Characteristics of stratospheric polar vortex fluctuations associated with sea ice variability in the Arctic winter

Jinju Kim · Kwang-Yul Kim

Received: 23 October 2019 / Accepted: 22 February 2020 © The Author(s) 2020

Abstract
The leading two modes of winter (November–February) Arctic sea ice cover variability and their linkage to stratospheric polar vortex variations are analyzed based on the cyclostationary EOF techniques. The first mode represents an accelerating trend of Arctic sea ice decline associated with Arctic amplification, particularly in the Barents and Kara Seas. The second mode is associated with decadal-scale phase shifts of dipole sea ice anomalies in the North Atlantic caused by NAO circulation. The first two modes of sea ice variability represent respectively a forced climate change and internal variability, and result in temporally and spatially distinct stratospheric polar vortex weakening. Sea ice reduction in the Barents and Kara Seas for the first mode is linked to a stratospheric vortex weakening during mid January–late February. The second mode with the dipole structure of positive sea ice anomalies in the Barents and Greenland Seas and negative anomalies in the Hudson Bay and Labrador Sea is related to a stratospheric vortex weakening during December–early February. The spatial evolutionary structure of anomalous polar vortex also exhibits differences between the two modes. When stratospheric anomalies are fully developed, stratospheric vortex is shifted to Eurasia in the first mode and to Europe in the second mode.

1 Introduction
In recent decades, Arctic sea ice cover (SIC) has rapidly declined in association with the amplification of Arctic warming during winter (Cohen et al. 2014; Screen and Simmonds 2010; Serreze et al. 2009). Accordingly, many studies have focused on possible impacts of Arctic SIC reduction on Arctic and mid-latitude climates (Cohen et al. 2014; Kim and Son 2016; Kretschmer et al. 2016; Mori et al. 2014; Overland et al. 2011; Screen 2017a, b; Screen et al. 2018; Wu and Smith 2014). Interest in the effects of SIC on stratospheric variability is also increasing because stratospheric variation caused by SIC anomaly can spread downward and result in changes in tropospheric circulation. Several studies suggest that Arctic SIC reduction tends to weaken stratospheric polar vortex through an enhancement of upward propagating planetary waves (Hoshi et al. 2017; Jaiser et al. 2016; Kim et al. 2014; Nakamura et al. 2015, 2016; Screen 2017a, b; Yang et al. 2016; Zhang et al. 2018). This SIC-related stratospheric change affects tropospheric circulation in the form of negative NAO/AO.

Change in Arctic SIC can be both a cause and a consequence of anomalous atmospheric circulation. AO/NAO, considered as an atmospheric response to a change in Arctic SIC, is itself a major factor in regulating SIC variation (Hu et al. 2002; Magnusdottir et al. 2004; Serreze et al. 2007; Strong and Magnusdottir 2011). Deser et al. (2000) found from 1958 to 1997 data that the leading mode of Arctic SIC variability, characterized by an east–west dipole structure in the North Atlantic and weak dipole anomalies in the Pacific, is related to the AO/NAO. However, Yang and Yuan (2014) argued that the leading pattern of SIC variability has changed since 1998 as evinced in the rapid SIC reduction in the Barents-Kara Seas. The observed patterns of Arctic SIC during 1979–2007 reflected an upward trend of atmospheric circulation such as Northern Annular mode (NAM) until 1993. Since then, an overall decline of Arctic SIC is clearly observed despite the downward trend of NAM (Deser and Teng 2008). A multi-century model study by Strong and Magnusdottir (2010) suggests that the leading mode of SIC variation in the Atlantic sector of the Arctic Sea may change
from an NAO-related dipole pattern to an overall reduction pattern if the forced trend of SIC loss continues. In these studies, the two types of variations, corresponding to the overall loss of Arctic SIC and the dipole-like variation of Atlantic SIC, are found to play an important role in the total variability of Arctic SIC.

The change in the leading pattern of the Arctic SIC anomalies suggests that the dominant relationship between SIC and atmospheric circulation may also have changed. Although several studies discussed distinct natures of atmospheric responses to Arctic amplification and NAO/AO (Cohen et al. 2018; Hassanzadeh and Kuang 2015; Kim and Son 2016; Mori et al. 2014; Screen 2017b), it is not yet clearly understood how stratospheric circulation differs between these two distinct surface conditions. If we distinguish the continuing sea-ice reduction in the Barents-Kara Seas as a forced climate change and the dipole sea-ice variation as a natural variability, clearer picture of stratospheric variability under different sea ice conditions can be achieved.

Previous studies have paid much attention to changes in stratospheric vortex strength in association with Arctic SIC variability in the context of zonal mean (Cohen et al. 2014; McKenna et al. 2018) or annular mode (Jaiser et al. 2016; Kim et al. 2014; Screen 2017a, b; Zhang et al. 2018). The geometric features of stratospheric vortex are also an integral part of understanding polar vortex variability (Lawrence and Manney 2018; Mitchell et al. 2013; Sevour et al. 2013). In this respect, Zhang et al. (2016) showed that stratospheric vortex continued to move toward Eurasia as Arctic SIC decreases. The spatio-temporal evolution of stratospheric disturbances, however, may change according to the SIC modes, and lead to distinct structural patterns of stratospheric vortex.

The objective of this study is to examine the major modes of winter SIC variability over 39 winters (1979/80–2017/18) and to understand their linkage with distinct stratospheric polar vortex variations. To better understand this linkage, spatio-temporal evolutions of stratospheric anomalies are analyzed in terms of intensity as well as horizontal and vertical structures. Changes in the wave interference conditions are also addressed in terms of vertical wave activity fluxes to delineate troposphere-stratosphere coupling in association with the leading SIC modes.

### 2 Data and methods

Data used in this study derive from the 1979–2018 ERA interim daily reanalysis product (Dee et al. 2011) at $1.5^\circ \times 1.5^\circ$ resolution for the Northern Hemisphere ($> 30^\circ \mathrm{N}$). Each winter consists of 120 days from November 1 to February 28; leap days are removed. Major modes of Arctic SIC variability are extracted from sea ice area fraction (concentration) data north of $40.5^\circ \mathrm{N}$. The SIC data present an integrated dataset from other operational products that are based on passive microwave satellite and conventional observation (Fiorino 2004; Donlon et al. 2012). The SIC analysis in the present study is robust as also confirmed by another sea ice concentration data from National Snow and Ice Data Center (NSIDC at nsidec.org).

To investigate atmospheric circulation associated with sea ice variation, 37 pressure-level ($1000–1 \, \mathrm{hPa}$) variables and potential vorticity on six potential temperature surfaces ($430$, $475$, $530$, $600$, $700$, and $850 \, \mathrm{K}$) are analyzed.

In order to extract accurate physical mechanisms from the variables above, the cyclostationary empirical orthogonal function (CSEOF) technique is used (Kim 2017; Kim et al. 1996; Kim and North 1997; Seo and Kim 2003). Data are decomposed into mutually orthogonal CSEOF loading vectors (CSLV) and mutually uncorrelated principal component (PC) time series:

$$T(r, t) = \sum_n CSLV_n(r, t)PC_n(t),$$

$$CSLV_n(r, t) = CSLV_n(r, t + d), \quad d = 120 \, \text{days},$$

where $r$ and $t$ denote space and time, and $d$ is the nested period of CSEOF analysis. Each CSLV is periodic and consists of 120 daily spatial patterns that depict spatio-temporal evolution of the mode. The magnitude of CSLV varies according to corresponding PC (amplitude) time series.

Regression analysis in CSEOF space (Kim et al. 2015) is conducted to identify atmospheric anomaly that is physically consistent with each of the leading modes of SIC variability. Regression analysis in CSEOF space is carried out in the following manner:

1. Step 1:

   $$PC^{\text{(sic)}}_n = \sum_{m=1}^M a^{(m)}_m PC^{(\text{predictor})}_m(t) + \varepsilon^{(n)}(t),$$

2. Step 2:

   $$CSLV^{(\text{reg})}_n = \sum_{m=1}^M a^{(m)}_m CSLV^{(\text{predictor})}_m(r, t),$$

where $PC^{\text{(sic)}}_n$ is the $n$th PC time series of the target variable (sea ice area fraction in the present study), $CSLV^{(\text{predictor})}_m(r, t)$ and $PC^{(\text{predictor})}_m(t)$ are the $m$th CSLV and PC time series of another variable (called the predictor variable), $a^{(m)}_m$ and $\varepsilon^{(n)}(t)$ are regression coefficient and regression error time series, respectively. The regressed CSLV of the predictor variable, $CSLV^{(\text{reg})}_n$, evolves in consistency with the $n$th mode of sea ice variability. After regression analysis in CSEOF space, the entire dataset can be written in the form:
Data($r,t$) = $\sum_n\{\text{sic}_n(r,t), \text{gph}_n(r,t), \text{airt}_n(r,t), \cdots\}PC_n^{\text{sic}}$, 

where the terms in curly braces are (regressed) loading vectors derived from different variables. They share the PC time series of SIC variability and are regarded as physically consistent with each other. It should be noted that regressed variables are physically consistent with SIC variability only if regression error is zero. Otherwise, regression error may contaminate the loading vectors. All 120-day patterns of CSLV are examined but for the sake of brevity time-mean or area-mean evolutions are used to highlight notable features. The results are based on anomalies after the seasonal cycle is removed.

3 Results

3.1 Major modes of Arctic sea ice variability in winter

Figure 1 shows monthly averaged patterns of the first two leading modes of daily SIC anomalies during November–February; this period is particularly chosen in order to isolate the winter anomaly patterns of sea ice without much contamination from the widespread pattern of sea ice reduction in fall (Kim et al. 2016). SIC anomalies develop within the seasonal excursion of SIC boundaries (magenta and navy contours in Fig. 1a–d, f–i). Similar SIC patterns can be obtained by conducting EOF analysis followed by composite analysis.

The first CSEOF mode represents Arctic SIC reduction throughout the winter and accounts for ~29% of the total variance; SIC reduction is particularly prominent in the Barents and Kara Seas (BKS). The corresponding PC time series shows an accelerating trend of Arctic SIC decline together with naturally occurring interannual variability; the rate of SIC reduction appears to have increased significantly since 2004/2005 (Fig. 1e).

The second CSEOF mode exhibits a dipole pattern from December with anomalies of opposite signs between the east and west of the North Atlantic. Weak SIC anomalies are also seen in the Pacific sector. This mode explains ~9% of the total variance. It is known that this dipole pattern of SIC change is associated with North Atlantic Oscillation (NAO) (Deser et al. 2000; Strong and Magnusdottir 2010). The PC time series of the second mode shows interannual and decadal-scale fluctuations of SIC dipole anomalies (Fig. 1j) and is correlated at ~0.4 with a ±60-day smoothed NAO index (Fig. S1, archived at https://www.cpc.ncep.noaa.gov/products/precip/CWlink/pna/nao_index.html). From the mid-1990s to the early-2010s, positive SIC anomalies in the eastern North Atlantic (Barents and Greenland Seas) and negative anomalies in the western North Atlantic (Hudson Bay and Labrador Sea) have been frequently observed (Fig. 1j). In recent few years, the amplitude of the dipole pattern has been small.

3.2 Characteristics of anomalous tropospheric circulation

Arctic warming is conspicuous in the first mode (Fig. 2a–d). Atmospheric warming coexists with sea ice decline in the BKS and Chukchi Sea (Fig. 1a–d, 2a–d), which is significantly related to increased heat flux over the region of sea ice reduction (Kim et al. 2016, 2019; Screen and Simmonds 2010). Warm SST anomalies are also seen near the region of sea ice loss (figure not shown). The positive air temperature anomaly in the Pacific sector of the Arctic Ocean is seen for November–December, but the positive anomaly in the BKS persists throughout the winter (Fig. 2a–d). Weak cooling over Siberia and East Asia can be explained via cold advection due to the anticyclone centered in the BKS (Kim and Son 2016; Zhang et al. 2018). Warm Arctic and cold Eurasia is a characteristic pattern of Arctic amplification associated with Arctic SIC decline (Cohen et al. 2014; Mori et al. 2014; Overland et al. 2011). The positive height anomaly around the region of BKS warming, which becomes stronger in January, is a prominent feature of mid-tropospheric circulation in the first mode. In addition, negative height anomaly over Siberia and East Asia seems to be associated with Rossby wave response to SIC reduction in the BKS (Honda et al. 2009; Kim et al. 2014; Nakamura et al. 2015). On the other hand, causality between tropospheric circulation, such as anticyclone around the BKS (Ural blocking) or Eurasian cold, and SIC reduction in the BKS is still questionable. Some studies suggest that tropospheric variation is caused by the SIC reduction in BKS (Kim et al. 2014; McKenna et al. 2018; Mori et al. 2014; Zhang et al. 2018), while others suggest that tropospheric variation represents internal climate variability (Blackport et al. 2019; Peings 2019 and references therein). It should be noted that the surface air temperature patterns associated with the first SIC mode differs significantly from those of global warming (see supplementary information, Figs. S7 and S8).

The second mode shows positive mid-tropospheric geopotential height anomalies around the Iceland and southern Greenland and negative anomalies along ~40° N of the North Atlantic (Fig. 2e–h). This structure is salient in December–January and resembles the negative phase of NAO. The accompanying temperature anomalies in high latitudes display opposite variations between the eastern and western hemispheres. In November, warm anomalies develop around the Hudson-Baffin Bay and the Chukchi Sea where negative SIC anomalies exist (Fig. 2e). Anomalous anticyclone established over the Greenland from late
Fig. 1 Monthly-averaged patterns of anomalous sea ice cover (%) for a–d the first and f–i the second CSEOF mode derived from the November–February sea ice area fraction (concentration) data over the domain (40.5° N–87° N), and e, j the corresponding PC time series. The magenta and navy contours represent 5% and 95% sea ice isopleths in the climatological seasonal cycle.
Fig. 2 Monthly-averaged patterns of 500-hPa geopotential height anomalies (shading) and 1000-hPa air temperature anomalies [red (+) and blue (−) contours at 0.5 K interval] for a–d the first CSEOF mode and e–h the second mode of sea ice variability.
November advects cold (warm) air toward the Barents Sea and northern Europe (the Labrador Sea and the Baffin Bay). Accordingly, cold anomalies will increase SIC over the Barents and the Greenland Seas and warm anomalies will reinforce SIC decline over the Hudson Bay and the Labrador Sea (Fig. 2f).

The circulation change is physically consistent with the dipole pattern of SIC anomaly, which is seen from late November (Fig. 1f–i). Warm SST anomaly in the Labrador Sea and cold SST anomaly in the Barents-Greenland Seas coincide with the opposite signs of SIC anomalies (figure not shown). Existing SST anomalies seem to be intensified with the development of the dipole structure and reach its maximum in January. Therefore, the second mode can be interpreted as a dipole SIC variation in the Atlantic sector driven by NAO-like atmospheric circulation (Deser et al. 2000; Deser and Teng 2008). Statistical significance for Fig. 2 is provided in the supplementary information (Fig. S9).

### 3.3 Variation of stratospheric polar vortex strength

Figure 3 displays vertical evolutions of polar-cap (0° E–360° E, 64.5° N–87° N) mean geopotential height (PCH), temperature (PCT), and zonal-mean zonal wind anomalies. They, as a proxy for the Northern annular mode (Baldwin and Dunkerton 2001; Baldwin and Thompson 2009), describe variations in strength of stratospheric polar vortex. The positive anomalies in the stratospheric PCH indicate a weakening of stratospheric polar vortex. The two leading modes of SIC variability show different evolution of PCH (Fig. 3a, b). In the first mode, positive PCH anomaly develops strongly in the stratosphere from mid-January following the negative anomaly in December, and eventually extends to the
troposphere. The positive PCH coincides with a deceleration of the polar night jet and an increase in Arctic stratospheric temperature (Fig. 3a, c). This pattern indicates that a strong winter reduction of Arctic SIC is linked with stratospheric vortex weakening during mid-January–late February. In late February, there is still positive PCH anomaly in the stratosphere but it is weak and develops at relatively low altitudes.

The second mode, which corresponds to positive SIC anomaly in the Barents and Greenland Seas and negative anomaly in the Labrador Sea and Hudson Bay (Fig. 1f–i), shows positive PCH and PCT anomalies in the stratosphere from December to early February together with anomalous easterly wind (Fig. 3b, d). The positive anomalies persist through February in the lower stratosphere. Anomalous stratospheric vortex strengthening comes after the vortex weakening; this vortex strengthening is significant at the 95% level. Unlike the first mode, the negative PCT anomalies occurring after the vortex weakening are stronger than that before the vortex weakening in November. The vortex strengthening, however, is limited to the stratosphere.

Figure 3e, f show the evolution of vertical Eliassen-Palm (EP) flux (see supplementary information for details) at 100 hPa and divergence of EP flux at 10 hPa. In the first mode, upward EP flux anomalies are dominant near 60° N from early January, just before upper-stratospheric anomalous easterly develops, to the end of January, just before upper-stratospheric anomalous easterly reaches its maximum (Fig. 3e). The anomalous upward EP flux converges at higher altitudes, resulting in the deceleration of stratospheric westerly wind and the weakening of stratospheric polar vortex (Fig. 3a, e). In the second mode, upward EP flux anomaly and its convergence during December–January are dynamically consistent with occurrence of upper-stratospheric anomalous easterlies and explain each extremum of easterly wind reasonably (Fig. 3f). During mid–late January, anomalous convergence is limited to high latitudes and anomalous divergence begins to develop in lower latitudes.

Upward EP flux anomalies can be partly explained in terms of constructive interference between climatological planetary-scale waves and SIC-related wave anomalies (Garfinkel et al. 2010; Nishii et al. 2009; Smith et al. 2010; Smith and Kushner 2012). Anomalous high around the BKS and anomalous low around Siberia in the first mode, and anomalous high around the Greenland in the second mode are advantageous for increasing upward propagation of EP flux through amplification of climatological waves (Figs. S3 and S4). However, increase in upward propagation of EP flux is attributable to non-negligible nonlinear part associated with interactions among anomalous waves, in addition to the linear interference (Fig. S2).

The stratospheric vortex variation depends on how well the tropospheric circulation amplifies climatological waves and thus increases the upward propagation of the waves. Thus, although SIC reduction and the resulting warming over the BKS are already strong from November in the first mode, substantial wave propagation occurs only after mid–December. As a result, strong vortex weakening in the first mode appears later than in the second mode.

3.4 Geometric characteristics of stratospheric anomalies during polar vortex weakening

Variation in the strength of stratospheric vortex is estimated in terms of zonal-mean and Arctic-mean anomalies (Fig. 3). It should be noted, however, that stratospheric anomalies are neither zonally symmetric nor their centers are at the pole. In this regard, area mean or zonal mean field is not a sufficiently accurate depiction of stratospheric vortex variations. To characterize the detailed evolution of stratospheric anomalies, therefore, geometric structures of anomalies should be examined further.

Figures 4 and 5 show the five-stage horizontal evolution of stratospheric anomalies corresponding to the development of the polar vortex weakening. Based on the date of the maximum intensity of 10-hPa PCH anomaly, the vortex weakening event is divided into five stages between Jan 5 and Feb 28 (11-day interval) for the first mode, and Nov 26 and Feb 18 (17-day interval) for the second mode. Statistical significance for the regressed loading vectors in Figs. 4 and 5 can be found in the supplementary information (Figs. S10 and S11). Since the duration of the anomalous positive stratospheric PCH in the first mode is shorter than in the second mode (Fig. 3), we used 11-day averaged patterns for the first mode and 17-day averaged pattern for the second mode.

For the first mode, positive height anomaly develops in the upper stratosphere from the subpolar region and covers the entire Arctic (> 65° N) by stage 3 when the anomalous positive PCH reaches its maximum (Fig. 4a–c). The mature phase of the positive height anomaly is circular and its center of action is slightly shifted toward North America (Fig. 4c). The positive anomaly is surrounded by negative anomalies and the anomalous easterly along the boundary of the positive height anomaly extends to lower latitudes (~ 30° N) in the western hemisphere (Fig. 4h). During stages 4 and 5, the negative height anomalies in mid-latitudes expand toward the pole and the positive anomaly over the polar region is attenuated in the form of an ellipse (Fig. 4d, e).

The positive temperature anomalies and the negative potential vorticity (PV) anomalies over the Arctic (Fig. 4f–o) are physically consistent with the positive height anomalies. The PV anomalies reflect the lower stratospheric variations and strong negative anomalies in the Arctic persist in later stages (Fig. 4m–o). In addition to the decreasing intensity of the stratospheric polar vortex, the edge of vortex based on a constant value of the climatological potential vorticity shows a slight shift of

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Fig. 4 Five-stage evolution of a–e 10-hPa (shading) and 500-hPa [red (+) and blue (−) contours at ± 10, 30, and 50 m] geopotential height anomalies, f–j 50-hPa temperature anomalies (shading) and 10-hPa zonal wind (red and blue contours at ± 2, 4, and 6 m s⁻¹) with climatological 30 m s⁻¹ zonal wind (aqua contour), and k–o the vertically averaged (430–600 K) potential vorticity anomalies [shading, 0.8 PVU (10⁻⁶ K m² kg⁻¹ s⁻¹) interval] with climatological potential vorticity (aqua contour at 54 PVU) and the perturbed potential vorticity (magenta contour at 54 PVU) for the first CSEOF mode. The perturbed potential vorticity is obtained by adding the climatology with the 2σ values of the anomalous potential vorticity. Each pattern represents an 11-day average based on the development of positive PCH anomaly at 10 hPa with its maximum in stage 3.
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Fig. 5 Five-stage evolution of a–e 10-hPa (shading) and 500-hPa [red (+) and blue (−) contours at ±10, 30, and 50 m] geopotential height anomalies, f–j 50-hPa temperature anomalies (shading) and 10-hPa zonal wind (red and blue contours at ±2, 4, and 6 m s$^{-1}$) with climatological 30 m s$^{-1}$ zonal wind (aqua contour), and k–o the vertically averaged (430–600 K) potential vorticity anomalies [shading, 0.8 PVU ($10^{-6}$ K m$^2$ kg$^{-1}$ s$^{-1}$) interval] with climatological potential vorticity (aqua contour at 54 PVU) and the perturbed potential vorticity (magenta contour at 54 PVU) for the second CSEOF mode. The perturbed potential vorticity is obtained by adding the climatology with the 2σ values of the anomalous potential vorticity. Each pattern represents a 17-day average based on the development of positive PCH anomaly at 10 hPa with its maximum in stage 3.
Fig. 6 Five-stage evolutions of 10-hPa climatological zonal wind maximum (filled circle) and perturbed zonal wind maximum (cross) at each longitude grid in the a-e first and f-j second CSEOF modes. Symbols are located at every five longitude grids. The color of the cross symbol indicates the degree to which the perturbed field deviates from the climatological field. Each pattern represents a–e an 11-day average for the first mode and f–j a 17-day average for the second mode, as shown in Figs. 4 and 5.
vortex toward Eurasia in stage 3 (magenta contour line in Fig. 4m), a result similar to Zhang et al. (2016). This is because the strong negative PV anomaly over the northern Canada acts to move the western edge of the vortex toward the Pole and the weak positive anomaly in the subpolar Eurasia acts to move the eastern edge toward the south (Fig. 4m, Fig. S5m, S5r).

The position of maximum zonal wind speed, another definition of the boundary of stratospheric polar vortex (Waugh et al. 2017), also shows a similar shift in the upper stratosphere (10 hPa) (Fig. 6c). While in the lower stratosphere southward migration of the vortex boundary is seen uniformly in the Eurasia region, in the upper stratosphere it is more pronounced in Siberia and the North Atlantic (Figs. 4m, 6c and Fig. S5m, S5r). In addition, polar night jet slows down except in 10° E–60° E (Fig. 6c). This uneven change indicates that the pattern of zonal-wind anomalies during the vortex weakening does not necessarily coincide with that of climatological wind (Fig. 4m).

For the second mode, positive geopotential anomaly is developed from the northeastern Russia in stage 1 and occupies the polar region in stage 3 (Fig. 5a–c). In stage 3, the positive anomaly is elongated in the 90° E–90° W direction and has a bean-like shape that envelops the negative anomaly over Europe. The maximum height anomaly is shifted toward North America as in the first mode. Unlike the first mode with a high anomaly, however, the second mode shows a low anomaly in Siberia (Figs. 4c, 5c). The anomalous easterly has an elongated spiral pattern along the high anomaly and extends to 30° N in the eastern hemisphere (Fig. 5h). The anomalous easterly contributes to slowing down polar night jet except in western Eurasia in which the anomalous westerly rather enhances local polar night jet (Fig. 6h). In stages 4 and 5, this positive height anomaly retreats toward Europe, and the negative anomaly over North America spreads toward the North Pole and becomes stronger (Fig. 5d, e).

Temperature and potential vorticity anomalies evolve in a similar fashion with the geopotential height anomalies (Fig. 5f–o). In stage 3, the positive PV anomaly over Europe and the negative PV anomaly over the northern Canada push the vortex to shift toward Europe (Fig. 5m, Fig. S6m, S6r). Polar night jet in the upper stratosphere (10 hPa) more clearly shows the vortex movement toward Europe (Fig. 6h, Fig. S6r). In phase 5, however, the negative PV anomaly moves toward Europe and weak positive anomaly appears over the northern Canada (Fig. 5o).

The stratospheric polar vortices of the two modes not only show distinct evolutions in terms of timing and duration as can be seen in the development of polar cap averaged or zonally averaged anomalies (Fig. 3), but also exhibit different spatio-temporal structures of evolution (Figs. 4, 5, 6). The zonally asymmetric distribution of the anomalies in the mature phase contributes to a stratospheric vortex migration toward Eurasia in the first mode and toward Europe in the second mode (Figs. 4m, 5m, 6c, h). Three-dimensional evolution pictures also show these asymmetric structures of the two modes (Figs. S5 and S6 and Movies S1–S4). The circulation patterns for the two modes also differ in the troposphere (Figs. 5a–e, 6a–e). Stratospheric vortex weakening is accompanied by strong anticyclone near the BKS in the first mode, and strong anticyclone in the southern Greenland in the second mode. This implies cold advection over East Asia and warm advection over the BKS for the first mode, and cold advection over the BKS and warm advection over northeastern North America.

4 Summary and discussion

We have examined the leading modes of Arctic SIC variability for 39 winters (NDJF, 1979/80–2017/18) and delineated corresponding changes in stratospheric polar vortex. The first CSEOF mode represents an accelerating trend of winter sea ice reduction in the Arctic, particularly in the BKS. This mode is associated with Arctic amplification. The second CSEOF mode exhibits a dipole structure of SIC variation with an out-of-phase relationship between the eastern and western North Atlantic. This dipole pattern is formed by NAO-like circulation that dominates in December–January and exhibits decadal-scale phase shifts.

The SIC variations of the two modes are accompanied by distinct evolutions of stratospheric polar vortex both in time and space. A rapid sea ice reduction in the Arctic around the BKS in the first mode is related to a stratospheric polar vortex weakening in mid-January–late February. The dipole pattern corresponding to negative NAO-like circulation, the anomalous increase of SIC in the Barents and Greenland Seas and the anomalous decrease in the Labrador Sea and Hudson Bay, in the second mode is accompanied by a stratospheric vortex weakening in December–early February. It is not clear if there is any direct relationship between sea ice change and stratospheric vortex weakening; both stratospheric variation as well as sea ice change can be caused by tropospheric internal variability (NAO). The evolution of physical variables is described on the basis of timing. It should be noted that the sequence of evolution among different variables does not necessarily imply causality.

The stratospheric anomalies are zonally asymmetric. Geometric patterns can provide more detailed evolution properties of stratospheric anomalies. In the upper stratosphere, the fully-developed positive geopotential anomaly is of circular shape shifted toward North America in the first mode. In the second mode, it is elongated in the direction of Eurasia and North America. Accordingly, negative anomaly is seen over Siberia in the first mode and positive
anomaly in the second mode. Difference in the spatial pattern of anomalies may imply distinct local impacts of polar vortex weakening.

It should be noted that stratospheric vortex weakening over the Barents Sea is related to the SIC reduction in the first mode and the SIC augmentation in the second mode. Several studies suggested that geographical location of SIC loss is an important factor in determining stratospheric response (Mckenna et al. 2018; Screen 2017a; Sun et al. 2015). Our result, on the other hand, indicates that stratospheric vortex variation depends on the overall pattern of SIC loss in the entire Arctic. Not only the timing of stratospheric vortex weakening, but also movement or deformation of vortex depend critically on the modal pattern of SIC reduction. In order to better understand SIC-related stratospheric vortex variation, therefore, it seems necessary to first identify the mode of SIC variability.

It is expected that stratospheric vortex weakening will occur frequently during mid-January to late February as SIC reduction accelerates. In addition, it can be predicted that in the mature stage the upper stratospheric vortex will move toward Eurasia and will change to a form elongated in the direction of Siberia and the North Atlantic. On the other hand, the amplitude of the Atlantic dipole SIC variations, which fluctuated significantly until the 2000s, has been small in recent years. Accordingly, the weakening (strengthening) of stratospheric vortex in December–January, which tends to migrate toward the Europe (Pacific) in the mature stage, has decreased.

The stratospheric vortex fluctuations associated with the two leading SIC modes account for approximately 6% (14%) of the total variance of 10 hPa (100 hPa) PCH index. This implies that the internal variability of stratospheric vortex away from the major SIC variability is greater than the SIC-related vortex variation. Nevertheless, this study is meaningful in that it distinguishes the distinct evolution aspects of stratospheric variations related to the major modes of SIC variability. Comparison of these modes allowed us to identify SIC-stratospheric vortex relationship under different physical conditions arising from forced climate change and natural variability. It also improves understanding of vortex variations associated with SIC fluctuations by additionally investigating the zonally asymmetric features of the spatial structures.

Acknowledgements This research was supported by the National Science Foundation of Korea under the Grant number NRF-2017R1A2B4003930.

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