Appendix 2. Complete list of recommendations presented to participants before prioritizing their top 5

|   | Recommendation                                                                                     |
|---|---------------------------------------------------------------------------------------------------|
| 1 | Provide a decision tool to help primary care physiotherapist determine when they should contact the HCCC when they treat PWH with all sorts of physical complaints (joint of muscle bleedings, synovitis or arthropathy) |
| 2 | Ensure that Information about haemophilia, treatment options and contact details of HCCC physiotherapists are easily accessible (for example on a website). |
| 3 | Create a formal practice guideline for treatment of PWH in primary care. This guideline will consist of written information on the most recent scientific evidence and expertise from healthcare professionals. |
| 4 | Ensure two-way and open communication between primary care physiotherapists and HCCC physiotherapists (for example by enabling direct contact between physiotherapists or by letting the HCCC physiotherapist initiate a call to the primary care physiotherapist) |
| 5 | Provide written information about periodic visits at the HCCC to the primary care physiotherapist. |
| 6 | Ask patients to bring, or send, a report from the primary care physiotherapist to the periodic visit at the HCCC. |
| 7 | Always start physiotherapy treatment in the HCCC. |
| 8 | Ensure communication between the primary care physiotherapist and the HCCC physiotherapist whenever treatment in primary care is terminated. |
| 9 | HCCC physiotherapists should ask PWH about primary care physiotherapy during periodic visits |
| 10 | Provide available diagnostic imaging (X-ray and/or Ultrasound) to primary care physiotherapists |
| 11 | Involve a PWH and/or family of this person in creating treatment goals. |
| 12 | Ensure communication between the primary care physiotherapist and the physiotherapist from the HCCC is accessible for the PWH |
| 13 | Set up a digital register or map for PWH to find a primary care physiotherapist with previous experience in treatment of PWH in their neighbourhood |
| 14 | Start a formal network for physiotherapists. Participating physiotherapists will commit to following education and treat patients according to guidelines. |
| 15 | Refer PWH for treatment to a physiotherapist with previous experience in treatment of PWH when possible |
| 16 | Provide education to primary care physiotherapists about haemophilia (either physical or digital) |
| 17 | Start regional physical therapy training groups led by a physiotherapist. |
| 18 | Provide insight into the number of PWH living in a certain area. |
| 19 | Improve reimbursement by insurance companies for the treatment of PWH in primary care. |
| 20 | Ensure sufficient physiotherapy service and if needed expand the number of available hours for HCC physiotherapists (for treatment within the HCCC and for collaboration with primary care physiotherapists) |