Quantification of Flavonoids in Brazilian Orange Peels and Industrial Orange Juice Processing Wastes

Regina M. S. Pereira¹, Begoña Giménez-Cassina López², Susana N. Diniz¹, Alyne Alexandrino Antunes³, Daniel Moreno Garcia⁴, Carlos Rocha Oliveira⁵, Maria Cristina Marcucci¹*

¹Post-Graduated School in Pharmacy and Biotechnology, Anhanguera University of São Paulo—UNIAN-SP, São Paulo, Brazil
²Department of Plant Biology and Pharmacy Course, Institute of Biology, University of Campinas, UNICAMP, Campinas, Brazil
³Centro Interdisciplinar de Investigação Bioquímica, Universidade de Mogi das Cruzes—UMC, Mogi das Cruzes, Brazil
⁴Departamento de Farmacologia, Escola Paulista de Medicina, Universidade Federal de São Paulo, São Paulo, Brazil
⁵Escola de Ciências da Saúde, Universidade Anhembi Morumbi, São Paulo, Brazil

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Abstract

The flavonoid content in orange peels of different Brazilian citrus varieties such as bahia, lima, lima-of-persian, morcote, pera, ponkan, seleta, cravo, kinkan and pomelo was assessed. Industry processing juice wastes such as bagasse, bagasse residues, animal feeding bagasse, pulp WEUE and CORE-wash were also analyzed. The HPLC analysis indicates that the most abundant flavonoids found in these Brazilian citrus peels are hesperidin and naringin. The solvents used are selective for flavonoid extraction, and depending on their polarity, glycoside or aglycone flavonoids are extracted. The use of multivariate analysis shows that DMSO is the best solvent to extract glycosides flavonones while hexane displays high selectivity in the extraction of polymethoxylated flavones. The flavonoids present in the orange wastes, obtained at different stages of the industrial processing, are qualitative and quantitatively different. The identification and quantification of the flavonoid composition in each Brazilian citrus variety were evaluated and allowed the selection of the best solvent for the extraction of each specific class of flavonoids. These compounds were found to be more abundant in the fruit peels than in their juices, revealing their great industrial potential. The residual portion of the processing juices is also rich in flavonoids, depending on the processing step.

Keywords

Citrus, Orange Peel, Flavonoid, Brazilian Orange, Orange Juice Processing Wastes

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1. Introduction

Flavonoids in citrus are a major class of secondary metabolites that have significant impact in human life [1]-[6]. These compounds are present in many sources, including citrus fruits [7] [8] [9] [10] [11]. The therapeutic or even toxic activity, e.g., antioxidant, anti-inflammatory, antibacterial, antimutagenic, antiviral and antimetastatic effects, has been reported in a great number of these flavonoids [12] [13] [14] [15]. Hesperidin, the most abundant flavonoid in Citrus aurantium, influences vascular permeability [16] [17]; naringin and hesperetin inhibit the in vitro proliferation of human breast cancer cells [6] [8] [18]; tangeretin and nobiletin are the most active antimutagen flavonoids tested so far, and many display chemopreventive potential [19] [20] [21]. The pharmacological potential of these polyphenolic compounds is the reason why the interest of the pharmaceutical industry on these compounds has increased over the last years [14] [22].

Therefore, the analysis of citrus flavonoids has become essential. There are several studies published on the HPLC analysis of citrus flavonoids [8] [23] [24] [25]. However, there are few reports on the HPLC analysis of citrus Brazilian fruit peels [10] [26].

In Brazil, there are many different species and varieties of citrus. The most common are: lima orange, lima-of-persian, seleta, morcote, mexerica poncan, bahia and pera.

The purpose of this paper is to assess different methods for the extraction of the flavanones: hesperidin, hesperetin, naringin, naringenin and the polymethoxylated flavone tangeretin, in ten different Brazilian citrus. The compounds were identified by comparison with standards and quantified by HPLC analysis. Furthermore, these results were analyzed using multivariate analysis, allowing the identification of the best extraction method. We also analyzed and quantified flavonoids in industrial juice processing waste named “bagacilio” (BCGD), bagasse (BCD), animal feeding bagasse (BRD), pulp WEUE (PUD) and CORE-wash (CRD).

2. Materials and Methods

2.1. Chemicals and Reagents

The standards used in the identification and quantification of the peaks in orange peels by HPLC were purchased from Sigma (USA) (quercetin, hesperidin, hesperetin, naringin, naringenin) and tangeretin from Chromadex (USA). Solvents such as DMSO (dimethylsulfoxide) were purchased from Ecibra (Brazil), hexane from Synth (Brazil) and methanol from Merck (Germany).

2.2. Oranges

Ten different types of citrus were analyzed, bahia (Citrus sinensis L.Osbeck var. baia), lima (Citrus aurantifolia or Citrus limetta—Rutaceae), lima-of-persian (Citrus limettioides), morcote (Citrus aurantium × reticulata var. murcote), pera
(Citrus sinensis L. Osbeck), ponkan (Citrus reticulata Blanco var. poncan), seleta (Citrus sinensis L. Osbeck var. seleta), cravo (Citrus reticulata Blanco), kinkan (Fortunella margarita) and pomelo (Citrus paradisi Macfayden), and purchased at local markets in São Paulo, Brazil.

2.3. Sample Preparation

The orange peels were further grounded to a fine powder using a blender (Arno, Brazil) and dried at 70°C using drying oven (Fanem™, Brazil). This fine powder (60 mesh, 0.25 mm) was extracted for 24 hours in 500 mg portions with 10 mL of DMSO, hexane, methanol or DMSO after hexane extraction. This last portion, after extracting with hexane, filtering and drying, was re-extracted with DMSO (500 mg with 10 mL of DMSO). The extracts were filtered using a 0.45 µm filter (minisart, Sartorius, Germany) and analyzed by HPLC in triplicate. Samples of orange peel residues were dried at 70°C and processed using the same procedure as the orange peels.

2.4. Chromatographic Analysis

Orange samples were analyzed by HPLC in a D-7000 Merck-Hitachi equipment (Merck-Hitachi, Darmstadt, Germany) with a L-7100 pump and a L-7200 autosampler. The chromatographic conditions were: reverse phase column (Lichrochart 100 RP-18; 12.5 × 0.4 cm, diameter of particle of 5µm, Merck, Darmstadt, Germany) and oven temperature of 35°C. The mobile phase was water-formic acid (5% (v/v) of formic acid, solvent A) and methanol (solvent B), with a flow of 1 mL·min⁻¹, using a linear gradient (starting with 30% of solvent B, increasing to 80% in 20 minutes and going back to 30% of solvent B in 22 minutes remaining in this conditions until 25 minutes). The time of the analysis was 25 minutes and the detection was performed using a diode array detector (HPLC-DAD) (Merck-Hitachi, L-7450) and the wavelengths used were 280 nm and 340 nm. The software used for data analysis was the Chromatography Dates Station - DAD Manager).

2.5. Statistical Analysis

In the research for possible differences between the groups, analysis of variance (ANOVA) followed by Tukey-Kramer multiple comparison test (parametric data) and Kruskal-wallis (nonparametric data) was used. When the comparison was only between two groups Student unpaired t test was used. P < 0.05 was considered statistically significant (GraphPad, Prism 6.0, San Diego, CA, USA).

2.6. Multivariate Statistical Analysis

Principal component analysis (PCA) is an analysis that allows to describe the variation (or dispersion) of one determined data set. Samples (orange peels) were represented by a row vector while the variables (different extracting solvents) were represented by a column vector. This matrix can be decomposed in two different matrices, the scores that represent the position of a sample in this
new system of cartesian coordinates and the loadings that represents the weight of each variable in this new axles of coordinates. In the present work, the analysis of the composition of the orange peels and the industry processing wastes was assessed using The Unscrambler 10.2 software (CAMO, USA). PCA and Hierarchical Clustering Analysis (HCA) using Ward’s method on previously normalized data, were performed.

3. Results and Discussion

3.1. Extraction of Flavonoids in Orange Peels

Orange peels are a good source of flavonoids such as glycosides and polymethoxylated flavones [11]. Orange peel extracts of different citrus varieties were prepared in methanol, hexane and DMSO. The flavonoid content in the orange peels was quantified using external standards such as quercetin, hesperidin, hesperetin, naringin, naringenin and tangeretin (Figure 1).

Typical chromatograms of the extracts are shown in Figure 2. The most abundant flavonoid extracted by DMSO and methanol, in all orange peels studies, was hesperidin (Table 1).

More polar solvents like methanol or DMSO display better extraction efficiency of glycoside flavanones such as naringin, hesperidin and naringenin. Quercetin (aglycone flavonol) was identified in some orange peels extracted with these same solvents. Quercetin was identified in peels of Navel variety citrus [27]. However, hexane is the solvent of choice to extract polymethoxylated flavones, such as tangeretin. Nobiletin, which is also a polymethoxylated flavone,

Figure 1. Chromatogram of standards with respective retention time (Rt, in minutes) and chemical structures.
was identified in the extracts by comparison with the UV-Vis spectra library, but it was not quantified (Figure 2).

3.2. Effect of the Extracting Solvents on the Orange Peels Composition

The multivariate analysis showed a selective extraction of flavonoids using different solvents. The extractions of the orange peels were named in accordance with the solvent used in the extraction and type of orange (Table 1).

**Figure 2.** Typical HPLC-DAD chromatogram of baia orange peels extracted with DMSO (a), hexane (b) and methanol (c). Peak 1 is naringin, 2 is hesperidin, 3 is narigenin, 4 is tangeretin, 5 is tangeretin and 6 nobiletin (chemical structure showed in (b)), identified by comparison with the UV-Vis spectrum of the spectrum library, not quantified.
Table 1. Flavonoids in orange peels (expressed in mg of each flavonoid per gram of dried peel)*.

| Orange  | Abbrev.* | DMSO extraction | Hexane extraction | Methanol extraction |
|---------|----------|-----------------|-------------------|---------------------|
|         |          | Naringin | Hesperidin | Hesperetin | Naringenin | Tangeretin | Naringin | Hesperidin | Hesperetin | Naringenin | Tangeretin |
|         |          |          |            |            |            |            |          |            |            |            |            |
| Baia    | LBD      | 2.06 ± 1.78 | 41.17 ± 0.08 | 0.00 ± 0.00 | 1.78 ± 0.01 | 1.02 ± 0.00 |
| Lima    | LLD      | 0.80 ± 0.02A | 28.30 ± 0.02 | 0.00 ± 0.00 | 0.85 ± 0.01 | 0.84 ± 0.01 |
| Lima-of-persian | LIPD | 1.73 ± 0.05 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.19 ± 0.03 |
| Morcote | MOD      | 0.88 ± 0.14A | 2.10 ± 0.29 | 0.00 ± 0.00 | 0.47 ± 0.81 | 1.59 ± 0.03 |
| Morcote (dried) | MSD | 0.96 ± 0.01A | 2.27 ± 0.02 | 0.00 ± 0.00 | 1.80 ± 0.01 | 4.44 ± 0.01 |
| Pera    | LPD      | 0.00 ± 0.00 | 8.61 ± 0.03 | 0.00 ± 0.00 | 0.00 ± 0.00 | 1.22 ± 0.02 |
| Ponkan  | PKD      | 1.37 ± 0.03A | 33.49 ± 0.16 | 0.00 ± 0.00 | 0.86 ± 0.01 |
| Seleta  | SLD      | 0.79 ± 0.01A | 39.39 ± 0.12 | 0.00 ± 0.00 | 2.07 ± 0.01 |
|         |          |            |            |            |            |            |          |            |            |            |
| Baia    | LBH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.53 ± 0.01 |
| Lima    | LLH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.06 ± 0.00 |
| Lima-of-persian | LIPH | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.25 ± 0.01 |
| Morcote | MOH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 1.67 ± 0.02 |
| Morcote (dried) | MSH | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 2.42 ± 0.07 |
| Pera    | PLH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.50 ± 0.01 |
| Ponkan  | PKH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 2.85 ± 0.01 |
| Seleta  | SLH      | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.00 ± 0.00 | 0.39 ± 0.00 |

*Abbreviation used in multivariate analysis; **Results in triplicates (± SD). Detection limit of 0.3 ppm or 0.003 mg/g. Data are means ± S.D. of three independent determinations. Means within a column of Naringin sharing the letter A are significantly reduced (p < 0.05) by One-Way ANOVA compared to LBM, B compared to LBD, C compared to MSM, E is significantly increased by One-Way ANOVA compared to PKM. Means within a column of Hesperidin sharing the letter F are not significantly different (p > 0.05) by One-Way ANOVA compared to LLD, G compared to LIPM and H compared to MOD. Means within a column of Hesperetin sharing the letter I are significantly increased (p < 0.05) by Student unpaired t-test comparing LBM to LIPM. Means within a column of Naringenin sharing the letter J are not significantly different (p > 0.05) by One-Way ANOVA compared to LBM, L compared to LLM, M compared to LLD, N compared to MOD and P compared to PKM. Means within a column of Tangeretin sharing the letter S are not significantly different (p > 0.05) by One-Way ANOVA compared to LBM, T compared to LBH, U compared to LLM, V compared to LLD, W compared to LPM, Y compared to LIPM, Z compared to LIPH, a compared to LIPD, b compared to MOH and c compared to PKM.
In the PCA of Figure 3 it is possible to observe the separation of the extracts in three groups according to their chemical composition and extracting solvent. PC1 and PC2 can explain 97% of the data variance, and the accumulated variance of PC3 is 99%. The hexane extracts are clustered together while there is no clear separation between the methanol and DMSO extracts. The loadings plot show that tangeretin is responsible for gathering all the hexane extracts together.

Figure 3. Principal components (PCA) of orange peels from Brazilian citrus variety. Hexane extracts are in red, methanol extracts are in blue and DMSO extract are represented in green in the scores graphs. The loadings graphs present the flavonoids. (a) Scores of the PC1 vs PC2; (b) loadings of the PC1 vs PC2; (c) scores of the PC1 vs PC3 (d) loadings of the PC1 vs PC3. For abbreviations see Table 1.
and higher levels of hesperidin are observed in one of the other groups. The presence and the quantity of naringenin, hesperetin, hesperidin and naringin in the methanol and DMSO extracts, have clustered these samples into two groups. The hierarchical clustering analysis (HCA), using Ward’s method, clustered the samples in two groups with a relative distance lower than 5.5 (Figure 4), one belonging to the hexane extract and the other one included the other two extracting solvents. The relative distance is the parameter that determines how similar the samples are, and low values indicate more similarity as it can be observed in samples extracted with methanol and DMSO. Among the ten orange varieties analyzed, it was possible to treat six of them with two different solvents (Table 1), DMSO and methanol. When DMSO was used, the main flavonone extracted was hesperidin in orange peels of bahia (LBD), lima (LLD), seleta (SLD) and ponkan (PKD). The extraction with methanol yielded higher amounts of hesperidin and hesperetin in lima-of-persian peels (LIPM) and thus it was the most efficient solvent for the extraction of these substances. Naringin and tangeretin, on the other hand, were only observed in the DMSO extracts, revealing a selective separation with these solvents (Table 1).

The extraction of hesperetin in bahia (LBM) and lima-of-persian (LIPM) oranges, was only observed in methanol, which supports the statement that methanol is the best solvent to extract hesperidin aglycones, when compared to DMSO and hexane.

The amount of naringenin found in all the orange peels studied was very low, only being observed in the extraction with DMSO. This solvent was also more efficient than methanol in the extraction of tangeretin, however, hexane was the most efficient and selective solvent in the extraction of tangeretin and other polymethoxylated flavanones. None of the flavanones were detected in the hexane extract (Figure 2). This study also shows that hexane is a very selective solvent to extract polymethoxy flavones.

An attempt to increase the flavonones extraction was made using DMSO, after

![Figure 4. HCA separating the extraction methods for the orange peels. For abbreviations see Table 1.](image-url)
extracting seleta peels with hexane obtaining the following concentrations (in mg·g⁻¹): naringin from 0.792 ± 0.002 to 2.301 ± 0.077, hesperidin from 39.388 ± 0.119 to 47.339 ± 1.128, naringenin from 2.074 ± 0.006 to 2.318 ± 0.023 (small change). This study shows that this consecutive extraction was more efficient in the extraction of naringin, hesperidin and naringenin, than when using DMSO alone (Table 1).

This selective extraction of flavonoids is a step forward to separate glycosides flavanones (hesperidin and naringin) from their aglycones (hesperetin and naringenin) and polymethoxylated flavones (tangeretin) (Figure 3).

The amount of flavanones and polymethoxyflavones found in orange peels was always higher than those found in their corresponding juices according to the literature. That is the case of the pera variety (Citrus sinensis Osbeck) whose concentration of hesperidin found in the orange juice was 0.269 mg·g⁻¹ [28] which is lower than the amount found in the respective peel that was 8.61 mg·g⁻¹ (Table 1). The bahia variety orange juice presented 0.427 mg·g⁻¹ of this substance [28] while the concentration in the orange peels was 41.17 mg·g⁻¹ (LBD, Table 1). The same situation was observed in the lima variety juice which presented 0.223 mg·g⁻¹ of hesperidin and its peel contained 28.30 mg·g⁻¹ (LLD, Table 1). The hesperidin content of the orange juice of the Citrus sinensis Osbeck variety, was similar to that reported in the literature, however the amount of naringin and naringenin was much lower [29]. Similar behavior was observed in other citrus fruit juices from industries all over the world [30].

Molina-Calle et al. [21] reported that the most abundant glycoside flavanones in citrus peels from Spain were naringin, hesperidin and neohesperidin. M'hiri et al. [31] used different operating conditions, such as ultrasound, microwave, supercritical CO₂ and high pressure for the flavonoid extraction from oranges (Citrus sinensis) of the Maltese variety. They found that the best condition to extract hesperidin was ultrasonic extration at 125W (8.362 ± 0.296 mg·g⁻¹) and microwave, 200 W (9.289 ± 0.007 mg·g⁻¹). The most abundant flavonoids were hesperidin and neohesperidin.

It was reported that capillary electrophoresis (CE) coupled to mass spectrometry (MS) is a good technique to identify and quantify flavonoids in bitter and sweet orange peel samples. The authors found 5.1 ± 0.2 and 7.9 ± 0.7 mg·g⁻¹ of naringin and neohesperidin in bitter orange peel and 26.9 ± 2.1 and 35.2 ± 3.6 mg·g⁻¹ of narirutin and hesperidin in sweet orange peel, respectively. In this study the amounts found were between 0.47 ± 0.01 mg·g⁻¹ (PKM) to 2.98 ± 0.02 mg·g⁻¹ (LBM) of naringin and between 2.10 ± 0.29 mg/g (MOD) to 41.17 ± 0.08 mg·g⁻¹ (LBD) of hesperidin, showing a similar amount of the latter as reported in the literature [32] [33].

Liu et al. [23] analyzed the dried ripe pericarp of Citrus reticulata Blanco (the mandarin orange) collected in different parts of China and found contents of naringin between 0.556 ± 0.009 mg·g⁻¹ and 4.202 ± 0.040 mg·g⁻¹, amounts of hesperidin from 50.137 ± 0.301 mg·g⁻¹ to 100.525 ± 1.398 mg·g⁻¹ and tangeretin from 0.562 ± 0.003 to 11.548 ± 0.093 mg·g⁻¹. Our results are in the same concen-
tration range of those described by these authors.

Chen et al. [34] reported that the most abundant flavonoid in oranges peels from different places such as China, Canada, and the United States, was hesperidin, as it was observed in the current study. Orange peels showed both antioxidant and anti-inflammatory activities. The presence of hesperidin as a major component in *Citrus* peels was confirmed by Guccione et al. [35] using HPLC-DAD and HPLC-MS techniques.

### 3.3. Extraction of Orange Peels only with DMSO

Orange peels from other citrus species were extracted only with DMSO: cravo (*Citrus reticulata* Blanco) (LCRD), kinkan (*Fortunella margarita*) (LRD) [36] and pomelo (*Citrus paradisi* Macfadyen) (POD). The amount of naringin was (mg·g⁻¹): 1.892 ± 0.015 (LCRD), 5.978 ± 0.580 (LRD) and 3.980 ± 0.107 (POD). Hesperidin and naringenin were found only in LCRD, in amounts of 37.076 ± 0.237 mg·g⁻¹ and 6.762 ± 0.805 mg·g⁻¹, respectively. Tangeretin was identified and quantified in all samples (in mg·g⁻¹), 0.730 ± 0.203 (LCRD), 0.168 ± 0.017 (LRD) and 0.120 ± 0.002. Cravo peels extracted with DMSO (LCRD) showed the highest content of flavonoids (Figure 5).

### 3.4. Flavonoids in Industrial Orange Juice Processing Wastes

In the orange juice production industry, the process to obtain final products from available raw materials, involves a large amount of wastes. Several steps are performed and beyond juice, everything is used with a commercial purpose.

Industrial orange juice processing wastes were extracted in DMSO. In this study, naringin, hesperidin and tangeretin, and flavonoids found in different amounts at each stage of the process were quantified. Naringenin and quercetin were not present at any of the steps (considering a detection limit of 0.003 mg/g) and hesperetin was only found in the CORE. The portion used in animal feed (BRD) was rich in hesperidin (greater amount), naringin and tangeretin (Table 2).

![Figure 5](image)

**Figure 5.** Concentration of flavonoids (mg·g⁻¹) found in orange peels extracted only with DMSO. LCRD is cravo, LRD is kinkan and POD is pomelo.
Table 2. Flavonoids in wastes of orange juice (expressed in mg of each flavonoid per gram of wastes from orange juice).

| Material* | Naringin     | Hesperidin  | Hesperetin | Naringenin | Tangeretin |
|-----------|--------------|-------------|------------|------------|------------|
| BCGD      | 1.414 ± 0.004| 22.631 ± 0.008| 0.000 ± 0.000| 0.000 ± 0.000| 0.056 ± 0.001|
| BCD       | 3.197 ± 0.009| 42.728 ± 0.075C| 0.000 ± 0.000| 0.000 ± 0.000| 0.136 ± 0.001E|
| BRD       | 5.072 ± 0.023A| 44.236 ± 0.016C| 0.000 ± 0.000| 0.000 ± 0.000| 1.930 ± 0.002EF|
| PUD       | 0.956 ± 0.011B| 11.496 ± 0.007D| 0.000 ± 0.000| 0.000 ± 0.000| 0.000 ± 0.000|
| CRD       | 5.807 ± 0.040A| 34.206 ± 0.013C| 2.149 ± 0.004| 0.000 ± 0.000| 0.000 ± 0.000|

*Results in triplicates (± SD). Legend: BCGD, "Bagacilio"; BCD, Bagasse; BRD, Bagasse for animal food; PUD, Pulp WEUE and CRD, CORE. Means within a column of Naringin sharing the letter A are significantly increased (p > 0.05) by One-Way ANOVA compared to BCGD, B are significantly reduced (p > 0.05) by One-Way ANOVA compared to BCGD. Means within a column of Hesperidin sharing the letter C are significantly increased (p > 0.05) by One-Way ANOVA compared to BCGD, D are significantly reduced (p > 0.05) by One-Way ANOVA compared to BCGD. Means within a column of Tangeretin sharing the letter E are significantly increased (p > 0.05) by One-Way ANOVA compared to BCGD, F are significantly increased (p > 0.05) by One-Way ANOVA compared to BCD.

The finding that the concentration of these important compounds is higher in these fruit peels than in their juice clearly indicates that orange peels are an important industry source [37] [38]. The demonstrated possibilities of simple and selective extraction of these compounds entitles them as an alternative for industrial production.

4. Conclusion

The extraction of flavanones and polymethoxylated flavones from orange peels of different citrus species, using different solvent systems, allowed the identification and quantification of the flavonoid composition in each Brazilian citrus variety and the selection of the best solvent for the extraction of each specific class of flavonoids. It was determined that hexane is a selective solvent to extract polymethoxy flavones like tangeretin. The consecutive extraction using hexane and then DMSO was more efficient in the extraction of naringin, hesperidin and naringenin, than when using DMSO alone. The extracting procedures used in this work showed that these compounds are more abundant in the fruit peels than in their juices, revealing their great industrial potential. Industrial orange juice processing wastes, in all the processing steps, are also rich in hesperidin, with similar (or proportional) amounts as the ones found in the peels, and thus they are a promising source of this flavonoid. The combination of techniques such as HPLC-DAD and PCA is a powerful tool to evaluate clusters and confirm, in this case, what solvent is most effective extracting flavonoids in orange peels.

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