A de novo start-loss in \textit{EFTUD2} associated with mandibulofacial dysostosis with microcephaly: case report

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Abstract

Mandibulofacial dysostosis with microcephaly (MFDM) is a rare genetic disorder inherited in an autosomal dominant pattern. Major characteristics include developmental delay, craniofacial malformations such as malar and mandibular hypoplasia, and ear anomalies. Here, we report a 4.5-yr-old female patient with symptoms fitting MFDM. Using whole-genome sequencing, we identified a de novo start-codon loss (c.3G > T) in the \textit{EFTUD2}. We examined \textit{EFTUD2} expression in the patient by RNA sequencing and observed a notable functional consequence of the variant on gene expression in the patient. We identified a novel variant for the development of MFDM in humans. To the best of our knowledge, this is the first report of a start-codon loss in \textit{EFTUD2} associated with MFDM.

INTRODUCTION

Mandibulofacial dysostosis with microcephaly (MFDM; also known as Guion-Almeida type; MIM #610536) is a rare autosomal dominant disorder characterized by developmental delay and several craniofacial malformations, including micrognathia, malar hypoplasia, ear anomalies, microphthalmia, cleft palate, and facial asymmetry. In some cases, involvement of other organs have been reported, such as thumb anomalies, heart defects, esophageal atresia, and renal malformations (Guion-Almeida et al. 2006; Wieczorek et al. 2007; Guion-Almeida et al. 2009; Wieczorek et al. 2009). Patients may also present with eye abnormalities, including microphthalmia, microcornea, coloboma, and myopia (Deml et al. 2015).

From a total of 119 previously reported MFDM patients in the literature (Huang et al. 2016; Matsuo et al. 2017; Rengasamy Venugopalan et al. 2017; Yu et al. 2018; Lacour et al. 2019; Silva et al. 2019; Jacob et al. 2020; Kim et al. 2020; Narumi-Kishimoto et al. 2020; Xu et al. 2021; Li et al. 2022), 95 cases (80%) were found to harbor deleterious variants in the \textit{EFTUD2} gene (EFTUD2; MIM #603892). In 76 cases both parents were also genotyped, and 60 (79%) were found to have de novo variants. The remaining were either germline mosaic or inherited in an autosomal dominant manner (Huang et al. 2016). The human \textit{EFTUD2} encodes the U5-116kD nuclear protein, which plays a critical role in the pre-mRNA splicing process (Fabrizio et al. 1997). Recent
in vivo experiments performed on mutant mice showed the effect of eftud2 knockdown on the differential splicing of Mdm2 and activation of P53 in neural crest cells, which in turn led to craniofacial defects (Beauchamp et al. 2021).

More than 90 pathogenic variants in EFTUD2 have been reported to date. These vary in impact on the 29-exon gene, perturbing gene function by affecting protein interaction, stability, conformation, localization, and/or post-translational modifications (Huang et al. 2016; Matsuo et al. 2017; Rengasamy Venugopalan et al. 2017; Yu et al. 2018; Lacour et al. 2019; Silva et al. 2019; Jacob et al. 2020; Kim et al. 2020; Narumi-Kishimoto et al. 2020; Xu et al. 2021a; Li et al. 2022). The types of variants reported include deletions, duplications, missense, splice site, and stop-gain mutations. However, no start-loss variants have been previously reported in human MFDM patients.

Here, we report the first case of a start-loss in EFTUD2 causing disease. We discovered this by whole-genome sequencing (WGS), confirmed segregation in the family by Sanger sequencing, and followed up with assessing gene expression levels to confirm functional effect.

RESULTS

Clinical Presentation and Family History

Here, we report a 4.5-yr-old female patient of South Asian ancestry, enrolled as part of the Qatar Mendelian Disease Program (Fakhro et al. 2019), who presented mainly with craniofacial features including micrognathia, malar hypoplasia, right microtia, right hemifacial microsomia, cleft palate, and a limitation in mouth opening (jaw opens to the rightward). The patient was initially diagnosed also with microphthalmia, but upon reexamination, it turns out to be mild ptosis. Eye testing also revealed right intermittent exotropia, normal stereo test, and right amblyopia (logmar: right = 0.3, left = 0.1) that was treated later with occlusion therapy. Other developmental features included conductive hearing loss, auditory atresia, congenital microcephaly with normal magnetic resonance imaging (MRI) brain, poor weight gain, and speech delay that was being treated by speech therapy (Table 1).

The patient was first referred to the ophthalmology clinic for eye consultation, which includes the examination of the anterior segment, pupil, dilation and refraction, and optic nerve and fundus. The genetic testing was requested upon the initial diagnosis with microphthalmia. She was then referred to the pediatrician to screen for allergies and to the ear, nose, and throat (ENT) clinic for physical tests. Audiology evaluation by otoscopy and tympanometry was also performed. The patient was then referred to a speech therapist for oral motor assessment. Upon these multiclinic assessments, the patient and her family (parents and unaffected sister) were enrolled for WGS to identify the genetic etiology underlying her syndromic presentation. The absence of family history of disease and the lack of parental consanguinity suggested that a de novo variant caused this condition.

Genomic Analyses

We first applied our optimized laboratory processing pipelines that look for recessive mutations (Al-Kurbi et al. 2022) and structural variants (E Aliyev, A Visconti, N Syed, et al., unpubl.), but we did not find any candidate variants that could be linked to the presented disease phenotype. We then used a combinatorial approach for de novo mutation calling that leverages three separate underlying approaches to identify 92 high genotype quality de novo variants. Focusing on protein-altering variants that were predicted damaging, we discovered one variant of particular interest in the EFTUD2 (ClinVar accession number
### Table 1. Clinical features of the patient in our study, compared to the spectrum of findings in all reported cases of MFDM

| Features                              | This study | All reported cases^a^ | Estimated prevalence (%) |
|---------------------------------------|------------|-----------------------|--------------------------|
| **Craniofacial**                      |            |                       |                          |
| Micrognathia                          | Yes        | 93/95                 | 98                       |
| Small or dysplastic pinna(e)          | Yes        | 90/93                 | 97                       |
| Malar hypoplasia                      | Yes        | 84/90                 | 93                       |
| Hearing loss                          | Yes        | 75/89                 | 84                       |
| Conductive                           | Yes        | 33/55                 | 60                       |
| Mixed                                 | No         | 15/55                 | 27                       |
| Sensorineural                         | No         | 7/55                  | 13                       |
| Auditory atresia/stenosis             | Yes        | 50/78                 | 64                       |
| Vestibular system abnormalities^b^    | NR         | 16/28                 | 57                       |
| Ossicular abnormalities^b^            | NR         | 11/19                 | 58                       |
| Microphthalmia^b^                     | No         | 10/32                 | 31                       |
| Facial asymmetry                      | Yes        | 29/52                 | 56                       |
| Preauricular tag(s)                   | No         | 46/91                 | 51                       |
| Cleft palate                          | Yes        | 45/94                 | 48                       |
| Choanal atresia                       | No         | 27/89                 | 30                       |
| Neonatal resuscitation               | No         | 14/48                 | 29                       |
| Tracheostomy                          | No         | 11/54                 | 20                       |
| Limitation of mouth opening           | Yes        | 9/86                  | 10                       |
| **Extracranial**                      |            |                       |                          |
| Thumb anomalies                       | No         | 25/83                 | 30                       |
| Heart defects                         | No         | 29/95                 | 31                       |
| Esophageal atresia                    | No         | 24/91                 | 26                       |
| Renal malformation                    | No         | 9/87                  | 10                       |
| **Development**                       |            |                       |                          |
| Developmental delay                   | Yes        | 89/89                 | 100                      |
| Microcephaly                          | Yes        | 84/95                 | 88                       |
| Congenital                            | Yes        | 36/57                 | 63                       |
| Postnatal                             | No         | 21/57                 | 37                       |
| Epileptic seizures                    | No         | 23/83                 | 28                       |

^aObtained from Deml et al. (2015; PMID: 26118977), Huang et al. (2016; PMID: 26507355), Yu et al. (2018; PMID: 29381487), Narumi-Kishimoto et al. (2020; PMID: 32541334), Jacob et al. (2020; PMID: 32943010), and this study.

^bThese features were not reported in several studies, and thus the prevalence estimates are not accurate.

### Table 2. The identified de novo variant in the patient

| Gene   | Chromosome (hg19) | HGVS DNA reference | HGVS protein reference | Variant type | Predicted effect | Zygosity     |
|--------|-------------------|--------------------|------------------------|--------------|------------------|--------------|
| EFTUD2 | 17:42971887       | c.3G > T           | p.(Met1?)              | Substitution | Start loss       | Heterozygous |
SCV002499764), previously implicated in MFDM clinical phenotypes (Table 2). This patient’s variant was predicted to cause a loss of function because of removal of the start codon of EFTUD2 (c.3G > T, p.Met1?) (Fig. 1). Sanger sequencing was performed and confirmed that none of the family members, except for the patient, carried this variant (Fig. 2). Further, the variant was novel against all public databases, including the Genome Aggregation Database (Karczewski et al. 2021), GenomeAsia 100K Project (GenomeAsia 2019), 1000 Genomes Project (Fairley et al. 2020), Trans-Omics for Precision Medicine program (Taliun et al. 2021), Greater Middle East Variome Project (Scott et al. 2016), Gutenberg Heart Study (Zeller et al. 2010), and the Qatar Genome Program (Mbarek et al. 2021).

As the patient has multiple features that fit MFDM (Table 1), we sought to examine the potential consequence of the variant on the expression of EFTUD2. Taking into consideration the relatively easier clinical accessibility to whole blood than other tissues, and that EFTUD2 is well-expressed in this tissue (GTEx Consortium 2013), we used white blood cells to extract RNA and perform total RNA sequencing (RNA-seq) for each individual within the family. The data was normalized against RNA-seq profiles collected in our laboratory. The results indeed supported a decrease of EFTUD2 expression in the proband, compared to all controls, including both parents and unaffected sibling (Fig. 3). These results support the pathogenicity of this variant causing a loss-of-function allele, and thus a drastic reduction in the expression of EFTUD2 in vivo, leading to this syndromic phenotype.

**Figure 1.** Integrative Genomics Viewer (IGV) visualization of the EFTUD2 variant. The variant allele (A; light green bands) occurs in a heterozygous state and replaces the wild-type C nucleotide.
Figure 2. Sanger sequencing validation of the variant. The variant allele appears only in the proband. The M represents A or C, according to the IUPAC nucleotide codes.

Figure 3. RNA-seq analysis of the EFTUD2. The boxplot shows FPKM (fragments per kilobase of transcript per million fragments)-normalized gene expression of EFTUD2 in patient versus healthy controls. Red dots indicate the sample of the patient (right) and her family (left).
DISCUSSION

Advancements in next-generation sequencing are paving the way to diagnose many previously idiopathic genetic conditions. Although prioritization and interpretation of the massive amounts of sequencing data is considered a challenge, the availability of public databases enhances the analysis of variations with regard to their putative role, functional impact, and contribution to human disease.

Here, we report a de novo variant in the start codon of the EFTUD2, which was predicted as damaging (CADD = 26.3) and occurs in a highly conserved region (GERP = 5.24). According to the American College of Medical Genetics and Genomics (ACMG) guidelines for the interpretation of sequence variants (Richards et al. 2015), multiple evidence lines support the pathogenicity of this variant. These include being a start-codon variant (PVS1), a de novo variant with confirmed paternity and maternity (PS2), and absent from controls in exome and genome databases (PM2). In addition, this variant affects a known dominant disease gene, EFTUD2, which plays a role in MFDM, further supporting this variant’s pathogenicity in this patient.

The AUG start codon encodes the amino acid methionine and is responsible for the translation initiation, and therefore critical for production of a functional protein. A substitution affecting the putative start codon is predicted to cause a loss-of-function allele, which EFTUD2 is predicted not to tolerate (probability of loss-of-function intolerance [pLI] > 0.99).

Evidence from the literature illustrated the important role of start-codon mutations in the development of different disease phenotypes (Ounap et al. 2012; Carrera et al. 2019; Lu et al. 2021; Xu et al. 2021b; Yang et al. 2021). However, it has also been proposed that the existence of close alternative start sites may enable protein translation and mitigate the effect of start-codon mutations (Abad-Navarro et al. 2018). To investigate this, we have examined the sequence downstream to the wild-type start codon and found an AUG triplet 14 bp away from the main start site. However, this site is missing a Kozak sequence and would cause a frameshift (Kozak 1986; Abad-Navarro et al. 2018), whereas the next closest alternative start site with a possible Kozak sequence occurs 922 bp away, within the following intron.

Mutations in the start codon render the ribosomes to search for alternative start sites for mRNA translation. These alternate start codons can be out of frame and may lead to a premature termination, which in turn leads to the degradation of the transcript by nonsense-mediated decay (Peccarelli and Kebaara 2014). Indeed, we performed RNA sequencing and measured the expression of EFTUD2, which confirmed the relatively decreased mRNA levels of EFTUD2 in the patient, compared to the rest of the family and other controls, consistent with predicted loss-of-function impact of the start-codon variant on the gene expression.

In conclusion, we report a pediatric case with symptoms resembling MFDM, with a start-codon-loss mutation in EFTUD2. To the best of our knowledge, this is the first study to report a start-codon loss in EFTUD2 associated with MFDM, and it also expands the phenotypic spectrum of EFTUD2.

METHODS

Whole-Genome DNA and RNA Sequencing

Whole-blood samples were collected and total genomic DNA was extracted from each sample using DNeasy Blood & Tissue Kit (QIAGEN). Whole-genome libraries were prepared using TruSeq DNA Nano kit (Illumina), and samples were sequenced to an average depth of 30× using Illumina HiSeq X to produce 150-bp-length reads. For RNA sequencing, total
RNA extraction was carried out for each sample using the RNeasy Mini Kit (QIAGEN). After library preparation, samples were sequenced using Illumina HiSeq X.

**Bioinformatic Analysis**

After DNA sequencing, raw reads were aligned to GRCh37 reference genome using the standard settings of BWA kit v0.7.15 (Li and Durbin 2009). Pre- and post-alignment genotype quality checks were performed to ensure high sample quality. For variant calling, we developed a combinatorial approach (M Kohailan W Aamer, N Syed, et al., unpubl.) to filter for de novo variants. Briefly, we used FreeBayes v1.1.0 (Garrison and Marth 2012), VarScan v2.3.9 (Koboldt et al. 2012), and RUFUS v1.0 (Farrell 2014) for the initial variant calling. Then, we combined the variants from all tools and applied more stringent filtration thresholds for variants unique to each tool. As a final step, we annotated variants using Snpeff 4.3T (Cingolani et al. 2012) and filtered out variants with an allele frequency of >0.1% in different databases (Zeller et al. 2010; Scott et al. 2016; GenomeAsia 2019; Fairley et al. 2020; Karczewski et al. 2021; Mbarek et al. 2021; Taliun et al. 2021). Raw reads were visualized with IGV software v2.9.4 (Robinson et al. 2011). For RNA sequencing, the differential gene expression analysis was performed using the R package DESeq2 v1.24 (Love et al. 2014).

**Sanger Sequencing**

The isolated DNA samples were used to amplify a 113-bp DNA sequence flanking the variant site using the Hot StarTaq Master Mix Kit (QIAGEN). Primer sequences were as follows: forward (5′-TCAGAATCAAGCTCTGGTCCAA-3′) and reverse (5′-AGGCCTTGATTACCTTGTCAGA-3′). After polymerase chain reaction (PCR) product purification with ExoSAP (Applied Biosystems), chain-termination and labeling reactions were performed using BigDye v3.1 Cycle sequencing kit (Life Technologies). Another product purification step was done using DyeEx plates (QIAGEN). Reactions were then loaded into the ABI 3500xl genetic analyzer (Life Technologies) to read the amplicon sequence.

**ADDITIONAL INFORMATION**

**Data Deposition and Access**

The variant was deposited in ClinVar (https://www.ncbi.nlm.nih.gov/clinvar/) under the accession number SCV002499764. The genomic sequence data we examined cannot be deposited because of institutional review board (IRB) restrictions and patient privacy.

**Ethics Statement**

The family (including proband, unaffected sister, and both parents) was enrolled for research by written informed consent, under IRB protocol IRB#1610004943 at Sidra Medicine.

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**Author Contributions**

A.K. diagnosed the patient; O.A. and A.A.A. recruited the patient to research; N.E. and W.A. processed the sample; S.P. performed the wet-lab validation; M.K. performed the bioinformatic analyses; and M.K. and K.F. wrote and submitted the manuscript.
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