Adaptation of Clinical Prediction Models for Application in Local Settings

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Background. When planning to use a validated prediction model in new patients, adequate performance is not guaranteed. For example, changes in clinical practice over time or a different case mix than the original validation population may result in inaccurate risk predictions.

Objective. To demonstrate how clinical information can direct updating a prediction model and development of a strategy for handling missing predictor values in clinical practice.

Methods. A previously derived and validated prediction model for postoperative nausea and vomiting was updated using a data set of 1847 patients. The update consisted of 1) changing the definition of an existing predictor, 2) reestimating the regression coefficient of a predictor, and 3) adding a new predictor to the model. The updated model was then validated in a new series of 3822 patients. Furthermore, several imputation models were considered to handle real-time missing values, so that possible missing predictor values could be anticipated during actual model use.

Results. Differences in clinical practice between our local population and the original derivation population guided the update strategy of the prediction model. The predictive accuracy of the updated model was better (c statistic, 0.68; calibration slope, 1.0) than the original model (c statistic, 0.62; calibration slope, 0.57). Inclusion of logistical variables in the imputation models, besides observed patient characteristics, contributed to a strategy to deal with missing predictor values at the time of risk calculation.

Conclusions. Extensive knowledge of local, clinical processes provides crucial information to guide the process of adapting a prediction model to new clinical practices. Key words: clinical prediction rules, methodology, decision rules, provider decision making, statistical methods. (Med Decis Making 2012;32:E1–E10)
over time may allow for specific adjustments to a subset of predictors, in addition to an overall adjustment to the original model.

Furthermore, strategies have been reported to handle real-time missing predictor data when a prediction model is used in new patients.9 Recently suggested methods to handle real-time missing predictor data are mostly based on statistical techniques. Clinicians—or other health care workers—may be aware of specific reasons why predictor data are missing. For example, logistics can cause missing values when a predictor’s value is only available in a paper-based format, while the predicted risk is automatically being calculated by an electronic decision support system. Consequently, this local, external information may be combined with statistical techniques to provide accurate estimates of missing predictor values in the local population.

This case study demonstrates how we used insight in recent developments and local circumstances to optimize a model for predicting postoperative nausea and vomiting (PONV) before using the model in our clinical practice. Specific antiemetic drugs can be administered during anesthesia to prevent PONV, a practice known as “PONV prophylaxis.”10 For high-risk patients, several antiemetic drugs need to be combined to effectively prevent PONV. A prediction model might enable clinicians to apply a risk-tailored approach for PONV prophylaxis and prevent unnecessary costs and possible side effects, in contrast to administering multiple drugs to all patients.11,12

### METHODS

#### The Original PONV Prediction Model

Previously, a prediction model for PONV occurrence within 24 hours of surgery was derived and internally validated.13 Data were used of 1389 inpatients who were scheduled for elective surgery between 1997 and 1999 in the Academic Medical Center Amsterdam, the Netherlands (hereafter referred to as derivation data set). All patients had participated in a randomized trial on differences in PONV incidence after either intravenous or inhalational general anesthesia.14 The model is shown in Table 1, left column. Initially, 7 categories were used to describe data on type of surgery: superficial, laparoscopic, upper abdominal, lower abdominal, strabismus, middle ear, and other. As the risk of PONV was significantly higher for lower abdominal surgery and middle ear surgery compared with all other categories in the derivation data set, both were combined into high-risk surgery v. all other types of surgery.

#### Updating the PONV Prediction Model

**Clinical considerations.** The decision to update the original model was based on 3 clinical considerations. First, we compared the predictors in the model with the latest reported evidence on important PONV predictors. Second, we considered possible changes in anesthesia practice since the model...
derivation. Third, we considered possible differences in case mix between the derivation data set and our local patients.

According to recent literature, upper abdominal and laparoscopic surgery are procedures that have a risk of PONV similar to lower abdominal surgery, as all 3 types of procedures are forms of abdominal surgery.15,16 Upper abdominal and laparoscopic surgery were not included in the original model because of small numbers in the derivation data set. Hence, we decided to change the definition of the predictor high-risk surgery to “middle ear surgery”. The derivation data set included patients who had surgery in the middle to late 1990s. At that time, nitrous oxide was commonly used as an additive agent to ether derivatives for inhalational anesthesia. Both ether derivatives and nitrous oxide increase the risk of PONV. Currently, nitrous oxide is much less used in the Netherlands, in response to the discovery of several adverse effects, including PONV.17 The main ether derivative of that time, isoflurane, is increasingly being replaced by new, shorter acting inhalational agents such as sevoflurane and desflurane, which are considered to cause less PONV.18 As predictive effects of inhalational anesthesia could be different at the present time, we decided to include the changes in anesthesia practice in the definition of the predictor inhalational anesthesia and its regression coefficient in the model.

The original prediction model was derived on surgical inpatients only. In general, PONV is less common in outpatient procedures than in inpatient procedures. Consequently, the original PONV model was likely to overestimate the risk of PONV for outpatients. The lower incidence in outpatients is most likely the result of a lower case complexity. However, case complexity is a result of several characteristics, which individually are not necessarily predictors of PONV. Outpatient surgery may therefore serve as a proxy variable in which the predictive effects of several of these case characteristics are combined. Since outpatient surgery is currently routine practice in many hospitals, including ours, we decided to extend the model with an additional predictor for outpatient surgery.

Update data set. Using a prospective cohort design, we consecutively included 1847 elective surgical patients who were operated on from June to December 2004 under general anesthesia at the University Medical Center Utrecht, the Netherlands (referred to as update data set). The study included adult inpatients \( (n=1203) \) and outpatients \( (n=644) \). All predictor variables of the original model and the outcome variable PONV within 24 hours were recorded similar to the data collection of the derivation data set.

Update methods. The original prediction model was updated with logistic regression analysis. For every patient in the update data set, the linear predictor \( lp_0 \) was calculated based on the 6 regression coefficients \( \beta_i \) of the original model and the corresponding predictor values \( x_i \) of that case \( (lp_0=\alpha+\beta_1x_1+\beta_2x_2+\ldots+\beta_6x_6) \) (see Table 1 for predictor variables). According to clinical considerations as described above, the model was updated using recently proposed methods.6,7 According to recent literature, upper abdominal and laparoscopic surgery would have predictive effects of PONV similar to lower abdominal surgery. Consequently, we assumed that the change in definition of high-risk surgery would have the same regression coefficient as compared with the old definition. In contrast, the change in definition of inhalational anesthesia was expected to lower its regression coefficient. Therefore, the model was revised for inhalational anesthesia \( (x_{\text{inhalational}}) \). To include outpatient surgery, the model was extended with an additional predictor \( x_{\text{outpat}} \). The intercept \( \alpha \) and slope \( \beta_{\text{overall}} \) were estimated to incorporate the overall effect of the new data. This resulted in the updated model with the following linear predictor \( lp_1 \):

\[
lp_1 = \alpha + \beta_{\text{overall}}lp_0 + \gamma_{\text{inhalational}}x_{\text{inhalational}} + \beta_{\text{outpat}}x_{\text{outpat}}. \tag{1}
\]

In formula (1), \( \gamma_{\text{inhalational}} \) represents the deviation from the recalibrated regression coefficient for inhalational anesthesia, and \( \beta_{\text{outpat}} \) represents the regression coefficient for the extra predictor outpatient surgery \( (\text{yes}/\text{no}) \). All regression coefficients of the original model were multiplied by \( \beta_{\text{overall}} \) to result in the updated (recalibrated) regression coefficient. In addition, \( \gamma_{\text{inhalational}} \) was added to the recalibrated regression coefficient of inhalational anesthesia to result in its final regression coefficient in the updated model.

For comparison purposes, a new model was developed from the update data set using the same predictor variables as the updated model. However, the regression coefficients for the newly developed model were estimated directly from the update data set and did not include any information from
the original data set. Consequently, the regression coefficients of the newly developed model represented the “closest fit” to the update data set. The new model was used to evaluate the success of adapting the updated model to the local setting.

Multiple imputation was used to impute missing data within the update data set (aregImpute [Vanderbilt University, Nashville, TN] from the Hmisc library of R [Free Software Foundation, Boston, MA] and S-plus [TIBCO Software Inc. Palo Alto, CA] software). Regression coefficients of formula (1) and regression coefficients of the newly developed model were estimated in 10 completed data sets and averaged.\textsuperscript{19–21}

**Validation of updated model.** In the next phase, the updated model and the newly developed model were externally validated in a third cohort of 3822 elective surgical in- and outpatients, prospectively collected between March 2006 and February 2007 at the University Medical Center Utrecht, the Netherlands (referred to as external validation data set). Following multiple imputation of missing data, receiver operating characteristic (ROC) curves were plotted to compare the predictive performance of all models within the external validation data set. Discrimination was further assessed with the c statistic.\textsuperscript{22–24} Calibration within the external validation data set was assessed with calibration intercept and slope.

**Handling of Real-Time Missing Predictors**

When either the updated model or the newly developed model will be used in our local population, various predictor values are likely to be missing on occasion. Similar to dealing with missing values when analyzing the data of a conducted study, missing predictor values should also be dealt with during model application (i.e., in real time). We developed an imputation strategy that can be used to estimate missing predictor values when applying the prediction model in practice. The strategy contains various imputation models.

At the start of a procedure (i.e., the moment of risk calculation), the predictors age, gender, inhalational anesthesia, and outpatient surgery are always available from the electronic patient record and will never be missing. We derived imputation models for the predictors high-risk surgery, smoking status, and history of PONV or motion sickness using data from the update data set. Although the planned surgical procedure is always known at the start of the procedure, whether it is a high-risk surgery or not requires some additional recoding to use it as a predictor in an electronic decision support system. When the information has not yet been recoded at the moment of risk calculation, causing “high-risk surgery” to be missing, the observed values of other predictors alone may not be informative enough to impute missing values on high-risk surgery. Two process variables, which indicate the nature of the surgical procedure and are always electronically available at the start of the procedure, were therefore added: surgical specialty of the treating clinician and operating room location. Surgical specialty provides valuable information about whether high-risk surgery is being performed. For example, gynecologists often perform abdominal surgical procedures, whereas ophthalmologists never perform abdominal or middle ear procedures. Consequently, a surgical specialty is considered a risk specialty if either abdominal or middle ear surgery is included in the regular scope of procedures of that specialty. When surgical specialty is missing as well, the probability of a surgical specialty performing high-risk surgery will be estimated from the particular operating room. Surgical specialties are mostly restricted to one or two specific operating rooms. More than 50,000 electronic patient records on procedures in the 4 years preceding the study were used to determine if an operation room should be considered to accommodate surgical specialties that perform high-risk surgery. Subsequently, either the surgical specialty or the probability of a surgical specialty that performs high-risk surgery was included into the imputation model for high PONV risk surgery, in addition to the available predictors. The ability to predict surgical specialty from the location of the operating room was assessed from the external validation data set using the c statistic, as well as the calibration intercept and slope.

The imputation strategy as a whole was validated in cases with completed outcome data of the external validation data set. The 3 predictors—high-risk surgery, smoking status, and history of PONV or motion sickness—were imputed. The PONV risk was calculated with the imputed values for all 3 predictors. The performance of the updated model using our imputation strategy was compared with the performance of the updated model using 2 alternative strategies to dealing with real-time missing predictors: overall mean imputation (impute the data set incidence for each predictor value) and ignoring the missing predictor (set predictor value to zero). Reclassification of the imputation strategy in comparison to overall mean imputation was expressed as a category-free net reclassification
improvement (NRI > 0]) with bootstrapped 95% confidence intervals (boot library of R and S-plus software).25,26

RESULTS

Update of the Prediction Model

The calibration slope ($b_{overall}$) of the original model was 0.79, with an intercept adjustment ($a$) of −0.03 (see formula (1)). The regression coefficient correction for inhalational anesthesia ($g_{inhalational}$) was −0.22. As a consequence, the new regression coefficient for inhalational anesthesia was 0.35 (0.79*0.72-0.22, Table 1, right column). The additional reduction of the predictive effect was expected since newer inhalational agents and the less frequent use of nitrous oxide had reduced the incidence of PONV. Outpatient surgery was less frequently related to PONV than inpatient surgery, as expressed by a regression coefficient of −1.16 ($b_{outpat}$).

The distributions of the patient characteristics in the update data set and the external validation data set were similar for most variables (Table 2). Patients from the update data set were slightly younger (mean: 47 v. 50 years), received more often inhalational anesthesia (61% v. 52%), and underwent outpatient surgery more often (35% v. 24%) compared with patients from the external validation data set. Predictor values in the update data set were missing in 23% of the cases for history of PONV, in 18% for motion sickness, and in 1% for current smoking. For the external validation data set, missing occurred in 30% of the cases for history of PONV, in 29% for motion sickness, in 7% for type of surgery, and in 4% for current smoking. Patients from the update data set suffered less frequently from PONV (35% v. 47%), which is probably the result of the higher number of outpatients in the update data set. Outcomes were missing in 6% of the cases in the update data set and in 25% of the cases in the external validation data set. The larger percentage of missing outcomes in the external validation data set was caused by a technical problem in (the logistics of) the data collection.

In the external validation data set, discrimination was very similar for the updated model and the newly developed model and lower for the original model (Figure 1). Application of the updated model in the patients of the external validation data set resulted in a c statistic of 0.68 (95% confidence interval [CI], 0.66–0.70) and a calibration slope of 1.00 (95% CI, 0.89–1.10) with a calibration intercept of 0.34. When applying the newly developed model in the external validation data set, the model had a c statistic of 0.68 (95% CI, 0.67–0.70) and a calibration slope of 0.89 (95% CI, 0.80–0.99) with a calibration intercept of 0.29. For comparison purposes, the c statistic of the original model in the external validation set was 0.62 (95% CI, 0.60–0.64), and the calibration slope was 0.57 (95% CI, 0.48–0.66).

Handling of Real-Time Missing Predictors

The imputation strategy incorporated 3 imputation models: 1 model for high-risk surgery, 1 for smoking status, and 1 for history of PONV or motion sickness (Figure 2). First, high-risk surgery was imputed based on observed predictors and additional process variables. As a consequence, the additional information was indirectly incorporated in the imputation of missing values on smoking status and history of PONV or motion sickness. The value of high-risk surgery was imputed with a logistic regression model that included age, gender, outpatient surgery, and surgical specialty as variables.

Table 2: Patient and Procedural Characteristics of the Update Data Set and the External Validation Data Set

|                         | Update Data Set ($n = 1847$) | External Validation Data Set ($n = 3822$) |
|-------------------------|-----------------------------|------------------------------------------|
| Age, y, mean (SD)       | 47 (16)                     | 50 (17)                                  |
| Female gender           | 1023 (55)                   | 2059 (54)                                |
| Current smoking         | 595 (32)                    | 1145 (31)                                |
| History of PONV         | 452 (25)                    | 737 (28)                                 |
| Motion sickness         | 182 (10)                    | 234 (9)                                  |
| High-risk surgery       | 292 (16)                    | 546 (15)                                 |
| Inhalational anesthesia | 1126 (61)                   | 1971 (52)                                |
| Outpatient surgery      | 644 (35)                    | 928 (24)                                 |
| PONV occurrence within 24 hours | 653 (35)                  | 1340 (47)                                |

Values are presented as No. (%), unless stated otherwise. PONV, postoperative nausea and vomiting.
When surgical specialty was unavailable, it was estimated from the location of the particular operating room, with a c statistic of 0.96 (95% CI, 0.95–0.96), a calibration slope of 1.03 (95% CI, 0.97–1.10), and a calibration intercept of 0.68. Subsequently, missings on smoking status and history of PONV or motion sickness were estimated with imputation models that included the variable high-risk surgery, in addition to age, gender, and outpatient surgery. The predictor inhalational anesthesia was not included in any of the imputation models, as a physician generally decides on the type of anesthesia after calculating the PONV risk. Regression coefficients of the imputation models are not presented because they reflect the local situation of our hospital. Using the imputation strategy, the updated model showed a c statistic of 0.67 (95% CI, 0.65–0.69) and a calibration slope of 1.00 (95% CI, 0.86–1.13) with a calibration intercept of 0.54. For the other 2 strategies, the c statistic (0.65; 95% CI, 0.63–0.67) and calibration slope (0.98; 95% CI, 0.84–1.13) were slightly lower, with a small difference in calibration intercept (0.54 for overall mean imputation v. 0.65 for ignoring predictor). In comparison to overall mean imputation, the total NRI (>0) for the imputation strategy was 44% (95% CI, 37%–51%), with 33% within patients with PONV and 11% within patients without PONV. With the imputation strategy ready, the updated PONV prediction rule was further optimized for future use in our hospital.

**DISCUSSION**

This study demonstrates the great value of information on the local patient population and local clinical practice, at the time that a prediction model is going to be used in that practice. In addition, potential users of clinical prediction models need to consider not only possible differences between the derivation population and the local population in terms of case mix but also newly published evidence that is relevant to their patient population and changes in clinical practice over time. We used local information and scientific knowledge to adapt a prediction model to our local setting (i.e., extending the definition of one of the predictors, adjusting the predictive effects, and adding a new predictor). The updated prediction model showed much better predictive performance in an external validation data set as compared with the original model. A newly developed model (i.e., without incorporating information of the original model) showed discrimination in the external validation data set similar to the updated model, but calibration was not as good as the updated model. Furthermore, information on local logistics was used for the development of a real-time imputation strategy when predictor values are missing in clinical practice.

When we considered using a prediction model for PONV in our clinical practice, we encountered 3 situations that required adjustment of the original prediction model. First, we extended the definition of one predictor because we expected that the scope of the predictor would be different in our local population compared with the derivation population. We left the predictive effect of the predictor unchanged. In our example, 2 types of abdominal procedures were known from the literature to be important risk procedures, with PONV risks similar to procedures of the original index category of the predictor high-risk surgery. Due to an absent association in the derivation data set, the 2 procedures had not been included in the original index category. As the literature considered the additional procedures to be high-risk procedures, we extended the definition of high-risk surgery without reestimating its regression coefficient.
Second, the effect of a predictor was expected to be different for our local population than for the derivation population. New inhalational anesthetics had become available since the derivation of the original prediction model. Consequently, the original estimate of the predictor effect would no longer be appropriate, resulting in incorrect risk estimates in our patients. We updated the original regression coefficient of the predictor inhalational anesthesia to include the new inhalational agents into the definition of the predictor.

Third, as our local population included an additional subset of patients at a lower risk of PONV (outpatients), a new predictor was added to the prediction model. We assumed that the new predictor did not disturb proportionality between regression coefficients of the original predictors. The additional predictor enabled us to use the prediction model not only for our inpatient procedures but also for our outpatient procedures.

Real-time missings of predictor data are likely to be an issue during actual use of any prediction model in daily practice. Relying solely on observed predictor values to estimate the missing predictor values will probably not render the best predictions for those patients. Clinicians—or other health care workers—may be aware of variables that might serve as proxy for the missing predictor. In our study,
logistics were expected to cause missing values for
the predictor high-risk surgery. Our strategy for
real-time imputation of missing predictors pre-
vented a drop of 0.02 in the c statistic (0.67 v.
0.65) as compared with overall mean imputation
and ignoring the predictor. This 0.02 drop in the c
statistic may be considered a relevant decrease in
the accuracy of predicted risks of individual patients
since the c statistic is relatively insensitive. The
high net reclassification improvement confirms
this result.25,26 Hence, we believe that developing
the imputation strategy was worth the effort, as it
is likely that such a strategy improves PONV risk
ingestion by using "the best guess" for that
patient’s value using proxy surgery variables.9

The goal of updating the PONV prediction model
was to adapt the original model to the current clini-
cal practice of the anesthesia department in our hos-
pital. We successfully adapted the model to our clini-
cal practice, as confirmed by the predictive perfor-
ance of the updated model in the external valida-
tion sample. Discrimination of the updated
model was similar to previous validation studies of
(other) PONV prediction models (c statistic of 0.68)
and was better than discrimination of the original
model (c statistic of 0.62).27–29 Moreover, the calib-
ration slope of the updated model was 1.00, whereas it
was only 0.57 for the original model. The impor-
tance of a better calibrated model is reflected in
the use of the model in clinical practice. Using
a patient’s individual PONV risk as predicted by
the prediction model, a clinician may decide to
administer specific antiemetic drugs during the pro-
cedure that may reduce the risk of PONV. Each class
of these antiemetic drugs reduces the risk by a rela-
tive 25%, with an additive effect for each additional
class administered.10 It is important for clinicians to
accurately know their patients’ individual PONV
risks to weigh the benefit of administering 1 or
more antiemetic drugs against possible side effects
of the drugs. Unfortunately, the updated prediction
model systematically underestimated the actual
PONV risk in the external validation data set
(reflected by a calibration intercept of 0.34). An
important reason for the systematic miscalibration
is the difference in PONV incidence between the
external validation data set and the update data set
(log([0.47/0.53]/[0.35/0.65]) = 0.50) on the log-odds
scale). The calibration intercept of 0.34 is less than
the 0.50 of the crude incidence difference on the
log-odds scale. As the calibration intercept did not
fully cover the crude incidence difference, the
difference in PONV incidence was partly resolved
by the predictors in the model (0.50 – 0.34 = 0.16
on the log-odds scale). Since underestimation can
easily be adjusted for by adapting the model inter-
cept,30,31 the updated model is preferred over the
original model.

Although it might seem intuitive that a prediction
model, specifically developed in a local setting, will
perform better in the local population than an
update or adjustment of an existing model to that
local situation, the updated model might actually
be preferred over a newly developed model because
of improved generalizability.5–7 This is also
reflected by our results. In new patients of the
same institute (the external validation data set), the
updated model actually performed better than the
newly developed model, notably in terms of calibra-
tion. A second indication of improved generalizabil-
ity of the updated model over the newly developed
model can be observed from the absence of a predic-
tive effect in the new data set for “current smoking”.
As current smoking is a consistent predictor of
PONV throughout literature,12 the absence of a pre-
dictive effect of current smoking seems implausible.

This case study is an example of how a prediction
model can be adapted to local circumstances. One
limitation is that the required adaptations will not
be the same for all prediction models and clinical
settings. For example, differences in case mix may
specifically occur between derivation and local pop-
ulations, whereas all prediction models will be sub-
ject to some degree of change in clinical practice
over time. Second, this study does not provide an
exhaustive summary of all possible techniques to
enhance updating of a prediction model or to handle
missing predictor data when applying a prediction
model in real time. Alternative methods to handle
real-time missing predictor data have been summa-
rized recently.9 Third, we updated the PONV pre-
diction model to derive accurate predictions for
our own patients. We cannot conclude from this
study whether use of the updated model in clinical
practice will be successful. A formal impact study
should be performed to evaluate the effects of the
prediction model on clinical practice and patient
outcome.5,32,33 Finally, individual patient data
were required to update the prediction model and
to develop the imputation strategy. Owing to a previ-
ous study within our hospital, data were already
available at the time we planned to use the model.
Still, the update data set was too small to develop
imputation models for high-risk surgery using the
proxy variables and required an additional data set to estimate surgical specialty.

To conclude, the intention to use a prediction model in new patients should trigger researchers and clinicians to decide whether they indeed expect an accurate performance of the prediction model in their local population. In our example, we expected problems with generalization of the original prediction model to our patients, despite previous validations of the model. An update of the model proved most valuable to improve its performance in our current population, and a strategy to handle missing predictor data enabled us to actually use the model in clinical practice, even when a predictor value would be missing. As these problems with generalization and application of clinical prediction models are likely to be common, it is conceivable that any prediction model will need to be optimized before it is actually used in a new setting. When optimization is indeed required, a sufficiently large data set from the local population should be readily available or will have to be collected. Clinical insights into the lack of generalization will have to be combined with statistical methods to optimize a prediction model’s performance in future patients.

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