Regional trends and associated factors of childhood visual impairment: a case study in Shandong province, China

Lizhen Han,1 Jinzhu Jia,1,* Lu Wang2,*
1 Department of Biostatistics, School of Public Health, Peking University, Beijing, China, No. 38, Xueyuan Road, Haidian District, Beijing City, 100191, China
2 Physical Examination Office of Shandong Province, Jinan 250014, China
* Correspondence

Corresponding Author:
Jinzhu Jia, Ph.D. (jzjia@math.pku.edu.cn), Department of Biostatistics, School of Public Health, Peking University, Beijing, China, No. 38, Xueyuan Road, Haidian District, Beijing City, 100191, China
Lu Wang, Ph.D. (luwang2716@163.com), Physical Examination Office of Shandong Province, Jinan, China, No.9 Yandong New Road, Lixia District, Jinan City, Shandong Province, 250014, China

Abstract

Background: Visual impairment is a common child health problem. We hopes to analyze the regional trend, related factors and spatial distribution of children’s visual impairment in Shandong province, to explore the spatial changes brought by time and their influencing factors, so as to provide scientific basis for prevention of childhood visual impairment.

Methods: This study covers 5 complete cross-sectional surveys (Physical examination data in Shandong province) from 2013 to 2017, involving about 29.24 million students. The 11th International Classification of Diseases was selected as the diagnostic standard. Spatial autocorrelation and hotspot analysis methods in ArcGIS software were used to analyze spatial features. The associated factors were analyzed by multinomial logistic regression.
Results: The visual impairment prevalence showed a trend of decreasing first and then increasing from 2013-2017, with slight changes. In terms of regional spatial differences, Weihai and Yantai have the highest VI rates in all years, and there was a large-scale spatial aggregation phenomenon. The southern low-value clusters, however, showed a weakening year by year. Further exploration revealed that the per capita disposable income of rural households, the growth rate of gross domestic product, total retail sales of consumer goods and number of full-time teachers were verified as risk factors for regional visual impairment levels.

Conclusions: The slight rebound of the prevalence of visual impairment and the high rate in the eastern and northern regions of Shandong province need more attention. It is suggested that relevant departments should focus on the influence of regional economic and educational factors when formulating relevant strategies.

Keywords
Visual impairment, children, regional difference, spatial analysis

Introduction
Childhood is considered to be one of the most critical stages of growth and development, which has long been concerned from many aspects, such as the state, schools, families and individuals. How to create a healthier growth environment for children in the current situation (increasingly complex living environment) is an urgent problem to be solved. Among them, vision issues (such as visual impairment (VI), myopia, amblyopia, etc.) are most common and prominent. As a window for one to understand and observe the world, the importance of eyes is self-evident. In China, a populous country that has liberalized the Two-Child policy, the prevalence of myopia and other eye-related diseases among children and adolescents has been rising in recent years. For example, the VI rate with strong generality
has rapidly increased almost 2.5-fold from 23.7% to 55% (1985-2014) [1]. From a global perspective, China is also the region with the highest prevalence of low vision per million people in the surveyed area (including Africa, America, Eastern Mediterranean, Europe, South-east Asia and Western Pacific) [2]. The visual impairment has become an urgent health problem in China, which requires cooperation of various departments.

Visual impairment refers to deficits in the ability of the person to perform vision-related activities of daily living. It also reflects the burden of vision loss for the person. If the unaided distance visual acuity (VA) of worse than 6/12 (logMAR < 0.5), it is judged as visual impairment. Studies have confirmed that there are many causes for the occurrence of VI, including heredity (e.g. macular dystrophies and retinitis pigmentosa), diseases (e.g. refractive error, posterior segment (retinal) diseases, corneal degenerations and optic nerve head disease) and trauma, etc. [3-5]. Compared with normal sight children, the overall quality of life (QoL) of visual impaired children is relatively lower [6]. This is not only manifested in physical health and psychological aspects (e.g. individual nutritional status [7] and depression [8]), but also in social relations and living environment [9], and its impact will be lifelong. A recent study by Jones, N and other scholars found that visual impairment will affect the corresponding life skills (e.g. shopping and cooking) when it develops into adulthood [3]. In addition, visual impaired children will have a relatively lower level of participation in sports activities (the higher the degree of VI, the lower the level of participation) [3, 10]. This phenomenon will not merely affect children’s social interaction and exercise, but also give rise to a series of problems such as overweight and obesity [11, 12].

On the other hand, the relationship between visual impairment and economy is also inseparable. Research showed that for every 100% increase in gross domestic product (GDP), the risk of VI will rise
by 20%, and the risk of moderate to severe VI will even increase by 27% [1]. Meanwhile, compared with normal children, visual impaired children are more likely to come from families with relatively higher economic level [10]. In China, the direct cost per patient due to VI is US$ 6988.6 ± 10,834.3 per year, of which 70% is direct medical expenses and only less than 30% can be reimbursed [13]. A recent German study also showed that VI and blindness have brought huge social burden (annual cost is about EU€49.6 billion) [14]. Furthermore, if patients suffer from chronic diseases such as hypertension, the risk of VI will be further increased [15]. The economic pressure brought by this multiple disease burden is obvious.

Globally, the number of visual impaired people among all ages reached about 285 million as early as 2010 [2]. Moreover, the current problem of VI in China has a clear tendency to be younger. Albeit the older age group still occupies the majority in general, the prevalence of younger group has increased even more rapidly [1]. Therefore, this article will study the evolution of childhood vision problems in Shandong province (about 100 million people), a representative province in China, based on the VI prevalence of children aged 6-12. The aim was to find out the secular trend, regional distribution characteristics and related risk factors through the analysis on the visual impaired schoolchildren from 2013 to 2017, so as to provide data support for the next policy adjustment and targeted preventive interventions by the government and relevant departments. Our ultimate goal is to create a healthier growth and living environment for children.

Material and methods

Data Source

The sample came from students’ physical examination data from September to December every year in Shandong province, totaling 5 years (i.e. 2013-2017). After adjusting for age and gender, the missing
data and the error records beyond the scope of the visual chart (totaling 430,421) were eliminated. A total of 29,237,771 schoolchildren aged 6-12 years were included (person-time), covering whole primary schools in all 17 cities (137 counties) in Shandong province. The sample sizes in this data for different years ranged from 1,864,242 to 7,763,686, and the annual girl to boy ratio and urban to rural ratio approximately equaled 1:1.2 and 1:1.7, respectively.

**Measurement Methods**

The National Health Commission of the People’s Republic of China, the Ministry of Education of the People’s Republic of China (*Measures for the administration of health examination of primary and middle school students* [16]) and the Shandong Provincial Education Department (*Measures for the implementation of health examination management for primary and middle school students in Shandong province* [17]) stipulate that students in school should have a physical examination every school year. This program organized by the health administrative department at or above the county level, and rigorous training was conducted, covering all medical professionals who participated in physical examination. In addition, through the schools’ teachers, they informed the students and their parents about the details of the physical examination and got their consent. After the examination, students and parents will receive feedback in the form of reports.

According to the requirements of *Health examination methods for primary and secondary schools in Shandong province*, all physical examinations procedures were carried out in accordance with regulations and using standardized professional instruments. The data involved in this study were obtained through physical measurements and did not involve laboratory examinations.

Visual acuity was measured using a standard logarithmic E chart of vision (in line with the national standard GB11533—2011, International Classification for Standards (ICS) 13.100) [18].
Students need to keep the naked eye to participate in the test. During vision inspection, students should maintain a distance of 5m from the instrument, and the sight line of the tested person should be consistent with the height of the visual chart (line "5.0"). Then, the left eye and the right eye are covered by the eye mask in turn, and the VA of the corresponding eye was detected. The reading of the smallest line that can be seen clearly by the subject was the VA of the relevant eye, and the value was recorded.

Judging Criteria for Visual Impairment

All children had been diagnosed with visual impairment according to the 11th International Classification of Diseases (ICD-11) issued by World Health Organization (WHO) in 2018 [19]. According to the actual situation in China (i.e., the visual chart used in children's physical examination does not involve the detection range of less than 6/60) and previous studies [1, 20], in this study, visual impairment was divided into mild and moderate-severe categories. Mild VI was defined as unaided distance VA of worse than 6/12 (logMAR < 0.5) and that of equal to or better than 6/18 (logMAR ≥ 0.3) in the worse eye, moderate to severe VI was defined as unaided distance VA worse than 6/18 (logMAR < 0.3) in the worse eye.

Other Data

In terms of influencing factors, seven regional associated factors (obtained from the Shandong Statistical Yearbook over the years) were included, covering gross domestic product (GDP), the growth rate of GDP (GRGDP), general public budget expenditure (GPBE)—state financial expenditures that are spent on public services, education, medical care and social security, etc., total retail sales of consumer goods (CGTRS)—sales amount of physical commodities for non-production and non-business purposes (including catering services), number of full-time teachers (FTT)—weighted by
the number of students in the region, representing the number of teachers per thousand students, and
per capita disposable income of rural households (RPCDI). Meanwhile, in order to effectively reduce
the impact of population differences in different areas, this study weighted the regional associated
factors by their population (except GRGDP). In addition, based on the annual VI prevalence range and
the effect of mapping, the regional VI level was divided into 5 grades from low to high (ranging from 0% to 35%, with every seven percentage points recorded as a level).

**Statistical Analysis**

Raw data was extracted through SQL Sever2017, and SPSS 22.0 was used to analyze the data. The
measurement data were described by the mean (standard deviation), and t-tests and linear correlation
were used for inter-group comparison. The counting data was expressed by the rate (%), and the
comparative analysis between groups was tested by chi-square tests. Furthermore, multinomial logistic
regression analysis was used to analyze population-weighted associated factors. A probability level of
$p < 0.05$ represented the result with statistical significance.

**Spatial Analysis**

ArcGIS 10.2 software was used to analyze spatial distribution, regional variation differences, etc. In
light of the distribution range of VI rates, this study artificially divided it into 5 levels. Besides, in order
to find out whether there is spatial clustering and its variation trend in the Shandong province, spatial
autocorrelation (Global Moran's I) and hotspot analysis (Getis-Ord Gi*) were applied to this study.

Spatial autocorrelation (Global Moran's I) is a method for measuring spatial autocorrelation based
on element locations and element values, which is used to evaluate whether the pattern expressed is
clustered, dispersed, or random. It evaluates the significance of data results by calculating the Moran's I
index value, z-score and $p$-value. If the index in the dataset tend to cluster spatially (aggregation of
similar values), the Moran’s index will be positive. Conversely, the index will be negative. If positive cross-product values balance negative cross-product values, the index will be near zero [21].

The clustering of high and low values was obtained through hotspot analysis (calculation the Getis-Ord Gi* statistic for each feature in a dataset). After a partial sum of a feature and its neighbors was compared with the sum of all features, if the local sum was significantly different from the expected local sum that it cannot be randomly generated, a statistically significant z-score will be resulted. Based on the resultant z-scores and p-values, the location where the high-value or low-value elements cluster in space can be illustrated.

The Getis-Ord local statistic is given as:

$$G_{i}^{*} = \frac{\sum_{j=1}^{n} w_{i,j} x_{j} - \bar{X} \sum_{j=1}^{n} w_{i,j}}{S \sqrt{\left[ n \sum_{j=1}^{n} w_{i,j}^{2} - \left( \sum_{j=1}^{n} w_{i,j} \right)^{2} \right] \left( \frac{1}{n-1} \right) \sum_{j=1}^{n} x_{j}^{2} - \left( \bar{X} \right)^{2}}}$$

Where $x_{j}$ is the attribute value for feature $j$, $w_{i,j}$ is the spatial weight between feature $i$ and $j$, and:

$$\bar{X} = \frac{\sum_{j=1}^{n} x_{j}}{n}$$

$$S = \sqrt{\frac{\sum_{j=1}^{n} x_{j}^{2}}{n} - \left( \bar{X} \right)^{2}}$$

The $G_{i}^{*}$ statistic returned for each feature in the dataset is the z-score. For statistically significant positive z-scores, the larger the z-score is, the more intense the clustering of high values (hot spot). The opposite clustering method is called cold spot [22].

**Patient and public involvement**

No patients or public were involved in this study.

**Results**
The sample was from the physical examination data of primary and secondary school students in Shandong province (2013-2017), and children aged 6-12 years old were selected as subjects (a total of 29,237,771, mean (SD) age: 9.06 (1.91) years; 53.96% were boys), which basically covers whole school children in Shandong province. Among them, the sample size in these 5 years were 1,864,241, 5,176,859, 6,685,362, 7,065,383 and 7,763,686 respectively. Basic information of children in each city can be found in Table 1.

**Table 1** Information of children in different cities of Shandong province from 2013 to 2017

| City       | Number of children (mean age (years)) |
|------------|--------------------------------------|
|            | 2013   | 2014   | 2015   | 2016   | 2017   |
| Binzhou    | - a    | 249 557(8.91) | 251 354(8.93) | 252 737(8.97) | 272 209(8.95) |
| Dezhou     | 35 673(9.00) | 357 337(8.85) | 360 762(8.82) | 421 942(8.84) | 441 156(8.90) |
| Dongying   | 48 955(8.95) | 118 448(8.91) | 131 950(8.93) | 140 396(9.00) | 144 435(9.01) |
| Heze       | - a    | 870 954(8.66) | 919 634(8.72) | 953 536(8.80) | 1 025 622(8.86) |
| Jinan      | 201 006(8.77) | 272 641(8.76) | 403 972(8.79) | 435 378(8.85) | 470 622(8.87) |
| Jining     | 17 802(9.38) | 532 320(8.79) | 581 734(8.82) | 672 818(8.88) | 722 942(9.06) |
| Laiwu      | 25 985(9.20) | 66 054(9.12) | 60 871(9.18) | 73 363(9.06) | 72 568(9.06) |
| Liaocheng  | 1 007(9.24) | 152 313(8.56) | 453 943(8.63) | 523 583(8.65) | 591 048(8.79) |
| Linyi      | 188 051(8.74) | 618 792(8.70) | 776 428(8.74) | 714 024(8.73) | 1 049 007(8.83) |
| Qingdao    | 482 202(8.77) | 550 205(8.74) | 561 041(8.76) | 601 326(8.92) | 615 741(9.01) |
| Rizhao     | 74 876(8.76) | 192 778(8.85) | 192 202(8.94) | 211 653(8.94) | 210 700(8.97) |
| Taian      | 157 793(9.10) | 337 878(9.04) | 341 652(8.99) | 346 422(9.02) | 359 240(8.98) |
The symbol ('-') represents a missing value

The total VI rates (T) for five years were relatively similar except for 2013 (14.87%), which fluctuated around 12%. The gap between different cities, however, was quite wide, especially in Weihai and Yantai, where the VI prevalence was the most prominent and has exceeding 20%. In general, VI rates presented a trend of decreasing first and then rising, like a concave curve (although no linear-by-linear association was detected, \( p = 0.707 \)). In 17 different cities of Shandong province, the differences of VI prevalence in each year were statistically significant, and all showed the same trend (linear-by-linear association \( p < 0.001 \)) except Weifang city \( (p = 0.214) \). In addition, the trends for the mild (M) and moderate-severe (M-S) VI rate were similar to the total \( (r_{T&M} = 0.980, \ p = 0.003; \ r_{T&M-S} = 0.982, \ p = 0.003) \), and their results were very close (about 6%). The results were shown in Table 2 and Figure 1.

Table 2 Visual impairment (VI) of children in different cities of Shandong province from 2013 to 2017

| City     | Total VI rate (%) | \( \chi^2 \) value | \( p \)-value |
|----------|-------------------|---------------------|--------------|
| Binzhou  | - \( \text{a} \)  | 11.04 9.32 11.01 8.58 | 1325.08 < 0.001 |
| City      | 2015 | 2016 | 2017 | 2018 | 2019 | Total  | p     |
|-----------|------|------|------|------|------|--------|-------|
| Dezhou    | 7.17 | 11.00| 10.88| 11.72| 14.63| 4448.80| < 0.001|
| Dongying  | 15.99| 18.07| 18.68| 19.78| 18.27| 380.16 | < 0.001|
| Heze      | -a   | 5.85 | 5.75 | 7.21 | 8.05 | 5657.60| < 0.001|
| Jinan     | 13.09| 13.83| 13.38| 13.97| 14.38| 287.43 | < 0.001|
| Jining    | 18.23| 10.12| 10.70| 11.10| 10.86| 1348.03| < 0.001|
| Laiwu     | 15.97| 18.33| 18.02| 19.79| 20.57| 358.02 | < 0.001|
| Liaochen  | 6.95 | 9.85 | 7.68 | 8.50 | 8.38 | 736.83 | < 0.001|
| Linyi     | 9.51 | 7.67 | 8.49 | 9.48 | 10.36| 3978.22| < 0.001|
| Qingdao   | 15.14| 13.89| 13.95| 16.08| 17.09| 3453.35| < 0.001|
| Rizhao    | 14.03| 13.54| 12.01| 10.57| 10.24| 1729.40| < 0.001|
| Taian     | 12.57| 12.29| 12.97| 12.51| 14.95| 1427.22| < 0.001|
| Weihai    | 21.92| 22.53| 20.42| 20.71| 20.47| 276.64 | < 0.001|
| Weifang   | 12.27| 12.73| 12.28| 12.22| 12.59| 102.39 | < 0.001|
| Yantai    | 22.77| 21.05| 20.01| 22.57| 22.74| 1129.04| < 0.001|
| Zaozhuang | 7.23 | 9.53 | 9.13 | 9.38 | 11.39| 1350.70| < 0.001|
| Zibo      | 14.75| 15.62| 14.96| 16.14| 18.12| 1440.65| < 0.001|

Note: The symbol ‘-' represents a missing value.

From figure 1, we found that the trends of VI rates for boys (B) and girls (G) were similar to that of the whole over the past 5 years ($r_B = 0.995$, $p < 0.001$; $r_G = 0.993$, $p = 0.001$). No matter the total VI prevalence, or the mild or moderate to severe VI rate, obvious gender differences were detected (female rates > male rates), and the differences were statistically significant ($\chi^2 = 69727.572$, $\chi^2 = 18642.317$, $\chi^2 = 49944.350$, $p < 0.001$). It is worth noting that the same results were obtained by...
comparing students from urban and rural areas separately \((\chi^2_{urban} = 33506.411, \chi^2_{rural} = 39188.863, p < 0.001)\). Besides, the single-sex curve clarified that the prevalence of mild and moderate to severe VI was similar from 2013-2017.

Compared with rural areas, urban regions had a higher VI prevalence, such as the overall rate \((\chi^2 = 313936.581, p < 0.001)\), this gap was maintained at more than 6% every year. Meanwhile, the urban-rural gap in mild and moderate-severe morbidities were also significant \((\chi^2_M = 96834.083, \chi^2_{M-S} = 205497.682, p < 0.001)\). However, in contrast, the upward trend of urban areas has declined in 2017. The results were shown in Figure 2.

In terms of age, there was a strong linear-by-linear association between VI prevalence and age (e.g. \(r_{2015} = 0.960, p = 0.001\)). The results (Figure 3) demonstrated that the trends in each year were relatively consistent, showing a trend that the prevalence of VI increases with age (from about 2% at the age of 6 to 30% in 12 years old), and the difference between ages was statistically significant \((\chi^2 = 2409075.899, p < 0.001)\). Among them, the rise in 2013 was even fierce, while that in the other 4 years was relatively similar.

**Spatial Analysis Results**

The results of spatial analysis showed that from 2013 to 2017, the regions with high prevalence of VI among children aged 6-12 years in Shandong province were mainly concentrated in the eastern peninsula and the northern area. Likewise, the prevalence in the central region was slightly higher than that in surrounding counties. It is worth noting that two new high-value districts were added in 2017: the western (parts of Dezhou) and central (parts of Zibo) regions, and their prevalence were significantly higher than those in previous years. The results were shown in Figure 4-8.

Focusing on the regional distribution of mild and moderate-severe VI (yellow and purple dots) in
these maps, it was found that the aggregation phenomenon was prominent in the northeast of the peninsula and areas around Jiaozhou Bay. In addition, the cluster of central counties has become more and more distinct with the passage of time.

Further, this study analyzed the spatial relationships that may exist between regional differences in overall VI rates. The results (Table 3) illustrated that there was spatial aggregation of VI in Shandong province.

**Table 3** Spatial autocorrelation of visual impairment (VI) among children in Shandong province from 2013-2017

| Year | Moran’s I index | Variance | z-score<sup>a</sup> | p-value |
|------|-----------------|----------|---------------------|---------|
| 2013 | 0.40            | 0.01     | 4.76                | < 0.001 |
| 2014 | 0.56            | 0.01     | 10.57               | < 0.001 |
| 2015 | 0.53            | 0.01     | 10.32               | < 0.001 |
| 2016 | 0.59            | 0.01     | 11.44               | < 0.001 |
| 2017 | 0.53            | 0.01     | 10.26               | < 0.001 |

<sup>a</sup> |z| > 2.58 indicates that the probability of randomly generating this clustering pattern is less than 1%

Based on the spatial aggregation characteristics of VI in Shandong province from 2013 to 2017, the cluster map was presented after hotspot analysis. In 2013, although data were relatively scarce, a large range of high-value aggregation areas were still detected in the eastern part of Shandong peninsula (Weihai, Yantai), while the cold spot region was mainly concentrated in the central part. The distribution characteristics in the following four years were relatively consistent, and clusters with high/low values were located in the eastern/southern regions. In addition, in some years, a small
number of counties in the north/west (hot/cold spots) also showed aggregation.

Combined with the maps of various years, the range of hot spots has been fluctuating slightly, while the accumulation of cold spots has shown a trend of weakening year by year, especially in Zaozhuang and Linyi cities. The results were shown in Figure 9-13.

Influencing factors Analysis

After the collinearity diagnostics, five types of regional economic associated factors and one social influencing factor (including 137 counties in Shandong province): gross domestic product (GDP), the growth rate of GDP (GRGDP), general public budget expenditure (GPBE), total retail sales of consumer goods (CGTRS), per capita disposable income of rural households (RPCDI) and number of full-time teachers (FTT) were included in the multinomial logistic regression model. Among them, except GRGDP, the rest variables were weighted by regional population. Moreover, economic variables were recorded in units of CN¥ 1000 per capita (approximately equal to US$142.27), and the unit of FTT was 1 person.

Studies have confirmed that RPCDI, GRGDP and FTT were risk factors for regional VI level. RPCDI played a role in promoting the "development" of regional VI in different grades, while the latter two indexes only worked in the highest grade (compared with the level 1). Besides, CGTRS was also verified as a risk factor (only in level 3). Nevertheless, GDP and GPBE showed no statistically significant effect on the degree of VI. The results were shown in Table 4.

Table 4 Correlation between regional associated factors and visual impairment (VI) of children in Shandong province from 2013 to 2017

| Regional Factors | $\beta$ | S.E. | Wald | $p$ | $Exp(\beta)$ | 95% CI for $exp(\beta)$ |
|------------------|---------|------|------|-----|-------------|----------------------|


| VI level | Lower bound | Upper bound |
|----------|-------------|-------------|
| 2        |              |             |
| Intercept| -2.853      | 5.149       |
| GDP      | 0.014       | 1.014       |
| GRGDP    | 0.017       | 0.530       |
| GPBE     | 0.045       | 0.676       |
| CGTRS    | -0.001      | 0.004       |
| FTT      | -0.001      | 0.047       |
| RPCDI    | 0.267       | 0.014       |
| 3        |              |             |
| Intercept| -6.998      | 24.137      |
| GDP      | 0.018       | 1.018       |
| GRGDP    | 0.006       | 0.851       |
| GPBE     | 0.014       | 0.897       |
| CGTRS    | 0.048       | 0.034       |
| FTT      | 0.001       | 0.929       |
| RPCDI    | 0.414       | 0.000       |
| 4        |              |             |
| Intercept| -11.221     | 33.459      |
| GDP      | 0.013       | 1.013       |
| GRGDP    | -0.022      | 0.583       |
| GPBE     | 0.030       | 0.802       |
| CGTRS    | 0.028       | 0.266       |
| FTT      | -0.001      | 0.943       |
As a large country with a population of 1.4 billion, China has an equally large number of children. Since the Two-Child policy was completely liberalized in early 2016, the number of newborns has increased significantly. Meanwhile, the VI prevalence is also continuously rising [1]. In order to better deal with children's visual impairment and provide them with a healthy growth environment, this study selected children from Shandong province as the research subjects, based on comprehensive demographic and economic indicators (domestic population ranking: 2\textsuperscript{nd}, economic ranking: 3\textsuperscript{rd}).

The study found that the VI rate of children in Shandong province from 2013 to 2017 showed a flat U-shaped trend, with a slight decrease and increase. Considering that the data for 2013 only covered counties with better economy (the economy has a positive effect [15]), the detection rate was higher than that of other years. Excluding it, there was a slow upward trend on the whole. Compared with previous study,[1] there were obvious differences. The reason for this phenomenon may be related to the gradual steady increase in children's living environment and economic factors in recent years, so the increase in VI rate has slowed down.

**Table 1**

| Variable | Estimate | Std. Error | t value | Pr(>|t|) | Lower 95% | Upper 95% |
|----------|----------|------------|---------|---------|-----------|-----------|
| Intercept | -20.582 | 3.342      | 6.164   | 0.000   | -27.220   | -13.944   |
| GDP      | 0.016    | 0.014      | 1.330   | 0.249   | 0.007     | 0.020     |
| GRGDP    | 0.116    | 0.055      | 2.177   | 0.029   | 0.008     | 0.223     |
| GPBE     | -0.001   | 0.133      | 0.000   | 0.999   | 0.769     | 1.297     |
| CGTRS    | 0.021    | 0.033      | 0.662   | 0.518   | 0.958     | 1.090     |
| FTT      | 0.049    | 0.010      | 4.526   | 0.000   | 1.031     | 1.071     |
| RPCDI    | 0.932    | 0.221      | 4.197   | 0.000   | 1.646     | 3.919     |
In terms of gender, statistically significant differences were detected. Whether the overall VI rate or mild, moderate-severe VI rates, the results of female group were significantly higher than those of male group. This is consistent with previous research results [23-25]. Although there is no direct evidence to prove the causes of this difference, according to other studies, we guessed that it may be affected by the following factors: We think the most important factor is that Chinese girls tend to be gentle and quiet under the traditional concept. Whether in study or sports, girls will spend more time indoors than boys. Furthermore, less outdoor activities will aggravate the degree of myopia [26]. Meanwhile, the higher prevalence of dry eye syndrome in women may be one of the reasons [27]. A hypothesis about hormone action may be another reason [28]. Sex hormone levels in myopic groups were often higher than those in non-myopic groups: Women were mainly affected by follicle stimulating hormone and luteinizing hormone, while men were influenced by luteinizing hormone and testosterone, and female have the higher luteinizing hormone levels [29]. In addition, the interaction between sex and steroidogenesis enzyme genes has also been proved to be a regulator of sex hormone metabolism and high myopia risk [30].

Differences between urban and rural areas were also detected: The prevalence of the three VI was higher in cities than that in countries. The gap in economic level has been considered as the main reason for this phenomenon [15]. Albeit the economic gap between urban and rural areas in China is narrowing, "faults" still exist. Urban children living in a pleasant environment have more opportunities to contact with electronic products and even become addicted to them. Affected by this, compared with rural children, sedentary lifestyle of urban students tends to be normalized, and their visual condition also deteriorates [31, 32].

At the age level, there was a strong positive correlation between VI rate and age. With the increase
of age, the prevalence of VI among children also rose significantly. Multiple studies have confirmed
this result [23, 33]. When children are young, their eyeballs are smaller and their axes are shorter. The
eyes are maintained in a state of hyperopia and have a certain "hyperopia reserve". After that, with the
growth of children and the influence of various factors (such as increased schoolwork burden, more
screen time, etc.), hyperopia reserve is consumed prematurely, and VI problems gradually become
prominent and rapidly increase, like myopia. In addition, the higher school year also plays a negative
role in visual development (e.g. study and exam pressure, reduced outdoor activity time) [34].

Through the integration of the annual distribution and the spatial aggregation maps, the high-value
aggregation in the eastern part of the peninsula has been confirmed. As for the specific reason: Why
cluster will be formed in this region, it is still unknown. Previous studies have shown that there was a
certain association between VI and overweight and obesity [35]—mainly influenced by sports activities
[12, 31]. Likewise, previous research on obesity in the same population found that the high prevalence
area was exactly consistent with the above results [36]. Initial speculation suggests that children in
Yantai and Weihai cities may have less time for physical exercise. The relationship between VI,
exercise, overweight and obesity is like a two-way closed cycle, which interacts and affects each other
(i.e. visual impaired children have less physical activity, and sedentary lifestyle will lead to high
prevalence of obesity; And vice versa). For a long time, measures that can promote students' physical
activities have been mentioned, and policies and systems are also constantly being updated, but the
results have been poor. How to effectively implement the policy and improve the current situation is
the real issue to be considered in the following work. Moreover, the influence of economy and day
length cannot be ignored. Research by Cui, Dongmei and other scholars pointed out that axial growth
and myopia progression will decrease with the increase of day length [37]. Therefore, they may be
another cause of the high prevalence in central, eastern and northern regions.

Due to the large number of missing values in 2013, longitudinal comparison was not included.

From 2014-2017, the low-value aggregation range showed a narrowing feature (although the change was slight), and it was mainly concentrated in the southern areas. In this aspect, economic changes and the above-mentioned day length are mainly considered: The economic level of the southern region is lagging behind in all years, and the side effects brought by technology (e.g. massive open online course (MOOC), multimedia class, etc.) have slightly weaker impact on the students. On the other hand, the regional economy was still on the rise, which also explains the shrinking of the aggregations to some extent.

If subdivided by gender, the distribution characteristics (including total, mild and moderate to severe VI) were highly consistent with the overall, and the results for boys and girls were similar. Therefore, this article does not further explore the gender differences in regional distribution.

This study also included a variety of representative regional influencing factors, in order to conduct a more comprehensive discussion on the reasons of the above problems. After adjusting for confounding, through multiple logistic regression analysis, a total of three risk factors and one protection factor were detected. They were: risk factors—RPCDI, GRGDP, CGTRS and FTT. When the regional VI level reached the fifth grade, they played the most significant role (expect CGTRS). This means that compared with the underdeveloped areas, regions with higher RPCDI, GRGDP and FTT were more likely to develop into the regions with higher VI rate, and their risks were 2.540 (95% CI, 1.646-3.919), 1.123 (95% CI, 1.007-1.252) and 1.050 (95% CI, 1.004-1.097) times of those with lower VI prevalence respectively. Hence, we found that there were inextricable links between the economy and VI. When the regional economy and per capita disposable income have increased
significantly (especially in the underdeveloped rural areas), the stronger purchasing power under favorable conditions has greatly increased the affordability and consumption of electronic products, LED lamps and other items, and also accelerated the popularization of smart phones among younger people, thus making it easier to form an unfavorable eye-using environment. In addition, combined with the effects of long-term near work [38, 39] and harmful lights [40], it is not surprising that the prevalence of VI was relatively high. Moreover, the risk effect of CGTRS was also manifested in the above aspects.

As another risk factor, the number of full-time teachers should also receive more attention from the education department. This study found that the risk of a region with abundant teacher resources evolving into an area with high VI level was 1.051 times that of a region with low VI level. The schoolwork pressure caused by teachers may have contributed to this result. Although this problem has been improved in primary schools, it can't be ignored due to the difficulty of entering a higher school (limited enrollment quota). Meanwhile, as the paramount part of the teaching process, teachers' behaviors, attitudes and professional teaching methods will affect children's health [41-43]. Under the background that Chinese parents attach great importance to traditional education, children's burden is already heavy, so teachers should further optimize their behaviors and attitudes to create a health environment for the childhood growth. However, the specific reasons for this result is still unknown.

We suggested that future research should focus more on the teachers, so as to further explore the specific causes of this association.

This is the first systematic study on the visual impairment of children aged 6-12 in Shandong province from 2013 to 2017, and the differences among them were expounded from various aspects. The sample involved in the study is huge, and the results are highly credible and regionally
representative. Nevertheless, this research also has some limitations: 1) The year covered by this study is only 5 years, and the data in 2013 are missing a lot. Due to the limited conditions, the data in other years cannot be supplemented, so the results of trend analysis are for reference only. 2) Family, school and other related associated factors [24, 39, 44] were not included in this research, and the impacts of schools’ and families’ differences among districts on VI cannot be verified. The above problems need further study.

Conclusions

In conclusion, there was a significant phenomenon of high prevalence and aggregation of visual impairment in the eastern region of Shandong province, and economic and educational factors have played a certain role in the development of regional visual impairment. The slight rebound of the VI prevalence in recent years was also worthy of vigilance. Based on the research results presented by various regions, it is suggested that relevant departments should improve children’s VI status (especially in Weihai and Yantai) according to their own economic and educational conditions and relevant policies (*Healthy China 2030, Healthy China Action*, etc.). Moreover, it is necessary to promote the reform and implementation of quality-oriented education (e.g. 1000m race [31]) and expedite the application and popularization of assistive technologies [45]. Prevention and treatment should be combined to comprehensively improve children's living environment and reduce the VI rate.

Declarations

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Authorship contributions

LH and JJ conceived and designed the study. LW provided the source data of the study. LH and JJ prepared software and performed the statistical analysis. LH prepared the manuscript and interpreted the data. JJ and LW assisted with the editing of the paper and provided critical comments. JJ and LW revised it critically for important intellectual content. All authors read and approved the final manuscript.

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Competing interests

The authors declare that they have no competing interests.

Availability of data and materials

The datasets generated and/or analysed during the current study are not publicly available due the data is confidential, but are available from the corresponding author on reasonable request.

Ethics approval and consent to participate

Ethics approval was not available in this cross-sectional study because we did not include any data of students’ personal information, including name, identity information, address, telephone number, etc. This study only showed the secondary aggregated data on county-level, therefore, waived off ethical approval.

Consent of publication

Not applicable

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Figure 1. Trends in overall and gender-specific visual impairment (VI) among children in Shandong province from 2013 to 2017

Figure 2. Trends in urban and rural visual impairment (VI) among children in Shandong province from 2013 to 2017

Figure 3. Age trends of visual impairment (VI) among children in Shandong province from 2013 to 2017

Figure 4. Spatial distribution of total visual impairment (VI) among children in Shandong province in 2013

Figure 5. Spatial distribution of total visual impairment (VI) among children in Shandong province in 2014

Figure 6. Spatial distribution of total visual impairment (VI) among children in Shandong province in
Figure 7. Spatial distribution of total visual impairment (VI) among children in Shandong province in 2015

Figure 8. Spatial distribution of total visual impairment (VI) among children in Shandong province in 2016

Figure 9. Spatial aggregation of visual impairment (VI) among children in Shandong province in 2013

Figure 10. Spatial aggregation of visual impairment (VI) among children in Shandong province in 2014

Figure 11. Spatial aggregation of visual impairment (VI) among children in Shandong province in 2015

Figure 12. Spatial aggregation of visual impairment (VI) among children in Shandong province in 2016

Figure 13. Spatial aggregation of visual impairment (VI) among children in Shandong province in 2017