Non-traumatic epidural posterior fossa hematomas in child with Sensenbrenner syndrome: a case report and literature review

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Background: Posterior fossa extradural hematomas are an uncommon condition with more than half of cases appearing in the pediatric population. Although the majority of cases are caused by substantial trauma, it may also be related to systemic diseases and bleeding disorders without the history of head trauma.

Case report: We present the case of a 6-year-old female affected by Sensenbrenner syndrome with a non-traumatic subacute posterior fossa epidural hematoma. The patient was surgically treated and medically discharged without further neurological alteration. This is the first report of spontaneous cerebral hematoma associated with this syndrome in the literature. A literature review of the main aspects of both topics was performed.

Conclusions: Although spontaneous posterior fossa epidural hematomas are rare, clinicians should be aware and highly suspicious of this differential diagnosis in certain situations such as coagulopathies and other specific systemic diseases, as fast recognition and assertive treatment are important for better outcomes.

Keywords: Epidural hematoma. Coagulopathy. Bleeding diathesis. Sensenbrenner syndrome. Ciliopathy

INTRODUCTION

Posterior fossa extradural hematomas (PFEDH) are an infrequent condition, representing between 1.2% and 15% of all extradural hematomas that occur in the general population. More than half of the cases are observed in children and adolescents [1,2].

Although the majority of cases are caused by substantial trauma, PFEDH may also be related to systemic diseases and bleeding disorders, with or without minor head trauma [2].

Due to the rareness of the condition and the possibility of neurological deterioration, this article intends to review the literature on the topic and to report the case of a child affected by a syndromic condition called Sensenbrenner syndrome, who presented with a non-traumatic epidural bleeding episode.

EXEMPLARY CASE DESCRIPTION

The patient was a 6-year-old female affected by Sensenbrenner syndrome, who had recently been hospitalized with a non-traumatic posterior fossa epidural hematoma.

Her medical history included a premature birth at 33 weeks’ gestation due to oligohydramnios. Soon after birth, physical examination showed characteristic phenotypical aspects, such as brachydactyly, narrow thorax, short long bones and syndromic facial appearance. In addition, liver and renal dysfunctions were diagnosed, characterized by bile duct cysts, portal hypertension, ascites and nephronophthisis.

In the following year, other clinical signs were observed, such as sparse hair and lashes, small teeth, short stature, short nose, depressed nasal bridge, small mouth and a trigonocephaly appearance. At that time, Sensenbrenner syndrome was diagnosed.
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Regarding the recent hospitalization, the patient presented to the emergency room 2 days after her most recent hemodialysis session with abdominal pain, constipation and drowsiness. There was no history of trauma. The first laboratory tests revealed hyperammonemia, coagulopathy and pancreatitis. After reversing the clinical changes, the patient showed no improvement in consciousness level and was submitted to further neurological investigation.

During the neurological examination, the patient was mildly sedated with reactive and adequate pupils, without other changes. Due to institutional technical peculiarities, magnetic resonance imaging (MRI) was the preferred diagnostic method and showed extensive subacute epidural hematoma in the posterior fossa (Figure 1).

Since the patient presented with uncoagulable blood test, reduced prothrombin index and elevated International normalized ratio (INR), coagulopathy reversion with vitamin K, transfused plasma and platelets were promptly used. A posterior fossa craniotomy was performed, the hematoma was drained, dura-mater was anchored to the bone and a subcutaneous drain was placed. During the surgery, there were no vascular abnormalities observed and no further complications. A brain computed tomography scan (CT) scan was performed in the 12-hour postoperative period without evidence of rebleeding (Figure 1). There was no extubation delay during the intensive care stay.

In the last follow-up, the patient’s neurological function had returned to the previous level, consisting of a delayed neuropsychomotor development but with some comprehension and speech functionality. Figure 1 presents the postoperative computed tomography (CT) scan.

BACKGROUND

Sensenbrenner syndrome

Sensenbrenner syndrome, also known as cranioectodermal dysplasia (CED) type I, is a rare genetic disorder in the group of ciliopathies. Since its first description by Sensenbrenner in 1975, fewer than 60 cases have been reported in the literature [3,4]. This disease is generally inherited in an autosomal recessive manner. Pathogenic variants in IFT122 (previous WDR10), WDR35 (IFT121), WDR19 (IFT144) or IFT43 genes can be identified in 40% of the affected patients [5].

Defects in intraflagellar transport can impact almost all cells of the human body, especially transducing signals in the...
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Hedgehog (Hh), Wnt and fibroblast growth factor (FGF) pathways, which play important roles during embryogenesis [3, 6]. The wide range of abnormalities might be responsible for the heterogeneity of this syndrome and the variety of phenotypes observed [7,8].

Thereat, Lin et al. proposed the “cardinal findings” of this syndrome, including brachydyactyly, ectodermal abnormalities (small, wide-spaced teeth, hypo/oligodontia, sparse hair, short nails), distinctive facial appearance, sagittal craniosynostosis, narrow thorax, joint laxity and limb shortness. Renal and hepatic insufficiency can also be observed [8].

Regarding neurological findings, the majority of patients present with dolichocephaly; however, other types of craniosynostosis, such as oxycephaly, have also been described [5, 9]. These alterations are often severe and can be seen at birth or even prenatally [5, 10]. Developmental milestones might be delayed, although this is uncommon and exclusively related to WDR35 mutations [7, 8].

Craniofacial alterations can be characterized by low-set rotated ears, telecanthus, epicanthal folds and/or palpbral fissures. Full checks, micrognathia, everted lower lip and anteverted nares can also be present. The remaining changes are mostly related to cranial vault synostoses, usually presenting as frontal bossing and a ‘boxing’ head [3, 4, 5, 11].

Gastrointestinal bleeding has been previously described in relation to liver dysfunction in two affected patients [7, 12]. However, until now, no reports of spontaneous cerebral hematoma related to this syndrome had been published in the literature.

Posterior fossa extradural hematoma (PFEDH)

A literature search was conducted using MedLine database combining the terms “posterior fossa extradural hematoma” and “posterior fossa epidural hematoma” to “spontaneous”, “non-traumatic”, “pediatric” and/or “children” published in the last five decades. In general, PFEDH occurs infrequently [1, 2, 13, 14, 15, 16, 17]. Moreover, non-traumatic PFEDH is extremely unusual, with only a few reports published in the literature [18, 19, 20, 21, 22, 23, 24, 25].

Kausik and Sandip reviewed 41 articles on pediatric PFEDH published between 1953 and 2017 and described a rare association with bleeding diathesis, systemic illness, cardiac surgery and malignancy, while 73% to 93% of the patients had suffered occipital fractures due to head trauma [2]. In children, in whom occipital fracture is more common and the dura is more strongly attached to the skull and consequently more injury susceptible, traumatic PFEDH occurs up to three times more frequently [2,18].

Inherited or acquired coagulopathy is usually present in spontaneous central nervous system (CNS) bleeding episodes [26, 27, 28]. Other systemic pathologies, such as neoplasms, can also be observed [2, 20-22].

Table 1 presents the literature studies that report cases of pediatric patients with spontaneous PFEDH and associated conditions that facilitated bleeding. There were only two children, aged 4 and 12 years, in whom PFEDH were completed disassociate with trauma and was due to full heparinization before cardiac surgery and angiosarcoma spontaneous hematoma, respectively [18, 22]. The remaining patients were affected by bleeding disorders or other conditions with a higher risk of hemorrhages [19, 23-25]. It is important to highlight that these patients were linked to mild trauma, which would unlikely cause a bleeding episode in a patient with normal coagulation function or healthy blood vessels.

CLINICAL PRESENTATION

The clinical manifestations of spontaneous PFEDH can be variable and non-specific. Usually, they are dependent on the hematoma volume, obstructive hydrocephalus and brain stem compression.

In the majority of the reported cases, headache, nausea and vomiting were present initially, followed by altered sensorium and drowsiness [18, 19, 22-25]. Nuchal rigidity, hemiparesis, incoordination, pupil alteration, bradycardia and deep coma have also been described [18, 20, 22, 23].

Similarly, Balik et al. reported headache, disorientation and coma as the three most frequent symptoms. Nausea, vomiting, dysphasia, hemiparesis, dizziness, seizures and mydriasis were also observed in some of the patients [1]. Kausik and Sandip shared this view, and also reported rapid neurological deterioration due to brain stem compression and hydrocephalus [2].

The duration of symptoms varies from hours to days and may be related to the etiopathogenesis. Inherited coagulopathy, such as hemophilia A and Von Willebrand’s disease, is more frequently associated with acute onset [19, 24, 25]. Neoplastic conditions, such as angiosarcoma and skull metastasis from hepatocellular carcinoma have also been reported to present in the same way [21, 22]. On the other hand, the PFEDH related to mastoiditis and sinus thrombosis, presented with a subacute onset [20].

DIAGNOSIS

The diagnosis of epidural hematoma diagnosis can be obtained faster by a CT scan, making it the preferred method; however, MRI has similar efficacy, in addition to being more suitable for diagnosing non-acute neurological

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Table 1. Detailed description of the mentioned cases of posterior fossa extradural hematoma in children.

| Age (years) | Associated condition | Clinical presentation | Diagnosis | Management | Outcome |
|-------------|----------------------|-----------------------|-----------|------------|---------|
| Frydrych et al., 1981 | Hemophilia A + mild trauma | Drowsiness | CT Coag alt | Suboccipital craniectomy and clot evacuation | Neurologically intact |
| Ohishi et al., 1983 | Hemophilia A + mild trauma | Headache and nausea | CT Coag alt | Suboccipital craniectomy and clot evacuation | Neurologically intact |
| Ohishi et al., 1983 | Hemophilia A + mild trauma | Headache and nausea | CT Coag alt | Suboccipital craniectomy and clot evacuation | Neurologically intact |
| Takenaka et al., 1988 | Von Willebrand’s disease + mild trauma | Vomiting and drowsiness | CT Coag alt | Suboccipital craniectomy and clot evacuation | Neurologically intact |
| Mandera et al., 2003 | Hutchinson-Gilford progeria syndrome + mild trauma | Drowsiness, divergent positioning of the optic bulbs and hemiparesis* | CT | Suboccipital craniectomy, clot evacuation and temporal craniotomy | Residual hemiparesis |
| Ahmad et al., 2005 | After cardiac surgery | Drowsiness and deep coma | CT Coag alt | Suboccipital craniectomy and clot evacuation | Neurologically intact |
| Mahore et al., 2014 | Angiosarcoma first presentation | Headache, vomiting, nuchal rigidity and bradycardia | CT MRI | Suboccipital craniotomy, clot evacuation and tumor excision | Neurologically intact |

coag alt – coagulation alterations. * associated left temporal hematoma.

conditions such as brain stem injury or basal ganglia involvement in sustained unresponsiveness [1, 2, 15-18].

Kaushik and Sandip recommend CT as the gold standard for diagnosis, but highlight the importance of MRI and magnetic resonance venogram in dural sinus injury and when there is suspicion of posterior fossa alteration [2].

Considering the cited cases in this study, a CT scan was the first choice in all cases [18, 19, 22-25]. A MRI scan was added in a challenging case [22].

Determination of the coagulation profile is essential for both clinical suspicion and treatment efficiency. In the published cases, five of seven had a coagulation alteration and one of the two remaining patients was believed to have
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MANAGEMENT

Zakaria et al. provided a management algorithm for PFEDH in the general population. They found that 85% of PFEDH cases are of venous origin and could therefore be conservatively managed depending on the conscious level, presence of focal deficits, volume and midline shift [17]. Similarly, other authors agreed with this conservative approach and stressed the importance of neurological monitoring [2, 29].

Hematomas larger than 10mm, cisternal obliteration, forth ventricle distortion and brain stem compression are indicative of neurosurgical drainage. In some subacute or chronic cases, non-invasive management can be chosen depending on the neurologic exam. However, suboccipital craniectomy and evacuating the epidural clot was preferred in the majority of the pediatric series [2, 18].

All patients included in this series were surgically managed. Discreet delays in surgery were related to reversion of bleeding diathesis [18, 19, 22-25].

PROGNOSIS AND OUTCOMES

The mortality and morbidity rates of PFEDH are high, especially if patients are not treated by neurologically trained staff. The worst results are associated with the lowest scores on the preoperative Glasgow Coma Scale, pupillary mydriasis or asymmetries and the presence of other related lesions. However, total recovery can be achieved especially in children who undergo surgical clot evacuation and assertive hematological assistance [2, 13, 14, 17, 18].

All patients described in this series were discharged without neurological deficits, except for one case of residual hemiparesis, which may have been associated with a supratentorial hematoma [23].

CONCLUSIONS

Despite the rareness of PFEDH, clinical suspicion should be raised specially in patients with altered coagulation presenting with deterioration in neurological status, with or without mild head trauma. Early recognition and fast treatment are important for better neurological outcomes.

COMPLIANCE WITH ETHICAL STANDARDS

Disclosures: The authors declare that they have no conflict of interest. All authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest or non-financial interest in the subject matter or material discussed in this manuscript.

Ethical approval: The patient’s guardian has consented to the submission of the case report and photographs to the journal. Detailed informed consent was provided.

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