INVITED REVIEWS

Mass-accreting white dwarfs and type Ia supernovae

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Abstract  Type Ia supernovae (SNe Ia) play a prominent role in understanding the evolution of the Universe. They are thought to be thermonuclear explosions of mass-accreting carbon-oxygen white dwarfs (CO WDs) in binaries, although the mass donors of the accreting WDs are still not well determined. In this article, I review recent studies on mass-accreting WDs, including H- and He-accreting WDs. I also review currently most studied progenitor models of SNe Ia, i.e., the single-degenerate model (including the WD+MS channel, the WD+RG channel and the WD+He star channel), the double-degenerate model (including the violent merger scenario) and the sub-Chandrasekhar mass model. Recent progress on these progenitor models is discussed, including the initial parameter space for producing SNe Ia, the binary evolutionary paths to SNe Ia, the progenitor candidates for SNe Ia, the possible surviving companion stars of SNe Ia, some observational constraints, etc. Some other potential progenitor models of SNe Ia are also summarized, including the hybrid CONe WD model, the core-degenerate model, the double WD collision model, the spin-up/spin-down model and the model of WDs near black holes. To date, it seems that two or more progenitor models are needed to explain the observed diversity among SNe Ia.

Key words: supernovae: general — binaries: close — stars: evolution — white dwarfs

1 INTRODUCTION

Type Ia supernovae (SNe Ia) are defined as SNe with strong SiII absorption lines in their spectra, but without H and He lines around the time of their maximum luminosity (see Filippenko 1997). They happen in all kinds of galaxies, including young and old stellar populations (e.g. Branch et al. 1993; Wang et al. 1997). SNe Ia are utilized for accurate distance measurements in cosmology due to the uniformity of their light curves, revealing the accelerating expansion of the current Universe driven by dark energy (e.g., Riess et al. 1998; Perlmutter et al. 1999; Howell 2011). They are element factories in the chemical evolution of galaxies, which are the main producer of iron for their host galaxies (e.g., Greggio & Renzini 1983; Matteucci & Greggio 1986). They are also the sources of kinetic energy in galaxy evolution, the accelerators of cosmic rays and the endings of binary evolution (e.g., Helder et al. 2009; Powell et al. 2011; Fang & Zhang 2012).

The Phillips relation is adopted when SNe Ia are applied as distance indicators, which is a width-luminosity relation among SNe Ia; events with wider light curves are brighter (see Phillips 1993; Phillips et al. 1999). However, more and more observational evidence indicates that spectroscopic diversity exists among SNe Ia and not all SNe Ia obey the Phillips relation (e.g., Li et al. 2001, 2011b; Wang et al. 2006; Branch et al. 2009; Foley et al. 2009, 2018; Blondin et al. 2012; Zhang et al. 2014, 2016; Zhai et al. 2016; Taubenberger 2017). The light curves of SNe Ia are powered by the radioactive decay of $^{56}$Ni $\rightarrow$ $^{56}$Co $\rightarrow$ $^{56}$Fe (e.g., Arnett 1982; Branch & Tammann 1992).

It has been suggested that some stellar parameters at the moment of SN explosion may affect the final amount of $^{56}$Ni, and thus the maximum light of an SN Ia,
for example, the metallicity (e.g., Timmes et al. 2003; Podsiadlowski et al. 2006; Sullivan et al. 2010; Bravo et al. 2010), the average ratio of carbon to oxygen of a white dwarf (WD) (e.g., Umeda et al. 1999), and the transition density from deflagration to detonation or the number of ignition points in the center of WDs (e.g., Hillebrandt & Niemeyer 2000; Kasen et al. 2009; Höflich et al. 2010). Maeda et al. (2010) argued that the observed SN Ia diversity may be a result of off-center ignition coupled with the observer’s viewing angle (see also Parrent et al. 2011). Note that Meng et al. (2017) recently argued that all kinds of SNe Ia may obey the same polarization sequence that might be explained by the delayed-detonation explosion model.

SNe Ia are thought to be outcomes of thermonuclear explosions of mass-accreting carbon-oxygen white dwarfs (CO WDs) that have mass close to the Chandrasekhar limit ($M_{\text{Ch}}$; e.g., Hoyle & Fowler 1960; Nomoto et al. 1984). The WD explosion with $M_{\text{Ch}}$ can reproduce the observed light curves and spectroscopy of most SNe Ia (e.g., Hoeflich et al. 1996; Podsiadlowski et al. 2008; Leung & Nomoto 2017), and most SNe Ia are inferred to have total ejecta masses close to $M_{\text{Ch}}$ (see Mazzali et al. 2007). Umeda et al. (1999) suggested that the birth mass of a CO WD is usually < 1.1 $M_{\odot}$ (see also Siess 2006; Doherty et al. 2015, 2017), and thus a CO WD needs to obtain enough mass from its companion in a binary before it explodes as an SN Ia. However, the nature of the companion of a CO WD is still not well determined over the past 60 years of SN research though there exist many observational constraints (e.g., Mannucci et al. 2006; Förster et al. 2006, 2013; Aubourg et al. 2008; Maoz et al. 2011; Wang et al. 2013b; Graur & Maoz 2013; Martínez-Rodríguez et al. 2017; Heringer et al. 2017), which involve the progenitors of SNe Ia (for recent reviews see Wang & Han 2012; Maoz & Mannucci 2012; Höflich et al. 2013; Hillebrandt et al. 2013; Maoz et al. 2014; Ruiz-Lapuente 2014; Parrent et al. 2014; Maeda & Terada 2016; Branch & Wheeler 2017; Soker 2017).

Many progenitor models have been proposed to explain the observed diversity among SNe Ia, in which the most studied models are the single-degenerate (SD) model, the double-degenerate (DD) model and the sub-$M_{\text{Ch}}$ model. (1) The SD model. In this model, a CO WD accretes H-/He-rich material from a non-degenerate donor. The WD may produce an SN Ia when it grows in mass close to $M_{\text{Ch}}$ (e.g., Whelan & Iben 1973; Nomoto et al. 1984). (2) The DD model. In this model, a CO WD merges with another CO WD, the merging of which is due to gravitational wave radiation, finally producing an SN Ia (e.g., Webbink 1984; Iben & Tutukov 1984). (3) The sub-$M_{\text{Ch}}$ model. In this model, the thermonuclear explosion of a CO WD results from the detonation at the bottom of a He-shell, in which the CO WD has a mass below $M_{\text{Ch}}$ (e.g., Nomoto 1982b; Woosley et al. 1986).

In this article, I mainly review recent studies on mass-accreting WDs and different progenitor models of SNe Ia. In Section 2, I review recent studies of H- and He-accreting WDs in detail. I also review recent progress on the currently most discussed progenitor models of SNe Ia, including the SD model in Section 3, the DD model in Section 4 and the sub-$M_{\text{Ch}}$ model in Section 5. In Section 6, I summarize some other potential progenitor models of SNe Ia. Finally, a summary is given in Section 7. For more discussions on the progenitors, explosion mechanisms and observational properties of SNe Ia, see previous reviews, e.g., Branch et al. (1995), Nomoto et al. (1997), Hillebrandt & Niemeyer (2000), Livio (2000), Wang & Wheeler (2008) and Podsiadlowski (2010).

2 MASS-ACCRETING WHITE DWARFS

A WD in a binary system can usually accrete H-/He-rich material from its mass donor. The process of mass-accretion onto WDs is important for studies of binary evolution and accretion physics. Employing the stellar evolution code called Modules for Experiments in Stellar Astrophysics (MESA; see Paxton et al. 2011, 2013, 2015), Wang et al. (2015a) recently studied the long-term evolution of He-accreting WDs with various initial WD masses ($M_{\text{WD}}$ = 0.5 – 1.35 $M_{\odot}$) and accretion rates ($\dot{M}_{\text{acc}} = 10^{-8} – 10^{-5} M_{\odot}$ yr$^{-1}$). Super-Eddington wind is supposed as the mass-loss mechanism during He-shell flashes (e.g., Denissenkov et al. 2013; Ma et al. 2013). The initial WD models in Wang et al. (2015a) have a metallicity of 2%, and the accreted He-rich material consists of 98% He and 2% metallicity. In this article, I simulated the long-term evolution of H-accreting WDs with various $M_{\text{WD}}$ and $\dot{M}_{\text{acc}}$ using MESA (version 7624), in which the accreted H-rich material consists of 70% H, 28% He and 2% metallicity. Basic assumptions and input here are similar to those of Wang et al. (2015a). In my computations, the WDs were resolved with >2000 meshpoints.

2.1 Stable Burning Regime

In Figure 1, I show the stable H-/He-shell burning regime in the $M_{\text{WD}}$ – $\dot{M}_{\text{acc}}$ plane. In this steady burning regime,
WD binaries have been identified as supersoft X-ray sources in the observations (e.g., van den Heuvel et al. 1992).

In the case of H-accreting WDs (see Fig. 1a), the final fate of mass-accreting WDs is mainly determined by $M_{\text{WD}}$ and $M_{\text{acc}}$. If $M_{\text{acc}}$ is larger than the maximum accretion rate $\dot{M}_e$ for stable H-shell burning, the WD will expand to red giant (RG) dimensions and form an RG-like star due to the continuous pileup of accreted material on its surface or, alternatively, the RG-like regime is replaced by the optically thick wind regime (for more discussions see Sect. 3). If $M_{\text{acc}}$ is below the minimum accretion rate $\dot{M}_a$ for stable H-shell burning, the WD will experience multicyle H-shell flashes like nova outbursts due to unstable nuclear burning. The values of $\dot{M}_e$ and $\dot{M}_a$ for H-accreting WDs can be approximated by the following formulae

$$\dot{M}_e = 0.27 \times 10^{-7} (M_{\text{WD}}^2 + 25.52 M_{\text{WD}} - 9.02),$$

$$\dot{M}_a = 2.93 \times 10^{-7} \times (-M_{\text{WD}}^3 + 4.41 M_{\text{WD}}^2 - 3.38 M_{\text{WD}} + 0.84),$$

where $M_{\text{WD}}$ is in units of $M_\odot$, and $\dot{M}_e$ and $\dot{M}_a$ are in units of $M_\odot \text{ yr}^{-1}$. I also compared my results with previous investigations of Iben & Tutukov (1989) and Nomoto et al. (2007). It seems that my results are almost coincident with those of Iben & Tutukov (1989), but have some differences with those of Nomoto et al. (2007), probably resulting from different methods adopted. Nomoto et al. (2007) studied the mass-accretion process through a linear stability analysis, whereas I carried out detailed stellar evolution computations.

Fig. 1 Stable H-/He-shell burning regime in the $M_{\text{WD}} - \dot{M}_{\text{acc}}$ plane. Panel (a) shows the stable H-shell burning regime. The red solid lines are the results of my simulations, the blue dotted lines are taken from Iben & Tutukov (1989) and the black dashed lines are from Nomoto et al. (2007). Panel (b) presents the stable He-shell burning regime. The red solid lines are taken from Wang et al. (2015a), the blue dotted line is taken from Nomoto (1982a) and the black dashed line is from Piersanti et al. (2014).
In the case of He-accreting WDs (see Fig. 1b), the final fate of the WDs is also determined by $\dot{M}_{\text{st}}$ and $M_{\text{WD}}$. The values of $\dot{M}_{\text{cr}}$ and $\dot{M}_{\text{st}}$ are given as below:

$$\dot{M}_{\text{cr}} = 2.17 \times 10^{-6} (M_{\text{WD}}^2 + 0.82 M_{\text{WD}} - 0.38),$$

$$\dot{M}_{\text{st}} = 1.46 \times 10^{-6} \times \left(-M_{\text{WD}}^3 + 3.45 M_{\text{WD}}^2 - 2.60 M_{\text{WD}} + 0.85\right).$$

It has been assumed that a WD can grow in mass to $M_{\text{Ch}}$ in this stable He-shell burning regime and then explode as an SN Ia (e.g., Nomoto 1998a; Wang et al. 2009b). However, Wang et al. (2017a) recently found that off-center carbon ignition happens on the surface of the WD if $\dot{M}_{\text{acc}}$ is larger than a critical value ($\sim 2.05 \times 10^{-6} M_{\odot} \text{yr}^{-1}$). An off-center carbon ignition will convert CO WDs to ONe WDs via an inwardly propagating carbon burning flame; ONe WDs are expected to collapse into neutron stars through electron capture on $^{24}\text{Mg}$ and $^{20}\text{Ne}$ when mass accretion goes on (e.g., Nomoto & Iben 1985; Saio & Nomoto 1985, 1998; Brooks et al. 2016; Wu & Wang 2018). Wang et al. (2017a) found that the WD can increase its mass steadily in the regime between $\dot{M}_{\text{st}}$ and the critical rate for off-center carbon burning, in which explosive carbon ignition (see Lesaffre et al. 2006; Chen et al. 2014c) can happen in the center of the WD when it grows in mass close to $M_{\text{Ch}}$, leading to an SN Ia explosion. Note that Brooks et al. (2016) recently also reported these two possible outcomes (i.e., center or off-center carbon ignition), but they only computed over a narrower range of binary parameter space.

Similar to previous studies (e.g., Iben & Tutukov 1989; Nomoto et al. 2007), the He-shell burning underneath the H-shell was neglected for simplicity when I simulated the long-term evolution of H-accreting WDs. It is still hard for the H-accreting WD to increase its mass to $M_{\text{Ch}}$ as the steady burning regime of He-shell burning is higher than that for H-shell burning (see Fig. 1). This fundamental difficulty for double-shell (H-/He-shell) burning needs to be settled in future investigations.

### 2.2 Mass-accumulative Efficiencies and Nova Cycle Durations

If $\dot{M}_{\text{acc}} < \dot{M}_{\text{st}}$, the accreting WD will experience H-/He-shell flashes like nova outbursts. Recent studies indicate that a WD can grow in mass to $M_{\text{Ch}}$ through multicycle nova outbursts, finally resulting in an SN Ia explosion (e.g., Wang et al. 2015a; Hillman et al. 2015, 2016; Wu et al. 2017).

The mass-accumulative efficiency ($\eta$) during nova outbursts is defined as the mass fraction of accreted material that is retained by the WD. $\eta$ plays a fundamental role in binary evolution, which has a strong influence on the rates and delay times of SNe Ia (see, e.g., Bours et al. 2013; Toonen et al. 2014; Wang et al. 2015b; Kato et al. 2017a).

Figure 2 shows the mass-accumulative efficiencies of H-/He-shell flashes for different $M_{\text{WD}}$ and $M_{\text{acc}}$. For a given $M_{\text{WD}}$, $\eta$ increases with $\dot{M}_{\text{acc}}$. This is because the degeneracy of the H-/He-shell is lower for high accretion rates, resulting in the wind becoming weaker and less mass accumulating on the surface. Yoon et al. (2004) suggested that $\eta$ may be increased when rotation is considered. The data points of Figure 2 can be used in studies of binary population synthesis (BPS) computations, which can be provided on request by contacting the author.

Many studies on the long-term evolution of mass-accreting WDs arrive at some different results regarding the value of $\eta$ (e.g., Prialnik & Kovetz 1995; Cassisi et al. 1998; Kato & Hachisu 2004; Yaron et al. 2005; Wolf et al. 2013; Idan et al. 2013; Newsham et al. 2014; Wang et al. 2015a; Hillman et al. 2015, 2016; Wu et al. 2017; Kato et al. 2017b). In Figure 3, I compare the values of $\eta_{\text{He}}$ obtained by different groups. From this figure, we can see that the values of $\eta_{\text{He}}$ in Kato & Hachisu (2004) are apparently higher than those in Piersanti et al. (2014) and Wu et al. (2017). Kato et al. (2017a) recently discussed the reasons for such a divergence in detail, and found that the mass-loss mechanism during nova outbursts is a key process for determining the value of the mass-accumulative efficiency.

Nova cycle duration ($\Delta t$) is defined as the recurrence time interval between two successive outbursts, which is an important observed property for nova outbursts. Figure 4 presents nova cycle durations during H-/He-shell flashes for different $M_{\text{WD}}$ and $M_{\text{acc}}$. A strong inverse relationship exists between $\Delta t$ and $\dot{M}_{\text{acc}}$ for each value of $M_{\text{WD}}$ (see also Hillman et al. 2016). For a given $M_{\text{WD}}$, $\Delta t$ becomes shorter when $\dot{M}_{\text{acc}}$ increases. This is because nova outbursts occur when the accumulated mass of the shell reaches almost the same critical value for a specific value of $M_{\text{WD}}$ though $\dot{M}_{\text{acc}}$ has some effect on the accumulated mass, which means that a higher $\dot{M}_{\text{acc}}$ results in a shorter $\Delta t$. Moreover, for a given $M_{\text{acc}}$ the durations become shorter for massive WDs. This is because the shell mass needed for nuclear burning is smaller for massive WDs due to their stronger surface gravity. Therefore, the recurrent flashes on massive WDs with higher $\dot{M}_{\text{acc}}$ would happen more frequently than those of low-mass WDs with lower $\dot{M}_{\text{acc}}$. Additionally,
Fig. 2 Mass-accumulative efficiencies ($\eta$) vs. $\dot{M}_{\text{acc}}$ for various $M_{\text{WD}}$. Panel (a): the results of H-shell flashes in my simulations. Panel (b): the results of He-shell flashes based on the studies of Wu et al. (2017).

Fig. 3 Mass-accumulative efficiencies ($\eta_{\text{He}}$) vs. $\dot{M}_{\text{acc}}$ for $M_{\text{WD}} = 1.0 M_\odot$. The blue solid line is taken from Kato & Hachisu (2004), the black dashed line is from Piersanti et al. (2014) and the red dotted line is from Wu et al. (2017).
the He-nova cycle duration is longer than that of an H-nova for a given \( M_{\text{WD}} \) and \( \dot{M}_{\text{acc}} \). This is because the temperature for He burning is higher than that of H burning; it needs a thick He-shell for ignition and thus more time to accrete material.

### 3 THE SINGLE-DEGENERATE MODEL

In this model, a WD accretes H-/He-rich material from a non-degenerate star that could be a main sequence (MS) or a slightly evolved subgiant star (the WD+MS channel), or an RG star (the WD+RG channel), or even a He star (the WD+He star channel). When the WD grows in mass close to \( M_{\text{Ch}} \), it may produce an SN Ia (see, e.g., Hachisu et al. 1996; Li & van den Heuvel 1997; Yungelson & Livio 1998, 2000; Langer et al. 2000; Han & Podsiadlowski 2004). This model may explain the similarities of most SNe Ia as the WD in this model has the same explosion mass (i.e., \( M_{\text{Ch}} \)). Meanwhile, there are many SD progenitor candidates for SNe Ia in observations (for more discussions see Sects. 3.1.2, 3.2.2 and 3.3.2).

Importantly, this model is supported by some recent observations. For example, the signatures of circumstellar matter (CSM) before SN explosion (e.g., Patat et al. 2007; Wang et al. 2009c; Sternberg et al. 2011; Dilday et al. 2012; Silverman et al. 2013b,a), the early optical and ultraviolet (UV) emission from ejecta-companion interaction in some SNe Ia (e.g., Kasen 2010; Hayden et al. 2010; Ganeshalingam et al. 2011; Wang et al. 2012; Cao et al. 2015; Liu et al. 2015b; Marion et al. 2016; but see also Bianco et al. 2011; Shappee et al. 2016; Kromer et al. 2016; Piro & Morozova 2016), the wind-blown...
cavity in some SN remnants (e.g., Badenes et al. 2007; Williams et al. 2011), the possible pre-explosion images (e.g., Voss & Nelemans 2008; McCully et al. 2014), etc. It is worth noting that while there is some evidence for gas outflows before an SN explosion, this is only seen in a handful of SNe Ia (Ia-CSM). It is still unclear what fraction of all SNe Ia have evidence of CSM around them. Moreover, the pre-explosion images in SN 2012Z and the UV emission in iPTF14atg mainly relate to type Iax SNe but not normal SNe Ia (e.g., McCully et al. 2014; Cao et al. 2015).

The mass donor in the SD model would survive after SN explosion and potentially be identified, whereas an SN explosion following the merger of two WDs would leave no compact remnant in the DD model. Thus, a possible way to identify the SD model and the DD model is by searching for the surviving companion stars. It has been suggested that Tycho G may be a surviving companion star of Tycho’s SN (e.g., Ruiz-Lapuente et al. 2004; for more discussions see Sect. 3.1.3). The surviving companion stars predicted by the WD+RG channel may be related to the formation of the observed single low-mass He WDs (for more discussions see Sect. 3.2.3), and the surviving companion stars from the WD+He star channel relate to the formation of hypervelocity He stars (for more discussions see Sect. 3.3.3). Note that Vennes et al. (2017) recently reported the discovery of a low-mass WD (LP 40-365) with a high proper motion, which travels with a velocity greater than the escape velocity of our Galaxy. Vennes et al. (2017) found that LP 40-365 has a peculiar atmosphere that is dominated by intermediate-mass elements, and argued that this partially burnt remnant may have been ejected by an SN Ia that can be described by the SD model.

The optically thick wind assumption (see Hachisu et al. 1996) is widely adopted in studies of the SD model (e.g., Li & van den Heuvel 1997; Hachisu et al. 1999b,a; Han & Podsiadlowski 2004; Chen & Li 2007; Meng et al. 2009; Wang et al. 2009b, 2010). In this assumption, the RG-like regime in Figure 1 can be replaced by the optically thick wind regime. If \( M_{\text{acc}} \) exceeds a critical rate (i.e., \( M_{\text{cr}} \) in Sect. 2), it is supposed that the accreted material burns steadily on the surface of the WD at this critical rate; the unprocessed material is blown away in the form of optically thick wind. The optically thick wind assumption can enlarge the parameter space for producing SNe Ia and thus their rate (e.g., Li & van den Heuvel 1997; Han & Podsiadlowski 2004). In addition, the properties of some supersoft X-ray sources and recurrent novae may be explained by this assumption (e.g., Hachisu & Kato 2003, 2005, 2006; Hachisu et al. 2007; Kato et al. 2017a).

However, the optically thick wind assumption is still under hot debate. For example, the metallicity threshold predicted by this model is in conflict with observations (e.g., Prieto et al. 2008; Badenes et al. 2009a; Galbany et al. 2016). SNe Ia are not expected at high-redshift (\( z > 1.4 \)) for this model (see Kobayashi et al. 1998), but some high-redshift SNe Ia have even been reported at \( z = 2.26 \) (e.g., Graur et al. 2011, 2014b; Frederiksen et al. 2012; Rodney et al. 2012, 2014, 2015; Jones et al. 2013). In addition, the wind velocity predicted by this model is too large to match observations (e.g., Patat et al. 2007; Badenes et al. 2007). According to this model, the hot WD would photoionize the surrounding interstellar medium, so some emission lines (such as He II 4686 and [O I] 6300) can be produced. An emission-line shell or nebula should be visible around the progenitor up to thousands of years after the explosion. These emission lines should be detected in old elliptical galaxies or around some individual SN remnants. However, any evidence for such emission has not been found so far (e.g., Woods & Gilfanov 2013, 2016; Graur et al. 2014a; Johansson et al. 2014, 2016; Woods et al. 2017). Note that some alternative models to the optically thick wind assumption have been proposed, for example, the super-Eddington wind model (e.g., Ma et al. 2013; Wang et al. 2015a) and the common envelope (CE) wind model (see Meng & Podsiadlowski 2017).

Additionally, a serious challenge to the SD model is the non-detection of stripped H-rich material. In the SD model, H-rich material can be removed from the surface of the non-degenerate companion star. Recent three-dimensional (3D) hydrodynamic simulations of the interaction between SN Ia ejecta and their MS/RG companion stars indicate that the stripped H-rich material is always larger than \( 0.1 \, M_\odot \) (see Pan et al. 2012, 2014; Liu et al. 2012c, 2013a). However, no stripped H-rich material has been detected in late-time spectra of SNe Ia yet (e.g., Leonard 2007; Shappee et al. 2013; Lundqvist et al. 2013, 2015; Maguire et al. 2016).\(^1\) Furthermore, the SD model suffers from the issue of a deficit in the supersoft X-ray flux in observations (e.g., Gilfanov & Bogdán 2010; Di

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\(^1\) Late-time observations can support a new diagnostic of SN Ia nebular, explosion and progenitor physics. Graur et al. (2017b) recently summarized progress in this field. The relevant theoretical investigations on this field include Fransson & Korma (1993), Seitenzahl et al. (2009) and Röpke et al. (2012). In addition, recent observational studies include Fransson & Jerkstrand (2015), Graur et al. (2016, 2017b), Shappee et al. (2017), Kerzendorf et al. (2017b), Dimitriadis et al. (2017) and Yang et al. (2018).
Stefano 2010). Note that the supersoft X-ray source stage only accounts for a short time in the SD model, which can alleviate the existing X-ray constraints (see also Wang & Han 2012).

### 3.1 The WD+MS Channel

This channel is usually called the supersoft channel, in which a CO WD accretes H-rich material from an MS or a slightly evolved subgiant star. The accreted H-rich material is burned into He, and then the He is converted to carbon and oxygen. The WD may explode as an SN Ia when it grows in mass close to $M_{\text{Ch}}$. For more discussions on this channel, see, e.g., Li & van den Heuvel (1997); Hachisu et al. (1999b), Langer et al. (2000), Han & Podsiadlowski (2004), Fedorova et al. (2004), Meng et al. (2009), Wang et al. (2010, 2014a), Chen et al. (2014a), Meng & Podsiadlowski (2017) and Liu & Stancliffe (2017, 2018).

#### 3.1.1 Evolutionary scenarios and parameter space

In the supersoft channel, SNe Ia originate from the evolution of WD+MS systems. Figure 5 presents the main binary evolutionary scenarios for WD+MS systems that can form SNe Ia (for details see Wang & Han 2012; see also Meng et al. 2009; Wang et al. 2010). For Scenario A, the initial parameters of the primordial binaries are in the range of $M_{1,i} \sim 4.0 - 7.0 M_\odot$, $q = M_{2,i}/M_{1,i} \sim 0.3 - 0.4$ and $\log P^i(d) \sim 1.0 - 1.5$, in which $M_{1,i}$ and $M_{2,i}$ are the initial masses of the primordial primary and secondary, respectively, and $P^i$ is the initial orbital period of the primordial systems. For Scenario B, the initial binary parameters are in the range of $M_{1,i} \sim 2.5 - 6.5 M_\odot$, $q = M_{2,i}/M_{1,i} \sim 0.2 - 0.9$ and $\log P^i(d) \sim 2.0 - 3.0$. For Scenario C, the initial binary parameters are in the range of $M_{1,i} \sim 3.0 - 6.5 M_\odot$, $q = M_{2,i}/M_{1,i} \sim 0.2 - 0.7$ and $\log P^i(d) \sim 2.5 - 3.5$. Among the three scenarios, SNe Ia are mainly produced by Scenarios A and B, in which each scenario contributes about half of SNe Ia through the supersoft channel (see Wang et al. 2010).

After formation of WD+MS systems, the WD can accrete material from an MS or a slightly evolved subgiant star. According to the optically thick wind assumption, Li & van den Heuvel (1997) studied the supersoft channel based on detailed binary evolution computations with $M_{\text{WD}}^i = 1.0$ and $1.2 M_\odot$. Han & Podsiadlowski (2004) investigated this channel in a systematic way with different $M_{\text{WD}}^i$ and gave the results of the BPS approach.

Figure 6 shows the initial parameter space of SNe Ia for the supersoft channel in the $\log P^i - M_{2,i}$ plane with different $M_{\text{WD}}^i$, where $M_{2,i}$ is the initial mass of the MS star and $P^i$ is the initial orbital period of the WD+MS system. If the initial parameters of a WD+MS system are located in this parameter space, an SN Ia is supposed to be formed. The minimum $M_{\text{WD}}^i$ for producing SNe Ia in this channel is $0.61 M_\odot$ that can grow in mass to $M_{\text{Ch}}$. According to a detailed BPS simulation, Wang et al. (2010) estimated that the Galactic SN Ia rate from the supersoft channel is $\sim 1.8 \times 10^{-5}$ yr$^{-1}$, mainly contributing to the observed SNe Ia with intermediate and long delay times. Note that if the new mass-accumulation efficiencies ($\eta$) in Figure 2 are adopted, some systems with low mass MS donors in Figure 6 will not produce SNe Ia as the values of the new $\eta$ are lower than those used in Wang et al. (2010).

SN 2002ic is a peculiar SN Ia that lost a few solar masses of H-rich material before the SN explosion (e.g., Hamuy et al. 2003; Deng et al. 2004). Han & Podsiadlowski (2006) suggested that the atypical properties of SN 2002ic may be reproduced by the delayed dynamical instability in the frame of the supersoft channel, which requires that the mass donor was initially $\sim 3 M_\odot$.

In observations, candidates for the supersoft channel have been identified as supersoft X-ray sources and recurrent novae (e.g., van den Heuvel et al. 1992; Rappaport et al. 1994). Supersoft X-ray sources are strong candidates for SN Ia progenitors, which are WD binaries where steady nuclear burning occurs on the surface of the WDs (e.g., Chen et al. 2015). Recurrent novae usually include a massive WD with $M_{\text{acc}} < M_{\text{st}}$. In particular, U Sco (a recurrent nova) is a strong progenitor candidate for SNe Ia, including a $1.55 \pm 0.24 M_\odot$ WD and a $0.88 \pm 0.17 M_\odot$ MS donor with an orbital period of $\sim 0.163$ d (e.g., Hachisu et al. 2000; Thoroughgood et al. 2001). However, Mason (2011) argued that U Sco may be a nova outburst that happened on the surface of an ONe WD, and thus its final fate may not be an SN Ia but collapse to a neutron star.

In addition, M31N 2008-12a is a remarkable recurrent nova in M31, and its recurrence period is $\sim 1$ yr; the WD mass in M31N 2008-12a may be $\sim 1.38 M_\odot$ with $M_{\text{acc}} = 1.6 \times 10^{-7} M_\odot$ yr$^{-1}$, making it a promising candidate for an SN Ia progenitor (e.g., Darnley et al. 2014, 2016; Tang et al. 2014; Kato et al. 2015, 2017b). In order
Fig. 5 Evolutionary scenarios for WD+MS systems that can form SNe Ia (see also Wang & Han 2012).

Fig. 6 Initial parameter space of SNe Ia for the supersoft channel in the log $P^1 - M^1_2$ plane with different $M^1_{WD}$. Source: From Wang et al. (2010).

to search for progenitor candidates of SNe Ia, Rebassa-Mansergas et al. (2017) recently obtained a large sample of detached WD+F/G/K star binaries (see also Li et al. 2014), and Toonen et al. (2017a) made a detailed estimate of the number of WD+MS binaries in the Gaia sample.

3.1.3 Surviving companion stars

According to the supersoft channel, Han (2008) gave various properties of the surviving companion stars at the moment of SN explosion, which are runaway stars that are moving away from the center of SN remnants (see also Wang & Han 2010a). The surviving companion star in the supersoft channel would evolve finally to a CO WD. Hansen (2003) argued that the supersoft channel might potentially explain the properties of high-velocity WDs in the halo, which differ from others as they consist exclusively of single stars. In order to search for surviving companion stars after SN explosion, Pan et al. (2012) investigated the impact of SN Ia ejecta on
MS, RG and He star companions based on hydrodynamical simulations (see also Pan et al. 2010, 2013, 2014; Liu et al. 2012c, 2013a,b).

It has been suggested that Tycho G may be a surviving companion star of Tycho’s SN, which has a space velocity of 136 km s$^{-1}$ (see Ruiz-Lapuente et al. 2004). However, the surviving companion star of Tycho’s SN is still not well determined. Han (2008) found that the observed properties of Tycho G are compatible with the surviving companion star of the supersoft channel, e.g., surface gravity, effective temperature, space velocity, etc. (see also Wang & Han 2010a). Lu et al. (2011) claimed that the non-thermal X-ray arc in Tycho’s SN remnant may originate from the interaction between SN ejecta and stripped mass of the companion. In addition, Zhou et al. (2016) suggested that the most plausible origin for the expanding molecular bubble surrounding Tycho’s SN remnant is fast outflow driven from a WD as it accreted material from a non-degenerate donor, which provides evidence for an SD progenitor for Tycho’s SN. Note that Fang et al. (2018) recently argued that the SN ejecta, which evolved in the cavity driven by latitude-dependent wind, provides an alternative explanation for the peculiar shape of the periphery of Tycho’s SN remnant. For more studies on the surviving companion star of Tycho’s SN, see, e.g., Fuhrmann (2005), Ihara et al. (2007), González Hernández et al. 2009, Kerzendorf et al. (2009, 2013), Liu et al. (2013a) and Pan et al. (2014). Note that there is still no conclusive confirmation about any surviving companion stars for SNe Ia.

3.2 The WD+RG Channel

This channel is called the symbiotic channel, usually consisting of a hot WD and an RG star. In most cases a hot WD accretes material from an RG star through stellar wind, but in some cases through the Roche lobe. The surviving companion stars in this channel may be related to the formation of the observed single low-mass He WDs (for more discussions see Sect. 3.2.3). For more discussions on this channel see, e.g., Yungelson et al. (1995), Hachisu et al. (1996, 1999a), Li & van den Heuvel (1997), Yungelson & Livio (1998), Lü et al. (2006, 2009), Xu & Li (2009), Wang et al. (2010), Wang & Han (2010c), Chen et al. (2011) and Liu et al. (2017a).

3.2.1 Evolutionary scenario and parameter space

Compared with the supersoft channel, SNe Ia in the symbiotic channel originate from wider primordial binaries. Figure 7 shows the binary evolutionary scenario for WD+RG systems that can form SNe Ia (for details see Wang & Han 2012; see also Wang et al. 2010). There is one binary evolutionary scenario that can produce CO WD+RG systems and then form SNe Ia. The primordial primary first fills its Roche lobe when it evolves to the thermally pulsing asymptotic giant branch (TPAGB) stage. A CE may be formed owing to the dynamically unstable Roche lobe overflow (RLOF). The primordial primary becomes a CO WD after the CE ejection. At this moment, a CO WD+MS system is formed. A CO WD+RG system can be formed when the MS companion evolves to the RG stage. For the symbiotic channel, SN Ia explosions happen for the binary parameter ranges of $M_{1,i} \sim 5.0 - 6.5 M_\odot$, $q = M_{2,i}/M_{1,i} \sim 0.1-0.5$ and $\log P^i(d) \sim 2.5 - 4.0$ (see Liu et al. 2017a).

Previous studies suggested that the initial parameter space for producing SNe Ia from the symbiotic channel is too small as a CE is easily formed when the RG star fills its Roche lobe, thus yielding a low rate of SNe Ia (e.g., Yungelson et al. 1995; Li & van den Heuvel 1997, Yungelson & Livio 1998; Lü et al. 2006; Wang et al. 2010). In order to avoid the formation of a CE once the RG star fills its Roche lobe, Hachisu et al. (1999a) supposed that a stellar wind from the WD strips some mass from the RG star to stabilize the mass-transfer process, known as the mass-stripping model. However, this model has not been confirmed by observations. Note that some studies enlarged the initial parameter space for producing SNe Ia and thus obtained a high rate through the symbiotic channel (e.g., Lü et al. 2006; Chen et al. 2011), but these works strongly depend on model parameters or assumptions.

Liu et al. (2017a) recently adopted an integrated mass-transfer prescription for the symbiotic channel based on a power-law adiabatic supposition, which is applicable for the mass-transfer from an RG star onto the WD (see Ge et al. 2010). They evolved a large number of WD+RG systems, and found that the parameter space of WD+RG systems for producing SNe Ia is significantly enlarged. The mass-transfer prescription adopted by Liu et al. (2017a) is still under debate when the RG star fills its Roche lobe (see Woods & Ivanova 2011), but their work at least gave an upper limit for the parameter space when producing SNe Ia.

Figure 8 shows the initial and final parameter space of SNe Ia in the $\log P - M_2$ plane with different $M_{1,\text{WD}}$ for the symbiotic channel. The minimum $M_{1,\text{WD}}$ for producing SNe Ia in this channel is $\sim 1.0 M_\odot$. The binary parameters of RS Oph and T CrB are located in the parameter space of WD+RG systems for produc-
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Fig. 7 Evolutionary scenario for WD+RG systems that can form SNe Ia (see also Wang & Han 2012).

Fig. 8 Initial and final parameter space of SNe Ia for the symbiotic channel in the $\log P - M_2$ plane with different $M_{\text{WD}}$. The filled star and triangle show the locations of symbiotics T CrB and RS Oph, respectively. The data points forming these contours are from Liu et al. (2017a).

3.2.2 Progenitor candidates

Symbiotic novae have been proposed as progenitor candidates of SNe Ia, which are binaries where the WD accretor undergoes a classical nova eruption. In the observations, many symbiotic novae have WD mass close to $M_{\text{Ch}}$, and have giant companions, e.g., RS Oph, T CrB and V745 Sco (e.g., Hachisu & Kato 2001; Parthasarathy et al. 2007). (1) RS Oph has a $1.2 - 1.4 M_\odot$ WD and a $0.68 - 0.8 M_\odot$ RG star with an orbital period of $\sim 454$ d (e.g., Brandi et al. 2009). Mikołajewska & Shara (2017) recently suggested that the WD in RS Oph may be a CO WD by analyzing its spectra, making it a
strong progenitor candidate for an SN Ia. (2) T CrB has a $\sim 1.2 M_\odot$ WD and a $\sim 0.7 M_\odot$ RG star with an orbital period of $\sim 227$ d (e.g., Belczynski & Mikolajewska 1998). However, it is still uncertain whether the WD in T CrB is a CO WD or an ONe WD; the latter is expected to result in accretion-induced collapse rather than an SN Ia explosion. (3) V745 Sco is a symbiotic nova. Orlando et al. (2017) recently suggested that the WD in V745 Sco is a CO WD as this nova shows no signs of Ne enhancement. Furthermore, the ejected mass during nova outbursts in V745 Sco is considerably lower than the mass needed to initiate the thermonuclear reaction (e.g., Marsh et al. 2007). However, study of the initial-final mass relation computations for about 2600 close WD+He star systems and then form SNe Ia. For Scenario A, the initial parameters of the primordial binaries are in the range of $M_{1,i} \sim 5.0 - 8.0 M_\odot$, $q = M_{2,i}/M_{1,i} \sim 0.2 - 0.9$ and $\log P^i(d) \sim 1.0 - 1.5$. For Scenario B, the initial binary parameters are in the range of $M_{1,i} \sim 6.0 - 6.5 M_\odot$, $q = M_{2,i}/M_{1,i} > 0.9$ and $\log P^i(d) \sim 2.5 - 3.0$. For Scenario C, the initial binary parameters are in the range of $M_{1,i} \sim 5.0 - 6.5 M_\odot$, $q = M_{2,i}/M_{1,i} > 0.9$ and $\log P^i(d) > 3.0$. Among the three scenarios, Scenario A contributes to almost 90% of SNe Ia through the He star donor channel (see Wang et al. 2009a).

Adopting the optically thick wind assumption, Wang et al. (2009b) investigated the He star donor channel in a systematic way, in which they performed binary evolution computations for about 2600 close WD+He star systems. They determined the initial parameter space of WD+He star systems that can lead to SNe Ia in the $\log P^i - M^i_{\text{WD}}$ plane (see Fig. 10). The minimum $M^i_{\text{WD}}$ for producing SNe Ia in this channel could be as low as 0.865 $M_\odot$. The binary parameters of V445 Pup and HD 49798 with their WD companions are located in the parameter space of WD+He star systems for producing
SNe Ia (see Fig. 10), which means that they are progenitor candidates for SNe Ia (for more discussions see Sect. 3.3.2). The Galactic SN Ia rate from this channel is \(\sim 0.3 \times 10^{-3} \text{ yr}^{-1}\) and this channel can produce the observed SNe Ia with short delay times (\(\sim 45 - 140\) Myr; see Wang et al. 2009a). Wang & Han (2010b) suggested that SNe Ia from the He star donor channel occur systematically later in low-metallicity environments. By considering the possibility of off-center carbon burning, Wang et al. (2017a) estimated that the Galactic SN Ia rates from the He star donor channel decrease to \(\sim 0.2 \times 10^{-3} \text{ yr}^{-1}\) based on a detailed BPS method.

### 3.3.2 Progenitor candidates

For the He star donor channel, two massive WD+He star systems are good candidates for SN Ia progenitors, i.e., V445 Pup and HD 49798 with their WD companions.
V445 Pup is the only He nova discovered so far, which was detected during its outburst in late 2000 (e.g., Ashok & Banerjee 2003; Kato & Hachisu 2003). According to the light curve fitting of V445 Pup, Kato et al. (2008) suggested that the WD has mass $\gtrsim 1.35 \, M_\odot$ and half of the accreted material still remains on its surface. Woudt et al. (2009) obtained the mass of the He star donor to be $\sim 1.2 - 1.3 \, M_\odot$ based on the pre-outburst luminosity of the binary (see also Piersanti et al. 2014). Goranskij et al. (2010) suggested that the most probable orbital period for this binary is $\sim 0.65 \, \text{d}$. The binary parameters of V445 Pup are located in the parameter space contours for producing SNe Ia (see Fig. 10). In addition, Woudt & Steeghs (2005) suggested that the WD in V445 Pup is a CO WD but not an ONe WD as no signatures of Ne enhancement were detected. Thus, I speculate that V445 Pup is a strong candidate for an SN Ia progenitor.

HD 49798 is a subdwarf O6 star (1.50 $\pm$ 0.05 $M_\odot$), including a massive compact companion (1.28 $\pm$ 0.05 $M_\odot$) with an orbital period of 1.548 d (e.g., Thackeray 1970; Bisscheroux et al. 1997; Israel et al. 1997; Mereghetti et al. 2009). However, the nature of the compact companion is still not well known (e.g., Bisscheroux et al. 1997; Liu et al. 2015a; Mereghetti et al. 2016; Popov et al. 2018). Mereghetti et al. (2016) claimed that the companion of HD 49798 is more likely a neutron star based on a new angular momentum and magnetic field analysis (see also Brooks et al. 2017a), but Popov et al. (2018) recently stated that the continuous stable spin-up of the compact companion can be reproduced through contraction of a young WD. Assuming the companion of HD 49798 is a CO WD, Wang & Han (2010d) suggested that the massive WD can grow in mass to $M_{\text{Ch}}$ after about $6 \times 10^4 \, \text{yr}$ based on a detailed binary evolution computation. However, Wang et al. (2017a) recently argued that off-center carbon burning may occur when the WD increases its mass close to $M_{\text{Ch}}$ owing to a high mass-transfer rate ($> 2.05 \times 10^{-6} \, M_\odot \, \text{yr}^{-1}$). Thus, the WD companion of HD 49798 may eventually form a neutron star but not an SN Ia.

3.3.3 Surviving companion stars

The surviving companion stars of SNe Ia from the He star donor channel are related to the formation of hypervelocity stars (HVSs), which are stars that can escape the gravitational pull of the Galaxy. The first HVS to be identified was a B-type star with a Galactic rest-frame radial velocity of 673 km s$^{-1}$, which was discovered serendipitously by Brown et al. (2005). Up to now, over 20 HVSs have been confirmed by observations (e.g., Hirsch et al. 2005; Edelmann et al. 2005; Li et al. 2012; Zheng et al. 2014; Brown et al. 2014; Huang et al. 2017). It has been suggested that HVSs can be produced by the tidal disruption of a binary through interaction with the supermassive black hole at the Galactic center (see, e.g., Hills 1988; Yu & Tremaine 2003; Lu et al. 2010; Zhang et al. 2010). For a recent review on HVSs see Brown (2015).

To date, most HVSs discovered are B-type stars (see Brown 2015). Only one HVS (US 708, HV52S) is an extremely He-rich sdO star in the Galactic halo (see Hirsch et al. 2005). Wang & Han (2009) studied the properties of surviving companion stars of SNe Ia from the He star donor channel, and suggested that this channel provides an alternative way for the production of hypervelocity He stars such as US 708 (see also Justham et al. 2009). Ziegerer et al. (2017) recently found that J2050 is the spectroscopic twin of US 708, which could be surviving companion stars of SNe Ia that happened in WD+He star systems. Note that Geier et al. (2015) recently presented a spectroscopic and kinematic analysis of US 708, and found that it is currently the fastest known unbound star in our Galaxy with a velocity of $\sim 1200 \, \text{km s}^{-1}$. Geier et al. (2015) suggested that the surviving donors of sub-$M_{\text{Ch}}$ double-detonation SNe Ia (see Sect. 5) may explain such high velocity due to the short orbital periods at the moment of SN explosion.

In order to identify the surviving companion stars of the He star donor channel, Pan et al. (2010) investigated the impact of the SN explosion on He donors based on hydrodynamical simulations (see also Pan et al. 2013, 2014; Liu et al. 2013b). It is worth noting that some ongoing surveys are searching for more hypervelocity He stars that originate from surviving donors of SNe Ia, for example, the LAMOST LEGUE survey (e.g., Deng et al. 2012) and the Hyper-MUCHFUSS project (e.g., Tillich et al. 2011; Geier et al. 2011, 2015).

4 THE DOUBLE-DEGENERATE MODEL

In the classical DD model, SNe Ia result from the merging of double WDs with total mass $\gtrsim M_{\text{Ch}}$; the merging of two WDs is due to the gravitational wave radiation that drives orbital inspiral to merger (e.g., Webink 1984; Iben & Tutukov 1984). It has been suggested that this model can reproduce the observed rates and delay time distributions of SNe Ia (e.g., Nelemans et al. 2001; Ruiter et al. 2009, 2013; Mennekens et al. 2010; Yungelson & Kuranov 2017; Liu et al. 2018), and may explain the
formation of some observed super-luminous SNe Ia that have WD explosion masses $\geq 2 M_\odot$ (e.g., Howell et al. 2006; Hicken et al. 2007; Scalzo et al. 2010; Silverman et al. 2011).

One of the strongest pieces of evidence in favor of the DD model is the power-law delay time distribution with an index of $-1$ (e.g., Maoz & Mannucci 2012; Maoz & Graur 2017). This delay time distribution likely explains correlations between the SN Ia rates and galaxy properties (e.g., Graur & Maoz 2013; Graur et al. 2017a). The DD model is also supported by some other observational facts. For example, the absence of H and He lines in the nebular spectra of most SNe Ia (e.g., Leonard 2007; Ganseshalingam et al. 2011; Maguire et al. 2016), no signature of ejecta-companion interaction in some SNe Ia (e.g., Olling et al. 2015), no detection of early radio emission (e.g., Hancock et al. 2011; Horesh et al. 2012) and no absolute evidence for surviving companion stars of SNe Ia (e.g., Badenes et al. 2007; Kerzendorf et al. 2009, 2012, 2013, 2017a; Schaefer & Pagnotta 2012; Edwards et al. 2012; Graham et al. 2015).

In addition, much observational evidence indicates that SN 2011fe may have resulted from the merging of two WDs, which is one of the nearest normal SNe Ia discovered by the Palomar Transient Factory soon after its explosion ($< 1$ d) and quickly followed by many wavebands (e.g., Li et al. 2011a; Nugent et al. 2011; Brown et al. 2012; Bloom et al. 2012; Horesh et al. 2012; Liu et al. 2012a; Shappee et al. 2013, 2017a; Chomiuk 2013; Parrent et al. 2014; Lundqvist et al. 2015). Furthermore, many double WDs have been suggested to be progenitor candidates of SNe Ia (for more discussions see Sect. 4.3). Additionally, Shen et al. (2017) recently argued that prompt detonations of a sub-$M_{\text{Ch}}$ WD in double WDs can account for the observations of sub-luminous SNe Ia in old stellar populations.

However, the DD model has difficulties in explaining the similarities of most SNe Ia as the WD explosion mass has a relatively wide range. In addition, a fundamental challenge for this model is that the merger of double WDs may result in the formation of neutron stars through accretion-induced collapse but not thermonuclear explosions (e.g., Saio & Nomoto 1985, 1998; Nomoto & Iben 1985; Kawai et al. 1987; Timmes et al. 1994; Shen et al. 2012; Schwab et al. 2016). Due to a high $M_{\text{acc}}$ during the merger or in the post-merger cooling stage (e.g., Yoon et al. 2007), off-center carbon burning may happen on the surface of the CO WD, which likely converts CO WDs to ONe WDs through an inwardly propagating carbon flame but not SNe Ia. Note that Yoon et al. (2007) argued that the accretion-induced collapse may be avoided for a certain range of parameters when the rotation of the WDs is considered (see also Piersanti et al. 2003).

### 4.1 The Violent Merger Scenario

It has been suggested that accretion-induced collapse may be avoided when the coalescence process of double WDs is violent, known as the violent merger scenario; a prompt detonation is triggered when the merging continues, leading to an SN Ia explosion (see Pakmor et al. 2010, 2011, 2012). Pakmor et al. (2010) found that the violent merger of double WDs with almost equal-masses ($\sim 0.9 M_\odot$) is compatible with the low peak luminosity of SN 1991bg-like objects; although the predicted light curves are too broad owing to the large ejecta mass, low expansion velocities and synthesized spectra matching observed SN 1991bg-like objects well. Following a 3D simulation for the violent merger of double WDs with masses of 1.1 and 0.9 $M_\odot$, Pakmor et al. (2012) suggested that the violent merger scenario may also explain the properties of normal SNe Ia.

The mass ratio of double WDs has a great influence on the outcomes of the WD mergers. Pakmor et al. (2011) argued that the minimum critical mass ratio for double WD mergers to form SNe Ia is $\sim 0.8$. The absolute SN Ia brightness in this scenario is mainly determined by the mass of the primary WD as the less massive WD will be totally destroyed during the merging (e.g., Ruiter et al. 2013). It is still under debate whether the violent merger scenario can really produce SNe Ia or not (see, e.g., van Kerkwijk et al. 2010; Taubenberger et al. 2013; Kromer et al. 2013; Moll et al. 2014; Raskin et al. 2014; Fesen et al. 2015; Tanikawa et al. 2015; Chakrabarti et al. 2016; Sato et al. 2016; Bulla et al. 2016).

### 4.2 Evolutionary Scenarios and Parameter Space

For the DD model, it has been suggested that there are three binary evolutionary paths to form double WDs and then produce SNe Ia; these formation paths can be named the CE ejection scenario as all double WDs originate from the CE ejection process before the formation of DD systems (see Figure 11; e.g., Han 1998; Postnov & Yungelson 2006; Toonen et al. 2012; Yungelson & Kuranov 2017; Liu et al. 2018). For Scenario A, the initial parameters of the primordial binaries are in the range of $M_{1,1} \sim 4.5-9.0 M_\odot$, $q = M_{2,1}/M_{1,1} \sim 0.2-0.8$ and $\log P_i(d) \sim 0.5-3.0$. For Scenario B, the initial binary parameters are in the range of $M_{1,1} \sim 3.0-6.5 M_\odot$, $q = M_{2,1}/M_{1,1} \sim 0.3-0.9$ and $\log P_i(d) > 3.0$. For
Scenario C, the initial binary parameters are in the range of $M_{1,i} \sim 3.0 - 6.5 \, M_\odot$, $q = M_{2,i}/M_{1,i} > 0.9$ and $\log P^i (d) > 3.0$. In Scenario C, the double WDs can also be directly formed after the first CE ejection in some cases. Among the three scenarios, SNe Ia are mainly produced by Scenarios A and B, in which each scenario contributes about 45% of SNe Ia (see Liu et al. 2018).

Aside from the CE ejection scenario above, Ruiter et al. (2013) recently suggested an important stage in modeling double WDs in the context of violent mergers, namely a stage where the first-formed CO WD increases its mass by accretion of helium from a He subgiant star, which is known as the WD+He subgiant scenario; in this scenario the mass-transfer before the formation of double WD systems is dynamically stable, which can also be named the stable mass-transfer scenario compared with the CE ejection scenario (see also Liu et al. 2016, 2018). The WD+He subgiant scenario allows the formation of significantly more massive primary CO WDs and thus more massive double WDs, which can greatly enhance the SN Ia rate through the DD model if double WD mergers can actually produce SNe Ia. After considering the WD+He subgiant scenario, Liu et al. (2018) found that the delay time distributions forming the DD model are comparable with the observed results, and that violent mergers through the DD model may contribute to up to 16% of all SNe Ia.

The WD+He subgiant scenario has a significant contribution to the formation of massive double WDs. Figure 12 shows the initial parameter space of WD+He star systems for producing SNe Ia based on the DD model in the $\log P^i - M^i$ plane with different $M_{1,i}$. The contours move upwards for lower $M_{1,i}$, resulting from the assumption that the total mass of double WDs needs to be $\geq M_{\text{Ch}}$ for producing SNe Ia. The WD+He star systems outside the contours cannot produce SNe Ia through the DD model (for more details see Sect. 2.3 of Liu et al. 2018). The parameters of KPD 1930+2752 are located in the parameter space of WD+He star systems for producing SNe Ia through the DD model (see Fig. 12), indicating that it is a progenitor candidate of SNe Ia.

The outcomes of WD mergers are determined by their mass-ratio and total mass (e.g., Pakmor et al. 2010; Sato et al. 2016). Figure 13 shows the density distribution of the masses of WD mergers that can form SNe Ia in the mass-ratio and total mass plane. The total masses of double WDs for producing SNe Ia have a wide distribution ranging from $1.378 - 2.4 \, M_\odot$, and the mass-ratios are mainly located in the range of 0.6–0.8. The density distribution can be divided into two parts: (1) The mass ratio decreases with total mass in the less-massive part that originates from the WD+He subgiant scenario or the CE ejection scenario. (2) The mass ratio increases with total mass in the massive part that mainly originates from the WD+He subgiant scenario. The parameters of KPD 1930+2752 and Henize 2-428 are located in the mass-ratio and total mass plane. KPD 1930+2752 originates from the WD+He subgiant scenario, whereas Henize 2-428 originates from the CE ejection scenario (for more discussions see Sect. 4.3).

### 4.3 Progenitor Candidates

KPD 1930+2752 and Henize 2-428 are two progenitor candidates of SNe Ia through the DD model. (1) KPD 1930+2752 is a WD+sdB system with an orbital period of $\sim 2.28h$ (see Maxted et al. 2000). The mass of the sdB star is $\sim 0.45 - 0.52 \, M_\odot$ and the total mass of the system is $\sim 1.36 - 1.48 \, M_\odot$ (see Geier et al. 2007). Liu et al. (2018) recently suggested that KPD 1930+2752 will not experience mass-transfer until the formation of a double WD system; it will take $\sim 200 \, \text{Myr}$ for KPD 1930+2752 to form a double WD system. After the formation of double WDs, KPD 1930+2752 will merge in $\sim 4 \, \text{Myr}$. (2) Henize 2-428 is a planetary nebula with a DD core that has a total mass $\sim 1.76 \, M_\odot$ and mass-ratio $\sim 1$ with an orbital period of $\sim 4.2h$ (see Santander-García et al. 2015), which is a strong progenitor candidate for an SN Ia through the violent merger scenario.

Recently, some other double WDs have been found, which may have total mass close to $M_{\text{Ch}}$ and will likely merge in the Hubble time; for example, WD 2020-425 (e.g., Napiwotzki et al. 2007), V458 Vulpeculae (e.g., Rodríguez-Gil et al. 2010), SBS 1150+599A (e.g., Tovmassian et al. 2010) and GD687 (e.g., Geier et al. 2010). Kawka et al. (2017) recently argued that NLTT 12758 is a super-$M_{\text{Ch}}$ double WD system, but its merging timescale is larger than the Hubble time. Currently, there are some systematic surveys that search for double WDs, for example, the ESO SN Ia Progenitor Survey (SPY; e.g., Koester et al. 2001; Geier et al. 2007; Napiwotzki et al. 2004; Nelemans et al. 2005) and the SWARMS survey (see Badenes et al. 2009b). In addition, a substantial population of double WDs may be obtained by Gaia (e.g., Carrasco et al. 2014; Toonen et al. 2017a). Before Gaia DR2 is published, the Gaia-PS1 Proper Motion Catalog could be one of most valuable catalogs for obtaining a substantial population of double WDs owing to its accurate kinematic and photometric in-
Fig. 11 The CE ejection to double WDs scenarios that can form SNe Ia. In Scenario C, some cases will not experience the second CE ejection (dashed box).

Fig. 12 Initial parameter space of WD+He star systems for producing SNe Ia based on the DD model. The square with error bars shows the location of a WD+sdB star system KPD 1930+2752. The data points forming these contours are from Liu et al. (2018).

formation (see Tian et al. 2017). Furthermore, this type of WD binary is an important kind of gravitational wave source in our Galaxy (e.g., Yu & Jeffery 2010, 2015; Liu et al. 2012b; Liu & Zhang 2014). Kremer et al. (2017) recently predicted that about 2700 double WD gravitational wave sources will be observable by LISA in our Galaxy.
5 THE SUB-CHANDRASEKHAR MASS MODEL

In this model, a CO WD accumulates a substantial He-shell by mass accretion with a total mass below $M_{\text{Ch}}$, the explosion of which is triggered by detonation at the bottom of the He-shell; one detonation propagates outwardly via the He-shell, whereas another inwardly propagating pressure wave compresses the CO-core and leads to carbon ignition, which is known as the double-detonation model (e.g., Nomoto 1982b; Woosley et al. 1986; Livne 1990; Branch et al. 1995; Heflich et al. 1996). The minimum WD mass for this model might be $\sim 0.8 M_\odot$ as the detonation of the WD may be not triggered for lower mass (e.g., Sim et al. 2010).
It has been suggested that the sub-\(M_{\text{Ch}}\) model might explain sub-luminous SN 1991bg-like objects (e.g., Branch et al. 1995; Dhawan et al. 2017; Blondin et al. 2018),\(^2\) and that this model may account for at least some substantial fraction of the observed SN Ia rates if this model can really form SNe Ia (e.g., Ruiter et al. 2009, 2011). Fink et al. (2010) argued that the double-detonation explosion in sub-\(M_{\text{Ch}}\) WDs could be robust, even resulting in the formation of normal SNe Ia. According to multiwavelength radiation transport simulations, Goldstein & Kasen (2018) recently suggested that the sub-\(M_{\text{Ch}}\) model can reproduce the entirety of the width-luminosity relation of observed SNe Ia. However, this model still fails to explain many of the main properties of observed SNe Ia so far, and it is still uncertain that this model can really interpret known SNe Ia (e.g., Nugent et al. 1997; Bildsten et al. 2007; Fink et al. 2007, 2010; Shen & Bildsten 2009; Sim et al. 2010; Kromer et al. 2010; Ruiter et al. 2011; Woosley & Kasen 2011).

Jiang et al. (2017) recently observed a hybrid SN Ia (SN 2016jhr), which has a light curve like normal SNe Ia but with strong titanium absorptions like sub-luminous events; this SN Ia has a prominent but red optical flash at \(\sim 0.5\) d after the SN explosion. Jiang et al. (2017) suggested that the early flash of such a hybrid SN Ia may be naturally interpreted by an SN explosion triggered by the detonation of a thin He-shell. Sarbadhicary et al. (2017) recently studied two young SN remnants (SN 1885A and G1.9+0.3), which are the most recent SN Ia remnants in the Local Group. They argued that SN 1885A is consistent with the sub-\(M_{\text{Ch}}\) explosion model, and both \(M_{\text{Ch}}\) and sub-\(M_{\text{Ch}}\) explosion models are likely to explain the SN remnant G1.9+0.3.

5.1 Parameter Space

In the sub-\(M_{\text{Ch}}\) model, a CO WD with mass below \(M_{\text{Ch}}\) can accrete material from a non-degenerate He star. Figure 14 shows the initial parameter space of CO WD+He star systems for producing SNe Ia based on the sub-\(M_{\text{Ch}}\) model. In this model, systems beyond the right boundary of the space will experience a high mass-transfer rate as the He star evolves to the He-shell burning phase that is not suitable to trigger double-detonation, and the left boundary is determined by the condition that RLOF happens when the He donor is in the zero-age MS phase. The lower boundary is set by the condition that the mass-transfer rate is high enough to form a critical He-shell to trigger a detonation on the surface of the WD.

Foley et al. (2013) proposed a distinct sub-class of sub-luminous SNe Ia, named type Iax SNe, that include SNe resembling the prototype object SN 2002cx (e.g., Li et al. 2003; Jha 2017; Barna et al. 2017; Lyman et al. 2018; Singh et al. 2018). Wang et al. (2013a) estimated that the Galactic SN Ia rate from the sub-\(M_{\text{Ch}}\) model is in good agreement with the measured rates of type Iax SNe, and that this model can reproduce the delay time distributions and the luminosity distribution of type Iax SNe. The binary parameters of CD–30° 11223 (a WD+He star system) are located in the parameter space of WD+He star systems for producing SNe Ia (see Fig. 14), which means that this binary is a progenitor candidate for an SN Ia (for more discussions see Sect. 5.2). For the sub-\(M_{\text{Ch}}\) model, the ignition mass for the accumulated He-shell is still not well determined, which may depend on \(M_{\text{acc}}\) and change with the temperature of the WD and the CO-core mass (e.g., Iben & Tutukov 1989; Bildsten et al. 2007; Shen & Bildsten 2009; Ruiter et al. 2014; Neunteufel et al. 2016).

5.2 Progenitor Candidates

CD–30° 11223 has been identified as a CO WD+He star system with a \(\sim 1.2\) h orbital period, including a \(\sim 0.76 M_{\odot}\) WD and a \(\sim 0.51 M_{\odot}\) He star (see, e.g., Vennes et al. 2012; Geier et al. 2013). Angular momentum loss from the short orbital system is large due to gravitational wave radiation. After \(\sim 36\) Myr, the He star will start to fill its Roche lobe when it is still in the He MS stage. CD–30° 11223 may produce an SN Ia through the sub-\(M_{\text{Ch}}\) model in subsequent evolution (e.g., Wang et al. 2013a; Geier et al. 2013). The mass donor star in the sub-\(M_{\text{Ch}}\) model would survive after the SN explosion. Geier et al. (2013) suggested that CD–30° 11223 and the hypervelocity He star US 708 might show two different evolutionary phases (i.e., progenitor and remnant) linked by an SN Ia explosion.

Motivated by the discovery of CD–30° 11223, Kupfer et al. (2017) started a search for ultracompact post-CE binaries based on the Palomar Transient Factory survey. Kupfer et al. (2018) recently reported the discovery of an ultracompact WD+sdOB system OW J0741 with an orbital period of 44 min based on the OmegaWhite survey, including a \(0.72 \pm 0.17 M_{\odot}\) WD and a \(0.23 \pm 0.12 M_{\odot}\) sdOB star. They argued that this binary will either end up as a stably mass-accreting AM CVn system or merge to eventually form an R CrB star.

\(^2\) According to the sub-\(M_{\text{Ch}}\) double-detonation model, Liu et al. (2017b) suggested that the merging of a CO WD with a He-rich WD (a He WD or a hybrid HeCO WD) can roughly reproduce the rates of SN 1991bg-like objects.
So far, OW J0741 is the most compact WD+hot subdwarf system known. It is noted that Luo et al. (2016) is searching for hot subdwarf binary systems using LAMOST data.

6 OTHER POSSIBLE MODELS

Aside from the SD model, the DD model and the sub-\(M_{\text{Ch}}\) model above, some potential progenitor models have been proposed to explain the observed diversity among SNe Ia; for example, the hybrid CONe WD model, the core-degenerate model, the double WD collision model, the spin-up/spin-down model and the model of WDs near black holes (for recent reviews see Wang & Han 2012; Maoz et al. 2014; Soker 2017).

6.1 The Hybrid CONe WD Model

Hybrid CONe WDs have been suggested to be possible progenitors of SNe Ia, which have an unburnt CO-core surrounded by a thick ONe-shell (e.g., Denissenkov et al. 2013, 2015; Chen et al. 2014b). These hybrid WDs can easily grow in mass to \(M_{\text{Ch}}\) by accreting matter, which could increase the rates of SNe Ia if they can really form SNe Ia. Denissenkov et al. (2015) recently argued that hybrid WDs could reach a state of explosive carbon ignition though it depends on some mixing assumptions and the convective Urca process. It has been suggested that carbon abundance in hybrid CONe WDs is lower than that of CO WDs (e.g., Denissenkov et al. 2015). Therefore, hybrid CONe WDs are expected to form SNe Ia with lower peak luminosity and explosion energy, and thus a relatively low ejecta velocity.

A hybrid CONe WD could increase its mass to \(M_{\text{Ch}}\) by accreting H-rich material from an MS star (the CONe WD+MS scenario; see Meng & Podsiadlowski 2014) or from a He star (the CONe WD+He star scenario; see Wang et al. 2014b). Wang et al. (2014b) found that SNe Ia from the CONe WD+He star scenario could be as young as \(\sim 28\) Myr, which are the youngest SNe Ia ever predicted. Wang et al. (2014b) also suggested that the CONe WD+He star scenario could provide an alternative way for producing type Iax SNe like SN 2012Z that may be an explosion of a WD accreting material from a He star. By calculating the hydrodynamical stage of the explosion of CONe WDs with \(M_{\text{Ch}}\), Bravo et al. (2016) recently claimed that CONe WDs cannot explain the properties of normal SNe Ia though they may form SNe Iax. For more discussions on this model, see, e.g., Willcox et al. (2016) and Brooks et al. (2017b).

6.2 The Core-degenerate Model

In this model, SNe Ia are produced at the final stage of CE evolution through the merging of a CO WD with the hot CO-core of an asymptotic giant branch (AGB) star (e.g., Kashi & Soker 2011; Ilkov & Soker 2012; Soker et al. 2013, 2014). It has been suggested that this model provides an alternative way to form superluminous SNe Ia (e.g., Kashi & Soker 2011; Ilkov & Soker 2012) and some SNe Ia with circumstellar material like PTF 11kx (e.g., Soker et al. 2013). This model was also used to explain the formation of SNe 2014J and 2011fe (e.g., Soker et al. 2014; Soker 2015). According to 3D smoothed particle hydrodynamics simulations, Aznar-Siguán et al. (2015) recently argued that a massive CO WD can be produced through this merging process, finally resulting in an SN Ia explosion. In order to search for the surviving companion star of Kepler’s SN, Ruiz-Lapuente et al. (2017) recently surveyed the remnant of this SN and suggested that Kepler’s SN could originate either from the core-degenerate model or from the DD model based on the strong limits placed on luminosity.

However, the rates of SNe Ia from the core-degenerate model are still not well determined. Ilkov & Soker (2012) argued that this model can reproduce the observed rates of all SNe Ia based on a simplified BPS code. Due to more careful treatment of the mass-transfer process, Wang et al. (2017b) suggested that the Galactic rates of SNe Ia from this model are no more than 20% of all SNe Ia, mainly contributing to the observed ones with short and intermediate delay times. Wang et al. (2017b) estimated that SNe Ia with circumstellar material from the core-degenerate model can account for 0.7%—10% of all SNe Ia, which can explain the observed number of SNe Ia like PTF 11kx. At present, it seems that the core-degenerate model cannot be excluded as a viable way for the production of SNe Ia. Soker (2017) recently summarized the properties of different progenitor models and made detailed comparisons between the core-degenerate model and other models (see also Tsebrenko & Soker 2015).

6.3 The Double WD Collision Model

This model is a variant of the DD model, which involves the direct collisions of two WDs (e.g., Raskin et al. 2009, 2010; Katz & Dong 2012; Kushnir et al. 2013). It has been commonly assumed that double WD collisions only occurred in dense stellar environments such as globular clusters and they would thus be a negligible fraction of SNe Ia (e.g., Raskin et al. 2009). In the last few years,
it has been realized that the rate of double WD mergers or collisions can be significantly enhanced due to few-body dynamics in field multiples (see, e.g., Thompson 2011; Katz & Dong 2012; Pejcha et al. 2013). The study by Katz & Dong (2012) showed that non-secular effects of the Lidov-Kozai mechanism can enhance the double WD collision rates by several orders of magnitude than previously thought and raised the possibility that the collision rate might be on the same order of magnitude as the SN Ia rate. Kushnir et al. (2013) demonstrated successful detonations of double WD collisions, which could produce $^{56}$Ni masses spanning the whole range of observed SNe Ia luminosity function from SN 1991T-type events to SN 1999bg-like events. Dong et al. (2015) discovered double-peaked [CoIII] lines in the nebular phase spectra in 3 out of 20 SNe Ia and suggested that SNe Ia with intrinsic bimodality in $^{56}$Ni may be common among subluminous cases ($\sim$40% of all SNe Ia), which is naturally expected from direct collisions of two WDs due to two centers of detonations.

One major open question for the double WD collision model is whether post-MS stellar evolution can produce the sufficient amount of double WDs in suitable multiple stellar systems (see Katz & Dong 2012; Toonen et al. 2017b). Further works on the effects of stellar evolution and stellar multiplicity (e.g., Klein & Katz 2017) may help to advance our understanding of the issue of rate in the collision model.

6.4 The Spin-up/Spin-down Model

In this model, a WD can be spun up by mass accretion from its donor, which can increase its mass above $M_{Ch}$; the WD likely needs a spin-down time before it explodes as an SN Ia (e.g., Di Stefano et al. 2011; Justham 2011). This model is a variant of the SD model, which provides a way to reproduce the observed similarities and diversity among SNe Ia. Due to the spin-up of the WD, the SD model can naturally explain the observed super-luminous SNe Ia (e.g., Hachisu et al. 2012; Wang et al. 2014a; Benvenuto et al. 2015). By considering the effect of rotation on accreting WDs, Wang et al. (2014a) predicted that 2% of SNe Ia from the SD model happen with WD explosion masses $\geq 2M_{\odot}$, which is broadly comparable with these super-luminous ones; these super-luminous events require the initial WD mass to be $> 1.0M_{\odot}$.

Importantly, after considering the spin-down time, the SD model could be consistent with the observed properties of most SNe Ia, in particular for the absence of an H line in the late-time spectra. However, the spin-down time is still quite uncertain. Meng & Podsialdowski (2013) recently argued that the upper limit of the spin-down time is a few $10^7$ yr for progenitor systems that include an RG donor. For more discussions about this model, see, e.g., Yoon & Langer (2004), Chen & Li (2009) and Ghosh & Wheeler (2017).

6.5 The Model of WDs near Black Holes

In this model, SNe Ia are produced by relativistic enhancements of the WD self-gravity when the WD passes near a black hole; this relativistic compression can make the central density of the WD exceed the threshold for pycnonuclear reactions, leading to thermonuclear explosions (see Wilson & Mathews 2004). The observed “mixed-morphology” of the Sgr A East SN remnant in the Galactic center might be explained by this mechanism (see Dearborn et al. 2005). Rosswog et al. (2009) speculated that such encounters may be frequent in the centers of dwarf galaxies or globular clusters that host intermediate-mass black holes (see also Rosswog et al. 2008). Note that the WD+black hole tidal disruption may lead to different events, depending on the mass of the black hole, mass of the WD and pericenter orbital radius (see Kawana et al. 2017). According to high-resolution simulations, Tanikawa (2018) recently suggested that WDs near black holes can explode as SNe Ia through the tidal double-detonation mechanism (see also Tanikawa 2017). I estimate that the SN Ia rate from this model may be relatively low because of the low probability of a WD passing close to a black hole, and this model might only explain SNe Ia nearby black holes.

7 SUMMARY

Mass-accreting CO WDs are expected to form SNe Ia when they grow in mass close to $M_{Ch}$. Recent studies on mass-accreting CO WDs (including H- and He-accreting WDs) are reviewed, which are important for understanding the mass increase of the WD. Currently, the most studied SN Ia progenitor models are the SD model, the DD model and the sub-$M_{Ch}$ model. I review recent progress on these progenitor models, including the initial parameter space for producing SNe Ia, the binary evolutionary paths to SNe Ia, the progenitor candidates of SNe Ia, the possible surviving companion stars of SNe Ia, some observational constraints, etc. The issue of the progenitors of SNe Ia is still poorly understood. There is still no single progenitor model that can reproduce all the observational features and full diversity of SNe Ia. So far, it seems that two or more progenitor models, including
some other potential progenitor models, may contribute to the observed diversity among SNe Ia, although the fraction of SNe Ia from each model is really uncertain. To provide further constraints on the issue of SN Ia progenitors, large samples of well-observed SNe Ia and progenitor candidates are needed, and new progress on the theoretical side is expected. Additionally, a large number of ongoing surveys from ground and space are searching for more SNe Ia, which may elucidate the connections between SN Ia progenitors and the observed properties of SN explosions.

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3 For example, the Panoramic Survey Telescope and Rapid Response System (Pan-STARRS), the Gaia Astrometric Mission, the Asteroid Terrestrial-impact Last Alert System (ATLAS), the Catalina Real-Time Transient Survey (CRTS), the All-Sky Automated Survey for Supernovae (ASAS-SN), the OGLE-IV wide field survey, the PMO-Tsinghua Supernova Survey (PTSS), the SkyMapper, the Dark Energy Survey, the Palomar Transient Factory (PTF) and the THU-NAOC Transient Survey (TNTS) (e.g., Altavilla et al. 2012; Parrent et al. 2014; Zhang et al. 2015; Chambers et al. 2016; for more, see http://www.rochesterastronomy.org).
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