studies with older adults. This systematic review examined the current state of knowledge about how CBPR approach has been adopted in mental health research among older adults in different societies. According to the PRISMA guidelines, we searched five major databases and screened the literature using these criteria: 1) journal articles reporting use of CBPR in mental health research among older adults, 2) articles published in English language, 3) studies conducted in any settings with any mental health research. Initial search found 3,227 articles and preliminary screening identified 23 eligible articles. We found that around 90% of studies were conducted in the West. Most studies adopted CBPR to develop community-based mental health interventions or to revise current interventions or models while addressing the cultural needs of their studied population. Few studies adopted CBPR to evaluate existing mental health workshops or programmes. The extent of involvement of older adults in the CBPR approach varied across studies, from questionnaire design to programme evaluation. Our review uncovered ways of CBPR implementation across different societies and elements of successful implementation in CBPR practices in mental health research among older adults.

Session 4285 (Symposium)

Podcasts and YouTube Videos: Innovative Tools for Disseminating Mental Health and Dementia Education to the Public
Chair: Regina Koepp Co-Chair: Natali Edmonds

This symposium will discuss two examples of innovative public education tools used to disseminate evidence-based information to the general public about mental health and aging and Alzheimer’s Disease and related dementias. The first is the Psychology of Aging Podcast hosted by Regina Koepp, Clinical Geropsychologist. Since it’s launch in April 2020, there have been 50 weekly episodes and more than total 25,000 downloads. The goal of the Psychology of Aging podcast is to facilitate access to information and education about mental health and brain health among older adults with the hope of de-stigmatizing mental health care for older adults, reducing ageism, and promoting access to mental health and dementia care for older adults and their families. The second is Dementia Careblazers, created and hosted by Dr. Natali Edmonds, board certified Geropsychologist. The goal of Dementia Careblazers videos is to offer easy to access information to family members who care for someone with dementia. In her weekly videos, Dr. Edmonds provides actionable, evidence-based information and resources focused on dementia caregiving in brief videos. Since it’s launch on YouTube November 2016, Dementia Careblazers, has 65,000 subscribers, has posted 231 videos, and has had more than 4 million views nationally and internationally. Drs. Koepp and Edmonds will discuss the role podcasts and YouTube videos play in public education and share tips for professionals wanting to start an evidence-based program of their own. This virtual modality may be of increased interest considering recent health risks through face to face interactions and advancements in technology.

PSYCHOLOGY OF AGING PODCAST: PUBLIC EDUCATION TOOL FOR SHARING EVIDENCE-BASED MENTAL HEALTH AND AGING INFORMATION
Regina Koepp, Center for Mental Health & Aging, Brookhaven, Georgia, United States

Psychology of Aging Podcast, created and hosted by Dr. Regina Koepp, Clinical Geropsychologist, is the first podcast of its kind devoted solely to mental health and aging. The goal of the Psychology of Aging podcast is to facilitate access to information and education about mental health and brain health among older adults with the hope of de-stigmatizing mental health care for older adults, reducing ageism, highlighting diversity, and promoting access to mental health and dementia care. The format includes a combination of expert interviews and “solo-casts”. Topics range from depression and suicide prevention to Alzheimer’s Disease and related dementias to the unique needs of LGBTQ older adults and caregivers to health disparities experienced by African American and Latin-X communities related to dementia and the COVID-19 pandemic. During this session, Dr. Koepp will discuss the role podcasts play in public education and share tips for starting an evidence-based podcast.

DEMENTIA CAREBLAZERS YOUTUBE: PUBLIC EDUCATION TOOL FOR SHARING EVIDENCE-BASED DEMENTIA CARE INFORMATION
Natali Edmonds, Owner and Founder, Phoenix, Arizona, United States

Dementia Careblazers, created and hosted by Dr. Natali Edmonds, board certified Geropsychologist, offers weekly YouTube videos to family caregivers of people living with dementia. These free brief videos provide actionable, evidence-based information and resources focused on dementia caregiving. This virtual modality is particularly relevant for caregivers of people living with dementia given the difficulty family caregivers have in finding supervision and care for the person with dementia in their absence and considering recent health risks through face to face interactions. Furthermore, the free archive of Dementia Careblazers videos allows for access to evidence-based dementia care information at any time, regardless of geographic location or time zone. During this session, Dr. Edmonds will discuss the role YouTube videos play in public education and share tips for starting an evidence-based YouTube channel.

Session 4295 (Paper)

Religion and Spirituality

A Multidimensional Construct of Religiosity Among Baby Boomers and Trajectories of Social Attitudes
Joonsik Yoon,1 Woosang Hwang,2 Maria Brown,2 and Merrill Silverstein,2 1. Syracuse University, Syracuse, New York, United States, 2. Syracuse University, Syracuse, New York, United States

Although a number of studies have examined relationships between religiosity and social attitudes, less is known...