HYPNOTHERAPY FOR CHILD PERPETRATORS OF CRIMINAL ACTS

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Abstract
Social changes in the era of technological advances open up great opportunities for a lot of bad content for children's education such as pornography, violence, bullying, murder and others. This can cause the subconscious mind of a child who is in the process of learning to observe the environment so that it is embedded as values and mindsets and ultimately triggers children to commit criminal acts. Based on these conditions, it is not enough to develop a more comprehensive coaching model to change their behavior and thought patterns by accessing the subconscious mind through hypnotherapy techniques. The research method in this article is a literature study using primary and secondary data. Purpose the research the article to inform a model from guide in lpka for child perpetrator from criminal action through that addition from a hypnotherapy program and to inform model of guidance at lpka for child perpetrators of criminal acts through the addition of a hypnotherapy program. The research method is carried out by in-depth interviews with informants and literature study using secondary data in the form of decisions, journals, books, previous research and articles. The theoretical approaches used to analyze this article are differential association theory and coaching theory.

Keywords: Hypnotherapy, Juvenile Offenders, Coaching

A. Introduction
The sustainability of a nation and state is determined by its strategic role children. In conditions like this, the state firmly guarantees the rights of every child to life, grow, develop and that country also protect children from violence and discrimination. Therefore, everything that is in that best interest from that child Should Becomes life as the best interest for human survival because of its strategic rolefrom that child in continuity from nation and state.¹

The form of implementation of the principle of the best interests of the child as mentioned above is accommodated in the provisions of legal protection in the judicial system to the stage of fostering for criminal acts of children. Furthermore, such legal protection needs to be sought, among others, because of deviant or unlawful behavior carried out by the child originating from factors outside the child.²

¹Quoted from that general explanation from that Law (hereinafter referred to as Law) Number 11 from 2012 about that Teenager Criminal Justice system.
²The main focus of this paper focuses on Children in Conflict with the Law, hereinafter referred to as Children (Children starting with a capital letter A), i.e. children who are 12 years old, but not yet 18 years old who suspected of committing a crime (Article 1 point 3 of Law Number 11 of 2012 concerning Juvenile Criminal Justice)System). moreover, a child who have received a decision from a judge is referred to as a criminal child as
It can be understood that a child, both physically and spiritually, has not been able to stand alone, has not perfected his mindset and many have not been able to distinguish between good and bad or right and wrong. Factors from outside the child that make children do deviant behavior or violate the law can be analyzed from the rise of criminal acts in the digital era and the majority are initiated by the millennial generation, one example is the crime of decency.

In some cases observed, the mode of occurrence of decency crimes is almost the same. Through the virtual world, children get to know each other and then decide to meet, guided by lust. Porn videos that can be accessed freely on various channels are one of the triggers for criminal acts of decency as a symptom of social change (factors from outside the child). Thus, this is a clear example of the urgency of the need to regulate legal protection in the justice system to the stage of fostering criminal children as described previously.

Thus, through Law Number 11 of 2012 concerning Child Crimes Justice System, the State has conveyed the need for protection against negative factors from rapid development, increasingly advanced science and technology, and changes in the way/lifestyle of some older people. Then it will cause fundamental social changes in people's lives that greatly affect the values and behavior of children.

Handling children who are perpetrators of criminal acts, law enforcers are always obliged to pay attention to the requirements of children who are not the same as adults. Criminal sanctions can be in the form of: given to children who commit crimes. In Article 71 it is stated that Basic criminal offenses for children consist of a criminal warning, criminal conditions such as: coaching outside the institution, community service, and criminal supervision. Then there is also job training, coaching in institutions, and finally imprisonment. Welcome this through hers decision, judge check that case worn prison sentence on that Special Institution for Child Development (more simply referred to as LPKA) to Child Perpetrator from Crime with consideration that focus on self-improvement.

The hope to realize this self-improvement is entrusted to LPKA because there children have the right to receive guidance, coaching, mentoring, supervision, education and training, as well as other rights in accordance with the provisions of laws and regulations and LPKA is obliged to implement them. as referred to in Article 85 paragraphs (2) and (3) of Law Number 11 of 2012 concerning the Juvenile Criminal Justice System so that children improve themselves, and do not repeat criminal acts so that they can be accepted again by the
community, so they can play an active role in development, and can live naturally as good and responsible citizens.\textsuperscript{10}

Referring to the ideal conditions of coaching, there are still obstacles in its implementation. This was conveyed in the Final Report of the Legal Assessment of Child Development Models Based on Decent Education for Children in the Correctional System conducted by the BPHN Legal Studies Working Group at the National Legal System Research and Development Center, National Legal Entity Legal Development Agency of the Ministry of Law and Human Rights of the Republic of Indonesia. meet the needs of children where LPKA employees are "forced" to do anything, including teachers and counselors. In addition, not all LPKA have psychologists, while criminal acts committed by children are assumed to be more about delinquency and psychological deviations from children (environmental, sociological).\textsuperscript{11}

The novelty of the data, in order to applied hypnotherapy at LKPA for child perpetrator act criminal decency. Because, child in perpetrator act criminal decency tend caused by incoming porn content into the thought lower aware , so must so that must be fixed from the root. Could It is known that the implementation of coaching for children in LPKA still has obstacles so that it becomes a gap to improve the existing coaching model. The existing obstacles become very interesting if they are related to the basic problems that trigger children to commit crimes.

In theory, a child who is capable of committing a crime can be triggered/caused by bad impressions that are repeated throughout the child's lifetime so that it becomes a repetition of ideas for a child who is in the stage of carrying out the learning process through environmental (social) observations. learning theory through imitation or modeling \textsuperscript{12}. The repetition of ideas originating from the global current of technological progress will be embedded in the subconscious mind of the child so that it is accepted as a value because there is no filter from parents or caregivers, which was mentioned earlier that changes in the style and way of life of some parents have also contributed to make fundamental social changes in people's lives and greatly affect the values and behavior of children.\textsuperscript{13}

Thus, if the guidance provided at LPKA is only in the form of personality development consisting of spiritual activities, legal awareness, physical awareness, awareness of the nation and state, is it enough? How to fix and eliminate the main root of the problem that is in the subconscious of the Child Offender? Referring to Efforts to improve the coaching model for Child Criminal Actors, the differential association theory will be used as a tool to analyze the causes of child criminal cases, then proceed with coaching theory.

Starting from this, the researcher was then moved to study hypnotherapy \textsuperscript{14} to provide a new nuance as an additional program in the coaching model at LKPA for Child Crime

\textsuperscript{10} It philosophical base from that correctional system as in Law from that Republic From Indonesia Number 12 from 1995 about Correct and Decree from that Minister from Law and Man Right from that Republic from Indonesia Number M.Hh-03.Ot.02.02 of 2014 Guidelines for Child Care in Correctional Institutions (Bapas), Temporary Child Placement Institution (LPAS) and LPKA.

\textsuperscript{11} Nurini Apriliaanda, 2014, "Model from Child Development Based on on Well Education for Children in that correctional System, Middle for Research and Development from that National Law System, National Law Development Agent from that Ministry from Law and Man Right to that Republic from Indonesia" (Final Report Law study), p. 62.

\textsuperscript{12} Sriyanto, et al, "Assertive Behavior and Juvenile Delinquency Based on Parenting Patterns and Mass Roles" Media, Journal of Psychology Vol. 41 No. June 1, 2014 , p. 74-88.

\textsuperscript{13} Thought programs can be embedded in the subconscious mind through 5 (five) pathways, namely the ideas conveyed by authority number, ideas with tall emotional contents, repetition from ideas, help from ideas by other source, ideas associated with significant emotional factors. Adi W. Gunawan, 2012, Hypnotherapy for Children, (Jakarta: PT Gramedia References Main, 2012), p. 28.

\textsuperscript{14} Ni comfortable Art Sense Goddess, "It Role from Hypnotherapy to Resolve Worry Face First Child Labor", Mandala Vol. 2 No.2 2018, p. 15-21 and Early Ratri desiningrum, "Brain Gymnastics Therapy to Stimulate Short-Term Memory Ability in Autistic Children", Journal of Psychology Vol. 43, No. 1 2016, pp. 30-41 later also
Perpetrators which is expected to be right on target and thoroughly get to the root of the problem aspired law (\textit{ius constituency}). The research method in this article is a literature study using primary and secondary data.

B. Discussion

1. Background

Need A Model from Guide in LPKA for Child Perpetrator from Criminal Action through that Addition from a Hypnotherapy Program

Suggestions for adding a hypnotherapy program to the coaching model at LPKA oppose criminal children is motivated by that existence from a number of obstacles that are crucial and fundamental so that they become a gap for needs increase that which exists construction model.

The children referred to in this subsection are children as a whole who not yet 18 years old, including those who are still in the womb (written with children) while children in conflict with the law are children who are 12 years old many years old, but no not yet 18 many years old who is suspect from To do a crime as stated in Article 1 point 3 of Law Number 11 of 2012 concerning Children Criminal Justice System (next referred to as Children capital letter C).

Start from a explanation about child people (12-18 many years) can To do a crime from courtesy because from a learning process During that age he have passed (the period before reaching the present age) or in other words a criminal Behavior is behavior that is learned in intimate interactions with other people private groups through the communication process. In the explanation above, interaction factor can come from that environment, social media (as a communication media) that provide information or values and also the family education/nurturing pattern.\textsuperscript{15}

![Figure 1. Analysis of the Structure of the Causes of Crime by Children](image)

\textsuperscript{15}Edwin Hardin Sutherland and Donald R Cressey, 1960, \textit{Principle from criminology}, (New York: JB LippincottCompany), p. 77 dan IS Susanto, 2011, Criminology, (Yogyakarta: bell Publishing), Thing. 80-94.
Furthermore, if value (retrieval of information) are related to criminal acts that are repeatedly obtained from the environment when children are 0-13 years old, then the information becomes a repetition of ideas for children who learn through the environment. observation (social learning theory through imitation and modeling). The repetition of the idea will be embedded in the child's subconscious mind so that it is accepted as a value because the child's subconscious mind has an influence in determining thought patterns, habits, behavior, and attitudes by nine times compared to the conscious mind when the child is aware. The mind will only develop optimally at the age of 13 years.

In addition to the power of the subconscious mind, between the conscious mind and the subconscious mind is connected by a critical factor. This means that gaps are formed at the age of seven years as a filter for information coming from the conscious mind to the human subconscious while optimal development also occurs at the age of thirteen years. As a result, if in the period of growth and development children receive permissive parenting, they are very susceptible to entering wrong information or ideas into their subconscious.

Armed with these values, children (aged 12-18 years) who are in the stage of hypothetical thinking without seeing/experiencing themselves & subjectively assessing the values they like/dislike by considering experience, past/family and also current this is psychosocial. the questioning stage of their identity influences children to make decisions, but given that children's ability to make decisions is different from that of adults, decision-making by children will always be related to peer/social/family influence, risk-taking/emotional, and temporal/cognitive perspective.

Based on the factors that influence decision making, children who have embedded immoral values/behaviors, violence, or bullying since childhood will also involve these values in decision making so as to trigger children to commit criminal acts. It is different if the child gets a good environment, instills good values in the subconscious mind and has mature psychosocial development, then the decision-making made by the child will lead to something good so that crime does not occur.

Reflecting on these conditions, in line with the cases that occurred in several Child Perpetrators of Moral Crimes who had been fostered at the LPKA Bandar Lampung that children committed decency crimes because they often watched pornographic shows from cellphones and websites more than once. From there it is known if the root of the problem is in the subconscious of a person/child.

Therefore, if the Child Perpetrators of Child Crime in LPKA only foster their personality with spiritual activities, legal awareness, physical awareness, nationhood and state alone will not be enough. Thus, the best way to nurture a child who commits a crime is to repair and eliminate the main root of the problem that lies in the subconscious mind of a child who commits a crime, namely by instilling new values into the child's subconscious to replace the bad values that have occurred. Already stored in the child's mind. The child's subconscious mind as a result of social learning (imitation and modeling) when the child is in the imitation learning stage.

Referring to these matters, the researcher deems it necessary to update the coaching model at the LPKA for Child Crime Actors through the addition of a hypnotherapy program. The novelty of the data, in order to applied hypnotherapy at LKPA for child perpetrator act criminal decency. Because, child in perpetrator act criminal decency tend caused by incoming porn content into the thought lower aware , so must so that must be fixed from the root.

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16 Sriyanto, et al, … Op.Cit, p. 74-88.
17 Adi W Gunawan, 2012, Hypnotherapy for Children. PT Gramedia References, Main, Jakarta, p. 25-26.
18 Norhaslinda Kamaruddin, et al, Detection of Neurophysiological Computational-Based Pornography Addiction Approach", Indonesian Journal from Electricity Manipulation and Computer Science, Vol 10, Not. 1, April 2018, p.138-145.
Could it be that the implementation of coaching for children in LPKA still has obstacles so that it becomes a gap to improve the existing coaching model. The existing obstacles become very interesting if they are related to the basic problems that trigger children to commit crimes.

2. The Model of Guidance at LPKA for Child Perpetrators of Criminal Acts through the Addition of a Hypnotherapy Program.

Hypnotherapy has a working mechanism to access the subconscious mind which to achieve this human brain activity must be on Alpha waves to Theta. Specifically, the mechanism for giving suggestions to a person's subconscious is by opening the Critical Factors of Child Crime Actors and communicating directly with the subconscious (hypnotic condition). While in the subconscious, the information/messages needed will be stored neatly in the subconscious.

When humans are in activities that require alpha to theta waves, the human mind can be flooded with suggestions so that hypnosis can be done, because in this wave humans will only focus on one attention, so suggestions will enter easily and it is hoped that there will be changes in the quality of life for the better. With stages such as: 1) pre-induction/pre-talk 2) suggestion test 3) induction 4) deepening 5) trance level test/depth level test 6) suggestion/affirmation.

![Figure 2. The process and stages of correctional development at LPKA](image)
Hypnotherapy is widely used in facilitating activities of human life such as: reduce anxiety, change habits and on the path of law enforcement hypnosis is applied as a hypno-forensic in the United States and now it has been used in Indonesia as an investigation method, one of which is cyanide poisoning case. Hypnotherapy is the application of hypnosis to cure mental disorders and relieve physical disorders.

In Indonesia, the regulations governing children’s problems need to be continuously improved, especially regarding the legislation on juvenile justice, where the criminal law in Indonesia which regulates children is not only limited to material criminal law, but also regulates formal criminal law. Based on Law Number 11 of 2012 concerning Child Crime The Justice System, Child Development in LPKA includes Personality, Skills and Education Development. Personality development focuses on mental and character from that child so that he becomes a complete man creature, Fright Lord, and responsible for themselves, while skill development aims to equip children with with Skills.

In principle, exemplary in nurturing children today is based on correctional system with integrated, sustainable and sustainable management process since pre- trial (before the trial), adjudication (during the trial) and post- adjudication (after the trial) even to the stage of mentoring after serving a sentence. Personality development in detail, namely: spirituality / piety to God Almighty, aware of the law, physical, awareness of the nation and state and, other activities such as attitude, behavior, intellectual and personality development is required, when Skills development including: agriculture development, farm, carpentry, art and HE and other activity according to interest and talent which destination to train work Skills, then for education, that is: formal education, and Non-formal education.

Thus, in the model of fostering the Child Perpetrators of Criminal LPKA currently no one is touching in therapy from that child the subconscious thoughts. Whereas in the previous discussion, the best way to foster child offenders is to to fix and eliminate the main root of the problem that lies in the subconscious the minds of children of criminals, namely by instilling new values into the the child’s subconscious mind to replace the bad values that have been stored. In that child the subconscious thought as a results from social learning (imitation and modeling ) When that child is in that imitation learning stage.

In that at the moment condition, construction in LPKA permanent have a gap to Get a update because from limited man resource and also a inappropriate construction model that targeting the

19Dona Fitri Annisa, et al, “Hypnotherapy as an alternative approach in reducing anxiety in the elderly”, Counselor vol. 8, Not. 1 2019, p. 32-37.
20William C. Wester I and D. Corydon Hammond, “Solving Evil with Hypnosis”, American Journal of Clinical Hypnosis Vol. 53 No. 4, April 2011, p. 249-263.
21Shinta Rukmi Budiasutti and Wibowo Murti Samadi, “Implementation of Diversification Sanctions as an Alternative to Imprisonment for Children Perpetrators of Criminal Acts,” Research Fair Unisri 5, no. 1 (2021): 81, https://doi.org/10.33061/rsfu.v5i1.4578.
22Andik Prasetyo, “Legal Protection for Children Perpetrators of Crime,” Mizan: Journal of Legal Studies 9, no. 1 (2020): 51, https://doi.org/10.32503/mizan.v9i1.1054.
23Decree from that Minister from Law and Man Right from that Republic from Indonesia Number M.Hh-03.Ot.02.02 from 2014 about Guidelines for that Treatment from Children in correctional Center (Father), Temporary Child Placement Institution (LPAS) and LPKA in the that Ministry from Law and Human rights.
24Ibid
25Formal education consists of 9 years of compulsory education/SD, SMP and SMA, while non-formal education includes the pursuit of Package A for the elementary level, Package B for the junior high school level tall school level and Packaging C for that tall school level. This is as mandated in that Decree from that Minister from Law and Man Right from that Republic from Indonesia Number M.Hh-03.Ot.02.02 from 2014 about Guidelines for that Treatment of Children in Correctional Institutions (Bapas), Temporary Child Placement Institutions (LPAS) and LPKA.
root of the problem, such as in the case of criminal actually hurt children in future because they is stigmatized.  

In addition, for the development and handling of problems related to children, Barda Nawawi Arif states:

a. Children who commit crimes should not be seen as criminals, but as humans who need help, understanding and affection. 

b. The juridical approach to children should prioritize persuasive education approach and a psychological (psychological) approach or avoid law process that is solely punish, mental degradation and demoralized and avoid stigmatization.

To support the philosophical foundation of the correctional system and the principle of protection, which is essentially coaching, is intended to correctional prisoners realize theirs error, repair self, and To do no repeat criminal acts so that they can be accepted by the community, then they can be played with an active role in development, and can live naturally, as a good and responsible person citizen, that Child perpetrator from that Crime as that victim also needs to becomes "treated" on that root of problem.

There is a number of interconnected factor that because offend again, that is static and dynamic stake factor. Static stake factor Found in a permanent nature such condition as a history from crime, age and gender when dynamic stake factor (criminogenic) need is factor that can change like as behavior, network, and personality where are the factors judged to close related to offend again.

Based on the overall description above, it is very important to add hypnotherapy program in the LPKA coaching model for Child Perpetrators Crime so that the root of the problem can be resolved and minimize its occurrence repetition of criminal acts or at least keep the Child away from thoughts that can trigger activity which can trigger criminal action. The addition of Hypnotherapy program as a coaching model at LPKA for Child Crime Perpetrators are committed in the post-trial period specifically at the implementation stage of personality development to improve attitudes and behavior by accessing the subconscious mind. Hypnotherapy program to be implemented about the number of sessions depending on level of addiction and underlying attitudes and can be identified through profiling assessment stage.

Because of that LPKA possible work with a hypnotherapist for addition implementation of this program. It is expected that the coaching model with addition from a hypnotherapy program for Child Perpetrator from Crime can resolve behavior problems get to the root and keep the Child from doing the same thing again so that child can come back to Public with new and better soul and behavior.

C. Conclude and

1. The best way to raise children who commit crimes is to correct and remove The main root of the problem lies in the subconscious, namely by implanting new values into the that child the subconscious thought to replace bad values that have once saved in that child the subconscious thought as a results. from social learning (imitation and modeling) When children are in that imitation learning stage. Referring to this In this regard, the researcher deems it necessary to update the coaching model in LPKA Perpetrators of Child Crimes through the addition of hypnotherapy program. Then an additional hypnotherapy program was carried out during the post-adjudication period, especially at the stage of personality implementation development to repair that attitude and behavior from Child Perpetrator.

26 Paul Hadisupraptoto, Hadisupraptoto, Paul, 2002, "Give reintegration Shame as a Non-penal Method from Resolve Child Crime Behavior", Dissertation on Doctoral Program in Law, Diponegoro university, page 31.
27 start and Barda Nawawi Arif, 1992, Anthology from Criminal law, alumni, Bandung, page 15
from Crime by accessing the subconscious mind. The hypnotherapy program that will how many times the trial is applied to the Child Perpetrator has brought go out depend on that level from addicted and can be known through the profiling assessment stage. Therefore, LPKA can work with hypnotherapists to addition implementation of this program.

2. Based on the overall description above, it is very important to add hypnotherapy program in the LPKA coaching model for Child Perpetrators Crime so that the root of the problem can be resolved and minimize its occurrence repetition of criminal acts or at least keep the Child away from thoughts that can trigger activity which can trigger criminal action. The addition of a Hypnotherapy program as a coaching model at LPKA for Child Crime Perpetrators are committed in the post-trial period specifically at the implementation stage of personality development to improve attitudes and behavior by accessing the subconscious mind. Hypnotherapy program to be implemented about the number of sessions depending on level of addiction and underlying attitudes and can be identified through profiling assessment stage.

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