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Bioterrorism: An analysis of biological agents used in terrorist events

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1. Introduction

The Covid19 pandemic has reignited debates and discussions around healthcare systems' biosecurity vulnerabilities and cast a spotlight on the potential weaponization of biological agents. Terrorist and violent extremist groups have already attempted to incite the intentional spread of Covid19 and to use it as an improvised form of a biological weapon. This study aims to provide an epidemiological description of all terrorism-related attacks using biological agents sustained between 1970 and 2019.

2. Methods

Data collection was performed using a retrospective database search through the Global Terrorism Database (GTD). The GTD was searched using the internal database search functions for all events using biological weapons between January 1, 1970 - December 31, 2019.

Results: 33 terrorist attacks involving biological agents were recorded between 1970 and 2019, registering 9 deaths and 806 injuries. 21 events occurred in the United States, 3 in Kenya, 2 each in both the United Kingdom and Pakistan and a single event in Japan, Columbia, Israel, Russia and Tunisia.

Conclusion: The reported use of biological agents as a terrorist weapon is extremely rare and accounts for 0.02% of all historic terrorist attacks. Despite its apparent rarity, however, bioterrorism has the ability to inflict mass injuries unmatched by conventional weapons. Anthrax has been the most commonly used in previous bioterrorism events with the vast majority of reported attacks occurring in the United States by a single suspected perpetrator. Counter-Terrorism Medicine (CTM) and Disaster Medicine (DM) specialists need to be proactive in delivering ongoing educational sessions on biological events to first responder communities, and anticipate emerging novel biotechnology threats.
summaries to open-source news articles. Summary of incidents, where provided by the GTD, were included as a supplementary file. Grey literature sources were otherwise used in event summaries.

The GTD was searched using the internal database search functions for all events using biological weapons between January 1, 1970 – December 31, 2019. Years 2020 and 2021 were not yet available at the time of the study.

Results were exported into an Excel® spreadsheet (Microsoft, Redmond Washington, USA) for analysis. Ambiguous events (this field is only systematically available with incidents occurring after 1997) were excluded when there was uncertainty as to whether the incident met any of the criteria for GTD inclusion as a terrorist incident. Attacks met inclusion criteria if they fulfilled the following three terrorism-related criteria, as set by the GTD.

These criteria are determined within the database and not by the authors:

- Criterion I: The act must be aimed at achieving a political, economic, religious, or social goal.
- Criterion II: There must be evidence of an intention to coerce, intimidate, or convey some other message to a larger audience (or audiences) than the immediate victims.
- Criterion III: The action must be outside the context of legitimate warfare activities, i.e. the act must be outside the parameters permitted by international humanitarian law, particularly the admonition against deliberately targeting civilians or non-combatants.

3. Results

33 terrorist attacks involving biological agents were recorded between 1970 and 2019, registering 9 deaths and 806 injuries. 21 events occurred in the United States, 3 in Kenya, 2 each in both the United Kingdom and Pakistan and a single event in Japan, Columbia, Israel, Russia and Tunisia. Table 1 and Fig. 1. It is worth noting that, as per the GTD's codebook, incidents occurring in both the same geographical and temporal point is regarded as a single incident, but if either the time of occurrence of incidents or their locations are discontinuous, the events are regarded as separate incidents. 5 events involving biological weapons were listed as ambiguous or did not meet GTD's 3 terrorism definition criteria and were excluded from this paper.

Of these reported terrorist attacks involving biological agents, 13 targeted government institutions/workers, 6 targeted journalists or media organisations, 4 targeted businesses and 4 targeted private citizens and property. Two attacks were mixed targets (between government, journalist and private citizens) and 1 attack each was recorded against an airport, an educational institution, tourists and 1 attack target was listed as “unknown”. Fig. 2.

Twenty of the attacks involved anthrax, 5 involved salmonella, 3 involved ricin, 2 involved faecal matter, 1 involved botulinum toxin, 1 involved the use of HIV infected razor blades and 1 involved either ricin or anthrax. Seven of the recorded deaths were linked to anthrax attacks and 2 remaining deaths were related to salmonella incidents. Of the 806 injuries reported, 776 were related to 2 attacks involving salmonella, 25 were related to anthrax events and 1 was related to an event involving faecal matter as a biological agent. Fig. 3.

Of the 33 terrorist attacks involving biological agents reported from 1970 to 2019, 16 occurred in the year 2001, 12 of them in the United States. There were 4 reported events in 1984 and 2 events reported in each 1981 and 2003. All other years (1990, 2000, 2004, 2005, 2010, 2011, 2014, 2019, 2018) included only a single event. See Table 1 for an overview. More detailed grey literature information was either available in the GTD or found in other open sources, and we provide the summary of these in the Supplemental File provided.

Notably, ten of the US-based attacks reported in 2001 were anthrax-related incidents inconclusively linked to Dr. Bruce Ivins, an American biodefense researcher working at the United States Army Medical Research Institute of Infectious Diseases (USAMRIID), in Fort Detrick, Maryland. However, Ivins committed suicide in 2008, having not been arrested nor prosecuted. An independent review of the scientific evidence of this possible link by the National Academy of Science indicated that it was “not possible to reach a definitive conclusion about the origins of the anthrax in letters mailed to New York City and Washington, D.C., based solely on the available scientific evidence” [7].

4. Discussion

The Centers for Disease Control and Prevention (CDC) maintains and categorizes a list of bioterrorism agents based on their threat and priority levels [8]. Highest priority Category A agents include: Anthrax, Botulism, Plague, Smallpox, Tularemia and Viral Hemorrhagic FEVERs. Category B agents include: Brucellosis, Epsilon Toxin of Clostridium Perfringens, food safety threats such as Salmonella, E.coli and Shigella, Glanders, Melioidosis, Psittacosis, Q Fever, Ricin, Staphylococcal Enterotoxin B, Typhus fever, Viral Encephalitis and water safety threats such as Vibrio Cholerae and Cryptosporidium Parvum. Category C agents, the third highest priority agents include emerging pathogens that could be engineered for mass dissemination in the future because of availability, ease of production and distribution, and potential for high morbidity and mortality rates. Emerging infectious diseases such as Nipah virus and Hantavirus are currently classified as Category C. Coronavirus remains unclassified.

The reported use of biological agents as a terrorist weapon is extremely rare and accounts for 0.02% of all historic terrorist attacks [3,10]. Despite its apparent rarity, however, bioterrorism has the ability to inflict mass injuries unmatched by conventional weapons (mean injury rate of explosives in terrorist attacks = 4.6/event vs 28.8/event in biological attacks) [9]. Moreover, the surreptitious nature of these attacks, they are more likely to go unreported than conventional weapons. Research into personal biological threat sensors and advanced bioprotective suits are currently underway, but questions remain in the medical preparedness to respond to bioterrorism events [11]. The recent Covid19 pandemic has exposed significant flaws in bioccontainment, disease screening and surveillance, mobilisation of personal protective equipment, medical surge capacities and vaccine countermeasures to bioterrors. It has also revealed the complexities around crisis leadership and public education, as evidenced by the inconsistent implementation of and adherence to nonpharmaceutical interventions (NPIs), and global vaccine hesitancy and inequities, all of which could be exploited in the planning of a bioterrorism attack. While the origins of Covid19 remains inconclusive, there has been much debate around the use of modern-day technology to manipulate existing agents or create novel bioterrors [12].

Synthetic biology emerged in the 1960s (though it was first coined in the 1910’s) but the past decade has seen an explosion of interest, activity and advances in this scientific field [13]. Today, it encompasses specialties such as biotechnology, genetic engineering, molecular biology and biological, electrical and computer engineering [14]. Advances in genetic engineering such as CRISPR technology (often considered to be the most important recent innovation in this field) in particular, has significantly fuelled the growth of synthetic biology [15]. The ability to rapidly edit gene sequences without the need for highly sophisticated and expensive equipment in an institutionalized environment has raised significant concerns around biohacking, a growing biotechnological movement in which individuals can experiment and create entire genomes from scratch (including those of lethal pathogens) with little-to-no safety oversight. Do-it-yourself (DIY) home CRISPR kits already exist on the market today [16].

While the Biological Weapons Convention established in 1975 prohibits the development, production, acquisition, transfer, stockpiling and use of biological and toxin weapons by the 183 states (as of September 2021) that have ratified and acceded the treaty, little can stop rogue actors or terrorist organisations from harnessing existing or creating novel bioterrors using the technology available today [17]. Security
Table 1

Reported terrorist events involving biological agents. (Adapted from the GTD).

| Date         | Country     | City         | Perpetrator group               | Deaths | Injuries | Target type                                         | Biological weapon used |
|--------------|-------------|--------------|---------------------------------|--------|----------|-----------------------------------------------------|------------------------|
| 28-02-2019   | Tunisia     | Tunis        | Muslim extremists               | 0      | 0        | Government (General), Journalists & Media, Private Citizens & Property | Ricin or Anthrax       |
| 08-09-2018   | Russia      | Moscow       | SERB Group (Russian Liberation Movement) | 0      | 1        | Private Citizens & Property, Private Citizens & Property | Faecal matter          |
| 01-04-2014   | Colombia    | Juntas de Birmania | Revolutionary Armed Forces of Colombia (FARC) | 0      | 0        | Unknown                                             | Faecal matter          |
| 01-10-2011   | Pakistan    | Islamabad    | Unknown                         | 0      | 0        | Government (General)                                | Anthrax                |
| 16-11-2010   | United States | Los Angeles | The Justice Department          | 0      | 0        | Educational Institution                              | HIV infected razor blades |
| 14-03-2005   | United States | Arlington  | Unknown                         | 0      | 0        | Government (General), Private Citizens & Property   | Anthrax                |
| 02-02-2004   | United States | Washington | Unknown                         | 0      | 0        | Government (General)                                | Ricin                  |
| 12-11-2003   | United States | Washington | Unknown                         | 0      | 0        | Government (General)                                | Ricin                  |
| 15-10-2003   | United States | Greenville | Unknown                         | 0      | 0        | Government (General)                                | Ricin                  |
| 14-11-2001   | United States | Oxford     | Unknown (suspected)             | 1      | 0        | Private Citizens & Property                         | Anthrax                |
| 23-10-2001   | Pakistan    | Karachi     | Unknown                         | 0      | 0        | Journalists & Media                                 | Anthrax                |
| 29-10-2001   | United States | New York City | Unknown (suspected)          | 1      | 0        | Business                                            | Anthrax                |
| 26-10-2001   | United States | Washington | Unknown (suspected)             | 0      | Unknown  | Government (General)                                | Anthrax                |
| 19-10-2001   | United States | New York City | Unknown (suspected)           | 0      | 2        | Journalists & Media                                 | Anthrax                |
| 18-10-2001   | United States | New York City | Unknown (suspected)           | 0      | 1        | Journalists & Media                                 | Anthrax                |
| 17-10-2001   | United States | New York City | Unknown                         | 0      | 0        | Government (General)                                | Anthrax                |
| 15-10-2001   | United States | Reno        | Unknown                         | 0      | 0        | Business                                            | Anthrax                |
| 15-10-2001   | United States | New York City | Unknown (suspected)           | 0      | 1        | Journalists & Media                                 | Anthrax                |
| 15-10-2001   | United States | Washington | Unknown (suspected)             | 2      | 6        | Government (General)                                | Anthrax                |
| 12-10-2001   | United States | New York City | Unknown (suspected)           | 0      | 6        | Journalists & Media                                 | Anthrax                |
| 11-10-2001   | Kenya       | Nairobi     | Unknown                         | 0      | Unknown  | Government (Diplomatic)                             | Anthrax                |
| 11-10-2001   | Kenya       | Nairobi     | Unknown                         | 0      | 5        | Private Citizens & Property                         | Anthrax                |
| 09-10-2001   | United States | Washington | Unknown (suspected)             | 2      | 1        | Government (General)                                | Anthrax                |
| 02-10-2001   | United States | Boca Raton | Unknown (suspected)             | 1      | 5        | Journalists & Media                                 | Anthrax                |
| 23-05-2000   | Israel      | Unknown     | Unknown                         | 2      | 0        | Tourists                                            | Samonella Typhi        |
| 15-04-1990   | Japan       | Narita      | Aum Shinri Kyo                   | 0      | 0        | Airports and Aircraft                               | Botulinum Toxin        |
| 20-09-1984   | United States | The Dalles | Rajneeshees                    | 0      | 751      | Business                                            | Samonella              |
| 09-09-1984   | United States | The Dalles | Rajneeshees                    | 0      | 25       | Business                                            | Samonella              |
| 29-08-1984   | United States | Rajneeshees | Rajneeshees                    | 0      | 2        | Government (General), Government (General)          | Samonella              |
| 15-07-1984   | United States | The Dalles | Rajneeshees                    | 0      | 0        | Government (General)                                | Samonella              |
| 14-10-1981   | United States | Unknown     | Dark Harvest                    | 0      | 0        | Government (General)                                | Anthrax                |
| 10-10-1981   | United Kingdom | Trowbridge | Dark Harvest                    | 0      | 0        | Government (General)                                | Anthrax                |

Number of terrorist events involving biological agents 1970-2019.

![Number of terrorist events involving biological agents 1970-2019.](image)

Fig. 1. Breakdown of reported terrorist events involving biological agents, by country.
concerns range from increasing the lethality or ease of transmission of biological agents to developing novel delivery methods that can overcome preventative vaccine measures [18].

Much has been learned since the beginning of the Covid19 pandemic and expert suggestions in addressing future biothreats include elevating infectious diseases as potential threats to national security, maintaining funding and support to biological research, public health and biological surveillance programs, maintaining medical workforce readiness and improving cross-country collaborations and communication [19].

Bioterrorism highlights the importance of specialist knowledge needed in the field of Counter-Terrorism Medicine (CTM), a subspecialist field of Disaster Medicine (DM). CTM experts need to remain vigilant in anticipating novel attack methodologies that can threaten healthcare system infrastructures and provide solutions in mitigating the healthcare risks of such attacks. Robust CTM education should be incorporated into traditional DM teachings, as well as emergency medical, nursing and pre-hospital medicine curriculums in an effort to heighten awareness and enhance medical preparedness to future intentional, man-made attacks.

4.1. Limitations

The GTD is a comprehensive record of documented global terrorist events. It is maintained by the National Consortium for the Study
of Terrorism and Responses to Terrorism, and is the basis for other terrorism-related measures, such as the GTI. Reliance wholly on the GTD is partially mitigated by confirmation with other lay sources, and searches for other online searches, but if there are incidents not reported in the GTD, this could limit the veracity of the findings. Furthermore, the lack of a agreed-upon definition of the term terrorism can create inconsistencies between databases in the labelling of such events. Clear and detailed documentation of terrorist events is further hindered by restrictions on reporting, the lack of independent corroboration and the lack of transparency within certain government sources. Infrastructure needed to report, detect and identify biological agents is likely lacking in many parts of the world leading to potential under reporting of events. The greater number reported in the United States may be due to greater scrutiny of potential events. Event descriptions as provided by the GTD rely mostly on grey literature sources and as such accuracy is only limited to those sources.

5. Conclusion

Bioterrorism attacks have been historically rare but have the ability to inflict large-scale, mass casualty events. Anthrax has been most commonly used in previous bioterrorism events with the vast majority of reported attacks occurring in the United States by a single suspected perpetrator. With new advances in microbiology and synthetic biology, it is becoming increasingly possible for individual or small groups of rogue actors to develop and disseminate advanced bioweapons. While the Covid-19 pandemic has likely raised the awareness levels of first responders to bioterrorism, it has also exposed response and preparedness vulnerabilities in the healthcare sector. Counter-Terrorism Medicine and Disaster Medicine specialists need to be proactive in delivering ongoing educational sessions on biological events to first responder communities, and anticipate emerging novel biotechnology threats.

CrediT authorship contribution statement

Derrick Tin: Writing – review & editing. Pardis Sabeti: Writing – review & editing. Gregory R. Ciottone: Writing – review & editing.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.ajem.2022.01.056.

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