Mental health care provided to patients admitted to Brazilian psychiatric institutes: a scoping review

ABSTRACT
Objective: to identify and map the mental health care offered to patients admitted to forensic psychiatry institutes in Brazil. Method: a scoping review was guided by the JBI Institute Reviewer’s Manual. Searches took place in February 2019, in six databases, using descriptors and synonyms. Analysis was performed using simple descriptive statistics. Results: twelve studies were included, which were predominantly dissertations, published in 2014, carried out in the southeastern region of Brazil. Qualitative researches in the field of psychology and law stood out, with emphasis on the speeches of health professionals, and which did not specify the methodology of data analysis. Final considerations: the care provided to interns of the institutions has a punitive character, is based on excessive medicalization and diverges from the current legislation, which makes social reintegration difficult.

Descriptors: Mental Health Care; Prisoners; Inpatients; Institutes of Psychiatry; Review Literature.

RESUMO
Objetivo: identificar e mapear a assistência em saúde mental ofertada aos pacientes internados nos institutos de psiquiatria forense no Brasil. Método: trata-se de uma revisão de alcance norteada pelo JBI Institute Reviewer’s Manual. Buscas ocorreram no mês de fevereiro de 2019, em seis bases de dados, por intermédio dos descritores e sinônimos. A análise ocorreu por estatística descritiva simples. Resultados: foram incluídos 12 estudos, que eram predominantemente dissertações, publicados em 2014, realizadas na regiã£o sudeste do Brasil. Destacaram-se as pesquisas qualitativas, na área da psicologia e direito, com ênfase nas falas dos profissionais de saúde e que não especificaram a metodologia da análise de dados. Considerações finais: a assistência ofertada aos internos destas instituições tem um caráter punitivo, pauta-se na medicalização excessiva e diverge da legislação vigente, o que dificulta a reintegração social desse sujeitos.

Descritores: Assistência em Saúde Mental; Prisioneiros; Pacientes Internados; Institutos de Psiquiatria; Literatura de Revisão.

RESUMEN
Objetivo: identificar y mapear la atención de salud mental ofrecida a los pacientes ingresados en los institutos de psiquiatría forense en Brasil. Método: trata de una revisión de alcance guiada por el JBI Institute Reviewer’s Manual. Las búsquedas tuvieron lugar en febrero de 2019, en seis bases de datos, utilizando descriptores y sinónimos. El análisis se realizó utilizando estadísticas descriptivas simples. Resultados: se incluyeron 12 estudios, predominantemente dissertaciones, publicados en 2014, realizados en la región sureste de Brasil. Se destacó la investigación cualitativa en el área de psicología y derecho, con énfasis en las declaraciones de los profesionales de la salud y que no especificaron la metodología del análisis de datos. Consideraciones finales: la asistencia ofrecida a estos internos de estas instituciones tiene un carácter punitivo, se basa en una medicalización excesiva y difiere de la legislación actual, lo que dificulta la reintegración social de estos sujetos.

Descritores: Atención de Salud Mental; Prisioneros; Pacientes Internos; Institutos de Psiquiatría; Revisión de Literatura.

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INTRODUCTION

In all societies and in the most diverse eras, insanity has been found and often associated with difference, with the abnormal and with what is not within the sphere of the acceptable\(^{11}\). Even though over the years there have been changes in the way insanity is perceived, the social imaginary still persists in understanding the person with mental disorder as being incapable, irresponsible and violent, which reinforces their social segregation\(^{12-13}\).

Among this historically stigmatized and socially excluded portion, in total institutions or in extra-wall spaces, people with mental disorders who commit crimes stand out, which demand differentiated attention\(^{11-14}\).

From a legal standpoint, people with mental disorders who commit a crime, given the inability to distinguish the illicit nature of their actions, cannot be judged by their act. In these circumstances, the application of a Security Measure (SM) is determined for an indefinite period. This measure has a preventive and care character and can be carried out on an outpatient basis or hospitalization in a judicial asylum, to protect society and the individual against the presumed threat of mental disorder\(^{15}\).

Thereby, SM differs from the penalty (a measure imposed by justice for individuals who are in common chains) for some reasons: the penalty has a punitive character; it occurs through the understanding of the individual's guilt; it has a pre-established duration, while SM presents itself preventively; it operates due to the danger, due to the lack of understanding that people have in relation to the illicit character of their criminal act; and it has its indefinite time, because it depends on the evolution of the person's treatment, therefore it is subject to annual renewal\(^{16}\).

SM, therefore, is configured as a legal instrument, imposed on individuals considered incomputable, namely, one who, due to mental illness, incomplete or delayed mental development, or even due to mental health disturbance, does not answer in court for their acts\(^{15}\). In this way, specific places were created to guard/treat this segment of the population: judicial asylums\(^{17}\).

The birth of judicial asylums dates back to the end of the 19th century, in England, through the intersection between psychiatry, positive law and criminal anthropology, in the search for a typology for the insane that could serve as a prevention for violence and were spread by all western countries. In the past, there were only special institutions that manage to articulate, on the one hand, two of the most depressing realities of modern societies - the asylum for the alienated and the prison - and, on the other, two of the most tragic ghosts that “chase” everyone: the criminal and the insane\(^{18}\). Overcoming this reality requires structural and cultural changes of an intersectoral nature, which have their primary basis in the restructuring of mental health care for people with mental disorders who have committed crimes.

Recognizing the difficulties in ensuring the rights to health of this population, the Brazilian Unified Health System (SUS – Sistema Único de Saúde) instituted, in 2014, the service of evaluation and monitoring of therapeutic measures applicable to people with mental disorders in conflict with the Law and linked to the Brazilian National Policy of Comprehensive Health Care for Persons Deprived of Liberty in the Prison System (PNAISP - Política Nacional de Atenção Integral à Saúde das Pessoas Privadas de Liberdade no Sistema Prisional)\(^{114}\).

When considering that the social reintegration targeted by PR is directly related to mental health care provided to people with mental disorders, it becomes relevant to know the mental health care offered to patients admitted to forensic psychiatry institutes. In addition, there are few studies in the literature that address this issue in the Brazilian context. The findings of the study may affect improvements in mental health care, both in the care and in teaching fields. Therefore, the present study has as a guiding question: how is the mental health care offered to patients admitted to forensic psychiatry institutes?

OBJECTIVE

To identify and map the mental health care offered to patients admitted to forensic psychiatry institutes in Brazil.

METHODS

This is a scoping review, a type of literature review aimed at mapping the main concepts and limitations of a given research area, as well as the evidence for professional practice. It was guided by the assumptions of the JBI Institute Reviewer’s Manual\(^{115}\) and presented according to the PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation recommendations. Its protocol was registered at the Open Science Framework at the link: NN [deleted for peer review purposes].

The research question was developed based on the PCC strategy (P - Population; C - Concept; C - Context). Therefore, it was defined as P: interns; C: mental health care; and C: forensic psychiatry institutes.
The study population consisted of researches referring to the inmates of the forensic psychiatry institutes. Research published in full, in Portuguese, Spanish, and English, produced by Brazilian researchers, which aimed to identify the mental health care provided to inmates in forensic psychiatry institutes was included. Editorials, experience reports, theoretical essays and integrative reviews were excluded. No time limit was defined.

Prior to data collection, a preliminary search was performed in the JBI CONNECT + and Cochrane Library databases, and no protocols and reviews with a similar theme were identified.

Prior to the elaboration of the research strategy, a mapping was carried out in the PubMed and Cumulative Index to Nursing & Allied Health Literature (CINAHL) of the main descriptors and their synonyms in English, Medical Subject Headings (MeSH). Mapping was carried out in the Latin American & Caribbean Literature in Health Sciences (LILACS) of the main descriptors and their synonyms in Brazilian Portuguese, Health Sciences Descriptors (DeCS – Descritores em Saúde), used in studies that addressed the theme of interest.

Thus, the following were used: Population - “Prisoners” OR “Convicts” OR “Persons deprived of their liberty” OR “Incarcerates” OR “Inmates” OR “Insane offender”; Concept - “Mental health care”; Context - “Forensic Psychiatry Institute” OR “Mental Health Service” OR “Hospitais de Custódia e Tratamento Psiquiátrico” OR “Judicial asylum”. For the combination of descriptors, we used Boolean operators “AND” and “OR”, composing the search formulas in the referred databases and research platforms.

Searches took place, in February 2019, in PubMed, CINAHL, Scopus, LILACS, Web of Science. Gray literature search was carried out in the Theses and Dissertations Catalog of the Coordination for the Improvement of Higher Education Personnel (CAPES - Coordenação de Aperfeiçoamento de Pessoal de Nível Superior). Moreover, searches were carried out on the following thematic issues that addressed prison health and/or mental health: Revista Brasileira de Enfermagem - v.71, Suppl. 5, 2018 and Revista Ciência & Saúde Coletiva - v.21, n. 7, 2016.

Open access filters and countries/regions (Brazil) were used in the databases. The search occurred at the CAPES Catalog through the combination of descriptors and synonyms of the last element of the PCC mnemonic of this research - (C) forensic psychiatry institutes, HCTP, and judicial asylums. As inclusion criteria, the following were established: dissertations and theses published in full online. No time limit was stipulated. However, as the database used has undergone recent updates, abstracts of works published since 2013.

After applying filters, 4,370 publications were found, including theses, dissertations and papers. Titles and abstracts were read to identify possible studies to be included in the review, which were analyzed in full.

The studies of the final sample were organized based on the following data: type of study, year of publication, academic background of the author, federative unit, objective, type of research, research subjects, mental health care, professionals responsible for care, care tool and results (difficulties and/or facilities for carrying out care). The data were analyzed using simple descriptive statistics. There was no need for ethical appraisal, as it works with public-domain studies.

RESULTS

Characterization of studies

The final sample consisted of 12 searches, which represents 0.01% of the initial number of searches and 0.3% of the pre-selected studies to be read in full (Figure 1).

Characterization of these studies is shown in Chart 1 according to title, year of publication, database, federative unit of origin, and type of study.

According to the data presented in the previous chart, dissertations (6; 50.0%) predominated in the sample, followed by scientific papers (4; 33.3%) and theses (2; 16.7%). The time dimension of the investigations analyzed was from 2013 to 2018, with the highest concentration of studies in 2014 (4; 33.3%). The researches were carried out predominantly in the southeastern region (7; 58.0%), with an emphasis on productions from Rio de Janeiro (4; 33.3%) and Minas Gerais (2; 16.7%).

Concerning the type of study research, there was a predominance of qualitative studies (11; 91.6%), with an emphasis on ethnographic studies (4; 33.3%). The research subjects were mostly health professionals (4; 33.3%), followed by interns (3; 25.0%). As for data collection procedures, 6 (50.0%) researches used interviews, followed by documentary research (4; 33.3%), use of image (1; 8.3%) and a form (1; 8.3%).

The areas of knowledge in which the authors of the investigations evaluated are demonstrating the multidisciplinary nature of research on this theme, with an emphasis on psychology (3; 25.0%) and law (3; 25.0%).

With regard to data analysis procedures, 7 (58.3%) studies did not specify the methodology used for such analysis, followed by content analysis (3; 25.0%), discourse analysis (1; 8.3 %), and descriptive statistics (1; 8.3%).
Facilities

Concerning interns:
- Low level of aggressiveness;
- Affected bonds preserved;
- Cooperative;
- Stable mood;
- Artistic expression developed;
- Preserved memory, language and cognition;
- Documentary situation defined;
- Rich historical record.

Concerning structure:
- Current legislation;
- Have an organizational chart and deinstitutionalization schedule;
- Alliances produced between technicians and the existing devices of the psychosocial network;
- Commitment of professionals and commitment of technical teams to keep Singular Therapeutic Project updated;
- Professional devaluation and reduced staff;
- Increase in prison mass, especially increase in the number of drug users in compliance with Security Measure;
- Cashes between security officers and health professionals;
- Stigmas related to the construction of dangerousness as inherent to the insane (Fear of the intern's relapse);
- Fragility or lack of Psychosocial Care Network;

Difficulties

Concerning interns:
- Aggressiveness;
- Fragmented family links;
- Impaired memory, cognition and language;
- Absence of clear references about your past;
- Undefined documentary situation;
- Without territory;
- Long institutionalization.

Concerning structure:
- Commitment of professionals and commitment of technical teams to keep Singular Therapeutic Project updated;

Chart 2 - Facilities and difficulties in providing care to interns of forensic psychiatry institutes in Brazil

Characterization of the care provided

As for the objectives of the care provided, 8 (55.6%) studies listed as the only objective SM monitoring. Inclusion in the Psychosocial Care Network (RAPS – Rede de Atenção Psicossocial) was presented as the objective of 2 (16.6%) researches, and intimate “training” was mentioned in 2 (16.6%) studies.

As for the professionals responsible for care, psychiatrists predominated (7; 58.3%), followed by a multidisciplinary team (4; 33.3%) and a nursing team (1; 8.3%).

The tools used to provide care mentioned in the publications were: psychotropic (7; 58.3%), interdisciplinary meetings (1; 8.3%), Singular Therapeutic Project (PTS - Projeto Terapêutico Singular) (1; 8.3%) and padlocks and cells (1; 8.3%). Two studies (16.6%) did not mention any care tools.

In addition, the difficulties and/or facilities pointed out in the studies were also analyzed, with regard to the care provided to interns of forensic psychiatry institutes (Chart 2).

In general, the facilities are related to strengthening the bonds both between interns and the family/community and between professionals within the RAPS. Difficulties involve structural deficiency, stigmas, and prejudice that permeate the “insane offender”, enhanced by the lack of adequate training to work with this people.
The research conducted by Lanbecker et al. (28) points this out, in which the voice of people with schizophrenia is invisible in the setting of health research in Brazil.

The data collection procedures identified in this study correspond to the specificities of the research objects studied. However, complementation of the collected data, using different techniques, called by some scholars of triangulation of methods, would allow to enrich analyses (30).

The predominance of studies that did not describe the method of data analysis is a negative aspect, as it makes it difficult to replicate the research in other settings. As for the use of content analysis, it has been quite frequent in qualitative studies, as it is an internationally recognized method, which includes the explanation, systematization and expression of the content of messages, in order to make logical deductions from the analyzed data (28,36).

It is perceived that the care provided in forensic psychiatry institutes differs from that recommended by the current legislation, because, according to the service of evaluation and monitoring of therapeutic measures applicable to the person with mental disorder in conflict with the Law, the objective of care is to redirect the mental health care model for them, from the asylum environment to community-based services (14).

Thus, Evaluation and Monitoring of Therapeutic Measures Applicable to the Person with Mental Disorder in Conflict with the Law (EAP - Equipes de Avaliação e Acompanhamento de Medidas Terapêuticas Aplicáveis à Pessoas em Conflito com a Lei) must act in the strengthening of local networks that allow treatment in an open environment, since the beginning of compliance with SM. They must enable the progressive deinstitutionalization of those who are hospitalized, through rescue of family bonds the guarantee of psychosocial care within the scope of SUS, aiming at rehabilitation and social reintegration (14).

EAP should consist of an interdisciplinary team, composed of five professionals, namely: a nurse; a psychiatrist or doctor with experience in mental health; a psychologist; a social worker; and a professional trained in humanities, social or health sciences, preferably education, occupational therapy or sociology. Therefore, there should not be a professional responsible for care, but co-responsibility and matrixing of the RAPS and EAP reference services (14).

It is also recommended to prepare the PTS by the network’s reference service, with subsidies from EAP, involving, whenever possible, people with mental disorder in conflict with the Law and their family and community references, as a way of establishing articulated therapeutic conducts, in addition to the exclusive use of medicalization or physical restraint (14,37).

Few fields of knowledge and performance in health are as complex, plural and intersected as mental health (38). This complexity is accentuated when it involves the mental health of people in conflict with the Law. Therefore, it would be pretentious to believe that the points listed in this study include all facilities and/
or difficulties in providing care to interns of forensic psychiatric institutes, but certainly allow for a substantial reflection on them.

Concerning the profile of interns, they must have a low level of aggression, stable humor, developed artistic expression, preserved affective bonds, preserved memory, language and cognition. They must be cooperative and have a defined documentary situation, with a rich historical record, favor care because it facilitates the creation/maintenance of bonds between professionals and interns, as well as corroborating with the construction and implementation of the PTS.

The PTS is a mechanism used to offer users other ways of caring and self-care in mental health and is configured as a device to overcome traditional care. The presence and commitment of family members in the continuity of the actions proposed by the PTS are directly related to the success of the therapeutic proposal employed.

On the other hand, histories of long hospitalization, interns without ties and without territories to return to, and the stigmas that involve the “insane offender” hinder care and, consequently, their social reintegration. Specifically on the territorialization, so necessary for the process of social reintegration of the inmates, there is a disarticulation between the provisions of the RAPS and the courts of justice, which tend to appear in regions outside the territory of the subjects.

The existence of legislation that proclaims the social reintegration of people with mental disorders in conflict with the Law and an organization chart/schedule, to guide the deinstitutionalization teams, in addition to the implementation and updating of the PTS through teamwork, are facilitating aspects in providing care to this people. Successful experiences of deinstitutionalization serve as a model and inspiration for other services.

However, the growth of the prison mass, mainly due to the increase in the number of drug users in compliance with SM, followed by the structural deficiency (physical and human resources), the lack of permanent education actions to train professionals (health and security), weaken the RAPS and hinder teamwork and corroborate the clashes between the fields of safety and health.

It is known that social and medical practices are inseparable from the discourse that establishes them. Thus, contemporary forms of care result from a socio-historical and cultural process consolidated over time. Examples are hegemony of technoscientific and specialized knowledge, to the detriment of teamwork, comprehensive and horizontal essential to replace the practices traditionally consecrated by total institutions.

According to Silva et al., the power of the positivist and biocentric tradition, absence/presence of a common project, confrontation between specificity and flexibility in carrying out work, communication and the existence of imprecise and/or mistaken concepts of comprehensiveness among health professionals are critical points for interdisciplinary integration in health.

Despite the advances that have taken place since the enactment of Law 10.216/2001, the distortions in the implementation of federal policy in states and municipalities have repercussions on the slow process of total replacement of the asylum model and the coexistence of the asylum park and substitute services. These advances are associated with difficulties regarding the disruption of professional practices that affirm the objectification of the person with mental disorder, the suppression of the symptom, the specialties, the demand for hospitalization, the non-continuity of care, the outpatient care. Finally, work processes that end up maintaining a vigorous asylum culture, even more potent with regard to people in conflict with the Law.

Another aspect that requires reflection is the increase in hospitalizations for SM from other groups made invisible by care actions, as in the case of users of alcohol, crack. This is an increase that is likely to be accentuated as a result of Resolution 32, of December 14, 2017, which inserts psychiatric hospitals in RAPS, as well as encouraging the strengthening of Therapeutic Communities through financing and Decreto 9,761, of April 11, 2019. This decree approved the Brazilian National Policy on Drugs (Política Nacional sobre Drogas), and also encouraged confinement spaces as therapeutic strategies, which goes against the grain of PR.

As for continuing and permanent education projects aimed at strengthening the strategy of psychosocial care in services, there was an increase in investment from 2005, although they are still insufficient, mainly because it does not include all the actors involved in the deinstitutionalization process, like security agents.

The basic duties of the security agents in the setting in question are to guarantee order and security inside criminal establishments; to perform internal and external surveillance actions at these locations; to perform escort and custody operations for prisoners. Despite carrying out and promoting security actions that, at the same time, guarantee the intern's access to resocialization activities, the agent is not expected to dedicate himself/herself to this resocialization, which can hinder the practices together with health professionals.

In summary, the great challenge for providing care to inmates of Forensic Psychiatry Institutes concerns the reinvention of this space, abandoning the ambiguity that destines it to the prison act and inserting it within the scope of mental health policies. Thus, successful experiences in recovering the dignity of patients submitted to a SM such as that of the Programa de Atenção Integral ao Louco Infrator (Comprehensive Care Program for the Insane Offender) are replicated throughout the national territory.

Study limitations

Noteworthy is the time limitation for searches in the CAPES Catalog, which, after updating, does not provide summaries of dissertations and theses prior to Platforma Sucupira (Sucupira Platform), so only abstracts of works published since 2013 were available. Thus, it is possible that the sample analyzed in this research is underestimated and, therefore, should be analyzed from this perspective. There is incipience of research, in this sense, field studies are necessary in different spaces to confirm the generalization of the results to the national context.

Contributions to nursing, health and public policies

The paths of technical and scientific development on mental health care offered to people in conflict with the Law need to be socially referenced. The recognition of their specific health needs, the creation of public policies to meet them, as well as the indicators of prejudice, violence and discrimination require health professionals to produce knowledge and practices that are responsive to this situation. Furthermore, by signaling the
importance of teamwork in the context studied, this research reinforces the importance of the insertion of nursing professionals to improve the care provided to this population.

The present study contributes to the reflection on this theme, especially in the current context, in which there are numerous setbacks regarding PR. For this, it is indicated the inclusion of this theme in the curricular components of the courses in the health area and in the internship activities, with a view to guarantee training of skills and competences for a comprehensive and human professional approach. In addition, extension actions and research focusing on people with mental disorders in conflict with the Law are indicated.

**FINAL CONSIDERATIONS**

The study allowed to identify and map the mental health care offered to patients admitted to forensic psychiatry institutes in Brazil. In this sense, it was found that the researches that addressed this theme were predominantly dissertations, published in 2014 and carried out in the Southeast region of Brazil. Qualitative researches in the area of psychology and law stood out, with emphasis on health professionals' speeches, and which did not specify the methodology of data analysis.

It is important to highlight that the care offered to interns at these institutions has the primary objective of monitoring SM. It is not performed by a multidisciplinary team, and is based, above all, on psychotropic drug use. Thus, it is concluded that such care has a punitive character, is based on excessive medicalization and is in breach of the current Brazilian legislation, which hinders social reintegration. Therefore, it is suggested articulation of the various actors involved in the investigated setting, such as health professionals, justice professionals and relatives of inmates, to discuss and implement care actions in territorial-based devices.

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