Heat-related Mortality as an Indicator of Population Vulnerability in a Mid-sized Central European City (Novi Sad, Serbia, summer 2015)

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Abstract
Hot summers with several intensive heat waves lead to strong heat-related mortality in Central and Southeast European cities. Therefore, the aim of the study was to evaluate association between maximum temperature and mortality during the summer period in 2015 and to contribute to the future long-term assessment of heat-related mortality in urban population. The daily number of deaths of all causes and cause-specific mortality for the population of Novi Sad were used, as well as hourly air temperature data from the Novi Sad urban network (NSUNET) system. Four heat waves were detected using the Huth and Kysely methods. Three heat wave periods lasted longer than ten days. In July and August, 45% of days had a maximum temperature above 30 °C, and more than 70% of days had a maximum temperature above 25 °C. The average number of deaths was higher during the heat wave days. Significant association was found between Tmax and all-cause, cardiorespiratory, non-cardiorespiratory in total population, all-cause and cardiorespiratory mortality in the age group 65 and over. This study demonstrates a high magnitude of relation between mortality and temperature. Finally, the results show that population in urban areas is highly vulnerable during heat waves.

Keywords: Mortality; heat waves; high temperature; urban population; Serbia

Introduction
It is widely recognized that extreme climatic conditions during summer months may constitute a major public health threat (Conti et al., 2005), can influence outdoor thermal conditions (Lehnert et al. 2018, Ongoma et al. 2016), mortality (Arsenović et al. 2019) and increase risk from heat hazards, particularly in urban areas. The association between mortality and various meteorological conditions has been studied across many scientific disciplines (Basu & Samet, 2002), such as medicine, ecology, demography and various disciplines of geography. During the 20th century, global climate changes sparked research about the influence of climate on mortality and most frequently, the major issue of interest was air pollution- and air temperature-related mortality (Kinney et al., 2008). The seasonality of mortality has been of interest for a long time and it has been associated with the effects of both heat and cold spells (Yi & Chan, 2015; McMichael et al., 2008; Pattenden et al., 2003). Usually J-, V-, or U-shaped association has been detect-
ed in cases of increased mortality due to cold and hot temperatures and the minimum mortality occurring at various points, depending on latitude (Analisis et al., 2008). There is no universal definition of a heat wave, but it is well documented that extreme events, particularly those associated with hot temperatures lead to notable impact on human mortality (Koppe et al., 2004; Meehl & Tebaldi, 2004). Two most pronounced heat hazards are the Chicago heatwave in 1995 and 2003 heatwave in Paris (Klinenberg, 2015; Keller, 2015). In July 1995 Chicago was affected with strong heat wave (Klinenberg, 2015) which had harvesting impact on population and substantial effect on all-cause and specific-cause mortality. During 5 days this heat hazard took between 500 and 600 victims (Klinenberg, 2015; Jedlovec et al., 2017) and according to Klinenberg (2015) the risk of death during the heat wave, in all age groups, was higher among African Americans, and compared between gender, men were more vulnerable group then women. In the summer of 2003, much of Europe was affected by a very intensive heat wave, especially France, Germany, Italy, Switzerland and Portugal (Stott et al., 2004; Black et al., 2004). Despite claiming an estimated 70,000 lost lives all around Europe (Keller, 2015), France was the European country most affected by the heat wave with an estimated excess mortality of 54% (Le Terre et al., 2006). Intense heat disaster of summer 2003 in France caused about 15,000 victims (Keller, 2015).

Human mortality is used as an indicator of human health in general (in medical studies) but also as indicator of vulnerability (in environmental studies) and in most of them a strong increase of mortality during heat waves is found (Kinney et al., 2008; Mutthers et al., 2010). A similar to France, devastated effect was recorded in Italy, particularly among the elderly, especially people aged 75 and older (Conti et al., 2005). Baccini et al. (2008) studied heat effects on mortality in 15 European cities, indicating that the relationship between the maximum apparent temperature and log mortality rate was V- or J-shaped for most cities. Similarly, record-breaking temperatures were recorded in the summer of 2010 in Eastern Europe, particularly during July and August in central-western Russia (Barriopedro et al., 2011). The results presented by Barriopedro et al. (2011) show that events registered in summer 2010 had even more adverse effects than those in 2003.

During the summer of 2003, Serbia was less affected by heat waves than other countries, while in 2007, as well as in 2015, heat events resulted in a harvesting effect in major urban centres. The studies related with urban heat island effects suggest strong evidences that due to the heat island effect, population in cities is more vulnerable than in rural areas. Recent research (Gasparrini et al., 2015) suggests that air temperature is an important risk factor. Furthermore, studies related to the influence of summer heat waves on population reveal an increasing trend in cardiovascular mortality (McMichael et al., 2006; Cheng & Su, 2010). Evidence about heat waves during summer months is important for population health, particularly concerning the urban heat island effect, which elevates heat stress several hours after sunset (Matzarakis et al., 2009). According to our findings, heat waves and their impact on mortality and public health in Serbia have so far been investigated for the long period (Djurdjev et al., 2012), and for the summer of 2007 (Stanojević et al., 2014; Bogdanović et al., 2013), for the urban area of Belgrade, the capital city of Serbia.

Doussset et al. (2011) have observed an increased frequency, intensity and duration of heat waves around Europe during the past decades. The Fifth Assessment of International Panel for Climate Change Report (2013) has shown that the increase in the maximum temperature and the number of hot days in the past decades are part of a global trend, which will probably lead to more frequent and intense heat waves in the future. According to studies dealing with heat wave events, the summer of 2015 was characterized by a record-high heat intensity in Central and Eastern Europe (Hoy et al., 2017; Lhotka et al., 2017), as shown by the studies of Russo et al. (2015) and Dong et al. (2016), who categorized 2015 heat events among the most severe since 1950.

In order to strengthen and improve the understanding of the associated health effects of heat waves, further evidence is needed. Accordingly, this study presents the results of daily temperature-related mortality in the urban population of Novi Sad (Serbia) in the summer of 2015. The aim of the study, focusing on the restricted summer period (June–August), was to evaluate association between maximum temperature and mortality, and to contribute to: (1) better understanding heat hazards as health risk; (2) future long-term assessment of heat-related mortality in urban population and help mitigate the current trend.
Materials and methodology

Study area

Novi Sad is the second largest city in Serbia and it is located in the northern part of the country (Fig. 1). With a built-up area of 102 km² Novi Sad is located in a plain between 76 and 80 m a.s.l (Savić et al., 2016). The Novi Sad City (Novi Sad and smaller settlements in its vicinity) had about 380,000 inhabitants in 2015, according to the population register. The urban area of Novi Sad (investigated in this study) had approximately 300,000 inhabitants (Fig. 2).

The southern part of Novi Sad is situated on the northern slopes of the low mountain of Fruška Gora, while the Danube River flows through the southern and southeastern edges of the city (Savić et al., 2013). Using the Köppen-Geiger classification system (Kottek et al., 2006), the Novi Sad region is classified in the Cfb climate category with a temperate warm climate and fully humid and warm summers. The mean monthly temperature varies from -0.4 °C in January to 21.7 °C in July (Savić et al., 2016). From the 2003 in Serbia, as well as in the whole Europe, the heat waves start to appear more frequently, mostly during the summers. One of the most intensive heat wave above Novi Sad appears during the July 2007, with absolute maximum temperature of 41.6 °C. After that, particularly in years 2012, 2015, 2017 the multile number of intensive heat wave appear in Novi Sad. The downtown

![Figure 1. Location of Novi Sad urban area in Serbia and Europe](image1.png)

![Figure 2. Urban area of Novi Sad with 25 used measurement stations and delineated different urbanization types/Local Climate Zones based on Stewart & Oke (2012) classification system](image2.png)
area is densely built with mid-rise building blocks, while low-rise residential buildings prevail in suburban areas. Warehousing and industrial zones are located in the northern part of the city (Savić et al., 2013).

**Mortality data**
The daily counts of deaths for Novi Sad’s urban area were taken from the database of the Institute for Public Health of the Vojvodina Province and were analyzed for all causes and cause-specific mortality due to circulatory and respiratory diseases. In circulatory causes of death, the following major categories were particularly considered: hypertensive diseases, ischaemic hearth diseases, cerebrovascular diseases and other forms of heart diseases. In the population of Novi Sad, respiratory diseases had small counts but they were very important causes of death when accompanied with temperature oscillation. In this paper, they were analyzed along with the major categories of circulatory mortality (as cardiorespiratory – CVD+R). The mortality data was classified according to the International Statistical Classification of Diseases and Related Health Problems (10th Revision).

The analysis was carried out for the total population, as well as for the old population (65 and over), as one of the most vulnerable group. The evaluation of heat-related mortality by gender was excluded due to the small population sample and the limited period.

During the three summer months of 2015, 565 deaths were recorded in the urban area of Novi Sad. Six cases were excluded from the analysis, due to incomplete data, and the final analysis was performed on 559 deaths. Only the permanent residents of the city who died in Novi Sad were included in the analysis.

**Climate data**
The high spatiotemporal resolution of temperature data ($T_a$) was obtained from the Novi Sad urban network (NSUNET) system. $T_a$ values for the summer of 2015 were obtained as averaged hourly data from 25 measurement stations located in the urban area of Novi Sad (Fig. 2). Stations had fully calibrated temperature sensors with an accuracy of ±0.3 °C manufactured by the General Electric Measurement & Control Company (Šećerov et al., 2015). Hourly $T_a$ was used in the analysis. The time of the measurement was converted to the local standard time in Novi Sad (i.e. Central European Time – CET). The final $T_a$ database contained 55200 measurements. Since there was only a small amount of missing data (0.1%), there was no significant bias in the final results.

In the further analysis, the focus was on the days with extreme $T_a$ values. Accordingly, the methodology that showed good results in defining heat wave days in other Central European cities (Huth et al., 2000; Kyseley, 2002; Hutter et al., 2007) was also used in our study. The criteria defined the heat wave as a continuous period during which: a) daily maximum temperature ($T_{max}$) reached at least 30 °C in at least three days, b) mean $T_{max}$ over the whole period reached at least 30 °C and c) $T_{max}$ was not lower than 25 °C (Huth et al., 2000; Kyseley, 2002).

**Methods**
To eliminate the random variability effect from the number of deaths, as well as the influence of errors due to the time of death reporting, the 3-day accumulated mortality was used. Crude death rate is one of the most common use for mortality research, which represent the number of recorded death per 1,000 mid-year total population. Still, in daily investigation of number of death, main limitation is account for total number of population, due to the fact that number of inhabitants are available as mid-year population. In order to eliminate errors in results, measures are conducted using

| Cause of death                          | ICD-10       | Total number of death | Number of death in population 65 and over |
|----------------------------------------|--------------|-----------------------|------------------------------------------|
| All causes                              | I00-I99      | 273                   | 246                                      |
| Diseases of the circulatory system      | I10-I15      | 75                    | 70                                       |
| Hypertensive diseases                   | I20-I25      | 58                    | 50                                       |
| Ischaemic hearth diseases               | I30-I52      | 93                    | 83                                       |
| Other forms of heart disease            | I60-I69      | 40                    | 37                                       |
| Cerebrovascular diseases                | I00-I02, I05-I09, I26-I29, I70-I79, I80-I89 | 7 | 6 |
| All other diseases of circulatory system| J00-J99      | 33                    | 28                                       |
| Neoplasms                              | C00-D48      | 148                   | 100                                      |
| All other causes                        | -            | 105                   | 79                                       |
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Results

Maximum temperature analysis and determining heat wave days
According to $T_a$ measurements, the summer of 2015 was characterized by very intensive heat wave periods. Fig. 3 shows the average daily $T_{\text{max}}$ during the whole summer period in 2015. The results presented in Fig. 3 were obtained by average calculations using daily maximum values from all 25 stations located in the urban area of Novi Sad. The curve shows four intensive heat wave periods that meet the defined criteria. The first heat wave period started on June $4^{\text{th}}$ with the average $T_{\text{max}}$ of 31.9 °C and lasted for more than ten days. On July $4^{\text{th}}$ (average $T_{\text{max}}$ of 31.8 °C) started the second heat wave period that lasted 4 days, while on July $17^{\text{th}}$ started a 14-day intensive heat wave period with an average $T_{\text{max}}$ ranging from 27.0 °C (July $30^{\text{th}}$) and 37.9 °C (July $23^{\text{th}}$). The last intensive heat wave occurred between August $6^{\text{th}}$ and August $19^{\text{th}}$ with an average $T_{\text{max}}$ between 25.1 °C (August $17^{\text{th}}$) and 37.6 °C (August $13^{\text{th}}$) (Fig. 3; Table 2).

The contribution of $T_{\text{max}}$ days in July and August with more than 30.0 °C was 45.2%, while in June it was 20.0% (Fig. 4a). The reasons were very intensive heat wave periods in July and August that lasted longer than ten days. A long heat wave period (13 days) was registered in June; yet, it was less intensive than the other two months. A similar situation is shown in Fig. 4b with the contribution of $T_{\text{max}}$ days with more than 25.0 °C. The maximum value was recorded in July, with 87.1%, followed by August with 74.2% and June with 46.6% of $T_{\text{max}}$ days with more than 25.0 °C.

Table 2. Number of continuous heat wave days in the summer of 2015 (according to the defined criteria by Huth et al., 2000 and Kysely, 2002)

| Date   | June $4^{\text{th}}$ | July $4^{\text{th}}$ | July $17^{\text{th}}$ | August $6^{\text{th}}$ |
|--------|-----------------------|----------------------|------------------------|-------------------------|
| Heat wave days | 13 | 4 | 4 | 14 |

Figure 3. Average daily $T_{\text{max}}$ for the summer of 2015 in Novi Sad’s urban area

Figure 4. Days (in %) with $T_{\text{max}}$

A) above/below 30 °C and B) above/below 25 °C for the summer of 2015 in Novi Sad’s urban area
Temperature-related mortality

The analysis of mortality fluctuations due to temperature changes was performed using $T_{\text{max}}$, all-cause and specific-cause mortality accumulated in 72 h (3 days). The average daily number of deaths in three months period was about 6. However, it may be observed in Table 3 that the average mortality was higher during the heat wave days. The intensity of heat-related mortality effects depended on the cause of death and age group. Fig. 5 reveals that higher $T_{\text{max}}$ values were followed by increased mortality counts and significant levels were registered for all-cause mortality ($b=0.309518; r=0.3466, p=0.0008$), cardiorespiratory mortality ($b=0.173888; r=0.2474, p=0.0187$) and non-cardiorespiratory mortality ($b=0.13563; r=0.2572, p=0.0144$).

The old population (65 and over) contributed with more than 80% to the total mortality counts. Due to this, separate analyses for this age group were carried out. A positive, significant temperature–mortality association was found for the old population ($b=0.23332; r=0.2897, p=0.0056$), particularly for those who died from cardiovasculary or respiratory disease. The association between cardiorespiratory mortality and $T_{\text{max}}$ was significant ($b=0.173888; r=0.2474, p=0.0187$).

### Table 3. Average number of deaths (3-day accumulated mortality) during heat wave days and in other days

|                        | Heat wave days (SD)* | Other days (SD) | P       |
|------------------------|----------------------|-----------------|---------|
| All-cause mortality    | 19.997 (3.772)       | 17.000 (4.585)  | 0.0025  |
| CVD++R mortality       | 11.156 (2.841)       | 8.911 (3.791)   | 0.0046  |
| Non-CVD++R mortality   | 8.813 (2.596)        | 8.089 (2.692)   | 0.2228  |
| All-cause mortality (≥65+) | 15.844 (3.342)   | 13.554 (4.058)  | 0.0082  |
| CVD++R mortality (≥65+) | 10.219 (2.733)      | 7.661 (3.538)   | 0.0007  |
| Non-CVD++R mortality (≥65+) | 5.625 (2.012)     | 5.893 (2.325)   | 0.5871  |

Figure 5. Association between accumulated 3-day mortality with $T_{\text{max}}$ (maximum temperature in °C) for the summer of 2015 in Novi Sad. The blue line represents the fitted linear regression, while the red lines illustrate the confidence interval (with 95%).
The increase in mortality during heat waves and a significant relation between $T_{\text{max}}$ and mortality in all population and population aged 65 and over in Novi Sad was observed. The results suggest that population in cities is the most vulnerable during heat wave events (McMichael et al., 2006; Matzarakis et al., 2009) and they compare well with the results from other European (Miron et al., 2015; Matzarakis et al., 2011; Michelozzi et al., 2006; Kysely, 2004) and non-European (Tong et al., 2014; Bustinza et al., 2013; Medina-Ramon & Schwaertz, 2007) studies dealing with temperature–mortality issues. Therefore, heat waves have raised a growing interest in the research of climate change, urban environment, sustainable urbanization plans, public health and heat-related population fatalities (Hatvani-Kovacs et al., 2016).

The highest correlation with temperature was detected in all-cause mortality, then all-cause mortality of the population aged 65 and over, and cardiorespiratory mortality in the old population. It is well known that temperature changes and heat events are shaping the patterns of cardiorespiratory mortality. In the early 1990s, a study conducted by Kalkstein (1993) showed that deaths directly related to heat could occur as a result of cardiovascular, cerebrovascular or respiratory breakdowns. Similar findings were presented in other studies reporting heat-related cardiorespiratory mortality (Lubczynska et al., 2015; Goldberg et al., 2011; Basu et al., 2005). Extreme temperatures could play an important role as a trigger for cardiovascular events due to changes in blood pressure, blood cholesterol or heart rate (Sun, 2010; Wolf et al., 2009).

In Novi Sad, more than half of all-cause mortality occurred in the old population with leading causes of death being cardiorespiratory diseases (about 60%). About 90% of the total cardiorespiratory mortality counts were contributed by the old population. These results suggest that heat-related mortality in the old population significantly drive a shift of heat-related all-cause mortality. Our findings are in line with other studies, suggesting that the old population is one of the most vulnerable groups affected by heat events and other temperature oscillations and extremes (Gabriel & Endlicher, 2011; Schwartz, 2005; Diaz et al., 2002). The entire population is at health risk caused by heat waves, though studies suggest a higher risk among elderly people, socially isolated ones, those living alone, with no working air conditioning and those in top-floor apartments (Kovats & Kristie, 2006).

No association was found between temperature and non-cardiorespiratory mortality in the old population due to the fact that neoplasms (C00-D48) were the most frequent diseases in this category (about 56%) and that these diseases were less affected by heat events. Moreover, recent research suggests that there is no association between the amplitude of cancer mortality and the latitude, implying that different environmental factors, e.g. temperature, do not influence cancer mortality (Marti-Soler et al., 2014). While victims of heat events in Chicago (1995) and Paris (2003) were mostly characterized as poorest and most isolated population, abandoned and unnoticed by their neighbors (Klinenberg, 2015; Keller, 2015), inhabitants who died during the 2015 heatwave in Novi Sad were citizens lived in most urbanized areas with easy access to emergency services and health care. Majority of population in Serbia hold health insurance, for all permanent residents without health insurance, according to Serbian legislations, health insurance is covered by state budget. Concerning to this, as two key factors inducing heat hazards in cities could be identified: land use in the urban environment and local demographic (Jedlovec et al., 2017).

During the past two decades, Novi Sad has been exposed to intensive urbanization. From a demographic point of view, it is characterized by a progressive process of population ageing. The median age in Novi Sad is about 40 years (in 2011), and the share of the old population (65 and over) is about 14.2%, while the percentage of the young population (0–14) is 14.8%. As a consequence of fertility decline and an increased life expectancy, the share of the old population is expected to rise up to 28% by the mid-21st century. Moreover, due to an increasing life expectancy, the oldest-old population (80 years and over) is a fast-growing age group. According to the data provided by the Statistical Office of Serbia, at the national level, the population aged 80 and over will be more than doubled by the mid-21st century. The demographic profile of the oldest-old population in Novi Sad is similar to the corresponding national demographic profile. In 2011, the share of the oldest-old population in Novi Sad was about 2.8%. Until the middle of this century, it is expected to rise up to 7.8% (Arsenović & Đurđev, 2012). More than one-half of people who died in Novi Sad in
The study confirmed significant relation between mortality and heat wave in urban population of Novi Sad, due to all cause and cardiorespiratory mortality. These results fit in context of recent research in Central Europe, improving, that old population (65 and over) as well population with cardiovascular and respiratory diseases are in high-risk group due to heat events.

The strengths of this study are a small mortality data used for the analysis and Ta measurement data from 25 stations in Novi Sad’s urban area. Furthermore, an analysis relying on such a small sample makes it impossible to mitigate the random behaviour of mortality data and cover the missing counts. However, the NSUNET system, with one of the highest spatiotemporal frequencies of $T_a$ monitoring in urban areas in Central and Southeast Europe, helped capture urban climate processes and heat-related mortality more efficiently. The main advantage of the temperature da-
tabase was that it did not rely on the standard monitoring from meteorological stations outside the city, but measurements were taken at stations located in different built-up areas in the urban area of Novi Sad. Therefore, it provided precise temperature signals that affected population living and working inside the urban area.

Some of the limitation of this paper should be pointed out. The main limitation in this research was the restricted period; therefore, the excess death could not be calculated. Socio-economic (e.g. education, occupation, income, housing, etc.) and some demographic characteristics (e.g. gender, marriage, etc.) recognized as risk factors that determine vulnerability to both hot and cold weather were also excluded from the analysis. This study has confirmed a high magnitude of association between mortality and temperature, and its results support research results from studies conducted in other cities in Europe, demonstrating that population in urban areas is highly vulnerable during heat wave periods. The results related to mortality trends under high temperature and during hot periods in summer are important for health risk assessments under climate change. As far as climate projections are concerned, the results of this study can contribute to future public health intervention through mitigation strategies and policies of heat-related mortality in Central Europe.

The main benefit of this study will be reflected not only in public health in Novi Sad and Serbian cities but also in other cities in Central Europe. The benefit of the presented methodology and results is that it can be applied in urban areas with different climates and topography, as well as sizes, levels of development and population densities.

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