A protocol for angiographic embolization in exsanguinating pelvic trauma
A report on 31 patients

Anna Tötterman¹, Johann Baptist Dormagen², Jan Erik Madsen¹, Nils-Einar Kløw², Nils Oddvar Skaga³ and Olav Røise¹

¹Orthopaedic Centre, Ullevål University Hospital, Oslo, Departments of ²Radiology, Ullevål University Hospital, Oslo, ³Anesthesiology, Ullevål University Hospital, Oslo, Norway
Correspondence AT: anna.totterman@ulleval.no
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Background The indication for acquiring angiographic embolization in the initial treatment of severe pelvic fractures is controversial. We describe the characteristics and outcome of 31 patients with traumatic pelvic bleeding who underwent percutaneous angiography with embolization according to a standardized protocol.

Patients and methods During an 8.5-year period, 1,260 patients were treated for pelvic trauma. We performed a prospective registration of the 46 patients who underwent angiography, and report the 31 patients who had signs of significant arterial injury on angiography, necessitating embolization.

Results The rate of significant arterial injury after pelvic trauma was 2.5%. All patients had been subjected to high-energy injuries and all were severely injured as measured by the Injury Severity Score: 41 (17–66). Pelvic arterial injury was observed with all types of pelvic trauma, including isolated acetabular (4/31) and sacral fractures (3/31). The internal iliac artery or its branches was injured in 28 of 31 patients. Survival rate after embolization was 84%, and correlated inversely with increasing patient age. None of the patients died of bleeding.

Interpretation Our findings show that significant pelvic arterial injuries occur in a minority of patients after pelvic trauma, and predominantly affect patients with multiple high-energy injuries regardless of fracture type. The effect of angiographic embolization was good.

Major pelvic arterial injuries are rare but potentially lethal, and necessitate further interventional resuscitative treatments when bleeding is profuse (Ben-Menachem et al. 1991). In order to improve survival, several different algorithms for the initial treatment have been proposed (Agnew 1994, Gruen et al. 1994, Pohlemann et al. 1996, Ertel et al. 2001). Angiography is widely used as part of these protocols, and is regarded as a safe and effective method of achieving arterial control. However, few studies have described the indications for angiography or characterized the patient population who present with significant arterial bleeding after pelvic trauma.

At our regional trauma center, a protocol for the initial treatment of patients with pelvic trauma has been employed since 1994 (Tötterman and Røise 2002) (Figure 1). In this standardized protocol the indication for percutaneous pelvic angiography is tied to predetermined transfusion criteria. In this investigation, we studied the characteristics of 31 patients with pelvic trauma in need of angiographic embolization who were treated according to the protocol, and determined the effects of embolization on transfusion requirements and patient survival.

Patients and methods

Patients with pelvic ring fractures necessitating
angiography were registered prospectively from February 1995 to July 2003. During this time, 1,260 patients with high-energy and low-energy pelvic ring fractures were treated at our hospital. 31 poly-traumatized patients with pelvic injury were dead on arrival. 46 patients fulfilled the transfusion criteria for requiring angiography. This showed arterial injury in 31 patients, who all underwent angiographic embolization (AE) and constituted the study population.

Demographic data, surgical interventions, angiographic procedure, and complications were registered prospectively. Injuries were coded according to the Abbreviated Injury Scale, 1990 (AAAM 1990), for calculation of Injury Severity Score (ISS) according to Baker et al. (1974). Pelvic fractures were classified according to A.O.-O.T.A. (OTA 1996). The angiographies were reviewed retrospectively for detailed arterial anatomy. The number of transfusions was recorded, including the number of units of packed red blood cells (RBC) given perioperatively if surgery was performed within 24 h of embolization (n = 16). Angiography time was registered as procedure time, including transfers to and from the angiography suite.

Mean age at injury was 40 (9–82) years. All patients had been involved in high-energy traumas. Traffic accidents accounted for 23 of the cases, falls from heights accounted for 7 and a skiing injury for 1. All patients were severely injured, as measured by ISS: mean 41 (17–66). Additional injuries were observed in 30 patients (Table 1), 26 of whom fulfilled the criteria for polytrauma—defined as injury to two or more organ systems with ISS exceeding 15. No sex-related differences in injury severity were seen.

Pelvic ring fractures constituted 24 of the 31 fractures; 8 patients had simultaneous acetabular fractures. All types of pelvic fracture were observed, with a predominance of type B (13: B1 = 0; B2 = 7; B3 = 6), followed by type C (10: C1 = 6; C2 = 1; C3 = 3), and type A (1). A substantial number of patients with isolated acetabular (4) and sacral fractures (3) was observed. The fracture was open in 5 patients.

18 patients were admitted directly from the site of injury, and the remaining patients via a referring hospital. The time from injury to admission was 6 h (10 min to 2 days). Transferring the patient

| Table 1. Additional injuries in the 31 patients |
|---------------------------------------------|
| Lower extremity fracture | 20 |
| Cardiopulmonary injury | 15 |
| Cerebral injury | 14 |
| Upper extremity fracture | 9 |
| Abdominal injury | 8 |
| Vertebral body fracture | 6 |
| Major skin laceration | 6 |
| Lower urogenital injury | 5 |
| Facial fractures | 5 |
| Traumatic amputation of extremity | 3 |
| Injury to major extrapelvic vessel | 2 |
via a referring hospital increased the time from injury to admission by 2 (2–48) hours. Patients admitted directly from the site of injury had higher ISS (mean 47) compared to patients admitted via a local hospital (mean 41), but the difference was not significant (p = 0.2).

Indications for angiography
According to the protocol, angiography was indicated in two groups of patients (Figure 1):
1) Hemodynamically unstable patients who, in addition to crystalloid volume replacement, required ≥ 6 units of packed RBCs (1 unit = 300 mL) within 24 h of the accident. Hemodynamic instability was defined by the presence of a minimum of 3 of the following clinical signs: tachycardia, delayed capillary refill > 2 sec, hypotension < 90 mmHg, reduced level of consciousness, or reduced pulse pressure.
2) Patients who lacked clinical signs of hemodynamic instability, but demonstrated signs of protracted bleeding, as measured by hemoglobin and base excess, necessitating 4 units of RBCs daily in the days that followed. In these patients, blood transfusions were initiated with hemoglobin count of less than 8 g/100 mL in younger patients, and < 9 g/100 mL in patients older than 65 years.

AE was considered effective when: (a) no radiological signs of extravasation were seen on angiography after AE, (b) when no further interventions in the form of repeat embolization or pelvic packing were needed, and (c) when patients survived the first 24 h after AE.

In patients with unstable pelvic fractures, the pelvic injury was stabilized in the emergency department using noninvasive pelvic sheeting placed around the trochanteric regions, as described by Routt et al. (2002) and Bottlang et al. (2002). The pelvic volume is reduced by traction and internal rotation of the hips. The ends of the sheet are crossed, pulled taut and secured with clamps. External fixation was reserved for: (1) patients who underwent noninvasive stabilization and a successful embolization, but continued to demonstrate clinical signs of pelvic bleeding, indicating venous bleeding (1 patient), and (2) patients who developed venous stasis of the lower extremities due to the pelvic sheeting (2 patients). Traction was applied in dislocated acetabular fractures.

In initially hemodynamically unstable patients (20/31), supraumbilical diagnostic peritoneal lavage (DPL) was performed in 14 cases to exclude intra-abdominal hemorrhage. 14 patients who were in the process of exanguinating underwent extra-peritoneal pelvic packing as a salvage procedure (first described by Pohlemann et al. (1995)), supplemented by emergency thoracotomy with aortic clamping when needed. 14 patients underwent surgery for associated injuries. Internal fracture fixation was performed in 14 patients.

Statistics
Means were compared using the paired-samples t-test, except for variables with a markedly skewed distribution, where a Mann-Whitney U-test was used. An independent samples t-test was used to compare means between survivors and non-survivors. A 5% significance level was used. Statistical analysis was carried out using SPSS version 12.0 software.

Unless stated otherwise, the results are given as mean values (range).

Results
Profuse initial pelvic bleeding was the indication for angiography in 20 of the 31 patients. In the remaining 11 patients, angiography was performed due to protracted bleeding. AE was performed within 14 h (2 h to 2 days) from injury. Only 10 patients underwent AE within 6 h of injury. Once in the emergency department, AE was performed within 9 h (40 min to 2 days). In the 20 patients who had signs of profuse bleeding at admission, AE was performed within 3 (0.7–6) h. The angiographic procedure time was 2 h 10 min (75 min to 4 h), including transfers between the ICU and the angiography suite.

Most patients (28/31) had sustained injuries to the internal iliac artery (IIA) (Table 2). Only 3 patients had injury to the main posterior trunk, while the others had injuries involving the branches of the IIA. Multiple arterial injuries were observed in 6 patients. Injuries involving only the anterior or the posterior branches were most common, and occurred in 23 patients: 16 had injury only to the
anterior IIA-branches and 7 only to the posterior branches (Figure 2).

According to the predefined criteria for evaluation of the effect of AE, AE was considered to be effective in 29 of the 31 patients.

5 patients died during hospitalization, none as a consequence of constant pelvic bleeding. The causes of death were head injury in 2, multiple organ failure in 2, and thoracic injury in 1. Those who died and 21/26 of the survivors were polytraumatized. Survivors were younger (36 years) than non-survivors (63 years; p = 0.004) (Table 3). The average ISS was 52 in non-survivors and 42 in survivors (p = 0.1). The procedure time for AE was similar for survivors and for non-survivors.

Patients received a total of 36 (6–156) RBCs during hospitalization. When transfusion requirements were adjusted with respect to time, 27 patients showed a reduction in requirements within 24 h of AE, 3 patients had increased transfusion requirements, and 1 patient had unaltered transfusion requirements related to the procedure. The need for transfusions decreased from 0.032 units RBCs/min prior to AE, to 0.005 units RBCs/min within 24 h of AE (p < 0.005). Protracted bleeding after angiography necessitated repeat AE in 3 patients, which was successful in all cases.

No complications secondary to the AE were registered. However, 3 patients developed gluteal muscle necrosis following extensive degloving injuries to the gluteal areas and they underwent several revisions. In these cases the initial trauma was interpreted as being the primary cause of muscle ischemia, but pelvic AE may have contributed to its development. No ischemic ruptures of the bladder or rectum were registered.

Table 2. Distribution of arterial injuries as seen on angiography

| Number of patients |
|--------------------|
| Internal iliac artery | 28 |
| Posterior trunk | 3 |
| Branches | 25 |
| Superior gluteal artery | 11 |
| Lateral sacral artery | 4 |
| Obturator artery | 4 |
| Internal pudendal artery | 3 |
| Iliolumbar artery | 2 |
| Umbilical artery | 1 |
| Lumbar artery | 2 |
| Superficial femoral artery | 1 |

Table 3. Characteristics of survivors and non–survivors. Values are median (range) if not otherwise stated

|                             | All patients (n = 31) | Survivors (n = 26) | Non-survivors (n = 5) | Difference in means (95% CI) * | P-value |
|-----------------------------|----------------------|--------------------|-----------------------|--------------------------------|--------|
| Mean age at injury (years)  | 40 (9–82)            | 36 (9–82)          | 63 (39–79)            | –45 to –9                      | 0.004  |
| Injury Severity Score       | 44 (9–66)            | 42 (9–66)          | 52 (43–66)            | –23 to 3                       | 0.1    |
| Time from accident to admission (min) | 170 (10–2,880) | 220 (10–2,880) | 85 (60–170) | –315 to 930 | 0.3    |
| Time from admission to embolization (min) | 240 (40–11,400) | 240 (40–3,600) | 225 (80–600) | –1,385 to 2,862 | 0.5    |
| Transfusions b/min prior to embolization | 0.032 (0.002–0.1) | 0.029 (0.002–0.085) | 0.048 (0.017–0.10) | –0.04 to 0.007 | 0.1    |

* Independent Samples Test (equal variances assumed).

b One unit of packed red blood cells = 300 mL.
Discussion

In multiply injured patients with pelvic ring injuries, exsanguinating bleeding is a major cause of death within the first 24 h of injury (Pohlemann et al. 1996, Heckbert et al. 1998, Eastridge et al. 2002). Thus, treatment decisions during this time interval have a significant influence on patient survival and later function (Kregor and Routt 1999).

In order to improve the prognosis of patients with severe pelvic trauma, standardized protocols for the initial treatment have been presented (Burgess et al. 1990, Pohlemann et al. 1994, Wong et al. 2000). Angiographic embolization is considered a safe and effective method to control arterial bleeding and is being increasingly used in the initial treatment of the hemodynamically unstable patients (Velmahos et al. 2000). Of all patients with pelvic trauma, 0.01–2.3% undergo AE (Poole et al. 1991, Agolini et al. 1997, Demetriades et al. 2002). The corresponding rate for patients with unstable pelvic injury is 9–80% (Demetriades et al. 2002, Miller et al. 2003), depending on the patient population, the facilities and the indications for angiography. With our protocol, 4% of all patients with pelvic trauma fulfilled the criteria for angiography and 2.5% of all patients admitted with pelvic trauma during the study period underwent AE. Significant arterial injury was observed predominantly in patients with multiple high-energy injuries.

Several studies have reported good radiological results of AE in control of arterial bleeding (Agolini et al. 1997, Perez et al. 1998, Wong et al. 2000, Cook et al. 2002, Fangio et al. 2005). This was confirmed in our study, where arterial occlusion was accomplished in all patients and a significant reduction in transfusion requirements was observed in most of them.

Despite successful embolization, mortality in patients who undergo AE after pelvic trauma remains high, at 14–47% (Agolini et al. 1997, Velmahos et al. 2000, 2002, Wong et al. 2000, Fangio et al. 2005). In our material the mortality rate was 16%. However, none of the patients died of exanguination. Nevertheless, as the indication for angiography varies, comparison of mortality between different trauma centers is difficult. Generally, both mortality and ISS seem to be higher in patients who require angiography than in patients with pelvic fracture who do not (Agnew 1994, Agolini et al. 1997). Furthermore, it is generally recognized that time to control of bleeding is important. Agolini et al. (1997) described a significant increase in mortality with a delay of over 3 h to achieve embolization in 15 patients who underwent AE. In our study, almost half of the patients were admitted from another hospital and only one-third of the patients had AE performed within 6 h of injury. However, we found no significant difference in time to AE between survivors and nonsurvivors. Nevertheless, the delay in AE may have contributed to death in the 2 patients who later died of multiple organ failure.

In our study the angiographic procedure time was over 2 h, longer than previous reports of 1.5 h (Agolini et al. 1997, Fangio et al. 2005). The difference may be partly explained by the fact that we included transportation to and from the angiography suite. We found it important to register this time since the ability to monitor or intervene on a patient during transfers is reduced. The long procedure time emphasizes the need for supplementary procedures to control bleeding in the severely unstable patients.

Predominance of injuries to the internal iliac artery or its branches, as previously reported by O’Neill et al. (1996), was verified in our study. Thus, one should pay special attention to the branches of this artery. Furthermore, we found multiple bleeding sites to be common, as also reported by other authors (O’Neill et al. 1996, Fangio et al. 2005).

In order to recognize patients predisposed to severe pelvic bleeding, several authors have have investigated the correlation between different fracture characteristics and pelvic hemorrhage (Meyers et al. 2000, Grainger and Porter 2003, Perez and Alocover 2004, Sarin et al. 2005). The results are controversial, and most studies have concentrated on unstable pelvic fractures (Agolini et al. 1997, Kregor and Routt 1999, Cook et al. 2002). However, major pelvic bleeding has also been observed in other types of pelvic ring fractures (Cryer et al. 1988, Patel et al. 1996, Meyers et al. 2000, Ruotolo et al. 2001, Grainger and Porter 2003, Pérez and Alocover 2004). In our study major arterial hemorrhage was seen in all types of pelvic trauma, but only 34% of the patients had unstable pelvic fractures. Due to the small number of patients, however,
no specific pattern of injury could be observed. We found, as have previous authors, that AE is a safe procedure with few complications (Obaro and Sniderman 1955, Hietala 1978, Hare and Holland 1983, Takahira et al. 2001, Ramirez et al. 2004). However, to detect more subtle complications after AE, such as erectile dysfunction or ischemic nerve injuries, a different study design is required.

The limitations of our study are the small number of patients and the heterogeneous population regarding type of fracture, patient age, associated injuries and trauma mechanisms. The strength of the study is the clearly defined set of indications for requiring angiography. By using strict indications for angiography, unnecessary delay in achieving bleeding control may be avoided. Further studies are needed to evaluate whether late mortality may be reduced further by changing the indication for angiography or by reducing the time to AE.

Contributions of authors

AT did the prospective registration, analyzed the data and wrote the article. JBD reviewed angiographic results, discussed results. JEM discussed material, results. NEK reviewed angiographic results, and planning of the study. OR planned the study, discussed results and registration. NOS wrote anesthetic details.

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