Event-related potentials during contralateral switching over motor programs in humans

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Introduction

During social interactions, in the process of learning or teaching, a person constantly controls and designs his or her motor behaviour. Manipulative coordination requires the permanent cancellation and updating of the motor programs and commands. And while the understanding of specific details in terms of these processes in the brain is still limited, the scientific community (Bai et al., 2005; Zimmermann & Just, 2010; Krämer et al., 2011) relates MPs to the brain launch and MP stoppage. The so-called Stop-Change paradigm (Logan, 1985; Verbruggen & Logan, 2008; Rangel-Gomez et al., 2015) is offered for the investigation of the physiological mechanisms of inhibition of one or another process, including the motor response, in the context of a further change to the alternative action. It is worth noting that the amount of research according to the Stop-Change paradigm is very limited.

According to Boecker et al. (2014), the following events (with the occurrence of an alternative problem) can be combined into three groups: the study of cognitive processes (Bai et al., 2005), the study of the full-scale reaction or the flexibility of the reaction (Haaland et al., 2000; Lijffijt et al., 2005; Boecker et al., 2011), and studies that aim to replenish inhibition in its purest form (Stop-Signal Task) and braking, followed by conversion to Stop-Change Task (Band & van Boxtel, 1999; Boecker et al., 2011; Krämer et al., 2011). In the above-mentioned context, Lijffijt et al. (2005), by studying brain processes among children with attention deficit and hyperactivity disorder, found that the time and effectiveness of inhibitory processes were higher in the task with the emergence of the Stop-Change paradigm, which allowed them to evaluate the next, alternative, response after inhibition. Verbruggen & Logan (2008) raised the question whether inhibition needs a response in the Stop-Change paradigm of the particular Stop-process (with subsequent or parallel execution of an alternative response). In other words, Verbruggen & Logan (2008) suggested that the initial action may not be suppressed, but may be refracted by the preparation of an alternative response. Camalier et al. (2007), Verbruggen & Logan (2008) and Boecker et al. (2011) came to the conclusion that experimental results can be further explained by assuming that the Go-response is inhibited by the activation of the Stop-process. However, the alternate Go-response is activated only after the completion of the Stop-process. In this way, all of these processes (Go-Response, Stop-Process, Repeated Go-Response) can be considered independent.

Gender, as a biological characteristic, stimulates different peculiarities of brain processes and, as a consequence, different behaviour of men and women. Some studies revealed a number of sex differences in brain activation (Lissek et al., 2007; Korzhyk et al., 2019). Women in general showed higher cortical activation than men during tapping with either hand, and they exhibited more ipsilateral activation in motor-task-relevant regions than men, in particular during finger tapping with the dominant hand (Lissek et al., 2007). Altogether, women showed stronger bilateral cortical activation, whereas men exhibited higher subcortical activation in the basal ganglia. Moreover, in some brain regions, men showed stronger increases of cortical activation than women with increasing task complexity (Lissek et al., 2007). Numerous studies have showed that males are more susceptible to impairment in inhibitory control and increased levels of impulsivity compared with females.
Schizophrenic patients showed deficits in executive control tests such as stop-signal tasks, and cognitive impairments were much more exaggerated in male patients (Han et al., 2012). In a study by Mansouri et al. (2009) using the stop-signal task, women have shown that they are more capable of inhibiting over to the alternative movement, compared to those at complete cessation of the movement in men (Korzhyk et al., 2018). The authors noted comparative decrease in the ERS intensity with respect to the 9, 11, and 16 Hz oscillations in the fronto-central cortical regions and intensification of ERD at 11 and 16 Hz in parietal leads; relative intensification of ERD in the left central neocortical zone (11 Hz frequency), that in the right frontal and parietal zones (16 Hz frequency); and ERD for the frequencies of 19–20 Hz extensively developed in the neocortex (first of all, in the left hemisphere). In contrast to such data, the cortical activity of the female participants in the β1-band was lower in ERS EEG (15–16 Hz) and was marked by the development of ERD EEG (21–22 Hz) than that of men (Korzhyk et al., 2019). The authors noted electrical processes in the cortex in the band of β2 activity (24–26, 30–31 Hz) among female participants ERG EEG as opposed to the registered ERD of males. Identified features of brain activity are reflected in the behaviour of men and women. Monsuory et al. (2016) found a significant difference between females and males in benefiting from practice in the stop signal task: the percentage of correct responses in the go trials increased, and the ability to inhibit responses significantly improved, after practice in females.

Despite the significant results of the existing research on the Stop-Change paradigm, there are some unsolved questions: what mechanisms are involved in the launch situation and the subsequent contralateral switching (dominant / subdominant arm) of the motor programs of the fingers’ movements. In addition, the majority of the results do not sufficiently take into account the gender identity of the respondents. For the analysis of the relevant phenomena, it is advisable to use the methodology of registration and assessment of event-related potentials (ERP), which makes it possible to establish successive changes in the amplitude-temporal characteristics of brain activity during stimulus identification, programming and realization of the motor activity (Polish, 2007; Osekina et al., 2016). Their identification and occurrence may open up some perspectives for the qualitative improvement of the early detection of cortical dysfunctions as well as for enriching rehabilitation and management of compulsive behaviour or neuropsychological disorders. The purpose of our study is to find out the features of event-related potentials during contralateral switching (dominant or subdominant arm) of motor programs of manual movements. It is relevant to determine the role of such biological fact as gender identity in the brain processes of the participants in terms of testing. As an extension of this, it can also be suggested that, due to these innate sex differences, optimal rehabilitation treatments could be tailored for females and males.

**Materials and methods**

Sixty-five healthy volunteers (32 men and 33 women, 18–23 years old) took part in the tests; the subjects had no psychoneurological disorders and cranioencephal injuries in the anamnesis. All participants demonstrated a right profile of the manual and auditory asymmetry; this was estimated according to the patterns of their responses in the course of questioning and performance of the motor and psychodiagnostic tests. All tests were carried out in accordance with the fundamental bioethical regulations of the Helsinki Declaration of the World Medical Associations on Ethical Principles of the Performance of Scientific and Medical Examination of Humans (1964–2000), Declaration of Principles of Tolerance (1995), Universal Declaration on Bioethics and Human Rights (1997), Convention of the Council of Europe on Human Rights and Biomedicine (1997), and order No. 66 of the Ministry of Public Health of Ukraine from 13.02.2006. All the tested subjects gave their preliminary written informed consent for their involvement in the tests. All necessary measures were taken to preserve anonymity of the tested subjects. Time (latent periods) of simple sensorimotor responses (SSR) and time of complex sensorimotor responses (CSR) in the choice of one of three objects as signals (triangles, circles, squares) was determined by computer diagnost complex “Diagnost-1” (Certificate of measuring equipment type № UA-M12p-2613–2008 05.08.2008, Ukraine). Visual irritants were used. All participants had to respond to certain stimuli as quickly as possible by pressing and releasing the button panel by the right-hand index finger.

EEG experiment procedure envisioned the use of the Stop-Change task. Beforehand each examinee received an instruction according to which with the appearance of the 1600 Hz signal, the subject had to rapidly press the right button of the panel with the thumb of the right hand and to release the button. In the case where the stimuli in the pair differed from each other, the triggered motor program (for pressing the left button on the panel by the left-hand thumb) should be inhibited with subsequent switching over to the alternative abovementioned program (Stop-Change) (Fig. 1).

**Fig. 1.** Scheme of the experiment with the use of the Stop-Change paradigm: Go – the first sound in the stimulus pair; in response to this sound, the tested subject initiates the movement; Go, or Stop – change are combinations with the second sound in the stimulus pair; 70% and 30% are the ratios of the stimulus pairs in the sample; s – sinister (left-handed finger), d – dexter (right-handed finger)

So, under experimental conditions, all stimuli sounds were served in pairs. In some stimuli pairs both sounds were low-pitched, in the others the first sound was of low tone, and the second – high tone. Examinees in each case started moving right-hand thumb at the first sound (Go). The second sound in stimulus pair had confirmation of the value or movement or its switching (Stop-Change). Each acoustic signal lasted 50 ms; the interval between stimulus pairs was 5.0 s long (Korzhyk et al., 2018, 2019). The ratio of the stimulus pairs with two low-frequency (600 Hz) tones and pairs with low- and high-frequency (600 and 1600 Hz) tones in the test series was 70/30%. The delay in presentation of the second sound after the former one in the pair was equal to 140 ms. Therefore, this period corresponded to the sensory (hidden) component of the sensory motor reaction and, partly, to the beginning of the motor component. Consequently, this situation corresponded to the perception of the signal, its analysis, and decision making (decision to perform stop-change of the movement) (Sylvester et al., 2003).

During EEG recording, the tested subjects were in a special soundproof and lightproof room, in a semirecumbent position, with their eyes closed. EEG was recorded using standard technical approaches, with a hardware-software complex, Neurokom (NTTs KhAI-Medika, Ukraine, certificate of state registration No. 6038/2007 from January 26, 2007). For monopolar EEG recording, active electrodes were positioned according to the international 10/20 system on 19 points of the scalp. Recordings with unequal indices corresponded to the left hemisphere, and those with paired indices were related to the right hemisphere. Combined contacts on the ear lobules served as a reference electrode. To improve the recording quality, additional reference electrodes between the prefrontal and lateral frontal leads (Ref) and between the right and left anterior frontal leads (N, razione) were used. Rejection of artifact phenomena from native EEGs was performed using Independent Component Analysis (ICA).
We analyzed the responses of the subjects to meaningful Stop-Change stimuli and meaningless (Go) stimuli as a differential curve of event-related potentials (ERPs). ERPs were measured as brain responses to a specific cognitive event. The latent period (LP, ms) of the ERPs components (N2, P3), the amplitude (V) of the N2 component (between peaks P2 and N2) and the P3 component (between peaks N2 and P3) were studied. ERPs were recorded in the frontal (F3, F4), central (C3, C4), and parietal (P3, P4) leads. The choice of such leads is related to the published data (Haaland et al., 2000; Ioffe, 2003; Bai et al., 2005; Korzyk et al., 2018, 2019) that precisely these cortical areas are most significantly involved in processing of sensorimotor information and motor programming.

The choice of statistical criteria was determined by the patterns of distribution of the obtained numerical data. Testing of the samplings on the normality of their distribution was performed using the Shapiro-Wilk criterion (W, with P > 0.05). Data for all subjects within the study were estimated. ERPs were recorded in the frontal (F3, F4), central (C3, C4), and parietal (P3, P4) leads. The choice of such leads is related to the published data (Haaland et al., 2000; Ioffe, 2003; Bai et al., 2005; Korzyk et al., 2018, 2019) that precisely these cortical areas are most significantly involved in processing of sensorimotor information and motor programming.

The results of our study revealed a predominance of time of simple sensomotoric response to visual irritants (SSR) and complex sensomotoric response of one of three stimuli (CSR 1–3) in males and females: * – gender differences, P < 0.05.

### Table 1

| Brain leads | Right hemisphere | Left hemisphere |
|-------------|------------------|-----------------|
|             | male             | female          | male            | female          |
| Frontal     | 219(180; 246)    | 222(186; 282)   | 212(178; 239)   | 228(182; 272)   |
| Central     | 202(166; 241)    | 226(174; 278)   | 209(168; 242)   | 216(176; 272)   |
| Parietal    | 204(166; 232)    | 212(182; 262)   | 203(181; 253)   | 204(186; 268)   |

*Notes: * – hemispherical differences, P < 0.05; + – gender differences, P < 0.05.

### Table 2

| Brain leads | Right hemisphere | Left hemisphere |
|-------------|------------------|-----------------|
|             | male             | female          | male            | female          |
| Frontal     | 290(246; 339)    | 306(285; 358)   | 296(259; 353)   | 302(258; 348)   |
| Central     | 300*(253; 342)   | 302*(252; 364)  | 285(246; 340)   | 308(252; 354)   |
| Parietal    | 300(239; 356)    | 292(242; 384)   | 300(257; 354)   | 318(252; 374)   |

LPs of the P3 component in the male group were shorter in the central and parietal leads of the left hemisphere compared with females (P < 0.05). There were shorter LPs of the P3 component in the central lead of the left hemisphere in men and women than those in the right hemisphere (P < 0.05, Table 1, 2, Fig. 3–6).

**Fig. 3.** The event-related potentials in men (blue line) and women (red line) in the frontal leads of the right and left hemispheres during testing: the amplitude and latency data are medians

**Fig. 4.** The event-related potentials in men (blue line) and women (red line) in the central leads of the right and left hemispheres during testing: the amplitude and latency data are medians
The amplitude of the N2 component of the ERPs estimated between peaks P2 and N2 approached a higher value in men in the left parietal lead compared with women (p < 0.05). The amplitude of the ERPs’ P3 component was higher in men in the left and right parietal areas than in women (P < 0.05). In the right hemisphere women had a higher amplitude of the N2 than in the left one (P < 0.05). A higher amplitude of the N2 component in the parietal area in the right hemisphere than in the left one was established in men (P < 0.05, Table 3, 4, Fig. 3–5, 7).

**Table 3**

| Brain leads | Right hemisphere | Left hemisphere |
|-------------|------------------|-----------------|
|             | male             | female          | male             | female          |
| Frontal     | 5.8 (2.8; 7.8)   | 6.6* (3.9; 10.4)| 5.2 (3.4; 7.4)  | 5.1 (3.4; 6.9)  |
| Central     | 6.0 (4.7; 8.7)   | 7.0* (4.7; 10.1)| 5.6 (4.0; 8.1)  | 5.1 (4.1; 7.5)  |
| Parietal    | 6.0 (3.6; 9.2)   | 5.9* (4.3; 8.9) | 5.7 (3.0; 10.0) | 4.5 (3.3; 6.1)  |

**Table 4**

| Brain leads | Right hemisphere | Left hemisphere |
|-------------|------------------|-----------------|
|             | male             | female          | male             | female          |
| Frontal     | 6.2 (4.2; 9.3)   | 7.0 (4.6; 10.3) | 7.2 (4.9; 10.1) | 7.4 (5.4; 9.6)  |
| Central     | 7.4 (4.6; 12.7)  | 7.1 (4.7; 12.0) | 8.3 (5.6; 11.4) | 7.3 (6.0; 11.4) |
| Parietal    | 8.0* (5.5; 13.3) | 9.8* (6.1; 14.8)| 6.7 (4.0; 11.0) | 8.4 (5.3; 13.7) |
Discussion

Taking into account the available literature, we hypothesised that men and women somewhat differ in features of event-related potentials during contralateral switching (dominant/subdominant arm) of motor programs of manual movements in the go-stop-change paradigm. The statement of such a problem inevitably emphasizes the importance of taking into account the psychophysiological characteristics of the subjects.

We can state that the time of simple and complex visual-motor response was shorter for men than for women, which may indicate the faster processes of central information processing among men. Such behavioural strategies were combined with the characteristic features of brain organization in men and women.

In the context of our study, the latencies and amplitude characteristics of the N2 and P3 components of the P300 wave were analyzed. The positive P300 wave, occurring between 250 and 450 ms after stimulation, is one of the important components of evoked potencies (Osokina et al., 2016). Information about it is most closely related to brain cognitive activity, recognition and differentiation of the stimulus, decision making, updating of information in memory (Polich, 2007). The negative component N2 (200–350 ms range) reflects the processes of active selective attention, as well as the process of recognizing the stimulus and comparing it with memory engrams (Osokina et al., 2016), whereas the positive component P3 (300–400 ms range) correlates with attention, control functions, memory.

We have to note that direct comparisons between men and women, conducted in our study revealed a number of sex differences in event-related brain activity. During the contralateral switching (right and left-sided) of the motor programs of the manual movements, we found out that the N2 and P3 components of the event-related potentials of men shifted toward smaller values than of women. This pattern reached significance in the right central and left frontal areas (N2 component), in the frontal, central, and parietal leads of the left hemisphere (P3 component). Such a pattern can be explained on the basis of the results (Sulvestra et al., 2003; Patel & Azzam, 2005; Lyzovich et al., 2015), which assume that the process of recognition and differentiation of stimuli of men is faster than of women. In addition, according to Nigg (2000), men were noted for increased attention focusing and involvement of operative memory, compared to women. Previous studies also have shown an increase in the latency of P300 auditory evoked potentials as a result of decreased attention to verbal stimuli, which were repeated (Savostyanov & Savostyanova, 2003). Furthermore, the brain activation pattern observed was consistent with previous imaging data on finger tapping and sequential finger movements (Ioffe, 2003; Boecker et al., 2011; Krämer et al., 2011; Mansoury et al., 2016). Thus, we assume that the increase of the latency period in the group of women, compared with men, reflects a lower level of their selective attention during performing movements in women. Our assumption correlates well with the findings of the study devoted to examining the role of brain oscillatory systems in the activation and inhibition of motor responses, which showed an increase in the P300 peak latency in ERP per stop signal under the modified paradigm stop signal (Levin et al., 2007). Melynyte et al. (2017) analyzed components of ERP, aimed at assessing the gender impact on the responses in the auditory Go/NoGo experiment. In agreement to our results the authors have shown that females require longer times for monitoring of response conflict (N2s) and outcome inhibition (NoGo-P3) than males and more neural resources and longer processing times for motor response execution (Go-P3) (Melynyte et al., 2017). These findings resonate with existing literature data that NoGo-N2 is related to monitoring of response conflict (Nieuwenhuis et al., 2003; Folstein & Van Petten, 2008), whereas the NoGo-P3 reflects cancellation of the planned response (Randall & Smith, 2011). Moreover, some previous studies have shown that women's hormonal background is dependent on Go and No Go responses (Grisikova-Bulanova et al., 2016). Here, longer P3 latencies in females were related to lower progesterone (in the No Go) and higher estradiol levels (in the Go).

The analysis of gender peculiarities of amplitude of the N2 and P3 components showed higher values in men’s parietal leads, it could be the criteria of their activation (Harrington et al., 2000; Haaland et al., 2004; Patel & Azzam, 2005) in terms of the spacious identification necessity in the process of the activity with the lack of visual control (tests were carried out with closed eyes). At the same time, our results correlate with other studies that have shown that increased cortical activation in a situation of increased attention is most pronounced in the parietal cortex mainly due to an increase in the P3b component (Baranov-Krylov et al., 2003). It was also shown earlier that P3 amplitudes positively correlated with the parietal lobe grey matter volumes when response to the rare stimuli was required (Ford et al., 1994). The contralateral switching of motor programs of the manual movements was noted by the shorter LPs of the P3 component in the central lead of the left hemisphere in men and women than in the right hemisphere. Taking into account the above-mentioned data, we can assume that in the process of launching of the motor program of the participants’ right-handed movement the left hemisphere was first activated in the central lead, responsible for the memory and launching motor activity (Ioffe, 2003; Mansoury et al., 2016). And the contralateral right hemisphere was more actively involved in the process of motor programs switching with the help of the left hand movement. Our data is consistent with the results obtained during functional magnetic resonance imaging (fMRI) and positron emission tomography (PET) studies (Mansoury et al., 2016). They showed that during simple finger-tapping hemispheric asymmetry is increased, i.e. there is predominantly unilateral activation of the contralateral hemisphere controlling the tapping hand. In addition, this tendency appears to be stronger when tapping with the nondominant hand, thus it is stronger in right-handers with left-handed movements and in left-handers with right-handed movements (Verstynen et al., 2005). However, in contrast to such data, previous studies reported that ipsilateral activation in motor tasks is stronger when the non-dominant hand is used (Verstynen et al., 2005). These findings are in line with the notion that the left hemisphere appears to be dominant for fine motor skills performed with either hand (Serrien et al., 2006), particularly in right-handers.

Moreover, in both gender groups, in the leads of the right hemisphere, the higher amplitude of the N2 and P3 components was established. We assume, that it could detect the larger role of the right hemisphere in the process of identification, spacious reflection and motor activity launching. In a number of studies, right-to-left redistribution of the hemispheres’ functional activity at different stages of cognitive performance are recorded. Thus, Konstandov assumes that the right hemisphere carries out the initial stage of evaluation of the physical properties of the stimuli, and then the results of this analysis are transferred to the left hemisphere, where semantic analysis and synthesis takes place (Konstandov, 1983) However, according to the theory of hemispheric lateralization, all processes related to mental processing, during the perception of the stimulus and its translation into short-term working memory, content updating and decision-making – mainly occur in the right hemisphere (Bjetsov et al., 2003).

Conclusion

The results of our research reveal some specific features of cortex electrical activity in men and women during testing. In particular, it was established that male participants had lower time indexes of simple and complex visual-motor responses than women. In addition, during the contralateral switching of motor programs of manual movements the smaller latent periods of the ERPs components in the right central and left frontal areas (N2 component), in the left hemisphere leads (P3 component) among men, were observed. The amplitudes of the N2 and P3 components revealed higher values in male participants at the parietal leads. Thus, the process of recognizing and differentiating the stimulus among men was faster, with more powerful focus and attention on the operative memory. In the left hemisphere of men and women the smaller latent periods of the P3 component (in the central lead) and amplitudes of the N2 and P3 components were determined compared to the right hemisphere. Thus, the motor programs switching in the paradigm of the experiment occurred with the sequential activation of the left and contralateral right hemispheres.
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