In this paper, the achievements, problems and prospects of creating personalized energy systems based on nanostructured materials are analysed. Various concepts of developing methods and ways of personalized energy provision for autonomous human survival in remote natural habitat, emergency situations of natural disasters and technogenic catastrophes when centralized power supply is unavailable or in an effort to reduce the economic and environmental costs of remote energy production and transportation are also considered. The possibilities and limitations of using traditional and renewable alternative energy sources, processes and devices for extracting, storing and converting their energy into the necessary consumer forms due to fundamental physical laws are discussed as well. The article covers the new nanostructured materials with special functional properties for personalized energy systems development. The mechanisms for formation of the required nanostructures in synthesized materials, especially those with a high content of fractal interfacial formations, are considered as well as methods for studying their structural and phase characteristics that determine the achievability of the specified parameters of model converters and energy storage devices.

Keywords: autonomous energy provision, energy sources, optimization of energy conversion and storage modes, functional materials, nanostructures, fractals, non-autonomous phases.

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1. Introduction

Currently, two complementary approaches to the development of energy supply systems have been formed: there is a centralized “external” energy industry of large capacity and autonomous distributed, or local “internal” energy industry [1–4]. They differ in various interests of energy producers and consumers, different indicators of energy productivity and energy efficiency, different costs for creation, and operation, energy sources used, technological schemes for converting primary fuel and distributing converted energy flows, and different levels of losses for generating and transporting consumed types of energy. However, this division is rather conditional. As in any complex system, in natural and technical complexes of centralized and autonomous power supply, there are numerous direct and inverse relationships between the selected hierarchical levels, which are based on fundamental and applied scientific achievements of the nineteenth to twenty-first centuries, primarily in the field of thermo- and electrodynamics, hydroaerodynamics, mechanics, heat transfer, atomic physics, chemistry, and materials science.

Centralized energy industry of large capacity (up to 1200 MW in a single at a time when the total installed capacity of all power plants of the Unified Energy System of Russia is over 246 GW as of January 1, 2020) is intended for remote electricity and heat supply through the electric and heat networks of industrial enterprises, public social services and household needs of the population from large generating units of thermal (TPP), nuclear (NPP) and hydro- (HPP) power plants which, respectively, use fossil energy resources of chemical (organic) and nuclear fuel, as well as the energy of nature-renewable movement of large masses of river water. In terms of the unavailability of centralized power supply or in case of attempts to reduce economic and ecological costs of remote production and transport of energy; in order to provide power supply for small industrial and community facilities of different local groups, the autonomous energy industry is used in forms of distributed power installations of low and medium power (5 to 50 MW in a single unit). Along with traditional generation plants, alternative solar, wind, tidal, geothermal, biofuel, thermoelectric and other power units are also used here as well [5–10].

A special area of autonomous energy industry is a personalized energy industry, the power of which is comparable to the power of the human body in the range of its normal and peak loads (about 100 – 1200 W). It is designed in order to maintain the efficiency of individual life support equipment and human survival in remote natural habitat, as well as in terms of emergency situations such as technological catastrophes and natural disasters. This includes provision of food preparation and water supply, housing maintenance, use of tools and devices for personal labor, transport, electronic communication and navigation, medical devices, sports and tourist equipment, personal protective equipment and equipment for rescuers, firefighters, security personnel, emergency medical services and other emergency services. Along with traditional and alternative sources for personalized energy supply, such as, mechanical movement and heat of the human body and environmental objects, as well as the electrical processes occurring in them and accompanying magnetic phenomena, background electromagnetic radiation in the radio and television broadcasting bands, human muscle strength and the strength of domestic animals, secondary energy sources, in the form of agricultural and local industry waste, etc., can be also used [11–13].

Although the development of the scientific and technological base of energy industry in the current understanding dates back about 200 years, the recent problems of depletion of intensively used fossil energy resources, concomitant environmental pollution and attraction of renewable alternative sources stimulate the search for new approaches and solutions in all the energy areas mentioned above. Fundamental and applied physical and chemical problems, as well as the results of such searches, are reflected in numerous original articles published and in a large number of generalizing reviews and monographs [14–20], in which you can find interesting details and additional links. This review is devoted to the consideration of a still poorly presented, but promising and rather intensively developing area of modern research in the field of autonomous personalized energy industry using nanostructured converters. The use of functional materials of such a structure, especially those with a high content of interphase formations of fractal geometry (non-autonomous phases [21–23]), which differ significantly in their properties, structure and composition from the corresponding characteristics of bulk phases, allows us to purposefully influence the processes of energy transformation. In particular, it is possible to develop nonlinear regimes with the so-called exacerbation [24,25], when the effects of local energy concentration appear with their retention for a finite time practically without spreading to other zones. In this case, the change in the space-time structure is not accompanied by a general destruction of the material, in contrast to known examples of thermal explosion, shock wave accumulation, self-focusing of light beams, plasma instability, and other variants of such effects in continuous nonlinear media [26]. Other unusual structural and functional properties of processes in such media (changes in the melting temperature, transport coefficients, etc.) are also found, which are studied in the framework of the theory of dissipative structures and synergetics [27]. They can be used in many applications of physics, biophysics, chemistry, and biology, but they are especially important for solving
problems of personalized energy industry due to the specific requirements for the power of the sources used and their availability, low weight and size characteristics, as well as the unstable operating modes. This review also addresses, as necessary, the main points of research in related areas of energy that are important for the analysis of the topic under consideration. In particular, physical constraints limit the possibilities of converting various forms of energy, the conditions and mechanisms for modes of increasing maximum power and efficiency of these transformations, their thermodynamic stability and regulation of controllability, influence the functional properties of the underlying environments and structures of materials, the development of methods for their synthesis, determining the attainability of the desired properties and the desired intensification of the transformation modes. In this review, these issues are analyzed based on the available literature data, as well as original author’s developments.

2. Individual energy needs of the human body and the possibility of sources of additional energy supply in personalized energy industry

Individual energy needs of the body are determined, first of all, by the energy costs of ensuring human’s vital activity. This is the maintenance of a constant body temperature, heart and respiratory muscles, the nervous system, physical activity in the processes of work, changes in the structure and physiology of organs in certain age periods. This also includes carrying out functional responses to stressful situations, including the mobilization of all energy and regulatory resources of the body for its survival in the event of sudden changes in the external and internal environment. The physiological source of body energy supply is a combination of metabolic processes as a set of multi-stage biochemical reactions of the exchange of incoming food substances at the tissue and cellular level. Enzymatic self-regulation of the kinetics of these reactions is carried out by the nervous and endocrine systems of the body with the maintenance of hemodynamic balance, indicators of water exchange of biological fluids and gas balance, depending on environmental conditions and internal factors.

According to medical and biological data [26, 28], the individual energy expenditure of an adult of medium build in a temperate climate is 2800 – 3200 kcal/day (11.7 – 13.4 MJ) for men, 2100 – 2300 kcal/day (8.8 – 9.6 MJ) for women, and about 2000 kcal/day (8.4 MJ) for a 10-year-old child. In adults, from 10 to 25 % of energy is spent on the brain, while the brain of a 5–6-year-old child can consume up to 60 % of the body’s energy [29]. As the body grows from the age of 20, the energy consumption begins to decrease with a gradual decrease first by 3, then by 7.5, and then by 10 % approximately every 20 years. The intensity of energy consumption depends on the physical activity of the body, slightly different in women and men. Thus, the intensity of energy consumption in light work is 3.5 and 5.3 kcal/min, respectively (which is equivalent to the energy transformation power of 250 – 370 W), in moderate work 5.7 and 8.0 kcal/min (400 – 560 W), in heavy work 7.8 and 11 kcal/min (550 – 770 W). During short-term peak physical activity, energy consumption increases to 14 – 16 kcal/min (980 – 1120 W) or more, while at rest during sleep, energy consumption is only 1 – 1.5 kcal/min (70 – 100 W). These data taken at rest are calculated from the rate of basal exchange, i.e., the formation of heat in the human body. As for various physical activities, these data take into account the additional exchange associated with the intensity of muscle load, when mechanical work is added to the formation of heat and the total energy expenditure increases by 15 – 20 %. The latter means that only about 1/5 of the body’s own energy can be spent on transforming the environment in order to improve living conditions. And it may happen only in a time-limited working period within the range of developed power at normal and peak loads (from 100 to 1200 W) in accordance with the physiological capabilities of the body and the rhythms of human life. Approximately the same level of capacity, determined by the density of energy flows in the biochemical reactions of metabolic processes in the human body, is typical for renewable environmental sources as derivatives of solar radiation, which is the main source of renewable energy on the planet’s surface. A comparative assessment of the energy capabilities of these sources for additional energy supply in personalized energy systems is given in Table 1 according to the data [6, 30–35]. This includes solar and wind energy, energy of natural magnetic and background electromagnetic fields of anthropogenic nature, thermoelectric materials, including those that convert the heat of the human body, piezoelectric materials that convert the energy of mechanical vibrations, motion or acoustic noise, pyro- and ferroelectric materials that convert radiant energy into high electrical voltage, etc. These sources complement the energy capabilities of the human body discussed above, among which the greatest power density is represented by the thermal energy of the human body (135 mW/cm²) and the energy of its mechanical movement (800 mW/cm²).

These indicators are at least one hundred times less than the corresponding indicators of continuous power supply in centralized systems used for covering of general household and industrial needs that are used currently in developed countries (up to 10 or more kW of installed capacity per each resident). According to the materials provided by the academician P. L. Kapita in the report “Energy and Physics” at the scientific session in honor of the 250th anniversary of the Academy of Sciences of the USSR [36] and in his Nobel acceptance lecture [37], based on data from the UNO and the International Bank for Reconstruction and Development in the 70s of the last century, which have kept the general trends to the present day, there is a direct proportionality between the cost of gross national (domestic) product
TABLE 1. Comparison of capacities of possible sources and technologies of energy collection in personalized energy systems [6, 30–35]

| Harvesting Method                  | Power density                          |
|-----------------------------------|----------------------------------------|
| SOLAR                             |                                        |
| Solar energy – outdoors           | 15 mW/cm\(^3\) – bright sunny day      |
|                                   | 0.15 mW/cm\(^3\) – cloudy day         |
| Solar energy – indoors            | 10 – 100 µW/cm\(^2\)                   |
| MECHANIC (Vibrations)             |                                        |
| Piezoelectric – shoe inserts      | 330 µW                                 |
| Electrostatic conversion          | 0.021 µW/mm\(^3\) – 105 Hz            |
| Electromagnetic conversion        | 154 µW/cm\(^3\)                        |
| THERMIC                           |                                        |
| Thermoelectric – 5 °C gradient    | 40 µW/cm\(^3\)                         |
| PYROELECTRIC                      |                                        |
| Temperature rate of 8.5 °C/s      | 8.64 µW/cm\(^3\)                      |
| MAGNETIC                          |                                        |
| Magnetic field energy             | 130 µW/cm\(^3\) – 200 µT, 60 Hz        |
| RADIO FREQUENCY                   |                                        |
| GSM 900/1800 MHz                  | 0.1 µW/cm\(^2\)                       |
| WiFi 2.4 GHz                      | 0.01 µW/cm\(^2\)                      |
| WIND                              |                                        |
| (at the speed of 5 m/s)           | 380 µW/cm\(^3\)                       |
| ACOUSTIC NOISE                    | 0.96 µW/cm\(^3\) at 100 dB            |
|                                   | 0.003 µW/cm\(^3\) at 75 dB            |

produced and energy consumption (Fig. 1). When they decrease, not only the level of well-being falls, but the resulting life expectancy of people in these countries also suffers (Fig. 2).

The report presented by P. L. Kapitsa emphasized not only the fundamentally different level of energy flow density (about 10 MW/m\(^2\)) for large-capacity centralized power generation using concentrated fossil energy resources, from the above-mentioned energy flow density for alternative renewable environmental sources (about 100 W/m\(^2\) at the surface to 1.35 kW at the boundary of the Earth’s atmosphere), but also noted their relationship with the efficiency (efficiency) of energy transformation processes. These indicators are determined by the fundamental laws of conservation of energy and increasing entropy in transformation processes, which do not allow the creation of “perpetual motion machines” of the 1\(^{st}\) and the 2\(^{nd}\) kind, as well as by the restrictions on the maximum power of its transmission through the material medium by the value of the Umov-Poynting vector \( U < \nu F \). Here, \( \nu \) is the distribution velocity of the medium-deformation, which is usually equal to the speed of sound in gaseous medium, and \( F \) is the volume power density of the medium during the transfer of any type of energy (elastic, thermal, electrical, etc.) in it. In stationary processes, the value of \( \text{div} \ U \) determines the amount of energy conversion to another type. The example given by P. L. Kapitsa of the effect of this restriction on the parameters of various converters shows that in order to generate 100 MW of power while using the direct conversion of solar energy into electrical energy from a sunlit surface at the usual energy flux density of 100 W per square meter, a working area of 1 km\(^2\) is required. The same working areas of almost impossible dimensions will be needed for the wheel of a wind power plant, for the installation of direct conversion of the chemical energy of hydrogen oxidation into electricity, for an electrostatic generator (Van de Graaff type), thermoelectric generators and similar converters on energy sources with energy flows of similar density.
Similarly simple estimates show that generating even much smaller capacity by using renewable environmental sources in personalized energy systems will also require quite large converter workspaces. In particular, for an additional external energy supply of a person at the level of capacity at least its peak capacity (about 1 kW) by using solar photovoltaic cells, wind power plants, thermoelectric generators, small water flow energy, etc. if the flow density of the actual power removed in them is about 100 W/m$^2$, the working area of each of these installations will be required at least 30 – 40 m$^2$, taking into account the relatively low values of their efficiency of about 25 – 30 %. The increasing of their energy efficiency through the use of new materials, as well as using possible processes of direct (non-thermal) conversion of source energy into electrical energy by the type of fuel cells with an efficiency of 60 – 80 %, allows reducing the weight and size characteristics of such installations. The possibilities of implementing such one-stage transformations are shown in Table 2, presented as a matrix of mutual transformation of various types of energy [38, 39]. As it follows from the the matrix of energy transformations that have practical significance, the possibilities of direct one-stage processes are very limited. A wider choice is provided by the multi-stage organization of sequential transformation of various types of energy with the use of intermediate working bodies. In all cases, it
TABLE 2. Matrix of possible transformations of various types of energy

| Type of energy | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|----------------|---|---|---|---|---|---|---|---|---|----|
| 1. Nuclear PSE, SSE | (+) | [+ | | | | | | | <+> | [+] |
| 2. Chemical PSE, SSE, ES | – | [+ | | | | | | | <+> | [+] |
| 3. Electromagnetic EC | – | (+) | + | + | – | – | (+) | (+) | + |
| 4. Gravistatic SSE, ES | – | – | – | [+ | | | | | + | + |
| 5. Elastic SSE, ES | – | – | – | [+ | | | | | + | (+) |
| 6. Electrostatic SSE, ES | – | – | – | + | + | + | [+ | | + | + |
| 7. Magnetostatic SSE, ES | – | – | – | + | + | + | + | + | [+] |
| 8. Electric EC | – | [+ | + | + | + | + | <+> | <+> | <+> |
| 9. Thermal PSE, SSE, ES | – | + | + | – | – | – | (+) | <+> | <+> |
| 10. Mechanical PSE, SSE, ES | – | – | – | + | + | + | (+) | (+) | <+> |

Designation: “–” – transformation impossible; “+” – transformation is possible, but of no practical interest; “[+]” – transformation is possible and of practical interest, but not for energy purposes; “[+]” – the transformation is possible and of practical interest for energy purposes, but so far almost never used; “(+)” – same as previous but partially already in use; “<+>” – same as previous but widely used; PSE – primary source of energy; SSE – secondary source of energy; ES – energy storage; energy carrier.

is necessary to ensure the proper level of energy concentration and select working bodies of certain properties for conversion. The simplest, most reliable and promising ways have already been used and can only be improved in the direction of increasing the efficiency of transformations and the specific power of the converter.

Along with the need to increase efficiency, another problem in the development of personalized energy devices is the coordination of energy generation and consumption modes, taking into account the instability of renewable environmental sources and the physiological rhythms of human life. In order to ensure their coordination, well-known electro-galvanic accumulators are used, as well as new types of super-accumulators and double-layer electric accumulators [40–46] with special schemes for their buffer connection (Fig. 3 and Fig. 4), which control the automatic charging of these devices during periods when the amount of incoming energy exceeds the amount of consumed one. Otherwise, accumulated energy is returned to the consumer [9].

A separate extremely important task of personalized energy systems is to ensure a person’s potable water requirements in extreme and emergency conditions in the absence of sufficient sources of clean fresh water. The physiological norm of its daily consumption for an adult is considered to be 30 – 40 g per kg of body weight, which on average is about 2.5 liters of water per day, and the same amount is excreted from the body. Under survival conditions, water consumption can be reduced to one quarter of the norm, but its complete absence or replacement with salty seawater leads to rapid dehydration with a fatal outcome in 3 to 5 days [11, 12, 47]. Possible solutions of this problem include distillation methods for cleaning and desalination of existing salty sea and ground waters using energy sources of the environment, primarily solar radiation.

In all these cases, the main criteria for the practical selection of energy sources in personalized energy systems are not only their availability and capacity indicators presented in Table 2 above, but also the possibility of implementing heat and power supply devices based on them as the most used types of energy, taking into account the specific conditions of their operation. In this regard, the mainly solid-state photo- and thermoelectric converters enumerated below, without mechanically moving elements, are considered as very attractive and preferable ones. A special role in solving the problems of their further improvement is assigned to the development of new functional materials for such devices and the identification of optimal modes for regulating the processes of energy conversion in them in terms of specific output power, efficiency and stability of energy transformation.
3. Regulation of processes and optimization of energy transformation modes in personalized energy systems

3.1. Problems of model description of energy conversion processes in nanostructured media

The problems of optimal regulation of energy conversion processes in terms of specific output power, efficiency and stability in personalized energy systems remain very relevant not only in connection with the above-mentioned instability of its receipt from renewable environmental sources and uneven consumption in the physiological rhythms of human life. It is equally important to set requirements for the development of new materials for such converters, taking into account their operation in variable modes.

In the available works, energy conversion processes are usually considered either in the thermodynamically-equilibrium approximation [48,49] or on models of transport phenomena in non-equilibrium thermodynamic systems, usually applied to problems of continuous media, including not only natural [50–53], but also biological objects [54–56] and even social systems [57]. However, the application of the classical thermodynamic approach to small nanoscale objects requires a certain adjustment of the models used.

The proposed variants of “nanothermodynamics” which are based on the development of classical equilibrium thermodynamics take into account the contribution of surface energy [58], the extension of classical thermodynamics considering “separation energy” – the so-called nanothermodynamics of Hill [59,60], methods of molecular dynamics and Monte Carlo [61], lattice models [62], the van der Waals theory of inhomogeneous media [63], chemical approach...
to the description of the nanoparticles as chemical education is a complex of supramolecule [64–66], statistical thermodynamics of small systems [67], nonextensive statistical thermodynamics, including the use of Tsallis entropy [68,69], “non-equilibrium” equilibrium thermodynamics with allowance for fluctuation theorems [70–72]. When the material contains a large number of non-autonomous interfacial formations of a fractal nature (non-autonomous phases), which are formed in a limited space between bulk macroscopic phases in the form of intermediate (transient surface or internal) structures, the classical method of J. V. Gibbs is used for thermodynamic description of the system. It reduces the differences in the properties of these structures from the properties of bulk phases to a dedicated conditional tension surface located in the region of the interface [73].

3.2. Principles of thermodynamic extremes in the generalized analysis of energy transformation processes

In non-equilibrium processes, the thermodynamic behavior of non-autonomous phases, as well as the behavior of macroscopic bulk phases, can be conveniently considered based on the analysis of changes in the entropy of the system by using the principles of the extremum of thermodynamic potentials [74]. This approach, as more general in comparison with the Gibbs–Duhem equilibrium relation, is associated with the condition of positivity of internal entropy production due to the irreversibility of the processes [75]. Since the density of flows of various forms of energy increases with increasing nonequilibrium of the system, and the efficiency of their redirected transformation decreases due to the concomitant increase in irreversibility losses, the condition for obtaining the maximum power of energy transformation must correspond to the optimal level of thermodynamic nonequilibrium. Its estimation can be made on the basis of considering the processes of transfer and transformation of one type of energy into another as occurring in a certain volume (Fig. 5). Here, the initial energy type corresponds to the input thermodynamic flow $J_1$, which, under the action of the conjugate thermodynamic force $X_1$, is the driving force for the output flow of the converted energy type $J_2$, induced against the non-conjugate thermodynamic force $X_2$ [49].

![Figure 5. Generalized energy conversion scheme](image)

The phenomenological connection between thermodynamic flows $J_i$ and the thermodynamic forces $X_i$ in case of deviations from the equilibrium state, in close proximity to it and in stationary processes is described by a linear Onsager relations: $J_i = \sum_{k=1}^{m} L_{ik} X_k$ [76]. Here, $L_{ik}$ means the kinetic coefficients of direct and cross-effects of the transport of converted types of energy, which reveal reciprocity relations $L_{12} = L_{21}$, which are considered a theoretical consequence of the principle of microscopic reversibility of time [75,77], and a consequence of the relationship of convective components of heterogeneous flows at the macro level [78].

Using the Prigogine theorem on the representability of the power source of entropy in the form of a bilinear form of the generalized fluxes and forces,

$$I_S = \sum_{i} J_i X_i = \sum_{i} \sum_{k} L_{ik} X_i X_k = \sum_{k} \sum_{i} R_{ik} J_i J_k = \min \geq 0,$$

the number of components, which is equal to the number of degrees of freedom of the system, and stationary stable states correspond to minimum entropy production, and entropy moving from performance to energy, for the value of efficiency as the relationship of output and input power, $\eta = E_2/E_1 = T'' J_2 X_2/T'' J_1 X_1$ in dimensionless form, we can obtain [49]:

$$W = -T'' J_M X_M = G(\Delta H - T'' \Delta S) = \frac{r(1-r)z}{z+1} L_{11} X_Q^2 = \frac{r(1-r)z}{1+(1-r)z^2} R_{11} J_Q^2,$$

$$\eta = \frac{-T'' J_M X_M}{T'' J_Q X_Q} = \frac{G(\Delta H - T'' \Delta S)}{(J_Q - H^0 G) \Delta T/\Delta T} = \frac{r(1-r)z}{1+(1-r)z}.$$
Here, the parameter $r = -(L_{22}/L_{21})(X_{2}/X_{1})$ corresponds to the dimensionless ratio of components in the output energy flow, and the parameter $z = L_{21}^2/(L_{22}L_{11} - L_{21}^2) = R_{21}^2/(R_{22}R_{11} - R_{21}^2)$ corresponds to the dimensionless q-factor of the converter. The inverse values of the conductivity coefficients $L_{ik}$ characterize the transfer resistances of the corresponding energy flows in the system $\Omega_1 = X_{1}/J_1$ and $\Omega_2 = -X_{2}/J_2$.

3.3. Modes of energy transformation in non-equilibrium systems

By means of using the standard apparatus of maxima and minima depending on the ratio $r$ and $z$ the main modes of energy transformation are revealed:

- **idle mode and short-circuit mode** with zero output power of the converter; $W_2 = 0$ at $r = 0$ and at $r = 1$;
- **maximum output power mode** $W_{\max}^{XQ} = [(1/4)z/(1 + z)]L_{11}X_{2}^2$ at $r = 1/2$ for a fixed power source (DC voltage $X_i = \text{const}$) and $W_{\max}^{JQ} = [(1/4)z/(1 + z)R_{11}J_{2}^2]$ for a fixed flow source (DC $J_i = \text{const}$) at $r = (1 + z)(2 + z)$;
- **maximum efficiency mode** with the maximum value of the efficiency of the converter
  \[ \eta_{\max} = \frac{1}{2} \frac{\sqrt{1 + z} - 1}{\sqrt{1 + z} + 1} \]
  at $r = 1 - (\sqrt{1 + z} - 1)/z$.

As you can see, the maximum power mode is close to the maximum efficiency mode only for low-efficiency installations, with low q-factor at $z \ll 1$ with its increase, all other things being equal, the efficiency and output power increases. However, even for installations with infinitely high q-factor in the maximum output power mode, the efficiency cannot exceed 50 % of its maximum possible value for this type of converter, for example, the Carnot efficiency for heat engines, the Beitz–Zhukovsky coefficient for wind wheels, the Ioffe efficiency index for thermoelectric generators, etc. [79–81]. In the maximum efficiency mode, with an increase in the q-factor of the system, the efficiency value can approach 100 % of the possible efficiency as the limit for reversible equilibrium of the system, however, the output power tends to zero. In order to obtain high output power, high-quality installations with a constant-force power source must have low internal resistance and are poorly adapted to work with high load resistances, and systems with a constant-flow power source must have low internal conductivity and do not work well with high-conductivity loads. At the same time, in modes with zero output power and zero efficiency, energy costs $E_Q = T_r''R_{11}J_{2}^2$ for maintaining the output power at idle are required, at a time when energy costs $E = T_r''L_{11}X_{2}^2$ are required for maintaining the flow of matter at short-circuit mode. The graphical interpretation of the above energy conversion dependences, according to the generalized thermodynamic scheme, is shown in Fig. 6.

The analysis of the given energy characteristics makes it possible to identify the shaded area in Fig. 6 as the most appropriate for creating energy conversion devices, since there is a simultaneous loss in both output power and efficiency beyond its borders. The characteristics of real large-scale power plants presented here show that they are primarily focused on achieving maximum efficiency.

![Fig. 6. Generalized characteristics of energy conversion in nonequilibrium thermodynamic systems with conjugate energy flows: 1,2,3-observable data on large-capacity power turbines of thermal power plants, nuclear power plants and gas turbines according to [80,81]](image-url)
3.4. Regulation of operating modes of non-equilibrium systems

The possibilities of the considered thermodynamic systems to adapt to work in a wide range of loads are illustrated by the diagram in Fig. 7 [54–56]. It is based on the fact that the linear Onsager equations formally describe the operation of affine transformation of the space of input variables \( J_iX_i \) into the space of output variables \( J_iX_i \), translating a rectangular coordinate grid into a skew-angular grid with the image of constant load lines in the form of rays coming out of the coordinate center. The examples of transition path from one state (mode) to another shown in the diagram correspond to various output power control programs used in power plants. Thermodynamic expressions for various paths are obtained from ratios that describe the change in output power and efficiency of the converter for the selected method of regulating the power of energy source or load taking into account the boundary flow values, \( |J_1|, |J_2| \) and forces \( |X_1|, |X_2| \) that are maximum allowable under the terms of the destruction of the system.

![Fig. 7. Load path of energy converters in the input-output space for various control programs](image)

These programs can be implemented by either adjusting the power used by the power source with the converter and load parameters unchanged, or by changing the parameters of the converter and load itself with the input source power unchanged. As can be seen, the greatest thermodynamic gain in efficiency is provided when regulating along the path \( \Omega^2_2 \), and in terms of output power – along the paths \( \Omega^*_{2} \) or \( \Omega^{**}_{2} \) depending on the types of energy source discussed above. The control along the path \( J_2X_2 = \text{const} \) ensures constant output power of the converter. The corresponding schemes of serial and parallel regulation are shown in Fig. 8.

3.5. Stability of processes in non-equilibrium systems

The described energy-entropy approach is used in our work in order to analyze the stability of non-equilibrium systems under deterministic and spontaneous fluctuations of thermodynamic quantities with the formation of self-organizing dissipative regimes and structures [80, 81]. The variational synergetic principle of least energy scattering (dissipation) was used as a thermodynamic stability condition, which is equivalent to the theorem of Prigogine on the minimum entropy production in stationary linear systems of the Onsager type, but also allows for the contribution of nonlinear effects. At the same time, a relative non-stationary coefficient of the form \( \varepsilon = \langle E(J_iX_i) \rangle / E(J_0iX_0i) \) is introduced for a general assessment of the influence of dynamic perturbations of flows and forces on changes in entropy production in comparison with their stationary values and determination of self-organization parameters on this basis.

Here, \( E(J_0iX_0i) = T'S \) is the variable energy dissipation (entropy production). In a system with stationary values of flows and forces, \( \langle E(J_iX_i) \rangle \) is the average value of this variable in a system with perturbed flows and forces, determined by the usual averaging rules for both deterministic, for example, harmonic \( X_i(\tau) = X_{0i}[1 + n_i \cdot \sin(\omega_i\tau + \nu_i)] \) and random \( \bar{E} = \int_{-\infty}^{+\infty} E \cdot \psi(E) \cdot dE \) processes. The value \( \varepsilon = 1 \) corresponds to a stationary undisturbed state (mode) of a non-equilibrium system; the values \( 0.5 \leq \varepsilon \leq 1 \) correspond increased or decreased dissipative energy losses at various deviations from this mode. The mathematical formulation of the problem of regime stability and energy-entropy self-organization in such a system is reduced to finding the lowest value of entropy generation \( \varepsilon = \varepsilon_{\text{min}} \) depending on the perturbation parameters. This is quite valid even
for systems that allow a linear relationship between thermodynamic flows and forces, $J_K = \sum L_{ki} X_i$, due to the general quadratic (bilinear) function of entropy production from the acting flows and forces. The minimization of the expression in this case

$$\varepsilon = \left[ \frac{L_{11} \langle X_1^2 \rangle + 2L_{12} \langle X_1 X_2 \rangle + \langle X_2^2 \rangle}{L_{11} X_{01}^2 + 2L_{12} X_{01} X_{02} + L_{22} X_{02}^2} \right]$$

leads to the identification of three successive modes of self-organization system, delimited by the roots of the characteristic equation $\frac{\partial \varepsilon}{\partial (n_1/n_2)} = 0$ (Fig. 9). As follows from this analysis, a necessary condition for energy-efficient self-organization of the considered thermodynamic systems with the achievement of minimal entropy production $\varepsilon = \varepsilon_{\text{min}}$ in the range $\varepsilon_{\text{min}} \leq 1$ is an antiphase $(\nu_1 - \nu_2) = \pi$ feedback between the input and output flows (forces) carried out through direct and cross-coefficients of conductivity $L_{ki}$.

The explicit form of expressions for flows and forces, as well as for the source of entropy production in the dependencies of the generalized thermodynamic model is determined by comparing the records of the Onsager and Prigogine relations with the results that follow from the generalized Umov–Poynting balance equations

$$\rho \frac{d\varepsilon}{d\tau} + \text{div} J_e = I_e$$

FIG. 8. Schemes of sequential (a) and parallel (b) regulation of input and output power

FIG. 9. Change in the relative non-stationarity coefficient $\varepsilon$ during self-organization of energy conversion processes for nonequilibrium thermodynamic systems depending on the relative perturbation amplitudes $n$ and $m$ of the acting thermodynamic forces and the ratio of the components of the energy flows $r$ [53]
describing the transfer of an arbitrary substance $C$ (mass, momentum, energy, entropy, etc. in a moving medium), together with the Gibbs relation

$$TdS = dU + pdV + \sum \mu_j dM_j + \sum \alpha_i dA_i,$$

considered for non-equilibrium conditions based on the local equilibrium principle. Here: $\rho$ – medium density, $I_C$ – sources of the target substance, $T$ – temperature, $S$ – entropy, $U$ – internal energy, $p$ – pressure, $V$ – volume, $\mu_j$ – chemical potential, $M_j$ – molar mass of substance $j$ in the system.

The central place among these relations belongs to the entropy balance equation, which separates the total change in entropy $dS = d_S + d_i S$ due to the interaction of the system with the environment ($d_S S$) and due to the action of an internal source of entropy due to irreversible processes ($d_i S \geq 0$).

It should be noted that for the first time many historically significant estimates of the specific power and efficiency of energy transformation processes were obtained when solving specific scientific and technical problems of their time, which later determined the directions of modern development of personalized energy considered below. We also note that the use of new nanostructured materials with nonlinear energy transfer effects of various levels expands the nature and areas of manifestation of stability and instability of processes, the possibilities of their regulation and self-organization conditions in thermodynamic systems, where the determining role is played not by entropy production as in linear systems, but by the rate of its change [75].

### 3.6. Influence of nonlinearities in the structure and properties of the material on the processes of energy transfer and transformation

Non-linearities in the structure and properties of the material are reflected in the processes of energy transfer and transformation in nanostructured converters and storage devices up to the development of modes with aggravation, which express the inertia of transfer processes in a limited part of the medium and local energy concentration with their retention for a finite time practically without spreading to other zones. Such regimes were studied by A. A. Samarsky and other scientists in problems for quasi-linear parabolic equations in continuous media [24, 25]. The analysis of the influence of structural inhomogeneities and functional properties of nanodisperse materials on the nature of the development of such regimes can be carried out on the basis of the modified Fourier–Fick law and the nonlocal transport equation in fractional derivatives with respect to coordinate and time [82–86].

For a general assessment of the influence of metro-statistical characteristics of the structure of nanodisperse and composite materials on such effects, in particular, manifested in the non-smoothness of the phase paths of solutions of these equations and the stochasticity of their phase attractor up to violations of the ergodicity of the system, fractal analysis methods are used [87, 88]. They consider the self-similarity of different-scale phase formations with a fractional non-Euclidean dependence $M \sim \varepsilon^D$ between the rate of increase in the number of elements considered $M$ and the increase in the scale of their consideration $\varepsilon$ based on the generalized Renyi relation

$$D_{Rq} = \lim_{\varepsilon \to 0} \lim_{\nu \to \infty} \frac{1}{1 - q} \ln \left( \frac{\ln I_{Rq}(q, \varepsilon)}{\ln(1/\varepsilon)} \right).$$

Here, $I_{Rq}(q, \varepsilon) = \sum_{i=1}^{M(\varepsilon)} p_i^q(\varepsilon)$ is the generalized Renyi entropy of order $q$; $M(\varepsilon)$ is the minimum number of “measuring” elements with size $\varepsilon$, required for covering of the fractal in the $n$-dimensional phase coordinate space of the embeddings; $p_i$ is the probability of visiting the $i$-th cube by the phase path; $n$ is the number of points used to estimate the dimension [89]. This relation is followed by well-known expressions for the Kolmogorov–Sinai entropy and the Kolmogorov–Hausdorff fractal dimension ($q = 0$), Shannon entropy and the corresponding information dimension ($q = 1$), correlation entropy and correlation dimension ($q = 2$) as special cases for different $q$ [90]. The establishment of these characteristics allows us to link the indicators of structural and phase heterogeneity and their self-organization in the development of new materials with changes in their physical and chemical properties.

The establishment of these characteristics allows us to link the indicators of structural and phase heterogeneity and their self-organization in the development of new materials with changes in their physical and chemical properties.

The characterization of the fractal dimension of nanostructured materials, including micrographs of their chips according to the method discussed in detail in [91], indicates the multifractal nature of their structural-phase inhomogeneity with a whole spectrum of fractal dimensions according to the generalized Renyi ratio, in contrast to the classical regular monofractals of the Sierpinsky structure type [88]. The essential role of fractal structures in regulating the functional properties of such materials is shown for almost all technologies and methods of nanomaterial synthesis [22]. This is determined by the special role of energy and entropy characteristics of non-autonomous phases (interphase layers), the correlation scale of the phenomena of matter and energy transfer in different-sized macro-,
micro- and nano-structural blocks of the material, as well as the tolerance factor of their interface. At the same time, the kinetic and dynamic characteristics of energy-mass transfer and chemical kinetics processes that occur under the conditions of spatial and mass restrictions of non-autonomous interphase formations, where the energy dissipation rate is significantly higher than in macro-volume blocks of matter, change. In particular, the result of changes in the fractal dimension over a layer of strongly micro-homogeneous material may be an unevenness of its thermophysical characteristics, which was experimentally recorded in [92] with the wave-like nature of the temperature distribution characteristic of the acute regime (Fig. 10).

![Figure 10](image)

**Fig. 10.** Comparison of theoretical and measured values of thermal conductivity of the sintered TiN–AlN composite: 1 – thermal conductivity, determined on the basis of the measurement results at $T = 30^\circ C$; 2 – theoretical dependence for the “ideal” mixture of non-interacting components [92]

4. **Features of energy conversion processes using renewable sources of the environment and the body’s own capabilities**

4.1. **Solar power systems**

Solar radiation is the common basis of all the Earth’s renewable energy, with an available power of about 100 W/m$^2$ on a surface illuminated by the Sun. The use of this energy in personalized energy systems can now be carried out by transforming it into the most commonly used electrical and thermal forms using photovoltaic and photochemical generators, as well as heating elements. The first type of generator is based on three types of photo-electric effect (external, internal, and lockable layer), the second – on the photovoltaic effect and solar regenerative fuel cells, and the third – on the effect of thermal accumulation by materials with a high specific heat capacity [93,94].

In the above-mentioned three types of effects, the liberation of electrons out of a substance by incident light, a significant energy result is only achieved while using semiconductor elements with a locking layers of p-n junctions. The volt-ampere characteristic, or the relationship between the thermodynamic force and the thermodynamic flux in terms of the general energy transformation model, for such a solar cell is the superposition of the Shockley volt-ampere characteristic of an unlit diode $J = J_S \left[ \exp(qV/AT) - 1 \right]$ and its light current $J_L$ when the p-n junction is illuminated, as shown in Fig. 11. The latter is characterized by the appearance of a parallel photo-emf on the internal resistance $V_{RS} = (AT/q) \ln \left[ (J - J_L)/J_S + 1 \right]$ due to the excitation of light-generated charge carriers of the hole-type in the n-region and the electron type in the p-region [95].

The maximum output power of the photovoltaic transformation of solar radiation energy is determined from the condition $[d(V_R \cdot J_L)/dV_R] = 0$ and is achieved when the internal resistance of the element is optimally matched with the shunt p-n junction external load, amounting to $W_{max} = J_L^2 R_L F = J_L^2 R_S F M_{opt}$. Here $J_S = AT/qR$ is the diode saturation current due to the thermal generation of hole and electronic carriers of elementary charge $q$; $A$ is a dimensionless coefficient depending on the type of semiconductor; $k$ is the Boltzmann constant; $T$ is the temperature; $R$ is the load resistance; $F$ is the illuminated area; $M = R_L/R_S$. This indirectly takes into account the energy contribution of the spectral composition of solar radiation photons, both in the generation of useful power and in the
Fig. 11. Current-voltage characteristic of a solar cell based on p-n junction [96]

thermal vibrations of the semiconductor lattice in the form of

$$J_L(E_g) = q \int_{h\nu=E_g}^{\infty} \frac{dn_{ph}}{d(h\nu)} d(h\nu),$$

where $E_g$ is the band gap. The spectral response of the used types of semiconductors is also indirectly taken into account through the dimensionless coefficient $A$. The optimal load ratio $M_{opt} = R_L/R_S$ can be found graphically from Fig. 11 from the aspect ratio of the shaded rectangle of the maximum area.

The effective efficiency of a solar power generator is determined by the formula

$$\eta_q = \frac{qV}{[\eta_{lim} \frac{(T_1 - T_2)}{T_1}]}$$

where $h\nu$ is the photon energy spent on the formation of a pair of carriers; $V$ is the potential difference, and $J/J_D$ is the ratio of the useful load and diffusion current through the locking layer of the p-n junction due to the uneven distribution of charge carriers over the volume of contacting semiconductors. Although the maximum thermodynamic efficiency of a solar cell in accordance with the Carnot formula $\eta_{lim} = \frac{(T_1 - T_2)}{T_1}$ is estimated at about 95% when the solar radiation spectrum is approximated by the blackbody radiation spectrum with the emitter temperature $T_1 = 5800$ K and the receiver temperature $T_2 = 300$ K [97], this estimate for the maximum power mode decreases by at least half according to the consequences of the generalized energy transformation model, remaining, however, at a fairly high level of 45 – 48%.

At the same time, the actual achieved efficiency of solar cells, which has significantly increased from 11 to 15% for those previously created on the basis of silicon and germanium, currently does not exceed 39 – 41%, even for a new generation of photovoltaic semiconductor converters. They are developed on the basis of multilayer, for example, AlInGaPAs/GaAs/Si, InGaP, InGaAs and Ge nanoheterostructures of cascade type grown by gas-phase epitaxy from organometallic compounds on silicon and germanium substrates [98–106]. At the same time, an increase in the maximum power of the solar cells is achieved not only by improving the structure of p-n junctions, but also by focusing the sun’s rays using mirrors and Fresnel mini-lenses. Experiments show that with increasing intensity (countrywoman) incident flux in 100 – 150 times output power grows 20 – 30-fold, as many times is reduced occupied by the phototransducer working area, however, when increasing concentrations above 4 – 5 W/cm², a significant increase in power occurs.

It should be noted that the highest efficiency values of solar photovoltaic cells have been achieved for systems based on $A^{III}B^V$ compounds belonging to straight-band semiconductors, in which direct optical zone-to-zone transitions are allowed, while for other semiconductors the efficiency currently does not exceed 20 – 25% [107, 108]. In addition, the widespread use of solar cells on inorganic materials is constrained by relatively expensive technology for the production and processing of inorganic semiconductors, which requires high temperatures and high vacuum.

In this regard, to create new types of cheap solar cells, technologies of thin-film (0.5 – 1.0 microns) solar cells based on amorphous hydrogenated silicon (a-Si:H) with a $p-i-n$ structure have been developed since the 1970’s. They
are obtained by a relatively cheap method of decomposition of SiH$_4$ monosilane in a glow discharge plasma without the use of expensive silicon substrates or harmful and toxic substances, with a thickness of 300 microns, and they have higher electronic properties and 20 times greater optical absorption compared to single-crystal silicon [109–115]. The proposed $p$–$i$–$n$ structure makes it possible to create a uniform internal electric field in the entire region of optical light absorption (i-region), which is necessary to provide the film with (a-Si:H) the drift of hole charge carriers with a very small diffusion length ($\sim$ 100 nm), in contrast to crystalline solar cells based on p-n junctions, where charge carriers with a larger diffusion length (100 – 200 microns) reach the electrodes in the absence of an electric field. Such ultra-thin photosensitive semiconductor films on organic and/or polymer substrates of millimeter thickness can be made using roll technology, and they are already competitive in the market of mass power production.

Along with this, there is an increasing interest in organic and hybrid materials, in particular, with the implementation of a bulk heterojunction based on a donor-acceptor composite polymer (donor) with an acceptor material based on fullerene derivatives, polymer and low-molecular acceptors, discussed in detail in the review paper [116–118]. In order to expand the spectral sensitivity of polymer solar cells, it is possible to use narrow-band acceptor components with strong absorption in the region of the optical gap of the conjugated polymer. Such components can be inorganic nanoparticles, for example, quantum dots based on metal chalcogenides stabilized by suitable ligands, as well as core-shell quantum dot structures [119]. The resulting problem of extracting charge carriers from nanoparticles when they are stabilized by organic ligands is solved quite effectively in an electrochemical Gretzel’s solar cell [120–123], created on the basis of nanocrystalline titania TiO$_2$, a metal-complex ruthenium dye and an iodine electrolyte and having an efficiency of up to 11 % (Fig. 12).

![Fig. 12. Gretzel’s electrochemical cell [120]](image)

In order to overcome one of the main disadvantages of Gretzel’s electrochemical cells associated with the use of a liquid electrolyte that evaporates during long-term operation, the problems of replacing it with a solid electrolyte or eutectic melt are considered [124–134].

Among the chemical methods of solar energy conversion, photochemical, photoelectrochemical (including photoelectrolysis of water into hydrogen and oxygen) and photocatalytic methods are traditionally considered [135, 136], the analysis of which is not included in the tasks of this work. We note only the prospects for using the photocatalytic properties of titania TiO$_2$, which is widely distributed in nature, not so much for photoenergetic purposes, but for use in water and air purification systems from toxic chemical compounds and disinfection of various types of microorganisms [120–122, 137–139].

Solar radiation, along with the possibility of transformation into an electric current source, can also be easily converted into a heat source [93, 94]. The simplest devices of this type for personalized energy systems are low-temperature heaters in the form of a “hot box”. They allow one to obtain the temperature of the intermediate heat carrier circulating inside its pipe system in the range from 55 – 85° with an efficiency of 20 – 40 % to 200 °C at an outdoor temperature of 15 – 20 °C. The physical basis of heating is a local greenhouse or greenhouse effect, which is manifested by the re-emission of heat from the heat-insulated internal volume of the “box” heated by the sun with different transparency of its cover glass (or polyethylene film) in the visible and far infrared ranges. The removed heat can be used not only for heating and cooling of premises, water lifting and drying installations, for cooking, but also for other needs, including desalination of salt sea water. Various designs for the implementation of a solar desalination plant with a specific capacity of 3 – 5 l/m$^2$ per day have been developed for a long time, including for the crews of aircraft and ships in distress on the high seas [140, 141]. One of the modern versions of such a desalination plant
produced by a German company “Augustin Produktentwicklung” is an inflatable floating shell made of transparent plastic with an inner rim and a blackened bottom strip made of a sponge soaked in sea water (Fig. 13). The water evaporated by the sun’s heat condenses when it comes in contact with the cooler sealed sub-cone shell, and the distillate flows down to the lower part of the desalinator. The cone can also be installed on wet ground soaked in salt water. The desalination plant also works at night due to the temperature difference inside and outside the cone.

![Figure 13](http://www.augustin.net/, http://www.watercone.com/)

In principle, it is also possible to recover from the air the moisture always contained in it, for example, by condensing it under strong cooling, which, however, requires excessive energy consumption for each liter of moisture. The proposed cheaper options are based on the phenomenon of intensive absorption of atmospheric moisture by various substances. For example, we can use liquid lithium chloride, followed by the separation of water from the lithium salt by semipermeable membranes due to reverse osmosis. Special nanofabrica “for fog-catching” with alternating nanoporous capillaries and a water-repellent network for collecting absorbed moisture are also proposed.

### 4.2. Thermoelectric converters

With regard to the problems of heat and power supply as the most used types of energy, this type of solid-state devices without mechanically moving elements can be attributed to the historically first developments in this field, taking into account the specific operating conditions of personalized energy systems. Their characteristics for specific conditions of direct conversion of heat to electricity were first analytically obtained by A. F. Ioffe [142]. This contributed to the widespread use of such devices in the 1940’s and 1950’s to power battery-operated lamp radio stations and radio receivers up to 10W of power by heating with a kerosene lamp or a fire pot (Fig. 14).

![Figure 14](http://www.augustin.net/, http://www.watercone.com/)

Currently, thermoelectric converters are being improved based on the development of new nanostructured materials, available heat sources and technologies [143, 144], and work is underway to use the existing background electromagnetic radiation in the radio frequency and light range, and even the heat of the human body for similar purposes [145].

The results obtained by A. F. Ioffe [142] and based on the consideration of the Seebeck effect underlying thermoelectric converters for the appearance of a potential difference $\Delta V$ at the ends of series-connected dissimilar conductors at different temperatures $\Delta T = T_1 - T_2$ (Fig. 15) specify the above relations of the generalized model in the form of the following dependencies for efficiency and output power.
The expression for the efficiency of converting thermal energy into electrical energy is given by the formula:

$$\eta = \frac{T_1 - T_2}{T_1} \frac{m/(m + 1)}{1 + (kr/\varepsilon^2)(m + 1)/T_1 - 0.5\Delta T/T_1(m + 1)} = \frac{m/(m + 1)}{1 + (m + 1)/ZT_1 - 0.5\Delta T/(m + 1)}.$$ 

Here $T_1$ and $T_2$ are the temperatures of the hot and cold sides of the thermoelectric converter; $m = R/(r_1 + r_2)$ is the ratio of the resistances of external and internal loads in the circuit of connected conductors;

$$Z = \left[\left(\varepsilon_1 + \varepsilon_2\right)^2 / \left(\sqrt{\lambda_1 r_1} + \sqrt{\lambda_2 r_2}\right)^2\right]$$

is the total thermoelectric $q$-factor of the converter, depending on the values of the Seebeck thermoelectric coefficients $\varepsilon = \Delta V/\Delta T$ for the selected p and n-type materials, their thermal conductivity $\lambda_p (\lambda_n)$ and resistivity $r_p (r_n)$. We should note that in solids, the thermal conductivity $\lambda = \lambda_l + \lambda_e$ includes the lattice (phonon) ($\lambda_l$) and the electronic ($\lambda_e$) components, the latter being related to the specific electrical conductivity of the material by the Wiedemann–Franz law $\lambda/\sigma = LT$, with their ratio practically unchanged for different metals at the same temperature $\lambda_e = L\sigma T$, where $L$ is the Lorentz number [148].

Taking into account the value of the current in the circuit $i = \varepsilon\Delta T/(r + R) = \varepsilon\Delta T [R(m + 1)]$ and the magnitude of the generated voltage to an external load equal to the thermo-emf, minus the voltage drop on the internal resistance $U = \Delta E - \Delta U_r = \varepsilon\Delta T - ir$ the following modes of thermoelectric conversion are determined.

For the mode of maximum electric power $W_{\text{max}} = IU$ at $m = R/t = 1$, the expression efficiency takes the form

$$\eta_{t.N} = \frac{\Delta T}{2(T_1 + 2/\varepsilon) - (\Delta T/2)},$$

for the mode of maximum efficiency - the form

$$\eta_{\text{max}}^m = \frac{T_1 - T_2}{T_1} \frac{(M - 1)}{M + (T_2/T_1)}$$

at $m_{\text{opt}} = (R/r)_{\text{opt}} = M \sqrt{1 + 0.5z(T_1 + T_2)}$. As can be seen in mode $\eta_{\text{max}}^m$ the power drops compared to the maximum $w_{\text{max}}$, however, largely reduced the total heat flow through the thermoelectric power source by reducing the Peltier heat taken from the hot junction due to the fall of $i$ in the chain while $m$-increasing. In this way, an optimal energy balance is achieved.

Ignoring the accounting Joule heat $i^2r$, we can simplify the expression of the optimal ratio of resistance $M' = \sqrt{1 + zT_1}$ and corresponding optimum efficiency:

$$\eta_{\text{max}}^r = \frac{T_1 - T_2}{T_1} \frac{\sqrt{1 + zT_1} - 1}{\sqrt{1 + zT_1} + 1}.$$ 

A graphic illustration of the dependences obtained by A. F. Ioffe with the graphs of the above dependences of energy conversion according to the generalized thermodynamic scheme is shown in Fig. 16.

As it can be seen, the full electromotive difference of potential of the thermoelectric power source $E = \varepsilon\Delta T$ provides the current strength in the electric circuit $i_{\text{sh.c.}} = E/r$ when the junctions are short-circuited at $R = 0$ to $i = 0$ when the load resistance is open $R \to \infty$, and in the maximum power mode $i \approx 0.5i_{\text{sh.c.}}$. Therefore, one
element can only be used with low ohmic loads, but to ensure high-resistance loads, it is necessary to use a system of series-connected elements in a thermal battery with a sufficiently high internal resistance and total efficiency [93]:

$$\eta_T = \eta_1 + \eta_2(1 - \eta_1) + \eta(1 - \eta_1)(1 - \eta_2) + \ldots + \eta_n(1 - \eta_1)(1 - \eta_2)\ldots(1 - \eta_{n-1}).$$

The reverse of the Seebeck effect, the Peltier thermoelectric cooling effect is used in solid-state thermoelectric refrigerators that do not have mechanically moving elements, as well as thermal generators. The main energy characteristic of such devices is the cooling coefficient $\eta_c = Q_c/A = Q_c/I\Delta V = Q_c/\varepsilon I\Delta T$, where $\Delta T = (T_1 - T_2)$ is the temperature difference between the hot and cold junctions of dissimilar conductors, and $Q_c$ is the absorbed heat at the cold junction at temperature $T_2$.

Taking into account the Joule heat release on the internal resistance of the branches of the thermoelement when transferring heat from a cold to a hot junction at a temperature $T_1$, it is possible to express the efficiency

$$\eta_c = (\varepsilon I T_2 - 0.5 I^2 R - \lambda \Delta T) / (I^2 R + \varepsilon I \Delta T)$$

and determine its maximum value for the current value [149, 150]:

$$I = (\varepsilon \Delta T)/[R(1 + 0.5Z(T_1 + T_2) - 1)^{1/2}].$$

As you can see, the cooling coefficient tends to its maximum value $\eta_c^{\text{max}}$ at $Z \to \infty$, and the maximum cooling capacity $Q_c^{\text{max}}$ is achieved at the maximum operating current $I_{\text{max}}$ with $\eta_c = [T_2 - 2\Delta T / ZT_2] / 2T_1$. In this case, the total heat output of the device in this mode will exceed the Joule heating of $0.5I^2 R$ by the variable $Q_h^{\text{max}} = Q_c^{\text{max}} + 0.5I^2 R$, where $Q_X = \eta_X \varepsilon I \Delta T$. This allows it to be used as a heat pump with an efficiency coefficient of $\eta_h = Q_h/I \Delta V = Q_c^{\text{max}} + 0.5I^2 R)/I \Delta V$ [151]. The high functional flexibility of thermoelectric coolers and heat pumps allows somebody easily change their operating mode from the maximum efficiency $\eta_X^{\text{max}}$ up to the maximum thermal power $Q_X^{\text{max}}$ regimes by changing the applied voltage and the q-factor $Z$ of the thermoelectric materials used.

According to A. F. Ioffe [142], the main criteria that must be met by effective thermoelectric materials with high q-factor are: a) the presence of heavy atoms in the material that reduce the lattice thermal conductivity; b) the possibility of deep doping of the matrix to achieve a concentration of charge carriers of the $10^{19} - 10^{20} \text{ cm}^{-3}$; c) high values of the Seebeck coefficient ($\varepsilon > 200 \text{ mV/K}$); d) not too small band gap; e) high effective mass of charge carriers. In this case, solid solutions should have a higher thermoelectric q-factor compared to individual compounds due to lower values of their lattice thermal conductivity due to the disordered nature of one or more sublattices. To a large extent, the functional characteristics of thermoelectrics are determined by the concentration of charge carriers. The electrical conductivity and the electronic component of the thermal conductivity increase with increasing concentration of charge carriers, and the thermo-emf, on the contrary, decreases; the power factor of a thermoelectric material and its thermoelectric q-factor pass through the maximum corresponding to the transition zone between semiconductors and metals, and the thermoelectric converter itself consists of two p- and n-type semiconductor columns (Fig. 17).
4.3. Background electromagnetic radiation and optical nanoantennas

The targeted application of the fractal organization of nanostructured objects described above creates a possibility for using background electromagnetic radiation, in particular, radio radiation, to power wearable low-power electronic devices in personalized energy systems. Although in the environment, background radio frequency energy has the lowest specific power compared to other alternative sources, such as solar and wind energy, magnetic field energy, thermoelectric materials, including those that convert human body heat, piezoelectric materials that convert the energy of mechanical vibrations, motion or acoustic noise, etc., compared in Table 2 according to [30] and detailed in [32–35], it radiates in a very wide frequency range, independent of the time of day, temperature fluctuations, the presence of noise and vibrations. The beginning of the development of this topic can be considered the simplest detector receivers, which were widely used in the first decades of radio broadcasting, did not need a power source and used exclusively the energy of the received radio signal of the DV and SD bands according to the principle proposed by Nikola Tesla in 1890.

Currently, the power of background radio emission has increased many times (up to 1 mW/cm$^3$ in total) due to the development of HF and VHF radio broadcasting, analog, digital and satellite television, cellular communications, etc. The energy transmitted by them can be converted into a constant voltage and stored for subsequent power supply of low-power electronic devices by special receivers-microchips (energy harvesters with dimensions of about $5 \times 5$ mm), developed by various companies [152]. In order to collect this energy, additive antenna technologies with a fractal or fractal-like topology are being developed [153]. Thus, the Institute of Radio engineering and Electronics (IRE named after V. A. Kotelnikov) of the Russian Academy of Sciences proposed broadband fractal antennas (Fig. 18) with a wide absorption band of electromagnetic energy and a wide directional pattern and programmable frequency-selective properties with a transition from 2D to 3D electrodynamic media [154]. They use direct current magnetron sputtering technology and 3d inkjet printing technology with the use of nanoparticles based on metal nanoparticles.

![Figure 18](image.png)

**Fig. 18.** Antenna plates of fractal frequency-selective surfaces based on the ‘Keighley Tree’ (a) and current distribution over the surface of fractal structures in normal (b) and inversion (c) color images [154]
Optical nanoantennas are being developed to solve a similar problem of direct collection of the energy of natural electromagnetic radiation from the Sun in the optical range [155].

As in conventional radio antennas, they use the effect of inducing currents by an incident electromagnetic wave with optimization of their spatial distribution. In this case, it is achieved by converting optical frequency radiation from submicron and even nanometer-sized objects into a highly localized electromagnetic field concentrated in a region of small size compared to the wavelength. Nanoparticles, small groups of them, and even individual molecules, atoms, ions, or clusters of them are used as such objects. The spatial spectrum of a concentrated field does not contain uniformly flat transverse waves, but is a superposition of longitudinal evanescent waves whose polarization is directed along their propagation, and the intensity when working with nanometer objects can significantly exceed the intensity of ordinary (transverse) electromagnetic waves. Special cases of nanoantennas are devices that convert light radiation into wave modes of so-called plasmon non-waveguides with sizes much smaller than the optical wavelength based on various spherical, pin-shaped, rhombic, “bow tie” and fractal configurations of metal, semiconductor and dielectric nanoparticles, as well as their hybrid combinations (Fig. 19).

Such a wide variety is determined by the various advantages and disadvantages of the presented types of nanoantennas in terms of their broadband, dissipative losses, effective gain, and other parameters, a detailed analysis of which is presented in a large specialized review taking into account various applications [155]. The use of nanoantenn arrays as light-trapping nanostructures for thin-film batteries in photovoltaics promises to realize the mode of localization of incident light inside the sub-wavelength region of an optically thin photosensitive layer. This will allow us to solve the issues of compensation of light reflection and prevent its loss when passing through such a thin film [163, 164].

4.4. Optical communication systems in the ultraviolet range

Among the specific tasks listed in the introduction in personalized energy systems, there is one which corresponds to the increasing of the reliability of wireless mobile communications through a self-organizing information transmission network that is protected from deliberate suppression and interception under the influence of destructive factors of natural and man-made natures. One of the promising directions for solving this problem with the possibility of significantly increasing the bandwidth compared to radio frequency communication systems is the development of optical communication systems based on the use of an ultraviolet channel in the sun-blind range of wavelengths. This range makes it possible to use a huge unlicensed communication spectrum and has good electromagnetic compatibility with various electronic devices. A significant number of scientific articles, in particular, [165–170], as well as numerous patents, for example, [171–176], are devoted to the problems of modeling and experimental research of such communication systems. An important advantage of this channel in comparison with other optical bands is also the ability to provide reliable communication in the absence of line-of-sight (NLOS) in the presence of obstacles between the transmitter (led or laser) and the receiver (photodiode or photoelectric multiplier). The feasibility of communication lines in the ultraviolet range without direct visibility is based on the reception of molecular and aerosol scattering of optical radiation in the atmosphere [177–182].

The calculated and experimental evaluation [183–185] of the pulse characteristics of an optical atmospheric ultraviolet channel with scattering according to a model geometric scheme (Fig. 20) generally indicates the applicability of small-sized semiconductor emitting LEDs based on multilayer semiconductor heterostructures and receiving photodiodes created so far for the UV range as an element base for transmitters and receivers of communication systems. This
is also shown by the results of the first field tests performed at the Institute on Laser physics of the Siberian Branch of the Russian Academy of Sciences in the field of non-line-of-sight ultraviolet communication links, multicast network communications by using a pulsed copper bromine laser as the emitter at the converted wavelength $\lambda = 281.1$ nm and a photoelectronic multiplier FEU-142 as the receiver [186].

![Diagram](image_url)

**FIG. 20.** Model of a UV channel with a line of sight. UV channel model with an obstacle of width [183–185]

### 4.5. Human muscle power, mini wind- and hydro-electric generators

The above-mentioned energy capabilities of the human body, among which the greatest power density is represented by the thermal energy of the human body (135 mW/cm$^3$) and the energy of its mechanical movement (800 mW/cm$^3$), are used in a number of proposed “hiking” tourist solutions for generating electricity through muscle power. The technical basis of these solutions are manual electrodynamic flashlights – “bugs”, known since the 1980s with the modern replacement of incandescent lamps with emitting LEDs, bicycle high-speed dynamo-machines that rotate from the side wall of the tire of a moving wheel, and modern bicycle bushing multi-pole generators installed as the wheel axis. The latter provide an electric power output of 3 W at a current of 500 mA and a voltage of 6 V, sufficient for the operation of powerful LED lighting and for charging portable electronics at relatively low wheel speeds (160 – 200 rpm). On their basis, compact low-speed wind and hydro-wheel generators are also designed, equipped with blades located directly on the bicycle spokes, in contrast to the development of bulky wind wheels with a high-speed dynamo-machines. The latter work well at 1500 – 3000 rpm and require a gearbox when using wind or water flow as the driving force. Recently, bladeless non-rotating wind generators have also been proposed [187], based on the effect of frontal wind pressure on a round “sail” that oscillates due to built-in air valves, with further transformation of this movement by hydraulic drive or piezoelectric elements similar to acoustic and thermoauxtic electric generators [188].

In all cases, in order to increase the power and efficiency used in such devices generators with permanent magnets, further development coercivity materials with powerful magnetic induction type known neodymium magnet, consisting of an alloy of rare earth element neodymium, boron and iron with the tetragonal crystal structure of Nd$_2$Fe$_{14}$B are required [148].

A historical prototype of power engineering devices using renewable environmental energy without electricity generation can be considered made of wood as a natural nanocomposite wind- and water mills that reached the height of perfection in the 17th century.

### 5. Development of new functional materials for personalized energy based on nanotechnology approach

#### 5.1. General methods of the nanotechnological approach to the development and synthesis of functional materials

The development of nanostructured materials for working bodies and media of energy converters and storage devices is a developing and very promising area of modern research in the field of autonomous personalized energy industry. The nanotechnology approach involves the creation and use of materials, devices, and technical systems whose
functioning is determined by a nanostructure with ordered structural fragments ranging in size from 1 to 100 nanometers. Features of nanodisperse systems are associated with the manifestation of quantum-dimensional effects, changes in the atomic-crystal structure, and an increase in the proportion of “surface” atoms that are under different conditions compared to the bulk phase atoms. The nonequilibrium state of nanoparticles, which is formed as a result of extreme production conditions, is reflected in the properties of nanomaterials in comparison with massive samples. The use of such materials, whose structure and properties significantly differ from those of a continuous medium, allows us to purposefully influence the energy transformation processes to reduce dissipative losses in various types of generators and converters: thermoelectric, solar and wind generators, fuel cells, batteries and galvanic batteries, supercapacitors and other devices, up to high-temperature superconductivity systems [189–211].

A special influence on the change in the functional properties of a nanostructured material is exerted by the presence of a large number of interphase formations of a fractal nature (so-called non-autonomous phases), which in their properties, structure and composition differ significantly from the corresponding characteristics of bulk phases. These studies were initiated by the works of T. Jung (1805–1807), D. W. Gibbs (1878), and J. D. van der Waals (1908–1912), who considered the properties of surface layers (phases) of finite thickness, as well as the works of R. Defay (1934) and I. R. Prigogine (1947), who defined such formations as “non-autonomous phases” and “non-autonomous state of matter” due to the impossibility of their independent (isolated from bulk phases) existence [21, 50, 51, 75, 212, 213]. New developments in this direction have been made in research on the physicochemistry of surface phenomena and microheterogenic systems [214, 215], as well as intergranular and surface layers at the contact boundaries of solid regions of bulk phases in polycrystalline [216–221].

Current works in the field of development of nanostructured converters and storage devices are mainly focused on the problems of physical and chemical formation of structural and functional characteristics and the development of methods for technological support of the synthesis of nanodisperse and nanoporous materials [222–234]. Also their technological applications in different types of converters, in particular, thermoelectric, solar and wind generators, fuel cells, batteries and galvanic batteries, supercapacitors and other devices, up to systems of high-temperature superconductivity are being discussed [235–248].

To date, plenty of different methods for creating nanostructured materials are known, which can be divided into two large groups according to the type of nanostructure formation.

The “top-down” nanotechnology approach is based on reducing the size of physical bodies up to obtaining objects with nanoscale parameters. When large particles are dispersed to nanoscale sizes, a significant amount of energy must be expended from the outside to dramatically increase the solid-liquid (or gas) interface. In order to do this, we have methods that are conventionally called physical methods which use use low-temperature plasma, cathode sputtering, molecular beams formed by various heating sources, electric explosion, mechanical grinding in its various variants etc. [249]. The extremely fast (extremely non-equilibrium) thermodynamic processes of high-speed phase transitions of the aggregate state of matter through the “solid-liquid-gas”, including transitions through the critical point are of particular interest for dispersion [250]. It is the only extremum on the equilibrium curves of the phase diagram that belongs to both a liquid and a vapor, and the approach to it is accompanied by a significant increase in density fluctuations in the micro volumes of matter compared to the regions of existence of metastable states adjacent to the equilibrium curves of the two phases. In case of a sufficiently intensive input of energy, density fluctuations can self-organize, leading to a loss of thermodynamic stability of the substance and the formation of dissipative microstructures. They can serve as “pre-germs” for the subsequent formation of dispersed particles during the destruction of the initial consolidated material and the transfer of part of the energy to the environmental substance. This makes it possible in principle to obtain very small sizes of such particles, up to units of nanometers, in contrast to the observed results of other well-known dispersion mechanisms under mechanical or thermal action, for example, impact grinding of a solid, its melting and crushing of a liquid into droplets, evaporation and subsequent vapor deposition. This significantly increases the energy saturation of nanoparticles, which can cause their unique catalytic, sorbent and other properties, as well as the observed threshold phenomena. For example, the total surface of all particles contained in a metal Ni powder with an average size of 0.1 mm increases by a factor of 1000 when they are dispersed to a size of 100 nm from a consolidated substance in non-equilibrium thermodynamic processes.

In case of the opposite “bottom-up” technology, a nanoobject is “assembled” from individual atoms, molecules, biological cells, etc. The possibility and prospects of this approach were first pointed out by Richard Feynman [251] in a speech at the annual meeting of the American Physical Society in 1959. This process mainly occurs by self-assembly or chemical reactions resulting from the transformation of a precursor compound and subsequent aggregation of molecules or atoms of the reaction product, and therefore these methods are often referred to as chemical [252]. Most technologies for assembling nanomaterials from individual atoms are based on the phenomenon of condensation or chemical deposition from a matrix medium under conditions close to thermodynamic equilibrium. The formation of nanostructures is significantly influenced by clusters of pre-germ micro-formations, as well as spatial restrictions
in the evolution of matter from the formation of pre-germ clusters to the aggregation of nanocrystals in the material of both individual compounds and solid solutions based on them. However, even in this case, a large excess of surface free energy, which is the driving force of spontaneous enlargement of nanoparticles, can also cause their instability and loss of unique properties. To prevent undesirable aggregation and stabilization of nanoparticles, dispersants are used, which are introduced into the medium containing nanoparticles, or the method of so-called matrix isolation of nanoparticles in porous bodies is used, etc.

It should be noted that in the practical implementation of both approaches, both physical and chemical methods can be used, as well as their various combinations. It is fundamentally important that the structure of nanoparticles of the same size obtained by dispersion and construction from atoms may differ. When compact materials are dispersed to nanoscale sizes, the resulting particles usually retain the structure of the original sample. Particles formed by aggregation of atoms may have a different spatial arrangement of the atoms, which affects their electronic structure and the lattice constant.

The choice of specific methods and conditions for the synthesis of nanocomposite materials aimed at use in personalized energy systems is determined by specific requirements for their functional properties noted above, first of all, the efficiency of regulating energy conversion processes in terms of specific output power, efficiency and stability. In particular, according to the results of research of the Ioffe Institute and the Belarusian State Technological University have identified advanced technological methods for obtaining basic model compounds with a high content of non-autonomous phases. They are designed to create a new generation of functional nanostructured materials for chemical-catalytic and thermoelectric purposes due to the obvious disadvantages of materials traditionally used for these purposes with a high content of toxic and expensive components.

5.2. Characterization of properties and features of synthesis of new nanostructured thermoelectric materials by “wet chemistry” methods

The development of new classes of thermoelectric materials is based on a number of concepts, one of which is the idea put forward by Slack that a good thermoelectric should be a substance that conducts current well (“electron crystal”) and poorly conducts heat (“phonon glass”), the so-called PGEC [253]. On the basis of this idea, such classes of thermoelectric materials as filled scatterudites (for example, Yb₃Co₄Sb₁₂) [254–257], semiconductor clathrates (Eu₈(Ga10Ge30)₇, etc.) [258, 259], as well as Goisler half-alloys (in particular, (Zn0.75Hf0.3)₀.₇Ti0.₃NiSn) [260]. The other concept is the idea put forward by Dresselhaus that nanostructuring of thermoelectrics is an effective way to increase their thermoelectric q-factor, due to a sharp decrease in the lattice component of thermal conductivity arising from a decrease in the average free path of phonons [261].

In this regard, the synthesis of nanoceramic materials based on metal oxides such as cobalt and zirconium, in particular, the system of layered calcium cobaltites of the CaO–CoO₂ type, is of great interest due to their low cost and high stability at elevated temperatures. At the same time, partial substitution of cobalt with transition or heavy metals, and calcium with rare-earth elements or bismuth can be used to improve their thermoelectric characteristics. The essence of the applied synthesis method consists in the chemical deposition of the hydroxide components of the solution on the solid phase suspended in this solution. CaCO₃ suspension in Co(NO₃)₂ solution was used as the initial components, and NaOH solution was used as the precipitator. Initial nanopowders in the form of solid solutions of the composition C₃₋ₓBiₓCo₃O₉+x (0.0 ≤ x ≤ 1.5) were obtained by solid-phase reactions from Co₃O₄, Bi₂O₃ and CaCO₃. Further high-temperature treatment of the resulting initial mixture was carried out in a muffle furnace aerobically in the temperature range of 400 – 900 °C with an isothermal exposure time of 3 hours.

This method was also used for synthesizing the samples of new materials based on perovskite-like layered compounds in the Ln₂O₃–MO–Al₂O₃ system (where Ln = rare earth elements: lanthanum, scandium, yttrium, and lanthanides; M = Mg, Ca, Sr, and Ba) with the structure of the Ruddlesden–Popper phases [262–264]. Using a wide range of physical and chemical analysis methods, the main of which are X-ray fluorescence and X-ray spectral micro-analysis, X-ray diffractometry, scanning electron microscope, synchronous thermal analysis, pycnometry, etc., their physicochemical and functional properties were studied, and their structural features were determined (Fig. 21).

Based on the results of these studies, it was found that the thermoelectric q-factor in bismuth-containing ceramics based on layered calcium cobaltite, as well as in polycrystalline substances based on lanthanum-strontium-aluminum oxide, can be significantly improved by creating a chemical [265] or phase inhomogeneity in it [266–269].

The revealed characteristics of these compounds indicate the prospects of their use as p-branches of high-temperature thermoelectric generators of a new generation. Promising materials for the n-branches of thermoelectric generators are perovskite calcium manganites CaMnO₃ doped with rare-earth materials [270–276], perovskite plumes of alkaline-earth materials [277–280], and materials based on titanium dioxide and strontium titanate [281–288]. High-density n-type thermoelectric ceramics are produced by the same methods as p-type ceramics, additionally using...
annealing in a reducing atmosphere to create the desired level of oxygen sublattice defects that provides the required electrophysical properties [289].

Such complex oxide thermoelectrics can also be used for direct conversion of solar energy into electrical energy [290–292], with higher efficiency than in photovoltaic devices, since the latter allow only UV and part of the visible region to be converted to electricity, while in thermoelectric generators, the entire spectrum of solar radiation is converted.

In order to determine the stability boundaries of complex oxides with the structure of one-layered Ruddlesden–Popper phases, based on the structural-energy approach and taking into account the comparison of geometric tolerance conditions of the perovskite block size parameter with the parameter showing the number (fraction) of compounds from the set of potentially possible [293], the formation of a new DySrAlO$_4$ thermoelectric compound is predicted and synthesized by solid-phase reactions in the temperature range 1300 – 1500 °C. A simplified diagram of the layer coupling mechanism is shown in Fig. 22.

5.3. Features of the implementation of the combustion method of gel-like media in high-speed kinetic mode

The combustion method of gel-like media in high-speed kinetic mode [201, 208, 224, 225, 232, 248, 294] is an alternative to the described synthesis method, which proceeds in a relatively slow diffusion mode [216–221, 262, 293,
A. N. Kovalenko, E. A. Tugova, V. I. Popkov, O. N. Karpov, A. I. Klyndyuk

[195], as well as to the sol-gel and hydrothermal technology with nanopowder deposition from the initial mixture and subsequent dehydration during heat treatment [195, 196, 198, 200, 229, 231, 296–298]. It is used to produce layered calcium cobaltite $\text{Ca}_3\text{Co}_4\text{O}_9$ during the combustion of a glycine-nitrate gel precursor [299–302]. This method provides a higher dispersion and uniformity for the synthesized powders, including stoichiometric composition, which helps to solve the problem of their sinterability, and brings the properties of materials based on them closer to the properties of single-crystal samples. Examples of the structures of highly dispersed $\text{Ca}_3\text{Co}_4\text{O}_9$ samples obtained by this method are shown in Fig. 23.

![Fig. 23. Electron micrographs of dispersed $\text{Ca}_3\text{Co}_4\text{O}_9$ samples obtained by heat treatment of precursors got at $G/N = 0.45, 0.75$ ratio under $T = 700$ °C and X-ray phase analysis data of the initial $\text{Ca}_3\text{Co}_4\text{O}_9$ samples after combustion with different $G/N$: 1) 0.15, 2) 0.30, 3) 0.45, 4) 0.6, 5) 0.75.](image)

Recently, the solution combustion (SCS) method has been used to obtain new nanostructured multiferroic materials with unique magnetic, electrical, and catalytic properties based on rare-earth element (REE) orthoferrites $\text{RFeO}_3$ ($\text{R} = \text{Y, Ln}$) [194, 207, 231, 297, 303–310] with a perovskite-like structure, combining ferromagnetic and ferroelectric ordering. In some cases, it has been shown that the use of additional heat treatment of solution combustion products and other chemical precursors leads to the formation of metastable forms of REE orthoferrites and a significant change in the functional characteristics of materials based on them [231, 311, 312]. It has been shown that in this case, the chemical and structural background of the precursor exposed to thermal action plays an important role [313–316], while for other systems, for example, $\text{KNO}_3$–$\text{BaTiO}_3$-based ferroelectrics, the necessary properties can be achieved by simple mechanical mixing of the components and the background does not play a significant role [317]. Among the oxide magnetic materials that are promising for use in personalized energy devices, it is also worth noting substances with a spinel structure – $\text{Li}_{0.5}\text{Fe}_{2.5}\text{O}_4$, $\text{NiFe}_2\text{O}_4$, $\text{ZnFe}_2\text{O}_4$ and others synthesized by solution combustion, successive ionic layer deposition (SILD) (Fig. 24) and plasma-chemical synthesis [318–321]. Their use as the basis for low-coercivity microwave ceramics and corresponding functional devices is also of particular interest [322, 323].

The use of other methods of “wet chemistry”, such as hydrothermal synthesis, coprecipitation with subsequent annealing-quenching in a neutral, oxidative or reducing atmosphere, can significantly expand the structural, morphological and disperse characteristics of the resulting nanostructured functional substances and materials [195, 196, 198, 200, 207, 228, 229, 231, 235, 236]. Thus, new oxide materials with high acid-base properties that are of interest in the field of heterogeneous catalysis and new methods of material functionalization have been developed using “wet chemistry” approaches [121–123, 138, 139, 207, 223, 231, 297]. It was shown that, just as in the case of materials for supercapacitors [41, 45, 46, 204, 211], the type and concentration of functional groups on the surface of the substance play a decisive role here. On the other hand, these synthesis methods make it possible to obtain substances in the form of nanocrystals of uniform size and morphology, which can be used as the basis for MRI contrast agents [202, 324–326], catalyst carriers [22, 198, 207, 228, 231], sorbents [45, 115, 116], and other useful materials.
5.4. Characteristics and features of methods for the synthesis of new nanostructured catalysts

Nanostructured catalysts represent a separate area of materials for personalized energy. In this area, effective catalysts based on nanoparticles of d- and f-element oxides and hydroxides have been developed for the electrocatalytic production of hydrogen from water-alcohol solutions [327–331], photocatalysts based on simple and complex oxides [123, 135–139, 233, 332], carbon monoxide oxidation catalysts [333–336], and acid-base n-hexane conversion catalysts [337–339]. Obtained in the form of isometric nanoparticles, nanorods, nanoplates, and porous compositions (Fig. 25), these nanostructured catalysts exhibit high catalytic activity and stability compared to materials obtained by using traditional catalytic techniques. Besides, catalytic materials that do not contain expensive metal elements, such as graphite-like carbon nitride or g-C₃N₄, have a great potential for development [328]. This catalytic material can be obtained by simple thermolysis of urea, melamine, and other organic precursors in air and exhibits high, stable catalytic characteristics both in the processes of photocatalytic oxidation of organic substances [340, 341] and in the electrocatalytic release of hydrogen [342].

5.5. Features of implementation of high-energy methods for synthesis of nanostructured materials for personalized energy systems

In a number of cases, additional energy effects are used in the synthesis, including sonochemical and microwave synthesis in addition to those mentioned above [343–347]. It is revealed that the size and degree of disorientation of their constituent crystallites have a great influence on the structure and contribution of non-autonomous phases and properties of polycrystalline materials. Depending on the degree of disorientation of the crystallites, the thickness, composition, and structure of the intercrystalline layer change. The ratio of the size of crystallites and the thickness of the intercrystalline layer (non-autonomous surface phase), in turn, determines the volume fractions of crystallites and intercrystalline formations in a polycrystalline material [22, 23, 216–221, 315, 348–351].

As follows from the results of a number of studies on the formation of nanomaterials, in many cases their functional properties are determined by the chemical and thermal prehistory of the initial compositions and the mechanism of their formation [176, 177, 182, 186, 189, 190, 194, 198, 199, 228, 352, 353]. It is also shown that solid-phase reactions are, in a certain sense, liquid-phase, since reactions in a solid system are activated with the transition of two-dimensional non-atomic phases (intergrain formations) to a liquid-like state, when the reaction rate increases sharply [216–221].

Electroexplosive technologies are also being developed for dispersing the initial conducting materials that experience the transition of the aggregate state through the “solid-liquid-gas-plasma” [354–358]. Great prospects for the
development of this direction for obtaining nanoscale metal oxides containing non-autonomous phases are opened when performing an electric explosion of conductors in various chemically active media. In particular, an installation was developed for an electric explosion in a supercritical water fluid with dispersion of the conductor due to the development of thermodynamic instabilities of its physical state in the vicinity of the critical point [250].

The ML-ALD chemical layer deposition method can be used in order to form a molecular or atomic monolayer on complex-shaped substrates without forming three-dimensional “germs” [359]. It is carried out by cyclic alternate supply of gaseous (MOCVD – Metal Organic Chemical Vapor deposition) or liquid (followed by pyrolysis – MOD Metal Organic deposition) reagents – precursors of the buffer layer and the source material to the substrate. In this case, chemical reactions that lead to the growth of films occur only in chemisorbed layers, that is, with the exception of reactions in the gas phase. The specified increase in the thickness of the formed film is easily and very accurately controlled by the number of deposition cycles using the property of self-organization (self-limitation) of surface reactions, which are completed automatically when all reactive areas on the surface are exhausted. In principle, this technology can be implemented by applying atomic layers, for example, by the method of atomic layer deposition (ALD), that was initially proposed by V. B. Aleskovsky in the middle of the twentieth century [360–364].

6. Conclusion

The analysis of the problems of personalized energy supply for autonomous human survival in remote natural habitat, emergency situations of natural disasters and technical catastrophes with the unavailability of centralized power supply indicates a major role in its solution of developments in the field of nanostructured materials with special functional properties. Their application is designed to provide the possibility of preferential use of available renewable energy sources of the environment, processes and devices for extracting, storing and converting their energy into the necessary consumer forms, taking into account specific operating conditions and requirements for power, efficiency, operating modes, and weight and size characteristics. Fundamental restrictions on these indicators are imposed by the characteristics of physical effects associated with these processes and interactions.

The study of these features for various types of such devices by methods of non-equilibrium thermodynamics, chemical kinetics, nonlinear dynamics, fractal analysis, and quantum physics demonstrates the great attractiveness in this regard, primarily for solid-state photo-and thermoelectric semiconductor converters based on a new generation of inorganic compounds that do not have mechanically moving elements. The results of the nanotechnological approach to their development using various technologies and synthesis methods, including “wet chemistry” and solid-phase reactions in diffusion modes, combustion of gel-like media in high-speed kinetic modes, chemical layer deposition and other types of epitaxy, as well as high-energy effects of various types, show the special role of non-autonomous interfacial formations and processes of fractal self-organization in the formation of functional properties of the synthesized materials.

The development of this concept makes it possible to carry out a directed physical and chemical design of new nanostructured materials with an unusual composition, structure, and unique functional behavior as a base for personalized energy systems.

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