MICROWAVE IRRADIATION SYSTEM FOR A RAPID SYNTHESIS OF NON-TOXIC METALLIC COPPER NANOPARTICLES FROM GREEN TEA

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Abstract: This paper presents a rapid protocol of microwave-assisted green synthesis of non-oxidized metallic copper nanoparticles (CuNPs) using green tea (Camellia sinensis (L.) Kuntze) extract. Following the successful biosynthesis, characterization techniques such as UV–vis spectroscopy, Fourier transform infrared spectroscopy (FTIR), Scanning electron microscopy (SEM) associated with Energy Dispersive X-ray analysis (EDX), X-ray Diffraction (XRD) and Zeta analysis were employed to confirm the presence of metallic CuNPs and reveal their morphology. UV–vis spectrum of fabricated CuNPs indicated its characteristic maximum absorbance at 570 nm. Synthesized CuNPs were found to be round to globular in shape, with average size of 45.30 nm, and showed excellent stability without any aggregation for several months. EDX graph confirmed the highest amount of copper atoms (77.96%) along with carbon and oxygen with the percentage of 17.17% and 4.87%, respectively. The non-toxic nature of the phytosynthesized CuNPs was further established by using healthy mouse fibroblast L929 cell line, which showed their potentiality for biological research and many other applications.

Introduction

Noble metallic nanoparticles (NPs) have been attracted by the scientists of different fields, as a result of their unique magnetic, optical, catalytic, and electrical properties, and wide range multidisciplinary applicability (Tsuij et al. 2005). Concerning eco-safety, it is necessary to expand environmental friendly approaches without using toxic and hazardous chemicals. Use of plant-based extractions for the synthesis of metallic nanoparticles is advantageous, which is convenient, cost effective and non-hazardous for the environment (Jha et al. 2009, Annamalai et al. 2011). Moreover, synthesis of nontoxic metallic nanoparticles is also necessary since these particles are utilized extensively in the areas of human contact.

Copper nanoparticles have earned more importance because of their historical usages as coloring agents, as well as their broad-spectrum bioactivity and biomedical application in contemporary time. In recent times, they are taken as one of the most applied disinfectants for drinking-water purification due to their strong antimicrobial potential (Ruparelia et al. 2008). Besides, catalytic activities, high thermal and electrical conductivities of CuNPs facilitate their suitability for developing different biosensors and electrochemical sensors (Wei et al. 2010). Moreover, copper is most abundant naturally occurring metallic element; therefore, this metal is cheaper than other metals, i.e. platinum, gold and silver; therefore, CuNPs synthesis is
more profitable than other metallic nanoparticles. Nonetheless, the biggest problems for synthesizing stable CuNPs are their susceptibility to aggregation and tendency to oxidize easily during NPs production (Lee et al. 2013, Dang et al. 2011). For this reason, a rapid green synthesis method with suitable plant extract for the production of non-oxidized metallic copper nanoparticles is able to resolve this problem. Aiming this, plant mediated synthesis with microwave irradiation could be the fast and facile option for copper nanoparticle production. Microwave irradiation provides a fast and homogeneous heating system which confirms consistent nucleation and growth of nanoparticles in the reaction medium within a short period of time, increase the rate of capping by plant extracts, and speed up the stabilization process of NPs; and thereby, reduce oxidation and aggregation rate of CuNPs (Joseph & Mathew 2015, Nasrollahzadeh & Sajadi 2015). Previous studies have suggested that the microwave-assisted synthesis scheme is the effective approach for producing highly stable metallic CuNPs (Yallappa et al. 2013, Nasrollahzadeh & Sajadi 2015, Sreeju et al. 2016, Tanghatari et al. 2017). For instance, microwave irradiation was utilized in a study to synthesize zero valent metallic copper (Cu0) nanoparticles from Terminalia arjuna (Roxb.) Wight & Arn. bark extract (Yallappa et al. 2013). Similarly, highly stable metallic copper nanoparticles (CuNPs) were synthesized by using Psidium guajava L. leaf extract and hydrazine through microwave-assisted one-pot method (Sreeju et al. 2016). On the other hand, metallic non-oxidized CuNPs were successful synthesized separately from both potato starch and polyvinylpyrrolidone (PVP) after using microwave heating system (Tanghatari et al. 2017).

Based on the above mentioned reasons, this study was designed to establish a suitable rapid and facile green synthesis of metallic copper nanoparticles (CuNPs) by using green tea (Camellia sinensis (L.) Kuntze) extract for synthesizing CuNPs through microwave irradiation. Choosing green tea for synthesizing CuNPs in this study was due to the fact that its extract is rich in different biologically active polyphenols, bioflavonoids, alkaloids, caffeine, volatile compounds, amino acids, glucides, proteins, reducing sugars, etc., which could be very effective reducers and stabilizers during the synthesis process (Reto et al. 2007). Previously, green tea leaves extract has been utilized for synthesizing copper oxide (Sutrathdar et al. 2014), iron (Gottimukkala et al. 2017, Lourenço et al. 2019), zinc oxide (Irshad et al. 2018) and silver (Rolim et al. 2019) nanoparticles; and different bioactive polyphenols of the green tea extract were found to be common functional compounds that worked as reducing agent as well as capping agent for synthesizing these NPs.

Aiming for a rapid and simplistic synthesis using green tea extract therefore, two very basic parameters i.e., time and temperature of the microwave system were chosen for the production of metallic non-oxidized CuNPs. Afterwards following the successful biosynthesis, various characterization techniques were employed to confirm the presence of CuNPs as well as reveal their shape, size and other morphologic features. Furthermore, cytotoxic effect of phytosynthesized copper nanoparticles was also examined to ensure their safe usages of nano-based researches and application in biological science.

Materials and Methods

Plant Extract Preparation and Fabrication of Cu-Nanoparticles

In this study, copper (II) sulfate pentahydrate (CuSO4·5H2O) and other chemicals needed were analytical grade, which were acquired from Sigma-Aldrich (St. Louis, MO, USA). Instruments were properly dried and autoclaved before use. 10 gm dried green tea leaves were taken into 250 ml Erlenmeyer flask with 100 ml ultra-purified deionized water, place onto as electric heater (lab-grade) at 80°C for 20 min with continuous rousing using a magnetic stirring bar. Afterwards, Whatman No. 1 filter paper was employed for removing debris from the extract solution was then filtered using and kept at 4°C.

Different ratios of plant extract and salt solution were used to determine the optimum parameters for copper nanoparticle synthesis, and the successful synthesis was obtained when 50 ml fresh green tea extract and 50 ml 1 mM CuSO4·5H2O solutions were mixed together and then, heated in the microwave for 2 minutes at 700 W with continuous stirring by magnetic stirrers. Afterward, 5 ml L-ascorbic acid (10%) solution was mixed within the synthesis medium, and then again, placed into microwave for 15 min at 700 W, which provided constant homogeneous heating of 160-170°C (power setting: P80). L-ascorbic acid at very low concentration was used as an additional precursor for preventing the oxidation of biosynthesizing nanoparticles especially after post-synthesis phase until purification process since metallic copper nanoparticles are very sensitive to aqueous solution, and tend to oxidized easily (Cheng et al. 2006, Suresh et al. 2014). After forming a dark blackish brown colloid inside the synthesis medium, Whatman Grade No. 5 filter paper with 2.5 µm pore size was used to eliminate large discarded particles from the sample solutions; then centrifuged 3-4 times at 5000 rpm for 15 minutes at 4°C. Finally, the purified precipitate was dried under vacuum condition; and powdered CuNPs stocked in a dark colored vial, which was stocked up at 4°C further experiments.

Characterization of Synthesized CuNPs

Shimadzu UV-1700 spectrophotometer was used for revealing the optical property of synthesized copper NPs. Using UV-vis quartz cell, powdered nanoparticles suspended in deionized water was used to collect spectral peaks at the rage of 200-800 nm wavelengths where ultrapurified H2O was taken as blank. Using FT/ IR-6300 (JASCO, Tokyo, Japan) spectrometer, potassium bromide (KBr) pellet (FTIR grade) method was applied to read IR
situates bond; (3) electron microscopy (SEM) was used to adjust the morphology and chemical composition of developed nanoparticles. Lastly, particle average size distribution, and potential value were determined using a Zetasizer (model name: Zetasizer nano ZS, Malvern Instruments Ltd., UK).

**Cytotoxicity Study of copper nanoparticles**

The cytotoxicity of biosynthesized CuNPs was evaluated on L929 mouse fibroblast cell lines. Using XTT assay [2,3-bis-(2-methoxy-4-nitro-5-sulfophenyl)-2H-tetrazolium-5-carboxanilide] the percentage of viable cells in culture media was determined by observing optical intensity of these viable cells. For maintaining the culture of cell line, DMEM-F12 medium was utilized supplemented with 10% fetal bovine serum and penicillium-streptomycin, which was incubated at 37°C with 5% CO2 air flow. After incubation, completely affluent cells were detached from the upper layers of the cell containing vessels using Trypsin. Afterward, by staining with Trypan blue, the viable cells were identified, and counted from the detached cultured cells. Prior to applying nanoparticle into cell medium, 1 mL medium was used to adjust the density of obtained viable cells to 106. Aiming this adjustment, 100 μL of cell suspension was plated in every well of sterile 96-well flat bottom microplate (BD, Biosciences) within a short period of time. Before incubating at 37°C, the biosynthesized CuNPs was added to cultured cells with an increasing concentration (0, 0.1, 0.25, 0.5, 1, 2.5 and 5 μg/mL). After 24 hours of incubation, old medium was removed, and 100 μL XTT solution (with 0.5 mg/ml DMEM, which was adjusted to Phenazine methosulfate (7.5 μg/mL)) containing 100 ml fresh medium was added, and again incubated for 4 hours at the same temperature. Later on, a multiplate reader (model: Lab-Line Instruments, Melrose Park, IL, USA) at 450 nm was employed for measuring optical density (OD) of active viable cells from the suspension. Lastly, the cell viability was calculated in percentage (%) following this equation (Sahu et al. 2016):

\[
\text{Cell viability (\%) } = \frac{\text{OD of specimen}}{\text{OD of control}} \times 100
\]

**Results**

In this study, the production of copper nanoparticles was accomplished using green tea (Camellia sinensis) extract, which played the vital role as reducer and stabilizer during the synthesis. Microwave-assisted synthesis system was adjusted based on temperature and time that provided high reaction kinetics in the reaction medium, and confirmed higher yield within a shorter period of time. Initially, the reduction of ionic copper to nanoparticles was confirmed by colloidal formation and color changing in the reaction medium (Fig. 1). Moreover, UV-Vis absorbance of reaction medium after synthesis showed a peak of λmax at 570 nm (Fig. 2) indicating the presence of stabilized non-oxidized copper nanoparticles (Dang et al. 2011, Hassain et al. 2018).

Furthermore, XRD analysis confirmed the crystalline nature of phytosynthesized copper nanoparticles. Fig. 3 exhibits the XRD pattern of biosynthesized CuNPs using green tea extract. Five strong diffraction peaks were centered at 43.47°, 50.61°, 74.32°, 90.28° and 95.40°, which according to the standard database of the JCPDS card no: 04-0784, correspond to the planes of (111), (200), (220), (311) and (222) corroborate the presence of face-centered cubic crystalline structures metallic non-oxidized copper nanoparticles (Otte 1961).

Fourier transform infrared (FTIR) spectroscopy of fabricated nanoparticles revealed diverse functional groups of biomolecules that coated with the nano-scaled particles by creating a layer, and worked as reducer and stabilizer agents during the development of CuNPs (Usha et al. 2017). Fig. 4 represents FTIR spectra of CuNPs phytosynthesized via green tree extract. Peaks were observed mainly at 3,560.89 cm\(^{-1}\) for O-H stretching; 2,917.42 cm\(^{-1}\) for medium alkane C-H stretching; 1,631.24 cm\(^{-1}\) for strong alkene monosubstituted bond; 1,094.80 cm\(^{-1}\) for strong C-O stretching alcohol bond; 613.40 cm\(^{-1}\) for \(-\text{C-X bond (X=bromide)}\) and 426.90 cm\(^{-1}\) for metal ligand bond. Considering the existence of these functional groups with biosynthesized nanoparticles, FTIR spectra therefore have confirmed that nanoparticles obtained in this study were enclosed, capped, and stabilized by some amino acid residues, proteins, reducing sugars, polyphenols, flavanones, and terpenoids available in green tea extract (Usha et al. 2017).

**Fig. 1.** (A) Copper (II) sulphate pentahydrate solution; (B) aqueous extract of green tea; and (C) color changed after the synthesis of copper nanoparticles.
Scanning Electron Microscopy (SEM) at 5 µm scale indicated the presence of round shaped copper nanoparticles (Fig. 5A) phytosynthesized from green tea extract. Besides, Energy-dispersive X-ray spectrometry (EDX) was employed to determine both qualitative and quantitative analysis of nanoparticles. EDX graph confirmed the highest amount of copper atoms (77.96%) along with carbon and oxygen with the percentage of 17.17% and 4.87%, respectively (Table 1). EDX study (Fig. 5B) also indicated the presence of non-oxidized metallic copper nanocrystals by giving characteristic peaks at 1, 8 and 9 keV (Aziz 2017). Moreover, visible peaks of carbon and oxygen atoms were also followed the result of FTIR analysis.

Zetasizer provides the information about size distribution of nano-sized particles in terms of average particle diameter whereas the net surface charge of nanoparticles is measured by zeta potential value, which helps to understand the stability of the colloidal particles (Kaviya et al. 2011). The particle size distribution (Fig. 6A) and of potential value (Fig. 6B) the phytosynthesized CuNPs using green tea extract were revealed in Fig. 6. Particle dimension distribution by number has revealed the z-average of CuNPs as 45.30 nm with the mean potential value of -19.0 mV. Higher negative value of NPs proved their better stability as a result of possible capping of the biomolecules available in green tea extract (Edison & Sethuraman 2012).
Microwave irradiation system for a rapid synthesis of non-toxic metallic copper nanoparticles from green tea

Fig. 4. IR spectra of biosynthesized copper nanoparticles using green tea extract.

Fig. 5. (A) SEM image; (B) EDX graph of synthesized copper nanoparticles.

Fig. 6. (A) Particle size distribution; (B) zeta potential value of fabricated copper nanoparticles.
Table 1. The weight percentage (%) of different elements present in biosynthesized CuNPs from green tea.

| Element | Weight % | Weight % Sigma | Atomic % |
|---------|----------|----------------|----------|
| C       | 17.17    | 0.23           | 48.29    |
| O       | 4.87     | 0.09           | 10.27    |
| Cu      | 77.96    | 0.23           | 41.44    |
| Total   | 100.00   | 100.00         |          |

To estimate biocompatibility of biosynthesized CuNPs, cytotoxic effect of nanoparticles was studied using healthy regular mouse fibroblasts cell line (L929). By applying XTT reagent, pigmentation rate of functional mitochondrial enzymes of viable cells after treated with different concentrated (0, 0.1, 0.25, 0.5, 1, 2.5 and 5 μg/mL) copper nanoparticles was measured as the absorbance of optical density, which is directly proportional to the cell viability (Jahan et al. 2019). Fig. 7 showed the in vitro cytotoxic effects of copper nanoparticles phytosynthesized using green tea extract. Based on the absorbance values and by following the formula, the percentage of cell viability is more than 90% in each concentration of nanoparticles, which is considered as non-toxic (López-Garcia et al. 2014).

![Graph showing cytotoxic effects of copper nanoparticles on healthy regular mouse fibroblasts cell line](image)

**Fig. 7.** Cytotoxic effects of copper nanoparticles on healthy regular mouse fibroblasts cell line (L929).

**Discussion**

A rapid and facile microwave-assisted green synthesis for fabricating non-oxidized metallic copper nanoparticles (CuNPs) was established in this study. Regarding the development of non-oxidized metallic CuNPs, it is always challenging to synthesize CuNPs without any oxidation since metallic copper has a high tendency to oxidize easily during NPs production process if the synthesis process takes longer period of time (Lee et al. 2013). During the synthesis, microwave irradiation played as the driving force by providing a rapid and homogeneous heating system that sped up the synthesis process and accelerated the rate of capping by plant extracts which promoted a faster stabilization of biosynthesized CuNPs, and thus, produced non-oxidized copper without any aggression. Presence of non-oxidized CuNPs was further detected by UV-vis spectroscopy and XRD analysis.

Previous studies have utilized green tea and black tea extract as reducing and stabilization agents for metallic nanoparticle synthesis. But, they were applied mainly for synthesizing copper (II) oxide nanoparticles (CuONPs). For instance, tea leaf extract and copper nitrate at the ratio of 3:1 was subjected to microwave-irradiated heating for fabricating copper (II) oxide nanoparticles, which showed their characteristic absorption peak at 271 nm (Surtradhar et al. 2014). In another study, copper nitrate and black tea powder extract (1:2 ratio) were used for synthesizing CuONPs which were attained after placing the reaction medium at 300°C for 3 hours (Mathew 2018). The presence of copper (II) oxide nanoparticles (CuONPs) was further confirmed by XRD analysis based on their diffraction peaks (Mathew 2018). Moreover, fresh tea (*Camellia sinensis*) leaves were applied in a study to reduce non-oxidized metallic CuNPs by using copper (II) chloride (CuCl₂) salt (Keihan et al. 2016), where 10 ml aqueous extract of fresh tea leaves was inserted drop-wise into 100 ml of 1 mM copper (II) chloride salt solution and the system was refluxed at 100°C for 3 h. UV–visible spectra confirmed the development of metallic nanocopper by providing surface plasmon resonance at 560 nm (Keihan et al. 2016).

Nevertheless, in a comparison with the abovementioned literatures, this study utilized the microwave-heating system at 700 W with homogenous heating of 160-170°C just for 15 minutes for CuNPs synthesis, which was an expeditious, facile and time saving approach for creating non-oxidized metallic CuNPs. Moreover, copper (II) sulfate pentahydrate (CuSO₄·5H₂O) crystal salt was utilized for supplying Cu²⁺ ions into the synthesizing medium, which is more economic since crystal copper (II) sulfate pentahydrate salt is comparatively cheaper than copper (II) chloride (CuCl₂) salt. Therefore, this protocol can also produce cheaper metallic CuNPs, and can be more profitable and convenient compared to other methods. In addition, different nanomaterials especially the metallic NPs themselves can often be toxic which produces risk to human body or other mammal cells because of their remarkable chemical, physical and biochemical properties (Dizaj et al. 2014, Phull et al. 2016). However, the result of this study presents non-toxic NP which can be more novel and risk free for evaluating their potentiality particularly in medical and beverage applications.

**Conclusion**

Unlike the synthesis of Copper (II) oxide nanoparticles (CuONPs), this study has been a successful protocol of microwave-assisted synthesis of non-oxidized metallic copper nanoparticles (CuNPs) by using green tea (*Camellia sinensis*) extract. Besides, compared to previously applied methods, the protocol establishes a faster, facile and more time saving approach for creating metallic copper nanoparticles. Synthesized CuNPs obtained in this process also showed excellent stability.
without any aggregation for several months. Moreover, non-toxic nature of these synthesized CuNPs on healthy mouse cells, which further signify their potential in a broad range applications including agriculture, medical and biological research.

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