Proposal for a nuclear light source

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Abstract: This study considers a principal possibility of creating a nuclear light source of the vacuum ultra violet (VUV) range based on the 229Th nucleus. This nuclear light source can help solve two main problems — excitation of the low-lying 229mTh isomer and precision measurement of the nuclear isomeric transition energy. The thorium nuclear light source is based on the nuclei implanted in a thin dielectric film with a large bandgap. While passing an electric current through the sample, the 229Th nuclei are excited to the low energy isomeric state 3/2+(8.19±0.12 eV) through the process of inelastic scattering of conduction electrons. The subsequent spontaneous decay of 229mTh is followed by the emission of γ quanta in the VUV range. The luminosity of the thorium nuclear light source is approximately 10^5 photons/s per 1 A of current, per 1 ng of 229Th. The suggested scheme to obtain γ radiation from the 229mTh isomer can be considered as a type of nuclear analogue of the optical radiation from the usual metal-insulator-semiconductor (MIS) junction.

Keywords: Th-229m, excitation by electrons, optical range gamma emission

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I. INTRODUCTION

The 229Th nucleus has a unique low-lying isomeric state with the energy Eᵢ, which is equal, according to the latest data, to 8.19±0.12 eV [1]. The history of Eᵢ measurements made in the last five decades, from the first values of Eᵢ ≤ 100 eV [2], Eᵢ = 1±4 eV [3], and 3.5±1.0 eV [4] via the values 7.6±0.5 eV [5] and 7.8±0.5 eV [6] to the currently accepted values Eᵢ = 8.30±0.92 eV [7], Eᵢ = 8.28±0.17 eV [8], Eᵢ = 8.10±0.17 eV [9], and 8.19±0.12 eV [1], has already been described repeatedly and in great detail in various works (see, for example, [7, 9, 10] and references therein).

Interest in the isomeric level in 229Th lies primarily with the possibility of creating an ultraprecise nuclear clock [11–17] and a γ-ray laser of optical range [18] based on the inversion population of the levels in the low-lying doublet in 229Th [19, 20]. The nuclear ultra-stable optical clock is of interest to a number of fields of physics. With its use, we will be able to conduct research on the effects of the Einstein Equivalence Principle and local Lorentz Invariance violations [21], to study the relative effect of the variation of the fine structure constant e² and the strong interaction parameter m_QCD/Λ_QCD [22–25], for dark matter searches [26]. Alongside these important challenges, the low-lying isomer of 229Th allows us to explore the exotic process of decay and excitation of the nucleus via an electron bridge [27–35], accelerate the α decay of the 229Th nucleus [36], control the isomeric level of γ decay via the boundary conditions [37], detect 229Th ground state decay into the isomeric level in the (μ⁺, 229Th)μ mesonic atom [38], investigate the 229mTh decay through the metal conduction electrons [39], observe the Zeno effect [20], etc.

The most efficient method of excitation by resonant laser photons in the process of direct photoexcitation of 229mTh or excitation via the electron bridge [28–41] is currently impossible. These methods require precise tuning of laser radiation to an unknown wavelength of the nuclear transition or stimulation of an atomic M1 transition close in energy to the nuclear transition in the process of nuclear excitation by electron transition (NEET see in [42–44]), which is the "second stage" of the excitation of 228mTh via the electron bridge. However, it should be noted that the excitation of the 228mTh isomer in the process of direct photoexcitation of the 29 keV level, first proposed and theoretically substantiated in Ref. [45], has already been successfully implemented experimentally [46].

Registration of photons from the decay of 229mTh could immediately determine the energy of nuclear transition with high accuracy in a low-lying doublet of levels of the 229Th nucleus and open the path to resonant pump-
ing of the isomer. The first successful observation of the gamma decay of the $^{229m}$Th isomer accompanying the beta decay of $^{229}$Ac, implanted into a large-bandgap dielectric, was reported in Ref. [47]. Another type of experiment to observe the gamma decay of $^{229m}$Th (produced by the alpha decay of $^{233}$U) in an ion trap is described in Ref. [48].

In this study, we propose an algorithm for the solution of one main problem in this field of modern science, namely, the excitation of the $^{229m}$Th isomer in the solid state (dielectric matrix) by electron current and creating a source of $\gamma$ quanta of the VUV range, which accompanies isomeric decay of $^{229}$Th.

II. SCHEME OF NUCLEAR LIGHT SOURCE ON $^{229m}$Th

The low-energy isomeric transition in $^{229m}$Th has a high probability of internal conversion [27, 49–51]. It was the measurements of the conversion electrons energy in works [8, 52] that gave one of the modern values for $E_s$. However, the internal conversion makes registration of photons almost impossible. The solution to the problem was described in Refs. [45, 53, 54]. These studies have shown the decay of $^{229m}$Th in dielectrics with a large bandgap, $\Delta$, to occur precisely with the photon emission and the internal conversion at $E_s < \Delta \tau$ to be forbidden energetically. In a wide-gap dielectric, thorium participates in chemical bonds by donating electrons. The described efficient ionization increases the binding energies of the remaining electrons. It proves to be sufficient to stop the decay of $^{229m}$Th via the internal conversion channel.

The last missing link, namely, an efficient way of non-resonant excitation of the $^{229m}$Th isomer, was recently proposed in Ref. [10]. The cross sections for inelastic scattering of slow electrons with energies of about 10 eV turned out to have reached values $(2–6)\times10^{-26}$ cm$^2$ depending on the value of the nuclear matrix element. These are rather large cross sections by nuclear standards. It is essential that they make it possible to excite the $^{229}$Th nucleus even if the exact value of the nuclear transition energy is not known. For comparison, the typical effective cross section of resonant photoexcitation of the isomer by laser radiation with a linewidth of $\Delta_{\text{las}} \approx 10^{-10}$ eV, calculated from the formula $\sigma_{\text{eff}} = (\lambda_{\text{eff}}^2/2\pi)\Gamma_{\gamma}(M_{1, \text{gr} \rightarrow \text{is}})/\Delta_{\text{las}}$, where $\lambda_{\text{eff}} = 2\pi/E_s$ and $\Gamma_{\gamma}$ denotes the radiative transition width (see below), is $(2–8)\times10^{-20}$ cm$^2$. However, as we noted above, for resonant photoexcitation, it is necessary to know the wavelength $\lambda_{\text{eff}}$ with high accuracy.

Now let us see how these problems can be circumvented using a relatively simple scheme. We consider the layout of the device in Fig. 1. Here, $^{229}$Th is implanted into a thin dielectric layer with a thickness $h$ on the order of 10–20 nm with a large bandgap. Currently, there are several dielectrics of this type: SiO$_2$ [55], CaF$_2$, LiCaAlF$_6$, LiSrAlF$_6$, Na$_2$ThF$_6$, LiYF$_4$ [12], and MgF$_2$ [56]. Voltage is applied to the dielectric through a metal contact on one side and a doped semiconductor (Si for example) or a metal contact on the other side. Note that, if silicon is used as a semiconductor, it is quite easy to grow a thin dielectric SiO$_2$ film directly on an Si substrate. Depending on the doping material, it is possible to prepare an $n$-type or $p$-type semiconductor with the appropriate current flow direction in the device. To be more specific, an $n$-type semiconductor is shown in Fig. 1.

As we already noted, the dielectric film should be thin enough to allow the passing of electric current. Its optimal thickness is no more than a few electron mean free paths. Thin films of 10-30 nm are convenient for the following reason. The $^{229m}$Th isomer excitation cross section for inelastic electron scattering reaches a maximum at energies of 9–10 eV [10]. Therefore, it is reasonable to work with an electrical potential difference between the contacts at a level of several tens of volts (before an electrical breakdown occurs, which leads to material degradation), the dielectric strength of SiO$_2$ is approximately 4 GV m$^{-1}$ [57]; with the film thickness of 10 nm, the breakdown voltage is 40 V). Under such conditions, the transport of electrons through a thin dielectric film occurs due to the tunneling process (practically, this is the process of electric field electron emission). Thicker films can also be used, but to ensure tunneling, a higher electric potential difference between the contacts should be applied. As a result, the region in which the electron energy is much higher than the optimal one will be significantly increased in size (see below).

Therefore, the applied voltage is selected so that the electrons scattered by the $^{229}$Th nuclei have a kinetic en-
ergy $E_{\text{kin}}$ that is sufficient to excite the nucleus. In the scheme in Fig. 1, $E_{\text{kin}} \sim (q_e/n)V(x/h)$, where $V$ is the applied voltage in volts, dimension of $E_{\text{kin}}$ is electronvolts, $x$ is the depth counted from the electron entry point into the film, $q_e$ is the elementary charge in units of electron charge, and $n$ is the refractive index of the dielectric film. Assuming that, at the initial time, the $^{229}\text{Th}$ nuclei are distributed over the dielectric layer thickness with a certain density $n_{\text{gr}}(x)$, and that the main voltage drops precisely on the dielectric film, we find the condition necessary for the excitation of nuclei at depth $x$: $V \geq (n/q_e)(h/x)E_{\text{kin}}$. In other words, in order for the excitation reaction of the nuclei to proceed, for example, in half of the dielectric layer, it is necessary to apply the voltage in volts $V = 2nE_{\text{kin}}/q_e$, where $q_e = 1$.

### III. PARAMETERS OF NUCLEAR LIGHT SOURCE

Let us estimate the $\gamma$ activity of isomeric nuclei excited according to the given scheme. Let the density of the $^{229}\text{Th}$ nuclei in the target sample at depth $x$ be $n_{\text{gr}}(x,t)$, and the density of the resulting $^{229m}\text{Th}$ isomers be $n_{\text{is}}(x,t)$. The equations describing the system are as follows:

\[
\begin{align*}
\frac{dn_{\text{gr}}(x,t)}{dt} &= \sigma\varphi n_{\text{is}}(x,t) - (\lambda_{\text{tot}}(x) + \sigma\varphi)n_{\text{gr}}(x,t), \\
\frac{dn_{\text{is}}(x,t)}{dt} &= -\sigma\varphi n_{\text{gr}}(x,t) + (\lambda_{\text{tot}}(x) + \sigma\varphi)n_{\text{is}}(x,t),
\end{align*}
\]

where $\sigma$ is the isomer excitation cross section for inelastic electron scattering in the process of $^{229}\text{Th}(e,e')^{229m}\text{Th}$, $\sigma$ is the cross section of the reverse process (calculated from the principle of detailed balance and coincides in order of magnitude with $\sigma[10])$, $\varphi = f/S$ is the electron flux density through a target with area $S$ when passing the current $f$, and $\lambda_{\text{tot}}(x)$ is the total decay constant or isomeric state width (with using the unit system $h = c = 1$) in the sample at depth $x$. The expressions in Eq. (1) are solved with initial conditions $n_{\text{is}}(x,0) = 0$ and $n_{\text{gr}}(x,0) = n_{\text{gr}}(x)$. It should also be noted that the electron flux density of a given energy $\varphi$ is practically independent of $x$ due to the small thickness of the dielectric layer.

Let us simplify Eq. (1). 1) We neglect the decrease in the density of the $^{229}\text{Th}$ nuclei in the ground state with time, that is, let $n_{\text{gr}}(x,t) = n_{\text{gr}}(x)$. 2) We discard the term $-\sigma\varphi n_{\text{is}}(x,t)$, which describes the inverse process $^{229m}\text{Th}(e,e')^{229}\text{Th}$ of nuclei deexcitation during inelastic electron scattering. These simplifications are to be made as the condition $\sigma\varphi t \ll 1$ is met for the considered current density of the order of 1 A cm$^{-2}$ (in this case, $1/(\sigma\varphi) \geq 10^6$ s) and the expected lifetime of the isomeric state $\tau(x) = 1/\lambda_{\text{tot}}(x) \approx 10^{-2} - 10^{3}$ s (see below). On the one hand, this condition implies that the main decay channel for $^{229m}\text{Th}$ is the spontaneous decay of the isomeric level, and not the transition to the ground state upon inelastic electron scattering. On the other hand, the density of the excited $^{229m}\text{Th}$ nuclei at depth $x$ increases according to the characteristic law

\[
n_{\text{is}}(x,t) = n_{\text{gr}}(x) \frac{\sigma\varphi}{\lambda_{\text{tot}}(x)} \left(1 - e^{-\lambda_{\text{tot}}(x)t}\right),
\]

where $\sigma\varphi/\lambda_{\text{tot}}(x)$ is the relative equilibrium concentration of isomeric nuclei at depth $x$ at times $t \gg \tau$. In order of magnitude, $\sigma\varphi/\lambda_{\text{tot}}(x) \approx 10^{-4}$, and density $n_{\text{gr}}(x)$ does not change much with time.

Now let us return to the question of the value $\tau(x)$. For this, we first estimate the characteristic radiative width of the isomeric state $\Gamma_{\gamma}$ in vacuum

\[
\Gamma_{\gamma} = 10\omega_{\gamma}^3 \mu_{\gamma}^2 B_{W,u}(M1,\text{is} \rightarrow \text{gr}),
\]

where $\mu_{\gamma}$ is the nuclear magneton, and $M1$ is the multipolarity of isomeric transition.

In order to calculate $\Gamma_{\gamma}$, it is necessary to know the reduced probability of nuclear transition in Weiskopf units $B_{W,u}(M1,\text{is} \rightarrow \text{gr})$. In Ref. [58], the value $B_{W,u}(M1,\text{is} \rightarrow \text{gr}) = 0.03$ was obtained based on experimental data [59–62] for the $M1$ transitions between the rotation bands $K^\pi[4n1/2]$ in $^{231}\text{Th}$ and $^{233}\text{Th}$ in $^{229}\text{Th}$ nucleus and the Alaga rules [58, 63]. Here, $K^\pi[4n1/2]$ are the asymptotic quantum numbers for nuclear levels in the Nilsson model [64]). The other value, $B_{W,u}(M1,\text{is} \rightarrow \text{gr}) = 0.006$–0.008 , was obtained in Ref. [65]. It was the result of a computer calculation made in compliance with modern nuclear models. These two values for $B_{W,u}(M1,\text{is} \rightarrow \text{gr})$ give the time interval $T_{1/2} = (2\ln(2))/\Gamma_{\gamma} \approx 20–100$ min for the radiative decay of the isomer in thorium ions in vacuum at the nuclear transition energy $\omega_{\gamma} = E_{\text{is}} = 8.2$ eV.

The probability of decay of the $^{229m}\text{Th}$ isomer in the sample in Fig. 1 is influenced by two factors — the reductive index of the medium [45, 53] and the presence of interfaces between the media (the Purcell effect) [37]. The probability of magnetic dipole ($M1$) $\gamma$ radiation of $^{229m}\text{Th}$ in a medium with a refractive index $n$ increases by $n^3$ times compared to the probability of radiation in vacuum [45,53]. The Purcell factor, $f_p(x)$, that is the ratio of the probability of emission in a medium with boundaries to the probability of emission in an infinite medium, affects the decay of $^{229m}\text{Th}$ more intricately. Figure 2 shows the Purcell factors for the $M1 \gamma$ transition with the energy of 8.2 eV for the system shown in Fig. 1. The calculation was made within the framework of the approach developed and described in detail in Ref. [66] (we provide a graphical representation of the result, since the analytic expressions for $f_p(x)$ for four media are highly complex). Pd and Au were taken as examples of the de-
The radiative, $f^r_P(x)$, nonradiative, $f^n_P(x)$, and total, $f^P_P(x) = f^r_P(x) + f^n_P(x)$ components of the Purcell factors for the $M1(8.2\,\text{eV})$ transition in the scheme in Fig. 1 with $h = 15$ nm for thickness of the large band gap dielectric and 10 nm metal layer thickness. The thickness of the substrate in calculations is assumed to be infinite. Solid lines — the Si/$^{229}$Th:SiO$_2$/Pd sample and dashed lines — the Au/$^{229}$Th:MgF$_2$/Au sample.

Fig. 2. (color online) The radiative, $f^r_P(x)$, nonradiative, $f^n_P(x)$, and total, $f^P_P(x) = f^r_P(x) + f^n_P(x)$ components of the Purcell factors for the $M1(8.2\,\text{eV})$ transition in the scheme in Fig. 1 with $h = 15$ nm for thickness of the large band gap dielectric and 10 nm metal layer thickness. The thickness of the substrate in calculations is assumed to be infinite. Solid lines — the Si/$^{229}$Th:SiO$_2$/Pd sample and dashed lines — the Au/$^{229}$Th:MgF$_2$/Au sample.

posited metal contact. Their characteristics, namely, $n = 1.3$ and $\kappa = 0.9$ for Pd and $n = 1.3$ and $\kappa = 1.5$ for Au at the energy of 8.2 eV, are given in Ref. [67]. The thickness of the Pd or Au layers is estimated to be equal to 10 nm. It is limited by the requirement of contact transparency for VUV photons. The fraction of the incident power, propagated through the material with thickness $d$, is given by $\exp(-d/l_0)$, where $l_0 = A_x\kappa/(4\pi)$ and $A_x \approx 150$ nm. Using the values of $\kappa$ for Pd and Au from Ref. [67] given earlier, we find that, in a metal layer of thickness 10 nm, the VUV photon flux is attenuated by a factor of approximately 3 for Pd and 2 for Au.

At the SiO$_2$/Metal interface, there are surface states whose levels are located inside the SiO$_2$ band gap. The presence of these levels can lead to an increase in the probability of the isomeric decay of $^{229m}$Th through the internal conversion or electron bridge for the thorium atoms located within 2–3 monolayers from the interface. Additional losses in the photo output can be avoided by lowering the concentration of thorium atoms in the near-surface layer so that the doping profile reaches a maximum at a depth of approximately 1 nm (of the order of 3 coordination radii). In the case of a uniform distribution of $^{229}$Th, this problem will affect 10–15% of the nuclei, reducing the optical output by the same amount.

Figure 2 shows the probability of radiative decay determined by $f^r_P(x)$ to decrease due to the interfaces Pd/SiO$_2$ ($x = 0$) — SiO$_2$/Si ($x = h$) and Au/MgF$_2$ ($x = 0$) — MgF$_2$/Au ($x = h$). However, the total decay probability increases significantly due to the factor $f^P_P(x)$. It characterizes the nonradiative decay of $^{229m}$Th, which arises from the imaginary part of the dielectric constants of Si, Pd, and Au [66]. As for the silicon oxide, the imaginary part of the dielectric constants of SiO$_2$ lies in the range of 0.02–0.03 at the energy of 8.2 eV [68, 69]. Thus, $\kappa$ is very small for SiO$_2$, and it can be neglected in calculations. For MgF$_2$, $\kappa = 3 \times 10^{-7}$ at 8.2 eV [68].

With respect to these factors, it is possible to derive the formula for the total $\gamma$ activity caused by an electric current in the entire sample

$$Q_\gamma(t) = \sigma_\varphi S \int_0^h \, dx n_E(x) \frac{f^P_P(x)}{f^P^{\text{tot}}(x)} \left( 1 - e^{-\lambda_\alpha(x)t} \right),$$

where $\lambda_\alpha(x) = n^3 f_P^{\text{tot}}(x) \Gamma_{\alpha}$.

Figure 3 shows the graphs of induced activity. $Q_\gamma$ for the sample from Fig. 1 is seen to behave much more differently than the $\gamma$ activity of an equivalent target of $^{229}$Th$^{+,++}$ ions in vacuum or in an infinite medium of SiO$_2$ or MgF$_2$. Both the emissivity and the observed effective half-life of the entire set of isomeric nuclei change significantly.

As can be seen from Fig. 3, gamma activity in the sample upon reaching equilibrium at times $t \approx T_{1/2}/2$ is approximately $10^5$ photons/s per 1 A of electric current and 1 ng of $^{229}$Th. $^{229}$Th is an $\alpha$ emitter with $T_{1/2} = 7880$ yr. Alpha particles, decelerated in SiO$_2$ (MgF$_2$), produce a background radiation. Alpha activity of 1 ng of $^{229}$Th is 7 Bk. The mean free path of $\alpha$ particles with the energy 4–5 MeV in SiO$_2$ (MgF$_2$) is approximately 20 μm. With a dielectric layer thickness of 15 nm, only $10^{-3} \alpha$ particles lose energy in the dielectric and contribute to the back-
ground (alpha particles in the Si (Au) substrate and metal contacts do not produce an optical background). Assuming that the ionization potential is 10 eV, and that all energy of the alpha particles is converted into photons, we get a background of approximately $10^3$ photons per second, per 1 ng of $^{229}$Th purified from daughter nuclides. This means that we can secure two orders of magnitude for current, until the signal falls to the background level.

Let us compare this estimate with the background from $^{233}$U. To have the same number of the 8.2 eV γ quanta as from 1 ng of $^{229}$Th, the α activity of $^{233}$U should be at the level of $10^4 \times 50$ (taking into account the 2% isomer population). This requires approximately 140 mg $^{233}$U. In this case, the host crystal will have a volume of at least $10^{-1}$ cm$^3$. Alpha particles will be completely decelerated in such a crystal and leave all their energy in it. Thus, other things being equal, the background for $^{233}$U exceeds the estimate obtained for 1 ng $^{229}$Th by 8 orders of magnitude. This underlines the advantage of using the proposed scheme with thorium.

Another source of the background radiation could be the electron flux through the carrier substrate. In this case, the radiation in the vacuum ultraviolet range comes from the processes of exciton recombination. In experiments specifically carried out in 2021, it has been found that, in the Si substrate and SiO$_2$ matrix, the emerging background in the wavelength region around 150 nm is very small and only slightly exceeds the intrinsic noise of the detector [70].

The emission line from the isomeric decay of $^{229m}$Th is planned to be registered using the same setup that was used to measure the background. The setup device is as follows. A converging short-focus lens made of a material transparent in the VUV range (MgF$_2$) is placed in front of the sample. A focused beam of light falls on the slit of a diffraction spectrometer. The spectrometer is made according to the Paschen-Runge optical scheme, in which the entrance slit of the spectrometer and the spherical diffraction grating are located on the Rowland circle, and the radiation from the entrance slit falls almost normal to the diffraction grating. This scheme has the following advantages: 1 - only one reflection is used, which makes it possible to minimize the loss of incoming radiation; 2 - it is possible to change the grating tilt to capture the desired part of the spectrum, which allows us to measure spectra in a wide range.

The background spectrum and the $^{229m}$Th radiation wavelength are determined from the diffraction pattern using a charged-coupled device (CCD) matrix cooled to a temperature of -20 °C under vacuum conditions no worse than $10^{-8}$ Torr. With the CCD matrix, we can accumulate the signal simultaneously (without scanning) over all channels of the selected region of the spectrum, which in turn allows for measuring the emission spectrum with a high decay rate over time. The maximum luminosity of the spectrometer reaches $10^4$ (i.e., one photon is registered out of every $10^4$ photons arriving at the spectrometer input).

The experiment can be carried out in two modes. (1) Registration and measurement of the spectrum occur directly during the passage of electric current through the sample. (2) Registration occurs after the electron current is turned off and after the completion of the relaxation of electron-hole pairs and other transient processes — the background sources. In both modes of operation, to take into account the background correctly, it is necessary to carry out measurements on samples without $^{229}$Th. Such a scheme allows us to separate photons originating during the decay of the $^{229m}$Th isomer from the contributions of all other possible electronic transitions in the Th shell. The background accumulation time is required to correspond to the useful signal accumulation time (see Fig. 3), i.e., approximately $10^3$ s. The described sequential consideration of the signal from samples with $^{229}$Th and $^{232}$Th will single out the desired emission line of the $^{229m}$Th isomer.

Consider the size of the sample in Fig. 1 in terms of the allowable concentration of the thorium atoms. Let us take SiO$_2$ as an example, since we have all necessary data for it. According to the results of Ref. [71], where thorium ions are implanted into SiO$_2$, thorium is oxidized to the ThO$_2$ form. The ThO$_2$ bond gap is approximately 6.5 eV. Therefore, the appearance of the ThO$_2$ impurity in SiO$_2$ leads to a decrease in the band gap of the sample as a whole. It was theoretically and experimentally established in Ref. [71] that, up to a thorium concentration of 20%, the band gap in such SiO$_2$+ThO$_2$ dielectrics exceeds 8.5 eV. Thus, in a dielectric matrix of the size 1 cm$^2 \times 15$ nm, approximately 10 ng of $^{229}$Th can be placed (note that, in the theoretical work of a group from the Vienna University of Technology, it has been found that the band gap of thorium-doped MgF$_2$ decreases with the concentration of thorium [56].)

As a result, we obtain the following estimate: at a moderate current of 1 A, detector quantum efficiency $\geq 10^{-1}$, and photon collection angle $\approx 2\pi$, the γ radiation detector registers approximately $10^4 - 10^5$ counts/s from such a matrix, which is sufficient for the effect to be reliably detected above the background level.

**IV. REMARKS ON THE ROLE OF CRYSTAL DEFECTS**

The described scenario is plausible only if there are no additional electron levels in the band gap of the dielectric matrix containing $^{229}$Th. These can be impurity levels or lattice defects, formed in processes such as thorium implantation or α decay of the $^{229}$Th nuclei. Such additional electron states of different nature formed inside the
band gap in the process of target fabrication can cause a rapid decay of the $^{229m}$Th isomer through an internal conversion channel or via the electron bridge. This can negatively affect the yield of the nuclear light source. The issue of such additional levels was studied in Refs. [12, 47, 54, 71–76]. In particular, as shown theoretically in Ref. [76], a set of electronic defect states in the $^{229}$Th:CaF$_2$ crystal band gap ($^{229}$Th-doped CaF$_2$) leads to excitations via the electronic bridge mechanism, which proceed at a rate 2 orders of magnitude larger than the direct photoexcitation of the isomeric state.

It is important to note that, depending on the thorium concentration, dielectrics seem to behave differently. The band gaps of thorium-doped CaF$_2$ and MgF$_2$ decrease with the concentration of thorium [56, 71]. Nevertheless, the experimental results of Refs. [12, 47, 71, 74, 75] are promising. These studies developed dielectric matrices LiCaAlF$_6$, CaF$_2$, SiO$_2$, and MgF$_2$ without additional states in the band gap. This means that the presence of a thorium dopant in the proper concentration significantly affects the yield of the nuclear light source. The isomeric state can be excited via the electronic bridge mechanism, which proceeds at a non-resonant threshold process, which most importantly, does not require precise tuning to an unknown nuclear transition energy, but at the same time, produces a sufficiently large number of excited nuclei. As a result, there is a real possibility of detecting $\gamma$ quanta from the nuclear isomeric transition in $^{229}$Th.

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