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A Precessing Ferromagnetic Needle Magnetometer

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A ferromagnetic needle is predicted to precess about the magnetic field axis at a Larmor frequency Ω when $I\Omega \ll N\hbar$, where $I$ is the moment of inertia of the needle about the precession axis and $N$ is the number of polarized spins in the needle. In this regime the needle behaves as a gyroscope with spin $N\hbar$ maintained along the easy axis of the needle by the crystalline and shape anisotropy. A precessing ferromagnetic needle is a correlated system of $N$ spins which can be used to measure magnetic fields for long times. In principle, the sensitivity of a precessing needle magnetometer can far surpass that of magnetometers based on spin precession of atoms in the gas phase. The phenomenon of ferromagnetic needle precession may be of particular interest for precision measurements testing fundamental physics.

For an ensemble of $N$ independent particles prepared in a coherent superposition of quantum states, the standard quantum limit (SQL) on the precision of a measurement of the phase $\phi$ is given by [1]

$$\Delta \phi \approx \sqrt{\frac{\Gamma_{rel} t}{N}}$$

(1)

after time $t \gg 1/\Gamma_{rel}$, where $\Gamma_{rel}$ is the relaxation rate of the coherence. Equation (1) represents a random walk in phase with step size $1/\sqrt{N}$ consisting of $\Gamma_{rel} t$ steps. In cases where the goal is to measure a frequency $\Omega = \phi/t$, there is an analogous SQL on the precision of a frequency measurement,

$$\Delta \Omega \approx \sqrt{\frac{\Gamma_{rel}}{Nt}}$$

(2)

For a measurement subject to the SQL, the minimum possible measurement uncertainty is obtained when $\Gamma_{rel}$ is made as small as possible. In the limit where $\Gamma_{rel} \rightarrow 0$, the precision becomes constrained by the duration of the measurement, so in Eqs. (1) and (2), $\Gamma_{rel}$ is replaced by $1/t$.

However, if the particles’ time evolution is correlated, the SQL can be circumvented for times shorter than the coherence time $(1/\Gamma_{rel})$ [2,4]. Extensive experimental efforts involving quantum entanglement, squeezed states, and quantum nondemolition (QND) measurement strategies have been made to take advantage of this potential improvement in measurement sensitivity [2–4]. In this Letter we draw attention to a system which can, in principle, surpass the SQL on measurement of spin precession in a different way: by rapid averaging of quantum uncertainty.

In particular, we consider the measurement of magnetic fields. The most precise magnetic field measurements are based on the techniques of optical atomic magnetometry [9,10]: $N$ atomic spins are optically polarized and their precession in a magnetic field $B$ is measured using optical rotation of probe light [11]. Depending on its magnitude, the value of $B$ is either extracted from the measurement of the Larmor frequency $\Omega = g\mu_B B/\hbar$ or the accrued spin precession angle $\phi = \Omega t$ if $\phi \ll 1$ during the measurement time $t$ ($g$ is the Landé g-factor and $\mu_B$ is the Bohr magneton). Optical atomic magnetometers with paramagnetic atoms have achieved sensitivities $\delta B \approx 10^{-12} \text{ G}/\sqrt{\text{Hz}}$ [12–13], close to the SQL of $\delta B \approx 10^{-13} \text{ G}/\sqrt{\text{Hz}}$ [14–16].

Remarkably, there is a system that can be used for magnetometry that, in principle, can surpass the SQL on measurement of spin precession: a single-domain ferromagnetic particle, for example in the shape of a needle. In fact, such a device is reminiscent of the very first magnetometer developed by Gauss in the 1830s – the “Unifilarmagnetometer” – a ferromagnetic needle suspended from a gold fiber [17]. A new class of ferromagnetic-needle magnetometers is possible based on the observation that for sufficiently small torques a magnetic needle will precess about the field axis at the Larmor frequency instead of orienting itself along the field direction (or oscillating about the field direction in the case of an underdamped system). These two regimes of behavior can be understood in analogy with the behavior of a gyroscope in a gravitational field: as long as the angular momentum along the spin axis is sufficiently large, the gyroscope precesses about the direction of the gravitational field; if the angular momentum along the spin axis dips below a threshold value, the gyroscope tips over. The latter tipping behavior is analogous to the usual behavior of a ferromagnetic needle in a magnetic field (e.g., a compass needle and the concept of Gauss’s Unifilar magnetometer), while the former behavior is analogous to the precession of an isolated atomic spin in a magnetic field. In the case of the ferromagnetic needle magnetometer proposed here, it is the collective intrinsic spin of the
The mechanical orbital angular momentum noise from the motion of domain walls \[22\]. Furthermore, unlike in the case of a ferromagnet with multiple domains, in this case there is no magnetization of the needle due to its precession, \[\Omega\] \approx 100 \text{ s}^{-1} and \(B^* \approx 10^{-5} \text{ G}\) (with \(g \approx 1\) for cobalt), a field value that can be achieved in the laboratory with appropriate shielding \[10\]. Depending on the application, different needle dimensions can be considered: for smaller needles the field requirements are relaxed since \(B^*\) increases, but at the cost of sensitivity as discussed below. The aspect ratio of the needle can also be optimized for the best magnetometer performance, with the caveat that depending on the aspect ratio the needle may transition into multi-domain behavior \[14, 20\].

The dynamical process through which the intrinsic spin is coupled to the mechanical motion of the needle is described by the Landau-Lifshitz-Gilbert equation \[23, 24\]. As a first approximation, we treat the needle as consisting of two coupled subsystems, the needle’s crystal lattice, whose long axis is specified by the unit vector \(\mathbf{a}\), and the collective spin \(\mathbf{S}\) (the macrospin approximation \[23, 20\]). Furthermore at this initial stage, in order to simplify the discussion, we neglect noise related to external perturbations (e.g., collisions with gas molecules and black-body photons) and internal degrees of freedom [e.g., lattice vibrations (phonons), spin waves (magnons), and thermal electric currents]. In equilibrium, \(\mathbf{S}\) is oriented along \(\mathbf{a}\): \(S_\mathbf{a} = Nh\). If \(\mathbf{S}\) is rotated with respect to \(\mathbf{a}\), there is a torque exerted on the lattice. The lattice relaxes back to its equilibrium orientation where \(\mathbf{a}\) is parallel to \(\mathbf{S}\) at a rate \(\Gamma_G \approx \omega_0\), where \(\omega_0\) is the frequency at which the Gilbert constant is \(\alpha \sim 0.01\) \[27, 30\] and the magnetic resonance frequency is \(\omega_0 = g\mu_B H_{\text{eff}}/\hbar\), where \(H_{\text{eff}}\) is the effective exchange force and anisotropy field acting on the spins. For bulk cobalt \(\omega_0 \sim 10^{11} \text{ s}^{-1}\) \[31\] and thus \(\Gamma_G \sim \omega_0\) is even faster at low temperatures \[27\] and for micron-scale needles \[20\]. Under these conditions the system should relax to equilibrium (\(\mathbf{S}\) along \(\mathbf{a}\)) with a characteristic time scale \(\lesssim 1 \text{ ns}\).

The macroscopic dynamics of the needle can thus be understood as follows. Suppose that initially the needle is prepared as in Fig. \ref{fig:ferromagnetic-needle} at rest, and \(B = 0\). When a magnetic field \(B \ll B^*\) is suddenly turned on, \(\mathbf{S}\) experiences a torque and begins to precess at the Larmor frequency \(\Omega\). The lattice, however, has inertia and undergoes angular acceleration due to the torque that arises when \(\mathbf{S}\) is tilted with respect to \(\mathbf{a}\). Since the relative motion between \(\mathbf{S}\) and \(\mathbf{a}\) is damped, \(\mathbf{a}\) re-aligns with \(\mathbf{S}\) after a time \(\sim 1/\Gamma_G\). After this transient, the needle lattice rotates at frequency \(\Omega\) with constant angular momentum \(L = I\Omega\), and no further torque is exerted between the lattice and spin since their motion is synchronized. From another point of view, the needle is a rigid rotor characterized by the orientation of its axis \(\mathbf{a}\), its rotational angular momentum \(\mathbf{L}\), and its spin \(\mathbf{S}\). The angular momenta add to the total angular momentum \(\mathbf{J} = \mathbf{S} + \mathbf{L}\), but the needle is always in the regime where the spin angular momentum dominates: \(S \gg L\). As noted above,
the spin-lattice interaction essentially locks $\mathbf{S}$ and $\mathbf{a}$ together, thus the motion of the needle is dominated by the behavior of $\mathbf{S}$. For example, if the needle is prepared at rest in zero magnetic field and a non-adiabatic (faster than $1/\Gamma_G$) impulse imparts some rotational angular momentum $L \ll S$ to the needle misaligning $\mathbf{S}$ and $\mathbf{a}$, the angular momenta precess around $\mathbf{J} = \mathbf{S} + \mathbf{L}$ for a time $1/\Gamma_G$, but at longer times $\mathbf{S}$ and $\mathbf{a}$ again become oriented along $\mathbf{J} \approx \mathbf{S}$.

The electron spins of a precessing needle, being coupled to the crystal lattice, act collectively, as opposed to the spins in a polarized gas that act independently and can dephase [10]. The situation is somewhat analogous to the Mössbauer effect [32] where the entire crystal lattice recoils from emission of a gamma ray. Needle precession also bears some relation to the Barnett [34, 35] and Einstein-de Hass [36] effects, where coupling between a gas of paramagnetic atoms and the fast averaging and relaxation of spin components transverse to the needle’s axis $\mathbf{a}$ (which maintains the strong coupling between $\mathbf{a}$ and $\mathbf{S}$).

As a specific realization of a magnetic field measurement, suppose the needle is prepared at rest with $\mathbf{a}$ and $\mathbf{S}$ pointing along $\hat{x}$ and immersed in a constant external magnetic field $\mathbf{B} = B\hat{z}$ of unknown magnitude (but with $B \ll B^*$), as in Fig. 1. Some time $t$ after the needle is prepared in this way, the spin projection along $\hat{y}$ ($S_y$) is measured, for example, by using a Superconducting QUantum Interference Device (SQUID) to detect the magnetic flux through a pick-up loop oriented to measure $S_y$. The needle precesses around the magnetic field at $\Omega$; to determine $B$, we measure $S_y$ and extract the value of $B$ from the precession angle

$$\phi = \Omega t = g\mu_B B t / \hbar \approx S_y / S_x \approx S_y / \sqrt{N},$$

assuming $\phi \ll 1$ (although, in the end, this is not essential for the estimate of sensitivity). It should be noted that in lieu of preparing the needle at rest, its orientation can be measured by the SQUID at $t = 0$ since for determination of $B$ what matters is the change in $\phi$ or the precession frequency $\Omega$.

In order to estimate the uncertainty of such a measurement, let us begin by considering the precision with which the precession of the needle can be measured using a SQUID to detect the changing magnetic flux as the needle rotates. This technique resembles the recently developed hybrid SQUID-GMR (giant magnetoresistive) sensor of Ref. [37]. Consider a dc SQUID detector with dimensions similar to the needle [38, 39]; this is similar to experimental setups used, for example, to read-out micromechanical resonators [40] and detect magnetic particles [41]. Assuming a SQUID pick-up loop placed $\approx \ell \approx 10 \mu m$ away from the tip of the needle of radius $\approx \ell \sin \theta_m \approx 8.2 \mu m$, where $\theta_m \approx 54.7^\circ$ is the magic angle, chosen to optimize the flux capture, a changing magnetic flux of amplitude $\Phi \approx 10^{-4} G \cdot cm^2$ would be measured; SQUID systems employing flux-locked loops have demonstrated sufficient dynamic range to accommodate such a flux change [42]. The sensitivity of low-temperature SQUIDs to flux changes is $\delta \Phi \lesssim 10^{-13} G \cdot cm^2/\sqrt{Hz}$ [38, 40, 41], which limits the angular resolution of the needle measurement to $\delta \phi_{\text{det}} \approx \delta \Phi / \Phi \lesssim 10^{-5} \text{rad}/\sqrt{Hz}$. This translates into a detection-limited uncertainty in determination of the magnetic field given by

$$\Delta B_{\text{det}} \approx 10^{-16} (t[s])^{-3/2} G .$$

Note the $t^{-3/2}$ scaling of the measurement uncertainty, a result of the gyroscopic stability of the needle that prevents it from executing a random walk in angular position. This is in contrast to the usual $t^{-1/2}$ scaling of measurement uncertainty of atomic magnetometers utilizing a gas of paramagnetic atoms [9, 10]. Since $\Phi$ is proportional to $N$, as long as the needle remains single-domain and the pick-up loop geometry can be optimized, $\Delta B_{\text{det}}$ scales as $1/N$.

Special care must be taken to minimize the effect of any back-action field generated by current induced in the pick-up loop by the needle’s precession. There are several schemes to eliminate such effects [43, 44], essentially involving active or passive feedback systems using additional coils to cancel the back-action field at the location of the sample, and so this is not a fundamental limitation. A related issue is back-action noise generated by the SQUID itself: here, too, there are several successful techniques for back-action evasion [45, 46] that yield back-action noise at the level of the magnetometric sensitivity given by Eq. (6).

Notably, at sufficiently long measurement times $t$, $\Delta B_{\text{det}}$ far surpasses the SQL for $N$ independent atomic spins even under conditions where $\Gamma_{\text{rel}} = 0$. In the $\Gamma_{\text{rel}} \to 0$ limit, $\Delta \Omega = g\mu_B \Delta B / \hbar = 1/(t\sqrt{N})$. For $N \approx 3 \times 10^{12}$ spins, we obtain $\Delta B_{\text{SQL}} \approx 7 \times 10^{-14} (t[s])^{-1} G$, and thus $\Delta B_{\text{SQL}} / \Delta B_{\text{det}} \sim 10^3 \sqrt{t[s]}$.

To understand how a magnetometer based on a precessing ferromagnetic needle could surpass the SQL on measurement of spin precession, let us first consider spin projection noise for the case of an isolated spin $\mathbf{S}$; i.e., we neglect the spin-lattice interaction (this is analogous to a gas of paramagnetic atoms with collective spin $\mathbf{S}$ and $\Gamma_{\text{rel}} = 0$ as considered above). If the experiment measuring $\phi$ described above is repeated many times for an isolated spin $\mathbf{S}$, the spread of the results is governed by the uncertainty principle

$$\Delta S_y \Delta S_z \geq \frac{\hbar}{2} | \langle S_x \rangle | \approx \frac{\hbar^2 N}{2} ,$$

(7)
and so from Eq. (5), assuming $\Delta S_y \approx \Delta S_z$,

$$\Delta \phi \approx \frac{1}{\sqrt{N}}. \tag{8}$$

This is the well-known spin-projection noise \cite{10} that results in the SQL of Eqs. (1) and (2).

In the case of the needle, the spin-lattice interaction leads to rapid averaging of components of $\mathbf{S}$ transverse to $\mathbf{a}$. If one had a measurement device with a sufficiently high bandwidth, in principle one could observe transverse spin projection $S_y$ with $\Delta S_y$ as described by Eq. (7). However, a measurement device with narrower bandwidth will average over this spin projection noise. This is similar to the averaging of spin noise that occurs in some solid state experiments searching for permanent electric dipole moments \cite{47}.

To estimate the quantum limit on $\Delta \phi$, we can employ the fluctuation-dissipation theorem (FDT). The physical mechanisms leading to dissipation in the form of Gilbert damping are the same ones through which $\mathbf{S}$ interacts with the lattice and the transverse spin components are averaged \cite{48–50}. According to the FDT, in the low-frequency limit $\hbar \omega \ll k_B T$, the spectral density of transverse spin fluctuations at frequency $\omega$ is given by

$$(\delta S_y)^2 \approx \frac{V}{g^2 \mu_B^2} \frac{2k_B T}{\omega} \chi''(\omega), \tag{9}$$

where $V$ is the volume of the needle, $T$ is its temperature, and $\chi''(\omega)$ is the imaginary part of the magnetic susceptibility. Under the conditions considered here, the Landau-Lifshitz-Gilbert equation can be linearized \cite{49, 51} to obtain the imaginary susceptibility in terms of the Gilbert damping constant $\alpha$:

$$\chi''(\omega) \approx N\hbar \frac{g^2 \mu_B^2}{V} \frac{\omega}{\omega_0^2}, \tag{10}$$

from which we find

$$(\delta S_y)^2 \approx N\hbar \frac{2\alpha k_B T}{\omega_0^2}. \tag{11}$$

Thus for a measurement time $t$ we obtain an uncertainty in the precession angle

$$\Delta \phi_Q \approx \frac{\delta S_y}{S_x} \frac{1}{\sqrt{t}} \approx \sqrt{\frac{2\alpha k_B T}{N\hbar \omega_0^2 t}}, \tag{12}$$

and the corresponding magnetic field uncertainty is

$$\Delta B_Q \approx \frac{\hbar}{g\mu_B} \sqrt{\frac{2\alpha k_B T}{\hbar \omega_0^2}} \frac{1}{\sqrt{N}t}. \tag{13}$$

As discussed in the Supplemental Material, in order to reduce the noise from external perturbations, it is advantageous to place the needle in a cryogenic vacuum. Assuming $T \approx 0.1 \text{ K}$, $N \approx 3 \times 10^{12}$, and the values of $\alpha$ and $\omega_0$ for cobalt at $T \approx 0.1 \text{ K}$ \cite{27, 31}, we find

$$\Delta B_Q \approx 10^{-20} (t \text{s})^{-3/2} \text{ G}, \tag{14}$$

far below the detection-limited uncertainty $\Delta B_{\text{det}}$.

Perturbations from the external environment, such as collisions with background gas molecules, can impart either angular momentum $dL_z$ along $\mathbf{B}$ or angular momentum $dL_y$ transverse to both $\mathbf{B}$ and $\mathbf{a}$. Because of the needle’s gyroscopic nature, orbital angular momentum imparted by a $dL_z$ perturbation is converted into a rotation of $\mathbf{S}$ out of the $xy$-plane. Stochastic $dL_z$ perturbations cause a random walk of $S_z$, but as long as $\langle S_z \rangle \approx N\hbar$ measurement can continue without significant loss of sensitivity. Transverse perturbations $dL_y$ also manifest as a rotation of $\mathbf{S}$, but in the $xy$-plane. Therefore they are indistinguishable from transient magnetic field pulses and hence constitute a source of noise in the measurement of $\phi$. Such perturbations cause the needle to execute a random walk in $\phi$ of average step size $d\phi \approx dL_y/(N\hbar)$, and given a perturbation rate of $\Gamma_p$, the resulting spread in $\phi$ is $\Delta \phi_p \approx d\phi \sqrt{\Gamma_p t}$. Thus in a measurement time $t$ the observed precession angle noise is

$$\Delta \phi_p \approx \frac{dL_y}{N\hbar} \sqrt{\Gamma_p t}. \tag{15}$$

Note that $\Delta \phi_p$ scales as $\sqrt{t}$ in contrast to $\Delta \phi_{\text{det}}$ and $\Delta \phi_Q$ which scale as $1/\sqrt{t}$. Thus after a period of measurement time, which depends on the particular experimental parameters, noise due to external perturbations dominates measurement uncertainty.

In order to achieve the detection-limited magnetometric sensitivity described by Eq. (6), the needle must be well-isolated from the environment and cooled to cryogenic temperatures in order to reduce external perturbations. In the Supplemental Material, we consider noise due to collisions with residual gas molecules and black-body radiation, as well as noise from internal degrees of freedom. We find that collisions with background gas molecules become the dominant source of noise at longer measurement times. Figure 2 shows the uncertainty in the measurement of a magnetic field as a function of the measurement time for a cobalt needle of the chosen dimensions under conditions of cryogenic vacuum.

Perhaps the most daunting technical challenge for realization of a precessing needle magnetometer is the problem of suspension. Because of the stringent requirements on isolation from the environment discussed in the Supplemental Material, optical levitation \cite{52} or mechanical suspension \cite{53} do not appear to be viable options for an experiment aiming to reach the detection-limited measurement uncertainty $\Delta B_{\text{det}}$. In principle, a needle could be floated in a micro-gravity environment such as a satellite or drop tower, however it is desirable to develop a method of “frictionless” suspension allowing extended measurements in an earth-bound laboratory.
electron-spin-dependent couplings at an energy scale of 

generally averaged over 

shown in Fig. 2, a measurement of needle precession av-

could be used to search for exotic spin-dependent in-

tests of fundamental physics. For example, the needle

magnetometer may be particulary useful for precision

are not expelled by the Meissner effect, and thus a nee-

dle precession would be counteracted by an image field,

perconductor’s perfect diamagnetism, any magnetic field

drawback of such levitation is that, because of the su-

no induced eddy currents in the cobalt needle. The

the magnetic field in the needle’s frame and consequently

respect to rotation of the needle, there is no change of

case, based on the symmetry of the superconductor with

superconducting metallic material \[56\]. However in our

effect comes from eddy currents induced in the non-

the Meissner effect, in principle enabling essentially fric-

tional levitation \[54, 55\]. The only known frictional

effect from eddy currents induced in the non-

superconducting metallic material \[56\]. However in our

case, based on the symmetry of the superconductor with

respect to rotation of the needle, there is no change of the

magnetic field in the needle’s frame and consequently

no induced eddy currents in the cobalt needle. The

drawback of such levitation is that, because of the su-

perconductor’s perfect diamagnetism, any magnetic field

orthogonal to the surface that could be measured via nee-

dle precession would be counteracted by an image field,

severely constraining possible applications to magnetom-

One possibility is levitation of the needle above a
type I superconductor. While there is friction from flux

pinning and vortices in type II superconductors, these

mechanisms are suppressed in type I superconductors

where levitation is based purely on flux expulsion through

the Meissner effect, in principle enabling essentially fric-

tional levitation \[54, 55\]. The only known frictional effect

comes from eddy currents induced in the non-

superconducting metallic material \[56\]. However in our

case, based on the symmetry of the superconductor with

respect to rotation of the needle, there is no change of the

magnetic field in the needle’s frame and consequently

no induced eddy currents in the cobalt needle. The

drawback of such levitation is that, because of the su-

perconductor’s perfect diamagnetism, any magnetic field

orthogonal to the surface that could be measured via nee-

dle precession would be counteracted by an image field,

severely constraining possible applications to magnetom-

On the other hand, exotic spin-dependent interactions

are not expelled by the Meissner effect, and thus a nee-

dle magnetometer may be particulary useful for precision

tests of fundamental physics. For example, the needle

could be used to search for exotic spin-dependent in-

teractions of electrons \[57 \, 62\]. Based on the estimates

shown in Fig. 2 a measurement of needle precession av-

eraged over \( \approx 10^3 \) s could reach a sensitivity to exotic

electron-spin-dependent couplings at an energy scale of

\( \sim 10^{-26} \) eV, some five orders of magnitude beyond the

best constraints to date \[57 \, 58\].

A further point of interest is that micron-scale ferro-

magnetic needles in the interstellar medium \[63\] should

display the predicted precession behavior in the ambient

magnetic field, since typical interstellar magnetic fields

in galaxies are \( \sim 10^{-5} \) G which is on the order of \( B^* \) for

micron-scale needles and intergalactic magnetic fields are

\( \ll B^* \) but \( \gtrsim 10^{-16} \) G \[64\].

In conclusion, we have analyzed a micron-scale mag-

netometer based on measurement of the precession of a

single-domain ferromagnetic needle. The needle pre-

cesses under conditions where the mechanical orbital an-

gular momentum associated with the precession is much

smaller than the intrinsic spin angular momentum of the

polarized electrons in the ferromagnet. The sensitivity

of a precessing needle magnetometer can surpass that of

present state-of-the-art magnetometers by several orders

of magnitudes.

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Supplemental Material for A Precessing Ferromagnetic Needle Magnetometer

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This note discusses the thermal noise of a precessing ferromagnetic needle magnetometer from both internal degrees of freedom and external perturbations.

INTERNAL DEGREES OF FREEDOM

Magnons and phonons

Gyroscopic stability is a key feature of the ferromagnetic needle in the regime where its dynamics are dominated by its intrinsic spin angular momentum (the regime where \( S \gg L \)). Due to conservation of angular momentum, the total angular momentum \( J = L + S \approx S \) is fixed in the absence of external perturbations. Assuming no external perturbations, the only way for thermal fluctuations of \( S \) to occur is through a spin-lattice interaction causing corresponding fluctuations of \( L \) that leave \( J \) unchanged. Such thermal fluctuations are precisely the noise described in the main text in terms of the fluctuation-dissipation theorem: the same spin-lattice interactions that lead to Gilbert damping are those that couple \( S \) to \( L \) and lead to the spin noise described in Eqs. (11)-(13) of the main text. These spin fluctuations encompass the noise related to magnons \( \delta S \) and phonons (which can carry angular momentum \( \delta S \)).

Note that for temperatures below the Curie temperature \( T_C \), noise from quantum spin fluctuations dominates over that from thermally-excited magnons. Since \( T_C \approx 1400 \) K for cobalt, we are well within the quantum regime. Furthermore, the combination of crystalline and shape anisotropy for a \( \sim 1 \mu m \times 10 \mu m \) Co needle creates a significant energy gap (the magnon gap) on the order of 1 K between the ground and first excited states for the collective spin \( \delta S \). This means that if the needle is cooled to a temperature \( \ll 1 \) K, higher-order magnon modes can be effectively frozen out and we only need to consider the lowest-order uniform precession mode (where the entire collective spin \( S \) rotates with respect to the anisotropy axis) as we do in the main text where we employ the macrospin model.

Thermal currents

Johnson-Nyquist noise from thermal currents in the electrically conductive cobalt needle can generate magnetic field noise in the SQUID pick-up loop [8][11]. Although exact calculations for most geometries are complicated and generally require numerical integration, to estimate an upper limit on such noise we assume the needle can be treated as a thin conducting slab of thickness \( \ell \), and thus the noise from a conducting needle of radius \( r \approx \ell/10 \) should be considerably less. Though exact calculations for most geometries are complicated and generally require numerical integration, to estimate an upper limit on such noise we assume the needle can be treated as a thin conducting slab of thickness \( \ell \) (the length of the needle) for which an analytical expression for the magnetic noise spectral density is available [3]:

\[
(\delta B^2) \approx \frac{\pi k_B T}{4 \left( c^2 \rho \ell \right)}.
\]

where \( \ell \approx 10 \mu m \) is the distance from the needle to the SQUID pick-up loop and \( \rho \) is the resistivity of cobalt (for \( T \leq 1 \) K, \( \rho \approx 10^{-7} \Omega \cdot cm \) [12]). According to this estimate, the fluctuating field amplitude at the SQUID pick-up loop due to thermal currents should be

\[
\delta B \ll 10^{-8} \frac{G}{\sqrt{Hz}}.
\]

Multiplying this field value by the area of the pick-up loop we find that the flux noise \( \delta \Phi \ll 10^{-13} G \cdot cm^2/\sqrt{Hz} \), which implies that noise due to thermal currents should be considerably smaller than the sensitivity of low-temperature SQUIDs to flux changes. Thus thermal currents do not affect our estimate for the detection-limited sensitivity \( \Delta B_{\text{det}} \). Furthermore, in the event this becomes a limiting factor for a precessing needle magnetometer, one could consider the use of nonconducting ferrimagnets as the needle material which can have resistivities many orders of magnitude larger than that of cobalt.
EXTERNAL PERTURBATIONS

Collisions with residual gas molecules

Collisions with residual gas molecules (assumed to be He) impart angular momentum to the needle with average magnitude

\[ dL_{\text{col}} \approx \frac{mv\ell}{16} \approx 10^3 \hbar, \]  

(3)

where \( m \) is the mass of He, \( v \approx 3 \times 10^3 \text{ cm/s} \) is the average thermal velocity for \( T \approx 0.1 \text{ K} \), and the factor of \( 1/16 \) arises from averaging over the angle and location of impact. The collision rate is

\[ \Gamma_{\text{col}} \approx \frac{nAv}{4}, \]  

(4)

where \( A \approx rf \approx 10^{-7} \text{ cm}^2 \) is the relevant cross sectional area of the needle and \( n \) is the residual gas density. Substituting the expressions (3) and (4) into Eq. (15) from the main text yields

\[ \Delta \phi_{\text{col}} \approx \frac{m}{32N \hbar} \sqrt{nrf^3v^3t}, \]  

(5)

which corresponds to a magnetic field uncertainty of

\[ \Delta B_{\text{col}} \approx \frac{\hbar}{g\mu B} \frac{m}{32N \hbar} \sqrt{nrf^3v^3t}. \]  

(6)

Requiring \( \Delta B_{\text{col}} \) to be less than the detection-limited measurement sensitivity \( \Delta B_{\text{det}} \) described by Eq. (6) from the main text for measurement times \( t \lesssim 1 \text{ s} \) constrains \( n \lesssim 10^3 \text{ atoms/cm}^3 \). Note that on average, according to Eq. (3), under these conditions collisions with gas molecules happen about once a second, so to reach the detection-limited sensitivity essentially no collisions can occur during the measurement time. Such ultralow residual gas densities have been achieved, for example, in ion trapping experiments [13, 14] under cryogenic vacuum conditions. For measurement times \( t \gtrsim 1 \text{ s} \), noise due to collisions with background gas molecules dominates (see Fig. 2 in the main text).

The scaling of \( \Delta B_{\text{col}} \) with the size of the needle can be estimated by assuming a fixed aspect ratio, in which case both \( \ell \) and \( r \) are proportional to \( N^{1/3} \). In this case, \( \Delta B_{\text{col}} \propto 1/N^{1/3} \), so, as in the case of detection- and quantum-limited uncertainty, larger ferromagnetic needles can achieve greater sensitivity in principle.

Black-body radiation

Photons from black-body radiation are another source of external perturbations. According to the Stefan-Boltzmann law, the number of photons emitted by the needle per second is

\[ \Gamma_{\text{BB}} = \frac{4\zeta(3)\varepsilon}{c^2\hbar^3} gB^3 T^3 2\pi A, \]  

(7)

where \( \zeta(3) \approx 1.2 \) is the Riemann zeta function with argument 3, \( \varepsilon \) is the emissivity, and \( 2\pi A \approx 2\pi r\ell \approx 6 \times 10^{-7} \text{ cm}^2 \) is the surface area of the needle. At \( T \approx 0.1 \text{ K} \), Eq. (7) yields \( \Gamma_{\text{BB}} \approx 100\varepsilon \text{ photons/ s}. \) Since the characteristic wavelength of black-body radiation is \( \lambda_{\text{BB}} \approx 3 \text{ mm} \) or roughly 300 times the dimensions of the needle, \( \varepsilon \) should be suppressed by over an order of magnitude [13]. Furthermore, in this regime, the needle absorbs and emits radiation as a point-like dipole [16, 17], so the coupling of the photon momentum to the macroscopic rotational motion of the needle is negligible. However, random polarization of the black-body photons can generate longitudinal and transverse perturbations of the needle of magnitude \( dL_{\text{BB}} \approx h \text{ per photon}. \) The effect of such stochastic kicks from blackbody photons on the measurement sensitivity can be analyzed in the same way as was done in the previous section for the effect of collisions with gas molecules. Yet the noise from black-body radiation estimated based on Eq. (15) from the main text is far below that due to collisions with residual gas molecules. On the other hand, stochastic noise from scattered photons rules out the use of optical suspension of the needle.

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