Seeds are the central components of the plant life cycle because the establishment of a new generation of plants depends on them. Seeds are not only an indispensable source of food for the human diet but also for animals, providing significant contribution to the consumed calories [1,2].

Seed germination is a complex process. The success of seed germination and seedling establishment is crucial for spreading plant species and has great economic and ecological impact [3].

Germination sensu stricto includes events starting with water uptake by the quiescent dry seed and culminates with the elongation of the embryonic axis and the emergence of the radicle [4].

The germination process is linked to important changes in the redox state of the seeds, and a relationship between reactive oxygen species (ROS) and plant hormones in this process is well known. In that regard, a H$_2$O$_2$-dependent abscisic acid (ABA) decline has been documented in germinating seeds [5–8]. In addition, it has been reported that ROS can stimulate gibberellins (GA) biosynthesis [7,8]. Thus, ROS can favour the decline in the ABA/GAs ratio during seed germination [6,7] in a similar fashion to that reported in the dormancy release in floral buds [9,10].

ROSs, such as nitric oxide (NO), in addition to different nitrogen-containing compounds, including nitrite, nitrate and sodium nitroprusside (SNP, a NO-generating compound), have also been associated with seed dormancy breaking and the germination process [4,11,12]. Both KNO$_3$ and sodium nitroprusside (SNP), a nitric oxide (NO)-donor, stimulated early seedling growth. Both treatments reduced ABA concentrations and induced the GA$_4$ levels in pea seedlings, thus resulting in a strong decrease in the ABA/GA ratio [12].

Seed dormancy can be defined as the inability of a viable seed to germinate under optimal conditions [13]. The regulation of seed dormancy involves some plant hormones (ABA, GAs and ethylene) [5], some environmental factors [14] and several signaling molecules (NO and ROS) [4,11]. ABA abundance and signaling play a role in the seed dormancy process during seed development, whereas oxidation events also seem to regulate the depth of dormancy [15].

Therefore, both seed germination and seed dormancy are regulated by the interaction plant hormones/ROS metabolism, and antioxidant-related mechanisms seem to participate in the fine-tune control of ROS accumulation during both processes [5–7].

Developing strategies to increase the production of horticultural crops in a sustainable manner is an essential objective for researchers. Horticultrists face the challenge of producing more food in a situation of global population increase in a climate change context. Seed germination and seed vigor can be enhanced by treatments named as “seed priming”. Thus, priming can be defined as a treatment or condition for enhancing seed quality. This strategy resulted in stimulation of germination that can also induce tolerance to environmental stress conditions and increase crop production [16]. Priming can be achieved by the addition of different chemicals during the imbibition process,
including osmotic solutions (PEG, osmopriming); inorganic salts such as NaCl, KNO₃, NaNO₃ and so on (halopriming); and disinfectant compounds (chemopriming, sodium hypochlorite (NaOCl) and hydrochloric acid (HCl)) [16], among others. In this group of chemical compounds, hydrogen peroxide (H₂O₂) should also be included. At low concentrations, H₂O₂ stimulates seed germination and the early seedling growth of plants (Figure 1) [5–7,17,18]. The short treatments of seeds with red lights also stimulated seed germination and vigor [19] (Figure 2).

Figure 1. Effect of imbibition of pea and melon seeds in the presence of different H₂O₂ concentrations for 12 h. Seeds were then washed with dH₂O and placed in Petri dishes with dH₂O and incubated in darkness up to 48 h. Reprinted from Ref. [18].

| Time (min) | C  | 5  | 10 | 15 | 30 | 60 |
|------------|----|----|----|----|----|----|

Figure 2. Effect of red-light exposure (15 μmol m⁻² s⁻¹) (up to 60 min) of melon seeds on the germination rate and early seedling growth in 4 day old seedlings. Reprinted from Ref. [19].

These compounds can be a costless, effective and useful strategy for enhancing crop production and quality [20].

Seed priming induces a series of changes that improve the posterior response of the seedlings, including increases in K⁺ content; prevention of chlorophyll degradation and
increases in chlorophyll content; activation of antioxidant defenses; hormone metabolism modulation; proteome changes; and increases in yield and harvest quality [19]. Moreover, different priming techniques have proved to be effective in improving the nutritional value of the edible sprouts, resulting in greater health benefits [2].

I am confident that this new journal Seeds (ISSN: 2674-1024) [21] will contribute to elucidating the broad world of seed biology and technology. Therefore, I invite you to send us your research results and/or reviews related to the scope of this journal.

**Conflicts of Interest:** The author declares no conflict of interest.

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Short Biography of Author

José Antonio Hernández Cortés is a doctor in Biology Sciences for the University of Murcia (Spain). Currently, he is a senior researcher at the CSIC. He is part of the Fruit Biotechnology Group at the institute of Edaphology and Applied Biology from the Segura (CEBAS-CSIC). I am an external professor of Plant Physiology at the Catholic University San Antonio from Murcia (UCAM). My research area includes plant physiology and biochemistry under environmental stress conditions and focuses on antioxidant metabolism. I have worked in seed biology, especially in the role of redox metabolism on seed germination, as well as the interrelation among hormones/redox state/carbohydrate metabolism in the dormancy release in flower buds from peach. By using $^{13}$C-labeled compounds, we provide strong evidence showing that cyanogenic glycosides (CNGlcs) turnover is involved in SA biosynthesis in peach plants under control and stress conditions and mandelonitrile (MD) is the intermediary molecule controlling CNGlcs turnover and SA biosynthesis. I have participated in 46 competitive R + D + i projects (national, regional, international and contracts with companies). I am the author of 115 SCI papers, with an h-index of 43 with almost 8000 citations (Web of Science). According to Google Scholar database, my h-index is 51, with a total of almost 13,000 citations. In addition to CEBAS, I have worked at L’Ecole Nationale Supérieure Agronomique de Toulouse (ENSAT, France) for more than 2 years and at the John Innes Center (Norwich, UK) for a period of 6 months.