Communication

All-Metal Terahertz Metamaterial Absorber and Refractive Index Sensing Performance

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Abstract: This paper presents a terahertz (THz) metamaterial absorber made of stainless steel. We found that the absorption rate of electromagnetic waves reached 99.95% at 1.563 THz. Later, we analyzed the effect of structural parameter changes on absorption. Finally, we explored the application of the absorber in refractive index sensing. We numerically demonstrated that when the refractive index (n) is changing from 1 to 1.05, our absorber can yield a sensitivity of 74.18 µm/refractive index unit (RIU), and the quality factor (Q-factor) of this sensor is 36.35. Compared with metal–dielectric–metal sandwiched structure, the absorber designed in this paper is made of stainless steel materials with no sandwiched structure, which greatly simplifies the manufacturing process and reduces costs.

Keywords: metamaterial absorber; stainless steel; refractive index sensing; sensitivity

1. Introduction

Metamaterials are new artificial materials that are periodically arranged according to certain subwavelength dimensions [1,2]. Owing to their unique properties of perfect absorption, perfect transmission, and stealth, metamaterials show promising applications in sensors [3–11], absorbers [12,13], imaging [14,15], etc. Among them, in biomolecular sensing, metamaterial devices are spurring unprecedented interest as a diagnostic protocol for cancer and infectious diseases [10,11]. Terahertz radiation [16] refers to the frequency range of 0.1 to 10 THz, between the microwave and infrared bands. Since natural materials rarely interact with terahertz frequencies, artificial metamaterials have opened up a new way to interact with terahertz waves. Terahertz technology has great potential in the fields of broadband communications, detection, chemistry, and medicine, among which terahertz sensing plays a huge role in material detection. Absorbers based on metamaterials are receiving increasing attention. In 2008, Landy et al. designed a “perfect” metamaterial absorber, which can achieve nearly 100% absorption in the microwave band [13]. Later in the same year, Hu Tao et al. [17] proposed an absorber with a metal ring resonator and a branch line separated by a dielectric. Based on Landy’s discovery, this absorber achieved nearly perfect absorption in the THz band for the first time and reached a micron-level structure. In 2009, Landy et al. designed an absorber with an improved electrically coupled ring resonator that achieved 95% absorption at 1.13 THz [18]. The proposed absorber has created new opportunities for investigating metamaterial absorbers [13,19,20]. These characteristics have led to a research boom in THz absorbers [17]. In the subsequent research, various perfect absorption schemes based on metamaterials have been proposed, whose working ranges are microwave, THz [17,18,21], infrared [22–25], and visible light wavelength band [26–28]. Nanocavities composed of different absorbing metamaterials exhibit extraordinary optical effects such as extraordinary absorption and zero reflection at resonant wavelengths, which opens a wide scenario of applications in fields such as tunable color filters, photonics, physical security, and sensing [28].

Recently, metamaterial absorbers have opened up a new sensing approach, which is widely used in medical testing, environmental testing, and food safety. In 2016, Yongzhi
Cheng et al. designed a nonplanar all-metal plasmonic perfect absorber with a sensitivity of 1.445 µm/RIU in the infrared region [29]. In the same year, the metal–insulator–metal metamaterial absorber was proved to achieve a sensitivity of 0.43 µm/RIU [30]. In 2020, Yunping Qi et al. proposed a tunable terahertz metamaterial absorber composed of an elliptical ring graphene array with a sensitivity of 14.11 µm/RIU [31]. In the above, the structure is complex and the sensitivity is not high. Therefore, designing an absorber with high sensitivity is an urgent problem to be solved. Optical dispersion metasurfaces can be used for the detection of ultralow-molecular-weight molecules with extremely low concentrations on the whole surface array [10,11]. Terahertz radiation can achieve the local enhancement of electromagnetic field in the metasurface, thus achieving high sensitivity.

In this paper, a novel metamaterial absorber made of stainless steel is proposed. This absorber can achieve 99.95% absorption at 1.563 THz. We explored the absorption mechanism from the distribution of electric and magnetic fields. The resonant frequency and peak absorption can be varied by changing the structural parameters. Finally, the refractive index sensing of this absorber was explored. When the refractive index changes from 1 to 1.05, our absorber can achieve a sensitivity of 74.18 µm/RIU and a quality factor of 36.35.

2. Structural Design and Simulation

The stainless steel THz absorber schematic diagram is shown in Figure 1a. The structure is mainly composed of a metal metamaterial layer and a substrate layer. The shape of the metal metamaterial layer is a ring. The outer radius $R_1$ and inner radius $R_2$ of the ring are 80 µm and 60 µm, respectively. The thicknesses of the metal metamaterial layer and the substrate layer are respectively denoted by $t$ and $h$, where $t$ is 30 µm and $h$ is 200 nm. The unit cell period $p$ of the absorber is 170 µm. Both the metal metamaterial layer and the substrate layer are made of stainless steel with an electric conductivity of $1.4 \times 10^6$ S/m. In this work, we chose stainless steel instead of the usual gold, silver, and aluminum, because stainless steel as an alloy metal has the advantages of corrosion resistance and high hardness. In addition, as a kind of material of 3D printing, stainless steel makes it possible to realize our absorber through simple manufacturing technology. The electromagnetic simulation software CST was used to calculate the numerical absorption using the frequency domain solver. In the simulation, the unit cell boundary condition was arranged in both x and y directions, and an open boundary condition was used in the wave propagation direction. The wave vector $k$ of the incident electromagnetic wave was assumed to be a plane wave, propagating along the negative z-axis. We defined the electric field transverse along the x-axis as the TE mode and the magnetic field transverse along the x-axis as the TM mode. In our study, simulation results were obtained under TM mode as shown in Figure 1a. The absorption ($A$) can be calculated as $A(w) = 1 - R(w) - T(w)$, where $T$ and $R$ are the transmittance and reflectivity of the absorber, respectively. The thickness of the continuous stainless steel substrate layer as the metallic ground plate used here is much larger than the typical skin depth approximately 150 nm in the terahertz band; therefore, no transmission could be examined. Consequently, the absorption can be written as $A(w) = 1 - R (w)$.

Figure 1b is the reflection, transmission, and absorption spectrum of the structure from 0.7 to 1.7 THz. By observing the simulation results, we found that the structure achieved a narrow absorption peak at 1.563 THz, and the absorption rate reached 99.95%. Q-factor can be obtained from $Q = f/\text{FWHM}$ [32], where FWHM is the full width at half maximum and $f$ is the frequency of electromagnetic waves. The FWHM of the absorber is 0.043 THz, and the Q is 36.35.
Figure 1. (a) Structural diagram of the terahertz absorber made of stainless steel. (b) The reflection, transmission, and absorption spectrum of the stainless steel absorber.

We can use the impedance matching mechanism to explain the existence of absorption peaks of stainless steel absorbers. First, a theory with the effective medium theory (EMT) is proposed. The absorber structure designed in this paper is considered to be homogeneous. The $S$-parameter and impedance $Z$ are expressed by the following equation [33,34]:

$$S_{21} = \frac{1}{\cos(nkd) - \frac{i}{2}(Z + \frac{1}{Z})\sin(nkd)}$$  \hspace{1cm} (1)$$

$$S_{11} = \frac{i}{2}(\frac{1}{Z} - Z)\sin(nkd)$$  \hspace{1cm} (2)$$

where $S_{21}$ is the transmission coefficient, $S_{11}$ is the reflection coefficient, $n$ is the effective refractive index of the absorber, $k$ is the wave vector, and $l$ is the thickness of the absorber. After calculating the above formulas, the impedance $Z$ and absorption $A$ are obtained:

$$Z = \pm \sqrt{\frac{(1 + S_{11})^2 - S_{21}^2}{(1 - S_{11})^2 - S_{21}^2}}$$  \hspace{1cm} (3)$$

$$A = 1 - S_{11}^2 - S_{21}^2$$  \hspace{1cm} (4)$$

The free space impedance $Z_0$ is equal to 1. When the impedance matches the free space impedance at the operating frequency ($Z_0 = Z = 1$), a nearly perfect absorption can be obtained. The impedance of the absorption peak near 1.563 THz is calculated to be closer to 1.

In order to explain the principle of the absorption peak generated by this absorber more vividly, we analyzed the electric and magnetic field distribution at the resonant frequency 1.563 THz. Figure 2a,b show the electric and magnetic field distribution of the stainless steel absorber on the upper surface of the ring and Figure 2c,d show the electric and magnetic field distribution of the stainless steel absorber at the ring x-z cross-section at 1.563 THz, respectively. As can be seen from Figure 2a,b, there is strong electric and magnetic field enhancement at the ring’s edge. Figure 2c,d show that the electric and magnetic field is focused primarily on the air slot of the ring metamaterial layer. The local enhancement of electric and magnetic fields indicates strong electrical and magnetic resonances [35,36]. The resonance mode can be obtained by the decomposition of dipole scattered powers [37]. Electric dipole P and magnetic dipole M mainly contribute to the resonant peak. In addition, the air slot of the ring increases the coupling of electromagnetic
waves to achieve strong peak absorption. In summary, the combination of electrical and magnetic resonances produces a strong peak absorption at 1.563 THz.

![Figure 2](image)

**Figure 2.** The electric field distribution of the stainless steel absorber at the x-y cross-section of the unit cell (a) and at the x-z cross-section of the unit cell (c) at 1.563 THz. The magnetic field distribution of the stainless steel absorber at the x-y cross-section of the unit cell (b) and at the x-z cross-section of the unit cell (d) at 1.563 THz.

We also assessed the influence of geometry on absorption performance. First, we adjusted the thickness $h$ of the substrate layer to observe the impact of the absorber’s absorption performance. The base thickness $h$ was 180, 190, 200, and 210 nm, as shown in Figure 3a. Changing the thickness $h$ of the base had no effect on the absorption performance. This is because the thickness of the continuous stainless steel substrate layer used here is much larger than the typical skin depth in the terahertz band; therefore, no transmission could be examined. We also found that the change of $h$ does not affect the terahertz absorption. Next, we changed the thickness $t$ of the metal metamaterial layer. The absorption curve when $t$ is 30, 40, 50, and 60 μm is shown in Figure 3b. The absorption peak gradually moves to the left as $t$ increases, and the peak absorption is reduced. This is because when $t$ changes, the overall thickness of the absorber structure changes, breaking the frequency point and impedance value at the impedance match. We can design the thickness of the metal metamaterial layer according to actual needs to obtain a specific bandwidth absorption response.
Figure 3. Absorption spectra of stainless steel terahertz absorbers in four different cases. (a) For four different substrate thickness values \( h \). (b) For four different metal metamaterial layer thickness values \( t \). (c) For six different period lengths \( p \). (d) For six different radius differences \( d \).

Then, we plotted the absorption spectrum to assess the influence of the value of the period \( p \). The absorption curve when \( p \) is 170, 180, 190, 200, 210, and 220 \( \mu \)m is shown in Figure 3c. When \( p \) increases, the absorption peak shifts significantly to the left, and the peak value decreases. This is because when period \( p \) increases, the volume occupied by the ring metamaterial layer decreases, causing the electrical and magnetic resonance to weaken. It is worth noting that when the absorption peak shifts to the left, there a lack of flatness after the absorption peak. In the case of \( p = 170 \) \( \mu \)m, the phenomenon of the lack of flatness after absorption peak also exists, which is not shown in the frequency band. The uneven effect is caused by the other resonance modes. Finally, we define \( d \), which represents the difference between radii \( R_1 \) and \( R_2 \) of the ring of the metal metamaterial layer. In our simulation, outer radius \( R_1 \) does not change, keeping the value of 80 \( \mu \)m; only the inner radius \( R_2 \) is changed to realize the change of \( d \). The absorption curve when \( d \) is 10, 20, 30, 40, 50, and 60 \( \mu \)m is shown in Figure 3d. When \( d \) increases, the absorption peak shifts first to the left and then to the right, and the peak increases first and then decreases. The change in the resonant peak is due to the variation in the space occupied by the air slot, which has an influence on the coupling of electromagnetic waves inside the structure. It is found that the absorption peak is the highest when \( d = 20 \) \( \mu \)m. In order to obtain high absorption in the THz region and make the absorber have narrower broadband for subsequent refractive index sensing, the optimized parameters of the stainless steel absorber presented in this paper were found to be \( p = 170 \) \( \mu \)m, \( t = 30 \) \( \mu \)m, \( h = 200 \) \( \mu \)m, \( d = 20 \) \( \mu \)m.
3. Refractive Index Sensing

In order to further explore the potential value of the stainless steel absorber proposed in this paper, we analyzed the sensing performance of the absorber based on the narrow absorption characteristics. The hollow disk structure can not only increase the coupling of electromagnetic waves to achieve a high absorption effect but also increase the sensing area to achieve an obvious sensing effect. Figure 4a demonstrates the relationship between the absorption spectrum and different refractive indexes. In our simulation, we investigated the dependence of the absorption spectra on the refractive index with an overlayer thickness of 50 µm. When \( n \) increases from 1.0 to 1.05 with a step of 0.01, the resonant peak changes from 1.563 to 1.537 THz, corresponding to the wavelength range from 191.546 to 195.147 µm. It is worth noting that peak absorption is almost constant when the resonant frequency appears red-shifted. Sensitivity is a vital parameter to evaluate sensing performance. Sensitivity can be obtained from \( S = \Delta \lambda / \Delta n \), where \( \Delta \lambda \) and \( \Delta n \) are the changes in the values of resonant wavelength and \( n \) \([38,39]\). Figure 4b illustrates the relationship between \( \Delta \lambda \) and \( \Delta n \), where the slope of the line can be regarded as the sensitivity of the sensor. The \( S \) of our absorber reaches approximately 74.18 µm/RIU. In addition, the function between the resonance wavelength and \( n \) is also shown in Formula 5, expressed as follows:

\[
y = 74.18x + 117.27
\]  

\( y \) is the absorption wavelength (µm), \( x \) is the refractive index, and \( S \) is the slope of the line (µm/RIU).

![Figure 4](image_url)

**Figure 4.** (a) The absorption spectra of the structure with different \( n \). (b) The simulated resonant wavelength shift and the linear fit are functions of different \( \Delta n \).

We have compared our results with previous work \([29–31,40–44]\), as shown in Table 1. From the table, it can be seen that the proposed structure has better sensing performance, which provides a valuable reference for further sensor application.

| Reference | Sensitivity (µm/RIU) |
|-----------|----------------------|
| [20]      | 1.445                |
| [30]      | 0.43                 |
| [31]      | 14.11                |
| [40]      | 9.59                 |
| [41]      | 2.4                  |
| [42]      | 11.5                 |
| [43]      | 10.431               |
| [44]      | 0.655                |
| Proposed  | 74.18                |

4. Conclusions

In this paper, a terahertz absorber made of stainless steel has been proposed, and its use for refractive index sensing has been described. This absorber consists of all-metal metamaterial layers and substrate layers, where the geometric shape of the metamaterial layer is a ring. The research proves the theoretical feasibility and superior sensing performance. Simulation results show that the absorber reaches a 99.95% narrow peak absorption at 1.563 THz. Specifically, the absorption can be tuned by geometric parameters. The electric and magnetic resonances of the ring metamaterial layer enabled this high
absorption efficiency. The absorber shows a distinct difference in the resonant frequency for different refractive indexes, and the sensitivity of the sensor is 74.18 μm/RIU with the Q-factor of 36.35. Additionally, the absorber designed in this paper is made of stainless steel and has no sandwiched structure. The stainless steel material costs less and is easy to process, making it possible to apply in various fields. Our work can provide potential applications in optoelectronic devices, biosensors, and optical switching.

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