Some noteworthy records of *Helvella* from Turkey based on morphology and DNA sequence data

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Abstract

In the present study, current information based on morphological characters and DNA sequence (nrITS) data is given on some uncommon or noteworthy Ascomycetes species collected from different geographic regions of Turkey. First phylogenetic analysis based on nrITS data of *Helvella fibrosa* and *H. macropus* the rare and little-known species was performed in Turkey by this study. Also, the nrITS sequence of *H. fibrosa* was uploaded to current databases for the first time. Detailed morphological description, macro photographs and detailed drawings of microstructures of the two species studied have been presented, and the ecology and distributions of each species has been given.

Key words – ecology – Mediterranean macrofungi – Pezizales – phylogeny – rare species – taxonomy – Turkish mycobiota

Introduction

Fungi are the second largest group of eukaryotic organisms in the world, with approximately 100 000 species described (Kirk et al. 2008). The total number of species is estimated to be between 1.5 and 5.1 million (Hawksworth 1991, 2001, O’Brien et al. 2005, Blackwell 2011). According to various studies, the Ascomycota constitute about half of all fungal species (Bass & Richards 2011). In addition to genera with a simple structure such as *Peziza* Dill. ex Fr. and *Aleuria* Fuckel (orange peel fungus) with their characteristic cup-shaped apothecia, the Pezizales group of Ascomycota includes other genera producing more complex and larger ascocarps like the well-known *Morchella* Dill. ex Pers., *Helvella* L. and *Tuber* P. Micheli ex F.H. Wigg. (Larsen 1980, Hansen & Pfister 2006).

Members of the *Helvella* genus generally are characterized by auriculoid, cupulate to saddle-shaped apothecia varying from white to black in color, the presence of ribs on the stipe and the structure of their ascospores (Dissing 1966a, b, Abbott & Currah 1997). So far, approximately sixty *Helvella* with these characteristics have been described (Wijayawardene et al. 2017). A large number of new entities belonging to *Helvella* have been described from different parts of the world thanks to recent multigenic DNA studies (Nguyen et al. 2013, Hwang et al. 2015, Zhao et al. 2015, Tīpromma et al. 2017, Skrede et al. 2017). Many *Helvella* taxa are widely distributed in shadow areas of deciduous and coniferous forests (Wang & Chen 2002, Zhao et al. 2015). Members of this
genus have been widely reported from land biomes in Europe, North America, Asia and Australia, but little is as yet known of their status in tropical areas (Sesli & Denchev 2008, Nguyen et al. 2013, Solak et al. 2015, Hwang et al. 2015, Skrede et al. 2017, Hansen et al. 2019, Uzun 2019, Løken et al. 2020).

Helvella fibrosa was previously recorded from the Kahramanmaraş Province in the Mediterranean Region (Kaya 2009) and Helvella macropus from Trabzon Province in the Black Sea Region of Turkey (Akata & Kaya 2012). Our collections of H. fibrosa is given from İstanbul Province and H. macropus is recorded from Artvin Province which are new locality records of these macrofungi (Sesli & Denchev 2008, Solak et al. 2015). The purpose of this study is to provide up-to-date information on rare and noteworthy taxa H. fibrosa and H. macropus identified from different geographical regions of Turkey, based on their morphology and DNA sequence (nrITS) data.

Materials & Methods

Specimens and morphological studies

The field works were undertaken in different geographical regions of Turkey between the years 2013 and 2015. Photographs of the fruiting bodies were taken in their natural habitats and their ecological notes were recorded.

The macroscopical descriptions and images of the ascomata were obtained by observation of fresh or dried specimens. For microscopical analyses, the dried materials were rehydrated in distilled water and 3% NaOH or 5% KOH, and subsequently stained with Congo Red or Melzer’s solution. The following abbreviations are used in the descriptions: Lm: for the average length of all the measured ascospores, Wm: for the average width of all the measured ascospores, Q: for the quotient of length and width of all the measured ascospores, and Qm: for the average of all calculated Q values for all ascospores measured. At least thirty mature ascospores from each ascoma were measured. The specimens were deposited at the fungarium of Isparta University of Applied Sciences (Turkey).

DNA extraction, PCR amplification and sequencing

Total genomic DNA was extracted from fresh or dried materials using the ZR Fungal/Bacterial DNA MiniPrep kit (Zymo research, Irvine, CA, USA). Protocols for DNA extraction, PCR and sequencing were the same as those outlined in Kaygusuz et al. (2019). PCR and sequencing of the complete internal transcribed spacer (ITS) region from the ribosomal DNA (rDNA) was performed using ITS1F and ITS4 (White et al. 1990, Gardes & Bruns 1993). Primers ITS1F/ITS4 were used to amplification, using the touchdown PCR protocol described in Kaygusuz et al. (2019). All PCR products were sequenced in Sanger DNA sequencing service (Source Bioscience, Berlin, Germany), with the same primers used in the PCR reactions. The raw DNA sequencing files were edited with Chromas Lite 2.1.1 (http://technelysium.com.au/wp/chromas/) and assembled with BioEdit 7.2.5 (Hall 1999). The edited sequences were then used for BLAST searches in GenBank (www.ncbi.nlm.nih.gov). The newly generated sequences were deposited in GenBank with corresponding accession numbers (MF228805 and MF228806).

Sequence alignment and phylogenetic analyses

For this study, two new sequences of nrITS were generated. Further twenty-four related sequences used in phylogenetic analysis were downloaded from the NCBI (National Center for Biotechnology Information, Rockville Pike, Bethesda MD, USA) database. All sequences were aligned by MAFFT (version 7.110) programs (Katoh & Standley 2013). In addition, final alignments were manually corrected via BioEdit and MEGA X v.10.0.5 (Kumar et al. 2018). In both Bayesian Inference (BI) and Maximum Likelihood (ML) analyses, Dacrymyces chrysospermus Berk. & M.A. Curtis (AB712452) was used as the outgroup taxon.
Phylogenetic tree inference was performed for the ITS dataset by both ML and BI methods. The ML analysis was performed through the Cipres Science Gateway v.3.3 interface (http://www.phylo.org/portal2/) (Miller et al. 2010) using RAxML v.8.2.10 (Stamatakis 2014) employing the GTRGAMMA model with 1000 ML bootstrap replicates and default settings for other options. The BI was carried out using Markov Chain Monte Carlo (MCMC) methods with MrBayes version 3.2.2 (Ronquist et al. 2012). Markov chains were run for $10^6$ generations, saving a tree every $1000^{th}$ generation, with two runs per analysis. The initial 25% trees were excluded as a burn-in, and a 50% majority consensus tree of the remaining trees was then used to calculate the posterior probabilities (PP) of the group. The phylogram inferred from both analysis were displayed with FigTree v.1.4.3 (Rambaut 2016).

Results

Molecular phylogeny

Our phylogenetic analysis has involved on twenty-six nucleotide sequences. The final dataset contained 1141 nucleotide sites. The resulting phylogram with the lowest BIC (Bayesian Information Criterion) value (‒16015.88) and highest log likelihood (‒7976.45) are presented. We selected the topology resulting from the first iteration to present here (Fig. 1, $\ln L = 7745.88$).

![Figure 1](attachment:phylogram.png)

**Fig. 1** – Phylogenetic tree obtained from the maximum likelihood analysis of the ITS-rDNA dataset. *Dacrymyces chrysospermus* (AB712452) was used as outgroup. Support values (Maximum likelihood bootstrap - MLB $\geq$ 55% / Bayesian posterior probability - BPP $\geq$ 0.80) are shown above individual branches. The branches are bold when MLB $\geq$ 90% and BPP $\geq$ 0.95. Newly generated sequences from Turkey are marked in bold.
The phylogram obtained using Bayesian (MCMC) method, showing the Bayesian posterior probability (BPP), displayed similar topology to the phylogram obtained using Maximum likelihood (ML) analyses in RAxML. Therefore, only the ML phylogenetic tree with both Maximum likelihood bootstrap (MLB) values and Bayesian posterior probability (BPP) have been indicated in Fig. 1.

The tree identified by ML analysis of *Helvella* yielded five major clades (Fig. 1): (1) *Lacunosa* clade (MLB = 100%, BPP = 1.0) formed by *H. vespertina* N.H. Nguyen & Vellinga, *H. lacunosa* Afzel. and *H. dryophila* Harmaja, (2) *InvolutalPseudoreflexa* clade (MLB = 99%, BPP = 1.0) consisting of *H. involuta* Q. Zhao, Zhu L. Yang & K.D. Hyde and *H. pseudoreflexa* Q. Zhao, Zhu L. Yang & K.D. Hyde, (3) *Helvella* clade (MLB = 76%, BPP = 0.99) composed of *H. crispa* (Scop.) Fr. and *H. zhongtiaoensis* J.Z. Cao & B. Liu, (4) *Macropodes* clade (MLB = 83%, BPP = 0.81) formed by *H. cf. macropus*, *H. macropus* (Pers.) P. Karst., *H. cf. corium* (O. Weberb.) Massée, *H. fibrosa* (Wallr.) Korf and *H. chinensis* (Velen.) Namnf. & L. Holm, and (5) *Elasticae* clade (MLB = 55%, BPP = 1.0) composed of *H. elastica* Bull., *H. albella* Quél. and *H. compressa* (Snyder) N.S. Weber. Phylogenetic results showed that the most basic phylogenetic branch of the five lineages described in *Helvella* was formed by the *Lacunosa* clade. Also, sister group relationships were shown both between the *InvolutalPseudoreflexa* and *Helvella* clades and between the *Macropodes* and *Elasticae* clades. Collections of *H. macropus* from Turkey and South Korea and samples of *H. cf. macropus* from China grouped together, forming a well-supported branch (MLB = 100%, BPP = 1.0). A collection of *H. fibrosa* recorded from Turkey is located on a well-supported branch in this clade (MLB = 75%, BPP = 0.81). Also, this species forms a group close to *H. cf. corium* and *H. chinensis*. There was no data in GenBank to compare ITS sequences obtained from *H. fibrosa*, and so the status of this species within the *Macropodes* clade has not yet been entirely clarified.

**Taxonomy**

*Helvella fibrosa* (Wallr.) Korf, Mycotaxon 103: 311. 2008.  
Facesoffungi number: FoF 08726  
Basionym – *Peziza fibrosa* Wallr., Fl. Crypt. Germ. 2: 498. 1833.  
Synonyms – *Macropodia fibrosa* (Wallr.) Sacc., Syll. Fung. 8: 160. 1889; *Octospora villosa* Hedw., Descr. Micro-anal. Musc.: 2: 54. 1789; *Peziza macropus* var. *villosa* (Hedw.) Pers., Syn. Meth. Fung. 2: 646. 1801; *Peziza macropus* β (var.) *hirta* (Hedw.: Fr.) Fr., Syst. Mycol. 2: 57. 1822; *Fuckelina villosa* (Hedw.) Kuntze, Revis. Gen. Pl. 2: 852. 1891; *Cyathipodia villosa* (Hedw.) Boud., Icon. Mycol., liste prélim.: 2. 1904; *Leptopodia villosa* (Hedw.) Arnould, Bull. Soc. Mycol. France 9: 111. 1893; *Helvella villosa* (Hedw.) Dissing & Nannf., Svensk Bot. Tidskr. 60(2): 330. 1966; *Helvella dissembling* Korf, Mycotaxon 31(2): 381. 1988.

Ascoma 5–13 mm high. Apothecia 3–6 mm high, 3–4 mm wide, cup-shaped at first, becoming saddle-shaped to irregularly lobed, typically initially laterally compressed, sometimes with a deflexed margin, pinched in at the apex; hymenium pale grey or dark grey when young, fading to greyish-brown to pale grey, smooth; exterior surface light-grey to pale-grey or pearl grey, very hairy, densely pubescent. Stipe 4–12 mm long, 1–2 mm broad, central, cylindrical, solid, hairy, densely pubescent, whitish to cream, becoming creamy when dried, basal mycelium white. Context very thin and fragile, light to pale gray. Smell and Taste indistinct. Spore print white.

Ascospores (12.0–)14.3–16.2(–18.0) × (8.4–)10.5–11.9(–12.2) μm, L\(^m\) × W\(^m\) = 15.3 × 11.2 μm, Q = (1.2–)1.3–1.5(–1.6) μm, Q\(^m\) = 1.4 μm, ellipsoid, uniguttulate, uniseriate, smooth, hyaline, thin-walled. Asci 200–270 × 13.5–16.5 μm, subcylindrical to clavate, operculate, hyaline, inamyloid, uniseriate, 8-spored, gradually enlarged towards apex, narrowed below. Paraphyses 2–4 μm wide, gradually enlarged at the apex 3–6 μm, clavate, slender, slightly exceeding the asci, septate, thin-walled, hyaline to pale brown. Medullary excipulum 250–420 μm broad, of texture intricata, composed of interwoven, branching, septate, hyaline, thick-walled hyphae 3–7 μm broad.
Ectal excipulum 180‒270 μm broad, of textura angularis, hyphae hyaline, outermost cells 18–36 × 10–19 μm, end cells clavate to subclavate, with long fascicled hyphae, slightly thick-walled.

**Fig. 2** – *Helvella fibrosa* (OKA2100). a – b Fresh apothecia, on natural substrate. c Ascospores. d Asci. e Paraphyses. f Ectal excipulum of apothecia. Scala bars: a = 5 mm, b = 1 mm, c, d = 20 μm; e, f = 10 μm. Photographs and line drawings by O. Kaygusuz.

Specimen examined – TURKEY, İstanbul Province, Şile district, near Saklı Lake, under or in the close vicinity of *Quercus petraea* (Mattuschka) Liebl., on wet soil among mosses, elev. 75 m, 23.11.2013, coll. and det. by O. Kaygusuz, OKA2100 (MF228805, OKA-100).
Ecology – Solitary or in scattered small groups on the ground or amongst moss, in temperate deciduous mixed forests, on damp to moist, mostly acidic soils, generally on slopes or hills derived from rocks which are rich in nutrients, fruiting in temperate periods between late October and early November, mainly present at elevation of under 100 m. Reported under or in the close vicinity of Quercus petraea.

Comments – Characteristic features such as an apothecia varying from blackish to grey in color, a cup-shaped apothecia, a thin stipe and lower parts with a pubescent form are useful in identifying members of the genus Helvella. Of these, Helvella fibrosa has been recorded from different regions of the world and is seen to have a wide distribution. However, this species has long been confused with H. macropus, and wrong identifications have been made. Korf (2008) summarized the outlines of the historical name changes of H. fibrosa, and how its current name has been accepted. H. fibrosa is morphologically similar to H. macropus, but they can be distinguished by the darker hymenium and less villose apothecia surface of H. fibrosa (Skrede et al. 2017). Also, the ascospores of H. fibrosa are ellipsoidal and not acuminate.

Helvella fibrosa may be confused with H. cupuliformis Dissect & Nannf. because of its cup-shaped apothecium and straight and round stipe. Fresh specimens of these two species can be distinguished by hymenium color, which varies from grey or dark greyish-brown to dark brown in H. fibrosa, and from pale brown to yellowish brown in H. cupuliformis (Dissing 1966a, b). Dried specimens of H. fibrosa can be distinguished from H. cupuliformis by its longer and less sturdy stipe. Also, H. fibrosa has rather narrower spores than H. cupuliformis.

Under adverse environmental conditions, H. fibrosa can be confused with H. corium, H. didicusana L. D. Gómez, H. solitaria P. Karst., and H. rivularis Dissing & Svvertsen. However, they can be distinguished from H. fibrosa by the slightly longer ascospores and blacker apothecium of H. corium (Dorje et al. 2013), the smaller ascospores (6–14 × 6–8 μm) of H. didicusana (Van Vooren 2014, Landeros et al. 2015), the ribbed stipe of H. solitaria (Beug et al. 2014), and the small apothecium and slightly larger ascospores (17–20 × 11–13 μm) of H. rivularis (Van Vooren 2014).

According to the present phylogenetic tree, H. fibrosa is phylogenetically closely related to but distinct from H. macropus, H. cf. macropus H. cf. corium and H. chinensis based on the ITS data. In addition, the result that H. fibrosa grouped with collections of H. cf. corium from China and H. chinensis from Sweden as a whole gets good statistical support, 75% of bootstrap and 0.81 bayesian PP support. The ITS sequences obtained from H. fibrosa in this study were uploaded to current databases for the first time. Because of the lack of data in GenBank with which to compare H. fibrosa, the position of this species in the Macropodes clade has not been completely elucidated.

Helvella macropus (Pers.) P. Karst., Bidr. Kann. Finl. Nat. Folk 19: 37, 1871.  
Facesoffungi number: FoF 08727  
Basionym – Peziza macropus Pers., Ann. Bot. (Usteri) 15: 26. 1795.  
Synonyms – Peziza macropus Pers., Ann. Bot. (Usteri) 15: 26. 1795, var. macropus; Peziza macropus var. hirta Pers., Ann. Bot. (Usteri) 15: 26. 1795; Helvella macropus (Pers.) P. Karst., Not. Sallsk. Fauna Fl. Fenn. Forh. 11: 224. 1870, var. macropus; Macrosycphus macropus (Pers.) Gray, Nat. Arr. Brit. Pl. 1: 672. 1821; Macropodia macropus (Pers.) Fuckel, Jahrb. Nassauischen Vereins Naturk. 23–24: 331. 1870 (1869–1870); Aleuria macropus (Pers.) Gillet, Champ. France Discomyc.: 35. 1879; Lachnea macropus (Pers.) W. Phillips, Man. Brit. Disomyc.: 207. 1887; Cowlesia macropus (Pers.) Nieuwl., Amer. Midl. Naturalist 3: 300. 1916; Cyathipodia macropus (Pers.) Dennis, British Cup Fungi: 7. 1960.

Ascoma 30–40 mm high. Apothecia 4–6 mm high, 8–12 mm wide, cup-shaped when young, soon becoming disc or saucer-shaped, then nearly flattened saucer-shaped, margin incurved at first then expanded, typically with a distinct stipe; hymenium pale or dark gray when young, becoming pale greyish brown to dark brown with age, smooth to slightly wrinkled, ribs absent, dull, dry or moist; exterior surface pale gray to grayish brown, densely villose especially near the margin; margins of the apothecium curving over the hymenial surface when young. Stipe 15–35 mm long,
1.5–4 mm broad, central, cylindrical, equal or enlarged at base, apex typically tapered, dry, solid, hairy-scurfy, densely pubescent, light dull-gray to gray-brown with a pale whitish base. Context whitish, very thin and fragile. Smell and Taste indistinct. Spore print white.

**Fig. 3** – *Helvella macropus* (OKA2199): a – c Apothecia. d Ascospores. e Asci. f Paraphyses. g Ectal excipulum of apothecia. Scala bars: a = 5 mm, b, c = 2 mm, d, e = 20 µm, f, g = 10 µm. Photographs and line drawings by O. Kaygusuz.
Ascospores (18.0–19.5–27.0(–29.0) × (9.6–10.0–12.2(–13.0) μm, $L^m \times W^m = 23.0 \times 11.0$ μm, $Q = (1.7–)1.9–2.3(–2.5) \mu m$, $Q^m = 2.1 \mu m$, fusiform-elliptic to subfusiform, mostly with one large central oil droplet, usually finely punctate, smooth, hyaline, thin-walled. Ascii 255–295 × 12.5–18.0 μm, cylindrical, each ascus contains eight ascospores, inamyloid, uniseriate, hyaline, thin-walled. Paraphyses 2–4 μm wide, enlarged gradually to abruptly at the apex 5–9 μm, clavate, slender, thin-walled, hyaline to pale brown, septic, contents finely granular. Medullary excipulum 210–290 μm broad, of textura angularis, hyaline, outermost cells 12–29 × 10–17 μm, end cells cylindrical to subclavate, with long fascicled rows, slightly thick-walled.

Specimen examined – TURKEY, Artvin Province, Hopa district, near Çavuşlu town, on the edge of the Camellia sinensis L. garden, on moist to wet acidic soil rich in organic matter, elev. 300 m, 01.10.2015, coll. and det. by Ö. Kaygusuz, OKA2199 (MF228806, OKA-199).

Ecology – Solitary or gregarious from late September to early October, generally present at over 300 m of elevation, on the ground, among mosses, in temperate deciduous mixed forests, especially on acidic noncalcareous clay-loam soils. Reported also to grow under tea bushes (Camellia sinensis).

Comments – The species of the Helvella genus can generally be distinguished from one another by the dimensions, form, configuration and colour of the stipe and apothecia. Helvella macropus is characterized by a villose apothecia and stipe, and by verrucose ascospores.

*H. macropus, H. fibrosa and H. cupuliformis* show great similarity, but they differ from one another in colour and the morphology of their ascospores (see discussion under *H. fibrosa*). Although *H. macropus and H. terrestris* (Velen.) Landvik share fusoid to subfusoid ascospores, the ascospore of *H. macropus* (18–29 × 9.6–13 μm) are smaller than those of *H. terrestris* (50–65 × 12–15 μm, Landvik et al. 1999).

Morphologically *H. macropus* and *H. brevis* (Peck) Harmaja have similar features, however the ascospores of *H. macropus* are broader than those of *H. brevis* (Peck 1902, Weber 1972). Also, the stipe length of *H. macropus* is greater than that of *H. brevis* (8–16 mm long) (Harmaja 1974, Beug et al. 2014). Finally, the outside surface of the apothecia of *H. brevis* is much less villose than that of *H. macropus*.

Our phylogenetic analysis shows that *H. macropus* is phylogenetically closely related to but distinct from *H. fibrosa, H. chinensis and H. cf. corium* based on the ITS data. In addition, the result that *H. macropus* clustered with collections of *H. macropus* from South Korea and *H. cf. macropus* from China as a whole gets high statistical support, and 100% bootstrap and 1.0 bayesian PP support. Similar phylogenetic results were observed by Landeros et al. (2015) and Skrede et al. (2017) in their phylogenetic analysis. *H. macropus* is presented from Turkey for the first time based on ITS data in this study. In future studies, it will be necessary to include analyses of sequences from Europe and other areas in order to determine the position of *H. macropus* in relation to other species.

In conclusion, our survey presents the new DNA sequences of the interesting and noteworthy species Helvella fibrosa and *H. macropus*. In addition, the nrITS sequence of *H. fibrosa* was uploaded to current databases by us for the first time as a result of this study. The two species studied were presented with detailed morphological descriptions, macro photographs and drawings of micro-structures. Our study confirms the existence in Turkey of certain uncommon and important fungi, and contribute to future studies on the phylogeny, morphology, taxonomy and distribution of the species recorded.

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