Energetic Optimisation of Foraging Honeybees: Flexible Change of Strategies in Response to Environmental Challenges

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Abstract

Heterothermic insects like honeybees, foraging in a variable environment, face the challenge of keeping their body temperature high to enable immediate flight and to promote fast exploitation of resources. Because of their small size they have to cope with an enormous heat loss and, therefore, high costs of thermoregulation. This calls for energetic optimisation which may be achieved by different strategies. An ‘economizing’ strategy would be to reduce energetic investment whenever possible, for example by using external heat from the sun for thermoregulation. An ‘investment-guided’ strategy, by contrast, would be to invest additional heat production or external heat gain to optimize physiological parameters like body temperature which promise increased energetic returns. Here we show how honeybees balance these strategies in response to changes of their local microclimate. In a novel approach of simultaneous measurement of respiration and body temperature foragers displayed a flexible strategy of thermoregulatory and energetic management. While foraging in shade on an artificial flower they did not save energy with increasing ambient temperature as expected but acted according to an ‘investment-guided’ strategy, keeping the energy turnover at a high level (~56–69 mW). This increased thorax temperature and speeded up foraging as ambient temperature increased. Solar heat was invested to increase thorax temperature at low ambient temperature (‘investment-guided’ strategy) but to save energy at high temperature (‘economizing’ strategy), leading to energy savings per stay of ~18–76% in sunshine. This flexible economic strategy minimized costs of foraging, and optimized energetic efficiency in response to broad variation of environmental conditions.

Introduction

Honeybees are heterothermic insects which change from the ectothermic to the endothermic state for foraging. They have to keep their body temperature high throughout the entire foraging cycle to stay ready for immediate flight, and to promote fast exploitation of resources [1–6]. Endothermy in insects of this small size, however, means enormous efforts to compensate for the high heat loss because of the large surface to volume ratio [7]. This calls for energetic optimisation.

During a foraging trip the challenge is especially high because not only the ambient temperature but also solar radiation may vary in a broad range within a day and during a foraging season [4,8,9]. In order to assess the energetic demand of foraging bees under variable ambient temperatures there have been measurements of metabolism in the shade, both at artificial flowers [10–14], and during flight [15–17]. On many flowers, however, or at water sources honeybees are often not airborne for long periods of time [4,5,18,19]. Since they need not to stay airborne their ability of thermoregulation via regulation of heat production with the thoracic flight muscles is much more pronounced than in flight. Thorax temperature is regulated at different levels depending on several parameters like food quality and demand in the colony [3,20–22]. If weather conditions are fine honeybees prefer foraging in sunshine to get additional heat from solar radiation [5]. Thoracic temperature of foragers in sunshine is usually about 1–3°C higher than in shade [1,5,19]. The balancing of body temperature regulation during foraging with the own energetic effort and heat gain from the environment, however, is not well known [6]. The main question is what energetic optimisation strategy honeybee foragers follow. Do they follow general economic principles? Is their energetic and thermoregulatory strategy constant or variable throughout the natural range of ambient temperature variation? An ‘economizing’ strategy of energetic optimisation would be to use external heat gain or high ambient temperatures to minimize foraging costs directly by investing it to save energy via a reduction of the own metabolism. An alternative, more forward directed; ‘investment-guided’ strategy would be to invest heat production and external heat gain to optimize physiological parameters like body temperature which might speed up foraging. Though this

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would mean an instantaneous increase of costs it might nevertheless optimize foraging indirectly in the longer term by speeding up feeding, pollen gathering and flight, which in turn would decrease costs of a foraging trip. To answer these questions we here present a novel approach of simultaneous measurement of body temperature and energy turnover (from CO₂ production) of bees foraging sucrose solution from an artificial flower under outdoor conditions, in a broad range of environmental temperature and radiation variation.

**Materials and Methods**

**Energetics, thermoregulation and environmental conditions**

The experiments were conducted on 11 days in August and September 2004, on 2 days in early October 2005 and on one day in September 2006, between 10:00 and 16:00 hours. In order to allow a simultaneous comparison of foraging energetics and thermoregulation in sunshine and shade, 20 individually marked honeybees originating from 15 colonies in an apiary about 10–20 m away were trained to forage 1.5 M sucrose solution ad libitum from inside a brass measurement chamber of ~7.9 ml inner volume, immersed in a water bath (Julabo F33 HT) outside the laboratory. The chamber lid could be opened and closed quickly to give the bees fast access to an artificial flower inside (for details see [6]). 15 of the 20 bees could be tested both in shade and in sunshine, up to 12 times per radiation condition.

The CO₂ production was measured with a differential infrared gas analyser (DIRGA; URAS 14, ABB) with a flow-through measurement setup in serial mode according to Stabentheiner et al. [6], operated at a flow rate of 240 ml/min. The loss of measurement gas during chamber opening after the insects’ visits was compensated for by calibrations as described in [6]. Briefly, this procedure compares the washout volumes from the chamber containing certain concentrations of CO₂ with and without chamber opening.

The ambient air temperature near the foragers was measured by a thermocouple inside the chamber at the air outlet below the bees. The effect of radiation on thermocouple readings was corrected according to [6] if necessary. Solar radiation reaching the bees through the plastic film window of the measurement chamber lid was measured by a photoelectric miniature global radiation sensor in a second chamber beside that containing the artificial flower (FLA613GS/Mini special; Ahlborn; see [6]). Convection around the bees was measured with an omnidirectional flow sensor (FV A605 TA, Ahlborn). Environmental data were recorded by ALMEMO data loggers (2690-8 or 2890-9; Ahlborn).

Observation of behaviour and measurement of body surface temperature were done with infrared thermography at a rate of 3–5 Hz (FLIR ThermaCam SC2000 NTS) without behavioural impairment. The infrared camera was calibrated against a peltier-driven reference radiator placed close to the insects (Figure 1; [6]).

The energy gain from sugar was determined by correcting for density dependence on Ta. Below about 25°C the bee thorax is heated by activation of the flight muscles, part of the heat has reached the head and the abdomen. Ta = 21°C. Right-hand rectangle: proprietary infrared reference radiator.

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**Energy gain**

The energy gain from sucrose foraging was determined by training bees to forage from a balance (Mettler Toledo) where their landing and takeoff weight was measured to the nearest 0.1 mg at ambient temperatures of 15–35°C (in shade and in sunshine). The difference was calculated as crop load (in mg). Energy gain from sugar was determined by correcting for density variation due to temperature and using a calorific value of 16.8 kJ/g sucrose [24].

**Data evaluation and statistics**

Respiratory data were evaluated in Microsoft Excel and Origin (OriginLab) software. Surface temperatures of head, thorax and abdomen, and of the sucrose solution the bees imbibed, were evaluated at intervals of 3(−5) seconds with ThermaCam Researcher software (FLIR) controlled by a proprietary Excel VBA macro which extracted the stored environmental data automatically from the logger files at the time of thermographic measurement. Statistics and curve fitting was done with Statgraphics (Statpoint Technologies) and Origin software.

All work was conducted according to relevant national and international guidelines.

**Results**

**Interrelation of thermoregulation and energetics**

Once trained properly, the honeybees entered the measurement chamber immediately after arrival and started to drink the sucrose solution from the artificial flower. From a total of 400 visits to the artificial flower 217 measurements were made in shade and 183 in sunshine. The foragers remained endothermic during the whole stay (Figure 1). To our surprise, however, the bees foraging in shade did not decrease energy turnover with increasing ambient temperature (Ta) but kept it at a high level of ~56–69 mW on average throughout the investigated range of Ta (Figure 2A). This way they were able to increase the thorax surface temperature (Tₗ₄) from ~35–36°C at Ta = 15°C to ~42–43°C at Ta = 30–35°C (Figure 2B).

In sunshine (701 W m⁻² on average; see insert in Figure 2A) the foragers changed the energetic and thermoregulatory strategy in dependence on Ta. Below about 25°C they did not reduce energy turnover but kept it at a similar level as in shade (~62–65 mW;
Figure 2A. This way $T_{th}$ increased by $\sim 1-3^\circ C$ in comparison to the shade (Figure 2B). Above $25^\circ C$, by contrast, the bees reduced their energy turnover with increasing $T_a$ ($66-66,6 mW$; Figure 2A) in a way that their $T_{th}$ remained at a similarly high level, $42-43^\circ C$ as in shade (Figure 2B). In the bees exposed to the sun the temperatures of head and abdomen were by about $1-5^\circ C$ higher than in the bees foraging under shaded conditions. External convection around the bees at our flow rate setting of $240 ml/min$ amounted to $4.3 cm/s$.

Duration of stay

Both in sunshine and in shade the duration of stay decreased approximately exponential with increasing $T_a$ (Figure 2C; Table 1). In shade it changed from $140 s$ at $T_a=15^\circ C$ to $40 s$ at $T_a=30-35^\circ C$. In sunshine it was considerably lower than in the shade in the lower range of $T_a (<25^\circ C)$ but similar at high $T_a (>25^\circ C)$, decreasing from $90 s$ at $T_a=15^\circ C$ ($36\%$ of shade value) to $40 s$ at $T_a=30-35^\circ C$.

The duration of stay decreased also approximately exponential with increasing temperature of the sucrose solution ($T_s$) but the correlations were somewhat less pronounced than the correlations with $T_a$ (see $R^2$ values in Table 1). The regressions for shade and sunshine still differed at low $T_a$ ($<25^\circ C$; see insert in Figure 2C). This difference between nonlinear sunshine and shade regressions became much smaller when we correlated the duration of stay with body temperature (insert in Figure 2C). The correlations were best with the temperature of the head ($T_{hd}$; $R^2=0.87412$ and 0.56006 in shade and in sunshine, respectively), and less pronounced with the temperature of the abdomen ($T_{ab}$; $R^2=0.83793$ and 0.47277) (Table 1). ANOVA regression analysis revealed considerable differences between shade and sunshine in most cases (Table 1).

Costs, gain and efficiency per stay

Energetic costs per stay decreased with increasing $T_a$ (Figure 2D; Table 1). Values in shade (as derived from the fitted curves in Figure 2D) amounted to $\sim 8.0 J$ at $T_a=15^\circ C$ and $\sim 2.36 J$ at $T_a=35^\circ C$, and in sunshine from $\sim 5.35 J$ to $\sim 0.57 J$, respectively. The lower costs in sunshine equal energy savings from external heat gain of $2.65 J$, $0.71 J$ and $1.78 J$ at a $T_a$ of $15, 25$ and $35^\circ C$ if one compares the curves in Figure 2D. This equals savings of $\sim 33.1\%, \sim 18.6\%$ and $\sim 75.7\%$, respectively. In a similar way as with $T_a$ energetic costs per stay decreased with increasing temperature of the sucrose solution ($T_s$; thin lines in...
Table 1. Constants and statistics for regression functions in Figure 2.

| y = A+Bx+Cx²+Dx³ | constants | R² |
|-------------------|-----------|----|
| (cubic)           | A         | B  | C  | D  | |
| Figure 2A) shade  | −162.1361 | 39.14352 | −1.463 | 0.01839 | 0.2762 |
| sun              | 455.04686 | −51.09818 | 2.97696 | −0.05445 | 0.7089 |
| Figure 2B) T_{Na} | shade     | 41.35954 | −2.923 | 0.15998 | −0.00231 | 0.94058 |
| sun              | −28.58677 | 6.83706 | −0.25986 | 0.00351 | 0.93368 |
| T_{ph}           | shade     | 34.94919 | −0.51212 | 0.04957 | −0.0008097 | 0.88119 |
| sun              | −69.5259 | 5.44539 | −0.20204 | 0.0025 | 0.5122 |
| T_{ab}           | shade     | 33.1349 | −2.61309 | 0.16308 | −0.00259 | 0.81108 |
| sun              | −65.26133 | 11.57206 | −0.47612 | 0.00669 | 0.87559 |
| y = A₁e^{(x/t₁)} + y₀ | constants | R² |
| (exponential decay) | y₀      | A₁  | t₁  | |
| Figure 2C* duration vs. T_{a} | shade | 30.62809 | 1026.245 | 6.7649 | 0.91215 |
| sun              | 41.59258 | 866.42933 | 5.30143 | 0.58617 |
| duration vs. T_{sucrose} | shade | 33.69157 | 2791.07346 | 5.34167 | 0.90384 |
| (insert)         | sun      | 41.72991 | 3531.23814 | 4.45765 | 0.57871 |
| duration vs. T_{Na} | shade | 34.64229 | 65179.5756 | 3.92505 | 0.87412 |
| (insert)         | sun      | 36.90517 | 9201.64316 | 5.35922 | 0.56006 |
| duration vs. T_{ph} | shade | 15.50437 | 199780.804 | 4.77369 | 0.81793 |
| (insert)         | sun      | 23.41157 | 206487.229 | 4.66765 | 0.47277 |
| duration vs. T_{ab} | shade | 24.04419 | 4112.32539 | 5.97249 | 0.82327 |
| (insert)         | sun      | 40.11864 | 7351.28361 | 4.79935 | 0.47877 |
| Figure 2D* costs vs. T_{a} | shade | 1.58628 | 30.94792 | 9.49157 | 0.85673 |
| sun              | 22.8322 | −14.58663 | −82.78026 | 0.83342 |
| costs vs. T_{sucrose} | shade | 1.80662 | 61.13779 | 7.54753 | 0.86228 |
| sun              | 105668.232 | 105657.722 | −389503.053 | 0.85918 |

Ta = ambient air temperature; T_{Na}, T_{ph}, T_{ab} = surface temperatures of head, thorax, abdomen. N = 217 in shade and 183 in sun; all regressions significant at P < 0.0001, ANOVA, df = N-4 for cubic and N-3 for exponential decay functions. *: ANOVA linear regression analysis revealed significant differences in slope and intercepts between shade and sunshine at P < 0.05, except intercepts for duration vs. T_{ph} (n.s.). doi:10.1371/journal.pone.0105432.t001
Figure 3. Dependence of costs per stay on duration of stay in shade and in sunshine. Regression line \(y = A + Bx\) constants \(A/B: 0.74577/0.05285 (R^2 = 0.94911)\) in shade, and \(-0.74292/0.06753 (R^2 = 0.53439)\) in sun (both \(P < 0.0001\), ANOVA; \(N = 217\) in shade and 183 in sun). Regression lines significantly different between shade and sunshine in slope and intercept \((P < 0.0001, \text{ANOVA})\). doi:10.1371/journal.pone.0105432.g003

Figure 4. Costs per stay in dependence on temperature of body parts, in shade and in sunshine. Regressions \(y = A + Bx; all\ P < 0.0001, \text{ANOVA}; \ N = 217\) in shade and 183 in sun\), constants \(A/B: (A) 17.75233/0.42623 (R^2 = 0.76945)\) in shade, \(15.92754/0.37025 (R^2 = 0.79089)\) in sun\); (B) \(28.17624/0.59599 (R^2 = 0.71846)\) in shade, \(20.68964/0.42959 (R^2 = 0.20125)\) in sun\); (C) \(15.9186/0.40997 (R^2 = 0.79066)\) in shade, \(13.26462/0.32425 (R^2 = 0.76387)\) in sun\). Regression lines for shade and sunshine significantly different in slope \((P < 0.05, \text{ANOVA})\) but not different in intercept for \(T_{\text{head}} (P = 0.4652)\) and \(T_{\text{abdomen}} (P = 0.6066)\). doi:10.1371/journal.pone.0105432.g004

Discussion

Foraging motivation and energetics

Motivation is an important modulating parameter in foraging honeybees’ thermoregulation and energetics \([3,12,20,23,25]\). Under our experimental conditions with unlimited flow of 1.5 M sucrose solution, a very high-quality resource, the foraging bees displayed a high energy turnover under most environmental conditions, in shade amounting to about 55–70 mW on average \(\text{Figure 2A}\), which is higher than the 57–60 mW reported by...
Changes ofTa primarily not by regulation of heat production but shade must have regulated body temperature in reaction to and in sunshine (Figure 5). Therefore, the bees foraging in the decreasing Ta (Figure 2B). One might assume that body temperature and CO2 production uncovered a considerable decrease ofTa (Figure 2A) and Th decreased with decreasing Ta (energy turnover necessary to reach a certain excess temperature changed with Ta both in shade as in sunshine (Figure 5). This resembles independent measurements of oxygen consumption under similar environmental temperature and radiation conditions [6]. Such rather flat energetic curves were also found in flying honeybees [17], in flying carpenter bees (Xylocopa; [29]), and in many other flying insects (e.g. [30]; for more literature see [2]). Conversely, studies have shown that honeybees may decrease metabolic rate and wingbeat frequency during flight at high air temperatures [15,16]. In flying endothermic moths and honeybees these flat curves are thought to be the result of the limited ability to regulate heat production with the flight muscles because the insects have to stay airborne [2,17]. In our bees drinking sucrose solution, however, this rather flat energetic curve is surprising, because they do have the ability to decrease energy turnover at high Ta, if necessary as is shown by the values measured in sunshine (Figure 2A). Obviously, the bees changed their energetic strategy more and more to an ‘investment-guided’ one the higher the ambient temperature.

Though in shade the CO2 production was nearly independent of Ta (Figure 2A) and Th decreased with decreasing Ta (Figure 2B), the bees managed to thermoregulate to some extent: the thoracic temperature excess over Ta (Th-Ta) increased with decreasing Ta (Figure 2B). One might assume that body temperature and energy turnover are in a simple interrelationship. In honeybees heating their thorax up in flight preparation Goller and Esch [31] reported a straight increase ofTh-Ta with the metabolic turnover. Our simultaneous measurements of body temperature and CO2 production uncovered a considerable variability with no simple relationship (Figure 5; compare [32]). The dependence of Th-Ta on the energy turnover necessary to reach a certain excess temperature changed with Ta both in shade and in sunshine (Figure 5). Therefore, the bees foraging in the shade must have regulated body temperature in reaction to changes of Ta primarily not by regulation of heat production but by regulation of heat loss. Regulation of heat loss via cooling of the head by regurgitated fluid droplets at high Ta [33–35] was probably also not of much importance because the bees imbibing the sucrose solution had wet mouthparts anyway, suggesting a rather constant cooling effect. The two remaining pathways of heat loss regulation are the heat transport to the abdomen, which is not so much pronounced in honeybees [2], and respiration. Regulation of respiratory heat loss might be accomplished by modulation of ventilation frequency for example.

Our investigation shows for the first time that honeybees follow a flexible strategy concerning the use of solar radiation. Instead of reducing energy turnover at low Ta they invested solar heat to increase the temperature of all body parts considerably (Figure 2, ‘investment-guided’ strategy). At high Ta, by contrast, they decreased their energy turnover in the sun (‘economizing’ strategy), probably to prevent overheating. Though honeybees are rather heat tolerant insects [36,37] a further increase of body temperature might nevertheless have been unfavourable in the long term [37].

Body temperature and suction speed

The energy turnover measured in the present study was considerably higher than the turnover measured in most studies of agitated or hovering flight, where means amounted to about 38–63 mW [15–17,38,39]. This is surprising in so far as in our experiments the bees had not to lift their weight in flight. What is the purpose of this extreme investment? Figure 2 shows that the foragers used both the high energy turnover and solar heat to increase body temperature in a flexible manner, which led to the concurrent exponential decrease of the duration of stay (increase of suction speed) with increasing Th (Figure 2C; [40]). The function of the musculature involved in ingestion of fluids (‘suction pump’, cibarium with associated structures) is suggested to be strongly dependent on body temperature [19].

![Figure 5. Mean body surface temperature excess over ambient temperature (Tbody–Ta) per stay, in dependence on mean CO2 production rate (VCO2) or energy turnover, and Ta (colour scale), in shade (squares) and in sunshine (asterisks). Bees foraged 1.5 M sucrose solution from an unlimited flow feeder. Insert: Quotient of energy turnover (E.turn.) and body temperature excess (Tb–Ta) in dependence on Ta. N = 217 in shade and 183 in sun. Tb = Tbody (mean of head, thorax and abdomen). doi:10.1371/journal.pone.0105432.g005](image)
The extraordinarily high values of T<sub>th</sub> at high T<sub>a</sub> (T<sub>th</sub> = 40–44.5°C; Figure 2B) were not primarily a means to achieve maximum lift for immediate readiness for takeoff. Coelho [41] has shown that bees reach their maximum achievable lift already with a T<sub>th</sub> of ~39°C. A higher T<sub>th</sub> has an inhibitory effect on flight muscle performance. In bees foraging from flowers where they often must remain prepared for immediate commencement of flight, T<sub>th</sub> usually remains below 40°C [1, 5]. On water sources, on the other hand, where the bees can speed up foraging with a higher body temperature like at our artificial flower (unlimited flow of resources in both cases), a T<sub>th</sub> in sunshine higher than 40°C was nearly as common as in our experiments [19].

Costs, gain and efficiency

The balance between energy investment and energy gain is crucial in foraging insects. With their flexible strategy the bees’ costs per stay decreased considerably with increasing T<sub>th</sub> both in shade and in sunshine (Figure 2D). The main parameter determining the costs per stay under our experimental conditions of unlimited sucrose flow was time: costs increased linearly with the duration of stay (Figure 3). The linear decrease of the costs with body temperature (Figure 4) supports the hypothesis that the body temperature, especially that of head and abdomen, was the main factor determining efficiency of foraging [19]. The temperature of the thorax is of course also important because the heat produced there is transferred to the head and to the abdomen in part. It is noteworthy that the costs for sunny conditions are closely in the trend of those from the shade, with identical intercepts for head and abdomen temperature (Figure 4). This again emphasizes the interpretation that the bees use solar radiation in a flexible way to optimize body temperature for the purpose of optimisation of foraging efficiency.

Beside the body temperature, also the temperature of the imbibed food (of nectar or water) influences honeybee foraging [19, 24–44]. On flowers and cold water sources bees always prefer the warmer or sunny patches over colder or shaded ones [5, 19]. Beside the direct effect of the sun on body temperature [5, 19] warmer nectar or water will cool the mouthparts and suction pump less and this way probably contributes to an improved function. This way the bees can make more foraging trips per time interval, which increases the harvested amount of sugar (energy) per day.

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Energetic Optimisation of Honeybees

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