Electron spin resonance study of atomic hydrogen stabilized in solid neon below 1 K.

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We report on an electron spin resonance study of atomic hydrogen stabilized in a solid Ne matrices carried out at a high field of 4.6 T and temperatures below 1 K. The films of Ne, slowly deposited on the substrate at the temperature \(\sim 1K\), exhibited a high degree of porosity. We found that H atoms may be trapped in two different substitutional positions in the Ne lattice as well as inside clusters of pure molecular \(H_2\) in the pores of the Ne film. The latter type of atoms was very unstable against recombination at temperatures 0.3-0.6 K. Based on the observed nearly instant decays after rapid small increase of temperature, we evaluate the lower limit of the recombination rate constant \(k_r \geq 5 \times 10^{-20} \text{ cm}^3 \text{s}^{-1}\) at 0.6 K, five orders of magnitude larger than that previously found in the thin films of pure \(H_2\) at the same temperature. Such behavior assumes a very high mobility of atoms and may indicate a solid-to-liquid transition for \(H_2\) clusters of certain sizes, similar to that observed in experiments with \(H_2\) clusters inside helium droplets (Phys. Rev. Lett 101, 205301 (2008)). We found that the efficiency of dissociation of \(H_2\) in neon films is enhanced by 2 orders of magnitude compared to that in pure \(H_2\), which is instigated by a strong emission of secondary electrons.

I. INTRODUCTION

Quantum properties of insulating solids are most pronounced for molecular and atomic crystals of the lightest elements \(H_2\), \(He\), \(Ne\). While making a solid from helium requires applying high pressure even at zero temperature, hydrogen and neon solidify at ambient pressure and fairly high temperatures. These solids may serve as matrices for stabilizing unstable and highly reactive species and radicals. Being introduced into an inert solid matrix, these species become immobilized and remain stable at low enough temperatures where their diffusion is suppressed. Matrices made out of mixtures of neon and hydrogen are most intriguing because the Lennard-Jones potential parameters for the \(H_2\)-\(H_2\) and \(H_2\)-\(Ne\) pairwise interaction are nearly identical [1] while a large difference of their masses allows considering \(H_2\) and \(Ne\) as isotopes of the same substance with an astonishingly different degree of quantumness.

The solid solutions of \(H_2\)-\(Ne\) may form various interesting phases. It turns out that the equilibrium solubility of \(H_2\) in solid neon is vanishingly small and does not exceed a fraction of a percent for films crystallized from liquids. However, the situation is different for the non-equilibrium samples prepared by rapid flash-condensing of the films. Such non-equilibrium samples may contain a co-existing metastable \(hcp\) phase of solid \(Ne\) along with the \(fcc\) and \(hcp\) structures of \(Ne\) and \(H_2\), respectively [1]. The phases of molecular hydrogen appear in the form of nanocluster inside solid neon already at concentrations as low as 0.01% [2]. It has also been observed that solid rare-gas films quench-condensed on a cold substrate were found to be highly disordered and porous [3].

The possibility of having small hydrogen clusters in neon crystals has another important consequence, since it has been predicted that in a restricted geometry the freezing temperature may be substantially lowered and one may supercool liquid hydrogen to the superfluid transition, which may occur at a temperature of \(\sim 6K\) [3]. The liquid-like behavior of hydrogen clusters surrounded by superfluid helium film has been reported for clusters composed of \(\sim 10000\) molecules at temperature of \(\sim 1K\) [5], and for small clusters of less than 30 molecules, a superfluid response was predicted [6] and observed at 0.15 K [9]. This observation, however, was somewhat controversial [10, 11] resulting in an uncertainty for the behavior of clusters of intermediate size.

Hydrogen atoms can be obtained inside solid matrices by dissociation of molecular \(H_2\) using e.g. electrons or \(\gamma\)-rays. Due to their small size, \(H\) atoms may occupy different lattice positions in the matrix where their interaction with the host particles may slightly change both their electronic \(g\)-factors and the hyperfine constants as compared with those of free atoms in the gas phase [12]. The weak interatomic van-der-Waals attractive interaction, \(Ne-Ne\), can be easily overcome if the \(H\) atom is introduced into an interstitial position of the neon matrix. In this case, a strong \(Ne-H\) repulsion which appears at short
distances rearranges the host atoms around the hydrogen guests in a way such that the H atoms finally reside in the substitutional positions. This process, known as relaxation [13], also takes place in the matrices of solid hydrogen isotopes where a strong H-H₂ repulsion does not allow stabilizing H atoms in the interstitial sites [14]. Relaxation of H atoms in the rare-gas solids was considered by Kiljunen et al. [15] who calculated that H atoms in solid Ne will reside in the substitutional positions regardless of their initial trapping sites.

Exposing solidified rare gases to an electron beam results in large yields of secondary electrons, as well as atomic and molecular excitons [10]. This is in stark difference to molecular solids, such as H₂ and D₂, where primary electrons can lose their energy by exciting rotational and vibrational transitions or by dissociating molecules [17]. The large quantity of secondary electrons is very effective for increasing the dissociation efficiency of H₂ molecules embedded in rare-gas matrices.

Stabilization of hydrogen atoms in solid neon has a long and controversial history. The first attempts to stabilize H atoms by co-deposition of the rf discharge products onto a cold substrate appeared to be unsuccessful, where only a single ESR line doublet was observed after in situ photolysis of HI [18]. This ESR line doublet was characterized by a positive hyperfine constant change, ΔA/H = 0.43%, and was attributed to the H atoms in the somewhat distorted substitutional positions of the Ne matrix. Later Zhitnikov and Dmitriev used a co-deposition technique and reported the observation of an extremely narrow, ~80 mG wide, ESR line doublet with a negative hyperfine constant change ΔA/H = −0.1% [2] which they attributed to H atoms in substitutional sites of an unperturbed solid Ne lattice. In a following work [19], Dmitriev et al. reported on the observation of two positions for H atoms in solid Ne characterized by both positive and negative hyperfine constant changes, respectively. Along with a single positively shifted ESR line doublet of isolated atoms in solid Ne, Knight et al. and Correnti et al. observed the ESR spectra of H-H and H-D radical pairs [20] and also H⁺ ions [21] unstable in a hydrogen environment, respectively, using the same co-deposition technique.

In this work, we report on the first ESR study of atomic hydrogen trapped in solid Ne carried out in a high magnetic field (4.6 T) and at temperatures below 1 K. We found that the as-deposited Ne samples are highly disordered and porous, although the porosity can be significantly reduced by annealing the films at 7-10 K. The H₂ molecules in solid Ne were dissociated in situ by electrons released during the β-decay of tritium trapped in the metal walls of our sample cell. The accumulation rate of H atoms from dissociation of H₂ molecules in solid neon turned out to be enhanced by two orders of magnitude as compared with that in pure H₂. We attribute this to dissociation of H₂ molecules by secondary electrons released from neon atoms during the course of their bombardment by primary electrons generated in the β-decay of tritium.

The ESR lines of H atoms in the as-deposited solid neon films had a complex shape which can be fitted by a sum of three peaks. These components were assigned to H atoms in different positions in the matrix, two of which correspond to the substitutional positions in the Ne lattice, while the third originates from the H atoms trapped in the regions of pure H₂. We found that raising the sample cell temperature from 0.1 K to 0.3-0.6 K leads to an abrupt recombination of the atoms inside regions of pure H₂. Such rapid recombination cannot occur at 0.6 K inside a solid. We will consider several possibilities for the explanation of this effect.

II. EXPERIMENTAL DETAILS

The experiments were carried out in the sample cell (SC) shown in Fig. 1 [22]. The cell is attached to the mixing chamber of an Oxford 2000 dilution refrigerator to provide cooling. The minimum temperature attained in this set of experiments was ≃90 mK. The solid neon samples were deposited directly from a room temperature gas handling system at a deposition rate of 1-2 monolayers/s. We used a 99.99% pure neon gas and did not add H₂ intentionally while we prepared so-called “pure” Ne samples. The mass-spectrometry analysis of the neon gas we used showed a H₂ content ≃100 ppm. The samples were deposited onto the top electrode of a quartz-crystal microbalance (QM) which has a mass resolution of about 0.02 Ne monolayer. The sample cell temperature during the film deposition was stabilized at 0.8-1.3 K. Prior to deposition, a small (∼mmol) amount of helium was condensed into a volume under the QM (see Fig. 1) for removing heat released during the film growth. The top electrode of the quartz microbalance is electrically insulated from the sample cell body which made it possible to apply electric potentials to the film substrate.

The QM top electrode also serves as a flat mirror of the ESR Fabry-Perot resonator. This allows a simultaneous measurement of the film thickness and ESR detection of the species in the film which possess unpaired electron spins. The main investigation tool in our work is a 128 GHz super-heterodyne ESR spectrometer which enables a simultaneous measurement of the real and imaginary components of rf magnetic susceptibility [23]. We will present only the ESR absorption spectra throughout the article. The spectrometer has a sensitivity of about 10¹¹ spins at the excitation power of the order of 1 µW, while the maximum ESR excitation power available is of the order of 1 µW. The measurement of the H atom hyperfine constants was carried out by the method of electron-nuclear double resonance (ENDOR) which allows determination of the NMR transition frequency indirectly, by its influence on the ESR signal amplitude [24]. An auxiliary rf resonator (H NMR coil in Fig. 1) for performing ENDOR was arranged close to the top electrode of the quartz microbalance. The resonator was used to excite the a−b NMR transition of hydrogen atoms...
Ne, H from 300K

Figure 1. Sample cell schematic. The auxiliary rf resonator used for ENDOR is labeled as H NMR coil.

substantial numbers of tritium atoms and molecules became trapped in the ESR resonator mirrors and possibly in the copper walls of the sample cell. We found that even warming the sample cell to room temperature and pumping it to high vacuum for several days does not completely remove tritium from the walls of the chamber. From the efficiency of production of stabilized H atoms we estimate that \( \sim 10^{15} \) tritium atoms still remained trapped in the walls of the sample cell after cooling the sample cell to low temperatures.

Our original idea for studying neon was to cover the flat mirror of the ESR resonator by an inert absorptive layer which would capture electrons resulting from the decay of trapped tritium. Already in the first experiment with so-called “pure” (99.99%) solid neon films, we noticed an unexpectedly high accumulation rate of H atoms, \( d[H]/dt \), resulting from dissociation of trace amounts of \( H_2 \) molecules condensed with the neon gas. The ESR signal from H atoms in this neon film was only 20 times smaller than for H atoms trapped in a pure \( H_2 \) film of the same thickness. Followed by that, we carried out a series of experiments with solid neon-hydrogen samples with different admixtures of \( H_2 \), both as-deposited and annealed. We studied the following samples: a “pure” Ne film (Sample 1), Ne:0.2% \( H_2 \) (Sample 2), Ne:1% \( H_2 \) (Sample 3), Ne:3% \( H_2 \) (Sample 4), Ne:6% \( H_2 \) (Sample 5). Sample 6 was a “pure” Ne film, first studied as-deposited and then annealed and later a 160 nm pure \( H_2 \) film was deposited on top of it. All neon films had a thickness of 2.5 \( \mu m \). We also studied a pure normal \( H_2 \) sample of the same thickness for the sake of comparison (Sample 7).

A typical experimental cycle included the following stages: deposition of the sample at the sample cell temperature 0.7-1.3 K, cooling down to the lowest temperature \( \approx 0.1 \) K, waiting for 1-3 days for accumulation of the atoms in the deposited film. After that we usually condensed a small amount of \( ^4\)He into the sample cell in order to accumulate atoms in the gas phase and make accurate measurement of the spectroscopic parameters of \( H \) atoms in the matrix with respect to that of the free atoms. It turned out that admission of helium influenced properties of the samples substantially, which could be related to the overheating of the sample cell to 0.6 K during condensation. Therefore, for some samples prior to the film condensing, we performed a brief test of the sample reaction during the increase of temperature to 0.6 K.

It turned out that all as-deposited samples absorbed a substantial amount of helium, which indicated the high porosity of the films. In order to eliminate this, we performed annealing of the films by heating them to the temperatures of 7-9 K for 1-2 hours. This procedure was performed close to the end of the experimental cycle before destroying the sample.

ESR spectra of all visible components within \( \pm 500 \) G from the H doublet center were periodically recorded at all stages of the experimental cycle. ENDOR studies were usually performed after accumulation of the H atoms to
Figure 2. Energy level diagram of H atom in magnetic field. Solid arrows mark the allowed ESR transitions, dotted arrows - the forbidden transitions corresponding to a simultaneous spin flip of electron (S) and proton (I). The spin states are labeled as $|m_S, m_I\rangle$.

strong enough ESR signal strength.

A. ESR spectra

The high-field $H_{bc}$ ESR lines of the H doublet in all as-deposited samples had a complex shape and could be fitted by 3 Lorentzian lines shifted from each other. In contrast, the $H_{ad}$ lines had a much more regular, nearly Lorentzian shape (Figs. 3 and 4). Usually it took about 2 days to accumulate sufficiently strong ESR lines in “pure” neon samples, while the H atom ESR lines in Samples with 1% and higher H$_2$ admixture appeared within a few hours.

In addition to the lines of H atoms, we also observed two singlet lines close to the center of the ESR spectrum with $g=2.00208$ and $g=2.00234$ which we attributed to electrons trapped in solid neon and hydrogen rich regions (Fig. 5). Similar lines with $g$-factors nearly equal to that of free electrons were observed previously in different matrices of hydrogen isotopes [28, 29].

The shape of all ESR lines of H atoms in the different Ne:H$_2$ films we studied had a somewhat similar structure as shown in Fig. 4. The spectra were measured after 1.5-2 days of sample storage at $T=90$ mK. Fitting of the ESR lines of atomic hydrogen in neon for Sample 3 (Ne:1% H$_2$) by three Lorentzian lines is presented in Fig. 3. In order to make the fitting, we carefully measured the electronic $g$-factors of the $H_{bc}$ line components using the reference line of free hydrogen atoms in the gas phase. The values of the hyperfine constants, $A$, for H atom doublets were measured using the ENDOR technique as described further. The positions of all three components of the $H_{ad}$ line as shown in Fig. 3 were calculated based on the $g$-factors extracted for the $H_{bc}$ line as well as measurement of the hyperfine constant by ENDOR, and the fitting was carried out having the component amplitudes as the only adjustable parameters. The values of $A$ measured by ENDOR for different samples were nearly similar within the uncertainty (a few hundreds kHz), associated with the width of the observed ENDOR transitions. Therefore, we only present the spectroscopic parameters for H atom ESR line components for intermediate Sample 3 (Table I). The $H_{bc}$ line amplitude is multiplied by a factor of 3.

Figure 3. ESR spectra of atomic hydrogen in Sample 3 (Ne:1%H$_2$) after 2 days of storage. The $H_{bc}$ and $H_{ad}$ lines are fitted by three Lorentzian curves with parameters shown in Table I. The $H_{bc}$ line amplitude is multiplied by a factor of 3.

Figure 4. The $H_{ad}$ and $H_{bc}$ ESR lines measured in neon samples with different admixtures of H$_2$ studied in this work. Note that the $H_{bc}$ line amplitudes are multiplied by a factor specified for each plot. The distance between the lines is ≃507 G.
Table I. The main spectroscopic parameters measured for H atoms and electrons in Sample 3 (Ne:1% H₂) and Sample 7 (pure H₂) of the present work and those for H atoms in solid neon observed in previous studies [2, 18, 19].

|                  | C1          | C2          | C3          | H in H₂       | e⁻ in Ne      | e⁻ in H₂ clusters |
|------------------|-------------|-------------|-------------|---------------|---------------|------------------|
| $g_e$ (MHz)      | 2.00229(2)  | 2.00223(2)  | 2.00222(2)  | 2.00229(1)    | 2.00208       | 2.00234          |
| $A$ (MHz)        | 1417.7(4)   | 1419.0(3)   | 1426.2(5)   | 1417.40(2)    |               |                  |
| $\Delta A$ (MHz)| -2.7(4)     | -1.4(3)     | 5.8(5)      | -3.0(2)       |               |                  |
| $\Delta A/A$ (%) | -0.19(3)    | -0.10(2)    | +0.40(3)    | -0.21(1)      |               |                  |
| Width (G)        | 0.8         | 1.3         | 1.8         | 1.0           | 2.1           | 0.6              |

Previous studies

|                  | C1          | C2          | C3          | C1          | C2          | C3          |
|------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| $g_e$ (MHz)      | 2.00213(8)  | 2.00211(8)  | 2.00207(8)  |             |             |             |
| $A$ (MHz)        | 1417.4(2)   | 1418.99(15) | 1426.11(15) | 1417.4(2)   | 1418.5(3)   | 1426.56(20) |
| $\Delta A$ (MHz)| -3.0(2)     | -1.42(15)   | 5.70(15)    | -3.0(2)     | -1.9(3)     | 6.15(20)    |
| $\Delta A/A$ (%) | -0.21(1)    | -0.10(1)    | 0.40(1)     | -0.21(1)    | -0.13(2)    | 0.43(1)     |
| Width (G)        | 0.09        | 0.15-0.30   | 0.5         | 0.09        |             |             |

Ref. [19] [2] [18]

Figure 5. Magnified center of the ESR spectrum measured in Sample 1 (a “pure” Ne film) after condensing helium film into the sample cell and accumulating signal of deuterium atoms in the gas phase. The $D_{bc}$ line of free D atoms in the gas phase ($g = 2.002284$) was used as a magnetic field reference for determining the $g$-factors of other ESR lines in the figure (Table I). See Page 8 for a detailed discussion.

### B. ENDOR

The interaction of the guest H atoms with the host particles is expected to slightly change both their electronic $g$-factors and the hyperfine constants $A$ compared to those of free atoms in the gas phase. The sign of a hyperfine constant change characterizes the lattice sites the H atoms occupy. It is negative for spacious substitutional positions and positive for more cramped interstitial sites [12]. We associate the difference in shapes of the high- and low-field hydrogen lines with the presence of three different positions of H atoms in the matrix with different hyperfine constants and electronic $g$-factors. Atoms in each position produce components in the ESR spectrum with different separations between the lines of the H doublet defined by the value of $A$, and different positions of the doublet center defined by the corresponding $g$-factors. It turns out that the components with larger $A$ (Component 3 in Fig. 3) have a smaller $g$-factor and the center of the doublet is shifted to the right, towards a higher sweep field. Therefore, these contributions nearly compensate each other for the $H_{ad}$ line and the different components appear almost merged, while they diverge for the $H_{bc}$ line, where both the hyperfine constant and $g$-factor change increase the line shifts.

We performed accurate measurements of the hyperfine constant change for all three components of the H ESR lines using the ENDOR technique. The method is based on determination of the NMR transition frequency indirectly by its influence on the ESR line amplitude when the rf excitation frequency exactly matches the $a-b$ transition frequency (see Fig. 2). Prior to measuring ENDOR transitions, we created a Dynamic Nuclear Polarization (DNP) using the Overhauser effect [31] in order to decrease the $H_b$ level population and enhance the ENDOR signal. The procedure is based on saturation of the allowed ESR, $b-c$, transition with a subsequent cross-relaxation via the forbidden $c-a$ transition (Fig. 2). Using this DNP method we were able to transfer all three components of the $H_{bc}$ line to the $H_{ad}$ line separately or transfer the whole line using 15 MHz FM modulation of the ESR spectrometer frequency. Then, stopping the magnetic field sweep at the position of one of the components (C1, C2, or C3) of the $H_{bc}$ ESR line, we performed slow scans of the rf frequency near the resonance value for the NMR $a-b$ transition (close to $f_{ab} \approx 910$ MHz for free atoms). By recording the ESR signal amplitudes as a function of the applied RF frequency we retrieved the ENDOR spectra for each component of the $H_{bc}$ line. The ENDOR spectra are presented in Figs. 6 and 7.
a slow enough sweep rate, the $a - b$ transition was saturated during the rf sweep and the populations of the $H_b$ and $H_c$ levels were equalized. As a result, the corresponding component re-appeared in the ESR $H_{bc}$ line spectrum since the $H_b$ level now became well populated (see Figs 6 and 7a).

Pumping the $H_{bc}$ line without modulation burned a 0.1 G wide hole in the $H_{bc}$ line which was reproducible for all three components. The hole formation corresponds to saturation of an individual group of spins and its width provides a contribution from homogeneous broadening which is determined by the dipolar interaction between the electron spins of atoms.

We observed three different ENDOR transitions which recovered all three components of the $H_{bc}$ line. The hyperfine constant can be determined from the measured transition frequency according to the formula

$$A \simeq 2f_{NMR} - \frac{\gamma_H B}{\pi}$$

where $\gamma_H$ is the proton gyromagnetic ratio and $B$ is the static magnetic field. We found that the ESR lines were easily saturated which made the registration of ENDOR spectra rather difficult. We present the ENDOR spectra measured for Sample 6 ($Ne/H_2$) where they appeared to be unambiguous and clear. The ENDOR transition widths are solely defined by the spread of hyperfine constants $A$ for each component. Therefore, we constrain the uncertainty of determining $A$ for each component by the width of a corresponding ENDOR transition. The spectroscopic parameters for Samples 1-6 coincided within the experimental uncertainty. Therefore, we present in Table I only the values of $A$ and $g$ for an intermediate Sample 3, $Ne:1\%H_2$.

The first two ENDOR transitions are shown in Fig. 6. Transitions 1 and 2 recovered the left (C1) and the central components (C2) of the $H_{bc}$ line, respectively. The first transition corresponds to a hyperfine constant change of $-2.6(4)$ MHz. The second transition corresponds to a smaller hyperfine constant shift, $\Delta A = -1.4(3)$ MHz. Both transitions, 1 and 2, are characterized by negative hyperfine constant changes and can be attributed to the substitutional positions in the matrix [12]. The second transition appeared only in Ne:H$_2$ mixtures (Samples 1-6), while in pure H$_2$ (Sample 7) only a transition similar to transition 1 was observed.

The third ENDOR transition shown in Fig. 7 recovered the right $H_{bc}$ line component (C3) and corresponded to a hyperfine constant change of $+5.8(5)$ MHz. This line was observed previously [18, 20] and was associated with H atoms in somewhat cramped substitutional sites of solid Ne. The spectroscopic parameters for pure H$_2$ (Sample 7) are presented in Table I for comparison.
Figure 8. Effect of step-wise raising temperature in the range from 0.1 to 0.6 K on ESR lines of H atoms in Sample 3 (Ne:1%H$_2$). Note that only the left peak corresponding to Component 1 in both lines changes. Note that the $H_{bc}$ line amplitude is multiplied by a factor of 3.

C. Effect of temperature and helium film on ESR spectra

After storing the samples for 1-3 days to accumulate H atoms produced by tritium decay, we condensed small amounts of helium into the sample cell sufficient to form a superfluid film covering the sample cell walls. The film is required for accumulation and storage of the H and D atoms in the gas phase to be used as the magnetic field markers. We found that the admission of helium had an immediate and remarkable influence on the ESR spectra of all as-deposited samples as described below. Condensing the He film into the sample cell was naturally accompanied by a rise of temperature from 0.1 to 0.6-0.7 K, resulted from the refluxing helium vapor. In order to separate out the effect of sample heating, prior to condensing He, we performed a separate study of the effect of temperature on the properties of the samples in the temperature range from 0.1 K to 0.6 K.

We found that raising the temperature leads to an abrupt decrease of the component C1 of the H ESR spectrum. This effect was somewhat different for the samples with different concentrations of H$_2$. The strongest drop of the signal (by $\sim$ 70%) was observed for Sample 3 with 1% of H$_2$ concentration. The effect was very weak for the “pure” neon Sample 1, whereas $\sim$25% of atoms disappeared in Samples 2 (Ne:0.2% H$_2$), 4 (Ne:3% H$_2$) and 5 (Ne:6% H$_2$).

To get further insight into this phenomenon, we studied the behavior of the C1 intensity in response to a series of step-like increases of temperature by 100-200 mK. The temperature was raised and stabilized with a characteristic time of $\approx$ 30 sec. ESR spectra were recorded with the same time interval. After each step we observed a drop of the C1 intensity which was detected even for the first recorded ESR spectrum, as shown in Fig. 8. The ESR line intensity did not change further until the next step. The total decrease of the C1 intensity after heating to 0.6 K was $\approx$ 70%. In order to better resolve the dynamics of this effect we applied a heat pulse to the sample cell while standing at the C1 peak maximum and measuring the C1 component amplitude as a function of time after the pulse. We adjusted the energy of the pulse to heat the cell from 0.1 to 0.6 K within several seconds. The evolution of the C1 amplitude after the heat pulse is presented in Fig. 9. The characteristic decay time extracted from such a measurement is $\approx$10 s. In fact, this decay time is an upper limit estimate of the actual decrease time, since the thermal response time of the sample cell to the heating pulse is of about the same order.

One can see in Fig. 8 that the heating steps did not influence the other components of the H ESR spectrum. We measured the eventual recovery of Component 1 in Sample 3 after destruction by heating to 0.6 K and found that it recovered with the same speed as for its growth before destruction. This leads us to the conclusion that the observed rapid decay is not related to spin-relaxation effects, but is caused by the recombination of atoms.

It should be emphasized that the temperatures 0.3-0.6 K are extremely low, and in our previous work, we were only able to detect a tiny decrease of the ESR signal due to recombination of H atoms in H$_2$ films on the time scale of several days [32]. Recombination of H atoms on the time scale of seconds provides evidence of an extremely high recombination rate. For the estimate of the rate constant we need to know the local density of the H atoms in the nanocluster of H$_2$. 

Figure 9. Time evolution of the C1 amplitude in Sample 3 (Ne:1%H$_2$) after an instantaneous rise of temperature from 0.1 to 0.6 K.
Here the main uncertainty comes from the unknown volume of these clusters and distribution of atoms in them. Therefore, the most reasonable estimate of the density can be done from the homogeneous contribution to the C1 line width caused by the dipole-dipole interactions between atoms, which is proportional to the H density $\Delta H_{\text{hom}}(G) \approx 0.85 \cdot 10^{-19} n \, \text{cm}^{-3}$ [32]. This broadening was measured by burning a hole in the ESR line, which resulted in the hole width of $\approx 0.1$ G. Since there can be other mechanisms of the inhomogeneous broadening this provides an upper limit estimate of the H density $n \leq 1.3 \cdot 10^{18} \, \text{cm}^{-3}$. Then, assuming the second order recombination process $dn/dt = -2k_r n^2$ and using an upper limit estimate for the half-decay time $\tau \leq 10$ s, we obtain a lower limit estimate for the recombination rate constant $k_r \geq 5 \cdot 10^{-20} \, \text{cm}^3\text{s}^{-1}$. This has to be compared with the previously measured recombination rate constant of H atoms in the solid H$_2$ at the same temperature $k_r \sim (2 - 10) \cdot 10^{-25} \, \text{cm}^3\text{s}^{-1}$ [32, 33].

In order to study the influence of helium on the sample properties, we stabilized the cell temperature at 0.6 K and He gas was slowly condensed in 2-µmole portions. Condensing helium led to a nearly complete sudden recombination of H atoms corresponding to Component 1 in Samples 1-3 with low concentration of hydrogen. The decrease of the C1 intensity was also observed for Samples 4-5, but the line did not completely disappear in this case. This change of the C1 intensity was irreversible in the sense that no further growth was observed even after pumping out helium from the sample cell and cooling it to 0.1 K.

For Samples 1-3 in addition to the decrease of C1 in the H spectrum we found that a new ESR line ($g=2.00234$, see Fig.1) started growing in the spectrum center immediately after admission of helium. This line growth changed to a decrease after pumping out helium from the sample cell, and eventually it vanished in the noise. We conclude that for the low concentration samples 1-3, the presence of helium is necessary to observe the narrow electron line. The situation was different for the samples with a 3% and higher H$_2$ admixtures, the same electron line ($g=2.00234$) appeared immediately after deposition of the samples, and condensing He did not affect its width or amplitude.

Condensing helium into the sample cell with neon films resulted in a significant shift of the quartz microbalance frequency, $\sim 1500$ Hz, which was reproducible for all as-deposited samples. It should be emphasized that only non-superfluid He layers deposited on the quartz microbalance can be detected while the superfluid fraction decouples from the QM oscillations and does not contribute to the frequency shift. Thus the saturated superfluid film condensed into the empty cell leads to the QM shift of several Hz corresponding to several normal layers of helium. The QM frequency shift upon condensing He into the cell for “pure” Ne as-deposited Sample 6 (Fig.10) is the largest for the first 2-µmole He portion ($\sim 450$ Hz) and it gradually decreases for the following ones. Condensing the last 2-µmole He portions results only in a minor frequency shift ($<1$ Hz) which allows us to conclude that the process is saturated and all pores are filled by helium. The observed QM frequency shift of 1500 Hz is equivalent to adsorption of $\sim 1100$ non-superfluid He monolayers on the Ne film with a thickness of 11000 monolayers.

A large shift of the quartz-microbalance oscillation frequency after condensing helium allows us to suggest a large porosity of the as-deposited neon films. In order to eliminate this and make crystals more regular we performed an annealing procedure. The cell temperature was increased to $T=7-10$ K for 1.5 hours. The annealing temperatures were chosen to be higher than 1/4 of the Ne melting temperature [34]. This was sufficient for a partial sublimation of the neon film $\sim 10 - 15\%$ to occur. After annealing, the sample cell was cooled to 0.6 K and the experimental procedure of condensing helium was carried out again. We found that the annealing procedure worked well for samples with the smallest concentration of H$_2$. The QM frequency shift due to admission of He for the annealed (“pure” neon) Sample 6 was only $\simeq 5$ Hz.
served in the gas-phase [35]. Although the matrix may be an order of magnitude smaller as compared to that observed for pure H atoms in a solid H\textsubscript{2} admixture, it might lead to decreasing of their yield. Previous mixtures is much larger in comparison to that for pure H\textsubscript{2} admixture in solid Ne and 160 nm H\textsubscript{2} molecules in each sample.

The influence of annealing on the ESR spectrum was different for samples with different concentrations. For the “pure” Ne Sample 6 (Fig. 11) no helium was added, and the ESR spectrum contained components 1-3 before annealing. The H ESR lines became narrower after annealing and contained only Component 3. Annealing samples with higher concentrations led to further decrease of the C1 component. We recall that part of it disappeared in recombination after heating and helium admission. All components remained in the spectrum and became more narrow and better resolved.

D. Efficiency of H atom accumulation in solid Ne samples

All as-prepared samples were stored for several days in order to estimate the accumulation rates of H atoms. The flux of electrons resulting from decay of tritium in the sample cell walls was essentially the same for all samples, and the growth rate of the signals represent the efficiency of the dissociation process. We found that the growth rate of the H atom signal in “pure” neon films containing 100 ppm H\textsubscript{2} was only 20 times smaller than that in pure H\textsubscript{2} of the same thickness. Even more striking was the enhancement of the accumulation rate, \(d[H]/dt\), which was observed in Samples 3 and 4 where it matched that in pure hydrogen. In order to compare the efficiency of dissociation we scaled the growth of H atom ESR signals to an estimated number of H\textsubscript{2} molecules in each sample. The ratio of H atom ESR line integrals to H\textsubscript{2} content in the neon-hydrogen film is displayed in Fig. 12. We found that the H atom accumulation efficiency in Ne:H\textsubscript{2} solid mixtures is much larger in comparison to that for pure H\textsubscript{2} samples and it has a tendency to increase when the H\textsubscript{2} admixture in solid Ne decreases.

We considered two possible explanations for a smaller efficiency of H atom accumulation in solid hydrogen compared to that in solid neon-hydrogen mixtures. The H atoms generated by \(\beta\)-particles in solid H\textsubscript{2} may recombine during thermalization, and the resulting fast recombination might lead to decreasing of their yield. Previously we found out that every \(\beta\)-particle generates about 50 H atoms in a solid H\textsubscript{2} film [27] which is more than an order of magnitude smaller as compared to that observed in the gas-phase [33]. Although the matrix may provide pathways for an excited molecule to relax back to the ground state without being dissociated, it might be considered that a significant number of H atoms in pure H\textsubscript{2} instantaneously recombine back, thus reducing the H atom yield. The second possibility we considered is an enhancement of the accumulation rate in the neon samples due to the action of secondary electrons which significantly amplify production of H atoms. To prove the second mechanism we performed an experiment in which we created a layered Ne/H\textsubscript{2} sample where a 160 nm H\textsubscript{2} layer was deposited on top of the annealed neon film (Sample 6). The H\textsubscript{2} admixture in a “pure” neon sample was considered as \(10^{-4}\) (100ppm).

IV. DISCUSSION

In this work we report observations and measurements of the main spectroscopic parameters of three doublets of H atoms in the ESR spectra. The values of these parameters are in good agreement with previous studies [2, 15, 19] (see Table 1). Dmitriev et al. [19] observed the H atom ESR doublets characterized by both positive and
negative hyperfine constant shifts in their Ne:H$_2$ samples created by co-deposition of the rf-discharge products at small H$_2$ concentrations (10-100 ppm) at $T=4.2$ K. The spectroscopic parameters obtained in their work appeared to be similar to Components 3 and 2, respectively, in our experiments. The spectroscopic parameters of H atoms in solid Ne described in refs. [2,18] are presented in Table I. They are nearly same as reported here.

The ENDOR transitions provide information on the change of the hyperfine constant which is most sensitive to the environment of impurity atoms and allows characterization of their position in the solid neon-hydrogen matrix. The characterizations which we consider below are in good agreement with conclusions made in the previous studies [2,18,19].

Component 1 has a negative hyperfine constant change, $\Delta A = -2.6(4)$ MHz, $A=1417.8(4)$ MHz. This is somewhat smaller than the hyperfine constant change for H atoms in a pure H$_2$ environment $\Delta A = -3.0(2)$ MHz. We suggest that the small reduction of $\Delta A$ may be caused by a presence of both H$_2$ molecules and Ne atoms in the closest neighborhood of H atoms. We assign the C1 component to the hydrogen atoms trapped in pure H$_2$ regions, clusters or micro-crystals embedded in the neon matrix.

The polarizability of Ne atoms is even smaller than that of H$_2$ molecules which should result in a smaller hyperfine constant change. Therefore, we suggest that Component 2, characterized by $\Delta A=-1.4(3)$ MHz, $A=1419.0(3)$ MHz, is related to H atoms in the substitutional sites of the Ne lattice.

The third component C3 is characterized by a clearly positive hyperfine constant change, $\Delta A=5.8(5)$ MHz, $A=1426.2(5)$ MHz. Even though the shift is positive, its absolute value is too small for the pure interstitial position. It might be expected that the extremely small polarizability of Ne atoms will lead to a dominance of the Pauli repulsion even at long distances. Therefore, we attribute the C3 component to H atoms which were initially stabilized in octahedral interstitial voids of the Ne lattice but then relaxed to a position which is somewhat intermediate between a substitutional and a more cramped octahedral interstitial one, as was suggested theoretically by Kiljunen et al. [19].

From the previous studies it is known that H atoms can occupy different lattice sites depending on the substrate temperature and deposition rate. Vaskonen et al. [36] observed two ESR line doublets of H atoms in solid Ar and Kr and associated them with H atoms in substitutional and octahedral interstitial sites, respectively. The doublet assigned to the substitutional sites of H atoms in solid Ar and Kr appeared stronger for colder substrates and higher deposition rates, conditions which favor formation of vacancies. Annealing the sample decreases the number of vacancies and more atoms become trapped in the octahedral interstitial sites. A similar result was observed in our work where only Component 3 remained after annealing a “pure” Ne sample.

The new and unexpected observation is the strong influence of temperature and the superfluid helium film on the properties of atoms trapped in clusters of pure H$_2$ (C1 component), which we first summarize and then try to explain below.

Raising the temperature in the range 0.1-0.6 K leads to a rapid recombination of a fraction of H atoms corresponding to the C1 component. The rest of these atoms remain stable until a further temperature increase is performed. The effect is strongest for the 1% concentration, where 2/3 of the C1 component is destroyed by raising the temperature from 0.1 to 0.6 K. The recombination is very fast and occurs on the time scale comparable with the thermal response of the sample cell to the heating pulse. We evaluated the lower limit for the recombination rate constant $k_r \geq 5 \cdot 10^{-20}$ cm$^3$ s$^{-1}$, to be nearly five orders of magnitude larger than that measured previously in pure H$_2$ films [32]. Lowering the temperature back to 0.1 K leads to a recovery of the C1 component with the same accumulation rate observed during initial H atom accumulation in this sample. Admission of helium film completely destroys the C1 component in the samples with small concentrations of hydrogen ($\leq 1$%). The destruction is irreversible: pumping out helium and cooling back to 0.1 K does not lead to the growth of the C1 component. For higher concentrations of H$_2$ in Ne the destruction by admission of helium is only partial, with most of the C1 atoms surviving. Annealing of the samples leads to the complete disappearance of the C1 component at small concentrations ($\leq 1\%$ samples 1-3), while for larger concentration (samples 4,5) part of the C1 line survives the annealing procedure.

The very fast changes which occur with the hydrogen atoms trapped in the pure H$_2$ regions upon heating, motivates us to consider a possible phase transition as the main effect behind the observed behavior.

First we consider possible phases of hydrogen in neon. Gal’tsov et al. [1] showed that solid Ne:H$_2$ mixtures with 2-12% H$_2$ admixtures are characterized by a co-existence of the fcc and hcp phases of solid neon with nearly identical lattice parameters. The latter phase is rich in hydrogen corresponding to a highly unstable fcc lattice. This phase might be stabilized by defects whereas raising the temperature or condensing helium might trigger the phase transition. One might expect that the possible transition of the unstable hydrogen-rich fcc neon lattice to the more stable hcp phase should be irreversible and appear only once. However, the C1 component recovered on a time scale of hours if the cell temperature was returned to 0.1 K and atomic recombination could be triggered again by raising the temperature to 0.3-0.6 K. Such fast recombination which we observed cannot appear in
any solid matrix, irrespective of its type. On this basis we concluded that the above described behavior is unlikely to be related to the fcc - hcp phase transition in Ne:H$_2$ solid mixtures.

The other possibility for this phase transition in hydrogen is the solid-to-liquid transition in H$_2$ clusters. Clearly, if the H atoms were in the liquid, they would have a very high mobility, which could explain the fast recombination of C1 component. It is known that for molecular hydrogen in a restricted geometry, the solidification temperature may be substantially reduced. This is confirmed in experiments in porous media [37, 38]. The liquid behavior of small hydrogen clusters ($\sim 10^4$ molecules) in helium nanodroplets has been observed in the experiments of Kuyanov-Prozument and Vilesov [39] at temperatures $\sim 2$ K. Theoretical calculations predict liquid and even superfluid behavior for small ($\leq 30$ molecules) clusters of H$_2$ at temperatures below 1 K [38, 40], while for large size of clusters no such prediction exists. The superfluid behavior had a possible experimental confirmation in the experiments of Grebenev et. al. [9], but has been under discussion by other authors [10, 11].

In our samples the phases of pure H$_2$ are definitely formed, and are associated with the C1 component of the H atom ESR line. We may assume that these phases form clusters of H$_2$ molecules of different sizes with a distribution around the mean value. The average size should depend on the concentration of hydrogen in the condensed neon-hydrogen mixture. Once we observe strong porosity of as-deposited films, it is natural to suggest that all H$_2$ clusters or at least part of them are located in the pores of the Ne matrix. With these assumptions we arrive at a system with small hydrogen clusters in a confined geometry where a solid-to-liquid transition may occur at very low temperatures. The H$_2$ clusters accumulate atomic hydrogen after dissociation enhanced by secondary electrons. We note that the estimated concentration of atoms $n \leq 10^{18}$ cm$^{-3}$ corresponds to one atom per $10^4$ molecules or less, and therefore the size of the clusters accommodating several H atoms should be substantially larger than that. The solid-liquid transition temperature should depend on the size of the cluster. Therefore, by raising the sample temperature, we trigger the solid-liquid transition in a fraction of them having the proper size. The atoms inside these clusters acquire a high mobility inside the liquid and rapidly recombine, while the others, remaining solid, keep their atoms stabilized in the H$_2$ matrix. A subsequent heating step involves another fraction of the clusters, and so on. Cooling back to 0.1 K transfers them back to the solid state, and accumulation of atoms starts with the same rate. For high concentrations of hydrogen the average size is shifted towards very large clusters, which remain solid in the whole temperature range of experiment. That is why for the samples 4-5 the fraction of recombined atoms upon heating is smaller. It seems that the sample with 1% concentration of H$_2$ has the average size of clusters which best matches the solid-to-liquid transition in the studied temperature range 0.1-0.6 K, which explains why the effect is strongest for this sample.

When we condense helium, it diffuses into the pores and voids of the sample, and is collected at the boundary between the H$_2$ clusters and the neon crystal. This changes the boundary conditions, and should obviously change the solid-to-liquid transition temperature. It may trigger this transition for a fraction of the clusters without any extra heating. It is also known that pumping out helium will never remove it all from the system. One or two monolayers will remain adsorbed on the surface, and the first one may be even in the solid state. Therefore, once condensed, helium makes a permanent change of the state for part of the clusters. For small concentrations of H$_2$ the average cluster size is such that most of them remain liquid below 1 K and no hydrogen atoms may be accumulated in them. Another feature of helium which may play important role at the boundary of the clusters is that it effectively slows down electrons [40, 41], which may enhance their trapping inside the clusters. This is indeed observed in our experiments by the growth of the narrow component of the singlet line associated with electrons trapped inside H$_2$. For larger H$_2$-Ne concentrations we get a larger fraction of very large clusters which always remain solid and contain H atoms with the C1 component. Annealing seems to reduce the number of C1 atoms in the large clusters because of recombination, but probably does not influence the state of the large clusters. Helium atoms may still reside at the boundaries between the clusters and the neon lattice, which have fairly large areas for large H$_2$ concentrations. This explains why relatively large amounts of helium may be still absorbed by the Samples 3-4 even after annealing.

Another new observation is the enhancement of the accumulation rate of H atoms in neon samples which appeared to be nearly two orders of magnitude larger compared to that in pure H$_2$ films of the same thickness. The accumulation rate enhancement was also observed for H atoms in a H$_2$ layer deposited on top of the annealed Ne film. We suggest that this is related to secondary electrons generated in solid Ne by $\beta$-particles released in the tritium decay. This agrees qualitatively with the yield of secondary electrons in solid neon exposed to up to 3 keV primary electrons, $\approx 70$, reported by Bozhko et al. [12]. The accumulation efficiency in dilute Ne:H$_2$ mixtures decreased at higher H$_2$ concentrations which might be related to a higher recombination rate of H atoms in large clusters of pure H$_2$. Similar behavior was observed for photolysis of HBr in solid Ar, where the HBr dissociation efficiency estimated from the atomic hydrogen yield increased from 18% for a 1:500 matrix to 100% in a 1:8000 matrix [13].

V. CONCLUSIONS

We have reported on the ESR study of H atoms stabilized in a solid neon matrix carried out in a high mag-
netic field of 4.6 T and at temperatures below 1 K. The H atoms were generated in situ by electrons released during decay of tritium trapped in the walls of our sample cell. The ESR lines of H atoms had a complex structure which was associated with their three different locations: two in the substitutional positions of neon and the third one in clusters of pure H_2.

It was also found that the accumulation of H atoms in Ne:H_2 solid mixtures is greatly enhanced by the secondary electrons released from neon atoms upon their bombardment by β−−particles generated in tritium decay. The accumulation efficiency is even more enhanced for samples with smaller H_2 admixtures in solid Ne where H atom recombination appears to be less efficient compared to samples with a higher H_2 abundance. This result may have important applications for creation of high densities of free radicals in solid matrices.

We observed peculiar behavior of the H atoms trapped inside pure molecular hydrogen clusters located in pores of the neon matrix. Heating in the temperature range 0.1−0.6 K triggered abrupt recombination of trapped hydrogen atoms. Such rapid recombination cannot occur in solids, where the recombination process is limited by the slow diffusion of atoms. One of the possible explanations suggests a solid-to-liquid transition for H_2 clusters of a certain sizes. This may be one more piece of evidence for the elusive liquid state of H_2 in a restricted geometry at ultra-low temperatures. A possible search for a superfluidity in these clusters could be an intriguing continuation of this research work.

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