Nonvolatile Electric Control of Exciton Complexes in Monolayer MoSe\textsubscript{2} with Two-Dimensional Ferroelectric CuInP\textsubscript{2}S\textsubscript{6}

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ABSTRACT: Monolayer transition-metal dichalcogenides (TMDs) have provided a platform to investigate the excitonic states at the two-dimensional (2D) limit. The inherent properties of excitons in TMDs, such as the photoluminescence quantum yield, the charge states, and even the binding energy, can be effectively controlled via electrostatic gating, selective carrier doping, or substrate dielectric engineering. Here, aiming for the nonvolatile electrical tunability of excitonic states and thereby the optical property of TMDs, we demonstrate a 2D ferroelectric heterostructure with monolayer MoSe\textsubscript{2} and ultrathin CuInP\textsubscript{2}S\textsubscript{6} (CIPS). In the heterostructure, the electric polarization of CIPS results in continuous, global, and large electronic modulation in monolayer MoSe\textsubscript{2}. With the saturated ferroelectric polarization of CIPS, electron-doped or hole-doped MoSe\textsubscript{2} is realized in a single device. The carrier density tunability in the heterostructure is as high as 5 x 10\textsuperscript{12} cm\textsuperscript{-2}, which is diagnostically controlled via electrostatic gating, selective carrier doping or applying the electrostatic field effect with conventional dielectrics. For example, selectively introducing defects or dopants in monolayer TMDs leads to the formation of a p–n junction.\textsuperscript{16–19} Incorporating the field-effect transistor (FET) device, n-type or p-type monolayer TMDs are realized via electrical gating.\textsuperscript{19–21} However, the chemical method inevitably brings disorder effect which enhances the carrier scattering and thereby leads to the decreased conductivity and spectral broadening in TMDs, while the FET structure requires application of the gate voltage to maintain the doping which fails to meet the standard of a low-power consumption device. A disorder-free and nonvolatile scheme is anticipated to overcome the challenges.

INTRODUCTION

Monolayer transition-metal dichalcogenides (TMDs) have attracted extensive investigations on band structure engineering,\textsuperscript{1–3} strong interactions between the electron and holes,\textsuperscript{4–8} and the valley degree of freedom.\textsuperscript{9–11} Among the advancements achieved, tuning the electronic structure is one of the most attractive issues due to their nature as a new class of two-dimensional (2D) direct band gap semiconductors.\textsuperscript{12–15} In general, it can be realized either through chemical doping or applying the electrostatic field effect with conventional dielectrics. For example, selectively introducing defects or dopants in monolayer TMDs leads to the formation of a p–n junction.\textsuperscript{16–19} Incorporating the field-effect transistor (FET) device, n-type or p-type monolayer TMDs are realized via electrical gating.\textsuperscript{19–21} However, the chemical method inevitably brings disorder effect which enhances the carrier scattering and thereby leads to the decreased conductivity and spectral broadening in TMDs, while the FET structure requires application of the gate voltage to maintain the doping which fails to meet the standard of a low-power consumption device. A disorder-free and nonvolatile scheme is anticipated to overcome the challenges.

Very recently, some new ways based on bulk perovskite ferroelectrics, including lead zirconate titanate (PZT), P(VDF-TrFE), and lithium niobite, have been utilized to modulate the light emission in 2D TMDs.\textsuperscript{22–28} In these systems, the emission of TMDs can be controlled by the predefined ferroelectric domains with opposite polarizations, which were achieved through strain engineering and tip-enhanced local electric field. Even so, as the key step for device applications, the continuous and global ferroelectric tuning of emission in TMDs has not yet been reported. One underlying origin is the high poling voltage required in conventional ferroelectrics because of their nature as large band gap insulators with a relatively large film thickness.\textsuperscript{29} Moreover, for oxide perovskite ferroelectrics, the perfect Coulomb screening of electric polarization at the interface relies on rigorous lattice matching, which is difficult to realize when coupling with monolayer TMDs.\textsuperscript{30,31} As a result, the ferroelectric modulation ability is limited in this type of quasi-2D heterostructures.

Here, to resolve the above problems, we demonstrate the nonvolatile electric doping effect by constructing a device based on monolayer MoSe\textsubscript{2} and 2D ferroelectric CuInP\textsubscript{2}S\textsubscript{6} (CIPS). In this device, a retentive electrostatic field is introduced from the ferroelectric layer without direct coupling between the sample and the dielectric substrate. The device is fabricated via the mechanical stacking method, showing that the spontaneous polarization of CIPS can provide a strong positive and negative electric field, which can induce...
Controllable excitonic states between n-type and p-type emissions from the photoluminescence (PL) spectra. High quality of the emission spectra is also demonstrated after 3 months. We have also studied the physics of exciton and trion PL peaks at low temperature to a high doping level, in which the long tail from the three-body recoil effect is observed. The doping capability of the device is estimated to be as high as $5 \times 10^{12}$ cm$^{-2}$. Our results provide a new strategy for developing practical 2D ferroelectric heterostructure-based optoelectronics.

**RESULTS AND DISCUSSION**

The 2D ferroelectric device is depicted in Figure 1a, in which the CIPS ultrathin flake is sandwiched by the top monolayer MoSe$_2$ and the bottom Au electrode. In CIPS, the sulfur atoms are covalently interconnected to form a frame and the Cu, In, P, and Se atoms are covalently bonded to the frame. The red arrows indicate the direction of the spontaneous polarization. The zoomed area shows the crystal structure of ferroelectric CIPS. (b) PFM phase of CIPS flakes in the OOP direction; the inset shows the PFM phase along the white arrow. (c) Ferroelectric hysteresis loop and the band energy of MoSe$_2$ at the corresponding polarization state. The blue and red arrows indicate the polarization directions of CIPS. The up (down) polarization state of CIPS provides negative (positive) screening charges for MoSe$_2$, which induces n (p)-type doping. The Fermi energy shift is shown in the diagram.

Figure 1. Device concept of 2D ferroelectric doping. (a) 3D schematic diagram of the ferroelectric heterostructure. The red arrows indicate the ferroelectric polarization. The zoomed area shows the crystal structure of ferroelectric CIPS. (b) PFM phase of CIPS flakes in the OOP direction; the inset shows the PFM phase along the white arrow. (c) Ferroelectric hysteresis loop and the band energy of MoSe$_2$ at the corresponding polarization state. The blue and red arrows indicate the polarization directions of CIPS. The up (down) polarization state of CIPS provides negative (positive) screening charges for MoSe$_2$, which induces n (p)-type doping. The Fermi energy shift is shown in the diagram.

Figure 2. Nonvolatile electric modulation on excitonic states. (a) Optical image and (b) AFM topography of Device 1#. Monolayer MoSe$_2$, few-layer CIPS, and electrodes are indicated by red, black, and purple dashed frames, respectively. The thinnest area of CIPS in the device is 5 nm. The thickness for monolayer MoSe$_2$ is determined to be 0.9 nm. The scale bar is 3 μm. (c) PL spectra of MoSe$_2$ as the pulsed polarization voltage changes from $-5$ to $+3$ V and (d) backward at 7 K. (e) PL spectrum of bare monolayer MoSe$_2$ (green line) and device 1# after $-5$ V (red line) and $+3$ V (blue line) pulsed polarization at 7 K. (f) The PL intensity ratio of $(X_0/X^-)$ depends on the pulsed polarization voltage variation.
Figure 3. Ferroelectric domain imaging by PL mapping and nonvolatility of ferroelectric CIPS. (a) 3D schematic diagram of the experiment configuration for ferroelectric domain writing. (b) PFM phase image of CIPS with opposite polarization (upward in the box and downward outside the box) written by the PFM tip. (c) Integral PL intensity mapping of MoSe₂ in the same region at 300 K. The low-intensity square corresponds to the upward polarization region of CIPS. (d) PL spectra of upward (blue line) and downward (red line) areas at 300 and (e) 7 K right after PFM writing. (f) PL spectra of upward (blue line) and downward (red line) areas at 7 K 3 months after PFM writing.

and P–P pair atoms fill in the sulfur cages with a triangular pattern, respectively. The out-of-plane (OOP) ferroelectricity of CIPS originates from the Cu ion skewing off the inversion symmetry center in each single layer. The polarization in CIPS can be controlled by the bias across the sample. When the bias is applied, the upper and lower surfaces may accumulate opposite charges, which can then influence the carrier doping in monolayer MoSe₂. This equivalently induces carrier doping in monolayer MoSe₂ from the screening effect.

First, we confirm the ferroelectricity of CIPS by performing the piezoresponse force microscopy (PFM) test on CIPS thin flakes (~30 nm) at ambient conditions (see Figure 1b). The phase contrast of 180° between the adjacent domains indicates the antiparallel alignment of the OOP electric polarizations. Moreover, by comparing the atomic force microscopy (AFM) measurement and the PFM amplitude image of the same area (see Figure S1), no obvious correlation between the ferroelectric domain structures and the morphologies is observed, indicative of clear ferroelectric CIPS. According to the sample thickness and polarization flipping voltage (see Figure S1), the coercive field of CIPS is about 670 kV/cm.

Next, we show the mechanism of 2D ferroelectric doping in our device. In Figure 1a, the top MoSe₂ and the bottom Au electrode not only function as an electric polarization switch but also serve as the Coulomb screening layers. The induced screening charges by the electric polarization in CIPS result in the shift of the Fermi energy level in MoSe₂. Consequently, the excitonic optical transitions at K/K’ valleys in monolayer MoSe₂ are strongly affected. With this mechanism (see Figure 1c), n-type or p-type doping in MoSe₂ can be realized by controlling the direction of the electric polarization in CIPS to be upward or downward, respectively. Furthermore, from the ferroelectric hysteresis of CIPS (see Figure S1), this type of electronic doping is nonvolatile.

We have prepared and studied 25 ferroelectric devices in total, all of which show similar behaviors. The device fabrication process is detailed in the Methods section. Figure 2 presents the results from a typical device (termed as Device 1#). This sample has a thickness of about 5 nm, as evidenced from AFM topography (Figure 2b). This thickness is slightly greater than the thickness of 4 nm required for switchable polarization in CIPS reported in ref 28; thus, the reversible ferroelectric doping in our device is feasible. We measured the PL spectrum from MoSe₂ under 7 K. This spectrum depends strongly on the electric polarization in CIPS, although during the PL measurement, the voltage is removed. In Figure 2c,d, we present the PL spectrum by scanning the voltage from −5 to +3 V and backward, respectively, which yield different behaviors due to the electric hysteresis effect of CIPS. Importantly, the peak positions in these conditions are the same as those with bare monolayer MoSe₂ (see Figure 2e, with an exciton X₀ peak at 1.66 eV and trion X² at 1.63 eV). No obvious broadening of the spectrum is observed for the three cases in Figure 2e; thus, CIPS only plays the role of carrier doping. In Figure 2f, we report the electric hysteresis effect from the intensity ratio (X₀/X⁻) of the PL spectra, which shows a perfect hysteresis curve (see Figure 2f). Since this is a room-temperature ferroelectric (with critical temperature Tc ~ 320 K), a similar curve can be observed even under ambient conditions (see Figure S2). Figure S3 shows the results of the same experiments performed by replacing CIPS with SiO₂, which is a non-ferroelectric material. No such hysteresis curve was observed, showing that the emission is indeed controlled by the electric hysteresis effect of CIPS.

Figure 2f is not the most transparent manifestation of the nonvolatile effect. To this end, in Figure 3, we study the relationship between the electric polarization and PL spectrum through domain writing in Device 3# via the PFM tip (see the structure in Figure 3a and the Methods section), which can induce the flip of polarization by a local electric field in a square region (2 μm × 2 μm). Figure 3b displays the phase image of the artificially created ferroelectric domain structure at room temperature, in which the contrast of 180° indicates the antiparallel polarization directions of the two adjacent...
domains. After that, we immediately measured the PL mapping in the same region, which is given in Figure 3c, showing that the two regions with antiparallel polarizations exhibit totally different spectra. At room temperature, a broad peak is observed (see Figure 3d); however, at low temperature, the two peaks ($X^0$ and $X^+$) can be clearly distinguished in these two regimes (see Figure 3e). This electric polarization can persist for an extraordinary time. In Figure 3f, we present the results of the same experiments for the same sample after 3 months, which yields almost the same PL spectrum. This result demonstrates the nonvolatile electric controllability of the exciton state in monolayer MoSe$_2$ by 2D CIPS.

In addition to the featured nonvolatility, we demonstrate the remarkable gating efficiency of our heterostructure device. With the same ferroelectric device structure, the electrical polarization method is changed from the pulse mode to the continuous-voltage mode (or the DC voltage mode). Figure 4a shows the PL mapping from Device 4# by changing the DC voltage from $-4$ to $3$ V at $7$ K. Differing from the results from Device 1#, except for the $X^0$ PL peak, the photon emissions from $X^+$ and $X^-$ states can be distinguished. For hole and electron trions in monolayer MoSe$_2$, due to the same binding energy and similar effective mass values, there are no observable spectroscopic differences such as the peak position or lineshape in the PL spectrum. Here, the assignment of the PL peaks to $X^+$ and $X^-$ is based on the doping process of the ferroelectric device as discussed and verified previously. In the PL mapping, clear $X^0$ emissions are observed within the doping process of the ferroelectric device, and the different types of doping from the CIPS thin layer lead to the formation of $X^+$ or $X^-$, respectively. The observation of hole trions in monolayer MoSe$_2$ under a negative poling voltage indicates the change of its electronic structure from n-type to p-type, which suggests the ultra-high electrostatic doping efficiency of our device if compared with that of the conventional oxide dielectrics-based gating method. The remarkable gating ability is attributed to the saturated electric polarizations of CIPS under continuous voltage polarization. To further confirm the n-type or p-type doping in monolayer MoSe$_2$ by the electric polarization of CIPS, we fabricated a CIPS/MoSe$_2$ FET and observed a similar doping behavior, as shown in Figure S5.

This setup enables us to observe the asymmetry of the $X^+$/ $X^-$ spectra away from the Lorentz lineshape, probably from the absence of disorder during charge doping. As shown in Figure 4b,c, under $-4$ and $+3$ V poling, both the $X^+$ and $X^-$ PL peaks are asymmetric with long tails at the low-energy side. The observed broad lineshapes are due to the charge recoil effect stemming from the three-particle nature of trions. Unlike the radiative recombination of neutral excitons, which occurs only at the Brillouin zone center, excited trions can radiatively decay with a non-zero momentum by kicking out an electron or hole. The schematic for the charge recoil effect is shown in Figure S4. With the energy and momentum conservation, the emitted photon energy from the recombination of trions is given by $\hbar \omega_T = E_{0,\text{trion}} - \frac{M_e}{M_e + M_h} E_{KE}$, where $E_{0,\text{trion}}$ is the zero-momentum trion energy, $M_X$ is the exciton mass, $M_e$ is the effective electron (hole) mass, and $E_{KE}$ is the electron (hole) kinetic energy. We fitted the low-energy PL tail with an exponential function and extracted the tail length as a function of the DC poling voltage, as shown in Figure 4d. The dependence of the tail length with the DC bias originates from the shift of $E_F$ and the thermal excitation of charge carriers. For the latter contribution, it follows the Boltzmann distribution. Therefore, by fixing the $E_F$ with a DC poling voltage of $+3$ V, we found that the tail length of the $X^-$ PL peak increased from 10 to 30 meV as the temperature changed from 7 to 180 K (Figure 4e). We also performed an excitation power dependence study at DC $+3$ V poling in Figure 4f. The tail length is almost the same
as the laser power varies from 1 to 100 μW. This characteristic behavior, which is independent of the laser power but relies on temperature, helps us to exclude the origin of the observed long low-energy tail from the PL spectrum of defects and the many-body collision.

Then, it is natural to ask how many electrons or holes can be doped in this type of 2D ferroelectric heterostructure. In the device, the doped carriers are realized from the screening effect, which is the same as the carrier density at the surface of CIPS. To perform an accurate estimation of the doping capability for ferroelectric CIPS, the screening effect in the 2D ferroelectric heterostructure should be maximized. For graphene, its semi-metallic nature certainly provides a better screen effect for the CIPS surface charges than that for semiconducting monolayer MoSe2. For this reason, we replace MoSe2 with single-layer graphene. This platform has the advantage that the Fermi energy is directly given by $E_F = -\text{sgn}(n)\hbar v_F\sqrt{|n|}$, where $v_F \sim 10^6$ m/s is the Fermi velocity and $n$ is the surface charge density. Therefore, the probe on the $E_F$ of graphene allows the estimation of the charge density $n$, whose amount is equal to the induced carrier doping density in the ferroelectric device. The $E_F$ of graphene can be measured through the Raman spectrum as the change in the doping level results in stiffening or softening of the G band phonons.\(^{34-36}\) As shown in Figure 5a, the G mode peak shifts with the varying poling voltages at 7 K. We summarized the G mode frequency $\omega_k$ as a function of the poling voltage (Figure 5b), from which we conclude that $n = 0$ under a +2 V voltage modulation. According to previous study, the carrier density $n$ of graphene follows $\omega_k$ according to

$$\omega_k = \omega_k^0 + \lambda \hbar v_F \sqrt{|n|}$$

where $\lambda = 0.047$ from our best fitting. The correspondence between the charge density $n$ and poling voltage is shown in Figure 5c. We found that the ferroelectric CIPS layer can induce a carrier doping density as high as $5 \times 10^{12}$ cm$^{-2}$ in the heterostructure device, from which we estimate the change in the Fermi energy $E_F$ at about 0.38 eV. This carrier density doping is comparable with that obtained using the conventional doping based on the contact dielectric substrate.\(^{37}\)

Importantly, it is necessary to point out that the new method can in principle induce a much higher carrier density at $\sim 10^{13}$ cm$^{-2}$ with an improved sample quality.\(^{38}\) Moreover, the doping capability of this heterostructure may be further enhanced by replacing CIPS with some other 2D ferroelectric materials, such as $\alpha$-In$_2$Se$_3$.\(^{39}\) For this reason, this system may provide a possible way to realize physics in the high density limit, in which the many-body effect is dominated.

## CONCLUSIONS

In summary, we have presented a 2D ferroelectric heterostructure device that is capable of continuously tuning the optical property of monolayer MoSe2 with electrical non-volatility. Such a retentive electrostatic gating effect originates from the OOP electric polarization in 2D ferroelectric CIPS. To our knowledge, the clear charge carrier recoil effect for both electron and hole trions is observed in a single device for the first time. Our results provide a route to develop novel functional nanoelectronic devices with van der Waals materials as well as a method to explore emergent physical properties with 2D ferroelectrics.

## METHODS

### Sample Preparation and Device Fabrication

Bulk single-crystal CIPS in this study was purchased from HQ Graphene, Inc. Bulk single-crystal MoSe2 was synthesized by the chemical vapor transportation method. Mixed molybdenum (99.99%) and selenium powder (99.99%) with a 1:3 atomic ratio were sealed in a quartz tube under vacuum conditions ($\sim 10^{-5}$ Torr). The vacuum-sealed quartz tube was then placed in a two-zone electrical tube furnace. The growth temperature was set to be around 1080 °C with a slow heating process for a time duration of 48 h. The high-temperature growth was kept for 1 week. After the growth, it was then slowly cooled down to room temperature in 1 week. Ultrathin CIPS and monolayer MoSe2 were obtained by mechanical exfoliation on polydimethylsiloxane (PDMS, Gel-Pak, WF-60-X4). Few-layer CIPS and monolayer MoSe2 were kept for 1 week. After the growth, it was then slowly cooled down to room temperature in 1 week.
were prepared on PDMS by the mechanical exfoliation method. Using the all-dry transfer method, a few-layer CIPS was transferred onto the surface of the pre-prepared Au electrode. Monolayer MoSe$_2$ was stacked on the CIPS thin layer in the same way. By post-stacking MoSe$_2$, two electrodes were bridged, allowing the DC or pulsed voltage to be applied to the heterostructure devices. The device electrodes were fabricated via the standard phototetching method with the deposition of 5 nm titanium and 25 nm gold via an e-beam evaporator.

**Electrical Polarization Process.** The polarizing pulse voltage was applied through a source/measure unit (Keysight Technologies B2912). The pulse duration period is 0.2 s with a width of 0.001 s. Each voltage pulse is repeated for 30 periods. The DC mode tests on Device 4# were performed with the same instrument.

**PFM Measurement.** PFM measurements were performed with AIST-SmartSPM by using a Pt–Ir-coated conducting Si tip under ambient conditions. The conductive substrates used in this study were prepared through sputtering a 30 nm thick gold film onto a Si substrate with 90 nm SiO$_2$ on the top. The PFM configuration for ferroelectric domain writing is depicted in Figure 3a. By sweeping the sample surface by applying a ~5.6 V tip bias, we flipped the polarization direction to be upward in the center with a square region (2 $\mu$m × 2 $\mu$m).

**Optical Measurements.** The PL measurement was performed via a Princeton Instruments spectrometer (IsoPlane SCT 320) with a continuous wave solid-state 532 nm laser. With a home-made microscope setup, the laser was focused to a spot with a diameter of ~2 $\mu$m. The laser intensity was kept at below 10 $\mu$W to prevent light doping or exciton generation from high-power excitation in all the measurements. When obtaining the PL spectrum, all the devices were placed in a cryogenic chamber (Montana Instruments), which is capable of tuning the sample temperature from 7 to 300 K.

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**Author Contributions**

X.M., J.F., and C.C. contributed equally to this work. H.Z. conceived the idea and supervised the research. X.M., Y.L., and J.F. prepared the samples. X.M., J.F., and C.C. fabricated the devices and carried out the transport, PFM, and Raman spectroscopy measurements of the 2D ferroelectric device. X.M., J.F., M.G., and H.Z. analyzed the data and wrote the article, and all authors commented on the manuscript.

**Notes**

The authors declare no competing financial interest.

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