Structure and eigenvalues of heat-bath Markov chains

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Abstract

We prove that heat-bath chains (which we define in a general setting) have no negative eigenvalues. Two applications of this result are presented: one to single-site heat-bath chains for spin systems and one to a heat-bath Markov chain for sampling contingency tables. Some implications of our main result for the analysis of the mixing time of heat-bath Markov chains are discussed. We also prove an alternative characterisation of heat-bath chains, and consider possible generalisations.

1 Definitions and our first result

Suppose that Ω is a finite set and let π : Ω → (0, 1] be a probability distribution on Ω. Let L be a nonempty finite index set and let L = |L|. Suppose that for all x ∈ Ω and a ∈ L we have a subset Ω_{x,a} of Ω such that

(I) x ∈ Ω_{x,a} for all x ∈ Ω and a ∈ L, and

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(II) for each $a \in \mathcal{L}$, the set $\{\Omega_{x,a} : x \in \Omega\}$ forms a partition of $\Omega$.

For $a \in \mathcal{L}$, define the $|\Omega| \times |\Omega|$ matrix $P_a$ (with rows and columns indexed by $\Omega$) by

$$P_a(x, y) = \frac{\pi(y)}{\pi(\Omega_{x,a})} 1(y \in \Omega_{x,a}).$$

(1)

(Here $1(y \in \Omega_{x,a})$ equals 1 if $y \in \Omega_{x,a}$, and equals 0 otherwise.) Note that $P_a$ is well-defined for all $a \in \mathcal{L}$, since $\pi$ is nonzero on all states and each set $\Omega_{x,a}$ is nonempty.

Now for a given probability distribution $\rho$ on $\mathcal{L}$, let $P$ be the $|\Omega| \times |\Omega|$ matrix defined by

$$P = \sum_{a \in \mathcal{L}} \rho(a) P_a.$$  

(2)

Since $P$ is a stochastic matrix, it defines a Markov chain $\mathcal{M}$ on $\Omega$, determined uniquely by $\pi$, $\mathcal{L}$, $\rho$, and the sets $\Omega_{x,a}$. A transition of $\mathcal{M}$ from current state $x \in \Omega$ is performed by choosing an element $a \in \mathcal{L}$ according to the distribution $\rho$, then sampling the next state $y$ from $\Omega_{x,a}$ with respect to the distribution $\pi$ restricted to $\Omega_{x,a}$.

**Definition 1.1.** A Markov chain $\mathcal{M}$ on a finite state space $\Omega$ is a *heat-bath chain* if its transition matrix $P$ satisfies (2) with respect to some finite nonempty set $\mathcal{L}$ equipped with a probability distribution $\rho$, some probability distribution $\pi : \Omega \to (0, 1]$, and some sets $\Omega_{x,a}$ which satisfy (I), (II). Here the matrices $P_a$ in (2) are defined by (1).

Note that conditions (I) and (II) imply that for all $x, y \in \Omega$ and $a \in \mathcal{L}$,

$$\text{if } y \in \Omega_{x,a} \text{ then } \Omega_{x,a} = \Omega_{y,a}. \quad (3)$$

Furthermore, when (2) holds it follows that $\mathcal{M}$ is aperiodic (since every state has a self-loop) and that $\mathcal{M}$ is reversible with respect to $\pi$. However, the chain $\mathcal{M}$ need not be irreducible. (See [12] for Markov chain definitions which are not given here.)

Before proceeding, we indicate how our definition of heat-bath chains corresponds to the usual notion of heat-bath chains, in the setting of graph colourings or the Potts model. In such a chain, the state space is a subset of $S^V$ for some finite sets $V$, $S$. To express this using our formulation, let $\mathcal{L}$ be the set of all those subsets of $V$ which may be updated by a single transition of the chain, and let $\Omega_{x,a}$ be the set of all states which can be obtained from $x \in \Omega$ by “recolouring” or reassigning the values at elements of $a \in \mathcal{L}$. So $\Omega_{x,a}$ contains all possibilities for the next state of the chain, given that $x$ is the current state and that $a \in \mathcal{L}$ was chosen by the transition procedure. See also the examples presented in Section 2.

**Lemma 1.2.** Suppose that $\mathcal{M}$ is a heat-bath chain, in the sense of Definition 1.1. Then $\mathcal{M}$ has no negative eigenvalues.

**Proof.** By definition of $P_a$ we know that $P_a(x, y) = 0$ if $y \not\in \Omega_{x,a}$. Furthermore (3) implies that if $z \in \Omega_{x,a}$ then $P_a(x, y) = P_a(z, y)$ for all $y \in \Omega$. Therefore, for all $x, y \in \Omega$
and all \( a \in \mathcal{L} \) we have

\[
P_a^2(x, y) = \sum_{z \in \Omega} P_a(x, z) P_a(z, y) = \sum_{z \in \Omega_{x,a}} P_a(x, z) P_a(z, y) = \sum_{z \in \Omega_{x,a}} P_a(x, z) P_a(x, y) = P_a(x, y).
\]

Hence \( P_a^2 = P_a \), so \( P_a \) is an idempotent matrix. It follows that \( P_a \) is diagonalisable and the only eigenvalues of \( P_a \) are 0 and 1. (See for example [11, Section 3.3, Problem 3].)

Now let \( D \) be the diagonal \(|\Omega| \times |\Omega|\) matrix with diagonal entries \((D)_{xx} = \sqrt{\pi(x)}\) for \( x \in \Omega \). Define \( Q_a = D^{-1} P_a D \) for all \( a \in \mathcal{L} \). Since \( P_a \) is reversible with respect to \( \pi \), it follows that \( Q_a \) is symmetric. Furthermore, \( Q_a \) is similar to \( P_a \) and hence has the same eigenvalues as \( P_a \). Therefore \( Q_a \) is positive semidefinite, for all \( a \in \mathcal{L} \). (Recall that a matrix is positive semidefinite if it is symmetric and has no negative eigenvalues.)

Now let \( Q = \sum_{a \in \mathcal{L}} \rho(a) Q_a \). Since \( Q \) is a nonnegative linear combination of positive semidefinite matrices, it follows that \( Q \) is positive semidefinite. (See for example [11, Observation 7.1.3].) Furthermore, by definition we have \( P = D Q D^{-1} \), so \( P \) has the same eigenvalues as \( Q \). Therefore \( P \) has no negative eigenvalues, as required.

1.1 Implications for the mixing time

Let \( \mathcal{M} \) be an ergodic, reversible Markov chain with finite state space \( \Omega \), transition matrix \( P \) and stationary distribution \( \pi \). The eigenvalues of \( \mathcal{M} \) satisfy

\[
1 = \lambda_0 > \lambda_1 \geq \lambda_2 \geq \cdots \geq \lambda_{N-1} > -1,
\]

where \( N = |\Omega| \). We refer to \( \lambda_{N-1} \) as the smallest eigenvalue of \( \mathcal{M} \). The connection between the mixing time of a Markov chain and its eigenvalues is well-known (see [17, Proposition 1]):

\[
\tau(\varepsilon) \leq (1 - \lambda_\ast)^{-1} \ln \frac{1}{\varepsilon \pi_{\text{min}}} \tag{4}
\]

where \( \tau(\varepsilon) \) denotes the mixing time of the Markov chain, \( \pi_{\text{min}} = \min_{x \in \Omega} \pi(x) \) and

\[
\lambda_\ast = \max\{\lambda_1, |\lambda_{N-1}|\}.
\]

When studying the mixing time of a Markov chain \( \mathcal{M} \) using (4), the approach which has become standard is to make the chain \( \mathcal{M} \) lazy by replacing \( P \) by \((I + P)/2\), where \( I \) denotes the identity matrix. Then all eigenvalues of the lazy chain are nonnegative, and only the second-largest eigenvalue must be investigated. Clearly if \( P \) has no negative eigenvalues then \( \lambda_\ast = \lambda_1 \) and it is not necessary to make the chain lazy. Our result can be used to quickly verify this for heat-bath chains.

The bound (4) underpins many, but not all, methods of analysing the mixing time of a Markov chain. Heat-bath chains are often amenable to analysis using the classical technique of coupling, which is not based on (4). (As examples of coupling analyses of heat-bath chains, see [11, 18].) For such chains, the information provided by Lemma 1.2 does not directly assist in bounding the mixing time.
However, in several applications including [3], a related heat-bath Markov chain is analysed using coupling, and then a comparison argument [4, 6] is applied to deduce rapid mixing of the original heat-bath chain. Comparison arguments typically relate the second-largest eigenvalues of the two chains, and hence they are often applied to lazy Markov chains. Lemma 1.2 demonstrates that it is unnecessary to make heat-bath chains lazy when applying the comparison method.

2 Two applications

In the special case that \( \rho \) is the uniform distribution over \( \mathcal{L} \), the equation defining \( P \) is

\[
P = \frac{1}{L} \sum_{a \in \mathcal{L}} P_a. \tag{5}\]

2.1 Application: a single-site heat-bath chain for spin systems

Let \( G = (V, E) \) be an arbitrary graph and let \( S \) be a finite set of spins (or colors). Consider a state space \( \Omega \subseteq S^V \) and let \( \pi: \Omega \rightarrow (0, 1] \) be a probability distribution. Given \( \sigma \in \Omega \), for all \( v \in V \) and \( k \in S \) we define \( \sigma^{v,k} \) by

\[
\sigma^{v,k}(u) = \begin{cases} 
\sigma(u) & \text{if } u \neq v, \\
k & \text{otherwise.}
\end{cases}
\]

(So \( \sigma^{v,k} \) is obtained from \( \sigma \) by replacing the spin at \( v \) by \( k \).) Additionally define, for \( \sigma \in \Omega \) and \( v \in V \), the set \( S_{\sigma}^v = \{ k \in S : \sigma^{v,k} \in \Omega \} \). (For spin systems with soft constraints, such as the Ising or Potts models, we have \( \Omega = S^V \) and \( S_{\sigma}^v = S \) for all \( \sigma \in S^V, v \in V \).) The single-site heat-bath chain for \( \Omega \) is the Markov chain with transition matrix defined by

\[
P(\sigma, \sigma^{v,k}) = \frac{1}{|V|} \sum_{v \in V} \frac{\pi(\sigma^{v,k})}{\sum_{\ell \in S_{\sigma}^v} \pi(\sigma^{v,\ell})}
\]

for all \( \sigma \in \Omega \) and \( k \in S_{\sigma}^v \). This matches the setting of Lemma 1.2 by choosing \( \mathcal{L} = V \) and \( L = |V| \), and defining

\[
\Omega_{\sigma,v} = \{ \sigma^{v,k} : k \in S_{\sigma}^v \}
\]

for all \( \sigma \in \Omega \) and \( v \in V \). Hence, by Lemma 1.2 single-site heat-bath chains for general spin models do not have negative eigenvalues.

The heat-bath chain, which belongs to the family of Glauber dynamics (see for example [15]), has been studied by many authors including [10, 14, 16]. In several cases, the continuous-time version of this Markov chain is considered. One advantage of this approach is that mixing properties can be described solely by the second-largest eigenvalue. Thus, when translating these results to discrete time, it usually remains...
to bound the smallest eigenvalue of the chain. The last example shows that for the heat-bath chain, the established continuous-time bounds can be used without further analysis. In the case of the Potts model this argument was used in the proof of [21, Theorem 2.10].

Note that there are other Glauber dynamics, such as the Metropolis chain, which are generally not guaranteed to have only nonnegative eigenvalues.

2.2 Application: a heat-bath chain for contingency tables

Let \( r = (r_1, \ldots, r_m) \) and \( c = (c_1, \ldots, c_n) \) be two vectors of positive integers with the same sum. A contingency table with row sums \( r \) and column sums \( c \) is an \( m \times n \) matrix with nonnegative integer entries, such that the \( i \)'th row sum is \( r_i \) and the \( j \)'th column sum is \( c_j \), for \( i = 1, \ldots, m \) and \( j = 1, \ldots, n \). Let \( \Omega_{r,c} \) denote the set of all contingency tables with row sums \( r \) and column sums \( c \).

Dyer and Greenhill [7] proposed a Markov chain for sampling contingency tables, which we will call the contingency chain. A transition of the chain is performed as follows: choose a 2 \( \times \) 2 subsquare of the current table uniformly at random, then replace this 2 \( \times \) 2 subsquare by a uniformly chosen 2 \( \times \) 2 nonnegative integer matrix with the same row and column sums. The lazy contingency chain does nothing at each step with probability \( \frac{1}{2} \), and otherwise performs a transition as described above. Cryan et al. [3] analysed the lazy contingency chain for a constant number of rows and proved that it is rapidly mixing.

To fit the contingency chain into the setting of (5), let \( \mathcal{L} \) be the set of all positions of 2 \( \times \) 2 subsquares, and let \( L = |\mathcal{L}| = \binom{m}{2} \binom{n}{2} \). Let \( P_a \) be the transition matrix of the Markov chain which acts only on the 2 \( \times \) 2 subsquare \( a \in \mathcal{L} \). Then \( P_a(x, \cdot) \) is uniform over all contingency tables \( y \in \Omega_{r,c} \) which differ from \( x \) only within the 2 \( \times \) 2 subsquare \( a \). Hence Lemma 1.2 applies (with \( \pi \) the uniform distribution on \( \Omega_{r,c} \)) and shows that the contingency chain has no negative eigenvalues.

3 A transfer result for positive semidefiniteness

The following result on matrices is well known. (The proof is easy, and omitted.)

**Lemma 3.1.** Consider a state space \( \Omega \) with probability distribution \( \pi: \Omega \to (0, 1] \) and let \( P \) be a transition matrix on \( \Omega \). Let \( \Omega' \) be a second state space with probability distribution \( \mu: \Omega' \to (0, 1] \). Given any \( |\Omega| \times |\Omega'| \) matrix \( R \) with rows indexed by \( \Omega \) and columns indexed by \( \Omega' \), the adjoint \( R^* \) of \( R \) is defined by

\[
R^*(y, x) = \frac{\pi(x)}{\mu(y)} R(x, y) \quad \text{for all} \ x \in \Omega, \ y \in \Omega'.
\]

Now suppose that \( P = RTR^* \) where \( R \) and \( T \) satisfy the following conditions:

- \( R \) is a nonnegative \( |\Omega| \times |\Omega'| \) matrix such that \( \pi R = \mu \) and all rows of \( R \) sum to one, and
Then \( P \) is also positive semidefinite.

Note that we do not assume that \( T \) is irreducible. (If \( R \) is an invertible matrix and \( P = RTR^* \) then \( P \) and \( T \) are often said to be congruent. But in our applications \( R \) need not be square.)

We now interpret the identity \( P = RTR^* \) in terms of the corresponding Markov chains. Let \( M \) be the Markov chain on \( \Omega \) with transition matrix \( P \), and let \( M' \) be the Markov chain on \( \Omega' \) with transition matrix \( T \). A transition of \( M \) from current state \( x \in \Omega \) is performed as follows. First, generate an (auxiliary) state \( x' \in \Omega' \) with respect to the probability distribution \( R(x, \cdot) \). Then, perform one step of the chain \( M' \) from initial state \( x' \) to obtain \( y' \in \Omega' \). Finally, sample the new state \( y \in \Omega \) of \( M \) with respect to the distribution \( R^*(y', \cdot) \).

Lemma 3.1 allows us to infer the positive semidefiniteness of \( P \) from the positive semidefiniteness of \( T \). For some applications, Lemma 1.2 may be used to show that \( T \) is positive semidefinite, while in others we may argue more directly.

As an example, consider the Swendsen-Wang chain [20] for the \( q \)-state Potts model on a graph \( G = (V, E) \). The state space is \( \Omega = \{1, 2, \ldots, q\}^V \) for some integer \( q \geq 2 \). For a fixed constant \( \beta \geq 0 \), the stationary distribution of the chain is defined by

\[
\pi(\sigma) = Z^{-1} \exp\{\beta |E(\sigma)|\} \quad \text{for all } \sigma \in \Omega,
\]

where

\[
E(\sigma) = \{\{u, v\} \in E : \sigma(u) = \sigma(v)\}
\]

denotes the set of monochromatic edges in \( \sigma \), and \( Z \) is the normalizing constant. One step of this chain can be described as follows. Given the current state \( \sigma \in \Omega \), sample a subset \( A \subseteq E(\sigma) \) of the monochromatic edges such that each edge is included with probability \( 1 - e^{-\beta} \), with these choices all being independent. Then, colour each resulting connected component of the subgraph \((V, A)\) with a new colour chosen from \(\{1, \ldots, q\}\) uniformly at random, with these choices all being independent. (For more details, see for example [8, 9, 21].)

This fits into the setting of Lemma 3.1 if we choose \( \pi, \Omega \) as above, let

\[
\Omega' = \{(\sigma, A) : \sigma \in \Omega, A \subseteq E(\sigma)\}
\]

and define \( \mu(\sigma, A) = Z^{-1}(e^\beta - 1)^{|A|} \) for all \((\sigma, A) \in \Omega'\). (This \( Z \) is the same normalising constant used to define \( \pi \).) For all \( \sigma \in \Omega \) and \((\tau, A) \in \Omega'\), let

\[
R(\sigma, (\tau, A)) = e^{-\beta|E(\sigma)|}(e^\beta - 1)^{|A|}\mathbb{1}(\sigma = \tau).
\]

Note that with this definition, \( R^*((\sigma, A), \tau) = \mathbb{1}(\sigma = \tau) \) for all \( \sigma \in \Omega \) and \((\tau, A) \in \Omega'\). Finally, for all \((\sigma, A), (\tau, B) \in \Omega'\), define

\[
T((\sigma, A), (\tau, B)) = \mu((\tau, B) \mid B = A).
\]
It is easy to verify that $\pi R = \mu$ and that $RTR^*$ equals the transition matrix of the Swendsen-Wang chain (see [8]).

Now observe that $T$ is idempotent, and hence is positive semidefinite. We may also conclude this from Lemma 1.2 since $T$ is a (rather trivial) heat-bath Markov chain in the sense of Definition 1.1 (where $\mathcal{L} = \{a\}$ has a unique element and setting $\Omega_{x,a} = \Omega$ for all $x \in \Omega$). Therefore Lemma 3.1 shows that the Swendsen-Wang chain has no negative eigenvalues, as claimed.

Another example of a Markov chain which fits the setting of Lemma 3.1 is the single-bond dynamics for the random-cluster model. Here Lemma 1.2 is needed in order to prove that the appropriate matrix $T$ is positive semidefinite. See [21, Section 4.1] for more detail.

4 A characterisation of heat-bath chains

It follows from the proof of Lemma 1.2 that any nonnegative linear combination of stochastic idempotent matrices has only nonnegative eigenvalues. This leads us to ask whether Lemma 1.2 can be generalised to a wider class of Markov chains. To explore this question, we need some more definitions.

We use the symbols $0, 1$ to denote any column vector or row vector with each entry equal to 0, 1 (respectively), of the appropriate size. We use symbols $a, b, \ldots$ to denote column vectors, and use $\alpha, \beta, \gamma, \ldots$ to denote row vectors. Unless otherwise noted, the sizes of matrices and vectors can be inferred from the context.

A matrix $M$ is called substochastic if it is nonnegative and $M 1 \leq 1$. A square matrix $M$ is called permutation similar to a matrix $U$ if there is a permutation matrix $A$ such that $U = A^T MA$. This operation corresponds to applying some permutation to both the rows and the columns of $M$ to obtain $U$. Since $A^T = A^{-1}$ this is also a matrix similarity. We write $U \cong A M$ to show that $U$ and $M$ are permutation equivalent (or $U \cong A M$ to specify the permutation matrix $A$).

Note that $M$ is reversible if and only if there is some nonnegative diagonal matrix $D$ such that $MD = DM^T$. In particular, if all diagonal entries of $D$ are positive then $D^{-1} MD = M^T$.

Remark 4.1. The equivalence class of $\cong_A$ is closed under multiplication and the taking of transposes, for all permutation matrices $A$. Hence if $M$ is stochastic, idempotent or reversible, then so is any matrix $U$ with $U \cong M$.

We say that a matrix is an SI matrix if it is stochastic and idempotent. An $r$-SI matrix will refer to an SI matrix with rank $r$. We wish to obtain a characterisation of SI matrices. First we consider a generalisation of the stochastic case, which we will need later.

Lemma 4.2. Let $M$ be an irreducible, substochastic, idempotent matrix. Then $M$ is a $1$-SI matrix. Moreover, $M = 1 \pi$, where $\pi$ is a positive vector with $\pi 1 = 1$. 
Proof. By idempotence, 0 and 1 are the only possible eigenvalues of $M$. Since $M$ is irreducible, at least one eigenvalue of $M$ is nonzero. This implies that $M$ is stochastic, since otherwise $M$ is reducible and substochastic, but not stochastic: such matrices have spectral radius strictly less than one, see [11, Corollary 6.2.28]. Finally, using [11, Theorem 8.4.4], we obtain that 1 is a simple eigenvalue of $M$. This shows that $M$ is a 1-SI matrix and hence is of the form $M = 1\pi$, where $\pi$ is a positive vector and $\pi 1 = 1$. □

This immediately yields the following.

**Corollary 4.3.** An SI matrix is irreducible if and only if it is a 1-SI matrix. Furthermore, a matrix $M$ is 1-SI if and only if $M = 1\pi$ where $\pi$ is positive and $\pi 1 = 1$.

A direct sum of 1-SI matrices is an SI matrix. However, an SI matrix need not be permutation equivalent to a direct sum of 1-SI matrices. Consider, for example, the matrix

$$
M = \begin{bmatrix}
\frac{1}{2} & \frac{1}{2} & 0 \\
1 & 0 & 0 \\
0 & 1 & 0 \\
\end{bmatrix}.
$$

Clearly $M$ is stochastic, and it is easy to check that $M^2 = M$, so $M$ is idempotent. But $M$ cannot be permuted to a direct sum of 1-SI matrices. This is due to the zero column in $M$, which corresponds to a state which is inaccessible from any state, including itself. Such a state $y \in \Omega$ is called ephemeral with respect to the Markov chain $M$ corresponding to $M$. Ephemeral states can only appear as the initial state of the chain.

The following characterisation of SI matrices depends on the number of ephemeral states.

**Theorem 4.4.** Let $M$ be a nonnegative square matrix. Then $M$ is an SI matrix with exactly $t$ zero columns if and only if $M \cong U$, where $U$ has the form

$$
U = \begin{bmatrix}
1\pi_1 & 0 & 0 & \cdots & 0 & 0 \\
0 & 1\pi_2 & 0 & \cdots & 0 & 0 \\
0 & 0 & 1\pi_3 & \cdots & 0 & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\
0 & 0 & 0 & \cdots & 1\pi_k & 0 \\
p_1\pi_1 & p_2\pi_2 & p_3\pi_3 & \cdots & p_k\pi_k & 0
\end{bmatrix}
$$

for some nonnegative vectors $p_i$ and positive vectors $\pi_i$ which satisfy $\pi_i 1 = 1$ for $i = 1, \ldots, k$, and $\sum_{i=1}^k p_i = 1$. (Here all diagonal blocks are square, though not necessarily of the same size: the last diagonal block has size $t \times t$.)

Proof. Suppose that $M$ is an SI matrix with exactly $t$ zero columns. Let $M'$ be the matrix obtained from $M$ by removing the $t$ zero columns as well as the corresponding
rows. Then $M'$ is still stochastic, and $(M')^2 = M'$, so $M'$ is an SI matrix with no zero columns. It is known [14, Section 8.3, Problem 8] that $M' \cong U'$, where

$$
U' = \begin{bmatrix}
A_{11} & A_{12} & A_{13} & \cdots & A_{1k} \\
0 & A_{22} & A_{23} & \cdots & A_{2k} \\
0 & 0 & A_{33} & \cdots & A_{3k} \\
\vdots & \vdots & \vdots & \ddots & \vdots \\
0 & 0 & 0 & \cdots & A_{kk}
\end{bmatrix}
$$

(7)

such that $A_{ij} \geq 0$ for $1 \leq i \leq j \leq k$, and $A_{ii}$ is square and either irreducible or zero, for $i = 1, \ldots, k$. Squaring $U'$ gives

$$
(U')^2 = \begin{bmatrix}
A_{11}^2 & B_{12} & B_{13} & \cdots & B_{1k} \\
0 & A_{22}^2 & B_{23} & \cdots & B_{2k} \\
0 & 0 & A_{33}^2 & \cdots & B_{3k} \\
\vdots & \vdots & \vdots & \ddots & \vdots \\
0 & 0 & 0 & \cdots & A_{kk}^2
\end{bmatrix}
$$

(8)

for some $B_{ij} \geq 0$ ($i < j \leq k$). Hence we have $A_{ii}^2 = A_{ii}$ for $i = 1, \ldots, k$. In particular $U_1 = A_{11}$ is idempotent, and $U_1$ is substochastic since $U$ is stochastic. Since $U$ has no zero column, $U_1 \neq 0$ and hence $U_1$ is irreducible. Therefore by Lemma 4.2 it follows that $U_1$ is stochastic, which implies that $A_{ij} = 0$ for $j = 2, \ldots, k$. Thus $U' = U_1 \oplus U''$, where $U_1$ is a 1-SI matrix, and $U''$ is an SI matrix with no zero column, or is empty if $k = 1$ (in which case $U' = U_1$ is a 1-SI matrix). By induction, it follows that $U' = U_1 \oplus \cdots \oplus U_k$, where $U_i$ is a 1-SI matrix for $i = 1, \ldots, k$. Applying Corollary 4.3 shows that $U_i = 1 \pi_i$, where $\pi_i$ is a positive vector which sums to 1, for $i = 1, \ldots, k$.

Hence we know that $M \cong U$ where

$$
U = \begin{bmatrix}
U_1 & 0 & 0 & \cdots & 0 & 0 \\
0 & U_2 & 0 & \cdots & 0 & 0 \\
0 & 0 & U_3 & \cdots & 0 & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\
0 & 0 & 0 & \cdots & U_k & 0 \\
C_1 & C_2 & C_3 & \cdots & C_k & 0
\end{bmatrix}
$$

for some nonnegative matrices $C_1, \ldots, C_k$. Now $U^2 = U$, which implies that

$$
C_i = C_i U_i = C_i 1 \pi_i
$$

for $i = 1, \ldots, k$. Let $p_i = C_i 1$, which is a nonnegative vector. Then $C_i = p_i \pi_i$ and

$$
\sum_{i=1}^{k} p_i = \sum_{i=1}^{k} C_i 1 = [C_1 \ C_2 \ \cdots \ C_k] 1 = 1,
$$

as $U$ is stochastic. This completes the proof of the “only if” statement.

For the converse, it suffices to assume that $M$ satisfies (6), by Remark 4.1. Then it is not difficult to check that $M$ is a SI matrix. 

\square
**Corollary 4.5.** A matrix $M$ is an $r$-SI matrix if and only if $M \cong U$, where $U$ has the form (6) with $k = r$.

*Proof.* By Remark 4.1 it suffices to consider $U$. If $U$ has the structure given in (6) then $U$ has $k$ groups of rows of the form $\rho_i = [0 \cdots \pi_i \cdots 0]$ for $i = 1, \ldots, k$. Hence $U$ has rank at least $k$. The other rows are of the form $[\alpha_1 \pi_1 \cdots \alpha_k \pi_k] = \sum_{i=1}^{k} \alpha_i \rho_i$, for some nonnegative constants $\alpha_1, \ldots, \alpha_k$. Hence all rows of $U$ are linearly dependent on the vectors $\rho_1, \ldots, \rho_k$. Thus $U$ has rank exactly $k$, proving that $k = r$.

Conversely, if $M$ is a $r$-SI matrix then $M$ is an SI matrix. Theorem 4.4 states that $M \cong U$, where $U$ is given by (6). The argument above then implies that $k = r$.

We are mostly interested in Markov chains with no ephemeral states, where the following result will be useful.

**Corollary 4.6.** Let $M$ be a nonnegative square matrix. The following are equivalent.

(i) $M$ is an SI matrix with no zero columns,

(ii) $M \cong U$, where $U$ is the direct sum of 1-SI matrices,

(iii) $M$ is an SI matrix which is reversible with respect to some positive distribution: that is, $D^{-1}MD = M^T$ for some diagonal matrix $D$ with all diagonal entries positive.

*Proof.* That (i) and (ii) are equivalent follows from Theorem 4.4 by setting $t = 0$. Next, suppose that $M$ is an SI matrix which satisfies $D^{-1}MD = M^T$ for some diagonal matrix $D$ with all diagonal entries positive. This identity implies that if $M$ has a zero column then $M$ also has a zero row, contradicting the fact that $M$ is stochastic. Hence (iii) implies (i).

Finally, we will prove that (ii) implies (iii). Note that it suffices to assume that $M$ is the direct sum of 1-SI matrices, by Remark 4.1. Hence we have $M = U_1 \oplus \cdots \oplus U_k$ for some $k \geq 1$, where $U_i = 1\pi_i$ for some positive vector $\pi_i$ for $i = 1, \ldots, k$. Define the positive vector $D_i = \text{diag}(\pi_i)$ for $i = 1, \ldots, k$, and let $D = D_1 \oplus \cdots \oplus D_k$. Then all diagonal entries of $D$ are positive and

$$DMD^{-1} = \bigoplus_{i=1}^{k} D_i U_i D_i^{-1} = \bigoplus_{i=1}^{k} (D_i 1)(\pi_i D_i^{-1}) = \bigoplus_{i=1}^{k} \pi_i^T 1^T = M^T,$$

proving that $M$ is reversible with respect to $D$. Hence (ii) implies (iii), completing the proof.

We can now establish the following characterisation of heat-bath Markov chains.

**Theorem 4.7.** Let $M$ be a Markov chain on the finite state space $\Omega$, which is reversible with respect to the probability distribution $\pi : \Omega \to (0, 1]$. Then $M$ is a heat-bath chain (in the sense of Definition 1.1) if and only if the transition matrix $P$ of $M$ is a nonnegative linear combination of nonnegative SI matrices with no zero columns.
Proof. Suppose that $\mathcal{M}$ is a heat-bath matrix. Then $\mathcal{M}$ satisfies (2) for some finite set $\mathcal{L}$ and some probability distribution $\rho$ on $\mathcal{L}$. Recalling (1) we see that each $P_a$ is stochastic, and the proof of Lemma 1.2 shows that each $P_a$ is idempotent. Finally, note that $P_a$ has no zero columns since $x \in \Omega_{x,a}$ for all $x \in \Omega$, which implies that $P(x, x) > 0$ for all $x \in \Omega$. Hence $P$ has the required form.

For the converse, suppose that $P = \sum_{a \in \mathcal{L}} \rho(a) P_a$ for some finite set $\mathcal{L}$, where each $P_a$ is a nonnegative SI matrix with no zero column and $\rho(a) \geq 0$ for all $a \in \mathcal{L}$. Since $P$ is also stochastic, it follows that $\rho$ is a probability distribution on $\mathcal{L}$. Fix $a \in \mathcal{L}$. Corollary 4.6 shows that $P_a$ is permutation-equivalent to a direct sum of 1-SI matrices, which we refer to as blocks. For each $x \in \Omega$, let $\Omega_{x,a}$ be the set of all states which correspond to a row in the block of $P_a$ containing $x$. (This set is well-defined as it does not depend on the ordering of the blocks.) It follows that $x \in \Omega_{x,a}$ for all $x \in \Omega$ and $a \in \mathcal{L}$, and that the sets $\{\Omega_{x,a} : x \in \Omega\}$ form a partition of $\Omega$, for each $a \in \mathcal{L}$. Hence conditions (I), (II) of Section 1 hold.

Now let $B_{x,a}$ be the block of $P_a$ which corresponds to the set $\Omega_{x,a}$. Then $B_{x,a}$ is a 1-SI matrix, so it equals $1 \pi_{x,a}$ for some positive vector $\pi_{x,a}$ which sums to 1. However, $B_{x,a}$ is reversible with respect to the distribution $\pi$ restricted to $\Omega_{x,a}$. It follows that for all $y, z \in \Omega_{x,a}$ we have

$$P_a(z, y) = P_a(x, y) = \frac{\pi(y)}{\pi(\Omega_{x,a})},$$

since $B_{x,a}$ has exactly one stationary distribution. Using the block structure of $P_a$, it follows that $P_a$ satisfies (1) for all $a \in \mathcal{L}$. Therefore $\mathcal{M}$ is a heat-bath chain in the sense of Definition 1.1, completing the proof. 

4.1 Chains with finite convergence

We now investigate a possible generalisation of the notion of an SI matrix.

Suppose that $M$ is an $n \times n$ stochastic matrix and, for every nonnegative vector $\alpha = (\alpha_1, \alpha_2, \ldots, \alpha_n)$ such that $\alpha 1 = 1$, there exists a positive integer $m_\alpha$ such that

$$\lim_{t \to \infty} \alpha M^t = \alpha M^{m_\alpha}. \quad (9)$$

(We remark that this condition implies that $M$ is aperiodic.) Such matrices have been considered before, and correspond to **chains with finite convergence** [2, 13, 19].

Write $\alpha M^{m_\alpha} = \pi_\alpha$. Then $\pi_\alpha M = \pi_\alpha$, since

$$\pi_\alpha M = \lim_{t \to \infty} \alpha M^{t+1} = \lim_{t \to \infty} \alpha M^t = \pi_\alpha.$$

Hence the Markov chain corresponding to $M$ converges in a finite number of steps from any initial distribution. This generalises the blocks $B_{x,a}$ of the SI matrices $P_a$, which converge to their stationary distribution after one step.

Let $e_j$ be the $j$th unit (row) vector for $j = 1, \ldots, n$. (Note, this breaks with our convention of using greek letters for rows and roman letters for columns.) For ease of
notation, write $m_j$ and $\pi_j$ rather than $m_{e_j}$, $\pi_{e_j}$, for $j = 1, \ldots, n$. Then

$$\pi_\alpha = \lim_{t \to \infty} \alpha M^t = \sum_{j=1}^n \alpha_j \lim_{t \to \infty} e_j M^t = \sum_{j=1}^n \alpha_j \pi_j.$$ 

Let $m = \max_i m_i$, so that

$$e_j M^m = e_j M^{m - m_j} = \pi_j M^{m - m_j} = \pi_j \text{ for } j = 1, \ldots, n.$$ 

Hence

$$\alpha M^m = \sum_{j=1}^n \alpha_j e_j M^m = \sum_{j=1}^n \alpha_j \pi_j = \pi_\alpha,$$

so we may take $m_\alpha = m$ for all $\alpha$. Then, for any nonnegative integer $\delta$,

$$e_j (M^{m+\delta} - M^m) = \pi_j M^\delta - \pi_j = 0$$

for $j = 1, \ldots, n$, which implies that $M^{m+\delta} = M^m$. Taking $\delta = 1$ shows that the eigenvalues $\lambda$ of $M$ satisfy $\lambda^m (\lambda - 1) = 0$. Hence the only eigenvalues of $M$ are 0 and 1. Taking $\delta = m$ gives $M^{2m} = M^m$, so $M^m$ is idempotent.

If $M$ is also reversible then more is true, as we prove below. (We remark that the matrices $C_j$ which appear in the statement of Lemma 4.8 are more general than those which arise in the proof of Theorem 4.7.)

**Lemma 4.8.** Let $M$ be a stochastic matrix with $t$ zero columns. Suppose that there exists a positive integer $m$ such that

$$M^{m+\delta} = M^m \quad \text{for all } \delta \in \mathbb{N}.$$ 

Then $M \cong U$ for some matrix $U$ with the block structure

$$U = \begin{bmatrix} U_1 & 0 & 0 & \cdots & 0 & 0 \\ 0 & U_2 & 0 & \cdots & 0 & 0 \\ 0 & 0 & U_3 & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & 0 & \cdots & U_k & 0 \\ C_1 & C_2 & C_3 & \cdots & C_k & 0 \end{bmatrix}$$

where the $U_i$ are 1-SI matrices and the $C_i$ are nonnegative, for $i = 1, \ldots, k$. In particular, if $M$ is reversible with respect to some positive distribution then $M$ is idempotent.

**Proof.** By reordering the elements of $\Omega$, we obtain a matrix $U$ such that $M \cong U$, where $U$ has the block structure

$$U = \begin{bmatrix} U_1 & A_{12} & A_{13} & \cdots & A_{1k} & 0 \\ 0 & U_2 & A_{23} & \cdots & A_{2k} & 0 \\ 0 & 0 & U_3 & \cdots & A_{3k} & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & 0 & \cdots & U_k & 0 \\ C_1 & C_2 & C_3 & \cdots & C_k & 0 \end{bmatrix}$$
such that each $A_{ij}$ and $C_j$ is a nonnegative matrix and the $U_i$ are square, irreducible and substochastic for $i, j = 1, \ldots, k$.

Now each $U_i$ is substochastic and irreducible, so $U_i^m$ is substochastic, irreducible and idempotent. Therefore $U_i^m$ is a 1-SI matrix, by Lemma 4.2. Hence $U_i$ is stochastic: if the $q$’th row sum of a substochastic matrix is strictly less than 1, then the same is true for any power of that matrix. It follows that $A_{ij} = 0$ for $1 \leq i < j \leq k$.

Furthermore, each $U_i$ satisfies $U_i^m(U_i - I) = 0$, and hence has eigenvalue 1 (with multiplicity 1) with all other eigenvalues zero. It follows that $U_i$ has rank 1, and since $U_i$ is stochastic, this implies that $U_i = 1\pi_i$ for some positive vector $\pi_i$, for $i = 1, \ldots, k$. By Corollary 4.3 it follows that $U_i$ is a 1-SI matrix for $i = 1, \ldots, k$, and (10) holds.

Finally, if $M$ is reversible with respect to some positive distribution then $M$ has no zero columns (that is, $t = 0$). Hence $M$ is permutation equivalent to the direct sum of 1-SI matrices, and by Corollary 4.5 it follows that $M$ is idempotent, as claimed. □

Hence for reversible chains, there is no generalisation to Theorem 4.7 that can be obtained by replacing “idempotent” by some notion of finite convergence, as in (9).

Let $m$ be the smallest integer such that $M^m = M$. Then $M$ has complex eigenvalues if $m \geq 4$, which implies that any matrix satisfying this condition is not reversible. The case $m = 3$ corresponds to periodic Markov chains, which certainly have negative eigenvalues, and $m = 2$ is precisely the idempotence condition.

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