Solar Neutrinos as a Signal and Background in Direct-Detection Experiments
Searching for Sub-GeV Dark Matter With Electron Recoils

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Direct-detection experiments sensitive to low-energy electron recoils from sub-GeV dark matter interactions will also be sensitive to solar neutrinos via coherent neutrino-nucleus scattering (CNS), since the recoiling nucleus can produce a small ionization signal. Solar neutrinos constitute both an interesting signal in their own right and a potential background to a dark matter search that cannot be controlled or reduced by improved shielding, material purification and handling, or improved detector design. We explore these two possibilities in detail for semiconductor (silicon and germanium) and xenon targets, considering several possibilities for the unmeasured ionization efficiency at low energies. For dark-matter-electron-scattering searches, neutrinos start being an important background for exposures larger than $\sim 1$–10 kg-years in silicon and germanium, and for exposures larger than $\sim 0.1$–1 kg-year in xenon. For the absorption of bosonic dark matter (dark photons and axion-like particles) by electrons, neutrinos are most relevant for masses below $\sim 1$ keV and again slightly more important in xenon. Treating the neutrinos as a signal, we find that the CNS of $^8\text{B}$ neutrinos can be observed with $\sim 2\sigma$ significance with exposures of $\sim 2, 7,$ and 20 kg-years in xenon, germanium, and silicon, respectively, assuming there are no other backgrounds. We give an example for how this would constrain non-standard neutrino interactions. Neutrino components at lower energy can only be detected if the ionization efficiency is sufficiently large. In this case, observing pep neutrinos via CNS requires exposures $\gtrsim 10$–$100$ kg-years in silicon or germanium ($\sim 1000$ kg-years in xenon), and observing CNO neutrinos would require an order of magnitude more exposure. Only silicon could potentially detect $^7\text{Be}$ neutrinos. These measurements would allow for a direct measurement of the electron-neutrino survival probability over a wide energy range.

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I. INTRODUCTION

Dark matter (DM) direct-detection experiments typically search for recoiling nuclei from DM-nucleus scattering events. Upcoming experiments will soon have sufficiently low thresholds and large enough exposures to be sensitive to solar neutrinos, which can scatter coherently off nuclei. Moreover, solar neutrinos will eventually be a dominant background when probing sufficiently small DM-nucleon cross sections (this is sometimes called the “neutrino floor”). Solar neutrinos were first mentioned as a background to direct-detection experiments more than 30 years ago, and have been explored in detail since then, see e.g. [3–10].

Of increasing interest in the last few years is to expand DM searches to masses well below the GeV-scale, for which the energy of a recoiling nucleus typically falls below current detector thresholds. A particularly promising strategy is to search for DM interactions with electrons,
using various materials \[^{11}\text{[27]}\]. The resulting small ionization signals can be detected with new, low-threshold detectors \[^{20}\text{28}\], and the first generation of new experiments with exposures ~ 100-gram-years will be operating soon. For more details and reference, see \[^{29}\text{30}\].

Direct-detection experiments searching for small ionization signals will also be sensitive to solar neutrinos via coherent neutrino-nucleus scattering (CNS) \[^{11}\], since the recoiling nucleus can produce a small ionization signal\[^{4}\]. While many challenges will need to be overcome to control both radioactive and detector-specific backgrounds as exposures approach \(O(\text{kg-year})\) and increase beyond that, solar neutrinos present both an interesting signal in their own right, as well as a background (to a DM search) that cannot be controlled or reduced by improved shielding, material purification and handling, or improved detector design. We thus look ahead and analyze the prospects for detecting and understanding the properties of solar neutrinos as well as how they would eventually limit the sensitivity of direct-detection experiments sensitive only to electron recoils.

In this paper, we have \textbf{two specific aims}. First, we will calculate the \textit{neutrino backgrounds} for two semiconductor targets, silicon and germanium, as well as for xenon (in an appendix, we discuss briefly the scintillating targets NaI, CsI, and GaAs \[^{17}\]). We will discuss two distinct classes of DM models, which lead to very different electron-recoil spectra: (i) MeV-to-GeV mass DM that \textit{scatters} off electrons, for both momentum-dependent and momentum-independent DM interactions, and (ii) eV-to-keV bosonic DM, including dark photons (\(A'\)) and axion-like particles (ALPs), that are \textit{absorbed} by electrons. For both classes of DM models, we will present the exposure-dependent discovery limits assuming that the only background is from solar neutrinos. Since a significant uncertainty in estimating the solar neutrino background is how much ionization is generated by low-energy nuclear recoils, \(E_{\text{NR}} \lesssim 1 \text{ keV}\), we present our results under different assumptions for the low-energy ionization efficiency.

Our \textbf{second} specific aim is to treat the \textit{neutrinos as the signal} and analyze how well future direct-detection experiments can measure some of the solar-neutrino components via CNS. (Only the CNS of laboratory-produced neutrinos have been detected recently, by the COHERENT collaboration \[^{34}\].) There are two main process chains that produce neutrinos, the proton-proton and the Carbon-Nitrogen-Oxygen (CNO) cycles. The former produces the pp, pep, hep, \(^{8}\text{B}\), and \(^{7}\text{Be}\) neutrino components, which have all been measured through (non-coherent) \(\nu\)-electron scattering \[^{35}\text{42}\], while the latter produces the \(^{13}\text{N}\), \(^{15}\text{O}\), and \(^{17}\text{F}\) components, which have not yet been measured; see Fig. 1 and Table I. We will investigate how well future direct-detection experiments sensitive to electron recoils could measure the CNS scattering of \(^{8}\text{B}\), pep, and \(^{7}\text{Be}\) components, which dominate in different parts of the neutrino energy spectrum, as well as the (subdominant) CNO-cycle components. Fig. 1 shows the neutrino-energy thresholds for seeing at least 1, 2, or 3 electrons in silicon, germanium, and xenon, under different assumptions of the ionization efficiency.

Measurements of these neutrino components are interesting for several reasons. First, direct-detection experiments could measure the \(^{8}\text{B}\) spectrum and (depending on the ionization efficiencies in silicon, germanium, and xenon) also probe lower energies than existing SNO measurements (SNO detects \(^{8}\text{B}\) neutrinos via CNS that break apart a deuteron via neutral-current, inelastic scattering; there was no spectral information \[^{36}\]). Combining this with existing Borexino measurements of \(^{8}\text{B}\) neutrinos scattering elastically off electrons, which only probes the electron-neutrino component of the solar flux, the electron-neutrino survival probability can be directly measured as a function of energy. In particular, this could yield a first measurement of the survival probability in the transition region between where vacuum oscillations dominate at low energies to where the matter

\[^{1}\text{Solar neutrinos can also scatter directly off electrons, but the resulting electron recoils are typically at much higher energies than the electron recoil energies of interest from DM \[^{14}\]. We will include them in our analysis below, but they are subdominant.}

\[^{2}\text{Experiments that are able to distinguish low-energy electron recoils from nuclear recoils will be able to distinguish coherent solar-neutrino scattering from DM-electron scattering; we do not consider this possibility here. Also, see \[^{31}\] for a discussion of the neutrino backgrounds for low-threshold nuclear recoil searches.}
(MSW [43–45]) effect dominates at high energies. In addition, detecting 7Be and pep neutrinos at lower energies would directly measure the survival probability in the vacuum-oscillation-dominant region. Besides being a welcome test of our current understanding of solar neutrinos, this would also strongly constrain any non-standard neutrino interactions (NSI), see e.g. [46–48], and we will provide one specific example in this paper. Moreover, these measurements would probe for other new physics beyond the Standard Model (SM), including a neutrino magnetic moment [49, 50] and sterile neutrinos.

Second, measuring the solar neutrino fluxes produced by the CNO cycle would inform us of the Sun’s metallicity (i.e., the abundance of elements heavier than helium), and a precise measurement could help solve the solar metallicity problem (also called the “solar abundance” problem) [32, 41, 51–53]. This problem arose about a decade ago when new measurements of the solar surface revealed the elements C, N, and O to be less abundant than predicted previously by standard solar models. Standard solar models can account for these lower abundances, but only at the cost of becoming incompatible with helioseismic data [54, 55]. We study therefore how well the CNO fluxes could be measured in future.

The outline of the paper is as follows. Sec. II calculates the neutrino signal, assuming various ionization efficiencies. In Sec. III, we briefly review DM-electron scattering and absorption. In Sec. IV, we describe the log-likelihood analysis with which we compare the electron recoil spectra from DM absorption or scattering with the electron recoil spectra from CNS. We also describe our analysis procedure for detecting the CNS of 8B, pep, 7Be(a), and CNO neutrinos. We present our results for neutrinos as a background and signal in Sec. V and Sec. VI, respectively, and in Sec. VII we show constraints on some NSI parameters assuming a detection of 8B in xenon. We conclude in Sec. VII, Appendix A presents the CNS rates for several scintillating targets, while Appendix B shows results assuming an experimental energy threshold of 2 electrons for DM-electron scattering.

II. THE IONIZATION SIGNAL FROM SOLAR NEUTRINO-NUCLEUS SCATTERING

A. Neutrino flux

The neutrino flux observed on Earth is composed primarily of solar, atmospheric, and diffuse supernova neutrinos. For low-mass DM, we are interested in neutrino energies <10 MeV, where the solar neutrino flux dominates over the atmospheric and diffuse supernova neutrino fluxes, see Fig. [4]. Hence, in this work we will only consider the contribution of solar neutrinos as a background. We use the fluxes given by the high-metallicity solar neutrino model BS05(OP), together with their respective uncertainties [32, 33], see Table I. The neutrinos must have sufficient energy to produce an ionization signal consisting of at least 1 electron. In Fig. I the flux components that contribute non-negligibly to the DM background are shown in color, while the others are shown in gray only for completeness.

B. Coherent neutrino scattering

The differential cross section for coherent neutrino-nucleus scattering for a nucleus of mass $m_N$ is given by

$$\frac{d\sigma}{dE_{\text{NR}}} = \frac{G_F^2}{4\pi} Q_w^2 m_N \left(1 - \frac{m_N E_{\text{NR}}}{2E_{\nu}}\right) F^2(E_{\text{NR}}),$$

(1)

where $E_{\text{NR}}$ is the nuclear recoil energy, $E_\nu$ is the neutrino energy, $G_F$ is the Fermi constant, $Q_w = N - Z(1 - 4\sin^2 \theta_w)$ is the weak nuclear hypercharge for N neutrons and Z protons, $\theta_w$ is the weak mixing angle, and $F(E_{\text{NR}})$ is the standard Helm form factor [56]. In the coherent elastic scattering case, the recoil energies $E_{\text{NR}}$ are low and $F(E_{\text{NR}}) \approx 1$. The minimum neutrino energy $E_{\nu}^{\text{min}}$ that produces a recoil energy $E_{\text{NR}}$ is given by

$$E_{\nu}^{\text{min}} = \sqrt{\frac{m_N E_{\text{NR}}}{2}}.$$

(2)

3 Scintillating targets, such as GaAs, are potentially excellent target materials for sub-GeV DM-electron scattering experiments. However, the lack of low-energy data on the ionization efficiency results in large uncertainties in the conversion from nuclear to electron recoil energy. A more detailed analysis of the solar neutrino signal in these targets is thus beyond the scope of this work.

4 Other high-metallicity models, such as the GS98-SFI1 model [51], have similar fluxes and would thus yield similar results. Low-metallicity models mainly predict lower CNO fluxes, and would affect some of our results in Sec. VI.

TABLE I. Solar neutrino fluxes and their respective uncertainties (in parentheses) from the BS05(OP) solar neutrino model [32, 33].

| Solar neutrino component | Flux [cm$^{-2}$s$^{-1}$] |
|-------------------------|-------------------------|
| pp : $p + p \rightarrow ^2\text{H} + e^+ + \nu_e$ | $5.99 \times 10^{10}$ (0.7%) |
| pep: $p + e^- \rightarrow ^2\text{H} + \nu_e$ | $1.42 \times 10^8$ (1.3%) |
| 7Be(a) : $^7\text{Be} + e^- \rightarrow ^7\text{Li} + \nu_e$ | $4.34 \times 10^9$ (5.3%) |
| 7Be(b) : $^7\text{Be} + e^- \rightarrow ^7\text{Li} + \nu_e$ | $4.99 \times 10^9$ (5.3%) |
| 8B : $^8\text{Be} \rightarrow ^8\text{Be} + e^+ + \nu_e$ | $5.69 \times 10^8$ (11.6%) |
| hep: $^3\text{He} + p \rightarrow ^4\text{He} + e^+ + \nu_e$ | $7.93 \times 10^9$ (2.0%) |
| 13N : $^{13}\text{N} \rightarrow ^{13}\text{C} + e^+ + \nu_e$ | $3.07 \times 10^7$ (26.2%) |
| 15O : $^{15}\text{O} \rightarrow ^{15}\text{N} + e^+ + \nu_e$ | $2.33 \times 10^6$ (26.2%) |
| 17F : $^{17}\text{F} \rightarrow ^{17}\text{O} + e^+ + \nu_e$ | $5.84 \times 10^6$ (48.3%) |
The differential scattering rate for a detector of mass $M$ and exposure time $T$ is then given by

$$\frac{dR}{dE_{NR}} = N_T M T \frac{d\sigma}{dE_{NR}} \frac{dN_\nu}{dE_\nu},$$

where $N_T$ is the number of target nuclei per unit mass and $\frac{dN_\nu}{dE_\nu}$ is the neutrino flux. Fig. 3 shows the rate of neutrino-nucleus scattering events expected per kg-year as a function of nuclear recoil energy in silicon, germanium, and xenon, respectively. The three vertical lines labelled “High”, “Fiducial”, and “Low” indicate the minimum nuclear recoil energy that will lead to an ionization signal under different ionization efficiencies, which are significant uncertainties in the ionization efficiency. We thus show our results for three different ionization efficiencies, which we expect to span a reasonable range that likely includes the true ionization efficiency. We refer to the three efficiencies as “high”, “fiducial”, and “low”, depending on whether a given nuclear recoil yields a large, medium, or low amount of charge, and denote them with $Y_{\text{high}}$, $Y_{\text{fid}}$, and $Y_{\text{low}}$, respectively.

In the following two subsections, we discuss our treatment of the semiconductors (silicon and germanium) and xenon targets, respectively.

1. Ionization efficiencies for semiconductors

The ionization energy $E_e$ produced when a nucleus recoils with energy $E_{NR}$ is given by

$$E_e = Y E_{NR},$$

where $Y$ is the quenching factor, which depends on $E_{NR}$ as well as the detector material. At high energies, the quenching factor can be theoretically estimated by the Lindhard model \cite{69},

$$Y_{\text{Lindhard}}(E_{NR}) = \frac{kg(\epsilon)}{1 + kg(\epsilon)},$$

$$g(\epsilon) = 3\epsilon^{0.15} + 0.7\epsilon^{0.6} + \epsilon,$$

$$\epsilon = 11.5Z^{-7/3}E_{NR},$$

where $Z$ is the atomic number of the recoiling nucleus and $E_{NR}$ is given in keV. The original description by Lindhard sets $k = 0.133Z^{2/3}A^{-1/2}$, where $A$ is the mass number of the nucleus. However, experimental data give a range of values for $k$, which is therefore usually treated as a free parameter.

For germanium, the Lindhard model with $k$ between 0.1 and 0.2 is consistent with the data \cite{69,70}. Ref. \cite{71} showed that $k = 0.2$ provides a good fit to the quenching data for $E_{NR} \sim 1 - 10$ keV \cite{72}, while $k = 0.1$ provides a good fit for $E_{NR} \gtrsim 500$ keV. Since we are interested in low energies, $E_{NR} \sim$ eV–keV, we set $k = 0.2$. In Fig. 3 (right), we show the experimental data, which is only available for $E_{NR} \gtrsim 250$ eV \cite{62,66}, corresponding to $E_e \gtrsim 50$ eV. However, sub-GeV DM scattering peaks at $E_e \sim$ few eV \cite{14}, and so we must extrapolate the Lindhard model to lower energies. For our “fiducial” model, we smoothly extrapolate the Lindhard model with $k = 0.2$ to a cutoff of $E_{NR} = 40$ eV, which is approximately 2–3 times the minimum energy required to dislocate the germanium atom from the lattice site \cite{73}.
TABLE II. Analytic expressions for the quenching factor for the high, fiducial, and low ionization efficiency models to convert between nuclear recoil energy $E_{NR}$ and ionization energy $E_e$, as seen in Fig. 3 in silicon and germanium.

| $E_{NR}$ [eV] | quenching $Y(E_{NR})$ | high | $0-15$ | $15-250$ | $0.18 \left[ 1 - e^{-E_{NR}/71.3} \right]$ | $> 250$ | $Y_{\text{Lindhard}}(E_{NR})$ |
|-----------------|--------------------------|------|--------|----------|---------------------------------|--------|--------------------------|
| silicon         |                          | fiducial | $0-40$ | $40-675$ | $1.49 \times 10^{-3} E_{NR}^{0.65} - 0.01$ | $> 675$ | empirical fit of DAMIC data |
|                 |                          | low   | $0-300$ | $> 300$  | $E_{NR}^{-1}(0.20E_{NR} - 78.37)$ | $E_{NR}^{-1}(0.01E_{NR} - 5.15)$ |
| germanium       |                          | high  | $0-15$  | $15 - 254$ | $0.18 \left[ 1 - e^{-E_{NR}/71.03} \right]$ | $> 254$ | $Y_{\text{Lindhard}}(E_{NR})$ |
|                 |                          | fiducial | $0-40$  | $40 - 254$ | $0.18 \left[ 1 - e^{-E_{NR}/60.9} \right]$ | $> 254$ | $Y_{\text{Lindhard}}(E_{NR})$ |
|                 |                          | low   | $0-90$  | $90 - 254$ | $0.18 \left[ 1 - e^{-E_{NR}/42.42} \right]$ | $> 254$ | $Y_{\text{Lindhard}}(E_{NR})$ |

In order to estimate the systematic uncertainty in the neutrino backgrounds, we also define a “high” ionization efficiency model that has a cutoff of $E_{NR} = 15$ eV and a “low” ionization efficiency model that has a cutoff of $E_{NR} = 90$ eV. In the latter case, only neutrinos from $B^0$ and hep contribute, see Fig. 2. The three ionization efficiencies are shown in Fig. 3 (right), while analytical expressions are given in Table II.

For silicon, previous data above $E_{NR} = 3$ keV is fit well with the Lindhard model with $k = 0.15$. However, recent data from the DAMIC collaboration, which spanned the energy range $0.68 - 2.28$ keV (see Fig. 3 (left)), was not consistent with Lindhard. Since we are interested in lower energies than the data, we have to extrapolate. For our “fiducial” model, we extrapolate the DAMIC data as was done by the SuperCDMS collaboration in [74]. This leads to a 40 eV nuclear recoil energy cut-off, which is approximately 2–3 times the minimum energy required to dislocate the silicon atom from the lattice site [73]. For our “low” ionization efficiency model, we follow the DAMIC collaboration [73] in extrapolating their data linearly in $E_e$ vs $E_{NR}$, which gives a cut-off below which $Y = 0$ of $E_{NR} = 300$ eV. For our “high” ionization efficiency model, we extrapolate Lindhard with $k = 0.15$ to lower energies, with a 15 eV nuclear recoil energy cut-off. Although this model lies above the DAMIC data points, the energy range of interest for sub-GeV DM scattering is below a few hundred eV. Since there is no experimental data below 0.68 keV, the “high” ionization-efficiency model is a possible model at these lower energies and offers a reasonable upper bound to the neutrino background. The three ionization efficiencies are shown in Fig. 3 (left), while analytical expressions are given in Table II.

We next use these efficiencies to calculate the ionization event rates in silicon and germanium as follows. For a given model defined by a quenching function $Y(E_{NR})$, the differential electron ionization energy is

$$dE_e = Y(E_{NR}) dE_{NR} + E_{NR} \frac{dY(E_{NR})}{dE_{NR}} dE_{NR}. \quad (8)$$

Let $R_N$ denote the rate of scattering on nuclei and $R_e$
FIG. 4. Ionization spectra (number of events versus number of electrons) produced by solar neutrinos scattering coherently off nuclei normalized to 1 kg-year, in silicon (top) and germanium (bottom). The left plots assume the fiducial ionization-efficiency model, with the black line showing the total number of events and the colored lines showing the various components. The middle and right plots show the total neutrino flux assuming the low (blue), fiducial (black), and high (red) ionization-efficiency models. For illustration, we include the DM-scattering spectra for $m_\chi = 0.5$ MeV (purple, dashed), 10 MeV (orange, dashed), and 1 GeV (green, dashed) in the middle panels, as well as the DM-absorption spectrum for $m_\chi = 200$ eV (red, dotted) in the right panels. To normalize the DM spectra, we set the DM-electron scattering cross section ($\sigma_e$) to the 90% confidence-level limit assuming no background and an exposure of 1 kg-year. For DM-electron scattering, only the first few bins are relevant, while for DM absorption, the signal shape is modeled by Gaussian centered around the mass (i.e. 200 eV in the right panel) minus the binding energy. See text for more details.

the rate at which we observe ionized electrons. The differential rate of ionization events is given by,

$$dR_e = \frac{dR_N}{dE_{NR}} \times dE_{NR}.$$ \hspace{1cm} (9)

Now, dividing Eq. (9) by Eq. (8), we find

$$\frac{dR_e}{dE_e} = \frac{dR_N}{dE_{NR}} \times \frac{1}{(Y(E_{NR}) + E_{NR} \frac{dY(E_{NR})}{dE_{NR}})}.$$ \hspace{1cm} (10)

Starting from the band-gap energy as the minimum energy needed to produce at least one electron-hole pair (0.67 eV in germanium and 1.1 eV in silicon \cite{76, 77}), we can now integrate the differential rate in intervals of the average energy required to produce an electron-hole pair (2.9 eV in germanium and 3.6 eV in silicon \cite{76, 77}). Fig. [4] shows the resulting solar-neutrino rate binned into

the observed number of electrons, $n_e$, assuming an exposure of 1 kg-year for each ionization efficiency.

For the case of xenon, we use the model in \cite{79}, which gives an average number of electrons produced as a function of $E_{NR}$. This model fits the charge-yield data obtained by LUX \cite{78} at an electric field of 181 V/cm, see Fig. \ref{fig:charge_yield}. The charge yield, $Q_y$, which is defined as the number of electrons ionized per eV of nuclear recoil energy in
of 550 eV. For each model, \( Q \) and for a “low” ionization efficiency, we consider a cut-off close to the ionization energy for xenon of 12.1 eV \([80]\), ionization efficiency, we assume a cut-off of 12 eV (this is in the energy region 300−700 eV, which is the lowest available data \([78]\). We again consider a smooth exponential extrapolation of the model “fiducial” model, we assume a cut-off of 300 eV and consider three extrapolations to lower energies. For our xenon, \( Q \) here refers to the charge yield model described in Eq. \([11]\).

\[
Q_y = \frac{Y}{W_i} \times \exp \left[ -\ln 2 \left( t_{pa} + \alpha (\ln E_{NR}) + \beta (\ln E_{NR})^2 \right) \right]. \tag{11}
\]

where \( Y \) is the Lindhard quenching factor described in Eq. \([5]\), the average recombination time is \( t_{el} = 15 \text{ ns} \), the parent recombination time is \( t_{pa} = 1.5 \text{ ns} \), \( \alpha = 3.617 \text{ ns} \), and \( \beta = 1.313 \text{ ns} \) \([79]\). The average energy expended per electron-hole pair, \( W_i \), is given by \([79]\),

\[
W_i = 14.94 + 8.35 \times \frac{N_{ex}}{N_i}, \tag{12}
\]

where \( N_{ex}/N_i \) is the ratio of excited to ionized atoms,

\[
\frac{N_{ex}}{N_i} = \frac{1 - \exp (-I/E_c)}{3 + \exp (-I/E_c)}. \tag{13}
\]

The mean ionization potential for xenon is \( I = 555.57 \text{ eV} \) and \( E_c = Y \times E_{NR} \) is the electron-equivalent recoil energy given by the Lindhard quenching of the nuclear recoil energy.

The observed charge yield is 6 electrons for \( E_{NR} \approx 700 \text{ eV} \), which is the lowest available data \([78]\). We again define three extrapolations to lower energies. For our “fiducial” model, we assume a cut-off of 300 eV and consider a smooth exponential extrapolation of the model in the energy region 300−450 eV. To model a “high” ionization efficiency, we assume a cut-off of 12 eV (this is close to the ionization energy for xenon of 12.1 eV \([80]\)), and for a “low” ionization efficiency, we consider a cut-off of 550 eV. For each model, \( Q_y \times E_{NR} \) gives the average number of electrons \( n_e \) as a function of \( E_{NR} \). The functional forms for the three conversion schemes are shown in Fig. \([5]\) and their analytic form is given in Table \([III]\). Given a conversion model defined by \( n_i(E_{NR}) \), the CNS events between \( E_{NR}^{min} \) and \( E_{NR}^{max} \) can be translated into the number of events observed \( n_i \) in the \( i \)-th electron-bin using Poisson statistics as

\[
n_i = \int_{E_{NR}^{min}}^{E_{NR}^{max}} \frac{dR}{dE_{NR}} \times \exp \left(-n_e(E_{NR}) \right) \frac{n_i(E_{NR})}{i!} dE_{NR}. \tag{15}
\]

Fig. \([6]\) shows the resulting CNS background, together with several DM signal shapes.

### III. DARK MATTER SIGNAL

#### A. Dark Matter-Electron Scattering

For DM-electron scattering, the minimum DM mass that can be probed is found by requiring the DM kinetic energy to be larger than the band gap or binding energy. For semiconductors, we use the DM spectra and rates from \([14]\) (publicly available at \([81]\)), while for xenon we use \([19]\). Moreover, we follow \([11, 14]\) in parameterizing the DM-electron scattering cross section, which we review now briefly. First, we define the matrix element for the elastic scattering of a DM particle off a free electron as

\[
|\mathcal{M}|^2 = |\mathcal{M}_{\text{free}}(q)|^2 \times |F_{DM}(q)|^2, \tag{16}
\]

where \( m_\chi \) is the DM mass, \(|\mathcal{M}|^2\) is the absolute square of \( \mathcal{M} \), averaged over initial and summed over final particle spins, and the DM form factor, \( F_{DM}(q) \), gives the momentum-transfer dependence of the interaction.
Second, we define a reference cross-section at a fixed momentum-transfer of $q = \alpha m_e$ as

$$\sigma_e = \frac{\mu_{\omega}^2 M_{\text{DM}}(\alpha m_e)^2}{16 \pi m_{\chi}^2 m_e^2},$$  \(17\)

which parameterizes the strength of the interaction. For the case of $F_{\text{DM}}(q) = 1$, $\sigma_e$ is equal to the cross section for free elastic scattering. We present our results in the $\sigma_e$ versus $m_{\chi}$ parameter space, and will consider two DM form factors, $F_{\text{DM}} = 1$ and $F_{\text{DM}} = (\alpha m_e/q)^2$. Figs. 4 and 6 show a few examples of the DM signal shapes.

\section*{B. Dark Matter Absorption by Electrons}

For the absorption of bosonic DM by electrons, we consider two DM candidates, ALPs and $A'$. Since the entire rest mass energy of the DM is absorbed and the DM has a negligible kinetic energy, the minimum DM mass that can be probed is given by the band gap or binding energy. We consider DM masses up to 1.5 keV for the semiconductors and 0.5 keV for xenon. We take the DM-electron scattering cross section in the free elastic scattering. We present our results in the $\sigma_e$ versus $m_{\chi}$ parameter space, and will consider two DM form factors, $F_{\text{DM}} = 1$ and $F_{\text{DM}} = (\alpha m_e/q)^2$. Figs. 4 and 6 show a few examples of the DM signal shapes.

$$\sigma = \epsilon_e \sqrt{F(Q(E_e))},$$  \(18\)

where $\epsilon_e$ is the average energy to ionize an electron in the semiconductor (i.e., 2.9 eV for germanium, 3.6 eV for silicon \[76, 77\], and 13.8 eV for xenon \[82\]), $F$ is the Fano factor (about 0.13 for both silicon and germanium \[83\] and 0.059 for xenon \[80\]), and $Q(E_e)$ is the mean expected number of ionized electrons. For our sensitivity estimates, we add the electron bins that are encompassed by the central $2\sigma$ of the gaussian signal (i.e., $\pm 1\sigma$, or 68% of the total).

\subsection*{Electron ionization from ALPs.}

ALPs are pseudoscalars whose interactions with electrons are given by the following effective Lagrangian,

$$\mathcal{L}_a = \frac{1}{2} \partial_\mu a \partial^\mu a - \frac{1}{2} m_{a}^2 a^2 + ig_a e a \gamma_5 e,$$  \(19\)

where $m_a$ is the ALP mass and $g_{aee}$ parameterizes the ALP-electron interaction strength. Since $g_{aee}$ thus also determines the absorption rates \[26\], we present our results in the $\sigma_{aee}$ versus $m_a$ parameter space.

\subsection*{Electron ionization from $A'$.}

The $A'$ is a massive gauge vector boson corresponding to a broken dark gauge group $U(1)_D$ that kinetically mixes with the SM $U(1)$ hypercharge. The relevant part of the low-energy Lagrangian after electroweak symmetry breaking is

$$\mathcal{L}_{A'} = -\frac{1}{4} F_{\mu
u}' F'^{\mu
u} - \frac{\epsilon}{2} F_{\mu
u} F'^{\mu
u} + \frac{1}{2} m^2_{A'} A'_\mu A'^\mu,$$  \(20\)

where $F'_{\mu
u}$ is the field strength of the dark photon, $F^{\mu\nu}$ is the field strength of SM photon, $m_{A'}$ is the mass of the dark photon, and $\epsilon$ is the kinetic mixing parameter. Here $\epsilon$ determines the absorption rates \[26\], and we thus present our results in the $\epsilon$ versus $m_{A'}$ parameter space.

\section*{IV. ANALYSIS}

In this section, we describe our calculations to determine the DM scattering rates (parameterized in terms
of $\sigma_e$) or absorption rates (parameterized by the couplings $g_{aee}$ or $e$) for which the DM signal becomes statistically indistinguishable from the solar neutrino background. For a given DM mass, this depends on the detector threshold (measured in terms of number of electrons) and exposure. We also describe our calculations to determine the sensitivity to solar neutrinos, treating them as the signal of interest.

For DM-electron scattering, we perform a hypothesis test using a binned log-likelihood analysis to compute the discovery potential following the method described in [85]. For a given detector exposure, threshold, and DM mass, the likelihood function is

$$L(\sigma_{xe}, \phi) = e^{-\left(\mu_x + \sum_{j=1}^{n_x} \mu_{xj}^{c}(\phi)\right)} \times \prod_{j=1}^{n_x} L(\phi_j) \times \prod_{i=1}^{N} \left[ \mu_{x} f_{x}(n_i) + \sum_{j=1}^{n_x} \mu_{xj}^{c} f_{j}^{c}(n_i) \right],$$

where $\sigma_{xe}$ and $\phi$ are nuisance parameters corresponding to the DM-electron scattering cross section and neutrino fluxes, respectively. $\mu_x = \mu_x(\sigma_{xe})$ is the expected number of DM events, $\mu_{xj}^{c}(\phi)$ is the expected number of neutrino events for the $j$-th solar-neutrino component, $n_i$ is the bin number (number of electrons) for the $i$-th event, $N$ is the total number of events, and $f_{x}$ and $f_{j}^{c}$ are the distribution functions for the DM and neutrino spectra (normalized to one total event), respectively. We take the individual likelihood functions of solar neutrino source $j$, $L(\phi_j)$, to be Gaussian distributions of the flux $\phi_j$ around its mean value with relative uncertainty of the flux normalizations as listed in Table I.

To calculate the DM discovery potential in the presence of the neutrino backgrounds, we use the profile likelihood ratio

$$\lambda = \frac{L(\sigma_{xe} = 0, \hat{\phi})}{L(\hat{\sigma}_{xe}, \hat{\phi})}. \quad \text{(22)}$$

The numerator corresponds to the background-only hypothesis ($\sigma_{xe} = 0$) and is maximized for $\hat{\phi}$, while the denominator is maximized for $\hat{\sigma}_{xe}$ and $\hat{\phi}$. We define the test statistic as,

$$t = \begin{cases} -2 \ln \lambda & \hat{\sigma}_{xe} > 0 \\ 0 & \hat{\sigma}_{xe} < 0. \end{cases}$$

Using Wilks theorem [86], the distribution of $t$ follows a $\chi^2$ distribution with one degree of freedom and the significance of rejecting the background-only hypothesis is given by $\sqrt{t}$-sigma.

For each DM mass, detector threshold, exposure, and model for the ionization efficiency, we generate 200 samples of pseudodata by Poisson fluctuating the expected number of DM plus neutrino events assuming some fixed value for $\sigma_e$. For each sample, we perform a log-likelihood analysis to calculate the significance at which the background-only hypothesis can be rejected. This creates a distribution of the significance values, from which we find the significance value that is exceeded by 90% of the samples. We then vary $\sigma_e$ until the latter significance value equals $2\sigma$. The final result is a “$2\sigma$-discovery limit” for $\sigma_e$, which depends on the DM mass, threshold, and exposure. We then vary each of these. We find that a 1-electron threshold sets the best limit for almost all DM masses; however, we also present the results for a 2-electron threshold in Appendix B which may be easier to achieve in future experiments.

For DM absorption, the analysis is similar, except instead of $\sigma_e$ we now have the couplings $g_{aee}$ for ALPs or $e$ for the $A'$. We treat the signal shape as discussed in Sec. III B.

We next consider the solar neutrinos as the signal of interest (assuming no DM signal). First, coherent scatters of $^8$B neutrinos off nuclei can be detected for all three elements (silicon, germanium, xenon) for all three conversion models. This signal is free from contamination by other neutrino components for a sufficiently large threshold (one or a few electrons), depending on the ionization efficiency, and we calculate the number of events as a function of exposure for various ionization efficiencies.

Second, we consider the possibility of detecting the CNO fluxes, which can only be detected if the ionization efficiency is sufficiently high. We perform a likelihood analysis, taking the CNO fluxes as the signal, and all other solar neutrino fluxes as background. More precisely, we take the sum of $^{13}\text{N}$ and $^{15}\text{O}$ as our “CNO” signal, since the contribution of $^{17}\text{F}$ is negligible. We perform a likelihood analysis similar to the DM case above, and calculate the mean significance and fractional uncertainty of detecting the CNO flux, as a function of exposure and thresholds, in silicon, germanium, and xenon. We perform a similar calculation also for detecting the $^{7}\text{Be}_\text{a}$ and pep CNS signals.

V. RESULTS: SOLAR NEUTRINOS AS A BACKGROUND TO DARK MATTER SEARCHES WITH ELECTRON RECOILS

In the case of DM-electron scattering, the most relevant neutrino background events are those with $\leq 10$ electrons, shown in the left and middle panels of Figs. 4 and 6. We show the $2\sigma$ discovery limits (defined in Sec. IV) for silicon, germanium, and xenon targets as a function of DM mass for the exposures of 0.1, 1, 10, 100, and 1000 kg-years (indicated by different colors) in Fig. 7. The results have been optimized over all possible thresholds and assume that sensitivity to 1-electron events is possible. For most masses, a 1-electron threshold provides the best sensitivity (see Appendix B for results that assume the lowest achievable threshold is 2 electrons). The solid lines show the results for the
FIG. 7. Discovery limits for DM-electron scattering in silicon (top), germanium (middle), and xenon (bottom). The panels on the left (right) assume the scattering is mediated by a heavy (light) particle, i.e. $F_{\text{DM}} = 1$ ($F_{\text{DM}} = \alpha^2 m_\chi^2 / q^2$). Exposures of 0.1, 1, 10, 100, and 1000 kg-years are shown in purple, red, green, blue, and yellow, respectively. The solid line shows the results assuming the fiducial ionization efficiency, while the shaded bands denote the range between the high and low ionization efficiencies. The dashed lines show the background-free 90% C.L. sensitivities. The gray shaded region shows the current direct-detection limits on DM-electron scattering from [19].
fiducial ionization efficiency, $Y_{\text{fid}}$, while the edges of the shaded band surrounding each solid lines are defined by the low and high ionization efficiencies ($Y_{\text{low}}$ and $Y_{\text{high}}$). We consider two types of DM form factors, in which the DM-electron scattering proceeds through either a heavy mediator ($F_{\text{DM}} = 1$, left plots) or a light mediator ($F_{\text{DM}} = \alpha^2 m_e^2/q^2$, right plots).

The discovery limits differ for different ionization efficiencies, as can be seen in Fig. 7. $Y_{\text{high}}$ ($Y_{\text{low}}$) results in a higher (lower) number of solar neutrino background events, and hence the discovery cross section is larger (smaller). For comparison, we also include the 90% C.L. sensitivity estimates for a background-free experiment (dashed lines), corresponding to 2.3 DM events. The gray shaded regions show the current limits, derived using XENON10 and XENON100 data, from [12, 19].

In semiconductors, we see that for exposures up to 1 kg-year, the neutrino background is small and the cross section at the discovery limit corresponds to the cross section for a background-free experiment within $< \mathcal{O}(10\%)$. For large exposures the discovery limits can differ significantly from the background-free case, reaching a factor of $\sim 10$ (7, 30) for $Y_{\text{fid}}$ ($Y_{\text{low}}, Y_{\text{high}}$) for 1000 kg-years.

For xenon, solar neutrinos are already a small background for a 100 gram-year exposure, and affect the sensitivity by a factor of $\sim 3$ (8) at $m_x = 1$ GeV for a 1 (10) kg-year exposure for $F_{\text{DM}} = 1$ (the $F_{\text{DM}} \propto 1/q^2$ sensitivities are less affected because here the signal is concentrated in the first few bins, in contrast to $F_{\text{DM}}=1$, for which the signal is spread over a larger number of bins, at least for large enough DM masses). This is in sharp contrast to silicon or germanium targets, whose sensitivity is limited by neutrinos only for large exposures. One reason for this is that the CNS rate scales dominantly as the square of the number of neutrons, and is thus larger in xenon than in germanium or silicon. However, the more important reasons are that the xenon nucleus recoils with lower energy and xenon has a lower ionization efficiency, so that neutrinos near the peak of the $^8$B spectrum (which is the main neutrino background component in xenon) produce events containing only a few electrons. This coincides with the DM signal spectrum, which predominantly populates the one to a few electron bins, see Fig. 8. meanwhile, in germanium and silicon targets, the $^8$B peak produces a few hundred electrons, which is well above where the DM spectrum would dominate, while the dominant neutrino components at lower energies ($^7$Be, pep) only at most populate the 1-electron bin (depending on the ionization efficiency) and are thus easily distinguished from the DM signal.

In Fig. 8 we show the discovery limits as a function of exposure. The discovery limits scale differently depending on the exposure. For low exposures, the neutrino backgrounds are negligible, and the discovery limits scale as 1/exposure. For intermediate exposures, neutrinos are a background, but the DM signal can be distinguished from the neutrino background via its distinct spectrum; the discovery limits scale as $1/\sqrt{\text{exposure}}$. For very large exposures, the systematic uncertainties in the neutrino fluxes dominate, and it could become difficult to distinguish the DM signal from the neutrinos, especially if the spectral shapes are similar. In this case the discovery limits would saturate and remain constant as a function of the exposure. However, in our case, the discovery limits do not reach this saturation regime, at least not up to 10,000 kg-years.

In the case of DM absorption, the signal peaks at the DM mass, which we vary from the band gap/binding energy to $\sim 1$ keV. We thus need to consider also the neutrino backgrounds that yield a few hundred electron-hole pairs (right panels of Figs. 4 and 6). We show the discovery limits for ALPs and $A^+$ in silicon, germanium, and xenon as a function of DM mass for exposures of 0.1–1000 kg-years, incrementing the exposure in powers of ten.
FIG. 9. Discovery limits for the absorption of DM ALPs (left) and DM $A'$ (right) in silicon (top), germanium (middle), and xenon (right). Exposures of 0.1, 1, 10, 100, and 1000 kg-years are shown in purple, red, green, blue, and yellow, respectively. The solid line shows the results assuming the fiducial ionization efficiency, while the shaded bands denote the range between the high and low ionization efficiencies. The dashed lines show the background-free 90% C.L. sensitivities. The gray shaded region shows the current direct detection and stellar constraints [23, 26, 87, 88]. The shaded orange region in the top panels is consistent with an ALP possibly explaining the white dwarf luminosity function [89].
The colored bands reflect the uncertainty in the ionization efficiency at low masses; at high masses, the available data constrains the ionization efficiency. As for the case of DM-electron scattering, the neutrino backgrounds are larger for xenon than the semiconductor targets.

For DM absorption, we again observe a similar scaling of the discovery limits with exposure as we did for DM scattering, but with one notable difference: the scaling is prominently mass-dependent in the absorption case. As the DM mass increases, the neutrino background is dominated by the $^8$B component, which keeps decreasing as a function of energy. Searches for large DM masses therefore remain background free for large exposures.

VI. RESULTS: SOLAR NEUTRINOS AS A SIGNAL IN DARK MATTER SEARCHES WITH ELECTRON RECOILS

In this section, we treat the neutrinos as the signal and discuss how well future direct-detection experiments that are sensitive to electron recoils can detect solar neutrinos via their CNS signal.

The CNS signal from $^8$B is the easiest to detect and essentially free of backgrounds from other solar neutrino components for a sufficiently large threshold, whose value depends on the ionization efficiency. Table IV shows these thresholds for the three different ionization efficiencies, in silicon, germanium, and xenon. We also show the respective number of expected events per kg-year. Fig. 10 shows the number of expected events versus exposure with the thresholds in Table IV. We see that $^8$B neutrinos are easiest to detect in xenon. Assuming an idealized experiment free from all other (non-neutrino) backgrounds, a $2\sigma$ ($5\sigma$) observation requires an exposure of $\sim 2$ ($10$) kg-years. For example, a 10-kg target as envisioned in [29, 90] could observe the $^8$B component at $5\sigma$ after running for 1 year. In germanium (silicon), $2\sigma$ evidence requires an exposure of $\sim 7$ (24) kg-years.

Fig. 11 shows the expected significance, $\sigma$, and fractional uncertainty (standard deviation/mean) to detect the CNO flux. A detection of the CNO flux requires large exposures, and is only possible if the ionization efficiency is sufficiently large. For the high ionization-efficiency model in silicon and germanium, the CNO flux contributes to the 1 and 2-electron bins, and one could detect the CNO flux even with a 2-electron threshold (dashed lines in Fig. 11). In contrast, for the other efficiency models, the CNO flux only contributes to the 1-electron bin. We also observe that detecting the CNO flux with a xenon target is more difficult than with a semiconductor target, since in xenon most of the flux produces no ionization (and does so only for $Y_{\text{high}}$) and the $^8$B neutrinos are a larger background.

Fig. 12 shows the results for the $^7$Be($\alpha$) and pep components. The $^7$Be($\alpha$) component can be detected only if the ionization efficiency is high, and then dominates in the 1-electron bin. A $5\sigma$ detection is possible with silicon for an exposure of $\sim 40$ kg-years. The pep components can be detected as well for large enough exposures if the ionization efficiency is sufficiently large.

VII. RESULTS: NON-STANDARD NEUTRINO INTERACTIONS

Non-standard neutrino interactions (NSI) between neutrinos and quarks can modify the CNS cross section. An effective Lagrangian describing non-SM interactions...
FIG. 11. Expected significance (left) and fractional uncertainty (right) for detecting CNO neutrinos. Solid (dashed) lines assume a 1-(2-)electron threshold.

FIG. 12. Expected significance (left) and fractional uncertainty (right) for detecting the pep and $^7$Be$(a)$ neutrino components.

of neutrinos with hadrons can be written as [91],

$$\mathcal{L}_{\nu-\text{Had}}^{\text{NSI}} = -\frac{G_F}{\sqrt{2}} \sum_{q=u,d} \sum_{\alpha,\beta=e,\mu,\tau} \left\{ \text{Re} \left[ V_{\alpha q} \gamma^\mu (1 - \gamma^5) \bar{\nu}_\beta \right] + \text{Im} \left[ V_{\alpha q} \gamma^\mu (1 + \gamma^5) \bar{\nu}_\beta \right] \right\} \times \epsilon_{\alpha\beta}^P \left[ \gamma_\mu (1 - \gamma^5) q \right] + \epsilon_{\alpha\beta}^R \left[ \gamma_\mu (1 + \gamma^5) q \right],$$

where NSI are parametrized by $\epsilon_{\alpha\beta}^P$ corresponding to the interaction of neutrinos with flavors $\alpha$ and $\beta$ ($\alpha, \beta = e, \mu, \tau$) with quark $q$ ($q = u, d$) of chirality $P$ ($P = L, R$). For non-universal (flavor-changing) interactions, $\alpha = \beta$ ($\alpha \neq \beta$). Assuming only non-universal interactions and neglecting the contribution of the axial hadronic current, the differential CNS cross section for neutrino flavor $\alpha$ to scatter off a nucleus is modified to

$$\left( \frac{d\sigma}{dE_{\text{ENR}}} \right)_{\nu_{\alpha A}} = \frac{G_F^2}{\pi} m_N \left( 1 - \frac{m_N E_{\text{ENR}}}{2 E_{\nu_{\alpha A}}} \right) F^2(E_{\text{ENR}}) \times \left\{ [Z g^p_\nu + 2 c_{\alpha\alpha} + g^4_{\alpha\alpha}^4] \right\},$$

\begin{align*}
\end{align*}
where \( g_V^p = (1/2 - 2\sin^2\theta_W) \), \( g_V^n = -1/2 \) are the SM contributions. Assuming \( \epsilon_{ee}^V = \epsilon_{\mu\mu}^V = \epsilon_{\tau\tau}^V = \epsilon_{\tau\mu}^V = 0 \), Eq. (24) can be written in a flavor-independent way as

\[
\left( \frac{d\sigma}{dE_{NR}} \right)_{\nu A} = \frac{G_F^2}{\pi} m_N \left( 1 - \frac{m_N E_{NR}}{2 E_\nu^2} \right) F^2(E_{NR}) \times \left\{ [Z(g_V^p + 2\alpha^V + e^D)]^2 \right. \\
\left. + N(g_V^0 + \alpha^V + 2 e^D)^2 \right\}. \tag{25}
\]

Convolving this with the total solar neutrino flux gives the modified CNS rates. Measurements of the solar neutrino fluxes by direct-detection experiments can constrain NSI parameters. As an illustration, Fig. 13 shows the 2σ confidence level allowed regions on \( \iota V \) and \( \iota D \) for a xenon target, for two exposures (10 and 100 kg-years), which could be obtained from measuring \(^8\)B neutrinos. Significant improvements over existing constraints from CHARM and COHERENT are possible.

VIII. DISCUSSION AND CONCLUSIONS

In this work, we investigated how the ionization produced when solar neutrinos scatter coherently off nuclei limits the future sensitivities of (low-threshold) DM direct-detection experiments that search for electron recoils from DM-electron interactions (we ignore all other possible backgrounds). We consider both DM-electron scattering (for different form factors), and DM absorption by electrons. We also investigated the sensitivity of such experiments to various components of the solar neutrino flux, including the \(^8\)B, \(^7\)Be, pep, and CNO components. We considered silicon, germanium, and xenon as the target material, and for each target we considered three models for the ionization efficiency, which is unknown at the low energy range of interest, a “low”, “fiducial”, and “high” ionization efficiency, see Figs. 3 and 5.

Assuming our fiducial ionization efficiency, neutrinos are expected to generate about 0.076 (0.131) events per kg-year in silicon (germanium), see Fig. 4. We can expect at least one neutrino event in 10% of the experiments for exposures of \(~1.4\) (0.8) kg-years for silicon (germanium). The corresponding exposures for the high and low ionization efficiencies are \(0.2\) (0.3) kg-years and \(9.7\) (2) kg-years. In xenon, for the fiducial conversion scheme, neutrinos generate about 1.24 events per kg-year (Fig. 5). Hence, we can expect at least one neutrino event in 10% of the experiments for exposures of \(~0.085\) kg-years. The corresponding exposures for the high and low ionization efficiencies are 0.05 kg-years and 0.16 kg-years, respectively.

For larger exposures than the ones listed above, the sensitivity to a DM search is limited by neutrinos, as shown in Fig. 7 for DM-electron scattering and Fig. 9 for DM absorption by electrons. For very large exposures, it becomes increasingly difficult to probe to lower cross sections, but note that there is no absolute neutrino “floor” beyond which no improvement is possible (Fig. 8).

Treating the neutrinos as a signal, rather than as a background to a DM search, we considered the detection of \(^8\)B, pep, \(^7\)Be, and CNO neutrinos. The required exposures to detect the CNO fluxes at a significance greater than 3σ are very large, \(~600\) kg-years in silicon, \(~210\) kg-years in germanium, and \(~7350\) kg-years in xenon (Fig. 11). Moreover, the fractional uncertainty at these exposures is quite high (\(~0.4\)), while a fractional uncertainty of 0.05 is needed to distinguish between low- and high-metallicity models [31].

In contrast, \(^8\)B neutrinos are more easily detected and an accurate measurement of the fluxes can have significant impact on our understanding of neutrinos. A 3σ observation is possible for exposures greater than \(~5\) kg-years in xenon, \(~15\) kg-years in germanium, and \(~40\) kg-years in silicon (Fig. 10), assuming our fiducial ionization efficiency. Detecting the \(^8\)B at low energies would give a first direct measurement of the electron-neutrino survival probability in the transition between the energy region dominated by vacuum oscillations to the region dominated by the MSW-effect. Moreover, it provides a window to NSI between neutrinos and quarks, which could increase the coherent scattering rates: Fig. 13 shows an example of how measuring the \(^8\)B neutrinos with a xenon target would constrain NSI parameters.

Detecting pep and \(^7\)Be neutrinos at lower energies would directly measure the survival probability in the
vacuum-oscillation-dominant region. This, however, is challenging. The pep neutrinos could be detected in silicon and germanium, but a 3σ observation requires already exposures of at least 65 (200) kg-years in germanium (silicon), assuming a high ionization efficiency, and even larger exposures in xenon (Fig. 12). The \(^7\)Be\((\alpha)\) neutrinos are detectable, but only in silicon assuming a high ionization efficiency, where a 3σ observation is possible with \(\sim 10\) kg-years (in other cases not even a single electron is produced).

In summary, direct-detection experiment sensitive to electron recoils will have both an opportunity to detect solar neutrinos via CNS, but will also eventually have to contend with them as an important background.

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Appendix A: Scintillators

The quenching factor for scintillators can be described through semi-empirical methods \cite{93}. The light yield suppression of highly ionizing particles was described by Birks \cite{94} as

\[
L(E) = \int_0^E \frac{S \, dE}{1 + kB \frac{dE}{dr}},
\]

where \(E\) is the released energy and \(S\) is the absolute scintillation factor. \(B \frac{dE}{dr}\) is the density of excitations along the track \(r\), while \(k\) is the quenching factor. The combination of \(kB\) is known as the Birks factor and is commonly treated as a single parameter.

The quenching factor for ions is defined as the ratio of the light yield of ions to that of electrons,

\[
Q_i(E) = \frac{L_i(E)}{L_e(E)} = \frac{\int_0^E \frac{dE}{1 + kB \frac{dE}{dr}}}{\int_0^E \frac{dE}{1 + kB \frac{dE}{dr}}}.
\]

One sees that the factor of \(S\) cancels in the ratio and that the quenching factor depends only on the Birks factor \(kB\). The value of the Birks factor for different materials is determined empirically, and depends on the experimental conditions. Importantly, the Birks factor varies with energy, especially at low energies. However, given the lack of low-energy data for GaAs and NaI, we will not investigate in detail the neutrino signals in these materials. Instead, we only show the neutrino-nucleus scattering rates for GaAs and NaI targets in Fig. 14.

Appendix B: Discovery Limits for Two-Electron Thresholds

We show the discovery limits assuming a threshold of 2-electrons in semiconductors and xenon in Fig. 15. We present the results for our three different ionization efficiencies for each material, as well as two DM form factors. For comparison, we show the curves for a 1-electron threshold using the fiducial conversion scheme. We see that the 2-electron and 1-electron thresholds are similar, except the former of course has a slightly higher mass threshold.
FIG. 15. Discovery limits for DM-electron scattering in silicon (top), germanium (middle), and xenon (bottom) assuming a 2-electron threshold. The panels on the left (right) assume the scattering is mediated by a heavy (light) particle, i.e. $F_{DM} = 1$ ($F_{DM} = \alpha^2 m_e^2/q^2$). Exposures of 0.1, 1, 10, 100, and 1000 kg-years are shown in purple, red, green, blue, and yellow, respectively. The solid line shows the results assuming the fiducial ionization efficiency, while the shaded bands denote the range between the high and low ionization efficiencies. The dashed lines show the background-free 90% C.L. sensitivities. The gray shaded region shows the current direct-detection limits on DM-electron scattering from [19].
