Decoherence in the quantum Ising model with transverse dissipative interaction in the strong coupling regime

H. Weisbrich,1 C. Saussol,1 W. Belzig,1 and G. Rastelli1, 2

1Fachbereich Physik, Universität Konstanz, D-78457 Konstanz, Germany
2Zukunftskolleg, Universität Konstanz, D-78457, Konstanz, Germany

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We study the decoherence dynamics of a quantum Ising lattice of finite size with a transverse dissipative interaction, namely the coupling with the bath is assumed perpendicular to the direction of the spins interaction and parallel to the external transverse magnetic field. In the limit of small transverse field, the eigenstates and spectrum are obtained by a strong coupling expansion, from which we derive the Lindblad equation in the Markovian limit. At temperature lower than the energy gap and for weak dissipation, the decoherence dynamics can be restricted to take only the two degenerate ground states and the first excited subspace into account. The latter is formed by pairs of topological excitations (domain walls or kinks), which are quantum delocalized along the chain due to the small magnetic field. We find that some of these excited states form a relaxation-free subspace, i.e. they do not decay to the ground states. We also discuss the decoherence dynamics for an initial state formed by a quantum superposition of the two degenerate ground states corresponding to the orthogonal classical, ferromagnetic states.

I. INTRODUCTION

The quantum (or transverse) Ising model is a unique paradigm for quantum magnetism and many-body systems [1–6]. It illustrates the quantum criticality in the one-dimensional quantum phase transition at equilibrium [7–10]. Several theoretical studies analyzed the dynamical aspects of the quantum phase transition [11, 12], as the Kibble-Zurek mechanism [13, 14], or the quantum superposition of topological defects, i.e. domain walls or kinks [15].

Quantum Ising model has been experimentally implemented in artificial quantum many body systems, as in neutral atoms in optical lattices [16], trapped ions [17–19] and with arrays of Rydberg atoms [20]. It has also been realized more recently in superconducting qubits [21, 22]. In these realizations, the interaction of the system with the environment cannot be disregarded since the real chain of effective spins always is affected by a certain amount of dissipation such that they have to be considered effectively as open quantum systems [24, 25].

Numerical quantum MonteCarlo simulations were employed to unveil the phase diagram of a dissipative quantum Ising lattice with Ohmic dissipation [26, 27]. Effects of the disorder were analyzed using a renormalization group approach [28]. The phase diagram of a dissipative Ising model was also recently investigated in the framework of the Lindblad equation using a variational approach [29].

Beyond the phase diagram, the study of the relaxation and the decoherence dynamics in the open quantum Ising chain, with a finite number of spins, represents a relevant theoretical issue. This study is important since, generally, the decoherence rate scales with the system size and this property might limit the scalability in quantum computation. Moreover, the interplay between dissipation and internal interactions in quantum many-body systems gives rise to interesting phenomena. For example, interactions lead to a decoherence dynamics which can be characterized by a (slow) algebraic decay [32], in contrast to a (fast) exponential decrease. This time scaling is a consequence of the vanishing of the gap in the spectrum of the Liouville superoperator. In another example, nonlinear interaction between harmonic oscillators can lead to the formation of maximally entangled states which are protected against phase-flip noise [33].

In this perspective, dissipative quantum Ising chains represent a benchtest to understand dissipative many-body systems.

The effects of the dissipation can depend crucially on the operators coupling to the bath. In the works [26, 30], each spin was coupled to the environment through the same spin direction of the spin-spin interaction. However, the dissipative coupling of the 1D Ising chain with the environment can occur even through other directions. For instance, the chain can have a dissipative coupling along the direction of the transverse magnetic field. This form
of dissipative interaction was considered to address the dynamical phase transition [34, 37], and the nonequilibrium state of the chain coupled to two baths at different temperature [35]. Transverse dissipative coupling could also be an asset for quantum optimization since, in this model, quantum diffusion can provide a mechanism of the speed-up [39].

In this work we study the transversal dissipative coupling for a quantum Ising chain in the limit of strong interaction strength among the spins, see Fig. [1].

In section [II] we introduce the model. In section [III] we recall the results for the quantum Ising model in strong coupling regime for a chain of finite size. The many body states are eigenstates of the parity, defined in the direction of the transverse field. The ground state subspace is degenerate and it is spanned by the two classical ferromagnetic states, whereas the first excited subspace is spanned by pairs of domain walls separating two regions of different magnetization. Owing to the finite time transverse magnetic field, the excited states corresponds to the quantum coherent superposition of such classical domain walls; they are delocalized in the chain and have even or odd parity. In section [IV] assuming the Markovian and weak coupling regime with a single bath, we derive the Lindblad equation in terms of the ladder operators associated to the spectrum obtained in the strong coupling regime. The Lindblad equation can be further simplified if the thermal bath has finite but sufficiently low temperature with respect to coupling strength J which sets the excitation energy scales. Then the dynamics can be reduced to the subspace of the ground and first excited states. Since the dissipative interaction preserves the parity, the ladder operators only connect states with the same parity. For instance, for vanishing temperature, we obtain that the system can relax only to two ground states of fixed and opposite parity, corresponding to the symmetric and antysymmetric superposition of the two classical ferromagnetic states. In section [V] we calculate the relaxation rates between the first excited states and the ground states in each parity sector. We found that, in the limits here assumed, some excited states have vanishing relaxation rate. We discuss the properties of such relaxation free subspace by using a mapping into a tight binding model. We summarize our results in the last section [VI].

II. MODEL: SPIN LATTICE WITH TRANSVERSE DISSIPATION

In general, there are different ways to couple a quantum Ising lattice to the environment. A class of dissipative models is described by the following Hamiltonian

\[
\hat{H}_{\alpha,\beta} = B \sum_{n=0}^{N-1} \hat{\sigma}^z_n - J \sum_{n=0}^{N-1} \hat{\sigma}^x_n \hat{\sigma}^x_{n+1} + \delta \hat{B}_b \sum_{n=0}^{N-1} \hat{\sigma}^y_n + \hat{H}_b,
\]

depending on two parameters \(\alpha, \beta = x, z\). A summary of all cases is in given in the Table [I]. Here, \(\hat{\sigma}^{x,z}_n\) are the Pauli matrix for \(\alpha, \beta = x, y, z\) for the nth spin, for instance \([\hat{\sigma}_n^x, \hat{\sigma}_n^y] = 2i\hat{\sigma}_n^z\). The first term in Eq. (1) is the nearest neighbour interaction among the \(N\) spins along the axis \(\alpha\), assumed ferromagnetic \((J > 0)\) to be definite. We assume a ring geometry, namely the periodic boundary condition \(\hat{\sigma}_N = \hat{\sigma}_0\). The second term is the external transversal magnetic field fixed acting on each spin in \(z\) direction. The third term corresponds to the uniform noise operator \(\delta \hat{B}_b\) coupled to the total spin component \(\hat{S}^z = \sum_n \hat{\sigma}^z_n\) of the spin lattice. The last term \(\hat{H}_b\) is the bath Hamiltonian whose form is not necessary to specify to derive the Lindblad equation.

For \(\alpha = \beta = z\), the interaction among the spin and the operator \(\hat{S}^z\) have the same direction of the transverse field. If we assume a Caldeira-Leggett model for the bath, corresponding to an ensemble of independent harmonic oscillators, with \(\delta \hat{B}_b\) equal to the sum of position operators, then the model can be exactly solved and the decoherence dynamics is equivalent to the one of the non-interacting case \(J = 0\) (see appendix [A]). This model was used as a playground to illustrate the pure dephasing or decoherence regime for a single spin [25, 30].

Then the interaction and the coupling to the bath can still have the same direction for \(\alpha = \beta = x\) but they can be both orthogonal to the transverse field. In this situation of parallel dissipation, the phase diagram was explored using quantum Montecarlo simulations [26, 29]. Since the interaction operator and dissipative coupling operate commute, the result in the phase diagram is that the stronger the coupling with the environment is, the larger is the ordered phase region (the ferromagnetic phase), namely the critical ratio for \(J/B\) for the quantum phase transition decreases with the dissipation.

When the interaction among the spins has the same direction of the transverse field \(\alpha = z\) but perpendicular to the noise \(\beta = x\), the system corresponds to a generalized Dicke model whose phase diagram has been analyzed in the framework of the Holstein-Primakoff transformation [41].

Finally, the case \(\alpha = x\) and \(\beta = z\) is the quantum Ising model with transverse dissipation and it has the explicit form

\[
\hat{H}_{xz} = B \sum_{n=0}^{N-1} \hat{\sigma}^z_n - J \sum_{n=0}^{N-1} \hat{\sigma}^x_n \hat{\sigma}^x_{n+1} + \delta \hat{B}_b \sum_{n=0}^{N-1} \hat{\sigma}^y_n + \hat{H}_b.
\]

In this work we analyze the model Eq. (2) which can

| \(B\) | \(\text{Spin inter.}\) | \(\text{Dis. inter.}\) | \(\text{Model}\) |
|-----|-----------------|-----------------|---------|
| \(Z\) | \(Z - Z\) | \(Z\) | exactly solvable (e.g. appendix [A]) |
| \(Z\) | \(X - X\) | \(X\) | parallel dissipation (e.g. [27]) |
| \(Z\) | \(Z - Z\) | \(X\) | generalized Dicke model (e.g. [41]) |
| \(Z\) | \(X - Z\) | \(Z\) | transverse dissip. (e.g. [35] + this work) |

Table I. Summary of the class of dissipative Ising models described by Eq. (1). The transverse magnetic field \(B\) is along the \(z\) axis.
represent, for instance, a chain of coupled qubits with equal, individual frequency of $2B$. Then the interaction with the bath describes a pure dephasing coupling.

III. STRONG COUPLING APPROXIMATION FOR THE SPIN INTERACTION

Before to analyze the effects of the transverse dissipation, we first discuss the quantum Ising model in absence of the coupling with the bath. We focus on the strong coupling regime $J \gg B$. This regime can be also realized starting from the situation $J \ll B$ and using a weak driving for the spins (see appendix [3]).

Starting from the limit $B = 0$, the spectrum of the transverse Ising model assumes a simple form. The ground state subspace is double degenerate and it is spanned by the two ferromagnetic states along the $x$ direction, Fig. 2. The excited subspaces are formed by states corresponding to domain walls separating regions of parallel spins with different direction. For instance, the first excited subspace contains only one pair of domain walls (see Fig. 2). It contains a quantum number of degeneracy $N(N-1)$. In the first excited subspace, we denote the state of two pairs as $|n, m\rangle$ in which the first index refers to the position of the domain wall between $n$ and $n+1$ along the $x$ spin component changes from up to down, whereas the second index refers to the position of the domain wall between $m$ and $m+1$, where the $x$ spin component changes from down to up, see Fig. 2.

Notice that two states of inverted indeces are different $|n, m\rangle \neq |m, n\rangle$.

Restoring the finite value of $B$, in the limit $B \ll J$, one applies the perturbation theory for the degenerate case by diagonalizing the states within each excited subspace with respect to the perturbation operator $\hat{S}_z^z$. This removes the degeneracy within the excited subspaces. If the interaction with the bath (dissipation) is not too strong (see next discussion), we can consider only the first excited subspace composed only by one pair of domain walls, i.e. the states $|n, m\rangle$. Setting the projection operator $\hat{P}_1$ on the first excited subspace, we can write $\hat{S}_1^z = \hat{P}_1 (\sum_{n,m} \sigma_n^z \sigma_m^z) \hat{P}_1$ and the eigenstates of this operator in the first excited subspace are simply given by $\hat{S}_1^z |\Psi\rangle = \varepsilon |\Psi\rangle$, which can be expanded in the basis of $|n, m\rangle$

$$|\Psi\rangle = \sum_{n,m=1}^N \sum_{n,m=1}^{N+n-1} f(n,m) |n, m\rangle$$

with the condition $f(n=m) = 0$. In the second equality [3] we introduced the periodic notation $|n, m\rangle = |n + N, m\rangle = |n, m + N\rangle$. In the first excited subspace, the transverse magnetic field coupling acts similar to the hopping operator of the tight binding model

$$\hat{S}_p^z |n, m\rangle = \sum_{s=-1, +1} |n - s, m\rangle + \sum_{s=-1, +1} |n, m + s\rangle$$

for $|n-m| > 1$ whereas for $|n-m| = 1$ or $|n-m| = N-1$ we have

$$\hat{S}_p^z |n, n+1\rangle = |n, n+2\rangle + |n-1, n+1\rangle$$

$$\hat{S}_p^z |n, n-1\rangle = |n, n-2\rangle + |n+1, n-1\rangle$$

The tight binding Eqs. (4), (5) and (6) are associated to an effective lattice for the states $|n, m\rangle$ whose examples are reported in Fig. (5) for $N = 4$ and $N = 5$. This effective lattice is a closed ribbon with periodic boundary condition only in one direction, as indicated with the dotted lines, and open boundaries in the second direction. In general, the ribbon has the (periodic) perimeter $2N$ and finite size width $N-1$. States with kinks distance of one site, e.g. $|n, n+1\rangle$, are on the borders and they have only two connections as given by Eqs. (5-6). The corresponding Schrödinger equation for the wavefunction $f_{n,m}$ can be solved and the spectrum is described by two quantum numbers $k$ and $q$

$$\varepsilon(k, q) = 4B \cos(\pi k/N) \cos(\pi q/N)$$

with the eigenstates

$$|k, q\rangle = \frac{\sqrt{2}}{N} \sum_{n,m=1}^N \sin \left[ \frac{\pi}{N} k(m-n) \right] e^{i\pi q(m+n)} \xi(n,m) |n, m\rangle$$

with $\xi(n,m) = 1$ for $n < m$ and $\xi(n,m) = e^{i\pi(k+q)}$ for $n > m$ (see appendix [4] for details).
The states $|n, m\rangle$ of the first excited subspace in the limit of $B = 0$ are represented on an effective lattice for the case (a) $N = 4$ and (b) $N = 5$. Restoring finite $B \ll J$, the perturbation operator in this subspace $\hat{S}_z^1$ acts as hopping operator connecting these states according the effective lattice. States on the borders corresponds to states with kinks separation of one. Dotted lines represent periodic boundary conditions.

**IV. DERIVATION OF THE LINDBLAD EQUATION IN THE STRONG COUPLING**

Generally, when the spin lattice interacts with the bath via the total spin component $\hat{S}_z$, an exact solution is not possible. Here we analyze the problem within the Lindblad equation.

Under the assumption of a weak dissipative interaction between the system with the bath, in the Markovian regime (the Born-Markov approximation) and using a rotating wave approximation, the equation of the reduced density matrix $\hat{\rho}$ of a quantum, open systems, in the interacting picture in respect to the bath, reads [25]

$$
\frac{d\hat{\rho}(t)}{dt} = -\sum_{\omega_i} \gamma(\omega_i) \hat{\mathcal{L}}_{\omega_i} [\hat{\rho}(t)],
$$

where we omitted the Lamb-shift renormalization of the spectrum. The function $\gamma(\omega)$ is related to the symmetrized noise of the bath operator $\delta \hat{B}$, namely $\gamma(\omega) = \int_0^\infty dt e^{i\omega t} \langle \{\delta \hat{B}(t), \delta \hat{B}(0)\} \rangle_k$, where the $\delta \hat{B}(t)$ refers to the free evolution and $\langle \ldots \rangle_k$ is the trace on the thermal state of the bath (see also appendix A for the notation). This function describes the processes of emission or absorption of the energy of the bath and it can be written as

$$
\gamma(\omega) = K(\omega) \left[ \theta(\omega) (1 + n_B(\omega)) + \theta(-\omega) n_B(-\omega) \right],
$$

where $K(\omega)$ (defined as even function) is the spectral environmental interaction function [25]. The superoperator $\hat{\mathcal{L}}_{\omega_i}$ acts as

$$
\hat{\mathcal{L}}_{\omega_i}[\hat{X}] = \frac{1}{2} \left( \hat{A}^\dagger(\omega_i) \hat{A}(\omega_i); \hat{X} \right) - \hat{A}(\omega_i) \hat{X} \hat{A}^\dagger(\omega_i)
$$

with $\hat{A}(\omega_i)$ corresponding to the ladder operators

$$
\hat{A}(\omega_i) = \sum_{E_{\alpha}, E_{\beta}} \delta_{\omega_i, E_{\alpha} - E_{\beta}} \hat{\Pi}(E_{\beta}) \hat{S}_z^2 \hat{\Pi}(E_{\alpha}).
$$

Here $E_{\alpha}$ is the energy level spectrum of the system $\hat{H}_s$ and the operator $\hat{\Pi}(E_{\alpha})$ is the projector on the (degenerate) subspace of energy $E_{\alpha}$. Compared to the case of the individual coherent systems [25], here the spectrum corresponds the many-body states of the quantum Ising lattice. We remark that our approach is different from other theoretical Lindblad models in which the ladder operators are expressed in term of single spin operators.

The ladder operators connect the eigenstates of the spectrum formed by the ground states and the excited subspaces. In the limit of small transverse magnetic field, the energy spacing is given by the coupling strength $J$ (see Fig. 2). To further proceed, we assume that the symmetrized noise decreases with the energy spacing, such as $\gamma(4J(n + 1)) \ll \gamma(4Jn)$, and we can restrict the Lindblad equation to the two ground states and the first excited subspace whose spectrum reads $E(k, q) = E_{GS} + 4J + \varepsilon(k, q)$.

We first discuss the action of the ladder operators within each energy subspace. The projectors on the ground state subspace, with $\omega_i = 0$, has zero matrix element in Eq. (12) since $\hat{S}_z$ flips always one spin of the lattice. The projectors on the first excited subspace in Eq. (12) which has energy spacing $|\omega_i| = \varepsilon(k, q) - \varepsilon(k', q')$, a priori, give a finite contribution only for $\omega_i = 0$ ($\varepsilon(k, q) = \varepsilon(k', q')$) since the first excited subspace is formed by the eigenstates of the operator $\hat{S}_z^1$ with $\hat{S}_z^1 \equiv \hat{S}_z$ and we obtain

$$
\hat{A}(\omega_i = 0) = \hat{A}_0 = \hat{A}_0^\dagger = \sum_{k, q} \frac{\varepsilon(k, q)}{B} |k, q\rangle \langle k, q|
$$

Second, we have to discuss the ladder operators Eq. (12) connecting the ground states with the first excited subspace which are characterized a priori by energy spacing $|\omega_i| = 4J + \varepsilon(k, q) \approx 4J$. However, since $\hat{S}_z^2$ can flip at most one spin, one can create only domain walls of distance one by applying $\hat{S}_z^2$ to one of the two ferromagnetic ground state states (Fig. 3), i.e. $\hat{S}_z^2$ has non zero matrix element between the ground states and $|n, m\rangle$ with $|n - m| = 1$ or $|n - m| = N$. In the effective tight-binding lattice representation (Fig. 3), these states are located on the borders. This condition sets the following matrix element rule: only the states $|k, q\rangle$ with quantum number $q = N$ have non-vanishing matrix element of the operator $\hat{S}_z$ with the ground state. Setting

$$
E_k = 4J + \varepsilon(k, N),
$$

we denote the ladder operators

$$
\hat{A}(\omega_i = E_k) \equiv \hat{A}_{k, s}, \hat{A}(\omega_i = -E_k) = \hat{A}_{k, s}^\dagger.
$$

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**Figure 3.** The states $|n, m\rangle$ of the first excited subspace in the limit of $B = 0$ are represented on an effective lattice for the case (a) $N = 4$ and (b) $N = 5$. Restoring finite $B \ll J$, the perturbation operator in this subspace $\hat{S}_z^1$ acts as hopping operator connecting these states according the effective lattice. States on the borders corresponds to states with kinks separation of one. Dotted lines represent periodic boundary conditions.
Notice that a global sign of the operator $\hat{A}_{k,s}$ is irrelevant. The explicit form of the operator $\hat{A}_{k,s}$ is given by

$$\hat{A}_{k,s} = 2 \sin \left( \frac{\pi k}{N} \right) \delta_{ss_k} s_k |k, N\rangle,$$  \hspace{1cm} (16)

where $s = \pm$ and $s_k = \exp[i\pi(k + N + 1)]$. The state $|s = +\rangle$ and $|s = -\rangle$ are the two ground states corresponding to the symmetric and anti-symmetric linear combination of the two ferromagnetic ground states $|u\rangle$ and $|d\rangle$

$$|\pm\rangle = \frac{1}{\sqrt{2}} \left( |u\rangle \pm |d\rangle \right).$$ \hspace{1cm} (17)

The results Eq. (16) and Eq. (17) have a simple physical explanation. The states $|\pm\rangle$ correspond to the two ground states which are also eigenstates of the parity operator defined as

$$\mathcal{P} = \prod_n \hat{\sigma}_n^z.$$ \hspace{1cm} (18)

The states $|k, N\rangle$ are also eigenstates of the parity operator and the Lindblad operator Eq. (16) connects states with equal parity. For instance, for $N$ odd, the state $|+\rangle = |u\rangle + |d\rangle$ is connected only with the states of $k$ even whereas the state $|+\rangle = |u\rangle - |d\rangle$ is connected with the state of $k$ odd, namely the phase factor $e^{i\pi(k+N+1)} = \pm 1$. The situation is inverted for a lattice of even length $N$.

Finally, collecting the previous results Eq. (13) and Eq. (16), we obtain the expression for the Lindblad equation for the quantum Ising lattice in the strong coupling regime and with transverse dissipation in the limit in which higher energy subspaces are neglected

$$\frac{d\rho}{dt} \simeq -\gamma(0) \left[ \frac{1}{2} \left( \hat{A}_0^2 \hat{\rho} + \hat{\rho} \hat{A}_0^2 \right) - \hat{A}_0 \hat{\rho} \hat{A}_0^\dagger \right] - \gamma(4J) \sum_k \left[ \frac{1}{2} \left( \hat{A}_k \hat{A}_k^\dagger \hat{\rho} + \hat{\rho} \hat{A}_k^\dagger \hat{A}_k \right) - \hat{A}_k \hat{\rho} \hat{A}_k^\dagger \right] - \gamma(-4J) \sum_k \left[ \frac{1}{2} \left( \hat{A}_k^\dagger \hat{A}_k \hat{\rho} + \hat{\rho} \hat{A}_k \hat{A}_k^\dagger \right) - \hat{A}_k^\dagger \hat{\rho} \hat{A}_k \right],$$ \hspace{1cm} (19)

in which we have omitted the index $s$ referring to each parity subspace.

V. DISCUSSION AND RESULTS OF THE LINDBLAD EQUATION

The Lindblad Eq. (19) governs the quantum dissipative dynamics of the system. For the rest, it is worthy to distinguish between the three different sets: (i) $\mathcal{E}_q$ the two ground states ($|\pm\rangle$), (ii) $\mathcal{E}_N$ the states in the first excited subspace with quantum number $q = N$ (with $k$ even or odd), and (iii) $\mathcal{E}_q$ the states in the first excited subspace with quantum number $q \neq N$ (see Fig. 4). Using these sets of states, it is possible to show that the Lindblad Eq. (19) takes a simple form. First, the off-diagonal element of the density matrix are completely decoupled from the diagonal elements and they satisfy a close equation, i.e. $\rho_{\lambda,\lambda'} = -(1/\tau_{\lambda,\lambda'})\rho_{\lambda,\lambda'}$ for two arbitrary different states $\lambda \neq \lambda'$. Second, the diagonal elements of the density matrix, or populations, of the ground state space $\mathcal{E}_q$ and the excited subspace $\mathcal{E}_N$ are the only ones which are coupled whereas the populations of the subspace $\mathcal{E}_q$ are decoupled from them (see Fig. 4).

A. Populations for the $\mathcal{E}_q$ and $\mathcal{E}_N$ states

More precisely, we have a set of equations in each parity sector. Hereafter, to be definite, we set $N$ odd. Setting $P_+ = \rho_{++}$, and $P_k = \rho_{kk}$ for the populations of the states $\mathcal{E}_k$ with $k = k_e$ even, we have

$$\frac{dP_+}{dt} = \sum_{k_e} -4 \sin^2 \left( \frac{\pi}{N} k_e \right) \left[ \gamma(4J) P_+ - \gamma(-4J) P_{k_e} \right],$$ \hspace{1cm} (20)

and similar equations for the population $P_- = \rho_{-\pm}$, and $P_k = \rho_{kk}$ for the populations of the states $\mathcal{E}_k$ with $k = k_o$ odd.

As mentioned before the conserved quantity is the parity, thus the sums of the populations at time $t = 0$ in the even sector $P_e = P_+ + \sum_{k_e} P_{k_e}$ and in the odd sector $P_o = P_- + \sum_{k_o} P_{k_o}$ are invariant during the decay. By using the detailed balance relation $\gamma(-E)/\gamma(E) = e^{-\beta E}$, the steady state solutions of the coupled equations Eq. (20)
and Eq. (21) read

\[ P_+ = P_0 \frac{1}{1 + N_e e^{-4\beta J}} \]  
\[ P_{k_n} = P_0 \frac{e^{-4\beta J}}{1 + N_e e^{-4\beta J}} \]

with \( N_e \) the number of the even \( k \) states in \( \mathcal{E}_k \). Similar expressions hold for the odd sector, \( P_- \) and \( P_{k_o} \) with the constant \( P_0 \) and number \( N_o \).

The exponential relaxation associated to the coupled equations Eq. (20) and Eq. (21) is determined by the characteristic relaxation time. As example, we discuss the low temperature limit and set \( k_B T \ll 4J \) such that \( \gamma(-4J) \simeq 0 \) exponentially. For the even sector we have the following exponential decays

\[ P_+(t) = \sum_{k_n} P_{k_n}(0) \left( 1 - e^{-t/\tau_{k_n}} \right) \]  
\[ P_{k_n}(t) = P_{k_n}(0) e^{-t/\tau_{k_n}} \]

and similar expressions for the odd sector, for \( P_-(t) \) and \( P_{k_o}(t) \). The relaxation times are given by

\[ \frac{1}{\tau(k)} = 4K(4J) \sin^2 \left( \frac{\pi}{N} k \right), \]

and the states with \( k \approx N/2 \) are more rapidly decaying as the states with \( k \) close to \( N - 1 \) or to 1. In particular, the lowest relaxation rates scales as \( \tau_e^{-1} \sim (\pi k/N)^2 \) and it is strongly reduced in the limit \( N \gg 1 \) and \( k \ll N \).

B. Relaxation-free subspace \( q \neq N \)

As mentioned before, the diagonal elements of the density matrix for the states \( |k,q\rangle \) with \( q \neq N \) are decoupled from the population for the ground states and the states with \( q = N \). This implies that, within the limit here discussed, these states do not relax to the ground state. Notice that decoherence among these states is still possible and eventually, the density matrix will converge to a statistical mixture of these states \( |k,q\rangle \neq N \).

Considering the Eq. (8), one can observe that the index \( q \) plays the role of the wavevector associated to the center of mass of the kink pair \( \sim n + m \) whereas \( k \) plays the role of the wavevector related to the internal distance \( \sim n - m \) (see appendix C for details). In this way we can interpret the states \( q = N \) as coherent superposition of different bound states of kinks of different distance and with vanishing total momentum. More precisely the condition for decoupling from the relaxation with the ground states is given by

\[ \langle k, q | \hat{S}^z | u \rangle = \langle k, q | \hat{S}^z | d \rangle = 0. \]  

The condition Eq. (27) is equivalent to the condition that the sum of the amplitudes corresponding to the states of distance one as \( |n, n+1\rangle \) (the states on one boundary in the tight binding lattice, see Fig. 3) and \( |n, n-1\rangle \) (the states on the opposite boundary in the tight binding lattice, see Fig. 3) has to vanish. Illustrating examples are reported in Fig. 4. For instance, the state \( |k = 2, q = 3\rangle \) is not coupled to the ground state subspace and its wavefunction has an antisymmetric behaviour on the boundaries of the lattice. Another example is the state \( |k = 2, q = N\rangle \) which is coupled to the ground state \( |-\rangle \) since its coefficients on the two boundaries have different sign, whereas the state \( |k = 1, q = N\rangle \) (b) is coupled to the ground state \( |+\rangle \) since its coefficients on the two boundaries have the same sign.

VI. SUMMARY

To summarize, we studied a quantum Ising lattice dissipatively coupled to a single bath which describes the quantum fluctuations of the transverse magnetic field. In the limit of strong coupling among the spins, we discussed the excitations of the first excited subspace corresponding to coherent quantum superposition of the classical states formed by pairs of domain walls that divides regions of different ferromagnetic ordering. Using Born-Markov approximation, we derived an effective Lindblad equation with the ladder operators associated to the transition between the many-body states of the lattice, i.e. the ground states and the excitations of quantum kinks. The parity symmetry of the quantum Ising model, defined with
respekt to the axis of the transverse field, is still conserved in presence of transverse dissipation. This implies
that, in the Lindblad equation, the two sectors of different parity are decoupled and the excited states can relax
only to the ground state of equal parity. We also found that, in the limits here assumed, different states excita-
tions can not relax to the ground state and they form a relaxation-free subspace. These states are characterized
by a quantum number q ≠ N and they can be interpreted as the states with vanishing total amplitude on the bor-
ders of an effective tight binding lattice formed by the single pair kink at different places |n, m⟩. A such result
motivates future extensions of our analysis to decorated lattices with more complex interaction beyond the Ising
model.

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Appendix A: Exactly solvable case

The model Hamiltonian Eq. [1] for a dissipative spin chain with α = β = z reads

\[ \hat{H}_{zz} = \hat{H}_s + \hat{H}_I + \hat{H}_b, \]

where we set

\[ \hat{H}_s = \sum_n (B - J \hat{\sigma}_n^z) \hat{\sigma}_n^z, \]

\[ \hat{H}_I = \delta \hat{B}_b \hat{\Sigma}^z, \]

with \( \hat{\Sigma}^z = \sum_n \hat{\sigma}_n^z, \) can be solved exactly for arbitrary boundary conditions, namely a ring or an open chain. Following the Caldeira-Leggett approach, we assume the bath as a sum of independent harmonic oscillators \( \hat{H}_b = \sum_\lambda \hbar \omega_\lambda \hat{b}_\lambda^\dagger \hat{b}_\lambda, \) with \( \hat{b}_\lambda^\dagger + \hat{b}_\lambda \) and the bosonic operator (creation and annihilation) \( \hat{b}_\lambda^\dagger \) and \( \hat{b}_\lambda. \) Assuming the free evolution of this operator \( \hat{\sigma}_\lambda(t) = e^{i \hat{H}_b t} \hat{\sigma}_\lambda e^{-i \hat{H}_b t}, \) the commutator at different times for \( \delta \hat{B}_b \) (the response function) simplifies to

\[ \left[ \delta \hat{B}_b(t_1), \delta \hat{B}_b(t_2) \right] = -2i \int_0^\infty d\omega \omega K(\omega) \sin [\omega(t_1 - t_2)], \]

where we introduced the environmental spectral density \( K(\omega) = \sum_\lambda \alpha_\lambda^2 \delta(\omega - \omega_\lambda). \) In similar way, the average at thermal equilibrium of the anticommutator at different times for \( \delta \hat{B}_b \) (the symmetrized noise) reads

\[ \langle \left\{ \delta \hat{B}_b(t_1), \delta \hat{B}_b(t_2) \right\} \rangle_b = \int_0^\infty d\omega K(\omega) \coth \left( \frac{\omega}{2} \right) \cos [\omega(t_1 - t_2)]. \]

with average over the thermal state of the bath \( \langle \ldots \rangle_b = \text{Tr}_b[e^{-\beta \hat{H}_b}] / \text{Tr}_b[e^{-\beta \hat{H}_b}], \) and \( \beta = \hbar/(k_B T) \). For the following calculations, it is useful to introduce the two functions

\[ \phi(t) = -i \int_0^t dt_1 \int_0^{t_1} dt_2 \left[ \delta \hat{B}_b(t_1), \delta \hat{B}_b(t_2) \right], \]

\[ \zeta(t) = \int_0^t dt_1 \int_0^{t_1} dt_2 \left\{ \left[ \delta \hat{B}_b(t_1), \delta \hat{B}_b(t_2) \right] \right\}_b. \]

In the interaction picture \( \hat{H}_I(t) = e^{i(\hat{H}_s + \hat{H}_b)t} \hat{H}_I e^{-i(\hat{H}_s + \hat{H}_b)t}, \) the unitary time evolution operator \( \hat{U}_I(t) = \hat{T} e^{-i \hat{J} \int_0^t dt \hat{H}_I(t)} \) (\( \hat{T} \) time ordering operator) can be calculated exactly

\[ \hat{U}_I(t) = e^{-\frac{i}{2} \hat{\Sigma}^z \phi(t)} e^{-i \hat{\Sigma}^z \int_0^t dt \delta \hat{B}_b(t)}. \]

In this way, we can calculate the reduced density matrix of the system \( \hat{H}_s \)

\[ \rho_s(t) = \text{Tr}_b \left( \hat{U}_I(t) \rho_{S}(0) \rho_b \hat{U}_I^\dagger(t) \right) \]

in which \( \rho_s(0) \) the initial state of the system and \( \rho_b \) the thermal state of the bath. For the eigenstates of the spin lattice we use the notation \( \{ s \} = |s_1, \ldots, s_n, \ldots \rangle \) with \( s_n = \pm 1 \) for the spin component up or down in the \( z \) direction, and the energies \( E_s = \sum_n (B - J s_n) s_n \) and total \( z \) component \( \hat{S}_z \langle \{ s \} \rangle = \langle \sum_n s_n \rangle | \{ s \} \rangle. \) After some algebra, similar to the case of non-interacting spins \[25\], the arbitrary matrix element of the reduced density matrix \( \rho_{ss'}(t) = \langle \{ s \} | \rho_s(t) | \{ s' \} \rangle \) can be written as

\[ | \rho_{ss'}(t) | = | \rho_{ss'}(0) | e^{- \left( \sum_n s_n - \sum_n s'_n \right)^2 \zeta(t)}. \]

The last result is exactly the same for the case \( J = 0 \) \[25\].

Appendix B: Driven spin lattice in Rotating Wave Approximation

A weak external driving of the spins can be a possible way to reach the strong coupling regime discussed in the main text

\[ \hat{H}_s(t) = \sum_n \left( B \hat{\sigma}_n^z - J \hat{\sigma}_{n+1}^z \hat{\sigma}_n^z \right) + \sum_n F_n \left( \hat{\sigma}_n^z e^{i \omega dt} + h.c. \right). \]

Transforming into the rotating frame with \( \hat{U}_d = e^{-\frac{i}{2} \hat{\Sigma}^z \frac{\omega dt}{2} \hat{\Sigma}^z} \) and using the Rotating Wave Approximation (RWA), we obtain

\[ \hat{U}_d \hat{\sigma}_n^z \hat{\sigma}_{n+1}^z \hat{U}_d^\dagger \simeq \left( \hat{\sigma}_n^x \hat{\sigma}_{n+1}^z + \hat{\sigma}_n^z \hat{\sigma}_{n+1}^y \right) / 2 \]

in which we neglect fast oscillating terms. The transformed Hamiltonian in the rotating frame \( \hat{H}' = \)
\( \hat{U}_d \hat{H}_d \hat{U}_d^\dagger - i \hbar \hat{U}_d \partial \hat{U}_d^\dagger / \partial t \) in the RWA reads

\[
\hat{H}_R \simeq (B - \hbar \omega_d) \sum_n \sigma_n^z - J \sum_n (\hat{\sigma}_n^x \hat{\sigma}_{n+1}^x + \hat{\sigma}_n^y \hat{\sigma}_{n+1}^y) / 2.
\]

For weak driving \( |F_n| \ll |B - \hbar \omega_d| \) the term \( \sum_n F_n \sigma_n^x \) can be neglected. By a rotation of angle \( \pi/4 \) in the xy-plane, one recovers

\[
J \sum_n (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y) / 2 = J \sum_n (\sigma_n^x \sigma_{n+1}^x)^{\prime} / \sqrt{2}.
\]

The Eq. (B4) describes a quantum Ising Hamiltonian with the effective magnetic field \( B' = B - \hbar \omega_d \). By varying \( \omega_d \), one can reach the strong coupling regime \( |B - \hbar \omega_d| \ll J \).

**Appendix C: Solution for the eigenstates of the first excited subspace - quantum delocalized kinks**

From the tight binding Eqs. (4.56) we obtain the following set of equations:

\[
B \left[ f_{n+1,m} + f_{n-1,m} + f_{n,m+1} + f_{n,m-1} \right] = \varepsilon f_{n,m},
\]

for \( |n - m| > 1 \) whereas we have

\[
B \left[ f_{n+1,m} + f_{n,m-1} \right] = \varepsilon f_{n,m} \text{ for } n = m + 1,
\]

\[
B \left[ f_{n-1,m} + f_{n,m+1} \right] = \varepsilon f_{n,m} \text{ for } n = m - 1.
\]

Notice that the Eqs. (C2), (C3) are automatically included in Eq. (C1) within the condition \( f_{n,m} = 0 \). We represent this set of equations in terms of a tight-binding model in which the lattice sites are associated to the eigenstates \( |n,m\rangle \) for a pair of kinks and the lines between two sites represent the connection (hopping) between two states due to the operator \( \hat{S}^z \) (see examples in Fig. 3). It is convenient to define the directions

\[
x = \begin{cases} n + m & \text{for } n < m \\ n + m \pm N & \text{for } n > m \end{cases}
\]

\[
y = \begin{cases} m - n & \text{for } n < m \\ m - n + N & \text{for } n > m \end{cases}
\]

such that the tight binding equation remains invariant

\[
B \left( f_{x+1,y+1} + f_{x+1,y-1} + f_{x-1,y-1} + f_{x-1,y+1} \right) = \varepsilon f_{x,y},
\]

with \( f_{x,y} = 0 \). Then the boundary conditions in the \( x \) direction are periodic whereas we have open boundary conditions in the \( y \) direction

\[
f_{x+2N,y} = f_{x,y}, \quad f_{x,N} = f_{x,0} = 0.
\]

The latter equations suggest the ansatz

\[
f_{k,q} = \sin \left( \frac{\pi}{N} k \right) e^{i \frac{\pi}{N} q} ,
\]

for \( k = 1, \ldots, N - 1 \) and \( q = 1, \ldots, N \), which yields the spectrum

\[
\varepsilon(k,q) = \cos \left( \frac{\pi}{N} (k - q) \right) + \cos \left( \frac{\pi}{N} (k + q) \right).
\]

However the two coordinates \( x \) and \( y \) can be written simply as the centre of mass and the relative distance of the two kinks function \( (x \sim n + m \text{ and } y \sim n - m) \) only for \( n < m \) and one needs to consider the extra factor \( N \) for \( n > m \) as explained in Eq. (C4) and Eq. (C5). Taking into account this difference, the exact form for the eigenstates reads

\[
f_{k,q} \sim \sin \left( \frac{\pi}{N} k \right) e^{i \frac{\pi}{N} (n+m)} \text{ for } n < m \quad (C10)
\]

\[
f_{k,q} \sim \sin \left( \frac{\pi}{N} k \right) e^{i \frac{\pi}{N} (n+m\pm N)} \sim \sin \left( \frac{\pi}{N} k \right) e^{i \frac{\pi}{N} (n+m)} e^{i \pi (k+q)} \text{ for } n > m ,
\]

that corresponds to the (unnormalized) result reported in the main text, Eq. (8).

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