Prevention of Birch Pollen-Related Food Allergy by Mucosal Treatment with Multi-Allergen-Chimers in Mice

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Abstract

Background: Among birch pollen allergic patients up to 70% develop allergic reactions to Bet v 1-homologue food allergens such as Api g 1 (celery) or Dau c 1 (carrot), termed as birch pollen-related food allergy. In most cases, specific immunotherapy with birch pollen extracts does not reduce allergic symptoms to the homologue food allergens. We therefore genetically engineered a multi-allergen chimer and tested if mucosal treatment with this construct could represent a novel approach for prevention of birch pollen-related food allergy.

Methodology: BALB/c mice were poly-sensitized with a mixture of Bet v 1, Api g 1 and Dau c 1 followed by a sublingual challenge with carrot, celery and birch pollen extracts. For prevention of allergy sensitization an allergen chimer composed of immunodominant T cell epitopes of Api g 1 and Dau c 1 linked to the whole Bet v 1 allergen, was intranasally applied prior to sensitization.

Results: Intranasal pretreatment with the allergen chimer led to significantly decreased antigen-specific IgE-dependent β-hexosaminidase release, but enhanced allergen-specific IgG2a and IgA antibodies. Accordingly, IL-4 levels in spleen cell cultures and IL-5 levels in restimulated spleen and cervical lymph node cell cultures were markedly reduced, while IFN-γ levels were increased. Immunomodulation was associated with increased IL-10, TGF-β and Foxp3 mRNA levels in NALT and Foxp3 in oral mucosal tissues. Treatment with anti-TGF-β, anti-IL10R or anti-CD25 antibodies abrogated the suppression of allergic responses induced by the chimer.

Conclusion: Our results indicate that mucosal application of the allergen chimer led to decreased Th2 immune responses against Bet v 1 and its homologue food allergens Api g 1 and Dau c 1 by regulatory and Th1-biased immune responses. These data suggest that mucosal treatment with a multi-allergen vaccine could be a promising treatment strategy to prevent birch pollen-related food allergy.
We previously demonstrated that mucosal administration of recombinant allergens prevented allergic sensitization in mono-sensitized mice [9]. In poly-sensitized mice, however, application of a mixture of recombinant antigens did not efficiently elicit protective effects [8,10]. More recently, we demonstrated that mucosal application of either a multi-peptide construct, covering the immunodominant T cell epitopes of the major birch and grass pollen allergens, or a multi-allergen chimer, consisting of the scaffold allergen Bet v 1 in its native conformation anchoring two or more immunodominant peptides from major grass pollen allergens, prevented multi-sensitization against these allergens [10,11].

In the current study we established a model of BPRFA in poly-sensitized mice to validate the protective effects of mucosal treatment with a respective chimer. For this purpose we designed a pollen-food-allergen chimer consisting of Bet v 1, acting as a tolerogen, fused with additional immunodominant peptides of its homologous food allergens Api g 1 from celery and Dau c 1 from carrot. Our data provide evidence for the efficacy and underlying mechanisms of mucosal treatment with this chimer in preventing local and systemic Th2 immune responses in poly-sensitized mice.

Methods

Animals

Female 7-week-old BALB/c mice (n = 12 per group) were obtained from Charles River (Sulzfeld, Germany). All experiments were repeated 3 times.

Ethics Statement

The animal studies were performed according to institutional guidelines for animal use and care. The study was approved by the Animal Experimentation Ethics Committee of the Medical University of Vienna and the Ministry of Science and Research (GZ 66.009/299-BrGT/2005; GZ 66.009/35-II/10b/2010).

Antigens and Antibodies

Recombinant Bet v 1.010, Api g 1.0101 and Dau c 1.0103 were obtained from Biomay AG (Vienna, Austria). Birch pollen (BP) from *Betula verrucosa* was purchased from Allergon (Välinge, Sweden), and protein extracts of BP, celery (*Apium graveolens*) and carrot (*Daucus carota*) were prepared as previously described [11,12]. Anti-TGF-β, anti-IL-10R and anti-CD25 blocking antibodies were produced in house at the University of Edinburgh, UK (and provided by R. Maizels). Rat IgG isotype control antibody was used (Sigma-Aldrich).

Epitope Mapping Studies

For T cell epitope mapping a panel of 48 peptides of Api g 1 and 48 peptides of Dau c 1 were used (provided by B. Bohle). Spleen cell suspensions from Api g 1 or Dau c 1 immunized mice were incubated with 5 μg/well of each of the peptides, which overlapped for three amino acids (neighbours sharing nine residues) spanning the whole amino acid sequence of the respective antigens. Proliferative responses were measured according to previous description [12].

Construction of the Birch Pollen–food–chimer Expression Plasmid

Complementary templates from Api g 1 (Genbank Access number: Z48967) and Dau c 1 (Genbank Access number: Z84376) respectively, were used to amplify the identified immunodominant encoding regions by PCR (cDNA templates were provided by K. Hoffmann-Sommergruber). Api g 1-T cell epitope specific primers were designed including NcoI and EcoRI restriction sites (Api g 1 fwd 5'-CATGCGATGGATGAAGTGTAAACAGGAG'3', Api g 1 rev 5'-ATGAAATTCCAGATGGTTTACATAGGA'3'; restriction sites underlined); Dau c 1-T cell epitope specific primers were designed including HindIII and XhoI restriction sites (Dau c 1 fwd 5'-ACCAAGCTTGCCTTGTGGTTTCTGAAAGA'3', Dau c 1 rev 5'-CCCGCTGCAGTTAATGCAATGAGGTAGG'3').

For construction of the Api g 1 Bet v 1-Dau c 1-chimer we ligated the PCR amplicons of Api g 1 and Dau c 1 into the respective restriction sites on the 5'- and 3'-end of a PhIS Parallel 2 - Bet v 1 plasmid, equipped with a hexahistidy1 (6×His) affinity tag as previously described [8]. Subsequent DNA sequence analysis (GATC Biotech, Konstanz, Germany) verified correct sequences and the integrity of open reading frame.

Expression, Purification and Refolding of Recombinant Api g 1 Bet v 1-Dau c 1-chimer

The Api g 1 Bet v 1-Dau c 1 expression plasmid was transformed into electrocompetent BL 21(DE3)physS E. coli cells (Invitrogen, NV Leek, Netherlands) and grown in LB/1 mM ampicillin medium at 37°C under vigorous shaking until an optical density (OD<sub>600</sub>) of 0.7. Expression was induced by adding 0.001 mol/L isopropyl β-D-thiogalactopyranoside (IPTG) and incubation continued for additional 3 hours before harvesting.

6×His-tagged r Api g 1 Bet v 1-Dau c 1-chimeric protein was produced in inclusion bodies and therefore purified from E. coli lysate under denaturing conditions. Cells were solubilized in denaturing lysis buffer (8 mol/L urea, 0.1 mol/L NaH<sub>2</sub>PO<sub>4</sub>, 0.01 mol/L tris, pH 8.0) and purified by nickel nitrioltriacetic acid affinity column (GE Healthcare, Uppsala, Sweden).

Purified protein fractions were monitored by sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE), pooled and refolded by stepwise dialysis against 0.02 mol/L NaH<sub>2</sub>PO<sub>4</sub>, pH 8.0 while gradually reducing urea concentration from 6 mol/L to 0 mol/L. After a final dialysis against 0.01 mol/L NaH<sub>2</sub>PO<sub>4</sub>, pH 7.2, Api g 1 Bet v 1-Dau c 1-chimer was lyophilized and stored at −20°C.

Concentration of bacterial endotoxins was determined using the *Laminus amboicyte lysate assay* (QCL-1000, Cambrex, Walkersville, MD, USA) according to the users manual. Endotoxins were removed using the EndoTrap Blue affinity column (Profos, Regensburg, Germany) according to the manufacture’s instructions. Protein concentration was determined using the bicinchoninic acid protein assay (Pierce, Rockford, IL, USA).

Protein Analysis

Physiochemical identification and characterization of the recombinant construct was done by preparative HPLC and mass spectrometry (pICHEM, Graz, Austria), and secondary structure by far UV light circular dichroism spectroscopy (CD), as previously described [8].

Immunological characterization was done by immunoblot analysis using a monoclonal mouse anti-Bet v 1 IgG antibody (BIP1, 1/10), sera from 3 BP allergic patients with concomitant BPRFA containing Api g 1-, Dau c 1-, and Bet v 1-specific IgE (1/5) or mouse sera from a chimer-tolerized, poly-sensitized mouse (1/5). For detection secondary rat anti-mouse IgG1 antibody (1/1000; BD Pharmingen, San Diego, CA, USA) followed by an alkaline phosphatase-conjugated goat anti-rat IgG (1/2000; Santa Cruz Biotechnology, Santa Cruz, CA, USA), or alkaline phosphatase-conjugated mouse anti-human IgE (1/1000; Pharm-
migen) antibodies and NBT/BCIP substrate mixture were used. Negative controls with sera from untreated mice and non-allergic patients, or buffer control were run in parallel.

Animal Treatment

**Allergy prevention in mono-sensitized mice with either rBet v 1, rApi g 1 or rDau c 1.** Mono-sensitization was performed by 3 intraperitoneal (i.p.) injections (day 22, 36, 50) of 5 μg per Bet v 1, Api g 1 and Dau c 1 adsorbed to aluminium hydroxide (Al(OH)₃; Serva, Heidelberg, Germany) in 14 day intervals, adapted from Hufnagl et al. [13]. For prevention of allergic sensitization 10 μg of either of the allergens Bet v 1, Api g 1 or Dau c 1 were intranasally (i.n.) applied in 30 μl of 0.9% NaCl 3 times in 7 day intervals (day 0, 7, 14), prior to mono-sensitization, adapted from Wiedermann et al. [12]. Samples were taken one week after the last treatment (day 57).

**Allergy prevention in polyp-sensitized mice with a mixture of all three allergens.** Poly-sensitization was performed by applying a mixture of Bet v 1, Api g 1 and Dau c 1, 5 μg each adsorbed to Al(OH)₃, as described above. For prevention of poly-sensitization mice were i.n. pretreated with a mixture of 10 μg each of Bet v 1, Api g 1 and Dau c 1, in 30 μl of 0.9% NaCl. Allergy prevention and poly-sensitization protocols were adapted from Hufnagl et al. [10].

**Allergy prevention with the birch pollen-food chimer in poly-sensitized mice.** Intranasal pretreatment with the BP-food chimera was performed by using 15 μg of the chimera in 30 μl of 0.9% NaCl per application (adapted from Wild et al. [8]) as described above, prior to poly-sensitization. Control mice were i.n. sham-treated with 30 μl of 0.9% NaCl prior to poly-sensitization. One week after the last i.p. immunization, mice were sublingually (s.l.) challenged with a mixture of BP extract, carrot extract and celery extract, by applying 100 μg each in 15 μl of 0.9% NaCl with a pipette under the tongue of the mice. To prevent swallowing of the extracts mice were fixed in the scruff during and until 20 seconds after treatment. Mice were challenged on 3 consecutive days in 24 hour intervals (day 57, 58, 59). 24 hours after the last treatment mice were sacrificed (day 60). (Fig. 1).

**In vivo application of neutralizing antibodies.** In some experiments, i.n. chimer-pretreated and poly-sensitized mice were i.p. injected with 0.5 mg of blocking antibodies. Anti-CD25 was applied prior poly-sensitization (day 15) (adapted from Taher et al. [14,15] and Wilson et al. [14,15,16]). Pretreated and poly-sensitized control mice were sham-treated with 0.5 mg isotype control antibodies.

**Sampling**

Blood samples were taken before treatment and on the day of sacrifice by tail bleeding. Sera were collected and stored at −20°C until analysis. On the day of sacrifice cell suspensions from spleen, cervical lymph nodes (CLN) and NALT were prepared as described [12,17,16]. Additionally, sublingual tissues (SLT) and buccal mucosa (BM) were prepared by excising the whole mandible from the head and dissecting the cheek skin and the tongue with the floor of the mouth (SLT). The cheek skin was stretched and mucosal tissue was scraped off with a scalpel and collected in RNAlater buffer (Qiagen, Valencia, CA) for RNA isolation. SLT was separated from the tongue and stored in RNAlater buffer as well [19].

**Allergen-specific Antibody Levels and Total IgA in Serum**

Microtiter plates (Nunc, Roskilde, Denmark) were coated with each of the recombinant allergens Bet v 1, Api g 1 or Dau c 1 (5 μg/mL) prior to incubation with sera in dilutions of 1/500 for antigen-specific IgG2a and 1/10 for antigen-specific IgA detection. Rat anti-mouse IgG2a or IgA antibodies (1/500, Pharmingen) were used, followed by peroxidase-conjugated mouse anti-rat IgG antibody (1/2000, Jackson Immuno Lab, West Grove, PA) [12]. Results show the OD values after subtraction of baseline levels from pre-immune sera.

For determination of total IgA levels in sera, microtiter plates (Nunc) were coated with rat anti-mouse IgA (1/250, clone C10-3, Pharmingen) and incubated with 1/100 diluted sera. For detection biotinylated anti-mouse IgA (1/1000, clone C 10-1, Pharmingen) antibody, streptavidin (1/10000) and ABTS substrate were used.

Results are shown in ng/mL after subtraction of baseline levels of pre-immune sera.

**Rat Basophil Leukemia Cell Mediator Release Assay (RBL Assay)**

For measurement of functional allergen-specific IgE, rat basophil leukemia (RBL) cells (RBL-2H3 cell line, ATCC, No. CRL-2256) were incubated with sera obtained from pretreated and poly-sensitized mice at dilutions of 1/10, 1/100 and 1/300. Degranulation of RBL cells was induced by adding 0.03 μg of Bet v 1, Api g 1 or Dau c 1 diluted in 100 μl Tyrodes buffer.
Supernatants were analyzed for antigen-specific IgE-dependent \( \beta \)-hexosaminidase activity as previously described [13].

**Cytokine Production**

IL-4, IL-5, IFN-\( \gamma \) and TGF-\( \beta \) production was measured in spleen \((5 \times 10^6 \text{ cells/well})\), CLN \((5 \times 10^6 \text{ cells/well})\) and NALT suspensions \((5 \times 10^6 \text{ cells/well})\) incubated for 48 hours with each allergen \((15 \mu \text{g/well})\) as described [17]. Levels of IL-4, IL-5 and TGF-\( \beta \) were measured with ELISA kits (eBioscience, San Diego, CA, USA), IFN-\( \gamma \) levels were measured as previously described [20]. All cytokine levels are shown in pg/mL after subtraction of baseline levels of unstimulated cultures.

**Magnetic Sorting of CD4\(^+\)CD25\(^+\) Tregs and CD4\(^+\)CD25\(^-\) T Effector Cells**

CD4\(^+\)CD25\(^-\) T effector cells (Teff) and CD4\(^+\)CD25\(^+\) Treg cells were isolated from pooled spleen cells of chimer-pretreated or control poly-sensitized mice, with the MACS CD4\(^+\)CD25\(^+\) Treg isolation kit (Miltenyi Biotec, Bergisch Gladbach, Germany), according to the manufacturer’s protocol. The purity of sorted cells was acquired by flow cytometry using a BD FACsCalibur (BD Biosciences Pharmingen) and analysed by FlowJo software.

**Treg Suppression Assay**

CD4\(^+\)CD25\(^-\) Teff cells \((5 \times 10^5)\) were cocultured in U-bottom 96-well plates with CD4\(^+\)CD25\(^+\) Treg cells in various ratios \((1/2, 1/8, 1/16)\). The cells were stimulated with \(1 \mu \text{g/mL}\) anti-mouse CD3 (eBioscience) and \(5 \times 10^5\) irradiated \((3000 \text{ rad})\) splenocytes at \(37^\circ \text{C}\) for 3 days. For the last 16 hours of culture, cells were pulsed with \(0.5 \mu \text{Ci} \text{H}^\text{3} \text{H-thymidine/well} \) (Perkin-Elmer, Wellesley, MA, USA), harvested and proliferative responses were measured by scintillation counting (1450 Microbeta Liquid Scintillation and Luminescence counter, Perkin-Elmer). Results are expressed as absolute counts per minute \((\text{cpm})\). The percent suppression mediated by Treg cells was calculated by the following formula: \[ \frac{\text{cpm of Teff alone} - \text{cpm of Teff treated with Treg}}{\text{cpm of Teff alone}} \times 100. \]

**Quantification of mRNA Expression by Real-time RT-PCR**

Total RNA from NALT was isolated from equal pooled cell suspensions. Total RNA extracted from RNAlater-stabilized, pooled SLT and BM was homogenized in liquid nitrogen prior to purification by using RNAeasy Mini kit combined with DNase digestion (RNase-free DNase Set, Qiagen). The concentration of extracted RNA was measured by Nanodrop ND-1000 spectrophotometer (PebLab, Erlangen, Germany), RNA probes were standardized and then reverse-transcribed into cDNA using iScript cDNA Synthesis Kit (Bio-Rad Laboratories, Hercules, CA, USA).

Gene expression was determined by quantitative real-time RT-PCR using LightCycler® FastStart kit with TaqMan® or CYBRGreen according to the manufacturer’s instructions (Roche, Mannheim, Germany) on a LightCycler® instrument 1.2 (Roche). For quantification of TGF-\( \beta \), IL-10 and Fosp3 mRNA, pre-designed TaqMan® assays were used. Data are presented as the relative ratio of the target genes to the housekeeping gene 5-aminolevulinic acid synthase 1 (Alas1) (Universal ProbeLibrary (UPL) probe #64, Roche) [21].

**Statistics**

Data are expressed as means ± SEMs from 3 independent experiments. For statistical analysis \( p \) values <0.05 were defined significant. Pair-wise comparison of sham-treated sensitized versus pretreated groups was performed by using the Mann-Whitney \( U \)-test and one-way ANOVA-test.

**Results**

**Intranasal Pretreatment with Bet v 1, Api g 1 and Dau c 1 Alone or as a Mixture does not Suppress Immune Responses Against All 3 Allergens**

Mucosal application of Bet v 1 prior to intraperitoneal polysensitization significantly reduced serum IgE responses as measured by IgE-induced basophil degranulation to Bet v 1, but not to Api g 1 or Dau c 1 (Fig. 2A). Similarly, mucosal application of Api g 1 or Dau c 1 prior to poly-sensitization showed significantly decreased IgE-induced \( \beta \)-hexosaminidase release only for the respective allergen (Fig. 2A).

In poly-sensitized mice, mucosal pretreatment with a mixture of all 3 allergens significantly reduced basophil degranulation to Bet v 1, but not to the homologous food allergens (Fig. 2B).

**Construction and Characterization of the Birch Pollen-food Allergen Chimer**

Based on previous T cell epitope mapping experiments with Api g 1 and Dau c 1 the immunodominant regions of these allergens were selected for designing the Bet v 1-food allergen chimer. In the case of Dau c 1 the immunodominant peptide detected in mice is also a major T cell epitope in allergic patients [22]. The immunodominant T cell epitope from Api g 1 \((\text{DGVNKEALTF-DYSVIDGDL}L\text{GIESIENH})\), peptide 27 including a 6xhistag was inserted at the N-terminus of the Bet v 1 \(1.0101\) encoding sequence. At the C-terminus the immunodominant T cell epitope of Dau c 1 (\text{AVVPEENIKFA}D\text{AQTALF}K\text{AEAYL}), peptide 47) was added (Fig. 3A). Correct insertion of the templates was checked by sequence analysis.

After purification and refolding of the chimer with a theoretical mass of 27.6 kD, endotoxin levels of <0.05 EU/\( \mu \text{g} \) of purified protein were measured, which corresponds to baseline levels of commercially available proteins [9].

Secondary structure elements of the chimer, analyzed by CD spectra, were in good agreement with the spectra obtained from rBet v 1 [8]. Only minimal variations due to the added peptides (data not shown) were observed. Immunoblot analysis confirmed that the conformations of Bet v 1 remained unchanged after linkage of the peptides. The chimer was recognized by Bet v 1-specific monoclonal antibody (B1P, lane 3) and by IgE from sera of 3 BP allergic patients with a BPRFA (lane 5, 6, 7) as well as IgE from sera of a chimer-treated poly-sensitized mouse (lane 1). Negative controls did not elicit any IgE binding to the chimer (lane 2, 8, 4, 9) (Fig. 3B).

**Intranasal Pretreatment with the BP-food-chimer Suppressed Humoral and Cellular Immune Responses in Poly-sensitized Mice**

**Antibody responses.** Intranasal pretreatment with the chimer significantly reduced IgE-mediated basophil degranulation to all three allergens in comparison to the untreated poly-sensitized group (Fig. 4A). Moreover, Api g 1-, Dau c 1- and Bet v 1-specific IgG2a antibody production was enhanced, indicating a shift towards Th1 responses (Fig. 4B). Additionally, pretreatment with the chimer increased serum levels of total and allergen-specific IgA antibodies in comparison to poly-sensitized controls (Fig. 4C).

**Cytokine production.** Pretreatment with the chimer significantly decreased IL-5 levels in supernatants of allergen restimulated spleen and CLN cell cultures (Fig. 5A). Additionally, the IgE
switching factor IL-4 was markedly reduced for all 3 allergens in spleen cell cultures of chimer treated mice compared to poly-sensitized controls: IL-4 (pg/mL): polysens: Bet v 1-restimulated: 14.35±2.60; Api g 1-restimulated: 43.92±53.34; Dau c 1-restimulated: 58.87±64.83; chimer-treat: Bet v 1-restimulated: 5.06±7.45; Api g 1-restimulated: 7.61±8.14**; Dau c 1-restimulated: 11.89±13.70**; **p<0.01.

IFN-γ production in spleen cell cultures was significantly enhanced after Bet v 1 - but not after Api g 1 or Dau c 1 - stimulations compared to poly-sensitized controls (Fig. 5B). However, in the CLN (Fig. 5B), and also in the NALT (data not shown) cultures, IFN-γ production was significantly increased in the pretreated mice after re-stimulation with all three allergens.

Figure 2. IgE-dependent allergen-specific basophil degranulation by sera. (A) β-hexosaminidase release from (I) rBet v 1-, (II) Api g 1- or (III) Dau c 1-sensitized mice; each group was i.n. pretreated with rBet v 1 (black bars), rApi g 1 (light-grey bars), rDau c 1 (dark-grey bars) or sham-treated (white bars). (B) β-hexosaminidase release from mice i.n. pretreated with a mixture of rBet v 1/rApi g 1/rDau c 1 (black bars) compared with poly-sensitized controls (white bars). **p<0.01. doi:10.1371/journal.pone.0039409.g002

Prevention of Allergic Polysensitization with the Chimer is Associated with Regulatory Mechanisms

The mRNA expression of TGF-β, IL-10 and Foxp3 in NALT was enhanced in chimer-pretreated mice compared to poly-sensitized controls (Fig. 6A). Increased Foxp3 expression was detected in SLT and BM of chimer-pretreated mice (Fig. 6B).

Application of anti-TGF-β, anti-IL10R or anti-CD25 blocking antibodies significantly abrogated the suppression of IL-5 and IL-4 production in spleen cell cultures of chimer-treated mice (Fig. 7A). Furthermore anti-TGF-β treatment of chimer-treated mice led to diminished antigen-specific and total IgA levels in sera (Fig. 7B).

Treg cells isolated from chimer-treated mice exhibited stronger suppressive potential as Treg cells from poly-sensitized mice (Fig. 8). The percent suppression mediated by Treg cells isolated from chimer-treated mice was 4.8-fold higher (ratio 1/2) than Tregs derived from poly-sensitized mice.
Clinical data regarding the efficacy of specific immunotherapy (SIT) with BP against pollen-related food allergies provide controversial results: While it has been shown that SIT with BP extract could achieve good effects in mono-sensitized patients [23], SIT in multi-sensitized patients with BPRFA often provided only limited success on the food-related symptoms [6,7,24]. Bucher et al. attributed this observation to the reason that BPRFA is not only caused by Bet v 1-cross reactive allergens, but also due to other less well-defined cross-reactive food allergens, which are not included in BP extracts used for SIT [2]. Along these lines, Bohle et al. described the existence of exclusive food-specific T lymphocytes, additionally to BP-reactive T cells in pollen-food multi-sensitized patients and suggested this finding to be one of the reasons why allergic symptoms of pollen-related food allergens are not modulated by BP SIT [1].

Here we describe a murine model for BPRFA which enables us to study the role of both IgE and T cells responses in sensitization to Bet v 1 and Bet v 1-related food allergens as well as the efficacy of prevention of multi-sensitization using a novel allergen chimer covering the major T cell epitopes of Bet v 1, Dau c 1 and Api g 1 (Fig. 1, Fig. 3A).

In order to mimic the clinical situation of BPRFA with OAS, mice were challenged sublingually with pollen and food extracts. Our data show that the sensitization protocol led to systemic Th2-biased immune responses as well as local immune responses to Bet v 1, Api g 1 and Dau c 1. Similarly as seen in humans, we observed that mucosal application of the single allergens, in particular with Bet v 1, did not reduce the allergic responses to the related food allergens indicating that other than Bet v 1 epitopes are necessary for successful prevention of BPRFA (Fig. 2A). Furthermore, a mixture of the allergens also did not suppress the immune responses to all allergens (Fig. 2B). A similar negative interference between several protein allergens was previously described by us, when intranasally applying a mixture of birch and grass pollen allergens aiming to prevent allergic poly-sensitization to these allergens [8]. The failure to prevent allergic poly-sensitization with the allergen mixture pointed out the necessity for creating multi-allergen constructs.

Therefore, we engineered a pollen-food chimer, composed of the Bet v 1 protein as scaffold for linkage of the immunodominant T cell epitopes of Api g 1 and Dau c 1 (Fig. 3A). Of notice, these immunodominant T cell epitopes in mice are located in regions of the dominant T cell sequences of humans with BPRFA [22,25].

Mucosal application of the chimer led to a marked immuno-modulation characterized by a shift towards Th1 immune responses (increase in IgG2a) accompanied by a significant down-regulation of allergen-specific IgE to all three allergens (Fig. 4A/B). In accordance, reduced antigen-specific IL-4 and IL-5 levels versus significantly enhanced antigen-specific IFN-γ levels were observed in restimulated spleens and CLNs after chimer pretreatment (Fig. 5). These findings are in line with our previous studies in poly-sensitized mice using either poly-peptides, hybrid peptides or allergen chimers for prevention of poly-sensitization [8,10]. Additionally, intranasal pretreatment with the chimer increased IgA antibody levels primarily in sera (Fig. 4C) and less at the mucosal sites (data not shown). This might be explained by a matter of increased systemic circulation due to the highly vascularized tissue of the oral cavity, as it has been suggested in humans [26]. Studies by Pilette et al. showed that successful SIT positively correlates with increased serum IgA antibodies [27]. There is evidence that TGF-β plays a major role in IgA...
Indeed, we have shown that the application of anti-TGF-β antibody to chimer-treated mice reduced IgA levels in sera (Fig. 7B).

Regarding the mechanisms of chimer-induced immunomodulation, we detected an upregulation of TGF-β, IL-10 and Foxp3 mRNA levels in the NALT (Fig. 6A). Additionally, increased Foxp3 mRNA expression occurred in sublingual tissue and the buccal mucosa (Fig. 6B). This is in line with our former data showing that immunomodulation with a grass-birch pollen chimer but also with Bet v 1 alone is mediated by Treg cells [8,9]. The clinical relevance of this finding is supported by human studies showing an increase of regulatory Foxp3-positive T cells in the nasal mucosa of patients after successful systemic as well as sublingual grass pollen SIT [30,31]. In the latter study it was suggested that regulatory T cells either migrate from draining lymph nodes to the sublingual tissue during SLIT or may be

Figure 4. Antigen-specific cellular and humoral responses in mice pretreated with the chimer and poly-sensitized control mice. (A) IgE-mediated basophil degranulation. (B) Allergen-specific IgG2a antibodies in sera. (C) Total and antigen-specific IgA antibodies in sera. Chimer-pretreated mice (black bars); poly-sensitized control mice (white bars). *p<0.05, **p<0.01.
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induced by local dendritic cell-T cell interactions after repeated allergen exposure via the oral mucosa [31]. Furthermore, it was shown that sublingual treatment with allergens led to induction of IL-10 and TGF-β-releasing cells within the oral and nasal mucosa [31].

**Figure 5. Antigen-specific cytokine production in mice pretreated with the chimer and poly-sensitized mice.** (A) IL-5 levels and (B) IFN-γ levels in supernatants of spleen and cervical lymph nodes (CLN) cell cultures after antigen stimulation. Chimer-pretreated mice (black bars); poly-sensitized control mice (white bars). *p<0.05, **p<0.01.

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**Figure 6. mRNA expression levels of regulatory markers on inductive and local effector sites.** (A) TGF-β, IL-10 and Foxp3 mRNA expression in NALT, and (B) Foxp3 mRNA expression in SLT and BM of chimer-pretreated mice (black bars), shown as relative values in comparison with poly-sensitized controls (white bars). Data are presented as relative ratio of the target genes to the housekeeping gene Alas1.

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In order to investigate the immunosuppressive capacity of chimer-induced regulatory T cells in our BPRFA model, neutralizing antibodies against CD25+ T cells, TGF-β and IL-10R were injected after mucosal application of the chimer and/or poly-sensitization in mice (Fig. 7A). Indeed, each of these antibodies significantly abrogated the suppressive effect of the chimer pretreatment, indicating that CD25+ T cells, TGF-β as well as IL-10 play a potential role in immunomodulation for the prevention of BPRFA. Consistent with this, a study in house dust mite allergic patients showed that application of IL-10 and TGF-β blocking antibodies in vitro abrogated the immunosuppressive effects of CD4+CD25+ T cells induced by SIT [32].

**Figure 7. Effects of blocking antibodies.** (A) Effects of anti-TGF-β, anti-IL-10R and anti-CD25 on levels of IL-5 and IL-4 in supernatants of antigen-stimulated spleen cell cultures. (B) Effects of anti-TGF-β on total and antigen-specific IgA production in sera. Chimer-pretreated mice treated with isotype control antibody (black bars) in comparison with chimer-pretreated and anti-TGF-β treated mice (grey bars), anti-IL10R treated mice (striped bars) and anti-CD25 treated mice (dotted bars). Poly-sensitized control group (white bars). *p<0.05, **p<0.01.
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**Figure 8. Characterization of Treg cells by Treg suppression assay.** Suppressive activity of Treg cells derived from chimer-treated mice (black bars) and poly-sensitized controls (white bars). Purified CD4+CD25- effector cells (Teff) and CD4+CD25+ regulatory cells (Treg) were obtained by cell sorting (MACS), then cultured alone or cocultured in three different ratios (Treg:Teff: 1:2, 1:8, 1:16) in combination with irradiated splenocytes and stimulated by anti-CD3 antibody, before pulsing with [3H] thymidine. The percent suppression mediated by Treg cells is calculated by the following formula: [(cpm of Teff alone – cpm of Teff treated with Treg)/cpm of Teff cells alone]∗100.

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Birch-Food Allergen Chimer for Allergy Prevention

Allergic diseases have been linked with deficiency in function of Tregs [33]. Indeed we have shown that chimer-induced Tregs have higher suppression potential in comparison to Tregs derived from poly-sensitized mice (Fig. 8).

Taken together, we constructed an allergen-chimer for prevention of multiple sensitizations to pollen and pollen-related food allergens. We demonstrated that mucosally applied chimeras covering important pollen and food-related epitopes can be used to down-regulate/prevent systemic and local allergic immune responses to all allergens, most likely by a combined induction of regulatory pathways and Th1-biased immune responses. Such mucosal allergen constructs might therefore provide promising new tools for mucosal intervention against different levels of multisensitization, including the birch pollen-related food allergy.

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Author Contributions

Conceived and designed the experiments: UW. Performed the experiments: EH KH JJ IS. Analyzed the data: EH KH IS UW. Contributed reagents/materials/analysis tools: KHS BB RMM UW. Wrote the paper: EH UW.