The vasal fluid proteomic profile and microscopic sperm presence at time of vasectomy reversal

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Background: The microscopic characteristics of vasal fluid at time of vasectomy reversal (VR) guide operative decision making and predict fertility outcomes. The proteomic profile of this vasal fluid has not been described or correlated with the microscopic fluid appearance. To characterize the vasal fluid proteome at time of VR and evaluate the variation of the vasal fluid proteome with respect to microscopic presence of sperm.

Methods: A prospective cohort study was conducted enrolling twenty-five men undergoing VR for infertility and/or pain at a University-affiliated hospital. Vasal fluid samples obtained at time of VR were grouped based on presence of sperm on light microscopy at time of VR. Proteomic profiles were generated using liquid chromatography/tandem mass spectrometry, and MS/MS protein spectral counts compared between individuals and treatment groups, controlling for less than 5% protein false discovery rate (FDR). Proteins were matched with the human swissprot database using the Comet search engine, and categorized by Gene Ontology (GO) terms.

Results: There was large variability between the 46 vasal fluid samples collected, with 1,692 unique proteins detected. The three most abundant proteins were Lactotransferrin, Cysteine-rich secretory protein 1, A-kinase anchor protein 4. There was no correlation between the proteome and microscopic sperm presence. Prevalent GO terms included viral process, signal transduction, innate immune response, protein folding and spermatogenesis.

Conclusions: We describe the proteome and the most common proteins in vasal fluid at time of VR. Numerable sperm, testis and epididymis specific proteins were present even in the absence of sperm on microscopy. Further evaluation is needed to determine if a protein biomarker may better guide operative decision making and predict VR fertility outcomes.

Keywords: Vasectomy reversal (VR); vasovasostomy (VV); proteomics; obstructive azoospermia

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Introduction

Every year in the United States it is estimated that over 500,000 men undergo vasectomy (1), and due to various reasons, up to 6% of these patients eventually elect to undergo vasectomy reversal (VR) (2). At the time of VR, microsurgeons evaluate both the gross and microscopic appearance of vasal fluid to determine the likelihood of secondary vasal obstruction, which influences the type of surgery to be performed and guides clinical decision making after surgery (3).

Although also common practice, consideration of the gross appearance of vasal fluid has not been significantly correlated with success of VR (4,5). However, if the fluid’s gross appearance is clear and copious, then vasovasostomy (VV) is routinely performed, even in the absence of sperm (6). When whole sperm are identified, the patency rate after VV approaches 99.5% (7). The Vasovasostomy Study Group first described microscopic fluid findings, obstructive interval, and presence of sperm granuloma were associated with pregnancy rates in 1991 (8) and more recent studies have contributed to this body of evidence (9,10); However, few other factors have been identified to guide practice since this time.

Over the past decade, the sperm and seminal fluid proteomes have been largely defined, including a number of proteins with altered expression in men with semen abnormalities or poorly functioning sperm (11). Several protein biomarkers have been studied as candidate biomarkers of obstructive azoospermia or to be used as a confirmatory test for post vasectomy clearance (12-14). However, the proteome of vasal fluid in post-vasectomy patients remains uncharacterized, and it is unclear if this fluid is primarily derived from the epididymis, vas deferens, or sperm.

Understanding the origins of this fluid may explain factors contributing to obstruction following VR, or the origins of post vasectomy pain syndrome. The ability to identify and correlate a sperm, testis or epididymis specific protein with patency and pregnancy rates would allow surgeons save time in the operative theater, make more informed management decisions and better counsel patients on expected outcomes. In addition, identifying a biomarker protein to delineate non-obstructive azoospermia (NOA) versus obstructive azoospermia (OA) will allow for optimal counseling and treatment of these patients compared to the current paradigm.

This study characterizes the proteomic profile of vasal fluid at time of VR and compared these findings to the gross and microscopic appearance of the fluid at this time. It also compares the proteomic profiles to the patients’ associated patency and fertility outcomes. It was hypothesized that testis, epididymal and sperm specific proteins would be relatively less abundant in samples with no sperm present on microscopy. The following article is presented in accordance with the STROBE reporting checklist (available at http://dx.doi.org/10.21037/tau-20-703).

Methods

A prospective cohort study at a single academic center was conducted after approval by from the Oregon Health and Science University Institutional Review Board (FWA00000161; IRB00000471) and all patients provided informed consent. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Patients who underwent VR for pain or fertility reasons were included, while patients who did not provide permission, who had suspected NOA or who’s bilateral samples could not be properly collected, stored or processed were excluded. In men who underwent unilateral VR for pain a unilateral sample was collected. Vasal fluid samples at time of VR were collected from consecutive patients post-vasectomy between the years 2015 to 2016. The patient’s age, obstructive interval, indication for procedure, and procedure performed [VV or Vasosepididymostomy (VE)] were recorded. The patient’s status of patency and pregnancy at time of follow up were also analyzed. Postoperative patency was defined as the presence of motile sperm on at least one semen analysis and clinical pregnancies were determined by either review of electronic medical records or phone survey response.

During the VR samples were expressed from the cut end of the vas and collected in sterile glass capillary tubes. In patients who underwent VE, additional fluid from the epididymis was not analyzed. The gross appearance of the sample was quantified as clear, opalescent or creamy/pasty. The microscopic appearance of the fluid was quantified as having motile sperm, non-motile whole sperm, sperm parts, or no sperm. For analysis, samples were grouped into one of two groups: microscopic presence of whole sperm (either motile or non-motile) and/or sperm parts versus no sperm on microscopy at time of VR. We determined these groupings would be most likely to detect a difference in sperm, testis and epididymal derived proteins based on current understanding of the post vasectomy obstructive
Table 1 Patient characteristics

| Characteristics                | Data                                      |
|-------------------------------|-------------------------------------------|
| Median age                    | 39.5 years (IQR 35–42 years)              |
| Median time to reversal       | 4.6 years (IQR 2–12.5 years)              |
| Mean follow up                | 35.9 months (range 23–40 months)          |
| Number vasovasostomy          | 42/46 (91.3%)                             |
| Number vasoepididymostomy     | 2/46 (4.4%)                               |
| Number vasectomy              | 2/46 (4.4%)                               |

IQR, interquartile range.

process. Vasal samples were also taken from patients at time of vasectomy for controls in a similar fashion and run in a discovery analysis to optimize sample preparation. These samples were not included in the final analysis.

Statistical analysis

Researchers completing the proteomic and statistical analysis of the fluids were blinded to the gross and microscopic characteristics of the samples to prevent bias. For proteomic and statistical analysis, all samples were extruded from sterile collection tubes, dispersed in buffer, a protein assay performed, samples reduced/alkylated, and proteins digested by overnight incubation with trypsin. Proteomic profiles were generated using liquid chromatography/ tandem mass spectrometry as previously described (15), except using a single dimensional chromatographic separation with 90 min of data collection and 10 µg of peptide injected per sample. Proteins were identified using a human swissprot database (UniProt Consortium) and Comet search engine (16), while controlling protein false discovery rate (FDR) at or below 1.2% as previously described (17). Identified proteins were then categorized by Gene Ontology (GO) terms and numbers of assigned MS/MS spectra (spectral counts) to each protein used to estimate differences in relative protein abundance (18). Differential Expression was assessed using Bioconductor edgeR package (Bioconductor Open Source Software for Bioinformatics) with a multiple-testing correction included to control the FDR for test of differential protein abundance as previously described (19). Recruitment, collection and analysis was stopped after interim analysis demonstrated our current results supporting the null hypothesis.

Results

A total of 46 vasal fluid samples from 25 patients were collected. Of patients enrolled, 56% (14/25) underwent VR for fertility reasons, while 36% (9/25) underwent VR for pain and 8% (2/25) were vasectomy controls. Patient characteristics can be seen in Table 1. Median patient age was 39.5 years old (IQR 35–42 years old). Median time to VR, or the mean obstructive interval, was 4.6 years (IQR 2–12.5 years). Patients were followed in our andrology clinic with a mean follow up time of 35.9 months (range, 23–40 months). Regarding the gross appearance of vasal fluid at time of VR, 29.5% (13/44) of samples had clear fluid, 47.7% (21/44) had opalescent fluid and 22.7% (10/44) had creamy/pasty fluid. With respect to microscopic appearance of samples, motile whole sperm were present in 36% of samples, non-motile whole sperm were present in 41% of samples and sperm parts were present in 7%. Thus, 84% of samples contained sperm or sperm parts. Sperm and/or sperm parts were absent in only 16% of samples. Based on the surgeon’s clinical decision making paradigm 91.3% (42/46) of testicular units underwent VV and 4.4% (2/46) of testicular units underwent VE. The remaining 4.4% (2/46) of testicular units were vasectomy controls.

On proteomic analysis, a total of 1,692 proteins were identified by at least two unique peptides and at a FDR of 1.2% (please see supplementary files for complete list of proteins detected, GO terms, pathway reports, and edgeR analysis Available at: https://cdn.amegroups.cn/static/application/9031b1c97015ed66e67ccf8cfe0b5fe/tau-20-703-01.xlsx; https://cdn.amegroups.cn/static/application/deec71c85e116f07d7ab63fc4a5181b/tau-20-703-02.xlsx). Excluding major serum or erythrocyte proteins introduced by blood contamination during surgery, the top 10 vasal proteins by abundance were: Lactotransferrin, A-kinase anchor protein 4, Cysteine-rich secretory protein 1, Extracellular matrix protein 1, Clusterin, Actin, Maltase-glucoamylase, Epididymal secretory protein E1, WAP four-disulfide core domain protein 2, and Galectin-3-binding protein (Table 2). Dynemin proteins were relatively absent in all samples, while maltase-glucoamylase, a transmembrane intestinal protein was relatively abundant.

Numerous human secretory and inflammatory proteins were detected in all samples, with no significant difference based on the gross appearance of the sample. Significant differences were observed in sperm derived proteins between clear versus creamy samples, with epididymal sperm binding protein 1, clathrin heavy chain 1, and fatty
acid synthase increased in creamy samples (FDR <0.047). No significant differences in proteomic profile were observed between clear versus opalescent samples.

When samples were grouped based on microscopic presence of sperm or sperm parts compared to no sperm there was no significant difference between relative spectral counts (Figure 1). The reports of several proteins of interest can be seen in Table 2. Samples were then collated with regards to abundance of 5 previously published obstruction specific proteins and this demonstrated 272 significantly different proteins between the two groups (Figure 2).

With regards to clinical outcomes, 15 of 15 patients (100%) who had a postoperative semen analysis demonstrated patency, as defined by millions of intact motile sperm present. Of 10 patients who reported to have attempted to achieve natural pregnancy 4 (40%) were successful. Combining these patency and pregnancy rates allowed us to account to 17 of 23 patients (74%) to be confirmed surgically successful. There was no correlation between patency rate or obstructive interval and proteomic profile.

**Discussion**

The proteomic profile of vasal fluid at time of VR has not been reported previously. The majority of vasal proteins detected are known proteins found in sperm (20,21) or secreted from the epididymis (22). The vasal fluid protein composition varied significantly despite vasectomy and obstruction. This study found that sperm, testis and epididymis derived proteins were present in samples even despite the microscopic absence of sperm or sperm parts.

Table 2  Spectral counts of proteins of interest and most prevalent proteins

| Proteins of interest                     | Average spectral counts | P Value | FDR |
|------------------------------------------|-------------------------|---------|-----|
|                                          | *Average per sample/**Total counts | No sperm | Sperm/sperm parts |         |
| Cysteine-rich secretory protein          | 113.18*                 | 152.13  | 103.12 | 0.24 | 1 |
| Prostaglandin-H2 D-isomerase             | 28.13*                  | 20.75   | 30.03  | 0.56 | 1 |
| Transketolase-like Protein 1             | 0.82*                   | 0.25    | 0.97   | 0.52 | 1 |
| L-lactate dehydrogenase C-chain          | 16.92*                  | 14.83   | 17.50  | 0.85 | 1 |
| Phosphoglycerate kinase 2                | 16.75*                  | 13.85   | 17.50  | 1.00 | 1 |
| Testis-Expressed sequence 101            | 6.31*                   | 4.00    | 6.90   | 0.56 | 1 |
| Sperm-associated antigen 11B             | 1.26*                   | 1.63    | 1.16   | 0.56 | 1 |
| Acrosomal Protein SP-10                  | 2.79*                   | 1.75    | 3.06   | 0.56 | 1 |

| Most prevalent proteins                  |                         |         |       |
| Lactotransferrin                         | 44,359**                | 1,135.88| 975.06| 0.68 | 1 |
| A-kinase anchor protein-4                | 5,173**                 | 112.25  | 118.32| 0.74 | 1 |
| Cysteine-Rich Secretory Protein-1        | 4,890**                 | 152.13  | 103.13| 0.24 | 1 |
| Extracellular matrix protein-1           | 3,597**                 | 116.75  | 76.52  | 0.17 | 1 |
| Clusterin                                | 3,430**                 | 58.75   | 80.06  | 0.40 | 1 |
| Actin                                    | 3,367**                 | 74.38   | 60.55  | 0.26 | 1 |
| Maltase-glucoamylase, intestinal         | 3,077**                 | 92.13   | 59.16  | 0.13 | 1 |
| Epididymal secretory protein E1          | 3,016**                 | 74.50   | 66.48  | 0.59 | 1 |
| WAP four-disulfide core domain protein 2 | 2,629**                 | 63.50   | 57.23  | 0.81 | 1 |
| Galectin-3-binding protein               | 2,608**                 | 59.88   | 54.42  | 0.68 | 1 |

*, Average per sample; **, total counts. FDR, false discovery rate.
The relative absence of dynein proteins was unexpected and may indicate the rapid degradation of this flagellar protein following vasectomy.

One of the more abundant proteins found, a transmembrane intestinal protein, Maltase-glucoamylase, suggests degradation of the vas deferens membrane components following vasectomy. Findings of elevated levels of this protein may be associated with the gross appearance of vasal fluid secondary to obstruction. Reports have found that vasal fluid produced between two obstructed vas segments in patients with segmental dysplasia of the vas deferens to be thick, white, toothpaste-like material similar to that in men with secondary epididymal obstruction. Thus, it has been concluded that this vasal “toothpaste” must be derived from vasal epithelium, not sperm (23,24).

This study found that gross fluid appearance was associated with increased levels of several known sperm proteins in creamy samples when compared to clear samples. The variation in protein abundance of opalescent fluid was too great to detect significant differences compared to clear fluid. This is consistent with knowledge that pasty fluid rarely has any sperm or sperm parts seen (25,26). As identification of whole spermatozoa or sperm parts in the vasal fluid at the time of VV has been positively associated with post-operative patency (5,27), identifying these proteins may help decipher the changes sperm undergo after vasectomy. Further understanding of these sperm proteins will lead to better understanding of the obstructive process on sperm degradation, or may also be correlated with patency and outcomes.

Although the current clinical application of sperm and seminal fluid proteomics is limited, several studies have been conducted comparing the seminal proteomes of men with OA to those with NOA in attempts to identify potential biomarkers for obstruction (12,13,28). Cysteine-rich secretory protein 1 (CRISP-1) has been proposed as a biomarker of obstructive infertility, as one study found all seminal plasma samples from normospermic and NOA donors were CRISP-1 positive, whereas CRISP-1 was absent or present at low levels in samples from patients with OA (29). Another protein of interest is lipocalin-type prostaglandin D synthase (L-PGDS), as when levels were compared in men with normal semen parameters, OA, NOA, and in vasectomized men, seminal L-PGDS levels were significantly lower in men with OA (11). This study detected high levels of CRISP-1 in our samples regardless of microscopic sperm presence and we suspect levels of this protein may be altered in the process of post-vasectomy obstruction and patency. This may be due to the low rate of more proximal obstruction confirmed by a high number of patients in this study that underwent successful VR. Evaluating a higher number of obstructed patients may potentially detect a difference in biomarker proteins.

Numerous human secretory and inflammatory proteins were also detected in all samples. Although little is known about the disease process of post vasectomy pain syndrome (PVPS), it has been demonstrated that VR, either by VV or VE, can provide long-term relief from PVPS (30). Future studies are required to determine if elevated levels of these proteins are associated with PVPS and could lead to better understanding of management of this disease.

Limitations of this study include a small sample size and a limited heterogeneity of samples. This study may be improved upon by vastly increasing sample size, as there was
large variability between the relative abundance of proteins in each sample. An improved heterogeneity of patients may also help detect potential biomarker proteins, as proximal obstruction was low in this patient population with only 4.4% undergoing VE based on current clinical decision making paradigms and 74% of patients demonstrating patency during the follow up period. The proteomic analysis conducted was a discovery analysis and could be more accurately analyzed with respect to specific candidate proteins in the future. Continued study of the vasal fluid proteome will contribute to a better understanding of outcomes following VR and will improve the management of OA.

Conclusions

This study characterized the proteomic profile and most abundant proteins present in vasal fluid at time of VR. The vasal fluid protein composition varies significantly despite sperm presence on light microscopy. Further evaluation is needed to determine if a potential protein biomarker is best related to sperm presence or could be used to better predict VR fertility outcomes.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by from the Oregon Health and Science University Institutional Review Board (FWA00000161; IRB00000471) and all patients provided informed consent.

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