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Comparison of SARS-CoV-2 detection from combined nasopharyngeal/oropharyngeal swab samples by a laboratory-developed real-time RT-PCR test and the Roche SARS-CoV-2 assay on a cobas 8800 instrument

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Keywords: SARS-CoV-2, Cobas, Real time PCR

Objective: Although several assays have been developed to detect SARS-CoV-2 RNA in clinical specimens, their relative performance is unknown.

Methods: The Concordance between the cobas 8800 SARS-CoV-2 and a laboratory developed (LD) reverse transcriptase-polymerase chain reaction (RT-PCR) assay was assessed on 377 combined nasopharyngeal/oropharyngeal swabs in Hanks medium.

Results: The positive and negative agreement between these assays were 99.3 % (95 % CI, 97.3–99.9) and 77.1 % (95 % CI, 67.7–84.4), respectively, for an overall agreement of 93.6 % (95 % CI, 90.7–95.7) beyond random chance (kappa of 0.82, 95 % CI, 0.75–0.85). Of the 22 samples positive by cobas SARS-CoV-2 only, 9 were positive only for ORF-1 gene and had Cycle thresholds (Ct) > 35.1, 8 were positive only for the E gene with Ct > 35.5 and 5 were positive for both targets with Ct > 33.9. Samples positive only with the cobas assay were more often positive with only one gene target (77.3 %) than samples positive in both assays (16.9 %, p < 0.0001). Ct values in the cobas SARS-CoV-2 assay were significantly higher in the 279 samples testing positive in both assays (32.9 %, 95 % CI 32.3–33.6) compared to the 22 samples with discordant results (36.6 %, 95 % CI 36.2–37.1; p = 0.0009). An excellent correlation (r² = 0.98) was obtained between Ct values of the ORF-1 and E targets in the cobas assays and a good correlation was obtained between LD RT-PCR test and cobas SARS-CoV-2 ORF-1 target (r² = 0.82).

Conclusion: Our study demonstrated an excellent concordance between a LD RT-PCR and the cobas SARS-CoV-2 tests on the 8800 platform.

1. Introduction

Since December 2019, a novel coronavirus, the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) emerged as the cause of a severe respiratory disease and is causing a worldwide pandemic. Tests based on reverse transcription-polymerase chain reaction (RT-PCR) are the most suitable mode of rapid diagnosis of acute SARS-CoV-2 infections which is essential for patient management and contact tracing [1]. Several commercial and laboratory developed (LD) assays are available but few manufacture-independent evaluations and few comparisons between assays have been published up to now [1]. Moreover, the comparison between assays is hampered by the absence of accepted gold standard test as well as our incomplete knowledge of the natural history of SARS-CoV-2 infection. Studies evaluating the concordance between assays are thus needed at this point in the pandemic.

We evaluated the concordance between the two-target cobas SARS-CoV-2 test (Roche Molecular Diagnostics, Laval, Canada) on the fully automated cobas 8800 platform authorized by Health Canada and a...
laboratory-developed (LD) standardized RT-PCR test using widely used primer set and probe [2,3] in samples submitted at the diagnostic laboratory for patient care at the Centre Hospitalier de l’Université de Montréal.

2. Materials and methods

A subset of combined nasopharyngeal/oropharyngeal swabs routinely collected in Hanks media from 377 individuals between 21 April 2020 and 11 June 2020 were transported to the laboratory the same day and tested in parallel as part of routine clinical care using the cobas SARS-CoV-2 assay and the LD RT-PCR test. Testing was requested for investigation of symptomatic individuals, follow-up of positive individuals or investigation of outbreaks or contact with a positive source. According to information provided in the request form for SARS-CoV-2 detection, 121 individuals had no symptoms, 132 were symptomatic and information was not provided for 124 individuals. Both assays had been previously validated against a panel of samples with known results including negative and positive samples from the reference laboratory of the Province of Quebec, the Laboratoire de Santé Publique du Québec (LSPQ).

The validation study and publication of results was permitted without obtaining formal written consent from patients by the Directeur des Affaires Mèdia des Universités du CHUM as part of the Urgence sanitaire de la Santé Publique du Québec, since results are published without identification of participants and as part of diagnostic purposes and assay validation.

The LD RT-PCR test developed by the LSPQ uses a standardized protocol consisting of automated RNA extraction followed by RT-PCR targeting the envelope (E) gene with widely utilized primers and probe [2]. Briefly, nucleic acid from 200 μL of specimen suspended in Hanks medium was extracted on a NucliSens® easyMAG™ instrument (BioMérieux) using the Easy Mag extraction kit as suggested by the manufacturer’s instructions. Five of the 25 μL elution volume was amplified with real-time RT-PCR using the TaqPath 1-step multiplex no ROX mastermix and E gene specific primers at 0.4 μM and 6-carboxy-fluorescein (FAM)-labeled hydrolysis probe at 0.2 μM [2]. Due to the limited availability of reagents, only one SARS-CoV-2 target was tested with the LD RT-PCR. The reaction mixture was heated at 53 °C for 10 min, at 95 °C for 2 min and then amplified for 45 cycles at 95 °C for 3 s and 60 °C for 30 s. RT-PCR was performed on a Light Cycler 480 II (Roche Molecular Systems, Laval, Canada). One negative control and one positive control were included in each batch of testing. Samples were considered positive in the presence of an amplification curve below a Ct of 40. The limit of detection of the assay was 180 viral RNA copies per mL of medium (data not shown). Samples with discrepant results between the cobas and LD assays were tested, when enough sample left was available, in the Abbott RealTime SARS-CoV-2 test on the Abbott m2000 system (Abbott Molecular Inc., Des Plaines, IL), as suggested by the manufacturer [4].

In the absence of gold standard for SARS-CoV-2 RNA detection, data was analyzed using a contingency table to assess the overall, positive and negative agreement with 95 % confidence intervals (95 % CI) calculated. The level of agreement was also assessed using kappa statistics. By definition, Kappa values above 0.75 indicate excellent agreement, values between 0.40 and 0.75 indicate fair to good agreement, and values below 0.40 represent poor agreement beyond chance [5]. A McNemar’s test was applied to assess differences between matched proportions. The distributions of Ct values between assays were compared using the non-parametric Wilcoxon pair test. Linear regression analysis was performed to compare Cycle thresholds (Ct) values between gene targets and assays. Statistical analysis was done using the Statistica software (Statsoft Inc, OK, USA).

3. Results

The results of the comparison of the cobas SARS-CoV-2 and LD RT-PCR on 377 routinely collected nasopharyngeal/oropharyngeal swabs are summarized in Table 1. The LD RT-PCR assay reported 281 samples as ‘detected’ and 96 as ‘not detected’. The cobas SARS-CoV-2 test reported 301 samples as ‘detected’ and 76 as ‘not detected’. PCR inhibition was not encountered in these specimens. The positive and negative agreement between assays between the cobas SARS-CoV-2 and the LD RT-PCR assays were 99.3 % (95 % CI, 97.3–99.9) and 77.1 % (95 % CI, 67.7–84.4), respectively. The overall percent agreement between the two tests was 93.6 %, 95 % CI 90.7–95.7. The calculated kappa coefficient of 0.82 (95 % CI, 0.75–0.85) indicated an excellent agreement between tests.

Table 1

| Detection of SARS-CoV-2 RNA in 377 nasopharyngeal-oropharyngeal samples in Hanks with cobas 8800 SARS-CoV-2 and LD RT-PCR assays. |
|--------------------------------------------------|
|                                      | cobas SARS-CoV-2 results | LD RT-PCR results | Total |
|---|---|---|---|
| Detected | 279 | 221 | 301 |
| Not detected | 2 | 74 | 76 |
| Total | 281 | 96 | 377 |

Overall agreement: 93.6 %, 95 % CI 90.7–95.7.
Kappa coefficient of 0.82, 95 % CI 0.75–0.85.

| Detected | Not detected | Total |
|---|---|---|
| 279 | 22 | 301 |
| 2 | 74 | 76 |
| 281 | 96 | 377 |

Of the 22 samples positive by cobas SARS-CoV-2 and negative by LD RT-PCR, 9 were positive only for the Orf1 gene and all had a Ct above 35.5. The later 8 samples were reported as presumptive positives as per the manufacturer’s recommendation. If these were excluded from the analysis, 74 of 88 samples were negative in the LD RT-PCR and cobas assays for a negative agreement between assays of 84.1 % (95 % CI 74.4–93.7). Moreover, samples that were found to be positive only with the cobas SARS-CoV-2 assay were more often positive only for one target [17 of the 22 (77.3 %)] than samples also positive in the LD RT-PCR assay [47 of 279 (16.9 %), p < 0.0001]. The two samples negative for both targets in the cobas SARS-CoV-2 assay yet positive in the LD RT-PCR test, had both Ct values above 35 (35.3, 35.6). Thus, discordant samples between assays all had high Ct values, suggesting a low SARS-CoV-2 load. The Ct values obtained in the cobas SARS-CoV-2 assay were significantly lower (p = 0.0009) in the 279 samples testing positive in both assays (32.9 ± 5.4 (95 % CI, 32.3–33.6), median of 34.7, range
15.4–39.1) compared to the 22 samples with discordant results between tests (36.6 ± 1.0 (95% CI, 36.2–37.1), median of 36.5, range 35.3–38.1). Of the 22 samples positive only in the cobas SARS-CoV-2 assay, 20 could be tested in the Abbott RealTime SARS-CoV-2 test: one showed inhibition, 8 were ‘detected’ with low cycle number (CN) values between 26.7 and 31.5, and 11 were ‘not detected’. Since these latter samples were weakly reactive initially in the cobas assay, had been frozen for 6–9 weeks and thawed, the 11 negative samples in the Abbott RealTime test yet initially positive in the cobas assay were retested in the cobas assay: only one out of 10 then scored positive in the cobas test. An excellent correlation ($r^2 = 0.98$, $p < 0.0001$) was obtained between $C_t$ values for SARS-CoV-2 ORF-1 target and E target in the cobas SARS-CoV-2 assays (Fig. 1). The correlation between $C_t$ values obtained in the LD RT-PCR test and cobas SARS-CoV-2 ORF-1 target for positive samples in both assays was good ($r^2 = 0.82$, data not shown).

4. Discussion

Automated assays for detection of SARS-CoV-2 RNA have the advantage over LD RT-PCR protocols of requiring minimal hands-on time thus facilitating mass screening for public health and patient management purposes. Automated assays also generate consistent results between testing sites. On the other hand, LD RT-PCR tests do not rely on availability of commercial reagents and thus offer more flexibility. They also allowed laboratories to offer diagnostic services before the availability of automated platforms. Moreover, they do not require high volume of samples to be cost effective. Despite the advantages of automated platforms, few manufacturer-independent evaluations of these assays have been reported and few comparisons between commercial assays and LD RT-PCR tests have been published up to now. The cobas 8800 instrument is a fully automated platform performing extraction, PCR amplification, signal detection and reporting of results. This assay has been shown to have good clinical performance in one report [3] and excellent linearity over seven logs of viral load [6]. There is currently no gold standard for the diagnosis of SARS-CoV-2 infection. Therefore, we assessed the agreement between the cobas SARS-CoV-2 test and a LD RT-PCR that had been validated with a provincial panel and is performed by several laboratories in the province of Quebec, although its clinical performance is unknown. The limit of detection of the LD RT-PCR assay is 300 SARS-CoV-2 RNA copies per mL of sample, as reported by the LSPQ (personal communication). The LD RT-PCR in the current report was using primers and probe described by Corman et al. against the E gene, reagents that have been confirmed to be sensitive in work comparing several primer-probe sets [2,7].

We found an excellent overall and positive agreement between assays. The negative agreement was lower because of samples positive in the cobas SARS-CoV-2 test but negative in the LD RT-PCR test. Samples yielding discordant results were tested in a third assay approved for SARS-CoV-2 diagnosis. Nearly half of these samples tested positive with the Abbott RealTime SARS-CoV-2 test. Retesting the Abbott RealTime SARS-CoV-2-negative sample in the cobas assay yielded negative results in all but one sample, suggesting loss of a SARS-CoV-2 RNA in the process of freezing and thawing and transportation of specimens. The reactivity of discordant samples was low compared to that of concordant samples, suggesting low SARS-CoV-2 viral load infections. None of these samples had $C_t$ values lower than 35. Moreover, most of the discordant samples positive in the cobas 8880 but negative in the LD RT-PCR were reactive in only one out of two targets in the automated assay. These discordances may reflect differences in primer and probe sequences, detection of several gene targets in the 8800 test, assays limit of detection or sample processing differences [2].

Our study has limitations. This evaluation was conducted on samples from individual with symptoms or during follow-up of a confirmed infection. The level of agreement in individuals without symptoms at the beginning of infection was not evaluated here. The comparison was performed at a time in the pandemic with fewer individuals with low $C_t$ results and an important proportion of specimens with high $C_t$ values indicating low viral loads (140 (45.3 %) of 301 samples positive with cobas SARS-CoV-2 had $C_t$ values >34.9). Because of the limited availability of reagents for the LD RT-PCR test, it was impossible to test in parallel all samples sent to our laboratory with both assays and impossible to test more than one gene target in the LD RT-PCR test. Only discordant samples were tested in a third assay, we could thus not calculate the performance of the cobas test with an expanded gold standard.

5. Conclusion

In conclusion, this study demonstrated an excellent agreement between the cobas SARS-CoV-2 test in the 8800 platform and a LD RT-PCR
test, although the cobas assay detected a greater number of samples with low viral load infections. Further studies comparing different platforms in parallel, as well as using clinical information will allow establishing a gold standard and determine the true performance of automated high throughput platforms.

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CRediT authorship contribution statement

Catherine-Audrey Boutin: Data curation, Formal analysis, Writing - review & editing. Simon Grandjean-Lapierre: Conceptualization, Methodology, Supervision. Annie-Claude Labbé: Formal analysis, Methodology, Review. Hugues Charest: Methodology, Review. Michel Roger: Methodology, Review. François Coutlée: Conceptualization, Formal analysis, Project administration, Writing - original draft.

Declaration of Competing Interest

The authors report no declarations of interest.

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