Research Article

Biological Niches within Human Calcified Aortic Valves: Towards Understanding of the Pathological Biomineralization Process

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Despite recent advances, mineralization site, its microarchitecture, and composition in calcific heart valve remain poorly understood. A multiscale investigation, using scanning electron microscopy (SEM), transmission electron microscopy (TEM), and energy dispersive X-ray spectrometry (EDS), from micrometre up to nanometre, was conducted on human severely calcified aortic and mitral valves, to provide new insights into calcification process. Our aim was to evaluate the spatial relationship existing between bioapatite crystals, their local growing microenvironment, and the presence of a hierarchical architecture. Here we detected the presence of bioapatite crystals in two different mineralization sites that suggest the action of two different growth processes: a pathological crystallization process that occurs in biological niches and is ascribed to a purely physicochemical process and a matrix-mediated mineralized process in which the extracellular matrix acts as the template for a site-directed nanocrystals nucleation. Different shapes of bioapatite crystallization were observed at micrometer scale in each microenvironment but at the nanoscale level crystals appear to be made up by the same subunits.

1. Introduction

Calcific aortic valve stenosis (CAVS) is an important public health problem and represents the most common form of valvular heart disease in the industrialized countries [1]. It is strictly associated with the formation of ectopic calcifications within aortic valve leaflets that interfere with cusps opening and lead to ventricular outflow obstruction [2] causing important clinical consequences in terms of mortality and morbidity [3]. To date there is no proven medical therapy to halt CAVS course progression, and surgical or percutaneous valve replacement is the only possible treatment of severe CAVS. The degenerative valve calcification process, however, not only is limited to native heart valves but also affects bioprothestic implants [4]. Despite much effort devoted to unveil the molecular mechanisms leading to valve calcification, comprehension of the exact process remains uncertain. Chemically, the calcific deposit within human valve tissue is constituted by a nonstoichiometric apatite, containing high carbonate (CO$_3^{2-}$) content, from 5% to 10% in weight, and AB-type substitutions in apatite lattice [5, 6], as we previously reported; it is often indicated as “carbonate apatite” or more in general “bioapatite” even if both names are not accepted by the International Mineralogical Association (IMA) Commission on New Minerals, Nomenclature, and Classification (CNMNC) [7]. In this paper, the term “bioapatite” will be
used to define the calcium phosphate phase growing in a biological system and forming the ectopic calcification within human heart valve tissue. From a strictly mineralogical point of view such ectopic calcification represents the final product of complex biomineralization processes [8] mediated by biological and physicochemical parameters, as well as the normal mineralized tissues (enamel, dentine, and bone), and falls in the field of calcium phosphate biominerals [9]. Crystal-chemistry features of bioapatite crystals are strongly linked with apatite crystallographic structure [10] and are strictly dependent on the characteristics of the medium in which they form, such as pH, temperature, supersaturation degree, and solution composition [11–13]. More generally a specific microenvironment is required to let biominerals crystallize [8]. This must be a localized zone able to achieve and maintain a sufficient supersaturation degree for crystals nucleation and growth. Therefore the concept of local microenvironment or native biological niche plays an important role in the formation process of biominerals and appears to be the fundamental requirement leading to mineral deposition.

The aim of this paper was to investigate the formation of hierarchical architectures and to determine the spatial relationship existing between crystals and their growth environment. Different experimental techniques, namely, polarized light microscopy, electron microprobe, scanning and transmission electron microscopy, energy dispersive spectrometry, powder X-ray diffraction, Fourier transform infrared spectroscopy, and Raman spectroscopy, were applied on the aortic valve samples to study the calcification process in all its components [5, 6]. Here we discuss the scanning and transmission electron microscopy findings in severely calcified human aortic valves. As biomineral phases are used to define the calcium phosphate phase growing in a biological system and forming the ectopic calcification within human heart valve tissue. From a strictly mineralogical point of view such ectopic calcification represents the final product of complex biomineralization processes [8] mediated by biological and physicochemical parameters, as well as the normal mineralized tissues (enamel, dentine, and bone), and falls in the field of calcium phosphate biominerals [9]. Crystal-chemistry features of bioapatite crystals are strongly linked with apatite crystallographic structure [10] and are strictly dependent on the characteristics of the medium in which they form, such as pH, temperature, supersaturation degree, and solution composition [11–13]. More generally a specific microenvironment is required to let biominerals crystallize [8]. This must be a localized zone able to achieve and maintain a sufficient supersaturation degree for crystals nucleation and growth. Therefore the concept of local microenvironment or native biological niche plays an important role in the formation process of biominerals and appears to be the fundamental requirement leading to mineral deposition.

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2. Materials and Methods

2.1. Study Subjects. Severely calcified aortic (tricuspid type, $n = 29$; bicuspid type, $n = 3$) and mitral valves ($n = 4$) were obtained from European patients of both sexes (males $= 25$) and different ages (mean age $72 \pm 10$, range 41–90 years old). Samples were collected as surgical waste from patients undergoing valve replacement due to severe aortic and mitral valve stenosis without any sign of endocarditis or inflammation. Surgical interventions were performed at the Division of Cardiac Surgery, San Bortolo Hospital, Vicenza, Italy. The institutional committee approved the study and the patients gave written informed consent. Patients’ characteristics and clinical data are presented in Table 1; peak and mean gradient were obtained by echocardiographic evaluation [15, 16]. Immediately after surgical excision, part of the heart valve leaflets underwent sample treatment 1; the rest underwent sample treatment 2 to evaluate the same specimen under different methodologies and to reduce hypothetic artifacts due to a single treatment.

2.2. Scanning Electron Microscopy (SEM) and Energy Dispersive X-Ray Spectrometry (EDS) Analyses: Sample Treatment 1. Immediately after surgical excision, heart valves were preserved and dehydrated in absolute alcohol. To sterilize the biological material, valve samples were exposed to UV radiation for almost 72 hours at room temperature, which has been proved not to induce any further calcification. A dual beam Zeiss Auriga 405 HR-FESEM with resolution of 1 nm equipped with a Bruker QUANTAX energy dispersive system was used. Investigations were conducted on both uncoated and coated samples. The latter were chromium-coated (5 + 10 nm in thickness) using a Q150T ES turbomolecular-pumped sputtering coater. Low accelerating voltage (<15 kV) was used to obtain information about biomineral/organic structure interface.

2.3. Scanning Electron Microscopy (SEM) and Energy Dispersive X-Ray Spectrometry (EDS) Analyses: Sample Treatment 2. Immediately after surgical excision, heart valves were fixed in glutaraldehyde 2.5% in PBS 0.1M pH 7.4 immediately after recovery and stored at 4°C for at least 4 days. The parts of the valves in which calcifications had larger dimensions were excised and then postfixed in osmium tetroxide 1% in PBS for 2 hours. Samples were then washed in PBS 0.1M pH 7.4, and the n dehydrated in ascending series of alcohol solutions (30-50-70-95-100%); after this treatment samples were dried in an Emitech K850, “critical point drying” apparatus (Emitech Ltd., Ashford, Kent, England). The dried samples were mounted onto aluminium stubs and then sputter-coated with platinum (~45 nm in thickness) using an Emitech K 550 sputter coater (Emitech Ltd., Ashford, Kent, England). Samples were observed with two different electron microscopes: a Hitachi S400 field emission scanning electron microscope (Hitachi Ltd., Japan) operating at 10 kV and interfaced with a DISS 5 point electronic imaging and analysis system and a ZEISS scanning electron microscope equipped with energy dispersive X-ray spectrometer (SEM-EDS) Zeiss DSM 940A, LEO Elektronenmikroskopie GmbH, Oberkochen, Germany. On needle/rod-like radially arranged crystals, length and diameter were measured. Quadrilateral-shaped lamellar crystal thickness and surface area were measured. Surface area was measured on crystals frontally visible; thickness was measured on crystal laterally placed. Surface area was calculated according to Brahmagupta formula, $s = \sqrt{(p-a)(p-b)(p-c)(p-d)}$, where $p$ is the half perimeter and $a$, $b$, $c$, and $d$ are the values in micrometers of the four quadrilateral sides (Figure 1). Measures were performed by the digital image processing system DIPS 5 (point electronic GmbH).

2.4. Transmission Electron Microscopy (TEM) and EDS Analyses. A JEOL JEM 2010 TEM operating at 200 kV with LaB$_6$ source, nominal point resolution of 1.9 Å, and spherical aberration of 0.5 mm was used. An Oxford LINK energy dispersive X-ray spectrometer with a Si (Li) detector and ultra-thin window was used for qualitative chemical analyses. EDS spectra were collected using an acquisition time of 60 s. A single tilt specimen holder was used, and images
Table 1: Patients characteristics.

| Characteristic            | Overall       | Tricuspid aortic valve | Bicuspid aortic valve | Mitral valve |
|---------------------------|---------------|------------------------|-----------------------|--------------|
|                           | \( N = 36 \)  | \( N = 29 \)          | \( N = 3 \)          | \( N = 4 \)  |
| Age, y                    | 72.4 ± 10     | 74.5 ± 7.8             | 55 ± 15               | 69 ± 9       |
| Males, \( n \)            | 25 (69.4%)    | 20 (69%)               | 3 (100%)              | 2 (50%)      |
| BMI, Kg/cm\(^2\)          | 25.1 ± 5.5    | 25.5 ± 6               | 22.2 ± 3.7            | 22.4 ± 2     |
| BSA, m\(^2\)              | 1.8 ± 0.2     | 1.8 ± 0.2              | 1.7 ± 0.1             | 1.7 ± 0.2    |
| Peak Gradient, mmHg       | 71.2 ± 20.5   | 70.5 ± 23              | 88.4 ± 18             | 9 ± 3.5      |
| Mean Gradient, mmHg       | 55.8 ± 16.2   | 53.4 ± 18.3            | 58.8 ± 14             | 6 ± 3.4      |
| Associated CAD            | 13 (36%)      | 13 (44.8%)             | 0 (0%)                | 0 (0%)       |
| Dialysis                  | 0 (0%)        | 0 (%)                  | 0 (0%)                | 0 (0%)       |
| Osteoporosis              | 22 (61%)      | 21 (72%)               | 0 (0%)                | 1 (25%)      |

BMI - body mass index; BSA - body surface area; CAD - coronary artery disease.

Measures performed on the two types of crystal

Quadrilateral-shaped lamellar crystal

Needle/rod-like radially arranged crystal

| Measure                  | Quadrilateral | Needle/rod-like |
|--------------------------|---------------|-----------------|
| **Perimeter (\( \mu \)m)** | 10.395 ± 0.747 | 1.402 ± 0.116   |
| **Area (\( \mu \)m\(^2\))** | 6.371 ± 0.955  | 144.885 ± 10.692 |
| **Thickness (nm)**       | 309.52 ± 10.65 |                |

Figure 1: Scanning electron microscope (SEM) analysis on needle/rod-like and quadrangular-shaped crystals and measured considering each type of crystals.

and diffraction patterns were recorded on Kodak film. The samples were manually ground in an agate mortar and pestle to a very fine powder. The powdered samples were then subject to an enzymatic attack, with trypsin, in basic pH conditions. After the treatment the powders were exposed to UV radiation for 32–96 hours and then sifted using sieves smaller than 50 \( \mu \)m. This specific treatment allowed us to work with samples with a strongly reduced quantity of collagen. The powder was ultrasonically dispersed in ethanol and subsequently small drops of the slurry were deposited onto a 3 mm diameter Ni-Cu grid coated by a Holey carbon film. The Anticontamination Device (ACD) was used to prevent the contamination of the column due to decomposition of the residual collagen and to minimize the effect of irradiation.

Bright field (BF) images were acquired to define the morphology of the pathological crystals. Selected Area Electron Diffraction (SAED) patterns of large areas, nano-beam electron diffraction (NBD) patterns, and lattice fringes were acquired to determine bioapatite crystal structure. Experimental diffraction patterns after indexing were compared with simulated electron diffraction patterns starting from known crystallographic structures. Simulations were performed with the Java electron microscopy software (JEMS) package (Stadelmann 1999–2008).
covering the pocket walls (Figure 2(a)), as well as lamellar crystals (Figure 2(b)) and spherically shaped particles (Figure 2(c)). The normal architecture of the extracellular matrix fibers is also altered, as shown in Figure 3; fibers are arranged in a loose network or disorganized bundles that can acquire different shapes.

Images at higher magnification (Figure 4) showed that semispherical deposits, lamellar crystals, and spherical particles are made up by submicrometer particles such as granular units. Therefore the different crystal shapes observed within the niches appear to be due to different spatial arrangement of submicrometer particles. Needle/rod-like radially arranged crystals showed a mean length of $1.402 \pm 0.116 \mu m$, with a diameter of $145 \pm 10.692 \ nm$, while quadrangular-shaped lamellar crystals showed a perimeter of $10.395 \pm 0.747 \ \mu m$, an area of $6.371 \pm 0.955 \ \mu m^2$, and a thickness of $309.52 \pm 10.65 \ nm$ (see Figure 1).
Figure 2: Scanning electron microscopy (SEM) micrographs of niches within human heart valve tissue. (a) Starting from a micrometer scale, within the niches we observed bioapatite deposits in different crystallization shapes. Calcifications appear as lamellar crystals covering the pocket walls. (b) Semispherical deposits containing Ca and P (see EDS spectrum in Figure 6(b)) localized on the walls of the micro-cavity (niches) observed within the organic matrix where Ca and P are below detection limit. Images at higher magnification showed that spherical and semispherical deposits together with lamellar crystals were in turn formed by submicrometer globular structures. (c) Local pocket filled by spherical particles variable in size. Therefore, different crystal shapes observed within the niches appear to be due to different spatial arrangement of submicrometer particles. Scale bars are placed in different ways in the pictures because images were obtained by two different scanning electron microscopes: Figures a and b are from Hitachi S4000 and Figure c is from Zeiss DSM 940.

Figure 3: Scanning electron microscopy (SEM) micrographs of extracellular matrix fibers altered architecture. (a) Extracellular matrix fibers are arranged in a loose network (•) or in compact but disorganized bundles (×). Filaments are thicker than normal and show a rough appearance due to the presence of mineral deposits. This is evidence of alteration in normal extracellular matrix deposition process. The three-dimensional mesh creates a microenvironment in which extracellular fluid stagnates, and physicochemical processes of calcium deposition may have taken place. (b) In the foreground, a horseshoe-shaped collagen bundle is visible. In the background wavy, twisted, and bent collagen bundles are present. The space among bundles is crossed by single collagen fibers. This unusual arrangement indicates modification in normal extracellular matrix deposition, and consequently the existence of areas in valve tissue with different stress resistance. Filaments are also thicker due to mineral deposit presence.
understood. Taken together, these observations highlight the important role of a purely physicochemical process in the formation of pathological bioapatite crystals within the niches. Indeed these crystals show the typical features of hydroxylapatite crystals precipitated in aqueous solutions \([23–26]\), and their tendency to form radiated aggregates can be the result of a surface energy minimization \([27]\). The further growth of those elements may follow the Ostwald ripening, with an additional surface energy minimization. However the presence of spherically assembled structures could also be controlled by the local concentration and 3D spatial organization of the fibrillar collagen \([28]\). Crystals similar to those found in our ex vivo samples were observed in vitro by Tavafoghi Jahromi et al. \([29]\) and Leopold \([3]\). In particular the similarity of crystals with those observed by Kumon et al. \([30]\) indicates a possible involvement of oxidized lipids in the formation of ectopic calcification within heart valve tissues.

In the matrix-mediated microenvironment, nanocrystals were observed spread through the thickness of the valve tissue and orientated in various ways with respect to the substrate. This can suggest an active role of the ECM in inducing bioapatite nucleation due to its physical properties (rigidity, porosity, insolubility, spatial arrangement, and orientation).

The formation of this set of crystals might be also related to a heterogeneous nucleation, probably due to a surface-mineralization process. This mechanism might be mediated by the presence of negatively charged functional groups of the amino acids constituting the proteins of the extracellular matrix \([31–33]\).

The presence of submicrometer units assembled into larger units to form microstructures is typical of biomineralization processes. Biomineralization can develop with a solid phase forming from a solution and then proceeds with the formation of hierarchical structures whose dimensions vary from Ångstroms to millimetres \([34–36]\). The smallest units aggregate into larger-scaled once producing structures with unusual morphologies. Based on our results, we suggest that the formation of the ectopic biomineralization within the human heart valve follows the same steps (and the same hierarchical organization) of the biomineralization that normally happens in physiologically calcifying tissues \([36–38]\).

The spherical particles (matrix vesicles), similar to those reported by Bertazzo et al. \([39]\), were always observed in strict association with organic filaments. Energy dispersive spectroscopy (EDS) analyses acquired on these particles confirmed that they are made up of calcium phosphate,
Figure 5: High resolution field emission scanning electron microscopy (FESEM) micrographs of pathological bioapatite nanocrystals. (a) Needle/rod-like nanocrystals distributed as randomly aggregate are visible within a small cavity of the organic tissue of a tricuspid aortic valve. (b) Very thin needle/rod-like nanocrystals grown as randomly aggregate in a small cavity of a bicuspid aortic valve. (c) Needle/rod-like nanocrystals grown onto the organic substrate. Their orientated growth over the organic interface is visible.

Figure 6: Transmission electron microscopy (TEM) analyses of needle/rod-like pathological crystals. (a) Bright field (BF) image of a needle/rod-like nanocrystal collected from a calcified bicuspid aortic valve. In the bright field (BF) mode of the TEM, an aperture is placed in the back focal plane of the objective lens, which allows only the direct beam to pass. In this case, the image results from a weakening of the direct beam by its interaction with the sample. Therefore, mass thickness and diffraction contrast contribute to image formation: thick areas, in which heavy atoms are enriched, and crystalline areas appear with dark contrast. (b) EDS spectrum corresponding to the nanocrystal showed in panel (a). The spectrum clearly demonstrated the calcium phosphate nature of the nanocrystal. Ni and Cu belong to the 3 mm diameter Ni-Cu grid.
Figure 7: Transmission electron microscopy (TEM) analyses of needle/rod-like pathological crystals. (a, b) Bright field (BF, see Figure 6 for explanation) images and nano-beam electron diffraction (NBD) patterns (in the insets) collected from a calcified bicuspid aortic valve. NBD is a technique that allows determining strain in crystalline materials with a high spatial resolution. A parallel beam with small diameter (≈5 nm) is formed in the TEM and scanned across the sample, and diffraction patterns (at a zone axis) are recorded and analyzed for each location. The indices of the diffraction spots indicated in NBD patterns in panels (a) and (b) correspond to interplanar spacings of hydroxylapatite with hexagonal structure \( (P6_3/m) \). The interplanar spacings 002 and 004 are parallel to the elongated form, indicating that nanocrystals elongate parallel to their \( c \)-axis.

sulfur (S), and azote (N). This means that in the vesicles there are also proteins that act on the growth of these mineralized phases [40], morphologically different from bioapatite nanocrystals. This is confirmed from previous studies on the involvement of specific proteins (glycosaminoglycans, GAG) and lipoproteins in controlling the size and shape of hydroxylapatite [41–43].

Our nanoscale observations indicate that the formation of pathological bioapatite nanocrystals within heart valves is related to the presence of a highly heterogeneous mineral deposit. Different growth processes may occur in different microenvironments (each one with its own physicochemical characteristics) influencing the shape of the biomineralization. The presence of compartmental niches within the extracellular matrix assumes a relevant role in the formation of ectopic biomineralization in human heart valves as well as the action of the organic substrate on the crystals features.

We suppose bioapatite nanocrystals to be the first mineralized product within the organic framework and we consider their appearance as the pivotal step in disease initiation and progression in agreement with the study of Ewence et al. [44] that have demonstrated the bioactivity of calcium phosphate crystals as function of their crystal size. Bioapatite nanocrystals in the soft tissues of the human heart valve may activate an inflammatory process that increases and strengthens, within the endocardial valve layer, leading to irreversible pathological conditions such as valve structure disorganization, excessive GAG accumulation, elastic fiber fragmentation, cell activation, and cell death. This pathological condition once activated may aggravate the inflammatory response started by inorganically formed bioapatite nanocrystals and lead to a severe calcification process. In addition, autophagy, a critical mechanism for the aging process, involved in the regulation of cardiac homeostasis and response to stress, is deeply implicated in this process, as hypoxia, nutrient deprivation, and ischemia are a strong stimulus for autophagy [45]. If autophagia becomes upregulated, the digestion of damaged proteins and organelles can create the perfect conditions for the niche, as a newly created cavity, resulting from cell death that can host calcification process.

4.1. Limitations. We are aware that several limitations exist, but to our knowledge this is the first report to describe the two different growth processes linked to the different microenvironments. Due to the small sample size and the prevalence of tricuspid aortic valves, we could not compare results of the three different types of valves, to highlight significant differences in their biomineralization. As we already reported a significant difference in the content of calcium and phosphorous [6] between tricuspid and bicuspid aortic valves, we are convinced that architectural differences in collagen fibers and nanocrystal orientation exist and will be the object of a future study. A larger sample size would allow us also to correlate clinical data to the different forms of biomineralization and to better investigate the multifactorial pathogenesis of this complex disease and this study is actually ongoing. This is not an in vivo study to investigate biominerals crystal growth in a follow-up over time, but in its nature of ex vivo observational study we are convinced that different stages of growing are represented in a whole heart valve, as we analyzed heavy calcified samples but also areas with no appearance of visible macrocalcification that were indeed present as microcalcification at a submicrometer scale.
5. Conclusions

Our findings on pathological bioapatite nanocrystals growth processes may be helpful for understanding the biomineralization that affects human heart valve tissues and we stress on the importance that the mineralogical approach joined to the medical and biological fields can have to resolve this multidisciplinary phenomenon. To understand the formation of biomineralized deposits in the human heart tissues it is important to focus the attention on the nucleation of the bioapatite crystals, because all crystalline material, including bioapatite, can grow only after a nucleus is formed. In particular, biominerals grow in preferential sites for nucleation within complex crystal composites and the generation of crystallites with specific crystallographic orientations can be explained with a potential active control during the nucleation stage, operated by lipoproteins or other molecules, still not extensively investigated yet.

Therefore mineralogical and biological electron microscopy analyses on pathological bioapatite crystals may be extremely important to gain information about their crystallization pathway and on factors involved in the heart valve calcification process.

Conflict of Interests

The authors declare no competing financial interests.

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