SYNTHESIS AND CHARACTERISATION OF HYDROGELS BASED ON STARCH AND CITRIC ACID

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In this study, two series of hydrogels were synthesised with different molar ratio of glucose units of starch and citric acid. The advantage of using natural raw materials (starch and citric acid) for the synthesis of hydrogels lies in the fact that these raw materials are synthesised in nature, beneficial to human beings, easily degradable after use and harmless. The generated hydrogels and starting reactants were structurally characterised by applying the method of Fourier transform infrared spectroscopy (FTIR). FTIR analysis shows that the synthesis reaction of hydrogels based on starch and citric acid rests upon the esterification reaction of carboxyl groups in citric acid with hydroxyl groups in starch. The residual amount of citric acid in synthesised hydrogels was determined under high pressure with high-performance liquid chromatography (HPLC). The values of unreacted citric acid range between 9.85 and 16.08%. The scanning electron microscopy was applied in the analysis of hydrogel morphology. The swelling of hydrogel was monitored at 25 °C in the solutions of pH values of 5, 7 and 9. The highest swelling degree (α=8.55) was achieved in water at pH 7 for the hydrogel synthesised with the smallest amount of citric acid as the cross-linker at the ratio of glucose units of starch and citric acid being 72. Hydrogels synthesised from such monomers are environmentally friendly and fully biodegradable.

Keywords: biomaterial, hydrogel, starch, citric acid, swelling

Introduction

Hydrogels are three-dimensional hydrophilic networks that can be obtained by cross-linking natural or synthetic polymers. When put in water, they do not dissolve, but merely swell [1-4]. Because of their high water content, softness and biocompatibility they resemble a biological tissue [3,4]. Biocompatibility, biodegradability and non-toxicity of polysaccharide-based hydrogels enable their wide application in the field of biomedicine [5-7]. Polysaccharides are a natural class of polymers obtained from plants and microorganisms [7]. Starch is the primary energy reserve in higher plants and the second largest carbohydrate in biosphere, after cellulose. Since it is a biodegradable polymer with well-defined chemical properties, it has enormous potential as a renewable resource [8,9].

Starch is composed of two kinds of polymers: amylase and amylopectin (Figure 1). Amylose is a linear molecule composed of glucose residues linked by α(1→4) bond, whereas amylopectin is branched and, besides its basic linear chain, it has branches in α(1→6) position. Amylose is amorphous, linear and soluble polysaccharide, whereas amylopectin is insoluble and displays a highly organised structure of densely packed double helices formed between neighbouring linear chains [9]. Crosslinking enhances the properties of biomaterials. However, it can cause undesirable changes in the biopolymer functionality. Crosslinking agents may require special conditions for application, whereupon crosslinked materials can be toxic. However, it was demonstrated that poly(carboxylic) acids, which can be crosslinked both in dry and wet conditions, enhance tightening properties, increase stability in aqueous conditions, as well as foster cell proliferation [10]. Carboxylic acids are preferred for crosslinking of proteins and cellulose because of their low toxicity, price and ability to improve desirable properties of materials [11]. Citric acid is an organic acid used in food industry [12]. It can be used as a crosslinking agent since it contains three carboxyl and one hydroxyl group (Figure 1). It is nontoxic and cheap to use compared to other cross-linkers [13]. Reddy and Yang investigated the possibility of crosslinking starch films with citric acid to enhance their strength and stability. Starch films cross-linked with citric acid exhibit about 150% higher strength than non-crosslinked films, and have better strength than most crosslinked starch films and synthetic polymers [14]. Menzel et al. achieved citric acid crosslinking of starch...
at the temperature of 70 °C, which is estimated to be the lowest temperature so far at which any crosslinking reaction occurred, which is essentially important for the use of starch in paper industry since no high temperatures will be required for crosslinking [15]. In the study by Uliniuc et al. [16], chemically modified starch-based hydrogels crosslinked with citric acid with switchable hydrophilicity were synthesised. Hydrogels exhibit various swelling degrees depending on their composition and surrounding medium, which was used for the controlled release of Levofloxacin. Crosslinking density increases with the increase in the concentration of citric acid and crosslinking time, whereby water/drug retention decreases. The aim of this study is the synthesis and characterisation of hydrogels based on starch and citric acid.

Figure 1. Structural formulas of amylose, amylopectin and citric acid

Experimental

Reagents
To synthesise hydrogels we used starch (Kemika, Zagreb, Croatia); citric acid (Moravka, Leskovac, Serbia); distilled and redistilled water (Faculty of Technology in Leskovac, Serbia); concentrated hydrochloric acid, HCl, (Zorka Pharma-Hemija DOO, Šabac, Serbia); sodium hydroxide, NaOH, (Zorka Pharma-Hemija DOO, Šabac, Serbia); acetonitrile (99.7% HPLC purity, Merck KgaA, Darmstadt, Germany), potassium bromide (min 99%, for IR spectroscopy, Merck KgaA, Darmstadt, Germany). Other reagents used in the study are of analytical grade purity.

Synthesis of hydrogels
For making hydrogels based on starch and citric acid, first the solution of starch is prepared by suspending soluble starch (30 g) in 50 cm$^3$ distilled water and by adding the suspension into 150 cm$^3$ heated distilled water (70 – 80 °C) while stirring until completely dissolved. The heated distilled water 250 cm$^3$ in volume is added to the given solution. Two series of hydrogels based on starch and citric acid with different ratio of starch glucose units and citric acid are synthesised, as shown in Table 1. The first series is marked as I$_0$ - I$_3$ (for this series of samples the starch concentration in the solution was 0.74 mmol/cm$^3$), whereas the other series II$_4$ - II$_6$ (the starch concentration in the solution was 0.37 mmol/cm$^3$). The reaction mixtures of starch and citric acid were heated for one hour at the temperature of 70 - 80 °C, then left at the room temperature for three days, after which the generated gels were additionally dried in a dryer at 105 °C 72 h. During the synthesis, the sample I$_0$ did not achieve the desired gel consistency and did not undergo further analyses.

Table 1. Gel sample labels, molar ratios of reactants and starch concentration in the solution for synthesis

| Gel label | Molar ratio of glucose units of starch and citric acid | Starch concentration in the solution, mmol/cm$^3$ |
|-----------|-----------------------------------------------------|--------------------------------------------------|
| I$_0$     | 144                                                 | 0.74                                             |
| I$_1$     | 72                                                  | 0.74                                             |
| I$_2$     | 36                                                  | 0.74                                             |
| I$_3$     | 24                                                  | 0.74                                             |
| II$_4$    | 18                                                  | 0.37                                             |
| II$_5$    | 12                                                  | 0.37                                             |
| II$_6$    | 6                                                   | 0.37                                             |

Fourier transform infrared spectrometry (FTIR)
FTIR spectra of synthesised hydrogel samples were recorded with the technique of thin transparent tablets with potassium bromide for spectroscopy. To make tablets, 150 mg KBr and 1 mg of the samples ground to powder in an amalgamator (WIG-L-BVG, 31210-3A, USA) were dispensed, followed by pressing of vacuumed tablets under pressure of 200 MPa. The recordings were made in wave numbers from 4000 to 400 cm$^{-1}$ on the FTIR spectrophotometer Bomem Hartmann & Braun MB-100 series. The spectra were processed by using Win-Bomem Easy software.

Swelling behavior
Swelling of synthesised gels was monitored gravimetrically. A specific amount of gels was dipped in the solutions of pH value 5, 7 and 9, and the volume of the samples was measured at specific time until equilibrium was reached, i.e., until achieving a constant hydrogel volume. The aqueous media for swelling were prepared setting the pH values by adding the solution of sodium hydroxide or the solution of hydrochloric acid by means of pH metre (HI9318-HI9219, Hanna, Portugal). The swelling degree, $\alpha$, was calculated with the equation (1):

$$\alpha = \frac{m - m_0}{m_0}$$

where is $m_0$ – xerogel mass, and $m$ – mass of the swollen hydrogel at time $t$.

Analysis of residual reactants
The citric acid content in the samples of synthesised gels was determined by using the method of liquid chromatography under high pressure (HPLC). The aqueous extracts were filtered through a cellulose membrane filter 0.45 μm pore size and analysed on the apparatus HPLC Agilent 1100 Series with diode-array detector, DAD 1200...
Series. The ZORBAX Eclipse XDB-C18 (250 x 4.6 mm, 5 μm) column was set on the thermostat at 25 °C. The injected volume of the samples was 10 μl. The detection was performed at the wavelength of 205 nm. Redistilled water was used as a mobile phase, with the mobile phase flow of 1 cm³/min. The calibration curve for determining the citric acid content was constructed by preparing the series of the solution of known concentrations within the range from 0 to 0.5 mg/cm³.

Scanning electron microscopy (SEM)
SEM was applied in order to examine the morphology of synthesized hydrogels. Prior to recording, the samples were lyophilized in the swollen state on the lyophilizer (Freeze Dryers Rotational-Vacuum-Concentrator GAMMA 1-16 LSC, Germany), and non-lyophilized samples were recorded as well. Prior to cutting, the lyophilized samples were dipped into nitrogen in order to prevent their breaking and deformation. After treating with nitrogen, the samples were sputter coated with (15/85) gold/palladium alloy under vacuum in the JEOL Fine Coat JFC-1100E Ion sputter (JEOL Co., Japan). The metalised samples were recorded on the apparatus JEOL Scanning Electron Microscope JSM-5300 (JEOL Co., Japan).

Results and discussion

Figure 2 shows the FTIR starch spectrum. Within the spectrum at about 3440 cm⁻¹ there is a wide, complex band which is the result of OH group valent vibrations [17] taking part in the formation of hydrogen bonds of various strengths, as well as OH molecule groups of constitutional water. Less intensive bands in the region of 2980–2800 cm⁻¹ result from CH valent vibrations [18] and methyl ethylene, CH₂ groups. Relatively distinct, complex band in the region of 1500–1300 cm⁻¹ is connected with the plane deformation vibrations of CH₂ groups from the side CH₂OH group. On the other hand, in the same IR region there are also deformation vibrations of C-O-H groups from CH₂OH. The strong bands in the region of 1200–1000 cm⁻¹ are conditioned by valent vibrations of C=O groups [19], both skeletal and glycoside ones.

Figure 3 shows the FTIR spectrum of citric acid. Valent vibrations of CH and OH groups of organic acids are detected between 2800 cm⁻¹ and 3500 cm⁻¹. The complex absorption band in the region of 3500–3200 cm⁻¹ originates from the valent vibrations of OH groups [20]. The valent vibrations of the citric acid free OH group yield a band with a maximum at 3495 cm⁻¹, while valent vibrations of the OH groups involved in intramolecular and intermolecular hydrogen bonds are observed at 3448 cm⁻¹ and 3293 cm⁻¹, respectively [21]. The symmetric and asymmetric oscillations of O=C-OH groups are observed at the wave numbers 1632 cm⁻¹ and 1392 cm⁻¹. The valent vibrations of citric acid C-OH group yield a band at 1082 cm⁻¹. Deformation vibrations of hydroxyl group are located at 945 cm⁻¹, whereas CH₂ group demonstrates deformation vibrations at 642 cm⁻¹. Valent vibrations of C=O group from acid group yield a band at about 1760 cm⁻¹, which in the case of citric acid (Figure 3) appears at 1753 cm⁻¹ and is in accordance with the reference data [22,23]. If C=O groups are involved in the formation of hydrogen bonds or molecules are dimmerized, vibrations occur at lower frequencies, which can be observed in Figure 3 as a bond at 1714 cm⁻¹ [23].

FTIR spectra of synthesised hydrogels are very similar. The FTIR spectrum of hydrogel II is presented in the study (Figure 4). On this FTIR spectrum, a wide peak can be seen ranging from 3000 to 3500 cm⁻¹ with a maximum at about 3440 cm⁻¹ which comes from the valent vibrations of OH groups which did not participate in the process of esterification. Namely, the synthesis reaction of gels from starch and citric acid is based on the esterification reaction of carboxyl groups of citric acid with hydroxyl groups of starch. In the gel spectre, a band appears at 1735 cm⁻¹ originating from ester carbonyl group formed in the esterification reaction of starch and citric acid [24]. Also, there are bands ranging from 1000 - 1260 cm⁻¹, which are the result of C=O valence vibrations. A change in the position of the absorption band of C=O group from citric acid (1753 cm⁻¹ and 1714 cm⁻¹) into the band with a maximum at 1735 cm⁻¹ (ester C=O group) clearly indicates the reaction of the carboxyl groups of citric acid with the hydroxyl groups of starch and the formation of an ester bond.

![Figure 2. FTIR starch spectrum](image-url)
On the basis of the FTIR spectra analysis and the reference data [16,24], the possible gel structure is presented in Figure 5.

By means of the HPLC method, the aqueous extracts were analysed in order to determine unreacted amounts of citric acid. The examinations were conducted at the detection wavelength of 205 nm. In the selected conditions of chromatography, the citric acid gives the peak in the chromatogram at the retention time $R_t = 4.4$ min. The citric acid content in aqueous extracts is determined on the basis of the calibration standard curve of citric acid which is constructed on the basis of the known concentrations of the reactant solution and obtained peak area (A) in the HPLC chromatograms.

Figure 6 shows a HPLC chromatogram, in Figure 6b the UV spectre with DAD detector as a mean value of UV spectres from each point of the peak on the HPLC chromatograms for the peak originating from citric acid. Figure 7 shows the calibration curve with the equation of a straight line for citric acid.

The unreacted amounts of citric acid during the synthesis are presented in Table 2 and range from 9.85 to 16.08%.
The morphological characteristics of synthesised hydrogels were examined by scanning electron microscopy. Figure 8 shows SEM micrographs of non-lyophilized and lyophilized samples of hydrogel II4 which demonstrate that in the synthesised gel there are no starch granules composed of amorphous amyllopectin and crystal amilose lamels, but there was crosslinking of starch with citric acid and the formation of the gel with a homogenous structure (Figure 8a). In lyophilized hydrogels (Figure 8b), homogenous and porous structures are observed. Such morphology of hydrogels based on starch and citric acid indicates its potential application as a carrier of pharmacologically active substances.

Table 2. Amounts of unreacted citric acid

| Gel  | Unreacted citric acid content, % |
|------|---------------------------------|
| I₁   | 9.85                            |
| I₂   | 9.61                            |
| I₃   | 13.44                           |
| I₄   | 14.56                           |
| I₅   | 16.08                           |
| I₆   | 14.09                           |

Figure 7. Calibration curve for determining citric acid

Figure 8. SEM micrography of hydrogel II₄ samples: a) non-lyophilized b) lyophilized

Figure 9. Dependence of the swelling degree on time for gel series I: a) in pH 5 solution, b) in pH 7 solution, c) in pH 9 solution
Figure 9 shows the dependence of the swelling degree on time for gels in the solutions with different pH values. The highest swelling degree is achieved by gel $I_1$ in the solution of pH value 7 (Figure 9b). That is a gel produced through the synthesis from starch and citric acid wherein the ratio of starch glucose units against the citric acid is 72. The reaction mixture with a higher ratio of starch against citric acid did not yield any gel. With an increase in the amount of citric acid in relation to glucose units of starch, the swelling degree of hydrogels decreases. Ulinic et al. examined the swelling degree of hydrogels based on starch and citric based hydrogels with different molar ratio of primary OH groups and citric acid at 37 °C. The findings of the research showed that with an increase in the citric acid content, there is a decrease in the swelling degree [16]. This means that the branches of crosslinking are shorter and the bonds between the starch chains more frequent, which is sustained on the lower values of the swelling degree. With a change in the solution pH in which gels swell, there is a slight change in the swelling degree. Namely, the value of the swelling degree is lower in the solutions of pH value of 5 and 9 (Figures 9a and 9c) and there are slight differences in the swelling degrees in these solutions compared to the change in the ratio of glucose units and citric acid in gels.

Table 3. Equilibrium degree of swelling in synthesised gels based on starch and citric acid in the solutions with different pH values

| Gel | Equilibrium degree of swelling, α |
|-----|---------------------------------|
|     | pH 5 | pH 7 | pH 9 |
| $I_1$ | 3.11 | 8.55 | 4.30 |
| $I_2$ | 2.92 | 6.83 | 4.08 |
| $I_3$ | 2.61 | 3.46 | 3.59 |
| $I_4$ | 2.53 | 3.16 | 3.36 |
| $I_5$ | 2.48 | 3.07 | 3.27 |
| $I_6$ | 2.07 | 1.67 | 2.12 |

Table 3 shows the values of equilibrium degrees of swelling after 24 h. The changes in swelling degrees in pH 5, 7 and 9 solutions are relatively small for all synthesised gels. The swelling degree of hydrogels rises abruptly in the first 25 min, after which the changes with the time are smaller until equilibrium is achieved. The overall observation is that there are no significant changes in equilibrium degrees of swelling with a change in pH value of the solutions in which swelling of hydrogels took place. This indicates that there are no free carboxyl groups in gels to a great extent, which was confirmed through the FTIR analysis. If there were free carboxyl groups in gels, the dissociation of COOH groups at lower pH values would be suppressed, while at higher pH values the dissociation of COOH would be favoured. With an increase in dissociation of these groups, there would be a significant rise in the equilibrium degree of swelling, ten times or more [25]. Since there is no rise in the equilibrium degree of swelling to a large extent with an increase in pH value, the conclusion can be drawn that there are no free carboxyl groups in the gel. The position of absorption bands of C=O groups of carboxyl and ester groups also confirms this. All this indicates that the gel structure is probably like the one shown in Figure 5.

**Conclusion**

Two series of hydrogels based on starch and citric acid were synthesised without using any other chemicals and the chemical characterisation of synthesised hydrogels was carried out. FTIR analysis has shown that the basic synthesis reaction of polycondensation type is polyesterification. The change in the position of absorption bands of C=O group from citric acid (1753 cm$^{-1}$ and 1714 cm$^{-1}$) indicates the esterification process of carboxyl groups of citric acid with hydroxyl groups of starch and the emergence of ester groups whose C=O group absorbs in a frequency field of 1721 - 1735 cm$^{-1}$. By means of HPLC method the unreacted citric acid content was analysed and the measured values show that it is within the range from 9.85 up to 16.08%. With an increase in the content of citric acid as a cross-linker, the swelling degree of hydrogels drops. The highest swelling degree is 8.55 for the hydrogel with the smallest content of citric acid, $I_1$ (the ratio of glucose units of starch and citric acid is 72) is in water at pH 7. Also, small differences in the values of the swelling degree at different pH values of the swelling solution indicate that there are no free carboxyl groups in the gel.

The synthesised polymer materials are environmentally friendly and fully biodegradable. Swelling of these gels does not depend significantly on the solution pH, and thus there will not be any significant impact of potential differences in pH of the media of individual users. Thanks to these properties, the synthesized hydrogels can be used as carriers for the release of pharmaceutical active substances [16].

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**Abbreviations and symbols**

Fourier transform infrared spectroscopy, (FTIR)
High-performance liquid chromatography, (HPLC)
Hydrochloric acid, (HCl)
Sodium hydroxide, (NaOH)
Scanning electron microscopy, (SEM)
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Izvod

SINTEZA I KARAKTERIZACIJA HIDROGELOVA NA BAZI SKROBA I LIMUNSKE KISELINE

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U ovom radu sintetisane su dve serije hidrogelova sa različitim molskim odnosom glukoznih jedinica skroba i limunske kiseline. Prednost upotrebe prirodnih sirovina (skroba i limunske kiseline) za sintezu hidrogelova proizilazi iz činjenice da su to sirovine koje se sintetisu u prirodi, korisne su za čoveka, nakon upotrebe lako podležu razgradnji i bezopasne su. Dobijeni hidrogelovi i polazni reaktanti strukturo su okarakterisani primenom metode infracrvene spektroskopije sa Furijeovom transformacijom (FTIR). FTIR analiza pokazuje da se reakcija sinteze hidrogelova na bazi skroba i limunske kiseline zasniva na reakciji esterifikacije karboksilnih grupa limunske kiseline sa hidroksilnim grupama skroba. Zaostala količina limunske kiseline u sintetisanim hidrogelovima određena je tečnom hromatografijom (HPLC). Vrednosti neproreagovale limunske kiseline nalaze se u opsegu 9,85 do 16,08%. Skenirajuća elektronska mikroskopija primenjena je za analizu morfološke hidrogelova. Bubrenje hidrogelova praćeno je na 25 ºC u rastvorima pH vrednosti 5, 7 i 9. Najveći stepen bubrenja (α=8,55) dobija se u vodi na pH 7, za hidrogel koji je sintetisan sa najmanjim sadržajem limunske kiseline kao umreživačem i to pri odnosu glukoznih jedinica skroba i limunske kiseline od 72. Sintetisani hidrogelovi od ovakvih monomera su ekološki prihvatljivi i u potpunosti biorazgradivi.