Histological characteristics of advanced peri-implantitis bone defects in humans

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Abstract

Background: Inflammatory osteolysis is the clinical hallmark of peri-implantitis. The morphology of the remaining peri-implant bone and the level of osseointegration, however, remain unknown. Our aim was to characterize advanced peri-implantitis bone defects in humans.

Methods: Four patients (3 female and 1 male) were diagnosed with peri-implantitis. A total of 5 implants with machined surfaces and a mean loading time of 12 ± 6 years were removed due to advanced bone loss. The defect extension, the peri-implant bone density (bone area per tissue area in percentage), bone-to-implant contact (%), and the number of filled and empty osteocyte lacunae were calculated based on undecalcified histological specimens.

Results: The defect extension was on average 4.2 mm (95% CI 0.8–3.4). Remaining peri-implant bone showed a high density of 85.5% (95% CI 79.1–91.3) and covered in total 74% (95% CI 70.5–77.5) of the implant surface. Filled and empty osteocyte lacunae density was on average 191 and 165/mm² (95% CI 132–251; 103–225), respectively. Histology further revealed signs of ongoing bone formation and resorption.

Conclusion: There are signs that suggest that once the original cortical bone is lost due to peri-implantitis, the remaining apical trabecular bone is reinforced and transformed into cortical bone that might take over the functional load.

Keywords: Case study, Peri-implantitis, Histomorphometry

Background

Peri-implantitis was recently defined as a “pathological condition occurring in tissues around dental implants”, which is “characterized by inflammation in the peri-implant connective tissue and a progressive loss of supporting bone” [1–4].

Human biopsies confirmed the presence of plasma cells, macrophages, and neutrophils [5] and elevated expression of inflammatory cytokines [6, 7] at peri-implantitis sites. Moreover, bone matrix molecules were decreased and cells had a fibroblastic phenotype [8]. Together, human biopsies of the respective soft tissue revealed the conserved cellular and molecular principles of acute inflammatory osteolysis [9].

Peri-implantitis lesions extend apical and are commonly associated with a circumferential pattern of bone loss [1, 10]. Intraoperative clinical and radiographic assessments, however, do not fully represent the extension of peri-implantitis defects [11–14]. Moreover, the morphology of the remaining bone being exposed to masticatory forces has not been described so far. Considering that the remaining peri-implant bone has to adapt to occlusal load [15], it requires vital osteocytes to translate mechanical forces into molecular signals controlling bone adaptation [16]. It also requires vital osteocytes for inflammatory osteolysis [17]. These biological principles let us to hypothesize that the bone in peri-implantitis defects has a high density and contains vital osteocytes.
Therefore, the present study reports on the characteristics of bone at sites of advanced peri-implantitis.

**Materials and methods**

**Subjects and implant data**

The present study included 4 patients, 3 female and 1 male (mean age of 66 ± 5 years), who attended the Implant Dentistry Department at Federal University of Santa Catarina, complaining of pain, discomfort, suppuration, and/or bleeding at implant sites. All patients revealed a history of periodontal disease, were non-smokers (100%), and reported no additional systemic diseases. The patients exhibited a total of 5 machined titanium implants with a mean loading time of 12 ± 6 years, supporting single screw-retained prostheses and were diagnosed with peri-implantitis.

Peri-implantitis was defined as the combination of bleeding on gentle probing (BOP) with or without suppuration, probing depths (PD) ≥ 6 mm, and radiographic marginal bone loss (MBL) (i.e., interproximal bone levels ≥ 3 mm apical of the most coronal portion of the intrasosseous part of the implant) [2]. All implant sites were associated with an advanced bone loss (> 6 mm/> 50% of the implant length) [14] and were clinically stable (i.e., no manually detected mobility) but were scheduled for explantation due to the advanced disease progression. The study protocol no. 3437751 was approved by the Human Research Committee at Federal University of Santa Catarina-Brazil, 2016–2021, and all patients signed an informed consent according to the university ethics regulations.

**Clinical evaluation**

The following clinical measurements were recorded using a color-coded plastic periodontal probe (PCV12PT Hu-Friedy Inc., Chicago, IL, USA): (1) BOP, evaluated as present if bleeding was evident within 30 s after probing, or absent, if no bleeding was noticed within 30 s after probing; (2) PD measured from the mucosal margin to the bottom of the pocket; (3) suppuration, evaluated as present if it was evident after probing and/or peri-implant palpation. All measurements were performed at 6 aspects per implant: mesio-vestibular (mb), mid-vestibular (b), disto-vestibular (db), mesio-oral (mo), mid-oral (o), and disto-oral (do) by one calibrated examiner (M.G.).

**Radiological evaluation**

Cone beam computed tomographic (CBCT) scans were obtained from each patient for the surgical planning of implant removal. Linear measurements of the defect length (DL) at affected implants were made by drawing a vertical line, following the long axis of the implant, from the implant shoulder (IS) to the bottom of the defect (BD) at buccal and oral aspects in the CBCT data sets (Implant viewer, version 1.84, USA). Radiological evaluations were performed by one experienced and calibrated examiner (M.G.).

**Surgical procedure and retrieval of specimens**

Implant removal in all patients was performed by the same clinician (M.B) following a standardized surgical procedure. Patients were prescribed 500 mg of oral amoxicillin, 3 times a day during 1 week, starting 1 day before surgery. Patients were locally anesthetized (2% lidocaine, 1:100,000 epinephrine). The prostheses of the implants were removed. Surgical incision was performed, and full-thickness mucoperiosteal lingual and buccal flaps were raised; bone-implant biopsies were obtained using a trephine bur under copious irrigation with sterile saline. The implants were removed with the minimal required trephine diameter and without compromising the soft-tissue component for ethical reasons. Specimens were immersed immediately in 10% neutral buffered formalin. Following the removal of granulation tissue from the defect area, mucoperiosteal buccal and lingual flaps were repositioned and fixed with single sutures.

**Histological processing**

Specimens were dehydrated in ascending series of alcohol and embedded in light-cured resin (Technovit 7200, VLC+BPO, Heraeus, Kulzer Co., Wehrheim Germany). Undecalcified thin ground sections were prepared along the longitudinal axis (bucco-lingual direction) with a high precision diamond-coated band saw and precision grinding equipment (Exakt, Apparatebau, Norderstedt, Germany) [18]. Histological sections were stained with Levai-Laczko dye and scanned with an Olympus BX61VS microscope using a digital virtual light microscopy system (dotSlide 2.4; Olympus, Tokyo, Japan) at a resolution of 0.321 μm/pixel.

**Histomorphometrical analysis**

Histomorphometrical analysis and microscopic observations were performed by one calibrated examiner (M.G.). Digitalized histological sections (bucco-lingual direction) were analyzed using a morphometric software (Definiens Developer XD 2.0, Definiens AG, Munich Germany). The following landmarks were identified in the stained sections (buccal aspect) (Fig. 1): implant shoulder (IS), level of the alveolar bone crest (BC), bottom of the defect (BD), and the most apical extension of the residual bone tissue (A). Linear measurements were performed by drawing a vertical line following the long axis of the implant: defect length (DL), as measured from IS to BD (mm), residual bone (RB) as measured from BC to A, residual BIC (i.e., the length proportion of the implant surface that was in direct contact with
mineralized tissue) as measured as a percentage of the distance from BD to A. The density of the RB was measured as a percentage by dividing the bone area (B.Ar) by the total area of tissues (T.Ar) surrounding the implant.

RB was divided into 500-μm-wide horizontal zones (from BD to A) following the long axis of the implant. For each of these individual zones, BIC and bone density (B.Ar/T.Ar) were determined. Osteocyte and empty osteocytic lacunae were counted along the region of interest (ROI) (i.e., the area encompassing the intra-thread regions along the buccal RB extension) (Fig. 1) using a software program (Image J, software, 1.52a, Maryland, USA). Osteocyte density and empty lacunae density were determined by calculating the ratio of the number of osteocytes or empty lacunae in the region of interest.

**Statistical analysis**

The statistical analysis was performed using a commercially available software program (SPSS, 19.0, Chicago, IL, USA). Mean values, standard deviations, and confidence intervals for each variable were calculated at the implant level.

**Results**

**Clinical and radiographic measurements**

The clinical and radiographic characteristics of the implant sites are presented in Table 1. In total, 3 implants were located in the maxilla, while two implants were
located in the mandible. While all implants showed bleeding on probing, only 2 implants presented with suppuration on gentle probing. Mean probing depth was $6.3 \pm 0.4$ mm corresponding to a mean marginal bone loss (MBL) of $4.7 \pm 1.0$ mm at the buccal and $7.6 \pm 1.3$ mm at the palatal/lingual aspects.

**Histomorphometric measurements**

Defect length, residual bone extension, bone density, as well as BIC values are presented in Table 2. The mean defect length amounted to $4.7$ mm (95% CI 3.12–4.88). Bone density (B.Ar/T.Ar) as exemplified in Fig. 2 was 85.5% (95% CI 79.1–91.3) in the peri-implant tissue.
thereby indicating a strong corticalization. The implants revealed a mean bone-to-implant contact of 74% (95% CI 70.5–77.5), not reduced at marginal regions (0–500 μm segment) when compared with the more apical regions (Fig. 2). Osteocyte lacunae with signs of stained osteocytes and such with no viable cells exhibited mean values of 191.2/mm² (95% CI 132–251) and 164.6/mm² (95% CI 103–225), respectively (Table 3).

**Histological observations**

Two specimens revealed a mixed chronic inflammatory cell infiltrate in the marginal connective tissue compartments adjacent to the bone surface. One specimen showed signs of osteoclastic activity (Fig. 3b), 3 specimens presented inactive crestal bone surfaces, and 1 specimen showed active bone formation (Fig. 3c) at marginal regions. According to the histomorphometric data, the residual bone was predominantly cortical with scarce and small-sized vascular channels. Importantly, the cortical bone exhibited areas of lamellar bone in-between and parallel to the surface of older trabeculae, depicting signs of compaction of former cancellous bone (Fig. 3a). Secondary osteons and reversal lines were frequently present, while osteoclasts were found only occasionally. Cancellous bone was merely present at the most apical region of two specimens.

**Discussion**

The present study was inspired by the concept that upon advanced loss of cortical peri-implant bone, the remaining peri-implant trabecular bone is subjected to masticatory forces and reinforced as a consequence of functional adaptation [15]. This adaptation depends on vital osteocytes [16]. Therefore, the present human case series aimed at investigate the peri-implant bone in advanced peri-implantitis with a focus on the morphology and the vitality of osteocytes. The histomorphometric analysis suggests that bone remaining at advanced peri-implantitis is vital and mainly cortical, presumably originating by reinforcement of the original trabecular bone.

Previous studies also used human biopsy material, but focused on the histopathological features of soft-tissue samples taken at peri-implantitis sites [5, 19, 20]. So far, disease progression and related extension of the bony defects have been assessed histologically in preclinical ligature models resulting in 5 to 7 mm peri-implant defects within 1 year [21–23]. None of the aforementioned preclinical studies reported a histomorphometric analysis of the residual bone, and the implants were not subjected to masticatory loading. Thus, we cannot relate our findings to those observed with previous preclinical studies except with respect to the extent of advanced peri-implant defects.

Among the limitations of the present study is the lack of soft tissue in the biopsy due to ethical considerations. Accordingly, the histological outcomes could not be correlated with inflammatory infiltrates residing in the sub-epithelial connective tissue compartment [6, 7, 20]. It also remains unclear to what extent the progression of bone loss may even support osseointegration of the implants. Previous studies evaluating human biopsy material have reported a wide range of bone-to-implant contacts ranging from 19 to 93% at machined implants [24–26]. The high bony coverage of these and our cases

| Specimen ID | DL (mm) | RB (mm) | B.Ar/T.Ar (%) | BIC (%) |
|-------------|---------|---------|---------------|---------|
| 1           | 4.8     | 3.5     | 72.4          | 80.0    |
| 2           | 5.6     | 8.9     | 92.3          | 75.0    |
| 3           | 5.6     | 5.3     | 88.1          | 73.8    |
| 4           | 3.8     | 7.7     | 81.8          | 68.7    |
| 5           | 3.6     | 3.2     | 92.5          | 71.1    |
| Mean        | 4.7     | 5.7     | 85.5          | 74.0    |
| SD ±        | 1.0     | 2.5     | 8.0           | 4.0     |
| 95% CI      | 3.1–4.9 | 3.3–6.8 | 78–92         | 70.6–77.6 |

SD standard deviation, CI confidence interval, SA Surface area
can be explained by the functional corticalization of the originally trabecular bone. Strong support for this hypothesis comes from our histological observations where marginal bone showed characteristic signs of heterogeneous bone remodeling with significant areas of lamellar bone in-between and parallel to the surface of older trabeculae, representing signs of compaction of former trabecular bone, an observation also made, e.g., during the growth of the metaphysis [27].

When further interpreting the present study, the peri-implant osteocyte lacunae density after 1 to 27 years in function was reported [28]. In line with our findings, empty osteocytic lacunae adjacent to zirconia implants diagnosed with peri-implantitis were described [29]. Based on counting the osteocyte lacunae, we observed that numerous filled but also empty osteocytic lacunae were present within the residual bone. To which extend the osteocytes in the remaining peri-implant bone control bone remodeling [30], the adaptation to functional loading termed modeling [16], and also the progression of inflammatory osteolysis [17] is unknown and opens pathways for future research.

**Conclusions**

In conclusion, the findings of this case series based on dental implants that had to be retrieved because of

### Table 3: Mean osteocyte (OD) and empty lacunae density (ELD) at peri-implant residual bone

| SP ID | Mean OD (number/mm²) | Mean ELD (number/mm²) | Osteocyte/empty lacuna ratio |
|-------|----------------------|-----------------------|-----------------------------|
| 1     | 293                  | 231                   | 1.26                        |
| 2     | 221                  | 102                   | 1.32                        |
| 3     | 112                  | 245                   | 0.45                        |
| 4     | 172                  | 102                   | 1.68                        |
| 5     | 162                  | 143                   | 1.12                        |
| Mean  | 192                  | 165                   | 1.17                        |
| SD ±  | 68                   | 69.2                  | 0.45                        |
| 95% CI | (132–251)          | (103–225)             |                             |

SD standard deviation
advanced peri-implantitis and the concomitant inflammatory osteolysis suggest that the residual peri-implant bone might accumulate the functional load and is consequently modeled and reinforced to become cortical bone.

**Abbreviations**

A: Most apical extension of the residual bone tissue; BA: Bone area; BD: Bone defect; BIC: Bone-to-implant contact; BOP: Bleeding on probing; CBCT: Cone beam computed tomography; CI: Confidence interval; dB: Disto-buccal; DL: Defect length; do: Disto-oral; ELD: Empty lacuna density; IS: Implant shoulder; mb: Mesio-buccal; MBL: Marginal bone loss; mo: Mesio-oral; O: Oral; OD: Osteocyte density; PD: Probing depth; RB: Residual bone; ROt: Region of interest; SA: Surface area; SD: Standard deviation; T: Abutment Total area of tissues

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**Authors’ contributions**

MG, FS, RG, and MB contributed to the design of the study. ST and KO contributed to study selection and data extraction. MG, RM, FS, RG, MB, ST, and KO contributed to the drafting of the paper and revising it critically. All authors read, revised, and approved the final manuscript.

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**Availability of data and materials**

The data sets used and/or analyzed during the current study are available from the corresponding author or reasonable request.

**Ethics approval and consent to participate**

The study protocol no. 3437751 was approved by the Human Research Committee at Federal University of Santa Catarina-Brazil, 2016–2021, and all patients signed an informed consent according to the university ethics regulations.

**Consent for publication**

Not applicable

**Competing interests**

The authors declare that there are no competing of interests.

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