The Kakeya needle problem and the existence of Besicovitch and Nikodym sets for rectifiable sets

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Abstract

We solve the Kakeya needle problem and construct a Besicovitch and a Nikodym set for rectifiable sets.

1. Introduction

Let $E \subset \mathbb{R}^2$ be a rectifiable set. Our aim in this paper is to show that the classical results about rotating a line segment in arbitrarily small area, and the existence of a Besicovitch and a Nikodym set hold if we replace the line by the set $E$. We will explain our results in more details below, but first we present two illustrative examples.

(1) If $E$ is the graph of a convex function $f : \mathbb{R} \to \mathbb{R}$, our results imply the following: $E$ can be rotated continuously by $360^\circ$ covering only a set of zero Lebesgue measure, if at each time moment $t$ we are allowed to delete just one point from the rotated copy of $E$.

(2) If $f$ is not just convex but strictly convex, then $E$ can be moved continuously, using only translations, to any other shifted position, covering a set of measure zero, if at each time moment $t$ we are allowed to delete just one point from the translated copy of $E$.

Remark 1.1. In the two examples given above, our movement $t \mapsto E_t$ is continuous, but the point $x_t \in E_t$ we delete cannot be chosen continuously. However, all our constructions in this paper are Borel.

In the first example, if we take $E$ to be a general rectifiable set, the result still holds, but instead of a single point, we need to delete an $\mathcal{H}^1$-null subset of $E$ (see Theorem 6.6). For the generalization of the second example to rectifiable sets, see Theorem 6.2.

In the first example, $\bigcup_t (E_t \setminus \{x_t\})$ is Lebesgue null. Therefore, $\bigcup_t (E_t \setminus \{x_t\})$ is a Besicovitch set: in each direction it contains not just a ‘unit line segment of the line $E$’ but a whole copy of the set $E$ except for one of its points.

On the other hand, since $\bigcup_t E_t$ has non-empty interior, we can cover $\mathbb{R}^2$ by taking a countable union of copies of $\bigcup_t E_t$. Therefore, the countable union of copies of $\bigcup_t (E_t \setminus \{x_t\})$ is a Nikodym set: it has measure zero, and through each point $x \in \mathbb{R}^2$, it contains a copy of the set $E$ with one point removed.

For the case when $E$ is a line, see, for example, [11] for both classical and recent results.

1.1. History

The Kakeya needle problem for sets other than the line segment has been studied before. Davies proved in [5] that not only one but any finite union of parallel line segments can be rotated by $360^\circ$ covering arbitrarily small area. He also showed that the line segments must be parallel; if
a set contains two line segments that are not parallel to each other, then it can no longer be moved.

In [3] the authors introduced the following definitions: a planar set $E$ has the Kakeya property if there exist two different positions of $E$ such that $E$ can be moved continuously from the first position to the second in such a way that the area covered by $E$ along the movement is arbitrarily small. A planar set $E$ has the strong Kakeya property if it can be moved in the plane continuously to any other shifted or rotated position in a set of arbitrarily small area.

In [3] it is shown that if $E$ is a closed connected set that has the Kakeya property, then $E$ must be a subset of a line or of a circle. Moreover, if $E$ is an arbitrary closed set that has the Kakeya property, then the union of the non-trivial connected components of $E$ must be a subset of parallel lines or of concentric circles.

In [8] the authors show that short enough circular arcs of the unit circle possess the strong Kakeya property. (For topological reasons, it is clear that a full circle does not have the strong Kakeya property.)

1.2. Translations

Let us consider a related question for circular arcs: can we translate a full circle continuously to any other position covering arbitrarily small area, if at each point of the translation, we are allowed to delete an arc of the circle of a given length? How long must the deleted arc be? Because of rotational symmetry, the question of which circular arcs have the strong Kakeya property is equivalent to this one, as long as we choose the deleted arc piecewise continuously.

In this paper, we will answer this ‘piecewise continuous question’ for an arbitrary rectifiable set $E$ of finite $\mathcal{H}^1$-measure in the following way: we only need to delete points whose tangent directions lie in a small interval.

Let us state our results precisely. We will use the following notation and terminology.

We let $\mathbb{P}^1 \simeq \mathbb{R}/\pi\mathbb{Z}$ denote the set of all directions in $\mathbb{R}^2$. We will use the standard embedding of $\mathbb{R}^2$ into the projective plane $\mathbb{P}^2$, so that $\mathbb{P}^2 = \mathbb{R}^2 \cup \mathbb{P}^1$. The arc-length metric on the unit sphere $S^2$ together with the quotient map $S^2 \to \mathbb{P}^2$ gives us a metric on $\mathbb{P}^2$. Let $(\mathbb{P}^2)^*$ denote all the lines in $\mathbb{P}^2$.

We denote by $| \cdot |$ the Lebesgue measure on $\mathbb{R}^2$ or $\mathbb{P}^1$, and by $\mathcal{H}^1$ the one-dimensional Hausdorff measure on $\mathbb{R}^2$. As usual, $B(x,r)$ denotes the open ball centered at $x$ of radius $r$, and $B(S,r)$ denotes the open $r$-neighborhood of a set $S$. We denote by $\text{cl} S$ the closure of $S$. We write $A \lesssim B$ to mean $A \leq CB$ for some absolute constant $C > 0$.

Recall that every rectifiable set $E \subset \mathbb{R}^2$ has a tangent field, which is defined for $\mathcal{H}^1$-almost every $x \in E$ (see Section 3.1). We let $\theta_x \in \mathbb{P}^1$ denote the tangent of $E$ at $x$, and we let $\nu_x \in (\mathbb{P}^2)^*$ denote the normal line of $E$ at $x$. (The direction of $\nu_x$ is the one orthogonal to $\theta_x$.) Note that $\nu_x$ is the normal line passing through the point $x$, and not just a normal vector.

We will start by proving the following theorem.

**Theorem 1.2** (Kakeya needle problem for translations). Let $E \subset \mathbb{R}^2$ be a rectifiable set of finite $\mathcal{H}^1$-measure. Let $\varepsilon > 0$ be arbitrary. Then between the origin and any prescribed point in $\mathbb{R}^2$, there exists a polygonal path $P = \bigcup_{i=1}^n L_i$ with each $L_i$ a line segment, and for each $i$ there exists a direction $\theta_i \in \mathbb{P}^1$, such that

$$\bigcup_{i} \bigcup_{p \in L_i} (p + \{x \in E : \theta_x \notin B(\theta_i, \varepsilon)\}) \lesssim \varepsilon. \quad (1.1)$$

Although the tangent field of a rectifiable set is defined only $\mathcal{H}^1$-almost everywhere, for the statement of Theorem 1.2 (and for all other results in this paper), we need to define it pointwise.
We will show that regardless of which pointwise representation we choose, the results remain true (see Section 3.1).

Theorem 1.2 has an immediate corollary.

**Corollary 1.3.** If we remove an arbitrary neighborhood of two diametrically opposite points from a circle, the resulting set can be moved continuously to any other position in the plane in arbitrarily small area.

This strengthens the previously known result [8] that sufficiently short circular arcs have the strong Kakeya property.

### 1.3. Rotations

We note that Theorem 1.2 does not handle the classical Kakeya needle problem: clearly it is not possible to translate a line segment to every other position in small area. We can still apply Theorem 1.2 with \(E\) a line segment, but since every point of \(E\) has the same tangent direction, it allows us to delete the entire line segment at every point \(p \in P\). To obtain a more meaningful statement for line segments, we need to consider what happens if we allow rotations as well as translations.

In order to unify translations and rotations, it is helpful to consider the projective plane \(\mathbb{P}^2\).

We can consider a translation in direction \(\theta \in \mathbb{P}^1\) to be a ‘rotation’ around the infinite point \(\theta^\perp \in \mathbb{P}^1 \subset \mathbb{P}^2\) (see Section 3.2).

We need to generalize the notion of a polygonal path from a path in \(\mathbb{R}^2\) to one in \(\text{Isom}^+(\mathbb{R}^2)\), the space of all orientation-preserving isometries of \(\mathbb{R}^2\). (This space is also known as the *special Euclidean group* \(\text{SE}(2)\).) The polygonal path in Theorem 1.2 can be viewed as a sequence of vectors, each indicating in which direction and how far to translate. Then, a polygonal path of rotations should be a sequence of rotations, indicating around which point and how much to rotate.

Specifying a sequence of rotations is slightly trickier than a sequence of translations: when we rotate a set around a point, the centers of all the other rotations move. To avoid this problem, we will find it much more convenient to specify our sequence in the *intrinsic coordinate system*. That is, with \(\rho_i\) denoting rotations around \(z_i \in \mathbb{R}^2\), our continuous movement will be to rotate first with center \(z_1\), then with center \(\rho_1(z_2)\), and so on.

Our *polygonal path* \(P\) will be specified by the *intrinsic sequence* \(\rho_i\), but it will still lie in the space \(\text{Isom}^+(\mathbb{R}^2)\), and its points will be isometries not in the intrinsic but in the standard coordinate system.

For each sequence \(\{\rho_i\}\) we obtain a \(P = \bigcup_i L_i\). For each ‘line segment’ \(L_i\) in \(P\), the rotations in \(\{p' \circ p^{-1} : p, p' \in L_i\}\) all have the same center. (It is important to remember that this center depends not only on \(z_i\) but also on the previous rotations.)

Also, we find it much more convenient to specify a rotation not by the point that we rotate around, but by the image of this point in the projective plane when we embed \(\mathbb{R}^2\) into \(\mathbb{P}^2\). We will call this the *projective center* of \(\rho\) (both for translations and rotations).

First we will prove a preliminary result (see Theorem 5.1). The exact statement is quite technical, but essentially says that instead of using translations, we can move our set \(E\) using rotations whose projective centers are almost aligned: if we want to connect \(\rho \in \text{Isom}^+(\mathbb{R}^2)\) to the identity map by a polygonal path, we can choose a line \(\ell \in (\mathbb{P}^2)^*\) that passes through the center of \(\rho\), and choose the (intrinsic) rotations so that their projective centers lie in \(B(\ell, \varepsilon)\). We also obtain, for each \(i\), a \(u_i \in \ell\) such that

\[
\bigcup_i \bigcup_{p \in L_i} p(\{x \in E : \nu_x \cap \ell \cap B(u_i, \varepsilon) = \emptyset\}) < \varepsilon. \tag{1.2}
\]
Theorem 1.2 can be viewed as a special case of Theorem 5.1 by taking $\rho$ to be a translation and then taking $\ell$ to be $\mathbb{P}^1$. In this case, the centers lie on $\ell$, not just in an $\epsilon$-neighborhood of $\ell$. The reason we need an $\epsilon$-neighborhood for rotations is that, unlike for translations, the composition of a rotation around $z_1$ and a rotation around $z_2$ does not equal a rotation around a point on the line through $z_1, z_2$. (Recall the centers are specified with intrinsic coordinates.) This makes the statement and the proof of Theorem 5.1 more complicated than those of Theorem 1.2. We will need careful error estimates on how far the centers move, and, consequently, how large area the set $E$ covers during its movement.

The essential observation for the error estimates is the following: the composition structure of translations is linear, that is, given by vector addition. The composition structure of rotations is not linear, but it is ‘linear up to a quadratic error’, using an appropriate parametrization of $\text{Isom}^+(\mathbb{R}^2)$ (see Lemma 5.4).

Remark 1.4. Let $E$ be a countable union of parallel line segments which is bounded and has finite total length. It is easy to see that Theorem 5.1 implies that we can rotate $E$ inside a set of arbitrarily small area. This strengthens the result of Davies mentioned at the beginning of this introduction, who proved the same result when $E$ is a finite union of parallel line segments [5].

Remark 1.5. Theorems 1.2 and 5.1 also provide a new insight into the other results mentioned in Section 1.1, that the non-trivial connected components of a closed set with the Kakeya property can be covered by parallel lines or by concentric circles [3]. It turns out that the key property of the line and the circle is that they are homogeneous: by rotating around the center of the circle, any sub-arc can be mapped onto any other sub-arc of the same length, by a continuous movement that covers only zero area. The same is true for lines with shifts. Therefore our piecewise continuous deletion of the line segments/sub-arcs in Theorem 1.2/Theorem 5.1 can be replaced by a continuous one. No rectifiable set except for the union of parallel lines or concentric circles has this property.

Remark 1.6. The set $E$ in Theorem 5.1 needs to be bounded. Take, for example, $E$ to be a union of countably many circles with centers $z_i$ and radius $r_i$, such that $\sum r_i < \infty$ and $\sum r_i|z_i| = \infty$. Then it is a rectifiable set with finite $\mathcal{H}^1$-measure, but every continuous rotation with a fixed center covers infinite area, even with a normal line removed. However, for the limit version Theorem 6.6 (explained below), in which the centers of the rotations no longer need to be piecewise constant along the path, we can drop the boundedness condition.

1.4. Besicovitch and Nikodym sets

In Section 6, we study what happens in the limit as $\varepsilon \to 0$. By taking a sequence of $\varepsilon$ tending to zero, the balls $B(u_i, \varepsilon)$ shrink to a single point in $\mathbb{P}^2$, and the area covered shrinks to zero. We obtain in the limit a continuous movement $P \subset \text{Isom}^+(\mathbb{R}^2)$ such that the set $E$ covers only zero area, where at each time moment we only need to delete a subset of $\mathcal{H}^1$-measure zero (see Theorem 6.6). The resulting set of zero area is an analogue of a Besicovitch set for $E$.

Consider, for example, the special case where there is a line $\ell \in (\mathbb{P}^2)^*$ such that there is a neighborhood of $\ell$ in which no two normal lines of $E$ intersect. Then Theorem 6.6 says that we can rotate $E$ continuously by $360^\circ$, covering a set of zero Lebesgue measure, where at each time moment, we only need to delete one point. This happens, for example, in the special case when $E$ is the graph of a convex function; by choosing the line $\ell$ to lie below the graph, there is a neighborhood of $\ell$ where no two normal lines meet.
If \( E \) is strictly convex, then we can apply Theorem 6.6 with \( \ell = \mathbb{P}^1 \) and hence translate \( E \) to an arbitrary position in the plane in a set of zero Lebesgue measure, deleting one point at each time moment.

For moving a circle, we can choose any line \( \ell \). In this case we need to delete, at each time moment, not just one but two diametrically opposite points of the circle, since they have the same normal line.

By the continuity of \( P \), we can construct, from these Besicovitch sets, analogues of Nikodym sets, using the technique outlined at the beginning of this introduction. We state these more precisely in Section 6.

Remark 1.7. There is not only one continuous \( P \), but residually many, in the sense of Baire category (see Remark 6.8). For results of similar nature when \( E \) is a line, see, for example, [2, 9].

Remark 1.8. It is well known that there are no sets in \( \mathbb{R}^n \) (\( n \geq 2 \)) which have measure zero and contain a circle centered at every point. Stein first proved this for \( n \geq 3 \) by his estimates on spherical maximal functions [13]. Bourgain and Marstrand independently showed the same non-existence result holds for \( n = 2 \) around the same time [1, 10]. Bourgain’s paper actually treats smooth curves with non-vanishing curvature. More work has been done on such curves, for example, [12, 14, 15].

The non-existence results concern placing a copy of \( E \) around every point in \( \mathbb{R}^2 \). For our Nikodym result, we instead place a copy of \( E \) through every point of \( \mathbb{R}^2 \). With this change, such a construction is now possible.

Remark 1.9. Somewhat surprisingly, ‘Besicovitch sets’ for rectifiable sets in \( \mathbb{R}^2 \) do not necessarily have dimension 2.

Trivially, if \( E \) is a countable union of concentric circles, then we can rotate them around their common center without increasing the dimension. More interestingly, there are also other, less trivial examples. For example, if \( E \) is a countable union of circles (not necessarily concentric ones), then there is a one-dimensional set which contains a rotated copy of \( E \) in each direction: since a residual set contains a shifted copy of any countable configuration of points, by putting countably many circles around the points of a zero-dimensional residual set (of the same sizes as the circles in \( E \)), we obtain a one-dimensional Besicovitch set for \( E \).

1.5. The sharpness of our results, and dilations

We do not know whether the sizes of the sets we delete are sharp. While Theorem 6.6 tells us that we only need to delete an \( \mathcal{H}^1 \)-nullset of \( E \) at each time moment, perhaps it is possible to delete much fewer points than specified by the theorem. (For more precise information on the size of the sets we delete, see also Propositions 6.1 and 6.4, and Remarks 6.3 and 6.7.)

For example, it would be interesting to know whether it is possible to translate a circle in a set of Lebesgue measure zero, deleting only one point at every time moment. This is still an open problem.

Cunningham proved that if we remove an arbitrary neighborhood of one point from a circle, the resulting circular arc can be shrunk to a point using translations, rotations and dilations [4]. His construction is based on the classical straight line results, and the stereographic projection between the plane and the sphere; it works only for circles.

Motivated by Cunningham’s result, in Section 7, we include a brief note about what happens for general rectifiable sets when we consider the space \( \text{Sim}^+(\mathbb{R}^2) \) of all orientation-preserving similarity transformations of \( \mathbb{R}^2 \). This space consists of \( \text{Isom}^+(\mathbb{R}^2) \) as well as dilations and transformations which rotate and dilate simultaneously, moving points along logarithmic
spirals. The techniques in Section 5 carry over to this setting because the composition structure of Sim⁺(R²), like that of Isom⁺(R²), is ‘linear up to a quadratic error’.

In (1.2), we consider the intersection of the normal lines \( \nu_x \) with balls in the projective plane. In the similarity transformations setting, we need to consider instead the intersections with rotated normal lines. The angle by which we rotate normal lines depends on the ‘pitch angle’ of the logarithmic spirals of the similarity transformations.

As an illustrative example, in Section 7.1 we present the following application. (Compare this with Corollary 1.3.)

**Corollary 1.10.** Any circular arc which is not the full circle can be moved continuously to any other position in the plane (of the same size) in arbitrarily small area via similarity transformations, such that the size of the circular arc always remains arbitrarily close its initial size.

We also obtain a Nikodym set for circles, that is, a set in the plane of Lebesgue measure zero which contains a punctured circle through every point.

**Corollary 1.11.** There exists a set \( A \subset \mathbb{R}^2 \) of Lebesgue measure zero such that for each \( x \in \mathbb{R}^2 \), there is a circle \( C \) such that \( x \in C \) and \( C \setminus A \) has at most one point.

2. Main ideas of the proof of Theorems 1.2 and 5.1

Our proof of Theorem 1.2 relies on two key ideas.

2.1. The first key idea

Our first key idea is the ‘small neighborhood lemma’: suppose we move a compact set \( E \subset \mathbb{R}^2 \) along a path of isometries \( P \subset \text{Isom}^+(\mathbb{R}^2) \). If we perturb \( P \) by a small amount, the area covered by the perturbed movement will not increase very much because the new region covered is contained in a small neighborhood of the original. This simple and obvious fact turns out to be extremely useful.

**Lemma 2.1** (Small neighborhood lemma). Let \( E \subset \mathbb{R}^2 \) be any compact set, and let \( P \subset \text{Isom}^+(\mathbb{R}^2) \) be an arbitrary path in \( \text{Isom}^+(\mathbb{R}^2) \). Then for every \( \varepsilon > 0 \) there exists a neighborhood \( U \subset \text{Isom}^+(\mathbb{R}^2) \) of \( P \) such that

\[
\left| \bigcup_{p \in U} p(E) \right| \leq \left| \bigcup_{p \in P} p(E) \right| + \varepsilon. \tag{2.1}
\]

(In this paper, a path is the image of a continuous map on a compact interval.)

2.2. The second key idea

The second key idea is more technical, so we give only an informal presentation here and defer the precise details to Sections 3.3 and 3.4. First, note that

**Lemma 2.2.** For any polygonal path \( P \subset \mathbb{R}^2 \) and for an arbitrary \( E \subset \mathbb{R}^2 \), if we translate \( E \) along \( P \), then the area covered is \( \lesssim \mathcal{H}^1(E) \mathcal{H}^1(P) \).

**Proof.** If \( B \) is a ball of radius \( r \), where \( r \) is smaller than the line segments in the polygonal path, then for each line segment \( L \subset P \), by translating \( B \) along \( L \) we cover a set of area...
\[ \lesssim r \mathcal{H}^1(L). \] Adding these up for all line segments \( L \) and approximating \( E \) by a union of small balls, we obtain Lemma 2.2. \[ \square \]

**Remark 2.3.** Lemma 2.2 shows that in our proof of Theorem 1.2 we can ignore small subsets of \( E \), since in the movements these will cover only small area. Also, we can ignore small subsets of \( P \).

Our second key idea is the simple observation that the estimate in Lemma 2.2 can be improved if we also take into account the directions of the tangents of \( E \). For simplicity, suppose that \( E \) is a \( C^1 \) curve. Then we can cover \( E \) with thin rectangles that approximate the curve. Each thin rectangle \( R \) has the property that translating \( E \cap R \) along a line segment \( L \) in the direction of the long side of \( R \) covers area \( \lesssim \delta \mathcal{H}^1(L) \), where \( \delta \) is the length of the short side of the rectangle. If the rectangle is thin enough, then this is a much better estimate than the estimate \( \mathcal{H}^1(E \cap R) \mathcal{H}^1(L) \) that we obtain from Lemma 2.2.

**Remark 2.4.** For general rectifiable sets \( E \), instead of thin rectangles, we will choose \( R \subset E \) such that \( \theta_x \) is almost constant on \( R \). The key idea remains the same (see Section 3.3).

### 2.3. Combining the key ideas

We combine these two ‘key ideas’ to construct polygonal paths in a Venetian blind-type construction. (For Venetian blinds, see, for example, [6, Theorem 6.9; 11, Lemma 11.8].) Again, we give an informal presentation. See Section 4 for the precise details.

The method is as follows. Suppose that \( E \) is a \( C^1 \) curve, which we cover by thin rectangles. Suppose our initial path is a translation along a horizontal segment. Let \( R, R' \) be two rectangles from our cover and let \( \theta, \theta' \) be the directions of their long sides, with \( \theta \neq \theta' \).

1. First, we replace our horizontal segment by a zigzag so that every other segment has direction \( \theta \). Then \( R \cap E \) will cover small area when translated along these segments.

2. Now we repeat the previous step, replacing each segment in direction \( \theta \) with a new zigzag such that every other segment has direction \( \theta' \). Then \( R' \cap E \) will cover small area when translated along the segments in direction \( \theta' \). Furthermore, if we make these new zigzags sufficiently ‘fine’ (many turns and small enough segments), then these zigzags will remain close to the segments of direction \( \theta \) that we just replaced. Then by the small neighborhood lemma, \( R \cap E \) also covers small area when moved along the segments in direction \( \theta' \).

By the end of step (2), we now have a ‘Venetian blind’. The line segments in direction \( \theta' \) are the ‘good’ segments because translations along these segments cover small area for both rectangles \( R \) and \( R' \). By iterating with more angles, we can increase the number of rectangles for which translations along the good segments cover small area.

We also need the total length of the remaining ‘bad’ segments to be strictly smaller than the initial segment, so that the size of the bad segments tends to zero when we iterate the Venetian blind construction. (For this reason, we cannot deviate too far from the initial horizontal direction. This leads to condition (4.1).) After sufficiently many iterations, we can ignore the bad segments by Remark 2.3.

The main ideas of the proof of Theorem 5.1, where we use rotations, are similar. As in the proof for translations, we combine the small neighborhood lemma with the covering of \( E \) by sets \( R \) such that rotating \( R \) around an appropriate point \( z \) covers only a small area. We still use a Venetian blind construction, but now our zigzags will be in Isom\(^+\)(\( \mathbb{R}^2 \)). The general ideas of the argument are the same, but, as we explained in the introduction, they will require more delicate estimates than for translations.
3. Preliminaries

3.1. Tangents of rectifiable sets

Recall that a set $E \subset \mathbb{R}^2$ is called rectifiable if $\mathcal{H}^1$-a.e. point of $E$ can be covered by countably many $C^1$ curves. For any two $C^1$ curves, their tangent directions agree at $\mathcal{H}^1$-a.e. point of their intersection. Therefore, there exists a tangent field to $E$, that is, a map $x \mapsto \theta_x$ from $E$ to $\mathbb{P}^1$ such that for any $C^1$ curve $\Gamma$, the tangent direction to $\Gamma$ at $x$ agrees with $\theta_x$ for $\mathcal{H}^1$-a.e. $x \in \Gamma \cap E$. This gives one of the (many equivalent) descriptions of a tangent field of a rectifiable set.

Of course, the tangent field is uniquely defined only up to an $\mathcal{H}^1$-null subset of $E$. That is, if we change the tangent field along a set that meets each $C^1$ curve in a set of $\mathcal{H}^1$-measure zero, it is still a tangent field.

In order to prove Theorem 1.2 and also our other results, we fix a particular tangent field $x \mapsto \tilde{\theta}_x$ on $E$ as follows: first we fix a subset $E' \subset E$ of full $\mathcal{H}^1$-measure and a cover of $E'$ by countably many $C^1$ curves $\{\Gamma_i\}$. Next, for each $x \in E$, if all the curves $\Gamma_i$ that go through $x$ have the same tangent direction at that point, then we let $\tilde{\theta}_x \in \mathbb{P}^1$ be that direction. (This also defines the normal line $\tilde{\nu}_x$ at $x$.)

Consider the set of those $x \in E$ where our $\tilde{\theta}_x, \tilde{\nu}_x$ either (1) are not defined, or (2) are defined but do not agree with the $\theta_x, \nu_x$ from the statements of our theorems. This is a set of zero $\mathcal{H}^1$-measure; hence we can ignore it by Remark 2.3 when we work with translations, and we will be able to ignore it by Lemma 3.4 (below) when we work with rotations. Hence, for the remainder of this paper, we may assume that $\theta_x$ is the particular tangent field $\tilde{\theta}_x$ from the previous paragraph (and make the analogous assumption for $\nu_x$).

3.2. Rotations

We denote by $\text{Isom}^+(\mathbb{R}^2)$ the space of all orientation preserving isometries of $\mathbb{R}^2$. Each element of $\text{Isom}^+(\mathbb{R}^2)$ is either a translation by a vector $v$, or a rotation around a point $z \in \mathbb{R}^2$ by angle $\phi$. Using complex notation, such a rotation is the map $u \mapsto e^{i\phi}(u-z) + z$. The image of 0 under this mapping is $z(1 - e^{i\phi})$, so it is natural to denote

$$v := z(1 - e^{i\phi}).$$

(3.1)

We can see from (3.1) that $v = z(-i\phi + O(\phi^2))$. We denote

$$w = \begin{cases} z\phi & \phi \neq 0 \\ iv & \phi = 0. \end{cases}$$

(3.2)

The motivation behind our notation is that, for small $\phi$ and near the origin, the rotation acts, to first order, like translation by $-iw$.

Both translations and rotations can now be specified by an ordered pair $(w, \phi) \in \mathbb{R}^2 \times \mathbb{R}$. (We have $\phi = 0$ for translations.) From now on, we will refer to translations as rotations as well.

For $\rho \neq \text{id}$, we define the projective center of $\rho$ to be the image of $(w, \phi)$ under the quotient map $\mathbb{R}^3 \setminus \{0\} \to \mathbb{P}^2$. We still use $(w, \phi)$ to denote the image in $\mathbb{P}^2$. If $\phi \neq 0$, then, using homogeneous coordinates, this reduces to $(z\phi, \phi) = (z, 1)$, as expected. If $\phi = 0$, then $(w, 0) = (iv, 0) = (v^\perp, 0)$, which is indeed the point at infinity orthogonal to the direction of $v$.

Remark 3.1. Even though we now view translations as rotations around infinite points, translations and rotations are still different, even when viewed in $\mathbb{P}^2$. For example, a rotation with angle $\phi \neq 0$ fixes just one point in $\mathbb{P}^2$ (its projective center) whereas a translation fixes an entire line ($\mathbb{P}^1 \subset \mathbb{P}^2$).
We will use the notation \( \rho(w, \phi) \) for a rotation whose projective center is \((w, \phi) \in \mathbb{P}^2 \) and whose angle is \( \phi \). That is, we assign to each point \( x = (x_1, x_2, x_3) \in \mathbb{R}^3 \setminus \{0\} \) the rotation \( \rho(x) \) whose:

- projective center is the image of \((x_1, x_2, x_3) \) under the projection \( \mathbb{R}^3 \setminus \{0\} \rightarrow \mathbb{P}^2 \);
- angle is the last coordinate \( x_3 \).

**Remark 3.2.** We will use the same notation \( \rho = \rho(w, \phi) \) for the mapping \( \rho : \mathbb{R}^2 \rightarrow \mathbb{R}^2 \) and for the continuous movement that rotates \( \mathbb{R}^2 \) around a point. For example, if \( \phi = 2\pi \) then the former is the identity mapping and the latter is not. It will be always clear from the context which one we mean.

### 3.3. The ‘second key idea’ for translations

We fix a small \( \delta > 0 \), and a direction \( \theta \). Let \( R \) be a subset of \( E \) such that \( |\theta_x - \theta| \lesssim \delta \) for every \( x \in R \). Our aim is to estimate how large area we cover if we translate \( R \) by a vector \( v \) of direction \( \theta \).

For each \( x \in R \) there is a \( C^1 \) curve \( \Gamma_i \) from Section 3.1 that goes through the point \( x \). We choose a decomposition \( R = \bigcup R_i \) such that \( R_i \subset \Gamma_i \) for each \( i \). Then locally, that is, in a neighborhood of \( x \in R_i \), \( \Gamma_i \) is the graph of a Lipschitz function \( f \) in the \((\theta, \theta^\perp)\) coordinate system, with Lipschitz constant \( \lesssim \delta \). Without loss of generality we can assume that \( \theta = 0 \).

Now, when we translate \( R_i \) by the horizontal vector \( v \), for each fixed \( t \in \mathbb{R} \) we obtain \( \# \{ x \in \mathbb{R} : f(x) = t, (x, f(x)) \in R_i \} \) many (not necessary disjoint) horizontal line segments on the line \( y = t \), each of length \( |v| \). Therefore, by Fubini’s theorem, the area covered is at most

\[
|v| \int \# \{ x \in \mathbb{R} : f(x) = t, (x, f(x)) \in R_i \} \, dt.
\] (3.3)

Next, recall that the coarea formula (for example, [7, Theorem 3.2.22]) implies that for any measurable function \( g : \mathbb{R} \rightarrow \mathbb{R} \), for any Lipschitz \( h : \mathbb{R} \rightarrow \mathbb{R} \), and for any measurable \( S \subset \mathbb{R} \),

\[
\int_{\mathbb{R}} g(t) \# \{ x \in S : h(x) = t \} \, dt = \int_{S} g(h(x)) |h'(x)| \, dx.
\] (3.4)

Using (3.4), we can bound (3.3) by

\[
\lesssim \delta \mathcal{H}^1(R_i) |v|
\]

since \( f \) has Lipschitz constant \( \lesssim \delta \). Summing over \( i \), we obtain the following.

**Lemma 3.3.** Let \( \delta > 0 \) be sufficiently small, and let \( \theta \) be an arbitrary direction. Let \( R \) be a subset of \( E \) such that \( |\theta_x - \theta| \lesssim \delta \) for every \( x \in R \). Then if we translate \( R \) by a vector \( v \) of direction \( \theta \), the total area covered is \( \lesssim \delta \mathcal{H}^1(R) |v| \).

Note that \( |\theta_x - \theta| \lesssim \delta \) if and only if \( \nu_x \) meets a \( \lesssim \delta \)-neighborhood of \( \theta^\perp \) in \( \mathbb{P}^1 \). Using this observation, we generalize Lemma 3.3 to rotations in the next section.

### 3.4. The ‘second key idea’ for rotations

Let \( z \in \mathbb{R}^2 \), and let \( \phi \) be an arbitrary angle. If we rotate the set \( E \) around the center \( z \) by angle \( \phi \), then each point \( x \in E \) moves along a circular arc of length \( |x - z||\phi| \). Therefore, the trivial estimate we get is that by rotating \( E \), the area covered is

\[
\lesssim |\phi| \int_{\mathbb{R}} r \# \{ x \in E : |x - z| = r \} \, dr \lesssim |\phi| \int_{E} |x - z| \, d\mathcal{H}^1(x).
\] (3.5)
The first inequality follows from Fubini’s theorem. The second follows from the coarea formula (3.4) and the fact that if we parametrize the curve $\Gamma_t$ by arc length, the mapping $t \mapsto |x(t) - z|$ is Lipschitz, with Lipschitz constant at most 1.

For a general rectifiable set, the right-hand side of (3.5) can be infinite (cf. Remark 1.6). From now on, in this section we assume that $E$ is bounded. More precisely, we assume that $E \subset B(0, r) \subset \mathbb{R}^3$ (here, we used the Euclidean metric). We will show that there is a constant $c$ (that depends only on $r$) such that the following two lemmas hold.

**Lemma 3.4.** Let $y = (w, \phi) \in \mathbb{R}^2 \times \mathbb{R}$, let $\rho = \rho(y)$ be a rotation, and let $R \subset E$ be arbitrary. Then, if we rotate $R$ by $\rho$, the area covered is $\lesssim c\mathcal{H}^1(R)|y|$. 

**Lemma 3.5.** Let $\delta > 0$ be sufficiently small (depending on $r$). Let $y = (w, \phi) \in \mathbb{R}^2 \times \mathbb{R}$ and let $\rho = \rho(y)$ be a rotation with projective center $z$. Let $R \subset E$ be such that, for each $x \in R$, $\nu_x \cap B(z, \delta) \neq \emptyset$. (Here, the ball $B(z, \delta)$ is defined with respect to the metric on $\mathbb{P}^2$.) Then, when we rotate $R$ by $\rho$, the area covered is $\lesssim c\delta \mathcal{H}^1(R)|y|$.

**Proof of Lemma 3.4.** By Lemma 2.2, we know that Lemma 3.4 holds (with $c = 1$) when $\rho$ is a translation. Now suppose that $z \in \mathbb{R}^2$ and $\phi \neq 0$. Then there is a constant $c_1$ (that depends only on $r$) such that $|x - z| \leq r + |z| \leq c_1 \sqrt{1 + |z|^2}$ for every $x \in E$. Since $|y| = \sqrt{|z|^2 \sigma^2 + \phi^2} = |\phi| \sqrt{1 + |z|^2}$, therefore Lemma 3.4 follows from the trivial estimate (3.5), with $E$ replaced by $R$, and $|x - z|$ replaced by $c_1 \sqrt{1 + |z|^2}$. □

**Proof of Lemma 3.5.** First, suppose that $z \in \mathbb{R}^2$ and $\phi \neq 0$. We note that we can improve the estimate (3.5) by noticing that the derivative of $t \mapsto |x(t) - z|$ is $\langle \dot{x}(t), \frac{x(t) - z}{|x(t) - z|} \rangle = \frac{1}{|x(t) - z|} \text{dist}(\nu_{x(t)}, z)$. (Here, dist denotes the Euclidean distance.) Therefore, by the coarea formula (3.4), rotating the set $R$ covers area

$$\lesssim |\phi| \int_R \text{dist}(\nu_x, z) d\mathcal{H}^1(x). \quad (3.6)$$

Thus, it suffices to show that if $\nu_x$ intersects the $\delta$-neighborhood of $z$ in $\mathbb{P}^2$, then $\text{dist}(\nu_x, z) \lesssim c\delta \sqrt{1 + |z|^2}$ in $\mathbb{R}^2$. If $|z| \leq 2r$ and $\delta$ is sufficiently small, then the Euclidean and projective distances are comparable, and $\sqrt{1 + |z|^2}$ is comparable to 1 (where the implied constants depend only on $r$), so there is nothing to prove. Now, suppose $|z| > 2r$. Since $E \subset B(0, r)$, therefore, for $\delta$ sufficiently small, the projective ball $B(z, \delta)$ is bounded away from $x \in E$. Let $\pi$ denote the quotient map $\pi : S^2 \to \mathbb{P}^2$. Then there is a constant $c_2$ (that depends only on $r$) such that the angle between any two great circles through $\pi^{-1}x$ that meet $\pi^{-1}(B(z, \delta))$ is $\leq c_2 \delta$. Then there is a constant $c_3$ (that depends only on $r$) such that the angle between $x - z$ and $\nu_x$ in $\mathbb{R}^2$ is $\leq c_2 c_3 \delta$. With $c_1$ as in the proof of Lemma 3.4, we have $\text{dist}(\nu_x, z) \leq c_2 c_3 |x - z| \leq c_1 c_2 c_3 \delta \sqrt{1 + |z|^2}$, as desired.

Now, we prove Lemma 3.5 when $z \in \mathbb{P}^1$ (that is, when $\rho$ is a translation). Again, for $\delta$ sufficiently small, the projective ball $B(z, \delta)$ is bounded away from $E$. Thus, if $\nu_x$ intersects $B(z, \delta)$, then the angle between $\nu_x$ and $\mathbb{P}^1$ is bounded away from zero. Therefore, there is a constant $c_4$ (that depends only on $r$) such that if $\nu_x$ intersects $B(z, \delta)$ for some $x \in E$, then the projective distance between $z$ and $\nu_x \cap \mathbb{P}^1$ is $\leq c_4 \delta$. Hence, we can apply Lemma 3.3 to obtain our desired result. □
4. Kakeya needle problem for translations

In this section $E$ is an arbitrary rectifiable set of finite $\mathcal{H}^1$-measure. Without loss of generality we assume that $\mathcal{H}^1(E) = 1$, and that $\theta_x$ is defined for each $x \in E$, as in Section 3.1.

4.1. Notation

We say that a subset of $\mathbb{P}^1$ is an interval if it is connected. For $\theta_1, \theta_2 \in \mathbb{P}^1$ with $|\theta_1 - \theta_2| < \pi / 2$, we denote by $[\theta_1, \theta_2]$ the interval in $\mathbb{P}^1$ whose endpoints are $\theta_1, \theta_2$ and has length less than $\pi / 2$. (When we use this notation, we do not specify which one is the left and which one is the right endpoint.)

The symbol $i$ will always denote a finite binary sequence, that is, a sequence $i_1 i_2 \ldots i_k$, where $k \geq 0$ and each term $i_j$ is 0 or 1. The empty sequence $\emptyset$ corresponds to $k = 0$. The length of $i$ is denoted by $|i|$. We denote $i' = i_1 i_2 \ldots i_{k-1}$ (note that $\emptyset'$ is not defined). We will say that $i'$ is the parent of $i$, and $i$ is a child of $i'$, respectively. The ancestors and the descendants of an $i$ are defined in the obvious way. We will also say that a sequence is bad if it ends with a 0 and good if it ends with a 1. (The empty sequence $\emptyset$ is also good.)

4.2. Basic zigzag

A basic zigzag is a polygonal path which is made up of $N$ congruent and equally spaced segments in direction $\theta_0$ interlaced with $N$ congruent segments in direction $\theta_1$ (see Figure 1(b) for an example).

The fundamental procedure in our construction is taking a line segment $L$ and replacing it with a basic zigzag with the same endpoints. The key properties of basic zigzags are the following two geometrically obvious facts:

- With $L, \theta_0, \theta_1$ fixed, we can ensure that the basic zigzag lies in an arbitrarily small neighborhood of $L$ by making the zigzag sufficiently ‘fine’, that is, making $N$ sufficiently large.
- The total length of each of the two parallel pieces of the basic zigzag depends only on $L, \theta_0, \theta_1$ and not on the fineness of the zigzag.

4.3. Venetian blind

Like the basic zigzag, a Venetian blind is a polygonal path of line segments of two fixed directions. These segments are constructed by iterating the basic zigzag construction. We fix a line segment $L$, small parameters $0 < \gamma \leq \beta < \frac{\pi}{4}$ and a sign $\sigma \in \{-1, 1\}$. The Venetian blind construction is as follows.

Let $\theta_L \in \mathbb{P}^1$ denote the direction of $L$. In our first step, we replace $L$ by a basic zigzag with directions $\theta_L - \sigma \beta$, $\theta_L + \sigma \gamma$ (see Figure 1(b)). Let $G_1$ denote the union of the line segments of the basic zigzag in direction $\theta_L + \sigma \gamma$. Iteratively, in our $i$th step for $i \geq 2$, we replace each line segment in $G_{i-1}$ by a basic zigzag of directions $\theta_L - \sigma \beta$, $\theta_L + i \sigma \gamma$, and let $G_i$ denote the union
of the line segments in direction $\theta_L + i \sigma \gamma$ (see Figure 1(c) for the line segments obtained after the second step). We stop this procedure after $k$ steps, where $k$ is defined by

$$k \gamma \in [\pi/2 - 2\beta - \gamma, \pi/2 - 2\beta). \quad (4.1)$$

The zigzag we end up with is what we call our Venetian blind. We denote by $L_1$ the final set $G_j$ obtained by this construction, and we denote by $L_0$ the rest of the Venetian blind. That is, the Venetian blind is the polygonal path $L_0 \cup L_1$ where $L_0$ and $L_1$ are unions of line segments of directions $\theta_L - \sigma \beta$ and $\theta_L + k \sigma \gamma$, respectively. We call $L_0$ the bad part of the Venetian blind and $L_1$ the good part.

We say that the directions $\theta_L - \sigma \beta, \theta_L, \theta_L + \sigma \gamma, \ldots, \theta_L + k \sigma \gamma$ have been used in the construction of this Venetian blind. This terminology will be used in Section 4.8.

**Remark 4.1.** Usually, in the literature, a Venetian blind consists only of the ‘good’ line segments. In our definition of a Venetian blind, it contains both $L_0$ and $L_1$.

**Remark 4.2.** The lengths of $L_0$ and $L_1$ depend only on $\mathcal{H}^1(L)$ and $\beta, \gamma$. They do not depend on the fineness of the zigzags. Furthermore, condition (4.1) ensures that there is a constant $c(\beta) < 1$ such that

$$\mathcal{H}^1(G_j) \leq \mathcal{H}^1(L), \quad \mathcal{H}^1(L_i) \leq c(\beta) \mathcal{H}^1(L) \quad (4.2)$$

for each $j = 1, 2, \ldots, k$ and $i = 0, 1$.

**Remark 4.3.** We consider two natural ways to partition $L_0$ into line segments. The first way is into the maximal disjoint line segments of $L_0$. Note that a line segment in this partition could be made up of segments from multiple basic zigzags in our construction. (For example, the right-most segment in Figure 1(c) has this property.)

The second partition is a refinement of the first. We subdivide each segment from the first partition into the individual segments from the basic zigzags, that is, each segment in the second partition is a segment from some basic zigzag used in the Venetian blind construction.

In Section 4.4, we describe how to iterate the Venetian blind construction on each line segment of $L_0$. We can interpret the word ‘each’ in two different ways, corresponding to the two decompositions above. In this section, it does not matter which way we choose, but in Section 5, we must choose the second one.

### 4.4. Main construction

Our strategy of proving Theorem 1.2 is to iterate the Venetian blind construction. Given a point in $\mathbb{R}^2$, we construct a polygonal path from the origin to this point. We start with the line segment $L_0$ joining the origin to this point, and then, iteratively, for each finite sequence $i$, we apply the Venetian blind construction to each segment in $L_i$ with some parameters $\beta = \beta_i, \gamma = \gamma_i, \sigma = \sigma_i$. We let $L_{0i}$ be the union of all the bad parts of the Venetian blinds and $L_{1i}$ be the union of all the good parts (as defined in Section 4.3). Since we use the same $\beta_i, \gamma_i, \sigma_i$ on each line segment in $L_i$, it follows by induction that every $L_i$ is a union of parallel line segments of direction $\theta_1$.

We also iteratively assign, to each $i$, an interval $I_i \subset \mathbb{P}^1$ by the following simple method. We put $I_0 = \emptyset$. Then, for each finite sequence $i \neq \emptyset$, we define $I_i := I_i' \cup [\theta_i, \theta_i']$. Then clearly, by induction, we can see that for every $i \neq \emptyset$, $I_i$ is an interval and $\theta_i \in I_i$.

### 4.5. Choosing the parameters $\beta_i, \gamma_i$

For each $i$, we fix a small $\varepsilon_i$ that we will specify later. They will depend only on $\varepsilon$ (where $\varepsilon$ is from the statement of Theorem 1.2). We denote the number of occurrences of 1 in the sequence $i$
by $n_i$. Then we can choose our parameters $\beta_i \geq \gamma_i > 0$ in our Venetian blind constructions such that they satisfy

1. $\beta_i \leq \beta_i'$ for every $i$;
2. $\beta_i = \beta_k$, where $k$ is the last (that is, youngest) good sequence among $i$ and its ancestors;
3. $\beta_i \leq 1/n_i$ for every $i$;
4. $\beta_i \mathcal{H}^1(L_i) \leq \varepsilon_i$ if $i$ is good;
5. $\gamma_i \mathcal{H}^1(L_i) \leq \varepsilon_i$ for every $i$.

We can indeed make these choices, since $\mathcal{H}^1(L_i)$ is determined by the values of $\beta$ and $\gamma$ of its ancestors.

We will also use the notation:

6. $\alpha_i = \beta_i'$ if $i$ is bad, and $\alpha_i = \gamma_i$ if $i$ is good.

4.6. Choosing the signs $\sigma_i$

We choose each sign $\sigma_i$ such that it makes $I_{11} = I_1 \cup [\theta_1, \theta_{11}]$ as large as possible. That is, if $\theta_1$ is in the right half of the interval $I_1$ (where we embed $I_1$ into $\mathbb{R}$), then we choose $\sigma_1 = 1$; otherwise, we choose the $\sigma_1 = -1$. (If $i = 0$, or if $\theta_1$ is in the middle of the interval $I_1$, or if $I_1 = \mathbb{R}$, then we can choose the sign arbitrarily.) Our choice of $\sigma_1$ ensures that the length of the interval $I_{11}$ can be estimated by

$$|I_{11}| \geq |I_1|/2 + |\theta_1 - \theta_{11}| \geq |I_1|/2 + \pi/2 - 2\beta_i.$$

The second inequality follows from (4.1). This can be re-written as

$$\pi - |I_{11}| \leq (\pi - |I_1|)/2 + 2\beta_i.$$

Suppose $k$ is the last good sequence among $i$ and its ancestors, and $m$ is the second-to-last one. Then since the intervals $I_1$ are increasing and the parameters $\beta_i$ are decreasing along each family line, we have $\pi - |I_i| \leq \pi - |I_k|$ and hence

$$\pi - |I_i| \leq (\pi - |I_m|)/2 + 2\beta_m.$$

(4.3)

4.7. Stopping time

We need to define when we stop our Venetian blind constructions on various family lines. In order to construct our polygonal path $P$ (for Theorem 1.2), we need to ensure that ultimate extinction occurs. We will, of course, define the polygonal path $P$ as the union of those $L_i$ where the construction stops.

First of all, we stop our Venetian blind construction at $L_i$ if $\mathcal{H}^1(L_i) \leq \varepsilon_k$, where $k$ is the last good sequence among $i$ and its ancestors. By (4.2) and condition (2) in Section 4.5,

$$\mathcal{H}^1(L_i) \geq c(\beta_1)^{-1} \mathcal{H}^1(L_{10}) \geq c(\beta_1)^{-2} \mathcal{H}^1(L_{100}) \geq \cdots$$

(4.4)

This ensures that, for each $i$, the family line $i, i0, i00, \ldots$ dies out after finitely many generations, where the number of generations depends only on $\beta_k$. Therefore $\min\{n_i : |i| = k\} \to \infty$ as $k \to \infty$, and consequently, by condition (3), $\max\{\beta_i : |i| = k\} \to 0$. Using this and (4.3), if $k$ is large enough, then

$$\max\{\pi - |I_i| : |i| = k\} < \varepsilon.$$

(4.5)

We stop our whole construction after $k$ generations, where $k$ is so large that (4.5) holds.

By choosing the parameters $\varepsilon_i$ such that $\sum_i \varepsilon_i$ is small enough, by Lemma 2.2, Remark 2.3 and our assumption $\mathcal{H}^1(E) = 1$, we can ignore those $L_i$ for which $\mathcal{H}^1(L_i) \leq \varepsilon_k$, where $k$ is the last good sequence among $i$ and its ancestors. (This is because each $i$ at which we stop
our construction has a different ‘last good sequence among \( i \) and its ancestors.’ For the line segments that belong to the remaining part of the polygonal path, we have \(|I_i| > \pi - \varepsilon\) by (4.5).

Using the previous paragraph, we choose our balls \( B(\theta_i, \varepsilon) \) for Theorem 1.2 as follows. If we ignore \( L_i \) (as described in the previous paragraph), then for each line segment \( L_i \) in \( L_i \), we let \( \theta_i \) to be any point we like. If we do not ignore \( L_i \), then for each \( L_i \) in \( L_i \), we choose \( \theta_i \) so that

\[
|I_i| > \pi - \varepsilon
\]

by (4.5).

Using the previous paragraph, we choose our balls \( B(\theta_i, \varepsilon) \) for Theorem 1.2 as follows. If we ignore \( L_i \) (as described in the previous paragraph), then for each line segment \( L_i \) in \( L_i \), we let \( \theta_i \) to be any point we like. If we do not ignore \( L_i \), then for each \( L_i \) in \( L_i \), we choose \( \theta_i \) so that

\[
|I_i| > \pi - \varepsilon
\]

by (4.5).

In order to finish the proof of Theorem 1.2, it suffices to show that

\[
A := \bigcup_{L_i \subset P} (L_i + \{ x \in E : \theta_x \in I_i \})
\]

has small measure.

**Remark 4.4.** So far, our definition of the polygonal path \( P \) did not depend on the set \( E \). In what follows, we will show that if the zigzags we use are sufficiently fine (depending on the set \( E \)) then indeed the set \( A \) in (4.7) has small measure. Note that the fineness of the zigzags is the only remaining parameter we need to specify. The parameters \( \beta_i, \gamma_i, \sigma_i \), the lengths \( H(L_i) \), the stopping time, and the intervals \( I_i \) are all independent of the fineness of the zigzags and of \( E \).

**4.8. Fineness of the zigzags, and the small neighborhood lemma**

We have already chosen all the directions we use in all the basic zigzags to construct \( P \). These directions divide \( \mathbb{P}^1 \) into finitely many intervals, which we call *elementary intervals*. By an elementary interval we mean a closed interval \( I \subset \mathbb{P}^1 \) such that its endpoints are directions used in our construction, and such that \( I \) does not contain any other such direction. (See Section 4.3 for what it means for a direction to be ‘used in our construction’.)

Since we already know the length \( H(L_i) \), we also know how large subset of \( E \) we may ignore by Lemma 2.2 and Remark 2.3. Therefore, by throwing away a sufficiently small subset of \( E \) if necessary, we can assume that \( E \) is compact and also that \( x \mapsto \theta_x \) is a continuous function on \( E \).

For an elementary interval \( I \), we denote

\[
E_I = \{ x \in E : \theta_x \in I \}.
\]

Because of our assumptions above, \( E_I \) is also compact.

Here is our strategy for choosing the fineness of the zigzags. Suppose that for some \( E_I \) and for some line segment \( L \) in our construction, we have obtained the estimate \(|L + E_I| < \eta\) for some \( \eta \). Then, we require all zigzags descending from \( L \) to be fine enough so that they stay in a sufficiently small neighborhood of \( L \). This ensures that by the small neighborhood lemma, translating \( E_I \) along the descendants of \( L \) still covers area \(< \eta\).

In the next section, we obtain finitely many estimates of the form \(|L + E_I| < \eta\). We make the zigzags sufficiently fine at each step so that these estimates are preserved by the descendants of \( L \), as explained above.

**4.9. Area estimate**

We fix an elementary interval \( I \) and the corresponding set \( E_I \), and revisit the Venetian blind construction. Our aim is to estimate the measure of the set

\[
A_I := \bigcup_{L_i \subset P \text{ s.t. } I \subset L_i} (L_i + E_I).
\]
Our final goal is to show $|\bigcup_{I} A_{I}| < \varepsilon$. In the next two paragraphs, we will use the same notations as in Section 4.3.

First assume that the elementary interval $I$ is contained in the interval $[\theta_{L} + (j-1)\sigma\gamma, \theta_{L} + j\sigma\gamma]$ for some $j = 1, 2, \ldots, k$. Since the line segments of $G_{j}$ are of direction $\theta_{L} + j\sigma\gamma$, it follows from Lemma 3.3 (and the estimate (4.2)) that translating $E_{I}$ along the line segments of $G_{j}$ covers area $\lesssim \gamma H^{1}(E_{I})\mathcal{H}^{1}(G_{j}) \leq \gamma H^{1}(E_{I})\mathcal{H}^{1}(L)$. By our remarks in the previous section about choosing the fineness of the zigzags, the same estimate $\gamma H^{1}(E_{I})\mathcal{H}^{1}(L)$ remains true if we translate $E_{I}$ along the line segments of $G_{k}$.

We can argue similarly when the elementary interval is contained in $[\theta_{L}, \theta_{L} - \sigma\beta]$. Therefore, we proved the following lemma.

**Lemma 4.5.** Suppose that an elementary interval $I$ is contained in $[\theta_{i}, \theta_{i'}]$. Then $|L_{i} + E_{I}| \lesssim \alpha_{1} H^{1}(E_{I})\mathcal{H}^{1}(L_{i'})$.

Now consider an $L_{k} \subset P$ with $I \subset I_{k}$. Since the intervals $I_{k}, I_{k'}, I_{k''}, \ldots$ are decreasing, there is a $k$ among $i$ and its ancestors such that $I \subset I_{k} \setminus I_{k'} \subset [\theta_{k}, \theta_{k'}]$. By Lemma 4.5,

$$|L_{k} + E_{I}| \lesssim \alpha_{k} H^{1}(E_{I})\mathcal{H}^{1}(L_{k'}). \quad (4.9)$$

The estimates (4.9) are precisely those that we would like to maintain when we replace the set $L_{k}$ by all of its final descendants in $P$, as described in the previous section. Thus, we make the zigzags sufficiently fine so that these estimates are preserved.

Therefore, instead of taking the sum of the estimates (4.9) for all finite sequences $k$, it is sufficient to take the sum for some $k$, each of which belongs to a different family line. Let $k_{1}, k_{2}, \ldots$ be arbitrary sequences from different family lines.

We distinguish two cases: if $k_{m}$ is good, then by (5) and (6) in Section 4.5,

$$\alpha_{k_{m}} H^{1}(E_{I})\mathcal{H}^{1}(L_{k_{m}'}) \leq \varepsilon_{k_{m}} H^{1}(E_{I}). \quad (4.10)$$

With the bad $k_{m}$, the same trivial bound does not work. Nonetheless, because of the ‘different family lines condition’, each bad $k_{m}$ has a different ‘last good among $k_{m}$ and its ancestors’. Therefore by (2), (4) and (6) in Section 4.5 and (4.2), we have

$$\sum_{k_{m} \text{ bad}} \alpha_{k_{m}} H^{1}(E_{I})\mathcal{H}^{1}(L_{k_{m}'}) \leq \sum_{k} \varepsilon_{k} H^{1}(E_{I}), \quad (4.11)$$

where the summation on the right is taken over all $k$. Adding together the estimates (4.10) for all good $k_{m}$ and (4.11), we have

$$|A_{I}| \leq 2 \sum_{k} \varepsilon_{k} H^{1}(E_{I}). \quad (4.12)$$

Since each $x \in E$ belongs to at most two of the sets $E_{I}$, by summing over $I$ and choosing $\sum_{k} \varepsilon_{k}$ small enough, the proof of Theorem 1.2 is finished.

5. *Kakeya needle problem for rotations*

Our aim in this section is to prove the following theorem, which can be thought of as a direct analogue of Theorem 1.2. Recall when we create a polygonal path $P \subset \text{Isom}^{+}(\mathbb{R}^{2})$ from a sequence of rotations $\{\rho_{i}\}$, we always interpret the rotations in the intrinsic coordinate system. We will occasionally use the phrase *intrinsic rotation* to remind ourselves of this convention.

**Theorem 5.1.** Let $E \subset \mathbb{R}^{2}$ be a bounded rectifiable set of finite $\mathcal{H}^{1}$-measure. Let $\varepsilon > 0$, and let $\rho \in \text{Isom}^{+}(\mathbb{R}^{2})$ be arbitrary. Let $\ell \subset \mathbb{P}^{2}$ be a line through the projective center $z$ of $\rho$. 

Then there are intrinsic rotations \( \rho_i = \rho(x_i) \) with projective centers \( z_i \in B(\ell, \varepsilon) \subseteq \mathbb{P}^2 \) such that the corresponding polygonal path \( P = \bigcup_i L_i \subseteq \operatorname{Isom}^+ (\mathbb{R}^2) \) connects the identity and \( \rho \), and for each \( i \), there exists a \( u_i \in \ell \) such that

\[
\bigcup_i \bigcup_{p \in L_i} p(\{ x \in E : v_x \cap \ell \cap B(u_i, \varepsilon) = \emptyset \}) < \varepsilon. \tag{5.1}
\]

5.1. Basic zigzags, deconstructed

The heart of the matter in our proof of Theorem 1.2 was that we repeatedly replaced line segments by basic zigzags. Each line segment \( L \) was represented by two line segments of given directions. We can represent these two steps by the two equations

\[
v = (v/N) + \cdots + (v/N)
\]

\[
= \frac{(v_0/N) + (v_1/N) + \cdots + (v_0/N) + (v_1/N)},
\]

where \( v_0 \) and \( v_1 \) are vectors in the two given directions and such that \( v = v_0 + v_1 \).

The first step for rotations is easy to understand: we replace a rotation \( \rho = \rho(x) \) by \( N \) copies of \( \rho(x/N) \), which are rotations around the same projective center as \( \rho \) but with angle reduced by a factor of \( N \). In the intrinsic coordinate system, if we apply \( \rho(x/N) \) repeatedly \( N \) times, then indeed we obtain \( \rho(x) \).

The second step for rotations would be to replace each \( \rho(x/N) \) by \( \rho(x_0/N) \) and \( \rho(x_1/N) \), for some \( x_0 \) and \( x_1 \). We need to determine the necessary condition on \( x, x_0, x_1 \), that is, the analogue of \( v = v_0 + v_1 \). It is not as simple as \( x = x_0 + x_1 \); the composition of \( \rho(x_0) \) followed by \( \rho(x_1) \) is not necessarily \( \rho(x_0 + x_1) \). Therefore, first we need to understand which rotations a given \( \rho \) can be replaced by. We do this in the next section.

5.2. The structure of intrinsic compositions

Using the notation \( \rho = \rho(w, \phi) \) and \( v \) from Section 3.2, we can see that \( \rho_3 \) can be replaced by \( \rho_1, \rho_2 \) if

\[
\phi_1 + \phi_2 = \phi_3 \tag{5.2}
\]

and

\[
v_1 + e^{i\phi_1}v_2 = v_3. \tag{5.3}
\]

Indeed, (5.2) says that by applying \( \rho_1 \) and \( \rho_2 \), we rotate \( \mathbb{R}^2 \) by angle \( \phi_1 + \phi_2 \). And (5.3) says that the image of 0 after applying \( \rho_1 \) and \( \rho_2 \) will be \( v_1 + e^{i\phi_1}v_2 \). To see this, the first rotation, \( \rho_1 \), displaces 0 by \( v_1 \). Then, \( \rho_2 \) displaces it further. This displacement is \( v_2 \) in the intrinsic coordinate system and \( e^{i\phi_1}v_2 \) in the extrinsic coordinate system, where the extra factor of \( e^{i\phi_1} \) is due to the offset in directions between the intrinsic and extrinsic coordinate systems introduced by \( \rho_1 \). If two rotations have the same angle and they map 0 to the same point, then they are the same rotation.

For \( x_j \in \mathbb{R}^3 \setminus \{0\} \), we will use the notation \( x_3 = x_1 \star x_2 \) if (5.2) and (5.3) hold for \( \rho_j = \rho(x_j) \).

**Remark 5.2.** Note that (5.2) and (5.3) hold if and only if \( \rho_3 = \rho_1 \circ \rho_2 \). In general, the composition of two intrinsic rotations \( \rho_1 \) and \( \rho_2 \) (in that order) is \( \rho_1 \circ \rho_2 \), not \( \rho_2 \circ \rho_1 \).
Remark 5.3. We do not need the following fact in this paper, but the conditions (5.2) and (5.3) imply that \(*\) is a group operation on \(\mathbb{R}^3\). The group \((\mathbb{R}^3, *)\) has the structure of the semidirect product \(\mathbb{R}^2 \ltimes \mathbb{R}\), where \(\phi \in \mathbb{R}\) acts on \(v \in \mathbb{R}^2\) by \(v \mapsto e^{i\phi}v\).

The extra difficulty in our proof for rotations is essentially due to the failure of \(*\) to agree with +. Nonetheless, we can modify the proof for translations to obtain a proof for rotations because for small \(x_1, x_2, *\) is ‘close enough’ to +, as we show in the next section.

Our main estimate is the following.

Lemma 5.4. Let \(x_j = (w_j, \phi_j) \in \mathbb{R}^3 \setminus \{0\}\) with \(x_3 = x_1 \ast x_2\) and \(|\phi_j| \lesssim 1\) for each \(j\). Then

\[
|w_1 + w_2 - w_3| \lesssim |w_2\phi_1| + |w_1\phi_1| + |w_2\phi_2| + |w_3\phi_3|.
\] (5.4)

Proof. Observe that \(|v_j| \leq |w_j|\) and \(|v_j + iw_j| \lesssim |z_j\phi_j^2| = |w_j\phi_j|\). (For the second inequality, we used \(|\phi_j| \lesssim 1\).) By (5.3), \(|v_1 + v_2 - v_3| = |v_2(1 - e^{i\phi_1})| \lesssim |w_2\phi_1|\). Thus indeed,

\[
|w_1 + w_2 - w_3| \leq |v_1 + v_2 - v_3| + |v_1 + iw_1| + |v_2 + iw_2| + |v_3 + iw_3|
\]

\[
\lesssim |w_2\phi_1| + |w_1\phi_1| + |w_2\phi_2| + |w_3\phi_3|.
\]

\[\square\]

5.3. Basic zigzag construction for rotations

Now we are ready to define our basic zigzag construction in general. This construction, for given \(x, x_0, x_1 \in \mathbb{R}^3 \setminus \{0\}\) with \(x = x_0 + x_1\) and a given \(N\), replaces the rotation \(\rho(x)\) by the sequence of intrinsic rotations \(\rho(y_0), \rho(y_1), \ldots, \rho(y_{j-1}), \rho(y_1)\). We define \(y_0 = x_0/N\), and then \(y_1 = \tilde{x}_1/N\) is defined by \(y_0 \ast y_1 = x/N\).

The key properties of the construction are the following.

Lemma 5.5. For any given \(\varepsilon > 0\), if \(N\) is sufficiently large, then:

(1) \(|y_j| < \varepsilon\) for \(j = 0, 1\);
(2) \(|\tilde{x}_1 - x_1| < \varepsilon\).

Proof. Since \(y_0 = x_0/N\), property (1) for \(j = 0\) is obvious. For \(j = 1\), this property follows from \(y_1 = \tilde{x}_1/N\) and from (2).

Let \(x = (w, \phi), x_j = (w_j, \phi_j), \) and \(\tilde{x}_1 = (\tilde{w}_1, \tilde{\phi}_1)\). To prove (2), it suffices to show that \(\tilde{w}_1 \to w_1\) as \(N \to \infty\), since \(\tilde{\phi}_1 = \phi_1\). If \(N\) is large enough, then \(\tilde{\phi}_1, \phi_1 \lesssim 1\), so we can apply Lemma 5.4 for \(x/N = (x_0/N) \ast (\tilde{x}_1/N)\) to obtain:

\[
|\tilde{w}_1/N + w_0/N - w/N| \lesssim \frac{1}{N^2}(|w_0\phi_1| + |\tilde{w}_1\phi_1| + |w_0\phi_0| + |w\phi|).
\]

Therefore

\[
|\tilde{w}_1 - w_1| = |\tilde{w}_1 + w_0 - w| \lesssim \frac{1}{N}(|w_0\phi_1| + |\tilde{w}_1\phi_1| + |w_0\phi_0| + |w\phi|)
\]

\[
\leq \frac{1}{N}(c_1 + c_2|\tilde{w}_1|)
\]

for some \(c_1, c_2\) independent of \(N\) (since \(w, w_0, w_1, \phi, \phi_0, \phi_1\) do not depend on \(N\)). Therefore \(\tilde{w}_1 \to w_1\) as \(N \to \infty\). \(\square\)

Property (1) allows the polygonal path for \(y_0 \ast y_1 \ast \cdots \ast y_0 \ast y_1\) to stay within an arbitrarily small neighborhood of the line segment defined by \(x\). This is because by decomposing \(x\) into
(x/N) \ast \cdots \ast (x/N),$ we divide the line segment into $N$ equal segments. When we replace each segment by $y_0 \ast y_1,$ we stay in a small neighborhood of it.

5.4. Iterating the basic zigzag

In our proof of Theorem 1.2, we started from a line segment $L$ and then, iteratively, we replaced each line segment by a Venetian blind; the indices $i$ indexed the Venetian blinds. However, in this section, we need to focus also on basic zigzags, hence we introduce a new set of indices $j$ (finite binary sequences) to index the basic zigzags. For $j = j_1 \cdots j_k,$ we denote $j' = j_1 \cdots j_{k-1}.$

Our construction from Section 4 is an iteration of basic zigzag constructions. That is, we begin with a line segment and replace it a basic zigzag. Then we iterate this by replacing each line segment of our basic zigzag with a basic zigzag. (For this to be an accurate description of our construction from Section 4, we must use the ‘second partition’ from Remark 4.3.)

Given such an iteration of basic zigzags, we can describe it as follows. We start with a line segment and replace it a basic zigzag. Then we iterate this by replacing each line segment by a Venetian blind; the indices $v_j$ denote a string of $N$ copies of $v_0 \ast v_1.$ Note that each $v_j$ is a union of $N$ congruent and parallel line segments corresponding to the $v_j$ copies of $v_0/M_j.$ We let $\theta_j$ be the direction of these segments.

Remark 5.6. The vectors $v_j$ do not depend on the fineness of the zigzags. Note also that $|v_j| = H^1(L_j).$

Remark 5.7. As noted earlier, the indices $j$ index the basic zigzag constructions from Section 4.2, whereas the indices $i$ index the Venetian blind constructions from Section 4.3. Note that each $L_i$ is a union of $L_j$ over some set of indices $j.$

Fix some $i$ and $j$ with $L_j \subset L_i.$ When we apply the Venetian blind construction to $L_i,$ we obtain $L_{i0}$ and $L_{i1}.$ As part of this procedure, we iterate the basic zigzag construction $k$ times on $L_j,$ where in the $i$th step $(1 \leq i \leq k),$ we replace $L_{j_1 \cdots i 1}$ with the basic zigzags $L_{j_1 \cdots i 0} \cup L_{j_1 \cdots i 1}.$ (Here, $1^i$ denotes a string of $i$ 1s.) In the end, we obtain

$$\bigcup_{i=0}^{k-1} L_{j_1 0} \cup L_{j_1 1}, \quad \text{with} \quad \bigcup_{i=0}^{k-1} L_{j_1 0} \subset L_{i0} \quad \text{and} \quad L_{j_1 1} \subset L_{i1}.$$  

For each $i = 0, \ldots, k - 1$ we say that the index $j_1 0$ is between $i$ and $i 0$ and that the index $j_1 1$ is between $i$ and $i 1.$ (Note that by this definition, if $i \neq \emptyset,$ then $j$ is between $i'$ and $i.$)

In the paragraphs above, we showed how to construct $\{v_j\}$ given an iteration of basic zigzags. Conversely, we could start with a collection $\{v_j\}$ satisfying $v_j = v_{j0} \ast v_{j1}$ and turn this into instructions for iterating the basic zigzags. (We would also need to specify the fineness $N_j$ at each step.)
The analogue of the above scheme for rotations is the following. Suppose that we are given some points \( x_j \in \mathbb{R}^3 \setminus \{0\} \), where the \( j \) are finite binary sequences, such that \( x_j = x_{j0} + x_{j1} \) for each \( j \). We also fix a small \( r > 0 \).

In our first step of the construction, we choose a sufficiently large \( N \) and choose \( y_0, y_1 \) as in the previous section. That is, we replace \( x \) by \( N \) copies of \( (x_0/N) \star (x_1/N) \):
\[
x = (x_0/N) \star (x_1/N) \star \cdots \star (x_0/N) \star (x_1/N).
\]

We choose \( N \) so large that \( |x_1 - x_1| < r \). (We can do this by Lemma 5.5(2).) We also put \( \tilde{x} = x, \tilde{x}_0 = x_0, \) and \( M_0 = M_1 = N \).

Now suppose that we have already chosen \( \tilde{x}_j \) and an \( M_j \) for some sequence \( j \), and \( |\tilde{x}_j - x_j| < r \). Then we apply a basic zigzag construction with \( x \) replaced by \( \tilde{x}_j/M_j \), \( x_0 \) replaced by \( x_{j0}/M_j \) and \( x_1 \) replaced by \( (x_{j1} + \tilde{x}_j - x_j)/M_j \), and with fineness \( N_j \). That is, we replace \( \tilde{x}_j/M_j = (x_{j0}/M_j N_j) \star (\tilde{x}_{j1}/M_j N_j) \), giving us
\[
\frac{\tilde{x}_j}{M_j} = \left( \frac{x_{j0}}{M_j N_j} \right) \star \left( \frac{\tilde{x}_{j1}}{M_j N_j} \right) \star \cdots \star \left( \frac{x_{j0}}{M_j N_j} \right) \star \left( \frac{\tilde{x}_{j1}}{M_j N_j} \right).
\]

If \( N_j \) is very large, then \( \tilde{x}_{j1}/M_j \) will be very close to \( (x_{j1} + \tilde{x}_j - x_j)/M_j \), which means that \( \tilde{x}_j \) will be very close to \( x_{j1} + \tilde{x}_j - x_j \). Therefore, by choosing \( N_j \) large enough, \( |\tilde{x}_{j1} - x_{j1}| < r \) holds. We put \( \tilde{x}_0 = x_{j0} \) and \( M_{j0} = M_{j1} = M_j N_j \).

Using this procedure, we obtain an \( \tilde{x}_j \) and an \( M_j \) for each \( j \), such that \( |\tilde{x}_j - x_j| < r \), and for \( y_j := \tilde{x}_j/M_j \):
\[
y_j = y_{j0} \star y_{j1} \star \cdots \star y_{j0} \star y_{j1}
\]
(where we have \( N_j \) copies of \( y_{j0} \star y_{j1} \)).

In this way, we have shown how to take a collection \( \{x_j\} \) with \( x_j = x_{j0} + x_{j1} \), together with fineness \( N_j \), and turn this data into a sequence of rotations, the composition of which is the original rotation \( \rho(x) \).

**Remark 5.8.** For translations, the sequence \( \{v_j\} \) tells us every direction we will translate in, even before the fineness \( N_j \) are chosen. However, for rotations, the sequence \( \{x_j\} \) alone does not tell us the projective centers of the rotations we will use. The centers are given by \( \{\tilde{x}_j\} \), which depend on \( N_j \). The \( N_j \) in turn depend on \( \{x_j\} \) and \( r \) (in the way explained above) as well as on the area estimates in the following sections.

### 5.5. Turning the translations into rotations

In the previous section, we showed how to turn a collection \( \{x_j\} \) into a sequence of rotations, but we did not say which sequence \( \{x_j\} \) to start with. We specify that now. The construction of \( \{x_j\} \) is actually very simple: we use a rotation in \( \mathbb{R}^3 \) to ‘transform’ a sequence of vectors \( \{v_j\} \) in \( \mathbb{R}^2 \) into our desired sequence \( \{x_j\} \).

Let \( \rho(x) \) and \( \varepsilon \) be as in the statement of Theorem 5.1. Then we can apply the results of Section 3.4 to \( E \); let \( c \) be the constant in Lemma 3.4 and Lemma 3.5. Without loss of generality we can assume that \( \varepsilon \) is small enough, so that the conclusion of Lemma 3.5 holds for every \( \delta < \varepsilon \).

Let \( v \in \mathbb{R}^2 \) be an arbitrary vector with \( |v| = |x| \). We can follow the steps in Section 4 to construct the vectors \( v_j \) with \( v_0 = v \) as well as the stopping time.

Our aim is to ‘turn’ the sequence \( \{v_j\} \) into a sequence of rotations. Let \( Q : \mathbb{R}^3 \to \mathbb{R}^3 \) be a linear rotation that maps \( (v, 0) \) to \( x \), and that maps the plane \( \phi = 0 \) (that is, those \( x = (w, \phi) \in \mathbb{R}^3 \) for which \( \rho(x) \) is a translation) onto the plane of \( \ell \) (that is, those \( x = (w, \phi) \in \mathbb{R}^3 \) for which the projective center of \( \rho(x) \) lies in \( \ell \)). We define \( x_j := Q(v_j, 0) \) for each \( j \). Since \( Q \) is linear, we do indeed have \( x_j = x_{j0} + x_{j1} \).
We denote by $z_j$ the projective image of $x_j$ onto $\mathbb{P}^2$. Then $z_j \in \ell$. A trivial but very important property we have is this: since $Q$ is an isometry, the distance between any two $z_j$ is the same as the angle between the corresponding vectors $v_j$. If $j$ is between $i$ and $i'$ (see Remark 5.7), we denote $\alpha_j := \alpha_i$ and let

$$B_j = B(z_j, 2\alpha_j) \subset \mathbb{P}^2. \quad (5.5)$$

**Remark 5.9.** Suppose $j$ is between $i$ and $i'$. If $i$ is good, then the ball $B_j$ contains $[z_j, z_{i'}] \subset \ell$, which is the image of $[\theta_j, \theta_{j'}] \subset \mathbb{P}^1$ under the rotation $Q$. If $i$ is bad, then $B_j$ contains $[z_j, z_{i'}] = [z_i, z_{i'}] \subset \ell$.

So far, none of the objects we defined depend on the fineness of the zigzags; they depend only on $E$, $\ell$, $\rho(x)$ and $\varepsilon$.

Now we use the basic zigzag iteration process in Section 5.4 to obtain $\{\tilde{x}_j\}$ with $N_j$ large enough (that we will specify in the next section). We denote the projective center of the rotations by $\tilde{z}_j$. That is, $\tilde{z}_j$ is the image of $y_j$ (which is the same as the image of $\tilde{x}_j$) under the projection $\mathbb{R}^3 \setminus \{0\} \to \mathbb{P}^2$. We will also denote $x_j = (w_j, \phi_j)$ and $\tilde{x}_j = (\tilde{w}_j, \phi_j)$. (Caution: we do not use the notation $v_j$ as in (3.1). Instead, the $v_j$ satisfy $x_j = Q(v_j, 0)$.)

Recall from Section 5.4 that $\tilde{x}_j \in B(x_j, r) \subset \mathbb{R}^3$, where we can choose $r$ as small as we wish. We choose $r$ small enough so that $r \leq \frac{1}{2} \min_j |x_j|$ and so that for each $j$, the image of $B(x_j, r)$ under the projection $\mathbb{R}^3 \setminus \{0\} \to \mathbb{P}^2$ is contained in $B_j \cap B(\ell, \varepsilon)$. It follows that $|\tilde{x}_j| \lesssim |x_j|$ and $\tilde{z}_j \in B(z_j, 2\alpha_j) \cap B(\ell, \varepsilon)$ for each $j$.

In the end, we have two polygonal paths. One is $P = \bigcup_j L_j \subset \mathbb{R}^2$, corresponding to $\{v_j\}$; the other is $\tilde{P} = \bigcup_j \tilde{L}_j \subset \text{Isom}^+(\mathbb{R}^2)$, corresponding to $\{x_j\}$. In both cases, we use the same fineness $N_j$ (still to be specified). (We also have the same stopping time since that is encoded in the sequences $\{v_j\}$, $\{x_j\}$.)

Thus, $Q$ ‘transforms’ a polygonal path $P = \bigcup_j L_j \subset \mathbb{R}^2$ into a polygonal path $\tilde{P} = \bigcup_j \tilde{L}_j \subset \text{Isom}^+(\mathbb{R}^2)$ by ‘transforming’ $L_j$ into $\tilde{L}_j$. Our next aim is to turn the estimates for $P$ we obtained in Section 4 into estimates for $\tilde{P}$.

### 5.6. Ignoring small parts of $E$ and of $\tilde{P}$

Recall the definition of the intervals $I_i$, the elementary intervals $I$, and the sets $E_I$ from Section 4. Because of the rotation $Q$, the relevant objects are now $J_i := QI_i$, $J := QI \subset \ell$, and $E_J := \{x \in E : \nu_x \cap J \neq \emptyset\}$.

We made the sets $E_I$ compact by ‘ignoring’ a sufficiently small subset of $E$. Since we knew the length of the final polygon $P$ (this depended on the stopping time, but not on the fineness of the zigzags) we also knew from Lemma 2.2 that during our movement, small enough subsets of $E$ will automatically cover small area. By the same reason, we could also ‘ignore’ those $L_i$ for which $H^1(L_i) \leq \varepsilon_k$, where $k$ is the last good sequence among $i$ and its ancestors.

We now obtain the analogue estimates for rotations, by applying Lemma 3.4 in place of Lemma 2.2. Indeed, since $|\tilde{x}_j| \lesssim |x_j| = |v_j| = H^1(L_i)$ for each $j$, therefore every subset $R \subset E$ will cover, during the movement by $\tilde{P}$, an area $\lesssim cH^1(R) \sum_j |\tilde{x}_j| \lesssim cH^1(R) \sum_j H^1(L_j) = cH^1(R)H^1(P)$, where the sums are over all $j$ with $L_j \subset P$ (or, equivalently, $\tilde{L}_j \subset \tilde{P}$). That is, we obtain a $c$ times larger estimate than in Lemma 2.2. Similarly, when we move any $R$ by $\tilde{L}_i$, we cover an area at most $cH^1(R)|\tilde{x}_j| \lesssim cH^1(R)H^1(L_i)$ instead of $H^1(R)H^1(L_i)$.

Since $Q$ is a rotation, $|J_i| = |I_i|$. Similarly as in Section 4, for each line segment $\tilde{L}_i$, appearing in the final polygon $\tilde{P}$, we choose $B(u_i, \varepsilon)$ of Theorem 5.1 so that $\ell \setminus B(u_i, \varepsilon) \subset J_i$ whenever $|J_i| = |I_i| \geq \pi - \varepsilon$. If $|J_i| < \pi - \varepsilon$, we can choose $B(u_i, \varepsilon)$ arbitrarily.
5.7. Area estimates

For each $J$, let $A_J$ denote the set covered by moving $E_J$ along those $\tilde{L}_i \subset \tilde{P}$ for which $J \subset J_i$ (cf. (4.8)). Our final goal is to show $\sum_j |A_J| < \tilde{c}\varepsilon$, for some $\tilde{c}$ independent of $\varepsilon$. This would imply that (5.1) holds with $\varepsilon$ replaced by $\tilde{c}\varepsilon$ in its right hand side.

First we prove the following analogue of Lemma 4.5.

**Lemma 5.10.** By making the basic zigzags sufficiently fine, we can achieve the following: if $J$ is an elementary interval contained in $[z_1, z_V]$, then the area covered by moving $E_J$ along $\tilde{L}_i$ is $\lesssim c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_V)$.

**Proof.** Suppose $J$ is an elementary interval contained in $[z_1, z_V]$. If $i$ is good, then there is a $j$ between $i$ and $i'$ such that $J \subset [z_j, z_{j'}]$. If $i$ is bad, then for all $j$ between $i$ and $i'$, $J \subset [z_j, z_{j'}]$.

Suppose that $J \subset [z_j, z_{j'}]$. Applying Lemma 3.5 with $\rho = \rho(y_j)$ and $R = E_J$ (noting Remark 5.9), we see that if we move $E_J$ by the rotation $\rho(y_j)$, the area covered is $\lesssim c_\alpha j \mathcal{H}^1(E_j) |\tilde{x}_j|/M_j$. Hence the total area covered by moving $E_J$ by all $M_j$ copies of $\rho(y_j)$ is $\lesssim c_\alpha \mathcal{H}^1(E_J) |\tilde{x}_j| \lesssim c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_j)$. We make the zigzags so fine in our constructions that the same estimate

$$\lesssim c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_j) \quad (5.6)$$

remains true when we rotate the set $E_J$ by the descendants of the $M_j$ copies of $y_j$.

Now, we break into two cases. If $i$ is good, then $L_i$ descends from $L_j$, so the statement of the lemma follows from $\mathcal{H}^1(L_j) \leq \mathcal{H}^1(L_V)$.

If $i$ is bad, we use the fact that $L_i = \bigcup_j L_j$ and $\tilde{L}_i = \bigcup_j \tilde{L}_j$, where the unions are over all $j$ between $i$ and $i'$. Then summing over the estimate (5.6) for each such $j$, we have that moving along $\tilde{L}_i$, the area is

$$\lesssim c_\alpha \mathcal{H}^1(E_J) \sum_j \mathcal{H}^1(L_j) = c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_i) \leq c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_V)$$

which completes the proof. \qed

Having established this estimate, the proof continues in the same way as in Section 4, to obtain $|A_J| \lesssim 2\varepsilon \sum_j \varepsilon_j \mathcal{H}^1(E_J)$, the analogue of (4.12). We explain some details below.

Consider an $L_i \subset \tilde{P}$ with $J \subset J_i$. Since the intervals $J_1, J_2, J_3, \ldots$ are decreasing, there is a $k$ among $i$ and its ancestors such that $J \subset J_k \setminus J_k' \subset [z_k, z_k']$. By Lemma 5.10, the total area covered when we move $E_J$ along $L_k$ is

$$\lesssim c_\alpha \mathcal{H}^1(E_J) \mathcal{H}^1(L_k) \quad (5.7)$$

By making the zigzags sufficiently fine, the same estimate remains true when we move $E_J$ along all the descendants of $L_k$ in $\tilde{P}$.

Therefore, similarly as in Section 4, the area of $A_J$ can be estimated by summing the estimate (5.7) for those ancestors that are on different family lines. Let $k_1, k_2, \ldots$ be arbitrary sequences from different family lines.

We distinguish two cases: if $k_m$ is good, then

$$\alpha_{k_m} \mathcal{H}^1(E_J) \mathcal{H}^1(L_{k_m'}) \leq \varepsilon_{k_m'} \mathcal{H}^1(E_J) \quad (5.8)$$

With the bad $k_m$, because of the different family lines condition, each bad $k_m$ has a different ‘last good among $k_m$ and its ancestors’ so

$$\sum_{k_m \text{ is bad}} \alpha_{k_m} \mathcal{H}^1(E_J) \mathcal{H}^1(L_{k_m'}) \leq \sum_k \varepsilon_k \mathcal{H}^1(E_J) \quad (5.9)$$
where the summation on the right is taken over all \( k \). Adding together the estimates (5.8) for all good \( k \), and (5.9), we proved that

\[
|A_j| \lesssim 2c \sum_k \varepsilon_k \mathcal{H}^1(E_j).
\]  

Let \( c' \) be the implied constant in (5.10). Since each \( x \in E \) belongs to at most two of the sets \( E_J \), we proved that \( \sum_J |A_J| \) is at most \( cc' \varepsilon \) times larger than the bound of \( \varepsilon \) for \( \sum_I |A_I| \) that we obtained in Section 4. In other words, we showed \( \sum_J |A_J| < cc' \varepsilon \). The constant \( cc' \) depends only \( J \) and \( E \) (and not on \( \varepsilon \)). This completes the proof.

5.8. Further remarks

Remark 5.11. In both Sections 4 and 5, we constructed a polygonal path that replaced a continuous movement with a fixed intrinsic projective center by a sequence of intrinsic rotations. By choosing all the zigzags sufficiently fine in our constructions, we can stay in an arbitrarily small neighborhood of the initial movement in \( \text{Isom}^+(\mathbb{R}^2) \).

Remark 5.12. It is possible to choose the \( u_i \) in Theorem 5.1 so that \( z \), the initial center of rotation, is not in any of the closed balls \( \text{cl} B(u_i, \varepsilon) \).

By applying Lemma 3.5 to the initial rotation \( \rho \) and a sufficiently small ball \( B(z, \eta) \), we see that rotating the set \( R = \{ x \in E : \nu_x \cap \ell \cap B(z, \eta) \} \) by \( \rho \) covers small area. By making the zigzags sufficiently fine and using the small neighborhood lemma, the set \( R \) still covers small area when moved by the final polygonal path. Thus, (5.1) holds with \( B(u_i, \varepsilon) \) replaced by \( B(u_i, \varepsilon) \setminus B(z, \eta) \), so we can reselect the \( u_i \) so that \( z \notin \text{cl} B(u_i, \varepsilon) \).

This property will be used in the proof of Theorem 6.6.

6. Besicovitch and Nikodym sets

We conclude this paper by showing that when we iterate the polygonal constructions in Section 4 and Section 5 and ‘take the limit’, we obtain the analogues of Besicovitch and Nikodym sets for rectifiable sets.

6.1. Construction of a Besicovitch set for translations

We start with the following, somewhat technical conditions. Afterwards, we will discuss some interesting special cases.

Suppose that we are given some rectifiable sets \( E_1 \subset E_2 \subset \cdots \), and a tangent field \( x \mapsto \theta_x \) of \( \bigcup E_n \), satisfying the following:

1. each \( E_n \) is compact, and has finite \( \mathcal{H}^1 \)-measure;
2. each \( E_n \) has a subset \( E'_n \) of full \( \mathcal{H}^1 \)-measure, such that the restriction of the tangent \( \theta \) to \( E'_n \) is continuous, and for each \( y \in E_n \),

\[
\theta_y \in \bigcap_{r > 0} \text{cl}(\theta(B(y, r) \cap E'_n)).
\]  

We will prove the following proposition:

Proposition 6.1. Suppose that the sets \( E_n \) satisfy the assumptions above. Let \( P_0 \) be an arbitrary path in \( \mathbb{R}^2 \). Then for any neighborhood of \( P_0 \), there is a path \( P \) in this
neighborhood with the same endpoints as $P_0$, and there is a Borel mapping $p \mapsto \theta_p \in \mathbb{P}^1$ such that
\[
\left| \bigcup_{p \in P} \{p + \{x \in \bigcup E_n : \theta_x \neq \theta_p\}\} \right| = 0.
\]

(6.2)

**Proof.** Given any neighborhood of $P_0$, let $P^0$ be a polygonal path in this neighborhood with the same endpoints as $P_0$. For each $n$, we choose an $\varepsilon_n > 0$ with $\sum \varepsilon_n < \infty$. Then iteratively, for each $n \geq 1$ we apply Theorem 1.2 to each segment $L \subset P^{n-1}$ with $E$ replaced by $E_n'$ and $\varepsilon$ replaced by some $\varepsilon_L > 0$ such that $\sum_{L \subset P^{n-1}} \varepsilon_L < \varepsilon_n$. This gives us a polygonal path $P^n = \bigcup_i L^n_i$ and directions $\theta^n_i$ such that
\[
\left| \bigcup_i \bigcup_{p \in L^n_i} (p + E^n_i)\right| < \varepsilon_n,
\]
where
\[
E^n_i := \text{cl} \{x \in E'_n : \theta_x \notin B(\theta^n_i, \varepsilon_n)\}.
\]

(6.3)

Although Theorem 1.2 gives us the sets $E^n_i$ without their closure, we can take the closure in (6.4) since, by our assumptions, doing so does not increases their measure. (In particular, by assumption (2), we have $E^n_i \setminus \{x \in E'_n : \theta_x \notin B(\theta^n_i, \varepsilon_n)\} \subset E_n \setminus E'_n$ and $\mathcal{H}^1(E_n \setminus E'_n) = 0$.) We know that moving an $\mathcal{H}^1$-null set along a polygonal path covers only zero area, so indeed, (6.3) holds.

We construct $P^{n+1}$ by replacing each line segment $L^n_i$ of $P^n$ by a polygonal path that stays in such a small neighborhood of $L^n_i$ that the area estimate in (6.3) remains true when, instead of $L^n_i$, we shift the sets $E^n_i$ along the line segments that we replace $L^n_i$ with. (Here we used Remark 5.11 and that the sets $E^n_i$ are compact.)

Also, we choose the neighborhoods small enough so that the polygonal paths $P^n$ converge to a continuous limit curve $P$. For each $p \in P$, and for each fixed $n$, we have an $i = i(p, n)$ such that
\[
\left| \bigcup_{p \in P} (p + E^n_{i(p, n)})\right| < \varepsilon_n
\]
holds. We denote
\[
E^p := \limsup_{n \to \infty} E^n_{i(p, n)}.
\]

(5.6)

Then
\[
\left| \bigcup_{p \in P} (p + E^p)\right| \leq \left| \bigcup_{p \in P} \left( p + \bigcup_{m \geq n} E^m_{i(p, m)} \right) \right| = \left| \bigcup_{m \geq n} \left( \bigcup_{p \in P} (p + E^m_{i(p, m)}) \right) \right| \leq \sum_{m \geq n} \varepsilon_m.
\]

Since this is true for every $n$, it follows that $\bigcup_{p \in P} (p + E^p)$ is Lebesgue null.

By the definition (6.4), if a point $y \in \bigcup E_n$ does not belong to $E^p$, then for every large enough $n$, it has a neighborhood disjoint from $\{x \in E'_n : \theta_x \notin B(\theta^n_i, \varepsilon_n)\}$. That is, there is an $r > 0$ such that $\theta_x \in B(\theta^n_i, \varepsilon_n)$ for every $x \in B(y, r) \cap E'_n$. Hence, by our assumption (6.1), $\theta_y \in \text{cl}(\theta(B(y, r) \cap E'_n)) \subset \text{cl} B(\theta^n_i, \varepsilon_n)$. That is, $\theta_y$ is in $\liminf_{n \to \infty} \text{cl} B(\theta^n_{i(p, n)}, \varepsilon_n)$, which has at most one point. For $p \in P$, if this set has one point, then we let $\theta_p$ denote that point. Otherwise, we let $\theta_p$ be arbitrary.

Then for each $p$, $\{x \in \bigcup E_n : \theta_x \neq \theta_p\} \subset E^p$, and the proof is finished. \qed
For every rectifiable set $E$, we can choose the sets $E_n = E_n^*$ such that they satisfy the requirements at the beginning of this section, and such that $\bigcup E_n$ is a subset of $E$ of full $\mathcal{H}^1$-measure. Therefore we obtain the following theorem.

**Theorem 6.2** (Besicovitch set for translations). Let $E$ be an arbitrary rectifiable set, and let $x \mapsto \theta_x$ be an arbitrary tangent field of $E$. Then there is an $E_0 \subset E$ of full $\mathcal{H}^1$-measure in $E$ for which the following holds.

For every path $P_0$ in $\mathbb{R}^2$, and for any neighborhood of $P_0$, there is a path $P$ in this neighborhood with the same endpoints as $P_0$, and there is a Borel mapping $p \mapsto \theta_p \in \mathbb{R}^1$ such that

\[
\bigcup_{p \in P} (p + \{x \in E_0 : \theta_x \neq \theta_p\}) = 0. \tag{6.6}
\]

**Remark 6.3.** Another interesting corollary of Proposition 6.1 is the following. Suppose that $E$ can be covered by a finite union of (not necessarily disjoint) $C^1$ curves, or $E$ is the graph of a convex function. In these cases there is an $E_0 \subset E$ of full measure so that the tangent is continuous on $E_0$. Moreover, we can define the tangent on $E \setminus E_0$ (in a natural way) and find the sets $E_n, E_n'$ so that they satisfy our requirements and so that $\bigcup_n E_n$ covers $E$. Therefore the statement of Theorem 6.2 holds with $E_0$ replaced by $E$.

For example, if $E$ is the graph of a strictly convex function, then it is enough to delete at most one point for each $p \in P$, as we claimed in the introduction.

### 6.2. Construction of a Besicovitch set for rotations

The main ideas for rotations are the same as for translations.

**Proposition 6.4.** Suppose that the sets $E_n$ satisfy the assumptions as in the beginning of Section 6.1. Let $P_0$ be an arbitrary path in $\text{Isom}^+(\mathbb{R}^2)$. Then for any neighborhood of $P_0$, there is a path $P$ in the neighborhood of $P_0$ with the same endpoints as $P_0$, and there is a Borel mapping $p \mapsto x_p \in \mathbb{R}^2$ such that

\[
\left| \bigcup_{p \in P} p(\{x \in \bigcup_n E_n : x_p \notin \nu_x\}) \right| = 0. \tag{6.7}
\]

**Proof.** We begin with choosing $P^0$ to be an arbitrary polygonal path in the neighborhood of $P_0$ with the same endpoints as $P_0$. We iterate Theorem 5.1 to construct the polygonal paths $P^n$ in $\text{Isom}^+(\mathbb{R}^2)$, each lying in a small neighborhood of the previous one. Here, the details are now a bit more technical, and we need to be careful when we specify our parameters for Theorem 5.1.

As before, we choose an $\varepsilon_n > 0$ for each $n$ such that $\sum_n \varepsilon_n < \infty$. Each line segment $L^n_i \subset P^n$ corresponds to a rotation $\rho^n_i$ with projective center $z^n_i$. We choose a line $\ell^n_i$ containing $z^n_i$ and a $0 < \delta^n_i < \varepsilon_n$. (We will impose additional conditions on $\ell^n_i, \delta^n_i$ in Section 6.3.) Then we replace $\rho^n_i$ by a sequence of intrinsic rotations by applying Theorem 5.1 and Remark 5.12 with $E$ replaced by $E_{n+1}, \ell$ replaced by $\ell^n_i$, and $\varepsilon$ replaced by $\delta^n_i$.

Choosing each of the parameters $\delta^n_i$ sufficiently small, we obtain the balls $B(u^n_i, \delta^n_i)$ and:

\[
\left| \bigcup_{i, p \in L^n_i} p(E^n_i) \right| < \varepsilon_n, \tag{6.8}
\]
where
\[ E_i^n := \text{cl}\{x \in E_i^n : \nu_x \cap B(u_i^n, \delta_i^n) = \emptyset\}. \tag{6.9} \]

We define \(i(p, n)\) as in the previous section, and again take \(E^p := \limsup_{n \to \infty} E_{i(p, n)}^n\). Then as in the previous section, the movement \(\bigcup_{p \in P} B(E^p)\) covers only a null set.

Since \(\delta_{i(p, n)}^n \to 0\), we know \(\liminf_{n \to \infty} \text{cl} B(u_{i(p, n)}^n, \delta_{i(p, n)}^n)\) can have at most one point. If it has one point, let \(x_p\) be that point. Otherwise, let \(x_p\) be arbitrary.

Now suppose that \(y \in E_n\) and \(y \notin E_{i(p, n)}^n\). Then \(\nu_y \cap \text{cl} B(u_{i(p, n)}^n, \delta_{i(p, n)}^n) \neq \emptyset\). Therefore indeed \(\{x \in E_n : x_p \notin \nu_x\} \subset E^p\), and the proof is finished. \(\square\)

6.3. The main theorem

In Proposition 6.4, the points on \(E\) that we hide at each \(p \in P\) are those whose normal line passes through a particular point \(x_p\). Since we would like to hide as little of \(E\) as possible, it would be undesirable if an \(x_p\) from our construction has the property that the normal line of positively many points of \(E\) pass through \(x_p\).

Fortunately such points are very rare:

**Lemma 6.5.** There are at most countably many points with the property that the normal line of positively many points of \(E\) pass through this point.

**Proof.** Note that for any two such points there is only one common line, and there can be only one \(\mathcal{H}^1\)-nullset of points of \(E\) which have a given normal line. Since \(E\) has \(\sigma\)-finite \(\mathcal{H}^1\)-measure, it cannot have more than countably many subsets of positive measure such that their pairwise intersections are null. \(\square\)

We denote the exceptional points above by \(x_1, x_2, \ldots\). In what follows, we show how to choose the parameters in our construction more carefully to avoid these points, that is, so that \(x_p \notin \{x_1, x_2, \ldots\}\) for any \(p \in P\).

We use the notation from the previous section. For each \(n \geq 1\) and for each \(L_i^n \subset P^n\), let \(S_i^n\) denote the strip \(B(\ell, \delta)\) assigned to the parent of \(L_i^n\), that is, to the line segment in \(P^{n-1}\) that we replaced by a polygon in the construction of \(L_i^n\). Then we choose \(\ell_i^n, \delta_i^n\) such that \(B(\ell_i^n, \delta_i^n) \subset S_i^n\) and such that \(\text{cl} B(\ell_i^n, \delta_i^n) \setminus \{z_i^n\}\) does not contain any of the points \(x_m\) with \(m \leq n\). Then \(\liminf_{n \to \infty} \text{cl} B(u_{i(p, n)}^n, \delta_{i(p, n)}^n)\) is either empty, or contains one point. Suppose it contains a point \(x_p\). Since \(u_{i(p, n)}^n \in \ell_{i(p, n)}^n\) and the strips \(\{B(\ell_{i(p, n)}^n, \delta_{i(p, n)}^n)\}_n\) are nested, it follows that \(x_p \in \bigcap_n \text{cl} B(u_{i(p, n)}^n, \delta_{i(p, n)}^n)\). By Remark 5.12, \(z_{i(p, n)}^n \notin \text{cl} B(u_{i(p, n+1)}^{n+1}, \delta_{i(p, n+1)}^{n+1})\), so \(x_p \neq z_{i(p, n)}^n\) for all \(n\).

Thus we have shown the following. This is the main theorem in our paper.

**Theorem 6.6** (Besicovitch set for rotations). Let \(E\) be an arbitrary rectifiable set, and let \(x \mapsto \theta_x\) be an arbitrary tangent field of \(E\). Then there is an \(E_0 \subset E\) of full \(\mathcal{H}^1\)-measure in \(E\) for which the following holds.

For every path \(P_0\) in \(\text{Isom}^+(\mathbb{R}^2)\), and for any neighborhood of \(P_0\), there is a path \(P\) in the neighborhood of \(P_0\) with the same endpoints as \(P_0\), and there is a Borel mapping \(p \mapsto x_p \in \mathbb{R}^2\) such that
\[ \bigcup_{p \in P} p(\{x \in E_0 : x_p \notin \nu_x\}) = 0. \tag{6.10} \]

Furthermore, for each \(p\), the set \(\{x \in E_0 : x_p \notin \nu_x\}\) has full \(\mathcal{H}^1\)-measure in \(E\).
**Remark 6.7.** By the same argument as at the end of the previous section, we can get a stronger statement if the set $E$ has nice geometric properties. For instance, if it is covered by finitely many $C^1$ curves, or if it is the graph of a convex function, then the statement holds with $E_0$ replaced by $E$.

As mentioned in the introduction, consider the special case where there is a line $\ell \in (\mathbb{P}^2)^*$ such that there is a neighborhood of $\ell$ in which no two normal lines of $E$ intersect. Then by choosing all the lines $\ell_i$ to lie inside this neighborhood, we can ensure that all the $x_p$ do as well. Hence, Theorem 6.6 says that we can rotate $E$ continuously by $360^\circ$, covering a set of zero Lebesgue measure, where at each time moment, we only need to delete one point.

**Remark 6.8.** By the small neighborhood lemma, we can see that (6.8) holds (with the same sets $E_n^i$) not only for the path $P^n$ but for every continuous path $P$ sufficiently close to $P^n$. Using this observation, we obtain a dense open set of curves, and then, by taking the limit, a residual set of continuous paths $P$ connecting the endpoints of $P_0$, for which the statement of Theorem 6.6 holds.

6.4. **Construction of a Nikodym set**

We conclude this paper by explaining how the continuous Besicovitch sets can be used to construct Nikodym sets for rectifiable curves.

Let $E \subset \mathbb{R}^2$ be an arbitrary rectifiable set. We fix an arbitrary (continuous) rectifiable curve $\Gamma \subset \mathbb{R}^2$ (if $E$ contains such a curve, we can choose $\Gamma$ to be that curve). By ‘putting a copy of $E$ onto a point $y$’, we mean that the corresponding copy of $\Gamma$ (that is, the same isometry applied to $\Gamma$) goes through $y$.

For every continuous rectifiable curve $\Gamma$, there is a path $P_0 \subset \text{Isom}^+(\mathbb{R}^2)$ and a neighborhood of $P_0$ such that $\Gamma$ covers a set of non-empty interior along any path $P$ which lies in this neighborhood and has the same endpoints as $P_0$. (For example, if $\Gamma$ is a circle, we make sure that it is not possible for $P$ to be a rotation around the circle’s center.)

We apply Theorem 6.6 with $E$ and with this neighborhood of $P_0$ to obtain a path $P$, and for each $p \in P$ to obtain a subset $E_p \subset E$ of full $\mathcal{H}^1$-measure so that $|\bigcup_{p \in P} p(E_p)| = 0$.

By our choice of $P_0$, we know that $\bigcup_{q \in \mathbb{Q}^2} \bigcup_{p \in P} (q + p(\Gamma)) = \mathbb{R}^2$, whereas

$$A := \bigcup_{q \in \mathbb{Q}^2} \bigcup_{p \in P} (q + p(E_p))$$

(6.11)

has measure zero. Thus, we have shown the following.

**Theorem 6.9.** Let $E$ be a rectifiable set and $\Gamma$ a rectifiable curve. Then the set $A$ defined by (6.11) is a Nikodym set for $E$:

1. $A$ has Lebesgue measure zero.
2. Through each point $y \in \mathbb{R}^2$, $A$ contains a copy of $\mathcal{H}^1$-a.e. point of $E$. That is, for all $y \in \mathbb{R}^2$, there is an $E_y \subset E$ and a $p_y \in \text{Isom}^+(\mathbb{R}^2)$ such that $\mathcal{H}^1(E \setminus E_y) = 0$, $y \in p_y(\Gamma)$, and $p_y(E_y) \subset A$.

With Theorem 6.2 in place of Theorem 6.6 we can prove a result about placing translated copies of $E$ at each point $y \in \mathbb{R}^2$.

By essentially the same arguments as above, we now obtain a path $P \subset \mathbb{R}^2$ and $\theta_p \in \mathbb{P}^1$ such that $\bigcup_{p \in P} (p + E_p)$ has Lebesgue measure zero, where $E_p = \{x \in E_0 : \theta_x \neq \theta_p\}$,
and such that $\bigcup_{p \in P}(p + \Gamma)$ has non-empty interior. Thus, $\bigcup_{q \in \mathbb{Q}^2} \bigcup_{p \in P}(q + p + \Gamma) = \mathbb{R}^2$, whereas

$$A := \bigcup_{q \in \mathbb{Q}^2} \bigcup_{p \in P}(q + p + E^p) \quad (6.12)$$

has Lebesgue measure zero. To ensure that $E^p$ has full $\mathcal{H}^1$-measure in $E$, it is sufficient to assume that $\{x \in E : \theta_x = \theta\}$ is $\mathcal{H}^1$-null for every $\theta \in \mathbb{P}^1$.

**Theorem 6.10.** Let $E$ be a rectifiable set and $\Gamma$ a rectifiable curve. Suppose that for every direction $\theta \in \mathbb{P}^1$, the set $\{x \in E : \theta_x = \theta\}$ is $\mathcal{H}^1$-null. Then the set $A$ defined by (6.12) satisfies the following:

1. $A$ has Lebesgue measure zero.
2. Through each point $y \in \mathbb{R}^2$, $A$ contains a translated copy of $\mathcal{H}^1$-a.e. point of $E$. That is, for all $y \in \mathbb{R}^2$, there is an $E_y \subset E$ and a $p_y \in \mathbb{R}^2$ such that $\mathcal{H}^1(E \setminus E_y) = 0$, $y \in p_y + \Gamma$, and $p_y + E_y \subset A$.

### 7. Dilations and similarity transformations

In this section, we show how the techniques of Section 5 can be applied to analyze similarity transformations. Let $\text{Sim}^+(\mathbb{R}^2)$ denote the space of all orientation-preserving similarity transformations in $\mathbb{R}^2$.

Elements in $\text{Isom}^+(\mathbb{R}^2)$ were specified by the parameters $(w, \phi) \in \mathbb{R}^2 \times \mathbb{R}$. To index elements in $\text{Sim}^+(\mathbb{R}^2)$, we introduce a new parameter $\alpha \in \mathbb{R}$. (In the special case of isometries we can take $\alpha = 0$.)

For $\alpha, \phi \in \mathbb{R}$, define $\phi_\alpha = e^{i\alpha} \phi$. For $\phi \neq 0$, we let $\rho_\alpha(w, \phi)$ denote the similarity transformation $u \mapsto e^{i\phi_\alpha}(u - z) + z$, where $z = w/\phi_\alpha$. Then it is natural to let $\rho_\alpha(w, 0)$ denote translation by $-iw$. For any $(w, \phi) \neq (0, 0)$, we define the projective center of $\rho_\alpha(w, \phi)$ to be the image of $(e^{-i\alpha}w, \phi) \in \mathbb{R}^3$ under the quotient map $\mathbb{R}^3 \setminus \{0\} \to \mathbb{P}^2$.

**Remark 7.1.** The center of a translation now depends on $\alpha$. This is natural because a single translation can be viewed, for example, as a rotation around some point at infinity and also as a dilation around some other point at infinity.

**Remark 7.2.** When $\alpha \equiv 0 \pmod{\pi}$, the transformation $\rho_\alpha(w, \phi)$ is an isometry. When $\alpha \equiv \pi/2 \pmod{\pi}$, the transformation is a dilation. For all other $\alpha$, the trajectory of a point $x$ under $\rho_\alpha(w, \phi)$ is a logarithmic spiral centered at $z$. Since

$$e^{i\phi_\alpha} = e^{i\psi(\cos \alpha + i \sin \alpha)} = e^{-\psi \sin \alpha} e^{i\psi \cos \alpha},$$

the trajectory consists of those points $u$ for which $|u - z| = e^{-\psi \sin \alpha}|x - z|$ and $\arg(u - z) = \psi \cos \alpha + \arg(x - z)$ for some $\psi \in [0, \phi]$. For future reference, note that

$$\arg(u - z) = -\cot \alpha (\log |u - z| - \log |x - z|) + \arg(x - z). \quad (7.1)$$

When studying similarity transformations, it turns out that instead of the normal line $\nu_x$, it is much more relevant to look at the normal line rotated by angle $\alpha$ around $x$. We denote this line by $(\nu_x)_\alpha$. We will prove the following generalization of Theorem 5.1.
Theorem 7.3. Let \( E \subset \mathbb{R}^2 \) be a bounded rectifiable set of finite \( \mathcal{H}^1 \)-measure. Let \( \varepsilon > 0 \), and let \( \rho \) be a similarity transformation with parameter \( \alpha \). Let \( \ell \subset \mathbb{P}^2 \) be a line through the projective center \( z \) of \( \rho \).

Then there are intrinsic similarity transformations \( \rho_i = \rho_\alpha(x_i) \) with projective centers \( z_i \in B(\ell, \varepsilon) \subset \mathbb{P}^2 \) such that the corresponding polygonal path \( P = \bigcup_i L_i \subset \text{Sim}^+(\mathbb{R}^2) \) connects the identity and \( \rho_i \), and for each \( i \), there exists a \( u_i \in \ell \) such that

\[
\bigg| \bigcup_i \bigcup_{p \in L_i} \bar{p}(\{x \in E : (\nu_x)_\alpha \cap \ell \cap B(u_i, \varepsilon) = \emptyset\}) \bigg| < \varepsilon. \tag{7.2}
\]

Furthermore, if \( \alpha \equiv \pi/2 \pmod{\pi} \), then we can take \( z_i \in \ell \).

Throughout this section, we fix an \( \alpha \neq 0 \pmod{\pi} \). To prove Theorem 7.3, we first establish the analogues of Lemmas 2.2 and 3.5. As in Section 3.4, assume \( E \subset B(0, r) \subset \mathbb{R}^2 \). We will show that there is a constant \( c \) that depends only on \( r \) such that the following two lemmas hold.

Lemma 7.4. Let \( y = (w, \phi) \in \mathbb{R}^2 \times \mathbb{R} \) with \( |\phi| \lesssim 1 \). Let \( \rho = \rho_\alpha(y) \) be a similarity transformation and let \( R \subset E \) be arbitrary. Then, if we transform \( R \) by \( \rho \), the area covered is \( \lesssim c \mathcal{H}^1(R)|y| \).

Lemma 7.5. Let \( \delta > 0 \) be sufficiently small (depending on \( r \)). Let \( y = (w, \phi) \in \mathbb{R}^2 \times \mathbb{R} \) with \( |\phi| \lesssim 1 \). Let \( \rho = \rho_\alpha(y) \) be a transformation with projective center \( z \). Let \( R \subset E \) be such that, for each \( x \in R \), \( (\nu_x)_\alpha \cap B(z, \delta) \neq \emptyset \). (Here, the ball \( B(z, \delta) \) is defined with respect to the metric on \( \mathbb{P}^2 \).) Then, when we transform \( R \) by \( \rho \), the area covered is \( \lesssim c \delta \mathcal{H}^1(R)|y| \).

Proof of Lemmas 7.4 and 7.5. Let \( \Psi : \mathbb{R}^2 \to \mathbb{R}^2 \) denote the measure preserving map that rotates each circle \( |u - z| = \text{const} \) around \( z \) by angle \( \cot \alpha \log|u - z| \). By (7.1), \( \Psi \) takes the spiral trajectories of \( \rho \) to straight lines through \( z \). In particular, \( \Psi \) takes the trajectory of point \( x \) under \( \rho \) to the line segment

\[
[z + e^{i \cot \alpha \log|x-z|}(x-z), z + e^{-\phi \sin \alpha}e^{i \cot \alpha \log|x-z|}(x-z)]. \tag{7.3}
\]

In other words, \( z + \lambda e^{i \theta} \) belongs to this line segment if and only if \( \theta = \cot \alpha \log|x-z| + \arg(x-z) \) and \( \lambda \) belongs to the interval \( I_x \subset \mathbb{R} \), whose endpoints are \( |x-z| \) and \( e^{-\phi \sin \alpha}|x-z| \). (We do not specify which endpoint is the left and which is the right.)

Let \( S \subset \mathbb{R}^2 \) be the region covered by applying \( \rho \) to \( R \). We have

\[
|S| = |\Psi(S)| = \int_0^{2\pi} \int_{\{\lambda z + \lambda e^{i \theta} \in \Psi(S)\}} \lambda \, d\lambda \, d\theta.
\]

To simplify the inner integral, observe that \( \Psi(S) \) is the union of the line segments (7.3) over all \( x \in R \). Thus

\[
\int_{\{\lambda z + \lambda e^{i \theta} \in \Psi(S)\}} \lambda \, d\lambda \leq \sum_{x \in R : \arg(x-z) + \cot \alpha \log|x-z| = \theta} \int_{I_x} \lambda \, d\lambda,
\]

where

\[
\int_{I_x} \lambda \, d\lambda = |e^{-2\phi \sin \alpha} - 1| \cdot |x-z|^2 \lesssim |\phi \sin \alpha| \cdot |x-z|^2.
\]
Let $t \mapsto x(t)$ be a parametrization of $R$ by arclength. Note that the derivative of $t \mapsto \arg(x(t) - z) + \cot \alpha \log |x(t) - z|$ is
\[
\frac{i(x(t) - z)}{|x(t) - z|^2}, \quad \frac{\dot{x}(t)}{x(t) - z} + \cot \alpha \left\langle \frac{x(t) - z}{|x(t) - z|^2}, \frac{\dot{x}(t)}{|x(t) - z|^2} \right\rangle.
\]
Using the estimates above and the coarea formula, we have
\[
|S| \lesssim |\phi \sin \alpha| \int_0^{2\pi} \sum_{x \in R : \arg(z-x) + \cot \alpha \log |x-z| = \theta} |x-z|^2 \, d\theta
\]
\[
= |\phi| \int \left\langle e^{i\alpha}(x(t) - z), \dot{x}(t) \right\rangle \, dt
\]
\[
= |\phi| \int \text{dist}(\nu)_z \, d\mathcal{H}^1(x).
\]

To prove Lemma 7.4, we use the trivial estimate $\text{dist}(\nu)_z \lesssim |x-z|$ and proceed as in the proof of Lemma 3.4. To prove Lemma 7.5, we proceed as in the proof of Lemma 3.5. \qed

For $x_1, x_2$, we define $x_3 = x_1 \ast \alpha x_2$ if $\rho_\alpha(x_3)$ can be replaced by $\rho_\alpha(x_1), \rho_\alpha(x_2)$. Explicitly, this means $\phi_1 + \phi_2 = \phi_3$ and $v_1 + e^{i(\phi_1)}, v_2 = v_3$, where $v_j = z_j(1 - e^{i(\phi_j)})$.

It is easy to check that with $\ast_\alpha$ in place of $\ast$, the arguments in Section 5 still hold with very little modification, giving us a proof of Theorem 7.3. (One small issue is that since the size of $E$ can change, we need to apply a correction factor to Lemmas 7.4 and 7.5. However, we can ensure that at any point in the transformations, our set is never more than twice its initial size, so that the correction factor is bounded by an absolute constant.)

The statement at the end of Theorem 7.3 about $\alpha \equiv \pi/2 \, (\text{mod } \pi)$ follows from the fact that for such $\alpha$, if $x_3 = x_1 \ast \alpha x_2$, then the centers of the three dilations are collinear.

7.1. Circles

We briefly sketch the proof of Corollary 1.10.

**Proof of Corollary 1.10.** Let $E$ be a circle. Let $\varepsilon > 0$ (to be specified later). By Theorem 1.2, there is a polygonal path $P = \bigcup_{i=1}^{n} L_i \subset \mathbb{R}^2$ with each $L_i$ a line segment, and for each $i$ there exists a direction $\theta_i \in \mathbb{P}^1$, such that
\[
\left| \bigcup_{i} \bigcup_{p \in L_i} (p + \{x \in E : \theta_x \notin B(\theta_i, \varepsilon)\}) \right| < \varepsilon. \tag{7.4}
\]

By (4.6), we can assume that $\theta_{L_i} \notin B(\theta_i, \varepsilon)$ (recall that $\theta_{L_i}$ is the direction of the line segment $L_i$). By the fact that the tangent direction changes continuously as we move around the circle, there is an $\varepsilon' < \varepsilon$ such that
\[
\left| \bigcup_{i} \bigcup_{p \in L_i} (p + \{x \in E : \theta_x \notin B(\theta_i, \varepsilon')\}) \right| < 2\varepsilon. \tag{7.5}
\]

Since $\varepsilon' < \varepsilon$, we have $\theta_{L_i} \notin \text{cl } B(\theta_i, \varepsilon')$.

Fix $\alpha = \pi/2$. Then $\theta_{L_i}$ is the projective center of the translation along $L_i$, and $(\nu_x)_{\alpha}$ is the tangent line at $x \in E$.

Let $\ell_i \in (\mathbb{P}^2)^*$ be the line through the center of $E$ of direction $\theta_{L_i}$. We fix an $i$, and for each $x \in E$ we denote by $\overline{x}$ the reflection of the point $x \in E$ across the line $\ell_i \cap \mathbb{R}^2$. 
Let $\varepsilon_i > 0$ (to be specified later). We can apply Theorem 7.3 to the translation along $L_i$, with $\alpha = \pi/2$ and line $\ell_i$, to replace this translation by a polygonal path of dilations $\bigcup_j L_{i,j} \subset \text{Sim}^+(\mathbb{R}^2)$ such that

$$\left| \bigcup_j \bigcup_{p \in L_{i,j}} p(\{x \in E : (\nu_x)_\alpha \cap \ell_i \cap B(u_{i,j}, \varepsilon_i) = \emptyset\}) \right| < \varepsilon_i$$  \hspace{1cm} (7.6)

for some $u_{i,j} \in \ell_i$.

Those points $x$ of the circle $E$ for which the tangent line $(\nu_x)_\alpha$ intersects $\ell_i \cap B(u_{i,j}, \varepsilon_i)$ lie on circular arcs that are symmetric with respect to $\ell_i \cap \mathbb{R}^2$. Therefore we can find some $y_{i,j} \in E$ and $\varepsilon_i'$ such that

$$\left| \bigcup_j \bigcup_{p \in L_{i,j}} p(E \setminus (B(y_{i,j}, \varepsilon_i') \cup B(\bar{y}_{i,j}, \varepsilon_i')) \right| < \varepsilon_i.$$  \hspace{1cm} (7.7)

By the analogue of Remark 5.11 and the small neighborhood lemma, we can also ensure that

$$\left| \bigcup_{i,j} \bigcup_{p \in L_{i,j}} p(\{x \in E : \theta_x \not\in B(\theta_i, \varepsilon_i')\}) \right| < 3 \varepsilon.$$  \hspace{1cm} (7.8)

Since $\theta_{L_i} \not\in \text{cl} B(\theta_i, \varepsilon')$, it follows that if $r_i$ is small enough, then for each $y \in E$, $\{x \in E : \theta_x \in B(\theta_i, \varepsilon')\} \cap (B(y, r_i) \cup B(\bar{y}, r_i))$ is either empty or is one arc of angle at most $\varepsilon'$. Hence, if we choose $\varepsilon_i$ so small that $\varepsilon_i' < r_i$, then

$$E_{i,j} := \{x \in E : \theta_x \not\in B(\theta_i, \varepsilon')\} \cup (E \setminus (B(y_{i,j}, \varepsilon_i') \cup B(\bar{y}_{i,j}, \varepsilon_i'))$$

is a circular arc of angle at least $2\pi - \varepsilon'$.

Thus, by combining (7.7) and (7.8), we have

$$\left| \bigcup_{i,j} \bigcup_{p \in L_{i,j}} p(E_{i,j}) \right| < 3 \varepsilon + \sum_i \varepsilon_i.$$  \hspace{1cm} (7.9)

This gives us a movement of a sub-arc of $E$ of angle $2\pi - \varepsilon'$ covering area less than $3 \varepsilon + \sum_i \varepsilon_i$. Therefore by choosing the parameters small enough, we can move an arbitrarily large sub-arc covering arbitrarily small area.

Furthermore, as for isometries, we can construct not just one but a dense open set of movements. Therefore we can ensure that the radius of the circular arc remains very close to the radius of the original arc during the movement.

By repeated applications of Theorem 7.3, we obtain in the limit a Besicovitch set and a Nikodym set. The proofs proceed in the same way as in Section 6. The result for Besicovitch sets in the special case when $E$ is a circle is stated below; for Nikodym sets, see Corollary 1.11.

**Corollary 7.6.** Let $E$ be a circle. For every path $P_0$ in $\text{Isom}^+(\mathbb{R}^2)$, and for any neighborhood of $P_0$ in $\text{Sim}^+(\mathbb{R}^2)$, there is a path $P$ in the neighborhood of $P_0$ with the same endpoints as $P_0$, and there is a Borel mapping $p \mapsto x_p \in E$ such that

$$\left| \bigcup_{p \in P} p(E \setminus \{x_p\}) \right| = 0.$$
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