Introduction

The world has experienced sudden urban growth in last few decades. The growth rate of the Earth’s urban population is greater than that of the total population, and therefore, urbanization has accelerated and reached enormous magnitude. In 1950, there were more than 20 cities over 1 million and 2 cities over 10 million inhabitants. In developed countries, nearly 53% of urban population lived in cities, while about 15% of residents lived in urban areas of Third World countries. In 2007, there were more than 400 cities over 1 million and 19 cities over 10 million inhabitants. In the developed countries, about 74% of urban population lived in cities, while 44% of residents lived in urban areas of Third World countries [1].

The process of spontaneous urbanization was continued in the twenty-first century. In 2050, there will be approximately 1000 cities over 1 million and 27 cities over 10 million inhabitants. It is expected that 64% of the world population will be urban in the countries of Third World, while 86% of world...
population will be urban in developed countries by 2050, so that most urban growth will occur in the developing countries [2].

Rapid urbanization has transformed natural environment natural into artificial environment. All of this resulted to development of urban heat island. Urban heat island is noteworthy phenomenon where urban area is usually warmer than surrounding countryside, particularly at nights. Hebbert [3] in his paper has mentioned Landsberg, Oke and Voogt who argued that urban heat island is one of the clearest and most widely documented phenomenon of inadvertent human impact on climate of cities. The exact form and intensity of that phenomenon varies from meteorological, local and urban features. Many studies about form and intensity are focused on big-sized cities, while deficit of urban heat island research in middle-sized towns are imminent, which it will be elaborated in next chapter.

Earlier Theoretical Considerations

This kind of topics which regards urban heat island and heating-degree days is attracting the attention a certain number of scientific researchers. The vast majority of scientific researchers had mainly dealt with the urban heat island of big-sized cities. Hebbert [3] in his paper has mentioned Kratzer who had studied the urban heat island of Berlin. Savić et al. [4] in his paper has mentioned Chandler who had studied urban heat island of London. Filho et al. [5] in his paper has mentioned Wilby who had studied urban heat island of London, too. Lorenz et al. [6] in his paper has mentioned Bornstein who had studied the urban heat island of New York. Zhou et al. [7] in his paper has mentioned Oke who had studied the urban heat island of Montreal. Rajogopalan et al. [8] in his paper has mentioned Ackerman who had studied the urban heat island of Chicago. Eastin et al. [9] in his paper has mentioned Jauregui who had studied the urban heat island of Mexico City. Chen et al. [10] in his paper has mentioned Longxun et al. who had studied the urban heat island of Shanghai. Liu et al. [11] in his paper has mentioned Shahmohamadi et al. who had studied the urban heat island of Tehran. Wang et al. [12] in his paper has mentioned Rinner and Hussain who had studied the urban heat island of Toronto. Lokoshchenko [13], as such as Varentsov et al. [14] in theirs paper had studied the urban heat island of Moscow. Qiao et al. [15] in his paper had studied the urban heat island of Beijing, Arifwidodo and Tanaka [16] in theirs paper had studied the urban heat island of Bangkok, whilst Wang et al. [17] in his paper had studied the urban heat island of Hong Kong. These studies about the urban heat island were created by model of Kratzer [3], Chandler [4], Wilby [5], Bornstein [6] and Oke [7]. Kratzer, Chandler and Oke were the pioneers in the studying of the urban heat island. They have established a closer determination of urban heat island, have described and explained the genesis of urban heat island and its consequences for the environment, have provided the possibilities of its mitigation in space and thus scientific framework for further researches that can be expanded as needed. These scientific researchers also have simply exposed the matter about urban heat island and have applied not overcomplex methodology.

A small minority of scientific researchers had dealt with the urban heat island of middle-sized towns of former Eastern Bloc by model of Kratzer, Chandler, Wilby, Bornstein and Oke. Hrabak-Trumpa [18] had explored the urban heat island of Zagreb. Ivajnić and Žiberna [19] in their paper have mentioned Unger who had explored the urban heat of Szeged, Droste et al. [20] in his paper has mentioned Fortuniak et al. who had explored the urban heat island of Lódź, Savić et al. [21] had explored the urban heat island of Novi Sad. Komac et al. [22] had explored the urban heat island of Ljubljana. Unger, Savić et al., Komac et al. have dealt with these topics and have conveyed methodology to the urban heat island of middle-sized towns, but they also have adjusted it with the aim of the repurposing space. The coverage of heating degree-days by modern scientific research primarily referred to the studies of heating degree-days in the megacities. In that respect, the following authors stand out: Belova et al. who had seriously dealt with heating-degree days of Moscow [23]. The author regards that the benchmark of the studying of the heating-degree days is paper Belova et al. [23] for the reason of actuality and intelligibility. The methodology of above mentioned authors has its own advantages, since it can be applied to more complex researches of the subject matter. Consequently, this scientific issues is more or less determined by clear guidelines.

The first of the aims of this manuscript is to link fluctuations of the value of heating degree-days (HDD) and the number of heating days (Z) with climate changes, as well climate changes with rapid urbanization in big-sized cities. The second of the aims of that manuscript is to establish new criteria of threshold temperature for heating up buildings of multifarious purposes, new values of temperature for interior rooms of the household, as well as finally the installation automated heating according to the effect of consumption, regardless of whether it is heating season or not. The third of the goals of this manuscript is revision of database for HDD and Z.

The effect of heating threshold temperature and inside air temperature in frame of Z has been analyzed. The selection of threshold temperature is fundamental question for HDD – based analysis. HDD will be solely accumulated when the outside air temperature drops below the heating threshold temperature. Different countries have got different threshold temperature regulations, such as 15.5°C in the United Kingdom of Great Britain [24], 12.0°C in Serbia [25], in Switzerland the situation is specific [26], while in the Russian Federation threshold temperature amounts only 8.0°C [29]. It can be said that the threshold temperature
of heating is result of the mean daily outside temperature for multiannual period. Availability of the mean daily values of the outside temperature makes it easy to calculate the HDD and quantify $Z$.

De facto, there are no unique criteria for calculating HDD and their comparison, already few of them exist, which are applied differently from the country to the country. In the United Kingdom of Great Britain (UK) one criterion is valid for calculating HDD and their comparison [24], while in the Swiss Confederation (CH) the second criterion [26]. According to Živković and Novoselac the third criterion is valid in the Republic of Serbia (RS) [25], while according to Belova et al. [23] the fourth criterion is valid in the Russian Federation (RF). Their features will be explained in detail to the following section.

The pilot area of this study will be Belgrade, Serbia.

Materials and Methods

Heating Degree-Days (HDD) and the Number of Heating Degree-Days ($Z$)

According to Živković and Novoselac [25] heating degree-days (HDD) and the number of heating days ($Z$) belong to the simplest and the most appropriate way to quantify heating demands for different edifices, which is particularly important for planning process. They represent simplified format of historical weather data, too. In hitherto domestic practice, values of HDD and $Z$ have been quantified based on average monthly air temperatures. Thus, using daily average air temperatures, it is possible to apply different criteria to calculate HDD and to determine $Z$. Values of HDD were derived from synoptic measurements air temperature outside relative to threshold temperature for heating, as well as threshold temperature for heating relative to reference temperature of interior premises. Threshold temperature for heating is outside temperature above which a building needs no heating, while reference temperature for interior premises is traditional temperature based on thermal comfort of people. These values were calculated by empirical equation for HDD [25, 27]. $Z$ was gained from tautology of measured air temperature outside relative to threshold temperature for heating. If a daily mean outside air temperature is lower than the threshold temperature ($t_{u} < 12.0^\circ C$), the $Z$ is equal to 0, otherwise ($t_{u} \geq 12.0^\circ C$) the $Z$ is equal to 1. The empirical equation for HDD is:

$$HDD = Z \cdot (t_{u} - t_{sr})$$  
(1)

where $Z$ is the number of heating days, $t_{u}$ is reference temperatures of interior rooms and $t_{sr}$ is mean temperature of heating days. Lower values of HDD indicate on shortening of heating period, while higher values of HDD indicate on lengthening of heating period. Spinoni et al. points out that the HDD were originally used as the sum of active temperatures in the growing season for phenological purposes, where threshold temperatures are 5.0$^\circ$C, 10.0$^\circ$C, 15.0$^\circ$C and 20.0$^\circ$C [28]. Furthermore, Shi et al. have labeled HDD with °D [29], which will be applied it in next section.

From the reasons of accuracy, it should be aimed on appropriate data of HDD and $Z$ from a weather station (which belongs the network of WMO and ICAO, respectively) near to the site you are analyzing, because it has high-quality temperature readings on every hour and half an hour. By the way, there are multifarious criteria to calculating HDD based on temperature readings in certain time period from the respective weather station, and their comparison in accordance with purpose.

First criteria to calculation HDD and their comparison were computed for mean monthly air temperature lower than threshold temperature. This criterion is widely applied, but it has many deficiencies [25].

Second criteria to calculation HDD and their comparison were computed as mean daily air temperature for three consecutive days. When mean daily air temperature for three consecutive days is below threshold temperature of heating, then heating starts up as late as following day [25]. If mean daily air temperature for three consecutive days is equal or higher from threshold temperature of heating, then heating stops following day. For these three consecutive days, HDD has just been calculated. That occasion prevails in the Republic of Serbia (RS). In the Russian Federation (RF) situation are different. When it’s mean daily air temperature for five consecutive days below threshold temperature of heating, then heating starts following day [23]. If mean daily air temperature for five consecutive days is equal or higher from threshold temperature of heating, then heating stops following day. For these five consecutive days, HDD has just been computed.

Third criteria to calculation HDD and their comparison were computed daily mean air temperature for one day. When daily mean air temperature for one day is below threshold temperature of heating, then heating starts following day. If daily mean air temperature for one day is equal or higher from threshold temperature of heating, then heating stops immediately that day [25]. For that day, HDD has just been calculated.

Fourth criteria to calculation HDD and their comparison are actual temperature at any given time. When actual air temperature is below threshold temperature of heating, then heating starts up immediately. If mean daily air temperature for one day is equal or higher from threshold temperature of heating, then heating stops immediately that day [25]. In this case applies intermittent heating. Day with actual temperature below threshold temperature of heating is taken into account for HDD. That implies an automatic system with multiple turning-on and turning-off over
the day. This is applied in the United Kingdom of Great Britain (UK), as well as in the Swiss Confederation (CH), where are specific circumstances, because there are the three variants of threshold temperature (14.0ºC, 12.0ºC, 10.0ºC) [26].

Research Methods

The complexity of the researched topics has required lots of different methods: method of analysis, historiography method, statistical method and integral method [30]. Dahan-Dalmédico justifies this and highlights that the using these methods is of the key significance for meteorological studies. The method of analysis has been served to analyze the daily mean air temperature for multiannual period below of the threshold temperature of heating, as well as factorization Z. Historiography method has been contributed to the interpretation of historical documents about climate elements, such as daily mean air temperature for multiannual period. Statistical method had been calculated the numerical values of multiannual HDD, Z and heating demand. Integral method has applied to turning raw temperature readings (on every hour or half-hours) into HDD. It has helped at generating detailed analysis of HDD, too. Boulanger et al. noticed that the quality control of climate data should contains syntax checks, consistency checks and logic-mathematical checks [31]. Syntax checks are manifested in punctuality of date and time performed measurements of air temperature, whereat same date and time measurement of air temperature should not occur twice. Consistency checks of climate date are manifested in absence of missing climate data, which means 100% coverage of daily meteorological data (7 h, 14 h and 21 h at local time). Logic-mathematical checks are manifested in tautology of measured air temperature outside, where has classified and taken into account air temperature below threshold temperature of heating (it was accepted 12.0ºC in our case), so they are factored in HDD.

Pilot Area – Belgrade, Serbia and Database

Heating degree-days are the most pronounced in mega-cites and big-sized cities, so the majority of such researches reduced to them. Their perceptions have universal features, so they can be practiced even in middle-sized towns. In this survey, focus was on big-sized city, which is not thoroughly elaborated in scientific framework. For that purpose, Belgrade is chosen as surrogate of the big-sized cities. Belgrade is the biggest city in the central part of Republic of Serbia with 1 166 763 [32] in urbanized area of 359.96 km² (Fig. 1). The geographic coordinates of the urbanized area in Belgrade are 44°44′-44°54′N and 20°16′-20°32′E, which average altitude is 203 m. The highest topographic point of this area is Kumodraž Repeater (335 m above sea level), while the lowest topographic point is Pančevo marshland (71 m above sea level). The urban core and the vast of majority of city have developed on the most protruding Šumadija ridge which extending from Rudnik Mount (1132 m above sea level) to Kalemegdan Cape (115 m above sea level). Also, urban core and the vast of the majority of the city have spread have developed on Zemun loessial plateau (bounded by steep loess stretches towards the Danube and the Sava, relative heights 20-40 m), alluvial plain of the Danube (asymmetric character, 69-81 m above sea level), alluvial plain of the Sava (asymmetric character, 72-80 m above sea level), Pinosava fluvial – denudation plain (210-240 m above sea level), Terazije fluvial – denudation plain (140-160 m above sea level) and Bulbulder fluvial – denudation plain (110-120 m above sea level). This area has characterized Holocene sediments, Pleistocene sediments, Pliocene sediments, Miocene sediments and Late Cretaceous limestones. Therefore, the climate has strongly affected by orographic effects. According to Köppen-Geiger climate classification, Belgrade belongs Cfa climate (temperate warmly climate with a rather uniform annual distribution of precipitation, as well as tropic summer) [33]. In Belgrade, mean monthly air temperature in January amounts 0.6ºC, while mean monthly air temperature in July is 22.7ºC.

In this manuscript, daily frequency of air temperature values for the period 1925-2018, i.e. the last 94 years of measurements were used. Air temperature values, measured at 2 m above the ground, were provided from Belgrade (Vračar)
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Meteorological Observatory (ID 13274), which is situated on Vračar plateau, 2000 m from the old city core southeastern (44°48ʹN and 20°28ʹE, 132 m above sea level) (Fig. 2).

In the analysis, three time periods were randomly selected of HDD (1941-1948, 1969-1978, 1996-2018), while three time periods of HDD (1925-1940, 1949-1968, 1979-1995) were preselected by Todorović [34] and Živković and Novoselac [25] where they have meticulously studied HDD for a given period, as well as targeted one cumulative time period of HDD (1925-2018). It can be noticed that all these six time periods of HDD are not uniformly. This has been done in such a way as to obtain as representative data for as long as possible.

Results and Discussion

Results

For analyzing and interpreting of HDD results, linear regression and student’s t-test have been applied. Fisher emphasizes that linear regression is a sophisticated way for comparing and ranking of the trends of HDD [35]. It is so useful for inferring causal relationships of HDD. Gosset (1908) found out that Student’s t-test is a parameter of significance null hypothesis (sample size must be at least 30), i.e., checking whether there is a statistically significant difference or not [36]. It is really applicable for long series of meteorological data with a few of unknown values.

As mentioned above, there are six time periods of HDD here. Three time periods of HDD (1941-1948, 1969-1978, 1996-2018) have randomly selected, but time periods of HDD (1925-1940, 1949-1968) was preselected by Todorović [34], while time period (1979-1995) were preselected by Živković and Novoselac [25], where they have meticulously studied HDD for a given period. Furthermore, all meteorological elements and phenomena in one-hour periods with inappreciable interruptions have been registered, starting from 1925 until present days. As above mentioned, there are six time periods of HDD here. Besides these six time periods, cumulative time period of HDD was represented. These time periods have been used, in order to actually perform an appropriate comparison and analysis of values by linear regression and student t-test, where the logic of complementary sets would valid.

The first period of the HDD was lasting sixteen years. For this period, the maximum of HDD was at the beginning (3231.0°D) and on the end (3231.3°D) of this time period, which was a joint of maximum values of relative deviation from average (20.3%); while the minimum HDD was in 1934 (2187.8°D), in the middle of this time period (Fig. 3). The average value of HDD for that time period was amounted 2686.7°D.
As it can be perceived, the HDD trend slope (HDD per year) has amounted -14.77, meaning that the HDD has decreased by 14.77 per year (Fig. 3).

The second period of the HDD was lasting eight years. For that period, the highest value of HDD was at the beginning (2960.9°D) of that time period, which was a joint of maximum values of relative deviation from average (10.2%); likewise the lowest value of HDD was at the beginning (2468.9°D) of that time period (Fig. 4). The average value of HDD for this time period amounted 2686.3°D.

As it can be noticed, the HDD trend slope (HDD per year) has amounted -39.883, meaning that the HDD has decreased by 39.883 per year (Fig. 4).

The third period of the HDD was lasting twenty years. For this period, the maximum HDD was in 1956 (3141.6°D), which was a joint of maximum values of relative deviation from average (21.6%); while the minimum HDD was in 1961 (2186.0°D) (Fig. 5). The average value of HDD for that time period amounted 2582.6°D.

As it can be perceived, the HDD trend slope (HDD per year) has amounted -0.7844, meaning that the HDD has decreased by 0.7844 per year (Fig. 5).

The fourth period of the HDD was lasting ten years. For that period, the highest value HDD was at begging (2776.9°D) of that time period; while the lowest value of HDD was on the end (2371.9°D) of that time period, which was a joint of maximum values of relative deviation from average (8.1%) (Fig. 6). The average value of HDD for this time period amounted 2580.4°D.

As it can be noticed, the HDD trend slope (HDD per year) has amounted -15.833, meaning that the HDD has decreased by 15.833 per year (Fig. 6).

Fifth period of the HDD was lasting seventeen years. For this period, the maximum HDD was in 1980 (2846.0°D); while the minimum HDD was in 1990 (2089.8°D), which was a joint of maximum values of relative deviation from average (17.6%) (Fig. 7). The average value HDD for this time period amounted 2537.1°D.
As it can be perceived, the HDD trend slope (HDD per year) has amounted -12.005, meaning that the HDD has decreased by 12.005 per year (Fig. 7).

The sixth period of the HDD was lasting twenty-three years. For that period, the highest value of HDD was in 1996 (2727.9°D) of that time period, which was a joint of maximum values of relative deviation from average (19.3%); while the lowest value of HDD was in 2014 (1871.9°D) of that time period (Fig. 8). The average value of HDD for this time period amounted 2287.4°D.

As it can be noticed, the HDD trend slope (HDD per year) has amounted -17.277, meaning that the HDD has decreased by 17.277 per year (Fig. 8).

Cumulative period of the HDD was lasting ninety-four years. For this period, the highest values of HDD were in 1940 (3231.3°D) and 1929 (3231.0°D), which was a joint of maximum values of relative deviation from average (27.6%); while the lowest values of HDD were in 2014 (1871.9°D). It can be observed that the highest values of HDD have recorded at the begging of this targeted period, while the lowest values of HDD have recorded on the end of this targeted period (Fig. 9). The average value of HDD for this time period amounted 2528.5°D.

The HDD trend slope (HDD per year) has amounted -5.2306, meaning that the HDD has decreased by 5.2306 per year (Fig. 9).

This cumulative period of HDD was also subject to the student’s t-test. According to this testing, sample size was 94, degrees of freedom were 93, test statistics had amount -0.8856, test static of two-tailed test for probability 0.05 was approximately 1.9858, test static of two-tailed test for probability 0.01 had amount approximately 2.6297, the probability value of two-tail test was 0.3781. This means that the results were not statistically significant with risks lower than 5% and 1%, respectively.

A decreasing trend of the HDD and Z for cumulative time period (1925-2018) was presented. The third time
Fig. 7. Linear regression with trend-line of heating degree-days for time period 1979-1995.
Source: Đukić and Nenković-Riznić

Fig. 8. Linear regression with trend-line of heating degree-days for time period 1997-2018.
Source: Đukić and Nenković-Riznić

Fig. 9. Linear regression with trend-line of heating degree-days for cumulative time period 1925-2018.
Source: Đukić and Nenković-Riznić
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period (1949-1968) was the longest with the smallest decreasing of the HDD and Z. The sixth time period (1996-2018) was the longest one with the biggest decreasing trend of HDD and Z. The decreasing trend of the HDD and Z, very likely, is a result of climate changes. This was supported by the fact that the average air temperature on the planet has increased by \(0.76^\circ C\pm0.19^\circ C\) since the late of 19th century, which has primarily caused by rising in concentrations carbon dioxide, water vapor and methane [37].

Discussion

The key issue is at which outside temperature should be started to heating up of the apartments and offices, as well as application of different parameters for HDD at buildings of diverse purposes in big cities and middle-sized towns. In the terms of the start of heating, it must be considered what time the facilities for heating should be started whence as the outside temperature drops below the heating threshold temperature. Todorović found the coldest temperature has often being in households and office buildings during transitional periods (late spring and early autumn), wherefore putting in operation central heating system was just then exacting [38]. Based on Decision of heat energy supplying in the City of Belgrade [39], the heating season lasts from 15th October the previous year until 15th April the following year. If it befalls the threshold temperature be lower than 12.0°C out of heating season, then users would surely be disadvantaged as regards of the heat energy, despite the fact that they pay not really small heating costs during the entire calendar year. Numerous complaints by citizens of Belgrade (Serbia) [40, 41], Niš (Serbia) [42] and Banja Luka (Republic of Srpska) [43] about supplying of heating energy speak in favor of that. The management of the city heating plants has looking for justification within circumstances, when users already pay not really small heating costs during the entire calendar year, then these defects should be remedied. It is suggested to increase threshold temperature of heating by 1.0°C, so that the threshold temperature of heating would now be 13.0°C. At moving up threshold temperature of heating by 1.0°C, the value of HDD increased approximately by 2%. Likewise, when the reference temperature of interior rooms rises by 1.0°C, the energy consumption of heating increases by about 7%. These assertions have been corroborated by Živković and Novoselac [25].

In the respect of application of different parameters for HDD at buildings of diverse purposes in big-sized cities and middle-sized towns (Belgrade), it is quite justified the implementation of heating parameters, such as those in the Swiss Confederation. It would be worth pointing out that the reference temperatures of interior rooms in the UK amounts 20.0°C, in the RS is 19.0°C, while in the RF amounts 18.0°C. However, in the Swiss Confederation, there are three different reference temperatures of interior rooms and three threshold temperatures for multifarious buildings [26]. At hospitals, kindergartens and nursing homes, reference temperature for interior rooms has amount 22.0°C and threshold temperature of heating has amount 14.0°C. At residential buildings and business edifices, reference temperature for interior rooms has amount 20.0°C and threshold temperature of heating has amount 12.0°C. While, at warehouses, reference temperature for interior rooms has amount 18.0°C and threshold temperature of heating has amount 10.0°C. In fact, these reference temperatures and threshold temperatures can be elucidated under a cloak of the level of economic development, civil engineering practice, climatic conditions, and somewhat, living habits of users.

Conclusions

In the light of climate changes, it is about time to perform long-term analysis and revision the values of HDD and Z for big-sized cities, as well as introducing certain modification to the database of HDD and Z. This has justified by the trend of decreasing HDD and Z. On the other hand, it should be accessed the increasing of threshold temperature for heating by 1.0°C, whereas researching by this procedure has shown slightly magnification of the values HDD and energy consumption of heating. With the aspect of thermal comfort of habitants, presumption is that it would be smartly at least installed the calorimeters in buildings of diverse purposes in Belgrade, where the set point temperature could be regulated according to sensation, but also pay as much as you squander energy. That implies an automatic system with multiple turning-on and turning-off over the day. In this way, it can make a significant contribution to reducing anthropogenic impact on climate changes in future time. The paper has confirmed that HDD are inexhaustible topic for applicative climatology. The possibility of the improving material would be reflected in the usage of the other climatic parameters (except Air Temperature expressed in Celsius degrees or in Fahrenheit degrees), such as Global Solar Radiation on horizontal surface (expressed in W/m²), Wind course (with eight or sixteen directions) with Wind speed (expressed in m/s or in knots), Air Relative Humidity (expressed in percentage) and Cloudiness (expressed in tithes or in octas). Likewise, the possibility of enhancing the methodology would be reflected at application the reliable model of the forecasting heating degree-days in the future.

The lack of research relates on the impossibility of implementation a field survey of the users of central heating, especially in respect of scope, wording and format. Opening of the new spaces for research should be directed towards the users thermal comfort of central
heating and their life habits in the big-sized cities, such as Belgrade.

Conflict of Interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

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