Neoadjuvant Immunotherapy of Oral Squamous Cell Carcinoma: Case Report and Assessment of Histological Response

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Background: The treatment of oral cancer remains challenging due to its infiltrative nature and a high tendency for tumour relapse leading to an overall poor prognosis. In the case of early recurrence, the patient’s prognosis deteriorates dramatically, with survival rate dropping to below 30%. Minimal improvements in survival trends in recurrent and advanced stage tumours have been reported in recent decades. Neoadjuvant immunotherapy may represent a new therapeutic approach changing the standard of care in advanced oral cancer therapy.

Case Presentation: We describe the case of a woman in her late 30’s who presented in mid-2019 with oral squamous cell carcinoma (OSCC) localized to the floor of the mouth. After initial R0 resection, selective neck dissection, and adjuvant brachytherapy, an early recurrence of OSCC located between the hyoid bone and the mandible was diagnosed at the end of 2019. An off-label treatment regimen was performed with neoadjuvant use of Pembrolizumab 19 days prior to salvage surgery. Radiological and histological assessment of T-cell and programmed cell death protein 1 ligand 1 (PD-L1) expression was performed before and after checkpoint inhibitor application. Neoadjuvant immunotherapy resulted in increased T-cell infiltration and PD-L1 expression, as well as a significant tumour necrosis rate. One cycle of Pembrolizumab led to significant regressive tumour changes with increases in immune infiltration, sclerosis, and necrosis of 75% of the tumour mass with only 25% vital tumour cells remaining. By June 2020, the patient remained without recurrence.

Conclusions: The case presented outlines the potential effects of neoadjuvant immunotherapy in recurrent or advanced OSCC prior to definitive surgical tumour treatment. The benefit of additional adjuvant treatment after histologic response will be discussed. The case is also analysed considering ongoing clinical trials of neoadjuvant immunotherapy for head and neck malignancies.

Keywords: case report, immunotherapy, oral cancer, pembrolizumab, neoadjuvant, PD-1 - PD-L1 axis, OSCC, immune checkpoint inhibitors
INTRODUCTION

Oral cancer is a serious and growing problem in many parts of the globe including Europe. Oral and oropharyngeal cancer grouped together is the sixth most common cancer in the world (1). Considering the different entities within oral cancer, oral squamous cell carcinoma (OSCC) accounts for 92-95% of oral malignancies (2). Tumour recurrence is one of the main factors for the poor prognosis of OSCC, with the mortality rate increasing to 87% when early tumour recurrence is diagnosed (3). Current concepts on the aetiology of OSCC do not explain the occurrence of OSCC in young people without genetic conditions and a history without evidence of chemical noxious agents.

To date, the standard of care is primary surgical tumour resection with concurrent reconstruction and cervical lymph node dissection followed by postoperative adjuvant therapy (radiotherapy ± cisplatin) in high-risk cases (4). Current research focuses on the tumour-immune interaction in this regard. Common mechanisms of tumour immune evasion include loss of major histocompatibility complex (MHC) molecules and upregulation of immune checkpoint molecules on cell surfaces that normally regulate the amplitude and duration of a T-cell response (5, 6). The emerging treatment modality of immunotherapy targets immune checkpoint molecules including the programmed cell death protein 1 (PD-1) receptor and its ligand PD-L1 (7). Immune checkpoint blockade uses antibodies to block inhibitory immune checkpoint pathways and can invigorate inactive and/or exhausted T-cells to produce antitumor effects that confer long-term survival benefits in certain types of cancer (6, 8).

Immunotherapy is a therapy for OSCC in cases with no curative surgical and radio-oncologic treatment option (9, 10). Neoadjuvant immunotherapeutic treatment of OSCC is currently not approved in the EU and US but is under intense investigation in large clinical trials (NCT02296684, NCT02641093 and NCT03765918). A recently published Phase I investigation in large clinical trials (NCT02296684, NCT02641093 and NCT03765918) showed no evidence of human papillomavirus association or NUT carcinoma (formerly NUT midline carcinoma). Due to the infiltration depth of 0.9 mm adjuvant brachytherapy was performed according to current GEC-ESTRO ACROP recommendations (16). Adjuvant interstitial brachytherapy with 2 doses per day and 3.8 Gy per dose started 2 months and 3 weeks after primary tumour resection and ran for 5 days. Recurrence was diagnosed 5 months after initial surgery and 2 months after completion of brachytherapy and occurred despite initial R0 resection and adjuvant interstitial brachytherapy with 38 Gy total dose. Radiologically, the recurrence appeared as contrast-enhanced lesion on the right submandibular side between the hyoid bone and mandible (Figure 1B). It was first discovered 6 months after primary tumour diagnosis during tumour follow-up and confirmed by subsequent biopsy. After review of radiological imaging as well as the clinical situation, the tumour recurrence was classified as marginally resectable because of its hyoid and pharyngeal infiltration and missing infiltration of large neck vessels. Due to the clinical situation and unfavourable prognosis, all therapeutic options were discussed with the patient. Additional to the current standard of care and based on recently published results on the administration of Pembrolizumab prior to surgical therapy (11, 12), the possibility of neoadjuvant and adjuvant immunotherapy as an individual healing attempt was discussed. The patient was informed in detail about the experimental nature of such treatment and the possible risks, including fatal autoimmunologic side effects. The patient was also informed that side effects may occur long after the immunotherapeutic treatment has ended. In addition, she was informed about the rare possibility of hyperproliferation and exacerbation of tumour disease due to immunotherapy (17, 18). The need for adequate contraception was pointed out and informed consent was obtained.

Thereafter, neoadjuvant immunotherapy with 200 mg Pembrolizumab was administered 19 days prior to surgical therapy for the recurrence. The therapy was performed

**Abbreviations:** OSCC, oral squamous cell carcinoma; R0 resection, no cancer cells seen microscopically at the primary tumour site; PD-L1, programmed cell death 1 ligand 1; MHC, major histocompatibility complex; PD-1, programmed cell death protein 1; ICB, Immune checkpoint blockade; CD8, Cytotoxic T cell marker; TC, tumor cells; TPS, tumor proportion score; IC-score, inflammatory cell score; CPS, combined positivity score; HNSSC, head and neck squamous cell carcinoma; HE, hematoxylin-eosin-stain.
without significant side effects. Shortly before resection of the recurrence, radiologic restaging was performed with respect to neoadjuvant immunotherapy (Figure 1C). It showed a slightly reduced progressively melted, and marginally contrast-enhanced lesion in submandibular location on the right. However, compared with the status before Pembrolizumab application, no significant radiological changes were detected (Approximately 1.9 x 2.1 x 2.9 cm compared with 1.5 x 2.2 x 2.2 cm in the previous examination). Surgical therapy was performed according to the state of the art by radical tumour resection with partial resection of the dorsal right floor of the mouth, tongue, radial forearm flap in situ and pharyngeal wall. Tumour resection also included partial resection of the right mandibular angle, hyoid bone and resection of the hypoglossal nerve because of its attachment to the tumour mass. The recurrence was staged ypT2 ypN0 (0/2) L0 V0 Pn0 R0 > 5 mm cM0 with an infiltration depth of 6 mm. Defect coverage was accomplished using a microvascular vastus lateralis transplant from the patient’s right thigh. In the postoperative interdisciplinary tumour board, it was decided to re-administer the immunotherapeutic agent according to the patient’s will and to additionally perform an adjuvant radio-chemotherapy according to the current German treatment guideline (19, 20). In accordance with patient will and despite the lack of evidence regarding postoperative adjuvant immunotherapy in OSCC, the
immunotherapeutic approach was continued by administering 200 mg of Pembrolizumab, 8 days after recurrence resection. Immunotherapy was continued with the aim of maintaining a constant level of anti-PD1 antibody despite perioperative loss of blood and postoperative application of two units of stored blood. The application had no side effects. Three weeks after the second, a third administration of the immunotherapeutic drug (200 mg Pembrolizumab) was performed without significant side effects. Adjuvant radiochemotherapy was given 7 weeks after surgery over 6 weeks with percutaneous radiotherapy (2 Gy single dose, 64 Gy total dose) and concurrent chemotherapy with cisplatin 40 mg/m2 body surface area in 6 applications. Tumour follow-up took place 6 and 12 months after resection of the tumour recurrence with no evidence of local recurrence (cT0N0). Last computed tomography in mid-2021 with no indication of local recurrence and no lymph node metastases.

### HISTOPATHOLOGICAL FINDINGS

The patient’s tumour presented as moderately differentiated, keratinizing squamous cell carcinoma at initial diagnosis and all further biopsies (G2; Figure 2).

To further elucidate immunological processes due to Pembrolizumab treatment we applied PD-L1 (Ventana SP263 assay) and CD8 immunohistochemistry to a baseline tumour sample (initial diagnosis), a tumour sample derived from the recurrence before administering Pembrolizumab and the final resection specimen after Pembrolizumab treatment (representative images are depicted in Figure 3). The following parameters were chosen for quantification and histological assessment of the conducted therapy: 1. CD8 density per mm2 (Cytotoxic T cell marker) 2. TC/TPS % [TC, tumour cells; TPS, tumour proportion score (stained tumour cells/tumour cells)] 3. IC-Score % [inflammatory cell score (stained inflammatory cells/tumour surface)] 4. CPS (combined positivity score [(stained tumour cells + stained mononuclear immune cells)/tumour cells]) (21–23). Although the tumour showed a moderate baseline infiltration of CD8+ cytotoxic T-cells (intratumoral CD8+ before pembrolizumab: 756 CD8+ T-cells per mm2) and PD-L1 expression on tumour (TPS 55%, CPS 70) and immune cells (IC-Score 15%), Pembrolizumab treatment led to a significant increase of CD8 infiltration with a very strong increase of intraepithelial localized CD8+ cytotoxic T-cells (intratumoral: 2221 CD8+ T-cells per mm2) and a strong upregulation of PD-L1 expression on tumour cells (TPS 100%, CPS 100) as well as on tumour infiltrating immune cells (IC-Score 40%; Figures 3A, B).

Furthermore, one cycle of Pembrolizumab was able to induce significant regressive tumour changes. In detail, approximately 75% of the former tumour bed was represented by large fibrotic and necrotic tumour areas while only 25% was covered by residual vital tumour cells. Pre-treatment biopsies showed no tumour regression or necrosis. Taken together, these results indicate that a single cycle of Pembrolizumab treatment can sufficiently booster the pre-existing antitumoral immune response by increasing the ability of cytotoxic effector T-cells to migrate into the tumour microenvironment and to actively kill tumour cells.

### DISCUSSION AND CONCLUSIONS

The neoadjuvant and adjuvant administration of Pembrolizumab showed no significant side effects. One cycle of Pembrolizumab resulted in significant regressive tumour changes with a large increase in CD8+ immune infiltration, sclerosis, and necrosis of 75% of the tumour mass, as shown by histopathologic assessment.
Neither surgical treatment nor adjuvant radiochemotherapy were compromised by the administration of (neo)adjuvant immunotherapy. Although the neoadjuvant use of Pembrolizumab as an individual healing attempt was based on few promising studies and reports in the international literature, in this particular case the patient showed a strong histopathologic response to therapy. At the last follow-up 18 months after salvage surgery, no clinically or radiologically suspicious tumour lesions were detected.

Activation of the co-inhibitory PD-1/PD-L1 pathway is among the mechanisms of OSCC tumour cells to evade immune invasion. Binding of PD-1 on the surface of cytotoxic T cells to PD-L1 or PD-L2 expressed on tumour cells and antigen-presenting cells promotes a microenvironment favourable for tumour growth (24). By this mechanism, the distribution of T cells toward regulatory T cells is dysregulated, while effector T cells and memory T cells are suppressed (25). The concept of PD-1 inhibitors such as Pembrolizumab is based on interrupting the described process to enable an organized immune response against tumour cells. More specifically, inhibition of the PD-1/PD-L1 pathway promotes priming and infiltration of tumour antigen-specific T

![Histopathological imaging. Initial diagnosis. Primary resection. Final post-pembrolizumab resection specimen of tumour recurrence. Images taken at 200× magnification. Histological findings proving a significantly higher CD8+ positive T-Cell density after PD-L1 antibody use in the form of Pembrolizumab may be indicative of the patients significantly improved immunologic status. In addition, continued postoperative use could have a positive impact on the likelihood of a second relapse.](image-url)
cells and achieves a relevant tumour necrosis rate before complete surgical ablation of the residual tumour mass (26). Clinical practice for exclusive use of immunotherapy in advanced cases showed a rather low response rate of about 30% (27), optimistically perceived by the oral and maxillofacial surgery community, but still in need of fundamental improvement. Based on our understanding of tumour biology in OSCC, this rate could be increased by using PD-1 inhibitors at an earlier stage of disease, when immunologic conditions are more favourable for the drug to exert its full biologic properties (28). Pembrolizumab is currently approved in Germany only for recurrent and metastatic OSCC when surgical therapy has been exhausted and other conventional treatment options such as radiation or chemotherapy are no longer indicated. At this stage, a significant amount of lymphoid tissue has usually been resected during surgical procedures or otherwise damaged, for example, by

![Diagram](image-url)

**FIGURE 3** | **(A)** CD8 density (mm²) during treatment. Points of interest/sample collection: initial biopsy, primary resection, recurrence biopsy, final resection after Pembrolizumab. Charts show: CD8+ cells per mm² in tumor area; CD8+ cells per mm² in stromal area; CD8 mm² combined tumor and stromal area. **(B)** PD-L1 expression during treatment. Points of interest/sample collection: initial biopsy, primary resection, recurrence biopsy, final resection after Pembrolizumab. Charts show: TC, tumor cells; TPS, tumor proportion score in % (stained tumor cells/tumor cells); IC-Score, inflammatory cell score (stained inflammatory cells/tumor surface); CPS, combined positivity score ((stained tumor cells + stained mononuclear immune cells)/tumor cells), CPS has no dimension.
the use of radiochemotherapy. Therefore, conditions for therapies that enhance a specific host immune answer against tumour cells are assumed to be significantly deteriorated at that point. However, in a neoadjuvant setting, most of the lymphoid tissue is still intact and therefore the tissue infrastructure might be much more favourable for immunologic cells to infiltrate the tumour. This novel approach could help establish a strong, directed immune response to tumour tissue, including patients with low T-cell infiltration, who are generally associated with poor response rates to immunotherapy (29). Hence, we suggest that neoadjuvant use of PD-1 inhibitors should be further investigated to increase therapeutic efficacy and expand the collective of patients with favourable response to immunotherapy. In a recently published multicentre phase II study, Uppaluri et al. reported the successful neoadjuvant use of Pembrolizumab in addition to standard therapy in patients with locally advanced human papillomavirus-negative head and neck squamous cell carcinoma (HNSCC) (11, 12). All patients received 200 mg neoadjuvant Pembrolizumab and only patients with high-risk pathology (positive margins and/or extranodal extension) received 200 mg adjuvant Pembrolizumab every three weeks for six cycles. The one-year relapse rate among patients with high-risk pathology was only 16.7% (11, 12). Tumour necrosis rates greater than 50% as in our case occurred in 22% of patients and treatment response with ≥10% necrotic tumour cells correlated significantly with initial tumour PD-L1 expression as well as CD8+ cytotoxic T-cell invasion (11, 12). Another ongoing randomized, open-label phase 3 trial called Keynote-689 (NCT03765918) is similarly evaluating the effect of pre- and postoperative use of Pembrolizumab in addition to surgery and standard chemoradiation in patients with previously untreated, resectable, and locally advanced HNSCC (30).

While we await the results of this trial, it is expected that the addition of Pembrolizumab will significantly improve pathologic response and event-free survival compared with adjuvant chemoradiotherapy alone. In addition, Pembrolizumab has been shown to be an effective neoadjuvant agent that significantly improves patient survival in other cancers, including malignant melanoma, bladder cancer and lung cancer (31–33). Phase III trials in various solid cancers are currently underway to confirm the results of the present preliminary studies in a large patient population (NCT03036488, NCT03221426). The potential benefit of neoadjuvant Pembrolizumab administration can be assessed by histopathologic changes in the patient’s tumour progression (Figure 2). The patient in this case already showed relatively strong PD-L1 and CD8 expression before the use of immunotherapy, as previously described as a typical feature in non-smoking and nondrinking patients with OSCC (34). However, after one dose of neoadjuvant Pembrolizumab, CD 8 expression increased markedly, particularly in the tumour tissue region, where the density of CD8+ T cells more than doubled. This can be interpreted as a clear sign of specific immune cell infiltration into the tumour, which can then lead to targeted lysis of tumour cells as seen in the histologic specimen at recurrence. Similar observations were made for PD-L1 expression, which drastically increased after neoadjuvant Pembrolizumab application as shown in Figures 3A, B. Both high PD-L1 expression and high CD8 expression were previously described as factors associated with positive response to PD1/PD-L1 inhibitor therapy in OSCC (35). The positive predictions can be confirmed by the case described: a single dose of neoadjuvant Pembrolizumab resulted in significant necrosis of tumour tissue, although no radiologic correlate to the remarkable therapeutic response was detectable. This may be due to the fact that a certain number of patients treated with immunotherapy show atypical radiologic response patterns compared with other conventional treatment modalities, making it difficult to quantify the efficacy of immunotherapy (36). Because of the patient’s unfavourable prognosis due to early recurrence, our interdisciplinary tumour board recommended neoadjuvant immunotherapy as an individual healing attempt in addition to the current standard of care. Neoadjuvant Pembrolizumab was successfully administered 19 days before surgical therapy for recurrence in OSCC. Immunotherapy was continued adjuvant, although R0 resection was achieved and no extranodal tumour extension was detected on histopathologic evaluation. This was attributed to the fact that ablative tumour surgery is associated with relevant blood loss and, therefore, the plasma concentration of Pembrolizumab could decrease significantly after tumour resection. However, to our knowledge, there is no explicit clinical evidence to date demonstrating that immunotherapy is beneficial for patients with OSCC when complete tumour resection has been achieved. Furthermore, it was the patients’ will to continue Pembrolizumab therapy after tumour surgery, as the single preoperative administration resulted in a clearly histologically measurable attenuation of the tumour mass. This case demonstrates that neoadjuvant immunotherapy with Pembrolizumab can be performed for recurrent or advanced OSCC without delaying or complicating subsequent treatment, and that the therapeutic benefit of (neo)adjuvant immunotherapy is more extensive than a salvage option when all other therapeutic alternatives have been exhausted. However, a detailed clinical recommendation for pre-selection of patients eligible for Pembrolizumab therapy, including timing, dosing, and number of cycles of neoadjuvant as well as adjuvant administration, is still pending. Further studies should be conducted in future trials to evaluate patient eligibility criteria and treatment monitoring options for neoadjuvant use of Pembrolizumab in OSCC.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

AUTHOR CONTRIBUTIONS

MW, MK, RL, GF, MH, T-OB, and JG examined and treated the patient and collected the data. ME participated in the pathological diagnosis. MO, MW, and JG discussed the case and data. MO, MW, and JG wrote the manuscript. JR, RL, GF, and T-OB aided with manuscript writing and language prettification. All authors contributed to the article and approved the submitted version.
