Effects of Postconditioning, Preconditioning and Perfusion of L-carnitine During Whole Period of Ischemia/Reperfusion on Cardiac Hemodynamic Functions and Myocardial Infarction Size in Isolated Rat Heart

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Objective(s): In the present work, the effects of L-carnitine (LC) on postischemic cardiac hemodynamic functions and infarction size were studied in isolated rat heart.

Materials and Methods: The hearts were subjected to 30 min regional ischemia followed by 120 min reperfusion. Then they were perfused by a drug-free or LC-enriched Krebs-Henseleit (K/H) solution during ischemia/reperfusion (I/R) (Protocol 1), 10 min before ischemia induction (Protocol 2; preconditioning group) or the first 10 min of reperfusion (Protocol 3; postconditioning group).

Results: The perfusion of LC in protocol 1 significantly reduced left ventricular end diastolic pressure (LVEDP) (P<0.05), and increased left ventricular developed pressure (LVDP) (P<0.05), rate pressure product (RPP) (P<0.01) and coronary flow rate (CFR) (P<0.05). The short-term preischemic administration of LC in protocol 2 improved RPP, CFR and decreased the extent of LVEDP elevation. However, protective effects of LC in this protocol were low compared to the whole period perfusion. In protocol 3, LC preserved postischemic cardiac functions not as much as the other protocols. In addition, infarct size significantly decreased by LC in all protocols as opposed to the control group (P<0.001).

Conclusion: The results of the present work showed that LC produced protective effects against I/R injury. These protective actions were reversed by concomitant use of etomoxir (a CPT-I inhibitor), suggesting that the efficacy of LC could be due to its mitochondrial action, probably related to the raise in glucose oxidation of the reperfused hearts.

Introduction

Carnitine is an essential cofactor under physiological conditions in the intermediary metabolism and transport of long-chain fatty acids (LCFAs) from the cytoplasm of cells to the mitochondrial matrix for ATP production (1-3). This pathway within the mitochondria is the major source of energy for the heart (4). Some previous studies have shown that L-carnitine (LC) exerts a protective effect against ischemia/reperfusion (I/R) injury, although controversial results are observed (1, 5-7). Arsenian et al (1996) demonstrated a decrease in mortality and the incidence of circulatory failure in a group of patients with acute myocardial infarction who were administered 3 g of LC.
along with the solution of glucose, insulin, potassium and magnesium (8). During ischemia, the accumulation of fatty acids and their intermediates has been shown to be deleterious to the recovery of the myocardial function of the reperfused heart (6). Some experimental and clinical studies have shown that LC reduces myocardial injury after I/R by counteracting the toxic effect of the high levels of free fatty acids, which occurs in ischemia (4, 7). In addition, LC reduces the intramitochondrial ratio of acetyl-CoA to free CoA, thus, it stimulates the activity of pyruvate dehydrogenase (PDH) and increases the oxidation of pyruvate (4, 9). It has also been shown that propionyl-L-carnitine, which penetrates faster than LC into myocytes, is effective in inhibiting the production of free radicals (10, 11). Other researchers and we previously reported the protective effects of LC on I/R-induced cardiac arrhythmias in isolated rat heart (8, 11, 12). In the study of Cui et al (2003), the effects of the short-term perfusion of LC on the incidence of reperfusion-induced arrhythmias and infarct size were investigated in isolated rat heart at the set of global ischemia. Results of this study showed that perfusion of LC for 10 min before induction of global ischemia failed to reduce the incidence of ventricular fibrillation. In addition, infarct size reduced only by high concentration (5 mM) of the agent (11). Previously, we reported protective effects of LC against reperfusion arrhythmias only when it is perfused for the whole period of 30 min ischemia and arrhythmogenic effects by short-term preischemic administration of the agent (13).

Despite the mentioned protective effects of LC, its exact effects on posts ischemic cardiac hemodynamic functions and myocardial infarction size at the set of regional ischemia (not global ischemia) are not completely understood. Recently, we demonstrated that pharmacologically preconditioned rat hearts by LC had produced concentration-dependent recovery in cardiac functions and significant reduction in lactate accumulation (14). In the present work, the effects of LC on infarct size and posts ischemic cardiac hemodynamic functions including left ventricular end diastolic pressure (LVEDP), left ventricular developed pressure (LVDP), heart rate (HR), rate pressure product (RPP) and coronary flow rate ( CFR) have been investigated in ischemic-reperfused isolated rat hearts in three different perfusion protocols.

**Materials and Methods**

**Chemicals**

The following chemicals were purchased: LC (Sigma Tau company), NaCl, NaHCO₃, KCl, KHPO₄, MgSO₄, CaCl₂, D-glucose (Merck company), Sodium pentobarbital (Kela company, Belgium) and Heparin (Daru-pakhsh company, Iran).

**Animals**

Fifty male Sprague-Dawley rats (270-330 g) were used in this study. Animals were given food and water ad libitum. They were housed in the Animal House of Tabriz University of Medical Sciences at a controlled ambient temperature of 25±2°C with 50±10 % relative humidity and with a 12 hr light/12hr dark cycle (lights on at 7:00 a.m.). This study was performed in accordance with the Guide for the Care and Use of Laboratory Animals of Tabriz University of Medical Sciences (National Institutes of Health Publication No 85-23, revised 1985).

**Surgical procedure**

The animals were pretreated with intraperitoneal (IP) injection of 500 IU/kg heparin then anaesthetized by sodium pentobarbital (50-60 mg/kg, IP) (15). The rat hearts were excised rapidly and mounted on a non-recirculating Langendorff apparatus under 100 mmHg pressure at 37.5°C and perfused with modified Krebs–Henseleit (K/H) solution containing (in mM): NaCl (118.5), NaHCO₃ (25.0), KCl (4.8), MgSO₄ (1.2), KHPO₄ (1.2), D-glucose (12.0) and CaCl₂ (1.7) that previously equilibrated with 95% O₂ - 5% CO₂. A fluid-filled balloon was introduced into the left ventricle and inflated to give a pre-load of 8-10 mmHg. An epicardial ECG was recorded during the experiment using two silver electrodes attached directly to the heart. Regional ischemia (30 min) was induced by the occlusion of left anterior descending coronary artery (LAD artery) and then by de-occluding of the coronary artery, the hearts were allowed to be reperfused (15).

**Measured parameters**

Hemodynamic factors including LVEDP, LVDP, RPP and HR were measured at regular intervals by Powerlab system (ADInstruments, Australia). CFR was measured by a time collection of the coronary perfusate that dripped from the heart. HR was calculated from the ECG. RPP was calculated by multiplying LVDP by HR (15).

**The determination of infarct size**

To determine infarct size, at the end of the 120 min reperfusion period, the ligature around the LAD artery was re-tied and the heart was slowly perfused with 2-3 ml of saline solution containing 0.25 % Evans blue dye (w/v) via the side arm of the aortic cannula. Perfusion of the hearts by Evans blue dye delineates the non-ischemic zone of the myocardium as a dark blue area. The hearts were frozen at -20°C and then the ventricles of the frozen hearts were sliced transversely in a plane perpendicular to the apico-basal axis into 2 mm-thick sections (14, 16). The slices were then incubated by 1 % (w/v) triphenyltetrazolium chloride (TTZ) solution in phosphate buffer.
(NaHPO₄, 88 mM; NaH₂PO₄, 1.8 mM, pH=7.4) for 15 min at 37°C to dye the non-infracted region (11, 17). This procedure resulted in the normally perfused tissue being stained blue, non-infracted, non-perfused tissue stained brick red and infarcted tissue remaining unstained and appeared pale. Trazt stains the non-infarcted myocardium a brick red color, indicating the presence of formazin precipitate that resulted from the reduction of TTZ by dehydrogenases enzymes present in viable tissue (16). The tissue slices were then fixed in 10% formalin for 24 h and then placed between two glass cover sheets. The sheets caused the tissue color to be clearly seen and also made a convenient flat surface for directly tracing the dimensions of the infarct and risk zone on a transparent sheet. The slices were drawn onto transparent sheets and by using a computerized planimetry package, the proportion of infracted tissue within the volume of myocardium at risk was calculated (16, 17).

**Experimental protocols**

Rats were allocated randomly to one of the following groups (n=6-8 in each group): (a) drug free control; (b) the hearts which were perfused with 0.5, 2.5 and 5 mM of LC-enriched K/H solution for the whole period of I/R (protocol 1); (c) the hearts perfused with 0.5, 2.5 and 5 mM of LC-enriched K/H solution for 10 min before induction of ischemia (protocol 2; preconditioning group); (d) the hearts perfused with 0.5, 2.5 and 5 mM of LC-enriched K/H solution during the first 10 min of reperfusion (protocol 3; postconditioning group); (e) the infusion of 1 μM etomoxir (ETM; a carnitine palmitoyltransferase-I inhibitor) -enriched K/H solution in the absence or the presence (f) of LC (2.5 mM) for the whole period of I/R.

**Statistical analysis**

All results are expressed as Mean±SEM. A one-way ANOVA or repeated ANOVA with LSD post hoc test was used to test any difference between the groups for infarct size and hemodynamic factors, respectively. The differences between groups were considered significant at a level of P<0.05.

**Results**

The effects of LC on cardiac hemodynamic functions during I/R

The hemodynamic responses to the perfusion of 0.5, 2.5, and 5 mM of LC-enriched K/H solution for the whole period of I/R (protocol 1) are summarized in Table 1. At the reperfusion phase, LVEDP was markedly increased in the control group especially during the first 30 min of reperfusion. However, as shown in Figure 1, all of the used concentrations of LC prevented this elevation and significantly reduced it during 90-120 min of reperfusion time (P<0.05 for all). In addition, LVDP, RPP and CFR were significantly increased by LC in this protocol at reperfusion phase (P<0.05, P<0.01 and P<0.001, respectively). In contrast to the LC effects, co-administration of LC (2.5 mM) with 1 μM of etomoxir (ETM), increased LVEDP over most of the time steps of reperfusion (Table 2). The effect was significant during 5-30 min for both ETM and the co-administered group; however, the later group caused greater elevation in LVEDP at the same time. In contrast to LC, ETM and LC plus ETM did not show significant effects on LVDP and CFR at reperfusion phase while LC showed significant increase in LVDP especially during 5-30 min of reperfusion (Table 1).

In protocol 2, the administration of LC by all used concentrations lowered the extent of LVEDP elevation and prevented LVDP reduction throughout the reperfusion time compared to the control group (Table 3). In addition, LC (2.5 and 5 mM) reserved RPP at the reperfusion time. Moreover, the improvement of RPP and LVDP by perfusion of 2.5 and 5 mM LC-enriched K/H solution also increased CFR throughout the reperfusion phase. The effect was significant during the first 30 min of reperfusion and 5 mM of LC showed a greater and longer effect. The results also showed that the administration of LC during the first 10 min of reperfusion (protocol 3), by increasing LVDP, RPP and CFR caused some beneficial effects on cardiac function during reperfusion (Table 4).

**Effects of LC on infarct size**

The effects of 0.5-5 mM of LC on infarct size for all proto-
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Iran J Basic Med Sci; Vol. 16, No. 4, Apr 2013

Table 1. Effects of LC (0.5-5 mM) on LVEDP, LVDP, HR, RPP and CFR in the control and treated isolated rat hearts during pre-reperfusion and 120 min reperfusion in protocol 1. Data are expressed as Mean±SEM.

| Group   | Factor | Pre-Rep | 5 min | 15 min | 30 min | 45 min | 60 min | 90 min | 120 min |
|---------|--------|---------|-------|--------|--------|--------|--------|--------|---------|
| Control | LVEDP  | 8.9±1.8 | 18.3±2.8*** | 14.7±2.0** | 11.9±1.8 | 10.4±2.0 | 6.5±1.0 | 5.5±0.9 |
|         | LVDP   | 100±16  | 117±16  | 115±13 | 108±10 | 104±14 | 100±10 | 95±9  |
|         | HR     | 224±15  | 240±23  | 224±16 | 219±17 | 244±17 | 220±17 | 227±16 |
|         | RPP    | 2239±190| 2797±2870| 2522±42186| 2338±21836| 2525±22277| 2125±21910| 2069±2012 |
|         | CFR    | 4.9±0.6 | 7.4±0.5* | 6.6±0.5 | 5.6±0.5 | 5.1±0.5 | 4.6±0.5 | 4.2±0.5 |
| LC (0.5 mM) | LVEDP  | 8.4±2  | 8.5±3.1 | 8.0±1.7 | 8.3±2.0 | 6.0±1.5 | 5.3±2.0 | 4.2±0.9* |
|         | LVDP   | 82±12  | 114±13* | 117±8* | 112±9* | 100±10 | 95±9  | 89±14 |
|         | HR     | 214±21  | 263±14* | 239±17 | 240±24 | 239±20 | 230±20 | 212±20 |
|         | RPP    | 17497±341| 29888±2639**| 27957±1701**| 26597±2205**| 23978±2724**| 2122±2341| 19037±2376 |
|         | CFR    | 3.5±0.4 | 6.1±0.4* | 5.6±0.5 | 5.2±0.5 | 4.8±0.5 | 4.2±0.5 | 4.0±0.3 |
| LC (2.5 mM) | LVEDP  | 6.6±0.9 | 7.5±0.9 | 7.3±0.6 | 6.3±0.9 | 4.3±0.9 | 3.3±0.9 | 1.8±0.3* |
|         | LVDP   | 95±9   | 127±10* | 122±9* | 124±11* | 112±11 | 114±11 | 97±11  |
|         | HR     | 223±25  | 251±27  | 259±23 | 243±21 | 245±26 | 243±21 | 238±19 |
|         | RPP    | 2120±2591| 3160±2317**| 31677±1316**| 29347±2309**| 27263±2921* | 2532±1347| 2329±2658 |
|         | CFR    | 3.9±0.4 | 6.6±0.4* | 5.8±0.3 | 5.7±0.4 | 5.1±0.4 | 4.7±0.4 | 4.5±0.3 |
| LC (5 mM)  | LVEDP  | 8.6±1.3 | 11.4±3.1 | 10.5±2.0 | 9.9±2.8 | 8.8±2.2 | 7.8±1.3 | 5.1±1.0* |
|         | LVDP   | 92±9  | 139±16** | 131±9** | 120±9* | 114±14 | 105±10 | 96±14 |
|         | HR     | 209±22  | 221±17  | 240±29 | 234±14 | 242±12 | 215±16 | 186±11 |
|         | RPP    | 1847±6251| 31093±1650**| 31859±1060**| 27974±1877**| 26563±1113**| 25106±1389| 1758±1163 |
|         | CFR    | 4.6±0.7 | 7.1±0.9* | 6.3±0.9 | 5.7±0.8 | 5.7±1.2 | 5.1±0.9 | 4.2±0.8 |

*** P<0.001, ** P<0.01, *P<0.05 versus pre-reperfusion value by using repeated ANOVA with LSD post test. n=6-8 in each group. LC; L-carnitine, LVEDP; left ventricular end diastolic pressure (mmHg), LVDP; left ventricular developed pressure (mmHg), HR; heart rate (beats/min), RPP; rate pressure product (mmHg-beats.min⁻¹), CFR; coronary flow rate (ml/min), Pre-Rep; Pre-reperfusion time.
# Table 2. Effects of ETM (1µM) with or without LC (2.5 mM) on LVEDP, LVDP, HR, RPP and CFR in the control and treated isolated rat hearts during pre-reperfusion and 120 min reperfusion in protocol 1. Data are expressed as Mean±SEM

| Group          | Factor | Pre-Re | Reperfusion          |
|----------------|--------|--------|----------------------|
|                |        | 5 min  | 15 min               |
|                |        | 30 min | 45 min               |
|                |        | 60 min | 90 min               |
|                |        | 120 min|                      |
| ETM (1µM)      | LVEDP  | 9.3±1.4| 13.0±1.6***          |
|                | LVDP   | 12±11  | 13±11                |
|                | HR     | 24±17  | 22±12                |
|                | RPP    | 29±18  | 28±18                |
| LC (2.5 mM)    | LVEDP  | 12±19  | 17±23***             |
| (1µM)          | LVDP   | 11±11  | 13±11                |
|                | HR     | 17±25  | 16±24                |
|                | RPP    | 16±58  | 20±37                |
| LC (5 mM)      | LVEDP  | 9.2±1.9| 3.1±2.3*             |
| (5 mM)         | LVDP   | 10±21  | 6.3±2.0**            |
|                | HR     | 22±15  | 24±16                |
|                | RPP    | 23±31  | 27±22                |
| LC (5 mM)      | LVEDP  | 4.5±1.0| 9.2±2.4*             |
|                | LVDP   | 10±14  | 10±13                |
|                | HR     | 19±16  | 22±17                |
|                | RPP    | 23±18  | 25±16                |
| LC (5 mM)      | LVEDP  | 3.3±1.0| 6.1±2.0*             |
|                | LVDP   | 10±14  | 10±13                |
|                | HR     | 19±16  | 22±17                |
|                | RPP    | 23±18  | 25±16                |

** P<0.01, *** P<0.001 versus pre-reperfusion value by using repeated ANOVA with LSD post test. n=6-8 in each group. ETM; Etomoxir, LC; L-carnitine, LVEDP; left ventricular end diastolic pressure (mmHg), LVDP; left ventricular developed pressure (mmHg), HR; heart rate (beats/min), RPP; rate pressure product (mmHg beats.min⁻¹), CFR; coronary flow rate (ml/min), Pre-Re; Pre-reperfusion time

# Table 1. Effects of LC (0.5-5 mM) on LVEDP, LVDP, HR, RPP and CFR in the control and treated isolated rat hearts during pre-reperfusion and 120 min reperfusion in protocol 2. Data are expressed as Mean±SEM

| Group          | Factor | Pre-Re | Reperfusion          |
|----------------|--------|--------|----------------------|
|                |        | 5 min  | 15 min               |
|                |        | 30 min | 45 min               |
|                |        | 60 min | 90 min               |
|                |        | 120 min|                      |
| Control        | LVEDP  | 8.9±1.8| 18.1±2.8***          |
|                | LVDP   | 10±16  | 11±16                |
|                | HR     | 22±15  | 24±16                |
|                | RPP    | 23±31  | 27±22                |
| LC (0.5 mM)    | LVEDP  | 11±22  | 12±19                |
| (0.5 mM)       | LVDP   | 12±11  | 13±11                |
|                | HR     | 17±26  | 18±24                |
|                | RPP    | 18±59  | 20±37                |
| LC (2.5 mM)    | LVEDP  | 11±24  | 13±15                |
| (2.5 mM)       | LVDP   | 10±14  | 10±13                |
|                | HR     | 18±16  | 22±17                |
|                | RPP    | 23±18  | 25±16                |
| LC (5 mM)      | LVEDP  | 3.3±1.0| 6.1±2.0*             |
| (5 mM)         | LVDP   | 10±14  | 10±13                |
|                | HR     | 19±16  | 22±17                |
|                | RPP    | 23±18  | 25±16                |

** P<0.01, *** P<0.001 versus pre-reperfusion value by using repeated ANOVA with LSD post test. n=6-8 in each group. LC; L-carnitine, LVEDP; left ventricular end diastolic pressure (mmHg), LVDP; left ventricular developed pressure (mmHg), HR; heart rate (beats/min), RPP; rate pressure product (mmHg beats.min⁻¹), CFR; coronary flow rate (ml/min), Pre-Re; Pre-reperfusion time
Table 4. Effects of LC (0.5-5 mM) on LVEDP, LVDP, HR, RPP and CFR in the control and treated isolated rat hearts during pre-reperfusion and 120 min reperfusion in protocol 3. Data are expressed as Mean±SEM.

| Group     | Factor | Pre-Rep | 5 min | 15 min | 30 min | 45 min | 60 min | 90 min | 120 min |
|-----------|--------|---------|-------|--------|--------|--------|--------|--------|---------|
| Control   | LVEDP  | 8.9±1.8 | 18.1±2.8*** | 14.7±2.0** | 13.4±2.0* | 11.9±1.8 | 10.4±2.0 | 6.5±1.0 | 5.5±0.9 |
|           | LVDP   | 100±16 | 117±16 | 115±13 | 108±10 | 104±14 | 100±10 | 90±12 | 80±13 |
|           | H R    | 224±15 | 240±23 | 224±16 | 219±17 | 224±17 | 220±17 | 227±16 | 1901±3 |
|           | RPP    | 2239±2904 | 2769±2870 | 2522±1816 | 238±1836 | 2525±2277 | 2150±5990 | 2069±2032 | 1505±4193*** |
|           | CFR    | 9.1±0.6 | 7.4±0.5* | 6.6±0.5 | 5.6±0.5 | 5.1±0.5 | 4.6±0.5 | 4.2±0.5 | 3.9±0.7 |
| LC (0.5 mM) | LVEDP  | 4.4±0.7 | 7.2±1.8 | 6.4±1.6 | 5.6±1.1 | 7.0±1.2 | 5.3±1.2 | 3.7±1.7 | 3.7±1.1 |
|           | LVDP   | 102±16 | 124±13 | 120±10 | 116±11 | 117±12 | 109±14 | 96±17 | 92±17 |
|           | H R    | 219±22 | 212±43 | 225±23 | 229±11 | 211±9 | 208±10 | 178±26 | 158±18* |
|           | RPP    | 22595±3431 | 26038±5197 | 2740±2532 | 2649±1396 | 2445±2027 | 2240±2478 | 1683±4264 | 1493±3507*** |
|           | CFR    | 4.4±0.7 | 6.5±0.6 | 5.6±0.8 | 5.7±0.8 | 5.3±1.0 | 4.8±1.0 | 4.3±1.0 | 4.0±1.1 |
| LC (2.5 mM) | LVEDP  | 6.6±0.2 | 7.7±1.5 | 7.3±1.4 | 7.8±0.9 | 6.8±0.7 | 6.0±1.0 | 4.5±0.9 | 3.8±1.1 |
|           | LVDP   | 122±13 | 127±12 | 130±13 | 128±12 | 126±12 | 125±12 | 117±12 | 109±14 |
|           | H R    | 246±12 | 271±12 | 256±12 | 252±14 | 244±16 | 235±16 | 236±22 | 205±16 |
|           | RPP    | 30035±2069 | 3433±1954 | 3298±1420 | 3192±1371 | 3043±2350 | 2916±2745 | 2761±2727 | 2194±1273*** |
|           | CFR    | 6.2±1.9 | 8.2±0.7 | 7.5±0.6 | 6.3±0.8 | 5.2±0.7 | 4.4±0.7 | 3.8±0.7 | 3.2±0.4* |
| LC (5 mM)  | LVEDP  | 6.2±1.3 | 13.5±1.5** | 13.8±1.0** | 10.4±2.0** | 9.6±1.5 | 9.0±1.6 | 7.0±1.5 | 4.2±1.2 |
|           | LVDP   | 126±10 | 151±10 | 156±10 | 15±10 | 149±10 | 144±9 | 137±10 | 13±10 |
|           | H R    | 221±23 | 265±19 | 236±26 | 254±12 | 252±18 | 251±7 | 241±11 | 23±12 |
|           | RPP    | 2789±1675 | 4489±2269** | 3647±4168** | 3868±1883** | 378±4181** | 361±1298** | 3312±1463 | 3324±1721 |
|           | CFR    | 4.0±1.0 | 9.5±0.7*** | 7.4±1.0** | 6.4±0.6 | 5.7±0.6 | 5.0±0.6 | 4.5±0.7 | 4.1±0.8 |

*** P<0.001, ** P<0.01, * P<0.05 versus pre-reperfusion value by using repeated ANOVA with LSD post test. n=6-8 in each group. LC: L-carnitine, LVEDP: left ventricular end diastolic pressure (mmHg), LVDP: left ventricular developed pressure (mmHg), HR: heart rate (beats/min), RPP: rate pressure product (mmHg·beats·min⁻¹), CFR: coronary flow rate (ml/min), Pre-Rep: Pre-reperfusion time.

Discussion

The present study was focused on the pharmacological effects of LC on I/R-induced cardiac hemodynamic dysfunction and infarct size in isolated rat heart. The results showed that the perfusion of LC for the whole period of I/R (Protocol 1) significantly reduced LVEDP and increased LVDP, RPP and CFR at reperfusion phase. In contrast to LC alone, some beneficial effects of LC on cardiac hemodynamic functions were significantly reversed by ETM (a carnitine palmitoyltransferase-I inhibitor) as marked increase in LVEDP over most of the time steps of reperfusion (P<0.01). We suggested that ETM, through the inhibition of carnitine palmitoyltransferase-I, blocked LC, affects fatty acid metabolism in mitochondria. This effect might decrease ATP production and increase fatty acids and their toxic metabolites in the myocytes. The metabolites might probably result in some undesired alterations in cardiac functions after releasing during reperfusion. Yamada et al have shown that long-chain acylcarnitines accumulate in ischemic tissue and incorporate into cytosolic membrane compartments (18). Long-chain acylcarnitine esters are lipophilic and may readily damage membrane lipids and particularly, membrane bound enzymatic proteins (10), increase intracellular Ca²⁺ (19), intracellular Na⁺ (20) and may thereby lead to electrophysiological and contractile dysfunction in the myocardium (21). In addition, the accumulation of acylcarnitine esters in ischemic myocardium could contribute to the development of apoptosis (11). The short-term preischemic administration of 0.5-5 mM of LC in protocol 2 improved some cardiac functions as an improvement of RPP, CFR; coronary flow rate (ml/min), Pre-Rep; Pre-reperfusion time.
administration of LC (0.5-5 mM) by inhibition of elevation in LVEDP, reducing LVEDP, and increasing LVDP followed by improving RPP (as a marker for heart performance) could recover hemodynamic functions of ischemic reperfused isolated rat hearts. Our findings also demonstrate that perfusion of LC (0.5-5 mM) causes marked and potent protective activity against I/R injuries as the reduction of infarct size in all protocols (P<0.001 for all concentrations). Profound reduction of infarct size by the short-term administration of LC (Protocols 2 and 3), suggests that the effects of LC on infarct size and hemodynamic functions is probably related to independent mechanisms. The results also suggest that the concentration and time of administration may play an important role in the pharmacologic effects of LC. Additionally, it seems that 2.5 mM of LC is the optimum concentration to improve cardiac hemodynamic functions and reduces myocardial infarct size in our model of study. The results of this work are consistent with the results of some previous studies (22, 23). It has been shown that in euglycemic and diabetic isolated rat hearts subjected to 20 min normothermic zero-flow global ischemia followed by 60 min reperfusion, LC (5 mM) preserves LVDP significantly without any significant difference between the groups regarding HR and CFR (24). In a similar study, normal and diabetic isolated rat hearts subjected to 60 min aerobic perfusion then 60 min low flow global ischemia and 60 min reperfusion, LC (10 mM) caused a significant increase in RPP because of improvement of LVDP (25). A part of the beneficial effects of LC on the recovery of cardiac function of diabetic and non-diabetic rat hearts may be mediated by its ability to stimulate glycolysis during the ischemia or glucose oxidation during aerobic reperfusion, or both (25). These experiments suggested that acute supplementation with LC significantly improved the tolerance of hearts from both diabetic and euglycemic rats to I/R interventions (24, 25). In carnitine deficient isolated rat hearts subjected to 20 min no flow ischemia followed by 30 min reperfusion, LC (5 mM) did not show significant effect on CFR (26). Previously, we demonstrated that LC pharmacologically precondition isolated rat hearts against ischemic and reperfusion injury in part by the recovery of posts ischemic ventricular hemodynamic functions, the depletion of glycogen and therefore reduction of lactate accumulation (14). In the study of Cui et al (2003), the perfusion of LC for 10 min before global ischemia improved the posts ischemic recovery of hemodynamic factors (CFR and LVDP) in the group perfused only with 5 mM (I1). Although our results were consistent with the results of Cui et al in HR, CFR and LVDP, in contrast to their results, all the used concentrations of LC in our model significantly reduced infarct size, even the lowest concentration (0.5 mM). We suggested that the existence of some methodological differences between the above studies (such as the type and duration of ischemia, the used concentrations of LC and experimental protocols) had an important role in those variations.

Clinically, oral carnitine therapy has been shown to be of clinical benefit for patients with coronary heart disease, heart and renal failure (7), cardiomyopathy, arrhythmias (2, 24) and acute myocardial infarction (22, 27). Tarantini et al (2006) reported prompt and subsequent maintenance administration of LC following an acute myocardial infarction inhibited progressive left ventricular dilatation (28). In small short-term studies, LC acts as an antianginal agent that reduces ST segment depression (1, 6) and LVEDP (6). Xue et al (2007) suggested that the beneficial effects of LC in cardiovascular disease were mainly related to restoration of energy saving and resumption of normal oxidative metabolism in the heart (23). Against I/R-induced injuries, the protective effects of LC can be related to different mechanisms such as stimulating fatty acid oxidation during ischemia, restoring the balance between fatty acid and glucose oxidation, reducing toxic effects of long chain free fatty acids metabolites (1, 10), mitigating the noxious effects of oxygen free radicals in the reperfused hearts (7, 10), increasing in coronary blood flow and anti-arrhythmic effect (10). Furthermore, researches suggest that carnitine is also crucial in the regulation of carbohydrate metabolism in addition to its role in the oxidation of fatty acids (1, 9). The cardioprotective action of LC against I/R injury was reversed by coconcomitant use of ETM in this study, suggesting that the efficacy of LC could be related to its mitochondrial action but it was not directly attributed to an increase in fatty acid oxidation. Instead, depending on the concentration and duration of administration, it appeared that LC might be beneficial in myocardial I/R by increasing PDH activity (1, 6) and shifting cellular energy production from oxidation of fatty acids to glucose (especially in isolated heart).

**Conclusion**

In conclusion, our results showed cardioprotective effects of LC as the improvement of postischemic hemodynamic functions and reduced the extent of myocardial infarct size. The differences between the effectiveness of various protocols could be explained by the differences in duration and time of LC perfusion. Additionally, the results showed that 2.5 mM of LC was the optimum concentration to improve cardiac hemodynamic functions and protected isolated rat hearts against I/R-injury in our model of study. Further studies are required before carnitine administration could be recommended as a routine procedure in ischemic heart disease.
Acknowledgment

This study was funded by a grant from Tabriz University of Medical Sciences, Tabriz, Iran.

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