Correlations of amyloid-β concentrations between CSF and plasma in acute Alzheimer mouse model

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Amyloid-β (Aβ) is one of the few neuropathological biomarkers associated with transporters of the blood-brain barrier (BBB). Despite the well-characterized clinical indication of decreasing Aβ levels in the cerebrospinal fluid (CSF) during the development of Alzheimer's disease (AD), the link between the alternation of Aβ level in the blood and the progress of the disorder is still controversial. Here, we report a direct correlation of Aβ(1–42) levels between CSF and plasma in AD mouse model. We injected monomeric Aβ(1–42) directly into the intracerebroventricular (ICV) region of normal adult mouse brains to induce AD-like phenotypes. Using sandwich enzyme-linked immunosorbent assays, we observed proportional elevation of Aβ(1–42) levels in both CSF and plasma in a dose-dependent manner. Our findings that plasma Aβ(1–42) reflects the condition of CSF Aβ(1–42) warrant further investigation as a biomarker for the blood diagnosis of AD.

Blood Aβ is an attractive biomarker of AD for the well-characterized efflux mechanism to pass the blood-brain barrier (BBB); the low-density lipoprotein receptor-related protein-1 in BBB allows brain Aβ to be actively transported to blood1. Thus, quantification of plasma Aβ is considered as an emerging diagnostic tool for AD2,3,4. Indeed, recent clinical studies have reported association of reduced Aβ(1–42) level in plasma with cognitive decline and risk development of AD5,6. However, contrasting cross-sectional cases have claimed the medical use of blood-based Aβ measurements to be debatable7–10; heterogeneity of patient groups and assay protocols may have contributed to the provocative results. Dissimilar aspects of plasma Aβ analysis in varied subjects are also observed in amyloid precursor protein (APP) transgenic mouse models. Studies of two APP mouse models with different point mutations argue that the surrogate scale of plasma Aβ reflected Aβ abnormalities in CSF of AD brains11,12. During the plaque formation, PDAPP mice, with Indiana APP mutation, lose the correlation between plasma and CSF Aβ; meanwhile, Tg2576 mice, with Swedish APP mutation, show a significant and simultaneous decrease in both CSF and plasma Aβ. Thus, it is critical to proceed a clinical investigation of plasma Aβ for its validity as a surrogate marker of risk development of AD under controlled milieu. The Aβ-infusion mouse model offers benefits to minimize neuropathological factors of AD over the use of APP over-expressing transgenic rodents. In APP transgenic models, it is difficult to control isomer types, species and concentration of Aβ in their brains. Such diversity would interfere targeted diagnosis of Aβ in antibody-based measurements and may produce contrasting results depending on models. On the other hand, Aβ-infusion animal model allows administration of defined quantity and species of Aβ isoforms and reduction of individual differences within each study group13. By mimicking certain aspects of AD with designated infusion of Aβ, researchers can bypass the aging process and acutely focus on downstream pathology of Aβ abnormality between plasma and CSF. Here, we examined the dynamic equilibrium of Aβ(1–42) between the brain and plasma after ICV injection of synthetic Aβ(1–42) monomers to normal ICR mice.

Results

Development of Aβ-infused mouse model with memory dysfunction. Despite the benefits to introducing Aβ-focused environments, it is critical to assess if the Aβ injection induces AD-like learning and memory
impairments in this animal model before studying the surrogate role of plasma Aβ to predict at-risk AD subjects. We performed Y-maze tasks to assess working memory alternations by measuring spontaneous alternation behaviors (Figure 1a,b)14. In a three-armed Y-shaped maze, the subjected animal must remember the order of arm entries, and the superior alternation rate indicates the better sustained cognition. Working memory ability and locomotion levels were determined as percent alternation and total arm entries, respectively, on the Y-maze. We found that single ICV injection of Aβ(1–42) monomers (0.25 nmole) significantly reduced cognitive behavioral performance on the Y-maze task when compared to vehicle-injected normal adult ICR mice (Figure 1c,d), without affecting locomotion levels.

**Comparison of Aβ(1–42) levels in CSF and plasma.** In AD brains, alternations of CSF Aβ(1–42) levels were reversely correlated with progressive deposition of insoluble Aβ-plaques and development of AD15,16. To mimic alternations of CSF Aβ levels in AD, we injected diverse concentrations of Aβ(1–42) (0, 0.25, 0.5, 2 and 4 nmole) in parallel into the ICV region of normal adult ICR mice (male, n = 5 per group). We collected CSF by laboratory-produced capillary tubes with tapered tips as previously described17. In sandwich-ELISA utilizing two anti-Aβ antibodies with different epitopes, we confirmed that CSF Aβ(1–42) levels directly replicated dose-dependency of the injected peptides (Figure 2 and Table 1) (Kruskal-Wallis test, P = 0.0076). After the CSF collection, we transferred blood from vena cava directly to EDTA tubes and isolated plasma. In order to assess validity of plasma Aβ as an AD surrogate biomarker, we measured Aβ(1–42) levels in plasma samples of mice subjected to aforementioned CSF studies by the sandwich-ELISA. We found that the levels of plasma Aβ(1–42) correspondingly elevated as we increased the amount of ICV-injected Aβ(1–42) monomers in mice (Figure 3 and Table 1) (Kruskal-Wallis test, P = 0.0008). Collectively, these results indicated that plasma Aβ(1–42) levels acutely reflected alternations of the CSF Aβ(1–42) concentration (Figure 4).

**Discussion**

In this study, we compared Aβ(1–42) levels in CSF and plasma of at-risk AD model mice. We artificially raised amounts of Aβ(1–42) monomers in CSF of normal adult ICR mice by ICV injection and observed the corresponding increase of Aβ(1–42) levels in plasma. Our results correspond to two conflicting studies using APP transgenic mouse models; these studies conditionally agree on the significant association between CSF and plasma Aβ before the development of plaque deposition11,12. Given that these transgenic mice have different genetic backgrounds and mutations, asymmetrical aspects of CSF-plasma Aβ ratio in these studies indicate strong needs for blood biomarker investigations to adopt Aβ specific animal models without additional neuropathological factors. Thus, we restricted neuropathology of subjected animals to abnormal increase of brain Aβ and measured Aβ levels considering the half-time for brain efflux of the peptide18. As we intended to create Aβ-focused environment in mice, our study lacks many pathophysiological mechanisms in AD such as chronic processing and clearance of Aβ. Thus, additional studies are warranted to determine whether the correlation between plasma and CSF Aβ will translate into AD diagnosis within diverse neuropathological conditions.

Our present study provides assurance that the Aβ in plasma is an important target candidate for AD diagnosis. The concept of Aβ blood test is an unprecedentedly convenient tool for both physicians...
and patients to predict the pathological progression of AD. However, reliable measurements of plasma Aβ by crossing-sectional diversity will subsequently confront the challenge as a valid surrogate biomarker for neurodegeneration of AD. Quantification of abnormal Aβ processing and clearance in the brain has been a major diagnostic method of AD. During the investigation of Aβ neuroimaging tracers, needs for additional biomarkers have been raised due to significant cases of non-demented. Aβ-positive individuals. Thus, clinical evidence presents strongly support the view that diagnosis of AD requires detection of both Aβ and tau abnormalities. As Aβ deposition timely leads to hyperphosphorylated tau aggregation followed by cerebral atrophy, the former is considered useful for early diagnosis and the latter for neurodegeneration. Given that plasma Aβ levels would limitly reflect the status of Aβ abnormality in the central nervous system, further challenges of AD blood tests would be investigating additional blood surrogate markers of neurodegeneration. Present findings propose that blood-based Aβ quantification should be investigated further as a possible surrogate biomarker for AD diagnosis.

Methods

Materials. PL-Wang resin (0.4 mmole/g) was obtained from Varian, Inc. (Shropshire, UK), Fmoc-Sert(Bu)-OH, Fmoc-Met-OH, Fmoc-Leu-OH, Fmoc-Ile-OH, Fmoc-Ala-OH, Fmoc-Lys(Boc)-OH, Fmoc-Asp(OrBu)-OH, Fmoc-Asn(tert)-OH, Fmoc-Glu(OtBu)-OH, Fmoc-Gln(tert)-OH, Fmoc-Gln(trt)-OH, Fmoc-Glu(OtBu)-OH, Fmoc-Arg(Bzl)-OH, N,N'-diisopropylcarbobodimide (DIC), 4-dimethylaminopyridine (DMAP) and triisopropylsilane (TIS) were obtained from GL Biochem Ltd. (Shanghai, China). Fmoc-Val-OH, Fmoc-Gly-OH, Fmoc-His(trt)-OH and N,N,N',N'-tetramethyl-uronium-hexafluoro-phosphate (HBTU) were obtained from CS Bio Co. (Menlo Park, USA). Dimethylformamide (DMF), dichloromethane (DCM) and dimethyl sulfoxide (DMSO) were obtained from Daejung Chemicals & Metals Co., Ltd. (Siheung, Korea). Anisole, piperidine and dichloromethane (DCM) and dimethyl sulfoxide (DMSO) were obtained from CS Bio Co. (Menlo Park, USA). Dimethylformamide (DMF), N,N-diisopropylethylamine (DIPEA) and 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC) were obtained from Sigma-Aldrich (St. Louis, USA). Trifluoroacetic acid (TFA) was obtained from Yakuri Pure Chemicals Co., Ltd. (Kyoto, Japan). Ether, Anhydrous was obtained from J.T. Baker (Center Valley, USA). Zoletil® (Virbac) and Rompun® (Bayer Parma) were obtained from SMP animal medicine (Suwon, Korea). Protease inhibitor cocktail was obtained from Roche Diagnostics (IN, USA). EDTA treated BD vacutainer® was obtained from Becton, Dickinson and Company (NJ, USA). Human Aβ42 Ultrasensitive ELISA kit was obtained from Invitrogen (CA, USA).

Aβ(1-42) peptide synthesis. Aβ(1-42) was synthesized by Fmoc solid phase peptide synthesis. 0.4 M HBTU (3 : 2 DMSO/DMF, v/v) as a coupling solution and 20% piperidine (1 : 1.3 piperidine/DMSO/DMF, v/v/v) as Fmoc deprotecting solution were added DMSO. We synthesized Aβ(1-42) on 0.25 mmole of Wang resin with 1.1 mmole of every amino acid except for the first amino acid. First amino acid requires 2.2 mmole for symmetric anhydride activation. Before synthesis, resin should be swollen in DMSO for an hour. For the symmetric anhydride activation, 2.2 mmole of first amino acid, Fmoc-Ala-OH, was dissolved in DMSO (2 mL) and DIC (156 μL) was added to amino acid dissolved solution. Until the clear DMSO solution became unclear solution, it was placed in sonication. DMAP (0.051 g) was added to the unclear solution. Lastly the mixture was put into swollen resins and shaken for more than an hour. For the rest of amide couplings, CS336X peptide synthesizer (CS Bio, Menlo Park, USA) was used. After finishing synthesis, peptides were well cleaved from resin in 95% TFA (95 : 2.5 : 2.5 TFA/Anisole/TIS, v/v/v) within two hours. Using rotary evaporator, TFA was evaporated. Cold anhydrous ether (stored in −20 °C) was added and centrifuged at 3000 rpm for 10 minutes twice. Finally, precipitated white powder was isolated, dissolved in 50% acetonitrile, lyophilized and purified using reverse-phase HPLC as previously reported.

Animals. ICR mice (male, six weeks old) were purchased from Central Lab Animal Inc. (Seoul, Korea) and then bred in a laboratory animal breeding room at the Korea Institute of Science and Technology. They were housed in groups of five per cage and maintained at constant temperature with a 12/12 hour light/dark cycle. Water and food were available ad libitum. This work was carried out in accordance with the National Institutes of Health guide for the care and use of laboratory animals (NIH publications No. 8023, revised 1978). ICR mice (n = 29) were randomly divided into six groups (n = 5 each, except for the 0.25 mmole group: n = 4) depending on injection concentrations.

ICV injection of Aβ(1-42) peptide. Synthetic Aβ(1-42) was dissolved in sterile normal saline at 0, 0.25, 0.5, 2 and 4 mmole (5 μL of 50, 100, 400 and 800 μM). Mice were anesthetized with a mixture of tiletamine-HCL, zolazepam-HCL (80 mg/kg, IP, Zoletil 50®, Virbac) and xylazine (20 mg/kg, IP, Rompun®, Bayer Parma) before ICV injection. Dissolved Aβ(1-42) was injected into the ICV region of mouse brains according to the previously reported protocols. In detail, we used a Hamilton syringe with a 26-gauge stainless-steel needle to inject the Aβ(1-42) stocks into the ICV region by 1.0 mm posterior to bregma, 1.8 mm lateral to saggital, 3.6 mm ventral and 2.4 mm depth.

Spontaneous alternation Y-maze after ICV injection Aβ(1-42). Subjected mice (n = 7 per group) received 0.25 mmole of Aβ(1-42) via ICV injection. The Y-maze task was carried out four days after Aβ(1-42) injection. This maze was composed of black painted wood; each arm was 40 cm long, 12 cm high, 3 cm wide at the bottom and 10 cm wide at the top. The arms converged at an equilateral triangular central area that was 4 cm at its longest axis. Each mouse was placed at one arm area, and allowed to move freely through the maze during eight minutes. Alternation was defined a successive entry into the arms, on overlapping triplet sets. The alternation behavior (%) was calculated as also mentioned.

CSF and plasma collection. Considering that the half-time of Aβ(1-40) efflux from the CSF to blood of CS7BL/6, was previously measured as 34.63 ± 3.6 minutes, we collected CSF and plasma 30 minutes after the ICV injection. CSF sampling was

Table 1 | Determined Aβ(1–42) concentration of CSF and plasma (mean ± SD)

| Injected Aβ(1–42) amount (nmole) | 0 (vehicle) | 0.25 | 0.5 | 2 | 4 |
|----------------------------------|------------|------|-----|---|---|
| CSF Aβ(1–42) conc. (pg/mL)      | 127.66 ± 110.65 | 236.52 ± 154.29 | 717.02 ± 496.11 | 1,319.15 ± 1516.58 | 3,431.91 ± 1264.42 |
| Plasma Aβ(1–42) conc. (pg/mL)   | 208.08 ± 29.79 | 504.90 ± 342.13 | 1,434.68 ± 627.72 | 3,002.84 ± 605.29 | 14,719.15 ± 7,210.06|

Figure 3 | Concentration in plasma Aβ(1–42) after ICV injection. Plasma was collected 30 minutes after ICV injection of Aβ(1–42) in serial amounts; 0, 0.25, 0.5, 2 and 4 nmole. Concentrations of Aβ(1–42) in plasma were measured using sandwich-ELISA.

Figure 4 | Comparison of Aβ(1–42) levels between CSF and plasma.
performed according to the method described previously.25 Anesthetized mice were placed prone, and their cisterna magna were surgically exposed. The exposed meninges were penetrated with a glass capillary tube that had a tapered tip and obtained CSF. After CSF collection, the mice were placed supine, and their trunks were surgically opened. Blood collected from the vena cava was transferred to EDTA tube with protease inhibitor cocktail (Roche Diagnostics, cat# 1183617001) and shaken gently. Plasma was separated from EDTA treated blood. Collected CSF and plasma samples were frozen immediately on dry ice and then stored at −80°C freezer.

**Aβ(1–42) analyzed by sandwich-ELISA in mouse CSF and plasma.** Levels of Aβ(1–42) in CSF were quantified by using the Human Aβ42 Ultrasensitive ELISA kit (Invitrogen, cat# KHB3544). Limit of detection of the kit is <1.0 pg/mL. We added the protease inhibitor cocktail into the standard diluent buffer from the kit and then, used the mixture to dilute the collected CSF samples to 100 or 400 folds depending on the amounts of ICV-injected Aβ(1–42): 0, 0.25 and 0.5 nmole of Aβ(1–42) to 100 folds and 2 and 4 nmole of Aβ(1–42) to 400 folds. The sandwich-ELISA was performed according to the manufacturer’s instructions using the diluted samples. Briefly, we added diluted CSF into the 96-well plates coated with anti-Aβ (N-term) monoclonal antibody, and co-incubated with additional C-term targeting anti-Aβ(1–42) monoclonal antibody (rabbit) (3 hours) at RT. Then, we incubated the samples with horseradish peroxidase (HRP)-conjugated anti-rabbit antibody (30 minutes) at RT followed by the stabilized chromogen reagent. After addition of stop solution, we measured absorbance intensity at 450 nm to detect the amount of Aβ(1–42) in each sample. The concentration range of Aβ(1–42) standards was 0 to 100 pg/mL (8 points: 0, 1.56, 3.13, 6.25, 12.5, 25, 50 and 100 pg/mL). The data processing to obtain the concentration of Aβ(1–42) was based on the standard curve (R²: 0.995, %relative error = 7.658%).

Levels of Aβ(1–42) in plasma were quantified by using the Human Aβ42 Ultrasensitive ELISA kit (Invitrogen, cat# KHB3544). Limit of detection of the kit is <1.0 pg/mL. We diluted the collected plasma samples to 100 or 1,000 folds depending on the amounts of ICV-injected Aβ(1–42): 0, 0.25 and 0.5 nmole of Aβ(1–42) to 100 folds and 2 and 4 nmole of Aβ(1–42) to 1,000 folds. The sandwich-ELISA was performed according to the manufacturer’s instructions using the diluted samples. The detail is identical to the aforementioned method measuring CSF Aβ(1–42). The concentration range of Aβ(1–42) standards was 0 to 100 pg/mL (8 points: 0, 1.56, 3.13, 6.25, 12.5, 25, 50 and 100 pg/mL). The data processing to obtain the concentration of Aβ(1–42) was based on the standard curve (R²: 0.996, %relative error = 11.82%).

**Statistical analysis.** Aβ(1–42) concentrations were expressed as mean ± SD. Statistical analysis was performed with Graphpad Prism software (Graphpad Software, CA, USA). Significance was determined by using Student’s t-test and Kruskal-Wallis test, followed by Dunn’s post hoc tests for comparisons between vehicle control and treated samples.

All experimental protocols were approved by Korea Institute of Science and Technology and Institutional Animal Care and Use Committee of Korea Institute of Science and Technology (AP-201111015).

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