Adrenomedullin inhibits ovalbumin-induced bronchoconstriction and airway microvascular leakage in guinea-pigs

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ABSTRACT: Human adrenomedullin is a potent vasodilator with bronchodilation properties. The effects of adrenomedullin on antigen-induced bronchoconstriction and airway microvascular leakage in guinea-pigs was investigated. The portion of the adrenomedullin molecule possessing these pulmonary active profiles was also examined, using two truncated adrenomedullin molecules: adrenomedullin (1–25) and adrenomedullin (22–52).

Four weeks after sensitization with ovalbumin (0.1 mg·kg⁻¹), the guinea-pigs were anaesthetized and mechanically ventilated. Respiratory resistance, dynamic compliance and arterial blood pressure were monitored. Airway microvascular leakage was evaluated by extravasation of 20 mg·kg⁻¹ Evans blue into airway interstitial tissue. In order to enhance the pulmonary effects of adrenomedullin, the active production of endogenous nitric oxide was inhibited by coadministration of a nitric oxide synthase inhibitor, L-NAME-nitroarginine methyl ester (10 mg·kg⁻¹).

Intravenous pretreatment with adrenomedullin (10, 30 and 100 μg·mL⁻¹) dose-dependently inhibited ovalbumin-induced bronchoconstriction and airway microvascular leakage in all airway segments. Inhaled adrenomedullin (100 μg·mL⁻¹, 1 min) also significantly inhibited pulmonary changes induced by ovalbumin inhalation (3 mg·mL⁻¹, 3 min). These pulmonary profiles of adrenomedullin were enhanced by inhibiting the active production of endogenous nitric oxide.

In conclusion, adrenomedullin has inhibitory effects on antigen-induced microvascular leakage and bronchoconstriction in guinea-pigs. These beneficial effects strongly related to its unique ring structure and N-terminal segment, making it a potential anti-asthma.

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Human adrenomedullin, a peptide 52 amino acids in length, is a potent vasodilator, initially isolated from human pheochromocytoma tissue [1]. Adrenomedullin shows structural homology, including a ring structure of six residues formed by an intermolecular disulphide linkage, with calcitonin gene-related peptide, one of the most potent vaso-dilator agents. Besides expression in the adrenal gland, adrenomedullin messenger ribonucleic acid (mRNA) has also been localized to cardiovascular tissue including the heart, kidney, lung and vascular wall [2]. SUGO and co-workers [3, 4] have demonstrated that cultured vascular cells, such as endothelial and vascular smooth muscle cells, have a prominent capacity to produce adrenomedullin. The lungs also express large amounts of adrenomedullin mRNA [2, 5] and adrenomedullin receptors [6, 7] on endothelial and vascular smooth muscle cells, suggesting that adrenomedullin may participate in the regulation of the pulmonary vascular system in an autocrine or paracrine manner. However, the pathophysiological role of adrenomedullin in the lung is still unclear.

Asthma is generally known as an inflammatory disease. Airway microvascular leakage, a primary feature of inflammation in asthma, is known to worsen the asthmatic condition. Increased microvascular leakage causes the formation of mucosal oedema and the exudation of plasma proteins into the bronchial interstitial tissue, accompanied by the activation of many biochemical pathways followed by bronchial narrowing and epithelial damage [8]. Under these conditions, the function of endothelial cells in pulmonary capillary vessels may play an important role in causing airway microvascular leakage. In a previous study, the potent inhibitory effects of natriuretic peptides against antigen-induced microvascular leakage and bronchoconstriction in the asthmatic model of guinea-pigs were reported [9]. The potent vasodilator action and the natriuretic and diuretic properties and potent vasodilative action of adrenomedullin are very similar to those of atrial natriuretic peptide (NAP) [10]. A previous study has shown that adrenomedullin significantly inhibits acetyl-choline- and histamine-induced bronchoconstriction in a dose-dependent fashion [11]. These findings suggest that adrenomedullin might have similar effects to ANP on asthmatic changes.

In this study, the effects of adrenomedullin were first studied against both antigen-induced airway microvascular leakage and bronchoconstriction, and which portion of the adrenomedullin molecule possessed the pulmonary active profiles also investigated. However, when considering the complicated pathophysiological conditions of asthma, nitric oxide generation and its action cannot be neglected. In fact, exhaled NO is increased in allergen-induced experimental animals [12] as well as in patients with bronchial asthma.
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[13]. Despite a potent bronchodilative effect [14], endogenous NO acts to increase airway microvascular leakage after airway allergic reaction [15] and might worsen the asthmatic condition. A recent study has reported that adrenomedullin augments inducible NO synthesis in interleukin-1β-stimulated rat vascular smooth muscle, partially through a cyclic adenosine monophosphate (cAMP)-dependent pathway [16]. These facts suggest that adrenomedullin-induced NO production might negate the beneficial effects of adrenomedullin on asthmatic reactions. However, there are no additional reports concerning the pulmonary effects of adrenomedullin on NO production in the pulmonary system. The second purpose of this study was to investigate whether or not L-NAME, a NO synthase inhibitor, could potentiate the effects of adrenomedullin on antigen-induced microvascular leakage.

Materials and methods

Animal preparation

Throughout the experiments, male Hartley guinea-pigs (~250 g; Japan SLC, Inc., Shimoka, Japan) were used. In order to sensitize the animals, 0.5 mL saline containing 0.1 mg ovalbumin and 2 mg aluminium hydroxide was first injected intraperitoneally. Then, once a week, intraperitoneal injections of 0.1 mg ovalbumin dissolved in 0.5 mL 0.9% saline were given. Three weeks later, guinea-pigs, then weighing 350–450 g, were given intraperitoneal injections of pentobarbital sodium (50 mg kg⁻¹ i.v.) for anaesthesia. Evidence of the appropriate level of anaesthesia was shown by the disappearance of the corneal reflex and a lack of the withdrawal response to paw pinching. A tracheal cannula (7 mm length and 2.0 mm internal diameter) was inserted through a tracheostomy and connected to a constant-volume respirator (Model 683; Harvard Apparatus, University School of Medicine). Signals from the plethysmograph box (Model PLYAN; Buxco Electronics, Inc., Sharon, CT, USA) were respectively cannulated. The animals were placed in a plethysmograph (Model PLXAN; Buxco Electronics, Inc., Tokyo, Japan) and all signals were recorded for 10 min.

Protocol

The effects of adrenomedullin on antigen-induced airway changes were studied in 51 sensitized guinea-pigs. The animals were randomly divided into nine groups (with five (groups 1–7) or eight (groups 8–9) animals per group): group 1) ovalbumin alone (1 mg kg⁻¹ i.v.) as antigen challenge; groups 2–4) adrenomedullin (10, 30 and 100 μg kg⁻¹ i.v., respectively); group 5) adrenomedullin (1–25) (100 μg kg⁻¹ i.v.); group 6) adrenomedullin (22–52) (100 μg kg⁻¹ i.v.); group 7) saline vehicle containing 20 mg kg⁻¹ Evans blue as the basal control; group 8) adrenomedullin (100 μg kg⁻¹ i.v.), t-NAME (10 mg kg⁻¹ i.v.), and L-NAME (10 mg kg⁻¹ i.v.); and group 9) adrenomedullin (100 μg kg⁻¹ i.v.), t-NAME (10 mg kg⁻¹ i.v.); and L-arginine (100 mg kg⁻¹ i.v.).

To eliminate the haemodynamic effects of intravenous adrenomedullin administration, the following aerosol experimental protocol (eight animals per group) was undertaken: group a) preadministration of inhaled adrenomedullin (100 μg mL⁻¹, 1 min) followed by inhaled ovalbumin (3 mg mL⁻¹, 3 min); and group b) preadministration of inhaled saline (1 min) followed by inhaled ovalbumin (3 mg mL⁻¹, 3 min). All inhalation procedures were performed using an ultrasonic nebulizer (mean particle size ~5 μm as per the manufacturer’s specification) (NE-U07; Omron Co. Ltd., Tokyo, Japan). The output of this nebulizer was measured as 0.2 mL min⁻¹ at 4 mL tidal volume when attached to the ventilatory system.

Measurement of pulmonary mechanics and mean blood pressure in antigen-induced bronchoconstriction

The animals were given 1 mg kg⁻¹ of mepyramine maleate i.v. before antigen challenge to avoid anaphylaxis. Baseline recordings of pulmonary mechanics (respiratory resistance and dynamic compliance) and mean blood pressure were obtained. Then t-NAME (groups 8 and 9) or 1 mL kg⁻¹ saline (all other groups) was administered i.v. After the increase in systemic blood pressure induced by t-NAME reached a plateau at 5–6 min, or after the same time period in the vehicle group, each dose of the peptides was injected i.v. 1 min before challenge with the antigen. t-arginine was also administered to group 9 at the peak time of blood pressure response to t-NAME. Respiratory resistance, dynamic compliance and mean blood pressure were recorded for 10 min.

In the second protocol, baseline recordings of pulmonary mechanics and mean blood pressure were made, and then the animals pretreated with 1 mg kg⁻¹ i.v. mepyramine maleate 5 min before starting the ovalbumin inhalation challenge. Adrenomedullin (100 μg mL⁻¹, 1 min) or vehicle (saline, 1 min) was inhaled 3 min before antigen inhalation. An ovalbumin aerosol (3 mg mL⁻¹) was administered for the first 3 min while recording pulmonary mechanics and mean blood pressure for 10 min.

Quantitative analysis of airway microvascular leakage

Microvascular leakage was quantified using an index of airway vascular permeability involving the extravasation of Evans blue into airway interstitial tissue, since it correlates with the extravasation of radiolabelled albumin in guinea-pig airways [17]. In order to evaluate the relationship between microvascular permeability and bronchoconstriction, a technique was used that allowed measurement of both bronchoconstriction and airway microvascular leakage in the same animal. The animal was exsanguinated, and the chest cavity opened immediately after measuring antigen-induced bronchoconstriction. Saline (50 mL, 0.9%) was perfused at a pressure of 120 mmHg from the pulmonary artery into the left atrium in order to eliminate excess Evans blue in the pulmonary circulation. The airway and lungs were then removed, and the extraneous connective tissues, vasculature and parenchyma gently scraped off using a blunt scalpel until only bronchial tissue remained. The airways were divided into three
portions: the trachea, main bronchi and intrapulmonary airways. Each tissue piece was weighed wet and then soaked in 2 mL formamide for 24 h at 37°C to extract the Evans blue. The amount of Evans blue extracted was determined by measuring the optical density at 600 nm using a spectrophotometer (enzyme immunoassay plate reader, ELNX 96; Metertech, Inc., Taipei, Taiwan). Evans blue extravasation was calculated by interpolation on a standard curve constructed using five known dye concentrations in the range 0.5–10 μg·mL⁻¹, and the result expressed in ng·mg wet tissue weight⁻¹.

**Drugs and chemicals**

The following drugs and chemicals were used: adrenomedullin, adrenomedullin (1–25) and adrenomedullin (22–52) were purchased from Peptide Institute, Inc. (Osaka, Japan); L-NAME, L-arginine, chicken ovalbumin, formamide and Evans blue from Waco Pure Chemical Co. (Osaka, Japan); alumunium, hydroxide from Katayama Chemical Co. (Osaka, Japan); and mepyramine maleate from Cosmobio Co. (Tokyo, Japan). All agents were dissolved in 0.9% saline.

**Statistical analysis**

All data are expressed as mean±SD. Statistical comparisons were made using either the unpaired Student’s t-test (two-tailed) or two-way analysis of variance followed by Dunnett’s t-test. The mean blood pressure was calculated from recorded traces as diastolic blood pressure+0.33 (systolic blood pressure - diastolic blood pressure). A p-value <0.05 were considered statistically significant.

**Results**

In a preliminary study, with no antigen challenge, it was ascertained that the intravenous administration of adrenomedullin (100 μg·kg⁻¹ i.v., n=4) or L-arginine (100 mg·kg⁻¹ i.v., n=5) showed no statistically significant effect on airway microvascular leakage and bronchoconstriction, and L-NAME (10 mg·kg⁻¹ i.v., n=5) showed no statistically significant effect on bronchoconstriction (data not shown).

**Measurement of pulmonary mechanics and mean blood pressure in antigen-induced bronchoconstriction**

The administration of 1 mg·kg⁻¹ ovalbumin caused significant bronchoconstriction, which reached a maximum within 4 min of injection. The effect of adrenomedullin on respiratory resistance, an index of central airway constriction, is shown in figure 1a. The effect of adrenomedullin on dynamic compliance, an index of peripheral airway constriction, is shown in figure 1b. Intravenous pretreatment with adrenomedullin significantly reduced ovalbumin-induced bronchoconstriction in a dose-dependent manner. As shown in figure 2a and b, the C-terminal portion of the adrenomedullin molecule (adrenomedullin (22–52)) had a significantly lower pulmonary active profile than adrenomedullin, especially during the first 5 min, whereas adrenomedullin (1–25) clearly retained these bronchodilative actions. As demonstrated in figure 3a and b, the NO synthase inhibitor L-NAME inhibited bronchodilation caused by adrenomedullin, but with no statistical significance. The suppressive effect of L-NAME was rendered ineffective by 100 mg·kg⁻¹ L-arginine.

Inhaled ovalbumin (3 mg·mL⁻¹, 3 min) caused significant bronchoconstriction, which was significantly inhibited by pretreatment with inhaled adrenomedullin as shown in figure 4 a and b.

**Quantitative analysis of airway microvascular leakage**

Intravenous administration of ovalbumin produced significant increases in extravasated Evans blue in the trachea, main bronchi and intrapulmonary airways (p<0.001), and pretreatment with adrenomedullin significantly inhibited ovalbumin-induced plasma leakage at all three airway levels in a dose-dependent manner (fig. 1c). Both portions of the adrenomedullin molecule (adrenomedullin (1–25) and adrenomedullin (22–52)) showed significantly lower pulmonary active profiles in comparison to adrenomedullin (fig. 2c). L-NAME significantly enhanced the inhibitory effect of adrenomedullin on ovalbumin-induced microvascular leakage, especially in the trachea and main bronchi. This enhancement of adrenomedullin action by
l-NAME was inhibited by coadministration of l-arginine (fig. 3c).

Inhaled ovalbumin produced significant increases in extravasated Evans blue in the trachea, main bronchi and intrapulmonary airways, and pretreatment with adrenomedullin significantly inhibited ovalbumin-induced plasma leakage at all three airway levels in a dose-dependent manner (fig. 4c).

Changes in mean blood pressure

Table 1 shows changes in mean blood pressure. Following intravenous treatment with adrenomedullin (30 and 100 μg·kg\(^{-1}\)) there was a significant reduction in mean blood pressure. However, two truncated adrenomedullin molecules, adrenomedullin (1–25) and adrenomedullin (22–52), showed no significant systemic vasodepression. l-NAME pretreatment, which significantly increased mean blood pressure, was reversed by a 100 mg·kg\(^{-1}\) injection of l-arginine. Conversely, inhaled adrenomedullin showed no significant decrease in systemic mean blood pressure: 55.12±9.32 mmHg before versus 54.40±10.29 mmHg after treatment with inhaled adrenomedullin (p=0.894).

Discussion

This study demonstrated the potent inhibitory effects of adrenomedullin on both antigen-induced bronchoconstriction (fig. 1a and b) and airway microvascular leakage (fig. 3a) in actively sensitized guinea-pig, and that these potencies were due to the segmental structure of the adrenomedullin molecule. In a previous study, KAZAMA ZANNA et al. [11] first demonstrated that adrenomedullin, a well-known strong vasodilator, could also dilate smooth airways. The significant inhibitory effects on histamine- and acetylcholine-induced bronchoconstriction encouraged the further research into the antigen-induced asthmatic responses in sensitized guinea-pigs described in this study. In the present study, the dose-dependent bronchodilative effect of adrenomedullin on airway smooth muscle in guinea-pigs was shown, and that this may be similar to the cAMP-linked mechanism of adrenomedullin-mediated vasodilation in vascular smooth muscle cells [18]. The potent vasodilative effect of intravenous adrenomedullin also caused a reduction in systemic mean blood pressure (table 1). The systemic vasodepressive responses to adrenomedullin are reported to have prolonged
action, whereas pulmonary vasodilative activities in the pulmonary vascular bed are rapid in onset and short in duration in both the anaesthetized rat [1] and the intact cat [19]. The reason for this differential result in the time course is still unclear. Indeed, the short-duration pulmonary vasodilation might change blood flow, and in turn alter airway microvascular leakage. The systemic haemodynamic influences were eliminated in order to evaluate the effects of adrenomedullin alone. The potent inhibitory effects of inhaled adrenomedullin on aerosol ovalbumin-induced bronchoconstriction and airway microvascular leakage were demonstrated (fig. 4). Microvascular leakage appears to occur primarily in capillary vessels which have no vascular smooth muscle, suggesting that endothelial cells are involved in the inhibitory effect on microvascular leakage. The fact that endothelial cells possess adrenomedullin receptors and synthesize adrenomedullin also indicates the existence of mechanisms in the pulmonary circulation which regulate airway microvascular permeability. Although the distinct mechanism is still unknown, SHIMEKAKE et al. [20] demonstrated that adrenomedullin induced a dose-dependent increase in intracellular free Ca2+ in endothelial cells, resulting from phospholipase C activation and inositol 1,4,5-triphosphate formation. Intracellular calcium modulation by adrenomedullin may be an important factor in the maintenance of the cytoskeleton and gap junctions, including those of endothelial cells.

To investigate the relationship between the structure and inhibitory properties of adrenomedullin in asthmatic conditions, adrenomedullin was compared with two truncated adrenomedullin molecules: adrenomedullin (1–25) and adrenomedullin (22–52). Adrenomedullin (1–25) had the unique ring structure and N-terminal amide of the adrenomedullin molecule, and showed as potent an inhibitory effect on ovalbumin-induced bronchoconstriction as did the whole adrenomedullin molecule, but adrenomedullin (22–52) showed little inhibitory effect (fig. 2a and b). This indicates that the portions of the adrenomedullin molecule found in adrenomedullin (1–25) are needed to suppress the bronchoconstriction. As for the inhibitory effect of adrenomedullin on airway microvascular permeability, the whole of the adrenomedullin molecule was necessary for sufficient inhibition of airway microvascular leakage (fig. 2c). These results suggest that the mechanism of the inhibitory effect on airway microvascular leakage might differ from that which inhibits bronchoconstriction. Other studies have indicated that adrenomedullin (13–52), rather than adrenomedullin (1–12), is responsible for the marked pulmonary vasodilative activity of adrenomedullin in the pulmonary vascular bed of the intact cat [19] and the rat [21]. The six-membered ring structure formed by an intermolecular disulphide linkage is probably key to the actions of adrenomedullin, but this needs further experimentation.

Another recent study indicated that adrenomedullin may inhibit the activation of inflammatory biochemical pathways caused by the exudation of plasma proteins into bronchial interstitial tissue. Adrenomedullin suppresses the production of cytokine-induced neutrophil chemoattractant, a member of the interleukin-8 (IL-8) family, by increasing cAMP levels in alveolar macrophages [22]. How is IL-8, a potent proinflammatory cytokine initially identified as a chemoattractant for neutrophils, related to asthmatic changes? A previous study showed that IL-8 induces eosinophil migration through the endothelium and epithelium as a potent mediator of eosinophil chemotaxis [23]. Intradermal injection of recombinant human IL-8 causes tissue eosinophilia in the guinea-pig in vivo

Table 1. Mean blood pressure before and after adrenomedullin (ADM) treatment with and without L-N^G-nitroarginine methyl ester (L-NAME) or L-NAME+L-arginine (L-Arg) pretreatment

| Blood pressure mmHg | ADM | ADM 30 µg·kg⁻¹ | ADM (1–25) | ADM (22–52) | ADM+L-NAME | ADM+L-NAME+L-Arg |
|---------------------|-----|----------------|------------|-------------|-------------|------------------|
| Before ADM          | 52.08±10.83 | 51.83±1.81 | 59.66±7.26 | 53.75±8.29 | 92.83±19.02 | 55.63±8.00 |
| After ADM           | 37.09±3.63* | 41.33±3.21** | 52.00±8.14 | 50.62±6.68 | 62.39±9.48** | 49.58±7.59 |

Data are presented as mean±SD. Concentrations used, unless otherwise indicated, were as follows: ADM: 100 µg·kg⁻¹; L-NAME: 10 mg·kg⁻¹; and L-Arg: 100 mg·kg⁻¹; *, p<0.05; **: p<0.01 compared with ovalbumin challenge.
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[24], and upregulated expression of IL-8 mRNA and IL-8 in freshly isolated eosinophils from asthmatic patients [25]. Human lung immunoglobulin E-mediated allergic responses increase the concentration of IL-8 sufficiently to promote neutrophil and eosinophil migration through naked filters and endothelial and pulmonary epithelial cell monolayers in vitro [26]. This information and a report that IL-8 concentration is markedly increased in the bronchoalveolar lavage fluid of asthmatic patients suggest that IL-8 may be closely related to lung eosinophilia as seen in bronchial asthma [27]. These facts give rise to the possibility that adrenomedullin partially regulates the inflammatory biochemical pathways, demonstrating its usefulness as a powerful anti-inflammatory agent.

In conclusion, this is the first study to demonstrate the inhibitory effects of inhaled adrenomedullin on both antigen-induced airway microvascular leakage and bronchoconstriction. These effects may be closely related to the structure of the adrenomedullin molecule. Further experimental and clinical studies of adrenomedullin in bronchial asthma should be encouraged.

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