ON THE BRAKING INDEX OF THE UNUSUAL HIGH-I ROTATION-POWERED PULSAR PSR J1846–0258

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ABSTRACT

PSR J1846–0258 is an object that straddles the boundary between magnetars and rotation powered pulsars. Though behaving for many years as a rotation-powered pulsar, in 2006, it exhibited distinctly magnetar-like behavior—emitting several short hard X-ray bursts, and a flux increase. Here we report on 7 years of post-outburst timing observations of PSR J1846–0258 using the Rossi X-ray Timing Explorer and the Swift X-ray Telescope. We measure the braking index over the post-magnetar outburst period to be \( n = 2.19 \pm 0.03 \). This represents a change of \( \Delta n = -0.46 \pm 0.03 \) or a 14.5σ difference from the pre-outburst braking index of \( n = 2.65 \pm 0.01 \), which itself was measured over a span of 6.5 years. A change to a pulsar braking index so large and long-lived is unprecedented and poses a significant challenge to models of pulsar spin-down.

Key words: pulsars: individual (PSR J1846–0258) – stars: neutron – X-rays: stars

1. INTRODUCTION

Many of the quoted properties of pulsars, such as the surface magnetic field, the characteristic age, and the spin-down luminosity, are based on the assumption that pulsars are well modeled as a magnetic dipole in a vacuum. One of the ways we have to test the validity of this assumption, and by doing so probe the emission mechanisms of pulsars, is by measuring the change of a pulsar’s spin-down rate over time. This is expected to behave following a power law,

\[
\nu = -K \nu^o n, \tag{1}
\]

where \( \nu \) is the spin frequency of the pulsar and \( n \) is referred to as the “braking index.” In the canonical case of a rotating magnetic dipole in a vacuum, the braking index is expected to be 3 (e.g., Manchester & Taylor 1977).

Observationally, the braking index is measured by means of observing a gradual change in \( \nu \), the frequency derivative, and expressing

\[
n = \frac{\dot{\nu}}{\nu^2}. \tag{2}
\]

Measuring braking indices for pulsars has proven to be difficult, as young pulsars typically exhibit large amounts of timing noise which can contaminate measurements of \( \dot{\nu} \) (e.g., Hobbs et al. 2010). As of yet, only eight pulsars have measured braking indices (see Espinoza et al. 2011; Roy et al. 2012, and references therein) which range from 0.9 (Espinoza et al. 2011) to 2.91 (Weltevrede et al. 2011). A braking index of \(-1.5\) was reported for PSR J0537–6910 but the timing behavior is complex, and dominated by glitches as discussed in Middleton et al. (2006).

PSR J1846–0258 is a \( \sim800 \) year old pulsar located in the Kesteven 75 supernova remnant (Gotthelf et al. 2000). It has a rotation period of \(~327\) ms and is one of the youngest known pulsars. For the majority of its observed lifetime, PSR J1846–0258 behaved as if it were a typical rotation-powered pulsar, with its X-ray emission being much less than the luminosity explainable by its spin-down power. Curiously, however it has no detectable radio emission (Archibald et al. 2008). PSR J1846–0258 is also one of the eight pulsars with a measured braking index, observed to be \( 2.65 \pm 0.01 \) from 2000 to 2006 (Livingstone et al. 2006).

In 2006, PSR J1846–0258 underwent a rare event—its pulsed X-ray flux increased dramatically, it had a large glitch, and emitted several magnetar-like bursts (Gavriil et al. 2008; Kumar & Safi-Harb 2008; Kuiper & Hermsen 2009). PSR J1846–0258 remains the only seemingly rotation-powered pulsar to display such distinctly magnetar-like behavior, making it an interesting transition object between the two classes.

After this magnetar-like outburst, PSR J1846–0258 went back to manifesting itself as a rotation-powered pulsar (Livingstone et al. 2011). However, after timing the source for more than two years post-outburst, Livingstone et al. (2011) measured a braking index of \( n = 2.16 \pm 0.13 \) during this period, a value inconsistent with the braking index measured prior to the outburst. While the braking index is expected to change on a timescale of thousands of years (see, e.g., Contopoulos & Spitkovsky 2006; Gourgouliatos & Cumming 2015), such a sudden change is unexpected in the standard models.

Here we report a further five years of X-ray timing observations of PSR J1846–0258, for a total of seven years after the magnetar-like outburst. We show that the braking index is consistent with the post-outburst measurement of Livingstone et al. (2011), and inconsistent with that prior to the outburst. This indicates that the 2006 magnetar-like outburst resulted in a persistent change in the braking index in the source.

2. OBSERVATIONS AND ANALYSIS

2.1. RXTE

In this work, we analyze observations of PSR J1846–0258 from the Proportional Counting Array (PCA) aboard the Rossi X-ray Timing Explorer (RXTE) from January 2008 until the decommissioning of RXTE in 2011 December. The PCA consists of five collimated xenon/methane multianode
proportional Counter units (PCUs) which are sensitive to photons in the 2–60 keV range (Jahoda et al. 1996, 2006). The PCA was operated in “Good Xenon” mode, which provides 1 μs resolution for photon arrival times.

Observations were obtained from the HEASARC archive and barycentered to the location of PSR J1846–0258, R.A. = 18h46m24.94s, decl. = −02°58′30″11 (Helfand et al. 2003) using the barycorr tool in HEASOFT v6.16. Observations were filtered to remove non-astrophysical events using xtefilt. In order to maximize the signal-to-noise ratios of pulse profiles so as to minimize uncertainties on resulting pulse times-of-arrival (TOAs) (see Section 3), we used events from all layers of the then-operational PCUs.

In total 363 RXTE observations providing ~0.9 Ms of exposure time were analyzed in this work spanning 2008 January–2011 December. Observations taken within 2 days of each other were merged, resulting in 177 TOAs for a typical exposure time of 5 ks per TOA.

2.2. Swift XRT

We began observing PSR J1846–0258 with the Swift X-ray Telescope (XRT) on 2011 July 25 as part of a campaign to monitor several magnetars (see e.g., Archibald et al. 2013; Scholz et al. 2014; Archibald et al. 2015b). The Swift XRT is a Wolter-I telescope with a e2v CCD22 detector, sensitive in the 0.3–10 keV range. The XRT was operated in Windowed-Timing mode for all observations. This gave a time resolution of 1.76 ms.

Level 1 data products were obtained from the HEASARC Swift archive, reduced using the xrtpipeline standard reduction script, and barycentered to the location of PSR J1846–0258, using HEASOFT v6.16. Individual exposure maps, spectra, and ancillary response files were created for each orbit and then summed. We selected only Grade 0 events for spectral fitting as higher Grade events are more likely to be caused by background events (Burrows et al. 2005). To maximize the signal-to-noise ratios of pulse profiles so as to minimize uncertainties on resulting pulse TOA (see Section 3), only photons from 2.7 to 10 keV were used.

To investigate the flux and spectral evolution of PSR J1846–0258, a circular region having a 10 pixel radius centered on the source was extracted. As well, an annulus of inner radius 75 pixels and outer radius 125 pixels centered on the source was used to extract background events.

In total 66 XRT observations totaling 541 ks of exposure time were analyzed in this work. Observations taken less than 5 days apart were grouped to extract a single TOA yielding 47 TOAs, with a typical exposure time of 10 ks per TOA.

3. TIMING ANALYSIS

3.1. Phase-coherent Timing Analysis

TOAs for all RXTE and Swift observations were extracted using a Maximum Likelihood (ML) method as described in Livingstone et al. (2009) and Scholz et al. (2012). The ML method compares a continuous model of the pulse profile to the photon arrival times obtained from a single observation. In order to create the continuous model of the pulse profile, first we create a high signal-to-noise template profile by folding many observations together using a whitened timing solution. For RXTE, the template was derived from folding all pre-outburst observations, and for Swift, using all the observations.

Separate templates were used for the RXTE and Swift observations to account for differences in the responses of the telescopes. In both cases, a continuous model of the profile was created by fitting the high signal-to-noise template with a Fourier model using the first two harmonics. Two harmonics were chosen to optimally describe the pulse shape, as determined by the h-test (de Jager et al. 1989; Archibald et al. 2015a).

These TOAs were fitted to a timing model in which the phase as a function of time t can be described by a Taylor expansion:

\[ \phi(t) = \phi_0 + \nu_0 (t - t_0) + \frac{1}{2} \nu_0^2 (t - t_0)^2 + \frac{1}{6} \nu_0^3 (t - t_0)^3 + \cdots \]  

where \( \nu_0 \) is the rotational frequency of the pulsar at time \( t_0 \). This was done using the TEMPO2 (Hobbs et al. 2006) pulsar timing software package.

In Figure 1 we show the timing residuals in the range MJD 54492 to 56880, the period after the magnetar-like outburst and glitch recovery have relaxed. For details about the glitch and the glitch recovery, see Kuiper & Hermsen (2009) and Livingstone et al. (2010).

Finding a single phase-coherent solution over the entire seven-year post-outburst data set is not possible due to a phase ambiguity during the Sun constraint period from MJD 56246 to 56338. This is indicated in Figure 1 by a dashed vertical line. We were able to find two phase-coherent solutions, one before this Sun constraint and one after. The two timing solutions are presented in Table 1.
This loss of phase coherence could be due either to a glitch, or to timing noise. Fitting for a glitch during the Sun-constraint period using a timing solution up to $\dot{\nu}$ yields $\Delta \nu/\nu = 5.7 \pm 0.5 \times 10^{-8}$ and $\Delta \dot{\nu}/\dot{\nu} = -2.5 \pm 0.4 \times 10^{-4}$ over the Swift campaign. Fitting using both the RXTE and Swift data sets gives glitch parameters ranging from $\Delta \nu/\nu$ of $-9 \times 10^{-8}$ to $1.7 \times 10^{-7}$. We note that these values vary based on the time-span fit and the number of frequency derivatives used in the fit. Finally, we note that fitting a continuous solution over the gap yields comparable residuals to the glitch fits. Thus we do not need to invoke a sudden glitch to explain the timing behavior of PSR J1846–0258 at this epoch.

### 3.2. Partial Phase-coherent Timing Analysis

Measurements of $\dot{\nu}$ can be susceptible to contamination from timing noise (e.g., Hobbs et al. 2010). To mitigate this effect, we fit small segments of data to make local measurements. For all methods presented below, relative pulse numbers were fixed to those given by the fully phase-coherent timing solution. No timing solution was fit overlapping the phase ambiguity.

For each small segment of data, using the established pulse numbers, TOAs were fit to a timing solution consisting of only $\nu$ and $\dot{\nu}$. The time spans were determined by allowing a maximum $\chi^2$ of $\sim 1$ and the condition that there was no apparent-by-eye red-noise signal in the residuals. When this condition was met, we moved over by half the number of TOAs in that solution, and fit again until the criteria were met. We did not allow a solution to span over a Sun-constraint period.

In Figure 2, we show these measurements of $\dot{\nu}$ over the data set. The top panel shows $\dot{\nu}$ over time. The middle panel shows $\dot{\nu}$ over time subtracting a constant slope consisting of the pre-outburst braking index, $2.65 \pm 0.01$ (Livingstone et al. 2011). Note the clear linear trend in the middle panel indicating that the pre-outburst braking index does not describe the data well.

### Table 1

| Phase-coherent Timing Parameters for PSR J1846–0258 |
|-----------------------------------------------------|
| **First Phase-coherent Solution** |
| Dates (MJD)                                      | 54492.0–56246.7 |
| Epoch (MJD)                                     | 2008 Jan 27–2012 Nov 15 |
| $\nu$ (s$^{-1}$)                                  | 3.059 040 903(4) |
| $\dot{\nu}$ (s$^{-2}$)                            | $-6.651 31(1) \times 10^{-11}$ |
| $\ddot{\nu}$ (s$^{-3}$)                           | $2.937(8) \times 10^{-21}$ |
| rms residual (ms)                                | 304.4 |
| rms residual (phase)                              | 0.931 |
| Braking index, $n$                                | 2.031(6) |
| **Second Phase-coherent Solution**               |
| Dates (MJD)                                      | 56338.7–56964.20 |
| Epoch (MJD)                                     | 2013 Feb 15–2014 Nov 03 |
| $\nu$ (s$^{-1}$)                                  | 3.051 693 972(3) |
| $\dot{\nu}$ (s$^{-2}$)                            | $-6.613 49(2) \times 10^{-11}$ |
| $\ddot{\nu}$ (s$^{-3}$)                           | $3.304(4) \times 10^{-21}$ |
| rms residual (ms)                                | 32.4 |
| rms residual (phase)                              | 0.099 |
| Braking index, $n$                                | 2.30(3) |

**Note.** Figures in parentheses are the nominal 1σ TEMP02 uncertainties in the least-significant digits quoted.

We fit a slope to the post-outburst $\dot{\nu}$ in order to obtain a measurement of $\ddot{\nu}$, and thus a braking index. The timing measurements of PSR J1846–0258 have a scatter larger than would be suggested by their formal errors, therefore we use a bootstrap method. The bootstrap method is robust for error estimation when only a small number of measurements are available (Efron 1979) and the formal uncertainties are thought to not fully describe the data.

For the full post-outburst data set, this yielded a measurement of $\dot{\nu} = 3.17 \pm 0.05 \times 10^{-21}$ s$^{-3}$ corresponding to a braking index of $n = 2.19 \pm 0.03$ for the bootstrap method. The residuals of this fit can be seen in the bottom panel of Figure 2.

In order to verify that the phase ambiguity between the two timing solutions presented in Table 1 does not affect our result, we split the data into the corresponding two segments. Fitting from MJD 54492.0–56246.7 gives a braking index of $n = 2.09 \pm 0.05$. Fitting MJD 56338.7–56880.5 gives $n = 2.23 \pm 0.07$. These two segments gave consistent slopes at the 1.4σ level, and are both inconsistent with the pre-outburst braking index. This gives us confidence that the measured post-outburst braking index of $n = 2.19 \pm 0.03$ represents a long-lived change in the braking index of $\Delta n = -0.46 \pm 0.03$, a 14.5σ difference.

### 3.3. Timing Noise

In order to quantify the effect of timing noise that could be contaminating the measurement of the braking index, we fit a timing solution consisting of a frequency and three frequency derivatives for each year, ending a solution at times of a glitch, or the start of Sun-constraint.
Following the method of Livingstone et al. (2011), we measure the quantity

\[ \Delta \psi = \log \left( \frac{1}{24} \frac{\bar{\nu} t^4}{\nu} \right) \]  

(4)

where \( t \) is the length of time over which the solution was fit, \( \sim 2.5 \times 10^7 \) s. This is analogous to the \( \Delta_{S8} \) parameter of Arzoumanian et al. (1994) where \( \Delta_{S8} \) is used as an estimation of the contributions of \( \bar{\nu} \) to the accumulated phase deviation of the pulsar. As \( \bar{\nu} \) is physically relevant in timing measurements of PSR J1846–0258, we use \( \Delta \psi \) as an estimate of the phase contamination from \( \bar{\nu} \) and higher order effects.

In Figure 3, we show \( \Delta \psi \) over the 15 years of timing of this source. While the scatter is high, \( \Delta \psi \) shows a possible increase for the period following the magnetar-like outburst in 2006.

Before the outburst, eg. from 2000 to 2006, the weighted mean was \( \Delta \psi = 0.1 \pm 0.2 \). For the first period after the outburst, 2007, \( \Delta \psi = 1.16 \pm 0.03 \), substantially higher than at any other time. After this, the timing noise decreased to a level that is marginally higher than the pre-outburst noise, with the weighted mean of \( \Delta \psi = 0.6 \pm 0.2 \) from 2008 to 2014. Thus, the level of timing noise clearly increased following the magnetar-like outburst but appears to be relaxing back to the pre-outburst level on a time scale of several years.

4. RADIATIVE PROPERTIES

4.1. Spectral Analysis

Swift XRT spectra were extracted from the selected regions using extractor, and fit using XSPEC package version 12.8.2.5 Spectral channels were grouped to 1 count per bin, and fitted using cstat minimization. The spectrum was fit with a photoelectrically absorbed power law. Photoelectric absorption was modeled using XSPEC tbabs with abundances from Wilms et al. (2000), and photoelectric cross-sections from Verner et al. (1996). Due to both the nature of the windowed timing read-out mode of the XRT, and the fact that the XRT point-spread function is comparable to the size of the bright, central region of the nebula, we are unable to separate the flux coming from the pulsar itself from the bulk of the pulsar wind nebula which surrounds it.

As all of the Swift observations had consistent flux and spectral parameters, we co-fit all observations simultaneously. This yielded a best-fit model with \( N_H = (4.43 \pm 0.05) \times 10^{22} \text{ cm}^{-2} \) and \( \Gamma = 1.80 \pm 0.02 \). We note that the best-fit power-law index is consistent with that of the pulsar wind nebula reported by Kumar & Safi-Harb (2008) and Ng et al. (2008), as well as that reported in the 20–300 keV range using INTEGRAL (Kuiper & Hermsen 2009).

The absorbed 0.5–10 keV X-ray flux measured over the Swift campaign of the combined pulsar and pulsar-wind-nebula was \((2.04 \pm 0.02) \times 10^{-11} \text{ erg cm}^{-2} \text{ s}^{-1}\). In Chandra observations taken 2000 (Ng et al. 2008) and 2009 (Livingstone et al. 2011), the absorbed 0.5–10 keV flux from the combined pulsar and pulsar-wind-nebula were \((1.81 \pm 0.03) \times 10^{-11} \text{ erg cm}^{-2} \text{ s}^{-1}\) and \((1.73 \pm 0.07) \times 10^{-11} \text{ erg cm}^{-2} \text{ s}^{-1}\) respectively. While formally, our measured Swift flux and the archival Chandra fluxes are inconsistent, the cross-calibration between X-ray instruments is only accurate to the \( \sim 10\% \) level; see Tsujimoto et al. (2011). Therefore we find no evidence of a changing flux for the system to the level of instrumental uncertainties.

4.2. Pulse Profile Analysis

To look for changes in the pulse profile, we folded each observation using 16 phase bins. Each profile was compared to the high signal-to-noise ratio pulse template described in Section 3 by subtracting a fitted DC offset, and using a multiplicative scaling factor to minimize the difference between the template and scaled profile as determined by a \( \chi^2 \) minimization. For both RXTE and Swift, all profiles are consistent with the respective telescope’s standard template.

It has been shown previously that PSR J1846–0258 exhibited no significant change in its X-ray pulse profile during the magnetar event (Kuiper & Hermsen 2009; Livingstone et al. 2010). For RXTE we now have comparable data from both before and after the magnetar-like outburst. This allowed us to search for long-term lower-level changes in the pulse profile. To do so, we combined all observations for which we had a valid timing solution into a two high signal-to-noise ratio profiles with 64 phase bins representing the pulse profile before and after the magnetar-like outburst. To do this, we fitted each year of TOAs to a timing solution, using as many frequency derivatives as necessary to whiten the residuals. Each year of data was then folded into a 64-bin profile, and aligned with other years’ profiles using cross-correlation. This resulted in two high signal-to-noise ratio profiles: the first using 918 ks of exposure time from 2000 January to 2006 March, and the second using 871 ks from 2008 January to 2011 December. These two normalized, DC-subtracted, high signal-to-noise profiles are shown in Figure 4, as well as the difference between them. The residuals have \( \chi^2/(\text{dof}) = 0.988/(62) \) indicating the profiles are statistically identical. This is consistent with the lack of profile change reported by Kuiper & Hermsen (2009) and Livingstone et al. (2011).

\footnote{http://xspec.gsfc.nasa.gov}
Figure 4. Normalized RXTE pulse profiles of PSR J1846–0258. The solid black profile shows the profile from 2000 January to 2006 March, just before the 2006 outburst. The red dotted profile shows the profile from 2008 January to 2011 December. The bottom panel shows the residual difference between the two profiles. The residuals have $\chi^2/\text{(dof)} = 0.988/62$ indicating the profiles are statistically identical.

4.3. Burst Search

All Swift observations were searched for magnetar-like bursts by binning the source region light curves into 0.01, 0.1, and 1.0 s bins. The counts in each bin were compared to the mean count rate of its Good Timing Interval (GTI), assuming Poisson statistics, similar to the methods described by Scholz & Kaspi (2011). We found no significant bursts in the Swift observations.

For the RXTE PCA, due to the background being highly variable, each 60 s interval was treated similarly to a Swift GTI. An additional constraint was placed on the PCA data that a putative burst must be detected in all operational PCUs to be considered real. We find a previously unreported burst on MJD 55070, 2009 August 27. This burst has a $T_{\text{br}}$, the time duration in which 90% of a burst’s fluence is collected, of 7 ± 1 ms and a fluence of 12 ± 3 counts per PCU (24 ± 5 total counts). This corresponds to a false alarm probability of $\sim 10^{-20}$ for the observation. The burst is shown in Figure 5.

We note, however, that the field of view contains other known magnetars including AX J1845.0–0300 (Torii et al. 1998) located 0:38 from the center of the pointing, and 1E 1841–045 (Vasish et Gotthelf 1997), located 2:3 from the center of the pointing. As 1E 1841–045 is an active and frequent burster (e.g., Lin et al. 2011; An et al. 2015), it is possible that the burst originated from this source. While we cannot exclude the possibility that this burst originated from PSR J1846–0258, we note that there is no change to either the radiative properties, or timing behavior at these epochs to within our measurement uncertainties.

5. DISCUSSION

We have presented seven years of post-outburst timing of PSR J1846–0258 in which we measure the braking index to be $n = 2.19 ± 0.03$. This is discrepant at the 14.5$\sigma$ level from the pre-outburst braking index of $n = 2.65 ± 0.01$ (Livingstone et al. 2006). We note that this measurement is made over a comparable span of time to that over which the pre-outburst braking index was measured.

Only one other rotation-powered pulsar has had a radiative change associated with a glitch: PSR J1119–6127. Following a glitch in 2007, the radio pulse profile changed from single- to double-peaked. This double-peaked profile was only seen once, during the first post-glitch observation of the pulsar, and had returned to the single-peaked profile by the next observation (Weltevrede et al. 2011). It appears that PSR J1119–6127 may have undergone a change in braking index of similar magnitude following this radiatively loud glitch, with a $\sim 15\%$ reduction in $n$ at the time of the glitch (Antonopoulou et al. 2015). However, only formal phase-connected timing errors are given for this possible change in the braking index, and this method is susceptible to timing noise, (e.g., Hobbs et al. 2010; Livingstone et al. 2011). Given this, and the large non-white residuals seen after the fitting, the true significance of this result is currently unknown.

It is interesting that the only two nominally rotation-powered pulsars which have been observed to have radiatively loud glitches are two of those with the highest dipole-inferred magnetic field. In both cases the observed braking indices were consistent with being constant through radiatively quiet glitches and decreased following their loud glitches. This decrease in braking index effectively has the pulsars moving faster toward the magnetar population on the $P–\dot{P}$ diagram. This, together with radiatively loud glitches being a defining characteristic of magnetars (e.g., Dib & Kaspi 2014) is suggestive that the large magnetic field in these two seemingly rotation-powered pulsars is responsible for their unusual activity.

There was also a change in $\nu$ in the high-magnetic-field rotation-powered pulsar PSR J1718–3718 following a large glitch (Manchester & Hobbs 2011). While the implied $\nu$ both before and after this pulsar’s glitch gives nonphysical braking indices, $n \sim −17(5)$ and $n \sim −146(2)$, the measured $\nu$ were consistent over $\sim 3000$ days before the glitch, and for the $\sim 700$ days after it. Again, while the implied braking indices seem nonphysical, it is interesting that $\nu$ changed with a glitch in yet another high-magnetic-field pulsar.

A possible change in the braking index was seen in the Crab pulsar, where for a $\sim 11$ year span the measured braking index was $\sim 8\%$ lower than the long-term average braking index. This period of low braking index occurred during a period of higher-
than-normal glitch activity, and Lyne et al. (2015) note that this possible change is most likely due to unmodeled glitch parameters.

One possibility to explain a substantial change in a braking index, such as the one we observe in PSR J1846–0258, would be contamination due to a long-term glitch recovery. If this is the case, one would expect a bias toward a higher  lower and thus a higher braking index. This is due to the typical glitch behavior of an exponentially decaying  which leads to a decrease in the magnitude of the measured as a function of time, and thus to an artificially larger braking index. This is the opposite of what we observe.

There are several theoretical models to explain the observation that all measured braking indices are less than the canonical  of a magnetic dipole in a vacuum. As yet, the change in braking index observed in PSR J1846–0258 is unique—it is larger than ever before seen, and appears to be constant following the glitch-like event. Here we will discuss the consequences of a changing braking index in the context of these models.

In particle-wind models (see, e.g., Harding et al. 1999; Tong et al. 2013), one can explain any braking index between  by combining spin-down effects from both the standard magnetic dipole radiation ( ) with that of angular momentum loss from an outflowing particle wind ( ). As shown in Lyne et al. (2015), one can express the fraction of spin-down power due to a particle wind as:

\[
e = \frac{3 - n}{n - 1}.
\]

This would imply that before 2006, 21 ± 1% of PSR J1846–0258’s spin-down was due to a wind, and 68 ± 4% after 2006. This model predicts a relation between the braking index and the luminosity of the particle wind (Harding et al. 1999; Livingstone et al. 2011):

\[
L_p = (3 - n)^2 \left( \frac{\dot{\nu}}{\nu} \right) \frac{6I^2c^3}{B^2R^6}
\]

where  is the moment of inertia,  the magnetic field, and  the pulsar’s radius. Assuming neither the magnetic field nor moment of inertia changed substantially, the luminosity of the pulsar wind nebula might have been expected to increase by a factor of approximately 5. Such a significant flux change was ruled out by deep Chandra observations by Livingstone et al. (2011), as well as by the consistency of the flux during the Swift campaign with the pre-outburst flux reported by Kumar & Safi-Harb (2008) to within the telescopes’ cross-calibration uncertainties, ~10%.

One can also obtain a braking index different from 3 by relaxing the assumption of a constant magnetic dipole in a vacuum, allowing the dipole to change over time, (see e.g., Gunn & Ostriker 1969; Manchester et al. 1985; Blandford & Romani 1988). This is expressed in a convenient form by Lyne et al. (2015):

\[
n_{\text{obs}} = n_{\text{dip}} + \frac{\dot{\nu}}{\nu} \left( -\frac{I}{\dot{I}} + 2\frac{\dot{\alpha}}{\tan \alpha} + 2\frac{M}{M} \right).
\]

To explain a braking index lower than 3, either the moment of inertia  is decreasing, or either the mass  or the angle of misalignment between the spin and magnetic axis  are increasing. Furthermore, this implies that at the epoch of the magnetar outburst, the fractional rate of change of the magnitude of either  or  was increased by a factor of 2.3 ± 0.2. It does not seem physically plausible to have so large a change in either  or , especially given the lack of change of the flux of the pulsar wind nebula. Such a change in either  or  also seems improbable, given the lack of any detected change in the pulse profile (see Section 4.2).

One could also change the braking index by altering the geometry of the magnetosphere (see, e.g., Thompson et al. 2002; Contopoulos & Spitkovsky 2006). In the twisted neutron-star magnetosphere model of Thompson et al. (2002), the braking index of a pulsar is given by  where  is radial index. The observed change in braking index in this model implies that for PSR J1846–0258, the “twist” between the north and south hemispheres increased by ~one radian at the time of the outburst, which should lead to a corresponding increase in the X-ray luminosity of ~50%. This is not seen. Additionally, in any magnetospheric origin for a change in braking index, one would need to modify the magnetosphere in such a way as to maintain a constant pulse profile over the magnetar-like event, which seems challenging.

Beloborodov (2009) has a modified version of this model in which instead of a global twist in the magnetosphere, the twist is concentrated into a localized region known as a “j-bundle.” This  bundle will increase the dipole moment of the neutron star, leading to an increased spin-down rate. As the  bundle shrinks, the effective dipole moment should decrease with time, leading to a positive contribution to  and thus the braking index. While this model can be used to explain the glitch behavior of PSR J1846–0258 associated with the magnetar-like event (Livingstone et al. 2010), it does not immediately explain our observed long-term decrease in braking index.

6. CONCLUSIONS

The observed braking index of PSR J1846–0258 has significantly changed following its period of magnetar-like behavior. This long-term change in  is, to within measurement errors, unaccompanied by any corresponding long-lived change in the flux of the source, or any change in its pulse profile. This is in contrast to most of the models discussed above where a correlated change in the X-ray luminosity is expected for both wind-based models (Harding et al. 1999) and global magnetospheric twist based models (Thompson et al. 2002). As well, models which modify the assumptions of a constant magnetic dipole require far too high a change in  or  to be physically plausible, or a change in  or  which seem unlikely given the stable pulse profile.

The most plausible explanation for a changed braking index appears to be due to some form of change in magnetospheric configuration, but this change is constrained by our observations to be unaccompanied by any large-scale change in flux, spectrum or pulse profile. One possible way to probe the magnetosphere of pulsars, and therefore test this hypothesis, is by means of X-ray polarimetry. Measurements of polarization fractions and angles are very sensitive to viewing geometries, as well as twists in the magnetosphere (e.g., van Adelsberg & Lai 2006; Taverna et al. 2014).

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