Stable laser-ion acceleration in the light sail regime

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We present experimental results on ion acceleration with circularly polarized, ultrahigh contrast laser pulses focused to peak intensities of $5 \times 10^{19}$ W cm$^{-2}$ onto polymer targets of a few 10 nanometer thickness. We observed spatially and energetically separated protons and carbon ions that accumulate to pronounced peaks around 2 MeV containing as much as 6.5% of the laser energy. Based on particle-in-cell simulation, we illustrate that an early separation of heavier carbon ions and lighter protons creates a stable interface that is maintained beyond the end of the radiation pressure dominated acceleration process.

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Laser plasma ion acceleration from nanometer-scale solid density foil targets has gained substantial interest during the past years [1–6] since it is capable of generating monoenergetic ion bunches with high efficiency via novel acceleration mechanisms such as radiation pressure acceleration (RPA) [7–17]. Although barely competitive in average flux, the density of such laser accelerated ion bunches can reach almost solid density, exceeding conventional sources by many orders of magnitude, enabling the study of a manifold of nonlinear processes such as ion fast ignition or fission fusion processes. For RPA being the dominant mechanism at laser intensities below $10^{23}$ W cm$^{-2}$ it is necessary to suppress electron heating and, consequently, expansion of the target. At laser intensities of $\sim 10^{19}$ W cm$^{-2}$ routinely realized these days, electrons can be compressed to a highly dense layer by using circularly polarized light [10,11]. The electric field set up by the laser induced charge separation of electrons and ions initially at rest is of the order of the laser field, i.e. $\sim 10^{13}$ V/m, and sustained for the duration of the laser pulse, typically a few tens of fs. In a foil with a thickness of 25 nm that contains two ion species, a double layer is formed after a few laser cycles. Rayleigh–Taylor-like instabilities are buffered in the layer of the heavier ions while the acceleration of the lighter ion species is stabilized [16], regardless of the tremendous acceleration ($\sim 10^{21}$ ms$^{-2}$) to which they are exposed. To achieve the highest possible compression, a pressure balance has to be established: The driving radiation pressure has to be equalized by the restoring electrostatic pressure due to the charge separation of electrons and ions. Subsequently, the laser energy is transferred to the accelerated plasma (light sail) by the relativistic Doppler effect.

We present the first experimental investigation of this stable RPA regime utilizing polymer foils with a high hydrogen content, irradiated by a circularly polarized laser pulse. Freestanding polyvinyl formal (Formvar) films with thicknesses down to 15 nm have been illuminated at normal incidence and ultrahigh temporal laser pulse contrast. In the experiments, the early separation of heavier carbon ions and lighter protons is expressed by the observation of isolated energy distributions of the two species. Around an optimum target thickness that depends on laser intensity, the fastest carbon ions coincide with the slowest protons, both accumulate to slightly separated, distinct maxima. These spectral characteristics are observed for a variety of target thicknesses and laser pulse durations. At the optimum thickness, the measured velocity of the ion interface has a maximum and is in excellent agreement with the analytical 1D light sail model. Our interpretation is supported by both 2D and 3D particle-in-cell (PIC) simulations.

The experiments were performed at the 35 TW laser facility at the Max Born Institute in Berlin. The Ti:sapphire laser delivers pulses with an energy of 1.2 J in 34 fs FWHM at a central wavelength of $\lambda_0 = 810$ nm. The intrinsic amplified spontaneous emission...
The contrast ratio of the laser equipped with a front end based on cross polarized wave (XPW) generation [18] was characterized to be smaller than $10^{-11}$ on a few picosecond scale [19]. This contrast was further enhanced by a recollimating double plasma mirror (DPM) [20,21] to an estimated value of $\sim 10^{-15}$. Taking into account the 60% energy throughput of the DPM system, laser pulses with an energy of $E_L = 0.7$ J were focused to a focal spot of $3.6 \mu$m diameter (FWHM) using a $f/2.5$ off-axis parabolic mirror resulting in a peak intensity for circular polarization of $I_{\text{peak}} = 5 \times 10^{19}$ W cm$^{-2}$ corresponding to a relativistically normalized vector potential of $a_0 = 5$. A mica crystal $\lambda/4$ wave plate was used to change the laser polarization to circular behind the plasma mirror setup. Freestanding Formvar films of thickness 15–50 nm and density $\rho = 1.2$ g cm$^{-3}$ were irradiated at normal incidence in the focal plane of the driving laser. The thickness $l$ of the Formvar films was characterized by an atomic force microscope, including the water and hydrocarbon contamination [22] on the surfaces. Their chemical structure $(C_9H_{20}O_3)$ was determined by elastic recoil detection analysis (ERDA). The resulting ion beams were analyzed with a Thomson Parabola spectrometer in laser propagation direction and visualized by a CCD camera coupled to a micro-channel plate with phosphor screen [23]. Ion spectra are shown in Fig. 1 for laser pulse durations of 34 and 70 fs. To compare the velocities of the individual ion species, the energy scale is given in MeV per atomic mass unit $u$. While the spectral shape of the protons exhibit maxima, the spectra of the fully ionized carbon consist of two parts: a low energy part and a peak at the high energy cutoff. In all cases the energy/u distributions suggest that the majority of protons travels faster than the carbon ions. With a laser pulse duration of $t = 34$ fs, an optimum ion acceleration was obtained at a target thickness of $l = (25 \pm 2)$ nm with an energy of 1.8 MeV. The existence of such an optimum is understood by means of a 1D RPA model [8]. Solving the balance condition of laser radiation pressure and the electrostatic pressure and further assuming total reflectivity and a spatial Gaussian laser pulse shape, for the optimum thickness $l_{\text{opt}}$ gives $l_{\text{opt}} \approx \sqrt{2} a_0 \lambda_0 (n_e/n_c)$ [24,25], where $a_0 = eE_0/m_ec\omega$ and the critical plasma density $n_c = e_0 m_e \omega^2/e^2$ with $m_e$, $n_c$ the electron mass and density, $c$, $\omega$, and $E_0$ the speed of light in vacuum, the laser frequency, and peak electric field, respectively. Assuming full ionization in the focal volume, the electron density becomes $n_e \approx 240n_c$, and hence, the optimum target thickness $l_{\text{opt}} \approx 24$ nm in agreement with the experimentally obtained $l = (25 \pm 2)$ nm. The transition into an unstable regime is demonstrated by Fig. 1(a) where the target thickness is well below the optimum. Here, the interface breaks apart, i.e., carbon ions penetrate into the layer of protons and the spectra exhibit a high shot-to-shot fluctuation. The interaction is dominated by Rayleigh–Taylor-like instabilities [26]. We investigated the balance condition further by performing the experiment with laser pulse duration of 70 fs, i.e. $a_0 = 3.5$ [Figs. 1(e)–1(h)]. The optimum in terms of the highest interface velocity was obtained with targets of thickness 15 $\pm$ 2 nm, in good agreement with the 17 nm predicted by the model. After the RPA is initiated by such a pressure balance and, hence, the creation of a highly compressed electron layer [13], in the following the energy of the laser pulse is transferred to kinetic energy of the target by the Doppler redshift. Then the equation of motion reads [27]

$$
\frac{d(\gamma \beta)}{dr} = \frac{2RI}{\rho c^2} \left(\frac{1 - \beta}{1 + \beta}\right)
$$

(1)

where $\rho$ is the target density, $\beta = v/c$ the target velocity, $\gamma = (1 - \beta^2)^{-1/2}$ the Lorentz factor, and $R$ the reflectivity. The reflectivity can be approximated with the help of the normalized areal density $\sigma = (n_c/n_e) \times (l/\lambda_0)$ by $R = 1/(1 + \sigma^{-2})$ [28]. The final velocity of the target $\beta_f$ can be derived as a function of the fluence $E$ for a constant laser intensity [29]:

![FIG. 1. Measured proton (blue) and C$^{6+}$ (red) spectra generated using circularly polarized laser pulses with durations 34 fs (a)–(d), 70 fs (e)–(h), and target thicknesses of ranging from $l = 15$ nm to $l = 50$ nm. To compare the velocities of the individual ion species, the energy scale is given in MeV per atomic mass unit $u$, the ion interface is indicated as the C$^{6+}$ cutoff (black dashed line) with its standard deviation of three laser shots (grey area). The low energy cutoff of the proton spectra is due to the detector edge which was modified in the case of (a), (c), and (e) to resolve the low energy part of the proton trace.](image-url)
with the period of the laser radiation $T$. This gives rise to a final kinetic energy of the target $T = (\gamma_f - 1)mc^2 \approx 2$ MeV if we introduce the measured optimum thickness $l = 25$ nm which is in excellent agreement with the experimental result of 1.8 MeV. If the target was significantly thicker than the collisionless skin depth [Fig. 1(d)], the spectral shape of the protons exhibits a small peak at $\sim 1$ MeV before the interface breaks apart and the carbon ions penetrate the proton layer exhibiting strong spectral modulations [Fig. 1(a)]. The gap is reduced to a minimum at the particular optimum target thickness [Fig. 1(c)]. This trend was also observed with a laser pulse duration of 70 fs [Figs. 1(e)–1(h)]: The maximum carbon ion energy approaches a minimum in the proton energy distribution when reducing the target thickness to 15 nm [Fig. 1(e)].

Further, radiochromic films were used as spatial resolved detectors to determine the divergence of the accelerated ion beams. We obtained a total divergence of 140 mrad at an energy per atomic mass unit of $\sim 1.4$ MeV. We deduce a laser-to-ion-energy conversion efficiency by deconvolving the spectra shown in Fig. 1(c) in the region of the particular peak for protons (1.5–3 MeV) and fully ionized carbon (1.3–1.7 MeV/u) on the order of 0.5% and 6%, respectively. The overall efficiency (6.5%) is comparable with the heuristic light sail efficiency [13] $\eta = 2\beta_f/(1 + \beta_f) = 12\%$.

We support the experimental findings and simple analytical argumentation with PIC simulations in three (VLPL, [32,33]) and two (PSC, [34]) dimensions. The laser pulse was modeled with a Gaussian shape both in space and time with a duration of 35 fs (FWHM), a spot size on the target of 4 $\mu$m and a wavelength of 800 nm, corresponding to $a_0 = 5$. The calculations in 3D are performed in a box with size of $4\lambda_0 \times 8\lambda_0 \times 8\lambda_0$, sampled by 4000 $\times$ 400 $\times$ 400 cells with 27 particles in each cell. The target was initiated at $x = 2\lambda_0$ as a flat foil with a thickness of 23 nm composed of the fully ionized carbon $C^{6+}$ and hydrogen $H^+$ ions with particle number densities of $n_{C^{6+}} = 30n_c$ and $n_{H^+} = 60n_c$ corresponding to a plasma electron density of $n_e = 240n_c$. The dynamics show cylindrical symmetry as expected for a circularly polarized laser pulse. Figure 2(a) shows the proton and carbon density in the $x$-$y$ plane 54 fs after the impact of the peak intensity on the target. The protons have spatially separated from the heavier carbon ions due to their higher charge-to-mass ratio and therefore higher acceleration in the electric fields setup inside the target. Figure 2(b) shows the corresponding ion densities in two planes perpendicular to the laser propagation. Indeed, the separation of the two species is observed not only in the central region where the intensity is highest, but in the complete area that is irradiated by the laser pulse with proton number densities up to $30n_c$. The spectral distribution of the ions that are accelerated close to the direction of the propagating laser pulse reveals very similar properties to the experimentally measured distributions [Fig. 2(c)]. To study the evolution in more detail, 2D simulations have been performed with the same laser and target initializations as in the 3D case and a simulation box size of $(15 \times 15) \mu$m$^2$ sampled by $15000 \times 4000$ cells with 30 particles per cell. The target was initially situated at $x = 7.5$ $\mu$m. Figures 3(a)–3(d) show the evolution of the accelerated double layer plasma bunch constituting carbon ions and protons for times up to 223 fs, much longer than the laser pulse duration. All times are given with respect to the arrival of the maximum of the laser pulse at the target front side, where $t = 0$. Indeed, the hydrogen and heavier carbon ions are separated at the very beginning of the interaction and a sharp interface between them is created 7 fs after the arrival of the laser pulse maximum. This fast separation is best observed by the
The intensity of laser pulses focused onto 300 nm thick foils at an energy of 1 GeV can be generated. Dense ion bunches with energies of 1 GeV can be generated using laser pulses focused onto 300 nm thick foils at an intensity of $\sim 2 \times 10^{22}$ W cm$^{-2}$. Such targets are very robust and can be provided in high quantities allowing a high repetition rate, constituting a very attractive source for numerous applications. On the other hand, our results demonstrate that the laser pulse contrast has to be controlled carefully, i.e., it has to be assured that the laser intensity does not reach the damage threshold of the target earlier than 1 ps before the arrival of the main laser pulse which is a great challenge for future laser development. Furthermore, the observed stability of the double layer and its high ion densities over a wide range of parameters encourages a staged acceleration scheme using multiple laser pulses in order to enhance the ion energies while maintaining their monochromaticity [36].

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**FIG. 3.** Data from 2D-PIC simulation. (a)–(d) Spatial proton (blue) and carbon (red) ion density distribution in the $x$-$y$ plane at different times (given in the figure caption) after the arrival of the peak of the Gaussian (in space and time) laser pulse. The spectral evolution during the laser-target interaction of protons (e), carbon ions (f), and after the interaction (g). In (h) the proton phase space during the interaction is revealing the characteristic spiral structure for RPA.
STABLE LASER-ION ACCELERATION IN THE LIGHT . . .

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