Impact of copper oxide nanomaterials on differentiated and undifferentiated Caco-2 intestinal epithelial cells; assessment of cytotoxicity, barrier integrity, cytokine production and nanomaterial penetration

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Abstract

Background: Copper oxide nanomaterials (CuO NMs) are exploited in a diverse array of products including antimicrobials, inks, cosmetics, textiles and food contact materials. There is therefore a need to assess the toxicity of CuO NMs to the gastrointestinal (GI) tract since exposure could occur via direct oral ingestion, mucociliary clearance (following inhalation) or hand to mouth contact.

Methods: Undifferentiated Caco-2 intestinal cells were exposed to CuO NMs (10 nm) at concentrations ranging from 0.37 to 78.13 μg/cm² Cu (equivalent to 1.95 to 250 μg/ml) and cell viability assessed 24 h post exposure using the alamar blue assay. The benchmark dose (BMD 20), determined using PROAST software, was identified as 4.44 μg/cm² for CuO NMs, and 4.25 μg/cm² for copper sulphate (CuSO₄), which informed the selection of concentrations for further studies. The differentiation status of cells and the impact of CuO NMs and CuSO₄ on the integrity of the differentiated Caco-2 cell monolayer were assessed by measurement of trans-epithelial electrical resistance (TEER), staining for Zonula occludens-1 (ZO-1) and imaging of cell morphology using scanning electron microscopy (SEM). The impact of CuO NMs and CuSO₄ on the viability of differentiated cells was performed via assessment of cell number (DAPI staining), and visualisation of cell morphology (light microscopy). Interleukin-8 (IL-8) production by undifferentiated and differentiated Caco-2 cells following exposure to CuO NMs and CuSO₄ was determined using an ELISA. The copper concentration in the cell lysate, apical and basolateral compartments were measured with Inductive Coupled Plasma Optical Emission Spectrometry (ICP-OES) and used to calculate the apparent permeability coefficient (P_app); a measure of barrier permeability to CuO NMs. For all experiments, CuSO₄ was used as an ionic control.

Results: CuO NMs and CuSO₄ caused a concentration dependent decrease in cell viability in undifferentiated cells. CuO NMs and CuSO₄ translocated across the differentiated Caco-2 cell monolayer. CuO NM mediated IL-8 production was over 2-fold higher in undifferentiated cells. A reduction in cell viability in differentiated cells was not responsible for the lower level of cytokine production observed. Both CuO NMs and CuSO₄ decreased TEER values to a similar extent, and caused tight junction dysfunction (ZO-1 staining), suggesting that barrier integrity was disrupted.

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Background
Copper (Cu) is an essential micronutrient present in all tissues and is required for a plethora of cell functions including for example; peptide amidation, cellular respiration, pigment formation neurotransmitter biosynthesis and connective tissue strength [1, 2]. Cu has also been implicated in the development and maintenance of both innate and acquired immunity [3, 4]. The pathogenesis of many neurological diseases (e.g. Alzheimer’s disease, amyotrophic lateral sclerosis, Huntington’s disease, Parkinson’s disease) is associated with a disruption in Cu homeostasis [5, 6]. Excessive ingestion of copper by humans can cause gastrointestinal disturbance with symptoms such as nausea, vomiting, diarrhoea, and abdominal pain [7, 8].

Nanomaterials (NMs) have been used in wide ranging applications such as cosmetics, electronics, textiles, inks, pharmaceuticals and food contact materials [9, 10]. The anti-microbial properties of copper oxide nanomaterials (CuO NMs) are used in array of products such as textiles [11, 12], intrauterine devices [13], food contact materials [14] and wood preservation (due to its antifungal properties) [15]. Cu is relatively cheap and readily available and so the exploitation of CuO NMs has increased over recent years. For example, the antimicrobial properties of CuO NMs could promote its use as an alternative to silver and gold NMs in products, to reduce their manufacturing cost [16]. CuO NMs are also useful in heat transfer fluids and/or semiconductors [13, 17] and as inks [16, 18, 19].

A diverse array of NMs are available which vary with respect to their size, composition, surface area, charge, shape/structure and solubility. These physico-chemical properties can influence the biological response to NMs [20]. Metallic NMs (such as CuO) can be soluble, and thus may elicit toxicity via particle and/or ion mediated effects. For this reason, ionic (metal salt) controls are often included in hazard studies [21–23] and NM solubility is commonly assessed using ICP-MS. Compared to other engineered NMs (such as silver (Ag) and titanium dioxide (TiO2)); there are a limited number of studies which have assessed the hazard potential of CuO NMs. Impacts on the lung in vivo [24, 25] and on lung cells in vitro have been investigated. For example it has been demonstrated that CuO NMs (42 nm) were the most potent in terms of cytotoxicity and DNA damage to the A459 human lung epithelial cell line, compared to zinc oxide (ZnO), iron complexes (CuZnFe2O4, Fe3O4, and Fe2O3) and TiO2 [26]. The toxicity of CuO NMs on the liver, kidney, spleen (assessed in vitro and in vivo) and zebrafish has also been assessed to a limited extent [27–32]. However, there are a lack of studies that have investigated the toxicity of ingested CuO NMs, with existing studies focusing on investigation of their antimicrobial properties (as exploitation of this NMs often relies on this property).

Ingestion of CuO NMs by humans is most likely to occur accidentally (e.g. due to leaching of CuO NMs from food contact materials into food). NMs may also enter the GI tract following inhalation in occupational, environmental and consumer settings due to clearance via the mucociliary escalator [33–35] or due to hand to mouth contact [36, 37]. Currently, little is known about the risks associated with NM ingestion, despite the potential increase in NM ingestion by humans [38, 39]. Addressing this knowledge gap is therefore a research priority.

Due to the large number of diverse NMs whose safety needs to be assessed, it is important to align nanotoxicology studies to the 3Rs principles (Replacement, Reduction and Refinement of animal testing) [40]. Accordingly, the toxicity of ingested CuO NMs was assessed in vitro in this study using the Caco-2 cell line, which originates from a human colon adenocarcinoma [41]. Culturing of Caco-2 cells for 15–21 days, leads to their spontaneous differentiation to mature enterocyte-like cells resembling the mature enterocytes of the small intestine in vivo, without growth factor supplementation [42–44]. During differentiation of the Caco-2 cell line, functional tight junctions joining the monolayers and well developed microvilli are formed at the apical (AP) membrane of mature enterocytes. [42]. In addition, the AP membrane of differentiated Caco-2 cell line expresses the characteristic hydrolases such as sucrase-isomaltase, lactase, aminopeptidase N and dipeptidyl peptidase IV characteristic of the absorptive enterocyte of small intestine microvilli [42, 45]. Undifferentiated Caco-2 cells have been most commonly used to assess the toxicity of NMs (e.g. TiO2, SiO2, ZnO, MgO, Ag) to the intestine in vitro [46–49]. The following endpoints

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Conclusions: CuO NMs and CuSO4 stimulated IL-8 production by Caco-2 cells, decreased barrier integrity and thereby increased the Papp and translocation of Cu. There was no significant enhancement in potency of the CuO NMs compared to CuSO4. Differentiated Caco-2 cells were identified as a powerful model to assess the impacts of ingested NMs on the GI tract.

Keywords: Copper oxide nanomaterials, Caco-2, Toxicity, Interleukin-8, TEER, Translocation
have been prioritised within the assessment of NM toxicity to Caco-2 cells; cytotoxicity, cytokine production, oxidative stress and DNA damage as it is established that NM s often stimulate toxicity via inflammatory and oxidant driven responses. When differentiated Caco-2 cells have been used as a model to investigate the toxicity of ingested NM s, only limited endpoints (cytotoxicity, cytokine production, barrier integrity) have been assessed [50, 51]. Only one published study could be identified which investigated the toxicity of rod and spherical CuO NM s to differentiated Caco-2 cells [51]. It was found that rod shaped NM s were more toxic than the spherical shaped CuO NM s [51]. A comparison of the toxicity of SiO$_2$ and ZnO NM s in undifferentiated and differentiated Caco-2 cells has been performed via assessment of cytotoxicity, cytokine production, and it was found that undifferentiated cells were more sensitive to NM toxicity compared to differentiated cells [50]. The use of undifferentiated cells is quicker and cheaper than using the differentiated Caco-2 model. However, differentiated cells more accurately mimic in vivo conditions. Therefore, comparisons in the sensitivity of undifferentiated and differentiated cells are useful when developing a testing strategy to assess the toxicity of ingested NM s.

Transepithelial electrical resistance (TEER) is commonly used to monitor Caco-2 cell differentiation during culture. TEER of differentiated Caco-2 cells ranges from 260 up to 1200 $\Omega$.cm$^2$ depending on the experimental design (e.g. medium composition in the AP and basolateral compartments, and cell seeding density) [52]. TEER measurement is also a parameter that is commonly used to ascertain the integrity and viability of the cell monolayer in toxicity studies [53]. To date, no studies could be identified which assessed the impact of NM s on the integrity of the Caco-2 intestinal barrier over time via measurement of TEER. Differentiated Caco-2 cells have been commonly used as an in vitro model to assess the translocation of substances (e.g. pharmaceuticals, pathogens) across the intestinal barrier [54, 55] and the rate of paracellular transport in differentiated Caco-2 cells has been demonstrated to be lower than that of the human intestine [56, 57].

Differentiated Caco-2 cells have been widely used to investigate the translocation of nanomedicines (e.g. polymers and liposomes) across the intestinal barrier, as reviewed Belogui et al. [58]. However, investigation of the translocation of other types of NM s has only been investigated to a limited extent previously. The translocation of CuO NM s across the Caco-2 intestinal barrier in vitro has only been investigated in one study. It was demonstrated that CuO NM transport was greater than that of CuSO$_4$ [59], although the concentration of Cu was not standardized for CuSO$_4$ and CuO NM s, making it challenging to compare the transport of these substances across the intestinal barrier. Of relevance is that the transport of other NM s has also been investigated in vitro and these studies have demonstrated how NM physico-chemical properties can influence their translocation. For example, translocation across the intestinal barrier and cytotoxic effects of a panel of zinc oxide (ZnO) NM s (of various sizes) has been studied using differentiated Caco-2 cells. It was observed that ZnO NM s (20 nm) had a higher level of permeation across the intestinal barrier and elicited greater cytotoxicity than larger particles (diameter of 1–5 $\mu$m or 90–200 nm) [60], demonstrating that particle translocation across the intestinal barrier may be a size dependent phenomenon. There is also evidence that gold NM s (1.4 to 200 nm) can translocate across the intestinal barrier of rats following ingestion [61]. However, in general there are a lack of studies which have investigated the influence of NM s on intestinal barrier integrity, and the impact this has on their translocation.

This study investigated the ability of CuO NM s and CuSO$_4$ to stimulate cytotoxicity and cytokine (IL-8) production in differentiated and undifferentiated Caco-2 cells. The impact of CuO NM s and CuSO$_4$ on barrier integrity (via assessment of TEER, tight junction staining and cell morphology (i.e. presence of microvilli)) and their transport across intestinal epithelial cells in vitro was assessed in differentiated Caco-2 cells. It is cheaper and quicker to perform studies using undifferentiated cells; however, the use of differentiated cells more accurately mimics the in vivo environment. Therefore, the advantages and limitations of using differentiated or undifferentiated Caco-2 models for assessment of NM s toxicity were also explored in this study.

Methods

**Nanomaterial, characterisation and preparation**

CuO NM s was obtained in powdered form from Plasma Chem, GmbH, Berlin, Germany, as a kind gift from project partners in the FP7 funded project Sustainable Nanotechnologies (SUN). The information data sheet from the supplier showed that it is a crystalline material with size of 15–20 nm, specific surface area of 47 m$^2$/g and a density of 6.3 g/cm$^3$ as determined using the Brunauer–Emmett–Teller (BET) method. Detailed characterization of the size dissolution and surface chemistry of the CuO NM s by Transmission Electron Microscope (TEM), X-ray diffraction (XRD), and Inductive Coupled Plasma Optical Emission Spectrometry (ICP-OES) are available in Gosens et al. [25]. Briefly, CuO NM s has a primary particle size of 10 nm according to TEM analysis and 9.3 nm according to XRD. At pH 7.4 < 1.5% of CuO NM s were dissolved in Gamble’s solution at 1 and 24 h. In contrast at a pH of 4.5...
approximately 62% of the CuO NMs had dissolved in Gamble's solution at 1 and 24 h [25]. Copper sulphate (CuSO₄) was purchased from Sigma (Poole, UK).

CuO NMs and CuSO₄ were dispersed following the procedure described by Jacobsen et al., [62]. Briefly, NMs or CuSO₄ were dispersed in 2% FCS in Milli Q de-ionised water and sonicated continuously in a bath sonicator for 16 min. CuO NMs or CuSO₄ were then immediately diluted in cell culture medium (see below) to the required concentrations. The hydrodynamic diameter, zeta potential and polydispersity index (PdI) of CuO NMs in biological medium were determined using Dynamic Light Scattering (DLS, Malvern Zeta sizer Nano series) at 0 h and at 24 h (following incubation at 37 °C). Following dispersion by sonication in 2% FCS, the concentration was adjusted to 50 μg/ml Cu in phenol red free cell culture medium and the hydrodynamic diameter, PdI and Zeta potential were measured.

**Cell culture**

The human colon colorectal adenocarcinoma (Caco-2) cell line was obtained from the American Type Culture Collection (ATCC, USA). The cells were maintained in minimum essential medium eagle (MEM) (Sigma) supplemented with 10% heat inactivated fetal bovine serum (FBS) (Gibco Life Technologies), 100 U/ml Penicillin/Streptomycin (Gibco Life Technologies), 100 IU/ml non-essential amino acid (NEAA) (Gibco Life Technologies, Paisley, UK), and 2 mM L-glutamine (L-Glu) (Gibco Life Technologies) (termed complete cell culture medium) at 37 °C and 5% CO₂. The cells were subcultured using trypsin-EDTA (Gibco Life Technologies).

**Alamar blue cell viability assay: undifferentiated cells**

Caco-2 cells were seeded at a concentration of 1.56 × 10⁵ cells/cm² into the wells of a 96-well plate (surface area 0.32 cm²) (Coaster Corning Flintshire, UK) and incubated for 24 h at 37 °C and 5% CO₂. At this time 100% confluency was reached. The cell culture medium was then removed, the cells were washed twice with phosphate buffered saline (PBS) (Gibco Life Technologies) (termed complete cell culture medium) at 37 °C and 5% CO₂. The cells were subcultured using trypsin-EDTA (Gibco Life Technologies).

**Measurement of trans-epithelial electrical resistance (TEER)**

Trans-epithelial electrical resistance (TEER) were measured using an epithelial volt-ohmmeter EVOM2 (World precision instrument, Sarasota, USA). The resistance reading (in ohms) was taken once the reading had stabilized and measurements were taken every 2 days until day 21. The resistivity was calculated using Eq. 1.

\[
\text{Resistivity} (\Omega \cdot \text{cm}^2) = \frac{\text{ohm}2 - \text{ohm}1 \times A}{\text{ohm}1}
\]

Where ohm1 = Resistance of the insert with cell culture medium only.

ohm 2 = Resistance of the insert with cell.

A = surface area of the insert in cm².

TEER are reported as resistivity.

Only Caco-2 cell monolayers with TEER values greater than 500 Ω/cm² were used for experiments. The impact of CuO NMs and CuSO₄ on the barrier integrity of differentiated Caco-2 cells was studied by measuring TEER. Differentiated cells were exposed to cell culture medium (negative control), 0.1% triton X100 (positive control), CuO NMs or CuSO₄ (6.34 and 12.68 μg/cm²) and TEER measurements taken every 3 h for 15 h and at 24 h post exposure starting from time 0 (immediately after treatment with CuO NMs and CuSO₄).
Immunostaining of differentiated Caco-2 tight junctions
Differentiated Caco-2 cells were exposed to cell culture medium (control), CuO NMs or CuSO₄ (6.34 µg/cm²) and washed twice with PBS. The cells were fixed with 4% formaldehyde for 25 min at RT and excess aldehyde groups were quenched with 50 mM ammonium chloride for 10 min at RT. The cells were permeabilized with 0.1% triton X100 for 10 min and blocked for nonspecific binding with 10% BSA for 2 h at RT. Cells were then incubated with 1 µg/ml anti-ZO1 tight junction protein antibody (Abcam, Cambridge, UK) diluted in 1% BSA overnight (o/n) at 4 °C. Next, cells were incubated with a secondary antibody, Alexa Fluor 488 goat anti-rabbit IgG H&L (Abcam, Cambridge, UK) diluted to 4 µg/ml with 1% BSA for 1 h followed by nuclear staining with 4, 6- diamido-2-phenylindole (DAPI, 300 nM) for 15 min at RT. Staining with DAPI was used to visualise the nuclei of cells and to assess cell number (as an indicator of cell viability). Cells were washed three times with PBS after each step. The polycarbonate inserts on which the differentiated Caco-2 cell monolayer was grown were carefully excised, mounted with mowoil and covered with a glass coverslip, which was sealed with nail polish. Cells were visualized using Zeiss LSM880 confocal microscope for ZO-1 or Zeiss fluorescent Microscope, Carl Zeiss Axio Scope A 1 Upright Research Microscope for nuclear counting (Germany) and the results analysed using the Zen program and Image J software. Three fields of view (each of which was 140.80 X 105.60 µm) were analysed for each sample and the results were presented in mean number cells ± SEM and then representative images presented.

Imaging of cell morphology using light microscopy
Differentiated Caco-2 cells (3.13 × 10⁵ cells/cm²) were grown for 21 days on 3.0 µm pore polycarbonate transwell inserts of a 12- well plate, with growth area of 1.12 cm² (Coaster Corning, Flintshire, UK). For undifferentiated Caco-2 cells, 3.13 × 10⁵ cells/cm² were grown on a glass coverslip in a 24 well plate (Coaster Corning, Flintshire, UK) for 24 h. Both the differentiated and undifferentiated Caco-2 cells were treated with 12.68 µg/cm² Cu of CuO NMs. After 24 h, the cells were washed with PBS twice, fixed with 5% glutaraldehyde in 0.1 M sodium cacodylate for 2 h at 4 °C. The cells were washed thrice with 0.1 M sodium cacodylate and dehydrated in graded ethanol (25, 50, 70, 80 and 90%) for 10 min in each ethanol grade at room temperature. The cells were further dehydrated in 100% ethanol thrice for 15 min and then submerged in 2:1 fresh solution of hexamethyldisilazane (Sigma):100% ethanol. The cells were finally dried in 100% hexamethyldisilazane (Sigma), coated with gold and examined with Focus Ion Beam Scanning Electron Microscopy (FIB/SEM).

Cytokine analysis
Differentiated Caco-2 cells were exposed to cell culture medium (negative control), 200 ng/ml tumour necrosis alpha (TNF-α) (positive control) 3.17, 6.34, or 12.68 µg/cm² Cu of CuO NMs and CuSO₄ for 24 or 48 h. Undifferentiated Caco-2 cells were grown in a 96 well plate with a surface area of 0.32 cm² (Coaster Corning Flintshire, UK). A concentration of 1.56 × 10⁵ cells/cm² was seeded into the wells of the plate and incubated for 24 h at 37 °C and 5% CO₂ until 100% confluency was reached. Cells were then exposed to cell culture medium (control), 200 ng/ml TNF-α (positive control), 2.22, 3.17, 4.44, 6.34, 8.88 and 12.68 µg/cm² Cu of CuO NMs or CuSO₄ for 6 or 24 h. The cell supernatants were collected from undifferentiated cells, and the apical and basolateral compartments of differentiated cells and stored in −80 °C until required. On the day of cytokine analysis, the supernatants were thawed and IL-8 levels quantified using Enzyme-linked Immunosorbent assay (ELISA). Human IL-8 duo set ELISA kits were purchased from R&D System, Inc., (Minneapolis, MN USA) and used for the cytokine analysis according to the manufacturer's protocol. Human IL-8 production was measured using a microplate reader, SpectraMax M5 (California USA) at wavelength 450 nm.
Translocation studies
Differentiated Caco-2 cells were treated with cell culture medium (control), 3.17, 6.34 and 12.48 μg/cm² Cu of CuO NMs or CuSO₄ for 24 or 48 h at 37 °C, 5% CO₂ and 95% humidity and the cell culture medium then were removed from apical and basolateral compartments. Apical (300 μl) and basolateral (900 μl) media was digested with 5 ml of 4% HNO₃ (Sigma), filtered with Puradisc 25 mm 0.2 μm PES filter media (Whatman) and made up to 10 ml with Milli Q deionised H₂O to obtain final acidic concentration of 2% HNO₃. For cell preparation, the cells were digested following the method described by Bolea et al. [64]. Briefly, the cells were detached using 100 μl of 25 mM trypsin EDTA and 20% HNO₃ (1 ml) was added to the cells. The cells were then shaken with a rotatory shaker, PMS-1000, Grant-bio (Cambridge UK) at high speed for 4 h, at RT. The solution was then diluted with Milli Q H₂O to get an acidic concentration of 2% HNO₃ and then filtered with Puradisc 25 mm 0.2 μm PES filter media (Whatman). The acidic extracts of medium and cell media (Whatman). The acidic extracts of medium and cell were analysed by ICP-OES using a Perkin Elmer Optima 5300 DV (USA), employing an RF forward power of 1400 W, with argon gas flows of 15, 0.2 and 0.75 L/min for plasma, auxiliary, and nebuliser flows, respectively.

The solubility of CuO NMs following dispersion in MEM and DMEM was analysed using ICP-OES and showed that 47.79 and 53.53% CuO NMs dissociated to Cu²⁺ in MEM after 1 and 24 h respectively and in DMEM this was 59.91 and 67.41% at 1 and 24 h (Additional file 1). This indicates greater solubility of CuO NMs in medium compare to Gamble’s solution at physiological pH, which was previously identified to be ~1.5% [25]. Further information on CuO NMs characterisation from existing studies is provided in the methods section.

Impact of CuO NMs on viability of undifferentiated Caco-2 cell
A concentration dependent decrease in undifferentiated Caco-2 cell viability was observed after treatment with CuO NMs and CuSO₄ for 24 h (Fig. 1a). At concentrations below 1.22 μg/cm² Cu of CuO NMs, there was little or no impact on the viability of undifferentiated Caco-2 cells. Cell viability significantly decreased in a concentration dependent manner on exposure to 2.44 to 19.53 μg/cm² Cu of CuO NMs reaching 90% cell death at concentrations above 19.53 μg/cm² Cu of CuO NMs after 24 h. CuSO₄ also followed the same pattern. No significant difference between the toxicity of CuO NMs and CuSO₄ was observed when concentration was expressed as μg/cm² Cu (Fig. 1a). Using Proast 38.9 software, the concentration of CuO NMs and CuSO₄ required to kill 20% of the cells were 4.44 and 4.25 μg/cm² Cu respectively (Fig. 1b). This informed the selection of the following concentrations above 19.53 μg/cm² Cu of CuO NMs after 24 h.

Data analysis
Each experiment was repeated at least three times (on different days) for undifferentiated and differentiated cells and all data generated from these experiments are expressed as the mean ± standard error of the mean (SEM). The figures were generated using Graph pad Prism. After checking normality of the data, a one-way analysis of variance (ANOVA) followed by the Tukeys multiple comparison was employed to investigate statistical significance using Minitab 17 software. PROAST version 38.9 software was used to analyse Benchmark dose-response.

Results
Physico-chemical characteristics of the CuO NMs
Here, we analysed the hydrodynamic diameter, zeta potential and polydispersity index (PdI) of CuO NMs in cell culture medium at 0 and 24 h post incubation at 37 °C, 5%, CO₂ and 95% humidity. CuO NMs were highly agglomerated in complete cell culture medium at 0 h, as the average hydrodynamic diameter was 157 nm, whilst the primary particle size measured by TEM was 10 nm [25]. After incubation for 24 h at 37 °C, 5%, CO₂ and 95% humidity in complete cell culture medium, a significant decrease in hydrodynamic diameter (to 24 nm) and PdI was observed. The zeta potential remained constant and negative at 0 and 24 h. The PdI at 0 and 24 h time points were less than one, indicating that CuO NMs suspensions were suitable for DLS analysis (Table 1).

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Table 1 Hydrodynamic diameter, zeta potential and PdI values after dispersion of 50 μg/ml Cu of CuO NMs in complete cell culture medium

| Time (h) | Hydrodynamic diameter (nm) | Zeta Potential | PdI |
|---------|---------------------------|---------------|-----|
| 0       | 157.37 ± 29.44*           | −7.38 ± 0.59  | 0.6 ± 0.07* |
| 24      | 24.01 ± 0.56             | −7.29 ± 0.05  | 0.42 ± 0.1  |

CuO NMs were dispersed in 2% FCS in water, sonicated and then diluted in complete cell culture medium and the hydrodynamic diameter, zeta potential and PdI were measured immediately (0 h) or following incubation at 37 °C, 5%, CO₂ and 95% humidity for 24 h. Data expressed as Mean ± SEM (n = 3). Asterisk (*) represents significance when incubation at time point 0 and 24 h are compared P < 0.05
sub-lethal concentrations of CuO NMs and CuSO₄ (2.22, 3.17, 4.44, 6.34, 8.88 and 12.68 μg/cm² Cu) to test in further studies.

Impact of CuO NMs and CuSO₄ on morphology and integrity of differentiated Caco-2 cell monolayer

Differentiation of Caco-2 cell monolayer was evidenced by the maintenance of TEER value between 823.67 and 861.33 Ω.cm² over 21 days, which showed no significant difference over the duration of the experiment (24 h) for control cells (Fig. 2a). Staining for the tight junction protein Zonula occludens –1 (ZO-1) (Fig. 3a) also confirmed that the differentiation of Caco-2 was successful. In contrast, no tight junction protein (Additional file 2) or microvilli were observed for undifferentiated Caco-2 cells. According to SEM images (Fig. 3b), both differentiated and undifferentiated Caco-2 control cells covered the entire surface, indicating that they were confluent. However, differentiated Caco-2 control cells had microvilli, which were lacking in undifferentiated Caco-2 cells.

The TEER value of the differentiated Caco-2 cell monolayer treated with 6.34 and 12.68 μg/cm² Cu of CuO NMs and CuSO₄ respectively remained relatively constant and equivalent to the control until 9 h post exposure. At 12 and 15 h, CuO NMs and CuSO₄ induced a significant decrease in TEER values at all concentrations tested (Fig. 2a). At 24 h, the greatest reduction in TEER value was observed; the TEER value for both CuO NMs and CuSO₄ was significantly lower than negative control cells at both concentrations tested (6.34 and 12.68 μg/cm² Cu). For the positive control (Triton X100), the TEER value decreased to 23 ± 0.52 Ω.cm² after 3 h. There was no significant difference between the changes in TEER induced by either CuO NMs or CuSO₄ at all-time points investigated. Cells treated with 6.34 μg/cm² Cu of CuO NMs or CuSO₄ for 24 h also exhibited a reduced degree of tight junction protein staining compared to control (Fig. 3a).

The microvilli of differentiated Caco-2 cells exposed to CuO NMs were shortened and crypt-like (Fig. 3b). However, there was no obvious loss of cells. It was not possible to perform the Alamar Blue assay on the transwell insert used to culture differentiated cells, or conduct the LDH assay due to Cu interference in this assay [66]. Therefore, in order to assess the impact of CuO NMs and CuSO₄ on the viability of differentiated cells, cells were imaged using light microscopy, and in addition, cell number was counted via DAPI staining. Light microscopy (Fig. 2b) and SEM (Fig. 3b) images revealed that there was a loss of undifferentiated Caco-2 cells following exposure to CuO NMs or CuSO₄ however, no loss of differentiated cells was observed. There were significantly less undifferentiated control cells, as indicated by a decrease in nuclei number, compared to differentiated Caco-2 cells following exposure to CuO NMs or CuSO₄ for 24 h (Fig. 2c and d). These findings suggest that CuO NMs or CuSO₄ do not affect viability of differentiated Caco-2 cells at the concentrations and time point tested.
IL-8 production by differentiated and undifferentiated Caco-2 cells

At 6 h undifferentiated cells exposed to CuO NMs or CuSO₄ did not stimulate a significant increase in IL-8 production compared to control (Fig. 4a). In contrast, at 24 h undifferentiated Caco-2 cells treated with CuO NMs and CuSO₄ demonstrated a significant increase in IL-8 production with up to approximately 1000 pg/ml of IL-8 produced at a concentration of 4.44 µg/cm². For differentiated cells, IL-8 production increased to approximately 400 pg/ml following exposure to both CuO NMs and CuSO₄ at 24 and 48 h post exposure, compared to control (Fig. 4b). Both CuO NMs and CuSO₄ therefore stimulated a concentration and time dependent increase in IL-8 production in both differentiated and undifferentiated Caco-2 cells. However, comparison of IL-8 production by differentiated and undifferentiated Caco-2 cells demonstrated that the cytokine production at 24 h was significantly greater for undifferentiated Caco-2 cells (Fig. 4c). The lower level of cytokine production observed in differentiated cells is unlikely to be a consequence of a loss of cell...
viability (Fig. 2b and c). There was no significant difference in IL-8 production between CuO NMs and CuSO₄ treated cells for either differentiated or undifferentiated Caco-2 cell models. Differentiated and undifferentiated Caco-2 cells treated with 200 ng/ml TNF-α as positive control secreted 89.60 ± 4.77 and 275 ± 35.04 pg/ml respectively. IL-8 was below the limit of detection in the medium collected at the basolateral compartment of differentiated Caco-2 cells (data not shown).

Translocation of copper across differentiated Caco-2 monolayer

In all experiments assessing the translocation of Cu across the differentiated Caco-2 cell monolayer, CuO NMs or CuSO₄ were added directly to the apical compartment at time 0 h. The concentration of soluble Cu in the apical chamber of the cells was both concentration and time dependent. For the lowest concentration of CuO NMs and CuSO₄ almost the entire initial dose (87.26 ± 3.88 to 96.35 ± 3.15%) was detectable in the apical chamber after
24 h of exposure, declining slightly (77.91 ± 1.01 to 85.74 ± 5.83%), after 48 h. In contrast, for the highest concentration of CuO NMs and CuSO₄ approximately 58.07 ± 4.29 to 61.17 ± 10.10% was detectable in the apical compartment after 24 h exposure with a significant (P < 0.05) further decrease to between 27.00 ± 2.70 to 28.77 ± 3.30% after 48 h exposure (Fig. 5a).

Again, translocation measured as the content of copper in the basolateral chamber was concentration and time dependent. Therefore, the concentration of Cu in the basolateral media was greatest for cells exposed to CuO NMs and CuSO₄ at the highest concentration of 12.68 μg/cm² Cu, and longest time point of 48 h. Transport of Cu to the basolateral compartment also increased significantly from 24 h to 48 h for CuSO₄ (3.17 and 6.34 μg/cm² Cu respectively) at 24 h post exposure of the same concentration (Fig. 5b). The cellular uptake of CuO NMs or CuSO₄ was <3% of the initial exposure dose at 24 and 48 h, for all concentrations tested (Fig. 5c). There was no significant retention of Cu in the cell monolayer for both CuO NMs and CuSO₄ and Cu was not detected in the untreated control cells. No difference was observed between CuO NMs and CuSO₄ for transport and uptake.

When the data is re-expressed as the apparent permeability coefficient (P_app), again a time and concentration dependent increase in permeability was observed following exposure of differentiated Caco-2 cells to CuO NMs and CuSO₄. Both CuO NMs and CuSO₄ significantly increased P_app of the Caco-2 cell monolayer at 24 and 48 h at a concentration of 12.68 μg/cm² Cu. At 48 h CuSO₄ stimulated a greater enhancement in P_app than CuO NMs, with a significant increase in permeability observed at concentrations of 14.2 and 28.4 μg/ml Cu (Fig. 6).

**Discussion**

Despite the anticipated increase in CuO NM ingestion by humans associated with their increased use, there is a lack of understanding about the toxicity of CuO NMs to the GI tract. Indeed, assessment of the hazard of ingested NMs is recognised as a research priority as only limited number of studies have assessed the toxicity of ingested NMs [38, 67]. This study clearly demonstrates that the impacts of CuO NMs are entirely comparable to CuSO₄ in a standard differentiated in vitro Caco-2 model of the GI tract for endpoints spanning TEER, cell morphology, tight junction integrity, translocation and IL-8 production. The comparable results of CuSO₄ suggest that CuO NMs induced its effect, in part by an ion mediated mechanism.
Cytotoxicity

Viability studies were carried out using undifferentiated Caco-2 cells to obtain a BMD 20 value. BMD is useful in estimating the concentration of a toxicant required to elicit a low, but measurable (sub lethal), toxic response. BMD eliminates the problems associated with determination of the no-observed-effect-level (NOEL) as it uses full dose-response data in the statistical analysis thereby enhancing quantification of uncertainty in the data [68]. Although differentiated Caco-2 cells are considered to be more representative of cells in vivo, undifferentiated cells were used initially to screen cytotoxicity, as it is technically easier, quicker and cheaper to perform these studies and so a wider range of concentrations can be tested. Furthermore, the transwell inserts used to support the growth of differentiated Caco-2 cells are not compatible with the Alamar Blue Assay (which was used to assess the viability of undifferentiated cells). CuO NMs are also known to interfere with LDH assay (which uses the cell supernatant to assess cytotoxicity) [66] making it unreliable to perform this assay for CuO NMs. Therefore, it is more challenging to evaluate cytotoxicity and derive BMD with differentiated Caco-2 cells in transwell inserts. Accordingly, the viability of differentiated Caco-2 cells was assessed by visualising cell morphology using light microscopy, and staining cells with DAPI to count cell number.

CuO NMs stimulated a concentration dependent decrease in viability in undifferentiated cells. No significant difference was observed between the cytotoxicity of CuO NMs and CuSO₄. Whilst CuO NMs and CuSO₄ exhibit a similar level of toxicity, the CuO NMs tested in this study are not 100% soluble at 24 h, and thus it is likely that the CuO NMs exhibit toxicity via particle and ion effects. Previous studies which has demonstrated that Cu ions are likely to contribute predominantly to the toxicity of CuO NMs in differentiated Caco-2 cells [51] although they reported that particle shape could...
also contribute to the toxicity of CuO NMs. Furthermore, whilst the CuO NMs tested in our study exhibited some solubility in the cell culture medium, it is also possible that some ion release occurs inside the cell following particle uptake (e.g. Trojan horse mechanism), contributing further to Cu mediated effects. In comparison with the findings of other published studies using Caco-2 cells [50, 69], it seems that this study has demonstrated higher toxicity of CuO NMs than previously reported for ZnO (10 nm), SiO2 (14 nm), TiO2, iron oxides and Ag (20 nm) NMs although this would require verification in side-by-side tests. Data from cytotoxicity testing was used to inform the selection of CuO NM and CuSO4 concentrations to test when assessing impacts on differentiated cells. Of relevance is that imaging of cell morphology using light microscopy, and SEM revealed that there was a loss of cells in undifferentiated Caco-2 cells exposed to CuO NMs, which suggests that there was a reduction in cell viability. In contrast, no loss of differentiated cells was observed, which suggests that the concentrations and time point tested with CuO NMs were less toxic to the differentiated cells.

**Impact on barrier integrity**

We used measurement of TEER in combination with assessment of tight junction protein (ZO-1) staining and visualisation of cell morphology (SEM e.g. presence of microvilli) to confirm the differentiation status of Caco-2 cells in our study. It is noteworthy that many other studies have only measured TEER values to assess the differentiation status of cells [51, 70], as this is an accepted method of confirming Caco-2 cell differentiation. However, in our study the use of three approaches (TEER measurement, tight junction staining and assessment of microvilli formation) provided a robust assessment not only of the differentiation status of the Caco-2 cells but also enabled the impact of CuO NMs on the intestinal barrier to be investigated.

Assessment of TEER over time has not been used as a measure of toxicity in previuous studies which have investigated the impact of NMs on differentiated Caco-2 cells. The TEER values of differentiated Caco-2 cells showed a significant decrease from 9 h post-treatment with both CuO NMs and CuSO4 indicating a disruption in barrier integrity. To further study the impact of CuO NMs and CuSO4 the tight junction protein (ZO-1) of differentiated Caco-2 cells was stained and imaged. A decrease in tight junction protein staining was observed in treated cells, which confirms that CuO NMs and CuSO4 compromised the integrity of the Caco-2 monolayer. The images of ZO-1 staining after treatment with CuO NMs and CuSO4 are less clear, but this is due to disruption of the tight junctions (confirmed by TEER and SEM) rather than poor staining or imaging. In addition, SEM imaging confirmed the barrier perturbation and/or toxicity of CuO NMs and CuSO4 on differentiated Caco-2 cell monolayer integrity. Impairment of barrier integrity has a number of implications for the function of the intestine. For example, the permeability of the intestinal barrier is likely to increase due to tight junction dysfunction, potentially permitting the transport of substances (e.g. chemicals, pathogens) across the intestinal barrier.

Translocation of NMs (polystyrene) across the intestinal barrier has been observed in vivo [71], however NM penetration (excluding nanocarriers) across the intestinal barrier has not been widely studied in vitro, despite the extensive use of the differentiated Caco-2 model to study the translocation of pharmaceuticals and pathogens [54, 55]. Translocation across the intestinal barrier determines the bioavailability of NMs after oral exposure and could be affected by NMs physico-chemical properties including size, charge, time and the experimental set up (e.g. concentration, time point) [72, 73]. In this study, it was demonstrated that CuO NMs and CuSO4 translocated across the intestinal barrier in a concentration and time dependent manner. The transport of Cu is likely to be facilitated by the ability of CuO NMs and CuSO4 to disrupt barrier integrity. More specifically, a loss of tight junction function (as indicated by measurement of TEER value and tight junction protein staining in this study) is likely to enhance paracellular NM translocation. In vitro studies have demonstrated up to 7.8% and 0.8% translocation of 50 and 100 nm charged polystyrene NMs respectively using Caco-2 co-culture intestinal epithelial
cell models [72] which is similar to the findings of this study.

At the lowest concentration of CuO NMs and CuSO₄ tested summation of copper concentration in apical, basolateral and cell adds up to approximately 100% of the exposure concentration. However, at higher concentrations of CuO NMs and CuSO₄ it was not possible to recover all copper. It is possible that the increase in copper concentration activates the synthesis of thiol containing proteins including metallothionein [74, 75] and an indiscriminate binding of copper to the thiol group may occur leading to reduction in detectable copper ion in the apical, basolateral and cell compartments. In addition, the copper may have bound to plastic used in the experiment [76, 77] (e.g. cell culture plates and the insert polycarbonate membrane) to prevent its detection. Other possible point of loss of copper include washing of the cell monolayer with PBS after aspiration of cell medium before cell digestion.

The P_app is frequently used to predict translocation of orally absorbed pharmaceuticals and xenobiotics, especially in drug discovery [55]. The mechanism of translocation is likely to be via passive diffusion if the P_app value did not change with increasing concentration of the test substance in the apical compartment [59]. P_app values less than 1 × 10⁻⁶ cm/s are an indication of malabsorption in drug development while P_app values greater than 10 × 10⁻⁶ cm/s represent good absorption [78].

In this study, the P_app values of differentiated Caco-2 cells treated with all concentrations of CuO NMs and CuSO₄ for 24 h were less than 1 × 10⁻⁶ cm/s. In addition, at 48 h, only those cells treated with 6.34 and 12.68 μg/cm² CuSO₄ and 12.68 μg/cm² of CuO NMs were greater than 1 × 10⁻⁶ cm/s but less than 10 × 10⁻⁶ cm/s. The P_app value at 24 and 48 h were higher than P_app value of mannitol (~5.0 × 10⁻⁷ cm/s) on differentiated Caco-2 cells [45]. This suggests that both CuO NMs and CuSO₄ are generally malabsorbed (i.e. are not translocating across the intestinal barrier) at lower concentrations at 24 h post exposure. Therefore, it could be inferred that translocation of CuO NMs or CuSO₄ requires tight junction stress and dysfunction.

**IL-8 production**

CuO NMs and CuSO₄ stimulated a concentration and time dependent increase in IL-8 protein production in this study in both undifferentiated and differentiated Caco-2 cells. A wide range of cell types produce interleukin 8 (IL-8), a member of the chemokine superfamily whose primary function is to mediate the activation and migration of neutrophils from peripheral blood to tissues [79]. IL-8 is involved in initiation and amplification of inflammatory processes in response to pathogenic invasion, tumour necrosis factor, cellular stress and NMs [79–81]. Production of IL-8 was much greater in undifferentiated Caco-2 cells compared to differentiated Caco-2 cells at the same concentration of Cu in the both models, which is similar to the findings of Gerloff et al. [50] who investigated the toxicity of SiO₂ and ZnO NMs. This could be attributed to the more robust nature of differentiated Caco-2 cells as they possess most of the characteristics of human intestinal enterocytes [43]. The lower level of IL-8 production in differentiated Caco-2 cells did not appear to be a consequence of a loss of cell viability in our study. Indeed, for the controls (exposed to cell culture medium) there were higher numbers of cells observed for differentiated cells than undifferentiated cells. Despite this, there was less IL-8 production by control differentiated cells, when compared to that observed for undifferentiated cells. Our findings suggest that toxicity may be over-estimated if undifferentiated cells are used in isolation to investigate NMs toxicity. Therefore, differentiated Caco-2 cells are perhaps more appropriate for toxicity studies, when investigating cytokine production.

Another striking observation is that a peak production of IL-8 was observed at 6.34 μg/cm² Cu with a decrease in production observed at 12.68 μg/cm² Cu compared to the lower concentration. The peak IL-8 production was observed at the BMD 20 concentration with the decreased IL-8 production at higher concentration likely the consequences of cell death. IL-8 in the control and basolateral compartment fell below the detection limit (31.3 pg/ml), as observed by others (e.g. [51]).

**NM physico-chemical properties and toxicity**

NM physicochemical properties such as particle size and size distribution, agglomeration state, shape, crystal structure, chemical composition, surface area, surface chemistry, surface charge, and porosity influence the toxicity of NMs [26, 82]. The primary particle size of the CuO NMs investigated in this study is ~10 nm [25]. Immediately following dispersion in biological medium, the hydrodynamic diameter of the NMs was ~157 nm, which suggested that the NMs were agglomerated. Existing studies have also demonstrated that the dispersion medium can impact on the physico-chemical properties of NMs [82, 83]. Following incubation at 37 °C for 24 h, the hydrodynamic diameter of the NMs suspension was ~24 nm. This suggests that the NMs may become less agglomerated and/or dissolve over time.

The dissolution of CuO NMs was measured in cell culture medium in this study, and has been previously quantified in Gamble’s solution [25]. The observed level of dissociated Cu²⁺ from CuO NMs dispersed in MEM (47.79 and 53.53% at 1 and 24 h respectively) and DMEM (59.91 and 67.41% at 1 and 24 h respectively) analysed using ICP-OES and similarity in behaviour of CuSO₄ and CuO NMs in all the studies performed.
suggest that the effect observed by CuO NMs are ion mediated. However, there could be some effect exerted by the particle form of copper oxide. The dissolution of CuO NMs over time has also been observed for spherical, rod and spindle-shaped platelet CuO NMs using 51, 48 and 61 mg/L respectively in complete serum free cell culture medium after 20 h incubation [84].

Conclusion
This results of this study demonstrate that both CuO NMs and CuSO4 impact to a similar degree on the TEER, cell morphology, tight junction integrity, translocation and IL-8 production of differentiated Caco-2 cells in vitro. The comparable results between CuO NMs and CuSO4 suggest that NMs induced effects is at least in part, ion mediated. Importantly, CuO NMs are no more potent than the CuSO4, which is important for risk assessment considerations.

Our data demonstrate that whilst more expensive and time intensive the differentiated Caco-2 model should be prioritised over undifferentiated model when assessing the impacts of NMs on the GI tract. In future studies, it is recommended that differentiated cells be used in the first instance to screen the cytotoxicity of NMs in order to rapidly provide information on their toxic potency and to identify sub-lethal concentrations to test in more comprehensive studies, which investigate the mechanism of toxicity. Future studies will also need to use more complicated in vitro intestinal models (e.g. that incorporate mucus secreting cells, inflammatory cells and M cells) to test a wider panel of NMs to identify the most appropriate model for in-depth study of NMs toxicity to GI tract.

Additional files

Additional file 1: CuO NM dissolution study. (DOCX 12 kb)
Additional file 2: ZO-1 staining of undifferentiated Caco-2 cells. (DOCX 1046 kb)

Abbreviations
BMD: Benchmark dose-response; CuO NMs: Copper oxide nanomaterials; CuSO4: Copper sulphate salt; DLS: Dynamic Light Scattering; ELISA: Enzyme linked immunosorbent assay; FBS: Fetal bovine serum; ICP-OES: Inductive coupled plasma Optical Emission Spectrometry; IL-8: Interleukin-8; PBS: Phosphate buffered saline; TEER: Transepithelial electrical potential; TEM: Transmission electron microscopy

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Availability of data and materials
Data supporting the findings are presented within the manuscript and additional files. Raw data files are available on request to the corresponding author.

Authors’ contributions
VCU participated in the design of the study, carried out all the experiments, analysed the data and drafted the manuscript. DB contributed in the ICP-OES analyses and statistical analyses and provided expert advice on the study. NK assisted with the cell culture and provided expert advice on the study. LV performed ICP-OES analysis of the CuO NMs to assess solubility. VS participated in the study design, reviewing of the drafted manuscript and provided expert advice on the study. HJ participated in the study design and supervising the experiment, reading and reviewing the drafted manuscript and provided expert advice on the study. All authors read and approved the final manuscript.

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The authors declare that they have no competing interests and are responsible for the content and data of this manuscript.

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