Effect of addition of nano-hydroxyapatite on physico-chemical and antibiofilm properties of calcium silicate cements

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ABSTRACT

Objective: Mineral Trioxide Aggregate (MTA) is a calcium silicate cement composed of Portland cement (PC) and bismuth oxide. Hydroxyapatite has been incorporated to enhance mechanical and biological properties of dental materials. This study evaluated physicochemical and mechanical properties and antibiofilm activity of MTA and PC associated with zirconium oxide (ZrO₂) and hydroxyapatite nanoparticles (HAn). Material and Methods: White MTA (Angelus, Brazil); PC (70%)+ZrO₂ (30%); PC (60%)+ZrO₂ (30%)+HAn (10%); PC (50%)+ZrO₂ (30%)+HAn (20%) were evaluated. The pH was assessed by a digital pH-meter and solubility by mass loss. Setting time was evaluated by using Gilmore needles. Compressive strength was analyzed by mechanical test. Samples were radiographed.

Results: There was no difference in pH levels of PC+ZrO₂, PC+ZrO₂+HAn (10%) and PC+ZrO₂+HAn (20%) (p>0.05) and these cements presented higher pH levels than MTA (p<0.05). The highest solubility was observed in PC+ZrO₂+HAn (10%) and PC+ZrO₂+HAn (20%) (p<0.05). MTA had the shortest initial setting time (p<0.05). All the materials showed radiopacity higher than 3 mmAl. PC+ZrO₂ and MTA had the highest compressive strength (p<0.05). Materials did not completely neutralize the bacterial biofilm, but the association with HAn provided greater bacterial reduction than MTA and PC+ZrO₂ (p<0.05) after the post-manipulation period of 2 days. Conclusions: The addition of HAn to PC associated with ZrO₂ harmed the compressive strength and solubility. On the other hand, HAn did not change the pH and the initial setting time, but improved the radiopacity (HAn 10%), the final setting time and the E. faecalis antibiofilm activity of the cement.

Keywords: Physicochemical analysis. Biofilms. Enterococcus faecalis. Zirconium. Nanotechnology.

INTRODUCTION

Mineral Trioxide Aggregate (MTA) is a calcium silicate cement composed of Portland cement (PC) and bismuth oxide (Bi₂O₃). MTA shows proper physicochemical properties, biocompatibility, bioactivity and antimicrobial activity. The Bi₂O₃ replacement in MTA composition has been suggested, since it interferes in the solubility, pH, and setting time. The PC association with 30% zirconium oxide (ZrO₂) exhibited radiopacity, compressive strength, setting time, water uptake, solubility and sorption comparable to ProRoot MTA. Bioactive potential have been observed for the PC/ZrO₂ association.

Hydroxyapatite have been incorporated into
root canal sealers\textsuperscript{14}, retrofilling materials\textsuperscript{4}, dental composites\textsuperscript{2} and adhesive resin systems\textsuperscript{28} to enhance the mechanical, physicochemical and biological properties of materials. Nanohydroxyapatite (HAn) is considered a biocompatible and bioactive material\textsuperscript{17} and presents osteoconductive property\textsuperscript{29}. Dasgupta, et al.\textsuperscript{17} (2013) evaluated the properties presented by micro and nanoparticles of hydroxyapatite (HAn), and observed better physical, mechanical and biological properties for the material with particle sizes of 168 nm. Therefore, the addition of HAn could be an option for improving the properties of the calcium silicate-based cements.

The aim of this study was to evaluate physicochemical, mechanical and antibiofilm properties against \textit{E. faecalis} presented by MTA and PC with ZrO\textsubscript{2} associated with different concentrations of HAn. The null hypothesis is that the addition of HAn would not improve the properties for PC associated with ZrO\textsubscript{2}.

\textbf{MATERIAL AND METHODS}

The materials and powder/liquid proportion used are described in Figure 1.

\textbf{Hydroxyapatite nanoparticle}

The HAn was produced using the coprecipitation method. Initially, two aqueous solutions were prepared: a calcium nitrate tetrahydrate solution 1M (Mallinckrodt, 99.9\%) and an ammonium phosphate anhydrous 0.6 M solution (Mallinckrodt, 99.4\%). The ammonium phosphate solution was dripped into calcium nitrate solution. The pH solution was maintained at approximately 11 with the addition of ammonium hydroxide under N2 flow. Analysis in scanning electron microscopy demonstrated that the obtained particles had a size of 200 nm.

\textbf{Setting time}

To evaluate the setting time, stainless steel rings with an internal diameter of 10 mm and thickness of 1 mm were filled with the different cements (n=6). The setting time evaluation was performed according to ISO-6876\textsuperscript{12} (2002) and ASTM\textsuperscript{7} (2007) standards, with analyses every 3 minutes during the first half hour, every 5 minutes in the first 2 hours and every 15 minutes from this time forward. To determine the initial setting time, a Gilmore needle with mass of 100±0.5 g and tip diameter of 2±0.1 mm supported on the cement surface was used until the needle could not produce indentations on the cement surface. After determining the initial setting time, measurements continued until the time of the final setting. The specimens were maintained at 37°C during the measurements. To determine the final setting time, the procedures were repeated, using a Gilmore needle with mass of 456±0.5 g and tip diameter of 1±0.1 mm.

\textbf{Compressive strength}

Specimens (n=6) were fabricated according to BSI-6039\textsuperscript{11} (1981) standards for the compressive strength test. The cements were placed into cylindrical molds with 12 mm of thickness and 6 mm in diameter. They were stored at 37°C and 100\% humidity for 3 hours, and then the samples were removed from the mold. The samples remained in the incubator for the period of 24 hours and 21 days. The compressive strength tests were performed in the test machine Emic DL2000, (EMIC Equipamentos e Sistemas de Ensaio Ltda, São José dos Pinhais, PR, Brazil) with 5 kN load cell, at 0.5 mm/minute speed. The maximum stress was recorded in MPa, using the maximum compressive force and the diameter of the cylinders (MPa=N/mm\textsuperscript{2}).

\textbf{Radiopacity}

Radiopacity analysis (n=6) was performed according to ISO-6876\textsuperscript{12} (2002) standards. Samples measuring 10 mm in diameter and 1 mm thickness were manipulated for each material and stored at 37°C and 100\% humidity for 48 hours. They were radiographed on an occlusal film (Insight – Kodak Comp, Rochester, NY, USA), next to an aluminum step wedge with a range from 2 to 16 mm thickness. Radiographs were performed using an X-ray device.

| Material | Powder:Liquid Ratio |
|----------|---------------------|
| MTA      | White MTA Angelus (MTA)* 1g: 320 µL |
| PC+ZrO\textsubscript{2} | PC**(70\%)+ZrO\textsubscript{2} (30\%) 1g: 320 µL |
| PC+ZrO\textsubscript{2}+HAn10\% | PC (60\%)+ZrO\textsubscript{2} (30\%)+HAn (10\%) 1g: 330 µL |
| PC+ZrO\textsubscript{2}+HAn20\% | PC (50\%)+ZrO\textsubscript{2} (30\%)+HAn (20\%) 1g: 340 µL |

*MTA: Angelus Soluções Odontológicas (Angelus, Londrina, Brazil)
**PC: Portland cement: CP - CPB-40 Estrutural Votoran (Votorantin Cimentos, Camargo Correa Cimentos S.A., Pedro Leopoldo, MG, Brazil)
***ZrO\textsubscript{2}: Zirconium oxide (Sigma Aldrich Corp. St. Louis, MO, USA)
****HAn: Nanoparticulated Hydroxyapatite (HAn - Nanotechnology Laboratory, Physics Institute of São Carlos, SP, Brazil)

Figure 1- Evaluated materials and powder/liquid proportions
Solubility
The solubility assay was performed according to ISO-687612 (2002) standards. Sample (n=10) dimensions were 7 mm in diameter and 1 mm thickness, and 5 cm of nylon thread was placed in the cement when the material was inserted into the mold. After 2 and 7 days, the samples were removed from the mold. After removal of residues and loose particles, the samples were placed in a silica desiccator for one hour. The disks and the nylon thread were weighed on a precision scale Model Adventure (Ohaus Corp., Parsuppany, NJ, USA) to obtain the initial mass.

Each of the specimens were held by the thread and put in a plastic container with 10 mL of deionized water, without any contact between the sample and the inner wall of the container. The samples were kept in an oven at 37°C for 15 hours. After this period, the cements were removed from the containers, and washed with distilled and deionized water.

The excess water was removed with absorbent paper. Specimens returned to the silica desiccator for 24 hours, after that they were weighed once again to determine the final mass. Stabilization of each specimen’s weight was confirmed after a new cycle of 24 hours in the silica desiccator. The material solubility corresponded to the mass loss identified for each sample, expressed as a percentage of the original mass.

pH
The pH analysis (n=10) was performed according to Faria-Junior, et al.19 (2013), for which samples measuring 7 mm in diameter and 1 mm thickness were manipulated. Samples were maintained in an oven at 37°C for setting during 2 or 7 days. Then, samples were immersed in plastic flasks with 10 mL of deionized water, with previously determined pH of 6.5. The flasks were closed and kept in an oven at 37°C. The pH measurements were taken with a previously calibrated pH meter, at time intervals of 5 and 15 hours after immersion of the disks. After each measurement, performed in triplicate, the mean pH of each group in each experimental period was calculated.

Antibiofilm activity
The antimicrobial activity test in direct contact with the biofilm was performed according to Faria-Junior, et al.19 (2013). Bovine central incisors were used in the biofilm formation process. The roots were sectioned longitudinally. Dentine blocks measuring 5x5x0.7 mm (width x length x thickness) were obtained using a diamond disc (Isomet – Buheler, Lake Bluff, IL, USA) at low speed, under abundant irrigation. The blocks were put into a test tube containing distilled water for sterilization in an autoclave at 121°C for 20 min.

The microbiological procedures and manipulation of the dentine blocks were performed within a laminar flow chamber (Veco Flow Ltda, Campinas, SP, Brazil). A standard strain of *E. faecalis* (ATCC 29212) was used for biofilm formation. The purity of the strain was confirmed by Gram staining and colony morphology. The microorganisms were reactivated in 4 mL of sterile Brain Heart Infusion broth (BHI, Difco Laboratories Inc., Detroit, MI, USA) and kept in an oven at 37°C for 12 hours. The optical density of the medium was calibrated in a spectrophotometer (Model 600 Plus, Femto, São Paulo, SP, Brazil) set at DO<sub>600</sub>=0.2, which is equivalent to 10<sup>6</sup> CFU mL<sup>-1</sup>.

The bovine dentine blocks were placed in 24-well culture plates, and each well received 200 μL of the adjusted inoculum and 1.8 mL of BHI medium. The well plates with the submerged bovine dentine block were kept in an incubator (Model Q816M20, Quimis Aparelhos Científicos Ltda., Diadema, SP, Brazil) under constant agitation and microaerophilic conditions at 37°C for 14 days. The samples were kept under constant agitation for uniform biofilm formation on the sample surface, as described by Guerreiro-Tanomaru, et al.22 (2013) using confocal laser scanning microscopy. *E. faecalis* is able to develop biofilm on dentin blocks after a period of 14 days<sup>22</sup>. The BHI medium of each well completely changed every 48 hours, without adding new microorganisms, to ensure sufficient nutrients for bacterial growth.

After the post-manipulation periods of 2 and 7 days, according to the method used by Faria-Junior, et al.19 (2013), each sample was removed from the mold, sterilized by UV light, and placed over a dentine block containing biofilm, which was previously washed in saline solution to remove the planktonic bacteria. The dentine block/cement sample set was placed in a 48-well plate. On each sample set 20 μL of sterile saline solution was deposited to prevent the dehydration of the sample. The plates were kept at 37°C for the time intervals of 5 and 15 hours of contact. Six discs of each material were used for each period. In the control group Teflon disks with the same size of the cement discs were used. After the contact time, the cement discs were removed and the dentine blocks with remaining biofilm were individually placed in
test tubes with 1 mL of sterile saline solution and two glass pearls. The tubes were agitated in vortex (Model Q220, Químis Aparelhos Científicos Ltda., Diadema, SP, Brazil) for 1 minute to detach the remaining biofilm.

After this, decimal serial dilutions of *E. faecalis* were obtained. Three aliquots of 20 μL of each dilution was inoculated in a Petri dish with *m-Enterococcus* agar medium (Difco Laboratories – Becton Dickinson and Company - Detroit, MI, USA) and stored in a microaerophilic environment at 37°C for 48 hours.

The readings for each plate resulted in a mean CFU mL⁻¹ value in the three areas of bacterial growth that generated between 5 and 50 colonies per field. The number of CFU mL⁻¹ was calculated for each cement in each period. The data were submitted to logarithmic transformation to base 10 and the results were presented as the mean of six specimens per group.

For all the tests, the results obtained were submitted to a normality test, and with this being proved, they were submitted to the parametric ANOVA statistical test for comparison of the different groups among them and to the Tukey multiple comparison test, with 5% significance.

### RESULTS

#### Setting time

Table 1 shows that the MTA group presented the shortest initial setting time in comparison with the other groups (*p*<0.05), which were similar among them (*p*>0.05). The shortest final setting time was presented by PC+ZrO₂+HAn10% group and the longest by MTA group.

#### Compressive strength

The results obtained point out statistical similarity between MTA and PC+ZrO₂ groups in the time interval of 24 hours. For the 21 days period, PC+ZrO₂ group presented the highest value (*p*<0.05). The lowest value in both experimental times was expressed by PC+ZrO₂+HAn20% group, as shown in Table 1.

#### Radiopacity

PC+ZrO₂ and PC+ZrO₂+HAn20% groups presented lower radiopacity when compared with the other groups. MTA and PC+ZrO₂+HAn10% presented the highest radiopacity values (*p*<0.05), based on Table 1.

#### Solubility

The highest solubility values were shown by PC+ZrO₂+HAn10% and PC+ZrO₂+HAn20% groups (*p*<0.05) in both experimental periods (2

### Table 1- Mean values and standard deviation for initial and final setting time (minutes), compressive strength (MPa) after 24 hours and 21 days and radiopacity (mm Al)

|                  | Setting time | Compressive strength | Radiopacity |
|------------------|--------------|----------------------|-------------|
|                  | Initial      | Final                | 24 hours    | 21 days    |
| MTA              | 23.67 (± 3.44)α | 170.7 (± 5.39)α | 19.63 (± 2.16)α | 29.51 (± 4.58)β | 4.52 (± 0.37)α |
| PC+ZrO₂          | 42.00 (± 4.05)β | 151.8 (± 8.97)β | 23.29 (± 3.23)β | 45.77 (±2.73)α | 3.70 (± 0.07)β |
| PC+ZrO₂+HAn10%   | 40.33 (± 3.67)β | 100.5 (± 3.08)β | 14.41 (± 3.20)β | 30.90 (± 5.32)α | 4.18 (± 0.29)β |
| PC+ZrO₂+HAn20%   | 40.17 (± 3.06)β | 119.2 (± 9.28)β | 4.94 (± 1.48)β  | 19.76 (± 1.94)α | 3.54 (± 0.20)β |

Equal letters in the same column indicate statistical similarity (*p*>0.05)

### Table 2- Mean values (%) and standard deviation for solubility and pH evaluation (2- and 7-day setting), after 15 hours of immersion

|                  | Solubility | pH  |
|------------------|------------|-----|
|                  | 2 days (%) | 7 days (%) | 2 days | 7 days |
| MTA              | 3.70 (± 0.91)α | 5.54 (± 1.22)α | 10.99 (±0.07)α | 10.54 (±0.37)β |
| PC+ZrO₂          | 3.49 (± 0.47)β | 5.97 (± 1.32)β | 11.3 (±0.10)β  | 10.87 (±0.14)α |
| PC+ZrO₂+HAn10%   | 5.96 (± 1.18)β | 7.91 (± 1.17)β | 11.3 (±0.11)β  | 11.06 (±0.11)α |
| PC+ZrO₂+HAn20%   | 6.45 (± 1.15)β | 7.63 (± 1.39)β | 11.38 (±0.06)β | 10.87 (±0.29)α |
| Control          | 7.45 (±0.09)β | 7.29 (±0.20)β  |       |        |

Equal letters in the same column indicate statistical similarity (*p*>0.05)
and 7 days). The lowest degree of solubility was presented by MTA and PC+ZrO2 groups in 2 and 7 days (Table 2).

There was no difference in pH levels of PC+ZrO2, PC+ZrO2+HAn (10%) and PC+ZrO2+HAn (20%) ($p>0.05$) and these cements presented higher levels of pH than MTA ($p<0.05$) as shown in Table 2.

Antibiofilm activity

In the 2 days experimental period, PC+ZrO2+HAn10% and PC+ZrO2+HAn20% groups showed the best results in both time intervals, 5 and 15 hours, with PC+ZrO2+HAn10% being statistically similar to MTA and PC+ZrO2 in the time interval of 5 hours ($p>0.05$). In the experimental time of 7 days post manipulation, the groups were shown to be statistically similar among them ($p>0.05$). All the cements presented antibiofilm activity (Table 3).

DISCUSSION

HAn have been associated to materials to enhance their mechanical and biological properties. In this study, MTA showed a final setting time of 170 min, in agreement with previous study. The addition of HAn10% and 20% to the PC+ZrO2 did not affect the initial setting time and decreased the final setting time. Previous study showed that the addition of HAn reduced the initial setting time of the calcium silicate cement.

The addition of 10% and 20% HAn provided a decrease in the PC+ZrO2 compressive strength at 24 hours and 21 days, although the compressive strength of PC+ZrO2+HAn10% was similar to MTA at 21 days. This result may have been influenced by the powder/liquid ratio, since in the groups containing HAn, a larger amount of water were required to obtain suitable consistency for clinical use. Antonijevic, et al. (2015) observed that the addition of HAn to calcium silicate cement results in a material with better physicochemical properties without changing its mechanical properties.

The evaluated materials exhibit solubility values greater than the ones established by ANSI/ADA no. 573 (2000), which requires that solubility must be lower than 3%. MTA and PC+ZrO2 had lower degree of solubility. PC+ZrO2+HAn10% and PC+ZrO2+HAn20% presented the highest solubility degree. The hydroxyapatite participates in chemical changes that occur during the initial setting of glass ionomer cement. The reaction of HAn with glass ionomer cement occurs more slowly compared to hydroxyapatite micro size particles, due to the higher crystallinity, lower porosity and lower specific surface area of HAn. This might explain the reduced compressive strength and increased solubility when HAn is added to PC+ZrO2.

The addition of 30% ZrO2 promotes proper radiopacity in the ISO-6876 (2002) standard. The MTA radiopacity and PC+ZrO2+HAn10% was similar and higher than other groups. Moreover, all the cements evaluated presented radiopacity than the 3 mmAl recommended for dental cement.

MTA and PC have calcium oxide in their composition, a precursor of calcium hydroxide, responsible for releasing hydroxyl ions and raising the pH. Camilleri, Cutajar and Mallia (2011) studied the hydration of PC+ZrO2 and MTA ProRoot when immersed in HBSS, and showed hydrated calcium, calcium hydroxide and ettringite, relating the hydroxyl ion release and elevation of pH during hydration of the cement. Guerreiro-Tanomaru, et al. (2012) related the pH value of PC or association to ZrO2. There was no difference in pH levels of PC+ZrO2, PC+ZrO2+HAn (10%) and PC+ZrO2+HAn (20%) and these cements presented higher pH than MTA. These results are in agreement with the study which showed that the addition of HAn to calcium silicate cement did not change the pH values compared to Portland cement.

The antimicrobial test by diffusion in agar has been well established in the literature. The antimicrobial activity by counting CFU mL-1 is commonly used.

### Table 3- Mean values (CFU mL-1) and standard deviation for antibiofilm activity evaluation

|                | 2 days  | 2 days  | 7 days  | 7 days  |
|----------------|---------|---------|---------|---------|
|                | 5 hours | 15 hours| 5 hours | 15 hours|
| MTA            | 6.11 ($±0.58$) | 6.50 ($±0.66$) | 5.75 ($±0.15$) | 5.65 ($±0.38$) |
| PC+ZrO2        | 6.39 ($±0.36$) | 6.71 ($±0.22$) | 6.31 ($±0.36$) | 5.38 ($±0.36$) |
| PC+ZrO2+HAn10% | 5.79 ($±0.12$) | 4.99 ($±0.20$) | 5.96 ($±0.38$) | 5.35 ($±0.43$) |
| PC+ZrO2+HAn20% | 5.37 ($±0.33$) | 5.44 ($±0.26$) | 6.02 ($±0.56$) | 5.35 ($±0.34$) |
| Control        | 7.11 ($±0.35$) | 7.73 ($±0.89$) | 6.76 ($±0.53$) | 6.91 ($±0.36$) |

Equal letters in the same column indicate statistical similarity ($p>0.05$)
showing the viability of the bacterial strain. The methodology used in this study, described by Faria-Junior, et al.19 (2013), allows the evaluation of the antimicrobial property against bacteria in the biofilm form, after the setting reaction of the cements, differently from studies that evaluate the antibacterial action on the planktonic form.

The evaluated materials were not capable of completely reducing E. faecalis. The highest level of effect against biofilm was observed for cements containing HAn 10% and 20%, in comparison with MTA and PC+ZrO2 after the post-manipulation period of 2 days. The antimicrobial effect of MTA might be due to its high pH or to substances that are released from MTA into the medium27. An important aspect of hydroxyapatite is the possibility of the substitution of ions with different charges; for example, it is possible to exchange phosphate ions (-3) with carbonate ions (-2)28. Such situation leads to the creation of a positively charged vacancy, which is compensated by the release of one cation of calcium (Ca2+) and one hydroxyl ion (OH-)28. Carbonate ions are present in the Portland cement composition20. Therefore, it might react with hydroxyapatite and increase the pH, improving the antibacterial activity of MTA-based cements containing HAn. However, there was no increase in the pH of the cements containing HAn in this study.

Hydroxyapatite alone has no antimicrobial activity23. However, recent study showed that nanoparticulated hydroxyapatite has bactericidal activity against aerobes, Streptococcus spp. and anaerobes1. In this study, the antibacterial activity of PC+ZrO2+HAn (10%) and PC+ZrO2+HAn (20%) against E. faecalis could be attributed to the antibacterial activity of HAn or due to some reaction of HAn with components of PC. However, studies are needed to test these hypotheses.

CONCLUSIONS

The addition of HAn to PC associated with ZrO2 harmed the compressive strength and solubility. On the other hand, HAn did not change the pH and the initial setting time, but improved the radiopacity of 2 days. The antimicrobial effect of MTA might be due to its high pH or to substances that are released from MTA into the medium27. An important aspect of hydroxyapatite is the possibility of the substitution of ions with different charges; for example, it is possible to exchange phosphate ions (-3) with carbonate ions (-2)28. Such situation leads to the creation of a positively charged vacancy, which is compensated by the release of one cation of calcium (Ca2+) and one hydroxyl ion (OH-)28. Carbonate ions are present in the Portland cement composition20. Therefore, it might react with hydroxyapatite and increase the pH, improving the antibacterial activity of MTA-based cements containing HAn. However, there was no increase in the pH of the cements containing HAn in this study.

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