The positioning of reference electrodes in redox flow batteries without disturbing the cell operation represents a great challenge. However, decoupling anode and cathode processes is crucial in order to fully understand the losses in the system so it can be further optimized. The feasibility of a regenerative fuel cell based on an V(IV)/V(V) electrolyte and hydrogen gas has previously been demonstrated. In this investigation, using electrochemical impedance spectroscopy, the various losses of the cathode, anode, and whole cell were established using an alternative reference electrode set-up. The findings showed that the largest irreversible losses under the conditions tested arose from diffusion limitations in the cathode and the effect of vanadium crossover and therefore adsorption onto the platinum layer of the hydrogen electrode leading to higher losses on the anode. These results highlight the potential for further improvement and optimization of cell design and materials for both electrodes in the Regenerative Hydrogen Vanadium Fuel Cell.

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Redox flow batteries (RFBs) also called regenerative fuel cells are one of the promising candidates for large scale energy storage. They offer the ability to convert electrical energy into chemical energy which is stored in external tanks containing two redox couples. The anolyte and catholyte are respectively pumped through the anode and cathode of the electrochemical cell where at discharge the chemical energy is converted back to electrical energy. One of the attractive features of these batteries is their flexibility in decoupling power and energy as the power is determined by the stack size and active surface area of each cell while the energy available depends on the electrolyte volume and concentration. Furthermore, RFBs also present additional advantages such as fast response time (≈milliseconds), site independence, low environmental footprint, high depth of discharge, high reliability, high energy efficiency (ca. 85%) and long life cycle (>13 000 cycles).^5,5^5

The all-vanadium redox battery (VRB), initially developed by Skylas-Kazacos, is regarded as one of the most promising RFBs and is already available commercially where it is utilized for load levelling, power quality control and renewable energy deployment.5,5

Expertise gained on proton exchange membrane fuel cells (PEM-FCs) can be applied to RFB research due to their similarities. Accordingly, an increase in hydrogen based hybrid RFBs has been observed in recent years for example with systems such as H2/Fe, H2/Br2, H2/Ce, as well as the H2/V discussed here.6–13 Those systems benefit from the fast kinetics of the hydrogen reaction, and absence of cross-contamination through mixing of liquid anolyte and catholyte. While the crossover of the catholyte is still possible, it can be collected on the anode side and pumped back.

In order to decouple the anode and cathode processes, reference electrodes (REs) are usually incorporated into RFB rigs. Similarly to fuel cells, the positioning of a reference electrode in an RFB is not a trivial task due to its gap-free planar cell design. There are currently two main methods of positioning, which are: the “sandwich” (internal) and the “edge” (external) methods. Both of these techniques present drawbacks that might affect the quality and reliability of the measurements. The sandwich method, comprising of identical electrodes.14–16 Recently Hinds et al. have demonstrated that the challenges faced by the sandwich and edge methods can be minimized by using an alternative RE positioning technique.17 It consists of setting up an electrolyte bridge, such as a tube is inserted through the end plate, all the way to the membrane electrode assembly (MEA) thus allowing an ionic conductive path between the MEA and the RE placed on the other end of the electrolyte bridge.17

Electrochemical Impedance Spectroscopy (EIS) has been widely used as a useful technique to assess the losses in electrochemical devices. The mathematical interpretation of EIS results allows the physical understanding of these losses as well as their quantitative and qualitative evaluations.18 From VRB research, information has been gathered on the whole cell as well as on the cathode using the W(IV)/V(V) redox couple which is of interest in this work. Currently whole cell EIS analysis fails to decouple contributions from the anode and cathode, while half-cell measurements are generally not gathered in-situ.19,20 However Sun et al. have presented in their work an in-situ EIS study using a dynamic hydrogen reference electrode positioned using the “sandwich” method in the cell.21 Their results demonstrated that the anode is the limiting electrode in VRBs, contributing most of the losses.21 Nonetheless the EIS experiments, being carried out under load, could not successfully resolve the cathode processes, the spectra being too distorted.21 Hence there still remains scope for further in-situ half-cell measurements in VRB and other flow batteries.

The authors have previously presented the feasibility of the regenerative hydrogen-vanadium fuel cell (RHVFC) where in discharge mode, vanadium (V) is reduced to vanadium (IV) at the cathode while hydrogen is oxidized at the anode as described by Equations 1, 2 and 3:

\[
2V_{O_2}^+ + 4H_2O^+ + 2e^- \rightarrow 2V O_2^{2+} + 6H_2O, \quad E_{\text{cathode}}^0 = 0.99 V
\]  
\[
H_2 + 2H_2O \rightarrow 2H_2O^+ + 2e^-, \quad E_{\text{anode}}^0 = 0 V
\]  
\[
2V_{O_2}^+ + 2H_2O^+ + H_2 \rightarrow 2V O_2^{2+} + 4H_2O, \quad E_{\text{cell}}^0 = 0.99 V
\]

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Moreover the RHVFC performance dependency on choice of electrode material, especially on the cathode was highlighted in that work. Now in order to better understand and assign losses within the cell, it is crucial to be able to accurately decouple the anodic and cathodic processes. Therefore, here we present an alternative way to gain half-cell measurements in RFBs, inspired by the method developed by Hinds et al. as depicted in Figure 1. Using this set-up, the effects of different parameter on the half-cell and whole cell losses were evaluated.

**Experimental**

*Vanadium electrolyte preparation.*— A vanadium catholyte solution (60 mL) of 1 M was prepared by adding 14.1 g of vanadium sulfate hydrate (Sigma-Aldrich) into 60 mL of 5 M sulfuric acid solution (Fluka Analytical). The mixture was left stirring until the solid was completely dissolved.

*Cell assembly.*— The experiments were carried out using an in-house cell with a 25 cm² active surface area. One layer of a carbon electrode (SGL 10 AA, 400 μm) was used on the vanadium side while a platinized carbon paper electrode (Alfa Aesar Hydrogen Electrode, 200 μm, 0.5 mg/cm² Pt loading) was used on the hydrogen side. The two electrodes were separated by a Nafion 117 membrane. The vanadium electrolyte and the hydrogen gas were distributed to the respective electrode through multi-channel serpentine flow channel plates (SGL, BMAS graphite plates) that also served as current collectors. A polypropylene insulating layer (RS Components) followed by aluminum end plates were used in order to ensure homogeneous cell compression. Various layer of Viton gaskets were used for sealing in the construction. A torque of 9 N.m was applied to each of the 8 bolts used to compress the cell. Finally a collector was connected to the hydrogen side outlet in order to collect any vanadium electrolyte crossover.

*Reference electrode set-up.*— A schematic of the RHVFC assembly with the RE set-up is shown in Figure 1. The dynamic hydrogen reference electrode Hydroflex (Gaskatel) was placed in a PTFE container containing a 0.5 M sulfuric acid solution. The container was connected to the cell via a PTFE tube of 6.4 mm diameter (Cole-Parmer). In order to avoid air bubbles at the membrane interface and ensure that the ion conduction path is undisturbed, a PTFE tube of 4 mm diameter was inserted through the first tubing as shown by the green tube on Figure 1. Then, a solution of 0.5 M sulfuric acid was syringed into the smaller tubing, while the RE was in the container, until a stable potential for the Hydroflex reference electrode could be read. The cell may take up to 24 hours to settle due to the redistribution of pressure in the cell after assembly, and the structural changes of the non-treated carbon electrode on the vanadium side, therefore all half-cell measurements were collected after this equilibration period. A potential deviation for the RE of up to 40 mV would be measured from the expected 0 V vs SHE which is considered as acceptable for a dynamic hydrogen reference electrode according to literature.22 Connections were made to enable RE measurements on both the vanadium and the hydrogen side of the RHVFC, though RE measurements were only made on one electrode at a time i.e when collecting half-cell measurements of the anode the RE was placed on the anode side, and vice versa. No diffusion of the 0.5 M sulfuric acid solution was observed from the reference electrode assembly at either electrode.

*Electrochemical measurements.*— *Chronopotentiometry tests.*— Galvanostatic charge/discharge was carried out using a Bio-Logic potentiostat (VSP-300) with a 10A booster running EC-Lab software. Measurements were made using a 4-electrode cell set-up in order to minimize contact resistance losses. Where the working and sense cables were connected to the cathode individually, the counter was connected to the anode and the reference to the reference electrode. The upper and lower cutoff voltages were 1.3 V and 1 V respectively as calculated by the Nernst equation assuming 99.9% and 0.1% concentration of V(V) and V(IV) at fully charged state and inversely at fully discharged state.

*Electrochemical impedance spectroscopy.*—EIS was carried out on the cell under different conditions. All measurements were taken at
Results and Discussion

Effect of vanadium flow rate.— Using the RE on the vanadium side, half-cell EIS measurements under various vanadium flow rates were collected for the cathode as displayed in the Nyquist plot in Figure 2A. Two semi-depressed circles can be observed where the higher frequency arc was attributed to charge transfer resistances in the cathode, and the lower frequency arc to diffusion losses. From the decreasing diameters of the two semi-circles in the plot, it can be seen that increasing the flow rate of the catholyte leads to a minor decrease in the charge transfer resistance as well as a larger decrease of the diffusion loss. In order to extract quantitative information out of the measurements, they were fitted to the equivalent circuit presented in Figure 2B. In this circuit $R_s$ represents the series resistance of the cathode, then the second element comprising the double-layer capacitor $C_{dl}$ with the resistance $R_{CT}$ in parallel models the charge transfer losses at the cathode. Finally the last element comprising the constant phase element CPE and the resistor $R_{Diff}$ in parallel simulates the diffusion behavior of the catholyte in the porous electrode.

The values of the different resistance contributions are presented in Figure 3 where the series resistance (Figure 3A) of the cathode is mostly independent of the vanadium flow rate, except at 200 mL/min where a small decrease can be observed. The charge transfer resistance of the cathode process decreases slightly with increasing vanadium flow rate, with a decrease of 13% observed between 50 mL/min and 200 mL/min. The change of flow rate mainly affects the diffusion related resistance, which, as expected, goes down, with increasing flow rate. From 50 to 100 mL/min the resistance drops by 23% and there on by 6% and 4% respectively at 150 and 200 mL/min, relative to the previous value. The total cathode resistance is highest at the lowest flow rate, at which mass transport losses are the largest, contributing nearly 75% ($6.0 \Omega \cdot \text{cm}^2$) of the total losses ($8.0 \Omega \cdot \text{cm}^2$) at 50 mL/min (Table I). The total resistance drops by 17% ($2.7 \Omega \cdot \text{cm}^2$ difference) from 50 to 100 mL/min followed by a decrease of 5% ($0.3 \Omega \cdot \text{cm}^2$ difference) for the following flow rates.

![Figure 2](image1.png)

**Figure 2.** A) Nyquist representation of the EIS response of the vanadium half-cell at different vanadium flow rates with a hydrogen flow rate of 100 mL/min. B) Equivalent circuit used to fit the EIS data where $R_1 = R_s$, $C_1 = C_{dl}$, CPE1 = CPE, $R_2 = R_{CT}$ and $R_3 = R_{Diff}$.

![Figure 3](image2.png)

**Figure 3.** A) Series B) Charge transfer C) Diffusion D) Total, resistance of the cathode at different vanadium flow rates and at 100 mL/min hydrogen flow rate.
parameters can be found in Table I.

$$Z_{\text{cathode}} = R_s + \frac{R_{\text{CT}}}{1 + j\omega C_{\text{dl}} R_{\text{CT}}} + \frac{R_{\text{Diff}}}{1 + (j\omega)^\alpha Q R_{\text{Diff}}}$$  \[4\]

The $\tau_{\text{CT}}$ values in Table I are in the order of a few milliseconds which is close to the values obtained by Yufit et al. from whole cell measurements of the RHVFC.\textsuperscript{12} The values of $\tau_{\text{Diff}}$ are also consistent with previous work. It can be noted that $\tau_{\text{CT}}$ increases with increasing flow rate whereas $\tau_{\text{Diff}}$ decreases.

Using the RE on the hydrogen side, half-cell EIS measurements were collected for the anode as displayed in the Nyquist plot in Figure 4A. The anode half-cell spectra using this RE arrangement leads to different results to those obtained for the cathode. A depressed semi-circle can be observed first. From half-cell studies of fuel cells this can be related to hydrogen adsorption and desorption on the platinum in combination with charge transfer that cannot be resolved.\textsuperscript{23} Mass transport limitations due to diffusion of molecular hydrogen through porous media are considered to be negligible as the process is too fast to be detected.\textsuperscript{23} Then at lower frequencies, an inductive loop occurs, from adsorption studies on the behavior of PEMFC cathodes it can be concluded that this probably represents an adsorption of crossing vanadium ions onto the platinum catalyst.\textsuperscript{21–23}

Increasing the flow rate of the catholyte leads to a decrease of the hydrogen adsorption/desorption resistance; as can be deducted from the decreasing diameters of the first semi-circles in the plot. This behavior can be attributed to the higher crossover of protons transported to the anode. Subsequently the vanadium adsorption resistance on the platinum catalyst increases; further confirming a strong correlation between crossover and flow rate. Also at lower flow rates two inductive loops can be seen that would suggest two different processes occurring, however as the flow rate increases they coalesce and can no longer be discerned. At this stage it is difficult to determine the exact mechanism of the two adsorption processes, and this requires further investigation. The data was fitted to the equivalent circuit presented in Figure 4B. In this circuit, at high frequencies, $L_{\text{wires}}$ represents the inductive behavior of the wires and $R_s$ represents the series resistance of the anode. The constant phase element CPE and its corresponding parallel resistance $R_{\text{ads/des}}$ model hydrogen adsorption/desorption onto the platinum catalyst. Finally the last element comprising $L_{\text{ads,Pt}}$ and $R_{\text{ads,Pt}}$ in parallel describes vanadium adsorption onto the platinum catalyst. The $L_{\text{ads,Pt}}$ was chosen to model the low frequency inductive behavior at the anode because an inductive behavior arises when the current and the voltage perturbation present a characteristic positive phase shift, as can be observed in the Bode plots in Figure 4C.\textsuperscript{18,26} It has been suggested that the vanadium adsorbed intermediate coverage and its change in coverage when a potential perturbation is applied is slow.\textsuperscript{18,26} Hence there is a delay between the time of the perturbation and the time for the current to stabilize.\textsuperscript{18,26} This delay is the origin of that positive phase shift.\textsuperscript{18,26} The mathematical expression for this equivalent circuit has been derived, as shown in Equation 5, however due to the interdependence of the second and third elements, it is not possible to calculate the time constants for the hydrogen and vanadium adsorption processes.

$$Z_{\text{anode}} = j\omega L_{\text{wires}} + R_s + Z^*,$$  \[5A\]

$$Z^* = \frac{j\omega L_{\text{ads,Pt}} (R_{\text{ads,Pt}} + R_{\text{ads,Pt}}) + R_{\text{ads,Pt}} R_{\text{ads,Pt}} (R_{\text{ads,Pt}} + R_{\text{ads,Pt}} j\omega L_{\text{ads,Pt}} (R_{\text{ads,Pt}} + R_{\text{ads,Pt}} j\omega L_{\text{ads,Pt}} + R_{\text{ads,Pt}})}{(j\omega)^{\alpha+1} Q L_{\text{ads,Pt}} (R_{\text{ads,Pt}} + R_{\text{ads,Pt}} j\omega L_{\text{ads,Pt}} + R_{\text{ads,Pt}})}$$  \[5B\]

from $\tau_{\text{CT}} = C_{\text{dl}} R_{\text{CT}}$ and $\tau_{\text{Diff}} = \frac{Q R_{\text{Diff}}}{\alpha}$, where, when $\alpha$ is usually in the range between 0 and 1 and describes capacitance-like behavior of non-uniform and porous interfaces. The values of the different resistance contributions as a function of catholyte flow rate are displayed in Figure 5 and their contributions to the total cell resistance is given in Table I. From Figure
Table I. Time constants values for the circuit elements used to fit the vanadium half-cell and whole cell EIS spectra at different vanadium flow rates.

|                      | Vanadium Half-Cell |                     | Hydrogen Flow Rate (mL/min) |                      |
|----------------------|--------------------|---------------------|-----------------------------|----------------------|
|                      | Vanadium Flow Rate (mL/min) |    |                      | Hydrogen Flow Rate (mL/min) |                      |
|                      | 50                  | 100                 | 150                         | 200                  |
|                      | 25                  | 50                  | 75                           | 100                  |
| Vanadium Flow Rate   | 50                  | 100                 | 150                         | 200                  |
| Contribution of Rs (%) | 18                  | 22                  | 24                           | 23                   |
| Contribution of RCT (%) | 7                   | 9                   | 8                            | 8                    |
| Contribution of Rdiff (%) | 75                 | 69                  | 68                           | 69                   |
| Total Resistance (Ω cm²) | 8.02                | 6.66                | 6.32                         | 6.03                 |
| τCT (ms)             | 8.25                | 8.75                | 9.00                         | 9.00                 |
| τDiff (s)            | 1.28                | 0.86                | 0.74                         | 0.66                 |
| Hydrogen Half-Cell   |                      |                     |                              |                      |
| Contribution of Rs (%) | 30                  | 33                  | 35                           | 36                   |
| Contribution of Rads/des (%) | 51                | 33                  | 23                           | 19                   |
| Contribution of RPtads (%) | 19                | 34                  | 42                           | 45                   |
| Total Resistance (Ω cm²) | 4.08                | 3.73                | 3.41                         | 3.30                 |
| Whole Cell           |                      |                     |                              |                      |
| Contribution of Rs (%) | 47                  | 56                  | 58                           | 59                   |
| Contribution of RCT (%) | 2                   | 2                   | 2                            | 2                    |
| Contribution of Rdiff (%) | 51                 | 42                  | 40                           | 39                   |
| Total Resistance (Ω cm²) | 11.4                | 9.35                | 8.50                         | 8.04                 |
| τCT (ms)             | 0.11                | 0.15                | 0.21                         | 0.23                 |
| τDiff (s)            | 1.20                | 0.59                | 0.45                         | 0.39                 |

5A, the series resistance of the anode is little affected by the catholyte flow rate, with only a minor decrease observed at higher flow rates. The resistance of \( R_{ads/des} \) decreases with increasing catholyte flow rate, whereas the resistance of \( R_{ads, Pt} \) increases. These two resistance contributions are in the same order of magnitude. However according to Figure 5D, the total resistance of the anode is higher at lower vanadium flow rate.

Whole cell EIS data for the RHVFC was also collected when the RE was positioned on the cathode or anode sides. The data collected with RE present on either side, and when there is no RE, matched well. The EIS whole cell spectra at different vanadium flow displayed in Figure 6A show the presence of two depressed semi-circles meaning that there are at least two different processes. Both of these processes could reflect a contribution from the anode and the cathode, however it is believed that the first process at medium range (4.4 kHz to 10 Hz) frequencies shows the charge transfer resistance of the hydrogen reaction, whereas the second process at lower frequencies (10 Hz to 10 mHz) is governed by vanadium diffusion losses. As
for the anode and the cathode, the whole cell resistance losses were quantified using an equivalent circuit (Figure 6B) where $L$ represents the inductance behavior and $R_s$ the sum of all component resistances in the cell. The double-layer capacitor $C_{dl}$ and parallel resistance $R_{CT}$ emulate the charge transfer resistance of hydrogen rather than the adsorption/desorption resistance as seen in the anode spectra. Finally the last element is the constant phase element CPE and $R_{Diff}$ in parallel that describes the vanadium mass transport related losses.

Equation 6 gives the expression of the total cell impedance and its related time constants are given in Table I. The low value of tenth of milliseconds of $\tau_{CT}$ matches that measured for hydrogen charge transfer in PEMFCs found in the literature. Moreover, $\tau_{Diff}$ is of the same order as the diffusion process time constant of the cathode discussed earlier. However it is not yet understood why the charge transfer process of hydrogen cannot be resolved in the anode half-cell spectra, nor why the charge transfer of vanadium does not seem to contribute more significantly to the medium frequency range of the whole cell spectra.

$$Z_{\text{whole cell}} = j\omega L + R_s + \frac{R_{CT}}{1 + j\omega C_{dl} R_{CT}} + \frac{R_{Diff}}{1 + (j\omega)^{\alpha} Q R_{Diff}}$$

[6]

It can be observed that the series resistance of the cell decreases slightly as the flow rate of the catholyte increases (Figure 7A). A possible explanation is that the membrane becomes more hydrated at higher flow rates therefore experiencing a decrease in resistance. The hydrogen charge transfer process resistance is fairly constant regardless of the flow rate. Therefore, under the conditions tested, the biggest contribution to the total losses of this cell is the diffusion resistance (Figure 7C). In the whole cell spectra, similar to the cathode spectra, the resistance decreases as the flow rate increases. Overall it is observed that the total cell resistance becomes smaller as the vanadium flow rate increases.

Effect of hydrogen flow rate.— EIS data at OCV was collected at a constant vanadium flow rate with varying hydrogen flow rates. The response of the cathode and the whole cell did not seem affected by varying this parameter, as demonstrated by the different resistance contributions presented in Table I. Only the anode revealed small changes in the resistances values, as can be seen in Figure 8. This is to be expected as it was established from previous work, and from these decoupled experiments. As discussed, it is the vanadium cathode
diffusion, which is the largest loss contribution under the conditions tested in this system.

It is clear that the hydrogen flow rate has little or no effect on the series resistance of the anode (Figure 8A). However, the hydrogen adsorption/desorption process (Figure 8B) seems to have an increasing resistance as the flow rate goes up, while the effect of vanadium adsorption on the platinum catalyst reduces with increased flow rate (Figure 8C). The difference of each resistance contribution between 25 and 100 mL/min is 6% nonetheless the overall cell resistance is slightly higher at 100 mL/min. Looking at the values from Table I and Figure 8D, while a small gain can be achieved if operating the cell at 50 or 70 mL/min, the improvement is not that significant when compared to the effect of vanadium electrolyte flow rate.

Conclusions

The feasibility of an alternative RE set-up, adapted from Hinds et al., was demonstrated for RFBs. This allowed the decoupling of anode and cathode processes measurements without altering the cell behavior and the obtained data could be fitted using equivalent circuit models providing a physical meaning to the different processes. Parameters from the equivalent circuit fitting were extracted with an average less than 15% error, and with a maximum error of 40% for one parameter. This preliminary half-cell EIS study at OCV showed the reliability of this set-up. From the experiments it was deduced that cathode diffusion losses are the largest contribution to the RHVFC along with ohmic losses. Moreover, it was also observed that vanadium crossover to the anode could be detected through vanadium adsorption onto the platinum catalyst. Finally, the insignificant effect of hydrogen flow rate in comparison to the effect of the catholyte flow rate has been demonstrated.

This suggests that further work is required into minimising vanadium crossover through improved ion selectivity of the membrane. Future studies should also look into optimising the cathode electrode structure to enhance mass transport to and within the electrode. It is essential to improve cell design for the next RHVFC generation in order to minimize high ohmic losses due to poor current collection, as are experienced here. Such a cell would deliver better performance overall and EIS under load tests would inform about the losses under such conditions.

List of Symbols

\[ j \] imaginary number
\[ L \] inductor
\[ \tau \] time constant
\[ \omega \] frequency
\[ Z \] Impedance

Subscripts

ads/des adsorption/desorption
ads_Pt adsorption on platinum
CT charge transfer
diff diffusion
dl double-layer
s series

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