Late-Onset of Chronic Granulomatous Disease Revealed By Paecilomyces Lilacinus Cutaneous Infection

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Research Article

Keywords: Chronic granulomatous disease, clonal hematopoiesis, invasive fungal disease, antifungal prophylaxis

DOI: https://doi.org/10.21203/rs.3.rs-516219/v1

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Abstract

Chronic granulomatous disease (CGD) is an inherited immunodeficiency due to defective leukocyte NADPH responsible for recurrent infections and aberrant inflammation. Mutations in the CYBB gene are responsible for the X-linked CGD and account for approximately 70% of the cases. CGD is diagnosed during childhood in males. Female carriers may have biased X inactivation and may present with clinical manifestations depending on the level of residual NADPH oxidase activity. We report the case of a previously asymptomatic female carrier who was diagnosed at age 67 with a skin infection with the rare fungus, Paecylomyces lilacinus as the first manifestation of CGD. Dihydrorhodamin 123 (DHR) activity was below 10%. Next-generation sequencing (NGS) revealed mutations in DNMT3A, ASXL1, and STAG2 suggesting that clonal hematopoiesis of undetermined potential (CHIP) could be responsible for a progressive loss of NADPH oxidase activity and the late onset of X-linked CGD in this patient. Long-term follow-up of asymptomatic carrier women seems to be essential after 50 years old.

Introduction

Chronic granulomatous disease (CGD) is a primary immune deficiency associated with reduced NADPH oxidase activity in phagocytes. NADPH oxidase complex is responsible for the production of free radicals leading to oxidative burst and microorganism killing. The different forms of CGD are associated with inactivating mutations in genes coding for the subunits of the phagocyte NADPH oxidase complex. Subunits Gp91, encoded by CYBB gene (X-linked), and p22 encoded by the CYBA gene (autosomal recessive) are located on the lysosomal membrane. The other subunits encoded by the NCF 1-4 genes (subunit p22, p47, p67, and p40phox) are localized on the cytosolic side of the lysosomal membrane and regulate the catalytic activity of complex [1–3].

The X-linked form is the most common form, usually diagnosed around five years old, rarely after 20 [4]. The prognosis is poor due to severe recurrent infections and granulomatous inflammation affecting various organs. Despite antibacterial and antifungal prophylaxis, the mean survival time is 37.8 years in the X-linked form, and 49.6 years in the autosomal recessive form [4]. Although X-linked form preferentially affects men, 8% of cases occur in women due to unfavorable lyonization or new mutation of the active X chromosome [4,5].

Today, CGD is diagnosed mostly by quantifying the production of hydrogen peroxide (H$_2$O$_2$) by dihydorhodamine oxidation (DHR). Susceptibility to infections is apparent in female X-inked CGD carriers with DHR below 20% (and especially below 10%) in particular with opportunistic pathogens such as Nocardia spp., Burkholderia spp., and invasive fungi such as Aspergillus spp [1–3]. Autoimmune or inflammatory manifestations of the disease such as discoid lupus erythematosus, Raynaud’s phenomenon, and granulomatous colitis may be present regardless of the DHR level [5].

We report the case of a female carrier who developed a symptomatic form of X-linked CGD with DHR < 10% at the age of 67 years old and hypothesized that the development of clonal hematopoiesis could be
responsible for the late-onset disease.

**Case Description**

The patient was a 67-year-old woman, known to be an asymptomatic carrier of X-linked CGD (Gp91 subunit mutation) following the death of one of her children due to salmonellosis in 1985. She had two other sons X-linked CGD, one who died in 1988 at the age of 7 from invasive aspergillosis, and one with a history of recurrent bacterial and fungal infections (aspergillosis) and inflammatory bowel disease, alive and well at age of 35. The patient had never manifested with infections or inflammatory symptoms related to CGD until she was referred to our unit. She also had a history of breast cancer treated by tumorectomy, hormonal therapy, and radiotherapy at age 62 years in 2013.

The patient presented with skin lesions of her right thumb in December 2018. She had worked as a sheep farmer for many years. The papules evolved towards pustules with purulent discharge on an inflammatory background since December 2018 despite two different lines of oral antibiotic therapy and valaciclovir. Biopsies were performed in march 2019 after she was referred to our department (Figure 1). All biopsy cultures grew with a mold confirmed by sequencing as *Paecylomyces lilacinus*. Histopathological examination showed an inflammatory reaction and mycelial elements compatible with invasive fungal disease. Other microbiological investigations remained negative, especially poxvirus PCR. The patient was treated with oral voriconazole, loading dose 400 mg BID then 200 mg BID for 3 months. Treatment was well tolerated and allowed complete healing of the lesions. Her family history and the infection with a rare fungus led us to explore the possibility of immune deficiency linked to CGD. DHR was found to be < 10% consistent with a skewed X-inactivation. As the patient had no infectious or inflammatory manifestations of X-linked CGD before age 67, we hypothesized that the severely decreased DHR was the consequence of an acquired skewing of X-chromosome. Next-generation sequencing (NGS) was performed in mononucleated cells of the patient’s bone marrow. We found variants in *DNMT3A* with a variant allele frequency (VAF) of 7,88 %, *ASXL1* (VAF 47,94 %), and *STAG2* (VAF 48,26 %). The patient had normal blood counts and no signs of myelodysplasia were noted on the bone marrow aspirate, consistent with the presence of clonal hematopoiesis of indeterminate potential. Prolonged secondary prophylaxis with oral posaconazole and cotrimoxazole was indicated to prevent bacterial and fungal infections in this patient with late-onset severe CGD.

**Discussion**

This case addresses the issue of a late onset of CGD manifested by an invasive fungal infection due to a rare environmental mold, *P. lilacinus* at age 67 in a previously asymptomatic female carrier of X-linked CGD (Gp91 subunit mutation, exon 7, c.676C>T, p.Arg226*).

Three other cases of late-onset CGD have been described in the literature, all three patients being women aged 45, 53, and 64 [6–8]. These cases were diagnosed after infection by opportunistic pathogens (*Aspergillus spp* [6], pulmonary infection with *Burkholderia cepacia* [7], and *Serratia marcescens* [8]).
Invasive fungal diseases due to molds other than *Aspergillus* spp. is rare during CGD course [9]. *P. lilacinus* is a cosmopolitan saprophytic soil and plant filamentous fungus, with a particular tropism for eyes, skin, and sinuses. Skin is the second most common site of infection after ophthalmic involvement with various unspecific manifestations of the disease from erythematous papules to necrotic lesions or cellulitis [10].

Age-related clonal hematopoiesis is common, found in roughly 2-3% of adults over the age of 50. It is associated with the risk of subsequent hematological malignancies and atherosclerosis and could be the key factor to understand the late onset of CGD in our patient. Clonal hematopoiesis is a frequent phenomenon correlated with medullary aging [11–13], so 2-3% of the population over 50 years old might be concerned [14]. It consists of the emerging of a related cell clone with an acquired gene mutation. The selection of one or more stem cells having a proliferation advantage can gradually replace the other stem cells in some cases [12], leading to reduced genetic diversity of hematopoiesis via the selection of one or more stem cells to the detriment of others. Two major consequences are known to date, increased cardiovascular risk and a variable rate of myelodysplasia and acute leukemia [15,16]. Wolach and al. have described for the first time a late onset of X-linked CGD in a 64-year-old woman and have suspected this phenomenon without being able to prove it [8]. In our patient, two of the three mutations most frequently involved in clonal hematopoiesis (*DNMT3A* and *ASXL1*) [17] were found. *DNMT3A* gene is located on chromosome 2 and encodes DNA (cytosine-5)-methyltransferase 3 A, an epigenetic modifier essential in hematopoietic stem cell differentiation [18]. It may confer a proliferation advantage becoming more important within stem cells aging [19]. *ASXL1* gene is an epigenetic marker frequently involved in all subtypes of myeloid malignancies and also in clonal hematopoiesis [20].

X-inactivation is an embryological phenomenon that is permanent at each cell division but whose allelic ratio varies throughout life [21]. Although the depth of the deficit, an atypical infection was not detected in our patient until the age of 67 years old. Hereby, we hypothesize that it is unlikely that our patient has had a so deep impaired DHR since birth. The skewed X-inactivation in favor of the mutated *CYBB* gene could have led to the progressive appearance of the genotype and phenotype disease. This asymmetry could be explained by the age-related selection of a cell carrying the mutation [20], as in our patient we found probable clonal hematopoiesis, so a plausible explanation could be that if the predominant clone carries the *CYBB* mutation, the pattern of inactivation of X becomes asymmetric in favor of this mutation. That would have led to the progressive reduction of the DHR and thus the acquisition of the disease. Interestingly, the patient had been treated by radiotherapy 5 years before, so the acquisition of clonal hematopoiesis could have been accelerated by this treatment.

Our finding suggests that asymptomatic carriers of *CYBB* mutations should have life-long clinical and biological surveillance. Yearly clinical exam and DHR measurement should start at 50 years old when the risk of clonal hematopoiesis becomes significant, or before if the patient starts to have inflammatory symptoms. Inflammatory symptoms like lupus discoid, pulmonary fibrosis, Crohn-like disease, can appear before infection when DHR is > 20%. Antifungal and antibacterial prophylaxis should be started as soon as the DHR is <20%, a percentage below which the risk of infection prevails [5].
In conclusion, the X-linked form of CGD could affect older women due to clonal hematopoiesis. Close monitoring of women carrying the mutation by studying phagocytic function should be interesting to detect DHR decrease below 20%. This strategy could help to prevent infections by starting early chemoprophylaxis and environmental prevention measures.

Declarations

Funding: no funding was obtained to support this work.

Conflicts of interest/Competing interests. None of the authors declare any conflict of interest.

Consent to participate. the patient consents to the use of her clinical information to the redaction of this case report.

Consent for publication. the patient consents to the use of her clinical information to be published for this case report.

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