Energy minimization using Sobolev gradients: application to phase separation and ordering

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A common problem in physics and engineering is the calculation of the minima of energy functionals. The theory of Sobolev gradients provides an efficient method for seeking the critical points of such a functional. We apply the method to functionals describing coarse-grained Ginzburg-Landau models commonly used in pattern formation and ordering processes.

Key Words: Sobolev gradients, Ginzburg-Landau theory, phase separation

1. INTRODUCTION

Many problems in mathematical physics are formulated in terms of finding critical points of energy functionals. The recent theory of Sobolev gradients [1] provides a unified point of view on such problems, both in function spaces and in finite dimensional approximations to such problems. The aim of this work is to demonstrate the use and efficiency of Sobolev gradient techniques in minimising energy functionals associated with Ginzburg-Landau models for studying phase transitions in alloys and complex fluids. These equations are prototypical for studying pattern formation or ordering, such as nucleation and spinodal decomposition, that are accompanied by instabilities. We illustrate our work with models A and B in the Halperin-Hohenberg taxonomy, in which the coarse-grained field or the order parameter \( \langle \text{OP} \rangle \) is either not conserved (model A) or conserved (model B) [2].

A gradient of a functional gives the direction of greatest change per unit change in the argument of the functional. Often overlooked is that the direction of a gradient strongly depends on how the size of arguments of a functional are measured. Functionals of interest in physics, particularly energy functionals, commonly include derivatives of the arguments. Such arguments have to be considered large if some of its derivatives are large. Theoretical considerations of such functionals must take this into account but is often overlooked in numerical approximations. The theory of Sobolev gradients [1] is an organized account of how to choose a metric for a finite dimensional problem that matches that required for the corresponding theoretical problem. It is found that a proper matching leads to gradients (Sobolev gradients) which are considerably smoother than those normally used [3]. The result is that the approach to a minimum energy configuration becomes much
more efficient. In fact, the improvement in performance using Sobolev gradients becomes infinite as mesh size goes to zero. This paper illustrates this phenomenon in some typical problems of interest in phase separation and pattern formation. The layout of the paper is as follows: An introduction to Sobolev gradients in Section 2 is followed by a description in Section 3 of Ginzburg-Landau models and how Sobolev gradient techniques may be employed. In Section 4 we compare the results for minimization using ordinary gradients (functional derivatives) and in an appropriate Sobolev space in 1, 2, and 3 dimensions, with different grid spacings and with different boundary conditions. If we consider steepest descent as being a time evolution from a higher energy state to a lower energy state, then a theoretical bound on how large our time step can be is given by the Courant-Friedrichs-Lewy (CFL) condition. Beyond this limit, the numerical scheme for steepest descent will magnify errors in each step. This implies that for the traditional steepest descent schemes the step size will have to be decreased as grid spacing becomes finer, the dimension of the problem is increased or the order of the derivatives in the problem increases. The Sobolev gradient technique avoids these problems. When we use ordinary gradients we label our results \( L^2 \) runs since ordinary gradients are closely related to attempts at defining a gradient in \( L^2(\Omega) \), the space of square integrable functions in a region \( \Omega \). In Section 5 we consider model A', which is model A with a constraint, namely, the average value of the \( \text{OP} \) is conserved. This model has a different Sobolev gradient than model A and is an alternative to the Cahn-Hilliard equation (model B) when dynamics is not of interest. We compare results for minimization in \( L^2 \) using the Cahn-Hilliard approach to model A' minimization in the appropriate Sobolev space in 1, 2, and 3 dimensions with different grid spacings and with different boundary conditions. In Section 6 we extend model A' to models of surfactant systems which have higher order derivatives. For the models we have studied, the Sobolev gradient technique becomes increasingly attractive as grid spacing is refined, dimension is increased, or the order of the derivatives in the problem becomes higher.

2. THE SOBOLEV GRADIENT APPROACH

Sobolev gradients essentially provide an organized numerical procedure of determining preconditioners. An energy functional can be generically written as:

\[
J(u) = \int_\Omega F(Du),
\]

where \( \Omega \) is a domain in Euclidean space, \( u \) is a member of an appropriate function space and \( Du \) is a list of (length \( n \), say) consisting of \( u \) and all partial derivatives of \( u \) which are relevant to the problem at hand. \( F \) is a function on an appropriate Euclidean space. For example, consider \( \Omega \) to be a rectangular region in \( R^2 \), \( F \) is a function on \( R^3 \) so that

\[
F(w, r, s) = \frac{(r^2 + s^2)}{2} + \frac{w^4}{4} - \frac{w^2}{2}
\]

for all numbers \( w, r, s \) and \( D \) is the transformation \( Du = (u, u_x, u_y) \) for all \( u \) on \( \Omega \) with well-defined partial derivatives. Equation (1) then takes the form

\[
J(u) = \int_\Omega F(Du) = \int_\Omega \left[ \frac{(u_x^2 + u_y^2)}{2} + \frac{u^4}{4} - \frac{u^2}{2} \right] dr,
\]
which is one of the functionals we will deal with in this paper. Returning to our
general considerations of (1), we perform a first variation
\[ J'(u)h = \int_{\Omega} F'(Du) Dh. \]
At this point we depart from custom and do not integrate by parts to obtain the
Euler-Lagrange equations. Instead, we write
\[ J'(u)h = \int_{\Omega} F'(Du) Dh = (Dh, (\nabla F)(Du))_{L^2(\Omega)^n}. \]  
(2)
We note that
\[ \langle Dh, Dg \rangle_{L^2(\Omega)^3} = \int_{\Omega} (hg + h_x g_x + h_y g_y), \]
the inner product in the Sobolev space \( H^{1,2}(\Omega) \) [1] [5].

By \( L^2(\Omega) \) we mean the Hilbert space of real functions on \( \Omega \) in which
\[ ||f||_{L^2(\Omega)}^2 = \int_{\Omega} f^2 \]
By \( H^{1,2}(\Omega) \) we mean the subspace of \( L^2(\Omega) \) consisting of all \( f \) so that the norm
\[ ||f||_{H^{1,2}(\Omega)}^2 = \int_{\Omega} (f^2 + f_x^2 + f_y^2) \]
is defined.

We introduce a transformation \( P \) which is essential to our presentation. Take
\( P \) to be the orthogonal projection of \( L^2(\Omega)^n \) onto the subspace of all elements of
the form \( Du \). Such a transformation can be dealt with in a concrete way computa-
tionally. From (2),
\[ J'(u)h = (Dh, (\nabla F)(Du))_{L^2(\Omega)^n} = (PDh, (\nabla F)(Du))_{L^2(\Omega)^n} = (Dh, P(\nabla F)(Du))_{L^2(\Omega)^n}. \]
These are legitimate steps since \( PDh = Dh \) and orthogonal projections may be
passed form one side of an inner product to the other. We need one more inner product:
\[ \langle g, h \rangle_S = \langle Dg, Dh \rangle_{L^2(\Omega)^n}. \]
In terms of this inner product,
\[ J'(u)h = (Dh, P(\nabla F)(Du))_{L^2(\Omega)^n} = (h, (\nabla_S J)(u))_S, \]
where \((\nabla_S J)(u)\) is defined as the first element in the list
\[ P(\nabla F)(Du). \]
The function \((\nabla_S J)(u)\) is called the Sobolev gradient of \( J \) at the element \( u \). To
make the above calculations useful the projection \( P \) must be presented in a suitable
form and the relevant details are given later. In a number of previous applications
of the methods (e.g., transonic flow [1], Ginzburg-Landau functionals for supercon-
ductivity [1]) it has been known that Sobolev gradients give vastly superior results
to those obtained with ordinary gradients. In what follows, slight variations of the
above will be used, these variations take into account a variety of boundary and
other external conditions.
3. APPLICATION TO GINZBURG-LANDAU MODELS

Models A and B are defined by the equations \( \frac{\partial u}{\partial t} = -\frac{\delta J}{\delta u} \) and \( \frac{\partial u}{\partial t} = \nabla^2 \frac{\delta J}{\delta u} \) respectively, where \( J \) is a free energy functional. The static and dynamical properties of these models have been extensively studied, primarily in numerical work related to coarsening and growth of domains \([2, 6]\). The functional \( J(u) \) usually has a polynomial form that depends on the nature of the phase transition as the coefficient of the quadratic term changes sign (as a function of temperature, pressure or some other thermodynamic variable). The widely used form with terms in \( u^2 \) and \( u^4 \) is associated with a second order or continuous transition, where there is no jump discontinuity such as latent heat.

We seek to minimize the model A free energy functional

\[
J(u) = \int \left[ \frac{1}{4} u^4 - \frac{1}{2} u^2 + \frac{\kappa}{2} |\nabla u|^2 \right] dr
\]

over some volume subject to certain boundary conditions. The coefficient \( \kappa \) determines the energy penalty for interfaces.

In one dimension the problem can be reformulated as minimization of

\[
J(u_0, u_1) = \int \left[ \frac{1}{4} u_0^4 - \frac{1}{2} u_0^2 + \frac{\kappa}{2} u_1^2 \right] dx
\]

subject to the constraint that the \( L_2(\Omega) \) functions \( u_0 \) and \( u_1 \) are of the form

\[
(u_0, u_1) = (f, f_x)
\]

for some \( H^{(1,2)}(\Omega) \) function \( f \). We seek a projection operator that maps \( (u_0, u_1) \) in \( L_2(\Omega) \times L_2(\Omega) \) to the closest point in the subspace consisting of points of the form \( (f, f_x) \). This is given by minimizing the integral

\[
I = \int [(f - u_0)^2 + (f_x - u_1)^2] dx
\]

over the interval subject to specified constraints. Minimizing \( I \) gives the condition

\[
(1 - \partial_x^2) f = u_0 - \partial_x u_1.
\]

A steepest descent scheme in \( L_2(\Omega) \) would be of the form

\[
u \to u - \lambda \nabla J(u),
\]

where \( \lambda \) is some scalar and \( \nabla J(u) \) is the variation of \( J \) with respect to \( u \) subject to boundary conditions. We instead perform a steepest descent in the space where the gradient is given by the projection we already found:

\[
\nabla J(u_0, u_1) = (1 - \partial_x^2)^{-1} \left( \frac{\partial J(u_0, u_1)}{\partial u_0} - \partial_x \frac{\partial J(u_0, u_1)}{\partial u_1} \right).
\]

This is equivalent to changing the norm of candidate functions from

\[
||f||^2 = \int f^2 dx
\]

to
\[ ||f||^2 = \int f^2 dx + \int f_2^2 dx \]

again subject to appropriate constraints such as boundary conditions.

4. RESULTS FOR MODEL A

In this section we report results for model A in one dimension with periodic and Dirichlet boundary conditions. The coefficient \( \kappa \) was set to 1.0 for all the numerical trials. For periodic boundary conditions, systems of \( M \) nodes with spacing \( h \) were set up with random initial values for the order parameter \( u \) such that the average value \( \langle u \rangle = 0.05 \) at \( t = 0 \). The final minimum energy configuration should have \( u = 1.0 \) everywhere. The number of iterations, the largest step \( \lambda \) that could be used, and the CPU time to obtain \( u > 0.99 \) everywhere in the system are noted in the Tables. The next three entries in the Tables are the number of iterations, step, and CPU time required when using the Sobolev gradient technique. For Dirichlet boundary conditions the order parameter \( u \) was set to 0.01 everywhere except at the ends where \( u \) was fixed at zero. The program was terminated when the magnitude of the \( L_2 \) gradient was less than \( 10^{-5} \) everywhere in the system.

When minimizing in \( L_2(\Omega) \) we note that the largest step size that can be used for each minimization step decreases as the grid spacing is halved, as is implied by the CFL condition. However, steepest descent using the Sobolev gradient does not suffer from this limitation. At each minimization step we first estimate the usual \( L_2 \) gradient, using finite differences to estimate derivatives. Thus, for model A we estimate \( \nabla F = u^3 - u - \nabla^2 u \). Using the Sobolev gradient the energy is minimized by a step \( u \rightarrow u - \lambda \star \nabla S F \), where \( \nabla S F \) is the Sobolev gradient we want to use. Thus, at each minimization step we need to find the Sobolev gradient, given the usual \( L_2 \) gradient. This Sobolev gradient satisfies the linear equation \((1 - \nabla^2) \nabla S F = \nabla F \). This is solved iteratively. The first time we need to calculate the Sobolev gradient we do not have a good initial guess, however, in subsequent iterations the Sobolev gradient serves as a good initial guess. The Sobolev gradients vary smoothly as the minimization progresses and so an iterative procedure is less costly computationally than using a direct solver each time. Since the operator \((1 - \nabla^2)\) is symmetric, positive definite, we use a conjugate gradient solver. Steepest descent and Jacobi iteration result in longer run times.

Results are reported for a single Dec Alpha EV68 CPU. The difference in codes for the \( L_2 \) minimization and the Sobolev space minimization is that in the case of the Sobolev space minimization a call to a solver that estimates the Sobolev gradient, given the \( L_2 \) gradient, is made and then the Sobolev gradient is used instead of the \( L_2 \) gradient.
One dimensional model A

Periodic boundary conditions (BCs):

| Nodes $M$ | spacing $h$ | iterations ($L_2$) | step $\lambda (L_2)$ | CPUs ($L_2$) | iterations | step $\lambda$ | CPUs |
|-----------|-------------|---------------------|----------------------|--------------|-------------|----------------|-------|
| $2^{10}$  | 1.0         | 18                  | 0.32                 | 0.00391      | 10          | 0.6            | 0.0195|
| $2^{11}$  | 0.5         | 48                  | 0.11                 | 0.0127       | 10          | 0.6            | 0.0684|
| $2^{12}$  | 0.25        | 173                 | 0.030                | 0.0859       | 10          | 0.6            | 0.325 |
| $2^{13}$  | 0.125       | 665                 | 0.0077               | 0.682        | 10          | 0.6            | 1.08  |
| $2^{14}$  | 0.0625      | 2674                | 0.0019               | 5.87         | 10          | 0.6            | 3.07  |
| $2^{15}$  | 0.03125     | 10514               | 0.00048              | 51.22        | 10          | 0.6            | 9.75  |

Dirichlet BCs:

| Nodes $M$ | spacing $h$ | iterations ($L_2$) | step $\lambda (L_2)$ | CPUs ($L_2$) | iterations | step $\lambda$ | CPUs |
|-----------|-------------|---------------------|----------------------|--------------|-------------|----------------|-------|
| $2^{10}$  | 1.0         | 38                  | 0.32                 | 0.00586      | 30          | 0.6            | 0.0146|
| $2^{11}$  | 0.5         | 115                 | 0.11                 | 0.0244       | 33          | 0.6            | 0.0361|
| $2^{12}$  | 0.25        | 425                 | 0.030                | 0.166        | 52          | 0.6            | 0.159 |
| $2^{13}$  | 0.125       | 1660                | 0.0077               | 1.32         | 136         | 0.6            | 0.906 |
| $2^{14}$  | 0.0625      | 6730                | 0.0019               | 11.64        | 370         | 0.6            | 5.04  |
| $2^{15}$  | 0.03125     | 26643               | 0.00048              | 105.33       | 1029        | 0.6            | 29.69 |

For small systems with large spacings the time taken by the solver negates the advantage of being able to use a much larger step $\lambda$ when using a Sobolev gradient. However, as the system becomes larger and the spacing finer, the Sobolev gradient technique is more efficient.

Two dimensional model A

Systems now have $M^2$ nodes.

Periodic BCs:

| $M$ | $h$ | iterations ($L_2$) | $\lambda (L_2)$ | CPUs ($L_2$) | iterations | $\lambda$ | CPUs |
|-----|-----|---------------------|------------------|--------------|-------------|----------|-------|
| $2^2$ | 1.0  | 27                  | 0.19             | 0.005859     | 10          | 0.6      | 0.0107|
| $2^6$ | 0.5  | 90                  | 0.056            | 0.0576       | 10          | 0.6      | 0.0693|
| $2^7$ | 0.25 | 332                 | 0.015            | 0.939        | 10          | 0.6      | 0.709 |
| $2^8$ | 0.125 | 985                | 0.0038           | 14.58        | 10          | 0.6      | 7.52  |
| $2^9$ | 0.0625 | 3846               | 0.00097          | 301          | 10          | 0.6      | 77.7  |

Dirichlet BCs:

| $M$  | $h$ | iterations ($L_2$) | $\lambda (L_2)$ | CPUs ($L_2$) | iterations | $\lambda$ | CPUs |
|------|-----|---------------------|------------------|--------------|-------------|----------|-------|
| $2^2$ | 1.0  | 77                  | 0.19             | 0.0127       | 36          | 0.6      | 0.0263|
| $2^6$ | 0.5  | 263                 | 0.056            | 0.15         | 39          | 0.6      | 0.181 |
| $2^7$ | 0.25 | 989                 | 0.015            | 2.58         | 83          | 0.6      | 2.46  |
| $2^8$ | 0.125 | 3909               | 0.0038           | 53.09        | 207         | 0.6      | 28.38 |
| $2^9$ | 0.0625 | 15306              | 0.00097          | 1210.78      | 640         | 0.6      | 387.78|

Again we note that the finer the spacing the less CPU time the Sobolev gradient technique uses in comparison to the usual steepest descent. For model A results in two dimensions the same step size $\lambda$ can be used for all spacings $h$ when minimizing in the appropriate Sobolev space. The step size for minimization in $L_2$ has to
decrease as the spacing is refined, we note that it has to decrease much faster in two dimensions than in one.

### Three dimensional model A

Systems now have $M^3$ nodes.

**Periodic BCs:**

| $M$ | $h$ | iterations ($L_2$) | $\lambda$ ($L_2$) | CPUs ($L_2$) | iterations | $\lambda$ | CPUs |
|-----|-----|---------------------|--------------------|--------------|------------|---------|-------|
| $2^5$ | 1.00 | 36                  | 0.14               | 0.303        | 8          | 0.6     | 0.676 |
| $2^6$ | 0.50 | 124                 | 0.40               | 7.99         | 8          | 0.6     | 7.55  |
| $2^7$ | 0.25 | 494                 | 0.010              | 429.16       | 14         | 0.6     | 91.64 |

**Dirichlet BCs:**

| $M$ | $h$ | iterations ($L_2$) | $\lambda$ ($L_2$) | CPUs ($L_2$) | iterations | $\lambda$ | CPUs |
|-----|-----|---------------------|--------------------|--------------|------------|---------|-------|
| $2^5$ | 1.00 | 119                 | 0.14               | 0.857        | 41         | 0.6     | 2.32  |
| $2^6$ | 0.50 | 417                 | 0.040              | 27.57        | 55         | 0.6     | 25.12 |
| $2^7$ | 0.25 | 2115                | 0.010              | 1395.67      | 171        | 0.6     | 591.31|

The three dimensional models also show that as the spacing becomes finer it is advantageous to use the Sobolev gradient technique. We also note from the preceding Tables that as the dimension of the problem increases the Sobolev gradient technique becomes more efficient. In one dimension Sobolev gradients are more efficient for a spacing $h = 0.25$, as compared to three dimensions where they are more efficient for spacing $h = 0.5$.

### 5. CONSERVATION CONSTRAINT

For Model A type systems the order parameter $u$ is not conserved. A Cahn-Hilliard or Model B system which would conserve the order parameter is given by

$$u_t = \Gamma \nabla^2 \left[ \frac{\delta J(u)}{\delta u} \right].$$

Suppose we wish to find the minima of some Model A type functional and we require conservation of the order parameter $u$ during the course of the simulation, without regard to the actual dynamics. We can use a second projection operator to enforce conservation rather than increase the order of our evolution equation by two.

In order that $\int u du$ not change, we need to project our gradient onto the subspace of $L_2(\Omega)$ functions with integral zero. This is achieved for a function $f$ by

$$f \to f - \frac{\int f}{V}.$$

We will use the term model $A'$ for model A with this constraint as we do not solve for Model B dynamics. The order parameter $u$ is now taken to be a relative concentration of two fluids $A$ and $B$ with concentrations $\rho_A, \rho_B$, such that $\rho = \rho_A + \rho_B$ and $u = \frac{\rho_A - \rho_B}{\rho}$.

We use the free energy
\[ J = \int \left[ \frac{\alpha}{4} (1 - u^2) - T + \frac{\alpha}{2} (1 + u) \log(1/2 + u/2) + \frac{\alpha}{2} (1 - u) \log(1/2 - u/2) + \frac{\kappa}{2} |\nabla u|^2 \right] \]  

This free energy contains the entropy of mixing. Phase separation depends on the temperature \( T \). When \( T \) is greater than the critical temperature \( T_c = \alpha/2 \) the two phases mix completely. When \( T \) is less than \( T_c \) there will be domains of positive and negative \( u \). The lower \( T \) is, the greater can be the possible maximum values of \( |u| \) at equilibrium. That is, phase separation between fluids \( A \) and \( B \) is more complete at lower \( T \) values.

The model B approach would result in an increase in the order of the derivatives of the evolution scheme by two. Imposing conservation through a projection means that this can be avoided. As a result, a Sobolev gradient approach for modeling systems with conservation constraints is even more efficient in comparison to the usual approach. The step size need not be reduced for finer spacings when using a Sobolev gradient scheme. Minimization was performed on systems with random initial conditions and \( \langle u \rangle = 0.05, \alpha = 2, T = 0.8, \kappa = 1.0 \) until the magnitude of the \( L_2 \) gradient was less than \( 10^{-5} \) everywhere. By comparing results in two and three dimensions we notice from the Tables that the Sobolev gradient scheme is even more efficient in three dimensions than it is in two when compared to the traditional approach.

**Two dimensional binary system with periodic BCs:**

| \( M \) | \( h \) | iterations \( (L_2) \) | \( \lambda (L_2) \) | CPUs \( (L_2) \) | iterations | \( \lambda \) | CPUs |
|---|---|---|---|---|---|---|---|
| \( 2^5 \) | 1.00 | 680 000 | 0.027 | 50.34 | 314 | 0.95 | 0.433 |
| \( 2^6 \) | 0.50 | 2 516 565 | 0.0018 | 740 | 645 | 0.95 | 5.26 |
| \( 2^7 \) | 0.250 | 4 420 185 | 0.00012 | 5187 | 1937 | 0.95 | 98.63 |

**Three dimensional binary system with periodic BCs:**

| \( M \) | \( h \) | iterations | \( \lambda \) | CPUs | iterations | \( \lambda \) | CPUs |
|---|---|---|---|---|---|---|---|
| \( 2^5 \) | 1.00 | 418 515 | 0.012 | 6291 | 323 | 0.95 | 33.23 |
| \( 2^6 \) | 0.50 | 594 233 | 0.00086 | 68523 | 214 | 0.95 | 418 |

These numerical experiments with model \( A' \) demonstrate that it is considerably more efficient to use a projection to enforce conservation of the order parameter if the final equilibrium configuration is all that is important.

### 6. SURFACTANT SYSTEMS

The addition of a surfactant to an oil-water system can be modeled by allowing \( \kappa \) become negative \( \kappa \) in the free energy (3). This favors the presence of interfaces between the two components of the mixture and thus mimics the action of surfactant in allowing the oil and water to “mix” with the formation of bicontinuous domains separating the oil and water. We also add a curvature dependent term for a bending energy of the form

\[ E_b = \frac{\gamma}{2} (\nabla^2 u)^2 \]

to the binary system free energy. By changing \( \gamma \) one can change the shape of domains from circular to oval. The surfactant model enables us to examine how the Sobolev gradient approach and the traditional schemes compare when the order
of the derivatives increases. The coefficient $\gamma$ was set to 1.0 and other parameters and initial conditions were as given in Section 5.

Two dimensional surfactant system with periodic BCs:

| $M$ | $h$  | iterations ($L_2$) | $\lambda$ ($L_2$) | CPUs ($L_2$) | iterations | $\lambda$ | CPUs |
|-----|------|---------------------|--------------------|---------------|------------|----------|------|
| $2^5$ | 1.00 | 4 853 277           | 0.0043             | 4 696         | 43 234     | 0.5      | 336  |
| $2^6$ | 0.50 | 27 103 876          | 0.0000062          | 45 250        | 4 798      | 0.5      | 449  |
| $2^7$ | 0.250| 96 649 780          | 0.000000096        | 97 327        | 5 450      | 0.5      | 2038 |

Three dimensional surfactant system with periodic BCs

It is clear that a model B minimization with sixth order derivatives will be much slower than using model $A'$. We report results for the Sobolev gradient technique only.

| $M$ | $h$  | iterations | $\lambda$ | CPUs |
|-----|------|------------|----------|------|
| $2^5$ | 1.00 | 30 320     | 0.5      | 6 636|
| $2^6$ | 0.50 | 55 268     | 0.5      | 630 839|

7. SUMMARY AND CONCLUSIONS

We have presented minimization schemes for model A Ginzburg-Landau functionals based on the Sobolev gradient technique [1, 5]. The Sobolev gradient technique is computationally more efficient than the usual steepest descent method as the spacing of the numerical grid is made finer, the dimension of the problem is increased, the order of the derivatives in the functional is increased, or a conservation constraint is imposed. Our results indicate that Sobolev gradient techniques may offer distinct advantages in certain cases, particularly for problems involving functionals that contain spatial gradients such as strain based elasticity problems [9], least square formulations of partial differential equations, and electrostatic problems that require solving the Poisson-Boltzmann equation.

An interesting question is whether there exists an optimal metric with respect to which the Sobolev gradient works best. It is an open research problem to try to find such an optimal metric, even though the optimal one would likely not make a large difference computationally in all cases. An example of where there is a great difference is in near-singular problems where a weighted Sobolev gradient, weighted with the singularity in question, works vastly better [10]. The likely fact that we cannot yet find an optimal metric may well be responsible for the nonlinear dependence of run time on number of grid points noted in this work.

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