Use of the Outreach Distal Access Catheter for Microcatheter Stabilization during Intracranial Arteriovenous Malformation Embolization

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**SUMMARY:** The Outreach DAC is an intermediate-sized catheter designed for use with the Merci clot retriever in acute stroke. We investigated its utility as an adjunctive device during AVM pedicle embolization. In the authors’ opinion, the DAC provided additional guide-catheter and microcatheter support, improved selective angiographic visualization of AVM angioarchitecture, aided microcatheter removal from its embedded position in the AVM Onyx cast, and enhanced local microcatheter control and safety, compared with embolization with the guide and microcatheter alone.

**Technique**

Angiography is initiated with the patient under conscious sedation with common femoral artery access. Four-vessel cerebral angiography is performed with a 90-cm 6F Envoy catheter (Cordis, Miami Lakes, Florida) to assess AVM anatomy. The Envoy is advanced into the desired vertebral or carotid artery at the skull base and is placed under continuous flush. The patient is systemically heparinized (goal activated coagulation time, ≤250 seconds). A microcatheter (ie, 165-cm Marathon [ev3/Covidien Vascular Therapies]) is introduced through the 136-cm DAC and advanced over a Synchro-10 wire (Boston Scientific, Natick, Massachusetts). Both microcatheter and DAC are connected to a continuously heparinized and pressurized flush. As we advance the microcatheter into the desired feeding pedicles, the DAC is advanced over the microcatheter intracranially. We remove the microwire and microcatheter and proceed with intracranial high-rate DSA to evaluate the AVM angioarchitecture without obstruction of normal overlying vessels, then, we create high-quality roadmaps of the pedicle of interest. The microcatheter and microwire are reintroduced through the DAC, giving greater stability for the advancement of the microcatheter into the feeding pedicles and AVM nidus. Superselective Wada testing is performed through the microcatheter before embolization. If no changes are seen on detailed neurologic examination, we proceed with embolization.

Once embolization is deemed complete, the microcatheter is removed. The microcatheter is withdrawn until all slack is removed and a tug is noticed on the Onyx cast. As the microcatheter is withdrawn, the DAC advances, resulting in a counterforce to aid microcatheter withdrawal from the Onyx cast. Straightening of vessels occurs between the DAC tip and the microcatheter in the Onyx cast, aiding in removal of the microcatheter, in our opinion.

Final postembolization runs are obtained, the DAC and guide are withdrawn, the sheath removed, and the femoral access site is secured via a closure device.

A case from our series is illustrated in Figs 1 and 2.

**Discussion**

Microcatheter delivery and stability are important when catheterizing arterial pedicles arising from distal tortuous vessels.
The DAC provides microcatheter support for accessing these vessels by decreasing the length of microcatheter exposed to the ovalization forces within the tortuosity at the skull base. Because of its size (4.3F), more distal and selective angiographic runs are possible near the pedicle of interest for road-mapping and microcatheter navigation, allowing a more detailed appreciation of AVM angioarchitecture than possible from cervical guide runs.

Microcatheter disruption resulting from increased pressure from obstructed outflow may cause spillage of embolic materials from a more proximal location, such as anywhere from the cervical guide location to the AVM pedicle. Although not encountered in our patients, theoretically, the DAC, due to its distal intracranial location, may afford a layer of protection for embolic material spilling into the parent artery and direct it into the superselective vessel where the DAC is located.

Catheter entrapment is a known pitfall of AVM embolization with Onyx. Hauck et al reported catheter entrapment in 4.9% of their AVM embolizations with Onyx. This has been addressed to some extent by the use of a new microcatheter with a detachable tip; however, this catheter is not available in the United States, and long-term associated outcomes are unknown. When the microcatheter is fixed, the DAC provides an ideal buttress to provide counterforce to withdraw the microcatheter. The DAC reduces the length of the microcatheter, which straightens out during this process, and advances, providing a fulcrum for safely removing the microcatheter without creating significant force or stretch on the microcatheter and/or affixed arteries. Compared with embolization without the DAC, in our opinion, there were reductions in the duration of the catheter-withdrawal process and in the pain experienced by the patients, who were awake and felt the straightening as a headache during catheter withdrawal.

The DAC is useful for endovascular embolization of most brain AVM pedicles. The limitations are few. Occasionally, the DAC may become occlusive in smaller distal vessels; this should be evaluated with DAC angiographic runs or puffs of contrast. Vessel occlusion was typically related to arterial size, rather than vasospasm around the DAC. An additional flush system is required for the DAC. This is an extra step but, in our opinion, worth the small amount of time expended.

Conclusions
The DAC is an intermediate-sized catheter that provides an effective means of guide-catheter and microcatheter support during AVM embolization. The DAC helps to provide a fulcrum for safely removing the microcatheter, allows specific runs of the pedicle of interest, and may afford a measure of protection in case of microcatheter rupture. The DAC can be used safely and effectively for AVM embolization and may be a helpful addition to the neurointerventionist’s toolkit.

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Fig 2. Macro- (A) and microangiographic (B) runs with the microcatheter and DAC in place. The DAC is within a distal M3 branch (arrows). Lateral DSA (C) and lateral radiograph (D). After embolization, on withdrawing the microcatheter, the DAC is seen advancing into an M4 branch (arrows) and serves as a fulcrum for removing the microcatheter. E, Once the microcatheter is freed from the AVM nidus after the application of careful traction, the DAC and microcatheter can be seen as they are dislodged and snap back into the original location.