Background

Since Ernst von Bergmann and Ignaz Semmelweis postulated the asepsis in the modern surgery, the use of sterile gloves during operations is one of the main pillars of hygiene [1]. As an impenetrable safety barrier for different body fluids and germs in general, they protect patients and surgical staff [2, 3]. Although the infection rate, e.g., joint replacement or restoring joint interventions, remained steady in recent years [4], increasing numbers of operations led to a rise in the total number of surgical site infections (SSIs). The prevention of SSIs is one of the major tasks nowadays, and an algorithm of glove use plays a major part (Harnoss 2010). However, this thin layer of latex is not expected to be tested to the highest standard of quality control. The existing ISO EN 455-1:2000 simply tests for impermeability of water and tearproofness, with an acceptable quality level (AQL) of 1.5, while other latex products such as condoms undergo considerably stricter testing for the user’s safety (AQL 0.25) [5, 6]. Mechanical stress such as shear strain, repetitive movements, and sharp surfaces are neglected when testing surgical gloves. The aim of this study was to show whether operations with different levels of mechanical stress have an impact on the type of perforation and hence different risks of contamination. The analysis of damage to surgical gloves was performed within 24 h after the surgery. The number of used gloves, number of gloves per surgery, type of surgery (knee, hip or shoulder), duration of the surgery, type of surgeon, and use of bone cement were documented, as well as whether bone cement was removed during the revision surgery.

Materials and Methods

Study Design and Collection of Data. At the Department of Orthopedics of University Medicine Rostock, surgical gloves used during selected types of operations were collected from May 1st, 2016 to December 1st, 2017. These operations included primary hip and knee arthroplasty, hip and knee revision arthroplasty, and hip, knee and shoulder arthroscopy. During the course of the study, 1460 surgical gloves were retrieved from 305 elective operations—104 primary endoprosthetic, 100 revision arthroplasties, and 101 arthroscopic surgeries. The analysis of damage to surgical gloves was performed within 24 h after the surgery. The number of used gloves, number of gloves per surgery, type of surgery (knee, hip or shoulder), duration of the surgery, type of surgeon, and use of bone cement were documented, as well as whether bone cement was removed during the revision surgery.

Surgical Gloves. Sterile, powder-free disposable latex gloves for single use (ProtexisTM, Cardinal Health, Dublin, Ohio, USA) were the standard gloves utilized during the different surgeries. At the Orthopedics Department of University Medicine Rostock, the surgical procedure involves using double gloving. One pair of gloves which we refer to as outer gloves is worn over the other. Exchanges of gloves were conducted intraoperatively, when damage to the gloves was observed during surgery. For this changing process, the glove is removed and then turned inside out.

Conclusions:

Surgical gloves have a high malfunction, which increases with growing mechanical stress. A high rate of perforation occurred mostly in revision arthroplasty. Breaching the integrity of the gloves, especially by high mechanical loads, could lead to an increased rate of infection.

Keywords: latex surgical gloves, damage, perforations, orthopedic surgery, surgical side infection, ISO EN 455-1:2000
Collection and Integrity Testing of the Gloves. All gloves (outer and inner) were safely kept after a surgery. The samples were gathered in a plastic bag, then sealed and labelled. The patient's name and date of birth, the name of the surgeon, and the date and type of the operation were documented. The examination of tears and micro perforations of the surgical gloves was executed within 24 h by applying the freedom from holes testing method described in the ISO EN 455-1:2000, Medical gloves for single use Part 1: Requirements and testing for freedom from holes, watertightnes test (16), as well as described in a previous work from Zaatreh et al. [7]. Thereafter, the dimensions of the tears and perforations were measured using a plastic goniometer (Kirchner & Wilhelm GmbH & Co. KG, Asperg, Germany). The damage location was classified in accordance to the finger on which it was identified.

Statistical Analysis. The collected data were analysed with SPSS statistical package version 22 (IBM Corp., New York, USA). Descriptive statistics were computed for continuous and categorical variables. Continuous variables are shown as means and standard deviations (SD). Categorical factors are expressed as frequencies (n) with percentages in brackets. Testing for differences between the different types of surgery of categorical factors was accomplished by Fischer's exact test (two categories) or by Pearson's chi-squared test (more than two categories). Testing for differences of continuous variables between the different types of surgery was performed by Kruskal–Wallis test. The level of significance was set at 0.05.

Ethics Statement. Ethical approval to access the patient's data was granted by the Local Ethical Committee of Rostock, Germany (registration number: A2016-0112). Data from the patient's medical files (gender, age, BMI, age, date and type of operation) which were unrelated to the study and obtained as part of standard clinical procedure were collected retrospectively.

Results

General Patient Data and Surgical Procedure. Demographic data of the 305 participating patients are listed in Table 1. A total of 1460 surgical gloves were collected with 540 gloves derived from 104 primary arthroplasty operations, 669 gloves from 100 revision arthroplasty operations, and 251 gloves from 101 arthroscopy operations.

| Surgery specific data | Primary arthroplasty | Revision arthroplasty | Arthroscopy | p-value |
|-----------------------|----------------------|-----------------------|-------------|---------|
| Total number of individual gloves collected [n] | 540 | 669 | 251 | 1460 in total |
| Individual surgical gloves | | | | |
| Undamaged [n, (%)] | 481 (89.1) | 502 (75.0) | 244 (97.2) | <0.0001* |
| Damaged [n, (%)] | 59 (10.9) | 167 (25.0) | 7 (2.8) | |
| Number of operation with | | | | |
| Undamaged surgical gloves [n, (%)] | 70 (67.3) | 23 (23.0) | 94 (93.1) | <0.0001* |
| Damaged surgical gloves [n, (%)] | 34 (32.7) | 77 (77.0) | 7 (6.9) | |
| Number of surgical gloves per operation [mean ± SD] | 5.2 ± 2.1 | 6.7 ± 3.0 | 2.5 ± 0.9 | <0.0001* |
| Number of damaged surgical gloves per operation [mean ± SD] | 0.6 ± 0.9 | 1.7 ± 1.6 | 0.1 ± 0.3 | <0.0001* |
| Type of joint with intervention | | | | |
| Shoulder [n, (%)] | – | – | 20 (19.8) | <0.0001* |
| Hip [n, (%)] | 77 (74.1) | 34 (34.0) | 6 (5.9) | |
| Knee [n, (%)] | 27 (25.9) | 66 (66.0) | 75 (74.3) | |
| Surgery performed by | | | | |
| Main surgeon [n, (%)] | 72 (69.2) | 94 (94.0) | 84 (86.1) | <0.0001* |
| Surgeon in training [n, (%)] | 32 (30.8) | 6 (6.0) | 17 (13.9) | |
| Use of bone cement in operation | | | | |
| Cemented [n, (%)] | 73 (70.2) | 52 (52.0) | – | 0.0096* |
| Uncemented [n, (%)] | 31 (29.8) | 48 (48.0) | – | |
| Removal of bone cement in operation | | | | |
| Yes [n, (%)] | – | 49 (49.0) | – | |
| No [n, (%)] | – | 51 (51.0) | – | |
| Operation time in min [mean ± SD, (range)] | 79.3 ± 23.3 | 116.8 ± 48.4 | 40.7 ± 20.5 | <0.0001* |

*Chi-square test.  
Kruskal–Wallis test.  
Fischer’s exact test.

Table 1. Statistical analysis of demographic patient data

| Patient data | Patients with primary arthroplasty | Patients with revision arthroplasty | Patients with arthroscopy | p-value |
|--------------|-----------------------------------|-----------------------------------|---------------------------|---------|
| Number of recruited patients [n] | 104 | 100 | 101 | |
| Male [n, (%)] | 49 (47.1) | 49 (49.0) | 47 (46.5) | 0.935* |
| Female [n, (%)] | 55 (52.9) | 51 (51.0) | 54 (53.5) | |
| Age in years [mean ± SD, (range)] | 68.1 ± 11.4 (20–84) | 68.9 ± 10.4 (22–84) | 47.6 ± 16.3 (12–82) | <0.0001* |
| Body mass index [mean ± SD, (range)] | 29.9 ± 5.5 (19.2–49.3) | 29.2 ± 5.4 (17.6–44.4) | 27.9 ± 4.9 (16.8–42.8) | 0.024* |

*Chi-square test.  
Kruskal–Wallis test.

Table 2. Statistical analysis of surgery data in relation to occurrence of glove damage

| Surgery specific data | Primary arthroplasty | Revision arthroplasty | Arthroscopy | p-value |
|-----------------------|----------------------|-----------------------|-------------|---------|
| Use of bone cement in operation | | | | |
| Cemented [n, (%)] | 73 (70.2) | 52 (52.0) | – | 0.0096* |
| Uncemented [n, (%)] | 31 (29.8) | 48 (48.0) | – | |
| Removal of bone cement in operation | | | | |
| Yes [n, (%)] | – | 49 (49.0) | – | |
| No [n, (%)] | – | 51 (51.0) | – | |
| Operation time in min [mean ± SD, (range)] | 79.3 ± 23.3 | 116.8 ± 48.4 | 40.7 ± 20.5 | <0.0001* |

*Chi-square test.  
Kruskal–Wallis test.  
Fischer’s exact test.
Table 3. Position of glove damage

| Position of damage on the glove | Primary arthroplasty [n, (%)] | Revision arthroplasty [n, (%)] | Arthroscopy [n, (%)] |
|-------------------------------|-------------------------------|-------------------------------|---------------------|
| Thumb                         | 11 (18.6)                     | 32 (19.2)                     | 3 (42.9)            |
| Index finger                  | 37 (62.7)                     | 98 (58.6)                     | 0 (0)               |
| Middle finger                 | 8 (13.5)                      | 21 (12.6)                     | 3 (42.9)            |
| Ring finger                   | 0 (0)                         | 4 (2.4)                       | 1 (14.2)            |
| Little finger                 | 0 (0)                         | 0 (0)                         | 0 (0)               |
| Palm of the hand              | 3 (5.1)                       | 12 (7.2)                      | 0 (0)               |
| p-value (chi-square test)     | <0.0001                       | <0.0001                       | 0.0241              |
| Total                         | 59 (100)                      | 167 (100)                     | 7 (100)             |

Table 4. Size of tears at the gloves in mm

| Size of tears (mm) | Primary arthroplasty [n, (%)] | Revision arthroplasty [n, (%)] | Arthroscopy [n, (%)] |
|--------------------|-------------------------------|-------------------------------|---------------------|
| ≤1                 | 8 (13.6)                      | 76 (45.5)                     | 6 (85.7)            |
| 2                  | 21 (35.6)                     | 54 (32.3)                     | 1 (14.3)            |
| 3                  | 15 (25.4)                     | 13 (7.8)                      | 0 (0)               |
| 4                  | 11 (18.6)                     | 12 (7.2)                      | 0 (0)               |
| ≥5                 | 4 (6.8)                       | 12 (7.2)                      | 0 (0)               |
| p-value (chi-square test) | <0.0001                      | <0.0001                       | 0.0001              |
| Total              | 59 (100)                      | 167 (100)                     | 7 (100)             |

Discussion

There is possibly only a thin layer of latex between sepsis and asepsis and the success of the surgical outcome for the patient. Gloves were examined after surgeries with different levels of mechanical stress, occurring in PA, RA, and AY. In this present study, all gloves were treated equally as double gloving is well establish in practice, and the necessary effort to discern inner and outer gloves was considered not to bring an additional value [8–12]. Altogether, 15.9% of the gloves reported damages; however, during RA with increased mechanical stress 25% of the gloves showed lacerations. The increase of damages with the rise in mechanical stress illustrates the loss of the barrier function of the gloves during surgery. It was also shown that with increasing duration of the intervention, the quantity of lesions increased, thus allowing the migration of pathogens to take place. Therefore, regular glove changes are needed [13]. The shorter operation time with standardized glove changes could explain a consistently lower infection rate in primary endoprotheses despite larger holes compared to RA. As more punctures were found in high mechanical stress interventions, the likelihood of more pathogens migrating also increases. This could be one possible reason why RA have elevated rates of infection [4]. As discussed in detail [7], the index finger of the dominant hand was associated with the highest rate of damage in PA and RA, but in AY no lesion on the index finger was found. When damage in AY occurred, the thumb and the middle finger were equally affected, which is related to the operation technique. Gropping and orientating with the index finger is not necessary in AY, but for arthroscopic knotting technique thumb and middle finger are often used, which can explain the raised rate of damages at these two fingers [14, 15]. Otherwise, open rotating instruments like reamers and drills are not needed and arthroscopic instruments like shavers are specially designed and have their rotating end away from the surgeon gloves [16]. The validity of the current norm ISO EN 455-1:2000 with an AQL of 1.5 is not clear as most of the glove manufacturers set up their own, i.e., stricter, quality requirements for their gloves. Still, an effective ISO EN should be developed including better testing systems like power current test methods, which are usual for testing other high safety latex products [5].

Conclusions

Latex gloves are commonly used in surgeries as a contamination barrier. Mechanical stress weakens and damages the material. This study showed that the position of damages on the glove and the tear size were specific to certain types of surgery. Specialized gloves for certain surgeries may reduce the rate of damage, and in combination with double gloving, fixed changing intervals, and new glove designs, a further reduction of SSI may be achievable. Considering the importance of patient safety additional tests should be established to improve the safety of the gloves. Watertightness test alone may...
not be sufficient, as micro perforation cannot be detected. Therefore, it seems to be necessary to review and update existing test standards for improved safety.

Authors’ Contributions

All authors initiated the trial and achieved analysis of the data. AE, SZ, and AK drafted the manuscript; all authors reviewed and accepted the final version of the manuscript.

Conflict of Interests

The authors declare that they have no competing interests.

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