The evolution of CMB spectral distortions in the early Universe

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ABSTRACT

The energy spectrum of the cosmic microwave background (CMB) allows constraining episodes of energy release in the early Universe. In this paper we revisit and refine the computations of the cosmological thermalization problem. For this purpose a new code, called CosmoTherm, was developed that allows solving the coupled photon-electron Boltzmann equation in the expanding, isotropic Universe for small spectral distortion in the CMB. We explicitly compute the shape of the spectral distortions caused by energy release due to (i) annihilating dark matter; (ii) decaying relict particles; (iii) dissipation of acoustic waves; and (iv) quasi-instantaneous heating. We also demonstrate that (v) the continuous interaction of CMB photons with adiabatically cooling non-relativistic electrons and baryons causes a negative μ-type CMB spectral distortion of Δν/ν ~ 10^{-8} in the GHz spectral band. We solve the thermalization problem including improved approximations for the double Compton and bremsstrahlung emissivities, as well as the latest treatment of the cosmological recombination process. At redshifts z < 10^3 the matter starts to cool significantly below the temperature of the CMB so that at very low frequencies free-free absorption alters the shape of primordial distortions significantly. In addition, the cooling electrons down-scatter CMB photons introducing a small late negative γ-type distortion at high frequencies. We also discuss our results in the light of the recently proposed CMB experiment Pixie, for which CosmoTherm should allow detailed forecasting. Our current computations show that for energy injection because of (ii) and (iv) Pixie should allow to improve existing limits, while the CMB distortions caused by the other processes seem to remain unobservable with the currently proposed sensitivities and spectral bands of Pixie.

Key words: Cosmology: cosmic microwave background – theory – observations

1 INTRODUCTION

Investigations of the cosmic microwave background (CMB) temperature and polarization anisotropies without doubt have allowed modern cosmology to mature from an order of magnitude branch of physics to a precise scientific discipline, were theoretical predictions today are challenged by a vast amount of observational evidence. Since its discovery in the 60’s [Penzias & Wilson 1965], the full CMB sky has been mapped by COBE/DMR (Smoot et al. 1992) and WMAP (Bennett et al. 2003, Page et al. 2008), while at small angular scales many balloon-borne and ground-based CMB experiments like MAXIMA (Hanany et al. 2000), Boomerang (Netterfield et al. 2002), DASI (Halverson et al. 2002), Archeops (Benoit et al. 2003), CHI (Pearson et al. 2003) and VSA (Rubino-Martin et al. 2003) provided important additional leverage, significantly helping to tighten the joint constraints on cosmological parameters. Presently Planck is producing CMB data with unprecedented precision, while both ACT (e.g., see Hajian et al. 2010, Dunkley et al. 2010, Das et al. 2011) and SPT (Lueker et al. 2010, Vanderlinde et al. 2010) are pushing the frontier of TT CMB power spectra at small angular scales. In the near future SPTR (McMahon et al. 2009) and ACTPol (Niemack et al. 2010) will provide additional small scale E-mode polarization data, complementing the polarization power spectra obtained with Planck and further increasing the significance of the TT CMB spectra. Also Qaue (QUIET Collaboration et al. 2010) already now is observing the CMB in Q and U polarization with the aim to tighten the constraints on the potential level of B-modes at multipoles ℓ ≤ 500, while SDP (Polarbear) is getting ready to deliver precision CMB polarization data in the near future.

With the new datasets, cosmologists will be able to determine

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the key cosmological parameters with extremely high precision, also making it possible to distinguish between various models of inflation by measuring the precise value of the spectral index of scalar perturbations, $n_s$, and constraining its possible running, $n_{	ext{running}}$. Furthermore, with the Planck satellite primordial B-mode polarization may be discovered, if the tensor to scalar ratio, $r$, is larger than a few percent (The Planck Collaboration 2006). This would be the smoking gun of inflation and indicate the existence of gravitational waves, one of the main scientific goals of Planck, QUIET, SPIDER, POLARBEAR and other CMB experiments.

However, the anisotropies are not the only piece of information about the early Universe the CMB offers us. In addition, the energy spectrum of the CMB tells the tale about the thermal history of the Universe at very early times, well before any structures had formed and when the baryonic matter and radiation were tightly coupled via Compton scattering. It is well known that any perturbation of the full thermodynamic equilibrium between photons and baryons in the early Universe inevitably leads to spectral distortions in the CMB (Zeldovich & Sunyaev 1969, Sunyaev & Zeldovich 1970, Zeldovich et al. 1973, Sunyaev 1974). This for example could be caused by some release of energy by decaying relics (Hu & Silk 1993b) or evaporating primordial black holes (Carr et al. 2010), and depending on their lifetime and the total amount of energy that was transferred to the medium, the residual CMB spectral distortion will be smaller or larger.

The process that erases possible spectral distortions of the CMB in the early Universe and thereby attempts to restore full thermodynamic equilibrium is called thermalization. In the past it has been studied extensively, both analytically and numerically (Illarionov & Sunyaev 1975a,b, Danese & de Zotti 1977, 1982, Burigana et al. 1991b,a, Daly 1991, Barrow & Coles 1991, Burigana 1993, Hu & Silk 1993a,b, Lamon & Durrer 2006, Procopio & Burigana 2009). For very early energy release ($z \gtrsim 2 \times 10^6$), photon production at low frequencies by double Compton emission and the up-scattering of photons to high frequencies by Compton scattering are so efficient that the thermalization process is practically perfect for nearly arbitrary amounts of energy release, such that no distortion should remain today (e.g., see Burigana et al. 1991a). However, below this redshift the CMB spectrum becomes vulnerable, and spectral distortions that could still be observable today can form.

In connection with early energy release two types of CMB distortions, called $\mu$- and $\gamma$-type distortions, are usually distinguished (e.g., see Illarionov & Sunyaev 1975b). The first type of distortion is characterized by a frequency-dependent chemical potential, $\mu(\nu)$, that is very close to constant at high frequencies, and vanishes at very low frequencies. This type of distortion forms at times when the Compton process is still able to achieve full kinetic equilibrium with the electrons (redshifts $z \gtrsim 1$). On the other hand, $\gamma$-type distortions form. These are also known in connection with SZ clusters (Zeldovich & Sunyaev 1969) and are characterized by a constant temperature decrement at low and an increment at high frequencies. This type of distortion is formed when the Compton process ceases to be extremely efficient, so that full kinetic equilibrium between electrons and photons can no longer be achieved. Photons produced at low frequencies by Bremsstrahlung are therefore not up-scattered very much and remain close to the frequency band they were emitted.

Both types of distortions were tightly constrained by COBE/FIRAS (Mather et al. 1993, Fixsen et al. 1996) only leaving room for $|\mu| \lesssim 10^{-5}$ and $|\mu| \lesssim 10^{-4}$ at cm and mm wavelength. This imposes strong limits on possible energy release by decaying particles (Hu & Silk 1993b), which for some particle lifetimes even today are comparable to those derived, for example, from big bang nucleosynthesis (Kusakabe et al. 2003, Kohri & Takahashi 2010). However, since the 90's detector technology has advanced very much. Already about ten years ago, a FIRAS type-II experiment with roughly 100 times better sensitivity in principle would have been possible (Fixsen & Mather 2002). Additional new technology was used in several flights of the ARIADNE balloon-borne instrument (Kogut et al. 2004, Fixsen et al. 2011, Kogut et al. 2011), from which improved limits on the CMB temperature at $\nu \approx 10$ GHz were derived (Seiffert et al. 2011). However, until now no signatures of primordial distortions were found, and the limits on overall CMB spectral distortions derived from COBE/FIRAS until today remain most stringent.

However, very recently a new space-based mission, called Pxlxe (Kogut et al. 2011), was proposed. Pxlxe will have exquisite spectral capabilities with 400 channels at frequencies ranging from $\nu = 30$ GHz to 6 THz. The claimed sensitivities should allow to tighten the constraints on $\mu$- and $\gamma$-type distortions by about three orders of magnitude. A detection of $\gamma$ distortion of $\nu \sim 10^{-6}$ and $\mu \sim 5 \times 10^{-5}$ could therefore become possible at the 5$\sigma$ level (see Fig. 12 of Kogut et al. 2011), at least in terms of spectral sensitivity. However, it is not yet totally clear what the foreground limitations to measuring primordial spectral distortions will be.

Under simplifying assumptions analytic approximation in the two extreme cases of $\mu$ and $\gamma$-type distortions can be found, however, for energy release in the redshift range $10^4 \lesssim z \lesssim 10^5$ it is clear that a mixture of both types of distortions will form. In that case analytic approximations are more difficult and numerical studies are required. Furthermore, in the past, mainly the special cases of instantaneous energy release at some initial redshift were numerically studied in detail for this regime (e.g. see Burigana et al. 1995, Burigana & Salvaterra 2003). However, from the physical point of view cases of continuous energy release over extended periods are more natural. In addition, so far only problems with rather large energy injection, close to the allowed upper bounds obtained by COBE/FIRAS, were investigated thoroughly. Again from the observational point of view, significantly smaller distortions seem to be favoured, and in addition the sensitivities reached by Pxlxe demand studies with even smaller energy release. To allow forecasting the observational possibilities of Pxlxe with respect to constraints on the thermal history of our Universe, significantly refined computations of the possible spectral distortions with particular physical processes in mind therefore become necessary.

In this work we revisit the cosmological thermalization problem in the light of Pxlxe. We formulate the thermalization problem allowing to resolve very small spectral distortions at levels well below the current upper limits of COBE/FIRAS. We use improved approximations for the double Compton and Bremsstrahlung emissivities, as well as a detailed treatment of the cosmological recombination problem based on CosmoRec (Chluba & Thomas 2011).
We explicitly compute the expected CMB spectral distortions for different energy injection scenarios. In particular, we discuss two scenarios that are even present in the standard cosmological model. One is connected with the interaction of CMB photon with adiabatically cooling electrons and baryons (see Sect. 2.5.1), while the other is caused by the dissipation of acoustic waves in the early Universe (see Sect. 2.5.2). We also demonstrate that the evolution of spectral distortions at very low frequencies $\nu \lesssim 1 \text{ GHz}$ is significantly affected by free-free absorption at late times ($z \lesssim 10^3$), when the Compton process no longer is able to keep the electrons and baryons from cooling strongly below the CMB temperature. For large energy release this modification is not very significant, however, for very small energy release, comparable to $\mu$ and $\gamma$ at the level $\sim 10^{-8}$, it becomes important.

One of the outcomes of this work is CosmoTherm, an open source code that solves the cosmological thermalization problem for different energy injection scenarios in the limit of small distortions. In the future CosmoTherm should be useful for detailed forecasts of possibilities to constrain the thermal history of our Universe by measuring the CMB energy spectrum.

2 FORMULATION OF THE THERMALIZATION PROBLEM

A solution of the thermalization problem in the isotropic Universe generally can only be obtained numerically. Under simplifying assumptions several analytic approximations exist, however, these approximations have their limitations. For example, for very large energy injection, non-linear aspects of the problem become important, while for very small energy release, the precise shape of the distortion depends strongly on the small difference in the electron and photon temperature, which is comparable to the distortion itself, and is more difficult to account for in analytic approximations. Below we provide the required equations for the formulation of the problem that allows to include all these aspects consistently.

2.1 General aspects of the thermalization problem

To thermalize spectral distortions after some significant energy release in the early Universe two main ingredients are needed: (i) the number of photons has to be readjusted and (ii) photons have to be redistributed over frequency to restore the shape of a blackbody.

At redshifts $z \gtrsim 10^3$–$10^4$ electrons and positrons were very abundant and electron-positron, electron-electron and positron-positron Bremsstrahlung were orders of magnitude more efficient in producing soft photons than any other process. Hence thermalization of CMB spectral distortions was extremely rapid. Therefore we shall restrict ourselves to redshifts below $z \lesssim 5 \times 10^5$. By then the number densities of electrons and positrons had frozen out and only insignificant amounts of positrons were left from the era of electron-positron annihilation. During the subsequent evolution of the (isotropic) Universe the main interactions between the photons and baryonic matter are governed by Compton scattering (CS), double Compton scattering (DC) and normal electron-ion Bremsstrahlung (BR). Furthermore due to the expansion of the Universe the photons suffer from redshifting and the non-relativistic electrons and baryons cool adiabatically.

The photons do not interact directly with the baryonic matter (hydrogen, helium and the nuclei of other light elements), but only indirectly mediated by electrons, which themselves are strongly coupled to the baryons via Coulomb scattering. The timescale, on which the electrons and baryons adjust their energy distributions is much shorter than any other timescale of importance here. Therefore it can be assumed that the electrons and baryons always follow a (relativistic) Maxwell Boltzmann distribution with one temperature $T_e$. In this case the problem can be formulated with the Boltzmann equations for the evolution of the photon phase space distribution function and a coupled equation describing the time evolution of the (electron and baryon) temperature. In addition the expansion timescale, $t_{\text{exp}} = 1/H$, where $H$ is the Hubble factor, is affected by the energy injection process, however, as we argue in Sect. 2.2, the corresponding correction is negligible. Below we shall write down the photon Boltzmann equation in the expanding isotropic Universe and the evolution equation for the electron temperature with inclusion of heating and cooling.

2.2 Evolution of the photons in the expanding Universe

In the early Universe the photons undergo many interactions with the electrons in the Universe. As mentioned earlier, the most important processes are Compton scattering, double Compton scattering, Bremsstrahlung and the adiabatic expansion of the Universe. Among these processes for most times Compton scattering is the fastest. Therefore it is convenient to express all the involved timescales in units of $t_c = 1/\sigma_T n_e c$, the Thomson scattering time.

The Boltzmann equation for the evolution of the photon occupation number, $n_\nu$, then can be expressed as:

$$\frac{\partial n_\nu}{\partial \tau} - H t_c \nu \frac{\partial n_\nu}{\partial \nu} = \frac{dn_\nu}{dt_c} + \frac{dn_\nu}{dt_{\text{DC}}} + \frac{dn_\nu}{dt_{\text{Brems}}} \quad (1)$$

where we introduced the optical depth $d\tau = dt/t_c$ to electron scattering as the dimensionless time variable. The second term on the left hand side is due to the expansion of the Universe and the right hand side terms correspond to the physical processes quoted above.

For computational purposes it is also convenient to transform to dimensionless frequency. Introducing $x = h \nu/kT_e$, where $T_e = T_{\text{CMB}}[1 + z]$, the expansion term in Eq. (1) can be absorbed so that photons no longer redshift out of the chosen computational domain. Here one point is very important: the temperature $T_{\text{CMB}}$ can really be any temperature, as long as it remains constant in time. One obvious choice is the observed CMB temperature today, $T_0 = 2.726 \text{ K}$ (Fixsen 2004), but we will use this freedom to fix our initial conditions conveniently (see Sect. 3.1.1).

For $T_{\text{CMB}} = T_0$, we have the standard redshift dependent CMB temperature, $T_e = T_{\text{CMB}} = T_0[1 + z]$. However, it is important to mention that with this definition $T_e$ is not necessarily identical to the effective (thermodynamic) temperature of the photon field,

$$T^*_e = T_e \left[ \frac{\mathcal{G}_1}{\pi^4} \right]^{1/4} = T_e \left[ \frac{15 \mathcal{G}_1}{\pi^4} \right]^{1/4} \quad (2)$$

which is found by comparing the total energy density of the photon distribution with the one of a pure blackbody. Here $\mathcal{G}_1$ is defined by the integral

$$\mathcal{G}_1 = \int x^3 n_t \, dx = \mathcal{G}_{\text{bd}} + \int x^3 \Delta n_t \, dx \quad (3)$$

over the photon occupation number, $n_t$. For a blackbody with thermodynamic temperature $T_e$ one has $\eta_T(x) = 1/[e^{x} - 1]$, and hence $\mathcal{G}_{\text{bd}} = \pi^2/15 \approx 6.4939$, trivially implying that $T^*_e \equiv T_e$. However,
in the presence of spectral distortions after release of energy generally \( T' \neq T_e \). This for example means that at high redshifts the effective temperature of the CMB could have been slightly lower than today, and only because of energy injection and subsequent thermalization it has reached its present value. Furthermore, it is important to mention that \( T_0 \) is known with precision \( \pm 1 \, \text{mK} \) (Fixsen & Mather 2002; Fixsen 2003), so that deviations of the effective temperature from \( T_0 \) which are much smaller than this are presently indistinguishable. We will return to this aspect of the problem again in Sect. 3.1.1.

In Eq. (3) we also introduced the distortion, \( \Delta n_e = n_e - n_{eq}(x) \), from a blackbody with temperature \( T_e \). For numerical computations it in general is useful to substitute \( n_e \) in this way, as this allows one to cancel the dominant terms and thereby linearize the problem, by only solving for the (small) correction \( \Delta n_e \).

### 2.2.1 Compton scattering

The contribution of Compton scattering to the right hand side of the photon Boltzmann equation (1) can be treated using the Kompaneets equation (Kompaneets 1956):

\[
\frac{d\Delta n_e}{dt} = \frac{\theta_e}{x^2} \frac{\partial}{\partial x} x^2 \frac{\Delta n_e}{\partial x} + \phi n_{eq}(n_e + 1) \quad (4)
\]

Here we introduced the abbreviations \( \phi = T_e/T_c \) and \( \theta_e = \frac{x^2}{m_c} \). This equation describes the redistribution of photons over frequency, were the effect of Doppler diffusion and boosting, electron recoil, and stimulated electron scattering are accounted for.

The Kompaneets equation was found as lowest order Fokker-Planck expansion of the collision term for Compton scattering. We neglect higher order relativistic corrections (e.g., see Rephaeli 1995; Itoh et al. 1998; Challinor & Lasenby 1998; Sazonov & Sunyaev 1998; Nozawa et al. 2006). These are expected to affect the results at the level of a few percent at \( z \gtrsim 10^9–10^{10} \) (Chluba 2005), so that for the purpose of this paper Eq. (4) will be sufficient.

One can easily verify, that the number of photons is conserved under Compton scattering by multiplying Eq. (4) with \( x^2 \) and integrating over frequency using integration by parts and the fact that the photon distribution vanishes sufficiently fast for \( x \to 0 \) and \( x \to \infty \). Furthermore, one can easily check that for photons, which follow a Bose-Einstein distribution, \( n_{eq}(x) = 1/[e^{e^x} - 1] \), with constant chemical potential \( \mu = \mu_0 \), Eq. (4) vanishes identically if \( \phi = 1 \). For \( \phi \neq 1 \) in the chosen coordinates the photon distribution in kinetic equilibrium with respect to Compton scattering is \( n_{eq}(x) = 1/[e^{e^{\theta_e(x)}} - 1] \), with frequency-dependent chemical potential \( \mu(x) = \mu_0 + x_0 - x \), where we defined \( x_0 = \phi x \).

If we now insert \( n_e = n_{eq}(x) + \Delta n_e \), into Eq. (4) and neglect terms of \( O(\Delta n_e^2) \), we obtain the linear equation

\[
\frac{d\Delta n_e}{dt} |_{\text{IC}} = \frac{\theta_e}{x^2} \frac{\partial}{\partial x} x^2 \frac{\Delta n_e}{\partial x} + \phi n_{eq}(\Delta n_e + 1) \quad (5)
\]

where for convenience we have introduced

\[
\xi(x) = -2 n_{eq}(n_{eq} + 1) = -\frac{e^{-x}}{1 - e^{-x}} \quad (6a)
\]

\[
\zeta(x) = 2 n_{eq} + 1 = \frac{1 + e^{-x}}{1 - e^{-x}} \quad (6b)
\]

and \( \Delta \theta_e = \theta_e - \theta_0 \), with \( \theta_e = \frac{m_c}{\sqrt{2} \pi n_0} \approx 4.60 \times 10^{-10} [1 + z] \). One can see from Eq. (5) that the remaining part arising from the CMB background spectrum appears as a source term in the evolution equation, which vanishes identically unless \( T_e \neq T_c \).

Explicitly carrying out part of the derivatives in Eq. (5) and rearranging terms we find

\[
\frac{d\Delta n_e}{dt} |_{\text{IC}} = D_e \frac{\partial^2 \Delta n_e}{\partial x^2} + D_e \phi n_{eq} \frac{\partial \Delta n_e}{\partial x} + D_e \phi n_{eq} \frac{\partial \xi}{\partial x} \quad (7)
\]

with \( D_e = \theta_e \xi, \Delta \phi = -1, \text{and} \partial \ln \xi = -2e^{-x}/[1 - e^{-2x}] \).

For numerical computations it is convenient to precompute the functions \( \zeta, \xi, \partial \ln \xi, n_{eq} \) and \( e^{-x} \) once the frequency grid is chosen. This accelerates the computation significantly. Furthermore, it is important to use series expansion of the expressions for \( x \ll 1 \), in particular when differences \( 1 - e^{-x} \) are encountered. This is very important to achieve numerical stability and the correct limiting behaviour, and will also be crucial for the formulation of the emission and absorption term in the next section.

### 2.2.2 Double Compton scattering and Bremsstrahlung

In the cosmological thermalization problem, the double Compton process and Bremsstrahlung provide the source and sink of photons. Their contribution to photon Boltzmann equation, Eq. (1), can be cast into the form (Rybicki & Lightman 1979; Lightman 1981; Danese & de Zotti 1982; Chluba 2005; Danese & de Zotti 1982; Chluba 2005).

\[
\frac{d\Delta n_e}{dt} |_{\text{DC+BR}} = \frac{1}{x} \left[ 1 - n_{eq}(e^{\xi} - 1) \right] \times \frac{K(x, \theta_e, \theta_0)}{x^3} \quad (8)
\]

where the emission coefficient \( K \) is given by the sum of the contribution due to double Compton scattering and Bremsstrahlung, \( K = K_{\text{DC}} + K_{\text{BR}} \). Since \( K \) drops off exponentially for \( x \to \infty \) (see below), the main emission and absorption of photons is occurring at low frequencies. At small \( x \) the photon distribution after a very short time is pushed into equilibrium with \( n_{eq}^2 = 1/[e^{e^{\mu}} - 1] \), i.e., a blackbody of temperature \( T_e \equiv T_c \). If once again we insert \( n_e = n_{eq}(x) + \Delta n_e \) and rearrange terms, we find

\[
\frac{d\Delta n_e}{dt} |_{\text{DC+BR}} = \frac{1 - e^{-\Delta \theta_e}}{1 - e^{-x}} \times \frac{K(x, \theta_e, \theta_0)}{x^3} + \Delta n_e(1 - e^{-x}) \times \frac{K(x, \theta_e, \theta_0)}{x^3}, \quad (9)
\]

with \( \Delta \theta_e = \theta_e - \theta_0 \). Note that the first term vanishes if \( T_e \equiv T_c \), however, the second is pushed to equilibrium only because of interplay with the first term: if a distortion is present then consequently \( T_e \neq T_c \) and hence the first term either leads to net absorption \( T_e < T_c \) or emission \( T_e > T_c \) until (at particular frequencies) the distortion term is balanced.

#### Double Compton scattering

Due to the large entropy of the Universe at sufficiently high redshifts \( z \gtrsim \text{few} \times 10^9 \) CMB emission dominates over BR (Danese & de Zotti 1982). The DC emission coefficient can be given as (Lightman 1981; Thorne 1981; Chluba et al. 2007)

\[
K_{\text{DC}}(x, \theta_e, \theta_0) = \frac{4\pi}{3} \theta_e^2 \times g_{\text{DC}}(x, \theta_e, \theta_0), \quad (10)
\]

where \( \sigma \) is the fine structure constant and \( g_{\text{DC}}(x, \theta_e, \theta_0) \) is the effective DC Gaunt factor. In lowest order of the photon and electron energies the DC Gaunt factor factorizes (see Chluba 2005, for more details). Furthermore, if the photon distribution is not too far from
full equilibrium one can approximate $g_{ab}(x, \theta_1, \theta_2)$ using a blackbody ambient radiation field and assuming that $T_e \sim T_c$. In this case one has (e.g., see Chluba 2005, Chluba et al. 2007)

$$g_{ab}(x, \theta_1, \theta_2) \approx \frac{I_{br}^0}{1 + 14.16 \theta_x} \times H_{ab}(x),$$  

where $I_{br}^0 = \int x^2 n_{pp}(x') (1 + n_{pp}(x' - x)) \frac{\sqrt{\pi}}{\sqrt{x'}} H_0(\frac{x}{x'}) \frac{dx'}{x'}$ (11)

for $H_{ab}$ (cf. Fig 1). This approximation was obtained by replacing $n_{pp}(x)$ with $e^{-x}$ and neglecting the induced term in Eq. (12). Furthermore, the resulting expression was rescaled to have the correct limit for $x \to 0$. In particular, for $x \gg 1$ Eq. (13) captures the correct scaling $H_{ab}(x) \sim x^4 e^{-2x}$. However, since most of the photons are produced at low frequencies $x \ll 1$ we do not expect any big difference because of this improved approximation. Nevertheless, when using the old approximation we found that at early times the spectrum is erroneously brought into full equilibrium at very high frequencies, just by DC emission and absorption.

We note here that if the distortions are not small, then in lowest order the correction to the DC emission can be accounted for by replacing $n_{pp}$ with the solution $n_e$ in the expression for $I_{br}^0$. However, from the observational point of view it seems unlikely that distortions of interest ever exceeded the level $\Delta n_e/n_e \sim 10^{-3}$, even at $z \sim 10^7$. Therefore, the above approximation should be sufficient. Of course this does not include DC emission from very high energy photons that are directly related to the energy injection process. However, in that case the simple approximation used above will anyhow need revision, although the total contribution to the photon production is still expected to be small.

Bremstrahlung

At lower redshifts ($z \lesssim \text{few} \times 10^5$) Bremstrahlung starts to become the main source of soft photons. One can define the Bremstrahlung emission coefficient by (cf. Burigana et al. 1991b; Hu & Silk 1993a)

$$K_{br}(x, \theta_x) = \frac{\alpha \lambda^2}{2 \pi \sqrt{6}} \frac{\theta_x^{7/2} e^{-x} e^{-\phi}}{\phi^3} \sum_i Z_i^2 N_i g_{ff}(Z_i, x, \theta_x).$$  

(14)

Here $\lambda = h/m_e c$ is the Compton wavelength of the electron, $Z_i$, $N_i$, and $g_{ff}(Z_i, x, \theta_x)$ are the charge, the number density and the BR Gaunt factor for a nucleus of the atomic species $i$, respectively. Various simple analytical approximations exist (Rybicki & Lightman 1979), but nowadays more accurate fitting formulae, valid over a wide range of temperatures and frequencies, may be found in Nozawa et al. (1995) and Itoh et al. (2000). In comparison with the expressions summarized in Burigana et al. (1991b) we find differences at the level of $10\%-20\%$ for small $x$.

In the early Universe only hydrogen and helium contribute to the BR Gaunt factor, while the other light elements can be neglected. In the non-relativistic case the hydrogen and helium Gaunt factors are approximately equal, i.e., $g_{HH} \approx g_{HeH}$ to within a few percent. Therefore assuming that the plasma is still fully ionized the sum in Eq. (14) may be simplified to $\sum_i \approx g_{HH} N_H$, where $N_H$ is the baryon number density. However, for percent accuracy one should take the full expressions for $g_{HL}$ and $g_{HeL}$ into account, which does not lead to any significant computational burden using the expressions of Itoh et al. (2000).

Furthermore, at redshifts $z \lesssim 7000 - 8000$ the plasma enters the different epochs of recombination. Therefore, the mixture of the different species ($N_e, H_1, H_1, He_i, He_{ii}, He_{iii}$) in the primordial medium has to be followed. We use the most recent computations of the recombination process including previously neglected physical corrections to the recombination dynamics according to Chluba & Thomas (2011).

2.3 Evolution of the ordinary matter temperature

As mentioned above, the baryons in the Universe will all follow a Maxwell-Boltzmann distribution with a temperature that is equal to
the electron temperature. Caused by the Hubble expansion alone, the matter (electrons plus baryons) temperature would scale as $T_u \propto [1 + z]^4$ (Zeldovich et al. 1968), implying $T_c < T_u$. However, the electrons Compton scatter many times off background photons and therefore are pushed very close to the Compton equilibrium temperature

$$T_c^eq = \frac{I_s}{4G_3}, \quad T_c = T_u + \left[\frac{\Delta T_4}{G_3} - \frac{\Delta G_3}{G_3}\right] T_u,$$ (15)

within the (distorted) photon field, where $I_s = \int x^3 n_e (n_e + 1) \, dx$. If the CMB is undistorted, $G_3 = 7\bar{n}_e/4$ and $T_c^eq \approx T_c$, however, in the presence of spectral distortions generally $T_c^eq \neq T_c$. Here we also defined $\Delta T_4 = I_s - \bar{T}_4$ and $\Delta G_3 = G_3 - \bar{G}_3$, which for numerical purposes is better, as the medium can be treated as a reservoir.

In addition, when spectral distortions are present, the matter cools/heats via DC and BR, and if some significant energy is released, this will in addition heat the medium. Putting all this together the evolution equation for the electron temperature reads (e.g., see Chluba 2005 for a detailed derivation)

$$\frac{dp_c}{d\tau} = \frac{t_c \dot{Q}}{a_0^2} + \frac{4\dot{\rho}_c}{a_0^4} \left[\rho_c^{eq} - \rho_c\right] - \frac{4\dot{\rho}_c}{a_0^4} \mathcal{H}_{DC,BR} - H t_c \rho_c. \quad (16)$$

Here we introduced $\rho_c = 1/\phi = T_u/T_c$; the heat capacity of the medium, $k_B \rho_0 = 2\bar{n}_e [N_e + N_H + N_B] \approx k_B [N_e + f_{He} + X_e]$; the energy injection rate, $\dot{Q}$, which for example could be caused by some decaying particles (see Sect. 2.5 for more details); and the energy density of the photon field in units of electron rest mass, $\rho_\gamma = \kappa_\gamma \theta_\gamma^3 G_3$, with $\kappa_\gamma \approx 8\pi a_0^3 \times 1.760 \times 10^{38} \text{cm}^{-3}$. Furthermore, we defined $\rho_c^{eq} = T_c^{eq}/T_u = 1 + \frac{\Delta T_4}{G_3} - \frac{\Delta G_3}{G_3}$. For numerical purposes it is better to rewrite the above equation in $\Delta \rho_c = \rho_c - 1$, so that this formulation for $\rho_c^{eq}$ is very convenient.

The integral $\mathcal{H}_{DC,BR}$ arises from the cooling/heating by DC and BR, and reads

$$\mathcal{H}_{DC,BR} = \int \left[1 - n_i (e^{\gamma i} - 1)\right] K(x, \theta_i, \theta_e) \, dx. \quad (17)$$

For numerical purposes it again is useful to group terms of similar order, when calculating this integral numerically. Usually, $\mathcal{H}_{DC,BR}$ does not contribute very significantly to the total energy balance, but for energy conservation over the whole history it is crucial to obtain precise values for it.

2.3.1 Approximate solution for $T_c$

Because the timescale for Compton scattering is extremely short until $z \lesssim 800$, at high redshifts one can solve Eq. (16) assuming quasi-stationarity. Even at low redshifts this provides a very good first approximation for the correct temperature. Our full numerical computations confirm this statement. Since the cooling from DC and BR is very small, it is furthermore possible to write $\mathcal{H}_{DC,BR}(\rho_c^{eq\tau}) \approx \mathcal{H}_{DC,BR}(\rho_c) + \frac{\dot{\rho}_c}{a_0} \mathcal{H}_{DC,BR}(\rho_c^{eq\tau}) \rho_c^{eq\tau} - \rho_c^{eq\tau}$, so that

$$\rho_c^{eq\tau} = \frac{\rho_c^{eq\tau}}{1 + \frac{\dot{\rho}_c}{a_0} \mathcal{H}_{DC,BR}(\rho_c) + \Lambda}$$ (18a)

$$\rho_c^{eq\tau} = \rho_c^{eq\tau} + \frac{t_c \dot{Q}}{a_0^2} - H t_c \rho_c - \Lambda$$ (18b)

$$\Lambda = \frac{H t_c a_0}{4d} \approx \frac{3}{4} \frac{g_{ren}}{\sigma_T} X_e c \rho_i H$$

(18c)

We neglected relativistic corrections to the heat capacity of the electrons, which at $z = 10^3$ would be of order percent (Chluba 2005).

where $\rho_c$ is the solution for $\rho_c$ at time-step $\tau_i$. Also note that here we assumed that the spectral distortion from the time-step $\tau_i < \tau_{i+1}$ is used in all the integrals that have to be taken over the photon distribution. This will lead to some small error, which can be controlled by choosing an appropriate step-size. Furthermore, as we will explain below, one can iterate the system at fixed time until the solution converges.

The derivative of $\mathcal{H}_{DC,BR}$ with respect to $\rho_c$ can be computed numerically, however, it is strongly dominated by the term connected with the exponential factor $e^{\gamma i}$ in the definition Eq. (17).

For numerical purposes we in general computed all integrals over the photon distribution by splitting the spectrum up into the CMB blackbody part and the distortion. This allows to achieve very high accuracy for the deviations form the equilibrium case, a fact that is very important when tiny distortions are being considered. At low frequencies we again used appropriate series expansions of the frequency dependent functions.

2.4 Changes in the expansion history and global energetics

Changes in the thermal history of the Universe generally also imply changes in the expansion rate. For example, considering a massive decaying relic particle, its contribution, $\rho_X$, to the total energy density, $\rho_{tot}$, will decrease as time goes by. The released energy is then transferred to the medium and because of Compton scattering bulks of it ends up in the CMB background, potentially leaving a spectral distortion, and the matter with an increased temperature. Because photons redshift this implies that the expansion factor changes its redshift dependence, and hence the relation between proper time and redshift is altered.

To include this effect, one has to consider the changes in the energy density of the photons (or more generally all relativistic species) and the relic particles (or more generally the source of the released energy). For simplicity we shall assume that the energy is released by some non-relativistic massive particle, but this can be easily relaxed. We then have

$$\frac{1}{a^2} \frac{da}{d\tau} \sim \dot{Q}$$ (19a)

$$\frac{1}{a^2} \frac{da}{d\tau} = -\dot{Q}.$$ (19b)

where $\rho_\gamma$ is the energy density of the photons, and $a \propto [1 + z]^{-1}$ is the scale factor.

We emphasize that here it was assumed that the matter temperature re-adjusts, but that the corresponding change in the total energy density of the normal baryonic matter is negligible. Furthermore, Eq. (17) implies that all the injected energy ends up in the photon distribution. For energy injection at very late times, close to the end of recombination, this is certainly not true anymore. In that case, it will be important to add the electron temperature equation to the system, and then explicitly use the Compton heating term for the photons. In this way one has a more accurate description of the heat flow between electrons and photons, and only the spectral distortion is neglected in the problem. However, in terms of the global energetics this should not make any large difference. As we will see below, in the case of adiabatically cooling electrons it turns out

12 Since the temperature dependent contribution to the total matter energy density is negligibly small, well before recombination virtually all the injected energy will be stored inside the photon distribution.
that such treatment is necessary in order to define the correct initial condition (see Sect. 3.3).

Equation (19) has the solutions \( \rho_\gamma(z) = \rho_\gamma(0) + \Delta \rho_\gamma(z) \) and \( \rho_X(z) = \rho_X(0) + \Delta \rho_X(z) \) with

\[
\Delta \rho_\gamma(z) = -\frac{1}{a(z)^4} \int_0^z \frac{d^3(z') \dot{Q} d\zeta}{H(z)[1 + \zeta]} \\
\equiv -\rho_\gamma(0) \int_0^z \frac{\dot{Q}}{\rho_\gamma(z')} H(z') [1 + z'] \]  

(20a)

\[
\Delta \rho_X(z) = \frac{1}{a(z)^4} \int_0^z \frac{d^3(z') \dot{Q} d\zeta}{H(z') [1 + \zeta]} \\
\equiv -\rho_X(0) \int_0^z \frac{\dot{Q}}{\rho_X(z')} H(z') [1 + z'] \]  

(20b)

where \( \rho_\gamma(0) = \rho_\gamma[1 + z]^4 \approx 0.26 [1 + z]^4 eV \text{cm}^{-3} \) is the unperturbed photon energy density, and similarly \( \rho_X(0) = \rho_X[1 + z]^4 \). Here \( \rho_{i,0} \), with \( i \in \{\gamma, X\} \), denotes the present day values of the corresponding energy densities. For decaying relic particles with lifetimes shorter than the Hubble time this consequently means \( \rho_X = 0 \). We will use Eq. (20a) later to compute the appropriate initial condition for the energy density of the photon field (see Sect. 3.1).

The integrals in Eq. (20) themselves depend on \( H(z) \), however, assuming that the total change in the energy density is small, one can use \( H(z) \approx H(0) \), where \( H(0) \) denotes the unperturbed expansion factor with \( \dot{Q} = 0 \). Then the modified expansion factor is simply given by \( H(z) = H(0) + \Delta H(z) \) with

\[
\frac{\Delta H(z)}{H(0)} \approx \frac{\Delta \rho_\gamma(z) + \Delta \rho_X(z)}{2 \rho_{i,0}(z)} \\
\approx \frac{\rho_\gamma(0)}{2 \rho_{i,0}(0)} \int_0^z \frac{d\zeta}{1 + z} \frac{\dot{Q}}{H(0)} \left( \frac{1}{1 + z'} - \frac{1}{1 + \zeta} \right) \]  

(21)

where \( \rho_{i,0}(0) = 3 [H(0)^2]/8 \pi G \) is the total energy density of the unperturbed Universe. This equation shows clearly that the change in the total energy density is arising from the fact that energy released by non-relativistic particles is transformed into contributions to the photon energy density: if photons had the same adiabatic index as matter this would not change anything, a conclusion that can be easily reached when thinking about energy conservation. However, the additional redshifting of photons implies a small net change in the expansion rate.

In terms of the thermalization problem, the Hubble factor explicitly only appears in the evolution equation for the matter temperature, Eq. (15), while otherwise it is only present implicitly, via \( \tau_C \). For \( \tau_C \), it can be neglected, since this will only lead to an extremely small shift in the relation between proper time and redshift that corrects the small spectral distortion, \( \Delta n \). This conclusion can be reached as well when transforming to redshift as time variable, because since \( \dot{H} \) appears in all terms for the photon Boltzmann equation, where \( \Delta H \) is a correction-to-correction. A similar reasoning holds for the matter temperature equation. There one could in principle replace \( H \) with \( H(0) + \Delta H \), however, looking at the quasi-stationary solution for \( \rho_i \), Eq. (19), it is evident that this will only lead to a minor difference. We checked this statement numerically and found the addition of \( \Delta H \) to be negligible. We conclude that the correction to the Hubble factor enters the problem in second order.

We also comment that above we made several simplifying assumptions about the form of the energy release. For example, if all the energy is released in form of neutrinos, then both the CMB spectrum and the matter temperature remain unaffected, however, the Hubble factor will again change, assuming that the energy density of the source of the energy release itself does not scale like \( [1 + z]^4 \). However, considering this problem in more detail is beyond the scope of this paper and we do not expect major changes in our conclusions for this case.

### 2.5 Energy injection rates for different processes

Having a particular physical mechanism for the energy release in mind, one can specify the energy injection rate associated with this process. Here we assume that most of the energy is going directly into heating of the medium, but only very few photons are produced around the maximum of the CMB energy spectrum, or reach this domain during the evolution of the photon distribution. Also, here we do not treat the possible up-scattering of CMB photons by the decay products, nor do we allow for Bremsstrahlung emission from these particles directly in the regime of the CMB. For a consistent treatment of the thermalization problem it will be very interesting to consider these aspects in more detail, however, this is far beyond the scope of this paper.

With these simplifications it is sufficient to provide \( \dot{Q} \) in Eq. (19) for each of the processes and then solve the thermalization problem assuming full equilibrium initial conditions. Below we first discuss the effect of adiabatically cooling electrons and the energy injection caused by dissipation of acoustic waves in the early Universe. Furthermore, we give \( \dot{Q} \) for annihilating and decaying particles, as well as for short bursts of energy injection. The former two processes are present even for the standard cosmological model, while the latter three are subject to strong uncertainties and require non-standard extensions of the physical model.

#### 2.5.1 Adiabatically cooling electrons and baryons

As mentioned above, if the interactions with the CMB are neglected, the temperature of the matter scales as \( T_m \propto (1 + z)^2 \) once the baryons and electrons become non-relativistic. At very low redshifts \( z \lesssim 200 \) it is well known that this difference in the adiabatic index of baryonic matter and radiation leads to a large difference in the CMB and electron temperature \( Zeldovich et al. (1968) \) with \( T_e \approx T_r \), which is also very important for the formation of the global 21cm signal from the epoch of reionization (e.g., see Pritchard & Loeb (2008), and references therein). However, at higher redshifts Compton scattering couples the electrons tightly to the CMB photons, implying that the baryonic matter in the Universe must continuously extract energy from the CMB in order to establish \( T_e \approx T_r \). Compton scattering eventually becomes very inefficient at \( z \lesssim 200 \). Consequently, this should lead to a tiny spectral distortion of the CMB, tiny because the heat capacity of the CMB is extremely large in comparison to the one of matter.

A simple estimate for this case can be given by equating the Compton heating term with the term from the adiabatic Hubble expansion: \( \dot{H}_e / \dot{H}_r = -H_0 \theta_e \equiv [m_e c^2]^{-1} dE/dt \). This term is already included in Eq. (19), so that no extra \( \dot{Q} \) has to be given. With this the total extraction of energy from the CMB is roughly given by

\[
\frac{\Delta \rho}{\rho} \approx -\frac{\sigma T_e}{\rho} \ln \left[ \frac{1 + z_e}{1 + z} \right] \approx -5.6 \times 10^{-10} \ln \left[ \frac{1 + z_e}{1 + z} \right] . 
\]

(22)

For the evolution from \( z = 2 \times 10^7 \) until \( z \sim 10^3 \) this implies a relative energy extraction of \( \Delta \rho / \rho \sim -5.6 \times 10^{-9} \), which is only a few times below the claimed sensitivity of Planck (Kogut et al. 2011).

Here it is interesting to observe that well before the recombination epoch the effective cooling term caused by the electrons has the same redshift dependence as annihilating matter (see below), i.e. \( \dot{Q} \propto (1 + z)^6 \). This implies that the type of distortion will be
similar in the two cases, however, the distortion caused by the adiabatic cooling of ordinary matter has opposite sign (see Fig. 3), and tend to decrease each other.

Furthermore, with Eq. (26) one can estimate the annihilation efficiency that is equivalent to the matter cooling term. It turns out that if some annihilating relic particle is injecting energy with an efficiency $f_{\text{ann}} \sim 1.6 \times 10^{-23} \text{eV s}^{-1}$ then the net distortion introduced by both processes should practically vanish. As we will show below, our computations confirm this estimate (see Fig. 3), demonstrating the precision of our numerical treatment.

2.5.2 Dissipation of acoustic waves

Acoustic waves in the photon-baryon fluid dissipate part of their energy because of diffusion damping (Silk 1968). As first estimated by Sunyaev & Zeldovich (1970a), and later refined by Dalal (1991) and Barrow & Coles (1991), this effect should lead to a spectral distortion in the CMB which depends on the spectral index of scalar perturbation, $n_s$, and therefore could potentially allow constraining inflationary models (Mukhanov & Chibisov 1981) using future CMB spectral measurements (Kogut et al. 2011). Following Hu et al. (1994), the heating rate in a radiation dominated Universe can be cast into the form

$$\dot{Q}_\text{ac} = \mathcal{F} (n_s) \dot{\rho}_\gamma H (z) \left[ 1 + z \right] ^{3(n_s-1)/2},$$

with $\mathcal{F} (x) \approx 5.2 \times 10^{-9} x^{-2} \left[ 0.045 \right]^{x-1}$ for $x \sim 1$. For $n_s = 1$ this implies a total energy dissipation of $\Delta \rho_{\gamma}/\rho_{\gamma} \sim 3.9 \times 10^{-8}$ between $z \sim 2 \times 10^6$ and $10^2$. This is about 10 times larger than the energy extracted in the case of adiabatically cooling matter (Sect. 2.5.1) over the same period. One therefore expects the associated distortion to be of an order of magnitude larger.

Also, like in the case of cooling matter and annihilating particles one has $Q \propto (1 + z)^3$ for $n_s \sim 1$. The equivalent effective annihilation rate in this case is $f_{\text{ann}} \sim 1.5 \times 10^{-22} \text{eV s}^{-1}$. This suggests that the bounds on $f_{\text{ann}}$ derived from the CMB anisotropies (Slattery et al. 2009; Galli et al. 2008; Hütsi et al. 2009a, 2011) already now might be in tension with this heating mechanism, however, the energy release from acoustic waves only goes into heating of the medium, while for annihilating particles extra ionizing and exciting photons are produced, implying that the effect on the ionization history could be much smaller here.

We therefore computed the modification to the recombination history caused by this process using CosmoRec, and found a small change of $\Delta N_e/N_e \leq 0.06\%$ around the maximum of the Thomson visibility function (Sunyaev & Zeldovich 1970a), close to $z \sim 1100$, while the electron fraction in the freeze-out tail indeed was affected by several percent. The changes in the freeze-out tail of recombination could have important consequences for the CMB power spectra, however, at late times, close to recombination, the simple formula Eq. (25) should be modified to take into account deviations from tight-coupling and also the assumption of radiation domination is no longer valid, implying that the rate of energy release is overestimated at those epochs. Furthermore, in this case one should more carefully treat the fraction of energy that directly goes into heating of the matter as opposed to terms appearing directly in the photon field. We believe that the overall effect on the recombination dynamics arising from this process is negligible. Nevertheless, refined computations of the energy release rate might become important for precise computations of this problem, but for the purpose of this paper the above simplification will be sufficient.

2.5.3 Annihilating particles

The rate at which annihilating particles inject energy scales like $\dot{E} \propto N_s^2$ with the number density of the annihilating particles. To parametrize the rate of energy injection we use (compare Padmanabhan & Finkbeiner 2005; Chluba 2010)

$$\frac{dE}{dt}_{\text{ann}} = [1 - f_s] f_{\text{ann}} N_t (1 + z)^3,$$

where $f_{\text{ann}}$ has dimensions $\text{eV s}^{-1}$, and $f_s$ is the fraction of the total energy carried away by neutrinos. $f_{\text{ann}}$ is related to the abundance of the annihilating particle, its mass, and the thermally averaged annihilation cross section, however, here we treat all these dependencies with one parameter.

Current measurements of the CMB anisotropies already tightly constrain $f_{\text{ann}} \approx [1 - f_s] f_{\text{ann}} \lesssim 2 \times 10^{-23} \text{eV s}^{-1}$ (Slattery et al. 2009; Galli et al. 2008; Hütsi et al. 2009a, 2011). This limit is orders of magnitude stronger than the one obtained from Coor/Firas (e.g., see McDonald et al. 2001; Chluba 2010), implying that there is only little room for CMB spectral distortions from annihilating matter, unless a large fraction of the energy is actually released in form of neutrinos, i.e. $f_s \sim 1$.

With Eq. (26) it then follows

$$\dot{Q}_{\text{ann}} = \frac{g_{\text{b}} (z)}{m_{\text{eV}}} \frac{dE}{dt}_{\text{ann}},$$

where we parametrized the fraction of the total energy going into heating using $g_{\text{b}} (z)$. Similar to Padmanabhan & Finkbeiner (2005) we will adopt $g_{\text{b}} (z) \approx [1 + f_{\text{He}} + 2 (X_p + f_{\text{He}} (Z_{\text{HeI}} + Z_{\text{HeII}}))] / [1 + f_{\text{He}}]$. Here, respectively $X_p, f_{\text{He}}, Z_{\text{HeI}}, Z_{\text{HeII}}$ denote the free proton, singly and doubly ionized helium ions relative to the total number of hydrogen nuclei, $N_t$, in the Universe. At high redshifts, well before recombination starts ($z \gtrsim 8000$), one has $X_p, f_{\text{He}}, Z_{\text{HeI}}, Z_{\text{HeII}} \sim 1$, such that $g_{\text{b}} (z) \sim 1$, while during hydrogen recombination $g_{\text{b}} (z)$ drops rapidly towards $g_{\text{b}} (z) \sim 1 / 3$. At low redshifts, a significant part of the released energy is going into excitations and ionizations of ions, rather than pure heating, explaining why $g_{\text{b}} (z) < 1$ (Shull & Van Steenberg 1983; Chen & Kamionkowski 2004).

To estimate the total amount of energy that is injected relative to the energy density of the CMB one can simply assume radiation domination ($1/H \approx 4.7 \times 10^9 (1 + z)^2$ s) and compute the integral $\Delta \rho_s/\rho_s = \int \frac{dE}{d\rho_s} \rho_s = \int \frac{\dot{Q}_{\text{ann}}}{\rho_s} dl$. In the case of annihilating matter this yields

$$\frac{\Delta \rho_s}{\rho_s} \approx 5.2 \times 10^{-9} \left[ 1 - f_s \right] f_{\text{ann}} \left( 2 \times 10^{-23} \text{eV s}^{-1} \right) \left[ 1 - \frac{1}{Y_c} \right] \left[ 0.75 \right] \left[ \Omega_{\text{b}} h^2 \right]^{0.22}.

Here we have assumed that $f_{\text{ann}}$ is independent of redshift. Furthermore, we assumed that before $z \sim 2 \times 10^5$ everything thermalizes (Burigana et al. 1991b), while effectively no energy is transferred to the CMB once recombination ends ($z \sim 10^3$).

This estimate shows that for $f_{\text{ann}} \sim 2 \times 10^{-23} \text{eV s}^{-1}$ one can expect distortions at the level of $\Delta L/L \sim 10^{-9}$. Interestingly, part of

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13 We assumed that all cosmological parameters aside from $n_s$ have their standard values. Furthermore, as in Hu et al. (1994) we simply used the COBE normalization for our estimate.

14 Here we neglect corrections because of partial thermalization of distortions at $z \lesssim 2 \times 10^6$. 

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the energy is released at very high \( z \), where one expects a \( \mu \)-type distortion [Illarionov & Sunyaev 1975ab], however, also at low redshifts some energy is released. This in contrast should lead to a \( \gamma \)-type distortion [Illarionov & Sunyaev 1975ab; Hu & Silk 1993a], so that in total one expects a mixture of both. We will compute the precise shape of the distortion for some cases below (see Sect. 3.5), confirming these statements.

2.5.4 Decaying relic particles

For decaying particles the energy injection rate is only proportional to the density of the particle. Motivated by the parametrization of Chen & Kamionkowski [2004] we therefore write

\[
\frac{dE}{dt} \bigg|_{\text{dec}} = f^*_N \Gamma X N_H e^{-X} \gamma. \tag{27}
\]

Again all the details connected with the particle, its mass and abundance (here relative to the number of hydrogen atoms in the Universe) are parametrized by \( f^*_N \). The exponential factor arises because the relic particles rapidly disappear in the decay process once the age of the Universe is comparable to its lifetime \( t_X \sim 1/\Gamma X \).

For particles with very short lifetime a large amount of energy could be injected, without violating any of the CMB constraints, since at early times the thermalization process is very efficient (e.g. see Sunyaev & Zeldovich 1970c; Hu & Silk 1993b). This implies that in particular early energy release (at \( z \gtrsim 10^3 \)) could still lead to interesting features in the CMB spectrum. Again it will be important to see how the characteristics of the distortion change from \( \mu \)-type to \( \gamma \)-type as the lifetime of the particle increases.

Under the above circumstances the constraints derived from Cosmic/Planck to date are still comparable to those from other probes [Kusakabe et al. 2004; Kohri & Takahashi 2010; Kogut et al. 2011], at least for particles with intermediate lifetimes close to \( t_X \sim 10^8 - 10^{10} \) sec. However, these constraints could be significantly improved with future spectral measurement of the CMB [Kogut et al. 2011]. In addition, constraints obtained with the CMB temperature and polarization anisotropies strongly limit the possible amount of energy injection by decaying particles with long lifetimes [Chen & Kamionkowski 2004; Zhang et al. 2007].

To estimate the total amount of energy injected by the particle we again take the integral \( \Delta \rho_\gamma = \int \frac{dE}{dt} \bigg|_{\text{dec}} \rho \, dt \). This then leads to

\[
\frac{\Delta \rho_\gamma}{\rho_\gamma} \bigg|_{\text{dec}} \approx 10^{-5} \left[ \frac{f^*_N}{8 \times 10^8 \text{eV}} \right] \left[ \frac{1 - Y_e}{0.75} \right] \left[ \frac{Q_\text{dec}}{0.022} \right] \left[ \frac{1 + z_X}{5 \times 10^3} \right] \mathcal{J}, \tag{28}
\]

where for simplicity we once again assumed radiation domination (implying \( t = 1/2H^2 \approx 2.4 \times 10^9 [1+z]^2 \) s). Furthermore, we introduced the redshift corresponding to the lifetime of the particle, \( z_X \sim \sqrt{X} t_0 \), with \( t_0 \approx 2.4 \times 10^9 ) \approx 10^9 \text{[s]} \). In addition, we defined the integral \( \mathcal{J} = \int_{X}^{X^*} \frac{d\xi}{\sqrt{1 + \xi}} \), which for \( X^* \gg 1 \) is very close to unity. Ignoring corrections because of the thermalization process [e.g. see Hu & Silk 1993b; Chluba 2005]. Eq. (28) implies that for particles with lifetimes of \( t_X \sim 10^8 \) s the limits from Cosmic/Planck are \( f^*_N \lesssim 10^9 $$eV$$ for our parametrization. Note that \( Q_\text{dec} \) can be found by replacing \( \frac{dE}{dt} \bigg|_{\text{dec}} \) in Eq. (25) with the expression Eq. (27).

2.5.5 Quasi-instantaneous energy release

As next case we discuss the possibility of short bursts of energy release. We model this case using a narrow Gaussian in cosmological

\[
\frac{dE}{dt} \bigg|_{\text{ann}} = f^*_N \Gamma X N_H \rho_\gamma \left[ 1 + z_X \right] e^{-\left( t - t_0 \right)^2 / 2\sigma^2_{t_0}}. \tag{29}
\]

With this parametrization, assuming sufficiently small \( \sigma_{t_0} \), one has

\[
\Delta \rho_\gamma \rho_\gamma \bigg|_{\text{ann}} \approx 10^{-4} \left[ \frac{f^*_N}{2.6 \times 10^{-19} \text{eV}^2} \right] \tag{30}
\]

Computationally it is demanding to follow very short bursts of energy injection, however, our code allows to treat such cases by setting the step-size appropriately. Again \( Q_{\text{ann}} \) can be found by replacing \( \frac{dE}{dt} \bigg|_{\text{ann}} \) in Eq. (25) with the expression Eq. (29).

With the above formula we can also study the effect of going from quasi-instantaneous to more extended energy release by changing the value of \( \sigma_{t_0} \). For short bursts we chose \( \sigma_{t_0} \sim 0.05 t_0 \), but we also ran cases with \( \sigma_{t_0} \sim 0.25 t_0 \) to demonstrate the transition to more extended energy release (see Fig. 19).

3 RESULTS FOR DIFFERENT THERMAL HISTORIES

In this section we discuss some numerical results obtained by solving the coupled system of equations described above. We first give a few details about the new thermalization code, CosmoTools, which we developed for this purpose. It should be possible to skip this section, if one is not interested in computational details. In Sect. 3.5 we then discuss several physical scenarios and the corresponding potential CMB spectral distortion.

3.1 Numerical aspects

To solve the cosmological thermalization problem we tried two approaches. In the first we simplified the computation with respect to the dependence on the electron temperature. At each time-step the solution for the photon distribution is obtained using the partial differential equation (PDE) solver developed in connection with the cosmological recombination problem [Chluba & Thomas 2011], which allows us to setup a non-uniform grid spacing using a second order semi-implicit scheme in both time and spatial coordinates. However, we assume that the differential equation for the electron temperature can be replaced with the quasi-stationary approximation, Eq. (13), and solved once the spectrum at \( \tau_{\text{re}} \) is obtained. Since both the evolution of the electron temperature and the spectral distortions is usually rather slow one can iterate the system of equations for fixed \( \tau_{\text{re}} \) in a predictor-corrector fashion, until convergence is reached, and then proceed to the next time.

In the second approach, we modified the PDE solver of Chluba & Thomas 2011 to include the additional integro-differential equation for the electron temperature. This results in a banded matrix for the Jacobian of the system, which has one additional off-diagonal row and column because of the integrals over the photon field needed for the computation of the electrons temperature. Such system can be solved in \( O(N \log N) \) operations, and hence only leads to a small additional computational burden in comparison to the normal PDE problem. We typically choose \( N \sim 4000 - 6000 \) grid-points logarithmically spaced in frequency over the range \( x \sim 10^{-5} \) to \( 2 \times 10^3 \). However, for precise conservation of energy we implemented a linear grid at frequencies above \( x = 0.1 \). Furthermore, we distributed more points in the range \( x = 0.1 \) to 15, where most of the total energy in the photon field is stored. Even for about 4000 points we achieved very good conservation of energy and photon number. We tested the convergence

\[15 \text{ We will include these in our estimates of Sect. 3.5.6.1}\]
of the results increasing \( N \) up to 4 – 5 times, as well as widening/narrowing the frequency range.

We then included the coupled PDE/ODE system into the ODE stepper of CosmoRec \(^{16}\). This stepper is based on an implicit Gear’s method up to six order and allows very stable solution of the problem in time, with no need to iterate extensively. Furthermore, this approach in principle enables us to include the full non-linearity of the problem in \( \Delta n_\gamma \), however, for the formulation given above this did not make any difference.

We found that the two approaches described above give basically identical results however the second is significantly faster and more reliable for short episodes of energy injection. In the current version of CosmoTherm this approach was adopted. For typical settings one execution takes a few minutes on a single core, however, for convergence tests one execution with \( N \approx 20000 \) and small step-size \( (\Delta z/t \approx 10^{-4}) \) took several hour. Also for cases with quasi-instantaneous energy release a small step-size was necessary during the heating phase, such that the runtime was notably longer.

We also would like to mention that in the current implementation of CosmoTherm we assume that the recombination history is not affected by the energy injection process and therefore can be given by the standard computation carried out with CosmoRec \(^{14}\). This assumption is incorrect at low redshifts for cases with late energy release, as small amounts of energy can have a significant impact on the ionization history. We plan to consider this aspect of the problem in some future work.

### 3.1.1 Initial condition

We performed the computations assuming full equilibrium at the starting redshift, \( z_s \). Usually we ran our code starting at \( z_s = 4 \times 10^7 \). However, in order to end up with a blackbody that has an energy distribution of CMB, we had to modify the temperature of the photons and baryons at \( z_s \), such that the runtime was notably longer. At the ending redshift, \( z_f \), we had to modify the temperature of the photons and baryons at \( z_f \) as well. The initial conditions were taken from the work of Fixsen et al. \( \cite{Fixsen} \), which is a good approximation for early times.

### 3.1.2 Boundary conditions

Finally, to close the system, we have to define the boundary conditions for the photon spectrum at the upper and lower frequencies. One reason for us choosing such a wide range over \( x \) is that because of efficient BR emission and absorption even down to \( z_c = 200 \) the photon distribution is always in full equilibrium with the electrons at the lower boundary. This allows us to explicitly set the spectrum to a blackbody with temperature \( T_e \). At the upper boundary we also used this condition, which for most of the evolution is fulfilled identically, just because of Compton scattering pushing the distribution into kinetic equilibrium in the very far Wien tail. However, at very low redshifts this Dirichlet boundary condition is not fully correct, as the timescale on which kinetic equilibrium is reached drops. Fortunately, it turns out that this is not leading to any important difference in the solution.

We confirmed this statement by simply forcing \( \Delta n_\gamma = 0 \) at both the upper and lower boundary and found that this did not alter the solution in the frequency domain of interest to us. Furthermore, we tried von Neumann boundary conditions of the type \( \partial n_\gamma + \phi n_\gamma (1 + n_\gamma) = 0 \). This condition is equivalent to the chosen Dirichlet boundary condition, however, the amplitude of the distortions is left free and only the shape is assumed to be given by a blackbody with temperature \( T_e \) (i.e., \( n_\gamma = A(t) e^{-x_c} \) for \( x \rightarrow 0 \) and \( n_\gamma = (t) e^{-x_c} \) for \( x \rightarrow \infty \)). Again this choice for the boundary condition did not affect the results well inside the computational domain significantly. The current version of the code has both options available.

### 3.2 Simple analytic description for \( \mu \)- and \( \gamma \)-type distortion

Before looking in more detail at the numerical results, here we give a very brief (and even rather crude) analytical description for \( \mu \)- and \( \gamma \)-type distortions. The formulae presented here are motivated by the early works on this problem \cite{Zeldovich & Sunyaev 1969; Sunyaev & Zeldovich 1970; Zeldovich et al. 1972; Sunyaev 1974; Illarionov & Sunyaev 1974; 1975a,b}, where here we use the shapes of the different components as templates to approximate the obtained solutions. Some more advanced approximations can be found in \cite{Burgis & Zeldovich 1975}.

As mentioned in the introduction, for \( \mu \)-type distortions the CMB spectrum is described by a Bose-Einstein distribution with frequency dependent chemical potential, \( n_\gamma = 1/(e^{x_\gamma/x_c} - 1) \). Photon production at very low frequencies always pushes the spectrum to a blackbody with temperature of the matter, and at high frequencies, because of efficient Compton scattering, a constant chemical potential is found. These limiting cases can be described by \( \mu(x) = 1 \) and \( \mu(x) = x_\gamma \), respectively.

With the modification that for \( x \ll 1 \) and \( x \gg 1 \), we have the additional freedom \( x + \mu(x) \equiv x_\gamma \), which allows us to renormalize to a blackbody with \( T \neq T_e \). Here \( \mu_\gamma \) is the constant chemical potential at very large \( x \), and \( x_\gamma \) is the critical frequency which depends on the efficiency of photon production versus Compton scattering. In terms of the brightness temperature this translates into

\[
T(x) = T_e \frac{x_\gamma}{\phi_1 + \mu_\gamma e^{-x/x_c}},
\]

which both at very large and small \( x \) implies \( T(x) = T_e/\phi_1 \).

The case of \( \gamma \)-type spectral distortions is also known in connection with SZ clusters \cite{Zeldovich & Sunyaev 1969}. The spectral distortion is given by

\[
\Delta n_\gamma = y_c \frac{e^{x_\gamma}}{[e^{x_\gamma} - 1]^2} \left[ \frac{e^{x_\gamma} + 1}{e^{x_\gamma} - 1} - 4 \right],
\]

where \( y_c \) is the Compton \( \gamma \)-parameter, which directly depends in
the Thomson optical depth and the difference between the electrons and photon temperature. Again for us only the shape of the \(\gamma\)-distortion really matters, and we will determine the value of \(y_e\) from case to case. Most importantly, at small values of \(\Delta T/\gamma\) one always has \(\Delta n_e/\gamma \approx y_e x^2\) and hence \(\Delta \gamma/\gamma = y_e x\). In the case of SZ clusters one always has \(y_e > 0\), since the electron temperature is many orders of magnitude larger than the CMB temperature. However, as we will see below (Sect. 3.1.3), in the case of the expanding Universe one can also encounter negative values for \(y_e\), even in the standard cosmological picture.

As last component we add a distortion that could be caused by the free-free process at very low frequencies. This can be simply approximated by (Zeldovich et al. 1972)

\[
\Delta n_i^\mu = y_\pi e^{-x^3},
\]

where \(y_\pi\) parametrizes the amplitude of the free-free term.

In the next few sections we present the distortions as a frequency dependent effective temperature, or brightness temperature, which is found by comparing the obtained spectrum at each frequency with the one of a blackbody:

\[
T(x) = \frac{T_e x}{\ln(1 + n_i^{\mu})}.
\]

For approximations of the final distortion we will simply combine the three components described above:

\[
n_i^{\mu \text{app}} = \frac{1}{e^{(\pi \mu /\gamma)} - 1} + \Delta n_i^\mu + \Delta n_i^\rho,
\]

with the parameters \(\mu_\pi, x_\pi, \phi_\pi, y_\pi\) and \(y_\pi\) chosen accordingly. If not stated otherwise, parameters that are not listed were set to zero.

### 3.3 Cooling of CMB photons by electrons in the absence of additional energy injection

As first case we studied the problem of adiabatically cooling electrons and what kind of distortion this causes in the CMB spectrum. As our estimate shows (see Sec. 2.5.1) the distortion is expected to be very small. Therefore, this case provides a very good test problem for our numerical scheme and we shall see that CosmoTherm indeed is capable of dealing with it.

We started the evolution at \(z_e = 4 \times 10^7\) assuming an initial blackbody spectrum (\(\Delta n_i = 0\)) with temperature \(T_e(z_e) = T_e(z_0) = T_e(z_e)\), where \(T_e(z_e) = \gamma\) was computed as explained in Sect. 3.1.1 using the approximation Eq. (30) with \(\dot{Q} = -H_0 n_e T_e\) for \(\Delta \rho_e(z)\). We solved the problem down to \(z_e = 200\), i.e. well after recombination ends, however, the distortion froze in before that redshift, so that for our purposes \(z_e = 200\) is equivalent to \(z_e = 0\). This statement of course ignores other modifications to the CMB spectrum that could be introduced at lower redshifts, for example by heating because of supernovae (Oh et al. 2003), or shocks caused by large scale structure formation (Sunyaev & Zeldovich 1972; Cen & Ostriker 1999; Miniati et al. 2000).

#### 3.3.1 Evolution of the electron temperature

Figure 2 illustrates the evolution of the electron temperature for different settings. The solid line is the result of the full integration including all heating and cooling terms, while for the dashed/blue line we neglected the cooling of electrons by DC and BR, and set \(\rho_e = 1\), meaning that for the temperature equation we ignored the spectral distortions that are introduced by this process. As one can see, at early times \(1 - \rho_e\) is about four orders of magnitude larger when including all terms than in the case that enforces \(\rho_e = 1\). This can be explained by the fact that the heating of the electrons actually introduces a small distortion into the CMB, which results in a Compton equilibrium temperature \(T_e < T_e\). At lower redshifts the temperatures in the two discussed cases again coincide. This is because at those times the cooling by the expansion of the Universe starts to dominate over the Compton cooling related to the generated spectral distortion.

For comparison we also show the evolution of the effective temperature of the photon field, \(1 - \rho^* = (T_e - T_e^\pi)/T_e\), which also implies \(T_e^\pi < T_e\). We started the computation with \(T_e\) slightly

\[\text{Figure 2.} \text{ Evolution of the electron temperature for the standard thermal history. The electrons are always slightly cooler than } T_e. \text{ For comparison we also show the evolution of the effective temperature of the photon field, } 1 - \rho^* = (T_e - T_e^\pi)/T_e, \text{ which also implies } T_e^\pi < T_e.\]

\[\text{Figure 3.} \text{ CMB spectral distortion at } z = 200 \text{ caused by the continuous cooling from electrons. Neglecting the spectral distortion in the computation of the electron temperature leads to an underestimation of the final distortion at low frequencies. We also show a simple analytical fit according to Eq. (35) with parameters } \mu_\pi = -2.22 \times 10^{-3}, x_\pi = 1.5 \times 10^{-2}, \phi_\pi = -8.0 \times 10^{-3} \text{ and } y_\pi = -4.17 \times 10^{-12}.\]
higher than $T_{CMB}$, such that at $z_e$ we correctly have $T'\gamma \sim T_{CMB}$. Numerically, we obtain this value to within $\sim 10\%$, however, when computing the initial condition we assumed that the photons were cooled all the time. At low redshifts, during the recombination epoch this is no longer correct, such that one expects a slightly smaller cooling. Furthermore, our computation of the initial condition assumed no distortion, which again changes the balance toward slightly lower initial temperature. In particular, the cooling electrons start to significantly alter the high frequency tail of the CMB distortion (cf. Fig. 3), implying a smaller effective temperature. These aspects of the problem are difficult to include before the computation is done. When considering cases in which the heating ends well before recombination and is much larger than the cooling by adiabatic expansion of the medium, this no longer is a problem, since truly bulk of the heat ends up in the photon field.

We also confirmed this statement by first computing the global energy balance problem (see Sect. 4.3), only neglecting the introduced distortions. This allowed us to define the initial temperature for the run of CosmicTherm more precisely, such that we obtained $T'\gamma \sim T_{CMB}$ to within 0.1% at $z_e = 200$. We conclude that CosmicTherm conserves energy at a level well below 1%.

3.3.2 Associated spectral distortion

In Fig. 4 we show the corresponding CMB spectral distortion in the two cases discussed above. Here two aspects are very important: firstly, the amplitude of the distortion is strongly underestimated when one assumes that the Compton equilibrium temperature is just $T_c$, i.e., enforces $\rho_{eq} = 1$. In this case the distortions do not build up in the full way, as the difference of the electron temperature is artificially reduced. Since the electron temperature appears in the exponential factor of the DC and BR emission and absorption term, this leads to a crucial difference at low frequencies.

Secondly, the distortions at both very low and at very high frequencies are rather large. This is connected mainly with the low redshift evolution of the distortion. Once the Universe enters the recombination epochs, the temperature of the electrons can drop significantly below the temperature of the photon field (cf. Fig. 4). This implies significant absorption by BR at low frequencies, and also a sizeable down-scattering of CMB photons at high frequencies, in an attempt to reheat the electrons. Interestingly, the high and low frequency distortion is very similar in the two considered cases. This also suggests that this part of the distortion is introduced at low redshifts, where the electron temperature in both cases is practically the same (cf. Fig. 4).

To illustrate this aspect of the problem, in Fig. 5 we present a sequence of spectra starting at redshifts during which distortions are quickly thermalized ($z \sim 10^5$), passing through the epoch of $\mu$-type distortions ($z \sim 10^3$), followed by the $\gamma$-type era ($z \sim 10^3$), and ending well after recombination. Close to the initial time one can observe the slightly higher temperature at both low and very high frequencies, which is the result of the consistent initial condition. At the final redshift the distortion is neither a pure $\mu$- nor a pure $\gamma$-type distortion. At high frequencies it has some characteristics of a negative $\gamma$-type distortion, while around $\sim 1$ GHz it looks like a negative $\mu$-type distortion. At very low frequencies the free-free distortion dominates, as explained above. One can see from Fig. 4 that the free-free distortion indeed starts to appear at rather late times, when the electron temperature departs by more than $\Delta T/T \sim 10^{-4}$ from the photons. We found that $n_e$ according to Eq. 49 with parameters $\mu_\nu = -2.22 \times 10^{-9}$, $x_e = 1.5 \times 10^{-2}$, $\phi_1 - 1 = -8.0 \times 10^{-10}$, $y_c = -4.3 \times 10^{-10}$ and $y_\gamma = -4.17 \times 10^{-12}$ represents the total spectral distortion rather well (cf. Fig. 3). These effective values for $\mu_\nu$ and $y_e$ are several times below the limits that might be achieved with PAPER, implying that measuring this effect will be very hard.

With the values of $\mu_\nu$ and $y_e$ one can estimate the amount of energy that was released during the $\mu$-era ($50000 \leq z \leq 2 \times 10^3$) and $\gamma$-era ($z \leq 5000$), using the simple expressions (Sunyaev & Zeldovich 1970b) $\mu_\nu \approx 1.4 \Delta \rho_\nu/\rho_\nu$, and $y_e \approx 1.4 \Delta \rho_\gamma/\rho_\gamma$, resulting in $\Delta \rho_\nu/\rho_\nu \approx 1.6 \times 10^{-9}$ and $\Delta \rho_\gamma/\rho_\gamma \approx 1.7 \times 10^{-9}$. This is consistent with the simple estimates carried out in Sect. 2.5.1 supporting the precision of the code regarding energy conservation.
3.4 Dissipation of energy from acoustic waves

As next example we computed the distortions arising from the dissipation of energy from acoustic waves for different values of $n_8$. For comparison we show the distortion obtained when neglecting this effect.

Table 1. Spectral distortion caused by the dissipation of acoustic waves. We give the parameters for the simple fitting formula, Eq. ([36]). For convenience we define $\Delta\phi_i = \phi_i - 1$.

| $n_8$  | $\mu_\infty [10^{-8}]$ | $x_\infty [10^{-2}]$ | $\Delta\phi_i [10^{-8}]$ | $y_\infty [10^{-9}]$ | $y_H [10^{-11}]$ |
|--------|-------------------------|----------------------|--------------------------|----------------------|------------------|
| 0.95   | 0.735                   | 1.5                  | 0.75                     | 2.2                  | 1.97             |
| 1.0    | 1.75                    | 1.5                  | 0.95                     | 3.5                  | 2.98             |
| 1.05   | 4.05                    | 1.6                  | 1.0                      | 5.9                  | 4.47             |

As one can see from Fig. 5 for all cases with dissipation the electrons are heated significantly above $T_r$. For $n_8 < 1$ slightly more energy is dissipated at low $z$ than in the case $n_8 \geq 1$ (cf. [Hu et al. 1994]). Also the total energy release is smaller in cases with $n_8 < 1$. This implies that the amplitude of the distortions is larger for larger values of $n_8$, and also that the ratio of $\mu$- to $y$-type contribution increases with $n_8$ (cf. Table 1).

As mentioned above, that at late times, during recombination, the electrons are significantly hotter when the heating by damping acoustic waves is included. We expect that our computation significantly overestimates the effect in this epoch, and for a precise inclusion of this process during recombination a more detailed treatment will be required. In particular the $y$-type contribution to the final spectral distortion could require revision. However, for the purpose of this paper the used approximations will suffice.

Looking at Fig. 5 one can clearly see that in all cases with dissipation the shape of the distortion is well represented by a $y$-type distortion around $v \sim 1$ GHz. At high and intermediate frequencies one can again see an admixture of $y$-type distortion, and at very low frequencies, additional free-free emission from electrons with $T_e > T_r$ becomes visible. We checked that rescaling all the distortions to the same amplitude at $v \sim 1$ GHz reveals small differences in the shape of the distortion in the $\alpha X\beta$ bands. However, these differences will be more difficult to distinguish, in spite of the total amplitude of the distortion being rather large.

In Table 1 we gave a summary for the parameters needed to represent the final distortion in the different cases using the simple fitting formula, Eq. ([36]). The contribution from $\mu$ is dominating in all cases and is of order $\mu_\infty \sim 10^{-8}$. By measuring this distortion it would in principle be possible to constrain the value of $n_8$ in addition to the limits that will be obtained with Planck data. Since very different systematic effects are involved, this would further increase our confidence in the correctness of the inflationary model.

Here it is important to mention that also the cosmological recombination spectrum (Dubrovich 1978; Chluba & Sunyaev 2006; Sunyaev & Chluba 2009) contributes to the signal in the $\alpha X\beta$ bands. The result for the cosmological recombination spectrum computed by Chluba & Sunyaev (2006) for a 100-shell hydrogen atom model is shown in Fig. 7 together with the distortion from the damping of acoustic waves. The smaller contributions of helium (Dubrovich & Stolyarov 1997; Rubiño-Martín et al. 2008; Chluba & Sunyaev 2010) were neglected here, however, the previously omitted free-bound contribution (Chluba & Sunyaev 2006) is included. For comparison we also show the distortion arising from the interaction of CMB photons with adiabatically cooling electrons alone. Furthermore, we present the total sum of the cosmological signals. Here we emphasize again, that even in the standard cosmological model all these signals are expected to be present in the CMB spectrum.

At high frequencies ($v \geq 700$ GHz) the distortion from the Lyman-$\alpha$ line emitted during hydrogen recombination at $z \sim 1400$ dominates. However, in this frequency band the cosmic infrared background is many orders of magnitude larger than this signal, so that a measurement will be very difficult there. At lower frequencies, on the other hand, one can see that the cosmological recombination radiation leads to a significant contribution to the distortion from acoustic damping. It slightly modifies the slope of the distortion as well as introduces small frequency-dependent variations. These wiggles depend on the dynamics of recombination and therefore in particular should allow to constrain the baryon density and helium abundance of our Universe (Chluba & Sunyaev 2008).

From Fig. 7 we can also conclude that when neglecting the
effect caused by adiabatically cooling electrons the spectral distortion arising from the dissipation of acoustic waves is overestimated by about ~ 20% at low frequencies. This would lead to a value for $n_S$ which is biased high. As the amplitude of the distortion is very sensitive to the exact value of $n_S$ this also demonstrates that refined computations of the spectral distortions as well as the heating rates because of acoustic damping are required to obtain accurate predictions in the light of $P_X$. Currently, it appears that for $n_S = 0.96$ Pxe could already allow a 1σ detection of the effect caused by the dissipation of acoustic waves.

Finally, we would like to compare the results of our computation with the simple analytic predictions given by Husi et al. (1994). There only cases with $n_S > 1$ were discussed, and for $n_S = 1.05$ they find $\mu_0 \sim 5 \times 10^{-8}$ for a slightly different cosmology, which is in very good agreement with the result given here. However, with CosmoTherm were also able to compute the admixture of $y$-type distortions, which at high frequencies dominates.

### 3.5 Distortions caused by annihilating particles

We now focus on the distortions that are created by annihilating particles. Recently, in particular the possibility of annihilating dark matter with Sommerfeld enhancement was actively discussed in the literature (see e.g., Galli et al. 2009; Slatyer et al. 2009; Cirelli et al. 2009, 2011; Zavala et al. 2011, and references therein), resulting in rather tight constraints on this possibility from the CMB temperature and polarization anisotropies. As mentioned above, these constraints are many orders of magnitude stronger than those deduced from Com/Pir. The reason for this is that energy release can directly affect the recombination dynamics, depositing energy into the matter, while this amount of energy is tiny compared with the huge heat bath of CMB photons.

Here we therefore take two perspectives: first we compute cases that are close to the current upper bound on the annihilation efficiency, $f_{\text{ann}} \sim \text{few} \times 10^{-23}$ eV s$^{-1}$. Uncertainty in the modelling of the effect of dark matter annihilation on cosmological recombination can accommodate factors of a few, so that still some range is allowed. Second, we compute the distortions for large annihilation rates to check the consistency of our numerical treatment, and illustrate the differences with cases for decaying particles.

In Fig. 8 we present the spectral distortion after continuous energy injection by annihilating particles with different annihilation efficiencies, $f_{\text{ann}}$. For comparison we also show the result for the case without any energy release (see previous section). To understand aspects of the solution in more detail in Fig. 9 we furthermore present the evolution of the electron temperature for two cases with annihilation. As Fig. 8 suggests, for $f_{\text{ann}} \lesssim 5 \times 10^{-24}$ eV s$^{-1}$ we expect the distortion caused by adiabatically cooling electrons to dominate. In this case it will be difficult to improve limits on this type of heating process by studying the CMB spectrum.

For $f_{\text{ann}} = 10^{-23}$ eV s$^{-1}$, one can start seeing a reduction of the positive distortion at $\nu \sim 1$ GHz. Also, as discussed in Sect. 3.3 for $f_{\text{ann}} = 2 \times 10^{-23}$ eV s$^{-1}$ the net distortion introduced because of heating by annihilating particles and the cooling of electrons becomes very small distortion. As the annihilation efficiency increases, the distortion becomes more like a $\mu$-type distortion with positive chemical potential at frequencies around $\nu \sim 1$ GHz. However, at high frequencies we can observe a contribution from a $y$-type distortion with positive $\gamma$-parameter. The heating by annihilating particles at early times pushes the temperature of the electrons slightly above the temperature of the photons (cf. Fig. 9), so that these get up-scattered. Depending on the annihilation efficiency, this period is more or less extended. For small annihilation efficiency this never happens (cf. Fig. 9), so that the distortions is dominated by negative $\mu$ and $\gamma$-contributions.

At low frequencies we can again see the effect of the free-free process. Like in the previous section, both the contribution from $y$-type distortion and free-free process are mainly introduced in the redshift range corresponding to recombination $z \sim 10^3$ to $10^4$. In particular we also found a characteristic change in the extremely low frequency spectrum, when the difference of the electron and photon temperature changes sign, however, this occurred at far too low frequencies to be worth discussing any further.

For illustration, in Fig. 10 we also give some examples with very high annihilation efficiencies. As expected the amplitude of the distortion increases with $f_{\text{ann}}$. Furthermore, one can observe a shift in the position of the maximal distortion close to $\nu \sim 1$ GHz as $f_{\text{ann}}$ increases. For annihilation efficiency $f_{\text{ann}} = 3 \times 10^{-22}$ eV s$^{-1}$ the...
distortion reaches $\mu_{\text{ann}} \sim 4 \times 10^{-8}$. This is very similar to the case of acoustic damping for $n_S = 1.05$, which would be well within reach of PxIn. We also found that the distortion in both cases looks very similar, however, current limits on $f_{\text{ann}}$ from the CMB anisotropies disfavour so high annihilation efficiencies.

Finally, in Fig. 11 we show the distortions for some of the previous cases, but focused on the spectral bands of Pxin. One can see that in all shown cases the distortions to lowest order have a very similar shape, while only the amplitude is varying from case to case. Furthermore, the typical amplitude of the distortions is $\Delta T/T \sim 10^{-9} - 10^{-8}$, rendering a measurement in terms of the sensitivity of Pxin rather difficult. At frequencies below 30 GHz the situation would be slightly better, as the distortion increases to the level of $\Delta T/T \gtrsim 10^{-8}$. In this frequency band also the distortions from the recombination epoch (Chluba & Sunyaev 2004, Sunyaev & Chluba 2009) would become visible (see Fig. 11).

Presently, we conclude that improving the limits on energy injection by annihilating particles using Pxin will be very hard unless $f_{\text{ann}}$ exceeds $\sim 10^{-22}$ eV s$^{-1}$. With the current upper limits on the effective annihilation rate it also seems that in comparison to the distortion introduced by the dissipation of acoustic waves, those arising from annihilation would only contribute at the level of 10% - 20%. If annihilating particles are present in the Universe this might lead to problems in interpreting future spectral measurements that could be carried out by Pxin. This is especially severe, since the shape of the distortion in both cases is very similar, implying that more detailed forecasts will be required to assess the observational possibilities with Pxin, also including possible obstacles introduced by foregrounds (see comments below).

### 3.6 Distortions caused by decaying particles

In the case of decaying particles, observational constraints are less tight. Therefore one can in principle allow large amounts of energy injection well before the recombination epoch. However, here we are not so much concerned with deriving detailed constraints on this process using our computations. We rather wish to demonstrate how the shape of the distortions depends on the particle lifetimes. To this end we therefore chose parameters which are not in tension with the limits deduced from Cmb/Firas (Fixsen & Mathez 2002).

In Fig. 10 we compiled the results obtained for fixed total energy release by particles of different lifetimes. One can clearly see that for particles with short lifetimes, corresponding to $\Delta z \lesssim 2 \times 10^6$, only a small part of the released energy remains visible as spectral distortion. This is because the processes of thermalization is very efficient, and does not allow much of the distortion to survive (Burigana et al. 1991b, Hu & Silk 1993a, cf. also). As $\Delta z$ decreases to $\Delta z \sim 5 \times 10^6$ the low frequency feature at $v \sim 1$ GHz becomes more visible. The overall shape of the distortion is well characterized by a $\mu$-type distortion, and only at very low frequencies it deviates slightly, because of the free-free distortion introduced at late times. Since in the chosen example the effective energy release rate of the decaying particles is rather large, the free-free distortion is not as visible as in the cases discussed in the previous two sections.

As we decrease $\Delta z$ down to $\Delta z \sim 5 \times 10^6$ we can see a change in the characteristic spectral distortion. The low frequency $\mu$-type feature starts to disappear, while at intermediate and high frequencies a significant $\gamma$-type distortion starts to mix in. Decreasing $\Delta z$ even further the distortion clearly starts to be dominated by a $\gamma$-type distortion, with a flat $\Delta T/T$ at intermediate frequencies and a characteristic rise of $\Delta T/T$ at high frequencies. However, at low frequencies the interplay between $\gamma$-type and free-free distortion becomes important, leading to another positive feature at $v \sim 500 \text{ MHz}$.

To understand the effect of decaying particles on the CMB spectrum a little better in Fig. 11 we present the evolution of the electron temperature for some cases of Fig. 12. One can see that for decreasing values of $\Delta z$ at high redshifts the electron temperature follows the case without energy injection for a longer period. Then, once the heating by decaying particles becomes significant, the electron temperature becomes larger than $T_e$. After the heating stops for cases with $\Delta z \gtrsim 10^7$ the relative difference in the electron temperature remains rather constant, with only slow evolution. Caused by the heating, the effective temperature of the CMB also increased and after it ceased the electrons simply keep the temperature dictated by the distorted CMB photon field.

In cases with $\Delta z \lesssim 10^7$, however, one can observe an extended period after the maximal heating at which the electrons loose some of their heat again. Having a closer look at the cases with $\Delta z \gtrsim 10^7$ one can find the same there, but much less pronounced. At high redshifts the Compton interaction is extremely fast and allows the
decaying relic particles. In all cases we fixed \( z_s = \frac{f}{T_s} \) (\( \frac{\Delta T}{T_{\text{CMB}}} \) - 1) CMB.

\[
\frac{\Delta T}{T_{\text{CMB}}} \sim -\frac{1}{z_s^{10^{-7} - 10^{-6}}}
\]

\[\Delta T \sim \frac{\Delta T}{T_{\text{CMB}}} \sim 10^{-7} - 10^{-6}\]

For the chosen energy injection rate the typical amplitude of the distortions is \( \Delta T/T \sim 10^{-7} - 10^{-6} \), which is well within reach of the \( \text{Pxt} \) sensitivities. However, to forecast the possible constraints

\[\text{End of HI recombination}\]

\[\text{hotter than photons}\]

\[\text{no energy release}\]

\[\text{blue indicates cooler than this}\]

\[\text{red lines indicate that the electrons are hotter than the effective CMB temperature}\]

\[\text{While blue indicates cooler than this}\]

\[\text{The black line gives the case without annihilation for comparison}\]

\[\text{A (\( 100 \mu \text{Hz} \)) CMB spectral distortion at high and low frequencies}\]

\[\text{For the chosen energy injection rate the typical amplitude of the distortions is}\]

\[\text{For the chosen energy injection rate the typical amplitude of the distortions is}\]

\[\text{For the chosen energy injection rate the typical amplitude of the distortions is}\]

\[\text{For the chosen energy injection rate the typical amplitude of the distortions is}\]
Figure 14. Evolution of the CMB spectral distortion caused by the heating from decaying particles with different lifetimes. At $z \lesssim 10^5$ one can see the effect of electrons starting to cool significantly below the temperature of the photons, which leads to free-free absorption at very low frequencies.

Figure 15. CMB spectral distortion at $z = 200$ after energy injection from decaying relic particles with different lifetimes in the Pixa bands. In all cases we fixed $f_{\text{dec}} = 2\Delta\xi \text{eV}$, which corresponds to a total energy release $\Delta\omega/\rho_\text{dec} \sim 1.3 \times 10^{-16}$. For the effective temperature of the CMB this implies $\Delta T_\gamma/T_{\text{CMB}} = -3.2 \times 10^{-7}$ at $z_e = 2 \times 10^7$ and at $z_e = 200$ in all cases we found $|\Delta T_\gamma/T_{\text{CMB}}| \sim 10^{-10}$.

from Pixa requires consideration of more cases and realistic foreground models.

3.6.1 Upper limits from analytic estimates

[1993b] provided simple analytic expressions that allow estimating the final spectral distortion after some energy release caused by decaying relic particles. These expressions were widely used in the literature to place limits on the possible amount of decaying particles with different lifetimes, and here we wish to compare them with the results of our computations.

To obtain the analytic estimates one can start with the simple approximations for single energy release at $z_\gamma$. At high redshifts, during the era of $\mu$-type distortions one has [Danese & d'Zotti 1982; Hu & Silk 1993a; Chluba 2005]

$$\mu_{\text{inj}} \approx \mu_b e^{-(1+z_\gamma))(1+z_{\text{red}})^{3/2}},$$

(37)

where the thermalization redshift

$$z_{\text{th}} = 1.98 \times 10^5 \left(1 - \frac{Y_e/2}{0.88}\right)^{2/5} \left(\frac{\Omega_b h^2}{0.022}\right)^{2/5}$$

(38)

was already used several times above. For $\mu_{\text{inj}}$, the exponential factor acts as a visibility function for spectral distortions. At redshifts $z \lesssim z_{\text{th}}$ practically all energy ends up as CMB spectral distortion, while at $z > z_{\text{th}}$ thermalization exponentially suppresses the residual distortion with double Compton emission being the main source of photons.

In Eq. (39), the exponential factor acts as a visibility function for spectral distortions. At redshifts $z \lesssim z_{\text{th}}$ practically all energy ends up as CMB spectral distortion, while at $z > z_{\text{th}}$ thermalization exponentially suppresses the residual distortion with double Compton emission being the main source of photons.

[1993b] In a baryon-dominated Universe BR is more important than DC emission. In this case the one has $\mu_{\text{inj}} \approx \rho_b e^{-(1+z_\gamma)(1+z_{\text{red}})^{3/4}}$ with $z_{\text{red}} \sim 6.2 \times 10^5$ (Sunyaev & Zeldovich 1970a).
To compute the total distortion arising in the $\mu$-era from decaying particles one simply has to calculate the spectral visibility weighted energy release rate:

$$\frac{\Delta \rho_{\gamma}}{\rho_{\gamma}} \Big|_{\text{dec}} \approx \int \frac{1}{\rho_{\gamma}} \frac{dE}{d\nu_{\gamma}} \left[ \frac{f_\chi}{8 \times 10^5 \, eV} \right] \frac{1 - Y_p}{0.75} \left[ \frac{\Omega_{\gamma} H_0^2}{0.022} \right] \frac{1}{5 \times 10^4 \, \delta \tilde{J}},$$

(39)

which, assuming radiation domination, in our parametrization, Eq. (27) reads

$$\frac{\Delta \rho_{\gamma}}{\rho_{\gamma}} \Big|_{\text{dec}} \approx 10^{-3} \left( \frac{f_\chi}{8 \times 10^5 \, eV} \right) \left[ \frac{1 - Y_p}{0.75} \right] \left[ \frac{\Omega_{\gamma} H_0^2}{0.022} \right] \left[ \frac{1}{5 \times 10^4 \, \delta \tilde{J}} \right],$$

(40)

where we defined the integral

$$\tilde{J} = \frac{2}{\sqrt{\lambda}} \int_0^{\lambda_1} \frac{d\xi}{\sqrt{\xi}} e^{\xi(5+z_\chi^2/4)} \left( 1 - \frac{z_\chi}{z_p} \right),$$

(41a)

$$= \frac{2}{\sqrt{\lambda}} \frac{z_\chi}{z_p} \int_0^{\lambda_1} \frac{d\xi}{\sqrt{\xi}} e^{\xi(5+z_\chi^2/4)} \exp \left( -\frac{9 \lambda_1^{10/9}}{28 \lambda_1^{11/9}} \right) \left( 1 - \frac{z_\chi}{z_p} \right),$$

(41b)

with $\lambda_1 = [1 + z_\chi]/[1 + z_p]$. The integral $\tilde{J}$ can be easily solved numerically and is shown in Fig. 16 together with the result from the approximation, Eq. (41b), which works very well for $z_\chi \approx z_p$.

In the work of Hu & Silk (1993b), this estimate was performed in a slightly different way. There it was assumed that all the energy released by the decaying particles effectively is injected at time $t_{off} \approx t_\chi$. This can be concluded from Eq. (8) in their paper, where the exponential factor reads $e^{-\alpha t_{off}/t_\chi} \approx e^{-\lambda_0^2 t_{off}/t_\chi}$, which implies $\tilde{J}_{\text{Hu}} \approx e^{-\lambda_0^2 t_{off}/t_\chi}$. In Fig. 16 we also plotted this version for $\tilde{J}$ and find that for $z_\chi > z_p$ it strongly underestimates the actual value of $\tilde{J}$, as already pointed out by Chluba (2008). This implies that the limits derived from Cobe/Firas for particles with lifetimes $t_\chi \leq 6 \times 10^6$ s are significantly stronger.

Numerically we were able to compute the efficiency function $\tilde{J}$ using CosmoTherm. In practice $\tilde{J}$ just defines how much of the energy that was released remains visible as spectral distortion today. Assuming a constant total energy release, one can therefore compute $\tilde{J}$ simply varying the lifetime of the particle and comparing the effective value for $\mu_{\infty}$ with the total amount of injected energy. To make the results more comparable we switched off BR, since for the estimate above this was not included consistently. This also makes it easier to define $\mu_{\infty}$ as the late changes in the distortion at low frequencies are not arising (see Fig. 16). From Fig. 16 we can also see how much the low frequency spectrum is affected by BR. The position of the maximal temperature dip in the case without BR is close to $x \approx 1.6 \times 10^{-3}$, while with BR it is at $x \approx 1.6 \times 10^{-2}$. This demonstrates the well known fact that DC becomes inefficient at low redshifts (see Danese & de Zotti 1982).

The result of this exercise is also shown in Fig. 16 for $\Delta \rho_{\gamma}/\rho_{\gamma} \approx 6.4 \times 10^{-6}$. As one can see, the agreement with the analytic estimate is excellent for this amount of energy injection. However, for larger energy injection we found that $\tilde{J}_{\text{num}} < \tilde{J}$ at $z > z_p$. Also, when switching on BR the simple analytic formula cannot be directly applied, as in those cases the distortion no longer is just a simple $\mu$-type distortion, but the low redshift and frequencies other contributions can be noticed. In these cases, full numerical computations for each case should be carried out.

We also comment here that, using the simple expression, Eq. (41b), it is clear that the distortions introduced during the epoch of electron-positron annihilation ($z \approx 6 \times 10^4$) are completely unobservable. Although the total energy release from this epoch is $\Delta \rho_{\gamma}/\rho_{\gamma} \approx 1$, the distortions are suppressed by at least $\tilde{J} \approx 5 \times 10^{-30}$. For this estimate we very efficient electron-electron and electron-positron Bremsstrahlung process have not been included but would lead to even faster thermalization. Furthermore, even only with normal BR one would reach the same conclusion (Sunyaev & Zeldovich 1970b). Anything happening at $z \geq 10^7$ with $\Delta \rho_{\gamma}/\rho_{\gamma} \lesssim 10^{-5}$ will lead to distortions that are no larger than $\mu_{\infty} \approx 10^{-9}$.

### 3.7 Distortions caused by quasi-instantaneous energy release

To close our computations of spectral distortion after energy release we considered some examples with quasi-instantaneous energy injection. The evolution of the electron temperature is reported in Fig. 18 and a few cases for the final spectral distortions in the Ppxe bands are shown in Fig. 19. We started our computation...
The total energy release was $\Delta \rho/\rho \sim 10^{-5}$ in all cases. The black/solid line gives the case without energy injection for comparison. Red colour indicates that $T_e > T_c$ while blue colour means $T_e < T_c$.

Figure 18. Evolution of the electron temperature for thermal histories with quasi-instantaneous energy release. The total energy release was $\Delta \rho/\rho \sim 10^{-5}$ in all cases. The black/solid line gives the case without energy injection for comparison. Red colour indicates that $T_e > T_c$ while blue colour means $T_e < T_c$.

at $z = 4 \times 10^7$ with the initial condition defined as explained in Sect. 3.1.1.

The electron temperature rises steeply close to $z_h$ and falls off very fast once the energy release ceases. For the spectral distortion one can again observe the difference in the characteristic spectrum, which is dominated by $\mu$-type contributions for cases with large, and is clearly of $y$-type for very small values of $z_h$. For $z_h \sim 5 \times 10^4$ the distortion is a mixture of both.

The differences in the shape of the distortions are very visible, however, comparing to the case with decaying particles shows that quasi-instantaneous energy release gives rise to very similar distortions for injection at equivalent epochs. This suggests that distinguishing these two cases could be rather demanding.

To make this point even clearer, for $z_h = 5 \times 10^4$ we also ran a case with $\sigma_T = 0.25 h_0$ and the same total energy injection. The result is also shown in Fig. 19. Clearly, it is rather hard to distinguish the two lines corresponding to $z_h = 5 \times 10^4$, however, the differences are still at the level of a few percent. For sufficiently large energy release this could possibly be measured with Pxis, however, more detailed forecasts will be necessary.

4 DISCUSSION AND CONCLUSION

We presented detailed computations of the CMB spectral distortions introduced by different physical processes. We focused in particular on small distortions that could be within reach of Pxis. For this purpose ComsTherm, a thermalization code which solves the coupled Boltzmann equation for photons and electrons in the expanding isotropic Universe, was developed. Improved approximations for the double Compton and Bremsstrahlung emissivities, as well as the latest treatment of the cosmological recombination process were taken into account.

We demonstrated that the interaction of CMB photons with adiabatically cooling electrons and baryons results in a mixture of a negative $\mu$- and $y$-type distortion with effective $\mu \sim -2.2 \times 10^{-9}$ and $y \sim -4.3 \times 10^{-10}$ (see Fig. 15). For the currently quoted sensitivities of Pxis (Kogut et al. 2011) this effect is unobservable, even in the most optimistic case of no foregrounds. However, the rapid progress in detector technology and the possibility of extending the frequency bands of Pxis below 30 GHz, might render this process interesting in the future.

Furthermore, we computed the shape of the distortion arising from the dissipation of acoustic waves in the expanding Universe (see Fig. 16) using estimates for the energy release rates provided by Hu et al. (1994). We find an effective $\mu \sim 8.0 \times 10^{-9}$ with an admixture of $y \sim 2.5 \times 10^{-9}$ for $n_S = 0.96$. It therefore appears that for $n_S = 0.96$ Pxis could already allow a 1$\sigma$ detection of the effect caused by the dissipation of acoustic waves.

Nevertheless, the distortion created by the damping of acoustic waves might be precisely measured in the future. This would in principle allow us to place additional constraints on different inflationary models, however, as we discuss here for precise predictions of the expected distortion one should also include the contribution from the cosmological recombination radiation (Dubrovich 1975; Chluba & Sunyaev 2006; Sunyaev & Chluba 2009), which was emitted at $z \sim 1400$, and contributes significantly at very high and low frequencies (see Fig. 17). In addition, our computations indicate that the energy injection rate associated with the dissipative heating process during the recombination epoch is very likely overestimated and should be refined for reliable forecasts. This could in particular affect the admixture of $y$-type distortions arising from this heating mechanism, and we plan to look at this problem in a future publication. We also emphasize that all the aforementioned distortions should arise in the standard cosmological model. Observing the cosmological recombination spectrum together with these distortions might therefore open a way to place additional constraints on the Universe we live in.

We also computed the possible distortions arising from annihilating and decaying relic particles. In the case of annihilating particles the distortion is dominated by a $\mu$-type contribution (see Fig. 18), however, at very low frequencies the free-free processes leads to significant modifications. Similarly, at high frequencies a late $y$-type contribution arises. The shape of the distortion is very similar for different annihilation efficiencies, but the amplitude and
sign depend significantly on this. For very small annihilation rates the distortion arising from cooling electrons dominate and make the annihilation signal very hard to observe. Furthermore, if annihilating particles are present in the Universe, their effect on the CMB spectrum could be confused with the one from dissipation of acoustic waves, however, for current upper limits on the effective annihilation rate, this is likely restricted to the level of $10\% – 20\%$. We furthermore conclude that presently improving the limits on energy injection by annihilating particles using $P_{\text{X}} \eta_\gamma$ will be very hard unless $\eta_\gamma$ exceeds $\sim 10^{-22}$ eV s$^{-1}$.

In the case of decaying particles, the shape of the distortion strongly depends on the lifetime of the particle (see Fig. [15]). This should allow distinguishing between different particle models rather easily, unless the energy deposition rates become too small. We also revisited the simple estimates for the amplitude of the spectral distortion in the $\mu$-era, showing that the residual distortion caused by decaying particles with lifetimes shorter than $\tau_X \sim 6 \times 10^3$ sec was underestimated. This implies that the CMB limits on decaying particles are possibly slightly stronger than previously anticipated (see Fig. [16]). However, since the distortions for particles with lifetimes $\tau_X \sim 10^8 – 10^9$ sec are neither pure $\mu$- nor pure $\gamma$-type deduced upper limits are more difficult to interpret.

Finally, we also computed the distortions arising in cases with quasi-instantaneous energy release (see Fig. [19]). These distortions are very similar to those obtained in cases with decaying particles, so that distinguishing the two mechanisms will be challenging. However, a detailed forecast of the observational possibilities with $P_{\text{X}}$ regarding all these different cases should be performed to reach a final conclusion about this. These forecasts should include the possibilities of simultaneous energy release mechanisms. In addition, the distortions introduced at lower redshifts, for example by heating because of supernovae (Oh et al. 2003), or shocks during large scale structure formation (Sunyaev & Zeldovich 1972; Cen & Ostriker 1999; Miniati et al. 2000), have to be considered. Also, the effect of unresolved SZ clusters (Markevitch et al. 1991), the kinetic SZ effect from reionization (e.g., see McQuinn et al. 2005, and references therein), and the integrated signals from dusty galaxies (e.g., see Rigliaco et al. 2006; Viel et al. 2004; Vieira et al. 2010; Dunkley et al. 2011; Planck Collaboration et al. 2011) will contribute at an important level. In all these cases one should consider the possibilities to include spacial-spectral and polarization information to separate the different components. However, we leave a detailed investigation for some future work.

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