 Effects of Rifaximin on Luminal and Wall-Adhered Gut Commensal Microbiota in Mice

Marina Ferrer 1,2, Mònica Aguilera 1,2, and Vicente Martinez 1,2,3, *

Abstract: Rifaximin is a broad-spectrum antibiotic that ameliorates symptomatology in inflammatory/functional gastrointestinal disorders. We assessed changes in gut commensal microbiota (GCM) and Toll-like receptors (TLRs) associated to rifaximin treatment in mice. Adult C57BL/6NCrl mice were treated (7/14 days) with rifaximin (50/150 mg/mouse/day, PO). Luminal and wall-adhered ceco-colonic GCM were characterized by fluorescent in situ hybridization (FISH) and microbial profiles determined by terminal restriction fragment length polymorphism (T-RFLP). Colonic expression of TLR2/3/4/5/7 and immune-related markers was assessed (RT-qPCR). Regardless the period of treatment or the dose, rifaximin did not alter total bacterial counts or bacterial biodiversity. Only a modest increase in Bacteroides spp. (150 mg/1-week treatment) was detected. In control conditions, only Clostridium spp. and Bifidobacterium spp. were found attached to the colonic epithelium. Rifaximin showed a tendency to favour their adherence after a 1-week, but not 2-week, treatment period. Minor up-regulation in TLRs expression was observed. Only the 50 mg dose for 1-week led to a significant increase (by 3-fold) in TLR-4 expression. No changes in the expression of immune-related markers were observed. Rifaximin, although its antibacterial properties, induces minor changes in luminal and wall-adhered GCM in healthy mice. Moreover, no modulation of TLRs or local immune systems was observed. These findings, in normal conditions, do not rule out a modulatory role of rifaximin in inflammatory and or dysbiotic states of the gut.

Keywords: dysbiosis; gut commensal microbiota; host-bacterial interaction systems; immune markers; rifaximin; toll-like receptors

1. Introduction

Rifaximin is a semi-synthetic non-absorbable antibiotic derived from rifamycin and with a broad-spectrum activity against Gram-positive and Gram-negative microorganisms proposed to act on the gut microenvironment [1,2]. The main advantage of rifaximin over similar antibiotics is that it is virtually unabsorbable, which minimizes systemic exposure and adverse events in all patient populations [3]. Rifaximin showed to be effective for a variety of clinical uses and was initially approved for the treatment of traveler’s diarrhea caused by noninvasive strains of E. coli [1] and hepatic encephalopathy (due to its inhibition of ammonia-producing enteric bacteria and consequent reduction of circulating ammonia in patients with cirrhosis) [4]. Further clinical evidence led to the approval of the use of rifaximin for the treatment of diarrhea-predominant irritable bowel syndrome (IBS) [5]. Moreover, in the clinical practice, rifaximin is often prescribed for other gastrointestinal disorders, such as inflammatory bowel disease (IBD), small intestinal bacterial overgrowth (SIBO), and diverticular disease, because of its theoretical capability to modulate the intestinal microbiota [6].
IBS is a chronic, functional gastrointestinal disorder characterized by abdominal pain/discomfort, associated with altered bowel habits. The etiology of IBS is unknown and the pathophysiology is complex, heterogeneous, and not well understood. There is evidence for a number of underlying mechanisms, including altered intestinal barrier function, altered motility, visceral hypersensitivity and, possibly, a chronic, low-grade inflammatory or immunological response [7–9]. Moreover, interactions between environmental factors, such as psychosocial stress and anxiety, led to the inclusion of brain-gut interactions in the etiology of the disease [7,8]. During the last years, gut microbiota has also been implicated in the pathogenesis of IBS. In this sense, some IBS patients have reduced gut microbial biodiversity [8] and acute enteric infections have been associated to the development of IBS, the so called post-infectious IBS [10]. Overall, the presence of dysbiosis, temporal or permanent, has been seen in more than 70% of patients with IBS [8], although great variability has been observed [11]. Nevertheless, the connection between dysbiosis and IBS is not completely understood, and a causal relationship has not been demonstrated [11,12]. It is known that gut commensal microbiota (GCM) contributes to maintenance of gastrointestinal homeostasis [13]. Therefore, modifying the GCM is a therapeutic approach of growing interest for IBS. In this context, rifaximin is used to treat SIBO and IBD [14], and, as mentioned above, was approved for the treatment of diarrhea-predominant IBS [15]. There is some clinical overlap between IBS and IBD, and some authors consider IBS and IBD at the two extremes of the same spectrum, being IBS a low-grade IBD without structural alterations [16]. In any case, dysbiosis seems to be a common finding in IBS and IBD.

Besides its antibacterial effects, pre-clinical evidence suggests that rifaximin might have anti-inflammatory activity, reducing mucosal inflammation and visceral hypersensitivity and restoring epithelial barrier function [17–20]. Whether or not these effects are secondary to its microbial actions or are direct, non-microbial-related, is still a matter of debate. Moreover, direct effects of rifaximin on intestinal epithelial cell physiology, associated with reductions in bacterial attachment and internalization and epithelial responses to inflammatory mediators, have also been suggested [19,21,22].

In this study, we assessed the effects of rifaximin on GCM in healthy mice. For this, we used fluorescence in situ hybridization (FISH) and a terminal restriction fragment length polymorphism (T-RFLP) analysis to determine rifaximin-induced changes in colonic luminal and wall adhered bacteria. To determine if changes in GCM might be associated to the local modulation of host immune-related responses, we also assessed (real-time qPCR) changes in the expression of toll-like receptors (TLR)-dependent host-bacterial interaction systems and immune-related markers.

2. Results
2.1. Effects of Rifaximin on Body Weight, Weight of Body Organs and Colonic Histology

Body weight was stable over the treatment period, without treatment-related significant changes (Table 1). At necropsy, the relative weight of the liver was slightly, but significantly reduced in rifaximin-treated animals, in similar proportion regardless the dose and the duration of treatment (p < 0.05 vs. respective vehicle-treated group). Relative weight of the spleen, thymus, and adrenal glands were similar across groups, (data not shown).

At necropsy, no macroscopic alterations were observed in the colon or cecum, irrespective of the experimental group considered. Similarly, cecal and colonic content had a normal consistency in all experimental groups. Colonic and cecal relative weight was similar across groups (Table 1). Consistent with these observations, no histological alterations were observed in the colon in rifaximin-treated animals, regardless the treatment time or dose. In all cases, total histological scores ranged between 0 and 2 (data not shown).
Table 1. Body weight and relative weight of colon and cecum in the different experimental groups.\(^1\)

| Treatment Duration | Treatment     | n  | Body Weight at Necropsy (g) | Body Weight (% Change from Day 0) | Colon Relative Weight (mg/cm) | Cecum Relative Weight (mg/g Body Weight) |
|--------------------|---------------|----|-----------------------------|----------------------------------|-------------------------------|------------------------------------------|
| 7-day              | Vehicle       | 4  | 17.6 ± 0.6                  | −4.6 ± 2.7                       | 23.2 ± 1.7                    | 21.5 ± 0.9                               |
|                    | Rifaximin (50 mg/kg) | 6  | 17.8 ± 0.2                  | 2.7 ± 2.4                        | 21.8 ± 0.8                    | 25.1 ± 2.3                               |
|                    | Rifaximin (150 mg/kg) | 5  | 18.3 ± 0.2                  | −1.6 ± 1.5                       | 21.3 ± 1.6                    | 25.9 ± 0.9                               |
| 14-day             | Vehicle       | 4  | 17.4 ± 0.7                  | 1.9 ± 2.2                        | 21.7 ± 0.2                    | 22.2 ± 0.8                               |
|                    | Rifaximin (50 mg/kg) | 6  | 18.3 ± 0.3                  | −2.5 ± 2.1                       | 22.9 ± 1.3                    | 23.7 ± 1.9                               |
|                    | Rifaximin (150 mg/kg) | 6  | 18.2 ± 0.2                  | 2.1 ± 1.4                        | 24.5 ± 0.7                    | 21.2 ± 0.9                               |

\(^1\) Data represent mean ± SEM of the number of animals indicated (n).

2.2. Effects of Rifaximin on Luminal GCM

In vehicle-treated animals, regardless the duration of treatment, total bacterial counts within the luminal content (EUB338-probe) oscillated between \(2 \times 10^{10}\) cells/mL and \(1.5 \times 10^{11}\) cells/mL (Figure 1); consistent with previous observations [23–25]. There was a good coincidence between total bacterial counts assessed by FISH (EUB338-probe) and DAPI staining (Figure 1). The most abundant bacterial group was \(\text{Clostridium}\) spp. (EREC482-probe), being within the order of \(10^{10}\) cells/mL; followed by \(\text{Bacteroides}\) spp. (BAC303-probe) at \(10^9\) cells/mL and Verrucobacteria (VER620-probe) at \(10^8\) cells/mL. On the other hand, \(\text{Lactobacillus}/\text{Enterococcus}\) spp. and \(\text{Bifidobacterium}\) spp. were ranging between detection levels (\(10^6\) cells/mL) and \(10^8–10^9\) cells/mL. Enterobacteria appeared below or at the threshold of detection levels (Figures 1 and 2).

Total bacterial counts remained stable after the treatment with rifaximin, regardless the dose (50 or 150 mg/kg/day) or the duration of treatment considered (7-day or 14-day). Total counts oscillated between \(2 \times 10^{10}\) cells/mL and \(7 \times 10^{10}\) cells/mL and \(1.5 \times 10^{10}\) cells/mL and \(1.5 \times 10^{11}\) cells/mL for the 7-day and 14-day treatment period, respectively (Figure 1). Assessment of specific bacterial groups showed an increase in \(\text{Bacteroides}\) spp. (BAC303-probe) counts after a 7-day treatment period, but not after a 14-day period (Figures 1 and 2). Although not significant, during the 14-day treatment, a dose-dependent reduction in the proportion of \(\text{Clostridium}\) spp. (EREC482-probe) was observed, at the expense of an increase in the relative abundance the other bacterial groups assessed, particularly \(\text{Bacteroides}\) spp. (BAC303-probe) (Figure 2).

The ecological characterization of the luminal microbiota was performed with a T-RFLP analysis. The dendrogram representation of the similarity indexes of the T-RFLP profiles of the ceco-colonic microbiota did not show a clustering of the different experimental groups (Figure 3). The number of t-RFs and their size distribution, taken as a measure of biodiversity, was similar across groups, regardless the dose (50 or 150 mg/kg/day) or the duration of treatment considered (7-day or 14-day) (\(p = 0.166\); Figure 4).
Figure 1. Colonic microbiota, as quantified by FISH after a 7-day or a 14-day treatment period with rifaximin. EUB: Total bacteria; BAC: Bacteroides spp.; ENT-D: Enterobacteria group; VER: Verrucobacteria group; BIF: Bifidobacterium spp.; LAB: Lactobacillus/Enterococcus spp.; EREC: Clostridium spp. cluster XIVa group. Data are media (interquartile range) ± SD, n = 4–6 per group. *: p < 0.05 vs. corresponding vehicle. #: p < 0.05 vs. rifaximin at 50 mg/kg. V: Vehicle; R50: rifaximin at 50 mg/kg; R150: rifaximin at 150 mg/kg.

Figure 2. Relative distribution of the colonic microbiota, as quantified by FISH, in the different experimental groups. Data represent the relative abundance (percent) of the bacterial groups characterized [Bacteroides spp. (BAC), Bifidobacterium spp. (BIF), Clostridium spp. (EREC), Enterobacteria (ENT), Lactobacillus spp. (LAB), and Verrucobacteria (VER)]. Relative percent composition of the microbiota was calculated taking as 100% the total counts of the bacterial groups assessed. n = 4–6 per group. V: Vehicle; R50: rifaximin at 50 mg/kg; R150: rifaximin at 150 mg/kg.
Figure 3. Ecological characterization of the luminal microbiota by T-RFLP analysis. Dendrogram showing the distribution of the different experimental groups according to the T-RFLP banding patterns obtained from the analysis of the ceco-colonic samples. Each line represents an animal identified by either R50 (rifaximin at 50 mg/kg), R150 (rifaximin at 150 mg/kg) or V (vehicle), followed by the experimental period (7-day or 14-day). The dendrogram distances represent percentage of similarity. The different experimental groups did not cluster together indicating the absence of treatment-related changes in the microbiota composition.

Figure 4. Ecological characterization of the luminal microbiota by T-RFLP analysis: Effects of rifaximin on biodiversity of the ceco-colonic microbiota. (A) Number of tRFs detected. Each symbol represents an individual animal; the horizontal lines with errors correspond to the mean ± SEM. For the sake of clarity, and since no differences were observed among them, vehicle-treated animals have been merged in a single group. V: Vehicle; R50: rifaximin at 50 mg/kg; R150: rifaximin at 150 mg/kg. (B) Distribution of the tRFs detected according to their size. Each line represents an individual animal and each column a tRF size. tRF distribution indicates a similar microbial biodiversity in all experimental groups, regardless the treatment applied. See also Table 2 for details regarding taxonomical classification of the tRFs detected.
Table 2. Theoretical restriction 5′-fragment (tRF) size predicted for the major mouse gut bacteria and prevalence in the different experimental groups.

| Compatible Bacterial Group | tRF Size | V 7-day (n = 4) | V 14-day (n = 4) | R50 7-day (n = 6) | R50 14-day (n = 6) | R150 7-day (n = 5) | R150 14-day (n = 6) |
|----------------------------|----------|----------------|----------------|------------------|------------------|------------------|------------------|
| Unidentified               | 54–55    | 3 (75)         | 4 (100)        | 4 (67)           | 3 (50)           | 3 (60)           | 5 (83)           |
| Bacillus spp./Lactococcus lactis spp. | 61–62    | 1 (25)         | 2 (50)         | 1 (17)           | 0 (0)            | 1 (20)           | 1 (17)           |
| Salmonicoccus              | 63       | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Burkholderia spp./Bordetella spp./Thiomonas spp. | 67       | 0 (0)          | 0 (0)          | 0 (0)            | 0 (0)            | 1 (20)           | 1 (17)           |
| Mycobacterium spp./uncultured bacterium | 68       | 0 (0)          | 2 (50)         | 1 (17)           | 2 (33)           | 1 (20)           | 2 (33)           |
| Uncultured rumen bacterium | 69       | 4 (100)        | 4 (100)        | 5 (83)           | 5 (83)           | 4 (80)           | 6 (100)          |
| Uncultured rumen bacterium/Leptotrichia spp. | 71       | 2 (50)         | 1 (25)         | 4 (67)           | 1 (17)           | 2 (40)           | 0 (0)            |
| Uncultured rumen bacterium | 72       | 1 (25)         | 1 (25)         | 1 (17)           | 3 (50)           | 2 (40)           | 1 (17)           |
| Photobacteriidae sp.      | 74–75    | 1 (25)         | 0 (0)          | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 77       | 2 (50)         | 1 (25)         | 3 (50)           | 3 (50)           | 1 (20)           | 5 (83)           |
| Uncultured rumen bacterium/naphthalene-utilizing bacterium | 78       | 1 (25)         | 3 (75)         | 1 (17)           | 1 (17)           | 1 (20)           | 3 (50)           |
| Uncultured bacterium      | 80       | 1 (25)         | 0 (0)          | 2 (33)           | 0 (0)            | 1 (20)           | 0 (0)            |
| Sphingomonas spp./uncultured bacterium | 81       | 0 (0)          | 1 (25)         | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 84       | 3 (75)         | 2 (50)         | 2 (33)           | 1 (17)           | 0 (0)            | 1 (17)           |
| Desulfoviridaceae/Roseiflexus spp. | 86–87    | 2 (50)         | 1 (25)         | 1 (17)           | 2 (33)           | 1 (20)           | 5 (83)           |
| Flavobacterium psychrophilum | 88–89    | 0 (0)          | 0 (0)          | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            |
| Flavobacterium johnsoniae | 90       | 1 (25)         | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Anaeromoxobacter dehalogenans/uncultured bacterium | 91       | 0 (0)          | 1 (25)         | 0 (0)            | 1 (17)           | 2 (40)           | 0 (0)            |
| Geobacter spp./uncultured Bacteroidetes/Cytophaga spp./Algoriphagus spp./Flavobacteriaceae bacterium/uncultured rumen bacterium | 92       | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
|                        | 93–94    | 2 (50)         | 0 (0)          | 3 (50)           | 4 (67)           | 2 (40)           | 5 (83)           |
| Helicobacter pylori/uncultured rumen bacterium/Bacteroides fragilis/uncultured rumen bacterium | 99       | 2 (50)         | 1 (17)         | 2 (33)           | 1 (20)           | 5 (83)           |
| Bacteroides fragilis/uncultured rumen bacterium/Prevotella ruminicola | 100      | 3 (75)         | 3 (75)         | 2 (33)           | 1 (17)           | 2 (40)           | 0 (0)            |
| Uncultured rumen bacterium/Bacteroides fragilis/uncultured rumen bacterium/Prevotella ruminicola | 101–102  | 1 (25)         | 2 (50)         | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured rumen bacterium/Bacteroides fragilis/uncultured rumen bacterium/Prevotella ruminicola | 102–104  | 1 (25)         | 1 (25)         | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Desulfotobacterium hafniense/Thiobacillus spp. | 105      | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Desulfotobacterium hafniense/Thiobacillus spp. | 106–108  | 1 (25)         | 2 (50)         | 0 (0)            | 0 (0)            | 1 (20)           | 0 (0)            |
| Uncultured bacterium      | 112      | 0 (0)          | 1 (25)         | 0 (0)            | 1 (17)           | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 113      | 0 (0)          | 0 (0)          | 0 (0)            | 1 (17)           | 0 (0)            | 1 (17)           |
| Uncultured bacterium      | 116      | 2 (50)         | 0 (0)          | 0 (0)            | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 117      | 1 (25)         | 2 (50)         | 4 (67)           | 3 (50)           | 2 (40)           | 5 (83)           |
| Desulfotobacterium hafniense/Thiobacillus spp. | 118      | 1 (25)         | 0 (0)          | 2 (33)           | 1 (17)           | 1 (20)           | 0 (0)            |
| Uncultured bacterium      | 123–124  | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 127–129  | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured bacterium      | 136      | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Uncultured rumen bacterium | 137      | 1 (25)         | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
| Microbacterium spp.       | 144–145  | 0 (0)          | 0 (0)          | 0 (0)            | 1 (17)           | 0 (0)            | 0 (0)            |
| Treponema pallidum/uncultured rumen bacterium | 147      | 0 (0)          | 0 (0)          | 1 (17)           | 0 (0)            | 0 (0)            | 0 (0)            |
Table 2. Cont.

| Compatible Bacterial Group | tRFSize | V 7-day (n = 4) | V 14-day (n = 4) | R50 7-day (n = 6) | R50 14-day (n = 6) | R150 7-day (n = 5) | R150 14-day (n = 6) |
|----------------------------|---------|----------------|-----------------|------------------|-------------------|------------------|-------------------|
| Unidentified               | 148–149 | 0 (0)          | 0 (0)           | 2 (33)           | 0 (0)             | 1 (20)           | 0 (0)             |
| *Pseudomonas aeruginosa*   | 155     | 0 (0)          | 0 (0)           | 0 (0)            | 1 (17)            | 1 (20)           | 1 (17)            |
| Unidentified               | 156     | 0 (0)          | 0 (0)           | 0 (0)            | 0 (0)             | 0 (0)            | 0 (0)             |
| Synechococcus spp.         | 164     | 1 (25)         | 0 (0)           | 0 (0)            | 3 (50)            | 0 (0)            | 0 (0)             |
| Unidentified               | 165–167 | 0 (0)          | 0 (0)           | 3 (50)           | 0 (0)             | 1 (20)           | 0 (0)             |
| Uncultured bacterium       | 178     | 1 (25)         | 0 (0)           | 0 (0)            | 0 (0)             | 0 (0)            | 0 (0)             |
| Uncultured rumen bacterium | 179     | 0 (0)          | 0 (0)           | 0 (0)            | 1 (17)            | 0 (0)            | 1 (17)            |
| Uncultured rumen bacterium | 180     | 0 (0)          | 0 (0)           | 0 (0)            | 2 (33)            | 0 (0)            | 0 (0)             |
| Uncultured rumen bacterium | 181–182 | 1 (25)         | 0 (0)           | 2 (53)           | 2 (33)            | 0 (0)            | 0 (0)             |
| Uncultured rumen bacterium | 183     | 0 (0)          | 0 (0)           | 1 (17)           | 0 (0)             | 0 (0)            | 0 (0)             |
| Uncultured rumen bacterium | 184–185 | 1 (25)         | 0 (0)           | 2 (33)           | 0 (0)             | 1 (20)           | 0 (0)             |
| *Listeria monocytogenes*   | 186     | 0 (0)          | 0 (0)           | 0 (0)            | 1 (20)            | 0 (0)            | 0 (0)             |
| Uncultured rumen bacterium | 187     | 1 (25)         | 0 (0)           | 1 (17)           | 0 (0)             | 1 (20)           | 1 (17)            |
| Uncultured rumen bacterium | 193     | 0 (0)          | 1 (25)          | 0 (0)            | 0 (0)             | 0 (0)            | 0 (0)             |

---

1 Data represent the number of animals within each group presenting the bacterial group predicted by the corresponding tRF size and the incidence, in percentage (between brackets).

Table 2 summarizes the main bacterial groups, as detected by the T-RFLP analysis, with differential presence in the six experimental groups (see also Figure 4B for distribution of the different tRF detected in function of their size). Overall, the T-RFLP analysis reveals high similarities in bacterial composition among the different experimental groups, without evident dose- or period of treatment-related changes in the diversity of the microbiota. Although similar bacterial groups were detected (according to the theoretical restriction 5′-fragment size), in many cases these groups could not be identified phylogenetically and were classified as “unidentified” or “uncultured bacterium”. According to the T-RFLP, tRFs with a size between 356 and 359 appeared in some rifaximin-treated animals, regardless
the dose or the duration of treatment (Figure 4B). Although this might indicate some treatment-related effect, the low incidence observed (17–33%; Table 2) complicates its interpretation.

2.3. Effects of Rifaximin on Bacterial Adherence to the Colonic Wall

In vehicle-treated mice, *Bifidobacterium* spp. and *Clostridium* spp. were the only bacterial group attached to the colonic wall (epithelium). The overall incidence of attachment ranged from 12.5 to 37.5% (Figures 5 and 6).

*Figure 5.* Bacterial wall adherence. Representative images (×100) showing bacterial adherence to the colonic epithelium for *Bifidobacterium* spp. and *Clostridium* spp. (A,A’) non-adhered bacteria within the intestinal lumen. (B,B’) adhered bacteria in a vehicle-treated mice (7-day), (C,C’) adhered bacteria in a rifaximin-treated mice (50 mg/kg, 7-day); (D,D’) adhered bacteria in a rifaximin-treated mice (150 mg/kg, 7-day).
Figure 5. Bacterial wall adherence. Representative images (×100) showing bacterial adherence to the colonic epithelium for *Bifidobacterium* spp. and *Clostridium* spp. (A) non-adhered bacteria within the intestinal lumen. (B) adhered bacteria in a vehicle-treated mice (7-day), (C) adhered bacteria in a rifaximin-treated mice (50 mg/kg, 7-day); (D) adhered bacteria in a rifaximin-treated mice (150 mg/kg, 7-day).

Figure 6. Incidence of bacterial wall adherence. Data represent the percentage of animals showing bacterial wall adherence. Numbers on top of columns represent the number of animals showing bacterial wall adherence over the total number of animals. For the sake of clarity, and since differences were not observed among them, vehicle-treated animals have been merged in a single group (*n* = 8). V: Vehicle; R50: rifaximin at 50 mg/kg; R150: rifaximin at 150 mg/kg. Because of technical problems, one of the samples from group R150 7-day was lost during its processing.

During antibiotic treatment for a 7-day period, there was a tendency to increase the incidence of bacterial wall adherence for *Clostridium* spp. (from an incidence of 37.5% in control conditions to 50 and 75% at 50 mg/kg and 150 mg/kg, respectively) and *Bifidobacterium* spp. (from an incidence of 12.5% in control conditions to 50% for both antibiotic-treated groups). However, this tendency disappeared in animals treated for a 14-day period (Figures 5 and 6).

2.4. Effects of Rifaximin on Colonic Expression of TLRs and Immune-Related Markers

Expression of TLR2, 3, 4, 5 and 7 was detected in all colonic samples. Overall, rifaximin induced minor changes in TLRs expression with only a moderate (2- to 3-fold), but significant, up-regulation observed for TLR3 and 4 for the 50 mg/kg dose during a 7-day period (Figure 7).

Expression of all immune-related markers assessed was detected in colonic tissues, although in some cases with relatively high variability. Regardless the dose and time of treatment, no changes were observed for pro-inflammatory cytokines (IL-6, IL-18, IFNγ and IL-12p40), anti-inflammatory cytokines (IL-10) or antimicrobial peptides (Defa24, RELMβ and RegIIIγ) (Figure 8).
During antibiotic treatment for a 7-day period, there was a tendency to increase the incidence of bacterial wall adherence for Clostridium spp. (from an incidence of 37.5% in control conditions to 50 and 75% at 50 mg/kg and 150 mg/kg, respectively) and Bifidobacterium spp. (from an incidence of 12.5% in control conditions to 50% for both antibiotic-treated groups). However, this tendency disappeared in animals treated for a 14-day period (Figures 5 and 6).

2.4. Effects of Rifaximin on Colonic Expression of TLRs and Immune-Related Markers

Expression of TLR2, 3, 4, 5 and 7 was detected in all colonic samples. Overall, rifaximin induced minor changes in TLRs expression with only a moderate (2- to 3-fold), but significant, up-regulation observed for TLR3 and 4 for the 50 mg/kg dose during a 7-day period (Figure 7).

Figure 7. Effects of rifaximin on the colonic expression of TLRs. Each point represents an individual animal; the horizontal lines with errors correspond to the mean ± SEM. For the sake of clarity, and since no differences were observed among them, vehicle-treated animals have been merged in a single group (n = 8). *: p < 0.05 vs. V; &: p < 0.05 vs. R150 14-day. V: Vehicle; R50: rifaximin at 50 mg/kg; R150: rifaximin at 150 mg/kg.

Expression of all immune-related markers assessed was detected in colonic tissues, although in some cases with relatively high variability. Regardless the dose and time of treatment, no changes were observed for pro-inflammatory cytokines (IL-6, IL-18, IFN-γ and IL-12p40), anti-inflammatory cytokines (IL-10) or antimicrobial peptides (Def α24, RELMβ and RegIIIγ) (Figure 8).
3. Discussion

In the present study, we assessed the effects of the non-absorbable, wide spectrum antibiotic rifaximin on GCM in healthy mice. Overall, rifaximin did not alter the homeostatic state of the gastrointestinal tract expected in healthy animals. Results obtained show that rifaximin did not lead to major alterations in the microbial ecosystem of the gastrointestinal tract. Furthermore, rifaximin did not affect the local (colonic) expression of different immune-related markers associated to host-bacterial interactions.

The main focus of this study was on the ceco-colonic microbiota, since this region represents the largest proportion of the total gut microbiota and is also used to characterize...
dysbiosis in IBS and IBD [11]. Even though rifaximin has broad-spectrum activity against aerobic and anaerobic Gram-positive and Gram-negative bacteria, we show that during rifaximin treatment the GCM of standard, healthy mice was essentially not affected. Total bacterial counts in vehicle-treated mice were in the range previously described [24,26] and were not altered after a 7-day or a 14-day treatment with the antibiotic. In agreement with this, bacterial biodiversity, as assessed by a T-RFLP analysis, was not affected by rifaximin. This is consistent with previous studies showing no changes in total fecal bacterial counts after rifaximin treatment in patients with intestinal inflammation [2,27] or diarrheal disease [28] or in pre-clinical models [29]. However, these results contrast with data showing reductions in total fecal bacterial counts in rats after a 3-day treatment period at similar doses to those used here [30] or in ileal bacterial load in rats subjected to psychological stress [18,31]. These apparent discrepancies might reflect species-, treatment protocol- or disease state-related differences. Alternatively, a lack of changes might be related to a fast resilience-like response in which a quick adaptation and recovery of the microbiota might occur; since, comparatively, higher changes were observed after a 7-day vs. a 14-day treatment period.

A lack of effects of rifaximin inducing a clear dysbiosis in the present experimental conditions, against its expected antimicrobial effects and compared to other antibiotic treatments [23,32,33], might suggest a lack of efficacy of the treatment applied. However, the doses tested are in the range of those used in other reports showing biological activity [18,30,31,33]. Moreover, it does not seem related to a loss of activity of the antibiotic since in vitro testing using classical microbiological culture procedures showed efficacy against S. aureus and E. coli (data not shown).

Although without overall effects in total bacterial counts, rifaximin has been suggested to modulate the composition of the microbiota [2,19,27,34,35]. To assess this, we determined changes in specific ceco-colonic bacterial groups that are recognized as either beneficial (such as lactic acid bacteria like Lactobacillus/Enterococcus spp., and Bifidobacterium spp.) or harmful bacteria (such as some groups of Clostridium spp., Bacteroides spp., and Enterobacteria) [36]. The only bacterial group affected by rifaximin was Bacteroides spp., whose presence was favored by the antibiotic during the 7-day treatment, with a similar tendency observed during the 14-day treatment period. This is in agreement with recent studies in a murine model of ankylosing spondylitis in which rifaximin treatment increased the population of Bacteroidetes [34]. However, it contrasts with previous results showing exclusively an increase in Bifidobacterium spp. counts after a treatment with rifaximin [2,27]. Again, these contradictory results might be related to differences in the experimental conditions and/or reflect species-related differences (human vs. rodent). Composition of GCM is different in humans and rodents and differs significantly among rodent strains depending upon their breeder and their housing conditions [24,37]. For instance, rifaximin treatment also failed to affect microbiota in mice with a humanized microbiota [38], further emphasizing the importance of species-related aspects when assessing the microbiota.

The exact mechanisms by which rifaximin improves disease symptoms in IBD, IBS or diarrheic disease remain largely unknown [19]. In agreement with the limited effects of rifaximin in intestinal microbiota (in either normal or dysbiotic conditions) evidences suggest the existence of antibiotic-independent effects, likely modulating the local immune environment within the gastrointestinal tract as well as having direct effects on intestinal epithelial cells, modulating bacterial attachment and internalization and inhibiting intestinal bacterial translocation [19,21,22]. In this sense, changes in host–bacterial interaction, through the modulation of bacterial wall adherence, represent an attractive alternative mechanism of action, since only epithelium-attached bacteria are able to signal to the host leading to immune-related responses [19,39,40]. In our conditions, bacterial attachment to the colonic epithelium, as assessed by FISH of tissue samples from the colon, was only occasionally observed in control animals. In particular, only Clostridia and Bifidobacteria, including harmful and beneficial bacteria, respectively, were found attached to the colonic epithelium. Treatment with rifaximin did not affect this pattern, although a slight, and
parallel, tendency to increase the incidence of attachment was observed for both bacterial
groups during the 7-day treatment; with a progression towards control values for the 14-
day treatment groups. The fact that rifaximin seems to promote the adherence of beneficial
commensal bacteria at the same time than pathogenic microorganisms may contribute to its
beneficial effects in the treatment of SIBO. In these conditions, the balance between negative
and positive signals mediated through the interactions with harmful and beneficial bacteria,
respectively, might inhibit dysbiosis-associated negative responses in the host, promoting
the restoration of intestinal homeostasis, including a state of normobiosis.

Some evidences also suggest direct effects of rifaximin on intestinal epithelial cells,
likely modulating local immune responses. To evaluate this possibility, we also assessed
potential changes in the expression of local (colonic) immune-related markers during ri-
faximin treatment. In particular, we assessed the expression of TLR2, 3, 4, 5 and 7 and
antimicrobial peptides (Defα24, RELMβ and RegIIIγ), according to their high expression
within the gastrointestinal tract [40] and their implication in states of dysbiosis [41–43] as
well as pro- (IL-6, INFγ, IL-18, IL-12p40) and anti-inflammatory cytokines (IL-10), implic-
cated in the development of colitis [44]. Overall, no significant changes were observed in the
expression of cytokines, either pro- or anti-inflammatory, antimicrobial peptides or TLRs.
In fact, only a moderate up-regulation was observed for TLR3 and TLR4 (50 mg, 7-day
treatment). Few studies have addressed the effects of rifaximin on immune-related markers
in control/healthy conditions. In this respect, no effects on inflammatory mediators after rifaximin treatment were observed in healthy animals treated with the antibiotic [17,30].
In states of altered gut function or chronic systemic inflammatory conditions (implicating
also the gastrointestinal tract) both anti-inflammatory activity [34] and no effects on in-
flammation within the gut [17,38] have been reported for rifaximin. Similarly, Yang et al.
(2019) [34] reported only a moderate down-regulation of intestinal TLR4 in a murine model
of ankylosing spondylitis. Altogether, additional studies in control conditions (healthy
animals) as well as in pathophysiological states involving the gastrointestinal tract are
necessary to fully understand the direct, antibacterial-independent, effects of rifaximin
on gastrointestinal immune responses. In our study, rifaximin was tested in standard,
healthy animals, so we cannot exclude the possibility that the antibiotic might have a more
pronounced effects in a disease-state model. This hypothesis warrants further follow-up
studies. Moreover, additional studies confirming the current observation at the protein
level (i.e., immunohistochemistry and/or Western blot) should also be performed.

As mentioned, several studies showed that antibiotic treatment in normal animals
lead to a state dysbiosis concomitant to an immune activation, the induction of intestinal
inflammation and the modulation of visceral sensory-related systems [23,32,33,45]. In
our case, no evidence of immune activation or colonic alterations consistent with the
development of an inflammatory-like state was observed upon macroscopic or microscopic
examination of the colon. These differences are likely due to differences in the antibiotics
used and their mechanism of action (including potential antimicrobial-independent effects,
as discussed above). Nevertheless, additional, extended immune-related, including the flux
of myeloid cells, as well as epithelial barrier function-related markers should be assessed
in follow-up studies.

In summary, our results show that rifaximin, even though its antibacterial properties,
induces very minor changes in GCM and bacterial wall adherence in normal mice, without
changes in local immune-related markers. Although these observations, more noticeable
effects of rifaximin on dysbiotic states, vs. a normal GCM, cannot be excluded. Therefore,
further studies in dysbiotic animals should be performed to fully assess the effects and
mechanism(s) of action of rifaximin within the gastrointestinal tract in order to fully under-
stand the beneficial effects of the antibiotic in functional and inflammatory gastrointestinal
disorders. These studies should include a broad assessment of immune-related markers
and a deep characterization of the microbiota, including a metabolomics profiling, in order
to detect minor, but functionally significant, changes within the microbiome.
4. Materials and Methods

4.1. Animals

Female C57BL/6NCrl mice \((n = 31)\), 6 weeks old upon arrival, were obtained from Charles River Laboratories (Lyon, France). All animals were group-housed (2–4 animals per cage) under controlled temperature \((20–22 ^\circ C)\) and photoperiod \((12:12 \text{ h light-dark cycle})\) and had unrestricted access to standard mouse chow and tap water. Mice were allowed to acclimatize to these conditions for a 1-week period prior to any experimentation. The experiment was replicated twice at different time points. Females were used according to the higher prevalence of functional and inflammatory gastrointestinal disorders in women \([46,47]\). All procedures were approved by the Ethical Committee of the Universitat Autònoma de Barcelona (protocols 1099 and 1101) and the Generalitat de Catalunya (protocols 5645 and 5646).

4.2. Antibiotic

Rifaximin [4-Deoxy-4‘-methylpyrido(1’,2’,1,2)imidazo(5,4-c)rifamycin SV; reference: R9904, CAS Number 80621-81-4; Sigma-Aldrich, St. Louis, MO, USA] was suspended, under sonication, in sterile PBS at a final concentration of 50 mg/mL, then aliquoted and frozen \((-20 ^\circ C)\) until use. Subsequent dilutions to obtain the desired concentrations were freshly made, on a daily basis, using sterile PBS. Sterile PBS was used as vehicle control.

4.3. Experimental Protocols

Upon arrival, mice were randomly divided into 6 experimental groups: (i) vehicle, 7-day treatment \((n = 4)\); (ii) rifaximin, 7-day treatment at 50 mg/kg \((n = 6)\); (iii) rifaximin, 7-day treatment at 150 mg/kg \((n = 5)\); (iv) vehicle, 14-day treatment \((n = 4)\); (v) rifaximin, 14-day treatment at 50 mg/kg \((n = 6)\); (vi) rifaximin, 14 day-treatment at 150 mg/kg \((n = 6)\). Animals were dosed by oral gavage \((0.2 \text{ mL/mice/day})\) with either sterile PBS (vehicle) or the appropriate dose of rifaximin. All treatments were performed in the morning, between 8:00 and 10:00 AM; during 7 or 14 consecutive days depending upon the experimental group considered. At the time of dosing animals were also weighed. Animals were euthanized for samples extraction (see below) 24 h after the last treatment. Doses and duration of treatments were selected in agreement with previous reports addressing effects of rifaximin and antibiotic-induced dysbiosis in similar experimental conditions \([18,22,30]\).

4.4. Samples Collection

Twenty-four hours after the last treatment animals were deeply anesthetized with isoflurane (Isoflo, Esteve, Barcelona, Spain) and euthanized by exsanguination through intracardiac puncture, followed by cervical dislocation. A laparotomy was performed for samples extraction (see below) 24 h after the last treatment. Doses and duration of treatments were selected in agreement with previous reports addressing effects of rifaximin and antibiotic-induced dysbiosis in similar experimental conditions \([18,22,30]\).

4.5. Histological Evaluation

For histological examination, hematoxylin-eosin-stained sections from the colon were obtained following standard procedures. Colonic histology was assessed following, with minor modifications, procedures previously described by us \([23]\). A histopathological score (ranging from 0, normal, to 12, maximal alterations) was assigned to each animal. Specifically, parameters scored included: epithelial structure \((0: \text{ normal}; 1: \text{ mild alterations of the epithelium})\); structure of the crypts \((0: \text{ normal}; 1: \text{ mild alterations of the crypts})\);
damage of the crypts; 3: generalized damage of the crypts), presence of edema (0: normal; 1: mild local edema in submucosa and/or lamina propria; 2: moderate diffuse edema in submucosa and/or lamina propria; 3: severe generalized edema in submucosa and/or lamina propria), presence of inflammatory infiltrate (0: normal; 1: mild localized infiltrate; 2: mild generalized infiltrate; 3: severe generalized infiltrate). Scoring was performed on coded slides by two independent researchers (MF and VM).

4.6. Bacterial Identification by Fluorescence in Situ Hybridization (FISH)

For FISH, previously characterized, bacterial-specific oligonucleotide probes consisted in a single strain DNA covalently linked with a Cy3 (carbocyanine) reactive fluorescent dye at the 5′ end (Biomers, Ulm/Donau, Germany and TibMolbiol, Mannheim, Germany) [23,24,32,48]. The bacterial groups characterized and the specific probes used are indicated in Table 3.

Table 3. Probes used for FISH and hybridization conditions.

| Probe | Primer (5′ →3′) | Target | Hybridization Conditions |
|-------|-----------------|--------|-------------------------|
| EUB338 | GCTG CCTCCCCGTTAGGAGT | All bacteria | Temp (°C) | Formamide Lysozyme |
| NON338 | ACATCTTACGGGAGGC | Non bacteria (negative control) | 50 | |
| BAC303 | CCAATGTTGGGGACCTTT | Bacteroides spp. | 48 | |
| EREC482 | GCTTCTTATGTCGGTACCG | Clostridium cocoides cluster XIVa | 50 | |
| LAB158 | GGTATTACCGCATGGTTCACCA | Lactobacillus-Enterococcus spp. | 50 | 90 min, 37 °C |
| ENT-D | TGCTCTCGGAGGTGCCGTCTTTT | Enterobacteria | 50 | |
| VER620 | ATGGCCGTCCGCCGGGT | Verrucobacteria | 50 | 30% |
| BIF164 | CATCGGCAATACCCACC | Bifidobacterium spp. | 50 | |

For the assessment of luminal bacteria by FISH previously published methods, with minor modifications, were followed [23,24,32,37,48]. Frozen fecal samples were thawed and 0.5 g of feces suspended in 4.5 mL of sterile and filtered PBS, including 2–4 glass beads (diameter 3 mm), and homogenized on a vortex mixer for 3 min. The fecal suspension was then centrifuged (1 min, 700 g, 4 °C) in order to remove large particles from the suspension. From the supernatant 0.5 µL were collected and fixed in 1.5 mL freshly prepared 4% filtered paraformaldehyde solution. After overnight fixing at 4 °C, samples were aliquoted (6 portions of 200 µL and 2 portions of 400 µL) and stored at −20 °C until use. After thawing, fixed fecal samples were diluted in sterile and filtered PBS. Dilutions used were: 1600 × and 800 × for the EUB338-probe; 400 × and 160 × for the VER620-, EREC482- and BAC303-probes; 160 × and 80 × for the LAB158-probe; 40 × and 80 × for the BIF164- and ENT-D-probes. Ten-well slides with round-shaped wells (7 mm diameter) were used. In order to enhance adhesion of fecal bacteria to the slide, slides were pre-treated by soaking them in a gelatin-suspension 2% (5 mL: 0.1 g gelatin, 0.01 g KCr(SO₄)·12H₂O and miliQ water up to 100 mL) for 30 min and allowed to dry at room temperature. Subsequently, 5 µL of the proper dilution was pipetted in each separate well. After drying at room temperature, the slides were fixed for 10 min using 96% ethanol (v/v). Dilutions of the probe were made in TE Buffer (10 mM Tris, 1 mM EDTA; Ambion, Austin, TX, USA) to a concentration of 50 ng/µL and then stored at −20 °C. Prior to use, the diluted probe solutions were further diluted in hybridization buffer (20 mM Tris–HCl, 0.9 M NaCl, 0.1% SDS, pH 7.2) to a concentration of 10 ng/µL and preheated at the corresponding temperature (see Table 3 for details of hybridization conditions) [23,24,32,37,49]. Subsequently, the slides were rinsed in preheated washing buffer (20 mM Tris–HCl, 0.9 M NaCl, pH 7.2) for 30 min at
the corresponding temperature (see Table 3). After briefly rinsing in milli-Q, the slides were air-dried and mounted with Vectashield-DAPI (Vector Laboratories, Peterborough, UK) on each well and a coverslip. The fluorescent stain 4′,6-diamidino-2-phenylindole (DAPI), which binds strongly to DNA, served as a control signal in all samples. Hybridized slides were viewed under oil immersion, using a Carl Zeiss Axioskop 40 FL epifluorescence microscope (filter for Cy3) equipped with a digital camera (Zeiss AxioCamMRm) for obtaining digital images (Zeiss AxioVision Release 4.8.1) (Carl Zeiss, Jena, Germany). For quantification of bacteria, 20 randomly selected fields were photographed, the number of hybridized cells counted using the CellC software [50], and the mean value obtained. All procedures were performed on coded slides, to avoid bias.

To assess wall-adhered bacteria, hybridization of tissue samples was also performed. Sections from Carnoy-fixed paraffin-embedded tissues were deparaffinized, rehydrated, post-fixed in 4% paraformaldehyde and washed. Hybridization conditions used were essentially as described above for luminal bacteria (see Table 3 for hybridization conditions), but in this case tissue samples were incubated for 16 h with the mix of hybridization buffer and the specific probe. In hybridized tissue samples, 20 randomly selected fields were photographed. Analysis of the images was performed manually by two independent researchers (MF and VM) that observed the pictures and localized hybridized bacteria within the mucus layer or attached to the epithelial surface. A coincidence between the two observers in bacterial location in at least 3 out of the 20 pictures observed (15%) was required to decide that there was bacterial attachment to the epithelium [23,24,32]. All procedures were performed on coded slides, to avoid bias.

4.7. Terminal Restriction Fragment Length Polymorphism

Terminal restriction fragment length polymorphism (T-RFLP) analysis of bacterial communities was performed following methods published elsewhere [37,51]. Briefly, a 1497-bp fragment of the 16S rDNA gene was amplified using a 6-carboxy-fluorescein-labeled forward and reverse primers (S-D-Bact-0008-a-S-20: 5′-6-FAM-AGAGTTTGATCMTGGCTCAG-3′; PH1552: 5′-AAGGAGGTGATCCAGCCGCA-3′, respectively) against the first 20 bases of the 16S RNA sequence. Duplicate PCR were performed for each sample. Fluorescent-labeled PCR products were purified on QIAquick PCR purification kit columns (Qiagen, West Sussex, UK) and eluted in a final volume of 30 µL of Milli-Q water. Then, the resultant PCR product was subjected to a restriction with HhaI (20,000 U/µL) (Biolabs Inc., Ipswich, MA, USA). Fluorescent-labeled terminal restriction fragments (TRF) were analyzed by capillary electrophoresis on an automatic sequence analyzer (ABI 3100 Genetic Analyzer, PE Biosystems, Warrington, UK) in Gene-Scan mode with a 25-U detection threshold. Determination of the TRF sizes in the range 50–700 bp were performed with the size standard GS-1000-ROX (PE Biosystems).

Data obtained consisted of size (base pairs) and peak area for each TRF. To standardize the DNA loaded on the capillary, the sum of all TRF peak areas in the pattern was used to normalize the peak detection threshold in each sample. Following the method described by Kitts [52], a new threshold value was obtained by multiplying a pattern’s relative DNA ratio (the ratio of total peak area in the pattern to the total area in the sample with the smallest total peak area) by 323 area units (the area of the smallest peak at the 25 detection threshold in the sample with the smallest total peak area). For each sample, peaks with a lower area were deleted from the data set. Thereafter, a new total area was obtained by the sum of all the remaining peak areas in each pattern.

Biodiversity (also known as richness) was considered as the number of peaks in each sample after standardization. For pair-wise comparisons of the profiles, a Dice coefficient was calculated, and dendrograms were constructed using the Fingerprinting II software (Informatix, Bio-Rad, Hercules, CA, USA) and an unweighted pair-group method with averaging algorithm. To deduce the potential bacterial composition of the samples, in silico restrictions for the major mouse gut bacteria with the primers and the enzyme used were obtained by using the analysis function TAP–T-RFLP from the Ribosomal Database
Project II software. Results are presented as potential compatible bacterial species. Note also that direct attribution of species to individual peaks is not unequivocally possible unless fingerprinting is complemented with sequence analysis of clone libraries. Analysis of electropherograms was used for the visual comparison of compatible TRF with different bacteria for the different experimental groups.

4.8. Colonic Expression of TLRs and Immune-Related Markers Using Quantitative Real-Time PCR (RT-qPCR)

Total RNA was extracted from colonic tissue samples using Tri reagent with Ribopure Kit (Ambion/Applied biosystems, Foster City, CA, USA). RNA samples were converted into cDNA using a High Capacity cDNA Reverse Transcription Kit (Applied Biosystems). cDNA concentration was measured using NanoDrop (ND-1000 spectrophotometer, NanoDrop Technologies, Wilmington, DE, USA) and all the samples were diluted at 100 ng/µl with DEPC-Treated water (Ambion/Applied biosystems, Foster City, CA, USA). TaqMan gene expression assays for interleukin 6 (IL-6) (Mm00446190_m1), interferon gamma (IFNγ) Mm01168134_m1, interleukin-12 p40 (IL-12p40) (Mm00434174_m1), interleukin-10 (IL-10) (Mm00439614_m1), interleukin 18 (IL-18) (Mm00434225_m1), defensin alpha 24 (Defa24) (Mm04205950_gH), resistin-like molecule-β (RELMβ) (Mm00445845_m1), regenerating islet-derived protein 3 gamma (RegIIIγ) (Mm00441127_m1) and TLR2 (Mm00442346_m), TLR3 (Mm01207404_m1), TLR4 (Mm00445273_m1), TLR5 (Mm00546288_s1) and TLR7 (Mm00446590_m1) were used (Applied Biosystems). All samples, as well as the negative controls, were assayed in triplicates. β-2-microglobulin (β2m) (Mm00437762_m1) was used as endogenous control.

The PCR reaction mixture was incubated on the Bio-Rad CFX384 (Bio-Rad Laboratories). Bio-Rad CFX Manager 3.1 software was used to obtain the cycle threshold for each sample. All data was analyzed with the comparative Ct method (2-∆∆Ct) with the vehicle groups serving as calibrator [53].

4.9. Statistical Analysis

Data are expressed as mean ± SEM or media (interquartile range) ± SD, as indicated. A robust analysis (one iteration) was used to obtain mean ± SEM for RT-qPCR data. Data were analyzed by one-way analysis of variance (ANOVA), followed, when necessary, by a Student-Newman-Keuls multiple comparisons test. Data were considered statistically significant when p < 0.05. All statistical analysis were performed using GraphPad Prism 6 (GraphPad Software, La Jolla, CA, USA).

Author Contributions: Conceptualization, V.M.; methodology and investigation, M.F., M.A. and V.M.; writing—original draft preparation, V.M. and M.F.; writing—review and editing, V.M., M.F. and M.A.; project administration and funding acquisition, V.M. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by grants BFU2009-08229 from the Ministerio de Ciencia e Innovación (Spain) and 2009SGR708 and 2014SGR789 from the Generalitat de Catalunya (Spain).

Institutional Review Board Statement: All animal procedures were approved by the Ethical Committee of the Universitat Autonoma de Barcelona (protocols with reference number 1099 and 1101) and the Generalitat de Catalunya (protocols with reference number 5645 and 5646).

Informed Consent Statement: Not applicable.

Data Availability Statement: All data presented in this study are available on request from the corresponding author (vicente.martinez@uab.es).

Conflicts of Interest: The authors declare no conflict of interest.
References

1. Adachi, J.A.; DuPont, H.L. Rifaximin: A Novel Nonabsorbed Rifamycin for Gastrointestinal Disorders. *Clin. Infect. Dis.* 2006, 42, 541–547. [CrossRef] [PubMed]

2. Maccaferri, S.; Vitali, B.; Klinger, A.; Kolida, S.; Ndagijimana, M.; Laghi, L.; Calanni, F.; Brigidi, P.; Gibson, G.R.; Costabile, A. Rifaximin modulates the colonic microbiota of patients with Crohn’s disease: An in vitro approach using a continuous culture colonic model system. *J. Antimicrob. Chemother.* 2010, 65, 2556–2565. [CrossRef] [PubMed]

3. Debbia, E.A.; Maioli, E.; Roveta, S.; Marchese, A. Effects of rifaximin on bacterial virulence mechanisms at supra- and sub-inhibitory concentrations. *J. Chemother.* 2008, 20, 186–194. [CrossRef] [PubMed]

4. Mullen, K.D.; Sanyal, A.J.; Bass, N.M.; Poodard, F.F.; Sheikh, M.Y.; Frederick, R.T.; Bortey, E.; Forbes, W.P. Rifaximin is safe and well tolerated for long-term maintenance of remission from overt hepatic encephalopathy. *Clin. Gastroenterol. Hepatol.* 2014, 12, 1390–1397.e2. [CrossRef] [PubMed]

5. Kane, J.S.; Ford, A.C. Rifaximin for the treatment of diarrhea-predominant irritable bowel syndrome. *Expert Rev. Gastroenterol. Hepatol.* 2016, 10, 431–442. [CrossRef] [PubMed]

6. Lopetuso, L.R.; Napoli, M.; Rizzatti, G.; Gasbarrini, A. The intriguing role of Rifaximin in gut barrier chronic inflammation and in the treatment of Crohn’s disease. *Expert Opin. Investig. Drugs* 2018, 27, 543–551. [CrossRef]

7. Simrèn, M.; Öhman, L. Pathogenesis of IBS: Role of inflammation, immunity and neuroimmune interactions. *Nat. Rev. Gastroenterol. Hepatol.* 2010, 7, 163–173.

8. Raskov, H.; Burcharth, J.; Pommergaard, H.C.; Rosenberg, J. Irritable bowel syndrome, the microbiota and the gut-brain axis. *Gut Microbes* 2017, 8, 365–383. [CrossRef] [PubMed]

9. Holtmann, G.J.; Ford, A.C.; Talley, N.J. Pathophysiology of irritable bowel syndrome. *Lancet Gastroenterol. Hepatol.* 2016, 1, 133–146. [CrossRef]

10. Balemans, D.; Mondelaers, S.U.; Cibert-Gotton, V.; Stakenborg, N.; Aguileri-Lizarraga, J.; Dooley, J.; Liston, A.; Bulmer, D.C.; VandenBerghе, P.; Boeckxstaens, G.E.; et al. Evidence for long-term sensitization of the bowel in patients with post-infectious-IBS. *Sci. Rep.* 2017, 7, 1–11. [CrossRef] [PubMed]

11. Carding, S.; Verbeke, K.; Vipond, D.T.; Corfe, B.M.; Owen, L.J. Dysbiosis of the gut microbiota in disease. *Microb. Ecol. Health Dis.* 2015, 26, 2691R. [CrossRef] [PubMed]

12. Gobert, A.P.; Sagrestani, G.; Delmas, E.; Wilson, K.T.; Verriere, T.G.; Dapoigny, M.; Del’homme, C.; Bernalier-Donadille, A. The human intestinal microbiota of constipated-predominant irritable bowel syndrome patients exhibits anti-inflammatory properties. *Sci. Rep.* 2016, 6, 1–12. [CrossRef] [PubMed]

13. Candela, M.; Maccaferri, S.; Turroni, S.; Carnevali, P.; Brigidi, P. Functional intestinal microbiome, new frontiers in prebiotic design. *Int. J. Food Microbiol.* 2010, 140, 93–101. [CrossRef] [PubMed]

14. Deng, L.; Liu, Y.; Zhang, D.; Li, Y.; Xu, L. Prevalence and treatment of small intestinal bacterial overgrowth in postoperative patients with colorectal cancer. *Mal. Clin. Oncol.* 2016, 4, 883–887. [CrossRef] [PubMed]

15. Shayto, R.H.; AbouMrad, R.; Sharara, A.I. Use of rifaximin in gastrointestinal and liver diseases. *World J. Gastroenterol.* 2016, 22, 6638. [CrossRef]

16. Bercik, P.; Verdu, E.F.; Collins, S.M. Is irritable bowel syndrome a low-grade inflammatory bowel disease? *Gastroenterol. Clin. N. Am.* 2005, 34, 235–245. [CrossRef]

17. Cheng, J.; Shah, Y.M.; Ma, X.; Pang, X.; Tanaka, T.; Kodama, T.; Krausz, K.W.; Gonzalez, F.J. Therapeutic role of rifaximin in inflammatory bowel disease: Clinical implication of human pregnane X receptor activation. *J. Pharmacol. Exp. Ther.* 2010, 335, 32–41. [CrossRef]

18. Xu, D.; Gao, J.; Gilliland, M., 3rd; Wu, X.; Song, L.; Kao, J.Y.; Owyang, C. Rifaximin alters intestinal bacteria and prevents stress-induced gut inflammation and visceral hyperalgesia in rats. *Gastroenterology* 2014, 146, 1–18. [CrossRef]

19. Brown, E.L.; Xue, Q.; Jiang, Z.D.; Xu, Y.; DuPont, H.L. Pretreatment of epithelial cells with rifaximin alters bacterial attachment and internalization profiles. *Antimicrob. Agents Chemother.* 2010, 54, 388–396. [CrossRef]

20. Terc, J.; Hansen, A.; Alston, L.; Hirota, S.A. Pregnane X receptor agonists enhance intestinal epithelial wound healing and repair of the intestinal barrier following the induction of experimental colitis. *Eur. J. Pharm. Sci.* 2014, 55, 12–19. [CrossRef]

21. Sartor, R.B. Review article: The potential mechanisms of action of rifaximin in the management of inflammatory bowel diseases. *Aliment. Pharmacol. Ther.* 2016, 43 (Suppl. S1), 27–36. [CrossRef] [PubMed]

22. Fiorucci, S.; Distritto, E.; Mencarelli, A.; Barbanti, M.; Palazzini, E.; Morelli, A. Inhibition of intestinal bacterial translocation with rifaximin modulates lamina propria mononuclear cells reactivity and protects against inflammation in a rodent model of colitis. *Digestion* 2002, 66, 246–256. [CrossRef] [PubMed]

23. Aguileri, M.; Vergara, P.; Martinez, V. Stress and antibiotics alter luminal and wall-adhered microbiota and enhance the local expression of visceral sensory-related systems in mice. *Neurogastroenterol. Motil.* 2013, 25, e515–e529. [CrossRef] [PubMed]

24. Aguileri, M.; Vergara, P.; Martinez, V. Environment-related adaptive changes of gut commensal microbiota do not alter colonic toll-like receptors but modulate the local expression of sensory-related systems in rats. *Microb. Ecol.* 2013, 66, 232–243. [CrossRef]

25. Siezen, R.J.; Kleerebezem, M. The human gut microbiome: Are we our enterotypes? *Microb. Biotechnol.* 2011, 4, 550–553. [CrossRef]

26. O’Hara, J.; Shanahan, F. The gut flora as a forgotten organ. *EMBO Rep.* 2006, 7, 688–693. [CrossRef]
27. Brigidi, P.; Swennen, E.; Rizzello, F.; Bozzolasco, M.; Matteuzzi, D. Effects of rifaximin administration on the intestinal microbiota in patients with ulcerative colitis. *J. Chemother.* 2002, 14, 290–295. [CrossRef]

28. DuPont, H.L.; Jiang, Z.D.; Okhuysen, P.C.; Ericsson, C.D.; de la Cabada, F.J.; Ke, S.; DuPont, M.W.; Martínez-Sandoval, F. A randomized, double-blind, placebo-controlled trial of rifaximin to prevent travelers’ diarrhea. *Ann. Intern. Med.* 2005, 142, 805–812. [CrossRef]

29. Jin, Y.; Ren, X.; Li, G.; Li, Y.; Zhang, L.; Wang, H.; Qian, W.; Hou, X. Beneficial effects of Rifaximin in post-infectious bowel syndrome mouse model beyond gut microbiota. *J. Gastroenterol. Hepatol.* 2018, 33, 443–452. [CrossRef]

30. Miglioli, P.A.; Allerberger, F.; Calabrò, G.B.; Gaion, R.M. Effects of daily oral administration of rifaximin and neomycin on faecal aerobic flora in rats. *Pharmacol. Res.* 2001, 44, 373–375. [CrossRef]

31. Gao, J.; Gilliland, M.G.; Owyang, C. Rifaximin, gut microbes and mucosal inflammation: Unraveling a complex relationship. *Gut Microbes* 2014, 5, 571–575. [CrossRef] [PubMed]

32. Aguilera, M.; Cerdá-Cuellar, M.; Martínez, V. Antibiotic-induced dysbiosis alters host-bacterial interactions and leads to colonic sensory and motor changes in mice. *Gut Microbes* 2015, 6, 10–23. [CrossRef] [PubMed]

33. Verdú, E.F.; Bercik, P.; Verma-Gandhu, M.; Huang, X.X.; Blenerhassett, P.; Jackson, W.; Mao, Y.; Wang, L.; Rochat, F.; Collins, S.M. Specific probiotic therapy attenuates antibiotic induced visceral hypersensitivity in mice. *Gut* 2006, 55, 182–190. [CrossRef] [PubMed]

34. Yang, L.; Liu, B.; Zheng, J.; Huang, J.; Zhao, Q.; Liu, J.; Su, Z.; Wang, M.; Cui, Z.; Wang, T.; et al. Rifaximin alters intestinal microbiota and prevents progression of ankylosing spondylitis in mice. *Front. Cell. Infect. Microbiol.* 2019, 9, 1–12. [CrossRef]

35. Taylor, D.N.; McKenzie, R.; Durbin, A.; Carpenter, C.; Atzinger, C.B.; Haake, R.; Bourgeois, A.L. Rifaximin, a nonabsorbed oral antibiotic, prevents shigellosis after experimental challenge. *Clin. Infect. Dis.* 2006, 42, 1283–1288. [CrossRef]

36. Gionchetti, P.; Rizzello, F.; Venturi, A.; Campieri, M. Probiotics in infective diarrhoea and inflammatory bowel diseases. *J. Gastroenterol. Hepatol.* 2000, 15, 489–493. [CrossRef] [PubMed]

37. Terán-Ventura, E.; Roca, M.; Martin, M.T.; Abarca, M.L.; Martínez, V.; Vergara, P. Characterization of housing-related spontaneous variations of gut microbiota and expression of toll-like receptors 2 and 4 in rats. *Microb. Ecol.* 2010, 60, 691–702. [CrossRef]

38. Kang, D.J.; Kakiyama, G.; Betrapally, N.S.; Herzog, J.; Nittono, H.; Hylemon, P.B.; Zhou, H.; Carroll, I.; Yang, J.; Gillevet, P.M.; et al. Rifaximin exerts beneficial effects independent of its ability to alter microbiota composition. *Clin. Transl. Gastroenterol.* 2016, 7, e187. [CrossRef]

39. Salzman, N.H. Microbiota–immune system interaction: An uneasy alliance. *Curr. Opin. Microbiol.* 2010, 13, 9–15. [CrossRef] [PubMed]

40. Abreu, M.T. Toll-like receptor signalling in the intestinal epithelium: How bacterial recognition shapes intestinal function. *Nat. Rev. Immunol.* 2010, 10, 131–143. [CrossRef]

41. Kordjazy, N.; Haj-Mirzaian, A.; Haj-Mirzaian, A.; Rohani, M.M.; Gelfand, E.W.; Rezaei, N.; Abdolghaffari, A.H. Role of toll-like receptors in inflammatory bowel disease. *Pharmacol. Res.* 2017, 118, 124–125. [CrossRef] [PubMed]

42. Frosali, S.; Pagliari, D.; Gambassi, G.; Landolfi, R.; Pandolfi, F.; Cianci, R. How the intricate interaction among Toll-like receptors, microbiota, and intestinal immunity can influence gastrointestinal pathology. *J. Immunol. Res.* 2015, 2015, 489821. [CrossRef]

43. Lu, Y.; Li, X.; Liu, S.; Zhang, Y.; Zhang, D. Toll-like receptors and inflammatory bowel disease. *Front. Immunol.* 2018, 9, 1–9. [CrossRef] [PubMed]

44. Ni, J.; Wu, G.D.; Albenberg, L.; Tomov, V.T. Gut microbiota and IBD: Causation or correlation? *Front. Immunol.* 2015, 6, 1–12. [CrossRef]

45. Selinummi, J.; Seppälä, J.; Yli-Harja, O.; Puhakka, J.A. Software for quantification of labeled bacteria from digital microscope images by automated image analysis. *Biotechniques* 2005, 39, 859–862. [CrossRef]

46. Montesi, A.; García-Albiach, R.; Pozuelo, M.J.; Mintzorlou, C.; Goñi, I.; Rotger, R. Molecular and microbiological analysis of caecal microflora reveals a large new group of mouse intestinal bacteria. *Microbiology* 2002, 148, 3651–3660. [CrossRef]

47. Prusator, D.K.; Chang, L. Sex-related differences in GI disorders. *Handb. Exp. Pharmacol.* 2017, 239, 177–192.

48. Camilleri, M. Sex as a biological variable in irritable bowel syndrome. *Neurogastroenterol. Motil.* 2020, 32, e13802. [CrossRef] [PubMed]

49. Prusator, D.K.; Chang, L. Sex-related differences in GI disorders. *Handb. Exp. Pharmacol.* 2017, 239, 177–192.

50. Selinummi, J.; Seppälä, J.; Yli-Harja, O.; Puhakka, J.A. Software for quantification of labeled bacteria from digital microscope images by automated image analysis. *Biotechniques* 2005, 39, 859–862. [CrossRef]

51. Højberg, O.; Canibe, N.; Poulsen, H.D.; Hedemann, M.S.; Jensen, B.B. Influence of dietary zinc oxide and copper sulfate on the gastrointestinal ecosystem in newly weaned piglets. *Appl. Environ. Microbiol.* 2005, 71, 2267–2277. [CrossRef] [PubMed]

52. Kitts, C.L. Terminal restriction fragment patterns: A tool for comparing microbial communities and assessing community dynamics. *Curr. Issues Intest. Microbiol.* 2001, 2, 7–25.

53. Livak, K.J.; Schmittgen, T.D. Analysis of relative gene expression data using real-time quantitative PCR and the 2−ΔΔCT method. *Methods* 2001, 25, 402–408. [CrossRef] [PubMed]