INTRODUCTION

Energy consumption in buildings is enormous and is expected to further increase due to improving standards of living globally and the increasing rate of the world population. Among four main sectors [industrial, building (residential/commercial), transportation, and agricultural] where global energy consumption is distributed, the building sector happens to be the highest energy consumer [1]. Current environmental issues require intensive research on energy efficiency and energy savings in buildings to reduce consumption of conventional fuel and CO$_2$ emissions [2]. Given the global concern to reduce carbon emission and energy bills, thermal insulation is an important technology to reduce energy consumption in buildings. Insulating the building envelope is the most important of all energy conservation measures due to the fact that it has the greatest impact on energy expenditure [3]. Thermal insulation prevents heat gain and loss through the building envelope and at the same time reducing carbon emission which results from cooling buildings using mechanical and electrical driven devices such as air-conditioners and fans. Since heat transfer in buildings can be through conduction, convection, or radiation, thermal insulators help to control these various forms of heat transfer. One of the most effective possibilities to improve the energy efficiency of buildings is to reduce heat loss through the building envelope by internal or external wall insulation [2]. It is of utmost importance to improve the thermal performance of the building envelope, especially the wall body, with the purpose of creating a high comfort level for the occupants and decreasing the building energy consumption since heat transfer loss in building envelopes accounts for about 60-80% of the total heat transfer loss [4]. Thermal insulation is one of the simplest, most effective, and most economical methods to optimize energy use and prevent energy waste in residential buildings [5, 6].

Based on a model used in studying 50 buildings in Irbid area, Jordan, Alshorman and Alshorman [7] discovered that wall insulation was the most effective method for energy saving, accounting for 63.11% of energy-saving while solar photovoltaic panels account for 14.11% of energy saving, using double glazed windows accounts for 7.26% of energy saving, and using LED light bulbs, windows overhanging, and light color stones take 6.89%, 5.14%, and 3.46% of energy saving, respectively. Based on the result of research on the cost-effectiveness of thermal wall systems for residential housing, Saha [8] revealed that a 79% cost saving was achieved in heating and cooling when a non-insulated wall was compared to an insulated wall in a hotter climate. It is noteworthy that external wall insulation is a green and energy-saving project that can greatly improve the thermal performance of buildings [4, 9]. Through external wall insulation, the building can also benefit from aesthetic improvement besides improving the thermal comfort as well as reduced disturbance of the occupants, the disappearance of mold, and reduced maintenance [2]. Given that the interior insulation is more suitable for the intermittent cooling operation, while the exterior insulation is more suitable for the cooling continuous operation [4], the external wall insulation should therefore be given more important consideration in buildings.
Among other available alternatives, using porous materials for improving the energy efficiency in buildings has received significant attention [10]. Cellular or porous materials include a solid matrix with interconnected pores and they are of significant scientific and technological interest for energy conversion and conservation [10]. Cellular ceramics are a key material suitable for thermal insulation of buildings due to its high surface area and permeability, low density and specific heat, high thermal and acoustic insulation, and high chemical resistance in addition to the fact that it is non-flammable and flame resistant, chemically inert, and non-toxic. Different processing techniques of cellular ceramics include gel casting, replication of a sacrificial foam template, direct foaming of a liquid slurry, burn-out of fugitive pore formers, among others [11, 12]. Andreola et al. [13] experimented three different manufacturing techniques of porous ceramics and concluded that one technique can be preferable as compared to the others depending on the specific use. The pore-former technique is based on the mixing of the ceramic powder, or its precursors, with a fugitive material that acts as a pore-forming agent, followed by the formation of a green body, extraction of the pore-former, and sintering of the ceramic phase [14]. The burning out of pore-former’s technique is widely used given its easy usability for achieving optimum results [15].

The utilization of cheap materials as pore-generating agents can facilitate the production of low-cost porous ceramics [16]. In this regard, Odewole and Folorunso [17] obtained porous ceramic from granite dust, clay, and sawdust and then suggested further research to evaluate the effectiveness of other organic additives. Generally, the use of agro-wastes and biomass such as spent coffee grounds [18, 19], wheat straw and sunflower [20], rice husks [21, 22], and many others as a pore-forming agent in the development of porous ceramics tends towards environmental sustainability. Hence, plantain peel powder was used as the pore-forming agent in this study. The use of cellulose wastes such as plantain peels as a pore-forming agent has a number of advantages including easy availability and processing (narrow decomposition temperature range of 300-350 °C) and low-cost [23]. Plantain (Musa paradisiaca) is a major group of banana varieties (genus Musa) that are stapled foods in many tropical areas including Western and Central Africa, representing the world’s second-largest fruit crop with an annual production of 129,906,998 metric tons [24]. Aside from the extensive use of the Musa species’ peels as a vital nutrient source in the formulation of animal feeds and soap production [25], the viability of banana leaves and banana peels as pore-forming agents in the production of cellular material for thermal insulation has been experimented [26, 27]. Cornejo et al. [28] revealed that organic wastes such as banana peels contain valuable minerals that can serve as raw materials for the production of glass and ceramics.

Intensifying mining and mineral processing such as in granite quarrying is important to modern-day development in the building and construction sector. However, it is associated with the accumulation of significant amounts of waste and pollution of the environment since only about 45-50% of the total amount of the mined and processed minerals are used as aggregate (crushed stone), while other products in the form of mining waste are placed in a mining dumps [29]. In this regard, one major way to tackle the problem of waste generation associated with quarries is to devise technological solutions that ensure the efficient utilization of industrial wastes for the production of useful products for various important purposes. While granite dust has been extensively used as fine additives in concrete production [30, 31], research works based on its utilization for the preparation of cellular ceramics are still scarce. Furthermore, chemical-aided sintering of cellular ceramics is a cost-effective technique that needs to be grossly explored. This is due to the fact that it makes the development of cellular ceramics from naturally occurring rocks possible through a single-step rather than the conventional two-step sintering, which is a more cost-and-energy demanding route [32]. While developed countries have made significant efforts in establishing standard building energy codes (BECs) often accompanied by the enforced use of thermal insulation in buildings, developing countries such as Nigeria, seem to have done very little in this area. In developing countries, particularly in Nigeria, the government’s effort towards the construction of residential and commercial buildings is still considerably inadequate [33]. Given that this laxity is mostly covered up by individuals in the bid to own their personal houses, stringent building standards are scarcely followed. In this sense, the perceived high cost of thermal insulating materials is a significant limiting factor to the substantial implementation of energy-efficient building policy in developing countries such as Nigeria [34]. In this regard, value-added ceramic building materials such as meet the need for low-cost thermal insulation of buildings can be obtained through waste valorization. The aim of this research is to develop cellular ceramics from waste resources including granite dust and plantain peels for use in external wall insulation with a view to providing environments that promote the use of sustainable materials, as well as energy-efficient buildings.

MATERIALS AND METHODS

The materials used include granite dust, plantain peel powder (PPP), ball clay, sodium hydroxide (NaOH), and sodium silicate (Na₂SiO₃). Granite dust served as the base raw material. Ball clay served as the binder. Plantain peels served as the pore-forming agent. Sodium hydroxide and sodium silicate served as the sintering aid to facilitate single-step sintering of the cellular ceramics. Granite dust was sourced from Dotmond Quarry, Ita-Ogbolu, Ondo State, Nigeria. Ball clay was sourced from Ire-Ekiti, Ekiti State, Nigeria, and plantain peels were obtained from the Seed Department, Agricultural Development and Processing, Akure, Nigeria. The sodium silicate used was supplied...
Table I - Chemical compositions of the raw materials used.

| Oxide   | Plantain peel powder (PPP) | Granite dust | Ball clay |
|---------|---------------------------|--------------|-----------|
| Al₂O₃   | 5.88                      | 12.82        | 21.60     |
| SiO₂    | 7.18                      | 59.72        | 58.15     |
| P₂O₅    | 3.37                      | 0.44         | 0.21      |
| SO₃     | 10.96                     | 0.82         | 0.71      |
| K₂O     | 43.73                     | 5.74         | 2.30      |
| CaO     | 8.43                      | 5.67         | 0.15      |
| TiO₂    | -                         | 0.35         | 1.81      |
| Fe₂O₃   | 5.10                      | 11.29        | 12.10     |
| ZnO     | 0.57                      | -            | -         |
| SnO₂    | 6.39                      | 1.14         | -         |
| Sb₂O₃   | 5.94                      | 1.10         | -         |
| LOI     | 2.25                      | 0.73         | 2.57      |

by Qualikems Fine Chemicals and contained about 12% Na₂O, 30% SiO₂, and 58% water. The sodium hydroxide pellets used were supplied by May & Baker, Dagenham, England, and had a minimum assay of 98.9%. The chemical composition of the locally sourced raw materials used was obtained from X-ray fluorescence (XRF) analysis carried out using a spectrometer (EDX3600B, Skyray Instr.). X-ray diffraction (XRD) pattern of the optimum sample of the produced cellular ceramics was obtained using a diffractometer [binary V4 X-ray (0/20 system), Bruker] equipped with CuKα radiation (λ=1.54060 Å), measured at 25 °C, operating at 10 mA, 30 kV, in the 2θ range from 5-90° with 0.026° step size and 56.52 s scanning time. The raw data obtained were processed with software (X’Pert HighScore, PANalytical). Microstructural properties of the developed cellular ceramics fired at 850 °C were investigated using a stereomicroscope (SMZ745T, Nikon). The chemical compositions of the raw materials used are shown in Table I.

Granite dust, ball clay, and plantain peels were separately sun-dried and ground using a grinding machine. Each of these materials was then sieved. Granite dust and ball clay were sieved through a 300 μm British standard sieve while plantain peel powder was sieved through a 425 μm British standard sieve. In order to enhance the compaction of granite dust, being a non-plastic material, the addition of 50% ball clay to granite dust was found suitable. The mixture of 100% granite dust and 50% ball clay, designated as GrC constituted the starting material. 40% NaOH solution was prepared by diluting 400 cm³ of NaOH pellet in 1000 cm³ of water. Formulation of samples was done using varying weight fractions of GrC (85-95%) and PPP (5-15%) mixed with a constant weight fraction of sodium hydroxide+sodium silicate in three different amounts (7.5%, 10%, and 12.5% of each of the reagents) as shown in Table II. The formulated samples were thoroughly mixed. Each of the homogenized compositions was poured into the mold with dimensions of 50x50x50 mm and was subjected to uniaxial pressing at 10 MPa. The samples were dried in an electric oven at 110 °C for 6 h and then sintered in a gas kiln at 850 °C for 3 h.

Physical, mechanical, and thermal properties tests: after sintering, property tests were carried out on the sintered samples of cellular ceramics to obtain their values of water absorption, bulk density, apparent porosity, compressive strength, and thermal conductivity at room temperature. Water absorption, bulk density, and apparent porosity: the weight of the sintered sample (Wₛ) was taken. The sample was then soaked in boiling water for 3 h and the weight of the soaked sample (Wₜ) was taken. The sample was suspended in water using a spring balance and the suspended weight of the sample (Wₜ) was taken. Water absorption, bulk density, and apparent porosity measurements were carried out on the sintered samples according to the ASTM C20-00 standard [35]. Water absorption (Wa), bulk density (ρb), and apparent porosity (Ap) were calculated, respectively, by:

Table II - Formulation of cellular ceramic samples from the raw materials.

| Sample grouping | Sample designation | Sample formulation | GrC (g) | PPP (g) | Na₂SiO₃ (cm³) | NaOH (cm³) |
|-----------------|--------------------|--------------------|--------|--------|--------------|-----------|
| 1               | P₁                 | 95%GrC+5%PPP+7.5%Na₂SiO₃+7.5%NaOH | 95     | 5      | 7.5          | 7.5       |
|                 | P₂                 | 90%GrC+10%PPP+7.5%Na₂SiO₃+7.5%NaOH | 90     | 10     | 7.5          | 7.5       |
|                 | P₃                 | 85%GrC+15%PPP+7.5%Na₂SiO₃+7.5%NaOH | 85     | 15     | 7.5          | 7.5       |
|                 | L₁                 | 95%GrC+5%PPP+10%Na₂SiO₃+10%NaOH | 95     | 5      | 10.0         | 10.0      |
|                 | L₂                 | 90%GrC+10%PPP+10%Na₂SiO₃+10%NaOH | 90     | 10     | 10.0         | 10.0      |
|                 | L₃                 | 85%GrC+15%PPP+10%Na₂SiO₃+10%NaOH | 85     | 15     | 10.0         | 10.0      |
|                 | T₁                 | 95%GrC+5%PPP+12.5%Na₂SiO₃+12.5%NaOH | 95     | 5      | 12.5         | 12.5      |
|                 | T₂                 | 90%GrC+10%PPP+12.5%Na₂SiO₃+12.5%NaOH | 90     | 10     | 12.5         | 12.5      |
|                 | T₃                 | 85%GrC+15%PPP+12.5%Na₂SiO₃+12.5%NaOH | 85     | 15     | 12.5         | 12.5      |
RESULTS AND DISCUSSION

Sintering behavior: varying properties were observed in the resulting sintered samples of cellular ceramics and these properties were observed to have been influenced by the amount of plantain peel powder (pore-forming agent) added and the amount of chemical reagents (NaOH and Na$_2$SiO$_3$) introduced to aid the single-step sintering of the cellular ceramics. Group 1 consisted of samples P$_3$, P$_2$, and P$_1$ with 5%, 10%, and 15% PPP, respectively, and constant addition of 7.5% Na$_2$SiO$_3$+7.5%NaOH. Group 2 consisted of samples L$_1$, L$_2$, and L$_3$ with 5%, 10%, and 15% PPP, respectively, and constant addition of 10%Na$_2$SiO$_3$+10%NaOH. Group 3 consisted of samples T$_1$, T$_2$, and T$_3$ with 5%, 10% and 15% PPP, respectively, and constant addition of 12.5%Na$_2$SiO$_3$+12.5%NaOH. Fig. 1 shows the images of the samples of cellular ceramics sintered at 850 °C. From the physical appearance of the samples of the produced cellular ceramics, it was observed that the sintering aspects of the samples appeared to increase with the addition of an increasing amount of the chemical reagents used as the sintering aid.

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trend in the values of water absorption, corresponding with increasing values of apparent porosity in each of the samples. Figs. 2b and 2d show that there were decreasing values of bulk density which varied directly with a decrease in the values of compressive strength of the samples with the increasing addition of the PPP in each case. In Fig. 2e, it can be observed that since the increasing addition of PPP led to increasing porosity in each of the sample groups 1-3, this, in turn, led to the decreasing values of thermal conductivity of the samples in each case. Samples $P_1$ and $T_1$ had the lowest and highest values of water absorption of 19.5% and 45.2% as well as apparent porosity of 36.4% and 66.7%, respectively. Samples $P_3$ and $L_1$ had the lowest and highest compressive strength values of 0.9 and 18.4 MPa, respectively. Samples $T_3$ and $P_1$ had the lowest and highest thermal conductivity values of 0.09 and 0.62 W/(m.K), respectively. This was in agreement with Ho et al. [39] that an inverse relationship exists between the thermal conductivity coefficient and porosity of the porous ceramics. The decreasing values of thermal conductivity corresponded with increasing values of water absorption as well as increasing apparent porosity in each case.

According to Zaidan et al. [40], increasing porosity that leads to low thermal conductivity does not mean getting
better insulating materials, unless accompanied by good mechanical properties. Selecting porous material with lower thermal conductivity and high structural stability is important for insulation purposes [10]. This implies that low thermal conductivity, as well as high strength, should be given the utmost consideration in choosing a good thermal insulation material, most especially when used in load-bearing applications such as walling systems in buildings. Therefore, the major criteria that were considered for choosing the optimum sample were as follows: i) its thermal conductivity must not exceed the mean value of the samples; and ii) it must have the highest compressive strength among the samples that fall within the mean value of thermal conductivity. The mean thermal conductivity ($\lambda_m$) of the 9 samples was found to be 0.32 W/(m.K). Therefore, sample L$_1$ (consisting of 95% GrC, 5% PPP, and 10% NaOH) was considered as the optimum sample for external wall insulation given that it had the highest compressive strength of 18.4 MPa and thermal conductivity of 0.31 W/(m.K). The thermo-mechanical properties of the optimum sample of cellular ceramics prepared in this study compared favorably with the optimum sample of cellular ceramics produced by Zhu et al. [41] from coal fly ash and waste glass sintered at 800 °C, having thermal conductivity, compressive strength, and bulk density of 0.36 W/(m.K), 5.2 MPa, and 0.46 g/cm$^3$, respectively. When using EnergyPlus software, the result indicated that the optimum sample showed a good energy conservation effect for building thermal insulation materials [41]. The thermal conductivity of a material does not depend exclusively on bulk density and porosity of a material, but other characteristics such as phase composition and microstructure are also significantly important [42].

Mineralogical and microstructural behavior: Fig. 3 shows that the crystalline phases present in the optimum sample of the developed cellular ceramics sintered at 850 °C include anorthite, CaAl$_2$Si$_2$O$_8$ (00-041-1486), albite, NaAlSi$_3$O$_8$ (00-019-1184), gehlenite, Ca$_2$Al(SiO$_4$)$_3$, anorthoclase, (Na,K)(Si,Al)O$_8$ (00-009-0478), microcline, KAlSi$_3$O$_8$ (00-019-0932), and sillimanite, Al$_2$SiO$_8$ (00-038-0471). Anorthite showed the highest peak, implying that it was the main crystalline phase present in the developed cellular ceramics. The formation of anorthite and gehlenite could be a result of the transformation of SiO$_2$, Al$_2$O$_3$, and CaO present in the raw materials used (granite, ball clay, and plantain peel powder) during heat treatment. The formation of sillimanite was a result of the reaction at high temperature between SiO$_2$ and Al$_2$O$_3$, which were the major constituents of granite dust and ball clay used. The formation of microcline was linked to the high content of potassium oxide (K$_2$O) contained in the plantain peel powder used. The formation of albite and anorthoclase was due to the reaction of the chemical reagents (NaOH and Na$_2$SiO$_3$) with the main oxides present in the raw materials used, including SiO$_2$, Al$_2$O$_3$, and K$_2$O as the case may be. Some mineral phases obtained such as albite and anorthoclase were in agreement with some of the crystalline phases obtained by Mouiya et al. [27] on producing porous ceramics from clay and banana peel sintered between 900 and 1100 °C while other mineral phases formed could have differed due to the effect of chemical reagents and granite dust used in this study.

Fig. 4 shows the stereomicroscope images of the developed cellular ceramics. It was observed that the pore size distribution in the samples was quite inhomogeneous and the open-celled morphology of the cellular ceramics was observable. The agglomeration and densification of the grains of the samples are represented by the lighter areas, revealing the solid phase that is typical of glassy materials. The stereomicroscope images of the samples revealed that pore size increased with the increase in contents of chemical reagents and PPP added. According to Wu et al. [43], the degree of open porosity and the shape and size of pores made in porous ceramics using the sintering method depend on the volume of foaming agents incorporated. Varying morphological structures showing different degrees of agglomeration and porosity were visible for each of the samples of the developed glass-ceramic foams. This
showed that the microstructural properties of the samples corresponded with the results of their physical, mechanical, and thermal properties.

CONCLUSIONS

This study evaluated the thermal and mechanical properties of cellular ceramics prepared from granite dust mixed with ball clay (GrC) and plantain peel powder (PPP) using chemical aided sintering technology. The properties of the samples were influenced by the addition of varying amounts of plantain peels and varying amounts of the chemical reagents (sodium hydroxide and sodium silicate) used. The obtained results revealed water absorption of 19.5-41.7%, bulk density of 1.39-1.86 g/cm³, apparent porosity of 36.4-66.7%, thermal conductivity of 0.09-0.62 W/(m.K), and compressive strength of 0.9-18.4 MPa. The sample consisting of 95%GrC, 5%PPP, and 10%NaOH+10%Na₂SiO₃, having a compressive strength of 18.4 MPa and thermal conductivity of 0.32 W/(m.K), was considered to have the optimum result in this study. Given the relatively low thermal conductivity and high compressive strength of the optimum sample of the prepared cellular ceramics, it can serve as a low-cost material for external wall insulation of buildings.

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