New roles for dopamine D2 and D3 receptors in pancreatic beta cell insulin secretion

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Abstract
Although long-studied in the central nervous system, there is increasing evidence that dopamine (DA) has important roles in the periphery including in metabolic regulation. Insulin-secreting pancreatic β-cells express the machinery for DA synthesis and catabolism, as well as all five DA receptors. In these cells, DA functions as a negative regulator of glucose-stimulated insulin secretion (GSIS), which is mediated by DA D2-like receptors including D2 (D2R) and D3 (D3R) receptors. However, the fundamental mechanisms of DA synthesis, storage, release, and signaling in pancreatic β-cells and their functional relevance in vivo remain poorly understood. Here, we assessed the roles of the DA precursor L-DOPA in β-cell DA synthesis and release in conjunction with the signaling mechanisms underlying DA’s inhibition of GSIS. Our results show that the uptake of L-DOPA is essential for establishing intracellular DA stores in β-cells. Glucose stimulation significantly enhances L-DOPA uptake, leading to increased DA release and GSIS reduction in an autocrine/paracrine manner. Furthermore, D2R and D3R act in combination to mediate dopaminergic inhibition of GSIS. Transgenic knockout mice in which β-cell D2R or D3R expression is eliminated exhibit diminished DA secretion during glucose stimulation, suggesting a new mechanism where D2-like receptors modify DA release to modulate GSIS. Lastly, β-cell-selective D2R knockout mice exhibit marked postprandial hyperinsulinemia in vivo. These results reveal that peripheral D2R and D3R receptors play important roles in metabolism through their inhibitory effects on GSIS. This opens the possibility that blockade of peripheral D2-like receptors by drugs including antipsychotic medications may significantly contribute to the metabolic disturbances observed clinically.

Introduction
Antipsychotic drugs (APDs) are some of the most widely used psychotropic medications today. Yet, these drugs can also produce profound metabolic disturbances [1, 2]. A key feature of this metabolic dysregulation is impaired glycemic control, which ultimately contributes to the development of systemic insulin resistance and type II diabetes [3]. Significantly, emerging evidence suggests that APDs increase diabetes risk independently of class or individual agent [4]. However, the mechanisms underlying these APD-induced metabolic abnormalities are still poorly understood. APDs interact with numerous G protein-coupled receptors including dopaminergic, serotonergic, adrenergic, muscarinic, and histaminergic receptors [5, 6]. Though the pleiotropic nature of APD-receptor interactions may contribute to their numerous side effects [6], the single unifying property of all clinically effective APDs is their action on dopamine (DA) D2-like receptors (D2, D3, and D4 receptors) [7]. Thus, elucidating the functional relevance of dopaminergic signaling in metabolism may provide important clues in deciphering mechanisms underlying APD-induced metabolic disturbances.
D2-like receptors are expressed in the central nervous system (CNS) in striatal and hypothalamic brain regions that mediate appetite and feeding behaviors [8, 9]. More recently, studies showed that D2 (D2R) and D3 (D3R) receptors are also expressed peripherally in tissues critical for metabolic regulation, including human and rodent insulin-secreting pancreatic β-cells [10–12]. We and our colleagues have demonstrated that in vitro stimulation of these receptors in pancreatic islets and cultured β-cells with either exogenous DA or D2R/D3R agonists inhibited glucose-stimulated insulin secretion (GSIS) as part of an autocrine/paracrine-negative feedback circuit [10–12]. Similarly, both rodents and humans treated with the DA precursor L-DOPA demonstrated hyperglycemia in vivo as a consequence of decreased GSIS [13–16], further suggesting that DA and potentially D2R/D3R signaling have important roles in mediating GSIS. To date, however, the individual contributions of β-cell D2R and D3R in regulating GSIS have yet to be disentangled definitively as most pharmacological agonists and blockers share affinities for both D2R and D3R [10, 11, 17, 18]. Earlier efforts to discern the respective metabolic roles of these receptors in vivo using global D2R and D3R knockout (KO) mice have been challenging as both D2R and D3R are expressed in several CNS and peripheral tissues associated with metabolic regulation [19–21]. Thus, it has been difficult to unambiguously interpret the respective central versus peripheral contributions of these receptors to metabolic regulation [13, 22].

Analogous to CNS DA neurons, pancreatic β-cells possess the capacity for DA biosynthesis and catabolism. Indeed, β-cells express tyrosine hydroxylase (TH), the rate-limiting enzyme in DA biosynthesis, which converts tyrosine to L-3,4-dihydroxyphenylalanine (L-DOPA) [23, 24]. Likewise, human and rodent β-cells express aromatic amino-acid decarboxylase (AADC) which converts L-DOPA to DA [25] as well as the machinery of monoamine catabolism including monoamine oxidases A and B (MAO-A and MAO-B, respectively) [26]. We also showed that the vesicular monoamine transporter, VMAT2, required for loading of DA into vesicles, is expressed in these cells [11]. Our recent work suggests that DA and L-DOPA synthesis in the gastrointestinal (GI) tract may provide an important physiological source of pancreatic islet DA [27]. Nevertheless, the precise roles of β-cell DA synthesis/utilization in metabolism and, what role, if any, D2R and D3R signaling plays in these processes remain poorly understood.

Here we employed genetic, biochemical, and pharmacological approaches in vitro and in vivo to examine the dopaminergic system in pancreatic β cells and its effects on insulin and DA release. Using mouse pancreatic islets and INS-1E cells, a rat β-cell-derived cell line [28], we have characterized the cellular machinery responsible for DA biosynthesis. We show that β-cells rely on uptake of the DA precursor L-DOPA by large neutral amino-acid transporters to boost intracellular DA stores and that glucose stimulation not only enhances L-DOPA uptake, but also significantly augments subsequent DA release. We demonstrate that L-DOPA-derived DA inhibits GSIS via β-cell D2R and D3R. We also show that these receptors work in concert to modulate both glucose-stimulated insulin and DA secretion using novel receptor-selective pharmacological tools and tissue-specific transgenic KO animals. Significantly, we describe the first β-cell-selective D2R KO mouse to elucidate D2R’s specific contributions to pancreatic β-cell function without potential confounds from D2R deletion in metabolically-relevant CNS regions including hypothalamus [29]. Our results suggest an important role for pancreatic D2R in regulating the coupling between food intake, which provides dietary DA, and peripheral DA signaling and insulin release. These findings establish a new context for studying metabolic regulation by DA D2-like receptors and may explain how actions on these peripheral targets by APDs can contribute to development of metabolic disturbances.

Materials and methods

Compounds

Compounds used in this study were purchased from Sigma-Aldrich (St. Louis, MO) unless indicated otherwise: 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES), sodium pyruvate, penicillin, streptomycin, 2-mercaptoethanol, n-glucose, bovine serum albumin (Merck Millipore, Darmstadt, Germany), glacial acetic acid, heptanesulfonic acid, methanol, glutathione, NaOH, ethylenediaminetraacetic acid (EDTA), dimethyl sulfoxide, L-DOPA, dopamine hydrochloride, S-(-)-raclopride (+)-tartrate salt, R-(-)-doprenyl hydrochloride, paraglyne hydrochloride, ascorbic acid, (S)-(-)-sulpiride (Tocris, Bristol, United Kingdom), (R)-quinpirole hydrochloride (Tocris), 2-amino-bicyclo-[2.2.1]heptane-2-carboxylic acid (BCH), triiodothyronine (T3), R22 [30] (gift of Dr. Amy Newman, synthesized at NIDA, NIH, Baltimore, MD), ML321 [31] (synthesized at NINDS, NIH, Bethesda, MD) and [3H]-DOPA (Dihydroxyphenylalanine, L-3,4-[ring 2,5,6-3H]) (American Radiolabeled Chemicals, St. Louis, MO).

Animal husbandry

All animals were housed and handled in accordance with all appropriate NIH guidelines through the Columbia University Institute of Comparative Medicine, which approved
the study. We abided by all appropriate animal care guidelines including ARRIVE guidelines for reporting animal research. Mice were housed in cages with a 12:12 light:dark cycle and had access to food and water ad lib at all times unless indicated otherwise. All efforts were made to ameliorate animal suffering.

**Generation and breeding of transgenic D2R and D3R KO mice**

β-cell-specific D2R KO mice were generated by crossing homozygous RIP1-cre<sup>Het</sup> mice [32] (gift of Dr. Lori Sussel, Columbia University) that express Cre recombinase specifically in β cells under the transcriptional control of the Ins2 promoter with Drd2<sup>loxP/loxP</sup> mice [33] that carry two targeted loxP sites flanking <sup>Δ</sup>Drd2 exon 2 (gift of Dr. Marcelo Rubinstein (INGEBI) and Dr. Veronica Alvarez (NIH)). Both parental transgenic strains were backcrossed with wildtype C57BL/6J mice for ≥10 generations to ensure an isogenic background in the tested progeny. Generation of global D3R KO mice is described in detail in our earlier studies [34].

**Cell culture and pancreatic islet preparation**

INS-1E cells (gift of Dr. Pierre Maechler, Université de Genève) were maintained in a humidified 37 °C incubator with 5% CO2. The cells were cultured with Rosewell Park Memorial Institute (RPMI) 1640 medium (Life Technologies Corp., Norwalk, CT) supplemented with 5% (v/v) heat-inactivated fetal bovine serum, 2 mM glutamate, 10 mM HEPES, 1 mM sodium pyruvate, 100 units/mL penicillin, 100 µg/mL streptomycin, and 50 µM 2-mercaptoethanol. Cells used in the assays were tested and found to be negative for potential mycoplasma contamination. For mouse pancreatic islet preparations, islets were obtained from 8 to 10 week-old male and female mice with either wildtype C57BL/6J, global D3R KO or β-cell-selective D2R KO genotypes. Pancreatic islets were freshly isolated via collagenase digestion of pancreata as described previously [35] and cultured free-floating overnight in RPMI 1640 media supplemented with 10% newborn calf serum, 100 units/mL penicillin, and 100 µg/mL streptomycin for use the following day. For insulin or DA secretion assays, islets were plated at 5–10 islets per well into 24-well plates. Each experiment used 2–3 mice to obtain sufficient numbers of islets where every condition was performed with n ≥ 5 replicates.

**Gene expression analyses**

Pancreata, hypothalamus, and striatum from homozygous β-cell-selective D2R KO mice and littermate wildtype controls were rapidly dissected in cold phosphate-buffered saline and placed into TRIzol Reagent (Life Technologies Corp., Carlsbad, CA). INS-1E cells were similarly placed into TRIzol. Total RNA was isolated via the RNeasy Universal Plus Mini Kit (QIAGEN, Valencia, CA) according to the manufacturer’s protocol. A total of 500 ng of isolated mRNA from each tissue was reverse transcribed with random hexamers using the First Strand Transcription Kit (Roche, Basel, Switzerland). For qPCR assays, expression levels of L-Type Amino Acid Transporter 1 (LAT1), L-Type Amino Acid Transporter 2 (LAT2) and Drd2 were detected using the QuantiTect SYBR Green PCR Kit (QIAGEN) and LightCycler 480 SYBRGreen I Master (Roche Diagnostics Corp., Indianapolis, IN) systems and quantified according to the 2<sup>ΔΔCt</sup> method [36]. PCR products were confirmed in 1.5% agarose gels. Each assay was run in triplicate and independently repeated ≥3 times to verify the results. Levels of expression for LAT1, LAT2, and Drd2 were subsequently normalized to expression of Rplp0, which encodes a ubiquitous ribosomal protein.

**Primer design**

We used commercially available primers to assay Drd2 gene expression (Quantitech #QT01169063, QIAGEN); primers for Rplp0, LAT1, and LAT2 were designed using the Universal Probe Library Assay Design software package (Roche). Rplp0, forward 5′-GAGACTGAGTACCCCTCCACACCTTCGCCAC-3′, reverse 5′-ATGCAGATGGATCAGCCAGG-3′; LAT1, forward 5′-TCTTTGCACCTACTTGCTC-3′, reverse 5′-GCCTTTACGCTGTAGCAGTTC-3′; LAT2, forward 5′-TGTGCTGCCATCTGTGTTG-3′, reverse 5′-GCCTTTACGCTGTAGCAGTTC-3′. Analysis of melting curves confirmed primer specificity.

**DA secretion assay**

For the cell-based DA secretion assay, INS-1E cells were seeded into a 24-well plate at an initial seeding density of 5.0×10<sup>5</sup> cells/well. Mutant and wildtype pancreatic islets were also seeded into a 24-well plate at a density of five islets/well and cultured free-floating overnight in RPMI 1640 media supplemented with 10% fetal bovine serum. On the experimental day, cells or islets were glucose-starved (1 h, 37 °C) in Krebs-ringer bicarbonate (KR) buffer (132.2 mM NaCl, 3.6 mM KCl, 5 mM NaHCO<sub>3</sub>, 0.5 mM Na<sub>2</sub>PO<sub>4</sub>, 0.5 mM MgCl<sub>2</sub>, 1.5 mM CaCl<sub>2</sub>, and 0.001 g/mL bovine serum albumin). In total, 30 µM L-DOPA was added 30 min prior to 20 mM glucose stimulation (90 min, 37 °C). We chose the 30 µM L-DOPA concentration for use in this assay on the basis of its ability to generate sufficient detectable levels of DA and associated metabolites in our HPLC assay, and because this concentration is below its IC<sub>50</sub> for effects on GSIS (see Fig. 3). At assay conclusion, supernatants and/or
cell lysates were collected from each sample. For assays relying on DA detection from cell lysates, a monoamine oxidase inhibitor cocktail (10 μM deprenyl, 10 μM pargyline) was added 15 min following the initiation of the starvation period. Cell lysates were prepared by removing adherent cells with Enzyme-Free Cell Dissociation Solution (EMD Millipore; 5 min, 37 °C) followed by sonication (Bioruptor, Cosmo Bio USA, Carlsbad, CA). Monoamine content was protected from oxidation by addition of cold HeGa solution (0.1 M glacial acetic acid, 0.1 mM EDTA, and 0.12% oxidized l-glutathione, pH 3.7) and immediately placed on ice.

Measurement of DA by HPLC

Cell supernatants and lysates were syringe-filtered (0.20 μm filter; Thermo Scientific, Somerset, NJ) and analyzed via High-Performance Liquid Chromatography with electrochemical detection (HPLC-EC), as previously described [37]. In brief, samples were separated on a C18 reverse-phase column (VeloSep RP-18 Cartridge Column; PerkinElmer, Hopkinton, MA) with the mobile phase consisting of 45 mM KH₂PO₄·H₂O, 0.2 mM EDTA, 1.4 mM heptanesulfonic acid and 5% methanol, pH 3.5. DA and its derivatives were detected on an ESA Coulochem II electrochemical detector (Thermo Scientific) at 300 mV oxidation potential. The IGOR Pro software package (WaveMetrics, version 6, Lake Oswego, OR) quantified DA for each sample from areas under the HPLC peaks based on defined calibration curves.

[^3]H]-DOPA uptake assay

INS-1E cells were seeded into a 24-well plate at an initial density of 5.0×10⁵ cells/well. RPMI 1640 media was exchanged 24 h after seeding and experiments were conducted the following day. On the experimental day, cells were glucose-starved (1 h, 37 °C) in KRB and subsequently stimulated with 20 mM glucose (90 min, 37 °C). For the mouse islet secretion assay, islets were seeded in 24-well plates and glucose-starved in KRB (1 h, 37 °C). Islets were then stimulated with 20 mM glucose ± additional drugs followed by supernatant collection. Insulin content for each sample was measured using an HTRF-based assay (Cisbio Bioassays, Codelet, France) as described earlier [39]. Fluorescence emissions were read by a multi-mode microplate reader (PHERAstar FS, BMG Labtech, Ortenberg, Germany). In drug competition assays, INS-1E cells were first pre-incubated with 100 μM L-DOPA (in KRB; 30 min, 37 °C) during glucose starvation followed by drug addition in the continued presence of L-DOPA. We chose the 100 μM L-DOPA concentration on the basis of its ability to inhibit GSIS at close to maximal levels according to its dose–response curve (see Fig. 3). Individual concentrations of the D2R and D3R receptor blockers were chosen on the basis of their respective EC₅₀ values from drug competition assay inhibitor dose–response curves (data not shown). We used GraphPad Prism software (version 6.0, GraphPad Software, Inc., La Jolla, CA) to interpolate raw HTRF values from the experimental samples to known insulin concentration values to derive the final insulin concentrations.

In vivo insulin secretion

Baseline serum insulin measurements were collected from homozygous β-cell-selective D2R KO mice and wildtype littermate controls immediately following an overnight fast (12–16 h). After the fast, each mouse was administered a single food pellet over a 15–20 min feeding period. Serum was collected 20 min thereafter for measurement of postprandial insulin levels. To control for inter-subject variability, postprandial serum insulin values were normalized to the respective pre-meal fasting serum insulin levels of each mouse. This postprandial/fasting serum insulin ratio was employed as a measure of postprandial elevation of insulin relative to the pre-meal fast. Serum insulin was measured by ELISA (ALPCO, Salem, NH). Absorbance measurements for the samples were made using a Biotek Synergy 2 microplate reader (BioTek Instruments, Inc., Winooski, VT). Potential values > 3 standard deviations from the mean were excluded. All samples were randomized using numbered codes and analyzed in a double-blind manner.

Glucose measurement

In parallel to the insulin measurements, corresponding glucose measurements under fasting and postprandial conditions were assayed. For each condition, glucose was measured from the same blood collected for the insulin measurements from each
mouse via the OneTouch Ultra glucometer (LifeScan, Inc., Inverness, Scotland). All samples were randomized using numbered codes and analyzed in a double-blinded manner.

**Glucose tolerance testing**

Intraperitoneal (i.p.) glucose tolerance tests were performed as described previously [40]. In brief, after a 5 h fast, mice were injected intraperitoneally with glucose (2 g/kg body weight) and blood glucose levels were determined from tail vein samples at 0, 15, 30, 60, and 120 min after the injection. All samples were randomized using numbered codes and analyzed in a double-blinded manner.

**Index of insulin sensitivity**

Homeostasis model assessment of insulin resistance (HOMA-IR) was calculated as (fasting glucose level x fasting insulin level)/22.5 as described previously [41, 42].

**Statistical analyses**

SPSS (version 18.0, IBM, Armonk, NY) was used for all statistical analyses. Drug dose–response curves were fit via nonlinear regression of Log (ligand) versus normalized % maximal insulin secretion values. EC50 and IC50 values were computed via a nonlinear, least-squares regression analysis using GraphPad Prism (version 7.0). We used univariate analysis of variance (ANOVA; α = 0.05) followed by Dunnett post hoc t tests to compare between-group differences using SPSS; Bonferroni post hoc t tests were conducted for multiple comparisons between effects of drug treatment on insulin secretion. We used repeated measures two-way ANOVA to compare between-group differences in our intraperitoneal glucose tolerance tests. Two-tailed t tests were used to analyze in vivo insulin secretion data and DA secretion results, as well as for comparison of insulin sensitivity indices across different groups. Variance was similar between the groups being statistically compared. Sample size was initially chosen on the basis of power analyses assuming an effect size of 0.60, power level of 0.80, and a probability level for statistical significance of 0.05 and was calculated via the G*Power software package (University of Düsseldorf, Germany).

**Results**

**Glucose-stimulated DA release requires DA precursor L-DOPA**

There is increasing evidence that insulin-secreting β cells are an important site of non-neuronal DA synthesis and utilization [12, 17]. However, the mechanisms by which these cells synthesize, store, and release DA, particularly during states of stimulation, remain poorly understood. Therefore, we first examined the capacity of pancreatic β-cells to secrete endogenously stored DA during GSIS using the INS-1E cell system (Fig. 1). Surprisingly, we found no detectable DA or its metabolites, including homovanillic acid (HVA) and 3,4-dihydroxyphenylacetic acid (DOPAC), secreted from the cells during high glucose stimulation by HPLC analysis (Fig. 1a); we observed similar results in mouse pancreatic islets (Figure S1a). To determine whether our stimulation conditions were insufficient to promote DA release from putative intracellular DA stores, we analyzed cellular DA content. Lysates of INS-1E cells contained negligible amounts of intracellular DA (Figure S1b, black bar); mouse islet lysates similarly did not contain detectable intracellular DA (data not shown). Our data suggest that despite the presence of DA biosynthetic machinery, in the absence of an exogenous source of DA or its precursors, INS-1E cells and islets do not accumulate significant intracellular DA stores.

As β-cells express DA biosynthetic enzymes including AADC [25], we hypothesized that: (1) these cells are capable of synthesizing de novo stores of cellular DA by converting DA precursors such as L-DOPA into DA, and (2) that this newly synthesized DA could be subsequently released in response to stimulation. Indeed, pre-incubation with L-DOPA produced a robust DA signal in the secreted supernatant during high glucose stimulation of INS-1E cells (Fig. 1b) or mouse islets (Figure S1a). Furthermore, high glucose stimulation enhanced secretion of the newly synthesized DA by 70% relative to the unstimulated control (P = 0.013; Fig. 1c). As above, in the absence of L-DOPA pretreatment, there was no detectable secreted DA in either the basal or glucose-stimulated conditions (Fig. 1c). Our results therefore suggest that β-cells have the capacity to produce and secrete DA when provided DA precursors and that this release is regulated by stimulation with high glucose. These findings are analogous to the ability of β-cells to rapidly mobilize and secrete insulin in response to stimulation [43, 44].

We investigated the possibility that the relative absence of intracellular DA in β-cells was owing to rapid DA degradation via the cellular catabolic machinery. Prior work demonstrated that β-cells express both MAO-A and MAO-B [26, 45], which we functionally confirmed by observing DOPAC, the product of MAO metabolism of DA, following L-DOPA pre-treatment (Fig. 1b, S1a). Inhibition of β-cell MAO activity during L-DOPA pre-treatment using the monoamine oxidase inhibitors (MAOIs) deprenyl (MAOB inhibitor) and pargyline (MAOA/B inhibitor) led to a 30-fold increase in intracellular DA levels compared to non-MAOI treated cells (P = 0.009; Figure S1b). These
data suggest that MAO activity represents an important source of intracellular DA degradation. Therefore, we measured the kinetics of DA biosynthesis in the presence of MAOIs to avoid potential confounds attributable to concomitant MAO-mediated catabolism. Addition of L-DOPA to INS-1E cells revealed the rapid appearance of intracellular DA prior to the onset of glucose stimulation (period from −30 min to 0 min; Figure S1c). However, within 30 min of stimulation, only 50% of the newly synthesized intracellular DA remained within the cells relative to the peak DA levels evident at the start of stimulation (0 min). These data suggest that a significant fraction of de novo-synthesized cellular DA is released, particularly during stimulation (Figure S1c).

**DA release is enhanced by glucose stimulation due to increased L-DOPA uptake**

We hypothesized that enhanced β-cell DA secretion in response to glucose stimulation (Fig. 1c) was owing to increased L-DOPA uptake and subsequent DA synthesis, which generates an increased pool of releasable DA. To test this, we first characterized the machinery responsible for β-cell L-DOPA uptake. In the CNS, intestines and kidneys, L-DOPA is a substrate for L-type amino-acid transporters (LATs), which are instrumental in cellular L-DOPA uptake [46–48]. We analyzed expression of LAT1 and LAT2 isoforms by qPCR in INS-1E cells and wildtype mouse pancreatic islets and compared this with levels in the mouse hypothalamus and striatum—two brain regions associated with dopaminergic neurotransmission [49, 50]. LAT1 was transcribed to comparable levels in INS-1E cells and islets compared with hypothalamus and striatum (P > 0.05; Fig. 2a). LAT2 was also present in INS-1E cells, islets and the examined brain regions but was transcribed at higher levels in INS-1E cells relative to islets or striatum and hypothalamus (P = 0.006; Fig. 2b). To examine the functional role of LATs in β-cell L-DOPA uptake, we used a [3H]L-DOPA tracer to measure the intracellular accumulation of L-DOPA in INS-1E cells under unstimulated and glucose-stimulated conditions. As a control, unlabeled L-DOPA substrate was used to define nonspecific accumulation of tracer (Figure S2). Treatment with the LAT1/LAT2 competitive substrate, 2-aminobicyclo-[2.2.1] heptane-2-carboxylic acid (BCH), also inhibited [3H]L-DOPA accumulation (Figure S2, green bars). In addition, triiodothyronine (T3), a competitive LAT1-specific blocker that does not act on LAT2 [51], inhibited [3H]L-DOPA uptake by 70% (Figure S2, blue bar). Thus, LAT1 likely is responsible for most of L-DOPA transport, with a smaller but significant contribution by LAT2.

We next examined the kinetics of L-DOPA uptake during glucose stimulation using [3H]L-DOPA to monitor intracellular accumulation of L-DOPA (Fig. 2c). [3H]L-DOPA uptake almost doubled within 30 min of glucose stimulation relative to the unstimulated control (1.7-fold increase, P = 0.0005; Fig. 2c). Total DA uptake over the entire 120 min experiment was increased by 2.5-fold compared with the control (P = 0.002; Fig. 2c, d). We also observed a progressive decrease in accumulated intracellular [3H]L-DOPA over time (Fig. 2c). We investigated whether this decrease in tracer signal was owing to conversion of [3H]L-DOPA to [3H]DA, which could then be released out of the cell. Therefore, we treated cells with 5 μM benserazide, a potent
inhibitor of AADC, to block conversion of L-DOPA to DA [52]. Benserazide treatment significantly attenuated the decrease in accumulated intracellular [3H]L-DOPA we observed during glucose stimulation, with twofold more intracellular [3H]L-DOPA remaining at the study conclusion relative to the benserazide-untreated control ($P = 0.001$; Fig. 2c, d). Overall, our data demonstrate that glucose stimulation primes de novo DA biosynthesis in β-cells by enhancing DA precursor uptake followed by AADC-dependent conversion to DA, which can be released to initiate signaling at DA receptors in the plasma membrane.

D2R and D3R signaling modulates GSIS

Given that L-DOPA uptake and DA release are coupled to glucose stimulation, we next investigated dopaminergic signaling at the receptor level during GSIS. Using our recently developed HTRF-based assay for rapid measurement of insulin secretion [39], we first examined the effects...
of pre-loading L-DOPA on GSIS in INS-1E cells. Increasing L-DOPA concentrations inhibited GSIS in a dose-dependent manner ($IC_{50} = 38.3 \mu M$; Fig. 3a). Pre-treatment of cells with AADC blocker benzerazide abolished the inhibitory effects of L-DOPA on GSIS (Fig. 3a), implicating DA, and not a direct action of L-DOPA, in the inhibition of GSIS. These data are consistent with growing evidence suggesting that DA is a negative regulator of insulin secretion [11, 17, 39].

We examined whether DA D2-like receptors were responsible for GSIS inhibition following L-DOPA treatment. Quinpirole, an agonist of both D2R and D3R [53], dose-dependently inhibited GSIS ($IC_{50} = 10.3 \mu M$; Fig. 3b). Conversely, the D2R/D3R blocker raclopride blocked L-DOPA’s inhibitory effects on GSIS in a dose-dependent manner, returning the cells to near-maximal levels of insulin secretion ($EC_{50} = 1.2 \mu M$; Fig. 3c). We confirmed these findings with the APD sulpiride, another D2R/D3R-selective blocker [54], which similarly attenuated L-DOPA’s inhibitory effects on GSIS ($EC_{50} = 1.5 \mu M$; Figure S3a). Importantly, sulpiride has been shown to be membrane-impermeant at relevant pharmacological concentrations [55]. Thus, its ability to effectively block the inhibitory effect of L-DOPA on GSIS is consistent with an extracellular action of DA on plasma membrane D2R/D3R and not with intracellular signaling. As most pharmacological tools have limited receptor selectivity among the different DA D2-like receptor subtypes [18], it has remained unclear which of these receptors is responsible for mediating DA’s inhibition of GSIS. To determine the relative contributions of D2R and D3R in mediating GSIS, we used recently developed D2R-selective and D3R-selective compounds to block the respective activities of these two receptors. We observed that as little as 300 nM of the D3R-selective blocker R22 [30] successfully reduced L-DOPA’s inhibition of GSIS ($EC_{50} = 136 \mu M; P < 0.0001$), albeit to a lesser degree than raclopride or sulpiride, which block both D2R and D3R. Likewise, the D2R-selective inhibitor ML321 [31] (3 µM) also partially reduced L-DOPA-induced GSIS inhibition ($EC_{50} = 1.2 \mu M, P < 0.0001$; Figure S3b). Taken together, these data suggest that both D2R and D3R mediate GSIS inhibition, and that greater inhibition is achieved through joint receptor action.

**D2R and D3R KO attenuates L-DOPA’s inhibitory modulation of GSIS**

To complement our findings with the D2R- and D3R-selective drugs, and to establish that our findings in the INS-1E cells are consistent with those in a more native preparation, we used a parallel genetic strategy by examining the effects of D2R or D3R deletion on GSIS in pancreatic islets. Wildtype C57BL/6J (WT) mice exhibited a significant dose-dependent decrease in GSIS following L-DOPA treatment (10 $\mu M$: $P = 0.006$; 30 $\mu M$: $P < 0.0001$) compared with the high glucose alone control (Fig. 4a). In contrast, L-DOPA’s GSIS inhibition was abolished in pancreatic islets from global D3R KO mice treated with 10 $\mu M$ or 30 $\mu M$ L-DOPA ($P > 0.05$; Fig. 4b). To probe D2R’s role in GSIS inhibition, we generated the first $\beta$-cell-specific D2R KO mouse. We validated the tissue specificity of D2R knockdown by comparing D2R expression in brain and pancreas via qPCR. D2R expression was significantly reduced by 91% in pancreatic islets of $\beta$-cell-specific D2R KO mice relative to WT littermate controls ($P < 0.023$; Figure S4). In contrast, there was no significant difference in D2R expression in hypothalamus or striatum, regions of known D2R expression [29, 56], in KO mice compared with the controls ($P > 0.05$; Figure S4). Using islets from these $\beta$-cell-specific D2R KO mice, we observed that GSIS inhibition by L-DOPA was absent at 10 $\mu M$ ($P > 0.05$) and largely attenuated at 30 $\mu M$ ($P = 0.05$; Fig. 4c). Overall, our
data were consistent with the pharmacological data suggesting a joint role for both D2R and D3R in mediating L-DOPA’s inhibition of GSIS.

We also examined the specific, respective contributions of D2R and D3R signaling to modulation of GSIS independently of islet DA biosynthesis following L-DOPA treatment by directly treating WT, D2R KO, and D3R KO mouse pancreatic islets with increasing concentrations of exogenous DA (Fig. 4d–f). WT islets exhibited significant dose-dependent GSIS inhibition across the range of DA concentrations tested (100 nM–10 μM, P < 0.001; Fig. 4d). Islets from β-cell-specific D2R KO or global D3R KO mice were less sensitive to DA’s inhibitory effects on GSIS. Although there was no significant GSIS inhibition following treatment with the lowest DA concentration in D2R or D3R KO islets (100 nM, P > 0.05; Fig. 4e, f), both D2R KO and D3R KO islets exhibited significant GSIS inhibition at higher DA concentrations (Fig. 4e, f), consistent with a role for both receptors.

Glucose-stimulated DA secretion is reduced in D2R and D3R KO islets

Direct applications of high DA concentrations effectively inhibited GSIS in both D2R and D3R KO islets. This suggests that the residual D2R receptors in D3R KO islets

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**Fig. 4** Effects of L-DOPA and dopamine on glucose-stimulated insulin secretion in pancreatic islets of D2R or D3R knockout mice. **a** L-DOPA treatment significantly inhibited glucose-stimulated insulin secretion (GSIS) in pancreatic islets from wildtype (WT) C57BL/6J mice in a concentration-dependent manner [F(2,67) = 12.32, P < 0.0001]. GSIS was reduced both with 10 μM L-DOPA (p = 0.006), and 30 μM L-DOPA (P < 0.0001) compared with stimulation with 20 mM glucose alone (n = 20 for all groups). **b** Inhibitory effects of L-DOPA on GSIS were attenuated in pancreatic islets from homozygous global D3R KO mice at both 10 μM and 30 μM L-DOPA concentrations [F(2,42) = 1.12, P > 0.05, n = 15 for all groups]. **c** Although no significant GSIS inhibition was evident at 10 μM L-DOPA (P > 0.05), and largely attenuated at 30 μM L-DOPA (P = 0.05; n = 16 for all groups) in islets from β-cell-selective D2R KO mice. **d** DA treatment of pancreatic islets from WT mice significantly inhibited GSIS in a dose-dependent manner compared with stimulation with 20 mM glucose alone [F(3,74) = 13.11, P < 0.001] (100 nM: P = 0.026; 1 μM: P < 0.0001; 10 μM: P < 0.0001; n = 35 for all groups). **e** Pancreatic islets from global D3R KO mice exhibited significant DA-induced GSIS inhibition [F(3,56) = 5.17, P = 0.003]. Though D3R KO islets did not significantly respond to 100 nM DA, both 1 μM DA (P = 0.03), and 10 μM DA treatment significantly inhibited GSIS (P = 0.001; n = 15 for all groups). **f** Pancreatic islets from β-cell-selective D2R KO mice responded to DA treatment [F(3,60) = 6.60, P = 0.001]. D2R KO islets exhibited GSIS inhibition at higher DA concentrations: 1 μM (P < 0.0001) and 10 μM DA (P = 0.0003), but not at 100 nM DA (P > 0.05; n = 16 for all groups). Results are represented as % maximal insulin secretion based on mean HTRF values from n ≥ 6 replicate samples in age-matched mice. Assays were conducted on n ≥ 3 independent experimental days. All bars represent the mean ± SEM. *P < 0.05, **P < 0.01, ***P < 0.001
We investigated D2R’s role in maintaining insulin homeostasis in vivo using our β-cell-selective D2R KO mice. We measured the effects of D2R KO on changes in serum insulin levels in response to a meal challenge. Although there were no significant differences in fasting serum insulin levels between D2R KO and the WT control mice preceding the meal challenge (P > 0.05; data not shown), we observed significantly higher serum insulin levels in D2R KO mice following a meal challenge (P = 0.038; Fig. 5a). We explored the possibilities that these insulin increases were in response to concomitant elevations in blood glucose and/or increased insulin resistance in the D2R KO mice relative to the WT control animals. Comparisons of fasting or postprandial glucose levels between the two genotypes did not reveal any significant differences (P > 0.05; Fig. 5b). Furthermore, we found no significant differences in insulin sensitivity either at basal or post-glucose infusion time-points between D2R KO and WT mice as measured by intraperitoneal glucose tolerance testing (ipGTT) (P > 0.05; Fig. 5c) or via calculation of the HOMA-IR [42] (P > 0.05; WT: 4.3 ± 0.8, D2R KO: 8.9 ± 2.4). These data suggest that the constituents of the food pellets provided in the oral challenge (see Methods) were sufficient to generate DA precursors that are absent when glucose is administered i.p. Importantly, our results also suggest that the differences in postprandial insulin levels may therefore be a consequence of direct changes in insulin secretion rather than in response to insulin resistance or elevated blood glucose levels in the D2R KO mice. Overall, these data suggest that D2R modulation of insulin release is especially sensitive to acute food intake. Moreover, blunted D2R signaling in β-cells may cause decreased DA-mediated GSIS inhibition and lead to the postprandial hyperinsulinemic state observed.

**Discussion**

Though DA signaling has long been studied in the CNS, there is increasing evidence that it also plays key physiological roles in the periphery [3, 17, 22, 57]. Although the sympathetic nervous system was originally implicated as an important regulator of blood pressure by DA [58], the
intrarenal DA system also plays a critical role in modulation of both blood pressure and salt/water balance independently of neural DA input [59]. Renal proximal tubule cells express the DA biosynthetic machinery as well as DA D2-like receptors including D2R [57, 60, 61]. Uptake of circulating L-DOPA fuels local DA biosynthesis and release by these cells followed by autocrine/paracrine DA signaling at renal DA receptors to maintain fluid and electrolyte homeostasis and normal blood pressure [59, 61–63]. There is increasing awareness that these findings are not restricted to the kidneys and are found in other tissues and organ systems as well. Pancreatic β-cells similarly express a dopaminergic system [17]. In addition to DA’s emerging involvement in the regulation of calcium flux, cell proliferation, and survival in β-cells [12, 27], earlier work suggested that the β-cell dopaminergic system can play important roles in metabolism through DA’s function as a negative modulator of insulin secretion [3, 10, 17, 38].

Rodent and human pancreatic β-cells were previously shown to possess the machinery for DA biosynthesis including TH and AADC [11, 12, 64]. Yet, despite expression of these DA biosynthetic enzymes, our data show negligible intracellular DA stores in INS-1E cells and mouse pancreatic islets, consistent with earlier studies in rodent islets [12, 64]. Nevertheless, both TH expression and de novo DA synthesis are evident in human and rodent islets, suggesting that DA synthesis and signaling are physiologically relevant [64]. Evidence however suggests that levels of de novo DA biosynthesis are highly variable across species, and even within a species, there are wide disparities in TH expression and/or activity [64]. Moreover, in vivo TH activity is sensitive to acute dietary manipulations, further complicating accurate estimations of intracellular DA stores both at rest and during periods of cell stimulation [65]. Recent evidence demonstrates that TH expression is crucial for normal development of β-cells, with TH-synthesized DA acting as a pro-β-cell stimulus [66]. Thus, continued TH expression in adult β-cells may be a remnant of its developmental relevance. Overall, our results build upon earlier work, suggesting that steady state levels of intracellular DA are ordinarily maintained at very low levels but can be significantly increased when DA precursors such as L-DOPA are made available to β-cells [67].

Given the importance of acute L-DOPA uptake for β-cell DA synthesis and secretion, we further characterized the transporters responsible for L-DOPA uptake into β-cells. Besides cell uptake of branched-chain amino acids, LATs are also high-affinity transporters of L-DOPA [68]. Recent studies suggest that LAT activity mediates β-cell insulin secretion, although the precise identities of the transporters and the mechanisms have remained unclear [68]. We recently showed that LAT1 is expressed in human and rodent pancreatic islets as well as in INS-1E cells [11, 68]. Here, we demonstrated for the first time that INS-1E cells and mouse pancreatic islets also express an additional LAT isomor, LAT2, at levels comparable to dopaminergic brain regions including striatum and hypothalamus. Functionally, our results suggest that although LAT1 transporter activity contributes significantly to L-DOPA uptake into β-cells, LAT1 likely works in concert with LAT2 to ensure efficient L-DOPA uptake. These results are consistent with previous work showing that LAT2 is important in postprandial transport of L-DOPA in intestinal epithelial cells [48].

Significantly, glucose stimulation markedly enhanced L-DOPA uptake in INS-1E cells. These results demonstrate that stimulatory conditions that classically culminate in insulin secretion (e.g., cell depolarization) also potentiate DA precursor uptake and increase DA secretion. Our findings are consistent with studies examining L-DOPA uptake in renal proximal tubule cells that similarly demonstrated enhanced L-DOPA uptake in response to cell stimulation [69]. Insulin stimulation of the renal cells triggered a cascade of Akt and protein kinase Cζ-dependent signaling that resulted in increased cellular L-DOPA uptake. Overall, we find a system where β-cells can tune the amount of DA precursor uptake, synthesis, and secretion in response to cell activity. These results raise the question: what are sources of this L-DOPA?

L-DOPA is present in considerable amounts in the GI tract, supplied in large part by dietary sources [70–72]. This L-DOPA contributes significantly to DA synthesis in non-neuronal cells in the periphery [73]. The newly synthesized DA is sulfocoujugated to create DA sulfate and distributed throughout the periphery [73]. Indeed, following meal ingestion, plasma DA sulfate levels increase significantly in humans (>50-fold) as well as in rodents [70–74]; mixed meals of protein and carbohydrates are especially implicated in this rise in postprandial DA [17, 27]. As sympathectomy does not affect postprandial increases in L-DOPA, it is unlikely that endogenously produced catecholamines from local sympathetic innervation contribute to this phenomenon [71, 74]. Importantly, feeding studies in rodents and humans showed that the postprandial appearance of L-DOPA and DA in the circulation is within 60 min of feeding [70, 73], which is within the overall range of our experiments.

We further dissected the respective contributions of D2-like receptors D2R and D3R to dopaminergic inhibition of GSIS. Earlier pharmacological studies suggested that drug actions on D3R alone modified GSIS, whereas other work used drugs acting on both receptors; to date, no clear consensus exists regarding whether one or both receptors are necessary to modulate insulin secretion [10–12]. The structural and functional similarities between D2R and D3R [75] make it difficult for most existing pharmacological
tools to accurately discriminate between the two receptors [76, 77]. However, using recently developed pharmacological agents with significantly improved selectivity for either D2R or D3R, we found that D2R-selective blocker ML321 (> 50-fold selectivity for D2R over D3R) [18, 31] or D3R-selective inhibitor R22 (> 100-fold selectivity for D3R over D2R) [30, 77] only partially attenuated L-DOPA’s inhibition of GSIS. In contrast, drugs that targeted both D2R and D3R (e.g., sulpiride and raclopride) blocked L-DOPA’s inhibitory effects on GSIS almost completely. Likewise, treatment with the D2R/D3R agonist quinpirole produced dose-dependent GSIS inhibition with a potency comparable to that of DA. Our data therefore suggest that D2R and D3R function together to modulate dopaminergic inhibition of GSIS. Previous work employing different D2R- and D3R-selective antagonists implicated only D3R in regulation of GSIS [12]. Such discrepancies may be attributed to potential differences in receptor selectivity of the D2R- and D3R-selective drugs tested and/or off-target effects for each of these agents.

In parallel with our pharmacological approaches, we used a genetic strategy to selectively knock out D2R expression in β-cells. Earlier work examining preexisting global D2R KO mouse models demonstrated impaired overall glucose homeostasis [22]. However, these efforts were complicated by complex neuroendocrine and metabolic phenotypes, including hyperprolactinemia and dwarfism due to D2R’s important roles in the CNS. This has made it difficult to determine specific CNS versus peripheral contributions of D2R on metabolic regulation [13, 19, 22]. To address this, we have created the first β-cell-specific D2R KO mouse to focus on D2R’s specific potential roles in modulating GSIS in pancreatic β-cells. In parallel, we used islets from a global D3R KO mouse to similarly probe D3R’s roles in GSIS. Although D3R KO attenuated L-DOPA’s inhibitory effects at all L-DOPA concentrations, islets from the β-cell-specific D2R KO islets were still sensitive to GSIS inhibition at the higher 30 μM L-DOPA concentration. It remains possible that the D3R still expressed in D2R KO islets may continue to signal and thus contribute to the residual L-DOPA inhibition. In contrast, continued D2R expression in D3R KO islets may be insufficient to produce the DA signaling necessary to significantly diminish GSIS, especially as D2R has a lower DA affinity compared to D3R [77].

In contrast to L-DOPA treatment, DA-induced GSIS inhibition in either D2R or D3R KO islets was decreased, though still intact at high DA concentrations. We infer that this GSIS inhibition is likely due to dopaminergic signaling at the remaining D2-like receptors. Here we show that D2-like receptors also regulate levels of secreted DA in β cells. With less DA being released from D2R KO or D3R KO islets following L-DOPA pre-treatment, DA-mediated inhibition of GSIS was blunted. This would be consistent with a role for these receptors in promoting DA synthesis, vesicle loading and/or trafficking or efficiency of DA release. Curiously, this is not consistent with the inhibition of DA synthesis and release mediated by D2R autoreceptors in the CNS [49, 78]. Further work is needed to explore the signaling mechanisms responsible for these divergent effects. Importantly, at the receptor level, exogenous DA application still lead to significant GSIS inhibition, indicating that the remaining D2-like receptors still function in the respective KO islets.

In examining the metabolic sequelae of β-cell-selective D2R knockout in vivo, we found a substantially greater (threefold) increase in postprandial insulin response compared with WT littermate controls. Given the absence of significant derangements in basal and postprandial glucose levels or diminished insulin sensitivity, our results suggest that the heightened postprandial insulin response in D2R KO mice was most likely attributable directly to changes in insulin secretion. Importantly, our data further underscore the critical relationship between food intake and dopaminergic regulation of insulin secretion given that this D2R-mediated insulin response was unmasked in response to feeding. Nevertheless, future studies are needed to further characterize this phenomenon including more direct assessments of β-cell secretory function in response to food challenges.

As uptake of dietary L-DOPA is a key avenue for stimulating DA production in β-cells [27, 67, 72, 73], we propose that: (1) in response to food intake, there is an increase in circulating L-DOPA in the GI circulation supplying pancreatic β-cells; (2) L-DOPA uptake through LAT1 and LAT2 boosts β-cell DA stores. (3) As postprandial blood glucose levels rise, the β-cells depolarize, releasing both insulin and DA; (4) the released DA binds to D2R and D3R, which work together to inhibit further GSIS. Our model therefore suggests that β-cells can tune the extent of dopaminergic inhibition of GSIS on the basis of DA precursor availability, which is based on the size of the meal and metabolic load. Although it is likely that an ensemble of D2-like receptors work together in β-cells to modulate GSIS, our findings suggest that disrupting signaling through one or more D2-like receptors, as in the case of β-cell-selective D2R KO, is sufficient to produce metabolic disturbances in vivo. Furthermore, as APDs chronically block the D2R and D3R signaling mediating this circuit, our findings may provide an important new mechanism for the metabolic dysfunction induced by APDs.

We ultimately posit that the hyperinsulinemia and insulin resistance at the root of many of APDs’ metabolic disruptions may therefore be caused by their actions at peripheral dopaminergic targets. Similarly, our results may explain longstanding findings demonstrating hyperglycemia in both...
rodents and in humans treated with l-DOPA [79]. Indeed, up to 50–80% of Parkinson’s disease patients have abnormalities in glucose homeostasis, and l-DOPA treatment has been shown to cause or exacerbate hyperglycemia [80]. L-DOPA’s inhibition of insulin secretion may contribute to the chronic hyperglycemia observed clinically [80]—an effect previously reported in rat models [81].

Our results are consistent with findings from prior studies. Indeed, earlier work showed that acute D2R/D3R blockade with as little as a single dose of raclopride enhanced insulin secretion during hyperglycemic clamps of healthy rats [82]. Studies in healthy human subjects also demonstrated that acute treatment with a single dose of the APD amisulpride, a relatively selective D2R/D3R antagonist [83], was sufficient to stimulate increased β-cell insulin secretion [84]. Similarly, a 9-day administration of olanzapine in healthy human subjects led to elevations in postprandial insulin [85]. Chronically, such hyperinsulinemic states may contribute to desensitization of insulin-responsive tissues (e.g., liver, adipose tissue, skeletal muscle) to insulin and ultimately culminate in insulin resistance [3]. Moreover, it has been suggested that prolonged insulin secretion following D2R/D3R blockade by APDs may deplete β-cell insulin granule stores over time, further exacerbating drug-induced metabolic disturbances [82]. It is possible that the homeostatic mechanisms including redundant regulatory and counterregulatory systems could offset the impact of APD blockade [3, 86]. However, even with lifelong knockdown of D2R in the β-cells, we still see significant dysregulation of insulin secretion in adult animals, suggesting that the system has not sufficiently compensated. Nevertheless, there are likely other mechanisms that also contribute to the disruptions in glucose homeostasis or the development of tissue-level insulin resistance by APDs including insulin-independent mechanisms associated with cellular glucose uptake and transport [86, 87].

Overall, our work sheds light on fundamental mechanisms of DA signaling outside of the CNS and its implications for regulation of metabolism. These findings may also provide new insights into how disruption of pancreatic dopaminergic signaling can produce metabolic disturbances and opens the door to novel therapeutic approaches targeting peripheral DA receptors.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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