Ethanol Augments Monosodium Urate-Induced NLRP3 Inflammasome Activation via Regulation of AhR and TXNIP in Human Macrophages

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Purpose: Ethanol elicits several inflammatory responses and affects the innate immune response. The aim of this study was to identify the mechanism by which ethanol affects uric acid-induced NLR family pyrin domain-containing 3 (NLRP3) inflammasome activation by regulation of aryl hydrocarbon receptor (AhR) and thioredoxin-interacting protein (TXNIP).

Materials and Methods: Human myeloid leukemia cells (U937 cells) were used to assess the role of ethanol in NLRP3 inflammasome activation induced by monosodium urate (MSU) crystals. Expression of target molecules, such as NLRP3 inflammasome components, AhR, and TXNIP, were measured using quantitative real-time PCR and Western blot analyses. The effect of ethanol-induced TXNIP on the NLRP3 inflammasome was assessed in human macrophages transfected with TXNIP siRNA.

Results: U937 cells treated with 100 mM ethanol for 24 h induced NLRP3 and interleukin (IL)-1β expression. Ethanol increased reactive oxygen species generation in a time- and dose-dependent manner. AhR mRNA expression was downregulated in U937 cells treated with 100 mM ethanol, whereas CYP1A1 mRNA expression increased. Treatment with ethanol increased NLRP3 and IL-1β mRNA and protein expression in U937 cells exposed to 1.0 mg/mL of MSU crystals for 24 h. TXNIP expression in U937 cells incubated with both 100 mM ethanol and 1.0 mg/mL of MSU crystals was significantly higher than in cells incubated with MSU crystals alone. Treatment with 100 mM ethanol for 24 h downregulated NLRP3 and IL-1β expression in MSU crystal-activated U937 cells transfected with TXNIP siRNA, compared to those with scramble siRNA.

Conclusion: Ethanol stimulates uric acid-induced NLRP3 inflammasome activation through regression of AhR and upregulation of TXNIP.

Key Words: Ethanol, uric acid, NLRP3, inflammasome, AhR, TXNIP

INTRODUCTION

The NLR family pyrin domain-containing 3 (NLRP3) inflammasome is activated by pathogen-associated molecular patterns (PAMPs) and endogenous danger-associated molecular patterns (DAMPs), including pore-forming toxins, bacteria, asbestos, alum, adenosine triphosphate (ATP), nigericin, and cholesterol crystals.1,2 Various mechanisms play a role in promoting NLRP3 inflammasome activation, including calcium flux, mitochondrial reactive oxygen species (ROS), and thioredoxin-interacting protein (TXNIP).3,4 Potent negative regulators have also been found to modulate NLRP3 inflammasome activation to maintain a balance between aberrant inflammation and beneficial effects for the host, such as tripartite-motif protein 30, nitric oxide, and aryl hydrocarbon receptor (AhR).5-7

Ethanol elicits various physiologic effects in abnormal cellular metabolism and tissue or organ damage. Some evidence on the conflicting effects of ethanol on NLRP3 inflammasome...
activation has been presented: Ethanol markedly attenuated activation of the NLRP3 inflammasome in response to diverse danger signals, including ATP and nigericin, in lipopolysaccharide (LPS)-primed macrophages. In contrast, the NLRP3 inflammasome was found to be responsible for the pathophysiology of alcohol-induced neuro-inflammation in experimental studies using brain tissue and neuronal cells. TXNIP was found to be involved in activation of NLRP3 inflammasome after binding to NLRP3 in uric acid-mediated inflammation. Alcohol was also shown to induce hepatocyte pyroptosis through TXNIP overexpression and NLRP3 inflammasome, which is responsible for alcoholic hepatitis. However, there is a lack of studies on what role alcohol plays in regulating the function of TXNIP-induced NLRP3 inflammasome activation.

AhR is a ligand-mediated transcription factor that binds to multiple natural or synthetic ligands and thus is implicated in inflammation and the immune response. Recently, it was shown that ethanol could control the regulation of AhR activity and its target genes in mouse hepatic stellate cells. Furthermore, AhR has been found to inhibit activation of NLRP3 inflammasome. Monosodium urate (MSU) is also considered a danger signal for activation of the NLRP3 inflammasome in the pathogenesis of gout. The objective of this study was to analyze the mechanism by which ethanol regulates AhR and TXNIP expression on MSU-induced NLRP3 inflammasome activation in human macrophages.

MATERIALS AND METHODS

Cell culture
Human myeloid leukemia cells (U937 cells) were obtained from the Korean Cell Line Bank (KCLB, Seoul, South Korea) and maintained in RPMI 1640 medium (Gibco Laboratories, Grand Island, NY, USA) supplemented with 10% fetal bovine serum, 100 U/mL penicillin, and 100 μg/mL streptomycin. To induce differentiation, cells were treated with 100 nM phorbol 12-myristate 13-acetate dissolved in dimethyl sulfoxide (DMSO) for 24 h. MSU crystals were prepared by recrystallization from sodium urate. PMA, uric acid, LPS, and DMSO were purchased from Sigma, and absolute ethanol (Merck, Darmstadt, Germany) was used in all experiments.

Cell viability assay
Cell viability was measured using a Cell Counting Kit-8 (CCK-8) assay (Dojindo Laboratories, Kumamoto, Japan) according to the manufacturer’s instructions. In brief, cells were seeded into 96-well plates at 5×10^4 cells per well and treated with ethanol (0, 10, 50, 100, 200, and 300 mM) for 24 h, and each concentration was analyzed in triplicate. After treatment, 10 μL of CCK-8 reagent was added, followed by incubation for 2 h, and absorbance was measured with a microplate reader at 450 nm.

ROS measurement
ROS were measured using a DCFDA cellular ROS detection assay kit (Abcam, Cambridge, UK) according to the manufacturer’s instructions. Cells were seeded in 6-well plates at 1×10^5 cells per well and treated with ethanol at the indicated doses for 1, 3, 6, 12, or 24 h. After treatment, cells were harvested and transferred to 96-well black microplates with 2.5×10^4 cells per well. The cells were then incubated with DCFDA solution for 45 min at 37°C in the dark. The supernatants were discarded and replaced with phosphate-buffered saline, and stained cells were measured using a fluorescence plate reader (BMG Lab Technologies, Offenburg, Germany) set to 485-nm excitation and 535-nm emission.

Quantitative real-time polymerase chain reaction
Cells (2×10^6) were stimulated with MSU (0.1 mg/mL) with or without ethanol treatment (100 mM) for 24 h. RNA was isolated from cultured cells using TRIzol reagent, and equal amounts of each sample were reverse transcribed into cDNA using a ReverTra Ace-α-kit (Toyobo, Osaka, Japan) according to the manufacturer’s instructions.

qRT-PCR was performed using the MiniOpticon™ Real-Time PCR System (Bio-Rad Laboratories, Hercules, CA, USA) with SYBR Green PCR Master Mix (Toyobo, Osaka, Japan) at a final volume of 20 μL consisting of 10 μL SYBR® Green Real-time PCR Master Mix (Toyobo), 10 pmol/L of each primer, 2 μL of complementary DNA, and 6.4 μL of RNase-free water. GAPDH was used to normalize expression levels of target genes.

Immunoblot analysis
Total proteins were prepared using RIPA buffer (50 mM Tris-HCl, pH 8.0, with 150 mM sodium chloride, 1% NP-40, 0.5% sodium deoxycholate, and 0.1% sodium dodecyl sulfate) and supplemented with a protease inhibitor cocktail 1 tablet (Roche Applied Science, Mannheim, Germany). Protein concentrations were determined using Bradford Protein Assay Kits (Bio-Rad Laboratories). Proteins (50–60 μg) were electrophoresed on sodium dodecyl sulfate–polyacrylamide (SDS-PAGE) gels and then transferred to nitrocellulose membranes. After blocking with 5% bovine serum albumin, membranes were incubated with specific primary antibodies overnight at 4°C, followed by incubation with secondary horseradish peroxidase-conjugated antibodies.

For extraction of secreted proteins, the supernatants were precipitated with a final 10% (w/v) solution of trichloroacetic acid (Merck, Darmstadt, Germany) on ice for 10 min and subsequent centrifugation at 13000 rpm at 4°C for 30 min. The supernatant was discarded, and the pellet was washed with cold acetone 100%, followed by addition of Laemmlı buffer and incubation in a heat block at 95°C for 10 min. Equal amounts of protein were then analyzed by 10% SDS-PAGE.

Reactive proteins were visualized using an enhanced SuperSignal® West Pico chemiluminescent kit (Thermo Scientific,
Ethanol promotes TXNIP protein production in human macrophages, compared to those treated only with LPS and MSU crystals (Fig. 3C), but not ASC protein (data not shown).

**RESULTS**

**Ethanol enhances NLRP3 and IL-1β gene and protein expression**

The CCK-8 assay revealed changes in cell viability of U937 cells with increasing ethanol concentration in human macrophages (Fig. 1A). There was a significant decline in cell viability with 200 and 300 mM ethanol, which was less than 80% of the cell viability found in the control group (0 mM ethanol). Subsequent experiments were performed at a concentration of 100 mM ethanol. Chronic stimulation with ethanol (100 mM for 24 h) induced significant mRNA expression of NLRP3 and IL-1β genes in U937 cells (p<0.05 of both) (Fig. 1B). In the assessment of the effect of ethanol on NLRP3 and interleukin (IL)-1β protein production with time, we found more enhanced expression of NLRP3 and IL-1β proteins after 6, 12, or 24 h of ethanol stimulation than those in untreated macrophages (Fig. 1C). Consistent with the observed protein expression in Fig. 1C, U937 cells treated with 100 mM ethanol showed NLRP3 and IL-1β mRNA expression at 6, 12, and 24 h in time-dependent manner (Fig. 1D).

**Ethanol induces ROS generation and suppresses AhR in human macrophages**

ROS generation increased significantly in human macrophages treated with 100 mM ethanol for 6, 12, and 24 h, compared to U937 macrophages treated without ethanol (Fig. 2A). In addition, chronic stimulation with 10 and 50 mM ethanol for 24 h also increased ROS generation. Fig. 2B depicts time-dependent changes in AhR and CYP1A1 mRNA expression after stimulation with 100 mM ethanol in U937 cells. AhR mRNA expression was markedly decreased in macrophages treated with 100 mM ethanol for 1, 3, 6, 12, and 24 h, compared to untreated macrophages. In contrast, CYP1A1 mRNA expression significantly increased in U937 cells treated with 100 mM ethanol for 12 and 24 h, compared to untreated macrophages.

**Ethanol augments NLRP3 inflammasome activation under stimulation with LPS and MSU crystals**

Cell viability in the presence of varying MSU crystal concentrations (0, 0.05, 0.1, 0.2, 0.3 mg/mL) was assessed in human U937 macrophages under stimulation with LPS and ethanol (Fig. 3A). There was a significant decrease in cell viability with 0.2 and 0.3 mg/mL of MSU crystals, compared to macrophages without MSU crystals. We next evaluated whether ethanol augmented NLRP3 inflammasome activation under stimulation with LPS and MSU (Fig. 3B). NLRP3 and IL-1β mRNA expression in U937 cells incubated with LPS (1 μg) and MSU crystals (0.1 mg) was much more enhanced after the addition of ethanol (p<0.05 of both), but not caspase-1 and ASC mRNA expression (p>0.05 of both). Macrophages cotreated with ethanol for 24 h displayed higher expression of NLRP3, caspase-1, and IL-1β under stimulation with LPS and MSU crystals compared to macrophages treated only with LPS and MSU crystals (Fig. 3C), but not ASC protein (data not shown).

**DISCUSSION**

Ethanol has been recognized to play a crucial regulatory role
in immune and inflammatory responses in alcoholic liver disease, inflammation in the central nerve system, gout, and others. Recent studies have proposed that ethanol might be responsible for regulation of the innate immune system, particularly in NLRP3 inflammasome activation. Alcohol consumption has been shown to be associated with hyperuricemia and an increased risk of the development of gout. However, the mechanism by which alcohol affects the inflammatory response observed in gout, especially through NLRP3 inflammasome activation, has remained unknown. In this study, we found that chronic ethanol exposure promotes uric acid-induced NLRP3 inflammasome activation through regression of AhR expression and increased TXNIP expression in human macrophages.

AhR is a ligand-dependent transcription factor important in cell differentiation, cell death, inflammation, and the immune response in multiple types of inflammatory cells, including macrophages and dendritic cells. In binding to its ligands, such as benzopyrene, flavonoids, and dioxins, AhR interacts with the xenobiotic-response element located in the promoter of target genes within the nucleus, resulting in upregulation of their transcription, including CYP1A1. Alcohol consumption induces generation of a variety of chemical ligands that could bind to AhR, including tryptophan catabolites and arachidon-
ic acid metabolites.19,20 Recently, Zhang, et al.16 demonstrated that ethanol exposure to mouse hepatic stellate cells activated AhR, upregulated target genes CYP1A1 and CYP1B1, and increased CYP1A1 promoter activity, although the AhR response may not be specific to ethanol. Another study showed that AhR was involved in IL-23-dependent restoration of IL-22 after ethanol exposure and burn injury. In contrast, intestinal lymphoid Peyer’s patches cells cultured with an AhR inhibitor produced significantly less IL-22, suggesting that functional activity of AhR could be regulated by ethanol. Consistent with these results, we confirmed the inhibitory effect of ethanol exposure on AhR in human macrophages in a time-dependent manner. Ethanol-induced chemical ligands involved with AhR in macrophages need to be identified in future studies, because we did not assess potential candidate molecules.

Dysregulation of NLRP3 inflammasomes activated by diverse PAMPs and DAMPs results in production and release of pro-inflammatory cytokines, such as IL-1β and IL-18, which leads to enhanced inflammatory responses,1,2 although the mechanism underlying the activation of inflammation remains unclear. TXNIP has been linked to binding to NLRP3 after dissociation of TXNIP from thioredoxin (TRX) in response to oxidative stress, such as ROS generation, resulting in enhanced NLRP3 inflammasome activation.12 Disturbance of TRX/TXNIP signaling is considered a critical pathogenic factor in several inflammatory diseases, including diabetes mellitus, obesity, lung disease, and gout.4 It was recently reported that exposure to 100 mM ethanol for 48 h induces overexpression
of TXNIP mRNA and protein, which is involved in activation of the NLRP3 inflammasome in experimental mouse hepatocytes and AML-12 cells, leading to hepatocyte pyroptosis through activation of caspase-1. In our study, we found that U937 cells treated with 100 mM ethanol for 24 h also showed increased TXNIP protein expression. In addition, ethanol induced greater expression of TXNIP mRNA and protein in macrophages treated with MSU crystals. Furthermore, TXNIP-deficient macrophages transfected with TXNIP siRNA showed a significant decrease of NLRP3 and IL-1β mRNA and protein expression. Although the previous study did not provide a specific mechanism of upregulation of TXNIP in hepatocytes incubated with ethanol, we observed that ethanol increased ROS generation in a time- and dose-dependent manner. Based on this finding, we suggest that ROS-mediated TXNIP might play a crucial role in ethanol-induced NLRP3 inflammasome activation.

Fig. 3. Ethanol promotes NLRP3 inflammasome in U937 cells stimulated by LPS and MSU crystals. (A) Cell viability of U937 cells primed with LPS and ethanol after treatment with 0, 0.05, 0.1, 0.2, and 0.3 mg/mL MSU crystals. (B) mRNA expression of NLRP3 inflammasome components and IL-1β in U937 cells primed with MSU and LPS with and without ethanol. (C) NLRP3 inflammasome components and IL-1β protein expression in U937 cells primed with MSU and LPS with and without ethanol. CCK-8, Cell Counting Kit-8; LPS, lipopolysaccharide; MSU, monosodium urate; NLRP3, NLR family pyrin domain-containing 3; IL, interleukin; ASC, apoptosis-associated speck-like protein containing a caspase-recruitment domain.
As a priming step for NLRP3 inflammasome activation, activation of the transcription factor nuclear factor-κB pathway through toll-like receptors leads to secretion of immature inflammatory cytokines pro-IL-1β and pro-IL-18. In addition, upregulation of some inflammasome components like NLPR3 is transcriptionally induced in response to LPS or other cytokines, which ultimately leads to enhanced NLRP3 protein expression in the cytosol for NLRP3 inflammasome activation.

In a previous study, AhR was found to negatively regulate NLRP3 inflammasome activation in mouse peritoneal macrophages through suppressing NLRP3 level at the transcriptional level by replacing the AhR-ligand-ARNT complex at the two sides of the κB site in the NLRP3 promoter. Consistently, we also noted that U937 cells exposed to 100 mM ethanol for 24 h exhibited induced enhanced mRNA expression of NLRP3 and IL-1β. AhR might be considered an endogenous inhibitor to NLRP3 expression. The clinical significance of ethanol-induced down-regulation of AhR has not been noted. However, NLRP3 expression, which is at low levels, could be relatively limited at the priming step in uric acid-NLRP3 inflammasome activation.

Ethanol has both pro-inflammatory and anti-inflammatory effects through promoting or inhibiting NLRP3 inflammasome activation. Some studies using human or mouse macrophages have described inhibitory effects of ethanol on the NLRP3 inflammasome. In contrast, acute ethanol exposure (10 mM) has been shown to induce the highest IL-1β expression through
Ethanol and NLRP3 Inflammasome

Fig. 5. A scheme illustrating the mechanism by which ethanol regulates AhR, TXNIP, NLRP3, and IL-1β expression in human macrophage U937 cells. Ethanol stimulates NLRP3 transcription through down-regulation of AhR in U937 cells treated with LPS. TXNIP expression is induced by ethanol stimulation. Ultimately, ethanol enhances activation of NLRP3 inflammasome and induces activation of IL-1β. LPS, lipopolysaccharide; MSU, monosodium urate; ROS, reactive oxygen species; AhR, aryl hydrocarbon receptor; TXNIP, thioredoxin-interacting protein; NLRP3, NLR family pyrin domain-containing 3; NF-κB, nuclear factor-κB; IL, interleukin; ASC, apoptosis-associated speck-like protein containing a caspase-recruitment domain.

upregulation of the P2X7 purinergic receptor in monocyte-derived macrophages. In addition, we found that ethanol exposure for 7 and 48 h did not induce or inhibit components of the NLRP3 inflammasome, such as NLRP3, ASC, and caspase-1. Meanwhile, however, we also observed that NLRP3 inflammasome activation was induced through suppression of AhR and enhanced expression of TXNIP with chronic alcohol exposure, but not acute or low dose exposure. Some evidence can be provided to explain these conflicting results: a high concentration of ethanol allows near-surface fluidity and deformability, resulting in an increasing possibility of interaction with cytoplasmic molecules, including protein tyrosine phosphatase and lysosomes. In contrast, a low dose of ethanol can affect cell surface receptors, like the P2X7 receptor. Therefore, ethanol appears to have elicited different responses to inflammation depending on the tissue or cell type.

In conclusion, we identified that chronic ethanol exposure to human macrophages induces NLRP3 inflammasome activation stimulated by both LPS and MSU crystals, as shown in Fig. 5. AhR, a cytosolic ligand-activated transcription factor, was suppressed by ethanol treatment, resulting in blockade of NLRP3 expression at the transcriptional level. In addition, ethanol treatment in MSU crystal-induced macrophages augmented up-regulation of TXNIP expression, with an effect on regulation of NLRP3 inflammasome activation. Therefore, we suggest that chronic ethanol exposure plays a crucial role in promoting uric acid-induced NLRP3 inflammasome activation, a potential link in the interaction between ethanol consumption and uric acid-related diseases, such as gout.

ACKNOWLEDGEMENTS

This work was supported by a research grant from YUHAN.

AUTHOR CONTRIBUTIONS

Conceptualization: all authors. Data curation: all authors. Formal analysis: Seong-Kyu Kim and Jung-Yoon Choe. Funding acquisition: Seong-Kyu Kim. Investigation: Seong-Kyu Kim and Ki-Yeon Park. Methodology: all authors. Project administration: Seong-Kyu Kim. Resources: all authors. Software: Seong-Kyu Kim and Ki-Yeon Park. Supervision: Seong-Kyu Kim. Validation: all authors. Visualization: Seong-Kyu Kim and Ki-Yeon Park. Writing—original draft: Seong-Kyu Kim and Ki-Yeon Park. Writing—review & editing: Seong-Kyu Kim. Approval of final manuscript: all authors.

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