Impact of Enhanced Production of Endogenous Heme Oxygenase-1 by Pitavastatin on Survival and Functional Activities of Bone Marrow–derived Mesenchymal Stem Cells

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Abstract: Although mesenchymal stem cells (MSCs) have a therapeutic potential for the repair of tissue injuries, their poor viability in damaged tissue limits their effectiveness. Statins can induce an increased production of heme oxygenase-1 (HO-1), which may prevent this detrimental effect in MSCs. We investigated the protective effect of statin-induced overexpression of HO-1 by examining changes in gene expression and function in MSCs after pitavastatin treatment. The relative expression of the HO-1 and endothelial nitric oxide synthase genes in MSCs was significantly increased after treatment with pitavastatin (PitaMSCs). Immunocytochemical analysis showed that PitaMSCs also stained with phospho-Akt. After exposure to oxidative stress, PitaMSCs showed increased resistance to induced cell death compared with control MSCs. Under serum starvation conditions, MSCs treated with 1 μM pitavastatin showed enhanced cell proliferation and a marked increase in vascular endothelial growth factor production compared with control MSCs. Interestingly, PitaMSCs showed enhanced tube formation under both normoxia and hypoxia. These results demonstrate that pitavastatin can enhance endogenous HO-1 expression in MSCs, which may protect the cells into the environment of oxidative stress with partial activation of endothelial nitric oxide synthase and Akt phosphorylation.

Key Words: heme oxygenase-1, statins, mesenchymal stem cells, cytoprotection

INTRODUCTION

Mesenchymal stem cells (MSCs) have been shown to have considerable potential in stem cell therapies particularly in ischemic heart disease. However, the relatively poor viability of MSCs in injured tissues, probably as a result of oxidative stress, limits their repair capabilities. Heme oxygenase-1 (HO-1), the rate-limiting enzyme for heme degradation, catalyzes the stepwise degradation of heme to produce equimolar quantities of biliverdin, iron, and carbon monoxide.1 HO-1 has been identified as a protein with antioxidant, anti-inflammatory, and cytoprotective functions through the effects of its metabolites.2 We previously reported that transient overexpression of the human HO-1 gene in MSCs, achieved using a plasmid vector, improved cardiac function in a myocardial infarction model.3 Therefore, MSCs that overexpress HO-1 may have the potential to act as high-functioning stem cells for clinical applications of stem cell therapy.

Upregulation of HO-1 expression is induced by many different factors, such as cytokines (interleukin-10, tumor necrosis factor), endotoxins, angiotensin II, hypoxia, and various drugs.4,5 Thus, HO-1 augmentation may indicate an endogenous defensive system in cells or organs.6-7 Inhibitors of 3-hydroxy-3-methylglutaryl coenzyme A reductase, such as statins, have been demonstrated to influence production of inflammatory cytokines and other mediators to moderate pleiotropic effects8 and to markedly upregulate HO-1 gene expression in a cell- and species-specific manner.9 However, few data exist regarding the impact of endogenous overexpression of HO-1 in MSCs on the survival and functional capabilities of the cells. In this study, we assessed the effect of pitavastatin-induced endogenous expression of HO-1 in cultures of MSCs.

MATERIALS AND METHODS

Preparation of Bone Marrow–derived MSCs

All of the animal experiments were performed in accordance with the internationally accepted guidelines from the Animal Care Committee of Kanazawa University, which approved our experimental protocol.

MSC expansion and isolation were performed according to previously described methods.10 Briefly, male Lewis
rats (200–300 g; Japan SLC, Hamamatsu, Japan) were anesthetized by injection of pentobarbital sodium (30 mg/kg body weight intraperitoneally) with buprenorphine (0.03 mg/kg subcutaneously) for pain control. Immediately after killed, bone marrow was harvested by flushing the femoral and tibial cavities with phosphate−buffered saline. The cells were then cultured in standard medium [Gibco’s minimum essential medium alpha (MEM alpha) with 10% fetal bovine serum (FBS; ICN Biomedicals, Inc, Irvine, CA), 100 U/mL penicillin, and 100 μg/mL streptomycin. Nonadherent cells were removed, and the medium was replaced. Cell culture experiments were performed at 37°C in 5% humidified CO₂. In all experiments, adherent and spindle-shaped MSCs were used at passages 3–5. Phenotypic analysis of adhered cultured cells from the three−fifth passage showed strongly expressed CD29, CD73, CD90, and SSEA-1 using standard flow cytometry techniques (JSAN Biosciences, La Jolla, CA).10 In contrast, these cells were negative for CD14, CD34, CD45, and SSEA-4. Cultured Mscs (1 × 10⁶ cells per well) were incubated in control media or treated with pitavastatin (0, 0.1, 0.5, and 1 μM; Kowa Co, Ltd, Nagoya, Japan) for the specified times. Pitavastatin-treated cells are referred to in this article as PitaMSCs.

**Polymerase Chain Reaction Analysis of Changes in Expression of Endothelial Nitric Oxide Synthase, HO-1, and Hypoxia-inducible Factor-1α Genes**

The levels of endothelial nitric oxide synthase (eNOS) and HO-1 mRNAs were determined in MSCs treated with pitavastatin for 6 or 24 hours.11 The level of HIF-1α messenger RNA (mRNA) in MSCs treated for 24 hours with pitavastatin (1 μM) was assessed in the hypoxic state (anaerobic bench, 5% O₂; ICN Biomedicals, Inc, Irvine, CA), 100 U/mL penicillin, and 100 μg/mL streptomycin. Nonadherent cells were removed, and the medium was replaced. Cell culture experiments were performed at 37°C in 5% humidified CO₂. In all experiments, adherent and spindle-shaped MSCs were used at passages 3–5. Phenotypic analysis of adhered cultured cells from the three−fifth passage showed strongly expressed CD29, CD73, CD90, and SSEA-1 using standard flow cytometry techniques (JSAN Biosciences, La Jolla, CA).10 In contrast, these cells were negative for CD14, CD34, CD45, and SSEA-4. Cultured Mscs (1 × 10⁶ cells per well) were incubated in control media or treated with pitavastatin (0, 0.1, 0.5, and 1 μM; Kowa Co, Ltd, Nagoya, Japan) for the specified times. Pitavastatin-treated cells are referred to in this article as PitaMSCs.

**Immunofluorescent Staining of HO-1 and Phospho-Akt**

MSCs that had been treated with pitavastatin (1 μM) for 24 hours were immunostained for HO-1. We set the concentration of pitavastatin from the result of real-time RT-PCR. MSCs treated with the same concentrations of pitavastatin (1 μM) under serum-free conditions for 6 hours were immunostained for phospho-Akt. The MSCs were fixed with 4% paraformaldehyde for 20 minutes and permeabilized with 70% ethyl alcohol. After blocking with 1% bovine serum albumin (Wako Pure Chemical Industries, Osaka, Japan) for 30 minutes, the fixed cells were incubated with a primary antibody [anti-HO1, 1:100; StressGen Biotechnologies, Victoria, BC, and anti-Phospho-Akt (Ser473), 1:200; Cell Signaling Tech, Beverly, MA] overnight at 4°C. After washing with phosphate−buffered saline, the cells were incubated for 1 hour with a fluorochrome-conjugated secondary antibody (1:50; Dako A/S, Glostrup, Denmark). Nuclei were stained with Hoechst 33342 (Wako Pure Chemical Industries). Stained cells were viewed and photographed using a BX-9000 fluorescence microscope (Keyence Corporation, Osaka, Japan).

**Western Blot Analysis**

Western blot analysis was performed with duplicate fashion. Fifty micrograms of cell lysate was resolved in 10% sodium dodecyl sulfate-polyacrylamide gels. After electrophoresis, the proteins were electrotransferred to polyvinylidene difluoride membranes, blocked with 10 mM Tris-HCl, 2% SDS, 20% sucrose, 0.06% bromphenol blue, and 100 mM DTT and incubated with the appropriate antibodies: rabbit anti-HO-1 (1:200, ADI-SPA-895; Enzo Life Science, Tokyo, Japan), rabbit anti-Akt (pan) (1:2000, #4691; Cell Signaling), and rabbit anti-Phospho-Akt (1:2000, #4060; Cell Signaling). The blots were then incubated with anti-rabbit HRP-conjugated secondary antibody (1:1000, sc-2054; Santa Cruz). The protein bands were measured with Luminescent Image Analyzer (LAS-4000 mini; Fujifilm Co Ltd, Tokyo, Japan).

**Analysis of Cell Viability Under Conditions of Oxidative Stress and Secretion of Vascular Endothelial Growth Factor**

For oxidative stress experiments, MSCs or PitaMSCs (0.1, 0.5, and 1 μM) were seeded in 96-well microculture plates (1 × 10⁴ cells per well, passage 4) for 24 hours. The culture medium was replaced with fresh medium containing 400 μM H₂O₂ (Mitsubishi Gas Chemical Company, Tokyo, Japan) for 2 hours or under hypoxic conditions for 24 hours on an anaerobic bench. After this incubation period, the medium was replaced with fresh medium, and cell viability and functional capacity were assessed using...
3-(4,5-Dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulphophenyl)-2H-tetrazolium (MTS) assay (CellTiter 96 Aqueous One Solution Cell Proliferation Assay; Promega, Madison, WI). Twenty microliters of MTS solution was added to each well, and the microculture plates were incubated for 1–4 hours at 37°C in a humidified 5% CO2 atmosphere. The quantity of formazan product was measured by absorbance at 490 nm with a microtiter plate reader (Multiskan JX Version 1.1; Thermo Fisher Scientific, Waltham, MA).

We also analyzed vascular endothelial growth factor (VEGF) levels in paracrine media (10 cm culture dishes) from MSCs and PitMSCs (1 μM) after a 24-hour culture under normoxic or hypoxic conditions. VEGF levels from paracrine media were measured using enzyme-linked immunosorbent assay Kits (R&D systems Diagnostic, Salem, NH).

**Assays for Proliferation and Tube Formation**

MSCs (5 x 10^4 cells per well, passage 3) were seeded on 96-well plates in growth medium, then serum-starved overnight as standard. After incubation with pitavastatin (0.1, 0.5, and 1 μM) for 24 hours, 10 μM BrdU was added for 2 hours. Cell proliferation rates were measured by a BrdU incorporation assay (Cell proliferation ELISA; Roche Diagnostics GmbH, Mannheim, Germany) according to the vendor’s protocol; cell numbers in harvested plates were quantified using a plate reader (Thermo Labsystems, Franklin, MA).

The in vitro tube formation assay examines the potential for endothelial-like cells to form capillary-like tubules when planted on a reconstituted basement membrane of Matrigel. Chamber slides were coated with undiluted Matrigel solution (In Vitro Angiogenesis Assay kit; Trevigen, Gaithersburg, MD) and allowed to solidify overnight in a humidified 37°C CO2 incubator. MSCs from primary cultures were plated at a density of at least 5 x 10^4 cells per test well and serum-starved overnight. Serum-free medium containing pitavastatin was added, and the slides were further incubated under normoxic or hypoxic conditions. Tube formation was quantified by counting the capillary branches in randomly selected high-power (×40) microscopic fields.

**Statistical Analysis**

All data are presented as mean ± SD. The data from different treatments were compared by one-way analyses of variance for repeated measures (Stat-View version 5.0; SAS, Cary, NC). Further analyses were performed using unpaired Student’s t tests or post hoc Bonferroni/Dunn tests. Differences were considered significant at P < 0.05.

**RESULTS**

**Pitavastatin-induced Expression of HO-1 and eNOS**

MSCs incubated with pitavastatin for 24 hours were found to adhere to the tissue culture dish and did not show any morphological changes. The relative expression of HO-1 increased with pitavastatin concentration from 1.01 ± 0.04 in the control to 1.48 ± 0.13 (P < 0.05) in cells treated with 1 μM (Figure 1A). Likewise, eNOS mRNA levels increased from 0.82 ± 0.19 in the control to 1.41 ± 0.12 (P < 0.05) in cells treated with 1 μM (Figure 1B).

Immunocytochemical analysis showed enhanced HO-1 staining in MSCs cultured for 24 hours with pitavastatin (1 μM) by comparison without pitavastatin (Figure 2A). As other reactions, pitavastatin (1 μM) treatment for 6 hours also enhanced Akt phosphorylation in the MSCs (Figure 2B).

Western blot analysis with duplicate fashion showed the enhanced protein expression of HO-1 (Figure 2C) and phospho-Akt in whole cell lysate from PitMSCs (1 μM) without the change of total-Akt level (Figure 2D).

**Protective Effect of Pitavastatin Against Oxidative Stress and Serum Starvation**

A high concentration (400 μM) of H2O2 caused a dramatic decrease in cell viability, which was represented by the ratio of surviving cells under the oxidative stress to surviving cells under the non-oxidative stress in both MSCs and PitMSCs (0.1 μM). However, the same concentration of H2O2 had a significantly lower effect on cell viability in PitMSCs treated with 0.5 (40% ± 8%) and 1 μM (43% ± 6%) pitavastatin in comparison with the control (18% ± 4%, P < 0.05, Figure 3). This suggests that the induced overexpression of HO-1 and eNOS genes by pitavastatin provided a protective effect against the oxidative stress imposed by a high concentration of H2O2.

With regard to the effects of serum starvation, MSCs treated with 1 μM pitavastatin showed a significantly higher proliferation rate compared with untreated cells in the absence of FBS (0.33 ± 0.04 vs. 0.24 ± 0.02, P < 0.05; Figure 4). Moreover, the proliferation rate of the PitMSCs was comparable with that of MSCs cultured in the presence of FBS.

**Secretion of VEGF and Hypoxia-induced Expression of HIF-1α**

In the hypoxic state, VEGF secretion was significantly enhanced by pitavastatin (1 μM) [706 ± 38 (pitava-) vs. 796 ± 60, P < 0.05; Figure 5A]; however, VEGF secretion was essentially unchanged under normoxic conditions. HIF-1α expression with pitavastatin (1 μM) was elevated only in cells cultured under hypoxic conditions [1.7 ± 0.1 (pitava-) vs. 2.1 ± 0.1, P < 0.05, Figure 5B], suggesting that pitavastatin-induced...
VEGF secretion under hypoxic conditions might be related to HIF-1α expression.

**Tube Formation in Pitavastatin-treated MSCs**

To evaluate the functional capability of pitavastatin-treated MSCs, we examined tube formation in vitro. The rate of tube formation was low in the absence of FBS in both normoxic and hypoxic conditions; however, clear tube formation was evident in cultures with FBS. In the absence of FBS, pitavastatin treatment caused a clear increase in the numbers of tubes formed after 24 hours in normoxic [182 ± 21 branches per well (pitava⁻) vs. 130 ± 13 branches per well (FBS⁺), $P < 0.05$] and hypoxic [142 ± 18 branches per well (pitava⁻) vs. 95 ± 10 branches per well (FBS⁺), $P < 0.05$; Figure 6A–B] cultures.

**DISCUSSION**

Some clinical studies of stem cell–based therapies for ischemic heart disease have reported only modest beneficial effects. One possible reason for this relative lack of effect may be the poor viability of transplanted cells, which may lack resistance to oxidative stress in the ischemic heart. We previously reported that plasmid-mediated overexpression of HO-1 in MSCs resulted in the cells showing improved antioxidative and antiapoptotic properties, which enabled a higher rate of survival after transplantation compared with unmodified MSCs. Grosser et al demonstrated the induction of HO-1 expression by lovastatin and simvastatin in endothelial cells. As their report suggested that statins might induce HO-1 expression in other cell types, such as MSCs, we investigated whether pitavastatin could increase expression of antioxidant genes in stem cells for use in clinical applications.

Our analyses showed that expression of HO-1, eNOS, and phosphorylated-Akt was enhanced by pitavastatin and

![Figure 2](image2.png)

**FIGURE 2.** Expression of HO-1 (A) and phospho-Akt (B) in MSCs (pitavastatin-treated MSCs) with or without pitavastatin treatment. Immunostaining (A and B) and Western blotting (C and D) analyses with duplicate fashion showed that both HO-1 and Akt phosphorylation were enhanced by pitavastatin treatment. The reason why we detected at least 2 bands of phospho-Akt by Western blotting using anti-phospho-Akt (Ser473) antibody might be that Akt was phosphorylated at several sites including Thr308, Tyr315, and Tyr326.

![Figure 3](image3.png)

**FIGURE 3.** Effects of pitavastatin-induced increase in HO-1 expression on cell viability during oxidative stress. Cell viability (vertical axis) was evaluated in cells exposed to $H_2O_2$ (400 μM) for 2 hours. Data are mean ± SD (n = 8). *$P < 0.05$ versus control.

![Figure 4](image4.png)

**FIGURE 4.** Effect of pitavastatin on MSC proliferation. Cultured MSCs were treated with a range of pitavastatin concentrations (0, 0.1, 0.5, and 1 μM) in serum-free medium or medium containing 10% FBS. Data are mean ± SD (n = 6). *$P < 0.05$ versus control (FBS⁻), †$P < 0.05$ versus control (FBS⁺).
FIGURE 5. A, VEGF production and (B) expression of the hypoxia-inducible factor (HIF)-1 gene in MSCs before and after pitavastatin treatment. Changes in VEGF concentrations (A, vertical axis) in culture media from MSCs and PitMSCs under normoxia or hypoxia. Real-time RT-PCR analysis of HIF-1α mRNA levels (B) in MSCs or PitMSCs that were cultured for 24 hours under normoxia or hypoxia. Data are mean ± SD (n = 6). *P < 0.05 versus normoxia (pitava−). ∗P < 0.05 versus normoxia (pitava−). †P < 0.05 versus hypoxia (pitava−).

FIGURE 6. Effect of pitavastatin treatment on capillary tube formation in cultured MSCs. A, Representative photographs of MSCs cultured on Matrigel after incubation under normoxia (upper) or hypoxia (lower). Culture of MSCs was performed without serum (left), with serum (center), and with serum-free plus pitavastatin (1 μM, right) (n = 4 for each group). B, Quantitative analysis of tube formation. Data are mean ± SD (n = 4 for each group). ∗P < 0.05 versus normoxia (FBS−, pitava−), †P < 0.05 versus normoxia (FBS+, pitava−), ††P < 0.05 versus hypoxia (FBS−, pitava−), †††P < 0.05 versus hypoxia (FBS+, pitava−).

provided protection for the MSCs from oxidative stress. Statins rapidly promote the activation of Akt in endothelial cells, leading to eNOS activity.11 The activation of Akt is also suggested to be responsible for endothelial cell proliferation and survival.21 Enhancement of eNOS activity was suggested to play a significant role in the cell protective, cardioprotective, and antiapoptotic effects of statins.22,23

Weis et al described a biphasic effect of statins on the proliferation of human endothelial cells.24 In this study, we observed that MSC proliferation increased after treatment with 1 μM pravastatin under serum deprivation conditions. This suggests a fundamental codependence among HO-1, eNOS, and Akt in mediating cytoprotection against oxidative stress probably with cell apoptosis or death.

HIF-1α in MSCs is related to the hypoxic status of the cells and increases expression of VEGF, hepatic growth factor, and insulin-like growth factor-1 under hypoxic conditions.25 HIF-1α and VEGF expression may be regulated by NO pathway associated with hematopoietic stem cell and neural stem cell proliferative and survival under the hypoxic condition.26 HO-1 is a stress-inducible enzyme that regulates angiogenesis through the induction of VEGF.12 We found here that the combined effects of increased HO-1 and HIF-1α expression induced by pitavastatin in hypoxic cells, which might occur in an ischemic environment, were associated with increased secretion of VEGF. Furthermore, we found that pitavastatin could enhance the rate of tube formation by MSCs under both normoxia and hypoxia, thus resulting in an improvement to the angiogenic properties of the MSCs. These results suggest that pitavastatin produces improvement in both the quality and function of MSCs.

MSC transplantation may provide a cardiac protection effect in a paracrine fashion by abundant cytokine secretion in ischemic heart injury.18,22,24 Strong statins, such as pitavastatin, can reduce cardiac events in the early phases of ischemic heart injury.29 and it also has been reported that a combination of statin and MSC transplantation improves revascularization in ischemic limbs.30 Although we have not yet assessed the effect of PitMSC transplantation in a vivo study using an infarction model, our results here would indicate that the cells might enhance myocardial protection against ischemic injury.

CONCLUSIONS

In conclusion, this study demonstrates that pitavastatin might improve the survival of MSCs by enhancing endogenous HO-1 with partial activation of eNOS and Akt.
phosphorylation and might result in improvements to MSC functions, such as proliferation and tube formation.

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