Advances of Molecular Markers and Their Application for Body Variables and Carcass Traits in Qinchuan Cattle

Sayed Haidar Abbas Raza 1, Rajwali Khan 1, Sameh A. Abdelnour 2, Mohamed E. Abd El-Hack 3, Asmaa F. Khafaga 4, Ayman Taha 5, Husein Ohran 6, Chugang Mei 1, Nicola M. Schreurs 7 and Linsen Zan 1,8,*

1 College of Animal Science and Technology, Northwest A&F University, Yangling 712100, China; haiderraza110@nwafu.edu.cn (S.H.A.R.); rajwalikhan@nwafu.edu.cn (R.K.); mechugang@163.com (C.M.)
2 Department of Animal Production, Faculty of Agriculture, Zagazig University, Zagazig 44511, Egypt; samehtimor86@gmail.com
3 Department of Poultry, Faculty of Agriculture, Zagazig University, Zagazig 44511, Egypt; dr.mohamed.e.abdalhaq@gmail.com
4 Department of Pathology, Faculty of Veterinary Medicine, Alexandria University, Edfina 22758, Egypt; Asmaa.Khafaga@alexu.edu.eg
5 Department of Animal Husbandry and Animal Wealth Development, Faculty of Veterinary Medicine, Alexandria University, Edfina 22578, Egypt; Ayman.Taha@alexu.edu.eg
6 Department of Physiology, University of Sarajevo, Veterinary Faculty, Zmaja od Bosne Sarajevo 9071000, Bosnia and Herzegovina; husein.ohran@vfs.unsa.ba
7 Animal Science, School of Agriculture and Environment, Massey University, Palmerston North 4442, New Zealand; N.M.Schreurs@massey.ac.nz
8 National Beef Cattle Improvement Center, Northwest A&F University, Yangling 712100, China

* Correspondence: zanlinsen@163.com; Tel.: +86-2987-091-923

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Abstract: This review considers the unique characteristics of Chinese cattle and intramuscular fat content (IMF) as factors influencing meat quality, including tenderness, flavor, and juiciness of meat. Due to its nutritional qualities, meat contributes to a healthy and balanced diet. The intramuscular fat content and eating quality of beef are influenced by many factors, which can generally be divided into on-farm and pre-slaughter factors (breed, sex of cattle, age at slaughter, housing system, diet, and pre-slaughter handling) and postmortem factors (post-slaughter processing, chilling temperature, and packaging). Meat quality traits can also be influenced by the individual genetic background of the animal. Worldwide, the function of genes and genetic polymorphisms that have potential effects on fattening of cattle and beef quality have been investigated. The use of DNA markers is recognized as a powerful and efficient approach to achieve genetic gain for desirable phenotypic characteristics, which is helpful for economic growth. The polymorphisms of the SIRT4, SIRT6, SIRT7, CRTC3, ABHD5, KLF6, H-FABP, and ELOVL6 genes for body and growth characteristics of cattle, and also for beef quality, are considered with the aim of highlighting the significance of beef intramuscular fat content, and that growth, body, and meat quality characteristics are polygenically regulated.

Keywords: gene; markers; body; carcass; Qinchuan; cattle

1. Introduction

Beef is favored in both domestic and foreign markets due to its high protein content, low cholesterol, essential amino acids content, minerals, vitamins, and also greater digestibility and absorption which can reach 95%. Meat which is subjected to modification to either enhance taste,
or improve preservation, is called processed meat [1]. Over the past few decades, for cattle to have sustainable, efficient genetic gain and long-lasting progress in traits of economic importance, the cattle selection programs have increasingly utilized molecular genetic technologies because genetic improvement by traditional breeding systems slow due to the generational lag associated with progeny testing. Therefore, the characterization of quantitative trait loci permits biomarker-aided assortment of the economically important traits and provides faster genetic gain when candidate genes are correlated with the traits of economic importance [2]. Qinchuan cattle (Bos taurus) are an indigenous Chinese breed of cattle that is widely used in the production of beef due to its physiological and qualitative characteristics. Despite this, the Qinchuan cattle have a slower growth rate and a less developed carcass compared with other commercial breeds [3], and so the improvement of growth and carcass characteristics through a focus on genetics is a key feature of Qinchuan cattle production. An increased standard of living in China has seen an increased demand for beef which cannot be met by domestic beef production. Therefore, improving the production and quality of beef is a priority. The use of DNA markers to improve the carcass and quality characteristics of cattle was identified as a useful and effective tool for genetic gain [2,4–6]. Quantitative traits of the body and carcass of cattle are defined by a number of genes [7–9]. Therefore, the screening of candidate genes is necessary to understand the connection between gene variation and body and carcass traits [10]. The SIRT4, SIRT6, SIRT7, CRTC3, ABHD5, KLF6, H-FABP, and ELOVL6 genes are some candidate genes that have been identified as regulating meat and carcass traits through metabolic controls, fatty acid oxidation, fat deposition, and lipid synthesis. Especially for lipid metabolism, the SIRT4 gene in Qinchuan cattle seems to be a major metabolic regulator that modulates fat deposition [11]. SirTuins, or silent information regulator genes (SIRT6), are members of the class III nicotinamide adenine dinucleotide (NAD)-dependent deacetylase [12]. SIRT6 controls several pathways in the cell, including apoptosis, energy homeostasis, functions of the mitochondria, and longevity. SIRT6 in mammals is mainly located in the nucleus and participate in metabolism processes and DNA restoration [13]. It is proposed that SIRT6 controls the development of the animal body and modulates lipid and glucose metabolism on a local and systemic level [14]. The SIRT7 gene affects the traits related to growth and meat quality in Qinchuan cattle [15]. The ABHD5 gene is a catalyst of adipose triglyceride lipase (ATGL), which has an important function in triglyceride metabolism. It has been reported that the ABHD5 gene is related to improve carcass quality traits and can also be used as a biomarker for selection in Chinese cattle [16]. The gene known as Kruppel-like factor 6 (KLF6) participates in the control of cell division, separation, and muscle growth. Raza et al. [3] showed that the KLF6 gene is associated with ultrasound carcass measures, as well as larger body and carcass measurements. Many studies report that the polymorphisms and expression levels of H-FABP are related to the fat deposition in cattle [11]. The gene ELOVL6 encodes an enzyme that participates in lipogenesis via the catalytic elongation of both saturated and monounsaturated fatty acids. It has been shown that the ELOVL6 gene regulates the lipid metabolism and adipocyte proliferation in Qinchuan cattle [17]. By controlling the gene expression in the cell-cycle, this gene stimulates adipocyte proliferation.

The current review was intended to identify the genetic polymorphisms of bovine genetic biomarkers that are associated with body and carcass traits in Qinchuan cattle. The identified SNPs in Qinchuan cattle can be used to improve our understanding about the genes overall to inform on their value for marker-assisted selection of body, carcass, and meat traits of Qinchuan cattle.

2. Effect of Some Slaughter Value Factors on Meat Quality

Numerous studies have demonstrated that intramuscular fat content of cattle and beef quality are influenced by factors of the production or processing system including the breed, sex, age, housing system, feeding, and pre-slaughter handling, but also the individual genetic background of an animal [18,19] (Figure 1). The impact of breed on suitability for meat production was reported by many authors, but it is difficult to pinpoint the best breed for beef production and it is unlikely that one breed will have all the desirable traits for survival, growth, and quality meat production [20–22].
Breeds differ in many aspects including degree of muscling, intramuscular fat content, meat aroma, juiciness, and tenderness. Because cattle breeds originating from *Bos indicus* exhibit late maturation, higher calpastatin activity, and a larger percentage of connective tissue, the meat of these animals is characterized by lower tenderness and higher cooking loss compared to the meat of the breeds derived from *Bos taurus* [23].

**Figure 1.** Drivers of meat quality.

### 3. Most Important Beef Quality Traits

Beef quality attributes of importance for consumers include color, tenderness, taste, and juiciness [24]. A significant role is also played by freshness, low fat content, and high nutritive value [25]. Color depends on the concentration and chemical form of myoglobin found in the muscle tissue. Fresh meat contains deoxymyoglobin (DMb), oxymyoglobin (OMb), and metmyoglobin (MMb). The DMb form gives a scarlet pigmentation to fresh meat. In the presence of oxygen, deoxymyoglobin is oxidized to OMb, resulting in a bright pink-red color. When the above forms are oxidized to MMb, the meat becomes brown, which is highly undesirable. The formation of metmyoglobin is favored by factors such as low pH, increased salt concentration, and UV light. The enzyme metmyoglobin reductase decreases the level of the undesirable form of myoglobin, thus stabilizing the color of meat.

Beef tenderness is the ease of breakdown during biting and chewing. Many methods are available for instrumental determination of the degree of meat tenderness. Physical methods measure the force needed to shear, penetrate, detach, grind, compress, or tear a meat sample. The indicator typically used to evaluate tenderness is the shear force value, which measures the force needed to cut the sample perpendicular to the orientation of the muscle fibers. However, the correlation between this force and sensory tenderness is low [26].

Intramuscular proteins of the connective tissue and myofibrillar proteins are the components that are considered key contributors to the tenderness of beef. Their action is largely determined by the muscle type, structure and composition, and also by the cooking method and temperature [27]. Another essential factor influencing the ultimate tenderness of beef is how the meat is stored and proteolytic activity. At a temperature above the freezing point, meat is subject to the processes of aging, which increases its tenderness and can influence taste. The changes that occur in meat as a
result of endogenous proteolysis affect the structure and properties of both intramuscular connective tissue and muscle fibers. Connective tissue proteolysis during maturation of meat is reflected in increased collagen solubility, changes in the mechanical properties of perimysium, and changes in the composition of proteoglycans [26,28]. During maturation, myofibril structure undergoes breakdown of Z-line sarcomeres, some myofibril regulatory proteins, and thick and thin filaments of cytoskeletal proteins which stabilize the spatial arrangement. The proteolytic changes in these proteins occur under the influence of endogenous sacroplasmic proteinsthe calpains. The calpain system is represented by several isomeric cysteine proteases and their inhibitor calpastatin [9,29]. A great deal of studies has attempted to determine the function of genes whose polymorphism may impact the fattening and slaughter value of cattle as well as beef quality traits. However, the effect of the analyzed markers on different traits is not universal for all cattle breeds and cannot be extrapolated to the entire species [9,30,31]. The most important carcass and meat quality traits for meat-producing animals are summarized in Figure 2.

Figure 2. The most important carcass and meat quality traits for meat-producing animals.
4. Gene Polymorphism vs. Slaughter Value and Beef Quality

It is difficult to improve meat quality traits based on conventional selection methods because they are regulated in a polygenic manner and have low heritability. The evaluation of meat quality characteristics is expensive and can only be carried out postmortem. Knowledge about the genes and chromosome regions associated with desired meat quality characteristics may prove very helpful when selecting for breeding and estimating the breeding value of offspring. Many studies have been carried out worldwide to establish the functions of various genes as well as polymorphisms with potential effects on the fattening and slaughter value of cattle, as well as on beef quality (Table 1). Table 2 also expresses all the included polymorphisms.

Table 1. Gene association with meat quality in cattle.

| Gene Type | Author(s) | Findings |
|-----------|-----------|----------|
| SIRT4 gene | [32] • Stimulated in the purpose of suppressing the oxidation of fatty acid in obesity, further to elevate lipogenesis levels. |
|           | [33] • Leads to an increase in peroxisome proliferator-activated receptor α (PPARα) expression in the liver, cellular respiration, and pAMPK levels and, subsequently, changed rates of fatty acid oxidation. • Suppresses fatty acid oxidation, eventually stimulating lipid anabolism in muscle cells. |
|           | [34] • Decreased adipocyte differentiation in the liver. |
|           | [11] • They identified two SNPs in the SIRT4 gene related to meat quality in Qinhuang cattle; SNP (g.-311C > T) was shown to be associated to subcutaneous fat depth values. |
|          | [35] • Has capability to catalyze deacetylation of malonyl-CoA decarboxylase and at the same time impedes fatty acid catabolism. |
| SIRT6 gene | [36] • Can deacetylate histone H3K9, also modify the expression levels of genetic biomarkers linked with metabolism. |
|           | [37] • Connected with cholesterol homeostasis of animals, and inhibits lipogenic transcription factors (i.e., SREBP1 and SREBP2). |
|           | [38] • Four SNPs have been determined in the SIRT6 gene of Qinhuang cattle, which are present in intron 6, exon 7, exon 9, and 3′UTR, respectively, using the same methods in 468 Qinhuang cattle. • The above-mentioned SNPs are closely related to body measurements and carcass quality traits in comparison with other genotypes. |
|           | [39] • The thickness of back fat and intramuscular fat value of individuals that inherited genotype -1100GG, were found to be notably higher than in individuals with the AA or GA genotype -1100AA (p < 0.05). |
|           | [2] • Back fat thickness and intramuscular fat content are more represented in animals with a higher expression of the SIRT6 gene. |
### Table 1. Cont.

| Gene Type | Author(s) | Findings |
|-----------|-----------|----------|
| **Silent information regulators 7 (SIRT7)** | [40–42] | • Controls the differentiation of myoblasts and adipocytes; glucose homeostasis, cellular growth, also regulating lipid metabolism in the liver of mammals. |
| | [43,44] | • Controls the glycolysis as well as lipid hemostasis. |
| | [45] | • Modulate the TGF-β signaling pathway to restrain metastasis of tumors of the mammary gland. |
| | [57] | • Promote the activation of ERK/STAT3 signaling pathway in glioma invasion and proliferation. |
| **In Qinchuan cattle, two SNPs were identified in the SIRT7 gene (exon 6 and exon 7): SNP2 (g.3587C>T) and SNP3 (g.3793T>C).** | [15] | • In Qinchuan cattle, two SNPs were identified in the SIRT7 gene (exon 6 and exon 7): SNP2 (g.3587C>T) and SNP3 (g.3793T>C). |
| **CREB-regulated transcription coactivator 3 (CRTC3)** | [46] | • CRTC3 gene is predominately expressed in both types of adipose tissues, and consequently stimulated by catecholamine activity. |
| | [47–49] | • CRTC3 controls lipid breakdown, mitochondrial production and oxidation of fatty acids. |
| | [46,48] | • CRTC3 gene promotes the capacity of mitochondrial oxidative process in muscle. |
| | [50] | • CRTC3 SNPs are linked to body masses and carcass traits in bovine beef. So, identification of genetic markers represented in CRTC3 SNPs has a close association with traits of conformation and the carcass. |
| | [51] | • The marbling trait of Hanwoo cattle was noticeably increased after emasculation, while protein and mRNA levels of MAGL and ATGL have been declined. |
| | [52] | • Wujin pigs with increased intramuscular fat deposition had subordinate levels of ATGL expression than Shamrock pigs. |
| **The α/β hydrolase domain containing 5 (ABHD5)** | [53] | • ABHD5 gene was identified as elevating the triglyceride hydrolase activity of ATGL the most. |
| | [54] | • ATGL lipase activity increases due to the presence of ABHD5, but also expands the substrate specificity. |
| | [16] | • Indicated that the ABHD5 gene regulated by Ectopic viral integration site-1 (Evi1) and enhancer binding protein alpha (CEBP α), can be potential markers in MAS, to develop high-quality carcass in the mentioned breed. Such results show that ABHD5 can be used as a genetic biomarker for marbled beef selection, which will be very useful in MAS for carcass quality. |
Table 1. Cont.

| Gene Type | Author(s) | Findings |
|-----------|-----------|----------|
| Kruppel-like factor 6 (KLF6) | [55] | • Expression analysis of KLF6 mRNA or proteins has been documented in different tissues including liver, lungs, and kidney of yak. |
| | [56] | • Potential function of KLF6 during the differentiation of adipocyte it is stated to be a transcriptional prohibitory factor of Delta-like 1 (Dlk1). |
| | [57] | • The growth repressive activity arbitrated via KLF6 protein that controls the cell cycle by transcriptional initiation of the cyclin-dependent kinase inhibitor p21WAF1/Cip1. |
| | [58,59] | • By regulating the TGFBI signaling, the following functions of the KLF6 gene were determined: Postnatal growth and development of skeletal muscles. |
| | [60] | • Three SNPs (3332C > G; 3413C > T and 3521G > A) are located in the 2nd exon of the bovine KLF6 gene, which consequently confirms their influence on carcass quality and body measurement in Qinchuan cattle. |
| | [60] | • Hap1/4 is related in a greater amount to ULA and IF than other combinations |
| | [66] | • The haplotype combination Hap1/4 was significantly related with withers height, greater body length, hip width, rump length, intramuscular fat, and ultrasound loin area. |
| | [56,60] | • Overexpression of KLF6 in the liver of bovine shows that KLF6 has a remarkable and complex process in metabolism pathways. |
| Heart type fatty acid binding protein (H-FABP) | [61,62] | • H-FABP is related with the pig intramuscular fat, which makes this biomarker an important candidate gene for intramuscular fat regulation. |
| | [63] | • H-FABP-null mice exhibited better insulin sensitivity. |
| | [64] | • KLF15 gene can change the core promoter of the H-FABP gene. |
| | [11,65] | • An SNP g.6643C > T in the promoter region of the bovine H-FABP gene is mostly linked to weight and body length ($p < 0.01$) in Yak via modification of several transcription factors binding sites. |
| | [66] | • The analysis of single-markers showed that H-FABPs are related to IMF and a low fat percentage. |
| | [67] | • Higher expression levels of H-FABP stimulate adipogenesis in 3T3-L1 preadipocytes. |
| Very long chain fatty acids protein 5 (ELOVL5) | [2,68] | • ELOVL5 is complicated in the synthesis of palmitic acid (C16:0), palmitoleic acid (C16:1), stearic acid (C18:0), and oleic acid (C18:1). |
| | [68] | • The overexpression of ELOVL5 induces an enhanced fatty acid synthesis C18:1 cis-9, n-7 |
Table 1. Cont.

| Gene Type | Author(s) | Findings |
|-----------|-----------|----------|
| Very long chain fatty acids protein 5 (*ELOVL5*) | [69] | • The reduction of *ELOVL5* activity is associated with increased risk for hepatic steatosis. |
| | [70] | • *ELOVL5* has a role in the synthesis of various bovine acids, like C16:0, C16:1, C18:0, and C18:1. |
| | [71] | • The *ELOVL5* gene took part in fatty acid production. |
| | | • *ELOVL5* was also proven to be related with C20:1n9/C18:1n9 and C20:2n6/C18:2n6 production. |
| | [72] | • Concluded that the *ELOVL5* gene was associated with C14:0 in Chinese Simmental cattle. |
| Very long chain fatty acids protein 6 (*ELOVL6*) | [68] | • *ELOVL6* controls the elongation of C16:0 (Palmitate) to C18:0 (Stearate) in beef. |
| | [73] | • *ELOVL6* lowers the levels of mRNA expression in genes that are in charge for esterification. |
| | [74–76] | • *ELOVL6* is a direct target of sterol regulatory element-binding protein 1 (SREBP-1), and is regulated primarily by SREBP-1c and the carbohydrate-responsive element-binding protein (ChREBP). |

Table 2. Effects of various polymorphisms/variants as marker-assisted selection on body variables and meat quality traits in Qinchuan cattle.

| Gene | SNP | Site | Related Traits | References |
|------|-----|------|----------------|------------|
| *SIRT4* | g.−311C > T and g.−771C | ND | Subcutaneous fat depths | [11] |
| | g.−1022G > A | ND | Intramuscular fat content subcutaneous fat depth | [11] |
| *SIRT6* | g.8460GNA | ND | Body measurements | [38] |
| | g.9429CNT | ND | Meat traits | [38] |
| | g.9735TNC | ND | Body measurements | [38] |
| *SIRT7* | g.3587C > T | Exon 6 | Body size and meat quality traits | [11,15] |
| | g.3793T > C | Exon 7 | Body size and meat quality traits | [11,15] |
Table 2. Cont.

| Gene  | SNP          | Site           | Related Traits            | References |
|-------|--------------|----------------|---------------------------|------------|
| CREC3 | g.62652 A > G | Intron 3       | Loin muscle area          | [50]       |
|       | g.62730 C > T | Exon 4         | BL, HH, RL, and HW        | [50]       |
|       | g.66478 G > C | Exon 6         | BL and CD                 | [50]       |
|       | g.91297 C > T | Intron 13      | Body conformation         | [50]       |
| ABHD5 |              |                | Transcriptional factor    |            |
|       | g.3332 C > G | Exon2          | Body and carcass          | [3]        |
|       | g.3413 C > T | Exon2          | measurements              | [3]        |
|       | g.3521 G > A | Exon2          | Body and carcass          | [3]        |
| KLF6  |              |                | transcriptional factor    | [16]       |
|       | g.6643 C > T | ND             | Weight and body length    | [11,65]    |
|       | g.1375 C > G | ND             | Lipid deposition          | [62]       |
| ELOVL5| g.−110 T>C   | ND             | Monounsaturated fatty acid, SFA saturated fatty acid | [2,68,70] |
|       |              | ND             | Fatty acid profile in meat|            |
| ELOVL6|              | ND             | Fatty acid profile in meat| [61]       |

Note: None detected (ND), body length (BL), chest depth (CD), hip height (HH), rump length (RL), and hip width (HW).

4.1. The SIRT4 Gene

The bovine *SIRT4* gene, which is expressed within the mitochondrial matrix and sited on chromosome 17, has three introns and nine exons. Functionally, it is linked with various multiple biological pathways; regulates lipid metabolism and, in particular, is associated with obesity-linked syndromes (i.e., cardiovascular and diabetes disease) in humans [77]; and maintain genomic stability [78]. *SIRT4* has a role in suppressing the oxidation of fatty acids and elevating lipogenesis by suppressing malonyl CoA decarboxylase activity [32]. The knockdown of *SIRT4* expression leads to an increase in peroxisome proliferator-activated receptor α (PPARα) expression in the liver, cellular respiration, and pAMPK levels and, subsequently, altered rates of fatty acid oxidation [33]. Elevation in the expression of the *SIRT4* gene may led to decreased adipocyte differentiation in the liver [34]. Recently, Gui et al. [11] detected polymorphisms in Qinchnuan cattle *SIRT4* that are related with fat deposition and meat quality. They identified two SNPs in *SIRT4*; SNP (g.−311 C > T) was shown to be associated to subcutaneous fat depth values, whereas the SNP (g.−1022 G > A) had an effect on intramuscular fat content and subcutaneous fat depth values [11]. This was the first work to reference that *SIRT4* may directly or indirectly affect the quality traits of meat in Chinese cattle. Mammalian *SIRT4* gene is situated in the mitochondria, which regulates two biological functions related to mono-ADP ribosyltranferase and adeacetylase [79]. The *SIRT4* has resulted in suppressing fatty acid oxidation, eventually stimulating lipid anabolism in muscle cells via the repression of malonyl-CoA decarboxylase function [33]. Another mechanism of *SIRT4*, via its capability to catalyze deacetylation of malonyl-CoA decarboxylase, at the same time impedes fatty acid catabolism [35].
Under elevated ambient temperatures, SIRT4 expression increases, affecting the metabolism of fatty acids in humans [80].

SIRT4 is a central regulator of different metabolic pathways, particularly in the homeostasis of fats. In addition, SIRT4 intermediates, either directly or indirectly affect the deposition of lipids in farm animals. Two SNPs markers (g.−311C>T and g.−1022C>A) of SIRT4 could be used to identify bovine capable of accumulating lipids and meet carcass specifications. The SIRT4 polymorphisms are potential biomarkers for the selection of fat deposition and meat quality in livestock.

4.2. SIRT6 Gene

The mammalian sirtuins family of gene has seven homologs, SIRT1 to 7, are also considered as a part of the class III nicotinamide adenine dinucleotide-dependent deacetylase family [12]. The silent information regulators 6 (SIRT6) gene play a central role in carboxyl termini and other several cellular localizations in mammals [81] (Figures 3 and 4). SIRT6 is principally a helper protein with several biological pathways, such as nuclear chromatin, stress resistance, and lifespan, as well as has roles in metabolism [82]. Previous studies have indicated that SIRT6 can deacetylate histone H3K9, and also modify the expression levels of genetic biomarkers linked with metabolism [36], and insufficient levels of this SIRT6 gene expression in the liver may affect lipid and glycolysis metabolism [39,83]. Interestingly, the SIRT6 gene attained was connected with cholesterol homeostasis of animals, and inhibits lipogenic transcription factors (i.e., SREBP1 and SREBP2) through stimulating the mitochondrial phosphorylation process [37]. The SIRT6 gene is necessary enzyme for metabolism of lipid, which is associated to fat deposition in mammals. Therefore, due to suppression of PPARγ gene, the transgenic mice expressed the SIRT6 gene and downregulated the fat deposition in response to restricted feed intake by adjusting transcription factor binding sites, as previously described [84]. Gui et al. [38] have identified four sequence variants (SVs) in intron 6, exon 7, exon 9, and 3′UTR, using a technology based on sequencing that was carried out in 468 individual Qinchuan cattle. Four SNPs have been determined in the SIRT6 gene of Qinchuan cattle, which are present in intron 6, exon 7, exon 9, and 3′UTR, respectively, using the same methods in 468 Qinchuan cattle [38,85].

![Figure 3. The effect of the SIRT6 gene on meat quality parameters.](image-url)
The above-mentioned SNPs are closely related to body measurements and carcass quality traits in comparison with other genotypes [38,86]. Recently, the thickness of backfat and intramuscular fat was greater in individuals that inherited genotype -1100GG, than in individuals with the AA or GA genotype-1100AA), while genotypes of other SNPs (c.−84 C > T) in the promoter region of SIRT6 had no significant association with deposition of lipids [39]. It seems that backfat thickness and intramuscular fat content are more represented in animals with a higher expression of the SIRT6 gene (especially, SNP c.−1100 A > G) [2]. The role of SIRT6 in regulating glucose and lipid metabolism is illustrated in Figure 3.

4.3. Silent Information Regulators 7 (SIRT7)

The SIRT7 gene is the protein that is mostly correlated with rRNA activation genes, RNA polymerase 1 (RNA Pol 1), and histones [87], and has different roles in lipid and cellular homeostasis in sheep [40]. SIRT7 is mostly localized in the nucleolus in mammals. In this way, it can regulate cell functions by acting as a cellular regulative protein with a mono-ribosyltransferase function. The expression of SIRT7 upregulates RNA Pol 1-mediated rDNA transcription, while repression decreases the rDNA transcription. Likewise, SIRT7 controls the differentiation of myoblasts and adipocytes, glucose homeostasis, cellular growth, as well as regulating lipid metabolism in the liver of mammals [40–42] (Figure 5).
The SIRT7 gene controls glycolysis as well as lipid hemostasis [43,44] in the liver by regulating the ubiquitin-proteasome pathway [41,44,45]. Recent results demonstrated that SIRT7 could modulate the TGF-β signaling pathway to restrain metastasis of tumors of the mammary gland [45], and also promote the activation of the ERK/STAT3 signaling pathway in glioma invasion and proliferation [88]. That showed that the SIRT7 gene behaved as a key enzyme for lipid metabolism, which could be related to deposition of lipids in mammals. Previously, in Qinchuan cattle, two SNPs were identified in the SIRT7 gene (exon 6 and exon 7): SNP2 (g.3587C>T) and SNP3 (g.3793T>C), which are linked with body traits and meat quality [15]. Furthermore, SNP2 (g.3587C>T) was determined in the SIRT7 gene, and it was concluded that it can be linked with body size traits including a higher hip width and greater ultrasound loin muscle area in Qinchuan cattle [11,15]. Additionally, the same Chinese researchers found that the local cattle with an SNP3-C 3C3 genotype (g.3793T>C) had a significantly higher hip width, body length, ultrasound loin muscle area, chest circumference, and back fat thickness compared with those with the SNP3-T 3T3 genotype (p < 0.05).

4.4. CREB-Regulated Transcription Coactivator 3 (CRTC3)

CREB-regulated transcription co-activator 3 (CRTC3) is an essential protein in lipid homeostasis [89] and is regarded as a member of the CREB co-activator class (CREB-regulated transcription coactivators CRTC) [50]. CRTC3 is placed on chromosome 21 in cattle and is contained in 15 exons and 14 introns. CRTC regulate the production of ATP via involvement of the c-AMP pathways [90–93] and encompass an N-terminal CREB binding area, a splicing domain, a central regulatory area, and a C-terminal transactivation region [46]. CRTC mRNA and protein are mainly present in white adipose tissue in humans. Expression analyses form previous reports suggested that the CRTC3 gene is predominately expressed in both types of adipose tissues, and consequently stimulated by catecholamine activity [46]. It was also revealed that CRTC3 controls lipid breakdown, mitochondrial production, and oxidation of fatty acids [47–49]. Decreased plasma free fatty acid levels were examined in the skeletal muscles of CRTC3 knocked-out mice, while the results indicated reduced insulin sensitivity. In addition, the CRTC3 gene promotes the capacity of mitochondrial oxidative process in muscle by overexpression of the hormone receptor coactivator PGC1α in the nucleus [46,48]. Besides, it was found that the
polymorphisms of CRTC3, rs3862434 and rs8033595, are linked to obesity risk. Based on the function as a regulator in fat deposition, CRTC3 is likely to influence traits related to fat deposition in animals.

For meat quality in native Chinese beef cattle, there were four SNPs, two in introns (SNP1: g.62652 A > G and SNP4: g.91297C > T) and two in exons (SNP2 g.62730C > T and SNP3: g.66478G > C) with an influence on carcass characteristics [50]. These SNPs primarily expressed in CRTC3 which is located on chromosome 21. Animals with genotype AG, at the SNP1 locus, displayed a greater loin muscle area value than the other genotypes (p < 0.01). Unlike other genotypes (p < 0.05), at the SNP2 locus, with genotype CC, a greater BL, HH, RL, and HW was found. It can be concluded that the G allele could be used for trait selection in cattle at the SNP2 locus. Higher values of CD and BL were found in animals with genotype GC at the SNP3 locus, unlike the ones with genotype GG (p < 0.05 and p < 0.01). The cattle with genotype CT at SNP4 had a larger conformation (p < 0.05). The T allele in SNP4 is claimed to be related to better growth traits in indigenous Chinese cattle. Wu et al. [50] indicated high expression profiles in adipose tissues, rumen, and other splanchnic tissues. It is considered that CRTC3 SNPs are linked to growth and carcass traits in bovine beef. Identification of genetic markers representing CRTC3 SNPs is associated with traits of conformation and carcass, which can be used to advance marker-assisted selection and breeding programs in Chinese cattle for promoting the selection of economically favorable traits. The effect of the CRTC3 gene on growth and meat quality parameters is summarized in Figure 6.

![CRTC3 gene regulation diagram](image)

**Figure 6.** The role of CRTC3 in regulating glucose and lipid metabolism.

4.5. The α/β Hydrolase Domain-Containing Protein 5 (ABHD5)

The α/β-hydrolase fold-containing protein 5 (ABHD5) is a part of the paralogous protein pair ABHD4 and ABHD5 that have a role as a co-activator of mammalian adipose triglyceride lipase (ATGL) and also participates in lipid metabolism and energy balance [16]. The control of intramuscular fat deposition is modulated by several lipolytic enzymes including: ATGL, monoglyceride lipase (MAGL), and hormone sensitive lipase (HSL). Consequently, it has been reported that the marbling trait of Hanwoo cattle was noticeably increased after castration, and protein and mRNA levels of MAGL and ATGL declined [51]. Castrated animals promote intramuscular fat accumulation via the reduction of lipolytic enzymes activity such ATGL and MAGL. Previous reports in different animals, for instance
Wujin pigs with increased intramuscular fat deposition, had subordinate levels of ATGL expression than Shamrock pigs [52]. Enhanced triglyceride and fat accumulation were observed in the skeletal muscle of ATGL knockout mice, which exhibited reduced responsiveness to insulin [94]. Additionally, ABHD5 is one of the potential proteins which directly modifies ATGL and does not depend on the environment of the cell [53,95,96]. The ABHD5 gene was identified as elevating the triglyceride hydrolase activity of ATGL the most [53]. ATGL lipase activity increases due to the presence of ABHD5, but also expands the substrate specificity. In the triglyceride, the acyl residue is primarily hydrolyzed by ABHD5 at the sn-2 position. However, the presence of ABHD5 supports the acyl residue at the sn-1 or sn-2 position [54]. Based on the fact that ABHD5 regulates ATGL function, it can be concluded that this protein has a role in the metabolism of lipids and energy balance [16]. The sequence analysis of 5′-regulated region of the ABHD5 gene showed significant transcription factor binding sites such as CREB, C/EBP α, or PPAR γ, which indicates that the transcription of the ABHD5 gene is tightly connected with the lipid metabolism and energy balance signaling pathways. Wang et al. [16] studied the regulation of cellular lipid metabolism in bovine adipocytes by the transcriptional regulatory mechanism of the ABHD5 gene. The same researchers quantified the mRNA expression level of ABHD5 in various tissues in differing generations of Qinchuan cattle and using molecular techniques, like gene cloning, the luciferase reporter assay, and site directed mutation and EMSA to identify the function of Evi1 and C/EBPα transcription factors in the regulation of ABHD5. Wang et al. [16] indicated that the ABHD5 gene was regulated by an ectopic viral integration site-1 (Evi1) and enhancer binding protein alpha (C/EBPα), and can be potential markers in marker-assisted selection, to develop a high-quality carcass in the mentioned breed. Such results show that ABHD5 can be used as a genetic biomarker for marbled beef (Figure 7).

![Figure 7. The effect of the ABHD5 gene on growth and meat quality parameters.](image)

4.6. Kruppel-Like Factor 6 (KLF6)

KLF6 is a part of the mammalian sp1/KLF transcription factors, which regulate muscle development, cell division, development, differentiation, and adipogenesis [97–100]. KLF6 is essential for adipogenesis [101]. Expression of KLF6 mRNA or proteins has been documented in different tissues including liver, lungs, and kidney of yak [55], but the exact role and expression levels in cattle tissues has not been identified. The potential function of KLF6 is as a transcriptional prohibitory factor of Delta-like 1 (Dlk1) acting during the differentiation stages of adipocyte formation, The KLF6 works by encoding
a transmembrane protein that impedes adipogenesis [56]. The growth repressive activity of KLF6 was observed in postnatal and developing skeletal muscle as controlling the cell cycle by transcriptional initiation of the cyclin-dependent kinase inhibitor p21WAF1/Cip1 [57]. By regulating the transforming growth factor beta 1 (TGFB1), the functions of KLF6 in postnatal growth and development of skeletal muscles was determined [58,59], including the activation of hepatic glucokinase and regulation of insulin sensitivity in liver by NAFLD [102]. Recently, Raza et al. [3] evaluated the variations and haplotype combinations of the KLF6 gene, and found three SNPs (3332C > G, 3413C > T, and 3521G > A) which are located in the 2nd exon of the bovine KLF6 gene were associated with carcass quality and body measurements of Qinchuan cattle (Figure 8).

Figure 8. The effect of the KLF6 gene on growth and meat quality parameters.

Expression of KLF6 in the liver of bovines indicates that KLF6 is involved in complex metabolism pathways and is a critical regulator of metabolic process and apoptosis [56,60]. The haplotype combination Hap1/4 of the KLF6 gene was associated with a taller wither height, longer body length, wider hips, longer rump, more intramuscular fat, and a greater loin area compared to other haplotype combinations [3]. The Hap1/4 haplotype of KLF6 is a potential biomarker for determination of body measures and carcass traits in Qinchuan cattle. Bearing in mind that the main functions of the KLF6 gene are related to the lipid metabolism, there is a need for additional studies to identify the specific functions regarding meat quality traits, but also detailed polymorphism identification of other genes is necessary to clarify genotypes for body and carcass traits.

4.7. Heart Type Fatty Acid Binding Protein (H-FABP)

Heart type fatty acid binding protein (H-FABP) is categorized as an intracellular fatty acid-binding protein used for the transportation of long-chain fatty acids. The H-FABP gene is expressed in the heart, subcutaneous fat, and skeletal muscles, and to a lesser extent expressed in brown fat tissue, placenta, and the neuron cells [103,104]. The H-FABP gene participates in signal transduction pathways, such as mitochondrial β oxidation and the uptake or utilization of long chain fatty acids [105]. H-FABP is
associated with intramuscular fat concentration in pigs, which makes this biomarker an important candidate gene for intramuscular fat regulation [61,62] (Figure 9).

Model (Figure 9). The effect of the H-FABP gene on growth and meat quality parameters.

Previous studies reported that the H-FABP-null mice exhibited better insulin sensitivity, which was possibly associated to the augmented reliance on glucose [63]. The expressions of genes related to lipid metabolism and glycolysis are regulated by the knockdown of the H-FABP gene in brown adipocytes [106]. Li et al. [64] report that the KLF15 gene can change the core promoter of the H-FABP gene, thus influencing the meat and growth traits in mammals. A SNP g.6643C > T in the promoter region of the Yak H-FABP gene is linked to weight and body length via modification of several transcription factors binding sites and through diverting long-chain fatty acids to the mitochondria [11,65].

The H-FABPs are related to IMF and a low (lean meat) fat percentage [66,81]. Higher expression levels of H-FABP stimulate adipogenesis in preadipocytes [67]. Even though it seems that this gene does not have any significant functions in determining quality traits, like carcass weight and backfat [107], previous studies on the native Tibetan pig stated that the levels of mRNA and protein expression of H-FABP in backfat, longissimus dorsi, and liver were increased in pigs with greater fat [62]. Shang et al. [62] reported that the C-1375G site can stimulate expression of H-FABP and in this way be connected to lipid deposition in pigs.

4.8. Very Long Chain Fatty Acids Protein 5 (ELOVL5)

ELOVL and its homologs are parts of the very long chain fatty acids protein class (Figure 10). Seven homologues of ELOVL have been identified (ELOVL 1–7) and are identified as being involved in fat metabolism in mammals. The ELOVL genes encode enzymes which are differentially represented in different tissues, and the individual enzymes have different preferences of fatty acid substrate [108,109]. Among them, ELOVL5 is involved in the synthesis of palmitic acid (C16:0), palmitoleic acid (C16:1), stearic acid (C18:0), and oleic acid (C18:1) [70], which are the main fatty acids in beef [2,68]. ELOVL5 is an essential protein in for the synthesis of specific monounsaturated fatty acid (MUFA) in mammalian cells and has a role in fatty acid elongation [70]. When ELOVL5 is knocked out, the elongation of C16:1
cis-9, n-7 is reduced, while the overexpression of ELOVL5 induces an enhanced fatty acid synthesis of C18:1 cis-9, n-7 [68]. Furthermore, it has been confirmed that the reduction of ELOVL5 activity is associated with increased risk for hepatic steatosis, while polyunsaturated fatty acids (PUFAs) that are internal produced are key regulators of fatty acid synthesis [69].

Studies in pigs have proven that the ELOVL5 gene takes part in fatty acid production and is associated with C20:1n9/C18:1n9 and C20:2n6/C18:2n6 production [71]. ELOVL5 can have pleiotropic effects on diverse fatty acid structures in multiple stages of the metabolism. Recently, Zhu et al. [72] performed genome-wide association study (GWAS) in Chinese Simmental cattle and they concluded that the ELOVL5 gene was associated with C14:0 in Chinese Simmental cattle. It could be seen that different regions and loci can be candidate biomarkers for genomics-based breeding strategies. All the mentioned methods have proved that ELOVL5 is strongly linked with fatty acids, and can be used for genomic selection for fatty acids in the Chinese Simmental cattle.

4.9. Very Long Chain Fatty Acids Protein 6 (ELOVL6)

Very long chain fatty acids protein 6 (ELOVL6) gene encodes a crucial protein that participates in lipogenesis by catalyzing the elongation of monounsaturated and saturated fatty acids [17]. Expression of bovine ELOVL6 has been confirmed in many tissues important in lipid metabolism, including adipose tissues, brain and the liver. The ELOVL6 gene takes part in the biosynthesis of several fatty acids, including palmitic acid (C16:0), palmitoleic acid (C16:1), stearic acid (C18:0) and oleic acid (C18:1). Additionally, ELOVL6 controls the elongation of C16:0 (palmitate) to C18:0 (stearate). Because palmitate and stearate are the major fatty acids in beef [68], the participation of ELOVL6 in the production of fatty acids may be especially important for beef breeding.

The deficiency expression of ELOVL6 in mice has improved quantities of C16:0 and C16:1n-7 in various tissues, and reduced levels of C18:0 and C18:1n-9 [108,110,111]. Recent studies suggest, that the stearic acid (C18:0), as an ELOVL6 product, participates in the control of mitochondrial function via stearoylation of transferring receptor 1 (TFR1) [112]. ELOVL6 lowers the levels of mRNA expression in genes that are in charge for esterification, such as concentrations of glycerol-3-phosphate acyltransferase mitochondrial and diacylglycerol acyltransferase 2 (DGAT2), and also triacylglycerol [73].
Recent studies proved that \textit{ELOVL6} is a direct target of sterol regulatory element-binding protein 1 (SREBP-1) and is regulated primarily by SREBP-1c and carbohydrate-responsive element-binding protein (ChREBP) \cite{74–76}. Binding of SP1 to the promoter regions of \textit{ELOVL6} controls their transcription activity \cite{113}. The \textit{ELOVL6} c.-394G > A polymorphism is responsible for mutation of the quantitative trait locus on pig chromosome 8, what in the end dictates porcine fatty acid composition \cite{61}. Results of transcriptome and genomic sequencing reveal that \textit{ELOVL6} is a potential biomarker that affects meat quality in bovines and has an important role in the regulation of fat metabolism by elongating fatty acids \cite{17}.

Junjvlieke et al. \cite{17} reported that the binding of transcription factors \textit{KLF6} and \textit{PU.1} appeared in the −168/+69 region, and have an essential role in regulating the transcription of bovine \textit{ELOVL6}. The same researchers claim that up-regulation of \textit{ELOVL6} increases peroxisome proliferator activated receptor \(\gamma\) (\textit{PPAR}\(\gamma\)) expression, however it down regulates the fatty acid-binding protein 4 (\textit{FABP4}) expression. Additionally, the reduction of \textit{ELOVL6} subsequently regulated the expression level of mRNA \textit{PPAR}\(\gamma\), \textit{FABP4}, \textit{ACSL}, and \textit{FATP1}. By regulating the expression levels of genes involved in the cell cycle, \textit{ELOVL6} stimulates adipogenesis.

5. Conclusions

Marker-assisted selection is a powerful tool for the improvement of beef cattle production, and can be used to advance both management and breeding decisions. In this review, we summarized numerous regions and SNPs that are potential biomarkers for genomics-assisted breeding strategies for the improvement of carcass quality and body variables in Chinese QinChuan cattle. It appears that there is a need for further studies to assess the potential role of other sequences of the major genes or other associated genes in different breeds and populations. Novel methods, like whole-genome sequencing and whole-transcriptome profiling, are likely to be valuable tools to identify signatures of selection and gene pathways involved in these traits.

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