Anisotropic solutions by gravitational decoupling

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Abstract We investigate the extension of isotropic interior solutions for static self-gravitating systems to include the effects of anisotropic spherically symmetric gravitational sources by means of the gravitational decoupling realised via the minimal geometric deformation approach. In particular, the matching conditions at the surface of the star with the outer Schwarzschild space-time are studied in great detail, and we describe how to generate, from a single physically acceptable isotropic solution, new families of anisotropic solutions whose physical acceptability is also inherited from their isotropic parent.

1 Introduction

In a recent paper [1], the first simple, systematic and direct approach to decoupling gravitational sources in general relativity (GR) was developed from the so-called Minimal Geometric Deformation (MGD) approach. The MGD was originally proposed [2,3] in the context of the Randall–Sundrum brane-world [4,5] and extended to investigate new black hole solutions [6,7] (for some earlier work on MGD, see for instance Refs. [8–11], and for some recent applications Refs. [12–17]). The decoupling of gravitational sources by MGD (henceforth MGD-decoupling) is not only a novel idea, but also has a number of ingredients that make it particularly attractive in the search for new spherically symmetric solutions of Einstein’s field equations, as discussed below.

The main and foremost feature of this approach is that we can start from a simple spherically symmetric gravitational source $\tilde{T}_{\mu\nu}$ and add to it more and more complex gravitational sources, as long as the spherical symmetry is preserved. The starting source $\tilde{T}_{\mu\nu}$ could be as simple as we wish, including the vacuum indeed, to which we can add a first new source, say

\[
\tilde{T}_{\mu\nu} \mapsto \tilde{T}_{\mu\nu}^{(1)} = \tilde{T}_{\mu\nu} + \alpha^{(1)} T_{\mu\nu}^{(1)},
\]

and then repeat the process with more sources, namely

\[
\tilde{T}_{\mu\nu}^{(1)} \mapsto \tilde{T}_{\mu\nu}^{(2)} = \tilde{T}_{\mu\nu}^{(1)} + \alpha^{(2)} T_{\mu\nu}^{(2)},
\]

and so on. In this way, we can extend straightforward solutions of the Einstein equations associated with the simplest gravitational source $\tilde{T}_{\mu\nu}$ into the domain of more intricate forms of gravitational sources $T_{\mu\nu} = \tilde{T}_{\mu\nu}^{(n)}$, step by step and systematically. We stress that this method works as long as the sources do not exchange energy-momentum, namely

\[
\nabla_{\nu} \tilde{T}_{\mu\nu}^{(n)} = \cdots = \nabla_{\nu} T_{(\mu\nu)}^{(n)} = 0,
\]

which further clarifies that the constituents shown in Eq. (1.1) can only couple via gravity.

The converse also works. In order to find a solution to Einstein’s equations with a complex spherically symmetric energy-momentum tensor $T_{\mu\nu}$, we can split it into simpler components, say $T_{\mu\nu}^{(i)}$, and solve Einstein’s equations for each one of these parts. Hence, we will have as many solutions as are the contributions $T_{\mu\nu}^{(i)}$ in the original energy-momentum tensor. Finally, by a straightforward combination of all these solutions, we will obtain the solution to the Einstein equations associated with the original energy-momentum tensor $T_{\mu\nu}$.

To summarise, the MGD-decoupling amounts to the following procedure: given two gravitational sources $A$ and $B$, standard Einstein’s equations are first solved for $A$, and then
a simpler set of quasi-Einstein equations are solved for $B$. Finally, the two solutions can be combined in order to derive
the complete solution for the total system $A \cup B$. Since Ein-
tstein’s field equations are non-linear, the above procedure
represents a breakthrough in the search and analysis of solu-
tions, especially when the involved situations are beyond
trivial cases, such as the interior of self-gravitating systems
dominated by gravitational sources more realistic than the
ideal perfect fluid [18,19]. Of course, we remark that this
decoupling occurs because of the spherical symmetry and
time-independence of the systems under investigation.

Although decoupling gravitational sources in GR by a sys-
tematic way represents in itself a fact of significant theoret-
ical importance, its practical relevance is no less. Indeed,
this simple and systematic method could be conveniently
exploited in a large number of relevant cases, such as the
Einstein–Maxwell [20] and Einstein–Klein–Gordon system
[21–24], for higher derivative gravity [25–27], $f(R)$-theories
of gravity [28–34], Hořava-aether gravity [35,36], polytropi-
spheres [37–39], among many others. In this respect, the sim-
plest practical application of the MGD-decoupling consists
in extending known isotropic and physically acceptable inte-
rior solutions for spherically symmetric self-gravitating sys-
tems into the anisotropic domain, at the same time preserving
physical acceptability, which represents a highly non-trivial
problem [40] (for obtaining anisotropic solutions in a generic
way, see for instance Refs. [41–43]).

This paper is organised as follows: in Sect. 2, we briefly
review the effective Einstein field equations for a spherically
symmetric and static distribution of matter with effective
density $\rho$, effective radial pressure $p_r$ and effective tangen-
tial pressure $\tilde{p}_t$; Sect. 3 is devoted to the fundamentals of
the MGD-decoupling; in Sect. 4, we provide detail on the
matching conditions under the MGD-decoupling; in Sect. 5,
we implement the MGD-decoupling to extend perfect fluid
solutions in the anisotropic domain. In particular, three new
exact and physically acceptable anisotropic solutions, gen-
erated from a single perfect fluid solution, are developed in
order to emphasise the robustness of the approach; finally,
we summarise our conclusions in Sect. 6.

## 2 Einstein equations for multiple sources

Let us start from the standard Einstein field equations
\[
R_{\mu \nu} - \frac{1}{2} R \ g_{\mu \nu} = -k^2 \ T^{(\text{tot})}_{\mu \nu},
\]
with
\[
T^{(\text{tot})}_{\mu \nu} = T^{(m)}_{\mu \nu} + \alpha \ T^{(s)}_{\mu \nu},
\]
where
\[
T^{(m)}_{\mu \nu} = (\rho + p) \ u_{\mu} u_{\nu} - p \ g_{\mu \nu}
\]
is the 4-dimensional energy-momentum tensor of a perfect
fluid with 4-velocity field $u^\mu$, density $\rho$ and isotropic
pressure $p$. The term $\theta_{\mu \nu}$ in Eq. (2.2) describes any additional
source whose coupling to gravity is further proportional to
the constant $\alpha$ [44]. This source may contain new fields, like scalar, vector and tensor fields, and it will in general pro-
duce anisotropies in self-gravitating systems. We just recall
that, since the Einstein tensor is divergence free, the total
energy-momentum tensor (2.2) must satisfy the conservation
\[
\nabla_{\nu} T^{(\text{tot})\mu \nu} = 0.
\]

In Schwarzschild-like coordinates, a static spherically
symmetric metric reads
\[
ds^2 = e^{\nu(r)} \, \text{dr}^2 - e^{\lambda(r)} \, \text{dr}^2 - r^2 \left( d\vartheta^2 + \sin^2 \vartheta \, \text{d\phi}^2 \right),
\]
where $\nu = \nu(r)$ and $\lambda = \lambda(r)$ are functions of the areal radius
$r$ only, ranging from $r = 0$ (the star center) to some $r = R$
(the surface of the star), and the fluid 4-velocity is given by
$u^\mu = e^{-\nu/2} \delta^\mu_0$ for $0 \leq r \leq R$. The metric (2.5) must satisfy the Einstein equations (2.1), which explicitly read
\[
-k^2 \left( \rho + \alpha \theta^0_0 \right) &= - \frac{1}{r^2} + e^{-\lambda} \left( \frac{1}{r^2} - \frac{\lambda'}{r} \right), \tag{2.6}
\]
\[
-k^2 \left( -p + \alpha \theta^1_1 \right) &= - \frac{1}{r^2} + e^{-\lambda} \left( \frac{1}{r^2} + \frac{\nu'}{r} \right), \tag{2.7}
\]
\[
-k^2 \left( -p + \alpha \theta^2_2 \right) &= e^{-\lambda} \left( 2 \nu'' + \nu^2 - \lambda' \nu' + 2 \frac{\nu' - \lambda'}{r} \right). \tag{2.8}
\]
The conservation equation (2.4), which is a linear combina-
tion of Eqs. (2.6)–(2.8), yields
\[
\rho' + \nu' \frac{\nu}{2} \left( \rho + p \right) - \alpha \left( \theta^1_1 \right)' + \nu' \frac{\alpha}{2} \left( \theta^0_0 - \theta^1_1 \right) + \frac{2\alpha}{r} \left( \theta^2_2 - \theta^1_1 \right) = 0, \tag{2.9}
\]
where $f' \equiv \frac{\text{d}}{\text{d}r} f$. We then note the perfect fluid case is for-
mally recovered for $\alpha \to 0$.

The system (2.6)–(2.8) contains seven unknown func-
tions; namely: two physical variables, the density $\rho(r)$ and
pressure $p(r)$; two geometric functions, the temporal metric
function $\nu(r)$ and the radial metric function $\lambda(r)$; and three
independent components of $\theta_{\mu \nu}$. These equations there-
fore form an indefinite system. In the particular case where $\theta_{\mu \nu}$
depends only on the density and the pressure, we need to
prescribe only an additional equation to close the system
Eqs. (2.6)–(2.8), just as we do for the perfect fluid in stan-
dard GR. However, at this stage we want to emphasise that it
is not enough to know the space-time geometry to determine the gravitational source \( \{ \rho, p, \theta_{\mu \nu} \} \) in general.

In order to simplify the analysis of the system (2.6)–(2.8), and by simple inspection, we can identify an effective density
\[
\bar{\rho} = \rho + \alpha \theta_{00}^0, \quad (2.10)
\]
an effective isotropic pressure
\[
\bar{p}_r = p - \alpha \theta_{11}^1, \quad (2.11)
\]
and an effective tangential pressure
\[
\bar{p}_t = p - \alpha \theta_{22}^2. \quad (2.12)
\]
These definitions clearly illustrate that the source \( \theta_{\mu \nu} \) could in general induce an anisotropy,
\[
\Pi \equiv \bar{p}_t - \bar{p}_r = \alpha \left[ \theta_{11}^1 - \theta_{22}^2 \right], \quad (2.13)
\]
inside the stellar distribution. The system of Eqs. (2.6)–(2.8) could indeed be treated as an anisotropic fluid [45,46], which would require one to consider five unknown functions, namely, the two metric functions \( \nu(r) \) and \( \lambda(r) \), and the effective functions in Eqs. (2.10)–(2.12). However, we are going to implement a different approach, as explained below.

### 3 Gravitational decoupling by MGD

We shall implement the MGD in order to solve the system of Eqs. (2.6)–(2.9). In this approach, the system will be transformed in such a way that the field equations associated with the source \( \theta_{\mu \nu} \) will take the form of the “effective quasi-Einstein” Eqs. (3.12)–(3.14).

Let us start by considering a solution to Eqs. (2.6)–(2.9) with \( \alpha = 0 \), namely, a GR perfect fluid solution \( \{ \xi, \mu, \rho, p \} \), where \( \xi \) and \( \mu \) are the corresponding metric functions. The metric (2.5) now reads
\[
d s^2 = e^{\xi(r)} \, dr^2 - \frac{dr^2}{\mu(r)} - r^2 \left( d\theta^2 + \sin^2 \theta \, d\phi^2 \right), \quad (3.1)
\]
where
\[
\mu(r) \equiv 1 - \frac{k^2}{r} \int_0^r x^2 \rho \, dx = 1 - \frac{2m(r)}{r} \quad (3.2)
\]
is the standard GR expression containing the mass function \( m \). Now let us turn on the parameter \( \alpha \) to consider the effects of the source \( \theta_{\mu \nu} \) on the perfect fluid solution \( \{ \xi, \mu, \rho, p \} \). These effects can be encoded in the geometric deformation undergone by the perfect fluid geometry \( \{ \xi, \mu \} \) in Eq. (3.1), namely
\[
\begin{align*}
\xi & \mapsto \nu = \xi + \alpha \, g, \quad (3.3) \\
\mu & \mapsto e^{-\lambda} = \mu + \alpha \, f, \quad (3.4)
\end{align*}
\]
where \( g \) and \( f \) are the deformations undergone by the temporal and radial metric component, respectively. Among all possible deformations (3.3) and (3.4), the so-called minimal geometric deformation is given by
\[
\begin{align*}
g & \mapsto 0 \quad (3.5) \\
f & \mapsto f^*. \quad (3.6)
\end{align*}
\]
In this case, the metric in Eq. (3.1) is minimally deformed by \( \theta_{\mu \nu} \) and its radial metric component becomes
\[
\mu(r) \mapsto e^{-\lambda(r)} = \mu(r) + \alpha \, f^*(r), \quad (3.7)
\]
whereas the temporal metric component \( e^\nu \) remains unchanged. (More precisely, \( \nu(r) \) becomes \( \nu(r, \alpha) \), as can be seen, for instance, in Eq. (5.16) below.) Upon replacing Eq. (3.7) in the Einstein equations (2.6)–(2.8), the system splits into two sets of equations:

(i) The first one is given by the standard Einstein equations for a perfect fluid (the one with \( \alpha = 0 \) we started from), whose metric is given by Eq. (3.1) with \( \xi(r) = \nu(r) \):
\[
\begin{align*}
k^2 \rho & = \frac{1}{r^2} - \frac{\mu^\prime}{r} = \frac{\mu^\prime}{r}, \quad (3.8) \\
k^2 \mu & = -\frac{1}{r^2} + \mu \left( \frac{1}{r^2} + \frac{\nu^\prime}{r} \right), \quad (3.9)
\end{align*}
\]
along with the conservation equation (2.4) with \( \alpha = 0 \), namely \( \nabla_i T^{(m)\mu \nu} = 0 \), yielding
\[
\frac{p^\prime}{2} + \frac{\nu^\prime}{2} (\rho + p) = 0, \quad (3.11)
\]
which is a linear combination of Eqs. (3.8)–(3.10).

(ii) The second set contains the source \( \theta_{\mu \nu} \) and reads
\[
\begin{align*}
k^2 \theta_{00}^0 & = -\frac{f_s}{r^2} - \frac{f^*}{r}, \quad (3.12) \\
k^2 \theta_{11}^1 & = -f^* \left( \frac{1}{r^2} + \frac{\nu^\prime}{r} \right), \quad (3.13) \\
k^2 \theta_{22}^2 & = -\frac{f_s}{4} \left( 2\nu'' + \nu^2 + \frac{2\nu'}{r} \right) -\frac{f^*}{4} \left( \nu' + \frac{2}{r} \right). \quad (3.14)
\end{align*}
\]

The conservation equation (2.4) then yields \( \nabla_i \theta^{\mu \nu} = 0 \), which explicitly reads
\[
\left( \theta_{11}^1 \right)' - \frac{\nu'}{2} \left( \theta_{00}^0 - \theta_{11}^1 \right) - \frac{2}{r} \left( \theta_{22}^2 - \theta_{11}^1 \right) = 0. \quad (3.15)
\]
Equations (3.11) and (3.15) simply mean that there is no exchange of energy-momentum between the perfect...
fluid and the source $\theta_{\mu \nu}$, so that their interaction is purely gravitational.

As was previously remarked in Ref. [1], Eqs. (3.12)–(3.15) look very similar to the standard spherically symmetric Einstein field equations for an anisotropic fluid with energy-momentum tensor $\theta_{\mu \nu}$, that is, \{$\rho = \theta_0^0, \; p_r = -\theta_1^1, \; p_t = -\theta_2^2$\}. The corresponding metric would be given by

$$ds^2 = e^{\nu(r)} \, dt^2 - \frac{dr^2}{f^s(r)} - r^2 \left( d\theta^2 + \sin^2 \theta \, d\phi^2 \right). \quad (3.16)$$

However, the right-hand sides of Eqs. (3.12) and (3.13) are not the standard expressions for the Einstein tensor components $G_0^0$ and $G_1^1$, since there is a missing $-1/r^2$ in both. Nonetheless, the system of Eqs. (3.12)–(3.15) may be formally identified as Einstein equations for an anisotropic fluid with energy-momentum tensor $\theta_{\mu \nu}^*$, whose effective energy density $\tilde{\rho}$, effective isotropic pressure $\tilde{p}_r$, effective tangential pressure $\tilde{p}_t$ are given, respectively, by

$$\tilde{\rho} = \theta_{\mu \nu}^{*0} = \theta_0^0 + \frac{1}{k^2 r^2}, \quad (3.17)$$
$$\tilde{p}_r = \theta_{\mu \nu}^{*1} = \theta_1^1 + \frac{1}{k^2 r^2}, \quad (3.18)$$
$$\tilde{p}_t = \theta_{\mu \nu}^{*2} = \theta_2^2 = \theta_3^3 \equiv \theta^* \, \delta_{\mu \nu}. \quad (3.19)$$

which can be written more concisely as

$$k^2 \theta_{\mu \nu}^* = \frac{k^2 \theta_{\mu \nu} + 1}{r^2} \left( \delta_{\mu}^0 \delta_{\nu}^0 + \delta_{\mu}^1 \delta_{\nu}^1 \right). \quad (3.20)$$

With the transformation (3.20), the conservation Eq. (3.15) takes the standard form

$$\left( \theta_{\mu \nu}^{*1} \right)^\nu - \frac{1}{2} \left( \theta_{\mu \nu}^{*0} - \theta_{\mu \nu}^{*1} \right)^\nu = \frac{1}{k^2} \left( \theta_{\mu \nu}^{*2} - \theta_{\mu \nu}^{*1} \right)^\nu = 0 \quad (3.21)$$

and therefore the interpretation of Eqs. (3.12)–(3.15) as standard spherically symmetric Einstein equations for the source $\theta_{\mu \nu}^*$ in Eqs. (3.17)–(3.19) is now complete.

As was pointed out in Ref. [1], since Eqs. (3.12) and (3.13) do not contain the standard Einstein tensor components, we should expect that the conservation equation (3.15) for the source $\theta_{\mu \nu}$ is no longer a linear combination of Eqs. (3.12)–(3.14). However, Eq. (3.15) still remains a linear combination of the system (3.12)–(3.14). The MGD approach therefore turns the indefinite system (2.6)–(2.8) into the set of equations for a perfect fluid \{$\rho, \; p_r, \; v, \; \mu$\} plus a simpler system of four unknown functions \{$f^s, \; \theta_0^0, \; \theta_1^1, \; \theta_2^2$\} satisfying the three equations (3.12)–(3.14) [at this stage we suppose that we have already found a perfect fluid solution, thus $v$ is determined], or the equivalent anisotropic system of equations (3.17)–(3.19). Either way, the system (2.6)–(2.8) has been successfully decoupled.

The MGD-decoupling can be summarised in a more formal way as follows: consider a static spherically symmetric gravitational source $T_{\mu \nu}$ containing one isotropic perfect fluid $\hat{T}_{\mu \nu}$ and $n$ other gravitational sources $T_{\mu \nu}^{(i)}$, namely

$$T_{\mu \nu} = \hat{T}_{\mu \nu} + \sum_{i=1}^{n} \alpha_i \, T_{\mu \nu}^{(i)}, \quad (3.22)$$

then the diagonal metric $g_{\mu \nu}$, solution of the Einstein equation $G_{\mu \nu} = -k^2 T_{\mu \nu}$, reads

$$g_{\mu \nu} = \hat{g}_{\mu \nu} = g_{\mu \nu}^{(i)} \quad \text{for} \quad \mu = \nu \neq 1, \quad (3.23)$$
$$g^{11} = \hat{g}^{11} + \alpha_1 \, g^{(1)11} + \cdots + \alpha_n \, g^{(n)11}. \quad (3.24)$$

This metric $g_{\mu \nu}$ is found by first solving the Einstein equations for the source $\hat{T}_{\mu \nu}$,

$$\hat{G}_{\mu \nu} = -k^2 \hat{T}_{\mu \nu}, \quad \nabla_{\nu} \hat{T}_{\mu \nu} = 0, \quad (3.25)$$

and then by solving the remaining $n$ quasi-Einstein equations for the sources $T_{\mu \nu}^{(i)}$, namely

$$\hat{G}_{\mu \nu}^{(i)} = -k^2 \, T_{\mu \nu}^{(i)}, \quad \nabla_{\nu} T^{(i)\mu \nu} = 0, \quad (3.26)$$

where the divergence-free quasi-Einstein tensor $\hat{G}_{\mu \nu}$ is related with the standard $G_{\mu \nu}$ by

$$\hat{G}_{\mu \nu} = G_{\mu \nu} + \Gamma_{\mu \nu}(g), \quad (3.27)$$

with $\Gamma_{\mu \nu}(g)$ a tensor that depends exclusively on $g_{\mu \nu}$ to ensure the divergence-free condition. In the spherically symmetric representation it reads

$$\Gamma_{\mu \nu} = \frac{1}{r^2} \left( \delta_{\mu}^0 \delta_{\nu}^0 + \delta_{\mu}^1 \delta_{\nu}^1 \right). \quad (3.28)$$

The explicit components of $\hat{G}_{\mu \nu}$ in terms of the metric in Eq. (3.16) are shown in the right-hand side of Eqs. (3.12)–(3.14).

### 4 Matching condition for stellar distributions

A crucial aspect in the study of stellar distributions is the matching conditions at the surface of the star ($r = R$) between the interior ($r < R$) and the exterior ($r > R$) space-time geometries [47,48]. In our case, the interior stellar geometry is given by the MGD metric,

$$ds^2 = e^{\nu(r)} \, dt^2 - \left( 1 - \frac{2 \bar{m}(r)}{r} \right)^{-1} \, dr^2 - r^2 \left( d\theta^2 + \sin^2 \theta \, d\phi^2 \right), \quad (4.1)$$

where the interior mass function is given by

$$\bar{m}(r) = m(r) - \frac{r}{2} \alpha \, f^s(r), \quad (4.2)$$
with \( m \) given by the standard GR expression in Eq. (3.2) and \( f^* \) the yet to be determined MGD in Eq. (3.7).

The inner metric (4.1) should now be matched with an outer geometry where there is no isotropic fluid, that is, \( p^+ = \rho^+ = 0 \). The exterior \( r > R \) may, however, not be a vacuum anymore since we can, in general, have new fields coming from the sector described by \( \theta_{\mu\nu} \). The general outer metric can be written as

\[
\begin{align*}
\mathfrak{d}s^2 &= e^{\nu^+(r)} \mathfrak{d}t^2 - e^{\lambda^+(r)} \mathfrak{d}r^2
- r^2 (\mathfrak{d}\theta^2 + \sin^2 \theta \mathfrak{d}\phi^2),
\end{align*}
\]

where the explicit form of the functions \( \nu^+ \) and \( \lambda^+ \) are obtained by solving the effective 4-dimensional exterior Einstein equations

\[
R_{\mu\nu} - \frac{1}{2} R^\alpha_{\alpha \mu\nu} = \alpha \theta_{\mu\nu}.
\]

The MGD will reduce the exterior Einstein equation (4.4) to the system (3.12)–(3.14), where the geometric function \( \nu \) is given by the Schwarzschild solution instead of a perfect fluid solution.

Continuity of the first fundamental form at the surface of the star \( \Sigma \) defined by \( r = R \) reads

\[
\begin{align*}
\left[ \frac{\mathfrak{d}s^2}{\mathfrak{d}^2} \right]_\Sigma &= 0,
\end{align*}
\]

where \( [F]_\Sigma \equiv F(r \to R^+) - F(r \to R^-) \equiv F_R^+ - F_R^- \), for any function \( F = F(r) \), which yields

\[
\nu^-(R) = \nu^+(R)
\]

and

\[
1 - \frac{2M_0}{R} + \alpha f^*_R = e^{-\lambda^+(R)},
\]

where \( M_0 = m(R) \) and \( f^*_R \) is the minimal geometric deformation at the surface of the star.

Likewise, continuity of the second fundamental form reads

\[
\begin{align*}
\left[ G_{\mu\nu} r^v \right]_\Sigma &= 0,
\end{align*}
\]

where \( r^v \) is a unit radial vector. Using Eq. (4.8) and the general Einstein equations (2.1), we then find

\[
\begin{align*}
\left[ T^{(\text{tot})}_{\mu\nu} r^v \right]_\Sigma &= 0,
\end{align*}
\]

which leads to

\[
\begin{align*}
\left[ p - \alpha \theta_1^v \right]_\Sigma &= 0.
\end{align*}
\]

This matching condition takes the final form

\[
\begin{align*}
p_R - \alpha (\theta_1^1)^R_R &= -\alpha (\theta_1^1)^+_R,
\end{align*}
\]

where \( p_R \equiv p^-(R) \). The condition in Eq. (4.11) is the general expression for the second fundamental form associated with the Einstein equations given by Eq. (2.1).

By using Eq. (3.13) for the interior geometry in the condition (4.11), the second fundamental form can be written as

\[
\begin{align*}
p_R + \alpha \frac{f^*_R}{k^2} \left( \frac{1}{R^2} + \frac{v'_{R}}{R} \right) &= -\alpha \left( \theta_1^1 \right)^+_R
\end{align*}
\]

where \( v'_{R} \equiv \frac{\partial v}{\partial r} |_{r=R} \). Moreover, using now Eq. (3.13) for the outer geometry in Eq. (4.12) yields

\[
\begin{align*}
p_R + \alpha \frac{f^*_R}{k^2} \left( \frac{1}{R^2} + \frac{v'_{R}}{R} \right) &= \alpha \frac{g^*_R}{R} \left[ \frac{1}{R^2} + \frac{2M}{R^3} \left( \frac{1}{1 - \frac{2M}{R}} \right) \right],
\end{align*}
\]

where \( g^*_R \) is the geometric deformation for the outer Schwarzschild solution due to the source \( \theta_{\mu\nu} \), that is,

\[
\begin{align*}
\mathfrak{d}s^2 &= \left( 1 - \frac{2M}{r} \right) \mathfrak{d}t^2
- \left( 1 - \frac{2M}{r} + \alpha g^*(r) \right)^{\!-1} \mathfrak{d}r^2 - \mathfrak{d}\Omega^2.
\end{align*}
\]

Equations (4.6), (4.7) and (4.13) are the necessary and sufficient conditions for the matching of the interior MGD metric (4.1) to a spherically symmetric outer “vacuum” described by the deformed Schwarzschild metric in Eq. (4.14). Note that this exterior could be filled by fields contained in the source \( \theta_{\mu\nu} \).

The matching condition (4.13) yields an important result: if the outer geometry is given by the exact Schwarzschild metric, one must have \( g^*(r) = 0 \) in Eq. (4.14), which then leads to the condition

\[
\tilde{p}_R \equiv p_R + \alpha \frac{f^*_R}{k^2} \left( \frac{1}{R^2} + \frac{v'_{R}}{R} \right) = 0.
\]

It is important to remark that the star will therefore be in equilibrium in a true (Schwarzschild) vacuum only if the effective (in general anisotropic radial) pressure at the surface vanishes. In particular, if the inner geometric deformation \( f^*(r < R) \) is positive and weakens the gravitational field [see Eq. (4.2)], an outer Schwarzschild vacuum can only be compatible with a non-vanishing inner \( \theta_{\mu\nu} \), if the isotropic stellar matter has \( p_R < 0 \) at the surface of the star. This may be interpreted as regular matter with a solid crust [12]. Otherwise, the condition \( p_R = 0 \) can be obtained by imposing the requirement that the right-hand side of Eq. (4.15) be proportional to \( p_R \), namely, \( \alpha (\theta_1^1)^R_R \sim p_R \) in Eq. (4.11), which leads to a vanishing inner deformation \( f^*_R = 0 \).

5 Interior solutions

Let us now solve the Einstein field equations (2.6)–(2.8) for the interior of a self-gravitating anisotropic system by the
MGD-decoupling. The physical variables \{\hat{\rho}, \hat{p}_r, \hat{p}_t\} defined by Eqs. (2.10)–(2.12) and the two metric functions \{v, \lambda\} in Eq. (2.5) will be derived. The first step is to turn off \(\alpha\) and find a solution for the perfect fluid Einstein Eqs. (3.8)–(3.10). In particular, we can simply choose a known solution with physical relevance, like the well-known Tolman IV solution \(\{\nu, \mu, \rho, p\}\) for perfect fluids [49], namely

\[
e^\nu(r) = B^2 \left(1 + \frac{r^2}{A^2}\right), \quad (5.1)
\]

\[
\mu(r) = \frac{1 - \frac{r^2}{c^2}}{1 + \frac{2r^2}{A^2}}, \quad (5.2)
\]

\[
\rho(r) = \frac{3A^4 + A^2 (3c^2 + 7r^2) + 2r^2 (c^2 + 3r^2)}{k^2 C^2 (A^2 + 2r^2)^2}, \quad (5.3)
\]

and

\[
p(r) = \frac{C^2 - A^2 - 3r^2}{k^2 C^2 (A^2 + 2r^2)}. \quad (5.4)
\]

The constants \(A, B\) and \(C\) in Eqs. (5.1)–(5.4) are determined from the matching conditions in Eqs. (4.5) and (4.8) between the above interior solution and the exterior metric which we choose to be the Schwarzschild space-time. This yields

\[
\frac{A^2}{R^2} = \frac{R - 3M_0}{M_0}, \quad (5.5)
\]

\[
B^2 = 1 - \frac{3M_0}{R}, \quad (5.6)
\]

\[
C^2 = \frac{R}{M_0}, \quad (5.7)
\]

with the compactness \(M_0/R < 4/9\), and \(M_0 = m(R)\) the total mass in Eq. (3.2). The expressions in Eq. (5.5) ensure the geometric continuity at \(r = R\) and will change when we add the source \(\theta_{\mu\nu}\).

Let us then turn \(\alpha\) on in the interior. The temporal and radial metric components are given by Eqs. (5.1) and (3.7), respectively, where the interior deformation \(f^*(r)\) and the source \(\theta_{\mu\nu}\) are related through Eqs. (3.12)–(3.14). Hence, we need to prescribe additional information in order to close the system of Eqs. (3.12)–(3.14). We have many alternatives for this purpose, like imposing an equation of state for the source \(\theta_{\mu\nu}\) or some physically motivated restriction on \(f^*(r)\). In any case, we must be careful in keeping the physical acceptability of our solution, which is not a trivial issue. In the following, this problem is addressed in such a way that three new, exact and physically acceptable interior solutions will be generated.

5.1 Solution I: mimic constraint for the pressure

From the matching condition (4.15) we see that the Schwarzschild exterior solution will be compatible with regular interior matter as long as \(\alpha (\theta_{\mu\nu})_R \sim \rho R\). The simplest choice satisfying this critical requirement is

\[
\theta_{\mu\nu}^1(r) = \rho(r), \quad (5.6)
\]

which, according to Eq. (3.9), can be written as

\[
k^2 \theta_{\mu\nu}^1 = -\frac{1}{r^2} + \mu(r) \left(\frac{1}{r^2} + \frac{\nu'}{r}\right). \quad (5.7)
\]

From Eq. (3.13) we can see that the “mimic” constraint in Eq. (5.6) is equivalent to

\[
f^*(r) = -\mu(r) + \frac{1}{1 + r \nu'(r)}. \quad (5.8)
\]

Hence the radial metric component reads

\[
e^{-\lambda(r)} = (1 - \alpha) \mu(r) + \alpha \left(\frac{A^2 + r^2}{A^2 + 3r^2}\right), \quad (5.9)
\]

where the expressions in Eqs. (3.7) and (5.1) have been used. The interior metric functions given by Eqs. (5.1) and (5.9) represent the Tolman IV solution minimally deformed by the generic anisotropic source \(\theta_{\mu\nu}\). We can see that the limit \(\alpha \to 0\) in Eq. (5.9) leads to the standard Tolman IV solution for perfect fluids. This is represented by a generic way in Fig. 1.

Now let us match our interior metric in Eq. (2.5) with metric functions (5.1) and (5.9) with the exterior Schwarzschild solution (4.14) with \(g^*(r) = 0\). We can see that, for a given distribution of mass \(M_0\) and radius \(R\), we have four unknown parameters, namely \(\{A, B, C\}\) from the interior solution in Eqs. (5.1) and (5.9), and the mass \(M\) in Eq. (4.14). Since we have only the three matching conditions (4.6), (4.7) and (4.11) at the surface of the star, the problem is not closed. An obvious solution would be to set \(B = 1\) in Eq. (5.1), corresponding to the time rescaling \(t \to \tilde{t} = Bt\). However, we want to keep \(B\) near its expression in the Tolman IV solution of Eqs. (5.1)–(5.4) in order to see clearly the effect of the anisotropic source \(\theta_{\mu\nu}\) on the perfect fluid. We will therefore solve for \(\{A, C, M\}\) with respect to \(B\) as shown further below.
The continuity of the first fundamental form given by Eqs. (4.6) and (4.7) leads to
\[ B^2 \left( 1 + \frac{R^2}{A^2} \right) = 1 - \frac{2M}{R} \tag{5.10} \]
and
\[ (1 - \alpha) \mu(R) + \alpha \left( \frac{A^2 + R^2}{A^2 + 3 R^2} \right) = 1 - \frac{2M}{R}, \tag{5.11} \]
whereas continuity of the second fundamental form in Eq. (4.11) yields
\[ p_R - \alpha \left( \theta_1 \right)^2 = 0. \tag{5.12} \]
By using the mimic constraint in Eq. (5.6) in the condition (5.12), we obtain
\[ p_R = 0, \tag{5.13} \]
which, according to the expression in Eq. (5.4), leads to
\[ C^2 = A^2 + 3 R^2. \tag{5.14} \]
On the other hand, by using the condition in Eq. (5.11), we obtain for the Schwarzschild mass
\[ \frac{2M}{R} = \frac{2M_0}{R} + \alpha \left( 1 - \frac{2M_0}{R} \right) - \alpha \left( \frac{A^2 + R^2}{A^2 + 3 R^2} \right), \tag{5.15} \]
where the expression in Eq. (3.2) has been used. Finally, by using the expression in Eq. (5.15) in the matching condition (5.10), we obtain
\[ B^2 \left( 1 + \frac{R^2}{A^2} \right) = (1 - \alpha) \left( 1 - \frac{2M_0}{R} \right) + \alpha \left( \frac{A^2 + R^2}{A^2 + 3 R^2} \right). \tag{5.16} \]

Equations (5.14)–(5.16) are the necessary and sufficient conditions to match the interior solution with the exterior Schwarzschild space-time. By using the mimic constraint in Eq. (5.6) along with Eq. (5.14), the effective isotropic pressure \( \tilde{p}_r \) in Eq. (2.11) reads
\[ \tilde{p}_r(r, \alpha) = \frac{3 (1 - \alpha) (R^2 - r^2)}{k^2 (A^2 + 3 R^2) (A^2 + 2 r^2)}, \tag{5.17} \]
from which we see that the effective isotropic pressure mimics the (physically acceptable) perfect fluid pressure \( p(r) \) in Eq. (5.4). On the other hand, the effective density and effective tangential pressure are given, respectively, by
\[ \tilde{\rho}(r, \alpha) = (1 - \alpha) \rho(r) + \frac{6 \alpha (A^2 + r^2)}{k^2 (A^2 + 3 r^2)^2}, \tag{5.18} \]
\[ \tilde{p}_t(r, \alpha) = \tilde{p}_r(r, \alpha) + \frac{3 \alpha r^2}{k^2 (A^2 + 3 r^2)^2}. \tag{5.19} \]

5.2 Solution II: mimic constraint for density

An alternative choice leading to physically acceptable solutions is the “mimic constraint” for the density,
\[ \theta_0^0 = \rho, \tag{5.21} \]
which yields the first order differential equation
\[ f'(r) + \frac{f(r)}{r} = -r k^2 \rho. \tag{5.22} \]
The solution is given by
\[ f(r) = \frac{C_0}{r} - \frac{r^2 (A^2 + C^2 + r^2)}{C^2 (A^2 + 2 r^2)}, \tag{5.23} \]
where the density \( \rho \) in Eq. (5.3) has been used. To avoid a singular behaviour at the center \( r = 0 \) we must impose \( C_0 = 0 \), so that Eq. (3.7) yields
\[ e^{-\lambda(r)} = \mu(r) - \alpha \frac{r^2 (A^2 + C^2 + r^2)}{C^2 (A^2 + 2 r^2)}. \tag{5.24} \]
By using the expression in Eq. (5.24), the matching conditions in (4.6) and (4.7) lead to

\[
\frac{2\mathcal{M}}{R} = \frac{2M_0}{R} + \alpha \frac{R^2}{C^2} \left( \frac{A^2 + C^2 + R^2}{A^2 + 2R^2} \right) \quad (5.25)
\]

and

\[
B^2 \left( 1 + \frac{R^2}{A^2} \right) = 1 - \frac{2M_0}{R} - \alpha \frac{R^2}{C^2} \times \left( \frac{A^2 + C^2 + R^2}{A^2 + 2R^2} \right),
\]

(5.26)

whereas continuity of the second fundamental form in Eq. (5.12) yields

\[
C^2 = \frac{(1 + \alpha)(A^2 + R^2)(A^2 + 3R^2)}{(A^2 + R^2) - \alpha(A^2 + 3R^2)} \quad (5.27)
\]

Equations (5.25)–(5.27) are the necessary and sufficient conditions to match the exterior Schwarzschild solution with the interior solution in Eq. (2.5) with metric functions given in Eqs. (5.1) and (5.24). By using these metric functions in the field equation (2.7), the effective isotropic pressure in Eq. (2.11) reads

\[
\tilde{p}_r(r, \alpha) = p(r) - \alpha \frac{(A^2 + C^2 + r^2)(A^2 + 3r^2)}{k^2 C^2(A^2 + r^2)(A^2 + 2r^2)},
\]

(5.28)

On the other hand, the mimic constraint for the density in Eq. (5.21) yields

\[
\bar{\rho}(r, \alpha) = (1 + \alpha) \rho(r),
\]

(5.29)

whereas the effective tangential pressure reads

\[
\tilde{p}_t(r, \alpha) = \bar{p}_r(r, \alpha) + \frac{\alpha r^2}{k^2 (A^2 + r^2)^2},
\]

(5.30)

with the anisotropy thus given by

\[
\Pi(r, \alpha) = \frac{\alpha r^2}{k^2 (A^2 + r^2)^2}. \quad (5.31)
\]

We then employ the matching conditions (5.26) and (5.27) to find \(A = A(B, \alpha)\), again leaving \(B\) as a free parameter with values around the expression in Eq. (5.5). Figure 3 shows the radial pressure \(\tilde{p}_r(r, \alpha)\) and tangential pressure \(\tilde{p}_t(r, \alpha)\) inside the stellar distribution, showing how the anisotropy \(\Pi(r, \alpha)\) in Eq. (5.31) increases towards the surface.

It is also interesting to investigate the effects of the anisotropy on the surface redshift [50],

\[
z = [\frac{g_{00}(R)}{g_{00}(\infty)}]^{-1/2} - 1,
\]

(5.32)

which in our case reads

\[
z(\alpha) = \left[ 1 - \frac{2\mathcal{M}(\alpha)}{R} \right]^{-1/2} - 1
\]

(5.33)

and is displayed in Fig. 4. In particular, we can see from the plot that the anisotropic effects increases the gravitational redshift at the stellar surface, hence a distant observer will detect a more compact distribution in comparison with the isotropic case. This result is in agreement with the fact that \(\mathcal{M} > M_0\), as can be seen from Eq. (5.25).

5.3 Solution III: extending anisotropic solutions

So far we have seen how to generate exact and physically acceptable anisotropic solutions starting from a known isotropic solution. In order to emphasise the full potential of the MGD-decoupling, schematically represented by Eqs. (3.22)–(3.28), we will use the anisotropic solution \([v, \lambda, \bar{\rho}, \tilde{p}_r, \tilde{p}_t]\) from Sect. 5.2, and explicitly given by Eqs. (5.1), (5.24), (5.28)–(5.30), to generate a third anisotropic and physically acceptable solution \([v, \lambda, \bar{\rho}, \tilde{p}_r, \tilde{p}_t]\).
Let us start by adding to the energy-momentum tensor in Eq. (2.2) one more anisotropic source with energy-momentum tensor $\psi_{\mu\nu}$, that is,

$$T_{\mu\nu} \rightarrow \tilde{T}_{\mu\nu} = T_{\mu\nu} + \beta \psi_{\mu\nu},$$

(5.34)

where $\beta$ is a new coupling constant. The Einstein equations now read

$$k^2 \left( \bar{\rho} + \beta \psi_0^0 \right) = \frac{1}{r^2} - e^{-\lambda} \left( \frac{1}{r^2} - \frac{\lambda'}{r} \right),$$

(5.35)

$$k^2 \left( \bar{\rho}_r - \beta \psi_1^1 \right) = -\frac{1}{r^2} + e^{-\lambda} \left( \frac{1}{r^2} + \frac{\lambda'}{r} \right),$$

(5.36)

$$k^2 \left( \bar{\rho}_\nu - \beta \psi_2^2 \right) = \frac{e^{-\lambda}}{4} \left[ 2v'' + v'^2 - \lambda' v' + 2\frac{v'}{r} - \frac{\lambda'}{r} \right],$$

(5.37)

where $\{\bar{\rho}, \bar{\rho}_r, \bar{\rho}_\nu\}$ are shown in Eqs. (5.28)–(5.30). The temporal metric component $v(r)$ remains equal to the one in Eq. (5.1) for the original Tolman IV solution, whereas the radial metric component is deformed according to

$$e^{-\lambda(r)} = \mu(r) - \alpha \frac{r^2 (A^2 + C^2 + r^2)}{C^2 (A^2 + 2r^2)} + \beta g^*(r),$$

(5.38)

where $g^*(r)$ represents the geometric deformation. After decoupling, the source $\psi_{\mu\nu}$ and the unknown deformation $g^*(r)$ satisfy the same Eqs. (3.12)–(3.14), which now read

$$k^2 \psi_0^0 = -\frac{g^*}{r^2} - \frac{(g^*)'}{r},$$

(5.39)

$$k^2 \psi_1^1 = -g^* \left( \frac{1}{r^2} + \frac{\lambda'}{r} \right),$$

(5.40)

$$k^2 \psi_2^2 = -\frac{g^*}{4} \left[ 2v'' + v'^2 + 2\frac{v'}{r} - \frac{(g^*)'}{r} \left( v' + \frac{2}{r} \right) \right].$$

(5.41)

We then impose the mimic constraint for the pressure,

$$\psi_1^1 = \bar{\rho}_r,$$

(5.42)

and following the same procedure as in Sect. 5.1, we obtain

$$e^{-\lambda} = (1 - \beta) \left[ \mu(r) - \alpha \frac{r^2 (A^2 + C^2 + r^2)}{C^2 (A^2 + 2r^2)} \right]$$

$$+ \beta \frac{A^2 + r^2}{A^2 + 3r^2}.$$

(5.43)

Continuity of the first fundamental form in Eq. (4.5) again leads to the expression in Eq. (5.10), where the mass $\mathcal{M}$ is now given by

$$\frac{2\mathcal{M}}{R} = \frac{2M_0}{R} + \beta \left( 1 - \frac{2M_0}{R} \right)$$

$$+ (1 - \beta) \alpha \frac{R^2 (A^2 + C^2 + R^2)}{C^2 (A^2 + 2R^2)}$$

$$- \beta \frac{A^2 + R^2}{A^2 + 3R^2}.$$ 

(5.44)

Continuity of the second fundamental form in Eq. (4.9) again leads to (5.27). The new anisotropic solution to the Einstein Eqs. (5.39)–(5.41) is given by the Tolman IV temporal metric component (5.1), the radial metric component (5.43), and the three physical variables

$$\bar{\rho}(r, \alpha, \beta) = (1 - \beta)(1 + \alpha) \rho(r) + \frac{6\beta (A^2 + r^2)}{k^2 (A^2 + 3r^2)}.$$ 

(5.45)

$$\bar{\rho}_r(r, \alpha, \beta) = (1 - \beta) \left[ \rho(r) - \alpha \frac{(A^2 + C^2 + r^2)(A^2 + 3r^2)}{k^2 C^2 (A^2 + 2r^2)} \right].$$

(5.46)

$$\bar{\rho}_\nu(r, \alpha, \beta) = \bar{\rho}_r(r, \alpha, \beta) + \Pi(r, \alpha, \beta),$$

(5.47)

with the anisotropy (see Fig. 5)

$$\Pi(r, \alpha, \beta) = \frac{r^2 \left[ 3\beta (A^2 + r^2)^2 + \alpha (1 - \beta)(A^2 + 3r^2)^2 \right]}{k^2 (A^2 + 2r^2)^2 (A^2 + 3r^2)^2}.$$ 

(5.48)

One can easily check that the solution II of Sect. 5.2 is the particular case $\beta = 0$ of the solution III given by Eqs. (5.1), (5.43) and (5.45)–(5.47). Likewise, the solution I of Sect. 5.1 (with $\alpha \to \beta$) is the particular case $\alpha = 0$ of the solution III. Eventually, we could set $\alpha = \beta$ in the solution III so that the anisotropic sector is determined by a single free parameter $\alpha$.

6 Conclusions

By using the MGD-decoupling approach, we presented in detail how to extend interior isotropic solutions for self-
gravitating systems in order to include anisotropic (but still spherically symmetric) gravitational sources. For this purpose, we showed that the Einstein field equations for a static and spherically symmetric self-gravitating system in Eqs. (2.6)–(2.8) can be decoupled in two sectors, namely: the isotropic sector corresponding to a perfect fluid $T_{\mu\nu}$ shown in Eqs. (3.8)–(3.10), and the sector described by quasi–Einstein field equations associated with an anisotropic source $\theta_{\mu\nu}$ shown in Eqs. (3.12)–(3.14). These two sectors may interact only gravitationally, without direct exchange of energy-momentum.

The matching conditions at the stellar surface were then studied in detail for an outer Schwarzschild space-time. In particular, the continuity of the second fundamental form in Eq. (4.15) was shown to yield the important result that the effective radial pressure $\tilde{p}_R = 0$. The effective pressure (2.11) contains both the isotropic pressure of the undeformed matter source $T_{\mu\nu}$ and the inner geometric deformation $f^*(r)$ induced by the energy-momentum $\theta_{\mu\nu}$. We recall the latter could also represent a specific matter source, like a Klein–Gordon scalar field or any other form of matter-energy, but also the induced effects of extra-dimensions in the brane-world. If the geometric deformation $f^*(r)$ is positive and therefore weakens the gravitational field [see Eq. (4.2)], an outer Schwarzschild vacuum can only be supported if the isotropic $p_R < 0$ at the surface of the star. This can in fact be interpreted as regular matter with a solid crust [12] as long as the region with negative pressure does not extend too deep into the star.

In order to show the robustness of our approach, three new exact and physically acceptable interior anisotropic solutions to the Einstein field equations were generated from a single perfect fluid solution. All these new solutions inherit their physical acceptability from the original isotropic solution. In particular, it was shown that the anisotropic source $\theta_{\mu\nu}$ always reduces the isotropic radial pressure $\tilde{p}(r)$ inside the self-gravitating system.

We would like to remark that the MGD-decoupling is not just a technique for developing physically acceptable anisotropic solutions in GR, but represents a powerful and efficient way to exploit the gravitational decoupling in relevant physical problems. The extension of GR solutions into the domain of more complex gravitational sources is a highly non-trivial theoretical problem. For instance, it is well known that a Klein–Gordon scalar field induces anisotropic effects when it is coupled with the gravitational field through the Einstein equations. Hence the MGD-decoupling represents a useful tool for extending GR isotropic solutions for self-gravitating systems into solutions of the Einstein–Klein–Gordon system. It could be implemented, for instance, to investigate the role played by a Klein–Gordon scalar field during the gravitational collapse. In this respect, it is worth mentioning that the MGD-decoupling can be generalised for time-dependent scenarios, as long as the spherical symmetry is preserved under slowly evolving situations, which means the stellar system is always in hydrostatic equilibrium [45].

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