Low-Dose UVB Contributes to Host Resistance against *Leishmania amazonensis* Infection in Mice through Induction of Gamma Interferon and Tumor Necrosis Factor Alpha Cytokines

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UV radiation suppresses the immune response, a fact which raises the question of whether the phenomenon may find practical applications in the outcome of infectious diseases. In this study, BALB/c mice were exposed to low-dose UVB (250 J/m²) from Dermaray M-DMR-100 for 4 consecutive days. Twelve hours after the last UV exposure, groups of mice were injected with 2 × 10⁶ *Leishmania amazonensis* promastigotes. The development of skin lesions, as assessed by measurement of visible cutaneous lesions, was significantly suppressed in low-dose UVB-irradiated mice compared to nonirradiated controls. In order to characterize the cytokines involved in this phenomenon, BALB/c mice were irradiated with identical doses of UVB, and gamma interferon (IFN-γ), tumor necrosis factor alpha (TNF-α), and interleukin 4 cytokine levels in blood serum and skin were examined at different times by a sandwich enzyme-linked immunosorbent assay, immunohistochemical analysis, and reverse transcription (RT)-PCR. Upregulated expression of serum IFN-γ and TNF-α was observed from 6 to 24 h. Positive results for IFN-γ and TNF-α in UVB-irradiated mice were obtained by immunohistochemical analysis. By RT-PCR, the mRNA expression of both IFN-γ and TNF-α cytokines was detected in a time-dependent manner only in UVB-irradiated mice. Histopathological analysis and electron microscopy revealed that cellular infiltration, tissue parasitism, and parasitophorous vacuoles in irradiated mice were markedly less noticeable than those in nonirradiated controls. These results suggested that low-dose UVB irradiation played a pathogen-suppressing role in *Leishmania*-susceptible BALB/c mice via systemic and local upregulation of Th1 (IFN-γ and TNF-α) cytokines.

*Leishmania* species have a worldwide distribution and can infect humans, causing a variety of clinical appearances ranging from small cutaneous lesions to disseminated visceral leishmaniasis. Characteristically, *Leishmania* parasites multiply exclusively in host macrophages (6), leading to highly polarized Th1 and Th2 immune responses in resistant (C57BL/6) and susceptible (BALB/c) mice, respectively (38). A model of infection with *Leishmania* parasites inducing cutaneous lesions in susceptible mice results in a disseminated and lethal infection accompanied by an immune response dominated by CD4⁺ Th1 cells secreting interferon γ (IFN-γ), IL-2, and tumor necrosis factor alpha (TNF-α) (34).

Resistance obtained in BALB/c mice after immunization, CD4⁺-cell depletion, or anti IL-4 treatment correlates with a decrease in the Th2 response and a concomitant increase in the Th1 response (39, 42). The characteristic of these immunological manipulations is that, in most cases, they can be effective only when performed before or soon after the infection. For the early containment of parasite replication, IFN-γ synthesis (initially by natural killer cells and later by Th1 lymphocytes), leading to macrophage activation, is crucial (15).

The UV radiation found in sunlight is the primary environmental agent responsible for inducing skin cancer. UVB (290 to 320 nm) exhibits high biological activity, and while it is mostly absorbed by the epidermis, small but significant quantities can penetrate to the dermis. In contrast, 35 to 50% of incident UVA radiation (320 to 400 nm) penetrates to the dermis (26). Exposure of humans (49) and mice (30) to suberythemal doses of UVB (280 to 320 nm) light interferes with the production of the cell-mediated immune response to contact-sensitizing haptens applied epicutaneously at the site of irradiation. The mechanism by which UVB irradiation activates the suppressor, rather than the effector, arm of the immune response is not fully understood; however, the release of cytokines and an alteration in the activity of epidermal Langerhans cells following UVB irradiation have been shown to be involved (32).

These profound effects of UV radiation on the development of chronic hypersensitivity have raised the question of whether the phenomenon may have practical consequences for infectious diseases, in addition to its relevance for cutaneous carcinogenesis. A variety of infectious disease models, including herpes simplex virus types 1 and 2, *Candida albicans*, *Mycobacterium bovis* BCG, *Mycobacterium leprae*, and *Bor-
relia burgdorferi infections in mice and Trichinella spiralis infections in rats, indicated that exposing these animals to UV radiation before infection abrogated the development of delayed-type hypersensitivity and resulted in a more severe disease outcome (7, 10, 18, 20, 21, 33, 48). In contrast, Giannini reported that, in the mouse model of Leishmania major, cutaneous lesion development was significantly suppressed by UVB irradiation (13). These controversial results raised the question of how UVB may affect immunity to infectious agents and, by that action, increase the incidence or severity of infections.

In our previous study (22), it was shown that low-dose UVA irradiation (10 and 30 J/cm²) prior to Leishmania infection significantly suppressed cutaneous lesion development in BALB/c mice infected with Leishmania amazonensis. It was concluded that the suppression was due to Th1 induction by low-dose UVA irradiation. In the present study, to elucidate the effects of low-dose UVB irradiation, we observed its effects on Leishmania infection. We show that BALB/c mice previously irradiated with low-dose UVB become protected against cutaneous lesion development from infection with L. amazonensis. The basis of this low-dose UVB irradiation-induced protection was evaluated by examining the production of IFN-γ, TNF-α, and IL-4 cytokines.

MATERIALS AND METHODS
Mice and parasites. Specific-pathogen-free, male BALB/c mice were obtained from the Animal Center of the Faculty of Medicine, University of the Ryukyus (Okinawa, Japan). Mice were 6 to 8 weeks old at the beginning of each experiment. Within each experiment, the mice were age matched. All experiments were approved ethically by the University of the Ryukyus. The animals were housed in a specific-pathogen-free barrier facility and were given free access to National Institutes of Health Formula 31 mouse food and sterilized water. Ambient lighting was automatically controlled to provide 12-h light-12-h dark cycles. A total of 20 mice in each group were used. L. amazonensis (MHOM/BR/73/M2269) parasites were cultured in vitro as reported previously (45).

Leishmania infection and disease parameters. At 12 h after the last UVB exposure, irradiated and control mice were injected intradermally with 2 x 10⁵ L. amazonensis promastigotes suspended in 0.05 ml of normal saline. The extent of cutaneous lesion development was recorded weekly. The size of a lesion was calculated from the average diameter approximating a circle by measurement of length and width (± axis multiplied by y axis). All mice were killed at 12 weeks after infection because control mice developed large ulcers. Biopsy samples were collected at 6, 12, and 24 h after the last irradiation and processed for immunohistochemical analysis, mRNA extraction, and enzyme-linked immunosorbent assay (ELISA), respectively. Serum was obtained from blood after centrifugation at 2,000 x g for 20 min at 4°C. Serum cytokine levels were measured by a sandwich ELISA according to the protocol provided by the manufacturer with a commercially available murine IFN-γ Quantikine M kit (R&D Systems, Minneapolis, Minn.) or mouse TNF-α and IL-4 kits (Endogen Inc., Woburn, Mass.). All measurements were determined in duplicate.

RESULTS
Effects of low-dose UVB irradiation on the course of Leishmania infection. When we examined the course of L. amazonensis infection in nonirradiated and low-dose UVB-irradiated BALB/c mice, different patterns were observed. Normal control BALB/c mice are susceptible to this parasite and develop nonhealing lesions at the sight of parasite inoculation. At 3 weeks of inoculation, nonirradiated mice showed visible lesions at the injection site; in contrast, low-dose UVB-irradiated mice remained resistant to infection. After 6 weeks of infection, 12 of 20 (60%) of nonirradiated mice had lesions, while 3 of 20 (14.2%) of mice irradiated with low-dose UVB had small papules. After 12 weeks of infection, 8 of 20 (40%) of mice irradiated with low-dose UVB had small nodules, while 100% of nonirradiated mice had large ulcers and had to be sacrificed. The lesion size difference between low-dose UVB-irradiated and nonirradiated control mice was statistically significant (P < 0.0008) (Fig. 1).
The results shown in Fig. 2 illustrate the tissue pathology seen in nonirradiated mice infected with *L. amazonensis* only (Fig. 2A and C) or infected with *L. amazonensis* 12 h after the last UVB exposure (Fig. 2B and D). Nonirradiated control mice, infected with *L. amazonensis*, showed an intense diffuse inflammatory infiltrate, tissue necrosis, and areas of ulceration with intense tissue parasitism. In contrast, mice preirradiated with low-dose UVB showed a small infiltrate with little tissue destruction, lymphocytes, plasma cells, few polymorphonuclear cells, many noninfected macrophages, and few infected macrophages. No parasites were observed in the viscera of irradiated or control mice (data not shown).

Electron microscopic observation of control mouse lesion revealed that the dermal macrophages had large parasitophorous vacuoles (PV) and contained many *Leishmania* parasites. These parasites were round and had well-developed cell organelles (Fig. 3A). In the dermis, many *Leishmania* parasites were also seen outside macrophages. In contrast, specimens obtained from low-dose UVB-irradiated mice showed smaller PV and a few *Leishmania* parasites phagocytized by dermal macrophages (Fig. 3B). Signs of macrophage activation were seen in the majority of these cells, which exhibited characteristics of intense activity, such as the presence of evident nucleoli, increases in cytoplasmic volume associated with a large number of lysosomes, and numerous microvilli (Fig. 3C). Interestingly, in low-dose UVB-irradiated mice, *Leishmania* parasites were also phagocytized by dermal eosinophils (Fig. 3D).

**Time-dependent induction of INF-γ and TNF-α cytokines.** In order to examine the immune responses in nonirradiated mice versus those preirradiated with low-dose UVB, blood

| Cytokine or protein | Type of primer | Sequence (5' to 3') | Amplified band size (bp) |
|--------------------|----------------|---------------------|-------------------------|
| INF-γ              | Sense          | GGCTGTTTCTGGCTGTATGC | 426                     |
|                    | Antisense      | GACTCCTTTCCGCTCCCTCA |                         |
| TNF-α              | Sense          | CCTCCCTCTCATCAGTTCTA | 501                     |
|                    | Antisense      | GCAATGACTCTAAAGTAGACCTG |                       |
| IL-4               | Sense          | GACGGCACAGAGCTATTGGTC | 411                     |
|                    | Antisense      | TAGGCTTTCCAGGAAAGCTTTTCAGTGATGTG |               |
| GAPDH              | Sense          | TGGCCAAGGTACATCCATGAC | 210                     |
|                    | Antisense      | AGGCCATGCGCAGTGCTTC  |                         |

**FIG. 1.** Low-dose UVB irradiation suppresses the lesion development of cutaneous *L. amazonensis* infection. BALB/c mice were irradiated with UVB at 250 J/m² for 4 consecutive days; 12 h later, control and irradiated mice were injected with $2 \times 10^6$ *L. amazonensis* promastigotes. Three weeks after inoculation, visible skin lesions were measured weekly, and size was calculated by measuring length and width. Nonirradiated and irradiated mice were killed at 12 weeks after inoculation. Data presented here are the means and standard deviations from a representative experiment repeated three times with the same results. Statistically, the significance of the difference between the groups was analyzed by Student’s unpaired *t* test. An asterisk indicates a *P* value of <0.0008.
samples were collected at different times. IFN-γ, TNF-α, and IL-4 responses were evaluated by a sandwich ELISA. The IFN-γ level in low-dose UVB-irradiated mice was significantly upregulated compared to that in control mice (Fig. 4A). Differences were observed at 6 h after irradiation, and the levels of serum IFN-γ between the irradiated and control mice diverged with time, were significant at 12 h (P < 0.0003), and remained elevated at up to 24 h after irradiation (P < 0.004) (irradiated versus control mice).

It has been reported that TNF-α mediates host resistance against leishmaniasis in a murine model (44). Thus, we assume that TNF-α may also be induced after low-dose UVB irradiation. The present results disclosed that along with the IFN-γ level, the TNF-α level was also increased in low-dose UVB-irradiated mice. Upregulated levels of TNF-α were observed at 6 h (not significant), peaked at 12 h (P < 0.005), and remained elevated at up to 24 h after the last irradiation (P < 0.03) (irradiated versus control mice) (Fig. 4B). In contrast to the upregulated levels of IFN-γ and TNF-α expression after low-dose UVB irradiation, there was no significant change in the serum IL-4 level (Fig. 4C). A slight downregulation of the level of IL-4 was observed at 24 h after irradiation, but statistically the difference was not significant (P < 0.3).

**Immunohistochemical localization of IFN-γ and TNF-α cytokines in the skin after low-dose UVB irradiation.** Skin samples from nonirradiated mice showed no immunopositivity for IFN-γ (Fig. 5a). IFN-γ was found to appear first in dermal spindle-like cells and the infundibulum of the hair follicle at 6 h after the last UVB irradiation (Fig. 5b). The intensity and number of cells staining positive for IFN-γ then increased by 12 h (Fig. 5c) and 24 h (Fig. 5d) after the last UVB exposure. Skin samples from control mice and from mice at 6 h after the last UVB exposure showed negative staining for TNF-α (Fig. 5e and f). Positive staining was observed in dermal spindle-like cells and the epidermis at 12 h after the last UVB irradiation (Fig. 5g). TNF-α staining became stronger and was maximal at 24 h (Fig. 5h). TNF-α immunoreactivity was found to localize predominantly in dermal spindle-like cells and the epidermis, whereas IFN-γ-positive staining was restricted to the dermal hair infundibulum and spindle-like cells (Fig. 5c and h).

**Effects of low-dose UVB irradiation on cytokine mRNA expression.** To assess the local induction of cytokines after low-dose UVB irradiation, mRNA levels for IFN-γ, TNF-α, and IL-4 were examined by RT-PCR. Figure 6 shows IFN-γ and TNF-α mRNA expression in tissue samples taken from low-dose UVB-irradiated and control mice. A weak positive signal
of 426 bp for IFN-γ was obtained at 6 h, and a strong positive signal was obtained at 12 and 24 h after the last irradiation, while control mice showed negative results. A positive signal of 501 bp for TNF-α was obtained at 12 and 24 h after the last irradiation. In contrast, at 6 h after the last irradiation and in control mice, negative results were seen for TNF-α. The same method of PCR repeatedly failed to yield a signal for IL-4, despite an increase in the number of cycles to 45.

**DISCUSSION**

Different studies have demonstrated that high-dose or chronic UVB irradiation suppresses host immunity to several infectious diseases (7, 10, 18, 20, 21, 33, 48) and is one of the major causes of skin carcinogenesis. UVB irradiation influences immunosuppression, not only locally but also systemically. As evidence of this immunosuppression, it has been reported that the numbers of T lymphocytes and natural killer, OKT6⁺, and epidermal Langerhans cells are reduced after UVB irradiation in humans and mice (17, 27, 41). UVB irradiation also impairs the cell-mediated immune response; i.e., it induces predominantly Th2 cytokines and reduces the levels of Th1 cytokines (11). On the basis of these facts, the present study was designed to investigate whether low-dose UVB irradiation at the inoculation site prior to *Leishmania* infection would influence the subsequent development of clinical disease in *L. amazonensis* infection. Surprisingly, mice irradiated with low-dose UVB and challenged with *L. amazonensis* promastigotes showed a significant delay in and suppression of the apparent onset and development of cutaneous lesions compared to control mice.

Our results disclosed that exposure to low-dose UVB prior to *L. amazonensis* infection makes BALB/c mice resistant to *Leishmania* parasites. It is noteworthy that the protective dose of UVB irradiation used in this study (250 J/m²) against *L. amazonensis* is well below the minimum erythematous dose of 400 J/m² (35). Protection persisted even up to 12 weeks of infection, when the animals were sacrificed. Our data are consistent with those of Giannini (13), who first reported that cutaneous lesion development was significantly suppressed by low-dose UVB irradiation in mice infected with *L. major*.

Previous studies demonstrated that lesion histological patterns reflect the host immune status in leishmaniasis (2, 36). Therefore, to corroborate the results obtained above, we ex-
FIG. 4. Expression of serum cytokine levels in low-dose UVB-irradiated and control mice. After the last exposure to low-dose irradiation, blood was obtained at various times. Serum samples obtained by centrifugation at 2,000 × g for 20 min at 4°C were analyzed with commercially available ELISA kits to measure IFN-γ, TNF-α, and IL-4 protein concentrations. The data shown represent the time-dependent induction of IFN-γ (A) (asterisk, P < 0.02; double asterisks, P < 0.004; and triple asterisks, P < 0.0003), TNF-α (B) (asterisk, P < 0.03; and double asterisks, P < 0.005), and IL-4 (C) after low-dose UVB irradiation. Each sample was analyzed in duplicate, and data are expressed as means and standard deviations from a representative experiment repeated three times with the same results. Statistically, the significance of the difference between the groups was analyzed by Student’s unpaired t test.
examined histological changes in low-dose UVB-irradiated mice and nonirradiated control mice at 12 weeks after infection. Necrotic areas were fewer in number and smaller in size in UVB-irradiated mice. In addition, in UVB-irradiated mice, areas of mixed-cell inflammatory reaction and areas of granulomatous reaction were also noted. Only few parasitized macrophages could be found among these cells. This type of tissue reaction correlates with resistance in leishmaniasis (3). Veress et al. (46) reported that PV were the result of the inability of macrophages to kill parasites and hypothesized that they were the morphological signs of intercellular parasite survival and multiplication by binary fission. Our ultrastructural observations disclosed that PV were of a smaller size and degenerated Leishmania parasites were seen in low-dose UVB-irradiated mice compared to control mice. Interestingly, Leishmania parasites were phagocytized by eosinophils in low-dose UVB-irradiated mice. These results suggest that the leishmanicidal activity of the macrophages and eosinophils might have been induced by low-dose UVB irradiation. A major question raised by these results is related to the mechanism of protection against Leishmania infection observed in mice exposed to low-dose UVB.

Different hypotheses can be postulated to explain the mechanism by which low-dose UVB irradiation causes the suppression of cutaneous lesions, as seen in this study. It may be hypothesized that increased activity of T lymphocytes through the expression of the Th1 response inhibits lesion development. In leishmaniasis, host resistance depends on cell-mediated immunity; the Th1 (IFN-γ, TNF-α, and IL-12) response is considered to be the most important element (5), while the Th2 (IL-4 and IL-10) response is disease exacerbating. Leishmania infection in BALB/c mice usually leads to a dominant Th2 (IL-4) response, and uncontrolled lesions develop; however, other strains of mice, such as C3H/HeN and C57BL/6, develop a Th1 (IFN-γ) response, control parasite multiplication, heal spontaneously, and develop resistance to infection (16).

In our previous study we reported that preirradiation with low-dose UVA significantly suppressed lesion development in mice infected with L. amazonensis, and it was demonstrated that this phenomenon appeared as significantly upregulated levels of IFN-γ, TNF-α, and IL-12 and downregulated IL-4 and IL-10 cytokine expression (22). The present results showed that IFN-γ synthesis was profoundly upregulated by low-dose UVB irradiation, as indicated by the increased level of this cytokine in serum. Interestingly, however, considerable time-dependent expression of IFN-γ mRNA was also detected in skin tissues of low-dose UVB-irradiated mice by RT-PCR and immunohistochemical analysis. Our data are consistent with those of Shen et al. (43), who observed increased serum IFN-γ expression immediately after UVB irradiation. In contrast, Araneo et al. (4) and Gensler et al. (12) irradiated mice with UVB at 3,500 and 6 × 105 J/m², respectively, and showed a 75 to 100% reduction in serum IFN-γ expression. The difference between the previous studies and the present one is the dose of UVB irradiation. In the present study, we used a 10-fold smaller UVB dose (250 J/m²). The exact dose of UVB exposure that will contribute to a Th1 response, however, remains unknown.

TNF-α has been evaluated as an essential cytokine in host resistance to a variety of infectious diseases, including Listeria monocytogenes infection (31), Trypanosoma cruzi infection (47), and Plasmodium chabaudi adami infection (8) in mice. Liew et al. (29) reported that TNF-α plays an important role in
host resistance against cutaneous leishmaniasis in mice. Our results disclosed that TNF-α synthesis was upregulated by low-dose UVB irradiation, as indicated by the increased level of this cytokine in serum. Interestingly, however, considerable time-dependent levels of TNF-α mRNA were also detected at 12 and 24 h after the last UVB exposure in mouse skin tissues by RT-PCR and immunohistochemical analysis. Our results are in agreement with those of previous studies reporting that

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**FIG. 5.** Immunohistochemical detection of IFN-γ and TNF-α cytokine expression at different times after low-dose UVB irradiation. (a and e) Samples from nonirradiated mice used as controls. (b and f, c and g, and d and h) Samples from mice at 6, 12, and 24 h after the last UVB exposure, respectively.

![Image](https://example.com/image.png)

**FIG. 6.** Detection by RT-PCR assays of IFN-γ, TNF-α, and GAPDH mRNAs in tissues from nonirradiated control mice and low-dose UVB-irradiated mice at different times. A total of six mice per group were used. Results for representative samples taken from three mice in each group are shown. Lanes 1 to 3, nonirradiated mice; lanes 4 to 6, 7 to 9, and 10 to 12, mice at 6, 12, and 24 h after the last UVB irradiation, respectively. Lane 13, no DNA added (negative control). Lane SM, size markers.
serum TNF-α and TNF-α mRNA in human and mouse keratinocytes and in dermal fibroblasts were induced by UVB irradiation at doses of 2, 10 to 100, and 1,400 J/m², respectively (9, 24, 25). Considering these findings, it is highly possible that UVB at a dose of 250 J/m² will exert a protective effect on the course of *Leishmania amazonensis* infection, i.e., delaying and significantly suppressing lesion development in irradiated mice compared to nonirradiated control mice.

*Leishmania* infection in BALB/c mice induces a Th2 response, characterized by elevated levels of serum IL-4 and IL-4 mRNA (16, 42). Afonso and Scott (1) detected IL-4 only at the early stage of *L. amazonensis* infection; later, when lesions had developed, no production of IL-4 was observed. Our data showed that serum IL-4 expression remained unchanged and that IL-4 mRNA was not detected in low-dose UVB-irradiated mice. Previous studies indicated that IL-4 does not appear to be sufficient to make C57BL/6 mice susceptible to infection with *L. major* (40) and that neutralizing monoclonal antibodies against IL-4 protect BALB/c mice from infection with *L. major* only when given in the first week of infection (28, 39). Therefore, our results suggest that, at least at the level of Th2 differentiation, the major mechanism of action occurring during low-dose UVB irradiation and possibly responsible for protection against the immunopathological response elicited by *L. amazonensis* is the inhibition of Th precursor cells from developing into Th2 cells.

The presence of IFN-γ and TNF-α after low-dose UVB irradiation, during the initial interactions of parasites and host cells, is critical for *Leishmania* disease outcome. TNF-α can mediate host resistance against *Leishmania* infection (27, 43) and most likely acts in synergy with IFN-γ to activate macrophages to synthesize nitric oxide, which kills the intracellular parasites (14). At present, however, the results presented here demonstrate that, like preirradiation with low-dose UVB, stimulated production of IFN-γ and TNF-α provides a potent leishmanicidal pathway against *L. amazonensis*. The major conclusion that can be drawn from our study is that the IFN-γ and TNF-α cytokines are responsible for the suppression of the lesion development of *L. amazonensis* infection. On the basis of our previous (22) and present results, we speculate that low-dose UV irradiation enhances host immunity through the upregulation of Th1 cytokines. We also hypothesize that UV irradiation is not always immunosuppressive and may be beneficial if used in low doses. An evaluation of the range of low-dose UV irradiation which enhances the host immune response through the upregulation of Th1 cytokines is under way.

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