RESEARCH ARTICLE

IMPACTED KNIFE INJURY MAXILLOFACIAL REGION – A DIFFICULT SCENARIO.

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Abstract
Impacted foreign body face with knife in situ is an uncommon presentation. The proximity to vital structures and absence of strict management protocol often gives challenges to the consultant and his entire team. The neurovascular stability of the victim is the determinant for definitive investigations and planning of management protocol. X-ray, CT scan and arteriogram were the main investigative tools. Here we are reporting successful removal of an impacted foreign body face, were 12cm of the knife was inside.

Introduction:
A variety of foreign bodies can be encountered in the maxillary antrum. 1 These can be classified into: Traumatic-metals, glass pieces, airgun pellets, stones, wood etc.; and Iatrogenic - dental cement, roots of teeth, whole tooth, broken pieces of hypodermic needles, impression paste, broken end of forceps. 2

Case Report:
36 yr old lady was admitted to the causality with stab injury face (Figure. 1). She was stabbed by husband after alcohol intoxication. Long knife was used for the attack and it has completely penetrated into the face just below the right eye. The weapon was a 15cm long knife using for agricultural purpose and was penetrated completely into the face on the right side. The entry wound was 2 cms below the right eye in the middle. External eye was intact. Knife was not seen in the oral or nasal cavity. Vision was normal. No bleeding from mouth, nose or ear. Her sensorium was normal and no neurovascular deficits were there. No active bleeding present from the wound. X-ray revealed the stab vertically into the face, penetrated the maxilla and reached up to the cervical spine (Figure. 2). CT head showed the trajectory of the foreign body and the tip was very close to the jugular bulb. Since there is no active bleeding, arteriogram was not done. (Figure.3). This paper delineates a rare case of impacted foreign body in the face, the importance of proper planning to treat such cases and our method of successful management.

Management:
Case was discussed with anesthesiologist, neurosurgeon and otolaryngologists regarding line of management and possible complications. Her blood group was B negative and only one unit was available in the blood bank and since it was midnight there was practical difficulties to mobilize more. Patient was taken to operation theatre. GA was induced and the foreign body did not affect intubation. Anticipating the possible injury to the carotids and jugular vessels, we decided to explore the neck. Neck was opened through an oblique incision along the anterior border of the sternomastoid and carotid sheath was opened. Internal and external carotids and internal jugular vein were taped

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for control (Figure. 4). Jugular vein was traced upwards till we could see the tip of the knife. It was abutting with the venous wall. Under direct vision and care, knife was pulled out slowly. It was 15cms long of which 12 cm was inside the face (figure. 5 and 6). After removal, we could ensure that the vein is intact but there is significant arterial bleed. We could not locate the bleeding artery but on compressing the external carotid it stopped. So we have decided to ligate the external carotid, which led to hemostasis. The entry wound was washed with saline many times till everything is clear. Wound is closed in layers with drain.

Tetanus prophylaxis, ceftriaxone, metronidazole, analgesics and IV fluids were started and patient was transferred to ICU. Oral feed was started after 6 hours and she had a smooth recovery. No neurological or visual defects were noticed in the postoperative phase.

**Discussion:**

Impacted foreign bodies of the face are very rare and very few series is available. The common causes are due to increasing violence as a result of easy availability of firearms, gang wars and warfare (battlefield) injuries, escape of teeth and dental impression materials through oro-antral fistula, iatrogenic causes due to root filling procedures. No definite protocols are available on its management. We couldn’t identify any report on prior exploration of neck in anticipating secondary injuries. Most of the foreign bodies can be pulled out without any significant damage. Regarding pre operative evaluation X-ray, CT scan and arteriogram are the important tools and arteriogram is indicated only in patients with active bleed. The usefulness of CT scan may be limited due to a large degree of scatter by the metallic object, although it may prove useful when there is bony/soft tissue injury. Prior planning and multidisciplinary approach are the cornerstone of the successful management. Impacted foreign body should not be pulled immediately. As doing so may further damage surrounding vital tissues, particularly large blood vessels and nerves, which can be disastrous. It is best to leave the foreign body in situ and attempts for its removal should be made in the Operating room with all necessary equipment to manage complications. The entry wound should be widened and explored to ensure the integrity of major blood vessels and vital structures. The wound should be thoroughly irrigated with saline and diluted povidone-Iodine solution. Post-operative complications are very few and the wound usually heals well.
Figure 2: X-ray showing tip of knife reached up to cervical spine

Figure 3: showed tip of knife reaching up to jugular bulb
Figure 4: Showing exposed carotid vessels

Figure 5: Showing removed knife
Figure 6:- showing length of impacted part of knife

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