Complex Compound Odontoma Associated with an Unerupted Tooth: A Rare Entity

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Abstract
Odontomas are odontogenic benign tumours composed of enamel, dentine, cementum, and pulp like tissue which are generally discovered during diagnostic radiography and are often asymptomatic. According to World Health Organisation (WHO), odontoma are classified as compound and complex odontomas. Compound or complex odontoma are commonly reported in the oral cavity but very rarely an odontoma may show features of both. This paper reports a rare case of an odontoma with both compound and complex features, occurring in the upper front region of the jaw associated with impaction of right permanent maxillary central incisor.

1. Introduction
Odontomas are developmental anomalies resulted from growth of completely differentiated epithelial and mesenchymal cells which give rise to ameloblasts and odontoblasts. The term odontoma was first coined by Broca in 1866. He defined it as “tumors formed by the overgrowth of transitory or complete dental tissues.”

According to WHO (2005), odontoma is an odontogenic benign tumor of young age which are tumor-like formations (hamartomas of dental tissues) or developmental anomalies, rather than true odontogenic neoplasms. Most of the odontomas are asymptomatic in nature, but signs and symptoms may occur occasionally. They may be associated to an unerupted or impacted teeth or show evidence of infection.

Waldron AC (2002) defined odontomas as “Non aggressive, hamartomatous developmental malformations or lesions of odontogenic origin appearing as small, solitary or multiple radiopaque lesions found on routine radiographic examinations.” Odontomas are the most common type of odontogenic tumors comprising 22% of all the odontogenic tumors of the jaws.

Odontomas have been associated with:
• Trauma during primary dentition.
• Inflammatory and infectious processes.
• Hereditary anomalies (Gardner syndrome, Hermann’s syndrome).
• Odontoblastic hyperactivity.
• Alterations in the genetic components responsible for controlling dental development.
According to Hitchin, odontomas are inherited through a postnatal gene mutation. There is a tendency in humans for the lamina to disintegrate into clumps of cells between the tooth germs. One of the etiologic factor in the formation of complex or compound odontomas instead of a tooth may be the persistence of a portion of dental lamina. Another important factor in aetiology is a mutation of epithelial cells of the tooth germ or persistent lamina which may itself induce the odontogenic epithelium to go through various stages of tooth formation. The persistent dental lamina may still continue to stimulate mesenchymal differentiation which is necessary for hard tissue formation. This results in formation of functional ameloblasts and odontoblasts eventually forming a composite odontoma. [8]

Gabell, James and Payne (1914) classified odontoma based on their developmental origin as [9, 10]

- Epithelial.
- Composite (epithelial and mesodermal).
- Connective tissue.

According to a classification by Thoma and Goldman (1946) [11]

- Geminated composite odontomas: Two or more, more or-less well-developed teeth fused together.
- Compound composite odontomas: Made up of more-or less rudimentary teeth.
- Complex composite odontomas: Calcified structure, which bears no great resemblance to the normal anatomical arrangement of dental tissues.
- Dilated odontomas: The crown or root part of tooth shows marked enlargement.
- Cystic odontomas: An odontome that is normally encapsulated by fibrous connective tissue in a cyst or in the wall of a cyst.

WHO classified odontomas into three groups [12]

- Complex odontoma: When the calcified dental tissues are simply arranged in an irregular mass bearing no morphologic similarity to rudimentary teeth.
- Compound odontoma: Composed of all odontogenic tissues in an orderly pattern that result in many teeth like structures, but without morphologic resemblance to normal teeth.
- Ameloblastic fibro-odontoma: Consists of varying amounts of calcified dental tissue and dental papilla-like tissue, the later component resembling an ameloblastic fibroma. The ameloblastic fibro-odontome is considered as an immature precursor of complex odontome.

The aim of this case report is to describe an interesting case of a mixed compound and complex odontoma localized in the premaxilla area associated with an impacted permanent maxillary incisor.

2. Case Report

A 12-year-old male patient reported to the Department of pediatric and Preventive dentistry with chief complaint of delayed eruption of teeth in upper front region of the jaw. Medical and family history of the patient was insignificant. Intraoral examination showed a missing right permanent maxillary central incisor and presence of over retained deciduous maxillary lateral incisor. There was a presence of a slight bulge in the region of unerupted tooth (Figure 1 and 2). The swelling was oval, measuring approximately 2x3 cms seen in the region of 11 and 12. Overlying mucosa appeared normal. On palpation, the swelling was firm, non-compressible and non-tender in nature.

Radiographic examination by an Intra Oral Periapical radiograph (IOPA) revealed the presence of dense, calcified, amorphous, irregularly shaped radio-opaque mass of varying density measuring approximately 1 cm in diameter (Figure 3). This radio opacity was surrounded by a radiolucency having well defined borders. An Orthopantomograph (OPG) revealed the presence of tooth like structure and impaction with permanent right

![Figure 1. Intra oral photograph (frontal).](image-url)
maxillary central incisor and canine could be appreciated. The OPG also detected transposition with permanent right maxillary lateral incisor and canine (Figure 4). A provisional diagnosis of odontoma was made, on the basis of the clinical and radiographic examination.

After achieving adequate local anaesthesia (2% lignocaine with 1:1,00,000 adrenaline), mucosa was reflected on the buccal and palatal aspect of the deciduous maxillary lateral incisor using a periosteal elevator (Figure 5 and 6). The over retained deciduous tooth was extracted using a primary incisor forcep (Figure 7). The calcified tooth like structure which was present below the apex of the deciduous tooth was visualised by further reflection of the mucosa using the periosteal elevator. It was removed by elevation using a periosteal elevator without disturbing the underlying unerupted permanent canine. The specimen was then sent to the Department of Oral Pathology and Microbiology for histopathological analysis (Figure 8).

On histopathological examination, the sections revealed components of enamel organ (Figure 9). Calcified structures like enamel, dentin, and cementum which were intermingled with pulp-like tissues were present in few areas. The calcified structures were arranged regularly in few areas, whereas, in few areas it was haphazardly arranged. Large mature tubular dentin was apparently seen enclosed in clefts or hollow structures which contained immature enamel or enamel matrix. Small amount of supporting fibrous connective tissue

Figure 2. Intra oral photograph (occlusal).

Figure 3. Intra oral periapical radiograph.

Figure 4. Orthopantomograph.

Figure 5. Application of local anaesthetic agent 2% lignocaine.
stroma representing fibrous capsule was also present. Few odontogenic islands were seen in a fibro-vascular connective tissue (Figure 10, 11 and 12). Based on the appearance of the gross specimen and the histopathological examination a final diagnosis of compound complex odontoma was made, which is a rare entity.

The patient was recalled after a week which showed uneventful healing of the extraction site. The patient was later referred to the Department of Orthodontics for comprehensive orthodontic treatment of the impacted teeth.
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3. Discussion

The incidence of odontomas in oral cavity is in the range of 9% to 37%. Compound composite odontomas are most commonly seen in anterior segment (61%), whereas Complex composite odontomas are seen in the posterior segment (34%). Complex (68%) and compound (62%) odontomas are found on the right side of the jaw more frequently than on the left. Incisor cuspid region of the upper jaw are the most frequent site for compound composite odontoma, whereas molar and premolar region of the mandible are common sites for complex odontomas. Keskin et al., found only five reports (4 case report and 1 retrospective study) about complex-compound odontoma in the literature. Thus, the present case is unique as it has combined features of both compound and complex odontoma. In a review of 160 cases of odontomas by Tekkesin et al., of all the investigated cases, 99 were complex, 57 were compound, and only four were mixed odontomas. This further confirms the rare occurrence of the mixed odontome that is the compound-complex odontoma.

Odontomas generally have a non-aggressive nature and tend to grow slowly. The most commonly observed symptoms associated with odontoma are pain, swelling, malocclusion and pathological anomalies in the adjacent teeth. Literature shows that 37-77% of eruption disorders are seen with odontomas. The findings in the present case report are consistent with literature, as the odontoma caused impaction of the permanent incisor.

In most of the cases, odontomas are impacted within the jaw bones and rarely show eruption in the oral cavity. Although odontomas are usually intraosseous, signs like expansion of the bone are not commonly noticed. In some cases, they can be examined visually, and this phenomenon has extremely rare occurrence in the cases of compound odontomas. In the current case report, detectable expansion of the bone surrounding complex-compound odontoma could be well appreciated on clinical examination. However, the exact aetiology is still debatable. It is considered that the expansion may be due to the eruptive forces arising from impacted teeth.

According to Kaban, odontomas can be enucleated with ease and adjacent teeth are rarely traumatized during surgical excision because they are usually separated by a septum of bone. Although odontoma has a limited growth potential, it should be removed as it contains various tooth formulations which can predispose to cystic change.

4. Conclusion

Early diagnosis of odontomas will help us achieve a simpler and less expensive treatment option. It will also prevent displacement or devitalisation of adjacent vital tooth structures and ensure a better prognosis.
All paediatric patients who report with clinical signs of missing tooth, delayed eruption or tooth displacement should be subjected to a detailed visual and radiographic examination for facilitating early diagnosis.

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