Review

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Tissue engineering in pediatric urology – a critical appraisal

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Abstract: Tissue engineering is defined as the combination of biomaterials and bioengineering principles together with cell transplantation or directed growth of host cells to develop a biological replacement tissue or organ that can be a substitute for normal tissue both in structure and function. Despite early promising preclinical studies, clinical translation of tissue engineering in pediatric urology into humans has been unsuccessful both for cell-seeded and acellular scaffolds. This can be ascribed to various factors, including the use of only non-diseased models that inaccurately describe the structural and functional modifications of diseased tissue. The paper addresses potential future strategies to overcome the limitations experienced in clinical applications so far. This includes the use of stem cells of various origins (mesenchymal stem cells, hematopoietic stem/progenitor cells, urine-derived stem cells, and progenitor cells of the urothelium) as well as the need for a deeper understanding of signaling pathways and directing tissue ingrowth and differentiation through the concept of dynamic reciprocity. The development of smart scaffolds that release trophic factors in a set and timely manner will probably improve regeneration. Modulation of innate immune response as a major contributor to tissue regeneration outcome is also addressed. It is unlikely that only one of these strategies alone will lead to clinically applicable tissue engineering strategies in pediatric urology. In the meanwhile, the fundamental new insights into regenerative processes already obtained in the attempts of tissue engineering of the lower urogenital tract remain our greatest gain.

Keywords: bladder exstrophy; low-compliance bladder; regenerative medicine; spina bifida; stem cells; tissue engineering; tissue remodeling.

List of abbreviations: BC, basal cells (of the urothelium); ECM, extracellular matrix; FGF, fibroblast growth factor; HSPCs, hematopoietic stem/progenitor cells; IC, intermediate cells (of the urothelium); IGF, insulin-like growth factor; IL, interleukin; iPSCs, induced pluripotent stem cells; MSCs, mesenchymal stem cells; PGA, polyglycolic acid; PPARγ, peroxisome proliferator-activated receptor γ; RA, retinoic acid; RALDH2, retinaldehyde dehydrogenase 2; SF, silk fibroin; SIS, small intestine submucosa; SMCs, smooth muscle cells; UDSCs, urine-derived stem cells; UP3a, uroplakin 3a; UTI, urinary tract infection; VEGF, vascular endothelial growth factor.

Introduction

Tissue engineering is defined as the combination of biomaterials and bioengineering principles with cell transplantation or directed growth of host cells to develop a biological replacement tissue or organ that can be a substitute for normal tissue both in structure and function [1, 2]. The lack of available autologous tissue, either from loss through injury or disease or from congenital absence, has driven the search for new ways to regenerate tissue. This is especially true in pediatric urology, where either malformations such as posterior urethral valves and bladder exstrophy or urologic comorbidities in patients with spina bifida come with devastating long-term sequelae, in particular renal function loss due to elevated bladder and voiding pressure because of low bladder compliance. Surgical therapies have certainly improved patients’ lives in the last decades but still inherit severe complications. Bladder replacement with enterocystoplasty has been a major advancement in this respect, and is considered the gold standard in low-compliance bladders. It allows protecting the upper urinary tract and achieves social continence in most patients [3], but is
associated with complications such as urinary tract infections (UTIs), stone formation, electrolyte imbalances, mucus production, and eventually malignant transformation [4–6]. Congenital and acquired urethral diseases like hypospadias or epispadias, as well as strictures and fistulas, represent a major challenge both in adult and pediatric urology; patients often need multiple surgeries, and urethral replacement in these cases can be difficult because of limited autologous tissue.

Theoretically, the prospect of tissue engineering therefore yields a promise unmatched by conventional surgical means; however, as we will aim to show in this review, the discrepancy of early pretensions and the clinical results so far have been far from satisfying. As of yet, there is no objective evidence that tissue engineering approaches in urology can achieve equal or superior outcomes compared to traditional therapies [7, 8].

However, these failures have led to new insights into mechanisms of regenerative processes, and this raises the hope that more sophisticated strategies will lead to new directions with better results.

Tissue engineering in (pediatric) urology comprises both replacement strategies of the upper urogenital tract – i.e. kidney – and those of the lower urogenital tract. As tissue engineering of the kidney is a very distinct topic by itself [9] and most lessons were learned in the pursuit of bladder replacement and urethral grafting, this review will therefore focus on tissue engineering aspects of the lower urogenital tract.

Biomaterials

Tissue engineering requires the use of scaffolds and matrices on which to grow new tissue on. To render them useful, these scaffolds require certain biocompatibility properties: a scaffold should provide an ideal environment for cell migration, proliferation, and differentiation. It should not inhibit cell-cell interaction, while at the same time be able to fully degrade in a timely manner that leads neither to an accumulation of degradation products, which inhibit further regeneration, nor to a too early degradation while regeneration is still incomplete. Also, an ideal matrix should be immunologically inert without unwanted inflammatory response or graft rejection [10].

Acellular scaffolds

A variety of biomaterials have been described for clinical applications. They can be divided into synthetic and naturally derived extracellular matrices. Synthetic scaffolds contain biodegradable polymers such as polyglycolic acid (PGA), polylactide, poly(glycolide-co-lactide) [11], poly(ethylene) glycol [12], polycapronolactone, etc. [7]. These scaffolds have the advantage of being able to be manufactured “off the shelf” with identical characteristics in large quantities but also induce inflammatory responses.

The group of naturally derived scaffolds basically comprises either matrices made from proteins such as collagen [13] or laminin [14], or matrices made of chemically or enzymatically decellularized tissues such as porcine small intestine submucosa (SIS) [15] or bladder acellular matrix [16, 17]. These scaffolds maintain features of their underlying organ or tissue, including an environment that can contain growth factors or a microstructure that facilitates cell-matrix interaction to allow for better cell migration and repopulation. In SIS, the presence of glycosaminoglycans [18], proteoglycans, fibronectin [19], basic fibroblast growth factor (b-FGF, FGF-2) [20, 21], and vascular endothelial growth factor (VEGF) [21, 22] could be shown. Western blots and enzyme-linked immunosorbent assay procedures showed that SIS extracellular matrix (ECM) contains as much as 0.77 ng VEGF/g SIS [22]. As many of the abovementioned constituents are highly conserved proteins, they may function as bioresponse modifiers or promote such responses also in humans.

One drawback of these scaffolds is that they are inextricably linked with a considerable intrinsic variation between grafts of the same source [23]. This has been studied extensively in porcine SIS. For example, SIS harvested from proximal intestine showed inferior regenerative properties when compared to SIS from distal intestine [24]. Additionally, age of the source animals may play a pivotal role. Several studies showed that SIS used from older animals showed less muscle regeneration [25, 26]. Moreover, the need for sterilization before use in preclinical or clinical studies raises the concern that this can alter or diminish the structural or functional properties in these naturally derived scaffolds [27, 28].

Several studies have also evaluated combination of biomaterials by creating bi-layered hybrid scaffolds with the aim of optimizing biomechanical properties or creating an optimized microenvironment for different cellular layers [29, 30].

A relatively new type of biomaterial made from silk stands in between these groups. On the one hand, it is derived from a natural source instead of being a synthetic product. On the other hand, it is highly reproducible and comes with little intrinsic variability, similar to synthetic biomaterials. These scaffolds consist of silk fibroin...
Cell-seeded scaffolds

To overcome the limitations of acellular scaffolds and to facilitate faster regeneration, the application of matrices from either group seeded with cells in vitro before implantation has been studied [36]. The obvious primary source of cells are autologous donor cells that are expanded in vitro, and then combined with the scaffold and implanted into the specific body site, because autologous cells do not inherit the risk of rejection and associated complications [37, 38]. For bladder reconstruction, this is performed usually by combining cells of urothelial and bladder smooth muscle origin. To allow cells to survive and multiply on the scaffold, they need specific metabolic and nutritional conditions, which are achieved by in vitro bioreactors [39]. Interestingly, in a meta-analysis of animal studies, a cellular graft did not lead to advantageous results when compared to acellular grafts [40]. Other, more sophisticated cell sources, which have recently gained attention in tissue engineering scenarios, like (mesenchymal) stem cells, will be discussed in a later section of the paper.

Early failures

Bladder tissue engineering

Bladder reconstruction has been named one of the major surgical challenges both in adult and pediatric urology [41]. It is therefore not surprising that the first attempt to augment bladders goes back as far as 1917, when Neuhoff used fascia as a free tissue graft in dogs [42]. In the 1950s, a plastic mold with a distensible rubber bag was used to create a fibrotic cavity in which the ureters drained after cystectomy, mostly in carcinoma patients [43]. About 10 years later, a gelatin sponge was the first biodegradable scaffold for bladder replacement used clinically in tuberculosis patients [44]. A Japanese group in the 1970s even experimented with thin resin-covered paper as bladder augment in tuberculous contracted bladder, creating fibrous pseudo-bladders [45]. Needless to say, these earliest trials in tissue-engineered bladder augmentation were prone to complications such as bladder shrinkage, and have rightfully faded into obscurity. Many other materials, both synthetic and organic (such as pericardium, dura, and placenta), have since been used without promising results. In the 1990s, after initial reports of successful preclinical studies with acellular [46] and cell-seeded [47, 48] scaffolds, first studies of clinical translation were performed in patients with end-stage low-compliance bladders [49]. In the study by Atala et al., a cell-seeded PGA-collagen composite scaffold was used for bladder reconstruction in myelomeningocele patients aged 4–19 years who suffered from end-stage bladder disease. The cells were obtained by bladder biopsy and grown ex vivo onto the scaffold. The results of the study were regarded encouraging; however, detailed analysis shows that, overall, there was only a very moderate increase of compliance and absolute bladder capacity, translating into even less age-related bladder capacity. Additionally, the surgical approach changed during the study, which also impairs the study’s significance. Three patients were operated on with an additional omentum wrap on the scaffold. These patients showed the best results in the study, which might be attributed to better angiogenesis or, even simpler, increased tightness during regeneration, therefore leading to less leakage and inflammatory response.

Consequently, a prospective phase II study with the same cell-seeded scaffold with autologous bladder smooth muscle and urothelial cells by Joseph et al. reported unfavorable outcomes in a larger cohort of patients with the same condition [50]. No significant increase in functional parameters of the bladder were documented, and
adverse events, like small-bowel obstruction or even bladder rupture, were reported in all patients during 12- to 36-month follow-ups.

Similar experiences were noted in studies with acellular SIS grafts. Initial preclinical reports showed encouraging results in (healthy) rabbits [51], dogs [52, 53], and pigs [41, 54]; however, translation into use in human patients showed disappointing outcomes. In one series of five bladder exstrophy patients presenting with poor bladder capacity and compliance after complete exstrophy repair and bladder augmentation using a SIS scaffold, bladder capacity and compliance failed to increase significantly while histology showed poor muscle components [55].

In a similar study from our department with six patients suffering from low-compliance bladder mainly because of bladder exstrophy and spina bifida, similar results were obtained. After augmentation with SIS, bladder compliance and capacity failed to increase substantially in long-term outcome (mean follow-up 24 months) [56]. Bladder compliance postoperatively ranged from 0.9 to 5.6 (mean 3.0) mL/cmH2O. Histological examinations showed a complete conversion of SIS, but irregular urothelial lining and bladder wall containing relatively thick connective tissue in four patients and regular urothelium in only two patients. Furthermore, three patients experienced major complications: two experienced bladder stones and one a bladder rupture. Of note, Von Brunn cell nests, which are distinctive of pathologic bladder wall in exstrophy bladders [57], were noted in the augment – clear evidence that pathologic tissue regenerates differently and passes pathological features onto regenerative sites.

A third study by Zhang and Liao showed somewhat more promising results [58]. Bladder augmentation with a large SIS patch was performed in eight patients with neurogenic bladder (six with meningomyelocele, two after spinal trauma). They reported a significant increase in mean bladder capacity from 170.1 ± 75.7 mL preoperatively to 385.5 ± 52.8 mL at 12 months after surgery (p < 0.01). However, it must be taken into account that the relatively short follow-up time prevented the authors from capturing any long-term bladder shrinkage. Additionally, only in three of the patients were bladder biopsies taken postoperatively, which showed incomplete urothelial lining and suboptimal bladder wall formation with little muscle and excessive connective tissue.

Most patients in these unsuccessful clinical studies suffered from spina bifida, and while it is clear that even full regeneration of the bladder cannot restore the full function in the bladder, especially voluntary voiding due to the primary condition, the failure to achieve a stable increase of storage capacity is disappointing and forbids further clinical use of these approaches.

Urethral reconstruction

The surgery of large urethral defects as in hypospadias or epispadias often requires substitute tissue such as foreskin [59] (which is often missing, especially in repeat surgery) or buccal mucosa [60] because of the lack of suitable on-site tissue. To overcome this limitation, attempts to utilize acellular as well as cell-seeded matrices have been performed. For acellular grafts, regeneration was shown to be unsuccessful for larger defects due to contraction and, therefore, stenosis of the neourethra. Epithelial ingrowth could only be noted in areas not exceeding 0.5 cm in diameter, possibly showing the limited vascularization in these grafts [61]. Several preclinical studies showed somewhat better results in the use of foreskin- or oral mucosa-sourced cell-seeded scaffolds [62, 63]. Fu et al. used epithelial cells from the foreskin of rabbits onto a bladder submucosa scaffold. Six months after urethral replacement in contrast to unseeded grafts, persistent epithelium was noted in the cell-seeded group. Analogue results were obtained by the same group using keratinocytes from oral mucosa as a cell source [64]. Studies of a similar design using cells from oral punch biopsy and combining them with muscle-derived cells on a collagen matrix [63] or autologous corporal smooth muscle cells (SMCs) combined with lingual keratinocytes seeded on acellular porcine corpus spongiosum matrices [65] showed stable regeneration and patent urethras as well. While these results are promising, two limitations must be taken into account. First, all these studies were performed in healthy animals and results are very limited in terms of follow-up – the longest follow-up was only 6 months.

It is therefore not surprising that the limited data on early clinical translation has been disappointing as well. In a small study with six patients 14–44 months old, 50% developed severe complications such as urethrocutanous fistula or stricture after repair of severe hypospadias using urothelial cells seeded on acellular dermis [66]. Bhargava et al. corrected urethral strictures caused by lichen sclerosus using a similar approach with buccal mucosa seeded on de-epithelialized dermis [67]. Two of five patients needed total removal of the grafted urethra due to fibrosis, while the other three needed further procedures, bringing the complication rate to 100%.

Only one study by Raya-Rivera et al. showed better results [68]. Their group used tubular PGA scaffolds, which were seeded with urothelial cells on the inner
surface and with SMCs on the outer surface. This graft was then implanted into five boys with urethral defects. Stricture was reported in one boy and incontinence due to postoperative sphincteric incompetence in another boy.

Given these results, urethral replacement with tissue-engineered grafts seems to be far from ready for implementation into clinical practice.

**New insights**

The disillusioning results of these early clinical studies can be ascribed to several reasons. First, preceding preclinical studies relied mainly on histological and therefore structural outcomes. Thus, they are little more than feasibility studies with short follow-ups. Functional tests, i.e. urodynamic studies in animals, were, often enough, not performed. Second, healthy animal models are of limited value in tissue engineering scenarios, as they show better regeneration than diseased animals. For example, Burmeister et al. showed complete regeneration of the bladder wall in a rat model of partial cystectomy of 75% of the bladder, resulting in complete structural and functional bladder regeneration within 8 weeks, illustrating the high regenerative capacity of the rat bladder [69]. It is therefore not surprising that in healthy animal models, even incomplete remodeling of a graft can be compensated by natural regeneration, a scenario that would not be the case in diseased animals.

This principle could also be demonstrated on a cellular level. Lin et al. showed that cultured neuropathic bladder SMCs possess and maintain different characteristics in vitro compared to normal bladder SMCs [70]: SMCs from neuropathic bladders contracted significantly less than SMCs from normal bladders in in vitro contractility assays and showed less adherence. Subramaniam et al. observed that urothelial cells, when from diseased patients, contain a highly reduced proliferation and differentiation capacity in vitro than when from healthy persons [71]. Additionally, most samples in their study lacked expression of uroplakin 3a (UP3a) and cytokeratin 20, which characterize differentiation into superficial umbrella cells. In an analysis of gene expression of neuropathic bladder SMCs compared to normal SMCs, several dysregulated pathways, including fibroblast growth factor signaling, were found [72].

These studies show clearly that clinical use of diseased cells for regenerative purposes (either for cell-seeded or acellular matrices) may not be beneficial (at least without further modification), and the identification of other sources of cells may be warranted.

Thus, at least one requirement for further attempts of tissue engineering of the bladder is the use of diseased models. Models of neurogenic bladder have been developed in various animals. A rat model of spinal cord injury, for example, has been shown to produce reliable bladder dysfunction and pathologic remodeling [73]. Comparing bladder regeneration in a bladder augmentation model with SF matrix showed lower numbers of synaptic areas in the neotissue along with the presence of chronic inflammation in the diseased animals [74]. These results contradict findings in a non-diseased rat model, wherein no inflammatory reactions could be found using the same scaffold preparations [33].

Studies in rodents in which the urethra is occluded by surgical means to achieve partial bladder outlet obstruction can mimic functional and structural bladder changes, such as loss of contractility and fibrosis in humans with subvesical obstruction. These established models, which have also been characterized using urodynamic studies, have been widely used to investigate bladder remodeling and will be useful in tissue engineering studies as well [75].

While rodent models are useful for organ development and proof-of-principle studies or studies investigating signaling pathways and cell-cell interactions because of the availability of genetically engineered animals, large animal models, which mimic the human body more closely, are needed for tissue engineering with larger grafts [76]. For example, favorable outcomes after tissue engineered bladder augmentation have been reported in rats with spinal cord injuries [77, 78]; however, in a porcine model of partial bladder outlet obstruction, the diseased bladder status negatively affected regeneration [79].

A large animal model for creating bladder exstrophies exists in sheep, in which bladder exstrophy is created through fetal surgery at gestation day 79, with the lamb then delivered at full term [80]. In these exstrophic bladders, a significant increase in the ratio of collagen to smooth muscle was noted compared to normal control bladders (p < 0.05). This difference was similar to that noted in neonatal human bladders. In a study of bladder augmentation with collagen scaffolds in bladder exstrophy lambs 1 week after birth, a low survival rate of 58% was noted compared to 100% in augmented healthy animals [13]. In the surviving animals, a comparable regeneration was achieved, but with a trend toward lower compliance in the bladder exstrophy group 6 months after surgery. The authors admit that improvements are still needed for larger augmentations or more severely diseased bladders.
Of course, the above also applies to urethral tissue engineering as well. Promising results with new scaffolds in healthy animals [35] will have to be tested in models of urethral strictures, e.g. in a well-described rabbit model of urethral stricture, which is produced by 10-mm-long circumferential electrocoagulation of the bulbar urethra using a 13Fr pediatric resectoscope [81]. Overall, these studies show the increased difficulties of regeneration in diseased bladders. Studies with diseased animal models are costly, time consuming, and ethically demanding [82]; however, there is no doubt that the insights that can be gained from such approaches are immense and should be mandatory before clinical translation.

**Future strategies**

**Stem cells**

Because of their ability for differentiation, plasticity, migration, and continuous self-renewal, stem cells have received particular attention in recent years for cell-seeded tissue engineering approaches [83]. Due to the ability to regulate cell signaling via their secretome, stem cells contain immunomodulatory properties that can modify the inflammatory response and improve vascularization and cellular coordination [84].

Bone marrow contains two specific cellular components with stem cell properties: mesenchymal stem cells (MSCs) and multipotent hematopoietic stem/progenitor cells (HSPCs) [85, 86]. MSCs maintain self-renewal and differentiate into various tissue lineages. They represent a heterogeneous cell population but can be isolated from multiple tissues. Of note, adult MSCs resemble bladder SMCs in regards to contractile protein furnishings [87]. In a nude rat model of MSCs seeded on a poly-1,8-octanedio-co-citrate scaffold, regeneration showed superior smooth muscle bundle formation compared to adult SMC-seeded and unseeded scaffolds. Collagen-to-muscle ratio showed a better, near-to-normal ratio of roughly 1:1 in the MSC-seeded group compared to a ratio of around 2.3:1–4:1 in the other groups; this indicates less fibrosis and the potential of higher compliance [88].

**HSPCs and angiogenesis**

A major problem of early tissue engineering approaches has been the promotion of adequate vascularization, especially in structurally larger grafts used for bladder reconstruction. In the center of such grafts, nutrient and oxygen supply is low [90], leading to incomplete regeneration and graft failure. It is known that a specific fraction of HSPCs (CD34+ HSPCs) has a unique ability to induce robust tissue vascularization [83]. In a study of partial cystectomy, nude rats were augmented with various combinations of cell-seeded scaffolds that contained MSCs or CD34+ HPSCs alone or MSC/CD34+ HSPC combinations [91]. Quantitative analysis revealed an up to nine-fold increase in vascularization in the MSC/CD34+ HSPC group compared with the other groups. This indicates that the combination of the two stem cell types was determinative in the vascularization of the entire graft, including the center area. The source for MSC/CD34+ HSPCs in this study were pediatric spina bifida patients as well as healthy adult and pediatric donors, and the results showed similar regeneration potential for the spina bifida donor cells compared to the cells of healthy donors. This is of particular interest, as it indicates the possibility to circumvent the drawback of the use of differentiated (urothelial or muscle) cells, which seem to take properties of the disease with them when used in tissue engineering scenarios. Developmental defects in pediatric spina bifida patients seem to have no negative effect on bladder functionality when using an autologous stem/progenitor cell source.

In general, the demand for adequate and early vascularization should get more emphasis in bladder tissue engineering research, as tissue regeneration will always be impaired by suboptimal oxygen and nutrient supply. Combination of stem cell approaches with prevascularization strategies (e.g. generation of preformed microvascular networks in grafts prior to implantation) might help circumvent this fundamental problem of the implantation of large grafts [92].

**Induced pluripotent stem cells (iPSCs)**

Stem cell science is a rapidly evolving field, and, in recent years, iPSCs, which can be generated directly from adult tissue by converting adult cells to stem cells using four specific genes that encode transcription factors, have been named prime candidates for tissue engineering strategies [83]. Compared to embryonic stem cells, they are relatively easy to obtain and share similar plasticity. Although the
advent of iPSCs has already led to clinical use in other fields, available data in the field of bladder tissue engineering are still very limited. So far, only in vitro studies exist, which show that iPSCs can be voluntarily differentiated into different urothelial cells as well as SMCs [93, 94].

Other sources of stem cells

Recently, cells with stem cell properties have been found in human voiding urine [95]. Urine-derived stem cells (UDSCs) have been named as a potential source for tissue engineering, although the origin of these cells, which only represent a small fraction of cells in voiding urine, is still unclear (proposed to be of renal origin [96]). Even if the possibility of effortless collecting of stem cells seems intriguing, data are still very limited on this stem cells source [97]. In one study, the authors claim that in a rabbit model of a 2-cm urethral defect, a UDSC-seeded SIS graft showed better regeneration regarding urethral caliber, speed of urothelial regeneration, content of smooth muscle, and vessel density compared to an acellular SIS graft. Furthermore, inflammatory cell infiltration and fibrosis were diminished in the autologous UDSC-seeded SIS group [98].

Progenitor cells in urothelium?

Related to the use of stem cells is the question of whether progenitor cells exist in the regenerating organ itself and whether they can be utilized and directed for optimal tissue formation. This has been thoroughly investigated in the case of urothelium. Shin et al. showed that there is a source of resident multipotent progenitor cells in the basal urothelium in a model of UTI bladder urothelial damage. They identified keratin 5-positive basal cells (BCs) as the source for regeneration of the superficial urothelial layers. Since then, a substantial controversy has arisen over this question. In a subsequent study from the Mendelssohn group, UP3-positive intermediate cells (ICs) were identified as progenitors in a model of chemical injury of the bladder, mimicking chronic cystitis. These studies have in common that they investigated scenarios with mild to moderate damage of the urothelium. In tissue engineering scenarios, however, regeneration takes place after complete removal of both urothelium and stroma/muscle.

In a model of genetically engineered lineage tracing mice, one of the authors (FMS) could show that, in regeneration following bladder augmentation with an acellular graft, BCs are the progenitor source for all layers of the urothelium in a linear fashion, in contrast to less severe injury, where regeneration takes place also in a non-linear fashion utilizing intermediate cells [99]. Moreover, two previously unreported urothelial cell types (BC-2 and IC-2) were observed, which, as transient cell types, are subsequently exfoliated into the lumen as regeneration proceeds to final stages. Putatively, these cells serve as a temporary scab-like layer that shields the forming bladder wall from urine, allowing mature cell formation to occur [99].

We could also show that in the newly forming suburothelial stroma, retinaldehyde dehydrogenase 2 (RALDH2) shows a transient peak at 4 weeks after augmentation. RALDH2 is an enzyme necessary for retinoic acid (RA) synthesis, which, in turn, is necessary to drive the differentiation of intermediate cells to superficial cells, and therefore illustrates one potentially useful pathway to influence differentiation of urothelial cells during regeneration [100].

Understanding the role of signaling pathways and dynamic crosstalk between the urothelium and stroma in bladder regeneration as well as the potential of indigenous progenitor cell sources will probably also allow us to direct and influence regenerative processes. The ability to direct these complex dependencies on molecular levels will ultimately determine the results of regeneration of large tissue grafts.

Dynamic reciprocity and regulating remodeling

Not only interactions between urothelium and stroma but also bi-directional interactions between tissue-engineered grafts and the host tissue environment are important factors in achieving better outcomes in tissue remodeling. This concept has been termed “dynamic reciprocity” [101]. Understanding and directing these remodeling events, i.e. host cell adhesion and migration, differentiation, immune response, differentiation and apoptosis, formation of new ECM, etc., may help significantly optimize remodeling processes. One way to influence host-scaffold interaction is to create “smart scaffolds,” which release trophic factors in a set way to optimize host reactions toward the scaffold.

In recent years, the influence of immune response in tissue engineering has been moved into focus. In particular, macrophage reactions have been studied extensively. It is known that two types of macrophages – pro-inflammatory M1 macrophages and anti-inflammatory macrophages of M2 type – play distinct roles in tissue repair
during wound healing following injury of various tissues [102]. It has been shown that pore size and fiber diameter of scaffolds alter macrophage activation, leaning to an increased presence of either M1 or M2 phenotypes [103–105].

These two types do not solely represent independent subtypes. Rather, they represent a spectrum of macrophages leaning toward one of the types with transitional phenotypes expressing markers of both M1 and M2 macrophages, up-regulation of M2 macrophages in a timely fashion may promote functional tissue remodeling and diminish scar tissue formation [106]. It seems as if both types of macrophages are needed in a dynamic sequence during tissue repair. A coordinated sequence of M1 over M2 dominance in an early period of repair seems to promote angiogenesis [107], while M2 over M1 dominance in later stages seem to induce functional tissue formation [108].

Even though limited data are available for urologic applications, these studies show that further investigation of macrophage–scaffold interaction and macrophage activation is warranted. Timely release of bioactive substances such as interleukin (IL)-4, IL-13 [109], or interferon-regulatory factors [110], which allow for an improved sequence of M1 and M2 activation, may be a promising target for smart scaffold research and promote healthy tissue regeneration. Another leverage point to modulate macrophage-dependent immune response may arise through RA-related peroxisome proliferator-activated receptor $\gamma$ (PPAR$\gamma$) signaling pathways by incorporation of pharmacologic modulators of PPAR$\gamma$ signaling [111]. This is of particular interest, as it has been shown that RA-dependent pathways are important for the final stages of urothelial differentiation as well [99].

As it is known that acellular natural-derived grafts contain growth factors, and still yield unsatisfactory results, efforts optimizing their interactions might lead to better outcomes. In one study, a modified FGF-2, which was fused with a collagen-binding domain to improve release kinetics, was incorporated into an acellular graft, and this graft promoted more vascularization, SMC ingrowth, and urodynamic parameters compared to a graft with native FGR-2 [112]. A similar principle was found superior in a rat study in which a modified insulin-like growth factor (IGF)-1 fusion protein, which permitted retaining of the growth factor at the site of tissue regeneration, was compared to wild-type IGF-1, the former promoting better smooth muscle repair in a rat model [113].

The co-administration of growth factors and the timely release from scaffolds might be a promising strategy as well. In one study, histological outcome and functional bladder contractility proved superior in a model of bladder acellular matrix tissue engineering, when the scaffold contained a mix of platelet-derived growth factor-BB and VEGF compared to a scaffold without growth factors [114]. In a similar study in a rat model of spinal cord injury and partial bladder replacement with bladder acellular matrix, the co-administration of nerve growth factor/VEGF showed better bladder capacity and compliance than a scaffold lacking growth factors [115].

Although scaffolds with reliable growth factor release are difficult to produce, and the choice of growth factors as well as concentration and timing of release need to be thoroughly investigated, these studies show that there

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**Figure 1:** Pathway to clinical translation of tissue engineering approaches. Only combination of different strategies and scientific subspecialties will likely allow tissue engineering to become part of clinical routine in the future.
is a high potential of optimizing results in tissue repair processes, provided that the underlying principles are properly understood. To achieve this, further research is mandatory.

**Conclusion**

Attempts of tissue engineering have included a large variety of synthetic and biological scaffolds and cell types in all conceivable combinations with very limited clinical success so far. The initial notion that bladder is an easy-to-replace organ, because it is of simple structure and function, has since been revised. We have learned that bladder regeneration is a challenge, given the multitude of functions the bladder has to fulfill. The bladder is an active organ with a highly specialized impermeable inner surface, is richly innervated and vascularized, and has unique structural and functional dynamics.

It is unlikely that one of the abovementioned strategies alone will lead to clinically applicable tissue engineering solutions. It is far more likely that only the integration of multiple approaches will lead to tissue engineering applications that meet the goal indicated in the introduction, namely to surpass the results of conventional surgical solutions (Figure 1). To achieve this, the complex relationship between tissue compartments, cell-cell and cell-stroma interaction, as well as molecular signaling pathways that determine regeneration need to be understood to a much deeper extent. Stem cell research, scaffold composition, including the implementation of pharmaceutical factors modulating repair processes and immune response (e.g. through altered macrophage activation), need to be cornerstones of further urological tissue engineering research. For the time being, the fundamental new insights into regenerative processes already obtained in the attempts of tissue engineering of the lower urogenital tract remain our greatest gain.

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**Author Contributions**

Frank-Mattias Schäfer: conceptualization; data curation; formal analysis; investigation; methodology; visualization; writing – original draft; writing – review and editing. Maximilian Stehr: supervision; validation; writing – review and editing.

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Supplemental Material: The article (https://doi.org/10.1515/iss-2018-0011) offers reviewer assessments as supplementary material.
Reviewers' Comments to Original Submission

Reviewer 1: anonymous

Mar 12, 2018

| Reviewer Recommendation Term: | Accept with Minor Revision |
|-------------------------------|---------------------------|
| Overall Reviewer Manuscript Rating: | 70 |

| Custom Review Questions | Response |
|-------------------------|----------|
| Is the subject area appropriate for you? | 3 |
| Does the title clearly reflect the paper’s content? | 4 |
| Does the abstract clearly reflect the paper’s content? | 4 |
| Do the keywords clearly reflect the paper’s content? | 5 · High/Yes |
| Does the introduction present the problem clearly? | 5 · High/Yes |
| Are the results/conclusions justified? | 4 |
| How comprehensive and up-to-date is the subject matter presented? | 4 |
| How adequate is the data presentation? | 4 |
| Are units and terminology used correctly? | 4 |
| Is the number of cases adequate? | N/A |
| Are the experimental methods/clinical studies adequate? | N/A |
| Is the length appropriate in relation to the content? | 4 |
| Does the reader get new insights from the article? | 4 |
| Please rate the practical significance. | 4 |
| Please rate the accuracy of methods. | 4 |
| Please rate the statistical evaluation and quality control. | N/A |
| Please rate the appropriateness of the figures and tables. | 1 · Low/No |
| Please rate the appropriateness of the references. | 2 |
| Please evaluate the writing style and use of language. | 2 |
| Please judge the overall scientific quality of the manuscript. | 4 |
| Are you willing to review the revision of this manuscript? | Yes |
Comments to Authors:
The paper is a state of the review dealing with tissue engineering for urological diseases. The authors provide a detailed review of the current literature and discuss the pros and cons of historical and current approaches. In addition, they discuss potential strategies to overcome problems associated with bladder and urethra reconstruction that apparently hinders successful translation into humans. The authors provide a comprehensive review. Nevertheless, the article requires revision regarding grammar and structure. Additionally, there are some citations missing, which need to be inserted.

Reviewer 2: Stuart Hosie
Mar 29, 2018

Reviewer Recommendation Term: Accept
Overall Reviewer Manuscript Rating: 90

Custom Review Questions

| Question                                                                 | Response |
|-------------------------------------------------------------------------|----------|
| Is the subject area appropriate for you?                                 | 5 - High/Yes |
| Does the title clearly reflect the paper’s content?                      | 5 - High/Yes |
| Does the abstract clearly reflect the paper’s content?                   | 5 - High/Yes |
| Do the keywords clearly reflect the paper’s content?                     | 5 - High/Yes |
| Does the introduction present the problem clearly?                       | 5 - High/Yes |
| Are the results/conclusions justified?                                   | 4        |
| How comprehensive and up-to-date is the subject matter presented?        | 5 - High/Yes |
| How adequate is the data presentation?                                   | 4        |
| Are units and terminology used correctly?                                | 5 - High/Yes |
| Is the number of cases adequate?                                         | N/A      |
| Are the experimental methods/clinical studies adequate?                  | N/A      |
| Is the length appropriate in relation to the content?                    | 5 - High/Yes |
| Does the reader get new insights from the article?                       | 5 - High/Yes |
| Please rate the practical significance.                                  | 4        |
| Please rate the accuracy of methods.                                     | N/A      |
| Please rate the statistical evaluation and quality control.              | N/A      |
| Please rate the appropriateness of the figures and tables.               | 4        |
| Please rate the appropriateness of the references.                       | 5 - High/Yes |
| Please evaluate the writing style and use of language.                   | 4        |
| Please judge the overall scientific quality of the manuscript.           | 4        |
| Are you willing to review the revision of this manuscript?               | Yes      |

Comments to Authors:
Nice review, relevant Topic, good overview regarding past, present and prospects of tissue Engineering in pediatric urology.

Authors’ Response to Reviewer Comments
Apr 12, 2018

We thank the reviewers for their kind comments and provide a thoroughly revised version.
Detailed answer to the reviewer’s concerns:

Reviewer #1
The authors provide a comprehensive review. Nevertheless, the article requires revision regarding grammar and structure. Additionally, there are some citations missing, which need to be inserted.
Answer: The paper has been thoroughly checked for spelling and grammatical errors by a native speaker. In some cases sentences have been shortened to ease reading. We have also included some missing citations as requested by the reviewer, bringing the total number of citations to 115 (+6).

We hope that the revision will meet the requirements for final publication.

Reviewers’ Comments to Revision

Reviewer 1: anonymous

Apr 13, 2018

Reviewer Recommendation Term: Accept
Overall Reviewer Manuscript Rating: 70

Custom Review Questions Response
Is the subject area appropriate for you? 3
Does the title clearly reflect the paper’s content? 4
Does the abstract clearly reflect the paper’s content? 4
Do the keywords clearly reflect the paper’s content? 4
Does the introduction present the problem clearly? 4
Are the results/conclusions justified? 4
How comprehensive and up-to-date is the subject matter presented? 4
How adequate is the data presentation? 4
Are units and terminology used correctly? 4
Is the number of cases adequate? N/A
Are the experimental methods/clinical studies adequate? N/A
Is the length appropriate in relation to the content? 4
Does the reader get new insights from the article? 4
Please rate the practical significance. 4
Please rate the accuracy of methods. N/A
Please rate the statistical evaluation and quality control. N/A
Please rate the appropriateness of the figures and tables. 4
Please rate the appropriateness of the references. 4
Please evaluate the writing style and use of language. 4
Please judge the overall scientific quality of the manuscript. 3
Are you willing to review the revision of this manuscript? Yes

Comments to Authors:
Paper has improved by modification, which have been carried out.