Sustainable impact of COVID-19 on education projects: aspects of naturalism

Song Pu1 · Jamshid Ali Turi3 · Wang Bo4,2 · Chen Zheng5 · Dandan Tang2 · Wasim Iqbal6

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Abstract

History records show that pandemics and threats have always given new directions to the thinking, working, and learning styles. This article attempts to thoroughly document the positive core of coronavirus 2019 (COVID-19) and its impact on global social psychology, ecological stability, and development. Structural equation modeling (SEM) is used to test the hypotheses and comprehend the objectives of the study. The findings of the study reveals that the path coefficients for the variables health consciousness, naturalism, financial impact and self-development, sustainability, compassion, gregariousness, sympathy, and cooperation demonstrate that the factors have a positive and significant effect on COVID-19 prevention. Moreover, the content analysis was conducted on recently published reports, blog content, newspapers, and social media. The pieces of evidence from history have been cited to justify the perspective. Furthermore, to appraise the opinions of professionals of different walks of life, an online survey was conducted, and results were discussed with expert medical professionals. Outcomes establish that the pandemics give birth to creativity, instigate innovations, prompt inventions, establish human ties, and foster altruistic elements of compassion and emotionalism.

Keywords Financial consideration · COVID-19 pandemic · Financial impact · Psychological effects · Sustainability · Environmentalism · Naturalism

Introduction

The world has precariously faced the disastrous outbreak of coronavirus 2019 (COVID-19) (Yang et al. 2021a; Iqbal et al. 2021b; Wen et al. 2022). To date, more than 3.4 M people have suffered from the deadly virus in almost every country of the world and more than two hundred thousand lives have succumbed to the harsh brutality of COVID-19 (Razzaq et al. 2020; Irfan et al. 2022b, c). Figure 1 shows the virus’s exponential increase during its outbreak in Dec 2019 to its peak in May 2020, affecting the globe with a rapid increase in the spread of the contagion and death rate (Rehman et al. 2020; Ahmad et al. 2022). This fear-provoking situation has raised many questions in the public sphere, especially towards the world’s response to the public health and safety measures during the pandemic (Elavarasan...
et al. 2021; Irfan et al. 2021e, b, 2022d). According to health predictions and recommendations, COVID-19 spread intensifies through human-to-human transmission and its spread remains exponential in the public gatherings (Ahmad et al. 2021b). Therefore, in a short period of time, the virus has swept the world, with hundreds of thousands of deaths reported on news and social media every day (Dagar et al. 2021; Khan et al. 2021). It has triggered unprecedented quarantine impositions, stock market upheavals, and burgeoned varied conspiracy theories (Irfan et al. 2021a). According to (Iqbal et al. 2021a), the coronavirus family is large and familiar, which onsets from the common cold symptom to pneumonia and transmuting into a deadly disease (Agrawala et al. 2020). Countries are adopting competing strategies like internal lockdowns (Hepburn et al. 2020), smart lockdowns, suspending domestic/international flight operations, imposing controlled isolation, and quarantines (Heyden and Heyden 2021).

If we look back at the history of epidemics and pandemics, the infectious diseases have yielded devastating effects on the economies and human lives on an immeasurable scale. Still, it is unpredictable to ascertain the duration and continuance of the disease. In this essence, the World Health Organization (WHO) indications are most alarming, especially for the developing economies (Usman et al. 2021b). The spread of the contagion has traumatized every aspect of human life and fragmented economic and sustainable developmental goals. However, besides all its devastating effects, it has also provoked positivity in human emotions, attitudes, and considerations (Usman et al. 2021a). Recently, many studies have been conducted to investigate different aspects of pandemics, especially COVID-19, and its effects from the biological and industrial perspectives (Xie and Zhu 2020; Konstantinoudis et al. 2021; Lau et al. 2021; Navani et al. 2021; Travaglio et al. 2021; Yuan et al. 2021).

The current study is nevertheless focused to explore the positive aspects of the pandemic on socio-psychological behavior of individuals and world societies, as a whole. The far side of the picture demonstrates social, psychological, and emotional representation, where humanity is seen joining hands to uplift communities (Tang et al. 2022b). The concept of altruism, naturalism, and environmentalism is restored, and innovations & inventions are reinforced. Besides all the negative effects of the COVID-19, the upheaval has also contributed to the social, emotional, and psychological development of the world. This pandemic gave new directions, new resolutions, pristine enthusiasm, novel philosophies, and immaculate considerations to human lives.

Literature review

Contextual narration

The contemporary evidence from the daily news and research reports show that the persistence of the COVID-19 in the global scenario has altered the human aspects of working, learning, and thinking (Coccia 2020). A massive turmoil has been witnessed and humanity has received a petrifying lesson. It is amazing to notice that people from across borders were stranded far away from their homelands and were unable to reach their destinations. It changed policy orientation at the international level dynamically (Lau et al. 2021; Huang et al. 2022). Italy was not accepting migrants from underdeveloped countries like Somalia, due to different reasons, but now they are seeking protection land for their people. Similarly, the borderline barriers built by the world power to bar Mexican
immigrants to enter the country became a hindrance for Americans to escape from their virus-hit states (Kordej-De Villa and Slijepcevic 2019; Khosravi et al. 2019; Ozoike-Dennis et al. 2019; Hilbers et al. 2019).

Similarly, the dilemma of allowing African immigrants to enter Spain through Morocco has changed its direction, and the coronavirus spread has become a peril to the host nation itself. People were seeking routes to travel from Spain to the African peninsula, to abscend from the virus-hit territory (Ficetola and Rubolini 2021). The repercussions of the pandemic have also implicated the world’s strongest and most unconvincing army, who claimed to have a massive military base in one of the occupied war-hit countries and had their armies deployed there, are now frantic to return to their homeland. The pandemic also had long hold impressions on religious convictions (Mohsin et al. 2020b, 2021). The revulsion towards religious scriptures and the disrespect of the holy book Qur’an and Bible are now perceived as a therapeutic cure and has been interpreted and recited by many leading American journals and jihadist media outlets today, to seek meditation and refuge from the deadly disease (Mohsin et al. 2019, 2020a, 2021). Thus, the time lapse of a mere 3 months has shown the world an entirely different global portrait, the tables have turned, and the world is shaken. Hence, reforming beliefs and religious faith. People in refutation are taken aback and unable to deny the sovereignty of the supreme power, who holds the power to rotate the universe.

The coronavirus disease has reverted human beings to their primitive civilization, leaning them towards the origin and their religious convictions. It has closed all luxury centers around the globe, theatres, nightclubs, dance halls, and taverns (Chau et al. 2021; Lau et al. 2021; Liu et al. 2021; Iqbal et al. 2021b; Yu et al. 2022). The interest rates in all countries have been reduced to save the economies. Similarly, it has reunited families in their homes after a long domestic distancing and separations. It has abstained people from building illegitimate intimate relationships. Furthermore, it is stressed that the World Health Organization and other international health councils have acknowledged that consuming alcohol is dangerous for health and have advised people to avoid drinking (Yang et al. 2021b; He et al. 2020; Mohsin et al. 2020b). The pandemic has also taught people a social lesson of the social skills and conduct that how to sneeze, cough, and maintain other personal hygiene measures, which were forgotten by humanity.

Similarly, it has also intruded into the policies of the world and shifted one-third of the military budget to health and safety concerns. The health desolations of the epidemic declare condemnable cohabitations among either gender (Sun et al. 2019; Tiep et al. 2021). Similarly, it demonstrated the world rulers and leaders a cautionary lesson that what it means to incarcerate people in their homes like in Kashmir, Gaza, and other war-hit places and take away their freedom (Louw Louw et al. 2020). Rulers’ attentions towards prisoners’ health, safety, security, and living standards have been hauled. It has compelled people to repent of their sins, abstain from cruelties toward others, and refrain from wrongdoings. COVID-19 has shattered the egos and pride of the arrogant ones into pieces and aligned them among the ordinary ones. It also compelled industries to pause emitting carbon gases and allowed nature to purify itself from the poisonous and polluting emissions caused by the massive production in factories of the world.

It has also been evidenced that one of the major aspects of the human psyche has also been shattered and changed. The man considered himself to be invincible and technology deemed to be defeat less, second to none, but the COVID-19 pandemic has ruined the premise to consider Artificial Intelligence and technology to be unconquerable (Isiko 2020). And most relevantly, the fear of death and uncertainty of life has kneeled human beings to accept the oneness of Almighty and endure his sovereignty. Consequently, today, it has become clear that how a small unseen virus, but, the micro agent of the Almighty, has become a benefactor of good to humanity rather than evil, as it was practiced on ancient tomes 1400 years ago to kill the Abraha’s army in the kingdom of Saudi Arab, through small birds to protect the holy Kaaba. COVID-19 is thus bringing humans towards humanity, origin, religion, faith, and belief, as all religions are heavenly originated on the concept of benevolence and kindness. Similarly, as cited above, human beings considered themselves as supreme powers, believing that all powers and rights rely on them, but their manifestations were shuddered by a small tiny, unseen virus. It reminds the narration from the Quran:

This verse highlights almighty’s wisdom in prescribing some of the rulings, as the reason for these easy and merciful declarations are that they are compatible with the inherently weak and dependent nature of man. It shows the system that is most suited to the psychological, intellectual, and physical characteristics of man, and that one of its main qualities is that it is in harmony with “human nature” that is inherently weak and vulnerable, no matter how great and powerful a person may feel and how arrogant he may act, whilst in reality and ultimately, human nature is weak, unable to survive and function except within an environment and framework that is suitable for him. Only the Almighty has all the legitimate powers, not the man, who is dependent, fragile, forgetful, greedy, and helpless. The technological advancements and materialistic creations through which human beings consider themselves perfect are nothing but a mere delusion. The piles of deadly weapons people collect could not help them fight against a diminutive virus. Consequently, the money, human labor, and grounded resources that have been spent solely on the invention and manufacturing of the
weapons are now thought to be spent to facilitate humankind (Sun et al. 2020b; Baloch et al. 2020). However, an unrelenting question persists, with the aftermaths of the pandemic will the human being change their course of life, alter their worldly preferences, or will revert to the old mindset again, once the outbreak of pandemic is over.

Furthermore, according to a conspiracy theory, as reported by news channels around the globe, that the spread of COVID-19 was a biological bomb, and the world’s leaders are blaming one another, which was supposed to be developed in the American Army laboratory, or maybe China, which was banned later, when the news was leaked. The world supreme powers considered themselves to be the dominions of power, but the only God played thy role. The Holy Quran narrates that:

“People plan and Allah also do, but Allah is the best planner” (Al- Quran, Anfal 8: 29–30).

According to this premise, the world’s superpowers were planning to conquer the world by overpowering the nations across the globe and smothering lives through a biological war. Therefore, it is a disguised blessing of nature that mutated coronavirus came out of the laboratories and the preplanned experiments were thwarted; otherwise, in case of success, it was supposed to be used in unseen and unannounced wars on the weaker by the rich/powerful countries, without losing time, money, and machinery.

**Historical narration of the world pandemics and crises**

In the historical perspective, the pandemic prophecy reclaims that such impending disasters not only provoke anxieties amongst societies, refract acute impacts on social, psychological, economic, and cultural streams, but contrarily the other side of the picture portrays a progressive picture as well. The escalating cost of pandemics drives socio-economic pressures on the populations which lead to inventions and innovations, and pave the way for unconventional roads to prosper, responsiveness, and futuristic developments. This is evident from the fact of the establishment of many global organizations that have a focus on the enhancement of many niche dominions across the globe and to cater to the issues amid uncertainties and crises. In this stance, the world has viewed that the United Nation Organization (UNO) was established to promote dialogue between countries to maintain peace; the International Fellowship Organization (IFO) was initiated by like-minded people at the civil level for the promotion of peace and development across the globe; and Global Initiative for Justice and other similar organizations emerged as an apparatus to promote the harmony, care, compassion, and justice beyond geographical boundaries and work as an arbitrator to build peace.

The series of Black Swan events, which include, but are not limited to the world economic crises, recessions, World War I & II, and dissolution of the Soviet Union, have historically been proved to be the contexts for which the world governments have changed their course of plans and shifted the economic and business routes to a different dimension. The epidemics and pandemics have a vast history since human life on earth. The Great Plague, malaria, influenza, French disease, cholera, typhoid, HIV AIDS, tuberculosis, and other acute contemporary pandemics have resulted in high causalities and serious social disruptions all through human history. However, apart from their adverse impacts, the indirect and inadvertent influences have brought some positive outcomes too, such as the Black Death in the 1300 s ended the long-ingrained feudal system in Europe and replaced it with the more modern employment contract. Similarly, the hopelessness brought enlightenment and the Industrial Revolution which also resulted in the establishment of Trade Unions and Labor Union rights. In the same way, the 100-year war between England and France started a major innovation drive, the French Revolution, that radically improved agricultural productivity.

Likewise to the recent events, the SARS pandemic of 2002–2004 catalyzed the brief development of online businesses organizations like Ali Baba and built it up as a cutting-edge retail giant in Asia. This change was energized by unseen perceived anxiety of people to travel around and having human interaction, precisely what we witness today due to the importunity of COVID-19 and it also created financial emergencies as were witnessed in 2008 (Chandio et al. 2020; Sun et al. 2020a). The concepts of Airbnb and Uber businesses appeared in the west due to the prevalence of sub-prime emergencies which implied lowering investment funds and salaries of the masses, compelling individuals to rely on shared resources such as renting accommodations and utilizing pooled vehicle rides, to cover incidental expenses. Businesses proliferated with the same pattern, such as the virtual gaming world also changed its plan of action, and transpired as an allowed-to-play action plan, with a subscription with Nexon and King accounts in Asia and the West, respectively (Sun et al. 2020c, 2020a, 2020b).

**Naturalism and sustainability theoretical support during the COVID-19**

With the cited and narrated literature and the contextual analysis of the viewpoints, it is a clear crystal that the world is coming back to their basic. Green instinct is like human beings, humans love nature, accept, and want to promote it. Naturalistic Intelligence (NI) identified by Howard Gardner supports the concept that humans by their very nature, are naturalists, love environmentalism, and do strive for their sustainability and maintainability (Alemzero et al. 2020b,
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2020a; Sun et al. 2020a). During COVID-19, a profound relationship was sought between naturalistic intelligence and environmentalism. It is pretty much clear that before COVID-19, the human was a bit careless, especially in third world country, poor practices regarding environmental protection can be seen. Garbage dumpers on the streets and roads are proven evidence of environmental degradation. However, during COVID-19, humans proved themselves as environmental managers (Agyekum et al. 2021; Zhang et al. 2021a).

Naturalistic Intelligence is a bio-psychological potential for potential information processing that is activated on cultural and environmental stimuli and instinct (Panizzut et al. 2021; Tiron-Tudor et al. 2021). NI develops awareness regarding environmentalism and naturalism which pave road and human react accordingly for their sustainability and development (Li et al. 2021; Chien et al. 2021; Iqbal et al. 2021b). It also develops sensitivity to the developed environmental phenomena, which paves the road for green preservation keeping a pragmatic approach. It means that human attitude plays a vital role in maintaining and respecting naturalism and environmentalism. One thing precious to mention is that besides empirical analysis and availability of the pragmatic data, it is proven from the previous studies that emotional and social-emotional intelligence developed desired behaviors among humans for environmental protection (Iqbal et al. 2021b; Zhang et al. 2021a). This social and emotional intelligence and awareness come from the cognitive, behavioral, and affective domains with effective human reactions to protect the environment.

The cognitive component, which refers to the mental processes of perception, conception, and beliefs about attitudes and objects, collect valid and reliable data regarding processes regarding environmental protection and development (Zhang et al. 2021a; Hsu et al. 2021; Ehsanullah et al. 2021). According to cognitive, social, and emotional intelligence, humans have and further develop feelings, subjective norms, and beliefs towards environmentalism and work for its development and sustainability (Onugha et al. 2020; Higgins-Desbiolles et al. 2021). In the same way, behavioral and affective components act to solve their raised issues in the most effective and optimal ways and try to be always in a win–win situation through creating an equilibrium among the human demands and environmental responses (Amankwah-Amaoh et al. 2021; Puaschunder 2020).

In the same way, green intellectual capital theory talks about the preservation and maintenance of the environment by deploying all intangible assets (Iqbal et al. 2019; Khokhar et al. 2020a, b; Ullah et al. 2021). The intangible assets include, but are not limited to, the system, the values, norms, routine, practices, habits, and approaches, which help in maintaining and sustaining environment and nature, which we are naming here as environmentalism and naturalism. Green human capital focuses on developing green skills among humans and practices during COVID-19 are more prevalent to green, everybody was rushing towards green practices and values. In the same, at the group and organizational level, knowledge workers were seen protecting for green environmentalism. Moreover, individuals, groups, companies, and organizations were preaching for green environmentalism (Yumei et al. 2021b; Zhang et al. 2021b).

Social exchange theory, which focuses on social, emotional, and psychological behaviors, and supports the processes, projects, and operations, and expected benefits, can be applied to the processes, operations, and practices in COVID-19. Human conscious level and sensitivity can be judged from the report of the media and research studies, that they were more conscious to the relevant and purpose information, gathered from social media or other sources and were responding in the much safer and recommended way, not only for their own protection, but also for the protection of their fellows, friends, and even life partners in maintaining sensitive relations.

This evidence and practice during COVID-19 predict that human was so conscious regarding health and the environment. Adopting healthy and green practices in projects and operations presumes that humans wish to maintain, preserve, and develop naturally. Therefore, human-initiated different projects for restoring the environment aim to recreate, initiate, or accelerate the recovery of an ecosystem that has been disturbed. These projects were different in nature and size, objectives, and methods, but almost all were focusing on achieving, maintaining, sustaining, and developing nature and the environment. Many restoration projects aim to establish ecosystems composed of native species; other projects attempt to restore, improve, or create particular ecosystem functions, such as pollination or erosion control.

Research hypotheses

Theories and empirical shreds of evidence support the nexus between health consciousness (HCON), naturalism (NATU), sustainability (SUST), and COVID-19 prevention, as people adopt compassion (COMP), gregariousness (GREG), and sympathy (SYMP) to prevent from COVID-19 reaction. Besides, people’s level of education boosts up creative use of information, knowledge of COVID-19 precautions online, and COVID-19 prevention. Education and cooperation (CPRT) makes people aware of their academic necessities and socio-cultural responsibilities. Comparatively, higher learning people become more conscious and liable to society and societal problems like the COVID-19 outbreak. Besides, pandemic-induced obstruction such as quarantine leads these educated people to be more connected with the Internet especially social media platforms for reading academic instruments and gaining...
COVID-19-related knowledge. These responsibility-prone people also come to a higher connection with social media outlets in serving societal people by providing them necessary information about the COVID-19 outbreak and preventing this pandemic. Moreover, the activities concerning fellow feelings and social service more or less depend on the level of people’s education. Thus, the health consciousness (HCON), naturalism (NATU), meditation and self-development (MESD), and environmentalism (ENVS) levels of the people become significant determinants of COVID-19 precautions and COVID-19 prevention. Figure 2 presents the theoretical framework of the study.

Following hypotheses are set for conducting this study:

H1: Health consciousness (HCON) has a positive impact on COVID-19 prevention.

H2: Naturalism (NATU) has a positive impact on COVID-19 prevention.

H3: Meditation and self-development (MESD) COVID-19 prevention

H4: Environmentalism (ENVS) has a positive impact on COVID-19 prevention.

H5: Sustainability (SUST) has a positive impact on COVID-19 prevention.

H6: Compassion (COMP) has a positive impact on COVID-19 prevention.

H7: Gregariousness (GREG) has a positive impact on COVID-19 prevention.

H8: Sympathy (SYMP) has a positive impact on COVID-19 prevention.

H9: Cooperation (CPRT) has a positive impact on COVID-19 prevention.

Methodology and data

To support the view under discussion, besides content analysis and historical review, an online survey was conducted on social media networks through Facebook, Twitter, WhatsApp, and emails. The online and email-based approach was adopted to cover more respondents around the globe and similarly, curfews and lockdown were the second major reason for contacting the respondents. About four hundred and eleven (411) participants were from Pakistan, Iran, Malaysia, China, and the USA. The demographic details are given in Table 1 shows that all partakers belonged to different walks of life, thus making a diversified pool of research samples. According to Moon et al. (2019) and Watson-Brown et al. (2018), if the population is infinite, taking 370 responses in survey research is considered to be a satisfactory data sample. Structural equation modeling (SEM) is used to test the hypotheses (Ali et al. 2021; Irfan and Ahmad 2021, 2022). SEM is a practical approach for determining the relationship between various variables, providing meaningful and accurate results (Irfan et al. 2020, 2021f, d; Tanveer et al. 2021). AMOS (edition 26) and SPSS (edition 26) softwares are used for statistical tests (Irfan et al. 2021c). Moreover, NVIVO-11 was used for qualitative data analysis, and a word cloud and frequency graph were also developed to best comprehend the constructs under discussion. Furthermore, Table 1 Demographic details of encompassing the pragmatic approach COVID-19

| Sample characteristics | Frequency | Percentage |
|------------------------|-----------|------------|
| Gender                 |           |            |
| Female                 | 168       | 40.9%      |
| Male                   | 243       | 59.1%      |
| Age                    |           |            |
| 30–40 years            | 103       | 25.1%      |
| 41–50 years            | 185       | 45%        |
| 51–60 years            | 123       | 29.9%      |
| Education level        |           |            |
| BS                     | 174       | 42.3%      |
| MS                     | 36        | 8.8%       |
| Diploma                | 201       | 48.9%      |
| Marital status         |           |            |
| Married                | 298       | 72.5%      |
| Unmarried              | 113       | 27.5%      |
| Respondent’s domain expertise |  |            |
| Technical person       | 213       | 51.8%      |
| Medical Sciences       | 62        | 15.1%      |
| Engineering Sciences   | 102       | 34.8%      |
| Other                  | 34        | 8.3%       |

Source: Authors’ calculation
thematic analysis of the interview and focus group discussion was also conducted to get a detailed insight into the constructs. They were also linked with the most related and cited theories.

**Results and discussions**

**Demography of the participants**

Table 1 presents the demography of the participants. The higher middle age group (185, 45%) has the highest percentage of respondents in our sample, followed by the young age group (103, 25.1%), and old age group (123, 29.9%). In our sample, male participants are 243, 59.1% of the whole sample, and outnumbered females 168, 40.9%). We also divided respondents into groups based on their educational levels: 48.9% have a high school diploma, while 42.3% have a Bachelor’s degree. The majority of the respondents were married (72.5%), 51.8% are technical persons, and 15.1% worked for the Medical Sciences.

**Descriptive analysis and correlation analysis**

Table 2 displays the statistical data for the information, such as the average value, variance, and coefficient of determination. Similarity analysis was used to test the interconnectedness of factors. The assessment found a considerable relationship between the variables. The regression coefficient of variance explained was used to probe predictive relevance. Even as the square root of AVE is greater than just its connection with the other structures, the findings reinforce predictive relevance (Fornell and Larcker 1981). A comparison of the AVE value systems with the maximum shared variance (MSV) values for each factor is another method for determining discriminant validity (Ahmad et al. 2020). Validity is achieved when the AVE value for a specific variable exceeds the MSV value for that variable alone. The AVE values for all variables are bigger than the MSV values, implying that this assumption is correct. Then, using AVE and item loadings, a convergent validity study was performed to see how closely the items were linked (Calisir et al. 2014). The result showed that the AVE values for every parameter surpassed 0.50, denoting that the predictor variable maintained more than 50% of their variance (see Table 3).

**Reliability analysis**

Cronbach-alpha was computed to assess the reliability coefficient. The findings demonstrate that the Cronbach value for all factors exceeded the lowest required value of 0.70, as recommended by (Treiblmaier and Sillaber 2021), verifying the data’s accuracy. A composite reliability (CR) assessment was applied to evaluate the continuity of all explanatory variables’ items. The analysis reveals that the CR values are above than appropriate threshold of 0.70 (Hair Jr. et al. 2017). Table 4 presents the conclusions.

**Multicollinearity**

To test for multicollinearity, regression was used to determine the value systems of the variance inflation factor (VIF) as well as tolerance. As per the $f$, the value of VIF has to be less than 10 and the tolerance value has to be larger than 0.1. The research results indicate that the model did not have a multicollinearity problem, so the VIF value is as per limit, and the value of Tolerance for whole variables rages within the ideal range and in line with the observations of (Strupeit and Palm 2016). The findings can be seen in Table 5.

**Factor analysis**

To acquire the attributing design methodology, an exploratory factor analysis (EFA) has been conducted. EFA seeks to explore factorability, i.e., the relationships and clusters of different factors based on cross-comparisons (Mahmood et al. 2019). For even more meaningful results, the factors were derived to use the statistical parameters, then turned with the corresponding varimax coefficients. The eigenvectors have been used to assist specify the number of factors. Several tests were carried out during this stage is crucial whether the EFA might be applied in this study. The Bartlett’s test of sphericity (BTS) and Kaiser–Meyer–Olkin (KMO) test were used to evaluate the data fitness. The consequences supplied a significance of based for KMO (Kaiser 1974), implying that principal component analysis can be continued. Table 6 presents the results of KMO and BTS tests. BTS...
provided a substantial significance of 6,874.96, which also fulfills the criteria for EFA. Correspondingly, communalities outcomes (reported in Table 7) demonstrate that almost all factors have a greater value than the standard minimum value of 0.4 (Stevens and Stevens 2001). Promax roster with the Kaiser method is proposed disclosed seven important factors to Eigenvalues larger than one a total combined variability of 64.930% for with us prototype (see Table 8). Every one of these is thus that the data is trustable enough even to move ahead with more assessment (Blunch 2017).

Going to follow that, confirmatory factor analysis (CFA) has been used to recognize models. CFA affirms the framework of the variables obtained in EFA. The very first step in model selection is to determine this same model’s normality. Items with high capacities (larger than 0.7) just on primary factors should be kept (Truong et al. 2020). All levels were larger than 0.7, as per the outcomes. Since all goods have been packed on one’s respective constructs, the quantification model’s authenticity has also been affirmed. Based on the findings of the analysis, it is evident that the information is appropriate again for the measurement model.

### Hypotheses results and structural model

The writers evaluated the proposed prototype and theorized interconnections within a week of acquiring valid and reliable measures. The $R^2$ value was determined as an important step in deciding how much variance in the dependent variable was explained by variation. The $R^2$ value was 0.54, which is larger than the corresponding minimal level of 0.35 (Huang et al. 2020), suggesting an important viewpoint. To investigate the model’s connections, we used structural bend assessment and the SEM method. The assessment created a high f-value, implying that all interconnections were straightforward. Various fit indices were also used to confirm that the data is accurate and completely fit again for the structural equation model. The results indicate that almost all fit indices (i.e., CFI = 0.988, NFI = 0.923, IFI = 0.989, TLI = 0.974, GFI = 0.983, RMSEA = 0.021, X2/df = 1.147, and SRMR = 0.026) meet the standard criteria, indicating that model fit the data adequately (Lucianetti et al. 2018).

As a result, assumptions 1, 3, 4, 5, 6, 7, 8, and 9 were acknowledged. On the contrary, the $\beta$-value of NATU does not validate the hypothesis H2, hence, rejected (see Table 9).

### Endogeneity testing

This test is mainly used to verify the consistency of study findings (Irfan et al. 2021d). Endogeneity partiality in the information can jeopardize the findings. Furthermore, endogeneity could misrepresent the forecast of posterior probability, presenting a major challenging problem to authenticity of outcomes. While investigating endogeneity, we used the Heckman test to address these issues. The results produced the very same degree of confidence as the original version, implying that endogeneity partiality is just not prevalent in our conclusions (see Table 10).
| Variables                          | Items | Standard loadings | Cronbach-α | CR  |
|-----------------------------------|-------|-------------------|------------|-----|
| Health consciousness              | HCON 1 | 0.737             | 0.813      | 0.807 |
|                                   | HCON 2 | 0.802             |            |     |
|                                   | HCON 3 | 0.92              |            |     |
|                                   | HCON 4 | 0.866             |            |     |
|                                   | HCON 5 | 0.88              |            |     |
| Naturalism                        | NATU 1 | 0.719             | 0.916      | 0.935 |
|                                   | NATU 2 | 0.731             |            |     |
|                                   | NATU 3 | 0.731             |            |     |
|                                   | NATU 4 | 0.675             |            |     |
| Meditation and self-development   | MESD 1 | 0.88              | 0.91       | 0.915 |
|                                   | MESD 2 | 0.959             |            |     |
|                                   | MESD 3 | 0.709             |            |     |
|                                   | MESD 4 | 0.695             |            |     |
| Environmentalism                  | ENVS 1 | 0.634             | 0.903      | 0.925 |
| Sustainability                    | ENVS 2 | 0.841             |            |     |
|                                   | ENVS 3 | 0.802             |            |     |
|                                   | ENVS 4 | 0.869             |            |     |
|                                   | ENVS 5 | 0.833             |            |     |
|                                   | ENVS 6 | 0.835             |            |     |
|                                   | ENVS 7 | 0.893             |            |     |
|                                   | SUST 1 | 0.851             | 0.832      | 0.893 |
|                                   | SUST 2 | 0.736             |            |     |
|                                   | SUST 3 | 0.661             |            |     |
|                                   | SUST 4 | 0.914             |            |     |
|                                   | SUST 5 | 0.907             |            |     |
|                                   | SUST 6 | 0.657             |            |     |
| Compassion                        | COMP 1 | 0.746             | 0.809      | 0.832 |
|                                   | COMP 2 | 0.71              |            |     |
|                                   | COMP 3 | 0.762             |            |     |
|                                   | COMP 4 | 0.609             |            |     |
| Gregariousness                    | GREG 1 | 0.719             | 0.916      | 0.935 |
|                                   | GREG 2 | 0.731             |            |     |
|                                   | GREG 3 | 0.731             |            |     |
|                                   | GREG 4 | 0.675             |            |     |
| Sympathy                          | SYMP 1 | 0.88              | 0.91       | 0.915 |
|                                   | SYMP 2 | 0.959             |            |     |
|                                   | SYMP 3 | 0.709             |            |     |
| Cooperation                       | CPRT 1 | 0.751             | 0.903      | 0.925 |
|                                   | CPRT 2 | 0.634             |            |     |
|                                   | CPRT 3 | 0.841             |            |     |
|                                   | CPRT 4 | 0.802             |            |     |
| COVID-19 prevention               |       |                   | 0.832      | 0.893 |
Apart from conducting the research survey, phone calls, vis-a-vis, the field experts like doctors, professors, and business professionals, were also conducted to construct the research ideas and responses. Each interview conversation centralized around one concentrated theme encompassing the pragmatic approach COVID-19 has accentuated in respondents’ daily lives. The upheaval caused by the pandemic has driven people towards nature and the realness to follow the basic rules of life. The precautionary practices such as maintaining social distancing, but here we may call it physical distances, because it brought humanity together, consuming healthy food, maintaining healthy routines to improve immunity, isolating oneself and meditating, spending quality time with family, and practicing hobbies which were long forgotten added to the quality of life. The majority of the respondents stressed that they benefitted from the quarantine time to complete their personal and private deeds, worked on self-construction through mediation, enjoyed the silence, and observed nature. Individually, people have become more health conscious and have adopted rigorous hygiene measures. Moreover, the isolation and confinement of people in their homes have promoted the spirit of cooperation, compassion, sympathy, and empathy towards others. Furthermore, observing the reality of life, sensing the fear of death, and understanding the mortal disposition of the being, people have come towards spirituality which has brought them toward humanity, religion, and God. Belief in religion has prompted the elements of cooperation, harmony, kindness, care, and magnanimity at the societal level. In the third phase of the study, the content from social media and news bulletins were searched to know about the ongoing trend in charitable public spheres. The investigation depicted that the local, national, international, religious, and nonprofit charitable organizations are spending millions to support the poor and needy (Annexure-B). Besides this, individually, youth social workers are reaching the doors of the marginalized people to help them in all possible ways. In developed and wealthy economies, roadsides and walkways have been filled with eatables and grocery items to civilly help those in need.

### Table 4 (continued)

| Variables | Items | Standard loadings | Cronbach-α | CR |
|-----------|-------|-------------------|------------|----|
| COVIDR 1  | 0.869 |                   |            |    |
| COVIDR 2  | 0.833 |                   |            |    |
| COVIDR 3  | 0.835 |                   |            |    |
| COVIDR 4  | 0.893 |                   |            |    |

Rotation method: promax with Kaiser normalization; extraction method: maximum likelihood

### Table 5 The results of the collinearity diagnostics test

| Variables | Statistics for collinearity |
|-----------|-----------------------------|
| Tolerance | VIF                         |
| HCON      | 0.84447 1.16028             |
| NATU      | 0.92763 1.05633             |
| MESD      | 0.79299 1.23552             |
| ENVS      | 0.82764 1.18404             |
| SUST      | 0.93654 1.04643             |
| COMP      | 0.78498 1.22304             |
| GREG      | 0.81928 1.17208             |
| SYMP      | 0.78498 1.22304             |
| CPRT      | 0.81928 1.17208             |
| COVIDP    | 0.92708 1.03586             |

Dependent variable: COVIDP

### Table 6 Bartlett’s test and Kaiser–Meyer–Olkin (KMO)

| Variables | Communalities |
|-----------|---------------|
| Initial   | Extraction    |
| HCON      | 1 0.560       |
| NATU      | 1 0.699       |
| MESD      | 1 0.890       |
| ENVS      | 1 0.592       |
| SUST      | 1 0.649       |
| COMP      | 1 0.791       |
| GREG      | 1 0.946       |
| SYMP      | 1 0.558       |
| CPRT      | 1 0.674       |
| COVIDP    | 1 0.745       |

Maximum likelihood: extraction method

### Table 7 Communalities findings

| Variables | Communalities |
|-----------|---------------|
| Initial   | Extraction    |
| HCON      | 0.560         |
| NATU      | 0.699         |
| MESD      | 0.890         |
| ENVS      | 0.592         |
| SUST      | 0.649         |
| COMP      | 0.791         |
| GREG      | 0.946         |
| SYMP      | 0.558         |
| CPRT      | 0.674         |
| COVIDP    | 0.745         |

Maximum likelihood: extraction method

**Factor analysis with NVIVO-11**

Apart from conducting the research survey, phone calls, vis-a-vis, the field experts like doctors, professors, and business professionals, were also conducted to construct the research ideas and responses. Each interview conversation centralized around one concentrated theme encompassing the pragmatic approach COVID-19 has accentuated in respondents’ daily lives. The upheaval caused by the pandemic has driven people towards nature and the realness to follow the basic rules of life. The precautionary practices such as maintaining social distancing, but here we may call it physical distances, because it brought humanity together, consuming healthy food, maintaining healthy routines to improve immunity, isolating oneself and meditating, spending quality time with family, and practicing hobbies which were long forgotten added to the quality of life. The majority of the respondents stressed that they benefitted from the quarantine time to complete their personal and private deeds, worked on self-construction through mediation, enjoyed the silence, and observed nature. Individually, people have become more health conscious and have adopted rigorous hygiene measures. Moreover, the isolation and confinement of people in their homes have promoted the spirit of cooperation, compassion, sympathy, and empathy towards others. Furthermore, observing the reality of life, sensing the fear of death, and understanding the mortal disposition of the being, people have come towards spirituality which has brought them toward humanity, religion, and God. Belief in religion has prompted the elements of cooperation, harmony, kindness, care, and magnanimity at the societal level. In the third phase of the study, the content from social media and news bulletins were searched to know about the ongoing trend in charitable public spheres. The investigation depicted that the local, national, international, religious, and nonprofit charitable organizations are spending millions to support the poor and needy (Annexure-B). Besides this, individually, youth social workers are reaching the doors of the marginalized people to help them in all possible ways. In developed and wealthy economies, roadsides and walkways have been filled with eatables and grocery items to civilly help those in need.
Moreover, the second theme of the survey encapsulated the concept of the beginning of de-globalization which has embarked on global economies. Massive transformations in the cultural, social, religious, political, and environmental realms have emerged. Immerse disruptions, between technological breakthroughs and restoring nature, will determine the new terms of the game. Military institutions will also have to transform to adjust to new realities. Conventional wars will come to an end; instead, international health armies will be constituted. A major chunk of the budget will go to research, development, innovations, and distribution of health care and amenities. Private health care organizations and pharmaceutical companies will find hardships to survive in the vast competition between the world giants in health care. New work environments and organizational structures will emerge with a huge emphasis on the digitization of work, flexible work hours, and less human interface. Working patterns will change. New social norms will be introduced and will influence the complexities of religions. Virtual integration will grow exponentially. Redundant education systems will face extinction and digital shopping malls will evolve. The new era will prove to be the forerunner in swamping Artificial Intelligence and robots in organizations and households, which will be a revolutionary point in global history.

Some constructs with major frequencies were analyzed with NVIVO-11, displayed in Fig. 4 (word cloud) and Fig. 5 (word frequency). Word cloud and the frequency distribution also support the above-mentioned cited claim in literature and contextual analysis. Many of the respondents that they need to focus on improving their health through green consumption and mediation. They have also concerns regarding environment preservation and environmental sustainability, development, and promotion. In the same way, gregariousness and social bonds are given values by the respondents. Moreover, compassion
and sympathy have been increased and charity and sharing have been promoted. This analysis indicates that people are coming back to their basics and they are valuing basic values. They want to promote, develop, maintain, and sustain nature and the environment. Green consumption and meditation are the good signs of self and social development, which brings harmony, sympathy, and gregariousness among individuals, groups, and society.

Discussion

Besides all the negative effects of the pandemic, which include but are not limited to, adverse health effects on humanity, plummeting economies, disruptions in socio-psychological safety, striking hunger and poverty, human isolations, and societal lockdowns, COVID-19 has also contributed contradictorily to the social, emotional, and psychological development of the world (Chen and Xu 2020). This pandemic gave new directions, novel resolutions, vigorous enthusiasm, new thinking, fresh meanings, and promising philosophies to human lives. It reinstated the humanitarian lessons of love, care compassion, and respect, cultivated a change, and have reshaped the learning and working habits (Iqbal et al. 2021a; Otek Ntsama et al. 2021). The repercussions of COVID-19 inadvertently have brought positivity to the world and have enforced people to embrace nature, protect the environment, and adopt healthy and organic lifestyles.

The first deliberation on COVID-19 inferences suggests that nature is playing its part to restore itself. According to Thorgren and Williams (2020), Sciomer et al. (2020), Faria-e-Castro (2021), and Iqbal et al. (2021a), when nature reaches a saturation point, it checks itself for fossil fuels disposal, relics, wastage, landfills, and emits, and dissipates it accordingly in a natural process (Ahmad et al. 2021a; Hao et al. 2021; Abbasi et al. 2022; Fang et al. 2022; Irfan et al. 2022a; Tang et al. 2022a). The world is full of unhygienic mulls, bloodsheds, and atrocities, which impact the natural and wildlife, erode the natural flora, and ruin the natural life (Sciomer et al. 2020). The indirect effects of all these events in turn affect the living standards and human lifestyle (Islam et al. 2021; Khan et al. 2021; Rauf et al. 2021; Nuvvula et al. 2022; Shi et al. 2022). Thus, as a matter to re-invigorate itself, nature has decided to play its part to heal itself via confronting humans with the COVID-19 pandemic, enforcing them to retrace their steps into basic and natural lives (Mani et al. 2021; Shao et al. 2021; Wu et al. 2021; Elavarasan et al. 2022a, b; Qiu et al. 2022; Xiang et al. 2022).

| Hypotheses | Structural paths | β-value | t-statistics | Description |
|------------|------------------|---------|--------------|-------------|
| H1         | HCON → COVIDP    | 0.042***| 2.042        | Not different |
| H2         | NATU → COVIDP    | 0.742   | 7.963        | Not different |
| H3         | MESD → COVIDP    | 0.501***| 5.236        | Not different |
| H4         | ENVS → COVIDP    | 0.043***| 2.163        | Not different |
| H5         | SUST → COVIDP    | 0.354** | 3.168        | Not different |
| H6         | COMP → COVIDP    | 0.654***| 6.688        | Not different |
| H7         | GREG → COVIDP    | 0.068***| 2.636        | Not different |
| H8         | SYMP → COVIDP    | 0.509***| 5.123        | Not different |
| H9         | CPRT → COVIDP    | 0.687** | 6.816        | Not different |

| Hypotheses | Structural paths | β-value | t-statistics | Description |
|------------|------------------|---------|--------------|-------------|
| H1         | HCON ® COVIDP    | 0.132***| 2.953        | Not different |
| H2         | NATU ® COVIDP    | 0.354   | 8.702        | Not different |
| H3         | MESD ® COVIDP    | 0.471***| 2.171        | Not different |
| H4         | ENVS ® COVIDP    | 0.383***| 3.265        | Not different |
| H5         | SUST ® COVIDP    | 0.186** | 6.761        | Not different |
| H6         | COMP ® COVIDP    | 0.354   | 8.702        | Not different |
| H7         | GREG ® COVIDP    | 0.471***| 2.171        | Not different |
| H8         | SYMP ® COVIDP    | 0.383***| 3.265        | Not different |
| H9         | CPRT ® COVIDP    | 0.186** | 6.761        | Not different |
Similarly, the new wave of the recent pandemic, COVID-19, has already shifted the demand side and supply side curves of the world supply chain (Jinru et al. 2021; Yumei et al. 2021a). The behavioral change in consumers’ spending, and suppliers selling, have already been altered. Work from home is being encouraged by the majority of tech and non-tech companies alike: the tourism industry has massively been affected, airlines profitability has been severely impacted by low seat reservation, supply chains are getting disrupted globally, and retail stores are running out of necessities such as essential household goods and basic medications (Chakrabarty and Roy 2021; Cheba et al. 2021). Some of these changes are direct, and short-term responses to the pandemic crises and will revert to regular symmetry once the COVID-19 is contained. However, some of these shifts will persist for a longer period, especially the disruptions caused due to technological inferences will reshape the business and societal structures alike and will take decades to overcome the repercussive shocks.

Interestingly, the world defense budgets on nuclear power, weaponry, armaments, and munitions will witness a substantial shift to spending on healthcare and biodefense weapons (Can and Canöz 2021). The scientific research will also observe a widespread transformation, mainly focusing on emerging trends, evaluating pandemic prophecies, and envisaging future speculations.

Moreover, amidst the pre and post COVID-19 crises, the business supply chains will merge into resilient ecosystems, the digital bureaucracies will become mainstream drivers and psychological health facilities will be offered digitally (Fargnoli 2020; Silva and Henriques 2021). Furthermore, COVID-19 is a terrible shock to the global economy as well as the thousands of individuals and families it has affected. Companies that will proactively resist the challenges of the pandemic will survive. The organizational attitude towards CSR activities will be gauged through their dealings during this crucial time (Chen et al. 2021; Vos and Cattaneo 2021). The organizations ensure that the health and safety of their workers, suppliers, and all stakeholders will combat with competitive sprain hauled by the avid pandemic. Over the longer term, it can be processed, through the changing world order, COVID-19 will irrevocably change the way businesses may compete over the next decade. Firms that choose to capitalize on these underlying changes will succeed and the ones that fail will disappear.

Conclusions and recommendations

The COVID-19 pandemic has questioned many grounded theories and practices. The world is under siege. The persistence of the pandemic, globally, has distorted the undelaying theories in the streams of economic, social, psychological, and biological sciences. As global partners, the economies at large, and individually, have to plan for the pandemic preparedness and responsivity. In times of crisis, the system places greater emphasis on collectivism and urges communities to come together even more. The world can sustain lives and humanity on earth only if healthy and organic goods and services are produced responsibly. The shift to a green and organic lifestyle for businesses and individuals might possess higher processing costs but furnish lower implicit costs, which otherwise humanity has to pay off in the longer term and with retributive consequences. The constructive attitude will, nevertheless, also add to the environment and nature’s restorative process. Thus, the lessons the world has learned from these ordeals and tribulations brought by the COVID-19 pandemic will perpetuate irrefutable attributes such as cleanliness, efficiency, thoughtfulness, and compassion and deliver the lesson of humanity to human beings.

Above and beyond, as the prevalent pandemic has affected a larger portion of the world, therefore, it is anticipated that it reshapes world policy matters, and the prevailing global
ordaining plans, enormously. As an epilogue to the findings of this research, it is implied that the world should collectively focus on humanity, harmony, and care instead of rivalries on power, competitions for materialistic profits, and acquisitions. Perhaps this is the moment to imagine an economy for the people — a collective world economy built on the notion to care for the whole of humanity. Besides these, as per the thematic analysis of the responses, the worlds’ superpowers will attempt to reshape their economies towards the public interest. The COVID-19 will compulsorily drive economies to transformation and steer civilizations to nature’s fundamental laws which will incline humans to benevolence, partake in instituting human-centric economic policies, and most importantly, make humans learn the meaning of humanity.

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**Data availability** The data can be available on request.

**Declarations**

**Ethical approval and consent to participate** The authors declare that they have no known competing financial interests or personal relationships that seem to affect the work reported in this article. We declare that we have no human participants, human data or human tissues.

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