Excitonic effects in 2D semiconductors: Path Integral Monte Carlo approach

Kirill A. Velizhanin and Avadh Saxena
Theoretical Division, Los Alamos National Laboratory, Los Alamos, New Mexico 87545, USA

One of the most striking features of novel 2D semiconductors (e.g., transition metal dichalcogenide monolayers or phosphorene) is a strong Coulomb interaction between charge carriers resulting in large excitonic effects. In particular, this leads to the formation of multi-carrier bound states upon photoexcitation (e.g., excitons, trions and biexcitons), which could remain stable at near-room temperatures and contribute significantly to optical properties of such materials. In the present work we have used the Path Integral Monte Carlo methodology to numerically study properties of multi-carrier bound states in 2D semiconductors. Specifically, we have accurately investigated and tabulated the dependence of single exciton, trion and biexciton binding energies on the strength of dielectric screening, including the limiting cases of very strong and very weak screening. The results of this work are potentially useful in the analysis of experimental data and benchmarking of theoretical and computational models.

I. INTRODUCTION

Last decade has witnessed an ever-growing interest of the scientific and engineering communities in atomically thin two-dimensional (2D) materials [1-4]. This is due to both the unique properties of such materials from the basic science perspective [5, 6], as well as their tremendous technological potential [1, 7-9]. While graphene - a flagship of this class of materials - has attracted most of the attention to date, it lacks an electronic bandgap and is thus unsuitable “as is” for multiple applications including photovoltaics and electronics [8, 10]. The realization of this fact has led to significant efforts spent during the last few years on searching for “graphene with a bandgap”, i.e., atomically thin semiconductor materials. Of many materials identified as potential semiconductor alternatives to graphene, one of the most promising classes of materials is monolayer transition metal dichalcogenides (ML-TMDC) [11, 12]. Other possible candidates include phosphorene [13-16], stanene [17, 18] and ultrathin organic-inorganic perovskite crystals [19].

A prominent feature of 2D semiconductors (2DS) is the strong Coulomb interaction between charge carriers, as compared to their parent 3D materials (e.g., bulk TMDC). This effect arises from the so called dielectric confinement - the dielectric screening of the Coulomb interaction between two point charges within a 2D material becomes weak at distances larger than some effective thickness of the material [20-23]. In other words, the strength of dielectric screening becomes distance-dependent, i.e., spatially non-local. For example, this effect is pronounced in ML-TMDC, leading to the formation of tightly-bound excitons with binding energies up to $\sim 0.4 - 0.7 \text{eV}$ [21, 22]. This is very different from conventional 3D semiconductors, where the optical response at room temperature is dominated by independent charge carriers [27]. Such large exciton binding energies in 2DS suggest the possibility of existence of other stable bound states consisting of a larger number of charge carriers (e.g., trions, biexcitons) at near-room temperatures [28]. Indeed, trions - bound states of a single exciton and an extra charge carrier - with binding energies on the order of $\sim 20 - 45 \text{meV}$ in ML-TMDC and up to $\sim 190 \text{meV}$ in few-layer phosphorene have been recently observed [29-33]. Very recent evidence of stable bound states of two electrons and two holes - biexcitons - with binding energies of $\sim 45 - 70 \text{meV}$ in ML-TMDC has been reported in Refs. [34, 36].

The term “excitonic effects” has been traditionally applied to features of the optical properties of semiconductors, which go beyond the simple picture of non-interacting charge carriers. In particular, the Coulomb interaction between carriers leads to the formation of multi-carrier bound states out of free charge carriers. Theoretically, excitonic effects have mostly been studied at the level of a single exciton using electronic structure theory tools [21, 24, 25, 37-41]. Experimentally observed large exciton binding energies were largely reproduced and the detailed structure of excitonic states was studied. In particular, it has been demonstrated that even without any external dielectric screening (e.g., due to a solvent or substrate) the size of an exciton in ML-TMDC is much larger than the size of a single unit cell [21, 25, 38]. Under these conditions, quasimomenta of interacting electrons and holes are distributed very close to the positions of the respective band edge extrema in the Brillouin zone, see for example the inset of Fig. 3(b) in Ref. [38]. This observation justifies the use of the effective mass approximation in the analysis of excitonic effects in ML-TMDC [22, 24, 36].

Despite enormous interest, however, theoretical and computational studies of multi-carrier bound states beyond a single exciton (e.g., trions, biexcitons) in 2DS are rather sparse to date. To the best of our knowledge, the first theoretical analysis of single excitons and trions in novel 2DS explicitly taking into account the spatially non-local character of dielectric screening was performed in Ref. [23], followed by Refs. [22, 42, 43]. In particular, trion binding energies were found by means of a...
simple few-parameter variational wave function \[23, 43\]. Trion excitations in these systems have also been studied by means of the fractional dimensional space approach \[44\], and the time-dependent density-matrix functional theory \[15\], but no non-local screening effects were explicitly taken into account in these works. Finally, an accurate analysis of single exciton and trion binding energies in the limit of a very strong non-local 2D screening has been reported very recently \[46\].

The goal of the present work is to accurately study the excitonic effects in 2DS at the arbitrary strength of the non-local 2D screening. Within the effective mass approximation, we demonstrate how a general problem of finding the energy of a bound state of a specific number of charge carriers can be reduced to finding an unknown function of two parameters: the electron-to-hole mass ratio and the screening length. We then evaluate this function numerically using the Path Integral Monte Carlo (PIMC) methodology \[17\]. This specific flavor of the broad class of quantum Monte Carlo methods is among the most general methods to study interacting quantum many-body systems. It does not require the assumption of positivity of a wave function (diffusion quantum Monte Carlo) \[48\], or choosing a wave function ansatz (variational quantum Monte Carlo) \[49\], and has been successfully applied to analyze the electronic structure of low-dimensional semiconductors \[50–53\]. In particular, binding energies of excitons, trions and biexcitons in GaAs/AlGaAs quantum wells have been accurately evaluated \[51\].

Using PIMC, we evaluate the exciton, trion and biexciton binding energies for a range of values of the screening length assuming identical isotropic electron and hole effective masses. This constitutes the main result of the paper, since a straightforward interpolation and rescaling of the obtained numerical results (compiled in Table \[1\]) can be used to evaluate binding energies of single excitons, trions and biexcitons in arbitrary 2DS with not too different isotropic effective masses (e.g., ML-TMD or stanene). To the best of our knowledge, this work is the first to numerically exactly treat trions and biexcitons in 2DS, albeit within the effective mass approximation. Numerical results, obtained here, can be directly used to analyze experimental data and benchmark other theoretical and computational approaches to excitonic effects in 2DS.

The paper is organized as follows. The general Hamiltonian of the system of interacting charge carriers is introduced in Sec. \[II\]. The dependence of the energy of a multi-carrier bound state on the electron to hole effective mass ratio and the strength of 2D screening is discussed in Sec. \[III\]. Brief description of the PIMC technique and its application to finding energies of multi-carrier bound states is given in Sec. \[IV\]. Section \[V\] contains the discussion of the numerical results. An example of how these numerical results could be applied in a realistic situation is given in Section \[VI\]. Section \[VII\] contains the conclusion.

\section{General Theory}

Within the effective mass approximation, the Hamiltonian for an arbitrary number of interacting charge carriers (electrons and holes) inside a 2D semiconductor (2DS) material can be written as \[20, 23, 54\]

\[ H_\delta = \frac{1}{2} \sum_i \delta \frac{p_i^2}{m_i} + \sum_{i,j<i} \delta \frac{q_i q_j}{\kappa r_0} V \left( \frac{x_{ij}}{r_0} \right), \]  

where \( p_i^2 = -\hbar^2 \left[ \frac{\partial^2}{\partial x_i^2} + \frac{\partial^2}{\partial y_i^2} \right] \) and \( m_i \) are the isotropic effective masses. We assume only two types of charge carriers with effective masses \( m_e \) (electrons) and \( m_h \) (holes) and respective charges \( q_e = -e \) and \( q_h = e \), where \( e = |e| \) is the magnitude of the electron charge. Number of carriers of each type is encoded by \( \delta \). In this work, we restrict ourselves to \( \delta = X, T_+, T_- \) or \( XX \), which corresponds to a single exciton (\( e + h \)), positive trion (\( e + 2h \)), negative trion (\( 2e + h \)), or biexciton (\( 2e + 2h \)), respectively. Accordingly, \( \sum \delta \) encodes a summation only over carriers specified by \( \delta \).

In this work, the energies of single carriers are defined relative to corresponding band edges, so that the 2DS bandgap does not explicitly enter Eq. (1). Consequently, the obtained energies of multi-carrier bound states are negative, and, for example, the energy of a single exciton obtained from Eq. (1) is not the energy of an exciton peak directly observed in a photoluminescence experiment. Instead, such a negative energy corresponds to an energy release upon the formation of a multi-carrier bound state out of free charge carriers.

The non-locally screened Coulomb potential in Eq. (1) is given by

\[ V(x) = \frac{\pi}{2} \left[ H_0(x) - Y_0(x) \right], \]  

where \( H_0(x) \) and \( Y_0(x) \) are the Struve function and the Bessel function of the second kind, respectively \[55\]. The effective dielectric constant of the environment is defined as \( \kappa = (\kappa_1 + \kappa_2)/2 \), where \( \kappa_1 \) and \( \kappa_2 \) are the dielectric constants of two materials that the 2DS is surrounded by. Screening length is denoted by \( r_0 \). In the case of a thin semiconductor layer of a finite thickness \( d \) and an isotropic dielectric constant \( \kappa_0 \), the screening length is evaluated as \( r_0 = d \kappa_0/2\kappa \) \[20\]. In the case of a truly two-dimensional material (e.g., atomically thin), the screening length is given by \[54\]

\[ r_0 = 2\pi \chi_{2D}/\kappa, \]  

where \( \chi_{2D} \) is the 2D polarizability of the material. Asymptotic expansions of \( V(x) \) at large and small \( x \) are

\[ V(x) \approx 1/x \]  

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\[ V(x) \approx \log(2/x) - \gamma, \]  

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where \( \gamma \) is the Euler-Mascheroni constant.
respectively, where $\gamma = 0.57721\ldots$ is Euler’s constant. The former limiting case corresponds to the Coulomb interaction unaffected by the dielectric polarization of 2DS as most of the electric field lines between two distant charges go outside of the 2DS. In the opposite limit, $x_{ij} \ll r_0$, most of the electric field lines are confined within the 2DS. In this case, the Coulomb potential becomes logarithmic.

The dimensional analysis of Hamiltonian (1) with only a single type of carrier for each charge sign results in the following universal expression for the ground state energy

$$E_\delta = -2E_0\delta_\epsilon (\sigma, \tilde{r}_0),$$

where $\delta_\epsilon$ is some yet unknown dimensionless function of two continuous real arguments, that does also depend on the number of electrons and holes in a system via the parameter $\delta = X, T_+, T_-, XX$. The arguments are $\sigma = m_e/m_h$ - ratio of electron and hole effective masses, and $\tilde{r}_0 = r_0/a$ - screening length normalized by the Bohr radius. The Bohr radius is introduced as $a = \frac{\hbar^2\epsilon_0}{\mu e^2}$, where $\mu = (m_e^{-1} + m_h^{-1})^{-1}$ is the reduced mass. The Bohr energy is $E_0 = \frac{\epsilon_0}{\alpha a}$.

### III. GENERAL PROPERTIES OF $E_\delta(\sigma, \tilde{r}_0)$

General properties and the asymptotic behavior of $E_\delta(\sigma, \tilde{r}_0)$ as a function of mass ratio $\sigma$ and the dimensionless 2D screening length $\tilde{r}_0$ can be understood without performing numerical calculations.

#### A. Dependence on $\sigma$

First of all, it is important to note that since the Hamiltonian (1) does possess the charge conjugation symmetry ($C$-symmetry), it is sufficient to specify $E_\delta(\tilde{r}_0, \sigma)$ only in the range of $\sigma \in (0, 1)$. Indeed, due to the $C$-symmetry one always has

$$E_\delta(\sigma, \tilde{r}_0) \equiv E_\delta(1/\sigma, \tilde{r}_0),$$

where $\tilde{\delta}$ specifies a multi-carrier state obtained from state $\delta$ by charge conjugation. For example, if $\delta = T_+$, then $\tilde{\delta} = T_-$. Therefore, knowing the energy of $T_+$ at $\sigma < 1$ immediately gives the energy of $T_-$ at $\sigma > 1$ and vice versa. Substitution $\sigma \rightarrow 1/\sigma$ naturally arises from the charge conjugation of $\sigma = m_e/m_h$. Two important consequences of Eq. (7) are as follows. The first rather trivial one is that energies of positive and negative trions are the same at $\sigma = 1$. Henceforth, we will use designation $\delta = T$ for trions when electron and hole masses are identical and therefore the overall charge of a trion is irrelevant for energetics.

The second consequence is that

$$\frac{\partial}{\partial \sigma}E_\delta(\sigma, \tilde{r}_0) \bigg|_{\sigma=1} = -\frac{\partial}{\partial \sigma}E_{\tilde{\delta}}(\sigma, \tilde{r}_0) \bigg|_{\sigma=1},$$

which can be directly obtained by differentiation of both sides of Eq. (7). For trions, this equation means that if, for example, the energy of the positive trion decreases with $\sigma$ at fixed $\mu$ and $\sigma \sim 1$, then the energy of the negative trion necessarily increases with the same magnitude of the derivative. For charge-neutral multi-carrier states, i.e., excitons and biexcitons in this work, we have $\delta \equiv \tilde{\delta}$, and, therefore

$$\frac{\partial}{\partial \sigma}E_\delta(\sigma, \tilde{r}_0) \bigg|_{\sigma=1} = 0.$$  \hspace{1cm} (9)

Since the energy of a single exciton does not depend on the electron or hole effective mass independently, but only through the reduced mass $\mu$, $E_X(\sigma, \tilde{r}_0)$ does not actually depend on $\sigma$, so that Eq. (9) is redundant for $\delta = X$. However, $E_\delta(\sigma, \tilde{r}_0)$ does in general depend on the mass ratio for bound states of more than two carriers. Consequently, Eq. (9) suggests a somewhat non-trivial result for biexcitons - weak dependence of $E_{XX}(\sigma, \tilde{r}_0)$ on $\sigma$ when electron and hole effective masses are similar.

In the opposite limit, i.e., when the mass ratio $\sigma$ becomes very small, one has $m_e \approx \mu$ and $m_h \approx \sigma m_e$. Under these conditions, the Born-Oppenheimer approximation can be applied by treating holes as classical particles. Then, the first quantum-mechanical correction to the relative motion of holes would be to treat that motion as vibrational normal modes of an “electron-hole molecule” with frequencies $\omega \sim m_h^{-1/2}$. The zero-point energy of such vibrational normal modes leads to a non-analytic asymptotic behavior of $E_\delta(\sigma, \tilde{r}_0)$ at $\sigma \rightarrow 0$

$$E_\delta(0, \tilde{r}_0) - E_\delta(\sigma, \tilde{r}_0) \propto \sigma^{1/2}.$$  \hspace{1cm} (10)

These considerations, however, require the presence of more than a single hole. Therefore, we expect Eq. (10) to be accurate for $T_+$ and $XX$ in this work. For $T_-$, we expect a more regular behavior at $\sigma \rightarrow 0$.

#### B. Dependence on $\tilde{r}_0$

In this subsection, we consider the behavior of $E_\delta(\sigma, \tilde{r}_0)$ in the limit of very weak ($\tilde{r}_0 \rightarrow 0$) and very strong ($\tilde{r}_0 \rightarrow \infty$) 2D screening. In the former limit, the screening becomes strictly local as it originates only from the 3D environment (via $\kappa$) and not from 2DS. In this limit, the exact analytical solution of the single exciton problem exists yielding $E_X(\sigma, \tilde{r}_0)_{\tilde{r}_0 \rightarrow 0} = \frac{1}{27}$. Hence the choice of the prefactor of 2 in Eq. (6). In the case of a trion or biexciton, the exact analytical expression for $E_X(\sigma, 0)$ is not available, but multiple approximate analytical, as well as approximate numerical and numerically exact results have been obtained to date [44, 49, 56, 65].

In the opposite limit of a very strong 2D screening, $\tilde{r}_0 \rightarrow \infty$, the Coulomb potential becomes logarithmic
Hamiltonian (1) can be rewritten as
\[
H_\delta = \frac{e^2}{\kappa a} \left[ -\frac{1}{2} \sum_i \frac{\delta}{m_i} \Delta \xi_i + \sum_{i,j<i} \frac{\delta}{\vec{r}_{ij}} \left( \log \left( \frac{2\vec{r}_{ij}}{\tilde{\epsilon}} \right) - \gamma \right) \right],
\]
where all the variables inside the square brackets are made dimensionless: \( \tilde{m}_i = m_i/\mu, \tilde{\xi}_i = x_i/a, \tilde{q}_i = q_i/e = \pm 1 \). We further rescale coordinates by introducing \( \xi_i = \tilde{x}_i/\tilde{r}_0^{1/2} \), which yields
\[
H_\delta = \frac{e^2}{\kappa \tilde{r}_0} \tilde{h}_\delta + E_\delta^s,
\]
where
\[
\tilde{h}_\delta = -\frac{1}{2} \sum_i \frac{\delta}{\tilde{m}_i} \Delta \xi_i - \sum_{i,j<i} \frac{\delta}{\tilde{r}_{ij}} \tilde{q}_i \tilde{q}_j \log \xi_{ij},
\]
and
\[
E_\delta^s = -\frac{e^2}{\kappa \tilde{r}_0} \frac{N_e + N_h - (N_e - N_h)^2}{2} \left( \frac{1}{2} \log 4\tilde{r}_0 - \gamma \right),
\]
where \( N_e \) and \( N_h \) are the numbers of electrons and holes, respectively, within a multi-carrier bound state. Since the effective masses in atomic units can be expressed as \( \tilde{m}_e = 1 + \sigma \) and \( \tilde{m}_h = 1 + \sigma^{-1} \), Hamiltonian in Eq. (13) depends only on \( \sigma \) and \( \delta \). To the best of our knowledge, Hamiltonians of this type were previously studied for a single exciton [20, 66], and very recently for a trion [46], but not for a biexciton or any other bound state of more than three carriers. Denoting the lowest eigenvalue of \( h_\delta(\sigma) \) in Eq. (13) as \( f_\delta(\sigma) \), we obtain the general result for an arbitrary number of carriers
\[
E_\delta(\sigma, \tilde{r}_0) = -\frac{f_\delta(\sigma)}{2\tilde{r}_0} + \frac{N_e + N_h - (N_e - N_h)^2}{4\tilde{r}_0} \left( \frac{1}{2} \log 4\tilde{r}_0 - \gamma \right).
\]
This expression suggests that by finding a single eigenvalue of Hamiltonian (13) for specific \( \delta \) and \( \sigma \), one can recover the entire dependence of \( E_\delta(\sigma, \tilde{r}_0) \) on \( \tilde{r}_0 \) in the limit of strong 2D screening [20, 46, 66].

Equation (15) becomes very simple in the case of a single exciton
\[
E_X(\sigma, \tilde{r}_0) = \frac{\log 4\tilde{r}_0 - 2f_X(\sigma) - 2\gamma}{4\tilde{r}_0}.
\]
This expression has a “built in” applicability range in the sense that it becomes unphysically negative at \( \tilde{r}_0 \lesssim 1 \) if we assume \( f_X(\sigma) \sim 1 \).

IV. PATH INTEGRAL MONTE CARLO

In this section we briefly outline the general ideas behind the Path Integral Monte Carlo (PIMC) methodology and specific details of its application to finding many-body eigenstates of Hamiltonian (1). Most of the static properties of a finite-temperature system defined by a Hamiltonian operator \( H \) can be obtained from a generating functional (partition function) [67]
\[
Z = \text{Tr} \left[ e^{-\beta H} \right],
\]
where \( \beta = 1/k_BT \), and \( \text{Tr} \) represents the quantum mechanical trace. Functional derivatives of the so defined partition function with respect to \( H \) can then be used to evaluate most of the relevant observables of the system. For example, the charge density of the system can be obtained by introducing an auxiliary electrostatic potential to \( H \) and then finding the functional derivative of \( Z \) with respect to this potential.

The quantum mechanical trace in Eq. (17) can be represented by a discrete path integral
\[
Z = \int \prod_{m=1}^{N} dx^m \langle x^{m+1} | e^{-\tau H} | x^m \rangle, \tag{18}
\]
where \( \tau = \beta/\beta \) is an imaginary time step, and \( x^m \) specifies the coordinates of the entire system at the \( m \)th moment of imaginary time. Periodic boundary conditions are assumed, \( x^{N+1} = x^1 \). If the time step is small enough (i.e., approaching the limit of continuous path integral), then the matrix elements in Eq. (18) can be approximated by the so called symmetrized Suzuki-Trotter decomposition formula as [47, 68]
\[
\langle x^{m+1} | e^{-\tau H} | x^m \rangle = C \exp \left\{ \frac{1}{2} \sum_{i<j} m_i (x_i^{m+1} - x_i^m)^2/2\tau \right\} - \frac{1}{2} \left[ U(x^{m+1}) + U(x^m) \right] + \mathcal{O}(\tau^3), \tag{19}
\]
where \( x_i^m \) is a coordinate of the \( i \)th particle at the \( m \)th moment of the imaginary time, \( C \) is the normalization constant and \( U(x) \) is the potential energy part of \( H \). The partition function can now be evaluated approximately as an approximate multi-dimensional integral representation of the continuous path integral, Eqs. (18) and (19).

Various observables of the system can be obtained by finding the functional derivative of the integrand in Eq. (18) with respect to \( H \) and then evaluating the resulting integral. One of the most efficient ways to evaluate such integrals for large \( N = \beta/\tau \) is to employ the Metropolis-Hastings Monte Carlo algorithm [47, 69], hence the name “Path Integral Monte Carlo”.

It can be demonstrated that the error of the order \( \sim \tau^3 \) in Eq. (19) transforms into the error of the order of \( \sim \tau^2 \) for observables. Therefore, one can expect the following relation between the exact value of an observable \( A \) and its approximation \( A_N \) obtained using Eq. (19)
\[
A_N - A \propto \frac{\beta^2}{N^2}. \tag{20}
\]
If \( A \) is temperature-independent at very low temperatures, then this expression can be used to extrapolate
FIG. 1. PIMC results for the dimensionless exciton binding energy $\tilde{E}_X$ as a function of $\tilde{\beta}^2/N^2$ are plotted as solid lines. System parameters are $\gamma_0 = 5$ and $\sigma = 1$. The extrapolation of the solid red and black lines to $N \to \infty$ yields the binding energy of the exciton ground state, shown by dashed black line. Red and green horizontal dashed lines correspond to grid-based calculations with and without regularization of the inter-carrier interaction potential (see text for details).

$A_N$ to $A$ by calculating $A_N$ for a few values of $N$ and $\beta$ and then performing a regression analysis. Figure 1 plots the dimensionless binding energy of a single exciton, $\tilde{E}_X$, as a function of $\tilde{\beta}^2/N^2$, where the dimensionless inverse temperature is introduced as $\tilde{\beta} = \beta E_0$, where $E_0$ is the Bohr energy introduced in Sec. II. As expected, the three solid lines corresponding to PIMC results for a range of $N$ and $\beta$ demonstrate a near-linear dependence when plotted against $\tilde{\beta}^2/N^2$. Solid blue line corresponds to PIMC calculations with the largest temperature, $\tilde{\beta} = 50$. At this temperature, there is a noticeable admixture of excited exciton states resulting in the apparent lower binding energy (i.e., lower $\tilde{E}_X$). The PIMC single exciton energies at lower temperatures, $\tilde{\beta} = 100$ and 150, are shown by the red and black lines, respectively. As can be seen, these two lines essentially coincide signifying that the temperature is low enough to sample only the ground state of the single exciton. Fitting these two lines with Eq. (20) produces the binding energy of a single exciton in the limit $N \to \infty$, shown as the horizontal dashed black line.

To benchmark the PIMC result, we have also performed a simple grid-based diagonalization of the single-exciton Hamiltonian. The result is shown by the horizontal dashed red line and is seen to be within the error bar of the PIMC result.

It turns out that two modifications to Hamiltonian (1) are necessary to make it suitable for PIMC calculations. The first modification concerns the fact that PIMC calculations are always performed at finite temperature ($\beta < +\infty$), and at any finite temperature the entropic contribution to the partition function favors the complete dissociation of Coulomb-bound states. To prevent that we have included a weak attractive harmonic potential to each pair of charge carriers. Via the series of numerical tests we have demonstrated that at sufficiently low temperature it is always possible to tune the strength of this harmonic potential so that it is weak enough not to disturb the ground state properties of multi-carrier bound states, and strong enough to prevent dissociation.

The second modification of Hamiltonian (1) concerns the singularity of the Coulomb interaction at vanishing inter-particle distances. Why this is a problem for PIMC calculations and how to solve it in the case of unscreened Coulomb interaction by introducing a regularized Coulomb potential is discussed elsewhere [70]. Our generalization of the proposed solution consists of two steps. First, we perform a non-linear rescaling of the inter-particle distances when calculating the potential energy

$$x_{ij} \to x'_{ij}(x_{ij}) = \left[1 - \exp(-x_{ij}/\lambda)\right]^{-1} x_{ij}. \quad (21)$$

The rescaled distance does not go below $\lambda$, so the potential energy does not diverge. For the case of unscreened Coulomb interaction, this rescaling results in the regularized potential used in Ref. [70]. Second, one can notice that for potentials that are monotonic functions of inter-particle distances, e.g., Eq. (2), the introduced non-linear rescaling results in a non-vanishing perturbation of the total energy of the system already in the first order with respect to the difference between potential energy functions with and without rescaling. This first-order deviation can be largely compensated by adding a well-behaved short-range potential to the regularized Coulomb potential, so that the integral over the entire 2D plane of the difference between this resulting potential and the original potential vanishes. Specifically, we substitute $V(x)$ in Eq. (2) with $V'(x) = V(x') + A \exp(-x'^2/2\lambda^2)$, where $x'$ is defined by Eq. (21) and the prefactor $A$ is found by requiring that $\int_{-\infty}^{\infty} dx dx' [V(x) - V'(x')]$ approaches 0 as $R \to \infty$. Since both $x - x'(x)$ and $\exp(-x'^2/2\lambda^2)$ decay exponentially fast at large distances, this integral approaches zero very quickly with $R$. This guarantees that the low-momentum spatial Fourier harmonics of $V(x)$ and $V'(x)$ are almost the same, so that $V'(x)$ is a non-singular version of $V(x)$ that is expected to reproduce the low-energy Coulomb scattering correctly. So introduced $V'(x)$ is thus nothing but a local pseudopotential very similar to those used in atomistic quantum Monte Carlo methods [71]. The grid-based calculations with and without these two modifications to the interaction potential (i.e., harmonic potential and zero-distance regularization) are shown in Fig. 1 by dashed red and green lines, respectively. As can be seen, the relative deviation of one from the other is $\sim 3 \times 10^{-3}$. In all the PIMC calculations in the present work we kept the deviation at this level or less by adjusting $\lambda$.

In general, the accurate treatment of the fermion statistics is required to correctly reproduce eigenstates of Hamiltonian (1) when more than a single charge carrier
of the same type (charge) is present. However, applications of quantum Monte Carlo methods to fermionic systems are plagued by the so-called “fermion sign problem” [47] [72] [73]. The easiest way to avoid this problem is to treat charge carriers as distinguishable particles and not fermions. This could be done if carriers of the same type do possess “flavors”, i.e., quantum numbers that are conserved by all the interactions in the system. Then, if two carriers have different values of at least one of such quantum numbers, they become effectively distinguishable. For example, if the only present flavor is the spin, then two holes (or two electrons) with opposite spin projections can be treated as distinguishable particles within a positively (or negatively) charged trion [23] [46] [58]. In the case of ML-TMDC or stanene, the two two-valued flavors are the spin and the pseudospin, where the latter labels the two degenerate $K$ and $K'$ valleys in the Brillouin zone [74]. These two flavors are independently conserved only approximately since strong excitonic effects and valley-dependent spin-orbit coupling could in principle lead to mixing between the spin and pseudospin projections. However, this mixing was found to be weak due to the large momentum and high energy barrier separations of the two valleys [74]. At these conditions, the “flavor multiplicity” is four because up to four same-charge carriers can be distinguishable in ML-TMDC and stanene. Even more, same-charge carriers can become distinguishable in lead chalcogenide semiconductors where there are four degenerate valleys, and, therefore, the total flavor multiplicity (i.e., including spin) is eight [74] [77].

Pauli repulsion suggests that the lowest-energy configuration of a multi-carrier bound state would consist of effectively distinguishable particles (i.e., with different spin or pseudo-spin projections), if the number of same-type particles is less than the overall flavor multiplicity, which is four in ML-TMDC and stanene, and eight in lead chalcogenides. Since, this work is focused on properties of lowest-energy configurations of $X$, $T_+$, $T_-$ and $XX$, we neglect the fermion statistics and treat all charge carriers as distinguishable.

V. NUMERICAL RESULTS

PIMC-generated radial distribution functions for a single exciton, trion and biexciton at $\sigma = 1$ and $\tilde{r}_0 = 5$ are plotted Fig. 2. Radial distribution function (RDF) for two particles (1 and 2) is introduced as
g(r_{12}) = \int \prod d\mathbf{x}_1 |\Psi(x_1, x_2, ..., x_N)|^2 \delta(r_{12} - |x_1 - x_2|),
(22)
where $\Psi(x_1, x_2, ..., x_N)$ is the wave function of the ground state of the Hamiltonian in Eq. (1). So introduced radial distribution function is normalized as $\int_0^\infty d\tilde{r}_{12} g(\tilde{r}_{12}) = 1$, and since the wave function is finite everywhere, the radial distribution functions demonstrate the standard 2D behavior as they become linearly proportional to $r_{12}$ at small distances.

Of all the RDFs in Fig. 2 the excitonic one (black line) is seen to result in the smallest mean electron-hole distance. This is of course expected as trions and biexcitons are supposed to be much “looser” bound states with larger mean inter-carrier distances [62] [65]. If we assume that $\tilde{r}_0 = 5$ is large enough so that the strong 2D screening limit is valid and Eq. (11) is accurate, then we can estimate the excitonic size as $\langle \tilde{r}_X \rangle \sim \langle \tilde{r}_{X,eh} \rangle \sim \langle \tilde{r}_{T} \rangle \sim \langle \tilde{r}_{XX} \rangle$. Furthermore, since all the parameters in $h_\delta$ in Eq. (13) are on the order of $\sim 1$ at $\sigma = 1$, we can estimate the exciton size in $\xi$-coordinates as $\langle \xi_{X,eh} \rangle \sim 1$. This results in $\langle \tilde{r}_X \rangle \sim 2$, which is in a rather good agreement with the position of the maximum of the excitonic RDF in Fig. 2.

Binding energies of a trion and biexciton are conventionally introduced as
$$E^b_T = E_T - E_X,$$
(23)
and
$$E^b_{XX} = E_{XX} - 2E_X,$$
(24)
that is the binding energy of trion is defined as the energy released upon adding one more carrier to an exciton. The biexciton binding energy is defined as the energy released upon the formation of a bound state of two single initially isolated excitons. At $\tilde{r}_0 \to 0$, $E^b_T$ and $E^b_{XX}$ are typically much smaller in magnitude than the single exciton binding energy $E_X \ (E_X = E^b_X$ in this work) [57] [58] [62] [64]. Below we demonstrate that this qualitative picture remains true at arbitrary $\tilde{r}_0$. As a result, carriers can be thought to form isolated excitons within the zeroth-order picture. Consequently, the first-order correction to this picture consists of accounting for weak interactions.
energies (blue squares) are very close to the energies of citon ones (thick dashed black line). Similarly, biexciton trion energies (red circles) are very close to the single exciton energy, respectively. As can be seen, the single exciton energy are given by a thin dashed black line and seen to be in excellent agreement with the corresponding PIMC results (thick dashed black line). Red circles and blue squares represent the PIMC calculations for trion and biexciton energies, respectively.

of these neutral bound electron-hole pairs between each other and with uncompensated charge carriers (e.g., in a trion) [25]. For instance, an electron in a positive trion is expected to “see” one of the two holes being “excitonic” with characteristic electron-hole distances being comparable to the size of a single isolated exciton. The other hole is farther away as it forms a much more weakly bound hole-exciton complex. These heuristic considerations are in agreement with what can be deduced from the electron-hole RDFs for a trion (solid red line) and exciton (solid blue line) in Fig. 2. Indeed, each of these two lines has two prominent features: (i) a maximum very close to the excitonic one (solid black line), thus representing the “excitonic” hole, and (ii) a heavy shoulder at larger distances, representing the other more weakly bound hole. The Coulomb repulsion between carriers of the same charge results in the maxima of the hole-hole RDFs (dashed red and blue lines) being displaced toward larger distances, as compared to those of the electron-hole RDFs.

Dimensionless energy of an exciton, trion and biexciton, 

\[ \varepsilon_{X}(\sigma, \tilde{r}_0) \]

is shown in Fig. 3. The results of the grid-based calculations of the single exciton energy. Energy of a dissociated biexciton (i.e., two isolated excitons), obtained from grid-based calculations, is shown by the thin dashed blue line. PIMC results for the exciton energy are shown by the thick dashed line. Red circles and blue squares represent the PIMC calculations for trion and biexciton energies, respectively.

![Figure 3](image)

**FIG. 3.** Dimensionless energy of an exciton, trion and biexciton, \( \varepsilon_{X}(\sigma, \tilde{r}_0) \), as a function of \( \tilde{r}_0 \) at \( \sigma = 1 \). Thin dashed black line represents the results of the grid-based calculations of the single exciton energy. Energy of a dissociated biexciton (i.e., two isolated excitons), obtained from grid-based calculations, is shown by the thin dashed blue line. PIMC results for the exciton energy are shown by the thick dashed line. Red circles and blue squares represent the PIMC calculations for trion and biexciton energies, respectively.

Energy, Eq. (24), are compared to the single exciton binding energy, \( \varepsilon_{X} \), trions (\( \varepsilon_{T} \)) and biexcitons (\( \varepsilon_{XX} \)) calculated for a range of \( \tilde{r}_0 \) at \( \sigma = 1 \). Error bars for these energies are given by \( \sigma_X \), \( \sigma_T \) and \( \sigma_{XX} \), respectively. The first column is the dimensionless 2D screening length \( \tilde{r}_0 \). At vanishing 2D screening (\( \tilde{r}_0 \to 0 \)), the trion and biexciton energies are obtained from Refs. [56] and [59], respectively. The analytical solution for the exciton binding energy at \( \tilde{r}_0 \to 0 \) is \( \varepsilon_{X} = 1 \) [27].

![Figure 4](image)

**FIG. 4.** Binding energies for single excitons (black), trions (red) and biexcitons (blue) vs \( \tilde{r}_0 \) at \( \sigma = 1 \). PIMC results are shown as solid lines with error bars. Large-\( \tilde{r}_0 \) asymptotics, Eq. (15), are shown by dashed lines. Red and blue filled circles represent the trion and biexciton binding energies at \( \tilde{r}_0 \to 0 \) obtained from Refs. [56] [59].

| \( \tilde{r}_0 \) | \( \varepsilon_{X} \) | \( \sigma_{X} \) | \( \varepsilon_{T} \) | \( \sigma_{T} \) | \( \varepsilon_{XX} \) | \( \sigma_{XX} \) |
|-------|-------|-------|-------|-------|-------|-------|
| 0     | 1     | 1.25  | 2     | 1.928 | -     | -     |
| 0.015 | 0.914 | 2e-3  | 1.024 | 3e-3  | 1.993 | 5e-3  |
| 0.05  | 0.783 | 2e-3  | 0.873 | 3e-3  | 1.692 | 6e-3  |
| 0.5   | 0.385 | 1e-3  | 0.4184| 2e-4  | 0.805 | 1e-3  |
| 5     | 0.10569| 2e-5  | 0.1132| 8e-5  | 0.2169| 6e-5  |
| 50    | 1.992e-2| 2e-5  | 2.104e-2| 1e-5  | 4.049e-2| 2e-5  |
| 500   | 3.072e-3| 3e-6  | 3.203e-3| 2e-6  | 6.213e-3| 2e-6  |

**TABLE I.** PIMC results for dimensionless energies of single excitons (\( \varepsilon_{X} \)), trions (\( \varepsilon_{T} \)) and biexcitons (\( \varepsilon_{XX} \)) calculated for a range of \( \tilde{r}_0 \) at \( \sigma = 1 \). Error bars for these energies are given by \( \sigma_X \), \( \sigma_T \) and \( \sigma_{XX} \), respectively. The first column is the dimensionless 2D screening length \( \tilde{r}_0 \). At vanishing 2D screening (\( \tilde{r}_0 \to 0 \)), the trion and biexciton energies are obtained from Refs. [56] and [59], respectively. The analytical solution for the exciton binding energy at \( \tilde{r}_0 \to 0 \) is \( \varepsilon_{X} = 1 \) [27].

![Table 1](image)
spectively. The lowest 2D screening length for which we have performed PIMC calculations is \( \tilde{r}_0 = 0.015 \). PIMC calculations with even smaller \( \tilde{r}_0 \) become increasingly difficult because the Coulomb potential becomes more singular at vanishing inter-particle distances \([70]\). Fortunately, the numerical results for the trion and biexciton binding energy at exactly \( \tilde{r}_0 = 0 \) were obtained previously by other methods \([56, 63]\). These energies are depicted in Fig. 3 by red and blue filled circles, respectively. The analytical solution for the 2D exciton, \( \varepsilon_X(\sigma, \tilde{r}_0) = 1 \), is depicted by a black filled circle. As can be seen, our numerical results for a few smallest \( \tilde{r}_0 \) come quite close to the \( \tilde{r}_0 = 0 \) limit, so that a relatively smooth interpolation is possible and there is no need for explicit PIMC calculations with very small 2D screening lengths.

At very large \( \tilde{r}_0 \), Eq. (15) is expected to become accurate at describing energies of multi-carrier bound states in 2D semiconductor materials. We performed PIMC calculations for the ground states of \( h_b \), Eq. (13), for the exciton, trion and biexciton at \( \sigma = 1 \). The numerical results are

\[
\begin{align*}
    f_X &= 0.1800 \pm 0.0005, \\
    f_T &= 0.0382 \pm 0.0005, \\
    f_{XX} &= 0.283 \pm 0.022. 
\end{align*}
\] (25)

Up to numerical accuracy and notation, \( f_T \) obtained here coincides with the one obtained recently in Ref. [40]. Using these constants in Eq. (15), we plot the resulting asymptotic dependencies of binding energies as dashed lines in Fig. 4. As can be seen, a good agreement between the exact PIMC results for the single exciton binding energy and the asymptotic dependence, Eq. (16), is already reached at \( \tilde{r}_0 \sim 10 \), and becomes progressively better at larger \( \tilde{r}_0 \). On the other hand, the asymptotic dependence deviates significantly from the exact solution at \( 1 \lesssim \tilde{r}_0 \lesssim 10 \), finally becoming unphysically negative at \( \tilde{r}_0 \lesssim 1 \).

Evaluation of the trion and biexciton binding energies in the limit of large \( \tilde{r}_0 \) is done via combining Eq. (15) with Eqs. (23) and (24). This produces \( \varepsilon_T = (f_X - f_T)/2\tilde{r}_0 \) and \( \varepsilon_{XX} = (2f_X - f_{XX})/2\tilde{r}_0 \), i.e., the \( f_\delta \)-independent terms in Eq. (15) cancel each other out when \( \varepsilon_T \) and \( \varepsilon_{XX} \) are evaluated. Consequently, these expressions yield two straight red and blue dashed lines for trions and biexcitons, respectively, when plotted in the log-log axes in Fig. 4. The PIMC results for a trion and biexciton are seen to converge slower with \( \tilde{r}_0 \) to their corresponding large-\( \tilde{r}_0 \) asymptotics, than those for a single exciton. The rationale is that the inter-carrier distances within trions and biexcitons are larger than those within single excitons (see Fig. 2), so \( \tilde{r}_0 \) has to be larger to provide the same extent of agreement between the finite-\( \tilde{r}_0 \) and asymptotic \( \tilde{r}_0 \to \infty \) results.

In Fig. 4, the dependence of binding energies on \( \tilde{r}_0 \) is qualitatively the same decaying function for excitons, trions and biexcitons except for a slowly varying prefactor seen as an almost constant vertical shift in the log-log axes when going from single excitons to trions or biexcitons. To focus on this prefactor it is convenient to introduce the so-called trion (biexciton) Haynes factor \([78]\) as the binding energy of a trion (biexciton) normalized by the exciton binding energy as a function of screening length \( \tilde{r}_0 \) at \( \sigma = 1 \). Dashed lines of respective colors are the large-\( \tilde{r}_0 \) asymptotics, Eq. (15). Red and blue filled circles represent the trion and biexciton Haynes factors at \( \tilde{r}_0 \to 0 \) obtained in Refs. [56, 63]. Red triangles are the trion Haynes factors, obtained in Ref. [23] for a series of ML-TMDC materials. Insets show schematically the energy ordering of single exciton, trion and biexciton peaks in a photoluminescence spectrum for weak (left) and strong (right) 2D screening.

(b) The ratio of biexciton and trion Haynes factors as a function of screening length \( \tilde{r}_0 \). The black dashed line is a guide for the eye for \( \eta_{XX}/\eta_T = 1 \). The blue filled circle represents the ratio of Haynes factors at \( \tilde{r}_0 \to 0 \) \([56, 63]\).

FIG. 5. (a) PIMC results for the Haynes factor - binding energy of a trion (solid red line) or biexciton (solid blue line) normalized by the exciton binding energy - as a function of screening length \( \tilde{r}_0 \) at \( \sigma = 1 \). Dashed lines of respective colors are the large-\( \tilde{r}_0 \) asymptotics, Eq. (15). Red and blue filled circles represent the trion and biexciton Haynes factors at \( \tilde{r}_0 \to 0 \) obtained in Refs. [56, 63]. Red triangles are the trion Haynes factors, obtained in Ref. [23] for a series of ML-TMDC materials. Insets show schematically the energy ordering of single exciton, trion and biexciton peaks in a photoluminescence spectrum for weak (left) and strong (right) 2D screening.

(b) The ratio of biexciton and trion Haynes factors as a function of screening length \( \tilde{r}_0 \). The black dashed line is a guide for the eye for \( \eta_{XX}/\eta_T = 1 \). The blue filled circle represents the ratio of Haynes factors at \( \tilde{r}_0 \to 0 \).
variational results underestimate the exact binding energy (solid red line), but by no more than \( \sim 20 - 35\% \). On the other hand, it is seen that in the range of \( \tilde{r}_0 \) corresponding to the red triangles, the large-\( \tilde{r}_0 \) asymptotics (red dashed line) can overestimate the exact trion binding energy (red solid line) by up to a factor of \( \sim 2 \). The dielectric screening by the environment is expected to decrease \( \tilde{r}_0 \) even further \cite{22}, thus potentially making the large-\( \tilde{r}_0 \) limit even less accurate when applied to realistic ML-TMDC.

Numerical results shown in Figs. 1 and 5(a) can be used to obtain the relative spectral positions of photoluminescence (PL) peaks pertaining to a single exciton, trion and biexciton. Indeed, if one assumes that the final state of a radiative recombination of a trion is a single charge carrier occupying the lowest-energy band edge state, then the spectral energy gap between single exciton and trion PL peaks, \( \hbar \omega_X - \hbar \omega_T \), is identical to the trion binding energy \cite{79}. Similarly, assuming that the final state of a biexciton radiative recombination is a single exciton in its lowest energy configuration, \( \hbar \omega_X - \hbar \omega_{XX} \) is identical to the biexciton binding energy.

Figs. 1 and 5(a) suggest that the binding energy of a trion is larger than that of a biexciton at small \( \tilde{r}_0 \), while the opposite is true at large \( \tilde{r}_0 \). The crossover, i.e., where the trion and biexciton binding energies become identical, occurs at \( \tilde{r}_0 \approx 0.5 \). This crossover is further highlighted in Fig. 5(b), where the ratio of Haynes factors for a biexciton and trion is plotted as a function of \( \tilde{r}_0 \). Left and right insets in Fig. 5(a) show schematically the relative position of \( X, T \) and \( XX \) PL peaks at small and large \( \tilde{r}_0 \), respectively. The former (left) PL spectrum is typical for semiconductor quantum wells where the effects of dielectric confinement are weak and the dielectric screening of the Coulomb interaction is local (\( \tilde{r}_0 \to 0 \)) \cite{51}. On the other hand, note that the biexciton binding energy can in principle be smaller than that of a trion, as has been demonstrated both experimentally and theoretically for semiconductor carbon nanotubes \cite{80, 82}. In particular, a crossover very similar to that in Figs. 1 and 5 has been theoretically observed in Ref. 80 for single-wall semiconductor carbon nanotubes. The crossover has been attributed to non-local screening effects, which is again very similar to what is observed in the present work.

\[ \begin{align*}
\text{A. Energy variation with } \sigma \\
\text{All the calculations above were performed assuming identical effective masses of electrons and holes, i.e., } \sigma = m_e/m_h = 1. \text{ This is because the electron and hole effective masses are similar in ML-TMDC, } \sigma \gtrsim 0.5 \text{ \cite{23, 37, 38}, which is presently one of the most important classes of 2DS. In what follows we show that the variation of binding energies of multi-carrier bound states is typically not very strong at } \sigma \sim 1. \text{ Under these conditions, a binding energy at } \sigma = 1 \text{ could be a reasonable approximation for binding energies at } \sigma \gtrsim 0.5. \end{align*} \]
with the rapid growth of the positive trion and biexcitons. Other than data in the table, the following dependencies of multi-carrier bound states in Table I. Interpolating between the data points in Table I produces $E_X = 0.109$, $E_T = 0.117$ and $E_{XX} = 0.224$ [34]. Using Eq. (6), these values are straightforwardly converted to exciton, trion and biexciton binding energies of 0.39 eV, 28 meV and 21 meV, respectively. Inequality of electron and hole effective masses in WS$_2$, $\sigma \approx 0.7 - 0.85$ [39-55], can be shown with the help of Fig. 6 to change these binding energies by at most $\pm 2\%$ of their respective values. As discussed in Sec. III A, the exciton binding energy does not depend on $\sigma$ whatsoever, as long as the reduced mass remains fixed. The obtained exciton and trion binding energies in WS$_2$ are consistent with the experimental values of 0.32 eV [22] and $\sim 20-40$ meV, respectively [22, 51]. Changing the effective dielectric constant of the environment can strongly affect these binding energies (see e.g., Ref. [22]). For example, substitution of SiO$_2$ with HfO$_2$ [56] changes the optical dielectric constant of the substrate from 2.1 to $\approx 4$ [57]. The dimensionless screening length then becomes $\tilde{r}_0 \approx 1.83$, yielding the exciton, trion and biexciton binding energies as 0.27 eV, 21 meV and 18 meV, respectively.

This same example reveals a peculiar contradiction between numerical results obtained in this work and very recent experimental observations of biexcitons in ML-TMDC. Specifically, the dimensionless screening length for realistic ML-TMDC-based devices can be estimated to be $\tilde{r}_0 \approx 5$ [22, 30]. Under these conditions, according to Figs. 1 and 5, the ordering of PL peaks is expected to be similar to that shown schematically in the r.h.s. inset of Fig. 5(a), i.e., the trion peak is expected to be lower in energy than the biexciton peak. The experimental observations suggest otherwise [35, 36], i.e., the biexciton PL peak is located at lower energies than that of a trion. More quantitatively, the ratio of binding energies of a biexciton and trion is estimated from our calculations to be $\eta_{XX}/\eta_T \approx 0.74$, Fig. 5(b). On the other hand, the value of $\approx 1.65$ for the same ratio of binding energies can be extracted from Ref. [36]. This latter value can only be approached with our numerical results if we assume a strictly local screening, i.e., $\tilde{r}_0 \to 0$. However, such a local screening cannot explain the non-hydrogenic Rydberg series for an exciton in ML-TMDC [22]. Provided that the experimental PL peak assignment and binding energies are correct, we need to critically rethink the applicability of the simplistic effective mass model, Eqs. (1) and (2), for describing multi-carrier bound states in ML-TMDC. Further research in this direction is thus required.

VI. MATERIAL EXAMPLE: WS$_2$

The numerical results obtained in this work can be directly used to analyze experimental data. For convenience, we compiled all the numerically calculated energies of multi-carrier bound states in Table I. Interpolating between the data points in this table and using Eq. (6) allows one to predict binding energies of excitons, trions and biexcitons. Other than data in the table, the following parameters of the system are required: $\kappa$ - the effective dielectric constant of the environment, $\chi_{2D}$ - the 2D polarizability of 2DS, as well as $m_e$ and $m_h$ - the effective masses of charge carriers. The two-dimensional polarizability and effective masses can be obtained from the electronic structure theory calculations [22, 23]. Some or all of these parameters can also be obtained from experiment [22].

To provide a concrete example, we demonstrate here how binding energies of multi-carrier bound states could be obtained for a specific material at realistic conditions - a monolayer of WS$_2$ put on top of a SiO$_2$ substrate. The 2D polarizability of WS$_2$ is $\chi_{2D} = 6.03$ Å$^2$ [23]. The optical dielectric constant of the SiO$_2$ substrate is $\kappa_{\text{SiO}_2} = 2.1$, resulting in the effective dielectric constant of $\kappa = (\kappa_{\text{SiO}_2} + \kappa_{\text{air}})/2 = 1.55$. Then, from Eq. (3) we obtain $r_0 \approx 24$ Å. Using the exciton reduced mass $\mu = 0.16$ [23], we obtain the Bohr energy of $E_0 \approx 1.81$ eV and the Bohr radius of $a \approx 0.51$ nm, which results in $r_0 \approx 4.77$. Assuming $\sigma = 1$ and interpolating between the data points in Table I produces $E_X = 0.109$, $E_T = 0.117$ and $E_{XX} = 0.224$ [34]. Using Eq. (6), these values are straightforwardly converted to exciton, trion and biexciton binding energies of 0.39 eV, 28 meV and 21 meV, respectively.

VII. CONCLUSION

In this work, using the Path Integral Monte Carlo methodology we have numerically analyzed the problem of multi-carrier bound states in 2D semiconductors where the electron and hole effective masses are isotropic and not very dissimilar. Specifically, we have calculated en-
ergies of single excitons, trions and biexcitons in their lowest-energy configurations for a range of dimensionless 2D screening lengths, $\tilde{r}_0$. These energies were demonstrated to converge correctly to the previously analyzed limits of vanishing 2D screening (trions and biexcitons) \cite{63,66}, as well as very strong 2D screening (trions) \cite{60}. The latter reference could actually be considered complementary to the present work, since with the help of Eq. (5) the entire problem can be reformulated in terms of an unknown function of two independent parameters: the mass ratio, $\sigma = m_e/m_h$, and the dimensionless 2D screening parameter, $\tilde{r}_0$. In the present work we have systematically investigated the dependence of this function on the second parameter assuming $\sigma \sim 1$. The dependence on the first parameter was investigated in Ref. \cite{60} in the limit of very large $\tilde{r}_0$.

Two limitations of the PIMC methodology, as implemented in the present work, are (i) the effective mass approximation, and (ii) its inability to accurately access energies of excited states of multi-carrier bound states. The effective mass approximation is typically justified if an exciton is of the Wannier-Mott type, i.e., the average distance between the charge carriers is much larger than the size of the unit cell of the semiconductor material. As discussed in Introduction, this is satisfied for ML-TMDC. In general, however, if an exciton is so strongly bound that the effective mass approximation fails, Bethe-Salpeter-like methods have to be used to assess excitonic effects \cite{21,24,25,38,39,41}. 

As for the second limitation, only excited states of single excitons have been experimentally observed to date \cite{19,22}, and it is straightforward to obtain excited single exciton states via grid-based numerical methods (see this work and Ref. \cite{23}). If excited trions and biexcitons have to be analyzed, one can use density matrix-based methods \cite{12,45} or a generalized PIMC \cite{88}.

Finally, we would like to emphasize that even though ML-TMDC constitutes one of the most promising classes of 2D semiconductors at present, the results of this work are very general and could be applicable to many other materials and systems as well. For example, lead chalcogenide nanosheets are effectively 2D semiconductors with almost identical isotropic electron and hole effective masses \cite{59,60}. These materials do also possess a large “flavor multiplicity” of eight (see Sec. IV) required to avoid the fermion sign problem when applying PIMC to multi-carrier bound states in their lowest energy configurations. Other potential applications include stanene \cite{17,18} and ultrathin organic-inorganic perovskite crystals \cite{19}. In particular, the latter materials have been shown to have large exciton binding energies \cite{19} complemented by a non-hydrogenic exciton Rydberg series suggesting a non-local screening of the Coulomb interaction, Eq. (2). Such perovskite crystals could have not too different electron and hole effective masses \cite{91,92}, rendering the numerical results of the present work directly applicable to them.

Numerical results obtained here are not applicable to phosphorene \cite{13,14} due to a very large anisotropy of effective masses. However, the PIMC methodology can be straightforwardly modified to account for this. Analysis of the multi-carrier bound states in 2DS with the large anisotropy of effective masses will be the focus of our future work.

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At finite charge doping, the final lowest-energy single carrier state is not the band edge one since the band is partially occupied. The dissociation energy, $\hbar \omega_X - \hbar \omega_T$, is then higher than the binding energy, the difference being the Fermi energy of the partially occupied band. The binding energy can then be defined as the dissociation energy in the limit of vanishing charge doping [30, 31]. Zero charge doping is assumed in this work, so the dissociation and binding energies are equal here.

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