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Vacuum phase transition solves the $H_0$ tension

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Taking the Planck cosmic microwave background data and the more direct Hubble constant measurement data as unaffected by systematic offsets, the values of the Hubble constant $H_0$ interpreted within the $\Lambda$CDM cosmological constant and cold dark matter cosmological model are in $\sim 3.3\sigma$ tension. We show that the Parker vacuum metamorphosis (VM) model, physically motivated by quantum gravitational effects and with the same number of parameters as $\Lambda$CDM, can remove the $H_0$ tension and can give an improved fit to data (up to a mean $\Delta\chi^2 = -7.5$). It also ameliorates tensions with weak lensing data and the high redshift Lyman alpha forest data. Considering Bayesian evidence, we found in the case of the Planck data set alone positive evidence for a VM model against a cosmological constant both in the six- and nine-parameter framework. When the R16 data set is also considered, we found a strong evidence for the VM model against a cosmological constant in nine-parameter space. We separately consider a scale-dependent scaling of the gravitational lensing amplitude, such as provided by modified gravity, neutrino mass, or cold dark energy, motivated by the somewhat different cosmological parameter estimates for low and high CMB multipoles. We find that no such scale dependence is preferred.

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I. INTRODUCTION

Cosmic microwave background (CMB) measurements provide highly precise probes of the conditions and energy components of the Universe over the entire age of the Universe. Moreover, they can reveal the total age and scale of the Universe, and so the present Hubble constant $H_0$. The Hubble constant can also be determined through local distance measurements, e.g. through cross-calibration of Cepheid and type Ia supernova distances [1,2]. The latest values from these two methods, within the concordance $\Lambda$CDM model with a cosmological constant plus cold dark matter, are in $\sim 3\sigma$ tension. This is probably the most relevant tension present between current cosmological data sets, and several works have recently appeared discussing it or proposing different theoretical mechanisms as solution (see e.g. [3–17]).

Taking each set of cosmological data at face value (cf. [18–21] regarding local $H_0$), we found in [22] that the $H_0$ values could be consistent in a parameter space expanded to include further, not unreasonable, cosmological physics. In particular, altering the mechanism for cosmic acceleration from a cosmological constant to a particular form of dynamical dark energy would remove the tension. However, the form of dark energy required was quite unusual, not corresponding to the usual scalar field dark energy models. It needed to be phantom, with equation of state parameter $w < -1$, and, moreover, be rapidly evolving.

These properties generally are not held simultaneously since they tend to exacerbate problems of fine-tuning and stability. However, there is a model considered in the early days of dark energy investigations that possesses just these phenomenological properties, from a sound theoretical foundation: the vacuum metamorphosis (VM) model of [23–25], which has a phase transition in the nature of the vacuum. In this article, we explore the observational viability of VM in fitting the data simultaneously and removing the tension in $H_0$ values.

Another peculiarity in the data is that cosmological parameters estimated from small scales (CMB multipoles $\ell \gtrsim 1000$) are somewhat offset relative to the values estimated from large scales ($\ell \lesssim 1000$) [26–29]. In particular, larger scales show some preference for a higher Hubble constant. We, therefore, separately explore cosmology fitting in a $\Lambda$CDM parameter space extended to allow for a scale-dependent CMB lensing parameter $A_{\text{lens}}$, reflecting some (unspecified) nonstandard scale-dependent physics.
Section II introduces the VM model and lays out the foundation for using it with CMB and distance data. In Sec. III, we present the cosmology fitting data and procedure. We carry out Markov chain Monte Carlo (MCMC) fits to the data for the VM model in Sec. IV in the baseline and the extended parameter spaces and discuss the results. In Sec. V, we investigate an alternative approach to addressing the tension through the use of a scale-dependent $A_{\text{lens}}$. We conclude in Sec. VI.

II. VACUUM METAMORPHOSIS

A. Background

The two main data sets in tension on the value of $H_0$ are the CMB data from the Planck satellite [30] and the distance measurements from [2], hereafter called R16. Taking the Planck + R16 constraints in the $w_0$–$w_a$ plane at face value, [31] found that they prefer the phantom region $w < -1$ and more deeply phantom in the past ($w_a < 0$). A single canonical scalar field cannot achieve this, and even more complicated, and effectively arbitrary, fields have difficulty. While adding the JLA supernova constraints [32] tends to shift the preferred area out of the phantom region, and adding baryon acoustic oscillation (BAO) data [33–35] tends to prefer less negative values of $w_a$, adding weak lensing or CMB lensing preserves the preference for deep phantom models. Here we mostly focus on just the Planck or Planck + R16 data sets.

It is interesting to consider whether a reasonably physically motivated model can be found for this unusual region. The answer is yes: one of the earliest dark energy models, vacuum metamorphosis [23–25] lives in just this part of phase space. This model has a sound physical foundation, taking into account quantum loop corrections to gravity in the presence of a massive scalar field. In the first order calculations, this gives rise to $R^2$ terms familiar from, e.g., Starobinsky gravity and inflation [36], where $R$ is the Ricci scalar, but Parker and collaborators were able to nonperturbatively sum the infinite series (under certain restrictions) and find a closed form solution.

This solution indicates a phase transition in gravity similar to Sakharov’s induced gravity [37]. The phase transition is induced once the Ricci scalar curvature $R$ has evolved to become of order the mass squared of the field, and thereafter $R$ is frozen to be of order $m^2$. This original model had one free parameter, $m^2$, which determined the matter density today, $\Omega_m$, giving it the same number of free parameters as flat $\Lambda CDM$.

Some later elaborations added a vacuum expectation value, somewhat inorganically, acting as a cosmological constant, but we will focus on the original, more elegant VM model.

B. Relation to $w_0$–$w_a$

A first question might be how to connect the observational motivation for a particular region in the dark energy equation of state phase space $w_0$–$w_a$, where $w_0$ is the present value of the equation of state function $w(a)$ and $w_a$ a measure of its time variation, to the theoretical VM model. It has been well established that the $w_0$–$w_a$ parametrization provides an excellent fit (at the 0.1% level in observables) to a broad range of scalar field models [38,39], but VM has a very rapid time evolution and is not a standard scalar field model.

In Fig. 1, we illustrate the equation of state behavior for the original, and some elaborated, VM models. One clearly sees the phase transition at a fairly recent redshift, where the dark energy deviates from an effective cosmological constant behavior of $w = -1$ (for the elaborated cases) or newly appears in the phase transition (in the original case). After the transition the dark energy is highly phantom ($w < -1$) and then rapidly evolves toward $w = -1$ (with $w_a$ strongly negative) and an eventual de Sitter state as the Ricci scalar freezes to the value of the field mass squared.

Even for the rapidly evolving case of no cosmological constant (our preferred case), the observational implications of the model are well described by the standard $w_0$–$w_a$ parametrization since the phantom nature means that dark energy diminishes quickly into the past. Figure 2 illustrates the goodness of fit of the equivalent $w_0$–$w_a$ model for the most extreme case, that without a cosmological constant. The agreement in the distance-redshift relation is better

![FIG. 1. The effective dark energy equation of state evolution is plotted vs redshift for several values of the mass parameter M, for $\Omega_m = 0.3$. The bold blue curve shows the original case (our preferred model) where there is no cosmological constant, while the medium black curves show the elaborated case with an added cosmological constant, and the dotted red curve shows one with a negative cosmological constant (causing $w$ to first shoot up to large positive values before it plummets to highly negative values).]
FIG. 2. The distance-redshift relation for the vacuum metamorphosis model without a cosmological constant—the fastest evolving one—is well fit by a standard $w_0-w_a$ model. Here, the comoving distance, which enters the CMB distance to last scattering, and weak lensing, BAO, and supernova observations, is plotted vs redshift.

than 0.55% at all redshifts (0.2% in the distance to CMB last scattering), sufficient for current data precision. Note that $w_0=-1.24$, $w_a=-1.5$ is a good fit (lying near 68% C.L.) to the Planck + R16 data, as well as when adding weak lensing or CMB lensing or shifting the local distance $H_0$ prior not lower than 70, as seen in [22].

C. VM equations

The phase transition criticality condition is

$$R = 6(\dot{H} + H^2) = m^2,$$  

and, defining $M = m^2/(12H_0^2)$, the expansion behavior above and below the phase transition is

$$H^2/H_0^2 = \Omega_m(1+z)^3 + \Omega_r(1+z)^4$$
$$+ M \left\{ 1 - \left[ 3 \left( \frac{4}{3\Omega_m} \right)^4 M(1-M)^3 \right]^{-1} \right\} z > z_t$$

$$= \left( 1 - M \right) (1+z)^4 + M, \quad z \leq z_t.$$  

The phase transition occurs at

$$z_t = -1 + \frac{3\Omega_m}{4(1-M)}.$$  

(for simplicity of the expression we ignore the contribution of radiation energy density $\Omega_r$ at $z \lesssim 1$).

We see that above the phase transition, the Universe behaves as one with matter plus a cosmological constant, and after the phase transition it effectively has a dark radiation component (the matter is hidden within this expression) that rapidly redshifts away leaving a de Sitter phase. The original model did not include an explicit high redshift cosmological constant; we see that this implies that

$$\Omega_m = \frac{4}{3} \left[ 3M(1-M)^3 \right]^{1/4}. \quad (5)$$

So there is only one free parameter in the original model, either $M$ or $\Omega_m$, the same number as in $\Lambda$CDM. For example, $\Omega_m = 0.3$ implies $M = 0.9017$. We emphasize that the de Sitter behavior at late times is not a result of a cosmological constant, but rather the intrinsic physics of the model.

The effective dark energy equation of state (i.e. of the effective component once the matter contribution has been accounted for) is

$$w(z) = -1 - \frac{1}{3} \frac{3\Omega_m(1+z)^3 - 4(1-M)(1+z)^4}{3M(1-M)^3 - \Omega_m(1+z)^3}, \quad (6)$$

below the phase transition, and simply $w(z > z_t) = -1$ above the phase transition. In the case without a cosmological constant, there is no dark energy above the transition.

The equation of state behavior is phantom, and more deeply phantom as the cosmological constant diminishes, as seen in Fig. 1. Note that for $M > 0.9017$ (in the $\Omega_m = 0.3$ case), the cosmological constant can go negative, and this leads initially to a highly positive equation of state just after the transition. This is not an observationally viable region. As $M$ falls below the critical value, the cosmological constant smooths out the rapid time variation, leading to a nearly constant $w(a)$. If $M$ falls too low, then the transition occurs in the future [see Eq. (4)], and we have simply the $\Lambda$CDM model for the entire history to the present. Moreover, $M$ then becomes no longer a free parameter but is given in terms of $\Omega_m$ by the requirement that $H(z=0)/H_0 = 1$. Thus, when considering the elaborated VM model with a free parameter $M$ we put a prior ranging between the lower and upper bounds, corresponding to $z_t \geq 0$ and $\Omega_m(z > z_t) \geq 0$, respectively. But again, we regard the original VM model without cosmological constant as the most elegant and theoretically compelling.

III. COSMOLOGICAL PARAMETER FITTING

In order to study the vacuum metamorphosis model we consider a baseline parameter set plus extended scenarios. For our baseline, we consider seven cosmological parameters: the vacuum metamorphosis scale $M$, and the six parameters of the standard analysis, i.e. the baryon energy
density $\Omega_b h^2$, the cold-dark-matter energy density $\Omega_c h^2$, the ratio between the sound horizon and the angular diameter distance at decoupling $\theta_s$, the amplitude and spectral index of the primordial scalar perturbations $A_s$ and $n_s$ (at pivot scale $k_0 = 0.05h\text{ Mpc}^{-1}$), and the reionization optical depth $\tau$. All these parameters are varied in a range of external, conservative, priors listed in Table I. For the original VM model, $M$ is fixed by $\Omega_m$ (or v.v.) and so there are six parameters, as in ACDM.

We also consider two more extended scenarios in addition to our baseline model for testing VM. In the first scenario we add variations in three more parameters: the total neutrino mass for the three standard neutrinos $\sum m_\nu$, the running of the scalar spectral index $dn_s/d\ln k$, and the effective number of relativistic degrees of freedom $N_{\text{eff}}$. Finally, in the last scenario, we also consider variation in the gravitational lensing amplitude $A_{\text{lens}}$ of the CMB angular power spectra (see e.g. [40]). This scales the CMB lensing strength on all scales by a constant, relative to the prediction of the model being considered.

We analyze these cosmological parameters by making use of the high-$\ell$ temperature and low-$\ell$ temperature and polarization CMB angular power spectra released by Planck 2015 [30]. We refer to this data set as “Planck TT,” and it includes the large angular-scale temperature and polarization anisotropy measured by the Planck LFI experiment and the small-scale temperature anisotropies measured by Planck HFI. Moreover, we add to Planck TT the high-$\ell$ polarization data measured by Planck HFI [30], and we refer to this data set simply as “Planck.” This is our baseline data. We sometimes also consider the “R16” data set in the form of an external Gaussian prior on the Hubble constant $H_0 = 73.24 \pm 1.74\text{ km/s/Mpc}$ at 68% C.L., as measured by [2].

In order to derive constraints on the parameters, we use the November 2016 version of the publicly available Monte Carlo Markov chain package cosmomc [41]. This code has a convergence diagnostic based on the Gelman and Rubin statistic and includes the support for the Planck data release 2015 Likelihood Code [30] (see [42]), implementing an efficient sampling by using the fast/slow parameter decorrelations [43]. We also consider the impact of CMB foregrounds by including additional nuisance parameters and marginalizing over them as described in [31,44].

### IV. VACUUM METAMORPHOSIS

#### COSMOLOGY FITS

##### A. Original VM

To begin, we consider the original VM model without cosmological constant. This has the same number of dark energy parameters as the standard ACDM case, and as we know from Sec. II, it is also consistent with the region in the $w_0-w_a$ phase space preferred by the CMB data. The constraints on cosmological parameters in the case of variation of the standard six parameters are reported in Table II for different choices of data sets. As we can see, assuming VM can indeed raise the Hubble constant but in fact it overshoots the R16 value, with Planck data alone

| Parameter | Prior |
|-----------|-------|
| $\Omega_b h^2$ | $[0.005, 0.1]$ |
| $\Omega_c h^2$ | $[0.001, 0.99]$ |
| $\tau$ | $[0.01, 0.8]$ |
| $n_s$ | $[0.8, 1.2]$ |
| $\log(10^{10} A_s)$ | $[2, 4]$ |
| $\Theta_s$ | $[0.5, 10]$ |
| $M$ | $[M_{\text{low}}, M_{\text{high}}]$ |
| $\sum m_\nu$ (eV) | $[0, 5]$ |
| $N_{\text{eff}}$ | $[0.05, 10]$ |
| $d_{\text{nuc}}/d\ln k$ | $[-1, 1]$ |
| $A_{\text{lens}}$ | $[0, 10]$ |
| $B$ | $[-0.4, 0.4]$ |

### TABLE I. Flat priors on the various cosmological parameters used in this paper. $M_{\text{low}}$ and $M_{\text{high}}$ are given by conditions described in the text in Eqs. (4) and (5), respectively, as functions of $\Omega_m$.

### TABLE II. 68% C.L. constraints on cosmological parameters in the VM scenario for different combinations of data sets.

| Parameter | Planck TT (VM) | Planck TT + R16 (VM) | Planck (VM) | Planck + R16 (VM) |
|-----------|----------------|----------------------|-------------|-------------------|
| $\Omega_b h^2$ | $0.0227^{+0.0002}_{-0.0002}$ | $0.0227^{+0.0002}_{-0.0002}$ | $0.0225^{+0.0015}_{-0.0015}$ | $0.0227^{+0.001}_{-0.001}$ |
| $\Omega_c h^2$ | $0.1195 \pm 0.0021$ | $0.1216 \pm 0.0021$ | $0.1219 \pm 0.0014$ | $0.1206 \pm 0.0015$ |
| $\tau$ | $0.075 \pm 0.020$ | $0.068 \pm 0.019$ | $0.075 \pm 0.018$ | $0.070 \pm 0.017$ |
| $n_s$ | $0.9657 \pm 0.0061$ | $0.9616 \pm 0.0060$ | $0.9642 \pm 0.0047$ | $0.9623 \pm 0.0047$ |
| $\log(10^{10} A_s)$ | $3.084 \pm 0.037$ | $3.073 \pm 0.036$ | $3.085 \pm 0.034$ | $3.077 \pm 0.032$ |
| $H_0$ | $78.69 \pm 0.56$ | $78.22 \pm 0.58$ | $78.61 \pm 0.38$ | $78.39 \pm 0.39$ |
| $\sigma_8$ | $0.930 \pm 0.018$ | $0.935 \pm 0.017$ | $0.932 \pm 0.016$ | $0.933 \pm 0.015$ |
| $S_8$ | $0.814 \pm 0.022$ | $0.829 \pm 0.022$ | $0.817 \pm 0.022$ | $0.823 \pm 0.017$ |
| $\bar{f}_{\text{eff}}^2$ | $11279.7$ | $11287.5$ | $12964.5$ | $12972.2$ |
providing a constraint $H_0 = 78.61 \pm 0.38$ (see Table II). This, in practice, replaces one $3\sigma$ tension with its opposite. The VM model and $\Lambda$CDM give similar results for most of the parameters, except for $H_0$ and $\Omega_m$ (and $\sigma_8$ which depends on $\Omega_m$). This is clearly exhibited in Fig. 3 where we report the two-dimensional posterior distributions from Planck on the six cosmological parameters assuming either VM either a cosmological constant as dark energy component. The difference in the parameters is mostly associated with the geometric degeneracy in the distance to CMB last scattering.

We also report in Table II the constraints for the VM scenario from the combined Planck + R16 data set. However, as we can notice from the last line of the table, where we report the mean minus log likelihoods, $\bar{\chi}^2_{\text{eff}}$, the inclusion of the R16 prior, that consists in one single data

![Triangular plot showing the posteriors of the cosmological parameters for $\Lambda$CDM and the original VM model, along with their two-dimensional joint confidence contour at 68% C.L. and 95% C.L. This is for baseline CMB data only, in the six-parameter space.](image-url)
point, results in an increase of $\Delta \chi^2_{\text{eff}} \sim 8$, clearly showing a tension between the Planck data and the R16 prior also in the VM scenario. However, it is worth noticing that while the Planck data set alone in the case of a cosmological constant gives $\chi^2_{\text{eff}} = 12960.64$ for VM, providing a better fit to the same data set with $\Delta \chi^2_{\text{eff}} \sim -3$.

When we include in the parameter space the sum of neutrino masses (which must exist), the running of the scalar spectral index, and $N_{\text{eff}}$ then VM provides a more consistent picture. The constraints on this nine-parameter VM scenario are reported in Table III for three data combinations (Planck TT, Planck, Planck + R16) and also, for comparison, for the cosmological constant scenario for the Planck + R16 case.

As we can see, in this case we have that the Planck data alone provide the constraint $H_0 = 76.5^{+2.3}_{-1.9}$ at 68% C.L., now in agreement with R16. Moreover, the VM model provides a better mean fit over $\Lambda$CDM by $\Delta \chi^2_{\text{eff}} = -7.57$ and a value of $H_0 = 74.8 \pm 1.4$ at 68% C.L. for the Planck + R16 case. The shift in $H_0$ also leads to a lowering of the present dimensionless matter density $\Omega_m = 0.252^{+0.011}_{-0.014}$. The long period of matter domination before the vacuum phase transition enhances growth, and the strongly negative dark energy equation of state means that dark energy density only becomes appreciable at relatively late times. These combine to raise the mass fluctuation amplitude to $\sigma_8 = 0.877^{+0.039}_{-0.031}$ (see Table III). However, note that the weak lensing parameter $S_8 = \sigma_8 (\Omega_m/0.3)^{0.5}$ actually decreases relative to the $\Lambda$CDM case, from $0.852 \pm 0.018$ to $0.803 \pm 0.022$, putting it in better agreement with weak lensing results from the Kilo Degree Survey [45] and Dark Energy Survey [46,47]. Also, the reduced high redshift $H(z)$ may ameliorate tension in the Lyman-alpha-quasar cross-correlations (see [48]).

As we can see from Table III, the agreement with the R16 prior comes at the expense of a smaller value of the neutrino effective number $N_{\text{eff}}$ with respect to the standard $N_{\text{eff}} = 3.046$ at the level of $\sim 1.5 \sigma$. Also the bounds on neutrino masses are weaker with respect to the cosmological constant case, and some hints are present for a neutrino mass such that $\Sigma m_\nu \sim 0.27$ eV, and for a negative running at the level slightly above 1$\sigma$. This should be compared with the same nine-parameter fit under $\Lambda$CDM reported in the fourth column of Table III in the case of the Planck + R16 data set. As we can see, the agreement in this case is obtained at the expenses of an higher value for $N_{\text{eff}}$ at about $1.5 \sigma$, $N_{\text{eff}} = 3.31 \pm 0.18$, and with a strong upper limit on the neutrino mass $\Sigma m_\nu < 0.07$ eV at 68% C.L.

We can, therefore, state that in the case of a nine-parameter analysis both a cosmological constant and VM show some needs for extra physics in order to make the Planck data compatible with the R16 prior. This extra physics is mainly connected with the neutrino effective number $N_{\text{eff}}$ that should be larger than the expected value when a cosmological constant is assumed and smaller in the case of VM.

However, as also pointed out in the introduction, the Planck data provides a $\sim 2.5 \sigma$ indication for a larger weak lensing CMB spectrum amplitude $A_{\text{lens}}$ (see e.g. [49]). While the nature of this anomaly is still unclear, it is clearly interesting to provide constraints also in a further extended scenario, varying also $A_{\text{lens}}$. We report the results of this analysis in Table IV. In this ten-parameter framework, the VM model prefers now a neutrino mass with $\Sigma m_\nu = 0.51 \pm 0.23$ eV at 68% C.L. while the neutrino effective number is perfectly compatible with the standard value.
\textbf{TABLE IV.} 68\% C.L. constraints on cosmological parameters in the VM scenario, including $\sum m_X + N_{\text{eff}} + \frac{d\nu}{d\ln k} + A_{\text{lens}}$, for different combinations of data sets. For comparison, on the fourth, last, column we report the constraints assuming a cosmological constant for the Planck + R16 data set. If only upper limits are shown, they are at 95\% C.L.

\begin{table}[h]
\begin{center}
\begin{tabular}{|l|c|c|c|c|}
\hline
 & Planck TT & Planck TT + R16 & Planck & Planck + R16 \\
\hline
$\Omega_b h^2$ & 0.02228 ± 0.00031 & 0.02221 ± 0.00028 & 0.02214 ± 0.00022 & 0.02278 ± 0.00022 \\
$\Omega_c h^2$ & 0.1158^{+0.0042}_{-0.0047} & 0.1187 ± 0.0036 & 0.1172 ± 0.0032 & 0.1222 ± 0.0031 \\
$\tau$ & 0.064^{+0.022}_{-0.023} & 0.059 ± 0.022 & 0.058^{+0.021}_{-0.024} & 0.058^{+0.021}_{-0.024} \\
$n_s$ & 0.959 ± 0.016 & 0.966 ± 0.013 & 0.958 ± 0.011 & 0.986 ± 0.009 \\
$log(10^{10} A_S)$ & 3.051^{+0.045}_{-0.052} & 3.050 ± 0.044 & 3.043^{+0.043}_{-0.049} & 3.057^{+0.043}_{-0.049} \\
$H_0$ & 74.6 ± 1.6 & 76.8 ± 2.3 & 74.8^{+1.3}_{-1.4} & 70.5^{+1.4}_{-1.4} \\
$\sum m_\nu$ [eV] & 0.54^{+0.25}_{-0.35} & <0.829 & 0.51 ± 0.23 & <0.298 \\
$N_{\text{eff}}$ & 2.85^{+0.30}_{-0.37} & 3.04 ± 0.26 & 2.90^{+0.21}_{-0.24} & 3.41 ± 0.20 \\
$\frac{dn_\nu}{d\ln k}$ & 0.006^{+0.011}_{-0.013} & 0.0001 ± 0.0088 & −0.0021 ± 0.0086 & −0.0049 ± 0.0078 \\
$A_{\text{lens}}$ & 1.23^{+0.12}_{-0.14} & 1.17^{+0.09}_{-0.11} & 1.17 ± 0.10 & 1.22^{+0.085}_{-0.097} \\
$\sigma_8$ & 0.803 ± 0.058 & 0.841^{+0.064}_{-0.055} & 0.811^{+0.047}_{-0.055} & 0.806^{+0.024}_{-0.033} \\
$S_8$ & 0.745 ± 0.046 & 0.761 ± 0.037 & 0.752 ± 0.035 & 0.798 ± 0.026 \\
$\chi^2_{\text{eff}}$ & 11 280.3 & 12 965.3 & 12 966.2 & 12 971.2 \\
\hline
\end{tabular}
\end{center}
\end{table}

$N_{\text{eff}} = 3.046$. In the same ten-parameter framework and for the same Planck + R16 data set, but assuming a cosmological constant, we found (see the fourth column in Table IV) that there is no preference for a neutrino mass, with a 68\% C.L. upper limit of $\Sigma m_\nu < 0.149$ eV, while we have an indication for $N_{\text{eff}} = 3.41 ± 0.20$ at 68\% C.L., i.e. almost 2$\sigma$ above the standard value. It is, therefore, clear that the ten-parameter framework the VM model offers an important advantage over the cosmological constant since it solves the tension on the Hubble constant without the need of a nonstandard value for $N_{\text{eff}}$. In practice, the Planck data under a VM model prefers a value of the Hubble constant larger than the R16 value, but this can be alleviated by introducing a neutrino mass that is well in agreement with current laboratory data (see e.g. [50]). It is also worth noticing that the $A_{\text{lens}}$ tension seems somewhat alleviated in the VM scenario and that the value of $S_8$ is now in even better agreement with the recent cosmic shear results from the Kilo Degree Survey [45].

We, however, remark that there can be difficulties with other observational data sets not considered here such as redshift space distortions and supernova distances. We leave that for future work. Still, the improvement in $\chi^2$, the defusing of the $H_0$ tension (and possible amelioration of the weak lensing tension), and of course the strong theoretical foundation of the model together with it having no cosmological constant to explain, makes it worthy of further investigation.

\textbf{B. Elaborated VM (varying $M$)}

We now consider the more ad hoc VM model that includes a cosmological constant; i.e., we allow the vacuum criticality parameter $M$ to float. Constraints are given in Table V considering a scenario based on 6 + 1

\begin{table}[h]
\begin{center}
\begin{tabular}{|l|c|c|c|c|}
\hline
 & Planck TT & Planck TT + R16 & Planck & Planck + R16 \\
\hline
$\Omega_b h^2$ & 0.02224 ± 0.00024 & 0.02224 ± 0.00023 & 0.02225 ± 0.00016 & 0.02224 ± 0.00016 \\
$\Omega_c h^2$ & 0.1197 ± 0.0022 & 0.1197 ± 0.0022 & 0.1199 ± 0.0014 & 0.1199 ± 0.0014 \\
$\tau$ & 0.078 ± 0.019 & 0.077 ± 0.020 & 0.078 ± 0.017 & 0.078 ± 0.017 \\
$n_s$ & 0.9656 ± 0.0062 & 0.9657 ± 0.0062 & 0.9644 ± 0.0048 & 0.9643 ± 0.0047 \\
$log(10^{10} A_S)$ & 3.089 ± 0.037 & 3.087 ± 0.037 & 3.092 ± 0.033 & 3.090 ± 0.033 \\
$H_0$ & 71.5^{+2.8}_{-2.1} & 73.3 ± 1.9 & 71.6^{+2.8}_{-2.1} & 73.4 ± 1.7 \\
$M$ & >0.785 & 0.889^{+0.022}_{-0.012} & >0.789 & 0.891^{+0.019}_{-0.012} \\
$\sigma_8$ & 0.867^{+0.028}_{-0.048} & 0.883 ± 0.025 & 0.870^{+0.028}_{-0.045} & 0.886 ± 0.021 \\
$S_8$ & 0.836 ± 0.026 & 0.831 ± 0.022 & 0.838 ± 0.022 & 0.833 ± 0.017 \\
$\chi^2_{\text{eff}}$ & 11 281.2 & 11 282.0 & 12 966.0 & 12 966.6 \\
\hline
\end{tabular}
\end{center}
\end{table}
cosmological parameters. We can immediately see from the Table that allowing \( M \) to float lowers the value of the Hubble constant from the Planck data, making it more compatible with the R16 prior, with \( H_0 = 71.5^{+2.8}_{-3.1} \) km/s/Mpc at 68% C.L. Considering the Planck+R16 data set we get \( H_0 = 73.4 \pm 1.8 \) km/s/Mpc at 68% C.L., with \( \Delta \chi^2_{\text{eff}} = -5.6 \) with respect with the fixed \( M \) model reported in Table II, showing that varying \( M \) solves the tensions between Planck and R16. This can also be clearly seen in Fig. 4 where we plot the two-dimensional posteriors in the \( M \) vs \( H_0 \) plane from the Planck and Planck + R16 data sets. Letting \( M \) vary allows for lower values of \( H_0 \) and the R16 prior is now perfectly compatible with the Planck data. By comparing the \( \chi^2_{\text{eff}} \) values from the Planck + R16 data sets for the nine-parameter case in Table III and the ten-parameter case in Table IV, we see that allowing \( M \) to float solves the \( H_0 \) tension better than the fixed VM or the cosmological constant model, with the inclusion of one extra parameter (in this 6 + 1 scenario without a neutrino mass parameter).

It is, however, worthwhile to note that the Planck TT and Planck data sets provide only a lower limit to \( M \). Since the maximum theoretical value achievable by \( M \) in these runs is given by Eq. (5), corresponding to the fixed \( M \) case, this means that the Planck data shows no preference for values of \( M \) different from those of the original VM model. This can be also seen by the fact that we have a worse \( \chi^2_{\text{eff}} \) value when varying \( M \) with respect to the fixed case. In practice, the extra parameter space allowed by varying \( M \) is not preferred by the Planck data.

In Table VI and Table VII, we report the constraints obtained on cosmological parameters in the case of a varying \( M \) model, adding further extra parameters. In Table VI, we include in the analysis also the neutrino effective number \( N_{\text{eff}} \), the neutrino mass scale \( \Sigma m_\nu \), and the running of the spectral index \( \frac{\ln n_0}{\ln k} \). As we can see, there is now no indication for values different from the standard expectations for these parameters. In particular, the neutrino effective number \( N_{\text{eff}} \) is now more compatible with 3.046. But the \( \chi^2 \) improvement does not exceed the number (one) of extra parameters added to the original VM model, and the elaborated model suffers from the usual cosmological constant problem.

In Table VII, we report similar constraints but now also letting the \( A_{\text{lens}} \) parameter to vary, for a total variation of 11 parameters. As we can see there is no indication for extra physics or neutrino mass different from zero as was previously the case for the \( M \) fixed model. In practice, there is no need for extra parameters or additional new physics for

\begin{table}[h]
\centering
\caption{68% C.L. constraints on cosmological parameters in the elaborated VM scenario, including \( \sum m_\nu + N_{\text{eff}} + \frac{\ln n_0}{\ln k} \) for different combinations of data sets. If only lower limits are shown, they are at 95% C.L.}
\begin{tabular}{|l|l|l|l|}
\hline
 & Planck TT & Planck TT +R16 & Planck & Planck +R16 \\
\hline
\( \Omega_k h^2 \) & 0.02192\(^{+0.00040}_{-0.00046} \) & 0.02226\(^{+0.00032}_{-0.00038} \) & 0.02206 \( \pm 0.00025 \) & 0.02212\(^{+0.00022}_{-0.00025} \) \\
\( \Omega_c h^2 \) & 0.1155 \( \pm 0.0054 \) & 0.1183\(^{+0.0046}_{-0.0053} \) & 0.1175 \( \pm 0.0033 \) & 0.1180 \( \pm 0.0033 \) \\
\( \tau \) & 0.083 \( \pm 0.023 \) & 0.086 \( \pm 0.022 \) & 0.082 \( \pm 0.019 \) & 0.080 \( \pm 0.019 \) \\
\( n_s \) & 0.940 \( \pm 0.024 \) & 0.959 \( ^{+0.017}_{-0.021} \) & 0.953 \( \pm 0.011 \) & 0.957 \( \pm 0.011 \) \\
\( \log(10^{10} A_S) \) & 3.090 \( \pm 0.050 \) & 3.104 \( \pm 0.046 \) & 3.093 \( \pm 0.039 \) & 3.090 \( \pm 0.040 \) \\
\( H_0 \) & 66.1\(^{+5.2}_{-6.4} \) & 73.0 \( \pm 1.7 \) & 68.6\(^{+3.9}_{-5.3} \) & 73.2 \( \pm 1.7 \) \\
\( M \) & >0.742 & 0.892\(^{+0.030}_{-0.008} \) & >0.754 & 0.899\(^{+0.020}_{-0.009} \) \\
\( \sum m_\nu [\text{eV}] \) & \( <0.640 \) & \( <0.456 \) & \( <0.573 \) & \( <0.428 \) \\
\( N_{\text{eff}} \) & 2.61\(^{+0.42}_{-0.49} \) & 2.93\(^{+0.33}_{-0.43} \) & 2.84 \( \pm 0.22 \) & 2.90 \( \pm 0.21 \) \\
\( \frac{\ln n_0}{\ln k} \) & \( -0.016 \pm 0.012 \) & \( -0.009 \pm 0.011 \) & \( -0.0083 \pm 0.0081 \) & \( -0.0064 \pm 0.0078 \) \\
\( \sigma_8 \) & 0.816 \( \pm 0.057 \) & 0.876\(^{+0.035}_{-0.028} \) & 0.830\(^{+0.054}_{-0.047} \) & 0.875\(^{+0.024}_{-0.030} \) \\
\( S_8 \) & 0.845 \( \pm 0.031 \) & 0.827 \( \pm 0.024 \) & 0.836 \( \pm 0.026 \) & 0.822 \( \pm 0.022 \) \\
\( \chi^2_{\text{eff}} \) & 11 282.8 & 11 282.8 & 12 968.6 & 12 968.0 \\
\hline
\end{tabular}
\end{table}
solving the $H_0$ tension when varying $M$. It also important to note that the $A_{\text{lens}}$ anomaly is not present in the Planck CMB lensing data derived from trispectrum measurements. The inclusion of the Planck CMB lensing data set could therefore change the results reported in Table VII.

A summary comparing the $\chi^2$ of the VM models with $\Lambda$CDM is given in Table VIII.

### C. Bayesian evidence

While the $\chi^2$ values reported can give a feeling of the goodness of fit of one model respect to another it is clearly interesting to quantify the better accordance of a model with the data respect to another by using more appropriate statistical methods. This can be done by considering, for example, the marginal likelihood also known as the Bayesian evidence.

Let us remind here some basics of Bayesian parameter inference. Given a vector of parameters $\theta$ of a model $M$ and a set of data $x$, the parameters posterior distribution is given by

$$ p(\theta|x,M) = \frac{p(x|\theta,M)p(\theta|M)}{p(x|M)} \quad (7) $$

where $p(x|\theta,M)$ is the likelihood and $p(\theta|M)$ is an assumed prior on the parameters.

The marginal likelihood (or evidence) given by

$$ E \equiv p(x|M) = \int d\theta p(x|\theta,M)p(\theta|M), \quad (8) $$

is a fundamental quantity for Bayesian model comparison. Given two competing models $M_0$ and $M_1$ it is indeed useful to consider the ratio of the likelihood probability (the Bayes factor):

$$ \ln B = p(x|M_0)/p(x|M_1) \quad (9) $$

According to the revised Jeffrey’s scale by Kass and Raftery [51], the evidence (against $M_1$) is considered as “positive” if $\ln B < -1.0$, “strong” if $\ln B < -3.0$, and “very strong” if $\ln B < -5.0$.

In the third column of Table VIII, we report the Bayes factors for several cases, always considering as reference
case (\(\ln B = 0\), or \(M_0\) as in the previous definition) the model where the dark energy component is given by a cosmological constant. The evidence is computed from our MCMC chains using the MCEvidence code described in [52,53].

As we can see, when considering the minimal six parameters model we found positive evidence for the vacuum metamorphosis model against a cosmological constant (\(\ln B_{\text{VM,}} = -1.3\)). At the same time, we found positive evidence for a cosmological constant against the VM elaborated model despite its better \(\chi^2\) value. This can be explained by the extra parameter present in the VM elaborated model since additional parameters are penalized in Bayes comparison.

In extended nine-parameter space, the Planck data alone does not provide a significant evidence for a cosmological constant against a VM model. However, we again found positive evidence against a VM elaborated model both with respect a cosmological constant and the VM model.

Finally, when considering the Planck data set in combination with the R16 value in nine-parameter space, we found a strong evidence for the VM model against a cosmological constant and positive evidence for a VM elaborated model also against a cosmological constant.

V. SCALE-DEPENDENT LENSING AMPLITUDE

In a second approach to beyond standard physics, we test the “Planck” data set with a scale-dependent scaling of the gravitational lensing amplitude. This seeks to explore indications that cosmological parameters derived from the lower multipole (\(\ell \lesssim 1000\)) data and the higher multipole (\(\ell \gtrsim 1000\)) data can differ by \(\sim 1\sigma\). In this case, in addition to the six parameters of the standard \(\Lambda\)CDM model (VM is not used in this section), we reparametrize \(A_{lens}\) from a constant (seventh parameter) to both an amplitude and a slope, giving eight parameters in total.

Specifically,

\[
A_{lens} = A_{lens,0} \times \left[1 + B\log_{10}\left(\frac{\ell}{300}\right)\right].
\]  

This form is motivated by the behavior of various beyond standard scale-dependent physics, such as modified gravity, neutrino mass, and cold dark energy, investigated in [54]. The amplitude \(A_{lens,0}\) is the value at \(\ell = 300\), in the vicinity of the first acoustic peak, and roughly represents the mean over the full multipole range.

The constraints on \(A_{lens,0}\) and \(B\) are reported in Table IX for several combinations of data sets. The Planck TT and Planck data sets both favor a value for \(A_{lens,0}\) larger than the expected value, while the \(B\) parameter is unconstrained. Comparing to the standard \(\Lambda\)CDM case, the parameter values do not shift appreciably and the \(\chi^2\) improves by less than 0.4 (at the cost of 1 more parameter). However, we found that these mild shifts are in the right direction to alleviate the several tensions. We found that for the Planck data set the Hubble constant is now constrained to be \(H_0 = 67.86 \pm 0.74\) km/s/Mpc at 68% C.L., i.e. bringing the tension with the R16 prior from 3.24 standard deviations to 2.87. Also the \(S_8\) parameter is smaller and now constrained from the Planck data set to be \(S_8 = 0.818 \pm 0.024\) at 68% C.L., in better agreement with cosmic shear measurements.

The one additional parameter \(B\) cannot be determined with the “Planck” data set alone. To constrain the scale dependence of the lensing amplitude, we must include CMB lensing data, i.e. use the lensing potential power spectrum derived from the CMB trispectrum analysis; we refer to this as “Planck + lensing.” Table IX summarizes the results, and Fig. 5 shows the one-dimensional and joint probability distributions of the lensing amplitude parameters.

The positive correlation between \(A_{lens,0}\) and \(B\) can be understood as preserving the CMB lensing power spectrum amplitude where it has the most power, at \(\ell < 300\).

The inclusion of the lensing data brings the value of \(A_{lens,0}\) back in agreement with the standard value, and it now constrains the slope to \(B = -0.076^{+0.11}_{-0.099}\). We find negligible shift in the cosmological parameters. Thus, this form of scale dependence (linear in \(\log \ell\)) cannot solve the \(H_0\) tension.\(^1\)

\(^1\)Note that the scale-dependent physics considered in [54] does lead to a negative value of \(B \approx -0.015\) for the massive neutrino and cold dark energy cases (while \(B\) has a positive sign for the \(f(R)\) gravity case). Current experimental precision is insufficient to constrain such scale-dependent physics.
VI. CONCLUSIONS

Current CMB and local Hubble constant data, taken at face value and interpreted within a \( \Lambda \)CDM cosmological model, show a tension in the value of \( H_0 \). This tension can be removed by taking the dark energy not to be near cosmological constant behavior but with a very unusual nature—deeply phantom and rapidly evolving. Rather than treating this phenomenologically, we resuscitate the vacuum metamorphosis theory of Parker and collaborators, involving a phase transition in the nature of gravity and the vacuum, based on calculations within quantum gravity.

We demonstrate that vacuum metamorphosis provides a solution to the \( H_0 \) tension, and indeed yields an improvement in \( \chi^2 \) by 7.5 over \( \Lambda \)CDM with the same number of parameters. Moreover, it can also ameliorate possible tension in the weak lensing amplitude \( S_8 \) seen between Planck and some ground based surveys. Given the theory’s robust foundation and reasonable motivation, including no explicit or implicit cosmological constant, it is worthwhile to investigate it further in future work, in particular examining consistency with further data sets such as baryon acoustic oscillations and supernova distances.

Considering Bayesian evidence, we found, for the Planck data set alone, positive evidence for a VM model against a cosmological constant both in the six- and nine-parameter framework. When the R16 data set is considered, we found a strong evidence for the VM model against a cosmological constant in nine-parameter space.

Another extension of the standard model involves scale dependence of the CMB lensing amplitude \( A_{\text{lens}} \), beyond what exists in the standard model. This has a more modest motivation, from the lesser apparent tension between cosmological parameters derived from CMB data at high and low multipoles (roughly less than and greater than \( \ell \approx 1000 \)). Such scale dependence could arise from beyond standard model physics such as modified gravity, cold dark energy, or massive neutrinos. We do not find any evidence for a tilt in the CMB lensing amplitude, though the Planck lensing data is not precise enough to constrain this tightly.

Future CMB data from stage 3 experiments, and particularly from a CMB stage 4 experiment, can continue to test the nature of dark energy, beyond standard physics, and consistency between the high and low redshift universe. Any solution must fit the rich array of data. All together will evaluate tensions and anomalies and shed light on whether we are seeing systematics, statistical excursions, or indeed new physics, perhaps even definite signs of quantum gravity.

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