Enamel Conditioning by Phosphoric Acid and Er.Cr: YSGG Laser Irradiation - EDS and SEM Studies

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This study evaluated the effects of orthophosphoric acid and Er.Cr: YSGG LASER on human enamel by means of a field emission in-lens scanning electron microscope. The materials used for conditioning the teeth were SE™35% (Scotchbond™ Etchant Phosphoric Acid) and MG6-MZ6 tips with Er, Cr: YSGG laser, 30% water, 60% air, 5.5 W/20 Hz according to manufacturer’s instructions. The acid time of action determines enamel demineralization in all situations. Er.Cr: YSGG laser treatment of non-carious enamel, a laser power of 5.5 W is found to be the optimal to improve the micromorphology of enamel.

Keywords: scanning electron microscopy, Er, Cr: YSG Glaser, ortophosphoric acid, enamel

One of the elements to take into account in dental restoration is the preparation of the dental surface at the level of the dental structures involved in the adhesion process.

At the enamel level, the main objective is to remove the bacterial plaque from its level (Figures 1-A and B). The presence of the bacterial plaque prevents proper adhesion of the restoration material by making an incorrect micromechanical preparation.

The acidic enamel coating in the protocol of the new adhesive techniques [1,2] aims at providing an optimal surface adhesive monomer impregnation and consists of: removal of the bacterial plaque; removal of residual debris; the creation of micro retention in the form of crypts (Fig.2) [3] by: partial and preferential dissolution of prismatic and interprismatic mineral crystals with the appearance of micro- and macro-retentions (micro-tags and macro-tags) [4]; increasing the free surface energy of the enamel, which facilitates the wetting of the area engraved by the adhesive [5]; providing a larger contact surface between the enamel and the resin [6]. All these objectives aim at obtaining an efficient enamel hybridization by a maximum monomer infiltration, so that the adhesion force value is less dependent on the depth of enamel penetration and more the total contact surface between the resin and the substrate [7]. Controversies in the literature on the conditioning of the enamel substrate have led us to highlight the enamel structure after 35% orthophosphoric acid in different working times and the application of YSGG laser (Biolase Waterlase-MD) laser. The null hypothesis was that there are no differences in the structure of the enamel after different times for etching. The testable hypothesis was that there are differences in the structure of the enamel after different times for etching.

Experimental part

The analysis of the enamel structure by SEM

The enamel structure was analyzed by SEM (Scanning Electron Microscopy) and EDS- (Energy-dispersive X-ray spectroscopy) by JEOLJSM 6390® Japan. The study was conducted in vitro on human premolar and molars extracted for orthodontic or periodontal reasons, after obtaining informed consent of patients. The samples were stored in a physiological serum, sectioned mesial-distal in the longitudinal direction (diamond discs) finished 400, 600, 1200 and 2400 grit SiC paper, polished with gums and abrasive paste 6, 3, 1 and 0.25 µm under continuous irrigation. The samples were divided in seven groups depending on the type of etching. The materials used for conditioning the teeth were SE™35% (Scotchbond™ Etchant Phosphoric Acid-3MESPE-Seefeld, Germany) and MG6-MZ6 tips with Er, Cr: YSGG laser (Biolase Waterlase-MD), according to manufacturer’s instructions, as for enamel 30% water and 60% air at 5.5 W/ 20 Hz. The samples were etched with H3PO4 35% according to protocol and washing for 10 seconds with distilled water after the Bates et al. [3]. The samples were conditioned as follows: GR.1= SE™35% - 5 s; GR.2= SE™35% - 10 s; GR.3= SE™35% - 20 s; GR.4= SE™35% - 30 s; GR.5= SE™35% - 60 s; GR.6= SE™35% - 120 s; GR.7= Er. Cr: YSGG laser irradiating at 30% water and 60% air at 5.5 W/ 20 Hz. The teeth were then stored in saline solution 48 h. SEM and EDS observation was done with JEOLJSM 6390® Japan.

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Results and discussions

EDS analysis revealed the structure of enamel is according to the Table 1 and Figure 2.

By electronic microscopy studies we highlighted the fact that a time by 5 s (Figure 3-A), 10 s (Figure 3-B), 20 s (Figure 3-C), 30 s-D) as effective as one performed for 60 s (Figure 3-E), or 120 s (Figure 3-F), the enamel attack mode being unchanged by the time of action except the depth around the enamel prisms.

Table 1

| Element (keV) | Mass% | Error% | Atom% | Compound | Mass% | Cation |
|---------------|-------|--------|-------|----------|-------|--------|
| C K           | 0.277 | 9.72   | 0.42  | 17.57    | 2.4082|        |
| O K           | 0.525 | 37.51  | 1.00  | 50.89    | 16.8017|        |
| P K           | 2.013 | 18.71  | 0.21  | 13.11    | 23.8945|        |
| Ca K          | 3.690 | 34.05  | 0.32  | 18.44    | 51.8956|        |
| Total         | 100.00|        |       | 100.00   |        |        |

The technique of total acid etching made for the adhesion of composite resin to enamel has revolutionized the practice of dental restorations. This involves the dissolution of OH-apatite resulting in retention, interprismatic or intraprismatic crypts (Fig.3-C).

Regarding the micrographic analysis of the acid treated enamel surface, we highlighted the fact that a 15-s acid is as effective as one performed for 60 s, the enamel attack mode being unchanged by the time of action except the depth around the enamel prisms (Figures 3-F, 3-G). The enamel dissolution is related to the degree of different mineralization (observed between the two Retzius striations) and the evolution of the organic components depending on the late maturation stage. The attack of acids is homogeneous between two Retzius striations, but decreases in intensity at striae level. This may be due to the change in the direction of orientation of the prismatic structures inside the strips and to the composition of the organic matrix, which is a limiting factor for the diffusion of the acid solutions and the destructions they produce.

Studies have shown that the strength of adhesion has not been affected by the demineralization depth. [8]. This study highlights the fact that the adhesion strength of composite resins is not significantly influenced by the type of acid used. (19.7 MPa (Mega Pascal) following 35% orthophosphoric acid grading, 18.6 MPa when using 10% maleic acid in micro filler composites) but is influenced by the type and composition of the restoration material even if they are of the same class Materials (composite) (5.9 MPa 35% orthophosphoric acid scoring, 15 s and 3.2 MPa after maleic acid grading - for microfibers and hybrids). Many specialty studies have highlighted various aspects of SEM and EDS and other types of enamel structure tests [9-18].
Also enamel remineralization changes were evaluated in 32 teeth with energy-dispersive X-ray spectroscopy (EDS) and field emission scanning electron microscope (FESEM) [19]. A study which analyzed demineralized enamel led to a significantly lower margin integrity when the self-etch adhesive I Bond Self Etch was applied, but did not affect margin integrity when the etch-and-rinse adhesives Optibond FL (filled) or Syntac Classic (unfilled) were used [20].

The more or less clear emphasis of the interpersonal structure directs us to apply 35% orthophosphoric acid for at least 30 s if a good complication of material is desired in the substructure [21]. Otherwise any demineralization of the substrate and laser treatment favor material retention more in the surface. Where there is no need to do so and the restoration material has a chemical or chemical-mechanical adhesion mechanism, adhesion conditions can be ensured. [22].

Conclusions
Within the limits of the present study, it can be concluded that the differences in the structure of the enamel prisms with time and different methods of conditioning are not significant. Er.Cr: YSGG laser treatment of non-carious enamel, a laser power of 5.5 W is found to be the optimal to improve the micromorphology of enamel.

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