Applications of 3D printed bone tissue engineering scaffolds in the stem cell field

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ABSTRACT

Due to traffic accidents, injuries, burns, congenital malformations and other reasons, a large number of patients with tissue or organ defects need urgent treatment every year. The shortage of donors, graft rejection and other problems cause a deficient supply for organ and tissue replacement, repair and regeneration of patients, so regenerative medicine came into being. Stem cell therapy plays an important role in the field of regenerative medicine, but it is difficult to fill large tissue defects by injection alone. The scientists combine three-dimensional (3D) printed bone tissue engineering scaffolds with stem cells to achieve the desired effect. These scaffolds can mimic the extracellular matrix (ECM), bone and cartilage, and eventually form functional tissues or organs by providing structural support and promoting attachment, proliferation and differentiation. This paper mainly discussed the applications of 3D printed bone tissue engineering scaffolds in stem cell regenerative medicine. The application examples of different 3D printing technologies and different raw materials are introduced and compared. Then we discuss the superiority of 3D printing technology over traditional methods, put forward some problems and limitations, and look forward to the future.

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1. Introduction

Bone tissue engineering, the combination of scaffolds, seed cells and cytokines, seeks to repair the bone defect by the transplantation of bone tissue engineering scaffolds to the bone defect area and the follow-up body replacement of the scaffold materials with new bone tissues. Scaffold, known as a temporary and artificial ECM, can promote the formation of new bone and has a direct influence on the proliferation and differentiation of cells. The ideal bone tissue engineering scaffolds should have the appropriate porosity, surface area ratio, mechanical support, biocompatibility, surface activity and shape that are matching clinical application, and can promote the cell adhesion and the growth of blood vessels and nerves [1].

Stem cells are cells with the potential for self-renewal and multi-differentiation. According to the developmental stage, stem cells can be divided into embryonic stem cells (ESCs) and adult stem cells (ASCs). ESCs are derived from the inner cell mass at the blastocyst stage and have the potential of infinite proliferation and germ layer differentiation, which has always been the focus of tissue engineering and regenerative medicine [2]. However, due to immune rejection and other problems, the wide application of ESCs in clinical practice has been limited. ASCs can differentiate into specific tissues and cells [3], exists in many kinds of tissues, has great potential in tissue damage repair and disease treatment, and is the current focus of regenerative medicine [4]. In addition, induced pluripotent stem (iPS) cells are also attractive in regenerative medicine. In 2006, through the introduction of four factors, Yamanaka and Takahashi successfully generated iPS cells from mouse fibroblast culture [5]. Up to now, iPS cells researches have made great progress in organoids development [6], drug discovery [7], disease mechanism study [8], and disease treatment [9].

3D printing is an essential component of additive manufacturing (AM), which has attracted increasing attention in the preparation of bioactive implantable devices. For bone tissue regeneration applications, effective intracellular migration, nutrient supply, and ECM production require a well-designed structure with high porosity, high interconnectivity, and defined pore size and pore geometry [10]. The use of conventional techniques, such as pore-forming agent leaching, gas foaming, or phase separation methods, results in wide varying pore geometry [11], pore size distribution [12], and generally low interconnectivity [13,14]. Also, 3D printing shows better therapeutic effect [15] and more optimized material properties [16] in clinical application. The researchers have also find that square-shaped scaffolds promote growth of more human mesenchymal stem cells (hMSCs) growth and chondrogenic differentiation compared with solid or hexagonal porous scaffolds [17]. It makes 3D printing particularly suitable for the fabrication of structures for bone tissue repair, not to mention the induction of directed differentiation and proliferation of stem cells [18].

In 3D printing, raw materials or cells are layered onto predefined positions to form a 3D structure. This deposition or fixation of the target materials makes 3D printing ideal for creating well-defined porous structures. Also, when used in combination with 3D computer imaging, such as computed tomography (CT) and contour scanning, it can create a customized implant structure for patients with tissue defects. CT scan data can be easily converted to standard tessellation language (STL) computer-aided design (CAD) models. By adapting such STL files to the modeling software, we can set the required porosity or support structure for clinical treatment or adaptation to the stem-cell growth environment. STL files are actually a lot of two-dimensional planes, and when these planes are superimposed, the 3D scaffolds we need is formed [19,20].

2. Several different 3D printing technologies

Next, we will introduce several different 3D printing technologies applied to fabricate tissue engineering scaffolds, and the applications of the stem cells in it. In the following paragraphs, we discussed how these techniques work and the consequences of dealing with raw materials or cells.

2.1. Fused deposition modelling (FDM)

In 1988, Scott Crump, an American scholar, proposed the molding process for the first time. In 1991, Stratasys, Inc. (Eden Prairie, MN, USA) developed the first FDM molding machine and proposed its commercial application. Through the relevant patent search of FDM, it was found that the number of patent applications has been increasing year by year since the technology was proposed in 1988 and reached a peak between 2013 and 2016 (Google patent).

The basic raw materials used in FDM technology are mostly polymer or wax, such as Acrylonitrile Butadiene Styrene plastic (ABS), Polycarbonate (PC), Polymethyl methacrylate (PMMA), etc.

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Declaration of competing interest

Conclusions
As shown in Fig. 1, the working principle of FDM is to transfer the filamentous hot-melt material to the hot-melt printing nozzle through the wire feeding mechanism. The filamentous or linear plastic material is heated to the molten state in the nozzle. Under the control of the computer, the nozzle moves along the shape contour and tracks of the parts, extrudes the molten material, makes it deposit in the expected position and then solidifies. Bonded to the previously formed layers, the layers are stacked to form the product model. Typically, two materials are used during the construction process, one serving as the supporting material and the other constituting the actual building material. Besides, we can change the temperature of the nozzle, the diameter, the moving speed, the extrusion speed and the construction direction to finally influence the porosity, diameter and mechanical properties of the product [21,22].

FDM technology is used to produce customized defect matching structures for bone repair. It not only prints out personalized precision machining of composite materials, which is mostly based on the extrusion speed and the construction direction to finally influence the porosity, diameter and mechanical properties of the product [21,22].

2.2. Extrusion-based 3D printing

Extrusion-based 3D printing, includes a series of techniques: precision extrusion deposition, low temperature deposition modeling, 3D Bio-plotting, etc. [26].

2.2.1. Precision extrusion deposition (PED)

PED is actually a modification of FDM technology for the precision machining of composite materials, which is mostly based on the PED system developed by Bellini at Drexel University in 2002 [27,28]. Different from FDM, PED is realized by extruding material with screw (Fig. 2A), and the quantity of extruded material is controlled accurately. Also, the extruder is synchronized with the XY motion precision system that controls the building platform, so that the thickness and position of the fibers can be precisely controlled [29].

The expanded biomaterials will thus enable PED devices to construct scaffolds with enhanced biological, chemical, and mechanical cues that will facilitate tissue generation [29]. Osteoblast differentiation can also be promoted and inhibited in region-specific ways by applying Polyethylene glycol (PEG) hydrogel on the scaffold [30].

2.2.2. Low temperature deposition modeling (LDM)

LDM was first reported in 2002, and its technology is also improved based on FDM. The extruder is usually pneumatic or piston type, and the material is the mostly viscous polymer and extruded (Fig. 2B and C) at room temperature [26].

LDM printed bone tissue engineering scaffolds have high porosity, suitable pore size and mechanical strength, and narrow stem cells (MSCs) can adhere, proliferate and differentiate on the scaffolds [31].

The researchers used LDM technology to create 3D-printed scaffolds with the desired shape and internal structure combined with bioactive factors to enhance segmental bone repair [18].

2.2.3. 3D bio-plotting

3D Bio-plotting is an emerging free-form scaffold manufacturing technology that can be used to create artificial tissue scaffolds containing living cells, which was introduced by Landers, et al. in 2000 [32].

Bio-plotting technology is through the computer control of material on the surface of deposition in the layer overlay. The nozzle moves in three directions on a fixed manufacturing platform [33]. The viscous materials are mapped into a liquid with a matching density by applying a filtered air pressure to produce a flow of liquid. Since no heat is required, the system can deal with heat-sensitive biological components, even cells [34,35].

2.3. Stereolithography (SLA)

SLA process was patented in the US by Charles Hull in 1984 and commercialized by 3D Systems, Inc. (USA). Currently, the SLA process is recognized as one of the most deeply researched and the earliest applied 3D printing methods in the world. According to the patent inquiry of SLA technology, it has been found that there were two peaks of patent applications from 2001 to 2004 and from 2013 to 2016 (Google patent).

Photosensitive resin materials mainly include oligomers, reactive diluents and initiators. In 2016 Tethon 3D, Inc. (Nebraska, USA) launched a new ceramic resin for SLA/DLP 3D printers with high-resolution details, thermal shock resistance and thermal and electrical insulation.

As shown in Fig. 3, the technique is based on a photosensitive initiator molecule initiated free radical photo-polymerization. The printed structure is prepared using a photo-curable resin, which is a liquid cured by light irradiation after photo-polymerization. In the SLA devices, the bottom of the structure is formed by polymerization on the top surface of the mobile platform. Thin layers are aggregated by two-dimensional patterns drawn by a guided laser beam. After that, the manufacturing platform descends the patterns on the top of the previous layer polymerization to form the desired structure.
Studies have shown that the controlled macroscopic structure and the microscopic distribution of hydroxyapatite particles produced by SLA technology can enhance the bone promotion effect of composite biomaterials, that is, human bone marrow stem cells can differentiate into the bone in vitro [36]. Also, surface modifications of SLA implants with Sr nano structures have been shown to have a favorable effect on early immunoinflammatory macrophage function and osteoblastic function, leading to enhanced osseointegration outcomes [37]. Studies have shown that the surface of scaffolds treated by cold atmospheric plasma (CAP) is oxygen-rich and the surface roughness is enhanced, which is beneficial to the adhesion, proliferation and chondrogenic differentiation of hMSCs [38].

2.3.1. Digital light processing (DLP)

DLP technology is a mask-based surface exposure SLA technology. This technique uses a light source to expose a whole layer of the printed shape through a mask to the surface of the photosensitive resin for layer curing. Unlike the SLA, DLP light can generally be exposed from below through the bottom of the transparent material tank, thus needing less material and low specification requirements. Besides, DLP has higher efficiency and relatively economic cost. It is suitable for preparing thin-walled and porous scaffolds with complex characteristic structures.

2.4. Selective laser sintering (SLS)

SLS technology was developed by Carl Dechard at the University of Texas at Austin in 1989. The method was first commercialized by DTM, Inc. (USA), which was later acquired by 3D Systems, Inc [39]. Similar to the previous two technologies, the patent of SLS technology also reached its peak from 2013 to 2016, what worth noting is that 3D companies have the largest share.

In terms of form, the materials used for the SLS process are a wide diversity of powder, including nylon powder, glass powder, wax powder, metal powder, ceramic powder and coated wax metal powder, etc.

As shown in Fig. 4, the powder is supplied in the SLS using powder suppliers and rollers and distributed in thin layers on the build platform. When irradiated with a laser beam, the beam melts the powder in a specified pattern, then lowers the building platform and deposits the fresh powder on top of the molten pattern. Subsequent irradiation of the fresh powder

![Fig. 2. Several different extruders of extrusion-based 3D printing.](image)

![Fig. 3. SLA and DLP process.](image)
results in the formation of the next layer of the structure. SLS printing is a complex process in which many set values affect the pore size, porosity and mechanical properties of the final product. The main input parameters include layer thickness, scanning speed, laser power, etc. These parameters will affect the energy density of the laser beam in the melted powder layer and finally affect the quality of the final product [40]. Scientists use these differences to meet the needs of different tissue-engineered scaffolds.

Roskies, M et al. used SLS technology to create a customized porous Polyetheretherketone (PEEK) scaffold that maintains the viability of adipose and bone marrow mesenchymal stem cells and induces osteogenic differentiation of adipose-derived mesenchymal stem cells [41]. Different from direct SLS, scientists have explored an indirect SLS technology, in which the traditional raw materials and binders are mixed as the powder raw materials of the SLS machine. After printing, the semi-manufactured scaffolds are sintered at high temperature to remove the binder, and finally the target products are obtained [42,43]. The use of indirect SLS printing can eliminate the shortcomings of conventional direct SLS printing at higher working temperature, that is, the support occurs wavy deformation, hydroxyapatite decomposition [44]. It also showed good mechanical strength, porosity, pore size and promoting osteogenic differentiation [45].

2.4.1. Selective laser melting (SLM)

Based on SLS, SLM was proposed by The Fraunhofer Laser Research Institute in Germany in 1995. It adopts a laser to selectively layer melt solid powder and solidifies the molten layer to form parts. Unlike SLS, SLM is formed by melting and curing off powder rather than adding binder in the forming process, so that porosity and pore shape can be controlled more conveniently and porous parts with complex internal structure can be formed [46]. At the same time, due to the rapid melting of powder by laser scanning, instantaneous solidification, and fine microstructure, SLM forming pieces have better mechanical properties than castings, which makes them have outstanding advantages in the forming of complex and difficult workpiece, and suitable for the processing of a complex irregular supports with small structure and high quality.

2.5. Printer-based systems

2.5.1. Three-dimensional printing

Three-dimensional printing technology, also called material jetting printing [47] or inkjet printing [48], is an additive manufacturing method that creates structures by selectively gluing polymer or inorganic powders into 3D structures layer by layer. The basic method is to cover the surface of the base with a thin layer of powder. Then the computer CAD model is used to control the spray area of the liquid binder according to the specified path. After moving the workstation layer of powder up and down, a thin layer of powder is covered on the adhesive layer and the surface. Step by step, the raw material of unbound powder is finally removed, and a 3D model is constructed [47]. This technology is usually used in combination with other technologies, such as high temperature burning [49], stereolithography [50], or electro-hydro dynamic jetting [51], etc. The following is a commercial application of a more widely used, but also a combination of a variety of technologies of printing technology.

2.5.2. PolyJet

In 2000, Objet, an Israeli company that was acquired by Stratasys, Inc. in 2011, applied for a patent for the PolyJet polymer injection technology. PolyJet’s technology is similar to that of the 3D printing, but instead of a binder it is sprayed with a resin material.

PolyJet can also be considered as a close relative of melt deposition technology. Like the FDM, it works by printing parts one layer at a time using an extruder nose. Instead of using filaments to deposit the material on a printing bed, however, PolyJet works more like 2D inkjet printing, where the extruder deposits tiny droplets of a selected photopolymer material on the bed, which is then cured with UV light, sort of like SLA. Stratasys, Inc. launched biocompatible MED610 creates rigid, transparent parts such as surgical guides for a dental implant or orthopedic procedures (see Fig. 5).

The researchers added the polydopamine (PDA)/hydroxyapatite (HA) coating to the printed MED610 subjects to assess their physical properties, cell proliferation, cell morphology, and alkaline phosphatase expression levels. The PDA/HA coating was found to enhance scaffold hardness, biocompatibility, and osteogenic differentiation potential [52].

3. Multi-technology joint manufacturing

In practical application, in addition to single application technology, multiple technologies can also be used to jointly
### Table 1
Examples of application.

| Technique    | Typical resolution | Materials | Cells       | Example | Reference |
|--------------|--------------------|-----------|-------------|---------|-----------|
| **FDM**      | 250–500 μm         | nHA, PCL  | hMSC        |         | [55]      |
|              | 200 μm             |           |             |         |           |
| **PED**      | 100–250 μm         | PCL, RAD16-I | hMSC       |         | [78]      |
|              | 400 μm             |           |             |         |           |
| **LDM**      | 250–500 μm         | BCP, PVA, PRF | BMSCs     |         | [18]      |
|              | 500–600 μm         |           |             |         |           |
|              | 250 μm             | PCL/DCM   | MSCs        |         | [80]      |
| **3D Bio-plotting** | 250–400 μm     | pcHtPs, CHMA, PVA | BMSCs |         | [54]      |
|              | 25–100 μm          |           |             |         |           |
|              | 300 μm             | PLGA      | MSCs        |         | [81]      |
|              | 100–1000 μm        | Alg       | ADSC        |         | [82]      |
|              | 450–1000 μm        | Alg       | MSCs        |         | [83]      |
|              | 450–700 μm         | PCL/PLGA/Hap | rBMSCs   |         | [84]      |
|              | 400 μm             | MBG/SA–SA | hBMSCs     |         | [75]      |
|              | 350 μm             | Hty       | hMSCs       |         | [85]      |
|              | 400 μm             | Alg/gelatin | rBMSC     |         | [86]      |
|              | 250 μm             | PLLA, nHA | MSCs        |         | [13]      |
|              | 500 μm             | printable alginate | SCAPs |         | [87]      |
| **SLA/DLP**  | 15–300 μm          | PEG-DA    | hMSCs       |         | [17]      |
|              | 200 μm             |           |             |         |           |
| **SLS/SLM**  | 50–100 μm          | TiAl6V4   | hBMSCs     |         | [88]      |
|              | 100–300 μm         |           |             |         |           |
|              | Ra:0.24 ± 0.1 μm   | Co–Cr     | hADSC       |         | [76]      |
|              | 400 μm             | β-TCP     | MSCs        |         | [89]      |
| **3D-printer** | 100 μm            |           |             |         |           |
manufacture scaffold materials to improve technical advantages or avoid disadvantages.

### 3.1. Joint manufacturing of several 3D printing technologies

Using one 3D printing technology alone may not be able to meet the requirements of the instructions of the 3D printer. For example, the choice of printing ink, some ink inadequately yields strength of the requirements of the instructions of the 3D printer. For example, scientists solved this problem by using ultraviolet cross-linking from SLA technology, causing that the ink is sheared thin, gelatin-sol transformed, and ultimately achieves excellent printability and fidelity [53,54].

### 3.2. Combined manufacturing with traditional technology

Although 3D printing technology has a huge advantage over traditional technology, traditional technology is not useless. For instance, scientists used innovative bio-inks to combine FDM technology with casting technology to create new types of osteochondral tissue constructs, producing the scaffolds with excellent mechanical properties and enhanced adhesion, growth, and differentiation of hMSCs [55].

### 3.3. Direct and indirect manufacturing

In the practical application of 3D printing, researchers have found the limitations of direct printing (e.g. the inability to process low-viscosity materials) and then used indirect printing to solve the problem, and made relevant comparisons [56]. The specific methods are as follows: First, design a negative blueprint of the target build. Sacrifice molds can then be printed through several high-resolution devices to generate a well-defined stand. The material is then cast and cross-linked to form the final shape, and the mold is then removed [57,58]. By using a combination of indirect 3D printing and freeze-drying methods, Bidgoli, M. R. et al., created 3D silk fibroin and silk fibroin-bioactive glass (SF-BG) scaffolds with graded bioactivity to achieve better control, improved uniform pore structure and in vitro bioactivity [59] (see Table 1).

### 4. Scaffold modification after printing

To achieve the desired effect, post-printing modification is often used to increase or trim the scaffold performance. Such modifications not only improve in vitro stem cell differentiation and growth but also enhance histocompatibility after transplantation. As shown in Table 2.

### 5. Clinical applications

In the past decade, with the development of 3D printing technology, a large number of tissue engineering scaffolds have been made for clinical applications by using novel materials and innovative technologies. It brings great hope and encouragement to clinicians and patients. For example, Yuki Kanno et al. used 3D printing to make customized artificial bones (CT bone) and applied them to 20 patients with facial deformities. After medium and long-term follow-up, CT bones morphology were maintained in good condition, and good bone replacement obtained a good prognosis [60]. In addition to bone defect repair and transplantation, this technology is also widely used in clinical teaching [61,62], preoperative simulation [63], intraoperative navigation.

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**Table 1** (continued)

| Technique | Typical resolution | Materials | Cells | Example | Reference |
|-----------|--------------------|-----------|-------|---------|-----------|
| 500–600 µm and 10–50 µm | SF-BG | hBMSCs | ![Image](427x635 to 481x659) | ![Image](427x675 to 481x699) | [59] |
| PolyJet | 100 µm | MED10 | hMSCs | ![Image](427x635 to 481x659) | ![Image](427x675 to 481x699) | [52] |

**Table 2**

Scaffold modification after printing.

| Modification | Scaffold | Printing Technology | Effect | Reference |
|--------------|---------|---------------------|--------|-----------|
| cold atmospheric plasma (CAP) | PEGDA | SLA | Enhanced the surface nano-roughness, benefit for hMSC adhesion, proliferation, and chondrogenic differentiation. | [38] |
| PDA + TGF-β1 | PCL | FDM | Improved biological performance. | [55] |
| SDF-1s | Titanium | FDM | Attracted significantly more stem cells. | [88] |
| copper-loaded- ZIF-8 nanoparticles coated with graphene oxide (GO) | Alg | 3D Bio-plotting | The mMSCs cultured well-spread and adherent with a high proliferation rate. Kill bacteria | [81] |
| miRNA-148 b-transfected electrical stimuli | PCL/PLGA/HAp gelatin-graphene conduits | 3D Bio-plotting | Provide electrical conductivity and cell affinity sites. | [82] |
| functionalized with azide-Heparin (az-Heparin) to bind homogeneous nano apatite coating | HTy | 3D Bio-plotting | Improved bone regeneration considerably. Have a profound effect on the differentiation of MSCs to SC-like phenotypes and their paracrine activity. | [84] |
| low intensity pulsed ultrasound (LIPUS) | PEGDA | SLA | Significantly enhanced osteogenic differentiation of hMSCs | [85] |
| | | | Significantly stimulated the proliferation and osteogenic differentiation of rat bone marrow stem cells, and nano apatite coating increased the protein adsorption on the surface of scaffolds. | [23] |
| | | | Increase proliferation, stimulation enhanced GAG synthesis. Additionally, type I collagen production increased by 60% and 40%. | [54] |
6. Conclusions

6.1. The advantages of 3D printing

In the past few years, 3D printed bone tissue engineering scaffolds have been increasingly used in the application of stem cells, especially for bone repair and cartilage regeneration of composite structure, which has great advantages that traditional technologies cannot replace. An increasing understanding of the machining parameters that affect these structural properties can help to develop increasingly optimized composites. The 3D printing technology uses many kinds of materials and composite materials, which not only cover the material scope of traditional technology but also derive the material making which could not be realized before by using the technologies (e.g., scaffolds with controllable drug release [75]). 3D printing technology can print highly accurate and complex internal and external structures that adapt to mechanical and biological surface characteristics [76], thus enabling the preparation of customized, patient-specific implants that are highly suitable for tissue and organ defects, as well as disease simulation platforms [77] and stem cell research platforms [78].

6.2. Problems and limitations

In the field of stem cell research and application, 3D printing technology also has disadvantages and limitations. Firstly, although 3D printing can produce personalized and precise scaffolds, it also brings high clinical and scientific research costs and the shortage of mass production. Secondly, some 3D printed scaffold materials are cytotoxic, and the preparation process is also toxic and pathogenic, which also limits its application in clinical, cell biology and regenerative medicine. Besides, there are still huge challenges in generating complex geometric shapes of composite materials, processing various materials and post-optimization of composite surface properties by utilizing the versatility of 3D printing technology. Finally, with the rapid development of stem cell regenerative medicine treatment, the social ethics, legal rationality and regulatory issues brought by printing organs and tissues are also worthy of our consideration and deep thinking [79].

6.3. The future

With the further optimization of current technologies and the emergence of more bio-ink materials, the design of effective scaffolds for the use of extracellular matrix, bone and cartilage for stem cells is becoming more and more promising. 3D printed scaffolds for tissue engineering could be the key to improving the quality of life for patients with organ defects and dysfunction caused by damage or lesions. The development of new printing materials, nanomaterials, especially biocompatible materials, composite materials and complex biomaterials based on various application requirements is the future development direction of 3D printing technology. Also, to promote the systematization, standardization, non-toxic, harmless, green and environmental protection of 3D printing materials, and to continuously expand the integration of 3D printing technology, stem cell technology and traditional treatment will be the development direction of 3D printing and stem cell production. We expect the organic combination of regenerative medicine and additive manufacturing to be a great success for the benefit of all mankind.

Declaration of competing interest

We declare that we have no financial and personal relationships with other people or organizations that can inappropriately influence our work, there is no professional or other personal interest of any nature or kind in any product, service and/or company that could be construed as influencing the position presented in, or the review of, the manuscript entitled, Applications of 3D printed bone tissue engineering scaffolds in the stem cell field.

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