Laser-Assisted Surface Modification of Ni Microstructures with Au and Pt toward Cell Biocompatibility and High Enzyme-Free Glucose Sensing

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ABSTRACT: We investigated the influence of morphology of Ni microstructures modified with Au and Pt on their cell biocompatibility and electrocatalytic activity toward non-enzymatic glucose detection. Synthesis and modification were carried out using a simple and inexpensive approach based on the method of laser-induced deposition of metal microstructures from a solution on the surface of various dielectrics. Morphological analysis of the fabricated materials demonstrated that the surface of the Ni electrode has a hierarchical structure with large-scale 10 μm pores and small-scale 10 nm irregularities. In turn, the Ni-Pt surface has large-scale cavities, small-scale pores (1–1.5 μm), and a few tens of nanometer particles opposite to Ni-Au that reveals no obvious hierarchical structure. These observations were supported by impedance spectroscopy confirming the hierarchy of the surface topography of Ni and Ni-Pt structures. We tested the biocompatibility of the fabricated Ni-based electrodes with the HeLa cells. It was shown that the Ni-Au electrode has a much better cell adhesion than Ni-Pt with a more complex morphology. On the contrary, porous Ni and Ni-Pt electrodes with a more developed surface area than that of Ni-Au have better catalytic performance toward enzymeless glucose sensing, revealing greater sensitivity, selectivity, and stability. In this regard, modification of Ni with Pt led to the most prominent results providing rather good glucose detection limits (0.14 and 0.19 μA) and linear ranges (10−300 and 300−1500 μA) as well as the highest sensitivities of 18,570 and 2929 μA M−1 cm−2. We also proposed some ideas to clarify the observed behavior and explain the influence of morphology of the fabricated electrodes on their electrocatalytic activity and biocompatibility.

INTRODUCTION

Development and fabrication of new electrocatalytically active materials sensitive to various biologically important substances are extremely important for medicine, including the diagnosis of a large number of serious diseases.1,2 One of such compounds is glucose; in turn, accurate and rapid determination of its concentration in the blood is extremely important for diagnosis and prevention of many diseases, including atherosclerosis, Parkinson’s disease, diabetes, and others.3,4 Most often, optical and electrochemical methods or methods representing a combination of them are used to determine the concentration of glucose in the human blood or model solutions.5,6 Typically, the electrochemical determination of the glucose concentration, as the most frequently used method in this regard, can occur either through its enzymatic cleavage followed by the corresponding redox reactions or by its electrocatalytic oxidation directly on the electrode surface.7 The first approach has a number of disadvantages such as the high cost of enzymes, their tendency for relatively fast decomposition, and high dependence on the environmental conditions,8 which makes it less attractive compared to the enzyme-free approach.9 As a rule, enzyme-free sensors are metallic or composite materials, the sensory activity of which is higher due to the presence of a greater number of active centers on their surface.10

There are many techniques allowing us to fabricate such materials; however, we would like to highlight only those that deal with laser-induced processes and we would also like to show their benefits in comparison with others. The main advantages of the laser-assisted methods are expressiveness, possibility to metallize different types of surfaces, opportunity to manufacture the metallic structures of different geometry, and a small number of reagents used for synthesis.11 Such methods include direct laser writing,12,13 selective laser sintering,14 laser interference lithography,15 laser patterning,
pulsed laser ablation,\textsuperscript{17} and others. In this work, we used another technique belonging to laser technologies, which is based on a process of the laser-induced metal deposition from a solution (LCLD). In this method, laser light activates the surface of a dielectric and accelerates metal deposition within the irradiated area by increasing the temperature in the local volume at the vicinity of the focus of a laser beam.\textsuperscript{18} The high intensity of the focused laser beam creates locally highly non-equilibrium states with high temperature and concentration gradients. As a rule, it is assumed that the mechanism of the laser-induced metal deposition reaction is similar to the autocatalytic mechanism that can proceed via either thermo- or photoinduced regimes. The main groups of factors that can affect the laser-assisted deposition of metals include physical (laser wavelength, laser power, scanning speed, and temperature), chemical (solution composition, component concentrations, pH, and chemical reactions involved in the reaction), and surface properties of the dielectric substrate (structure, the presence of activated and catalytic sites, roughness, phase composition, and the chemical properties of the dielectric components). LCLD was capable of producing quite an interesting range of metal nanostructures, including nickel, cobalt, molybdenum, iridium, gold, platinum, and ruthenium; more-over, most of them have revealed rather good glucose-sensing activity, which give grounds for their further development and analytical grade. The solution compositions for laser-assisted fabrication of Ni, Au-, and Pt-based microstructures are shown in Table 1.

Table 1. Composition of Solutions Used for Laser-Assisted Fabrication of Ni, Au-, and Pt-Based Microstructures

| Electrode material | Reagent | Concentration (mM) | Solvent |
|-------------------|---------|--------------------|---------|
| Ni                | nickel(II) chloride hexahydrate (NiCl\textsubscript{2} \cdot 6H\textsubscript{2}O) | 2       | H\textsubscript{2}O |
|                   | potassium sodium tartrate tetrahydrate (KNaC\textsubscript{4}H\textsubscript{4}O\textsubscript{6} \cdot 4H\textsubscript{2}O) | 7       |         |
|                   | sodium hydroxide (NaOH) | 10      |         |
| Au                | chloro(triphenylphosphine)gold(I) ((Ph\textsubscript{3}P)AuCl) | 1       | N,N-dimethylformamide (DMF) |
| Pt                | dichloro(dicyclopentadienyl)platinum(II) (C\textsubscript{10}H\textsubscript{12}Cl\textsubscript{2}Pt) | 1       | N,N-dimethylformamide (DMF) |

As a result, in this work, we have fabricated two microcomposites using laser-induced deposition of gold and platinum on the surface of pre-synthesized nickel microstructures. It is known that many transition metals have proven to be excellent materials for enzyme-free sensors due to their good catalytic performance. Among them, nickel is of special interest as the most intensively investigated economic catalyst for the oxidation of organic compounds, including glucose.\textsuperscript{31} Typically, glucose oxidation by nickel and other transition metal catalysts involves redox reactions between metal hydroxides and their oxyhydroxides (Ni(OH))\textsubscript{2}/NiOOH, in the case of nickel).\textsuperscript{10,31} Briefly, the mechanism of glucose electrooxidation on the surface of a nickel electrode can be presented as follows. The catalytically active NiOOH reduces to Ni(OH)\textsubscript{2} by hydrogen abstracted from the C\textsubscript{1} position of glucose. Then, the generated radical species oxidizes to glucono-δ-lactone and undergoes subsequent hydrolysis, forming gluconic acid.\textsuperscript{12} Even though nickel is arguably one of the most sensitive electrode materials for non-enzymatic sensing and nickel-based electrodes demonstrate the outstanding long-term stability, it has a number of severe disadvantages mostly related to low selectivity and limitations of their implementation in the physiological solutions (pH = 7.4). These limitations are mostly related to the fact that NiOOH catalysis strongly depends on the concentration of OH\textsuperscript{−} in the studied medium.\textsuperscript{9} On the other hand, as it was already mentioned, the polynuclear sensor platforms, e.g., based on alloys and adatoms, opposite to monometallic sensors may drastically stimulate the process of the electrocatalytic oxidation of glucose due to the synergistic effect between metals included in their compositions.\textsuperscript{32–35} For example, bimetallic systems containing such biologically compatible metals as gold and platinum in combination with transition metals can substantially enhance catalytic properties and provide better long-term activity of these systems.\textsuperscript{33–35}\textsubscript{10} It should also be noted here that, despite the high selectivity of pure gold and platinum electrodes used for enzyme-free glucose sensing, they have some crucial drawbacks mostly associated with their high cost and affinity to undergo poisoning (self-poisoning as well) from many oxidation products, including chlorine anions, especially in the physiological environment.\textsuperscript{9,10} In contrast, the composites with lower amounts of precious metals could be a good choice to surpass the limitations related to usage of the electrode materials based on pure metals mentioned above and may improve the sensitivity and selectivity of the corresponding electrodes toward non-enzymatic glucose sensing. There are numerous examples of Au- and Pt-based hierarchical structures used as low-cost disposable electrodes for glucose monitoring with decent electrochemical characteristics.\textsuperscript{38–42} Nevertheless, most of these highly promising glucose-sensing platforms suffer from insufficient efficiency and electrocatalytic activity, which give grounds for their further development primarily to improve their selectivity, stability, and biocompatibility.

\section*{Materials and Methods}

Reagents and Fabrication of Microstructures Based on Ni, Au, and Pt. All reagents used in this work were commercially available (Sigma-Aldrich, St. Louis, MO, USA) and analytical grade. The solution compositions for laser-
assisted fabrication of electrodes containing nickel, gold, and platinum can be found in Table 1. These electrodes were deposited on the surface of glass.

The experimental setup for the synthesis of the electrode materials using the LCLD technique is illustrated in Figure 1.

![Figure 1. Basic block scheme of the experimental setup for laser-induced deposition of Ni-, Au-, and Pt-based microstructures.](Image)

Shortly, the fabrication procedure can be described as follows. The output from a diode-pumped continuous-wave solid-state Nd:YAG laser (1) (Changchun, China) operating at 532 nm is split in two parts. The first part of the laser output was sent to a standard microscope objective (2) with a focal length of 15 mm using two aluminum mirrors (3) and an optical separation cube (4). Then, it was focused on the experimental cell (5) within the area between a solution (6) and a dielectric substrate (7, glass). The size of the focused laser spot was about 5 μm. This cell (5) represents a silicone ring (8, 5 mm thick) with a hole on top for a solution injection sandwiched between a glass plate (9, in the front) and a dielectric substrate (7) followed by another glass plate in the back (10). In turn, 5 can be moved in three dimensions by a computer-controlled XYZ-motorized stage (11) to produce metallic microstructures of different shapes and sizes. At the same time, the second part of the laser output, which can be considered as a reflection of the first part from 5, travels to an optical separation cube (4) with subsequent redirection toward the aluminum mirror (12). The intensity of the second portion of the 532 nm light is attenuated using a neutral density (ND, fractional transmittance 25%) filter (13). Further, after the mirror, the laser beam was focused on a web camera (14) using a short focusing lens (15, f = 10 cm) for monitoring and regulating the deposition process.

In the beginning, we deposited the ~10 mm-long and ~150 μm-wide nickel lines (or electrodes) at a laser power density of ~2.5 mW μm⁻² and at a scanning speed of 5 μm s⁻¹. Then, we fabricated nickel-gold and nickel-platinum electrodes by laser-induced deposition of gold and platinum on the surface of the pre-synthesized nickel lines at a laser power density of ~2.4 mW μm⁻² and at a scanning speed of 5 μm s⁻¹, in both cases.

**Morphology Characterization/Elemental and Phase Composition Analysis.** The surface morphology of the synthesized electrode materials was investigated using a scanning electron microscope JSM-7001F (JEOL, Japan). The scanning electron microscopy (SEM) images were obtained in the secondary electron mode with a beam voltage of 5 kV. The elemental composition of these electrodes was evaluated by the electron probe microanalysis (EPMA) technique also on the JSM-7001F scanning electron microscope using an energy-dispersive analyzer INCA PentaFETs (Oxford Instruments, England). Line identification was performed automatically using JOEL-7001F microscope software. The pore size distribution was estimated by manual pore counting on the SEM images.

Energy-dispersive X-ray spectroscopy (EDX) was applied to identify the atomic composition of microelectrodes using an INCA X-Act EDX analyzer (Oxford Instruments, UK) coupled with SEM.

To identify the phase composition of the fabricated electrodes, X-ray diffraction analysis (XRD) was carried out on a Bruker D2 Phaser diffractometer equipped with a LynxEye detector (Bruker-AXS, Karlsruhe, Germany) using CuKα (0.1542 nm) radiation in the 2θ angle range of 0–100°.

**Impedance Spectroscopy.** The impedance spectra were recorded using a homemade setup based on the high-speed and high-resolution Fourier-electrochemical impedance spectroscopy (EIS) method. All measurements were performed with a 15 mV sweep-shape excitation voltage in the frequency range of 100 Hz to 40 kHz with a 2 Hz resolution. We had a two-electrode electrochemical cell with the synthesized microstructures used as the working electrode and the platinum electrode with a large area used as a reference. Both electrodes were embedded into glass containing 0.9% NaCl solution (Bioloj, Saint Petersburg, Russia). The impedance spectra approximation by the complex non-linear least-squares (CNLS) method was done in the NELM package for MATLAB (can be obtained by request). Figure 2 illustrates the equivalent scheme used for CNLS spectra analysis. Here, CPE is the constant phase element; the impedance of which equals to

\[ Z = \frac{1}{W(\omega)^\alpha} \]

where \( \alpha \) is the non-ideality parameter and \( W \) is the pseudocapacitance with dimension S s⁻¹. In general, CPE elements describe non-ideal capacitors. In particular, the \( \alpha \approx 0.5 \) can be attributed to the interface between an electrolyte and an electrode with the developed (porous) surface.

For taking into account the delay between excitation voltage and current response measurements by ADC, the parameter \( \Delta t \) was introduced in the model as follows:

\[ Y_m = Y_s \times e^{i\omega\Delta t} \]

where \( Y_m \) is the model, which was implemented for CNLS approximation, \( Y_s \) is the admittance (Figure 2), and \( \omega \) is the angular frequency. For statistics reasons, the measurements were repeated 10 times.

**Biocompatibility Studies.** For biocompatibility studies, the HeLa cells were seeded on the surface of the fabricated materials. These cells were obtained from the Bank of Cell Cultures of the Institute of Cytology of the Russian Academy of Sciences. The electrodes with cells were incubated 24 h at 37 °C and 5% CO₂ in DMEM (Dulbecco’s modified Eagle’s
medium, Biolot, Saint Petersburg, Russia) solutions with 10% fetal bovine serum (Biolot, Saint Petersburg, Russia) and 40 μg mL⁻¹ gentamicin. Before microscopic investigation, the HeLa cells were treated with a dibenzofuracyclooctyne (DIBAC) fluorescent dye (membrane visualization, Thermo Fisher Scientific, USA). Then, the cell medium was replaced with phosphate saline buffer (Biolot, Saint Petersburg, Russia) with the addition of a propidium iodide dye (for dead cell nuclei visualization). The cell images were taken on a Leica DMB-4000 microscope (Leica, Germany) and presented in pseudo-color. Here, images taken in the visible range of the transmitted light were in black and white color, whereas green and red channels were attributed to DIBAC and propidium iodide fluorescence, respectively. The concentration of the propidium iodide dye was 10 μg mL⁻¹, which was enough for dyeing the dead cell monolayer.

Electrochemical Measurements. The electrochemical characteristics of the fabricated electrodes were obtained using voltammetric methods. These experiments were conducted using an Elins P30I potentiostat (Electrochemical Instruments Ltd., Chernogolovka, Russia) at an ambient temperature in a standard three-electrode cell (Figure 3), in which the platinum wire, Ag/AgCl electrode, and the synthesized microstructures were used as counter, reference, and working electrodes, respectively. Cyclic voltammetric measurements were carried out at a scan rate of 50 mV s⁻¹ between −0.9 and 0.9 V vs Ag/AgCl. Amperometric responses were recorded by the addition of d-glucose (GL) of various concentrations to the background AgCl. Amperometric responses were recorded by the addition out at a scan rate of 50 mV s⁻¹ respectively. Cyclic voltammetric measurements were carried out using an Elins P30I potentiostat (Electrochemical Instruments Ltd., Chernogolovka, Russia) at an ambient temperature in a standard three-electrode cell (Figure 3), in which the platinum wire, Ag/AgCl electrode, and the synthesized microstructures were used as counter, reference, and working electrodes, respectively. Cyclic voltammetric measurements were carried out at a scan rate of 50 mV s⁻¹ between −0.9 and 0.9 V vs Ag/AgCl. Amperometric responses were recorded by the addition of d-glucose (GL) of various concentrations to the background AgCl.

Results and Discussion

First, we optimized the conditions for the laser-induced synthesis of nickel microstructures (Ni electrode). Then, we deposited gold on the surface of a nickel microl ine from a DMF solution containing 1 mM chloro(triphenylphosphine)-gold(I) upon the focused 532 nm laser light. Similarly, we modified the surface of the Ni electrode with platinum structures synthesized from a DMF solution with 1 mM dichloro(dicyclopentadienyl)platinum(II). The compositions of the solutions used for these experiments are presented in Table 1. Other experimental conditions can be found in the previous section.

Figure 3 illustrates SEM images of Ni, Ni-Au, and Ni-Pt. As one can see, these electrode materials have a well-developed porous morphology. Figure 4a demonstrates the size distribution of the submicrometer pores for the Ni electrode. As is shown, this electrode surface mainly has 750 nm pores. In turn, the surfaces of Ni and Ni-Pt have hierarchical structures consisting of large-scale cavities and small-scale pores, while the surface of the Ni-Au electrode has no obvious separation between pore sizes (Figure 4d). The data presented in Figure 4e,h indicate that, in the range of up to 10 μm, the average pore size for Ni-Pt is smaller than that for the Ni-Au electrode. In addition, according to Figure 5a, the average pore size for the Ni-Pt electrode (1.5 μm) is lower than that observed for Ni-Au (2.3 μm), whereas the number of the small-size pores for Ni-Pt is significantly higher than that of the pores with same size for the Ni-Au electrode material. Thus, the surface of Ni-Pt is more complex and developed than the surface of the Ni-Au electrode, and we assume that impedance measurements for Ni-Pt should demonstrate lower values of non-ideality parameters α in comparison with the Ni-Au electrode material.
The results of EMP analysis of Ni, Ni-Au, and Ni-Pt electrodes are shown in Figure 6. These data justify the element composition of these electrodes. The presence of K, Ca, O, Na, Si, and Cl in the spectra can be associated with the substrate material (glass).

The results of the elemental studies were confirmed by X-ray diffraction analysis. The XRD patterns of the synthesized electrode materials demonstrated in Figure 8 mostly reveal the presence of the metallic phases. Indeed, Ni microstructures modified with Au and Pt (Figure 8b,c) have only an insignificant amount of nickel dioxide (NiO), whereas pure Ni has no oxide impurities (Figure 8a). This observation is consistent with the low electrical resistance of all the discussed materials (~10, ~17, and ~19 Ω for Ni, Ni-Au, and Ni-Pt, respectively). It should also be noted that we were able to fabricate Ni-based microstructures with better morphology in comparison with Ni-Au structures previously deposited on glass-ceramics using a higher scanning speed, lower laser power, and lower concentration of the components.

We also performed EDX mapping of the modified Ni electrodes synthesized in the current work (Figure 7). Figure 7 demonstrates the distribution of Ni, Au, and Pt along the bimetallic electrode surface.

Further morphology analysis of the produced electrode materials was performed using impedance spectroscopy. Figure 8 and Table 2 illustrate the admittance spectra of these materials and the results of their approximation. One can see that the spectra of all three electrodes could be perfectly fitted by a two-branch scheme, as shown in Figure 2. The data presented in Table 2 indicate that the electrode spectra could be described by means of the capacitance dispersion effect because all non-ideality parameters α are significantly different from the unity (we fixed α as equal to 0.5 for Ni-Pt during approximation because its value was stable for all experiments). As it was assumed by SEM analysis, the Ni-Pt electrode has lower α values than Ni-Au because it has a smaller pore size and the average number of the small-size pores for Ni-Pt is significantly higher than that calculated for the Ni-Au electrode. Moreover, the perfect fit of Ni-Pt spectra with fixed α = 0.5 also indicated that this electrode type has an ideal porous structure. The existence of two R-CPE branches with different α-values in the admittance spectra of the Ni-Pt electrode can be explained by the presence of the large-scale cavities and small-size pores on the electrode surface (Figure 4e,h). Contrary to Ni and Ni-Pt electrodes, Ni-Au exhibits similar α-values for both R-CPE branches. In fact, this effect could indicate that the two-branch model (Figure 2) overestimates the spectrum. Indeed, if α1 = α2 then it is possible to have the situation at which R1/R2 = W2/W1 holds. Under such conditions, the scheme shown in Figure 2 is degenerate into a one-branch R-CPE circuit; as a result, the elements of the two-branched scheme separately lose their physical meaning. However, the conditions at which R1/R2 = W2/W1 do not hold, as clearly seen from Table 2 (Ni-Au). Thus, the existence of two R-CPE branches in Ni-Au can be associated not only with a complex morphology of the electrode, but also with the presence of oxide impurities.
Table 2. Results of Approximation for Ni, Ni-Au, and Ni-Pt Electrodes

|       | $R_1$ (Ω) | $R_2$ (Ω) | $W_1$ (s cm$^{-2}$) | $W_2$ (s cm$^{-2}$) | $a_1$   | $a_2$   |
|-------|-----------|-----------|---------------------|---------------------|---------|---------|
| Ni    | 2370      | 1840      | $1.31 \times 10^{-6}$ | $6.1 \times 10^{-7}$ | 0.652   | 0.556   |
| Ci    | 60        | 30        | $5.0 \times 10^{-8}$  | $4.0 \times 10^{-8}$ | 0.005   | 0.08    |
| Ni-Au | 1600      | 9000      | $6.3 \times 10^{-6}$  | $1.0 \times 10^{-7}$ | 0.685   | 0.68    |
| Ci    | 30        | 1000      | $2.0 \times 10^{-7}$  | $4.0 \times 10^{-8}$ | 0.005   | 0.04    |
| Ni-Pt | 3760      | 6800      | $9.3 \times 10^{-7}$  | $1.7 \times 10^{-6}$ | 0.5     | 0.588   |
| Ci    | 60        | 300       | $4.0 \times 10^{-8}$  | $1.0 \times 10^{-7}$ | exact   | 0.009   |

*Here, CI is 99.9% confidence intervals.

![Admittance spectra of (a) Ni, (b) Ni-Au, and (c) Ni-Pt microstructures deposited on glass.](https://doi.org/10.1021/acsomega.1c01880)

Figure 9. Admittance spectra of (a) Ni, (b) Ni-Au, and (c) Ni-Pt microstructures deposited on glass. The equivalent scheme presented in Figure 2 completely describes small signal electrical properties of these electrodes.

electrode surface but also with different resistive and capacitive properties of different electrode structures and sections, for example, due to their different elemental compositions. On the other hand, similar $\alpha$-values for the Ni-Au electrode can testify the absence of the hierarchical structure of the electrode surface opposite to Ni and Ni-Pt, non-ideality parameters of which have different values due to the hierarchical nature of their electrode surfaces (Figure 4).

It is known that, in the bimetallic sensor systems, the presence of a precious metal such as gold or platinum as one of the components significantly increases the biocompatibility of such systems in comparison with monometallic systems consisting of non-precious metals.10 In this work, we decided to investigate the influence of morphology on the toxicity of Ni structures modified with Au and Pt. Figure 10 shows the biocompatibility of Ni-Au and Ni-Pt electrodes with the HeLa cells. As one can see, these electrodes are non-toxic because both of them have living cells on their surfaces. Indeed, dead cells exhibit a yellow color as a mix of the green DiBAC fluorescence (green channel, red propidium iodide channel, whereas living cells reveal only a green color. At the same time, the Ni-Au electrode has a much better cell adhesion than Ni-Pt. Perhaps, this difference is due to the more complex morphology of the Ni-Pt surface in comparison with Ni-Au, which was confirmed by SEM analysis and impedance spectroscopy. A similar behavior was shown by different cytotoxicities of AuNPs and PtNPs that were interpreted by the difference in the diameter of nanoparticles, where smaller PtNPs reveal greater cytotoxicity.51 Additionally, the obtained images demonstrate that the cell adhesion on the electrode surface is different from that observed on the flat surface of a substrate (glass). Indeed, the cells on the electrodes have a spherical-like shape in contrast to the fusiform shape of the HeLa cells on the flat surface. This effect could be caused by a non-regular electrode surface, which makes it difficult for a cell to take a fusiform shape.

As is known, the development of the electrode surface determines its electrocatalytic activity. Therefore, we conducted a comparative study of the influence of morphology on the enzyme-free glucose sensing of the fabricated Ni-based electrodes. Figure 11a illustrates typical cyclic voltammograms (CVs) of these electrode materials recorded in a solution of 0.1 M NaOH. The recorded CV area can be directly related to the degree of development of the electrode surface and its sensitivity. According to Figure 11a, it is clear that the modification of the Ni electrode with Pt leads to the most prominent increase in the area of the cyclic voltammogram curve. Indeed, the Ni-Pt electrode exhibits the strongest current response for oxidation of glucose, assuming that this material may display better electrocatalytic performance. Figure 11b shows the CVs of Ni-Pt recorded in the background solution (0.1 M NaOH) containing 100 and 1000 $\mu$M D-glucose, which demonstrate the gradual increase in the oxidation current with the increase in the glucose concentration.

Typical amperometric responses of the Ni-based electrodes are shown in Figure 11c. As one can see, Ni-Pt reveals the highest current response upon successive additions of D-
glucose of different concentrations to a background solution at an applied potential of 0.62 V. Figure 9d presents the calibration curves and their linear fits. It was demonstrated here that Ni and Ni-Pt electrodes have two linear regions of glucose concentration opposite to Ni-Au, which has only one linear range. In the first linear region, the amperometric current increases rapidly with the increase in the glucose concentration, whereas within the second linear region, the growth of the analytical response is noticeably slowing down. Such a behavior can be attributed to the presence of two types of pores on the hierarchical surface of Ni and Ni-Pt electrodes, the smallest of which exhibits high sensitivity at low glucose concentrations up to 300 μM. On the other hand, at higher concentrations of glucose, the sensitivity drastically drops, probably due to the stronger adsorption of the intermediates forming during the reaction of the electrocatalytic glucose oxidation.27 It should be noted that Ni-Pt with the mostly developed surface area demonstrates the steepest slope on the calibration curves, as shown in Figure 11d, i.e., it exhibits the highest sensitivity among all fabricated materials within the glucose concentrations up to 300 μM. The calculated sensitivities of Ni-Pt are 18,570 and 2929 μA mM⁻¹ cm⁻²; the intervals of linear regions are 10−300 and 300−1500 μM. The detection limits are 0.14 and 0.19 μM, which were calculated as LOD = 3S/b. Here, S is the standard deviation from linearity and b is the slope of the calibration curve (shown in Figure 11d). The analytical performance of the Ni-based electrodes fabricated in this work and other non-enzymatic glucose sensors is compared in Table 3. It is clear that Ni-Pt exhibits a number of advantages over the compared counterparts mostly related to its high sensitivity and low detection limit. This excellent sensing performance of Ni-Pt electrode can be associated with the well-developed morphology of this material and catalytic synergy between Ni and Pt. Indeed, it was found that bimetallic catalytic micro- or nanostructures based on Pt are favorable due to the presence of a second metal atom that can synergistically facilitate catalytic activity and stability via electronic, alloying, or strain effects and availability of a greater number of catalytically active sites.27,32 Possible reactions involved in the process of the electro-oxidation of glucose under alkaline conditions on the surfaces of Ni electrodes modified with Au and Pt can be shown as follows:9,10,42

$$\text{C}_{6}\text{H}_{12}\text{O}_6 + 6\text{H}_2\text{O} \rightarrow 6\text{CO}_2 + 12\text{H}^+ + 12\text{e}^- + \text{H}_2\text{O}_2$$

Table 3. Electrochemical Properties of the Fabricated Microstructures and Similar Electrode Materials Used for Non-Enzymatic Glucose Sensing

| Electrode material          | Linear range (μM) | LOD (μM) | Sensitivity (μA mM⁻¹ cm⁻²) | Refs |
|----------------------------|-------------------|----------|---------------------------|------|
| Ni                         | 10−300 and 300−1500 | 0.09 and 0.32 | 5953 and 11180 | this work |
| Ni-Au                      | 10−1500           | 0.12     | 2542                       | this work |
| Ni-Pt                      | 10−300 and 300−1500 | 0.14 and 0.19 | 18,570 and 2929 | this work |
| Ni nanowire arrays         | 0.5−7000          | 0.1      | 1043                       | 55   |
| Ni nanoparticles on straight multiewalled carbon nanotubes | 1−1000 | 0.5 | 1438 | 56 |
| Ni nanoparticles/porous carbon | 15−6450          | 4.8      | 207.3                      | 57   |
| Au/Ni multilayer nanowire array | 0.25−2000          | 0.1      | 3372                       | 41   |
| NiAu alloy dendrites on carbon papers | 2000−5500 | 1−3000 | 1906 | 42 |
| AuNi nanodendrite arrays | 5−15,000          | 3        | 3727.7                     | 58   |
| PtNi alloy nanocatalysts on carbon | 2−420            | 1        | 1795.1                     | 59   |
| Pt-Ni nanoclusters         | 0−15,000          | 0.3      | 940                        | 60   |
| PtNi nanoparticle- graphene nanocomposites | 0−35,000 | 10 | 20.42 | 38 |

Figure 11. (a) Cyclic voltammograms (CVs) of the fabricated electrode materials recorded in 0.1 M NaOH. (b) CVs of the Ni-Pt electrode obtained in a background solution with two concentrations of glucose (shown in μM, top left corner); (c) amperometric current of the fabricated electrodes recorded in the presence of different concentrations of glucose at potentials of 0.60 V (for Ni), 0.64 V (for Ni-Au), and 0.62 V (for Ni-Pt); (d) linear ranges of enzymeless glucose detections of Ni, Ni-Au, and Ni-Pt electrodes; (e) selectivity of the fabricated materials observed upon the consecutive addition of 100 μM glucose (GL), 30 μM ascorbic acid (AA), 30 μM uric acid (UA), 30 μM 4-acetamidophenol (AP), and 30 μM hydrogen peroxide (H₂O₂) to a background solution of 0.1 M NaOH; (f) long-run stability of the Ni-based electrodes toward non-enzymatic glucose sensing tested for 1 month.
Ni + 2OH⁻ ⇌ Ni(OH)₂ + 2e⁻  
Ni(OH)₂ + OH⁻ ⇌ NiOOH + H₂O + e⁻  
NiOOH + glucose ⇌ Ni(OH)₂ + glucolactone  
Au + OH⁻ ⇌ AuOH + e⁻  
AuOH + glucose ⇌ Au + glucolactone  
Pt + 2OH⁻ ⇌ Pt(OH)₂ + 2e⁻  
Pt(OH)₂ + glucose ⇌ Pt + glucolactone  
2Pt + O₂ ⇌ 2PtO  
PtO + glucose ⇌ Pt + glucolactone

As it was mentioned above, pure Ni electrodes have a number of drawbacks, including their inability to operate in the physiological environment (pH = 7.4). According to the literature, oxidation of glucose on the surface of Ni involves NiOOH catalysis, which is highly dependent on the concentration of OH⁻ anions. On the other hand, the bimetallic systems can drastically facilitate the electrooxidation of glucose via the synergetic effect. For example, Pt- and Au-based materials can be used as platforms for glucose sensing, providing better sensitivity, selectivity, and stability. Moreover, the most significant advantage of the Pt-based electrodes in contrast to other bimetallic sensing materials, including many the Au-based ones, is their great catalytic performance under neutral and alkaline pH conditions. In this work, we tested Ni-Pt and Ni-Au electrodes toward non-enzymatic glucose sensing in alkaline solution (0.1 M NaOH). According to the obtained results, all three electrodes demonstrated much stronger amperometric responses with respect to glucose in contrast to those observed for additives of the interfering substances. This suggests that Ni-based electrodes generally have a fairly decent selectivity for the specific glucose detection, showing the best result in the case of Ni-Pt.
The long-run stability of the nickel-based non-enzymatic glucose sensors stored at the room temperature was tested for 1 month (Figure 11f). For that reason, we evaluated the change of the relative current density ($I/I_0$) over the mentioned time period. Here, $I_x$ and $I_0$ are the current densities exhibited by the fabricated electrode materials upon the addition of 100 $\mu$M D-glucose and recorded on days $x$ and zero, respectively. It was found that the modification of the surface of the Ni electrode with precious metals significantly improves its stability. In turn, the relative current density of the Ni-Pt electrode remained not less than 85% of its initial value for 1 month, demonstrating the highest level of stability among the studied electrode materials.

**CONCLUSIONS**

In this work, we synthesized Ni microstructures and conducted their modification with Au and Pt using the method of laser-induced metal deposition from a solution (LCLD). The morphological studies, the elemental and phase analysis of the fabricated metallic, and bimetallic microstructures were performed using SEM, EMP, and XRD, respectively. SEM showed that the surfaces of Ni and Ni-Pt have a hierarchical structure consisting of large-scale cavities and small-scale pores, while the surface of the Ni-Au electrode has no obvious separation between pore sizes. Thus, the surface of Ni modified with Pt is more complex and developed than that of Ni structures modified with Au. This was confirmed by impedance measurements demonstrating lower values of non-ideality parameters $\alpha$ for Ni-Pt. According to EMP and XRD analysis, Ni microstructures modified with Au and Pt reveal the presence of mostly the metallic phases and have only insignificant amounts of nickel dioxide (NiO), whereas pure Ni has no oxide impurities. The biocompatibility studies demonstrated that the Ni-Au electrode has a much better cell adhesion than Ni-Pt. We associate this to the higher irregularity of the surface of the Ni-Pt electrode in comparison with Ni modified with Au. In turn, an opposite trend was observed for the electrochemical properties of the fabricated electrode materials. Indeed, the Ni-based microstructures with a more developed surface area revealed better catalytic performance toward non-enzymatic glucose detection. In this regard, the modification of the Ni surface with Pt results in the most significant enhancement of the glucose sensing characteristics, probably due to the greater synergetic catalytic effect and the presence of a greater number of active sites. Moreover, the electrode materials with a hierarchical structure such as Ni and Ni-Pt exhibited two linear regions of glucose concentration, and, as a result, two detection limits and two sensitivity levels. For Ni-Pt that outperformed others, these parameters are 10–300 and 300–1500 $\mu$M, 0.14 and 0.19 $\mu$M, and 18,570 and 2929 $\mu$A $\text{cm}^{-2}$ $\text{M}^{-1}$. This can be explained by the presence of two types of pores on the surface of these electrodes, the smallest of which exhibits high sensitivity within the range of low concentrations of glucose. However, at higher glucose concentrations, the sensitivity significantly decreases, probably due to the stronger adsorption of the intermediates forming during the electrocatalytic glucose oxidation. In conclusion, it should be noted that the results obtained in the current study could be quite useful for the design of materials with low cell toxicity and high catalytic performance.

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