Personalized Evaporative Cooler to Reduce Energy Consumption and Improve Thermal Comfort in Free-Running Spaces

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Received: 18 October 2019; Accepted: 12 November 2019; Published: 16 November 2019

Abstract: The need to reduce energy consumption in buildings is imperative, but we must maintain individual thermal comfort of the occupants to ensure their well-being and productivity. Personal conditioning systems (PCS) have been suggested as a strategy to achieve both energy efficiency and thermal comfort, as they are considered to be low-energy consumers, allow increasing set-point temperatures, and give occupants the chance to control their own personal environment. While most warm-environment PCS are based on air-movement devices, the potential of using desk direct evaporative coolers (dDEC) has been scarcely explored. This work presents the results of the characterization of a dDEC and its potential for improving the indoor temperature and thermal comfort in a free-running office space. The study proposes adapted corrective power (CPa) and cooling fan efficiency for evaporative systems (CFEe) indexes. Results show that the dDEC achieves thermal comfort with a local effect, and it is recommended to be positioned directly on the desk surface, orientated to the occupant, and at a certain distance. Under these conditions, the CPa reaches \(-2.8^\circ C\), involving better CFEe than the desk fans studied in the literature. Speed has little effect on the local air conditions, though it does improve the perception of thermal comfort. The relative humidity of the air does not exceed the recommendable limits, but renovation of the indoor air enables better conditions.

Keywords: desk direct evaporative cooler; personalized cooling system; adapted corrective power; predicted mean vote; free-running buildings

1. Introduction

1.1. Energy Context: Toward Net Zero Energy and Carbon

Urban populations can spend an average of 80 to 90% of their time in indoor spaces [1] and use heating, ventilation, and air-conditioning systems (HVAC) to achieve thermal comfort and good air quality. Data regarding European building stock highlight that these buildings are responsible for approximately 40% of energy consumption and 36% of CO₂ emissions, hence, they are largest energy consumer in Europe. Currently, approximately 35% of the building stock of the European Union are over 50 years old and almost 75% of buildings are energy inefficient [2]. Buildings in Spain account for 31% of all energy use in the country, with 66% of this energy consumption attributed to HVAC [3]. Worldwide, most adults spend one-third of their life at work [4]. Furthermore, office buildings represent 25% of the total non-residential floor space in Europe and, together with wholesale and retail trade buildings, account for more than 50% of energy use from non-residential buildings [5], with one third of their energy consumption attributed to HVAC [6].
Over the last few years, issues have arisen in Europe that are closely related, including global warming awareness, the energy efficiency of buildings, the risk of overheating, alongside the achievement of human comfort in indoor spaces.

Energy efficiency improvement in buildings relies on the reduction of energy demand, an improvement in the performance of the building services (HVAC, lighting, and hot water supply) and the integration of renewable energies [7,8]. These strategies should not hinder the objective to ensure thermal comfort for occupants, although frequently this is not achieved. In order to reach the European goals for 2050, the Directive 2010/31/EU introduced a mandatory implementation of nearly zero energy buildings (nZEB) by 2021 [8]. The approach toward this ambitious target must be cost-optimal to make nZEB cost-effective and to always maintain the high expectations of the occupants in terms of indoor comfort [9].

1.2. Occupants’ Thermal Comfort: Personal Control Over the Thermal Environment to Improve Satisfaction

In tertiary buildings, especially in medium and large companies, it is common to implement HVAC services to achieve a certain indoor climate for the entire space, despite the energy bills. Moreover, due to gender, age, and other human factors, these systems do not always provide thermal comfort for all occupants. The same HVAC systems can also be a source of indoor contaminants if disregarded, affecting occupant health [10].

In addition to this, under general HVAC systems, occupants are not able to freely adjust the set-point temperature or air movement to their personal thermal requirements, while greater possibilities of personalized control over climate quality can transform into a wider tolerance to indoor climate conditions [11–14]. Personalized thermal control even achieves decreased HVAC energy consumption, as shown by individuals’ feedback conducted by Li et al. [15]. Moreover, a poor indoor climate can also affect occupant productivity, which personalized control can improve [16–18]. User control is, therefore, essential for individual satisfaction [19].

Consequently, this scenario requires not only an improvement in the efficiency of centralized HVAC services, but also the consideration of new ways to provide control for occupants over their personal thermal environment, which results in a greater tolerance of temperature and decreased HVAC system energy consumption.

1.3. Personal Conditioning Systems: Energy Saving and Increased Comfort

In order to improve individual occupant satisfaction while saving a significant amount of energy, several studies highlighted the adequacy of personalized comfort systems, especially for those spaces with sedentary occupants, such as offices [12,20–23].

While conventional services approached the entire volume of the occupied space, personal conditioning systems (PCS) acclimatized the micro-environment of each occupant by providing direct cooling to the individual’s body [20]. It was found that the implementation of PCS allowed relaxation of the global temperature range without increased thermal comfort dissatisfaction. This provided a decrease in energy consumption due to lower energy requirements compared to general HVAC systems and relaxation of the set-point temperature [22].

As Hoyt, Arens, and Zhai [22] indicated, by incorporating PCS, the indoor set-point temperature was increased in cooling mode without compromising individual thermal comfort. They found that increasing the indoor set-point temperature by 1 °C saved about 10% of the energy consumed for air-conditioning. Therefore, making use of these complementary devices could influence the design of the HVAC systems, which are commonly oversized in order to reduce the transient discomfort when people enter the conditioned indoor environment from an extreme outdoor climate [24]. In addition, PCS allow users to control their thermal environment, adapting it to their personal requirements. Thus, PCS enhances both energy saving and perceived comfort [21].

Among the typical technologies to provide individual thermal comfort reviewed in the literature [21,25,26], are:
• Ventilation: desk fans, ceiling fans and nozzles;
• Radiant cooling and/or heating: footwarmers, legwarmers or radiant panels;
• Evaporative coolers, which also provide humidification;
• Comfort chairs, possibly incorporating thermo-electric devices and/or fans;
• Garments, which usually incorporate phase-change materials and/or fans.

Recent studies demonstrated that air movement plays an important role in thermal comfort [27], so strategies followed for warm environmental conditions are based on personalized ventilation. However, individual ventilation may not be an effective strategy for heating, because high air speeds can create a risk of local discomfort due to draught rate.

Nicol and Humphreys [28] stated that, although EN 15251 allowed an increase in neutral temperature for air speed if the occupant has direct control of air movement, e.g., through a fan, its application in free-running buildings was uncertain. They also concluded that humidity had little effect on the neutral temperature, though this may create discomfort with temperature rises above neutral conditions.

Zhai et al. [29] demonstrated that with the use of personalized ventilation, thermal comfort could be maintained even if room temperatures reached 30 °C for a relative humidity of about 60%. Through their revision of the literature, Veselý and Zeiler [25] determined that, if a maximum of 1.5 m/s air speed was driven toward the upper body region, thermal comfort could be achieved under air temperatures up to 30 °C.

In order to characterize the efficiency of the air-movement-based personalized devices, Zhang et al. [18] introduced the concept of corrective power (CP), defined as “the difference between two ambient temperatures in which the same occupant thermal sensation is achieved—one with PCS in use, and one without PCS (i.e., uniform environment) as the reference condition”.

The advantages of PCS for individual body cooling have motivated various researchers to explore their effectiveness [20,21,30]. Schiavon and Melikov [30] studied the performance of conventional and low power fans and found that their cooling efficiency was good compared to conventional fans. They also studied the cooling effect on different body parts in terms of thermal sensation and thermal comfort.

Nonetheless, PCS are not new and they are used unofficially in working environments [21]. As Bauman et al. [12] stated, these systems provide individual comfort requirements, hence achieving higher satisfaction than the conditions perceived in uniformly conditioned spaces.

1.4. Personalized Evaporative Coolers

The majority of PCS proposed for warm environments are based on personal ventilation. Studies where personal evaporative coolers are implemented are very scarce [24,31,32], and they are usually contextualized in a conditioned space [24,32].

Evaporative cooling is a well-known technique in HVAC systems, either by reducing air temperature through an adiabatic evolution of the humid air or by water cooling through cooling towers [33].

The phenomenon of evaporative cooling bases on the evaporation of water within non-saturated air, decreasing the temperature due to the energy that water requires to evaporate. Its application is particularly effective in hot and dry climates [32], where relative humidity is low, especially in naturally ventilated buildings; furthermore, these occupants accept a significantly wider range of thermal conditions compared to those of buildings with mechanical cooling [11], so the increase in relative humidity is compensated. Therefore, small or medium-sized direct evaporative coolers aimed toward personal cooling are more common in homes and small businesses in hot and arid regions [31,33].

Yang, Cui, and Lan [33] highlighted cost-effectiveness and its potential for energy saving among the benefits of this passive cooling technology, but also its “environmental friendliness” because it avoids, or at least limits, the use of some refrigerants which can increase danger to the environment.
Compared to other diverse technologies for personal cooling, the effect of evaporative coolers is due not only to air movement but also to decreased air temperature, resulting in a larger cooling capacity. In order to increase their portability and, therefore, their applicability for personal cooling, Day and Sumathy [31] focused their research on the development of evaporative cooling devices with smaller sizes and weights, but increasing their cooling capacity for personal cooling.

The purpose of this research was to study the potential of a desk direct evaporative cooler (dDEC) to improve the indoor temperature and the thermal comfort in an office space under free-running conditions by adapting the concept of corrective power (CP) for evaporative coolers.

2. Materials and Methods

In order to study the potential of the selected dDEC, it is firstly characterized in terms of air conditions provided (saturation efficiency, air velocity and flow rate). Then this paper analyses its capability to improve the thermal conditions at an occupied office spot, by testing its effect on a climate chamber simulating an office space.

This section describes the methodology followed towards this purpose. It firstly presents the proposed system; then, the testing space and measuring equipment used. Finally, it explains the tests performed and the different operating parameters analysed.

2.1. Desk Direct Evaporative Cooler (dDEC)

The target system was a commercial, personalized cooler to be placed at a desk, where the effect was based upon the adiabatic, evaporative cooling phenomenon (Figure 1). Its dimensions were 16.5 cm × 16.5 cm × 17 cm and its weight was 0.86 kg while dry. It was equipped with a small fan with three speed levels and a media that became humid by capillarity from water available at a small side tank. Hence, evaporation in the dDEC took place from a humid surface. It was plugged in via a USB and was said to require only 10 W. The specifications of the product stated a 2 m² actuation area and 6–8 °C as the lowest temperature achievable, enabling up to 8 h of operation under the lowest speed level. No further technical specifications were available.

![Figure 1. View of the target desk direct evaporative cooler.](image-url)
The climate chamber had dimensions of $4 \times 4 \times 3$ m and was built with 40 mm polystyrene sandwich panels with 0.6 mm steel plating. It had four windows $0.9 \times 1.4$ m each, which were double-glazed 4/8/4, and a door with dimensions of $0.82 \times 2.04$ m, with a total glazed area of $6.7$ m$^2$ (Figure 2). Performing the tests in this isolated space permitted us to disregard transmissible thermal loads. The chamber permitted ventilation to be supplied through four rotational diffusers and had two luminaires equipped with four lamps each.

![Figure 2. (a) Layout of the climate chamber furnished as an office space placed inside the laboratory and location of the measuring points; (b) overview of the climate chamber; (c) relative size and height of the sensors at the O1 measuring point and the desk direct evaporative cooler (dDEC) studied.](image)

Lighting yielded a total sensible load of 228 W and the only electric device was a personal computer with an expected sensible load of 250 W. Occupation during the tests ranged from 0 to 3, generating 75 W and 55 W per person as the sensible and latent loads, respectively, considering sedentary activity (1.2 met) [34]. Due to the absence of transmissible thermal loads and because ventilation, when supplied, was of the same conditions as the ambient air of the climate chamber, the only variable thermal loads were due to occupation.

The measuring equipment was placed within the space, as shown in Figure 2. The measuring point O1 corresponded to the occupied desk where the dDEC was placed, whereas O2 was on an adjacent desk without a dDEC. Only the former desk was expected to be constantly occupied and was equipped with the thermal comfort measuring equipment Vivo Comfort, obtained from the manufacturer Dantec Dynamics. Both O1 and O2 points also had Testo 173 sensors.

The measuring points E1 and E2 were Testo 175 sensors placed in the laboratory out of the climate chamber and aimed to check that air conditions out of the target space did not vary, thus validating the hypothesis that no transmissible thermal loads occurred.
Finally, another sensor, Testo 175, was placed at measuring point O3, corresponding to the outlet of one of the diffusers, to ensure that air conditions were also maintained during the tests when ventilation was implemented. The ventilation airflow supplied was measured using an airflow rate meter before the beginning of the corresponding test. O2, O3, E1, and E2 measured the temperature and relative humidity. Table 1 describes the measuring equipment used and their characteristics.

| Sensor Parameter Measured | Range | Accuracy |
|---------------------------|-------|----------|
| Dry bulb temperature (°C) | −20/+55 | ±0.4°C |
| Relative Humidity (RH) (%) | 0/100% | ±2% RH (from 2 to 98% RH at +25°C) |
| Air velocity, v (m/s) | 0.05/1.0 | <1 m/s: ±0.01 m/s, ±0.025·v |
| | | >1 m/s: ±0.1·v |
| | | 0−10 °C: ±0.5 K |
| | | 10–40 °C: ±0.2 K |
| | | 40–45 °C: ±0.5 K |
| Operative temperature (°C) | 0/45 | 0–10 °C: ±0.5 K |
| | | 10–40 °C: ±0.2 K |
| | | 40–45 °C: ±0.2 K |
| Air volume flow, V (m³/h) | 42/4250 | ±3% of the measured value for V > 85 m³/h |
| | | ±12 m³/h for V ≤ 85 m³/h |
| Air velocity (m/s) | 0−20 | ±0.03 m/s + 4% of the measured value |
| Voltage (DC) (V) | 3.2; 32; 320 | ±0.3% + 1 |
| Current (DC) (mA) | 32; 320 | ±1.5% + 2 |

2.3. Performed Tests

First, the air conditions provided by the dDEC were characterized for each of the three speed levels. Airflows were obtained from the average air velocities measured with the hot wire anemometer, as indicated in Table 1, and the measurements were taken on a 3 × 3 grid of a plenum adapted at the dDEC outlet. Temperature and relative humidity at the system inlet and outlet were also measured to determine the saturation efficiency achieved. Actual power requirements for each speed level were measured using the multimeter, as described in Table 1. The obtained values are described in Section 3.1.

Next, the system was characterized within the target space and placed on the occupied desk. With the aim of studying the improvement introduced on the thermal conditions, several combinations of influencing parameters were reproduced during three tests. The parameters considered included the system speed level, its position on the desk relative to the occupant (Figure 3), and the possible existence of general ventilation in the target space to replace the indoor air. Table 2 describes these parameters.

| Parameter | Conditions Studied |
|-----------|--------------------|
| Air renovation indoors | (V) With air renovation (airflow for 2 people for a category 2 of indoor air quality [35]) |
| Speed level | (V1) Lowest speed |
| | (V2) Medium speed |
| | (V3) Highest speed |
|Relative position to the occupant | (O) Oriented toward the occupant, 65 cm away, at the surface of the desk |
| | (H) Oriented toward the occupant, 65 cm away, elevated 25 cm from the surface |
| | I Oriented toward the occupant, 20 cm away |
| | (D) Deflected away from the occupant, 65 cm away |

The different combinations of parameters studied in each of the three tests are described in Table 3.
The total duration of each test varied between approximately 3 to 4 h depending on the requirements of the parameter modifications.

To study the evolution of the thermal conditions during the tests, the air dry bulb temperature, the relative humidity, and the velocity were monitored together with the predicted mean vote (PMV) and the draught rate (DR); the latter two corresponded to Fanger’s thermal comfort model [34]. Monitoring of the PMV focused on approaching the acceptable indoor thermal comfort categories, namely I, II, and III representing the most, average, and least restrictive levels, while DR monitoring permitted observation of any risk of thermal discomfort due to draught.

Because the dDEC is a personalized system, the study of its cooling potential at the target space was proposed for only one office worker as the baseline occupation condition. The occupant was sedentary and their garments corresponded to 0.5 clo, i.e., the expected amount of clothing in a free-running space during summer. Occupation was not restricted during the tests, thus enabling the study of the effect of door opening and punctual occupation peaks, thereby reproducing real conditions in offices.

### 2.4. Adaptation of Efficiency Indexes to Evaporative Personalized Coolers

In order to study the efficiency achieved by the target dDEC, this research proposed an adaptation of the corrective power (CP) index to enable its use in this evaporative cooling case. Contrary to the CP used in the literature [18], which quantified the capability of correcting the temperature toward neutral conditions only with the perceived effect of air velocity, the proposed adapted corrective power (Cpa) was defined as

$$ CP_a = \Delta T_{ev} + \Delta T_{fan} $$

where $\Delta T_{ev}$ is the temperature modification due to evaporative cooling and $\Delta T_{fan}$ is the temperature modification due to the air conditions induced by the device’s fan.
In this case, working with comfort measurement equipment, $\Delta T_{ev}$ is the temperature difference between the occupied zone with the dDEC and the reference case

$$\Delta T_{ev} = T_{O1} - T_{O2}$$

and $\Delta T_{fan}$ is the temperature difference for the same predicted mean vote under different conditions of air velocity and relative humidity, hence,

$$\Delta T_{fan} = T(PMV, RH_{O2}, T_r, (v = 0)) - T_{O1}$$

Finally, the cooling fan efficiency (CFE) index proposed in the literature for personalized ventilation systems [27] was also adapted to personalized evaporative coolers by using $C_{pa}$ instead of the cooling effect of the fan. Thus, the evaporative cooling fan efficiency (CFEe) was described as

$$\text{CFEe} = \frac{|C_{pa}|}{W}$$

where $W$ is the electric power required by the device in W, thus, CFEe is given in $^\circ\text{C}/\text{W}$. This index allowed a fair comparison between different personalized devices in terms of the effect generated against power required.

3. Results

The results obtained throughout the tests described above are presented herein.

3.1. Air Conditions Provided by dDEC

To characterize the air conditions provided by the dDEC, the saturation efficiency was studied [36].

$$\varepsilon = \frac{T_{in} - T_{out}}{T_{in} - T_{sat\,in}}$$

where $T_{in}$ is the inlet temperature of the dDEC, $T_{out}$ is the outlet temperature, and $T_{sat\,in}$ is the saturated temperature at the inlet conditions.

Table 4 describes the results obtained for the saturation efficiency, air velocity, and air flow rates measured at the dDEC outlet. These were average values obtained from the measurements performed on the $3 \times 3$ grid, as defined in Section 2.3. Table 4 also shows the values for the electric power obtained at each air speed level through the voltage and current values measured with the multimeter. These values corresponded to the dDEC connected to a personal computer, and were much lower than the power given in the technical specifications.

| Parameter                  | V1  | V2  | V3  |
|----------------------------|-----|-----|-----|
| $\varepsilon$ (%)         | 29.8| 17.3| 16.2|
| Air velocity, $v$ (m/s)   | 0.5 | 0.6 | 0.7 |
| Air volume flow, $V$ (m$^3$/h) | 54  | 71  | 84  |
| Electric power (W)        | 0.9 | 1.9 | 2.6 |

3.2. Conditions Achieved in the Office Space

Before studying the evolution of comfort conditions in the target space, the hypothesis that no transmissible thermal loads existed required validation. This was checked using the results presented in Table 5, showing that the conditions outside of the target space (measuring points E1 and E2) were maintained. This table also demonstrated that the temperature and the relative humidity of air
supplied through the climate chamber diffusers during the second test were maintained at the same baseline conditions.

**Table 5.** Temperature and relative humidity measured in the outdoor environment and in the ventilated air.

| Test | E1 HR (%) | E1 T (°C) | E2 HR (%) | E2 T (°C) | O3 HR (%) | O3 T (°C) |
|------|-----------|-----------|-----------|-----------|-----------|-----------|
| 1    | Average   | 43        | 26.9      | 43        | 26.9      | -         |
|      | Standard deviation | 0.83 | 0.08 | 1.15 | 0.05 | - |
| 2    | Average   | 38        | 27.3      | 36        | 28.3      | 37        | 28.1     |
|      | Standard deviation | 1.29 | 0.25 | 1.11 | 0.24 | 0.95 | 0.19 |
| 3    | Average   | 37        | 24.3      | 35        | 24.8      | -         |
|      | Standard deviation | 2.01 | 0.10 | 1.01 | 0.21 | - |

Figures 4–6 present the measured variables during tests 1, 2, and 3, respectively. In all tests, the measuring started without the dDEC. The periods when the dDEC operated under the different possible modes (flow rates) are shown. The three comfort levels, i.e., I, II, and III for the predicted mean vote (PMV) and draught rate (DR) corresponded to the limits given in the standard ISO 7730, the latter being those at risk of local discomfort [34]. The Draught rate for test 2 was not obtained due to an unexpected measurement problem. However, by comparing the evolution of the measured air velocity in tests 1 and 2, it was determined that the strictest comfort range was maintained.

![Figures 4–6 present the measured variables during tests 1, 2, and 3, respectively.](image)

**Figure 4.** Evolution during test 1 of (a) dry bulb temperatures, (b) predicted mean vote, (c) relative humidity, and (d) air velocity and draught rate.
In test 1, as shown in Figure 4, the dDEC started operating at the lowest air speed level (V1) 75 min after the start of the test. The air speed then increased to level V2 at minute 148 and to level V3 at minute 194. There was one occupant in the office since a few minutes before the start of the test. Occasionally, the occupation increased to two (minutes 129, 134, and 228) and even three people (minute 188). The door was open right before and after these moments of higher occupation, but also opened punctually at minutes 94, 97, 151, 170, 201, and 216.

During test 2 (Figure 5), the dDEC was started at minute 44 at air speed level V1, which was later increased to level V2 at minute 94 and to level V3 at minute 139. In this case, the office was
not occupied until 26 min after the start of the test. The occupation increased for a few minutes to three people around minute 117, and later to two people around minute 135. Besides these two cases, the door opened punctually at minutes 67, 94, 120, 139, 165, and 170.

Finally, Figure 6 shows the results for test 3. The system was first placed in position H and started operating at minute 98 at air speed level V1, changing to V3 at minute 117. Th position was changed to C and the air speed level returned to V1 at minute 137, increasing again to V3 at minute 157. Finally, the system was repositioned at D, operating at the V1 air speed from minute 177 and changing to V3 at minute 200. During this test, the main occupant was in the office before the start of the test, which caused a 0.7 °C difference between the temperatures registered at position O1 and O2. However, the space was left unoccupied at minute 46 until a few minutes before the dDEC started, at which point there were three people occupying the space. Right after the start of the dDEC, the occupancy decreased to one person. Later, it increased occasionally to two people (minutes 100, 136, 177, and 211). The door opened punctually at these moments, as well as at minutes 150, 159, and 192.

3.3. Adapted Corrective Power (CPa) and Evaporative Cooling Fan Efficiency (CFEe) Indexes

This work approached the study of the efficiency of the dDEC through the indexes commonly used for evaporative cooler personalized systems, as defined in Section 2.4. These indexes applied to the different conditions reproduced in the tests performed, thereby giving the results described in Table 6.

| Test | Air Renovation | Position | Air Speed | ΔT_{re} (°C) | ΔT_{fan} (°C) | CPa (°C) | CFEe (°C/W) |
|------|----------------|----------|-----------|--------------|--------------|---------|-------------|
| 1    | N              | O        | V1        | -2.1         | -0.1         | -2.2    | 2.4         |
|      |                |          | V2        | -2.0         | 0.0          | -2.0    | 1.0         |
|      |                |          | V3        | -2.4         | 0.1          | -2.3    | 0.9         |
| 2    | V              | O        | V1        | -2.8         | 0.2          | -2.6    | 2.8         |
|      |                |          | V2        | -3.0         | 0.2          | -2.8    | 1.4         |
|      |                |          | V3        | -3.2         | 0.6          | -2.6    | 1.0         |
| 3    | N              | H        | V1        | -2.0         | -2.7         | -4.7    | 5.0         |
|      |                |          | V3        | -2.1         | -4.0         | -6.1    | 2.4         |
|      |                | C        | V1        | -0.3         | -0.8         | -1.1    | 1.2         |
|      |                |          | V3        | -0.6         | -0.3         | -0.9    | 0.3         |
|      |                | D        | V1        | -0.1         | -1.0         | -1.1    | 1.2         |
|      |                |          | V3        | 0.1          | -1.1         | -1.1    | 0.4         |

4. Discussion

The evolution of the different variables measured during the tests not only served to characterize the potential of dDECs, but illustrated the effects of the use of a space. During the first period of the tests without the device, the thermal loads, particularly the occupation load, caused a gradual increase in the temperature measured at point O1, whereas this was near negligible at O2. Latent loads did not incur relevant variations of the indoor conditions. However, during the occasional periods when two or more people occupied the target space, temperature peaks occurred at O1, moving the thermal conditions further away from the expected range of thermal comfort.

Furthermore, at those instants when the door opened, the indoor conditions showed small, punctual variations due to the partial renovation of the indoor air. This was particularly noticeable for the relative humidity registered at O2 during test 1, which showed important peaks right when the door opened due to the effect of indoor air-mixing and partial renovation.
These punctual occupancy and door-opening effects were nonetheless softened when there was renovation of the indoor air (Test 2). In addition, the humidity registered at the work spot never exceeded 60%.

In all cases, right after the start of dDEC operation, the thermal conditions around the target work spot drastically improved. Starting the operation of the dDEC at the lowest speed level enabled a temperature drop of 3 °C (tests 1 and 2, starting from 28 °C) and 2.7 °C (test 3, starting from 26 °C), whereas the relative humidity at this speed level did not reach 60%. This allowed the achievement of the thermal comfort range recommended by the Spanish standard [35] of an indoor space operating under free-running conditions, even if those conditions reached up to 28 °C. It is also foreseeable that harsher boundary free-running conditions of above 28 °C may allow slightly larger temperature drops than 3 °C, given the previous results and the fundamentals of the phenomenon of evaporative cooling. However, the device cannot be expected to reach comfortable conditions under harsher free-running conditions, and more study regarding this is required in future work.

In terms of the predicted mean vote (PMV), operation of the dDEC improved the perceived thermal environment without clear variation when changing the speed level. On the other hand, increasing the speed level only incurred local discomfort due to excessive draught rate when placed at a certain height from the desk (position H), directly affecting the occupant’s head and chest. This effect coincided with the subjective perception of the occupants, who expressed their relative discomfort under these conditions when asked about their personal impression. Moreover, increasing the speed level generated a larger CPa only at position “H”.

Increasing the speed level had a slight impact on the $\Delta T_{ev}$ obtained. This temperature difference between the target and the reference cases illustrated that the evaporative device had a positive effect on cooling the occupied space. However, contrary to results in the literature obtained for personalized fan systems [21], the $\Delta T_{fan}$ was not favorable in this case to the effect desired. This was because the increase in the relative humidity introduced by the system hindered the PMV, canceling out the effect of the air velocity. The only case where it appeared that the cooling effect of the velocity was not balanced out by the increase in the relative humidity was when the dDEC was in position “H”, because the air velocity sensor of the thermal comfort measuring equipment directly registered this velocity.

The overall CPa results were favorable in regard to the desired cooling effect, varying the corresponding CFEe from about 0.3 to up to 5 °C/W, which were notably better results than those obtained in the literature for desk fans, which varied from 0.1 to 0.17 °C/W [30]. These favorable results were a direct consequence of the additional effect created by evaporative cooling performed without further power needs, as in the case of capillarity humidification implemented in the target dDEC, where the consumption of the fan was the only energy requirement.

The proposed calculation for $\Delta T_{ev}$ was a fair estimation of the actual decrease in the air temperature due to the dDEC, because the air conditions measured at the reference position (O2) were maintained throughout the performance of each test. On the other hand, this demonstrated that the effect of the dDEC was local and it had a negligible impact on adjacent spaces, although it did help to softening the effect of the thermal loads. Indeed, during the 1 h 20 min of test 1 when the dDEC was not operating, the temperature measured at O2 increased by 0.8 °C, whereas it slightly decreased by −0.1 °C during the 2 h 30 min when the dDEC was on. For test 2, the temperature at O2 changed by 0.5 °C during the 50 min of non-operation compared to a change of 0.3 °C during the 2 h 10 min operating period. Finally, for test 3, the temperature measured at O2 did not change during the 2h operating period, while it increased by 0.3 °C before the start of the dDEC. The relative humidity in this zone had a slight, gradual increase that did not reach 10%. Consequently, this RH was considered to be a fair reference to calculate the $\Delta T_{fan}$, as proposed in Equation (4).

The larger variations of the conditions at O2 occurred when the system was deflected away from the occupant. In this position, the thermal conditions at the target space O1 barely improved, highlighting the local effect of the dDEC. If the device was orientated and placed closer to the occupant (position C), the thermal conditions did not seem to improve, either. This result may have been
affected by the fact that, in this position, the device drove the air directly toward the occupant’s hands, thus, the thermal comfort measuring equipment did not accurately register the temperature change. These findings and the ones mentioned above regarding the system placed at a certain height from the table (H) demonstrated that appropriate positioning of the dDEC was necessary, despite the expected 2 m² of actuation area given in the technical specifications listed in Section 2.1.

5. Conclusions

Nowadays, there are two requirements to fulfil in the most efficient way regarding the thermal environment, namely, the reduction of buildings’ energy consumption and achievement of a high thermal comfort quantified by the percentage of satisfied occupants. In this context, personalized conditioning systems (PCS) are a promising technology that may realize both targets.

Today, existing research on PCS is very limited regarding evaporative cooling systems. This study evaluated the potential of a desk direct evaporative cooler to improve thermal conditions at offices of free-running buildings.

Due to the local effect of the dDEC, its position is a key factor. The best position is at a certain distance from the occupant (in this work, 65 cm is proposed) and directly on the desk surface, always orientated toward the occupant. Future research could be developed to study different distances of the system from the target zone.

The three speed levels did not have a clear impact on the air temperature and relative humidity of the target zone, but the speed level did have an effect on the perceived thermal comfort if the air supplied by the dDEC had a direct incidence on that zone. For sedentary activity (1.2 met) during summer (expected 0.5 clo), localized and acceptable thermal comfort could be achieved in non-conditioned office workspaces up to 28 °C. Although larger cooling effects are expected for free-running boundary conditions harsher than 28 °C, it is expected that this system could not achieve a comfortable range, which should be subject of future work.

An increase in the occupancy level made the system ineffective; consequently, there should be one device per occupant. Active renovation of the indoor air is also recommendable.

This work proposes an adaptation of the corrective power and cooling fan efficiency indexes, extending their applicability to evaporative systems. A CPa using the recommended operating mode can reach −2.8 °C, providing better CFEe than desk fan systems studied in the literature.

These results demonstrate that dDECs are effective in achieving thermal comfort, the impact is localized. The low electric power requirements (less than 1 to 3 W) and possible connections to computers make dDECs a versatile and efficient solution.

Author Contributions: For the development of this research, A.T.G. designed and developed the tests, A.T.G. and P.M.E. analyzed the results, and P.M.E. wrote the manuscript.

Funding: This research was funded by the Education Department of the Regional Government of Castile and Leon and the European Regional Development Fund (ERDF) through the research project: “Análisis de tecnologías energéticamente eficientes para la sostenibilidad de los edificios” (Ref.: VA272P18).

Acknowledgments: The authors want to acknowledge the collaboration of Alvaro Iglesias, Alberto Rodríguez, and Alejandro SanJosé in the development of the tests. The authors also want to thank Termigo Microclimas S.L. for their courtesy present that motivated the development of this study.

Conflicts of Interest: The authors declare no conflict of interest. The funders and the provider of the system had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

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