Low-Depth Mechanisms for Quantum Optimization

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One of the major application areas of interest for both near-term and fault-tolerant quantum computers is the optimization of classical objective functions. In this work, we develop intuitive constructions for a large class of these algorithms based on connections to simple dynamics of quantum systems, quantum walks, and classical continuous relaxations. We focus on developing a language and tools connected with kinetic energy on a graph for understanding the physical mechanisms of success and failure to guide algorithmic improvement. This physical language, in combination with uniqueness results related to unitarity, allow us to identify some potential pitfalls from kinetic energy fundamentally opposing the goal of optimization. This is connected to effects from wavefunction confinement, phase randomization, and shadow defects lurking in the objective far away from the ideal solution. As an example, we explore the surprising deficiency of many quantum methods in solving uncoupled spin problems and how this is both predictive of performance on some more complex systems while immediately suggesting simple resolutions. Further examination of canonical problems like the Hamming ramp or bush of implications show that entanglement can be strictly detrimental to performance results from the underlying mechanism of solution in approaches like the quantum approximate optimization algorithm (QAOA). Kinetic energy and graph Laplacian perspectives provide new insights to common initialization and optimal solutions in QAOA as well as new methods for more effective layerwise training. Connections to classical methods of continuous extensions, homotopy methods, and iterated rounding suggest new directions for research in quantum optimization. Throughout, we unveil many pitfalls and mechanisms in quantum optimization using a physical perspective, which aim to spur the development of novel quantum optimization algorithms and refinements.

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I. INTRODUCTION

Optimization is a topic so broad reaching and powerful in its applications that the idea that it could be possibly accelerated by quantum computers has attracted incredible attention, regardless of the origins or the underlying mechanisms for speedup. Issues in optimization are at the core of problems ranging from applied problems in logistics, financial trading, and machine learning to problems of theoretical interest in the study of spin glasses. However, an intuitive understanding of exactly why and how the coherence and entanglement of a quantum computation would assist in classical optimization problems can be elusive.

The goal of this work is to highlight and improve mechanisms that occur even for low-depth quantum circuits, to enable better engineering of quantum optimization.

Grover’s algorithm, quantum walks, and their adaptations were among the first to suggest that quantum computers may provide an advantage for problems in optimization [1–3]. It was shown that, for an unstructured optimization, quantum computers could provide a quadratic advantage. In practice, however, the mechanism by which Grover proceeds uses coherent transport between a known initial state, and marked final state (or set of states), producing few or no approximate solutions in between, in the sense that failures are randomly distributed in configuration space rather than concentrating around improved results. Moreover, the advantage of a straightforward implementation relies on a coherent implementation of the oracle for all possible inputs having the same cost as implementing the oracle classically for a single input, amortized over a systematic search. For example, deviating from the most basic black box depiction of Grover’s algorithm, if it is easier to compute the change in a function between inputs than the function itself, the advantage may disappear.

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without further modification to the algorithm. It seems unlikely that, for a real problem on 1000 bits, one can afford to wait a time of the order of about 2^{500} for the solution, without substantial improvement beyond random guessing before that. While this argument is a bit of a straw man, it is meant to illustrate that blindly applying quantum techniques to optimization often does not yield a practical algorithm. In addition, some development in quantum oracles required to even admit the desired quadratic speedup. In a naive example, for NP-hard spin glass problems built from k-local terms, queries to the Hamiltonian in classical algorithms reuse work from previous steps by computing only differences on spin configurations, which can reduce the complexity of the query by a factor of \( n \) compared to a naive quantum oracle query that often, by construction, checks all terms simultaneously. All these factors are compounded by recent studies showing the severe overhead imposed on algorithms obtaining only a quadratic speedup by quantum error correction [4]. Hence, if the direct use of Grover is to make any impact in optimization problems, it is likely to be in a narrow window of problems with fewer than 100 bits input and those for which no better algorithm than random guessing is known.

Using a more modern interpretation of Grover search and amplitude amplification has led to asymptotic speedups over structured classical algorithms like annealing and branch and bound [5–9], but the overheads for general cases remain challenging when compiled all the way to fault-tolerant gate sequences [10]. This is exacerbated by the fact that real use cases have shown that it is likely the case that improved solutions are most needed on problems with more than 1000 bits, where classical heuristics break down [11,12]. While connections to searching by continuous-time quantum walks have provided better bases to understand some of these results [13], the mechanism leaves much to be desired for understanding where quantum computers may provide optimization wins beyond polynomial.

The study of quantum annealing has also provided insight into areas where quantum computers may assist with optimization [14–18]. The works in quantum annealing and adiabatic quantum optimization offer concrete mechanisms that could lead to quantum advantage. The physical mechanisms are often attributed to faster coherent collective tunneling through energy landscape barriers, and that difficult problems are associated with phase transitions and closures of the eigenvalue gap along the adiabatic path. However, the potential computational power of quantum annealers over classical techniques is yet not well understood as they could suffer from decoherence effects, finite control precision, and sparse connectivity. Moreover, physical quantum annealers have low-dimensional graphs and typically encode strongly disordered problems and thus could suffer from exponentially small gaps due to Griffith’s singularities [19]. Some of these limitations could be avoided by inhomogeneous quantum annealing algorithms motivated by the Kibble-Zurek mechanism [19,20] or hybrid quantum-assisted Monte Carlo techniques [21]. However, similar physics-inspired techniques could also be implemented in classical methods combining certain cluster update strategies over a backbone algorithm from the Markov chain Monte Carlo family (e.g., simulated annealing [22] or parallel tempering algorithms [23]). The cluster updates could include Swendsen-Wang-Wolf cluster updates [24,25], Hodayer moves [26], or Hamze-Freitas-Selby [27–29], and approximate tensor network contractions [30]. However, these classical approaches either break down for frustrated systems [25], or percolate for \( D > 2 \) [26] or assume random treelike subgraphs [27–29], so in general their generalization to Monte Carlo–based cluster updates to higher-dimensional frustrated systems are not yet fully explored. Additionally, recent advances in machine learning could lead to new techniques for discovery of such collective latent variables for higher-dimensional spin-glass systems that could encode discrete optimization problems [31].

From a physical perspective, the rate of quantum tunneling decreases exponentially with the width of the barrier. Hence, despite a quadratic advantage in the many-body case [32] over classical diffusion as in Langevin methods for global optimization [33], overall exponential scaling persists [18,32,34]. Moreover, in the single-body case, a host of results demonstrate that quantum annealing, which are similar to Langevin methods, can be efficiently simulated on classical computers with quantum Monte Carlo [35–37]. Hence, even if one is able to take advantage of these mechanisms, one may find themselves in a Grover-like situation, where practically cannot wait approximately \( 2^w \), where \( w \) is a generic many-body barrier width sometimes scaling as \( O(n) \) for glassy problems, to see any improvement of solution. This is especially true for near-term and even early fault-tolerant devices with limited quantum resources.

For problems without any structure, quadratic speedups are the best one can hope for, and indeed this leads to a steep overhead for practical problems that can look insurmountable for near-term devices [10]. However, this leads to questions of whether there are structures in classical optimization problems that quantum computers are uniquely posed to take advantage of that could lead to superpolynomial speedups, and whether these structures are present in classical optimization problems of interest. While there is some fear that the presence of structure in a problem might be equally exploitable by classical algorithms [17], we recall that, without a specific and somewhat sensitive structure, Shor’s factoring algorithm [38] would also not succeed. Indeed, there is conjecture that, for the majority of problems, in a measure-theoretic sense, beyond polynomial speedups are not possible without structure [39]. Hence, understanding such structures is
key to understanding the potential of quantum computers for optimization.

In lieu of the identification of such possible structures, researchers have exploited numerical and theoretical studies of collections of well-known optimization problems. The hope is certainly that if quantum computers could take advantage of some structure, it may be present in these problems, and these effects might be observed in the form of a computational speedup. However, even if one takes the viewpoint that such structures are present in some instances of a particular problem, if that problem is difficult enough, there may be an equal or greater number of adversarial instances that cancel the desired benefit when averaged over a sufficient number of examples. Given the sensitivity of known quantum algorithms to precise phase coherence, it seems that, for a problem with a wide enough degree of expressibility (e.g., NP-complete problems), practical solvers must allow quantum algorithms to be used in instances for which they are best suited, without compromising their performance in instances they are not well suited for. Moreover, at small system sizes, even some difficult spin-glass problems display considerable local structure that classical solvers can take advantage of, while structureless quantum solvers (e.g., a naive application of Grover’s algorithm or in some cases quantum annealing) are needlessly hamstrung, making some blind explorations stilted comparisons at best.

The desire to explore the impact of quantum computers on real problems without the corresponding hardware to perform algorithms of exponential depth has led to the development of a number of heuristics, including the variational quantum eigensolver and the quantum approximate optimization algorithm [40–44]. The applicability of these algorithms to optimization problems draws intuition in a high-depth limit from quantum annealing and adiabatic quantum optimization [14,45]. However, these algorithms are operated in the low-depth regime, and despite some recent strides in this direction [46–49], understanding which optimization problems they might excel at remains challenging. Without a mechanistic understanding of how optimization can operate in these circumstances, it is difficult if not impossible to improve the algorithms performances substantially.

In this work, we use the low-depth regime as a lens for gaining intuition that can lead to real improvement in quantum algorithms for optimization. Some of this intuition is sketched in Fig. 1. We identify structure in classical optimization problems that quantum computers excel at, rather than hope such structure will appear without knowing its form. In doing so, we note some oversights that allow for immediate improvement in almost all quantum algorithms for quantum optimization. In particular, allowing adaptive rescaling of components of the problem improves performance methods that make coherent queries to that object, such as quantum approximate optimization or annealing.

Through connections to the language of continuous-time quantum walks and understanding quantum optimization as fortuitous coherence on the underlying graph, we find a new perspective in understanding these approaches. Although we will focus on short-depth realizations to maximize understanding, these tools turn out to be powerful for better understanding how quantum optimizations based on physical dynamics proceed in general.

II. SUMMARY OF TOPICS AND OUTLINE

In order to better organize this work for the time conscious reader, we attempt to outline the general topics of discussion and conclusions from each section. In Sec. III we begin with a review of optimization and connections to the language of quantum walks. We highlight the formulation of several popular approaches such as quantum annealing, adiabatic optimization, and the quantum
approximate optimization algorithm (QAOA) in a way that allows them to be simply connected and generalized in the language of graph Laplacians.

Following this, in Sec. IV we take common cases from the literature, and using properties of unitarity demonstrate a number of exact results on problems solvable in extremely short depth. We show that the Grover driver (or complete graph Laplacian) represents an extreme of too many connections, preventing any structure in a problem from being exploited in a meaningful way under these constructions in contrast with other possible choices for the graph. We go on to show that existing methods, such as quantum annealing and a single-step QAOA can fail to solve uncoupled spin problems in surprising ways. While some of these results are known in the literature, our exposition aims to increase clarity. These constructions lead us to analogies with problems of scale like ill conditioning in gradient descent classically, and methods for preconditioning problems to avoid these difficulties.

This brings us to a more general connection to continuous extensions in Sec. V and the relationship between the variational quantum eigensolver and the classical multilinear extension. In particular, we see that many methods for variational circuits used on discrete optimization problems share commonalities with classical techniques often used in approximation methods and belief propagation. These similarities motivate the introduction of a technique from classical approximation methods, iterated rounding, which addresses problems of scale, quantum-classical readout challenges, and underlying challenges related to symmetry. A connection is also made to the classical theory of homotopy methods for global optimization, which bridge the quantum adiabatic method with classical approaches.

Using this information, we identify a mechanism of solution in short-depth algorithms like QAOA, and construct a mean-field variant to exhibit its properties in Sec. VI. This mechanism operates by an effective majority vote of the potential surface. In particular, several of the canonical problems studied, such as the spike problem on a Hamming ramp and the bush of implications, suggest that, while a single step of QAOA both solves these problems efficiently, and is entangled, in these cases that entanglement is strictly detrimental to performance. Modifications to avoid these problems based on the flexibility of the graph Laplacian are introduced based on mechanistic insights from the mean-field model.

This global consensus model reveals a particular class of failures that can occur within quantum optimization methods we term “shadow defects” in Sec. VIII. In particular, energetic defects distant in Hamming weight can have considerable influence on the ability of variational methods to effectively refine their solutions due to the global nature of evolutions. We explore simple examples where this is the case and the impact on the efficiency of algorithms. Our conjecture is that this phenomenon is an underlying mechanism related to concentration of measure observed in QAOA landscapes for random problem instances [49,50]. Modifying the objective function, for example using a Gibbs-like objective [51], allows one to avoid some of these issues, but more scalable solutions require cutting space into informed, smaller problems.

This brings us to the crucial underlying element of kinetic energy in quantum optimization in Sec. VII. Kinetic energy from the confinement of a quantum optimization based on a real Hamiltonian presents a force fundamentally opposed to the goals of classical optimization. Insights from kinetic energy allow us to understand why so many optimal paths in QAOA resemble smooth deformations, why initial guess paths from adiabatic schedules are often crucial for success, and why layerwise greedy optimizations are so challenging. We offer techniques for circumventing these challenges, such as weighting the kinetic energy while training layerwise or searching for new variational components.

The insights related to kinetic energy motivates the development of coherent graph cutting in Sec. IX. This technique leverages the power of coherent quantum algorithms to show how it might be possible to introduce additional prior information into a classical optimization problem in a way that does not damage performance.

In Sec. XI we investigate numerically the impact of these issues and basic techniques of remediation on common models like ferromagnets and MaxCut. In analogy to noninteracting systems, simple rescaling can destroy the performance of some algorithms on systems like a two-dimensional (2D) ferromagnet. We also show that substantial depth is required to reach a classical baseline from a simple classical continuous extension, in part due to its natural ability to adapt to scale. Finally, in Sec. X we tie together our conclusions to make general recommendations for the improvement of low-depth quantum optimization and close with thoughts and outlooks.

### III. OPTIMIZATION AND QUANTUM WALKS

We begin by reviewing and establishing the notation for both quantum optimization and quantum walks as will be relevant to our narrative. The goal in optimization is to find the value $z^*$ such that $f(z^*)$ is a maximum or minimum of the value of the objective function $f$. For the most part, we restrict our discussion to classical functions $f(z)$ where the domain of $z$ is bitstrings of length $n$, due to the simplicity to map the problem to $n$ qubits. Throughout this work, we use the notation $X_i$, $Y_i$, and $Z_i$ to refer to the Pauli operators acting on qubit $i$. While there is some interest in finding local minima of problems for practical reasons, the discussion in quantum optimization often focuses on the more challenging task of finding global optima, and this can be
concisely restated as
\[ z^* = \arg\min_z f(z). \]  
(1)

In some cases one is interested in the typical quality of solutions a method produces, which can be quantified by the approximation ratio. As a matter of clarification, the approximation ratio in classical discrete optimization and approximation methods has been defined differently than the approximation in reference to quantum optimization and QAOA in particular. We choose to take the convention common in the quantum literature where an approximation ratio of 1 is perfect, 0 is failure, and we seek to maximize the approximation ratio, which is opposite to the convention taken in the classical optimization algorithm literature. Hence, for this choice of convention, we use throughout, the approximation ratio for minimization of a solution \( z \) defined by
\[ R = \mathbb{E}\left[ \frac{f_{\text{max}} - f(z)}{f_{\text{max}} - f(z^*)} \right], \]  
(2)
where \( f_{\text{max}} \) is the maximum value of \( f \) and the approximation ratio is evaluated over the distribution of solutions a method produces and/or a distribution of instances for a problem.

Quantum annealing [14] works to solve this optimization problem through connection with the adiabatic principle by evolving under Hamiltonians of the form
\[ H = s(t) \sum_z f(z) |z\rangle \langle z| + [1 - s(t)] \sum_i X_i, \]  
(3)
where one begins in the initial state \( |+\rangle^{\otimes n} \) and continuously varies the schedule function from \( s(0) = 0 \) to \( s(1) = 1 \). If this evolution is slow enough, in a sense that can be made precise [52], the evolution stays in the ground state of the joint Hamiltonian, and produces the optimal bitstring \( z^* \) with high probability. We note that there is sometimes a subtle distinction in connotation between quantum annealing and the optimization through the quantum adiabatic principle in that quantum annealers built from analog components sometimes operate without the ability to exactly give \( s(0) = 0 \), and hence approximate this path by making the coefficient of the transverse field \( -\sum_i X_i \) large in comparison to the magnitude of \( f(z) \) in initial stages of the algorithm. Moreover, quantum annealers are often assumed to operate at finite temperatures, and work as approximate samplers rather than preparing exact solutions in some limit. We neglect the considerations of finite temperature operation here.

One can use a similar construction for functions with only one marked state, that is, \( f(z) = 0 \) for all but \( f(z^*) = -1 \) to formulate the Hamiltonian analog of Grover’s algorithm [53], which traditionally proceeds via the Hamiltonian
\[ H = s(t) \sum_z f(z) |z\rangle \langle z| - [1 - s(t)] P_+, \]  
(4)
where \( P_+ = (|+\rangle\langle+|)^{\otimes n} \), which we have written in a way as to be structurally similar to the previous equation.

At a glance, the two Hamiltonians appear quite different, and indeed in many ways they are. However, in the literature of continuous-time quantum walks [13,54], it has been noted that there is a common structure that underlies the two, and it is this structure we run with to develop intuition for quantum optimization of classical problems. In particular, both algorithms start from the state \( |\psi_i\rangle = |+\rangle^{\otimes n} \) and proceed via a Hamiltonian of the form
\[ H = s(t) \sum_z f(z) |z\rangle \langle z| + [1 - s(t)] L_G, \]  
(5)
where \( L_G \) is the graph Laplacian of a graph \( G \), where the nodes are computational bitstrings or basis states. Indeed, it turns out that, for a wide family of graphs \( G \), the above algorithms would produce the ground state of \( f(z) \), albeit with computational scalings that depend on the specifics of the graph. However, to date, the specifics of the graph have been under utilized in understanding and accelerating these algorithms. Let us briefly recall what we need to know about graph Laplacians in order to unify the conceptual pictures.

At a conceptual level, the graph Laplacian is the real-space Laplacian used in quantum mechanics for the kinetic energy, generalized to generic and discrete graphs. In particular, for optimization problems, we can consider them as evolving under a potential and kinetic energy defined by
\[ T = L_G, \]  
(6)
\[ V = \sum_z f(z) |z\rangle \langle z|. \]  
(7)
Hence, as in the Euclidean case (e.g., a 1D set of points connected in a line), it is related to the kinetic energy of a system, and evolution under this operator generates the dynamics of the system in position (or computational bases state) space. While there are a few formal definitions in the literature of the graph Laplacian, we take \( L_G \) of a graph \( G \) for an undirected, \( k \)-regular graph as
\[ L_G = D_G - A_G, \]  
(8)
where \( D_G \) and \( A_G \) are the \( N \times N = 2^n \times 2^n \) degree and adjacency matrices of the graph \( G \). Here \( D_G \) is a diagonal matrix with entries for each node indicating the number of connections to that node, or degree, and \( A_G \) with entries \( [A_G]_{ij} = [A_G]_{ji} = 1 \) if nodes \( i \) and \( j \) are adjacent,
and 0 otherwise. For $k$-regular graphs, the degree matrix $D_G$ is proportional to the identity, and hence, for quantum evolution, it may be disregarded as imparting a global phase.

Graph Laplacians have the important property that, for connected graphs, there is a unique ground state with eigenvalue 0, which corresponds to $|+\rangle^{\otimes n}$. Conceptually, this is the minimum kinetic energy state for all connected graphs, and hence any application of the adiabatic principle for finding the ground state starts with the state $|+\rangle^{\otimes n}$. This also implies that any connected graph $G$ could in principle enable a meaningful quantum annealing schedule, so this begs the questions of why one would choose one graph over the other. The study of continuous-time quantum walks informs this question in the generic sense, but its also clear that the precise coherences will depend on the details of the matching between the node values (potential) and the underlying graph. One could imagine that a good match between the graph and the potential may yield good performance, or an open gap, while a poor one could result in a closing gap in the language of adiabatic quantum computation. It is these types of correspondence we examine, but we will not restrict ourselves to the adiabatic regime.

In the above examples, we saw the two most common choices of bitstring graphs in quantum computing, namely the hypercube graph, $-\sum_{i} X_i$, which connects each bitstring to all neighbors one bitflip away, and the complete graph $P_n$, which connects all bitstrings to all other bitstrings. These two graphs are special cases of a type of graph we find particularly compelling to analyze, the so-called “fast-forwardable graph.” In slight contrast to recent definitions of fast-forwardable graphs [55], we mean that evolution under the graph Laplacian, $e^{-iL_G t}$, can be done with a straightforward circuit implementation scaling at worst as $O(\log t)$ in the number of gates. This is the case for any graph Laplacian that has a simple quantum diagonalization circuit. For example, the Hadamard transform on all qubits, which diagonalizes both $P_n$ and sums over tensor products of $X$ terms. This also includes the Euclidean families of graphs (e.g., a discretized 1D line or 2D plane) that may be diagonalized through quantum Fourier transforms, as has been noted in early works on quantum walks [13]. It also includes graphs defined in a fermionic picture [56–58].

The connection of Laplacians to kinetic energy $T \propto L_G$ with the current conventions will be important for developing understanding in this work. In classical random walks or searches over the bitstrings and function $f(z)$, the fact that walkers in any given instance of time are localized to single bitstrings is relatively unimportant. However, in quantum evolutions, the global graph of the problem imparts a kinetic energy that can generate evolution unrelated to the problem $f(z)$ from simply confining the wavefunction to a smaller support of bitstrings. This force acts against us in quantum optimization in a fundamental way, and can be influenced by the phase as well, with the unique 0 kinetic energy state being the uniform phase, uniform weight state $|+\rangle^{\otimes n}$. Hence, if one cannot use phase coherence to their advantage, the growing random quantum diffusion imparted from the kinetic energy operator is likely to act as a hindrance rather than an aid [59].

The combination of results from quantum optimization with the limited resources available today has led to the development of heuristics with primitives inspired by these algorithms. Most notable among them are the use of variational quantum eigensolver (VQE) [40] and the QAOA [43], sometimes also referred to as the quantum alternating operator ansatz [60]. These approaches both use an outer-loop variational principle to determine the parameters based on a secondary variational objective to be updated. This variational objective, which we denote as $C[f(z)]$, is in most cases taken to be the expected value with respect to a wavefunction, or

$$C_m[f(z)] = \langle f(z) \rangle,$$

where the subscript $m$ denotes expected value; however, we explore the importance of alternative $C[f(z)]$ in this work, including nontrivial additions of kinetic energy for reasons that will become apparent.

In practice, the VQE is a general construction for using parameterized circuits to find ground states, which can include quantum or classical cases, and the QAOA is a variational construction designed to include coherent queries to the objective function. Although it is not equivalent for all parameter choices, it is sometimes characterized as a parameterized version of a low-depth Trotter expansion of the adiabatic algorithm specialized for classical objective functions. It is often repeated for a number of repetitions $p$. We note that, by convention, the QAOA ansatz is defined with a negative convention with respect to the graph Laplacian we use here, so to maintain consistency in the optimal parameters with the literature, we use $\bar{L}_G = -L_G$ when appropriate. When cast in the conventions we consider here,

$$\min_{\beta, \gamma} \langle f(z) | \psi \rangle; \quad |\psi\rangle = \prod_{i}^{p} e^{-i\beta_i L_G e^{-i\gamma_i f(z)} |+\rangle^{\otimes n}}.$$

Broadly, however, our results will not be specific to QAOA or VQE, but we will be able to examine the single-step process at $p = 1$ for considerable insight when viewed in the setting as a continuous walk over the bitstring graph.

### IV. Exact Solutions

Many classical optimization methods proceed by the iterative solution of a sequence of exact subproblems or
approximations thereof that materially predict the performance of methods or provide mechanistic suggestions for improvement. An apt analogy that we draw is that of first-order optimization methods like gradient descent, which are plagued by issues related to condition numbers, and are often repaired by techniques that take note of such shortcomings such as quasi-Newton or preconditioned methods [61]. We aim to do the same here for low-depth quantum optimization problems by showcasing a subset of exactly solvable problems and some surprising failures, such as the inability of a traditional quantum annealing or QAOA construction to solve noninteracting spin problems exactly at $p = 1$. While some of the results here are known in more general contexts, we attempt to highlight when this is the case, while focusing on a simplified presentation. For example, while some of our results focus on the $p = 1$ case, where general proofs of classical algorithms are known [47], this will support our goal of understanding what happens within a differential step of a quantum optimization algorithm more generally. In the quest for clarity, we focus on defining exact solutions to mean perfect fidelity with a ground state. While this is restrictive and may not always track precisely with approximate results, we believe that the resulting conclusions are more readily translated to strategies for improvement in all cases.

### A. Implications of unitarity

While the objective of some algorithms is to maximize the approximation ratio, a sufficient condition that will be easier to analyze is obtaining the exact solution of an optimization problem, which here we take to be unique. We denote the exact solution as $|z^*\rangle$, a computational bitstring, and our goal is to understand what problems can be solved in a single step, or those for which quantum optimizations are exceptionally well suited. We worry about corresponding classical difficulty later. For this problem, in the standard setup we take the standard 0 kinetic energy state $|+\rangle^\otimes n$. This means that exactly solving the problem is equivalent to

\[
e^{-i\int dz f(z)}|+\rangle^\otimes n = e^{i\beta LG}|z^*\rangle,
\]

where we have moved the action of the Laplacian to act on the bitstring for convenience. From here, we may make a few simple observations that will be important. First, for an exact equivalence to exist, the action of $e^{i\beta LG}$ must be able to map a single bitstring to a state that is a uniform weight superposition over all bitstrings, although the phases may be allowed to vary. This follows from the initial state and diagonal property of the operator $f(z)$. This fact already greatly constrains both $LG$ and the values of $\beta$ that are allowed, as we see below, often independent of the state $|z^*\rangle$. Hence, if the graph $G$ is given, this often immediately implies the allowed values of $\beta$, which in turn dictates that only a small family (if not only one) potential $f(z)$ is exactly solvable up to branches of the complex logarithm.

Perhaps even more strongly, when one considers the property of unitarity, if $LG$ implies the allowed values of $\beta$, and the problem has a solution $|z^*\rangle$, then there exists only one potential that this can exactly solve, and it is determined by the graph rather than the problem Hamiltonian. This implies that our ability to solve problems is about the interplay of the potential $f(z)$ with the graph $G$ rather than simply the problem objective $f(z)$ by itself.

Another point of consequence when considering unitarity is that, even for a long sequence of $\beta_i, \gamma_i$ for a given graph $G$ and potential $f(z)$, there is no fixed $\beta_i, \gamma_i$, for example in a learning rate schedule that decreases $\beta_i$ and $\gamma_i$ in accordance with an adiabatic schedule for a large number of repetitions, that can solve the problem from an arbitrary initial state. That is, given some $U$ for which $U|+\rangle^\otimes n = |z^*\rangle$, there is no other state $|\psi\rangle$ such that $U|\psi\rangle = |z^*\rangle$ by unitarity. This is seen simply from the properties of unitarity, which preserve inner products $\langle\psi|U^\dagger U|+\rangle^\otimes n = \langle\psi|+\rangle^\otimes n$. This implies that the algorithm is not globally convergent in the numerical analysis sense in that it cannot even converge to a local minimum [as defined by the graph $G$ and $f(z)$] from an arbitrary initial state, even for the simplest of potentials as in a typical stochastic gradient descent. This appears to be a problem for any unitary quantum algorithm where the unitary is not made to depend on the initial state or extended to include nonunitary actions through ancilla. With these general concerns in mind, we turn to more specific graphs.

### B. Grover and the complete graph

We begin with the complete bitstring graph, associated with $LG = -P_+ = -(|+\rangle\langle+|)^\otimes n$, as is commonly used in Grover’s algorithm or other common quantum walk variants of search for a marked bitstring. Expanding the general constraint in Eq. (11) for this graph Laplacian we find that

\[
e^{-i\int dz f(z)}|+\rangle^\otimes n = e^{i\beta P_+}|z^*\rangle = [I + (e^{i\beta} - 1)P_+]|z^*\rangle = |z^*\rangle + (e^{i\beta} - 1)(|z^*\rangle|+\rangle^\otimes n) = |z^*\rangle + \frac{1}{2^n/2}(e^{i\beta} - 1)|+\rangle^\otimes n,
\]

where we have only used the fact that $|z^*\rangle$ is a computational bitstring. If we recall that we require the ability to map to a uniformly weighted state for an exact solution to be possible, we find that the closest such state is given by $\beta = \pi$, and in this case, we find that the maximum possible change in overlap in some sense scales as approximately $1/2^{(n/2)}$. Hence, the complete graph solves
exactly no potentials in one step, and makes Grover-like progress at best for any potentials, regardless of structure that might exist. We focus here on the case of one step to aid in what we can say exactly and gain understanding about the relationship between the potential and the graph Laplacian. In this sense, the complete graph is associated with a structureless algorithm in that this limit on progress had no dependence on the form of \( f(z) \). It also makes clear the statement that more connections on the bitstring graph are not always better. In a complete graph there is no “barrier” in a strict sense between any initial state and a target state; however, the unused connections act as an effective, entropic barrier that waste useful exploration of a normalized state. The complete graph is the extreme example of this, but we will see other graphs suffer from this phenomenon in a weaker way. Hence, it is useful and necessary to exploit structure to weaken or cut unused connections. This is at the heart of structured probabilistic models or graphical models in the classical machine learning community that can encode the structure of the underlying data or problem by removing the unnecessarily direct links between variables [62].

C. Transverse field and hypercube graph

We now turn to the hypercube graph commonly used in quantum annealing, QAOA, quantum adiabatic algorithms, and other quantum walk implementations. This graph is associated with \( L_G = -\sum_j X_j \) and is the graph with each bitstring connected to its \( n \) neighbors by flipping each qubit individually. Algebraic proofs of the limitations of this graph have been well explored in the context of QAOA [63,64], but we aim to present these in a way that supports our coming exposition. This type of graph is sometimes called a Kronecker sum graph due to the separable form. This fact is also suggestive of the type of potentials it can solve exactly, which we will see are separable over qubits. Considering the constraint in Eq. (11), but for a single qubit, we find that

\[
e^{-if(z)|+\rangle} = e^{i\beta X |z^*\rangle} = (\cos \beta I + i \sin \beta X) |z^*\rangle,
\]

where we use \( X \) to denote \( X_i \) when there is only a single qubit. It is straightforward to find that only two values of \( \beta \) satisfy the constraint of preparing a state with equal weights on all qubits, for either \( z^* \in \{0,1\} \), which are \( \beta = \{\pi/4, 3\pi/4\} \).

The exact sign and state however actually do depend on the value of \( z^* \) in this case, and that dictates \( \beta = \pi/4 \). To clarify what is meant here, if one selects \( \beta = 3\pi/4 \), for the one-qubit case, this can be compensated by switching the sign of \( \gamma \), which is like taking \( f(z) \to -f(z) \). However, for multiqubit cases with multiple terms, the corresponding compensation may need to flip select Hamiltonian terms, which a single value of \( \gamma \) does not allow. Note, however, that in some cases, the exact ground state is inconsistent with the ground state of the one-body terms. For example, if there is a higher-body term present that dominates the determination of the ground state. In this case, the adjustment of \( \beta \) to \( 3\pi/4 \) allows the potential to orient the contributions of the single-body terms correctly in order to agree with conflicting higher-body terms. This example provides mechanistic insight behind variational adjustment of \( \beta \) beyond setting it to \( \pi/4 \). Moreover, so long as \( \beta > 0 \), it is easy to stay in a regime where properties for exact adiabatic are retained. This also suggests however that an individual qubit \( \beta \) can be significantly more powerful in the presence of conflicting terms. Note that our use of conflicting terms throughout is consistent with the definition of nonfrustration-free Hamiltonians in quantum computer science where the ground state of the total Hamiltonian is not the ground state of each of its constituent parts; however, to avoid confusion with geometric frustration in physical systems, we prefer the term conflicting.

The use of the \( \beta = \pi/4 \) immediately yields discrete exactly solvable potentials up to branches of the complex log

\[
-\gamma f(z) = \frac{\pi}{2} w = \frac{\pi}{4} (I + Z),
\]

where \( w \) is also the Hamming weight of the qubit, or Hamming distance from 0. The ability to adjust \( \gamma \) in conjunction with redundancy implies that one can solve exactly any one-qubit potential of the form \( \alpha(I \pm Z) \), where \( \alpha \in \mathbb{R} \) and the shift by the identity may be included or not for convenience. As the graph Laplacian is a Kronecker sum, this must be satisfied individually for each qubit, which may be rewritten as

\[
\bigotimes_j (e^{-if(z_j)|+\rangle}) = \bigotimes_j (e^{i\beta j |z_j^*\rangle}),
\]

where \( z_j \) and \( z_j^* \) refer to the \( j \) th bit and this form shows the separability. From the previous set of results, we see that the only set of solvable potentials are some of the form \( \alpha \sum_i (I \pm Z_i) \), where we specifically note that \( \alpha \) is fixed across all spins. This is, up to sign and unimportant shifts, the Hamming distance symmetric potential that has been shown a number of times to be solvable in one step of the QAOA algorithm [63,64].

It is worth discussing in slightly more generality the freedom that is imparted by the branches of the complex log in the derived expressions. That is, for \( f(z) \), which is solvable on any bitstring, one may add multiples of \( 2\pi/\gamma \) and exactly the same operator will result. However, since \( e^{-if(z)} \) is the same operator, and the target ground state \( |z^*\rangle \) has remained the same, only additions that are compatible with the original ground state allow the problem to remain exactly solvable. Hence, only having the
principal solvable potential will result in the same answer. In the event that it alters it, we lose the property of exact solution. In the case that it leaves it the same, we may solve this potential exactly as well. Unfortunately, this class of potentials, due to being dictated entirely by the one-body terms, will also be trivially solvable by the classical mean-field method we introduce later. In order to take advantage of some quantum properties, one must either pass through an intermediate entangled state dictating \( p > 1 \) for unique bitstring solutions, or end with an entangled state.

**D. Odd \( k \)-spin ferromagnets and branches**

A recent work by Wauters and collaborators [65] showed that QAOA can prepare ground states of \( k \)-spin quantum ferromagnets efficiently, and, moreover, as a special case, there are some classical configurations (without transverse fields) that are amenable to exact \( p = 1 \) solutions. We show how this result fits into the construction and intuition we have built here. In particular, classical \( k \)-spin ferromagnet Hamiltonians have the form

\[
 f(z) = -\left( \sum_i^{n} Z_i \right)^k.
\]

(16)

It was shown, by algebraic means, that in the case that both \( k \) and \( n \) are odd, a \( p = 1 \) QAOA forms an exact solution at all system sizes for \( \beta = \pi/4, \gamma = \pi/4 \). As evolution under the hypergraph Laplacian cannot generate or destroy entanglement, and the final state is unentangled, we conclude that, for all of these systems, evolution under the potential can also generate no entanglement. This is suggestive of the fact that a principle potential of uncoupled spins is likely at the source of this success. To position this in our language here, let us consider the smallest case of \( k = 3, n = 3 \). In this case, we can expand the potential to find that

\[
 f(z) = -(Z_1 + Z_2 + Z_3)^3
 = -7(Z_1 + Z_2 + Z_3) - 6(Z_1 Z_2 Z_3),
\]

(17)

up to shifts by the identity. At a glance, this seems to contain the nontrivial term \( Z_1 Z_2 Z_3 \) and other weight factors. However, if we rearrange the Hamiltonian into the form

\[
 f(z) = -(Z_1 + Z_2 + Z_3)
 - 6(Z_1 + Z_2 + Z_3 + Z_1 Z_2 Z_3),
\]

(18)

we find that the second term is equal to \(-24(\langle 000 \rangle |000\rangle - |111 \rangle \langle 111 |)\), which when multiplied by \( \gamma = \pi/4 \), is exactly an integer multiple of \( 2\pi \) on basis states, imparting no effect on the state or change in evolution under the potential operator. Hence, the entire solution is determined by the first term of uncoupled spins that happens to not be disrupted by the second. We note that this exploration constitutes a specific exploration of previous results that exactly constrain the potentials that can be exactly solved in one step, and that this does not extend beyond those previous results [63,64]. Our purpose here is primarily to show how this can manifest in a nonobvious manner.

**E. Degenerate ground states**

So far, we have considered the case of having a unique solution to the optimization problem, labeled \( |z^* \rangle \). When considering the hypercube graph, this had the implication of solving primarily uncoupled spin problems of fixed magnitude. Another way of seeing this result is to see that, as the evolution operator \( e^{-i\beta \hat{L}_G} \) is separable and can introduce no entanglement, if one starts and finishes in a separable state, the potential cannot introduce entanglement either, immediately ruling out generic interactions between qubits in the potential beyond those that introduce trivial phase factors. To circumvent this and explore the implications of quantum entanglement, we now explore cases with degenerate solutions containing entanglement. This section will focus on a specific case of the more general result shown for limitations in \( \mathbb{Z}_2 \) symmetric Hamiltonians [48], but will introduce some additional thoughts on the modification of the Laplacian. We note that this is of interest for the approximation capabilities of these algorithms as well, if the overlap of a unique solution is greater with an entangled state than any separable one achievable within a given circuit.

To begin, we start with the simplest such potential, a pair potential of the form

\[
 f(z) = -Z_1Z_2.
\]

(19)

From a classical perspective, this has two, equally good solutions, either \( z = 00 \) or \( z = 11 \). In a quantum perspective, the ground state of this diagonal Hamiltonian is degenerate, and any state within the degenerate subspace span\{00, 11\} is allowed. We have seen from the previous section and entanglement arguments that if we make our goal to produce either the \( |00 \rangle \) or \( |11 \rangle \) state (rather than a generic superposition) then we are restricted primarily to single-body potentials. However, once we allow a solution of the form \( (|00\rangle + |11\rangle)/\sqrt{2} \), which produces equally valid exact solutions for the classical problem, then we may start to consider potentials that have interactions; moreover, there is now some finite measure of state space that produces valid solutions rather than single points.

From a theoretical point of view, this draws an interesting distinction between attempts to probabilistically prepare \( |00 \rangle \) and \( |11 \rangle \) exactly in turn, which we have seen to be impossible with only queries to an interacting Hamiltonian. Hence, entanglement plays the role...
The need for entanglement in the ground state of a quantum three-qubit ferromagnet permits the solution of our problem exactly. In contrast, there is no scaling that allows the exact solution for an unentangled state.

It is natural to then ask how this concept extends to greater numbers of qubits. While a total generalization of these results remains an open problem, we find considerable additional insight by examining specific three- and four-qubit instances. Starting with a state compatible with the ground state of a quantum three-qubit ferromagnet, a GHZ state of the form $|\psi(z^*)\rangle = (|000\rangle + |111\rangle)/\sqrt{2}$, and the hypercube Laplacian, we may repeat the above analysis for

$$e^{-i\gamma f(\bar{z})}|+\rangle = e^{i\beta X_1}e^{i\beta X_2}|\psi(z^*)\rangle. \quad (20)$$

In this case, we find that $\beta = \pi/8$ permits solutions, and the corresponding principle potential it solves up to sign and shifts in the identity is given by

$$f(\bar{z}) \propto Z_1Z_2, \quad (21)$$

which with scaling by $\gamma$ permits the solution of our problem exactly. In contrast, there is no scaling that allows the exact solution for an unentangled state.

It is then worthwhile to ask how detrimental this problem as a function of $n$, it is easy to see that, for any error, it vanishes exponentially in $n$ for cases that are not special in the distribution of $\alpha_i$. One simple way of seeing this is to recognize that the initial phase $\prod_j \exp[-i\gamma\alpha_jZ_j]$ potentially leads to $j$ distinct states. By unitarity, the subsequent operations on each qubit $\exp[-i\beta X_j]$ then cannot take distinct states to the same solutions beyond a few chance cases, leading to a slight angle misalignment for all qubits, implying an exponentially decaying probability of success when looking for the exact solution.

In some cases one is not constrained to finding only the exact solution, and good approximations are acceptable. It is then worthwhile to ask how detrimental this problem is for this case. Consider a set of randomly distributed $\alpha_i$ with probability measure $d\mu(\alpha)$. We will assume that the $\alpha_i$ are independent and identically distributed such that $d\mu(\alpha) = \prod_j d\mu(\alpha_j)$, and hence we will denote $d\mu(\alpha_i)$ by $d\mu(\alpha)$. For a given distribution, we will be interested in the average performance per spin, which allows us to understand how the solution is scaling in a large size limit. In particular, due to the uncoupled nature of the spins, we know that the expected value of the ground-state energy

$$f(\bar{z}) \propto Z_1Z_2 + Z_2Z_3 + Z_1Z_3, \quad (22)$$

which solves the 1D problem exactly. In this sense, having GHZ-like states as solutions can tend to over correlate the desired potential, and this shows a mechanism by which graph Laplacian modification can expand the type of exact solution possible. More generally, as the number of qubits increases, we find that results are consistent with the results from the preparation of GHZ states via graph state preparation followed by single-qubit Clifford rotations [66]. That is, potentials that correspond to the creation of all-to-all graph states (all-to-all ferromagnets for example) and star graphs are consistent with preparation of GHZ states. We find this to be true for examples considered with the appropriate choices for scaling in the graph Laplacian. These results motivate both the modification of the graph Laplacian as well as support the flexibility gained by considering entangled intermediate states for approximation; however, these are just isolated observations and a general theory of graph modification remains an open question.
$E_0$ per spin is given by

$$f(z^*) = \lim_{n \to \infty} \mathbb{E}_\alpha[E_0/n]$$

$$= \lim_{n \to \infty} \sum_{\alpha} \sum_j -\frac{\alpha_j}{n} d\mu(\alpha)$$

$$= -\lim_{n \to \infty} \frac{1}{n} \sum_j \left[ \sum_{\alpha} |\alpha| d\mu(\alpha) \right]$$

$$= -\sum_{\alpha} |\alpha| d\mu(\alpha). \tag{25}$$

From symmetry in the Hamiltonian, we know that the maximum energy $A_{\text{max}} = -A_{\text{min}}$. We also know that, for the system we consider, the overlap for a single spin with a given $\beta, \gamma$ is given by

$$O(\gamma, \beta) = \sum_{\alpha} |\langle \gamma^* | e^{-iB_L \alpha} e^{-i\gamma f(z)} | \rangle|^2 d\mu(\alpha)$$

$$= \sum_{\alpha} \frac{1}{2} [1 - 2 \sin(2\beta) \sin(2|\alpha|\gamma)] d\mu(\alpha). \tag{26}$$

The expected energy for a single round of QAOA on the other hand is given by

$$C_m(\gamma, \beta) = \lim_{n \to \infty} \mathbb{E}_\alpha[\langle \gamma, \beta | C/n | \gamma, \beta \rangle]$$

$$= \lim_{n \to \infty} \sum_{\alpha} \sum_j -\frac{\alpha_j}{n} \langle \gamma, \beta | Z_j | \gamma, \beta \rangle d\mu(\alpha)$$

$$= \lim_{n \to \infty} \sum_{\alpha} \frac{1}{n} \left[ \sum_{\alpha} \alpha \langle \gamma, \beta | Z_j | \gamma, \beta \rangle d\mu(\alpha) \right]$$

$$= \sum_{\alpha} \alpha \langle \gamma, \beta | Z | \gamma, \beta \rangle d\mu(\alpha)$$

$$= \sum_{\alpha} \alpha \sin[2\beta] \sin[2\alpha \gamma] d\mu(\alpha). \tag{27}$$

For examining approximate solution quality, we are also interested in the approximation ratio specific to the optimal choice of parameters, defined here as

$$R(\gamma, \beta) = \frac{f_{\text{max}} - C_m(\gamma, \beta)}{f_{\text{max}} - f(z^*)}. \tag{28}$$

We now consider probability distributions for $\alpha$ with mean 0. Specifically, we consider the discrete binary distribution $d\mu^b(\alpha)$ with $d\mu^b(-1) = d\mu^b(1) = 1/2$, the continuous uniform distribution $d\mu^u(\alpha) = \frac{1}{2} d\alpha$ with $\alpha \in [-1, 1]$, and the Gaussian distribution with variance 1, $d\mu^G(\alpha) = (1/\sqrt{\pi}) \exp(-\alpha^2) d\alpha.$

If we integrate over these measures for the above quantities, we find the performances summarized in Table I. While for the binary measure a single round of QAOA is capable of achieving a perfect solution, the uniform distribution is not quite as simple. In this case, it is clear we may again choose $\beta^* = \pi/4$; however, the exact numerical optima is at $\gamma^* = -1.04$ with an optimal value of $C_m(\gamma^*, \beta^*) \approx -0.436$. A typical method of reporting is the approximation ratio $R^*$, which for the binary distribution is 1, but for the uniform distribution is $(1/2 + 0.436) = 0.936$. For the Gaussian distribution, we may also seek a numerical solution, and we find that, for $\beta = \pi/4$, the optimum is at $\gamma = -1/\sqrt{2}$, with a value of $C_m(\gamma^*, \beta^*) = -1/\sqrt{2} e \approx -0.4288$. This yields an approximation ratio of $R^* = (1/\sqrt{\pi} + 1/\sqrt{2\pi})/(2/\sqrt{\pi}) = \frac{1}{2} (2 + 2\pi/e) \approx 0.88$. For comparison, the optimal value for the Sherrington-Kirkpatrick spin-glass model with Gaussian random coefficients has a value of $C_m(\gamma^*, \beta^*) = -1/\sqrt{4e}$, which, if one assumes an approximately symmetric spectrum, yields an approximation ratio of $R^* = (0.763 166 + 1/\sqrt{4e})/(2 \times 0.763 166) \approx 0.70$ [67].

If we turn our attention to the values of $O(\gamma, \beta)$, we see that, for Gaussian random coefficients, the probability of getting the exact solution in the large-$n$ limit is likely to scale as approximately $0.8^n$, which rapidly diminishes as a function of $n$. While this is better than random guessing for modest values of $n$, it is still troubling for a problem with a trivial solution. Given that the query to the objective function in a noninteracting problem on a quantum device requires the same complexity as finding the perfect solution on a classical device, it is worthwhile using the intuition behind this failure to motivate methods for improvement.

In classical methods this is often done with approximate inverses of the Hessian or more general preconditioners. As we are considering a global rather than local optimization, it is more difficult to rescale aspects of the problem without changing the solution by accident. While it would be ideal to simply map the graph $G$ to a related one that is independent for each qubit, as this preserves the exact solution, it is easy to see from the exact constraints above that this actually does not work. There is a fundamental asymmetry in the parameters of the potential and the graph, which draws another stark contrast with traditional interpretations of gradient descent.

The prototypical interacting problem where a vanishing gap is caused by problems of scale was introduced by Fisher [68] with later work by Reichardt [69], and, interestingly, can be mapped exactly to our problem of scale with noninteracting spins for the case of $p = 1$ QAOA. This problem is a simple 1D ferromagnet, defined by

$$H = \sum_i \frac{J_i}{2} (1 - Z_i Z_{i+1}), \tag{29}$$

where $J_i \in \{1, 2\}$ are chosen randomly. This problem has a gap that scales as $\exp(-c\sqrt{n})$ for a small constant $c$ despite both the lack of conflicting terms and the clear
annealing Gaussian

annealing protocol with a ramp speed of

uncoupled spins, the minimum gap is given by $2\gamma$.

Landau-Zener transition theory. We imagine starting in the

the adiabatic ground state. For the case

problems of scale in a noninteracting spin picture. More-

transformed problems [56]. Hence, degradation of perfor-

 replacing partial solutions, preventing the solution from settling to the

correction value.

case it has been shown that the ring of disagrees maps exactly to a system of uncou-

problems of scale in a noninteracting spin picture. Moreover,

transform is suggestive of an ansatz for VQE that allows a convexification of the potential surface. It may be interesting as future work to explore additional

in the presence of disordered couplings with many-body localization [34].

G. Scale in annealing

Taking a detour from the digital optimization frame-

work, it is interesting to ask how the concerns of scale affect analog quantum annealing approaches. Motivated partly by hardware constraints, in this setup, we have a continuous-time evolution with a time-dependent Hamiltonian

where we have assumed a linear ramping of the graph Laplacian sometimes referred to as a transverse field due its physical origin in implementation. In quantum annealing, one imagines starting with the standard $|\pm\rangle^\otimes n$ state, compensating for the always-on problem $f(z)$ through the use of a strong field $\Gamma t$ with $|t| \gg 1$. This makes the problem amenable to approximate analysis through Landau-Zener transition theory. We imagine starting in the $t \to -\infty$ limit, ramping at rate $\Gamma > 0$, and counting success as remaining in the adiabatic ground state. For the case of uncoupled spins, the minimum gap is given by $2|\alpha_t|$ for an isolated spin. Hence, for a single spin, we may compute a Landau-Zener probability of success as

$$P_{LZ} = 1 - \exp(-\pi \alpha^2 / \Gamma),$$

which, for a Gaussian distribution over $\alpha_i$, $d\mu^D(\alpha) = (1/\sqrt{\pi}) \exp(-\alpha^2) d\alpha$ dictates an average success probability of

$$O_{LZ}^D = \int d\mu^D(\alpha) [1 - \exp(-\pi \alpha^2 / \Gamma)]$$

$$= 1 - \sqrt{\frac{\Gamma}{\Gamma + \pi}}.$$  

In the large-$n$ limit, due to independence, this implies that the average probability of a correct solution scales like $(O_{LZ}^D)^n$, which in turn implies maintaining a constant success probability $q$ requires

$$\Gamma < \frac{(1 - q^{1/n})^2}{(2 - q^{1/n}) q^{1/n}}$$

$$\approx (1 - q^{1/n})^2$$

$$\approx (1 - e^{(\log q)/n})^2,$$

which decays exponentially in $n$ for a fixed probability of success, implying that the rate $\Gamma$ must be taken exponentially small in the number of qubits. For this model where the algorithm run time scales as $1/\Gamma$, this implies exponential time resources. As before, sometimes we discard the notion of an exact solution, and look for the approximation ratio to guide what fraction of the problem we are getting correct. For this, the optimal value of the cost function is given by

$$A_{LZ}^D = \int d\mu^D(\alpha) (-|\alpha|)[1 - \exp(-\pi \alpha^2 / \Gamma)]$$

$$= -\frac{\sqrt{\pi}}{\pi + \Gamma},$$

which yields an approximation ratio of $(2\pi + \Gamma)/(2(\pi + \Gamma))$, which has the correct limit of 1 as $\Gamma \to 0$. At $\Gamma = 1$, we have approximately 0.879, which is nearly identical to
the result of $p = 1$ QAOA for the same uncoupled spin problem. We do not know if the near identical behavior of this annealing at this rate and $p = 1$ QAOA is coincidental or indicative of a deeper connection, and leave this question open for further study.

V. CONTINUOUS EXTENSIONS, RELAXATIONS, AND Rounding

By parameterizing the solution of discrete optimization problems with continuous parameters in quantum circuits, methods like VQE or QAOA are mapping a discrete optimization problem to a continuous, but often nonconvex, problem. Solution of discrete optimization problems by mapping to continuous constructions is not an approach unique to quantum computing, and here we try to draw out some of the connections to classical methods of continuous extensions and relaxations in order to encourage cross pollination of insights and analysis between the two communities. At least one technique used in the field of classical continuous extensions, known as iterative rounding, will be especially useful in the remedy of problems of scale.

The use of continuous extensions is often discussed for classical problems in the context of set functions, which map a set of items $A \subseteq S$ to a value $f(A)$, where $A$ might be the set of edges in a max-cut problem for example. Such set functions can be mapped to a binary representation where 1 represents the inclusion of an element in the set $S$, which brings us to the familiar bitwise representation $f(z)$ we have been using in this work so far. A continuous extension of the function $f(z)$, where $z_i \in \{0, 1\}$ is a function $\hat{f}(x)$ on the reals where $x_i \in [0, 1]$ where the function agrees on the vertices of the hypercube (where $x_i$ is exactly equal to 0 or 1).

Of particular interest in classical continuous extensions is, when a function has a property that roughly corresponds to the addition of elements having diminishing returns [more formally, the property of submodularity defined by $f(A \cup \{j\}) - f(A) \geq f(B \cup \{j\}) - f(B)$ for $j \in S$ and the subset relationship $A \subseteq B \subseteq S$], a simple continuous extension known as the Lovász extension may be formulated that maps submodular functions exactly to convex continuous optimizations, which coincides with its convex closure. This mapping allows the efficient, exact solution of some instances of that display submodularity.

Importantly for our discussion, the Lovász and related extensions can be formulated exactly as using parameterizations of probability distributions and marginals for the values of the individual bits. This is exactly what we use the quantum device to do in quantum approaches such as VQE or QAOA, where the quantum wavefunction encodes a probability relationship between the bits and samples that produce candidate solutions. Consider a trivial VQE circuit for quantum optimization given by

$$|\psi(\theta)\rangle = \prod_{j}^{n} e^{-\theta_{j}Y_{j}} |0\rangle^{\otimes n}. \quad (35)$$

When evaluated on the objective function $\langle \psi(\theta)|f(z)|\psi(\theta)\rangle$, this expectation value agrees with the discrete form of the problem at all vertices of the hypercube, and is a continuous function that has no solutions lower in energy than the true solution. Hence, it is a continuous extension of the discrete optimization problem. In fact, this particular continuous extension is directly related to the so-called multilinear extension, defined on set functions $f(A)$ by

$$\hat{f}(x) = \sum_{A \subseteq S} f(A) \prod_{i \in A} x_{i} \prod_{i \notin A} (1 - x_{i}), \quad (36)$$

where $x_i \in [0, 1]$ represent the marginal probability of including element $i$. If we take each qubit in the state $|\psi(\theta)\rangle$, parameterize it as $|\psi(\theta)\rangle = \sqrt{1 - |c_{i}(\theta)|^{2}}|0\rangle + c_{i}(\theta)|1\rangle$, and make the correspondence $x_i = |c_{i}|^{2}$, then we find that the expectation value $\langle \psi(\theta)|f(z)|\psi(\theta)\rangle$ is exactly the multilinear extension of the function $f(z)$ in its bitwise representation. Hence, this variational ansatz is a simple reparameterization of the multilinear extension.

From its product construction we know that this ansatz will not provide a quantum advantage; however, this connection does let us connect with some results from the classical literature. In particular, for submodular functions, the multilinear extension gives an extension that is cross-convex. We do not get into the details of this here, but it has implications for allowing efficient solutions of nontrivial classes of problems [70,71]. As ansatz capable of generating entanglement generally contain the product distribution as a restriction, there is hope that slight perturbations of these problems may also be solvable with more developed ansatz.

The Lovász extension, the multilinear extension, and the VQE ansatz given here have no dependence on the underlying function. In the study of extensions, this is termed an “oblivious” extension. In contrast, QAOA and adiabatic approaches fundamentally use the problem $f(z)$ as part of the ansatz, and hence is a nonoblivious mapping of the problem to continuous space. Moreover, for finite values of $p$, it is not always possible to express the vertices of the hypercube exactly (not all bitstrings are accessible with unit probability), and hence QAOA is not rigorously a continuous extension of the underlying problem nor related by simple parameterization to a continuous extension. A simple modification of the QAOA algorithm that replaces the preparation of the initial state $|+\rangle^{\otimes n} = H^{\otimes n}|0\rangle^{\otimes n}$ with $|\psi(\theta)\rangle$ allows the approach to function more closely to a continuous extension, and hence adds to the repertoire of possible exact solutions to some submodular function problems under constraints.
A. Iterated rounding

When solving the continuous extension or relaxations of a problem, it will sometimes be the case that the best solution found does not correspond to a vertex on the hypercube, but rather some superposition of solutions. In the classical case, the use of extensions or relaxations are hence often coupled with a “rounding” procedure that maps the solution to the nearest vertex [71–73]. In the field of belief propagation for discrete problems, iterated rounding is termed decimation and more relaxed variations where magnitudes are adjusted are called reinforcement [74]. In that case, the use of iterated rounding (decimation) can be crucial for proving performance. While it is fruitful to explore algorithmic variations from all the parallel fields, we refer to it as iterated rounding here. In fact, for our quantum parameterizations, the measurement of bitstrings in the final solution is a randomized variant of this rounding procedure. Some recent classical approaches to discrete optimization problems work by constructing tensor network approximations to the β-softened problem of approximating the partition function \( e^{-\beta H} \), taking \( \beta \to \infty \) [75]. In this context, a quantum circuit representation of this probability distribution followed by measurement is also a rounding procedure. While we are fortunate that in the quantum case our continuous relaxations never lead to lower bounds less than the true solution (subject to satisfaction of all constraints), we still require this rounding procedure to give true solutions to our discrete problems.

In the classical case, it has been noted in various contexts that it is often the case that one is close to some of the hypercube vertices much more quickly than others, and it makes sense to round off one of these variables at a time, also known as iterated rounding [76]. In some cases it is also beneficial for inclusion of hard constraints to round in this way rather than allowing randomized or other deterministic rounding schemes. In our study of the scaling of noninteracting problems, the different rate at which each variable approached a vertex is exactly our mechanism of failure leading to exponential run times in trivial schedule implementations of quantum annealing and requiring a depth of at least \( p > 1 \) in QAOA for noninteracting problems. Moreover, if one attempts to use a separable VQE ansatz with a method such as gradient descent, it may also be the case that reaching an exact solution takes more time than desired due to the complexity of reading the gradient out of the quantum device with scales. Hence, it seems that a similar solution may work well in many cases of quantum optimization.

Iterated rounding may be performed in the quantum optimization context as follows. Consider a quantum optimization circuit \( U(\theta) \) that yields the quantum state \( |\psi(\theta)\rangle \) from which measurements in the \( z \) basis yield potential solutions to the optimization problem \( f(z) \). This \( U(\theta) \) could come from a VQE, QAOA, quantum annealing, or other procedure that is adaptive to the problem and number of qubits. In the collection of these bitstrings, we naturally obtain marginals of \( z_i, \langle z_i \rangle \), for the probability of each bit being 0 or 1. In order to avoid prematurely locking out optimal solutions on repeated passes at this procedure, we perform the rounding stochastically following an effective inverse temperature value \( \beta \), and allow one to set a maximum number of frozen parameters \( n_f \).

In each round, we optimize or reconstruct \( U(\theta) \) to give an optimal solution, and collect the marginals \( \langle z_i \rangle \). We then select a variable \( i \) to be rounded according to the probability distribution \( p(i) \propto \exp[\beta(\langle z_i \rangle - 1/2)] \). Once the index \( i \) is selected for rounding, \( z_i \) is then rounded to the closer value with ties broken randomly, and integrated out of the problem by setting this value to be fixed in the optimization problem. The function \( U(\theta) \) is then reoptimized for the new problem, and this process is iterated until upon solution no variables satisfy the constraint set by \( n_f \).

In general, both \( \beta \) and \( n_f \) may be tuned for a problem class of interest as hyperparameters. We will see in numerical studies that a reasonable choice of these parameters can lead to markedly improved performance for a fixed quantum depth compared to vanilla rounding by measurement.

This procedure solves exactly the problems of scale we introduced earlier in this work for both deterministic and randomized approaches on uncoupled spin problems. This is because at each step of the procedure, we expect each qubit to well approximate the solution of the qubit of interest despite their products having vanishing support on the exact ground state, and majority voting the qubit results independently would lead to the correct solution. In more general cases, the process of rounding can represent an approximation controlled by \( \beta \) and a number of frozen variables. We note that a variant of iterated rounding in the context of solving challenges related to \( \mathbb{Z}_2 \) symmetries in QAOA was recently proposed with \( \beta \to \infty \) and called recursive QAOA [48]. Given that it solves this additional challenge in the most approximate setting, it gives more support to the notion that iterated rounding can be a powerful improvement to quantum optimization protocols.

B. Identifying opportunity for quantum advantage

The framework of continuous relaxations gives us an opportunity to speculate as to an origin of possible advantage for variational quantum algorithms for advantage in quantum optimization problems and a potential way to identify this mechanism. In classical uses of continuous relaxations and rounding, one desires a mapping of the problem to a convex continuous problem that allows a good approximation to the original problem upon rounding. We saw that the trivial variational ansatz \( \prod_j e^{-\theta_j} \varphi_j \) is a reasonable choice for some submodular problems and trivial uncoupled spin problems.

In the quantum case, however, one usually relaxes the constraint of a convex continuous extension, and instead
deals with optimization on the nonconvex continuous surface. Such nonconvexity can be addressed in some ways with random restarts or more sophisticated methods for global optimization such as basin hopping. The use of random restarts must be done carefully to avoid the problem of barren plateaus [77,78] in the optimization landscape however.

For the product ansatz above, it is convex for simple problems with sufficient structure, but in the more general case we expect a rugged and challenging landscape. If we take the fully parameterized limit, such that a quantum circuit \( U(\theta) \) directly and uniquely parameterizes every coefficient, i.e., \(|\theta\rangle = \sum_{i}^{2^n} c(\theta_i)|i\rangle\), as the problem is diagonal, we see that after shift and normalization it amounts to the minimization of a positive-definite quadratic form on a sphere. Hence, the optimization problem is effectively convex.

While such a parameterization is obviously inefficient for many reasons, it suggests that between the product ansatz and the fully parameterized limit the additional directions in the space are breaking down barriers in the landscape, making it more convex as additional parameters are added. If a polynomial number of additional parameters with a polynomial circuit depth widens the basin of attraction of the global solution to a sufficient degree, then the solution of the problem can become efficient with the addition of restarts, even if the space is not completely convex. As such, for a set of instances or particular instance of a problem, one can study the growth of the basin of attraction with the addition of variational parameters to understand the returns for this type of continuous extension. We note that the starting points in this space cannot be arbitrary due to the problem of barren plateaus [77], but reasonable seeding schemes can be constructed which well cover the vertices of the hypercube and other short circuits.

As a simple example of convexification of a landscape through extension, recall the ring of disagrees given by the 1D Ising model \( \sum_i Z_i Z_{i+1} \). Using a fermionic representation of the problem as done by Wang et al. [56], this problem maps exactly to a noninteracting spin problem with differing coefficients. Using this momentum representation by either transforming the problem classically, or constructing a circuit using this parameterization, this problem becomes a convex optimization on the continuous extension. In contrast, a QAOA formulation fails to succeed at \( p = 1 \) in either the original or momentum formulation due to limited ansatz flexibility, and a classical optimization via bitflips will not yield simple trap-free optimization. While this problem is not challenging classically, it is suggestive of the way a circuit structure can interplay with a classical optimization problem to facilitate the solution in a variational setting. More generally, the ability to find a unitary parameterization into an independent spin model suggests the existence of an \( n \) parameter extension that renders the optimization convex.

A construction of this form has a close analogy with classical continuous extensions that are formed by neural network architectures [79–81]. In this regard, it will be interesting to compare classical neural network extensions with quantum counterparts to understand how the landscape and efficacy are impacted. It is likely that conclusions in this area will have to be made empirically, but with the rapid development of quantum computers, one that may be testable on real devices soon.

C. Connections to classical homotopy methods

In drawing connections to classical optimization methods, it is worth pointing out the strong connection to homotopy methods for global optimization (sometimes also called continuation, deformation, smoothing, or embedding methods) [82–85] or solutions of nonlinear equations [86]. These methods work by starting from the solution to an easily solvable problem and deforming that solution slowly to the final problem. If one deforms slowly enough and certain conditions on the relation between the initial and final problems are met, similar guarantees of solution quality can be found, and with enough time one can even guarantee enumeration of all local optima as well. From just the description, it is clear that these methods are related to adiabatic methods for optimization on quantum computers, but so far there has been little cross-pollination of ideas between these two areas and the challenges they may both face for practical implementation.

In adiabatic quantum computation the path deformation is performed entirely on a quantum computer, and hence we expect some differences. However, methods that seem to blend the two together are easy to formulate. For example, the separable ansatz we have introduced can be left on the quantum computer, and a homotopy deformation of the form introduced for “adiabatically assisted” VQE [87] can be used to immediately connect the two. In the case of a separable ansatz, it is clear that the work being done is almost entirely classical, while in the case of adiabatic quantum computing the work is entirely quantum. However, as one extends ansatz to depths that are difficult to simulate classically, and performs global deformations on the quantum landscape, the interplay becomes more complex. We believe that this is an exciting intersection to explore in future work.

VI. MEASURE-VOTE MECHANISM AND MEAN-FIELD FORMULATIONS

Once one has identified a set of potentials that can be solved exactly, it is natural to look for families of potentials that yield high-quality, approximate solutions, and are more closely related to challenging problems of interest. One family of potentials that are particularly amenable to solutions with low-depth quantum optimization are
potentials that precisely agree with exactly solvable potentials over a nonvanishing fraction of space. That is, due immediately to linearity, one may imagine the quantum circuit as polling the whole domain of the function at once, and the measure of the domain that agrees with the solution at the optimum determines the quality of solution, independent of how violently the potential disagrees on the other parts of space. If we take the function $f(z)$ and divide it into an exactly solvable portion $f_{\text{ex}}(z)$ given parameters $\gamma^*$ and $\beta^*$ with solution $|z^*\rangle$ that agrees with the solution of $f(z)$ and a perturbation $g(z)$, which is nonzero only on a fraction $c < 1/2$ of the domain, that is, $f(z) = f_{\text{ex}}(z) + g(z)$, we can see that

$$
|\langle z^* | e^{-i\beta^* L_d} e^{-i\gamma^* f_{\text{ex}}(z)} | + \rangle \rangle_{\otimes n}|^2
$$

$$
= |\langle z^* | e^{-i\beta^* L_d} e^{-i\gamma^* g(z)} | + \rangle \rangle_{\otimes n}|^2
$$

$$
= \left| \frac{1}{2^n} \sum_{z} (z | e^{-i\gamma^* g(z)} | z ) \right|^2
$$

$$
\geq \left| \frac{1}{2^n} \sum_{z \in D} (z | e^{-i\gamma^* g(z)} | z ) \right|^2
$$

$$
= \left| (1 - c) + \frac{1}{2^n} \sum_{z \in D} (z | e^{-i\gamma^* g(z)} | z ) \right|^2
$$

$$
\geq (1 - c - c)^2.
$$

(37)

where we have used the definition of $g(z)$ being nonzero on the domain $D$, and 0 on at most a fraction $c < 1/2$ of the bitstrings to show this immediately implies overlap with the target solution, independent of the values or norms of $g(z)$ on other bitstrings. While the assumption of $c < 1/2$ is used to make the analysis simple, tighter results for smaller $c$ have been shown for specific problems, such as Hamming symmetric potentials [64]. If the fraction of bitstrings $c$ is independent of problem size then solutions of these problems are efficient since we at most need to repeat the procedure a few times to find the exact solutions. We refer to this particular mechanism of solution as a measure-vote solution, also depicted in Fig. 1. For potentials admitting this class of solution, one often does not need to invoke variational optimization, as one may choose the parameter that solved the unperturbed problem, and, by definition, the efficiency of the solution follows from linearity. One can also reason that a similar conclusion holds in the more general case that the norm of the perturbation operator $g(z)$ is small from properties of unitary evolution.

This measure-vote mechanism of solution is exactly what is used in two of the classical problems that are studied in low-depth quantum optimization, the spike problem and bush of implications [88]. These problems are perturbations to the exactly solvable Hamming distance symmetric, or uniform noninteracting spin potentials we identified earlier as being solvable by the Laplacian on the hypercube graph. They are defined by Hamiltonians

$$
H_{\text{spike}} = w + s(w),
$$

$$
H_{\text{bush}} = P_0 + (1 - P_0)w,
$$

where $w$ is the Hamming weight of a bitstring that we have recalled in the form of Pauli operators, $a$ and $b$ are parameters defining the spike width and height, and $P_0$ is the projector onto the first qubit being 0. These problems are of great interest, as in certain regimes they are provably hard for the more demanding quantum adiabatic optimization and simulated annealing algorithms, while admitting constant depth solutions when examined using the measure-voting mechanism regime. Specifically, the complexity separation between measure voting, simulated annealing, and the quantum adiabatic algorithm was studied in depth by Bapat and Jordan [64] in the context of bang-bang control, and shown to admit exponential time advantages over these competing methods. The precise conditions when these problems are hard are enumerated by Bapat and Jordan, but at a coarse level, the spike problem is hard when the spike is tall and wide enough ($2a + b > 1$), and the bush problem is hard without a modification of the graph Laplacian. Quantum adiabatic optimization suffers from a gap closure in the case of the spike problem, while the measure-vote mechanism mostly ignores the spike as it occupies a small fraction of the overall domain.

These results look quite promising for low-depth optimization, suggesting that the measure-vote mechanism may be an excellent reference for understanding how quantum interference can provide dramatic advantages for classical optimization problems. However, we found the hypercube Laplacian to be most strongly associated with exact solutions on uniform uncoupled spin problems, as evidenced again here by the reference problem being given by $h$, which suggests that, for single steps, the mechanisms may not be hard to simulate classically, similar to a conjecture made by Bapat and Jordan.

To examine how dependent the measure-vote mechanism is on underlying quantum effects, we construct a mean-field variant at the level of an algorithm that proceeds via application of the cost function and exploration via a fast-forwardable graph to understand how the algorithm proceeds in the absence of entanglement between qubits. We note that other mean-field variants of quantum adiabatic optimization, for example simulated...
quantum annealing, have been explored and gap closures
similar to their entangled counterparts found for the spike
and bush problems. Here we are examining more pre-
cisely the role of quantum effects in the measure-vote
mechanism.

To allow for additional flexibility, we define our mean-
field model in a way that does not depend on the objective
function being expressed simply as a tensor product of
bits, but that will reduce to common mean-field methods
when this is allowed. At each timestep, we use the action
of a mean-field potential operator followed by the action
of a mean-field graph Laplacian, each of which are state
dependent. The mean-field potential and graph Laplacian
operators for a qubit \( i \) on a state \( |\psi\rangle \) are given by

\[
f_i'(z; |\psi\rangle) = \text{Tr}_{j \neq i} [f |\psi\rangle\langle\psi|] \otimes I_j \neq i, \quad (42)
\]

\[
L'_G(z; |\psi\rangle) = \text{Tr}_{j \neq i} [L_G|\psi\rangle\langle\psi|] \otimes I_j \neq i, \quad (43)
\]

where \( \text{Tr}_{j \neq i} \) indicates the partial trace over all qubits \( j \) not
equal to \( i \) and \( I_j \neq i \) is the identity operator on the same
qubits, designed to lift the action of these operators for-
mally into the full qubit space. However, as with many
mean-field methods, one may choose to work with the
reduced one-qubit objects if desired and the operators are
amenable to efficient reduction. The action of the one-qubit
mean-field operators is used to evolve the state by

\[
\prod_{k} \exp[-i\beta \tilde{L}_G^k(z; |\psi\rangle)] \prod_{j} \exp[-i\gamma f_j'(z; |\psi\rangle)] |\psi\rangle, \quad (44)
\]

which is guaranteed to map product states to product states
in the spirit of a mean-field method, preserving the lack of
entanglement. We note that, for efficiency, one is able
to take advantage of the Hadamard diagonalizability of the
graph Laplacians here if desired, as well as the convenient
definitions in terms of tensor products of Pauli operators.
While one could lump together a number of qubits into
qudits to create variants of mean-field calculations with
some entanglement at the level of qubits, we do not explore
this here. For qubit separable Hamiltonians on the hyper-
cube graph, such as the Hamming distance symmetric
potential \( w \), this mean-field construction is exact.

We apply this construction to both the spike potential
and the bush of implications, and summarize the results
in Fig. 2. For a measure-vote mechanism, as we empha-
sized in our discussion of exact results, the \( \beta = \pi/4 \) cross
section is most important, so we plot the objective func-
tion (expected value of the cost function here) for different
values of \( \gamma \) along this line for both the exact and mean-
field constructions. The dramatically different shape of the
landscapes implies that quantum correlations are playing a
role. However, it is impossible not to notice that the perfor-
mance of the mean-field method markedly exceeds that of
the exact case with respect to solving the actual problem.
Hence, for these exact instances of study, while entangle-
ment is involved, it appears to be strictly detrimental for
the purposes of solving the optimization problem.

To understand why the mean-field case exceeds the per-
formance of the exact case in this instance, it is helpful to
identify a peculiarity of a single step of this algorithm start-
ning from the \( |+\rangle^\otimes n \) state. In particular, when one evaluates the contribution of a multiqubit \( Z \) operator, e.g., \( Z_1 Z_2 \), to the
mean-field potential in the first step, we find that

\[
\text{Tr}_{j \neq i} [Z_j |+\rangle^\otimes n \langle +|^\otimes n] \otimes I_j \neq i = 0 \quad (45)
\]

for all \( j \), and this result holds more generally for the case
where one has equal populations on the \( |0\rangle \) and \( |1\rangle \) states of
the \( k \)th qubit, independent of their relative phases. Hence,
in the first step, the contribution of all higher-body opera-
tors is 0, and the potential is exclusively constructed from
the single-body operators, \( w \), which point to the exact solu-
tion by construction, without the confounding impact of
the higher-body perturbations. Hence, this mean-field con-
struction is even more robust to nonexact perturbations,
but if they influence at all the desired solution, it does not
capture this effect.
This result alone does not rule out the possibility of a measure-voting mechanism being productive in quantum optimization settings due to the robustness of the mechanism; however, it implies that we may need to look for graph Laplacians that are not as strongly associated with separable problems. It also suggests that there may always be room in optimization portfolios for quantum-inspired algorithms like this mean-field variant, as entanglement may not be universally helpful for all problem instances, even when they are contrived to fix the quantum mechanism of interest, as here.

A. Conflicted pair potentials

While the insights from objectives that are mostly separable provide great insight into the mechanisms of these optimization methods, one is also interested in what happens when the objectives are quite different from this. To this end, we construct a strongly coupled, conflicted pair potential. We would like to keep the potential simple enough to reason about exactly, while not finding that vanilla mean field has superior performance.

To this end, we introduce the conflicted pairs potential

\[ f(z) = \sum \delta Z_{2i} - Z_{2i+1} + (1 + \epsilon)Z_{2i}Z_{2i+1}, \]  

(46)

where \( \delta > 2 + \epsilon \) to allow the two-body term to dominate and \( \epsilon > 0 \) takes a small value to break the degeneracy of the ground state but remain close to a one-body potential that would be exactly solvable. This is a conflicted potential in the sense that the ground state of the two one-body terms disagrees with the ground state of the two-body term, which ultimately determines the ground state of the full Hamiltonian. As the two-body term dominates, the mean-field methods of the last section fail completely without modification of the Laplacian, and this is a good test ground to go beyond the basic construction from before. As this problem is a simple sum of uncoupled two-body potentials, it also remains exactly solvable.

We plot the results from examining this potential in Fig. 3. A striking difference from the results on the spike potential is that the mean-field hypercube driver is now significantly worse than other methods. As we saw in the last section, the mean-field hypercube potential can only read the one-body part of the potential in the first step, and as a result, it cannot find contributions in the phase that lead to the correct state. In this case, the exact case with entanglement fairs markedly better, though not ideally. The use of entanglement here allows contribution by the two-body terms, though the one-body terms remain dominant and hamper overall performance significantly.

To understand the power of modifying the graph Laplacian, we examine a modified Laplacian where select qubits shift their coefficient from 1 to 3, allowing some terms in the scaled Laplacian to have coefficient \( \pi/4 \) while others have coefficient \( 3\pi/4 \). By examining a mean-field variant of this Laplacian as well, we note that a majority of the conflicted terms can be overcome at the one-body level through a custom, qubit-independent Laplacian. We note that this bears an interesting connection to an earlier work by Farhi et al. [89], who found that stochastically switching some of the graph Laplacian terms between \( \pi/4 \) and \( 3\pi/4 \) can open the gap from an exponential worst case in some instances. We note that in this case the classical optimization landscape is considerably more complex than previous cases.

VII. KINETIC ENERGY CANNOT BE IGNORED

One of the earliest lessons taught in quantum mechanics is learned from the particle in a box: confinement of a quantum wavefunction raises the energy of the system. In connection with this idea, a key distinction between an iterative classical optimization and one proceeding via quantum dynamics is that decreasing the number of bitstrings that have finite amplitude in the quantum case fundamentally increases the kinetic energy through confinement. This generates a force that directly opposes our goal of finding a solution that may represent only a single bitstring. Moreover, phase randomization from prioritizing optimization of the potential can raise the kinetic energy
in a way that gaining information from the potential can become problematic. Here we explore some of the implications and nuances resulting from kinetic energy that lead towards suggested improvements to existing algorithms.

To get a sense of the kinetic energy for different wavefunctions, one can consider a simple 1D graph of two nodes, which has

$$L_G = \begin{pmatrix} 1 & -1 \\ -1 & 1 \end{pmatrix} = I - X. \quad (47)$$

As before, the kinetic energy is minimal at $\langle T \rangle \propto 0$ when one has an equal superposition, $|+\rangle$, maximal with $\langle T \rangle \propto 2$ when the nodes have opposite phase, $|\rangle$, and in the middle when one has some restriction to either individual basis state $|0\rangle$ or $|1\rangle$ with $\langle T \rangle \propto 1$. This implies that, for equal phase superpositions, the larger the number of cuts of edges on the graph required to isolate the wavefunction in bitstring space, or surface area on the graph, the higher the kinetic energy simply for the reason one has cut the graph. Moreover, for that number of cuts, alternation of the phase maximizes the kinetic energy. While this is a trivial example, it imparts the correct intuition for understanding the impact of kinetic energy in the efficiency of quantum optimization algorithms, as we will see empirically for more interesting examples later.

In the context of our short-depth optimization, the effective kinetic energy is given by $T = \beta L_G$. We now consider the effect of these low-depth optimization primitives on states that are not the kinetic energy ground state. This could be either an informed initial state, designed to impart prior information to improve the rate of convergence, or progress from an intermediate step of a quantum optimization algorithm.

The most extreme example of this is the case where one starts from a fixed, but incorrect bitstring, $|b\rangle$. Perhaps one believes it to be close to the true result, or it is the measurement result of an intermediate step. In this case, when applying the operator

$$e^{-i\beta L_G}e^{-i\gamma f(z)}|b\rangle, \quad (48)$$

we find that one merely imparts a global phase from the potential, meaning that no information from the problem itself enters the problem. All dynamics and information come exclusively from the graph Laplacian diffusion, or kinetic energy. This suggests two extremes. The first, or more familiar case, where the initial state is given by $|+\rangle^\otimes n$ achieves the most information directly from the potential possible in a single step, since there is no baseline contribution from random diffusion or momentum in previous steps. The second is that, for any select bitstring, no information comes from the potential, and all dynamics are random transport dictated by the graph. The existence of these extremes suggests that there is a spectrum of efficiencies one can achieve for different states relative to the graph. We sketch this spectrum of different types of states for clarity in Fig. 4.

While confinement of a wavefunction may be a substantial contribution, one can also consider the action on nonconfined but high-energy states. For example, on the hypercube graph, the state $|\rangle^\otimes n$ is the maximum kinetic energy state. However, if one constructs a similar constraint equation for this as an initial state,

$$e^{-i\gamma f(z)}|\rangle^\otimes n = e^{i\beta L_G}|z^*\rangle, \quad (49)$$

we find in contrast to the confined state that there appear to be solvable potentials. Although starting from a nonzero kinetic energy state contrasts with a picture designed with adiabatic dynamics in mind, it is a reminder that we are often seeking explicitly diabatic paths for quantum resource efficiency, and that minimum kinetic energy of the state may not be the best direct indicator of solvability. However, minimizing kinetic energy may be a sufficient condition for removal of random momentum, and the highest kinetic energy states are those with random phases rather than the most confined, which reside in the middle of the spectrum.
To be more concrete, consider again the hypercube graph and imagine a situation where we have a contiguous set of vertices \( S \) that are all neighbors with equal magnitude quantum amplitudes inside the set, and 0 amplitudes outside the set. We can divide contributions to the kinetic energy into two parts, relative phase contributions from the interior of the set and kinetic energy along the surface of the set, represented by bonds from the occupied vertices to the unoccupied vertices.

We first focus on the contributions from the perimeter of the set, as this must always be present in any converging optimization algorithm, even if one cleverly initializes the state to have equal phases on the interior. The problem of minimizing this boundary is the generalization of isoperimetric problems in Euclidean space to graphs, which in the general case is quite difficult, but on the hypercube there are a collection of known results.

The results differ based on whether one considers the minimum number of vertices one must remove to separate the sets, known as the vertex boundary, or whether one counts the number of edges to remove to separate the two sets, or the edge boundary. The minimum perimeter shape for a fixed set with respect to the vertex boundary is known to be Hamming balls or very near to Hamming balls if the number of vertices in the set cannot satisfy that exactly. We will be interested in the interior vertex boundary of the set \( S \), denoted \( \partial_i(S) \), which we define to be the set of vertices in \( S \) that are connected to the complement of \( S \). For the hypercube with a Hamming ball of radius \( r \), the size of this interior boundary is given by

\[
|\partial_i(S)| = \left( \frac{n}{r} \right). \tag{50}
\]

These boundaries are convenient from the point of view of analysis, and will be particularly relevant to the strategies we use to coherently increase efficiency later.

To get a sense for the impact on efficiency, imagine one has progressed in optimization until the current set of vertices is \( 2^n/2 \), or that random sampling of the state could now produce a quadratic advantage over blind random sampling. In the worst case, these vertices are completely noncontiguous, which is possible even as early as a state with support on \( 2^{n-1} \) states as the hypercube graph is a bipartite graph. Any application of \( L_G \) can now only grow the set of occupied states, reaching at worst a return to the fully occupied state, and the potential can at best shift the support. In the less extreme case where the bitstrings are confined to a Hamming ball of radius \( n/2 \), the contiguous interior can obtain information from the potential, but the exterior is doomed to suffer random diffusion in at least one direction. This we term boundary scattering and depict in Fig. 1.

So far, we have discussed only kinetic energy resulting from confinement on the graph. The highest energy contributions actually come from relative phase differences on the interior of a set of points, and in principle can be the most damaging to information gain from the potential and progress of the optimization. The interior phases are in some ways analogous to accumulated momentum from the potential in a momentum-based optimization in machine learning; however, after many steps of an algorithm prioritizing the potential contributions, one may end up with randomized phases on the interior overwhelming contributions made directly by the potential, making optimization progress nearly impossible. We call this type of contribution phase scattering, which is also shown in Fig. 1.

To get a better quantification for both of these effects, we construct the following model problem. We use the objective that is exactly solvable with the hypercube Laplacian, which is a Hamming distance symmetric \( f(z) = w = \frac{1}{2} \sum_i (I - Z_i) \), and imagine that a quantum optimization algorithm, such as an adiabatic optimization, has stopped at one of several intermediate points. We consider the case where the set of support has shrunk to a Hamming ball of size \( r \) around the solution, with uniform and randomized phases. In principle, this is a strict improvement towards the global solution.

We quantify the amount of improvement possible from this starting point measured by overlap with the exact solution in the subsequent step compared with the previous step. To do this, we take the overlap with the exact solution in the initial state \( |c_0|^2 \), and compare it with the overlap for the subsequent step, \( |c_f|^2 \), with \( \beta \) and \( \gamma \) used to minimize the variational objective, set to be the expected value of the objective with respect to the state here. As a technical note, we utilize a global sampling on a grid of \( \beta \) and \( \gamma \) values followed by a local optimization to find the optimal values for each. This is done to address the ruggedness of the parameter landscape for states with varying phases. We use their difference normalized by the value for an exact solution with the uniform starting state \( (1 - 2^{-n}) \).

The quantity,

\[
I_\psi = \frac{|c_f|^2 - |c_0|^2}{1 - 2^{-n}}, \tag{51}
\]

which measures the improvement possible for a state \( |\psi\rangle \), is used as a proxy for information gain from the potential and efficiency of the algorithm. This value quantifies the maximum improvement in probability of obtaining the correct solution for adding one round of the form \( \exp(-i\beta L_G) \exp[-iyf(z)] \). We note that this depends on the state, the Laplacian, the potential, and also the variational objective function used in the optimization of \( \beta \) and \( \gamma \). Moreover, due to the use of the mean here, negative values of gain will be possible. We defer discussion of negative values of this gain to the section on shadow defects.
to improve when taken as a starting point for a subsequent local optimization.

To further this connection, consider the adiabatic path for the Hamming symmetric problem. At each point along the path, the system is in the simultaneous eigenstate of

\[ H(s) = -(1 - s)X_i - sZ_i \]

for each qubit and some value of \( s \). For every value of \( s \), the instantaneous eigenstate of this problem is a phaseless superposition of shrinking support. That is, the adiabatic algorithm follows a relative phaseless Hamming ball of shrinking radius.

In fact, more generally, the structure of using any graph Laplacian \( L_G \) as the term in such an adiabatic evolution renders the Hamiltonian stoquastic up to a trivial diagonal shift of the potential. This implies that the instantaneous ground state of the fully adiabatic solution for this type of construction is always phaseless. Hence, including kinetic energy terms in a variational objective can provide a way not only to increase general information gain in subsequent steps, but can provide a more reliable witness to diabatic transitions that shortcut one into the instantaneous ground state desired.

Here we have seen that the impact of kinetic energy on the ability to progress in an optimization can be overwhelming. The correlation of this with results from choosing initial QAOA parameters and the corresponding adiabatic path suggests that a method attempting to improve optimization results must also consider the average of the kinetic energy. While at any given step the best result for the optimization is to focus on the objective, this damages the potential for information gain in future steps. This suggests that if one is to use more flexible variational ansatz for optimization problems, the variational objective to train intermediate layers should also include a function of the kinetic energy as well as the potential.

### VIII. SHADOW DEFECTS

The intuitive picture that these short-depth optimizations proceed by measure vote or some inherently global action over the whole landscape suggests an interesting mode of failure. It implies that energetic anomalies far from the solution of interest can greatly influence the ability to solve the problem effectively when variational feedback is included. For example, if, for every step via Laplacian diffusion that improved approximation in the global basin, there was wavefunction density near a distant energetic spike, one may falsely conclude that variational improvement is impossible, due to this high-energy defect in a remote part of the energy landscape causing an average energy increase. Here we show some of the simplest examples where this mode of failure occurs, and suggest a partial fix to the problem. The form of the fix supports...
recent efforts in changing the cost function for variational
quantum optimizations. It is an interesting direction for
future study to understand the relationship between these
issues and recently discussed reachability deficits [90].

Consider again the Hamming distance symmetric prob-
lem, \( f(z) = w \), with the corresponding hypercube Lapla-
cian. We imagine that, due to some intermediate opti-
mization steps, we have successfully reduced the support
of the wavefunction to be closer in Hamming distance
to the solution, but not perfectly so. The wavefunction
is equally superposed over all bitstrings with Hamming
weight \( \lfloor n/2 \rfloor \) for an odd number of qubits. If one examines
the parameter landscape for optimizing over \( \beta \) and \( \gamma \), using
the expected value of the cost function as the optimiza-
tion metric, the landscape is flat everywhere. The optimal
move is to not move. Because of the coupled movement
of the superposition, every movement downhill is coun-
terbalanced in energy by a movement upwards, as if the
uphill part of the potential is casting a shadow defect or
barrier on the low-energy part. While this specific case
could be related to a symmetry, we term the more general
effect as shadow defects, and depict it, as well as the initial
and final wavefunctions and potential landscape, for \( \gamma \) in
Fig. 6.

As an additional example, we consider a more realistic
case of optimization progress that has narrowed the
support down to a Hamming ball around the final solu-
tion in Fig. 7. In this case, the initial wavefunction with
increased support on the final solution (pictured in yellow)
has no overlap with the spike in the potential and in a
local method would only see the noninteracting poten-
tial. Yet the final wavefunction without cutting (red) shows
significant degradation in solution quality from \( p = 0.81 \)
to \( p = 0.71 \) as compared to the same initial state on the
noninteracting potential, with the additional loss coming
from boundary effects of kinetic energy. In contrast, when
cutting is applied (removing from the graph Laplacian the
region in crossed blue), the solution maintains a quality
of 0.96 in both the noninteracting and spike case. Hence,
these shadow defects, named as they cast a shadow on
the landscape rather than obstruct it directly, cause signif-
icant degradation of performance due to the global nature
of these methods.

The ability of distant and unrelated shadow defects to
impact the efficacy of low-depth optimization methods,
particularly those trained with variational components is
troubling. It suggests that, for sufficiently large problems,
there may always be some distant defect that influences
progress that could be made in the relevant region, simply
due to chance. We conjecture that this may be the physical

![Fig. 6](image1.png)

**FIG. 6.** Sketch of the shadow defect from an exactly solvable
potential. We examine the initial and final states of a low-depth
optimization step started from the equal superposition of all
bitstrings with Hamming distance \( n/2 \), shown as a blue his-
togram here. Even on the exactly solvable Hamming distance
distance ramp, shown in light gray, the variational objective shown as a
dotted line in the center is completely flat. Even though there
is no barrier between the initial state and exact solution, this
shadow defect cast over the exact solution makes improvement
impossible without additional method refinements. We depict
this shadow defect as an artist rendering in gray as with the ramp
potential in gray on the left of the figure.

![Fig. 7](image2.png)

**FIG. 7.** Avoiding spike shadow defects with coherent cuts. In
this case, we initialize the wavefunction (yellow) with increased
weight on the target state, confined to a Hamming distance of 5
for an eight-qubit system. The final wavefunction without Lapla-
cian cutting (red) degrades in quality at the solution from 0.81
to 0.71 as compared to a case without the spike (gray indicates
potential), despite having no support on the spike and a barrier-
less path to the solution. When the graph Laplacian is used to cut
(cut indicated in cross-hatched blue, wavefunction in blue), the
solution consistently has an overlap of 0.96.
mechanism at the heart of recent results in concentration of measure for the quantum approximate optimization method when examined on large enough instances [49].

As the shadow defects have their most direct impact in the outer loop optimization portion of short-depth variational optimizations, one solution is to modify the variational objective function from the expected value of the cost function to one that ignores higher-energy contributions. Two such suggestions have recently entered the literature, which are the conditional value at risk [91] and a Gibbs-like function [51] based on a log-sum-exp construction. While the conditional value at risk is a reasonable choice, the function tends to be flat when looking at exact problems where the solution fraction is large due to its definition. For this reason, we focus on the Gibbs inspired variational objective function

\[
C_G(f(z)) = -\log(e^{-\eta f(z)}),
\]

where the brackets indicate the expected value over the current wavefunction. Because of the diagonal nature of the cost function, this is simple to implement, and unlike the conditional value at risk, it maintains a nonflat surface even in the case where one can attain exact solutions. We utilize an inverse temperature value of \( \eta = 20 \) in our numerical experiments, as used in the original paper [51].

We collect the results of the impact of both the cost function modification and the coherent cutting of the Laplacian in Fig. 8. We see that both the cost function modification and the Laplacian cutting can yield significant improvements. While the cost function modification is easier to implement and has no additional quantum requirements, it avoids shadow defects at the cost of losing some fraction of the wavefunction under true higher potential regions. Doing this for too many steps is ultimately not scalable, and ultimately one must find a way to constrain the wavefunction flow to relevant regions of space. A coherent graph cutting method along with initialization in the relevant region is a first step in this direction, but requires additional quantum resources. We now move to describing this method.

**IX. COHERENT GRAPH CUTTING**

The study of the impact of kinetic energy as well as the inherent impact of shadow defects from the influence of the global surface suggests that modifying the support of the initial wavefunction and underlying graph can lead to significant improvements. To maximize our capabilities in low depth, we have thus far focused on graph Laplacians that are amenable to fast forwarding through diagonalization by a Hadamard transformation. These Laplacians, often constructed in a Pauli framework by sums over \( X \)-like terms, construct \( k \)-regular graphs in bitstring space, where \( k \) is the number of terms in the sum. It is easy to see that adding more of this type of term strictly increases the connectivity of the underlying graph, and in the limit of full connectivity, we recover the complete graph of Grover’s algorithm, which we have seen cannot take advantage of any structure in the cost function.

In order to remove select connections from a graph built from Pauli \( X \) terms within a Pauli framework, it becomes necessary to introduce \( XZ \)- or \( YY \)-type terms. This is because one requires positive off diagonals in the Laplacian in some but not all of the same positions as the links introduced by \( X \)-type terms. From orthogonality of Pauli operators, one can see that this is only possible through the use of additional nontrivial Pauli operators in the product in order to create the correct sign structure. These types of term are sometimes broadly grouped into the class of nonstoquastic terms, but in this context if one used them to build a graph Laplacian that simply removed links built by \( XY \) terms, the overall \( L_G \) can remain stoquastic, allowing guarantees about adiabatic algorithms starting from the \( |+\rangle \otimes^n \) state to remain true. For the most general nonstoquastic deformation of \( L_G \), it can be as challenging to determine the ground state of this \( L_G \) to start from as to solve the original problem, whereas when the overall operator is guaranteed stoquastic, the ground state is always \( |+\rangle \otimes^n \) independent of the nonstoquastic nature of

![Image](image-url)
individual terms. Interestingly, it has recently been observed in the context of adiabatic optimization that nonstoquastic Hamiltonians can always be deformed to stoquastic Hamiltonians with larger gaps [92], lending support to the strategy of considering these problems in the context of graph Laplacians that are always stoquastic as a whole in spite of individual terms.

The more dire consequences for our purposes of attempting to modify the graph structure with only Pauli operators is first that even conceptually simple modifications (e.g., cut around a given Hamming ball) seem to require a huge (exponential) number of terms and second that the addition of even a single $XZ$ or $YY$ term can ruin our ability to fast forward. We note that Trotter errors induced for the purposes of heuristic low-depth optimization may not actually be consequential, but we construct here a coherent graph modification that circumvents both of these problems. In particular, we use the ability of quantum operations to be efficiently controlled by functions with simple definitions, which do not always translate to simple (or polynomially sized) Pauli expansions.

In short, we take the quantum operation that enacts $e^{-i\beta LG}$ for a fast-forwardable LG $LG$, and control its application on an ancilla indicating if vertices on the bitstring graph are within a certain domain. When coupled with state initialization within that domain, this restricts the evolution to that domain without introducing excess kinetic energy from boundaries.

We consider domains that are defined by a Hamming ball of radius $r$ centered at a bitstring $|x_0\rangle$. An efficient algorithm for preparing an equal superposition over this region, or approximates thereof, has previously been given by Childs et al. [93] using biased Hadamard transforms. From this initial state, our restricted walk operator is formed as follows. The state vector $|\psi\rangle$ is stored on $n$ qubits. We attach an ancilla register of $O(\log n)$ qubits that stores the Hamming distance from the target central bitstring $|x_0\rangle$. The Hamming distance from $|x_0\rangle$ is coherently computed on $|\psi\rangle$ and stored in this ancilla register. A final indicator register with a single qubit is then used to store the result of a comparison function that computes if the value is less than the desired radius $r$. The operator $e^{-i\beta LG}$ is performed, controlled on this indicator register. This is followed by uncomputation of the indicator and Hamming distance register. This completes the application of a coherent, graph-cut evolution.

The results in Fig. 8 show that this technique is more efficient at the elimination of shadow defects when compared to simple variational objective modification. However, the overhead of performing these coherent operations may make them prohibitive in the near term. While we focused on the simple case of Hamming ball restriction, this method can be generalized to more interesting functions of domain restriction and novel ways of specifying graphs. Our results on kinetic energy and shadow defects indicate that developments in this area more generally will be needed to maximize the efficiency of quantum optimization methods.

### X. Improving Low-Depth Approaches

Throughout this work, we have collected insights about low-depth quantum optimizations for classical problems in the hopes that they lead to simple and powerful new methods or improvements to existing methods. Here we briefly review these ideas and assemble them into a framework that can be used to improve the potential for low-depth quantum optimization for classical problems.

One of the early challenges we identified is the vulnerability of quantum optimization methods to problems of scaling. That is, even for uncoupled spins, if the energy scales of the spins differ appreciably, it can become needlessly challenging to obtain a solution, in analogy to condition number problems with first-order classical methods. If we insist that our method implements some quantum query to the objective function coherently, this leaves us with a logical building block of the form

$$e^{-i\gamma F[f(z);q]},$$

where $F$ is a general transformation of the objective with some schedule parameter $q$ such that there exists a $q$ where $F[f(z);q] = f(z)$. This constraint allows us to define paths with this building block that coincide in a large depth limit to an adiabatic solution and hence coarser and coarser approximations of the exact limit can suggest logical building blocks for low-depth optimization circuits.

If one is however able to afford additional variational parameters, it is possible to define parameterized transformations or to simply relax existing approaches like QAOA by allowing more freedom. Such a transformation allows one to solve the problem of noninteracting spins in constant depth by construction; however, we note that this can pass the problem of scales into a classical outer loop optimizer. Luckily second-order optimizers or other preconditioning methods that can repair scale problems classically are well developed, unlike their quantum counterparts. Hence, one can take advantage of this additional classical technology to improve the efficiency of the optimization. If one can heuristically guess the value of the preconditioners classically, this is obviously preferable. Even with the efficiency of classical methods assisting variational optimization, these methods are believed to be limited by the ability to readout the relevant quantum information about the gradient, with scalings in the best case as $O(1/\epsilon)$. Hence, if the gap is exponentially small, it still may be difficult to resolve exactly without other techniques. We examine numerically the case of varying $\gamma$ and $\beta$ independently for each term within QAOA in the subsequent section.
From connections to classical approximation algorithms, we noted that many of the quantum algorithms for optimization can be viewed as versions of continuous extensions followed by rounding through quantum measurements. In this spirit, some of the problems we have reviewed and more can be simply eliminated without increasing quantum resources through the use of iterated rounding, where the number of frozen variables and other hyperparameters may be tuned. In the next section we examine the efficacy of this approach for several systems numerically.

Moving towards the dynamics of the system, we noted that the relationship between the graph Laplacian $LG$ and the potential $f(z)$ is a crucial determiner of the amount of progress that could be made in each step. We restricted ourselves to graphs that are fast forwardable, including a generalization of these graphs that allowed coherent cutting of the domains for improved efficiency. We noted that all graph Laplacians satisfy the requirement of allowing an exact path; hence, there are a large class of transformations $K(L_G; q)$ that admit exact results, and indeed we have seen that even those outside the strict definition of a Laplacian are also applicable. In a variational framework, it is clear that one may examine families of Laplacians and attempt to find correlations between a problem class over a defined measure of instances and the optimal Laplacians.

When one uses fast-forwardable Laplacians as we have here, it implies the existence of an efficient diagonalizing quantum circuit. In our case, we looked primarily at graph Laplacians that are diagonalized by a Hadamard transform across all qubits. This means that measuring the kinetic energy is about as efficient as measuring the diagonal potential for these constructions. That is, one nice feature of QAOA is that a single-shot measurement of all qubits in the $Z$ basis allows complete determination of the energy, and the covariance between terms is often beneficial in the sense that estimating the energy to a given precision is relatively rapid compared to other cases. The construction of these estimators has been the topic of several recent works emphasizing this fact [94–96]. This diagonal form is also what allowed the use of simple modifications of the objective function as $C[f(z)]$. We see for our Hamiltonians that this extends to the Laplacian in that one may measure all qubits in the $X$ basis, and infer not only an average of the Laplacian, but generalized functions of the Laplacian $K(L_G)$ that may be computed simply in its diagonal basis. This may be simply summarized as

$$\text{measure } Z_i \text{ for all } i \rightarrow f(z) \rightarrow C[f(z)],$$

$$H^{\otimes n} \rightarrow \text{measure } Z_i \text{ for all } i \rightarrow L_G(x) \rightarrow K(L_G),$$

where each is done some fraction of the time depending on statistics of convergence in the output results, and the diagonalizing circuit $H^{\otimes n}$ could be exchanged with another, for example a quantum Fourier transform on a Euclidean graph, or an $XY$ graph in a fermionic picture [56–58].

From the study of the conflicted pair potential, we noted that one striking failure of some of these low-depth optimization methods is when the averaged one-body potentials are in disagreement with the ground state. One way to rectify this is to use freedom in the graph Laplacian to set for an individual qubit a value of $\beta_i = 3\pi/4$ rather than the value $\beta_i = \pi/4$. Of course, it is key to do this on a per-qubit basis to retain the most flexibility. Of course, one does not wish to introduce a combinatorial search over individual $\beta_i$ parameters, so a good heuristic strategy, such as greedy search over $\beta_i \in \{\pi/4, 3\pi/4\}$ for each qubit, can provide a cheap alternative that we have seen can improve very low-depth solutions dramatically. We note that this bears a similarity to the suggestion of alternating $\beta_i$ stochastically in adiabatic optimizations to avoid gap closures with some finite probability [89]. This can be coupled with a continuous scaling by a more global $\beta$ value to not lose the flexibility of a QAOA result. A flexible version of this strategy where $\beta$ is allowed to vary for each qubit variationally is examined later.

When one is concerned with finding reusable primitives through variational pretraining, we advise the use of a modified hypercost function for this process that is coupled with the intended graph Laplacian. That is, one should study reusable components with a variational objective of the form

$$V[f(z), L_G] = k_1 C[f(z)] + k_2 K[L_G(x)],$$  (57)

where the variational cost function transformation $C[f(z)]$ includes generalizations like the Gibbs cost function, and hyperparameters $k_1$ and $k_2$ are to be adjusted. Using a training cost function for individual components such as this allows one to quantify both the gain in the cost function and the anticipated information gain in future steps, which will ultimately be more scalable than relying on the cost function alone.

The use of the generalized cost functions $C[f(z)]$ in any total variational methods allow one to mitigate the impact of shadow defect problems. However, these approaches eventually lose efficiency as more and more of the wavefunction is discarded. An efficient method must be able to restrict the domain of exploration intelligently. We saw that if one remains entirely in a Pauli framework for $L_G$, this implies a loss of the ability to fast forward; however, the
The introduction of coherent cutting circumvents this problem. This suggests that in a variational approach, the domain restriction could also be parameterized to great effect. We do not explore this further here however.

Finally, we note that, from connections with classical continuous extensions, specifically oblivious extensions, it need not be the case that a quantum coherent query is required to achieve an advantage. This is especially appealing in the near term, where the most expensive part of these applications is often the coherent query to the objective function, suggesting more problem-specific and VQE-like approaches may prove beneficial. Put together, these building blocks represent a variational framework for optimization built from concrete components informed by our understanding of the underlying mechanisms. We believe that further insights into the mechanisms will allow for additional improvements and more effective algorithms requiring even fewer quantum resources.

XI. NUMERICAL EXPERIMENTS

In this section, we examine some of the topics discussed throughout numerically for models that do not have simple analytical solutions. This allows us to reason about the impact of these effects and techniques for more interesting systems, yet still simple enough to impart intuition for how these effects arise.

The impact of problems of scale are evaluated as well as two potential techniques for resolution, parameter relaxation, and iterated rounding.

As described in Sec. IV F, a simple 1D ferromagnetic chain with nonuniform couplings can lead to an exponential gap closure with system size in quantum annealing [68], which raises the natural question of how this trouble impacts methods like VQE and QAOA given the problems of scale discussed for noninteracting systems. To examine this, we first introduce a variant of this problem by modulating the alternative coupling coefficient $J_2$, resulting in the Hamiltonian

$$H = \sum_{i=1}^{n/2} -Z_i Z_{i+1} + \sum_{i=n/2+1}^{n-1} -J_2 Z_i Z_{i+1},$$

as well as a two-dimensional variant where coupled spins are on a grid and the separate coupling values are given to different blocks. We performed numerical optimization of the QAOA ansatz for these problems and found that, as the two domains of the problem are detuned—i.e., $J_2$ is scaled away from 1—the performance of the QAOA as measured by the resulting probability of the ground-state bitstrings $|z^*\rangle$ decreases analogous to the behavior noted in annealing. Performance on the 1D ferromagnetic chain decreases at the same rate regardless of the number of rounds $p$. The configuration and performance on the 2D ferromagnetic chain is depicted in Figs. 9(a) and 9(b), and in addition to the overall downward trend as $J_2$ is decreased, higher values of $p$ can maintain a higher probability mass on the ground-state solutions for longer.

We also consider a problem without a trivial solution, which is a modified version of MaxCut given by the Hamiltonian

$$H = \sum_{i,j \in E} J Z_i Z_j, \quad J = \{1.0 \text{ or } J_2\}.$$ 

In this example, the edges $E$ are defined by random three-regular graphs and $J$ is selected such that half of the edges receive a coupling strength of $J_2$. Unlike the simple ferromagnetic case, the behavior of these problems is more

![FIG. 9. QAOA dependence on scale and detuning. The 2D ferromagnetic Ising model and three-regular MaxCut problems are considered with two distinct couplings, and the dramatic performance changes are shown as the second coupling $J_2$ is altered. Separate lines label different values of repetitions ($p$) for the QAOA ansatz. (a) The configuration of couplings in the 2D ferromagnetic grid, where bold and nonbold links indicate the different couplings. (b) The probability of the exact ground state of a 2D ferromagnetic grid decreases as half of the couplings are detuned. Increasing the number of QAOA rounds, $p$, delays the onset of such problems of scale, but performance remains strongly dependent on the separation. (c) A MaxCut-like problem instance that shows nonmonotonic dependence on scale difference, with a curious dip at $J_2 \sim 0.52$ where a particular scaling of the couplings apparently substantially decreases performance of the algorithm.](https://example.com/fig9.png)
FIG. 10. QAOA success probability against the classical continuous extension (CE) baseline in problems of scale. The same instances from Fig. 9 are used, with the horizontal lines indicating the performance of a classical continuous extension, and different lines for different detunings of the algorithm. (a) For $n = 12$, 2D ferromagnetic grids, we see that one may need values of $p$ in excess of 10 to match the classical baselines. (b) For $n = 14$, three-regular MaxCut problems ($J = 1$), we see that, for a range of instances, one often needs a $p \geq 6$ to match the classical baseline.

We note that the optimization of this ansatz typically converges with all the support on one bitstring, so for a given restart, there is either full or no support on a target bitstring, further motivating our approach to average over classical restarts. These probabilities can be directly compared to the probability of ground-state bitstrings achieved through an optimized QAOA ansatz. The QAOA optimization is started from the point suggested by smooth annealing, as has been suggested in previous studies, as random initialization have been observed to produce inferior results [46]. This comparison is made in Fig. 10. Panel (a) treats the 2D ferromagnetic grid model. Following our previous discussion, the performance of QAOA is dependent on the $J_2$ parameter (lines with markers). The classical approach does not run into these problems of scale, with the continuous extension ansatz yielding about an 80% probability of success regardless of the $J_2$ value. QAOA without detuned domains ($J_2 \geq 0.8$) requires a number $p$ of rounds of approximately five to match the performance of the unentangled continuous extension. In contrast, for the highly detuned case ($J_2 = 0.2$), QAOA cannot match the performance of the classical algorithm even at $p = 10$. In panel (b) we once again turn to three-regular MaxCut problems as representative realistic problems. Here we plot the difference in performance between the classical and quantum approaches (the greater variability of instances makes this a more digestible summary of results) with performance parity around $p \sim 6$. With many near-term hardware demonstrations of QAOA being restricted to $p < 5$ [97], this classical benchmark is all the more relevant.
allow us to solve. In this work, we identified physical contributions to success, and what problems those inherently improve and innovation of new algorithms depend on. As in classical method development, the optimization will continue to drive development of quantum algorithms. Moreover, connections to continuous extensions in classical optimization approaches allow us to conjecture the origin of potential advantages for using oblivious ansatz like VQE for generic optimization problems on quantum computers. By examining a single step at different points in these trajectories, we are able to identify some characteristics of this style of optimization that lead to better understanding of performance and methods for solution. In particular, we are able to characterize classes of potentials that are exactly solvable for a given graph Laplacian, $L_G$, and the implications of uniqueness around this result. From there, we showed that, without modification, even simple noninteracting problems can be outside the scope of a single step, owing to basic limitations in the flexibility of the algorithms. Numerically, we saw these limitations extended to larger problems like 2D ferromagnets, but simple fixes could often alleviate these problems. The case of exactly solvable potentials are linked to the measure-vote mechanism, which demonstrated in comparison with its mean-field counterpart that, while entanglement plays a role, it can be strictly detrimental without enhancement of the graph Laplacian.

In addition, the importance of the quantum kinetic energy and its role in optimization is explored in detail. The consequences of boundary and phase scattering are seen to make improvements grind to a halt, linking to diminished information gain from the potential. We saw that boundary scattering is linked with the ability of distant energy defects to impact the ability to optimize. With a large enough space and a wide enough variety of defects, we conjectured that these are the underlying origins of concentration phenomena that have been observed in QAOA landscapes. These shadow defects can be partially circumvented through modification of the variational objective, but ultimately coherent cutting or clever modification of the graph Laplacian $L_G$ is required to improve efficiently.

Overall, we believe that providing more physical intuition for the operation of algorithms for quantum optimization will open the doors to dramatic algorithm improvement. Ultimately, the lack of a globally convergent, state-independent quantum optimization method implies that we will either eventually require state-dependent methods like reverse annealing, or some degree of nonunitarity with respect to the optimization system using an ancillary system or measurement. We believe that the insights in this

Having quantified the impact of problems of scale relative to a classical baseline, we turn to resolutions for this problem within QAOA. In Fig. 11, we consider relaxation in turn of the parameters $\gamma$, $\beta$, and their combination for a 2D ferromagnetic Ising model. Following predictions from the noninteracting case, relaxation of the $\gamma$ parameters associated with the Hamiltonian afford the biggest qualitative change, leveling out and improving performance for more detuned values of $J_2$. Similar to the intuition gained from seeing disagreement between lowering the energy and improving the probability of success in previous sections on shadow defects, we see that simply varying the $\beta$ parameters independently actually reduces performance. However, their combination has an effect greater than the sum of the parts, improving performance across the board at the cost of having the most parameters to optimize.

We then examined the impact of iterated rounding for the instances of the 2D ferromagnetic model in Fig. 12. In both cases ($J_2 = 0.2, J_2 = 1$) we generally see an improvement in success as the variables are fixed. However, in the more challenging case, we see that there can be an optimal number of parameters to fix to improve success. In the simpler case of $J_2 = 1$, rounding dramatically improves the chances of success as a function of the number of frozen variables.

**XII. CONCLUSIONS AND OUTLOOK**

The ubiquity and impact of potential advances in optimization will continue to drive development of quantum algorithms. As in classical method development, the improvement and innovation of new algorithms depends on our understanding of the foundational elements that contribute to success, and what problems those inherently allow us to solve. In this work, we identified physical mechanisms and intuition for a wide class of optimization algorithms by dissecting the performance of a single step, in order to draw attention to counterintuitive limitations, and potential remedies.

We did so by first taking a general point of view that considers evolutions under fast-forwardable graphs of bitstrings. This general class encompasses adiabatic evolution, quantum annealing, quantum walks, and heuristics like VQE or QAOA in the sense that most of these call evolution under a fast-forwardable graph a subroutine. Moreover, connections to continuous extensions in classical optimization approaches allow us to conjecture the origin of potential advantages for using oblivious ansatz like VQE for generic optimization problems on quantum computers. By examining a single step at different points in these trajectories, we are able to identify some characteristics of this style of optimization that lead to better understanding of performance and methods for solution. In particular, we are able to characterize classes of potentials that are exactly solvable for a given graph Laplacian, $L_G$, and the implications of uniqueness around this result. From there, we showed that, without modification, even simple noninteracting problems can be outside the scope of a single step, owing to basic limitations in the flexibility of the algorithms. Numerically, we saw these limitations extended to larger problems like 2D ferromagnets, but simple fixes could often alleviate these problems. The case of exactly solvable potentials are linked to the measure-vote mechanism, which demonstrated in comparison with its mean-field counterpart that, while entanglement plays a role, it can be strictly detrimental without enhancement of the graph Laplacian.

In addition, the importance of the quantum kinetic energy and its role in optimization is explored in detail. The consequences of boundary and phase scattering are seen to make improvements grind to a halt, linking to diminished information gain from the potential. We saw that boundary scattering is linked with the ability of distant energy defects to impact the ability to optimize. With a large enough space and a wide enough variety of defects, we conjectured that these are the underlying origins of concentration phenomena that have been observed in QAOA landscapes. These shadow defects can be partially circumvented through modification of the variational objective, but ultimately coherent cutting or clever modification of the graph Laplacian $L_G$ is required to improve efficiently.

Overall, we believe that providing more physical intuition for the operation of algorithms for quantum optimization will open the doors to dramatic algorithm improvement. Ultimately, the lack of a globally convergent, state-independent quantum optimization method implies that we will either eventually require state-dependent methods like reverse annealing, or some degree of nonunitarity with respect to the optimization system using an ancillary system or measurement. We believe that the insights in this
work will guide the development of improved future methods, free from some of the deficiencies we have outlined here, and bolstered by their remedies.

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