Dental Antibiotic Prophylaxis and Prosthetic Joint Infections: A Narrative Review

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Abstract

Prosthetic joint infection (PJI) is the 3rd most common cause of revision in total hip arthroplasty (THA) and the most common cause of revision in total knee arthroplasty (TKA). It is associated with high costs/economic burden and mortality. The most common cause of late PJI is due to haematogenous seeding of bacteria into the joint from remote site infection (RSI). Oral flora constitutes 6-13% of burden in PJI. Dental interventions in patients who have undergone joint replacement surgery (JRS) are at increased risk of PJI due to bacteraemia. Dental antibiotic prophylaxes (DAP) are known to reduce this bacteraemia which in-turn may reduce the incidence of PJI. Significant controversy exists Re: the role and use of DAP in preventing PJI. This narrative review attempts to answer key questions surrounding its use based on extensive literature review in English language over past four decades.

The existing evidence is at best low and of poor quality with few comparative clinical trials that had assessed the incidence of PJI with DAP. Several systematic reviews have concluded that the existing evidence at best is inconclusive. The best existing guideline is the updated 2017 American Academy of Orthopaedic Surgeons (AAOS)-American Dental Association (ADA): Appropriate Use Criteria (AUC) that recommends shared-decision making taking individual risk factors into consideration with patients’ input. DAP are recommended only in at-risk patients and is neither cost-effective nor recommended for all cases. The risk of PJI is highest in the first two years of JRS. Regular 6-12 monthly dental visits, good oral hygiene and collaboration between Surgeons and Dentists facilitate providing a high quality of care thus minimizing the incidence of PJIs.

Introduction

Prosthetic joint infection (PJI) following a joint replacement surgery (JRS) for primary or secondary arthritis can be devastating and is associated with high one and five-year mortality [1]. It is the third most common cause for revision following THA (after loosening and dislocations) [2]. The economic burden on the society and costs incurred in treating it are high. Patients with PJIs have lower satisfaction with residual stiffness, pain and reduced Quality of life (QoL) [3]. PJIs are classified into few categories based on the duration from the time of index surgery. This ‘duration’ is interpreted differently by Microbiologists and Orthopaedic surgeons as summarized in (Table 1) [4,5]. Suffices to say that most PJIs occur within the first two years of index surgery (at 0.14%) and the annual risk of PJI ≥2 years is 0.08% for Knees [6]. Infections in acute phase are most commonly caused by Staphylococcus aureus (a normal resident on skin and nasal cavity) [7]. Methicillin-resistant staphylococcus aureus (MRSA) and Methicillin-resistant staphylococcus epidermidis (MRSE) are difficult to eradicate and is a major economic burden with high morbidity [8].

Most of the late/chronic PJIs are caused by haematogenous spread of organisms from a remote site (gastro-intestinal, genito-urinary, oral cavity etc...). Oral flora account for 6-13% of PJIs which are potentially avoidable with preventative measures and is a modifiable risk factor [9]. Much research has focussed on this subgroup to minimize the catastrophic consequences of infection and
use of dental antibiotic prophylaxis (DAP) has a potential role in this regard. The oral flora are largely fastidious facultative anaerobes of low virulence causing sub-clinical infections [10]. Dental interventions are associated with bacteremia that predisposes to haematogenous spread/seedling of these organisms into the prosthetic joint [11]. Given the indolent nature and non-specific signs, such PJIs are difficult to detect in early stages. Often the microbiological culture and sensitivity studies are largely negative or dismissed as likely contaminants. With advances in microbiological diagnostics and 16s/18s RNA studies, rare organisms are cultured on prolonged incubation and enrichment media [12]. Sophisticated methods like Matrix Assisted Laser Desorption Ionization-Time of Flight: Mass Spectrometry (MALDI-TOF MS) has further enhanced the diagnostic capabilities in identifying the causative organism and facilitated strain typing in PJI [13].

Several systematic reviews have been published in the recent five years evaluating the evidence for ‘DAP in preventing PJIs’ [14-16]. Unfortunately these have added very little to the body of existing evidence and repeating the same message that ‘Existing evidence is low and of poor quality’. A narrative review such as this is an attempt to fill this lacuna and attempts to summarize the existing evidence in one piece. It attempts to answer the following key questions with evidence-based answers:

1. What are the common oral flora and their microbiological characteristics?
2. What is the consensus on preferred antibiotic prescription prior to dental surgery?
3. How are dental procedures risk stratified and what are the risks of bacteremia from them?
4. What is the key summary from published comparative studies Re: DAP?
5. What are the recommendation/guidelines of national professional societies Re: DAP?
6. What is the key summary from published studies on cost-effectiveness with use of DAP?

Methods

The authors included a group of two Dentists (NSJ and SS) and an Orthopaedic surgeon (NSH). We undertook a comprehensive search using PubMed, MedLine, EMBASE, Google Scholar and Cochrane Review in the months from October 2020 to December 2020 (3months) with the following Medical Subject Headings (MeSH) terms: Dental procedure/intervention/surgery; Prosthetic joint infection; Prophylactic antibiotics; Hip/Knee/Shoulder/Ankle; Joint replacement surgery; Arthroplasty; Cost-effectiveness of Prophylaxis; Professional Guidelines; Consensus position statement and downloaded all articles related to the topic of interest in an attempt to answer ‘Six’ key questions and summarize ‘Ten’ key points. We only analyzed the existing evidence published in English language over four decades (1981-2020). We specifically looked for any published White paper and professional societies position statement documents that addressed Dentists and Orthopaedic Surgeons. We also reviewed the results of surveys administered on this topic to understand the perspective of both groups (i.e. Orthopaedic surgeons and Dentists). We excluded all studies published in any language other than English given our inability in comprehending and drawing meaningful conclusions from such publications. We also excluded the role/recommendations on DAP for implants/devices other than JRS (i.e., heart valves, stents etc.).

Discussion

1. Oral Flora & their Microbiological Characteristics

At least 500 organisms of different phyla inhabit the oral cavity of which>280 have been isolated from standard culture [9]. These are either native residents that are protective against invasion or source of dental infections (plaques, caries, gingivitis or periodontitis and dental abscess). A fine balance exists between native flora and infectious organisms. Disturbance of this balance results in plaque formation that causes breakdown of enamel. The acid production leads to teeth discoloration with cavity formation that gets colonized by bacteria. These could be either primary or secondary colonizers. The organisms on the surface are usually aerobic and those in-depths/at the core are anaerobic. Gingivitis refers to the inflammation of the gums and periodontitis a severe form that is associated with bone loss and detachment of gums from teeth. If left untreated a dental abscess evolves. Antibiotics help in eradicating the infection/restoring the balance of oral flora. Good oral hygiene with regular dental review ensures healthy gums and early evaluation/management of plaques. The common oral flora and their microbiological characteristics are summarized in Table 2 [17].

Table 1: Classification of prosthetic joint infection (PJI) based on duration.

| Specialty           | Classification | Duration |
|---------------------|----------------|----------|
| Microbiology Literature | <Acute>       | ≤1 month |
| Zimmerli, et al. 2004 [4] | <Sub-acute>   | 1-12 months |
| Orthopaedic Literature | <Chronic>     | >12 months |
| Parvizi, et al. 2016 [5] | <Acute>        | ≤4 weeks |
|                     | <Chronic>      | >4 weeks |

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Table 2: Common oral flora and their microbiological characteristics [10].

| Group       | Aerobes                                                                 | Anaerobes                                                                 |
|-------------|------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Gram Stain  | Gram positive Cocci                                                   | Gram positive Cocci                                                      |
|             | Staphylococcus aureus                                                  | Peptostreptococcus                                                       |
|             | Streptococcus (pyogenic, micrococcus, viridians)                       | Neisseria                                                               |
|             | Gemella                                                                | Veillonella                                                             |
|             | Moraxella                                                              |                                                                          |
|             | Gram negative Cocci                                                   | Gram negative Cocci                                                      |
|             | Moraxella                                                              | Neisseria                                                               |
|             | Gram positive bacilli                                                  | Gram positive bacilli                                                    |
|             | Corynebacterium                                                         | Actinomyces Eubacterium                                                 |
|             | Lactobacillus                                                          |                                                                          |
|             | Gram negative bacilli                                                  | Gram negative bacilli                                                    |
|             | Enterobacteriaceae                                                     | Preotella                                                               |
|             |                                                                        | Fusobacterium                                                           |
|             |                                                                        | Bacteroides                                                             |
|             |                                                                        | Porphyromonas                                                           |

2. Risk stratification of Dental Procedures & Risk of Bacteraemia

Dental interventions that involve cleaning, filling of cavity, manipulation of periodontal tissues, drainage of dental abscess and extraction of tooth induce bleeding have the potential to introduce bacteraemia. Simple physiological activities like brushing, vigorous flossing also induce bacteraemia to a tune of up to 50%. Routine dental procedures produces 10-240 colony forming unit (CFU)/ml of blood and the bacteraemia load needed to cause PJI was at least 1000 CFU/ml [18]. Bacteraemia is merely a surrogate measure and there exists no direct evidence linking it to PJI. Some experts believed the prosthetic joints are to some degree protected by fibrotic scar and capsule from circulating less virulent oral flora. These interventions are classified as either low or high-risk procedures based on the severity of bacteraemia and (Table 3) summarizes such procedures along with percentage of bacteraemia load [19]. It is evident periodontal procedures and dental implantology/extractions are associated with significant bacteraemia and constitute 'high risk' for haematogenous dissemination.

Table 3: Low vs. High-risk dental procedures [11,19].

| Risk Strategy | Procedure                                                                 | Percentage of Bacteraemia |
|---------------|---------------------------------------------------------------------------|---------------------------|
| Physiological activity | ·Tooth brushing                                                           | 0-25%                     |
|                | ·Chewing                                                                  | 17-50%                    |
|                | ·Flossing                                                                 | ≥50%                      |
| Low risk procedures | ·Intra-canalicular endodontic Rx                                          | 0-30%                     |
|                | ·Scaling/cleaning and inter-dental cleaning with dental probe             | 8-80%                     |
|                | ·Irrigation and other minor procedures (filling etc...)                   | 7-50%                     |
| High risk procedures | ·Single tooth extraction                                                  | ≥50%                      |
|                | ·Multiple teeth extraction                                                | ≥68%                      |
|                | ·Extra-canalicular endodontic Rx/procedures beyond tooth apex             | 0-54%                     |
|                | ·Periodontal / Flap surgery, Dental Implantology and gingivectomy etc...  | ≥83%                      |

3. Antibiotic Susceptibility Pattern of Oral Flora

The infections from oral flora are usually treated by empirical antibiotics in the first instance. They are usually sensitive to β-Lactam Penicillins (i.e., Ampicillin and Amoxicillin) and Cephalosporins (i.e., first generation agents-Cephalexin and Cephadrine). They are bactericidal and act by inhibiting the cell wall formation. Clindamycin is the preferred antibiotic in patients who are allergic to Penicillin and is bacteriostatic. Amoxicillin reduces the risk of oral bacteraemia from 63% to 35% in one of the studies and Erythromycin was used in 1980s [20]. Most publications recommend a single dose administered an hour prior to dental procedure with few proposing 24hr cover in severe infections/
extensive surgery. Key class of patients who had the highest benefit from DAP were:

i) On immunosuppressive therapy

ii) Dermatological infection and

iii) Obvious focal infection (i.e., Urosepsis etc.).

Table 4 summarizes preferred DAP to be used when a decision is made to administer one [19].

| Table 4: Summary of dental antibiotic prophylaxis (DAP) of choice for procedures [19]. |
|-----------------------------------------------|
| **No Penicillin allergy**                     |
| 1st-2nd gen Cephalexin/Cephradine             |
| Ampicillin-2gm po/im/w                        |
| Amoxicillin & Clavulanate-625mg po/v          |
| Cefazolin-1gm iv (if unable to have orally)   |
| Penicillin allergy present                    |
| Clindamycin 600mg po                          |
| Clindamycin 600mg iv (if unable to have orally) |

§Add Metronidazole 400mg po (or 500mg IV if unable to have orally) for extended Gm –ve cover.

4. Published Comparative Studies (LoE II & III)

Five comparative studies have been published evaluating PJI in patients undergoing dental procedures since 1986 (Table 5) [21-25], with the most recent study involving a large cohort of 255,568 Taiwanese patients undergoing THA or TKA over 12years by Kao, et al. [25]. The sub-set of dental cohort was 57,066 patients and the number of PJI was 328 (incidence of 0.57%). This was retrospectively matched to a cohort of 348 non-dental PJI (incidence of 0.61%) accounting for all confounding factors and had robust research methodology. They found no correlation between PJI and dental intervention (p=0.31). They did not recommend any DAP and recommended shared decision-making seeking patients’ input along the lines of AAOS-ADA: AUC [26]. This remains the largest sample size to date amongst all published studies and was retrospective (i.e. Level of evidence [LoE] III). The best available highest LoE study is that of Berbari, et al. [22] from 2010 that involved a prospective comparative 1:1 matched review (i.e., LoE II) in a cohort of 339 PJI (THA and TKA) in patients who had dental procedures within the 6months and 2years following index surgery who had no dental intervention [22]. They found no correlation for Low vs. High-risk procedures and with or without DAP. They concluded dental procedures not to be a risk factor for subsequent PJI and that administration of DAP did not reduce the risk of PJI.

Table 5: Summary of comparative studies evaluating the role of prophylactic antibiotics and prevention of prosthetic joint infections (PJI).

| Study name         | Study design                                      | LoE | Confounding factors accounted for | Results of the study                                                                 | Comments                                                                                         |
|--------------------|---------------------------------------------------|-----|-----------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Jacobson et al, 1986 [21] | First reported nested case control study spanning 13y (1970-83). Three patients developed PJI. | III | Confounding factors (age, smoking status etc...) were not accounted for. | Strong evidence against association between dental procedures and PJI. | The results implied that dental procedures were associated with protection from PJI and some ambiguity with ‘p’ value. |
| Berbari et al, 2010 [22] | Case control study evaluating low vs. high risk dental procedures undertaken with / without prophylactic antibiotics. | II | Paired matching accounting for confounding factors was not undertaken, but power analysis with frequency matching was performed. Other medical co-morbidities (DM, CKD etc.) were matched. | No association between dental procedures and development of PJI. The CI was wide and their findings were consistent with other published studies. | Excellent study that started with outcomes and followed retrospectively assessing for differences in exposure. Robust methodology relying on review of dental records rather than patients' recollection. Very good study for evaluating rare outcomes such as PJI. |
| Skaar et al, 2011 [23] | Nested case-control study of Medicare patient database over 10y. | III | 3:1 ratios of controls vs. case match for age, sex and confounding factors. | No association between dental procedures and PJI. | Good methodology and reporting of hazard ratio (HR) and Odds ratio (OR). The CI was wide and 'p' value showed extremely weak evidence against the null hypothesis. |
| Swan et al, 2011 [24] | Nested case-control study reporting sentinel events associated with PJI. | III | 17 PJI matched with 51 controls in 1:3 ratio. But the controls were not from the same database, geographical location or socio-economic strata (heterogeneity in the two groups present). | Patients with cellulitis and ≥4 co-morbidities @ risk of developing PJI. | Wide CI and many methodological / statistical shortcomings make the results unreliable. |
| Kao et al, 2017 [25] | Retrospective nested case-control study from Taiwan over 12y involving 57,000 patients | III | Large sample size of 328 vs. 348 dental and non-dental cohorts of patients with PJI with 1:1 matching. | No association between dental procedure and prophylactic antibiotics on PJI (i.e. the infection rate was similar in both groups). | Most recent publication with impressive sample size and robust methodology. Multivariate analysis was also undertaken. |
Couple of LoE III studies were published in 2011 by Skaar, et al. and Swan, et al. [23, 24]. Skaar observed 42 PJIs in all JRS over 10 years and case matched it 126 controls (1:3 ratio) [23]. They found no association between dental procedures and PJIs. Patient profile risk factors that strongly correlated with PJIs observed in literature were:

i) Morbid obesity
ii) Alcohol and nicotine
iii) Male sex
iv) Age >65 years
v) Operative time of >2 hours
vi) Diabetes mellitus and
vii) Rheumatoid arthritis (and immunosuppressed states).

Swan, et al. [24] observed 17 late PJIs in a cohort of 1641 patients who underwent TKA. 15 PJIs were preceded by a sentinel event and only one patient had a dental source [24].

5. Published Recommendations of National Professional Societies

The professional Dentist and Orthopaedic scientific societies have jointly produced guidelines and recommended position statements regarding DAP in patients with prosthetic joints undergoing dental procedures and is summarized in (Table 6) [26-36]. Despite best efforts and exhaustive review of literature, there is little consensus from these regulatory bodies regarding best practice. As bacteraemia was only an indirect surrogate marker for PJIs, it was felt prophylactic antibiotics was not required. Australia along with European Union countries notably France, Netherlands, Sweden and Switzerland have also recommended against routine use of DAP [26-31]. This argument held ground and was also accepted by British orthopaedic association (BOA) and British dental association (BDA) [32, 33]. The American association of orthopaedic surgeons (AAOS) and American dental association (ADA) did not recommend antibiotic prophylaxis in 2003 [34]. However the AAOS unilaterally made a decision in 2009 to strongly consider/ administer DAP in all patients with prosthetic joints with Amoxicillin [35]. In-summary the AAOS and ADA have gone back and forth reviewing and revising the recommendations on no less than three occasions over the past fifteen years [34-36]. The 2009 recommendation of the AAOS was strongly criticised by the Council of Scientific Affairs (CSA) of ADA who published a comprehensive evidence-based practice recommendation and found no evidence to support routine DAP [37]. The AAOS and ADA began working jointly to address this issue and came up with appropriate use criteria (AUC) in 2017 and was developed by Delphi consensus evaluating 64 scenarios [38]. The five key determinants of AUC were:

Table 6: Summary of published recommendations from national bodies, their guidelines with respect to the use of prophylactic antibiotics.

| Country         | References                           | Prophylactic antibiotics | Comments                                                                 |
|-----------------|--------------------------------------|---------------------------|--------------------------------------------------------------------------|
| Australia       | Scott et al. 2005 [26]                | Recommended               | High risk dental procedures esp. in immunocompromised patients should be undertaken under the cover of prophylactic antibiotics. |
| France          | Legout et al. 2012 [27]              | Not Recommended           | Narrative review: Recommends against routine use of prophylactic antibiotics. |
| Netherlands     | Rademacher et al 2017 [28]           | Not Recommended           | Systematic review: Recommends against routine use of prophylactic antibiotics. |
| Sweden          | Blomgren et al. 2009 [29]            | Not Recommended           | Not recommended in healthy patients with no risk factors having a prosthetic joint. Recommended shared decision-making in immunocompromised and patients with risk factors. |
| Switzerland     | Rossi et al. 2007 [30]               | Recommended               | Recommended in patients undergoing dental procedures if within 12 months from the date of surgery. The guideline does not specify in immunocompromised / high risk patients. |
| United Kingdom  | Simmons et al. 1992 [32]             | Not Recommended           | Prophylactic antibiotics are of no additional value / benefit. It does not mention in high risk / immunocompromised patients. |
| United States of America | AAOs / ADA 2003 [34]              | Not Recommended           | Recommends prophylactic antibiotics in patient with Diabetes Mellitus, Rheumatoid arthritis, Hemophilia, Malignancy, Overt oral sepsis / complex dental work (> 4.5m). |
|                  | ADA 2009 [35]                        | Recommended               | All patients with prosthetic joints (hips and knees) need prophylactic antibiotics following dental procedures as it causes significant bacteremia. |
|                  | AAOS / ADA 2012-13 [36]             | Not Recommended           | Involves patients in shared decision-making and recommends the AUC (Appropriate use criteria) to ascertaining prescription of prophylactic antibiotics. Encourages collaboration between dentists and primary care physicians and antibiotic cover on case by case / individualized basis. |
viii) Nature of underlying procedure  
ix) Immunocompromised status of the patient  
x) Presence of Diabetes mellitus  
xi) Previous h/o PJI needing surgery and  
xii) Planned dental procedure <12months from primary surgery.

Prophylactic antibiotics was not indicated in 61% and considered appropriate in only 12% of scenarios. The degree of consensus also varied from high (score of 7-9), maybe (score of 4-6) and low (score of 1-3). More recently, the AAOS also published a decision-making tree to simplify things and ascertain where DAP was appropriate [39].

6. Published Cost-effectiveness Studies

Economic modelling and cost-effectiveness studies are increasingly conducted since 2010 onwards to justify therapeutic intervention and seek insurance authorization. These are least common types of studies reported in Orthopaedic literature accounting for <2% of all publications. Four key studies have reported on Risk vs. Benefit and cost-effectiveness with routine use of DAP and their key findings are summarized in [Table 7] [40-43]. The life-time risk of PJI is ≤2.0% and oral pathogens account for 6-13% of all PJs. The number of patients who will need to be administered antibiotics before dental procedures to prevent one PJI is 625-1250. Such a blanket administration of antibiotics carries a risk of adverse event, intolerance or anaphylactic reaction in at least 37-80 patients for Amoxicillin alone. Penicillin is responsible for 75% of fatal anaphylaxis in the USA [44]. Dentists are the highest prescribers of Clindamycin amongst healthcare professionals and carried highest risk (odds ratio [OR] of 17-20) [45]. Its use risks causing Clostridium difficile infections (CDI) and annually 24,000 deaths are attributed to CDI alone. A single dose of 600mg Clindamycin could potentially cause 12 deaths/million due to CDI and Orthopaedic surgeons were unaware of this fact [46]. The DAP would only be cost-effective if the risk of HPJI was ≥0.7% and current best estimate/projections of PJI from oral flora was at best 0.03-0.10%.

Table 7: Summary of published cost-effectiveness studies on dental antibiotic prophylaxis.

| Publication & Citation          | Study design                                                                 | Conclusion and Key message                                                                 |
|--------------------------------|-------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Lockhart et al (2013) [40]     | Predicted cost-effectiveness from prevalence studies involving 15 conditions. | Incurs cost of up to $15million with no proven benefit and additional risk of adverse events (incl. C. difficile induced diarrheal deaths). |
| Slover et al (2015) [41]       | Decision model to evaluate the cost-effectiveness of DAP from payer perspective. | Estimated average cost incurred from complications of antibiotics per prescription was $14.30. The minimum threshold incidence of PJI was ≥0.75% to justify DAP. |
| Skaar et al (2018) [42]        | Cost-effectiveness decision model using Markov analysis                        | Questions / discourages the blanket policy of using prophylactic antibiotics in all cases. Recommends use of antibiotics in at-risk patient population. |
| Stanley et al (2020) [43]      | Osteoarthritis policy model with computer simulation of knee OA evaluating costs with Quality adjusted life expectancy (QALE) in Type II DM. | Incremental cost effectiveness ratio (ICER) of $66,000 / Quality-adjusted life years (QALY). Antibiotic prophylaxis was cost-effective in 58% of scenarios with willingness to pay threshold of $100,000. |

All published studies in Table 7 have rightfully questioned the routine use of DAP as did not prevent PJs. Most recently study by Stanley et al in 2020 found that DAP was cost-effective in only 32% of scenarios with willingness to pay threshold of ≥$50,000 in select group of patients with Type II Diabetes Mellitus [43]. Skaar et al. recommended DAP in highly select group of ‘at-risk’ patients:

i) On renal dialysis  
ii) Solid organ transplant (on immunosuppressive medication)  
iii) Diabetes and Rheumatoid arthritis and  
iv) Poor oral hygiene and severe periodontal disease [42].

Their Value of Information (VoI) projected cost estimate of $80m at an estimate of 700,000 TKA/year over 5-year time horizon.

Conclusion

The three components of evidence-based practice (EBP) includes:

i) Scientific evidence  
ii) Clinical experience and  
iii) Patient values

Professional judgement coupled with patients’ preferences and backed by EBP is needed for optimal treatment of PJs. Surgeon
vs. Dentist surveys from New Zealand, Australia and Canada observed that a majority of surgeons preferred to err on the side of administration of DAP despite existing evidence relying on practice experience and opinion papers (LoE V) [47-49]. Orthopaedic surgeons are concerned about PJI against a background of dental interventions and prefer to prescribe DAP as they see high value and low risk with it. Dentists exercise more discretion seeing this approach to be associated with low value and high risk of adverse effects. Patients are stuck in the middle and are in a conundrum. We hope this article addresses this dilemma summarizing the existing evidence. 75% of the Dentists and 88% of Orthopaedic surgeons still prescribed DAP citing ‘Defensive Practice’ as the reason fearing lawsuit and allegations of negligence.

A recent survey found none of the 28 professionals (20 Dentists and 8 Orthopaedic surgeons) used AAOS-ADA risk calculator to aid them in decision-making re: DAP prescription. It is reasonable to adhere with AAOS-ADA: AUC guidelines and we strongly recommend incorporating it as a part of one’s practice. Dialogue between Surgeons, Dentists and patients in shared decision-making and need for ‘Dental Stewardship’ is proposed [50]. The AAOS-ADA: AUC decision tree represented pictorially in (Figure 1) aids in simplified decision-making [39].

We would refrain from administering antibiotics esp. if patients are immunocompetent or have minimal medical co-morbidities (Charleston index ≤4). Maintaining good oral hygiene and regular 6-12 monthly dental assessments (i.e., enhanced preventive strategies) are believed to reduce the risk of PJI by ≥30%. Suffices to say that the existing evidence for using DAP in preventing PJI is weak and level of recommendation is at best ‘C’. Additional systematic reviews will be of very little benefit to the existing evidence.

Summary: Top Ten Key Points

1. In-addition to the existing evidence being low and of poor quality for use of DAP, a LoE I study (i.e., Randomized controlled trial) may be impractical/not feasible given several variables/confounding factors and is unlikely to happen in the foreseeable future.

2. Oral pathogens are responsible for 6-13% of PJIs and are difficult to culture often needing enrichment media and prolonged incubation.

3. The risk of PJIs is high in the first two years of index/primary surgery and Orthopaedic surgeons who were in-practice for >15y prescribed it most often than junior colleagues.

4. The incidence of PJI from dental interventions is due to bacteraemia that is only a ‘surrogate marker’ and at best an ‘indirect association’.

5. Dental procedures are classified as ‘Low vs. High risk’ interventions. Routine use of DAP for low risk procedures in healthy patients is not recommended.

6. ‘At-risk’ group of patients undergoing high risk procedures should be performed under prophylactic antibiotics cover.

7. Difference of opinion exists between Dentists and Orthopaedic surgeons re: DAP. Orthopaedic specialists prescribed antibiotics more often independent of the nature of dental procedure whilst Dentists exercised more discretion in their prescriptions.
8. National recommendations differed widely and were mainly from Europe and North American countries. There were little/no guidelines from Asian (including India) and African countries.

9. Shared decision-making involving patients and their preferences guided by AAOS-ADA: AUC is the best available evidence at present to guide health care professionals Re: DAP.

10. DAP are neither cost-effective economically nor shown to be better with regards to ‘Benefit vs. Risk’ ratio when adverse events with their use was taken into consideration.

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Conflict of Interest

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