Black Kites on a flyway between Western Siberia and the Indian Subcontinent

Ivan Literák¹, Jan Škrábal¹⁎, Igor V. Karyakin², Natalya G. Andreyenkova³ & Sergey V. Vazhov⁴

The Black Kite (Milvus migrans) is one of the most widespread raptors in the world. The Palaearctic is populated by two migrating subspecies, Milvus migrans migrans and Milvus migrans lineatus, in the western and eastern part of this realm, respectively. There is a large intergradation zone of M. m. migrans/M. m. lineatus in-between. Although the migration routes of M. m. migrans from Europe to Sub-Saharan Africa and the Middle East are well known, detailed information about migration routes of Black Kites from intergradation zone are missing. Using satellite telemetry we are able to fill this gap in our knowledge of these birds. We tagged with GPS/SMS/GPRS telemetry loggers 13 and 6 Black Kite pulli in lowland around Biysk (Altai Krai, Russia) and in mountains around Kosh-Agach (Altai Republic, Russia), respectively. After fledging, Black Kites from both subpopulations stayed in a small, non-overlapping areas and then migrated to southern Asia through narrow corridors. Black Kites originating from Biysk migrated through the Western Circum-Himalayan Corridor. Black Kites originating from Kosh-Agach used the Trans-Himalayan Corridor crossing the Himalayas in altitudes of up to 6256 m asl. The average total distance travelled of Black Kites from both subpopulations was 9166 km without any significant differences between these subpopulations. Timing of both spring and autumn migration did not vary along different age groups. Black Kites from both subpopulations wintered in low elevations of Pakistan and India. Birds wintered on average for 190 days, and the mean area of individual home ranges in winter was 4704 km². During the breeding period, birds dwelled in south-western Siberia, where they spent on average 125 days with an average home range size 3537 km². We found that ontogenetic shifts in migratory behaviour of Black Kites from Eastern Russia differ from those in population/subspecies in Europe. Black Kites crossing the Himalayas fly and, moreover, stay for hours resting at night in the environment of mountains at altitudes over 5000 m.

Abbreviations
KDE   Kernel density estimate
PFA   Post fledging area
TSA   Temporary settlement area
DEM   Digital elevation model
GPS   Global positioning system
SMS   Short message service
GSM   Groupe Spécial Mobile
PCR   Polymerase chain reaction
LMM   Linear mixed model

The Black Kite (Milvus migrans) is one of the most widespread raptors occurring in Eurasia, Africa, and Australia¹.². It shows unique ecological flexibility and can inhabit many habitats, including human-affected landscapes, using variable food sources as an opportunistic predator and scavenger³–⁶. The Palaearctic is populated by two subspecies, Milvus migrans migrans and Milvus migrans lineatus in the western and eastern part of

¹Department of Biology and Wildlife Diseases, Faculty of Veterinary Hygiene and Ecology, University of Veterinary Sciences Brno, Palackého tř. 1946/1, 61242 Brno, Czech Republic. ²Sibecocenter, LLC, Pirogova Str. 20/2, 630090 Novosibirsk, Russia. ³Institute of Molecular and Cellular Biology SB RAS, Acad. Lavrentiev Ave. 8/2, 630090 Novosibirsk, Russia. ⁴Shukshin Altai State University for Humanities and Pedagogy, Korolenko Str. 53, 659333 Biysk, Russia. ⁵email: skrabalh@seznam.cz
this realm, respectively7–10. Both subspecies carry specific morphological features that enables their recognition. The ranges of the Palearctic subspecies contact each other with an opportunity for mutual hybridizations. The intergradation zone of *M. m. migrans*/ *M. m. lineatus* covers large areas of Eastern Europe, Kazakhstan, and West Siberia and is gradually expanding11–12. The most active is the westward expansion so that the birds with the characters of *M. m. lineatus* already occur in Iberian Peninsula13. Black Kites of these two subspecies seem to cross freely since birds in the intergradation zone exhibit a whole range of intermediate characters13.

The Palearctic *M. m. migrans* and *M. m. lineatus* are seasonal migrants. *M. m. migrans* from Europe winter in sub-Saharan Africa and the Middle East. Its migration routes are well known and its circannual variations in the movement patterns have been extensively reviewed14. During migration, tens of thousands of *M. m. migrans* are observed migrating across the Straits of Gibraltar, along the eastern coast of the Black Sea and in the Middle East; while, substantial numbers cross the central Mediterranean (including Italy, Sicily, and Tunisia) and the Bosporus15,17. Few birds cross the Mediterranean Sea between the Peloponnesse, Crete, and Libya18. The crossing of large water bodies of the Mediterranean Sea and the Black Sea seems to be challenging environmental obstacles for *M. m. migrans* on the flyway from Europe to Africa16,18,19. In contrast to European Black Kites, migration routes of Black Kites from the Siberian part of Russia are mainly unknown. Some observations of Black Kites in autumn around Novosibirsk and the Kuznetsky Alatau Mountains indicated their direction of autumn migration to Kazakhstan, and aggregations of Black Kites on their autumn migration route through Kazakhstan were reported from Chokpak Pass20–22.

The migration of *M. m. lineatus* further east is also poorly studied. Based on the phenotypes of observed birds, *M. m. lineatus* overwinters in India, Indochina, and China23. Black Kites (pure *M. m. lineatus*) from the eastern part of Mongolia overwinter in north-eastern India and Myanmar24,25. Black Kites, supposedly originating from the intergradation zone between *M. m. migrans* and *M. m. lineatus* migrate traditionally to winter in Iraq, Iran, and western Pakistan (Kabul Kite). Between 2014 and 2018, Black Kites (pure *M. m. lineatus*) that had been tagged with GPS transmitters at the landfill in Dehli, India, but unfortunately it was not specified if Kites originated from the intergradation zone between *M. m. migrans* and *M. m. lineatus* or pure *M. m. lineatus*. These pre-adult and adult Kites migrated for 3300–4800 km along a narrow corridor between Dehli (winter quarters) and southern Siberia and western Mongolia (summer including supposedly breeding quarters). This study confirmed that kites can cross the Himalayas at elevations up to more than 6500 m asl by the K2 of the Karakoram Range and can travel long periods at elevations above 3500 m asl. Previously, Black Kites were regularly observed during migration at various watch-sites in the Himalayan ridge in northwestern India, Nepal and the Tibetan Autonomous Region, western China27. These recent insights suggest that there may be a larger migration of Kites from the integration zone in Siberian Russia across the Himalayas and into the Indian Subcontinent than assumed so far.

Black Kites are known to cross different natural barriers and face many challenging conditions along their migration18. Among atmospheric conditions, wind is known to strongly influence the speed of migration specifically during long-distance migration and overcoming of natural barriers26–29. Good wind condition, mainly prevailing tailwind, may induce a decision to depart30. Many studies have shown that both flapping and soaring migrants travel significantly faster when flying with tailwinds and are slowed down by headwind and crosswinds30,31. Thanks to technological progress, we can use tracking technology to record the migratory routes of wild birds and other animals. What is more, we are able to determine from weather records the atmospheric conditions at the locations where the birds were recorded32. By this approach we can reconstruct how key factors such as wind affected birds during migration33, whereby we expect Kites to cross a harsh barrier such as the Himalayas mainly in supportive seasonal winds.

Raptors of several species were observed to migrate across the Himalayan region, and based on all data available, there were characterised four movement patterns of raptor migrating in this area: (1) Western Circum-Himalayan Corridor, (2) Eastern Circum-Himalayan Corridor, (3) East-to-West Southern Corridor and (4) Trans-Himalayan Corridor27. Bar-headed Geese (*Anser indicus*) are known to cross the high altitudes of Himalayas within one day, using mainly powered flapping flight even during steep descents34. Bar-headed Geese often migrate at night and in the early morning when the predominant winds travel downslope, therefore they cannot take advantage of upslope wind during ascent and have to rely on their own power sources35. Their bodies show many specialized physiological adaptations, that help with harsh conditions (e.g. hypoxia) during the crossing. In the contrast to Bar-headed Geese we assume that Black Kite, as diurnal soaring raptor, might cross the Himalayas during day using upslope tailwinds to ascent and glide, increasing its airspeed, in order to use minimum energy and lower the oxygen requirement in hypoxic environment, because at slow airspeeds, a large amount of power is needed to support the bird’s weight against gravity. Although Black Kite has a similar wingspan as Bar-Headed Geese, their body mass is 4–3 times smaller. Because of the differences in flight strategy, size and strength we expect that the favourable wind (prevailing tailwind), affecting bird’s speed, may play a major role in Black Kites’ timing and overall success of crossing over the Himalayas as they cannot persist in powered flapping flight as Bar-headed Geese.

Previous study regarding a natal dispersal of *M. m. migrans* in Europe used positions obtained on 31 January (winter ground) and 30 June (summer ground) to show how individual birds changed their migratory behaviour with age and experience during their early life years18,19. Surprisingly for birds in 2cy, it was found that summer quarters occurred at lower latitudes than predicted and a substantial proportion of birds of this age remained in their African winter quarters. Some birds in their 3cy returned to spend the summer period in the natal area, but many of these birds remained at lower latitudes north of their winter quarters. Accordingly, we expect similar behavioural changes to occur in juvenile Kites from Eastern Russia.

We studied Black Kites fledged in southwestern Siberia, Russia, which were tagged as pulli (a nestling that is not yet able to fly) with GPS transmitters on nests in (a) lowland area near Biysk, Altai Krai populated by Kites from the intergradation zone between *M. m. migrans* and *M. m. lineatus*, (b) in a mountainous area near
Kosh-Agach, Altai Republic populated by supposedly pure M. m. lineatus. The aims of the study were (a) examine the genetic background of birds from these areas, (b) to reveal and to compare migration routes of Kites from these two populations, (c) to define the timing of autumn and spring migrations, (d) to characterise sizes of their post-fledging area, home ranges in wintering quarters and summering (breeding) ranges, and (e) to study, including weather conditions, the way how Kites crossed the extremely high elevations of the Himalayas as the leading environmental obstacle on their migration.

Materials and methods

Birds. In total, 19 Black Kites (11 females, 8 males) from breeding populations in Western Siberia, Russia, were investigated in this study. Kites originated from two spatially separated breeding subpopulations. One subpopulation represents birds hatched in lowland around Biysk (Altai Krai), the second subpopulation represents birds hatched in the mountains around Kosh-Agach (Altai Republic) near the Mongolian border (Table 1).

DNA examination. Contour pin feathers (newly grown feathers, full of blood) were collected from the lower part of a chick body and stored in 96% ethanol. The total DNA was isolated using the ExtractDNA Blood kit (Evrogene, Russia). The sex of tagged birds was determined by a method by Suh et al. (2011). A 699 bp fragment of the mitochondrial cytB gene was analysed to identify haplotypes36. The cytB mitochondrial gene fragment (924 bp) was amplified using F3 (5′-CCAACCCATCCTCAAAAATTA-3′) and R8 (5′ATTGTGGCG TGTTGGACTT-3′). We sequenced PCR fragments in both directions using a 3500 Genetic Analyser capillary sequencer (Applied Biosystems, USA) and aligned resulting sequences using the Vector NTI software (Thermo Fisher Scientific, USA). In order to exclude contamination, operations with genomic DNA and with PCR products were performed in different rooms. In unclear cases, PCR and sequencing were repeated.

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**Table 1.** Black Kites from western Siberia, Russia tracked with telemetry devices. All birds were tagged as pulli. F, female; M, male; * birds were tracked also after 30 June 2021 (further data not included in this paper); aa, bb, cc, pairs of siblings.
Satellite telemetry devices. Black Kites (pallii) were fitted with telemetry loggers in nests in 2018 (subpopulation A, Biysk) and 2019 (subpopulation B, Kosh-Agach). Loggers equipped with solar panels (20 g; Ecotone, Poland, and Ornitela, Lithuania; www.ecotone.pl, www.ornitela.com, respectively) were used to track the birds. Loggers were fitted onto the backs of the birds using harnesses (backpacks) consisting of a 6 mm Teflon ribbon encircling the body by two loops around the bases of the wings and joined in front of the breastbone. Loggers function in GPS (Global Position System)/GSM (Global System for Mobile Communication) systems. The GPS positions of the birds were collected according to individual settings (usually one position fixed per 1–6 h). They were sent as SMS (Short Message Service) text messages by local mobile operators to the Ecotone and Ornitela Centers in Poland and Lithuania, respectively, where they were saved and archived. To analyse the coordinates of bird positions and to create maps of migration we used GIS and the software ArcGIS 10.1 (Esri, Redlands, CA, USA).

Data processing, migration characteristics. We processed positional data (coordinates) from studied birds for each bird individually. These data were separated into yearlong modules from 01.07.20XY (in the first year from the date of tagging) to 30.06.20XY + 1. The number of modules depends on the lifespan of each bird. We calculated the total distance travelled within the yearlong period and the number of temporary settlements areas (TSA) from these modules. We defined total distance travelled as distances between night roosting places connected chronologically (daily local movements were not calculated within the migration movement).

We defined TSA as a preferred place where a bird stayed for >10 nights within 80 km². This template size was based on roost locations distributed within a 10-km diameter over 10 days, thus, all falling within 80 km². Spring (pre-breeding) and autumn (post-breeding) migrations separate the winter and summer period. We defined the beginning of those migrations as a day when a bird left the winter/summer area and flew north/south without returning back in consecutive days. The end is defined as a day when a bird reached the summer or winter destination. Bird reached the summer or winter destination when it did not continue on its migration to north or south. During both migrations, birds tend to use stopovers, defined as a day with less than 50 km of a directed flight. The size of the post-fledging area (PFA), winter and summer grounds (home ranges) between migrations were calculated as a Kernel density estimate (KDE) 95%. Before performing KDE estimation, we standardized the data set of each bird to 4 GPS fixes per day (1 each 6 h).

The Himalayas crossing was defined as the period of migration between the first and last day of migration with coordinates recorded by the foothill of the Himalayas with at least one coordinate recorded at over 5000 m asl. For this purpose, we set the loggers to collect the data every 5 min. During the crossing we defined active travelling hours of birds as the time between first and last coordinates with recorded speed over 5 km/h. We classified manually and calculated the length of trajectory segments leading parallel with mountain ridges during the crossing and compared them with the overall distance travelled during the crossing over the Himalayas. We found segments parallel if the bird flew along a mountain slope copyrighting the valley and perpendicular if the bird flew across valleys and ridges not copyrighting the valleys.

We defined checkpoints W1, W2 and W3 as night positions where birds stayed on 31 January of their 2cy (second calendar year), 3cy and 4cy, respectively. It represents where birds were wintering during this date during the first, second and third winter. We defined checkpoints S1, S2 and S3 as positions where birds stayed during the breeding period on 30 June of their 2cy, 3cy and 4cy, respectively. We used the positions during S1, S2, S3, W1, W2 and W3 to compare the latitude of summer and winter areas used by individual birds between years of their life span and among individuals during the first, second and third years of their life.

Meteorological data. Elevation data was downloaded from the mapping and analysing platform www.databasin.org “30 arc-second DEM of Asia” as a digital elevation model (DEM).

Weather data (wind, temperature and humidity) were obtained from the NCEP/DOE Reanalysis II dataset, using the RNCEP package for the R-software. Weather data of crossing over the Himalayas were extracted for each coordinate in real-time, and pressure level of 700 hPa corresponding to an altitude between 2300 m and 3150 m. Airspeed, flow-assistance and absolute sidewind were calculated by function NCEP.talwind using RNCEP package, which calculates flow-assistance and forward and sideways movement according to equation Tailwind = wind speed * cos ( α), where α is the angle of the wind from the direction of travel. Equation Tailwind considers flow-assistance to be the component of the flow moving parallel to the specified direction (tailwind), with negative values indicating flows against the specified direction (headwind). We have extracted the weather data for coordinates recorded during post-breeding (n = 1790) and pre-breeding (n = 1310) migration over the Himalayas. We excluded coordinates recorded while roosting from the dataset (coordinates with recorded speed lower than 5 km/h).

Statistical analysis. We performed the Mann–Whitney U test for testing the differences in pre-breeding and post-breeding migration and home-range characteristics and the pre-breeding and post-breeding Himalaya’s flight-over characteristics. To assess the difference in total distance travelled, number of TSA, and the size of home ranges in summer and winter quarters over the years, we performed Kruskal–Wallis ANOVA test. Before any statistical comparison, we run the Shapiro–Wilk test for normality to assess the data distribution. To assess the effect of weather on bird’s movement across the Himalayas, we used linear mixed models (LMMs) in R software using the “lme4” package to analyse the following dependent variables: bird’s groundspeed and airspeed, in relation to season, flow-assistance, sidewind, humidity and temperature during the crossing over the Himalayas (Table 2). We used LMM with bird ID as a random effect (as individuals could be tracked over multiple years). Only birds with telemetry loggers Ornitela, which crossed over the Himalayas, were included in the LMM (K14 – K19) due to the high frequency of coordinates recording. The best supported LMM model
was selected according to the lowest Akaike's information criterion for a small sample size (AICc)41. All statistical tests were performed using an α-value of 5%, and all mean values are presented (± standard deviation; SD) unless stated otherwise.

**Results**

**cytB haplotypes.** Black Kites from Biysk belonged to haplogroup A (haplotypes A3 and A4) and haplogroup B (haplotypes B6, B6.1, B14, B19 and B19.1). Three families and 8 families had haplogroups A and B, respectively (Table 1). All Black Kites (5 families) from Kosh-Agach belonged to haplogroup B (haplotypes B6, B14, B19 and B19.1).

**Migration routes and total distance travelled.** Black Kites originating from Biysk migrated through the Western Circum-Himalayan Corridor (Fig. 1). These birds flew through eastern Kazakhstan, Kyrgyzstan, Tajikistan and eastern Afghanistan to winter, mainly in northern and southern Pakistan and western India. After winter, birds flew over the same migration corridor back to Biysk area. Unlike Kites from Biysk, Black Kites originating from Kosh-Agach used a different migration route (Fig. 1). These birds flew over Tian Shan, and the Taklamakan Desert in China, followed by Trans-Karakoram crossing-over through Jammu and Kashmir to winter in northern and western India and eastern Pakistan. After winter, birds flew over the same corridor back to Kosh-Agach area.

The average total distance travelled of birds from both subpopulations in the first year was 9191 km (ranging from 6431 to 12,478 km). During the first year, birds used on average 4 TSAs (ranging from 2 to 6). During the second year, birds travelled on an average total distance of 9121 km (ranging from 7422 to 11,268 km) using 5 TSAs (ranging from 4 to 7). The average total distance travelled in the third year was 6839 (ranging from 6594 to 7084) using 5 TSA (ranging from 4 to 5) (Table 3).

Five tagged birds survived and were tracked for multiple years. For those individuals, we compared the differences in the total distance travelled and the number of used TSAs. We found no significant difference in the total distance travelled (P > 0.05) nor the number of TSA (P > 0.05) used among the years. We also tested the difference in total distance travelled, and the number of TSA used between the two subpopulations without any significant results (P > 0.05).

**Timing of autumn and spring migrations.** Timing of autumn migration varied slightly among individuals in departure date (30 August ± 12 days) and noticeable more in arrival date (26 October ± 84 days). The timing of spring migration also varied slightly in departure date (17 April ± 12 days) and arrival date (09 May ± 14 days). Surprisingly, timing of either migration did not vary along different age groups. The tagged kites travelled relatively fast, completing 2535–4842 km journey in 10–94 days, progressing by 62–253 km/day, with significantly faster speeds and lower need to rest in the pre-breeding migration (Table 4). During the pre-breeding migration was the speed and active speed more than 50% and 30% higher in comparison to post-breeding migration. As a result, the pre-breeding migration lasted 10 days less.

**Post-fledging area and home ranges in winter and summer.** The post-fledging area of tagged Kites varied from 1.7 km² to 1567 km² with a mean of 396 ± 432 km² (Table 5). Some birds left the nest and flew straightforward to the winter quarters. Others birds explored the area around the nest and departed for autumn migration with a slight delay. Black Kites from both subpopulations wintered in Indian Subcontinent in low elevations of areas with high human footprint in Pakistan and India (Figs. 1 and 2). No bird remained in the Indian subcontinent during summer periods (Fig. 2). Birds wintered on average for 190 days, and the mean area of individual home ranges was 4704 km² (Table 5). During the breeding period, birds occupied areas in

| Dependent variable | Explanatory variable | Df  | AIC  | ΔAIC | R²  |
|--------------------|----------------------|-----|------|------|-----|
| Airspeed           | ~ TW + SW + Seas     | 2724| 16755| 0    | 0.52|
|                    | ~ TW + SW + Seas + Temp + Hum | 2723| 16764| 9    | 0.14|
|                    | ~ TW + SW + Seas + Temp | 2849| 17541| 786  | 0.19|
|                    | ~ TW + SW            | 2850| 17544| 789  | 0.1  |
|                    | ~ Seas               | 2851| 17557| 802  | 0.2  |
| Groundspeed        | ~ TW + SW + Seas     | 2724| 15859| 0    | 0.42|
|                    | ~ TW + SW + Seas + Temp + Hum | 2723| 15869| 10   | 0.34|
|                    | ~ TW + SW + Seas + Temp | 2725| 15908| 49   | 0.3  |
|                    | ~ TW + SW            | 2850| 16712| 853  | 0.29|
|                    | ~ TW + SW + Temp     | 2849| 16714| 855  | 0.25|
|                    | ~ Seas               | 2851| 17021| 1162 | 0.13|

Table 2. Selecting the best LMMs for the airspeed and groundspeed during the Himalayas crossing. We listed first six models for each dependent variable. Models are ranked according to increasing ΔAIC values, with the best performing model on top. TW—tailwind; SW—sidewind; Seas—season; Temp—temperature; Hum—humidity.
south-western Siberia, where they spent on average 125 days with an average home range size 3537 km² (Figs. 1 and 2; Table 5). No bird remained in Siberia during the winter period (Fig. 2). Although the mean area of home ranges was slightly smaller during the breeding season than in the nonbreeding winter period, we found no
statistical difference in the spatial use (p > 0.05). Five tagged Black Kites survived and were tracked for multiple years (Fig. 3). For those individuals, we compared the differences in the area size of home ranges in the breeding (summer quarters) and nonbreeding season (winter quarters). We found no difference in spatial use over the years in neither the winter quarters (p > 0.05) or summer quarters (p > 0.05). Birds showed individual changes in the size of winter and summer home-range over the course of time (Fig. 4).

High-elevation crossing of the Himalayas and influence of the wind on the crossing over the Himalayas.

Timing of post-breeding and pre-breeding crossing over Himalayas varied slightly among individuals in departure dates (20 September ± 12 days; 28 April ± 7 days) and arrival dates (21 September ± 12 days; 29 April ± 7 days). Black Kites originating from Koch-Agar travelled relatively fast, crossing over the Himalayas (on average 571 km) in 2 days, progressing with average active speed of 30.2 km per travelling hour, flying from 6 to 10 h per day. Active speed and number of traveling hours were slightly higher during pre-breeding flight-over. During the crossing of the Himalayas birds roosted for one night in average altitude of 4589 m asl, ranging from 1577 to 5171 m asl (Table 6, Fig. 3).

Wind condition significantly varied during the pre-breeding and post-breeding Himalaya flight-overs (Table 6). Noticeable was the difference in the tailwind speed, sidewind speed and percentage of parallel flight along the mountain ridge. While during the post-breeding flight-over, birds faced mostly a headwind and preferred to fly perpendicularly to mountain ridges and mountain valleys, on their pre-breeding flight-over, birds flew with a tailwind and preferred to fly parallelly along the mountain ridges and mountain valleys (Fig. 5).

Our best LMM model showed that airspeed of birds crossing over the Himalayas were not only positively related to tailwind but also to difference in season. The groundspeed was also positively affected by tailwind and season but negatively affected by sidewind (Table 7). Although the model results showed negative effect of sidewind to groundspeed, plotting the linear regression lines by season showed that the sidewind had a slightly positive effect on groundspeed during autumn migration (Fig. 6B,D). Prevailing tailwind had generally greater positive effect on both the air- and groundspeed of bird during the spring migration (Fig. 6A,C).

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### Table 3. Characteristics of the total distance traveled during a one year long modul. Only birds that survive for at least one year (from the date of tagging untill the 30. 06. following year) are included in the table.

| K     | 1st year | 2nd year | 3rd year |
|-------|----------|----------|----------|
|       | Trajectory (km) | Trajectory (km) | Trajectory (km) |
|       | TSA |       | TSA |       |
| K3    | 9049 | 2 | 11,268 | 7 | - |
| K5    | 9883 | 3 | - | - | - |
| K6    | 12,478 | 3 | - | - | - |
| K9    | 6431 | 2 | 7422 | 5 | 7084 | 5 |
| K10   | 7113 | 5 | 8034 | 5 | 6594 | 4 |
| K14   | 10,031 | 4 | - | - | - |
| K16   | 11,070 | 4 | - | - | - |
| K17   | 7566 | 4 | 8827 | 4 | - | - |
| K18   | 9097 | 6 | 10,055 | 6 | - | - |
| Mean  | 9191 | 4 | 9121 | 5 | 6839 | 5 |
| SD    | 1940 | 1 | 1140 | 1 | 346 | 1 |

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### Table 4. Estimates of post and pre-breeding migration by tagged Black Kites from 2018 to 2021. a Number of migration episodes (number of tagged individuals). b Julian date (1 = 1 January). Birds that died before or during migration were omitted from the test. Differences in mean values were tested by Mann–Whitney U test for nonparametric data and significant results are highlighted in bold.

| Migration component | N° | Post-breeding migration Mean ± SD | N° | Pre-breeding migration Mean ± SD | U | P |
|---------------------|----|---------------------------------|----|---------------------------------|---|---|
| Departure datea     | 22 (11) | 240 ± 12                         | 16 (9) | 107 ± 12                         |   |   |
| Arrival dateb       | 22 (11) | 293 ± 84                         | 16 (9) | 129 ± 14                         |   |   |
| Speed (km/day)      | 22 (11) | 106 ± 56                         | 16 (9) | 165 ± 60                         | 60 | 0.00 |
| Active speed (km/travelling days) | 22 (11) | 129 ± 55                         | 16 (9) | 162 ± 62                         | 79 | 0.04 |
| Duration (days)     | 22 (11) | 36 ± 11                          | 16 (9) | 23 ± 9                           | 86 | 0.03 |
| Travelling days     | 22 (11) | 21 ± 15                          | 16 (9) | 22 ± 9                           | 133 | 0.9 |
| No. stopovers       | 22 (11) | 0.63 ± 0.8                       | 16 (9) | 0.3 ± 0.2                        | 112 | 0.28 |
| Days of stopover    | 22 (11) | 9 ± 14                           | 16 (9) | 1 ± 3                            | 83 | 0.03 |
| Route length (km)   | 22 (11) | 2874 ± 764                       | 16 (9) | 3279 ± 769                       | 96 | 0.09 |

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Table 5. Characteristics of post fledging area (PFA), winter and summer quarters. Kernel density estimate (KDE) are stated in km².

| PFA | 1. winter | 1. summer | 2. winter | 2. summer | 3. winter | 3. summer |
|-----|-----------|-----------|-----------|-----------|-----------|-----------|
|     | Days  | KDE 95% | Days  | KDE 95% | Days  | KDE 95% | Days  | KDE 95% | Days  | KDE 95% | Days  | KDE 95% | Days  | KDE 95% |
| K1  | 22    | 59       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K2  | 38    | 174      | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K3  | 60    | 273      | 204   | 9214    | 138   | 5482    | 201   | 23,167  | 125   | 22,708  | -     | -       | -     | -       |
| K4  | 47    | 1349     | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K5  | 49    | 501      | 222   | 980     | 44    | 480     | -     | -       | -     | -       | -     | -       | -     | -       |
| K6  | 60    | 454      | 170   | 6849    | 103   | 439     | -     | -       | -     | -       | -     | -       | -     | -       |
| K7  | 68    | 539      | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K8  | 28    | 17       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K9  | 52    | 295      | 211   | 9278    | 101   | 9129    | 184   | 1681    | 121   | 1791    | 172   | 1101    | 91    | 694     |
| K10 | 47    | 369      | 205   | 2002    | 109   | 1040    | 198   | 7272    | 132   | 519     | 188   | 4762    | 145   | 93      |
| K11 | 46    | 552      | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K12 | 50    | 1576     | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K13 | 54    | 515      | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K14 | 35    | 1.7      | 213   | 2853    | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K15 | 45    | 4        | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| K16 | 56    | 606      | 173   | 157     | 127   | 1779    | -     | -       | -     | -       | -     | -       | -     | -       |
| K17 | 44    | 147      | 221   | 1518    | 68    | 1596    | 172   | 1584    | 119   | 8327    | -     | -       | -     | -       |
| K18 | 50    | 84       | 134   | 7611    | 95    | 5741    | 185   | 5475    | 126   | 65      | -     | -       | -     | -       |
| K19 | 47    | 8        | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       | -     | -       |
| Mean| 47    | 396      | 195   | 3474    | 98    | 3211    | 194   | 7707    | 125   | 6682    | 180   | 2931    | 118   | 393     |
| SD  | 11.0  | 433      | 30    | 3475    | 30    | 3187    | 9     | 5147    | 5     | 9556    | 11    | 2508    | 37    | 324     |

Figure 2. Latitudinal occurrences of tracked Black Kites throughout their lifespan. W1, W2 and W3 refer to the location of birds on 31 January in 2cy, 3cy and 4cy, respectively; S1, S2 and S3 refer to the location of birds on 30 June in 2cy, 3cy and 4cy, respectively. (A) Black Kites from Biysk (lowland in southwestern Siberia); (B) Black Kites from Kosh-Agach (Upper Altai).
Discussion

Subspecies status of examined Black Kites and their migration routes. We found different sets of cytB haplotypes in Black Kites from Biysk (Altai Krai) and Black Kites from Kosh-Agach (Altai Republic). While in Kosh-Agach, the haplotypes were characteristic of *M. m. lineatus*, in the vicinity of Biysk, the haplotypes were characteristic for both subspecies *M. m. migrans* and *M. m. lineatus*, indicating a hybrid population from the intergradation zone between *M. m. migrans* and *M. m. lineatus*. Lindholm and Forsten were aimed at subspecies determination of Black Kites in Altai Krai and Altai Republic according to morphological features. They found that birds in the lowlands of Altai Krai, on average, were different from those in the higher country of the Altai Republic. Black Kites from the lowlands of Altai Krai had some features of *M. m. migrans* (i.e., birds originated from the intergradation zone between *M. m. migrans* and *M. m. lineatus*). Black Kites from Altai Republic were quite similar to the easternmost typical *lineatus* and were placed in that taxon (i.e., *M. m. lineatus*). This conclusion fits well with our observations, and it is consistent with our cytB haplotype results. We consider Black Kites tagged in Byisk as birds from the intergradation zone between *M. m. migrans* and *M. m. lineatus* and Black Kites tagged in Kosh-Agach as birds belonging to *M. m. lineatus*. Deep genomic study of Black Kites from various parts of their breeding area is needed to solve the genetic structure of their populations and hence, their species/subspecies status.

As we mentioned earlier, raptors of several species were observed to migrate across the Himalayan region throughout four main corridors: (1) Western Circum-Himalayan Corridor, (2) Eastern Circum-Himalayan Corridor, (3) East-to-West Southern Corridor and (4) Trans-Himalayan Corridor. We demonstrated that Black kites from Biysk (birds from intergradation zone between *M. m. migrans* and *M. m. lineatus*) used Western Circum-Himalayan Corridor and Black Kites from Kosh-Agach (*M. m. lineatus*) used Trans-Himalayan Corridor. Although there is not large distance between Black Kites from Biysk and Kosh-Agach, birds from these...
Figure 4. Line chart showing the changes in the size of (A) summer and (B) winter home-range throughout the life span of five tagged Black Kites. PFA—post fledging area; CY—calendar year.

Table 6. Estimates of post and pre-breeding migration over the Himalayas by tagged Black Kites during 2019 and 2021. aNumber of migration episodes (number of tagged individuals). bJulian date (1 = 1 January). Departure date—first day with coordinates recorded in altitude over 5000 m above the sea level, Arrival date—last day with coordinates recorded in altitude over 5000 m above the sea level, Airspeed—speed of a bird relative to the air. Groundspeed—speed of bird relative to the earth. PFAR—percentage of parallel flight along the mountain ridge. Only birds K14–K19 were included in the table due to high frequency of data collection. Birds that died before or during migration were omitted from the test. Differences in mean values were tested by Mann–Whitney U test for nonparametric data and significant results are highlighted in bold.
Figure 5. Post-breeding (A) and pre-breeding (B) crossing over the Himalayas in relation to tailwind speed. Green triangles represent mountain peaks over 8000 m. Figure was created using software ArcGIS 10.1 (Esri, Redlands, CA, USA). Map source: Esri, USGS, Airbus DS, NGA, NASA, CGIAR, N Robinson, NCEAS, NLS, OS, NMA, Geodatastyrelsen, Rijkswaterstaat, GSA, Geoland, FEMA, Intermap, and the GIS user community, “World Hillshade”, October 18. 2018. https://www.arcgis.com/home/item.html?id=babedc22ebd64a428b77f119c2591e3. Accessed on October 26, 2021.

Table 7. Fixed effects on bird groundspeed and airspeed as estimated by our best LMMs. We consider coefficient estimates to be significant at P < 0.05 (bold).

| Dependant variable | Explanatory variable | Estimates | SE  | t     | Pr(>|t|) |
|--------------------|----------------------|-----------|-----|-------|----------|
| Airspeed           | (intercept)          | 4.67      | 1.13| 4.12  | 0.12     |
|                    | Tailwind             | 0.20      | 0.06| 3.39  | 0.00     |
|                    | Sidewind             | 0.03      | 0.07| 0.36  | 0.71     |
|                    | Season_spring        | 2.71      | 0.4 | 6.61  | 0.00     |
| Groundspeed        | (intercept)          | 6.29      | 0.56| 11.1  | 0.00     |
|                    | Tailwind             | 0.89      | 0.05| 17.2  | 0.00     |
|                    | Sidewind             | -0.13     | 0.06| 4.84  | 0.00     |
|                    | Season_spring        | 2.48      | 0.34| 7.17  | 0.00     |

populations chose narrow and non-overlapping migration corridors, where one involved crossing of the Himalayas. Wintering ranges of birds from these two populations were also distanced and non-overlapping. The only interaction between birds from these populations was found in one bird from Biysk which shared the winter area with birds from Kosh-Agach. We assume that the genetic background of the migration behaviour of Black Kites may be strong, forming the uniform behaviour of tracked birds from both studied subpopulations. What is more, our result showing a different genetic history of both populations supports our assumption.
On the other hand, studies showed that timing of migration does not always vary between young birds and experienced adults. Our results also showed no difference in timing or route selection connected with different age. Under such scenario, young birds may migrate along experienced adults. This offers a social learning opportunity for young birds that can be hard to distinguish from genetic determination of migratory routes. Furthermore, variable routes of raptors (Peregrines, *Falco peregrinus*) migrating from Siberia to South Asia were demonstrated even if they had the exact gene involved in regulation of the migration distance. Although we provide data showing differences in haplotypes between subpopulations, that might have influenced the uniformity within subpopulations, the role of innate factors and social learning in transmission of routes remain unclear and asks for further research.

Bird (including Black Kite) migration over high altitudes in the Himalayas. High-altitude flights of birds over the Himalayas are a highly challenging feat of performance underpinned by several specialised physiological traits. Flapping birds like Bar-headed Goose and Ruddy Shelduck (*Tadorna ferruginea*) can reach high altitudes during their migration across the Himalayas and Tibetan plateau because they can support the metabolic costs of flight as the low-density air becomes extremely hypoxic. Like other migrating (soaring) birds, they may occasionally use updraft wind assistance to help offset flight cost. However, they experience periods of intense flapping flight that require extremely high heart rates, wing-beat frequencies, and metabolic power, such as during level flight at high elevation or during climbs that are not assisted by wind.

Raptors use primarily soaring-gliding flight during migration. Soaring flight is an energetically efficient form of flight, and many long-distance migrants are so-called obligate soaring migrants. Updraught necessary for soaring flight includes thermals (pockets of warm rising air) and deflection (orographic) updraughts that occur when horizontal winds strike surface discontinuities, including mountains. The high-altitude terrain of the Himalayas precludes this type of pathway, and hence it is used by raptors. However, some raptors, especially falcons, use flapping flight on their migration across the Himalayas.
Unfortunately, detailed studies using telemetry devices on raptors crossing the Himalayas are scarce. We can compare our results mainly with a recent study aimed at Black Kites fitted with telemetry loggers in Dehli, India. It seems that Black Kites tagged in Dehli originated, similarly like in our study, to two different population: birds that used Western Circum-Himalayan Corridor may belong to Black kites originating from the intergradation zone between M. m. migrans and M. m. lineatus, birds that used Trans-Himalayan Corridor may belong to M. m. lineatus. Migration routes of these birds were distinct in our study as well as in a study by Kumar et al. The birds originating from Upper Altai (Kosh-Agach) crossed the Himalayas over Tian Shan Mts, Taklamakan Desert, and Karakoram Mts like the main portion of Black Kites tagged in Dehli. These birds crossed the Himalayas in extremely high elevation up to 6281 m asl and travelled long periods at elevations above 3500 m. Birds flew across the Himalayas for two days with a single stop to roost at elevations between 1644 to 5448 m asl.

Black Kites crossing the Himalayas may have physiological adaptations that remain to be investigated. They fly and, moreover, stay for hours resting at night in the environment of mountains at altitudes over 5000 m with variable wind speed and direction, where the air density and partial pressure of oxygen is roughly half of that at sea level. At the same time, the temperature can be very low, well below freezing year-round, which could require additional metabolic energy for thermogenesis. Maintaining water balance during flight should also be a major challenge in the dry air at high altitudes.

Ontogenetic shifts in summer areas of immature Black Kites. Contrary to immature Black Kites using the West African-Eurasian flyway, immature Kites in our study returned to the natal area in their first years of life or migrated to even more northerly areas. It seems that high behavioural flexibility is apparent during summer stays of immature Black Kites. Furthermore, such a difference in behaviour brings up an assumption that birds crossing over Himalayas are less constricted by barriers then those wintering in sub-Sahara part of Africa. We believe that the reason for such a difference may be more complex conditioned by many factors such as climate, habitat quality, food abundance, density of populations in breeding areas and with it connected competition and possibly genetic background. Although our results showed that ontogenetic shifts may differ between subspecies of a single species, the causes and consequences of such a variation remain unknown and require further research. Unlike Kumar et al., we found no difference in the size of the home range during the breeding and nonbreeding seasons.

Environmental influence on migration. Route configuration of Black Kites crossing the Himalayas seemed to be shaped by dominant wind support and barrier avoidance. Black Kites perform circular soaring in areas of higher predicted thermal uplift and linear soaring in areas of higher predicted orographic uplift velocity. During the pre-breeding crossing over Himalayas birds tent to fly parallelly along with the mountain ranges, through the mountain valleys using the up-lifting anabatic winds for soaring up to high altitudes and gliding with the possible strong south valley tailwinds. During the period of pre-breeding migration (from the end of April to the beginning of May, which correspond to the timing of spring migration of tagged Black Kites) with the warmest and driest surface condition, great ascending thermals are forming, creating a great opportunity for soaring birds to glide over Himalayas. While flying north along the mountain ridges, sidewind, that mostly blows from the west, can break over the ridge creating a lee wind perpendicular to bird direction, that may have a negative effect on the birds’ groundspeed as the bird has to angle towards the sidewind (as shown by our results). In contrast with the pre-breeding crossing, during the post-breeding Himalayas crossing over bird tent to fly directly across the mountain ranges.

We assume that birds used thermals to stay as high as possible to glide along or against the lee winds to avoid the strong headwinds of the valley breeze. We found that Black Kites increased more their groundspeed and less their airspeed when tailwinds prevailed. For soaring migrants, reducing airspeed under tailwinds allows the birds to attain low sink rate and by that to cover larger distances while decreasing the risk of reaching the less their airspeed when tailwinds prevailed. However, during pre-breeding Himalayas crossing, birds noticeable increased their airspeed even during stronger tailwind. We believe that this behaviour is partly caused by the abundance of great ascending thermals. Bird can afford to increase its airspeed on the expense of higher sink rate in order to quickly pass the Himalaya barrier. Similar behaviour was observed in Honey Buzzards (Pernis apivorus) that were found to glide at fast airspeeds only in those areas where the best soaring conditions occurred.

What we found interesting is the effect of different season on air and groundspeed of migrating birds. Tagged Kites kept increasing their airspeed even with prevailing tailwind, which shows on birds own motivation to increase its overall speed during the spring crossing on the expense of energy that they could have saved with lowering the airspeed in tailwind and gliding with low sink ratio. Many studies of avian migration showed that birds tend to migrate faster during spring migration than autumn migration. Migration theory predicts that migrants minimalize the duration of spring migration to arrive in breeding area as soon as possible. Birds that arrive sooner start to breed earlier which can positively affect the reproductive performance. Additionally, they will have more time for raising better quality offsprings that have better chance to survive their first migration. Although there are cases when the spring migration took approximately the same time or longer. We found the spring migration to be significantly shorter in comparison with autumn (post-breeding) migration, although the duration of the Himalayan crossing was found to be the same. As we mentioned earlier, for aerial migrants, wind represent a major support that can considerably reduce both energy and time cost of migration. A stronger tailwind prevailing during spring increased the birds’ speed and eased the Himalaya crossing. Birds were less exhausted from the Himalayas crossing over and arrived at summer destination much faster. Based on all that, we suggest that birds in our study migrated faster during the spring migration due to both favourable wind conditions and inner motivation.
High behavioural flexibility of Black Kites to surmount environmental obstacles

The challenging environmental obstacles for Black Kites *M. m. migrans* migrating to winter in Africa are crossing large water bodies and desert. Most migrating Black Kites *M. m. migrans* are reluctant to fly over large water bodies and cross transcontinental boundaries. It seems that the vast breeding territory of Black Kites in the Palearctic realm is connected with the unusual behavioural flexibility of Black Kites to surmount various environmental obstacles on their migration routes.

This high behavioural flexibility may also elucidate a new important wintering area for Black Kites in the Middle East. Black Kites with *M. m. lineatus* features were recorded for the first time in the Levant area in Syria during the beginning of the second half of the twentieth century. Novel observations of the communal roosting of Black Kites during the winter months have been reported in south-eastern Europe, Egypt, and Turkey; however, their taxonomic subspecies status was not mainly investigated.

Increasing number of Black Kites spotted in the Middle East seems to be related to a consistent increase in Black Kites numbers migrating along eastern part of Black Sea from 2011. Now, the Black Kite is the most common wintering raptor in Israel, and a proportion of kites wintering in Israel showed morphological characteristics of *M. m. lineatus*, likely representing the western outpost of wintering *M. m. lineatus*. Alternatively, these individuals may comprise birds from the broad intergradation zone between *M. m. migrans* and *M. m. lineatus*.

It now appears that Black Kites with *M. m. lineatus* features supposedly originated from a large intergradation zone between *M. m. migrans* and *M. m. lineatus* can be found anywhere in Europe west of Russia. Recent data on numerous wintering of Black Kites in Georgia in an area the Black Sea Basin correspond well with these data. Moreover, Black Kites with *M. m. lineatus* features can be found migrating from southern and eastern Africa as documented in South Africa in November 1972 and Ethiopia in November 2011.

Conclusion

By telemetry research and DNA analysis of Black Kites from Western Siberia we found differences in subpopulations of Black Kites from Upper Altai close to Kosh-Agach and Black Kites from Biysk, pointing at the intergradation zone between *M. m. migrans* and *M. m. lineatus* and revealing their migration routes. Black Kites *M. m. lineatus* migrating to winter in Indian Subcontinent were challenged by the crossing of the main Himalayan ridge. They flew and roosted in the environment of mountains at altitudes over 5000 m in unfavourable weather conditions. During crossing, birds showed a response to the wind direction which helped them to overcome the environmental obstacle. Remarkable behavioural flexibility of Black Kites to surmount various environmental obstacles on their migration routes may be one reason that the species has been able to colonize such a large breeding range and may also elucidate the ongoing rapid establishment of novel wintering areas by Black Kites. What is more, Black Kites crossing the Himalayas may have physiological adaptations that remain to be investigated.

Ethics statement. Black Kite trapping and tagging were done in accordance with Art. 44 of the Federal law No. 52-FZ “On the Animals”—the use of the animals for scientific, cultural, educational, recreational and aesthetic purposes through various forms of observation, tagging, photographing and other research methods without removing the animals from the habitat. In Russian Federation, the Black kite is not classified as protected species and no permits are required for any manipulations with it. Trapping and tagging of birds was performed by trained and experienced person. We performed all methods in accordance with the relevant guidelines and regulations with respect to our study animals. We confirm that the study is reported in accordance with ARRIVE guidelines.

Availability of data and analysis

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

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Additional information
Correspondence for materials should be addressed to J.Š.

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