Pulsar Physics without Magnetars

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Abstract. Almost 40 years after the discovery of pulsars – and despite a plethora of secured data on them – pulsar theory is still beset by a number of fundamental inconsistencies. In this short contribution, I will argue that (i) magnetars do not exist, (ii) (ordinary) pulsars turnoff (or ‘die’) when their wind pressure falls short of keeping the CSM at a safe distance, exceeding $10^{15}$ cm, whereupon they can mimic magnetars, (iii) msec pulsars are born fast (in core-collapse SNe), and are much older inside globular clusters than outside of them, (iv) neutron-star corotating magnetospheres can oscillate almost in resonance with their spin frequency, giving rise to pulse drifting, and to QPOs of accreting binary X-ray sources, and (v) the dying pulsars are the dominant sources of the cosmic rays, and of the GRBs.

1. Four constraints on pulsar physics

Here are four theses on pulsars which I favour for more than 13 years over alternative ones, for reasons given subsequently, and which I will use as assumptions in the rest of this communication. They will lead to new insights – and despite a plethora of secured data on them – into the many important roles which pulsars play in the Galaxy. They are:

- Pulsars blow strong, leptonic, extremely relativistic winds.
- Pulsars die statistically at a (spindown) age of $10^{6.4}$ yr.
- Pulsar magnetic fields are dipoles stabilized by toroidal bandages.
- Pulsar surfaces are covered by (soft X-ray) hot pair coronae.

The first of these four theses is gleaned from the fact that at least 17 (nearby) pulsars have been seen to blow bowshocks into their CSM, of radii between $10^{15}$ cm and $10^{18}$ cm, mapped at Hα, X-rays, radio, and/or even broadband (Kundt, 1998). Ram-pressure-balance estimates imply wind densities some $\xi = 10^4$ times the (shunting) Goldreich-Julian density escaping at relativistic speeds, i.e. very strong winds when launched by the unipolar-induction electric voltage (Kundt & Schaaf 1993). I consider such strong winds incompatible with polar-cap sparking, or with outer gaps in the magnetosphere. Note that bowshocks can be missing, cf. Hui & Becker (2006): probably in underdense regions of the Milky Way, if the latter floats on pair plasma as the volume-filling medium (Kundt 2004, p.35).

A statistical pulsar age of $10^{6.4}$ yr can be read off Fig. 1: the proportionality $N \sim \tau$ drops exponentially beyond this spindown age. In my 2005 contribution to the Berlin-Adlershof meeting, I have revived an ancient explanation: The pulsar wind cavity blown into the CSM – against the neutron-star’s gravitational attraction – can be shown to exceed $10^{14.9}$ cm/$T_3$ in radius for an effective ambient temperature in units of $10^3$ K, ($T_3 := T/10^3$ K). As will be reviewed in the next section, this critical minimum size can no longer be sustained when the pulse period grows beyond several sec, Eq 1 (which depends on the surroundings), whereupon the CSM avalanches down onto the pulsar’s magnetosphere and throttles it, in the form of a very-low-mass accretion disk which cuts deeply into it, down to the corotation radius. In my understanding, such ‘throttled pulsars’ spin down fast, due to their increased magnetic torque which scales as $r^{-3}$ with increasing confinement $r^{-1}$, and can be confused with a magnetar. It can appear as an AXP, or SGR, or as a ‘stammerer’ (= rotating radio transient = RRAT); its luminosity is mainly powered by accretion.

Pulsar magnetic fields tend to be approximated by dipoles even though we know since Flowers & Ruderman (1977) that a dipole field inside a fluid star is dynamically unstable. A pulsar, born inside a core-collapse SN, receives a stabilizing toroidal magnetic bandage whose presence can be described by an expansion in terms of odd-order multipoles (Kundt 1998, 2004), see Fig 2. The higher multipoles guarantee that magnetic curvature radii near the surface are smaller than, or comparable to the stellar radius, that surface magnetic field strengths are (larger than for the dipole), large enough for the Erber mechanism (to convert hard photons into $e^\pm$-pairs), and that polar caps are correspondingly small.

Standard theory predicts huge electric (unipolar induction) fields at neutron-star surfaces, strong enough to cre-
Fig. 1. $N = 1194$ pulsars plotted linearly w.r.t. their logarithmic spindown age, $dN/d\log \tau$ vs $\log(\tau/\text{yr})$, $\tau := P/2\dot{P}$. For a stationary age distribution, the upper envelope would rise exponentially, as drawn in - both solid and broken - for two extreme interpretations of the noise. Clearly, there is an increasing deficit of detected pulsars for $\tau \geq 10^{6.4}\text{yr}$. The small bump of ms pulsars, of spindown ages between $10^{9.5}\text{yr}$ and $10^{10}\text{yr}$, may be due to those in globular clusters.

Fig. 2. Plausible pulsar magnetosphere, obtained by adding 6 times a normalized octupole to a dipole inclined by 40 deg, from Chang (1994).

Meanwhile been secured for the seven musketeers (Frank Haberl, Roberto Turolla, these proceedings).

2. The throttled pulsars can replace the magnetars

Pulsar wind formation requires a cavity around the magnetized rotator, blown by its outgoing relativistic flux (into its circumstellar medium, CSM), cf. Kundt (2004). The wind pressure $p = L/4\pi r^2c$ at distance $r$ scales as the power $L$ which is thought to almost equal the pulsar’s spindown power $L \approx -I\dot{\Omega}\dot{\Omega}/dt$. The CSM feels the neutron star’s gravity. Its weight at radial distance $r$ overcomes the wind pressure $p \sim \Omega^4/r^2$ when the angular velocity $\Omega := 2\pi/P$ drops below a critical value given by

$$P \geq 8s(\mu_{31}T_3/\sqrt{p-12.3})^{1/2},$$

where $\mu$ is the star’s magnetic dipole moment, $\mu_{31} := \mu/10^{31}\text{G cm}^3$, and $T$ is a typical value for the temperature of the CSM, thought to be multi-component, with (cold) HI filaments embedded in relativistic pair plasma. At the epoch of suffocation, or throttling, the cavity radius $r$ takes its minimum value

$$r_{\text{cav}} \geq GMm/2kT = 10^{14.9}\text{cm}/T_3.$$ 

During the throttling event, the CSM avalanches down towards the pulsar, and quenches its corotating magnetosphere. If homogeneous, the encaving plasma confines the
Fig. 3. Cartoon sketching a pulsar’s suffocation, on two scales: once the heavy ‘atmosphere’ of its windzone quenches it, by free-falling down under angular-momentum conservation, it forms a low-mass accretion disk cutting deeply into its corotating magnetosphere, resembling a relativistic grindstone (at its inner edge). CR and impact emissions will be preferentially in the plane of the (inner) disk.

Historically, magnetars were invented by Duncan & Thompson (1992) to explain the (rather isotropically distributed) gamma-ray bursts by Galactic halo sources, with a subsequent shift towards certain pulsed isolated neutron-star sources in rapid spindown, the SGRs and AXPs, see Thompson & Duncan (1996). The magnetars, if realistic, would form a detached population from all the other compact pulsators, with internal magnetic field strengths of order $10^{17}$ G which are difficult to anchor (by the neutron-star core fluid). One of them, SGR 1806-20, showed an upward jump in $\dot{P}$ during a glitch late in 2004, which would have corresponded to a sudden spontaneous increase in $\mu$! I prefer to think that Duncan & Thompson’s sources are the dying pulsars.

This new class of sources – throttled pulsars – offers plausible interpretations for the following characteristic properties of them (Mereghetti et al 2002):

1. They are isolated neutron stars, with spin periods $P$ between 5 s and 12 s, and similar glitch behaviour correlating with X-ray bursts.
2. They are soft X-ray sources, hotter than pulsars of the same spindown age by a factor $\gtrsim 3$ – explained as due to magnetospheric interactions with the throttling CSM and/or mild accretion – yet mostly with no pulsed coherent radio emission (Camilo et al. 2006).
3. Their spindown is rapid, $\tau = 10^{4.5}$ yr, despite ongoing accretion.
4. Their expected number is the number of observed pulsars near the peak of their distribution (w.r.t. age), some $10^3$, reduced by the ratio of their respective (shortened) spindown times ($10^2$), i.e. some 10.
5. They derive their power ($\lesssim 10^{36}$ erg/s) from accretion, whose implied spinup is overcompensated by magnetospheric braking.
6. They are – at the same time – the dominant sources of the cosmic rays, and of the (extraterrestrial) $\gamma$-ray bursts (Kundt 2004).
7. They are often (some 50%) found near the center of a pulsar nebula (Gotthelf et al 2000).

3. The problem of the msec pulsars

The ms pulsars are often called ‘recycled’ – rather than born fast – even though no single progenitor has ever been identified: all the accreting X-ray binaries are found in quasi-steady equilibrium between spinup and spindown (when observed long enough, for more than a decade), and even though their masses (after accretion!) show no increase, even for the fastest of them; see also (Kundt 2004). Recycling estimates have been made with neglect of the braking torques.

The biggest problem with the ms pulsars is their overabundance in globular clusters; it shows up as an extra bump in Fig 1, despite the small mass of the system of globular clusters compared with the (mass of the) Galaxy, and despite the low escape velocity from globular clusters, lower than typical birth velocities of (ordinary) pulsars. This conundrum can be resolved when ms pulsars inherit lower birth velocities than their slower cousins (because of weaker magnetic dipole moments), and when their (true) ages in the Galaxy are some $10^3$ times shorter than their spindown ages, whilst comparable to them in the globular...
clusters because of a quasi-weightless CSM there. No simpler solution (of this conundrum) has reached my mind yet.

4. Drifting subpulses and X-ray QPOs

As mentioned at this Seminar, the phenomenon of drifting subpulses appears to be quite general; and its usual explanation by E x B-drifting sparks around polar caps may be in mild conflict with their strong observed winds. How about oscillating magnetospheres? Here is a sketchy estimate of their oscillation frequency: it equals their rotation frequency, at least approximately, hence can be easily excited at resonance. The tiny inertia of the outgoing pulsar wind modulates this resonance slightly. At the same time, oscillating magnetospheres can explain the so far ill-understood QPO phenomenon of the transrelativistic slingshot X-ray sources, both neutron-star and BHC binaries.

The oscillation equation for a rotator of moment of inertia I, torque T, torque gradient w.r.t. angle φ equal to T' := dT/dφ reads

$$I(\delta \phi)'' = -T' \delta \phi.$$  \hspace{1cm} (3)

Here \((\delta \phi)'' = -\omega^2 \delta \phi\) (for an oscillation angular frequency \(\omega\)), and \(I = Mr^2\) for an inertial mass \(M = E/c^2\) of the electromagnetic field of the magnetosphere, and inertial radius \(r = c/\Omega\) at the speed-of-light cylinder, so that we get

$$\omega/\Omega = \sqrt{T'/T} \approx 1$$  \hspace{1cm} (4)

because the outgoing power of the corotating magnetosphere can be alternatively expressed as \(T\Omega\), or as the surface integral \(S = E\Omega\) over the outgoing Poynting flux, whence \(E = T\), and because \(T'/T = d\ln T/d\phi \approx 1\).

This estimate shows that unloaded magnetospheres can oscillate in near-resonance with their rotation, excited, e.g., by their variable load, so that all pulsars are expected to (slightly) drift.

5. The conundra of the CRs, and of the GRBs

The origins of the cosmic rays (CRs), and of the (quarter-daily) gamma-ray bursts (GRBs) are among the hardest conundra of present-day astrophysics: where do these ultrahard ‘radiations’ come from? My own conviction – now dating back 30 years – has been their generation in Galactic neutron stars, in a transrelativistic slingshot mode. Because here we deal with the deepest-known, strongly variable potential wells, so that neither their energetics (up to \(10^{50} \text{eV per proton!}\)) nor their rapid fluctuations (\(\lesssim 10^{-3.7}\) s for GRBs), nor their high repetition rates pose problems to theorists (Kundt 2004).

The conundra formed with the findings of their isotropic arrival directions – for the CRs only at the highest-energy end of their spectrum (\(\gtrsim 10^{19} \text{eV}\)), where they propagate almost like photons – yet with the occasional occurrence of repeaters, seemingly contradicting a Galactic disk population. But precisely this property is expected for the (large) population of dying (throttled) pulsars, whose low-mass accretion disks are oriented roughly at right angles to the Galactic plane, and whose radiations are therefore similarly directed out of the Galactic plane. In this way, there is a first-order compensation between a latitude-dependent increase of sources on approach of the plane, and an equally \(\theta\)-dependent decreasing probability, \(\sim \sin(\theta)\), for us to be in the beam, resulting in an (almost) isotropy of arrivals.

6. Conclusions

Pulsars form a great astrophysical testing ground.

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342