Seizure evoked regulation of LIM-HD genes and co-factors in the postnatal and adult hippocampus [version 1; peer review: 2 approved]

Vanisha Lakhina\textsuperscript{1,2}, Lakshmi Subramanian\textsuperscript{1,3}, Dhananjay Huilgol\textsuperscript{1,4}, Ashwin S Shetty\textsuperscript{1}, Vidita A. Vaidya\textsuperscript{1}, Shubha Tole\textsuperscript{1}

\textsuperscript{1}Department of Biological Sciences, Tata Institute of Fundamental Research, Mumbai, India
\textsuperscript{2}Current affiliation: Lewis Sigler Institute for Integrative Genomics, Princeton University, NJ, USA
\textsuperscript{3}Current affiliation: Department of Neurology, University of California, San Francisco, CA, USA
\textsuperscript{4}Current affiliation: Cold Spring Harbor Laboratory, NY, USA

Abstract

The LIM-homeodomain (LIM-HD) family of transcription factors is well known for its functions during several developmental processes including cell fate specification, cell migration and axon guidance, and its members play fundamental roles in hippocampal development. The hippocampus is a structure that displays striking activity dependent plasticity. We examined whether LIM-HD genes and their co-factors are regulated during kainic acid induced seizure in the adult rat hippocampus as well as in early postnatal rats, when the hippocampal circuitry is not fully developed. We report a distinct and field-specific regulation of LIM-HD genes \textit{Lhx1}, \textit{Lhx2}, and \textit{Lhx9}, LIM-only gene \textit{Lmo4}, and cofactor \textit{Clim1a} in the adult hippocampus after seizure induction. In contrast none of these genes displayed altered levels upon induction of seizure in postnatal animals. Our results provide evidence of temporal and spatial seizure mediated regulation of LIM-HD family members and suggest that LIM-HD gene function may be involved in activity dependent plasticity in the adult hippocampus.
Corresponding authors: Vidita A. Vaidya (vvaidya@tifr.res.in), Shubha Tole (shubhatole@gmail.com)

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Introduction

Transcription factors regulate gene expression in the mammalian brain, playing a critical role in both neurodevelopment and in neuronal plasticity during its lifespan. During development, transcription factor mediated regulation is essential for appropriate cell fate specification, cell migration and connectivity. Transcription factors also regulate plasticity including activity-dependent processes of dendritic pruning, axonal sprouting and cell proliferation and survival.

One family of transcription factors, the LIM-homeodomain (LIM-HD) family, is known to play critical roles in regulating cell proliferation, axon outgrowth and pathfinding across several systems. The LIM-HD proteins have a C-terminal homeodomain which binds to DNA and two zinc finger “LIM” domains that bind co-factors encoded by the Clim genes. The transcriptionally active complex is a tetramer comprising two LIM-HD molecules bridged by a dimer of two Clim molecules. LIM-only (Lmo) proteins lack the homeodomain but can bind Clim molecules, and function as dominant-negative regulators of LIM-HD function. At least thirteen LIM-HD (Lhx) genes four Lmo genes and two Clim genes have been identified in the mouse. A subset of genes is expressed in the embryonic and mature hippocampus and of these, Lhx2 and Lhx5 are critical to hippocampal development. Lhx2 plays a fundamental role in early telencephalic development as a cortical selector gene. The neocortex and hippocampus do not form in the absence of Lhx2. At later stages, Lhx2 plays a new role in the developing hippocampus, as a necessary and sufficient repressor of astrogliogenesis. Lhx2 continues to be expressed in the mature hippocampus. Lhx5 is critical for hippocampal development at early stages, but is not expressed in the embryonic hippocampus once it is specified. Lhx1, Lhx9, Clim1a, Clim2, Lmo3 and Lmo4 are all expressed in the hippocampus at embryonic and adult stages, but no loss of function phenotypes have been reported in the hippocampus.

While several studies have implicated the LIM-HD family as a key modulator of important neurodevelopmental events, the understanding of the role of this transcription factor family in the postnatal and adult brain remains relatively unexplored. These transcription factors are known to regulate cell proliferation, axon pathfinding, and neurite outgrowth. These phenomena have parallels in the structural plasticity that occurs in postnatal and adult life. It is now well established that the same molecules that play a critical role in early telencephalic development as a cortical selector gene. The neocortex and hippocampus do not form in the absence of Lhx2. At later stages, Lhx2 plays a new role in the developing hippocampus, as a necessary and sufficient repressor of astrogliogenesis. Lhx2 continues to be expressed in the mature hippocampus. Lhx5 is critical for hippocampal development at early stages, but is not expressed in the embryonic hippocampus once it is specified. Lhx1, Lhx9, Clim1a, Clim2, Lmo3 and Lmo4 are all expressed in the hippocampus at embryonic and adult stages, but no loss of function phenotypes have been reported in the hippocampus.

Activity dependent neuronal plasticity has been suggested to utilize key developmental pathways to evoke plasticity in the mature nervous system. In particular, seizure models have been shown to induce dramatic changes in progenitor proliferation, axonal sprouting, dendritic reorganization, changes in neuronal cell survival and progenitor differentiation within the hippocampus.

Intriguingly, the nature of neuroplastic changes evoked by seizures differs quite dramatically in the postnatal versus the adult brain. Regulation at the level of signaling and transcription factors has been shown to be important for structural plasticity in the hippocampus. While neuronal activity and seizures are likely to recruit major developmental signalling pathways in the hippocampus, thus far the role of key developmental transcription factor families as targets is relatively unexplored.

An earlier study reported that LIM-only genes Lmo1, 2 and 3 are differentially regulated in a field-specific manner in the adult rat hippocampus in response to kainic acid-induced seizure. We examined a broader set of Lmo and LIM-HD genes as well as their co-factors in a similar paradigm, not only in the adult rat hippocampus, but also in early postnatal stages when hippocampal circuitry is not fully developed. Our study provides evidence that LIM-HD, LIM-only, and Clim gene mRNA displays selective field-specific regulation in the hippocampus in response to kainate induced seizures. This provides a basis to explore potential new functions of these genes in activity-dependent synaptic plasticity.

Results

In this study we focused on LIM-HD genes that are expressed in the adult hippocampus, Lhx1, Lhx2 and Lhx9 and their co-factors, Clim1a and Clim2. Among the LIM-only genes, Lmo1, Lmo2, and Lmo3 have been previously reported to display differential regulation in kainate-induced seizure. In our study, we included Lmo3 as a control to allow comparison with the earlier study, and also Lmo4 which was not examined previously. We examined the mRNA expression of these genes at postnatal day P7 when the hippocampal circuitry is not yet fully developed, and also in adult rats (2–3 months old) with mature hippocampal neurocircuitry.

Differential expression of LIM family members and their co-factors across different hippocampal fields

We used non-radioactive in-situ hybridization to examine gene expression in the CA1 and CA3 fields of the Ammon’s horn as well as the dentate gyrus (DG) of control animals. Lhx1 transcripts were not detectable in the hippocampus at P7, and only weakly expressed in the adult DG. In contrast, Lhx2 and Lhx9 are expressed intensely in the DG and CA3, with weaker expression in CA1 at P7. In the adult, expression was strong in the CA1 and CA3 fields of the Ammon’s horn as well as the dentate gyrus. This provides a basis to explore potential new functions of these genes in activity-dependent synaptic plasticity.

Activity is known to regulate structural plasticity and neurogenesis in the adult hippocampus. We administered kainate intraperitoneally to both early postnatal and adult rats to induce seizures as a model of activity and analysed whether there is differential regulation of LIM genes in response to kainate-evoked seizures 6 hours later. All animals administered kainate exhibited classical hallmarks of seizure. Using radioactive in-situ hybridization and optical densitometry we assessed the expression of Lhx1, Lhx2, Lhx9, Lmo3, Lmo4, Clim1a and Clim2 in the postnatal and adult hippocampal
subfields (see Materials and methods). Radioactive in-situ hybridization has an important advantage over quantitative PCR since it provides spatial resolution. The hippocampal CA1 and CA3 fields are molecularly distinct, and the dentate gyrus contains a distinct cell population from the Ammon’s horn. Therefore it is necessary to quantitate the gene expression in each region individually.

**Seizure induced regulation of LIM family members and their co-factors in the adult dentate gyrus (DG)**

The DG displays robust structural changes in response to seizure. Increase in dentate granule cell neurogenesis and extensive mossy fiber sprouting are hallmarks of kainate induced seizure. Upon kainate treatment, the expression of *Lhx1* showed a striking increase (25%; p = 0.019) in the adult DG. This is in contrast with the adult *Lhx2* and *Lhx9* expression, the mRNA levels of which show a drastic reduction (60% for *Lhx2*, p = 0.004 and 36% for *Lhx9*, p = 0.003; Figure 2, Figure 3a). Interestingly, the LIM-only genes *Lmo3* and *Lmo4* also showed opposite changes: whereas *Lmo3* levels decreased significantly (53%, p = 0.002), *Lmo4* mRNA levels showed a remarkable increase (55%, p = 0.009) in kainate-treated animals. The decrease in *Lmo3* levels was consistent with that reported previously. The mRNA levels of the cofactor *Clim1a* decreased slightly in treated animals (15%, p = 0.048) whereas no significant difference was observed with *Clim2* (Figure 2, Figure 3b).

**Seizure induced regulation of LIM family members and their co-factors in the adult CA3 subfield**

The CA3 subfield has pyramidal neurons, which receive input from the dentate granule cells. They display profound alterations in dendritic structure and branching in response to seizure. In our experiments using kainate-induced seizure, *Lhx1* mRNA increased (20%, p = 0.014) in the adult CA3. In contrast, *Lhx2* and *Lhx9* levels decreased (30%, p = 0.028; 35%, p = 0.044 respectively; Figure 2, Figure 4a). Levels of both *Lmo3* and *Lmo4* were reduced (40%, p = 0.007; 25%, p = 0.002 respectively). The levels of the cofactor *Clim1a* also decreased (15%, p = 0.047) whereas *Clim2* levels remained unaltered in the adult CA3 (Figure 2, Figure 4b).

**Seizure induced regulation of LIM family members and their co-factors in the adult CA1 subfield**

The CA1 pyramidal neurons receive input from the CA3 neurons. They displayed altered dendritic shape and density and also axon sprouting as a result of seizure. In the CA1 field, *Lhx1* mRNA increased (20%, p = 0.02), whereas *Lhx2* levels decreased (19%, p = 0.024) but,
there was no change in \(Lhx9\) mRNA levels in the adult CA1 upon kainate-induced seizure (Figure 2, Figure 5a). \(Lmo3\) mRNA levels decreased (41%, \(p = 0.0018\)) whereas \(Lmo4\), \(Clim1a\), and \(Clim2\) levels remained unchanged (Figure 2, Figure 5b).

A summary of seizure induced regulation of LIM family members and their co-factors across all hippocampal fields Table 1 summarizes the data such that seizure-induced regulation can be compared within a particular field as well as for a particular gene across all fields. For example, upon kainate induced seizure, \(Lhx1\) mRNA shows a significant increase over very low baseline expression in all the hippocampal fields in response to seizure. In contrast, \(Lhx2\) and \(Lmo3\) show a significant decrease in all hippocampal fields. Interestingly, \(Lhx9\) and \(Clim1a\) show a significant decrease in CA3 and DG, but not in CA1. \(Lmo4\) transcript levels increase in the DG, decrease in the CA3 and show no change in the CA1. This correlates with the fact that the DG and CA3 undergo a more drastic structural reorganization in response to seizure\(^{46,47}\). \(Clim2\) shows no alteration suggesting it may not have any additional roles in kainate-induced plasticity, but continues to be available to LIM-HD transcription factors at the same levels.

Seizures do not affect LIM-gene expression in the postnatal hippocampus
Seizure evoked structural plasticity differs between the postnatal and adult hippocampus in its extent as well as the type of changes seen. Although postnatal kainate treatment evokes powerful seizures, the immature brain is relatively resistant to seizure-evoked structural remodeling. For example, mossy fiber sprouting is absent or delayed\(^{48-50}\), and DG neurogenesis is unaltered or biphasically regulated with an initial decline and a delayed increase\(^{51-53}\) in response to seizure in the postnatal hippocampus. We asked whether the postnatal hippocampus differs from the adult hippocampus in kainic acid induced regulation of LIM genes and co-factors. We administered kainic acid to rat pups on postnatal day P7 and analyzed changes in transcript levels of several LIM genes 6 hours later. In striking contrast to the changes observed in the adult brain, the postnatal hippocampus appears refractory to regulation of the LIM-HD family following kainate evoked seizures (Figure 2, Figure 3c, d, Figure 4c, d, Figure 5c, d).

In summary, the LIM gene family and its co-factors display distinct and highly field-specific regulation in response to kainate induced seizure in the adult, but not in the postnatal hippocampus.

### Discussion

**Differential regulation of LIM-gene expression in response to seizures**

Seizures can lead to different forms of hippocampal plasticity, which include axonal/dendritic remodeling and neurogenesis. Chemical-induced seizures like the kainic acid (kainate) treatment are used as

| LIM gene | DG   | CA3  | CA1  |
|----------|------|------|------|
|          | Adult| P7   | Adult| P7   | Adult| P7   |
| \(Lhx1\) | ↑    | —    | ↑    | —    | ↑    | —    |
| \(Lhx2\) | ↓    | —    | ↓    | —    | ↓    | —    |
| \(Lhx9\) | ↓    | —    | ↓    | —    | —    | —    |
| \(Lmo3\) | ↓    | —    | ←    | ←    | ←    | ←    |
| \(Lmo4\) | ↑    | —    | ↓    | —    | —    | —    |
| \(Clim1a\) | ↓    | —    | ↓    | —    | —    | —    |
| \(Clim2\) | —    | —    | —    | —    | —    | —    |
models for epilepsy and have been shown to increase neurogenesis in the adult DG and extensive mossy fiber sprouting where mossy fibers aberrantly synapse onto dentate granule cells instead of CA3 pyramidal neurons. Kainic acid administration causes animals to display motor signs including convulsions. In our experiments, we observed changes in the transcript levels 6 hours post kainic acid administration, after the animals displayed all the characteristic physical stages of seizures. In future experiments it would be interesting to examine whether any LIM gene transcript regulation occurs in a shorter time window post kainic acid administration, prior to the physical manifestation of seizure by the animal.

Transcription factors important for brain development are also known to regulate structural changes and reorganization in the adult brain, one example being members of the basic Helix-Loop-Helix (bHLH) family. Members of the LIM-HD family of transcription factors are necessary for different aspects of the development of the hippocampus, a structure that is vulnerable to changes in response to activity. LIM genes are differentially expressed in both the postnatal and adult hippocampus, suggesting that there might be a role for these genes in postnatal circuit development and adult reorganization. We therefore hypothesized that the LIM-HD family members are differentially regulated in response to activity. Indeed, from our analysis of radioactive in-situ hybridization, we find that each hippocampal field displays differential expression and post-seizure regulation of different LIM genes. LIM-only genes Lmo1, 2 and 3 were previously shown to be regulated in response to kainate-induced seizures in the adult hippocampus. We report that Lmo4 is also regulated by kainate-induced seizures throughout the hippocampus. We also discovered that LIM-HD genes Lhx1, Lhx2, Lhx9 and cofactor Clim1a are differentially regulated in response to seizures in a field-specific manner. Furthermore, we show that this differential regulation of LIM genes is restricted to adult animals and when we administered kainic acid to postnatal pups, no such regulation was observed. This is intriguing because these results highlight that a developing system such as the hippocampal circuitry in the early postnatal brain is relatively resistant to seizure-induced structural remodeling and plasticity. For example, in the adult, seizure induces an increase in DG neurogenesis whereas in early postnatal stages, it is either decreased or unchanged. Our results raise the intriguing possibility that such differences in molecular regulation of transcription factors may underlie the differing nature of cellular changes evoked by seizures in the postnatal versus adult brain.

**Structural changes in the hippocampus**

Seizure leads to an increase in neuronal activity thereby inducing the transcription of several immediate early genes (IEGs). The IEGs are hypothesized to be involved in seizure-induced structural remodeling. The LIM family of transcription factors could be part of effector cascades downstream of these IEGs, which may eventually lead to the structural changes seen in different hippocampal subfields. CREB, a well-known activity regulated transcription factor, has been shown to interact in the same transcriptional complex as Lmo4 in response to activity. It is also interesting to note that well known seizure-responsive IEGs in the adult hippocampus, such as the AP-1 complex, are not regulated by postnatal seizures. This further supports the idea that distinct molecular changes evoked by seizures in the hippocampus are differentially regulated in response to activity.

**Figure 3.** Kainate-induced regulation of LIM genes and cofactors in the dentate gyrus (DG) of adult and P7 rats. Quantitative densitometric analysis of the adult DG region following kainate administration in adult (a, b) and P7 (c, d) rats. Grey bars are controls, white bars are kainate treated animals. Results are expressed as mean ± SEM percentage of control for mRNA expression (*p < 0.05, unpaired Student’s t test).
Distinct structural changes occur in response to seizure in different subfields of the hippocampus. On seizure induction, DG shows an increase in the granule cell neurogenesis, enhanced integration of granule cells into the neurocircuitry, a profound increase in mossy fiber sprouting by these neurons and formation of recurrent synapses. The CA3 and CA1 pyramidal neurons show a loss of dendritic spine and dendritic branches post seizure. Some axon sprouting is also seen in CA1 neurons. LIM genes may bring about activity induced structural changes in the hippocampus. They are known to regulate neurite outgrowth. Some LIM-HD genes also control key axon guidance molecules such as Eph/ephrins, which affect mossy fiber sprouting in the DG. Lhx1 is known to regulate the transcription of Eph/ephrins in a subset of motor neurons. Our results show increased Lhx1 mRNA levels in the DG in response to seizure that could lead to increased Eph/ephrin levels therefore contributing to mossy fiber sprouting. Lhx2 represses Robo1 and 2 expression in the thalamus during thalamo-cortical pathfinding and so down regulation of Lhx2 mRNA in response to seizure could be important for mossy fiber sprouting via upregulation of the Robo receptors. Lmo4 has been shown to confer a neuroprotective role in response to hypoxia. Interestingly, we find an increase in the Lmo4 mRNA after kainate treatment, which could lead to neuronal survival in response to seizure.

Our study provides new evidence of seizure mediated regulation of LIM-HD transcription factors. We show that this regulation is age-dependent and field specific. Future experiments will aim at testing whether LIM genes are necessary for mediating seizure induced structural alterations. Examining the effect of kainic acid treatment on structural changes such as DG neurogenesis in LIM gene loss-of-function mutants will begin to address this issue. In addition, determining the interactions of LIM gene family proteins with other factors known to mediate structural changes such as the bHLH family members will open avenues for the mechanistic understanding of this process. These results therefore provide impetus for future studies to explore the role of the LIM-HD transcription factors, LIM only genes, and their cofactors in activity-dependent reorganization and plasticity in the mature nervous system.

Materials and methods

Animals and treatment paradigm

Sprague-Dawley rats were bred in the Tata Institute of Fundamental Research (TIFR) Animal house, maintained under normal 12-hour light/dark cycle and were provided with food and water ad libitum. A total of 84 adults and 101 pups (P7) were used. Adults were between 2–3 months old and weighed between 200–250 grams. All animal procedures were performed in accordance with the NIH guidelines for use and maintenance of animals and were approved by the TIFR Institutional Animal Ethics committee. The male rats were sexed at P21 and were used for experiments when they reached adulthood. Postnatal pups of both sexes were used for experiments at P7. All animals were grouped based on their treatment with either saline (control group; n = 44 adults; n = 47 P7 pups) or with 10mg/kg kainic acid (Sigma, USA; n = 40 adults; n = 54 P7 pups) administered intraperitoneally and were housed postnatal versus adult seizures may contribute to the age-dependent differences in seizure-evoked plasticity.
isolated for 6 hours after the treatment. The kainic acid treated group was observed every 30 minutes across the 6 hours and displayed all the characteristic stages of seizures. The animals displayed facial clonus (Racine Stage 1) to front and hindlimb clonus and continuous falling down (Racine Stage 5).

Animals were decapitated using a guillotine 6 hours after treatment and the brains were immediately frozen on dry ice and stored at -70°C. Coronal sections (14µm) were generated on the cryostat and mounted onto Probe-plus RNase free slides (Electron Microscopy Sciences, USA). Slides were then treated with 4% paraformaldehyde (PFA; Merck Chemicals), washed in 1X phosphate-buffered saline, acetylated with acetic acid (Qualigens Fine Chemicals) in 0.1M triethanolamine (Sigma-Aldrich), rinsed in 2X sodium saline citrate (SSC), pH 4.5 and then dehydrated through grades (30%, 70% and 100% in double distilled water) of ethanol (Commercial Alcohols, Ontario, Canada) prior to storage at -70°C.

mRNA in-situ hybridization

The in-situ hybridization for DIG-labeled probes was carried out as described previously (Bulchand et al., 2003)16. Plasmid DNAs encoding different LIM genes and co-factors were linearized by restriction digestion to provide template for making DIG-labeled RNA probe16. Briefly, the slides were incubated in hybridization buffer (50% formamide, 5X SSC and 1% SDS) containing DIG-labeled riboprobes (Roche) for 16 hours at 70°C followed by post-hybridization washes using Solution X (50% formamide, 2X SSC and 1% SDS), 2X SSC and 0.2X SSC.

Radioactive in-situ hybridization was carried out as described previously64. Briefly, the slides were incubated in the hybridization buffer (50% formamide, 0.6M sodium chloride, 10mM Tris pH 7.4, 1X Denhardt’s solution, 10mM dithiotheritol (DTT), 250µg/ml yeast RNA, 50µg/ml Salmon sperm DNA, 10% Dextran sulphate) containing 35S-UTP labeled riboprobes (Amersham, Buckinghamshire, UK) at a concentration of 10^6 cpm/250µl for 20–24 hours at 60°C. Post-hybridization, the slides were washed with 2XSSC, treated with RNase A (20µg/ml for 30 minutes at 37°C; USB Corporation, Cleveland, Ohio), 0.5X SSC for 30 minutes at 60°C, 0.1X SSC for 20 minutes and then rinsed in double distilled water. Slides were air dried and exposed to Biomax film (Kodak) for 3–6 weeks. To confirm the specificity of the signal observed with antisense riboprobes, controls used were sense riboprobes or RNase treatment (40µg/ml at 37°C for 30 minutes) prior to hybridization.

Quantitation and data analysis

Densitometric analysis of LIM gene transcript levels was performed using the Macintosh-based Scion Imaging software (Scion, Frederick, Maryland, USA). Sections were observed directly on the monitor using a Sony 3 CCD color video camera (Model DXC-390P). 14C standards were used for calibration to correct for non-linearity. An equivalent area was outlined for each of the hippocampal subfields and optical density measurements from both hemispheres of 3–4 individual sections from each animal were analysed to calculate the mean value. Results were subjected to statistical Student’s t-test. Significance was determined at p < 0.05 using GraphPad
Author contributions
VL, LS, VV, ST conceived the project. VL, LS, DH, AS performed the experiments, analyzed the data, and helped to critically revise the paper. DH, VV, ST analyzed the data and wrote the paper.

Competing interests
No competing interests were disclosed.

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Stan Leung
Department of Physiology and Pharmacology, University of Western Ontario, London, ON, Canada

The authors showed field-specific changes in expression of LIM-HD genes Lhx1, Lhx2, and Lhx9, LIM-only gene Lmo4, and cofactor Clim1a in the adult hippocampus at 6 hours after seizure induction by kainic acid. No significant changes in expression were observed after seizure induction with the same dose of kainic acid in rat pups of postnatal day 7 (P7).

The subfield-specific changes in expression after kainic acid seizures were clearly presented for different members of the LIM-HD/ LIM-only family of transcription factors. This work extends previous studies that showed seizure-induced changes in expression of LIM-only genes in adult rats. The lack of expression change in P7 rat pups may be related to the lack of seizure-induced structural plasticity in immature animals, i.e., lack of cell death, mossy fiber sprouting and neurogenesis. Members of the LIM-HD family of transcription factors are necessary for different aspects of the development of the hippocampus. Thus, the changes in these transcription factors after seizures in adult rats may be related to seizure-induced neural plasticity, such as axon sprouting, progenitor proliferation, and changes in neuronal cell survival.

The central question of whether LIM-HD/ LIM-only transcription factors are causally related to the neural plasticity induced by kainic acid seizures remains unanswered. Are transient changes in these transcription factors, at ~6 hours after seizures, sufficient or necessary for the structural changes induced by kainic acid seizures? The design of the present study does not allow the consequences of kainic acid seizures to be studied, and not all adult rats induced with kainic acid seizures showed plasticity to the same extent. In fact, whether seizures are essential for the expression changes is not totally clear. In other studies, a single dose of kainic acid (intraperitoneal 10 mg/kg) may not induce seizures in all adult rats, and the 10 mg/kg i.p. given to P7 rats was >5 times the dose needed for seizures as reported by Lynch et al. (Eur J Neurosci, 2000). The authors should provide some justification of the kainic acid dose used, in terms of seizure induction in their adult and P7 rats.

“Regulation” in the title apparently means “changes in expression” rather than better control or lack of control of the genes and cofactors.
The results are presented in an organized manner.

I would prefer to see the sample sizes (Ns) in the figure legend rather than in the “Quantitation and data analysis” section.

The issue of whether seizures are necessary and sufficient for the expression changes can be further discussed. Perhaps other molecules implicated for seizure-induced plasticity, e.g., neurotrophins, should be mentioned.

Overall, the experimental study appears to be well done.

**Competing Interests:** No competing interests were disclosed.

**I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.**
5. It is interesting that changes in transcription were observed in adult but not juvenile animals, whose circuits generally believed to be more plastic. Might these transcriptional changes be a means by which to counteract decreasing circuit plasticity in adults?

**Competing Interests:** No competing interests were disclosed.

**We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.**