**Stellar and planetary Cassini states**

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**ABSTRACT**

Cassini states correspond to equilibria of the spin axis of a body when its orbit is perturbed. They were initially described for satellites, but the spin axis of stars and planets undergoing strong dissipation can also evolve into some equilibria. For small satellites, the rotational angular momentum is usually much smaller than the total angular momentum, so classical methods for finding Cassini states rely on this approximation. Here we present a more general approach, which is valid for the secular quadrupolar non-restricted problem with spin. Our method is still valid when the precession rate and the mutual inclination of the orbits are not constant. Therefore, it can be used to study stars with close-in companions, or planets with heavy satellites, like the Earth-Moon system.

**Key words.** celestial mechanics – Stars: rotation – planet-star interactions – planets and satellites: general – planetary systems

1. Introduction

Following observations of the Moon, Cassini (1693) established three empirical laws on its rotational motion. The first stated that the rotation rate and the orbital mean motion are synchronous, the second that the angle between Moon’s equator and the ecliptic is constant, and the third that the Moon’s spin axis and the normals to its orbital plane and ecliptic remain coplanar. The observed physical librations are described as departures of the rotational motion from these three equilibrium laws.

Colombo (1966) has shown that the second and third laws are independent of the first one, in the sense that even if the rotation rate is not synchronous, the second and third laws can still be satisfied since they correspond to the minimum dissipation of energy for the spin axis. For a non-synchronous Moon, only the angle between its equator and the ecliptic would change. Indeed, while the first law requires an oblate spheroid to work, the second and third laws only require an oblate spheroid. Moreover, Colombo (1966) generalised his theory to any satellite or planet whose nodal line on the invariant plane shifts because of perturbations, which can have a different origin, such as the oblateness of the central body, perturbations from a third body, or both. Peale (1969) further generalised second and third laws to include the effects of an axial asymmetry and rotation rates commensurable with the orbital mean motion.

In the classical approach, the Hamiltonian of a slightly aspherical body is developed in a reference frame that precesses with the orbit. If the angular momentum and the energy are approximately conserved, the precession of the spin axis relative to the coordinate system fixed in the orbital plane is determined by the intersection of a sphere and a parabolic cylinder. The spin axis is fixed relative to the precessing orbit when the energy has an extreme value. Thus, these equilibria states for the spin axis can be the end point of dissipation, usually with a tidal origin (Ward 1975), and they received the name of Cassini states.

An important hypothesis required to apply the classical approximation is that the orbit precesses about an inertial plane with uniform angular velocity and constant inclination. For small satellites, this requirement is usually met; they keep a constant inclination either to the ecliptic (like the Moon) or to the equatorial bulge of the central planet. Two planets in the solar system are also expected to occupy Cassini states, namely Mercury (Peale 2006) and Venus (Correia & Laskar 2003). The classical hypothesis still works on these cases, because none of these planets have satellites. However, for a planet with a huge satellite (such as the Earth-Moon or the Pluto-Charon systems), the classical approximations fail for several orbital configurations (Boué & Laskar 2006). It also fails if one wants to inspect the spin of a star with high-mass close-in planetary companions.

In this paper we intend to generalise the theory of Cassini states further. For simplicity we consider the secular three-body hierarchical problem with spin, since it has been shown to be integrable ( Touma & Wisdom 1994; Boué & Laskar 2006). It thus allows us to compute the level curves of the Hamiltonian. In section 2 we revise the secular dynamics of the three-body problem and introduce a new set of variables that allows computing Cassini states straightforwardly. In section 3 we present the general conditions to obtain the Cassini states and apply it to the case of a star with two planetary companions and to the Earth-Moon system. In section 4 we derive some conclusions and explain how to extend the model to n-body systems.

2. Secular dynamics

We consider a three-body hierarchical system composed of a central pair with masses $m_0$ and $m_1$, together with an external companion with mass $m_2$ (Fig. 1). The body with mass $m_0$ is considered an oblate ellipsoid with gravity field coefficient $J_2$ and rotation rate $\omega = \omega s$, where $s$ is also the axis of maximal inertia (gyroscopic approximation) with moment $C$. The rotational angular momentum is then simply given by

$$ L = L s = C \omega s . $$

For the orbits we use Jacobi canonical coordinates, with $r_1$ the position of $m_1$ relative to $m_0$ (inner orbit), and $r_2$ the position of...
2.1. Hamiltonian

For simplicity, we restrict our analysis to hierarchical systems for which \( r_1 \ll r_2 \), where \( r_i = \| r_i \| \). Similarly, we assume that the ellipsoid mean radius is \( R \ll r_1 \). Thus, the interaction potential between the two orbits and the body oblateness can be restricted to terms in \((r_1/r_2)^2\) and \((R/r_1)^2\); that is to say, we adopt a quadrupolar approximation for the Hamiltonian (e.g., Touma & Wisdom 1994).

Since we are only concerned with the secular evolution of the spin axis, we average the Hamiltonian of the quadrupolar three-body problem over the mean anomalies of the two orbits and also over the argument of perihelion of the inner orbit. For the non-constant parts, we simply get (Goldreich 1966; Touma & Wisdom 1994; Boué & Laskar 2006)

\[
H = -\frac{\alpha_1}{2}(s \cdot k_1)^2 - \frac{\alpha_2}{2}(s \cdot k_2)^2 - \frac{\gamma}{2}(k_1 \cdot k_2)^2 ,
\]

where

\[
\alpha_i = \frac{3Gm_{m0}J_i R^2}{2a_i^3(1-e_i^2)^{3/2}}, \quad \text{and} \quad \gamma = \frac{3G\beta_1 m_2 a_i^2 (2 + 3e_i^2)}{8a_i^3(1-e_i^2)^{3/2}} .
\]

2.2. Equations of motion

In the secular conservative problem, all quantities appearing in the Hamiltonian (Eq. (3)) are constant, except for the unit vectors \( s \) and \( k_1 \), which can be related to the angular moment components (Eqs. (1), (2)). The evolution of the system can therefore be described by the evolution of the angular momentum components, which can be obtained from the Hamiltonian through Poisson brackets (e.g., Dullin 2004; Breiter et al. 2005)

\[
\frac{dL}{dt} = [L, H] = \nabla_L H \times L, \quad \frac{dG_i}{dt} = [G_i, H] = \nabla_{G_i} H \times G_i .
\]
### 2.4. New reduction

The set of variables \((x, y, z)\) allow us to find an integrable solution for the spin-orbit problem, but this solution is not straightforward (see section 3.4 in Boué & Laskar 2006). Therefore, we introduce here a new set of variables \((u, v)\) that are more intuitive and natural to the Cassini states’ problem.

#### 2.4.1. Projection on the inner orbit

We let

\[
u = \frac{y - xz}{\sqrt{1 - z^2}} = \sin \theta \cos \phi,
\]

and

\[
u = \frac{w}{\sqrt{1 - z^2}} = \sin \theta \sin \phi,
\]

where \(\phi\) is the angle measured along the inner orbit from the interception with the outer orbit to the interception with the equatorial plane (Fig. 2). Thus, when \(\phi = 0\) the unit vectors normal to these planes \((k_1, k_2)\) lie in the same plane. With this choice, \(x\) only depends on the new variables\(^2\)

\[
x = \sqrt{1 - u^2 - v^2},
\]

while \(y\) and \(z\) still depend on each other

\[
y = xz + u \sqrt{1 - z^2}.
\]

However, replacing \(y\) above in expression (14), we get

\[
(G_1 + L x)z + Lu \sqrt{1 - z^2} = (K_0 - L G_1 x) / G_2,
\]

which can be explicitly solved for \(z\) as

\[
z = (G_1 + L x)Z(x, u) - Lu \sqrt{1 - Z^2(x, u)},
\]

with

\[
Z(x, u) = \frac{K_0 - L G_1 x}{G_2 G(x, u)},
\]

\[
G(x, u) = \sqrt{(G_1 + L x)^2 + (Lu)^2}.
\]

Therefore, \(y\) and \(z\) also depend only on \((x, u)\), hence on the new variables \((u, v)\), as well as the Hamiltonian (Eq. (13))

\[
H_0 = H_0(x, u, K_0) = H_0(u, v, K_0).
\]

The corresponding equations of motion are

\[
\dot{u} = \left( \frac{a_1 x + a_2 y z}{L} - \frac{y z - x z^2}{G_2} \frac{G_2}{G_1} \frac{y}{1 - z^2} - \frac{a_2}{G_2} \frac{a_1 x}{G_1} \right) v - \frac{a_1 x}{G_2} \frac{a_1 y}{G_2} \frac{x y + z (v^2 - 1)}{\sqrt{1 - z^2}}.
\]

\[
\dot{v} = \left( \frac{y (G_1 z - L x)}{G_2} - \frac{a_2}{L} \frac{x z - x}{\sqrt{1 - z^2}} - \frac{a_1 x}{G_2} \frac{a_1 y}{G_2} \frac{x y + z (v^2 - 1)}{\sqrt{1 - z^2}} \right) u + \frac{a_1 y}{G_2} \frac{a_1 x}{G_2} \frac{x y + z (v^2 - 1)}{\sqrt{1 - z^2}}.
\]

\(2\) We consider here that \(x > 0\), but this method is still valid for \(x < 0\) adopting \(x = - \sqrt{1 - u^2 - v^2}\).

### 2.4.2. Projection on the outer orbit

A similar reduction \((u, v)\) could be obtained for the projection of the spin on the outer orbit, by defining

\[
u = \frac{y z - x}{\sqrt{1 - z^2}} = \sin \epsilon \cos \varphi,
\]

\[
u = v = \frac{w}{\sqrt{1 - z^2}} = \sin \epsilon \sin \varphi,
\]

where \(\varphi\) is the angle measured along the outer orbit from the interception with the inner orbit to the interception with the equatorial plane (Fig. 2). Thus, when \(\varphi = 0\) the unit vectors normal to these planes \((k_1, k_2)\) lie in the same plane. With this choice, the Hamiltonian (13) can also be expressed in the new variables

\[
H_0 = H_0(y, u, K_0) = H_0(u, v, K_0),
\]

using the transformations

\[
y = \sqrt{1 - u^2 - v^2},
\]

\[
x = y z + u \sqrt{1 - z^2},
\]

with

\[
Z_0(y, u) = \frac{K_0 - L G_2 y}{G_1 G(y, u)},
\]

\[
G(y, u) = \sqrt{(G_2 + L y)^2 + (Lu)^2}.
\]

### 2.5. Classical approximation

For a small satellite, we assume that \(m_0 \ll m_1 < m_2\) and \(R \ll a_1 \ll a_2\). As a consequence, with \(C \sim m_0 R^2\), it follows from expressions (1)–(4) that \(L \ll G_1 \ll G_2\) and \(a_2 \ll a_1\). The Hamiltonian (13) can then be simplified as

\[
H_0 \approx a_1 x^2 + \gamma z^2,
\]

and from expression (14)

\[
z \approx z_0 = \frac{L}{G_1} y, \quad \text{with} \quad z_0 = \frac{K_0}{G_1 G_2} = cte.
\]

Replacing \(z\) in expression (34), we obtain the Hamiltonian that is often used to study Cassini states (e.g., Colombo 1966; Ward 1975; Henard & Morignande 1987)

\[
H_0' = H_0 - \gamma z_0^2 \approx a_1 x^2 + 2gy = a_1 (s \cdot k_1)^2 + 2g(s \cdot k_2),
\]

where

\[
g = - z_0 y L / G_1 = cte.
\]

Here, \(g / L\) is the constant precession rate of \(k_1\) about \(k_2\), while \(I_0 = \cos^{-1}(z_0)\) is the constant inclination between these two vectors. Colombo (1966) has shown that the previous Hamiltonian represents a family of parabolas, whose intersection with the unit sphere gives the possible trajectories for the spin axis,
In the precessing frame, one can express \( k_1 = (0, 0, 1) \), \( k_2 = (\sin I_0, 0, \cos I_0) \), and \( s = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta) \), thus:
\[
H_0' \approx \alpha_1 \cos^2 \theta + 2g (\sin I_0 \cos \theta + \sin I_0 \sin \theta \cos \phi) \\
= \alpha_1 (1 - u^2 - v^2) + 2g \left( z_0 \sqrt{1 - u^2 - v^2} + u \sqrt{1 - z_0^2} \right)
\] (38)

If one adopts the variables \((u, v)\) from the very beginning, we can obtain the same Hamiltonian without introducing the precessing frame. Indeed, with the assumptions done for the classical approximation, we have \( Z(x, u) \approx z_0 (1 - Lx/G_1) \) (Eq. (21)) and \( G(x, u) \approx G_1 (1 + Lx/G_1) \) (Eq. (22)). We then rewrite (20) as
\[
z \approx z_0 \left( 1 - \frac{Lx}{G_1} \right) \sqrt{1 - \frac{\alpha_2}{\alpha_1}} = z_0 - \frac{L}{G_1} \left( x \sqrt{1 - z_0^2} + u \sqrt{1 - z_0^2} \right) .
\] (39)

Replacing \( z \) above in the general Hamiltonian (34), we directly obtain expression (38) again. The huge advantage of the new description presented in section 2.4 is that it still holds in more general situations when \( L \approx G_1 \approx G_2 \) and \( \alpha_1 \approx \alpha_2 \), for which the precession rate of \( k_1 \) about \( k_2 \) and the angle between these two vectors are no longer constant.

### 3. Cassini states

Cassini states correspond to equilibria of the spin axis. They can thus be given by the extrema of the Hamiltonian (Eq. (23)):
\[
\frac{\partial H_0}{\partial u} = 0 \quad \wedge \quad \frac{\partial H_0}{\partial v} = 0 .
\] (40)

Since \( H_0 = H_0(x, u) \), we have for the derivative with respect to \( v \)
\[
\frac{\partial H_0}{\partial v} = \frac{\partial H_0}{\partial x} \frac{\partial x}{\partial v} = \frac{\partial H_0}{\partial \theta} \frac{\partial \theta}{\partial \eta} v - \frac{\partial H_0}{\partial \eta} v = 0 .
\] (41)

We then conclude that \( v = 0 \) is always a possible equilibrium solution (equivalent to \( \phi = 0 \)), where the unit vectors \( s, k_1, \) and \( k_2 \) remain coplanar. Replacing \( v = 0 \) in the derivative with respect to \( u \) (Eq. (40)) provides a general implicit condition for coplanar Cassini states:
\[
\left. \frac{\partial H_0}{\partial u} \right|_{v=0} = -2\alpha_1 u\varepsilon + 2\alpha_2 y \frac{\partial y}{\partial u} + 2\gamma z \frac{\partial z}{\partial u} = 0 ,
\] (42)

with \( u = \sin \theta_c \), and (Eqs. (17)–(20))
\[
x_c = \sqrt{1 - u_c^2} , \quad z_c = z(u_c, x_c) , \quad \text{and} \quad y_c = y(u_c, x_c, z_c) .
\] (43)

The roots of (42) can be found in the interval \( u_c \in [-1, 1] \) using numerical methods or simply by plotting its graph.

Alternatively, coplanar states can be obtained as stationary solutions for the equations of motion (\( u = v = 0 \)), for which \( v = 0 \). Therefore, they can be simply obtained by setting \( v = 0 \) and \( \varepsilon = 0 \) (Eq. (25)) or, equivalently, for \( u = 0 \) and \( \varepsilon = 0 \) (Eq. (12)). For a given value of the total angular momentum of the system, \( K_0 \), the Cassini states then verify the following condition
\[
u_c = \frac{(y_c z_c - x_c) \left( \frac{\partial y_c}{\partial x_c} - \frac{\partial x_c}{\partial z_c} \right) + (x_c y_c - z_c) \left( \frac{\partial x_c}{\partial y_c} - \frac{\partial y_c}{\partial z_c} \right)}{\sqrt{1 - z_c^2} \left( \frac{\partial x_c}{\partial y_c} - \frac{\partial y_c}{\partial z_c} \right)} .
\] (44)

Since \( v = v_c \), (Eq. (27)), we can obtain an equivalent condition for the coplanar Cassini states in terms of \( \nu_c = \cos \varepsilon \)
\[
\left. \frac{\partial H_0}{\partial u} \right|_{v=0} = -2\alpha_1 x_c \frac{\partial x_c}{\partial \varepsilon} - 2\alpha_2 y_c \frac{\partial y_c}{\partial \varepsilon} + 2\gamma z_c \frac{\partial z_c}{\partial \varepsilon} = 0 ,
\] (45)

### Table 1. Observed parameters for the HAT-P-13 system (Winn et al. 2010) and the Earth-Moon system (Yoder 1995). The initial conditions for the spin of HAT-P-13 are arbitrary.

| Param. | HAT-P-13 | Earth-Moon |
|--------|----------|------------|
| \( m_0 \) | 1.25 \( M_\oplus \) | 1.00 \( M_\oplus \) |
| \( m_1 \) | 0.851 \( M_\text{Jup} \) | 0.0123 \( M_\oplus \) |
| \( m_2 \) | 14.28 \( M_\text{Jup} \) | 1.00 \( M_\odot \) |
| \( a_1 \) | 0.0427 a.u. | 60.34 \( R_\oplus \) |
| \( a_2 \) | 1.226 a.u. | 1.00 a.u. |
| \( e_1 \) | 0.0133 | 0.0549 |
| \( e_2 \) | 0.662 | 0.0167 |
| \( I \) | 30. deg | 3.145 deg |
| \( \theta \) | 0. deg | 18.295 deg |
| \( e \) | 30. deg | 23.44 deg |
| \( P_{\text{rot}} \) | 10. day | 0.997 day |
| \( R \) | 1.559 \( R_\oplus \) | 1.00 \( R_\oplus \) |
| \( J_2 \) (\( \times 10^6 \)) | 3.88 | 109.6 |
| \( C/(m_0 R^2) \) | 0.080 | 0.331 |

or
\[
u_c' = \left( x_c z_c - y_c \right) \left( \frac{\partial x_c}{\partial y_c} - \frac{\partial y_c}{\partial z_c} \right) + \left( x_c y_c - z_c \right) \left( \frac{\partial x_c}{\partial y_c} - \frac{\partial y_c}{\partial z_c} \right)
\] .

(46)

with (Eqs. (29)–(33))
\[
y_c = \sqrt{1 - (u_c)^2} , \quad z_c = z(u_c, y_c) , \quad \text{and} \quad x_c = x(u_c, y_c, z_c) .
\] (47)

#### 3.1. Classical states

In the classical approximation, the Hamiltonian can be simplified by \( H_0' \) (Eq. (38)), therefore
\[
\left. \frac{\partial H_0'}{\partial u} \right|_{v=0} = -2\alpha_1 u \varepsilon + 2g \left( \frac{\partial u_c}{\partial z_c} + \sqrt{1 - z_c^2} \right) = 0 ,
\] (48)

which is equivalent to
\[
\alpha_1 u_x + g \left( \frac{\partial u_c}{\partial z_c} + \sqrt{1 - z_c^2} \right) = 0 .
\] (49)

This expression corresponds to the commonly used condition for finding the equilibrium points for the spin axis (e.g., Colombo 1966; Peale 1969; Ward 1975). It is usually expressed in terms of the obliquity \( u_c = \sin \theta_c , \quad x_c = \cos \theta_c , \quad \text{and} \quad z_0 = \cos I_0 \) (e.g., Ward & Hamilton 2004)
\[
\alpha_1 \sin \theta_c \cos \theta_c + g \sin \theta_c = 0 .
\] (50)

This condition could also have been obtained from expression (44), performing the same approximations as in section 2.5.
\[
u_c \approx \left( \frac{y_c z_c - x_c}{\sqrt{1 - z_c^2}} \right) \left( \frac{\partial y_c}{\partial z_c} \right) \left( \frac{\partial x_c}{\partial \varepsilon} \right) \left( \frac{\partial y}{\partial \varepsilon} \right) \left( \frac{\partial z}{\partial \varepsilon} \right) + \left( \frac{y_c x_c - z_c}{\sqrt{1 - z_c^2}} \right) \left( \frac{\partial y}{\partial \varepsilon} \right) \left( \frac{\partial z}{\partial \varepsilon} \right) \left( \frac{\partial L}{\partial \varepsilon} \right) .
\] (51)

since \( y_c = x_c z_c + u_c \sqrt{1 - z_c^2} \) (Eq. (18)), and \( z_0 \approx z_c \) (Eq. (35)).
3.2. Stars with close-in companions

Unlike satellites, the rotational angular momentum of stars is often comparable to the orbital angular momentum of close-in companions. Therefore, the classical approximation from section 2.5 is not valid, and we need to apply the more general method presented in section 2.4.

We first consider the case of a single star with two Jupiter-like planetary companions, for instance the HAT-P-13 system, for which \( L \sim G_1 \lesssim G_2 \) (Table 1). This system is well constrained, since data was collected combining radial velocity and transit measurements (Winn et al. 2010). The inner planet is a transiting hot Jupiter in a 2.9 day quasi-circular orbit, while the outer body has a 1.2 yr eccentric orbit and a minimum mass of about 14 Jupiter masses. The true mass and orbital inclination of the outer companion are unknown, so it is the mutual inclination between the two orbits. To enhance Cassini states, we set the initial value of \( I = 30^\circ \) when \( v = 0 \). By modelling the Rossiter-McLaughlin effect, Winn et al. (2010) also show that the inner orbit angular momentum vector and the stellar spin vector are nearly aligned on the sky, so we take the initial \( \theta = 0^\circ \). The total angular momentum of the system (Eq. (14)) is then

\[
K_0 = L G_1 + (L + G_1) G_2 \cos(30^\circ).
\]

The rotation of the star is unknown. This parameter is important for computing the rotational angular momentum of the star (Eq. (1)), but also for estimating its oblateness through (e.g., Correia & Rodríguez 2013) \( J_2 = k_2 \omega^2 R^3 / (3GM_0) \). If the rotation is synchronous with the orbital period of the inner orbit, we will get a rotation period of 2.9 days. However, Winn et al. (2010) estimate the projected stellar rotation rate to be \( 1.66 \pm 0.37 \text{ km/s} \), which gives an upper limit of 48 days for the rotation period. Adopting \( k_2 = 0.028 \) (Mecheri et al. 2004) and assuming a rotation period of 10 days, we have \( J_2 \sim 10^{-6} \).

In Figure 3 (bottom), we show the secular trajectories for the spin projected on the inner orbit plane, obtained by plotting the level curves \( H_0(u,v,K_0) = \text{cte} \) (Eq. (23)), that is, without integrating the equations of motion. We observe that there are two Cassini states, \( u_c = -0.586 \) and \( u_c = 0.743 \), which correspond to \( \theta_c \approx -36^\circ \) and \( \theta_c \approx 48^\circ \), respectively. This is a striking result, because in the classical approximation, only one final state was expected. Moreover, Cassini states correspond to the final outcome of tidal evolution, but we presently observe \( \theta \approx 0^\circ \). Therefore,
either the present state is still precessing around a Cassini state (i.e., it is not yet damped), and we got it close to zero by chance, or the mutual inclination of the system is lower than 30°. Indeed, adopting a smaller initial inclination \( I = 3° \) in expression (52), we get \( \theta_0 \approx -3.4° \) and \( \theta_0 \approx 4.9° \), which are more compatible with the observational data.

In Figure 3 we additionally show the secular trajectories for the spin projected on the inner orbit normal \( \mathbf{k}_1 \) (middle), obtained using \( z = x(u,v) \) (Eq. (17)), and for the mutual inclination (top), obtained using \( z = z(u,v,K_0) \) (Eq. (20)). The \((u,v)\) that we use for each trajectory are those that simultaneously verify a given level curve \( H_0(u,v,K_0) = \text{cte} \). Therefore, we obtain the variations in the direction cosines without integrating the equations of motion. We observe that the mutual inclination undergoes some oscillations around the Cassini equilibria states, which was not possible in the classical approximation. Furthermore, the two Cassini states have quite different values for \( I_c \approx 6.2° \) and \( I_c \approx 42.2° \), respectively. Here, the conserved quantity for all trajectories is only the total angular momentum of the system (Eq. (14)) is obtained setting \( v_s = 0 \) (which gives \( \theta = 18.3° \)).

3.3. The Earth-Moon system

For planets possessing a massive satellite, as in the Earth-Moon system (or in the Pluto-Charon system), the rotational angular momentum of the planet can be comparable to the orbital angular momentum of the satellite. However, in the case of a planet, the outer orbit’s angular momentum is much larger than the inner orbit’s, so we have \( L \sim G_1 \ll G_2 \). As a consequence, the outer orbit is almost an inertial frame, and it is more common to express the spin of the planet with respect to this plane. We thus adopt the set of variables \((u_*,v_*)\) from section 2.4.2 here.

We first consider the present orbital configuration of the Earth-Moon system with \( a_1 \approx 60 R_{\oplus} \) and \( I = \pm 1.45° \) (Table 1). For the spin of the Earth we adopt the present rotation period with obliquity \( \epsilon = 23.4° \) and \( J_2 \approx 10^{-3} \) (Yoder 1995). The total angular momentum of the system (Eq. (14)) is obtained setting \( v_s = 0 \) (which gives \( \theta = 18.3° \)).

\[
K_0 = (L \cos(23.4°) + G_1 \cos(5.145°)) G_2.
\] (53)

In Figure 6 (right), we show the secular trajectories for the spin projected on the plane of the ecliptic (outer orbit). We plot the level curves \( H_0(u_*,v_*,K_0) = \text{cte} \) (Eq. (28)), together with the relative positions of the unit vectors \( \mathbf{s}, \mathbf{k}_1, \) and \( \mathbf{k}_2 \) (Eq. (9)). These trajectories are obtained without integrating the equations of motion, unlike in previous studies on the Earth-Moon system. We observe that the spin axis of the Earth describes an almost perfect circle at constant obliquity around the Cassini state \( \epsilon_s = 22° \), which is very close to the ecliptic pole. The mutual inclination between the orbit of the Moon and the ecliptic is also nearly constant, since the Laplacian plane of the Earth-Moon system almost coincides with the ecliptic (e.g., Tremaine et al. 2009).

Actually, at the present Earth-Moon distance \( a_1 \approx 60 R_{\oplus} \), we have \( L \ll G_1 \), so we could have used the classical approximation (section 2.5). However, the Moon probably formed very close to the Earth: a Mars-sized body hit the nearly formed proto-Earth, blasting material into orbit around it, which accreted to form the Moon (e.g., Canup & Asphaug 2001). In Figure 6 (left), we show the trajectories of the spin short-time after this impact, more pre-

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**Fig. 5.** Cassini states as a function of \( m_1 \) for a HAT-P-13-like system with initial \( I = 30° \). These equilibria are obtained by solving equation (42). Vertical dotted lines correspond to the configurations shown in Figures 3 and 4.
cisely for \( a_1 = 4 R_⊕ \), which gives \( L = G_1 \) (the remaining parameters are those in Table 1). During the early stages of the system, the Laplacian plane is close to the equatorial plane of the Earth, so the angle between the inner orbit and the equator, \( \theta \), is nearly constant (e.g., Goldreich 1965). As a consequence, the obliquity \( \varepsilon \) and the mutual inclination \( I \) are no longer constant, except for the Cassini states, \( u_\varepsilon' = -0.276 \) and \( u_I' = 0.308 \), which correspond to \( \varepsilon_c \approx -16° \) and \( \varepsilon_c \approx 18° \), respectively. The precession of the spin axis projected on the ecliptic is not circular, and in the second case, it does not even encircle the ecliptic pole. In the first Cassini state, the orbit of the satellite almost coincides with the Earth’s equator, \( \theta_e \approx 0.08° \), while in the other it keeps a significant tilt with respect to the equator, \( \theta_e \approx 32° \).

As a result of tidal dissipation, the Moon evolved from the primordial close-in orbit into the present one (e.g., Touma & Wisdom 1994). On its way, there is a critical distance around \( 11 R_⊕ \) where the Laplacian plane progressively shifts from the equator to the ecliptic. In Figure 6 (middle), we show the trajectories of the spin for \( a_1 = 11 R_⊕ \). At this evolutionary stage, none of the direction cosines (Eq. (9)) are constant unless the spin is trapped in the Cassini states, \( u_\varepsilon' = -0.334 \) and \( u_I' = 0.242 \), which correspond to \( \varepsilon_c \approx -20° \) and \( \varepsilon_c \approx 14° \), respectively. The precession of the spin axis projected on the ecliptic is similar to the previous case with \( a_1 = 4 R_⊕ \), except that the circulation area around \( \varepsilon_c \approx 14° \) is larger. Indeed, as the Moon moves away from the Earth, the Cassini state with \( u_\varepsilon' > 0 \) approaches zero, and the area around it grows, while the Cassini state with \( u_\varepsilon' < 0 \) is shifted to the left until it disappears (Fig. 6, right).

As for the HAT-P-13 system from previous section, when the Moon is closer to the Earth, the rotational and the orbital angular momenta have similar magnitudes. Therefore, the classical approximations to find the Cassini states do not work, and we need to solve the more general equations (45) or (46) to determine them. Moreover, the general method presented here also provides an easy way of determining the limits for the variations in the relative positions of the unit vectors \( s, k_1, \) and \( k_2 \). This information is very useful for climatic models when we inspect the habitability of new worlds, and it does not require performing numerical simulations.

Finally, since this method only relies on the total angular momentum of the system (Eq. (14)), it can also be used to quickly determine constraints for the past history of our planet. For simplicity, the evolution shown in Figure 6 only accounts for variations in the semi-major axis. A more rigorous analysis requires that the conserved quantity in expression (14) is \( K_1 \) instead of \( K_0 \), and that the amount of angular momentum lost in \( G_1 \) is transferred to \( L \) by increasing the rotation rate of the Earth.

4. Conclusions

In this paper we have presented a simple method for determining Cassini states and the trajectories of the spin in the secular three-body problem. This method is more general than previ-
ous approaches because it does not require the rotational angular momentum to be much smaller than the orbital one. Therefore, it can be used to study stars with close-in companions or planets with heavy satellites, for which the precession rate and the mutual inclination of the orbits are not constant. Our method only depends on the geometry of the Hamiltonian and thus does not require an integration of the equations of motion.

We have shown that previously unknown Cassini states may exist at high obliquities. As a consequence, the spin of tidally evolved stars with close-in companions can be significantly misaligned, provided that the orbits of the companions are also not coplanar. Thus, if we are able to determine the obliquity of these stars, we can put some constraints on the relative inclination between the two orbits. Planets with large close-in satellites can also present unexpected equilibrium configurations.

Our method relies on the conservation of the total angular momentum of the system. Thus, it can be useful to easily track the dynamical evolution of the system when it is subject to dissipation. Indeed, if we assume adiabatic evolution, the spin axis will travel across the constant energy levels of the Hamiltonian $H(u,v,K_0)$ towards stable Cassini states. We can thus predict the final configuration without performing numerical simulations.

Our model has some limitations. When $m_0 \sim m_1$ and $r_1 \sim R$ (for instance, a system of close binary stars), the spin and the $J_2$ of the companion mass $m_1$ should also be taken into account in our analysis. The problem is no longer integrable, but close solutions can still be found. The Hamiltonian (Eq. (3)) was obtained in the frame of the quadrupolar non-restricted problem, i.e., we assumed $r_1 \ll r_2$. Therefore, when octupole or resonant perturbations become important (close semi-major axis and/or very eccentric orbits), our method also only gives approximate results. Finally, since we averaged the Hamiltonian over the argument of the perihelion of the inner orbit, our method is not valid when the perihelion is in libration. This can be the case for extremely high values of the mutual inclination, where exchanges between $e_1$ and $I$ may occur (e.g., Farago & Laskar 2010).

In our model, we considered only the three-body problem. Although this represents many situations observed in nature, planetary systems usually contain more bodies. The n-body problem with spin is very complex, and it has a large number of degrees of freedom (e.g., Boué & Fabrycky 2014). However, we can generalise our method to those situations in the same way as done for the classical studies on Cassini states (e.g., Ward & Hamilton 2004; Peale 2006). The secular perturbations of a n-body system on the inner orbit can be decomposed in quasi-periodic series of the secular forcing frequencies in the system (e.g., Laskar 1988). For an isolated term associated with a specific frequency, the Hamiltonian can be simplified and made integrable as shown here. Cassini states can therefore be found for the dominating perturbations in the Hamiltonian.

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