Cardiopulmonary Bypass Ischemic Hepatitis Reported in Five Patients

Telma A. Damasceno¹, MD; Adilson Scorzon Filho¹, MD; Fernando Chahud¹, MD, PhD; Alfredo José Rodrigues¹, MD, PhD; Walter Vilella de Andrade Vicente¹, MD, PhD; Paulo Roberto Barbosa Evora¹, MD, PhD

Abstract

Objective: In cardiac surgery, the lung, renal and neurological events are the most frequent complications. Less common, acute liver failure is a serious complication that adds high morbidity, mortality, and costs. Therefore, this communication aimed to retrospectively evaluate five patients who presented, in 2014, severe acute liver failure in the immediate postoperative period.

Methods: Retrospective data analysis of patients’ medical records that showed severe liver failure has been computed in the medical records of five patients undergoing cardiac surgery at the Hospital da Faculdade de Medicina de Ribeirão Preto – USP in the immediate postoperative period from February 1, 2014 to December 12, 2014. The study selected five males patients, 60 to 67 years old, cardiopulmonary bypass mean time of 101.4 minutes (varying from 80 to 140 minutes), who presented acute perioperative liver failure.

Results: The five patients showed an impressive increase of blood transaminase (serum alanine aminotransferase), suggesting acute hepatitis. The evolution of all patients was catastrophic, with severe hemodynamic effects and death. Many studies suggest that systemic hypotension is an important pathogenic factor for ischemic hepatitis. However, our data and previous studies raise the possibility that other yet unknown factors other than hypotension may be part of the pathophysiology of cardiopulmonary bypass after ischemic hepatitis (anticoagulation inadequate for the quality of heparin and protamine, etc.).

Conclusion: Currently, there are no conclusive studies on the prevention of perioperative liver failure. More well-designed studies are needed on the introduction and evolution of liver dysfunction after cardiac surgery.

Keywords: Cardiopulmonary Bypass. Liver Failure. Hepatitis.

INTRODUCTION

Cardiopulmonary bypass (CPB) is closely related to the progress of cardiac surgery in complexity. However, it is well known that the postoperative complications are directly related to the preoperative patients comorbidities and prolonged CPB time. The most common ones are lung, kidney, and neurological complications. The less common one, acute liver failure, is a serious complication that adds high morbidity, mortality, and costs. Instead ischemic hepatitis, some authors prefer to use an unspecific nomenclature suggesting and adopting severe ischemic early (first 48 hours) liver injury (SIELI) after cardiac surgery is considered a rare postoperative complication with a limited mention in the literature. As ischemic hepatitis is considered of low incidence, the study rationale included the intriguing observation of five cases in a short time interval (ten months). Therefore, the aim of this investigation was to identify patients with liver failure, classified as ischemic hepatitis, in the immediate postoperative period when undergoing cardiac surgery.

PATIENTS

The Institutional Ethics Committee waived the need for informed consent for this anonymous retrospective chart analysis. The study included a cohort of five males patients,
with ages ranging 60-67 years, with CPB time varying from 80 to 140 minutes (mean time of 101.4 minutes) (Table 1), who showed acute liver failure after CPB. For the purpose of this study, SIELI was defined as an acute increase in serum alanine aminotransferase levels to more than 500 IU/L within 48 hours of surgery. In all patients, induction and maintenance of anesthesia were performed according to the standard protocol, using midazolam, sufentanil, and vecuronium. Only one patient received inhaled sevoflurane, and other drugs are presented in Table 2. CPB was maintained according to an alpha-stat protocol. In blood gas management, the arterial pH was maintained at 7.4, and the arterial PCO$_2$ was regulated from 35 to 40 mmHg. Total CPB mean flow was 3.77 L/min/m$^2$ (0.8 to 5.7 L/min/m$^2$) and mean arterial pressure during bypass was kept at greater than 70 mmHg with the use of norepinephrine if necessary. Minimal core body temperature was 33°C.

All five patients presented an impressive increase of blood transaminase, respectively: 1022; 2027; 3624; 7359 and 2583 U (3383±2444.5 U), suggesting acute hepatitis. A post-mortem histological examination revealed centrilobular liver necrosis that is commonly misdiagnosed as ischemic hepatitis (Figure 1). Survival time in Intensive Care Unit was on average 5.4 days after surgery, ranging from 2 to 13 days. The evolution of all patients was catastrophic, with severe hemodynamic effects, multiple organ failures, and death (Table 3).

**DISCUSSION**

The hepatic integrity is affected during cardiac surgery in particular when CPB is adopted[4-7]. The recent review performed by Di Tomaso et al.[8] summarized the primary data about the severe liver dysfunction after CPB that can occur in high-risk patients with a reduced physiological reserve. Pre-operative risk factors are right-side heart failure, moderate-to-severe tricuspid regurgitation, pulmonary hypertension (systolic pulmonary pressure above 45 mmHg), high preload (central venous pressure (CVP) above 8 mmHg), chronic heart failure, New York Heart Association (NYHA) class II-IV and low ejection fraction[8] are at a higher risk to develop liver dysfunction after CPB. Interestingly, as reported by Van Deursen et al.[9], in 323 patients with heart failure, the hemodynamic profile can affect the liver function tests (LFTs). In fact, elevated LFTs mainly indicate a higher CVP, whereas only the presence of elevated aspartate aminotransferase, alanine aminotransferase or direct bilirubinemia may indicate a low cardiac index (CI)[9].

Ischemic hepatitis can be found after a period of relatively profound hypotension and hemodynamic instability, and it is often associated with left ventricular dysfunction. The reduction in the hepatic blood flow leads to a consequent hypoxia/anoxia of hepatocytes histologically characterized by the centrilobular necrosis of zone 3 hepatocytes. Biochemical markers of ischemic hepatitis are an increase in serum aspartate transaminase and alanine aminotransferase levels, rising to more than 500 IU/L. The liver histology reveals centrilobular necrosis characterized by dropout of hepatocytes with eosinophilic degeneration and contraction of the cytoplasm (Figure 1).

**Table 1.** Demographic and surgery data.

| Name | Age | Gender | Ejection Fraction | Surgery Date | Surgery | CPB time (min) | Anoxia time (min) |
|------|-----|--------|------------------|--------------|---------|----------------|------------------|
| JTR  | 66  | M      | 62%              | 12/17/2014   | CABG    | 102            | 87               |
| JG   | 67  | M      | 23%              | 06/24/2014   | CABG    | 95             | 49               |
| SSR  | 63  | M      | 45%              | 07/17/2014   | MiVP    | 140            | 101              |
| AGN  | 60  | M      | 50%              | 02/13/2014   | AoVP    | 90             | 65               |
| AAB  | 60  | M      | 33%              | 07/15/2014   | AoVP    | 80             | 60               |

CPB=cardiopulmonary bypass; CABG=coronary artery bypass graft; MiVP=mitral valve prosthesis; AoVP=aortic valve prosthesis

---

**Fig. 1** – A – several hepatocellular foci of necrosis (arrows) and steatosis predominantly surrounding centrallobular veins; B – details of hepatocellular necrosis and steatosis (arrows) with many anucleated hepatocytes presenting eosinophilic, degenerating cytoplasms; C – interface between viable hepatocytes (on the left) and necrotic cells (on the right). The anucleated necrotic hepatocytes show contracted cytoplasms (arrows); D – interface between viable hepatocytes (on the right) and necrotic cells (on the left). The anucleated necrotic hepatocytes show contracted cytoplasms (arrows).
our data and previous studies raise the possibility that other as yet unknown factors other than hypotension may be part of the pathophysiology of CPB after ischemic hepatitis. Reinforcing this hypothesis, it is important to note that the occurrence of the cases occurred in a short time (some pathogen inoculation? Anesthesia drugs? Inadequate anticoagulation due to the quality of heparin and protamine, etc). Sufentanil was used in all patients, but the pharmacokinetics of phenylpiperidine opioids such as fentanyl, sufentanil, and remifentanil appear to be unaffected by hepatic disease [11].

Halogenated inhalational anesthetics are associated with liver injury. Halothane, enflurane, isoflurane, and desflurane are metabolized through the metabolic pathway involving cytochrome P-450 2E1 (CYP2E1) and produce trifluoroacetate components; some of which may be immunogenic. The severity of hepatotoxicity is associated with the degree by which they undergo hepatic metabolism by this cytochrome. However, liver toxicity is highly unlikely from sevoflurane as is not metabolized to trifluoroacetyl compounds. Only one patient received inhalational sevoflurane. Although anesthesia-induced hepatitis is not a common occurrence, we must consider the association between this disorder and the use of halogenated anesthetics [12].

Hepatotoxic complications of long-term oral amiodarone therapy have been well described; however, liver injury secondary to a parenteral infusion of amiodarone is uncommon,
potentially fatal, and poorly understood. The hepatotoxicity is thought to result from the diluent polysorbate 80 and not the amiodarone itself. Theories suggest an allergic or immunologic response leading to alterations in the hepatocellular membrane while some propose that ischemia, not a drug reaction, is true to blame. The patients under mitral valve surgery used chronically preoperative amiodarone, which can induce severe acute hepatitis. However, there is sufficient evidence to support amiodarone-induced acute hepatotoxicity as a unique entity separate from ischemic hepatitis[13].

Currently, there are no conclusive studies on the prevention of perioperative liver failure. More well-designed studies on the presentation and evolution of liver dysfunction after cardiac surgery are needed. However, on the balance of probability, based on wide literature search, it is more likely that this hepatic failure is related to some intraoperative event rather than to drugs including the volatile anesthetics. The possible connection among the hepatic failure herein described and the drugs administered during this patient’s anesthesia, and CPB should be merely coincidental. Also, based on literature data, the systemic hypotension or shock alone did not lead to ischemic hepatitis in any patient. However, the great majority of patients with ischemic hepatitis had passive liver congestion, suggesting that right-sided heart failure, with resultant hepatic venous congestion, may predispose the liver to hepatic injury induced by a hypotensive event.

**Study Limitation**

The article category limits the text in 1500 words. For this reason, we opted for a more detailed data presentation as tables to better characterization of the patients. Some of these results are not displayed as text, or even discussed, and the reader should report a careful observation of the contents from tables.

**Authors’ roles & responsibilities**

| TAD | Conception and design study; analysis and/or data interpretation; manuscript writing or critical review of its content; final manuscript approval |
| ASF | Realization of operations and/or trials; final manuscript approval |
| FC | Analysis and/or data interpretation; final manuscript approval |
| AJR | Realization of operations and/or trials; final manuscript approval |
| WVAV | Final manuscript approval |
| PRBE | Conception and design study; analysis and/or data interpretation; manuscript writing or critical review of its content; final manuscript approval |

**REFERENCES**

1. Hessel EA 2nd. Abdominal organ injury after cardiac surgery. Semin Cardiothorac Vasc Anesth. 2004;8(3):243-63.
2. Michalopoulos A, Alivizatos P, Geroulanos S. Hepatic dysfunction following cardiac surgery: determinants and consequences. Hepatogastroenterology. 1997;44(15):779-83.
3. Raman JS, Kochi K, Morimatsu H, Buxton B, Bellomo R. Severe ischemic early liver injury after cardiac surgery. Ann Thorac Surg. 2002;74(5):1601-6.
4. Ascione R, Talpahewa S, Rajakaruna C, Reeves BC, Lovell AT, Cohen A, et al. Splanchnic organ injury during coronary surgery with or without cardiopulmonary bypass: a randomized, controlled trial. Ann Thorac Surg. 2006;81(1):97-103.
5. Raja SG, Haider Z, Ahmad M. Predictors of gastrointestinal complications after conventional and beating heart coronary surgery. Surgeon. 2003;1(4):221-8.
6. Yamada Y, Ochiai R, Takeda J, Kikuchi H, Ishibashi M, Watanabe K. Off-pump coronary artery bypass attenuates transient hepatocellular damage after myocardial revascularization. J Cardiothorac Vasc Anesth. 2005;19(5):603-7.
7. Shahbazi S, Panah A, Sahmeiddini MA. Evaluation of factors influencing liver function test in on-pump coronary artery bypass graft surgery. Iran J Med Sci. 2013;38(4):308-13.
8. Di Tomasso N, Monaco F, Landoni G. Hepatic and renal effects of cardiopulmonary bypass. Best Pract Res Clin Anaesthesiol. 2015;29(2):151-61.
9. van Deursen VM, Damman K, Hillege HL, van Beek AP, van Veldhuisen DJ, Voors AA. Abnormal liver function in relation to hemodynamic profile in heart failure patients. J Card Fail. 2010;16(1):84-90.
10. Eipel C, Abshagen K, Vollmar B. Regulation of hepatic blood flow: the hepatic arterial buffer response revisited. World J Gastroenterol. 2010;16(48):6046-57.
11. Bosilkovska M, Walder B, Besson M, Daali Y, Desmeules J. Analgesics in patients with hepatic impairment: pharmacology and clinical implications. Drugs. 2012;72(12):1645-69.
12. Safari S, Motavaf M, Seyed Siandoust SA, Alavian SM. Hepatotoxicity of halogenated inhalational anesthetics. Iran Red Crescent Med J. 2014;16(9):e20153.
13. Stratton A, Fenderson J, Kenny P, Helman DL. Severe acute hepatitis following intravenous amiodarone: a case report and review of the literature. Acta Gastroenterol Belg. 2015;78(2):233-9.