ABSTRACT

Nowadays, interactive technologies are used almost everywhere. As a result, designers need to increasingly make them "socially acceptable". Previous work recommends "subtle" forms of interaction to increase social acceptability and avoid negative experiences. Although often appropriate, such uniform recommendations neglect the variety of social situations. We demonstrate this limitation in an experiment (N=35), by comparing the observer experience of different forms of interaction in "face-to-face conversations", a social situation rarely studied. Here, the typically recommended form of interaction ("subtle") led to a more negative observer experience than the usually deprecated form ("suspenseful"), in terms of affective experience and product perception. It also made the user appear less extraverted. We conclude by positioning interactions with technology not as separate from the social situation in which they are performed, but as a constitutive part of it that meaningfully relates to other situated activities.

CSC CONCEPTS

- Human-centered computing → HCI theory, concepts and models; Interaction techniques; Empirical studies in HCI.

KEYWORDS

social acceptability, subtle, suspenseful, social situation, social context, gesture-based interaction, design for the social

1 INTRODUCTION

Technology is often used in social situations. For example, people interact with their smartphones in public, and it is often inevitable that others observe or witness such interactions in some way. The presence of others adds the challenge for designers to make interacting with technology "socially acceptable". This is particularly difficult, because the specific social situations we encounter in everyday life vary considerably: People, their activities, social and cultural norms, and the technology itself, all come together to form a wide variety of potential social situations. Often, users are intuitively aware of the differences between social situations and adapt their interactions with technology accordingly, if possible. They know, for example, that speaking loudly on the phone is not appreciated in a library, but quite acceptable on a busy shopping street. Given the complex and nuanced differences between social situations, it seems evident that depending on the particularities of each, different forms of interaction may have different impact on people's experiences.

However, current recommendations in Human-Computer Interaction (HCI) for socially acceptable interactions are quite uniform. Social acceptability guidelines mostly recommend inconspicuous or hidden forms of interaction to make them as unobtrusive as possible. For example, Koelle and colleagues [15] found that the most common strategy to design for social acceptability is to make interactions "subtle", that is, unobtrusive, not drawing attention, and possibly disguised as everyday activities [26, 30]. In some cases, the interaction can even be designed to be entirely invisible to "observers" (i.e., from other people's point of view), as a way to increase social acceptability. Yet another approach is to hide the interactive devices in accessories or jewelry [24, 29]. Of course, such unobtrusive and subtle forms of interaction seem compelling, because they can be used across many social situations. At best, they are not even registered by others, and thus do not offend anyone (i.e., neither in the library nor the shopping street). But this also leads to a general design trend to remove the interaction from social situations, rather than explicitly addressing and catering for them. In other words, instead of "designing for the social", current social acceptability guidelines to a large extend follow a strategy to "design despite the social".

Although the current recommendation for subtle, unobtrusive, or even hidden forms of interaction may at first seem like a safe choice, we believe that it comes with its own problems. First, by removing the interaction from the social space, we abandon its potential to create or promote positive social experiences, or to contribute to positive social change. Second, the variety of social situations we encounter in everyday life can be overwhelming. Designers might choose to take such standard recommendations as a shortcut to avoid engaging with this variety, and resort to boilerplate solutions, assuming that unobtrusiveness will at least create no harm. But in fact, there may be social situations where the seemingly unobtrusive forms of interaction are actually experienced negatively. It simply seems implausible that the same forms are appropriate
across all social situations and activities, from libraries to rock concerts, and from family dinners to face-to-face conversations with friends about hobbies. After all, “non-technical” forms of activities in these different situations also vary considerably, and it is unclear why the rules for interactions with technology should be different.

Of course, the current recommendation for subtleness is based on empirical findings, from social situations where subtleness consistently turned out to be a good design strategy. Thus, the main contribution of our paper is an experimental study from a different, specifically selected social situation, where subtleness may not be the best choice. In fact, in our study a subtle interaction led to a more negative experience, compared to an alternative, open and outgoing form of interaction, which is described as especially problematic in the literature (i.e., a “suspenseful” interaction, explained in detail below). This contradicts the current recommendations for subtle and against these “suspenseful” and more expressive forms of interaction. The second contribution is a critical reflection on the apparent empirical contradiction between our findings and previous work. Generally speaking, we think that focusing more on the situated meaning of forms of interaction, and less on the forms themselves, could move the field forward and allow us to more specifically cater for a broader range of social situations.

In the following, we first review the crucial literature concerned with social situations and how they relate to technology-mediated experiences. We then present our experimental study in which we compared the effects of different forms of casual interaction on the non-interacting partners (“observers”) during a face-to-face conversation. Finally, we discuss our findings in light of the previous work and sketch a conceptual model with a focus on co-located, meaningfully interrelated activities.

2 BACKGROUND

2.1 Understanding Social Situations

In the late 1950s, Erving Goffman developed still highly influential theoretical work about social situations [10]. He described people as “performers”, who attempt to leave a positive impression on others, that is, their “audience”. Goffman looked at how people strategically control their behavior in public and private situations. He argued that in public situations (e.g., a restaurant or a park), people perform for each other to leave positive impressions. In contrast, private situations (e.g., a home) allow them to perform less flattering activities, and to prepare their public performances. He also described a few cases where the public and the private overlap, for example when having guests at home. Nowadays, due to current communication technologies, overlaps of the public and the private have become the norm. For example, people use social media in their bedroom or stream videos from their living room, making these situations “public in private”. Conversely, texting makes private conversations possible even in public, surrounded by strangers [18]. Thus, the public and the private are increasingly difficult to tell apart.

Given the sheer variety of potential public and, thus, social situations, it is difficult to identify the situational aspects relevant for design. In HCI, two broad approaches to understanding the relevant situational factors can be distinguished [6]. The first one understands social contexts or situations as a "representational problem". Its proposed solution is to capture all the details of a social situation as separate pieces of information in the sense of attributes. In this view, a social situation can be represented as “a bar with 30 people, dim light, background music, and table service”. Technology is then supposed to make use of this information and, for example, to adapt itself to the situation (e.g., through “context-awareness” [4, 31]).

The other approach understands situation as an “interactional problem”. In this line of thinking, a social situation is marked by the relations between the activities performed by all the people involved. In contrast to the representational approach, interactions with technology do not happen “within” a social situation, but the activities themselves constitute the situation, thereby becoming an inseparable part of it. For example, imagine the same bar as above. People sit, chat, and drink. At some point, someone turns the music louder and a few people start to dance, others join in. Their collective behavior transforms the bar into something like a club. Initially, everything else remains unchanged, except for the volume of the music. But this new attribute alone (i.e., “loud music”) does not change much. It only renders some activities more likely (e.g., dancing) and discourages others (e.g., conversing), paving the way for the activities themselves to transform the situation in an emergent process. According to the interactional approach, the solution to understanding social situations and peoples’ experiences lies in an awareness of the interplay of such situated activities.

Following this interactional perspective, Uhde and Hassenzahl [36] argued that the “social fit” of a technology-mediated activity (e.g., a phone call) to a certain location (e.g., a library) is not so much a consequence of attributes of the library. Instead, “library” should better be understood as shorthand for a situation in which people read, and noisy “phone calls” are usually incompatible with “reading”. A more lenient example is a rock concert, which promotes dancing and shouting. Here, some incompatible activities, such as reading, are unlikely yet usually not forbidden (although they would seem a little weird), because they do not strictly conflict with the central concert activities. But they are uncommon. If a reader finds herself at a concert, she might bewilder people, and she will have a hard time trying to convince them to be silent. More generally, Uhde and Hassenzahl argue that such (in-)compatibilities between co-located activities lead to different types of situations. In this sense, incompatible activities (e.g., loud chatting in a library) are not unacceptable per se, but solely because of their incompatibility with other activities (e.g., reading).

In both examples, the library and the rock concert, the location and time imply an expected activity (i.e., reading and dancing, respectively). In many other cases, this is less clear and needs to be negotiated ad hoc among the people in the particular situation. This makes apparent that whether a technology-mediated activity “fits” or not, is neither a matter of the activity, nor of location, time, people, technology, or environmental attributes as such. Instead, it is primarily a matter of the emerging obstructing and facilitating relationships between the activities performed concurrently [6, 36].

In this view, a technology-mediated activity, such as a phone call, is not simply performed against the backdrop of a surrounding audience and location (i.e., “in context”), but in relation to other activities concurrently performed by many performers. Taken together, the central takeaway from this interactional perspective is that a closer look at what people do in a certain situation and how
these activities relate to each other gives us a better understanding about which activities “fit”, are “acceptable”, or even appreciated.

2.2 Technology-Mediated Experiences in Social Situations

Reeves and colleagues [28] provided an early taxonomy to describe technology-mediated experiences in social situations. More specifically, they focused on the experience from the “spectator’s” perspective (similar to the “audience” in Goffman’s work or “observers” elsewhere. e.g., [2, 7]). Reeves and colleagues distinguished between four main categories of interaction, based on the visibility of their manipulations and effects to spectators. Interactions with visible manipulations (e.g., pressing a big red button) and effects (e.g., a light flashes) fall into the expressive category. If only the effects are visible, the interaction is magical. In contrast, if only the manipulation is visible, the interaction is suspenseful. Finally, interactions with invisible manipulations and effects fall into the secretive category. This taxonomy makes it easier for designers to think about what parts of the interaction should be revealed or hidden from other people. However, from an interactional perspective, one of its shortcomings is that it does not account for the spectator’s own activity or other activities performed by surrounding people. As a consequence, the taxonomy does not capture, for example, whether a spectator is reading a book or dancing as potentially relevant factors to describe their experience of someone else’s phone call—although we might intuitively expect very different experiences. Nonetheless, the model can be useful from an interactional perspective as well, because it emphasizes that parts of the interaction need to be at least perceptible to have an effect on others. For example, in expressive and suspenseful interactions, visible manipulations can become obtrusive for the spectator’s activity and clearly reveal the user as the “culprit”. In contrast, magical and secretive interactions keep the attention away from the user.

Empirical comparisons of the four categories found especially suspenseful interactions (i.e., manipulation visible, effects invisible) to be experienced as “awkward” by observers and recommended using the other forms instead [7, 11, 22, 23]. For example, Monk et al. [22] studied phone calls at bus stops and on trains and found that observers were annoyed by more suspenseful types of interaction. Note, however, that the observers’ activities were not reported, so we can only tentatively assume that they were performing relatively independent “bus stop activities” (e.g., smoking, waiting) and “train activities” (e.g., reading, sleeping). Montero and colleagues [23] asked participants to imagine different types of interactions (based on the categories by Reeves et al. [28]) with a smartphone in public places versus at home. They also found suspenseful interactions to be the least acceptable in public, although observer activities were again not considered. Finally, Häkkilä and colleagues [11] found suspenseful interactions with smart glasses in a supermarket and on the beach (no observer activities reported) to be perceived as potentially embarrassing. In sum, suspenseful interactions have led to the most negative experiences among the four categories in previous studies, albeit with the restriction that they focused mostly on the user and the interactive technology, and not on what other people were doing. Consequently, previous work recommends alternative forms of interaction that keep the attention away from the user and hide their manipulations (e.g., secretive or magical interactions [15, 23]).

However, hiding an interaction completely (especially a manipulation) is not always possible. Thus, a common suggestion to overcome acceptability problems is to make relatively visible interactions more subtle [15, 26, 30]. For example, manipulations can take the form of inconspicuous everyday gestures, such as foot tapping. Subtleness is an attempt to reduce obtrusiveness (compared to suspenseful and expressive interactions) while preserving privacy (compared to expressive and magical interactions). It is the most frequently used strategy in the social acceptability literature [15], and it seems to make sense in the locations studied—supermarkets, streets, and trains. The situations typically related to these places involve unrelated strangers performing mostly independent activities. Here, subtle interactions can avoid friction and thus negative experiences for “observers”.

But things may be different in other social situations, such as face-to-face conversations. A conversation is a co-performed activity, which creates a particular relationship between the conversation partners. Here, unobtrusiveness and privacy, the central advantages of subtle interactions, may not be the main concerns of the people involved. After all, they have already agreed to interact with each other more or less openly. This notion is somewhat supported by Ahlström and colleagues’ [1] findings, although the authors draw different conclusions. They tested spatial hand gestures of different sizes to interact with a smartphone. The participants felt comfortable with smaller (i.e., more subtle) hand gestures in front of all “audiences”, including strangers. But large (i.e., more suspenseful and potentially more obtrusive) gestures had high acceptance rates as well, when performed around family, partners, or friends. We often interact with these people in more intimate social situations such as face-to-face conversations in enclosed spaces, and we co-perform many activities. While Ahlström and colleagues generally recommend the smaller gestures, we would argue that their findings do not strictly reject larger interactions across all social situations.

Later studies tentatively suggested possible negative side effects of subtleness. Pohl and colleagues [26] note that subtleness introduces a risk to be “uncovered”, which could breach trust in close social interactions, such as intimate face-to-face conversations. Ens and colleagues [7] presented an alternative design strategy to communicate the effects of otherwise “suspicious” interactions (e.g., with a smartphone) more openly, for example to communicate that one is not distracted but looking up relevant information for the current conversation.

Unlike subtle and secretive forms of interaction, expressive and suspenseful interactions clearly communicate that something is going on. Expressive interactions additionally communicate their purpose transparently. They are self-contained and the interaction itself can signal to others that no further intervention is needed. In contrast, suspenseful interactions can be more difficult for observers to interpret. They may require more prior knowledge about the interaction. This can be problematic in situations where people perform independent activities among strangers, which has possibly contributed to the general advice against them [7, 15]. But in closer, more direct social interactions, the observers (who are more involved) might already have more knowledge about the user and
the technology including its effects, or at least they have no reason to suspect anything harmful.

In sum, the standard recommendation for subtle and unobtrusive forms of interaction, and against suspenseful interactions, seems at least in part to result from the mostly anonymous, public situations chosen in previous studies. We believe that this may have contributed to the current focus on the form of "socially acceptable" interactions, instead of a focus on their situational meaning, which can vary depending on the social situation at hand. Pohl and colleagues [26] assumed that subtle interactions may have negative effects in face-to-face conversations. Additionally, the negative consequences of suspenseful interactions may be reduced if the observer has some prior knowledge about the interaction, and if they are performed as part of a safe social co-performance, such as a conversation. To show this, we carried out an experimental study in which we compared the experiential consequences of subtle and suspenseful forms of interaction in such a face-to-face conversation situation.

3 STUDY: SUBTLE AND SUSPENSEFUL INTERACTIONS IN FACE-TO-FACE CONVERSATIONS

For our experimental study, we selected face-to-face conversations as the type of situation in which we assumed a negative effect of subtle interactions (based on [26]), compared to the usually not recommended suspenseful interactions (e.g., [15, 23]). We focused on the observer experience of an interaction with a hearing aid prototype during these conversations. This setting and device seemed appropriate for several reasons. First, as outlined above, face-to-face conversations imply a direct, more trustful social interaction between performer and observer, which is different from the relatively anonymous co-located settings on a train or in a supermarket studied before. In addition, they are relatively easy to set up in a controlled setting, compared to, for example, a romantic date. Second, we chose a hearing aid as our interactive technology, because it represents an essential element of the conversation. The hearing aid enables the user to listen and participate, and it does not introduce unrelated distractions. It also naturally hides the "effects" of the interaction (i.e., improved hearing), which is consistent both with subtle and suspenseful forms of interaction.

We compared the experiential effects of subtle vs. suspenseful interactions vs. a control condition [no interaction] in an experimental between-group design. To date, there is no standard measure for "social acceptability" [15], and instead we attempted to capture the situated experience from the observer perspective as comprehensively as possible. We measured several experiential aspects of the conversation, including the participants’ (observers) subjective emotional experience, their perceived quality of the conversation, their impression of the conversation partner (our confederate), and how they perceived and evaluated the interactive technology.

Our hypotheses were:

H1: Subtle interactions lead to a more negative affective experience of the conversation, compared to suspenseful interactions.

H2: Subtle interactions lead to a more negative perception of the quality of the conversation, compared to suspenseful interactions.

H3: Subtle interactions lead to a more negative product perception of the interactive technology, compared to suspenseful interactions.

In addition, we also tested whether the form of interaction had an effect on the perception of the conversation partner’s personality, but without directed hypotheses.

3.1 Participants

We recruited 36 people through an agency, one of whom did not appear to the study. Thus, we had 35 participants (18 female, median age = 40, ranging from 30 to 52) with a wide variety of backgrounds (e.g., scaffolder, pharmacist, researcher, engineer, event manager, teacher, pediatric nurse, etc.). In addition, we asked the agency for participants without a hearing impairment to avoid strong differences between participants’ prior experiences with hearing aids. They were compensated with 30€.

3.2 Procedure

The experiment took place on the premises of a market research facility located in Germany. Each session lasted about 30 minutes and consisted of four parts: (1) introduction by the examiner, (2) the conversation with the confederate, (3) questionnaires, and (4) a debriefing.

3.2.1 Introduction. The examiner welcomed each participant separately in the lobby of the market research facility. He announced that the first step of the study is to have an approximately seven-minute conversation with another researcher (i.e., the confederate) about hobbies. This other researcher would already be waiting in a separate room. The examiner also told the participant that the conversation partner had a hearing loss and that he would be wearing a hearing aid, which, however, provides him with a full compensation of his hearing. The examiner further announced that the conversation would be recorded. Before the conversation, the examiner asked the participant to wait for another moment and excused himself. He went into the interview room, supposedly to check whether everything is ready. Inside the room he activated two time-controlled noise distractions as well as the recording equipment. Upon re-entering the lobby, he informed the participant that everything is ready.

3.2.2 Conversation. The participant went into the conversation room, where the researcher (i.e., the confederate actor) welcomed them and asked them to take a seat opposite of him. The researcher started the conversation with a short introduction to his hobbies. After finishing, he asked "and you?" to start the conversation. To keep the conversation going, the researcher had a repertoire of eight questions addressing the "what, how, and why" of the participant’s hobbies. While the conversation took place, we played back some soft background noises resembling muted sound from a larger group of people in a neighboring room. At minute 02:56 and 04:53, we staged two time-controlled audio distractions. At minute 02:56, a man’s voice became noticeable, he talked a bit
louder, sounding slightly furious for about 20 seconds. This distraction came from the same direction as the background noise. At 04:53, a mobile phone rang for about 20 seconds out of a different direction than the background noise. The researcher always briefly acknowledged the noise, but did not stop the conversation. Depending on the experimental condition, the researcher performed either a suspenseful interaction (open hand gesture), a subtle interaction (using a small handheld device) or no interaction (control condition) to supposedly refocus his hearing aid from the noise back to the conversation partner. Note that the researcher neither mentioned nor explained this interaction to the participant. In fact, none of the participants commented on this interaction, and often they did not even pause the conversation. After about seven minutes, the researcher thanked the participant for the stimulating conversation and took her or him to another room to fill in a number of questionnaires (details described below).

3.2.3 Debriefing. After completing the questionnaires, we carried out a short debriefing session. During this session we disclosed the true purpose of the study and the fact that the conversation partner did not actually have a hearing loss. We answered all related questions the participants had about the study.

3.3 Material and Methods

3.3.1 Hearing Aid. Figure 1 shows the hearing aid used in the study. It is a non-functional design prototype from a past project that is supposed to be controlled by a brain-computer interface as well as gesture-based interaction. Note that, although we used this hearing aid as a vehicle to study the impact of interaction forms on social perceptions in a realistic scenario, the particular aid and its technical features were neither explained to nor discussed with the participants at any time other than the debriefing.

The envisioned hearing aid has a “beam forming” function, which means that it can adjust the focus of hearing in a certain direction, both automatically and manually. For example, it can amplify the voice of a conversation partner and fade out environmental noise. However, this function sometimes erroneously focuses on the wrong sound source and accidentally fades out the conversation partner’s voice instead. In such cases, a manual intervention is needed, for which the subtle and suspenseful interactions are used. Our confederate actor used these gestures as reactions to the two staged incidents during the conversation, where the hearing aid supposedly focused on the wrong sound source.

3.3.2 Two Forms of Interaction. The interactions used in the study were drawn from a set of 28 gestures developed in an earlier workshop. We invited an actor to design suitable free-form gestures for controlling different functions of the hearing aid. The actor was led through eight scenarios, ranging from “having brief discussions with a group of people” to “walking down a busy street while talking and monitoring cars.” For each scenario, the actor was provided with a reason to manipulate the hearing aid, such as “change focus from person 1 to person 2 manually.” The actor was then asked to imagine the scenario and to act out aesthetic, meaningful, and discernible gestures to invoke the particular function (in the sense of Bodystorming, e.g., [25]).

From this pool, we selected two gestural interactions for our face-to-face conversation scenario. The first interaction was a spacious, “suspenseful” hand gesture that was highly visible to the observer. It started with orienting the upper body towards the unwanted sound source. The researcher then moved the closed hand into the direction of the noise. The hand was lifted and opened, and then directed towards the participant. He then lowered the hand again and closed it (see Figure 2). The second interaction was a “subtle” gesture, smaller and less obtrusive, based on an interaction with a handheld device (as recommended for example in [15, 30]). The researcher picked up the device and used his thumb to quickly draw a “V” shape on its surface. He then tilted the device in the direction of the participant and placed it back on the table (see Figure 3). This lasted for about three seconds. The whole gesture was performed while keeping eye contact with the conversation partner. The effect of the interaction in terms of Reeves and colleagues’ taxonomy [28] was hidden in both cases.

3.3.3 Questionnaires. After the conversation, we asked the participants about (1) their affective experience, (2) their perceived quality of the conversation, (3) their impression of the conversation partner, and (4) their perception and evaluation of the interactive hearing aid. Correlations between measures and internal consistencies are reported in Table 1.

To measure affective experiences, we used the short, ten item version of the Positive and Negative Affect Schedule (PANAS) questionnaire [19, 38] in its German translation [16]. We computed positive affect (PA) by averaging the responses to the items: “alert”, “determined”, “enthusiastic”, “excited”, and “inspired” per person, ranging from “not at all” (1) to “extremely” (5). We computed negative affect (NA) by averaging the responses to the items: “afraid”, “upset”, “scared”, “nervous”, and “distressed” per person. Internal consistencies were good for both scales (see Table 1).

To assess the perceived quality of the conversation, participants rated how “interesting”, “informative”, “pleasant”, and “positive” the conversation had been on 7-point items ranging from “not at all” (1) to “extremely” (7). The internal consistency was high.

Subsequently, we asked participants to assess the conversation partner’s personality in terms of the Big Five personality traits (i.e., neuroticism, extraversion, openness to experience, agreeableness, conscientiousness). Typical personality questionnaires are relatively long (e.g., the NEO-PI-R [3] with 240 items or the Big Five Inventory (BFI-44) with 44 items), and instead we opted for the short version of the Big Five Inventory with only ten items (BFI-10; [27]). The BFI-10 includes two items for each personality trait. We
Table 1: Spearman correlations of all measures included in our study. Asterisks mark significant correlations (* = 5% level; ** = 1% level). The values in brackets are the internal consistencies (Cronbach’s α) of the respective scales. PA = Positive Affect, NA = Negative Affect, O = Openness, C = Conscientiousness, E = Extraversion, A = Agreeableness, N = Neuroticism, HQ = Hedonic Quality, PQ = Pragmatic Quality

| Measure          | Conversation | PA | NA | O  | C  | E  | A  | N  | HQ | PQ | Beauty |
|------------------|--------------|----|----|----|----|----|----|----|----|----|--------|
| Conversation     | (.89)        |    |    |    |    |    |    |    |    |    |        |
| Positive Affect  | 0.68**       | .77|    |    |    |    |    |    |    |    |        |
| Negative Affect  | −0.10        | −0.05| (−.71)|    |    |    |    |    |    |    |        |
| Openness         | 0.20         | 0.28| 0.03| (.29)|    |    |    |    |    |    |        |
| Conscientiousness| 0.30         | 0.37*| 0.05| 0.10| (.61)|    |    |    |    |    |        |
| Extraversion     | 0.43*        | 0.39*| −0.01| 0.43*| 0.52**| (.72)|    |    |    |    |        |
| Agreeableness    | 0.29         | 0.10| −0.21| 0.40*| 0.11| 0.35*| (.31)|    |    |    |        |
| Neuroticism      | −0.19        | −0.33| −0.18| −0.30| −0.51**| −0.58**| −0.06| (.88)|    |    |        |
| HQ               | 0.43*        | 0.37*| 0.12| 0.42*| −0.07| 0.53**| 0.31| −0.18| (.84)|    |        |
| PQ               | 0.39*        | 0.30| 0.12| 0.38*| −0.03| 0.29| 0.34*| 0.18| −0.22| 0.64**| 0.55**|
| Beauty           | 0.36*        | 0.19| 0.27| 0.22| −0.03| 0.34*| 0.18| −0.22| 0.64**| 0.55**|
| Goodness         | 0.34         | 0.19| 0.04| 0.47**| 0.03| 0.50**| 0.33| −0.12| 0.77**| 0.82**| 0.43*|

4 RESULTS

Before our analysis, we ran assumption checks and found several non-normal distributions across our dependent measures. This was in part due to the small cell sizes that were a consequence of our expensive test setup involving a professional actor (typically 30 participants or more per cell are recommended, see e.g., [8, p. 700]).

During a visual exploratory analysis, we also found some outliers (e.g., for negative affect, hedonic quality, and goodness, see Figure 4). Thus, we decided to run all of our analyses using non-parametric methods for hypothesis testing that make no normality assumption and are robust against outliers. This includes the correlations reported in Table 1 and summary statistics reported in Table 2. Box plots for all hypothesis tests with significant results can be found in Figure 4.

4.1 Affective Experience of the Conversation

A Kruskal-Wallis test with the type of interaction (suspenseful, subtle, control) as factor and negative affect (NA) as measure revealed a significant effect ($H = 6.49; df = 2; p < .05$). Pairwise comparisons\(^1\) confirmed that this was caused by higher negative

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\(^1\)For pairwise comparisons here and in later tests we used the method proposed by Siegel and Castellan [34] using the R package pgirmess [9]. The p values for post hoc pairwise comparisons not based on our hypotheses (e.g., everything involving the control condition) are adjusted for family-wise error.
affect in the subtle condition, compared to the suspenseful condition (\( \text{diff}_{\text{observed}} = 10.05; \text{diff}_{\text{critical}} = 8.15; p < .05 \)). On the item level, this difference was based on increased “distress” and “nervousness” in the subtle interaction condition. The differences between the suspenseful and the control condition, and between subtle and control were not significant. A similar test with positive affect (PA) was not significant (\( H = 2.26; df = 2; p = .32 \)).

Thus, the subtle interaction led to higher negative affect, compared to the suspenseful interaction. This confirms our hypothesis H1 on the overall affective experience for negative affect. An effect on positive affect could not be found.

### 4.2 Perception of the Conversation

Next, we ran a Kruskal-Wallis test to compare the effect of the type of interaction (suspenseful, subtle, control) on the perceived quality of the conversation. However, there was no significant effect (\( H = 2.53; df = 2; p = .28 \)). Thus, hypothesis H2 could not be confirmed: The type of interaction did not influence the perceived quality of the conversation.

### 4.3 Product Perception and Evaluation

A Kruskal-Wallis test with type of interaction (suspenseful, subtle, control) as factor and hedonic quality perception (HQ) as measure revealed a significant effect (\( H = 6.71; df = 2; p < .05 \)). This was caused by a lower perceived hedonic quality in the subtle interaction, compared to the control condition (\( \text{diff}_{\text{observed}} = 10.95; \text{diff}_{\text{critical}} = 10.17; \text{p}_{\text{adjusted}} < .05 \)). There was no difference between the suspenseful interaction and the control condition or between the suspenseful and subtle interaction. A similar Kruskal-Wallis test with perceived pragmatic quality as measure revealed no significant effect (\( H = 3.88; df = 2; p = .14 \)).

Next, we conducted a Kruskal-Wallis test with perceived product beauty as measure and found a significant effect (\( H = 7.61 df = 2; p < .05 \)). However, no pairwise comparison revealed a significant difference between specific groups after adjustments for family-wise error. Finally, we ran a Kruskal-Wallis test with overall product perception (“goodness”) as measure and found a significant effect (\( H = 7.04; df = 2; p < .05 \)). The overall product perception was better in the suspenseful condition than in the control condition (\( \text{diff}_{\text{observed}} = 8.15; \text{diff}_{\text{critical}} = 8.11; p < .05 \)), and better in the control condition than in the subtle condition (\( \text{diff}_{\text{observed}} = 10.34; \text{diff}_{\text{critical}} = 10.09; \text{p}_{\text{adjusted}} < .05 \)). The suspenseful and control conditions were not significantly different.

Taken together, the subtle interaction led to a significantly more negative product perception than the suspenseful interaction and the control condition. The effect was strongest for the overall goodness, and partially confirms H3. Hedonic quality was also significantly more negative in the subtle interaction condition, compared to the control condition.

### 4.4 Perception of the Conversation Partner

Finally, we ran a Kruskal-Wallis test with type of interaction (suspenseful, subtle, control) as factor and extraversion as measure and found a significant effect (\( H = 12.05; df = 2; p < .01 \)). The conversation partner appeared less extraverted in the subtle condition than in the suspenseful condition (\( \text{diff}_{\text{observed}} = 11.58; \text{diff}_{\text{critical}} = 10.01; \text{p}_{\text{adjusted}} < .05 \)). Additionally, he appeared less extraverted in the subtle condition than in the control condition (\( \text{diff}_{\text{observed}} = 12.42; \text{diff}_{\text{critical}} = 10.24; \text{p}_{\text{adjusted}} < .05 \)). There was no difference between the suspenseful and control conditions. Similar analyses with the remaining four personality traits revealed no significant effects (\( \text{openness} = .07; \text{conscientiousness} = .09; \text{the other two} p > .1 \)).

In sum, the subtle interaction made the hearing aid user appear less extraverted, compared to the suspenseful interaction and control condition.
Table 2: Summary statistics for all measures in each condition. MAD = Median Adjusted Difference; IQR = Interquartile Range

| Measure                  | Median | MAD  | IQR  | Range | Minimum | Maximum |
|--------------------------|--------|------|------|-------|---------|---------|
| Positive Affect          |        |      |      |       |         |         |
| control                  | 3.40   | 0.40 | 1.00 | 2.00  | 2.20    | 4.00    |
| suspenseful              | 3.30   | 0.30 | 0.75 | 1.50  | 1.00    | 3.00    |
| Negative Affect          |        |      |      |       |         |         |
| control                  | 1.00   | 0.50 | 0.40 | 1.50  | 2.00    | 2.00    |
| suspenseful              | 0.20   | 0.10 | 0.05 | 0.25  | 0.00    | 0.50    |
| Conversation             |        |      |      |       |         |         |
| control                  | 7.00   | 0.00 | 0.75 | 3.00  | 1.00    | 7.00    |
| suspenseful              | 0.50   | 0.00 | 0.00 | 2.00  | 1.00    | 2.00    |
| Agreeableness            |        |      |      |       |         |         |
| control                  | 6.00   | 0.00 | 1.00 | 2.00  | 4.00    | 4.00    |
| suspenseful              | 4.50   | 2.00 | 2.00 | 7.00  | 3.00    | 7.00    |
| Extraversion             |        |      |      |       |         |         |
| control                  | 4.50   | 1.00 | 1.00 | 1.00  | 1.00    | 5.00    |
| Conscientiousness        |        |      |      |       |         |         |
| control                  | 4.00   | 1.00 | 1.00 | 2.00  | 3.00    | 5.00    |
| suspenseful              | 2.50   | 0.00 | 0.00 | 2.00  | 1.00    | 3.00    |
| Neuroticism              |        |      |      |       |         |         |
| control                  | 3.50   | 0.50 | 0.63 | 1.50  | 1.00    | 3.00    |
| suspenseful              | 4.50   | 1.00 | 1.00 | 2.00  | 2.00    | 5.00    |
| Openness                 |        |      |      |       |         |         |
| control                  | 2.00   | 0.00 | 0.00 | 1.00  | 1.00    | 3.00    |
| Haptic Quality           |        |      |      |       |         |         |
| control                  | 3.50   | 0.00 | 0.00 | 1.50  | 1.00    | 3.00    |
| suspenseful              | 5.00   | 0.00 | 0.00 | 1.00  | 1.00    | 1.00    |
| Practical Quality        |        |      |      |       |         |         |
| control                  | 4.00   | 0.25 | 0.50 | 1.00  | 3.00    | 4.00    |
| suspenseful              | 4.50   | 1.00 | 1.00 | 2.00  | 1.00    | 5.00    |
| Beauty                   |        |      |      |       |         |         |
| control                  | 4.50   | 1.00 | 1.00 | 2.00  | 2.00    | 6.00    |
| Goodness                 |        |      |      |       |         |         |
| control                  | 4.00   | 1.00 | 1.00 | 1.00  | 1.00    | 3.00    |

5 DISCUSSION

In the present study, we compared the impact of subtle versus suspenseful forms of interaction on the observer experience during face-to-face conversations. Specifically, we used interactions with a hearing aid as our test case and found negative effects of a subtle form of interaction, compared to a “suspenseful” form of interaction and the control condition (no interaction). The subtle form of interaction had negative effects on the emotional experience of the observer and their perception and evaluation of the technology itself. In addition, subtle interactions also led to impressions of the conversation partner as less extraverted, compared to the other two conditions. Taken together, the type of interaction had a profound impact on the observer experience, and the subtle interaction had a consistently more negative effect than the suspenseful interaction. These findings contradict current social acceptability design recommendations to use unobtrusive, subtle design strategies and to avoid “suspenseful” forms of interaction [15], and represent the main contribution of this paper.

As the second contribution, we take this empirical inconsistency as a prompt to reflect on the current, relatively standardized recommendations for subtle and against suspenseful forms of interaction. Please note that we do not suggest that previous studies where subtle interactions performed well are in some form “invalid” or that we consider subtleness generally as a “bad” design strategy. Instead, we want to encourage researchers and designers to emphasize situational differences and to focus their attention more towards situated meaning, that is, on why a certain form of interaction may or may not be appropriate in a given situation, before designing the form itself (i.e., the how).

5.1 LIMITATIONS

Before we discuss the broader impact of our study, we would like to highlight its major limitations. First, some of our scales to measure personality traits had relatively low internal consistencies, which makes their interpretation difficult. Statistical reasons for this include that the scales used to measure each personality trait were quite short (2 items each), and that our sample was relatively small. Another possible reason may relate to the specific personality traits themselves and our study situation. Some traits, such as neuroticism and conscientiousness, may be especially difficult to deduce, based on a short conversation with a stranger. For future work, we would suggest using more focused but longer scales to measure certain personality traits of interest.

Second, the chosen device, an interactive hearing aid, and the specific setup, a face-to-face conversation, may have led to particular, situation-specific effects that cannot easily be generalized to other situations, such as interacting with a smartphone on the train. However, this limitation actually supports the more general point we make. A key takeaway from this work should be that we cannot simply transfer findings from an interaction in one situation to another interaction in another situation. Further below, we try to clarify under which circumstances we believe that findings can be transferred to an extent, and how we would describe similarities and differences between situations that are essential for the transferability.

Third, the sample size (35) was relatively small, which was in part due to the expensive setup involving a professional actor. We chose this setup because we wanted to create an immersive social situation with realistic experiences of a face-to-face conversation. Future studies using for example a larger sample size in an online study could further extend the findings.

5.2 REFLECTIONS ON SOCIAL ACCEPTABILITY AND SITUATEDNESS

Given the tension between our findings and previous work, we use the remainder of this paper to reflect on interacting in social situations and social acceptability. This reflection follows the interactional approach to social situatedness outlined above (and e.g., in [6, 36]).

5.2.1 Acknowledging Formative Effects and Shared Experiences. In previous social acceptability studies, the other people around a user have typically not been the focus of attention. Conceptually, they have been framed as rather passive “elements” of the social situation through labels such as “audience” [30], “observer” [2], and “spectator” [28]. All of these focus on their role as people who look at a performed interaction in some form, but not as active contributors on their own. However, people have an immense formative power to shape social situations through their activities, such as people dancing in a club who make it easier for others to dance along. So far, we do not know how the social acceptability of an interaction relates to the activities performed by other people.

Perhaps even more strikingly, the interactions themselves can be read as positioned with a somewhat “passive” notion. If we label an interaction as socially “acceptable”, we imply the judgement of some authority that can accept or reject it. The active role of
an interaction to shape a situation and maybe redefine what is considered acceptable in that situation (e.g., the first dancers on the dance floor) should be studied further.

5.2.2 Suspenseful Interactions in the Wild. In our study, the form of interaction in the “suspenseful” condition was quite large and gesture-based, which was previously deemed socially unacceptable (e.g., [1, 23]). But despite these recommendations, suspenseful interactions are actually quite common in real-world social situations. For example, playing a smartphone game such as “Fruit Ninja” or taking a photo are usually “suspenseful” interactions. Some of them are directed at a device, which may increase acceptability [15]. But in terms of the interaction taxonomy, only the manipulations, but not the effects, are visible—which makes these interactions suspenseful. In fact, some design interventions such as the “manner mode” (silent mode) for smartphones have been developed and are sometimes enforced [35] to reduce the loudness or visibility of “effects” (e.g., ringtones, touch-tones), thus deliberately transforming expressive into suspenseful interactions.

This seems inconsistent with previous recommendations against suspenseful interactions (e.g., [7, 22, 23]). But from our perspective, their wide adoption in indicates that they may in fact not be as generally “unacceptable” as believed, and our study adds experimental findings that support this view. In sum, we find that suspenseful interactions do not seem unacceptable in general, but the experiences they create depend more specifically on the situation of use.

5.2.3 Practical Challenges with the Interaction Taxonomy in Evaluative Research. When preparing this study and considering different technologies and interactions, we occasionally had difficulties with Reeves and colleagues’ taxonomy [28] for our evaluative purpose, given the multilayered and dynamic interactions we found in real-world social situations. For many interactions, such as phone calls or gesture-based fitness games, we could not differentiate the manipulations and effects as clearly as initially assumed using the four categories. Reeves and colleagues have also considered in-between categories, for example with partially revealed or amplified effects, and from our understanding positioned the taxonomy primarily as a useful tool for the design phase. However, we see some challenges when using it to guide empirical evaluation.

Take a phone call as an example. Dialing and holding the phone to one’s ear are clearly “manipulations”. But the case is less clear for the conversation itself. If the phone call comprises a negotiation with a call center agent about forwarding your call, we would consider this a “manipulative” aspect of the overall interaction. In contrast, laughing at a conversation partner’s joke is clearly an “effect”. Another example are gesture-based fitness games, where we use body movements as input (“manipulations”). But they are also the desired effect (i.e., to become more active). Many real-life activities have multiple manipulations and effects, including direct interactions with the device and gestures or mimics of the user. In our own study, the direct “effects” of the hearing aid (better hearing) were hidden, but of course the “effect” that the conversation can continue was apparent in all conditions. It is not clear how “no visible effect” might have looked like in this case, and such an isolated and binary perspective does not seem useful here.

One reason for these difficulties may be that the interaction taxonomy implies a particular understanding of an “interaction”, where manipulations and effects can be clearly separated. However, other approaches exist. Hornbæk and Oulasvirta [13] identified seven different understandings of “interaction” in the HCI literature. The interaction taxonomy is for example compatible with understanding interactions as a cyclic “dialogue” between tool and user. The user provides some input to the system, which returns some output that the user can sense and process, before again providing new input and so on. In contrast, when framing interaction as experience or as embodied action, this clear separation between user and tool, and the seemingly dyadic shift between manipulations and effects, becomes blurry and less central. Instead, the focus of interest shifts to questions about how the interaction in the specific situation affects our experiences as users and as “other people”.

In sum, from our perspective the taxonomy unfolds its main strength during the design process. It helps designers consider what parts of an interaction to hide or reveal, and in what specific form. However, using it in evaluative research about real-life interactions can be challenging, because they often contain both hidden and perceptible manipulations and effects, and in some cases these cannot clearly be separated.

5.2.4 Overcoming Problems of Comparing Social Situations Using Static Categories. In the introduction, we have indicated that people are often aware of situational differences and adapt their behavior, for example when calling on a shopping street but not in a library. But so far, such situational differences have not been explored systematically in the social acceptability literature. Some studies have taken a first step using the “Audience-and-Location Axes” (ALA) [30] as a way to describe differences between situations. The ALA list a handful of locations (home, pavement, driving, public transport, pub/restaurant, workplace) and audiences (alone, partner, friends, colleagues, strangers, family). In some studies, participants were asked to rate how acceptable an interaction is from their perspective in each of these locations and in front of these audiences (e.g., [1, 2, 30]).

However, when taking an interactional approach, we see several challenges with the ALA in their current form and use. First, the categories obviously do not represent all social situations, and that was also not the intention when they were first introduced [30]. Some researchers have adjusted the ALA for their studies by adding or removing categories [15], but the choice of categories nevertheless remains selective. Second, and relatedly, we can reasonably assume experiential differences between different “instances” of each category. The pub/restaurant category from the ALA covers everything from a fast food franchise to three-star restaurants, and from a shabby pub to a fancy cocktail bar, across all cultural settings. “Family” includes everyone from the toddler to the grandmother, and interpersonal relationships between different family members may vary. Third, the ALA do not capture overlaps between categories. A husband or a wife is both a “partner” and “family”, and in some cases even a “colleague”. A board restaurant is part train and part restaurant. Fourth, it is not clear how much of the findings we can transfer from one category to another. If an interaction seems unacceptable in a restaurant but acceptable on a train, which of
these rules apply in a board restaurant? How much of this transfers to a classroom or a face-to-face conversation? And fifth, it seems hard to communicate differences between these categories to the HCI and design communities in detail. Our impression is that the categories have been adopted as a checklist to recommend forms of interaction that supposedly work “everywhere”. The downside of this is that we overlook more fine-grained, situation-specific solutions, which could lead to something like a spectrum of possible forms rather than uniform, one-form-fits-all solutions.

The interactional approach offers an alternative. Its central claim is that we can consider people’s activities as the constitutive elements of social situations and as central for their situated experiences. Thus, studying the relationships between these situated activities could be a promising path forward. For example, we can use typical situated activities to describe places (e.g., eating in a restaurant and reading on a train) and interpersonal relationships (e.g., chatting with friends, presenting slides to colleagues). Here, the focus is on the emerging relationships between people and devices realized through activities, not on location, technology, and people themselves. We would assume that compatibility between existing, situated activities and newly introduced interactions leads to higher social acceptability, as supported by the present study.

By using activities as a basis, we can describe differences and similarities between situations. For example, “eating” is common to all restaurants, but “ordering at the counter” is only common in some (e.g., food courts) and not others (e.g., three-star restaurants). We can also represent overlapping categories, such as a board restaurant, through the specific activities they borrow, in this case for example eating (restaurant) and interacting with the conductor (train). This may allow us to transfer findings from previously studied situations to others. So far, concrete tools to represent social situations based on their activities (e.g., [37]) are still rare. But future work could focus on identifying common patterns of co-located activities or other ways to describe structure in their relationships.

5.2.5 Distinguishing Acceptable Activities From Acceptable Forms. So far we have focused on possible acceptability differences between different situations. But differences can also exist within the same situation, even with similar forms of interaction. For example, “taking a selfie” and “taking a photo of a stranger” can have quite similar forms, but they may be experienced quite differently. Here, we want to emphasize different considerations for the acceptability of interactions with technology that cannot be captured when focusing primarily on form.

In other words, we want to raise the question whether a “hidden” or “subtle” form of an interaction actually makes the activity “socially acceptable”, in the sense that it becomes socially acknowledged as something that can or should be performed in a given situation. This can be the case. For example, with phone calls in public, changing aspects of its form (e.g., muting the voice of the caller [17]) has been suggested as a way to make them acceptable in more situations (e.g., a train, a library). But in other cases, the acceptability problem is not one of its form. Problems with phone calls during a date may not be solved by removing “noise”, because they rather relate to the split attention the call implies. In such cases, the call itself is somewhat unacceptable, independent of its form.

Ess and colleagues touch upon this problem through their “candidate” design approach that reveals certain effects of an activity and makes it a possible topic of negotiation (e.g., “Is browsing through social media acceptable during a work meeting?”). In some cases, the interrelations between an activity and other co-located activities are not clear during its introduction and have to be negotiated over time.

Regarding our own study, we would argue that there is nothing inherently wrong about quickly readjusting a hearing aid on the level of the activity itself, because it can be seen as necessary for the conversation. Considering the form of interaction, we could try to make it more “acceptable” by completely hiding it. But we know from previous work that the opinions on “visibility” of hearing aids vary within the community of people with divergent hearing. Some people prefer hidden forms, and previous work suggests that this may relate to undesirable stereotypes associated with such technologies. But other hearing aid users are quite explicit about communicating their divergent hearing to conversation partners. They see it as a self-defining part of themselves, and want to communicate it openly to normalize it and reduce stigma in the society (e.g., [5]).

In sum, social acceptability often goes deeper than the form itself, and we should focus on the underlying implications more explicitly in future research.

6 CONCLUSION

So far, research on social acceptability widely recommended using subtle forms of interaction, because they seem unobtrusive and preserve privacy. This makes sense in many social situations, for example when performing technology-mediated activities among anonymous strangers. However, in closer and more direct social interactions, or in mixed settings, other aspects can become more important, such as paying attention to the conversation partner. This may be better communicated through an openly visible, “suspenseful” hand gesture, instead of following the notion of unobtrusiveness. To go beyond overgeneralized recommendations, we must reflect on the activity itself and the relationships it implies between user, “observers” and the device. After all, “social acceptability” is not static. By choosing to communicate the interaction openly through a particular form, we may actually contribute to some desirable social change and reduce stigma—at least in the present case of a hearing aid.

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