Status of Fish Farming in Makueni County, Kenya

Maina, J. G.1, Wesonga, P. S.2*, Mukoya-Wangia, S.3, Njoka, J. T.4

1Department of Animal Production, College of Agriculture and Veterinary Sciences, University of Nairobi, Kenya
2Department of Land Resource Management and Agricultural Technology, College of Agriculture and Veterinary Sciences, University of Nairobi, Kenya
3Department of Agricultural Economics, College of Agriculture and Veterinary Sciences, University of Nairobi, Kenya
4African Drylands Institute of Sustainability, College of Agriculture and Veterinary Sciences, University of Nairobi, Kenya

Abstract
This study assessed the status of fish farming in Makueni County, Kenya in 2015 (three years after expiry of Economic Stimulus Programme (ESP)). The study sampled 146 fish farmers. Based on the study results, Makueni has a vibrant fish farming activities along rivers Athi, Makindu and Kiboko with 46.6% active fish farmers. Females consisted 43.2 of fish farmers, a good indication in alleviating poverty and food insecurity. Ninety four percent of farmers practice tilapia (Oreochromis niloticus) monoculture on a semi intensive system. A situational analysis using Strengths, Weakness, Opportunities, Threats (SWOT) identified: Main strengths were catfish (Clarias gariepinus) potential as first choice of fish production, excellent extension-farmer contact links, and private hatchery development. Opportunities that can be promoted include public-private collaboration in infrastructure development, extension, wildlife conflict and research among others. The study recommended that Fish farmers, County officials and National policy makers concentrate on identified SWOT in order to collaboratively develop a sustainable fish-farming sector. Secondly, County government should identify serious fish farmers and increase its collaboration programs that promote suitable pond selection sites, quality affordable feeds, postharvest refrigerated cooling systems and hatchery development. Academic significance of the study is that fish farming can be sustainable practiced in Arid and Semi-arid Lands (ASALs) if there is a collaborative efforts between farmers and the public sector.

Keywords ASALS, Catfish, ESP, Food Insecurity, Poverty, Tilapia

1. Introduction
The Kenya national government under its Vision 2030 between 2009 and 2012 [1] identified fish farming as an alternative livelihood strategy for communities in Arid and Semi-Arid Lands (ASALs). Aquaculture is a recent enterprise in Makueni County encouraged by the government beginning in the 1990s and reinforced during the 2009-2012 Economic Stimulus Programme (ESP) as documented by Makueni County Fisheries Department (MCFD)[2]. The ESP to promote fish farming in Makueni was implemented in 2009-2012 under the leadership/stewardship of the Fishery department. Prior to 2009 it is estimated that Makueni had less than 100 fish farmers [3]. These farmers had smaller ponds in their homestead and along the permanent river basins. The key farming enterprises in Kibwezi were horticulture, livestock, poultry, sand/quarry mining and subsistence farming of cereal crops like maize and beans [4].

The main types of fish farmed are tilapia (Oreochromis niloticus and catfish(Clarias gariepinus) under a semi intensive system [5]. Makueni county has six constituencies and four of them were assigned a quote of 300 each with the rest 100 a piece [6]. Kibwezi had 316 registered fish farmers in the Fisheries record [7]. Global Position System measurements showed that the fish ponds were located between 697.3 and 1222.7 Metres above sea level [8]. Kenya’s annual aquaculture production exceeded 12,000 Metric tonnes (Mt) in 2010 [4b]. The former Ministry of Fisheries Development (MOFD) classified the 12,153Mt of harvested farmed fish into: Nile tilapia 9,115Mt, African catfish 2,118Mt and carp 729Mt. These were harvested from 23,478 ESP ponds and 8,399 Non ESP ponds [9]. By 2013, according to the Kenya National Bureau on the Statistics, Kenya’s total fish production was 152,711, tonnes of which 23,501 tonnes came from aquaculture [10] as a result of adopters of the concluded ESP in 2012.

2. Materials methods

2.1. Study Area
The study area was Kibwezi that now consists of Kibwezi East and Kibwezi West (Makindu) Sub-Counties of Makueni as shown in Figure 1.
The study area was chosen by researcher because of two reasons; first, Kibwezi has highest concentration of fish farmers in Makueni County. Secondly, there was need to gain knowledge that can be used to enhances fish farming in ASALs of Kenya.

2.2. Research Design/Sampling Framework

There are two prototypes of conducting research: phenomenological and positivist approach as defined by Cooper [11]. A phenomenological approach uses certain universal patterns to settle on a conclusion while positive approach involves use of quantitative analysis to derive conclusions. A positive approach was used to arrive at conclusions that dealt with quantitative data while a phenomenological approach was used to make conclusion on qualitative questions encountered in this study.

To establish status of fish farming, the Researcher visited with County Agricultural, livestock and Fishery Department [12] official in both Wote and Kibwezi. These officials supplied Researcher with secondary data on registered fish farmers and related support programs. The records showed that a total of 1225 fish farmers were registered in Makueni County, of which 316 were in Kibwezi. An initial survey was done that mapped out the county to establish status of fish farming. This involved purposive sampling of Key Informants (KI) that were interviewed or participated in focus group discussions (FGD). Other primary data came from field survey of 146 sampled fish farmers

2.3. Data Collection

Gathering of primary data sources relied on quantitative methods and use of questionnaires or guide. Key Informant questionnaire and FGD guide were reviewed by an aquaculture and Extension Specialists (August, 2014), while that of fish farmers was pre-tested on 10 randomly selected fish farmers in Busia County (January 2015). Amendments were made on the questionnaires as per above stakeholders’ suggestions and comments. These questionnaires were then printed and used in field. Data was collected in two phases a preliminary inquiry (September 9- 12,2014) followed by a fish farmers survey in Kibwezi (February and March, 2015).To establish a start point and we used both secondary data at close of August 31, 2014 and primary data from Key Informants (KIs) as noted below. Using purposive sampling, 18 key informants were interviewed and two focus group discussions done. Key Informant questionnaire (Appendix 1) was used to interview Key informants and FGD guide (appendix 2) to facilitate discussion. Focus group discussions were divided into two groups: County agriculture officials and selected Kibwezi fish farmers. The county agricultural officials FGD was done at Wote on September 11, 2014, while that of selected Kibwezi fish
Farmers was done at Makindu on September 12, 2014. Socio-economic, management practices and marketing information were derived from fish farmers’ questionnaire done between February and March, 2015.

2.4. Data Analysis

The collected data were entered into a spreadsheet and analyzed using Statistical Package for Social Science (SPSS 22). The data were then subjected to a descriptive statistical analysis. Information on fish farmers’ social and economic status was summarized in terms of central tendencies, frequency table and cross tabulations.

A situational analysis of fish farming was done using Strengths, Weaknesses, Opportunities and Threats (SWOT) to determine way forward. SWOT assessed fish farmers challenges vies government contribution to fish farming as an alternative likelihood strategy in ASALs.

3. Results and Discussion

3.1. Overview of Fish Farming

Based on the Key Informants interview with the County fishery official in September, 2014, the registered fish farmers were 1300 during the ESP subsidized period 2009-2012. Out of 1300 farmers, 1225 started fish farming through ESP incentives spread between 2009 and 2012. It can be concluded that 75 fish farmers had been in fish farming prior to the introduction of Fish Farming Enterprise and Production Programme. After the subsidy period, the current county fish farming position includes 23 public dams stocked by the Fisheries Department and 850 fish farmers [13]. Most of those fish farmers are concentrated in Kibwezi, which has 192. Most of the fish ponds constructed in Kibwezi are constructed using earth as in Table 1 mainly along the river banks of Athi, Makindu and Kibwezi; Liner and concrete ponds mainly at institutions and farmers’ home; large earth dams in Mbooni and Sand dams [13].

A majority 58.9 % of the fish ponds were earthen as in Table 1 which is consistent with other studies finding by Munguti et al. [14], Mucai et al. [15] and Ngugi et al. [16]. Earthen ponds are favored option by farmers in Africa because of its affordability in construction as compared to Concrete and liner ponds.

| Variable          | Category | Frequency (n=146) | Percent |
|-------------------|----------|-------------------|---------|
| Type of pond used | Earth    | 86                | 58.9    |
|                   | Liner    | 50                | 34.2    |
|                   | Concrete | 10                | 6.8     |
|                   | Total    | 146               | 100     |

Source: Authors, (2015)

From Table 2 it is observed that only 2.1 % of the fish ponds had been built before 2009, however with the ESP promotion the number shot up by 93.1 percent. However this increase has not translated into more farmers converting into fish farming as it can be noted from the same Table that by 2015 only 46.6 % of farmers were actively engaged in fish farming. Over 47.9 % had abandoned their fishpond. These findings are consistent with those of Howard [17] who observed that 41 percent of fishponds in Kisii were abandoned.

| Year pond built | Frequency | Percent |
|-----------------|-----------|---------|
| Before 2009     | 3         | 2.1     |
| 2009-2012       | 136       | 93.1    |
| After 2012      | 7         | 4.8     |
| Total           | 146       | 100     |
| Fish Farmer status |         |         |
| Inactive        | 10        | 5.7     |
| Abundant        | 70        | 47.9    |
| Total           | 146       | 100     |

Source: Authors, (2015)

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| Source          | Frequency | Percent |
|-----------------|-----------|---------|
| Local           |           | 34.3    |
| Out of county   |           | 52.1    |
| Others          |           | 13.7    |
| Total           |           | 100     |

Source: Authors, (2015)

Fish fingerlings was sourced from local private hatcheries 34.3 % that specialized in catfish and tilapia, while 52.1% of the farmers bought their fingerlings from Machakos, Kitui, Sagana, Kibos, and Nairobi see Table 3. This made fingerling less accessibility and costly to farmers. This agrees with Adewuyi et al. [18] study in Nigeria who found that it not securing fingerlings locally increased the cost of their procurement.

| Fingerling Category | n=146 | Percent |
|---------------------|-------|---------|
| Local               |       | 34.3    |
| Out of county       |       | 52.1    |
| Others              |       | 13.7    |
| Total               |       | 100     |

Source: Authors, (2015)

The findings in Table 2 show that 71 percent of fish farmers are within the age bracket of 30-59 years. These findings collaborate studies done by Okechi [19], and Maina et al. [20] in Kenya; Olowoegun et al.[21], Olaoye et al. [22]
and Osondu [23] in studies done in Nigeria that found a positive correlation between age and adoption of fish farming technologies for farmers below 50 years. Fish farming requires a lot of hard work and financial resources to cover the variable costs (feeds, Labour etc.). The youthful age provides the manpower of operating a fishpond while mid age farmers have the financial resources saved from their primary likelihood that could be invested into fish farming.

### Table 4. Socio-Economic Factors

| Variable                  | Category in Years | Percentage |
|---------------------------|-------------------|------------|
| Age n=146                 | 18-19             | 2.7        |
|                           | 20-29             | 13         |
|                           | 30-39             | 24.7       |
|                           | 40-49             | 26         |
|                           | 50-59             | 24         |
|                           | Over 60           | 9.6        |
| Gender n=146              | Male              | 58.9       |
|                           | Female            | 41.1       |
| Marital Status n=146      | Married           | 80.8       |
|                           | Single            | 13.0       |
|                           | Other             | 6.2        |
| Education Level n=146     | Primary           | 30.2       |
|                           | Post primary vocation | 8.2  |
|                           | Secondary/A-Level | 30.1       |
|                           | Tertiary College  | 21.1       |
|                           | University        | 10.3       |
| Main livelihood n=146     | Subsistence farmer| 7.6        |
|                           | Employ-salary     | 36.2       |
|                           | Business          | 34.8       |
|                           | Informal employment| 16.3   |
|                           | Other             | 5.1        |

Source: Authors (2015)

Females represented 41 percent of fish farmers in the study area. These results are inconsistent with most studies that show fish farming to be predominantly male. In Adewuyi et al. [24] study in Ogun State of Nigeria where 87.7 % were male vis 12.3 % female. Other studies done in Kenya by FAO[23] in Western Kenya and Njagi et al. [25] in Meru, Kenya that found males were disproportionately represented as fishpond owners. In Ghana, Asmah [26] found out that only 5 % of fishponds were owned by female against 95% owned by males. The high representation of women fish farmers in Kibwezi mirrors findings by Mutambuki et al. [27] where 31 percent of fish farmers were female in a study done in Kitui, an area with almost similar socio-economic and ecological characteristics. The Kibwezi study is a significant contribution to aquaculture because it points to an area that could be used as a model of promoting gender parity in fish farming in ASALs. Secondly, when ownership of key protein sources is by a mother, there is a high probability that household members will be fed appropriately.

Over 58.4 percent of fish farmer had attained at least secondary level as shown in Table 4. These educational levels are consistent with studies done in Western Kenya by FAO [28] where farmers with over 12 years of education had a positive influence on fish farming. In Kibwezi more years of education should increase the adoption rate of fish farming.

These results contrast with studies done by Asmah [25] in Ghana and Njagi et al. [27] in Meru, Kenya that found 44 and 56 percent of fish farmers respectively had only primary education.. In Ghana, fish farmers had been fish rearing for ten years. Thus lower levels of education are compensated by longer years of farming experiences in the adoption of fish farming.

### 3.2. County Infrastructure Support for Fish Farmers

The county does not have a public hatchery or a feed pellet plant noted from the key informants results. The implication of this is that quality of fingerlings delivered to Kibwezi farmers cannot be guaranteed. Poor quality fingerlings means average weight of fish harvested is low which affects gross margins negatively. With no local feed pellet plant, fish feeds will continue to be unaffordable to farmers. When feeds are not affordable it increase the probability of farmers not feeding the fish. The county does not plan to build a hatchery or feed pellet factory, however county officials are working with farmers to establish a cooling and refrigeration centre to assist farmers with postharvest storage.

### 3.3. Management Practices

The farming practice is polyculture in the large earth dams that are restocked with Nile tilapia and African catfish by the County Fisheries Department. The large earth dams are managed by local communities or fish farmer groups. A majority of fish farmers use fishpond size of 300M². Monoculture is practiced with nile tilapia preferred over catfish. The weight range of mixed tilapia is 150-310 grams. County extension officials have been encouraging farmers to shift from mixed tilapia farming to mono-sex male tilapia farming that weighs between 350-500grams after six months of growth [26].

The main sources of water for farmers were permanent rivers at 45.6% followed by public piped water at 31.5 as showed in Table 5. Rainwater is not a common option of filling fishponds although this has captured significant amounts of water to complement most used sources of water. The primary water used was pumped from the following sources as in Table 5. Gravity flow is rarely practiced.

### Table 5. Sources of water

| Source of water | Frequency n=146 | Percent |
|-----------------|-----------------|---------|
| Permanent river | 67              | 45.9    |
| Well or borehole| 30              | 20.5    |
| Public piped    | 46              | 31.5    |
| Seasonal        | 3               | 2.1     |

Source: Authors, (2015).
Table 6 shows the type of fish farming system practiced in Kibwezi. Most farmers are using semi-intensive system as the dominant mode of production. Of significant is the 8.9% farmers who are using the integrated system, this system allows the farmer to fully utilize their resources from other enterprises.

| Fish farming system | Frequency n=146 | Percent |
|---------------------|----------------|---------|
| Extensive           | 11             | 7.5     |
| Semi-intensive      | 122            | 83.6    |
| Integrated          | 13             | 8.9     |

| Fish culture | Frequency n=146 | Percent |
|--------------|----------------|---------|
| Tilapia      | 138            | 94.5    |
| Catfish      | 8              | 5.5     |

Source: Authors, (2015)

Tilapia and catfish are the two fish type reared as shown in Table 6. This result is consistent with Maina [13] study in Kirinyaga County.

3.4. Production and Marketing

Farmers normally weigh their fish by estimation and then sell them by the piece. Samples of fish sold at KES 80.00 and KES 100.00 were weighed to get a representative average weight of 200 grams and 250 grams respectively. The result show that average price per Kilogram was KES 400.00 (US$4.00) of fresh tilapia or catfish. Farmers normally sell 200 grams fish for KES 80.00 and KES 100 for a 250 grams fish. The average harvested tilapia is 240 grams. A majority of harvested fish is sold at farm gate and local markets as in Table 7.

| Final fish markets | Frequency (n=146) | Percent |
|--------------------|-------------------|---------|
| Local              | 134               | 91.8    |
| Regional           | 12                | 8.2     |

Source Authors, (2015)

The above scenario could be due to minimum processing of the fish and limited cold postharvest storage facilitates that hinders farmers from seeking lucrative regional markets. There is very limited fish promotion by the farmer especially at the farm gate and local markets. Farmers that sell in distant markets of Voi and Gikombe, Nairobi do discount promotion based on bulk purchases of the buyer. Bulky buyers at the farm gate are normally brokers and fish hawkers. Brokers transport their fish to Voi, Nairobi or Mombasa for final sale. The fish hawkers sell to final consumers in the local markets. The fish hawkers can sell fish in its fresh or deep fried form.

3.5. Strengths, Weaknesses, Opportunities, Threats (SWOT)

Based on the above descriptive statistics, the following variables, fingerling, feeds, labor, water, pond size, funds, infrastructure and extension were taken as a whole to derive the SWOT analysis in Table 8.

Table 8. SWOT analysis of fish farming in Makueni, Kenya

| SWOT | Strengths | Weaknesses | Opportunities | Threats |
|------|-----------|------------|---------------|---------|
|      | More earth pond development in black clay soils | Poor selection of fish pond sites | Great potential for fish farming growth along permanent river basin | Insufficient participation in planning, implementation and evaluation of fish farmers’ programmes with other stakeholders-government |
|      | Fish farming is environmentally friendly since water waste is used on agricultural farms | Inappropriate technologies | Adequate supervision and monitoring potential : high extension visit with fish farmers | Inadequate and untimely release of county budget and grants for fish farming promotion |
|      | County support in promoting fish farming through extension services, farmer in service training and grants. | Poor socio-economic status of fish farmers | Potential for strategic public-partnership like hatchery development/home feed development and collaborative research | None dynamic responses to farmers’ challenges-seed/feed quality, Water availability, liner costs |
|      | Development of unused credit access in improving fish farming | Limited funds and use of credit facilities for fish farmer and extension services | Adequate supervision and monitoring potential : high extension visit with fish farmers | Unstable government policy |
|      | Catfish potential as a fish of choice in fish production. | Overreliance on public agencies to provide key input supplies (fingerling, and feeds) | Collaboration with Kenya Wildlife Services to reduce human-wildlife conflict | Weak professional and institutional linkage among fish farmers, research and extension |

Source: Authors, (2015)

Ronnbeck [29] in a study done on the Kenyan Coast found out that fish farming requires a lot of trust and coordination so that small-scale producers can realize its benefits. Farmers might have not had significant benefits in the form of better yields and revenues. This might have also contributed to the
high dropout since majorities were not financially prepared to meet fish rearing costs. Secondly, original selection of sites was manipulated as some sites were not suitable for fish production as evident in the FGD and KI interviews [30].

3.6. Challenges Faced by Fisheries Extension Officers

The study interviewed two fisheries extension officers based in Kibwezi on challenges constraining their service delivery. The main one was not having been trained in aquaculture. This has been overcome by in-service training in fishery development, extension and husbandry practices.

This number of extension officers is sufficient for Kibwezi. Kibwezi had 316 registered fish farmers and these are clustered in key zones of the study area as shown in Figure 1. From the study, it was found that fish farmers had at least three extension contacts during a rearing cycle (eight months). The number of visits is good given the scarce public resources. However, farmers noted that extension officers were not equipped in improving quality of fingerling sourced and training them to make affordable quality feeds. This challenged could be solved by use of specialists during farm demonstration in the area or the county can collaborate with private hatchery owners to improve fingerling quality. Makueni county has continued to train them and further allowed able officers to pursue university bachelors’ education to enhance their knowledge and dissemination skills to farmers.

3.7. Sustainability of Fish Farming

The sustainability of fish farming in Makueni is promising for farmers that use earth ponds than liner ponds. This conclusion is based on the study results; Makueni had 46.6% active fish farmers and 53.6% abundant/inactive farmers. Farmers in Kibwezi have embraced fish production as a form of income generating enterprise and on average 4.8% new farmers continue to construct new fishponds per year since 2013[31]. Farmers with liner pond were 90 percent of the farmers whose ponds were destroyed by elephants. Threat to the development of aquaculture as was noted by farmers continue to construct new fishponds per year since 2013.

There is high potential for fish farming especially using earth ponds farming along the permanent rivers of Kiboko, Makindu and Athi. The future for farmers with liners is poor given that a majority of in-active/abundant farmers had liner problems. On a marketing infrastructure especially post-harvest handling of fish, cooling and refrigeration systems should be business driven. The transportation system along the fish production corridor is well served by Nairobi-Mombasa and Makindu-Wote –Machakos paved roads and the upcoming standard railway gauge.

Makueni county needs to develop a hatchery that could provide farmers with high quality fingerlings. Alternatively, the county could partner with current private hatchery owners to upgrade the existing facilities to standard. Farmers should organize themselves to install the feed pellet plant given to them by the government. Home- made feed is quite appealing to farmers, however the quality of that feed is not guaranteed.

4. Conclusions and Recommendations

There is high potential for fish farming especially using earth ponds farming along the permanent rivers of Kiboko, Makindu and Athi. The future for farmers with liners is poor given that a majority of in-active/abundant farmers had liner problems. On a marketing infrastructure especially post-harvest handling of fish, cooling and refrigeration systems should be business driven. The transportation system along the fish production corridor is well served by Nairobi-Mombasa and Makindu-Wote –Machakos paved roads and the upcoming standard railway gauge.

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Acknowledgements

Special thanks to the Partnership for enhanced engagement in Research (PEER) Science program; Serina; Breann; Stuart; Byron; Lillian Lutsili and Rita Waudo for their financial support. We sincerely thank University of Nairobi, Ministry of fisheries especially Honourable Ruth Kyatha and her staff; Engineer Nicholas Serykhan; Jeff Miruka; Nelly Tanyai; Joshua Ng’ombe; Philip Wangia; Benson Mwengi and Jackson Muchiri for their logistic and technical support during the field survey in Makueni county.
We are grateful to Prof. Edward Karuri; Prof. J. Imungi; and the two anonymous reviewers for their valuable contributions that improved this manuscript.

**Appendix 1: Key Informants (KI) Guide**

- Name of interviewer
- Name of the respondent
- Title
- Gender

**Socio Economic Characteristics of the Respondent**

| Gender | Age in years | Education |
|--------|--------------|-----------|
| Farming experience | Aquaculture training | Extension |

**Overview of Fish Farming**

1. How many registered fishponds under Economic Stimulus Programme (ESP) are in the county? Give breakdown by ward or sub-county if possible.
2. Are there farmers who were recruited by the ESP program, but have abandoned their ponds?
3. If the answer to 2 above is yes, approximately what percentage of farmers have abandoned their fishponds?
4. What species of fish are grown?
5. How many registered/practicing fish farmers are there in this county?
6. Are farmers organized into groups?
7. From where do farmers purchase fish fingerlings?
8. Approximately how many farmer groups do fish farming?

**County Infrastructure Support for Fish Farming**

9. Does the County have a fish hatchery? If yes where?
10. If no to question 7 does the County plan to establish one?

**Management Practices**

9. How are the fishponds constructed? Concrete…… Earth…… Liner……
10. Fish farming practices: Monoculture…… Polyculture
11. What species of fish are grown?

**Marketing & Extension**

12. Where do farmers sell their fish and average price per kilogram?

**Challenges**

13. What are the main challenges faced by fish farmers/fisheries officials?
14. Are there challenges in obtaining the fingerlings?

**Appendix 2: Focus Group Discussion (FGD) Guide**

- Name of Facilitator
- Venue
- Date

**Overview of Fish Farming**

1. Are there farmers who were recruited by the Economic Stimulus Programme (ESP) program, but have abandoned their ponds?
2. If the answer to 2 above is yes, approximately what percentage of farmers have abandoned their fishponds?
3. What species of fish are grown?
4. Are farmers organized into groups?
5. From where do farmers purchase fish fingerlings?
6. Approximately how many farmer groups do fish farming?

**County Infrastructure Support for Fish Farming**

7. Does the County have a fish hatchery? If yes where?
8. If no to question 7 does the County plan to establish one?

**Management Practices**

9. How are the fishponds constructed? Concrete…… Earth…… Liner……
10. Fish farming practices: Monoculture…… Polyculture
11. What species of fish are grown?

**Marketing & Extension**

12. Where do farmers sell their fish and average price per kilogram?

**Challenges**

13. What are the main challenges faced by fish farmers/fisheries officials?
14. Are there challenges in obtaining the fingerlings?

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