The endemic gastropod fauna of Lake Titicaca: correlation between molecular evolution and hydrographic history

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Abstract
Lake Titicaca, situated in the Altiplano high plateau, is the only ancient lake in South America. This 2- to 3-My-old (where My is million years) water body has had a complex history that included at least five major hydrological phases during the Pleistocene. It is generally assumed that these physical events helped shape the evolutionary history of the lake’s biota. Herein, we study an endemic species assemblage in Lake Titicaca, composed of members of the microgastropod genus Heleobia, to determine whether the lake has functioned as a reservoir of relic species or the site of local diversification, to evaluate congruence of the regional paleohydrology and the evolutionary history of this assemblage, and to assess whether the geographic distributions of endemic lineages are hierarchical. Our phylogenetic analyses indicate that the Titicaca/Altiplano Heleobia fauna (together with few extralimital taxa) forms a species flock. A molecular clock analysis suggests that the most recent common ancestor (MRCAs) of the Altiplano taxa evolved 0.53 (0.28–0.80) My ago and the MRCAs of the Altiplano taxa and their extralimital sister group 0.92 (0.46–1.52) My ago. The endemic species of Lake Titicaca are younger than the lake itself, implying primarily intralacustrine speciation. Moreover, the timing of evolutionary branching events and the ages of two precursors of Lake Titicaca, lakes Cabana and Ballivián, is congruent. Although Lake Titicaca appears to have been the principal site of speciation for the regional Heleobia fauna, the contemporary spatial patterns of endemism have been masked by immigration and/or emigration events of local riverine taxa, which we attribute to the unstable hydrographic history of the Altiplano. Thus, a hierarchical distribution of endemism is not evident, but instead there is a single genetic break between two regional clades. We also discuss our findings in relation to studies of other regional biota and suggest that salinity tolerance was the most likely limiting factor in the evolution of Altiplano species flocks.

Introduction
Ancient Lake Titicaca (Peru/Bolivia), which is located in the northern part of the endorheic, high-elevation Altiplano (Dejoux 1994; Allmendinger et al. 1997; Pawley et al. 2001; Baker et al. 2005; Fig. 1), contains a diverse endemic fauna whose biogeographic history is poorly understood. The following two hypotheses have been proposed for the generation of endemic diversity in ancient lakes (e.g., Martens 1997). (1) These water bodies have functioned as sinks for extralimital biota over long time periods, resulting in the accumulation of phylogenetically diverse assemblages (reservoir function). (2) The lakes have served as a venue for local (intralacustrine) speciation (cradle function). Both of these
Figure 1. Sampling sites in the Altiplano (red circles). (A) Geographic range of the genus Heleobia (dashed area, modified from Hershler and Thompson 1992: map 6) and location of the sampling area (rectangle) in South America. (B) Closeup of the portion of (A) showing the sampling sites outside the Altiplano. The gray dashed line indicates the geographic distribution of the two main Heleobia clades IIIa and IIIb. (C) Closeup of the portion of (B) showing the sampling sites in the Altiplano and the major hydrologic features of the region. The maximum prior extant of Lake Titicaca is indicated by a dotted black line (Lavenu 1992; Wirrmann 1992). (D) Closeup of portion of (C) showing the sampling sites in Lake Titicaca and its two subbasins, Lake Chucuito and Lake Huinanima. For locality codes see Table 1.
contrasting scenarios assume that the paleohydrology of these lakes has played a pivotal role in the assembly of endemic biota (e.g., Martens 1997).

The history of Lake Titicaca was punctuated by a series of major hydrologic events. The lake originated during the Late Pliocene/Early Pleistocene, about 2–3 million years (My) ago (Lavenú 1992) and underwent several phases of expansion and contraction during the Late Pleistocene that were caused by glacial–interglacial cycles and associated changes in effective moisture (Wirrmann 1992; Argollo and Mourguiart 2000; Cross et al. 2000; Fritz et al. 2007; Blard et al. 2011). At least five major phases have been recognized, which are sometimes referred to as “paleolakes” (Lavenú 1981, 1995; Lavenú et al. 1984; Wirrmann 1992; Cross et al. 2000; Baker et al. 2005; also see Figs. 1C and 2).

The Mataro Lake, coeval with the Purapurani formation (Calvario/Kaluyo interglacial S3) 1.5–1.6 My ago (Lavenú 1995; also see Lavenú et al. 1984; Marshall and Sempere 1991), was 3950 m in elevation (i.e., ca. 140 m higher than at present) and constituted the largest recorded expansion of Lake Titicaca, overlapping much of the Altiplano (Fig. 1C; Lavenú et al. 1984). Lake Mataro eventually desiccated and Lake Cabana, corresponding to the Kaluyo/Sorata interglacial (S4) (Lavenú 1995; also see Lavenú et al. 1984; Marshall and Sempere 1991), developed ca. 1.1–1.0 My ago with a maximum lake-level elevation of 3900 m. The third episode gave rise to Lake Ballivián with a lake level of 3860 m (Lavenú 1981; Lavenú et al. 1984). Most authors suggest that Lake Ballivián originated during the Sorata/Choqueyapu I interglacial (S5/t2) about 0.6–0.5 My ago (Lavenú 1995; also see Lavenú et al. 1984; Marshall and Sempere 1991; but see Fornari et al. 2001).

Subsequent climatic changes resulted in the North Minchin episode, corresponding to the Choqueyapu I/II (t2) interglacial (Lavenú 1995), approximately 73–30 kiloyears (ka) ago with a lake level of 3825 m (Fornari et al. 2001), and the North Taucu episode, corresponding to the postglacial Choqueyapu II (t1) phase (Lavenú 1995), approximately 18.0–14.5 ka ago with a lake level of 3815 m (Blard et al. 2011). Lake-level fluctuations continued into the Holocene; contractions of up to 100 m depth and drastically increased salinity levels have been reported for this time interval (Betancourt et al. 2000; Cross et al. 2000). It is generally assumed that these paleohydrologic events helped shape the evolutionary history of regional aquatic biota. For example, the repeated cycles of lake extension and shrinking may have promoted dispersal and vicariance, respectively; and desiccation and associated fluctuations in salinity may have resulted in extinction (e.g., Lüssen et al. 2003; Benavides 2005).

The Lake Titicaca region contains at least 533 aquatic species (Dejoux 1994); at least 64 of these (12%) are considered to be endemic (González and Watling 2003; Lüssen et al. 2003; Benavides 2005). However, these numbers are considerably smaller than in most other ancient lake basins (e.g., Martens 1997). The relatively small number of endemic species in this lake has been attributed to (1) the possibility that the ancestral biota was tropical in origin and consequently was depleted during the uplifting of the Altiplano because few species could tolerate high elevations and/or low temperatures (de Lattin 1967); and (2) the large variation in lacustrine water chemistry during the late Cenozoic, which resulted in extinctions (Wirrmann et al. 1991; Dejoux 1994).

Despite the relatively small number of endemic species in Lake Titicaca, there are possible species flocks of pupfishes (genus Orestias; e.g., Lüssen et al. 2003), amphipods (genus Hyalella; e.g., González and Watling 2003; Vänïola 2008), and microgastropods (genus Heleobia; e.g., Hershler and Thompson 1992). The phylogenetic relationships and biogeographic history of these three groups have not been well established, although the molecular evolution of Orestias has been detailed in an unpublished dissertation (Lüssen 2003). That study included preliminary molecular-clock analyses that suggest that speciation was recent and possibly associated with Middle to Late Pleistocene paleohydrologic processes.

Virtually nothing is known about the phylogenetic relationships of the Heleobia flock (14 species) in Lake Titicaca. Altiplano congeners are mostly endemic whereas extralimital members of the genus range more widely. This prevailing biogeographical pattern suggests that Heleobia may be a particularly suitable group for investigating evolutionary diversification in the Lake Titicaca region.

We here use a molecular clock approach together with a phylogeographical analysis to address the following questions:

1. Did Lake Titicaca serve as a biogeographic reservoir for Altiplano species or did the endemic snail lineages in the lake evolve through rapid intralacustrine speciation? This relates to the age and phylogenetic composition of the endemic fauna, and the extent to which evolutionary diversification occurred within the lake.

2. Are diversification events in Heleobia spp. related to major paleohydrological episodes on the Altiplano? The question is associated with processes of speciation in ancient Lake Titicaca and the abiotic factors driving evolution.

3. Are there hierarchical spatial levels of endemism in the Lake Titicaca region? This question is related to the concept of ecological isolation of ancient lake species, that is, assumed low levels of faunal exchange between ancient lakes and their watersheds as well as between watersheds and extralimital areas.

This is the first phylogeographical study of an Altiplano invertebrate species assemblage and may contribute to a better understanding of speciation processes in Lake Titicaca. Furthermore, given that Lake Titicaca differs from most, if not all other ancient lakes in its physical and biotic features, this study may help identify the unifying patterns and processes
Figure 2. Bayesian phylogenetic tree under the strict clock model inferred from the mitochondrial COI gene (top). Two of the three outgroups (Spurwinkia salsa, Cochliopa sp.) were removed from the tree a posteriori. Specimens are labeled with a locality code according to Table 1. In addition, specimens of the genus Heleobia carry the respective DNA voucher number behind the locality code. Bayesian posterior probabilities are indicated when \( \geq 0.95 \). Major clades are delineated by gray bars and labeled with Roman numerals. Lake Titicaca specimens are bold faced; specimens from the Altiplano are green shaded. The ages of MRCAs discussed in the text (labeled A–C) are provided and their 95% HPD intervals are illustrated by orange bars (associated node-depth distributions are indicated by white bars above the HPD intervals). Major paleohydrologic events in Lake Titicaca (including prior lake floor levels) are shown below (Early and Middle Pleistocene data are from Lavené [1995]; Late Pleistocene and Holocene data are from Betancourt et al. [2000] and Blard et al. [2011]). The question mark refers to an unnamed prior configuration of Lake Titicaca (Lavené 1995) that could be equivalent to the central Altiplano Escara period (Fornari et al. 2001).
in world-wide ancient lakes that, in general, can explain their often outstanding degree of biodiversity.

**Methods**

**Study species and sampling sites**

*Heleobia* Stimpson 1865 is one of three genera belonging to the primarily brackish water subfamily Semisalsinae Giusti and Pezzoli 1980 (Caenogastropoda: Rissooidea: Cochliopidae). The other two are *Semisalsa* Radoman 1974 (treated as a subgenus of *Heleobia* by some authors) and *Heleobops* Thompson 1968. This subfamily is composed of small (typically 2–8 mm in shell height), dioecious fresh water and brackish water gastropods that usually live on hard substrates or aquatic vegetation.

*Heleobia* is distributed in South America from central Peru south to the Tierra del Fuego, along the eastern coasts of Argentina and Brazil, and in the Amazon Basin (Fig. 1A; also see Hershler and Thompson 1992). The center of diversity of the genus is the Altiplano, which contains 20 species, the majority of which are endemic to Lake Titicaca (Haas 1955, 1957; Blume 1958; Hershler and Thompson 1992).

Our study is based on hierarchical sampling that included (1) eight *Heleobia* taxa from Lake Titicaca, (2) six *Heleobia* taxa from other Altiplano areas, (3) representative *Heleobia* taxa from the Andes and the Chilean coastal region, (4) two congeners from Argentina, (5) seven members of the sister genus *Semisalsa* from Europe and western Asia, and (6) two species of the genus *Heleobops* from North and Central America (Table 1).

*Heleobia* was sampled in the Altiplano and nearby sites during April–July 2007, October–December 2009, and January 2010. Specimens were collected in shallow waters by hand, in depths of up to 4 m by snorkeling and in depths of up to 38 m by boat using a small triangular dredge, and preserved in 70–80% ethanol. Snails were identified to species and subspecies based on original taxonomic descriptions and published keys (D’Orbigny 1835; Bavay 1904; Pilsbry 1924; Biese 1944, 1947; Haas 1955, 1957; Blume 1958; Dejoux 1992).

**DNA extraction, PCR amplification, and sequencing**

Genomic DNA was obtained from individual specimens using the CTAB protocol described in Wilke et al. (2006). DNA vouchers were deposited at the University of Giessen Systematics and Biodiversity collection (UGSB) (see Table 1). Digital images of specimens were taken prior to consumptive DNA isolation and deposited in the UGSB database.

We obtained sequences of the mitochondrial cytochrome c oxidase subunit I (COI) gene with a target length of 658 base pairs (bps) (excluding 51-bp primer sequence). Forward and reverse primers for PCR amplification and DNA sequencing were LCO1490 (Folmer et al. 1994) and COR722b (Wilke and Davis 2000); the latter is based on primer HCO2198 (Folmer et al. 1994).

Bidirectional DNA sequencing was performed on a Long Read IR2 4200 sequencer (LI-COR, Lincoln, NE) using the Thermo Sequenase Fluorescent Labeled Primer Cycle Sequencing kit (Amersham Pharmacia Biotech, Piscataway, NJ). The protein-coding COI sequences, which are free of insertions and deletions in the Rissooidea (Wilke et al. 2001), were unambiguously aligned in BioEdit 7.0.4.1 (Hall 1999). The first base pairs behind the 3′ end of each primer were difficult to read. We therefore trimmed these regions, leaving a 638-bp-long overlapping fragment for the COI gene. New sequences were deposited in and additional sequences were taken from GenBank (see Table 1).

**Molecular dating: general problems and applicability in Heleobia spp.**

Molecular dating is a challenging task (e.g., Takahata 2007). At least four conditions have to be met for reliable molecular clock estimations (reviewed in Wilke et al. 2009): (1) the sampling design should be appropriate (i.e., ideally without missing lineages), (2) the gene(s) used should exhibit a low degree of rate heterogeneity within and among lineages, (3) the target gene should also have a good performance over the time frame of interest (i.e., a sufficient number of substitutions but no signs of significant substitutional saturation), and (4) robust internal calibration points and/or external molecular clock rates have to be available.

These conditions severely constrain the possibility of robust molecular dating. Although condition (1) may be satisfied assuming that the target taxa can be sampled, conditions (2) and (3) are violated by a substantial portion of genomic regions (e.g., Takahata 2007). Moreover, in the absence of robust internal calibration points, researchers frequently have to use external clock rates that are gene-specific and thus restrict the number of available genes. Consequently, most molecular dating studies use a single or very few genes, typically derived from mitochondrial DNA. Thus, the basis for molecular clock analyses differs from traditional phylogenetic investigations, which often include several genes derived from mitochondrial and nuclear DNA. Recent molecular clock analyses have incorporated sophisticated procedures for estimating the degree of rate heterogeneity, the error of the clock estimation, and the error of the external clock rate in order to partly compensate for this problem and to obtain meaningful time estimations. Efforts are also made to optimize external clock rates relative to their variability and specificity.
Table 1. Collection and locality data (latitude, longitude, and elevation in parentheses), locality code, DNA voucher number (UGSB collection), and GenBank accession numbers for specimens analyzed in this study. Information on outgroup species is given in the text. *Sequences from GenBank (references in parentheses), **sequences provided by Hsiu-Ping Liu (Metropolitan State College of Denver).

| Taxon | Collection site | Locality code | DNA voucher number | GenBank accession number |
|-------|-----------------|---------------|--------------------|------------------------|
| **Heleobops** | | | | |
| *Heleobops docimus* Thompson 1968 | Cayman Islands, Pond at Chisholm Point (19.3486° N, 81.2293° W, 0 m), leg., det.: R. Hershler | Cayman Islands-1 | n/a | AF129322 (Hershler et al. 1999) |
| *Heleobops carrikeri* Davis and McKee 1989 | USA, Oyster Pond, Falmouth (41.5345° N, 70.6395° W, 0 m), leg., det.: G. M. Davis | USA-1 | 584 | JQ973018 |
| **Semisalsa** | | | | |
| “Semisalsa” aponensis (E. von Martens 1858) | Italy, thermal spring near Villaga, Vicenza (45.40° N, 11.53° E), leg., det.: I. Niero | Italy-2 | 3242 | JQ973020 |
| *Semisalsa dalmatica* (Radoman 1974) | Croatia, Pirovac Spring, Pirovac (43.8172° N, 15.9281° E, 7 m), leg., det.: A. Falniowski | Croatia-1 | 2114 | AF367631 (Wilke et al. 2001) |
| *Semisalsa stagnorum* (Gmelin 1791) | The Netherlands, Kaaskenswaters, Zierikzee (51.65582° N, 3.93580° E, 0 m), leg., det.: T. Wilke | The Netherlands-1 | 2915 | JQ973024 |
| *Semisalsa scamandri* (Boeters et al. 1977) | France, Étang du Charnier, Saint Gilles (43.62° N, 4.31° E, 0 m), leg., det.: H. Girardi | France-1 | 3088 | JQ973025 |
| *Semisalsa* sp. | Israel, Mouth of Nahal Taninim River, Ma’agan Michael (32.5386° N, 34.9029° E, 0 m), leg., det.: F. Ben-Ami & J. Heller | Israel-1 | 2005 | JQ973026 |
| **Heleobia** | | | | |
| *Heleobia andicola andicola* (D’Orbigny 1835) | Bolivia, Lake Titicaca, Patapatani Island (16.306° S, 68.686° W, 3809 m), leg., det.: O. Kroll | Ti5 | 8489 | JQ973028 |
| *Heleobia andicola culminea* (D’Orbigny 1840) | Peru, Lake Titicaca, Ramis Bay (15.324° S, 69.831° W, 3809 m), leg., det.: O. Kroll | Ti10 | 8343 | JQ973029 |
| *Heleobia andicola neveui* (Bavay 1904) | Bolivia, Lake Titicaca, Huarina (16.209° S, 68.621° W, 3809 m), leg., det.: O. Kroll | Ti6 | 8488 | JQ973030 |
| *Heleobia aperta* (Haas 1955) | Bolivia, Lake Titicaca, Puno Bay (15.453° S, 69.952° W, 3809 m), leg., det.: O. Kroll | Ti1 | 7602 | JQ973031 |
| *Heleobia* australis (D’Orbigny 1835) | Argentina, Mar Chiquita, Cangrejito inlet (37.7442° S, 57.4195° W, 69 m), leg., det.: R. Hershler (USNM 1002579) | Argentina-1 | n/a** | JQ972708** |

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Here, we use such a “trait-specific” external clock rate (i.e., a rate that can be assigned to a range of taxa that share similar biological and life-history characteristics supposedly affecting rate heterogeneity) for the COI gene proposed by Wilke et al. (2009). This trait-specific rate has been shown to perform well in dioecious aquatic protostomes from tropical and subtropical habitats that share a generation time of approximately one year and a body size of 2–50 mm. All of these conditions are met by *Heleobia*.

### Phylogenetic and molecular clock analyses

Fifty ingroup sequences and three cochliopid outgroup sequences (*Spurwinkia salsa* [GenBank accession number AF367633, Wilke et al. 2001], *Cochliopa* sp. [AF354762, Liu et al. 2001], and *Onobops jacksoni* [AF367645, Wilke et al. 2001]) were used for the phylogenetic and molecular clock analyses.

The best-fit model of sequence evolution was inferred based on the Bayesian information criterion by conducting dynamical likelihood ratio tests in jModelTest 0.1.1 (Posada c⃝ 2012 The Authors. Published by Blackwell Publishing Ltd.)

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| Taxon | Collection site | Locality code | DNA voucher number | GenBank accession number |
|-------|-----------------|---------------|--------------------|-------------------------|
| Heleobia cf. chimbaensis (Biese 1944) | Chile, Quebrada de Talcahuano (25.503°S, 70.411°W, 577 m), leg., det.: O. Kroll | Tt | 13962 | JQ973038 |
| Heleobia cf. cumingii (D’Orbigny 1835) | Peru, Huancane River (15.216°S, 3815 m), leg., det.: O. Kroll | Hc | 13968 | JQ973039 |
| | Peru, Urubamba River, Urubamba (13.312°S, 71.110°W, 2861 m), leg., det.: O. Kroll | Ub | 13959 | JQ973040 |
| Heleobia lagoonensis (Haas 1955) | Chile, Aconcagua River, Concon (32.916°S, 71.497°W, 0 m), leg., det.: O. Kroll | Aa | 13966 | JQ973041 |
| Heleobia limariensis (Biese 1944) | Peru, Lake Langui Layo (14.452°S, 71.280°W, 3999 m), leg., det.: O. Kroll | Ly | 13958 | JQ973042 |
| Heleobia loaensis (Biese 1947) | Chile, Huasco River, Vallenar (28.579°S, 70.765°W, 380 m), leg., det.: O. Kroll | Lo1 | 8726 | JQ973044 |
| | Chile, Loa River, Quillagua (21.637°S, 69.549°W, 812 m), leg.: U. Bößneck, det.: O. Kroll | Lo2 | 13961 | JQ973045 |
| Heleobia mirum (Haas 1957) | Bolivia, Lake Titicaca, Ajilata (16.011°S, 68.819°W, 3809 m), leg., det.: O. Kroll | Ti8 | 8680 | JQ973046 |
| Heleobia orthoni (Pilsbry 1924) | Argentina, Mar Chiquita, Canal Ea (37.5468°S, 57.3128°W, 69 m), leg., det.: R. Hershler (USNM 1002582) | MC | n/a** | JQ972709** |
| Heleobia poopoensis (Bavay 1904) | Bolivia, Laca Jahuira River (19.079°S, 67.314°W, 3696 m), leg., det.: O. Kroll | LJ | 13960 | JQ973050 |
| Heleobia saracochae (Haas 1955) | Peru, Lake Saracocha (15.764°S, 70.621°W, 4154 m), leg., det.: O. Kroll | Sc | 13957 | JQ973051 |
| Heleobia umbiculata (Haas 1955) | Bolivia, Lake Titicaca, Sol Island (16.044°S, 69.156°W, 3809 m), leg., det.: O. Kroll | Ti4 | 8241 | JQ973052 |
| Heleobia sp. (Pilsbry 1924) | Peru, Lake Lagunillas (15.706°S, 70.806°W, 4174 m), leg., det.: O. Kroll | LL | 13955 | JQ973053 |
| | Chile, Copiapo River, Atacama (27.808°S, 70.128°W, 800 m), leg., det.: O. Kroll | LB | 13956 | JQ973056 |
| | Chile, Elqui River, Coquimbo (29.961°S, 71.322°W, 0 m), leg., det.: B. Werding | El | 11077 | JQ973059 |
| | Chile, Limari River, Ovalle (30.597°S, 71.176°W, 215 m), leg., det.: O. Kroll | Li | 13965 | JQ973061 |
2008). Given that molecular clock analyses are particularly sensitive to substitution saturation (Wilke et al. 2009), we tested the degree of saturation using the entropy-based method of Xia et al. (2003) as implemented in DAMBE 5.2.9 (Xia and Lemey 2009). The input parameter for invariable sites was taken from jModelTest. The test did not indicate substantial saturation even under the conservative assumption of an asymmetrical tree as indicated by an “index of substitution saturation value” ($I_{ss} = 0.309$) being significantly smaller than the respective critical value ($I_{ss,c} = 0.386$).

We then tested whether the molecular clock hypothesis was accepted (i.e., whether a strict molecular clock can be assumed) using the Bayes factor (Kass and Raftery 1995) as model-choice criterion. In order to generate the Bayes factor, we conducted two Bayesian Inference analyses (no clock vs. strict clock assumption) in MrBayes 3.1.2 (Ronquist and Huelsenbeck 2003) with the nucleotide substitution model suggested by jModelTest (i.e., GTR + I + G). The individual analyses were terminated when the final average standard deviations of split frequencies in MrBayes reached values of <0.01. The posterior distributions were then used to estimate the Bayes factor. The harmonic means of $-\ln = 3142.4$ and $-\ln = 3151.8$ for the strict clock and no clock models, respectively, and the resulting Bayes factor of 18.8 provide strong evidence against the no clock model (see Kass and Raftery 1995 for an interpretation of Bayes factor values). Therefore, the strict clock model was used for subsequent phylogenetic analyses.

Priors for the Bayesian analysis were specified in BEAUti v.1.6.1 (Drummond and Rambaut 2007) as follows: site model = GTR + I + G (four gamma categories); clock model = strict clock (with a normal prior distribution as well as the COI trait specific clock rate of 0.017 and a standard deviation of 0.0034 suggested by Wilke et al. 2009). Phylogenetic reconstruction and estimation of the age of selected most recent common ancestors (MRCAs) were done in BEAST v.1.6.1 (Drummond and Rambaut 2007). We performed three independent analyses with different seeds and 10 Mio generations each.

During the runs, every 1000th tree was sampled and parameter convergence was monitored in Tracer v.1.5.0 (Drummond and Rambaut 2007). The combined set of trees showed both high ESS (effective sample size) values (>3000 for all major parameters) and a smooth frequency plot, indicating that the sampled trees well represent the posterior distribution. We then computed a consensus tree in TreeAnnotator v.1.6.1 (Drummond and Rambaut 2007) with the posterior probability limit set to zero and the first 10% of generations ignored as burn-in. From this tree, we obtained the means of selected time estimates and their 95% highest posterior density (HPD) intervals (i.e., the Bayesian analog to a confidence interval). This conservative error estimation incorporated both the errors of the phylogenetic analysis (i.e., the node-depth variation of individual Bayesian trees) and the error of the trait-specific COI clock rate. Note that we did not correct our clock estimates for ancestral polymorphism since the trait-specific Protopostomia COI clock applied here is also uncorrected (Wilke et al. 2009). Given that this external rate is based on calibration points that have an average age of 3 My, there may be a small bias toward overestimation of divergence times for events younger than 3 My and underestimation for older events.

**Phylogeographical analysis**

We constructed a parsimony haplotype network for Altiplano *Heleobia* utilizing TCS 1.21 (Clement et al. 2000), with the connection limit set to 95%.

**Results**

**Phylogenetic analysis**

The consensus Bayesian tree under the strict clock assumption is shown in Figure 2. This topology delineates four clades whose MRCAs predate the Pleistocene. These correspond to the genus *Heleobopsis* and the South American “*Heleobia* australis” (clade I), the European/western Asian genus *Semisalsa* (clade II), the genus *Heleobia* (clade III), and representatives of the Italian thermal water species “*Semisalsa aponensis*” (clade IV). The *Heleobia* clade (III) is subdivided into geographically distinct subclades. Clade IIIb is composed of taxa distributed in Altiplano and Andean localities to the west and north of this plateau (herein referred to as the “northern *Heleobia* clade”); clade IIIa is composed of species distributed slightly to the south of the Altiplano (“southern *Heleobia* clade”). Although many of the young clades are not well supported, suggesting a need for additional phylogeographical analyses (see below), all of the deeper nodes pertinent to the goals of this study are supported by Bayesian posterior probability (BPP) values of ≥0.95. These are the MRCAs of the Semisalsinae (split A in Fig. 2), the northern *Heleobia* clade (split B), and the Altiplano taxa (split C).

Our results indicate that the Lake Titicaca *Heleobia* assemblage is not monophyletic but instead forms a clade together with other Altiplano species and two species that are distributed in areas adjacent to the Altiplano (i.e., Loa River and Lake Langui Layo). The sister to this clade is a congener distributed to the north of the Altiplano (*Heleobia cf. cumingii*, Urubamba River).

**Molecular clock analysis**

We only estimated the age of those clades that are well supported and pertinent to the goals of this paper. The MRCA of Semisalsinae exemplars is 3.57 My old with a 95% HDP interval of 2.14–5.43 My (see split A). The MRCA of the Altiplano fauna and its extralimital sister group (i.e., the northern *Heleobia* clade) is 0.92 (0.46–1.52) My old (split B) and the
MRCA of the Altiplano fauna is only 0.53 (0.28–0.80) My old (split C).

**Network analysis**

The COI-based TCS network for the northern *Heleobia* clade (corresponding to clade IIIb in Fig. 2) is shown in Figure 3. It consists of 19 haplotypes, six of which are shared. The haplotype with the highest probability of being ancestral is shared by two specimens from Lake Titicaca (Ti1 8489 and Ti1 7602). Specimens from Lake Titicaca and other Altiplano sites cluster together as in the Bayesian tree. Extralimital specimens (i.e., Ly 13958, Ub 13959, and Lo1 8726/Lo2 13961) have terminally positioned (young) haplotypes.

Haplotypes derived from the same species do not always cluster together and substitutional differences among species are generally low. Furthermore, some haplotypes are shared among species. This implies incomplete lineage sorting, hybridization, or confused taxonomy. Note that some specimens were morphologically transitional between species (indicated as white circles in Fig. 3), further suggesting hybridization.

**Discussion**

**Lake Titicaca: reservoir versus cradle function**

The generation of endemic diversity in ancient lakes has been generally attributed to multiple independent colonization events (reservoir function) or intralacustrine diversification of single lineages (cradle function). Previous studies typically favored the reservoir function model (e.g., Rossiter and Kawanabe 2000) or a combination of both models (Wilson et al. 2004). Most of the recently published data, however, support the intralacustrine speciation model. Examples include faunas of Lake Baikal (e.g., Kaygorodova et al. 2007), Lake Tanganyika (e.g., Marijnissen et al. 2006), Lake Malawi (e.g., Schultheiß et al. 2009, 2011), and Lake Ohrid (e.g., Albrecht et al. 2006; Wilke et al. 2007; Wysocka et al. 2008; Trajanovski et al. 2010). Our findings are highly pertinent to this subject and suggest the following:

1. The Altiplano *Heleobia* fauna (together with several species distributed in close proximity to this region) is a species flock.
2. The evolutionary development of this flock postdates the age of the lake, suggesting that the flock is a product of intralacustrine and/or other local speciation events.
3. The haplotype with the highest probability of being ancestral is shared by two Lake Titicaca specimens (Fig. 3). Furthermore, all but one internal haplotype in this network are from Lake Titicaca specimens (the only exception is haplotype Ar 8349 from Lake Arapa, a small satellite lake only 7 km north of Lake Titicaca). This suggests that Lake Titicaca was the principal site of speciation within the region (although not necessary the center of origin of the species flock).

Our finding of primarily intralacustrine speciation is not contradicted by the distribution of a few members of the flock in extralimital areas closely proximal to the Altiplano. The haplotypes of these taxa are peripherally positioned in the phylogeographical network (Fig. 3) and are possibly derived from Altiplano taxa. These extralimital areas may have been colonized via drainages originating close to the Altiplano such as the Loa (*Heleobia loaensis*), the Urubamba (*H. cf. cumingii*), and the Jilatunga and Quelcapampa rivers. The latter two drain into Lake Langui Layo, which contains endemic *H. langoiasi*. However, given that some of these haplotypes cluster as outgroups to Altiplano/Lake Titicaca haplotypes in the phylogenetic analysis (Fig. 2), we cannot exclude the possibility that the Altiplano was colonized by an MRCA originating in these areas.

**Correlation between paleohydrology and molecular evolution**

One of our most striking results of this study is the close correlation of cladogenetic events with prior hydrological configurations of Lake Titicaca. The age of the Cabana episode approximates the onset of diversification of the *Heleobia* flock (event B in Fig. 2). Although this episode may have separated ancestral Altiplano taxa from those distributed to the north of the plateau, the tree topology does not indicate an increased rate of speciation at this time. Substantial diversification occurred coincident with the Ballivián episode (event C in Fig. 2), giving rise to all extant Altiplano taxa. Note that the 95% HDP intervals of splits B and C extend beyond the duration of the respective “paleolakes” (which, in turn, are also poorly dated). Therefore, a random correlation cannot be ruled out completely. However, the pattern observed for the *Heleobia* flock matches that found in another group of regionally endemic species, the “Agassii” pupfish complex (genus *Orestias*). Based on a different genetic marker, Lüssen (2003) inferred that lineage diversification within this complex occurred 0.53–0.88 My ago. This well conforms to the 95% HDP interval of 0.28–0.80 My that we estimated for the diversification of the *Heleobia* flock. Lüssen (2003) similarly associated colonization of the central and southern Altiplano by pupfishes with the Ballivián episode.

**Spatial levels of endemcity**

Ancient lakes are typically characterized by a relative large number of endemic species. There is also a low level of faunal exchange between the lake and neighboring water bodies; endemic lacustrine organisms typically outcompete invading species but are often inferior outside the lake system (a pattern...
first noted by Brooks 1950 and today sometimes referred to as eco-insularity, Albrecht and Wilke 2008; Wilke et al. 2010).

The spatial scale of these patterns varies. Endemism and eco-insularity have been documented in isolated areas in a lake (point endemism), at the lake level, at the level of the lake and associated water bodies, and at the entire lake basin level (e.g. Albrecht and Wilke 2008; Schreiber et al. 2012).

There have been no comprehensive assessments of the processes that shape these spatial patterns. Although the watersheds of ancient lake have been little investigated biologically, there is some evidence suggesting that in relatively stable lacustrine systems, endemism is mostly concentrated at the lake level or even within the entire (see Shirokaya 2007 for Lake Baikal, Michel et al. 2004 for Lake Tanganyika, and Albrecht and Wilke 2008 for Lake Ohrid). In less-stable ancient lake systems, there often is evidence of increased faunal exchange within the entire watershed, thus leading to a spatial expansion of endemism (see Genner et al. 2007 and Schultheiß et al. 2009, 2011 for Lake Malawi; Albrecht et al. 2012 for Lake Prespa; and Dumont 1998 for the Caspian Sea).
The Heleobia flock conforms to the latter pattern. The network analysis (Fig. 3) implies that Lake Titicaca is the center of diversification in the Altiplano region, which is, in turn, the center of diversification of the northern Heleobia clade. However, this hierarchy of contributing biogeographic processes has been somewhat confused by recent immigration and/or emigration events of riverine taxa, resulting in a contemporary pattern that is largely nonhierarchical—that is, there is a single genetic break between the northern and southern Heleobia clades.

Our study also provides a possible explanation for why the total number of endemic species in Lake Titicaca, in general, and the number of species flocks, in particular, is low compared to other ancient lake faunas. The biological attributes of the regional species flocks (i.e., Orestias, Hyalella, Heleobia flocks) suggest that their ancestors all had the potential for adapting to a brackish water lifestyle. Heleobia is a primarily brackish water group (Hershler and Thompson 1992), Hyalella contains widespread brackish water representatives outside the Altiplano (Vainóla et al. 2008), and the potential sister groups of Orestias (i.e., the pupfish genera Cyprinodon and Aphanius) contain species living in estuarine or otherwise highly mineralized waters (Lüssén et al. 2003). This suggests that the groups that diversified in the Altiplano have a relatively high salinity tolerance and their progenitors may have been able to tolerate severe changes in salinity during Quaternary paleohydrologic episodes. In contrast, taxa having a lower salinity tolerance may have been prone to extinction (e.g., Benavides 2005) or possibly colonized the Altiplano only within the past 3600 years after the lakes returned to freshwater conditions (Ybert 1992).

Concluding remarks

Our sampling design and choice of marker were optimized to address evolutionary questions above the species level and to utilize a reliable trait-specific clock rate for molecular dating. Future studies should focus on sampling more populations. Moreover, the identification of potential fossil calibration points (e.g., earliest appearance of fossil Heleobia in the Altiplano) would assist molecular dating by enabling the use of multilocus approaches.

The species-level taxonomy of Titicaca/Altiplano Heleobia needs to be better resolved. Our results imply incomplete lineage sorting and hybridization as previously observed in regional pupfishes. An analysis of highly variable nuclear markers (such as microsatellites) combined with morphological and ecological studies may be useful in this regard.

Nonetheless, we suggest that adding more markers would not change the results or conclusions derived from this paper because we used a highly conservative molecular dating approach that took into consideration the node-depth variation of the COI trees.

Our findings contribute to a rapidly growing body of evidence suggesting that (1) the high degree of endemic biodiversity in ancient lakes is largely the product of intralacustrine speciation, (2) much of this diversification is geologically recent and was triggered by lake-level and associated environmental changes, and (3) the spatial scale of endemism is correlated with watershed stability.

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