Decoupling Frequencies, Amplitudes and Phases in Nonlinear Optics

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In linear optics, light fields do not mutually interact in a medium. However, they do mix when their field strength becomes comparable to electron binding energies in the so-called nonlinear optical regime. Such high fields are typically achieved with ultra-short laser pulses containing very broad frequency spectra where their amplitudes and phases are mutually coupled in a convolution process. Here, we describe a regime of nonlinear interactions without mixing of different frequencies. We demonstrate both in theory and experiment how frequency domain nonlinear optics overcomes the shortcomings arising from the convolution in conventional time domain interactions. We generate light fields with previously inaccessible properties by avoiding these uncontrolled couplings. Consequently, arbitrary phase functions are transferred linearly to other frequencies while preserving the general shape of the input spectrum. As a powerful application, we introduce deep UV phase control at 207 nm by using a conventional NIR pulse shaper.

While the control of nonlinear processes is typically very challenging, it is well known that many problems in engineering and computational physics can be routinely solved by addressing them in the Fourier domain. A paradigmatic example is the time dependent Schrödinger equation, a problem of first order in time and second order in space1. Applying a spatial Fourier transformation (FT) leads to an ordinary differential equation – a significant reduction of complexity.

We have adapted this universal approach by performing nonlinear optics2 in the frequency rather than in the time domain. We show that it is then possible to tailor the spectral properties of the nonlinearly generated field with unprecedented control. We introduce the term Frequency domain Nonlinear Optics (FNO)3, 4 to identify this approach and present an intuitive model to predict the resulting phenomenology.

Employing FNO, we recently demonstrated broadband parametric amplification of energetic few-cycle laser pulses by avoiding the usual trade-off between optical gain and bandwidth5. This previous application realizes an idealized amplifier which does not change the pulse shape. The current work extends far beyond this important yet specific application: We demonstrate how the interaction of well-defined frequencies, as is shown in Fig. 1C, leads to the generation of new light fields which are inaccessible in conventional nonlinear optics (Fig. 1B). Furthermore, unlike traditional pulse shaping based on linear manipulation of light frequencies6, our approach enables deterministic, nonlinear pulse shaping in the frequency domain and it paves the way for new types of ultrafast spectroscopy. For the sake of clarity, we begin the discussion with second harmonic generation (SHG), since it was the first light induced optical nonlinearity - observed in 1961 by Franken and co-workers7. Nevertheless, our concept applies to other nonlinear effects such as $\chi^{(3)}$ interactions as well as is described later and in the SI.

Results

The basic physics underlying SHG can be presented in simple terms: Upon the excitation with an oscillating electric field at carrier frequency $\omega_0$, a nonlinear polarization wave is excited in the medium8. For a non-centrosymmetric material, the nonlinear polarization is proportional to the product of the input electric

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fields in the time domain: $P^{(2)}(t) = \epsilon_0(\mathcal{E}^2(t))$. Note, that we employ the complex notation for the electric field: $\mathcal{E}(t) = \text{Re}[\mathcal{E}(t)]$. The fast oscillating component of this field acts as a source for electromagnetic radiation at twice the input frequency:

$$\propto \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \cdot \·
We start the discussion of the far-reaching consequences of FNO by comparing the experimental power spectra obtained via Time domain SHG (TSH) and Frequency domain SHG (FSH) in Fig. 2. We first generate a transform limited (TL: flat spectral phase) 800 nm input pulse of 33 fs duration and add a hole in the centre of its power spectrum distribution (a). The pulse is then frequency doubled in a thin nonlinear crystal (NC). In both cases, we use a 150 µm thin BBO to minimize the role of phase-mismatch. In TNO (b), all frequencies interact simultaneously in a single focus and the experimental SH spectrum (blue curve) shows a smooth function without the initial central hole, a result of the convolution described in Eq. (2). Exploiting the setup drawn in Fig. 2c we generate an FSH pulse. The frequencies of an incident pulse disperse after the first grating G1 and their different propagation angles become parallel after the first lens L1. The lens again focuses each plane wave into a small focal spot next to its neighboring frequency. All frequency components, located side by side now form the frequency plane at one focal length behind the lens. This setup performs a continuous optical Fourier transformation back to the time domain. A symmetric setup subsequent to the frequency domain interaction in FSH. This is a direct consequence of Eq. (4), which relates the SH power spectrum with its input counterpart via a phase independent relation that maintains a direct correspondence between the output and input frequencies. The integration over all frequency components ($\int d\omega$) corresponds to the coherent recombination of all frequencies at the second grating G2 to form collimated output beams of the fundamental and SH (see Method section). Note that the convolution representing the nonlinear interaction is still present in Eq. (3). The basic nonlinear interaction in each focal point is of the same nature as in TNO. It applies, however, only to isolated, single frequencies. Thus, the mutual coupling between different colors is turned off. Evaluating Eq. (3) leads to (see SI section 1):

$$E_{\text{SH}}(2\omega) \propto E_{f}(\omega) \cdot E_{f}(\omega) = |E(\omega)|^2 e^{2i \phi(\omega)},$$

(4)

where the spectral amplitude $|E(\omega)|$ and spectral phase $\phi(\omega) \equiv \text{Arg}[E(\omega)]$ substantially differ from those obtained via TNO. The convolution of the $E$-fields in Eq. (2) is now changed to a simple multiplication in Eq. (4). This crucial difference is the foundation of FNO. We emphasize that Eq. (3) represents a generalized description of nonlinear wave mixing that also includes broadband interaction in time domain as a particular limit case, which is explained in section 2 of the SI. In the numerical simulations we replaced the delta function by a narrowband Gaussian distribution in accordance with the real experimental conditions.

**Amplitude transfer.** We start the discussion of the far-reaching consequences of FNO by comparing the experimental power spectra obtained via Time domain SHG (TSH) and Frequency domain SHG (FSH) in Fig. 2. We first generate a transform limited (TL: flat spectral phase) 800 nm input pulse of 33 fs duration and add a hole in the centre of its power spectrum distribution (a). The pulse is then frequency doubled in a thin nonlinear crystal (NC). In both cases, we use a 150 µm thin BBO to minimize the role of phase-mismatch. In TNO (b), all frequencies interact simultaneously in a single focus and the experimental SH spectrum (blue curve) shows a smooth function without the initial central hole, a result of the convolution described in Eq. (2). Exploiting the setup drawn in Fig. 2c we generate an FSH pulse. The frequencies of an incident pulse disperse after the first grating G1 and their different propagation angles become parallel after the first lens L1. The lens again focuses each plane wave into a small focal spot next to its neighboring frequency. All frequency components, located side by side now form the frequency plane at one focal length behind the lens. This setup performs a continuous optical Fourier transformation from the time to the frequency domain. A symmetric setup subsequent to the frequency plane performs a second Fourier transformation back to the time domain. For the same input pulse and crystal used in the time domain experiment, we now obtain a completely different result: in the SH spectrum the central hole is preserved. Unlike in TSH, arbitrary amplitude transfers from the fundamental to the SH pulse are possible in FSH. This is a direct consequence of Eq. (4), which relates the SH power spectrum with its input counterpart via a phase independent relation that maintains a direct correspondence between the output and input frequencies: $I(2\omega) = I_f^2(\omega)$. We also note that the generated SH output after the 4f setup exhibits excellent spatial properties, witnessed by the absence of spatial chirp and a round far field profile (see Fig. SI 5).

**Phase transfer.** In TSH, only a linear chirp can be transferred from the input to the output phase (see SI section 3). The power spectrum, however, depends on the input chirp as we will discuss in the next section. The situation changes drastically when considering higher order phase functions. In that case, in addition to the power spectrum also the phase resulting from TSH is distorted. Therefore, the standard time domain approach fails to provide the means for an arbitrary spectral phase transfer between the input and the nonlinear output. On the other hand, we prove that FNO effectively maintains a linear input-output relation of the spectral phase in Eq. (4). Figure 3 provides an intuitive picture of the difference between TNO and FNO when comparing the spectrograms of a pulse exhibiting third order dispersion (TOD). Both numerical (a–c) and experimental (d–f) spectrograms, displaying the instantaneous pulse spectra for each delay point as a 2-d map, are shown. The spectrogram
of a TL pulse has the shape of a symmetric balloon without distinct features. Applying a TOD of 150000 fs$^3$, the typical shape of a butterfly with open wings illustrates how both spectral side bands are delayed with respect to the central frequency. The time domain approach (c) clearly results in a completely different spectrogram compared to the input (a). The butterfly closes its wings because at the trailing edge of the pulse both spectral side bands of the fundamental are annihilated to generate SH photons only around the central frequency $\omega_0$. On the contrary, with FSH, the input (a) and output shape (b) are virtually the same. Note the logarithmic color bar, where green denotes the ~5% level. The calculations are in very good agreement with experiments (d-e).

We can extend this qualitative comparison to a quantitative analysis by retrieving the spectral phase from the measured spectrograms\textsuperscript{11}. Figure 3(G) shows the retrieved fundamental (SH) phase in red (blue & cyan). Only the FSH phase (blue line) resembles the shape of the fundamental, thus the arbitrary phase is transferred linearly. We note that the output phase is doubled with respect to the input phase as predicted by Eq. (4) and that $\Delta \lambda/\lambda_0$ is the same for both phase axes. In contrast, the cyan curve from TSH exhibits no correspondence to the fundamental phase. The experimental demonstration of SH pulse shaping through phase transfer in the FP has first been presented in Ref. 4 and extended to other pulse shapes in Ref. 12. As a further, powerful application of FNO we introduce arbitrary phase control of the 4th harmonic, at a wavelength as short as 207 nm, see Fig. 3(H). Direct phase control was hitherto demonstrated down to 270 nm, limited by the availability of optical pulse shaping crystals\textsuperscript{13}. We surpassed this limit by imaging the first FP onto a subsequent one with an additional BBO doubling crystal, to reach the 4th harmonic. Due to phase matching limitations in BBO, the shortest possible wavelength to be accessed via direct frequency quadrupling of a TiSa laser is 205 nm. To leave some room for phase matching tuning, we aimed at a UV wavelength centered around 207 nm. Noteworthy, this was done without additional gratings in between both FPs, i.e. between both subsequent doubling stages. Omitting the recombination grating for the 415 nm beam automatically provides the angular dispersion required for the FP of the second doubling stage. For the sake of simplicity, the 4th harmonic output was recombined using the same grating as at 800 nm, but now in its 4th diffraction order. Alternatively, a different grating with higher groove density could be used to recombine the corresponding harmonics of the fundamental beam. We like to note that the pulse train in Fig. 3(I) at 207 nm is achieved through sin-phase shaping applied to the TiSa fundamental prior to the multi-pass
amplifier. More details are found in section 8 of the SI. We like to stress that while direct phase transfer is also possible in TNO with certain limitations, it has so far only been demonstrated in cross correlation types of interaction\textsuperscript{14,15}. In FNO unrestricted phase transfer can occur with a single input beam.

In general, FNO can provide a direct relation between complex input and output fields, which are connected by a variable $n$ that depends on the nonlinear process. For instance, in the case of SHG $n = 2$ in Eq. 4, for third harmonic generation $n = 3$ (see SI section 6), while for parametric amplification $n$ equals 1 meaning that the phase and spectral shape remain unchanged. If we neglect absorption and phase matching constraints, Eq. 4 can be generalized in the case of instantaneous nonlinear effects as:

$$E_p^n(n \omega) \propto |E(\omega)|^2 e^{in \phi(\omega)}.$$  

(5)

As Eq. 5 shows, in FNO, the output amplitude follows the power of $n$, while the phase depends linearly on $n$.

**Amplitude and phase coupling.** We now demonstrate how input pulses with both, amplitude and phase variations give rise to different outputs for the two schemes. As mentioned before, even for a Gaussian input pulse with a pure linear chirp, the power spectrum obtained through TSH depends on the input spectral phase, i.e. a chirped input generates less SH. We now discuss how this dependence affects the SH process, and how amplitudes and phases are decoupled by performing the nonlinear interaction in the frequency domain. To this end, and for the sake of clarity, we consider a pulse featuring a distinct hole in the spectrum, shown in Fig. 4a as the filled orange curve. Its SH is first generated in the time domain, and the resulting power spectrum is recorded for linear chirps varying from $-17600 \text{ fs}^2$ to $17600 \text{ fs}^2$. This stretches a TL pulse from 33 fs to as much as 2.7 ps. The results in Fig. 4b show significant changes of the SH power spectrum as a function of chirp. Again, for a TL pulse (flat phase), the central hole is completely absent (blue line in Fig. 4a). The central hole only develops as the pulse gets temporally stretched (magenta line: input stretched to 2 ps). Even in this extreme case where different frequencies

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**Figure 4.** Investigating amplitude and phase coupling as a function of chirp. The amplitude of the fundamental was shaped according to the filled orange curve in (a), which shows the square of the input intensity. TSH (c) exhibits a strong dependence of the spectral amplitude as a function of input chirp. Because this amplitude-phase coupling is absent in FSH (c), all SH spectra remain constant, like the black line in (a). All spectral features transfer directly to the SH.
arrive at different times, the mutual coupling is only reduced but not completely suppressed. Furthermore, the SHG efficiency changes significantly, a consequence of the chirp-dependent pulse intensity. The situation is radically different in the FSH result depicted in (c). The power spectrum (black line in Fig. 4a) obtained for the same input conditions as in (b) does not change irrespective of the input phase. Eq. (4), however, predicts a perfect match of the orange curve in (a) with the black plot since $I(2\omega) \propto I(\omega)$. The observed discrepancy can be easily explained. It arises from the limited phase-matching bandwidth provided by the birefringence of the 150 µm thick BBO (see SI section 4). Accounting for this macroscopic effect leads to the prediction plotted as the yellow filled curve.

Discussion and Outlook

Since it is difficult to analyze feature sharpness in TSH where the SH spectrum strongly depends on the input shape and phase, we investigate the time span required to develop the spectral hole introduced in the input beam (orange curve of Fig. 4a). The TL duration of the fundamental is about 33 fs FWHM. The missing central part corresponds to a TL duration of about 360 fs FWHM (zero-zero duration ~1 ps). The magenta line in (a) for a chirped input of ~2 ps still shows features at the central wavelength indicating that a much longer temporal stretching is required to minimize the mutual coupling of frequencies in TNO. Based on this estimation we conclude that amplitude and phase coupling can only be turned off efficiently in FSH. The clear one-to-one match of the experimental FSH spectrum with the ideal phase matched fundamental one in Fig. 4a, together with the linear phase transfer of arbitrary functions in Fig. 3G support the interpretation of a “linearization” of the nonlinear process. For coherent processes and in particular for nonlinear optics the phases mostly define the total output. The linearization arises through the spectral separation and coherent recombination of individual phases afterwards.

The loss of bandwidth appears to be even more pronounced in TSH than in FSH (as is seen by comparing the black line to the blue and magenta ones in Fig. 4a). In order to compensate the loss of bandwidth due to phase mismatch, the standard time domain approach offers the choices of using thinner crystals with less efficiency, or elaborated achromatic phase matching schemes\(^{18}\). While a variation of the latter schemes can also be realized in FSH, it offers additional implementations based on, e.g., the use of periodically poled materials\(^{17}\) or the use of the separation Ansatz\(^{19}\) with multiple thick crystals to efficiently double an octave of frequencies. Although in TNO frequency conversion of chirped pulses may be improved according to a more complex adiabatic scheme\(^{19}\), the problem of recompression afterwards still remains - which is not the case in FNO.

From a practical point of view we like to mention that working in a FP reduces the intensity in the interaction region depending on the geometrical optical arrangement\(^{18}\). While this is a clear advantage for power scaling it sets limits for the minimum input energy required. Considering the use of nonlinear crystals with high nonlinearity like periodically poled materials\(^{17}\), an input energy of about 1 µJ is required to reach an intensity of 1 GW/cm\(^2\) in a typical 4f setup.

Another application of our scheme could be the coherent combination of single-cycle pulses with their single-cycle SH to generate multi-octave sub-cycle light fields\(^{20}\) or to widen the current frequency bands used for metrology\(^{21}\).

We also envision a modified type of 2D spectroscopy\(^{22}\) by placing a sample in the FP and utilize the spread colors as a narrow band pump in each focal spot. Next, all spots can be simultaneously probed by a time delayed fs pulse.

Moreover, in addition to advancing current spectroscopy methods, FNO could inspire novel schemes. One idea is to interfere the SH outputs of TNO and FNO and to record the phase difference as a function of input intensity. While the FNO phase will remain constant, the TNO phase should vary as a function of intensity. Thus, nonlinear phase shifts could be detected even at extreme wavelengths. This approach could be further expanded from a non-resonant to a resonant two-photon excitation. One might also consider the possibility of direct phase and amplitude transfer to other wavelengths.

In summary, frequency domain nonlinear optics elegantly merges the simplicity of linear optics with the power of conventional nonlinear optics by decoupling frequencies, amplitudes and phases.

Methods

**Laser system.** The measurements were carried out at the advanced Laser Light Source (ALLS) with 1 mJ, 33 fs pulses at 780 nm wavelength from a Ti:Sa amplifier operating at 500 Hz. The beam diameter was 4 mm FWHM carrying 500 µJ of pulse energy. Amplitude and phase-shaping was carried out with an acousto-optic programmable dispersive filter (AOPDF, DAZZLER). The results in Fig. 4 showing the chirp dependence were obtained by changing the grating separation in the compressor. Spectral measurements were carried out with an integration sphere fiber-coupled to an imaging spectrometer. Pulse characterization was performed with an all reflective transient grating – frequency resolved optical gating (TG-FROG) apparatus. Beam separation of the three beams was carried out with a transmission mask consisting of three holes that enabled wavelength and polarization independent operation. The same device can measure the fundamental, SH, and fourth harmonic pulses regardless of...
their polarization. Unlike SHG-FROG, it has no time ambiguity and generates intuitive spectrograms for quadratic and cubic phase functions, thus facilitating phase retrieval and data interpretation.

Details concerning the deep-UV shaping setup are given in section S1B.

4f setup. A 4f setup comprised of reflection gratings (600 lines/mm) and lenses (f = 300 mm), as shown in Fig. 2c, was used in the experiment. Additionally, a half wave plate was inserted prior to L1 to rotate the initially perpendicular polarization of the fundamental by 90°. This sole modification is not shown in Fig. 2c for the sake of clarity. Since a 150 µm thick type I BBO is used for doubling, the SH polarization is perpendicular to the fundamental. The half wave plate between the gratings ensures perpendicular polarization of the SH beam on the exit grating. This allows angle tuning of the BBO phase matching along the spectrally dispersed axis. Additionally, one can achieve more efficient grating operation at the SH wavelength if the polarization is perpendicular to the grating grooves. The long focal lengths of L1 & L2 lead to a rather low intensity (around 1 GW/cm²) in the FP. This, in combination with the thin BBO crystal (150 µm) yielded an SHG efficiency in the FP of about 5%. The setup was not optimized for SHG efficiency (due to the low intensity in the FP) and the thin BBO was chosen because thicker crystals showed pronounced phase matching deficiencies that make comparison between FSH and TSH difficult.

The long focal lengths also eased modifications and allowed access to the FP. The efficiency should increase with shorter focal lengths, higher pulse energy or thicker crystals. The overall SH efficiency might be further improved by choosing a grating blazed for 400 nm with twice the groove size of the input grating satisfying the condition: \( \sin(\alpha) \lambda_{400nm}/g = \sin(\alpha) \lambda_{400nm}/2g \). In this way, it would not be possible to recombine the fundamental if the grating is designed for the SH. However, we chose the same grating at the exit side for convenience and because it can recombine either the fundamental (at angle \( \alpha \)) or the SH beam (at angle \( 2\alpha \)). The SH beam recombines through 2nd order diffraction while the fundamental beam recombines via 1st order diffraction. The SH beam exhibits no spatial chirp and the far field measurement shows a perfectly symmetric focal spot containing all spectral components. We found, however, that fundamental and SH beams recombine optimally for slightly different incident angles on the second grating G2. We note that this might be related to the angular acceptance bandwidth of BBO. The bandwidth and corresponding pulse duration in the focal spot of the FP depend on the geometric optical properties of the setup:

\[
\Delta \lambda_{\text{foc}} = \frac{\lambda g}{\pi d_{\text{in}}} 2 \ln(2) \sqrt{1 - \left(\frac{\lambda}{2g}\right)^2}
\]

(6)

\[
\Delta t_{\text{foc}} = \frac{\lambda d_{\text{in}}}{g c} \left[1 - \left(\frac{\lambda}{2g}\right)^2\right]^{-1/2}
\]

(7)

Being \( \Delta \lambda_{\text{foc}} \) the bandwidth in the focal spot of the FP, \( \lambda \) the center wavelength, \( g \) the groove density, \( d_{\text{in}} \) the input beam diameter, and \( \Delta t_{\text{foc}} \) the effective pulse duration in the FP. In typical experimental arrangements, the focal bandwidth \( \Delta \lambda_{\text{foc}} \) in the FP is >100 times smaller than the input pulse spectrum. The finest spectral feature transferred via FSH is given by the spectral resolution of the 4f setup, equal to \( \Delta \lambda_{\text{foc}} \).

Data availability statement. The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

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Author Contributions
B.E.S., M.C., H.I. and F.L. conceived the experiments; P.L., G.E., M.C., H.I. and B.E.S. performed the experiments; B.E.S., M.C. and G.E. developed the theory; B.E.S., P.L., G.E., M.C., R.M., H.I. and F.L. contributed to the manuscript.

Additional Information
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