## Narrative Review Checklist

| Section/Topic        | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|----------------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**            |         |                                                                      |                                     |                              |
| Title                | 1       | Identify the report as a Narrative Review of …                       | 1                                   | Title page                   |
| **ABSTRACT**         |         |                                                                      |                                     |                              |
| Unstructured summary| 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2                                   | Summary section               |
| **INTRODUCTION**     |         |                                                                      |                                     |                              |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | 3,4                                 | 1,2,3                        |
| Objectives           | 4       | Specify the key question(s) identified for the review topic.         | 3,4                                 | 1,2,3                        |
| **METHODS**          |         |                                                                      |                                     |                              |
| Research selection   | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 3                                   | 1                            |
| **DISCUSSION/SUMMARY**|        |                                                                      |                                     |                              |
| Narrative            | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 5-12                               | 4-16                         |
| Summary              | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 5-12                               | 4-16                         |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*