Successful subtotal orbitectomy in a cat with osteoma

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Abstract
Case summary A 14-year-old Siamese neutered male cat was evaluated for anorexia and a left periorbital mass. Skull radiographic findings showed a well-defined lesion resembling new compact bone formation without destruction. A subtotal orbitectomy was indicated. The tumor was removed intact with a normal tissue margin of at least 1 cm. There were no postsurgical complications. Histopathologic examination revealed an osteoma. The cat returned to normal appetite and activity 15 days after surgery. Six months after surgery, there were no gross signs of recurrence.

Relevance and novel information Periorbital tumors are infrequently diagnosed in companion animals and most are malignant. In this case, the diagnosis was orbital osteoma. The most commonly affected bone for osteoma in cats is the mandibular bone; few cases have been identified in orbital bones. Orbital surgery has the potential to be challenging owing to complex anatomy, difficult exposure and the tendency to bleed. Surgical complications are common. In this case, although the disease was advanced, subtotal orbitectomy was successfully performed.

Accepted: 11 October 2015

Introduction
Periorbital tumors are infrequently diagnosed in companion animals and most are malignant.¹–⁶ Diagnosis is based on clinical signs, radiographic features and histological diagnosis. Orbital surgery has the potential to be challenging owing to complex anatomy, difficult exposure and a tendency to bleed.⁶ Surgical complications are common.

The aim of this study is to report a successful subtotal orbitectomy in a cat with orbital osteoma.

Case description
A 14-year-old Siamese neutered male cat was evaluated for anorexia and a left periorbital mass. The mass had a bony consistency on palpation (Figure 1). The left eye could not be visualized. A complete blood count (CBC) and serum chemistry profile were performed. The results from the CBC did not reveal any abnormality, and the only abnormal value on the biochemical panel was a mildly elevated creatinine level (2.5 mg/dl; reference interval 0.9–1.8 mg/dl). Skull radiographic findings showed a well-defined lesion resembling new compact bone formation without destruction (Figure 2). In thoracic radiographs, there was no evidence of metastatic disease. Computed tomography was not performed owing to financial issues.

A subtotal orbitectomy was indicated. The cat was premedicated intramuscularly with acepromazine (0.03 mg/kg) and methadone (0.2 mg/kg) by subcutaneous injection 15 mins prior to induction. Anesthesia was induced with propofol (4 mg/kg) by intravenous injection and maintained with isoflurane. Methadone was given intramuscularly q6h for 24 h.

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The cat was positioned in ventral recumbency. The tumor was removed intact and surrounded by at least a 1 cm margin of normal tissue. It was a circular, well-defined mineral mass measuring 3.2 cm in diameter at the rostral aspect of the left orbit. An osteotomy of frontal bone combined with an osteotomy of maxilla and zygomatic bone were performed using an osteotome and mallet. Bony margins of the orbit were removed en bloc with the eye and structures within the orbit. Craniectomy was not necessary. The tumor did not extend into the oral cavity. The surgical defect was closed by two single-pedicle advancement flaps (dorsum of head and cheek) and apposition of subcutaneous tissues and skin. There were no postsurgical complications.

Histopathologic examination revealed an osteoma. Microscopically, the lump was ovoid and well-delineated from surrounding dermal connective tissue. The lesion was composed of numerous trabeculae consisting of both woven and lamellar bone, osteocytes of normal appearance being present in lacunae within the osseous matrix. Clear surgical margins were seen on all sections examined.

Amoxicillin (Amoxicilin; Medley) 15 mg/kg orally q12h for 10 days; dipyrone 25 mg/kg orally q12h for 3 days; and tramadol (Dorless V; Agener) 2 mg/kg orally q12h for 7 days, were prescribed, and an Elizabethan collar was recommended. One week after surgery, the creatinine level was the same as before treatment. The
cat returned to normal appetite and normal activity 15 days after surgery. Six months after surgery, there were no gross signs of recurrence.

**Discussion**

Six percent of all primary bone tumors commonly affect the skull of dogs and cats. They develop from intramembranous bone. Most are malignant. Sarcomas are the most common periocular tumor in companion animals. In this case, diagnosis was osteoma. Few cases of osteoma have been described in cats and they are rarely identified in the orbit. The most commonly affected bone is the mandible.

Diagnosis for orbital osteoma is based on clinical signs (usually not painful on palpation), radiographic features (well-circumscribed, dense bony projections) and histological diagnosis (similar to reactive bone). The cat did not show pain of palpation, but it was anorexic. It is possible that the osteoma was causing discomfort while eating. Fifty days after surgery, appetite became normal.

Radiographic features were the same as reported in the literature. Orbital osteoma is a well-circumscribed, dense bony projection. It is a compact bone formation without destruction and with continuous growth at a slow rate.

Orbitectomy is a painful surgical procedure. Effective pain management generally involves a balanced or multimodal strategy using several classes of pain-modifying medications. Opioids are the most effective drug class for managing acute pain. The cat received injectable tramadol postoperatively. Tramadol produces good postoperative analgesia in cats. A fentanyl patch was the better option for this case; however, it was not available to be used in this cat. Fentanyl patches provide long-lasting analgesia and can be placed prior to surgery in order to be effective postoperatively. The majority of conditions that cause pain have an inflammatory component. Non-steroidal anti-inflammatory drugs (NSAIDs) are a mainstay for the management of chronic pain, as well as for perioperative use. NSAIDs are avoided in cats with renal dysfunction because an important side effect associated with NSAIDs is nephrotoxicity. The cat had a mildly elevated creatinine level, so NSAIDs were avoided.
Because animals are non-verbal and cannot self-report the presence of pain, appropriate pain management is required and includes several classes of pain-modifying medications.9

Treatment is surgical excision, which is usually curative. If the tumor remains static and asymptomatic it may be possible to consider no treatment but monitor it closely. Orbital surgery has the potential to be challenging owing to the complex anatomy, difficult exposure and a tendency to bleed.6 In this case, the osteoma was removed without difficulty and complication. The mass had clean surgical margins. Surgical complications like blindness in the contralateral eye, neurological signs, cardiopulmonary arrest, facial swelling, hemorrhage and dehiscence may develop after orbitectomy.2 In this case, no postsurgical signs were observed. The osteoma was completely removed without complications and the cat’s quality of life was subjectively better than before surgery.

Conclusions
Early intervention is recommended for cats with osteoma, as surgical excision of the mass may be curative. Advanced tumors can result in an unacceptable quality of life. Subtotal orbitectomy was a successful treatment in this case, even though the mass was advanced (3.2 cm in diameter). Surgery was curative. Orbitectomy is indicated to treat orbital osteoma in the cat.

Funding The authors received no financial support for the research, authorship, and/or publication of this article.

Conflict of interest The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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