A Case of Liver Fibrosis with Splenomegaly after Oxaliplatin-Based Adjuvant Chemotherapy for Colon Cancer

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INTRODUCTION

Oxaliplatin-based chemotherapy regimens are currently a standard of care for the treatment of colorectal cancer in both the adjuvant treatment and metastatic disease setting. Significant improvement in outcomes have been achieved with oxaliplatin-based combination in these setting when compared with administration of 5-fluorouracil alone. The most popular regimens are those that combine fluoropyrimidines with irinotecan or oxaliplatin, including the 5-fluorouracil (5-FU) and oxaliplatin (FOLFOX) and 5-FU, oxaliplatin and irinotecan (FOLFIRI) regimens.

Increased use of chemotherapy for colorectal cancer has led to a growing awareness of potential hepatotoxicity caused by such treatment. For 5-FU, an associated with hepatic steatosis has been shown (1, 2), and sinusoidal obstruction syndrome or “blue liver syndrome” are reported to be oxaliplatin specific (3, 4). However, few reports on oxaliplatin induced liver fibrosis are found in the literature. Furthermore pathogenesis of liver fibrosis is not well known. We report a case of 45-yr-old Korean man in whom liver fibrosis with splenomegaly developed after 12 cycles of oxaliplatin based adjuvant chemotherapy for colon cancer (T4N2M0). Thorough history taking and serological examination revealed no evidence of chronic liver disease. Restaging CT scans demonstrated a good response to chemotherapy. Five month after chemotherapy, he underwent right hepatectomy due to isolated metastatic lesion. The liver parenchyma showed diffuse sinusoidal dilatation and centrilobular vein fibrosis with necrosis without steatosis. We could conclude that splenomegaly was due to perisinusoidal liver fibrosis and liver cell necrosis induced portal hypertension by oxaliplatin. In addition, to investigate the pathogenesis of liver fibrosis, immunohistochemical stains such as CD31 and α-smooth muscle actin (α-SMA) were conducted with control group. The immunohistochemical stains for CD31 and α-SMA were positive along the sinusoidal space in the patient, while negative in the control group. Chemotherapy with oxaliplatin induces liver fibrosis which should be kept in mind as a serious complication.

CASE DESCRIPTION

A 45-yr-old Korean man presented with lower abdominal pain in June, 2011. Workup revealed obstructing descending colon mass with pericolic infiltration. He had no significant past medical history. The patient also denied any previous use of alcohol and was not taking any prescription medication or herb. Result of his initial laboratory physical examination was unremarkable, and all initial laboratory values were within normal limits. Evaluation for evidence of viral infection with either hepatitis B or C was negative. The patient underwent left hemicolectomy of the primary T4N2M0 (Stage III) tumor. Surgical pathology revealed moderately differentiated adenocarcinoma of colon. He was then treated with 12 cycle of FOLFOX4 (5-fluorouracil [Day 1, 2: 400 mg/m2 + 600 mg/m2]+ oxapliplatin [Day 1: 85 mg/m2] over a 6-month period. The latter part of this treatment was complicated by persistent thrombocytopenia (lowest platelet count of 52,700/μL during chemotherapy). Restaging CT scans demonstrated a good response to treatment. But 4 month after treatment, splenomegaly was noted radiographically (Fig. 1). Gastro-esophageal varix was not observed in endoscopy, but we postulated portal hypertension from splenomegaly with enlarged splenic artery and portal vein. Five month after chemotherapy, he underwent right hepatectomy due to

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isolated metastatic lesion in S6 and S8 lobe. Platelet count ranged 100,000/μL when hepatectomy was performed. The liver parenchyma showed diffuse sinusoidal dilatation and centrilobular vein fibrosis with liver cell necrosis without steatosis. To investigate the pathogenesis of liver fibrosis, immunohistochemical stains such as CD31 and α-SMA were conducted with control group which was obtained from grossly normal autopsy liver. The immunohistochemical stains for CD31 and α-SMA were positive along the sinusoidal spaces in the patient, while negative in the control group (Fig. 2). After operation, the patient is currently being treated with systemic chemotherapy.

DISCUSSION

The cytotoxic drugs used for colorectal liver metastasis, fluorouracil, irinotecan, and oxaliplatin, are usually given as combination therapy and can exert synergistic toxicities on the liver. The molecular changes caused by these drugs are not well understood; it has been suggested an important role for oxidative stress caused by reactive oxygen species from mitochondria, as well as extramitochondrial oxidative pathways in microsome and peroxisomes.

Investigators have identified a wide spectrum of effects on the underlying liver parenchyma, ranging from mild form of steatosis to severe steatohepatitis, and veno-occlusive disease termed sinusoidal obstruction syndrome (SOS) (5-7). As the histopathologic definitions of these changes evolve, studies have identified specific patterns of hepatic injury related to the various chemotherapeutic agents. 5-Fluorouracil has been linked to development of steatosis, which is possibly mediated by excessive production of reactive oxygen species resulting in the accumulation of lipid vesicles in hepatocytes (2, 8). Oxaliplatin has been associated with sinusoidal obstruction syndrome, possibly caused by sinusoidal endothelial cell damage (4, 7).

We postulated liver fibrosis is due to oxaliplatin other than 5-fluorouracil as this case showed diffuse perisinusoidal fibrosis with necrosis without steatosis. SOS cannot be ruled out as a cause of fibrosis in this case as the initial lesion of SOS is peri-venular necrosis followed by progressive fibrotic decrease in venule caliber and sharing mechanism of fibrosis. Centrilobular perivenular fibrosis is often described in SOS. However, oxaliplatin induced bridging fibrosis or cirrhosis is rarely reported.

The predominant mechanism of liver fibrosis is related to proliferation of hepatic stellate cells and their activation into myofibroblasts. We performed immunohistologic studies to investigate the pathogenesis of liver fibrosis. The most widely used and accessible marker of myofibroblast is the de novo expression of α-SMA (9). In addition, sinusoidal endothelial cells show phenotypic difference with vascular endothelium, but they assume vascular endothelium phenotypic properties in chronic liver disease and in hepatocellular carcinoma (10). CD 31 is expressed by vascular endothelial cells and anti-CD31 has been used as a tool to identify the vascular origin of neoplasm. In current case, the immunohistochemical stains for α-SMA and CD31 were positive along the sinusoidal spaces, corresponding to the mechanism of liver fibrosis.

It has been suggested that hepatotoxicity caused by the chemotherapeutic drug may be time- and dose-dependent. Nakano et al. (11) reported an increased risk of sinusoidal dilatation with six or more cycles of oxaliplatin and Slade et al. (12) reported oxaliplatin induced hepatic sinusoidal injury and non-cirrhotic portal hypertension with ten or more cycle of oxalipla-
tin on the dosing of 85 mg/m² every 2 weeks. In our case liver fibrosis with splenomegaly developed after 12 cycles of FOLFOX regimen. In the case of preoperative chemotherapy, the optimal duration is about 4 month at most to maximize therapeutic benefit, while avoiding hepatotoxicity (13).

Considering effect of chemotherapy-associated liver injury on surgical outcome, sinusoidal injury with fibrosis and regenerative nodular hyperplasia might increase the risk of the bleeding from liver resection. A patient with chemotherapy-associated liver injury who needs major hepatic resection, the volume of the future liver remnant should be measured to minimize postoperative complication. To prevent adverse outcomes from
chemotherapy-associated liver injury, long term chemotherapy should be avoided and response to therapy assessed as a prognostic indicator of outcome. For medical therapy, glutamine or glutathione has been studied for possible treatment for oxaliplatin associated liver injury.

**DISCLOSURE**

The authors have no potential conflict of interest relevant to this article.

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