Research Article

Experimental Study on Structural Form and Excavation Model of Urban Metro Cross Transfer Station with Super Large Cross Section and Shallow Excavation

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The construction of urban underground cross-interchange transfer subway stations often encounters the difficulties of shallow-buried, different surrounding rock, large spans and heights, congested road traffic, and surrounding buildings sensitive to the construction sequence. Therefore, there is a need for an underground project that controls the stability of underground space and ground subsidence. Based on the construction difficulties of a certain station (the maximum excavation area over 760 m²), this paper conducts a comprehensive selection design of the structure, construction mechanics response, and control technology of this type of interchange station structure and construction excavation. First of all, based on the design experience of large-scale underground transfer transportation engineering and taking full consideration of the stratum conditions, an “arch-wall” cross transfer structure method is proposed. The refined numerical analysis shows that the structure can fully utilize the stratum conditions to reduce the ground surface settlement. Then, in view of the stability of surrounding rock during the construction of a large section, based on the traditional large section excavation method, a construction method of “cross rock beam + heading method” was proposed. In order to verify the effect of the construction method, the three-dimensional detailed numerical model was used to simulate the construction conditions, and the mechanical response characteristics and displacement changes of surrounding rock under each excavation step are explored. Simultaneously interpreting with the traditional large section excavation method, the results show that the new method has advantages in controlling the stability of the surrounding rock. Meanwhile, in order to ensure the safe construction of the project, the self-developed multifunctional engineering test system for traffic tunnels is used to carry out a large-scale physical model experiment to simulate the entire process of the “arch-wall” cross transfer structure construction response characteristics. By analyzing the data of measuring points, the results show that the structure form and the excavation method cause the ground surface settlement, stress, and structural forces meet the requirements for safe construction. Finally, the station can be safely constructed under the new structure form and construction method. Therefore, the structure form and method proposed in this paper can be adapted to the large-scale underground structure under construction in complex environments.
1. Introduction

Traffic congestion in large cities has become the norm. Transferring ground roads to underground projects is one of the effective ways to resolve the contradiction between the rapid increase in vehicle ownership and the difficult land expansion [1, 2]. Therefore, the development of rail transit and urban underground ring roads has become the primary choice for major cities to solve and improve urban transportation, to systematically solve the problem of urban spatial layout and the configuration of transportation network construction, and to fundamentally improve the current urban traffic conditions [3, 4]. With the comprehensive development of underground space and the continuous expansion of underground engineering, the problem of tunnel crossing caused by multilane transfers has gradually become the norm [5]. In addition, the form of cross tunnels is becoming more and more complicated. Cross tunnels have evolved from the cross of single holes to the complex cross of porous holes [6–8]. In general, a cross tunnel is a type of close-spaced engineering. The mechanical characteristics of the surrounding rock and supporting structure of a tunnel are closely related to its structural characteristics and crossline shape [9, 10].

Since this type of underground engineering or rock underground engineering is more sensitive to excavation construction, the overall engineering is complex and the construction is difficult; the main difficulties are as follows: (1) rail transit is generally shallow-buried, and there are complex surrounding environments such as buildings (structures) and municipal pipe networks. When the new and old structures are relatively close, the excavation of the tunnel will cause the rock and soil around the existing structure. Disturbances will cause stress redistribution of surrounding rocks, which may easily cause safety accidents such as the decline or even destruction of the bearing capacity of structures, ground subsidence, and pipe network fractures [11–13]. (2) Due to the complex relationship between rail transit transfers and rail transit sections, the mutual influence is large, which makes the design and construction difficult [14, 15]. Therefore, the tunnel excavation technology must be researched in depth to solve the problems existing in the excavation of shallow-buried tunnels with very large cross sections in order to ensure the safe construction of urban rail transit [16, 17]. (3) From the perspective of the stability of surrounding rock, due to the mutual effect of the large-span tunnel and due to the size effect of the rock structure, the magnification effect of the surrounding rock defects the influence circle and the sensitive effect of the construction sequence after the excavation of the rock mass. The traditional empirical method and engineering analogy method can no longer meet the requirements of stability of surrounding rocks and supporting structures [18].

At present, the construction of large-scale underground projects is mainly concentrated in underground powerhouse of a hydropower station, military ammunition depots, large granaries, metro stations, and 4-lane highway tunnels. Such projects are generally deep-buried tunnels [15, 19, 20]. The tunnel engineering cross section uses a variety of cross types [21, 22]: for example, the Russian cross tunnel uses a double-hole double-layer tunnel type; the Italian-Swiss highway in Milan’s two-lane cross tunnel-type runs from horizontal to parallel and cross to vertical parallel; the newly constructed east-west Tozai subway tunnel in Japan uses a line pattern similar to the four-hole twist to intersect the existing Keishin line; the first phase of the Shenzhen subway project, from the Guomao Station to the Old Street Station [23] uses left and right overlapping structure of the line; Shanghai Metro Line 2 adopts the way of crossing up and down when crossing with Line 1 [24]. The vertical clear distance between the top and bottom is about 1 m. The above projects cover the main types of cross structures for proximity projects and more difficult studies such as shallow-buried three-dimensional cross tunnels with very large cross sections.

Therefore, in this paper, a super-large section of a subway station in Chongqing city with a shallow-buried tunnel is used as the engineering background. The optimization of the three-dimensional cross structure, the deformation characteristics of surrounding rocks, the construction method of large sections, and the stress and deformation laws of surrounding rocks during the excavation are studied. The research results will accumulate experience for the design and construction of super-large-span shallow-buried urban tunnels and provide reference and technical experience for the design and construction of similar projects in the future.

2. Structural Optimization of Large-Scale Three-Dimensional Interchange Stations in Rail Transit

2.1. Analysis of Cross Structure Forms. In this paper, we study an underground transfer-station intersection with a large excavation space. The research station is a cross exchange hub for Light Rail Transit Line 3 and Subway Line 6, and it belongs to a shallow-buried underground structure with a large cross section. The ground structures above the station are complex, including Hefu Hotel and Shengtai Automobile City on the east side, North Bus Station on the west side, bus junction station, Ideal Building, and Donghe Yindu Business District. The clearance areas of sections A and B are 580.21 m² (the maximum excavation area over 760 m²) and 383.65 m², respectively. The traditional crossover design for a large section is a vault crossing (Figure 1(a)). With the two vaults at the same elevation, the large excavation span and area can lead to many problems, such as a complex overall tunnel structure, uneven distribution of arch structure stress, surrounding rock during tunnel construction that is prone to landslides, difficulty in underground engineering construction control, and additional engineering project risks. To solve the above problems, this paper proposes an arch-wall structure in the intersection, increasing the arch elevation of the large section and forming a small-clearance tunnel through the large-clearance tunnel (Figure 1).
2.2. Comparative Analysis of Three-Dimensional Cross Schemes. Three-dimensional finite element numerical simulation is carried out to analyze the structural stress and surrounding rock-response characteristics of an arch-arch and arch-wall.

2.2.1. Determination of Computational Area. Considering the impact of underground engineering excavation, the horizontal size of the finite element computational model is set at 1.5–7.5 times the tunnel lateral span. At the bottom of the tunnel, 3 times the excavation height of the station is considered, and at the top of the tunnel, the actual buried depth of the station tunnel is considered. The size of the actual numerical calculation model is 100 m × 90 m × 104 m.

2.2.2. Setting of Boundary Conditions for Finite Element Numerical Model Analysis. The upper part of the model is a free boundary; the other directions are considered as normal constraints. The initial stress is calculated only in terms of the gravity stress field due to shallow construction, and the material mechanical parameters of the model are shown in Table 1.

| No.  | Materials          | ρ (kg·m⁻³) | E (GPa) | μ   | c   | θ (°) |
|------|--------------------|------------|---------|-----|-----|-------|
| 1    | Surrounding rock   | 2,500      | 2.45    | 0.34 | 1.2 | 34.78 |
| 2    | Anchorage          | 2,500      | 2.45    | 0.30 | 1.35| 34.78 |
| 3    | Primary support    | 2,200      | 23      | 0.32 | —   | —     |
| 4    | Second lining      | 2,200      | 23      | 0.22 | —   | —     |

Twenty points on the ground surface of the tunnel are set as monitoring points, and the surface subsidence value is processed. The changing tendency of surface monitoring point subsidence is shown in Figure 2. The results show that the maximum settlement subsidence caused by excavation of the tunnel is at the top of the tunnel axis, the maximum settlement of the arch-arch structure is 14.7 mm, and the maximum settlement of the arch-wall structure is 12.0 mm. The surface sedimentation value decreased by 19.2%. As the arch-wall cross structure raises the tunnel vault, it has greater effect on both sides of the surface along the tunnel axis than the arch-arch cross structure.

The selection of the construction plan should consider the minimum ground settlement control and the reasonable stress on the tunnel structure. From the above comparative analysis, it can be known that it is reasonable and feasible to choose the “arch-wall” crossover scheme as a large-scale rail transit crossover station structure.

3. Shallow-Buried and Concealed Excavation Construction Technology for Large Section of Large Underground Station

From the standpoint of rock-mass mechanics, tunnel construction will cause strain and stress responses in surrounding rock, and the rock stress will redistribute in the process of cavern excavation and support work. Obviously, the tunnel excavation and support work not only affect the rock stress-strain but also construction safety and underground structure stability. Based on shallow, large section underground structures, and similar engineering experiences, we introduce a new excavation approach called the
cross rock beam + heading method, based on the double-side pilot heading excavation method, for a certain transfer station. This paper also proposes a proper construction plan by analyzing the ground surface settlement and the stress conditions for the above methods.

3.1. Excavation Method for Super-Large Section

3.1.1. Double-Side-Wall Heading Excavation Method. The tunnel cross section is divided into three parts for the double-side-wall heading excavation method (Figure 3(a)). Both sides are headings and the central part is core soil, which can effectively control the unwinding of the surrounding rock and ensure the tunnel-face stability. This kind of benching method is beneficial to the stability of a super-large section tunnel, but the high lane section will increase the construction excavation difficulties, and the model board trolley is higher, which is not conducive to design and for the construction excavation difficulties, and the model board large section tunnel, but the high lane section will increase of benching method is beneficial to the stability of a super-large section tunnel, but the high lane section will increase the construction excavation difficulties, and the model board trolley is higher, which is not conducive to design and operation of large machines. Therefore, it fails to ensure a predictable construction period and efficient excavation. The numbers in the figure represent the processes of excavation, temporary support and demolition, and permanent support.

From the actual situation of the large section, the main advantages of the tunnel excavation of the station tunnel with the double-side-wall heading excavation method are as follows:

1. When the left and right guide pits are used to divide the tunnel section into multiple sections by steps, the span of the excavation face can be greatly reduced, and the intermediate core soil effectively controls the relaxation of the surrounding rock of the tunnel, which better controls ground settlement deformation, effectively guaranteeing the stability of the tunnel.

2. The plan also fully considers the detailed structural design requirements of the underground station structure and reserves sufficient construction conditions and space for the structures it needs to lay out.

However, the following problems in the construction of this method cannot be ignored:

1. According to the actual situation of excavation, the overall excavation height is relatively large, reaching nearly 30 m, which is not good for controlling the safety of construction machinery;

2. After excavation of the tunnel section, the secondary lining support of the surrounding rock cannot be closed in time, which is disadvantageous for the stress control of the surrounding rock and the supporting structure;

3. In order to integrate the secondary lining support of the tunnel arch and the side wall, a formwork trolley with a height of 32 m and a width of 23 m needs to be arranged. Such a large formwork trolley has no precedent in China at present, and the overall difficulty is relatively large. The cost is relatively high.

3.1.2. Cross Rock Beam + Heading Method. The cross rock beam + heading method (Figure 3(b)) is based on the double-side-wall heading excavation method for the high excavation section. This plan adopts the benching method. It starts excavating a pilot tunnel from the four corners, and then, it removes the rock beam after the initial support and invert arch lining work, which can significantly reduce the headroom of the tunnel excavation section. The numbers in the figure represent the processes of excavation, temporary support and demolition, and permanent support.

The new method makes full use of the advantages of the double-side-wall heading excavation. By retaining horizontal rock beams in the middle of the tunnel excavation section, the two sides of the guide pit are divided into four relatively small sections and excavated separately. The excavated rock mass forms a “cross” rock beam. The main advantages of this method are as follows:

1. Make full use of the excavation section of the station tunnel section. By increasing the excavation working face, not only can the tunnel surrounding rock deformation be effectively controlled, but the construction excavation speed is also accelerated;

2. By making full use of the role of the “cross” rock beam reserved in the middle, the strength of the horizontal support is enhanced, and the overall stability of the surrounding rock of the tunnel is effectively guaranteed;

3. Due to the arrangement of the middle rock beam, the backfill of the lower guide tunnel can reduce the construction height of the secondary lining of the underground station and effectively solve the layout problem of the super-large section formwork trolley.

3.2. Numerical Simulation Analysis. In order to facilitate the calculation, the actual model needs to be reasonably simplified. In actual engineering, the role of the surrounding rock bolt support and system bolts is to enhance the integrity and bearing capacity of the surrounding rock. It can be achieved by adjusting the surrounding rock parameters in the calculation. Rod support and system anchors can no longer be considered separately. In this paper, the principle of equivalence is used to simplify the role of anchor support and system anchors in strengthening surrounding rocks. The theoretical basis is to consider the role of temporary support by increasing the cohesion and internal friction angle of the surrounding rock, but because the internal friction angle changes relatively little, only considering the increase in cohesion, the cohesion can be calculated by the following formula [25]:

\[
C = C_0 \left(1 + \frac{\eta T_{ab}}{9.8a b} \times 10^4\right),
\]

where \(C\) is the cohesion of the surrounding rock after considering the support of the anchor rod (MPa); \(C_0\) is the cohesion of the actual rock mass (MPa); \(\tau\) is the shear strength of the anchor bar (MPa); \(s_m\) is the cross-sectional area of the anchor reinforcement (m²); \(a\) and \(b\) are the
longitudinal and horizontal distances (m) of the anchor, respectively; $\eta$ is the empirical coefficient.

The relevant parameters of the other materials in the calculation model are based on the detailed survey report of the station. The main material calculation parameters are shown in Table 2.

### 3.2.1. Displacement Analysis

To analyze settlement deformation of the large section underground station using different construction procedures, we selected 13 monitoring points in the middle of the cross section above the surface of the underground station (Figure 4). The results show that the maximum ground settlements caused by the double-side-wall heading excavation method and the cross rock beam + heading method are 11.98mm and 9.81mm, respectively. The range of surface settlement caused by excavation is about 60m in the two sides of the station axis and five times the span of the transfer station. Similarly, in order to analyze the displacement of the tunnel periphery caused by different excavation methods and considering the symmetry, three positions of the left wall foot, left flank wall, and left arch foot on one side were selected as monitoring points. The analysis results are shown in Table 3.

By analyzing the cavity displacement caused by two excavation methods, we found that the vault subsidence deformation caused by the cross rock beam + heading method is smaller. Generally, the maximum level convergence of the surrounding rock appears between the tunnel arch foot and wall waist by adopting the two excavation methods, but the horizontal displacement convergence of the surrounding rock caused by the cross rock beam + heading method is smaller due to the support of the middle rock beam.

### 3.2.2. Stability Analysis of Surrounding Rock

According to the contrast analysis of Figures 5 and 6, neither method caused the surrounding rock to form the failure surface; it is seen that the surrounding rock of the tunnel is stable. The maximum plastic strain is $1.43 \times 10^{-3}$ with the double-side-wall heading construction method, and it is $1.17 \times 10^{-3}$ with the divided heading construction method. Surrounding rock is more stable with the divided heading construction method because its plastic zone is smaller than that of the double-side-wall heading construction method.

### 3.2.3. Stress Analysis of Surrounding Rock

We estimate the plastic state and monitor the damages of the surrounding rock by the strength coefficient of Gauss points in Mohr–Coulomb:

$$S.M.F = \frac{\sigma_1 - \sigma_3}{2c \cdot \cos \varphi + |\sigma_1 + \sigma_3| \sin \varphi}$$

If $S.M.F \geq 1$, then the gauss point has entered the plastic state.

We can summarize the above two methods in Table 4, which presents the main stress value in key nodes of the surrounding rock. Figure 7 shows the gauss effective...
strength coefficient calculated by formula (1). This is higher for the double-side-wall method than for the cross rock beam + heading method. This means that the plastic deformation development of the double-side-wall method is more rapid than that of the cross rock beam + heading method, and the surrounding rock of the double-side-wall method is more stable. In addition to the tunnel vault location, the principal stress value of the surrounding rock with the cross rock beam + heading method is smaller than that of the double-wall pilot-heading method.

3.3. The Production of Three-Dimensional Geological Model

3.3.1. Experimental Program. In this paper, we have conducted model tests, based on engineering design and excavation, of the mechanical characteristics and deformation law of a shallow-buried large section underground tunnel. To simulate the actual excavation, cross structure, and surrounding rock deformation, we perform related research on the excavation of a cross section beside a shallow-buried large section tunnel. The test specimen measures 3.2 m × 4.0 m × 2.4 m, and the maximum value of the simulated tunnel span is 0.8 m. The basic bearing components are a frame type of steel structure (Figure 8). We installed a load cylinder, which can transfer pressure evenly to the test specimen through a force plate around the steel structure. The pressure around the specimen can be adjusted by a hydraulic system, and its maximum is 0.2 MPa.

3.3.2. Selecting Similar Materials for Surrounding Rock and Its Mechanical Parameters. The main prototype materials are grade VI surrounding rock (weathered sandy mudstone) and secondary linings. The test determined relative physical-mechanical parameters of grade VI surrounding rock based on the geological survey and Code for Design of Road Tunnel (JTG D70-20014). Taking the mixture of fine sand, land plaster, bentonite clay, and normal Portland cement 425 as similar materials for surrounding rock, the water-cement ratio is 1:7. The mechanics index ratios of prototype materials and similar material are shown in Table 5.

3.4. Model Experiment Excavation Steps. This test consisted primarily of research on the excavation method of a shallow, large section tunnel, and it adopted artificial excavation. Its top and bottom pilot headings were excavated from both sides at the same time (Figure 9).

(1) Both sides of the tunnel top- and under-headings would be excavated at the same time.

(2) Excavating core soil and rock beam and digging 10 cm each time, the excavation space between the top and bottom pilot headings is 10 cm in each ring.

(3) The cross tunnels were excavated from both sides at the same time by the full-face excavation method.

3.5. Analysis of Experimental Results. The data measurement sensor used in this experiment includes a multipoint displacement meter for measuring displacement, a pressure box for measuring the stress of the surrounding rock, and precision leveling instrument for measuring surface subsidence. The measuring points of the instruments are shown in Figure 10, where $W$ is the span of the tunnel. In order to facilitate subsequent data processing, the measurement points of different parts are numbered (Table 6).

3.5.1. Displacement Analysis of the Surrounding Rock. Layout of measuring points: SWD-b1 to SWD-b4 are multipoint displacement meters for sidewalls of the main tunnel, HD-b1 to HD-b5 are multipoint displacement meters used to monitor the hance of the main tunnel, and VD-b1 and VD-b2 are multipoint displacement meters for monitoring the displacement of the main tunnel vault. Based on the experiment data, the displacement curves of the measuring points of the main tunnel in the excavation process are obtained, as shown in Figure 11.

As seen in Figure 10, the displacement value of the surrounding rock, which is monitored by multipoint horizontal displacement meter SWD-b1 to SWD-b4 close to the left side of the main tunnel straight wall, is increasing at the second step of the excavation process, and the closer the surrounding rock to the excavation line, the larger the displacement of the surrounding rock. Before the excavation of the secondary tunnel, the displacement values of the horizontal multipoint displacement meter show a negligible change. After the excavation of the secondary tunnel, the displacement of SWD-b1 to SWD-b4, measured by the
multipoint displacement meter, increased at first, then decreased, and was finally restored to its level before the secondary tunnel excavation (SWD-b4, SWD-b1, and SWD-b3 moved about 0.25 mm, 0.78 mm, and 0.54 mm, respectively). During excavation of the main tunnel, the change of the surrounding rock displacement monitored by HD-b1 to

### Table 3: Lateral displacement of the tunnel.

| Excavation method                  | Foot of wall (mm) | Left flank wall (mm) | Left arch foot (mm) |
|------------------------------------|-------------------|----------------------|---------------------|
| Double-side-wall heading           | 6.5               | 13.2                 | 9.8                 |
| Cross rock beam + heading method   | 4.9               | 9.8                  | 7.5                 |

### Figure 5: Equivalent plastic strain: (a) double-side-wall heading constructing method; (b) cross rock beam + heading method.

### Figure 6: Plastic zone: (a) double-side-wall heading excavation method; (b) cross rock beam + heading method.

### Table 4: Principal stress of key points (kPa).

| Measure point                              | Left wall foot | Left flank wall | Left arch foot | Left arch waist | Vault          |
|--------------------------------------------|----------------|----------------|----------------|----------------|----------------|
| Double-side-wall heading excavation method | $\sigma_1$ -1,717.93 | 544.55         | 194.55         | 279.42         | 758.21         |
|                                           | $\sigma_3$ -2,670.02 | -1,447.14      | -1,066.89      | -1,060.74      | -95.19         |
| Cross rock beam + heading method           | $\sigma_1$ -1,208.40 | 157.54         | 132.31         | 175.28         | 291.57         |
|                                           | $\sigma_3$ -1,355.68 | -527.37        | -755.94        | -354.49        | -375.30        |
HD-b5 was very small. After excavation of the secondary tunnel, the displacement monitored by HD-b1 to HD-b5 increased and then decreased, and finally, the displacement was consistent with that before the excavation of the branch tunnel. Moreover, the surrounding rock displacement measured by VD-b1 and VD-b2 gradually increased during the excavation of the main and secondary tunnels, but the displacement change was smaller than before with the excavation of the secondary tunnel.

3.5.2. Stress Analysis for the Surrounding Rock.

Arrangement of measuring points: SWS-b1 to SWS-b5 are stress meters of the surrounding rock of the main tunnel.
sidewall, HS-b1 to HS-b5 are stress meters of the surrounding rock of the main tunnel hance, and VS-b1 to VS-b3 are stress meters of the surrounding rock of the main tunnel vault. IS-b1 to IS-b3 are stress meters of surrounding rock of the main tunnel invert. The stress curves of different measuring points that varied with the excavation process are given by analyzing experiment data, as shown in Figure 12.

Results of the stress test of the surrounding rock and model experiment:

Figure 9: Model test excavation process: (a) step 1: four pilot headings when excavating the main tunnel for the first time; (b) step 4: excavating core soil and rock beam of the main tunnel for the second time; (c) step 6: excavating core soil and rock beam of the main tunnel for the third time; (d) step 9: secondary lining; (e) step 10: surface injecting; (f) step 14: fourth full-face excavation of the accessorl cross tunnel.
The surrounding rock stress is gradually reduced with the excavation progress of the main tunnel, showing that the tunnel excavation will cause the redistribution of surrounding rock and the stress relief of local layer.

(2) As seen in the model test results, the stress of surrounding rock of the main tunnel increases and tends to be stable after the excavation of the crossed secondary tunnel. The stress of the second lining begins to regain stability, gradually increases after the excavation of the main tunnel, and finally tends to stabilize.

(3) Influenced by the excavated face, the overall shape of the stress-duration curve of the surrounding rock is S-shaped, and the stress changes step-by-step with the excavation. To sum up, the majority of the surrounding rock stress results are normal, which is in accordance with the actual situation.

3.5.3. Analysis of Surface Subsidence Data.

Measuring-point layout: GD-b1 to GD-b3 are just above the main tunnel ground surface, and measuring points GD-d4 and GD-d5 are on the ground surface directly above the secondary tunnel. According to the data collection and analysis, the curves of different ground surface subsidence with the excavation process are obtained, as shown in Figure 13.

As seen in Figure 13, the settlement of measuring points GD-b1 to GD-b3 are quite small, but it gradually increases with the excavation of the secondary tunnel. When excavating the main tunnel, the settlement of measuring points GD-d4 and GD-d5 is quite small, but it gradually increases with the excavation of the secondary tunnel. Due to the influence of the distance from the tunnel face to the test section, the curves of the surface subsidence are basically consistent with the predicted.
“S” curves, which is consistent with the trend of the tunnel vault sinking.

4. Conclusion

We can draw the following conclusions by studying the structure of the large underground transfer metro station, numerical simulation of the tunnel excavation method, and model methods.

(1) This paper proposes a structural form suitable for large-scale metro cross transfer stations and proposes a new construction method for the shallow-buried and concealed excavation of super-large-scale underground structures. Especially, it has wide applicability in the construction of underground excavation of supertall underground structures. At the same time, the construction method of the upper- and lower-side heading excavation method solves the safety problem of the design and excavation of the lining trolley.

(2) When the cross section forms of arch-wall intersections are adopted, the stage construction of the tunnel with cross section types B and D is carried out. Under such conditions, the B-type section plays the
main load-bearing role, which can significantly reduce the excavation area. In addition, the arch structure of the tunnel excavation section is more reasonable and explicit, and the overall project risk is easy to control.

(3) At the intersection, the underground rock formations of the tunnel arch are microweathered sandstone and mudstone, and the integrity of the rock mass is good, with no development of joint fissures. In the form of the arch-wall intersecting structure, the rock formation in the elevated position of the tunnel arch is mainly mudstone, so that the bearing capacity of the sandstone is not weakened, the excavation has little effect on the stability of the surrounding rock, and the overall condition is favorable for the self-stabilization of the tunnel cavity.

(4) For the large section shallow-buried station, when adopting the cross rock beam + heading method, the stability of the surrounding rock and the mechanical performance of the supporting structure are superior to the double-side-wall heading excavation method.

(5) The main tunnel is dug by the cross rock beam + heading method, the excavation of the cross rock beam + heading method has a great influence on the displacement of the tunnel vault, and the excava-
tion of the core soil steps causes the maximum subsidence of the surface. Therefore, these are key steps to control surface subsidence and tunnel-structure stability and safety. In the main tunnel excavation process, both side corners of the wall are in a state of compression at all times, and large surrounding rock stress can be found at the wall waist, arch foot, arch waist, and tunnel vault, mainly due to compressive stress.

(6) It is advised to adopt full-face excavation for the crossing secondary tunnel. This has a great influence upon displacement around the surrounding rock, and the settlement of the tunnel vault is the largest, but the surrounding rock displacement of the main tunnel is almost unchanged. The stress, characterized by compressive stress around the main tunnel, gradually increases with the excavation of the crossing secondary tunnel, and the absolute value of the compressive stress on the hance and arch foot is the largest. The inverted arch stress of the second lining changes from compression stress to tensile stress with excavation progress, and the compression stress value is larger.

Data Availability
The data used to support the findings of this study are included within the article.

Conflicts of Interest
The authors declare that they have no conflicts of interest.

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