Exceptional Dehn surgery on large arborescent knots

Ying-Qing Wu

Abstract

A Dehn surgery on a knot $K$ in $S^3$ is exceptional if it produces a reducible, toroidal or Seifert fibred manifold. It is known that a large arborescent knot admits no such surgery unless it is a type II arborescent knot. The main theorem of this paper shows that up to isotopy there are exactly three large arborescent knots admitting exceptional surgery, each of which admits exactly one exceptional surgery, producing a toroidal manifold.

1 Introduction

A Conway sphere for a knot $K$ in $S^3$ is a sphere $S$ which intersects $K$ at 4 points, such that punctured sphere $S - K$ is incompressible in $S^3 - K$. In this case the sphere $S$ cuts $(S^3, K)$ into two non-split tangles $(B_1, \tau_1)$ and $(B_2, \tau_2)$, where $B_i$ is a 3-ball, and $t_i$ is a pair of properly embedded arcs in $B_i$. An arborescent knot is obtained by gluing rational tangles together in various ways. See for example [Wu2] or [Ga]. An arborescent knot $K$ is large if it has a Conway sphere. It is known [HT, Oe, Wu2] that $K$ is large if and only if its complement is large in the sense that it contains an embedded closed essential surface.

A nontrivial Dehn surgery on a hyperbolic knot $K$ in $S^3$ is exceptional if the resulting manifold is either reducible, toroidal, or a small Seifert fiber space. The Geometrization Conjecture asserts that non-exceptional surgeries yield hyperbolic manifolds. Thurston [Th] showed that a hyperbolic knot admits only finitely many exceptional surgeries.

---

1 Mathematics subject classification (1991): Primary 57N10.
2 Keywords and phrases: Arborescent knots, exceptional Dehn surgery
All large arborescent knots are hyperbolic. It is known that most large arborescent knots admit no exceptional surgery. Define $T(r, s)$ to be a Montesinos tangle which is the sum of two rational tangles associated to rational numbers $r, s$ respectively. See Section 2 for more details. A knot $K$ is an arborescent knot of type II if it has a Conway sphere cutting it into two Montesinos tangles of type $T(r_1, 1/2)$. It was shown in [Wu2, Theorem 3.6] that if a large arborescent knot $K$ is not of type II then all nontrivial surgeries on $K$ are Haken and hyperbolic, so there is no exceptional surgery on $K$. When $K$ is an arborescent knot of type II, all non-integral surgeries are Haken and hyperbolic, and all integral surgeries are lamination in the sense that the resulting manifolds contain essential laminations; in particular, it is irreducible. It remains to determine which type II knots admit integer surgeries producing toroidal or Seifert fibred manifolds. The following is our main theorem, which determines all such knots and the exceptional surgeries on them. The knot $K_1$ in the theorem is given in Figure 2.2(b). $K_3$ is actually the mirror image of $K_1$, so there are essentially only two knots up to homeomorphism of $(S^3, K)$. $K_2$ is obtained from $K_1$ by changing crossings on the right half of the diagram of $K_1$ in Figure 2.2(b).

**Theorem 1.1** Let $K_1, K_2, K_3$ be the three knots in Definition 2.3. Let $K$ be a large arborescent knot in $S^3$, and let $\delta$ be a non-meridional slope on $\partial N(K)$. Then $K(\delta)$ is an exceptional surgery if and only if $(K, \delta)$ is isotopic to $(K_1, 3)$, $(K_2, 0)$ or $(K_3, -3)$, in which case $K(\delta)$ is toroidal.

The paper is organized as follows. In Section 2 we will define some special disks in rational tangle spaces. These are the pieces which will be used to build the toroidal surfaces in the exteriors of the knots in Theorem 1.1. Section 3 defines an index $i(G, Q)$ for a surface $G$ relative to $Q$, and proves its additivity and some other properties. Now let $K$ be a type II knot, which is the union of two Montesinos tangles $T_i = T(r_i, 1/2)$. Let $F$ be a punctured essential torus in the exterior of $K$ with integer boundary slope, and let $F_i$ be the intersection of $F$ with the tangle space of $T_i$. The important fact is that $F$ can be chosen so that each component $G$ of $F_i$ must have zero index relative to the tube around the unknotted string of $T_i$. It will then be shown in Section 4 that $G$ must be a special surface in the sense that it is the union of special disks in the two rational tangle spaces. This quickly leads to a proof that $r_i \equiv \pm 1/3 \mod 1$. In Section 5 we define the relative framing for a surface in a tangle space. They can be used to calculate the boundary slope of the surface $F = F_1 \cup F_2$, and show that if $F$ has integer boundary slope then its intersection with the punctured Conway
sphere must have a very special configuration, which completely determines
the gluing map between the two tangles. It will follow that if \( K(\delta) \) is toroidal
then \( K \) must be one of the three knots in the theorem, and there is only
one possible choice of \( F \). In Section 6 it will be shown that the surface \( F \)
constructed is incompressible and \( \partial \)-incompressible, and it gives rise to an
essential torus in the surgered manifold. This, together with some known
results about surgery on type II knots, will complete the proof of Theorem
1.1.

Unless otherwise stated, a surface in a 3-manifold \( M \) is assumed to be
either on the boundary of \( M \) or properly embedded in \( M \). Given a set \( X \) in
a surface or 3-manifold, denote by \( N(X) \) a regular neighborhood of \( X \), and
by \(|X|\) the number of components in \( X \). If \( P \) is a surface in a 3-manifold
\( M \), denote by \( M|P \) the manifold obtained by cutting \( M \) along \( P \).

2 Special disks in tangle spaces

A tangle \( T \) is a pair \((B, \tau)\), where \( B \) is a 3-ball with four specified points
on \( \partial B \), and \( \tau = \tau_1 \cup \tau_2 \) is a pair of arcs in \( B \) connecting these points. We
will identify \( B \) with either a pillow case with \( \partial \tau \) the four corners, or the one
point compactification of the lower half space, i.e. \( B = \hat{\mathbb{R}}^3 = \{(x,y,z) \mid z \leq 0\} \cup \{\infty\} \), with \( \partial \tau \) identified to the four points \((\pm 1, \pm 1)\) and the front side
of the pillow case identified to the square \([-1, 1] \times [-1, 1]\) in \( \hat{\mathbb{R}}^2 = \mathbb{R}^2 \cup \{\infty\} \),
which is identified to \((R^2 \times \{0\}) \cup \{\infty\} = \partial \hat{\mathbb{R}}^3 \).

Given a tangle \( T = (B, \tau) \), let \( E(T) \) be the closure of \( B - N(\tau) \), called the
tangle space of \( T \). Let \( S(T) = \partial B = \hat{\mathbb{R}}^2 \), and let \( P(T) \) be the 4-punctured
sphere \( \partial B \cap E(T) \). Let \( S_+(T) \) (resp. \( S_-(T) \)) be the closure of the right (resp. left)
half plane of \( \hat{\mathbb{R}}^2 = \partial B \). Similarly, define \( P_\pm(T) = S_\pm(T) \cap E(T) \), which is a twice punctured disk. Denote by \( U(T) = U_+(T) \cup U_-(T) \) the two annuli
\( \partial E(T) - \text{Int} P(T) \), with \( U_+(T) \) the one containing the upper right component
of \( \partial P \) on \( \hat{\mathbb{R}}^2 \). We now have a decomposition of the boundary of \( E(T) \) as follows.

\[
\partial E(T) = P_-(T) \cup P_+(T) \cup U_-(T) \cup U_+(T).
\]

We refer the readers to [Co] or [Wu1] for the definition of rational tangles.
Roughly speaking, the strings \( \tau \) of a rational tangle of slope \( r = p/q \) is
obtained by pushing into the interior of \( B \) the interior of two arcs of slope
\( r \) on the boundary of the pillow case \( B \) connecting the four corners of \( B \).
Throughout this paper we will always assume that \( q \geq 2 \).

Given two tangles \( T_i = (B_i, \tau_i) \), we may construct a new tangle \( T_1 + T_2 \) by
identifying the disk \( S_+(T_1) \subset \hat{\mathbb{R}}^2 \) with \( S_-(T_2) \subset \hat{\mathbb{R}}^2 \) using the map \((x,y) \rightarrow \)
and then identifying $B_1 \cup B_2$ to $B = \mathbb{R}^2$ so that a boundary point of $B_1$ or $B_2$ on $\partial(B_1 \cup B_2)$ is mapped to the point with the same coordinates on $\partial B = \mathbb{R}^2$. Denote by $T(r_1, r_2)$ the Montesinos tangle $T(r_1) + T(r_2)$.

Two tangles $T_1, T_2$ are weakly equivalent if $T_1$ can be deformed to $T_2$ by an isotopy $\varphi_t$ of $B$. They are $P$-equivalent if the isotopy $\varphi_t$ above is rel $\partial P_r(T_1)$, and equivalent if $\varphi_t$ is rel $S(T)$. Thus for example, $T(r)$ is $P$-equivalent to $T(r+k)$ for any integer $k$, and $T(1/3, -1/2)$ is $P$-equivalent to $T(1/3, 1/2)$. Two tangles are considered the same if they are equivalent.

A surface $F$ in $E(T)$ is tight if $\partial F \neq \emptyset$, and it intersects each of $P_\pm$ and $U_\pm$ in essential arcs or essential circles. In this case $\partial F$ is a set of essential loops on $\partial E(T)$. Thus a tight disk is an essential disk in $E(T)$ (i.e. a compressing disk of $\partial E(T)$), and any essential disk in $E(T)$ is isotopic to a tight disk.

Figures 2.1

The strings $\tau$ in a rational tangle $T(p/q) = (B, \tau)$ are rel $\partial \tau$ isotopic to a pair of arcs $\tau' = \tau_1 \cup \tau_2$ on $\partial B$. To be specific, let $\tau_2'$ be the one with an
endpoint at \((1, 1) \in \mathbb{R}^2\). Let \(\tau'_i\) be a pair of horizontal arcs on \(R^2\) connecting \(\partial \tau\). Let \(c_i = \tau'_i \cap P(T)\) for \(i = 0, 1, 2\), and let \(c_3\) be the curve on \(P\) that separates \(c_1\) and \(c_2\), which is unique up to isotopy. Thus for example, for \(T(1/3)\) the curves \(c_0, c_1, c_2\) are shown in Figure 2.1(1)–(3), and for \(T(-1/2)\) the curves \(c_1, c_2, c_3\) are shown in Figure 2.1(4)–(6), respectively. A disk \(D\) in \(E(T)\) is a special disk if its intersection with \(P(T)\) is one of these curves. It is further required that \(q \leq 3\) if \(D \cap P(T) = c_1, c_2\), and \(q = 2\) if \(D \cap P(T) = c_3\). More explicitly, we have the following definition. Note that the curve in Figure 2.1(k) is the boundary curve of a type (k) special disk.

**Definition 2.1** Let \(T = T(\pm 1/q)\). A disk \(D\) in \(E(T)\) is a special disk if it is one of the following type.
- Type (1). \(T = T(\pm 1/q)\), \(q\) odd, and \(D \cap P(T) = c_0\).
- Type (2). \(T = T(\pm 1/3)\), and \(D \cap P(T) = c_1\).
- Type (3). \(T = T(\pm 1/3)\), and \(D \cap P(T) = c_2\).
- Type (4). \(T = T(\pm 1/2)\), and \(D \cap P(T) = c_1\).
- Type (5). \(T = (\pm 1/2)\), and \(D \cap P(T) = c_2\).
- Type (6). \(T = T(\pm 1/2)\), and \(D \cap P(T) = c_3\).

**Lemma 2.2** Let \(T = T(p/q)\) with \(q = 2\) or odd. Let \(Q = P_+(T)\) if \(q \geq 3\), and \(Q = P_-(T) \cup U_+(T)\) if \(q = 2\). Suppose \(D\) is a tight disk in \(T(p/q)\) such that \(|D \cap Q| \leq 2\). Then \(T\) is \(P\)-equivalent to \(T(\pm 1/q)\), and \(D\) is a special disk. In particular, \(Q\) and \(Q' = \partial E(T) - \text{Int}Q\) are incompressible, and there is no disk in \(E(T)\) intersecting each of \(Q\) and \(Q'\) at a single essential arc.

**Proof.** This is essentially [Wu1, Lemmas 2.1 and 2.2]. Let \(P = P_+(T)\) if \(q \geq 3\), and \(P = P_-(T)\) if \(q = 2\). Clearly \(D\) must intersect \(P\) in a nonempty set of arcs as otherwise we would have \(T = T(1/0)\). Since \(|D \cap P| \leq 2\), \(D\) is a monogon or bigon as defined in [Wu1], which have been classified in Lemmas 2.1 and 2.2 of [Wu1]. When it is a monogon \(D\) is a special disk of type (5). Bigons appear when \(T\) is a torus tangle or wrapping tangle (see [Wu1] for definition), or a twist tangle; but since \(T\) is rational and \(q = 2\) or odd, the first two cases does not happen. Thus from the proof of [Wu1, Lemma 2.2] we see that if \(D\) is a bigon then it is one of the types (1), (2), (3), (4) or (6) in Definition 2.1, or \(T\) is \(P\)-equivalent to \(T(1/4)\) and \(D\) intersects \(P\) in two arcs with boundary on the outer component of \(\partial P\), but since we have assumed that \(q = 2\) or odd, the last case is impossible. \(\Box\)
Denote by $T(r_1, r_2; n)$ the tangle obtained from $T(r_1, r_2) = (B_3, \tau)$ by twisting the two lower endpoints of $\tau$ by $n$ left hand half twists. See Figure 2.2(a) for the tangle $T(1/3, -1/2; 4)$.

**Definition 2.3** Let $\eta : \hat{\mathbb{R}}^2 \to \hat{\mathbb{R}}^2$ be the map which is a $\pi/2$ counterclockwise rotation about the origin followed by a reflection along the $y$-axis. Define three knots $K_1, K_2, K_3$ by

\[
(S^3, K_1) = T(1/3, -1/2; 4) \cup_\eta T(1/3, -1/2; 4),
\]
\[
(S^3, K_2) = T(1/3, -1/2; 4) \cup_\eta T(-1/3, 1/2; -4), \text{ and}
\]
\[
(S^3, K_3) = T(-1/3, 1/2; -4) \cup_\eta T(-1/3, 1/2; -4).
\]

Alternatively, $K_1$ can be obtained by shifting the first tangle to the left, the second tangle to the right, rotating the second tangle counterclockwise by an angle of degree $\pi/2$, and then connecting the endpoints of the tangles by arcs on $R^2$ which are horizontal except near the endpoints of the strings of the tangles, as shown in Figure 2.2(b) for $K_1$. Note that $K_3$ is the mirror image of $K_1$, and $K_2$ is obtained from $K_1$ by taking mirror image the right half of $K_1$. Theorem 1.1 shows that these are the only large arborescent knots which admit exceptional surgery, and each of them admits exactly one such surgery.

### 3 Index of essential surfaces

Let $Q$ and $F$ be surfaces in $M$, intersecting in general position. Denote by $a(F, Q)$ the number of arc components of $F \cap Q$. The index of $F$ in $M$ relative to $Q$ is defined as

\[
i(F, Q) = \chi(F) - \frac{1}{2}a(F, Q)
\]
where $\chi(F)$ is the Euler characteristic of $F$. This is the same as the cusped Euler characteristic defined in [Wu3] for sutured manifold, only that now $Q$ is not required to be “cusps”, which by definition is a set of annuli and tori on the boundary of a 3-manifold.

**Lemma 3.1** Let $Q$ be a surface on $\partial M$, and $Q'$ an essential surface properly embedded in $M$ and disjoint from $Q$. Let $M' = M\cup Q'$, and let $Q'_1, Q'_2$ be the two copies of $Q'$ on $\partial M'$. Let $F$ be a surface in $M$, and let $F' = F\cap Q'$. Then

$$i(F', Q'_1 \cup Q'_2 \cup Q) = i(F, Q).$$

**Proof.** Put $k = a(F, Q')$. Note that $Q'_1, Q'_2, Q$ are mutually disjoint compact surfaces on $\partial M'$, hence $a(F', Q'_1 \cup Q'_2 \cup Q) = 2k + a(F, Q)$. Since $Q'$ intersects $F$ in $k$ arcs and possibly some circle components, after cutting $F$ along $F \cap Q'$ we have $\chi(F') = \chi(F) + k$. It follows that

$$i(F, Q) = \chi(F) - \frac{1}{2}a(F, Q) = \chi(F') - k - \frac{1}{2}a(F, Q)$$

$$= \chi(F') - \frac{1}{2}a(F', Q'_1 \cup Q'_2 \cup Q)$$

$$= i(F', Q'_1 \cup Q'_2 \cup Q). \quad \Box$$

The lemma shows that index is invariant when cutting along a surface disjoint from $Q$. We remark that it is important to assume that $Q$ is a compact surface and is disjoint form $Q'$, otherwise the lemma may not be true.

The most useful case is when $Q'$ is a separating surface, cutting $M$ into $M_1$ and $M_2$. The following additivity lemma follows immediately from Lemma 3.1.

**Lemma 3.2** (Additivity of index) Suppose $Q$ is a compact subsurface of $\partial M$, and $Q'$ is a separating surface in $M$ disjoint from $Q$, cutting $M$ into $M_1$ and $M_2$. Let $Q'_i$ be the copy of $Q'$ on $\partial M_i$, $Q_i = (Q \cap M_i) \cup Q'_i$, and $F_i = F \cap M_i$. Then

$$i(F, Q) = i(F_1, Q_1) + i(F_2, Q_2). \quad \Box$$

**Lemma 3.3** Let $T = T(p/q)$ with $q = 2$ or odd. Let $Q = P_+(T)$ for $q > 2$, and $Q = P_-(T) \cup U_+$ for $q = 2$. Let $F$ be a tight disk in $E(T)$. Then $i(F, Q) \leq 0$, and equality holds if and only if $T$ is $P$-equivalent to $T(\pm 1/q)$ and $F$ is a special disk.
Proof. It is easy to check that each special disk in Definition 2.1 intersects $Q$ in two arcs and hence has $i(F,Q) = 0$. Conversely, if $i(F,Q) \geq 0$ then $|F \cap Q| \leq 2$, so by Lemma 2.2 it is a special disk and hence $i(F,Q) = 0$.

Lemma 3.4 Suppose $T = T(p/q,1/2)$ and $F$ is a tight surface in $E(T)$. Let $U = U_+(T)$. Then $i(F,U) \leq 0$. In particular, $P(T)$ and $\partial E(T) - U$ are incompressible, and there is no disk in $E(T)$ intersecting $U_+(T)$ at a single essential arc.

Proof. If $i(F,U) > 0$ then $F$ is a disk and $F \cap U$ has at most one arc component. Isotope the decomposition surface $P$ in $E(T) = E(T(p/q)) \cup P E(T(1/2))$ so that $F \cap P$ is minimal. Then an innermost circle outermost arc argument would lead to a contradiction to Lemma 3.3 because one of the (at least two) disks cut off by outermost arcs will be disjoint from $U$ and hence is isotopic to a tight disk with positive index. □

4 Special surfaces in knot exterior

Throughout this section we assume that $K$ is a type II knot which is the union of two length 2 Montesinos tangles $T_i = (B_i, \tau_i) = T(p_i/q_i, 1/2) = T_{i1} + T_{i2}$, where $T_{i1} = T(p_i/q_i)$ and $T_{i2} = T(1/2)$.

Let $S = \partial B_i$, and let $P = P(T_i) = P(T_2) = S \cap E(K)$, which cuts $E(K)$ into $E(T_1)$ and $E(T_2)$. Let $P_i = E(T_{i1}) \cap E(T_{i2})$ be the twice punctured disk cutting $E(T_i)$ into $E(T_{i1})$ and $E(T_{i2})$. Write $T_{ij} = (B_{ij}, \tau_{ij})$. Thus $E(K)$ is the union of four rational tangle spaces $E(T_{ij})$, $i,j = 1,2$. Let $U_i = U_+(T_i)$, which is the component of $U(T_i)$ lying in $E(T_{ij})$.

Definition 4.1 A surface $F$ in $E(K)$ or $E(T_i)$ is a special surface if it intersects each $E(T_{ij})$ in special disks.

The purpose of this section is to show that if $F$ is an essential punctured torus in $E(K)$ with integer slope then it is a special surface up to isotopy. We will then use this result to show that $q_i = 3$ for $i = 1,2$.

If $F$ is a compact surface in $E(T)$ intersecting $U(T)$ in arcs on $\partial F$, then $F - U(T)$ is $F$ with the arcs $F \cap U(T) \subset \partial F$ removed, so it is non-compact. An arc $\beta$ in $F - U(T)$ is considered to be essential if it does not cut off a compact disk from $F - U(T)$. Thus for example, if $F$ is a disk intersecting $U(T)$ in two arcs on $\partial F$ then there is exactly one essential arc on $F - U(T)$ up to isotopy.
A **P-compressing disk** of a surface $F$ in $E(T)$ is a disk $D$ in $E(T)$ such that $\partial D = \alpha \cup \beta$, where $\alpha$ is an arc on $P$ and $\beta = D \cap (F - U(T))$ is an arc on $F - U(T)$ which is essential in the above sense. If such a disk exists then $F$ is $P$-compressible, otherwise it is $P$-incompressible.

**Lemma 4.2** Let $F$ be a punctured essential torus in $E(K)$ such that $\partial F$ has integer slope on $\partial E(K)$, and the complexity $(|F \cap \partial P|, |F \cap P|)$ is minimal in lexicographic order. Let $F_j$ be a component of $F \cap E(T_i)$. Then (i) $F_j$ is tight, (ii) $i(F_j, U_i) = 0$, and (iii) $F_j$ is incompressible and $P$-incompressible.

**Proof.** (i) Since $|F \cap \partial P|$ is minimal, $F$ intersects each of the four annuli $\partial N(K) \cap \partial P$ in essential arcs. By [Wu1, Lemma 3.3] each $E(T_i)$ is a handlebody and hence irreducible, so if $F \cap P$ contains a trivial loop on $P$ then an innermost circle argument would show that one could isotope $F$ to reduce $|F \cap \partial P|$ without increasing $|F \cap \partial P|$, which is a contradiction. If $F \cap P$ has a trivial arc on $P$ then an outermost one would cut off a $\partial$-compressing disk for $F$, which is impossible because $F$ is essential.

(ii) Since $P$ is incompressible [Wu1, Lemma 3.3], each circle component of $F \cap P$ is also essential on $F$. It follows that each boundary component of $F \cap E(T_i)$ is a nontrivial loop on $\partial E(T_i)$, so each disk component of $F \cap E(T_i)$ is an essential disk in $E(T_i)$.

Let $\hat{F}$ be the torus obtained from $F$ by capping off each boundary component of $F$ with a disk. Define a graph $\Gamma$ on $\hat{F}$ with the attached disks as fat vertices and $P \cap F$ as edges. A component of $P \cap F$ is either a circle edge or an arc edge of $\Gamma$, depending on whether it is a circle or arc. Note that a circle edge is not incident to any vertex, so $\Gamma$ is actually a graph in which some edges are loops without vertices.

Since $\partial F$ has integer boundary slope and $P$ has 4 boundary components, each vertex $v$ of $\Gamma$ has valence 4. Denote by $C$ the number of corners at all vertices of $\Gamma$ which lie in either $U_1$ or $U_2$, where $U_i = U_+ (T_i)$, which is the component of $\partial N(K) \cap E(T_i)$ lying in the $E(T_{2i}) = E(T(1/2))$ part. Denote by $V$ and $E$ the numbers of vertices and arc edges of $\Gamma$, respectively. Since the boundary of each vertex of $\Gamma$ travels through each of $U_1$ and $U_2$ once, we have $C = 2V$. Since each vertex is incident to 4 arc edge endpoints, we also have $E = 2V$. Let $F_j$ be the faces of $\Gamma$, and assume it lies in $E(T_i)$. The Euler characteristic formula, which one can check is still valid for graphs with circle edges, gives

\[
0 = V - E + \sum \chi(F_j) = -V + \sum \chi(F_j) = -\frac{1}{2} C + \sum \chi(F_j) = \sum (\chi(F_j) - \frac{1}{2} |F_j \cap (U_i)|) = \sum i(F_j, U_i).
\]
By (i) and Lemma 3.4 we have $i(F_j, U_i) \leq 0$ for each component $F_j$ of $F \cap E(T_i)$. Since these are exactly the faces of $\Gamma$, it follows from the above that $i(F_j, U_i) = 0$ for all $F_j$.

(iii) Since $F$ is incompressible and $|F \cap P|$ is minimal, it is easy to see that $F_j$ is also incompressible. By (ii) $F_j$ is either a disk intersecting $U_i$ twice or an annulus disjoint from $U_i$. Suppose $D$ is a $P$-compressing disk for $F_j$ as in the definition, and let $\alpha = D \cap P$. Since $\beta = |D \cap F_j|$ is essential on $F_j - U_i$, the two points $\partial \alpha = \partial \beta$ lie on distinct components of $F_j \cap P$, hence an isotopy of $F$ via $D$ would create a surface $F'$ which has the same or smaller complexity than $F$ and yet one of the faces $F'_j$ deformed from $F_j$ has $i(F'_j, U_i) > 0$, which is a contradiction to (ii). □

Lemma 4.3 Let $F$ be an essential punctured torus in $E(K)$ with integer boundary slope. Then $F, P_1, P_2$ can be isotoped so that $F$ is a special surface.

Proof. We may assume that $|\{F \cap \partial P \cup |F \cap P|\}$ is minimal up to isotopy, so Lemma 4.2 applies, and we have $i(F_k, U_i) = 0$ for any component $F_k$ of $F \cap E(T_i)$. We will show below that $P_i$ can be isotoped so that each component $D$ of $F \cap E(T_{ij})$ is a tight disk. In that case by Lemma 3.3 we will have $i(D, U_i) \leq 0$; since $F_k$ is a union of such disks, by the Additivity Lemma 3.2 we will have $i(D, U_i) = 0$ for all $D$, and hence by Lemma 3.3 $D$ is a special disk in $E(T_{ij})$, which will complete the proof.

Let $Q_i = F \cap E(T_i)$. Isotope $P_i$ so that $|\{Q_i \cap \partial P_i \cup |Q_i \cap P_i|\}$ is minimal. This implies that for $R = P_-(T_{i1}), P_+(T_{i2})$ or a component of $U(T_{ij})$, each arc component of $Q_i \cap R$ is essential on $R$. By Lemma 4.2 $Q_i$ is incompressible and $P$-incompressible, so the above minimality and the $\partial$-incompressibility of $F$ imply that each component of $Q_i \cap P_i$ is also essential on $P_i = P_+(T_{i1}) = P_-(T_{i2})$. Therefore all components of $F \cap E(T_{ij})$ are tight. It remains to show that each component of $F \cap E(T_{ij})$ is a disk.

By Lemma 2.2 $P_i$ is incompressible and $\partial$-incompressible in $E(T_i) - U_i$, so no component of $P_i \cap Q_i$ is a trivial loop on $Q_i$, or an arc which is trivial on $Q_i - U_i$ in the sense that it cuts off a disk on $Q_i$ disjoint from $U_i$. Thus if a component $F_k$ of $Q_i$ is a disk then $P_i$ cuts $F_k$ into disks. Similarly if $F_k$ is an annulus then no component of $F_k \cap P_i$ is an inessential arc or inessential circle on $F_k$. It now suffices to show that $\partial F_k \cap P_i \neq \emptyset$ because then $F_k \cap P_i$ is a nonempty set of essential arcs on $F_k$, cutting it into disks.

Let $F_k$ be an annulus component of $Q_i$ with $\partial F_k$ disjoint from $P_i$. This implies that $F_k \cap U_-(T) = \emptyset$ because each component of $F_k \cap U_-(T)$ is a component of $F \cap U_-(T_i)$, which intersects $P_i$ at two points. Since $i(F_k, U_i) = 0$, we also have $F_k \cap U_+(T_i) = \emptyset$. Therefore $\partial F_k \subset P$. Note that no
component $C'$ of $\partial F_k$ is parallel to a component $C$ of $\partial P$ as otherwise the arc components of $F \cap P$ with endpoints on $C$ would lie in the annulus between $C$ and $C'$ and hence would be trivial arcs, and there are $|\partial F|/2 > 0$ of them, which can be used to $\partial$-compress $F$, a contradiction to the fact that $F$ is essential. Therefore the two components of $\partial F_k$ are both parallel to the circle $P_i \cap P$ and hence bound an annulus $A$ on $P$. By Lemma 4.2(iii) $F_k$ is incompressible, and by [Wu1, Lemma 3.3] $E(T_i)$ is a handlebody, so $F_k \cup A$ must bound a solid torus $V$ in $E(T_i)$. Now $A$ cannot be meridional on $V$ because $P$ is incompressible, and $A$ cannot run more than once along the longitude of $V$ as otherwise the union of $V$ and a regular neighborhood of a disk on $\partial B_i$ bounded by a component of $\partial F_k$ would be a punctured lens space in the 3-ball $B_i$, which is absurd. It follows that $A$ is longitudinal on $\partial V$ and hence $F_k$ is $P$-compressible, which contradicts Lemma 4.2(iii).

\begin{proposition}
Suppose $K$ is an arborescent knot of type II, and suppose $E(K)$ contains an essential punctured torus with integer boundary slope. Then $K$ is the union of $T_1, T_2$, each of which is weakly equivalent to $T(1/3, 1/2)$ or $T(-1/3, 1/2)$.
\end{proposition}

**Proof.** By definition $K$ is the union of $T_1, T_2$ with $T_i = T(p_i/q_i, 1/2) = T_{i1} + T_{i2}$. By Lemma 4.3 we may assume that $F$ intersects each $E(T_{ij})$ in special disks. If some $q_i > 3$ then the only special disk in $E(T_{i1})$ is of type (1), hence each component of $F \cap P_i$ is an arc with only one endpoint on the circle $P_i \cap P$, where $P_i$ is the twice punctured disk $E(T_{i1}) \cap E(T_{i2})$. From the definition we see that the only special disks in $E(T_{i2}) = E(T(1/2))$ intersecting $P_i$ in such arcs are those of type (5), which are disjoint from $U_+(T_2)$. Therefore $F \cap U_+(T_i) = \emptyset$, which is a contradiction because $F$ must intersect each $U_\pm(T_i)$ in exactly $|\partial F| > 0$ arcs.

\section{Boundary slopes of special surfaces}

Let $T = (B^3, \tau)$ be a tangle, with $B^3$ identified to $\hat{R}^3$. We assume that $\tau$ is oriented. Let $\alpha$ be a pair of arcs on $R^2 - \text{Int}I^2$, shown in Figure 5.1(1) when the orientations of $\tau$ are opposite near the two upper endpoints, or in Figure 5.1(2) otherwise. Then $\tilde{\tau} = \tau \cup \alpha$ is a link in $\hat{R}^3$ with orientation induced from that of $\tau$. 

11
Let $\gamma$ be a set of essential arcs on $U(T)$, and assume that $n = |\gamma \cap U_{-}(T)| = |\gamma \cap U_{+}(T)|$. Each component of $\gamma$ is isotopic in $N(\tau)$ to a component of $\tau$, so the orientation of $\tau$ induces an orientation on $\gamma$. Let $p : R^3_+ \to R^2 = \partial R^3$ be the standard projection. We always assume that $\tau$ and $\gamma$ are in regular position in the sense that

(i) $p(\tau) \subset I^2$, where $I = [-1, 1]$;
(ii) $p : \tau \cup \gamma \to R^2$ is an immersion with only double crossings; and
(iii) $p(\gamma) \cap \alpha = \emptyset$.

Condition (iii) is to guarantee that all crossings between $p(\gamma)$ and $p(\tau \cup \alpha)$ appear inside of the square $I^2$, so if we close up $\gamma$ by arcs parallel to $\alpha$ to obtain $\hat{\gamma}$ then the linking number between $\hat{\gamma}$ and $\hat{\tau} = \tau \cup \alpha$ can be calculated using crossings between $\tau$ and $\gamma$.

Since $\tau$ and $\gamma$ are oriented, each crossing is assigned a sign according to the right hand rule, as given in Rolfsen’s book [Ro, p.132].

**Definition 5.1** (1) The relative linking number between $\tau$ and $\gamma$, denoted by $lk(\tau, \gamma)$, is the sum of the signs of crossings at which $\gamma$ passes below $\tau$.

(2) Let $F$ be a surface in $E(T)$ such that $F \cap U(T)$ is in regular position. Then the relative framing of $F$ in $E(T)$ is defined as $\theta(F) = lk(\tau, F \cap U(T))$.

An isotopy of $\tau \cup \gamma$ is a regular isotopy if $\tau \cup \gamma$ is in regular position at any time during the isotopy. Similarly an isotopy of a surface $F$ in $E(T)$ is a regular isotopy if its restriction to $F \cap U(T)$ is a regular isotopy.

Consider the four disks $\cup D_i = R^2 - \text{Int}P(T)$. Since $\gamma$ has $n$ endpoints on each $\partial D_i$, we can connect $\partial \gamma$ by $2n$ arcs $\gamma'$ on $\partial N(\hat{\tau})$ which lies in the
upper half space $\mathbb{R}_3^+$. Define $\hat{\gamma} = \gamma \cup \gamma'$, with orientation induced by that of $\gamma$. Since $\hat{\tau} \cup \hat{\gamma}$ is an oriented link, the linking number $lk(\hat{\tau}, \hat{\gamma})$ is well defined.

**Lemma 5.2**

1. $lk(\tau, \gamma) = lk(\hat{\tau}, \hat{\gamma})$.
2. $lk(\tau, \gamma)$ and $\theta(F)$ are regular isotopy invariants.
3. Let $\psi$ be a rotation of $\mathbb{R}_3^+$ along the z-axis by an angle of $\pi/2$, deforming $\tau$ to $\tau'$ and a surface $F$ to $F'$. Then $\theta(F) = \theta(F')$.
4. Suppose $F_j$ are the components of $F$ in $E(T)$. Then $\theta(F) = \sum \theta(F_j)$.

**Proof.**

1. It is well known that $lk(\hat{\tau}, \hat{\gamma})$ can be calculated as the sum of the signs of crossings at which $\hat{\gamma}$ passes below $\hat{\tau}$. By definition $\gamma$ does not pass below $\alpha$, and $\gamma'$ does not pass below $\hat{\gamma}$ because it lies in $\mathbb{R}_3^+$ while $\hat{\gamma}$ lies in $\mathbb{R}_3^-$. Therefore the crossings at which $\hat{\gamma}$ passes below $\hat{\tau}$ are exactly where $\gamma$ passes below $\tau$, and the result follows.

2. A regular isotopy does not change the relative position of $\partial \tau$ to $\alpha$, hence it extends to an isotopy of $\hat{\tau} \cup \hat{\gamma}$, and the result follows from (1) because the linking number of a link is an isotopy invariant.

3. This follows from the definition, because $\psi$ gives a sign preserving one to one correspondence between the crossings.

4. This follows from definition. □

Let $T = T_1 + T_2$, where $T_1 = T(1/3)$ and $T_2 = T(-1/2)$. Let $F$ be a special surface in $E(T)$ intersecting each $U_\pm(T)$ in $n$ arcs. By definition each component of $F \cap E(T_i)$ is a special disk. We may assume that $F$ is a union of $a_i$ copies of $A_i$ for $i = 1, ..., 6$. From Figure 2.1 we see that $F \cap P(T_i)$ is as shown in Figure 5.2$(i)$, $i = 1, 2$, where an arc with label $a_j$ indicates $a_j$ parallel copies of that arc.
Lemma 5.3 Let $r = n/2$, and $s = a_6$. Then there is a special surface $F$ in $E(T)$ consisting of $a_k$ copies of disks of type $(k)$ and intersecting each $U_i(T)$ at $n$ arcs, if and only if $a_k$ is a set of non-negative numbers satisfy the following equations.

1. $n = 2r$ is even;
2. $a_1 = r - s$;
3. $a_2 = a_3 = r + s$;
4. $a_4 = a_5 = a_1 + a_2 = a_1 + a_3 = n$;
5. $a_6 = s$.

Proof. Suppose $F$ is such a surface. Then (5) is from definition, and (4) follows from the fact that $F$ intersects each boundary component of $P$ at $n$ points. By (4) we have $a_2 = a_3$. Let $P' = P_+(T_1) = P_-(T_2)$ be the twice punctured disk cutting $E(T)$ into $E(T_1)$ and $E(T_2)$. Then
on $\partial E(T_1)$ there are $a_2 + a_3$ arcs of $F \cap P'$ with both endpoints on the circle $P' \cap P(T)$ while there are $a_5 + 2a_6$ such arcs on $\partial E(T_2)$. Hence $2a_2 = a_2 + a_3 = a_5 + 2a_6 = n + 2s$, which shows that $n = 2r$ is even, and $a_2 = a_3 = r + s$. (2) follows from this and the equation $a_1 + a_2 = n = 2r$, as shown in Figure 5.2(a).

Conversely, given a set of non-negative numbers $a_k$ satisfying the above equations, let $E_k$ be $a_k$ copies of disks of type (k). Then one can check that the arcs $(E_1 \cup E_2 \cup E_3) \cap P'$ are isotopic to the arcs $(E_4 \cup E_5 \cup E_6) \cap P'$ on $P'$, hence one can glue these together to form a surface $F$ in $E(T)$. □

The curves in Figures 5.2(a) and 5.2(b) can be represented by the weighted train tracks shown in Figure 5.2(c) and 5.2(d), respectively, where an arc of the train track with weight $x$ represents $x$ parallel copies of that arc. The weights on the train tracks are calculated using the above lemma.

Recall that $T(1/3, -1/2) = T_1 + T_2$ is formed by gluing $P_+(T_1)$ to $P_-(T_2)$ using a reflection map along the $y$ axis on $R^2$. Since the train track on these two half planes match each other under this reflection, after gluing we obtain a special surface $F$ in $E(T)$ with $F \cap P$ represented by the train track $\gamma$ in Figure 5.3(a).

To simplify the diagram, we perform a counterclockwise full twist on both the top two tangle endpoints and the bottom two tangle endpoints. Note that this is equivalent to twisting the two lower endpoints by four left hand half twists, so by definition it deforms the tangle $T(1/3, -1/2)$ to the tangle $T(1/3, -1/2; 4)$ defined in Section 2. The train track, after splitting along two edges, becomes that in Figure 5.3(b).
After a further splitting and isotopy, we obtain the train track $\gamma$ in Figure 5.4(a). Note that up to isotopy we can move the end points of $\gamma$ around $\partial P$, but so far we have not done that. By moving some endpoints of train track around $\partial P$, we obtain the one in Figure 5.4(b).

![Figure 5.4](image_url)

The two strings of $T = T(\pm 1/q)$ is said to be consistently oriented if they both run from the upper endpoints to the lower endpoints or both from the lower endpoints to the upper endpoints. For $T(1/3)$ we will always assume that its two strings are consistently oriented. For $T(-1/2)$, we introduce a new variable $\epsilon$ and set $\epsilon = 1$ if the two strings of $T(-1/2)$ are oriented consistently, and $\epsilon = -1$ otherwise. Recall that a surface $F$ in $E(T)$ is regular if $F \cap U(T)$ is a set of regular curves on $U(T)$.

**Lemma 5.4** Let $A_k$ be a regular special disk such that $A_i \cap P(T)$ is the curve in Figure 2.1(k).

1. $\theta(A_1) = 6$, $\theta(A_2 \cup A_3) = 4$, $\theta(A_4 \cup A_5) = -2\epsilon$, and $\theta(A_6) = 0$.
2. A special surface $F$ in $T(1/3, -1/2)$ is isotopic to a regular surface $F'$ such that $\partial F' \cap P$ is represented by the weighted train track in Figure 5.3(a), and $\theta(F') = (5 - 2\epsilon)n - 2s$, where $s = a_6$ is the number of type (6) special disks in $F$.
3. A special surface $F$ in $T(1/3, -1/2; 4)$ is isotopic to a regular surface $F'$ such that $F' \cap P$ is carried by the weighted train track in Figure 5.4(b), and $\theta(F) = (6 - 4\epsilon)n - 2s$. 

16
Proof. (1) follows by drawing the curves $\gamma$ of $\partial A_i$ on $U(T)$ and counting the signed crossings where $\gamma$ passes below $\tau$. We omit the details.

(2) By definition $F$ is the union of $a_k$ copies of $A_k$, which can be put in regular position. We leave it to the reader to check that the regular surfaces in $E(T(1/3))$ and $E(T(-1/2))$ can be combined together to create the surface $F$ in $E(T(1/3, -1/2))$ without creating new crossings between $F \cap U(T)$ and $\tau$. Since $a_2 = a_3$ and $a_4 = a_5$, we have $\theta(F) = \theta(A_1) + a_2 \theta(A_2 \cup A_3) + a_4 \theta(A_4 \cup A_5) + a_6 \theta(A_6)$. It follows from (1) and Lemma 5.3 that

$$\theta(F) = 6 a_1 + 4 a_2 - 2 \epsilon a_4$$

$$= 6(r - s) + 4(r + s) - 2 \epsilon n = (5 - 2\epsilon)n - 2s.$$

(3) By definition $T = T(1/3, -1/2; 4)$ is obtained from $T(1/3, -1/2)$ by two counterclockwise full twists of the two lower endpoints of the tangle, which deforms the surface $F''$ in (2) to a new surface $F'$ in $E(T)$ with boundary curve represented by the train track shown in Figure 5.4(a). Note that after the twists each arc component of $\alpha' = F' \cap \partial N(\tau)$ passes below $\tau$ four more times than $\alpha'' = F'' \cap \partial N(\tau)$ does, two of which in the positive direction, and the other two in positive direction if and only if $\epsilon = -1$. (Note that the two strings twisted have the same orientation if and only if the two strings in the tangle $T(-1/2)$ have opposite orientation.) Hence $\theta(F') = \theta(F'') + (2 - 2\epsilon)n$, so by (2) we have $\theta(F') = (7 - 4\epsilon)n - 2s$.

We now perform an isotopy of $F'$ to obtain the surface $F$ whose boundary curve on $P$ is carried by the train track in Figure 5.4(b). To do this one needs to turn $2r = n$ endpoints of $F \cap P$ on $\partial P$ clockwise for an angle of almost $2\pi$. The isotopy on each endpoints creates one more crossing at which $\alpha'$ passes below $\tau$, and it is in the negative direction. Therefore we have $\theta(F) = \theta(F') - n = (6 - 4\epsilon)n - 2s$. □

The following lemma can be used to calculate the boundary slope of a surface in $E(K)$.

Lemma 5.5 Suppose $F_i$ is a regular surface in $E(T_i)$. Let $\eta: \partial B_1 = \hat{R}^2 \to \hat{R}^2 = \partial B_2$ be the reflection along the $y$ axis, such that $\eta(F_1 \cap P(T_1)) = F_2 \cap P(T_2)$. Let $(S^3, K) = (B_1, \tau_1) \cup_\eta (B_2, \tau_2)$ with orientation of $\tau_1$ induced by that of $K$, and let $F = F_1 \cup_\eta F_2$. Suppose $F$ has $m$ boundary components with slope $p/q$, where $p, q$ are coprime and $q > 0$. Then $mp = \theta(F_1) + \theta(F_2)$. In particular, $q = 1$ if and only if $\theta(F_1) + \theta(F_2) \equiv 0 \mod n$, where $n = mq$ is the number of times $\partial F$ intersects each meridian of $K$.  

17
Proof. We can shift $T_1 = (B^3, \tau_1)$ to the left and $T_2 = (B^3, \tau_2)$ to the right so that $\tau_1, \tau_2$ are separated by the $yz$-half-plane in $B^3 = R^3$. Now $K \subset R^3$ is isotopic to the knot $K'$ obtained by adding four arcs on $R^2$, each connecting an endpoint $p_i$ of $\tau_1$ to $\eta(p_i)$ on $\tau_2$, with two below the line $y = -1$ and the other two above the line $y = 1$. We may also assume that near $\partial \tau_i$ these arcs match the arcs $\alpha$ in Figure 5.1, so they are disjoint from the projection of $F_i \cap U(T_i)$ because $F_i$ are regular. The isotopy from $K$ to $K'$ extends to an isotopy which deforms $F$ in $E(K)$ to the surface $F'$ in $E(K')$ obtained from $F_1 \cup F_2$ by connecting their boundary on $R^2$ by bands in the upper half space. More explicitly, let $C = F_1 \cap R^2$ and embed $C \times I$ in $R^3_+ \cap E(K')$ so that $C \times \{1\} = F_1 \cap R^2$, $C \times \{1\} = F_2 \cap R^2$, and $\partial C \times I$ lies on $\partial N(K')$. Then $F' = F_1 \cup (C \times I) \cup F_2$. Note that $(\partial C) \times I$ does not pass below $K'$, so $lk(K', \partial F')$ is the sum of the signs of crossings where $\partial F_i$ passes below $\tau_i$, hence $mp = lk(K, \partial F) = lk(K', \partial F') = \theta(F_1) + \theta(F_2)$.

If $q = 1$ then $mp \equiv 0 \mod n = mq$. Conversely, if $mp \equiv 0 \mod n = mq$ then $p$ is a multiple of $q$. Since $p, q$ are coprime and $q > 0$, this is possibly only if $q = 1$. □

We now assume that $K$ is a type II knot and $F$ is an essential punctured torus in $E(K)$ with integer boundary slope. By Proposition 4.4, $K$ is the union of two tangles $T_1, T_2$, each weakly equivalent to $T(1/3, -1/2)$ or $T(-1/3, 1/2)$. Hence up to weak isotopy we may assume that $T_1 = T(1/3, -1/2; 4)$ or its mirror image $T(-1/3, 1/2; -4)$. By Lemma 4.3 we may assume that $F_i = F \cap E(T_i)$ is a special surface, so by Lemma 5.4(3) we may assume that $F_i$ is regular, and $F_i \cap P(T_i)$ is represented by the train track $\gamma_i$ in Figure 5.4(b) if $T_i = T(1/3, -1/2; 4)$, and its reflection along the $y$ axis if $T_i = T(-1/3, 1/2; -4)$. Note that the gluing map $\eta : \partial B_2 \to \partial B_1$ could be any orientation reversing map which maps $P(T_2)$ to $P(T_1)$ and $F_1 \cap P(T_i)$ to $F_2 \cap P(T_2)$.

As in Lemma 5.3, let $n$ be the number of times $F$ intersects a meridian of $K$ on $N(K)$, $r = n/2$, and let $s_i$ be the number of type $(6)$ special disks in $F_i$. There are five possible ways to split $\gamma_i$, according to the values of $s_i$. (1) $r - s_i > s_i > 0$; (2) $s_i > r - s_i > 0$; (3) $s_i = 0$; (4) $r - s_i = 0$; and (5) $r - s_i = s_i$.

One can check that for $T_i = T(1/3, -1/2; 4)$ the train track in Figure 5.4(b) splits to $\gamma_i$ in Figure 5.5(1)–(5), respectively, where $s = s_i$. When $T_i = T(-1/3, 1/2; -4)$, $\gamma_i$ is the reflection of those in the figure along the
$y$-axis. We say that $\gamma_i$ is of type (k) if it is the one in Figure 5.5(k).

![Figure 5.5](image)

**Lemma 5.6** For each $i$, $s_i \in \{0, r, r/2\}$. Hence $\gamma_i$ is not of type (1) or (2).

**Proof.** We need to show that $\gamma_i$ cannot be of type (1) or (2). Because of symmetry we may assume without loss of generality that $T_1 = T(1/3, -1/2, 2)$, and $\gamma_1$ is of type (1). By Lemma 5.4(3) we have $\theta(F_1) = (6 - 4\epsilon)n - 2s_1$.

Since the graph in Figure 5.5(1) is not homeomorphic to those in Figure 5.5(3)-(5), we see that $\gamma_2$ must be of type (1) or (2). Let $\eta : \partial B_2 \to \partial B_1$ be the gluing map, which is orientation reversing. Since the two horizontal edges of $\gamma_i$ have higher weights than the other edges, $\eta$ must map horizontal edges to horizontal edges. Without loss of generality we may assume that $\eta$ maps the upper horizontal line of $\gamma_2$ to the upper horizontal line of $\gamma_1$ by a reflection along the vertical axis. Note that this completely determine $\eta$ on $\gamma_2$.

First assume that $T_2 = T(1/3, -1/2; 4)$. If $\gamma_2$ is the one in Figure 5.5(2) then $\eta$ is simply a reflection along the vertical line, hence it maps the two right vertices of $\gamma_2$ to the two left vertices of $\gamma_1$, but since the two left (right)
vertices of $\gamma_i$ belong to the same component of $\tau_i$, $K$ would be a link of two components, which is a contradiction. Therefore $\gamma_2$ must be the graph in Figure 5.5(1), which is redrawn in Figure 5.6(1). One can modify the graph by turning the lower horizontal edge clockwise by a half twist to obtain the one in Figure 5.6(2), then isotope some of the edge endpoints at the two lower boundary components of $P$ around to obtain the graph in Figure 5.6(3). The map $\eta$ is the composition of this isotopy followed by a reflection along a vertical line.

Note that the isotopies above are not regular isotopies. They have changed the relative framing of the surface $F_2$. By Lemma 5.4(3) the framing of $F_2$ with boundary graph in Figure 5.6(1) is given by $(6 - 4\epsilon)n - 2s_2$. After twisting the two lower vertices of the graph by a half twist, each boundary arc of $F_2$ on the tubes $\partial E(T_2) - P$ passes below the part of $\tau$ near the vertex 3 in the figure once in the negative direction, but does not pass below the other string of $\tau$, hence the new framing is $(4 - 4\epsilon)n - 2s_2$. The isotopy from Figure 5.6(2) to Figure 5.6(3) moves $r$ edge endpoints clockwise and another $r$ edge endpoints counterclockwise around vertex 3 and 4 respectively, hence will not change the relative framing. Therefore we have $\theta(F_2) = (4 - 4\epsilon)n - 2s_2$ for the surface $F_2$ corresponding to Figure 5.6(3).

In order to glue $F_2$ to $F_1$ by $\eta$, the weight of the left vertical edge in Figure 5.6(3) must match the weight of the right vertical edge of Figure 5.5(1), hence we have $r - 2s_2 = 2s_1$. Thus $\theta(F_1) = (6 - 4\epsilon)n - (r - 2s_2)$, so

$$\theta(F_1) + \theta(F_2) = [(6 - 4\epsilon)n - (r - 2s_2)] + [(4 - 4\epsilon)n - 2s_2]$$

$$= (10 - 8\epsilon)n - r \equiv r \mod n.$$

Since $r = n/2$, this is a contradiction to Lemma 5.5 and the assumption that $F$ has integer boundary slope. □
Lemma 5.7 \( s_1 = s_2 = r/2 \), so both \( \gamma_i \) are of type (5).

Proof. Note that if \( \gamma_i \) is of type (3) or (4) then the endpoints of a string of \( \gamma_i \) is separated by those of the other string on \( \gamma_i \), which is a circle. Hence if both \( \gamma_i \) are of type (3) or (4) then \( K = \tau_1 \cup \tau_2 \) would be a link of two components, which is a contradiction. Therefore at least one \( \gamma_i \), say \( \gamma_1 \), is of type (5). If the result is not true then \( \gamma_2 \) must be of type (3) or (4). We assume it is of type (3). The other case is similar.

By the same proof as in that of Lemma 5.6, we can isotope \( \gamma_2 \) by twisting the lower level edge of \( \gamma_2 \) by a half twist, followed by an isotopy which moves some endpoints of \( \gamma_2 \) around \( \partial P \), to change \( \gamma_2 \) to a graph of type (5). As in the proof of Lemma 5.6, this will not change \( \theta(F_1) \mod n \). By Lemma 5.4(3) we have \( \theta(F_1) + \theta(F_2) \equiv -2s_1 - 2s_2 \mod n \). Since \( \gamma_1 \) is of type (5), we have \( s_1 = 0 \), and since \( \gamma_2 \) is of type (3), we have \( 2s_2 = r = n/2 \). Hence \( \theta(F_1) + \theta(F_2) \equiv r \mod n \), which by Lemma 5.5 implies that the boundary slope of the punctured torus \( F \) is not an integer slope, a contradiction. \( \Box \)

Proposition 5.8 Let \( K \) be a type II knot, and let \( F \) be an essential punctured torus in \( E(K) \) with integer boundary slope \( \delta \). Then \((K, \delta) = (K_1, 3), (K_2, 0) \) or \((K_3, -3)\), where \( K_i \) are the knots defined in Definition 2.3.

Proof. By Proposition 4.4 we have \((S^3, K) = T_1 \cup T_2\), where each \( T_i \) is weakly equivalent to \( T(1/3, 1/2) \) or \( T(-1/3, 1/2) \). Up to weak equivalence we may assume that each \( T_i \) is either \( T(1/3, -1/2; 4) \) or \( T(-1/3, 1/2; -4) \).

Denote by \( u_1, ..., u_4 \) the four disks \( \partial B_i - \text{Int}(T_i) \), which we will consider as fat vertices. By Lemma 5.7 the train track \( \gamma_1 \) is of type (5), so it is a circle containing those four vertices, labeled in cyclic order, as shown in Figure 5.5(5). Similarly, \( \gamma_2 \) contains the vertices \( v_1, ..., v_4 \) in the same order. Orient \( \gamma_i \) clockwise. Let \( \eta: \partial B_1 \to \partial B_2 \) be the gluing map. Then up to isotopy \( \eta \) is determined by its restriction on \( \gamma_1 \), which in term is determined by the image of \( u_1 \) and whether \( \eta|_{\gamma_1} \) is orientation preserving or not. Note that although \( \eta \) must be orientation reversing on \( \partial B_1 \), it may map the disk inside of \( \gamma_1 \) to the disk outside of \( \gamma_2 \), so \( \eta|_{\gamma_1} \) could be orientation preserving.

Since \( K \) is a knot, the endpoints of a string of \( \tau_2 \) must be mapped to endpoints of different strings of \( \tau_2 \), which excludes four possible \( \eta \). Also, if \( \tau_i \) is considered as lying in a pillow case \( B_i \), then from Figure 2.2(a) one can see that a \( \pi \) rotation along a horizontal axis will preserve the tangle. One can now easily check that all the four possible choices of \( \eta \) give rise to the same knot, so we may assume that \( \eta \) is obtained by rotation \( \gamma_2 \) counterclockwise.
by an angle of $\pi/2$ followed by a reflection along a vertical line, as described in Definition 2.3. Therefore $K$ is one of the three knots in the statement.

The surface $F$ is cut into $F_i$ in $E(T_i)$. By Lemma 5.2(3), the $\pi/2$ rotation above will not change $\theta(F_1)$, so by Lemma 5.5 the boundary slope of $F$ is given by $(\theta(F_1) + \theta(F_2))/n$. Examining the orientation of the strings in $\tau_i$ we see that they are consistently oriented in the tangle $T(\pm 1/2)$, hence $\epsilon = 1$ for both $T_i$. Since $\gamma_i$ are of type (5), by definition we have $2s_i = r$, so by Lemma 5.4(3) we have $\theta(F_i) = (6 - 4\epsilon)n - 2s_i = 2n - r$ if $T_i = T(1/3, -1/2; 4)$, and $\theta(F_i) = -2n + r$ if $T_i = T(-1/3, 1/2; -4)$. Hence if $K = K_1 = T(1/3, -1/2; 4) \cup T_1 T(1/3, -1/2; 4)$ then by Lemma 5.5 the boundary slope of $T$ is $[(2n - r) + (2n - r)]/n = 3$. Similarly for the other two cases. □

6 Toroidal surgery

Let $(K, \delta)$ be one of the three pairs described in Theorem 1.1. In this section we will show that there is a punctured torus $F$ in $E(K)$ with boundary slope $\delta$, and the torus $\hat{F}$ obtained by capping off the boundary components of $F$ with meridional disks in the Dehn filling solid is indeed an essential torus in the surgered manifold $K(\delta)$.

Let $T = T(1/3, 1/2) = T_1 \cup T_2$, where $T_1 = T(1/3)$ and $T_2 = T(1/2)$.

Lemma 6.1 A special surface $Q$ in $E(T)$ is incompressible and $P$-incompressible.

Proof. By considering a component if necessary we may assume that $Q$ is connected. By Lemma 3.3 each special disk has zero index, so by the Additivity Lemma 3.2 $Q$ also has zero index and hence is either an annulus disjoint from $U_+(T)$ or a disk intersecting $U_+(T)$ in two arcs. If $Q$ is a disk then it is automatically incompressible, and a $P$-compression will produce two disks $D_i$, each intersecting $U_+(T)$ at a single arc, which contradicts Lemma 3.4.

Now assume $Q$ is an annulus. Let $P' = P_+(T_1) = P_-(T_2)$ be the twice punctured disk cutting $E(T)$ into $E(T_1)$ and $E(T_2)$. By definition $P'$ cuts $Q$ into a set of special disks, each of which is an essential bigon in the sense that it intersects $P'$ in two arcs, and an arc on the bigon with one endpoint on each of these arcs is not rel $\partial$ homotopic to an arc on $P'$. Using this and the fact that $P'$ is incompressible one can easily show, by an innermost circle outermost arc argument, that $Q$ is incompressible in $E(T)$. To show it is $P$-incompressible, one need only show that there is no $\partial$-compressing
disk \( D \) of \( Q \) in \( E(T) \) disjoint from \( U_+(T) \). Suppose \( \partial D = \alpha \cup \beta \), where \( \alpha \) is an essential arc on \( Q \) and \( \beta \subset \partial E(T) - U_+(T) \). Since \( P' \) is incompressible, we may assume \( D \cap P' \) has no circle components; since \( P' \cap Q \) is a set of essential arcs on \( Q \), \( \alpha \) is isotopic to a component of \( P' \cap Q \), so by an isotopy of \( D \) we may also assume that \( \alpha \cap P' = \emptyset \). Hence \( D \cap P' \) is a set of arcs with endpoints on \( \beta \). Choose \( D \) so that \( |D \cap P'| \) is minimal. If \( D \cap P' = \emptyset \) then one can use \( D \) to \( \partial \)-compress a special disk to produce a pair of disks \( D_j \) in some \( E(T_i) \) with \( \partial D_j \) the union of an essential arc on \( P' \) and another arc on \( \partial E(T_i) - P' \cup U_+(T) \), which will lead to a contradiction to Lemma 3.3. Now an outermost arc \( \gamma \) cuts off a disk \( D' \) from \( D \) which lies in one of the \( E(T_i) \). Using Lemma 3.3 one can show that \( \partial D' \) is trivial on \( \partial E(T_i) \), so it cuts off a 3-ball which can be used to reduce \( |D \cap P'| \), contradicting its minimality. \( \square \)

By definition the knot \( K \) is the union of two tangles \( T_1, T_2 \), each of which is either \( T(1/3, -1/2; 4) \) or its mirror image \( T(-1/3, 1/2; -4) \). Let \( n = 4 \), \( s = 1 \), and define \( a_k \) by \( a_1 = a_6 = 1, a_2 = a_3 = 3 \), and \( a_4 = a_5 = 4 \). One can check that these numbers satisfy the equations in Lemma 5.3. Since \( T(1/3, -1/2; 4) \) is weakly equivalent to \( T(1/3, 1/2) \), by Lemma 5.3 there is a special surface \( F_i \) in \( E(T_i) \) which is the union of \( a_k \) copies of special disks of type \( (k) \) for \( k = 1, \ldots, 6 \). By Lemma 5.4(3) the curves \( F_i \cap P(T) \) is represented by the train track in Figure 5.4(b), which splits to the one in Figure 5.5(5) because \( r = 2 = 2s \). Similarly for \( T_i = T(-1/3, 1/2; -4) \). The graph in Figure 5.5(5) is preserved by the gluing map \( \eta: \partial B_1 \rightarrow \partial B_2 \), which by definition is a \( \pi/2 \) rotation followed by a reflection along the vertical line. It follows that \( F_1 \cup \eta F_2 \) form a surface \( F \) in \( E(K) \).

**Lemma 6.2** \( F \) is an essential punctured torus in \( K \) with \( \partial F \) consisting of 4 circles of slope \( \delta \).

**Proof.** The boundary slope \( \delta \) of \( F \) is calculated in the proof of Proposition 5.8. In particular, \( \delta \) is an integer in all three cases of \( K \). Since \( n = 4 \) in the construction, we see that \( |\partial F| = 4 \).

By Lemma 6.1 each \( F_i \) is incompressible and \( P \)-incompressible, and by Lemma 3.4 \( P = P(T_1) = P(T_2) \) is also incompressible. Thus by an innermost circle outermost argument one can show that \( F = F_1 \cup F_2 \) is incompressible in \( E(K) \). Since \( F \) has four boundary components, this implies that \( F \) is also \( \partial \)-incompressible as otherwise two copies of a boundary compression disk and the annulus on \( \partial N(K) \) bounded by two components of \( \partial F \) would form a compressing disk of \( F \). \( \square \)
**Lemma 6.3** Let $M$ be a handlebody of genus 3, let $c_1, c_2$ be a pair of curves on $\partial M$, and let $M'$ be the manifold obtained by attaching two 2-handles along $c_1$ and $c_2$. If $\partial M - c_i$ is compressible for $i = 1, 2$, and $\partial M - c_1 \cup c_2$ is incompressible, then $\partial M'$ is incompressible.

**Proof.** This is a standard application of the Handle Addition Lemma [Ja]. Denote by $M_1$ the manifold obtained from $M$ by attaching a 2-handle along $c_1$. By assumption there is a compressing disk $D$ of $\partial M$ which is disjoint from $c_1$. If $D$ is separating then one component $H$ of $M|D$ is a handlebody disjoint from $c_1$, so we may re-choose $D$ to be a non-separating disk in $H$. Thus after attaching a 2-handle to $M$ along $c_1$, $D$ is still a compressing disk of $\partial M_1$, so $\partial M_1$ is compressible. On the other hand, since $\partial M - c_2$ is incompressible while $(\partial M - c_2) - c_1$ is incompressible, by the Handle Addition Lemma applied to the pair $(M - c_2, c_1)$ we see that the surface $\partial M_1 - c_2$ is incompressible in $M_1$. Now since $\partial M_1$ is compressible while $\partial M_1 - c_2$ is incompressible, we may apply the Handle Addition Lemma again to conclude that after attaching a 2-handle to $M_1$ along $c_2$, the boundary of the resulting manifold $M'$ is incompressible. \qed

Let $F_0$ be a separating surface in a 3-manifold $M$ with $\partial F_0 = c_1 \cup \ldots \cup c_n \cup c'_n \cup \ldots \cup c'_1$, lying successively on a torus component $R$ of $\partial M$. Let $A_1$ be the component of $R|C$ bounded by $c_1 \cup c'_1$, and let $A_k$ be the annulus on $R$ which is bounded by $c_k \cup c'_k$ and contains $A_1$. Starting with $F_0$, one can construct a sequence of surfaces $F'_k$ and $F_k$ by adding the annulus $A_k$ to $F_{k-1}$ to obtain $F'_k$ and then pushing the $A_k$ part of $F'_k$ off $R$ to obtain $F_k$. The surfaces $F_k$ are said to be obtained from $F$ by *successively tubing through* $A_1$. The following lemma is probably due to Gordon.

**Lemma 6.4** Suppose $F_0$ is a connected separating incompressible surface in a 3-manifold $M$ with $\partial F_0$ on a torus component $R$ of $\partial M$. Let $M_0', M''_0$ be the components of $M|F_0$, and let $A_1$ be an annulus component of $\partial M_0' - \text{Int} F_0$. If $F'_1 = F_0 \cup A_1$ is incompressible in $M_0'$, then the surfaces $F_k$ obtained by successively tubing $F$ through $A$ are all incompressible in $M$.

**Proof.** We use the above notation, and let $M'_k, M''_k$ be the components of $M|F_k$. Note that $F_k$ are all connected and separating, and $A_{k+1}$ is a component of $\partial M'_k - \text{Int} F_k$ or $\partial M''_k - \text{Int} F_k$. Hence by induction we need only show that (i) $F_1$ is incompressible, and (ii) if $n > 1$ then $F'_2$ is also incompressible in $M''_1$.

Since $F_1$ is obtained by pushing the $A_1$ part of $F'_1 = F_0 \cup A_1$ into the interior of $M$, the components $M'_1$ of $M|F_1$ containing $A_1$ is homeomorphic
to $M'_0$, with $F_1 \subset \partial M'_1$ identified to $F_0 \cup A_1 \subset \partial M'_0$, so by assumption $F_1$ is incompressible in $M'_1$. When $n = 1$ the other component $M''_1$ is obtained by attaching a collar $R \times I$ to $M''_0$ along the annulus $A'_1 = R - \text{Int} A_1$. It is clear that $A'_1$ is incompressible in $M''_1$. If it is also $\partial$-incompressible then an innermost circle outermost arc argument shows that $F_1$ is incompressible in $M''_1$, and if it is $\partial$-compressible then $F_0$ must be an annulus which is parallel to $A'_1$ after cutting off some possible summands, so $M''_1$ is essentially a product $R \times I$ and hence $F_1$ is also incompressible. When $n > 1$ $M''_1$ is obtained by attaching $A_2 \times I$ to $M''_0$ along the two annuli $P$ and $P'$ bounded by $c_1 \cup c_2$ and $c'_1 \cup c'_2$, respectively. The incompressibility of $F_0$ implies that these annuli are incompressible. Also, there is no disk $D$ in $M''_1$ intersecting $P \cup P'$ at a single essential arc as otherwise the frontier of $N(D \cup P \cup P')$ would contain a compressing disk of $F_0$. One can now apply an innermost circle outermost arc argument to show that both $F_1$ and $F'_2$ are incompressible in $M''_1$. □

**Proof of Theorem 1.1.** If $K$ is not a type II knot or if $\delta$ is not an integer slope then by [Wu2, Theorems 3.6 and 4.4] $K(\delta)$ is Haken and hyperbolic, so we assume that $K$ is a type II knot and $\delta$ is an integer slope. Write $(S^3, K) = T_1 \cup T_2$, with $T_i = T(p_i/q_i, 1/2)$. By [Wu2, Theorem 2.3] $E(K)$ contains an essential branched surface $B$ which remains essential in $K(\delta)$, hence by [GO] $K(\delta)$ is irreducible. Also, by the construction in the proof of [Wu2, Theorem 2.3] the exterior of the $B$ is the disjoint union of $E(T_1)$ and $E(T_2)$, with vertical surface $U_+(T_i)$ on $\partial E(T_i)$.

We claim that $E(T_i)$ is not an $I$-bundle with $U_+(T_i)$ as a vertical annulus. If this is false that after attaching a 2-handle to $U_+(T_i)$ the resulting manifold $M_i$ would be an $I$-bundle over a closed surface, which must be a Klein bottle because $\partial M_i$ is a torus. Since $M_i$ is the exterior of a trefoil knot in $S^3$, this would imply that there is a Klein bottle embedded in $S^3$, which is absurd.

By [Br] if a small Seifert fiber space contains an essential lamination then its exterior is an $I$-bundle, hence the above implies that $K(\delta)$ cannot be a small Seifert fiber space. Therefore $K(\delta)$ is exceptional if and only if it is toroidal. By Proposition 5.8 $K(\delta)$ is toroidal only if $(K, \delta)$ is one of the three pairs listed, so we need only show that $K(\delta)$ is indeed a toroidal manifold for each of those pairs.

Let $F$ be the surface constructed before Lemma 6.2. By Lemma 6.2 $F$ is an essential punctured torus with $\partial F$ consisting of four circles of slope $\delta$ given in Theorem 1.1.

Let $F_i = F \cap E(T_i)$, $P = P(T_i)$, and $P_i = E(T_{i\delta}) \cap E(T_{i\bar{\delta}})$. Note that the special disks $F \cap E(T_{ij})$ in $E(T_{ij})$ cuts $E(T_{ij})$ into a set of 3-balls $B_k$. The
arcs $P_i \cap F_i$ cut $P_i$ into a set of disks $D_r$, so the manifold $E(T_i) \cap F_i$ is obtained by gluing the $B_k$’s along the $D_r$’s, and hence is a set of handlebodies $H_k$. Also, $F \cap P$ cuts $P$ into a set of disks $D_r'$, so $E(K)$ is obtained from the $H_k$’s by gluing along the $D_r$’s, and hence is also a set of handlebodies. Since $F$ is a punctured torus with four boundary components, it is separating in $E(K)$, so $E(K) \cap F$ has two components $M_1, M_2$, and $\partial M_i$ is the union of $F$ with two annuli on $\partial N(K)$ and hence is a surface of genus 3. It follows that each $M_i$ is a handlebody of genus 3.

Let $A_1, A_2$ be the two annuli $\partial M_i - \text{Int}(F)$, and let $c_j$ be the core of $A_j$. Then by Lemma 6.2 the surface $\partial M_i - c_1 \cup c_2$, which is homotopic to $F$ on $\partial M_i$, is incompressible. Note that $\partial M_i - c_1$ is homotopic to the surface $F \cup A_2$ obtained from $F$ by tubing along $A_2$. If this is incompressible then by Lemma 6.4 the closed surface $F'$ obtained from $F$ by successively tubing through $A_2$ is incompressible. From the construction one can see that $F'$ has coannular slope $\delta$ on $\partial N(K)$ in the sense that there is an incompressible annulus $A'$ which has interior disjoint from $F'$, with one boundary component on $F'$ and the other on $\partial N(K)$ with slope $\delta$. It is easy to see that any embedded essential surface in an irreducible 3-manifold has at most one coannular slope on a torus boundary component, hence there is no disk in $S^3$ with boundary on $F'$ which intersects $K$ exactly once, so $F'$ is $K$-essential in the sense of [Wu2]. By [Wu2, Lemma 4.7] there is no such closed surface in the exterior of a type II knot, which is a contradiction.

Let $M_1, M_2$ be the two components of $K(\delta) \cap \hat{F}$. Then $\hat{M}_i$ is obtained from $M_i$ by attaching two 2-handles along the curves $c_1, c_2 \subset \partial M_i$. We have shown above that $M_i$ is a handlebody of genus 3, $\partial M_i - c_j$ is compressible, and $\partial M_i - c_1 \cup c_2$ is incompressible. Therefore by Lemma 6.3 the surface $\hat{F} = \partial \hat{M}_i$ is incompressible in $M_i$. Since this is true for $i = 1, 2$, it follows that $\hat{F}$ is an incompressible torus in $K(\delta)$. □

References

[Br] M. Brittenham, *Small Seifert-fibered spaces and Dehn surgery on 2-bridge knots*, Topology 37 (1998), 665–672.

[Co] J. Conway, *An enumeration of knots and links, and some of their algebraic properties*, Computational problems in abstract algebra, New York and Oxford: Pergamon, 1970, pp. 329–358.

[Ga] D. Gabai, *Genera of the arborescent link*, Mem. Amer. Math. Soc. 339 (1986), 1–98.
[GO] D. Gabai and U. Oertel, *Essential laminations in 3-manifolds*, Annals of Math. 130 (1989), 41–73.

[HT] A. Hatcher and W. Thurston, *Incompressible surfaces in 2-bridge knot complements*, Invent. Math. 79 (1985), 225–246.

[Ja] W. Jaco, *Adding a 2-handle to 3-manifold: an application to Property R*, Proc. Amer. Math. Soc. 92 (1984) 288–292.

[Oe] U. Oertel, *Closed incompressible surfaces in complements of star links*, Pac. J. Math. 111 (1984), 209–230.

[Ro] D. Rolfsen, *Knots and Links*, Publish or Perish, 1990.

[Th] W. Thurston, *The Geometry and Topology of 3-manifolds*, Princeton University, 1978.

[Wu1] Y-Q. Wu, *The classification of nonsimple algebraic tangles*, Math. Ann. 304 (1996), 457–480.

[Wu2] ——, *Dehn surgery on arborescent knots*, J. Diff. Geom. bf 42 (1996), 171–197.

[Wu3] ——, *Sutured manifold hierarchies, essential laminations, and Dehn surgery*, J. Diff. Geom. 48 (1998) 407–437.

Department of Mathematics, University of Iowa, Iowa City, IA 52242
Email: wu@math.uiowa.edu