# CARE Checklist of information to include when writing a case report

| Topic                     | Item | Checklist item description                                                                 | Reported on Line |
|---------------------------|------|-------------------------------------------------------------------------------------------|-----------------|
| Title                     | 1    | The diagnosis or intervention of primary focus followed by the words “case report”          | 1               |
| Key Words                 | 2    | 2 to 5 key words that identify diagnoses or interventions in this case report, including “case report” | 17              |
| Abstract                  | 3a   | Introduction: What is unique about this case and what does it add to the scientific literature? | 12-15           |
| (no references)           | 3b   | Main symptoms and/or important clinical findings                                           | 8               |
|                           | 3c   | The main diagnoses, therapeutic interventions, and outcomes                                 | 8-11            |
|                           | 3d   | Conclusion—What is the main “take-away” lesson(s) from this case?                           | 13-15           |
| Introduction              | 4    | One or two paragraphs summarizing why this case is unique *(may include references)*         | 29-31           |
| Patient Information       | 5a   | De-identified patient specific information                                                  | 28-31           |
|                           | 5b   | Primary concerns and symptoms of the patient                                               | 39-45           |
|                           | 5c   | Medical, family, and psycho-social history including relevant genetic information            | nil             |
|                           | 5d   | Relevant past interventions with outcomes                                                  | 34-39           |
| Clinical Findings         | 6    | Describe significant physical examination (PE) and important clinical findings              | 40-45           |
| Timeline                  | 7    | Historical and current information from this episode of care organized as a timeline        | 34-44           |
| Diagnostic Assessment     | 8a   | Diagnostic testing (such as PE, laboratory testing, imaging, surveys)                       | 43-50           |
|                           | 8b   | Diagnostic challenges (such as access to testing, financial, or cultural)                   | 54-55,63        |
|                           | 8c   | Diagnosis (including other diagnoses considered)                                           | 36,46-47,63     |
|                           | 8d   | Prognosis (such as staging in oncology) where applicable                                   | 36,49           |
| Therapeutic Intervention  | 9a   | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | 36-37,49-50,62  |
|                           | 9b   | Administration of therapeutic intervention (such as dosage, strength, duration)             | 36-37,49-50,62  |
|                           | 9c   | Changes in therapeutic intervention (with rationale)                                       | 36-37,49-50,62  |
| Follow-up and Outcomes    | 10a  | Clinician and patient-assessed outcomes (if available)                                     | 70              |
|                           | 10b  | Important follow-up diagnostic and other test results                                      | 54-55,59-63     |
|                           | 10c  | Intervention adherence and tolerability (How was this assessed?)                             | 54-55,59-63     |
|                           | 10d  | Adverse and unanticipated events                                                           | nil             |
| Discussion                | 11a  | A scientific discussion of the strengths AND limitations associated with this case report  | 98-102          |
|                           | 11b  | Discussion of the relevant medical literature *with references*                            | 87-93           |
|                           | 11c  | The scientific rationale for any conclusions (including assessment of possible causes)     | 98-102          |
|                           | 11d  | The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion | 98-102          |
| Patient Perspective       | 12   | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | 59-62           |
| Informed Consent          | 13   | Did the patient give informed consent? Please provide if requested                          | Yes [ ] No [ ] |