Introduction.— Investigations on the propagation of sound through a medium allow to test the microscopic theories on the structure of matter and to develop new theoretical ideas [1–4]. Along the historical development of physics, the concept itself of sound – along with other physical entities – has evolved and expanded to describe the new experimental evidence, refining our understanding of nature.

As a remarkable example of this process, we consider the propagation of sound in quantum liquids. The two-fluid theory of Tisza and Landau [8, 9] explained the low-temperature experiments with 4He [10] describing it as a mixture of a normal (viscous) component and of a superfluid (non-viscous) one. The in-phase oscillation of these components, corresponding to the usual density wave and excited by a density perturbation, was denoted as the first sound. The out-of-phase oscillation, corresponding to a heat wave and excited by a local heating of the fluid, was called the second sound [11–13]. This approximate description in which density and heat waves are decoupled holds for strongly-interacting superfluids like 4He and unitary Fermi gases [14–16].

However, it fails for weakly interacting quantum gases, where the isothermal and adiabatic compressibilities substantially differ [14]. In these systems, an experimental protocol consisting either of a density probe or of a heat one excites – with different amplitudes – both the first and the second sound: the sound modes are thus mixed (or hybridized) and the full solution of the Landau equation of sound is required.

In uniform quantum gases, the richest phenomenology regarding sound propagation is offered by Fermi gases across the Bardeen-Cooper-Schrieffer (BCS) to Bose-Einstein condensate (BEC) crossover [17], in which the fermionic attractive interaction can be tuned from BCS weakly bound pairs to a BEC of composite bosons. Up to now, the experiments have mainly focused on three-dimensional fermions in cigar-shaped external potentials, at unitarity [18] and across the whole crossover [19]. As far as two-dimensional (2D) systems are concerned, a thorough theoretical description of sound propagation, including the physics of the Berezinskii-Kosterlitz-Thouless (BKT) transition mediated by the unbinding of the vortex-antivortex dipoles [20–22], is currently lacking. Understanding whether and how mixing of the sound modes occurs is particularly important to benchmark the recent [23] and forthcoming investigations on 2D fermionic gases.

Here we describe the propagation of sound modes across the two-dimensional BCS-BEC crossover, developing a theoretical framework which relies on the beyond-mean-field equation of state and takes into account the pair fluctuations of the order parameter. Moreover, we consider the renormalization of the bare superfluid density due to the screening of the interaction between quantized vortices. In the low-temperature collisional regime (for the noncollisional one see Refs. [24–27]), the comparison with recent measurements [23] of the first sound velocity shows a good agreement. Confirming the experimental outcome, we find that an excitation protocol consisting of a density probe excites almost exclusively the first sound, a clear signal of the decoupling of density and entropy modes across the whole BCS-BEC crossover. This scheme changes slightly around the BKT critical temperature, where a partial mixing of the modes occurs in the BEC regime: we expect the hybridization to become more relevant as the system goes deeper into the BEC regime, reconnecting our theory to the framework of bosonic systems [14, 28]. We predict that a heat perturbation, due to the overall limited mixing, can easily excite the second sound: our results offer a solid benchmark for the future measurements of the velocity of second sound, which is an excellent and explicit probe of the BKT transition in uniform two-dimensional Fermi gases.

First and second sound.— We consider a uniform two-dimensional superfluid at thermodynamic equilibrium. A lo-
cal perturbation excites two wave-like modes – the first and the second sound – which propagate with velocities \( u_1 \) and \( u_2 \). Within the framework of Landau and Tisza two-fluid theory [33,34], these velocities are determined by the positive solutions of the algebraic biquadratic equation

\[
u^4 - (c_{10}^2 + c_{20}^2) u^2 + c_{10}^2 c_{20}^2 = 0, \tag{1}
\]

namely, defining \( u_1 \) as the larger root and \( u_2 \) as the smaller one,

\[
u_{1,2}^2 = \frac{c_{10}^2 + c_{20}^2}{2} \pm \sqrt{\left(\frac{c_{10}^2 + c_{20}^2}{2}\right)^2 - c_{20}^2 c_{20}^2}. \tag{2}
\]

Here we have introduced \( c_{10}, c_T, \) and \( c_{20} \) as the adiabatic sound velocity, the isothermal and the entropic one, respectively: in specific thermodynamic regimes these velocities provide a good approximation and a clear physical interpretation of the sound modes \( u_1 \) and \( u_2 \). In particular, they read [17]

\[
c_{10}^2 = \left(\frac{\partial P}{\partial \rho}\right)_T, \quad c_T^2 = \left(\frac{\partial P}{\partial \rho}\right)_L, \quad c_{20}^2 = \frac{\rho_s T S^2}{\rho_n P L^2 c_V}, \tag{3}
\]

where \( P \) is the pressure, \( S \) is the entropy, \( \rho = \rho_s + \rho_n \) is the total mass density, with \( \rho_s, \rho_n \) the superfluid (normal) mass density, respectively. Moreover, \( c_V \) is the specific heat at constant two-dimensional volume \( V = L^2 \) (or area) of the system.

In liquid helium and in unitary Fermi gases, where the approximate equality of the adiabatic and isothermal compressibilities implies that \( c_{10} \approx c_T \), the sound modes of Eq. (2) can be interpreted as a pure pressure-density wave and a pure entropy-temperature wave. The first sound, propagating with a velocity \( u_1 \approx c_{10} \), is thus characterized by an in-phase oscillation of the superfluid and of the normal fluid, while, as a result of the out-of-phase oscillation of these components, the second sound propagates with a velocity \( u_2 \approx c_{20} \).

The simple picture of helium is no longer valid for Fermi gases in the deep BEC regime and for weakly interacting Bose gases, where the \( c_{10} \approx c_T \) approximation breaks down due to the high compressibility of the system [14]. In this case, an external perturbation of the fluid induces a response in which the density-pressure and the temperature-entropy fluctuations are mixed. Then, according to the solution of Eq. (2), a density probe, specified by a proper protocol, can excite both modes [19]. It is worth stressing that the current experiments with ultracold atoms can access both the amplitude and the velocity of propagating sound waves. In particular, if we consider the density response to an external perturbation, i.e., \( \partial \rho(x,t) \), the Landau two-fluid model predicts \( \partial \rho(x,t) = W_1 \partial \rho_1 (r \pm u_1 t) + W_2 \partial \rho_2 (r \pm u_2 t) \), with \( W_1 \) the amplitude of the first sound mode and \( W_2 \) the amplitude of the second one [13,29]. Here, the relevant experimental parameters are the relative amplitudes \( W_{1,2}/(W_1 + W_2) \), weighing the response of the system: these weights can be computed in terms of the sound velocities of Eqs. (2) and (3) as [14,50]

\[
\frac{W_1}{W_1 + W_2} = \frac{(u_1^2 - c_{20}^2) u_2^2}{(u_1^2 - u_2^2) c_{20}^2} \quad \text{and} \quad \frac{W_2}{W_1 + W_2} = \frac{(c_{10}^2 - u_2^2) u_1^2}{(u_1^2 - u_2^2) c_{20}^2}. \tag{4}
\]

By definition, these complementary ratios add up to 1, and the larger contribution among the two represents which mode is easier to detect by means of a density excitation protocol. In the following, after a microscopic derivation of the system thermodynamics, we will calculate the sound velocities \( u_1 \) and \( u_2 \) for two-dimensional uniform fermions across the whole BCS-BEC crossover.

**Gaussian-pair fluctuations theory.**— A mean-field description of a 2D fermionic gas is quantitively accurate only in the BCS limit, and becomes extremely unreliable even in the intermediate interaction regime. The order parameter fluctuations, neglected in the mean-field theory, are crucial to describe the full crossover at zero-temperature [31], and particularly to recover the correct composite-boson limit in the deep-BEC regime [32]. In this paper we adopt the Gaussian pair fluctuations (GPF) approach [33–36], which has been also used to determine the bare [37] and renormalized [38] superfluid density in the 2D BCS-BEC crossover.

A two-component 2D dilute Fermi gas can be described, in second quantization, by the Hamiltonian

\[
\hat{H} = \sum_{\sigma=\uparrow,\downarrow} \int d^2r \left[ \hat{\psi}_\sigma^\dagger (r) \left( -\frac{\hbar^2}{2m} \nabla^2 - \mu \right) \hat{\psi}_\sigma (r) + g \hat{\psi}_\uparrow^\dagger (r) \hat{\psi}_\downarrow^\dagger (r) \hat{\psi}_\downarrow (r) \hat{\psi}_\uparrow (r) \right] + h.c., \tag{5}
\]

where \( \hat{\psi}_\sigma (r) \) is the fermionic field operator which annihilates a fermion at position \( r \) with pseudo-spin \( \sigma \). Here \( m \) is the mass of a fermion and \( g < 0 \) is the strength of the attractive contact interaction between atoms with opposite spins. The constraint \( N = \sum_\sigma \int d^2r \left( \hat{\psi}_\sigma^\dagger (r) \hat{\psi}_\sigma (r) \right) \) imposes the conservation of the particle number \( N \), and the interaction parameter \( g \) can be related to the energy \( E_0 \) of a fermion-fermion bound state, see Ref. [39]. To study the superfluid phase [1], one introduces the pairing field \( \Delta (r) = g \hat{\psi}_\uparrow^\dagger (r) \hat{\psi}_\downarrow (r) \), corresponding to a Cooper pair. In a mean-field treatment, the pairing field \( \Delta (r) \) is approximated with a constant real parameter, the pairing gap \( \Delta_0 \). This approximation leads to the mean-field thermodynamic grand potential \( \Omega_{\text{MF}} = \beta^{-1} \sum_k \ln[2 \cosh[\beta E_{\text{MF}}(k)]] - \xi_k - \Delta_0^2/g \) with the usual definition of BCS fermionic elementary excitations \( E_{\text{MF}}(k) = (\xi_k^2 + \Delta_0^2)^{1/2} \), where \( \xi_k = \hbar^2 k^2/2m - \mu \), with \( \mu \) the chemical potential and \( \beta = 1/(k_B T) \).

Building up on the mean-field theory just outlined, the two-dimensional nature of the system requires a better treatment, at least including the fluctuations of the pairing field up to the Gaussian level [33,34]. The Gaussian contribution to the grand potential, however, is considerably more involved, requiring several multidimensional integrations and the solution of non-trivial issues regarding regularization [40]. It reads: \( \Omega_g = (2\beta)^{-1} \sum_\mathbf{q} \ln \det(\mathbf{M}(\mathbf{q})) \) where \( \mathbf{Q} = (\mathbf{q}, \Omega_\mathbf{q}) \) and \( \Omega_\mathbf{q} = 2\pi j/\beta \) are bosonic Matsubara frequencies, \( j \in \mathbb{Z} \).

The physics of the collective excitations is encoded in the matrix \( \mathbf{M} \), the pair fluctuation propagator, whose matrix elements have involved analytical expressions, see Ref. [33] for the explicit formulas. We derive the spectrum of bosonic collective excitations, i.e. \( E_{\text{col}}(\mathbf{q}) = h\omega(\mathbf{q}) \), from the poles
of the inverse pair fluctuation propagator, namely, by solving the equation det(\[\mathbf{M}(q, \omega)\]) = 0. The total grand potential is then given by the sum of the mean-field and Gaussian contributions, \[\Omega(\mu, T, L^2, \Delta_0) = \Omega_{\text{mf}}(\mu, T, L^2, \Delta_0) + \Omega_{\text{g}}(\mu, T, L^2, \Delta_0)\], from which it is possible to derive the gap equation, \(\langle \delta \Omega_{\text{mf}}(\delta \Delta_0) |_{\mu, T, L^2} = 0\), and the number equation, \(n = -L^2 \partial \Omega / \partial \mu_{T, L^2}\), with \(n\) being the fermion density. Notice that the number equation is solved taking into account that \(\Delta_0\) depends on \(\mu\).

We derive the thermodynamic potential \(\Omega\) by using, as input information, the chemical potential \(\mu\) and \(\Delta_0\) from the zero-temperature equation of state (EoS). The temperature dependence of \(\Omega\) is encoded in the contributions related to the single-particle and pair fluctuation excitation spectra, i.e., respectively, the first term in \(\Omega_{\text{mf}}\) and the whole \(\Omega_{\text{g}}\). We then evaluate the Helmholtz free energy as \(F = \Omega(\mu, T, L^2, \Delta_0) + \mu \bar{N}\), and, for an homogeneous system, the pressure reads \(P = -\Omega(\mu, T, L^2, \Delta_0)/L^2\). The entropy \(S\) and the specific heat \(c_v\) are calculated by differentiating \(F\) with respect to the temperature, namely, \(S = -(\partial F/\partial T)_{L^2, \mu}\), and \(c_v = -T(\partial^2 F/\partial T^2)_{L^2, \mu}\). To calculate the adiabatic and isothermal velocities of Eq. (4) we employ the following thermodynamical identity: \(\langle \partial_\mu P \rangle_\Sigma = \langle \partial_\mu P \rangle_T + mNT/(p^2 c_v)\langle \partial T P \rangle_T\) [31], where the derivatives of the pressure at the right-hand side can be evaluated applying the chain rule on \(P = \rho(\mu, T, L^2, \Delta_0)\) and knowing \(\mu\) and \(\Delta_0\) from the EoS.

Comparison with recent experiments.— The sound velocities of Eq. (2) are a function of both the thermodynamical equilibrium properties discussed above and the superfluid density \(\rho_s\), which, instead, is a transport quantity. In two-dimensional systems, sound propagation is thus sensitive to the vanishing of \(\rho_s\) at the BKT critical temperature \(T_{\text{BKT}}\) [20, 21, 42], where the thermally induced unbinding of the vortex-antivortex dipoles drives the system from the superfluid phase to the normal state.

In the low-temperature regime of \(T < T_{\text{BKT}}\), the superfluid density \(\rho_s\) is very well approximated by the bare superfluid density \(\rho_s(0) = -\rho_{\text{f}}(0) - \rho_{\text{B}}\) (see Refs. [23, 43]) which includes two contributions to the normal density: \(\rho_{\text{f}}, N\), of fermionic single-particle excitations whose spectrum \(E_{\text{sp}}(k)\) is given above, and \(\rho_{\text{B}}, B\) of bosonic collective excitations of the order parameter, described by \(E_{\text{col}}(q)\). Thus, following the Landau picture [9], \(\rho_{\text{f}}(0)\) describes the superfluid depletion as driven essentially by thermal excitations that, neglecting the contribution of the vortices, lead the system into the normal state at \(T_c > T_{\text{BKT}}\). In the temperature regime of \(T \sim T_{\text{BKT}}\) due to the screening of the vortex-antivortex interaction [21], the bare superfluid density \(\rho_s\) is renormalized to \(\rho_s(0)^{\text{(R)}}\). We calculate the renormalized superfluid density \(\rho_s(0)^{\text{(R)}}\) by jointly solving the Nelson-Kosterlitz renormalization group equations [22] \(dK(\ell)/d\ell = -4\pi^2 K(\ell)^2 y(\ell)^2\) and \(dy(\ell)/d\ell = (2 - \pi K(\ell)) y(\ell)\) for the running variables \(K(\ell)\) and \(y(\ell)\), where \(\ell\) is the dimensional scale. In the solution, we fix the initial conditions \(K(\ell = 0) = \beta J = \beta \hbar^2 \rho_{\text{f}}(0)/(4m^2)\) and \(y(\ell = 0) = \exp(-\beta \mu_0)\), with \(J\) being the phase stiffness of the usual XY model, defined as \(J = \hbar^2 \rho_{\text{f}}(0)/(4m^2)\) [44] and \(\mu_0 = \pi^2 J/4\) being the vortex energy [46]. Since the flowing stiffness displays a universal jump at the transition, the renormalized superfluid density is given by \(\rho_s(0)^{\text{(R)}} = (4m^2/\hbar^2) \beta K(\ell = \infty)\).

In Fig. 1 we show the low-temperature behavior of the sound modes of Eq. (2), where the thermodynamic functions have been derived from the Gaussian grand potential \(\Omega\) and the superfluid density is given by \(\rho_s = \rho_s(0)^{\text{(R)}}\). The two sound velocities, \(u_1\) (red solid line) and \(u_2\) (blue dashed line), are displayed throughout the whole crossover, from \(\ln(\epsilon_B/\epsilon_F) = -6\) (BCS side) to +6 (BEC side), at a fixed temperature of \(T/T_F = 0.01\). The experimental points (green diamonds) are the measurements of the first sound velocity from Ref. [23] and show a good agreement with our theoretical prediction, which is weakly dependent on temperature (see left inset). Right inset: relative contribution to the density response of \(u_1\) (red solid line) and \(u_2\) (blue dashed line) [see Eq. (3)] computed throughout the crossover at \(T/T_F = 0.01\).

In the experiments, \(u_1\) and \(u_2\) are distinguished by measuring the amplitude of the two propagating modes [19]. In this regard, it is important to know in what proportion a density probe excites each mode, and in what regions of the crossover the observation of \(u_1\) or \(u_2\) is inhibited. In the two-fluid
we report the relative contributions of higher order terms in the pairing field, especially on the BEC side of the crossover. Indeed, these terms are responsible of widening the spectral functions peaks, signaling that the collective excitations of the pairing field now have a finite lifetime \cite{47, 48}.

**The role of the BKT transition.**— The impact on the sound velocities of the BKT-driven renormalization of the superfluid density is clearly visible in Fig. 3 where, considering three different values of the crossover parameter $\ln(\epsilon_B/\epsilon_F) = [-5, 0, +5]$, we plot $u_1$ and $u_2$ as a function of the temperature $T/T_F$. In every interaction regime, although with a different qualitative behavior, the mode $u_2$ disappears discontinuously at the critical temperature $T_{\text{BKT}}$. In addition, since due to the mixing both sounds depend on the superfluid density, $u_1$ also is discontinuous in the BEC regime, as can be seen in the right panel of Fig. 3. The jump of the first sound becomes more pronounced for larger values of $\ln(\epsilon_B/\epsilon_F)$, as one can expect from purely bosonic works \cite{14, 28}, but here we limit to showing interaction regimes which can be conveniently reached in fermionic experiments ($\ln(\epsilon_B/\epsilon_F) \leq 10$, see Ref. \cite{49}). We thus conclude that the discontinuities of the sound modes can probe the BKT transition in ultracold Fermi gases \cite{24, 25, 50}. We also emphasize that, in the deep BEC limit, our theory provides a reasonable agreement with the BKT critical temperature obtained with purely bosonic theories, as we discuss in the next section.

In the insets of Fig. 3 we report the relative contributions to the density response [see Eq. (4)] whose general behavior is similar to that of the low-temperature regime, with a slight dependence on the interaction regime. Indeed, as before, the amplitude of the second sound $W_2/(W_1 + W_2)$ is practically zero in the BCS regime and at unitarity. However, in the BEC regime the mixed response of the system emerges: $W_2/(W_1 + W_2)$ increases with the temperature up to 0.15, and jumps to zero in a sharp region around the critical $T_{\text{BKT}}$ temperature. Indeed, at $T > T_{\text{BKT}}$ only $u_1$ survives, corresponding to the standard propagation of sound in a normal fluid.

**Composite boson limit.**— In the deep-BEC limit the fermionic system can be mapped onto a system of interacting bosons with density $n_B = n_F/2$, mass $m_B = 2m_F$ and chemical potential $\mu_B = 2(\mu_F - \epsilon_B/2)$: the so-called ‘composite boson’ limit; in this section we use explicit ‘F’ and ‘B’ subscripts to distinguish between bosonic and fermionic quantities. The bosonic and fermionic scattering lengths are related by the equation $a_B = \lambda a_F$ where $\lambda \approx 0.551$ \cite{52}. Therefore, the dimensionless coupling constant of a 2D Bose gas, $g_B$, is related to the fermionic quantities by the equation

$$g_B = \frac{4\pi \hbar^2}{m_B} \frac{1}{2 \ln(k_F a_F) + \ln(\lambda^2/4\pi)}$$  \hspace{1cm} (6)$$

where

$$\ln(k_F a_F) = \frac{1}{2} \left[ -2y + \ln \left( \frac{8\epsilon_F}{\epsilon_B} \right) \right],$$  \hspace{1cm} (7)$$

with $y \approx 0.557$ being the Euler-Mascheroni constant. Another quantity which we need to map is the critical temperature $T_{\text{BKT}}$ of the system of composite bosons. As before, the

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig2}
\caption{Top panel: plots of the sound velocities defined in Eq. (3), as a function of the crossover parameter $\ln(\epsilon_B/\epsilon_F)$. Bottom panel: plots of the entropy per particle $S/(Nk_B)$ and of the specific heat at constant volume per particle $c_V/(Nk_B)$, used to derive the low-temperature results of Fig. 1. In both panels the temperature is fixed to $T/T_F = 0.01$.}
\end{figure}
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FIG. 3. First sound velocity \( u_1/v_F \) (red solid line) and second sound velocity \( u_2/v_F \) (blue dashed line) obtained from Eq. (2), plotted in terms of the rescaled temperature \( T/T_F \), for three different values of the crossover parameter: \( \ln(\epsilon_B/\epsilon_F) = -5 \) (BCS regime), \( \ln(\epsilon_B/\epsilon_F) = 0 \) (unitary regime), and \( \ln(\epsilon_B/\epsilon_F) = 5 \) (BEC regime). The slower propagating mode \( u_2 \) disappears at the critical BKT temperature \( T_{BKT} \). Insets: relative contribution to the density responses \( W_{1,2}/(W_1 + W_2) \) of \( u_1 \) (red solid line) and \( u_2 \) (blue dashed line) for the same three values of the interaction parameter.

superscript \( B \) underlines that \( T^{(B)}_{BKT} \) is the critical temperature of the Bose system to which the fermionic system in the BEC side of the crossover can be mapped. To identify the temperature of the transition, quantum Monte Carlo simulations \[37, 51\] of 2D Bose gases provide the universal relation

\[
\frac{T^{(B)}_{BKT}}{T_F} = \frac{1}{2 \ln\left(\frac{\xi}{4\pi} \ln\left(\frac{\pi}{e^{\frac{\pi}{2}}/2} \frac{\epsilon_B}{\epsilon_F}\right)\right)},
\]

(8)

with \( \xi \approx 554 \[37\].

In current experimental setups the crossover parameter can reach, at most, values around \( \ln(\epsilon_B/\epsilon_F) \sim 10 \[49\]. In this interaction range, the agreement between the bosonic theory and the composite boson limit is not complete \[37\]. We have verified it employing our finite-temperature theory for \( \ln(\epsilon_B/\epsilon_F) = 10 \), which, according to Eq. (4), corresponds to the case of \( g_s \approx 1 \) considered in Ref. \[16\]. While the critical temperature is reasonably well reproduced by our theory, the agreement of the sound velocities with the purely bosonic theory is only qualitative.

Conclusions.— We have calculated the first and the second sound velocities for a 2D Fermi gas across the BCS-BEC crossover, deriving the thermodynamics from the Gaussian pair fluctuations approach. Similarly to liquid helium, the second sound vanishes at the Berezinskii-Kosterlitz-Thouless temperature, where the superfluid component vanishes, heat propagation becomes purely diffusive, and the system supports only the usual (first) sound mode. At low temperatures, in accordance with recent experimental evidence, we do not observe the mixing of pressure-density oscillations and of entropy-temperature ones: a density probe excites only the first sound. Our theory reproduces the recently measured values of the first sound velocity and opens new experimental perspectives: we expect that a heat probe will excite only the second sound, for which we offer testable values and predictions, as a vanishing velocity in the deep BCS regime. We also discuss the thermal behavior of the sound modes, showing that, as can be expected from purely bosonic theories, a mixed response occurs only at finite temperatures and in the BEC regime, signaling the emergence of a bosonic character from composite bosons.

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