BORC-ARL8-HOPS ensemble is required for lysosomal cholesterol egress through NPC2

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ABSTRACT Lysosomes receive extracellular and intracellular cholesterol and redistribute it throughout the cell. Cholesterol egress from lysosomes is critical for cholesterol homeostasis, and its failure underlies the pathogenesis of genetic disorders such as Niemann-Pick C (NPC) disease. Here we report that the BLOC one-related complex (BORC)-ARL8-homotypic fusion and protein sorting (HOPS) ensemble is required for egress of free cholesterol from lysosomes and for storage of esterified cholesterol in lipid droplets. Depletion of BORC, ARL8, or HOPS does not alter the localization of the lysosomal transmembrane cholesterol transporter NPC1 to degradative compartments but decreases the association of the luminal transporter NPC2 to the endosomal-lysosomal system and then is recycled to the trans-Golgi network. These defects likely result from impaired HOPS-dependent fusion of endosomal-lysosomal organelles and an uncharacterized function of HOPS in CI-MPR recycling. Our study demonstrates that the BORC-ARL8-HOPS ensemble is required for cholesterol egress from lysosomes by enabling CI-MPR-dependent trafficking of NPC2 to the endosomal-lysosomal system.

INTRODUCTION

Cholesterol homeostasis is essential to maintain normal functions of cells, tissues, and organs. Disruption of cholesterol homeostasis due to abnormal cholesterol levels or distribution has been linked to pathologies such as cardiovascular disease, neurodegenerative disorders and some types of cancer (Shibuya et al., 2015; Kuzu et al., 2016; Arenas et al., 2017; Huang et al., 2020). To maintain cholesterol homeostasis, cells have developed a complex machinery for the regulation of cholesterol uptake, synthesis, trafficking, and storage, which keeps cholesterol at normal levels and in the correct locations (Luo et al., 2020). Lysosomes, late endosomes, and autolysosomes are degradative organelles that play a central role in cholesterol homeostasis. Due to the similarity of their structures and functions, we henceforth refer to them collectively as “lysosomes.” Lysosomes process extracellular cholesterol contained in lipoproteins delivered to lysosomes through endocytosis and recycle intracellular cholesterol through autophagy. Lysosomal lipases produce free cholesterol by digesting lipoproteins and organelles. The free cholesterol is then redistributed into various cellular compartments. The cholesterol arriving at the endoplasmic reticulum (ER) is esterified to form cholesteryl esters and stored in lipid droplets (LDs). The level of ER cholesterol is sensed by the SREBP2 pathway that regulates cholesterol synthesis (Brown and Goldstein, 1997). Thus the trafficking of lysosomal cholesterol integrates cholesterol uptake, distribution, storage, and synthesis to control cholesterol homeostasis. In addition, recent studies have shown that lysosomal cholesterol...
transport regulates mTORC1 signaling (Castellano et al., 2017; Davis et al., 2021) and lysosome positioning (Willett et al., 2017), revealing new functions of lysosomal cholesterol trafficking in the regulation of cellular activities.

Cholesterol egress from lysosomes requires two Niemann-Pick C (NPC) proteins, NPC1 and NPC2 (Carstea et al., 1997; Davies et al., 2000; Naureckiene et al., 2000). Mutations in these proteins cause NPC disease characterized by accumulation of free cholesterol in lysosomes. NPC2 is a soluble lysosomal luminal protein that binds cholesterol and shuttles it to the adjacent inner surface of the lysosomal membrane. NPC1 is a transmembrane protein that takes cholesterol from NPC2 and transports it across the lysosomal membrane (Li et al., 2016; Qian et al., 2020). Additionally, other lysosomal luminal and transmembrane proteins, such as SapA, PTC1, LIMP2, LAMP1, and LAMP2, contribute to cholesterol binding and transport (Eskelevich et al., 2004; Schnede et al., 2011; Popovic et al., 2012; Zhang et al., 2018; Meng et al., 2020). Since lysosomal proteins are key factors for cholesterol egress, correct trafficking of these proteins from their site of synthesis in the ER to lysosomes is critical for the maintenance of cholesterol homeostasis.

 Newly synthesized lysosomal proteins are transported from the ER to the Golgi complex and the trans-Golgi network (TGN) where they are sorted into transport carriers for delivery to the endosomal-lysosomal system. Most lysosomal luminal proteins, including NPC2, are modified with mannose 6-phosphate (M6P) residues (Naureckiene et al., 2000), which are recognized by transmembrane M6P receptors (MPRs) at the TGN. Two such receptors, the cation-independent MPR (CI-MPR) and cation-dependent MPR (CD-MPR), have been described. MPRs and other transmembrane proteins destined for lysosomes are packaged into transport carriers and delivered to the endosomal-lysosomal system either directly (Harter and Mellman, 1992; Waguri et al., 2003; Ang et al., 2004) or indirectly after fusion with the plasma membrane and endocytosis (Lippincott-Schwartz and Fambrough, 1986; Braun et al., 1989; Janvier and Bonifacino, 2005; Chen et al., 2017). After releasing the soluble cargo proteins at the acidic pH of the endosomal-lysosomal system, MPRs are recycled back to the TGN for reuse. Failure of these trafficking pathways likely causes defects in lysosomal cholesterol transport. For example, cholesterol accumulation in endolysosomes has been found in MPR-knockdown (KD) cells (Wei et al., 2017; Willenborg et al., 2005) and cells with mutations in the TGN-tethering factor GARF, which accepts MPR carriers from endolysosomes (Wei et al., 2017).

Tethering factors are a group of proteins and protein complexes that establish physical links between transport carriers and acceptor organelles for subsequent membrane fusion. The homotypic fusion and protein sorting (HOPS) complex is a tethering factor associated with lysosomes. HOPS comprises six subunits named VPS11, VPS16, VPS26, VPS29, VPS33, VPS41, and VPS45 (Carstea et al., 1997; Davies et al., 2000; Naureckiene et al., 2000). The latter three of which are shared with another complex named bio genesis of lysosome-related organelles complex (BLOC1) (Pu et al., 2015). In addition to regulating HOPS-dependent lysosomal fusion, BORC mediates lysosome movement by promoting ARL8-dependent coupling of the motor proteins kinesin-1 and -3 to lysosomes (Pu et al., 2015; Guardia et al., 2016).

In this study, we show that BORC, ARL8, and HOPS are required for cholesterol egress from lysosomes. CRISPR knockout (KO) of BORC, ARL8, or HOPS increases accumulation of free cholesterol in lysosomes and decreases storage of cholesteryl esters in LDs. Mechanistic analyses show that these defects result from decreased delivery of NPC2 to lysosomes due to delayed transport from Rab7-positive endosomes to lysosomes and abnormal degradation of MPRs. We propose that the BORC-ARL8-HOPS ensemble not only enables NPC2 transport from endosomes to the lysosome but also maintains a normal level of CI-MPR probably by promoting CI-MPR recycling from endosomes.

RESULTS

BORC KO causes accumulation of free cholesterol in lysosomes

To examine whether BORC is involved in cholesterol metabolism, we used the fluorogenic compound filipin (Maxfield and Wustner, 2012) to visualize cellular free cholesterol in wildtype (WT) and BORC-KO cells. We observed that the individual deletion of genes encoding the BORC subunits myrlysin, lysperisin, diaskedin, MEF2BNB, or KXD1 by CRISPR-Cas9 (Jia et al., 2017; Pu et al., 2017; Pu et al., 2015) caused increased cholesterol accumulation in a population of cellular vesicles (Figure 1A). Quantification of the vesicular cholesterol signals revealed approximately twofold increases in BORC-subunit-KO cells compared with WT cells (Figure 1A, A and B). Stable expression of the BORC subunit myrlysin in myrlysin-KO cells restored normal levels of vesicular cholesterol (Figure 1, A and B), ruling out CRISPR-Cas9 off-target effects. The cholesterol-enriched vesicles were mainly localized to the perinuclear area, consistent with the redistribution of lysosomes in BORC-KO cells (Pu et al., 2015). To determine whether these vesicles were lysosomes, we performed immunostaining for the lysosomal membrane protein LAMP1 and the early endosomal protein EEA1 after filipin staining. The results showed that the filipin-stained vesicles were positive for LAMP1 but not EEA1 (Figure 1C), indicating that cholesterol was accumulated in lysosomes. Deletion of BORC did not significantly change levels of free cholesterol in the cells, as shown by an enzymatic assay (Figure 1D), indicating that BORC controls cholesterol cellular distribution rather than total levels.

BORC KO decreases storage of esterified cholesterol in LDs

Since cells store excess cholesterol as cholesteryl esters in LDs, the above findings prompted us to ask whether BORC KO influences LDs. To address this question, we stained LDs with the neutral lipid dye BODIPY 493/503 and found decreased total intensity of LDs in some (though not all) BORC-subunit-KO cells relative to WT cells (Figure 2A). Quantification of BODIPY 493/503 intensity revealed that the total intensity of LDs decreased by ~70% in myrlysin-, lysperisin-, or diaskedin-KO cells (Figure 2B). The decrease of LDs could be restored by re-expression of myrlysin in myrlysin-KO cells (Figure 2, A and B), similarly to the restoration of free cholesterol distribution (Figure 1, A and B). The LD decrease in MEFNB2B-KO cells was not
statistically significant, and KXD1-KO cells did not show a decrease in LDs (Figure 2B). Deletion of MEF2BNB or KXD1 slightly decreased myrlysin but not the other BORC subunits (Supplemental Figure S1A). However, loss of either MEF2BNB or KXD1 dissociated ARL8b from the lysosome (Supplemental Figure S1B), similar to what happens in myrlysin-KO (Pu et al., 2015) (Supplemental Figure S1B) and other BORC subunit-KO cells (Pu et al., 2017). This result suggests that MEF2BNB and KXD1 are important for BORC function, consistent with their roles in lysosome cholesterol egress (Figure 1, A and B). We do not understand why the effects on LD levels differ between deletion of MEF2BNB or KXD1 and deletion of the other BORC subunits and will investigate this in the future.

To examine if the cause for the decrease of LDs was related to the alteration of cholesterol distribution, we analyzed cellular neutral lipids using thin-layer chromatography (TLC) and iodine-vapor staining. The majority of neutral lipids in HeLa cells were cholesteryl esters, and the cholesteryl ester levels in myrlysin-KO cells were decreased by ∼50% relative to WT cells (Figure 2, C and D). The myrlysin-rescued cells exhibited cholesteryl ester levels similar to WT cells (Figure 2C). Consistent with the enzymatic assay for free cholesterol (Figure 1D), the TLC results showed similar total levels of free cholesterol in all the cells. Another major type of neutral lipids found in LDs, triglycerides, were not visible in the initial assays. To boost triglyceride synthesis, we treated cells with the fatty acid oleic acid (OA) and analyzed the neutral lipid content using the same method. The addition of OA increased triglycerides, but there was no obvious difference in the triglyceride levels between WT, myrlysin-KO, and myrlysin-rescued cells (Figure 2C). In addition, OA did not change cholesteryl ester levels (Figure 2, C and D). These results indicated that the decrease of LDs in BORC-KO cells was due to the decrease of cholesteryl ester levels.

The above results suggest that cholesteryl esters are an important source for LD biogenesis in HeLa cells, and that accumulation of cholesterol in lysosomes in BORC-KO cells causes a reduction of cholesterol influx into LDs. We tested this interpretation through inhibition of the cholesterol transporter NPC1 in WT cells by using U18666A (Lu et al., 2015). As expected, U18666A caused a dramatic increase in accumulation of free cholesterol in lysosomes and a concomitant decrease in LDs (Figure 2, E and F). This observation supports the notion that interference with lysosomal cholesterol trafficking influences LD biogenesis in HeLa cells.

ARL8 regulates lysosomal cholesterol transport through the HOPS complex

We next investigated how BORC is involved in lysosomal cholesterol trafficking. Previous studies showed that BORC recruits the small GTPase ARL8 to lysosomes, and deletion of BORC releases ARL8 from lysosomes to the cytosol. Due to the lack of suitable antibodies for immunostaining, in previous studies ARL8 was detected by the transfection of tagged constructs. To examine the localization of endogenous ARL8, we used CRISPR-Cas9 to fuse a Halo tag to the ARL8 isoforms ARL8a and ARL8b, and detected the Halo signals using Halo dyes. Consistent with the previous findings, the Halo-fused ARL8a and ARL8b localized to lysosomes in WT cells, but...
FIGURE 2: BORC-subunit KO decreases cellular cholesteryl esters. (A, B) WT, BORC-subunit-KO, and myrlysin-rescued HeLa cells were stained with the LD dye BODIPY493/503 (BODIPY). Live-cell imaging was performed, and BODIPY signals were quantified (n = 104, 83, 125, 114, 74, 68, and 65) and normalized to the intensity in WT cells. Myrl., myrlysin; Lysp., lyspersin; Dias., diaskedin; MEF ., MEF2BNB. (C, D) Cell lysates were prepared from WT, myrlysin-KO
were mostly diffuse in myrl-sin-KO cells (Figure 3A). These results confirmed that both ARL8a and ARL8b are recruited to lysosomes by BORC.

To examine whether ARL8 is involved in BORC-regulated cholesterol trafficking, we generated ARL8a-KO and ARL8a/b-double KO cells by CRISPR-Cas9, in addition to the previously generated ARL8b-KO cells (Guardia et al., 2016), and confirmed the KO by Sanger sequencing and immunoblotting (Supplemental Figure S2A). KO of either ARL8a or ARL8b did not significantly alter lysosomal cholesterol (Figure 3, B and C) or LDs (Figure 3, D and E). However, deleting both ARL8a and ARL8b increased lysosomal cholesterol (Figure 3, B and C) and decreased LDs (Figure 3, D and E), demonstrating that ARL8a and ARL8b have redundant roles in the regulation of cholesterol trafficking.

These findings prompted us to examine the downstream effectors of ARL8. Known ARL8 effectors include the motor proteins kinesin-1 and kinesin-3, which are coupled by ARL8 to lysosomes and thus mediate lysosome anterograde movement (Guardia et al., 2016; Pu et al., 2015; Rosa-Ferreira and Munro, 2011). Our previous studies showed that deleting the ubiquitous KIF5B and KIF1B isoforms of kinesin-1 and kinesin-3 clustered lysosomes in the perinuclear area (Guardia et al., 2016). However, double deletion of KIF5B and KIF1B did not change either cholesterol distribution or LD number (Figure 4, A and B), indicating that the function of ARL8 in cholesterol transport was not mediated by kinesins and, therefore, lysosome positioning or motility.

Another effector of ARL8 is the HOPS complex, which is recruited to lysosomes by ARL8 through interaction with VPS41 (Khattar et al., 2015a). To determine the role of HOPS in lysosomal cholesterol trafficking, we knocked out the HOPS-specific subunits VPS39 and VPS41 individually by CRISPR-Cas9. Sanger sequencing and immunoblotting confirmed the deletion (Supplemental Figure S2B). We observed that deletion of either VPS39 or VPS41 significantly increased vesicular cholesterol, and the increase could be restored by stable expression of VPS39 cDNA in VPS39-KO cells (Figure 4, C and D). We then costained cells with filipin and a LAMPI antibody to confirm that the cholesterol-enriched vesicles were lysosomes (Figure 4E). A similar observation was made in VPS41-KO cells generated by transfection of siRNA targeting VPS41 (Figure 4, F and G). These results indicated that lysosomal cholesterol egress requires BORC, ARL8, and HOPS. Moreover, KO of components of this supercomplex activated the SREBP2 pathway (Figure 4I,J), which senses ER cholesterol and regulates cholesterol synthesis and uptake. Activated SREBP2 indicated reduced ER cholesterol, which was probably caused by deficient lysosomal cholesterol egress. In addition to accumulating cholesterol in lysosomes, deletion of VPS39 or VPS41 (Figure 4, K and L) or KD of VPS41 (Figure 4, F and H) decreased LDs, consistent with the observations in the BORC-KO (Figure 2, A and B) and ARL8-KO cells (Figure 3, D and E). Furthermore, lipid analysis by TLC demonstrated significantly decreased cholesteryl ester levels in ARL8-KO and VPS41-KO cells, and the decrease was not altered by addition of OA (Figure 4, M and N). Therefore the BORC/ARL8/HOPS are required for both egress of free cholesterol from lysosomes and storage of cholesteryl esters in LDs.

**BORC-ARL8-HOPS Ensemble Enables NPC2 Trafficking to Lysosomes**

To determine how BORC, ARL8, and HOPS regulate lysosomal cholesterol egress, we examined the status of the cholesterol transport NPC proteins NPC1 and NPC2 in WT and KO cells. We found that most NPC1-GFP colocalized with LAMP1 in WT, myrl-sin-, ARL8-, and VPS41-KO cells (Figure 5, A and B). Furthermore, the levels of endogenous NPC1, examined by immunoblotting, were similar in WT, myrl-sin-, ARL8-, and VPS41-KO cells (Figure 5, C and D). In contrast, NPC2-mCherry (Huang et al., 2014) showed perfect colocalization with LAMP1 in WT cells, but only partial colocalization in myrl-sin-, ARL8-, and VPS41-KO cells (Figure 5, E and F). We also examined NPC2-mCherry colocalization in living cells by labeling lysosomes with LysoTracker (Supplemental Figure S3A). Similar to what was observed in the fixed cells, there was less colocalization between NPC2-mCherry and LysoTracker in myrl-sin-, VPS39-, and VPS41-KO cells than in WT cells. These results indicated reduced presence of NPC2 in lysosomes in myrl-sin-, ARL8-, and HOPS-deficient cells, suggesting a defect in NPC2 trafficking.

We further examined the levels of endogenous NPC2 in the cells and culture media by immunoblotting. Since NPC2 is a glycosylated protein, it appears as multiple bands in immunoblotting and as a single band after treatment with the glycosidase PNGase. The results showed that cellular NPC2 increased in ARL8-KO and HOPS-KO cells and decreased in myrl-sin-KO cells relative to WT cells (Figure 5, G and H). Furthermore, the amount of NPC2 secreted into the culture medium increased in myrl-sin-, ARL8- and HOPS-KO cells, and normal secretion could be restored in myrl-sin-KO cells (Figure 5, G and I). Finally, the ratio of secreted to cellular NPC2 increased in myrl-sin-, ARL8- and VPS39-KO cells relative to WT cells (Figure S5J). These experiments demonstrated that the efficiency of NPC2 transport to lysosomes was reduced in myrl-sin-, ARL8- and HOPS-KO cells, resulting in a higher proportion of NPC2 being secreted into the culture medium. This result is consistent with the reduced colocalization of NPC2 with LAMP1 in KO cells. However, the KO cells seemed to compensate for the reduced sorting of NPC2 to lysosomes by increasing the total expression levels of the protein.

The distinct effects of the BORC/ARL8/HOPS KOs on NPC1 and NPC2 led us to speculate that lysosomal luminal proteins were more affected than the transmembrane proteins in the processes of their sorting and trafficking. To determine the generality of these effects, we examined the distribution of another lysosomal luminal protein, the acid hydrolase cathepsin D (Barrett, 1970). Cathepsin D exhibited decreased colocalization with lysosomes in myrl-sin-, ARL8-, and VPS41-KO cells (Figure 6, A and B; Supplemental Figure S3B), as was the case with NPC2 (Figure 5, E and F; Supplemental Figure S3A). We also observed that the protein levels of cellular cathepsin D increased in the myrl-sin-, VPS39-, and VPS41-KO cells (Figure 6, C and D), and...
those of secreted cathepsin D increased in myrlysin-, ARL8-, VPS39-, and VPS41-KO cells (Figure 6, E and F). The ratios of secreted cathepsin D to cellular cathepsin D were significantly increased in myrlysin-, ARL8-, VPS39-, and VPS41-KO cells relative to WT cells (Figure 6G), indicating an alteration of cathepsin D trafficking. In these assays, we used the lysosome transmembrane protein LAMP1 as a lysosome marker. To determine whether the transmembrane LAMPs were normally distributed in the KO cells, we examined another lysosomal membrane protein, LAMTOR4, which is a subunit of the Ragulator complex (Bar-Peled et al., 2012; Sancak et al., 2010) and is anchored to lysosomal membrane by N-terminal myristoyl and palmitoyl groups in the LAMTOR1 subunit (Nada et al., 2009). We found that deletion of myrlysin, ARL8, or VPS41 did not change the colocalization of LAMP2 and LAMTOR4 (Figure 6, H and I), verifying the use of LAMPS as lysosomal markers. These results indicated that disruption of the BORC/ARL8/HOPS causes a trafficking defect of lysosomal luminal proteins.

A known function of HOPS is to mediate the fusion of late endosomes and lysosomes (Pols et al., 2013). To determine whether the mislocalization of NPC2 was due to a delayed transport from endosomes to lysosomes, we examined the NPC2 localization using the endosome markers EEA1, Rab5, and Rab7a, as well as the lysosome
marker LAMP2. There were very few NPC2 vesicles that colocalized with EEA1 or Rab5 early endosomes in both WT and VPS39-KO cells (Figure 7, A–D), and there was no significant difference in the colocalization of EEA1/Rab5 and LAMP2 between WT and VPS39-KO cells (Figure 7, B and D). In contrast, a small population of NPC2 vesicles that were LAMP2 negative (5.7 ± 2.3%) were colocalized with Rab7a in WT cells, and this population significantly increased in VPS39-KO cells (18.2 ± 7.7%) (Figure 7, E–G). This observation indicates that deletion of HOPS retained part of NPC2 in Rab7a endosomes, which is likely due to the deficiency of endosome-lysosome fusion. Unexpectedly, we also observed a considerable increase of LAMP2-negative NPC2 vesicles that were Rab7a negative in VPS39-KO cells (33.1 ± 8.6%) relative to WT cells (0.32 ± 0.44%). Since the mislocalized NPC2 was not in EEA1 or Rab5 endosomes (Figure 7, A–D), these LAMP2-negative and Rab7a-negative NPC2 vesicles were probably not in the endosome-lysosome system.

BORC-ARL8-HOPS ensemble is required for MPR recycling

Like most lysosomal luminal proteins, NPC2 is modified with M6P groups and thus relies on MPRs for transport from the TGN to endosomes (Naukrickiene et al., 2000). Deficient MPRs cause NPC2 mislocalization and secretion and cholesterol accumulation in lysosomes (Wei et al., 2017; Willenborg et al., 2005). The altered distribution of NPC2 and cholesterol in BORC/ARL8/HOPS-KO cells led us to examine the MPRs

FIGURE 4: HOPS-subunit KO increases lysosomal cholesterol and decreases LDs. (A, B) WT and KIF1B/5B-KO cells were fixed and stained with filipin or BODIPY and visualized by confocal microscopy. The signals were quantified and normalized to the signals in WT cells. For filipin quantification, n = 39 and 47. For BODIPY quantification, n = 55 and 60. Scale bar, 5 μm. (C, D) WT, VPS41-KO, VPS39-KO, and VPS39-rescued (res) cells were fixed and stained with filipin. Vascular filipin intensity was quantified (n = 46, 35, 39, and 58) and normalized to WT cells. Scale bar, 5 μm. (E) VPS39-KO cells were fixed and costained with filipin and anti-LAMP1 antibody. Part of an enlarged cell is shown. Scale bar, 1 μm. (F-H) HeLa cells were transfected twice sequentially with a 1-d interval to deliver nontargeting siRNA or siRNA targeting VPS41 into cells, and the cells were fixed at day 5 postfirst transfection. Filipin, LAMP1 antibody, and LipidTOX staining was used to visualize free cholesterol, lysosomes, and LDs, respectively. Scale bar, 5 μm. The signals were quantified (n = 22 and 19) and normalized to the signals in the control cells. (I, J) Cell lysates were prepared from the indicated cells and subjected to immunoblotting. Quantification was from three independent experiments. (K, L) LDs were stained with BODIPY in the indicated cells, and the signals were quantified and normalized to the signals in WT cells. Scale bar, 5 μm. (M, N) Cell lysates were prepared from the indicated cells treated with/without 0.3 mM OA for 3 h, and total lipids were extracted from the lysates and subjected to TLC. Standard samples of cholesterol esters, triglycerides, and cholesterol were run alongside to identify the bands. The intensity of cholesterol esters was quantified from three independent experiments and normalized to that in WT untreated cells. Values are represented as mean ± SD; p values were determined using Student’s t test. *p < 0.05, **p < 0.01, ***p < 0.001, n.s., not significant (vs. WT).
in these cells. By immunoblotting, we found that the protein levels of CI-MPR decreased by 50–70% in myrlysin-, ARL8-, VPS39-, and VPS41-KO cells (Figure 8A). Incubation with the lysosomal acidification inhibitor bafilomycin A1 restored normal CI-MPR levels, indicating that the CI-MPR was degraded in acidic compartments (Figure 8A). This treatment did not significantly increase the CI-MPR levels in WT cells probably due to the shorter period of treatment (16 h) relative to the half-life of CI-MPR (27 h) (Arighi et al., 2004), suggesting the degradation of CI-MPR in the KO cells was faster than in WT cells.

To determine how the decreased levels of CI-MPR affect the protein cellular distribution, we performed immunostaining of the CI-MPR and the TGN protein TGN46. We observed that most of the CI-MPR was localized to a central, TGN region in WT cells (Figure 8B). The signals of this CI-MPR population, however, became much weaker or even undetectable in myrlysin-, ARL8-, VPS39-, or VPS41-KO cells. The CI-MPR levels at the TGN area were restored in myrlysin- and VPS39-rescued cells (Figure 8B). We quantified the percentage of cells that had a CI-MPR population at the TGN region. The results showed that over 90% WT cells had TGN-region CI-MPR; however, this number decreased to 2–40% in the myrlysin-, ARL8-, VPS39-, and VPS41-KO cells (Figure 8C).

FIGURE 5: Disruption of the BORC/ARL8/HOPS causes NPC2 mislocalization and increases NPC2 secretion. (A, B) WT and ARL8a/b-KO cells were transfected with a plasmid encoding NPC1-GFP. At 24 h posttransfection cells were fixed, immunostained for LAMP1, and imaged by fluorescence microscopy; 2330 cells in each group from three independent experiments were analyzed. NPC1-LAMP1 colocalization was quantified (n = 29, 26, 29, and 28) and presented as Pearson correlation coefficient. (C, D) Cell lysates were prepared from the indicated cells and subjected to SDS–PAGE and immunoblotting. Quantification was from three independent experiments. (E, F) The indicated cells were transfected with a plasmid encoding NPC2-mCherry, fixed at 24 h posttransfection, and stained with antibodies to mCherry and LAMP1. Fluorescence images were obtained by live-cell imaging with a confocal microscope. Cells in each group from three independent experiments were analyzed. NPC2-LAMP1 colocalization was quantified (n = 36, 31, 35, and 33) and presented as Pearson correlation coefficient. (G–J) Serum-free culture media were collected after 6 h incubation. Cells were recovered in complete media for 2 h and lysed to prepare cell lysates. Aliquots of cell lysates were treated with PNGase. Culture media, cell lysates, and PNGase-treated cell lysates from the indicated cells were subjected to immunoblotting. Multiple NPC2 bands were indicated with brackets. Quantification was from three independent experiments. Bar graphs are presented as mean ± SD; p values were determined by Student’s t test. *p < 0.05, **p < 0.01, ***p < 0.001, n.s., not significant (vs. WT). Scale bars, 5 μm.

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We also examined the other MPR receptor, CD-MPR, by immunoblotting and did not see a significant change of the protein levels among WT, myrlysin-, ARL8-, and VPS41-KO cells (Supplemental Figure S4). Due to a lack of reagents, we could not examine the cellular distribution of CD-MPR and thus do not know whether the transport of CD-MPR was altered in BORC/ARL8/HOPS-KO cells.

These observations indicated that the depletion of BORC, ARL8, or HOPS impaired retrieval of the CI-MPR from endosomes and resulted in its degradation by lysosomal acid hydrolases. Insufficient CI-MPR likely decreases the transport of newly synthesized lysosome luminal proteins into endosomes and as a consequence causes them to be secreted. Altogether, our results indicate that BORC/ARL8/HOPS are required for lysosomal cholesterol egress because of their role in targeting NPC2 to the lysosome by enabling the endosome-to-lysosome transport and by facilitating the recycling of CI-MPR.

DISCUSSION

Lysosomes stand at the end of endocytosis and autophagy pathways and thus serve as a distribution point for cholesterol ingested from the extracellular space as well as recycled from intracellular organelles, respectively. Lysosomal cholesterol is delivered to other organelles for membrane biogenesis and synthesis of steroid hormones, bile acids, and vitamin D. In addition, lysosomal cholesterol regulates the SREBP2 pathway that controls cholesterol synthesis and uptake. Many proteins, including the cholesterol transport proteins NPC1 and NPC2, regulate cholesterol export from lysosomes, thus contributing to cellular cholesterol homeostasis (Trinh et al., 2020). In this study, we identify BORC, ARL8, and HOPS as additional factors that are required for cholesterol egress from lysosomes.

**FIGURE 6:** Disruption of BORC/ARL8/HOPS causes missorting of lysosomal luminal protein cathepsin D but not transmembrane proteins. (A, B) The indicated cells were transfected with plasmids encoding cathepsin D-RFP and fixed for immunostaining with antibodies to RFP and LAMP2 at 24 h posttransfection. Cells in each group were analyzed (n = 25, 18, 18, and 22) for cathepsin D-LAMP2 colocalization. The distribution of Pearson correlation coefficient was presented as Pearson correlation coefficient. (C-G) Serum-free culture media were collected after 6 h incubation. Cells were recovered in complete media for 2 h and lysed to prepare cell lysates. The culture media and cell lysates from the indicated cells were subjected to immunoblotting. Quantification was from five independent experiments. (H, I) The indicated cells were fixed for immunostaining of endogenous LAMP2 and LAMTOR4; 20–31 cells in each group from three independent experiments were analyzed. LAMP2-LAMTOR4 colocalization was quantified (n = 31, 25, 29, and 25) and presented as Pearson correlation coefficient; p values were determined by Student’s t test. *p < 0.05, **p < 0.01, ****p < 0.0001, n.s., not significant (vs. WT). Scale bars, 5 μm.
Our findings are in line with previous RNAi screens that identified the BORC/BLOC1 subunit lys pers in as a regulator of LDL uptake (Bartz et al., 2009; Kraehling et al., 2016) and another study that demonstrated a requirement of the BORC subunit BLOS1 for recycling of internalized LDL receptor to the plasma membrane (Zhang et al., 2020).

BORC and ARL8 were originally found to mediate recruitment of the kinesin-1 KIF5B and kinesin-3 KIF1B proteins to lysosomes, thus promoting anterograde transport of lysosomes along microtubule tracks (Rosa-Ferreira and Munro, 2011; Pu et al., 2015; Guardia et al., 2016). This function of BORC and ARL8 is critical for the role of lysosomes in cell migration (Pu et al., 2015; Hamalisto and Jaattela, 2016), autophagy (Jia et al., 2017), and mTOR activation (Jia and Bonifacino, 2019) but not for cholesterol egress, as shown here by the normal cholesterol content of lysosomes from KIF5B-KIF1B double KO cells (Figure 4, A and B). In contrast, lysosomal cholesterol regulates lysosome motility and positioning. For example, the lysosomal cholesterol sensor ORP1L (Johansson et al., 2007; Rocha et al., 2009) and the SREBP2-regulated gene TMEM55B (Willett et al., 2017) recruit the retrograde motor dynein-dynactin to lysosomes when lysosomal cholesterol is elevated or when its egress is blocked.

Later studies showed that BORC and ARL8 also promote recruitment of HOPS to lysosomes, enabling their fusion with other organelles (Khatter et al., 2015b; Jia et al., 2017; Boda et al., 2019). In this study, we found that cholesterol egress from lysosomes depends not only on BORC and ARL8 but also on HOPS. Like KO of BORC subunits or ARL8 (Figures 1, A and B; 2, A and B; 3, B–E), KO of the VPS39 or VPS41 subunits of HOPS causes accumulation of free cholesterol in lysosomes and decreases both the number and the size of LDs in cells (Figure 4, C, D, K, and L). It is thus likely that BORC and ARL8

FIGURE 7: Disruption of HOPS decreases NPC2 entering endosome-lysosome system. WT and VPS39-KO cells were transfected with the plasmids encoding NPC2-mCherry and fixed for immunostaining with antibodies to LAMP2 and EEA1 (A), or Rab5 (C), or Rab7a (E) at 24 h posttransfection. Scale bars, 5 μm. Parts of a cell are shown at high magnification, and Rab7a-positive and -negative NPC2 vesicles are pointed by arrows in panels 1 and 2, respectively. Scale bar, 1 μm (E). Cells were analyzed for the colocalization between LAMP2 and EEA1 (B, n = 19 and 24), LAMP2 and Rab5 (D, n = 23 and 24), and LAMP2 and Rab7a (F, n = 30, and 32). (G) Cells in E were further analyzed for the quantities of LAMP2-positive, LAMP2-negative/Rab7a-positive, and LAMP2-negative/Rab7a-negative NPC2 vesicles in WT (n = 8) and VPS39-KO (n = 7) cells. The results were shown as the percentage of each group NPC2 vesicles out of the total number of NPC2 vesicles; p values were determined by Student’s t test. ****p < 0.0001, n.s., not significant (vs. WT).
contribute to cholesterol mobilization from lysosomes through their role in promoting HOPS-dependent fusion of endosomal-lysosomal organelles. The lysosomal transmembrane protein LAMP1 and the transmembrane cholesterol-transport protein NPC1 perfectly colocalize to a population of vesicles in both WT and BORC/ARL8/HOPS-KO cells (Figure 5, A and B), indicating that accumulation of

**FIGURE 8:** Disruption of BORC/ARL8/HOPS increases CI-MPR lysosomal degradation. (A) WT, myrlysin-KO, myrlysin-rescued (res), VPS41-KO, VPS39-KO, and VPS39-res cells were treated with 100 nM bafilomycin A1 or the same volume of DMSO (vehicle) for 16 h and then lysed for immunoblotting. The protein levels were quantified from three independent experiments and normalized to that of WT control cells. (B, C) The indicated cells were fixed and stained with antibodies to CI-MPR and TGN46. Images were captured by confocal microscopy and analyzed. Percentages of the cells with TGN region-localized CI-MPR were quantified in each group (n = 186, 210, 77, 152, 191, 900, and 603) from three independent experiments; p values were determined by Student’s t test. */# *p < 0.05, **p < 0.01, ***p < 0.001, n.s., not significant. *v.s. WT, #, v.s. vehicle. Scale bars, 5 μm.
free cholesterol in those vesicles is not due to a failure of NPC1 to reach LAMP1 compartments. At least in HOPS-KO cells, these compartments are not likely normal lysosomes (Pols et al., 2013; Steel et al., 2020), although they contain several lysosomal membrane proteins and accumulate LysoTracker (Figures 4E, 5A, and 6, A and H; Supplemental Figure S2). In contrast, the luminal cholesterol transport protein NPC2 partially loses its localization to LAMP1/2 vesicles in BORC/ARL8/HOPS-KO cells relative to WT cells (Figures 5, E and F; and 7, A, C, E, and G). Moreover, a higher fraction of total NPC2 is secreted into the culture medium in BORC/ARL8/HOPS-KO cells relative to WT cells (Figure 5, G, I, and J), consistent with a reduction in the delivery efficiency of NPC2 to endosomal-lysosomal organelles. Similar observations were made for another lysosomal luminal protein, the acid hydrolase cathepsin D (Figure 6, A–G; Supplemental Figure S3B). These observations are consistent with the increased secretion of the vacuolar hydrolase carboxypeptidase Y in yeast with mutations in HOPS subunit genes (Radisky et al., 1997; Raymond et al., 1992). From these findings, we conclude that disruption of the BORC-ARL8-HOPS ensemble reduces the delivery of luminal proteins more than that of transmembrane proteins to the endosomal-lysosomal system. The partial loss of NPC2 from NPC1-containing compartments may thus be responsible for the reduced egress of free cholesterol from the endosomal-lysosomal system.

Both NPC2 and cathepsin D are M6P-modified proteins that are sorted from the TGN to endosomes by MRPs (Naureckiene et al., 2000; Qian et al., 2008). Previous studies using the RUSH system showed that the CD-MPR is exported from the TGN in a population of transport vesicles that likely delivers cargos directly to the endosomal-lysosomal system (Chen et al., 2017). In contrast, LAMP1 is exported from the TGN in a different population of tubular-vesicular carriers that travel to the plasma membrane prior to its delivery to the endosomal-lysosomal system (Chen et al., 2017). It is thus likely that BORC/ARL8/HOPS deficiency causes a greater impairment in MPR-mediated transport due to the significant loss of CI-MPR protein levels (Figure 8). In this context, NPC2 vesicles devoid of LAMP2 and Rab7a observed by immunofluorescence microscopy (Figure 7, A, C, E, and G) may correspond to the vesicles that are unable to enter endosomal compartments. By default, these vesicles may be secreted, explaining the higher fractions of NPC2 and cathepsin D that are released into the medium.

BORC/ARL8/HOPS deficiency increases the degradation of CI-MPR by acid hydrolases (Figure 8A). This could be due to the requirement of HOPS for retromer-mediated retrieval of CI-MPR from endosomes. Failed retrieval of CI-MPR, due to retromer deficiency, results in CI-MPR degradation in lysosomes (Arighi et al., 2004). HOPS and the ARL8 effector SKIP (or PLEKHM2) have been shown to recruit Rab7a GTPase-activating protein TBC1D15 to endosomes and thus maintain Rab7a dynamics (Jongsma et al., 2020b), which could be important to Rab7a-related retromer function (Rojas et al., 2008; Seaman et al., 2009; Jia et al., 2016). Considering endosomes receive CI-MPR from both the TGN- and the plasma membrane-derived vesicles, retrieval of CI-MPR from endosomes could be critical for maintaining normal CI-MPR protein levels and their distribution at the TGN area.

Unlike in cholesterol egress, deficiency of BORC and HOPS does not interfere in cathepsin activities very much (Pols et al., 2013; Pu et al., 2015; Jia et al., 2017). Although both nonlysosomal cathepsin D and NPC2 are increased, there are more cathepsin D-positive lysosomes than NPC2-positive lysosomes in HOPS-KO cells (Supplemental Figure S3C). This could be due to the existence of M6P-independent pathways that sort and transport cathepsins, which are identified in multiple cell types (Boonen et al., 2016; Canuel et al., 2008; van Meel et al., 2011), suggesting that similar mechanisms might function or be activated when needed in HeLa cells.

It is worth pointing out that, although BORC/ARL8/HOPS-KO increases the fraction of NPC2 and cathepsin D that are secreted into the culture medium, the total levels of these proteins in cells and medium, are increased (Figures 5, G–I; and 6, C–F). This could be due to increased gene transcription. NPC2 gene expression is regulated by the transcription factors PPARα (Chinetti-Gbaguidi et al., 2005) and NF-kB (Liao et al., 2018). In addition, TFEB and TFE3, which regulate lysosome biogenesis, also regulate NPC2 and cathepsin D gene expression (Sardiello et al., 2009; Palmieri et al., 2011; Settembre et al., 2012; Ballabio and Bonifaci, 2020; Carey et al., 2020). The similar levels of NPC1 in WT and BORC/ARL8/HOPS-KO cells do not support an increased lysosome biogenesis; however, TFEB/TFE3 could regulate lysosomal gene transcription to different extents. Recent studies reported that VPS41 mutations identified in patients and deletion of HOPS subunits continuously activate TFEB/TFE3 (van der Welle et al., 2021), and activation of TFEB reduces lysosomal cholesterol accumulation when NPC1 is inhibited (Contreras et al., 2020). In light of our results, it will be interesting to investigate the relationship between the BORC-ARL8/HOPS ensemble and transcription factors that regulate NPC2 expression.

**EXPERIMENTAL PROCEDURES**

Request a protocol through Bio-protoloc.

**Cell culture and transfection**

HeLa cells were cultured in DMEM supplemented with 10% fetal bovine serum, 25 mM HEPES, and MycoZap Plus-CL (Lonza, Basel, Switzerland) at 37°C with 5% CO2. Plasmids (listed in the Supplemental Material) or SMARTpool siRNA (Horizon, Waterbeach, UK) were transfected using Lipofectamine 2000 and Oligofectamine, respectively, following the manufacturer's instructions (Thermo Fisher Scientific, Waltham, MA). Cells were analyzed 24–48 h after plasmid transfection. Two-shot siRNA transfection was performed with a 1-d interval, and cells were analyzed 5 d after the first transfection.

**CRISPR-Cas9 KO and KI**

Genes were edited using the CRISPR-Cas9 system (Cong et al., 2013). To KO a gene, two 20-base pair (bp) targeting sequences were synthesized (Eurofins, Lancaster, PA) and introduced separately into the px458 plasmid containing the GFP sequence (Addgene, Cambridge, MA). HeLa cells were cotransfected with both plasmids, and GFP-positive cells were collected by cell sorter 48 h after transfection. Transfectants were kept in normal medium for another 12 d to allow single colony formation. Genomic DNA was extracted from individual colonies, and cleavage of the target sequence was confirmed by PCR using a pair of primers, which produced a smaller band in KO relative to WT cells. The KO was confirmed by Sanger sequencing and immunoblotting. Alternatively, if a single target sequence was introduced to cleave genomic DNA, isolated colonies were screened by immunoblotting and confirmed by Sanger sequencing. To detect endogenous proteins, a Halo tag was inserted into the target genes to allow fused protein expression from the native promoter. Similar to the KO constructs, a 20-bp targeting sequence at the C-terminus of target gene was inserted into the px458 plasmid. A recombination template sequence was constructed into pUC57-mini plasmid (GeneScript, Piscataway, NJ), which includes ~600 bp upstream sequence of cleavage site, 30 bp spacer, Halo
tag sequence, and ~600 bp downstream sequence with target PAM motif mutated. Both px458 and pUC57-mini were transfected into cells and sorted after 72 h for positive GFP. After culturing for an additional 10 d, the cells were sorted again to collect Holo-positive and GFP-negative cells. 

To visualize Halo-fusion proteins, cells were incubated with 500 nM Janelia Fluor 594-NHS Ester (a gift from Luke Lavis, HHMI Janelia Research Campus) dissolved in complete DMEM media at 37°C with 5% CO₂ for 30 min, washed twice for 10 min in total, and imaged with confocal microscope. 

A Guide RNA target sequences used in this study: 

ARL8a KO: GTTGTGGAGCCTGTGTTCCTTAG and GCGAGACC-1TCCGGGAGCAT 

VPS39 KO: GCTCTGCAAATGACGACTGTC 

VPS41 KO: GTGACTCTCCTGGCCGCGCATG and TGGGTAGGCGAAGTTGGTTTCG 

ARL8b-Halo KI: CAGAAATTGCTTTTTTCAGA 

ARL8b-Halo KI: TCATCATCTAAACCTGAAAGC. 

Free cholesterol staining and measurement 

Cells were fixed with 4% paraformaldehyde in phosphate-buffered saline (PBS) supplemented with CaCl₂ and MgCl₂ (PBSCM) and incubated with 25 μg/ml filipin complex (Millipore Sigma, St. Louis, MO) in PBSCM at 37°C for 30 min. When immunostaining was performed with filipin, primary antibodies and Alexa conjugated secondary antibodies were sequentially applied to filipin-stained cells without detergent permeabilization. The total level of cellular free cholesterol was measured using a commercial kit (Cell Biolabs, San Diego, CA) and a plate reader. 

Lipid analysis by TLC 

Cells were collected in PBS with a cell scraper after washing twice with PBS. Total lipids were extracted by adding lipid-extraction solvent (chloroform:methanol:acetic acid = 50:50:1) of 90% vol of PBS. The organic phase and the aqueous phase were separated by a 10-min centrifugation at 21,000 g. The organic phase was collected and loaded onto silicon-coated glass TLC plates. Free cholesterol, triglyceride mix, and cholesterol-palmitate (Millipore Sigma) were dissolved in chloroform to make 10 mg/ml stocks and loaded as lipid standards. The plates were developed in the TLC chamber for 15,000 x g, 4°C, and the supernatants were collected and loaded onto silicon-coated glass TLC plates. Free cholesterol was measured using a commercial kit (Cell Biolabs, San Diego, CA) and a plate reader.

Live-cell imaging 

Cells were seeded onto chambered cover glasses (Cellvis, Mountain View, CA) coated with fibronectin and incubated with 200 ng/ml BODIPY 493/503 (Thermo Fisher Scientific) in complete DMEM media for LD staining or 1:10,000 diluted LysoTracker Red DND-99 (Thermo Fisher Scientific) for lysosome staining. After 30 min incubation, live-cell imaging was performed using a Zeiss LSM780 or LSM800 confocal microscope equipped with an environmental humidiﬁed chamber set at 37°C and 5% CO₂ and Definite Focus. Images were acquired by using ZEN software (Zeiss, Oberkochen, Germany)

Analysis of intracellular and extracellular proteins by Western blotting 

To detect secreted NPC2 and cathepsin D, cells were kept in a minimum volume of DMEM without serum for 6 h after washing 3x with the same medium. The media were collected and centrifuged at 3000 x g for 5 min to pellet any detached cells. The supernatants were mixed with SDS loading buffer and subjected to SDS–PAGE and immunoblotting. After collecting the media, cells were incubated in complete DMEM for 2 h. Cells lysates were obtained by using cold lysis buffer (300 mM NaCl, 5 mM EDTA, 50 mM Tris-HCl, pH 7.4, 1% Triton X-100, and proteinase inhibitor cocktail) after washing 3x with prechilled PBS. The cell lysates were cleared by 15-min centrifugation at 17,000 x g, 4°C, and the supernatants were collected for Western blotting. Rapid PNGase F (New England BioTech, Ipswich, MA) was used to digest glycosylated proteins following the manufacturer’s instructions.

Quantification and statistical analysis 

ImageJ was used for quantifying fluorescence signals of randomly taken images from at least three independent experiments. The signal intensity of LDs and vesicular filipin was measured using the function of “Analyze particles,” and colocalization was analyzed with the plug-in “PSC Colocalization” (French et al., 2008). Western blots and TLC were quantified using ImageJ function “Gels” from at least three independent experiments. All the bar graphs show the mean ± SD, and colocalization results include frequency distribution. Statistical significance was determined by comparing two datasets using a Student’s t test with one-tailed distribution. Probability values and number of trials are given in the figure captions and the legends where appropriate. The statistical significance is generally denoted as follows: *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001, and n.s., not significant.

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