rsfMRI based evidence for functional connectivity alterations in adults with developmental stuttering

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ABSTRACT

Persistent developmental stuttering (PDS) is defined as a speech disorder mainly characterized by intermittent involuntary disruption in normal fluency, time patterning, and rhythm of speech. Although extensive functional neuroimaging studies have explored brain activation alterations in stuttering, the main affected brain regions/networks in PDS still remain unclear. Here, using functional magnetic resonance imaging (fMRI), we investigated resting-state whole-brain functional connectivity of 15 adults who stutter (PDS group) and 15 age-matched control individuals to reveal the connectivity abnormalities associated with stuttering. We were also interested in exploring how the severity of stuttering varies across individuals to understand the compensatory mechanism of connectivity pattern in patients showing less symptoms. Our results revealed decreased connectivity of left frontal pole and left middle frontal gyrus (MidFG) with right precentral/postcentral gyrus in stuttering individuals compared with control participants, while less symptomatic PDS individuals showed greater functional connectivity between left MidFG and left caudate. Additionally, our finding indicated reduced connectivity in the PDS group between the left superior temporal gyrus (STG) and several brain regions including the right limbic lobe, right fusiform, and right cerebellum, as well as the left middle temporal gyrus (MTG). We also observed that PDS individuals with less severe symptoms had stronger connectivity between right MTG and several left hemispheric regions including inferior frontal gyrus (IFG) and STG. The connectivity between right fronto-orbital and right MTG was also negatively correlated with stuttering severity. These findings may suggest the involvement of right MTG and left MidFG in successful compensatory mechanisms in more fluent stutterers.

1. Introduction

The interest in investigating the affected neural mechanisms in neurological and psychiatric disorders is growing fast. In these areas, clinicians rely on therapeutic approaches, which are based on empirical observations with limited knowledge about the underlying mechanisms in the brain. Yet knowledge about the neural basis underlying the behavioral amendment of disorders could help improve the therapies.

Stuttering is a speech disorder mainly characterized by repeated sounds or syllables or even words, intermittent prolongations and blocks, and disruptions in normal speech rate often accompanied by physical tension. Stuttering is categorized into three types including developmental, neurogenic, and psychogenic [1]. Developmental stuttering (DS) is very common in children under five, as children are developing their language abilities. Approximately 5% of children experience this type of stuttering, which usually resolves naturally without any therapeutic intervention. Only 1% of DS children (mostly boys) will have it persist through adulthood [2]. Indeed, persistent DS (PDS) is a form of DS that has not remitted spontaneously or by any treatment [1]. Stuttering has a significant adverse impact on overall quality of life where it affects psychological health through increasing the rate of social anxiety, educational underachievement, and reduced social wellbeing.

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Although the cause of stuttering is unknown, the underlying nature of the disorder appears to involve a genetic susceptibility that is neurologically expressed as abnormalities in brain structure and function [3]. Over the past few decades, neuroimaging techniques such as MRI/fMRI, EEG, MEG, and PET have greatly contributed to the discovery of neural bases of stuttering [4].

Task-based fMRI researches have revealed the contribution of a number of brain regions such as cerebellum, basal ganglia, auditory cortex, premotor/motor areas, and speech related regions to stuttering [5, 6]. However, such a task induced neuroimaging outcomes may be confounded by speech production artifacts. This issue can be overcome by using resting-state fMRI (rsfMRI); an advanced neuroimaging technique to gain the knowledge of neurophysiological mechanisms by measuring brain activity in the absence of any explicit task or stimuli while the subject is at rest [7, 8, 9].

Xuan et al. [2] have studied the brain activity of 44 adults with DS and 46 fluent controls by an extensive analysis of rsfMRI measures such as amplitude of low-frequency fluctuation (ALFF), metric of interest (ROI)-based functional connectivity (FC), and independent component analysis (ICA)-based FC. It is reported that compared to control subjects, PDS patients showed higher ALFF in several brain areas involved in motor, language, and auditory processing, as well as cognitive function, but reduced ALFF in bilateral supplementary motor area (SMA). Moreover, based on ROI analysis, they showed reduced FC between the posterior language reception area and anterior brain regions related to initiation of speech motor, but increased FC within anterior/posterior speech associated regions in the PDS group. ICA analysis also revealed an increased FC in the sensorimotor network in stuttering subjects.

Yang et al. [5] using rsfMRI of 16 stutters and 18 controls and seed-to-voxel analysis demonstrated alternations in FC between cerebellum and motor cortex, as well as connectivity among different loci within cerebellum for PDS. They reported decreased connectivity between the basal ganglia and right SMA, as well as bilateral STG, but increased connectivity between the cerebellum and right IFG which was positively correlated with the stuttering severity. Lu et al. [10] investigated the resting-state FC (RSFC) and cortical thickness alterations in PDS before and after a short term intervention (15 stuttering patients who received the intervention, 13 stuttering patients who did not take the intervention, and 13 control subjects). They reported significant reductions of FC and cortical thickness in left pars-opercularis but increases in the cerebellum for PDS before intervention compared to the control group. Moreover, they showed that the intervention decreased stuttering by FC reduction in the cerebellum to the level of controls.

Lu et al. [11] further examined the relation between speech perception and production in 13 PDS subjects compared to 13 controls using both perception task and rsfMRI data. The authors found an association between speech perception impairment and anomalous functional activity in the speech motor area and also the impaired FC between this area and auditory region in stuttering subjects. Desai et al. [12] used perfusion MRI to investigate the resting cerebral blood flow (rCBF) in children/adults who stutter (26 stutters and 36 controls). They reported a reduced CBF in Broca’s region that was correlated with stuttering severity symptoms. Since this was also observed in stuttering children, the authors related this finding to the stuttering pathophysiology.

Overall, the literature shows that there are widespread functional and structural brain differences between adults/children who stutter and their fluent peers, although the pattern of observed results across different studies remains inconsistent [13]. What we can conclude based on the neuroimaging studies on PDS is that individuals with PDS present subtle structural and functional changes involving left-hemispheric brain regions that support fluent speech production. This includes areas in the left frontal cortex such as IFG which controls speech planning or motor cortex which plays an important role in speech execution [14], as well as auditory sensory regions located in the temporal lobe, i.e., Broadman areas 41 and 42, which are involved in the sensory feedback of speech sounds [15]. There is also evidence of the relationship between stuttering and alterations in deeper brain regions including cerebellum, thalamus, and basal ganglia, which support speech movements coordination by providing internal timing cues and motor sequencing control [5]. New findings about the neural underpinnings of PDS may result in new approaches that would improve the efficacy of speech therapies that maximize brain plasticity resulting in producing more fluent speech.

In this work, using rsfMRI, we investigated the RSFC of 15 adults who suffer from PDS and 15 age-matched control participants. Using a seed-driven FC analysis, we decided to evaluate the dynamic interaction of the main regions involved in language perception and production with the whole brain in the resting state. Our aim was to identify all regions that might have different connectivity patterns between PDS and healthy individuals in all brain regions. To this end, inspired by previous researches [13], we explored the seed regions located in the cerebellum, basal ganglia, frontal lobe, temporal lobe, and parietal lobe.

In addition to between group analyses, we were also interested to explore how the severity of stuttering varies across individuals. This helps to investigate and highlight compensatory connectivity patterns in less symptomatic PDS.

2. Method

2.1. Participants

Thirty participants were recruited in this study: 15 PDS (13 males and 2 females; mean age 27.8, age range 21–41) and a group of 15 age, sex, and education matched healthy controls (13 males and 2 females; mean age 25.66, age range 20–36). Demographic information of participants is shown in Table 1. All PDS subjects began to stutter in preadolescence ages and received no treatment during the year prior to this study. The severity of stuttering ranged from very mild to very severe (scored 0 to 100) based on Stuttering Severity Instrument-3 (SSI3) [16, 17] and Diagnostic and Statistical Manual of Mental Disorders (DSM-5) criteria [18].

The participants for this study were selected as physically healthy with no history of neurological diseases or mental illnesses based on their declaration. A safety questionnaire of the fMRI data acquisition was filled in to ensure the absence of contraindications of MRI recording. All of our participants were native Persian speakers from Iran, and checked to be right-handed as evaluated by the Edinburgh handedness inventory [19]. All subjects signed an informed consent prior to the experiment. The local ethical committee at the Institute for Research in Fundamental Sciences (IPM) approved the protocol of this study.

2.2. Image acquisition

MR images have been acquired on a Siemens Prisma 3.0 T MRI scanner at the National Brain Mapping Lab, Tehran, Iran. For each participant, foam pads and also fitted earplugs were used to limit the

| Table 1. Demographic information of the participants. |
|---------------------------------------------|
| Measures | Stuttering Mean (SD) | Control Mean (SD) | Group Difference (t-test) |
|----------|----------------------|-------------------|--------------------------|
| Number of cases | 15 | 15 | NA |
| Sex | 13 Male, 2 Female | 13 Male, 2 Female | NA |
| Age | 27.87 (5.60) | 25.66 (4.47) | 0.24 (NS) |
| TIV | 1526.33 (98.87) | 1525.33 (141.89) | 0.98 (NS) |
| Stuttering Severity | 79.44 (18.10) | NA | NA |

Independent-sample t-test was used; TIV = total intracranial volume; SD = standard deviation; NA = not applicable; NS = not significant.
head movements and scanner noise respectively. Eight minutes of rsfMRI data was collected using a Blood Oxygen Level-Dependent (BOLD)-sensitive gradient echo-plane-image (EPI) sequence. Scan parameters were set as follows: echo time = 30 ms; repetition time = 2000 ms; flip angle = 90°; resolution = 3 × 3 × 3 mm³; field of view = 195 × 195 mm²; and matrix size = 384 × 384. Each brain volume contained 34 contiguous axial slices, and each functional run contained 245 volumes. During the fMRI scan, all participants were asked to relax, keep their eyes closed, and avoid any movement. Sagittal three-dimensional T1-weighted images with a 1 × 1 × 1 mm³ resolution were acquired as well using a magnetization prepared rapid gradient echo (MP-RAGE) sequence (repetition time = 1810 ms; echo time = 3.470 ms; flip angle = 7°; matrix size = 256 × 256).

2.3. Data analysis

Image preprocessing and statistical analysis have been done using CONN v.19c (https://web.conn-toolbox.org/) and SPM12 (http://www.fil.ion.ucl.ac.uk/spm/) toolboxes following a standard analysis pipeline [20]. For preprocessing, functional data were first realigned using SPM12, where all scans were coregistered and resampled to the first scan as a reference image. The field inhomogeneity inside the scanner (fieldmap) was also estimated from a double-echo sequence and used for Susceptibility Distortion Correction (SDC). Then, based on the slice-timing correction (STC) technique [21], temporal misalignment between slices of the functional data was corrected. Anatomical and functional data were next normalized into standard MNI space (Montreal Neurological Institute stereotactic space) with a resolution of 1 × 1 × 1 mm³ cubic voxels and segmented into grey matter, white matter, and cerebrospinal fluid (CSF). Last, for improving the signal-to-noise ratio (SNR), functional data were spatially smoothed using an isotropic Gaussian kernel with full width at half maximum (FWHM) of 8 mm. We also performed an extra experiment to check the effect of spatial smoothing on connectivity patterns by reducing the smoothing kernel size to 6 mm.

After preprocessing, to determine and remove the confounds in BOLD signal including noise components from white matter and CSF areas, as well as subject’s estimated motion parameters, the CompCor strategy [22] was applied. The images were then band-pass filtered to 0.008–0.09 Hz to diminish the effect of noises from physiological processes, head-motion, and other sources.

For FC analysis [23], we used the seed-voxel correlation procedure to estimate the correlation of spontaneous BOLD activity between a pre-defined seed and remaining voxels of the brain. In other words, for seed-driven RSFC analysis, Pearson’s bivariate correlation coefficients were calculated between the BOLD signal of a selected source seed ROI (averaged over all voxels within the ROI) and the time course of all other voxels. The measures were then converted to normally distributed scores using Fisher’s z-transformation for each participant to be ready for a second-level General Linear Model (GLM) based analysis. Finally, the functional connectivity maps of the participants were subsequently subjected into random effects analysis for group difference comparison using one-tailed two-sample t-test.

In the CONN toolbox, a total of 164 ROIs (6-mm spheres) are defined as seeds, where 132 ROIs are from the cortical and subcortical areas of the brain software library (FSL) Harvard-Oxford atlas, as well as cerebellar areas of the automated anatomical labeling (AAL) atlas, and 32 ROIs are from the atlases of 8 functional networks (default mode network, sensorimotor network, visual networks, salience networks, dorsal attention networks, fronto-parietal networks, language networks, cerebellar networks) [24]. From these 164 ROIs, we selected 133 areas as seeds in this study for the seed-to-voxel analysis. These ROIs correspond to brain areas thought to be involved in language processing and speech production. The names of the selected ROIs and the coordinates of the centers of the spheres are given in Table 2.

| No. | Seed's Name | MNI Coordinates |
|-----|-------------|-----------------|
| 1.  | FP r (Frontal Pole Right) | (26, 52, 8) |
| 2.  | FP l (Frontal Pole Left) | (−25, 53, 8) |
| 3.  | IC r (Insular Cortex Right) | (37, 3, 0) |
| 4.  | IC l (Insular Cortex Left) | (−36, 1, 0) |
| 5.  | SFG r (Superior Frontal Gyrus Right) | (15, 18, 57) |
| 6.  | SFG l (Superior Frontal Gyrus Left) | (−14, 19, 56) |
| 7.  | MidFG r (Middle Frontal Gyrus Right) | (39, 19, 43) |
| 8.  | MidFG l (Middle Frontal Gyrus Left) | (−38, 18, 42) |
| 9.  | IFG tri r (Inferior Frontal Gyrus, pars triangularis Right) | (52, 28, 8) |
| 10. | IFG tri l (Inferior Frontal Gyrus, pars triangularis Left) | (−50, 28, 9) |
| 11. | IFG oper r (Inferior Frontal Gyrus, pars opercularis Right) | (52, 15, 16) |
| 12. | IFG oper l (Inferior Frontal Gyrus, pars opercularis Left) | (−51, 15, 15) |
| 13. | PreCG r (Precentral Gyrus Right) | (35, −11, 50) |
| 14. | PreCG l (Precentral Gyrus Left) | (−34, −12, 49) |
| 15. | TP r (Temporal Pole Right) | (41, 13, −30) |
| 16. | TP l (Temporal Pole Left) | (−40, 11, −30) |
| 17. | aSTG r (Superior Temporal Gyrus, anterior division Right) | (58, −1, −10) |
| 18. | aSTG l (Superior Temporal Gyrus, anterior division Left) | (−56, −4, −8) |
| 19. | pSTG r (Superior Temporal Gyrus, posterior division Right) | (61, −24, 2) |
| 20. | pSTG l (Superior Temporal Gyrus, posterior division Left) | (−62, −29, 4) |
| 21. | aMTG r (Middle Temporal Gyrus, anterior division Right) | (58, −2, −25) |
| 22. | aMTG l (Middle Temporal Gyrus, anterior division Left) | (−57, −4, −22) |
| 23. | pMTG r (Middle Temporal Gyrus, posterior division Right) | (61, −23, −12) |
| 24. | pMTG l (Middle Temporal Gyrus, posterior division Left) | (−61, −27, −11) |
| 25. | toMTG r (Middle Temporal Gyrus, temporooccipital part Right) | (58, −49, 2) |
| 26. | toMTG l (Middle Temporal Gyrus, temporooccipital part Left) | (−58, −53, 1) |
| 27. | aTG r (Inferior Temporal Gyrus, anterior division Right) | (46, −2, −41) |
| 28. | aTG l (Inferior Temporal Gyrus, anterior division Left) | (−48, −5, −39) |
| 29. | pITG r (Inferior Temporal Gyrus, posterior division Right) | (53, −23, −28) |
| 30. | pITG l (Inferior Temporal Gyrus, posterior division Left) | (−53, −28, −26) |
| 31. | toITG r (Inferior Temporal Gyrus, temporooccipital part Right) | (54, −50, −17) |
| 32. | toITG l (Inferior Temporal Gyrus, temporooccipital part Left) | (−52, −53, −17) |
| 33. | PostCG r (Postcentral Gyrus Right) | (38, −26, 53) |
| 34. | PostCG l (Postcentral Gyrus Left) | (−38, −28, 52) |
| 35. | SPL r (Superior Parietal Lobule Right) | (29, −48, 59) |
| 36. | SPL l (Superior Parietal Lobule Left) | (−29, −49, 57) |
| 37. | aSMG r (Supramarginal Gyrus, anterior division Right) | (58, −27, 38) |
| 38. | aSMG l (Supramarginal Gyrus, anterior division Left) | (−57, −33, 37) |
| 39. | pSMG r (Supramarginal Gyrus, posterior division Right) | (55, −40, 34) |
| 40. | pSMG l (Supramarginal Gyrus, posterior division Left) | (−55, −46, 33) |
| 41. | AG r (Angular Gyrus Right) | (52, −52, 32) |
| 42. | AG l (Angular Gyrus Left) | (−50, −56, 30) |
| 43. | ICC r (Intracalcarine Cortex Right) | (12, −74, 8) |
| 44. | ICC l (Intracalcarine Cortex Left) | (−10, −75, 8) |
| 45. | MedFC (Frontal Medial Cortex) | (0, 43, 19) |
| No. | Seed's Name | MNI Coordinates |
|-----|-------------|-----------------|
| 46  | SMA r (Juxtapositional Lobule Cortex - formerly Supplementary Motor Cortex: Right) | (6, -3, 58) |
| 47  | SMA l (Juxtapositional Lobule Cortex - formerly Supplementary Motor Cortex: Left) | (-5, -3, 56) |
| 48  | SubGcC (Subcallosal Cortex) | (0, 21, -15) |
| 49  | PaGcG r (Paracingulate Gyrus Right) | (7, 37, 23) |
| 50  | PaGcG l (Paracingulate Gyrus Left) | (-6, 37, 21) |
| 51  | AC (Cingulate Gyrus, anterior division) | (1, 18, 24) |
| 52  | PC (Cingulate Gyrus, posterior division) | (1, -37, 30) |
| 53  | Precuneus (Precuneus Cortex) | (1, -59, 38) |
| 54  | FOri r (Frontal Orbital Cortex Right) | (29, 23, -16) |
| 55  | FOri l (Frontal Orbital Cortex Left) | (-30, 24, -17) |
| 56  | aPaHC r (Parahippocampal Gyrus, anterior division Right) | (22, -8, -30) |
| 57  | aPaHC l (Parahippocampal Gyrus, anterior division Left) | (-22, -9, -30) |
| 58  | pPaHC r (Parahippocampal Gyrus, posterior division Right) | (23, -31, -17) |
| 59  | pPaHC l (Parahippocampal Gyrus, posterior division Left) | (-22, -32, -17) |
| 60  | LG r (Lingual Gyrus Right) | (14, -63, -5) |
| 61  | LG l (Lingual Gyrus Left) | (-12, -66, -5) |
| 62  | aTuFusC r (Temporal Fusiform Cortex, anterior division Right) | (31, -3, -42) |
| 63  | aTuFusC l (Temporal Fusiform Cortex, anterior division Left) | (-32, -4, -42) |
| 64  | pTuFusC r (Temporal Fusiform Cortex, posterior division Right) | (36, -24, -28) |
| 65  | pTuFusC l (Temporal Fusiform Cortex, posterior division Left) | (-36, -30, -25) |
| 66  | FO r (Frontal Operculum Cortex Right) | (41, 19, 5) |
| 67  | FO l (Frontal Operculum Cortex Left) | (-40, 18, 5) |
| 68  | CO r (Central Opercular Cortex Right) | (49, -6, 11) |
| 69  | CO l (Central Opercular Cortex Left) | (-48, -9, 12) |
| 70  | PO r (Parietal Operculum Cortex Right) | (49, -28, 22) |
| 71  | PO l (Parietal Operculum Cortex Left) | (-48, -32, 20) |
| 72  | PP r (Planum Polare Right) | (48, -4, -7) |
| 73  | PP l (Planum Polare Left) | (-47, -6, -7) |
| 74  | HG r (Heschl’s Gyrus Right) | (46, -17, 7) |
| 75  | HG l (Heschl’s Gyrus Left) | (-45, -20, 7) |
| 76  | PF r (Planum Temporale Right) | (55, -25, 12) |
| 77  | PF l (Planum Temporale Left) | (-53, -30, 11) |
| 78  | SCC r (Supracalcarine Cortex Right) | (8, -74, 14) |
| 79  | SCC l (Supracalcarine Cortex Left) | (-8, -73, 15) |
| 80  | Thalamus r | (11, -18, 7) |
| 81  | Thalamus l | (-10, -19, 6) |
| 82  | Caudate r | (13, 10, 10) |
| 83  | Caudate l | (-13, 9, 10) |
| 84  | Putamen r | (25, 2, 0) |
| 85  | Putamen l | (-25, 0, 0) |
| 86  | Pallidum r | (20, -4, -1) |
| 87  | Pallidum l | (-19, -5, -1) |
| 88  | Hippocampus r | (26, -21, -14) |
| 89  | Hippocampus l | (-25, -23, -14) |
| 90  | Amygdala r | (23, -4, -18) |
| 91  | Amygdala l | (-23, -5, -18) |
| 92  | Accumbens r | (9, 12, -7) |

| No. | Seed's Name | MNI Coordinates |
|-----|-------------|-----------------|
| 93  | Accumbens l | (-9, 11, -7) |
| 94  | Brain-Stem | (0, -30, -35) |
| 95  | Cereb1 l (Cerebelum Crus1 Left) | (-36, -66, -30) |
| 96  | Cereb1 r (Cerebelum Crus1 Right) | (38, -67, -30) |
| 97  | Cereb2 l (Cerebelum Crus2 Left) | (-29, -73, -38) |
| 98  | Cereb2 r (Cerebelum Crus2 Right) | (-32, -69, -40) |
| 99  | Cereb3 l (Cerebelum 3 Left) | (-9, -37, -19) |
| 100 | Cereb3 r (Cerebelum 3 Right) | (12, -35, -19) |
| 101 | Cereb45 l (Cerebelum 4 5 Left) | (-14, -44, -17) |
| 102 | Cereb45 r (Cerebelum 4 5 Right) | (16, -44, -19) |
| 103 | Cereb6 l (Cerebelum 6 Left) | (-23, -58, -24) |
| 104 | Cereb6 r (Cerebelum 6 Right) | (24, -58, -25) |
| 105 | Cereb7 l (Cerebelum 7b Left) | (-32, -60, -45) |
| 106 | Cereb7 r (Cerebelum 7b Right) | (33, -63, -48) |
| 107 | Cereb8 l (Cerebelum 8 Left) | (-26, -55, -48) |
| 108 | Cereb8 r (Cerebelum 8 Right) | (25, -56, -49) |
| 109 | Cereb9 l (Cerebelum 9 Left) | (-11, -49, -46) |
| 110 | Cereb9 r (Cerebelum 9 Right) | (9, -49, -46) |
| 111 | Cereb10 l (Cerebelum 10 Left) | (-23, -34, -42) |
| 112 | Cereb10 r (Cerebelum 10 Right) | (26, -34, -41) |
| 113 | Ver12 (Vermis 1 2) | (1, -39, -20) |
| 114 | Ver3 (Vermis 3) | (1, -40, -11) |
| 115 | Ver45 (Vermis 4 5) | (1, -52, -7) |
| 116 | Verb (Vermis 6) | (1, -66, -16) |
| 117 | Ver7 (Vermis 7) | (1, -72, -25) |
| 118 | Ver8 (Vermis 8) | (1, -64, -34) |
| 119 | Ver9 (Vermis 9) | (1, -55, -35) |
| 120 | Ver10 (Vermis 10) | (0, -46, -32) |
| 121 | networks.SensoriMotor.Lateral (L) | (-55, -12, 29) |
| 122 | networks.SensoriMotor.Lateral (R) | (56, -10, 29) |
| 123 | networks.SensoriMotor.Superior | (-28, 32, 0) |
| 124 | networks.FrontoParietal.LPFC (L) | (-43, 33, 28) |
| 125 | networks.FrontoParietal.PPC (L) | (-46, -58, 49) |
| 126 | networks.FrontoParietal.LPFC (R) | (41, 38, 30) |
| 127 | networks.FrontoParietal.PPC (R) | (52, -52, 45) |
| 128 | networks.Language.IFG (L) | (-51, 26, 2) |
| 129 | networks.Language.IFG (R) | (54, 28, 1) |
| 130 | networks.Language.pSTG (L) | (-57, -47, 15) |
| 131 | networks.Language.pSTG (R) | (59, -42, 13) |
| 132 | networks.Cerebellar Anterior | (0, -63, -30) |
| 133 | networks.Cerebellar Posterior | (-0, -79, -32) |
In addition to between group analysis, the relation between stuttering severity and connectivity pattern of the brain in the stuttering group was also investigated. Whole brain regression analysis using Pearson correlation coefficient was performed to determine the effect of stuttering severity in PDS group.

For statistical analysis of the results, we used random field theory (RFT [25]) to control the analysis-wise chance of false positives. Following the previous research [20] and considering that the analysis was performed for 133 seeds, cluster-level FDR (False Discovery Rate [26]) correction was adjusted to \( p < 3.76 \times 10^{-4} \) (i.e., dividing the 0.05 \( \alpha \)-value by the 133 tested seeds based on the Bonferroni correction to address multiple comparisons). The results were considered significant at a voxel-wise threshold of level \( p < 0.001 \) uncorrected and a cluster-level threshold of \( p < 3.76 \times 10^{-4} \) FDR corrected.

It is notable that we reported the results for each individual cluster as a measure of its location (the MNI coordinates of the peak voxel), cluster size, associated cluster-level \( p \)-values, the effect-size within the region (represented as \( r \)), and peak-voxel statistical \( T \) value [27].

3. Results

3.1. Resting state connectivity: group differences

Our results revealed abnormal RSFC in PDS as compared with the control group; decreased connectivity was observed between three left sided seeds and several brain areas as shown in Figure 1, while no seeds with significantly increased FC were found. Figure 1 depicts the location of the seed ROIs as well as a few slices of target subcortical regions with significant FC alterations in the PDS group. We also display our volume-based connectivity results on the surface for better visualization in Figure 2. It should be noted that we did not conduct the cortical and subcortical analysis separately; Figure 2 is only a surface-display of the volume-based connectivity results.

Compared to control participants, PDS exhibited decreased connectivity of: (i) left frontal pole (FPl) with right Rolandic operculum (Rolandic Oper), right precentral/postcentral gyrus, and right superior temporal gyrus (STGr); (ii) left middle frontal gyrus (MidFGl) with central opercular cortex, as well as right precentral/postcentral gyrus; (iii) left superior temporal gyrus, posterior division (pSTGl) with right limbic lobe, right fusiform, right hippocampal and right cerebellum, as well as left middle occipital (MOccil) and left middle temporal gyrus (MTGl).

Table 3 shows the detailed information.

As shown in Figure 2 (a), the RSFC between FPl and right sensory/motor areas (Rolandic Oper, precentral/postcentral gyrus; BA 13/43/6) as well as STGr (BA 22) was negative in both groups (control: \( r = -0.25 \), PDS: \( r = -0.01 \)). However, compared with controls, PDS subjects showed weaker negative connectivity (\( T(28) = -5.26, r = -0.24, p < 0.001 \)).

As shown in Figure 2 (b), the RSFC between MidFGl and right sensory/motor areas (precentral/postcentral gyrus; BA 3/1/4/6/2) was positive in the control group (\( r = 0.01 \)), while negative in the PDS group (\( r = -0.23 \)), which resulted in a significant difference between groups (\( T(28) = -5.79, r = -0.24, p < 0.001 \)).

Similarly, Figure 2 (c) shows altered connectivity in the PDS vs. control subjects between pSTGl and two clusters: (i) right limbic lobe and hippocampus (BA 37/35/36/20), with positive FC in the control group (\( r \approx 0.12 \)) and negative FC in the PDS group (\( r = -0.09 \)), and significant difference in FC between the two groups (\( T(28) = -7.26, r = -0.21, p < 0.001 \)); (ii) MOccipl and MTGl (BA 19/18/37), with positive FC in the control group (\( r = 0.15 \)) and negative FC in the PDS group (\( r = -0.08 \)), and significant difference in FC between the two groups (\( T(28) = -6.37, r = -0.23, p < 0.001 \)).

3.2. Resting state connectivity: stuttering symptom correlations

Apart from between-group comparison, the regression analysis has been performed utilizing the stuttering severity scores as the regressor to investigate if there is a correlation between RSFCs and the stuttering severity in the PDS group. These results are presented in Figures 3 and 4 and details are given in Table 4.

The results revealed that the stuttering severity was positively correlated with RSFCs between: (a, b) right cerebellum and left occipital lobe; (c) MidFGl and left occipital lobe; and (d) left para-hippocampal (pPaHCl) and left inferior/superior parietal gyrus (IPGl/SPGl). In addition, we observed several patterns of negative correlation between: (e) right middle temporal gyrus, anterior division (aMTGl), and IFGl as well as STGl; (f) right fronto-orbital (FOOrb) and MTGl as well as right inferior temporal gyrus (ITGr); and (g) left caudate and middle frontal left (MidFl).

To inspect whether these patterns of correlations were observed due to extremely low or high connectivity in the PDS individuals as a whole,
the connectivity measures for these connections between PDS and the control groups have been further compared. For this purpose, the FC between the selected seeds, tabulated in Table 4, and the observed target regions in this table have been analyzed for each group individually.

Although the RSFC between Cereb1r and left occipital lobe (Figure 3a and Figure 4a) was positively correlated with severity of stuttering (R = 0.91, R is the effect size equal to Pearson correlation), but their FC was insignificant in both groups (PDS: r = −0.00, p = 0.94; controls: r = −0.30, p = 0.5; PDS vs. control: r = 0.03, p = 0.65).

Similarly, RSFC between Cereb7r and left occipital lobe as shown in Figure 3b and Figure 4b was positively correlated with severity of stuttering (R = 0.86), but their FC was insignificant in both groups (PDS: r = 0.05, p = 0.32; controls: r = 0.02, p = 0.60; PDS vs. control: r = 0.04, p = 0.54).

As shown in Figure 3c and Figure 4c, stuttering severity was positively correlated with RSFC between MidFGl and again left occipital lobe (R = 0.89), however their FC was insignificant in both groups (PDS: r = −0.06, p = 0.24; controls: r = −0.03, p = 0.41; PDS vs. control: r = −0.02, p = 0.71).

The RSFC between aMTGr and IFGl/STGl as shown in Figure 3d and Figure 4d was negatively correlated with stuttering severity, however no significant FC was observed between them at each group (PDS: r = −0.00, p = 0.96; controls: r = 0.02, p = 0.74; PDS vs. control: r = −0.02, p = 0.80).

Again, RSFC between FOrbr and MTGr/ITGr was positively correlated with stuttering severity as shown depicted in Figure 3e and Figure 4e (R = −0.89), but there is no significant FC between them at each group (PDS: r = 0.04, p = 0.45; controls: r = 0.17, p = 0.005; PDS vs. control: r = −0.12, p = 0.11).

The RSFC between pPaHCl and IPGl/SPGl as shown in Figure 3f and Figure 4f was positively correlated with stuttering severity (R = 0.90), however no significant FC was observed between them at each group (PDS: r = −0.04, p = 0.33; controls: r = −0.07, p = 0.17; PDS vs. control: r = 0.02, p = 0.73).

Finally, as depicted in Figure 3g and Figure 4g, stuttering severity was negatively correlated with RSFC between left caudate and left middle frontal regions (R = −0.86), however their FC was insignificant in both
groups (PDS: r = 0.06, p = 0.16; controls: r = 0.03, p = 0.43; PDS vs. control: r = 0.03, p = 0.63).

3.3. Effect of spatial smoothing on connectivity patterns

Spatial smoothing is a common preprocessing step usually applied to reduce the amount of noise in fMRI data, increase the signal-to-noise ratio (SNR), as well as compensate for inaccuracies in spatial registration and decrease the inter-subject variability. However, smoothing may induce the undesired signal contamination in brain areas that are close together [28]. As shown in the previous results (Figures 2 and 3), some target clusters may span multiple brain regions across neighboring gyri. This is likely due to the large smoothing kernel where the smoothing was not restricted within each subcortical structure or restricted to grey matter.

Here, to check how spatial smoothing affects the observed differences in brain network connectivity between subject groups, we re-analyzed the data by reducing the smoothing kernel size to 6 mm. Figure 5 shows the results. Decreased connectivity between pSTGl and left occipital pole in the PDS group is the only result in this analysis. As expected, smaller smoothing kernel size, decreased the connection strength between voxels, leading to detection of smaller clusters of voxels connected with the seed. However, some of our previous results (section 3.1) are no more significant.

In practice, for most purposes, it is recommended to select a kernel FWHM size as 2–3 times the functional voxel size, where the larger filters may be useful if the signal to noise ratio is particularly bad, and the activation expected to cover a large area, whilst a narrower filter can be used if the SNR is good enough [29].

4. Discussion

4.1. Deficits of RSFCs in PDS group

The present study investigated RSFC differences between PDS and healthy control participants. Consistent with a previous rsfMRI study on stuttering individuals [2], we found that PDS exhibited decreased RSFCs of the particular regions in the left frontal gyrus relative to control subjects. Our results revealed that several left-sided frontal areas, including FPl and MidFGl, had decreased connectivity with the right precentral/postcentral gyrus.

Left frontal regions are well studied as the main cortical regions mediating lexical access and semantic processing steps in language production [30, 31]. A PET study on the comparison of patients with DS and normal controls showed decreased metabolism in frontal areas such as IFG and FP and Wernicke area in DS patients [32]. Regarding the role of FP in language processing, previous studies suggest the involvement of bilateral FP in narrative processing [33].

MidFG plays a key role in language processing networks. This region is involved in expressive language processing such as semantics, verbal fluency, grammar and syntax, and phonological working memory performances [34]. Since phonological working memory function is essential for the maintenance and manipulation of verbal information such as serial ordering of linguistic information, the relation between phonological working memory and language production is undeniable [35, 36].

The involvement of MidFGl in language processing has been also reported by several neuroimaging studies [37, 38]. Based on previous task-evoked fMRI findings, MidFGl is usually involved across different languages in word reading [39, 40, 41].

The right Rolandic operculum, in the premotor cortex, has been involved in processing sentence intonation in healthy individuals [42] and right STG is involved in processing language prosody in intonation processing. This could explain the altered FC between the FPl/MidFGl and right Rolandic and STG in stuttering subjects. That is, in the PDS group, the altered connectivity between left frontal and right STG and Rolandic operculum could lead a deficit in integrating the processes of language fluency, intonation, and prosody in the process of language production as well as controlling the actual speech movements.

Moreover, our finding indicated the abnormal FC between pSTGl and several brain regions including right limbic lobe, right fusiform, right hippocampal and right cerebellum, as well as MOccil and MTGfl. Altered activation of pSTGl in stuttering related researches has been reported frequently [15, 43, 44]. The pSTGl is involved in phonological lexical processing in both comprehension and production of language [45, 46]. Although language perception appears to involve pSTGl bilaterally, particularly with respect to phonemic information [45, 47].

Since the emotional language was processed through the limbic system, the abnormal decoupling between the pSTGl and right limbic system (hippocampal/para-hippocampal) in stuttering subjects may result in difficulties in the expression of emotion for speech production. Indeed, the role of anxiety which is regulated by the limbic system with stuttering disorder has been previously studied by neuroimaging techniques [48]. Beyond the emotional aspect, the altered FC between the right cerebellum and pSTGl has been evidenced in stuttering people, supporting the view that cerebellum has a high level of motor/cognitive function by coupling with primary language areas such as Wernicke area (a part of STGl). Indeed, the cerebellum plays a crucial role in a wide variety of complex behaviors like speech. There are evidences for the presence of
communication circuits between the cerebellum and a wide range of cortical and subcortical areas, supporting its role in both motor planning and motor coordination in speech production and language perception [49], in verbal working memory, in phonological and semantic verbal fluency, in syntax processing, and in the dynamics of language production [50]. A meta-analysis of neuroimaging researches investigating the cerebellar involvement in motor and cognitive functions provided the support that anterior portions of the cerebellum are part of motor networks, whereas the majority of the posterior regions are associated with cognitive functions [50, 51].

Furthermore, activation in MTG and STG has been reported in response to listening to sentences, as well as speech vs. non-speech stimuli in healthy individuals [52]. These observations emphasize the involvement of these two regions in phonemic and phonological language perception. This can explain a part of the results observed in the present work; decreased FC between the pSTGl and MTGl. The correlation of caudate activity with stuttering severity has been documented in previous studies [53]. Indeed, caudate not only has been involved in the smooth organization of motor actions and speech-related movements, but also implicated in learning, memory, emotion, and language processing [54].

We also found thatutters with less severe symptoms had greater FC between right MTG and several regions in the left cerebrum including IFG, as well as STG. These results imply that although the connectivity of STG with MTG was impaired in the PDS group, a compensatory mechanism induced a greater FC with MTGr. This is in line with results of Braun et al. [55] who studied cerebral activity patterns in individuals who stutter. The authors reported that there are compensatory processes mediated by right hemispheric cerebral regions to attenuate stuttering symptoms.

In a similar way, the connectivity between FOrbr and MTGr was also negatively correlated with stuttering severity. This finding may also be explained by the involvement of MTGr and frontal regions in successful compensatory mechanisms developed in more fluent stutterers.

An increased connectivity between the right cerebellar and left occipital regions in more severe PDS cases was also observed. This increased connectivity could be potentially related to increased demand on higher order cognitive processes in language production, i.e., phonological-semantic (right cerebellum) and lexical code (lingual gyrus of occipital lobe) connections [56].

Interestingly, we observed an increased FC between left frontal and occipital regions in individuals with more stuttering severity. There is compelling evidence on the presence of ‘dorsal and ventral streams’ which may process the phonological and semantic aspects of language, respectively [57]. The ventral pathway involves a fronto-occipital structural connection, which subserves semantic processing. The observed connectivity pattern in the present study can be explained as a compensatory mechanism in more severe cases. That is, while in more severe cases the connectivities related to phonemic and phonological processing are weaker, they demonstrate stronger functional connectivity in regions which mediate semantic processing. However, because this compensatory mechanism is not efficient, their language production performance does not improve.

There is very limited data regarding the positive correlation of stuttering severity with FC between pPaHCl and IPGl/SPGl which we observed in our results. Our results may support the role of parietal cortex in processing somatosensory feedback during speech production [58]. This result may suggest the contribution of these regions in the control of Figure 3. Correlation between RSFCs within brain regions and severity of stuttering. Thresholds are Voxelwise $p < 0.001$ uncorrected, cluster $p < 3.76 \times 10^{-6}$ FDR corrected. (a)-(b) Correlation maps generated based on Cerebellum right seeds (Cereb1r, Cereb7r). (c) Correlation maps generated based on the MidFGl seed. (d) Correlation maps generated based on the aMTGr seed. (e) Correlation maps generated based on the FOrbr seed. (f) Correlation maps generated based on the pPaHCl seed. (g) Correlation maps generated based on the left Caudate (Caudatel) seed.
Table 4. Correlation between RSFCs within brain regions and severity of stuttering.

| Seed ROI                      | Source Centre (x, y, z) | Target Region (x, y, z) | BA | Cor. Effect Size (Z) | T-value | Voxel-level | Cluster-level (FDR) | Cluster size (number of voxels) |
|-------------------------------|-------------------------|-------------------------|----|----------------------|---------|-------------|---------------------|---------------------------------|
| atlas.Cereb1r (Cerebelum Crus1 Right) | (38, –67, –30)          | Occipital_Sup_L (aal), Left Parietal Lobe, Cuneus_L (aal) | (–22, –74, 36) | 19, 7, 18 | + | 0.91 (0.74) | 8.14 | 0.3 × 10^5 | 7.3 × 10^5 | 370 |
| atlas.Cereb7r (Cerebelum 7b Right) | (33, –63, –48)          | Occipital_Sup_L (aal), Left Precuneus, Sub-Gyrnal, Cuneus_L (aal), Occipital_Sup_L (aal), Left Precuneus, | (–8, –88, 40) | 19, 18, 31 | + | 0.89 (0.72) | 7.19 | 0.0 × 10^5 | 0.0 × 10^5 | 860 |
| atlas.MidFGr (Middle Frontal Gyrus Left) | (–38, 18, 42)           | Cuneus_L (aal), Occipital_Sup_L (aal), Left Precuneus, | (–54, 16, –12) | 47, 38 | - | –0.90 (–0.73) | –7.27 | 0.2 × 10^5 | 4.7 × 10^5 | 453 |
| atlas.aMTGr (Middle Temporal Gyrus, anterior division Right) | (58, –2, –25)           | Left Inferior Frontal Gyrus, Frontal_Inf_Orb_L (aal), Left Superior Temporal Gyrus, Temporal_Pole_Sup_L (aal) | (–54, 16, –12) | 47, 38 | - | –0.90 (–0.73) | –7.27 | 0.2 × 10^5 | 4.7 × 10^5 | 453 |
| atlas.FOrbr (Frontal Orbital Cortex Right) | (29, 23, –16)           | Temporal_Mid_R (aal), Temporal_Pole_Mid_R (aal), Temporal_Inf_R (aal) | (48, 6, –26) | 21 | - | –0.89 (–0.73) | –7.30 | 0.4 × 10^5 | 6.5 × 10^5 | 435 |
| atlas.pPaHCl (Parahippocampal Gyrus, posterior division Left) | (–22, –32, –17)         | Parietal_Inf_L (aal), Parietal_Sup_L (aal) | (–38, –52, 62) | 40, 7 | + | 0.90 (0.73) | 7.34 | 0.2 × 10^5 | 2.4 × 10^5 | 370 |
| atlas.Caudate l (–13, 9, 10) | Frontal_Mid_L (aal)    | (–32, 14, 46) | 6, 8 | - | –0.86 (–0.71) | –6.12 | 2.1 × 10^5 | 3.73 × 10^4 | 323 |

The center of the maximum pixel values at target clusters are expressed based on the MNI coordinates. Voxel-wise p < 0.001 uncorrected, cluster p < 3.76 × 10^-4 FDR corrected, |T| > 3.85.

Abbreviations: L = left; R = right; BA = Brodmann’s area, Cor = Correlation sign, Z = Fisher transformed correlation.
cortical/subcortical regions may enable the most successful compensatory mechanisms of the brain to overcome or alleviate the stuttering symptoms.

4.3. Comparison to previous works

In the end, for ease of comparing the results of this study with previous similar works, we provided the important details of rsfMRI researches on stuttering (both adults and children) including methodology, number of subjects, and main finding in Table 5.

Briefly, part of our results extends previous findings in the literature, while our results supported the contribution of pSTGl in stuttering disorder fall in line with those from previous studies [2]. However, our other interesting findings related to altered FC between the FPI/MidFGl and motor areas have less support in the literature.

5. Conclusion

This study investigated the functional connectivity in Persian-speaking adults with PDS disorder compared to control group. Our findings reflect the abnormalities which affect language planning and motor execution for fluent speaking, as well as the compensatory mechanisms of the brain to overcome or alleviate the stuttering symptoms.

In this study, we showed that the altered functional connectivity between the FPI/MidFGl and motor areas, as well as between STGl and several brain regions including the right limbic lobe (hippocampal/para-hippocampal) and right cerebellum in stuttering subjects are the neurological underling impairments regarding speech disfluency.

Additionally, stronger functional connections between MidFGl and left caudate, as well as between MTGrs and language areas in the left cerebrum (Broca's and Wernicke's area), with decreased stuttering symptom severity in PDS, suggest that impaired function of these cortical/subcortical regions may enable the most successful compensation for stuttering symptoms.

6. Limitations of the study

It should be noted that for fMRI-based RSFC analysis, the scanner's sound (audio noise) may lead to changes in brain activation, especially for stuttering patients. Although the participants were interviewed after scanning to ensure that there were no changes in their psychological

Table 5. rsfMRI studies of stuttering.

| Study | Method          | Statistical analysis | Sample (mean age) | Main finding                                                                 |
|-------|-----------------|----------------------|-------------------|-------------------------------------------------------------------------------|
| [10]  | ICA based RSFC  | P < 0.05, corrected  | 13 controls (24)  | RSFC was decreased in the cerebellum after therapy to the level of fluent controls. |
|       | before and after speech therapy. | by Monte Carlo simulation, individual voxel p < 0.001, cluster volume > 327 mm³. | |  |
| [2]   | ROI-based RSFC  | P < 0.05, corrected  | 46 controls (25.2) | Reduced FC between the posterior language reception area and anterior brain regions related to initiation of speech motor, but increased FC within anterior/posterior speech associated regions in the PDS group |
|       | by family-wise error (FWE) and cluster size > 35 voxels. | |  |
| [5]   | Seed-voxel based RSFC | voxel-wise p < 0.005 uncorrected with cluster size > 64 voxels corresponding to p < 0.03 whole brain corrected using Monte Carlo simulation. | 18 control (24.7) 16 PDS (26.3) | Decreased connectivity between the basal ganglia and right SMA, as well as bilateral STG, but increased connectivity between the cerebellum and right IFG in the PDS group |
|       |                  |                      | 29 control (6.4) 27 stuttering children (6.4) | |  |
| [15]  | Seed-voxel based RSFC | voxel-based p < 0.005 was corrected to be an equivalent whole-brain p < 0.032 | 15 controls (25.7) 15 PDS (27.9) | Increased FC between cerebellum and thalamus, but decreased FC within the perisylvian auditory, motor, and speech planning regions in the PDS group |
|       |                  |                      | 19 control (24.5) 20 PDS (25.5) | |  |
| [53]  | ROI-based RSFC  | uncorrected threshold of p < 0.033 | 19 control (24.5) 20 PDS (25.5) | Increased FC between the cerebellum and thalamus, but decreased FC within the perisylvian auditory, motor, and speech planning regions in the PDS group |
|       |                  |                      | 15 controls (25.7) 15 PDS (27.9) | |  |
states, previous work demonstrated problematic effects of scanner's sound in the study of the auditory pathway and language [59]. Therefore, in such fMRI studies, it is recommended to use MRI sequences that are as silent as possible (to reduce the participant's anxiety or stress and diminish anxiety-related brain activation) and also minimize the scanning time as much as possible.

Another limitation of the present study is the number of participants. Although several fMRI studies with relatively similar samples have been widely published in the literature, it is notable that the small sample size may lead to higher variability in the data and in turn may cause limited reliability.

In addition, an analytical limitation of this study is that the FC analysis has been performed on volumetric data and displayed on the surface of the brain, in which the volumetric smoothing may induce the signal contamination in brain areas that are close together in the folded cortex. Theoretically, the surface-based smoothing on the unfolded cortex should enhance the ability to separate the signals between brain regions that are close together in the folded cortex but are more distant in the unfolded cortex [28]. Therefore, the surface-based analysis of the data may overcome this issue and improve the validity of activity and connectivity results.

Declarations

Author contribution statement
Seyedehsamaneh Shojaeilangari: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper. Narges Radman: Conceived and designed the experiments; Analyzed and interpreted the data; Wrote the paper. Mohammad Ehsan Taghizadeh, Hamid Soltanian-Zadeh: Conceived and designed the experiments; Wrote the paper.

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Data availability statement
Part of their longitudinal study for stuttering disorder, we are working on this data for future publication as well.

Declaration of interests statement
The authors declare no conflict of interest.

Additional information
No additional information is available for this paper.

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