Systematic Investigation of SARS-CoV-2 Receptor Protein Distribution along Viral Entry Routes in Humans

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Keywords
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Abstract

Background: The novel beta-coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), enters the human body via mucosal surfaces of the upper and/or lower respiratory tract. Viral entry into epithelial cells is mediated via angiotensin-converting enzyme 2 (ACE2) and auxiliary molecules, but the precise anatomic site of infection still remains unclear. Methods: Here, we systematically investigated the main SARS-CoV-2 receptor proteins ACE2 and transmembrane serine protease 2 (TMPRSS2), as well as 2 molecules potentially involved in viral entry, furin and CD147, in formalin-fixed, paraffin-embedded human tissues. Tissue microarrays incorporating a total of 879 tissue cores from conjunctival (n = 84), sinonasal (n = 95), and lung (bronchiolar/alveolar; n = 96) specimens were investigated for protein expression by immunohistochemistry. Results: ACE2 and TMPRSS2 were expressed in ciliated epithelial cells of the conjunctivae and sinonasal tissues, with highest expression levels observed in the apical cilia. In contrast, in the lung, the expression of those molecules in bronchiolar and alveolar epithelial cells was much rarer and only very focal when present. Furin and CD147 were more uniformly expressed in all tissues analyzed, including the lung. Interestingly, alveolar macrophages consistently expressed high levels of all 4 molecules investigated. Conclusions: Our study confirms and extends previous findings and contributes to a better understanding of potential SARS-CoV-2 infection sites along the human respiratory tract.

Introduction

Coronavirus disease-19 (COVID-19) is caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), which has spread all over the globe with enormous consequences on economies and health systems. Major challenges are the unpredictable nature of the viral infectious cycle and the transmission via asymptomatic carriers [1]. By late 2021, SARS-CoV-2 had infected more than 250 million people worldwide, caused over 5 million
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Deaths, and resulted in the necessity for hospitalization and intensive care in many more [2]. SARS-CoV-2 infection may be asymptomatic or lead to a range of symptoms from a mild influenza-like illness to life-threatening acute respiratory distress syndrome with fatal outcomes in humans [3]. The detailed pathogenesis and disease biology of COVID-19 are still under investigation [4]. Local cytokine release, e.g., elevated interleukin-6 levels, has been described and is associated with a more critical clinical presentation of COVID-19 [5]. While pulmonary edema in COVID-19 is linked to the activation of the kinin-kallikrein system [6], the frequently reported thromboses are likely triggered by complement system-induced over-activation of the coagulation cascade [7].

SARS-CoV-2, a beta corona and single-stranded RNA virus, is transmitted in humans via droplets and aerosols, mainly in close contact and indoors [3]. Structurally, the virus is composed of a core and envelope proteins. Specific spike proteins of the envelope – each having S1 and S2 subunits [8] – constitute its surface. The number of spike proteins per virus is variable, and these are subject to frequent mutations. Viral spike protein plays an important role in cellular attachment and entry, important steps in the viral life cycle [4]. Notwithstanding, mechanisms of virus entry, transmission, as well as long-time sequelae after infection are insufficiently explained and are an area of active research [9].

First described in 2004 after the SARS-CoV-1 pandemic, the angiotensin-converting enzyme 2 (ACE2) receptor has been discussed as the main receptor for viral entry of Coronaviridae [9–12]. Physiologically, ACE2 catalyzes the conversion of angiotensin I into angiotensin II and is thereby involved in the regulation of blood pressure via the renin-angiotensin-aldosterone system [13]. The ACE2 receptor is expressed in multiple organs and is discussed as a potential therapeutic target to prevent virus entry [14].

Recently, conflicting data on ACE2 protein expression in cells of the respiratory tract have been reported, and important controversies remain [15–19]. Lee et al. [15] and Nakayama et al. [16] showed homogeneous expression specifically in the cilia in the majority of ciliated respiratory cells, predominantly in the upper respiratory tract, but also in lung tissues. In contrast, Ortiz et al. [17] found ACE2 to be expressed in the ciliary apparatus only in rare epithelial cells of the trachea and larger bronchi, bronchioli, and alveoli, although in the majority of samples studied. On the other hand, Aguiar et al. [18] detected ACE2 expression in only 1 out of 98 investigated lung samples, which is in line with Hikmet et al. [19], who reported a positive rate of 0.56% using 2 different antibodies in a large cohort of 360 lung samples.

Transmembrane serine protease 2 (TMPRSS2) cleaves viral spike protein and thereby serves as an ACE2 cofactor, facilitating viral entry [20, 21]. Its inhibition is discussed as a potential therapeutic strategy [21]. However, camostat mesylate, a TMPRSS2 inhibitor, could so far not demonstrate clinical efficacy in a randomized controlled trial [22, 23]. Moreover, furin, a proprotein convertase, has been proposed as an essential activating cofactor for virus entry as well [24]. In contrast, the role of CD147 (basigin) as a viral co-receptor remains controversial [25–27].

In this study, we systematically investigated the distribution of ACE2, TMPRSS2, furin, and CD147 along viral entry routes in humans. ACE2 and TMPRSS2 expression levels were reproducibly detectable in ciliated epithelial cells of the conjunctiva and sinonasal tissues, whereas in the bronchioli and alveoli, expression was rare and focal. In contrast, furin and CD147 were more uniformly expressed, including in lung tissues. Finally, alveolar macrophages consistently expressed high levels of all 4 molecules investigated. Our study confirms and extends previous findings and contributes to a better understanding of potential sites of SARS-CoV-2 infection along the human respiratory tract.

Methods

Patient Samples

Formalin-fixed, paraffin-embedded surgical specimens of the conjunctiva, sinonasal tract, and lungs (bronchi and alveoli) were used to construct tissue microarrays (TMAs) and determine the protein expression levels of ACE2, TMPRSS2, furin, and CD147 by immunohistochemistry (IHC). Formalin-fixed, paraffin-embedded tissue blocks from 2011 to 2014 were retrieved from the archives of the Institute of Pathology, University of Bern, Switzerland. Details on the included samples are summarized in Table 1.

The study was approved by the local Ethics Committee of the Canton of Bern, Switzerland (KEK 200/2014).

Next-Generation TMA Construction and IHC

Regions of interest were annotated in CaseViewer software (3DHISTECH, Budapest, Hungary) on digitized hematoxylin and eosin-stained sections. For each specimen, 3 representative tissue cores of 0.6 mm diameter were assembled into next-generation TMAs using a Grand Master automated TMA (3DHISTECH). Blocks were cut at 2.5 µm, deparaffinized, and rehydrated in dewax solution (Leica Biosystems, Wetzlar, Germany). IHC was performed on a BOND-RX automated immunostainer (Leica Biosystems).

Primary antibodies were incubated for 30 min at room temperature and used as follows: ACE2 (MAB933, mouse monoclonal
IgG2a, clone 171606; Novus Biologicals, Littleton, CO, USA); dilution: 1:24,000; retrieval: citrate buffer, 30 min, 100°C; TMPRSS2 (HPA035787, rabbit polyclonal; Sigma-Aldrich, St. Louis, MO, USA); dilution: 1:800; retrieval: Tris buffer, 20 min, 95°C; Furin (NBP2-12321, mouse monoclonal IgG1, clone MM0298-4G31; Novus Biologicals); dilution: 1:50; retrieval: Tris buffer, 30 min, 95°C; CD147 (ab666, mouse monoclonal IgG1, clone MEM-M6/1; Abcam, Cambridge, UK); dilution: 1:2,000; retrieval: Tris buffer, 30 min 95°C. Antibody detection was performed with the BOND Polymer Refine Detection kit (DS9800; Leica Biosystems) using 3,3-diaminobenzidine as the brown chromogen. The samples were counterstained with hematoxylin, dehydrated and mounted with Pertex (Sakura, Alphen aan den Rijn, the Netherlands). Slides were scanned on a Pannoramic 250 Flash scanner (3DHISTECH). Placental, testicular, prostatic, and renal tissues were used as positive and negative controls.

**TMA Interpretation and Statistics**

Individual TMA cores were evaluated in a blinded, independent, and randomized manner by 4 pathologists (K.B., M.W., E.H., and C.M.S.) using Scorenado, a custom-made browser-based online TMA analysis tool [28, 29]. Staining intensities were quantified in a 3-tiered manner: 0, negative; 1, low; and 2, moderate to strong expression (online suppl. material S1, S2; for all online suppl. material, see www.karger.com/doi/10.1159/000521317). Median values across all observers were used for final analyses. Decimal numbers were rounded up. Scores were only included for further analyses if tissue quality was deemed sufficient by at least 2 pathologists. Discrepant cases were jointly reviewed by K.B. and C.M.S., and a final consensus score was applied. Therefore, up to 59/84 conjunctivae (70.2%), 64/95 sinonasal samples (67.4%), 68/96 bronchioli (70.8%), and 75/96 alveoli (78.1%) were included.

Statistical analyses were performed using SPSS 26.0 (SPSS Inc., Chicago, IL, USA). The χ2 test was used to calculate contingency tables. p values <0.05 were considered statistically significant. Correlation analyses were conducted using Spearman-rho coefficients (ρ). Fleiss kappa (κ) was used to assess the strength of interobserver agreement for multiraters [30]. Interobserver agreement was “moderate” (global κ = 0.495; 95% confidence interval 0.470–0.520), calculated using the DescTools package [31] in R Studio (R Foundation for Statistical Computing, Vienna, Austria). Moreover, expression of molecules was compared in 3 arbitrarily defined age subgroups (0–30 years, 31–60 years, and >60 years).

**Results**

**ACE2 and TMPRSS2 Protein Expression Is Detectable but Low in Conjunctival and Sinonasal Specimens**

The conjunctivae and sinonasal tracts are mucosal sites that can serve as viral entry routes for SARS-CoV-2 [32, 33]. We therefore analyzed the expression of ACE2, the main receptor for viral spike protein, and its cofactor TMPRSS2, in 252 and 285 TMA cores of conjunctival and sinonasal specimens, respectively, from patients under-
Fig. 1. Expression of ACE2 and TMPRSS2 in conjunctival, sinonasal, and lung tissues. Representative IHC images out of 252 and 285 TMA cores from conjunctival (a) and sinonasal (b) specimens, respectively. The conjunctival specimen depicted shows metaplastic ciliated epithelium (diagnosis of pterygium). Representative IHC images out of 342 TMA cores from bronchioli (c) and alveoli (d). Scale bar, 200 μm; inset, 20 μm.
going surgery for common conditions such as pterygium and chronic rhinosinusitis.

We found that 23/57 (40.4%) of conjunctival specimens showed low ACE2 expression, primarily localized to the cilia of apical respiratory epithelial cells (Fig. 1a; Table 2 and online suppl. material S1, S2). For TMPRSS2, 12/55 (21.9%) specimens had detectable low-level protein expression (Fig. 1a; Table 2); 8 of those (66.7%) also showed co-expression with ACE2.

In sinonasal specimens, most samples (46/64; 71.9%) showed low ACE2 expression, and TMPRSS2 protein was expressed in 39/59 samples (66.1%) as analyzed by IHC (Fig. 1b; Table 2); 27 of those (69.2%) also showed co-expression with ACE2.

ACE2 is an interferon-regulated gene [34]. We therefore investigated whether the expression of ACE2 and the other molecules could be associated with different types of inflammation. In chronic rhinosinusitis, high CD147 expression levels correlated with the presence of eosinophils, whereas we did not observe such correlations for ACE2, TMPRSS2, or furin (online suppl. material S5). This is in contrast to findings by Wang et al. [35], who reported lower ACE2 expression in eosinophilic compared to noneosinophilic chronic rhinosinusitis, although this was shown on the mRNA level.

**Table 2. Receptor protein expression in conjunctivae and the sinonasal tract (%)**

|                  | Median | Negative, n/n (%) | Low, n/n (%) | High, n/n (%) |
|------------------|--------|-------------------|-------------|--------------|
| **Conjunctivae** |        |                   |             |              |
| ACE2             | 0      | 34/57 (59.6)      | 23/57 (40.4)| 0/57         |
| TMPRSS2          | 0      | 43/55 (78.2)      | 12/55 (21.8)| 0/55         |
| Furin            | 1      | 6/54 (11.1)       | 43/54 (79.6)| 5/54 (9.3)   |
| CD147            | 2      | 0/59              | 12/59 (20.3)| 47/59 (79.7)|
| **Sinonasal tract** |      |                   |             |              |
| ACE2             | 1      | 18/64 (28.1)      | 46/64 (71.9)| 0/64         |
| TMPRSS2          | 1      | 6/49 (12.2)       | 39/49 (79.6)| 4/49 (8.2)   |
| Furin            | 1      | 5/52 (9.6)        | 45/52 (86.5)| 2/52 (3.8)   |
| CD147            | 2      | 0/54              | 2/54 (3.7)  | 52/54 (96.3) |

0, no expression; 1, low expression; 2, moderate/high expression.

ACE2 and TMPRSS2 Proteins Are Only Focally Expressed in Epithelial Cells of the Lower Respiratory Tract

SARS-CoV-2 enters human cells via ACE2 receptors [21, 36], but the exact localization of virus entry is a matter of debate, and the precise pathophysiology of alveolar damage in COVID-19 is still under investigation [37]. In line with Aguiar et al. [18] and Hikmet et al. [19], in our cohort, ACE2 was mostly undetectable by IHC in bronchial and alveolar epithelium, and only 7/68 (10.3%) of bronchial and 1/75 (1.3%) of alveolar samples showed low-level expression, respectively (Fig. 1c, d; Table 3). Whereas TMPRSS2 was expressed at low levels in almost half of all bronchiolar samples (28/62; 45.2%), this molecule was absent in most alveolar epithelial cells and only detected in 9/70 (12.9%) samples (Fig. 1c, d; Table 3). Interestingly, and in contrast to observations by Ortiz et al.
in our cohort, ACE2 was strongly expressed in alveolar macrophages in all samples studied, which was also observed for TMPRSS2, furin, and CD147 (online suppl. material S4). Furthermore, ACE2 was more frequently expressed in bronchiolar epithelium in patients with an associated pulmonary malignancy ($p = 0.012$; data not shown).

In contrast to ACE2 and TMPRSS2, furin was detectable in the respiratory epithelium of many bronchioli (37/64, 57.8%), although only at low levels. In alveoli, low-level furin expression was only detected in a minority of samples (15/72, 20.8%) (online suppl. material S3d and Table 3). Interestingly, furin expression in bronchioli was higher in elderly patients: 25/36 (69.4%) of patients >60 years old showed detectable expression compared to patients ≤60 years old (12/28, 42.9%; $p = 0.011$). Moreover, the majority (16/23; 69.6%) of patients with concomitant pulmonary adenocarcinoma showed at least low furin expression levels in nontumorous bronchiolar epithelium (data not shown). Furthermore, furin was significantly more often detectable in bronchioli and alveoli of patients with prior history of malignancy (bronchioli: $p = 0.005$; alveoli: $p = 0.066$; data not shown). TMPRSS2 and CD147 showed a trend toward higher expression in alveoli of patients with prior history of malignancy (TMPRSS2: $p = 0.074$; CD147: $p = 0.062$).

We also investigated whether the expression of the 4 molecules in bronchioli correlated with alveolar expression. ACE2 ($p = 0.433$; $p < 0.001$), TMPRSS2 ($p = 0.277$; $p = 0.032$), furin ($p = 0.463$; $p < 0.001$), and CD147 ($p = 0.377$; $p = 0.002$) expression correlated significantly in bronchioli and alveoli (data not shown). In summary, our results indicate that ACE2, the main SARS-CoV-2 receptor protein, is only focally expressed in a minority of lower respiratory tract samples.

### Discussion

Here, we systematically investigated protein expression of the most important SARS-CoV-2 receptor proteins in equally sized cohorts among possible viral entry sites in humans. In the light of previously described conflicting results on ACE2 expression in the human respiratory tract [15–19], we aimed at clarifying expression patterns. We found absent or only low ACE2 expression in the vast majority of cases in all investigated anatomic locations of the human airway tract. In accordance with the previous literature, cilia and alveolar macrophages expressed ACE2 most consistently [15, 38].

The ACE2 receptor has so far mainly been validated as the principal entry receptor on the mRNA level with high expression in respiratory cells of the lower airway tract [39]. The significance of these findings however is controversial [40]. Few studies assessed protein expression via IHC, with conflicting results. ACE2 is described to be expressed at low levels in the lower airway tract in general [15, 17, 41] but shows higher expression levels in other epithelial cell types, such as prostatic ductal epithelium (online suppl. material S1) [42]. Consistent with the previous literature, here, in the majority of cases, ACE2 was not expressed in lung parenchyma, i.e., type I pneumocytes [18, 19]. While Aguiar et al. [18] described diffuse staining of TMPRSS2 in airway epithelium of the lung, we only detected focal and low-level expression.

We confirm the previously described ACE2 expression in cilia [15, 16], here in the metaplastic conjunctival and respiratory nasal epithelium, and lack of expression in goblet cells. Here, 40.4% of conjunctival specimens showed low ACE2 expression, mainly in apical cilia of metaplastic ciliated epithelium. Primary cilia have been shown to play a role in murine surface ocular epithelium

| Receptor | Bronchioli | Median | Negative, n/n (%) | Low, n/n (%) | High, n/n (%) |
|----------|------------|--------|-------------------|--------------|--------------|
| ACE2     | 0          | 61/68 (89.7) | 7/68 (10.3) | 0/68         |
| TMPRSS2  | 0          | 34/62 (54.8) | 28/62 (45.2) | 0/62         |
| Furin    | 1          | 27/64 (42.2) | 37/64 (57.8) | 0/64         |
| CD147    | 1          | 23/66 (34.8) | 23/66 (34.8) | 20/66 (30.3) |
| Alveoli   | ACE2       | 0      | 74/75 (98.7) | 1/75 (1.3)  | 0/75         |
|          | TMPRSS2    | 0      | 61/70 (87.1) | 9/70 (12.9) | 0/70         |
|          | Furin      | 0      | 57/72 (79.2) | 15/72 (20.8) | 0/72         |
|          | CD147      | 0      | 51/72 (70.8) | 17/72 (23.6) | 4/72 (5.6)  |

0, no expression; 1, low expression; 2, moderate/high expression.
homeostasis, and patients with severe ciliopathies suffer from several ocular surface diseases [43]. However, squamous conjunctival epithelium was negative for ACE2, which is in line with findings by Lange et al. [44]. In the majority of sinonasal specimens, we found continuous low-level ACE2 expression in the apical respiratory epithelium, which confirms previous findings [15, 16] but is in contrast to other studies with significantly smaller cohorts that failed to detect ACE2 expression [19] or reported only focal apical expression [17].

In contrast to Ortiz et al. [17], we observed intense ACE2, TMPRSS2, furin, and CD147 expressions in alveolar macrophages. Macrophages are discussed as potential viral target cells [45]. M1 alveolar macrophages are capable of ingesting SARS-CoV-2 via phagocytosis, and ACE2 seems to play a role in this process [38, 46]. Furthermore, ACE2 expression in splenic macrophages and their vulnerability to SARS-CoV-2 infection have been demonstrated [47].

The role of children and adolescents in the spread of the pandemic has been a matter of debate [48, 49]. Here, minors (≤18 years, n = 15) only showed low ACE2 expression in sinonasal tissues (6/8, 75%). No expression was found in conjunctival tissue (0/4, 0%), bronchi, and alveoli (0/3, 0%, respectively). TMPRSS2 expression was, in general, negative or low as well. Importantly, detectable levels of expression of the 4 molecules were not correlated with patient sex, indicating that other factors are more important for the observed sex bias toward SARS-CoV-2 infection and severe COVID-19 [50].

SARS-CoV-2 spike protein exhibits cleavage sites for the enzyme furin, which has been postulated as a viral entry cofactor [4, 51, 52]. The absence of these cleavage sites reduces viral pathogenicity [53], and furin inhibition was suggested as a potential therapeutic strategy in COVID-19 [54]. In our cohorts, furin staining intensities were almost uniformly low and were mostly negative in lung alveoli. Moreover, we observed a trend toward higher expression levels in patients with a medical history of malignancy. High furin expression has been described in several cancer entities including lung carcinoma [55]; future studies are needed to investigate the role of furin in the pathogenesis of COVID-19 in cancer patients.

Finally, CD147 has been proposed as a viral entry receptor and a target for COVID-19 treatment [25, 56], but its expression has mainly been investigated at the mRNA level [57]. However, other authors postulated no relevance for CD147 as a viral entry facilitator [26, 27]. We observed heterogeneous CD147 expression in the tissues analyzed, which is consistent with previous results [18], with highest expression levels in conjunctival and sinonasal tissues. The exact role of CD147 in COVID-19 remains elusive and should be investigated further.

**Limitations**

This study has several limitations. First, the molecules investigated were only stained using a single antibody each. It was reported before that different antibodies against these molecules can have different staining patterns in the respiratory tract [15, 19]. Moreover, antibody lots may show inconsistencies over time, leading to staining discrepancies between studies. Second, in TMAs, only small areas of tissue are examined in contrast to full sections. This could lead to an underestimation of protein expression, especially if expression is only focal. We aimed at reducing this potential bias by including multiple TMA cores per specimen. Third, although in the same range as other studies, the size of our patient cohorts could be perceived as insufficient, especially when aiming at subgroup analyses. Finally, detailed patient history including smoking habits or previous infections was not available, precluding analyses linking those factors to expression levels of the proteins studied.

**Conclusions**

Our study confirms and extends previous reports. We found that ACE2 was mostly negative or only focally expressed at low levels in human tissues along possible viral entry routes. Where expressed, ACE2 mostly localized to the cilia and apical respiratory epithelial cells. Interestingly, ACE2 was almost uniformly negative in alveolar epithelia and only focally positive in bronchiolar respiratory epithelium in a minority of cases. This suggests that SARS-CoV-2 infection might occur primarily in the upper respiratory tract, implying important behavioral and clinical consequences. Finally, alveolar macrophages expressed all the investigated molecules, suggesting that this cell type could be directly infected by SARS-CoV-2 when inhaled as aerosols.

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Statement of Ethics

The study was approved by the local Ethics Committee of the Canton of Bern, Switzerland (KEK 200/2014).

Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

K.B. and C.M.S. designed the study, analyzed the data, and wrote the manuscript. S.R. provided the scoring software and processed the data. J.A.G. performed IHC. M.W. and E.H. analyzed the data. All the authors revised the manuscript and approved its final version.

Data Availability Statement

Data are available upon reasonable request from the corresponding author.
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