Germinal centres in diagnostic labial gland biopsies of patients with primary Sjögren’s syndrome are not predictive for parotid MALT lymphoma development

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ABSTRACT

Objective Patients with primary Sjögren’s syndrome (pSS) have an increased risk of developing non-Hodgkin’s lymphoma (NHL), particularly parotid gland mucosa-associated lymphoid tissue (MALT) lymphomas. Presence of germinal centres (GCs) in labial gland biopsies has been suggested as predictive factor for NHL. We assessed whether presence of GCs is increased in labial gland biopsies from patients with pSS who developed parotid MALT lymphoma, the dominant NHL-subtype in pSS, compared with patients with pSS who did not develop lymphoma.

Methods Eleven labial gland biopsies from patients with pSS that were taken prior to parotid MALT lymphoma development were compared with biopsies of 22 matched pSS controls (1:2) who did not develop lymphoma. Biopsies were evaluated for GCs (H&E and Bcl6).

Results Labial gland biopsies of pSS MALT lymphoma patients, revealed GCs in 2/11 (18%) H&E sections and 3/11 (27%) Bcl6 stained sections. In controls, GCs were present in 4/22 (18%) of H&E sections and 5/22 (23%) of Bcl6 stained sections.

Conclusion Presence of GCs in labial gland biopsies does not differ between patients with pSS that develop parotid MALT lymphoma and patients with pSS who do not develop lymphoma. The presence of GCs in labial gland biopsies is therefore not a predictive factor for pSS-associated parotid MALT lymphomas.

INTRODUCTION

Primary Sjögren’s syndrome (pSS) is a systemic autoimmune disease, in which salivary and lacrimal glands are affected by a chronic inflammatory process, which leads to dryness of mouth and eyes. 1 Histopathologically, this inflammatory process is characterised by a periductal lymphoid infiltrate in the glandular parenchyma. 2 In roughly one quarter of the patients with pSS, germinal centres (GCs) can be found within these lymphoid infiltrates reflecting the B-cell hyperactivity that characterises the disease. 3–4 Although the clinical significance of these GCs remains to be elucidated, the presence of GCs in the glandular tissue of patients with pSS is generally associated with more severe clinical disease as reflected by a higher focus score (FS), increased presence of anti-SSA/Ro (52 kD + 60 kD) and anti-SSB/La autoantibodies and elevated levels of proinflammatory cytokines in the blood. 5–8

A serious complication of pSS is the 5%–10% lifetime risk of developing non-Hodgkin’s B-cell lymphomas (NHL). 8 The most common subtype NHL in pSS is the mucosa-associated lymphoid tissue (MALT) lymphoma. 5–7 These MALT lymphomas preferentially arise in the parotid glands and account for >60% of the lymphomas arising in patients with pSS. 6–8 Which patients with pSS will develop NHL is largely unknown, but several predictors have been identified including disease activity, persistent glandular enlargement, lymphadenopathy, palpable purpura, anti-Ro/anti-La antibodies, rheumatoid factor, lymphopaenia, declined C3 or C4 levels, cryoglobulinaemia and an FS ≥3 in the labial gland biopsy. 9–11 Presence of GCs in diagnostic labial gland biopsies has also been proposed as a predictive factor for the development of NHL. However, in the study underlying this assumption, all subtypes of NHL were taken into account, including NHL subtypes not typically associated with pSS, such as follicular lymphoma and T-cell lymphoma. 12 For this reason, we explored the predictive role of GCs in labial gland biopsies from patients with pSS for parotid gland MALT lymphomas.

MATERIALS AND METHODS

Patients
From 56 patients with pSS diagnosed with parotid MALT lymphoma, we were able to acquire labial gland biopsies of 11 patients taken at diagnosis of pSS, before (median 4.0, IQR 1.5–6.1 years) lymphoma diagnosis (table 1). Labial gland biopsies from 22 pSS patients with an NHL free follow-up (median 12.0, IQR 6.3–16.8 years) served as controls (see online supplementary table S1). Matching of control pSS patients (1:2) was based on age at diagnosis of pSS and the presence of SSA autoantibodies. Patients were frequency-matched within three age groups: patients diagnosed with pSS at an age of ≤40, between 40 and 60 and ≥60 years. All patients were clinically diagnosed as pSS and retrospectively fulfilled the ACR-EULAR (American College of Rheumatology - European League Against Rheumatism - classification) criteria at time of diagnosis. Of the 33 included patients, 32 also fulfilled the AECG-criteria at time of diagnosis. Of one pSS patient this is uncertain due to missing sialometry and ocular examination.

Histopathological assessment of diagnostic salivary gland biopsies
Diagnostic labial salivary gland biopsies were formalin fixed, paraffin embedded and sectioned at 3 µm thickness. Serial sections were stained...
Table 1  Patient characteristics and histopathology results of patients with pSS (n=11) developing a parotid MALT lymphoma

| Patient | Gender | Age pSS (year) | Δ* lymph pSS (year) | Ann Arbor Musshoff | pSS biopsy | FS | CD45 (%) | GC | GC Bcl6 | GC H&E | LEL | Anti-SSA | Anti-SSB |
|---------|--------|----------------|---------------------|-------------------|------------|----|----------|----|---------|--------|------|----------|---------|
| 1       | F      | 37             | 3.5                 | 2                  | Labial     | 4.0 | 27.6     | −  | +       | +      | +    | +        | +       |
| 2       | F      | 60             | 13.7                | 1                  | Labial     | 0.8 | 5.3      | −  | −       | −      | −    | −        | +       |
| 3       | F      | 32             | 4.0                 | 1                  | Labial     | 1.1 | 12.2     | −  | −       | −      | −    | +        | +       |
| 4       | F      | 28             | 0.2*                | 1                  | Labial     | 0   | 7.4      | −  | −       | −      | −    | +        | +       |
| 5       | F      | 63             | 6.1                 | 2                  | Labial     | 4.7 | 38.8     | +  | +       | +      | +    | −        | −       |
| 6       | F      | 47             | 3.2                 | 1                  | Labial     | 1.8 | 23.4     | −  | +       | +      | +    | +        | +       |
| 7       | F      | 45             | 0.3*                | 1                  | Labial     | 2.0 | 34.1     | −  | +       | +      | +    | +        | +       |
| 8       | F      | 67             | 4.6                 | 1                  | Labial     | 0   | 5.3      | −  | −       | −      | −    | +        | +       |
| 9       | F      | 31             | 4.0                 | 2                  | Labial     | 1.7 | 20.3     | −  | +       | +      | +    | +        | +       |
| 10      | F      | 51             | 13.3                | 3                  | Labial     | 2.7 | 18.2     | +  | +       | +      | +    | −        | −       |
| 11      | F      | 61             | 1.5                 | 1                  | Labial     | 4.0 | 21.6     | −  | +       | +      | +    | +        | +       |

*Biopsy taken shortly before lymphoma diagnosis. + present. − not present.

Δ* Lymph pSS: time between diagnosis of pSS and parotid MALT lymphoma, Ann Arbor Musshoff: (1) localised disease: lymphoma located in one or more salivary glands, (2) disseminated disease: lymphoma localised in one or more salivary glands with one or more enlarged regional lymph nodes (>1 cm), (3) disseminated disease: lymphoma in one or more salivary glands, with one or more enlarged regional lymph nodes (>1 cm) and/or bone marrow, spleen, liver or other extra nodal site than the salivary gland, or localisation of lymphoma in multiple extra nodal sites.20

Bcl6, B cell lymphoma 6; FS, focus score; GC, germinal centre; LEL, lymphoepithelial lesions; MALT, mucosa-associated lymphoid tissue.

Statistical analysis
Mann-Whitney U test and Fisher’s exact test were used accordingly to test differences between groups (IBM-SPSS Statistics V.23).

RESULTS
Analysis of H&E stained sections from diagnostic labial gland biopsies, taken prior to parotid MALT lymphoma development, revealed presence of GCs in 2/11 (18%) patients (table 2, online supplementary figure 1). Staining for Bcl6 revealed an extra (small) GC in a biopsy of one additional patient (figure 1, table 2). Thus, in patients with pSS who developed parotid MALT lymphoma, GCs were present in 3/11 (27%) prelymphoma labial gland biopsies. In the patients with pSS that did not develop parotid MALT lymphomas (nor any other type of NHL), GCs were detected in 4/22 (18%) diagnostic labial gland biopsies in H&E stained sections and in 5/22 (23%) of Bcl6 stained sections (table 2). This proportion was comparable with that seen in patients with pSS who did develop parotid MALT lymphoma.

Finally, a slightly higher incidence of GCs was seen in both groups: 27% for patients with prelymphoma labial gland biopsies and 23% for non-lymphoma pSS patients. Although the two groups of patients with pSS are rather small, the percentages of GCs are similar to those reported for labial gland biopsies among the general pSS population. Based on a large number of studies, Risselada et al reported that the mean weighted percentage of GCs in labial gland biopsies of patients with pSS was 25.1%±5.0% (range 18.3%–33%) in H&E stained sections. Since there was no difference in the occurrence of GCs in labial gland biopsies of patients with pSS prior to parotid MALT lymphoma development and the matched pSS controls as well as with the general pSS population, we conclude that presence of GCs in labial biopsies is not likely predictive for parotid MALT lymphoma development.

DISCUSSION
This study shows that the presence of GCs does not differ between diagnostic labial gland biopsies from patients with pSS who did develop parotid MALT lymphoma and patients with pSS who did not develop such lymphoma. In H&E stained sections, we observed an identical percentage of GCs in both categories of patients (18%). With a more sensitive and specific method to identify GCs, viz. staining for the GC B-cell associated transcription factor Bcl6, a slightly higher incidence of GCs was seen in both groups: 27% for patients with prelymphoma and 23% for non-lymphoma pSS patients. Although the two groups of patients with pSS are rather small, the percentages of GCs are similar to those reported for labial gland biopsies among the general pSS population. Based on a large number of studies, Risselada et al reported that the mean weighted percentage of GCs in labial gland biopsies of patients with pSS was 25.1%±5.0% (range 18.3%–33%) in H&E stained sections. Since there was no difference in the occurrence of GCs in labial gland biopsies of patients with pSS prior to parotid MALT lymphoma development and the matched pSS controls as well as with the general pSS population, we conclude that presence of GCs in labial biopsies is not likely predictive for parotid MALT lymphoma development.

Other studies that examined the predictive value of GCs in NHL development did not restrict themselves to MALT...
In a retrospective analysis of prelymphoma labial gland biopsies from 13 pSS patients with unspecified NHL lymphomas, Risselada et al. found that in H&E stained sections, GCs were present in only three (23%) of the patients. Johansen et al. showed that in similarly stained labial gland biopsies of pSS NHL patients, 4 out of 12 biopsies (33%) exhibited GCs. The matched control group of pSS patients without malignant NHL lymphoma showed an even higher percentage of 46% (13/28) GCs in the biopsies. However, in Johansen’s study, GCs were taken prior to NHL development and simultaneously or even after NHL development.

In contrast to our findings and the aforementioned reports, two earlier studies (Theander et al.12 and Bombardieri et al.13) indicated an increased incidence of GCs in diagnostic labial salivary gland biopsies preceding NHL development. Theander et al. observed that six out of seven patients had GCs in diagnostic labial salivary gland biopsies, prior to NHL development. Besides differences in patient cohorts, the most likely explanation for the apparent discrepancy between Theander’s study and our findings might be the selection of patients with pSS that developed NHL. While Theander et al. took all NHLs into account, we restricted ourselves to NHLs that are typically associated with pSS, namely parotid MALT lymphomas. Remarkably, only one out of seven pSS lymphomas in Theander’s retrospective study represented a salivary gland (parotid) MALT lymphoma, making comparison with our study difficult. Bombardieri et al.14 found ‘GC-like structures’ in six out of eight (75%) of labial gland biopsies from pSS and patients with secondary Sjögren’s syndrome preceding parotid MALT lymphoma. However, in this study, GC-like structures were determined by the presence of T-cells, B-cells and MALT lymphoid tissue; MWU, Mann-Whitney U test; pSS, primary Sjögren’s syndrome; RF, rheumatoid factor.

In conclusion, there are no indications that the occurrence of GCs in diagnostic labial salivary gland biopsies is increased in patients with pSS who developed parotid MALT lymphoma. Thus, in our opinion, labial salivary gland GCs of patients with pSS are not likely a predictive factor for parotid MALT lymphoma development. Nevertheless, their presence might be of clinical relevance for stratification of pSS patients regarding treatment options. For this reason, uniform histopathological criteria for the assessment of GCs are eagerly awaited.

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**Contributors** Study concept and design: EAH, FGMK, BvdV, HB and AV. Patient recruitment: HB and AV. Patient biopsy sampling: FKLS. Data collection: EAH and BvdV. Data analysis and interpretation: EAH, FGMK, BvdV, AV, FKLS and HB. The first manuscript was written by EAH and FGMK. All authors critically reviewed the manuscript and approved the final version to be published.

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**Table 2** Patient characteristics and histological results of diagnostic labial gland biopsies from pSS patients developing parotid MALT lymphomas and control labial gland biopsies

| Variable | Labial biopsies prior to parotid MALT lymphoma (n=11) | Labial biopsies from patients with pSS without lymphoma (n=22) | p Value Mann-Whitney U test (MWU) or Fisher’s exact test (FT) |
|----------|----------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------|
| Female n (%) | 11/11 (100) | 20/22 (91) | 0.542 (FT) |
| Age (year, mean (SD)) | 47.5 (14.0) | 48.7 (17.2) | 0.638 (MWU) |
| Anti-SSA positive, n (%) | 1/11 (9) | 2/22 (9) | - |
| Anti-SSB positive, n (%) | 7/11 (64) | 13/22 (59) | 1.000 (FT) |
| Anti-RF positive, n (%) | 11/11 (100) | 19/22 (86) | 0.534 (FT) |
| Anti-ANA positive, n (%) | 11/11 (100) | 21/22 (96) | 1.000 (FT) |
| Δ* pSS-lymph (year), median (IQR) | 4.0 (1.5–6.1) | - | - |
| FS, median (IQR) | 1.8 (0.8–4.0) | 2.7 (1.4–3.5) | 0.204 (MWU) |
| Area CD45 (%), median (IQR) | 20.3 (7.4–27.7) | 12.7 (9.4–19.1) | 0.143 (MWU) |
| LELs based on H&E, n (%) | 2/11 (18) | 4/22 (18) | 1.000 (FT) |
| GC based on Bcl6, n (%) | 3/11 (27) | 8/22 (36) | 1.000 (FT) |
| Δ*pSS-FU: time between diagnosis of pSS and last follow-up. FL, follow up; Bcl6, B-cell lymphoma 6 protein; FS, focus score; GC, germinal centre; FT, Fisher’s exact test; LEL, lymphoepithelial lesions; MALT, mucosa-associated lymphoid tissue; MWU, Mann-Whitney U test; pSS, primary Sjögren’s syndrome; RF, rheumatoid factor. |

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**Figure 1** GCs in diagnostic labial salivary gland biopsies of patients with pSS who developed a parotid MALT lymphoma later on. (A) Clearly visible GC in a periductal focus of the labial gland, H&E stain. (B) Bcl6 staining of serial section, showing the same GC. (C) Suspicious GC in a periductal focus of the labial gland, H&E stain. (D) Bcl6 staining of a serial section shows a small GC. Arrows point to GCs. GCs, germinal centres; pSS, primary Sjögren’s syndrome.
Correction: How common is clinically inactive disease in a prospective cohort of patients with juvenile idiopathic arthritis? The importance of definition

Dore M, Marlow C, Carew WM, et al. How common is clinically inactive disease in a prospective cohort of patients with juvenile idiopathic arthritis? The importance of definition. Ann of Rheum Dis 2017; 76:1381–8.

Figure 1 was corrected online but the incorrect version appeared in the August print issue.