Research Article

Anomalous Fluctuation of Halogens in Relation to the Pollution Status along Lake Mariout, Egypt

Ghada F. El-Said, Gehan M. El Zokm, Abeer A. El Sayed, Ahmed A. El Ashmawy, and Mohamed A. Shreadah

National Institute of Oceanography & Fisheries, NIOF, Cairo, Egypt

Correspondence should be addressed to Gehan M. El Zokm; gehanelzokm@yahoo.com

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This paper aimed to study the anomalous fluctuation of halogens with respect to the pollution status in surface water (w), pore water (p), and sediments (s) of Lake Mariout. It provided a framework for understanding the distribution of dissolved and precipitated halogen salts related to the pollution status of the lake. The study cleared out that bromide was only the most abundant halogen in the three studied partitions. On contrast, sediment’s partition contained the lowest chloride content. Fluoride minerals, especially, fluorapatites and carbonate-fluorapatite (FAP and CFAP), had high Saturation Index (SI) values in surface water (42.77–51.95 and 16.04–60.89, respectively) and in pore water (51.26–54.60 and 17.52–78.33, respectively). Bromide and chloride were mainly found in the soluble forms in the surface water and pore waters. Iodide salts, (Ca(IO$_3$)$_2$ and Ca(IO$_3$)$_2.6$H$_2$O), were moderately precipitated in surface and pore waters. Thus, SI content reflected that halogens, especially fluoride and iodide, played a vital role in reducing lake pollution. Fluorite (CaF$_2$) and sellaite (MgF$_2$) could only be formed in pore water, while calcite and aragonite could be deposited from surface water. In addition, Cl was mainly found in the forms of NaCl, CaCl$_2$, MgCl$_2$, and KCl in surface and pore waters. The multivariate analysis revealed that fluoride precipitate may serve in decreasing the dissolved salt pollution. Multivariate analysis showed that in the long run, the fluoride precipitation in FAP and CFAP can significantly adsorb and absorb various pollutants and can protect the lake from pollution. The ecological risk assessment conducted by calculating the enrichment factor (EF) showed that the lake was still unpolluted. Regarding human health risks, at appropriate levels of human health and safety, the hazard quotient (HQ) and hazard index (HI) of halogens found to be lower than these reported levels. Hence, ingestion and dermal absorption routes of halogens by surface water and sediments did not pose any adverse effects to population reflecting uncontaminated status of Lake Mariout.

1. Introduction

The water ecosystem in Egypt is rapidly deteriorating due to the increased discharge of heavily polluted domestic sewage, agricultural runoff, and industrial wastewater generated by human activities [1–10]. Egyptian lakes are currently degraded by natural and human activities such as degradation; habitat loss; pollution as they receive great amounts of industrial, municipal, and agricultural wastewater without treatment; and the spread of aquatic plants [11–16]. Although Lake Mariout has recently received government attention, there is still an urgent need for an action plan for sustainable development.

Lake Mariout is recognized as the main part of the old Lake Mareotis [17]. It extends from 29.83°–29.98° E to 31.05°–31.17° N, with a surface area of approximately 60 km$^2$ and a shallow depth of approximately 1.5 m (Figure 1). Its location is about 20 km away from the Mediterranean Sea at the southern part of Alexandria City. It is directly disconnected from the Mediterranean Sea along El-Mex Bay because it is located 2.8 m below sea level. The El-Mex pumping station pours large amounts of lake water into the Mediterranean Sea through the bay [17]. In the past few years, Lake Mariout has been heavily affected by various human activities, which usually reduce its specific area. However, over the last eighty years, its area decreased drastically from 248 to
Halogen elements show great resemblances to one another in their general chemical behavior and in the properties of their compounds with other elements. They carry out significant roles in the global transformation processes [20]. In addition, halogens naturally exist in the form of monovalent anions, metal-bound salts, silicate minerals, and non silicate minerals [20]. Amongst the other halogens, chloride (Cl) exhibits systematically different behavior due to its ionic size or its elemental abundance. Fluorine is strongly electronegative, being the only element in the periodic table that is more electronegative than oxygen. Fluorides (such as fluorite, cryolite, and fluorapatite) traditionally combine the most naturally distributed minerals and usually have many economic uses [21]. Therefore, it enters the social environment through alternative methods (gradual erosion and weathering process) and industry (locally produced phosphate fertilizers, semiconductors, aluminum, special drugs, cosmetics, etc.) [22]. Fluoride has been recorded an abnormal concentration in the seawater along the Mediterranean coast of Egypt. In addition to the large amount of minerals that may be dissolved in the sediment-water interface, the Mediterranean coast of Egypt is also adversely affected by raw sewage, domestic, agricultural, and industrial waste [23]. Bromine is used in the manufacture of agricultural pesticides, disinfectants, film photography, lamps, dyes, textiles, cosmetics, etc. [24].

Iodine is a weakly electronegative redox sensitive element, which is very important in many biochemical pathways. With its low abundance, it is considered an essential element for life [25]. Fluoride (F) is considered as an essential element for oral health and bone formation [26]. In addition, fluoride is functionally an effective metabolic inhibitor. However, it has a constructive interference with the metabolism of proteins, lipids, and carbohydrates in living organisms [27]. Both bromide (Br) and chloride (Cl) exist in the body fluids of animals and mortals, and their abundance depends on their intake and excretion [28]. Although halogens have effective biological functions, high levels of halogens may be toxic. Large amounts of bromide (Br) may cause some adverse symptoms, including nausea and vomiting, abdominal pain, coma, and paralysis [28]. Excessive iodide (I) may cause goiter, hypothyroidism, or hyperthyroidism in exposed people [28]. Ingestion of fluoride can cause nausea, vomiting, abdominal pain, diarrhea, fatigue, drowsiness, coma, convulsions, cardiac arrest, and eventual death [29]. It can also affect physiological processes such as metabolism, growth, and reproduction.

In order to determine the pollution source of a lake, it is useful to analyze the chemical properties of the water and study the main solute sources. The pollution by dissolved salt is related to the large increase of several dissolved salts caused by human activities [30], that is, the total dissolved content in the water system and the increase in the content of anions and cations. The gradual increase in dissolved salt can play an important role in the aquatic environment, but excessive salt may have harmful effects on the ecosystem. Similarly, the chemical balance in the aquatic system, as well...
as the solubility and precipitation of the salt contained, also helps to track pollution [31]. The formation and internal interaction of different soluble and insoluble salts in aquatic systems are affected by the physical and chemical factors of the ecosystem [31]. The behavior of soluble salts in the aquatic systems can provide information about the formation of precipitated salts. The stability of the precipitated salt is affected by the product of the molar concentration of its ions and the equilibrium solubility constant of the precipitated salt. According to previous studies, under alkaline conditions, fluorapatite minerals had an important role in reducing the solubility of calcite in the apatite supernatant and solving the destructive effects of fluoride pollution on Lake Edku in Egypt [32]. Small amounts of bromine are found in certain minerals (such as apatite, amphibole, and biotite) [24]. In addition, calcium hydroxyapatite can remove toxic ions from the water environment [33].

By multivariate analysis, the ecological and environmental multivariate data can assess the environmental impacts and monitor large-scale biodiversity changes [34]. Multivariate analysis is widely used in environmental science. It can help ecologists discover the structure of many characteristics of the data and the previous relatively objective summary for easy understanding. However, it is very complicated in theoretical structure and operation methods.

To the best of our knowledge, relatively little studies have been evaluated for the long-term changes in concentrations of halogens, i.e., bromine, fluorine, chlorine, and iodine and their relative to pollution status in surface water, pore water, and sediments partitions in the polluted Lake Mariout. The aims of this work are to present an overview of the evaluation of halogen’s content and to examine the relation of pollution by halogens as well as to find out their possible interactions with dissolved and precipitated salts in Mariout Lake, which is suffering from the huge amounts of different types of waste waters.

2. Materials and Methods

2.1. Sampling Sites. Thirteen sampling sites were selected to represent the survey area of Lake Mariout and the incoming drainage (Figure 1). Surface water, sediment pore water, and sediment samples were collected from the thirteen sites. Site 1 and site 2 were affected by the parallel pumping station (pumping water from the Abis drainage= 400,000 m³day⁻¹ and other openings from El Drain [19]. Site 3 represented the combined discharge of El-Qalaa drainage and Western Wastewater Treatment Plant (WWTP). Sites 4-6 belonged to the Main Basin area and were affected by the drainage of El-Qalaa and El Umoum. Site 6 represented the contaminated area before the El-Mex pumping station. Site 7 was located in the North West Basin. In addition to salt marshes, it was also directly affected by many industrial and petrochemical companies. The South West shallow basin was adversely affected by the local water sources of El Umoum and El Nubaria drains, and its site was 8–10. Stations 11–13 were located in the El-Qalaa, the El Nubaria, and the El Umoum drains outside the lake. The last three locations were chosen as reference locations to describe the potential pollution of the water discharged into the lake.

2.2. Sampling Processes. Surface water and bottom sediment samples were collected from thirteen selected sites along the lake and the drains of depth range 1.5–2.0 m by a rubber boat during autumn 2019 (Figure 1). Nitrile gloves were used during the sampling duration.

For water sampling, thirty-nine airtight clean 5 L polyethylene bottles for water sampling were rinsed three times with double distilled water and then dried. Triplicate collected surface water samples were collected by the Niskin water sampler from each sampling site. However, these surface water samples were not filled in 5 L cleaned polyethylene bottles in which they can be preserved. Each water sample from the study site was divided into two portions. The first portion was stored in a brown closed polyethylene plastic bottle; the second part was stored in a closed white bottle for the determination of heavy metals. The subdivided samples were carefully transported to the laboratory in an ice box. However, surface water temperature (Tw), pH, salinity, and TDS value of water samples were measured on-site using portable equipment (CTD YSI: 566). The dissolved oxygen (DO) sample was fixed in a closed brown glass bottle on-site. Turbidity was measured by using the conventional white enameled Secchi-disc.

For sediment sampling, three replicate sediment samples were collected from 13 sampling sites using a Van-Ween grab sampler, stored in a clean polyethylene bag, and transported to the laboratory in an ice box.

2.3. Sample Preparation. In the laboratory, the first portion of the subdivided surface water was stored in a brown airtight polyethylene plastic bottle at −20°C for halogen analysis. The second portion was divided into two parts, and one of which was stored in a plastic colorless bottle at −20°C to determine phosphorus and silicon in the form of phosphate and silicate. The other part was kept in the refrigerator until the main water components (calcium, magnesium, sodium, potassium, lithium, sulfate, and boron) and heavy metals (copper, manganese, zinc, and iron) were analyzed.

In addition, pore water was extracted from each sediment sample by a centrifuge (Hettich Zentrifugen, Universal 320 R, Andreas Hettich GmbH & Co.KG, 78532 Tuttlingen, Germany) for 20 min and at a speed of 10,000 rpm [35].

First, in each extracted pore water sample, pH and S% were detected. Then, one-third of each extracted pore water sample was preserved in a brown polyethylene plastic bottle with a stopper and kept at −20°C for halogen determination. While, two-third portion was preserved in colorless well-closed plastic bottles and kept at −20°C for analysis of phosphorus, silicon, calcium, magnesium, sodium, potassium, lithium, sulfate, and boron calcium, magnesium sulfate, boron, and heavy metals concentrations (Cu, Mn, Zn, and Fe).

On the other hand, the sediment samples were spread on a clean plastic plate at room temperature and then air dried. After that, the particle size of the air-dried sediment sample was accurately estimated [36]. The digestion of the sediment sample was performed by heating the sample with an acid mixture (3 mL HNO₃, 2 mL HClO₄, and 1 mL HF) at 70°C in
a closed Teflon container. The extraction of fluoride, bromide, and iodide from sediment samples was carried out after the fusion of Na2CO3 with each sediment sample [37, 38].

2.4. Samples Analyses. The carbonate and bicarbonate of surface and pore waters were determined in the laboratory by the titration method [39, 40]. pH, and TDS values of the pore water were measured in the laboratory using portable equipment (CTD YSI: 566). From the salinity value, chlorinity (CI) in the surface and pore waters and chlorinity (Cl %) were effectively calculated [39]. The DO of water samples was accurately measured by Winkler’s method [41]. Porosity was measured based on the weight difference between dry and wet sediment samples [42]. Calcium and magnesium in surface and pore waters and digested sediment samples were carefully determined by the titrimetric method using Erichrome Black T and Murexide indicators [43]. Sodium, potassium, and lithium contents in surface and pore waters and digested sediment samples were estimated by the flame photometer instrument (lame139 photometer PPP, JENWAY 7). Inorganic phosphorus and total phosphorus contents in the surface and pore waters and sediment samples were determined [43, 44]. Silicate was measured in the surface and pore waters and digested sediment samples by the colorimetric method [39]. Curcumin colorimetry was used to determine boron in surface water, pore water, and digested sediment [43]. The turbidity method was used to estimate sulfate in the surface water and pore water and digested sediment samples [43]. The heavy metals (Cu, Mn, Zn, and Fe) dissolved in the surface water and pore water samples were extracted with chelating resin and measured with an atomic absorption spectrophotometer (GBC, Savant AA, Scientific equipment serial no. A 7275 GBC) [45]. Fluoride concentration was determined by the colorimetric method using the zirconium alizarin red S method [46]. The bromide was determined by titration using a thiosulfate solution [41]. The catalytic reduction method using the Ce(IV)-As(III) was applied to determine the iodine concentration [43]. The chloride content in sediments was established by Mohr’s method [47].

2.5. Quality Control and Quality Assurance. A sediment reference material (IAEA-405, International Atomic Energy Agency, Vienna, Austria) was used to determine the sediment sample’s quality control/quality assurance. The recovery percentages for the selected metals from the standard reference material were in the range of 97.0–101.1%. For each variable, an examined calibration procedure of three external standards was performed. One of the external standards must be of a concentration near, but above, the method detection limit. The other concentrations should correspond to the range of a variable concentration expected in the sample. The working calibration curve was verified on each working shift by the measurement of one or more calibration standards.

2.6. Saturation Index (SI). The Saturation Index (SI) of 23 and 15 structures in surface water and pore water samples were calculated respectively [23, 48].

It can be calculated from the division of the product of the molar concentrations (IAP; [49]) of their component by their equilibrium solubility constant (Table 1). Moreover, SI of some minerals such as anhydrite (CaSO4), gypsum (CaSO4·2H2O), calcium phosphate (Ca3(PO4)2), magnesium phosphate (Mg6(PO4)3), calcite (CaCO3), aragonite (CaCO3), dolomite (CaMg(CO3)2), magnesite (MgCO3), fluorapatite (FAP; Ca5(PO4)3F), hydroxyapatite (HAP; Ca5(PO4)3OH), octacalcium phosphate (OCP; Ca9H(PO4)4·2.5H2O), and carbonate-fluorapatite (CFAP; Ca10(PO4)6(CO3)2·F2·7·2(OH)·2·8H2O), besides some precipitated salts (Fe(OH)2, Fe(OH)3, FePO4·2H2O, Mg(OH)2, Mg6(PO4)2, Mn(OH)2, KI04, KClO4, ZnCO3, ZnCO3·H2O, Zn(OH)2, and Zn(II)3·2H2O) was calculated by the following equation [23, 48]:

\[
SI = \log \left( \frac{\text{IAP}}{K_{sp}} \right),
\]

where IAP and Ksp were the product of the ion activity and the equilibrium solubility constant of each precipitated salt or mineral. SI values represented the under saturation (SI < 1) or over saturation (SI > 1) situation of each precipitated salt or mineral.

2.7. Palmer’s Method and Piper Ternary Diagram. The dissolved salts in the surface and pore waters in the investigated area were utilized by Palmer’s method and piper ternary diagram. Palmer’s method by using the mill equivalent percentage of the major anions (Cl−, SO42−, and HCO3−) and cations (K+, Na+, Ca2+, and Mg2+) [50]. This method assumed that the concentration of positive ions and negative ions are in equilibrium; i.e., the sum of the concentrations of positive ions in meq L−1 is equal to the sum of the concentrations of negative ions considering only the major ions. This hypothesis can be verified by converting the average ion concentration of surface water and pore water along the study area from mg L−1 in Table 2 to meq L−1. Then, the concentrations were further converted into a percentage of each ion in relation to the total concentration of positive ions in the case of a positive ion and in relation to the total concentration of negative ions in the case of a negative ion. The percentage of each cation and anion was represented in two rectangles in cm to evaluate the relative formed soluble salts. Piper ternary diagram explores the origin of the dissolved salts in surface and pore waters of the lake water besides the effects of drainage sources on them [55].

2.8. Multivariate Analysis. Multivariate analysis including correlation, multiple stepwise linear regression, and cluster analysis has been used to predict the role of halogens in the pollution status of Lake Mariout. Multivariate analysis can be used in monitoring research because they can reduce the
cost of further environmental investigations [56–58]. The multivariate analysis using the correlation matrix with a stepwise linear regression coefficient (R), and cluster (tree clustering) at a significance level of p ≤ 0.05 is estimated by STATISTICA 99 edition. At the same time, the principal component (PCA) can be estimated through SPSS 15 evaluation.

### 2.9. Enrichment Factor (EF)

EF of the determined elements (Ca, Mg, Na, K, Li, B, P, Cu, Zn, Mn, Fe, F, Cl, Br, and I) was calculated by using the equations described (equations (2) and (3)) [59, 60]:

\[
EF = \frac{C_{\text{sample}}}{(\text{Median } C_{\text{Background}} + 2 \times \text{MAD } C_{\text{Background}})}
\]

where \( C_{\text{m}} \) was the element concentration, Median \( C_{\text{m}} \) Background represented median concentration of an element in the background, and MAD \( C_{\text{m}} \) Background was the median absolute deviation from the median calculated from the given equation:

\[
\text{MAD} = \text{median} \left( |x_i - \text{median}(x_j)| \right)
\]  \( (3) \)

The EF values were classified into five categories: deficiency to minimal (EF < 2), moderate (2 < EF < 5), significant (5 < EF < 20), very high (20 < EF < 40), and extremely high enrichment (EF > 40).

### 2.10. Human Health Risk Assessment

The human health hazard of surface water and sediment ingestion and dermal contact was assessed by using the estimated daily intake
2.10.1. For Surface Water. Estimated daily intake of surface water ingestion and dermal contact (EDI<sub>Ings</sub> and EDI<sub>Dermw</sub>) were computed by the following equations [61]:

\[
\text{EDI}_{\text{Ings}} (\text{mg/kg/day}) = \frac{(C \times W \times C \times T \times E \times F \times D \times D)}{(A \times T \times B \times W)}, \tag{4}
\]

\[
\text{EDI}_{\text{Dermw}} (\text{mg/kg/day}) = \frac{(C \times W \times S \times A \times C \times T \times E \times F \times D \times D)}{(A \times T \times B \times W)}, \tag{5}
\]

where \(C\) was the element concentration in water (mg L\(^{-1}\)), \(W\) was the contact time (50 mL h\(^{-1}\)), \(C\) was the exposure time (2.6 h day\(^{-1}\)), \(E\) was the exposure frequency (7 day \(^{-1}\)), \(D\) was the exposure duration (60 year), \(A\) was the average time (60 \(\times\) 365 day year\(^{-1}\)), \(B\) was (70.7 kg), \(S\) was the skin surface area (5,700 cm\(^2\)), \(P\) was the dermal permeability constant (0.001 cm h\(^{-1}\)), and \(CF\) was the conversion factor for water (1.0 \(\times\) 10\(^{-6}\) kg mg\(^{-1}\)) [62–65].

2.10.2. For Sediment. Estimated daily intake of sediment by ingestion and dermal contact (EDI<sub>IngsS</sub> and EDI<sub>DermS</sub>) were calculated according to the following equations [60]:

\[
\text{EDI}_{\text{IngsS}} (\text{mg/kg/day}) = \frac{(C \times \text{IngS}_s \times \text{RAF}_S \times \text{EF}_S)}{(A \times T \times B \times W)}, \tag{6}
\]

\[
\text{EDI}_{\text{DermS}} (\text{mg/kg/day}) = \frac{(C \times \text{IngS}_s \times \text{ED} \times \text{SA} \times \text{AF} \times \text{ABS})}{(A \times T \times B \times W)}, \tag{7}
\]

where \(C\) was the concentration of the contaminant in sediment (mg g\(^{-1}\)), \(\text{IngS}_s\) was the ingestion rate of sediment (8.0 \(\times\) 10\(^{-3}\) mg kg\(^{-1}\)), \(\text{RAF}_S\) was the relative absorption factor of sediment (0.58), \(\text{EF}_S\) was the exposure frequency (30 day
year\(^{-1}\)), AF was the adherence factor (0.07 mg cm\(^{-2}\)), and ABS was the dermal absorption factor (0.001 unit less) [65, 66].

Hazard index (HI) is the total chronic hazard attributable to exposure to all determined contaminants (i) through a single exposure pathway of the ingestion, and dermal contact of water (HI\(_{\text{ingw}}\) and HI\(_{\text{Dermw}}\)) and sediment (HI\(_{\text{Ings}}\) and HI\(_{\text{DermS}}\)) was given as follows [60]:

\[
\text{HI}_{\text{ingw}} = \sum \text{HQ(Ing}_w\text{)}_i
\]

(8)

\[
\text{HI}_{\text{Dermw}} = \sum \text{HQ(Derm}_w\text{)}_i
\]

(9)

\[
\text{HI}_{\text{Ings}} = \sum \text{HQ(Ing}_S\text{)}_i
\]

(10)

\[
\text{HI}_{\text{DermS}} = \sum \text{HQ(Derm}_S\text{)}_i
\]

(11)

3. Results and Discussion

3.1. Distribution of Halogens and Tested Variables in Surface Water

3.1.1. Distribution of Halogens in Surface Water. The range and average value of halogens in the surface water in this study show a sequence of Cl\(_w\) > Br\(_w\) > F\(_w\) > I\(_w\) (Table 2 and Figure 2). The current study indicates that the water sample of pumping station (site 6) attained high concentrations of fluoride (2.8 mg L\(^{-1}\)), chloride (3887.8 mg L\(^{-1}\)), and bromide (18.1 mg L\(^{-1}\)), and low iodide (6.41 μg L\(^{-1}\)) contents (Figure 2). High levels of F, Br, and I are detected in the Main Basin region which is affected by the drainage of El-Qalaa and El Umoum containing the agricultural and industrial wastes. However, halogens are involved in the manufacture of pesticides (herbicides, fungicides, insecticides/acaricides, and nematicides) [67]. Plus, halogens are produced in the production of fertilizers products [67]. The presented results of halogens in the studied lake region reflect anomalous distribution and are mainly affected by water discharged from the drainage sources. However, the highest fluoride, bromide, and iodide contents of 3.77 mg L\(^{-1}\), 65.53 mg L\(^{-1}\), and 54.10 μg L\(^{-1}\), respectively, are recorded in the Main Basin affected by El-Qalaa and El Umoum drains. Among the halogens, chloride shows high levels in surface water especially in site 2 (6521.8 mg L\(^{-1}\)), and site 10 (5168.7 mg L\(^{-1}\)) which are also related to their levels in the water of the drains (Figure 2). On the meantime, the lowest S\(_{\text{‰w}}\) and Cl\(_{\text{‰w}}\) are observed at site 13 (El Umoum Drain). Most of the studied variables have chloride ratios relatively lower than those measured for Lake Mariout and/or seawater [51–53, 68, 69]. This is mainly due to the accumulation of wastewater from Abis and El Umoum, where agricultural products such as fertilizers and biocides are deposited in industrial products [19].

Due to the increase in chloride content in surface water samples, the conservativeness of the chloride ratio is used to describe the contamination, precipitation, and dissolution of sediment components [70]. The F/Cl ratio in the study area is higher than open seawater (4.30E−05) of a range 4.30E−05–1.40E−03 and average 5.40E−04. The Br/Cl ratio is relatively similar to that of seawater (Table 2). The highest F/Cl, Br/Cl, and I/Cl ratios in surface water 1.40E−03, 1.60E−02, and 1.60E−02 are recorded in site 13 (El Umoum drain outside the lake), site 9 (South West Basin in the lake), and site 4 (Main Basin in the lake). Therefore, it can be concluded that the distribution of halogens in the surveyed area is greatly affected by the drainage of the El-Qalaa, El Umoum, and the El Nubaria drains.

3.1.2. Distribution of Tested Variables in Surface Water. The range and average values of the tested variables (T\(_w\), S\(_{\text{‰w}}\), Cl\(_{\text{‰w}}\), TDS\(_w\), turbidity, DO\(_w\), pH\(_w\), CO\(_3w\), HCO\(_3w\), B\(_w\), P\(_w\), Si\(_w\), Ca\(_w\), Mg\(_w\), Na\(_w\), K\(_w\), Li\(_w\), SO\(_4w\), Cu\(_w\), Mn\(_w\), Fe\(_w\), and Zn\(_w\)) in surface waters of the present study are listed in Table 2. Turbidity fluctuates from 1.66 to 38.50 NTU at sites 8 and 12, respectively. DO is completely depleted at sites 5, 6, and 11 and has the highest amount 12.41 mg L\(^{-1}\) at site 2, with an average 6.05 mg L\(^{-1}\) relatively similar to the reported Lake Mariout value (2.14–5.63 mg L\(^{-1}\); [54]) (Table 2). The average content of DO in the lake is higher than those reported for the ocean seawater (3.2–4.8 mg/L) [71]. The levels of DO probably relate to the oxygen–producing processes of the photosynthesis processes of phytoplankton and macrophytes [72]. The presented results indicate that site 1 (affect by Abis drainage) is the most affected area in the lake as it shows the highest contents of B\(_w\), Cl\(_w\), Mg\(_w\), Na\(_w\), K\(_w\), Li\(_w\), and SO\(_4w\). The most important feature in the concentrations of heavy metals Cu\(_w\), Mn\(_w\), and Zn\(_w\) in surface water is that they possess average values lower than those reported for the threshold guideline (10, 100, and 50 μg L\(^{-1}\)) [73, 74].

The present study clears out a descending trend in the surface water average concentrations of halogens and tested variables in the lake as follows: TDS\(_w\) > Cl\(_w\) > Na\(_w\) > Mg\(_w\) > Ca\(_w\) > SO\(_4w\) > HCO\(_3w\) > CO\(_3w\) > B\(_w\) > Br\(_w\) > FE\(_w\) > Li\(_w\) > Zn\(_w\) > Fe\(_w\) > Si\(_w\) > Mn\(_w\) > P\(_w\) > I\(_w\) (Table 2).

3.1.3. Interactions of Halogens and Tested Variables in Surface Water. Chloride in surface water is significantly related to the drainage water content showing good correlations with T\(_w\) (r = 0.631, p ≤ 0.028) and pH\(_w\) (r = 0.769, p ≤ 0.003) (Supplementary Table 1). The negative moderate relation of F\(_w\) and I\(_w\) (r = 0.606, p ≤ 0.037) may indicate replacement of iodine in pore water by fluoride of the surface water. The moderate relationship between fluoride in surface water and CO\(_3w\) (r = −0.632, p ≤ 0.027) and HCO\(_3w\) (r = 0.593, p ≤ 0.042) may be related to carbonate exchange and the formation of fluoride minerals (CaF\(_2\)) [23].

The correlation matrix reflects that the observed extraordinary levels of B\(_w\) in the surface water samples are most probably due to its exchange with the different sediment components not related to the discharged waters (Supplementary Table 1). This findings is supported by the weak B correlation with Cu\(_w\) (r = −0.587, p ≤ 0.045) and good correlation with F\(_w\) (r = −0.666, p ≤ 0.018) [75, 76]. However, Cu\(_w\) is one of the pollutants that can be exchanged in drainage water. The correlations of Mg\(_w\) and Na\(_w\) (r = 0.629,
Figure 2: Distribution of halogens (Cl, F, Br, and I) in surface water of Lake Mariout, (a) Cl (mg L$^{-1}$), (b) F (mg L$^{-1}$), (c) Br (mg L$^{-1}$), and (d) I (μg L$^{-1}$).
3.2. Distribution of Halogens and Tested Variables in Pore Water

3.2.1. Distribution of Halogens in Pore Water. The average halogen contents in the pore water are higher than their contents in the surface water, but in the same order Lip > Cap > Kp > Pp > Fp > Ip > Sip (Table 3). Current research shows that the lowest and highest average values of %Kw and Clp have been measured in the pore water of site 6 and site 8, respectively. It is worth mentioning that site 6 is a mixed water of El-Qalaa drainage, sewage WWTP treatment plant, and lake water. Interestingly, the high concentrations of fluoride, chloride, bromide, and iodide in the pore water at site 6 are 12.3 mg L\textsuperscript{−1}, 4032.1 mg L\textsuperscript{−1}, 117.39 mg L\textsuperscript{−1}, and 243.39 μg L\textsuperscript{−1}, respectively (Table 3). The salinity and chloride content in the pore water of site 8 are related to the discharge water of many petrochemical and oil companies besides some fish farms.

3.2.2. Distribution of Tested Variables in Pore Water. The tested variables in the pore water (p) give the following descending order: Mg\textsubscript{p} > Na\textsubscript{p} > Ca\textsubscript{p} > SO\textsubscript{aq} > B\textsubscript{p} > K\textsubscript{p} > Br\textsubscript{p} > F\textsubscript{p} > Li\textsubscript{p} > P\textsubscript{p} > I\textsubscript{p} > S\textsubscript{p} (Table 3). Interestingly, the determined variables in the pore water have higher values than the surface water along the lake. According to previous studies, pore water is responsible for biogeochemical reactions, the migration and transformation of partitioned and formed compounds, and the transportation of colloidal species [78, 79]. In addition, pore water can explore the potential risks of man-made pollution sources [80]. The tested variables in the pore water (p) give a different order of surface water of Cl\textsubscript{s} > Mg\textsubscript{s} > Na\textsubscript{s} > Ca\textsubscript{s} > SO\textsubscript{aq} > B\textsubscript{s} > K\textsubscript{s} > Br\textsubscript{s} > F\textsubscript{s} > Li\textsubscript{s} > P\textsubscript{s} > I\textsubscript{s} > S\textsubscript{s} (Tables 2 and 3).

3.2.3. Interactions of Halogens and Tested Variables in Pore Water. The following interactions of halogens CO\textsubscript{aq} & I\textsubscript{p}, F\textsubscript{p} & Na\textsubscript{p} give correlation values (r = 0.706, p ≤ 0.010, r = −0.606, p ≤ 0.037, r = 0.826, p ≤ 0.001, r = −0.704, p ≤ 0.011, and r = 0.670, p ≤ 0.017, respectively) (Supplementary Table 1). However, these relationships may indicate their precipitation and/or adsorption on the colloidal particles besides the formation of some chemical species [78, 79]. Extraordinarily large correlations of Na\textsubscript{p} & HCO\textsubscript{aq}, K\textsubscript{p} & HCO\textsubscript{aq}, S\textsubscript{aq} & B\textsubscript{p}, S\textsubscript{aq} & K\textsubscript{p}, S\textsubscript{aq} & Li\textsubscript{p}, and S\textsubscript{aq} & Cl\textsubscript{p} (r = 0.692, r = −0.609, r = −0.741, 0.696, 0.910, and 1.000) may refer to the release of these elements from sediment particles and/or precipitation or adsorption [77]. In the matrix, the negative correlation between Ca\textsubscript{p} and Mg\textsubscript{p} (r = −0.592, p ≤ 0.042) may be related to the release of Mg during the recrystallization of calcite [79]. The relationship between Ca\textsubscript{p} & SO\textsubscript{aq}, Cu\textsubscript{w} & Ca\textsubscript{p}, P\textsubscript{w} & F\textsubscript{p}, and Na\textsubscript{p} & pH\textsubscript{w} (r = 0.744, p ≤ 0.006; r = 0.719, p ≤ 0.008; r = 0.647, p ≤ 0.023; and r = −0.640, p ≤ 0.025, respectively) may be due to the chemical interactions in the pore fluids and the formation certain compounds.

3.3. Distribution of Halogens and Tested Variables in Sediment

3.3.1. Distribution of Halogens in Sediment. The average halogen’s content in the sediment shows a different order from the surface and pore waters of Br\textsubscript{s} > F\textsubscript{s} > Cl\textsubscript{s} > I\textsubscript{s} (Table 4). The sediment results show that the average bromide content is higher than fluoride, followed by chloride content and iodide with average values of 4.52 mg g\textsuperscript{−1}, 0.40 mg g\textsuperscript{−1}, 0.29 mg g\textsuperscript{−1}, and 4.50 mg g\textsuperscript{−1}, respectively. The fluoride concentration in the sediment ranges from 0.01 to 1.20 mg g\textsuperscript{−1}, with an average value of 0.35 mg g\textsuperscript{−1}. These values are lower than reported marine sediment values and higher than the El-Bardawil Lagoon [60]. Amongst the halogens, the study reveals that Br is the most abundant ion in surface water, pore water, and sediment samples due to the excessive amounts of organic matter [81]. On the contrary, the concentration of CI ions in sediment samples is lower than that in surface water and pore water samples, indicating that it exists in soluble salts. The current results indicate that the sediments collected from the most affected area by the Mediterranean Sea (site 6) contain elevated levels of fluoride (0.70 mg g\textsuperscript{−1}), bromide (8.52 mg g\textsuperscript{−1}), and chloride (0.20 mg g\textsuperscript{−1}) and a reduced amount of iodide (2.09 μg g\textsuperscript{−1}) (Table 4).

3.3.2. Distribution of Tested Variables in Sediment. The average value of test variables in the determined sediment samples shows a significant change from site to site, with a descending order of surface water of CO\textsubscript{aq} > Mg\textsubscript{s} > Na\textsubscript{s} > SO\textsubscript{aq} > B\textsubscript{s} > K\textsubscript{s} > Br\textsubscript{s} > F\textsubscript{s} > Li\textsubscript{s} > P\textsubscript{s} > I\textsubscript{s} > S\textsubscript{s} (Table 4). This study clears out that the percent of sand and mud of the different sediment samples ranges from 4% at sites 1 & 13 to 85% at site 11 and from 15% at site 11 to 96% at sites 1 & 13, respectively, with averages 25% and 75%, respectively. Plus, the porosity % shows a trend opposite to the particle size and varies from 46.76 to 82.14, with an average value of 56.09 ± 11.14. The results of the current study reveal moderate amounts of % CO\textsubscript{3} in the sediment samples fluctuating between 16.39 and 57.36 at sites 6 and 2, respectively. The results of sand, mud, porosity, and CO\textsubscript{3} percentage reflect that the texture of the sediment is mainly composed of mud mixed with carbonate compounds. Comprehensively, the large storage of sediments with carbonate (35.9 ± 12.80%), magnesium...
Table 3: Distribution of the studied variables in the pore water (p) along Lake Mariout.

| Site | $S_{\text{exp}}$ | $pH_{\text{p}}$ | $Ca_{\text{p}}$ (mg L$^{-1}$) | $Mg_{\text{p}}$ (mg L$^{-1}$) | $Na_{\text{p}}$ (mg L$^{-1}$) | $K_{\text{p}}$ (mg L$^{-1}$) | $Li_{\text{p}}$ (mg L$^{-1}$) | $SO_{4\text{p}}$ (mg L$^{-1}$) | $B_{\text{p}}$ (mg L$^{-1}$) | $P_{\text{p}}$ (µg L$^{-1}$) | $Si_{\text{p}}$ (µg L$^{-1}$) | $F_{\text{p}}$ (mg L$^{-1}$) | $Cl_{\text{p}}$ (mg L$^{-1}$) | $Br_{\text{p}}$ (mg L$^{-1}$) | $I_{\text{p}}$ (µg L$^{-1}$) |
|------|------------------|------------------|-------------------------------|-------------------------------|-----------------------------|-----------------------------|-----------------------------|-------------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| 1    | 10.34            | 7.87             | 481                           | 4230.3                        | 1097                        | 45.3                        | 0.42                        | 294.4                         | 80.43                       | 3.63                        | 0.045                       | 3.23                        | 9541.9                      | 9.59                        | 71.04                        |
| 2    | 9.34             | 8.09             | 561.1                         | 11572.5                       | 1050                        | 49.8                        | 0.39                        | 205.6                         | 66.3                        | 5.53                        | 0.036                       | 3.38                        | 8398                        | 13.85                       | 246.98                       |
| 3    | 12.72            | 7.17             | 100                           | 5689                          | 1195                        | 57.7                        | 0.53                        | 277.8                         | 89.49                       | 12.04                       | 0.034                       | 7.54                        | 11446.9                    | 22.91                       | 263.47                       |
| 4    | 8.3              | 7.96             | 961.9                         | 4765.2                        | 974                         | 38.4                        | 0.43                        | 350                           | 193.12                      | 7.7                         | 0.054                       | 2.15                        | 7459.9                      | 6.93                        | 83.93                        |
| 5    | 10.99            | 7.82             | 561.1                         | 8971.1                        | 1128                        | 42                          | 0.41                        | 166.7                         | 167.39                      | 11.12                       | 0.081                       | 16                          | 9886.4                     | 13.32                       | 83.33                        |
| 6    | 4.5              | 7.75             | 400.8                         | 7536.7                        | 736                         | 41                          | 0.24                        | 211.1                         | 117.39                      | 0.71                        | 0.037                       | 12.31                      | 4032.1                      | 7.99                        | 243.39                       |
| 7    | 11.25            | 7.82             | 3927.8                        | 1361.5                        | 1155                        | 51.6                        | 0.56                        | 366.7                         | 60.51                       | 3.69                        | 0.06                        | 6                          | 10120.9                    | 12.79                       | 81.23                        |
| 8    | 14.8             | 7.75             | 929.9                         | 8431.4                        | 1355                        | 46.8                        | 0.55                        | 1244.4                        | 94.2                        | 2.12                        | 0.056                       | 8.92                        | 13323.2                    | 11.72                       | 76.43                        |
| 9    | 6.84             | 7.8              | 96.2                          | 7210.9                        | 880                         | 39.3                        | 0.36                        | 377.8                         | 213.41                      | 1.14                        | 0.087                       | 10                         | 6142.9                     | 21.31                       | 99.81                        |
| 10   | 11.4             | 7.64             | 112.2                         | 11358.6                       | 1195                        | 52.4                        | 0.49                        | 466.7                         | 80.07                       | 0.71                        | 0.041                       | 11.38                      | 10256.2                    | 13.32                       | 85.72                        |
| 11   | 6.39             | 7.42             | 400.8                         | 6199.6                        | 915                         | 33.2                        | 0.33                        | 283.3                         | 115.94                      | 7.54                        | 0.026                       | 12.15                      | 6783.4                     | 7.46                        | 375.87                       |
| 12   | 5                | 7.02             | 481                           | 3841.3                        | 8703                        | 27.4                        | 0.28                        | 216.7                         | 139.13                      | 0.81                        | 0.025                       | 21.54                      | 4483.2                     | 14.38                       | 98.91                        |
| 13   | 7.55             | 8.07             | 320.6                         | 6467                          | 817                         | 44.6                        | 0.39                        | 455.6                         | 172.46                      | 6.35                        | 0.042                       | 9.54                        | 5737                        | 5.33                        | 109.7                        |
| Minimum | 4.5             | 7.02             | 96.2                          | 1361.5                        | 736                         | 27.4                        | 0.24                        | 166.7                         | 60.51                       | 0.71                        | 0.025                       | 2.15                        | 4032.1                     | 5.33                        | 71.04                        |
| Maximum | 14.8            | 8.09             | 3927.8                        | 11572.5                       | 8703                        | 57.7                        | 0.56                        | 1244.4                        | 213.41                      | 12.04                       | 0.087                       | 21.54                      | 13323.2                    | 22.91                       | 375.87                       |
| Average | 9.19            | 7.7              | 718                           | 6741.2                        | 1630.77                     | 43.81                       | 0.41                        | 378.2                         | 122.3                       | 4.85                        | 0.048                       | 9.55                        | 8277.9                     | 12.38                       | 147.68                       |
| SD   | 3.08             | 0.32             | 1002.7                        | 2920.9                        | 2132                        | 8.25                        | 0.1                         | 276.9                         | 50.47                       | 3.91                        | 0.019                       | 5.42                        | 2789.1                     | 5.24                        | 99.17                        |
Table 4: Distribution of the studied variables in the sediment (s) along Lake Mariout.

| Site | Sand (%) | Mud (%) | Porosity (%) | CO3s (% | B (mg g⁻¹) | P (mg g⁻¹) | Ca (mg g⁻¹) | Mg (mg g⁻¹) | Na (mg g⁻¹) | K (mg g⁻¹) | Li (mg g⁻¹) | SO4s (mg g⁻¹) | Fe (mg g⁻¹) | Cu (μg g⁻¹) | Mn (μg g⁻¹) | Zn (μg g⁻¹) | F (mg g⁻¹) | Cl (mg g⁻¹) | Br (mg g⁻¹) | I (μg g⁻¹) |
|------|----------|---------|--------------|---------|------------|------------|-------------|-------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------------|------------|-------------|-------------|-------------|
| 1    | 4        | 96      | 49.15        | 18.3    | 2.99       | 0.44       | 167.0       | 81.1        | 25.83       | 4.08       | 0.028       | 48.61         | 8.28        | 96.3         | 561.7       | 127.2       | 0.34       | 0.41        | 1.28        | 16.86       |
| 2    | 44       | 56      | 49.25        | 57.4    | 1.96       | 0.28       | 100.2       | 141.9       | 27.17       | 2.69       | 0.015       | 66.2          | 2.57        | 79.3         | 435.0       | 131.3       | 0.57       | 0.54        | 1.23        | 3.58        |
| 3    | 19       | 81      | 66.67        | 29.9    | 2.46       | 0.73       | 167.0       | 121.6       | 31.25       | 3.36       | 0.022       | 4.63          | 4.87        | 122.8        | 433.0       | 167.7       | 0.44       | 0.34        | 4.48        | 5.16        |
| 4    | 18       | 82      | 48.53        | 38.13   | 11.11      | 0.32       | 66.8        | 222.9       | 34.25       | 3.65       | 0.094       | 22.22         | 7.70        | 92.2         | 463.7       | 124.5       | 0.30       | 0.20        | 3.09        | 2.96        |
| 5    | 12       | 88      | 46.97        | 48.2    | 6.14       | 0.12       | 50.1        | 111.5       | 18.33       | 0.91       | 0.040       | 17.13         | 2.43        | 60.0         | 279.3       | 122.3       | 0.82       | 0.34        | 2.45        | 2.54        |
| 6    | 5        | 95      | 46.67        | 16.4    | 3.70       | 1.57       | 83.5        | 125.7       | 29.58       | 3.88       | 0.030       | 56.48         | 8.90        | 192.7        | 534.7       | 311.7       | 0.70       | 0.20        | 8.52        | 2.09        |
| 7    | 5        | 95      | 47.62        | 37.5    | 5.24       | 0.24       | 36.7        | 204.7       | 31.33       | 2.56       | 0.102       | 11.57         | 5.46        | 88.3         | 418.5       | 139.3       | 1.20       | 0.20        | 3.41        | 2.59        |
| 8    | 38       | 62      | 61.43        | 45.7    | 6.97       | 0.39       | 66.8        | 162.1       | 35.50       | 3.47       | 0.145       | 41.67         | 5.98        | 73.7         | 415.7       | 141.2       | 0.22       | 0.34        | 1.44        | 12.77       |
| 9    | 18       | 82      | 60.00        | 34.9    | 0.83       | 0.54       | 40.1        | 109.4       | 33.58       | 3.69       | 0.025       | 24.54         | 7.01        | 86.8         | 570.2       | 306.5       | 0.36       | 0.27        | 2.50        | 1.72        |
| 10   | 36       | 64      | 50.70        | 44.1    | 2.96       | 0.02       | 93.5        | 176.3       | 31.17       | 2.46       | 0.045       | 26.85         | 3.69        | 79.0         | 453.3       | 131.5       | 0.12       | 0.47        | 10.12       | 2.24        |
| 11   | 85       | 15      | 70.00        | 32.5    | 2.40       | 0.74       | 96.9        | 225.0       | 35.08       | 3.28       | 0.193       | 13.43         | 10.26       | 73.5         | 389.0       | 107.0       | 0.05       | 0.07        | 5.33        | 1.28        |
| 12   | 37       | 63      | 82.14        | 46.3    | 2.91       | 0.32       | 33.4        | 182.4       | 30.08       | 3.58       | 0.018       | 5.56          | 3.40        | 72.8         | 247.5       | 82.7        | 0.01       | 0.07        | 8.52        | 2.81        |
| 13   | 4        | 96      | 50.00        | 17.7    | 2.11       | 0.54       | 233.8       | 162.1       | 39.25       | 5.99       | 0.068       | 8.33          | 16.87       | 118.7        | 649.2       | 185.3       | 0.04       | 0.27        | 6.39        | 1.94        |

Min: minimum, Max: maximum, and Av: average, SD: standard deviation.
(155.9 ± 45.5 mg g⁻¹), and calcium (95.1 ± 60.3 mg g⁻¹) components may be attributed to the abundance of calcium minerals [4]. However, in general, the average amounts of all variables in sediment samples show marked variations from one site to another with a descending order of CO₃s > Mg > Ca > Na > SO₄ > Fe > Br > B > K > TP > Fe > Cl > Mn > Zn > Cu > Li > I (Table 4). The measured concentrations of Mn, Zn, Cu, and Fe in the sediment samples are still lower than the reported values and also lower than the background levels of crust and the toxicological reference contents of US DOE (U.S. Department of Energy), US EPA (U.S. Environmental Protection Agency), and CEQG (Canadian Environmental Quality Guidelines) [82].

Contrasting the obtained levels for the halogens with those previously reported ones, the present study indicates that surface and pore waters incorporate more considerable amounts of fluoride compared to the formerly reported ones in Lake Edku (Tables 2 and 3) and lower levels in the Mariout area than those measured along the Egyptian Mediterranean Sea coast [27]. Compared with the sediments previously found on the Mediterranean coast of Egypt, the chloride content in the sediments of the Mariout area is lower [83]. Compared with those observed in seawater, the studied surface water and pore water samples have lower bromide content and higher levels than previously reported in Lake Mariout [52, 53]. The concentration of iodide in surface water, pore water, and sediments is equivalent to the concentration of rivers and lakes in the world [84].

3.3.3. Interactions of Halogens and Tested Variables in Sediment. The correlation matrix shows the important role of halogens in the formation and precipitation/dissolution of salts and minerals produced along the lake (Supplementary Table 1). However, it shows that chloride seems to be in the soluble forms along the surface and pore waters of studied area showing good relations with Caₐ (r = 0.666, p < 0.018), Clₐ (r = 0.677, p < 0.016), and SO₄ (r = 0.858, p < 0.000). Also, Clₐ gives good correlations with Mgₐ (r = 0.710, p < 0.010), Naₐ (r = 0.602, p < 0.038), Clₐ (r = 0.619, p < 0.032), Mgₐ (r = 0.774, p < 0.003), and Kₐ (r = 0.731, p < 0.007). Chloride in the surface and pore waters plays an important role in the dissolution, association, and formation of various salts along the lake. The good relationship between I and Caₐ (r = 0.666, p < 0.018) may reflect the deposition/release of Ca⁺ during the formation/dissolution of calcium carbonate [85]. In addition, these correlations may be related to organic-I which formed by bacterial species and their remineralization in bottom sediments [86]. The moderate relationship between Naₐ and Brₐ (r = -0.622, p < 0.031) may indicate the possible formation of BrCl species and the precipitation or adsorption of Na minerals in sediments [87]. The results of this study also reflect the strong negative correlation between F and Brₐ (r = 0.666, p < 0.018) which may be related to the release of fluoride from sediment and the formation of soluble fluoride complexes ([BF₄]⁻) with the excessive boron concentration in the water [88]. The negative relation between Kₐ and S% (r = -0.673, p < 0.016) possibly reflect that Kₐ preferentially chooses to exist in the soluble form of KCl, rather than being adsorbed and/or bound by some rich minerals in the sediment.

The significant correlations between CO₃s and Mgₐ (r = 0.637, p < 0.026), CO₃s and Clₐ (r = 0.723, p < 0.008), CO₃s and pHₐ (r = 0.833, p < 0.001), CO₃s and S% (r = 0.723, p < 0.008), and between CO₃s and Kₐ (r = -0.673, p < 0.016) may be accompanied by the possible formation/dissolution of the dolomite mineral in the presence of sufficient Mg, which is usually affected by optimal pH, salinity, and the potassium salts (Supplementary Table 1). These observed results are matching with the previously reported studies [32]. Significant negative correlation between TP and CO₃s (r = -0.744, p < 0.006) may indicate the extended release of P from carbonate minerals and formation of apatites [32].

The correlation matrix also refers to other possible interactions between the remaining determined variables (Supplementary Table 1). The significant correlation between SO₄ and Mgₐ (r = 0.706, p < 0.010) and Liₐ (r = 0.633, p < 0.027) may be associated to the formation of Mg-sulfate and the pollution of sediments by discharged waters containing excessive sulfate and Li [89]. In the contrary, the strong positive correlation between TP and Cuₐ in between TPs and Znₐ may be related to the same source of polluted discharge water [23, 83].

The high negative correlations of Znₐ with Feₐ (r = -0.785, p < 0.003), CO₃s (r = -0.601, p < 0.039), and Cuₐ (r = 0.698, p < 0.012) may indicate that Zn, Cu, and CO₃ depositions in sediment samples are linked to the soluble Fe form in water (ferrous), i.e., the release of Fe upwards in the water column in the anoxic conditions (Supplementary Table 1) [90]. The excellent relations found between Feₐ and CO₃s (r = -0.799, p < 0.002), Feₐ and Caₐ (r = 0.637, p < 0.026), Feₐ and Clₐ (r = -0.752, p < 0.005), Feₐ and Naₐ (r = 0.720, p < 0.008), and between Feₐ and Kₐ (r = 0.833, p < 0.001) may reflect the dissolution of the chelating Fe association with the soluble organic compounds in the water-sediment interface, and the formation of the soluble ferrous form in low dissolved oxygen within the areas affected by untreated discharged waters [90]. The strong correlations of Mnₐ with SO₄, Naₐ, Naₐ, Kₐ, CO₃, Znₐ, and Feₐ (r = -0.585, 0.608, 0.611, 0.698, -0.655, 0.691, and 0.716, respectively) may associate with the solubility of abundant Mn minerals and P-Mn forms in the sediment because of its possible reduction to Mn⁺ favors soluble species under anoxic conditions [90]. It is worth mentioning that the results of this study indicate that approximately 33.3% of the survey sites indicate the depletion of dissolved oxygen in their surface water samples. Under such anoxic conditions, bacteria are most likely to use sulfate instead of oxygen to break down organic matter and cause the release of iron and phosphorus into the water column.

The significant direct correlation between Kₐ and Naₐ (r = 0.832, p < 0.001) clearly reflects the transport of soluble salts of K and Na between the pore water phase of the sediment and water-sediment surface phase (Supplementary Table 1). The good correlation between porosity and Naₐ
indicates the possible transfer of Na between pore water and sediment partitions.

3.4. Interactions of Precipitated Halogenated Compounds in Surface and Pore Waters. The Saturation Index (SI) [23, 60] of twenty-three and fifteen structures in surface water and pore water samples, respectively, are listed (Table 1). The correlation matrix of the calculated Saturation Indices with the presented data shows the different factors affecting the interaction of the halogenated compound with other precipitated salts and minerals. Table 1 explores the precipitation of the phosphate minerals, and the pH values of surface water is related to NaCl. Fluctuations of Na between pore water and sediment, by utilizing Palmer’s method and piper ternary diagrams of surface water and pore waters samples. However, NaCl is the most abundant in pore water. Coincidently, Palmer’s method also reflects that NaCl (57.4%) is the most existent species in surface water, followed by MgCl2 (30.4%), CaCl2 (7.1%), CaSO4 (2.9%), Ca(HCO3)2 (1.4%), and KCl (1.2%) (Figure 3). At the same time, MgCl2 (76.0%) is the most present species in pore water, followed by NaCl (7.3%) = Mg(HCO3)2 (7.3%), Ca(HCO3)2 (5.2%), and MgSO4 (3.1%) (Figure 4).

3.5. Interactions of Dissolved Halogenated Compounds in Surface and Pore Waters. The utilization of dissolved salts in surface and pore waters, by utilizing Palmer’s method also reflects that NaCl (57.4%) is the most existent species in surface water, followed by MgCl2 (30.4%), CaCl2 (7.1%), CaSO4 (2.9%), Ca(HCO3)2 (1.4%), and KCl (1.2%) (Figure 3). At the same time, MgCl2 (76.0%) is the most present species in pore water, followed by NaCl (7.3%) = Mg(HCO3)2 (7.3%), Ca(HCO3)2 (5.2%), and MgSO4 (3.1%) (Figure 4).

3.6. Multivariate Analysis

3.6.1. Principal Component (PCA). By applying Varimax rotation and Kaiser normalization to 98 variables in the PCA for halogens and tested variables and calculated parameter values, 7 extracted PCs with eigenvalues higher than 1 are obtained. However, it is important that the eigenvalue must be greater than 1. Its seven PCs explain 85.58% of the total variance. The first principle component (PC1) is 14.73% of the total variance and shows positive coefficient factor loadings for CO3w, TDSw, Kp, calcite, aragonite, dolomite, FeCO3, MgCO3, ZnCO3, and ZnCO3.H2O (0.804, 0.547, 0.532, 0.938, 0.938, 0.947, 0.741, 0.940, 0.866, and 0.866, respectively). In addition, it provides negative factor loadings for HCO3w, pHw, Brw, Na+, and CO3 (−0.782, −0.610, −0.595, −0.532, and −0.572, respectively). PC1 is related to the factors affecting the carbonate compounds that may be formed in the area under consideration.

PC2 accounts to 14.58% of the total variance and also shows positive and negative coefficient factor loadings representing the different interactions between the Ca+, Mg2+, Li+, SO4, Mg2+, Na+, pHw, Cl−, SO4, Br−, and porosity% in water, pore water, and sediment that are responsible for the composition of sulfate, magnesium, and phosphate precipitates besides the effect of the discharged waters on water-pore water-sediment components’ cycles. PC3 typically shows 13.77% of the total variance with positive and negative loadings which can properly explore the effect of the principal sources of local pollution on the dissolving of heavy metals, B, and P from sediment into the water column and the probable formation of Fe(OH)2, Fe(OH)3, and FePO4.
Similarly, the coefficient factor loadings of PC4 with 13.55% are related to the influence of the polluted discharge water and sediment texture on the formation of F, Cl, and I salt, besides the precipitation of halogenated compounds (FeF2, Mn(IO3)2, KIO4, and KClO4) besides their minerals (CaF2, MgF2, FAP, and CFAP).

Simultaneously, PC5 gives 10.92% of the total variance with positive and negative loadings which explains the relations between the physicochemical limits of the surface water, pore water, and sediment components, and the precipitation of minerals and salts (OCP, HAP, CuBr, Zn(OH)2, and Zn(IO3)2.2H2O). This is also associated to the influence of the sedimentary material on the release of Mn, Fe, and P from sediment into pore water and water column and formation of Ca3(PO4)2, OCP, and HAP minerals.

However, PC6 associates with 10.0% of the total variance giving positive and negative coefficient factor loadings, which explain that the sediments (minerals and/or organic-iodine compounds) are only the acting sink for iodine and iodine species (I− and IO3−) in the water as previously reported [84]. PC6 also reflects the precipitation of several halogenated compounds such as calcium iodate (Ca(IO3)2 and Ca(IO3)2.6H2O) and copper iodate (CuI and CuIO3.H2O), besides Cu3(PO4)2 species in the lake water column.

The loadings of PC7 contribute by 8.04% and show that the release of calcium in pore water into the water column is responsible for the precipitation of halogenated compounds (CuCl and Zn(IO3)2.2H2O), as well as copper and Zn salts (Cu3(PO4)2, and Zn(OH)2).

3.6.2. Cluster Analysis. On the other hand, cluster analysis shows that the similarity of sites 1&4, 5&8, 6&9, 2&10, and 11&13 is due to the texture of sediment.

3.6.3. Multiple Regression. Multiple regression equations of halogens as dependent variables and the other determined and calculated parameters as independent variables in surface water, pore water, and sediment partitions are listed (Table 5). The amount of fluoride in water samples is affected by the discharged waters’ fundamental components, especially Zn and Cu, besides its surface water-pore water interactions. Its content in pore water seems to be strongly affected by its substitution competition with other halogens in surface water-spore water-sediment cycle due to its high electronegativity. Generally, in the affected area, the type of pollutant in the discharged water plays an important role in the dissolution and/or precipitation of fluoride and other halogens in the surface water-pore water-sediment cycle.
Table 5: The multiple regression analyses of each halogen as dependent variable and other tested variables in the surface water, pore water, and sediment partitions, besides the precipitated salts in surface water along Lake Mariout.

| Dependent variable | Multiple regression equation | $R^2$ |
|--------------------|------------------------------|-------|
| Fluoride           |                              |       |
| Lake water         | $F_W = 31.62 + 0.92 \text{ Zn} + 0.33 \text{ Si}_p + 0.21 \text{ Cu} - 0.17 \%_p$ | 0.9911 |
| Pore water         | $F_p = -25.67 - 1.17 \text{ Si}_w - 0.33 \text{ Li}_p - 0.62 \text{ CuCl} - 0.28 \text{ I}_s + 0.23 \text{ TDS}_w + 0.17 \text{ KIO}_4 - 0.12 \text{ Br}_W - 0.04$ | 1.0000 |
| Sediment           | $F_S = 0.88 \text{ CAP} - 0.49 \text{ Mg}_S - 0.46 \text{ DO}_W + 0.39 \text{ Mg}_W + 0.27 \text{ Mn(OI)}_3_2 + 0.15 \text{ Ca}_3(\text{PO}_4)_2 + 0.04 \text{ HAP} + 0.02 \text{ pH}_p$ | 1.0000 |
| Chloride           |                              |       |
| Lake water         | No relation                  | 0.0000 |
| Pore water         | No relation                  | 0.0000 |
| Sediment           | $\text{Cl}_S = -1.16 + 0.46 \text{ Mg}_S + 0.77 \text{ K}_p - 0.49 \text{ dolomite} + 0.17 \text{ TDS}_W - 0.11 \text{ Cu} + 0.05 \text{ Na}_S + 0.02 \text{ B}_S + 0.01 \text{ FeF}_2$ | 1.0000 |
| Bromide            |                              |       |
| Lake water         | $\text{Br}_W = 156.3 + 1.10 \text{ CuBr} - 0.57 \text{ CuCl} - 0.21 \text{ K}_S - 0.14 \text{ pH}_p - 0.11 \text{ TP}_S + 0.14 \text{ FeW} + 0.07 \text{ ZnS} - 0.02 \text{ P}_p + 0.01 \text{ turbidity}$ | 1.0000 |
| Pore water         | $\text{Br}_p = -15.16 - 0.55 \text{ Fe}_S - 0.73 \text{ B}_S + 0.61 \text{ Mn}_W + 0.83 \text{ Si}_p + 0.49 \text{ Na}_S - 0.31 \text{ Mn}_S - 0.15 \text{ CuBr} + 0.11 \text{ pH}_W - 0.01$ | 1.0000 |
| Sediment           | $\text{Br}_S = 0.15 \text{ Si}_p + 1.95 \text{ CFAP} + 0.02 \text{ F}_p - 0.45 \text{ I}_S + 1.92 \text{ sand%} + 0.37 \text{ Mn}_W - 0.29 \text{ Mg}_S - 0.12 \text{ Li}_p + 0.05 \text{ Ca}_3(\text{PO}_4)_2 - 0.02 \text{ ZnF}_2$ | 1.0000 |
| Iodide             |                              |       |
| Lake water         | $I_W = 0.99 \text{ Ca(IO}_3)_2.6\text{H}_2\text{O}$ | 0.9999 |
| Pore water         | $I_p = -0.97 \text{ ZnF}_2 - 0.57 \text{ Li}_3\text{PO}_4 - 0.53 \text{ B}_p + 0.34 \text{ FAP} + 0.15 \text{ Ca(IO}_3)_2 + \text{ Mn}_W + 0.05 \text{ K}_S - 0.09 \text{ turbidity} + 0.55 \text{ Ca}_S$ | 0.9999 |
| Sediment           | $I_S = -0.72 + 1.35 \text{ SO}_4p + 0.23 \text{ Mn(OI)}_3_2 + 0.63 \text{ FeW} + 0.31 \text{ TP}_S - 0.35 \text{ Mg}_p - 0.12 \text{ Zn(CO}_3)_2.2\text{H}_2\text{O}$ | 0.9993 |

Figure 5: Hazard quotient of ingestion and dermal contact of surface water and sediment of Lake Mariout: (a) ingestion of water, (b) dermal contact of water, (c) ingestion of sediment, and (d) dermal contact of sediment.
Minerals and precipitated salts in the different partitions (surface water, pore water, and sediment) play an important role in the deposition and release of halogens in sediments. Additionally, the texture and the porosity of the sediments play a key role in the distribution of halogens in the three partitions. Interestingly, chloride is the only halogen that has negligible interactions along the surface water and pore water partitions, because it is present in large quantities in the form of soluble salts (NaCl and MgCl₂).

3.7. Pollution Status

3.7.1. Enrichment Factor (EF). Two well-known methods are used to assess environmental pollution, public health significance of ingestion, and dermal contact with water and sediment components, and sediment enrichment factor (EF) [59, 60].

The average EF values of the determined elements Ca, Mg, Na, K, Li, B, P, Cu, Zn, Mn, Fe, C, Cl, Br, and I are all lower than the value that is less than the minimum enrichment value (EF < 2). Thus, the area under investigation is still ecologically considered as an unpolluted region.

3.7.2. Human Health Risk Assessment. The EDI, HQ, and HI show the variable values of all pollutants in the surface water and sediments along the lake region and in drains (sites 11–13) under study. Among all the calculated variables of surface water ingestion (EDIIngw) and dermal contact (EDI_Dermw), Cl is still the only variable that shows high levels (average = 155.1 and 4.3 mg kg⁻¹ day⁻¹, respectively). The estimation daily intake of sediment ingestion (EDIIngw) and dermal contact (EDI_Dermw) of Mg, Ca, and Na give maximum average amounts of 8.4E−02, 5.13E−02, and 1.67E−03 mg kg⁻¹ day⁻¹, respectively.

Among the HQ of the calculated detection variables, the content of HQ Na of ingestion and dermal contact with water and sediment is the highest. However, 70% of sites have HQ Na values more than 10 (Figure 5). Comparing the HQ values of all the determined variables, HQ Na of the ingestion of surface water shows values higher (>10). However, due to the impact of drainage, the HQ Na values of stations 1–4, 8–10, 12, and 13 are higher than 10. Therefore, these sites can be considered as the area with the most serious boron pollution caused by untreated discharged water disposal. In addition, the HI Ingw level of water ingestion for the studied variables in all sites is much higher than 10 (Figure 6). Except for boron, it is usually concluded that the study area does not pose any risk to the population due to halogens or other variables. Accordingly, this information may help the official authorities optimize management plans and strengthen their pollution control actions in Lake Mariout.

4. Conclusions

The effects of halogen salts and minerals on the pollution of Lake Mariout were studied. Halogens and some physicochemical variables in three partitions: surface water, pore water, and sediment in Lake Mariout were evaluated. The halogen content was variable between different sites, and chloride was the main halogen in surface water and pore water, but it was very rare in the lake’s sediment partition. Piper ternary diagram, and Palmer’s method reflected that NaCl was the dominant salt in surface water, while MgCl₂ was the main dissolve salt in pore water. The chlorinity ratios of halogens and tested variables were directly matched to the feeding drain sources.

Moreover, the Saturation Index (SI) reveals that 23 and 15 precipitated salts and minerals are formed in surface water and pore water, respectively. The SI value indicated the formation of phosphate minerals in surface water and pore water, especially octacalcium phosphate (OCP; Ca₉H₁₀(OPO₄)₂·2.5H₂O) and hydroxyapatite (HAP; Ca₁₀(PO₄)₆(OH)₂). In addition to fluoride minerals, especially fluorapatite (FAP) and carbonate-fluorapatite (CFAP) were obviously precipitated from surface water and pore water. Soluble salts of bromide and chloride were formed in surface water and pore water. Iodide salts (Ca(IO₃)₂ and Ca(IO₃)₆·6H₂O) were moderately precipitated in the surface water and pore water.

Moreover, the multivariate analysis including the correlation matrix, multiple stepwise linear regression, tree clustering, and principle component (PCA) of all the determined and calculated variables was applied to estimate the proposed interaction between halogens and other tested variables.
variables in the polluted area under study. The multivariate analysis showed that there were many interactions between halogens and tested variables. High levels of fluoride, bromide, and chloride in surface water were related to the composition of drainage waters. The enrichment factor (EF) showed that Lake Mariout was not polluted. However, the human health adverse effects calculated for surface water and sediment did not reflect any possible likelihood hazard effects from halogens.

Interestingly, the current study concluded that halogen compounds, especially fluorides, are most likely to be deposited from surface lakes in the form of many minerals and precipitation, thereby reducing the adverse pollution effects on human health. The results obtained through this work help to find the correlations between the sampling sites and the variables obtained by physical and chemical measurements, which can be used to construct a fast decision model for separating different water quality samples. This information may help the officials optimize management plans and strengthen their pollution control measures in Lake Mariout.

Data Availability

The data used to support the findings of this research are included within the paper.

Conflicts of Interest

The authors declare that there are no conflicts of interest regarding the publication of this manuscript.

Supplementary Materials

Supplementary Table 1: correlation matrix of variable in surface water, pore water, and sediment partitions besides the precipitated salts in surface water along Lake Mariout. (Supplementary Materials)

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