| Arzt | Patient | Arzt | Patient |
|------|---------|------|---------|
| Wer bist du wirklich? | Keine Sorge, ich behandle unsere Gespräche stets dir und | Ich zeige dir auf, | Emotional Talk_P ar tner ship [Low] |
| | | | Emotional Talk Reassur anc e / Optimism [L ow] |
| | Ich bin ein Roboter… Ein sogenannter "Chatbot", weil | Ich bin Robo, dein Gesundheitsbegleiter für die | Emotional Talk_P ar tner ship [High] |
| | ich mit dir hin und her schreiben ("chatten") kann. | | Emotional Talk_P ar tner ship [L ow] |
| | | | Emotional Talk_P ar tner ship [High] |
| | | | Emotional Talk_Reassur anc e / Optimism [L ow] |
| | | | Emotional Talk_Reassur anc e / Optimism [High] |
| | | | Emotional Talk Reassur anc e / Optimism [L ow] |
| | | | Emotional Talk Reassur anc e / Optimism [High] |
| | | | Emotional Talk_Reassur anc e / Optimism [High] |
| | | | Emotional Talk_Reassur anc e / Optimism [L ow] |
| | | | Emotional Talk_Reassur anc e / Optimism [High] |
| | | | Emotional Talk_Reassur anc e / Optimism [L ow] |
| Hörst du dich in der Regel an den dir vorgegebenen | Du kannst mir | Gibt es bereits Übungen, die du machst und die dir Spass | Emotional Talk_P ar tner ship [High] |
| Übungsplan vom Uni Spital? | | verbessern. | Emotional Talk_P ar tner ship [Low] |
| | | | Emotional Talk_P ar tner ship [High] |
| | | | Emotional Talk_P ar tner ship [L ow] |
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| | | | Emotional Talk_P ar tner ship [High] |
Dafür erkläre ich dir zuerst (A) Das Problem kommt mir bekannt vor.
Ja, das macht Sinn. (B) Weisst du auch das Folgende?
Ja, ok. (B) Das wusste ich schon.
Aber zunächst wieder eine kurze Quizfrage.
(A) Richtig.

Emotional Talk_Empathy   [High]
Deshalb bin ich hier. Emotional Talk_Empathy   [Low]

(A) Klar! (A) Klar!

sicherlich richtig beantworten. Ich habe vollstes Vertrauen
schädlich und einer der schlimmsten Schadstoffe, der
COPD verursachen
(A) Richtig! Zigaretten sind super schädlich und einer
langsamt oder  sogar  gelähmt.
Selbstreinigungsmechanismus der Atemwege

Durch Zigarettenrauch wird der
Bronchien, festgestellt werden.
Mit einem Lungenfunktionstest kann eine chronische
Deine Atmung kann pfeifend werden.
bei alltäglichen Ver r ic htungen, ausser  Atem kommst.
Später verstopfen die Bronchien und verengen sich,
(A) Es geht aber noch weiter.

Wenn du täglich Sekret produzierst, hast du eine
musst häufiger husten.
Sekret sammelt sich in den Bronchien an, und du
zahlreiche weitere Schadstoffe in der Luft, die unsere
Neben Tabakrauch gibt es allerdings auch noch
(C) Deine Lunge wird es dir danken!

(B) Gar  kein P r oblem! (B) Gar  kein P r oblem!

Deine Lunge wird es dir danken!

Ich verstehe und nun?

(A) Falsch. (B) Falsch.

Die Aussage stimmte
(A) Das ist gar nicht gut. Du solltest wirklich damit
aufhören möchte ich trotzdem nicht.
(B) Ich weiss zwar, dass es schädlich ist. So wirklich

(D) Ich fahre jeden Tag um Herrenkreuz.

Lass uns später nochmals darüber
mit beeinflusst.

Ich kann völlig nachvollziehen, dass dich das belastet.

(Apropos Atmung - wie fühlst du dich gerade?)

(A) Das Problem kommt mir bekannt vor.
Ja, das macht Sinn.
(B) Ja, ok.

(B) Nein, mir geht es toll.

Ich verstehe und nun?

Was denkst du, ist die folgende Aussage richtig oder
falsch?

Nein, die Aussage ist richtig.

Apropos Rauchung - Rauchst du?

(A) Ich würde gerne aufhören - es ist aber schwer.

Ich verstehe und nun?

(A) Falsch. (B) Falsch.

Was denkst du: Ist die folgende Aussage richtig oder
falsch?

Nein, die Aussage ist richtig.

Ja, das macht Sinn.

Ich verstehe und nun?

Ja.

Das ist ja erschreckend, aber was kann ich
der gegensteuern?

Apropos Tabakrauch - wie fühlst du dich heute?

Ja, das macht Sinn.

Ich verstehe und nun?

Ja.

Du solltest deinen Körper fit halten und dich so viel wie
möglichen Unterschieden vorgehen. Ich meine, ich
steh nicht auf Tabakrauch, aber ich arbeite auch gerne
mit Tabakrauch. Ich lerne aber, dass das Tabakrauch
kann. Was ich dir beibringe ist, dass du dich so viel wie
möglich deinen Körper fit halten solltest.
Hello. : )

(A) Good, because this is the only way you can improve
Components

(B) Okay, no worries. Then we'll pick out some exercises

(A) Ah super. Then we already have a
Components

Bist du bereit? Bist du bereit?

Als erste Übung schlage ich dir daher vor 10 Schritte ohne
Components

What else can I use you for?
Components

Who built you?
Components

What else can you help me with?
Components

And how do you work?
Components

What can you do for me?
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Who are you?
Components

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Who are you?
**Emotional Talk**

**Partnership [High]**

**Therapeutic regimen**

**Closed-ended question [Low]**

(A) Sounds great.

(A) The problem looks familiar.

(B) No problem!

**Patient Education**

**What is your attitude towards smoking?**

COPD2

**COPD1**

But that is not all. Later the bronchial tubes become clogged and you get out of breath during exertion, later increasingly during everyday activities.

If you produce secretion daily, you have chronic cough more often.

Secretion accumulates in the bronchi and you have to no longer effectiv e.

Pollutants, they become inflamed and swell.

If the airways are continuously attacked by pollutants, they become inflamed and swell.

Numerous other pollutants in the air that pollute our general health.

Air pollution has various causes and can occur everywhere.

I can assure you that if we work together on this, you will let us first understand what influences our health.

Did you know that the quality of the air plays a significant role in the subject of COPD?

This week we will focus on your first lesson.

This week we will focus on your first lesson.

Speaking of breathing, how are you feeling today?

I would like to stop - but it is difficult.

I would like to stop - but it is difficult.

Although I know it's harmful. But I don't really want to stop.

I do need support today.

I do need support today.

I understand that there is an incentive to smoke. We can talk about your goals here.

I understand that there is an incentive to smoke. We can talk about your goals here.

I understand that there is an incentive to smoke. We can talk about your goals here.

If you are ready to quit, what do you think?

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

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I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.

I am ready to quit.
That's why I'm here, to help you the best I can.

What do you think the following statement is right or wrong?

Cigarette smoke slows down or even paralyzes the self-cleaning mechanism of the airways.

(A) Right. (B) Wrong.

The statement was true. Cigarettes are super harmful and one of the worst pollutants that can cause COPD.

This is news to me. I already knew that.

As a first exercise I suggest you to walk 10 steps without a break.

Are you ready?