Antibiogram Pattern and Virulence Trait Characterization of *Enterococcus* Species Clinical Isolates in Eastern India: A Recent Analysis

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**Abstract**

**Objective**  We aimed to evaluate the current antimicrobial susceptibility pattern and characterize putative virulence traits among *Enterococcus* species isolates from various clinical specimens in view of their increased isolation rates in both community-related and serious nosocomial infections, as well as resistance to many antibiotics.

**Methods**  Study (April 2017–March 2018) included consecutive, nonrepeated, discrete, and clinically significant isolates of enterococci. Susceptibility testing included detection of high-level aminoglycoside-resistant (HLAR) and glycopeptide-resistant enterococci (GRE). All screen-positive GRE isolates were investigated by polymerase chain reaction for species confirmation and presence of vanA/vanB genes. Virulence genes ace, asa1, cyt, efa, esp, gelE, and hyl were investigated by molecular methods. Hemolysin and biofilm production were studied using phenotypic methods.

**Results**  Of 111 isolates, 89 (80.1%), 16 (14.4%), and 6 (5.4%) were from urine, pus, and blood, respectively, consisting predominantly of *E. faecalis* (67, 60.4%) and *E. faecium* (32, 28.8%). *E. hirae* (5, 4.5%) was the predominant non-*E. faecalis* non-*E. faecium* isolate. Other species were *E. durans* (4, 3.6%), *E. avium* (2, 1.8%), and *E. mundtii* (1, 0.9%). Seven (6.3%) out of the 111 isolates were GRE, all vanA genotype. HLAR was observed in 70 (63.1%) isolates, significantly higher in *E. faecium* than *E. faecalis* (81.2 vs. 58.2%; *p* < 0.05). All were susceptible to daptomycin. Hemolysin activity and biofilm production were observed in 38 (34.2%) and 36 (32.4%) isolates. Most frequent virulence genes were efa (77, 69.4%), ace (71, 63.9%), asa1 (67, 60.3%), and gelE (66, 59.4%). There was a predominant association of esp and hyl genes with *E. faecium* and that of the other genes with *E. faecalis*.

**Conclusion**  The study will contribute to the existing limited data on virulence trait characterization of clinical *E. spp.* isolates in India. At the same time, it will help to serve as a guide in the choice of empirical therapy in enterococcal infections leading to favorable clinical outcomes by decreasing the clinical failure, microbiological persistence, and associated mortality, and will lead to future studies on controlling the spread of virulent and multiresistant isolates.

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Antibiogram Pattern and Virulence Trait Characterization of Enterococcus Species

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Introduction

Enterococci, normally considered commensal members of healthy intestinal microbiota of humans and animals, have gained widespread importance due to their increased isolation rates in both community-related and nosocomial infections with substantial morbidity and mortality.\(^1,^2\) Worldwide, enterococci are considered the second most common etiologic agent of urinary tract infections and third of nosocomial bacteremia\(^1,^3\). Other significant infections caused by enterococci include peritonitis, cholecystitis, meningitis, wound, and soft tissue infections, catheter-related infections, endocarditis, neonatal sepsis, intra-abdominal and pelvic infections, and endodontic and medical device-associated infections.\(^2-^6\) Of more than 50 species known, Enterococcus faecalis and E. faecium together account for the majority of approximately 90% of clinical isolates (E. faecalis 80–85% and E. faecium 10–15%).\(^1-^3\) Other less commonly isolated species include E. gallinarum, E. casseliflavus, E. avium, E. durans, E. raffinosus, E. mundtii, and E. hirae, accounting for approximately 5 to 10% infections.\(^1,^3,^7,^8\)

Therapy of infections caused by enterococci is problematic because of their intrinsic reduced susceptibility to several frequently used antimicrobial agents such as aminoglycosides (except for high-level resistance), clindamycin, cephalosporins, and trimethoprim/sulfamethoxazole.\(^9-^11\) Moreover, acquired resistance through lateral gene transfer to other agents, (\(\beta\)-lactams, macrolides, glycopeptides, and oxazolidinones) with subsequent emergence of multidrug-resistant (MDR), high-level aminoglycoside-resistant (HLAR) and glycopeptide-resistant enterococci (GRE), including vancomycin-resistant enterococci (VRE), make it more challenging.\(^9-^{11}\) VRE infections are associated with higher mortality, longer hospital stay, and higher costs compared with vancomycin-susceptible isolates and are recognized as a leading cause of outbreaks of hospital-acquired infections and intensive care unit (ICU) hospitalized patients.\(^12-^{15}\)

Nine types of vancomycin-related operons/genetic elements (\(\text{vanA, vanB, van C1/C2/C3, vanD, vanE, vanG, vanL, vanM, and vanN}\)) associated with glycopeptide-resistance in enterococci, \(\text{vanA, and van B}\) are by far the most prevalent types and \(\text{E. faecium}\) is the predominant species of GRE.\(^8-^{11}\)

It is important to perform accurate molecular identification of \(\text{van}\) types along with accurate species identification since at times, enterococci exhibit different phenotypic profile of glycopeptide-resistance which may pose infection control problems.\(^16-^{18}\) For example, \(\text{vanA}\) genotype VRE strains exhibiting \(\text{vanB}\) phenotype pattern have been reported from South Korea, Japan, China, as well as India.\(^16-^{18}\) Sometimes, unexpected outbreaks with an unanticipated \(\text{van}\) type may occur representing a change in local epidemiology and necessitating major changes in infection control policies and responses.\(^19\) A recent study, in fact, has highlighted the importance of adjusting for \(\text{E. species}\) when assessing the burden of vancomycin resistance.\(^20\) Additionally, though linezolid and daptomycin have been the drug of choice for management of infections caused by VRE,\(^8,^{10,11,21}\) both linezolid- and daptomycin-resistant enterococci have emerged recently with simultaneous resistance to both vancomycin and linezolid, as well as to vancomycin and daptomycin.\(^22-^{25}\)

Study of another aspect of enterococcal infections, that is, the pathogenic mechanisms or virulence factors (VFs) is gaining importance as the process of invasion is usually facilitated by damage to host tissues and presence of VFs such as adhesins, colonization factors, and cell aggregates, such as biofilms.\(^2,^5,^{26-27}\) The various VFs encoded by their respective genetic elements consist of both extracellular proteases, as well as cell surface-associated proteins of which gelatinase (\(\text{gelE}\)), hyaluronidase (\(\text{hyl}\)), cytolsin (\(\text{cylA}\)), enterococcal surface protein (\(\text{esp}\)), accessory colonization factor (\(\text{ace}\)), aggregation factor (\(\text{asa1}\)), and endocarditis antigen (\(\text{efaA}\)) have been studied most intensively.\(^26-^{29}\) Phenotypic characteristics, such as hemolysis and biofilm formation, have also been recognized as critical for in vivo bacterial growth.\(^26-^{29}\) Some studies show a relation between the presence of virulence genes and multiple antibiotic resistance, whereas others speculate that virulence genes did not affect the pattern of antimicrobial resistance.\(^30,^{32}\)

Hence, we undertook this study to determine the current pattern of species distribution, antimicrobial susceptibility, and virulence determinants among clinical isolates of enterococci.

Methods

The study, approved by Institutional Ethical Committee, was conducted over a period of 1 year from April 2017 to March 2018 in a tertiary-care research, referral, and teaching hospital in Eastern India.

Isolate Identification and Susceptibility Testing

Consecutive, nonrepeated, discrete, and clinically significant isolates of \(\text{E. species}\) identified by standard microbiological techniques were included in the study.\(^1,^3\)

Identification was based on the typical magenta-colored colonies on the MacConkey agar, gram-positive reaction, catalase-negativity, growth on and blackening of bile-esculin agar, growth in the presence of 6.5% sodium chloride, heat tolerance test, motility testing, pigment production, and various biochemical tests including arginine dihydrolase reaction and carbohydrate fermentation reactions in purple broth. Susceptibility testing to antimicrobial agents was performed as per the latest Clinical and Laboratory Standards Institute guidelines using discs of standard concentration.\(^33\) Susceptibility to ampicillin, vancomycin, teicoplanin, linezolid, daptomycin, and fosfomycin was confirmed by gradient minimum inhibitory concentration (MIC) method with EzyMIC strips (HiMedia, Mumbai, India; \(\text{Fig. 1A}\)). HLAR included detection of both high-level gentamicin resistance (HLGR) and high-level streptomycin resistance (HLSR) using discs of gentamicin (120 \(\mu\)g) and streptomycin (300 \(\mu\)g) and confirmed by EzyMIC (gentamicin MIC \(\geq\) 500 \(\mu\)g/mL and streptomycin MIC \(\geq\) 2,000 \(\mu\)g/mL).\(^33\) Strains with intermediate resistance were included in the percentage of resistant isolates. Multidrug-resistance was defined as nonsusceptibility to at least one
agent in three or more antimicrobial categories. Standard strains of E. faecalis ATCC 29212 (vancomycin susceptible), E. faecium ATCC 35667 (vancomycin susceptible), E. faecalis ATCC 51299 (vancomycin-resistant and HLAR), and E. casseliflavus ATCC 700327 were used as controls.

Phenotypic Detection of Virulence Traits

Hemolysin Activity
A brain–heart infusion agar plate supplemented with 5% human blood was inoculated with pure isolates and incubated at 37°C for 24 h. A clear zone of β-hemolysis around the bacterial colonies indicated the production of hemolysin (Fig. 1B). Biofilm-Forming Assay
Isolates were tested for biofilm-production by semiquantitative microtiter-plate adherence assay as per Stepanović et al and interpreted as follows: less than 0.12, nonbiofilm producer; 0.12–0.24, moderate biofilm producer; and greater than 0.24, strong biofilm producer. Staphylococcus epidermidis strains ATCC 35984 (strong biofilm producer) and ATCC 12228 (nonbiofilm producer) were used as controls.

Molecular Investigations
All isolates were investigated by polymerase chain reaction (PCR) for species confirmation using species-specific primers and for presence of virulence-encoding genes using a panel of oligonucleotide primer pairs (Sigma-Aldrich Ltd, St. Louis, Missouri, United States) with their expected amplicon sizes as listed in Table 1. To detect the presence of genes encoding the virulence factors, one triplex PCR (asa1/gelE/esp), one duplex PCR (hyl/cylA), and two single PCRs (ace and efaA) were performed. All phenotypic screen-positive GRE isolates were investigated for presence of vanA and vanB genes using primer pairs shown in Table 1. Control

Table 1

| Target gene | Virulence factor/ resistance determinant | Oligonucleotide sequence (5′–3′) | Amplicon size (bp) | Annealing temperature (°C) | Reference |
|-------------|-----------------------------------------|---------------------------------|-------------------|--------------------------|-----------|
| *gelE*      | Gelatinase                              | TAT-GAGAAT-GCT-CTT-TGG-GAT      | 213               | 56                       | 28        |
|             |                                         | AGA-TGC-AGG-CGA-AAT-ATA         |                   |                          |           |
| *hyl*       | Hyaluronidase                           | ACA-GAA-GAG-CTG-CAG-GAA-ATG     | 276               | 56                       | 28        |
|             |                                         | GACTGAGCTT-CAA-AGT-TTC-CAA      |                   |                          |           |
| *cylA*      | Cytolysin                              | ACT-GCG-GGA-TGG-ATA-GGC         | 688               | 56                       | 28        |
|             |                                         | GCT-GCT-AAG-GGT-GGG-CCT        |                   |                          |           |
| *esp*       | Enterococcal surface protein            | AGA-TTT-CTTT-TGG-TGT-TTG-GAA   | 510               | 56                       | 28        |
|             |                                         | GAT-TGA-TGT-TTG-AGA-ATG-TGG    |                   |                          |           |
| *asa1*      | Aggregation substance                   | GCA-GCGT-TAT-CGG-AGA GAA-CTA-TGA| 375               | 56                       | 28        |
|             |                                         | TAA-GAA-AGA-ACA-CCA-CCA-CGA   |                   |                          |           |
| *ace*       | Collagen binding protein                | GCA-ATG-ACC-AGG-ATC-GCC         | 616               | 62                       | 29        |
|             |                                         | GCT-TGA-TGT-TGG-CCT-GCT-TGG    |                   |                          |           |
| *efaA*      | endocarditis antigen A                  | GCC-ATG-GTT-GCC-AGA-CGGTC       | 688               | 60                       | 29        |
|             |                                         | CGC-CTT-CTT-TGG-CGT-CCT-TGG-C  |                   |                          |           |
| *vanA*      | vanA gene                              | CT-GAA-TAG-AAA-AGT-TGG-ATT-A    | 1,030              | 55                       | 36        |
|             |                                         | CAG-TTA-CAG-TGA-ATG-CAA-AAA    |                   |                          |           |
| *vanB*      | vanB gene                              | GTT-ACA-AGG-AGG-AGG-AGG-AGG   | 433               | 60                       | 36        |
|             |                                         | CGG-CCA-TGG-GCAG-AGA-AGA-AGT   |                   |                          |           |
| *E. faecalis* | Species identification              | ATC-AAG-ATG-ATG-TCT-TTA-TTA-G | 941               | 55                       | 36        |
|             |                                         | ACG-ATT-CAG-ACT-CAA-CTG-AG-TAG-CAA |             |                          |           |
| *E. faecium* | Species identification                | TGT-AGT-GAG-AGG-AGA-TGG-AGA   | 658               | 58                       | 36        |
|             |                                         | TAT-GAG-AGG-GAC-TCC-GAT-TCC    |                   |                          |           |
strains used were *E. faecium* ATCC 35667, *E. faecalis* ATCC 29212 (positive control for *asa1* and *gelE*), and *E. faecalis* ATCC 51299 (*vanB* genotype, positive control for *cylA*, *efaA*, *ace*).

**Results**

**Patient Demographics**

A total 111 *E. species* were isolated during the study period, 89 (80.1%) from urine, 16 (14.4%) from pus, and 6 (5.4%) from blood. Table 2 displays the species identities along with specific sources of the isolates, consisting of *E. faecalis* (67, 60.4%), *E. faecium* (32, 28.8%), *E. hirae* (5, 4.5%), *E. durans* (4, 3.6%), *E. avium* (2, 1.8%), and *E. mundtii* (1, 0.9%). Ten (9.0%) were from outpatient department, 84 (75.6%) from admitted patients, and 17 (15.3%) from ICUs. Forty one (36.9%) were from male patients, whereas 70 (63.1%) were from females. The lowest and highest age at which an *E. species* was isolated was from blood sample of a 7-day-old female child and *E. durans* from urine sample of a 77-year-old female elderly patient, respectively.

**Antimicrobial Resistance Profile and Distribution of Glycopeptide-Resistance Genes**

Resistance profile and MIC characteristics of the isolates to various antimicrobial agents are shown in Tables 3 and 4, respectively. Overall, 107 isolates were resistant to one or more agents; erythromycin (103, 92.8%), ciprofloxacin (98, 88.2%), levofloxacin (95, 85.6%), and doxycycline (72, 64.8%). Compared with *E. faecalis*, the *E. faecium* isolates were

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**Table 2** Distribution and species identities of enterococci isolated from clinical specimens

| Specimen | Number (%) of isolates | E. faecalis | E. faecium | E. hirae | E. durans | E. avium | E. mundtii | Total no. of isolates |
|----------|------------------------|------------|------------|----------|-----------|----------|------------|-----------------------|
| Urine    | 58 (65.1)              | 24 (26.9)  | 4 (4.5)    | 3 (3.4)  | –         | –         | 89         |
| Pus      | 6 (37.5)               | 5 (31.2)   | 1 (6.2)    | 2 (12.5) | 1 (6.2)   | –         | 16         |
| Blood    | 3 (50)                 | 3 (50)     | –          | –        | –         | –         | 6          |
| Total    | 67 (60.4%)             | 32 (28.8%) | 5 (4.5%)   | 4 (3.6%) | 2 (1.8%)  | 1 (0.9%)  | 111        |

**Table 3** Comparative resistance profile of *Enterococcus* species to various antimicrobial agents

| Antimicrobial/or resistant phenotype (disc strength in µg) | n (%) of resistant isolates | E. faecalis (n = 67) | E. faecium (n = 32) | Other enterococci (n = 12) | Total (n = 111) |
|---------------------------------------------------------|-----------------------------|----------------------|---------------------|-----------------------------|-----------------|
| Ampicillin (10)                                        | 5 (7.5)                     | 31 (96.9)            | 1 (8.3)             | 37 (33.3)                   |
| Vancomycin (30)                                        | 1 (1.5)                     | 6 (18.7)             | 0                   | 7 (6.3)                     |
| Teicoplanin (30)                                       | 1 (1.5)                     | 6 (18.7)             | 0                   | 7 (6.3)                     |
| HLAR* (120 and 300)                                    | 39 (58.2)                   | 26 (81.2)            | 5 (41.6)            | 70 (63.1)                   |
| Ciprofloxacin (5)                                      | 61 (91.0)                   | 31 (96.9)            | 6 (50.0)            | 98 (88.2)                   |
| Levofloxacin (5)                                       | 58 (86.6)                   | 31 (96.9)            | 6 (50.0)            | 95 (85.6)                   |
| Doxycycline (30)                                       | 52 (77.6)                   | 16 (50.0)            | 4 (33.3)            | 72 (64.8)                   |
| Chloramphenicol (30)                                   | 26 (38.8)                   | 7 (21.9)             | 1 (8.3)             | 34 (30.6)                   |
| Erythromycin (15)                                      | 64 (95.5)                   | 31 (96.9)            | 8 (66.6)            | 103 (92.8)                  |
| Rifampicin (5)                                         | 26 (38.8)                   | 30 (93.7)            | 4 (33.3)            | 60 (54.1)                   |
| Linezolid (30)                                         | 1 (1.5)                     | 4 (12.5)             | 0                   | 5 (4.5)                     |
| Nitrofurantoinb (300)                                  | 3/58 (5.2)                  | 14/24 (58.3)         | 1/7 (14.3)          | 18/89 (20.2)                |
| Fosfomycinc (200)                                      | 3/58 (5.2)                  | –                    | –                   | 3/58 (5.2)                  |
| Daptomycind                                          | 0                           | 0                    | 0                   | 0                           |
| Multidrug resistance                                  | 35 (52.2)                   | 30 (93.7)            | 5 (41.6)            | 70 (63.1)                   |

Abbreviation: HLAR, high-level aminoglycoside resistance.
*HLAR includes both high-level gentamicin resistance and/or high-level streptomycin resistance.
*Tested only in urinary isolates.
*Tested only in urinary isolates of *E. faecalis*.
*Tested by Etest only.
*p < 0.05 (significant) for difference in resistance between *E. faecalis* and *E. faecium* by Chi-square test.
### Table 4
Minimum inhibitory concentration characteristics of Enterococcus species to various antimicrobials

| Antibiotic     | No. of isolates | MIC<sub>50</sub> (µg/mL) | MIC<sub>90</sub> (µg/mL) |
|---------------|-----------------|---------------------------|--------------------------|
| Ampicillin    | 111             | 0.25                       | >256                     |
| Vancomycin    | 111             | 0.75                       | >256                     |
| Teicoplanin   | 111             | 1.5                        | >256                     |
| Daptomycin    | 111             | 0.125                      | 32                       |
| Fosfomycin    | 58              | 0.032                      | 0.032–>256               |

**Abbreviation:** MIC; Minimum inhibitory concentration.

### Table 5
Distribution of Virulence Traits

As regard to the virulence traits tested, hemolysin activity was displayed by none of E. faecium; but significantly by 52.2% E. faecalis isolates (Table 3). Resistance to ciprofloxacin, levofloxacin, and erythromycin was similar in both the species. Isolated HLGR and HLSR was observed in 33 (29.7%) and 11 (9.9%) isolates, respectively, with both in 26 (23.4%) isolates. Thus, HLGR occurred in 59 (53.1%), while HLSR was displayed by 37 (33.3%) isolates. In toto, a total of 70 (63.1%) isolates displayed HLEAR (both HLGR and HLSR) comprising of 39 E. faecalis, 26 E. faecium, 3 E. durans, 1 E. avium, and 1 E. mundtii. As regard to MICs, in case of ampicillin, maximum isolates (32, 28.8%) demonstrated high MICs of greater than 256 µg/mL followed by 1 µg/mL (25, 22.5%). In case of vancomycin, maximum isolates (33, 29.7%) displayed MIC of 1 µg/mL, while for teicoplanin, majority (60, 54.1%) had MIC 0.5 µg/mL (Table 4). Multidrug-resistance was observed in 63.1% isolates, significantly higher in E. faecium than E. faecalis (93.7 vs. 52.2%; p < 0.05).

Seven isolates (6.3%) were glycopeptide-resistant (six E. faecium and one E. faecalis), three from blood (two E. faecium and one E. faecalis), and four from urine (all E. faecalis; Table 5). E. faecium was thus accounted for 85.7% (six of seven) of GRE, all from inpatients, including three from ICUs. Furthermore, all GRE exhibited vanA phenotype and harbored the vanA gene cluster demonstrating complete agreement between phenotypic susceptibility test results and resistance genotypes (Table 5). All GRE displayed HLGR along with resistance to ampicillin, ciprofloxacin, levofloxacin, and rifampicin. One, two, three, and five GRE isolates retained susceptibility to erythromycin, high-level streptomycin, chloramphenicol, and doxycycline, respectively (Table 5). All Enterococcus isolates were susceptible to daptomycin, while 106 (95.5%) were susceptible to linezolid (Tables 3 and 4). Two (1.8%) E. faecium isolates, one each from blood and urine exhibited simultaneous resistance to glycopeptides and linezolid.

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Table 5  Specimen types, patient details, and microbiological characteristics of glycopeptide-resistant enterococci (n = 7)

| Strain no. | Species          | Age (y) and sex | Specimen | Location | Resistance phenotype | Type of van gene | Minimum Inhibitory Concentration (MIC) (µg/mL) | Susceptibility to other antibiotics |
|------------|------------------|-----------------|----------|----------|----------------------|------------------|-----------------------------------------------|-----------------------------------|
| R22        | Enterococcus faecium | 33, M           | Urine    | Ward     | vanA                  | vanA             | >256                                          | LZ, DM                            |
| R36        | E. faecium       | 11, F           | Blood    | Ward     | vanA                  | vanA             | >256                                          | DC, LZ, DM                        |
| R59        | E. faecium       | 51, M           | Urine    | ICU      | vanA                  | vanA             | >256                                          | DC, LZ, DM                        |
| R82        | E. faecium       | 65, F           | Blood    | ICU      | vanA                  | vanA             | 16                                            | LZ, DM                            |
| R106       | E. faecium       | 49, F           | Urine    | ICU      | vanA                  | vanA             | >256                                          | DC, LZ, DM                        |
| R107       | E. faecium       | 71, M           | Blood    | Ward     | vanA                  | vanA             | >256                                          | LZ, DM, CP, LZ, DM                 |
| R108       | E. faecalis      | 64, M           | Blood    | Ward     | vanA                  | vanA             | 16                                            | LZ, DM, CP, LZ, DM                 |

**Abbreviations:** CP, chloramphenicol; DC, doxycycline; DM, daptomycin; EM, erythromycin; HLS, high-level streptomycin; ICU, intensive care unit; LZ, linezolid; MIC, minimum inhibitory concentration.

Production, biofilm-formation, and asa1, gelE, and cyaA genes while VRE isolates were significantly associated with only esp gene (Table 7).

### Discussion

The present study provides an estimate of the recent pattern of species distribution, antimicrobial susceptibility, and virulence trait profiles of clinical enterococcal isolates in an Indian tertiary care hospital. Frequency of isolation was predominantly from urine specimens followed by wound exudates or blood, as has been observed in other studies from India and abroad.\(^{37-43}\) E. faecalis as the overall predominant isolate is congruent with previously published literature.\(^{37-43}\) The proportion of E. faecium (28.8%), however, appears moderately high in our institute. This might be due to the increased use of antibiotics expected in a tertiary care institute such as ours which selects out the more resistant species. Recent studies from India and outside have reported rising rates of E. faecium as high as 44.5% (49/110) to 48.3% (80/178).\(^{37,43}\) At other places, however, E. faecium still constitutes only approximately 4 to 10% of the enterococcal isolates.\(^{41,42}\) E. hirae was found as the predominant non-E. faecalis and non-E. faecium isolate in the current study comprising of 4.5% of the total isolates. E. hirae as one of the non-E. faecalis and non-E. faecium isolates from clinical specimens has been described only on few instances before, ranging from 1.6 to 3.0%.\(^{37,39-41}\) So the relative distribution of *Enterococcus* may vary from place to place and also between the institutions. As in previous studies, majority isolates were from admitted patients and ICUs.\(^{18,44}\) In Iran, the frequency of VREs isolated from ICUs, nephrology, and internal wards were 33.3, 20.8, and 16.7%, respectively.\(^{44}\) In an Indian setting, 291 (79.3%) of 367 isolates were obtained from inpatients with rest from outpatients.\(^{18}\)

A high resistance rate to various antimicrobials (erythromycin, ciprofloxacin, levofloxacin, and doxycycline) was observed in the current study which is a cause of concern and precludes their use in routine treatment of enterococcal infections in this region. On the other hand, moderate-to-low resistance was observed to nitrofurantoin (20.2%), fosfomycin (5.2%), and linezolid (4.5%) and none to daptomycin. These latter antimicrobials may therefore be indicated for treatment of enterococcal infections, especially nitrofurantoin and fosfomycin may be recommended for empirical treatment of urinary tract infection due to *E. species* in our region. Similar high resistance to various antimicrobials has been observed in Iran, Egypt, Turkey, and in another hospital in Eastern India.\(^{38,42,43,45}\)

Multidrug-resistance, as well as HLA, was observed in 63.1% isolates (HLGR in 53.1% and HLSR in 33.3%) in our study. HLGR and HLSR were detected in 50 and 34% isolates in the study from Iran with MDR observed in 36%.\(^{42}\) In Egypt, all E. faecium and 74.6% of E. faecalis were MDR with HLGR detected in 79.6% and HLSR seen in 36.9% isolates.\(^{38}\) Frequency of HLA in India ranges from 47.41 to 72.47%.\(^{32,39}\) Since enterococcal resistance to gentamicin and streptomycin occur by different mechanisms of enzymatic inactivation,
Daptomycin seems to be an alternative therapeutic option for GRE with over 99.8% isolates worldwide being susceptible from 2009 to 2013. However, the proportions of daptomycin-resistant E. faecalis and E. faecium were 3.23 and 10.53%, respectively, in a national collaborative study performed in Spain. Linezolid, fosfomycin, and chloramphenicol are some of the other few agents that retain in vitro activity against many strains of multiple-drug resistant E. species. Praharaj et al found 37.5% of VRE isolates to be susceptible to chloramphenicol; same has been observed in the current study. With regard to the linezolid, though it is highly active against gram-positive cocci (GPC) and has good tissue penetration, the rapid emergence of linezolid-resistant GPC is alarming and requires ongoing surveillance. Recent literature review shows linezolid resistance varying from 0.2 to 9.7% among enterococci.

Analysis of the virulence traits in the current study showed that majority of the virulence-encoding genes (efa, ace, asa1, gell, and cylA) were significantly more prevalent in E. faecalis compared with E. faecium (p < 0.05), with only esp and hyl genes more prevalent in E. faecium. These findings are in accordance with previous reports which state the predominant association of esp and hyl genes with E. faecium and that of the other genes with E. faecalis. The esp gene was also significantly more prevalent (p = 0.05) among VRE than among the VSE in Malaysia, with six of seven
(85.7%) VRE versus 95 of 215 (44.2%) VSE isolates carrying the gene.53 In fact, “esp” is considered as a marker for an epidemic clone of E. faecium that has spread across the countries.54 Overall, our results are similar to a study in Turkey, wherein efa gene was the most frequently detected virulence gene (92.7%), followed by ace (83.6%) in 110 isolates and all except hyl were significantly higher in E. faecalis isolates (p < 0.05).43 The least prevalent virulence-encoding gene in the current study was hyl which was detected in only seven (6.3%) isolates and may have little role in pathogenicity in comparison to other genes.

As regard to the phenotypic virulence traits, 31.61 and 26.12% of 310 enterococcal isolates in a study from North India demonstrated hemolysis and biofilm production, respectively, slightly lower than in the current study.32 In Egypt, the ability to form a biofilm was detected in almost all clinical isolates examined (97/103, 94.2%) with vancomycin- and linezolid-resistant enterococci more likely to exhibit strong/moderate biofilm formation than vancomycin- and linezolid-sensitive ones.38 This difference in behavior could be due to local strain-to-strain variation between different geographical regions or different rates of adaptability of the isolates to the local environments. Overall, we found an inverse relationship between antimicrobial resistance and virulence traits; the frequency of majority of virulence traits being lower in isolates displaying higher resistance to antibiotics.

**Conclusion**

In view of increasing resistance to glycopeptides in enterococci and emerging resistance to currently available alternative therapeutic options for GRE, such as linezolid and fosfomycin, the susceptibility status of various antibiotics among clinical E. species isolates needs to be investigated periodically. To prevent infection and transmission of virulent and resistant enterococcal isolates in the hospital setting, appropriate surveillance and strict infection control measures need to be followed. The present study will contribute to the existing limited data on virulence trait characterization of clinical E. species isolates in India. At the same time, it will help to serve as a guide in the choice of empirical therapy in enterococcal infections leading to favorable clinical outcomes by decreasing the clinical failure, microbiological persistence, and associated mortality and will lead to future studies on controlling the spread of virulent and multi-resistant isolates.

**Authors’ Contributions**

S.M. provided substantial contribution to the conception and design of the study, contributed to the acquisition, analysis and interpretation of data for the work, drafted the manuscript, and gave final approval of the version to be published.

B.B. helped in the literature search, contributed in the analysis and interpretation of data, and critically revised the work for important intellectual content.

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**Conflicts of Interest**

There are no conflicts of interest. The funding source had no role in the design, data acquisition, analysis and interpretation of the study, as well as writing of the manuscript.

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