SN 2019zrk, a bright SN 2009ip analog with a precursor *

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ABSTRACT

We present photometric and spectroscopic observations of the Type IIn supernova SN 2019zrk (also known as ZTF 20aaeb). The SN shows a ∼100 day precursor, with a slow rise, followed by a rapid rise to M ∼ −19.2 in the r and g bands. The peak-light curve decline is well fit with an exponential decay with a timescale of ∼39 days, but it shows prominent undulations, with an amplitude of ∼1 mag. Both the light curve and spectra are dominated by an interaction with a dense circumstellar medium (CSM), probably from previous mass ejections. The spectra evolve from a scattering-dominated Type IIn spectrum to a spectrum with strong P-Cygni absorptions. The expansion velocity is high, ∼16,000 km s⁻¹, even in the last spectra. The last spectrum ∼110 days after the main eruption reveals no evidence for advanced nucleosynthesis. From analysis of the spectra and light curves, we estimate the mass-loss rate to be ∼4 × 10⁻³ M⊙ yr⁻¹ for a CSM velocity of 100 km s⁻¹, and a CSM mass of ≳1 M⊙. We find strong similarities for both the precursor, general light curve, and spectral evolution with SN 2009ip and similar SNe, although SN 2019zrk displays a brighter peak magnitude. Different scenarios for the nature of the 09ip-class of SNe, based on pulsational pair instability eruptions, wave heating, and mergers, are discussed.

Key words. supernovae: general – supernovae: individual: ZTF 20aaeb, SN 2019zrk, SN 2009ip – circumstellar matter

1. Introduction

Core-collapse (CC) supernovae (SNe) are explosions of massive stars (∼8 M⊙). The large variety of CC SNe is determined by the progenitor mass at the time of CC and by the mass-loss history leading up to the explosion. Type IIP SNe are the best understood class when it comes to their progenitor stars, which are mostly red supergiants (Smartt 2009) exploding while still retaining a massive H envelope. Type IIn SNe, on the other hand, may originate from more than one progenitor channel – an ambiguity that is often difficult to unveil as the circumstellar matter (CSM) interaction hides the underlying SN ejecta (see Chevalier & Fransson 2017; Gal-Yam 2017; Smith 2017, for reviews). A discriminating factor is the mass of the envelope, which may range from ≲1 M⊙ to several M⊙. This is reflected in the luminosity, shock velocity, and the duration of the optically thick phase. An example of a Type IIn SN with a low-mass CSM is SN 1998S with only a week-long SN IIn phase (e.g., Pozzo et al. 2004), while SNe 2010jl (Fransson et al. 2014; Ofek et al. 2014b) and 2015da (Tartaglia et al. 2020) are examples of SNe with a massive CSM, resulting in a month- to year-long SN IIn phase. In the context of this paper, the enigmatic Type IIn SN 2009ip is especially interesting (see Frarer 2020, for a review). The nature of the SN IIn progenitors is, however, still not well understood even though the relation with host metallicity, for example, indicates that the former low-mass CSM SNe IIn are related to red supergiants, while the long-duration Type IIn SNe might be related to luminous blue variables (LBVs) (Taddia et al. 2015). The SN 2009ip like SNe are even less understood.

In this paper we present SN 2019zrk, which is clearly a H-rich SN, but which showed an unusual light curve evolution accompanied by varying degrees of evidence for CSM interaction in the spectral evolution. The paper is organized as follows. In Sect. 2 we present the observations, including optical photometry and spectroscopy. The results are presented in Sect. 3. Section 4 contains a discussion and finally Sect. 5 presents our conclusions.

2. Observations

2.1. First detection and classification

SN 2019zrk (also known as ZTF 20aaeb) was first detected on December 20, 2019 (JD_{SN 2019zrk} = 2458838.018), with the Palomar Schmidt 48-inch (P48) Samuel Oschin telescope as part of the Zwicky Transient Facility (ZTF) survey (Bellm et al. 2019; Graham et al. 2019). It was reported to the Transient

* Table I is only available in electronic form at the CDS via anonymous ftp to cdsarc.u-strasbg.fr (130.79.128.5) or via http://cdsweb.u-strasbg.fr/cgi-bin/qcat?J/A+A/
Name Server (TNS\(^{1}\)) on January 3, 2020. That first detection was in the \(g\) band, with a host-subtracted magnitude of \(20.18 \pm 0.31\) mag, at the \(J2000.0\) coordinates \(\alpha = 11^{h}39^{m}47.38^{s}, \delta = +19^{\circ}55'46.6''\).

The initial TNS discovery report (De 2020) reported a last nondetection of 19.3 mag during the same night, but in the \(r\) band. The previous \(g\)-band observation was from nine nights before with a formal limit of 19.43 mag. This transient was subsequently also detected and reported to the TNS by several other surveys: in January by Pan-STARRS, in February by ATLAS, and in April by Gaia. SN 2019zrk occurred in the spiral galaxy UGC 6625 (Fig. 1) that has a reported redshift of \(z = 0.03647\) (Cortese et al. 2008). Using a flat cosmology with \(H_0 = 70\) km s\(^{-1}\) Mpc\(^{-1}\) and \(\Omega_m = 0.3\), this corresponds to a distance of 168 Mpc when accounting for the NED\(^{2}\) infall model.

We classified SN 2019zrk as a Type IIn supernova based on a spectrum obtained on 2020 February 17 with the Dual Imaging Spectrograph (DIS) on the Apache Point Observatory (APO) 3.5-meter telescope (Graham et al. 2020). The spectrum was immediately made available on TNS. This was actually not the first spectrum we obtained, as can be seen in the spectral log (Table 2). The first one was obtained on 2020 February 13 with the Palomar 60-inch telescope (P60; Cenko et al. 2006) equipped with the Spectral Energy Distribution Machine (SEDM; Blagorodnova et al. 2018). However, that early spectrum was not convincing enough for a proper classification.

### 2.2. Optical photometry

As part of the ongoing ZTF survey, we obtained regular follow-up photometry over the next 6 months in the \(g\), \(r\), and \(i\) bands with the ZTF camera (Dekany et al. 2020) on the P48. In addition, we got three epochs of \(ugriz\) photometry of the object using the Liverpool telescope (LT; Steele et al. 2004), as well as five epochs with the SEDM rainbow camera on the P60. Forced-photometry light curves from the P48 were generated by running the pipeline described by Yao et al. (2019), which is similar to the ZTF forced photometry service (Masci et al. 2019). The image subtraction is based on the Zackay et al. (2016) algorithm. Photometry from the P60 was produced with the image-subtraction pipeline described in Fremling et al. (2016), with template images from the Sloan Digital Sky Survey (SDSS; Ahn et al. 2014). This pipeline produces PSF magnitudes, calibrated against SDSS stars in the field. We give the resulting magnitudes in Table 1. All magnitudes are reported in the AB system. For the early epochs of the precursor, \(\lesssim -100\) days, as well as for the very late epochs, \(\gtrsim 200\) days we have employed a 30 day binning of the observations to increase the signal-to-noise ratio (S/N), and for \(-100\) to 0 days we used a 7 day binning.

The light curves are shown in Fig. 2. We take the rise of the main peak in the \(r\) band on \((JD^{SN\text{2019zrk}} = 2458884)\) as the zero point, \(t_0\), for the light curve, and refer to all epochs in the rest frame of the SN with regards to this phase.

In our analysis we have corrected all photometry for Galactic extinction, using the Milky Way (MW) color excess \(E(B-V) = 0.022\) mag toward the position of SN 2019zrk (Schlafly & Finkbeiner 2011). All reddening corrections are applied using the Cardelli et al. (1989) extinction law with \(R_V = 3.1\). No further host galaxy extinction has been applied, since there is no sign of Na\(^{I}\)D absorption in any of our spectra.

\(^{1}\)https://wis-tns.weizmann.ac.il/

\(^{2}\)https://ned.ipac.caltech.edu/

### 2.3. Optical spectroscopy

Spectroscopic follow-up was conducted with a suite of telescopes and instruments. We most often used the SEDM mounted on the P60, but also obtained higher quality spectra with the Nordic Optical Telescope (NOT) using the Alhambra Faint Object Spectrometer (ALFOSC), the Keck-I telescope using the Low Resolution Imaging Spectrograph (LRIS; Oke et al. 1994), as well as with the Double Beam Spectrograph (DBSP; Oke & Gunn (1982)) on the P200 and SPRAT on the LT. The first weeks of this transient were not spectroscopically covered, we only got to it with a spectrograph once it had reached peak. The early plateau was \(19.5 - 20\) magnitudes which is a regime that is not always well covered spectroscopically by the ZTF collaboration. A log of the spectral observations is provided in Table 2, which includes 14 epochs of spectroscopy.

SEDM spectra were reduced using the pipeline described by Rigault et al. (2019) and the spectra from La Palma were reduced using standard pipelines and procedures for each telescope and instrument. Finally all spectra were absolute calibrated compared to the host-subtracted forced photometry in the \(r\) band, as interpolated using the Gaussian Process method. The spectral data and corresponding information will be made available via WiseREP\(^{3}\) (Yaron & Gal-Yam 2012).

### 3. Results

#### 3.1. Light curves

The \(g\), \(r\) and \(i\)-band light curves of SN 2019zrk are displayed in Fig. 2. We do have some complementary photometry also in other bands. These data are not plotted here for clarity, but are provided in the data-files released with the paper. The most remarkable part of the light curve (LC) for this Type IIn SN is the initial very slow evolution - a gentle plateau, a precursor - of at least 50 days, before the LC starts rising in earnest.

The rise of the main peak starts on \(t_0 = (JD^{SN\text{2019zrk}} = 2458884)\), with an uncertainty of \(\pm1\) day, best seen in the \(r\) band. The rise in both the \(r\) and \(g\) bands occurs in two steps, first relatively slowly up to \(+8\) days and then more rapidly up to the peak at \(+14\) days. In the \(g\) band, the light curve rises by 2.9 magnitudes in 15 days. It is therefore clear that the initial plateau is a precursor to the main eruption. The properties of the precursor are further discussed in Sect. 3.2.

The rise times for Type IIn SNe span a wide range, and are typically around \(20 \pm 6\) days, with some going somewhat slower at \(50 \pm 11\) days (Kiewe et al. 2012; Nyholm et al. 2020), and occasionally some rise even more slowly, like SN 2015da that needed 100 days to continuously rise to \(r\)-band peak (Tartaglia et al. 2020). SN 2019zrk therefore rises relatively fast (not accounting for the precursor) compared to other Type IIn SNe.

After peak, the light curve of SN 2019zrk declines in a way not untypical of some fast declining Type IIn SNe, but we do note a very clear bump in the light curve after \(\sim 110\) days, seen in both the \(g\) and \(r\) LCs. A less pronounced bump or ledge is also present at \(\sim 50\) days. Such bumps are rare (Nyholm et al. 2020) but there do exist clear cases of similar undulations in Type IIn supernovae (e.g., Nyholm et al. 2017), as well as in the radio light curves of Type IIL SNe (e.g., Weiler et al. 1992; Montes...
Fig. 1: Field of SN 2019zrk and the host galaxy UGC 6625. The image is composed of $gri$ images obtained with the ZTF camera on February 16, 2020, close to the time of peak luminosity. The supernova is marked with a red cross.

Fig. 2: Light curves of SN 2019zrk in the $g$ (green symbols), $r$ (red) and $i$ (black) bands. These are observed (AB) magnitudes plotted versus rest frame time in days since the rise of the main peak on $JD^{SN2019zrk}_{rise} = 2458884$ (Sect. 3.1), marked as the vertical dotted line. The vertical dashed line marks the epoch of the first $5\sigma$ detection of the precursor. The horizontal error bars indicate the 7 and 30 day binning periods used for the precursor and late observations. Magnitudes are corrected for Milky Way extinction. The blue arrows on top show epochs of spectroscopy.

In Sect. 4.4.2 we discuss the particular cases of 09ip-like light curves, where bumps are present. These are a clear indication of circumstellar interaction in a nonuniform CSM.

In Fig. 3 we show the light curves in absolute magnitudes. The magnitudes are in the AB system, and have been corrected for distance modulus and MW extinction, $\mu = 36.12$ mag and $E(B-V) = 0.022$ mag, respectively, and are plotted versus rest frame days since $t_0$. For the discussion in Sect. 4, we have also included SN 2009ip (Mauerhan et al. 2013; Graham et al. 2014) in the figure, using $\mu = 31.55$ and $E(B-V) = 0.018$ mag, SN 2016bdu with $\mu = 34.37$ and $E(B-V) = 0.013$ mag (Pastorello et al. 2018), and SN 1998S from with $\mu = 31.15$ and $E(B-V) = 0.006$ mag (Hamuy et al. 2002).
The bumps in the fading light curve in Fig. 2 indicate interaction with different CSM shells, which points to several separate mass ejection events. We therefore searched for additional precursors at earlier times. The commissioning of the ZTF camera started in fall 2017 and we hence have data obtained over two years before the explosion. Using the methods described in Strotjohann et al. (2021), we combine observations in 1-day to 3-month long bins and search the binned light curve for detections that are significant at the 5σ level. No additional precursors are found and Fig. 5 shows the resulting upper limits for month-long bins.

In addition, data from the Palomar Transient Factory survey allows us to search for precursors that occurred 11 to 4 years before the explosion of SN 2019zrk. We use the IPAC PTF forced photometry pipeline (Masci et al. 2017) to produce a light curve consisting of 659 observations obtained in the SDSS g and Mould-R band. We remove data points that are not photometrically calibrated and do a baseline correction by subtracting the median flux from the complete light curve. Error bars are scaled up by 34% and 14% in the g and R band, respectively, such that they account for the standard deviation of the light curve. We do not find any data points that reach a significance of $\gtrsim 5\sigma$ when searching unbinned light curves as well as light curves binned in

### 3.2. Precursor

Ofek et al. (2014a) and Strotjohann et al. (2021) systematically explored the PTF and ZTF pre-discovery forced photometry searching for precursors and outbursts for Type IIn SNe. The results for SN 2019zrk are included in Fig. 2. This reveals that the precursor was present even before what we have defined as the first detection above. Using 7-day bins, there is a significant r-band detection already at day $-53$ ($JD = 2458829.0$, nine days before discovery. Binning the data in wider 30-day bins reveals a $3.3\sigma$ detection in the r band at day $-104$ ($JD = 2458780$). The precursor was hence potentially even $\gtrsim 100$ days long (Fig. 2). The median absolute r-band magnitude of the precursor was $-16.44$, while the median g-band magnitude was $-16.19$.

The agreement between the two different methods of estimating the bolometric luminosity for the dates when spectra are available. It therefore seems as if the simple color-based method of Lyman et al. (2014) works reasonably well also for Type IIn SNe.
Then, as the light curve rises (see Fig. 2), the Hα line has a strong P-Cygni absorption present in the day 45 spectrum have become very strong and prominent. The Hα line has also increased strongly relative to the continuum and has nearly the same flux as at 45 days.

The P-Cygni absorptions in the late spectra can be used to estimate the maximum velocity of the expanding ejecta. In Fig. 7 the blue and red dotted vertical lines show the wavelengths corresponding to ±15,000 km s\(^{-1}\), respectively. While for Hα the P-Cygni absorption is almost filled-in by the emission, the absorption is very clear in the 83 and 109 day spectra for Hβ, as well as for Hγ, He I \(\lambda\lambda4471,5876\), the permitted Ca II H and K lines, and the Ca II NIR triplets. The exact extension of the absorptions, and therefore the maximum velocity of the ejecta, is somewhat difficult to determine. The blue velocity marked at 15,000 km s\(^{-1}\) is a minimum velocity.

In Fig. 8 we show the evolution of the Hα line in detail. We have subtracted the background continuum by fitting a second-order polynomial to the line-free parts of the spectrum between −20,000 to −15,000 km s\(^{-1}\) on the blue side and between +20,000 to +50,000 km s\(^{-1}\) on the red side. We here see a dramatic change in the line profile between days 21 and 45, where the narrow line is replaced by a broad line profile. Before the transition the line is dominated by a narrow core with FWHM ~ 220 km s\(^{-1}\) at 10 days, consistent with the resolution of the P200/DBSP with the 600 lines/mm grating. There are, however, in both the 10 and 21 day spectra faint wings seen to ~5000 km s\(^{-1}\), although the maximum velocity shift seen is set by the S/N. We note that this is a result of electron scattering and not of the expansion velocity of the ejecta.

Between the day 21 and day 45 spectra the wings become very strong, and also asymmetric. This can also be seen in the low resolution P60 spectrum from day 27. In the higher resolution Keck spectrum with the best S/N, the line profile shows a blue wing to −10, 500 km s\(^{-1}\), while the red wing extends to at least +13, 500 km s\(^{-1}\), determined mainly by the exact level of the continuum. The blue wing shows a “kink” at ~6000 km s\(^{-1}\), where the profile becomes somewhat steeper. In the last two spectra at 83 and 109 days the maximum blue-shift decreases to ~7500 km s\(^{-1}\), while the red wing extends to a fairly constant velocity of 13, 000 − 15, 000 km s\(^{-1}\).

In Fig. 9 we compare the Hα and Hβ line profiles at 45 and 109 days. Here we have normalized these to the Hα flux at −2000 km s\(^{-1}\). The comparison shows that while the red wing of Hα is nearly constant, the blue wing displays a strong decrease in the flux above ∼4000 km s\(^{-1}\) between 45 and 109 days, which can be seen already at 83 days (Fig. 8). However, after that the line profile is nearly constant.

The Hβ profile is especially interesting because it shows a strong P-Cygni absorption at velocities \(\gtrsim 6000\) km s\(^{-1}\) at 45 days, with a minimum at ~10,000 km s\(^{-1}\). At this epoch it also has a weak red emission component. At 109 days the emission component has almost completely disappeared, while the blue absorption now extends from ∼ −16,000 km s\(^{-1}\) to zero velocity. The increased absorption in Hβ is directly correlated in velocity with the decrease in the Hα profile, showing that absorption in combination with decreased scattering in this line is responsible for the shape. Figure 9 also illustrates the increasing Hα/Hβ ratio between these epochs. For the 109 day spectrum the total Hβ flux is actually negative, as should be the case for a P-Cygni profile dominated by scattering.
3.4. The host galaxy

Figure 1 shows the position of the SN and the host galaxy, UGC 6625, obtained with the ZTF camera. The database of the Sloan Digital Sky Survey contains spectra of two different regions of the host galaxy. After correcting the science-ready spectra for Milky Way extinction, we fit the Hα, Hβ, [O III]λ5007 and [N II] λ6585 emission lines by Gaussian profiles to measure the line fluxes (Table 3). Using the O3N2 metallicity indicator and the parameterization by Marino et al. (2013), we infer high oxygen abundances between 8.45 and 8.49.

To put these values in context, we need the galaxy’s total stellar mass. We retrieved the science-ready images from GALEX, SDSS, Pan-STARRS (PS1), 2MASS, and WISE surveys and measured the brightness from the FUV to NIR following Schulze et al. (2021) (Table 4). Afterwards, we modeled the spectral energy distribution (SED) with the software package prospector version 0.3 (Johnson et al. 2021) using the same model for the galaxy SED as in Schulze et al. (2021). The SED is adequately described by a galaxy template with a mass of $\log M/M_\odot = 10.84^{+0.11}_{-0.38}$ and a star-formation rate of $12.7^{+8.8}_{-2.3} M_\odot \text{yr}^{-1}$. Using the mass-metallicity relation...
During the main eruption is IIn SNe (e.g., Fransson et al. 2014). This, however, represents a fit, shown as a dotted line in Fig. 4. We have also tested a power-law normalization, set by the observations later than $\sim 100$ days.

In principle, the explosion could start with the ‘precursor’ (1) during the first 20 days and then stagnates at $\sim 10^5$ K. However, objects showing strong circumstellar interaction can often have strong line emission in the whole UV range, especially at late phases as seen in for example SN 2010jl (Fransson et al. 2014) and SN 2009ip (Margutti et al. 2014). Without spectra in the UV we just note that the systematic errors may be considerable. The results for the blackbody temperature, $T_{bb}$, photospheric radius, $R_{ph}$, and luminosity, $L$, are provided in Fig. 10.

The evolution of these parameters is similar to what is seen for other interacting SNe, for example SN 2009ip (Margutti et al. 2014), with a decreasing temperature from $\sim 15,000$ K to $\sim 6000$ K at 100 days and a photospheric radius first increasing during the first 20 days and then stagnates at $(2-3) \times 10^{15}$ cm. Calculating the photospheric velocity as $V = R_{ph}/(t - t_0)$, and with $R_{ph} \sim 3 \times 10^{15}$ cm at 20 days we get $V \approx 17,000$ km s$^{-1}$. Although this ignores the initial radius, it agrees well with the maximum velocity seen from H$\beta$, $\sim 16,000$ km s$^{-1}$ (Sect. 3.3). The blackbody luminosity agrees well with that in Fig. 4, although especially at the late phases the strong H$\alpha$ line and uncertain UV flux make the bolometric luminosity uncertain.

4.2. Spectrum

In spite of the low resolution, the first spectrum at eight days with the SEDM on the P60 shows a clear and strong H$\alpha$ line. The first higher resolution spectrum with the P200 shows this as a narrow H$\alpha$ with FWHM $\sim 220$ km s$^{-1}$, consistent with being unresolved. In the Keck spectrum at 45 days the width of the narrow component has increased to $\sim 690$ km s$^{-1}$ on top of a broader component. This broad component is a clear indication of emission from a dense CSM, while the emission from the shock and ejecta are smoothed into a ‘continuum’ by the optically thick electron scattering. As the column density of the ionized CSM decreases, and therefore the electron scattering optical depth gets lower, the H$\alpha$ line profile becomes clearly broadened and skewed to the blue, as is seen in the day 45 spectrum (Fig. 8). The emission is now reflecting the velocity of the shock. An illustration of this evolution from symmetric to blueshifted emission line profiles was also seen for the Type IIn SN 2013L (Andrews et al. 2017; Taddia et al. 2020), and was in Taddia et al. modeled with Monte Carlo simulations of the electron scattering in an expanding shell.

The H$\alpha$ line profile on day 45 extends to at least 15,000 km s$^{-1}$ on the red side. Exactly how far is sensitive to the assumed continuum level. This is larger than expected because of occultation by the photosphere, but is a natural effect of electron scattering in the ejecta. Figure 8 shows that the extent on the red side is nearly constant up to the last spectrum at 109 days, while the extent of the emission on the blue side is decreasing from $\sim 10,000$ km s$^{-1}$ to $\sim 6000$ km s$^{-1}$ during the same time. This is a result of the decreasing ratio of emission to absorption on the blue side.

Although a questionable assumption for a scattering dominated atmosphere (see e.g., Dessart et al. 2015), a blackbody fit to the continuum can give some idea of the evolution of the photospheric temperature, radius, and blackbody luminosity. We have fit Planck functions to the line free regions of our spectra, corrected for extinction, and show these as dashed lines in Fig. 6. To calculate the luminosity we have integrated the full Planck function. This may overestimate the luminosity because of line blanketing in the UV, especially when the temperature is $\lesssim 10,000$ K. However, objects showing strong circumstellar interaction can often have strong line emission in the whole UV range, especially at late phases as seen in for example SN 2010jl (Fransson et al. 2014) and SN 2009ip (Margutti et al. 2014).

We therefore conclude that radioactive input is likely of minor importance for the observed light curve. Except for the bump, we can instead fit the bolometric light curve very well with a steeper exponential,

$$L(t) = 1.8 \times 10^{43} e^{-t/39} \text{ erg s}^{-1},$$

shown as a dotted line in Fig. 4. We have also tested a power-law fit, $L(t) \propto t^{-\alpha}$, which fits the light curves of long lasting Type IIn SNe (e.g., Fransson et al. 2014). This, however, represents a considerably worse fit.

The total radiated energy from the bolometric light curve during the main eruption is $5.0 \times 10^{49}$ erg, compared to $3.7 \times 10^{48}$ erg during the precursor. However, as demonstrated for SN 2009ip (Margutti et al. 2014), there may also be a substantial additional contribution from UV and X-rays.

4. Discussion

4.1. Light curve

To obtain a limit of the ejected $^{56}$Ni mass, we show in Fig. 4 the expected energy input due to $^{56}$Co decay as a dashed line. The normalization, set by the observations later than $\sim 100$ days, corresponds to a $^{56}$Ni mass of $\sim 0.09$ M$_{\odot}$. We note that the slope before 160 days is considerably steeper than that expected for the $^{56}$Co decay. For the epochs later than 150 days we can not exclude a contribution from $^{56}$Ni, but a flattening may also be explained as a result of circumstellar interaction.

In principle, the explosion could start with the ‘precursor’ and the CSM interaction starting with the main peak. This, however, seems rather a contrived scenario with a fair amount of fine tuning. For example, it would be difficult to understand the bumps and the dip in the light curve just before the main peak, seen in several of these 09ip like objects, as discussed in Sect. 4.5.

We therefore conclude that radioactive input is likely of minor importance for the observed light curve. Except for the bump, we can instead fit the bolometric light curve very well with a steeper exponential,

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shown as a dotted line in Fig. 4. We have also tested a power-law fit, $L(t) \propto t^{-\alpha}$, which fits the light curves of long lasting Type IIn SNe (e.g., Fransson et al. 2014). This, however, represents a considerably worse fit.
In Fig. 11 we show the evolution of the H\(\alpha\) luminosity together with the continuum luminosity in the range \(\pm 20,000 \, \text{km s}^{-1}\) from the H\(\alpha\) line. For this we have subtracted the continuum, fit as a power law around the H\(\alpha\) line. The error bars on the H\(\alpha\) luminosity depend mainly on the continuum fit and the spectral resolution, where the luminosity estimated from the SEDM spectra on days 27, 51.1, and 70 may have been slightly overestimated due to the lower spectral resolution and difficulty in subtracting the background. This is reflected in the larger error bars for these epochs.

The most interesting result from Fig. 11 is the different evolution of the continuum and H\(\alpha\) luminosities. The continuum evolution reflects the general \(r\)-band evolution in Fig. 4. The H\(\alpha\) luminosity is initially very weak and only represents the narrow, central core of the line from unscattered H\(\alpha\) photons. The luminosity then increases as the broad wings become visible at \(\sim 30\) days (Fig. 6). After \(\sim 45\) days the H\(\alpha\) luminosity stays nearly constant up to the last spectrum at 109 days.

From this evolution it is clear that the H\(\alpha\) emission is decoupled from the thermalization photosphere and mainly reflects the energy input from the shock. This is also indicated by the broad H\(\alpha\) line and the decreasing importance of electron scattering in shaping the line profile. If H\(\alpha\) is powered by the extreme-UV and X-rays from the shock, the constant level of the H\(\alpha\) luminosity

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig8.png}
\caption{Evolution of the H\(\alpha\) line. The continuum level is subtracted and each spectrum is shifted upwards for clarity. Note the dramatic change in line profile between days 21 and 45, where the narrow line is replaced by a broad line profile, reflecting the shock velocity. Each spectrum has been shifted by \(10^{-16} \, \text{erg cm}^{-2} \, \text{s}^{-1} \, \text{Å}^{-1}\).}
\end{figure}
can be explained as a result of the fairly constant X-ray luminosity from a radiative shock, expected in an \( \rho \propto r^{-2} \) medium. In this case the luminosity \( L \propto \dot{M} V_s^2 / u_w \), where \( \dot{M} \) is the mass-loss rate, \( V_s \) the shock velocity, and \( u_w \) wind velocity. Because \( V_s \) only decreases slowly with time this results in a flat or slowly decreasing evolution for \( L \).

### 4.3. Estimate of the mass-loss rate

The observed shift in the nature of the spectrum at \( \sim 50 \) days (Sect. 3.3) indicates a transition from a CSM which is optically thick to an optically thin medium with respect to electron scattering, as measured from the outer boundary, \( R_{\text{out}} \), to the shock at \( R_e \). Below we show how this can be used to obtain an estimate of the column density and the mass-loss rate.

Assuming a steady wind the electron density is

\[
n_e = \frac{\dot{M} x_e}{4 \pi \mu u_w^2 m_p},
\]

where \( \dot{M} \) is the mass-loss rate, \( \mu \) is the mean atomic weight, and \( x_e \) the electron fraction \( n_e / n_{\text{ion}} \). For a gas with solar composition \( \mu \approx 1.3 \), whereas for a He-dominated gas \( \mu \approx 4 \). The early spectra indicate \( x_e \approx 1 \), but it may be higher in the optically thick, ionized region. We scale the wind velocity to \( u_w = 100 \) km s\(^{-1} \), noting that the spectral resolution of the best spectrum only provides an upper limit to the unshocked, outer CSM velocity of \( u_w \lesssim 220 \) km s\(^{-1} \).

At the time of the transition at \( t_{\text{trans}} \approx 50 \) days the CSM in front of the ejecta should have \( \tau_e \approx 1 \), and the H\( 1 \), He\( 1 \), Na\( 1 \), absorption lines should be formed outside this. We note that this does not correspond to the shock radius at the time of shock break-out, which occurs much earlier, when \( \tau_e \approx c/V_s \sim 20 \). With an ejecta velocity of \( 1.6 \times 10^4 \) km s\(^{-1} \), the transparency radius corresponds to \( R_e(t_{\text{trans}}) \approx 7 \times 10^{15} (t_{\text{trans}}/50 \text{ days}) \) cm. We note that this radius corresponds to an electron scattering optical depth of \( \tau_e \approx 1 \) and not of the thermalization radius estimated from the blackbody radius in Fig. 10 of \( R_{\text{ph}} \approx (2 - 3) \times 10^{15} \) cm.

We can now estimate the mass-loss rate from

\[
\tau_e = \frac{\dot{M} x_e \sigma_T}{4 \pi \mu u_w m_p} \left[ \frac{1}{R_e(t_{\text{trans}})} - \frac{1}{R_{\text{out}}} \right] \approx 1,
\]

where \( \sigma_T \) is the Thomson cross section, and \( m_p \) the proton mass. Assuming \( R_e(t_{\text{trans}}) \ll R_{\text{out}} \) we get

\[
\dot{M} = 4.4 \times 10^{-2} \left( \frac{\mu}{1.3} \right) x_e^{-1} \left( \frac{u_w}{100 \text{ km s}^{-1}} \right) \left( \frac{V_s}{16,000 \text{ km s}^{-1}} \right) \left( \frac{t_{\text{trans}}}{50 \text{ days}} \right) M_\odot \text{ year}^{-1}.
\]

Fig. 9: Comparison of the H\( \alpha \) (upper panel) and H\( \beta \) (lower panel) line profiles at 45 (blue) and 109 (red) days. The flux of both lines and at both epochs have been normalized to the H\( \alpha \) flux density at \( -2000 \) km s\(^{-1} \). We note the nearly identical red wing of H\( \alpha \), while the blue wing above \( \sim 4000 \) km s\(^{-1} \) shows a strong decrease in flux. The H\( \beta \) line shows a similar evolution of the blue wing, with an increasing absorption component of the P-Cygni profile. The [O III] \( \lambda \lambda 4959, 5007 \) lines from the background in the red wing of H\( \beta \) have been masked out.

Fig. 10: Temperature, photospheric radius and luminosity as function of the rest frame phase from blackbody fits to the spectra.
Because the assumption of $\tau_e = 1$ when the CSM in front of the shock becomes transparent is only approximate, this estimate will also only give an approximate estimate of the mass-loss rate, with an uncertainty of at least a factor two. It is, however, independent of other assumptions and uncertainties, like bolometric corrections and the complexity going into light-curve modeling (e.g., Sorokina et al. 2016).

This $\dot{M}$ corresponds to an electron density

$$n_e = 7.5 \times 10^{8} \left( \frac{r}{10^{15} \text{ cm}} \right)^{-2} \text{ cm}^{-3},$$

and should be the characteristic electron density close to the photosphere at the time when the ejecta emerge through the photosphere. The gas we see, producing the narrow line cores, should be located at larger radii at a lower density.

The mass in front of the shock at 50 days is

$$M_{\text{CSM}} = \frac{\dot{M} \rho_{\text{sh}}(50 \text{ days})}{u_{\text{sh}}} \approx 0.96 \left( \frac{V_{\text{s}}}{16,000 \text{ km s}^{-1}} \right)^2 \left( \frac{t_{\text{trans}}}{50 \text{ days}} \right)^2 M_{\odot}. \quad (7)$$

If the wind continues as a $\rho \propto r^{-2}$ wind inside $R_{\text{s}}(50 \text{ days})$, the total CSM mass may be considerably higher. The estimate above agrees well with that in Strotjohann et al. (2021), using a different method.

4.4. Nature of SN 2019zrk

4.4.1. General properties of the progenitor and ejecta

As discussed in Sect. 4.1, the powering of the light curve is dominated by CSM interaction, and only a modest mass of $^{56}$Ni is allowed. In addition to the spectra discussed earlier, CSM interaction is also demonstrated by the bump in the light curve at $t_{\text{bump}} \approx 110 \text{ days}$ in Fig. 4, where interaction with a strong density enhancement in the CSM is the most natural explanation. If we take the exponential decay, shown as the dotted line in Fig. 4 as the reference, the amplitude of the bump in luminosity is $\sim 95\%$, and the area between these curves corresponds to an extra energy radiated in the bump of $\sim 1.8 \times 10^{48} \text{ erg}$. With an ejecta velocity of $\sim 16,000 \text{ km s}^{-1}$ (Sect. 4.2) one can estimate a distance of $R_{\text{sh}} \approx 1.5 \times 10^{16} \text{ cm}$ to such a shell, assuming that it is spherically symmetric. This agrees well with the photospheric radius determined from the blackbody fit in Fig. 10 at 20 days, which corresponds to a velocity of $\sim 17,500 \text{ km s}^{-1}$. After 20 days the photospheric radius stays nearly constant and therefore recedes in velocity behind the shock. The agreement between the maximum photospheric and spectroscopic velocities argues for that the ejecta expansion does not depart dramatically from spherical. If the CSM instead has a ring- or disk-like geometry, or is very clumpy, the velocity and therefore the distance may be overestimated. This was demonstrated for SN 1987A where ejecta with the highest velocities of $\gtrsim 10^4 \text{ km s}^{-1}$ are expanding above and below the ring plane, while ejecta interacting with the ring have a velocity of $\gtrsim 5000 \text{ km s}^{-1}$ (Fransson et al. 2013).

The duration of the light-curve bump in SN 2019zrk is $\sim 25$ days. If the shock velocity is constant, the thickness of the shell would be $25/110 \times R_{\text{sh}}$. However, because the density in the shell or disk must be higher than the density the shock encountered before the shell interaction, $\rho_{\text{sh}}$, the velocity will be lower by a factor $\sim (\rho_{\text{sh}}/\rho_0)^{1/2}$, where $\rho_{\text{sh}}$ is the shell density. The above estimate of the thickness is therefore only an upper limit.

The main conclusion is that there is strong evidence for previous massive ejections of the progenitor. The precursor seen before the main peak of the LC is clear evidence for such an eruption. It is therefore likely that the CSM is more complex than a steady wind and that the light curve and spectra reflect the interaction between different eruptions with different velocities during the decades before the main eruption in 2020. Although most eruptions of this kind have been discussed in the context of single stars, light-curve bumps have also been discussed as a result of binary interactions (Schwarz & Pringle 1996). In this case the undulations are expected to be periodic, as may have been the case for SN 1979C (Montes et al. 2000), but for which there is little evidence for SN 2019zrk.

One may speculate that the bump at $\sim 110$ days is a result of interaction with a shell from a previous eruption. This would have occurred at $t_{\text{bump}} V_{\text{s}}/V_{\text{sh}}$, where $V_{\text{sh}}$ is the ejected velocity, $V_{\text{sh}}$ is highly uncertain and could range from the estimated CSM velocity, on the order of $100 \text{ km s}^{-1}$, to a velocity similar to what we see in the main eruption, $\gtrsim 10^4 \text{ km s}^{-1}$. A velocity of $\sim 13,000 \text{ km s}^{-1}$ was observed for the precursor of SN 2009ip (Smith et al. 2010; Pastorello et al. 2013; Maurerhan et al. 2013), and assuming a similar velocity for SN 2019zrk, the previous eruption would have occurred $180(V_{\text{sh}}/10^4 \text{ km s}^{-1})^{-1}$ days before the main event. There is, however, no indication from the pre-explosion light curve (Fig. 5) of such an event. If we assume a precursor magnitude brighter than the upper limit of $\sim 15$, which may indicate either a fainter absolute magnitude or a lower $V_{\text{sh}}$, increasing the timescale.

The high ejecta velocity seen in the last spectra indicates little deceleration of the shock. This in turn points to a low CSM mass. A low CSM mass is also consistent with the rapid decline of the LC, as well as the relatively low luminosity compared to high-luminosity Type IIn SNe. This is also consistent with the lower velocities found for high luminosity, long duration objects like SN 2010jl (Fransson et al. 2014) and SN 2013L (Taddia et al. 2020), which have velocities $\sim 5000 \text{ km s}^{-1}$. Even at the last epochs we do not see any [O I] $\lambda\lambda 6300, 6364$ emission in the
spectra of SN 2019zrk. This may have have two explanations. First, the processed metal-rich core at low velocities may even at the last epoch be hidden behind the photosphere by optically thick electron scattering. We also note that the velocity corresponding to the photospheric radius at 100 days, $R_{ph} \sim 2 \times 10^{15}$ cm, corresponds to a velocity of $\sim 2300$ km s$^{-1}$, so this is not unreasonable. Alternatively, there is no advanced nucleosynthesis, and the observed transient is not the final core collapse. Even in the last spectrum the photosphere is far outside the center at $\sim 6000$ km s$^{-1}$, which makes the nucleosynthesis constraint weaker.

Summarizing, we have a progenitor which has had at least one eruption before the main eruption and probably more as evidenced by the bump in the late LC, a limited period of very strong mass loss, $M \sim 0.04$ M$_{\odot}$ year$^{-1}$, and low CSM velocity. There is evidence for a nonuniform CSM, both before the main eruption and in connection to this, indicating several shells from different eruptions. The ejecta have a very high velocity, $\sim 16,000$ km s$^{-1}$, with little deceleration and no obvious indications of advanced nucleosynthesis.

4.4.2. Comparison with other SNe

As illustrated in Fig. 3, there are strong similarities between the light curves of SN 2019zrk and those of SNe 1998S, 2009ip, and 2016bdu, both in the rising and in the declining parts. SN 1998S was only observed in the declining phase (Fassia et al. 2000), but it shows both a similar decline rate and peak magnitude as SN 2019zrk. Unfortunately, there are no constraints on a precursor phase for this SN. The spectral evolution also has some similarity to SN 1992ck in that it showed an early symmetric H$\alpha$ line during the first week, indicating electron scattering and a dense CSM close to the SN (Leonard et al. 2000; Fassia et al. 2001; Shivvers et al. 2015). It also showed strong high-ionization lines of C III-IV and N III, now referred to as flash-ionization lines (Gal-Yam et al. 2014). Our first high-quality spectrum of SN 2019zrk at 10 days does not show this, but this phase may have been missed. The further evolution of SN 1998S, however, shows important differences to SN 2019zrk both in the evolution of the H$\alpha$ profile and in the presence of strong absorption and emission lines of He I, O I, Si II, and Fe II. Although SN 1998S showed strong CSM interaction from the H$\alpha$ line and the light curve, it therefore differs markedly from SN 2019zrk.

SN 2009ip is one of the best studied SNe dominated by CSM interaction (see Fransson 2020, for a review). For SN 2009ip the sharp rise in the main outburst on 25 September 2012 occurred on a timescale of about a day from $M_R \approx -14.5$ to $M_R \approx -18$ (Prieto et al. 2013; Pastorello et al. 2013; Mauerhan et al. 2013). This is faster than for SN 2019zrk, where the rise from $M_R \approx -16.2$ to $M_R \approx -17.2$ took place in $\sim 6$ days. For SN 2019zrk the rise then accelerated and the final rise to $M_R \approx -18.6$ took place in just two days (Fig. 3). The declining part of the light curve is slower for SN 2019zrk, but not by a large factor. The main difference is in the peak magnitude, where SN 2019zrk was $\sim 1$ magnitude brighter than both SN 2009ip and SN 2016bdu (Pastorello et al. 2018).

The light curve bump at $\sim 110$ days is also not unique to SN 2019zrk. In SN 2009ip a temporary brightening occurred already at $\sim 42$ days after the final rise by $\sim 0.3$ mag, lasting a few days (Graham et al. 2014). While the timescale is different, they are in both cases strong indications of a nonuniform, dense CSM. Another important similarity is the presence of a precursor in both SNe 2009ip and 2019zrk. Prior to the main outburst in 2012, SN 2009ip had two strong outbursts, to $M_R \approx -14$, the first $\sim 1100$ days before and the second $\sim 500$ days before the main outburst (Pastorello et al. 2013; Mauerhan et al. 2013). These lasted 100–200 days, and showed strong fluctuations between $M_R \sim -11$ to $M_R \sim -14$ on timescales of a few days. In contrast to SN 2019zrk, SN 2009ip had spectroscopic coverage also before the most energetic event.

SN 2009ip could be followed photometrically and spectroscopically for more than 1000 days (Fraser et al. 2015; Graham et al. 2017). Of special interest is the fact that the bolometric light curve at late epochs, up to $\sim 700$ days, was flatter than that corresponding even to full trapping of $^{56}$Co, with an upper limit of a $^{56}$Ni mass of $\lesssim 0.02$ M$_{\odot}$ (Fraser et al. 2015; Graham et al. 2017). The luminosity of a radiative reverse shock is expected to follow $L \propto M V^3/\nu_0 \propto t^{-3/(n-3)}$, where $n$ is the power law of the ejecta density profile. With $n \approx 10$, this indicates that CSM interaction still dominated the light curve of SN 2009ip at these very late phases.

The spectral evolution of SN 2019zrk also show strong similarities with that of SN 2009ip. Several groups have presented extensive series of spectra both before and after the main outburst for that SN (Smith et al. 2010; Pastorello et al. 2013; Mauerhan et al. 2013; Fraser et al. 2013; Margutti et al. 2014; Graham et al. 2014), in particular presenting a very complete set of observations up to $\sim 100$ days, which directly can be compared to SN 2019zrk. In Fig. 12 we show the spectra of SN 2019zrk at three representative epochs together with spectra at similar stages for SN 2009ip, taken from Fraser et al. (2013).

Immediately after the main eruption of SN 2009ip a symmetric ’exponential’ emission line profile, typical of electron scat-
tering, was observed, resembling that seen in the spectra of SN 2019zrk during the first 21 days. In SN 2009ip this line profile persisted until ~ 25 days after the eruption. After ~ 45 days Hα had become asymmetric with a P-Cygni absorption at high velocity and a broad emission profile. Hβ developed a broad P-Cygni profile already at ~ 25 days. The absorption part of this line profile extended to ~ 15,000 km s^{-1}, while the emission extended only to ~ 10,000 km s^{-1}. Also the He I λλ 4471, 5876 lines had strong absorption components and narrow, weak emission. The spectrum of SN 2009ip from ~ 90 days showed a strong, asymmetric Hα line, while other Balmer and He I lines are primarily seen in absorption. These spectra strongly resemble our last spectrum of SN 2019zrk, although the evolution of the SN 2009ip spectrum is somewhat faster and the velocities lower, as can for example be seen in the Ca II triplet, which is resolved in SN 2009ip at 86 days. All in all, however, the spectral evolution of SN 2019zrk is very similar to that of SN 2009ip.

Levesque et al. (2014) discussed the Balmer ratio for SN 2009ip finding an Hα/Hβ ratio ~ 1.5 at the peak of the main eruption, indicating an electron density of \( \geq \times 10^{3} \text{ cm}^{-3} \). We estimate a ratio of ~ 2.5 in our spectrum at 10 days, but the value is uncertain because of the sensitivity to the subtraction of the continuum and the influence of the background contamination. In the later epochs the ratio increases (Sect. 3.3) similar to what is the case for the Type Ibn SN 2010jl (Fransson et al. 2014). The evolution in SN 2019zrk is consistent with these two SNe, but because of the strong P-Cygni absorption in Hβ in SN 2019zrk a more quantitative comparison is difficult.

The main difference compared to SN 2009ip and to SN 2016bd, is the higher peak luminosity of SN 2019zrk. This could perhaps be connected to the higher precursor luminosity of SN 2019zrk, which may indicate a more dense CSM into which the ejecta expand, resulting in a higher shock luminosity. Unfortunately, we do not have any spectra of the precursor, but we just note the remarkable high velocities of the precursor of SN 2009ip, up to ~ 13,000 km s^{-1} (Smith et al. 2010; Pastorello et al. 2013; Mauerhan et al. 2013), and the interesting spectral evolution of that SN during the two preceding eruptions.

In the case of SN 2009ip very late spectra and photometry up to ~ 1000 days have been presented by Fraser et al. (2015) and Graham et al. (2019). No dramatic changes in the spectrum from the spectra at ~ 100 days are seen. In particular, the Balmer lines remain symmetric. Even at these late stages the [O i] λλ 6300, 6364 doublet remains weak in contrast to the late evolution of Type IIP SNe. Graham et al. also find that the Hα and photometric evolution agree well with the predictions in Chevalier & Fransson (1994), supporting the dominance of CSM interaction.

After SN 2009ip several other Type Ibn SNe have been discovered with very similar properties, including SN 2010nc (Ofek et al. 2013; Smith et al. 2014), SN 2016bd (Pastorello et al. 2018), and AT 2016bu = Gaia16cfr (Kilpatrick et al. 2018; Brennan et al. 2021a,b).

SN 2010nc, which besides SN 2009ip was the first Type Ibn which showed a clear precursor, showed many similarities to SN 2009ip (Ofek et al. 2013; Smith et al. 2014), as well as SN 2019zrk. The length of the precursor, ~ 50 days, was somewhat shorter than or SN 2019zrk, while the rise time, ~ 7 days was similar. The peak magnitude of the precursor, \( M_{r} \approx -15 \) as well as the main event, \( M_{r} \approx -18.4 \), were, however, approximately one magnitude fainter. Consequently, the total energy radiated by both the precursor and the main event were lower by a factor 2–3.

Kilpatrick et al. (2018) and Brennan et al. (2021a,b) present a nice set of (spectral and) photometric observations for AT 2016bu, which shows a precursor with a similar duration as for SN 2019zrk, ~ 100 days, and with a similar gradual increase in magnitude. The main event showed a similar photometric evolution to SN 2009ip, both in absolute magnitude and in the light curve shape. Compared to SN 2009ip and SN 2019zrk, no bump in the light curve was, however, seen during the first ~ 100 days after the main event in AT 2016bu. Instead, it showed a strong increase in the luminosity at ~ 220 days.

Although the light curve was similar, the spectral evolution of AT 2016bu was quite different from that of SNe 2019zrk and 2009ip. In addition to an Hα emission line peaking at zero velocity, AT 2016bu also showed a double peaked profile with a blue emission peak at \( \sim -3000 \text{ km s}^{-1} \). This blue emission emerges at \( \sim +20 \text{ days} \) after peak luminosity, becoming equally strong as the zero velocity peak at \( +50 \text{ days} \) and later.

SN 2016bd also had a remarkably similar evolution to SNe 2019zrk and 2009ip, exhibiting a precursor, a fast rise and a steep decline of the main event (Fig. 3). Like SN 2009ip it showed a flat late phase LC ~ 100 days after the main eruption. The length of the precursor was ~ 70 days, similar to that for SN 2019zrk. The progenitor also showed an erratic behavior over longer timescales with outbursts to \( M_{r} \approx -14.5 \).

Pastorello et al. (2018) also point out the similarity of the properties of the 09ip-like SNe to SN 2005gd, for which Gal-Yam et al. (2007) found evidence for a massive LBV-like progenitor, which was found to have disappeared after the decline of the SN (Gal-Yam & Leonard 2009). Both the spectral evolution and the light curve of SN 2005gd show strong similarities to SN 2009ip, with an only marginally fainter peak and similar rise and decay timescales. In contrast to SN 2009ip and SN 2016bu, SN 2005gd had, however, no detectable precursor down to \( M_{r} \approx -13.7 \).

Most recently, Pessi et al. (2022) present monitoring of SN 2011fh from 2007 to 2017. Before the main eruption the star stayed at a steady level with \( M_{r} \approx -14.5 \) for at least three years. This was followed by a precursor with a duration of ~ 200 days with \( M_{r} \approx -16 \) culminating in the main eruption. The peak magnitude was \( M_{r} \approx -17.9 \). The decline was initially fast but slowed down after ~ 100 days, and was still bright 1300 days after the peak at \( M_{r} \approx -13.5 \), similar to the peak brightness of Eta Carinae From HST photometry of the stellar cluster around SN 2011fh they find an age of ~ 4.5 Myr, corresponding to the life time of a star \( 35 \sim 80 \text{M}_{\odot} \), depending on being in a binary or single. This assumes a single burst with zero spread in age, which is an important caveat.

One may also consider SN 2019zrk with other related classes of interacting SNe, in particular with Type Ibn SNe and transition types like SN 2014C. Using the Type Ibn light-curve template by Hosseinzadeh et al. (2017) we find that the rate of decline of SN 2019zrk is a factor of ~ 2 slower than for this class of SNe. This may be a result of a difference in opacity between a helium and hydrogen dominated CSM, but could also reflect different masses of the CSM.

Possibly related SNe are SN 2001em and SN 2014C, which represent transitions from a Type Ib SN to a more Type Ibn like spectrum, in parallel with an increase of the Hα, radio and X-ray luminosity (Chugai & Chevalier 2006; Chandra et al. 2020; Milisavljevic et al. 2015; Margutti et al. 2017). For SN 2001em this transition occurred ~ 2 years after explosion and for SN 2014C at ~ 100 days. Both the observations and modeling (Chugai & Chevalier 2006) pointed to interaction with a previously ejected circumstellar shell at a distance of \( (5 \sim 7) \times 10^{16} \text{ cm} \). Although the light curves and spectral evolution are very different from those of SN 2019zrk, the presence of a shell, as we infer from the bump at 110 days, indicates strong similarities. A pos-
sibility is that these SNe represent a more advanced stage of evolution where the hydrogen envelope has been completely ejected during previous outbursts.

4.5. Origin of the CSM and nature of the progenitor

Summarizing the last section, the 09ip-class of SNe, including SN 2019zrk, show a remarkable similarity in light curves, spectra and energetics, although there are factors of two differences in these properties between the different object, with SN 2019zrk being among the most energetic. It is therefore based on these results interesting to discuss different progenitor scenarios.

For SN 2009ip there has been a long debate about whether the main eruption was due to the final core collapse, or only a particularly violent eruption. This relates to whether the progenitor had a very large mass, similar to that of pulsational pair instability SNe (PPISN), \( \gtrsim 80 \, M_{\odot} \), or if the progenitor was in the lower mass range, \( 8 \sim 20 \, M_{\odot} \). Connected to this, there is a need to explain the existence of a very dense CSM close to the progenitor.

An argument against a lower mass core-collapse SN may be the absence of significant \( ^{56}\text{Ni} \) production, as indicated from the tail of the light curve, or possibly the lack of indications of advanced nucleosynthesis from the late spectra. This would instead be an argument in favor of a PPISN. For SN 2009ip, Fraser et al. (2015) find an upper limit of \( M(^{56}\text{Ni}) \lesssim 0.02 \, M_{\odot} \), while Brennan et al. (2021a) find \( M(^{56}\text{Ni}) \lesssim 0.016 \, M_{\odot} \) for AT 2016ajb. For SN 2019zrk we only have an upper limit of \( \lesssim 0.09 \, M_{\odot} \). A core collapse, with a moderate \( M(^{56}\text{Ni}) \) mass, can therefore not be ruled out.

Observations by Thöne et al. (2015) showed that by late 2015, SN 2009ip had declined to a magnitude below that before the 2012 eruption. The absence of a detected star could argue for a core collapse scenario. However, as remarked by Graham et al. (2017), the progenitor could have a fainter absolute magnitude in a quiescent phase, so this observation is not conclusive.

In the case of detections of progenitors there is also a debate of the inferred masses of these. In the case of SN 2009ip, the detection with the Hubble Space Telescope (HST) at \( M_V \approx -9.8 \) approximately 10 years before the 2009 eruption, may correspond to a ZAMS mass of \( 50 \sim 80 \, M_{\odot} \) (Smith et al. 2010), although Foley et al. (2011) only declared a lower limit of \( \gtrsim 60 \, M_{\odot} \). This mass determination assumes that the star was in a quiescent state at the time of the 1999 observation, and the determination is only based on a single band, the F606W. The high progenitor mass argued for SN 2009ip is close to that of PPISNe, although at the lower limit of these \( \sim 80 \, M_{\odot} \) (e.g., Woosley 2017). A PPISN scenario would also explain the large CSM mass observed.

The high mass range for the progenitors of the 09ip-class of SNe has been questioned by Kilpatrick et al. (2018) and Brennan et al. (2021b) in relation to AT 2016jbu. For this SN, multiband HST photometry of the progenitor \( \sim 10 \) years before the main event indicate a yellow hypergiant with mass \( 17 \sim 22 \, M_{\odot} \) (Brennan et al. 2021b), which is also consistent with the local stellar population in the neighborhood. Kilpatrick et al. (2018) point out that the progenitor was probably reddened, and the mass may have been up to \( \sim 30 \, M_{\odot} \). They also point out that the strong contamination of Hα in bands covering this wavelength can lead to a large overestimate of the progenitor mass. This is the case for the F606W filter with WFCPC2, which may explain the discrepant masses for SN 2009ip and AT 2016jbu. The high host-galaxy metallicity (Sect. 3.4) for SN 2019zrk also argues against a PPISN.

Another argument against an origin from a PPISN is the very high ejecta velocity seen in the last spectra of SN 2019zrk. Models of PPISNe typically result in velocities of \( \lesssim 5000 \, \text{km s}^{-1} \) (Woosley 2017). We note here, however, that for the LBV Eta Carinae, which may be in a PPI phase (Woosley 2017), material with velocities of \( \sim 6000 \, \text{km s}^{-1} \) (Smith 2008), and possibly up to \( 20,000 \, \text{km s}^{-1} \) (Smith et al. 2018) have been observed, although the main shell from the year 1842 eruption is moving with only \( 600 \, \text{km s}^{-1} \) (Smith et al. 2018). This indicates several eruptions with highly different velocities, or an asymmetric eruption. In the end there may thus be several problems with the PPISN scenario for the 09ip-class, and we find this less likely.

A possibility for creating a dense CSM in stars with lower masses is by wave heating, powered by gravity waves or nuclear flashes in the core in connection to the last burning stages before core collapse (Quataert & Shiode 2012; Woosley & Heger 2015; Fuller 2017; Wu & Fuller 2021; Linial et al. 2021). The total energy in these waves as they reach the hydrogen envelope is typically \( 10^{46} \sim 10^{47} \, \text{erg} \) (Woosley & Fuller 2021), which is hardly enough to unbind the H envelope. Wu & Fuller (2021), however, find that for low-mass progenitors, \( \lesssim 12 \, M_{\odot} \), and for massive progenitors, \( \gtrsim 30 \, M_{\odot} \), there may be cases where the energy is larger and could cause mass ejections. For the low masses this occurs 0.1 – 10 years before core collapse during O/Ne burning, while in the higher mass range this occurs as a result of shell mergers, only 0.01 – 0.1 years before core collapse. For an extensive H envelope this timescale may be too short to propagate to the surface. However, for stripped SNe it may have important consequences.

In this connection we also note that observations of ‘flash ionization’ features during the first days after explosion indicate that a large fraction of Type II SNe, \( \gtrsim 30\% \), have a very dense CSM (Bruch et al. 2021), not compatible with ordinary stellar winds. The masses discussed there are, however, considerably lower than for the 09ip-class. This does show that our understanding of the mass loss in the last stages of massive stars is far from complete.

The low limits for the \( ^{56}\text{Ni} \) production, discussed above, may be a problem for stars with ZAMS masses \( \gtrsim 12 \, M_{\odot} \), while lower masses only produce smaller amounts of \( ^{56}\text{Ni} \), compatible with the limits for the 09ip-class. Brennan et al. (2021b) and Pastorello et al. (2019) also discuss luminous red novae, proposed as a result of mergers between two massive stars as a possible channel for the 09ip-class of SNe. As Brennan et al. (2021b) point out, the peak magnitudes of these mergers are, however, \( \sim 3 \) mags fainter than the peak magnitude of SN 2009ip and AT 2016jbu, and \( \sim 4 \) mag fainter compared to SN 2019zrk.

A related possibility is the merger between a massive star and a compact object. This was discussed by Chevalier (2012) in the context of Type IIn SNe and was also discussed as a possibility for SN 2001em (Chandra et al. 2020). Loss of angular momentum leads to an outflow in the orbital plane and a dense circumstellar disk. At the same time accretion onto the compact object liberates energy, mainly in the form of neutrinos, but also as electromagnetic radiation and Poynting flux. The interaction of the blast wave created by the compact object and the disk then gives rise to the optical display and light curve. The accretion rate depends on the angular momentum of the gas, which depends on the density and velocity gradient of the companion (Chevalier 1993). MacLeod & Ramirez-Ruiz (2015) argue that this may prevent the neutron star from collapsing to a black hole, although hypercritical accretion may still occur. In either case the accretion energy may power the explosion (Fryer & Woosley 1998).
Schröder et al. (2020) have made detailed simulations of such a merger and in particular studied the common-envelope structure for different parameters. In the inspiral of the companion $\sim 25\%$ of the mass of the compact object is expelled from the donor star, or $4.5 - 13.9 \, M_{\odot}$, for a mass ratio of the compact object and donor between $0.1 - 0.3$. The energy released from accretion onto the compact object is assumed to be deposited roughly spherically in the hydrogen envelope. In general they find a density profile which is fairly steep with radius, like $\rho \propto r^{-3}$ or $\rho \propto r^{-4}$, depending on the mass ratio of the compact object and the primary star. Using the SNEC code (Morozova et al. 2015) they calculate the light curve resulting from the interaction of such a SN with the dense CSM. The results are compared to the Type III SNe 1979C and 1998S, and in both cases the general photometric evolution is well reproduced. This scenario has several appealing properties in being able to provide very large luminosities from the orbital energy, reasonable timescales, and providing a dense CSM just before the explosion. As shown in Fig. 3, the LCs of SN 1998S and SN 2019zrk are very similar, adding to this interpretation, although the existence of a precursor for SN 1998S is not known.

Terman et al. (1995) argue that binary systems with orbital periods less than 0.2 – 2 years for companion masses of $12 - 24 \, M_{\odot}$ will not be able to eject the common envelope and instead undergo a complete merger. This agrees well with more recent simulations based on MESA models for the companions by MacLeod & Ramirez-Ruiz (2015). Based on this, and that the timescale of the merger should be of the order of the orbital period, one may speculate that the precursor seen in the 09ip class of objects corresponds to the energy release during the final inspiral of the merger.

A possible problem for the merger model may be the large velocity seen in the precursor of SN 2009ip, $\sim 12,000 \, \text{km s}^{-1}$ (Foley et al. 2011; Pastorello et al. 2013). In the simplest scenario one might expect a velocity similar to the escape velocity of the core, $V_{\text{escape}} = 364 \, (M_{\text{core}}/5 \, M_{\odot})^{1/2} \, (R_{\text{core}}/10^{12} \, \text{cm})^{-1/2} \, \text{km s}^{-1}$. However, no detailed modeling of the effect of the energy release during the inspiral of a neutron star into the envelope and core has been made in addition. The fact that Eta Carinae showed ejecta velocities at least up to 6000 km s$^{-1}$ in connection to the 1843 eruption (Smith 2008) shows that we do not understand the details of the final stages of massive stars.

An interesting observation is the dip in the light curve between the peak of the precursor and the rise of the main event, seen for SN 2009ip (Pastorello et al. 2013; Mauerhan et al. 2013), SN 2010mc (Ofek et al. 2013), SN 2016bdu (Pastorello et al. 2018), AT 2016jbu (Brennan et al. 2021a) and SN 2019zrk (Fig. 3). A similar dip is seen for the best observed merger in the Milky Way, V1309 Sco (Fig. 1 in Tyllenda et al. 2011), although on a different timescale and luminosity, which may be a result of the highly different masses and separation of the systems. If this dip is generic to the merger scenario it may offer an interesting diagnostic and clue to the progenitor. Another feature of the light curve of V1309 Sco is the bump in the declining part of the light curve, seen also for SN 2009ip and SN 2019zrk.

Summarizing this discussion, there are potential issues with all the proposed scenarios for the 09ip-class of SNe, although we believe that the low mass alternative, involving a merger, is the one with the least problems. The limited theoretical understanding of the complicated interplay between nuclear burning and hydrodynamics during the last nuclear burning stages, as well as the merger scenario, in particular the common envelope phase, make conclusions based on modeling uncertain for the whole mass range discussed.

5. Summary and conclusions

From the spectral and photometric evolution, we have shown that SN 2019zrk displays many properties in common with the 09ip-class of SNe. The presence of a precursor, the sharp LC rise, the fast, exponential LC decay, and the LC bumps are all very similar, as is the spectral evolution. The main, minor difference is the brighter peak magnitude of SN 2019zrk, as well as the brighter precursor. The total radiated energy in the main event is $\gtrsim 5 \times 10^{49} \, \text{erg}$, and in the precursor $\gtrsim 4 \times 10^{48} \, \text{erg}$. The spectral evolution from exponential electron scattering emission line profiles to broad P-Cygni lines are clear indications of circumstellar interaction. The extent of the P-Cygni absorption indicates a high ejecta velocity of $\sim 16,000 \, \text{km s}^{-1}$. From the time of optical depth unity to electron scattering, we estimate a high mass-loss rate of $\sim 4.4 \times 10^{-2} \, (u_{\text{c}}/100 \, \text{km s}^{-1}) \, M_{\odot} \, \text{yr}^{-1}$. The total mass in the CSM is $\gtrsim 1 \, M_{\odot}$. In common with SN 2009ip, it shows a clear bump in the light curve, which may be the result of interaction with circumstellar material from a previous eruption, for example similar to the one seen as a precursor.

The origin of the 09ip-class of SNe is still unclear. The absence of products of advanced nucleosynthesis and the fast light curves are compatible with a pulsational pair instability SN. What argues against this scenario is the very fast ejecta velocities observed for both SNe 2009ip and 2019zrk, and also the low mass inferred for the progenitor of AT 2016jbu. The rate of this type of SNe may also pose a problem for a large ZAMS mass progenitor model, although good statistics of the 09ip-class of SNe is lacking. An origin in a lower-mass progenitor, $\lesssim 20 \, M_{\odot}$, with a mass ejection during the last phases before core collapse may have fewer problems, although the mechanism of these large mass eruptions is not well understood. We propose the merger scenario as the most promising for explaining both the dense CSM, seen in the precursor and main eruption, and the large peak luminosity. Clearly both more observations of this type of SNe are needed, as well as a better theoretical understanding of especially mass loss processes close to core collapse.

Acknowledgements. We are grateful to Jacob Nordin and the referee for comments and careful readings of the paper. The research of C.P. is supported by the Swedish Research Council. NLS is funded by the Deutsche Forschungsgemeinschaft and the German Research Foundation via the Walter Benjamin program – 461903330. S.S. and E.C.K. acknowledges support from the G.R.E.A.T research environment, funded by Vetenskapsrådet, the Swedish Research Council, project number 2016-60012, as well as support from the Wenner-Gren Foundations. We thank Jakob Nordin for comments on the manuscript. Based on observations obtained with the Samuel Oschin Telescope 48-inch and the 60-inch Telescope at the Palomar Observatory as part of the Zwicky Transient Facility project. ZTF is supported by the National Science Foundation under Grant No. AST-1440341 and a collaboration including Caltech, IPAC, the Weizmann Institute for Science, the Oskar Klein Center at Stockholm University, the University of Maryland, the University of Wisconsin, Deutsches Elektronen-Synchrotron and Humboldt University, Los Alamos National Laboratories, the TANGO Consortium of Taiwan, the University of Wisconsin at Milwaukee, and Lawrence Berkeley National Laboratories. Operations are conducted by COO, IPAC, and UW. This work was supported by the GROWTH project funded by the National Science Foundation under PIRE Grant No 1545949. The Oskar Klein Centre was funded by the Swedish Research Council. Partially based on observations made with the Nordic Optical Telescope, owned in collaboration by the University of Turku and the University of Helsinki, and operated jointly by Aarhus University, the University of Turku and the University of Oslo, representing Denmark, Finland and Norway, the University of Iceland and Stockholm University at the Observatorio del Roque de los Muchachos, La Palma, Spain, of the Instituto de Astrofisica de Canarias. Some of the data presented here were obtained with ALFOSC. Some of the data presented herein were obtained at the W. M. Keck Observatory, which is operated as a scientific partnership among the California Institute of Technology, the University of California, and NASA; the observatory was made possible.
by the generous financial support of the W. M. Keck Foundation. The Liverpool Telescope is operated on the island of La Palma by Liverpool John Moores University in the Spanish Observatorio del Roque de los Muchachos of the Instituto de Astrofísica de Canarias with financial support from the UK Science and Technology Facilities Council. The SED Machine is based upon work supported by the National Science Foundation under Grant No. 1106171.
Table 1: Summary of photometric observations. The full table will be made available in machine-readable format.

| Date (JD) | Filter | Phase (Rest-frame days) | Magnitude | Magnitude Error | limiting mag | Absolute mag | Instrument |
|----------|--------|-------------------------|-----------|-----------------|-------------|--------------|------------|
| 2458784.04 | r      | -96.49                  | 20.82     | 0.35            | 20.30       | -15.19      | P48+ZTF    |
| 2458786.02 | r      | -94.58                  | 99.00     | 99.00           | 19.68       | -16.28      | P48+ZTF    |
| 2458790.02 | g      | -90.72                  | 99.00     | 99.00           | 20.11       | -15.85      | P48+ZTF    |
| 2458793.05 | g      | -87.79                  | 99.00     | 99.00           | 19.85       | -16.11      | P48+ZTF    |
| 2458803.06 | g      | -78.13                  | 99.00     | 99.00           | 20.06       | -15.90      | P48+ZTF    |
| 2458806.02 | g      | -75.27                  | 99.00     | 99.00           | 19.77       | -16.19      | P48+ZTF    |
| 2458829.04 | g      | -53.05                  | 99.00     | 99.00           | 20.48       | -15.72      | P48+ZTF    |
| 2458829.07 | r      | -50.24                  | 19.68     | 0.31            | 19.30       | -16.34      | P48+ZTF    |
| 2458831.96 | r      | -48.28                  | 20.00     | 0.30            | 19.63       | -16.01      | P48+ZTF    |
| 2458837.96 | r      | -44.44                  | 20.29     | 0.24            | 20.19       | -15.75      | P48+ZTF    |
| 2458838.02 | r      | -43.42                  | 99.00     | 99.00           | 19.49       | -16.47      | P48+ZTF    |
| 2458846.96 | r      | -35.75                  | 20.18     | 0.14            | 20.69       | -15.83      | P48+ZTF    |

Table 2: Summary of spectroscopic observations

| Object | Observation Date | Phase (Rest-frame days) | Telescope+Instrument | Resolution (km s$^{-1}$) |
|--------|------------------|-------------------------|----------------------|-------------------------|
| SN 2019zrk | 2020 Feb 13 | 8.4 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Feb 14 | 10.0 | P200+DBSP | 130 |
| SN 2019zrk | 2020 Feb 15 | 11.4 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Feb 17 | 12.2 | LT+SPRAT | 830 |
| SN 2019zrk | 2020 Feb 17 | 12.4 | APO+DIS | 370 |
| SN 2019zrk | 2020 Feb 24 | 20.0 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Feb 25 | 20.8 | NOT+ALFOSC | 640 |
| SN 2019zrk | 2020 Mar 03 | 26.9 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Mar 22 | 45.3 | Keck+LRIS | 320 |
| SN 2019zrk | 2020 Mar 28 | 51.1 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Apr 17 | 70.2 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 Apr 29 | 82.5 | NOT+ALFOSC | 640 |
| SN 2019zrk | 2020 May 26 | 107.8 | P60+SEDM | 3000 |
| SN 2019zrk | 2020 May 27 | 109.5 | NOT+ALFOSC | 640 |

Table 3: Emission-line measurements of the host galaxy of SN 2019zrk

| Line     | Region 1 Flux ($10^{-17}$ erg cm$^{-2}$ s$^{-1}$) | Region 2 Flux ($10^{-17}$ erg cm$^{-2}$ s$^{-1}$) |
|----------|-----------------------------------------------|-----------------------------------------------|
| Hβ       | 185.02 ± 5.43                                 | 158.00 ± 2.28                                 |
| [OIII]λ5007 | 103.30 ± 3.85                               | 59.68 ± 1.69                                 |
| Hα       | 785.54 ± 4.10                                 | 623.82 ± 2.71                                 |
| [NII] λ6585 | 247.00 ± 3.43                               | 204.27 ± 1.74                                 |

Notes. All measurements are corrected for Milky Way extinction. We did not attempt to correct the measurements for stellar absorption. The coordinates of region 1 and 2 are R.A., Decl. (J2000) = 11:39:47.03, +19:55:58.10 and 11:39:47.41, +19:55:53.24, respectively.
Table 4: Photometry of the host galaxy of SN 2019zrk

| Survey | Filter | Brightness (mag) | Survey | Filter | Brightness (mag) |
|--------|--------|-----------------|--------|--------|-----------------|
| GALEX  | FUV    | 16.14 ± 0.01    | PS1    | i      | 13.34 ± 0.01    |
| GALEX  | NUV    | 15.64 ± 0.01    | PS1    | z      | 13.18 ± 0.02    |
| SDSS   | u'     | 14.90 ± 0.01    | PS1    | y      | 13.02 ± 0.02    |
| SDSS   | g'     | 13.89 ± 0.01    | 2MASS  | J      | 12.87 ± 0.03    |
| SDSS   | r'     | 13.53 ± 0.01    | 2MASS  | H      | 12.88 ± 0.04    |
| SDSS   | z'     | 13.28 ± 0.01    | 2MASS  | K      | 12.78 ± 0.04    |
| SDSS   | g      | 13.08 ± 0.03    | WISE   | W1     | 13.42 ± 0.01    |
| PS1    | g      | 13.87 ± 0.01    | WISE   | W2     | 13.88 ± 0.01    |
| PS1    | r      | 13.45 ± 0.01    |        |        |                 |

**Notes.** All magnitudes are reported in the AB system and are not corrected for extinction.