Infection prophylaxis and management of fungal infections in lung transplant

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Abstract: Lung transplantation has emerged as a lifesaving treatment for a wide range of advanced lung diseases. While the survival of lung transplant recipients continues to improve, infectious complications contribute substantially to morbidity and mortality following lung transplantation. The incidence of invasive fungal infections is variable, with a mean occurrence of 8.6%. The majority of fungal infections in lung transplant recipients are caused *Aspergillus* and *Candida* species. This review provides an update in the current approaches for the diagnosis, management and prevention of fungal infections and the late complications that are associated.

Keywords: Fungal infection; lung transplantation; antifungal prophylaxis; invasive fungal infection

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Introduction

Lung transplants are used to extend the lifespan and improve the quality of life of people suffering from severe or advanced chronic lung conditions. However, improving the long-term survival of this patient population remains a challenge. The first year following lung transplant surgery poses the highest risk of complications, such as rejection and infection. While the use of immunosuppressive agents reduces the incidence of rejection in the transplanted lung, this unfortunately also increases the risk of opportunistic infections (1) including invasive fungal disease (IFD). Fungal infections remain as one of the main causes of morbidity and mortality in this group of patients, and they are associated with a higher mortality compared with bacterial and viral infections (2).

According to the transplant associated infection surveillance network (TRANSNET), 8.6% of lung transplant recipients (LTR’s) develop invasive fungal infections (IFI’s) during the first year after lung transplantation (3). However, reports across in multiple clinical trials show that this incidence rate is somewhat variable.

Risk factors

The risk of developing an invasive fungal infection varies depending on multiple factors; including the degree of host immunosuppression required to prevent rejection, and local defense mechanisms present in the host. Reduction of these host defense mechanisms following surgery—such as loss of lymphatics, denervating injury, reduced coughing and mucociliary clearance—predispose the patient to a higher risk of IFI’s.

Yet another relevant risk factor in LTR’s is the constant contact with the external environment, allowing pathogens direct access into the allograft. The majority of non-*Candida* fungal infections are acquired either through inhalation, or through pre-transplant colonization. Due to the ubiquitous nature of *Aspergillus* spp. spores in the air, all humans are
exposed to this fungus. In healthy individuals, epithelial cells within the respiratory tract, alveolar macrophages, and neutrophils are primarily responsible for eliminating the conidia and hyphae of \textit{Aspergillus} spp. However, in immunocompromised individuals such as LTR's these functions tend to be impaired (4). Increased environmental exposure is commonly associated with activities such as farming, gardening and construction (5).

In the case of invasive aspergillosis (IA) specifically, the significant risk factors are single lung transplant (HR, 1.84; 95% CI, 1.09–3.10; \textit{P}=0.02) and colonization with \textit{Aspergillus} at 1-year post-transplantation (HR, 2.11; 95% CI, 1.28–3.49; \textit{P}=0.003) (6).

In LTR's with cystic fibrosis, pre-transplant colonization with \textit{Aspergillus} spp. has been reported to be as high as 70%. Additionally, these patients have a 4-fold higher risk of IA (7). The risk factors for invasive fungal infection in LTR's are presented in Table 1.

### Clinical manifestations

The most common pathogens that cause IFI's after solid organ transplantation (SOT) is invasive candidiasis (53%) followed by IA (19%) and cryptococcosis (8%) (3).

Yet in LTR's, the most common IFI's are \textit{Aspergillus} spp. (with 44–63% of these being caused by \textit{Aspergillus fumigatus}), \textit{Candida} spp. (with 23% being caused by \textit{Candida albicans}) and other molds, such as \textit{Scedosporium} spp. (20%). Less commonly, other pathogens such as \textit{Cryptococcus neoformans}, members of the \textit{Mucorales} group, and other endemic mycoses can cause IFI in a small proportion of cases (9-11). This difference could be explained by multiple factors, such as patient exposure—because all humans are continuously exposed to \textit{Aspergillus} spp., patient population, prior colonization, and center-dependent practices (including the use of antifungal prophylaxis).

Candidemia tends to occur within the first month post-transplant. It has been associated with significant morbidity and mortality. Some of the risk factors that has been associated with invasive candidemia are high dose steroids, immunomodulators, long term catheters, hospitalization prior to transplant, rejection, need for an open chest following the transplant procedure, and ECMO support post-transplant (12).

\textit{Aspergillus} infection tend to occur within a mean time of 3–12 months after transplantation. The spectrum of infection caused by \textit{Aspergillus} species is diverse. While IA occurs in 3–15% of the patients, 58% of these infections are tracheobronchitis or bronchial anastomotic infections, 32% invasive pulmonary aspergillosis (IPA) and 22% disseminated infections with extrapulmonary involvement (13).

In addition to these well-described pathogens, rare molds have emerged in the past few years including \textit{Rhizopus}, \textit{Mucor}, \textit{Rhizomucor}, \textit{Cunninghamella}, \textit{Scedosporium}, \textit{Fusarium}, \textit{Paecilomyces}, \textit{Scopulariopsis}, \textit{Acremonium}, \textit{Trichoderma} and others. These account for approximately 27% of mold infections, are more likely to be disseminated, and are associated with poorer outcomes (14,15). These fungi are typically found within diverse environmental sources such as soil, water, vegetation and sewage.

### Anastomotic fungal infections

Tracheobronchitis or anastomotic fungal infections typically are caused by \textit{Candida} spp. and \textit{Aspergillus} spp., and occur within the first 3 months after transplantation. They can be asymptomatic, or detectable only through either surveillance bronchoscopy or as a change in spirometry. Some patients may complain of noisy breathing, or being unable to cough up secretions. In bronchoscopy, these endobronchial lesions can be observed as erythema, ulcers, and necrotizing pseudomembrane formation. In some cases, patients can present with fever, cough, wheezing and/or hemoptysis. Bilateral LTR's in some previous studies have documented a higher incidence of bronchial anastomotic infections (16). Unfortunately, the mortality rate in LTR's with bronchial anastomotic \textit{Aspergillus} infection is around 23% (17).

### Invasive fungal pneumonias

Fungal pneumonias in LTR's generally occur later than

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**Table 1** Risk factors for development of IFI's in lung transplant recipients (6,8)

| Risk Factor                                                                 | HR (95% CI)          |
|----------------------------------------------------------------------------|---------------------|
| Single lung transplant                                                    | 1.84 (1.09–3.10)    |
| Early airway ischemia                                                      |                     |
| CMV infection                                                             | 2.11 (1.28–3.49)    |
| Rejection and augmented immunosuppression                                  |                     |
| Pre- or post-transplant \textit{Aspergillus} colonization within a year     |                     |
| after transplantation                                                      |                     |
| Hypogammaglobulinemia (IgG <400 mg/dL)                                     |                     |
tracheobronchial aspergillosis. They are suspected based on changes in chest imaging such as new infiltrates, nodules, or micronodules. Some patients can be asymptomatic and only present with changes in spirometry, but the most common symptoms include fever, dry cough, dyspnea, and hemoptysis. The most common pathogen causing invasive fungal pneumonia is *Aspergillus* spp. In LTR’s with IA, the mortality rate rises to 80% (17). Many of these infections can be acquired from the environment by inhalation, or alternatively can be a re-activation of an existing focus. In single-LTR’s, IA was documented in the native lung, suggesting that the native lung may be the source for *Aspergillus* (18).

**Extrapulmonary disease**

In LTR’s the most common site of infection is the lungs and airways. Other extrapulmonary disease include sinuses, orbits and central nervous system. Rarer sites of infection that have been documented include osteomyelitis, thoracic wound infection, pericarditis, endophthalmitis and retroperitoneal abscesses. In a 2003 review that included a cohort of 78 LTR’s with aspergillosis, disseminated infection occurred in 10% of patients (18).

Table 2 presents the common fungal pathogens in lung transplantation and their usual clinical manifestations.

| Pathogen                          | Usual clinical manifestation                                      |
|-----------------------------------|------------------------------------------------------------------|
| *Aspergillus* spp.                | Tracheobronchitis; pulmonary disease; extrapulmonary disease     |
| *Fusarium* spp.                   | Skin and soft tissue infection; pulmonary disease; extrapulmonary disease |
| *Scedosporium* spp.               | Pulmonary disease; disseminated disease                           |
| *Candida* spp.                    | Anastomotic fungal infection; Candidemia                          |
| *Cryptococcus neoforms*           | Pulmonary disease; meningitis; disseminated disease               |
| Dematiaceous molds: *Exophiala*, *Alternaria*, *Curvularia*, *Dactyliaria*, *Cladophialophora* and others | Skin and soft tissue infection; brain abscess                     |
| *Endemic mycosis: Blastomycosis*, *Coccidioidomycosis*, *Histoplasmosis* | Fever unknown origin; pulmonary disease; disseminated disease     |
| *Zygomycetes*                     | Pulmonary disease; rhinocerebral infection; disseminated disease |

**Diagnosis**

The diagnosis of fungal infections in LTR’s represents a clinical challenge due to a lack of precise diagnostic tools that can distinguish between invasive disease and colonization. While innovative tests using new diagnostic markers are being developed, an alternative strategy to increase the sensitivity and specificity of available assays may lie in the combination of currently used markers.

Many transplant centers worldwide perform routine bronchoscopies on LTR’s following transplant, primarily in order to assess potential allograft rejection. It is also common to take microbiologic samples during these bronchoscopies. While fungal microorganisms are often found, it is nevertheless difficult to establish whether these cultures represent a fungal colonization, or an invasive infection.

The International Society for Heart and Lung Transplantation (ISHLT) defines fungal colonization as the presence of fungus in the respiratory secretions [sputum or bronchoalveolar lavage (BAL)] detected by culture, polymerase chain reaction (PCR) or biomarker [galactomannan (GM)/cryptococcal antigen] in the absence of symptoms, radiologic, and endobronchial changes.

IFD is defined as the presence of fungus in the respiratory secretions (sputum or BAL) detected by the culture, PCR or biomarker (GM/cryptococcal antigen) in the presence of symptoms, radiologic and endobronchial changes, or presence of histologic changes consistent with the fungal invasion of the tissue (4).

In LTR’s, lung biopsy can be useful to prove the diagnosis; in the case of IPA a biopsy demonstrating tissue invasion is needed.

**Microbiology**

The gold standard of diagnosis for invasive fungal infection
continues to be mycological culture and microscopic examination of the infected tissue. In LTRs, respiratory samples such as BAL and/or trans-bronchial lung biopsy are helpful in providing the diagnosis. However, in respiratory samples the sensitivity of fungal cultures tends to be low, ranging between 50–70% of all cases (20).

**Fungal biomarkers**

Due to the limitations of conventional culture methods, new diagnostic tools have been developed such as GM, β-D-glucan and PCR. Despite these developments, at the date reporting their utility in LTR patients is limited.

*Aspergillus* GM enzyme immunoassays detect polysaccharides that are present in the cell wall of Aspergillus species (21). A limitation of this method, however, is that other filamentous fungi can have GM present in their cell wall, possibly causing cross reactivity with this test in cases of histoplasmosis, fusariosis and talaromycosis. False positive GM has been documented in 20% of LTRs (22).

Serum GM should not be used in LTRs for the diagnosis of IA due to its low sensitivity (~30%) (23) in this population. Conversely, BAL GM in LTRs has a sensitivity of 60% and specificity of 98%. Additionally, BAL GM has been shown to have a higher sensitivity, if a threshold value of >1 is used for determining positivity (22-25).

β-D-glucan is a component of the cell wall of most fungi, and therefore this test can have cross reactivity with other fungi (*Candida* or *Pneumocystis*). False-positive results have also been reported with beta-lactam antimicrobials and immunoglobulins. In LTRs the sensitivity has been reported 71–80% and specificity of 59–70% (26), therefore serum β-D-glucan is currently not recommended for the diagnosis of IFIs in LTRs.

Multiple DNA detection assays including PCR have been developed in the past decade for the diagnosis of IA. While the use of PCR is not included in the ISHLT definition of IFD, a 2011 report of BAL pan-*Aspergillus* PCR in LTRs had a sensitivity of 100% and specificity of 88% (27) with the limitation that it cannot differentiate between colonization and infection.

Other new diagnostic tools are under development, standardization, or validation. Such tools include urinary antigen *Aspergillus* detection, volatile organic compounds, lateral flow device using monoclonal antibodies, and other non-specific biomarkers such as Pentraxin-related protein (PTX3) and cytokines.

**Imaging**

Fungal infections present typical radiological findings in CT such as pulmonary nodules, air crescent sign, cavitation, and halo sign. Unfortunately, these CT findings have only been validated in high-risk, neutropenic, and bone marrow recipients. In LTRs, these typical findings are not as useful.

In one study the predominant CT finding in LTRs with IPA was bilateral bronchial wall thickening and centrilobular opacities with a tree-in-bud pattern. Ground-glass opacities and/or bilateral areas of consolidation were also common findings, and pulmonary nodules with halo sign were found in only 13% of patients (28).

New promising radiological techniques are being developed such as antibody-guided PET/MRI for the molecular imaging of fungal infections *in vivo*.

**Treatment**

Early initiation of antifungal therapy is critical for the treatment of IFI in LTR’s. As is reducing prescribed immunosuppression whenever possible.

**Pulmonary aspergillosis**

Currently voriconazole is the drug of choice for treatment of IA. This recommendation is endorsed by the Infectious Diseases Society of America (IDSA) (29) and also by the American Society of Transplantation (AST) (30).

This recommendation is based in the findings of a randomized controlled trial of 144 patients (of which 6.2% were SOT recipients). Voriconazole was compared to amphotericin B, and had a successful treatment outcome after 12 weeks of treatment of 52.8% vs. 31.6% respectively. Additionally, it was associated with improved survival (70.8% in the voriconazole group and 57.9% in the amphotericin group) (31). An important consideration when giving voriconazole (or other azoles) to SOT recipients are the significant interactions with tacrolimus, cyclosporine and sirolimus.

Since voriconazole can increase the levels of these immunosuppressants, it is recommended that serum trough concentrations are monitored 5–7 days into therapy. The target voriconazole trough level should be >1 to <5.5 mcg/mL, and should be rechecked every 1–2 weeks. In cases of uncertainty regarding trough concentrations, it is recommended to repeat the levels every 3–5 days (30).

Voriconazole has multiple additional adverse effects
such as transient visual disturbances (blurriness, color changes), it can cause hepatotoxicity mainly due to increased transaminases (13%), rash (6%), hallucination (4.3%), QT prolongation, and enhanced risk of squamous cell carcinoma (32).

Another therapeutic option is isavuconazole. Using all-cause mortality through day 42 as the primary endpoint (19% vs. 20%, respectively) it has been identified as non-inferior to voriconazole in invasive mold infections caused by *Aspergillus* and other filamentous fungi (33). In patients with liver insufficiency, azoles should be avoided, and instead liposomal amphotericin B is usually the first therapeutic option. Posaconazole is mainly used in cases of refractory or infection which is intolerant to other first-line antifungal agents (34).

**Other fungal infections**

In addition to *Aspergillus* spp., there are other important causes of fungal infection in LTR’s, including *Candida* spp., *Cryptococcus* spp., *Fusarium* spp., *Scedosporium* spp., and dematiaceous molds. Each of these infections are treated differently due to their variable clinical presentation in LTR’s.

*Candida* infection usually manifests as candidemia in the first month following lung transplantation. While uncommon, it is associated with high mortality (54.5%). Risk factors for this invasive infection include high dose steroids, immunomodulators, long term catheters, rejection, need for open chest, and ECMO support post-transplant (12). In addition to candidemia other manifestations include invasive disease, pleural space infections, and local anastomotic site infections (35). The treatment of invasive candidiasis in LTR’s is similar to the treatment of other patient populations; and is based on the 2016 and 2019 guidelines published by IDSA (36,37). Echinocandins are recommended as initial therapy, with transition to azoles if the patient is clinically stable and the identified organism is susceptible.

Cryptococcosis is the third most common invasive fungal infection in SOT recipients. It is typically a late-occurring infection, with the median time of 16–21 months post-transplant. It is primarily considered to represent reactivation of quiescent infection, however acquisition of primary infection, and transmission from donor organs and tissue grafts have also been described (38). There have been no randomized controlled trials of an antifungal therapy for cryptococcosis in SOT recipients. Thus, the current treatment recommendations are extrapolated from the HIV-infected patients, and are consisted with the revised guidelines from the IDSA (39).

The incidence of infections by other filamentous fungi in transplant recipients has increased in recent years, predominately caused by Mucorales (mucormycosis or zygomycosis). Nonetheless, infections caused by *Fusarium* spp. and *Scedosporium* spp. are also increasing (38). Currently there are no specific recommendations for the management of these infections in LTR’s, and the same management is extrapolated from other immunocompromised patient populations. Mucorales are resistant to many antifungal agents, and high-dose liposomal amphotericin is considered the first-line therapy (40). Because of the rapid spread of mucormycosis, antifungal therapy should be initiated immediately once the disease is suspected.

**Prevention**

Fungi are difficult to avoid because they are ubiquitous within the environment, and can be found either indoors or outdoors in soil, plants and vegetation. Certain occupations and living circumstances can put patients at higher risk, such as construction sites, farming operations, sandblasting, and working with air conditioning filters or on flooded sites.

Some of the recommendations that we can provide patients is to try to avoid areas with a lot of dust like construction or excavation sites, try to stay inside during dust storms, avoid contact with bird and bat droppings, wear shoes, gloves, long pants and long-sleeved shirt when doing outdoor activities like gardening, yard work or visiting wooded areas (41).

**Prophylaxis**

Currently, there are three strategies: universal prophylaxis, targeted prophylaxis, and preemptive therapy. According to ISHLT definitions (21):

- Universal prophylaxis refers to an antifungal medication started in the postoperative period in all patients, before any post-transplant isolation of a fungal pathogen.
- Targeted prophylaxis refers to an antifungal medication started in the post-transplant period before any fungal pathogen is isolated or serological marker of fungus is positive and is prescribed only to patients deemed at higher risk for IFD (e.g., cystic fibrosis patients and those with pre-transplant...
fungal colonization, infection or augmented immunosuppression).

- **Preemptive antifungal therapy** refers to an antifungal medication started post-transplant isolation of a fungal pathogen or serologic marker of fungus, in the absence of any evidence for invasive fungal infection.

In LTR's the ideal strategy has not yet been delineated, due to the lack of randomized controlled studies. In a meta-analysis of universal prophylaxis vs. no antifungal prophylaxis in LTR's, 19 of 235 (8.1%) and 28 of 196 (14.3%) developed IA in the universal prophylaxis and no prophylaxis arms respectively (RR: 0.36; 95% CI, 0.05–2.62). No significant reduction in IA or Aspergillus colonization with universal anti-aspergillus prophylaxis was found (42).

Another meta-analysis conducted in 2016 found that universal antifungal prophylaxis reduces the incidence of IA after lung transplantation (43). However, limitations of this meta-analysis included the fact that the included studies were quite heterogeneous, with some also not using multivariate adjustment in their analysis.

The use of universal prophylaxis has several identified disadvantages. Late cases of IA have been reported even in patients prescribed prophylaxis for a month post-transplant (18). Additionally, the use of azoles has several limitations, mainly in regards to the potential side effects (hepatotoxicity, neurotoxicity, QT prolongation), drug interactions, and emerging resistance (44). Furthermore, breakthrough IFI can occur despite antifungal prophylaxis (45).

The current recommendations of the AST Aspergillus guidelines (30) suggest that either universal prophylaxis or preemptive therapy can be employed as a strategy to prevent IA in LTR's. Table 3 presents the current recommendation of antifungal prophylaxis in LTR's.

### Table 3 Preventive strategies with antifungals in lung transplant recipients (20,30,46-48)

| Strategy          | Recommendation                                                                 | Prophylaxis                                    |
|-------------------|--------------------------------------------------------------------------------|------------------------------------------------|
| Universal prophylaxis | To all patients during the immediate post-transplant period                   | Nebulized L-Amb; voriconazole; posaconazole; isavuconazole; usually for 4–6 months |
| Targeted antifungal prophylaxis | In patients with any of the following risk factors: single lung transplant, early airway ischemia, rejection or change immunosuppression, pre-transplant colonization, induction with alemtuzumab or anti-thymocyte globulin, positive intraoperative *Aspergillus* culture in CF patient, hypogammaglobulinemia, CMV infection; and that will be followed with BAL cultures and BAL galactomannan | Depends on the mold isolated |
| Preemptive therapy | Administration of antifungal agents for molds isolated during surveillance post-transplant bronchoscopy without evidence of invasive disease |                                              |

### Complications

**Invasive fungal infections and mortality**

Post-transplant survival has improved over time, despite considerable changes in patient characteristics and severity at the time of transplant. Currently, IFD is the second most common cause of mortality in LTR's, and is significantly associated with higher all-cause mortality after lung transplantation (HR, 2.70; 95% CI: 1.23–5.79; P=0.0146) (9).

*Aspergillus* infection in LTR's has been associated with a reduction in the 5-year survival rate of this patient group (49). This increased mortality is closely associated with the development of IPA, with 58% mortality after 2-year. Whereas colonization on the other hand was not associated with early increased mortality, but was associated with increased mortality after 5-year compared to non-infected patients (50). A previous review of *Aspergillus* infections in LTR's noted that late onset development of *Aspergillus* was associated with higher mortality than early onset disease (57% vs. 28%, P=0.045) (18).

*Scedosporium* species infection are the second most common cause of invasive mold infections overall. In one study, the mortality rate among transplant recipients (not exclusively LTR's) with scedosporiosis was 54% (31 of 57), 77.8% for patients with *S. prolificans* infection, and 54.5% for patients with *S. apiosepermum* infection. Another relevant finding was that the presence of disseminated infection (OR, 0.20; P=0.03) predicted lower survival (19).

Cryptococcosis is the third most common invasive fungal infection in LTR patients, and is also associated with a significant risk of dissemination and mortality (51). This disease typically occurs with reactivation of a latent focus of infection, and reported mortality ranges from 14–19.6% (52,53). Most cases of cryptococcosis occur later in the post-transplant period.
In a case series of LTR’s with fusariosis it was found that lung involvement occurred in all patients with disseminated disease, and that it was associated with a poor outcome. The mortality rate in this group of patients was high (67%) (54). Table 4 further outlines the complications after fungal invasive infections in lung transplant recipients.

**Chronic lung allograft dysfunction**

Chronic lung allograft dysfunction (CLAD) remains a major hurdle limiting long-term survival post lung transplantation (59). CLAD is defined as substantial and persistent decline (>20%) in measured FEV1 value from the reference (baseline) value. The baseline value is computed as the mean of the best 2 post-operative FEV1 measurements (taken >3 weeks apart) (60).

The phenotypes of CLAD have been clearly defined as bronchiolitis obliterans syndrome (BOS), restrictive allograft syndrome (RAS), mixed and undefined.

Infection is a recognized risk factor for the development of CLAD (61), and both acute infection and chronic lung allograft colonization with microorganisms have an increased risk of CLAD. Infection can lead to acute rejection through direct injury to the airway epithelial cells, or indirect injury through propagation of inflammatory responses. These mechanisms can increase the expression of alloantigens on the graft surface. Thus, providing alloimmune targets for pre-formed memory cells, which can activate and differentiate to new secondary effector cells that directly damage the graft tissue (55,62). Chronic rejection can occur when these secondary differentiated effector T-cells persist and develop into long-life memory T-cells. These become very specific for alloantigens, and are able to recognize major histocompatibility complex molecules on the graft surface (55,56).

Multiple bacterial and viral infections have been associated with the development of CLAD such as *S. aureus*, *P. aeruginosa*, and CMV (63). However fungal colonization and infection of the lung allograft is associated with the development of, and mortality due to CLAD (55,57).

One of the earliest studies on the effect of fungal infections and the development of BOS reported that fungal pneumonias in the first 100 days post-transplant were associated with potential BOS with a hazard ratio of 2.1 (95% CI, 1.1–4.0). If these fungal infections occurred in the late post-operative period, they were also associated with BOS with a HR 1.5 (95% CI, 1.1–1.9) (55).

Fungal infection alone is not solely responsible for the development of CLAD. Fungal colonization has also been associated with its development. Fungal colonization after lung transplantation is very common, especially due to *Aspergillus* spp. Allograft airway colonization by *Aspergillus* leads to persistent airway inflammation that eventually contributes to the development of BOS.

Out of all fungal infections, *Aspergillus* spp. is the perpetrating organism that has been studied most extensively in association with CLAD. Weigt et al., in a 2009 retrospective study found that *Aspergillus* colonization strongly preceded the development of potential CLAD (by a median of 184 days and stage 1 or greater by a median of 261 days) and CLAD-related mortality in the Cox regression analyses. *Aspergillus* colonization was also identified as a distinct risk factor for CLAD, independent of acute rejection (57).

In a follow-up validation study of LTR’s across two centers, colonization with small conidia *Aspergillus* (<3.5 mcm) was associated with an increased risk of developing CLAD (HR, 1.44; 95% CI, 1.14–1.82, P=0.002) (64) small conidial species included *A. fumigatus*, *A. nidulans*, *A. terreus*, and *A. flavipes*. Greater conidia species included *A. niger*, *A. flavus*, *A. ustus*, and *A. clavatus*. Prospective strategies to prevent *Aspergillus* colonization of the graft is warranted, with the goal of preventing CLAD and mortality after CLAD.

Some other fungi have been associated with CLAD. In a retrospective review, *Scedosporium* spp. colonization or

| Complications                  | Mortality                        | Association with clad          |
|-------------------------------|----------------------------------|--------------------------------|
| Invasive aspergillosis         | 58% after 2-year post-lung transplant (50) | Reported (55-57)               |
| Scedosporiosis                 | In SOT was 54% (31 of 57) (47); 77.8% *S. prolificans* infection; 54.5% *S. apiospernum* infection | Reported (58) |
| Cryptococcosis                 | In SOT population ranges from 14–19.6% (52,53) |                                |
| Candidiasis                    | In SOT population 54% (6 of 11) (12) |                                |
| Fusariosis                     | In lung transplant recipients 67% (54) |                                |
infection was associated with increased risk for BOS (HR, 6.67; 95% CI, 1.83–24.29; P=0.004) and death (HR, 5.37; 95% CI, 2.29–12.59, P<0.0001) (58). More additional studies need to better elucidate the role of non-Aspergillus molds in CLAD.

Conclusions

Fungal infections continue to be a significant cause of life-threatening infection in LTR’s. The diagnosis of fungal infections should be a combination of clinical and radiological factors, as well as invasive and non-invasive tests such as fungal staining, culture, BAL GM, and biopsies. Optimal management includes early diagnosis and early initiation of antifungal therapy. While the most effective prophylaxis and preventive strategy has not yet been determined, it should probably be individualized depending on specific patient factors. Fungal infection and colonization are associated with the development of CLAD and mortality.

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Footnote

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