Optical conductivity due to orbital polarons in systems with orbital degeneracy

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(Dated: May 2, 2014)

Published in: Phys. Rev. B 86, 064415 (2012).

PACS numbers: 78.20.Bh, 71.10.Fd, 75.25.Dk, 75.30.Et

I. INTRODUCTION

Electronic excitations at finite frequency are a common feature of doped Mott or charge-transfer insulators. Such excitations were observed experimentally in high temperature superconductors by optical absorption σ(ω) shortly after these systems were discovered1 and were extensively studied in the t-J model by several groups2–6 providing valuable insights into the charge dynamics in doped cuprates. It was also realized that considerable transfers of spectral weight in the optical spectra occur and new states arise which generate spectral intensity within the Mott-Hubbard gap.7–9 These studies have shown that the key assumption of the Fermi liquid theory that the low-energy excitation spectrum stands in a one-to-one correspondence with that of a non-interacting system has to be revised when the electrons interact strongly. For instance, drastic deviations from the Fermi liquid picture are obtained, in the normal state of the copper-oxide high-temperature superconductors, highlighted by a pseudogap, broad spectral features, and the resistivity which increases linearly with temperature.10 It was recently established that the optical conductivity for CuO2 planes of high temperature superconductors exhibits a mid-infrared peak at low doping that gradually develops to a band under increasing doping and causes an insulator-to-metal transition.11

Optical conductivity studies play also a very important role in other correlated materials, including Mott insulators with active orbital degrees of freedom. These systems exhibit rather complex behavior due to the interrelation between spin, orbital and charge degrees of freedom. Recently it was pointed out that the excitations to 3z2 − r2 orbitals in high-Tc cuprates are responsible for the observed optical conductivity in the insulating state.12 A study of the undoped three-orbital Hubbard model explains the anisotropy of the optical conductivity of a pnictide superconductor.13 Finally, a well known example in this family of compounds is colossal magnetoresistance manganites where their complexity manifests itself in the large number of competing magnetic phases in the phase diagrams of perovskite or layered materials,14 including the charge-ordered phase at 50% doping with the optical conductivity determined by the 3z2 − r2-like occupied orbital which coexists with charge order.15 In undoped LaMnO3 the optical conductivity σ(ω) shows several features at higher energy,16 and their spectral weights change with temperature. These features and the thermal evolution of their spectral weights may be well understood by employing a general relation between the spin-orbital superexchange and the spectral weight distribution in the optical spectra of Mott insulators.17 This theory is also successful in analyzing the temperature dependence of the low-energy optical spectra for high spin excitations in LaVO3,18 where spin-orbital entanglement plays a role.19

Detailed investigations of the optical conductivity of the ferromagnetic (FM) metallic La1−xSr2MnO3 have shown20 (i) a pseudogap in σ(ω) for temperatures above the Curie temperature T_C, (ii) the growth of the broad incoherent spectrum at low energy 0 < ω < 1.0 eV under decreasing temperature below T_C, and (iii) a narrow Drude peak. In these compounds electronic correlations among e_g electrons are strong and a orbital liquid stabilizes the FM metallic phase.21 These features have been successfully explained in the theory which focuses on the orbital dynamics in a situation when spins do not contribute and may be neglected.22 In this situation orbital polarons23 determine the transport properties and the optical spectra. Recently a two-peak structure of the optical conductivity was discussed for the metallic phase of FM manganites24 with a far-infrared Drude peak ac-
In this paper we investigate the optical conductivity in the two-dimensional (2D) orbital model with two active \(t_2g\) orbital flavors. This model reveals crucial properties we are interested in, and is applicable either to transition metal oxides with FM planes and active \(t_2g\) orbitals when the tetragonal crystal field splits off the \(xy\) orbital from the \([yz, zx]\) doublet filled by one electron at each site, as for instance in Sr\(_2\)VO\(_4\)\(^{28}\) or to certain \(e_g\) planar materials such as K\(_2\)CuF\(_4\) or Cs\(_2\)AgF\(_4\)\(^{29,30}\) or to cold-atom systems\(^{23}\) with active \(p\) orbitals\(^{21}\) Orbital superexchange which arises in the strongly correlated regime is responsible for alternating orbital (AO) order at half filling. This is then the reference state playing a role of the physical vacuum below when we consider the optical conductivity for a doped Mott insulator.

The paper is organized as follows. In Sec. III we introduce the microscopic model and specify typical parameters. The model is solved first for a single hole in Sec. III\(a\) where we analyze the processes of possible hole propagation and the role of string states in the optical conductivity. Next we present a numerical solution for the optical conductivity in Sec. II\(V\) and interpret the results in Sec. II\(VA\). A short summary and final conclusions are presented in Sec. IV. More technical details on the performed calculations and on the origin of the optical transitions that could be of interest only for some readers are given in the Appendix.

II. GENERALIZED ORBITAL \(t-J\) MODEL

For the purpose of discussing the optical conductivity in orbitally degenerate systems we concentrate on the recently introduced strong-coupling version of the two-orbital Hubbard model for spinless fermions on the square lattice (when the spins form a FM order and can be neglected)\(^{23}\). To be specific, the physical problem to which our analysis applies is the FM plane of a Mott insulator with AO order of \(t_2g\) (or \(e_g\) or \(p\)) orbitals, i.e., interacting spinless fermions which undergo one-dimensional (1D) nearest neighbor (NN) hopping with conserved orbital flavor:

\[
\mathcal{H} = -t \sum_{\langle ij \rangle} c_{i,a}^\dagger c_{j,a} - t \sum_{\langle ij \rangle} c_{i,b}^\dagger c_{j,b} + U \sum_i n_{ia} n_{ib} .
\]  

Here \(c_{i,a}^\dagger\) and \(c_{i,b}^\dagger\) are creation operators for electrons with two orbital flavors, and we consider \(t_{2g}\) orbitals\(^{30}\)

\[
|a\rangle \equiv |yz\rangle, \quad |b\rangle \equiv |xz\rangle,
\]

labeled by the index of a cubic axis which prohibits the electron hopping by symmetry; this notation was introduced for titanium and vanadium perovskites\(^{31}\). The summations in Eq. (1) are carried over pairs \(\{ij\}\) of NN sites in the \(ab\) plane.

In the following we consider an effective Hamiltonian obtained by a unitary transformation \(U\) which eliminates the part of the Hamiltonian that creates/annihilates double occupancies. The purpose is not to eliminate energetically costly double occupancies, but rather to assess accurately to what extent they contribute to the ground state energy and wave functions.\(^{30}\) The effective Hamiltonian reads

\[
\mathcal{H}_{t_{2g}} = \mathcal{P} U^{-1} \mathcal{H} U \mathcal{P},
\]

where \(\mathcal{P}\) is a projection operator that projects the transformed Hamiltonian on the low energy Hilbert space and removes all states with doubly occupied sites. The standard perturbation theory\(^{32,33}\) gives the following expression for the generator in Eq. (3):

\[
U = 1 + \frac{t}{U} \left( \sum_{\langle ij \rangle} (c_{i,a}^\dagger n_{ib} c_{j,a} - c_{j,a}^\dagger n_{ib} c_{i,a}) + \sum_{\langle ij \rangle} (c_{i,b}^\dagger n_{ia} c_{j,b} - c_{j,b}^\dagger n_{ia} c_{i,b}) \right) + O \left( \frac{t^2}{U^2} \right).
\]  

Following this scheme we obtain the generalized orbital \(t-J\) model with orbital superexchange \(J = 4t^2/U\) and three-site effective next nearest neighbor (NNN) hopping \(\tau = t^2/U\) (both expressions apply when \(U \gg t\)).

\[
\mathcal{H}_{t_{2g}} = \mathcal{P} (\mathcal{H}_t + \mathcal{H}_J + \mathcal{H}_{3s} + \mathcal{H}_{3d}) \mathcal{P} ,
\]

\[
\mathcal{H}_t = -t \sum_i \left( c_{i,b}^\dagger c_{i+\hat{a},b} + c_{i,a}^\dagger c_{i+\hat{b},a} + \text{H.c.} \right) ,
\]

\[
\mathcal{H}_J = \frac{1}{2} J \sum_{\langle ij \rangle} \left( T_i^+ T_j^+ - \frac{1}{4} n_i n_j \right) ,
\]

\[
\mathcal{H}_{3s}^{(f)} = -\tau \sum_i \left( c_{i,\hat{a},a}^\dagger n_{i,a} c_{i+\hat{a},b} + \text{H.c.} \right) - \tau \sum_i \left( c_{i,\hat{b},a}^\dagger n_{i,a} c_{i+\hat{b},b} + \text{H.c.} \right) ,
\]

\[
\mathcal{H}_{3d}^{(d)} = -\tau \sum_i \left( c_{i,\hat{a},b}^\dagger c_{i,a}^\dagger c_{i+\hat{a},b} + \text{H.c.} \right) - \tau \sum_i \left( c_{i,\hat{b},a}^\dagger c_{i,a}^\dagger c_{i+\hat{b},b} + \text{H.c.} \right) .
\]

Here the summations are carried over sites \(i \in ab\) plane, and the unit vectors \(\{\hat{a}, \hat{b}\}\) indicate the bond direction in the \(ab\) plane. The superexchange \(J\) is Ising-like and couples NN orbital operators,

\[
T_i^\pm = \frac{1}{2} (n_{ia} - n_{ib}) ,
\]

on the bonds \(\langle ij \rangle\) in the \(ab\) plane. The NN hopping \(t\) and the effective NNN hopping \(\tau\) contribute only in presence of holes as the projection operators \(P\) project onto the subspace without double occupancies; for more details see Ref. (31). As we demonstrate below, a nice feature of the Hamiltonian (5) is that even on the infinite lattice it can be in principle exactly solved in the low energy sector by numerical methods.
III. A SINGLE HOLE PROBLEM

We start the analysis of the optical conductivity by considering the problem of a single hole. In a Mott insulator when there is exactly one electron per lattice site only the exchange term Eq. (7) contributes and the ground state is the ‘orbital Néel state’ |AO⟩ with AO order, playing here a role of the physical vacuum and shown schematically in Fig. 1(a). Boxes aligned along the a (b) lattice direction represent b (a) orbitals, the sublattices containing a and b orbitals in the state |AO⟩ will be denoted by A and B, respectively. As interactions are Ising-like, quantum fluctuations are absent and the energy of this state is exactly $-\frac{1}{2}J$ per bond. This energy plays a role of the reference energy of the physical vacuum state |AO⟩ in what follows.

Next we assume that an electron is removed from the |AO⟩ state, i.e., a single hole is created in the state with AO order, see Fig. 1(b). It will be seen that the motion of this hole disrupts the AO order so that the problem has a strong similarity with the much studied problem of hole motion in an Ising antiferromagnet, sometimes referred to as the t-J model or, more generally, hole motion in an antiferromagnet.\(^{3,35-38}\) There are two differences: (i) the hole motion is directional, i.e., a hole on the A sublattice can move only in b-direction and vice versa, and (ii) the term $H_{\text{c}}$ is which is usually neglected in the spin t-J model but is the only term here responsible for coherent motion of the hole.

We consider the single-hole state $c_{\mathbf{i}}\mathbf{b}|\text{AO}\rangle$ shown in Fig. 1(b). In the following we refer to the states shown in Fig. 1 by their labels (b), (c), \emph{etcetera}. Creation of the hole at site $i$ raises the expectation value of $H_{\mathbf{t}}$ by $\Delta E_0 = \frac{1}{2}zJ$, where $z$ is the number of NNs (here $z = 4$). The term $H_{\mathbf{t}}$ — which in principle has the largest matrix element $t$ — couples the states (b) with the state (c). Thereby a misaligned orbital is created at $i$, which further increases the expectation value of $H_{\mathbf{t}}$ by $\Delta E_1 = \frac{1}{2}(z - 1)J$. The same holds true for all subsequent hops which involve $H_{\mathbf{t}}$ — these create a ‘string’ of misaligned orbitals, see the states (e) and (f). Each of these further misaligned orbitals created in step $n > 1$ increases the energy by $\Delta E_n = \frac{1}{2}(z - 2)J$. The term $H_{\mathbf{t}}$ therefore does not lead to a coherent propagation of the hole. Trugman has discussed coherent hole motion in the t-J model whereby a hole performs one and a half circular movement along the smallest closed loop, i.e., around a plaquette in a square lattice.\(^{39}\) It is straightforward to see that for this smallest $2 \times 2$ loop this mechanism does not work in the present case due to the directional nature of the hopping $H_{\mathbf{t}}$ Eq. \((9)\) that excludes the hopping $t$ along closed loops.

In contrast to this, the term \((8)\) couples the states (b) and (d) without creating any defect in the orbital order. This term therefore enables true coherent motion in the insulating ground state with AO order.\(^{30}\) Finally, the term \((9)\) has yet another effect in that it connects the states (b) and (e), as well as the states (e) and (f). In other words this term connects string states whose number of defects differs by two. In some special cases the term \((8)\) may ‘split off’ clusters of misaligned orbitals. Consider for example the state (f) and assume that the hole moves upward to site $i$ by virtue of hopping $\tau$ given by Eq. \((5)\). Then a $2 \times 2$ cluster of misaligned orbitals, all inverted with respect to the AO order, remains next to the hole in the final state.

In order to discuss the hole motion we restrict the Hilbert space to a basis of string states which are created by successive application of $H_{\mathbf{t}}$ starting from the state (b). Unlike the case of a quantum antiferromagnet, the Hamiltonian \((3)\) does not produce quantum fluctuations of the orbital order so that this restriction represents an even better approximation than in the spin t-J model. Due to the directional nature of $H_{\mathbf{t}}$ and the orbital Néel order each hop along the string must be perpendicular to the preceding one so that the maximum number of different strings created after $n$ hops is $2^n$. The actual number of topologically different strings is less than this because one has to exclude self-intersecting paths. If we denote the sequence of sites visited by the hole by $\mathcal{F} = \{i_0, i_1, \ldots, i_n\}$ and introduce the ‘orbital-flip operator’ at site $i$,

$$\hat{S}_i = c_{i,\bar{o}(i)}^\dagger c_{i,o(i)},$$  \((11)\)

where $o(i)$ ($\bar{o}(i)$) denotes the orbital at site $i$ which is occupied (unoccupied) in the reference |AO⟩ state, the

![FIG. 1: (Color online) Artist’s view of hole propagation in the ground state |AO⟩ with AO order presented in (a), with vertical (horizontal) bars standing for a (b) occupied orbitals. (b) A hole doped into the physical vacuum |AO⟩ at site $i$ removes four exchange bonds. It can be shifted to new positions by consecutively applying different terms of the Hamiltonian: (c) a single NN hopping $t$, (d) a single three-site term $\tau$, (e) a single three-site term $\tau$, and (f) several steps which create more flipped orbitals; for more details see text. Broken bonds that cost the energy $\frac{1}{2}J$ each are marked by $\times$.](image_url)
The coefficients \( \epsilon_{b,n}(k) \) depend on the sublattice index \( S \), the nature of the hopping terms and the resulting band structure of the \( 2D \) Brillouin zone. The bands are obtained for hole doping at sublattice \( B \) and for representative parameters: \( J = 0.4t, \tau = 0.1t \). The energy of the \( AO \) state with no holes, shown in Fig. 1(a), has been used as the reference energy. In agreement with the \( 1D \) nature of the three-site effective hopping \( (8) \), the dispersion of the lowest energy state and of some excited states show only dependence on \( k_b \).

Figure 2(b) shows the single-particle spectral function, defined as

\[
A(k, \omega) = -\frac{1}{\pi} \sum_n \frac{Z_n(k)}{\omega - \epsilon_{b,n}(k) + i\delta},
\]

where the string \( \mathcal{F}_0 \) corresponds to the state (b) in Fig. 1. In other words, this is just the weight of the bare hole in the wave function \( (14) \). As expected, the dispersionless bands in Fig. 2(a) have practically no spectral weight — as will be seen below, however, these bands give a dominant contribution to the optical conductivity.

The spectral weight of the lowest peak — which would form the quasiparticle band at finite doping — shows a weak \( k \)-dependence which can be understood as follows: For momenta near the minimum (maximum) of the dispersion, the hole gains (loses) energy by propagation. Since the dominant mechanism of propagation is the hopping of the bare hole via the three-site hopping term \( (8) \) — see the transition between states in Fig. 1 from (b) to (d) — this gain (loss) in energy will be larger if the weight of the bare hole in the wave function is larger. The weight of the bare hole, however, also gives the spectral weight of the quasiparticle peak. Therefore the weight of the peak is larger (smaller) near the minimum (maximum) of the dispersion.

### IV. OPTICAL CONDUCTIVITY

#### A. Numerical analysis

In the next step we discuss the optical conductivity, which is defined as \( \sigma(\omega) = \sigma_{A,\alpha}(\omega) + \sigma_{B,\alpha}(\omega) \), with the conductivity for sublattice \( S \in \{A,B\} \):

\[
\sigma_{S,\alpha}(\omega) = \sum_{k} \sum_{n=1}^{N} \frac{1}{\omega} \left| \langle \Psi_{S,k}^{(n)} | j_{\alpha} | \Psi_{S,k}^{(0)} \rangle \right|^2 \times n_{\text{sk}} \delta(\omega - (\epsilon_{S,n}(k) - \epsilon_{S,0}(k))).
\]

Here \( \alpha \in \{a,b\} \) denotes the direction of the current operator \( j_{\alpha} \). \( |\Psi_{S,k}^{(n)}\rangle \) are the approximate single-hole eigenstates \( (14) \) and \( \epsilon_{S,n}(k) \) are the corresponding eigenvalues. The \( n_{\text{sk}} \) denote the ground state occupation numbers of these states which we assume to be different from zero only for the lowest band labeled by \( n = 0 \). For a given
level of hole doping \( x \) they are determined by adjusting the Fermi energy. This implies that we are assuming that for finite hole concentration the lowest band for each sublattice is filled according to the Pauli principle. This procedure is reasonable for low density of doped holes \( x \).

We proceed to the discussion of the current operator \( j_\alpha \) (for more clarity the index \( \alpha \) is skipped below). For the original Hamiltonian \( \hat{\mathcal{H}} \) this is given by

\[
j = it \sum_{\delta = \pm 1} \left( \delta \hat{b}_{i+\delta a}^\dagger c_{i,a} + \delta \hat{a}_{i+\delta a}^\dagger \hat{c}_{i,a} \right). \tag{18}\]

At this point one has to bear in mind that the wave functions \( \left| \alpha \right\rangle \) are (approximate) eigenstates of the strong coupling Hamiltonian \( \hat{\mathcal{H}} \) rather than the original model Eq. \( \hat{\mathcal{H}} \). It is well known that in order to obtain consistent results for a system described by the original Hamiltonian \( \hat{\mathcal{H}} \) it is necessary to subject the operator in question — here the current operator — to the same canonical transformation \( \hat{\mathcal{H}} \) as the Hamiltonian itself. This property has been pointed out in the strong coupling expansion for the spin Hubbard model and we follow here this procedure.

The result of a similar calculation for the present orbital problem is the strong coupling current operator:

\[
\begin{align*}
    j_{2s^g} & = \mathcal{P} \left( j_t + j_{3s}^{(l)} + j_{3s}^{(d)} \right) \mathcal{P} + O \left( \frac{t^3}{U^2} \right), \tag{19} \\
    j_t & = -it \sum_i \left( \hat{a}_{i,b}^\dagger \hat{c}_{i+a,b}^\dagger \hat{b}_{i+a} + \hat{b}_{i,b}^\dagger \hat{c}_{i+a,b} - \text{H.c.} \right) \tag{20} \\
    j_{3s}^{(l)} & = -2\hat{a} i\tau \sum_i \left( \hat{c}_{i-\hat{a},b}^\dagger \hat{n}_{i,a} \hat{c}_{i+a,b} - \text{H.c.} \right) \\
    & \quad - 2\hat{b} i\tau \sum_i \left( \hat{c}_{i+b,a}^\dagger \hat{n}_{i,a} \hat{c}_{i+a,b} - \text{H.c.} \right), \tag{21} \\
    j_{3s}^{(d)} & = (\hat{a} - \hat{b}) i\tau \sum_i \left( \hat{c}_{i+b,a}^\dagger \hat{c}_{i,a} \hat{c}_{i+a,b}^\dagger \hat{c}_{i+\hat{a},b} - \text{H.c.} \right) \\
    & \quad + (\hat{a} + \hat{b}) i\tau \sum_i \left( \hat{c}_{i+b,a}^\dagger \hat{c}_{i,a} \hat{c}_{i+a,b}^\dagger \hat{c}_{i+\hat{a},b} - \text{H.c.} \right). \tag{22}
\end{align*}
\]

It is instructive to trace back the origin of nontrivial terms appearing in Eq. \( \text{19} \). The terms which are of order \( t^2/U \) stem from processes during which double occupancies are created at the intermediate stage due to the NN hopping in Eq. \( \text{13} \) and later removed by terms in the operator \( \mathcal{U} \) which are of order \( t/U \) or vice versa. It turns out that the process during which an electron with \( b \) orbital flavor moves from one site to its neighbor and back, see sites \( i \) and \( j \) in Fig. \( \text{1a} \), does not contribute to the transformed current operator \( j_{2s^g} \) due to the cancellation which originates from the sign dependence of the prefactor in Eq. \( \text{18} \) related to the hopping direction. Since there is no such dependence in the case of hopping term in the Hamiltonian \( \hat{\mathcal{H}} \), the mentioned process gives rise to the exchange term \( \text{21} \) in the effective Hamiltonian.

The above cancelation does not take place in the processes with transfer the hole by two lattice spacings. In the first process \( b \) orbital moves horizontally, as from site \( m \) to site \( l \) in Fig. \( \text{1b} \), followed by another hop in the same direction onto an empty (hole) site — this gives rise to the contribution \( \text{21} \) to the effective current. In a second process, another \( b \) orbital moves horizontally, and another hole is created along the diagonal of a plaquette (not shown). Such processes give rise to the contribution \( \text{22} \) to the effective current. Now, in the same way as for terms in the current operator related with NN hopping \( \text{20} \), we may deduce the matrix element of the current operator for terms related with further hopping in the \( \hat{a} \) (or \( \hat{b} \)) direction (solid line) and along the \( \hat{a} \) (or \( \hat{b} \)) direction (dashed line), as obtained from transitions between states propagating along the \( \hat{a} \) (or \( \hat{b} \)) direction at hole doping \( x = 0.1 \). The total spectrum involving transitions from both kind of states is the sum of both contributions. Parameters: \( J = 0.4t, \tau = 0.1t \). Lorentzian broadening of width \( 0.01t \) has been used.

![FIG. 3:](image-url) Contribution to the optical conductivity \( \sigma_{3s}(\omega) \) measured along the \( \delta = \hat{a} \) (b) direction (solid line) and along the \( \delta = \hat{b} \) (d) direction (dashed line). For the pairs of states shown in Figs. \( \text{1b} \), \( \text{1d} \) and in Figs. \( \text{1b} \), \( \text{1c} \), one finds the matrix elements \( -2i\tau \left( 0 \right) \) and \( i\tau \left( -i\tau \right) \), respectively.

The transformed current operator \( \text{19} \) is next used to compute matrix elements between string states. For example, we find that the matrix element for the \( b \) component of the current operator \( j_b \) \( \text{19} \) between states shown in Fig. \( \text{1b} \) and \( \text{1c} \) is \( it \). The hole shift occurs downwards. The overall sign of the matrix term is positive, as the string states \( \left| \alpha \right\rangle \) are defined in the hole language which brings about an additional sign change with respect to the prefactor appearing in Eq. \( \text{18} \). The matrix element of \( j_b \) for the same pair of states vanishes.

The spectra of optical conductivity \( \text{17} \) (obtained by applying the Lorentzian broadening width of \( 0.01t \)) are presented in Fig. \( \text{3} \). The solid line depicts the contribution to the conductivity measured along the \( \delta = \hat{b} \) direction from transitions between states propagating along the same direction, while the dashed line depicts the conductivity measured along the \( \delta = \hat{a} \) direction. The true response is the mixture of contributions from states propagating in both directions and for both \( \delta = \hat{a} \) and \( \delta = \hat{b} \).
It is given by the superposition of the spectra plotted spectra in Fig. 3.

B. Physical picture of transitions

Next we give a brief discussion of the physical significance of the optical transitions. In the discussion of hole motion we have seen that the dominant hopping term $\mathcal{H}_t$ does not lead to the coherent propagation of a hole because it creates a string of defects in the orbital order whence the energy increases linearly with the number of hops, i.e., with the string length. Coherent propagation is enabled only by the conditional NNN hopping term $J_{\text{int}}$. Let us assume for the moment that this term is switched off. Then we can think of localized eigenstates of the remaining Hamiltonian

$$|\Psi_{i,\nu}\rangle = \sum_{f} \alpha^{(\nu)}_f |\Psi_{i,f}\rangle.$$  \hspace{1cm} (23)

There are several symmetry operations which transform the states $|\Psi_{i,\nu}\rangle$ into one another: inversion, rotation by $\pi$ and reflection by the $\hat{b}$ ($\hat{a}$) axis for $i \in \mathcal{A}$ ($i \in \mathcal{B}$). This corresponds to the symmetry group $C_{2v}$ and the local eigenstates (23) accordingly realize irreducible representations of this group. Next, the Bloch states may alternatively be written as follows,

$$|\Psi^{(n)}_{S,k}\rangle = \sum_{\nu} c^{(n)}_{\nu} |\Psi_{k,\nu}\rangle,$$  \hspace{1cm} (24)

using the short-hand notation,

$$|\Psi_{k,\nu}\rangle = \sqrt{\frac{2}{N}} \sum_{j} e^{ikR_j} T_{R_j} |\Psi_{i,\nu}\rangle.$$  \hspace{1cm} (25)

This formulation — which is completely analogous to a local combination of atomic orbitals (LCAO) ansatz comprising s-like, p-like, d-like basis functions, etcetera — immediately clarifies the nature of the optical transitions: these are simply dipole-like transitions between the approximate local eigenstates $|\Psi_{i,\nu}\rangle$ generated by the interplay of hopping term $\mathcal{H}_t$ and the ‘string potential’. Since the current operator is e.g. odd under rotation by $\pi$, a matrix element $\langle \Psi_{i,\mu}|J_{\text{int}}|\Psi_{i,\nu}\rangle$ is different from zero only if the two states, $|\Psi_{i,\mu}\rangle$ and $|\Psi_{i,\nu}\rangle$ have opposite parity. Since, moreover, the band with the lowest energy, $n = 0$ in Eq. (14), has the totally symmetric ground state of the local Hamiltonian as its largest component, the peaks in the optical spectra give essentially — with only a small broadening due to weak dispersion — by the excitation energies of the states with odd parity. A very similar interpretation was also given for the ‘mid infrared’ spectral weight observed in numerical studies of the spin $t$-$J$ model and applies possibly to cuprate superconductors.

V. SUMMARY AND CONCLUSIONS

We have investigated the optical conductivity in the 2D orbital model as a generic model for studying orbital polarons in doped orbitally ordered ($t_2g$ or $p$) systems and capturing the essential physics. That effectively spinless model is applicable to planar systems like some transition metal oxides when (due to the tetragonal crystal field) degenerate $yz$ and $xz$ orbitals are active and singly occupied in a ferromagnetically ordered plane, or to cold atom systems in optical lattices when $p$ orbitals are active. It is demonstrated that in the presence of strong electron correlations, the tendency towards confinement determines the properties of the model, i.e., it can be viewed as a system of weakly coupled potential wells. The potential well physics originates from exchange energy increase induced by the sequences of orbitals flipped by a hole introduced by doping, when it moves in the orbitally ordered Mott insulator and generates a string potential along its path.

We have shown that propagating bands are much narrower in the present orbitally ordered system than in the spin $t$-$J$ model. Results of the analysis based on a variant of exact diagonalization, motivated by the string picture, suggest the formation of bands in the optical spectrum within the Mott-Hubbard gap by analogy with the mid-infrared band observed in doped cuprates. We predict that the optical conductivity would have this form in weakly doped Mott insulators with active orbital degrees of freedom, while at higher doping orbital stripes would form. Similar to the spin dynamics of stripes in superconducting cuprates, one expects qualitative changes in the optical conductivity for systems with domains of AO order separated by orbital stripes, which is an interesting topic for future studies. Other challenges are posed by orbital superfluidity in the $p$-band of a bipartite optical square lattice investigated recently or by spin-orbital systems, where an orbiton may separate from a spinon and propagate through a lattice as a distinct quasiparticle.

Acknowledgments

We thank Peter Horsch for insightful discussions and comments. A. M. Olesz acknowledges support by the Polish National Science Center (NCN) Project No. N202 069639.

Appendix: Origin of optical transitions

The aim of this section is to analyze the mechanism underlying the doping induced formation of states lying within the Mott-Hubbard gap of a correlated insulator which is orbitally ordered. Furthermore, it will be discussed, how the structure of those states influences the optical response. We believe that despite some simplifications, conclusions which will be drawn from this analysis.
are applicable to more complex situations encountered in real systems revealing orbital order.

Due to the simplicity of the analyzed model the relevant part of the Hilbert space consists of states which can be obtained by subsequently shifting the hole created in the AO state, the situation shown in Fig. 1(b), to nearby sites. Thus we could use that original position of the hole — \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) [here \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) stands for the function of the present hole position \( \mathbf{R} \) and the set of sites on which orbitals have been flipped (\( \mathbf{F} \))] to label a given string state \( |\Psi_{\mathbf{R}, \mathbf{F}}\rangle \). In order to determine \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) in a unique way, we additionally demand that the total length of hole path necessary to create the state \( |\Psi_{\mathbf{R}, \mathbf{F}}\rangle \) from a state representing a hole created at the site \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) in the AO state is minimal. For example, in the case of the shown state in Fig. 1(f) the vector \( \mathbf{R} \) refers to the site \( n \) while the vector \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) to the site \( i \). In principle there could be more than one "original site" obeying those conditions for a given pair \( \{\mathbf{R}, \mathbf{F}\} \). In that case we would arbitrarily choose a single \( \mathbf{R}(\mathbf{R}, \mathbf{F}) \) and the new method of state labeling by the new pair \( \{\mathbf{R}(\mathbf{R}, \mathbf{F}), \mathbf{F}\} \) would also work.

The possible ambiguity in determining the original position of the hole for a given string state would give rise to a new channel of coherent hole propagation which is known in the case of doped antiferromagnets. Fig. 4 depicts the so-called Trugman process\(^{26}\) which brings about hole deconfinement on a square lattice even in systems with Ising-type anisotropic exchange interaction as in the present orbital \( t-J_{1} \) model. The state shown in Fig. 4(a) can be obtained both by shifting the hole clockwise or anticlockwise around the elementary plaquette by three lattice spacings (initially the hole replaced a \( \downarrow \)-spin as shown in Figs. 4(b) and 4(c), respectively). In other words, by performing one and a half of the circular movement of the hole on a given plaquette, the end effect is that the hole has moved along the plaquette diagonal without bringing about spin flips in the Néel state, which gives rise to the weak coherent hole propagation.

Now, with the help of the computer algebra, we will demonstrate that in the present two-orbital problem the ambiguity in determining the original position of the hole for a given string state does not exist in the case of a string state generated by a single hole, with a small number of twisted orbitals in the \( |\text{AO}\rangle \) state. Thus, it seems that the only channel allowing for hole propagation is due to the Hamiltonian induced coupling between states representing a hole created in the \( |\text{AO}\rangle \) state, as the states depicted in Figs. 4(b) and 4(d). This kind of hopping is mediated by the small \( \tau \ll t \) term \( \mathbf{S} \).

We proceed now to provide the justification of that statement when restricted to the low energy sector of the Hilbert space, i.e., consisting of states with limited number of flipped orbitals in the \( |\text{AO}\rangle \) state. The Hamiltonian matrix represented in terms of states \( |\Psi_{\mathbf{S}, \mathbf{F}, k}\rangle \) consists of two decoupled blocks. The first (second) block is formed by states coupled with the state representing a hole created in the perfect \( |\text{AO}\rangle \) state at a site belonging to the sublattice \( \mathcal{A} (\mathcal{B}) \). Despite that both blocks show explicit dependence on both \( \{k_{a}, k_{b}\} \), the energies of eigenstates for each block disperse along a single direction, either (10) or (01) in the 2D Brillouin zone.

By representing the Hamiltonian matrix in terms of

\[
|\tilde{\Psi}_{\mathbf{S}, \mathbf{F}, k}\rangle = \sqrt{\frac{2}{N}} \sum_{i \in \mathbf{S}} e^{i \mathbf{k} \mathbf{R}(\mathbf{R}, \mathbf{F})} |\Psi_{\mathbf{R}, \mathbf{F}}\rangle,
\]

which is equivalent with performing a kind of gauge transformation, we get rid of the superfuous momentum dependence of the Hamiltonian matrix. Furthermore, if we neglect the term \( \mathbf{S} \), the Hamiltonian matrix lacks any dependence on momentum, which shows that the hole deconfinement occurs here solely due to that term and that the hole becomes confined when \( \tau \) is set to zero. Those findings are restricted to the basis considered by us which is limited by the path length. Furthermore, we do not probe the part of the Hilbert space which is not coupled by a Hamiltonian power to original states, representing a hole created in the \( |\text{AO}\rangle \) state. Thus, a general mathematical proof of the hypothesis regarding the nature of the propagation and valid for the whole Hilbert space is still needed.

To identify the origin of optical transitions contributing to the spectrum depicted in Fig. 3 we analyze now the properties of the Hamiltonian matrix represented in terms of states \( |\Psi_{\mathbf{S}, \mathbf{F}, k}\rangle \) [i.e., in the case when the original hole position is used to label string states], when \( \tau \) is set to 0, which means that only the "fast" part of the Hamiltonian is considered. It turns out that this part determines the overall structure of the energy-band hierarchy. Due to the lack of energy dispersion the bands are now completely flat, but their positions correspond very well to the sequence of bands obtained for finite \( \tau \) and shown in Fig. 2. The picture which emerges from that correspondence is that the physics of hole hopping in the

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FIG. 4: (Color online) The mechanism of the Trugman process\(^{26}\) allowing for hole deconfinement in a doped antiferromagnet described by the Ising model. (a) A hole doped to the Mott insulator with the antiferromagnetic order (spins are represented by arrows) generates six bonds with parallel spins by interchanging its position with spins on a plaquette after three hops. By a clockwise/antclockwise hopping by three more steps one arrives at states (c)/(b), where all spin excitations are removed and the antiferromagnetic state is repaired — hence such processes couple the configurations (b) and (c). Broken bonds that cost the classical energy \( \frac{1}{2} J \) each are marked by \( \times \).
FIG. 5: (Color online) Artist’s view of some disconnected string states which are not coupled by NN hopping $t$ with the original state of a hole doped in the AO state shown in Fig. 1(b). After moving by one hopping process $t$ from site $i$ to site $j$, the hole hops downwards by the effective hopping $\tau$ and leaves behind an island of excited bonds (a). Further hopping of the hole by either (b) one $t$ step, or (c) two $t$ steps, generates more defects in the $|AO\rangle$ state. Broken bonds ($\times$) as in Fig. 4.

orbital ordered background at large energy scale is determined by fast moves to NN sites, accompanied by the creation of defects in the orbital arrangement. Due to the increasing length of defect sequences (strings) a hole behaves like a particle in a potential well. Consequently, band hierarchy corresponds to the sequence of eigenenergies for the corresponding problem of the particle in the well. On the other hand, the energy dispersion is determined by “slow” hopping which brings about the modification at the energy scale $\sim \tau \ll t$ and can be viewed as a perturbation introduced on top of the robust structure of eigenstates arising for the potential-well problem. For finite $\tau$, the Hamiltonian matrix block formed by states coupled with the state representing a hole removed from the $A$ ($B$) sublattice in the $|AO\rangle$ state does not show any dependence on $k_a$ ($k_b$), which explicitly demonstrates that the hole propagation is 1D.

The point group of the underlying orbital background is $C_{2v}$. The Brillouin zone gets folded due to the staggered form of the AO order and all parameters like the energy are periodic with the periodicity $(\pi, \pi)$ and $(\pi, -\pi)$. The bottom of the lowest energy band lies on the lines $(\pi/2, k_b)$ and $(k_a, \pi/2)$ (and on lines equivalent by symmetry) for two orthogonal directions of the 1D hole propagation, respectively. Within the single particle approximation which we apply here, the Mott insulator doped with holes starts to fill orbital polaron bands near their bottoms. Even for nonzero $\tau$ the Hamiltonian blocks represented in the basis of states $|\mathbf{A}, \mathbf{l}\rangle$ are fully symmetric with respect to the point group $C_{2v}$ for wave vectors lying at the band bottom. For example, the block in the sector consisting of states lacking dispersion in the $b$ direction is symmetric at the wave vector $(\pi/2, k_b)$ with respect to the reflection in the $a$ axis, as it lacks the dependence on $k_b$. The inversion in the $b$ axis transforms $(\pi/2, k_b)$ into $(-\pi/2, k_b)$, which is the same as $(\pi/2, k_b + \pi)$ due to Brillouin zone folding, and equivalent to $(\pi/2, -k_b)$ due to the lack of dependence on $k_b$. Thus we can use $C_{2v}$ to classify the symmetry properties of states at the band bottom.

The ground state for both nonzero $\tau$ (system with propagating holes) and for $\tau$ set to zero (system with confined holes) is even with respect to both reflections: in the $a$ axis ($s_a$), and in the $b$ axis ($s_b$). In the latter case the states like the ones depicted in Figs. 5(a)-5(c) which are not coupled by a product of the $t$-hopping terms $\langle \mathbf{9} \rangle$ with the original state, with a hole created in the $|AO\rangle$ state at site $i$ and shown in Fig. 1(b), do not contribute to the ground state, while in the former case their weight is small. The state depicted in Fig. 5(a) is coupled with the state shown in Fig. 1(c) by the $\tau$-hopping term $\langle \mathbf{8} \rangle$ which, on the other hand, is coupled with the original state presented in Fig. 1(b) by the $t$-hopping term $\langle \mathbf{6} \rangle$. The states shown in Figs. 5(b) and 5(c) are both coupled by hopping terms with the state presented in Fig. 5(a).

The first excited state in the sector corresponding to the propagation in the $a$ direction is odd with respect to the reflection $s_a$ and even with respect to $s_b$. Since the current operator $\langle \mathbf{10} \rangle$ is an axial vector, its $b$ component (which is odd with respect to $s_a$) couples the first excited state with the fully symmetric ground state, which gives rise to the contribution to the optical weight in the form of the first peak from the left shown in Fig. 3. Upon doping, the optical transitions occur at momenta located in the vicinity of the band minimum, which explains why the peak gets a finite width. In the system with no propagating holes, the states such as those depicted in Fig. 5 which are not coupled by NN hopping to the original state, do not contribute to the first excited state, while their weight is small when the holes propagate.

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