(3). $\frac{1}{J_{13}}$

(4). $\frac{1}{J_{23}}$

(5). $\frac{1}{2J_{13}} \cdot 60_{90}$

(6). $\frac{1}{J_{13}} \cdot 90_{45}$

(7). $\frac{1}{2J_{13}} \cdot 90_{135}$

(8). $\frac{1}{2J_{13}} \cdot 45_0$

(9). $\frac{1}{J_{23}} \cdot 60_{45}$

(10). $\frac{1}{J_{35}} \cdot 45_{135}$
(11) \( \frac{1}{2J_{13}} \cdot 30_{45} \)

(12) \( \frac{1}{J_{13}} \cdot 90_0 \cdot \frac{1}{2J_{13}} \cdot 90_0 \)

(13) \( \frac{1}{J_{13}} \cdot 60_{90} \cdot \frac{1}{J_{13}} \cdot 90_{135} \)

Here 1 represents the identity operator i.e., direct observation without applying any extra pulses. \( J_{12}, J_{23}, \text{ and } J_{13} \) are the scalar couplings between spin 1 & 2, spin 2 & 3, and spin 1 & 3 respectively (in Hz). The offset is assumed to be at the center of the spin-1 and spin-2 and the RF amplitudes are assumed to be much stronger than \( \Delta \nu \). Hence, all the pulses used are non-selective RF pulses. For this particular case \( J_{12} \) is not used since it has very small coupling constant (a small coupling constant leads to larger duration of evolution which in turn makes the result more error prone).

In terms of unitary operator the delays (\( \frac{1}{J_{13}} \) or \( \frac{1}{J_{23}} \)) can be written as below. For example, let us take the 2nd experiment (\( \frac{1}{J_{13}} \)),

\[
U_2 = e^{-i(H_{cs} + H_j) \cdot \frac{1}{J_{13}}},
\]

where, \( H_{cs} \) and \( H_j \) denoting Hamiltonian due to chemical shifts and J-couplings.

\[
H_{cs} = \sum_{i=1}^{3} \nu_i I^i_z; \quad H_j = \sum_{i=1}^{3} \sum_{i \neq j}^{3} 2\pi J_{ij} I^i_z I^j_z.
\]

A combination of pulses and delays can also be seen as a required tomographic experiments. A pulse can be easily be written as a unitary transformation as shown in detail in previous appendix. For example, we can take the experiment named 60_90 (experiment no. 5). The unitary operator for this pulse can be written as,

\[
U_5 = e^{-i(\theta_1 + \theta_2 + \theta_3)}.
\]

We need to apply this unitary operator one by one on the primitive density matrix (B. 1). By doing individual integration on each of the transition (12 transition for each
Appendix B. Density Matrix tomography for a three spin-1/2 homonuclear system

experiment) and taking the imaginary values as well, we can get a total 312 linearly dependent equations. These equations can be solved by singular value decomposition (SVD) method and all the 63 unknowns can be find out.
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