Improved Nanopore full-length cDNA sequencing by PCR-suppression

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Full-length transcript sequencing remains a main goal of RNA sequencing. However, even the application of long-read sequencing technologies such as Oxford Nanopore Technologies still fail to yield full-length transcript sequencing for a significant portion of sequenced reads. Since these technologies can sequence reads that are far longer than the longest known processed transcripts, the lack of efficiency to obtain full-length transcripts from good quality RNAs stems from library preparation inefficiency rather than the presence of degraded RNA molecules. It has previously been shown that addition of inverted terminal repeats in cDNA during reverse transcription followed by single-primer PCR creates a PCR suppression effect that prevents amplification of short molecules thus enriching the library for longer transcripts. We adapted this method for Nanopore cDNA library preparation and show that not only is PCR efficiency increased but gene body coverage is dramatically improved. The results show that implementation of this simple strategy will result in better quality full-length RNA sequencing data and make full-length transcript sequencing possible for most of sequenced reads.

KEYWORDS
RNaseq, cDNA, panhandle, PCR suppression effect, nanopore, long-read sequencing

Introduction

Since its discovery in 1961 (Brenner et al., 1961), RNA remains the subject of intensive research, while finding application in therapeutic developments, as well as a tool for clinical diagnostics development. RNA sequencing (RNaseq) is the most complete way to analyze gene expression by determining absolute and relative abundances of transcripts, as well as by identifying isoforms (Stark et al., 2019). Majority of RNaseq experiments are performed using short-read sequencing technologies. However, since the lengths of most transcripts surpass the length attainable by currently available short-read sequencing technologies, long-read sequencing technologies, such as Oxford Nanopore Technologies (ONT) have been employed (Bayega, et al., 2018a; Oikonomopoulos et al., 2020). For example, majority of human transcripts are 1–2 kb in length with the longest known processed human transcript, the Titin mRNA, stretching over 100 kb (Bang et al., 2001).
disadvantageous as it biases species representation, adds extra laborious and expensive steps, and potentially might lead to RNA degradation during extra processing.

In order to improve representation of long fragments in complex mixtures other approaches have been tried. For example, it was observed that during single primer PCR of heterogeneous cDNA libraries, self-annealing structures are formed that decrease PCR efficiency. Lukyanov et al. (Lukyanov et al., 1995), took advantage of this phenomenon to add inverted terminal repeats (ITR) to the ends of cDNA. During the annealing phase of each PCR cycle, the 5′ and 3′ ends of single stranded ITR-modified molecules self-anneal, forming panhandle structures (Figure 1). The stability of these panhandle structures is dependent on the length of the molecule such that shorter molecules form more stable panhandle structures than longer molecules. The more stable panhandle structures formed by shorter molecules prevent primer binding thus reducing the amplification efficiency of short molecules in what is referred to as PCR suppression effect (Lukyanov et al., 1995). It was further reported that ITRs did not reduce the efficiency of amplification of individual sequences present in the initial RNA sample at different abundancies (Lukyanov et al., 1995). Varying the GC content of the ITR and primer and varying primer concentration, Shagin et al. (Shagin et al., 1999) showed that the degree of PCR suppression effect could be regulated and thus, one could vary the average length of complex mixtures of DNA. In the current work, we adapt this method to Nanopore cDNA library preparation and show that, indeed, this approach improves full-length cDNA sequencing by Nanopore compared to conventional standard and widely used Nanopore community methods (Chen et al., 2021). We incorporate ITR sequences to our cDNA molecules during reverse transcription and use single-primer PCR for cDNA amplification, followed by Nanopore library preparation. We compare this method, which we refer to as Panhandle (or just Panh), to Oxford Nanopore Technologies’ SQK-PCB109 method, which we refer to as ONT. The Panhandle method showed more than 2-fold increase in cDNA amplicon yield (suggesting improved PCR efficiency) and led to improved gene body coverage.

Materials and methods

We obtained total RNA from four samples: Mediterranean fruit fly (Medfly) embryos, the human breast adenocarcinoma cell line MCF7 (Biochain, Newark, CA), HeLa cell line (SuperScript™ IV kit, Thermo Fisher Scientific), and a genome in a bottle sample, GM24143 (NIST, United States). Medfly total RNA was extracted from a pool of embryos collected at 6 h post oviposition as previously described (Bayega et al., 2021). Total RNA was extracted from the female Epstein-Barr virus transformed B-lymphocyte cell line GM24143 using the Chemagic™ RNA Tissue10 Kit H96 (PerkinElmer) following...
TABLE 1 Primers used in this study. The common sequence across all primers is shaded in bold.

| Primer name | Sequence (5' - > 3') |
|-------------|----------------------|
| oligo (T) primer | AAGCAGTTGATACAGGAGCATGCAACGGCAACT(30)YN |
| Template switching oligo | AAGCACTGCTATCAACGCAGAGTTGGATTCTATCAGGcGrGrG |
| PCR primer | /5Phos/TCGTCGCCGCTCAAGCAGTTGATACAGAGCCAGAGT |

manufacturer’s instructions. MCP7 purified total RNA was purchased from Biochain (Newark, CA) while HeLa RNA was obtained from the Superscript IV kit (Thermo Fisher Scientific). We used 100 ng of Medly total RNA, 50 ng of HeLa, 83 ng of GM24143, and 50 ng of Medly total RNA.

In the ONT experiment, we processed the four samples following the Oxford Nanopore SQK-PBC109 kit according to manufacturer instructions. The samples were barcoded according to protocol, pooled at equal concentration, and sequenced on a single pre-used and washed PromethION flow cell which had 2521 pores. In the Panhandle experiment, we sequenced on a single pre-used and washed PromethION.

TABLE 2 Total yield of PCR amplified cDNA. Total RNA from four samples was processed either following Oxford Nanopore Technologies’ SQK-PBC109 protocol or an in-house optimised protocol referred to as Panhandle. Following 20 cycles of PCR amplification, the yield of amplicons was measured using 1x dsDNA HS Quibit kit.

| Sample | ONT yield | Panhandle yield | Fold increase |
|--------|-----------|-----------------|---------------|
| MCP7   | 300       | 1590            | 5.3           |
| HeLa   | 576       | 1290            | 2.2           |
| GM24143| 564       | 1410            | 2.5           |
| Medly  | 252       | 2086            | 8.3           |

Panhandle protocols, we used 150 ng of prepared library to load on the flow cell. Sample concentration and profiles were determined using Qubit dsDNA HS 1X solution (Thermo Fisher scientific) and D5000 Tapestation (Agilent), respectively.

Basecalling, demultiplexing, and read processing

Reads were basecalled and demultiplexed during sequencing using Guppy (version 5.1.13) included within the MinKNOW suite package (version 21.11.7). We processed reads generated with ONT protocol using Pychopper (Oxford Nanopore Technologies) to both put them in the correct orientation and remove barcodes and sequencing adapters. Reads were then processed using Cutadapt (Martin, 2011) to remove poly(A) tails using the “--a "A [100]"” option. For reads generated using the Panhandle protocol, we used Pychopper to orient them and remove barcodes and sequencing adapters. We then used Porechop (Wick) to remove our custom added ITR primers and lastly used Cutadapt to remove poly (A) tails.

Read alignment and coverage analysis

Medly reads were aligned to the Medly genome (Ccap_2.1, Genbank ID GCA_000347,755.4, Refseq GCF_000347,755.3). We used the NCBI Ceratitis capitata Annotation Release 103 for the transcriptome genes/transcripts. Reads from cell lines MCF7, HeLa, and GM24143, which are all human-derived, were aligned to the recently published telomere-to-telomere T2T-CHM13 genome assembly, the first gapless human genome completed with the help of long-read technologies (Nurk et al., 2022). We used the catLiftOffgenesV1 gene models which are GENCODE v35 gene models plus extra paralogs. These were generated using the Comparative Annotation Toolkit (CAT) (Fiddes et al., 2018) to lift over GENCODE models to T2T-CHM13 assembly and then using Liftoff...
(Shumate and Salzberg, 2020) to map genes missed by CAT and add other paralogs. CAT was also used to add gene models generated using PacBio Iso-Seq data. We selected the T2T-CHM13 assembly and the associated gene models as we believe they represent a more complete annotation of the human genome and transcriptome, respectively. All alignments were done using Minimap2 (Li, 2018) in splice-aware mode. In some cases, we subsampled reads using Seqtk (Li) before alignment. Alignment statistics were determined from bam files using Samtools (Li et al., 2009). To assess gene body coverage, we used RSeQC (Wang et al., 2012).

### Transcriptome construction and quality assessment

Flair (Tang et al., 2020) was used to construct a genome-guided transcriptome assembly from the three human cell lines, GM24143, MCF7, and HeLa. Briefly, 2 million PASS reads were subsampled using Seqtk for HeLa and GM24143 cell lines while for MCF7, we used all PASS reads available (3.4 million for ONT protocol and 2.5 million for Panhandle protocol). The six constructed transcriptomes were assessed using SQANTI (Tardaguila et al., 2018).

| Sample | Protocol | Pass reads | Fail reads | Total sequenced reads |
|--------|----------|------------|------------|-----------------------|
| MCF7   | ONT      | 3,399,426  | 1,449,111  | 4,848,537             |
| HeLa   | ONT      | 2,487,353  | 974,869    | 3,462,222             |
| GM24143| ONT      | 3,432,169  | 1,455,416  | 4,887,585             |
| Medfly | ONT      | 5,125,182  | 2,389,878  | 7,515,060             |
| Unclassified | ONT | 207,012 | 4,303,292 | 4,510,304 |
| Total_ONT | ONT | 14,651,142 | 10,572,566 | 25,223,708 |
| MCF7   | Panhandle | 2,601,122  | 670,034    | 3,271,156             |
| HeLa   | Panhandle | 4,489,611  | 1,235,938  | 5,723,549             |
| GM24143| Panhandle | 2,662,754  | 713,793    | 3,376,547             |
| Medfly | Panhandle | 7,923,177  | 1,927,617  | 9,850,794             |
| Unclassified | Panhandle | 1,919,040 | 8,749,598 | 10,668,638 |
| Total_Panh | Panhandle | 19,595,704 | 11,375,940 | 30,971,644 |
Results

Panhandle protocol shows higher cDNA-PCR amplicon yield

Following 0.8x AMPure XP magnetic beads cleanup of the PCR-amplified cDNA we used 1× dsDNA High Sensitivity Qubit kit (Thermo Fischer Scientific) to quantify the amount of amplicons yielded. We observed a higher yield of amplicons from the Panhandle method compared to the ONT method. From the 4 samples tested we obtained 1590, 1290, 1410, and 2086 ng of amplicons using the Panhandle method from MCF7, HeLa, GM24143, and Medfly, respectively, compared to 300, 576, 564, and 252, respectively using ONT method (Table 2; Figure 2). This is a range of 2.2 to 8.3-fold increase in yield (Figure 2; Supplementary Figure S1). Further, the cDNA profile of samples from Panhandle protocol showed a significantly reduced amount of molecules below 600 bp compared to ONT protocol.

Panhandle protocol yields longer reads

Samples prepared either with the ONT protocol or Panhandle protocol were pooled separately and sequenced on the PromethION using 2 separate flow cells, respectively. We obtained similar number of reads (Supplementary Figure S2). Table 3 summarises the reads statistics. The ONT protocol samples yielded between 3.4 and 7.5 million reads while Panhandle protocol samples had between 3.2 and 9.8 million reads. Although 82% and 72% of the reads generated with the ONT protocol and Panhandle protocol, respectively were assigned to their respective barcode, we noticed a higher percentage of unclassified reads with the Panhandle protocol (28% with Panhandle protocol versus 18% with ONT protocol). Among higher quality reads referred to as PASS reads, the Panhandle protocol showed a much higher number of unclassified reads (9.8% with Panhandle protocol versus 1.4% with ONT protocol, Supplementary Figure S3). The number of PASS and FAIL reads also seemed to differ. The Panhandle protocol seemed to yield higher number of PASS reads than the ONT protocol (Supplementary Figure S4), although we did not see this in another experiment.

We compared read lengths after trimming Oxford Nanopore sequencing adapters, barcodes, our ITR adapters, and poly (A) tails. We consistently observed longer read lengths in the Panhandle protocol-generated reads compared to ONT protocol-generated reads (Figure 3; Supplementary Figure S5). Among the 3 human-derived cell lines, the first quartile, median, mean, and third quartile where all either more than doubled or about
doubled in the Panhandle protocol compared to the ONT protocol (207 vs. 37, 454 vs. 139, 537 vs. 248, and 701 vs. 379, respectively, Table 4).

### Panhandle protocol shows higher genome alignment rate

We used Seqtk to subsample one million reads from each sample and aligned it to the respective transcriptome using Minimap2. We then assessed alignment rates using Samtools. We observed 19–28% higher alignment rate with Panhandle protocol-generated data compared to ONT protocol-generated data.

### Panhandle protocol shows better gene body coverage

We aligned reads generated from each sample to their respective genomes and assessed gene body coverage using RSeQC (Wang et al., 2012). We noticed a marked increase in gene body coverage (uniformity of coverage) with reads generated with the Panhandle protocol.
protocol. Reads generated with the ONT protocol showed a marked 3' bias with only about 40–50% of reads showing full-length coverage of the genes (Figure 4). Reads generated using the Panhandle protocol showed slight 5' bias except for Medfly reads which had a more marked 5' bias.

We further obtained data previously generated using the MCF7 cell line (Chen et al., 2021). The authors followed manufacturer’s instructions and performed direct cDNA sequencing (without PCR amplification, here-in referred to as cDNA-direct), direct RNA sequencing (RNA-direct), and sequencing of PCR amplified cDNA (cDNA-PCR). We compared gene body coverage obtained by the authors to our data generated using Panhandle protocol (Figure 5). We observed 3' bias in the authors’ data particularly with cDNA-PCR dataset. Overall, our data showed better gene body coverage particularly at the 5' whereas the authors’ data showed better coverage at the extreme 3' end. Still, over 80% of the reads generated with the Panhandle protocol show near full-length gene coverage.

**Panhandle protocol yields higher quality long-read transcriptome assembly**

We constructed the transcriptomes of three cell lines; MCF7, HeLa, and GM24143 using Flair and then assessed the transcriptomes using SQANTI. The Panhandle protocol consistently generated a higher number of genes that matched annotated genes. For example, the Panhandle protocol generated 10226, 10525, and 11660 genes matching annotated genes compared to 7780, 9955, and 11126 genes from the ONT protocol, for GM24143, HeLa, and MCF7 cell lines, respectively. On the other hand, the ONT protocol generate over twice the number of novel genes than the Panhandle protocol (Figure 6A). Further, the Panhandle protocol generated almost double the percentage of transcripts with a full splice match (FSM) to annotated genes than the ONT protocol (average of 14.0 versus 7.2%, respectively, Figure 6B). The number of genes with six or more isoforms was significantly higher in the Panhandle protocol compared to ONT protocol (Wilcox test p-value 0.08, Figure 6C). We also compared distance to annotated transcription start site (TSS) of constructed transcripts that showed incomplete splice match to their associated annotated transcript. We observed more restriction around the TSS in the Panhandle transcriptome than ONT transcriptome (Figure 6D).

**Discussion and conclusion**

Accurately sequencing full-length transcripts remains a main goal of RNAseq but still represents a challenge. As we show in Figure 4, long-read sequencing technologies such as Oxford
Nanopore Technologies show a 3' bias for the majority of reads. A method has been previously suggested to improve enrichment of longer molecules (Lukyanov et al., 1995). This method involves addition of an inverted terminal repeat in the cDNA synthesis primers such that a single primer is used during PCR. The ITR mediates the creation of panhandle-like structures during the annealing phase of each PCR cycle. These panhandle-like structures are more stable for short fragments compared to longer fragments and prevent primer binding in short molecules allowing longer molecules to be generated (Lukyanov et al., 1995; Dai et al., 2007). In the current study we adapted this method to Nanopore cDNA library preparation and implemented it on a variety of RNAs to show that it improves cDNA PCR amplicons yield by at least 2-fold and also greatly improves gene body coverage compared to the standard Nanopore cDNA library preparation protocol.

The Panhandle method resulted in a 2—8-fold increase in amount of PCR amplicons generated. This suggested improved PCR efficiency probably emanating from the suppression of primer binding in primer dimers and other short fragments. This is a very attractive attribute for samples with limited amount of total RNA, such as single cells and single embryos, as it increases sensitivity of PCR. Further, this attribute should improve overall RNAseq data quality as it allows one to lower the number of PCR cycles needed to obtain ample amplicons for sequencing. Lowering the number of PCR cycles should result in less duplicates, polymerase errors, and reduced PCR bias towards shorter molecules.

Reads generated from the Panhandle protocol showed a higher alignment rate than ONT protocol. This is probably attributable to the longer reads. We observed that non-aligned reads were more enriched with shorter reads compared to aligned reads (Supplementary Figure S6).

Gene body coverage was our focus. The Panhandle protocol dramatically improved gene body coverage when compared to direct RNA sequencing, direct cDNA library preparation using ONT.
sequencing, and cDNA-PCR sequencing. It achieved a main goal of long-read RNAseq to obtain full-length transcripts for the majority of reads. Further optimisation of this method could improve gene body coverage. The Panhandle method showed reduced 3’ coverage compared to 5’ coverage and perhaps this can further be resolved in future studies. Piao et al. (Piao et al., 2001) discovered that ligation (or addition) of a long (35 bp) linker to a cDNA library followed by PCR amplification of the library using a short primer (17 bp) primer that is part of the linker yields long-transcript enriched libraries that are more representative of full-length cDNA libraries. This design suppressed the amplification of short fragments at the cost of long fragments. We have not tried this format but it might further improve gene body coverage. However, even as implemented in the current study, the Panhandle method reduces sequencing costs, improves yields which could increase sensitivity and reduce PCR artifacts, and yields better coverage across gene body. Although we did not specifically investigate the effect of the Panhandle method on gene expression quantification, improvement in full-length data quality should lead to improved gene, and especially isoform, expression quantification.

The Panhandle protocol showed some drawbacks. It seemed to yield a smaller number of reads than the ONT protocol (Supplementary Figure S7). This is most likely attributable to sequencing adapter ligation method we used. We employed the enzymatic ligation method as detailed in the SQK-DCS109 protocol. The current SQK-PCB109 protocol employs a much more efficient ligation method based on click chemistry (Jaworski and Routh, 2018). In our hands, this method resulted in 2-fold increase in yields (Supplementary Figure S8). Further, we observed a higher percentage of unclassified reads among Panhandle protocol-generated reads. Among all reads, we observed a ~30% increase in number of unclassified reads in the Panhandle protocol compared to standard ONT protocol. Among high quality PASS reads, we observed a 7-fold increase in unclassified reads in the Panhandle protocol compared to standard ONT protocol. Again, this is most likely attributable to the less efficient enzymatic ligation of barcodes. Barcodes in the ONT protocol are added to each sample through PCR while in the Panhandle protocol barcodes are enzymatically ligated. We have observed a higher number of unclassified reads in other samples were barcodes are enzymatically ligated following the SQK-LSK109 kit protocol. This is however, should be less worrisome as unclassified reads are enriched with shorter and lower quality reads. Further, the alignment rate of Panhandle protocol-generated reads is 19–28% higher than ONT protocol which compensates for some of the reads lost due to being unclassified. For samples that are not barcoded no unclassified reads are expected. The remaining drawback of the ligation method we applied would be the lower number of sequenced reads. However, it should be possible for Oxford Nanopore Technologies to avail a ‘click chemistry’ version of the Panhandle protocol and thereby prevent loss of reads. Although we observed a higher rate of FAIL reads in the ONT protocol-generated reads we think this is related more to the quality of flow cell used as we did not see phenomenon in a separate experiment (Supplementary Figure S9).

Long-read RNAseq has been generally regarded as sequencing transcripts in their entirety. Therefore, unlike in short-read RNAseq where a transcriptome is assembled by identifying overlaps between reads, mostly commonly through de Bruijn graph-based algorithms (Grabherr et al., 2011), long-read transcriptomes are constructed by identifying reads emanating from the same genomic locus, either by alignment of reads to the genome (Kovaka et al., 2019; Tang et al., 2020) or self-alignment of reads (Li et al., 2017; Nip et al., 2020), and then collapsing all reads into a non-redundant set of genes and isoforms. However, as we show in Figures 4, 5 for cDNA-PCR method which is the most commonly used method of Nanopore RNAseq, over half of the reads generated do not cover the entire transcript. This, we think, stems from an intrinsic inefficiency in the PCR. Unfortunately, however, this potentially creates artifacts that can be potentially misconstrued as novel genes and/or alternative isoforms. Consequently, transcriptomes generated from all three cell lines using ONT protocol resulted in a higher number of novel genes but a lesser number of genes matching annotated genes and a lesser number of transcripts with a full-splice match to annotated transcripts. Further, we think that the Panhandle protocol generated more genes with six or more isoforms than the ONT protocol due to the longer reads generated with the Panhandle protocol. Although the Wilcoxon test p-value was high at 0.08, meaning the test are significant at 90% confidence interval, we think this is due to the sample size of three. Nevertheless, these attributes make the Panhandle protocol superior to the ONT protocol in generating higher quality transcriptomes.

An alternative approach is to enrich for full-length transcripts using cap dependent linker ligation (TeloPrime, Lexogen) combined with size selection (Cartolano et al., 2016), a method applied in conjunction with PacBio sequencing. Firstly, using 0.6X AMPure bead size selection did not improve ONT protocol (Supplementary Figure S10). Further, the Panhandle protocol described here is simpler and does not rely on a specific commercial kit. We strongly believe that the Panhandle protocol yields better results than the current ONT protocol. Although we used different cDNA synthesis and PCR amplification thermocycler conditions, we obtain similar results just by using the Panhandle primer design and following the ONT protocol. We used conditions described in the current study mostly as a precautionary measure since this is a lab-adapted protocol that has worked well over many samples.
Data availability statement

The datasets presented in this study have been deposited to NCBI’s SRA with project number PRJNA867697. The individual SRR numbers for each dataset can be found in Supplementary Table S1.

Author contributions

AB conceived the idea, conducted the experiments, performed data analysis, and drafted the manuscript. SO performed data analysis, was involved in experimental design and consultation, and was involved in earlier Panhandle protocol development and optimisation. YCW was involved in earlier Panhandle protocol development and optimisation. KM was involved in experimental design. JR oversaw the project execution. All authors read and corrected the manuscript.

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Conflict of interest

JR was a member of the MinION Access Program (MAP) and has received free-of-charge flow cells and sequencing kits from Oxford Nanopore Technologies for other projects. JR has had no other financial support from ONT. AB has received reimbursement for travel costs associated with attending the Nanopore Community meeting 2018, a meeting organized by Oxford Nanopore Technologies. The rest of the authors do not have competing interests.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fgene.2022.1031355/full#supplementary-material

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