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Abstract: Problem statement: Enteropathogenic Escherichia Coli (EPEC) continue to be a major health problem, leading to death due to diarrhea, predominantly in children below the age of five. Due to evolution of multi drug resistance in EPEC and side effects caused to host by antibiotics necessitated a search for alternative medicines from medicinal plants. One such medicinal plant used since ancient times to cure diarrhea is Aegle marmelos. This study was done to investigate the effect of aqueous extract of Aegle marmelos fruit (AEAM) on outer membrane protein C (OmpC) of EPEC, which plays a key role in adherence and antibiotic resistance. Approach: Fixation of minimum inhibitory concentration. In presence and absence of AEAM antibiotic susceptibility test was performed. Expression analysis of OmpC and OmpF was carried out by RT-PCR of EPEC in presence and absence of AEAM. Morphological changes of EPEC in presence and absence of AEAM were analyzed by TEM. In infant mouse ileal loop model, histological analysis, adherence of bacteria to ileal loops and Western blotting for caspase-3 and Hsp70 were done. Results: OmpC (~42kDa) a porin, played an important role in selective transport of nutrients and also acted as an adhesin, whereas OmpF (~38kDa) is also a porin which is non selective. Susceptibility of EPEC to β-lactam antibiotics in presence of AEAM can be attributed to down regulation of OmpC and upregulation of OmpF. The changes in Omp expression also triggered morphological changes in EPEC. Histology and western blot of Hsp70 and Caspase-3 in rat ileal loop confirmed the effect of AEAM on attenuating the virulence of EPEC by preventing its infection due to loss of adherence. Loss of adherence was due to morphological changes and down regulation of OmpC in EPEC. Conclusion: From this study, we concluded that the protection offered by AEAM against EPEC was due to down regulation of OmpC, leading to loss of adherence and up regulation of OmpF, which allowed the entry of β-lactam antibiotics into bacteria. Hence, AEAM, along with β-lactam antibiotics can be used in treatment of EPEC infections.

Key words: Porins, RT-PCR, OmpF

INTRODUCTION

Acute diarrhea is a common cause of death in developing countries and the second most common cause of infant deaths worldwide. According to a report in 2003, diarrhea accounts for 21% of all deaths below five years of age and causes 2.5 million deaths per year Kosek et al.[1]. These numbers remain relatively unchanged when compared with previous reports by Bern et al for the period of 1980-1990[2].

Even though there are many factors responsible for causing diarrhea (including osmotic imbalance, indigestion of diary products) enteric infection is the leading cause of diarrhea in developing countries. About 10-15 % of diarrhea is caused by Enteropathogenic Escherichia coli (EPEC), which stands next to Enterotoxigenic Escherichia coli (ETEC), which cause about 20% of diarrhea.

Enteropathogenic Escherichia coli is a gram negative bacterium that is commonly found in the lower intestine of warm-blooded animals. EPEC lack fimbriae, ST and LT toxins, but they utilize an adhesin known as intimin to bind to host intestinal cells[3-5]. This virotype has an array of virulence factors that are similar to those found in Shigella. Adherence to the intestinal mucosa causes a rearrangement of actin in the host cell, leading to significant deformation[6]. EPEC cells are moderately-invasive and elicit an...
To determine the minimum inhibitory concentration (MIC), the antimicrobial susceptibility test was done by the 2-fold broth macrodilution method according to the National Committee for Clinical Laboratory Standards. The wild bacteria and bacteria treated with AEAM at final concentrations of about 7 × 10^5 cfu mL^-1 were separately inoculated into LB broth with various concentrations of Ampicillin, Penicillin and Vancomycin. The MIC of each antibiotic was determined by enumerating colonies on the agar plates after incubation for 18 h at 37°C. The percentage of growth inhibition was calculated by comparing the growth of wild bacteria.

**Rat ileal loop ligation assay:** Experimental diarrhea was induced by EPEC according to Arm et al. To assess the fluid accumulation and dilation of intestinal loops, male BALB/c mice (4-5 weeks old) were fasted for 24 h before being anaesthetized with sodium pentothal (40 mg kg^-1 body weight). After making a small incision in the abdominal region, inocula of 10^9 CFU in 0.5 mL of PBS, pH 7.4, were injected into ligated ileal loops in ileo caecal junction and the mice were allowed to live for 6 h. Histological analysis and analysis of adherence of bacteria to intestinal loop were performed according to Zychlinsky et al.

**Plasmid isolation:** Isolation of plasmid DNA was done using plasmid mini preparation kit obtained from GeNei, Bangalore, according to manufacturer’s instruction. Plasmids were detected by electrophoresis in 0.8% agarose gel containing 0.5 µg mL^-1 of ethidium bromide and photographed with UV-light illumination.

**Preparation of membrane and cytosol fractions:** Outer membrane proteins were isolated as described previously. Overnight cultures were centrifuged for 5 min at 7000 g. Pellets were washed once with 20 mM Tris, 10 mM EDTA, pH 8 (TE), then resuspended in the same buffer. Bacteria were disrupted by sonication for 1 min, followed by a 2 min rest, then an additional 1 min sonication. Samples were centrifuged for 5 min at 7000 g to remove debris and the resulting supernatant was
centrifuged for 1 h at 60,000 g at 4°C The clear supernatant was retained as cytosolic fraction. The pellet was resuspended in TE and the protein concentration was estimated\(^{[17]}\). Protein concentration was adjusted to 5 mg mL\(^{-1}\) and solubilised with sodium lauryl sarcosinate 1% w/v (final concentration) at 4°C for 1 h. Samples were centrifuged again for 1 h at 60,000 g at 4°C and the supernatant was taken for analysis of inner membrane fraction and the pellet was resuspended in 1% SDS and boiled for 10 min. Protein concentrations of cytosol and membrane fractions were estimated and equal concentration of protein fraction were run on sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). The gels were stained with Coomassie brilliant blue R-250.

**Isolation of RNA:** Exponentially growing bacterial cells reaching the OD of 1.0 at 540nm were harvested by centrifugation (5 min, 3800 g, 4°C). For preparation of total RNA, the phenol-guanidine thiocyanate based Tri Reagent (GeNei\(^{TM}\), Bangalore) was used. To 10\(^3\) bacterial cells, 1 mL of Tri reagent was added and lysed by repetitive pipetting and allowed to stand for 5 min followed by addition of 200 \(\mu\)L of chloroform for phase separation. Vigorously vortexed for 15 sec and allowed to stand for 10 min and centrifuged at 12000 g for 15 min at 4°C. The supernatant was discarded and the RNA pellet was washed with 1 mL of 75\% ethanol in DEPC treated microfuge tube. To this, 250 \(\mu\)L of ice cold isopropanol was added, gently mixed and allowed to stand for 10 min and centrifuged at 12000 g for 15 min at 4°C. The supernatant was discarded and the RNA pellet was washed with 1 mL of 75\% ethanol in DEPC treated water and again centrifuged at 14000 g for 10 min at 4°C to get total RNA. This pellet was dissolved in 25 \(\mu\)L of sterile RNase free water by heating at 55°C for 20 min and stored at-20°C until use.

**RT-PCR:** To synthesize cDNA, a reverse transcription reaction solution containing the following reagents: 1.0 \(\mu\)g total RNA in RNase/DNase-free water and 1.5 \(\mu\)L random hexamer primer (GeNei\(^{TM}\), Bangalore) were incubated for 10 min at 72°C and chilled immediately. To this, 5.0 \(\mu\)L premixed 10 mM dNTP solution (GeNei\(^{TM}\), Bangalore), 3.0 \(\mu\)L 10X M-MLV reverse transcriptase buffer (GeNei\(^{TM}\), Bangalore), 1.0 \(\mu\)L (200 units \(\mu\)L\(^{-1}\)) M-MLV reverse transcriptase (GeNei\(^{TM}\), Bangalore), were added and made up to 50 \(\mu\)L\(^{-1}\) using sterile RNase/DNase-free water.

To amplify the cDNA, Polymerase Chain Reaction (PCR) ready mix (GeNei\(^{TM}\), Bangalore) was used according to manufacturer’s instruction. All PCR samples were denatured at 94°C for 5 min prior to cycling and were extended for 10 min at 72°C following cycling. The PCR assay using primers was performed for 39 cycles at 94°C for 60 s, 60°C for 60 s and 72°C for 60 s. Primers for \(ompF\), \(ompC\), \(ompA\), \(ompR\), \(envZ\) and \(16s\) rRNA are shown in Table 1. Primers were designed using primer3 software available free on http://fokker.wi.mit.edu/primer3/input.htm and nucleic acid sequence was accessed from http://www.ncbi.nlm.nih.gov/entrez/viewer.fcgi?val=ID (Table 1). The primers were purchased from Integrated DNA technologies, USA.

**TEM studies:** Bacterial strains were grown overnight, with and without the extract, in LB broth and washed thrice with PBS. The cells were fixed in 3% glutaraldehyde, post fixed with 1% osmium tetroxide and subjected to transmission electron microscopy to look for changes in morphology of the bacteria.

**Antibiotic sensitivity test by disc diffusion method:** Antibiotic sensitivity of test strains was determined by the standard Disc diffusion method against Ampicillin (A10) Penicillin (P 30) Norfloxin (N30) Vancomycin (Va30) Chloramphenicol (C30) Novobiocin (Nv 30) and Carbenicillin (Cb100) Antibiotic discs were purchased from Hi-Media Pvt. Ltd. (Mumbai, India).

**β-Lactamase assays:** Crude β-lactamase extracts were prepared from 5 mL of overnight cultures. Bacterial cells containing β-lactamase were grown to mid-log phase (optical density at 540 nm: 0.5) in LB broth containing 100 mg of ampicillin mL\(^{-1}\). The cells were pelleted, washed and resuspended in 500 mL of 50 mM Tris-HCl buffer, pH 7.4. A 40 mg mL\(^{-1}\) stock solution of freshly prepared lysozyme in Tris-HCl buffer was added to a final concentration of 10 mg mL\(^{-1}\) and bacterial cells were incubated for 15 min at room temperature. EDTA was added to a final concentration of 1 mM and the mixture was gently shaken for 10 min. The cell suspension was clarified by centrifugation at 14,000 g for 15 min and the supernatant was collected.

![Table 1: Primer sequence of 16s rRNA, ompR, ompC, envZ, ompA and ompF and product size.](image)

| S. No. | Gene     | Primer pair                          | Product size (bp) |
|-------|----------|--------------------------------------|------------------|
| 1.    | 16s rRNA | Left 5’cgccacactggaactgaga 3’ Right 5’ttgattccgctctcttctg 3’ | 204              |
| 2.    | ompC     | Left 5’aatcgccgagcaactac 3’ Right 5’agcagagctttacgaccat 3’ | 209              |
| 3.    | ompF     | Left 5’agcagagctttacgaccat 3’ Right 5’tgtagccggctctcttctg 3’ | 237              |
| 4.    | ompR     | Left 5’cgcgaactggaatacgaga 3’ Right 5’tgcgaactgaaactgaga 3’ | 176              |
β-Lactamase activity in the supernatant was measured with the chromogenic cephalosporin nitrocefin. The amount of protein in each β-lactamase preparation was determined by Lowry et al. The specific activity present in each sample was estimated by measuring the hydrolysis of 100 mM nitrocefin at 25°C in a spectrophotometer at 482 nm. Specific activity was defined as U mg⁻¹ of protein. One unit was defined as the amount of nitrocefin hydrolyzed (micromolar) min⁻¹.

RESULTS

Minimum inhibitory concentration of aqueous extract of *Aegle marmelos*: In the serial dilution experiment, the numbers of colonies (CFU mL⁻¹) were gradually decreased with increase in AEAM concentration and the optimal inhibitory concentration of the extract was found to be 500 µg mL⁻¹. The concentration below this i.e., 250 µg mL⁻¹, was used for further study.

Rat ileal loop assay: Infection with AEAM-treated Enteropathogenic *Escherichia coli* showed almost normal architecture of the small intestine (Fig. 1c) when compared with wild Enteropathogenic *Escherichia coli* which caused shortening and edema of villi, ulceration and inflammatory infiltration of hemorrhagic exudates in the luminal surface of the mucosa. (Fig. 1b) Uninfected loop and loop injected with AEAM alone showed normal architecture (Fig. 1a and d).

Western blot analysis of ileal loop: Figures 2a and b show the western blot analysis of wild and AEAM-treated EPEC infected loop for expression of Hsp70 and Caspase-3, respectively. This was done to assess the apoptosis caused due to infection of wild and AEAM treated EPEC in ileal loop. Increase in Hsp 70 levels and decrease in activated Caspase-3 in AEAM treated EPEC-infected loop clearly shows loss of virulence.

Plasmid profile: No significant difference in plasmid profile was seen in treated Enteropathogenic *Escherichia coli* when compared with the wild type (Fig. 3).

![Fig. 1: Histology of wild and treated EPEC infected loops. (a): Control loop; (b): Wild EPEC infected loop; (c): loop injected with drug alone; (d): Treated EPEC infected loop](image1)

![Fig. 2: Western blot analysis of wild and treated EPEC infected loops. (1): Control; (2): Wild EPEC infected loop; (3): AEAM Treated EPEC infected loop; (4): Drug control](image2)

![Fig. 3: Effect of AEAM on plasmid profile of EPEC. (1): Wild EPEC; (2): AEAM treated EPEC](image3)
Adherence of Enteropathogenic Escherichia coli to ileal loop: Adherence of bacteria to ileal loop was analyzed by plating serially diluted loop tissue extract on selective medium MacConkey agar. A 62% decrease in adherence of AEAM treated Enteropathogenic Escherichia coli to ileal loop was observed when compared to adherence of wild Enteropathogenic Escherichia coli (Fig. 4).

Analysis of cytosolic and outer membrane proteins:
Enteropathogenic Escherichia coli was grown overnight at 37°C in medium without and with AEAM (250 µg mL^{-1}). The proteins were fractionated and subjected to SDS-PAGE. The protein profile of the cytosolic and outer membrane are shown in Fig. 5 respectively. Cytosolic fraction of Enteropathogenic Escherichia coli grown in the presence of AEAM showed significant difference with decreased levels of ~26 kDa protein (Fig. 2a, lane 1 versus lane 2).

In the presence of AEAM, the outer membrane fraction of Enteropathogenic Escherichia coli showed significantly higher levels of ~38 kDa protein and significantly lower levels of ~42 kDa protein when compared with their levels in Enteropathogenic Escherichia coli grown in the absence of AEAM (lane 4 versus lane 5). In addition, there were other minor differences between protein profiles of the bacteria grown in the presence and in the absence of AEAM.

Analysis of expression of OmpF, OmpC, ompA, ompR, envZ and 16s rRNA: In our study, we used RT-PCR to determine the expression levels of the porin transcripts. This method potentially eliminates some of the difficulties associated with subjective interpretation of outer membrane protein profiles. Enteropathogenic Escherichia coli grown in presence of AEAM showed decreased amounts of RNA transcripts of the OmpC and ompR genes compared to the Enteropathogenic Escherichia coli grown in absence of AEAM (Fig. 3a), whereas level of RNA transcript of OmpF was increased in Enteropathogenic Escherichia coli grown in presence of AEAM when compared to Enteropathogenic Escherichia coli grown in absence of AEAM (Fig. 6). 16s rRNA was used as internal control.

TEM analysis: Figure 7 shows the morphological analysis of wild and AEAM treated EPEC. In EPEC grown with AEAM, cells were shrunken in size. Cytoplasmic materials were condensed along with irregularities in outer membrane. The distinction between outer membrane and the plasma membrane was not clearly seen.
Table 2: Antibiotic sensitivity test for in absence and presence of AEAM (inhibition zone in Cm)

| Antibiotics     | Grown in presence of AEAM |
|-----------------|---------------------------|
| Amoxicillin (A10) | 0.0 R 3.8 S              |
| Penicillin (P 30)  | 0.0 R 2.8 S              |
| Norfloxin (N30)   | 4.8 S 4.9 S              |
| Vancomycin (Va30) | 0.0 R 2.1 S              |
| Chloramphenicol (C30) | 0.0 R 0.0 R      |
| Novobiocin (Nv 30) | 1.0 R 2.4 S              |
| Carbenicillin (Cb100) | 1.2 R 1.2 R          |

The above table represents inhibitory zones of *Shigella dysenteriae* and *Shigella flexneri* in absence and presence of AEAM. R: Resistance; S: Sensitive (Values in above table represent average of three experiments).

**DISCUSSION**

Evolution of multi-drug resistance in Enteropathogenic *Escherichia coli* as well as adverse side effects of certain antibiotics have stimulated immense interest in the search for alternative antimicrobial strategies to combat these organisms. In the present study, we showed the inhibition of binding of EPEC to intestine and also the vulnerability to β-lactam antibiotics when Enteropathogenic *Escherichia coli* are grown in presence of AEAM.

Infection of mouse ileal loop with AEAM (250 µg mL⁻¹) treated Enteropathogenic *Escherichia coli* showed almost normal architecture and apoptotic analysis showed low levels of activated form of Caspase 3, ensuring the loss of pathogenesis. This may be due to the effect of AEAM on the 69 kb plasmid which plays a vital role in pathogenesis and virulence of EPEC[18]. However, loss of plasmid was not observed in AEAM treated Enteropathogenic *Escherichia coli*.

The pathogenesis of EPEC primarily involves the adherence of the pathogen to intestinal mucosa.
Adherence of Enteropathogenic *Escherichia coli* grown in presence and absence of AEAM were analyzed, which revealed almost 60% decrease in bacterial adherence in loop infected with Enteropathogenic *Escherichia coli* grown in presence of AEAM when compared with loop infected with Enteropathogenic *Escherichia coli* grown in absence of AEAM.

The adherence of EPEC principally involves binding of the pathogen to intestinal mucosa with the help of the ~90 kDa outer membrane protein, intimin. Intimin, an adhesin of Enteropathogenic *Escherichia coli*, binds to host intestinal cells and causes a rearrangement of actin in the host cell, leading to significant deformation and elicits an inflammatory response. Hence, outer membrane protein profiles were analyzed. But there were no significant changes in the levels of ~90 kDa outer membrane protein in both EPEC grown in presence and absence of AEAM. However, in the presence of AEAM, the outer membrane fraction of Enteropathogenic *Escherichia coli* showed significantly higher levels of ~38 kDa protein and significantly lower levels of ~42 kDa protein when compared with EPEC grown in the absence of AEAM.

Further, these outer membrane proteins of ~42 and ~38 kDa were identified as *OmpC* and *OmpF*, respectively, by correlating the decrease in levels of RNA transcript of *OmpC* and increase in levels of RNA transcript of *OmpF* in EPEC grown in the presence of AEAM. In another enteric pathogen *Shigella*, ~42 kDa protein *OmpC* is involved in adherence and invasion of epithelial cells. Hence, decreased levels of *OmpC* in Enteropathogenic *Escherichia coli* grown in the presence of AEAM can be associated with observed loss of adherence.

*OmpC* and *OmpF* play an important role in osmoregulation. The effect of alteration of outer membrane protein on morphology of Enteropathogenic *Escherichia coli* grown in the presence and absence of AEAM was studied by TEM. Enteropathogenic *Escherichia coli* grown in the presence AEAM, showed shrinkage of size and condensation of cytoplasmic materials with irregularities of outer membrane proteins when compared to Enteropathogenic *Escherichia coli* grown in the absence AEAM. Morphological changes and irregularities in outer membrane proteins of Enteropathogenic *Escherichia coli* grown in the presence AEAM also contribute to inhibition of adherence and loss of virulence.

*OmpC* and *OmpF* not only play vital role in osmoregulation and adherence, they play a crucial role in antibiotic sensitivity of bacteria by acting as permeability factor. Hence, antibiotic susceptibility of Enteropathogenic *Escherichia coli* grown in the absence and in the presence of AEAM (250 µg mL\(^{-1}\)) was compared. Zone of inhibition for ampicillin (A10), penicillin (P30), vancomycin (Va30) were observed in Enteropathogenic *Escherichia coli* grown in the presence of AEAM, which were not found in Enteropathogenic *Escherichia coli* grown in the absence of AEAM.

The large plasmids of Enteropathogenic *Escherichia coli* are necessary for their pathogenesis and antibiotic resistance. However, loss of plasmid was not observed in both Enteropathogenic *Escherichia coli* grown in presence and absence of AEAM. Also, β-lactamase activity of the Enteropathogenic *Escherichia coli* grown in the presence and in the absence of AEAM was unchanged. The observed antibiotic resistance of Enteropathogenic *Escherichia coli* grown in presence of AEAM is correlated to increased levels of *OmpF*, which allows the permeability of these antibiotics. In *Shigella* also, AEAM affected the β-lactam resistance by up regulation of *OmpF*.

The reciprocal transcription of *OmpF* and *OmpC* is regulated by the active form of OmpR and envZ which phosphorylates OmpR by its histidine kinase and dephosphorylates by its phosphatase activity. Differential expression of *OmpF* and *OmpC* is a direct consequence of the intracellular concentrations of the active form of OmpR. Over expression of *OmpF* is due to decreased expression of ~26 kDa protein (as seen in SDS PAGE) and lower levels of RNA transcript of *ompR* (by RT-PCR) in Enteropathogenic *Escherichia coli* grown in presence of AEAM.

CONCLUSION

From this study, we conclude that the protection offered by AEAM against EPEC is due to down regulation of *OmpC*, leading to loss of adherence and up regulation of *OmpF*, which allowed the entry of β-lactam antibiotics into bacteria. Hence, AEAM, along with β-lactam antibiotics, can be used in treatment of EPEC infections.

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