Time Lag Between Light and Heat Diurnal Cycles Modulates CIRCADIAN CLOCK ASSOCIATION 1 Rhythm and Growth in Arabidopsis thaliana

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Plant growth responses to cues such as light, temperature, and humidity enable the entrainment of the circadian rhythms with diurnal cycles. For example, the temperature variations between day and night affect plant growth and accompany the time lag to light cycle. Despite its importance, there has been no systematic investigation into time lags, and the mechanisms behind the entrainment of the circadian rhythms with multiple cycles remain unknown. Here, we investigated systemically the effects of the time lag on the circadian rhythm and growth in Arabidopsis thaliana. To investigate the entrainment status of the circadian clock, the rhythm of the clock gene CIRCADIAN CLOCK ASSOCIATION 1 (CCA1) was measured with a luciferase reporter assay. As a result, the rhythm was significantly modulated by the time lag with +10°C heating for 4 h every day but not −10°C cooling. A model based on coupled cellular oscillators successfully described these rhythm modulations. In addition, seedling growth depended on the time lag of the heating cycle but not that of the cooling cycle. Based on the relationship between the CCA1 rhythms and growth, we established an estimation method for the effects of the time lag. Our results found that plant growth relates to the CCA1 rhythm and provides a method by which to estimate the appropriate combination of light–dark and temperature cycles.

Keywords: circadian clock, dark cycle, entrainment, phase response curve, singularity response, synchronization

INTRODUCTION

Organisms on earth have been found to have circadian clocks that are adapted to 24 h periods for environmental cycles. This includes plants, whose circadian clocks have important roles in various physiological processes, such as photosynthesis and flowering (Dodd et al., 2014; Creux and Harmer, 2019). The plant circadian clock responds to environmental changes and is entrained by the diurnal light–dark cycle (Webb et al., 2019). Entrainment to the light–dark cycle provides some advantages to plants, namely, circadian resonance, in which plants grow larger in an environment with periods that are similar to the intrinsic period of the circadian clock (Dodd et al., 2005; Higashi et al., 2015; Resco de Dios et al., 2016).
In nature and horticultural practices, the light–dark cycle is usually accompanied by a temperature cycle, which is associated with a day temperature that is higher than the night temperature. The temperature cycle is another strong entrainment cue (zeitgeber) for the plant circadian clock. In horticultural studies, the phase differences between light and temperature cycles have been found to have crucial effects on plant growth. Most plants exhibit optimal growth with the in-phase regime, in which the day temperature is higher than the night temperature (which we have termed +DIF) (Xiong et al., 2011, Xiao et al., 2018). The antiphase regime, that is, when the night temperature is higher than the day temperature (which we have termed −DIF), suppresses the elongation growth of the stems and the leaves of various plant species (Thingnaes et al., 2003; Xiong et al., 2011). Therefore, +DIF conditions are preferable for plant growth. However, time lags between light and temperature cycles can frequently occur due to unsettled weather. Furthermore, in horticultural facilities, the time lag is also artificially generated by supplemental lighting at night or cooling during the day (Anpo et al., 2018; Kozai et al., 2019). The spatial unevenness under lighting or air conditioning and the thermal conductivity of air and soil/water might also generate a spatial time lag in DIF. As such time lags might affect plant production yields, the elucidation of their effects is required to improve horticultural practices. However, there has been no systematic investigation into the time lag of temperature cycles and the entrainment behavior of circadian rhythms under dual-zeitgeber cycles.

Variations in the circadian rhythm due to environmental stimuli have been addressed using the phase response curve (PRC) (Johnson et al., 2003). The PRC describes the extent of phase shift as a function of the phase with a stimulus. This provides significant information for entrainment, for example, the entrainment range and stable locking phase for environmental cycles (Johnson et al., 2003; Granada et al., 2009). In previous studies, PRCs for darkness and temperature stimuli have been reported (Michael et al., 2003; Fukuda et al., 2008; Thines and Harmon, 2010). If the application duration of the stimulus is sufficiently short (e.g., heating for 4 h), the effect of the stimulus will be relatively weak on the circadian rhythm (Masuda et al., 2021). Consequently, the rhythm can be modulated to various forms by using weak stimuli. This modulation can be estimated numerically using a phase oscillator model (Fukuda et al., 2013). In contrast, if the duration of the applied stimulus is long, the effects are too strong to modulate the circadian rhythm into various forms. Therefore, to elucidate the rhythm modulation using dual zeitgebers, it is appropriate that the duration of the temperature stimuli be short.

In this study, the promoter activity rhythms of CIRCADIAN CLOCK ASSOCIATED1 (CCA1) were measured to investigate the effects of time lags on the circadian rhythm. CCA1 is one of the core clock genes of the plant circadian clock and is closely related to stress responses (Lai et al., 2012). In addition, the PRC of the CCA1 rhythms for various stimuli have been measured in previous studies (Fukuda et al., 2008; Ohara et al., 2015; Masuda et al., 2017, 2021). We analyzed the CCA1 rhythm in Arabidopsis thaliana under long-day conditions (L/D = 16/8 h) with periodic temperature stimuli (±10°C for 4 h). To elucidate the modulation of the CCA1 rhythms using this time lag, we simulated numerically the rhythm using a phase oscillator model. In addition, we also measured the fresh weight of the seedlings and their leaf area to evaluate the effects of time lag on seedling growth.

**MATERIALS AND METHODS**

**Measurement of CCA1 Rhythms**

To investigate the CCA1 rhythms in each individual, we utilized transgenic A. thaliana CCA1::LUC, which carries luciferase reporters driven by the promoters of the clock gene CCA1 (Nakamichi et al., 2004). Plants were grown on gellan gum-solidified Murashige–Skoog medium (MS Plant Salt Mixture, Wako Chemical Co.) at the standard concentration with 2% (w/v) sucrose in 40-mm-diameter dishes (one individual per dish) under L/D = 12/12 h and 100 μmol m⁻² s⁻¹ fluorescent white light at 22 ± 0.5°C for 7 days. The plants were treated with 500 μl of 1 mM luciferin (d-Luciferin Firefly, potassium salt, BIOSYNTH AG, in water) 24 h before the start of bioluminescence monitoring. Bioluminescence measurements were carried out using an automatic luminescence measuring system known as Kondotron with 20 plants under light-emitting diode (LED) illumination with a red LED (60 μmol m⁻² s⁻¹ light conditions, λ_p = 660 nm) and blue LED (15 μmol m⁻² s⁻¹ under light conditions, λ_p = 470 nm) at 22 ± 0.5°C for 7 days (Kondo et al., 1993; Fukuda et al., 2008). The photoperiod was set to L/D = 16/8 h, and the first dark period was started 16 h after the beginning of the measurements as an in-phase initial condition. Periodic temperature stimuli (+10 or −10°C from 22°C for 4 h within a 24 h period) were applied with four time lags (Δt = 2, 8, 14, and 20 h after turning on the light, referred to as “light on”), as shown in **Figure 1A**. In addition, as an antiphase initial condition, the first dark period was started 4 h after the measurements began, where the CCA1 rhythm started with an inverted phase to the light–dark cycle. As controls, experiments were also performed using L/D = 16/8 h conditions under both in-phase and antiphase initial conditions at 22°C without temperature cycles. The heating and the control of the in-phase initial conditions were carried out once. The cooling and the control of the antiphase initial conditions were repeated two times. After measuring the bioluminescence, we measured plant size using both fresh weight of the areal part and projected leaf area (PLA) (**Figure 1B**), to evaluate the effects on productivity for commercial agriculture (Kozai et al., 2019).

**Oscillation Analysis**

Bioluminescence of the CCA1 rhythm was initially normalized as follows:

\[
\bar{I}_i = \frac{1}{2w+1} \sum_{k=-w}^{w} I_{i+k},
\]

\[
I_i = (l_i - \bar{I}_i)/\bar{I}_i
\]

where \( l_i \) is the ith time point of bioluminescence and \( \bar{I}_i \) is the moving averaged bioluminescence (**Figure 1C**).
FIGURE 1 | Experimental conditions and representative analysis data. (A) Time table of L/D = 16/8 h and 4 h ± 10°C conditions. (B) Bright-field and binarization images of an Arabidopsis thaliana seedling. Projected leaf area (PLA) measured by binarization of the areal part. (C) Bioluminescence of a CCA1::LUC seedling. Solid and broken lines are raw data and its moving average, respectively. (D) Normalized bioluminescence (black line) and the first Fourier series (red line). Data were from control conditions with in-phase initial conditions (B–D).

$w$ is the half window size of the moving average. The measurement intervals were 20 min, so $w$ was set to 36 for the 24 h window averaging. $L_i$ is the normalized bioluminescence ($L_i$).

Then, to determine the amplitude and phase of the CCA1 rhythm, we obtained the first Fourier series, $A \cos \theta(t)$, of $L_i$ (red cosine curve in Figure 1D). The first Fourier component was obtained with the following equations:

$$a_1 = \frac{2}{h - 2w} \sum_{i=1}^{h-w} L_i \cos \left(\frac{2\pi i \Delta s}{T}\right),$$

$$b_1 = \frac{2}{h - 2w} \sum_{i=1}^{h-w} L_i \sin \left(\frac{2\pi i \Delta s}{T}\right),$$

(3)

where $T = 24$ h and the measurement interval $\Delta s = 1/3$ h. $h$ is the number of the time course data. Using $a_1$ and $b_1$, the amplitude $A$ and phase $\theta(t)$ were determined as follows:

$$A = \sqrt{a_1^2 + b_1^2},$$

(4)

$$\theta(t) = 2\pi \frac{t}{T} - \theta_1,$$

(5)

$$\theta_1 = \tan^{-1} \frac{b_1}{a_1},$$

(6)

where $\theta_1$ indicates the phase delay in the CCA1 rhythm in response to the light–dark cycles, that is, the locking phase, which appeared at light-on $[\theta(0) = -\theta_1]$. We used the Tukey–Kramer test for multiple comparisons for $A$ at a significance level of 0.05. We also used the Watson–Williams test with Bonferroni correction for multiple comparisons for $\theta_1$ at a significance level of 0.05 (Watson and Williams, 1956). The mean of locking phase $\bar{\theta}_1$ (which is termed the circular mean) is defined as $\arg\left(\frac{1}{N} \sum_{j=1}^{N} e^{i\theta_{1,j}}\right)$, where $\theta_{1,j}$ is the locking phase (rad) of the $j$th individual.

Numerical Simulation of Circadian Rhythm Modulations

Since the plant circadian clock has an enormous number of cellular oscillators, the individual-level circadian rhythms represent synchronization among the oscillators (Fukuda et al., 2013). In addition, for the dual-zeitgeber cycles, each oscillator is modulated through the multiple phase responses. Therefore, the population dynamics of the cellular oscillators and their synchronization states are described as follows:

$$\frac{d\phi_j}{dt} = \omega_j + p_D(t)Z_D(\phi_j) + p_T(t)Z_T(\phi_j) + \frac{K}{N} \sum_{k=1}^{N} \sin(\phi_k - \phi_j),$$

(7)

$$R(t) e^{i\Phi(t)} = \frac{1}{N} \sum_{j=1}^{N} e^{i\theta_j(t)},$$

(8)
where \( \phi_j \) and \( \omega_j \) are the phase and natural frequency of the \( j \)th oscillator, respectively. \( K \) represents the coupling strength, and \( N \) is the number of oscillators. \( \omega_0 \) takes a normal distribution with a standard deviation \( \sigma_\omega \) and a mean value \( \omega_0 \). \( p_D(t) \) and \( p_T(t) \) indicate the presence of stimulus for 8 h dark and 4 h +10°C or 4 h −10°C stimuli, respectively \([p(t) = 1 \text{ for stimulus on and } p(t) = 0 \text{ for stimulus off}].\) They are described as follows:

\[
p_D(t) = \begin{cases} 
1, & 16 + 24m \leq t < 24 + 24m \\
0, & \text{other}
\end{cases} 
\]

\[
p_T(t) = \begin{cases} 
1, & \Delta t + 24m \leq t < \Delta t + 4 + 24m \\
0, & \text{other}
\end{cases}
\]

where \( m \) is an integer. \( Z_D(\phi) \) and \( Z_T(\phi) \) are the phase sensitivity functions for dark and temperature stimuli, respectively \((\text{Masuda et al., 2021}).\) They are described using the same formula, as follows: \( Z(\phi) = a \sin(\phi - \alpha) \). We used the previously obtained values of \( a \) and \( \alpha \) for 8 h darkness and 4 h ±10°C stimuli \((\text{Masuda et al., 2021}).\) In addition, the collective rhythm \( X \) of the oscillators is denoted as \( X(t) = \frac{1}{N} \sum_{j=1}^{N} \cos(\phi_j(t)) = R(t) \cos(\Phi(t)) \), where \( R(t) \) and \( \Phi(t) \) correspond to the amplitude and phase of the individual-level rhythms, respectively. In this study, parameters were set as \( N = 1,000, K = 0.01, \omega_0 = 2\pi/23 \text{ h}^{-1} \text{ rad, and } \sigma_\omega = 0.2\omega_0 \).

**RESULTS**

**Modulations of the CCA1 Rhythms by the Temperature Cycles**

In Figure 2A, the normalized bioluminescence of CCA1::LUC under L/D = 16/8 h with 4 h +10°C cycles is shown. At \( \Delta t = 8 \text{ h} (+10°C \text{ in days}) \), the rhythm was amplified \((\text{Figure 2C})\) from the basic amplitude, which was 1.20 when the temperature cycle was absent. In contrast, at \( \Delta t = 20 \text{ h} (+10°C \text{ in late}}

\[
\phi_j \quad \omega_j \quad K \quad N \quad \omega_0 \quad \sigma_\omega
\]

\[
\phi_j \quad \omega_j \quad K \quad N \quad \omega_0 \quad \sigma_\omega
\]

\[
\phi_j \quad \omega_j \quad K \quad N \quad \omega_0 \quad \sigma_\omega
\]

\[
\phi_j \quad \omega_j \quad K \quad N \quad \omega_0 \quad \sigma_\omega
\]
night), the CCA1 rhythm was disturbed, and its amplitude was reduced. Figure 2B shows the CCA1 rhythm under the cooling conditions (L/D = 16/8 h with 4 h −10°C cycles). Only at Δt = 2 h (−10°C in early days) was the CCA1 rhythm disturbed and reduced (Figure 2D). When the amount of amplitude change is compared (the maximum value minus minimum value), the effect of the −10°C condition was 53% smaller than that of the +10°C condition.

The peak times for the CCA1 rhythms are shown in Figures 2E,F. For the +10°C condition, at Δt = 2, 8, and 14 h, the peak appeared 2.5, 4.6, and 6.2 h after light on, respectively. Thus, the increment of Δt increased the phase delay of the CCA1 rhythm. In contrast, at Δt = 20 h, the peak appeared after 1.6 h; that is, the phase delay substantially decreased. For the −10°C condition, at Δt = 2, 8, and 14 h, the peak appeared at 4.4, 3.5, and 3.3 h after light on, respectively. Thus, the increment of Δt provides a slight phase advance for the CCA1 rhythm. However, at Δt = 20 h, the peak appeared at 4.4 h; that is, the phase delay was increased. The amount of phase change between the maximum and minimum values of the peak times at −10°C was also 75% smaller than that at +10°C. Under the antiphase initial conditions, the changes in A and peak time were similar to those under the in-phase initial conditions (Supplementary Figure S1), but a small effect of initial conditions was observed due to a transient in the first LD cycle.

Numerical Simulation of the Amplitude and Phase Modulations

We performed the numerical simulation using a phase oscillator model with PRCs (Eq. 7). Figure 3A shows the relationship between experimental and computational amplitudes A, and there was a high correlation (correlation coefficient r = 0.74, p < 0.01). However, experimental A was dispersed in the low-amplitude state (A < 0.6), indicating that amplitude estimation was difficult. Figure 3B, however, shows the relationship between...
FIGURE 4 | Effect of the time lag on plant growth in conditions of L/D = 16/8 h and 4 h ± 10°C cycles. (A–C) Fresh weights of the aerial part from the +10°C (A), −10°C (B), and control (C) conditions (mean ± SEM, n = 20 individuals in (A) and (C) and 40 in (B)). (D–F) Projected leaf areas from the +10°C (D), −10°C (E), and control (F) conditions (mean ± SEM, n = 20 individuals in (D) and (F) and 40 in (E)). The circles indicate the individual data points. Two conditions that do not have the same letter indicate significant differences for each panel (Tukey–Kramer test, *p < 0.05, **p < 0.01). Asterisks indicate significant differences with the control condition (Welch's t-test, *p < 0.05, **p < 0.01).

FIGURE 5 | Relationship between fresh weight and CCA1 rhythms in the control conditions. (A) Relationship between fresh weight and amplitude A in individuals. (B) Relationship between fresh weight and locking phase θ₁ in the individuals. The black lines indicate regression lines.

The relationship between A and θ₁ in the experiment and simulation is shown in Figure 3C, where the simulation values of A and θ₁ were calibrated using the regression lines in Figures 3A,B. Under the +10°C condition, the value of A showed a peak around θ₁ = 0.15 rad/2π, while under the −10°C conditions, A varied on a small loop. This indicates
that the modification range at $-10^\circ C$ was smaller than that at $+10^\circ C$.

**Effect of Time Lag on Growth**

In Figures 4A,B, the fresh weights of the areal part of plants from the $+10$ and $-10^\circ C$ conditions are shown, respectively. The weight was larger at $\Delta t = 8$ h and smaller at $\Delta t = 14$ h under the $+10^\circ C$ condition. In contrast, there was no significant difference between the time lags under the $-10^\circ C$ condition. Figures 4D,E show the PLA under the $+10$ and $-10^\circ C$ conditions, respectively. Similar results were observed between the fresh weight and PLA. By the comparison of the control conditions, it was found that the $+10^\circ C$ cycle tended to enhance growth while the $-10^\circ C$ cycle suppressed growth.
weight showed almost the same value; the mean values of phase \( \theta \) for fresh weight were considered: \( W_f = f_1(A, |\Delta \theta_t|) \), and \( W_3 = f_3(A, |\Delta \theta_t|) \), where \( W_{1,2,3} \) means the predicted fresh weight in each model. First, the functions \( f_1(A) \) and \( f_2(|\Delta \theta_t|) \) were obtained experimentally as linear functions from the relationships in Figures 6A,B, respectively. The function \( f_3(A, |\Delta \theta_t|) \) was also obtained by a linear optimal combination of \( A \) and \( |\Delta \theta_t| \), that is, \( f_3(A, |\Delta \theta_t|) = aA + b|\Delta \theta_t| + c \), using the least square method. We then calculated the \( A \) and \( |\Delta \theta_t| \) for each \( \Delta t \) in the phase oscillator model (Eq. 7) and the regression lines in Figures 3A,B as a calibration. Finally, \( A(\Delta t) \) and \( |\Delta \theta_t(\Delta t)| \) were obtained and substituted into \( W_1 = f_1[A(\Delta t)], W_2 = f_2[|\Delta \theta_t(\Delta t)|] \), or \( W_3 = f_3[A(\Delta t), |\Delta \theta_t(\Delta t)|] \), and then we obtained the predicted fresh weight for each \( \Delta t \). The accuracy rates of the models were high \( (r > 0.79) \) as shown in Figure 7. However, it should be noted that our prediction model cannot be used for the \(-10^\circ C\) condition, as there was no correlation between growth and the CCA1 rhythm.

**DISCUSSION**

In this study, we investigated the modulation of the CCA1 rhythms and seedling growth using temperature cycles \((4 h \pm 10^\circ C)\) with time lags \( \Delta t \). The amplitude \( A \) and locking phase \( \theta_t \) varied, depending on \( \Delta t \). Under the \(-10^\circ C\) condition, there was a decrease in the modulation of \( A \) and \( \theta_t \) by 53 and 75%,
respectively, compared with those under the +10°C condition (Figure 2). In addition, the growth depended on Δt only under the +10°C condition, and not under −10°C (Figure 4). Notably, under the +10°C condition, growth showed a high correlation with the CCA1 rhythms (Figure 6).

In our model, light and temperature stimuli affected the CCA1 rhythms via their PRCs. Consequently, their multiple effects can be estimated based on the combined PRC Γ(θ). Figure 8A shows the description of Γ(θ). PRCs for 8 h dark, 4 h +10°C, and 4 h −10°C were obtained in our previous study (Masuda et al., 2021). Here, we introduced the combined PRC Γ(θ), described as Γ(θ) = G_D(θ + θ_D) + G_T(θ + Δψ), where G_D(θ) and G_T(θ) are the PRCs for the 8 h dark and temperature (4 h +10°C or 4 h −10°C) stimuli, respectively. θ_D is a constant that denotes the start time of the dark in relation to the timing of light on, that is, θ_D = 2π × 14/24 (rad) in this study. Δψ is the phase delay of the temperature stimuli from light on; Δψ = 0 rad indicates the temperature stimulus applied at the light-on time. Δψ was transferred to time lag Δt as Δt = Δψ/2π × 24 (h) in this study. By considering the Γ(θ), the differences in rhythm modulations between +10°C and −10°C were determined and shown in Figure 3C. They were explained as follows: the shape of Γ(θ) changes drastically depending on Δt in +10°C (Figure 8B), but it was almost unchanged at −10°C (Figure 8C). Therefore, in the −10°C condition, the CCA1 rhythm was determined to be almost independent of the time lag. In addition, the complex shape of Γ(θ), such as Δt = 14 and 20 h under +10°C, disturbs the synchrony of cellular oscillators and then suppresses substantially the amplitude of the collective rhythm (around evening in Supplementary Figure S2A).

During plant growth, Δt also resulted in a significant effect at the +10°C but not −10°C condition (Figure 4). In addition, the growth showed a correlation with the CCA1 rhythms at +10°C, but no correlation at −10°C (Figure 6). As a possible explanation, the variable range for the −10°C was very narrow (on a small loop in Figure 3C), so the growth might not be affected by the rhythm modulations. Moreover, using Δt, the degree of DIF was regulated continuously from +DIF to −DIF. Such continuous regulation of DIF provides continuous modulation of the CCA1 rhythm (Figure 3C). Based on our results, the effects of DIF regulation on growth were predictable (Figure 7). This prediction method in conjunction with specific growing conditions and/or crop species might be important for practical application in horticulture (Kläring and Schmidt, 2017; Liu et al., 2019). However, as a limitation of this, other situations such as the 12/12 h temperature cycles were not addressed in this study, and further studies are required to determine the growth regulation of DIF.

In this study, we demonstrated growth prediction using the CCA1 rhythm with a phase oscillator model. The synchronization of the cellular oscillators plays an important role in the modification of circadian rhythms. Although it is difficult to measure such population dynamics directly, our model was utilized for the basic estimation of the optimal time lag. However, although the present study showed a correlation between growth and the CCA1 rhythms, it did not clarify a causal mechanism between them. The measurement of other clock genes is required to fully elucidate the role of the circadian clock. Moreover, the entrainment of the plant circadian clock also involves complex interactions for endogenous factors (e.g., sugar metabolism and hormone signaling) as well as environmental stimulus (Webb et al., 2019). Further modeling with signaling details and other environmental stimuli is thus required in the future.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

KM, TY, and HF designed the research. KM, TY, and YK performed the experiments. KM and TY analyzed the data. KM and HF wrote the manuscript. All authors discussed the results and implications and commented on the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fpls.2020.614360/full#supplementary-material

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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