ANALYSIS OF EQUILIBRIUM STATES OF MARKOV SOLUTIONS TO THE 3D NAVIER-STOKES EQUATIONS DRIVEN BY ADDITIVE NOISE

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ABSTRACT. We prove that every Markov solution to the three dimensional Navier-Stokes equation with periodic boundary conditions driven by additive Gaussian noise is uniquely ergodic. The convergence to the (unique) invariant measure is exponentially fast.

Moreover, we give a well-posedness criterion for the equations in terms of invariant measures. We also analyse the energy balance and identify the term which ensures equality in the balance.

1. INTRODUCTION

The Navier-Stokes equations on the torus with periodic boundary conditions forced by additive Gaussian noise are a reasonable model for the analysis of homogeneous isotropic turbulence for an incompressible Newtonian fluid.

\begin{equation}
\begin{aligned}
\dot{u} - \nu \Delta u + (u \cdot \nabla) u + \nabla p &= \dot{\eta}, \\
\text{div} u &= 0.
\end{aligned}
\end{equation}

The equations share with their deterministic counterpart the well-known problems of well-posedness. It is reasonable, and possibly useful, to focus on special classes of solutions, having additional properties.

This paper completes the analysis developed in \[11\], \[12\] and \[13\] (see also \[1\]). In these papers it was proved that it is possible to show the existence of a Markov process which solves the equations. Moreover, under some regularity and non-degeneracy assumptions on the covariance of the driving noise, it has been shown that the associated Markov transition kernel is continuous in a space \(W\) with a stronger topology (than the topology of energy, namely \(L^2\)) for initial conditions in \(W\).

In this paper we show that, under suitable regularity assumptions on the covariance, every Markov solution admits an invariant measure. Moreover, if the noise is non-degenerate, the invariant measure is unique and the convergence to the (unique) invariant measure is exponentially fast.

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We stress that similar results have been already obtained by Da Prato & Debussche [2], Debussche and Odasso [5] and Odasso [19], for solutions obtained as limits of spectral Galerkin approximations to (1.1), and constructed via the Kolmogorov equation associated to the diffusion. The main improvement of our results is that such conclusions are \textit{generically} valid for \textit{all} Markov solutions and not restricted to solutions limit to the Galerkin approximations (this would not make any difference whenever the problem is well-posed, though) and is general enough to be applied to different problems (see for instance [1]). Our analysis is essentially based on the energy balance (see Definition 2.4 and Remark 2.5), and in turn shows that such balance is the main and crucial ingredient.

It is worth noticing that the uniquely ergodic results hold for any Markov solution, hence different Markov solutions have their own (unique) invariant measure. Well-posedness of (1.1) would ensure that the invariant measure is unique. We prove that the latter condition is also sufficient, as if only one invariant measure is shared among all Markov solutions, then the problem is well-posed.

Finally, we analyse the energy balance for both the process solution to the equations and the invariant measure. Due to the lack of regularity of trajectories, the energy balance is indeed an inequality. We identify the missing term and, under the invariant measure, we relate it to the \textit{energy flux} through wave-numbers. According to both the physical and mathematical understanding of the equations, this term \textit{should} be zero.

A non-zero compensating term from one side would invalidate the equations as a model for phenomenological theories of turbulence, and from the other side would show that blow-up is typically true. We stress that neither the former nor the latter statements are proved here.

1.1. Details on results. In the rest of the paper we consider the following abstract version of the stochastic Navier-Stokes equations (1.1) above,

\begin{equation}
du + \nu Au + B(u, u) = \frac{1}{2} dW,
\end{equation}

where $A$ is the Laplace operator on the three-dimensional torus $\mathbb{T}_3$ with periodic boundary conditions and $B$ is the projection onto the space of divergence-free vector fields with finite energy of the Navier-Stokes non-linearity (see Section 2.1 for more details). Moreover, $W$ is a cylindrical Wiener process on $H$ and $\mathbb{Q}$ is its covariance operator. We assume that $\mathbb{Q}$ is a symmetric positive operator. We shall need additional assumptions on the covariance, as the results contained in the paper holds under slightly different conditions. Here we gather the different additional assumptions we shall use.

\textbf{Assumption 1.1.} The following assumptions will be used (one at the time) throughout the paper.

\begin{itemize}
  \item [\text{A1}] $\mathbb{Q}$ has finite trace on $H$.
  \item [\text{A2}] there is $\alpha_0 > 0$ such that $A^{\frac{1}{2}} + \alpha_0 \mathbb{Q}^{\frac{1}{2}}$ is a bounded operator on $H$.
\end{itemize}
[A3] there is $\alpha_0 > \frac{1}{6}$ such that $A^\frac{1}{2} + \alpha_0 Q^\frac{1}{2}$ is a bounded operator on $H$.

[A4] there is $\alpha_0 > \frac{1}{6}$ such that $A^\frac{1}{2} + \alpha_0 Q^\frac{1}{2}$ is an invertible bounded operator on $H$, with bounded inverse.

Notice that each of the above conditions implies the following one. We shall make clear at every stage of the paper which assumption is used.

The first main result of the paper concerns the long time behaviour of solutions to equations (1.2). We show that every Markov solution is uniquely ergodic and strongly mixing (Theorem 3.1 and Corollary 3.2). Moreover, under an additional technical condition (see Remark 2.5) we prove that the convergence to the (unique) invariant measure is exponentially fast (Theorem 3.3).

We stress that uniqueness of invariant measure is relative to the Markov solution it arises from. As we do not know if the martingale problem associated to equations (1.2) is well-posed, in principle there are plenty of Markov solutions, and so plenty of invariant measures. In Section 4 we study a few properties of the set of invariant measures. In particular, we show the converse of the above statement, that is if there is only one common invariant measure for all Markov solutions, then the martingale problem is well posed (Theorem 4.6).

We also give some remarks on symmetries for the invariant measures (such as translations-invariance). Finally, we analyse the energy inequality (given as [M3] and [M4] in Definition 2.4, see also Remark 2.5). In particular, we identify the missing term in the inequality which, once added, provides the equality. For an invariant measure $\mu$, we show that

$$v\epsilon(\mu) + t(\mu) = \frac{1}{2}\sigma^2,$$

where $\frac{1}{2}\sigma^2$ is the rate of energy injected by the external force, $\epsilon(\mu) = \mathbb{E}^\mu[|\nabla x|^2]$ is the mean rate of energy dissipation and $t(\mu)$ is the mean rate of inertial energy dissipation. We show also that $t(\mu)$ is given in terms of the energy flux through wave-numbers (see Frisch [15]) as

$$t(\mu) = \lim_{K \to \infty} \mathbb{E}^\mu\left[\sum_{l+m=k, |k|_\infty \leq K, |m|_\infty > K} (x_m \cdot x_k)(m \cdot x_l)\right].$$

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2. Notations and previous results

2.1. Notations. Let $T_3 = [0, 2\pi]^3$ and let $\mathscr{D}^\infty$ be the space of infinitely differentiable vector fields $\varphi : \mathbb{R}^3 \to \mathbb{R}^3$ that are divergence-free, periodic
and
\[ \int_{T^3} \phi(x) \, dx = 0. \]

We denote by \( H \) the closure of \( \mathcal{D} \) in the norm of \( L^2(T^3, \mathbb{R}^3) \), and similarly by \( V \) the closure in the norm of \( H^1(T^3, \mathbb{R}^3) \). Let \( D(A) \) be the set of all \( u \in H \) such that \( \Delta u \in H \) and define the Stokes operator \( A : D(A) \to H \) as \( Au = -\Delta u \). By properly identifying dual spaces, we have that \( D(A) \subset V \subset H = H' \subset V' \subset D(A)'' \).

The bi-linear operator \( B : V \times V \to V' \) is defined as
\[
\langle B(u,v),w \rangle = \sum_{i,j=1}^{3} \int_{T^3} w_i(x) u_j(x) \frac{\partial v_i(x)}{\partial x_j} \, dx
\]
(see Temam [22] for a more detailed account of all these notations).

Since \( A \) is a linear positive and self-adjoint operator with compact inverse, we can define powers of \( A \). We define two hierarchies of spaces related to the problem, using powers of \( A \). The first is given by the following spaces of mild regularity (since they are larger than the space \( V \)),

\[ \nu_{\epsilon} = D(A^{1/4+\epsilon}), \quad \epsilon \in (0, \frac{1}{4}], \]

while the second is given by the following spaces of strong regularity,

\[ \mathcal{W}_{\alpha} = D(A^{\theta(\alpha)}), \quad \alpha \in (0, \infty), \]

where \( \theta \) is defined as

\[ \theta(\alpha) = \begin{cases} \frac{\alpha+1}{2}, & \alpha \in (0, \frac{1}{2}), \\ \alpha + \frac{1}{4}, & \alpha \geq \frac{1}{2}. \end{cases} \]

Notice that for every \( \epsilon_0 \) and \( \alpha_0 \) as above,

\[ \mathcal{W}_{\alpha_0} \subset \mathcal{W}_0 = V = \nu_{\frac{1}{4}} \subset \nu_{\epsilon_0}. \]

In the proof of most of the results of the paper we shall use repeatedly the following inequalities.

**Lemma 2.1** (Temam [22, Lemma 2.1, Part I]). If \( u \in D(A^{\alpha_1}), \ v \in D(A^{\alpha_2}) \) and \( w \in D(A^{\alpha_3}) \), then there is a constant \( c_0 = c_0(\alpha_1, \alpha_2, \alpha_3) \) such that

\[ \langle B(u,v),w \rangle_H \leq c_0 |A^{\alpha_1}u| \cdot |A^{\alpha_2+\frac{1}{2}}v| \cdot |A^{\alpha_3}w|, \]

where \( \alpha_i \geq 0 \) and \( \alpha_1 + \alpha_2 + \alpha_3 \geq \frac{3}{4} \) if \( \alpha_i \neq \frac{3}{4} \) for all \( i = 1, 2, 3 \), and \( \alpha_1 + \alpha_2 + \alpha_3 > \frac{3}{4} \) otherwise.

**Lemma 2.2** ([12, Lemma D.2]). Let \( \alpha > 0 \) and \( u, v \in D(A^{\theta(\alpha)}) \). If \( \alpha \neq \frac{1}{4} \), there is a constant \( C_0 = C_0(\alpha) \) such that

\[ |A^{\alpha-rac{1}{4}}B(u,v)|_H \leq C_0 |A^{\theta(\alpha)}u|_H |A^{\theta(\alpha)}v|_H, \]

where \( \theta \) is the map defined in (2.3). If \( \alpha = \frac{1}{4} \), then \( B \) maps \( D(A^{\frac{1}{2}}) \times D(A^{\frac{1}{2}}) \) continuously to \( D(A^{1/4-\epsilon}) \), for every \( \epsilon > 0 \).
2.2. Markov solutions to the Navier-Stokes equations. In this section we recall a few definitions and result from papers [12] and [13], with some additional remarks.

2.2.1. Almost sure super-martingales. We say that a process \( \theta = (\theta_t)_{t \geq 0} \) on a probability space \((\Omega, \mathbb{F}, \mathbb{P})\), adapted to a filtration \((\mathcal{F}_t)_{t \geq 0}\) is an a.s. super-martingale if it is \( \mathbb{P} \)-integrable and there is a set \( T \subset (0, \infty) \) of null Lebesgue measure (that we call the set of exceptional times of \( \theta \)) such that

\[
\mathbb{E}[\theta_t | \mathcal{F}_s] \leq \theta_s,
\]

for all \( s \not\in T \) and all \( t > s \).

**Lemma 2.3.** If \( \theta = (\theta_t)_{t \geq 0} \) is an a.s. super-martingale, then for every \( s \geq 0 \) and every \( \phi \in C_c^\infty(\mathbb{R}) \) with \( \phi \geq 0 \) and \( \text{Supp} \phi \subset [s, \infty) \),

\[
\mathbb{E} \left[ \int \phi'(r) \theta_r \, dr \Big| \mathcal{F}_s \right] \geq 0.
\]

**Proof.** Fix \( s \geq 0 \) and consider a positive smooth map \( \phi \) with compact support in \([s, \infty)\). By a change of variable, using the a.s. super-martingale property,

\[
\mathbb{E} \left[ \int \frac{1}{\epsilon} (\phi(r) - \phi(r - \epsilon)) \theta_r \, dr \Big| \mathcal{F}_s \right] = \frac{1}{\epsilon} \mathbb{E} \left[ \int_s^\infty \phi(r) (\theta_r - \theta_{r+\epsilon}) \, dr \Big| \mathcal{F}_s \right] \geq 0,
\]

and in the limit as \( \epsilon \downarrow 0 \) we get (2.5). \( \square \)

It is easy to see that the converse is true (that is, if (2.5) holds, then the process is an a.s. super-martingale) under the assumption that the \( \sigma \)-fields \( \{\mathcal{F}_t : t \geq 0\} \) are countably generated and \( \theta \) is lower semi-continuous (see [14]).

2.2.2. Weak martingale solutions. Let \( \Omega = C([0, \infty); D(A)^\prime) \), let \( \mathcal{B} \) be the Borel \( \sigma \)-field on \( \Omega \) and let \( \xi : \Omega \to D(A)^\prime \) be the canonical process on \( \Omega \) (that is, \( \xi_t(\omega) = \omega(t) \)). A filtration can be defined on \( \mathcal{B} \) as \( \mathcal{B}_t = \sigma(\xi_s : 0 \leq s \leq t) \).

**Definition 2.4.** Given \( \mu_0 \in \text{Pr}(H) \), a probability \( P \) on \((\Omega, \mathcal{B})\) is a solution starting at \( \mu_0 \) to the martingale problem associated to the Navier-Stokes equations (1.2) if

[M1] \( P[L^\infty_{\text{loc}}([0, \infty); H)] \cap L^2_{\text{loc}}([0, \infty); V)] = 1; \)

[M2] for each \( \phi \in C_\infty \), the process \( M^\phi_t \), defined \( P \)-a.s. on \((\Omega, \mathcal{B})\) as

\[
M^\phi_t = \langle \xi_t - \xi_0, \phi \rangle_H + v \int_0^t \langle \xi_s, A\phi \rangle_H \, ds - \int_0^t \langle B(\xi_s, \phi), \xi_s \rangle_H \, ds
\]

is square integrable and \( (M^\phi_t, \mathcal{B}_t, P) \) is a continuous martingale with quadratic variation \( [M^\phi_t]_t = t Q^\frac{1}{2} \phi_H^2 \).

[M3] the process \( E^1_t \), defined \( P \)-a.s. on \((\Omega, \mathcal{B})\) as

\[
E^1_t = |\xi_t|_H^2 + 2v \int_0^t |\xi_s|_V^2 \, ds - t \text{Tr}[Q]
\]

is \( P \)-integrable and \( (E^1_t, \mathcal{B}_t, P) \) is an a.s. super-martingale;
for each \( n \geq 2 \), the process \( \mathcal{E}^n_t \), defined \( P \)-a. s. on \((\Omega,\mathcal{B})\) as
\[
\mathcal{E}^n_t = |\xi_t|^{2n}_{H} + 2n v \int_0^t |\xi_s|^{2n-2}_H |\xi_t|^2 \nu ds - n(2n-1) \text{Tr}[\xi_s] \int_0^t |\xi_s|^{2n-2}_H ds
\]
is \( P \)-integrable and \((\mathcal{E}^n_t, \mathcal{B}_t, P)\) is an a. s. super-martingale;

Remark 2.5 (enhanced martingale solutions). A slightly different approach has been followed in [1] to show existence of Markov solution for a different model (an equation for surface growth driven by space-time white noise), as the energy balance has been given in terms of an almost sure property. In the Navier-Stokes setting of this paper the property reads (some equivalent statements are possible as in [1])

there exists a family \( \mathcal{J} \times H \) of null Lebesgue measure such that for all \( s \notin \mathcal{T}_x \) and all \( t \geq s \),
\[
P_x[\mathcal{J}_t(v, z) \leq \mathcal{J}_s(v, z)] = 1,
\]
where \( \mathcal{J} \) is defined as
\[
\mathcal{J}_t(v, z) = \frac{1}{2} |v_t|_{H}^2 + V + \int_0^t |v_r|^2 \nu dr + \int_0^t \langle v_r, B(v_r + z_r, z_r) \rangle_H dr,
\]
\( z \) is the solution to the Stokes problem (A.2) and \( v = \xi - z \). It is possible to show that, as in [1], there exist Markov solutions which additionally satisfy [M3-as]. We shall assume this statement (see [14] for more details).

2.3. Previous results. In the next theorems we summarise some results on existence and regularity of Markov solutions to the Navier-Stokes equations (1.2). First we show that there is a Markov solution to the Navier-Stokes equations (1.2).

Theorem 2.6 ([12, Theorem 4.1]). Under condition [A1] of Assumption 1.1, there exists a family \((P_x)_{x \in H}\) of weak martingale solutions (as defined above in Definition 2.4), with \( P_x \) starting at the measure concentrated on \( x \), for each \( x \in H \), and the almost sure Markov property holds. More precisely, for every \( x \in H \) there is a set \( T \subset (0, \infty) \) of null Lebesgue measure such that for all \( s \notin T \), all \( t \geq s \) and all bounded measurable \( \phi : H \rightarrow \mathbb{R} \),
\[
\mathbb{E}^{P_x}[\phi(\xi_t) | \mathcal{B}_s] = \mathbb{E}^{P_x}[\phi(\xi_{t-s})].
\]
The map \( x \mapsto P_x \) is in principle, from the above result, only measurable. The regularity of dependence from initial condition can be significantly improved under stronger assumptions on the noise, as shown by the theorem below.

If \((P_x)_{x \in H}\) is a Markov solution, the transition semigroup\(^1\) associated to the solution is defined as
\[
P_t \phi(x) = \mathbb{E}^{P_x}[\phi(\xi_t)], \quad x \in H, \ t \geq 0,
\]

\(^1\)Notice that, due to the Markov property holding only almost surely, the family of operators \((P_t)_{t \geq 0}\) is not a semigroup, as the semigroup property holds for almost every time.
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for every bounded measurable \( \varphi : H \to \mathbb{R} \).

**Theorem 2.7** ([12, Theorem 5.11]). Under condition [A4] of Assumption 1.1, the transition semigroup \((\mathbb{P}_t)_{t \geq 0}\) associated to every Markov solution \((P_x)_{x \in H}\) is strong Feller in the topology of \(W_{\alpha_0}'\). More precisely, \(\mathbb{P}_t \varphi \in C_b(W_{\alpha_0})\) for every \(t > 0\) and every bounded measurable \(\varphi : H \to \mathbb{R}\).

The regularity result can be given more explicitly in terms of quasi-Lipschitz regularity (that is, Lipschitz up to a logarithmic correction) as in [13], albeit the estimate given there holds true only for \(\alpha_0 = \frac{3}{4}\) (an extension to all values of \(\alpha_0 > \frac{1}{6}\) can be found in [14]).

3. EXISTENCE AND UNIQUENESS OF THE INVARIANT MEASURE

In this section we prove existence of invariant measures by means of the classical Krylov-Bogoliubov method. Let \((P_x)_{x \in H}\) be a Markov solution and denote by \((\mathbb{P}_t)_{t \geq 0}\) its transition semigroup (see (2.6)). Let \(x_0 \in H\) and

\[
\mu_t = \frac{1}{t} \int_0^t \mathbb{P}_s \delta_{x_0},
\]

where \(\delta_{x_0}\) is the Dirac measure concentrated on \(x_0\). It is known (see for example Da Prato & Zabczyk [3]) that any limit point of the family of probability measures \((\mu_t)_{t \geq 0}\) is an invariant measure for \((\mathbb{P}_t)_{t \geq 0}\), provided that the family is tight in the topology where the transition semigroup is Feller.

**Theorem 3.1.** Assume [A2] of Assumption 1.1. Let \((P_x)_{x \in H}\) be any Markov solution to the Navier-Stokes equations (see Theorem 2.6) and let \((\mathbb{P}_t)_{t \geq 0}\) be the associated transition semigroup. Then the family of probability measures \((\mu_t)_{t \geq 1}\) is tight in \(W_{\alpha_0}'\).

The above theorem, together with the strong Feller property ensured by Theorem 2.7 and Doob’s theorem (see Da Prato & Zabczyk [4]), immediately imply the following result.

**Corollary 3.2.** Under [A4] of Assumption 1.1, every Markov selection to the Navier-Stokes equations has a unique invariant measure \(\mu_*\), which is strongly mixing. Moreover, there are \(\delta > 0\) and \(\gamma > 0\) (depending only on \(\alpha_0\)) such that

\[
E^{\mu_*}[|A^\delta x|^\gamma_{W_{\alpha_0}'}] < \infty.
\]

The convergence of transition probabilities to the unique invariant measure can be further improved if, under the same assumptions of above results, we deal with the enhanced martingale solutions introduced in Remark 2.5. This is a technical requirement that makes the proof of Theorem 3.3 below simple and, above all, feasible.

**Theorem 3.3.** Assume [A4] of Assumption 1.1 and consider an arbitrary Markov solution \((P_x)_{x \in H}\) made of enhanced martingale solutions (see Remark 2.5). Let \(\mu_*\) be its unique invariant measure. Then there are constants...
\( C_{\exp} > 0 \) and \( a > 0 \) (independent of the Markov solution and depending only on the data of problem) such that

\[
\| P^*_t \delta_{x_0} - \mu \|_{TV} \leq C_{\exp} (1 + |x_0|_H^2) e^{-at},
\]

for all \( t > 0 \) and \( x_0 \in H \), where \( \| \cdot \|_{TV} \) is the total variation distance on measures.

**Remark 3.4.** The proof of Theorem 3.3 above actually shows a slightly stronger convergence, namely

\[
\sup_{\| \phi \|_V \leq 1} |P_t \phi(x_0) - \int \phi(x) \mu(dx)| \leq C_{\exp} (1 + |x|_H^2) e^{-at}
\]

for every \( x \in H \) and \( t \geq 0 \), with same constants \( C_{\exp} \) and \( a \), where the norm \( \| \cdot \|_V \) is defined on Borel measurable maps \( \phi : H \to \mathbb{R} \) as

\[
\| \phi \|_V = \sup_{x \in H} \frac{|\phi(x)|}{1 + |x|_H^2}
\]

(see Goldys & Maslowski [16] for details).

From Theorem 13 of [13] and again from Theorem 4.2.1 of Da Prato & Zabczyk [4] we also deduce the following result.

**Corollary 3.5.** Under the assumptions of previous corollary, let \( \mu_1 \) and \( \mu_2 \) be the invariant measures associated to two different Markov selections. Then the two measures are mutually equivalent.

The rest of the section is devoted to the proof of Theorems 3.1 and 3.3.

### 3.1. The proof of Theorem 3.1.

We fix a Markov solution \( (P_x)_{x \in H} \). Prior to the proof of the theorem, we show two lemmas on momenta of the solution. The second lemma is the crucial one.

**Lemma 3.6.** Assume [A1] of Assumption 1.1. Then for every \( x \in H \) and \( t \geq 0 \),

\[
\mathbb{E}^{P_x}[|\xi_t|^2_H] \leq |x|^2_H e^{-2\nu t} + \frac{\sigma^2}{2\nu} (1 - e^{-2\nu t}).
\]

**Proof.** The result easily follows from the super-martingale property [M3], Poincaré inequality and Gronwall’s lemma (see for example [20] for details). \( \square \)

**Lemma 3.7.** Assume [A2] of Assumption 1.1. Then there are \( C > 0 \), \( \delta > 0 \) and \( \gamma > 0 \) depending only on \( \varepsilon_0 \), \( \alpha_0 \), \( \nu \) and \( \sigma^2 \) (but not on the Markov solution) such that for \( x_0 \in H \) and \( t \geq 1 \),

\[
\mathbb{E}^{P_{x_0}}\left[ \frac{1}{t} \int_0^t |A^\delta \xi_s|_{H^{\gamma}}^2 ds \right] \leq C(1 + |x_0|_H^2).
\]

A slight modification of the argument in the proof below provides an inequality similar to that of the lemma also for \( t < 1 \).
Proof. Let $\varepsilon_0 \in (0, \frac{1}{4}]$ with $\varepsilon_0 < 2\alpha_0$. We first prove the statement of the lemma for $x_0 \in V_{\varepsilon_0}$.

Consider values $\delta = \delta(\varepsilon_0, \alpha_0)$, $\gamma = \gamma(\varepsilon_0, \alpha_0)$ provided by Theorem A.2. For every fixed value $M > 0$ we choose $R \geq 1 + 2|x_0|^2_H$, whose value will be given explicitly later, and we denote by $\varepsilon_R$ the small time where the blow-up estimate (A.5) of Theorem A.1 holds true.

Fix $t \geq 1$ and $\varepsilon \leq \varepsilon_R$, and let $n_\varepsilon \in \mathbb{N}$ be the largest integer such that $\varepsilon n_\varepsilon \leq t$. By the Markov property,

$$\mu_\varepsilon[A^\delta x^2_{\varepsilon|w_{\varepsilon_0}} \geq M] \leq \frac{1}{t} \int_0^t P_{x_0}[A^\delta x^2_{\varepsilon|w_{\varepsilon_0}} \geq M] ds \leq \frac{1}{t} \sum_{k=0}^{n_\varepsilon} \int_{k\varepsilon}^{(k+1)\varepsilon} P_{x_0}[A^\delta x^2_{\varepsilon|w_{\varepsilon_0}} \geq M] ds = \frac{1}{t} \sum_{k=0}^{n_\varepsilon} \mathbb{E}^{P_{x_0}}\left[\int_{k\varepsilon}^{(k+1)\varepsilon} P_{\xi_{k\varepsilon}}[A^\delta \xi^2_{\varepsilon|w_{\varepsilon_0}} \geq M] ds\right] \leq 1 \sum_{k=0}^{n_\varepsilon} \mathbb{E}^{P_{x_0}}[A^\delta \xi^2_{\varepsilon|w_{\varepsilon_0}} \geq M] \leq \left(P_{x_0}^{\varepsilon_R}[A^\delta \xi^2_{\varepsilon|w_{\varepsilon_0}} \geq M] + \mathbb{E}^{P_{\xi_{k\varepsilon}}}[A^\delta \xi^2_{\varepsilon|w_{\varepsilon_0}} \geq M] + 1_{\{|\xi_{k\varepsilon}|^2_{w_{\varepsilon_0}} > R\}}\right) + 1 \sum_{k=0}^{n_\varepsilon} \mathbb{E}^{P_{x_0}}[A^\delta \xi^2_{\varepsilon|w_{\varepsilon_0}} \geq M] \leq \frac{1}{t} \sum_{k=0}^{n_\varepsilon} \mathbb{E}^{P_{x_0}}\left[\int_0^t |A^\gamma \xi^2_{\varepsilon|w_{\varepsilon_0}}| ds\right] + c_1 \varepsilon e^{-c_2 \varepsilon_R^2}.

We use the above inequality in (3.2) and we apply Theorem A.2 and the previous lemma,

$$\mu_T[A^\delta x^2_{\varepsilon|w_{\varepsilon_0}} \geq M] \leq \frac{1}{t} \sum_{k=0}^{n_\varepsilon} \mathbb{E}^{P_{x_0}}\left[\int_0^t |A^\gamma \xi^2_{\varepsilon|w_{\varepsilon_0}}| ds\right] + c_1 \varepsilon e^{-c_2 \varepsilon_R^2} \leq \frac{1}{t} \sum_{k=0}^{n_\varepsilon} \left(\varepsilon P_{x_0}[|\xi_{k\varepsilon}|^2_{w_{\varepsilon_0}} > R] + C \varepsilon \mathbb{E}^{P_{\xi_{k\varepsilon}}}[|\xi_{k\varepsilon}|^2_H] + C_1 \varepsilon e^{-c_2 \varepsilon_R^2}\right) \leq \frac{C n_\varepsilon}{t} \sum_{k=0}^{n_\varepsilon} P_{x_0}[|\xi_{k\varepsilon}|^2_{w_{\varepsilon_0}} > R] + \frac{C n_\varepsilon}{t} \varepsilon e^{-c_2 \varepsilon_R^2} \leq \frac{C n_\varepsilon}{t} \sum_{k=0}^{n_\varepsilon} P_{x_0}[|\xi_{k\varepsilon}|^2_{w_{\varepsilon_0}} > R] + C \varepsilon e^{-c_2 \varepsilon_R^2} \leq \frac{C \varepsilon}{t} \sum_{k=0}^{n_\varepsilon} P_{x_0}[|\xi_{k\varepsilon}|^2_{w_{\varepsilon_0}} > R] + C \varepsilon e^{-c_2 \varepsilon_R^2}.$$
Since all computations above are true for all \( \varepsilon \leq \varepsilon_R \), if we integrate for \( \varepsilon \in (\frac{1}{2} \varepsilon_R, \varepsilon_R) \), we get

\[
\frac{\varepsilon_R}{2} \mu_t [ |A^0 x|^2_{\mathcal{V}_0} \geq M ] \leq \frac{\varepsilon_R}{t} \int_{\frac{\varepsilon_R}{2}}^{\varepsilon_R} \sum_{k=0}^{n_{\varepsilon}} P_{x_0} [ |\xi_{k\varepsilon}|^2_{\mathcal{V}_{\varepsilon_0}} > R ] d\varepsilon + \frac{C \log 2}{M^\gamma} (1 + |x_0|^2_H) + \frac{c_1 \varepsilon_R}{2} e^{-c_2 \varepsilon_R^2}.
\]

We use the energy inequality and the previous lemma to estimate the only complicated term in the inequality above,

\[
\frac{\varepsilon_R}{t} \int_{\frac{\varepsilon_R}{2}}^{\varepsilon_R} \sum_{k=0}^{n_{\varepsilon}} P_{x_0} [ |\xi_{k\varepsilon}|^2_{\mathcal{V}_{\varepsilon_0}} > R ] d\varepsilon \leq \frac{\varepsilon_R}{t} \sum_{k=1}^{n_{\varepsilon}} \int_{\frac{\varepsilon_R}{2}}^{\varepsilon_R} P_{x_0} [ |\xi_{k\varepsilon}|^2_{\mathcal{V}_{\varepsilon_0}} > R ] d\varepsilon
\]

\[
\leq \frac{\varepsilon_R}{t R} \sum_{k=1}^{n_{\varepsilon}} \log \left( \frac{1}{\varepsilon_R} \log (1 + |x_0|^2_H + k\varepsilon_R) \right)
\]

\[
\leq \frac{CE_R}{R} \log \left( \frac{1}{\varepsilon_R} \log (1 + |x_0|^2_H) \right),
\]

where we have set \( n_{\varepsilon} = n_{\varepsilon_0} \) and \( n_{\varepsilon} \leq n_{R} \) for all \( \varepsilon \in [\frac{1}{2} \varepsilon_R, \varepsilon_R] \). Since by (A.5) the dependence of \( \varepsilon_R \) on \( R \) is like \( R^{-a} \), for some exponent \( a \) depending on \( \varepsilon_0 \), we may choose \( R \) in such a way that for every \( t \geq 1 \),

\[
\mu_t [ |A^0 x|^2_{\mathcal{V}_{\varepsilon_0}} \geq M ] \leq \frac{c}{M^b} \log M.
\]

for a suitable \( b > 0 \). In conclusion, the statement of the lemma is proved for initial conditions \( x_0 \in \mathcal{V}_{\varepsilon_0} \).

If \( x_0 \in H \), since for every \( s > 0 \) we know that \( \xi_s \in \mathcal{V}_{\varepsilon_0} \), \( P_{x_0} \)-a. s., then by the Markov property,

\[
\mathbb{E}^{P_{x_0}} \left[ \int_s^t |A^0 \xi_r|^2_{\mathcal{V}_{\varepsilon_0}} dr \right] = \mathbb{E}^{P_{x_0}} \left[ \mathbb{E}^{P_{x_0}} \left[ \int_s^t |A^0 \xi_r'|^2_{\mathcal{V}_{\varepsilon_0}} dr \right] \right]
\]

\[
\leq C(t - s) \mathbb{E}^{P_{x_0}} [1 + |\xi_s|^2_H]
\]

\[
\leq Ct (1 + |x_0|^2_H),
\]

where we have used the previous lemma and this same lemma for initial conditions in \( \mathcal{V}_{\varepsilon_0} \). Finally, as \( s \downarrow 0 \), the conclusion follows by the monotone convergence theorem.

**Proof of Theorem 3.1.** Choose an arbitrary point \( x_0 \in H \) and consider the sequence of measures \( (\mu_t)_{t \geq 1} \) defined by formula (3.1). Since

\[
\int |A^0 x|^2_{\mathcal{V}_{\varepsilon_0}} \mu_t (dx) = \frac{1}{t} \int_0^t |A^0 \xi_s|^2_{\mathcal{V}_{\varepsilon_0}} ds,
\]
where the constants $\delta$ and $\gamma$ are those provided by the previous lemma, it follows by that same lemma that the sequence of measures is tight in $W'_{\alpha_0}$.

\[ \square \]

3.2. The proof of Theorem 3.3. As stated in the statement of the theorem, in this section we work with the enhanced martingale solutions defined in Remark 2.5. It means that the energy balance [M3-as] is available for proofs. Prior to the proof, we give a few auxiliary results, summarised in the following lemmas. In the first one we show that any solution enters in a ball of small energy with positive probability.

**Lemma 3.8** (entrance time in a ball of small energy). Assume [A3]. Given $R > 0$ and $\delta > 0$, there exists $T_1 = T_1(\delta, R)$ such that

\[ \inf_{|x|^2_H \leq R} P(T_1, x, \{y : |y|^2_H \leq \delta\}) > 0. \]

**Proof.** Consider a value $k_1 = k_1(\delta)$, to be chosen later, and let $A = \{\omega : \sup_{t \in [0, T_1]} |z_t|^2_H \leq k_1\}$. We know that for every $x$, the value $P_X[A] > 0$ is constant with respect to $x$. Since $|z^2_H \leq |z|_H + |v|_H$, we shall estimate $v$.

For all $\omega \in A$ such that the inequality in [M3-as] (at page 6) holds, we have

\[ |v_t|^2_H - |v_s|^2_H + 2\int_s^t |v_r|^2_H dr \leq c \int_s^t |z_r|_H |v_r|^2_H + |v_r|^2_H |v_r|^2_H dr \]

\[ \leq c \int_s^t (|z_r|_H |v_r|^2_H + |z_r|^2_H |v_r|^2_H + |v_r|^2_H |v_r|^2_H) dr \]

\[ \leq C \int_s^t |v_r|^2_H dr + k_2 \int_s^t |v_r|^2_H dr + k_2(t - s), \]

where we have set $k_2 = c(k^2_1 + k^2_1)$ and $k_3 = ck^2_1$. By the Poincaré inequality (the first eigenvalue of the Laplace operator on the torus $T_3$ is 1),

\[ |v_t|^2_H + (v - k_2) \int_s^t |v_r|^2_H dr \leq |v_0|^2_H + k_2(t - s), \]

and Gronwall’s lemma ensures that

\[ |v_t|^2_H \leq |x|^2_H e^{-(v - k_2)t} + \frac{k_3}{v - k_2} (1 - e^{-(v - k_2)t}) \leq Re^{-(v - k_2)t} + \frac{k_3}{v - k_2}. \]

If we choose $k_1$ and $T_1$ in such a way that

\[ k_1 \leq \frac{1}{4} \delta, \quad k_2 < v, \quad \frac{k_3}{v - k_2} \leq \frac{1}{8} \delta, \quad Re^{-(v - k_2)T_1} \leq \frac{1}{8} \delta, \]

we finally obtain that, if $|x|^2_H \leq R$, then $P_X[\{\xi_{T_1} \leq \delta\} \cap A] = P_X[A]$. \[ \square \]

The second lemma shows that with positive probability the dynamics enters into a (sufficiently large) ball of space $V$. 

\[ \square \]
Lemma 3.9 (entrance time in a ball of finite dissipation). Assume [A3] from Assumption 1.1. Then there exists $\delta > 0$ small enough such that there are $T_2 = T_2(\delta) > 0$ and $R_2 = R_2(\delta) > 0$ with

$$\inf_{|x|^2_H \leq \delta} P(T_2, x, \{|y|^2_V \leq R_2\}) > 0.$$ 

Proof. Set $T_2 = 1$ and let $A = \{\sup_{[0,1]}|A^t z|^2_H \leq k_1\}$, with $k_1$ to be chosen later, together with $\delta$.

For all $\omega \in A$ for which the inequality in [M3-as] (at page 6) holds, we can proceed as in the proof of Lemma 3.8 to get $|v_r|^2_H \leq \delta + \frac{k_3}{v - k_2}$, with $k_2$ and $k_3$ defined similarly. Using (3.3), we get

$$\int_0^1 |v_r|^2_V ds \leq \frac{1}{V} \left[ \delta + k_3 + k_2 \left( \delta + \frac{k_4}{v - k_2} \right) \right] := k_4,$$

where $k_1$ is small enough so that $k_2 < v$.

Next, we notice that the set $\{r \in [0,1] : |v_r|^2_V \leq 2k_4\}$ is non-empty (its Lebesgue measure is larger than one half). So for each $r_0$ in such a set, $|v_{r_0}|^2_V \leq 2k_4$. Since the energy inequality [M3-as] holds, for a short time after $r_0$, $v$ coincides with the unique regular solution. We shall choose $k_1$ and $\delta$ small enough so that the short time goes well beyond 1.

Indeed, using (2.1) (as in (A.6) with $\epsilon_0 = \frac{1}{4}$), we get for suitable universal constants $c_1$ and $c_2$,

$$\frac{d}{dt} |v|^2_V + 2v |A^t v|^2_H \leq v |A^t v|^2_H + c_1 (|v|^6_V + |A^t z|^4_H) \leq v |A^t v|^2_H + c_1 (|v|^6_V + c_2 k_4^4),$$

and so, if $\varphi(r) = |v_r|^2_V + k_4^{\frac{d}{2}}$, we have $\varphi(r_0) \leq 2k_4 + k_4^{\frac{d}{2}}$ and $\varphi \leq c_1 \varphi^3$. Now, if we choose $k_1$ and $\delta$ small enough so that

$$4c_1 (2k_4 + k_4^{\frac{d}{2}})^2 \leq 1$$

the solution to the differential inequality of $\varphi$ is finite at least up to time $1 + r_0$. In particular, $\varphi(1) \leq (2c_1)^{-\frac{d}{2}}$ and so by easy computations,

$$|\xi_{r_0}|^2_V = |\xi_1|^2_V \leq (|v_1|v + |z_1|v)^2 \leq 2k_1 + \frac{2}{\sqrt{2c_1}}.$$ 

We choose now the last term on the right-hand side of the above formula as $R_2$. In conclusion, $P(T_2, x, \{|y|^2_V \leq R_2\}) \geq P_x[A]$ and again the value of $P_x[A]$ is independent of $x$. \hfill $\square$

In the last auxiliary lemma we show that the dynamics enters in a compact subset of $w_{\alpha_0}$. This is crucial since the strong Feller property holds in the topology of $w_{\alpha_0}$ (Theorem 2.7).

Lemma 3.10 (entrance time in a ball of high regularity). Assume [A3] from Assumption 1.1. Then there is $\beta > 0$ (depending only on $\alpha_0$) such that for
every \( R_2 > 0 \) there are a time \( T_3 = T_3(R_2) > 0 \) and a constant \( C = C(R_2) > 0 \) and
\[
\inf_{|y|_H^2 \leq R_2} P(T_3, x, \{ y : |A^\beta y|_{w_{\alpha_0}}^2 \leq C \}) > 0.
\]

**Proof.** Given \( R_2 > 0 \), we choose \( \beta = \theta'' - \theta(\alpha_0), T_3 \) and \( C \) as given in Lemma A.3. Notice that the set \( K = \{ y : |A^\beta y|_{w_{\alpha_0}}^2 \leq C \} \) is a compact subset of \( w_{\alpha_0} \).

If \( \tau = \tau(x, R_2) \) is the time up to which all solutions starting at \( x \) coincide with the unique solution to problem (A.1), then
\[
P(T_3, x, K) = P_x(\{ |A^\beta \xi_{T_1}|_{w_{\alpha_0}}^2 \leq C \})
\geq P_x(\{ |A^\beta \xi_{T_1}|_{w_{\alpha_0}}^2 \leq C, \tau > T_3 \})
\geq P_x(\{ |A^\beta \xi_{T_3}|_{w_{\alpha_0}}^2 \leq C, \tau > T_3 \}).
\]

Now, the conclusion follows from Lemma A.3. \( \Box \)

**Proof of Theorem 3.3.** Let \( (P_x)_{x \in H} \) be a Markov solution and consider the corresponding transition kernel \( (P(t, x, \cdot))_{t \geq 0, x \in H} \). We choose the value of \( \varepsilon_0 \) given in Lemma A.3 and we consider the value \( \theta'' > \theta(\alpha_0) \) provided by the same lemma.

The exponential convergence follows from an abstract result of Goldys & Maslowski [16, Theorem 3.1] (which, in turns, is based on results from the book by Meyn & Tweedie [17]). More precisely, we need to verify the following four conditions,

1. the measures \( (P(t, x, \cdot))_{t \geq 0, x \in H} \) are equivalent,
2. \( x \rightarrow P(t, x, \Gamma) \) is continuous in \( w_{\alpha_0} \) for all \( t > 0 \) and Borel sets \( \Gamma \subseteq H, \)
3. For each \( R \geq 1 \) there are \( T_0 > 0 \) and a compact subset \( K \subseteq w_{\alpha_0} \) such that
\[
\inf_{|x|_H^2 \leq R} P(T_0, x, K) > 0,
\]
4. there are \( k, b, c > 0 \) such that for all \( t \geq 0, \)
\[
\mathbb{E}^{P_t}(|\xi|^2_{\Gamma}) \leq k|x|^2_{\Gamma}e^{-bt} + c.
\]

The first property follows from Theorem 13 in [13] (there equivalence is stated only for \( x \in w_{\alpha_0} \), but it easy to see by the Markov property that it holds for \( x \in H \), as \( w_{\alpha_0} \) is a set of full measure for each \( P(t, x, \cdot) \)). The second property follows from the strong Feller property, while the fourth property follows from Lemma 3.6.

We only need to prove the third property. We fix \( R \geq 1 \) and we wish to prove that there are \( T_0 = T_0(R) \) and \( K = K(R) \) such that
\[
(3.4) \inf_{|x|_H^2 \leq R} P(T_0, x, \{ y : |A^{\theta''}y|_{H}^2 \leq K \}) > 0.
\]

We choose the value \( \delta \) provided by Lemma 3.9 together with the time \( T_2 \) and value \( R_2 \). Corresponding to the values \( R \) and \( \delta \), Lemma 3.8 gives a time
Moreover, corresponding to $R_2$, Lemma 3.10 provides the time $T_3$ and value $C$.

We set $T_0 = T_1 + T_2 + T_3$, then if $|x|_H^2 \leq R$, using three times the Markov property,

$$
P(T_0, x, K) \geq \inf_{|z|_V \leq R_2} P(T_3, z, K) \inf_{|y|_H \leq \delta} P(T_2, y, \{|z|_V^2 \leq R_2\}) \inf_{|x|_H \leq R} P(T_1, x, \{|y|_H^2 \leq \delta\})$$

and the right-hand side is positive (and bounded from below independently of $x$) due to Lemma 3.8, 3.9 and 3.10.

Finally, the constants $C_{\text{exp}}$ and $a$ in the statement of the theorem are independent of the Markov solution since all computations either depend on the data (the viscosity $\nu$, the strength of the noise $\sigma^2$, etc., such as in Lemma 3.6) or are made on the regularised problem analysed in the appendix. \(\square\)

4. Further Analysis of Equilibrium States

In the previous section we have shown that, under suitable assumptions on the driving noise, every Markov solution has a unique invariant measure. As in principle there can be several different Markov solutions, so are invariant measures.

In the first part of the section we show that well-posedness of the martingale problem associated to (1.2) is equivalent to the statement that there is only one invariant measure, regardless of the multiplicity of solutions.

In the second part we give some remarks on symmetries of invariant measures, while in the third part we analyse the energy balance.

4.1. A connection between uniqueness of invariant measures and well-posedness of the martingale problem.

4.1.1. Stationary solutions. Consider the (unique) invariant measure associated to a Markov solution $(P_x)_{x \in H}$, as provided by Corollary 3.2, and define the following probability measure

$$(4.1) \quad P_\ast = \int P_x \mu_\ast(dx)$$

Lemma 4.1. The probability measure $P_\ast$ defined above is invariant (in the following, stationary) with respect to the time shifts $\eta_t : \Omega \to \Omega$ defined as

$$\eta_t(\omega)(s) = \omega(t + s).$$

Proof. It is sufficient to prove that the finite dimensional marginals of $P_\ast$ and $\eta_t P_\ast$ are the same. The case of one single time is easy, by invariance of $\mu_\ast$. We consider only the two-dimensional case (one can proceed by induction in the general case). Consider $t_1 < t_2$, then by the Markov property and
invariance of $\mu_*$,
\[
\mathbb{E}^{P_x} \left[ f(\xi_{s+t_1}, \xi_{s+t_2}) \right] = \int \mathbb{E}^{P_x} \left[ f(\xi_{s+t_1}, \xi_{s+t_2}) \right] \mu_*(dx) \\
= \int \mathbb{E}^{P_x} \left[ \mathbb{E}^{P_{\omega(t+s)}} \left[ f(\omega(s+t_1), \xi_{s+t_2}) \right] \right] \mu_*(dx) \\
= \int \mathbb{E}^{P_x} \left[ F(\xi_{s+t_1}) \right] \mu_*(dx) = \int \mathbb{E}^{P_x} \left[ F(\xi_{s+t_1}) \right] \mu_*(dx) \\
= \int \mathbb{E}^{P_x} \left[ f(\xi_{s+t_1}, \xi_{s+t_2}) \right] \mu_*(dx) = \mathbb{E}^{P_x} \left[ f(\xi_{s+t_1}, \xi_{s+t_2}) \right],
\]
where in the above formula we have set $F(y) = \mathbb{E}^{P_y} \left[ f(y, \xi_{s+t_2}) \right]$.

In turns, the lemma above ensures that $P_*$ is the unique probability measure on $\Omega$ such that
1. $P_*$ is stationary.
2. $P_*$ is associated\(^2\) to the Markov solution $(P_x)_{x \in H}$.

Uniqueness follows easily since $\mu_*$ is the unique invariant measure of the Markov solution $(P_x)_{x \in H}$ and since the law of a Markov process is determined by its one-dimensional (with respect to time) marginal distributions (as in the proof of Lemma above). We shall see later on that for a special class of invariant measures this uniqueness statement can be strengthened (see Proposition 4.4).

In general one can have several stationary solutions (see for example [20] for the definition and a different proof of existence) and possibly not all of them are associated to a Markov solution. Hence we define the two sets,
\[
\mathcal{J} = \{ \mu \in \Pr(H) : \mu \text{ is the marginal of a stationary solution} \} \\
\mathcal{J}_m = \{ \mu \in \Pr(H) : \mu \text{ is the unique invariant measure associated to a Markov solution} \}
\]
and, trivially, $\mathcal{J}_m \subset \mathcal{J}$.

**Remark 4.2** (Topological properties of $\mathcal{J}$ and $\mathcal{J}_m$). By the same properties that ensure existence of solutions (and following similar computations, see for example [12]), it is easy to see that $\mathcal{J}$ is a compact subset of $\Omega$. Moreover, by Corollary 3.2, $\mathcal{J}_m$ and hence $\mathcal{J}_e$ are relatively compact in a much stronger topology.

4.1.2. A short recap on the selection principle. It is necessary to give a short account on the procedure which proves the existence of Markov selection (namely, the proof of Theorem 2.6). We refer to [12] for all details.

Given $x \in H$, let $\mathcal{C}(x) \subset \Pr(\Omega)$ be the set of all weak martingale solutions (according to Definition 2.4) to equation (1.2), starting at $x$.

In the proof of Theorem 2.6 (see [12]) the sets $\mathcal{C}(x)$ are shrunken to one single element in the following way. Fix a family $(\lambda_n, f_n)_{n \geq 1}$ which is dense

\(^2\)We say that a probability measure $P$ on $\Omega$ is associated to a Markov solution $(P_x)_{x \in H}$ if for every $t \geq 0$, $P^{\omega(t)}_{\omega(t)} = P_{\omega(t)}$ for $P$-a.e. $\omega \in \Omega$, where $(P^{\omega(t)}_{\omega(t)})_{\omega \in \Omega}$ is a regular conditional probability distribution of $P$ given $\mathcal{B}_t$. 
in $[0, \infty) \times C_b(D(A)^\prime)$ and consider the functionals $J_n = J_{\lambda_n, f_n}$, where $J_{\lambda, f}$ is given by

$$J_{\lambda, f}(P) = \mathbb{E}^P \left[ \int_0^\infty e^{-\lambda t} f(\xi_t) \, dt \right].$$

for arbitrary $\lambda > 0$ and $f : D(A)^\prime \to \mathbb{R}$ upper semi-continuous. Next, set

$$C_0(x) = C(x), \quad C_n(x) = \{ P \in C_{n-1}(x) : J_n(P) = \sup_{Q \in C_{n-1}(x)} J_n(Q) \}.$$

All these sets are compact and their intersection is a single element (the selection associated to this maximised sequence), $\bigcap_{n \in \mathbb{N}} C_n(x) = \{ P_x \}$.

Given now a probability measure $\mu$ on $D(A)^\prime$, one can define the set $C(\mu)$ as the set of all probability measures $P$ on $\Omega$ such that

1. the marginal at time 0 of $P$ is $\mu$;
2. there is a a map $x \mapsto Q_x : H \to \text{Pr}(\Omega)$ such that $P = \int Q_x \mu(dx)$ and $Q_x \in C(x)$ for all $x$ (in different words, the conditional distribution of $P$ at time 0 is made of elements from sets $(C(x))_{x \in H}$).

We can now give the following extension to the selection principle.

**Proposition 4.3.** Let $(P_x)_{x \in H}$ be the Markov selection associated to the sequence $(\lambda_n, f_n)_{n \geq 1}$. Then the probability $P_\mu = \int \mu P_x(dx)$ is the unique maximiser associated to the sequence $(\lambda_n, f_n)_{n \geq 1}$. More precisely,

$$J_1(P_\mu) = \sup_{P \in C_0(\mu)} J_1(P),$$

$$\ldots \ldots$$

$$J_n(P_\mu) = \sup_{P \in C_{n-1}(\mu)} J_n(P),$$

$$\ldots \ldots$$

**Proof.** Since each $Q \in C(\mu)$ is given by $Q = \int Q_x \mu(dx)$, for some $x \mapsto Q_x$, by linearity of the map $J_1$ it easily follows that $P_\mu \in C_1(\mu)$. Moreover, each $Q \in C_1(\mu)$ has a similar structure: $Q = \int Q_x \mu(dx)$ and $Q_x \in C_1(x)$ for $\mu$-a. e. $x \in H$. In fact, $J_1(Q_x) \leq J_1(P_x)$, $\mu$-a. s., and $J_1(Q) = J_1(P_\mu)$, and so $J_1(Q_x) = J_1(P_x)$, for $\mu$-a. e. $x$. By induction, $P_\mu \in C_n(\mu)$ and for each $Q = \int Q_x \mu(dx) \in C_n(\mu)$, $Q_x \in C_n(x)$, for $\mu$-a. e. $x \in H$.

In conclusion, $P_\mu \in C_\infty(\mu) = \bigcap C_n(\mu)$ and for each $Q = \int Q_x \mu(dx) \in C_\infty(\mu)$, $Q_x \in C_\infty(x)$, for $\mu$-a. e. $x \in H$. But we know that each $C_\infty(x)$ has exactly one element, $P_x$, so that in conclusion the only element of $C_\infty(\mu)$ is $P_\mu$. \hfill $\square$

**4.1.3. Connection with well-posedness.** Now, if we are given a sequence $(\lambda_n, f_n)_{n \in \mathbb{N}}$ as above, the selection principle provides a Markov solution $(P_x)_{x \in H}$. Corollary 3.2 ensures that this Markov solution has a unique invariant measure $\mu_\ast$. Moreover, from the proposition above, the stationary solution $P_\ast = \int P_x \mu_\ast(dx)$ is the unique sequential maximiser of the sequence.
(J_n)_{n \in \mathbb{N}} on \mathcal{C}(\mu_x). This justifies, in analogy with the definition of (4.2) and (4.3), the definition of the following set,

\begin{equation}
\mathcal{I}_e = \left\{ \mu : \text{solution obtained by the maximisation procedure for some sequence } (\lambda_n, f_n)_{n \in \mathbb{N}} \right\},
\end{equation}

and obviously \( \mathcal{I}_e \subset \mathcal{I}_m \subset \mathcal{I} \).

**Proposition 4.4.** If \( \mu_x \in \mathcal{I}_e \), then the stationary solution \( P^*_x \) associated to \( \mu_x \) is the unique stationary measure in \( \mathcal{C}(\mu_x) \).

**Proof.** Since \( \mu_x \in \mathcal{I}_e \), by definition there is a sequence \((\lambda_n, f_n)_{n \in \mathbb{N}}\) dense in \([0, \infty) \times C_b(D(A)^\prime)\) such that \( P^*_x \) maximises functionals \( J_n = J_{\lambda_n, f_n} \) (one after the other, as explained in Proposition 4.3). Now, if \( \widetilde{P} \in \mathcal{C}(\mu_x) \) is a stationary solution, then

\[
J_n(\widetilde{P}) = \mathbb{E}^{\widetilde{P}} \int_0^\infty e^{-\lambda_n t} f_n(\xi_t) \, dt = \left( \int f_n(x) \mu_x(dx) \right) \int_0^\infty e^{-\lambda_n t} \, dt
\]

and so \( J_n(\widetilde{P}) = J_n(P^*_x) \) for all \( n \). By Proposition 4.3, it follows that \( \widetilde{P} = P^*_x \). □

If we consider now Markov solutions as those obtained for the Navier-Stokes equations, namely each of them is strong Feller and irreducible on \( \mathcal{W}_{\alpha_0} \), the previous result gives immediately a criterion for well-posedness. In few words, uniqueness of the invariant measures among Markov solutions is equivalent to well-posedness of the martingale problem.

**Corollary 4.5.** Assume that every Markov selection is \( \mathcal{W}_{\alpha_0} \)-strong Feller and fully supported on \( \mathcal{W}_{\alpha_0} \). If \((P_x)_{x \in H}\) and \((P'_x)_{x \in H}\) are two Markov selections, with \((P_x)_{x \in H}\) coming from a maximisation procedure, and they have the same invariant measure, then they coincide on \( \mathcal{W}_{\alpha_0} \).

**Proof.** Let \( P_x \) and \( P'_x \) be the stationary solutions associated to the two selections. If the two selections have the same invariant measure, it follows from the previous theorem that they have the same stationary solution, that is \( P_x = P'_x \). It follows from this that their conditional probability distributions at time 0 coincide,

\[
P_x = P'_x \quad \mu_x - \text{almost surely.}
\]

By \( \mathcal{W}_{\alpha_0} \)-strong Feller regularity and irreducibility they coincide on every \( x \in \mathcal{W}_{\alpha_0} \). □

We summarise the result in the following theorem. It follows easily from the previous corollary and from the fact that well-posedness of the martingale problem is equivalent to uniqueness of Markov selections (see Theorem 12.2.4 of Stroock & Varadhan [21]).
Theorem 4.6. Under [A4] of Assumption 1.1, assume that the set \( \mathcal{I} \) defined in (4.4) contains only one invariant measure. Then the martingale problem associated to the Navier-Stokes equations (1.2) is well-posed on \( w_{h_0} \) (and hence on \( \nu_0 \)), for all \( \nu_0 > 0 \).

Proof. We only have to prove that, given two Markov solutions \( (P_x)_{x \in H} \) and \( (P_x')_{x \in H} \), for every \( \nu \in \nu_{\nu_0} \) we have \( P_x = P'_x \). This statement holds for \( x \in \nu_{\nu_0} \) by the previous corollary. Fix \( \nu_0 > 0 \) and \( x \in \nu_{\nu_0} \). Choose \( R >> |x|^2 \), then, for every bounded continuous \( \phi \), by the Markov property,

\[
P_t \phi(x) = \mathbb{E}^{P_x} [P_{t-\delta} \phi(\xi_{t-\delta})1_{\{\tau(\xi, R) > \delta\}}] + \mathbb{E}^{P_{x'}} [P_{t-\delta} \phi(\xi_{t-\delta})1_{\{\tau(\xi, R) > \delta\}}]
\]

where \( \phi \) is the transition semigroup of \( (P_x)_{x \in H} \). The first term on the right-hand side is independent of the selection, by the weak-strong uniqueness of Theorem A.1, hence

\[
P_t \phi(x) - P'_t \phi(x) = \mathbb{E}^{P_x} [P_{t-\delta} \phi(\xi_{t-\delta})1_{\{\tau(\xi, R) > \delta\}}] + \mathbb{E}^{P_{x'}} [P_{t-\delta} \phi(\xi_{t-\delta})1_{\{\tau(\xi, R) > \delta\}}]
\]

and, by the blow-up estimate of Theorem A.1, as \( \delta \to 0 \), we get \( P_t \phi(x) = P'_t \phi(x) \) for all \( \phi \) and all \( t \). \( \square \)

4.2. Translations-invariance and other symmetries. In the analysis of homogeneous isotropic turbulence, for which equations (1.1) can be considered a model, it is interesting to consider equilibrium states invariant with respect to several symmetries (see for example Frisch [15]).

Here we are interested in solutions which are translations-invariant (in the physical space). For every \( a \in \mathbb{R}^3 \), define on \( \mathcal{D}^\infty \) the map \( m_a : \mathcal{D}^\infty \to \mathcal{D}^\infty \) as

\[
m_a(\phi)(x) = \phi(a + x), \quad x \in \mathbb{R}^3
\]

for any \( \phi \in \mathcal{D}^\infty \). The map obviously extends to \( H \) and \( D(A^\alpha) \) for each \( \alpha \). By composition, it extends to continuous functions on \( H \) (or \( D(A^\alpha) \) for every \( \alpha \)) and, by duality, to probability measures on \( H \). It also extends to \( \Omega \) as

\[
m_a(\omega)(t) = m_a(\omega(t)), \quad t \geq 0, \ \omega \in \Omega,
\]

and, by duality, to probability measures on \( \Omega \).

A function (or a measure) is translations-invariant if it is invariant under the action of \( (m_a)_{a \in \mathbb{R}^3} \). The Navier-Stokes equations are translations-invariant, so equation (1.2) is translations-invariant only if such is the noise. The driving noise is translations-invariant if and only if the covariance \( \mathcal{Q} \) commutes with all \( m_a \). It is easy to verify that this is equivalent to have homogeneous noise which, in turns, is equivalent to have that \( \mathcal{Q} \) and \( A \) commute. So, easy examples of homogeneous noise compatible with the properties of Assumption 1.1 are \( \mathcal{Q} = A^{-\frac{3}{2}}m_{-a_0} \) for any \( a_0 \) in the correct range.

Proposition 4.7. Assume that \( \mathcal{Q} \) and \( A \) commute. Then the following properties hold true.
1. For every $a \in \mathbb{R}^3$, $m_a$ is a one-to-one map on $I$, on $I_m$ and on $I_e$.

2. There is at least one translations-invariant measure in $I$.

Proof. We first show that if $P$ is the law of a solution to equations (1.2), then $m_aP$ is also a solution for every $a \in \mathbb{R}^3$. Since for every $a \in \mathbb{R}^3$ the map $m_a$ is an isometry on $H$, the image of a cylindrical Wiener process on $H$ is again a cylindrical Wiener process. The assumption on $Q$ ensures now that the noise term is translations-invariant and so it is easy to check that all requirements of either Definition 2.4 or of any definition of solutions for the stochastic PDE (1.1) available in the literature (see for example Flandoli & Gatarek [9], we refer also to [20] as regarding stationary solutions) are verified.

In particular, if $P$ is stationary, then $m_aP$ is again stationary and so $m_a$ is a one-to-one map on $I$. Moreover, since $I$ is closed and convex (see Remark 4.2), it follows that there exists a translations-invariant measure. Indeed, given $\mu \in I$, there is a stationary solution $P_{\mu}$ whose marginal is $\mu$. Now, the probability measure

$$\tilde{P} = \frac{1}{|T^3|} \int_{T^3} m_aP_{\mu} da$$

is again a stationary solution and its marginal is translations-invariant, as $m_{a+2\pi k} = m_a$ for every $k \in \mathbb{Z}^3$.

We next prove that $m_a$ maps $I_m$ one-to-one. Let $\mu_x \in I_m$ and consider a Markov solution $(P_x)_{x \in H}$ having $\mu_x$ as one of its invariant measures. Fix $a \in \mathbb{R}^3$ and set $Q_x = m_a(P_{m_{-a}(x)})$. It is easy to verify that $(Q_x)_{x \in H}$ is another Markov solution, since

$$Q_x|_{\mathcal{G}_t} = m_a(P_{m_{-a}(x)}|_{\mathcal{G}_t}) = m_a(P_{m_{-a}(\omega(t))}) \quad P_{m_{-a}(x)} - a.s.$$ 

Moreover, $m_a(\mu)$ is an invariant measure of $(Q_x)_{x \in H}$.

Finally, in order to show that $m_a$ maps $I_e$ one-to-one, we only need to find a maximising sequence for the solution $(Q_x)_{x \in H}$ defined above. Let $(\lambda_n, f_n)_{n \in \mathbb{N}}$ be a maximising sequence for $(P_x)_{x \in H}$, then $(\lambda_n, f_n \circ m_{-a})_{n \in \mathbb{N}}$ is a maximising sequence for $(Q_x)_{x \in H}$. □

We stress that in the proposition above existence of a translations invariant equilibrium measure is granted in $I$, but we do not know if such a measure belongs to $I_m$.

Notice finally that if problem (1.2) is well-posed, it follows easily that the unique invariant measure must be translations-invariant.

Similar conclusions can be found for other symmetries of the torus, such as isotropy (invariance with respect to rotations, see for example [10] where such symmetries are discussed in view of a connections between homogeneous turbulence and equations (1.1)).
4.3. The balance of energy. In the framework of Markov solutions examined in this paper, the balance of energy corresponds to the a. s. supermartingale property [M3] (and, more generally, of [M4]) of Definition 2.4. As clarified in [12], the two facts

1. the balance holds only for almost every time,
2. the balance is an inequality, rather than an equality,

correspond to a lack of regularity, in time in the first case and in space in the second, of solutions to the equations (1.1). From the point of view of the model, such facts translate to a loss of energy in the balance.

Generally speaking, the problem could be approached by using the Doob-Meyer decomposition (which may hold even in this case, where the energy-balance process \( \mathcal{E}^1 \) is not continuous and the filtration \( \mathcal{F}_t \) for \( t \geq 0 \) does not satisfy the usual conditions, see Dellacherie & Meyer [6]). We shall follow a different approach, due to the lack of regularity of trajectories solutions to the equations. We shall see that the bounded variation term in the decomposition of \( \mathcal{E}^1 \) is a distribution valued process.

Let \( a > 0 \) and define the operator \( L_a = \exp(-aA^1) \). Given a martingale solution \( P_x \) starting at some \( x \in H \), there is a Wiener process \( (W_t)_{t \geq 0} \) such that the canonical process \( \xi \) on \( \Omega \) solves (1.2). The process \( L_a \xi \) under \( P_x \) is regular enough so that we can use the standard stochastic calculus. Given an arbitrary \( \phi \in C_c^\infty(\mathcal{R}) \), with support in \([0, \infty)\), Itô formula gives

\[
\begin{align*}
 d[\phi(t)|L_a\xi|^2_H] &= \phi'(t)|L_a\xi|^2_H + 2\phi(t)\langle L_a\xi, dL_a\xi \rangle_H \\
 &= \phi'(t)|L_a\xi|^2_H - 2\nu\phi(t)|L_a\xi|^2_H - 2\phi(t)\langle L_a\xi, L_aB(\xi, \xi) \rangle_H \\
 &\quad + 2\phi(t)\langle L_2a\xi, Q^{1/2}dW \rangle_H + \phi(t)\sigma_a^2,
\end{align*}
\]

where \( \sigma_a^2 = \text{Tr}[Q L_2a] \), and so, by integrating in time,

\[
2\nu \int \phi(t)|L_a\xi|^2_H dt + 2 \int \phi(t)\langle L_a\xi, L_aB(\xi, \xi) \rangle_H dt = \\
= \int \phi'(t)|L_a\xi|^2_H dt + 2 \int \phi(t)\langle L_2a\xi, Q^{1/2}dW \rangle_H dt + \sigma_a^2 \int \phi(t) dt,
\]

\( P_x \)-a. s. As \( a \downarrow 0 \), the operator \( L_a \) approximates the identity, so that by the regularity of \( \xi \) under \( P_x \),

\[
\begin{align*}
2\nu \int \phi(t)|L_a\xi|^2_H dt &\longrightarrow 2\nu \int \phi(t)|\xi|^2_H dt, \\
\int \phi'(t)|L_a\xi|^2_H dt &\longrightarrow \int \phi'(t)|\xi|^2_H dt, \\
2 \int \phi(t)\langle L_2a\xi, Q^{1/2}dW \rangle_H dt &\longrightarrow 2 \int \phi(t)\langle \xi, Q^{1/2}dW \rangle_H dt, \\
\sigma_a^2 \int \phi(t) dt &\longrightarrow \sigma^2 \int \phi(t) dt,
\end{align*}
\]
$P_x$-a. s. and in $L^1(\Omega)$, where $\sigma^2 = \text{Tr}[\mathcal{Q}]$. In conclusion, the limit

\begin{equation}
\int J_t(\xi) \varphi(t) \, dt := \lim_{a \to 0} \int_0^\infty \varphi(t) \langle L_a \xi_t, L_a B(\xi_t, \xi_t) \rangle \, dt \tag{4.5}
\end{equation}

exists $P_x$-a. s. and in $L^1(\Omega)$, and defines a distributions-valued random variable. Moreover, $J_t(\xi)$ depends only on $\xi$ (that is, on $P_x$) and not on the approximation operators $(L_a)_{a > 0}$ used. We finally have

\begin{equation}
2\nu \int \varphi(t) |\xi_t|^2 \, dt + 2 \int \varphi(t) J_t(\xi) \, dt = \int \varphi'(t) |\xi_t|_H^2 \, dt + 2 \int \varphi(t) \langle \xi_t, Q_t \frac{1}{2} \, dW \rangle_H \, dt + \sigma^2 \int \varphi(t) \, dt, \tag{4.6}
\end{equation}

The previous computations and Lemma 2.3 provide finally the following result. In few words, the next theorem states that the term $J_t(\xi)$ plays the role of the increasing process in the Doob-Meyer decomposition of the a. s. super-martingale $(\tilde{\xi}_t^1)_{t \geq 0}$ (defined by property [M3] of Definition 2.4).

**Theorem 4.8.** Given a martingale solution $P_x$, there exists a distribution-valued random variable $J_t(\xi)$, defined by (4.5), such that the (distribution-valued) process $\tilde{\xi}_t^1 + 2E^P_x[\int J_t(\xi) \, d\mathcal{B}_t]$ is a distribution-valued martingale, that is for every $s \geq 0$ and every $\varphi \in C_c(\mathbb{R})$ with $\text{Supp} \varphi \subset [s, \infty)$,

\[ E^P_x\left[ \int \varphi'(t)(\tilde{\xi}_t^1 + 2E^P_x[\int J_t(\xi) \, d\mathcal{B}_t]) \, dt \bigg| \mathcal{B}_s \right] = 0. \]

Moreover, $J_t(\xi)$ is a positive distribution, in the sense that for every $\varphi \in C_c(\mathbb{R})$ with $\varphi \geq 0$ and $\text{Supp} \varphi \subset [s, \infty)$,

\begin{equation}
E^P_x\left[ \int \varphi(r) J_r(\xi) \, dr \bigg| \mathcal{B}_s \right] \geq 0. \tag{4.7}
\end{equation}

**Proof.** The first part of the theorem follows easily, since

\[ \int \varphi'(t) \xi_t^1 \, dt = \int \varphi'(t) \left( |\xi_t|^2_H + 2\nu \int_0^t |\xi_r|^2_H \, dt - \sigma^2 t \right) \, dt \]

\[ = \int \varphi'(t) |\xi_t|^2_H \, dt - 2\nu \int \varphi(t) |\xi_t|^2_H \, dt + \sigma^2 \int \varphi(t) \, dt, \]

and so, using the above computation and formula (4.6), we get the conclusion. The second part is a consequence of the first part (the martingale property) and the fact that $(\tilde{\xi}_t^1)_{t \geq 0}$ is a distribution-valued super-martingale. \hfill \Box

**Remark 4.9.** The Itô formula applied to $\varphi(t)|L_a \xi_t|^2_H$ provides an analysis of the a. s. super-martingale $\xi^n$, defined in property [M4] of Definition 2.4, similar to that developed above for $\xi^1$ and $J_t(\xi)$.

**Remark 4.10.** Duchon & Robert [7] show that the energy equality holds for suitable weak solutions to the deterministic Navier-Stokes equations if one takes into account the additional term $\mathcal{D}$, a distribution in space and time, obtained by means of the limit of space-time regularisations. Their
computations in our setting would lead to a random distribution $\mathcal{D}(\xi)(t,x)$ in space and time and

$$J(\xi)(t) = \langle \mathcal{D}(\xi), 1 \rangle_{T^3} = \int_{T^3} \mathcal{D}(\xi)(t,x) \, dx.$$ 

This is only formal because in principle our solutions are not suitable (see [20] for existence of suitable solutions in the stochastic setting).

Moreover, they relate the quantity $\mathcal{D}$ to the four-fifth law in turbulence theory (see for instance Frisch [15]).

4.3.1. The mean rate of inertial energy dissipation. Consider a Markov solution $(P_x)_{x \in H}$ and let $\mu_*$ be its unique invariant measure. Define the mean rate of energy dissipation as

$$\varepsilon(\mu_*) := \mathbb{E}^{\mu_*}[|x|^2_v].$$

We know that $2\nu \varepsilon(\mu_*) \leq \sigma^2$. We can as well consider the expectation with respect to the stationary solution $P_{\mu_*}$ of the distribution $J$ defined in the previous section. As $\mu_*$ is an invariant measure, the distribution $\varphi \rightarrow \mathbb{E}^{\mu_*}[\langle J(\xi), \varphi \rangle]$ is invariant with respect to time-shifts. Hence there is a constant $\iota(\mu_*)$, that we call mean rate of inertial energy dissipation, such that

$$\mathbb{E}^{\mu_*}[\int J(t) \varphi(t) \, dt] = \iota(\mu_*) \int_0^\infty \varphi(x) \, dx.$$ 

We notice that, as a consequence of (4.7),

$$0 \leq \iota(\mu_*).$$

By taking the expectation in the balance of energy given in (4.6), we finally obtain the following energy equality,

$$\nu \varepsilon(\mu_*) + \iota(\mu_*) = \frac{1}{2} \sigma^2. \quad (4.8)$$

The quantity $\iota(\mu_*)$ can be given as the expectation of (4.5). Notice that in this case the expectation in $\mu_*$ and the limit in (4.5) commute.

We give a different formulation of $\iota(\mu_*)$ in terms of Fourier modes. As the definition of $J$ (and hence of $\iota$) is independent of the approximation (as long as the approximating quantities are regular enough, so that all the computations are correct), we use a ultraviolet cut-off in the Fourier space. For every threshold $K$, define the projection $P^l_K$ of $H$ onto low modes as

$$P^l_K x = \sum_{|k|_\infty \leq N} x_k e^{ik \cdot x}, \quad \text{for } x = \sum_{k \in \mathbb{Z}^3} x_k e^{ik \cdot x},$$

and the projection onto high modes $P^h_K = I - P^l_K$. Applying Itô formula on $\varphi(t)|P^l_K \xi|^2$ as in the previous section, taking the expectation with respect to $P_{\mu_*}$ and then getting the limit as $K \uparrow \infty$ yields the following representation formula for $\iota(\mu_*)$,

$$\iota(\mu_*) = \lim_{K \uparrow \infty} \mathbb{E}^{\mu_*}[\langle P^l_K x, P^l_K B(x,x) \rangle].$$
Since \( x = \mathbb{P}_{K}^{l} x + \mathbb{P}_{K}^{h} x \),
\[
\langle \mathbb{P}_{K}^{l} x, \mathbb{P}_{K}^{l} B(x, x) \rangle = \langle \mathbb{P}_{K}^{l} x, B(x, \mathbb{P}_{K}^{l} x) \rangle = \langle \mathbb{P}_{K}^{l} x, B(x, \mathbb{P}_{K}^{h} x) \rangle
\]
as \( \langle \mathbb{P}_{K}^{l} x, B(x, \mathbb{P}_{K}^{l} x) \rangle \) is the sum of a finite number of terms (so we can use the anti-symmetric property of the non-linear term without convergence issues). In conclusion,
\[
(4.9) \quad t(\mu_{*}) = \lim_{K \to \infty} \mathbb{E}^{\mu_{*}} \left[ \langle \mathbb{P}_{K}^{l} x, B(x, \mathbb{P}_{K}^{h} x) \rangle \right] = \lim_{K \to \infty} \mathbb{E}^{\mu_{*}} \left[ \sum_{l + m = k, |k| \leq K, |m| > K} (x_{m} \cdot \bar{x}) (m \cdot x_{l}) \right]
\]
Following Frisch [15, Section 6.2], the last term we have obtained in the formula above is the energy flux through wave-number \( K \) and represents then energy transferred form the scales up to \( K \) to smaller scales.

From the previous section we know that \( t(\mu_{*}) \geq 0 \), this is a consequence of property [M3] of Definition 2.4. From a mathematical point of view, existence of invariant measures with \( t(\mu_{*}) > 0 \) would be an evidence for loss of regularity and, in turn, for blow-up. From a physical point of view, the energy flux through wave-numbers should converge to zero – hence, again we would expect \( t(\mu_{*}) = 0 – \) as the energy should flow through modes essentially only in the inertial range (we refer again to Frisch [15]).

**Proposition 4.11.** We have

1. the map \( \mu_{*} \mapsto \varepsilon(\mu_{*}) \) has a smallest element in \( \mathcal{I} \) (solution of largest mean inertial dissipation),
2. if
\[
\lim_{\mathcal{I} \to \mu, \mu_{m}} \sup_{R \to \infty} \mathbb{E}^{\mu} \left[ |x|_{V}^{2} I_{\{R \leq |x|_{V} \}} \right] = 0,
\]
then there is \( \mu_{*} \in \mathcal{I} \) such that \( \varepsilon(\mu_{*}) = \inf_{\mu \in \mathcal{I}} \varepsilon(\mu_{*}) \) (solution of smallest mean inertial dissipation).

**Proof.** The first part follows easily as \( \mathcal{I} \) is compact (see Remark 4.2) and \( \mu \to \varepsilon(\mu) \) is lower semi-continuous for the topology with respect to which \( \mathcal{I} \) is compact. As it regards the second part, we know by Corollary 3.2 that \( \mathcal{I}_{m} \) is relatively compact on \( C_{b}(V) \). Hence, if \( M \) is the largest value attained by \( \varepsilon \) on \( \mathcal{I}_{m} \) and \( (\mu_{n})_{n \in \mathbb{N}} \) is a maximising sequence, say \( \varepsilon(\mu_{n}) \geq M - \frac{1}{n} \), by compactness there is \( \mu_{*} \) such that, up to a sub-sequence, \( \mu_{n} \to \mu_{*} \). Now
\[
\varepsilon_{R}(\mu_{n}) = \mathbb{E}^{\mu_{n}} \left[ |x|_{V}^{2} I_{\{R \leq |x|_{V} \}} \right] + R \mu_{n} \left[ |x|_{V}^{2} R \right] \\
\geq M - \frac{1}{n} - \sup_{\mu \in \mathcal{I}} \mathbb{E}^{\mu} \left[ |x|_{V}^{2} - R \right] I_{\{R \leq |x|_{V} \}} ,
\]
where \( \varepsilon_{R}(\mu) = \mathbb{E}^{\mu} \left[ |x|_{V}^{2} \wedge R \right]. \) As \( n \to \infty \), by continuity \( \varepsilon_{R}(\mu_{n}) \to \varepsilon_{R}(\mu_{*}) \), so
\[
\varepsilon(\mu_{*}) \geq \varepsilon_{R}(\mu_{*}) \geq M - \sup_{\mu \in \mathcal{I}} \int |x|_{V}^{2} I_{\{R \leq |x|_{V} \}} \mu(dx).
\]
As $R \to \infty$, it follows that $\varepsilon(\mu_\infty) \geq M$, hence $\varepsilon(\mu_\infty) = M$. \hfill \Box

We have not been able yet to prove the condition given in item (2) of previous proposition.

We also remark that such measures of largest and smallest mean inertial dissipation may not be unique, as both functionals $\varepsilon(\cdot)$ and $\iota(\cdot)$ are translations-invariant (see Section 4.2).

APPENDIX A. ANALYSIS OF THE MILDLY REGULAR APPROXIMATED PROBLEM

Let $R \geq 1$ and let $\chi_R : [0, \infty) \to [0, 1]$ be a non-increasing $C^\infty$ function such that $\chi_R \equiv 1$ on $[0, \frac{3}{2}R]$, $\chi_R \equiv 0$ on $[2R, \infty)$ and there is $c > 0$ such that $|\chi'_R| \leq \frac{c}{R}$ (see the picture).

![Figure 1. The cut-off function $\chi_R$](image)

Given a value $\varepsilon_0 \in (0, \frac{1}{4}]$, we consider the following problem in $\Psi_{\varepsilon_0}$,

\begin{equation}
\begin{aligned}
\begin{cases}
d\overline{u}(\varepsilon_0, R) + vA\overline{u}(\varepsilon_0, R) + \chi_R(\overline{u}(\varepsilon_0, R))^2)B(\overline{u}(\varepsilon_0, R), \overline{u}(\varepsilon_0, R)) = Q\frac{1}{2}dW, \\
\text{div}\overline{u}(\varepsilon_0, R) = 0.
\end{cases}
\end{aligned}
\end{equation}

Let $\tau(\varepsilon_0, R) : \Omega \to [0, \infty)$ be defined as

$$
\tau(\varepsilon_0, R)(\omega) = \inf\{t \geq 0 : |\omega(t)|_{\Psi_{\varepsilon_0}}^2 \geq \frac{3}{2}R\}
$$

(and $\tau(\varepsilon_0, R)(\omega) = \infty$ if the above set is empty). The main aim of this section is to analyse the solutions to the above problems and their connections to the original Navier-Stokes equations (1.2).

Before turning to the results on the regularised problem (A.1), we remark that in the proof of all results of this section we shall use the splitting $\overline{u}(\varepsilon_0, R) = \overline{v}(\varepsilon_0, R) + z$, where $z$ solves the following linear Stokes problem

\begin{equation}
\begin{aligned}
\begin{cases}
dz + Azdt = Q\frac{1}{2}dW, \\
z(0) = 0,
\end{cases}
\end{aligned}
\end{equation}

and so $\overline{v}(\varepsilon_0, R)$ solves the following equation with random coefficients

\begin{equation}
\begin{aligned}
\frac{d}{dt}\overline{v}(\varepsilon_0, R) + vA\overline{v}(\varepsilon_0, R) + \chi_R(\overline{u}(\varepsilon_0, R))^2)B(\overline{u}(\varepsilon_0, R), \overline{u}(\varepsilon_0, R)) = 0.
\end{aligned}
\end{equation}
A.1. The weak-strong uniqueness principle. We first extend the weak-strong uniqueness principle stated in [12, Theorem 5.4] to the above problem (A.1). This is the content of the following result.

**Theorem A.1.** Assume condition [A2] of Assumption 1.1 and let \( \varepsilon_0 \in (0, \frac{1}{3}] \) with \( \varepsilon_0 < 2\alpha_0 \). Then, for every \( x \in \mathcal{V}'_{\varepsilon_0} \) equation (A.1) has a unique martingale solution \( P_{x}^{(\varepsilon_0, R)} \), with

\[
P_{x}^{(\varepsilon_0, R)}[\mathcal{C}([0, \infty); \mathcal{V}'_{\varepsilon_0})] = 1.
\]

Moreover, the following statements hold.

1. (weak-strong uniqueness) On the interval \([0, \tau^{(\varepsilon_0, R)}] \), the probability measure \( P_{x}^{(\varepsilon_0, R)} \) coincides with any martingale solution \( P_{x} \) of the original stochastic Navier-Stokes equations (1.2), namely

\[
\mathbb{E}_{P_{x}^{(\varepsilon_0, R)}}[\varphi(\xi_{t})1_{\{\tau^{(\varepsilon_0, R)} \geq t\}}] = \mathbb{E}_{P_{x}}[\varphi(\xi_{t})1_{\{\tau^{(\varepsilon_0, R)} \geq t\}}]
\]

for every \( t \geq 0 \) and every bounded measurable \( \varphi : H \rightarrow \mathbb{R} \).

2. (blow-up estimate) There are \( c_0 > 0 \), \( c_1 > 0 \) and \( c_2 > 0 \), depending only on \( \varepsilon_0 \), such that for every \( x \in \mathcal{V}'_{\varepsilon_0} \) with \( |x|^{2}_{\mathcal{V}'_{\varepsilon_0}} \leq \frac{R}{2} \),

\[
P_{x}^{(\varepsilon_0, R)}[\tau^{(\varepsilon_0, R)} \leq \delta] \leq c_1 e^{-c_2 \frac{R^2}{\delta}}
\]

for every \( \delta \leq c_0 R^{-\frac{1}{2\alpha_0}} \).

**Proof.** The proof is developed in four steps, which are contained in the following subsections. More precisely, in the first step we prove existence of solutions for problem (A.1), while in the second step we prove uniqueness. The weak-strong uniqueness principle is then proved in the third step and the blow-up estimate (A.5) is given in the fourth step.

**Step 1: Existence.** We only show the key estimate for existence. Let \( z \) be the solution to the linear Stokes problem (A.2) and consider \( \tilde{v}^{(\varepsilon_0, R)} \) as above. The usual energy estimate provides (here we use \( \tilde{u} = \tilde{u}^{(\varepsilon_0, R)} \) and \( \tilde{v} = \tilde{v}^{(\varepsilon_0, R)} \) for brevity)

\[
\frac{d}{dt} |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} + 2\mathcal{V} |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} \leq 2\mathcal{X}_{K}(|\tilde{u}|^{2}_{\mathcal{V}'_{\varepsilon_0}}) \langle A^{\varepsilon_0}B(\tilde{u}, \tilde{u}), A^{\frac{1}{2}+\varepsilon_0} \tilde{v} \rangle_{H}
\]

\[
\leq c\mathcal{X}_{K}(|\tilde{u}|^{2}_{\mathcal{V}'_{\varepsilon_0}}) |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} + c(|A^{\varepsilon_0}z|^{2} + |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} + |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} + |\tilde{v}|^{2}_{\mathcal{V}'_{\varepsilon_0}} + R^{1+\frac{1}{2\alpha_0}})
\]

(A.6)

where we have used interpolation inequalities and Lemma 2.2, with \( \alpha = \varepsilon_0 \). Notice that, by the choice of \( \varepsilon_0 \) with respect to \( \alpha_0 \), \( |A^{\varepsilon_0}z|^{2}_{H} \) has exponential moments.

In order to show (A.4), we show an a-priori estimate for the derivative in time \( \frac{d}{dt} \tilde{v}^{(\varepsilon_0, R)} \) in \( L^{2}(0, T; D(A^{-\frac{1}{2}+\varepsilon_0})) \), for all \( T > 0 \). The continuity of
\( \tilde{u}(e_0, R) \) then follows from this fact and continuity of \( z \). The a-priori estimate follows by multiplying the equations by \( \frac{\nu}{A} A^{\frac{1}{4} - \frac{1}{4} R} \tilde{v} \),

\[
|A^{\frac{1}{2} - \frac{1}{4} R}|^2 + \frac{\nu}{2} \frac{d}{dt} |\tilde{v}|_{V_0}^2 \leq \chi_R (|\tilde{u}|_{V_0}^2) \langle \langle A^{\frac{1}{4} - \frac{1}{4} R} B(\tilde{u}, \tilde{u}), A^{\frac{1}{4} - \frac{1}{4} R} \rangle \rangle_H
\]

\[
\leq \frac{1}{2} |A^{\frac{1}{2} - \frac{1}{4} R}|^2 + c_4 \left( |A^{\theta(\epsilon_0)} z|^4 + R^{1 + 2\epsilon_0} \|\tilde{v}\|_{V_0}^{2 - 4\epsilon_0} \right),
\]

where we have used the same estimates as in (A.6) (and again \( \tilde{u} = \tilde{u}(e_0, R) \) and \( \tilde{v} = \tilde{v}(e_0, R) \) for brevity).

**Step 2: Uniqueness.** Let \( \tilde{u}_1, \tilde{u}_2 \) be two solutions of (A.1) starting at the same initial condition and set \( w = \tilde{u}_1 - \tilde{u}_2 \). The new process \( w \) solves the following equation with random coefficients,

\[
\dot{w} + vA \dot{w} = \chi_R (|\tilde{u}_2|_{V_0}^2) B(\tilde{u}_2, \tilde{u}_2) - \chi_R (|\tilde{u}_1|_{V_0}^2) B(\tilde{u}_1, \tilde{u}_1)
= \left[ \chi_R (|\tilde{u}_2|_{V_0}^2) - \chi_R (|\tilde{u}_1|_{V_0}^2) \right] B(\tilde{u}_1, \tilde{u}_2) + \chi_R (|\tilde{u}_2|_{V_0}^2) B(w, \tilde{u}_2)
+ \chi_R (|\tilde{u}_1|_{V_0}^2) B(\tilde{u}_1, w)
\]

and so

\[
\frac{d}{dt} |w|_H^2 + 2v |w|_V^2 = 2 \left( \chi_R (|\tilde{u}_2|_{V_0}^2) - \chi_R (|\tilde{u}_1|_{V_0}^2) \right) \langle w, B(\tilde{u}_1, \tilde{u}_2) \rangle_H
+ 2 \chi_R (|\tilde{u}_2|_{V_0}^2) \langle w, B(w, \tilde{u}_2) \rangle_H
= [1] + [2].
\]

Next, we estimate the two terms. In order to estimate the first term, we first remark that

\[
|\chi_R (|\tilde{u}_2|_{V_0}^2) - \chi_R (|\tilde{u}_1|_{V_0}^2)| \leq \frac{c}{\sqrt{R}} |w|_{V_0} \left[ 1_{|0, 2R|} (|\tilde{u}_1|_{V_0}^2) + 1_{|0, 2R|} (|\tilde{u}_2|_{V_0}^2) \right].
\]

By using the above inequality, Lemma 2.1 (with \( \alpha_1 = \frac{1}{2} - \epsilon_0, \alpha_2 = 0 \) and \( \alpha_3 = \frac{1}{4} + \epsilon_0 \)) and interpolation and Young’s inequalities, we get\(^3\)

\[
[1] \leq |\chi_R (|\tilde{u}_2|_{V_0}^2) - \chi_R (|\tilde{u}_1|_{V_0}^2)| \langle B(\tilde{u}_1, w), \tilde{u}_2 \rangle_H
\leq \frac{c}{\sqrt{R}} \sqrt{2R} |w|_{V_0} |w|_V (|A^{\frac{1}{2} - \epsilon_0} \tilde{u}_1|_H + |A^{\frac{1}{2} - \epsilon_0} \tilde{u}_2|_H)
\leq c |w|_H^{\frac{1}{2} - 2\epsilon_0} |w|_V^{\frac{1}{2} + 2\epsilon_0} (|A^{\frac{1}{2} - \epsilon_0} \tilde{u}_1|_H + |A^{\frac{1}{2} - \epsilon_0} \tilde{u}_2|_H)
\leq \frac{v}{2} |w|^2 + c |w|^2_H (|A^{\frac{1}{2} - \epsilon_0} \tilde{u}_1|_H + |A^{\frac{1}{2} - \epsilon_0} \tilde{u}_2|_H)^{\frac{4}{1 - 4\epsilon_0}}
\]

\(^3\)The inequality has to be slightly modified if \( \epsilon_0 = \frac{1}{4} \). In such a case we use Lemma 2.1 with \( \alpha_1 = \frac{1}{2}, \alpha_2 = 0, \alpha_3 = \frac{1}{4} \),

\[
|\langle B(\tilde{u}_1, \tilde{u}_2), w \rangle_H| \leq c |A^{\frac{1}{2}} w|_H |\tilde{u}_1|_V |\tilde{u}_2|_V.
\]
For the second term, we use Lemma 2.1 with $\alpha_1 = \frac{1}{3} + \varepsilon_0$, $\alpha_2 = 0$ and $\alpha_3 = \frac{1}{2} - \varepsilon_0$, and interpolation and Young’s inequalities,

$$2 = 2\chi_{\mathcal{R}}(\hat{\mu}_2^2(\hat{\nu})_{\varepsilon_0}) + \langle \hat{\tau}, B(w, w) \rangle_H$$

$$\leq 2c\chi_{\mathcal{R}}(\hat{\mu}_2^2(\hat{\nu})_{\varepsilon_0}) |\hat{\mu}_2(\hat{\nu})_{\varepsilon_0}| w |A^{\frac{1}{2} - \varepsilon_0} w|_H$$

(A.7)

$$\leq 2cR |w|_{H}^{2\varepsilon_0}|w|_{V}(1 - \varepsilon_0)$$

$$\leq \frac{1}{2}|w|^2_v + cR^\frac{1}{\varepsilon_0}|w|^2_{H}.$$

Finally, Gronwall’s lemma implies that $w \equiv 0$, since $w(0) = 0$.

**Step 3:** Weak-strong uniqueness The proof works exactly as in [12, Theorem 5.12], we give a short account for the sake of completeness. The proof is developed in the following steps.

1. The energy balance of $\hat{w} = \hat{u}^{(\varepsilon_0)} - \xi$, given by

$$\tilde{\theta}_t = |\hat{w}(t)|^2_H + 2\nu \int_0^t |\hat{w}(s)|^2_v \, ds +$$

$$+ 2 \int_0^t \left( \chi_{\mathcal{R}}(\hat{u}^{(\varepsilon_0)} |\hat{w}|_{V}^{2} B(\hat{u}^{(\varepsilon_0)}, \hat{u}^{(\varepsilon_0)}) - B(\xi, \xi), \hat{w})_{H} \right) ds$$

is an a. s. super-martingale under $P_x$.

2. $\tau^{(\varepsilon_0)}$ is a stopping time with respect to the filtration $(\mathcal{F}_t)_{t \geq 0}$.

3. The stopped process $(\hat{\theta}^{\tau^{(\varepsilon_0)}})_{t \geq 0}$ is again an a. s. super-martingale.

4. The previous step implies the conclusion.

All the above steps can be carried out exactly as in the proof of Theorem 5.12 of [12] (the key point is that $\hat{u}^{(\varepsilon_0)}$ is continuous in time with values in $\mathcal{V}_{\varepsilon_0}$ with probability one). The only difference is in the last step, where the estimate of the non-linearity needs to be replaced by the following estimate,

$$\langle \hat{w}, B(u^{(\varepsilon_0), R}, u^{(\varepsilon_0), R}) - B(\xi, \xi), \hat{w} \rangle_H = - (\hat{u}^{(\varepsilon_0),R}, B(\hat{w}, \hat{w} ))_{H}.$$

Finally, the above estimate can be obtained as in (A.7).

**Step 4:** The blow-up estimate Fix $x \in \mathcal{V}_{\varepsilon_0}$ with $|x|^2_{\mathcal{V}_{\varepsilon_0}} \leq \frac{\varepsilon}{2}$ and $\delta > 0$. Set

$$\Theta_\delta = \sup_{t \in [0, \delta]} |A^0(\nu_0)|^2,$$

then, by slightly modifying inequality (A.6), we get

$$\frac{\partial}{\partial t} |\check{\nu}^{(\varepsilon_0)}|^2_{\mathcal{V}_{\varepsilon_0}} \leq c\left( |\check{\nu}^{(\varepsilon_0)}|_{H}^{4} + |\check{\nu}^{(\varepsilon_0)}|^2_{\mathcal{V}_{\varepsilon_0}} \right) \leq c\left( \frac{1}{3} + \Theta_\delta^2 + |\check{\nu}^{(\varepsilon_0)}|^2_{\mathcal{V}_{\varepsilon_0}} \right)^{\frac{2\varepsilon_0 + 1}{2\varepsilon_0}},$$

where $\check{\nu}^{(\varepsilon_0)} = \hat{u}^{(\varepsilon_0), R} - \check{z}$ has been defined in (A.3). Hence, if we set $\phi(t) = \frac{1}{2} + \Theta_\delta^2 + |\check{\nu}^{(\varepsilon_0)}|^2_{\mathcal{V}_{\varepsilon_0}}$, we end up with a differential inequality that, once solved, gives

$$\phi(t) \leq \phi(0) \left( 1 - c\delta^2 \phi(0)^{\frac{1}{2\varepsilon_0}} \right)^{-2\varepsilon_0}.$$

From this, it is easy to show that there is a suitable constant $c_0 = c_0(\varepsilon_0) > 0$ such that $|\hat{u}^{(\varepsilon_0)}(s)|_{\mathcal{V}_{\varepsilon_0}}^2 < \frac{\varepsilon}{2} R$ for every $s \leq \delta$, and $\Theta_\delta \leq \frac{\varepsilon}{2}$ and $\delta \leq c_0 R^{-\frac{1}{3\varepsilon_0}}$. 

In conclusion, if \( \delta \leq c_0 R^{-\frac{1}{2}} \) and \( |x|^2 \theta_{\epsilon_0} \leq \frac{R}{2} \), then
\[
\Theta_{\delta} \leq \frac{R}{2} \quad \implies \quad |\tilde{u}(e_0, R)(t)|^2 \theta_{\epsilon_0} < \frac{3}{2} R \quad \text{for } t \leq \delta \quad \implies \quad \tau_{(e_0, R)} > \delta
\]
and so
\[
P_x(e_0, R)[\Theta_{\delta} \leq \delta] \leq P_x(e_0, R)[\Theta_{\delta} > \frac{R}{2}] \leq c_1 \text{e}^{-c_2 \frac{R^2}{c^2}}
\]
with constants \( c_1 = c_1(e_0) > 0 \) and \( c_2 = c_2(e_0) > 0 \) depending only on \( e_0 \) and the last inequality follows easily as in Proposition 15 of [13] (which in turns is a consequence of Proposition 2.16 of Da Prato & Zabczyk [3]). \( \square \)

A.2. **Moments of norms of stronger regularity.** The proof of the following theorem is based on an inequality taken from Temam [22, Section 4.3, Part I] (see also Odasso [18]).

**Theorem A.2.** Under condition \([a2]\) of Assumption 1.1, for every \( e_0 < 2 \alpha_0 \), there are \( \delta = \delta(e_0, \alpha_0) > 0 \) and \( \gamma = \gamma(e_0, \alpha_0) > 0 \) such that
\[
(A.8) \quad \mathbb{E} \left[ \int_0^t |A^{\delta \tilde{u}(e_0, R)}|^2 \theta_{e_0} ds \right] \leq C[1 + t + |x|^2]_H,
\]
where \( \tilde{u}(e_0, R) \) is the solution to problem (A.1) starting at \( x \in \theta_{e_0} \) and the value of \( C \) is independent of both \( x \) and \( R \).

**Proof.** If \( \alpha_0 \leq \frac{1}{4}, \) we choose \( e_0 < 2 \alpha_0 \) (such condition is useless for all other values of \( \alpha_0 \)). The noise is not regular enough to let us work directly on \( \tilde{u}(e_0, R) \), so we rely, as in the proof of the previous theorem, on \( \tilde{v}(e_0, R) = \tilde{u}(e_0, R) - z \). Let \( p = \frac{1}{2} - e_0 \) (the value of \( p \) could be slightly improved, but it is beyond our needs) and compute
\[
\frac{d}{dt} \left[ (1 + \|	ilde{v}\|_{\theta_{e_0}})^{-p} \right] = 2p \frac{\|	ilde{v}\|_{\theta_{e_0}}^2}{(1 + \|	ilde{v}\|_{\theta_{e_0}})^{p+1}} - 2p \chi_R(\|	ilde{u}\|_{\theta_{e_0}}^2) \frac{\langle A^{\frac{1}{2} + 2e_0 \tilde{v}}, B(\tilde{u}, \tilde{u}) \rangle_H}{(1 + \|	ilde{v}\|_{\theta_{e_0}}^2)^{p+1}},
\]
where we have set \( \tilde{u} = \tilde{u}(e_0, R) \) and \( \tilde{v} = \tilde{v}(e_0, R) \). The non-linear term can be estimated as in (A.6) to get
\[
\langle A^{e_0 + \frac{1}{2}} \tilde{v}, A^{e_0 + \frac{1}{2}} B(\tilde{u}, \tilde{u}) \rangle_H \leq \frac{1}{2} \|	ilde{v}\|_{\theta_{e_0}}^2 + c(\|A^{\theta(e_0)} z\|_H + \|	ilde{v}\|_{\theta_{e_0}}^{2 + \frac{1}{e_0}})
\]
and so
\[
\int_0^t \frac{\|	ilde{v}\|_{\theta_{e_0}}^2}{(1 + \|	ilde{v}\|_{\theta_{e_0}}^2)^{p+1}} ds \leq 1 + c \int_0^t |A^{\theta(e_0)} z|^4 ds + c \int_0^t \|	ilde{v}\|_{\theta_{e_0}}^2 ds.
\]
The term in \( z \) is plain (see for example Da Prato & Zabczyk [3]), while the term in \( \|	ilde{v}\|_{\theta_{e_0}} \) can be estimated by means of the energy inequality \([M3]\) of Definition 2.4. Finally, in order to prove (A.8), we use again the energy balance, since by Young’s inequality
\[
\|	ilde{v}\|_{\theta_{e_0}}^{2\gamma} \leq c \left[ \frac{\|	ilde{v}\|_{\theta_{e_0}}^2}{(1 + \|	ilde{v}\|_{\theta_{e_0}}^2)^{p+1}} + (1 + \|	ilde{v}\|_{\theta_{e_0}}^2) \right]
\]
if \( \gamma \) is chosen properly, depending on \( p \).

Next, if \( \alpha_0 > \frac{1}{4} \), fix \( \alpha \in (\frac{1}{4}, \alpha_0) \) and \( \varepsilon_0 \in (0, \frac{1}{4}] \) and choose \( p > 0 \) (whose value will be fixed in dependence of \( \alpha \)). We apply Itô formula to the function \( (1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H(t))^p \), to get

\[
\frac{1}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^p} \frac{1}{(1 + |\mathcal{A} \tilde{x}|^2_H)^p} = 2p \int_0^t \frac{|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|^2_H}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^{p+1}} ds + 2p \int_0^t \chi_R(|\tilde{u}|_{\mathcal{V}_{\varepsilon_0}}^2) \frac{\langle \mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}, A^{\alpha - \frac{1}{2}} B(\tilde{u}, \tilde{v}) \rangle_H}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^{p+1}} ds
\]

\[
-2p \int_0^t \frac{\langle \mathcal{A}^{\alpha} \tilde{u}, A^{\alpha} Q_{\varepsilon} \sigma ds \rangle_H}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^{p+1}} ds - p \int_0^t \frac{\sigma^2_H}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^{p+1}} ds
\]

\[
+ 2p(p + 1) \int_0^t \frac{|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|^2_H}{(1 + |\mathcal{A}^{\alpha} \tilde{u}|^2_H)^{p+2}} ds,
\]

and we have set again \( \tilde{u} = \tilde{u}^{(\varepsilon_0, R)} \). The non-linear part is estimated with Lemma 2.2, interpolation and Young’s inequalities,

\[
\langle \mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}, A^{\alpha - \frac{1}{2}} B(\tilde{u}, \tilde{v}) \rangle_H \leq C|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|_H|A^{\theta(\alpha - \frac{1}{2})} \tilde{u}|^2_H
\]

\[
\leq C|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|_H|A^{\alpha + \frac{1}{2}} \tilde{u}|^2_H + C|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|^2_H + C|\mathcal{A}^{\alpha + \frac{1}{2}} \tilde{u}|^2_H.
\]

If \( \alpha \leq \frac{1}{2} + \varepsilon_0, \alpha + \frac{1}{2} > \theta(\alpha_0) \) and one already knows that some power of \( |\mathcal{A}^{\alpha} u| \) has finite moment, then one can proceed as in the previous case \( \alpha_0 \leq \frac{1}{4} \). Otherwise, as in Temam [22], one can iterate the same procedure using \( \alpha - \frac{1}{2} \) instead of \( \alpha \), until the above conditions are satisfied.

\[\Box\]

A.3. An estimate of the return time to a ball. The aim of this section is to verify that the probability of hitting a ball (in a smooth norm) can be uniformly bounded from below for all initial condition in a given ball.

Lemma A.3. Assume condition [A3] from Assumption 1.1. Then one can choose \( \varepsilon_0 \in (0, \frac{1}{4}] \) with \( \varepsilon_0 < 2\alpha_0 \) such that there are \( \theta' < \alpha_0 + \frac{1}{2}, \theta'' > \theta(\alpha_0) \) and a suitable constant \( c > 0 \), and the following statement holds.

For every \( R \geq 1 \) there are values \( T_0 = T_0(R) \) and \( K = K(R) \) such that for every \( x \in \mathcal{V}_{\varepsilon_0}^1 \),

\[
[A] \begin{cases}
|\tilde{x}|_{\mathcal{V}_{\varepsilon_0}}^2 \leq R,
\sup_{t \in [0, T_0]} |A^{\theta'} \tilde{z}(t)|^2_H \leq R
\end{cases} \quad \implies \quad [B] \begin{cases}
\tilde{z}(t) \in C \varepsilon_0, 3R
\end{cases}
\]

\[
\sup_{t \in [0, T_0]} |A^{\theta''} \tilde{u}(\varepsilon_0, 3R)(t)|^2_H \leq K,
\]

where \( \tilde{z} \) is the solution to the linear problem (A.2).

Proof. We choose \( \varepsilon_0 = \frac{1}{4} \) and we set, for brevity, \( \tilde{u} = \tilde{u}^{(\varepsilon_0, 3R)} \) and \( \tilde{v} = \tilde{u} - \tilde{z} \).

The first part of statement [B] follows as in the proof of (A.5), if the constant \( c \) is chosen accordingly. So, for every \( t \in [0, T_0] \), we know that \( |\tilde{u}(t)|^2 \tilde{v} \leq 3R \).
In particular, using (A.6) and the second statement of [A], it follows that there is a constant $K_0 = K_0(R)$ such that

$$\sup_{[0,T_0]} |\tilde{v}(t)|_V^2 + \int_0^{T_0} |A\tilde{v}(s)|_H^2 \, ds \leq K_0(R). \tag{A.9}$$

We next prove the second statement of [B].

Step 1. We first consider $\alpha_0 \in (\frac{1}{6}, \frac{1}{2}]$ and we choose $\delta \in (0, \frac{1}{4})$ so that $\alpha_0 < \delta < \delta + \frac{1}{4}$ (this condition ensures that $\theta(\alpha_0) < \frac{1}{4} + \delta$ and $\theta(\delta + \frac{1}{4}) < \alpha_0 + \frac{1}{4}$). In the case $\alpha = \frac{1}{4}$ we simply choose a value $\delta \in (\frac{1}{4}, \frac{1}{2})$.

Step 2. For all $\omega \in \Omega$ satisfying [A], there is $t_0 = t_0(\omega) \in (0, T_0)$ such that $|A\tilde{v}(t_0)|_H^2 \leq 2K_0$. Indeed, from (A.9) it follows that the set $\{ t \in (0, T_0) : |A\tilde{v}(t)|_H^2 \leq 2K_0 \}$ has Lebesgue measure at least $\frac{T_0}{2}$, and in particular is not empty.

Step 3. There is $K = K_1(R)$ such that for all $\omega \in \Omega$ satisfying [A], $|A^{\delta + \frac{1}{4}} \tilde{u}(T_0)|_H^2 \leq K$. We use Lemma 2.2 (with $\alpha = \delta + \frac{1}{4}$), interpolation of $D(A^{\theta(\delta + \frac{1}{4})})$ between $V$ and $D(A^{1+\delta})$ and Young’s inequality to obtain the following estimate,

$$\frac{d}{dt} |A^{\frac{1}{2}+\delta} \tilde{v}|_H^2 + 2V|A^{1+\delta} \tilde{v}|_H^2 = 2 \langle A^{1+2\delta} \tilde{v}, B(\tilde{u}, \tilde{u}) \rangle \leq c |A^{1+\delta} \tilde{v}|_H |A^{\theta(\delta + \frac{1}{4})} \tilde{u}|_H^2 \leq V|A^{1+\delta} \tilde{v}|_H + C( |A^{\theta(\delta + \frac{1}{4})} z|_H^2 + |\tilde{v}|_V^{6+8\delta} ).$$

Since $\tilde{v}$ is bounded in $V$, the claim easily follows. In the special case $\alpha_0 = \frac{1}{2}$ one can proceed analogously.

Step 4. We choose then $\theta' = \theta(\delta + \frac{1}{4})$ and $\theta'' = \delta + \frac{1}{4}$ and the second statement of [B] follows.

Step 5. If $\alpha_0 > \frac{1}{2}$ we iterate the above procedure as in the proof of Lemma C.1 of [12], using the two inequalities

[1] if $m \in \mathbb{N}$, $m \geq 1$, there are an integer $p_m$ and $C_m > 0$ such that

$$\frac{d}{dt} |A^m \tilde{v}|_H^2 + V|A^{m+1} \tilde{v}|_H^2 \leq C_m (1 + |\tilde{v}|_V + |A^m z|_H)^{p_m},$$

[2] if $\kappa \geq \frac{1}{2}$ and $\beta \in [0, \frac{1}{2})$, there are $C_{\kappa, \beta} > 0$ and $a_\beta > 0$ such that

$$\frac{d}{dt} |A^{\kappa+\beta} \tilde{v}|_H^2 + V|A^{\kappa+\beta+\frac{1}{4}} \tilde{v}|_H^2 \leq C_{\kappa, \beta} \left[ |A^{\kappa+\beta} z|_H^4 + ( |A^{\kappa+\frac{1}{4}} \tilde{v}|_H^2 |A^{\kappa} \tilde{v}|_H |A^{\kappa} \tilde{v}|_H^{a_\beta} + |A^{\kappa+\frac{1}{4}} \tilde{v}|_H^2 ) \right],$$

whose proof can be found in the proof of that same lemma.

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