Red to Far-red Ratio During Seed Development Affects Lettuce Seed Germinability and Longevity

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Abstract. Therminhibition and photosensitivity are two characteristics of lettuce seed that frequently affect its stand. The main objective of this study was to evaluate the hypothesis that lettuce seed germinability and longevity are affected by the red to far-red light ratio (R:FR) under which seeds mature. ‘Tango’ lettuce seeds were produced in growth chambers under one of two treatments: 1) red-rich light (R treatment) and 2) far-red-rich light (FR treatment). For both treatments, the percentage of normal seedlings germinated at 20°C–light was ≈100%. When germinated under the light, seeds from the R treatment exhibited a higher germination percentage and a faster germination (under a broader range of temperatures) than seeds from the FR treatment. When germinated in the dark, seeds from the R treatment germinated 100% between 12 and 23°C and over 50% at 30°C, whereas seeds from the FR treatment germinated less than 35% between 12 and 23°C and less than 5% at 30°C. Seeds from the R treatment had lower abscisic acid (ABA) content and were better able to germinate when exposed to external ABA concentrations than seeds from the FR treatment. Seed longevity as assessed by the accelerated aging test was higher from seeds in the FR treatment, indicating that red-rich light was detrimental to longevity. In another experiment, lettuce seeds that developed under similar conditions were harvested at approximately the moment of maximum dry weight accumulation and desiccated in dark, far-red, red, or fluorescent + incandescent light. Seeds desiccated under red light exhibited higher dark germination than the other treatments; however, no differences were observed in therminhibition or longevity. These results suggest that lettuce seed produced in an environment with a high R:FR light ratio will exhibit reduced therminhibition and photosensitivity as compared with production in a lower R:FR light environment.

Lettuce (Lactuca sativa L.) is one of the most commonly cultivated fresh vegetable crops in the world and its establishment requires high-quality seeds. Lettuce seed therminhibition (inability to germinate at high temperatures) and photosensitivity (inability to germinate in dark) are two characteristics that frequently affect seedling emergence, making it difficult to attain successful crop establishment in the field (Ryder, 1999; Wien, 1997). Levels of therminhibition and photosensitivity vary not only among lettuce genotypes (Gray, 1975; Kozarewa et al., 2006; Sung et al., 1998), but also among seed lots of the same cultivar (Contreras et al., 2008a; 2008b; Sung et al., 1998; Wurr et al., 1986). Differences in germinability among seedlots within cultivars are mainly the result of the particular environmental conditions under which each seedlot was produced (Contreras et al., 2008b; Wurr et al., 1986). In a previous study (Contreras et al., 2008b), we observed that the maternal light environment during ‘Tango’ lettuce seed development significantly affected seed weight, germinability, and longevity. Seeds produced under a light environment consisting of 8 h fluorescent light were lighter and exhibited lower photosensitivity, therminhibition, and longevity than seeds produced under 8 h fluorescent light + 8 h incandescent light. The red to far-red (R:FR) ratio of fluorescent and incandescent light was 7.5 and 0.1, respectively, and the critical period during seed development for the light environment effects on seed germinability and longevity was at the end of seed development after physiological maturity (moment of maximum seed dry weight accumulation). Because of the importance of phytochrome in regulating photosensitivity (Shinomura, 1997) and the methodology used in these experiments (extension of photoperiod with a far-red-rich source of light), we hypothesized that light quality, rather than photoperiod, would be the critical factor explaining differences in germinability and longevity between lettuce seeds produced under different light environments. Light quality during seed development affected the photosensitivity in Arabidopsis thaliana (Hayes and Klein, 1974; McCullough and Shropshire, 1970) and Piper auritum (Orozco-Segovia et al., 1993). Cresswell and Grime (1981) studied seed photosensitivity of 21 species and concluded that light conditions during seed drying strongly affect light requirements for germination.

Understanding the influence of the maternal light quality on seed germinability and longevity could assist in the production and handling of high-quality lettuce seeds. The main objective of this study was to test the hypothesis that lettuce seeds produced under a light environment with higher R:FR ratio have better germinability and lower longevity than seeds produced under a light environment with lower R:FR ratio.

Materials and Methods

Two experiments were conducted to determine the effects of the light spectral composition on lettuce seed quality: 1) effects during lettuce seed production (intact plants) and 2) effects during artificial seed desiccation (flower heads removed from the mother plant).

Expt. 1: Effects of light quality during seed production

‘Tango’ lettuce plants were grown in the greenhouse in 1.75-L plastic pots filled with a soilless growing media (Metromix 360; Scotts, Marysville, OH). Plants were irrigated daily and each pot was fertilized weekly with 50 mL of a solution containing 35 mg nitrogen, 15 mg phosphorus, and 29 mg potassium (Peters Professional; Scotts).
Germination in dark was conducted using black petri dishes on a thermogradient table (Serries #16065; Seed Processing Holland B.V., Enkhuizen, The Netherlands) at 12.4, 17.3, 23.4, or 29.7 °C; germination was evaluated after 4 d.

The effect of FR light on germination was investigated by germinating seeds at 20 °C in dark under constant white light (R:FR = 11.1, photon flux = 24 μmol·m⁻²·s⁻¹) or under constant FR light (R:FR = 0.01, photon flux = 10 μmol·m⁻²·s⁻¹). Germination was evaluated after 4 d.

For the accelerated aging (AA) test, lettuce seeds were aged at 41 °C with ≈100% RH for 72 h and then germinated following the standard germination protocol. Normal seedlings (ISTA, 1999) were evaluated after 11 d.

Abscisic acid extraction and determination. ABA extraction and determination from mature seeds were performed as described by Roth-Bejerano et al. (1999) with some modifications. Sixty seeds were frozen in liquid nitrogen and stored at −80 °C. After lyophilization, the seeds were ground to powder in liquid nitrogen and then weighed. Methanol containing 0.5 g·L⁻¹ citric acid monohydrate and 100 mg·L⁻¹ butylated hydroxytoluene was added at a ratio of 1.0 mL for each 10 mg of dry tissue. The suspension was stirred at 4 °C in dark for at least 20 h and then centrifuged at 1500 g for 10 min. ABA was determined from this supernatant by using anti-ABA monoclonal-specific antibodies and competitive enzyme-linked immunosorbent assay test according to instructions from the Phytodetek® ABA Test Kit (Aegida, Elkhart, IN).

The data are presented as average values ± SE of the average.

Expt. 2: Effects of light quality during artificial seed desiccation

Nine lettuce plants (cv. Tango) were cultivated in the greenhouse as described for Expt. 1. Approximately 14 flower heads per plant were labeled the day of flowering and harvested manually 14 d later. Immediately after harvest, 30 flower heads were randomly assigned to each of the following desiccation treatments: 1) dark, 2) total light, 3) red light, and 4) far-red light. Seed water content at harvest was calculated on seeds from five flower heads. Seeds from the flower heads assigned to the dark, red light, and far-red light treatments were extracted under fluorescent light in the laboratory. After extraction, the seeds were placed inside square plastic boxes (11 × 11 × 4 cm) containing 100 mL saturated sodium bromide solution. Seeds were placed on a mesh layer suspended in the plastic boxes to prevent direct contact between the seeds and NaBr solution. All boxes containing the seeds were placed in a chamber at 25 °C with constant fluorescent and incandescent light. Boxes of the dark treatment were wrapped with aluminum foil to prevent light from reaching the seeds. The sides and bottom of all other boxes were also wrapped with aluminum foil and only the top cover was transparent. Seeds from the total light treatment received a mix of fluorescent and incandescent light with a R:FR = 1.1. By using filters located over the box covers, seeds from the red and far-red light treatment were under light with R:FR of 45.53 and 0.01, respectively. The RH inside the boxes was ≈57%. After 3 d, a sample of 48 seeds (12 seeds from each treatment) was used for seed water content determination and the rest of the seeds were separated by treatment, were placed inside paper envelopes at 4 °C with 25% RH until evaluation. This experiment was repeated four times and for the statistical analysis, the average values were used.

Seed evaluation and data analysis. Dark germination at 20 °C, germination at 30 °C in light, and AA tests were conducted using 50 seeds from each replication and similar methodology as described for Expt. 1. Differences among treatments were analyzed using analysis of variance and the least significant difference (α = 0.05) procedures in SAS (SAS Institute, Cary, NC). Percentages and GI values were transformed to the arcsine of the square root of the fraction value before statistical analysis.

Results

Expt. 1. Lettuce seeds produced under the FR treatment were ≈5% heavier than seeds from the R treatment; however, standard germination was similar for seeds produced under both light treatments (Table 1). After 72 h AA (at 41 °C and 100% RH), standard germination of seeds from the R treatment was more affected, producing less than 11% normal seedlings compared with 98% normal seedlings from the FR treatment (Table 1). Abscisic acid content in mature seeds from the FR treatment was 65% higher than in seeds from the R treatment (Table 1).

Seeds produced under the R treatment did not require light to germinate between 12.4 and 23.4 °C and had greater than 50% germination in dark at 29.7 °C, whereas seeds from the FR treatment germinated no more than 35% in dark between 12.4 and 23.4 °C and less than 5% in dark at 29.7 °C (Table 1; Fig. 1). At 20 °C under constant FR light, seeds from the R treatment germinated only 6%, whereas no germination (0%) was recorded for seeds from the FR treatment (Table 1).
had a GI close to 1.0 (complete germination during the first 24 h) between 19.4 and 34.5 °C and over 0.8 at 13.0 and 36.5 °C (Fig. 2B). On the other hand, seeds from the FR treatment exhibited a GI close to 1.0 at 24.4 and 28.1 °C but were more affected by extreme temperatures than seeds from the R treatment, having a GI lower than 0.5 at 13.0 °C or temperatures over 34.5 °C (Fig. 2B).

Spectral composition during lettuce seed production also affected seed sensitivity to exogenous ABA (Fig. 3). In both treatments, germination percentage and GI were reduced by higher ABA concentrations (Fig. 3), but seeds from the FR treatment were more sensitive than seeds from the R treatment. Expt. 2. Average seed water content (fresh weight basis) at harvest (14 d after flowering) and after desiccation was 37.8 ± 0.5% and 6.7 ± 0.4%, respectively. The light condition during desiccation affected seed germination in the dark; seeds desiccated under red light exhibited 67% germination, significantly more than seeds from the other three treatments (Table 2). Production of normal seedlings after AA was no more than 27% for any of the desiccation treatments and seeds from the dark treatment exhibited significantly lower performance than seeds from the total light and far-red light treatments (Table 2). Germination at 30 °C was poor (12% or less) for seeds from any of the desiccation treatments with no significant differences among treatments (Table 2).

**Discussion**

Previously, we reported that lettuce seeds produced under a long day (LD) treatment were heavier, had lower germinability, better longevity, and higher ABA content than seeds produced under a short day (SD) treatment (Contreras et al., 2008b). In those experiments, the light extension of the LD treatment was attained by using incandescent light, which is rich in FR wavelengths, and we hypothesized that the observed differences were primarily caused by differences in the R:FR ratio between the SD (rich in R light) and LD (rich in FR light) treatments. Based on this hypothesis, the R and FR treatments are equivalent to the SD and LD treatments, respectively. Thus, if our hypothesis is correct, seeds from the FR treatment should be heavier, have lower germinability,
Table 2. Effect of spectral composition during artificial desiccation on quality attributes for ‘Tango’ lettuce seeds with 38% water content harvested 14 d after flowering and desiccated at 20 °C, 57% relative humidity, and under different light treatments.*

| Treatment | Dark germination (%) | Normal seedlings after AA* (%) | Germination (%) at 30 °C | Germination index at 30 °C |
|-----------|----------------------|-------------------------------|--------------------------|---------------------------|
| Total light | 14.0 b | 26.8 a | 11.5 | 0.02 |
| Dark | 8.0 bc | 6.0 b | 7.0 | 0.02 |
| Red | 66.5 a | 19.5 ab | 8.5 | 0.02 |
| Far red | 1.5 c | 21.6 a | 5.0 | 0.01 |
| P value* | -0.001 | 0.038 | 0.511 | 0.374 |

*Values in a same column with different letter(s) are significantly different according to least significant difference test (α < 0.05).

**Total light, red:far-red ratio (R:FR) = 1.1; red, R:FR = 45.5; far red, R:FR < 0.01.

*AA = accelerated aging of the seeds at 41 °C with ≥100% relative humidity for 72 h.

Calculated from analysis of variance.

***treatment (Fig. 1). These results confirm the increase of photosensitivity at higher temperatures reported by others (Fielding et al., 1992; Ikuma and Thimmann, 1964; van der Woude and Toole, 1980).

When germinating under light, seeds from the R treatment achieved full and rapid germination over a wider range of temperatures than seeds from the FR treatment (Fig. 2). These results support the hypothesis that maternal environments with higher R:FR during seed development and maturation significantly reduce the thermoinhibition of ‘Tango’ lettuce seeds. This genotype is characterized by the high thermoinhibition of its seeds, which frequently require seedlots to be primed to ensure successful establishment of the crop (H.J. Hill, personal communication).

Several reports have documented the effect of producing lettuce seeds at higher temperatures (e.g., 30/20 °C compared with 20/10 °C, day/night) in reducing seed thermoinhibition (Drew and Brocklehurst, 1990; Gray et al., 1988; Koller, 1962; Kozaareva et al., 2006; Sung et al., 1998); however, the effects of maternal light quality environment on lettuce seed thermoinhibition has rarely been studied. Seed production under modified light conditions represents a novel approach to the production of lettuce seeds with improved germinability.

Relief of photosensitivity in lettuce seeds is mediated by phytochrome, a soluble protein synthesized as Pr; the biologically inactive form that converts into Pfr by absorbing R light (Shinomura, 1997). Pfr is the biologically active form of phytochrome, which may reconvert into Pr by absorbing FR light and is required for the occurrence of phytochrome-controlled events such as lettuce seed germination. The effects of maternal light environment on lettuce seed germinability and longevity occurred after physiological maturity, during seed maturation and drying, when seed water content varied from ≥43% to ≥8% (Contreras et al., 2008b), which is sufficient for phytochrome photo-conversion in lettuce seeds (Vertucci et al., 1987). Pfr or some stable intermediate able to yield Pfr in the dark may persist in the seed after desiccation and harvest, and the amount of this pre-existent Pfr will depend on the R:FR ratio to which seeds were exposed at the end of seed development and dehydration (Taylorsion, 1982). Accordingly, at harvest, seeds from the R treatment would have a higher amount of pre-existing Pfr than seeds from the FR treatment, which would explain the observed differences in photosensitivity (Fig. 1). This explanation is supported by the report of Cresswell and Grime (1981), who studied light requirements for germination of 21 species and observed that seeds that matured and dried within green tissues required light for germination. These authors concluded that green tissue acts as a light filter, which reduces the R:FR ratio of the light that reaches the seeds, so seeds surrounded by green tissue would have most of their phytochrome in the inactive form (Pr).

We investigated germination under dark, white light, and FR light to test the hypothesis that differences in photosensitivity between seeds from R and FR treatments are explained by higher amounts of pre-existing Pfr in seeds from the R treatment. When germinated under constant FR light, seed germination decreased to 6% and 0% in seeds from the R and FR treatments, respectively (Table 1). Because FR light causes the conversion from Pfr to Pr (Taylorsion, 1982), these results support this hypothesis.

It is well documented that seed germination is regulated by the balance of two phytohormones with antagonistic effects: 1) ABA, which inhibits germination; and 2) gibberellins (GA), which induce germination (Finch-Savage and Leubner-Metzger, 2006; Kucera et al., 2005). Seeds from the R treatment had lower ABA content (Table 1) and germinated better under elevated external ABA concentrations than seeds from the FR treatment (Fig. 3). These results support the idea that the higher germinability observed in seeds from the R treatment would be explained, in part, by lower ABA sensitivity and content (Contreras et al., 2008b).

In species like lettuce (Toyomasu et al., 1998) and Arabidopsis (Yamaguchi et al., 1998), light induces germination through promotion of GA synthesis by Pfr. Additionally, Roth-Bejerano et al. (1999) observed that in photosensitive lettuce seeds, 2 h of red light during imbibition reduced the ABA accumulated in seeds compared with seeds imbibed in complete darkness. More recently, Sano et al. (2006) reported that in Arabidopsis seeds, the metabolism (biosynthesis and inactivation) of both GA and ABA was regulated by light (through phytochrome) and suggested that ABA suppresses GA biosynthesis during seed development and germination. Based on this information and the results from our previous study (Contreras et al., 2008b) and current study, we speculate that maternal environments with a high R:FR light improve germinability of lettuce seeds not only by favoring Pfr accumulation in the mature seed, but also by inducing phytochrome-mediated responses in the seed such as the promotion of GA accumulation and inhibition of ABA biosynthesis during seed maturation and drying. A significant Pfr-mediated control of ABA and GA metabolism during seed maturation and drying warrants further research.

Because the effects of maternal light environment on lettuce seed performance occurred between physiological maturity and harvest (Contreras et al., 2008b), the main objective of Expt. 2 was to test if R:FR ratio during artificial seed desiccation of lettuce seeds would have similar effects on seed germinability and longevity. In this experiment, seeds were removed from the flower heads at 14 d after flowering (after physiological maturity), when they had ≥38% seed water content and while the flower heads were still green and fully covering the seeds. Desiccation occurred at a constant 25 °C and 57% RH under different light conditions. As expected, the light treatment during desiccation had significant effects on the seed photosensitivity (Table 2). The highest dark germination percentage was for seeds desiccated under red light, whereas the lowest was for seeds desiccated under far-red light (Table 2). However, dark germination for seeds desiccated under red light was lower than seeds from the R treatment (Expt. 1) germinated in dark at the same temperature (66.5% versus 99.5% germination; Tables 2 and 1, respectively). The light treatment during desiccation did not affect seed germination at 30 °C (Table 2), and seeds from the four treatments had higher levels of thermoinhibition than seeds from Expt. 1 (Fig. 2; Table 2). These results differed from what was expected based on the data from Expt. 1 and our previous research (Contreras et al., 2008b). A possible explanation for these differences is that the desiccation rates between seeds that dry in the flower heads (attached to the mother plant) and naked seeds are not the same, which would affect the time available for metabolic changes associated with Pfr differences. Previously, we observed that decreases in lettuce seed water content from physiological maturity (≥40%) to harvest (≥8%) occurred over a period of ≥6 d (Contreras et al., 2008b). Under the desiccation conditions of Expt. 2, seed water content decreased from 38% to 7% in less than 24 h (data not shown). Additionally, when desiccated in the flower heads, the seeds remain exposed to the light of the maternal environment for a variable time (from a few days to 3 or 4 weeks) before harvesting. During this period, seeds contain ≥8% water content, which is the limit for phytochrome photoconversion in lettuce.
seeds (Vertucci et al., 1987); thus, additional accumulation of 

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may still occur in the seeds, which was not the case for seeds desiccated artificially in Expt. 2.

Longevity, or the ability of the seeds to survive long periods of storage, is another important aspect of seed quality. Previously, we reported that ‘Tango’ lettuce seed longevity was significantly and inversely correlated with dark germination, and it was significantly affected by the maternal light environment (Contreras et al., 2008b). Additionally, lettuce seed longevity (germination after 4 months of storage at 30 °C and 74% RH) was significantly correlated with results from the AA test (Contreras et al., 2008b). Thus, the AA test was used to evaluate lettuce seed longevity. As expected, lettuce seeds produced under R treatment had lower longevity than seeds from the FR treatment and there was an inverse relationship between seed longevity and dark germination (Table 1). In Expt. 2, although there were significant differences in results from the AA test, the values were below 27% normal seedlings for all treatments and the type of differences were not expected (i.e., lower longevity for seed desiccated under red light compared with seeds from far-red light, Table 2). In this case, these results could be explained by the methodology used in Expt. 2, as was already discussed. These results suggest a possible causal relationship between 

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action and or presence in seeds and seed longevity. Because the importance of proving this relationship for management of seed stocks by seed companies and germplasm conservation, and for understanding seed bank dynamics in native and weed plant populations, it should be further studied in lettuce and other species, especially those from the Asteraceae family.

In conclusion, our results provide evidence for the hypothesis that light quality of the maternal environment affects seed germinability and longevity of ‘Tango’ lettuce seeds. Higher R:FR ratios promoted the production of lettuce seeds with poorer longevity and lower levels of thermoinhibition and photosensitivity. Modification of the light environment during production of horticultural species has been suggested as a feasible practice for improvement of yield and quality of different types of crops (Clifford et al., 2004; Paul et al., 2005; Paul and Moore, 2006). Producing lettuce seeds under environments with higher R:FR ratio represents a novel approach to the production of lettuce seeds that are able to germinate rapidly and uniformly in a broader range of field conditions. However, undesired reductions in seed size and longevity are two negative effects that should also be recognized and studied. Further research should examine the feasibility of modifying light quality conditions as a measure to improve seed quality during the production of other lettuce cultivars and species.

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