Late Holocene climate anomaly concurrent with fire activity and ecosystem shifts in the eastern Australian Highlands

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HIGHLIGHTS

• Historical climate and environmental change not well constrained in Australian Alps
• To investigate these changes we analysed proxy indicators including lipid biomarkers.
• We find increased temperatures in the Australian Alps between 1000 and 1600 years ago.
• This change was concurrent with increases in regional fire activity and vegetation shifts.
• Future warming may result in the extinction of (endemic) alpine species.

GRAPHICAL ABSTRACT

Late Holocene climate anomaly concurrent with fire activity and ecosystem shifts in the eastern Australian Highlands

The alpine area of the Australian mainland is highly sensitive to climate and environmental change, and potentially vulnerable to ecosystem tipping points. Over the next two decades the Australian alpine region is predicted to experience temperature increases of at least 1 °C, coupled with a substantial decrease in snow cover. Extending the short instrumental record in these regions is imperative to put future change into context, and potentially provide analogues of warming. We reconstructed past temperatures, using a lipid biomarker palaeothermometer technique and mercury flux changes for the past 3500 years from the sediments of Club Lake, a high-altitude alpine tarn in the Snowy Mountains, southeastern Australia. Using a multi-proxy framework, including pollen and charcoal analyses, high-resolution geochemistry, and ancient microbial community composition, supported by high-resolution 210Pb and AMS 14C dating, we investigated local and regional ecological and environmental changes occurring in response to changes in temperature. We find the region experienced a general warming

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Abstract

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1. Introduction

Alpine areas in Australia occupy only a small fraction of the largely flat continent, effectively making them ‘habitat islands’. The ecosystems of these areas are characterised by high biodiversity and endemism, with 212 species of vascular plants, 21 of which are endemic to the Snowy Mountains alpine area (Costin et al., 2000; Venn et al., 2017). The alpine area is only 135 km² (Green and Stein, 2015). Despite this importance, these ecosystems are considered vulnerable to widespread changes that could fundamentally alter their dynamics (Elmendorf et al., 2012; Laurance et al., 2011). In addition, the marginal alpine snowpack of the area, a critical water resource for south-eastern Australia, is increasingly under threat (Pepler et al., 2019). Alpine areas face uncertainty for their future longevity, with high vulnerability to anthropogenic and natural disturbances, and low rates of ecosystem resilience and recovery following disturbance (Hoffmann et al., 2019).

Arguably, the most serious threat to these endemic ecosystems is climate change: by 2050 the Australian Alps are predicted to warm by between 0.6 and 2.6 °C, with a predicted decrease in snow cover of 22-85% (Hennessy et al., 2008). Many of the alpine species of the Snowy Mountains exist near their climatic limits, constrained by altitude, and are at risk of becoming regionally extinct if these climatic thresholds are exceeded (Pickering et al., 2008). Indeed, a study measuring the changes in phenology and morphology of Australia’s native alpine plants found that they do not appear to be adapting to changed conditions (Sritharan et al., 2021). In addition, fire activity in alpine landscapes in response to warming climate is expected to increase, with higher landscape flammability related to an increase in woody vegetation, resulting in a positive feedback (Camac et al., 2017). The competitive advantage of a range of invasive species may also be enhanced as a result of increasing temperatures and decreasing snow cover (Pickering et al., 2004) which may be further facilitated by the predicted increase in the frequency of disturbances, such as bushfires and drought (Pickering et al., 2008). Other perils, such as soil erosion and habitat fragmentation from overgrazing by feral species, as well as invasive fauna, pests, and pathogens, are likely to further reduce the resilience of these endemic ecosystems (Green, 2016). These changes are not just of future concern; over the previous few decades, there has been a significant reduction in the amount of snow cover and an earlier reduction in the annual snowpack, linked to increased temperatures (Green, 2010; Green and Pickering, 2009).

To better understand the potential vulnerability and resilience of these alpine ecosystems, a longer temporal perspective than is possible with instrumental records, which span only a few decades, is required (Hennessy et al., 2008). Quantitative palaeoclimatic data from Australia (and the wider Southern Hemisphere) are also rare, and this is especially true for the reconstruction of temperature. The exceptions are generally from further afield, such as the EPICA iD record from Antarctica (Röthlisberger et al., 2005), or limited in length, such as the temperature-calibrated carbon isotope speleothem reconstruction from Yarrangobilly Caves, situated within the Australian alpine region (McGowan et al., 2018), which covers the last two millennia. Pollen transfer functions (e.g. Cook and van der Kaars, 2006; Fletcher and Thomas, 2010) have been developed in various Australian ecosystems; however, vegetation and temperature relationships are not always straightforward and are considered as semi-quantitative estimates.

To investigate past climate and environmental change in this vulnerable region, we sampled sediments from Club Lake: a small snow-fed alpine lake in the Australian Alps. It is well-recognised that the sediments of lakes preserve an integrated record of climate and environmental change through time and therefore act as ‘sentinels of change’ in the environment (Adrian et al., 2009). Here we use lipid biomarker analysis, which works on the basis that microbial communities adjust the chemical structure of their cell membranes in response to environmental temperature (Weijers et al., 2007). Glycerol dialkyl glycerol tetraethers (GDGTs), a class of microbially-derived lipids, are abundant in terrestrial, lacustrine and marine sediments. Indices derived from these components have been used in a range of palaeoenvironmental reconstructions (e.g. Baker et al., 2019; Foster et al., 2016; Powers et al., 2010; Tierney, 2012). Surface-sediment calibrations have established a strong empirical relationship between the relative distribution of GDGTs and temperature, which has enabled global and regional calibrations for reconstructing palaeotemperatures from lake sediments. In lake sediments, the methyl ion of branched tetraethers from modern samples has been shown to correlate well with measured annual air temperature (Sun et al., 2011; Tierney et al., 2010; Zink et al., 2010), while other calibrations are based on regression between GDGTs and temperature (Pearson et al., 2011). While the exact mechanisms by which biomarkers such as branched GDGTs (brGDGTs) respond to the environment are not fully understood, laboratory experiments simulating the lake environment have shown a strong response between the production of brGDGTs and temperature (Martínez-Sosa et al., 2020).

We also considered total mercury (Hg) concentration, which has recently been recognised as a useful indicator of climate change due to its sensitivity to physical transformations (volatilization and condensation) and specifically to temperature changes (Schneider et al., 2020). As an example, Schneider et al. (2020) described a 4-fold increase in atmospheric mercury deposition in lake sediments in the Venezuelan Andes, associated with a 3 °C increase in temperature during the Bolling and Allerød chronozones. This work, and others (e.g. Stern et al., 2012), demonstrate that the mercury flux and deposition in sediments increases during warmer periods; however the relationship is complex, as other processes, including wind and fire, can influence the delivery and deposition of mercury (Biester et al., 2007; Martínez-Cortizas et al., 1999). Mercury deposition rates have also been shown to increase as a result of industrialisation, even in remote areas (Biester et al., 2007). Prior to industrialisation, however, mercury accumulation in natural archives represents a novel new tool for semi-quantitative palaeotemperature reconstruction. A range of other proxies, including pollen, charcoal, organic matter content, elemental geochemistry, and ancient microbial community composition, were also investigated to consider the environmental and ecosystem responses to changes in temperature. We hypothesised that these proxies would indicate links between past warming, fire activity and vegetation changes.

2. Materials and methods

2.1. Study site

Located 120 m above the present-day regional timberline, Club Lake (36.413°S, 148.291°E) is a high-altitude (1955 m above sea level) alpine lake in the Snowy Mountains of southeastern Australia (Fig. 1). The lake...
is a shallow (<1.7 m deep), moraine-dammed tarn, and was formed from past cirque glaciation. The Club Lake basin is enclosed by ridges on its northern and western sides and shallow, poorly drained peat on the southern border of the basin leading to a small outflow stream. The lake is approximately 1.46 ha in area and is oligotrophic and isothermal (Timms, 1980). Mean annual precipitation at Thredbo Automatic Weather Station (AWS, 1957 masl; 36.40°S, 148.29°E) at the same altitude and just 1.5 km from Club Lake, is 1406 mm (BoM, 2020). Summer temperatures are mild, with a mean maximum summer temperature of 15.8 °C at the Thredbo AWS, and winter temperatures regularly fall below freezing (mean winter minimum -4.6 °C). Snow generally persists for around four months, though semi-permanent snow patches on the leeward side of ridges can persist throughout summer and autumn (Costin et al., 2000). As one of only 5 natural snow-fed alpine lakes on the Australian mainland, these lakes have been subject to substantial monitoring efforts (Green, 2012, 2011). Hourly water temperature was measured with a temperature logger (Tinytag plus - Gemini Data Loggers, Chichester England), suspended at a depth of ~30 cm near the outlet of Club Lake from the years 2005-2016. Ice formation and ice breakup (defined as the day when ice breaks out from the central area of the lake; Green, 2011), has also been recorded since 2005.

2.2. Sampling description

Four adjacent sediment cores (CL1, CL2, CL3, CL4) were extracted from Club Lake in 2011 with a piston corer at a water depth of approximately 1 m. While care was taken to ensure that the sediment surface-water interface remained intact in all cores, sediment was lost from the bottom of core CL3 during extraction, and was therefore discarded. The cores were frozen and split with a core splitter to avoid possible compaction or distortion by extrusion. The sediment stratigraphy of the three cores was visually consistent (Fig. S1). Core CL1 was sampled for GDGT temperature calibration, and samples for radiocarbon dating taken from CL3 during extraction, and was therefore discarded. The water interface remained intact in all cores, sediment was lost from the central area of the lake; Green, 2011), has also been recorded since 2005.

2.3. Glycerol dialkyl glycerol tetraethers (GDGT) distributions

Contiguous samples of 1 cm depth were extracted from the Club Lake sediment sequence (core CL1), totalling 32 samples (plus 5 duplicates). Sediment samples were freeze-dried, homogenised and 2 g of dry sediment weighed. The GDGT fraction was extracted with DCM: MeOH (9:1) on a Dionex accelerated solvent extractor (ASE), following the method outlined in Schouten et al. (2002). This fraction was subsequently passed through aluminium oxide (Al2O3) columns, and spiked with a deuterated C48 standard (Huguet et al., 2006), monitoring m/z 748. A one-point calibration was used to quantify GDGTs using the internal standard. The analysis was by HPLC-MS, following Baker et al. (2019) and Schouten et al. (2002). Peak areas were integrated following the methods described in Weijers et al. (2007). It must be noted that the LC-MS method does not separate 5-methyl from 6-methyl branched GDGTs and therefore does not allow full analysis of branched GDGTs (De Jonge et al., 2014; Hopmans et al., 2016; Martínez-Sosa et al., 2021). It is, however, consistent with analysis of these compounds in previous studies of lake sediments (Loomis et al., 2012; Pearson et al., 2011; Sun et al., 2011; Tierney et al., 2010; Zink et al., 2010). Only peaks with areas >5000 were considered, as a user-selected cut-off for excluding low-concentration substances (c.f. Schouten et al., 2007). We calculated a range of different soil (Peterse et al., 2012; Weijers et al., 2007) and lake (Loomis et al., 2012; Pearson et al., 2011; Sun et al., 2011; Tierney et al., 2010; Zink et al., 2010) branched GDGT calibrations to investigate which method corresponded most closely with the modern instrumental temperatures from Club Lake.

2.4. Other palaeoenvironmental proxy analyses

2.4.1. Pollen and charcoal

Fourteen pollen slides were prepared from 1 cm³ volumetric samples down the sediment column using standard palynological techniques (Faegri and Iverson, 1975) consisting of an alkali treatment (10% NaOH at 100 °C for 10 mins), sieving (125 μm), acetolysis and mounting in silicone oil. A known concentration of Lycopodium spores were added to the pollen preparations to facilitate estimates of pollen and microcharcoal concentrations. Pollen, spore and charcoal particles (150 μm: referred to as microcharcoal) were counted at ×400 magnification until a minimum of 150 terrestrial pollen grains were identified (150 represented the minimum across all available pollen slides). Pollen types were identified to family or species level where possible using a combination of print and online resources (http://apsa.anu.edu.au/). Pollen types were grouped according to life history traits and common community associations (alpine, open woodland, heath, marsh/wetland and regional) using information from herbarium records, PlantNET and Costin et al. (2000); see Table S5. Microscopic charcoal counts were converted to accumulation rates (microCHAR<125 μm: no./cm²/yr) using charcoal concentrations (calculated using the Lycopodium spore spike) and the
deposition time (yr/cm) determined from the age–depth model. Corre-
spondence Analysis (CA) was performed on terrestrial pollen percentage
values in the ‘vegan’ package in R (Simpson and Oksanen, 2020; Simpson,
2007). Environmental variables (temperature, macroscopic charcoal, mer-
cury concentration and total organic matter) were projected onto the
CA ordination space to examine the correlation between pollen com-
position to corresponding environmental variables using the envfit func-
tion in ‘vegan’.

Macroscopic charcoal was isolated from contiguous sub-samples (every 0.5 cm, n = 49) from core CL4 and quantified using the method out-
lined in Mooney and Tinner (2011). Volumetric (2 cm³) subsamples
were immersed in <4% sodium hypochlorite (bleach) for 24 h, after
which they were then gently wet sieved (using a 250 µm sieve).
Charcoal in the collected material was hand sorted and the concentra-
tion quantified (mm³/cm³) using ImageJ image analysis software
(Rueden et al., 2017). Macroscopic (>250 µm) charcoal accumulation
(CHAR>250 µm: mm³/cm³/yr) was calculated by dividing the charcoal
concentration by the deposition time estimated from the age-depth re-
lationship.

2.4.2. Total organic matter

Organic content of the Club Lake sediments was estimated using
loss-on-ignition (LOI). LOI was determined using methods described by
Bengtsson and Enell (1986): contiguous 1 cm samples (n = 24),
were oven-dried (105 °C for 24 h) and then placed in a muffle furnace
(550 °C for 4 h). LOI was calculated as the mass lost expressed as a per-
centage of the oven-dried mass.

2.4.3. Mercury

Mercury analyses were conducted every 0.25 cm using a Milestone
Direct Mercury Analyzer (DMA-80 Tri-Cell; Milestone, Bergamo, Italy).
The DMA-80 determines total mercury concentration through a se-
quence of thermal decomposition, amalgamation, and atomic absorp-
tion spectrometry. Samples were analysed using method 7473 of
USEPA (1998); two blanks and two Standard Reference Materials
(SRMs) were analysed for every 40 samples. Approximately 100 mg of
dry sample material was weighed into nickel boats. After every tenth
sample, a replicate sample was analysed. When replicate recovery
exceeded a variance of 10% compared to the original sample, a third rep-
licate was run. Certified sediment reference materials NIST-2711a
(Montana River Sediment) and SECCC WQB-1 (Lake Ontario) were
analysed, and results were in agreement with published values (Table S6).

2.4.4. XRF core scanning and magnetic susceptibility

Non-destructive scanning geochemical analysis was undertaken using
an ITRAX µXRF (micro X-ray fluorescence) core scanner
(Croudace et al., 2006) at the Mark Wainwright Analytical Centre, Uni-
versity of New South Wales. The core section CL4 was analysed at a res-
olution of 200 µm with a 20s count time. X-rays were generated using a
Mo-tube set at 30 kV and 55 mA. Data was quality-checked to remove
potentially unreliable data points, including elements with low count-
rates and low signal-to-noise ratio. We therefore report the following
elements: Si, K, Ca, Ti, Cr, Mn, Fe, Ni, Cu, Zn, Rb, Sr, Zr. Raw elemental
data was normalised by total kilo counts per second (kcps). These
data can be considered semi-quantitative and are most reliable when
considering relative changes across the sequence (Croudace et al.,
2006). In order to apply multivariate statistical analysis, we use a centre
log ratio approach to correct for the ‘closed-sum’ issue of compositional
datasets (Weltje and Tjallingii, 2008). Principal Component Analysis
(PCA) was performed on the transformed µXRF elemental profiles
from CL4 using the R ‘analogue’ package (Simpson and Oksanen,
2020; Simpson, 2007) to detect patterns of variability that are shared
across elements. Magnetic susceptibility was measured at 5 mm inter-
vals on the core using a Bartington Magnetic Susceptibility meter
using a point sensor.

2.4.5. Ancient DNA analysis of microbial community composition

All laboratory work was completed in a specialized ancient DNA lab-
oratory at the University of Adelaide. DNA was extracted using a combi-
nation of DNA extraction methods from approximately 0.25 g of each
of the sediment samples (at 2, 7, 12, 17, and 21 cm depth from core CL4,
corresponding to 140, 770, 1130, 1420, 1770 cal yr BP) and three
controls (DNA extraction and two sampling swab controls from the test
tube and bench); the first three steps of the Qiagen PowerLyzer
PowerSoil kit were completed (i.e., bead beating, protein precipitation,
and inhibitor removal), followed by the Rohland and Hofreiter (2007)
extraction method to maximize recovery of short DNA fragments.
DNA extracts were then prepared for shotgun metagenomic DNA se-
quencing using the Kircher et al. (2012) library preparation method;
DNA libraries were sequenced on an Illumina HiSeq 10X using 150
base pair paired end DNA sequencing. An average of 50.3 M sequences
per samples were obtained from sediment samples, while 2121 se-
dquences were obtained for sampling and laboratory controls. The rates
of duplicate DNA sequences were low in the sediment (averaging
1.5%), but notably higher in control samples (9.0%), as expected.
Average ancient DNA length in sediment samples was consistent with
samples of this age (average length of 81.2 bp in sediment vs 66.6 bp
for controls). Sequences were taxonomically identified using the
MALT against SILVA 132 database (Eisenhofer and Weyrich, 2019;
Weyrich et al., 2017) and RMAs were converted using the
weighted LCA algorithm in MEGAN6 CE (version 6.17.0) with the fol-
lowing LCA parameters: weighted LCA, lcp 80, mpi 90%, and supp 0.05
(Huson et al., 2016). Data was then imported in QiIME2 (v2020.8)
(Bolyen et al., 2019) and microbes identified in controls were removed
from the downstream analysis. Compositional differences were calcu-
lated using Bray-Curtis distances (rarefied to 100 sequences), and sta-

tistical differences were calculated using adonis and ANCOM
(Bolyen et al., 2019) of DNA sequences < 300 bp in length to limit the contributions of
modern microbial DNA.

3. ¹⁴C and ²¹⁰Pb dating and age modeling

To derive a chronological framework for the Club Lake sequence,
bulk sediment was sampled for radiocarbon analysis. All radiocarbon
samples were pre-treated, graphitised and measured for radiocarbon
by accelerator mass spectrometry (AMS) at the Waikato Radiocarbon
Laboratory, New Zealand. All samples were pretreated using an acid-
base-acid (ABA) protocol (with multiple base extractions) and then
combusted. The age of recent sediment accumulation at Club Lake was
determined by detecting the abundance of atmosphere-derived ²¹⁰Pb.
The ²¹⁰Pb analysis was conducted at the Australian Nuclear Science
and Technology Organisation using alpha particle spectrometry for the
determination of polonium-210 (²¹⁰Po) and ²²⁸Ra activities. The
method uses down-core change in ²¹⁰Pb activity to calculate an
accumulation rate based on the ²¹⁰Pb half-life of 22.26 ± 0.22 yr
(Appleby and Oldfield, 1992). Both the CFCS (Constant Flux: Constant Sedimenta-
tion) and the CRS (Constant Rate of Supply) models (Appleby, 2002;
Appleby and Oldfield, 1978) were used to calculate calendar ages, and
are in good agreement (Table S1). Here we use the CFCS model.

The ¹⁴C and ²¹⁰Pb ages were used to develop a Bayesian age-depth model
using a P_sequence deposition model in OxCal 4.4 (Brong
Ramsey, 2008; Bronk Ramsey and Lee, 2013) with the General Outlier
analysis detection method (probability = 0.05) (Bronk Ramsey,
2009). The ¹⁴C ages were calibrated against the Southern Hemisphere
calibration (SHCal20) data set (Hogg et al., 2020). The model was
based on 1000 iterations, with the surface (depth zero) and year of sam-
ping (2011) as the uppermost chronological control point. The age
model was based on the CL4 core, with the deeper CL2 basal age pro-
viding an age constraint for this core. Two ages from CL1 (coloured purple;
Fig. 2) are not incorporated into the age model, but instead are
overplotted to illustrate the consistency of the age-depth model across
the three cores. Modelled ages are reported here as thousands of
calendar years before present (1950 CE) or ka (Table 1 and Fig. 2). We used the mean of the modelled age solutions to estimate the age of the sediments at each sample depth.

Three ages were statistically identified as outliers, with a posterior probability of 0. High alpine environments are well known to be challenging to date due to the potential for in-wash of older carbon from the catchment. The anomalously old radiocarbon ages between 0 and 8 cm depth (identified as outliers in the age model) may have been a result of reworking in the catchment (e.g. Thomas et al., 2019), possibly by snow accumulation or increased erosion/soil trampling by cattle and sheep stock introduced after European settlement from the early-to-mid nineteenth century. Following Stanley and De Deckker (2002), we included a Delta R value of U(0,200) to take into account the possibility of older carbon being incorporated into the sediment core (e.g. allowing a ΔR of between 0 and 200 years). This value was chosen as it represents an appropriate uncertainty given the slow accumulation rate of the sediments, and effectively removes any sedimentation rate artefacts.

4. Results and discussion

4.1. Club Lake temperature reconstruction: GDGTs

To derive a proxy reconstruction of the air temperature at Club Lake over the late Holocene, we calculated a range of different branched GDGT calibrations, and compared these with the modern instrumental temperatures from Club Lake (Table 2, S2, S3 and Fig. S2). To determine which calibration provides the most accurate representation of past temperatures at Club Lake, we compared the palaeotemperatures derived from the top 1 cm, which based on our age model represents sediment accumulation between 1932 and 2011, with the local instrumental record. Hourly lake temperature has been measured at Club
Lake since 2005 (Table 2) and these suggest that the mean summer lake temperature ranges from 13.1 to 14.6 °C. We also evaluated the data from the closest weather station to Club Lake (Thredbo AWS 071052; BoM, 2020) which is located at a similar elevation of 1957 m asl. The instrumental record of mean summer air temperature (MSAT) is 11.1 °C (using the entire historic record from 1966 to 2020) and this has increased slightly to 11.2 °C more recently (using the 30 year mean from 1991 to 2020) (BoM, 2020) and on an annual basis MSAT ranged between 9.8 and 12.7 °C at the Thredbo AWS.

Although lake water temperature and air temperature are tightly coupled and often used as surrogates for each other (e.g. Edinger et al., 1968; Livingstone and Dokulil, 2001; Webb and Nobilis, 1997), it is clear that both mean annual air temperature (MAAT) and MSAT are consistently lower in the instrumental record compared to the lake water temperature. This likely reflects the differences in how the values were calculated; the lake data logger provided hourly temperature measurements, while the instrumental temperature record used an average of the daily minimum and maximum temperatures. Given this situation, we considered the data from the temperature loggers as being more representative of the conditions recorded by the lake sediments.

The choice of branched GDGT calibration had a significant effect on the resulting temperature reconstructions from Club Lake (Fig. S2), ranging from negative values, to a high of 18 °C (MSAT). However, all calibrations resulted in temperature reconstructions from Club Lake (Fig. S2), ranging from 9.8 to 12.7 °C at the Thredbo AWS.

### Table 1

| Core and Depth, cm | ANSTO ID/Wk lab number | Material | Total $^{210}$Pb (Bq/kg) ± 1 $\sigma$ | $^{14}C$ years BP ± 1 $\sigma$ | Modelled mean calendar age (years BP) ± 1 $\sigma$ |
|--------------------|-------------------------|----------|---------------------------------------|-------------------------------|-----------------------------------------------|
| CL4 0.0-0.25 cm    | V677                    | Bulk    sediment                | 941 ± 45                        | -55 ± 7                       | -55 ± 7                                       |
| CL4 0.5-0.75 cm    | V678                    | Bulk    sediment                | 416 ± 19                        | -13 ± 11                      | -13 ± 11                                      |
| CL2 1.1-1.25 cm    | 36,732                  | Bulk    sediment                | 123 ± 7                         | 30 ± 12                       | 30 ± 12                                       |
| CL4 1.5-1.75 cm    | V880                    | Bulk    sediment                | 52 ± 3                          | 70 ± 14                       | 70 ± 14                                       |
| CL4 2.2-2.5 cm     | 46,732                  | Bulk    sediment                | 1901 ± 17                       | Outlier (138 ± 124)           | Outlier (138 ± 124)                           |
| CL4 4.7-5.5 cm     | 46,737                  | Bulk    sediment                | 3042 ± 17                       | Outlier (769 ± 192)           | Outlier (769 ± 192)                           |
| CL1 4.5-4.7 cm     | 37,418                  | Bulk    sediment                | 2105 ± 20                       | (1838 ± 57) Not used in age model | (1838 ± 57) Not used in age model             |
| CL4 9-9.5 cm       | 47,546                  | Bulk    sediment                | 1476 ± 21                       | 998 ± 157                     | 998 ± 157                                     |
| CL4 12-12.5 cm     | 46,733                  | Bulk    sediment                | 1387 ± 19                       | 1130 ± 75                     | 1130 ± 75                                     |
| CL1 16-16.25 cm    | 37,419                  | Bulk    sediment                | 1788 ± 20                       | (1475 ± 52) Not used in age model | (1475 ± 52) Not used in age model             |
| CL17 17-17.5 cm    | 46,734                  | Bulk    sediment                | 1746 ± 19                       | 1416 ± 50                     | 1416 ± 50                                     |
| CL4 20-20.5 cm     | 46,735                  | Bulk    sediment                | 1807 ± 17                       | 1542 ± 87                     | 1542 ± 87                                     |
| CL4 21-21.5 cm     | 46,736                  | Bulk    sediment                | 2050 ± 17                       | 1774 ± 58                     | 1774 ± 58                                     |
| CL2 32.5-32.75 cm  | 36,733                  | Bulk    sediment                | 3639 ± 28                       | 3690 ± 83                     | 3690 ± 83                                     |

### Table 2

| Year   | Mean annual lake temperature (°C) | Mean annual air temperature (°C) | Summer season | Mean summer lake temperature (°C) | Mean summer air temperature (°C) | Mean maximum summer air temperature (°C) |
|--------|-----------------------------------|----------------------------------|---------------|-----------------------------------|----------------------------------|------------------------------------------|
| 2005   | NA                                | 4.9                              | 2005-6        | 14.4                              | 12.7                             | 17.2                                     |
| 2006   | 7.0                               | 5.2                              | 2006-7        | 14.6                              | 11.7                             | 16.7                                     |
| 2007   | 6.3                               | 5.1                              | 2007-8        | 14.0                              | 10.6                             | 15.1                                     |
| 2008   | 5.9                               | 4.3                              | 2008-9        | 13.1                              | 10.7                             | 15.5                                     |
| 2009   | 5.8                               | 4.9                              | 2009-10       | NA                                | 11.6                             | 16.4                                     |
| 2010   | 5.6                               | 4.6                              | 2010-11       | NA                                | 11.3                             | 15.5                                     |
| 2011   | 5.4                               | 4.1                              | 2011-12       | 14.3                              | 9.8                              | 14.4                                     |
| 2012   | 5.4                               | 4.1                              | 2012-13       | 14.7                              | 11.7                             | 16.7                                     |
| 2013   | 6.3                               | 5.1                              | 2013-14       | 14.1                              | 11.7                             | 16.8                                     |
| 2014   | 6.6                               | 5.4                              | 2014-15       | 14.1                              | 10.7                             | 15.1                                     |
| 2015   | 5.5                               | 5.0                              | 2015-16       | NA                                | 11.2                             | 15.9                                     |
| 2005-2015 | 6.1                   | 4.8                              |               | 14.1                              | 11.2                             | 16.0                                     |
Our reconstruction of MSAT varies between about 13 and 16 °C, and appears to display a long-term increase in temperature averaging ~0.1 °C per century (Fig. 3). The experimental error of this reconstruction of temperature is largely unquantified, but is likely to be a small component of the overall error, which is approximately ±1 °C at 1σ (Pearson et al., 2011). While the long-term trend is uncertain, the relative temperature changes reconstructed very likely exceed this error, providing confidence in the pattern of the temperature data. The reconstruction suggests that the period from ca. 3500 to 1500 cal yr BP experienced cooler summer mean temperatures, especially at the base of the series (e.g. from 3500 to 2600 cal yr BP). An increase towards warmer summers began just prior to 1500, with these warmer conditions persisting until ca. 1100, after which temperatures rapidly declined. The period from ca. 1000 to ca. 600 cal yr BP was cooler than the prevailing long-term trend, until another increase in temperature, lasting around 200 years. A long, slow decline in summer temperatures followed from ca. 400 cal yr BP right up into the historic period. In the last 60 years reconstructed summer temperatures reveal another steep increase: the MSAT for this period just exceeds the range of variability for the entire record, with a temperature increase of 0.03 °C per year, indicating that the recent rate of increase in summer temperature exceeds anything in the entire 3500 year record.

4.2. Discussion of Club Lake temperature reconstruction

Environmental factors beyond temperature have been suggested to influence brGDGT structure, and therefore could potentially bias the temperature calibration. Here we discuss the Club Lake temperature reconstruction in the context of other palaeoenvironmental proxies from the lake, including mercury, ITRAX, organic matter content, charcoal, and pollen. Temperature calibration biases can include pH (Tyler et al., 2010), lake oxygen content (Martínez-Sosa et al., 2020; Tierney, 2012), as well as redox state and microbial community changes (Weber et al., 2018). While a strong correlation between the CBT (Cyclization of Branched Tetraethers) and MBT (Methylation of Branched Tetraethers) ratios may indicate that apparent changes in temperatures may in fact be controlled by changing pH values (Tyler et al., 2010), no correlation between the CBT and MBT ratios was observed in this study ($R^2 = 0.0078$). In addition, the source of GDGT input could potentially change, for example, from (allochthonous) bacteria associated with organic matter in soil, washed into the lake as a result of erosion, to autochthonous or within-lake bacteria. This is potentially problematic as the calibrations for soils and lakes are not interchangeable (Tierney et al., 2010). However, for Club Lake, other proxy analyses (Fig. 4), including the high-resolution elemental profiles from the ITRAX geochemistry and relatively stable loss-on-ignition (prior to recent European impacts) suggest that the input of clastic or detrital material from the shallow catchment soils was limited. The exception is the very top sample which may have been affected by the introduction of grazing in the catchment (as discussed in Section 4.2). The reconstructed temperature of 16.2 ± 1 °C (which is higher than the contemporary Thredbo AWS mean summer temperature) must therefore be treated with caution.

Confidence in the lipid reconstruction of MSAT at Club Lake is supported by changes in mercury deposition, which is an independent proxy sensitive to temperature. This sensitivity is a result of its unique electron configuration which strongly resists removal of an electron, forming weak bonds and hence melting and volatilising at low temperatures (Schroeder et al., 1998). This is particularly the case of deep mire lakes, at high altitudes and with small catchment area. At Club Lake, the correspondence between the reconstruction of MSAT and mercury is especially strong during the warm period identified between ca. 1500 and 1100 cal yr BP. The mercury flux does not show the same step increase at 1500 cal yr BP demonstrated in the reconstruction of MSAT, but reveals a slow increase starting from about ca. 2000 cal yr BP, though climbing fastest at 1500 cal yr BP. Notably the structure evident in the reconstruction of MSAT over the last 1000 years is absent in the flux of mercury at Club Lake, including the second period of increased temperature identified in the lipid palaeothermometer technique from ca. 600 to 400 cal yr BP.

Mercury atmospheric flux and deposition increased five-fold during the warm period between 1650 and 1000 cal years BP compared to background (Fig. 4). This increase in mercury atmospheric deposition follows closely both the temperature and charcoal reconstructions, highlighting the relationship between warmer climate and mercury atmospheric fluxes and deposition in lake sediments. No significant variations in organic matter (as determined by LOI) occurred during the warm period (ca. 1650 to 1000 cal yr BP), suggesting that the mercury

![Fig. 3. GDGT-inferred mean summer air temperature calibration calculated from Pearson et al. (2011). Black line shows loess smoothed fit, purple envelope shows 1σ uncertainty. Also plotted is the Thredbo AWS mean and maximum summer air temperature (averaged 2006-2015).](image-url)
increases did not come from the catchment, reinforcing the hypothesis that mercury deposition in Club Lake is predominantly atmospheric. Both the proportion of organic matter and the concentration of mercury rapidly increased in the Club Lake sediments during the last 300 years.

Any differences between the reconstruction of MSAT using lipids and the mercury flux in the Club Lake sediments potentially relates to the altered sources, as the flux of mercury is not only sensitive to temperature but also wind (Gustin et al., 1997) and bushfire emissions (Pompeani et al., 2018). The 5-fold increase in mercury deposition in Club Lake between 1650 and 1000 years BP is clearly temporally associated with increases in charcoal (both macro and micro), although any inter-relationships between fire regimes, warmer temperature and mercury fluxes cannot be discounted. The very large increase in mercury flux in the recent period is comparable to that in Biester et al. (2007) and also likely to result from complex sources, including from coal-fired power stations, mining and other industrial activity as well as the increased temperature evident in our reconstruction and the recent instrumental record (Fisher and Nelson, 2020; Marx et al., 2010; Schneider et al., 2019, Schneider et al., 2021).

4.3. Environmental reconstructions

The reconstructed changes in temperature at Club Lake are also associated with several other palaeoenvironmental proxies, suggesting environmental responses occurred in response to the altered climatic conditions. Considerable changes in vegetation composition have occurred over the last 2000 years, with a dynamic relationship between warm/cooler MSAT and contraction and expansion of vegetation characteristic of the alpine zone. Changes in the ratio of woodland to alpine species (Table S4), suggest variability in the amount of woody vegetation occurring at high elevation sites near the Club Lake catchment. The period of elevated temperatures from 1500 to 1100 cal yr BP is co-eval with the highest woodland:alpine ratio, suggesting an increase in tree species, likely Eucalyptus pauciflora, at higher elevations and a reduction in several alpine zone species (Fig. S2). Vegetation change associated with reduction of MSAT around 1000 to 800 cal yr BP was characterised by an expanding alpine zone, while an increase in the woodland:alpine ratio followed an increase in MSAT from about 800 cal yr BP. Interestingly the most recent increase in temperatures has not corresponded to an increase in the woodland:alpine ratio. In this case, the expansion of woodland species may have been reduced by other anthropogenic impacts, such as cattle grazing and fire activity. While grazing was banned in the high altitude alpine area (including the Club Lake catchment) since the mid-20th century, longer lasting impacts on vegetation communities complicates the relationship between temperature and fire. However, as Pickering et al. (2008) have noted, Australian alpine vegetation occurs in a narrow altitudinal band and any future warming has the potential to result in the extinction of alpine species, including several endemic to the area, as treelines are driven to higher elevations.

The changes in MSAT at Club Lake are also reflected in changes to the accumulation of charcoal in the sediments, both for microscopic and macroscopic charcoal, and this is particularly the case during the warmer period between ca. 1500 and 1100 cal yr BP. The increase in both charcoal size fractions tends to suggest that there was an increase in both local and regional burning during this warmer MSAT. The archaeology and use of the high alpine area by Aboriginal people are currently not well-constrained (e.g. Kamminga, 1995). Whilst there is a possibility the increase in fire activity between ca. 1500 and 1100 cal yr BP is due to an increase in anthropogenic burning, the limited evidence of human use of the Alpine region and coeval increase in temperature and biomass available to burn suggests that this increase in fire was driven by climate and environmental conditions conducive to burning.

Geochemical data generally revealed few major changes over the record, although magnetic susceptibility is elevated during the first warm period (Fig. S3). ITRAX PCA axis 1, explaining 49% of the variance (Figs. 4, S4, S5, Table S7) is strongly positively correlated with terrigenous elements (Fe, K, Mn, Rb and Ti) and negatively correlated with Cu and Ni. The surrounding geology of Club Lake is of schists, quartzite, gneiss and granulite features of Ordovician origin with distinctive chemical features, including of high concentrations of Mg, Fe and other ferro-magnesian elements, high K and concomitant Rb and Cs (Kolbe and Taylor, 1966). The effects of grazing are likely responsible for some of the recent changes (i.e. post-European settlement) recorded in the geochemical record (most notably through strong decrease in PCA Axis 1 and increase in Axis 2). Evidence of increased detrital input following the introduction of grazing is not immediately apparent from PCA Axis 1, however, a large increase in Si in the top few centimetres (contributing to PCA Axis 2) and the increase in LOI probably reflect the well documented erosion within the small catchment associated with post-European grazing. As noted, there are several recent changes in the uppermost sediments indicating the impacts of both proximal and distant (post-European) human activity: this includes the rapid increase in mercury flux at the top of the core, and recent changes in the pollen spectra, reflecting historic summer grazing and the occurrence of introduced taxa, such as Pinus pollen, observed in the top 1 cm sediment sample (Fig. S6).

Microbial community composition response to past environmental conditions and geochemical changes of the ancient sediment remains poorly understood, as sediments represent mixtures of modern and
ancient microbial DNA fragments. Therefore, we assessed the microbial DNA signatures in selected core depths at different DNA fragment sizes (number of base-pairs (bp), i.e. 0-50 bp; 51-100 bp, 101-150 bp, 151-200 bp, and 201-250 bp), as ancient DNA is often much smaller in length. DNA fragment length was associated with specific community compositions ($p = 0.006$, $F$ mode = 1.9778) (Fig. S7, Table S7), reflecting the mixtures of modern (living) microbial communities and signatures of more ancient species. After accounting for DNA fragment length, core depth ($p = 0.001$, test = 3.57748) and predicted age of the sediment sample ($adonis$ test, $p = 0.001$, $F$ mode = 5.53421) were significant drivers of ancient microbial communities, indicating shifts in microbial communities over time. This was largely driven by differences in the 2 cm core sample (dated at ca.1810 CE) compared to the older samples (Fig. S7). Next, we examined if microbial communities shifted according to the ecological changes identified with pollen or charcoal analyses, as microbial communities are known to be correlated to plant compositions (Thompson et al., 2017). The composition of ancient microbial communities was significantly linked to the woodland:alpine ratio ($p = 0.002$, $F$ model = 3.4599) but not the charcoal flux, suggesting that these past microbial communities are linked to the overall plant ecology of the area and not burning. This was also largely driven by data from the 2 cm sample, as *Neobodo designis*, an uncultured Acidobacteriacea bacterium, and an uncultured Gemmatimonas species were significantly higher in the 2 cm sample than any others (ancom; $w > 120$). Further, we observed more Acidobacteria in the 2 cm sample (5 taxa) than other layers (2-3 Acidobacteria taxa). Although time depth and woodland:alpine information are confounded because woodland areas decreased over time, these findings suggest that the past microbial communities in these sediments may have shifted as woodland areas retreated and temperatures warmed in the region. These findings are supported by a previous study which found a link between ancient soil bacterial microbiome and particular vegetation types (Gellie et al., 2017).

4.4. Comparison to published regional climate and environmental reconstructions

Determining the possible mechanisms behind the temperature changes and associated ecosystem responses in the Australian alpine region during the late Holocene may also provide insights for potential future vulnerability of these ecosystems. Here, we compare the Club Lake temperature and environmental reconstructions from this study with several other local and regionally important proxy records (Fig. 5). One of the most comprehensive initial pollen studies to be undertaken in the Australian highlands was at Club Lake, where Martin et al. (1986) described sharp changes in abundance of many alpine taxa after 3000 cal yr BP (and also at 1500 cal yr BP), and suggested instability induced by drought, frost, soil erosion may have been responsible. Higher summer temperatures and a longer growing season were suggested to result in an increase in the tree line over the late Holocene (Martin, 1986), which lends support to our interpretation of higher temperatures between ca. 1500 and 1100 cal yr BP at Club Lake, with an inferred treeline shift also weakly constrained by the pollen data. Stanley and DeDeckker’s (2002) reconstruction of aeolian activity using the sediments from Blue Lake, located close to Club Lake in the Snowy Mountains, shows a distinct increase in the maximum size of aeolian quartz grains, interpreted to show peaks in windiness, during the periods ca. 1700 to 1400 and ca. 800 to 500 cal yr BP, which just precede (by about 200 years) our identified periods of increased temperature. Their Blue Lake age model used a reservoir correction of 900 years to correct for the presence of ‘old carbon’ and so any lead or lag may be an artefact of this, however. Similarly, a dust deposition record from a peat bog near the headwaters of the Snowy River also showed variations during the late Holocene, but high age model sensitivity precludes defining the exact timing of these changes (Marx et al., 2011).

On a broader regional scale, millennium-length ensemble reconstructions of regional (Australasian) temperature suggests the warmest period of the last 1000 years (prior to the industrial period), was between approximately 800-600 cal yrs. BP (Gergis et al., 2016), which directly corresponds to the slightly more muted warm period determined in the Club Lake (and other) records. While there are currently no ensemble reconstructions further back in time, a near annual resolution $\delta^{13}$C speleothem record from the Yarrangobilly Caves (McGowan et al., 2018), located just 80 km north of Club Lake (Fig. 1), spanning the last 2000 years, is available for comparison. Changes in $\delta^{13}$C were interpreted to reflect temperature and snow cover in the Australian Alps over the last two millennia. Notably, the Club Lake GDGT-derived temperature reconstruction displays a similar pattern: the clearest coherence between the two records are the warming trends between ca. 800 - 400 cal yr BP, and in the centuries before 1000 cal yr BP, suggesting that both sites are recording regionally significant temperature changes.

4.5. Mechanisms of climate and environmental change at Club Lake

There are a number of climate drivers that affect the climate of south-eastern Australia, most notably the influence of the Southern Hemisphere westerly winds (SHWW), and the El Niño-Southern Oscillation (ENSO). The SHWW are one of the major drivers of climate variability across the Southern Hemisphere and exerts a strong seasonal control on regional precipitation and temperature variability (Gillett et al., 2006). Since the mid- to late-20th Century, a strengthening and poleward shift of the SHWW has been observed (Marshall, 2003; Thompson et al., 2011; Visbeck, 2009), associated with climate-carbon changes across the Southern Hemisphere, and a decline in rainfall across south-eastern Australia and Tasmania (Nicholls, 2010; Taschetto and England, 2009). Further afield, the SHWW are also linked with changes in the tropics, including the intertropical convergence zone (ITCZ) and the El Niño-Southern Oscillation (ENSO) (Cai et al., 2014; Schneider et al., 2014). Indeed, seasonal snow in the Australian Alps is known to be influenced by El Niño events (Pepler et al., 2015).

During the Holocene, changes in the seasonality of insolation have been linked to sea surface temperature changes in the tropical Pacific Ocean (Braconnot et al., 2012; Wanner et al., 2008). The subsequent southward migration of the ITCZ after the mid-Holocene (Haug, 2001) has been argued to have led to a reduced zonal sea surface temperature gradient, weakening the Walker circulation and increasing the frequency of El Niño events (Conroy et al., 2008; Koutavas et al., 2006). Rein et al.’s (2005) reconstruction of El Niño based on offshore Peruvian lithic flux, indicates maximum El Niño strength around 1500 cal. yr BP, and shows a similar pattern to the Club Lake MSAT reconstruction (Fig. 5). Intriguingly, a reconstruction of the Southern Oscillation Index (SOI) by Yan et al. (2011), which is based on the difference between moisture proxies from the western and eastern Pacific, shows a very similar pattern to the Rein et al. (2005) reconstruction over the last 2000 years, but with the opposite interpretation of a positive SOI bringing more La Nina-like conditions between 1500 and 1000 cal yrs. BP. However, the closest ENSO reconstruction from the Holocene, a rainfall record from Swallow Lagoon in northeastern Australia (Barr et al., 2019) does not show such correspondence with our temperature record.

Tropical sea surface temperatures are known to influence the intensity and location of the polar jet, with teleconnections between the SHWW and ENSO (Clem and Fogg, 2015; Ding et al., 2012; Wilson et al., 2016). Several studies have examined changing southern westerly winds over the Holocene from Southern Ocean islands. Stronger winds in the South Atlantic sector have been recorded between 1000 and 1800 cal yr BP and also between 600 and 400 cal yr BP from a range of proxy records, including exotic pollen and microcharcoal concentration from the Falkland Islands (Turner et al., 2016a), charcoal concentration from Laguna Guanaco (Moreno et al., 2014), and biogenic carbonate accumulation rate from the Palm2 marine core (Lamy et al., 2010).
Similarly, a reduction in *Dracophyllum* on sub-Antarctic Campbell and Auckland Islands (southwest Pacific) between 2000 and 1000 cal yr BP was interpreted to indicate stronger westerly winds (Turney et al., 2016b). The periods of increased westerlies show a remarkable correspondence with increased MSAT at Club Lake (Fig. 5), and hint at broad atmospheric shifts occurring during the late Holocene.

To consider further the relationships between increases in surface temperature in the Snowy Mountains region and dominant synoptic conditions, we used KNMI climate explorer (van Oldenborgh and Burgers, 2005). Due to the limited instrumental records in the Australian high country, we investigated the surface temperature as calculated by the ERA-Interim reanalysis over the grid box 36 to 37°S and 148 to 148.5°E.
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**Declaration of competing interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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**Appendix A. Supplementary data**

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