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Serotonin electrochemical detection in tomatoes at MWCNT-AONP nanocomposite modified electrode

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Abstract

This work reports on the successful synthesis of antimony oxide nanoparticles (AONPs) by hydrothermal method, acid treatment of multi-walled carbon nanotubes (f-MWCNTs), and fabrication of a MWCNT-AONP nanocomposite on screen-printed carbon electrodes (SPCE) to detect serotonin (5-HT) in tomatoes. The synthesized nanomaterials were all characterized with x-ray diffraction (XRD) spectroscopy, scanning electron microscopy (SEM), fourier transform infrared (FTIR) spectroscopy, ultraviolet-visible (UV–vis) spectroscopy, and transmission electron microscopy (TEM). The electro-analytic and electrocatalytic experiments were performed utilizing square wave voltammetry (SWV) and cyclic voltammetry (CV) methods. The SPCE-MWCNT-AONP modified electrodes showed better electron transport and improved current response towards detection of 5-HT when compared to other electrodes studied. The current response decreased in this manner, the SPCE-MWCNT-AONP (84.13 μA) > SPCE-fMWCNTs (33.49 μA) > SPCE-AONPs (24.40 μA) > SPCE-bare (2.89 μA). The sensitivity, limit of detection (LoD) and limit of quantification (LoQ) for the SPCE-MWCNT-AONP modified electrode towards 5-HT detection was 0.2863 μA μM⁻¹, 24.6 nM, and 74 nM respectively, with linearity from 0.016–0.166 μM (R² = 0.9851) utilizing SWV. The acquired LoD value for the proposed sensor compared favorably with other chemically modified electrodes from literature. Furthermore, the proposed sensor showed good reproducibility and excellent anti-interference behavior. Real-sample analysis of 5-HT in tomatoes showed excellent recoveries ranging from 91.32 to 108.28%, with an average RSD (%) value of 2.57 (n = 3). The obtained results strongly suggest that the proposed novel sensor could be applicable in diagnosing point-of-care diseases and therapeutics.

1. Introduction

Neurotransmitters (NTs) are neurochemicals that aid in neurotransmission between nerve cells; located in the synaptic cells and cell membrane at the axon [1]. The most studied and important class of NTs are catecholamine, which includes dopamine, serotonin, and epinephrine [2]. NTs are involved in many different physiological and biological processes in the human body. NTs regulate stress, rest, feelings, hunger, learning, mood, recollection, attention, and other cognitive functions [3,4]. However, abnormal levels of NTs in the blood have been linked to neurological diseases and disorders such as depression, stress, bipolar disorder, ADHD, drug addiction, Parkinson’s diseases, schizophrenia, and Alzheimer’s diseases [3–9]. Therefore, monitoring and evaluation of these biomolecules in the body is of great clinical, pharmaceutical, and medical importance. Since levels of NTs in the body serve as biological markers for various neurological diseases and disorders, a simple, sensitive, selective, low-cost, and quick method of analysis is required. Furthermore, early detection of abnormal NTs levels in the blood leads to early diagnosis of diseases at an early stage and can reduce side effects associated with various diseases, such as memory loss caused by Parkinson’s diseases [10].
In the past, NTs were measured with the aid of mass spectroscopy (MS), microdialysis, capillary electrophoresis (CE), and high-pressure liquid chromatography (HPLC) in conjunction with the imagining techniques to improve resolution and ultrasensitive detection [1, 11–13]. These methods proved little success because they were either expensive, time-consuming, slow in response, offered low selectivity, or sensitivity and some are complex to perform. Of recent, electrochemical methods have been gaining popularity amongst researchers towards the detection of NTs. Electrochemical techniques are found to be highly sensitive, simple, time-saving, offer rapid analysis, and increase the sensing ability of NTs inside living entities and in vivo real-time analysis [14].

Nonetheless, electrochemical detection of NTs at bare electrodes, such as platinum, gold, and glassy carbon electrodes, presents two main challenges. The challenges arise from the co-existence of NTs with other biomolecules in the body that have similar oxidation potentials called interfering compounds. These interfering compounds cause overlapping oxidation potentials at unmodified electrodes; which reduces the reproducibility and selectivity of the electrode towards detection of NTs in excess interference environment. The second challenge is inferring compounds such as AA and UA at higher concentrations than NTs such as serotonin (5-HT), dopamine (DA), etc. This leads to surface electrode biofouling and affects the LoD of the electrode to detect NTs in an excess interference environment simultaneously. For example, ascorbic acid (AA) is reported to be present at concentrations 100–1000 times higher than that of 5-HT in the blood [15]. To address the issues raised above, many researchers have chosen to utilize nanomaterials including nanoparticles, metal oxide nanoparticles, conducting polymers, metal nanoparticles, inorganic and organic chemicals as electrode modifiers [16]. The nanomaterial mentioned above can be combined to create a nanocomposite with greater electron transfer kinetics and enhanced electrocatalytic properties. Habibi et al [17] have shown that modified electrodes significantly increase the electrode’s sensitivity and selectivity towards the determination of NTs compared to unmodified electrodes.

Serotonin (5HT) is of significant importance to humans’ physiological and biological well-being [18]. 5-HT controls body temperature, mood, ejaculatory tendency, muscular contraction, bowel motility, liver regeneration, bladder control, endocrine regulation, and melancholy, among many other biological activities. However, abnormal serotonin levels in the body have been reported to cause insomnia, migraine, anxiety, blood clotting, and unexpected infant mortality. Moreover, this neurotransmitter has been proven to cause schizophrenia, insomnia, bipolar disorder, and fibromyalgia [5]. Lastly, literature correlates elevated levels of 5-HT in the blood with a dangerous and fatal disease called serotonin syndrome and stimulated cerebral activities.

Due to its medical, chemical, and pharmaceutical importance, traditional methods such as electrochemical (voltammetry) [19], sol-gel [20], capillary electrophoresis (CE) [13], high-pressure liquid chromatography (HPLC) [21], High-pressure liquid chromatography (HPLC) with colorimetry [22], and mass spectrometry (MS) [23] have been carried out to determine 5-HT in access interfering compound environment using different surface electrode modifiers. From listed techniques, only electrochemical techniques have seen growth in their popularity towards detecting 5-HT in the presence of interfering compounds. The detection of 5-HT in bodily fluids has been accomplished using electrochemical sensors modified with multi-walled carbon nanotubes (MWCNTs), single-walled carbon nanotubes (SWCNTs), nanofibers, graphene, metal nanoparticles, metal oxide nanoparticles, and polymers [24].

The screen-printed electrodes (SPEs) have found new interest amongst researchers because they are inexpensive to mass-produce, disposable, sensitive, portable, easy to use, versatile, reliable, and allow for high reproducibility for in situ analysis compared to solid electrodes such as glassy carbon electrodes (GCEs) [24–26]. Another advantage of SPEs over solid electrodes is that they require no polishing on the surface of the electrode [27]. Hence, their wide application in electro-analytical chemistry and environmental, clinical, and agricultural-food areas as electrochemical sensors [28].

Nanotechnology has been instrumental in the development of electrochemical sensors and biosensors. For example, nanotechnology has helped produce small, portable, intelligent sensors requiring little energy to operate. As a result, sensors can be manufactured at a large scale at an economically viable price [29]. Because of their exceptional characteristics, nanoparticles (NPs) have been utilized in electrochemical sensor applications. These characteristics include a high surface area to volume ratio, more active absorption sites, high reactivity, and compact size. Hence, their wide adoption across biomedical, industrial, food and agriculture sectors and environmental analysis [30, 31].

Owing to their tiny crystallite size, semiconductor metal oxide-based nanomaterials have been widely employed as sensors in many applications [32]. Semiconducting metal oxide-based sensors are tiny, durable, affordable, sensitive, and simple to manufacture, making them ideal for handheld portable medical diagnostic devices [32]. Owing to their exceptional chemical stability, real-time monitoring, and ease of manufacturing, they have been utilized to build very sensitive gas sensors [33]. Antimony oxide nanoparticles (AONPs) have exceptional features such as a high refractive index, high resistance to abrasion, high proton conductivity,
outstanding mechanical strength, and high proton absorptive capacity, which underpins their extensive use in the chemical, sensing, and semiconductor fields [31, 34]. In the chemical industry, these nanoparticles are added to rubber, paints, textile, plastic, etc., as flame retardant synergists [35, 36].

Furthermore, they can be incorporated into alloys and still be used as a catalyst in some reactions. For example, Miura et al used an antimony oxide nanocomposite to create a humidity sensor [37]. Furthermore, these nanomaterials can be used to sense gases such as methane [38]. As a consequence of their high heat and electrical conductivity properties, these materials have found application in the manufacturing of optical, electronic, and optoelectric devices such as light-emitting diode (LED) and batteries [39], binary glasses [40], solar cells devices [41], anti-friction alloys, and pottery glaze [42].

Carbon nanotubes (CNTs) are widely used in electrochemical sensors, notably multi-walled carbon nanotubes (MWCNTs). This is attributed to their unique electronic nature, enabling ease of electron transfer and mechanical and structural properties [43, 44]. Acid treatment of CNTs helps eliminate end caps, which generates defect sites and attaches oxygen functional group alleged to assist with adsorption and electron transfer [45]. Carbon nanotubes (CNTs)-metal oxide nanoparticles (MONPs) nanocomposites have been extensively used towards the detection of monoamine neurotransmitters [46–49]. Carbon nanomaterials (CNTs, and graphene)-MONPs nanocomposite electrodes are being studied increasingly due to better optical, electrical, and magnetism characteristics as the consequence of synergies between two nanomaterials [50, 51]. In addition, CNTs aid in the catalytic activity of MONPs [50].

The MWCNT-AONP nanocomposite fabricated electrodes have been successfully used to detect various analytes with excellent results. For instance, Hai et al [52] fabricated an electrochemical sensor modified with an MWCNT-AONP nanocomposite modified electrode to simultaneously detect cadmium (Cd²⁺) and lead (Pd²⁺) ions in water samples. In the same light, Masibi et al [53] used AONP-SWCNT/PANI nanocomposite modified electrode to detect lindane from river water samples. Their modified electrode displayed an LoD of 2.01 nM towards detection of lindane from river water using square wave voltammetry. In another study, Cidem et al [54] fabricated an electrochemical sensor using MWCNT-AONP nanocomposite with a sensitivity for tramadol (TRA) detection from a pharmaceutical sample and their modified electrode showed a linear range from 0.04 μM–30 μM (R² = 0.9901) with an LoD value of 9.5 nM using cyclic voltammetry technique [54].

Although much research has been done on the determination of 5-HT with other inferring compounds using modified electrodes [44, 55–59], no literature discusses electrochemical detection of 5-HT using MWCNT-AONP nanocomposite modified electrode. This study, therefore, seeks to use chemical sensors to perform electrochemical detection of 5-HT at MWCNT-AONP nanocomposite modified electrodes. The SPCE-MWCNT-AONP nanocomposite modified electrode demonstrated improved electrocatalytic and electro-oxidation properties towards detecting 5-HT compared to other modified and unmodified electrodes. This was attributed to the high surface area, which facilitated faster electron transfer kinetics that increased the selectivity and sensitivity of the electrode towards the detection of 5-HT in an excess AA environment.

2. Methods and materials

2.1. Chemicals and apparatus

The chemicals listed below were acquired and used as the manufacturers delivered them. Sigma Aldrich (USA) provided antimony trichloride (SbCl₃) (99%), multi-walled carbon nanotubes (MWCNTs) (O.D. × L.D. × L 10 nm ± 1 nm × 4.5 nm ± 0.5 nm × 3–6 μm) (98%), potassium hexacyanoferrate (III) K₄[Fe(CN)₆] (99%), potassium hexacyanoferrate (IV) K₃[Fe(CN)₅] (99%), serotonin hydrochloride powder (≥98%), ascorbic acid (99.05%), sodium hydroxide (NaOH) (98%), hydrochloric acid (HCl) (32%), and Na₂,H₂PO₄·12H₂O (99%). Acid treatment of CNTs helps eliminate end caps, which generates defect sites and attaches oxygen functional group alleged to assist with adsorption and electron transfer [45]. Carbon nanotubes (CNTs)-metal oxide nanoparticles (MONPs) nanocomposites have been extensively used towards the detection of monoamine neurotransmitters [46–49]. Carbon nanomaterials (CNTs, and graphene)-MONPs nanocomposite electrodes are being studied increasingly due to better optical, electrical, and magnetism characteristics as the consequence of synergies between two nanomaterials [50, 51]. In addition, CNTs aid in the catalytic activity of MONPs [50].

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2.2. Synthesis of AONPs
Antimony oxide nanoparticles (AONPs) were synthesized using the hydrothermal method published by Chen et al.[60]. To get a transparent solution, approximately 2 mM of antimony trichloride (Sb$_2$Cl$_3$) was transferred into 20 ml of toluene solution with rapid stirring. To make a lacteous colloid, 20 ml of distilled water was added to the solution. After that, the mixture was stirred for 15 min, and 6 M of NaOH was added to bring the pH to between 8 and 9. After another 20 min of agitation, the solution was placed into a 100 ml Teflon-lined stainless autoclave for 12 h at 120 °C. The resulting white powder was washed repeatedly with 50% ethanol solution and then evaporated at 60 °C for 6 h.

2.3. Synthesis of f-MWCNTs
The synthesis of functionalized multi-walled carbon nanotubes (f-MWCNTs) was done via the nitric acid treatment method. Approximately 300 ml of 1 M nitric acid was used to dissolve 300 mg of multi-walled carbon nanotubes (designated as raw multiwall carbon nanotube: r-MWCNTS). Then the mixture was sonicated in ice water at 50 °C for 4 h. The mixture was filtered with deionized water until pH 7 was reached. The product was left overnight in an oven to dry [61].

2.4. Characterization of the synthesized nanomaterials
Carry series 300, UV–vis spectrophotometer (Agilent technologies, Waldbronn, Germany), FTIR (Agilent technologies, Cary 600 series, Billerica, MA, USA), XRD (Bruker AXS, Madison, USA), SEM (JEOL company, Peabody, MA, USA), and TEM (Tecnai G2 spirit FEI, USA) techniques were used to characterize all prepared nanomaterials, AONPs, f-MWCNTs, and MWCNT-AONP nanocomposite.

2.5. Synthesis of the MWCNT-AONP nanocomposite
Approximately 2 mg of functionalized multi-walled carbon nanotubes (f-MWCNTs) and 6 mg of antimony oxide nanoparticles (AONPs) were suspended in a 2 ml N, N- dimethylformamide (DMF) solution. Then, the suspension mixture was stirred for 15 min, 6 M of NaOH was added to bring the pH to 7. After another 20 min of agitation, the solution was dropped on the surface of the working electrode (SPCE) with a micropipette, then dried at room temperature for 24 h [53].

2.6. Modification of the screen-printed carbon electrodes
The constructed electrodes were modified using the dried cast method. Roughly 2 mg of each synthesized nanomaterials (AONPs, f-MWCNTs, and MWCNT-AONP nanocomposite) were suspended in 1 ml DMF solution. Each suspension was ultra-sonicated for 30 min at room temperature. Then, 20 μl of each suspended mixture was dropped on the surface of the working electrode (SPCE) with a micropipette, then dried at room temperature to get the modified working electrodes [62].

2.7. The electrocatalytic and electro-analytic experiments
The Dropview 8400 software programme from Metrohm Pty Ltd. (RSA) was used to conduct electrochemical experiments at 25 ± 1 °C using 4 mm diameter screen-printed carbon electrodes (DropSense 110) consisting of the working electrode (Ag/AgCl), counter electrode, and the reference electrode connected to dropview 8400 910 potentiostat mini. Electrochemical characterization and electrocatalytic experiments at the constructed electrodes (SPCE–bare, SPCE/f-MWCNTs, SPCE/AONPs, and SPCE/MWCNT-AONP) were performed using 5 mM K$_2$[Fe(CN)$_6$]$_3$/4$^-$ and 0.1 mM 5-HT dissolved in 0.1 M PBS (pH 7) at the scan rate of 25 mVs$^{-1}$ within −0.2–1.0 V potential window period using cyclic voltammetry (CV) technique. Electro-analytic experiments were conducted utilizing square wave voltammetry (SWV) to determine the proposed electrode’s sensitivity, selectivity, and limit of detection. The parameters for the SWV method were set at the frequency (10 Hz), potential window ranging from −0.2–0.8 V, potential amplitude (0.01 V), Estep (0.01 V) and other parameters were left as they were at zero.

2.8. Real-sample analysis
The capacity of the designed electrode to detect 5-HT in the real analysis was done using fresh tomatoes samples purchased from a local supermarket. The tomatoes were blended using a domestic electric blender. The resultant blend was then filtered using Whatman No 1 filter paper to obtain a clear, colourless tomato extract solution. A fixed volume of the tomatoes extract (1 ml) was added to different volumes of the stock solution to make up to 10 ml of the sample. The experiment was repeated three times using the SWV technique.
3. Results and discussion

3.1. UV–vis characterization of synthesized materials

Figure 1 displays the UV–vis for (a) AONPs, (b) r-MWCNTs, f-MWCNTs, AONP-MWCNT, and (c) the band-gap energy of the synthesized AONPs. The spectrum in figure 1(a) indicates the formation of AONPs by an absorption peak at 297 nm [62–64]. A shift to a longer wavelength depends significantly on the particle size and aggregation of the particles [65]. The absence of any absorption peak between 400–800 nm region suggests that the synthesized AONPs can be used to manufacture non-linear optical sensors devices [63, 64]. The direct energy band-gap of AONPs was determined from Tauc’s plot shown in figure 1(c). To obtain the direct band energy gap, a straight-line portion of $\alpha h\nu$ versus $(h\nu)^2$ was extrapolated to zero. The direct band-gap energy was 3.26 eV [63]. The spectrum in figure 1(b) shows the UV spectrum of r-MWCNTs, f-MWCNTs, and MWCNT-AONP nanocomposite. From the spectrum, the absorption peaks at 285 nm and 345 nm observed in the AONP-MWCNT nanocomposite were assigned to f-MWCNTs $\pi-\pi^*$ transitions [66]. And a peak at 290 nm signifies the presence of AONPs in the AONP-MWCNT nanocomposite.

3.1.2. FTIR characterization of synthesized materials

Figure 2 shows the FTIR bands of (a) AONPs, (b) raw multi-walled carbon nanotubes (r-MWCNTs), functionalized multi-walled carbon nanotubes (f-MWCNTs), and (c) AONP-MWCNT nanocomposite ranging from 450 cm$^{-1}$–4000 cm$^{-1}$ regions. Figure 2(a) illustrates the spectrum of f-MWCNTs and r-MWCNTs. The peaks of interest were the absorption bands at 1569 cm$^{-1}$, 1742 cm$^{-1}$, 2326 cm$^{-1}$, 3410 cm$^{-1}$, and 3780 cm$^{-1}$ which were assigned to the vibrational frequency of carboxylate anion (COO$^-$), (C=O) of the (–COOH), (O–H) stretching from the –COOH, (–OH) stretching vibrations of the (–COOH), and free hydroxyl group O–H. [61, 67–69]. The presence of these functional groups in the spectra (figure 2(b)) indicated the presence of the (–COOH) on the surface wall of the MWCNTs, which confirmed the successful acid treatment of MWCNTs.

The FTIR bands of AONPs and MWCNT-AONP nanocomposite are represented in figure 2(b). From the spectrum, the characteristics bands of all nanomaterials used to synthesis the nanocomposite are visible. The
absorption band at 517 cm\(^{-1}\) and 630 cm\(^{-1}\) indicating the stretching of Sb–O and O–Sb–O of the AONPs, respectively, in the nanocomposite [53, 62–64]. The absorption bands at 3399 cm\(^{-1}\) and 3712 cm\(^{-1}\) were attributed to the stretching and vibration of (–OH) from the (–COOH), and the bending vibrations of the OH group in water respectively. Absorption bands at 1408 cm\(^{-1}\), 1569 cm\(^{-1}\), and 2326 cm\(^{-1}\) indicated the vibrational band of C=\(_2\)C stretching benzenoid rings, (\(_2\)C=O) from the (–COOH) and O–H stretching from (–COOH).

3.1.3. X-ray diffraction of synthesized materials
XRD was utilized to determine the crystallinity and crystal structure of the synthesized AONPs. The XRD patterns of (a) AONPs, (b) f-MWCNTs, and (c) MWCNT-AONP nanocomposite are shown in figure 3. The spectrum of AONPs in figure 3(a) revealed sharp and intense peaks with no diffraction halo, indicating that the prepared AONPs were of high crystallinity and purity [63]. The peaks at 2\(\theta\) = 19.46° (110), 25.48° (111), 27.73° (222), 28.46° (121), 33.02° (002), 32.73° (131), 34.84° (012), 36.54° (200), 39.63° (032), 44.33° (042), 46.02° (231), 47.11° (240), 50.47° (161), 55.78° (170), 58.90° (242), and 60.90° (261) corresponds to the formation of AONPs and the formed AONPs showed an orthorhombic phase orientation [60]. Figure 3(b) depicts the XRD of f-MWCNTs. The diffraction peak at 2\(\theta\) = 25.94° (002) and 2\(\theta\) = 50.66° (004) corresponded to the amorphous nature of f-MWCNTs [53, 70]. Figure 3(c) represents the XRD image of the MWCNT-AONP nanocomposite showing distinctive diffraction peaks of all nanomaterials used to synthesize the nanocomposite. The presence of AONPs in the MWCNT-AONP nanocomposite is indicated by diffraction peaks at 2\(\theta\) = 19.46° (110), 27.73° (222), 28.46° (121), 32.73° (131), 33.02° (002), 34.84° (012), 35.90° (200), 44.33° (042), 46.00° (231), 50.47° (161), and 55.78° (170). While the diffraction peak at 2\(\theta\) = 25.96° (400) indicates the formation of f-MWCNTs in the nanocomposite.

3.2. SEM characterization of synthesized materials
The SEM technique was used to determine the shape of the synthesized nanomaterials and examine the surface area of f-MWCNTs. This is because dry oxidation can cause damages and defects on the surface area of MWCNTs [69]. Shown in figure 4 are the SEM depictions of (a) AONPs, (b) f-MWCNTs, and
3.2.1. TEM characterization of synthesized materials

TEM is one of the critical microscopic techniques used in science mainly to elucidate the size of the prepared nanomaterials. Depicted in figure 5 are TEM micrographs of (a) AONPs and (b) MWCNT-AONP nanocomposite each at magnifications of 50 nm, and (c) particles size for AONPs. The average particle size for synthesized AONPs was found to be $\approx 25$ nm in size while the largest formed nanoparticle reached the size of 95 nm as shown in figure 5(c).

3.3. Cyclic voltammetry comparative study of bare and modified electrodes

Figure 6 represents the comparative cyclic voltammogram for SPCE-bare, SPCE modified with raw MWCNTs (SPCE/ raw-MWCNTs), and SPCE modified with functionalized MWCNTs (SPCE/ f-MWCNTs) prepared in 5 mM K [Fe (CN) $\text{$_6$}$]$^{3^{-}/4^{-}}$ - redox probe at a scan rate of 25 mVs$^{-1}$. The peak separations between the SPCE-bare, SPCE/r-MWCNTs, and SPCE/f-MWCNTs were 0.48 V, 0.16 V, and 0.15 V, individually. The peak separations exceeded the anticipated value of 0.059 V predicted for a fast one-electron transfer process for all electrodes. The anodic current peak at SPCE/f-MWCNTs was 1.58 and 2.29 times greater than SPCE/r-MWCNTs and SPCE-bare, respectively. This means that the SPCE/f-MWCNTs electrode is fast at electron transfer and has a greater electro-active surface area than the SPCE and SPCE/r-MWCNTs electrodes.
3.4. The effects of pH buffer on the anodic peak of 5-HT

Cyclic voltammograms in figures 7(a) and (c) illustrates the effect of different buffer solution on the anodic peak of 5-HT at the constructed electrode and the inset graphs represent the relationship between anodic peak current versus pH at scan rate (a) 10 mVs⁻¹ and (c) 25 mVs⁻¹ respectively. This experiment was necessary because NTs such as 5-HT and DA are available in bodily fluid at pH 7.40. The experiment was conducted using 0.1 mM 5-HT made in 0.1 M PBS (pH 3, pH 6, and pH 7, pH 9) solutions at scan rates of 10 mVs⁻¹ and 25 mVs⁻¹ respectively. In figures 7(a) and (c), an increase in pH resulted in a peak potential shift towards lower values, suggesting the involvement of protons in the reaction for all scan rates. Similarly, insets in figures 7(a) and (c) revealed that as the pH increased, the peak current also increased until pH 7 at which point it rapidly decreased to pH 9 for all scan rates. This suggests that the SPCE-MWCNT-AONP modified electrode was stable at pH 7 PBS. At pH 7, the current response at a scan rate of 25 mVs⁻¹ was double that at 10 mVs⁻¹. Due to the significant variation in current responses between the two scan rates, the following experiments were conducted using 0.1 mM 5-HT dissolved in 0.1 M PBS (pH 7) at a scan rate of 25 mVs⁻¹.

The correlation between the peak potential and pH is shown in figures 7(b) and (d), and the relation may be expressed using the following equations: \( E_{pa} = 0.034 \text{ pH} + 0.0597 \), and \( E_{pa} = 0.032 \text{ pH} + 0.58 \) with R² values of 0.982 and 0.992 for scan rate at 10 mVs⁻¹, and 25 mVs⁻¹ respectively. The slopes of \( \Delta E_p/\Delta \text{pH} \) plots were 0.034 V pH⁻¹ and 0.032 V pH⁻¹, closer to the Nernstian theoretical value of 0.059 V pH⁻¹ for a one proton per electron stoichiometry for all scan rates. Therefore, the reaction mechanism for 5-HT at the surface of the constructed electrode was a two-protons accompanied by a two-electrons reaction mechanism, as seen in scheme 1 [48, 71].

3.5. Electrocatalytic reduction of 5-HT

Cyclic voltammograms for the SPCE-bare, SPCE-AONPs, SPCE/f-MWCNTs, and SPCE-AONP-MWCNT are shown in figure 8. The voltammograms in figure 8 displayed a distinctive and characteristic shape expected for 5 mM K[Fe(CN)]₆³⁻⁴⁻ solution at the scan rate of 25 mVs⁻¹ within −0.2–1.0 V potential window. The anodic
and cathodic peaks were located at ($I_{pa} = 99.15 \mu A; E_{pa} = 0.22 V$), and ($I_{pc} = -124.18 \mu A; E_{pc} = -0.06 V$) at SPCE-MWCNT-AONP nanocomposite modified electrode. A shift in the nanocomposite-modified electrode’s peak potential towards negative potentials indicates a decrease in the over-potential of the redox

Figure 5. (a) TEM images for AONPs, (b) MWCNT-AONP nanocomposite, and (c) particle size for AONPs.

Figure 6. Comparative cyclic voltammogram of SPCE-unmodified, SPCE/\(r\)-MWCNTs, and SPCE/\(f\)-MWCNTs.
process at the modified electrode due to enhanced electrocatalytic properties. The voltammogram in figure 8 showed a decrease in current response in the following order, SPCE-MWCNT-AONP > SPCE-fMWCNTs > SPCE-AONPs > SPCE-bare. A higher current response at the nanocomposite modified electrode attests to the synergic effect between CNTs and AONPs. According to table 1, all electrodes exhibited \( Ipa/Ipc \) values close to one. As a result, all reactions at the surface of modified and unmodified electrodes were reversible. The SPCE-MWCNT-AONP, SPCE-fMWCNTs, SPCE-AONPs, and SPCE-bare, peak to potential separations (\( \Delta Ep \)) of 0.17, 0.19, 0.21, and 0.48 V were observed. All the peak to potential values for all electrodes were greater than the theoretical value of 0.059 V accepted for a quick-one electron transfer mechanism. Each electrode’s resulting active surface area was evaluated using the Randle–Sevcik equation (1). A larger active
Where $ip$, $D$, $C$, and $A$ indicate increased chances of the electro-active site exposure to an electrocatalytic reaction. The electrodes showed a decrease in active surface area in this manner, the SPCE-MWCNT-AONP electrode showed a tiny over-potential compared to other modified and bare electrodes. A high over-potential was noted at the bare SPCE with a low current response of $Ipa = 40.84 \mu A$ and $Ipc = -55.82 \mu A$ when compared with the modified electrode. A modified electrode can significantly reduce the electrode’s overpotential while increasing the electrode’s sensitivity and selectivity for detecting electroactive substances. The above-stated information greatly supports the notion that chemically modified electrodes, especially the SPCE-MWCNT-AONP modified electrodes, exhibit better redox potentials, faster electron transfer kinetics, and stability than unmodified electrode [27]. As a result, the SPCE-MWCNT-AONP modified electrode was selected and used throughout the study.

$$ip = 2.69 \times 10^9 n^{1/2} D^{1/2} C t^{1/2}$$

Where $ip$, $D$, $C$, and $n^{1/2}$ represent the peak currents (Amps), diffusion coefficient (cm$^2$/s), analyte concentration (mol/cm$^3$), and the square root of scan rate ($\nu$/mVs$^{-1}$)$^{1/2}$ respectively. Where $n$ and $A$ indicate the number of electrons transported and the active surface area of the modified electrode (cm$^2$), correspondingly.

### 3.2. The effects of scan rate on electro-catalysis of 5-HT

Cyclic voltammograms in figure 9(a) show the effect of scan rate study on the anodic peak in 5 mM of K[Fe(CN)$_4$] $^{3-}/4-$ produced in 0.1 M PBS (pH 7) at scan rates of 10–300 mVs$^{-1}$. The voltammogram in figure 9(a) showed an anodic peak shifted towards a higher potential and the cathodic peaks shifted towards negative potentials as the scan rate increased, suggesting a diffusion-controlled reaction took place. The reduction and oxidation peak currents increase in proportion to the scan rate, indicating a diffusion-controlled reaction took place as shown in figure (b). Additionally, the voltammogram indicated that an ideal reversible reaction occurred, which is confirmed by the almost identical gradient slopes observed at $Ipa = 73.215 \mu A/(mVs^{1/2}) - 133.55$ (R$^2 = 0.993$) and $Ipc = -73.549 \mu A/(mVs^{1/2}) + 142.87$ (R$^2 = 0.995$) [73].
The relation between the potential and the scan rate logarithm is shown in figures 9(c) and (d). The Tafel value was determined using a gradient slope of $E_{pa} = 0.2031 \log v - 0.0857$ ($R^2 = 0.994$).

Using the acquired gradient slope, a Tafel value of 406.0 mVdec$^{-1}$ was determined for the SPCE-MWCNT-AONP modified electrode. The observed Tafel value was greater than the predicted value of 118 mVdec$^{-1}$, indicating that adsorption or reaction intermediates were involved in the reaction at the surface of the fabricated electrode. The Tafel value was obtained using the Tafel equation (2);

$$E_p = \frac{b}{2} \log v + c$$  \hspace{1cm} (2)$$

Where $E_p$, $b$, and $c$ stands for potential, the gradient slope of the graph, and the constant respectively.

The coefficient of electron transfer ($\alpha$) and the number of electrons transported ($n$) at the fabricated electrode were determined to be 0.50 and 0.597 ($n = 1$) using equations (3) and (4) assigned as the cathodic and anodic peaks by Laviron [74].

$$\text{Slope} = -\frac{2.3RT}{\alpha nF}$$  \hspace{1cm} (3)$$

$$\text{Slope} = -\frac{2.3RT}{(1 - \alpha_n)nF}$$  \hspace{1cm} (4)$$

Whereby R, F, T, and $\alpha$ represents the gas constant (8.314 J mol$^{-1}$ K$^{-1}$), faradays constant (96500 C), temperature (Kelvins), and the coefficient of electron transport at the fabricated electrode respectively.

The rate constant ($k_r$) was used to calculate the speed at which the reaction at the SPCE-MWCNT-AONP modified electrode proceeded. For a reversible and quick reaction, the rate constant ($k_r$) value must be larger than $10^{-2}$ cm s$^{-1}$, while for a quasi-reversible and a slow reaction, the rate constant value must be greater than $10^{-4}$ but less than $10^{-2}$ cm s$^{-1}$ [75]. Equation (5) was used to obtain the rate constant value ($k_r$) of 0.046 cm s$^{-1}$ for the SPCE-MWCNT-AONP modified electrode.
Figure 10 represents the electrochemical oxidation of 0.1 mM 5-HT at various electrodes made in 0.1 M PBS (pH 7) at a scan rate of 25 mVs$^{-1}$. Figure 10(a) displayed a distinctive anodic peak for 5-HT at $E_{pa} = 0.35$ V for the SPCE-MWCNT-AONP modified electrode. This is in agreement with other works done [48, 57]. Anodic peak potential for SPCE-fMWCNTs, SPCE-AONPs, and SPCE-bare electrodes were located at $E_{pa} = 0.32$ V, 0.27 V, and 0.50 V respectively. Moreover, the voltammogram showed that the electro-oxidation reaction of 5-HT was irreversible for all electrodes. The SPCE-MWCNT-AONP showed the greatest electrocatalytic response to 5-HT when compared to other modified electrodes. The current response decreased in this manner, the SPCE-MWCNT-AONP ($84.13 \mu A$) > SPCE-fMWCNTs ($33.49 \mu A$) > SPCE-AONPs ($24.40 \mu A$) > SPCE-bare ($2.89 \mu A$). The current response at the SPCE-MWCNT-AONP electrode was 29 times greater than at the SPCE-bare. A higher current response to 5-HT observed at the SPCE-MWCNT-AONP modified electrode indicated excellent biocompatibility of the nanocomposite with the analyte and improved electrocatalytic activity. These results show a pattern similar to those obtained in figure 8 using redox probe solution. The linear relationship between scan rate and the anodic peak current is shown in figure 11(a). The voltammogram shows a slight shift in oxidation peak current towards higher potential values with increasing scan rate. Figure 11(b) depicts a linear correlation between the current and square root of scan rate for 5-HT, implying a diffusion-controlled reaction took place.

### 3.3. Electro-analysis experiment for 5-HT

The proposed sensor’s sensitivity and detection limit were carried out using a 0.1 M PBS (pH 7) with various concentrations of 5-HT with the help of SWV. The parameters for the SWV method were set at the frequency (10 Hz), potential window ranging from $-0.2$–$0.8$ V, potential amplitude ($0.01$ V), $E_{st}$ ($0.01$ V) and other
parameters were left as they were at zero. The objective was to evaluate and analyze the effect of various analyte concentrations on the current response of 5-HT. Figure 12 displays a directly proportional relationship between the concentration of 5-HT and the current response. The linearity of the SPCE-MWCNT-AONP modified electrode ranged from 0.016 – 0.166 μM, and a linear regression equation of \( I_{pa} = 0.2863 \left[ \text{5-HT} \right]/\mu \text{A} + 1.6741 \) (\( R^2 = 0.9851 \)), and a detection limit (LoD) of 24.6 nM, as displayed in figure 12(b). The obtained data show a strong correlation with this work [54]. The resulting limit of detection (LoD) value was calculated from equation (6), and the limit of quantification (LoQ) for the modified electrode was calculated using equation (7). The LoD and LoQ values were calculated to be 0.025 μM and 74 nM, respectively.

\[
\text{LoD} = \frac{3.3 \times SD}{m} \tag{6}
\]

\[
\text{LoQ} = \frac{10 \times SD}{m} \tag{7}
\]

SD stands for standard deviation, while \( m \) represents the slope of the calibration plot.

As demonstrated in table 2, the obtained results, including the LoD and sensitivity of the SPCE-MWCNT-AONP nanocomposite electrode, compared well to other chemically modified electrodes used to detect 5-HT from literature.

### 3.4. Selective determination of AA and 5-HT

Cyclic voltammogram was utilized to establish the selective of the proposed electrode by simultaneously detecting 0.1 mM 5-HT and 0.1 mM AA prepared in 0.1 M PBS (pH 7) scan rate ranging from 10 – 300 mVs\(^{-1}\). Figure 13(a) shows the results of the experiment. An increase in scan rate resulted in a positive peak potential shift for all analytes. However, the electrode showed a higher current response towards AA than 5-HT. At scan rate of 25 mVs\(^{-1}\), AA and 5-HT peak potentials were located at \(-0.014\) V and \(0.302\) V, respectively. Figures 13(b) and (c) shows the relationship between current response versus square root of scan rate for AA and

| Modified electrode | Method | Linearity(μM) | Analyte | LoD (μM) | References |
|--------------------|--------|---------------|---------|----------|------------|
| Carbon-sphere/GCE  | DPV    | 40–750        | 5-HT    | 0.70     | [55]       |
| Ionic liquid-DC-CNT/GCE | DPV  | 5–900        | 5-HT    | 2        | [76]       |
| CNT-intercalated graphite electrodes | DPV | 1–15        | 5-HT    | 0.20     | [44]       |
| poly-AzrS/MWCNTs/GCE\(^a\) | DPV | 0.5–11      | 5-HT    | 0.18     | [58]       |
| Ach/GCE\(^b\) | DPV | 1–30        | 5-HT    | 0.30     | [77]       |
| COOH-CNT/ME\(^c\) | FSCV | –200        | 5-HT    | 0.07     | [78]       |
| CONH\(_2\)-CNT/ME\(^d\) | FSCV | 1–20       | 5-HT    | 0.09     | [78]       |
| MWCNT-AONP-SPCE | SWV    | 0.016–0.166 | 5-HT    | 0.025    | This work  |

\( ^a \) poly-AzrS/MWCNTs/GCE = Glassy carbon electrode treated with poly-alizarin red S (AzrS) and MWCNTs.

\( ^b \) Ach/GCE = Glassy carbon electrode modified with acetylcholine and choline.

\( ^c \) COOH-CNT/ME = Microelectrodes modified with Carboxylic acid functionalized carbon nanotube.

\( ^d \) CONH\(_2\)-CNT/ME = Microelectrodes fabricated with formamide functionalized carbon nanotube.
5-HT. A linear relationship between current response and the square root of scan rate for both analytes was observed, suggesting that the reaction at the proposed electrode was diffusion controlled. The linear regression equation for AA and 5-HT were \( I_{pa} = 6.615 v^{1/2} - 23.969 \) \( (R^2 = 0.991) \) and \( I_{pa} = 5.493 v^{1/2} - 17.893 \) \( (R^2 = 0.992) \). The \( R^2 \) value of 5-HT improved significantly compared to those in figure 11.

3.5. Simultaneous detection of 5-HT and AA

The interference study for the proposed electrochemical sensor was done by simultaneously detecting varying concentrations of 5-HT in 1 mM AA solution as an interfering molecule using square wave voltammetry. A higher AA concentration was utilized because interfering compounds such as AA and UA are present in the body fluids at higher concentrations than NTs. From figure 14(a), the peak potentials for AA and 5-HT were \( I_{pa} = 6.615 v^{1/2} - 23.969 \) \( (R^2 = 0.991) \) and \( I_{pa} = 5.493 v^{1/2} - 17.893 \) \( (R^2 = 0.992) \). The \( R^2 \) value of 5-HT improved significantly compared to those in figure 11.

Furthermore, compared to anionic AA molecules, there was a better \( \pi - \pi^* \) interaction between the f-MWCNTs and the cationic 5-HT molecules, resulting in better cationic 5-HT molecules attachment on the surface of the electrode. Figure 14(b) demonstrated that the 5-HT current peak increased linearly as concentration increased. Figure 15 depicts the simultaneous detection of 1 mM 5-HT and 1 mM AA at the modified electrode. The fabricated electrode exhibited excellent anti-interference behaviour even at fixed concentrations, as demonstrated by distinctive visible peaks of each analyte and a broad peak-to-peak separation of 367.90 mV between two analytes.
Stability, reproducibility, and shelf-life study

To analyze the effectiveness of the constructed electrochemical sensors, the stability, repeatability, and shelf-life studies were undertaken utilizing CV at a scan rate of 25 mVs$^{-1}$. The stability study was achieved by repeatedly scanning the electrode 20 times in 5 mM of K[Fe(CN)$_6$]$^{3-}$/4$^-$ made in 0.1 M PBS (pH 7). The repeated scans showed an increase in the anodic peak current of 26.39% and a decrease in the cathodic current peak by 17.71%, as shown in Figure 16(a). An increase in anodic current peak could be ascribed to the increased electro-active interactions at the modified electrode’s surface area with time. The results indicated that the constructed electrochemical sensor was not prone to biofouling during the voltammetry experiment and had excellent stability.

Similarly, the SPCE-MWCNT-AONP modified electrode was scanned repeatedly 20 times in 0.1 M PBS containing 0.1 mM 5-HT as an analytical probe. The anodic peak current of 5-HT decreased by 68% and demonstrated an RSD value of 34.42% towards 5-HT detection, as displayed in Figure 16(b). The shelf-life study of the modified electrode was carried out every week in 0.1 mM 5-HT prepared in 0.1 M PBS (pH 7). The results of the experimentation are represented in Figure 16(c). When the SPCE-MWCNT-AONP nanocomposite electrode was not in use, the electrode was kept in a dry environment. Figure 16(c) reveals that the current response decreased by 18% after 21 days, then increased by 1% after the 28 days, and then plummeted by 54% after the 35 days. The results confirm that the modified electrode has a long shelf life towards the detection of 5-HT.

Figure 14. SPCE-MWCNT-AONP nanocomposite modified electrode square wave voltammetry curves in (a) 1 mM AA and various concentration of 5-HT (100–545 μM) produced in 0.1 M PBS (pH 7), and (b) linear calibration plots of peak current versus 5-HT concentration with error bars.

Figure 15. The SWV voltammogram for 1 mM 5-HT and 1 mM AA measured simultaneously.
3.6. Real-sample analysis

The applicability of the fabricated sensor towards the determination of 5-HT in tomatoes was undertaken to utilize the SWV. The results from the experiment are summarized in table 3. For detection of 5HT in tomatoes, the SPCE-MWCNT-AONP modified electrode showed good recoveries ranging from 91.32% – 108.28% with an average RSD (\(\%\)) value of 2.57 (\(n = 3\)). This study suggests that the modified electrode is suitable for 5-HT detection in real samples.

### Table 3. Detection of 5-HT in tomato.

| Added (\(\mu\)M) | Detected (\(\mu\)M) | Recovery (\%) | RSD (\%) |
|------------------|---------------------|---------------|----------|
| Tomatoes         |                     |               |          |
| 400              | 433.11              | 108.28        | 3.20     |
| 600              | 547.92              | 91.32         | 2.60     |
| 900              | 923.66              | 102.63        | 1.90     |

\(n = 3\); mean RSD (\(\%\)) = 2.57.

4. Conclusion

In conclusion, electrochemical detection of 5-HT at the SPCE-MWCNT-AONP nanocomposite modified electrode has been achieved. The synthesized nanomaterials and nanocomposites were confirmed using FTIR; XRD, UV–vis, TEM, and SEM. Electrochemical studies were performed utilizing SWV and CV techniques. The SPCE-MWCNT-AONP nanocomposite modified electrodes showed excellent electron transport and better current response towards detection of 5-HT when compared to other electrodes studied. The reaction of 5-HT at SPCE-MWCNT-AONP nanocomposite modified electrode was diffusion controlled.

Moreover, the SPCE-MWCNT-AONP nanocomposite modified electrodes exhibited excellent selectivity and anti-interference capability towards detection of 5-HT in excess AA environment evidenced by the
observable peaks of each analyte and a wider peak-to-peak separation of 367.90 mV. A linear dependence of current response against 5-HT concentration was observed in the linear range of 0.016 μM—0.166 μM (R² = 0.9851) with sensitivity, LoD, and LoQ values of 0.2863 μA μM⁻¹, 0.025 μM, and 74 nM respectively. The proposed electrochemical sensor showed good reproducibility and long shelf life reaching half of its initial current response after 35 days. The proposed electrode was successfully tested towards detection of 5-HT in tomatoes with average recoveries of 100.74% and a mean RSD (%) value of 2.57 (n = 3). The proposed novel electrochemical sensor platform is of high interest for monitoring 5-HT and its therapeutic use.

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Data availability statement

All data that support the findings of this study are included within the article (and any supplementary files).

Author contributions

OEF conceptualized and designed the work and was part of the manuscript write-up. PCM carried out the experiments, interpreted some of the results, and was also involved in the manuscript preparation. All the authors reviewed the manuscript and have agreed to its publication.

Conflicts of interest

Authors confirm that they have no conflict of interest.

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