Pain Among an Inpatient Complex Chronic Care Population of Residents with and without Missing Limbs

Meaghan Ferguson1
Anton Svendrovski2
Joel Katz1

1Faculty of Health, Department of Psychology, York University, Toronto, Ontario, Canada; 2UZIK Consulting Inc., Toronto, Ontario, Canada

Purpose: Limb loss occurs for various reasons (trauma, infection, vascular diseases, tumors, congenital absence). Limb loss is known to result in several types of pain. Little is known about pain in residents with missing limbs admitted to complex chronic care (CCC) facilities. This study examined the presence of pain and its intensity in CCC residents with and without missing limbs.

Methods: The Continuing Care Reporting System was accessed for data from residents admitted to Ontario complex chronic care facilities assessed with the Resident Assessment Instrument Minimum Data Set, V2.0. Propensity score matching (1:1 ratio) was used to identify a control resident without missing limbs for each case. McNemar’s test was used for dichotomous pain (Y/N) and Wilcoxon Signed Ranks test for ordinal pain (4-level and 7-level pain variables). Binary and multinomial logistic regression were used to quantify the relationship between missing limbs and reports of pain.

Results: Missing limbs were reported by 2961 residents (2.1%, original n=139,920) resulting in 2212 propensity matched pairs. A significantly higher proportion of missing limb cases had pain (80%) versus controls (70%), $\chi^2=64.43, p<0.001$. Significantly higher pain levels were found in cases versus controls ($z=8.47, p<0.001$ for 4-level pain; $z=8.57, p<0.001$ for 7-level pain). Residents with missing limbs were 1.46 (95% CI: 1.26–1.70) times more likely to report pain than controls, $p<0.001$.

Conclusion: The results point to the need to better manage pain in CCC residents with missing limbs.

Keywords: complex, disease, chronic, amputation, health

Introduction

Limb amputation can occur for various reasons including trauma, infection, vascular diseases, and tumors. Following limb amputation, it is alarmingly common for patients to continue to experience painful sensations referred to the phantom limb. Phantom limb sensations (PLS) are often present following amputation and described as if the limb was still present.1 These sensations can manifest as itching, tingling, and feelings of warmth or coldness.2,3 Others report the phantom limb sensations to be same as those experienced before the amputation.4 Many patients, unfortunately, report these experiences to be extremely painful. Post-amputation pain is commonly separated into two categories: residual limb pain (RLP), formally known as “stump pain” and defined as pain that originates from the actual site of the amputation; and, phantom limb pain (PLP), clinically defined as pain that is experienced as arising from the missing
limb.1,5–8 PLP is characterized by intense episodes of pain, described by patients as throbbing, “electric shock”, cramped, and stabbing sensations, and can be a debilitating condition that can significantly reduce mobility, quality of life, and psychological wellbeing.9 Epidemiological studies indicate that up to 95% of patients report post-amputation pain10 and 85% reported significant pain even decades after amputation.8

Although PLP and RLP are most commonly reported in the literature, with noted incidence rates of 50%-80%,11–14 there is ample evidence that pain in other body sites also is a prominent problem for amputees. Mazzone et al12 recently found that 49% of amputees experience recurrent back pain, while Esfandiari et al reported a staggering 69% of patients reported chronic back pain. In addition to back pain,13–17 other prevalent pain locations include the neck and shoulder,5,18–21 contra-lateral and ipsilateral knee, and ipsilateral hip.13,14

Similar to many other clinical conditions, the presence of PLP, RLP and general pain among amputees can be exacerbated by the presence of additional disease morbidity, and subsequently increase the demand for medications and treatments, and contribute to poorer prognoses.7,22 The complex chronic disease (CCD) population may be especially vulnerable.23 A CCD is a condition involving multiple morbidities (MM) and a combination of functional,14 social,26 vocational27 and/or mental health challenges.28

Despite the complexities associated with pain among amputees, as well as the challenges of MM among a CCD population, very little is known about the comorbidity and interaction of these clinical presentations, particularly as they relate to pain. In light of this lack of understanding of amputee-related pain and disease complexity within an elderly, CCD population, the objective of this study is to investigate pain and related variables in a large sample of inpatient CCD residents with limb amputations.

Methods
Data Source
This study used data from the Canadian Institute for Health Information (CIHI) Facility-Based Continuing Care Reporting System (CCRS), which captures information on individuals admitted to publicly-funded hospital facilities for complex chronic care in Canada (Continuing Care Reporting System, 2013–2014) between the years 2006–2016. Upon entry to a complex chronic care (CCC) facility, residents are administered a standardized assessment protocol, the Resident Assessment Instrument - Minimum Data Set/Full Assessment (RAI-MDS/FA 2.0 Canadian Version), within 14 days of admission. If the resident remains in the facility for longer than 92 days, quarterly assessments are conducted. These assessments are typically completed by the treating nurse or physician and include resident self-reports and information from medical files.

The RAI-MDS/FA 2.0 is an internationally validated clinical assessment instrument.29–34 This standard tool collects a wide array of information, including basic demographic characteristics, diagnostic profiles, medication usage and treatment participation, and outcomes, as well as categorizes diseases.

The study was reviewed and approved by the York University research ethics board (Human Participants Research Committee) prior to receiving the data from the Canadian Institutes of Health Information.

Missing Limb Diagnosis and Propensity Score Matching (PSM)
The original full CCRS dataset consisted of 139,920 residents, of whom 2961 were documented to have a “missing limb”. The classification of missing limb was taken directly from the CCRS RAI-MDS/FA 2.0. Propensity score matching was used to create two groups of residents: cases (with missing limb) and controls (no missing limb), using a 1:1 ratio ensuring the case and control residents had the exact same value for age, gender, marital status, assessment year and total disease count. Propensity score matching is a procedure that matches case records with a similar control record, within the single dataset. The procedure initially runs a logistic regression with the case and control group variables as the dependent variable. Following this, it selects a match for each case from the control group based on the propensity score obtained in the logistic regression. This score is an estimate of the probability of membership in the case group. Ultimately, a second dataset is created that includes cases and matched controls.

Pain Measures
The CCRS RAI-MDS/FA 2.0 measures pain using two descriptive scales:

1. Frequency: No pain (0), pain less than daily (1), pain daily (2); and,
2. Intensity: Mild pain (1), moderate pain (2), times when pain is horrible or excruciating (3).
For the present study, we created three measures of pain by combining various items from the above two existing CCRS RAI/MDS/FA 2.0 scales:

1) Pain-Yes/No (P-Y/N): Pain prevalence dichotomous measure: no pain (0); pain (1) (mild, moderate, severe);

2) 4-point pain intensity scale (PI-4): No pain (0), mild pain (1), moderate pain (2), severe pain (3).

**Research Objective and Data Analysis**

The primary research objective was to examine the difference in pain between residents with and without missing limbs. All data used in this study is derived from the initial assessment of all residents, aged 18–101 years, from Ontario’s CCC facilities between the years 2006–2016, reported in the CIHI CCRS dataset. For non-parametric data, we used Mann–Whitney test, McNemar test for dichotomous pain and Wilcoxon Signed Ranks test for ordinal pain (PI-4).

Multinomial binary logistic regression analysis was conducted to evaluate the secondary research objective of exploring the relationship between missing limb, sex and the missing limb by sex interaction and pain (Pain-Y/N, PI-4). All regression models were conducted controlling for the following potential confounders: Activities of Daily Living (ADL) scores, Depression Rating Scale (DRS) scores, Index of Social Engagement (ISE) Scores, number of medications taken, and days taking analgesics. All descriptive and inferential statistical analyses were performed using SPSS (version 27), \( p < 0.05 \) was considered statistically significant.

**Results**

The original dataset contained 139,920 resident records of whom 2961 were coded as missing limb. The propensity score matching algorithm found exact matches for 2212 cases. Each of the 2212 missing limb cases was matched with a similar resident in the control subgroup without a missing limb, this representing a final dataset of 2212 paired samples for analysis. **Table 1** provides a description of the matched cases and controls.

The comparison of pain between residents with and without missing limb was conducted using McNemar test and Wilcoxon Signed Ranks tests (Table 2). We observed a significantly higher proportion of missing limb cases with pain (80%) compared to controls (70%), McNemar test \( \chi^2 = 64.43, p < 0.001 \). Wilcoxon Signed Ranks tests also showed significantly higher pain levels among cases compared to controls (\( z = 8.47, p < 0.001 \) for 4-level pain). We observed a higher proportion of cases reporting moderate pain (48%) and severe pain (11%) compared to controls (39% and 9%, respectively).

Among residents with missing limb, females reported significantly higher pain compared to males, \( p = 0.013 \) dichotomous pain, \( p = 0.004 \) 4-point pain scale, and 83% of females and 78% of males reported pain (based on dichotomous measure) (Table 3). Among control residents (without missing limb), females reported significantly higher pain than males, \( p < 0.001 \) dichotomous pain, \( p < 0.001 \) 4-point pain scale (Table 4).

Binary logistic regression was used to further quantify the relationship between residents with missing limbs and pain reports, with the dependent variable being dichotomous pain. Results are presented in Table 5. We observed that residents with missing limbs were 1.37 (95% CI 1.16–1.61) times more likely to report pain compared to controls, \( p < 0.001 \), when controlling for relevant covariates. Tables 6 and 7 examine the interaction of the covariates.

Multinomial logistic regression model was used to further quantify the relationship between missing limb status and ordinal level of pain (PI-4). The dependent variable for this model was 4-level pain. The independent variable was missing limb (no missing limbs was the reference category). Results are presented in Table 8. We observed that residents with missing limbs were 1.47 (95% CI 1.23–1.75) times more likely to report moderate pain (\( p < 0.001 \)) and 1.57 (1.22–2.03) times more likely to report severe pain (\( p < 0.001 \)).

Multinomial logistic regression models were used to test the relationship between pain (dichotomous, 4-level) and missing limb, sex and their interaction term. The dependent variable for this model was pain. Independent variables were missing limb, sex, and the missing limb by sex interaction. Results are presented in Table 9.

**Discussion**

The results of the present large-scale study indicate that the presence and severity of pain was significantly higher in CCC residents with a missing limb, compared to a propensity matched cohort not missing a limb, even after adjusting for potential confounding variables which may influence pain risks. In fact, residents with missing limbs were 1.50 (95% CI 1.23–1.83) times more likely to report mild, moderate and severe pain compared to controls, \( p < 0.001 \) (Table 9). Additional analysis showed that residents with a missing limb were more likely to report severe pain (48%) and moderate pain (39%), compared to
| Characteristics                          | Cases (n = 2212)                       | Controls (n = 2212)                      | Comparison Between Two Groups |
|----------------------------------------|---------------------------------------|-----------------------------------------|-------------------------------|
|                                        | N (%) or Mean ± SD Median (IQR)       | N (%) or Mean ± SD Median (IQR)         |                               |
| Gender                                 |                                       |                                         |                               |
| Females                                | 826 (37%) 1386 (63%)                  | 826 (37%) 1386 (63%)                   | χ²(1) = 0.00, p = 1.00        |
| Males                                  |                                       |                                         |                               |
| Age                                    | 73.58 ± 11.11                         | 73.58 ± 11.11                          | t(4422) = 0.00, p = 1.00      |
| Year of assessment                     |                                       |                                         |                               |
| 2006                                   | 202 (9%) 176 (8%)                     | 202 (9%) 176 (8%)                       |                               |
| 2007                                   | 194 (9%) 165 (7%)                     | 194 (9%) 165 (7%)                       |                               |
| 2008                                   | 186 (8%) 145 (6%)                     | 186 (8%) 145 (6%)                       |                               |
| 2009                                   | 221 (10%) 187 (8%)                    | 221 (10%) 187 (8%)                     |                               |
| 2010                                   | 211 (10%) 170 (7%)                    | 211 (10%) 170 (7%)                     |                               |
| 2011                                   | 226 (10%) 181 (8%)                    | 226 (10%) 181 (8%)                     |                               |
| 2012                                   | 228 (10%) 180 (8%)                    | 228 (10%) 180 (8%)                     |                               |
| 2013                                   | 242 (11%) 197 (9%)                    | 242 (11%) 197 (9%)                     |                               |
| 2014                                   | 232 (11%) 187 (8%)                    | 232 (11%) 187 (8%)                     |                               |
| 2015                                   | 227 (10%) 182 (8%)                    | 227 (10%) 182 (8%)                     |                               |
| 2016                                   | 43 (2%) 33 (15%)                      | 43 (2%) 33 (15%)                       |                               |
| Number of comorbidities (excluding missing limb) | 5.89 ± 2.52                        | 5.89 ± 2.52                           | χ²(9) = 0.00, p = 1.00        |
| 0–1                                    | 47 (2%) 41 (19%)                      | 47 (2%) 41 (19%)                       |                               |
| 2                                      | 119 (6%) 103 (5%)                     | 119 (6%) 103 (5%)                      |                               |
| 3                                      | 228 (10%) 194 (8%)                    | 228 (10%) 194 (8%)                     |                               |
| 4                                      | 304 (14%) 270 (12%)                   | 304 (14%) 270 (12%)                    |                               |
| 5                                      | 336 (15%) 292 (13%)                   | 336 (15%) 292 (13%)                    |                               |
| 6                                      | 347 (16%) 313 (14%)                   | 347 (16%) 313 (14%)                    |                               |
| 7                                      | 267 (12%) 233 (11%)                   | 267 (12%) 233 (11%)                    |                               |
| 8                                      | 215 (10%) 181 (8%)                    | 215 (10%) 181 (8%)                     |                               |
| 9                                      | 163 (7%) 139 (6%)                     | 163 (7%) 139 (6%)                      |                               |
| 10+                                    | 186 (8%) 152 (7%)                     | 186 (8%) 152 (7%)                      |                               |
| Marital status                         |                                       |                                         | χ²(5) = 0.00, p = 1.00        |
| Never married                          | 266 (12%) 219 (10%)                   | 266 (12%) 219 (10%)                    |                               |
| Married                                | 1135 (51%) 990 (45%)                  | 1135 (51%) 990 (45%)                   |                               |
| Widowed                                | 560 (25%) 485 (22%)                   | 560 (25%) 485 (22%)                    |                               |
| Separated                              | 26 (1%) 20 (1%)                       | 26 (1%) 20 (1%)                        |                               |
| Divorced                               | 123 (6%) 107 (5%)                     | 123 (6%) 107 (5%)                      |                               |
| Unknown                                | 102 (5%) 87 (4%)                      | 102 (5%) 87 (4%)                       |                               |
| Activities of Daily Living (ADL) score [long form] | 15.20 ± 7.75                        | 16.46 ± 8.07                          | t(4422) = 5.30, p < 0.001     |
| Depression Rating Scale (DRS) score    | 1.31 ± 2.02                           | 1.57 ± 2.27                           | t(4407) = 3.94, p < 0.001     |
| Index of Social Engagement (ISE)       | 3.40 ± 1.99                           | 2.92 ± 2.03                           | t(4422) = 8.04, p < 0.001     |
| Number of medications taken            | 14.20 ± 5.73 Median (IQR): 14 (6)    | 12.43 ± 5.16 Median (IQR): 12 (6)     | t(4422) = 10.82, p < 0.001 M-W |
| Days taking analgesics                 | 5.17 ± 2.81 Median (IQR): 7 (4)      | 4.42 ± 3.12 Median (IQR): 7 (7)       | t(4422) = 8.44, p < 0.001 M-W |

(Continued)
controls (39% and 9%, respectively) (Table 2). Females had statistically significantly higher odds of reporting pain than males. The sex by missing limb interaction term was not significant for any of the three pain variables.

Despite the significant health care concerns and pain problems among this population, the CCD population with missing limbs has remained unexplored in relation to pain. Among a population of CCD residents, the current study used a case-control design using propensity matching, which allowed for the comparison of two demographically similar groups of residents with and without missing limbs. Groups were matched with a 1:1 ratio on important demographic variables, including sex, age, marital status, assessment date and comorbid disease count. The present results provide evidence of a relationship between pain and CCD residents with missing limbs. However, it is important to note that the CCRS coding system used to denote whether or not a resident received a code of “missing limb” is crude and the database does not contain important information typically provided in studies of people who have undergone amputation (eg, time since amputation; reason for amputation; limb, level, and side of amputation).
amputation; number of limbs amputated; whether the pain recorded was residual limb pain, phantom limb pain or pain unrelated to amputation). It is recommended that future versions of the RAI/MDS FA include more detailed information on amputation location and cause. Nevertheless, the results clearly show that CCC residents who received a code of “missing limb” reported greater pain severity and were significantly more likely to report moderate and severe pain than the matched sample not coded as “missing limb” even after controlling for important confounders including psychosocial factors and medication use.

There is a large literature examining the phenomena of post-amputation phantom limb pain and residual limb pain; unfortunately, the CCD population has been overlooked in this area, despite the high prevalence of individuals with amputated limbs among these patients. Given the noted prevalence of pain in the phantom limb/stump pain research, reported chronic pain among CCD population, and the large number of residents qualified as having

### Table 3 Comparison of Dichotomous Pain (P-Y/N) and 4-Point Pain Scale (PI-4) Between Males and Females with Missing Limb (Cases, n = 2212)

| Pain Variable | Females n = 826 (37%) | Males n = 1386 (63%) | Statistical Comparison Test |
|---------------|------------------------|-----------------------|----------------------------|
| P-Y/N No      | 142 (17%)              | 299 (22%)             | Chi-square test $\chi^2 = 6.23, p = 0.013$ |
|               | 684 (83%)              | 1087 (78%)            |                            |
| PI-4 Mean ± SD | 1.58 ± 0.92            | 1.46 ± 0.94           | Mann–Whitney U-test z = 2.90, p = 0.004 |
| No pain (0)   | 142 (17%)              | 299 (22%)             |                            |
| Mild pain (1) | 166 (20%)              | 297 (21%)             |                            |
| Moderate pain (2) | 415 (50%)          | 644 (47%)             |                            |
| Severe pain (3) | 103 (13%)             | 146 (10%)             |                            |

**Note:** *Mean and SD represent the mean and standard deviation of the rank ordered pain scores.*

### Table 4 Comparison of Dichotomous Pain (P-Y/N) and 4-Point Pain Scale (PI-4) Between Males and Females Without Missing Limb (Controls, n = 2212)

| Pain Variable | Females n = 826 (37%) | Males n = 1386 (63%) | Statistical Comparison Test |
|---------------|------------------------|-----------------------|----------------------------|
| P-Y/N No      | 197 (24%)              | 475 (34%)             | Chi-square test $\chi^2(1) = 26.58, p < 0.001$ |
|               | 629 (76%)              | 911 (66%)             |                            |
| PI-4 Mean ± SD | 1.39 ± 0.95            | 1.18 ± 1.00           | Mann–Whitney U-test z = 4.90, p < 0.001 |
| No pain (0)   | 197 (24%)              | 475 (34%)             |                            |
| Mild pain (1) | 186 (22%)              | 298 (22%)             |                            |
| Moderate pain (2) | 364 (44%)          | 499 (36%)             |                            |
| Severe pain (3) | 79 (10%)              | 114 (8%)              |                            |

**Note:** *Mean and SD represent the mean and standard deviation of the rank ordered pain scores.*

### Table 5 Binary Logistic Regression Models Dichotomous Pain (P-Y/N)

| Independent Variable | Dependent Variable | B (SE) | p-value | OR (95% CI) |
|----------------------|-------------------|--------|---------|-------------|
| Missing limb No      | P-Y/N             | -0.315 (0.083) | < 0.001 | 0.73 (0.62–0.86) |
| Missing limb Yes     |                   | 0.315 (0.083)  | < 0.001 | 1.37 (1.16–1.61) |

**Note:** All analyses (reported odds ratios) are controlled for ADL, number of medications taken, DRS, ISE, days taking analgesics, number of emergency room visits and days of physician visits.

**Abbreviation:** OR, odds ratio.
a missing limb within the CCD data, the results of this research study highlight the prevalence of pain among a population of CCD patients identified as having “missing limbs”, while taking into consideration the multiple morbidities of these residents.

Although PLP and RLP are the most commonly reported types of pain among amputees, there is evidence to suggest that pain, not directly related to the surgical amputation, but possibly associated with the limb loss due to biomechanical sequelae, is also problematic among amputees. Musculoskeletal pain, particularly upper and lower back pain, neck and shoulder pain, contra-lateral knee pain, ipsilateral hip pain, as well as other regional sites including knees, leg and foot, buttocks and hips, arms and hands, abdomen, and head, are also commonly reported, even on non-amputated sides. Pain associated with a missing limb is also attributed with physical and psychosocial difficulties that can greatly interfere with an individual’s quality of life.

| Table 6 Binary Logistic Regression Models Dichotomous Pain (P-Y/N) |
|-----------------|----------|--------|----------|
| Independent Variables | B (SE)   | p-value| OR (95% CI) |
| Missing limb     | 0.315 (0.083) | < 0.001 | 1.37 (1.16–1.61) |
| ADL              | 0.013 (0.006) | 0.023 | 1.01 (1.00–1.02) |
| Number of medications taken | 0.022 (0.008) | 0.009 | 1.02 (1.01–1.04) |
| DRS              | 0.039 (0.021) | 0.060 | 1.04 (1.00–1.08) |
| ISE              | 0.052 (0.023) | 0.021 | 1.05 (1.01–1.10) |
| Days taking analgesics | 0.373 (0.013) | < 0.001 | 1.45 (1.41–1.49) |
| Number of emergency room visits | 0.050 (0.047) | 0.286 | 1.05 (0.96–1.15) |
| Days of physician visits | 0.030 (0.013) | 0.018 | 1.03 (1.01–1.06) |
| Intercept        | -1.422 (0.180) | < 0.001 | |

Note: Dependent variable = Pain (Yes).
Abbreviation: OR, odds ratio.

| Table 7 Binary Logistic Regression Models Dichotomous Pain (P-Y/N) |
|-----------------|----------|--------|----------|
| Independent Variables | B (SE)   | p-value| OR (95% CI) |
| Missing limb     | -0.315 (0.083) | < 0.001 | 0.73 (0.62–0.86) |
| ADL              | -0.013 (0.006) | 0.023 | 0.99 (0.98–1.00) |
| Number of medications taken | -0.022 (0.008) | 0.009 | 0.98 (0.96–0.99) |
| DRS              | -0.039 (0.021) | 0.060 | 0.96 (0.92–1.00) |
| ISE              | -0.052 (0.023) | 0.021 | 0.95 (0.91–0.99) |
| Days taking analgesics | -0.373 (0.013) | < 0.001 | 0.69 (0.67–0.71) |
| Number of emergency room visits | -0.050 (0.047) | 0.286 | 0.95 (0.87–1.04) |
| Days of physician visits | -0.030 (0.013) | 0.018 | 0.97 (0.95–0.99) |
| Intercept        | 1.422 (0.180) | < 0.001 | |

Note: Dependent variable = Pain (No).
Abbreviation: OR, odds ratio.

| Table 8 Multinomial Logistic Regression Models for 4-Point Pain Scale (PI-4) |
|-----------------|----------|--------|----------|
| Independent Variable | Dependent Variable | B (SE)   | p-value| OR (95% CI) |
| Missing limb     | PI-4     | -0.315 (0.083) | < 0.001 | 0.73 (0.62–0.86) |
|                   | No pain  | 0.196 (0.097)  | 0.043 | 1.22 (1.01–1.47) |
|                   | Mild pain| 0.382 (0.091)  | < 0.001 | 1.47 (1.23–1.75) |
|                   | Moderate pain | 0.452 (0.130) | < 0.001 | 1.57 (1.22–2.03) |

Notes: No missing limb (control) is the reference category. All analyses (reported odds ratios) are controlled for ADL, number of medications taken, DRS, ISE, days taking analgesics, number of emergency room visits and days of physician visits.
Abbreviation: OR, odds ratio.
Consistent with the general pain literature, we found that female residents had statistically significantly higher odds of reporting pain than males. However, within the phantom limb pain research, there is no clear difference in the incidence of pain between sexes.

In line with these previous findings, the sex by missing limb interaction term was not significant for any of the three pain variables (Table 9), indicating pain that females and males with missing limbs did not differ from their counterparts without a missing limb. Overall, the results from this study point to the need to better manage pain in CCC residents with missing limbs.

**Conclusion**

To our knowledge, this is the first study to explore the relationship between individuals with a missing limb and reports of pain among a large population of CCD residents. The results of this study further emphasize that individuals with missing limbs report more pain prevalence than those without a missing limb. The results are consistent with previous research that supports the phenomenon associated with amputations/missing limbs and pain. Future research that includes further resident information about pain location, type, amputation causation, and follow-up assessments would be beneficial to this area of literature. Furthermore, future research studies should ideally incorporate validated, comprehensive pain measurement scales. Given the complexity of the CCD population, information that may better inform the understanding of pain and multimorbid diseases, and the subsequent treatment care of this specific population is invaluable in an aging society.

**Disclosure**

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