**GDIT Gambling Disorder Identification Test**

Here are a few questions on gambling. We thank you for responding as correctly and honestly as possible by indicating the response that is right for you.

| Question                                                                 | Man      | Woman    | Other alternative | Age | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |
|--------------------------------------------------------------------------|----------|----------|-------------------|-----|-------|------------------------|---------|--------|-----------------------|
| 1. How often do you gamble?                                              | Never    | Monthly  | 2-3 times a week  | Daily |       |                        |         |        |                        |
|                                                                          |          | or less | 4 or more times a week |    |       |                        |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 2. How much time do you spend gambling on a typical day?                 | No time  | Less than an hour | 3-4 hours | 7-9 hours | 10-24 hours |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 3. How much time do you spend thinking about gambling on a typical day?  | No time  | Less than an hour | 3-4 hours | 7-9 hours | 10-24 hours |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 4. How often have you tried to control, cut down or stop your gambling, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 5. How often have you gambled to win back money you lost on gambling, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 6. How often, in the past 12 months, have you gambled more than you planned (more occasions, longer time or larger sums)? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 7. How often have you lied to others about your gambling, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 8. How often have you borrowed money or sold something to obtain money for gambling, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 9. How often have you gambled as a way of escaping problems or relieving negative feelings, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 10. How often have you gambled with larger sums to get the same feeling of excitement as before, in the past 12 months? | Never | Less often than monthly | Monthly | Weekly | Daily or almost daily |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 11. Have you or anyone close to you experienced financial problems due to your gambling? | No       | Yes, but not in the past year | Yes, in the past year |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 12. Has your gambling worsened your mental health?                       | No       | Yes, but not in the past year | Yes, in the past year |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 13. Have you experienced serious problems in any important relationship because of your gambling? | No       | Yes, but not in the past year | Yes, in the past year |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |
| 14. Have you experienced serious problems at work or in school because of your gambling? | No       | Yes, but not in the past year | Yes, in the past year |                                           |         |        |                        |
|                                                                          |          |         | Daily              |      |       |                        |         |        |                        |