See-saw Mechanisms for Dirac and Majorana Neutrino Masses

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We investigate the see-saw mechanism for generally non-fine-tuned $n \times n$ mass matrices involving both Dirac and Majorana neutrinos. We specifically show that the number of naturally light neutrinos cannot exceed half of the dimension of the considered mass matrix. Furthermore, we determine a criterion for mass matrix textures leading to light Dirac neutrinos with the see-saw mechanism. Especially, we study $4 \times 4$ and $6 \times 6$ mass matrix textures and give some examples in order to highlight these types of textures. Next, we present a model scheme based on non-Abelian and discrete symmetries fulfilling the above mentioned criterion for light Dirac neutrinos. Finally, we investigate the connection between symmetries and the invariants of a mass matrix on a formal level.

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I. INTRODUCTION

Neutrino mass squared differences have lately been more and more accurately measured by neutrino oscillation experiments. The latest values can be summarized as follows[1, 2, 3, 4]

\[
\Delta m^2 \in (10^{-5}, 10^{-4}) \text{eV}^2,
\]

\[
\Delta m_{\text{atm}} \simeq 2.5 \cdot 10^{-3} \text{eV}^2,
\]

where $\Delta m^2$ is the solar mass squared difference of the preferred large mixing angle (LMA) solution of the solar neutrino problem and $\Delta m_{\text{atm}}^2$ is the atmospheric mass squared difference. These results were originally obtained in two flavor neutrino oscillation analyses, and are approximately valid in three flavor neutrino oscillation models at least as long as the vacuum mixing angle $\theta_2 \equiv \theta_{13}$ is small. This means that a three flavor neutrino oscillation model decouples into two two flavor neutrino scenarios. An upper bound of the vacuum mixing angle $\theta_2$ has been found by the CHOOZ experiment[5], $\sin^2 2\theta_2 \lesssim 0.10$, indicating that it is indeed small.

Neutrino oscillations depend only on the mass squared differences and the absolute neutrino mass scale is only bound from above to about $3 \text{eV}$[6, 7, 8, 9, 10]. It is also unknown if neutrinos are Dirac or Majorana particles[11, 12]. Neutrino mass models, on the other side, depend crucially on the absolute neutrino mass scale and on the question whether the neutrinos are Majorana or Dirac particles. Small Majorana neutrino masses are, for example, naturally understood by the canonical see-saw mechanism[13, 14, 15], involving right-handed neutrinos with a Majorana mass matrix $M_R$ with entries which are much heavier than the electroweak scale $\epsilon$. After integrating out the superheavy right-handed neutrinos, the effective neutrino mass matrix $M_v$ is given in terms of the Dirac mass matrix $M_D$ and $M_R$ as $M_v = -M_D M_R^{-1} M_D^T$. The Majorana mass matrix $M_R$ is, however, in general unrelated to the Dirac mass matrix $M_D$, resulting in lack of predictivity[14]. This is different for models where certain symmetries enforce specific correlated textures for both $M_D$ and $M_R$. This has, for example, been achieved by introducing a conserved U(1) charge, e.g., the lepton number $L = L_e - L_\tau$ in a minimal left-right symmetric model[17, 18]. In general, Abelian horizontal U(1) symmetries have been widely used in string-inspired models[19] of Froggatt–Nielsen type[20] for hierarchical neutrino masses[21, 22] in order to accommodate the observed large $\nu_\mu - \nu_\tau$ mixing[23]. Though Abelian flavor symmetries tend to exhibit mixings staying maximal under renormalization group running[24], maximal and bi-maximal mixings appear more generically in models with non-Abelian flavor symmetries[25, 26, 27]. A drawback of non-Abelian symmetries is that the resulting neutrino mass matrices have typically entries of equal magnitude[28], which tends to result in degenerate neutrino masses[29]. Hence, a phenomenologically successful scenario requires that these degeneracies are broken to a certain extent. An interesting way how this could be achieved is if two degenerate neutrinos combine to one quasi-Dirac neutrino. Thus, it is possible that see-saw mechanism schemes for Dirac neutrinos based on discrete or non-Abelian symmetries provide a natural link between (bi-) maximal mixing and hierarchical neutrino masses.

In this paper, we will investigate the types of neutrino mass matrix textures allowing a see-saw mechanism for both Dirac and Majorana neutrinos when fine-tuning is absent. Different from earlier approaches, we will not
assume some conserved U(1) charge from the beginning, which is assigned in flavor basis \([17, 18]\). Furthermore, we will not assume additional hierarchies between the entries of the Dirac mass matrix \(M_D\) or the Majorana mass matrix \(M_R\) \([24]\), as they could, e.g., arise from a soft breaking of lepton numbers and permutation symmetries \([30, 31]\). Especially, we will not examine the singular see-saw mechanism for generating light sterile neutrinos \([22, 23, 53, 54, 35, 36]\) in connection with Dirac neutrinos. Instead, we will consider the most general description of textures yielding small neutrino masses solely provided by the see-saw mechanism (see-saw suppressed eigenvalues) and we will then discuss the connections to symmetries arising from such see-saw suppressions.

The paper is organized as follows: In Sec. 1, we discuss some properties of the see-saw mechanism and the resulting mass spectrum. Furthermore, we will discuss the relations between fine-tuning and the principal invariants of a neutrino mass matrix. In Sec. 11, the Zel’dovich–Konopinski–Mahmoud (ZKM) and pseudo-Dirac neutrinos are shortly revisited before the concept of see-saw-Dirac particles \([e.g., \text{neutrinos}]\) is introduced. Then, it is shown that a \(3 \times 3\) mass matrix cannot describe a see-saw-Dirac particle, i.e., it cannot provide a see-saw mechanism for a Dirac particle. Next, \(4 \times 4\) and \(6 \times 6\) neutrino mass matrix textures for see-saw-Dirac particles are discussed. In the end of Sec. 1, we present a model scheme for see-saw-Dirac neutrinos in the presence of non-Abelian and discrete symmetries as well as algebraic relations. In Sec. 11, we investigate the connection between symmetries and the principal invariants of a neutrino mass matrix on a formal mathematical level. In the end of this section, we examine this connection for the case of \(4 \times 4\) neutrino mass matrices. Finally, in Sec. 4, we summarize and give our conclusions.

II. THE SEE-SA W MECHANISM

A. Naturally Small Neutrino Masses

The most widely accepted mechanism for the generation of small neutrino masses is the canonical see-saw mechanism \([3, 4, 5, 6]\). It involves the only spontaneously generated mass scale of the Standard Model (SM), i.e., the electroweak scale, which is of the order \(\epsilon \sim 10^2 \text{ GeV} - 10^3 \text{ GeV}\), and a large mass scale which is typically of the order \(\Lambda \sim 10^{10} \text{ GeV} - 10^{16} \text{ GeV}\) or even as high as the Planck scale \((\sim 10^{19} \text{ GeV})\), i.e., we have the hierarchy

\[
0 < \epsilon \ll \Lambda. \tag{1}
\]

The complex symmetric neutrino mass matrix \(M\) takes in flavor basis \(\Psi = (\nu_{a,1}, \ldots, \nu_{a,n_a}, \nu_{s,1}, \ldots, \nu_{s,n_s})^T\) the following form

\[
M = \begin{pmatrix}
0 & M_D \\
M_D^T & M_R
\end{pmatrix}, \tag{2}
\]

where \(n_a\) denotes the number of active neutrinos (in the SM, \(n_a = 3\)), which are elements of \(SU(2)_L\) doublets, and \(n_s\) denotes the number of sterile (singlet) neutrinos. Thus, \(M\) is an \(n \times n\) matrix with \(n = n_a + n_s\). Furthermore, in Eq. (2), “0” denotes the \(n_s \times n_s\) null matrix. The elements of the \(n_a \times n_s\) Dirac mass matrix \(M_D\) arise from electroweak symmetry breaking and are thus of order \(\epsilon\). The elements of the “heavy” \(n_s \times n_s\) Majorana mass matrix \(M_R\) are not forbidden by symmetry. These elements are therefore typically of order \(\Lambda\), a scale provided by a grand unified theory (GUT) or some other embedding which is associated with the breaking of \(B-L\) symmetry.

For \(n_a = n_s = 1\), i.e., \(n = 2\), the diagonalization of the neutrino mass matrix in Eq. (2) yields a superlight Majorana neutrino with mass of order \(\epsilon^2/\Lambda\) and a superheavy Majorana neutrino with mass of order \(\Lambda\). The smallness of the neutrino masses follows from the hierarchy in Eq. (1), which does not constitute a fine-tuning of the model parameters, since the presence of the large mass scale \(\Lambda\) is expected on grounds of GUTs. This is the famous see-saw mechanism \([3, 4, 5, 6]\) in its simplest form, which can be generalized to \(n > 2\). Note, however, that the results will depend crucially on the specific form of the Dirac and Majorana mass matrices \(M_D\) and \(M_R\). Both these matrices are expected to emerge from scenarios involving flavor symmetries and their breakings, which lead, for example, to so-called “texture zeroes”. A non-trivial flavor structure can have profound consequences and it is in general not true that the super-light neutrinos arising from the see-saw mechanism must be Majorana neutrinos. Instead, appropriate symmetries imposed on the fermions (and the Higgs fields) can, for example, enforce a texture of the mass matrix in Eq. (2), which allows the combination of two superlight Majorana neutrinos with opposite signs of the mass eigenvalues into one superlight Dirac neutrino.

B. Perturbation Theory and the Number of Small Neutrino Masses

Diagonalization of the complex symmetric mass matrix \(M\) given in Eq. (2) yields the block-diagonal form

\[
\mathcal{M} = U^T M U = \begin{pmatrix}
M_1 & 0 \\
0 & M_2
\end{pmatrix}, \tag{3}
\]

where \(U\) is a unitary \(n \times n\) matrix and \(M_1\) and \(M_2\) are \(n_a \times n_a\) and \(n_s \times n_s\) matrices, respectively. The hierarchy in Eq. (1) allows us to consider the Dirac mass matrix \(M_D\) in the neutrino mass matrix \(M\) in Eq. (2) as a small perturbation of the “unperturbed” matrix, where the Majorana mass matrix \(M_R\) is kept and \(M_D = 0\). Therefore, we will choose for the unitary matrix \(U\) an ansatz

\[
U = \begin{pmatrix}
C_1 & S_1^T \\
-S_1 & C_2^T
\end{pmatrix}, \tag{4}
\]
where $C_1$ is an $n_a \times n_a$ matrix, $C_2$ is an $n_s \times n_s$ matrix, $S_1$ and $S_2$ are $n_a \times n_s$ matrices, and the entries of the matrices $S_i$ ($i = 1, 2$) are much smaller than those of the matrices $C_i$ ($i = 1, 2$) [51]. Using the unitarity condition for the matrix $U$, $U^T U = U U^T = I_{n_a}$, we find that the matrices $C_i$ and $S_i$ have to obey $C_i^T C_i + S_i^T S_i = I_{n_a}$, $C_i^T C_i + S_i^T S_i = I_{n_a}$, $C_i^T C_i + S_i^T S_i = I_{n_s}$, $S_i^T S_i + C_i^T C_i = I_{n_s}$, $S_2 C_1 - C_2 S_1 = 0$, and $C_1 S_1^T - S_2 C_2 = 0$. Neglecting terms that are quadratic in the matrices $S_i$ and do not appear in combination with the Majorana mass matrix $M_R$, we obtain from Eq. (3)

$$M_1 = -(C_1^T M_D S_1 + S_1^T M_D^T C_1) + S_1^T M_R S_1,$$  
$$M_2 = C_2^T M_R C_2 + (S_2^T M_D C_2 + C_2^T M_D^T S_2),$$  
$$S_1 \simeq M_R^{-1} M_D^T C_1.$$  

Inserting Eqs. (3) and (4) into Eqs. (5) and (6) and also using the fact that the Majorana mass matrix $M_R$ is symmetric gives

$$M_1 \simeq -C_1^T M_D M_R^{-1} M_D^T C_1,$$  
$$M_2 \simeq C_2^T M_R C_2 + C_2^T \left( (M_R^{-1})^T M_D^T M_D + M_D^T (M_R^{-1})^T \right) C_2.$$  

Since the entries of the matrix $M_D$ are much smaller than those of the matrix $M_R$, which is consistent with Eqs. (3) and (4), we find that

$$M_1 \simeq -C_1^T M_D M_R^{-1} M_D^T C_1,$$  
$$M_2 \simeq C_2^T M_R C_2.$$  

In the limit $M_D \to 0$, we can choose $C_1 = 1_{n_a}$ and $C_2 = 1_{n_s}$, i.e., after block-diagonalization the mass matrices can to lowest order in the inverse see-saw scale $\Lambda^{-1}$ be written as

$$M_1 \simeq -M_D M_R^{-1} M_D^T,$$  
$$M_2 \simeq M_R.$$  

The matrix $M_\text{e} = -M_D M_R^{-1} M_D^T$ on the right-hand side of Eq. (13) is an effective mass matrix obtained from integrating out the heavy degrees of freedom represented by the heavy Majorana mass matrix $M_2 \simeq M_R$. However, the fact that the elements of the matrices $M_D$ and $M_R$ are of the orders $\epsilon$ and $\Lambda$, respectively, together with Eq. (13) does not imply $n_a$ “see-saw mass eigenvalues” of superlight Majorana neutrinos with masses of order $\epsilon^2/\Lambda$. Similarly, Eq. (14) does not imply $n_s$ mass eigenvalues of order $\Lambda$ for superheavy Majorana neutrinos. The diagonalization of the $n \times n$ mass matrix in Eq. (3) leads instead to the following pattern of eigenvalues. First, for a given Majorana mass matrix $M_R$ with entries of order $\Lambda$ there are $r \equiv \text{rank}(M_R) \leq n_a$ eigenvalues of order $\Lambda$. Then, block diagonalization of the $n_a \times n_a$ submatrix $M_R$ leads to an $r$ dimensional block of rank $r$ with eigenvalues of order $\Lambda$, which is placed in the down-right corner of an $n_a \times n_a$ null matrix, whereas $n_a - r$ dimensions of $M_R$ are not of order $\Lambda$. This can be used to divide the complete mass matrix $M$ into blocks according to the magnitude of the entries: First, there is the $r$ dimensional (diagonal) block of order $\Lambda$ Then, there is the complementary diagonal block with dimension $n_a + n_s - r$ and the off-diagonal blocks, all with elements which are maximally of order $\epsilon$. The $n_a + n_s - r$ dimensional light block on the main diagonal is composed of the $n_a$ dimensional null matrix of the original matrix in Eq. (2) and elements of order $\epsilon$, arising from the re-organization into the light and heavy sectors. Thus, unless there exist specific structures in the mass matrix $M$, which lead to cancellations due to symmetries, the $n_a + n_s - r$ dimensional block on the main diagonal naturally yields $2(n_a - r)$ or $2n_a$ mass eigenvalues of order $\epsilon$, depending on the sign of $n_a - n_s + r$. Written in a more compact form, there are in total

$$\epsilon \equiv n - r - |n_a - n_s + r|$$

mass eigenvalues of order $\epsilon$ in the $n_a + n_s - r$ dimensional light diagonal block. Including the remaining off-diagonal blocks with elements of order $\epsilon$ does not change this result, which can, for example, be seen by treating these blocks as perturbations to the stiff diagonal blocks. The remaining

$$z \equiv n - r - \epsilon = |n_a - n_s + r|$$

mass eigenvalues are not of orders $\epsilon$ or $\Lambda$, i.e., they are see-saw mass eigenvalues of order $\epsilon^2/\Lambda$, exact zeros, or further suppressed eigenvalues of order $\epsilon^{k+1}/\Lambda^k$, where $k > 1$. With this we arrive at the important result: The number of small mass eigenvalues naturally generated by the see-saw mechanism cannot exceed $|n_a - n_s + r|$. For $n_a = n_s$ this implies, for example, that the number of see-saw mass eigenvalues is always equal to or smaller than half of the dimension of the mass matrix $M$. This means, for example, that it is impossible to obtain four or five see-saw mass eigenvalues of the order $\epsilon^2/\Lambda \ll \epsilon$ from a $6 \times 6$ mass matrix $M$. Note, however, that the presence of symmetries may further reduce the order of magnitude of the eigenvalues, which will be discussed below.

### C. Fine-Tuning, Principal Invariants, and Generic Mass Scales

We have so far discussed the natural eigenvalue spectrum of a mass matrix with the structure in Eq. (3) without specifying any structural details of the $M_D$ and
$M_R$ matrices, which can arise from flavor symmetries and their breakings. Such symmetries are expected to exist and they lead, for example, to so-called “texture zeros” or other exact algebraic relations between different matrix elements. It is important to observe that flavor symmetries can (but need not) change the discussed generic mass eigenvalue spectrum such that one or more of the eigenvalues do not assume their natural order of magnitude. This means that an eigenvalue may turn out, for example, to be of order $\epsilon$ instead of order $\Lambda$, of order $\epsilon^2/\Lambda$ instead of order $\epsilon$, or $0$ instead of order $\epsilon^2/\Lambda$. Since $\epsilon \ll \Lambda$, this leads to a drastic change in the order of magnitude of the corresponding eigenvalue. An eigenvalue which is many orders of magnitude smaller than its natural order of magnitude may thus be understood in terms of some symmetry in the given mass matrix. Without such a symmetry, such a drastic deviation from the natural order of magnitude in the mass eigenvalue spectrum requires a fine-tuning of parameters. This relation between deviations from the natural mass eigenvalue spectrum and flavor symmetries will be further discussed in Sec. 14.

Other (in some sense also more natural) quantities for the discussion of the properties of the mass matrices are their invariants. The basis independent principal invariants $T_i$ of the mass matrix $M$, where $i = 1, 2, \ldots, n$, are defined by the characteristic equation

$$\det(M - \lambda 1_n) = \lambda^n + \sum_{i=1}^{n} T_i \lambda^{n-i}$$

and can be entirely determined from the mass eigenvalues alone. In the same way as the block structure of the neutrino mass matrix $M$ given in Eq. (2) naturally leads to a generic neutrino mass eigenvalue spectrum, each of the invariants is characterized by generic powers of the mass scales $\epsilon$ and $\Lambda$. Without the block structure in Eq. (2), which is related to the representations of the fields under $SU(2)_L \times U(1)_Y$, one would expect all entries of the matrix $M$ to be of order $\Lambda$ and the natural scale of all invariants would therefore be $T_i = \mathcal{O}(\Lambda^i)$. The presence of gauge symmetries imposes, however, the block structure in Eq. (2) and we have a first example where symmetries change the natural order of magnitude of the invariants $T_i$.

The discussion of the see-saw mechanism above provided the natural neutrino mass scales of the orders $\epsilon^2/\Lambda$, $\epsilon$, and $\Lambda$. We can now discuss, in a similar way, the generic mass scales of the invariants $T_i$. If we denote by $T_{i,r}$ the invariant $T_i$ of a mass matrix with $r$ mass eigenvalues of order $\Lambda$ and further elements of the mass matrix of order $\epsilon$, then it is easy to see that one obtains for the generic scales

$$T_{i,r} = \epsilon^{i-r} \Lambda^r \quad \text{for} \quad r < i, \quad (16)$$
$$T_{i,r} = \Lambda^i \quad \text{for} \quad r \geq i. \quad (17)$$

For large $n_a$ and $n_s$, the specific structure of the mass matrix $M$ in Eq. (2) reduces, however, for $r < i$ the power of $\Lambda$ by one unit (balanced by an extra factor of $\epsilon$) whenever one of $i$ or $r$ is even, while the other one is odd. In Table 1, the resulting generic orders of the $T_{i,r}$’s are given for large $n_a$ and $n_s$. For small $n_a$ and $n_s$ these generic powers are even further reduced. For a $4 \times 4$ mass matrix $M$ with the structure like in Eq. (2) and $r = 2$ one obtains

$$T_{1,2} = \mathcal{O}(\Lambda), \quad T_{2,2} = \mathcal{O}(\Lambda^2),$$
$$T_{3,2} = \mathcal{O}(\epsilon^2 \Lambda), \quad T_{4,2} = \mathcal{O}(\epsilon^4).$$

Note that $T_{1,2}$, $T_{2,2}$, and $T_{3,2}$ are as in Table 1, whereas $T_{4,2}$ is further reduced due to the small values of $n_a$ and $n_s$.

In analogy with the discussion of the eigenvalues above, a deviation of the invariants from this generic mass scale dependence is either a fine-tuning of parameters or a consequence of a symmetry. Note, however, that not all symmetries lead to a change in the generic mass scales of the invariants. The presence or absence of mass scales which actually contribute to the invariants of the neutrino mass matrix $M$ nevertheless sheds light in an interesting way on the symmetries constraining the neutrino mass matrix texture.

### III. Textures for See-Saw-Dirac Particles

#### A. See-Saw-Dirac Particles

Consider in the Majorana basis a real symmetric $n \times n$ neutrino mass matrix $M$. Let us assume that it can be brought via some orthogonal transformation to the block-diagonal form

$$M \mapsto \tilde{M} = \Theta^T M \Theta = \begin{pmatrix} A & 0 \\ 0 & B \end{pmatrix},$$

where $A$ denotes a real symmetric $2 \times 2$ matrix given by

$$A = \begin{pmatrix} 0 & \alpha \\ \alpha & 0 \end{pmatrix}$$

| Principal invariant | Rank $r$ |
|---------------------|----------|
| $T_1$               | 0 A A A A A A |
| $T_2$               | $\epsilon^2 \epsilon^2 \Lambda^2 \Lambda^2 \Lambda^2 \Lambda^2$ |
| $T_3$               | $\epsilon^3 \epsilon^3 \epsilon^3 \Lambda^3 \Lambda^3 \Lambda^3 \Lambda^3$ |
| $T_4$               | $\epsilon^4 \epsilon^4 \epsilon^4 \Lambda^4 \Lambda^4 \Lambda^4 \Lambda^4$ |
| $T_5$               | $\epsilon^5 \epsilon^5 \epsilon^5 \Lambda^5 \Lambda^5 \Lambda^5 \Lambda^5$ |
| $T_6$               | $\epsilon^6 \epsilon^6 \epsilon^6 \Lambda^6 \Lambda^6 \Lambda^6 \Lambda^6$ |

TABLE I: The generic order of magnitude of the principal invariants $T_i$ ($i = 1, 2, \ldots, 6$) of a neutrino mass matrix $M$ of arbitrary dimension and rank $r$ ($r = 0, 1, \ldots, 6$) for large $n_a$ and $n_s$. |
and $B$ refers to some real symmetric $(n-2) \times (n-2)$ matrix. The fields which span the matrix $A$ will be denoted by $(\nu_1 L, \nu_2 L)$. Diagonalization of the mass matrix $\hat{M}$ then leads to the mass matrix

$$m = \text{diag} (\alpha, -\alpha, \beta, \gamma, \ldots),$$

(20)

where the two degenerate Majorana neutrinos with opposite signs of the mass eigenvalues can be combined to one Dirac neutrino. Therefore, we will speak of the real symmetric neutrino mass matrix $M$ as containing a Dirac particle if diagonalization finally leads to a mass matrix of the type given in Eq. (23). Note that the mass matrix $\hat{M}$ respects a conserved U(1) symmetry acting on the fermionic fields with $\nu_1 L$ carrying a charge of +1 and $\nu_2 L$ carrying a charge of -1.

If the mass matrix $M$ is identical to the mass matrix $\hat{M}$ formulated in flavor basis, then the neutrinos $\nu_1 L$ and $\nu_2 L$ could represent two different flavor fields. In this case, two Majorana neutrinos of different flavors combine to one Dirac particle and the conserved U(1) charge is held, then the mass matrix $\hat{M} = M$ exhibits a U(1)$ZKM$ symmetry characterized by a conserved U(1) lepton number $L = L_\mu - L_\tau$.

If instead $\hat{M} \neq M$, then the fields $\nu_1 L$ and $\nu_2 L$ of the matrix $A$ are not flavor fields and the basis, where the assignment of the conserved U(1) charges (the $\nu_1 L$-number minus the $\nu_2 L$-number) takes place, is different from the flavor basis. In this case, the emerging Dirac particle is called a pseudo-Dirac particle [33]. To zeroth order in the gauge interactions a pseudo-Dirac particle cannot be distinguished from a genuine Dirac particle characterized by a conserved U(1)$ZKM$ lepton number. However, higher order gauge interactions induce a splitting of the Dirac particle into two Majorana particles with nearly degenerate masses [38]. Since we will only be concerned with zeroth order mass matrices, we will, if nothing else is mentioned, refer to both the ZKM neutrino and the pseudo-Dirac neutrino shortly as Dirac neutrinos. A Dirac neutrino will be called a see-saw-Dirac particle if its mass is superlight due to the see-saw mechanism without invoking any fine-tuning in the sense of Sec. II.C.

As a quick application of the results given above, let us consider a $3 \times 3$ mass matrix $M$, which is assumed to describe a Dirac neutrino. If fine-tuning is absent, then this Dirac neutrino cannot have a small mass suppressed by a see-saw mechanism, since the necessary number of two light mass eigenvalues would exceed half of the dimension of the mass matrix $M$, which is forbidden by the results of Sec. II.C.

In the next section, we will show that see-saw-Dirac neutrinos in the absence of any fine-tuning are first possible in the case of $4 \times 4$ mass matrices.

B. $4 \times 4$ Textures

1. Criterion for See-Saw-Dirac Particles

According to Sec. II, we can write any real symmetric $4 \times 4$ mass matrix $M$, providing an effective see-saw mechanism on block form like in Eq. (4), where the Dirac mass matrix $M_D$ is given by the real $2 \times 2$ matrix

$$M_D = \begin{pmatrix} D_1 & D_2 \\ D_3 & D_4 \end{pmatrix}$$

(21)

with $D_i = O(\epsilon)$ or $D_i \equiv 0$, where $i = 1, 2, 3, 4$, and the heavy Majorana mass matrix $M_R$ is given by the real symmetric $2 \times 2$ matrix

$$M_R = \begin{pmatrix} R_1 & R_2 \\ R_3 & R_3 \end{pmatrix}$$

(22)

with $R_i = O(\Lambda)$ or $R_i \equiv 0$, where $i = 1, 2, 3$. It is assumed that the two submatrices fulfill det $M_D \neq 0$ and det $M_R \neq 0$, i.e., $r = 2$.

If we assume that the mass matrix $M$ describes a see-saw-Dirac particle in the sense of Sec. III.A then the real symmetric mass matrix $M$ can be brought by some orthogonal transformation $M \mapsto m = O^T M O$ to the form

$$m = \text{diag} (\alpha, -\alpha, \beta, \gamma).$$

(23)

The invariants $T_1$ and $T_3$ defined by the characteristic equation

$$\det (M - \lambda 1_4) = \det (m - \lambda 1_4) = \lambda^4 + T_1 \lambda^3 + T_2 \lambda^2 + T_3 \lambda + T_4 = 0$$

(24)

are as functions of the matrix elements of the matrix $M$ given by

$$T_1(D_1, D_2, \ldots, R_3) = -R_1 - R_3,$$

$$T_3(D_1, D_2, \ldots, R_3) = D_1^2 R_3 + D_2^2 R_1 + D_3^2 R_3 + D_4^2 R_1 - 2(D_1 D_2 + D_3 D_4) R_2,$$

(25a)

(25b)

and as functions of the matrix elements of the diagonal matrix $m$ by

$$T_1(\alpha, \beta, \gamma) = -\beta - \gamma,$$

$$T_3(\alpha, \beta, \gamma) = \alpha^2 (\beta + \gamma).$$

(26a)

(26b)

Equation (26a) and (26b) imply that

$$T_3 = -\alpha^2 T_1.$$ 

(27)

Assume that $T_1 \neq 0$. Then, it follows from Eq. (27) that

$$\alpha^2 = \frac{T_3(D_1, D_2, \ldots, R_3)}{T_1(D_1, D_2, \ldots, R_3)} \ll \epsilon^2$$

(28)

and from Eqs. (25a) and (25b) we find that the numerator is of order $\epsilon^2 \Lambda$ and the denominator is of order $\Lambda$. Hence, it is clear that the relation (28) can only be fulfilled in
the presence of some fine-tuned cancellations between the matrix elements of \( M \). If we reject fine-tuning, then it follows that \( T_1 = 0 \), i.e., the mass matrix must be traceless. The tracelessness of the mass matrix implies that 
\[ m = \text{det}(\alpha, -\alpha, \beta, -\beta), \]
i.e., the four Majorana neutrinos combine to two Dirac neutrinos: One see-saw-Dirac neutrino and one heavy Dirac neutrino. Thus, Eq. (27) reads
\[ T_1 = T_3 = 0. \tag{29} \]

The above considerations tell us that Eq. (24) together with the auxiliary relations \( \text{det} M_D \neq 0 \) and \( \det M_R \neq 0 \) represent necessary and sufficient conditions for superlight Dirac neutrinos in the absence of fine-tuning. We will therefore refer to Eq. (29) as the criterion for see-saw-Dirac particles. Since the mass matrix \( M = (M_{ij}) \) is originally defined in flavor basis, there is a fundamental difference between matrices whose matrix elements can be considered as independent parameters and those matrices where the matrix elements are related by some specific exact algebraic relations.

2 Textures with Independent Entries

Under the assumption that the matrix elements \( M_{ij} \) are either exact texture zeros or independent parameters, we will now determine all possible textures of the mass matrix \( M \) in Eq. (2) which describe a see-saw-Dirac particle. Since we will treat the matrix elements, which are not texture zeros, as independent parameters, the tracelessness of the mass matrix \( M \) can only be fulfilled if \( R_1 = R_3 = 0 \). Thus, we obtain from Eq. (25) that the criterion for see-saw-Dirac particles (24) reduces to
\[ D_1 D_2 + D_3 D_4 = 0. \tag{30} \]
Since the matrix elements can be varied independently, the condition (30) together with \( \text{det} M_D \neq 0 \) can only be fulfilled if \( D_1 = D_4 = 0 \) or \( D_2 = D_3 = 0 \). Thus, we arrive at the conclusion that up to trivial permutations all 4 \( \times \) 4 textures with independent non-vanishing entries, describing a superlight Dirac particle, are all of the canonical form
\[ M = \begin{pmatrix} 0 & 0 & 0 & \epsilon_1 \\ 0 & 0 & \epsilon_2 & 0 \\ 0 & \epsilon_2 & 0 & \Lambda \\ \epsilon_1 & 0 & \Lambda & 0 \end{pmatrix} \tag{31} \]
with \( \epsilon_1, \epsilon_2 = O(\epsilon) \). Textures equivalent to the one displayed in Eq. (31) have been obtained within left-right-symmetric and horizontal models implementing a conserved horizontal \( U(1) \) charge of the ZKM type (1).

3 Textures in Presence of Algebraic Relations

We will now investigate the 4 \( \times \) 4 textures leading to see-saw-Dirac particles if algebraic relations between the matrix elements \( M_{ij} \) are allowed. If we assume \( R_1 = R_3 = 0 \), but allow for algebraic relations within the Dirac matrix \( M_D \), then the criterion for see-saw-Dirac particles is still given by Eq. (30) and the corresponding texture is equal to
\[ M = \begin{pmatrix} 0 & 0 & \epsilon_1 & \epsilon_2 \\ 0 & 0 & \epsilon_3 & \Lambda \\ \epsilon_1 & \epsilon_2 & 0 & 0 \\ \epsilon_3 & \Lambda & 0 & 0 \end{pmatrix} \tag{32} \]
with \( \epsilon_i = O(\epsilon) \ll O(\Lambda) \), where \( i = 1, 2, 3 \). Let us now assume that the relation \( R_1 = -R_3 \neq 0 \) holds. Then, the criterion for see-saw-Dirac particles (24) reads
\[ T_3 = R_1 (-D_1^2 + D_2^2 - D_3^2 + D_4^2) - 2R_2(D_1D_2 + D_3D_4) = 0. \tag{33} \]
If we assume that \( R_3 \) and \( R_4 \) can be varied independently, then both parentheses in Eq. (33) are necessarily equal to zero. The second parenthesis vanishes for the choice \( D_4 = -D_1D_2/D_4 \), which means that the first parenthesis vanishes when \( D_1^2 = D_2^2 \). Thus, we can in this case determine the texture to be
\[ M = \begin{pmatrix} 0 & 0 & \epsilon_1 & \epsilon_2 \\ 0 & 0 & \epsilon_2 & \pm \epsilon_1 \\ \epsilon_1 & \epsilon_2 & \Lambda_1 & \Lambda_2 \\ \epsilon_2 & \pm \epsilon_1 & \Lambda_2 & -\Lambda_1 \end{pmatrix}. \tag{34} \]
with \( \epsilon_1, \epsilon_2 = O(\epsilon) \) and \( \Lambda_1, \Lambda_2 = O(\Lambda) \). Let the mass matrix given in Eq. (34) be spanned by the fields \( (\nu_{1L}, \nu_{2L}, N_1, N_2) \), where \( \nu_{1L} \) and \( \nu_{2L} \) denote two active neutrinos and \( N_1 \) and \( N_2 \) denote two SM singlets. Then, the texture in Eq. (34) can be naturally obtained by imposing the discrete symmetry
\[ D : \begin{cases} \nu_{1L} \rightarrow \mp i\nu_{2L}, & \nu_{2L} \rightarrow \pm i\nu_{1L}, \\ N_1 \rightarrow iN_2, & N_2 \rightarrow -iN_1, \end{cases} \tag{35} \]
in the Majorana basis.

C. 6 \( \times \) 6 Textures

1 Criterion for See-Saw-Dirac Particles

In order to maximize the number of superlight particles emerging from the see-saw mechanism, we can again according to Sec. (1) write a real symmetric 6 \( \times \) 6 mass matrix on block form as in Eq. (4), where the real Dirac mass matrix \( M_D \) is given by the 3 \( \times \) 3 matrix
\[ M_D = \begin{pmatrix} D_1 & D_2 & D_3 \\ D_4 & D_5 & D_6 \\ D_7 & D_8 & D_9 \end{pmatrix} \tag{36} \]
with \( D_i = O(\epsilon) \) or \( D_i \equiv 0 \), where \( i = 1, 2, \ldots, 9 \), and the real symmetric heavy Majorana mass matrix \( M_R \) is
given by the $3 \times 3$ matrix
\[
M_R \equiv \begin{pmatrix} R_1 & R_2 & R_3 \\ R_2 & R_4 & R_5 \\ R_3 & R_5 & R_6 \end{pmatrix}
\] (37)
with $R_i = O(\Lambda)$ or $R_i = 0$, where $i = 1, 2, \ldots, 6$. To guarantee an effective see-saw mechanism, it is additionally assumed that $\det M_D \neq 0$ and $\det M_R \neq 0$. Let us assume that the mass matrix $M$ describes a see-saw-Dirac particle. This means that the superlight mass eigenvalue spectrum is of the type $\alpha, -\alpha, \beta \simeq \epsilon^2/\Lambda$, where $\alpha$ can be regarded as the mass of the Dirac particle. Consider the characteristic equation of the mass matrix $M$ written in block form
\[
\det(M - \lambda_1) = \begin{vmatrix} -\lambda_1 & M_D \\ M_D^T & M_R - \lambda_1 \end{vmatrix} = 0.
\] (38)
Since $\det M_R \neq 0$, the matrix $M_R - \lambda_1$ can be inverted for $\lambda \ll \Lambda$. One can therefore apply the Gauss elimination algorithm to the block matrix $M - \lambda_1$, since it leaves the determinant invariant. From Eq. (38), we therefore obtain that the superlight mass eigenvalues of the mass matrix $M$ are also solutions of
\[
|\lambda_1 - M_D(M_R - \lambda_1)^{-1}M_D^T| = 0.
\] (39)
Expanding this determinant for a small parameter $\lambda$, Eq. (39) can be re-written as
\[
|\lambda_1 - M_D M_R^{-1} M_D^T + O\left(\frac{\epsilon^4}{\Lambda^3}\right)| = \lambda^3 + \left[T_1 + O\left(\frac{\epsilon^4}{\Lambda^3}\right)\right] \lambda^2 + \left[T_2 + O\left(\frac{\epsilon^8}{\Lambda^6}\right)\right] \lambda + \left[T_3 + O\left(\frac{\epsilon^{12}}{\Lambda^9}\right)\right] = 0,
\] (40)
where the invariants $T_1$, $T_2$, and $T_3$ are defined by the characteristic equation $\det(M_\nu - \lambda_1 M_\nu) = \lambda^3 + T_1 \lambda^2 + T_2 \lambda + T_3 = 0$ of the effective mass matrix $M_\nu = -M_D M_R^{-1} M_D^T$. Using $\lambda = O(\epsilon^2/\Lambda)$, we find that
\[
\lambda^3 + T_1 \lambda^2 + T_2 \lambda + T_3 = O\left(\frac{\epsilon^8}{\Lambda^5}\right).
\] (41)
Taking the previously assumed light mass eigenvalue spectrum into account, we obtain from Eq. (41) the following equations for the mass $\alpha$ of the see-saw-Dirac particle
\[
T_1 \alpha^2 + T_3 = O\left(\frac{\epsilon^8}{\Lambda^5}\right), \quad \alpha^3 + T_2 \alpha = O\left(\frac{\epsilon^8}{\Lambda^5}\right).
\] (42)
Since $\alpha \neq 0$, this system of equations can only have a solution if
\[
T_3 - T_1 T_2 = O\left(\frac{\epsilon^8}{\Lambda^5}\right).
\] (43)
Note that the invariant $T_3$ and the product $T_1 T_2$ are both of the order $\epsilon^6/\Lambda^3$. Hence, Eq. (43) expresses a fine-tuning of the mass matrix $M$ unless the right-hand side vanishes. Since we reject fine-tuning, the invariants must therefore exactly fulfill
\[
T_3 - T_1 T_2 = 0.
\] (44)
In fact, it is easy to show that Eq. (44) is also a sufficient condition for a superlight Dirac particle. Hence, we will call it the criterion for see-saw-Dirac particles. It has thus been shown that the first order in the inverse see-saw scale given by the effective mass matrix $M_\nu$ is already sufficient to determine non-fine-tuned neutrino mass textures leading to see-saw-Dirac particles.

2 Textures Not Yielding See-Saw-Dirac Neutrinos

Consider an ansatz where the Dirac mass matrix $M_D$ is equivalent to the matrix
\[
M_D \equiv \text{diag}(D_1, D_2, D_6),
\] (45)
being the simplest form consistent with $\det M_D \neq 0$. For this Dirac mass matrix $M_D$ there exist exactly two inequivalent Majorana mass matrices, which never lead to a superlight Dirac particle, even if arbitrary algebraic relations between the matrix elements are allowed. These matrices are
\[
M_R = \begin{pmatrix} R_1 & R_2 & 0 \\ R_2 & 0 & R_5 \\ 0 & R_5 & R_6 \end{pmatrix}, \quad M_R' = \begin{pmatrix} 0 & R_2 & R_3 \\ R_2 & 0 & R_5 \\ R_3 & R_5 & 0 \end{pmatrix}.
\]
The criterion for see-saw-Dirac particles given in Eq. (44), corresponding to the Majorana mass matrix $M_R$, reads
\[
(T_3 - T_1 T_2) \det M_R = D_1^4 D_2^2 D_5^2 R_2^2 R_5^2 = 0,
\] (46)
which can only be fulfilled if an additional texture zero would be introduced in the mass matrix $M$, leading to a different class of textures or letting $\det M$ vanish. Similar considerations hold for the Majorana mass matrix $M_R'$.

3 Textures with Independent Entries

Assume now that all non-vanishing matrix elements of the mass matrix $M$ are independent parameters. Then, all possible textures consistent with the criterion for see-saw-Dirac particles given in Eq. (44) are equivalent to the unique form
\[
M = \begin{pmatrix} 0 & \epsilon_1 & 0 & 0 & 0 & 0 \\ \epsilon_1 & \Lambda_1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \epsilon_2 & 0 \\ 0 & 0 & \epsilon_3 & 0 & \Lambda_2 \\ 0 & 0 & \epsilon_2 & 0 & \Lambda_2 \end{pmatrix}
\] (47)
with $\epsilon_1, \epsilon_2, \epsilon_3 = O(\epsilon)$ and $\Lambda_1, \Lambda_2 = O(\Lambda)$. From Eq. (47) we observe that the superlight particles obtain their masses via two decoupled mechanisms:

1. The Majorana particle obtains its mass $\beta$ from the ordinary $2 \times 2$ see-saw mechanism.

2. The Dirac particle obtains its mass $\alpha$ from the canonical $4 \times 4$ texture given in Eq. (31).

Hence, it is shown for $6 \times 6$ textures with independent entries that the model-independent method presented here to determine all possible textures consistent with the criterion for see-saw-Dirac particles is equivalent to the introduction of a conserved lepton number of the ZKM type $\mathbb{Z}_2$.

4 A Model Scheme for Textures in Presence of Non-Abelian and Discrete Symmetries

Non-Abelian as well as discrete symmetries between leptons mostly predict lepton mass matrix textures, where some of the matrix elements are equal in magnitude, which can result in maximal or binaximal mixing and degenerate neutrino masses $\Omega$ $\mathbb{Z}_2$. In the case of non-Abelian symmetries, models have been proposed, where only one mixing angle being nearly maximal is generic $\mathbb{Z}_2$. However, most of these models have problems to naturally accommodate large $\nu_\mu - \nu_\tau$ mixing and hierarchical mass squared differences $\Omega$. Especially, the presence of a ZKM lepton number in the neutrino sector as a source of (nearly) maximal atmospheric mixing usually implies the reverse order of the hierarchy between $\Delta m^2_{\odot}$ and $\Delta m^2_{\text{atm}}$. On the other hand, a combination of neutrinos to a pseudo-Dirac-particle, in the sense of Sec. [11,12] does not establish a specific mixing between the corresponding generations, and hence, allows more freedom in accommodating mixing angles and mass squared differences.

Contrary to the usual approach, we will therefore concentrate on the natural generation of hierarchical mass squared differences by imposing a conserved U(1) charge and assume that the U(1) generator is not diagonal in flavor basis, i.e., some of the active neutrinos combine to a pseudo-Dirac particle instead of a genuine Dirac-particle. The pseudo-Dirac character of some of the neutrinos requires the presence of exact algebraic relations between the matrix elements.

Let $\nu_e$, $\nu_\mu$, and $\nu_\tau$ denote the SM neutrino flavor fields and $N_1$, $N_2$, and $N_3$ denote the charge conjugates of three right-handed neutrinos. To be specific, we will assume in the basis $|N_1, N_2, N_3, N_4, N_5, N_6 \rangle$ that the corresponding $3 \times 3$ Majorana mass matrix $M_R$ in Eq. (2) is on the form $\mathbb{Z}_2$ $\mathbb{Z}_2$

$$M_R = \Lambda \begin{pmatrix} 0 & 0 & 1 \\ 0 & -1 & 0 \\ 1 & 0 & 0 \end{pmatrix}. \quad (48)$$

This kind of Majorana matrix has received interest in the framework of SO(3) flavor symmetries, where three SM singlets $N_1$, $N_2$, and $N_3$ are combined to an SO(3) triplet field $\mathbb{Z}_2$ $\mathbb{Z}_2$. Invariance of the neutrino mass terms under the discrete $Z_2$ symmetry

$$D: \begin{cases} \nu_e \rightarrow -i \nu_\mu, & \nu_\mu \rightarrow i \nu_\tau, \\ N_1 \rightarrow i N_3, & N_2 \rightarrow -N_2, & N_3 \rightarrow -i N_1 \end{cases} \quad (49)$$

enforces the $6 \times 6$ neutrino mass matrix $M$ to be on the form

$$M = \begin{pmatrix} 0 & 0 & \epsilon_1 & 0 & \epsilon_2 \\ 0 & 0 & -\epsilon_2 & \epsilon_1 & 0 \\ 0 & 0 & 0 & \epsilon_3 & 0 \\ \epsilon_1 & -\epsilon_2 & 0 & 0 & \Lambda \\ 0 & 0 & \epsilon_3 & 0 & -\Lambda \end{pmatrix} \Lambda \begin{pmatrix} 0 & 0 & \epsilon_3 \end{pmatrix} \quad (50)$$

where $\epsilon_1, \epsilon_2$, and $\epsilon_3$ denote three different real matrix elements of the order of the electroweak scale $\epsilon$. The algebraic relations between some of the entries of the mass matrix $M$ in Eq. (50) which are established by the discrete symmetry $D$, allow the existence of a see-saw-Dirac neutrino in the absence of a conserved ZKM charge. Due to the fact that there is no conserved ZKM charge present, radiative corrections will induce a small splitting of the degenerate masses and could thereby, in principle, establish the hierarchy between $\Delta m^2_{\odot}$ and $\Delta m^2_{\text{atm}}$.

IV. THE CONNECTION BETWEEN SYMMETRIES AND INVARIANTS

The smallness of the neutrino masses is well understood in terms of the see-saw mechanism, which is a consequence of the general block form of the neutrino mass matrix $M$ given in Eq. (2). The sub-blocks of $M$ leave, however, the mixing angles and mass spectrum of the light neutrinos unspecified. Predictions for mixing angles and mass spectra of neutrinos require further horizontal or flavor symmetries enforcing specific textures of the Dirac and Majorana mass matrices. Therefore, it is important to relate general properties of the mass matrix as discussed above to the symmetries acting on the different neutrino flavors.

Assume that there exists a (flavor symmetry) group $G$, which is mapped into a reducible unitary representation $D$ [52] acting on the flavor space:

$$g \mapsto D(g), \quad g \in G. \quad (51)$$

The matrix representation $D(g)$ acts on the state vectors

$$\Psi = \begin{pmatrix} \nu_{a,1} & \ldots & \nu_{a,n_a} & \nu_{s,1} & \ldots & \nu_{s,n_s} \end{pmatrix}^T \quad (here \ given \ in \ flavor \ basis),$$

where $n_a$ denotes again the number of active neutrinos, which are elements of $SU(2)_L$ doublets, and $n_s$ denotes the number of sterile neutrinos (SM singlets):

$$\Psi \mapsto D(g) \Psi, \quad g \in G.$$
Next, consider two irreducible subrepresentations \( D^{(\alpha)}(g) \) and \( D^{(\beta)}(g) \) of the representation \( D(g) \) and some matrix \( X \) which fulfills
\[
(D^{(\beta)}(g))^T X D^{(\alpha)}(g) = X \tag{52}
\]
for all \( g \in G \). Using Eq. (52) and the unitarity of the representations, we obtain that
\[
X^\dagger X D^{(\alpha)}(g) = D^{(\alpha)}(g) X^\dagger X. \tag{53}
\]
Since the representation \( D^{(\alpha)}(g) \) is irreducible, it follows from Schur’s lemma \[49, 50\] that \( X^\dagger X = \text{I} \), \( i.e., \) the matrix \( X \) is a unitary matrix times some arbitrary mass scale, which is given as a physical input parameter. Furthermore, it follows that the matrix \( X \) is, up to this overall factor, uniquely determined by the choice of the matrix representations \( D^{(\alpha)}(g) \) and \( D^{(\beta)}(g) \). Moreover, Schur’s lemma tells us that in case that besides Eq. (52) for some irreducible representation \( D^{(\gamma)}(g) \) there holds also a relation
\[
(D^{(\beta)}(g))^T X D^{(\gamma)}(g) = X \tag{54}
\]
for all \( g \in G \), the representation \( D^{(\gamma)}(g) \) is equivalent to the representation \( D^{(\alpha)}(g) \).

We will now consider the case when the symmetry group \( G \) is unbroken at low energies. The origin of the mass terms in \( M_R \) of the heavy sterile neutrinos generated at the GUT or embedding scale is in general quite different from the origin of the Dirac mass terms in \( M_D \), which emerge from Yukawa couplings and the electroweak vacuum expectation value. It can therefore be assumed that in flavor basis the representation \( D(g) \) takes on the block-diagonal form
\[
D(g) = D_a(g) \oplus D_s(g), \tag{55}
\]
where \( D_a(g) \) is an \( n_a \) dimensional unitary representation acting on the subspace of the active neutrinos only and \( D_s(g) \) is an \( n_s \) dimensional representation which acts only on the sterile neutrinos.

From the unitarity of the representation \( D(g) \) it follows that an appropriate change of basis allows us to write the representations \( D_a(g) \) and \( D_s(g) \) in reduced form as
\[
D_a(g) = \bigoplus_\alpha k^a_\alpha D_a^{(\alpha)}(g), \quad D_s(g) = \bigoplus_\alpha k^s_\alpha D_s^{(\alpha)}(g), \tag{56}
\]
where \( \alpha = 1, 2, \ldots \) runs only over the inequivalent irreducible representations and the integer \( k^\pm_\alpha \), \( x = a, s \), specifies how often the irreducible representation \( D_x^{(\alpha)}(g) \) occurs in the reduction. This means that the basis has been chosen such that the matrices of equivalent representations are identical and
\[
k^x_\alpha D_x^{(\alpha)}(g) \equiv D_a^{(\alpha)}(g) + \cdots + D_s^{(\alpha)}(g), \quad x = a, s. \tag{57}
\]
Specifically, if two representations \( D_x^{(\alpha)}(g) \) and \( D_x^{(\beta)}(g) \) are equivalent, they are also understood to be identical and we can therefore choose the labeling such that \( \beta \equiv \alpha \).

The dimension of the irreducible representation \( D_x^{(\alpha)}(g) \) will be denoted by \( d_\alpha^x \), \( i.e., \) the representation \( D_x^{(\alpha)}(g) \) is a \( d^x_\alpha \times d^x_\alpha \) matrix.

Consider now the neutrino mass matrix \( M \) in Eq. (2) and assume for simplicity that the Dirac mass matrix \( M_D \) as well as the Majorana mass matrix \( M_R \) are non-singular. Due to Eq. (53) the unitary transformation \( V \) which brings the representation \( D(g) \) to the completely reduced form in Eq. (56) decomposes in flavor basis into \( V = V_a \oplus V_s \), where \( V_a \) and \( V_s \) are unitary matrices of dimensions \( n_a \) and \( n_s \), respectively. Then, in the basis where the representation \( D(g) \) is on the completely reduced form in Eq. (56), the neutrino mass matrix \( M' \equiv V^T M V \) reads
\[
M' = \begin{pmatrix} 0 & M_D' \ \\ M_D'^T & M_R \end{pmatrix} \equiv \begin{pmatrix} 0 & V_a^T M_D V_s \\ V_a^T M_D V_s & V_s^T M_R V_s \end{pmatrix} \tag{58}
\]
and the effective neutrino mass matrix is simply given by \( M'_\nu \equiv -M_R^{-1} M_D^T \). In this basis, we can now apply the above stated implications of Schur’s lemma in order to determine the neutrino mass matrix \( M' \), following from the invariance of the neutrino mass term \( \Psi^T M' \bar{\Psi} \sim \Psi^T M' \Psi [53] \) under the transformations
\[
\Psi^T M' \Psi \rightarrow \Psi^T D^T(g) M' D(g) \Psi, \quad g \in G. \tag{59}
\]
As a result, we obtain that the Majorana mass matrix \( M_R' \) is, up to trivial permutations, on block-diagonal form
\[
M_R' = \text{diag}(A_1, A_2, \ldots), \tag{60}
\]
where each submatrix \( A_\alpha, \alpha = 1, 2, \ldots \), defines a bilinear form which is invariant under the symmetry \( G \) in the representation \( k^x_\alpha D_x^{(\alpha)}(g) \).

If for some \( \alpha = 1, 2, \ldots \) the representation \( D_s^{(\alpha)}(g) \) is equivalent to its complex conjugate representation \( D_s^{(\bar{\alpha})}(g) \), then the matrix \( A_\alpha \) can be written as
\[
A_\alpha = A'_\alpha \otimes U_\alpha, \tag{61a}
\]
where \( A'_\alpha \) denotes some arbitrary invertible symmetric \( k^s_\alpha \times k^s_\alpha \) matrix with undetermined entries of the generic order \( \Lambda \), whereas the unitary \( d^s_\alpha \times d^s_\alpha \) matrix \( U_\alpha \) is determined by the choice of the representation \( D_s^{(\alpha)}(g) \) [54]. If instead the representation \( D_s^{(\alpha)}(g) \) is complex, \( i.e., \) not equivalent to its complex conjugate, then the condition \( \det M_R \neq 0 \) requires the complete reduction of the representation \( D_s(g) \) in Eq. (56) also to contain the complex conjugate representation \( D_s^{(\alpha)}(g) \) exactly \( k^s_\alpha \) times. Thus, the matrix \( A_\alpha \) is on the form
\[
A_\alpha = \begin{pmatrix} 0 & A'_\alpha \\ A'_\alpha^T & 0 \end{pmatrix} \otimes U_\alpha, \tag{61b}
\]
where “0” denotes the $k^a \times k^a$ null matrix, $A^\prime_a$ denotes some arbitrary invertible $k^a \times k^a$ matrix with undetermined entries of the order $\Lambda$, and the unitary $d^a_1 \times d^a_1$ matrix $U_\alpha$ is again determined by the choice of the representation $D^{(\alpha)}(g)$.

As a simple example, consider the Majorana mass matrix $M_R$ in Eq. (58). Before symmetry breaking, the representation $D_s(g) = D^{(\alpha)}(g)$, where $\alpha = 1$, is the (irreducible) 3-dimensional representation of SO(3), which is equivalent to its complex conjugate representation. Therefore, Eq. (61) applies when $\Lambda$ is the arbitrary “matrix” $A^\prime_a$ and $M_R/\Lambda$ is the uniquely determined unitary (even orthogonal) matrix $U_\alpha$.

Similarly to the treatment of the Majorana mass matrix $M'_R$ in Eq. (59), one also verifies that the Dirac mass matrix $M'_D$ decomposes into the unitary submatrices $U_\alpha$ known from Eqs. (61a) and (61b) times a mass scale of the order $\epsilon$, in such a way that the effective neutrino mass matrix $M'_\alpha$ can be determined by consistently carrying out block multiplications. After an appropriate relabeling of the representations $D^{(\alpha)}_a(g)$ and $D^{(\alpha)}_d(g)$, we obtain for the effective neutrino mass matrix the block-diagonal form

$$M'_\alpha = \text{diag}(B_1, B_2, \ldots),$$

where each matrix $B_\alpha$, $\alpha = 1, 2, \ldots$, defines a bilinear form, which is invariant under the symmetry $G$ in the representation $k^a \times D^{(\alpha)}_a(g)$. If for some $\alpha = 1, 2, \ldots$ the representation $D^{(\alpha)}_a(g)$ is equivalent to its complex conjugate representation $D^{(\alpha)*}_a(g)$, then the matrix $B_\alpha$ reads

$$B_\alpha = B'_\alpha \otimes U_\alpha,$$

where $B'_\alpha$ denotes some arbitrary invertible symmetric $k^a \times k^a$ matrix with entries of the order $\epsilon^2/\Lambda$ and the unitary $d^a_1 \times d^a_1$ matrix $U_\alpha$ is fixed by the representation $D^{(\alpha)}_a(g)$.

For a complex representation $D^{(\alpha)}_a(g)$ the invertibility of the Dirac mass matrix $M_D$ requires the matrix $B_\alpha$ to be on the form

$$B_\alpha = \begin{pmatrix} 0 & B'_\alpha \\ B'_\alpha \end{pmatrix} \otimes U_\alpha,$$

where “0” denotes the $k^a \times k^a$ null matrix, $B'_\alpha$ denotes some invertible $k^a \times k^a$ matrix with entries of the order $\epsilon^2/\Lambda$, and the unitary $d^a_1 \times d^a_1$ matrix $U_\alpha$ again depends on the choice of the representation $D^{(\alpha)}_a(g)$. The important thing here is to note that each matrix element of the neutrino mass matrix $M'$ in Eq. (58) can serve as a parameter of one and only one of the matrices $B_\alpha$, i.e., for $\alpha \neq \beta$ the matrices $B_\alpha$ and $B_\beta$ are described by decoupled mass parameters and are therefore independent in a parametrical sense.

Taking $B'_\alpha \otimes B_\alpha$, it is readily seen that block-diagonalization of $B_\alpha$ yields $k^a$ different sets of neutrino mass eigenvalues, which are, up to relative phases, $d^a_\alpha$-fold (or, if the representation $D^{(\alpha)}_a(g)$ is complex, $2d^a_\alpha$-fold) degenerate. The neutrino masses, each of which is $d^a_\alpha$-fold ($2d^a_\alpha$-fold) degenerate, will be denoted by $m_{\alpha l}$, where $l = 1, 2, \ldots, k^a$. In this case, the $k^a$ different neutrino masses $m_{\alpha l}$ are actually correlated, i.e., they are in a parametrical sense dependent. However, it is crucial to note that this correlation is only due to the diagonalization of the matrix $B'_\alpha$, whose entries are not constrained by the symmetry $G$, which has already been fully taken into account when introducing the unitary matrices $U_\alpha$ in Eqs. (61) and (63). Except of their common mass scale, which is $\epsilon^2/\Lambda$, the $k^a$ different masses exhibit no further relations, which are protected by the symmetry $G$. Hence, we can regard them as independent in a generic sense.

Let us now specialize to the case when the neutrino mass matrix $M$ is real. The principal invariants $T_i$ ($i = 1, 2, \ldots, n$) of the neutrino mass matrix $M$ can be expanded as finite sums of powers of the electroweak scale $\epsilon$ and the GUT or embedding scale $\Lambda$ as follows:

$$T_i = \sum_{j+k=i} a_{jk} \left( \frac{\epsilon}{\Lambda} \right)^j \Lambda^k,$$

where the non-negative integers $j$ and $k$ have to obey $j + k = i$. In Eq. (64), the term $a_{jk} \epsilon^{2j} \Lambda^{k-j}$ is the sum over all products of mass eigenvalues, where $j$ eigenvalues are of the order $\epsilon^2/\Lambda$ and $k$ eigenvalues are of the order $\Lambda$. Since the symmetry $G$ implies that some of the eigenvalues are up to a sign degenerate it can happen that some (or all) of the coefficients $a_{jk} \epsilon^{2j} \Lambda^{k-j}$ vanish exactly. However, since the absolute value of the neutrino masses $m_{\alpha l}$ is undetermined by the symmetry $G$, any non-vanishing coefficient $a_{jk} \epsilon^{2j} \Lambda^{k-j}$ must generically be of order unity. In other words, a situation where $0 < |a_{jk} \epsilon^{2j} \Lambda^{k-j}| < 1$ cannot be understood in terms of the symmetry $G$ and must therefore be the result of some fine-tuning of the model parameters.

Within the above presented framework one can now even test the validity of the criteria for see-saw-Dirac particles given in Secs. III B and III C. First, we note that following Eq. (65), the principal invariants $T_1$ and $T_3$ of the $4 \times 4$ mass matrix $M$ in Sec. III B can be written as

$$T_1 = a_{11} \epsilon \Lambda,$$

$$T_3 = a_{12}^3 \epsilon^2 \Lambda.$$

Next, using that the generic mass scale of the see-saw-Dirac particle is of the order $\epsilon^2/\Lambda$, Eq. (27) implies that

$$a_{12}^3 \approx \left( \frac{\epsilon}{\Lambda} \right)^2 a_{11}.$$
Eq. (68) that $T_1 = T_3 = 0$, which is the criterion for see-saw-Dirac particles in the case of $4 \times 4$ matrices. Similarly, in Sec. III C one can confirm the validity of the criterion for see-saw Dirac particles in the case of $6 \times 6$ matrices.

V. SUMMARY AND CONCLUSIONS

In conclusion, we have discussed general properties of neutrino mass matrices involving a fine-tuning condition and the connection to flavor symmetries. We especially pointed out that the number of light neutrino masses generated by the see-saw mechanism cannot exceed half of the dimension of the considered mass matrix if fine-tuning is absent. Furthermore, we have introduced the concept of see-saw-Dirac particles. In the light of this, we formulated for the examples of real symmetric $4 \times 4$ and $6 \times 6$ neutrino mass matrices a necessary and sufficient criterion in order to obtain see-saw-Dirac particles. For these cases it was shown that the imposition of a conserved ZKM charge is equivalent to the assumption that the mass terms in flavor basis represent independent parameters. As an application of our methods, we demonstrated that small pseudo-Dirac neutrino masses can be generated in a natural way by the see-saw mechanism if discrete or non-Abelian symmetries are taken into account. Then, we presented a model scheme based on one continuous non-Abelian symmetry and one discrete Abelian symmetry generically leading to a $6 \times 6$ mass matrix, which fulfills the criterion for see-saw-Dirac particles in the absence of a conserved ZKM charge. Furthermore, we have found that a considerably wide class of reducible representations of unbroken unitary flavor symmetries accounts only for the degeneracy of some neutrino masses, but does not establish any relations between the non-degenerate neutrino masses. Finally, we confirmed the above formulated fine-tuning condition, i.e., the criterion for see-saw-Dirac particles coming from our symmetry considerations.

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[51] The entries of the matrices $S_i$ are of the order $\epsilon/\Lambda$, whereas the entries of the matrices $C_i$ are of the order 1.
[52] Note that all representations of finite groups are equivalent to unitary representations.
[53] Here we have omitted the gamma matrices, since they only act on the Lorentz indices, but not on the flavor indices.
[54] In fact, the unitary matrix is in this case either symmetric or antisymmetric, depending on the question whether $D^{(a)}_\alpha$ is an integer or a half-integer representation.