Cytokine profiling in the sub-silicone oil fluid after vitrectomy surgeries for refractory retinal diseases

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Silicone oil (SO) is an intraocular surgical adjuvant that reduces the surgical complications in refractory retinal diseases, although membrane and cellular proliferation is often seen even in SO-filled eyes. We hypothesised that the fluid in the space between the SO and the retina, named the “sub-silicone oil fluid (SOF)”, enhances these biological responses. We proposed a safe method for SOF extraction. We also analysed inflammatory cytokine expressions and SOF osmotic pressures from eyes with rhegmatogenous retinal detachment (RRD), proliferative diabetic retinopathy (PDR), proliferative vitreoretinopathy (PVR) and macular hole-associated retinal detachment (MHRD). Interleukin (IL)-10, IL-12p40, IL-6, monocyte chemotactic protein-1, and vascular endothelial growth factor (VEGF) in the SOF with PVR were significantly higher than in those with RRD or MHRD. Fibroblast growth factor-2, IL-10, IL-12p40, IL-8, VEGF, and transforming growth factor beta 1 levels in eyes with exacerbated PDR indicated a significantly higher expression than those with simple PDR. IL-6 and tumour necrosis factor alpha in eyes with exacerbated PVR demonstrated a significantly higher expression than in those with simple PVR. However, there was no difference in SOF osmotic pressure between group of each disease. These studies indicate that disease-specific SOF is a significant reflection of disease status.

Among the robust improvements in eye surgeries, vitrectomy surgery has greatly contributed to the successful treatment of severe retinal diseases, e.g., rhegmatogenous retinal detachment (RRD), proliferative diabetic retinopathy (PDR) and proliferative vitreoretinopathy (PVR). Over the last four decades since the concept of vitrectomy surgeries was first reported1, improvement to surgical instruments as well as surgical adjuvant therapy has contributed to raise the surgical success rate associated with these retinal diseases. Silicone oil (SO) was first used as a surgical adjuvant for retinal surgery in the 1960s2 and since then large clinical studies have been performed to understand the risks and benefits of its use for retinal surgeries3–9. It has been reported that SO caused glaucoma and unexplained vision loss after SO removal10–12. In addition, sustained SO in the eye caused undesired complications such as intraretinal SO residue13 and migration of SO into the ventricles of the brain14. Therefore, understanding biological changes in SO-filled eyes is critical for the precise application of SO during surgery.

In a regular case with vitrectomy surgery that requires SO tamponade, SO is evacuated after the retina is attached or at the quiescent condition, usually several weeks to months after the primary surgery. Revision surgery is also required before the eyes reach a quiescent condition. In such cases, membrane and cellular proliferation occur even under an SO tamponade. During SO removal, there is certain amount of fluid in the space between SO and the retina in the eye. In 2004, Asaria et al.15 named the fluid “retro-oil fluid” and they studied cytokine levels from 13 eyes with PVR. While their idea was very innovative, their sample size was small and only three cytokine parameters were reviewed: fibroblast growth factor-2 (FGF-2), interleukin (IL)-6 and transforming growth factor beta 1 (TGF-β1). In the more than ten years since their first report, better and safer surgical conditions have been developed.

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instruments have been developed to extract the fluid under SO. In addition, advanced biological assays enable us to measure multiple cytokines from a tiny sample amount. In this study, we newly named the fluid under SO as “sub-silicone oil fluid (SOF)” and propose a safe method to extract SOF using currently available devices. Moreover, we examined multiple inflammatory cytokine levels and osmotic pressures not only of SOF but also of original vitreous fluid from the same eyes with representative severe retinal diseases including RD, PVR, PDR, and macular hole-associated retinal detachment (MHRD).

Results

Patient characteristics. In total, 50 SOF samples were collected in this study from which 13 vitreous fluid samples were also collected during the primary vitrectomy surgery. The primary retinal diseases were RD, PDR, PVR, and MHRD and patient characteristics are listed in Table 1.

Extraction of SOF and vitreous fluid. First, we established a safe and easy method to extract SOF. One of the greatest improvements in the recent surgical method is the advanced development of the surgical microscope: a wide-angle viewing system. In this study, we used Resight (Carl Zeiss Meditec AG, Jena, Germany) as it enables surgeons to clearly view the fundus even in SO-filled eyes. We prepared a 25 G blunt needle (30 mm length), 3-way stopcock, medical extension tube (inner diameter: 1.1 mm) and a 5-mL syringe to make the SOF extraction kit. Figure 1 shows the SOF extraction kit and the fundus image when SOF is extracted under a Resight microscope. Supplementary material 1 shows the surgical video under the surgical microscope as a surgical illumination reflexed on the SOF while it was extracted.

Inflammatory Cytokines. The major inflammatory cytokine levels analysed were FGF-2, interferon-γ (IFN-γ), IL-10, IL-12p40, IL-1β, IL-6, IL-8, monocyte chemotactic protein-1 (MCP-1), tumour necrosis factor-α (TNFα), vascular endothelial growth factor (VEGF) and transforming growth factor-β1 (TGFβ1). These cytokine levels in the SOF for each disease are listed in Table 2. Compared with RD, the SOF from eyes with PVR showed a higher expression in IL-10 (5.9-fold, \( P = 0.008 \)), IL-12p40 (5.1-fold, \( P = 0.043 \)), IL-6 (4.6-fold, \( P = 0.009 \)), and VEGF (4.9-fold, \( P = 0.040 \)). Compared with MHRD, the SOF from eyes with PVR showed a higher MCP-1 expression (3.4-fold, \( P = 0.023 \)) (Fig. 2). The amount of SOF was \( 312.1 \pm 326.7 \mu L \). The results of correlation between the amount of SOF and cytokine levels are listed in Table 3. Although \( P \) values from IFN-γ and TNFα were < 0.05, all \( r \) values were between -0.3 and 0.3, indicating that the cytokine levels were independent of the amount of SOF.

We further focused on differences in cytokine levels from eyes with the same disease but with a different clinical course. Depending on whether the eyes had a simple SO evacuation or required an additional surgical intervention, PDR and PVR were divided into a simple or exacerbated group, respectively. The differences among

| Disease     | No. of patients (male) | Age (months) | Duration of SO tamponade (months) |
|-------------|------------------------|--------------|----------------------------------|
| RRD         | 15 (13)                | 55.4 ± 19.9  | 4.1 ± 2.1                        |
| PDR         | 17 (12)                | 47.0 ± 12.0  | 4.5 ± 2.0                        |
| PVR         | 14 (10)                | 50.6 ± 25.3  | 4.0 ± 2.1                        |
| MHRD        | 4 (1)                  | 55.4 ± 19.9  | 7.0 ± 2.3                        |

Table 1. Patients’ characteristics. RRD: Rhegmatogenous retinal detachment, PDR: Proliferative diabetic retinopathy, PVR: Proliferative vitreoretinopathy, MHRD: Macular hole-associated retinal detachment.
the surgical procedures are listed in Table 4. Although there were significant differences in the duration of second surgeries between simple and exacerbated PDR as well as between simple and exacerbated PVR, there was no difference in the duration of first surgeries and the number of endolaser photocoagulation, indicating that increased cytokine levels in SOF were not simply because of the difference in the surgical procedures during the primary vitrectomy. The average cytokine levels in each group are listed in Table 5. The SOF from eyes with exacerbated PDR showed a higher expression in FGF-2 (1.8-fold, \( P = 0.018 \)), IL-10 (4.5-fold, \( P = 0.0014 \)), IL-12p40 (7.4-fold, \( P = 0.002 \)), IL-8 (2.9-fold, \( P = 0.014 \)), VEGF (4.5-fold, \( P = 0.020 \)) and TGF\( \beta \) (2.6-fold, \( P = 0.014 \)) compared with simple PDR. The SOF from eyes with exacerbated PVR showed a higher expression in IL-6 (5.4-fold, \( P = 0.003 \)) and TNF\( \alpha \) (none of the SOF samples in exacerbated PVR expressed TNF\( \alpha \), \( P = 0.003 \)) compared with simple PDR. However, there was no significant difference in MCP-1 levels between simple PDR and exacerbated PDR or simple PVR and exacerbated PVR (Fig. 3).

**Differences in the cytokine levels between vitreous fluid and SOF.** We next focused on the changes in the multiple cytokine levels from original vitreous fluid that were obtained at the primary vitrectomy surgeries to SOF. The average cytokine changes in each group are listed in Table 6. Although the numbers of samples were too small to be statistically analysed, when comparing the changes in each group, IL-12p40 levels were decreased only in the RRD, IL-6 levels were increased only in PDR, MCP-1 levels were largely reduced in RRD, TNF\( \alpha \) levels were increased only in the MHRD, VEGF levels were largely reduced in simple PDR and TGF\( \beta \) levels were increased only in MHRD.

**SOF osmotic pressure.** It is presumed that SOF is highly dense given the multiple cytokines present in a tiny amount of fluid. If so, it is possible that SOF has a high in osmotic pressure. Therefore, in this study, we measured the SOF osmotic pressure and compared it between groups. The SOF osmotic pressures were 291.9 ± 28.9, 297.0 ± 44.8 and 293.8 ± 7.6 mmol/kg in SOF with RRD, PDR and PVR, respectively and were not significantly different according to the original diseases (\( P > 0.05 \), Fig. 4a). We also examined the changes in the osmotic pressures from original vitreous fluid to SOF from the same eyes. Of the 13 eyes from which both vitreous fluid and SOF were collected, osmotic pressures were measured in 12 (Fig. 4b). The average SOF osmotic pressure in all four groups was slightly decreased compared with the average vitreous fluid osmotic pressure. In addition, regardless of the duration of SOF in the eye, changes in osmotic pressure remained small (Table 7). These indicated that the osmotic pressures of SOF were not different depending on the different diseases and that differences in the osmotic pressures of SOF did not affect the clinical outcome.

**Discussion**

In this study, we highlighted the importance of SOF in demonstrating the disease status in patients with refractory retinal diseases. Previous studies have indicated that SO enhanced peri-silicone proliferation and formation of the preretinal membrane after using SO for advanced PVR. Lambrou et al. performed an animal experiment to examine the effect of SO on retina pigment epithelial (RPE) cells that are thought to be one of the major players in inducing PVR by biologically promoting epithelial-mesenchymal transition. They suggested that vitreous cavity SO had an increased mitogenic activity for RPE cells compared to gas-filled or fluid-filled-vitreous. Asaria et al. examined TGF\( \beta \), FGF-2, and IL-6 levels in SOF (their so-called retro-oil fluid) from 13 eyes with PVR but they did not collect SOF from eyes with PDR. Nor did they measure VEGF, one of the most important cytokines in the current Ophthalmology both clinically and scientifically. Wickham et al. also reported on the biological relationship in intraocular SO between epiretinal membrane growth and macrophage infiltration. They precisely performed intraocular tissue immunostaining with markers for T- and B-lymphocytes, macrophages, and glial cells and could not conclude a direct relation between the duration of exposure to SO and the macrophage response.

We demonstrated that IL-10, IL-12p40, IL-6, VEGF levels were higher in SOF from PVR than in SOF from RRD. Cytokines participate in the Th-1 or Th-2 types of immune response, which are different pathways of...
immunological reactions, orchestrated by T-helper cells. Cytokines such as IFN-γ and IL-12 are essential in the development of Th-1 immune responses, whereas IL-4, IL-10, and IL-12p40 are of major significance in Th-2 immune responses. IL-12 plays a certain role in the pathogenesis of idiopathic lung fibrosis (IPF) by regulating the Th-1 cell action. Based on the biological studies suggesting that PVR and idiopathic lung fibrosis have many biological reactions in common, IL-12p40 possibly plays a certain role in the pathogenesis of PVR by regulating the T-helper cell action. IL-6 is one of the major pro-inflammatory cytokines, but it has also been reported to be a photoreceptor neuroprotectant in the experimental model of RD. On the other hand, IL-10 is an anti-inflammatory cytokine, but it is upregulated by IL-6. MCP-1 is correlated with IL-6 levels and the pathogenesis of PVR. We found significant increase in the IL-6 and IL-10 levels in SOF with PVR, although a previous study has demonstrated that IL-10 levels were not significantly higher in the vitreous of eyes with PVR compared with those in controls. SOF in PVR contained higher MCP-1 levels than that in MHRD. Reportedly, MCP-1 levels in the vitreous fluid are correlated with IL-6 levels and the pathogenesis of PVR.

Table 3. Correlation between the amount of SOF and cytokine levels.

|                | r       | p value |
|----------------|---------|---------|
| FGF-2          | −0.2004 | 0.1674  |
| IFNγ           | −0.2958 | 0.0391  |
| IL-10          | −0.0729 | 0.6184  |
| IL-12p40       | −0.2311 | 0.1101  |
| IL-13          | −0.1301 | 0.3730  |
| IL-6           | −0.1635 | 0.2616  |
| IL-8           | 0.2562  | 0.0756  |
| MCP-1          | −0.0771 | 0.5987  |
| TNFα           | 0.2933  | 0.0408  |
| VEGF           | −0.2580 | 0.0735  |
| TGFβ1          | 0.0581  | 0.7020  |

Table 4. Surgical procedures of PDR and PVR. PDR: Proliferative diabetic retinopathy, PVR: Proliferative vitreoretinopathy.
β-exacerbated PVR demonstrated significantly higher FGF-2 and TGF-β levels than simple PVR, SOF with exacerbated PDR but not PVR. When dividing two major proliferative retinal diseases into simple and exacerbated cases, SOF with exacerbated PDR but not PVR demonstrated significantly higher FGF-2 and TGF-β levels than simple cases. FGF is related to wound-healing response in PVR, and TGF-β and FGF play crucial cooperative roles in fibrosis. Our results suggested that FGF-2 and TGF-β accumulate greatly in SOF even in the simple cases of PVR.

Another notable result from this study was that osmotic pressure of the SOF did not significantly differ between the diseases nor did it differ from the osmotic pressure of the original vitreous fluid obtained from the same eyes. For reference, human blood serum is approximately 290 mOsm/kg. The osmotic pressures of the culture mediums that we often use for in vitro assay, i.e., Dulbecco’s Modified Eagle’s Medium, Ham’s F-12, and RPMI-1640 are approximately 326–360, 282–312, and 264–292 mOsm/kg, respectively. Our study revealed that regardless of the duration of SO tamponade and original disease, osmotic SOF pressure was within the same range as human serum or culture medium, and the osmotic pressure of SOF is not relevant with the retinal toxicity.

Another important issue was the large SD in cytokine levels. Even after we collected >10 SOF samples from each of the major retinal diseases, SDs were still large. There might be several important factors that determine cytokine levels either inside the operated eye or the whole body. To overcome this problem, we collected both the vitreous fluid and SOF from the same eyes. We imagined that examining the changes in cytokine levels from the vitreous fluid to SOF in the same eye more accurately reflects the changes in the pathological condition in the treated eyes. Unfortunately, we could collect both the vitreous fluid and SOF from only small number of patients. The statistical analyses of the changes in cytokine levels from the vitreous fluid to SOF of larger number of samples will enable us to evaluate biological change more accurately.

Unfortunately, we could not perfectly understand why specific cytokines were high or low in specific diseases. For instance, it would be easy to assume that VEGF in the SOF from eyes with severe PDR would be higher than that for other diseases because the angiogenic importance of VEGF in many ocular diseases has been established. The same applies for a higher TGFβ3 expression in severe PVR. Therefore, examining the expression levels of these cytokines in SOF has a benefit of strongly predicting further clinical courses. On the other hand, little is known about the biological importance of some of the other cytokines such as IL-8 and IL-12p40 for ocular diseases. Further investigation is definitely required to understand these parameters. To promote the biological study of these cytokines, it is very important to establish easy methods to obtain SOF. In this study, we proposed a safe and easy method to extract SOF. Accumulating knowledge from SOF studies in multiple facilities will accelerate elucidating important biological information to predict clinical course after SO adjuvant application.

### Table 5. Cytokine levels in SOF.

| Cytokine | Simple PDR | Exacerbated PDR | Simple PVR | Exacerbated PVR |
|----------|------------|-----------------|------------|-----------------|
| GGF-2 (pg/mL) | 27.8 ± 58.5 | 51.1 ± 48.3 | 17.8 ± 9.5 | 48.6 ± 34.6 |
| TNFβ1 (pg/mL) | 0 ± 0 | 5.6 ± 14.9 | 0 ± 0 | 2.1 ± 3.8 |
| IL-10 (pg/mL) | 2.8 ± 3.9 | 12.5 ± 6.8 | 7.5 ± 8.1 | 15.7 ± 10.1 |
| IL-12p40 (pg/mL) | 2.1 ± 4.6 | 15.6 ± 9.8 | 7.2 ± 4.7 | 19.6 ± 22.0 |
| IL-13 (pg/mL) | 1.4 ± 4.3 | 1.8 ± 4.7 | 0 ± 0 | 0 ± 0 |
| IL-6 (pg/mL) | 213.6 ± 423.5 | 467.0 ± 648.5 | 125.3 ± 72.6 | 676.3 ± 872.4 |
| IL-8 (pg/mL) | 44.8 ± 28.0 | 128.7 ± 139.1 | 88.2 ± 54.8 | 78.5 ± 29.9 |
| MCP-1 (pg/mL) | 5308.8 ± 2634.9 | 8615.7 ± 3204.1 | 8339.8 ± 3143.2 | 14820.0 ± 9231.6 |
| TNFα (pg/mL) | 0.3 ± 1.0 | 1.8 ± 3.0 | 2.4 ± 3.5 | 0 ± 0 |
| VEGF (pg/mL) | 52.1 ± 61.6 | 232.3 ± 275.3 | 87.4 ± 83.2 | 208.5 ± 275.3 |
| TGFβ1 (pg/mL) | 86.6 ± 99.9 | 224.2 ± 118.2 | 192.6 ± 135.3 | 225.3 ± 119.2 |

PDR: Proliferative diabetic retinopathy, PVR: Proliferative vitreoretinopathy.
Methods

Sample collection and patient diseases. In this study, SOF and vitreous fluid were collected from the eyes of patients with RRD, PDR, PVR and MHRD. The group with PDR and PVR were then divided into two groups: simple PDR and simple PVR were classified as eyes in which SO evacuation surgeries were simple, without any additional procedures, and no unexpected medical complications such as re-proliferation of the fibrotic.
membrane or vitreous haemorrhage. Exacerbated PDR and exacerbated PVR were classified as eyes in which additional procedures were required, such as membrane removal, further revision vitrectomy surgery or disease recurrence before or after SO removal. The present study adhered to the guidelines of the Declaration of Helsinki and was approved by the Nagoya University Hospital Ethics Review Board. Written informed consent was obtained from all included patients.

Extraction of SOF and vitreous fluid. All vitreous samples were collected by dry vitrectomy at the beginning of vitrectomy surgery using a vitrectomy cutter before infusion initiation. All samples were immediately stored at −80 °C until use.

Measurement of inflammatory cytokines. SOF and vitreous fluid were frozen and thawed only once before performing the MILLIPLEX MAP Human Cytokine/Chemokine Panel (Merck Millipore, Billerica, MA), a bead-based multiplex immunoassay which allows the simultaneous quantification of the following human cytokines: FGF-2, IFN-γ, IL-10, IL-12p40, IL-1β, IL-6, IL-8, MCP-1, TNFα, and VEGF. Quantikine ELISA for human TGFβ1 (R&D Systems, Minneapolis, MN) was used to measure TGFβ1 following the manufacturer’s instruction. The values under detection sensitivity were defined as “0” in the statistical analyses.

Measurement of osmotic pressure. A 10 mL sample of SOF or vitreous fluid was prepared for the osmotic measurement. The osmotic pressure of the sample was measured by a vapor pressure osmometer (Wescor VAPro Model 5600, Wescor, Logan, UT, USA) following the manufacturer’s instructions.

Statistics. Data were expressed as means ± standard deviation (SD; n = number of samples). In cases where one patient received treatment for both right and left eyes, each eye was counted individually (n = 2). Cytokine levels in multiple groups were analysed by the Kruskal–Wallis test and if significance was detected (P < 0.05), a Scheffe test was applied. Data from simple vs. exacerbated PDR and PVR were analysed by the Mann–Whitney U test. The correlation between the amount of SOF and cytokine levels were analysed by Spearman’s rank correlation. P values < 0.05 were considered statistically significant.
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**Author Contributions**

H.K. wrote the main manuscript and prepared the figures. H.K., K.T., T.A., Y.I., T.T., T.I., S.U., N.N., S.Y., A.S., H.S. and H.T. acquired the data. H.K., K.T., Y.I., T.I., Y.F., S.U., R.K., S.J.H., and H.T. analysed and interpreted the data and made critical revisions. All authors read and approved the final manuscript.

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