A VOLUMETRIC PENROSE INEQUALITY FOR CONFORMALLY FLAT MANIFOLDS

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Abstract. We consider asymptotically flat Riemannian manifolds with non-negative scalar curvature that are conformal to $\mathbb{R}^n \setminus \Omega$, $n \geq 3$, and so that their boundary is a minimal hypersurface. (Here, $\Omega \subset \mathbb{R}^n$ is open bounded with smooth mean-convex boundary.) We prove that the ADM mass of any such manifold is bounded below by $\left( \frac{V}{\beta_n} \right)^{\frac{n-2}{n}}$, where $V$ is the Euclidean volume of $\Omega$ and $\beta_n$ is the volume of the Euclidean unit $n$-ball. This gives a partial proof to a conjecture of Bray and Iga [4]. Surprisingly, we do not require the boundary to be outermost.

1. Introduction

One of the major results in differential geometry is the positive mass inequality, which asserts that any asymptotically flat Riemannian manifold $M$ with nonnegative scalar curvature has nonnegative ADM mass. Furthermore, the inequality is rigid, in that the ADM mass is strictly positive unless $M$ is isometric to the Euclidean space $\mathbb{R}^n$. This inequality was proved in 1979 by Schoen and Yau [14] for manifolds of dimension $n \leq 7$ using minimal surface techniques. Witten [17] subsequently found a different argument based on spinors and the Dirac operator. (See also [2] and [12].) Witten’s argument works for any spin manifold $M$, without any restrictions on the dimension.

A refinement to the positive mass inequality in the case when black holes are present is the Riemannian Penrose inequality. It asserts that any asymptotically flat manifold $M$ with nonnegative scalar curvature containing an outermost minimal hypersurface of area $A$ has ADM mass $m$ that satisfies

$$m \geq \frac{1}{2} \left( \frac{A}{\omega_{n-1}} \right)^{\frac{n-2}{n-1}},$$

where $\omega_{n-1}$ is the area of the $(n-1)$-sphere $\mathbb{S}^{n-1}$. This inequality is also rigid, in that it is strict unless $M$ is isometric to the Riemannian Schwarzschild manifold. This inequality was first proved in three dimensions in 1997 by Huisken and Ilmanen [10] for the case of a single black hole. In 1999, Bray [3] extended this result, still in dimension three, to the general case of multiple black holes using a different technique. Later, Bray and Lee [4] generalized Bray’s proof for dimensions $n \leq 7$, with the extra requirement that $M$ be spin for the rigidity statement.

A special situation arises if we restrict ourselves to the case of conformally flat manifolds. There, the proof of the positive mass theorem follows from Green’s formula. In view of this, Bray and Iga conjectured the following in [4].

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1See the beginning of §3 for the precise definition.
Bray-Iga Conjecture. The Riemannian Penrose inequality holds for arbitrary-dimensional conformally flat, asymptotically flat manifolds with nonnegative scalar curvature.

Bray and Iga gave a partial proof of this conjecture in [4]. They showed that the RPI holds with suboptimal constant $c < 1$ on manifolds conformal to the flat metric on $\mathbb{R}^3$ minus the origin. Specifically, they proved that $m \geq c \sqrt{A/16\pi}$ where $A$ is the infimum of the areas of all surfaces enclosing the origin.

In this paper we prove what we call a “volumetric” Penrose inequality for conformally flat manifolds which works in arbitrary dimensions, thus partially answering the Bray-Iga conjecture. An important point to note concerning our inequality is that it is also a suboptimal inequality, in that it is weaker than than the RPI in the cases where the latter is applicable. On the other hand, our Theorem works in all dimensions $n \geq 3$. This is particularly interesting in dimensions 8 and above, where no such results (aside from spherically symmetric manifolds) were known to exist.

The precise statement of our main theorem is the following.

**Theorem 1.** Suppose that $(M^n, g)$, $n \geq 3$, is an asymptotically flat $n$-dimensional manifold with nonnegative scalar curvature which is isometric to $(\mathbb{R}^n \setminus \Omega, u^{4/(n-2)} \delta_{ij})$, where $\Omega \subset \mathbb{R}^n$ is an open bounded set with smooth mean-convex boundary (i.e. having positive mean curvature), and $u$ is normalized so that $u \to 1$ towards infinity. If the boundary of $M$ is a minimal hypersurface, then

$$m \geq \left( \frac{V}{\beta_n} \right)^{\frac{n-2}{n}},$$

where $m$ is the ADM mass of $(M, g)$, $V$ is the volume of $\Omega$ with respect to the Euclidean metric, and $\beta_n$ is the volume of the Euclidean unit $n$-ball.

The requirements that $(M, g)$ be conformally flat and that the boundary of $\Omega$ have positive mean curvature appears to be quite stringent, but not so much from a topological point of view. For example, the manifolds we constructed in [15], which are the only known asymptotically flat manifolds with nonnegative scalar curvature having outermost minimal hypersurfaces which are not topological spheres are all conformally flat, and their respective $\Omega$’s have mean-convex boundary. Actually, since we do not require the boundary of $M$ to be an outermost minimal hypersurface, there are many topologically-inequivalent examples of manifolds which satisfy the hypotheses of our theorem. Indeed, from the construction of [15] it follows fairly easily that one can find examples of scalar flat, asymptotically flat manifolds having minimal boundary which is, topologically, the boundary of any given handlebody in $\mathbb{R}^n$. Using appropriate scalings these can be made mean-convex as well.

**Remark 2.** For the special case of a Schwarzschild metric, it can be easily checked that the RHS of inequality (1) is $1/2$ the RHS of equation (RPI). This is, the volumetric Penrose inequality is off by a factor of 2 from being optimal.

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2At the time of submission the author found out that Lam, a student of Bray, has proved the positive mass inequality for graphs of asymptotically flat functions over $\mathbb{R}^n$, and the Riemannian Penrose inequality for graphs on $\mathbb{R}^n$ with convex boundaries, all this for $n \geq 3$.

3The outermost minimal hypersurfaces are, topologically, a product of spheres.
Remark 3. Our theorem does not require that the boundary of $M$ be outermost, in contrast with the standard RPI\footnote{This assumption is necessary in the RPI, for it is well known that counterexamples may be obtained by taking spherically symmetric metrics with fixed mass and arbitrarily large minimal, but not outermost, boundary, like in p. 358 of \cite{10}.}. This may seem odd at first. Nevertheless, since a non-outermost minimal hypersurface bounds a domain that is contained in the domain that the outermost minimal hypersurface bounds, inequality (1) only gives a weaker bound when applied to a non-outermost minimal boundary compared to it being applied to the external region of the outermost minimal hypersurface. Also, notice that we need to impose $u \to 1$ towards infinity to get rid of would-be counterexamples where the volume of $\Omega$ can be made arbitrarily large maintaining the mass bounded.

Outline of the proof. We use a straightforward extension of a theorem of Bray to spin manifolds and obtain a lower bound for the ADM mass of $(M, g)$ in terms of the capacity of its boundary. We then focus on finding an estimate for the capacity of the boundary. It turns out that, in the conformally flat case, this can be done using a spherical symmetrization trick, so long as we can find appropriate bounds for the conformal factor. In order to obtain these we require that the boundary of $\Omega$ be mean-convex.

We should mention that Bray and Miao also exploit the relationship between mass and capacity in \cite{6}, but their estimates go in the opposite direction. In their beautiful work they find upper bounds for the capacity of surfaces in terms of the Hawking mass, all this inside asymptotically flat three dimensional manifolds with nonnegative scalar curvature. The proof of their main theorem relies on the monotonicity of the Hawking mass along inverse mean curvature flow; this is known to work only in dimension three. Their result was inspired by an earlier result of Bray and Neves \cite{7}, where similar techniques were used for computing Yamabe invariants.

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2. Preliminaries

We begin by recalling some classical facts about spherical symmetrization in $\mathbb{R}^n$.

Definition 4. Let $u$ be a function in $W^{1,p}(\mathbb{R}^n)$. Its spherical symmetrization, $u^*(x) = u^*(|x|)$, is the unique radially symmetric function on $\mathbb{R}^n$ which is decreasing on $|x|$, and so that the Lebesgue measure of the super-level sets of $u^*$ equals the Lebesgue measure of the super-level sets of $u$. More precisely, $u^*$ is defined as the unique decreasing spherically symmetric function on $\mathbb{R}^n$ so that $\mu\{u \geq K\} = \mu\{u^* \geq K\}$ for all $K \in \mathbb{R}$.
The following result is a classical theorem in analysis which can be traced back to a principle used by Pólya and Szegő [13]. (See also [16], [9].)

**Symmetrization Theorem** ([13]). *Spherical symmetrization preserves $L^p$ norms and decreases $W^{1,p}$ norms.*

We need the above result for a calculation inside the proof of the main theorem. We now introduce the notions of asymptotical flatness, ADM mass, and capacity, and give a result of Bray concerning these quantities.

**Definition 5.** Let $n \geq 3$. A Riemannian manifold $(M^n, g)$ is said to be asymptotically flat if there is a compact set $K \subset M$ such that $M \setminus K$ is diffeomorphic to $\mathbb{R}^n \setminus B_1(0)$, and in this coordinate chart the metric $g_{ij}$ satisfies

$$g_{ij} = \delta_{ij} + O(|x|^{-p}), \quad g_{i,j,k} = O(|x|^{-p-1}), \quad g_{i,j,k,l} = O(|x|^{-p-2}), \quad R_g = O(|x|^{-q}),$$

for some $p > \frac{(n-2)}{2}$ and some $q > n$, where the commas denote partial derivatives in the coordinate chart, and $R_g$ is the scalar curvature of $g$.

For an asymptotically flat manifold $(M, g)$, it is well known that the limit

$$m(g) = \lim_{r \to \infty} \frac{1}{2(n-1)\omega_{n-1}} \int_{S_r} (g_{ij,i} - g_{ii,j}) \nu_j dA$$

exists, where $\omega_{n-1}$ is the area of the standard unit $(n-1)$-sphere, $S_r$ is the coordinate sphere of radius $r$, $\nu$ is its outward unit normal, and $dA$ is the Euclidean area element on $S_r$.

**Definition 6.** The quantity $m = m(g)$ from above is called the **ADM mass** of $(M^n, g)$.

This notion of mass was first considered by Arnowitt, Deser, and Misner in [1]. Later, Bartnik showed that the ADM mass is a Riemannian invariant, independent of choice of asymptotically flat coordinates, cf. Section 4 of [2]. (See also [8].)

**Definition 7.** The **capacity** of the boundary $\Sigma$ of a complete, asymptotically flat manifold $(M^n, g)$ is

$$C(\Sigma, g) = \inf \left\{ \frac{1}{(n-2)\omega_{n-1}} \int_M |\nabla \varphi|^2 dV \right\},$$

where the infimum is taken over all smooth $0 \leq \varphi(x) \leq 1$ which go to zero at infinity and equal to one on the boundary $\Sigma$.

**Remark 8.** The above definition of capacity differs slightly from the standard definition of capacity. We ask that the functions considered in the infimum satisfy the extra hypothesis $0 \leq \varphi(x) \leq 1$, which is required for the proof of Lemma [13]. Nevertheless, this extra assumption does not affect the outcome of the infimum, since with or without it the infimum is attained by a positive harmonic function no greater than one. (Cf. equation (86) of [3].)

The following theorem of Bray is central to our purposes since it establishes a relationship between mass and capacity.

**Bray’s Theorem** ([3]). *Let $(M^n, g)$, $n \geq 3$ be an asymptotically flat manifold with boundary so that either the double of $M$ is spin, or $M$ has dimension less than 8.
Assume further that $M$ has nonnegative scalar curvature and minimal boundary $\Sigma$. Let $m$ be its ADM mass. Then

$$m \geq C(\Sigma, g),$$

with equality if and only if $(M^n, g)$ is a Riemannian Schwarzschild manifold outside its outermost minimal hypersurface $\Sigma$.

Remark 9. Bray’s original version of the above theorem, which is Theorem 9 of [3], does not include the case of the double of $M$ being spin, but for our purposes this is a natural assumption. It is easy to see that a slight modification of Bray’s proof using Witten’s positive mass theorem whenever necessary gives a proof of the statement above.

Finally, we cite a quick fact about spin geometry that we will use in the proof of the main theorem. (Cf. p.90 of [11].)

**Lemma 10.** Let $M$ be diffeomorphic to $\mathbb{R}^n \setminus \Omega$, where $\Omega$ is a bounded open subset of $\mathbb{R}^n$ with smooth boundary. Then both $M$ and its double across the boundary are spin.

3. Proof of Theorem

Throughout this section we will be using two different metrics:

(i) the Euclidean metric $\delta_{ij}$ on $\mathbb{R}^n$,

(ii) the conformally flat metric of $(M, g)$ given by $g = u^{4/(n-2)} \delta_{ij}$, where $u > 0$ is a smooth function defined on $\mathbb{R}^n \setminus \Omega$,

Standard quantities depending on the metric, like covariant derivatives, volume forms, norms and so on, will be denoted by, respectively,

(i) $\nabla_0$, $dV_0$, $| \cdot |_0$,

(ii) $\nabla_g$, $dV_g$, $| \cdot |_g$.

We begin by proving an estimate for the conformal factor $u$, which is of independent interest. (Here is where we need that the boundary of $\Omega$ be mean-convex.)

**Lemma 11.** Suppose that $(M^n, g)$ is an asymptotically flat $n$-dimensional manifold with nonnegative scalar curvature which is isometric to $(\mathbb{R}^n \setminus \Omega, u^{4/(n-2)} \delta_{ij})$, where $\emptyset \neq \Omega \subset \mathbb{R}^n$ is an open bounded set with smooth mean-convex boundary. Assume that the boundary of $M$ is minimal, and that $u$ is normalized so that $u \to 1$ towards infinity. Then $u \geq 1$ on $M$.

**Proof.** Recall that the transformation law for the scalar curvature under conformal changes of the metric is given by $R_g = \frac{4(n-1)}{n-2} u^{-n/(n-2)} \left( -\Delta_0 R_0 + \frac{n-2}{4(n-1)} R_0 u \right)$, where $\Delta_0$ is the Euclidean Laplacian and $R_0$ is the Euclidean scalar curvature, namely $R_0 \equiv 0$. Since we assume that $R_g \geq 0$, it follows that $u$ is superharmonic on $M$. Therefore, $u$ achieves its minimum value at either infinity or at the boundary $\partial \Omega$. At infinity $u$ goes to one. We now show that at the boundary it does not achieve its minimum, and so it must be everywhere greater or equal than one.

**Claim.** $u$ does not achieve its minimum on the boundary $\partial \Omega$.

From hypothesis, the boundary of $M$ is a minimal hypersurface. This is, the mean curvature of the boundary of $M$ is zero with respect to the metric $g = u^{4/(n-2)} \delta_{ij}$. Now, the transformation law for the mean curvature under the conformal change of the metric $g = u^{4/(n-2)} \delta_{ij}$ is given by $h_g = \frac{2}{n-2} u^{-n/(n-2)} (\partial_\nu + \frac{(n-2)}{2} h_0) u$, where
Lemma 14. We obtain

\[ \int_M |\nabla_0 \varphi|^2_0 dV_0 \geq \int_{\mathbb{R}^n \setminus B_R(0)} |\nabla_0 \varphi^*|^2_0 dV_0. \]

\[ \end{equation} \]

Proof. Recall that \( M = \mathbb{R}^n \setminus \Omega \). Since \( \tilde{\varphi} \) is Lipschitz and is constant inside \( \Omega \), it follows that \( \int_{\mathbb{R}^n \setminus \Omega} |\nabla_0 \varphi|^2_0 dV_0 = \int_{\mathbb{R}^n} |\nabla_0 \tilde{\varphi}|^2_0 dV_0. \) From the Symmetrization Theorem applied to \( \tilde{\varphi} \), we obtain that \( \int_{\mathbb{R}^n} |\nabla_0 \tilde{\varphi}|^2_0 dV_0 \geq \int_{\mathbb{R}^n} |\nabla_0 (\tilde{\varphi})^*|^2_0 dV_0. \) But since \( 0 \leq \tilde{\varphi} \leq 1 \) is constant and equal to one on \( \Omega \), it follows that \( (\tilde{\varphi})^* \) is also constant and equal to one on the ball \( B_R(0) \), where \( R = (V/\beta_n)^{1/n} \) and \( V \) is the Euclidean volume of \( \Omega \). This way, \( \int_{\mathbb{R}^n} |\nabla_0 (\tilde{\varphi})^*|^2_0 dV_0 = \int_{\mathbb{R}^n \setminus B_R(0)} |\nabla_0 \varphi^*|^2_0 dV_0. \) Putting this inequalities together gives a proof of the lemma. \( \square \)

Lemma 15. Let \( g = u^{4/(n-2)} \delta_{ij}. \) We have that \( |\nabla g \varphi|^2_g = u^{-4/(n-2)} |\nabla_0 \varphi|^2_0, \) and \( dV_g = u^{2n/(n-2)} dV_0. \)

Proof. Straightforward calculation. \( \square \)

We now prove the key lemma.

Lemma 16. Let \( (M, g) \) be as in Theorem 1 and consider a smooth function \( 0 \leq \varphi \leq 1 \) on \( M \) so that \( \varphi = 1 \) on \( \partial M \) and \( \varphi \to 0 \) towards infinity. Then

\[ \int_M |\nabla \varphi|^2_g dV_g \geq \int_{\mathbb{R}^n \setminus B_R(0)} |\nabla_0 \varphi^*|^2_0 dV_0, \]

where \( R = (V/\beta_n)^{1/n} \).

Proof. Using Lemma 14 we obtain

\[ \int_M |\nabla \varphi|^2_g dV_g = \int_M u^{-4/(n-2)} |\nabla_0 \varphi|^2_0 u^{2n/(n-2)} dV_0 = \int_M u^2 |\nabla_0 \varphi|^2_0 dV_0 \]

\[ \geq (\inf_M u^2) \int_M |\nabla_0 \varphi|^2_0 dV_0. \]
but $u \geq 1$ by Lemma [11] this together with Lemma [13] gives

\[ \geq \int_M |\nabla_0 \varphi|^2_0^2 dV_0 \geq \int_{\mathbb{R}^n \setminus B_R} |\nabla_0 \varphi^*|^2_0^2 dV_0. \]

Proof of Theorem [7]. The double of $M$ is spin from Lemma [10]. Thus, we may apply Bray’s Theorem and obtain that $m(g) \geq C(\Sigma, g)$. From Lemma [15] it follows that $C(\Sigma, g) \geq C(S_R, \delta_{ij})$ where $S_R$ is the boundary of $\mathbb{R}^n \setminus B_R(0)$. This last quantity is easily computed and known to be $\left( \frac{V}{n^2} \right)^{\frac{n-2}{n}}$.

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