Who plays in the Hoyle band?

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Abstract. The Hoyle state in $^{12}\text{C}$ was discovered over 50 years ago in 1957 and strongly influences the rate of the triple-alpha process in stars. Recently, significant experimental and theoretical effort has been invested to understand, in detail, its unorthodox structure. In particular, identification of excitations of the Hoyle state has been a key goal. This paper addresses the current progress with an emphasis on possible members of the Hoyle band and the structure implications.

1 Introduction

The fusion of three $\alpha$-particles into $^{12}\text{C}$ is able to proceed at a rate sufficient to make carbon-based life possible [1], only due to the serendipitous occurrence of two resonances. The first is the ground-state of $^{8}\text{Be}$ [2], 91.8 keV above the threshold for $\alpha$ decay. The second is the Hoyle state [3], 287 keV above the $\alpha$ decay threshold. Both resonances have widths of the order of eV and the corresponding lifetimes (∼$10^{-17}$ s) are sufficient to lead to an equilibrium quantity of $^{8}\text{Be}$ ($\alpha + \alpha \rightarrow^{8}\text{Be}$) and $^{12}\text{C}^*$ ($\alpha +^{8}\text{Be} \rightarrow^{12}\text{C}^*$) in stellar nucleosynthesis environments.

Not only is the presence of the Hoyle state close to the $\alpha$-decay threshold key, but its properties are of paramount importance. For example, it is not sufficient to produce $^{12}\text{C}$ in an excited state, but a significant route to the ground state is required. In the case of the Hoyle state, a 0.04% radiative branching ratio to bound states has been determined [4]. The dominant decay process undergone by the Hoyle state, as outlined above, is via the ground-state of $^{8}\text{Be}$, with a limit on the direct disintegration into three $\alpha$ particles having recently been reported as $<5\times10^{-3}$ [5].

Over the past few years, intense activity has been focused on attempting to measure excitations of the Hoyle state as a means to measure not only the moment-of-inertia (assuming rotationaly behaviour) of the Hoyle band and its underlying structure with precision, but also to obtain accurate energies for the location of the excitations, to enable their influence on the stellar carbon-production to be modelled. These efforts also capture the speculation involving nuclear condensates [6], comprising an $\alpha$-Bose gas in which each $\alpha$ particle shares a common wave function and for which the Hoyle state is considered a prime candidate [6].

This paper considers recent experimental and theoretical results relating to the Hoyle state and its excitations.

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2 Clustering and the Hoyle state

Clustering in nuclei is well established [7, 8] with the usual picture of homogeneously mixed protons and neutrons being replaced by diverse structures comprising sub-clusters of nucleons arranged together. Examples include the symmetric $^{12}\text{C}–^{12}\text{C}$ cluster resonance in $^{24}\text{Mg}$ [8] and the well developed $^{16}\text{O}–^{4}\text{He}$ structure of $^{20}\text{Ne}$ [9]. Alpha particles are by far the most ubiquitous sub-units within cluster states, arising from their strongly bound nature; the particle threshold at 19.81 MeV makes the $\alpha$ particle the most robust composite nucleus in the entire Segrè chart. This is evidenced by the particularly high binding energies for $\alpha$-conjugate nuclei ($^8\text{Be}, ^{12}\text{C}, ^{16}\text{O}$ etc.). Ikeda [10], associated the different clustering opportunities for specific nuclei with the corresponding particle decay thresholds – the energy needed to dissolve the nucleus into a particular set of cluster sub-units – encompassed in the Ikeda diagram shown in Fig. 1.

As can be seen from Fig. 1, the Hoyle state ($E_x=7.654$ MeV) lies just above the three $\alpha$ threshold at 7.27 MeV. For heavy nuclei, the multi-$\alpha$-cluster thresholds lie at very high energies, e.g. at 14.44 MeV in $^{16}\text{O}$, making Hoyle-state analogues increasingly difficult to study due to their being embedded in a high density of (typically broad) resonances. Returning to the Hoyle state itself, evidence for a cluster structure comes largely from $\alpha$ decay widths and branching ratios. Beryllium-8 is perhaps the most trivial clustered nucleus, comprised of two $\alpha$-particles, and the Hoyle state preferentially decays to this structure. This is indicative of a shared structure for the Hoyle state and $^8\text{Be}$ daughter. Indeed, the Hoyle state has a reduced $\alpha$-decay width of approximately 100% when compared to the first Wigner sum rule (or single-particle limit) [11, 12]. The clustered nature of the $^8\text{Be}$ ground-state has been within reach of ab initio calculations starting with a nucleon-nucleon interaction and using the Green’s Function Monte Carlo (GFMC) approach. Wiringa et al. [13] demonstrated that clustering comprising two-$\alpha$ particles emerges naturally in such calculations. The density distribution is shown in Fig. 2. When extending the “clustering” picture to neutron-rich systems, an analogy with molecules can be made. Neutrons are shared between the cluster-unit cores and provide additional binding; akin to covalent bonding in between atoms. The neutrons can lie on- or off-axis leading to $\sigma$ and $\pi$ bonds respectively. Two particularly good examples of this are $^{10}\text{Be}$ (see Fig. 3) [14] and $^{21}\text{Ne}$ [15]. This is especially relevant when considering how relatives of the Hoyle state would appear in heavier carbon isotopes such as $^{13}\text{C}$ and $^{14}\text{C}$.
Additionally, over the last decade, interest has increased in a possible new form of nuclear matter, namely, Bose-gas-like states or condensates. The Hoyle state is considered as the best case for such a state of matter and a testing ground for the models [6, 16, 17]. In this picture, $\alpha$ particles all share the same $s$-orbit and the structure of the state is extended. Since $\alpha$ particles are correlated in such a system the decay is affected, and, due to the increased radius, the Coulomb barrier reduced [18]. The hypothesis is that this can give rise to significant differences in carbon-12 production in stars.

In both the clustered and condensed scenarios, excitations are allowed and in the latter take the form of exciting one of the $\alpha$ particles to a $d$-orbit [19, 20]. Therefore, by observing excitations of the Hoyle state, much information on its underlying structure can be garnered.

**3 Hoyle-state excitations: recent experimental results**

Of the recent experimental results, two approaches aimed at elucidating the first excitation of the Hoyle state point to an $I^\pi = 2^+$ resonance between 9.5 and 10 MeV.

The first mechanism used is that of inelastic excitation using beams of protons and $\alpha$ particles. The main difficulty is the nearby broad $I^\pi = 0^+$ resonance ($\Gamma = 3.0$ MeV) at 10.3 MeV. Measuring at small angles using the K600 high-resolution spectrometer at iThemba LABS, South Africa, has
enabled the 7–12 MeV excitation region to be measured with precision at the first minimum in the angular distribution of the broad $^{\pi}=0^{+}$ state. The results obtained, summarised in the spectra shown in Fig. 4, conclude that a $^{\pi}=2^{+}$ excitation exists at $9.75\pm0.15$ MeV with a width of $\Gamma = 750\pm150$ keV.

In conjunction with the above measurement, since the newly reported state lies close to the known $^{\pi}=3^{-}$ level at 9.641 MeV, it is important that the characteristics of this state are also known with high precision. Following a detailed study of the proton inelastic scattering at 66 MeV using the same set-up at iThemba labs, an $R$-matrix fit to the 9.64 MeV region implies a width of $48\pm2$ keV for the $3^{-}$ level [23], considerably larger than the literature value of $34\pm5$ keV [24].

The second method recently employed to uncover the Hoyle $2^{+}$ excitation used $^{12}$C$(\gamma,\alpha)$ resonance reactions. Gamma-ray energies of 9.1–10.7 MeV were used to observe the angular dependence of various $\gamma$-ray induced $\alpha$-emission cross sections. The results (see Fig. 5) identify a state at $10.03\pm0.11$ MeV with a width $\Gamma = 800\pm130$ keV.

These two distinct measurements produce consistent results within approximately one standard deviation. But what about the higher-lying excitations? Recently, searches for such states have pro-
duced a promising result. Using the two break-up reactions $^{12}\text{C}(^{4}\text{He}, ^{4}\text{He} + ^{4}\text{He} + ^{4}\text{He})^{4}\text{He}$ and $^{9}\text{Be}(^{4}\text{He}, ^{4}\text{He} + ^{4}\text{He} + ^{4}\text{He})n$ at $^{4}\text{He}$ beam energies between 22 and 30 MeV, excited states in $^{12}\text{C}$ that decay via the $^{8}\text{Be}$ ground-state were reconstructed. In both cases a state at 13.3 MeV was observed with angular distributions indicative of a $I^\pi = 4^+$ resonance. A representative spectrum is shown together with the peak shape for the newly observed state in Fig. 6.

![Figure 6](image.png)

**Figure 6.** Spectrum from the $^{9}\text{Be}(^{4}\text{He}, ^{4}\text{He} + ^{4}\text{He} + ^{4}\text{He})n$ reaction at 26 MeV (dots). The fit to the data is given by the blue line and includes a ‘new’ peak at 13.3 MeV as well as the known natural parity states in $^{12}\text{C}$ selected by their decay through the $^{8}\text{Be}$ ground state. The line shape of the 13.3 MeV state is shown by the shaded area. The red solid line corresponds to the polynomial background. Reproduced from [26].

A further experiment performed in the last year at the Birmingham cyclotron, UK, was aimed at firmly establishing the spin of this newly observed $(4^+)$ state. Though angular correlations are still under analysis, an interesting feature is the presence of a previously unobserved state in the spectrum at approximately 22–23 MeV. It appears, after an initial analysis, to be even higher spin [27] and is a strong candidate for some higher-lying rotational excitation.

Various predictions for the structure of the Hoyle state have been made, based upon different theoretical frameworks. These include a three-$\alpha$ linear-chain cluster structure calculated by H. Morinaga [28] using the cluster model; a gas-like state of three $\alpha$ particles (i.e. an oblate-shaped configuration with a slightly increased radius compared to the $^{12}\text{C}$ ground-state), see, for example Ref. [29] and a three-$\alpha$ condensate [6], as discussed earlier.

From the recent experimental results summarised here, the separation between the first excitation ($2^+$) and the Hoyle state is approximately 2.1–2.4 MeV. Using a charge radius of 1.673 fm for the $\alpha$-particle sub-clusters, the consistency of the Hoyle band with various underlying configurations can be gauged. Two such arrangements are depicted in Fig. 7. The first, a linear chain configuration implies a large moment-of-inertia and, therefore, a small energy gap between the first two band members, ~0.8 MeV and is not compatible with the measured energy levels. The second corresponds to a diffuse, oblate arrangement of $\alpha$ particles which has a much lower moment-of-inertia; closer to 2.0 MeV. This latter value reproduces the observed excitation energy difference much more closely and suggests that a loose oblate configuration of $\alpha$ particles forms the basic underlying structure of this special state. However, the question remains as to the exact nature of the structure. Is it a gas-like state or a new state of matter formed of condensed $\alpha$ particles?
4 Ab initio calculations

While current experimental data are insufficient to answer this question, models of the nucleus are now sufficiently advanced that with modern computing power, a nucleus containing twelve nucleons can be calculated from a bare nucleon-nucleon potential. Such so-called ab initio approaches are now able to calculate the Hoyle state directly and predict its structure. Using Effective Field Theory (EFT) on the lattice, Epelbaum and co-workers [31] have been able to do just that and the results suggest a bent-arm configuration, reproduced from their paper in Fig. 8. Furthermore, the lattice calculations are able to predict charge radii and electromagnetic transition rates. These quantities enable future experimental results to be benchmarked against the current state-of-the-art theoretical calculations and the Hoyle-state configuration will be laid bare.

5 Summary

The advent of precision spectroscopy and advances in ab initio theory coupled with increase computing speeds means that the structure of the Hoyle state in $^{12}\text{C}$ is beginning to be uncovered. Recent experimental results have now ruled out some long-standing predictions for its shape (i.e. a linear $\alpha$ chain), distinguishing between an $\alpha$ gas and an $\alpha$-particle condensate require still further precision measurements, e.g. of the Hoyle-state charge radius. The origin of carbon for life excites a curiosity in us that is likely to lead to an answer to the question of the Hoyle-state structure in the very near future.
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