Effectiveness of a double-carbapenem combinations against carbapenem-resistant Gram-negative bacteria

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ABSTRACT

The emergence of carbapenem-resistant organisms posed considerable threat to global health while only limited treatment options are available and led to efforts to discover a novel way to treat them. To evaluate in vitro synergistic activity of meropenem plus ertapenem, a total of 203 carbapenem-resistant strains, collected from 12 provinces and municipalities in China, were examined with a dual carbapenem combination therapy. The statistical software R was used for analysis. Two hundred and one (201) of carbapenem-resistant strains mainly produced four types of carbapenemase: KPC-2 (n = 142, 69.95%), OXA-232 (n = 7, 3.45%), NDM (n = 38, 18.72%; 36 NDM-1, 1 NDM-4, 1 NDM-5), and IMP (n = 15, 7.39%; 1 IMP-26, 10 IMP-30, 4 IMP-4). Fifty-one out of two hundred and three (51/203 or 25.12%) of the examined strains showed a synergistic effect for the meropenem plus ertapenem combination throughout the checkerboard method, while only three isolates showed potential clinically relevant synergy (3/203, 1.48%). An additive effect was observed in 55/203 (27.09%) of the examined strains. Ninety-seven of the examined isolates (47.78%) showed fractional inhibitory concentration (FIC) greater or equal to 2 (indicating antagonism). The synergistic activity of meropenem plus ertapenem combination suggests this combination can be a possible way to treat the infection caused by the carbapenem-resistant organisms, especially for IMP or NDM producer with a lesser minimum inhibitory concentration (MIC) and the infected individual who was not recommended to use colistin or tigecycline.

1. Introduction

The prevalence of multidrug-resistant (MDR) bacteria which cause significantly high morbidity and mortality rates continued to increase on a global basis (Siegel et al., 2007). Carbapenems, such as ertapenem, meropenem, doripenem and imipenem, were considered as the last-line antibiotics used in clinical settings for the treatment of MDR pathogen infections. However, with the continuous consumption of carbapenems, carbapenem-resistant Gram-negative bacteria (CR-GNB) such as Pseudomonas aeruginosa (P. aeruginosa), Acinetobacter baumannii (A. baumannii) and Enterobacteriaceae were constantly increasing (Chen et al., 2011; Kizny Gordon et al., 2017; Zhang et al., 2018). CR-GNB frequently cause severe infections leading to high mortality rate. For example, approximately 32% patients of bloodstream infections, which were...
caused by carbapenem-resistant Enterobacteriales (CRE), died within 14 days (Tamma et al., 2017).

Carbapenem resistance in Gram-negative bacteria is mainly due to intrinsic and/or acquired resistant mechanisms including the changes of bacterial penicillin-binding proteins, enhanced efflux pump and expression, alteration in the outer membrane proteins, and production of various carbapenemases (Meletis, 2016; Codjoe and Donkor, 2017). Among them, the production of carbapenemases is the most important clinically since carbapenemases are able to hydrolyze essentially all beta-lactam antibiotics (Queenan and Bush, 2007). Also, the transferability of carbapenemase genes which were encoded on plasmids or transposons significantly expanded their host range and posed serious threat to public health (Meletis, 2016). Carbapenemases are commonly categorized using the Ambler classification scheme, into molecular class A, B, and D β-lactamases (Ambler, 1980). The KPC type (class A), NDM, VIM and IMP types (class B) and OXA-48 (class D) carbapenemases are among the most important carbapenemases in terms of carbapenem hydrolysis activity and geographical dissemination (Poirel et al., 2012; Meletis, 2016).

While carbapenem resistance was at relatively low prevalence among P. aeruginosa and A. baumannii, the prevalence among the Enterobacterales was growing, leading to the concern for a potential rise of untreatable community-acquired infections (Tangden and Giske, 2015). Imipenem/relebactam, meropenem/vaborbactam, ceftazidime/avibactam, approved to treat CR-GNB infections currently, are capable of hydrolysing Ambler class A and C enzymes but are not effective against class B/D β-lactamases (Wong and van Duijn, 2017; Yu et al., 2021; Jean et al., 2022). Ceftepime/tazobactam have been approved for the treatment of infections caused by MDR. However, recent studies reported that only 1.9–7.1% of CR-GNB were susceptible to ceftepime-tazobactam (Yin et al., 2019). Cefepime is a newly approved, siderophore cephalosporin with potent in vitro activity against CR-GNB, while limited clinical data were available for the in vitro efficacy of cefepime against CR-GNB in China to date. Antibiotics, including colistin, tigecycline, gentamicin and fosfomycin, remain effective for the treatment of infections caused by CR-GNB, while the renal toxicity and poor diffusion in the urinary tract of antibiotics such as colistin and tigecycline constrain their clinical application (Karasikos and Giamarello, 2014; Trecarichi and Tumbarello, 2017).

Alternatively, pioneer studies have demonstrated that combinations of multiple carbapenemases, such as ertapenem or doripenem, meropenem or imipenem, provided a synergistic efficacy over monotherapies, against CR-GNB infections in vitro and in animal studies (Bulik and Nicolau, 2011; Cecarelli et al., 2013; Giamarello et al., 2013). Combinations therapy of ertapenem with another carbapenem were prompted by the evidence that ertapenem, as a suicide antibiotic, could bind to the active site of carbapenemase in a high affinity which further prevented the hydrolysis of the other carbapenem molecule and preserved its bactericidal activity. To our knowledge, the effectiveness of dual carbapenem combinations have only been tested in vitro among carbapenem-resistant Klebsiella pneumoniae and A. baumannii (Poirel et al., 2015; Nordmann et al., 2020). Here, we conducted a comprehensive study to evaluate the in vitro activity of double carbapenem combination with meropenem and ertapenem against a collection of CR-GNB strains encoding diverse carbapenemases.

2. Materials and methods

2.1. Strain collection

CRE are a type of Enterobacterales that test resistant to at least one of the carbapenem antibiotics (ertapenem, meropenem, doripenem or imipenem) or produce a carbapenemase. According to this definition based on CDC, a collection of 203 clonally unrelated clinical CR-GNB isolates with a meropenem MIC ≥ 4 μg/mL, or an ertapenem MIC ≥ 2 μg/mL were included in this study (Table S1). These strains were isolated in 2018 from intestinal tract (n = 40, 19.70%) and respiratory tract (n = 163, 80.30%) specimens from ICU departments in hospitals located in 12 provinces and municipalities in China (Anhui, Chongqing, Fujian, Henan, Hunan, Jiangxi, Jilin, Liaoning, Shanghai, Tianjin, Yunnan and Zhejiang). All strains have been previously identified using the matrix-assisted laser desorption/ionization-time-of-flight mass spectrometry (Bruker Daltonik GmbH, Bremen, Germany) and fully characterized for their carbapenemase genes by PCR and sequencing (Poirel et al., 2011).

2.2. Checkerboard synergy testing and statistical analysis

Checkerboard synergy testing was performed with the broth microdilution assay as described previously (Elemam et al., 2010). Graded concentrations of meropenem and ertapenem were mixed, with each antibiotic ranging from 0.5–8 μg/mL and 0.5–32 μg/mL, respectively. Clinical and Laboratory Standards Institute-recommended interpretive breakpoints were used for all categorical interpretations (CLSI, 2020). The experiment was conducted in duplicate.

Fractional inhibitory concentration (FIC) indexes were calculated according to the formula ΣFIC = FIC of drug A + FIC of drug B, where FIC of drug A/B = MIC of drug A/B in combination divided by the MIC of drug A/B alone (Poirel et al., 2015). The lowest FIC index value (FICI-MIN) in each checkerboard array was used to determine whether the combination was synergistic. The results was interpreted based on the following: FIC values of ≤0.5 indicate complete synergy, FIC values of >0.5–1 indicate partial synergy, FIC values of 1 (inclusive) to 2 indicate additive and FIC values of ≥2 indicate antagonism (Oliva et al., 2016). If the FICI-MINs of both antibiotics were within the susceptible or intermediate category, potential clinically relevant synergy was considered.

2.3. Data analysis

Statistical analysis was performed using R software v3.6.1 (R Foundation, Vienna, Austria). Categorical variables were compared by using the Fisher’s exact test. Multiple comparison after Fisher’s exact test was performed using the Bonferroni method.

2.4. Ethics statement

The study was approved by the Ethics Committee of Second Affiliated Hospital, Zhejiang University School of Medicine (2019–074). All subjects gave written informed consent in accordance with the Declaration of Helsinki.

2.5. Biosafety statement

All concerns related to the safe and appropriate use of human-derived materials and infectious agents were approved by the Institutional Biosafety Committee of Second Affiliated Hospital of Zhejiang University, School of Medicine. All experiments were conducted under the guidelines from the Biological Agent Reference Sheet.
3. Results

3.1. Overview of the clinical isolates

The 203 CR-GNB isolates included 134 K. pneumoniae, 7 K. aerogenes, 1 K. michiganensis, 30 E. coli, 2 C. freundii, 2 C. koseri, 4 E. hormaechei, 1 P. rettgeri, 10 P. aeruginosa, 10 S. marcescens and 2 R. planticola (Table S1). They produced four main types of carbapenemase, including KPC-2 (n = 142, 69.95%), OXA-232 (n = 7, 3.45%), NDM (n = 38, 18.72%; 36 NDM-1, 1 NDM-4, 1 NDM-5) and IMP (n = 15, 7.39%; 1 IMP-26, 10 IMP-30, 4 IMP-4), with 1 K. michiganensis co-producing KPC-2 and NDM-1 and 2 isolates (1 K. aerogenes and 1 K. pneumoniae) carried no carbapenemase gene (Table 1). The remaining 6 K. aerogenes and all the S. marcescens and P. aeruginosa contained KPC-2 while the E. coli included in this study contained three types of carbapenemase (IMP-26, KPC-2, NDM). The K. pneumoniae included in this study contained the most gene (IMP, KPC, NDM) and all the examined strains contained KPC or NDM.

3.2. Overview of the in vitro experiment outcomes

Antimicrobial susceptibility testing for the 203 CR-GNB showed that all isolates were resistant to meropenem or ertapenem. The isolate co-producing KPC-2 and NDM-1 showed high MICs of both carbapenems, which were 8 mg/L for meropenem and 32 mg/L for ertapenem, respectively (Table S1). FIC of drug meropenem, FIC of drug ertapenem and the ZFIC for all the isolates were presented in Table S1. In vitro synergistic activity was systematically observed in 51 (25.12%) isolates, including 1 (0.49%) complete synergy and 50 (24.63%) partial synergy. Among these, only 8 isolates showed potential clinically relevant synergy (3.94%). Additivity was observed in 55 (27.09%) strains. Antagonism (defined by a FIC/C ratio > 2) was noticed with 97 (47.78%) of the examined isolates (Fig. 1). Intriguingly, all isolates exhibiting antagonism were highly resistant to both meropenem and ertapenem, with MICs ≥ 8 mg/L and 32 mg/L, respectively.

3.3. Evaluation of meropenem-ertapenem combination on different CR-GNB species

The 51 isolates that exhibited synergistic activity with meropenem-ertapenem combination included 16 (53.33%) E. coli, 22 (16.12%) K. pneumoniae, 5 (15.84%) K. aerogenes, 1 (25.00%) E. hormaechei, 1 (50.00%) C. koseri, 5 (50.00%) S. marcescens and 1 (50.00%) R. planticola. Additivity was observed among 2 (28.57%) K. aerogenes, 11 (36.67%) E. coli, 30 (22.39%) K. pneumoniae, 2 (100.00%) C. freundii, 3 (75.00%) E. hormaechei, 1 (50.00%) C. koseri, 2 (20.00%) P. aeruginosa, 3 (30.00%) S. marcescens and 1 (50.00%) R. planticola. Isolates among which antagonism was noticed included 3 (10.00%) E. coli, 82 (61.19%) K. pneumoniae, 8 (80.00%) P. aeruginosa, 2 (20.00%) S. marcescens, 1 (100.00%) P. rettgeri and 1 K. michiganensis. Pairwise comparison of the checkerboard synergy testing results indicated the proportion of isolates exhibiting synergy, additivity and antagonism differed significantly among different bacterial species (P < 0.05). Such divergence was observed between isolates of K. aerogenes and P. aeruginosa (P = 0.008), E. coli and P. aeruginosa (P = 0.046), E. coli and K. pneumoniae (P < 0.001), and S. marcescens and P. aeruginosa (P < 0.001) (Fig. 2).

Table 1

| Bacterial species | Total no. (percentage) | No. (percentage) of KPC-positive strains | No. (percentage) of NDM-positive strains | No. (percentage) of OXA-positive strains | No. (percentage) of IMP-positive strains | No. (percentage) of MBL-positive strains |
|-------------------|------------------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
| E. coli           | 142 (69.95%)           | 11 (0.49%)                             | 11 (0.49%)                             | 1 (0.49%)                             | 7 (3.45%)                             | 4 (1.97%)                              |
| K. aerogenes      | 134 (66.01%)           | 8 (6.00%)                              | 7 (5.24%)                              | 0                                      | 0                                      | 0                                      |
| K. pneumoniae     | 10 (4.93%)             | 0                                      | 0                                      | 0                                      | 0                                      | 0                                      |
| P. aeruginosa     | 10 (4.93%)             | 0                                      | 0                                      | 0                                      | 0                                      | 0                                      |
| S. marcescens     | 10 (4.93%)             | 0                                      | 0                                      | 0                                      | 0                                      | 0                                      |
| Othersa           | 30 (14.78%)            | 17 (5.57%)                             | 10 (3.33%)                             | 1 (0.49%)                             | 0                                      | 0                                      |
| Total             | 203                    | 30 (14.78%)                            | 11 (0.49%)                             | 1 (0.49%)                             | 7 (3.45%)                             | 4 (1.97%)                              |

Others included K. michiganensis, E. hormaechei, P. rettgeri, R. planticola, C. freundii and C. koseri.
3.4. Evaluation of meropenem-ertapenem combination on different carbapenemase genes

Synergistic activity of meropenem-ertapenem combination was observed in 8 (53.33%) IMP-producing, 26 (18.31%) KPC-producing, 12 (31.58%) NDM-producing and 4 (57.14%) OXA-producing isolates. On the other hand, 6 (40.00%) IMP-producing, 29 (20.42%) KPC-producing, 18 (47.37%) NDM-producing and 1 (14.29%) OXA-producing isolates displayed additive activity. Antagonism was noticed in 1 (6.67%) IMP-producing, 87 (61.72%) KPC-producing, 8 (21.05%) NDM-producing and 2 (28.57%) OXA-producing isolates. The proportion of isolates exhibiting synergy, additivity and antagonism differed significantly among isolates producing KPC and NDM, and KPC and IMP (<0.001) (Fig. 3). For KPC, E. coli, K. pneumoniae, P. aeruginosa as well as S. marcescens exhibited synergistic KPC-producing, 18 (47.37%) NDM-producing and 1 (14.29%) OXA-producing isolates displayed additive activity. Antagonism was noticed in 1 (6.67%) IMP-producing, 87 (61.72%) KPC-producing, 8 (21.05%) NDM-producing and 2 (28.57%) OXA-producing isolates. The proportion of isolates exhibiting synergy, additivity and antagonism differed significantly among isolates producing KPC and NDM, and KPC and IMP (<0.001) (Fig. 3). For KPC, E. coli, K. pneumoniae, P. aeruginosa as well as S. marcescens exhibited synergistic
activity. *K. aerogenes*, *E. coli*, *K. pneumoniae*, *C. freundii* and *P. aeruginosa* exhibited additive or antagonistic effect against different strains, which was consistent with the previous study. However, our data disagree with the result observed by Brennen-Krohn et al. (2017), who noticed that meropenem/ertapenem combination may not provide reliable benefit.

Significant heterogeneity in synergistic testing was observed against different strains, which was consistent with the previous study (Brennen-Krohn et al., 2017). The difference was statistically significant between *K. aerogenes* and *P. aeruginosa*, *E. coli* and *P. aeruginosa*, *S. marcescens* and *P. aeruginosa*, as well as *E. coli* and *K. pneumoniae* (*P* < 0.05). That is to say the synergy rate of the dual carbapenem combination in *K. aerogenes*, *E. coli* as well as *S. marcescens* was much higher than that in *P. aeruginosa*; the synergy rate in *E. coli* was much higher than that in *K. pneumoniae*.

**4. Discussion**

The widespread of CR-GNB isolates have constituted a major public health problem (Zhang et al., 2018). Although there are a few novel agents such as ceftazidime/avibactam, imipenem/ relebactam, and meropenem/vaborbactam, they are not universally active against all CR-GNB and are cost-prohibitive or are not readily available in certain settings (Wong and van Duin, 2017; Yu et al., 2021; Jean et al., 2022). More importantly, KPC-producing *K. pneumoniae* isolates resistant to ceftazidime/avibactam have been reported recently, including isolates with emergence of resistance following exposure to this agent (Shi et al., 2020). Currently, the majority of clinical research concluded that the combination treatment with two or more antimicrobials was a preferred approach for infections caused by CR-GNB isolates (Trecarichi and Tumbarello, 2017; Papst et al., 2018). The phenomenon of antimicrobial synergy is that two agents exert better than additive activity when use them together, and may offer the ability to treat pathogens which are resistant to all now available and acceptable therapies. Meropenem, colistin, ticagycine, aminoglycosides and fosfomycin are the most commonly used agents as part of a combination regimen, among them colistin/ticagycine-containing combinations displays a high level of synergism, especially with regard to colistin + ticagycine (Oliva et al., 2017; Paul et al., 2018; Papoutsaki et al., 2020). Unfortunately, toxicity, poor penetration in some tissues and emergence of resistance may raise the concerns when in polymyxin and ticagycine using (Pogue et al., 2011; Satlin et al., 2011). Furthermore, the emergence of MCR or tet(X)-harboring plasmid leads a great challenge in the treatment of CR-GNB infections after the extensive use of these two antibiotics (Chen et al., 2019; He et al., 2019). Recently, combinations of two synergistic carbapenems (ertapenem plus either meropenem, imipenem or doripenem) has been suggested as the rescue treatment for CR-GNB infections (Bulik and Nicolau, 2011; Cecarelli et al., 2013; Giamarello et al., 2013). The effectiveness of combinations was validated predominantly with retrospective clinical studies, with only a few studies focusing on *in vitro* evaluations (De Pascale et al., 2017; Souli et al., 2017; Piedra-Carrasco et al., 2018). Besides, the majority of previous *in vitro* studies had focused on CRE, leaving the effect of dual carbapenem combinations on non-Enterobacterales being scarcely understood. We thus conducted this work to comprehensively study the *in vitro* activity of dual carbapenem combinations (meropenem plus ertapenem) against diverse CR-GNB, since doripenem is not used as frequently as meropenem, aiming to provide supporting data for future clinical treatments.

The percentage of CR-GNB isolates exhibiting synergy, additiv- ity and antagonism with the dual carbapenem combination was 25.12%, 27.09% and 47.78%, respectively. All isolates showing antagonism were highly resistant to meropenem and ertapenem. In other words, this may be one of the reasons that the dual carbapenem combination was ineffective for such isolates, among which KPC take a large proportion (87/97, 89.69%). This phenomenon also coordinates with the indication from a recent study that the significant favorable impact was observed during the combinations only if meropenem MIC was <8 mg/L (Tumbarello et al., 2012). However, our data disagree with the result observed by Brennen-Krohn et al. (2017), who noticed that meropenem/ertapenem combination may not provide reliable benefit.

The mechanism with which the combination of ertapenem and meropenem works is that ertapenem, binding with high affinity to the active site of carbapenemase, would prevent the hydrolysis of the meropenem, which can preserve its bactericidal activity against the pathogen (Poirel et al., 2015). The large ertapenem consumes the carbapenemase, the higher concentration of the associated drug will be active in the infection site, which also means a lower amount of meropenem will be available to degrade the administered antibiotic. This principle was also confirmed in our study (Fig. 1). The total counts on the right of dotted line were much larger than that on the left of dotted line, in other words meropenem was decreased more folds than ertapenem.

Overall, the comparatively low synergy rate in our results and the observations made by De Pascale et al. (2017) were not perfectly aligned, who hold that the association of ertapenem plus meropenem provides a survival benefit, and with Souli et al. (2017), who noticed a successful outcome of the meropenem/ertapenem combination applied for 27 patients infected with a KPC-2-producing *K. pneumoniae*. These two completely opposite results were likely because of the different carbapenemase enzyme subgroups and the selection of highly resistant strains in this research. In addition, human immune system may also play an important role in those CR-GNB infected patients and lead a successful outcome after the dual carbapenem regimen. Although only 25.12% of the isolates in this study were synergy (FIC < 1), over half of them showed at least one fold decrease in either meropenem or ertapenem. Hence, caution has to be taken when double-carbapenem therapy was considered as an alternative therapy for CRE infection, especially when these pathogenic strains showed high-level resistance to meropenem or ertapenem.

However, there are still some limitations in the current study. First, checkerboard array testing does not provide bactericidal or time–kill data, which may more accurately reflect in vivo synergy. Second, only 203 clinical CR-GNB isolates were included in this study while the number of different kinds of strains was in a large disparity. Third, MLST analysis was not involved in this research,
therefore meropenem-ertapenem combination on different epidemic strains is yet unknown.

In conclusion, we demonstrated the in vitro synergistic effect of the combination of meropenem with ertapenem, which can be an alternative regimen in patients for whom the use of colistin or tigecycline was not recommended because of potential nephrotoxicity or resistance and the infection caused by CRE with lesser MIC. When the MIC of meropenem or ertapenem for CRE was many folds higher than the breakpoint, this combination may not be effective. In vitro synergy tests also can be a referable way to perform in cases of infections due to CRE to select the best concentration in antimicrobial combinations to guide the clinical prescription.

Declaration of Competing Interest Statement

The authors declare that they have no competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Author contributions

JL and YQ did strain characterization and participated in manuscript writing. ND and CL did statistical analysis. YZ and QS participated in collecting the checkerboard synergy test data. QS, LH, YW and HZ did checkerboard synergy testing. ZS participated in the research design, data interpretation, and manuscript writing. RZ designed and supervised the study, interpreted the data and wrote the manuscript.

Appendix A. Supplementary material

Supplementary data to this article can be found online at https://doi.org/10.1016/j.jsps.2020.11.007

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