Low Temperature Water-Gas Shift: Enhancing Stability through Optimizing Rb Loading on Pt/ZrO₂

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Abstract: Recent studies have shown that appropriate levels of alkali promotion can significantly improve the rate of low-temperature water gas shift (LT-WGS) on a range of catalysts. At sufficient loadings, the alkali metal can weaken the formate C–H bond and promote formate dehydrogenation, which is the proposed rate determining step in the formate associative mechanism. In a continuation of these studies, the effect of Rb promotion on Pt/ZrO₂ is examined herein. Pt/ZrO₂ catalysts were prepared with several different Rb loadings and characterized using temperature programmed reduction mass spectrometry (TPR-MS), temperature programmed desorption (TPD), diffuse reflectance infrared Fourier transform spectroscopy (DRIFTS), an X-ray absorption near edge spectroscopy (XANES) difference procedure, extended X-ray absorption fine structure spectroscopy (EXAFS) fitting, TPR-EXAFS/XANES, and reactor testing. At loadings of 2.79% Rb or higher, a significant shift in the formate ν(CH) band. The results showed that a Rb loading of 4.65%, significantly improves the rate of formate decomposition in the presence of steam via weakening the formate C–H bond. However, excessive rubidium loading led to the increase in stability of a second intermediate, carbonate and inhibited hydrogen transfer reactions on Pt through surface blocking and accelerated agglomeration during catalyst activation. Optimal catalytic performance was achieved with loadings in the range of 0.55–0.93% Rb, where the catalyst maintained high activity and exhibited higher stability in comparison with the unpromoted catalyst.

Keywords: rubidium (Rb); platinum (Pt); zirconia (ZrO₂); low temperature water-gas shift (LT-WGS); alkali promotion; electronic effect; formate; associative mechanism; hydrogen

1. Introduction

Pure hydrogen sources are necessary for many industrial processes, such as Fischer-Tropsch synthesis, hydrogenolysis, and the Haber process. Among the methods used to produce hydrogen, water-gas shift (WGS) is very attractive, as it simultaneously reacts with excess or unwanted CO. The reaction is reversible and mildly exothermic, so it is typically employed in two stages. First, WGS is performed at high temperatures to take advantage of kinetically superior rates; however, at these high temperatures, the conversion is equilibrium limited. Thus, the second stage is carried out at low temperatures (LT-WGS) with a highly active catalyst to achieve higher CO conversion. Polymer electrolyte membrane fuel cells (PEMFCs) are a heavily researched topic and an important technology for the future of renewable energy and portable power, as they have the potential to cleanly and efficiently provide electrical energy from hydrogen [1–6]. However, these PEMFCs are very susceptible to poisoning by CO, which is a product or byproduct of many hydrogen production reactions (e.g., steam reforming of hydrocarbons or alcohols). Thus, water-gas
shift is typically employed in the fuel processor, where it is crucial to achieve high CO conversion. This high conversion can be achieved via the use of a highly active catalyst in the low-temperature stage. Typical commercial catalysts are composed of CuO, ZnO, and Al$_2$O$_3$; however, this formulation is not suitable for portable power applications as it is pyrophoric, requires lengthy activation procedures, and must be used in large quantities to achieve the necessary activity.

To find a suitably active catalyst, many groups have turned to formulations consisting of a noble metal (e.g., Au, Pt, Pd) supported on a partially reducible oxide (PRO) (e.g., CeO$_2$, ZrO$_2$, Ce$_{x}$Zr$_{1-x}$O$_2$, TiO$_2$, HfO$_2$, ThO$_2$) [7–9]. The metal promotes reduction of the support surface and allows for the dissociative adsorption of water at low temperatures, and these systems tend to be rather stable [10]. For these formulations and others, the nature of the mechanism for LT-WGS is not agreed upon and is still debated in the open literature. Typically, one of two mechanistic explanations are provided: (1) a support-mediated redox mechanism, wherein the support is reduced by CO and subsequently oxidized by H$_2$O, or (2) a reactant-promoted associative mechanism, where the key intermediate is either a formate or carboxyl species. Interestingly, different mechanisms have been reported for nearly identical formulations in some cases (e.g., Pt supported on ceria-zirconia mixed oxides) [11,12]. In a recent review, Palma et al. summarize the mechanisms proposed for many Pt-based catalysts in the recent literature [13]. In the review, the authors note that an associative mechanism was reported for all the alkali promoted Pt-based catalyst formulations investigated.

In the formate associative mechanism, the catalyst surface is activated through the formation of bridging hydroxyl groups, which are associated with oxygen vacancies on the support surface. These OH groups can be formed through one of two pathways, which are demonstrated in Figure 1 for Pt/ZrO$_2$: (1) hydrogen adsorbed to metal nanoparticles spills over to oxygen on the support surface, or (2) Pt catalyzes the formation of oxygen vacancies on the support surface, followed by the dissociative adsorption of H$_2$O. In either case, the formation of bridging OH groups reduces surface Zr$^{4+}$ to Zr$^{3+}$. These groups react with CO to form adsorbed formate, which is rather stable in the absence of steam; however, co-adsorbed water facilitates the forward decomposition of formate. This is consistent with the work of Shido and Iwasawa for Rh/CeO$_2$, where co-adsorbed water plays an important role in the transition state [14]. During steam decomposition, Pt facilitates formate dehydrogenation, which leads to the formation of a carbonate species [15,16]. This carbonate intermediate decomposes, resulting in the formation of an oxygen vacancy at which another water molecule dissociates, completing the catalytic cycle. Alternatively, density functional theory (DFT) and microkinetic modeling have been used to propose carboxyl species as the active intermediates of the associative mechanism for several relevant catalysts, including Rh/ZrO$_2$ [17], Pt/CeO$_2$ (111) [18], Pt/ZrO$_2$ [19], and Au/CeO$_2$ (110) [20].

In the redox mechanism, CO adsorbs onto Pt nanoparticles and subsequent spillover leads to CO$_2$ formation via the removal of a support oxygen. This creates an oxygen vacancy, which is subsequently filled by oxygen from steam, creating H$_2$ and completing the catalytic cycle. This differs from the associative mechanism in that the oxidation state of surface zirconia cycles between +3 and +4 oxidation states; activated zirconia remains as Zr$^{3+}$ in the associative mechanism. On relevant catalyst systems, DFT and microkinetic studies have been used to support the redox mechanism for Au/TiO$_2$ [21], while operando studies have been used to support the redox mechanism for Au/CeO$_2$ [22,23]. Additionally, by using steady state isotopic transient kinetic analysis (SSITKA), DRIFTS, and mass spectrometry (MS) techniques, Kalamaras et al. have proposed that the redox mechanism is dominant for Pt/TiO$_2$ [24] and Pt/CeO$_2$ [25]. Furthermore, the group proposed that for Pt/Ce$_x$Zr$_{1-x}$O$_2$ [12], the reaction mechanism switches from redox to a combined redox and associative formate mechanism as the temperature is changed from 200 °C to 300 °C. This result is particularly intriguing as multiple authors have proposed that the redox mechanism is likely to be more prevalent at high temperatures [26–29]. Additionally, it
is important to note that the aforementioned experimental studies have been conducted with a CO/H₂O feed, while under typical fuel processor conditions, there is also a high concentration of H₂ present [12,22–25]. Furthermore, recent work by Vecchietti et al. has shown that reaction between H₂O and oxygen vacancies is fast [30], meaning that water activation is not the rate-limiting step of WGS, which has been proposed for the redox mechanism [21,22,24,25,31]. The work also emphasized the importance of monodentate formate as a key reaction intermediate [30]. Although more mechanistic studies need to be conducted at relevant conditions for LT-WGS, the formate mechanism has been shown to be consistent in explaining the effect of alkali promoters for WGS [32–37].

Figure 1. (Top) Reactant-promoted associative mechanism involving formates and carbonates; and (Bottom) Support-mediated redox mechanism.

In 2005, researchers from Honda R&D Americas and Symyx Technologies reported the results of combinatorial works which screened more than 250,000 formulations [38]. Among the notable results was the remarkable improvement in activity and selectivity caused by sodium promotion of Pt/ZrO₂. This work led to multiple studies where Honda, in collaboration with The University of Kentucky’s Center for Applied Energy Research (UK-CAER), showed that the addition of Li, Na, or K significantly improved the rate of formate decomposition in steam [32,33]. These works showed that the alkali promotion considerably weakens the C–H bond of formate and, through isotopic studies, suggested that the scission of this bond was the rate limiting step for LT-WGS.

In fact, numerous papers have described the promotional effects of alkali metals on WGS catalysts [32–34,36,37,39–46], including alkali promotion through electrochemical methods [47]. The promotional effect is commonly attributed to the electronic nature of the alkali promoter [32,33,36,37,40,42,46] or an increase in basicity of the catalyst surface [41,43]. Regarding an electronic effect, it is possible that the alkali may interact with adsorbed intermediates via the electrostatic force, or by charge transfer [48]. While many alkali
metals have been used as promoters for WGS catalysts, these studies primarily focused on
the use of Na or K as promoters, with relatively few studies discussing the effects of Rb.

Recently, Rb has been studied on supported Pt catalysts. Evin et al. studied alkali
promoters (Li, Na, K, Rb, or Cs) in both low-loading amounts (equimolar to 0.5% Na) and
high-loading amounts (equimolar to 2.5% Na) on Pt/CeO$_2$ [36,37]. The group found that
alkali promotion is an optimization problem. Increasing alkalinity was suggested to lead
to a weakening of the formate C–H bond, accelerating the rate of formate dehydrogena-
tion; however, increased alkalinity also leads to an increase in the stability of the second
intermediate, carbonate. The greatest improvements in CO conversion were observed
for the catalysts doped with low amounts of Li, Na, or K. At these loadings, the negative
effects were minimal, and formate dehydrogenation was accelerated via weakening of the
C–H bond.

Despite Rb being a less successful alkali promoter relative to Na or K in some stud-
ies, in this contribution, we seek to elucidate the effect of Rb promotion on Pt/ZrO$_2$
during LT-WGS. 2%Pt/ZrO$_2$ was doped with several Rb loadings (0.33%, 0.55%, 0.74%,
0.93%, 1.86%, 2.79%, 3.72%, 4.65%, 5.58% or 9.29%) to determine the optimal Rb loading.
The authors hope to shed light on the nature of the promotional effect caused by Rb, to
discuss whether evidence is in support of a formate mechanism, and to compare Rb to the
previously studied alkali promoters.

2. Results and Discussion

2.1. Catalyst Characterization

Table 1 provides the Brunauer-Emmett-Teller (BET) surface area, Barrett-Joyner-
Halenda (BJH) pore volume, and average pore diameter for the catalysts studied, and
pore diameter distributions are provided in Figure 2. If Pt nanoparticles do not contribute
significantly to the surface area, the addition of platinum would be expected to lower the
catalyst surface area from 95.4 m$^2$/g to 93.5 m$^2$/g. However, Pt addition decreased the
surface area to 89.7 m$^2$/g, indicating that some pore blocking did occur. The addition
of Rb generally further decreased the surface area, which decreased to 58.2 m$^2$/g for the
9.29%Rb-2%Pt/ZrO$_2$ catalyst. Similarly, this decrease in surface area is larger than would
be expected if Rb increased the mass of the catalyst without contributing to surface area.
This suggests that Rb also contributes to pore blocking. Pore volume generally decreased
with increasing Rb loading, whereas the average pore diameter experienced little change.

Figure 2. Pore size distribution (PSD) at different rubidium loadings.
Table 1. Surface area ($A_s$), pore volume ($V_p$), and average pore diameter ($D_p$) for prepared catalysts.

| Sample ID          | $A_s$ (BET) [m$^2$/g] | $V_p$ (BJH Des) [cm$^3$/g] | $D_p$ (BJH Des) [Å] |
|--------------------|------------------------|-----------------------------|---------------------|
| ZrO$_2$            | 95.4                   | 0.289                       | 95                  |
| 2%Pt/ZrO$_2$       | 89.7                   | 0.260                       | 95                  |
| 0.33%Rb-2%Pt/ZrO$_2$ | 88.8                  | 0.271                       | 95                  |
| 0.55%Rb-2%Pt/ZrO$_2$ | 87.9                  | 0.268                       | 96                  |
| 0.93%Rb-2%Pt/ZrO$_2$ | 91.6                  | 0.275                       | 93                  |
| 1.86%Rb-2%Pt/ZrO$_2$ | 88.7                  | 0.262                       | 94                  |
| 2.79%Rb-2%Pt/ZrO$_2$ | 86.7                  | 0.260                       | 93                  |
| 3.72%Rb-2%Pt/ZrO$_2$ | 78.2                  | 0.244                       | 93                  |
| 4.65%Rb-2%Pt/ZrO$_2$ | 72.3                  | 0.235                       | 95                  |
| 5.58%Rb-2%Pt/ZrO$_2$ | 69.1                  | 0.227                       | 96                  |
| 9.29%Rb-2%Pt/ZrO$_2$ | 58.2                  | 0.202                       | 102                 |

Temperature programmed reduction (TPR) profiles in hydrogen for several catalysts are presented in Figure 3. For the related Pt/CeO$_2$ system, Jacobs et al. found that Pt facilitates surface carbonate decomposition during activation while forming bridging hydroxyl groups [15]. As the Rb loading increased, the TPR profiles show increased thermal conductivity detector (TCD) signal intensity, which suggests an increase in the amount of surface carbonate prior to reduction. This effect can be explained by the fact that alkali promotion increases the basicity of the catalyst surface; CO$_2$ is an acid anhydride, meaning that prior to activation, Rb causes more adsorbed CO$_2$ (i.e., carbonate) to be present on the catalyst surface. The MS signals for H$_2$, CO, and CO$_2$ during TPR are presented in Figure 4. These results suggest that carbonate is likely decomposing through Pt-catalyzed decarbonylation, which is confirmed by the loss of carbonate seen in DRIFTS experiments, shown in Figure 5. When carbonates decompose during catalyst activation, the magnitude of the DRIFTS Pt-CO band first grows, then declines. CO$_2$ temperature programmed desorption (TPD) profiles are shown in Figure 6. As the loading of Rb increases, CO$_2$ desorbs at higher temperatures, which can be attributed to two effects. Firstly, with increasing loading, the catalyst becomes increasingly basic, meaning CO$_2$ adsorbs more strongly to the catalyst surface. Secondly, Rb loading covers Pt surface sites, inhibiting Pt-catalyzed CO$_2$ removal.

Figure 3. Temperature programmed reduction (TPR) profiles of (a) 2%Pt/ZrO$_2$, and the same doped with (b) 0.55%Rb, (c) 1.86%Rb, (d) 2.79%Rb, (e) 4.65%Rb, and (f) 9.29%Rb.
Figure 4. TCD signal (black) and MS signals of (red) H\textsubscript{2}, (blue) CO, and (green) CO\textsubscript{2} during temperature programmed reduction in 10%H\textsubscript{2}/Ar for (a) 2%Pt/ZrO\textsubscript{2}, and the same doped with (b) 0.55%Rb, (c) 1.86%Rb (d) 2.79%Rb, (e) 4.65%Rb, and (f) 9.29%Rb.
Figure 5. DRIFTS spectra of carbonate decomposition during activation for (a) 2%Pt/ZrO₂, and the same doped with (b) 0.55%Rb, (c) 0.93%Rb, (d) 1.86%Rb, (e) 2.79%Rb, (f) 3.72%Rb, (g) 4.65%Rb, (h) 5.58%Rb, and (i) 9.29%Rb.
2.2. X-ray Absorption Spectroscopy

The EXAFS fittings for the Pt\textsuperscript{0} foil, the unpromoted catalyst, and the rubidium-promoted catalysts are shown in Table 2 and Figure 7. Referring to the work of Jentys [49] or Marinkovic et al. [50], the size of Pt clusters can be estimated. From these methods, the EXAFS data shows that platinum particle diameter, assuming an approximately spherical morphology, increases as a function of Rb loading from approximately 0.8 nm for the unpromoted 2\%Pt/ZrO\textsubscript{2} to 2.0 nm for 9.29\%Rb-2\%Pt/ZrO\textsubscript{2}. This increase in particle size leads to a decrease in dispersion (the percentage of Pt atoms exposed to the surface) from 94\% for the unpromoted catalyst to 56\% for the catalyst promoted with 9.29\% Rb. Thus, one factor complicating an elucidation of the alkali electronic effect on catalyst activity is the fact that Rb promoter alters the interaction of Pt species with ZrO\textsubscript{2}, accelerating Pt agglomeration during reduction.
Table 2. EXAFS fittings * for Pt L-3 edge data for catalysts following reduction in 100% flowing H₂ for 2 h and cooling. Ranges: ∆k = 3–10 Å⁻¹; ∆R = 1.85–3.25 Å. S₀² was fixed at 0.90 as a first approximation.

| Sample Description       | N Pt-Pt Metal | R Pt-Pt (Å) Metal | e₀ (eV) | σ² (Å²) | r-Factor | Est. # Atoms * | Est. Diam. (nm) ** | Est. % Disp. (%) |
|--------------------------|---------------|------------------|---------|---------|----------|----------------|--------------------|------------------|
| Pt₀ foil                 | 12 (fixed)    | 2.760 (0.0058)   | 8.75    | 0.00523 | 0.0084   | -              | -                  | -                |
| 2%Pt/m-ZrO₂              | 4.7 (0.70)    | 2.669 (0.0157)   | 4.22    | 0.0100  | 0.0184   | 10             | 0.80 / 0.72        | 94               |
| 0.93%Rb-2%Pt/m-ZrO₂      | 5.2 (0.42)    | 2.690 (0.0084)   | 4.30    | 0.00971 | 0.0055   | 13             | 0.86 / 0.78        | 92               |
| 1.86%Rb-2%Pt/m-ZrO₂      | 6.3 (0.41)    | 2.705 (0.0072)   | 4.89    | 0.0112  | 0.0034   | 22             | 1.0 / 0.93         | 87               |
| 2.79%Rb-2%Pt/m-ZrO₂      | 6.7 (0.39)    | 2.720 (0.0064)   | 6.04    | 0.0103  | 0.0030   | 27             | 1.1 / 0.99         | 85               |
| 4.65%Rb-2%Pt/m-ZrO₂      | 7.7 (0.62)    | 2.736 (0.0081)   | 6.51    | 0.00834 | 0.0060   | 53             | 1.3 / 1.2          | 77               |
| 5.58%Rb-2%Pt/m-ZrO₂      | 7.7 (0.55)    | 2.745 (0.0068)   | 7.15    | 0.00665 | 0.0049   | 53             | 1.3 / 1.2          | 77               |
| 9.29%Rb-2%Pt/m-ZrO₂      | 8.9 (0.47)    | 2.750 (0.0047)   | 7.96    | 0.00505 | 0.0028   | 191            | 2.0 / 1.9          | 56               |

* Estimated from Jentys [49] assuming a spherical cluster morphology; ** Estimated from Marinkovic et al. [50].
Figure 7. EXAFS fittings, including (a) raw $k^1$-weighted $\chi(k)$ data, (b) (solid line) filtered $k^1$-weighted $\chi(k)$ data and (filled circles) results of the fittings, (c) raw and (d) filtered $k^1$-weighted Fourier transform magnitude (solid line) data and (filled circles) results of the fittings for (I) Pt$^0$ foil, (II) 2%Pt/ZrO$_2$, and 2%Pt/ZrO$_2$ with (III) 0.93%Rb, (IV) 1.86%Rb, (V) 2.79%Rb, (VI) 4.65%Rb, (VII) 5.58%Rb, and (VIII) 9.29%Rb.
Figure 8. XANES spectra at the Pt (solid line) L-3 edge and (dashed) line L-2 edge, as well as (dash-dotted line) the $L_3$–$L_2$ difference spectra of (a) 2%Pt/ZrO$_2$, (b) 0.93%Rb-2%Pt/ZrO$_2$, (c) 1.86%Rb-2%Pt/ZrO$_2$, (d) 2.79%Rb-2%Pt/ZrO$_2$, (e) 4.65%Rb-2%Pt/ZrO$_2$, (f) 5.58%Rb-2%Pt/ZrO$_2$, and (g) 9.29%Rb-2%Pt/ZrO$_2$. (h) Overlays of $L_3$–$L_2$ difference spectra, showing an increase in intensity with Rb loading.
To gain an insight into whether Rb promotion leads to charge transfer from Rb to Pt, the Pt L-3 XANES spectra can be analyzed. However, the white line intensity is also affected by the size of Pt particles, so the difference between the L-3 XANES and L-2 XANES can be studied to remove this effect. Figure 8 shows the L-3 and L-2 XANES spectra as well as their difference. If Rb promotion causes charge transfer from Rb to Pt, then the Pt L-3–L-2 XANES difference should decrease in magnitude as a function of Rb loading. However, this trend is not observed, indicating that rubidium is likely not transferring charge density to platinum. Despite this, it is still suggested that Rb and Pt are in direct contact, which can be seen through the TPR-XANES and TPR-EXAFS shown in Figures 9 and 10, respectively. The TPR-XANES and TPR-EXAFS reveal that as the loading of Rb increases, the reduction of PtO is hindered, which is likely the result of covering by Rb.

Figure 9. TPR-XANES spectra at the Pt L-3 edge of (a) 2%Pt/ZrO₂, (b) 0.93%Rb-2%Pt/ZrO₂, (c) 1.86%Rb-2%Pt/ZrO₂, (d) 2.79%Rb-2%Pt/ZrO₂, (e) 4.65%Rb-2%Pt/ZrO₂, (f) 5.58%Rb-2%Pt/ZrO₂, and (g) 9.29%Rb-2%Pt/ZrO₂.
Figure 10. TPR-EXAFS spectra at the Pt L-3 edge of (a) 2%Pt/ZrO$_2$, (b) 0.93%Rb-2%Pt/ZrO$_2$, (c) 1.86%Rb-2%Pt/ZrO$_2$, (d) 2.79%Rb-2%Pt/ZrO$_2$, (e) 4.65%Rb-2%Pt/ZrO$_2$, (f) 5.58%Rb-2%Pt/ZrO$_2$, and (g) 9.29%Rb-2%Pt/ZrO$_2$.

2.3. Transmission Electron Microscopy

Scanning transmission microscopy with energy-dispersive X-ray spectroscopy (STEM-EDX) images for 0.93%Rb-2%Pt/ZrO$_2$ (Figure 11, top) show that both platinum and rubidium were well dispersed, with all clusters observed to be below 2 nm. By increasing the rubidium loading to 9.29%, STEM-EDX images (Figure 11, bottom) show rubidium was well dispersed, whereas platinum particles tended to form agglomerates of several Pt domains. Some agglomerates were on the order of 5–6 nm, while the domains were typically below 2 nm. These results are consistent with the EXAFS fittings, which showed a higher Pt-Pt coordination number at 9.29%Rb loading as compared to 0.93%Rb loading. The spatial distribution of Pt and Rb also suggests that, especially in the case of 9.29%Rb, that there is a strong possibility of contact between the two elements. The denser Rb
distribution (displayed in green) from elemental mapping is consistent with the higher loading of Rb for the 9.29%Rb sample.

Figure 11. Transmission electron microscopy (TEM) and scanning transmission microscopy with energy-dispersive X-ray spectroscopy (STEM-EDX) images for the (top) 0.93%Rb-2%Pt/ZrO₂ catalyst and (bottom) the 9.29%Rb-2%Pt/ZrO₂ catalyst. High loadings of Rb tend to agglomerate the Pt nanoparticles.
2.4. DRIFTS Studies

Vibrational bands for relevant species were assigned in Table 3 based on our prior work [32,33] and those of Binet et al. [51] for related CeO$_2$ catalysts. During LT-WGS, a formate intermediate is formed from the reaction between CO and bridging OH groups associated with O$_{\text{support}}$ vacancies. The formate ν(CH) band is shown in Figure 12 for the studied catalysts. At loadings of 0.93% Rb or less, only a small shift (3–4 cm$^{-1}$) in the ν(CH) band is seen compared to the reference catalyst. However, at loadings of 3.72% Rb or greater, a remarkable redshift is observed (up to 114 cm$^{-1}$). This implies that the alkali promoter causes a weakening of the formate C–H bond. According to the formate mechanism, the scission of the formate C–H bond is the rate determining step during LT-WGS. If this mechanism is occurring, then the weakening of the formate C–H bond should accelerate the rate of formate decomposition. Figure 13 shows the formate ν(CH) band during transient LT-WGS. The rate of formate decomposition increases as a function of loading until a maximum is reached at 4.65% Rb. For higher loadings, the decomposition rate decreases. Additionally, formate species were stable in the absence of water, consistent with the reactant-promoted formate mechanism proposed by Shido and Iwasawa [14].

| Catalyst | Band Position (cm$^{-1}$) | ν(CH) | δ(CH) + νa(OCO) | 2δ(CH) | ν(OCO) Formate | ν(OCO) Carbonate | v(OH) |
|----------|--------------------------|-------|-----------------|--------|----------------|-----------------|-------|
| 2%Pt/ZrO$_2$ (reference) | 2870 | 2973, 2932 | (2752) 2741 | 1386, 1361 sy 1578 asy | 1617, 1560, (1472) 1434, 1362 | 3762, 3675 |
| 0.55%Rb-2%Pt/ZrO$_2$ | 2866 2838 | 2975 (2970), 2933 (2741) 2732 | (1385) 1375, 1357 sy 1581 asy | (1641) 1619, 1566, 1467, 1377, 1348 (1280) | 3729, 3674 |
| 0.93%Rb-2%Pt/ZrO$_2$ | (2863) 2855 (2837) | 2967, 2930 | (2756) 2727 | (1386) 1359 sy (1648) 1578 asy | 1647 1466 1277 | 3722, 3674 |
| 1.86%Rb-2%Pt/ZrO$_2$ | (2866) 2849 (2832) | 2970, 2931 | (2750) 2725 (2683) | (1374) 1358 (1326) sy (1637) 1582 asy | 1647 (1473) 1278 | 3724, 3673 |
| 2.79%Rb-2%Pt/ZrO$_2$ | 2848, 2756 | 2934 | (2709) 2674 | (1377) 1347 sy (1639) 1597 asy | 1648 (1350) 1280 | 3734, 3666 |
| 3.72%Rb-2%Pt/ZrO$_2$ | 2756 | 2932 | (2705) 2670 | 1346 sy, 1600 asy | 1633, (1573) 1304 | 3733, 3670 |
| 4.65%Rb-2%Pt/ZrO$_2$ | 2761 | 2934 | (2707) 2675 | 1346 sy, 1600 asy | 1635 (1567) 1327 | 3723, 3673 |
| 5.58%Rb-2%Pt/ZrO$_2$ | 2760 | 2934 | (2710) 2675 | 1348 sy, 1598 asy | 1624, 1328 | 3730, 3671 |
| 9.29%Rb-2%Pt/ZrO$_2$ | 2766 | 2927 | (2713) 2678 | 1352 sy, 1594 asy | 1601, 1337 | 3730, 3651 |
Figures 14 and 15 show the response of the Pt-CO bands during DRIFTS. Table 4 compares the relative magnitude of the Pt-CO DRIFTS band with the Pt dispersion. For high rubidium loadings (e.g., 5.58% Rb and 9.29% Rb), the Pt-CO DRIFTS band magnitude decreases much more quickly than dispersion, indicating that Rb contributes to covering the Pt surface at high loadings. At low loadings, a greater fraction of alkali is sacrificed to the support. There is less alkali near the metal–support interface to interact with formate species, so less promotional effect on formate decomposition is obtained. For intermediate loadings (e.g., 4.65% Rb), rubidium is present near the interface between the support and Pt nanoparticles, allowing it to have a greater promotional effect on the formate intermediate via weakening the formate C–H bond. At the same time, there is still a considerable fraction of surface area available on Pt sites to assist in formate dehydrogenation. The catalysts loaded with 9.29% Rb shows almost negligible amounts of the Pt-CO band, which indicates that the alkali is virtually completely covering the surface of the platinum nanoparticles at this loading. This effect compounds with the decreasing Pt\textsuperscript{0} surface area associated with the decrease in dispersion at high Rb loading. This inhibits the ability of Pt to participate in H\textsubscript{2} transfer reactions, which decelerates the rate of formate decomposition. This effect is illustrated in Figure 16. Similar observations were made by Jacobs and coworkers for M/CeO\textsubscript{2} (M = Pt or Au) catalysts, where it was found that the metal facilitated formate decomposition at active sites near the metal/support interface [15,16]. Figure 17 shows DRIFTS spectra of gas-phase CO\textsubscript{2}, which is produced from the forward decomposition of formate. CO\textsubscript{2} production stops when formate has decomposed, even when considerable Pt-CO bands are present. This is consistent with the associative formate mechanism which involves formate as an intermediate. In contrast, the redox mechanism proposes Pt-CO as an intermediate.
Figure 13. Formate decomposition in steam at 130 °C, where the top 6 catalysts have a maximum y-scale of 0.15, while the bottom 3 catalysts have a maximum at 0.35, including (gray) 2%Pt/ZrO$_2$, and the same catalyst doped with (periwinkle) 0.55%Rb, (cyan) 0.93%Rb, (green) 1.86%Rb, (pink) 2.79%Rb, (red) 3.72%Rb, (dark red) 4.65%Rb, (orange) 5.58%Rb, and (yellow) 9.29%Rb.
Figure 14. Absorbance of the \(\nu(\text{CO})\) on Pt surface band region (to scale), including (a and dashed line spectra) 2\%Pt/ZrO\(_2\), and the same catalyst doped with (b) 0.55\%Rb, (c) 0.93\%Rb, (d) 1.86\%Rb, (e) 2.79\%Rb, (f) 3.72\%Rb, (g) 4.65\%Rb, (h) 5.58\%Rb, and (i) 9.29\%Rb.

Table 4. Dispersion and initial Pt-CO band magnitude relative to 2\%Pt/ZrO\(_2\)

| Sample ID         | Dispersion Relative to 2\%Pt/ZrO\(_2\) | Initial Pt-CO Magnitude Relative to 2\%Pt/ZrO\(_2\) |
|-------------------|----------------------------------------|--------------------------------------------------|
| 2\%Pt/ZrO\(_2\)  | 1                                      | 1                                                |
| 0.93\%Rb-2\%Pt/ZrO\(_2\) | 0.98                                   | 1.05                                             |
| 1.86\%Rb-2\%Pt/ZrO\(_2\) | 0.93                                   | 0.97                                             |
| 2.79\%Rb-2\%Pt/ZrO\(_2\) | 0.90                                   | 1.11                                             |
| 4.65\%Rb-2\%Pt/ZrO\(_2\) | 0.82                                   | 1.02                                             |
| 5.59\%Rb-2\%Pt/ZrO\(_2\) | 0.82                                   | 0.42                                             |
| 9.29\%Rb-2\%Pt/ZrO\(_2\) | 0.60                                   | 0.10                                             |
Figure 15. Response of the Pt-CO band in steam at 130 °C, where the maximum in the y-axis is 0.70, including (gray) 2%Pt/ZrO₂, and the same catalyst doped with (periwinkle) 0.55%Rb, (cyan) 0.93%Rb, (green) 1.86%Rb, (pink) 2.79%Rb, (red) 3.72%Rb, (dark red) 4.65%Rb, (orange) 5.58%Rb, and (yellow) 9.29%Rb.
DRIFTS spectra before and after formate decomposition in steam are shown in Figure 18. For all catalysts except 9.29% Rb-2% Pt/ZrO$_2$, formate decomposes completely, as seen through the loss of $\nu$(CH) at 2800–2900 cm$^{-1}$, $\nu$(OCO)$_{sy}$ at 1250–1450 cm$^{-1}$, and $\nu$(OCO)$_{asy}$ at 1500–1700 cm$^{-1}$. Additionally, catalysts loaded with 1.86% Rb or greater show complete loss of the Pt-CO band at 1800–2100 cm$^{-1}$. After formate decomposition, the CO$_2$ precursor, adsorbed carbonate, persists with similar $\nu$(OCO) bands to those of formate. Carbonate is formed through platinum-catalyzed formate decomposition near the metal-support interface in the associative mechanism.

Hydrogen formation during formate decomposition with co-adsorbed H$_2$O is shown in the TPD-MS profiles of Figure 19. The peak temperature of H$_2$ production gradually shifts to lower temperatures with increasing Rb loading until it reaches a minimum at 4.65% Rb. Higher loadings show a higher peak temperature for H$_2$ evolution. These results again show that the catalyst loaded with 4.65% Rb accelerated formate decomposition to the greatest extent.
Figure 17. Where possible, response of the CO2 gas phase band in steam at 130 °C, including (gray) 2%Pt/ZrO2, (periwinkle) 0.55%Rb-2%PtZrO2, (dark red) 4.65%Rb-2%Pt/ZrO2, and (orange) 5.58%Rb-2%Pt/ZrO2. After formate decomposition, the CO2 precursor, adsorbed carbonate, persists with similar ν(OCO) bands to those of...
Figure 18. DRIFTS spectra taken (bottom) before and (top) after formate decomposition in steam for ~100 min, including (a) 2%Pt/ZrO$_2$, and the same catalyst with (b) 0.55%Rb, (c) 0.93%Rb, (d) 1.86%Rb, (e) 2.79%Rb, (f) 3.72%Rb, (g) 4.65%Rb, (h) 5.58%Rb, and (i) 9.29%Rb.

Hydrogen formation during formate decomposition with co-adsorbed H$_2$O is shown in the TPD-MS profiles of Figure 19. The peak temperature of H$_2$ production gradually shifts to lower temperatures with increasing Rb loading until it reaches a minimum at 4.65% Rb. Higher loadings show a higher peak temperature for H$_2$ evolution. These results again show that the catalyst loaded with 4.65% Rb accelerated formate decomposition to the greatest extent.
Figure 19. Temperature programmed desorption mass spectrometry (TPD-MS) profiles of formate decomposition in co-adsorbed water, including (a) 2%Pt/ZrO$_2$, and the same doped with (b) 0.33%Rb, (c) 0.55%Rb, (d) 0.74%Rb, (e) 0.93%Rb, (f) 1.86%Rb, (g) 2.79%Rb, (h) 3.72%Rb, (i) 4.65%Rb, (j) 5.58%Rb, and (k) 9.29%Rb. Note that the signal for (i) was divided by 2, (j) by 3, and (k) by 7.

2.5. Reactor Testing

Figure 20 shows the CO conversion vs. time on stream during LT-WGS for the prepared catalysts. All promoted catalysts begin with lower conversion than the reference catalyst. However, after the break-in period, the catalysts promoted with 0.93%Rb or less show better stability and activity, especially at 300 °C. These results point to an optimal loading in the range of 0.55–0.93% Rb. At higher loadings of Rb, the catalysts show lower activity than the reference catalyst. This likely indicates that CO$_2$ desorption becomes the limiting factor; even though the rate of formate decomposition is the most rapid at 4.65%Rb, this level of Rb loading apparently stabilizes intermediate carbonate, which prevents the completion of the catalytic cycle during WGS. Here, the CO$_2$ TPD results provide an important indication of carbonate stability. The formate C–H bond scission has been suggested to be the rate determining step of LT-WGS [14]. As mentioned, even at low loadings, rubidium promotion redshifted the formate ν(CH) band, indicating a weakening of the formate C–H bond. This accelerated the rate of formate decomposition in steam, which was seen through DRIFTS and TPD-MS. This suggests that the high activity observed with the 0.55% and 0.93% Rb catalysts (after the break-in period) was in part due to the higher formate decomposition rate. However, the discrepancy between the formate decomposition rate and activity at higher loadings is likely due to excessive alkalinity which stabilized the second intermediate, carbonate.
Figure 20. CO conversion vs. time on stream during LT-WGS for 2%Pt/ZrO$_2$ and the same catalyst doped with various amounts of rubidium (26.1%H$_2$O, 2.9%CO, 29.9%H$_2$, 4.3%N$_2$, 36.8% He, $P = 1$ atm, SV = 167,638 Ncc/h·g$_{cat}$).

These results have potential implications for related reactions, such as ethanol steam reforming (ESR) and methanol steam reforming (MSR). During ESR, alkali were previously shown to weaken the C–C bond in the acetate intermediate, analogous to the C–H formate bond during WGS [52]. This weakening promoted forward decomposition of acetate to adsorbed carbonate and methane, increasing the overall H$_2$ selectivity of the reaction (assuming downstream steam reforming of methane). Since the nature of the alkali’s promotional (and potentially inhibiting) effects are likely to be similar in each reaction, it is likely that the catalyst loaded with 0.55% to 0.93% Rb could benefit ESR.

2.6. Alkali Comparison

In previous works, the loadings of Na and K were optimized for the same Pt/ZrO$_2$ catalyst used in this work [34,53]. Comparing the results of this work with these previous studies sheds light onto some very interesting trends involving the alkali, which are summarized in Table 5. It was observed that promotion with larger alkali at high loading levels led to a greater shift in the $\nu$(CH) band of formate when compared with the reference (unpromoted) catalyst. As this shift is caused by an electronic effect, it is likely that the electronegativity of the alkali plays a critical role in the degree of this shift. Moving down the alkali group, the alkali become increasingly electropositive (i.e., less electronegative), meaning the alkali have a greater tendency to donate electron density. This increase in electropositivity (which is especially prominent between Na and K), leads to the alkali having a stronger electronic effect on intermediate formate which weakens the formate C–H bond, redshifting the corresponding $\nu$(CH) to a greater extent.
Table 5. Comparison of alkali on 2%Pt/ZrO$_2$.

| Alkali Dopant | Optimal Weight% | Optimal Atom% | Maximum Formate ν(CH) Shift (cm$^{-1}$) Relative to 2%Pt/ZrO$_2$ | Allen Electronegativity of Alkali Metal [54] |
|---------------|-----------------|---------------|-------------------------------------------------|-----------------------------------------|
| Na            | 1.8–2.5         | 3.15–4.38     | −64                                             | 0.869                                   |
| K             | 2.55            | 2.69          | −94                                             | 0.734                                   |
| Rb            | 0.55–0.93       | 0.27–0.46     | −109                                            | 0.706                                   |

To compare the efficacies of each alkali at the optimal loading, the TPD-MS profiles of formate in co-adsorbed water can be compared. In previous studies with Na promoted catalyst [33] or K promoted catalyst [34], these profiles showed much more prominent shoulders at low temperature, with relative magnitudes of Na > K > Rb. These low-temperature peaks/shoulders occurred at similar temperatures, and the relative magnitudes suggest that Na is the most successful promoter for formate decomposition of the three alkali metals on 2%Pt/ZrO$_2$. A possible explanation for this trend is that larger alkali, despite weakening the ν(CH) or formate to a greater extent, cause more Pt agglomeration than Na. For a given Pt loading, the total perimeter of Pt available to ZrO$_2$ should be inversely proportional to the square of the average diameter of Pt clusters. Thus, Pt agglomeration can have a large negative impact on the periphery of Pt in contact with the active support, hindering H-transfer from formate. By comparing CO conversion data for Na, K, and Rb promoted catalysts, it is clear that Na promotion achieves the highest activity boost of the three alkali metal promoters, followed by K and Rb (the latter following the initial decline period). This is likely due to two effects: despite improved formate C-H bond weakening, the larger alkali promoted Pt agglomeration to a greater extent during catalyst activation, and larger alkali tended to more strongly stabilize the second intermediate in the pathway, the carbonate species. Similar results were previously observed by Evin et al. [37] for a Pt/CeO$_2$ catalyst doped with different alkali metals.

3. Materials and Methods

3.1. Catalyst Preparation

Various rubidium loadings (0.33%, 0.55%, 0.74%, 0.93%, 1.86%, 2.79%, 3.72%, 4.65%, 5.58% or 9.29% by weight) on 2%Pt/ZrO$_2$ were prepared by incipient wetness impregnation (IWI). First, monoclinic phase zirconia (63–125 µm) was impregnated with 2% Pt using aqueous Pt(NH$_3$)$_4$(NO$_3$)$_2$ via IWI. After calcination, the catalyst was divided into several portions and was promoted by the appropriate amount of aqueous RbNO$_3$ via IWI. Impregnations were followed by drying and subsequent calcining at 350 °C for four hours using a muffle furnace.

3.2. Characterization

3.2.1. BET Surface Area

Prior to testing, catalysts were degassed under vacuum at 160 °C until the ambient pressure was less than 6.7 Pa. Following, the catalyst was cooled to cryogenic temperatures under vacuum, and a Micrometrics 3-Flex system (Micrometrics, Norcross, GA, USA) was used to measure pore size and surface area via the BJH and BET methods respectively.

3.2.2. Temperature Programmed Reduction/Mass Spectrometry

Temperature programmed reduction (TPR) profiles of the catalysts were obtained using a Zeton-Altimira AMI-300R instrument (Altamira Instruments, Pittsburgh, PA, USA) in conjunction with a mass spectrometer from Hiden Analytical. For each catalyst, 10% H$_2$/He was flowed while increasing the temperature from 50 to 1000 °C at 10 °C/min.

3.2.3. Temperature Programmed Desorption

TPD experiments were conducted on a Zeton-Altimira AMI-300 (Altamira Instruments, Pittsburgh, PA, USA). Catalysts were reduced at 300 °C using a reducing gas of 33%
H$_2$/He flowing at 30 cm$^3$/min. After reduction, the catalyst was cooled to 225 °C under hydrogen flow. Next, 50 cm$^3$/min He was bubbled through water and flowed through the system for 15 min. Subsequently, the catalyst was exposed to the same reducing gas for 15 min, followed by a purge of 50 cm$^3$/min He. This procedure allowed for the formation of bridging OH at oxygen vacancy sites on the catalyst surface. After pretreatment, formate and Pt-CO species formed on the catalyst surface as 4%CO/He flowed at 25 cm$^3$/min. The catalyst was cooled to 50 °C, and co-adsorbed water was added to the catalyst surface by again bubbling 50 cm$^3$/min He for 15 min. The system was then slowly heated to 400 °C to allow for reaction between the steam and formate.

3.2.4. EXAFS

The Materials Research Collaborative Access Team (MR-CAT) beamline at the Advanced Photon Source in Argonne National Laboratory was used to conduct in-situ H$_2$-EXAFS experiments. Incident energies were selected via a Si (1 1 1) monochromator in conjunction with a Rh-coated mirror to remove non-fundamental harmonics of the beam energy. Jacoby describes an experimental setup similar to that used in this work [55]. In situ TPR was conducted on six samples simultaneously using a multi-sample holder (3 mm i.d. channels) made of stainless steel. Self-supporting wafers were loaded into each channel using roughly 6 mg of catalyst, an amount optimized for the Pt L$_{III}$ edge on a ZrO$_2$ support. The multi-sample holder was placed inside a clamshell furnace mounted on the positioning table. The quartz tube is outfitted with Kapton view ports and ports for gas and a thermocouple. Samples were aligned with the beam with 20 μm precision for repeat scans. After positioning, the quartz tube was purged with 100 mL/min He for at least 5 min. Afterward, 100 mL/min pure hydrogen was flowed, and the temperature was increased to 350 °C at a rate of 1.0 °C/min. Spectra at the Pt L-3 edge were taken in transmission made with Pt$^0$ foil serving as a reference for energy calibration. EXAFS spectra were analyzed using WinXAS [56]. Fitting of EXAFS Spectra was carried out with WinXAS [56], Atoms [57], FEFF [58] and FEFFIT [58] using spectra from the end of the TPR (after the temperature had been ramped to 350 °C and subsequently cooled in flowing H$_2$). Fittings were performed from 3 Å$^{-1}$ to 14 Å$^{-1}$ in k space. The inner Pt-Pt coordination shell was isolated by applying a Hanning window of the Fourier-transformed spectra and subsequently performing the inverse Fourier transform. Fittings were performed from 1.7 Å to 3.2 Å in R space.

3.2.5. DRIFTS

A Nicolet iS-10 FTIR (Fourier transform infrared, Waltham, MA, USA) spectrometer was used to conduct transient LT-WGS DRIFTS experiments. To reduce the catalyst, 1:1 H$_2$:He was flowed at 300 °C for one hour. Following reduction, the temperature was reduced to 225 °C in H$_2$, and 75 cm$^3$/min He was bubbled through water and flowed through the system for 8 min. Next, 100 cm$^3$/min hydrogen was flowed for 15 min, followed by a purge in 100 cm$^3$/min of helium. As in TPD experiments, this pretreatment allowed for the formation of bridging OH at oxygen vacancy sites on the catalyst surface. After pretreatment, formate and Pt-CO species formed on the catalyst surface as 4%CO/He flowed at 50 cm$^3$/min. Subsequently, an additional 8 min scan was taken in CO. Helium was bubbled through a water bath at 31 °C, and the saturated vapor (4.4% H$_2$O/He) was flowed across the catalyst at 75 cm$^3$/min. This steam promoted formate decomposition into H$_2$ and adsorbed carbonate, which further decomposed to CO$_2$.

3.2.6. Transmission Electron Microscopy

Transmission electron microscopy (TEM) and scanning transmission microscopy (STEM) were performed with a FEI Talos F200X instrument (ThermoFischer Scientific, Waltham, MA, USA) equipped with BF, DF2, DF4, and high-angle annular dark-field imaging (HAADF) detectors. The imaging was collected with a field-emission gun using an accelerating voltage of 200 kV and a high speed Ceta 16M camera. The elemental dis-
tributions were determined via super energy-dispersive X-ray spectroscopy (EDX). Velox software was used for data processing. Prior to the analysis, the samples were pretreated in hydrogen at 350 °C for 1 h, cooled to ambient temperature and passivated with a mixture of 1% O₂ in nitrogen. Then the reduced samples were dispersed in ethanol, sonicated for 30 min, and then a droplet of the suspension was added to a carbon-coated copper grid (300 mesh) and dried in air overnight.

3.2.7. Reaction Testing

CO conversion during WGS was investigated using a fixed bed plug flow reactor (1.13 cm i.d.). Prior to testing, catalyst samples were sieved to 63–106 µm and diluted by a factor of 4 with silica (60–80 µm). One gram of the diluted catalyst was used for each run. Catalysts were pretreated by flowing 100 cm³/min H₂ for 1 h while the temperature was raised to 350 °C at 5 °C/min. After pretreatment, reactions were conducted at atmospheric pressure, 265–300 °C, and a space velocity of 167,638 Ncc/h-gcat. The feed was composed of y_CO = 0.029, y_H₂O = 0.0261, y_H₂ = 0.299, y_He = 0.368, and the balance nitrogen. After passing through a vapor-liquid separator at 0 °C, the effluent gas was analyzed with an SRI 8610 gas chromatograph (GC) equipped with a molecular sieve column and a silica column. Along with a TCD, the SRI 8610 GC (SRI Instruments, Torrance, CA, USA) is equipped with a methanizer and flame ionization detector, increasing sensitivity to CO and CO₂.

4. Conclusions

In this work, the effect of Rb loading on Pt/ZrO₂ was studied, and it was found that loadings in the range of 0.55–0.93%Rb were optimal for LT-WGS. The effects of Rb at different loadings are complex. Although Rb loading led to decreased surface area and pore volume, it also led to a significant redshift in the ν(CH) band of formate (~110 cm⁻¹ lower than the unpromoted catalyst at high loading amounts), observed through DRIFTS. This indicates a significant weakening of the formate C–H bond, facilitating its scission, which is the proposed rate limiting step in a formate associative mechanism. This led to a significant improvement in the rate of formate decomposition in the presence of steam, as observed through DRIFTS and TPD. At low loadings, more Rb was present on the support, and only small quantities were located at the metal–support interface, which is the proposed reaction zone. This was shown through DRIFTS where lower loadings of alkali caused only a small shift in the formate ν(CH) band. At excessive loadings, the surface of the Pt nanoparticles became largely blocked, inhibiting its role in dehydrogenation. Also, despite being in direct contact with Pt nanoparticles, no evidence for direct charge transfer from Rb to Pt was observed using the L₃–L₂ XANES difference procedure. Additionally, as shown in TPD-MS studies of adsorbed CO₂, these higher loadings stabilized intermediate carbonate species, hindering their desorption and thus, obstructing the completion of the catalytic cycle. EXAFS results also showed that Rb tended to agglomerate Pt during activation of the catalyst, which was confirmed by STEM-EDX. These factors combined detrimentally impacted CO conversion. However, addition of Rb in the optimal range of 0.55–0.93% Rb improved catalyst performance over the unpromoted catalyst by maintaining high activity and significantly improving stability.

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