Small Bowel Metastasis of Hepatocellular Carcinoma Detected by Capsule Endoscopy

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Abstract
We report a rare case of metastasis of hepatocellular carcinoma (HCC) to the small bowel that presented as a pedunculated epithelial polyp. A 60-year-old man with liver cirrhosis type B was treated for HCC (stage IVb) at our hospital. He had been admitted for melena and anemia. Capsule endoscopy was performed in this patient with obscure gastrointestinal bleeding. It showed a polypoid lesion with bleeding in the ileum. Double-balloon endoscopy was performed. The lesion was determined to be a pedunculated polyp in the ileum. Histological examination of biopsy specimens showed tumor cells resembling HCC. We performed endoscopic mucosal resection for the lesion by double-balloon endoscopy to prevent bleeding from the tumor. The patient had no melena or anemia and his condition improved after endoscopic mucosal resection. However, he died of liver failure 2 months later.

Introduction
Hepatocellular carcinoma (HCC) is one of the most common malignancies worldwide, and its incidence has been increasing in recent years. HCC is a highly invasive tumor that metastasizes hematogenously and through lymphatics to distant sites. The most common site of HCC metastasis is reported to be the lung (46.3%), followed by the regional lymph nodes (30.3%), adrenal glands (12.5%) and bone (11.2%) [1]. Metastasis of HCC to the
gastrointestinal tract is rare and found in only 2% of cases [2]. Moreover, no cases of small bowel metastasis of HCC have detected by capsule endoscopy (CE). Here, we report a case of small bowel metastasis of HCC detected by CE and double-balloon endoscopy (DBE) as a pedunculated epithelial polyp.

Case Report

A 60-year-old man with liver cirrhosis type B was treated with sorafenib chemotherapy for HCC (stage IVb) at Hiroshima University Hospital. He had been admitted for melena and anemia since October 2011. There was no obvious source of bleeding by both upper and lower gastrointestinal endoscopy. Therefore, CE was performed in November 2011. Physical findings were normal. Laboratory examination indicated a white blood cell count of 3,850/µl, a red blood cell count of 325 × 10^4/µl and a platelet count of 11.0 × 10^4/µl. The hemoglobin concentration was 9.2 g/dl. Liver function examination revealed the following levels: aspartate aminotransferase 61 IU/l (normal 2–39 IU/l), alanine aminotransferase 57 IU/l (normal 2–39 IU/l), total protein 7.7 g/dl (normal 6.5–8.1 g/dl), serum albumin 3.1 g/dl (normal 3.8–5.2 g/dl), alkaline phosphatase 722 IU/l (normal 96–310 IU/l), leucine aminopeptidase 177 IU/l (normal 45–71 IU/l), γ-glutamyl transpeptidase 138 IU/l, cholinesterase 0.10 IU/l (normal 0.6–1.2 IU/l), and total bilirubin 1.4 mg/dl (normal 0.1–0.4 mg/dl). With respect to renal function, the blood urea nitrogen level was 43.6 mg/dl and the creatinine level 2.54 mg/dl. The results for tumor markers were negative for carbohydrate antigen 19-9 and carcinoembryonic antigen; however, the levels of alpha fetoprotein and protein indicated by vitamin K absence (PIVKA II) were high at 86.5 ng/ml (normal ≤5 ng/ml) and 45,302 ng/ml (normal ≤10 ng/ml), respectively. The Child-Pugh score was 6 points (grade B).

A computed tomography (CT) scan showed that the HCC consisted of a tumor in the liver (fig. 1a), a portal vein tumor thrombus (VP2) (fig. 1b) and multiple lung metastases (fig. 1c). CE showed a polyloid lesion with bleeding in the ileum, but there were no other findings in the small bowel (fig. 2a). DBE was performed after CE. The lesion was determined to be a pedunculated polyp in the ileum (fig. 2b). Histological examination of biopsy specimens showed tumor cells resembling HCC on hematoxylin and eosin stain (fig. 2c). Immunohistochemical examination showed tumor cells positive for hepatocyte antigen (fig. 2d) and glypican-3 antigen (fig. 2e).

The tumor was diagnosed as a small bowel metastasis of moderately differentiated HCC. We decided to perform prophylactic endoscopic mucosal resection (EMR) to control the continuous bleeding after receiving informed consent from the patient and his family. During EMR, the non-lifting sign was positive after glycerol injection (fig. 3a) however, we then tried to resect the tumor (fig. 3b). Histological examination of the resected specimen showed tumor cells resembling HCC on hematoxylin and eosin stain (fig. 3c, d). The patient had no melena or anemia and was well after EMR (hemoglobin increased from 9.2 to 11.5 g/dl) without transfusion. However, he died of liver failure 2 months later.

Discussion

Metastasis to the gastrointestinal tract has been reported to involve direct invasion (82%), hematogenous metastasis (9%) and seeding (9%); further, most cases have been found during autopsy [3]. This case was considered to be hematogenous metastasis because
it involved multiple lung metastases, a portal vein thrombus (VP2) and no peritoneal dissemination or direct invasion by CT. Endoscopic findings of gastrointestinal metastasis from HCC vary, but include raised and centrally ulcerated lesions, polypoid tumors and submucosal tumors [2, 4]. Several reported cases of small bowel metastasis have been diagnosed using CE and DBE [5–11]. However, only one case of small bowel metastasis from HCC diagnosed by DBE has been reported [5]. Honda et al. [12] reported that CT and fluoroscopic enteroclysis had significantly lower diagnostic yields of small bowel tumors ≤10 mm in size, but CE and DBE had high yields of small bowel tumors regardless of size. In this case, the lesion was noted by CT, detected by CE and diagnosed by DBE. We suggest that CE should be the first line of small bowel scrutiny in patients with advanced cancer because it is less invasive. To date, the treatment for HCC with gastrointestinal tract metastases consists of planned symptomatic treatment and surgery. If a patient’s general condition is good, multidisciplinary treatment including surgery should be considered. In this case, we performed EMR by DBE to control the continuous bleeding, since surgery was not indicated for this metastatic small bowel tumor because of the advanced HCC stage. The cause of anemia in patients with HCC has been determined to be associated with hypersplenism if hemorrhagic lesions have not been found in the upper and lower gastrointestinal endoscopy and there has been no small bowel scrutiny lately. In recent years, observation of the entire small bowel [13, 14] is possible using CE [15] and DBE [16]. We previously reported that small bowel lesions were significantly diagnosed by CE, especially for patients with Child-Pugh class B disease or ascites or for patients with compensated liver cirrhosis and portal hypertension [17]. In this case, since the cause of anemia was bleeding from a small bowel metastasis, small bowel scrutiny for portal vein tumor thrombus and other organ metastases was performed.

In conclusion, we reported a case of small bowel metastasis of HCC detected by CE and resected by EMR to control continuous bleeding from the tumor. As in this case, there is a possibility of small bowel lesions as the cause of gastrointestinal bleeding and anemia in patients with liver cirrhosis and HCC. We suggest that CE should be actively performed in the search for small bowel lesions in those patients.

Disclosure Statement

The authors declare that they have no conflicts of interest concerning this paper.

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**Fig. 1.** a Abdominal CT showing multiple HCC in the liver. b Abdominal CT showing a portal vein tumor thrombus. c Chest CT showing multiple lung metastases.
Fig. 2.  

(a) CE showing a polypoid lesion with bleeding in the ileum.  

(b) DBE showing a pedunculated polyp in the ileum.  

(c) Histological examination of the biopsy specimens showing that the tumor cells resemble HCC on hematoxylin and eosin stain (×400).  

(d, e) Immunohistochemical examination showing tumor cells positive for hepatocyte antigen (d) and glypican-3 antigen (e).
Fig. 3. a Positive non-lifting sign after glycerol injection. b Resected ulcer after EMR using DBE. c Cross-section with hematoxylin and eosin stain. d Histological examination of the resected specimen with hematoxylin and eosin stain (×400).