Cathepsin B Relocalization in Late Membrane Disrupted Neurons Following Diffuse Brain Injury in Rats

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Abstract
Traumatic brain injury (TBI) has consequences that last for years following injury. While TBI can precipitate a variety of diffuse pathologies, the mechanisms involved in injury-induced neuronal membrane disruption remain elusive. The lysosomal cysteine protease, Cathepsin B (Cath B), and specifically its redistribution into the cytosol has been implicated in cell death. Little is known about Cath B or neuronal membrane disruption chronically following diffuse TBI. Therefore, the current study evaluated Cath B and diffuse neuronal membrane disruption over a more chronic post-injury window (6 h–4 w). We evaluated Cath B in adult male Sprague-Dawley rats following central fluid percussion injury (CFPI). Expression of Cath B, as well as Cath B-associated pro (Bak and AIF) and anti-apoptotic (Bcl-xl) proteins, were assessed using western blot analysis. Cath B activity was also assessed. Localization of Cath B was evaluated in the membrane disrupted and non-disrupted population following CFPI using immunohistochemistry paired with quantitative image analysis and ultrastructural verification. There was no difference in expression or activity of Cath B or any of the associated proteins between sham and CFPI at any time post-injury. Immunohistological studies, however, showed a sub-cellular re-localization of Cath B at 2 w and 4 w post-injury in the membrane disrupted neuronal population as compared to the time-point matched non-disrupted neurons. Both membrane disruption and Cath B relocalization appear linked to neuronal atrophy. These observations are indicative of a late secondary pathology that represents an opportunity for therapeutic treatment of these neurons following diffuse TBI.

Summary Statement
Lysosomal cathepsin B relocates to the cytosol in neurons with disrupted plasmalemmal membranes weeks following diffuse brain injury. Both the membrane disrupted and cathepsin B relocalized neuronal subpopulations displayed smaller soma and nucleus size compared to non-pathological neurons, indicating atrophy.

Keywords
cathepsin B, membrane disruption, traumatic brain injury, neuronal atrophy, Bak/Bcl-XL, AIF

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Introduction
Traumatic brain injury (TBI) affects at least 2.8 million people in the US every year as of 2017, and the cost of TBI related-hospital admissions as of 2016 was estimated to be $21 billion per year and rising (Marin et al., 2017; Taylor et al., 2017). The main event is not isolated, as TBI patients experience chronic symptoms due to secondary diffuse pathology throughout the brain (McMahon et al., 2014). This diffuse pathology is often hard to find on radiological and medical imaging and is relatively understudied compared to focal pathology, which has been highly characterized preclinically and clinically.

Neuronal membrane disruption has been found in various TBI models both in vitro and in vivo and in rodents and swine models (Hernandez et al., 2019; Keating et al., 2020; LaPlaca et al., 2019; Prado and LaPlaca, 2020; Ryu et al., 2021). A
study found that neuronal membrane disruption presents 6 h to 4 w in a biphasic manner (Hernandez et al., 2019). They documented acute membrane disruption following injury at 6 h, 1d, 3d, then decreasing at 1 w. However, at 2 w and 4 w, we see a resurgence of the membrane disrupted population indicative of a secondary pathology occurring late that extends beyond the mechanical damage immediately seen post-injury. The reemergence of membrane disruption at late time points has an unknown etiology. Earlier studies honed onto a molecular mechanism for sub-acute membrane disruption driven by Cathepsin B (Cath B), however it is not known if this continues at later time points (Lafrenaye et al., 2012).

Cath B is a ubiquitously expressed lysosomal cysteine protease that performs regulatory functions such as recycling and breakdown of intramembrane proteins and cleavage of precursor proteins (Cavallo-Medved et al., 2011). However, Cath B has also been implicated in cell death, autophagy and various other cell-damage pathways (Boya et al., 2003; Chaitanya and Babu, 2008; Chowdhury et al., 2019; de Castro et al., 2016; Foghsgaard et al., 2001; Mollan et al., 2016; Nagakannan et al., 2021; Oberle et al., 2010). Cath B has been previously shown to mediate cell death via lysosomal membrane permeabilization. This pathway appears to evolve in multiple ways; either via cleavage of B-cell lymphoma 2 (Bcl-2)/Bcl-XL, pro-survival proteins, which in turn releases the pro-apoptotic proteins Bak/Bax, that then enter the mitochondria to release cytochrome C leading to cell damage/death or via direct interaction of Cath B with apoptosis initiating factor (AIF) which goes to the mitochondria to induce the apoptotic cascade (Boya et al., 2003; Chaitanya and Babu, 2008; Oberle et al., 2010; Chowdhury et al., 2019). While Cath B usually functions within the acidic environment of the lysosome, it also has endopeptidase activity at the more neutral pH of the cytosol, unlike other lysosomal proteases. Within the context of TBI, Cath B has been found to be upregulated in rodent TBI models of focal lesions, such as the controlled cortical impact (CCI) and penetrating ballistic-like brain injury (PBBI) (Luo et al., 2010; Hook et al., 2013; Boutté et al., 2020). Additional findings within patient cerebrospinal fluid also indicated an upregulation of Cath B within hours or days post-penetrating TBI compared to non-TBI controls, providing further evidence that Cath B could play a role in TBI pathology (Boutté et al., 2020). Another study presented that Cath B was re-localized from the lysosome and into the cytosol at 6 h post-central fluid percussion injury (CFPI) and secondary elevations of intracranial pressure (Lafrenaye et al., 2012). However, potential changes in Cath B throughout the progression of diffuse injury remain elusive, specifically at later time points where it could be a driving molecular mechanism for sub-acute/chronic diffuse membrane disruption.

We, therefore, explored Cath B in the context of protein expression and activity in rats from 6 h to 4 w post-CFPI. We also evaluated proteins involved in both of the Cath B-mediated cell damage pathways, Bak, Bcl-XL, and AIF via western blot. Protein analyses were followed by a microscopic exploration of subcellular localization of Cath B throughout the post-injury time course. Finally, we assessed indications of cellular and nuclear atrophy in relation to membrane disruption and Cath B re-localization. The findings reported below underline that the role of Cath B following TBI may be more variable with pathological presentations of diffuse TBI compared to focal TBI.

Materials and Methods

Animals

Experiments were conducted using protocols in accordance with the Virginia Commonwealth University institutional ethical guidelines concerning the care and use of laboratory animals (Institutional Animal Care and Use Committee, Virginia Commonwealth University), which adhere to regulations including, but not limited to, those set forth in the Guide for the Care and Use of Laboratory Animals, 8th Edition (National Research Council). Animals were housed in individual cages on a 12 h light-dark cycle with free access to food and water. Archived tissue and homogenates from our previous study using adult male Sprague-Dawley rats, n = 57 weighing 350–450 g, were used for this study (Hernandez et al., 2019). Our a priori exclusion criteria included weight loss of more than 20% of their pre-injury body weight or gross brain pathology (contusion, subdural hematoma, or gross tissue loss). No animals met exclusion criteria in this study. Animal injury state and survival timepoint were randomly determined using a random number generator on the day of surgery. All surgeries were conducted by the same surgeon during the same times of day to reduce variability.

Surgical Preparation and Injury Induction

Corresponding to Hernandez et al. (2019), Animals were anesthetized with 4% isoflurane in 30% O2 and 70% N2O then intubated and ventilated with 2% isoflurane in 30% O2 and 70% N2O throughout the duration of the surgery, injury, and post-injury physiological monitoring. Heart rate, respiratory rate, and blood oxygenation were monitored via a hind-paw pulse oximetry sensor (STARR Life Sciences, Oakmont, PA) for the duration of anesthesia, except during the induction of injury. Body temperature was maintained at 37°C with a rectal thermometer connected to a feedback-controlled heating pad (Harvard Apparatus, Holliston, MA). All animals were placed in a stereotaxic frame (David Kopf Instruments, Tujunga, CA). A midline incision was made, and a 4.8 mm circular craniectomy was made along the sagittal suture midway between bregma and lambda for injury induction. A 2 mm burr hole was also drilled in the left parietal bone overlying the left lateral ventricle (0.8 mm posterior,
1.3 mm lateral, and 2.5-3 mm ventral to bregma) through which a 25-gauge needle, connected to a pressure transducer and microinfusion pump (11 Elite syringe pump; Harvard Apparatus) via sterile saline-filled PE50 tubing, was placed into the left lateral ventricle. Appropriate placement was verified via a 1.3 μl/min infusion of sterile saline within the closed fluid-pressure system during needle placement. The needle was held in the ventricle for at least 5 min to record pre-injury intracranial pressure (ICP). After the 5-min reading, the needle was slowly removed, and the burr hole was covered with bone wax before preparation for sham or CFPI (Dixon et al., 1987; Lafrenaye et al., 2014). Briefly, a Leur-Loc syringe hub was affixed to the craniectomy site, and dental acrylic (methyl-methacrylate; Hygenic Corp., Akron, OH) was applied around the hub and allowed to harden. Anesthetized animals were removed from the stereotaxic device and dental acrylic were removed en bloc. Gelfoam was applied on an oscilloscope (Tektronix, Beaverton, OR). Immediately after the injury, the animal was reconnected to an iBind perfusion with cold 0.9% saline. Lateral neocortices of sham n = 6 (n = 1/time point) and TBI rats n = 6/time point were homogenized in NP40 Buffer (150 mM NaCl, 50 mM Tris pH 8.0, 1% Triton) and protease inhibitor cocktail (AEBSF 10.4 mM, Aprotinin 8 μM, Bestatin 400 μM, E-64 140 μM, Leupeptin 8 μM, Pepstatin A 150 μM, Cat#: P8340, Sigma, Saint Louis, MO). Protein concentrations were measured using a NanoDrop Lite (Thermo Fisher Scientific, Wilmington, DE). Protein (20 μg for Cathepsin B, 10 μg Bak, Bcl-XL, and AIF) was boiled for 10 min in 50 mM dithiothreitol (Cat#: 5318, RRID:AB_2687580), rabbit anti-Bak (1:1000; Cat#: 12105, RRID:AB_2228008) or rabbit anti-AIF (1:1000; Cat#: 5318, RRID:AB_10634755) (Cell Signaling Technology, Danvers, MA) and anti-rabbit-HRP secondary antibody (1:5000; Cat#: 111-035-003; Jackson ImmunoResearch Laboratories, West Grove, PA, RRID:AB_2313567). Total protein (Stain Free) and chemiluminescent images were taken on a ChemiDoc imaging system (BioRad). Densitometric analyses of Cathepsin B, AIF, Bak, and Bcl-XL were performed in ImageJ (National Institutes of Health; Bethesda, MD). Cathepsin B, AIF, Bak and Bcl-XL protein bands were normalized to total protein and sham controls. Additionally, the ratio of normalized Bak and Bcl-XL was calculated. All western blots

**Western Blotting**

As performed in Hernandez et al. (2019), lateral neocortices of sham n = 6 (n = 1/time point) and TBI rats n = 6/time point were homogenized in NP40 Buffer (150 mM NaCl, 50 mM Tris pH 8.0, 1% Triton) and protease inhibitor cocktail (AEBSF 10.4 mM, Aprotinin 8 μM, Bestatin 400 μM, E-64 140 μM, Leupeptin 8 μM, Pepstatin A 150 μM, Cat#: P8340, Sigma, Saint Louis, MO). Protein concentrations were measured using a NanoDrop Lite (Thermo Fisher Scientific, Wilmington, DE). Protein (20 μg for Cathepsin B, 10 μg Bak, Bcl-XL, and AIF) was boiled for 10 min in 50 mM dithiothreitol (Cat#: 1610610; Bio-Rad; Hercules, CA), 2x Laemelli loading buffer (Cat#: 1610737; Bio-Rad; Hercules, CA) and run at 200 Volts for 30 min on Mini-PROTEAN TGX Stain-Free 4–20% precast polyacrylamide gels (Cat#: 4568096; Bio-Rad, Hercules, CA). Protein was transferred onto 0.45 μm PVDF membranes using a Bio-Rad Transblot Turbo transfer system set to the mixed molecular weight manufacturer setting (1.3–2.5 Amps, 25 Volts for 7 min). Western blotting was done on an iBind flex apparatus (Invitrogen, Carlsbad, CA) using primary antibodies rabbit anti-Cathepsin B (1:1000; Cat#: 31718, RRID:AB_2687580), rabbit anti-Bak (1:1000; Cat#: 12105, RRID:AB_2716685), rabbit anti-Bcl-xl (1:1000; Cat#: 2764, RRID:AB_2228008) or rabbit anti-AIF (1:1000; Cat#: 5318, RRID:AB_10634755) (Cell Signaling Technology, Danvers, MA) and anti-rabbit-HRP secondary antibody (1:5000; Cat#: 111-035-003; Jackson ImmunoResearch Laboratories, West Grove, PA, RRID:AB_2313567). Total protein (Stain Free) and chemiluminescent images were taken on a ChemiDoc imaging system (BioRad). Densitometric analyses of Cathepsin B, AIF, Bak, and Bcl-XL were performed in ImageJ (National Institutes of Health; Bethesda, MD). Cathepsin B, AIF, Bak and Bcl-XL protein bands were normalized to total protein and sham controls. Additionally, the ratio of normalized Bak and Bcl-XL was calculated. All western blots

**Tracer Infusion**

Two hours prior to sacrifice, tagged dextran (40 mg/ml in sterile 0.9% saline; ~1.6 mg/kg) was infused into the lateral ventricle as described (Lafrenaye et al., 2012; Hernandez et al., 2019). Briefly, 15 μl of 10 kDa dextran conjugated to either 488-Alexa Fluor (Cat#: D22910, Invitrogen, Carlsbad, CA), 568-Alexa-Fluor (Cat#: D22912; Invitrogen, Carlsbad, CA), or biotin (Cat#: D1956; Invitrogen, Carlsbad, CA) was infused into the lateral ventricle at a thickness of 40 μm from bregma to 4.0 mm posterior to bregma. Sections were collected serially in 12 well-plates and stored in Millonig’s buffer at 4°C. A random starting well (wells 1–12) was selected using a random number generator and four serial sections (each 480 μm apart) were used for histological analyses. All histological analyses were restricted to layers V and VI of the lateral somatosensory neocortex extending from the area lateral to CA1 to the area lateral to CA3 of the hippocampus(Hernandez et al., 2019).

**Tissue Processing**

At appropriate time-points between 6 h and 4w post-injury, the animals were injected with 150 mg/kg euthanasia-III solution (Henry Schein, Dublin, OH), then underwent transcardial perfusion with cold 0.9% saline. Lateral neocortices were dissected from the right hemisphere of the brain and frozen for assessments of protein expression and activity followed by a switch in transcardial perfusate to 4% paraformaldehyde/0.2% glutaraldehyde in Millonig’s buffer (136 mM sodium phosphate monobasic/109 mM sodium hydroxide) to fix the left side of the brain for subsequent immunohistochemical or electron microscopic (EM) processing and analysis. After transcardial perfusion, the brains were removed, post-fixed for 24–48 h, then sectioned coronally in 0.1 M phosphate buffer with a vibratome (Leica, Banockburn, IL) at a thickness of 40 μm from bregma to 4.0 mm posterior to bregma. Sections were collected serially in 12 well-plates and stored in Millonig’s buffer at 4°C. A random starting well (wells 1–12) was selected using a random number generator and four serial sections (each 480 μm apart) were used for histological analyses. All histological analyses were restricted to layers V and VI of the lateral somatosensory neocortex extending from the area lateral to CA1 to the area lateral to CA3 of the hippocampus(Hernandez et al., 2019).
were run in triplicates on three separate gels to reduce run-to-run variability biasing the results. A negative control was also done to verify band specificity (Supplementary Figure 1).

**Cellular Cathepsin B Localization Analysis**

Fluorescently tagged dextran-containing cells, indicative of membrane disruption, could be visualized via confocal microscopy without further processing, however, biotin-conjugated dextran required immunolabeling for visualization. Two tissue sections/animal from 6 h (n = 5), 1d (n = 5), 3d (n = 4) 1w (n = 5), 2w (n = 5), 4w (n = 5) were blocked with 5% normal goat serum (NGS) or 5% normal horse serum (NHS), 2% bovine serum albumin (BSA), and permeabilized with 1.5% triton-X for 2 h. This was followed by immunolabeling using primary antibodies rabbit anti-Cathepsin B (1:700; Cat#: 31718 Cell Signaling Technology, Danvers, MA, RRID:AB_2687580) and Goat anti-biotin (1:2000; Cat#: 31852; Thermo Scientific, Rockford, IL, RRID:AB_228243) as needed for animals infused with biotin-conjugated dextrans. Tissue was incubated in secondary antibodies Alexa-633 conjugated goat anti-biotin (1:2000; Cat#: 31852; Thermo Scientific, Rockford, IL, RRID:AB_228243) and Alexa-488 conjugated dextran required immunolabeling for visualization. Tissue slices were then blocked with 5% NGS, followed by incubation with biotinylated goat anti-rabbit (1:1000; Cat#: BA-5000; Vector Laboratories) secondary antibody. Sections were incubated in avidin biotinylated enzyme complex using the Vectastain ABC kit (Vector Laboratories) secondary antibody.

Protein concentrations were measured using a NanoDrop Lite (Thermo Fisher Scientific, Wilmington, DE) and Cathepsin B activity was measured in a 96-well plate, each well containing 2x Assay Buffer (100 mM sodium acetate pH 5.5, 2 mM EDTA, 200 mM sodium chloride, 8 mM DTT), 2 μg of neocortex whole homogenate, and Z-Phe-Arg-7-amino-4-(trifluoromethyl) coumarin (ZFR-AMC), a substrate for cysteine proteases that fluoresces upon cleavage by Cathepsin B (Hook et al., 2013; Boutell et al., 2020; Yoon et al., 2021). Assay specificity for Cathepsin B was validated using Cathepsin B specific inhibitor, CA-074, and general cysteine protease inhibitor, E64c, pre-incubated in brain homogenate (Supplementary Figure 2). The plate was read 30- and 60-min post-substrate addition at 365/450 nm excitation/emission. Each sample was loaded in triplicate per plate for three independent runs to reduced pipetting and run-to-run variability biasing the results. A positive control well with purified human liver Cathepsin B 5 ng and a negative control well with only assay buffer and substrate were included in every run.

**Ultrastructural Assessment of Cathepsin B Localization**

In preparation for electron microscopic (EM) analysis, tissue was labeled with rabbit antibodies targeted to Cathepsin B (1:500; Cat#: 31718 Cell Signaling Technology, Danvers, MA). Tissue slices were then blocked with 5% NGS, followed by incubation with biotinylated goat anti-rabbit (1:1000; Cat#: BA-5000; Vector Laboratories) secondary antibody. Sections were incubated in avidin biotinylated enzyme complex using the Vectastain ABC kit (Vector Laboratories) secondary antibody. Sections were incubated in avidin biotinylated enzyme complex using the Vectastain ABC kit (Vector Laboratories) secondary antibody. Sections were incubated in avidin biotinylated enzyme complex using the Vectastain ABC kit (Vector Laboratories) secondary antibody. Sections were incubated in avidin biotinylated enzyme complex using the Vectastain ABC kit (Vector Laboratories) secondary antibody.

After resin curing, areas in the lateral neocortex within layers V and VI that contained adequate Cathepsin B labeling and in regions approximately to locations of membrane disruption were identified using light microscopy. These areas were removed, mounted on plastic studs, and 70 nm sections were cut and mounted on Formvar-coated slotted grids. The grids were stained in 5% uranyl acetate in 50% methanol and 0.5% lead citrate. Electron micrographs were imaged using a JEOL JEM 1230 transmission electron microscope equipped with an Orius SC1000 CCD camera (Gatan, Pleasanton, CA). Every neuron within each grid, 3 grids total, n = 2 animals, 1 grid for 1 animal and 2 grids for the disrupted vs. non-disrupted) and Cathepsin B localization (punctate vs. diffuse localization) subpopulations at each time point (6 h–4w).

**Quantification of Cathepsin B Activity**

Portions of the dissected right lateral neocortices of 6 h–4w sham and injured animals were homogenized in 50 μM citric acid at a pH 6.0, spun at 12,000 xg at 4°C for 10 min and the supernatant of the whole homogenate was collected. Protein concentrations were measured using a NanoDrop Lite (Thermo Fisher Scientific, Wilmington, DE) and Cathepsin B activity was measured in a 96-well plate, each well containing 2x Assay Buffer (100 mM sodium acetate pH 5.5, 2 mM EDTA, 200 mM sodium chloride, 8 mM DTT), 2 μg of neocortex whole homogenate, and Z-Phe-Arg-7-amino-4-(trifluoromethyl) coumarin (ZFR-AMC), a substrate for cysteine proteases that fluoresces upon cleavage by Cathepsin B (Hook et al., 2013; Boutell et al., 2020; Yoon et al., 2021). Assay specificity for Cathepsin B was validated using Cathepsin B specific inhibitor, CA-074, and general cysteine protease inhibitor, E64c, pre-incubated in brain homogenate (Supplementary Figure 2). The plate was read 30- and 60-min post-substrate addition at 365/450 nm excitation/emission. Each sample was loaded in triplicate per plate for three independent runs to reduced pipetting and run-to-run variability biasing the results. A positive control well with purified human liver Cathepsin B 5 ng and a negative control well with only assay buffer and substrate were included in every run.
other, were imaged and all images were qualitatively assessed for distribution of Cathepsin B within or in approximation to the lysosomal compartment.

**Statistical Analysis**

Data were tested for normality prior to utilizing parametric or non-parametric assessments, which were conducted using SPSS (IBM Corporation, Armonk, NY) software. Animal numbers for each group were determined by an a priori power analysis using effect size and variability previously observed in the lab when assessing pathology between sham and injured groups using the CFPI model, an alpha = 0.05, and a power of 80%. Two-way or one-way analysis of variance (ANOVA) and Bonferroni post hoc tests were performed for all between-group analyses. Statistical significance was set to \( p < 0.05 \). Data are presented as mean ± standard error of the mean (SEM).

**Results**

**Protein Expression of Cathepsin B or its Proteolytic Activity was Unchanged Following CFPI**

The overall expression of Cathepsin B within the lateral neocortex was evaluated for changes following CFPI throughout the 6 h to 4w post-injury time course. Western blot analysis revealed that Cathepsin B protein levels were not significantly different for sham animals (100.91 ± 4.85%) and TBI animals at 6 h (87.27 ± 4.53% of sham), 1d (85.93 ± 4.84% of sham), 3d (110.24 ± 14.49% of sham), 1w (83.48 ± 5.03% of sham), 2w (100.86 ± 8.79% of sham), and 4w (105.25 ± 10.88% of sham) post-CFPI (Figure 1A and B; one-way ANOVA; \( F_{6,35} = 1.527, p = 0.198 \)).

Cathepsin B has been implicated in various cell damage pathways. One of these pathways involved AIF, which is cleaved by cathepsins from the mitochondria to set forth cell death. One of these pathways involved AIF, which is cleaved with Bak, a pro-apoptotic protein that interacts with Bak, a pro-apoptotic protein (Chaitanya and Babu, 2008; Chowdhury et al., 2019). Additionally, Cathepsin B cleaves Bcl-XL, a pro-survival protein that interacts with Bak, a pro-apoptotic protein (Chaitanya and Babu, 2008; Chowdhury et al., 2019). Cathepsin B also cleaves Bcl-XL, a pro-survival protein (Chaitanya and Babu, 2008; Chowdhury et al., 2019).

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The percentages of neurons demonstrating punctate Cath B localization and proteolytic activity over time following CFPI were significantly different between sham animals (99.81 ± 9.99%) and TBI animals at 6 h (100.25 ± 9.08% of sham), 1d (92.57 ± 12.16% of sham), 3d (119.24 ± 14.86% of sham), 1w (90.50 ± 5.03% of sham), 2w (103.59 ± 17.08% of sham), and 4w (125.01 ± 25.60% of sham) post-CFPI (one-way ANOVA; \( F_{6,35} = 0.069, p = 0.999 \)).

Whereas most Cathepsins are active at the lower pH of the lysosomes, Cathepsin B is also active at more neutral pHs, such as that of the cytosol (Nägler et al., 1997; Khoury et al., 1991; Ruzza et al., 2006). Therefore, the question arose regarding Cathepsin B’s localization and proteolytic activity over time following CFPI. Proteolytic activity of Cathepsin B was not significantly different between sham animals (99.81 ± 9.99%) and TBI animals at 6 h (100.25 ± 9.08% of sham), 1d (92.57 ± 12.16% of sham), 3d (119.24 ± 14.86% of sham), 1w (90.50 ± 5.03% of sham), 2w (103.59 ± 17.08% of sham), and 4w (125.01 ± 25.60% of sham) post-CFPI (one-way ANOVA; \( F_{6,35} = 0.069, p = 0.999 \)).

**Cathepsin B re-Localizes from Lysosomes to Cytosol in Disrupted Neurons at 2 and 4 Weeks Following Central Fluid Percussion Injury**

The re-localization/redistribution of Cathepsin B from the lysosome to the cytosol has been associated with pathological progression (Windelborn and Lipton, 2008; Kilinc et al., 2010; Oberle et al., 2010). Additionally, the redistribution of Cathepsin B in acutely membrane disrupted neurons of rats sustaining TBI and secondary ICP elevations (LaFrenaye et al., 2012). However, to our knowledge, Cathepsin B localization has not been rigorously assessed in later stages of neuronal membrane disrupted populations following diffuse TBI alone. Therefore, Cathepsin B localization was determined as punctate (intra-lysosomal) or diffuse (extra-lysosomal) for both membrane disrupted and non-disrupted neurons in the injured lateral neocortex throughout the time course from 6 h–4w post-CFPI (Figure 3A). Sham animals were not included in this assessment as they have no discernable membrane disruption (Hernandez et al., 2019), thus would provide no further information about the membrane disrupted population in relation to Cathepsin B localization. Cathepsin B was found to be localized within puncta in non-disrupted neurons at 6 h (72.87 ± 3.72%), 1d (63.91 ± 4.18%), 3d (77.88 ± 4.09%), 1w (80.73 ± 3.79%), 2w (80.52 ± 3.20%), 4w (87.22 ± 2.91%), post-CFPI. The majority of Cathepsin B was also localized within lysosomal puncta in disrupted neurons at 6 h (86.99 ± 2.79%) \( p = 0.425, 1d (50.34 ± 4.11%) p = 0.636, 3d (66.99 ± 4.66%) p = 1.00, 1w (65.63 ± 4.21%) p = 0.552, \) however, there was a significant reduction in the percentage of membrane disrupted neurons demonstrating punctate localization of Cathepsin B at 2w (43.84 ± 4.66%) \( p = 4.88 × 10^{-11} \), and 4w (32.35 ± 4.66%) \( p = 5.34 × 10^{-19} \) post-CFPI (Figure 3B, one-way ANOVA; \( F_{11,1539} = 19.88, p = 6.6 × 10^{-38} \)).

The percentages of neurons demonstrating punctate Cathepsin B indicated an effect of membrane disruption (two-way ANOVA; \( F_{1,1539} = 74.83, p = 1.27 × 10^{-17} \)) and time (two-way ANOVA; \( F_{5,1539} = 11.42, p = 7.73 × 10^{-11} \)) on Cathepsin B re-localization. These were also significant interactions between neuronal membrane disruption and time on
Cath B localization (two-way ANOVA; $F_{5,1539} = 19.02, p = 2.12 \times 10^{-18}$).

Ultrastructural qualitative analysis of neurons with immunoelectron microscopy was used to further scrutinize subcellular localization of Cath B, in particular, that the diffuse distribution of Cath B that we saw in the confocal micrographs was indeed indicative of Cath B redistributing out of the lysosomal compartment. While we did observe immuno-labeled Cath B completely contained within the lysosomal domain in neurons 6 h–4w following CFPI (Figure 4A), a majority of the neurons analyzed demonstrated some degree of Cath B redistribution outside of the lysosome (Figure 5B and C). This redistribution of Cath B was observed in many of the neurons assessed within the lateral neocortex at 2w and 4w. These data support our confocal findings of Cath B re-localization from the lysosome into the cytosol at 2 and 4w post-CFPI.

**Cathespin B re-Localization and Neuronal Membrane Disruption are Associated with Reductions in Cellular and Nuclear Area**

As diffuse neuronal injuries following TBI have been shown to precipitate cellular changes, such as atrophy, without leading to cell death (Lifshitz et al., 2007; Greer et al., 2011), we measured the somal and nuclear area of membrane structure...
disrupted and non-disrupted neurons and neurons demonstrating punctate or diffuse Cath B localization within the lateral neocortex of the injured brain 6 h–4w post-CFPI. The mean somal areas of non-disrupted neurons at 6 h–4w post-CFPI were approximately 126 μm²; 6 h (131.11 ± 3.28 μm²), 1d (118.31 ± 3.02 μm²), 3d (133.00 ± 2.76 μm²), 1w (128.61 ± 3.15 μm²), 2w (110.60 ± 3.15 μm²), and 4w (134.31 ± 3.49 μm²). The mean somal areas of membrane disrupted neurons from 6h-4w post-CFPI were approximately 108 μm²: 6 h (108.90 ± 4.29 μm²) \( p = 3.16 \times 10^{-3} \), 1d (109.25 ± 3.24 μm²) \( p = 1.00 \), 3d (128.63 ± 4.25 μm²) \( p = 1.00 \), 1w (125.49 ± 5.54 μm²) \( p = 1.00 \), 2w (80.35 ± 2.73 μm²) \( p = 1.80 \times 10^{-8} \), and 4w (92.65 ± 3.37 μm²) \( p = 1.85 \times 10^{-12} \) (Figure 5A, one-way ANOVA; \( F_{1,1303} = 22.13 \), \( p = 2.12 \times 10^{-22} \)). There was a significant decrease in somal area of membrane disrupted neurons at 6 h, 2w and 4w post-injury.

Soma area had main effects on time (two-way ANOVA; \( F_{5,1539} = 75.923 \), \( p = 8.79 \times 10^{-24} \) ) and membrane disruption (two-way ANOVA; \( F_{1,1539} = 24.479 \), \( p = 7.48 \times 10^{-13} \) ). There was a significant interaction between membrane disruption and time on somaal area (two-way ANOVA; \( F_{5,1539} = 8.568 \), \( p = 5.12 \times 10^{-8} \) ).

The mean nuclear area of non-disrupted neurons 6 h–4w post-CFPI were approximately 79 μm²: 6 h (85.40 ± 1.98 μm²), 1d (78.20 ± 1.75 μm²), 3d (83.75 ± 2.10 μm²), 1w (76.11 ± 2.17 μm²), 2w (67.55 ± 1.74 μm²), and 4w (82.21 ± 2.04 μm²). The mean nuclear area of disrupted neurons 6h-4w post-CFPI were approximately 60 μm²: 6 h (53.62 ± 2.42 μm²) \( p = 1.64 \times 10^{-29} \), 1d (67.86 ± 1.82 μm²) \( p = 0.027 \), 3d (75.56 ± 2.51 μm²) \( p = 1.00 \), 1w (73.46 ± 3.33 μm²) \( p = 1.00 \), 2w (43.70 ± 2.00 μm²) \( p = 2.22 \times 10^{-11} \), 4w (44.79 ± 2.38 μm²) \( p = 7.47 \times 10^{-25} \) (Figure 5B, one-way ANOVA; \( F_{1,11303} = 37.92 \), \( p = 4.12 \times 10^{-71} \) ). It was noted that membrane disrupted neurons 6 h, 1d, 2w and 4w demonstrated significant reduction in nucleus area compared to non-disrupted neurons at the same timepoints.

Nucleus area had main effects from membrane disruption (two-way ANOVA; \( F_{1,1303} = 213.312 \), \( p = 7.43 \times 10^{-45} \) ) and time (two-way ANOVA; \( F_{5,1303} = 27.379 \), \( p = 2.03 \times 10^{-26} \) ). This data set was probed with a two-way ANOVA that highlights an interaction of membrane disruption and time on nucleus area (two-way ANOVA; \( F_{5,1303} = 19.064 \), \( p = 2.43 \times 10^{-18} \) ).

When assessing somal area of neurons based on Cath B localization, we found that at 6 h–4w cortical neurons demonstrating punctate localization were approximately 127 μm²; 6 h (121.61 ± 3.17 μm²), 1d (124.12 ± 3.11 μm²), 3d (136.64 ± 2.80 μm²), 1w (136.80 ± 3.72 μm²), 2w (110.68 ± 2.77 μm²) and 4w (129.46 ± 3.54 μm²) (Figure 5C). This was in contrast to the somal area of diffuse Cath B localization neurons that was approximately 99 μm²; 6h (113.21 ± 5.69 μm²) \( p = 1.00 \), 1d (99.63 ± 2.73 μm²) \( p = 3.50 \times 10^{-3} \), 3d (115.51 ± 4.96 μm²) \( p = 0.053 \), 1w (100.79 ± 5.98 μm²) \( p = 8.09 \times 10^{-8} \), 2w (71.04 ± 2.54 μm²) \( p = 3.09 \times 10^{-14} \), and 4w (93.29 ± 3.35 μm²) \( p = 3.68 \times 10^{-9} \) . (Figure 5C, one-way ANOVA; \( F_{1,1539} = 28.189 \), \( p = 2.86 \times 10^{-5} \) ).

Somaal area had main effects from Cath B localization (two-way ANOVA; \( F_{1,1539} = 147.413 \), \( p = 1.84 \times 10^{-32} \) and time (two-way ANOVA; \( F_{5,1539} = 20.87 \), \( p = 3.16 \times 10^{-20} \) ). An interaction of time and Cath B localization on somal area was found (two-way ANOVA; \( F_{5,1539} = 4.483 \), \( p = 4.64 \times 10^{-4} \) ).

When assessing nucleus area of neurons based on Cath B localization, we found that at 6 h–4w cortical neurons demonstrating punctate localization were approximately 77 μm²; 6h (69.39 ± 2.14 μm²), 1d (77.84 ± 1.76 μm²), 3d (84.13 ± 1.58 μm²), 1w (81.80 ± 1.94 μm²), 2w (69.76 ± 1.67 μm²), and 4w (80.05 ± 2.17 μm²). This was in contrast to the nucleus area of diffuse Cath B localization neurons that was approximately 58 μm²; 6h (71.71 ± 3.20 μm²) \( p = 1.00 \), 1d (66.84 ± 1.74 μm²) \( p = 0.02 \), 3d (68.03 ± 4.03 μm²) \( p = 4.00 \times 10^{-3} \), 1w (53.64 ± 3.42 μm²) \( p = 1.48 \times 10^{-10} \), 2w (41.00 ± 1.66 μm²) \( p = 3.26 \times 10^{-16} \), and 4w (46.56 ± 2.67 μm²) \( p = 1.10 \times 10^{-17} \) (Figure 5D, one-way ANOVA; \( F_{1,11303} = 29.764 \), \( p = 2.53 \times 10^{-56} \) ).

Nucleus area had main effects from Cath B localization (two-way ANOVA; \( F_{1,1303} = 169.495 \), \( p = 1.62 \times 10^{-36} \) ) and time (two-way ANOVA; \( F_{5,1303} = 18.102 \), \( p = 2.14 \times 10^{-17} \) ). Main effects from time and localization were that nucleus area was significantly decreased at most post-injury time points. A significant interaction of Cath B localization and time on nucleus area was also found (two-way ANOVA; \( F_{5,1303} = 14.462 \), \( p = 8.23 \times 10^{-14} \) ).

Three-way ANOVA demonstrated significant effects of time (\( F_{5,1527} = 22.543 \), \( p = 7.15 \times 10^{-22} \)), Cath B localization (\( F_{1,1527} = 104.216 \), \( p = 1.03 \times 10^{-22} \)), and membrane disruption (\( F_{1,1527} = 26.553 \), \( p = 2.90 \times 10^{-7} \) ) on somal area. Interactions between time and Cath B localization (\( F_{5,1527} = 2.17 \), \( p = 0.055 \) ) or interactions between membrane disruption.
and Cath B localization alone ($F_{1,1527} = 2.60, p = 0.107$) were not significant when assessing soma area using three-way ANOVA. However, interactions between membrane disruption and time were significant ($F_{5,1527} = 2.913, p = 0.013$). Additionally, three-way ANOVA demonstrated that there was an interaction of membrane disruption, Cath B localization, and time post-injury on soma area ($F_{5,1527} = 2.964, p = 0.011$).

Main effects from time ($F_{5,1291} = 24.416, p = 1.51 \times 10^{-23}$), Cath B localization ($F_{1,1291} = 113.404, p = 1.93 \times 10^{-23}$), and membrane disruption ($F_{1,1291} = 80.778, p = 8.76 \times 10^{-19}$) on nucleus area were found via three-way ANOVA. There was

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**Figure 3.** Representative confocal images at 6 h, 1w, 2w, and 4w of immunolabeled Cathepsin B (red) in the lateral neocortex following CFPI (A). Membrane disrupted neurons were identified as containing the cell-impermeable Alexa-488 conjugated dextran (green). The nuclei were labeled with DAPI (blue) to identify the location of non-membrane disrupted neurons. The fourth panel is an overlay, and the last panel is a higher magnification image from the overlay panel. White arrows indicate membrane disrupted neurons and purple arrow heads indicate non membrane disrupted neurons. Scale bar = 20 µm. Cathepsin B localization shifts in membrane disrupted neurons at 2 and 4w post-CFPI (B). Bar graph depicts the percentage of total analyzed neurons per timepoint with punctate lysosomal cathepsin B localization at 6 h ($n = 290$ neurons, 5 animals) [teal blue], 1d ($n = 282$ neurons, 5 animals) [green], 3d ($n = 207$ neurons, 4 animals) [dark blue], 1w ($n = 237$ neurons, 5 animals) [red], 2w ($n = 300$ neurons, 5 animals) [purple], and 4w ($n = 235$ neurons, 5 animals) [pink] in non-disrupted and membrane disrupted neuronal populations reported as mean ± S.E.M. * $p < 0.05$. 

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As i g n i f i c a n t interaction between membrane disruption and Cath B localization on nucleus area ($F_{1,1291} = 15.813, p = 7.40 \times 10^{-5}$). Another significant interaction was found between time and membrane disruption ($F_{5,1291} = 9.327, p = 9.68 \times 10^{-9}$). An additional significant interaction also noted was between time and Cath B localization ($F_{5,1291} = 6.572, p = 5.00 \times 10^{-6}$) on nucleus area. Looking at time, Cath B localization, and membrane disruption as factors for nucleus area did not have a significant interaction as indicated by three-way ANOVA ($F_{5,1291} = 2.187, p = 0.053$).

**Discussion**

In the current study we found no change in the expression of Cath B or any downstream signaling proteins (Bak, Bcl-XL, or AIF) from 6 h to 4w following CFPI in male Sprague Dawley rats compared to shams. While Cath B activity was also unchanged over time following diffuse TBI, Cath B was found to be re-localized into the cytosol in membrane disrupted neurons at 2w and 4w post-injury, a phenomenon not observed in non-membrane disrupted neuron at any time point or membrane disrupted neurons at more acute time points in this study (6 h–1w). Finally, while Hernandez et al. (2019) demonstrated no neuronal loss out to 4w post CFPI, we found indications of neuronal atrophy in relation to membrane disruption and Cath B re-localization throughout the time course, indicating the potential for therapeutic rescue of these pathological populations.

Unlike other Cathepsins, Cath B demonstrates catalytic activity in the cytosol (Pratt et al., 2009). While previous studies assessing a range of neurological damages/diseases report an increase in both expression and activity of Cath B, in the current study, we did not find a change in Cath B protein levels and activity at any time throughout the post-injury time course (6 h–4w) (Foghsgaard et al., 2001; Feldstein et al., 2004; Benchoua et al., 2004; Ellis et al., 2005; Amritraj et al., 2009; Rodríguez-Muela et al., 2015). Our findings are in contrast to what has been observed in previous TBI studies, which indicate an increase in both Cath B protein levels and activity (Luo et al., 2010; Hook et al., 2013; Boutté et al., 2020). Specifically, Luo et al. (2010) analyzed both Cath B activity and expression in the cortex 1–48 h and 7d following CCI and found that Cath B activity increased starting at 6 h increased significantly through 7d compared to sham. This group also quantified Cath B expression which doubled after 6 h, continued to increase until it was increased 4x compared to sham by 48 h. Finally, at 7d, they saw Cath B expression decrease, but still doubled from sham. Hook et al. (2013) evaluated activity and saw a 1.5x increase 2 h post-CCI. Hook et al. also measured protein expression at 24 h post-injury and also found an 4x increase in Cath B expression compared to sham. Another study by Boutté et al. (2020) found an increase in Cath B protein expression following PBBI and demonstrated an increase in Cath B activity at 3d post-injury that remained increased at 7d post-injury, compared to craniotomy alone. However, this increase was not seen at 1d (Boutté et al., 2020).

**Figure 4.** Qualitative ultrastructural confirmation of Cathepsin B redistribution outside of lysosomes following CFPI. Electron micrographs of neurons (“N” indicates the nucleus) immunolabeled for Cath-B (black granules) from a representative 2w and 4w TBI animal. (A) Some neurons in the injured brain displayed normally localized cathepsin B within lysosomes (black arrows). (B & C) Diffuse localization of Cathepsin B outside of the lysosomes (red arrow heads), however, was observed in many of the lateral neocortical neurons in these cases, substantiating the confocal quantitative assessments. Scale bar = 2 µm.
The differences between our findings and the findings of the other groups may lie in the circumstances under which these studies were conducted. All of the previous TBI studies utilized injury models that induced a focal homogenous lesion to the brain (Luo et al., 2010; Hook et al., 2013; Boutté et al., 2020; Sarkar et al., 2020). However, our CFPI model, is a diffuse injury so the nature of the pathologies within the brain in this model are heterogenous, including the Cath B relocalization (Singleton et al., 2002; Singleton and Povlishock, 2004; Lifshitz et al., 2007; Lafrenaye et al., 2012). Therefore, measurement of the entire lateral neocortex Cath B activity may not capture the cells that could exhibit increased Cath B expression. Also, in combination with different modalities of injury and consideration of the variance in pathology, the timeframes in which Cath B was assessed in the previous studies were acute and sub-acute, juxtaposed to our sub-acute and late timepoints. The results from those works and ours suggest that Cath B activity and protein expression could be time and pathology dependent.

In the current study we also found relocalization of Cath B that appears to be associated with neuronal membrane disruption post-CFPI. This observation of Cath B outside of the lysosomes could indicate neurons undergoing lysosomal membrane permeabilization (LMP). Brain injury-induced organellar membrane disruption, such as LMP, involving the Cath B pathway has been previously observed (Windelborn and Lipton, 2008; Oberle et al., 2010; Luo et al., 2010; Kilinc et al., 2010; Rodríguez-Muela et al., 2015; Meyer et al., 2021). Pathological findings of LMP indicate progression to cell death; however, there is no previous observation of cell death in the CFPI animals (Hernandez et al., 2019). A possibility for the release of Cath B through LMP includes cytosolic phospholipase A2 (cPLA2). Studies looking at the role of other Cathepsins (D and L) in neurotrauma autophagy found that cPLA2 is directly involved in LMP in mice and that these sequelae involve the release of lysosomal enzymes (Li et al., 2019; Sarkar et al., 2020). cPLA2 has also been proposed to alter the neuronal plasma membrane (Lee et al., 2011). Therefore, cPLA2 could be disrupting the lysosomal membrane inducing the release of Cath B into the cytosol and also targeting the plasma membrane. Additionally, disruption of the lysosomes or replacement of Cath B with Cath L impedes neurite outgrowth. Cath B has
been shown to remodel neurites in vitro through lysosomal membrane trafficking (Jiang et al., 2020). Perhaps the release of Cath B dysregulates plasma membrane remodeling through disruption of lysosomal function thus could be why membrane disruption is evident at later time points.

Work looking at 6 h post-CFPI with intracranial pressure elevation highlighted that Cath B relocalizes from the lysosomal compartments into the cytosol in membrane disrupted neurons (Lafrenaye et al., 2012). In this study, however, Cath B relocalization was significant in the 2w and 4w groups, particularly in the membrane disrupted neurons, but not at 6 h, even in the membrane disrupted neuronal population. Fisher rats were used in the Lafrenaye et al. (2012) study while the current study used Sprague Dawley rats, indicating that there could be strain difference that may exacerbate Cath B release from the lysosomes, as observed in our prior study. Furthermore, the majority of the animals evaluated for Cath B relocalization in the 2012 study had both a CFPI and elevated ICP. That group had also found ICP elevation exacerbates membrane disruption and causes cell loss at 4w (Lafrenaye et al., 2014), the combination of TBI and secondary ICP elevations may induce more severe Cath B relocalization, however, further assessments of this possibility are needed.

Finally, we found that while somal and nuclear area were consistent for non-membrane disrupted neurons and neurons demonstrating lysosomal-Cath B, neurons sustaining later stage membrane disruption or Cath B redistribution, had significantly smaller soma and nuclei, indicating atrophy. This atrophy occurred simultaneously with the resurgence of membrane disruption and Cath B relocalization found at the later post-injury time points of 2w and 4w. Interestingly, no difference was observed in the somal and nucleus areas between the non-disrupted and membrane disrupted neuronal populations at 3d and 1w, unlike the significant reductions seen acutely (6 h–1d) and at later time points (2w–4w) following TBI. These observations are in accordance with the previous findings in Hernandez et al. (2019), that neuronal membrane disruption appears to be biphasic following CFPI. Additionally, Hernandez et al. (2019) found that 6 h–4w post-CFPI animals did not feature neuronal loss nor evidence of cell death, supporting the idea that these atrophying neurons may be rescueable. Atrophy without concomitant cell death has also been observed by other groups following CFPI (Lifshitz et al., 2007; Greer et al., 2011), further corroborating this idea. This weeks-long therapeutic window of atrophy without cell death, provides an opportunity to salvage these membrane disrupted and Cath B relocalized neurons. Particularly, future studies focused on pharmacologically targeting Cath B for the recovery of the membrane disrupted neuronal population are warranted.

Overall, our study found that Cath B is being re-distributed into the cytosol, notably within the membrane disrupted neuron subpopulation. Moreover, these membrane disrupted neurons significantly present Cath B relocalization late (2w–4w) following injury and the Hernandez et al. (2019) study highlighted that these neurons are not dying. While these Cath B relocalized neurons are not dying, they demonstrate both membrane disruption and atrophy. Both observations are indicative of a late secondary pathology and there is opportunity for therapeutic treatment of these neurons in diffuse TBI.

Abbreviations

TBI Traumatic brain injury
Cath B Cathepsin B
h hours
w weeks
Bcl-2 B-cell lymphoma 2
AIF apoptosis initiating factor
CCl controlled cortical impact
PBBI penetrating ballistic-like brain injury
CFPI central fluid percussion injury
ICP intracranial pressure
HRP horseradish peroxidase
DAPI 4′,6-diamidino-2-phenylindole
BSA bovine serum albumin
DTT dithiothreitol
EDTA Ethylenediaminetetraacetic acid
ZFR-AMC Z-Phe-Arg-7-amino-4-(trifluoromethyl) coumarin
EM electron microscopy
ANOVA analysis of variance
LMP lysosomal membrane permeabilization
cPLA2 cytosolic phospholipase 2.

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Authors’ Contribution

MLH carried out the confocal microscopic and ultrastructural analyses, western and protein activity assessments, and wrote the manuscript. MM and KMG carried out the confocal analyses and western assessments. ADL carried out the confocal microscopic analyses and western assessments, conceived, designed and coordinated the study, and wrote the manuscript.

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Supplemental material

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