Systematic Review

Eligibility criteria and outcome measures adopted in clinical trials of treatments of cutaneous leishmaniasis: systematic literature review covering the period 1991–2015

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Abstract

OBJECTIVE To document the sources of heterogeneity in outcomes and shortcomings in trial designs reported by previous systematic reviews.

METHODS Systematic review of clinical trials of CL treatments published since 1991, to assess and compare eligibility criteria and outcome measures in trials (any type of treatment) of CL (any form) reported before and after the publication of the CONSORT statement.

RESULTS We identified 106 eligible trials published between 1991 and 2015, 74% after the 2001 CONSORT statement; 58% (n = 63) were on Old-World CL and 37% (n = 40) in New-World CL; overall, 11 531 patients enrolled in 243 treatment groups on 30 different treatments. Both requirements and definitions for eligibility and outcome criteria varied. Compliance with CONSORT requirements increased for studies published after the 2010 update. As for entry criteria, 94% of studies had a requirement for sex (74% of those enrolling also women excluded those who were pregnant or lactating), 69% for age (variable age ranges), 99% parasitological confirmation, 43% prior duration of illness (14% excluded cases with previous episodes), 46% defined the number, 28% the size and 13% the type of lesions (27% with restrictions as to their anatomical location). Follow-up ranged 1–24 months, with 14% and 91% of studies, respectively, having defined initial and final cure.

CONCLUSIONS This review documents changes in reporting before and after the publication of the CONSORT statement. Lack of standardisation, compounded with the small number of trials relative to the magnitude of the disease in its multiple forms, and with the range of treatments tested explains why evidence to inform treatment guidelines is generally weak for CL. Adopting standardised methodologies will improve the quality and consistency of clinical trials, and ultimately yield better treatments for CL.

Keywords cutaneous leishmaniasis, systematic review, eligibility criteria, outcome measures

Introduction

The leishmaniases are diseases caused by parasites belonging to the genus Leishmania transmitted to humans through the bite of sand flies: Lutzomyia (New World) and Phlebotomus (Old World) [1]. They are present in 98 countries and cause some 900 000 to 1.3 million cases annually [2, 3]. Of the three clinical manifestations (visceral, mucocutaneous, cutaneous), the latter, cutaneous leishmaniasis (CL), is the most prevalent, contributing circa 90% of all cases [3–5]. Clinical manifestations of CL, which include most commonly ulcers, nodules and papules, depend on the causative parasite species: L. braziliensis, L. peruviana, L. guyanensis, L. panamensis, L. amazonensis and L. mexicana in the Americas (New-World CL, NWCL), and L. major, L. tropica and L. aethiopica in Asia, Africa and Europe (Old-World CL, OWCL) [4, 6].

Like other neglected tropical diseases (NTD), case management is a problem in CL, largely because little, if any, drug research and development (R&D) is conducted on this disease of no commercial interest [7–10]. This translates into a miscellaneous therapeutic armamentarium ranging from systemic treatments with pentavalent
antimonials, pentamidine, miltefosine, amphotericin B, to local treatments using physical therapy or direct application of medications with some level of activity on the parasites in various pharmaceutical preparations [6, 8, 11]. With very few exceptions, these treatments are more the result of empirical use of existing medications than a planned R&D effort for CL and are often ill-adapted and inconvenient, and some carry significant safety liabilities. Furthermore, the effects of most of these treatments are inconsistently assessed and reported [7–12], which means that treatment guidelines are based on weak evidence [1].

To address these fundamental issues of heterogeneity, design and conduct of treatment trials for CL [8, 13], which are hampering consistent and effective case management, a guidance document was prepared. Its aim is to provide clinical investigators with guidance for the design, conduct, analysis and report of clinical trials of treatments for CL, while recognising the complexity of the disease, and to enhance the capacity for high-quality trials meeting the requirements of Good Clinical Practice standards [14]. Standardising methods is important to allow between-study comparability and informative meta-analysis, to strengthen the evidence for recommendations on treatment and case management, and ultimately to improve CL case management and control. Inadequate trials may lead to inappropriate conclusions and are an unethical and inefficient use of the limited resources available for neglected diseases such as CL. Consolidating the guidelines to design and conduct of clinical trials for CL will have a positive impact on comparability, interpretation and validity of findings derived of treatment researches, allowing evidence-based decisions and directing patients according to their risk and characteristics. This effort should also be seen in the context of more general ongoing initiatives to improve the quality of reporting of clinical trials Consolidated Standards of Reporting Trials statement (CONSORT) [15–17].

Important elements that might account for the apparent heterogeneity of clinical trial outcomes are the characteristics of the treated populations and how treatment effects are measured. We therefore conducted a systematic review of the eligibility criteria and outcome measures adopted in treatment trials of CL conducted during 1991–2015.

Methods

Given that the aim of this systematic review was not to evaluate the efficacy of a specific intervention, the research question was defined in terms of eligibility criteria and cure measures; thus, ‘in patients diagnosed with CL (any form) and enrolled in treatment trials (any type of treatment), how do eligibility criteria and outcome measures compare across studies?’

Eligibility

Inclusion criteria were as follows: (i) studies that include the search terms in title and/or abstract; (ii) clinical trials (all study designs allowed); (iii) original studies investigating the efficacy and safety of treatments (all treatments and routes of administration allowed) of CL (all forms). The search was not restricted by time or language.

We excluded systematic reviews, descriptive studies and analytic studies that only evaluated one group of treatment, trials on clinical manifestations different from CL or complications thereof, co-infection with HIV, and papers reporting insufficient details on methods or papers that were not available in full.

Study identification

The following databases were interrogated: PubMed, OVID, ScienceDirect, EMBASE, Wiley, Web of Science, Scielo, Lilacs, ACP Journal Club, DARE, Springer Link, Jama Network, Oxford Journals and Cochrane. Limited to title and abstract, the following terms were used for the search: ‘cutaneous leishmaniasis’ in combination with ‘treatment’, ‘topical treatment’, ‘local treatment’, ‘local heat’, ‘heat therapy’, ‘systemic treatment’, ‘combined treatment’, ‘antimonials’, ‘azaroles’, ‘antibiotic’, ‘antiprotozoal’, ‘antifungal’, ‘antineoplastic’. Papers identified through the combined strategies were exported to EndNote Web.

Using the advanced search option available in the different databases, examples of the syntax used are as follows: (cutaneous leishmaniasis[Treatment][Title/Abstract]) AND treatment[Title/Abstract]; (ti:(cutaneous leishmaniasis)) AND (ti:(treatment)); (ab:(cutaneous leishmaniasis)) AND (ab:(treatment)); (tw:(cutaneous leishmaniasis)) AND (tw:(treatment)); TITLE-ABSTR-KEY(cutaneous leishmaniasis) and TITLE-ABSTR-KEY(treatment).

Study selection

After screening out duplicate references, we reviewed all remaining papers in English, Spanish and Portuguese. From the studies meeting the inclusion criteria (see above), two investigators independently extracted and recorded in a specially designed Excel form the study variables (year, language, type of CL, country, clinical phase, randomised, type and number of study arms, sex, age, diagnosis method, specie identification, time of evolution, size, type and number of lesions, anatomical location, pregnant, lactating or childbearing-age women, previous history of CL, previous treatment, laboratory test, electrocardiogram, follow-up time, outcome definitions). To guarantee reproducibility of the data
collection, every investigator filled the forms separately. Discrepancies were resolved by consensus or by involving a third person. For papers whose full text was not available, we emailed authors to request it.

Statistical analysis

We report absolute and relative frequencies of the variables of interest by year of publication using 2001 (when the CONSORT guideline was published for the first time).

Results

Description of clinical trials

We identified 75,875 papers published between 1991 and 2015, which became 2238 after removing duplicate articles and 106 after applying the eligibility criteria (Figure 1).

Records identified through database searching (title and abstract) \( n = 75,875 \)

Duplicate eliminated \( n = 72,616 \)

Records screened \( n = 3259 \)

Records excluded

  Language: 170
  Pre-clinical trials: 851

Full-text articles assessed for eligibility \( n = 2238 \)

Full-text articles excluded

  Not clinical trial: 1114
  Not cutaneous leishmaniasis: 412
  Not available: 38
  Other: 568

Studies included in qualitative synthesis (systematic review) \( n = 106 \)

English was the predominant language (94%, \( n = 102 \)). As to the geographical localisation, 58% \( (n = 63) \) were on OWCL and 37% \( (n = 40) \) in NWCL; Iran, Brazil and Colombia were the most represented countries, contributing 33% \( (n = 36) \), 14% \( (n = 15) \) and 13% \( (n = 14) \) of studies, respectively; 85% \( (n = 92) \) of studies did not report the clinical phase of the investigation (Table 1 and Figure 2).

Overall, these studies enrolled 11,531 patients in 243 treatment groups; 88% \( (n = 95) \) of studies were randomised; 82 had two arms \( (n = 8115) \), 17 had three arms \( (n = 2763) \), and seven had four arms \( (n = 653) \). They enrolled a median 80 patients (range 10–444) per study; the breakdown by number of arms was 76 (range 10–382) for two-arm studies, 124 (range 20–444) for three-arm studies and 92 (range 62–150) for four-arm studies.

Systemic treatment (oral, intramuscular or intravenous) was administered in 47.3% \( (n = 115) \) of treatment groups (5174 patients (44.9%)), and local treatment was...
| CONSORT Ref. | Author       | Year | Language | Type of CL | Country       | Clinical phase | Randomised | Type and number of study arms |
|--------------|--------------|------|----------|------------|---------------|----------------|------------|-------------------------------|
| [110]        | Dogra et al. | 1991 | English  | OWCL       | India         | Not reported   | Yes        | Or (P)                        |
| [18]         | Lynen et al. | 1992 | English  | OWCL       | Sudan         | Not reported   | Yes        | Top                           |
| [108]        | Martínez et al. | 1992 | English  | NWCL       | Colombia      | Not reported   | Yes        | IM + Or                       |
| [112]        | Soto et al.  | 1993 | English  | NWCL       | Colombia      | Not reported   | No         | IM                            |
| [19]         | Alsaleh et al. | 1995 | English  | OWCL       | Kuwait        | Not reported   | Yes        | Or                            |
| [22]         | Asilian et al. | 1995 | English  | OWCL       | Iran          | Not reported   | Yes        | Top (P)                       |
| [23]         | Ben et al.   | 1995 | English  | OWCL       | Tunisia       | Not reported   | Yes        | IM                            |
| [26]         | Correia et al. | 1996 | Portuguese | NWCL       | Brazil        | Not reported   | Yes        | IM                            |
| [27]         | Dogra et al. | 1996 | English  | OWCL       | India         | Not reported   | Yes        | Or                            |
| [109]        | Martínez et al. | 1996 | English  | NWCL       | Colombia      | Not reported   | Yes        | IM + Or                       |
| [100]        | Alkhawajah et al. | 1997 | English  | OWCL       | Saudi Arabia  | Not reported   | Yes        | IM                            |
| [28]         | D’Oliveira et al. | 1997 | English  | NWCL       | Brazil        | Not reported   | Yes        | Or                            |
| [29]         | Ozgoztasi et al. | 1997 | English  | OWCL       | Turkey        | Not reported   | Yes        | Top                           |
| [30]         | Sharquie et al. | 1997 | English  | OWCL       | Iraq          | Not reported   | Yes        | IL                            |
| [31]         | Vélez et al. | 1997 | English  | NWCL       | Colombia      | III            | Yes        | Or (P)                        |
| [32]         | Hendrickx et al. | 1998 | English  | NWCL       | Colombia      | Not reported   | No         | Or (P)                        |
| [33]         | Soto et al.  | 1998 | English  | NWCL       | Colombia      | III            | Yes        | Top + IM                      |
| [34]         | Almeida et al. | 1999 | English  | NWCL       | Brazil        | Not reported   | Yes        | IV + IL (P)                   |
| [101]        | Saldanha et al. | 1999 | Portuguese | NWCL       | Brazil        | Not reported   | No         | IV o IM                        |
| CONSORT Ref. | Author            | Year | Language | Type of CL | Country | Clinical phase | Randomised | Type and number of study arms |
|-------------|-------------------|------|----------|------------|---------|----------------|------------|-------------------------------|
| [123]       | Laguna-Torres et al. | 1999 | Portuguese | NWCL | Brazil | Not reported | Yes | Or | IV | – | – |
| [35]        | Mujtaba et al.     | 1999 | English   | OWCL | Pakistan | Not reported | Yes | IL | IL | – | – |
| [36]        | Deps et al.        | 2000 | Portuguese | NWCL | Brazil | Not reported | No | IM | IM | – | – |
| [118]       | Kochar et al.      | 2000 | English   | OWCL | India  | Not reported | Yes | Or | Or (P) | – | – |
| [37]        | Arana et al.       | 2001 | English   | NWCL | Guatemala | Not reported | Yes | Top | Top (P) | – | – |
| [38]        | Palacios et al.    | 2001 | English   | NWCL | Colombia | Not reported | Yes | IM | IM | – | – |
| [39]        | Salmanpour et al.  | 2001 | English   | OWCL | Iran    | Not reported | Yes | Or | IL | – | – |
| [40]        | Sharquie et al.    | 2001 | English   | OWCL | Iraq    | Not reported | Yes | Or | Or | NT | – |
| [111]       | Soto et al.        | 2001 | English   | NWCL | Colombia | I/II | No | Or | Or | 12 | |
| [102]       | Alrajh et al.      | 2002 | English   | OWCL | Saudi Arabia | Not reported | Yes | Or | Or | 12 | |
| [121]       | Esfandarpour et al. | 2002 | English   | OWCL | Iran    | Not reported | Yes | Or | Or | 12 | |
| [41]        | Momeni et al.      | 2002 | English   | OWCL | Iran    | Not reported | Yes | Or | Or | 12 | |
| [113]       | Soto et al.        | 2002 | English   | NWCL | Colombia | II | Yes | Top | Top (P) | – | – |
| [42]        | Wortmann et al.    | 2002 | English   | NWCL | USA     | Not reported | Yes | IV | IV | – | – |
| [21]        | Ashlan et al.      | 2003 | English   | OWCL | Iran    | Not reported | Yes | Top | Top + Top (P) | – | – |
| [43]        | Ribiero de Paula et al. | 2003 | Portuguese | NWCL | Brazil | Not reported | No | IM | IV | – | – |
| [44]        | Armijos et al.     | 2004 | English   | NWCL | Ecuador | Not reported | Yes | Top | IM | – | – |
| [45]        | Santos et al.      | 2004 | English   | NWCL | Brazil | Not reported | Yes | IV + IL | IV + IL (P) | – | – |
| [46]        | Firooz et al.      | 2005 | English   | OWCL | Iran    | Not reported | Yes | IL | IL | – | – |

After statement 2001

Soto et al. 2002 English NWCL Colombia II Yes Top Top (P) – –
| CONSORT Ref. | Author       | Year | Language | Type of CL | Country | Clinical phase | Randomised | Type and number of study arms |
|-------------|--------------|------|----------|------------|---------|----------------|------------|--------------------------------|
| [103]       | Andersen et al. | 2005 | English  | NWCL       | Peru    | Not reported   | Yes        | IV 10, IV 40                  |
| [47]        | Miranda et al. | 2005 | English  | NWCL       | Peru    | Not reported   | Yes        | IV o 40, IM + Top 20          |
|             |              |      |          |            |         |                |            |                               |
| [48]        | Nassiri et al. | 2005 | English  | OWCL       | Iran    | Not reported   | Yes        | IL 100, IM Top 20             |
| [49]        | Reithinger et al. | 2005 | English  | OWCL       | Afghanistan | Not reported | Yes        | Or 148, IM Top 20           |
| [117]       | Shazad et al.  | 2005 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 20, IM Top 20          |
| [20]        | Asilian et al. | 2006 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 100, IM Top 20          |
| [104]       | Firooz et al.  | 2006 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 100, IM Top 20          |
| [122]       | Jaffar et al.  | 2006 | English  | OWCL       | Saudi Arabia | Not reported | Yes        | Or 59, IM Top 60          |
| [50]        | Kochar et al.  | 2006 | English  | OWCL       | India  | Not reported   | Yes        | Or 46, IM Top 25             |
| [51]        | Lobo et al.    | 2006 | English  | NWCL       | Brazil  | Not reported   | Yes        | Or 25, IM Top 40           |
| [54]        | Nilforoushzadeh et al. | 2006 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 40, IM Top 40          |
| [53]        | Sadeghian et al. | 2006 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 32, IM Top 40          |
| [55]        | Arevalo et al. | 2007 | English  | NWCL       | Peru    | Not reported   | Yes        | IV 32, Top 31               |
| [56]        | Khan et al.    | 2007 | English  | OWCL       | Pakistan | Not reported   | Indeterminate | Or 15, IM Top 7        |
| [57]        | Krolewiecki et al. | 2007 | English  | NWCL       | Argentina | Not reported   | Yes        | Or 15, IM Top 7        |
| [58]        | Layegh et al.  | 2007 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 22, IM Top 22           |
| [105]       | Mohebali et al. | 2007 | English  | OWCL       | Iran    | Not reported   | Yes        | Or 32, IM Top 45           |
| [106]       | Nilforoushzadeh et al. | 2007 | English  | OWCL       | Iran    | Not reported   | Yes        | IL + Top 45, IL 45         |
| CONSORT Ref. | Author          | Year | Language | Type of CL | Country   | Clinical phase | Randomised | Type and number of study arms |
|-------------|-----------------|------|----------|------------|-----------|----------------|------------|--------------------------------|
| [59]        | Rahman et al.   | 2007 | English  | OWCL       | Pakistan  | Not reported   | No         | Or 15 IM – – |
| [60]        | Sadeghian et al.| 2007 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc 57 IL – – |
| [107]       | Nilforoushzadeh et al. | 2008 | English | OWCL       | Iran      | Not reported   | Yes        | Or (P) + IM Or (P) + IM – |
| [52]        | Miranda et al.  | 2009 | English  | NWCL       | Peru      | Not reported   | Yes        | Top + IV 43 36 45 – – |
| [25]        | Ben et al.      | 2009 | English  | OWCL       | Tunisia - France | II          | Yes        | Top 40 Top (P) – – |
| [61]        | Layegh et al.   | 2009 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc 40 49 IL – – |
| [62]        | Aronson et al.  | 2010 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc 28 28 Loc – – |
| [63]        | Bumb et al.     | 2010 | English  | OWCL       | India     | Not reported   | No         | Loc 110 110 – – |
| [64]        | El-Sayen et al. | 2010 | English  | OWCL       | Yemen     | Not reported   | Yes        | IL 10 10 IL + Or IL + Or – – |
| [65]        | Lopez et al.    | 2010 | English  | NWCL       | Colombia  | Not reported   | Yes        | Top + IM 88 90 – – |
| [66]        | Machado et al.  | 2010 | English  | NWCL       | Brazil    | Not reported   | Yes        | Or 60 30 IL – – |
| [67]        | Mapar et al.    | 2010 | English  | OWCL       | Iran      | Not reported   | Yes        | IL 18 18 IL – – |
| [68]        | Ranawaka et al. | 2010 | English  | OWCL       | Sri Lanka | Not reported   | Yes        | IL 87 67 IL – – |
| [69]        | Meymandi et al. | 2010 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc 96 95 Loc + IL – – |
| [116]       | Velex et al.    | 2010 | English  | NWCL       | Colombia  | III           | Yes        | Or 145 143 IM – – |
| [70]        | Chrusciak-Talhari et al. | 2011 | English | NWCL       | Brazil    | II-III        | Yes        | Or 145 143 IV – – |
| [71]        | Emad et al.     | 2011 | English  | OWCL       | Iran      | Not reported   | Yes        | Or 60 30 Or – – |
| [72]        | Layegh et al.   | 2011 | English  | OWCL       | Iran      | Not reported   | Yes        | Top 50 IL – – |
| CONSORT Ref. | Author(s)              | Year | Language | Type of CL | Country   | Clinical phase | Randomised | Type and number of study arms |
|-------------|------------------------|------|----------|------------|-----------|----------------|------------|-------------------------------|
| [73]        | Neves et al.           | 2011 | English  | NWCL       | Brazil    | Not reported   | Yes        | IM o IV n 74, IM 74, IV 37   |
| [74]        | Meymandi et al.        | 2011 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc + Top n 39, IL 36        |
| [76]        | Yazdanpanah et al.     | 2011 | English  | OWCL       | Iran      | Not reported   | Yes        | Or n 26, IM 74               |
| [75]        | Niforouzehzadeh et al. | 2012 | English  | OWCL       | Iran      | Not reported   | Yes        | IL n 30, Loc + Top n 30     |
| [78]        | Dastgheib et al.       | 2012 | English  | OWCL       | Iran      | Not reported   | No         | Or n 36, IM 35               |
| [79]        | Jowkar et al.          | 2012 | English  | OWCL       | Iran      | Not reported   | Yes        | Loc + Top n 36, Loc + Top 27 |
| [115]       | Lopez et al.           | 2012 | English  | NWCL       | Colombia  | III            | Yes        | Loc n 149, IM 143           |
| [80]        | Maleki et al.          | 2012 | English  | OWCL       | Iran      | Not reported   | Yes        | IL n 24, IL 10              |
| [81]        | Rubiano et al.         | 2012 | English  | NWCL       | Colombia  | Not reported   | Yes        | Or n 58, IM 58              |
| [82]        | Safi et al.            | 2012 | English  | OWCL       | Afghanistan | Not reported | Yes        | Loc n 189, IL 193      |
| [77]        | Bumb et al.            | 2013 | English  | OWCL       | India     | IV             | Yes        | Loc n 50, IL 50            |
| [24]        | Ben et al.             | 2013 | English  | OWCL       | Tunisia   | III            | Yes        | Top n 125, Top 125         |
| [83]        | Khatami et al.         | 2013 | English  | OWCL       | Iran      | Not reported   | Yes        | IL n 26, IL + Top n 26     |
| [114]       | Lopez et al.           | 2013 | English  | NWCL       | Colombia  | III            | Yes        | Loc n 149, Or 145          |
| [84]        | Sosa et al.            | 2013 | English  | NWCL       | Panama    | II             | Yes        | Top n 15, Top 15          |
| [85]        | Soto et al.            | 2013 | English  | NWCL       | Bolivia   | Not reported   | Yes        | IL n 30, Loc 20           |
| [86]        | Toledo et al.          | 2014 | English  | NWCL       | Brazil    | III            | Yes        | IM o IV n 24, Or 24       |
| [87]        | Ejaz et al.            | 2014 | English  | OWCL       | Pakistan  | Not reported   | Yes        | IM n 151, IM + Or 173  |
| CONSORT Ref. | Author              | Year | Language | Type of CL | Country | Clinical phase | Randomised | Type and number of study arms |
|-------------|---------------------|------|----------|------------|---------|----------------|------------|-------------------------------|
| [88]        | Jaffary et al.      | 2014 | English  | OWCL       | Iran    | Not reported   | Yes        | Top 55                       |
|             |                     |      |          |            |         |                |            | 55 IL                         |
|             |                     |      |          |            |         |                |            | 55 IL + Top (P)               |
|             |                     |      |          |            |         |                |            | 30 Loc + Top                 |
| [89]        | Jaffary et al.      | 2014 | English  | OWCL       | Iran    | Not reported   | Yes        | Top 30                       |
|             |                     |      |          |            |         |                |            | 30 IL + Top (P)              |
|             |                     |      |          |            |         |                |            | 24 Loc + Top                |
| [90]        | Jebran et al.       | 2014 | English  | OWCL       | Afghanistan | IIa        | Yes        | Top 73                       |
|             |                     |      |          |            |         |                |            | 73 IM                         |
|             |                     |      |          |            |         |                |            | 73 IL                         |
| [91]        | Shanehsaz et al.    | 2014 | English  | OWCL       | Syria   | Not reported   | Yes        | Top 24                       |
|             |                     |      |          |            |         |                |            | 24 IM                         |
|             |                     |      |          |            |         |                |            | 24 IL                         |
| [119]       | Stahl et al.        | 2014 | English  | OWCL       | Afghanistan | IIb        | Yes        | Top 25                       |
|             |                     |      |          |            |         |                |            | 25 Loc + Top                 |
|             |                     |      |          |            |         |                |            | 25 IM                         |
| [92]        | Al-Sudany et al.    | 2015 | English  | OWCL       | Iran    | Not reported   | No         | Top 22                       |
|             |                     |      |          |            |         |                |            | 22 IM                         |
| [93]        | Daie et al.         | 2015 | English  | OWCL       | Iran    | Not reported   | Yes        | Top 40                       |
|             |                     |      |          |            |         |                |            | 40 IM                         |
| [94]        | Farajzadeh et al.   | 2015 | English  | OWCL       | Iran    | Not reported   | Yes        | Top 40                       |
|             |                     |      |          |            |         |                |            | 40 Or + Loc + IM             |
| [95]        | Hu et al.           | 2015 | English  | NWCL       | Suriname | Not reported   | Yes        | Top 84                       |
|             |                     |      |          |            |         |                |            | 84 IM                         |
| [96]        | Janghorbani et al.  | 2015 | English  | OWCL       | Iran    | Not reported   | Yes        | Top 80                       |
|             |                     |      |          |            |         |                |            | 80 IM o IL + Top (P)         |
| [97]        | Ranawaka et al.     | 2015 | English  | OWCL       | Sri Lanka | Not reported   | Yes        | Top 170                      |
|             |                     |      |          |            |         |                |            | 170 IL + Or (P)              |
| [98]        | Shanehsaz et al.    | 2015 | English  | OWCL       | Syria   | Not reported   | Yes        | Top 30                       |
|             |                     |      |          |            |         |                |            | 30 IM + Or (P)               |
| [120]       | Sharquie et al.     | 2015 | English  | OWCL       | Iraq    | Not reported   | No         | Top 35                       |
|             |                     |      |          |            |         |                |            | 35 Loc + Top                 |
| [99]        | Sharquie et al.     | 2015 | English  | OWCL       | Iraq    | Not reported   | No         | Top 65                       |
|             |                     |      |          |            |         |                |            | 65 NT                         |

$n$, sample size; Top, Topic; IL, Intralesional; IM, intramuscular; IV, Intravenous; Or, Oral; NT, No treatment:: not applicable; (P), Placebo.
given to 36.2% \( (n = 88; \text{5497 patients (47.8%)}) \), consisting of: 22.2% \( (n = 54) \) local applications of heat or cold or intralesional injections, 14% \( (n = 34) \) topical treatments such as creams or ointments; 12.8% \( (n = 31) \) combined treatments. Of the remaining groups, seven \( (2.9\%) \) received no treatment and two \( (0.8\%) \) did not specify the route of administration (Table 1).

The majority of these studies 74% \( (n = 78) \) were published after the launch of CONSORT in 2001, enrolling 9011 patients (78%); 50% of the studies had been conducted by 2008 and 50% of patients enrolled by 2011 (Table 1 and Figure 2). Studies enrolled on average of 109 patients, ranging from 10 to 444. The average number of patients enrolled per year was 109, with a minimum of 55 in 2000 (excluding 1994, no study published) and a maximum of 160 in 2013 (Figure 3).

Eligibility criteria adopted by the studies

Tables 2 and 3 present all inclusion and exclusion criteria identified by this systematic review classified by trial category, taking into account their date of publication (before or after 2001).

Inclusion criteria

Sex was considered an inclusion criterion in 94.3% \( (n = 100) \) of studies enrolling 11 081 patients; 87.7% \( (n = 93) \) enrolled participants of both sexes [18–110], seven studies \( (6.6\%) \) enrolled only men [111–117]; in five studies \( (4.7\%) \), although sex was not specified in the inclusion criteria, inclusions can be derived from the results [118–122], and one study did not refer to the sex of the participants [123] (Table 2). For pregnancy and lactation, see Exclusion criteria below (Table 3).

Age was an eligibility criterion in 68.9% \( (n = 73) \) of the trials. Of these, 32 defined the minimum age for enrolment, which included for 15 studies \( (20.5\%) \) preschool-aged children \( (2–5 \text{ years old}) \), for seven \( (9.6\%) \) school-aged children \( (6–12 \text{ years}) \), for six \( (8.2\%) \) adolescents \( (13–17 \text{ years}) \) and for four \( (5.4\%) \) adults only \( (18 \text{ years or more}) \). Two studies \( (2.7\%) \) had only an upper limit which was \( <18 \text{ and } \leq 60 \text{ years} \). An age range was defined 50.7% \( (n = 37) \) of the studies, which was between 2 and 88 years; 5 and 12 years were the most frequent lower limit \( (7 \text{ (9.6\%) studies each}) \); 60 years was the most common upper limit \( (21.9\% \ (n = 16) \) of studies). Two studies \( (2.7\%) \) included children without specifying the age range. The proportion of studies enrolling children under 12 years of age increased after the year 2000 (Table 2).

All studies but one \( [75] \ (99\%, \ n = 105) \) required parasitological confirmation of Leishmania infection using at least one technique (direct, culture, histopathology, molecular) and 10 \( (9.5\%) \) included clinical and epidemiological consistency in the diagnosis. Species identification
was required in 20 studies (19%), but only one did so for all study participants [62] (Table 2). An additional 19 studies (17.9%), while not identifying species, reported the most prevalent species in the study area [22, 25, 34, 48, 50, 51, 58, 72, 78, 81, 84, 85, 101–104, 108, 118, 119] (Table 2).

Duration of the lesion prior to enrolment was specified in 46 studies (43.4%). Of these, 37 (80.4%) published after 2001 limited eligibility to patients whose lesions had appeared between 2 weeks and one year prior to screening, and in 18 (39.1%) studies, this time was 3 months; conversely, three studies (6.5%) required a minimum duration of 1 [52], 3 [89] and 4 [44] months; another two studies (4.3%) required the lesions to have appeared within 2 weeks to 3 months [73] and 1–3 months [59] (Table 2).

Size of the lesion(s) was defined in 28.3% of studies (n = 30) using the mean diameters (n = 23) 76.7% and surface area (n = 7) 23.3%; 53.3% of these (n = 16) accepted lesions 3–5 cm in diameter (Table 2).

Type of lesions was considered in 13.2% (n = 14) of studies; all included ulcerated lesions, but while nine (64.3%) also allowed all other types of lesions, five (35.7%) restricted inclusions to ulcers. Of note, one study limited enrolment to ulcerated lesions for only one of the two topical treatment groups (local application of liquid solution composed of thioxolone and 3 mg benzoxonium chloride + cryotherapy) (Table 2) [93].

Number of lesions was defined in 46.2% (n = 49) of studies, ranging from 1 to 20; 79.6% (n = 39) allowed participants with no more than five lesions, and one
## Table 2 Inclusion criteria reported in reviewed studies

| Criteria (Categories) | Pre-CONSORT 2001 (28 studies) | Post-CONSORT 2001 (78 studies) |
|-----------------------|--------------------------------|--------------------------------|
| **Sex (100/106 (94.3))** |                                |                                |
| Both                  | 2300/2510 (91.6) [18, 19, 22, 23, 26–40, 100, 101, 108–110] | 7698/9011 (85.4) [20, 21, 24, 25, 41–99, 102–107] |
| Only men              | 164/2510 (6.5) [111, 112] | 979/9011 (10.9) [113–117] |
| Inferred from         | 46/2510 (1.8) [118] | 334/9011 (3.7) [119–122] |
| **Age 73/106 (68.9%)** |                                |                                |
| From preschool-age children (2–5 years) | 347/1774 (19.6) [22, 39] | 1919/6112 (31.4) [20, 21, 41, 49, 58, 60, 63, 77, 82, 84, 89, 90, 93] |
| From school-age children (6–12 years) | –– | 539/6112 (8.8) [56, 59, 65, 78, 79, 85, 119] |
| From Adolescents (13–17 years) | 33/1774 (1.9) [19] | 616/6112 (10.1) [57, 61, 71, 95, 102] |
| ≥18 years             | 20/1774 (1.1) [27] | 381/6112 (6.2) [51, 55, 87] |
| <18 years             | 136/1774 (7.7) [38] | –– |
| ≤60 years             | 137/1774 (7.7) [32] | –– |
| 2–12 years            | –– | 116/6112 (1.9) [81] |
| 2–60 years            | 115/1774 (6.5) [23] | 80/6112 (1.3) [94] |
| 2–65 years            | –– | 90/6112 (1.5) [66] |
| 5–50 years            | –– | 60/6112 (1) [75] |
| 5–60 years            | –– | 120/6112 (2) [44] |
| 5–65 years            | –– | 245/6112 (4) [52, 74, 98] |
| 5–75 years            | –– | 170/6112 (2.8) [25, 54] |
| 6–60 years            | 182/1774 (10.3) [31] | 165/6112 (2.7) [88] |
| 6–65 years            | –– | 60/6112 (1) [91] |
| 6–75 years            | –– | 375/6112 (6.1) [24] |
| 7–60 years            | 127/1774 (7.2) [101] | 225/6112 (3.7) [69, 80] |
| 7–70 years            | –– | 214/6112 (3.5) [106, 107] |
| 8–88 years            | 63/1774 (3.6) [36] | –– |
| 10–30 years           | 20/1774 (1.1) [34] | –– |
| 10–60 years           | 76/1774 (4.3) [37] | –– |
| 12–45 years           | 44/1774 (2.5) [28, 123] | –– |
| 12–60 years           | 62/1774 (3.5) [26] | 474/6112 (7.8) [46, 48, 83, 104] |
| 14–65 years           | –– | 127/6112 (2.1) [43, 86] |
| 15–40 years           | –– | 36/6112 (0.6) [67] |
| 15–50 years           | –– | 20/6112 (0.3) [45] |
| 18–60 years           | 242/1774 (13.6) [33, 112] | 80/6112 (1.3) [103] |
| Very young children for whom no local injection was attempted | | |
| Children              | 104/1774 (5.9) [40] | –– |
| **Diagnosis 105/106 (99.1)** |                                |                                |
| Parasitological       | 66/1774 (3.7) [18] | –– |
| Parasitological + clinical and epidemiological consistency | 2191/2520 (86.9) [18, 19, 22, 23, 26–34, 36–38, 40, 100, 108–112] | 8432/8951 (94.2) [20, 21, 24, 25, 41, 42, 44–63, 65–69, 71–74, 76–97, 99, 102, 104–107, 113–120, 122] |

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### Table 2 (Continued)

| Criteria (Criteria) | Pre-CONSORT 2001 (28 studies) | Post-CONSORT 2001 (78 studies) |
|--------------------|-------------------------------|---------------------------------|
| Species identification | 20/106 (18.9) | 714 | 2271 |
| Duration of the lesion prior to enrolment | One month and two weeks | – | – | 200/3164 (6.2) |
| | ≤ 2 months | 20/829 (2.4) | [34] | 72/3164 (2.3) |
| | < 2 months | 2271 | [43] | 90/3164 (2.8) |
| | < 3 months | – | – | 299/3164 (9.5) |
| | ≤ 3 months | 167/829 (20.1) | [30, 40] | 845/3164 (26.7) |
| | ≤ 4 months | 251/829 (30.3) | [22] | 183/3164 (5.8) |
| | ≤ 6 months | 135/829 (16.3) | [23, 27] | 288/3164 (9.1) |
| | ≤ 9 months | 189/829 (22.8) | [26, 101] | 339/3164 (10.7) |
| | ≤ 12 months | 67/829 (8.1) | [100] | – |
| | >1 month | – | – | 75/3164 (2.4) |
| | >2 months | – | – | 60/3164 (1.9) |
| | >3 months | – | – | 238/3164 (7.5) |
| | >4 months | – | – | ≤12 months |
| | >6 months | – | – | 80/3164 (2.5) |
| | >9 months | – | – | 60/3164 (1.9) |
| | ≤6 cm | – | – | 120/3164 (3.8) |
| | ≤5 cm | 191/580 (32.9) | [23, 37] | 375/1422 (26.4) |
| | ≤4 cm | 251/580 (43.3) | [22] | 380/1422 (26.7) |
| | ≤3 cm | – | – | 251/357 (70.3) |
| | ≤2 cm | – | – | 37/2638 (1.4) |
| | ≤1 cm | – | – | 30/2638 (0.9) |
| | ≤0.5 cm | 34/580 (5.9) | [28] | 55/2638 (21) |
| | ≤0.25 cm² | – | – | 140/2638 (5.3) |
| | ≤0.2 cm² | – | – | 45/2638 (1.7) |
| | ≤0.1 cm² | – | – | 65/2638 (2.5) |
| | ≤0.04 cm² | 104/580 (17.9) | [40] | – |
| | ≤1 cm³ –≤5 cm² | – | – | 90/2638 (3.4) |
| | Type of lesions | Only ulcerated | 34/357 (9.5) | [28] | 345/1422 (24.3) |
| | At least one lesion ulcerated | 72/357 (20.2) | [111] | 275/1422 (19.3) |
| | Index lesion ulcerated | – | – | 375/1422 (26.4) |
| | Ulcerated, nodular and/or papular | 251/357 (70.3) | [22] | 380/1422 (26.7) |
| | Ulcerated lesions in a specific treatment group | – | – | 47/1422 (3.3) |
| | Number of lesions | One lesion | 386/1025 (37.7) | [22, 23, 34] | 1256/4786 (26.2) |
| | Up to 2 lesions | – | – | 20/21, 49, 82, 85, 119 |
| | Up to 3 lesions | 101/1025 (9.9) | [28, 100] | 523/4786 (10.9) |
| | Up to 4 lesions | 204/1025 (19.9) | [37, 101] | 214/4786 (4.5) |
| | Up to 5 lesions | 158/1025 (15.4) | [26, 35] | 338/4786 (7.1) |
| | ≥1 cm² –≤5 cm² | – | – | 1567/4786 (32.7) |
required at least 6 [40]. One study restricted inclusion to patients with ‘very few’ lesions [30] (Table 2).

### Exclusion criteria

Anatomical location was restricted in 29 studies (27.4%), 75.8% (n = 22) of which excluded cases with facial lesions (close to or on the nose, eyes, lips and/or ears) (Table 3).

Pregnant and lactating women were excluded in 74 of the 100 studies that enrolled both men and women, of which 30 (40.5%) evaluated systemic therapies, 28 (37.8%) evaluated local therapies, 15 (20.3%) included both routes of administration, and one study did not specify the route of administration; six required contraception for inclusion of women of childbearing age, and of these, four evaluated systemic therapies, one topical and one both routes of administration (Table 3).

Fifteen studies (14.2%) excluded patients with a previous history of CL (Table 3); 72 studies (67.9%) considered eligible patients who had received previous treatment for CL, while 41 (56.9%) excluded them (Table 3).

Altered laboratory values and ECG were exclusion criteria in 54 (50.9%, of which 22 (40.7%) specified haematology, liver and renal functions) and 15 (14.2%) studies, respectively. All studies that included ECG had antimonial treatment in at least one arm (Table 3).

Other exclusion criteria such as mucosal involvement, known hypersensitivity to the drugs used in the study, severe underlying disease and/or different clinical manifestations of CL were applied in 55.7% of the studies.

### Treatment outcome assessment

Table 4 presents follow-up times and outcome measures according to the categories reported in the different studies and according to whether they had been conducted before or after the publication of the CONSORT statement.

Follow-up time (reported in 105 studies) ranged from 1 to 24 months, counting from either the beginning or the end of treatment. Overall, 6 months was the most common duration, adopted in 32 studies (30.5%), of which 65.6% from the end of treatment; 50% of the studies conducted after 2001. Only one study did not report duration of follow-up [67] (Table 4a).

In terms of efficacy outcomes, 15 studies (14.2%) specifically defined initial cure, and 96 (90.6%) defined final cure (Table 4b). Although complete re-epithelisation of the ulcer was the definition of 'cure' in 100% and 86.5% of the studies which included initial and definitive cure, respectively, additional criteria were variably present, including absence of active lesion, negative parasitology, ‘complete improvement’ (lesions flattened, no induration, epidermal creases) and/or reversible hypopigmentation. In 11 studies (11.6%), definitive cure was defined as re-epithelisation >60% [30, 40, 92, 99, 120], >75% [72, 83, 94, 104], >80% [97] or >90% [19] (Table 4c). For all the studies including nodular and papular lesions, cure was defined as resolution and flattening of the lesion.

### CONSORT guidelines

Of the 78 studies (73.6%) published after 2001, 62 (80%) appear to follow the CONSORT guidelines on reporting on methods for assigning patients to treatment, explanation of rationale, eligibility criteria, interventions, statistical methods. Though not included in the CONSORT statement, we analysed articles for reporting on ethics and found that 95% of studies did so (Tables 5 and Fig 4).
| Criteria (# Studies/Total (%)) | Categories¹ | Pre-CONSORT 2001 (28 studies) | Post-CONSORT 2001 (78 studies) |
|-------------------------------|-------------|-----------------------------|--------------------------------|
|                               |             | Sample size/Total studied    | Reference                       |
|                               |             | (%)                         |                                 |
| Anatomical location²          |             |                             |                                 |
| 29/106 (27.4)                 | Ears        | –                          | –                               |
|                               | Face        | –                          | [100]                           |
|                               | Near eyes (~2 cm) | –                  | [31]                           |
|                               | Near lips (~2 cm) | –                     |                                 |
|                               | Near nose (~2 cm) | –                     |                                 |
|                               | Near joints | –                          |                                 |
|                               | Near mucosae | –                          | [31, 32]                       |
|                               | Vital organs | –                          |                                 |
|                               | Urogenital orifices | –                   |                                 |
|                               | Lesions in 2 or more anatomical locations | – |                                 |
|                               |             |                             |                                 |
| Pregnant and/or lactating women 74/100 (74) | Excluded | 1403 | [19, 22, 23, 28, 29, 31, 32, 34–36, 38, 39, 101, 108, 109] |
| Women of childbearing age 9/100 (9) | Yes | 20 | [27] |
|                               | Yes, but with contraception | – | – |
| Previous history of CL 15/106 (14.2) | Yes | 622 | [22, 30, 40, 100, 101] |
| Previous treatment 72/106 (67.9) | Yes³ | – | – |
|                               | No | 370/1110 (33.3) | [27, 28, 37, 38, 40] |
|                               | No, last month | 72/1110 (6.5) | [111] |
|                               | No, last 2 months | – | – |
|                               | No, last 3 months | – | – |
|                               | No, last 6 months | 668/110 (60.2) | [31, 32, 36, 100, 101, 112] |
| Altered laboratory values 54/106 (50.9) | Haematologic + renal + liver + pancreatic function | – | – |
|                               | Haematologic + renal + liver function | 904/1559 (58) | [22, 23, 31, 35, 39, 111, 112] |
|                               | Haematologic + renal function | – | – |
|                               | Haematologic + liver function | 186/1559 (11.9) | [27, 110, 118] |
|                               | Renal + liver function | 163/1559 (10.5) | [26, 28, 100] |
|                               | Renal, liver and pancreatic function | 63/1559 (4) | [36] |
|                               | Renal function | – | – |

¹ Categories
² Exclusion criteria reported in reviewed studies
³ Yes or No
Discussion

This systematic review provides an overview of how participants were selected and treatment effects were assessed in therapeutic trials of OWCL and NWCL published between 1991 and 2015. Overall, we found 106 trials, which enrolled 11,531 participants in 243 treatment groups. These studies were conducted in 24 countries, which correspond to approximately one-fourth of the countries endemic for CL worldwide [1, 3], being collectively responsible for one-third of the global estimated current burden of CL [124].

This landscape analysis scrutinises the range of criteria used by investigators to select participants and to assess how treatment works in order to account more accurately for the main sources of the heterogeneity in trial outcomes reported by previous systematic reviews [12]. Inconsistent methodologies have been identified as the reason why CL treatment guidelines are based on weak evidence. The present review includes 61% [12], 47% [8] and 80% [11] of papers included in previous reviews, and 53 more.

Drawing generalisable conclusions and making treatment recommendations is no easy task, as CL is not just one disease. The paucity and fragmentation of information make this task all the more difficult. Not counting 38 articles that could not be recovered, just over 100 trials and 11,000 patients studied in almost a quarter of a century is not much for a disease that would have affected some 25 million people during that period. To this must be added the complexity of this disease in terms of the causative Leishmania species and the resulting differences in the natural history and evolution of disease, as well as response to treatment. Here, 68 and 38 were on OWCL and NWCL, respectively, and the causative species was identified in less than one-fifth of the studies (12 NWCL and eight OWCL). Also, 30 treatments were tested in 243 treatment groups (115 systemic, 88 topical and 31 combined; unknown or untreated for the remaining 9). Together, these elements explain the fragmentation of the evidence produced by these studies and the resulting paucity of effective treatments that can be recommended for use with enough confidence that they will work.

The CONSORT statement introduced a set of criteria aimed at improving the quality of clinical research reports [15–17]. As approximately two-thirds of both studies and participants were from articles published after 2001, one would expect quality to have improved since. Of note, half of the studies were conducted by 2006 and half of the participants recruited by 2010, meaning that they tend to concentrate in more recent years.
Table 4 Follow-up time and outcome measure

(a) Duration of follow-up

| Time       | Start | End | NR | From cure | Total |
|------------|-------|-----|----|-----------|-------|
| 4 weeks    | 2     | 6   | –  | –         | 8     |
| 5 weeks    | –     | 1   | –  | –         | 1     |
| 6 weeks    | 2     | 3   | 1  | –         | 6     |
| 8 weeks    | 1     | 3   | 3  | –         | 7     |
| 9 weeks    | –     | 1   | –  | –         | 1     |
| 10 weeks   | 1     | –   | –  | –         | 1     |
| 3 months   | 4     | 10  | 1  | –         | 15    |
| 100 days   | –     | 1   | –  | –         | 1     |
| 105 days   | 2     | 1   | –  | –         | 3     |
| 110 days   | 2     | –   | –  | –         | 2     |
| 4 months   | 2     | 1   | 2  | –         | 5     |
| 5 months   | –     | 1   | –  | –         | 1     |
| 6 months   | 6     | 23  | –  | 3         | 32    |
| 168 days   | 1     | 1   | –  | –         | 2     |
| 12 months  | 4     | 12  | 1  | –         | 17    |
| 18 months  | –     | 1   | –  | 1         | 2     |
| 24 months  | –     | 1   | –  | –         | 1     |
| Total      | 27    | 66  | 8  | 4         | 105   |

(b) Outcome definitions

| Outcome                                                                 | Initial cure | Final cure |
|------------------------------------------------------------------------|--------------|------------|
| Complete re-epithelisation                                             | 4            | 15         |
| Complete re-epithelisation WITHOUT any activity signs                   | 10           | 26         |
| Complete re-epithelisation WITHOUT relapse                             | –            | 9          |
| Complete re-epithelisation WITHOUT any activity signs + negative parasitology test | –            | 6          |
| Complete re-epithelisation AND negative parasitology test              | –            | 7          |
| Complete re-epithelisation OR clinical improvement                      | 1            | 3          |
| Complete re-epithelisation OR clinical improvement + negative parasitology test | –            | 2          |
| Complete re-epithelisation WITH reversible hypopigmentation            | –            | 3          |
| Initial cure WITHOUT relapse                                           | NA           | 11         |
| Initial cure WITHOUT appearance of new lesions                         | NA           | 1          |
| Clinical improvement                                                   | –            | 7          |
| Clinical improvement AND negative parasitology test                    | –            | 6          |
| Total                                                                  | 15           | 96         |
### Table 4 (Continued)

(c) Outcome measure reported in reviewed studies

| Criteria (# studies/ Total (%)) | Categories | Before CONSORT statement (28 studies) | After CONSORT statement (78 studies) |
|--------------------------------|------------|--------------------------------------|--------------------------------------|
| Follow-up time 105/106 (99.1) | 4 weeks    | From beginning of treatment 67/2520 (2.7) [100] | 37/8975 (0.4) [51] |
|                                |            | From end of treatment 304/2520 (12.1) [18, 29, 110, 118] | 222/8975 (2.5) [41, 121] |
|                                | 5 weeks    | From end of treatment – – | 72/8975 (0.8) [46] |
|                                | 6 weeks    | From beginning of treatment – – | 170/8975 (1.9) [50, 71] |
|                                |            | From end of treatment 63/2520 (2.5) [30] | 125/8975 (1.4) [76, 92] |
|                                |            | Not specified 104/2520 (4.3) [40] | – – |
|                                | 8 weeks    | From beginning of treatment – – | 160/8975 (1.8) [96] |
|                                |            | From end of treatment 96/2520 (3.8) [35] | 131/8975 (1.5) [20, 78] |
|                                |            | Not specified – – | 161/8975 (1.8) [80, 99, 122] |
|                                | 9 weeks    | From end of treatment 10/2520 (0.4) [123] | – – |
|                                | 10 weeks   | From beginning of treatment 137/2520 (5.4) [32] | – – |
|                                | 3 months   | From beginning of treatment – – | 425/8975 (4.7) [65, 79, 89, 107] |
|                                |            | From end of treatment 20/2520 (0.8) [27] | 831/8975 (9.3) [48, 53–55, 74, 91, 94, 95, 98] |
|                                | 4 months   | Not specified – – | 30/8975 (0.3) [56] |
|                                |            | From beginning of treatment – – | 356/8975 (4) [69, 88] |
|                                |            | From end of treatment – – | 119/8975 (1.3) [104] |
|                                |            | Not specified – – | 139/8975 (1.5) [58, 106] |
|                                | 5 months   | From end of treatment – – | 83/8975 (0.9) [83] |
|                                | 6 months   | From beginning of treatment 92/2520 (3.7) [34, 111] | 338/8975 (3.8) [25, 81, 113, 119] |
|                                |            | From beginning of treatment 129/2520 (5.1) [19, 39] | 2969/8975 (33.1) [59–61, 63, 64, 66, 70, 72, 73, 75, 82, 85–87, 93, 103, 105, 114–117] |
| After cure                     |            | – – | 614/8975 (6.8) [90, 97, 120] |
| 12 months                      | From beginning of treatment 170/2520 (6.7) [28, 38] | 140/8975 (1.6) [44, 45] |
|                                | From end of treatment 710/2520 (28.2) [31, 33, 37, 108, 109, 112] | 491/8975 (5.5) [42, 43, 47, 52, 57, 102] |
| No specified                   |            | 62/2520 (2.5) [26] | – – |
| 18 months                      | From end of treatment – – | 100/8975 (1.1) [77] |
|                                | After cure  – – | 154/8975 (1.7) [68] |
| 24 months                      | From end of treatment – – | 56/8975 (0.6) [62] |
| 100 days                       | From beginning of treatment – – | 431/8975 (4.8) [49] |
| 105 days                       | From beginning of treatment 366/2520 (14.5) [22, 23] | 216975 (2.4) [21] |
| 110 days                       | From beginning of treatment 190/2520 (7.5) [36, 101] | – – |
### (c) Outcome measure reported in reviewed studies

| Criteria (# studies/Total (%)) | Categories | Before CONSORT statement (28 studies) | After CONSORT statement (78 studies) |
|-------------------------------|-----------|----------------------------------------|---------------------------------------|
| 168 days                      | From beginning of treatment | – | – |
|                               | From end of treatment | – | – |
| Initial cure (15/106 (14.2))  | Complete re-epithelisation | 178/650 (27.4) [23, 36] | 375/8975 (4.2) [24] |
|                               | 1.5 months after treatment | 150/650 (23.1) [33] | 30/8975 (0.3) [84] |
|                               | 2 months after treatment, without activity signs | – | – |
|                               | 3 months after treatment | 110/650 (16.9) [108] | – |
|                               | 3 months after treatment without signs | – | – |
|                               | 1 month after treatment or clinical improvement with scar 10 weeks after end of treatment | – | – |
|                               | 13 weeks from treatment start without activity signs | 212/650 (32.6) [37, 38] | 116/1718 (6.8) [81] |
| Final cure (96/106 (90.6))    | Complete re-epithelisation | 20/2217 (0.9) [34] | 2479/9791 (25.3) [41, 42, 45, 48, 54, 62, 63, 68, 71, 77, 85, 90, 103] |
|                               | Complete re-epithelisation | 778/2217 (35.1) [18, 22, 23, 31, 111, 112] | 1653/9791 (1.7) [44, 113] |
|                               | Without activity signs at end of follow-up | 159/2217 (7.2) [36, 39] | 1093/9791 (11.2) [25, 43, 49, 52, 66, 70, 73, 86] |
|                               | Without activity signs | 274/2217 (12.4) [32, 101, 123] | 1593/9791 (16.3) [47, 49, 55, 56, 67, 78, 79, 82, 93, 95, 96, 121] |
|                               | With reversible hypopigmentation | 118/2217 (5.3) [29, 118] | 509/9791 (0.5) [50] |
|                               | With negative parasitology test | 872/2217 (3.9) [27, 100] | 469/9791 (4.8) [59, 88, 91, 98, 107] |
|                               | Without activity signs and negative parasitology test | 100/2217 (4.5) [109] | 3609791 (3.8) [20, 61, 64, 69, 74] |
|                               | 1 week after end of treatment | – | – |
|                               | Or >50% re-epithelisation + negative parasitology test | – | – |
|                               | Or clinical improvement >75% | – | – |
|                               | Or clinical improvement >75% + negative parasitology test | – | – |
|                               | Without activity signs at three months post treatment | – | – |
### Table 4 (Continued)

| Criteria (# studies/Total (%)) | Categories                                                                 | Before CONSORT statement (28 studies) | After CONSORT statement (78 studies) |
|-------------------------------|-----------------------------------------------------------------------------|---------------------------------------|--------------------------------------|
|                               | Sample Size/Total studied 2520 (%) Reference                                | Sample Size/Total studied 9011 (%) Reference |
| Initial cure                  | Or >50% reduction of induration and ulceration vs. previous visit            | – 324/9791 (3.3) [87]                | 324/9791 (3.3) [87]                |
|                               | Marked reduction of induration with or without scar                         | – 72/9791 (0.7) [46]                | 72/9791 (0.7) [46]                |
|                               | Before day 75 after treatment start                                          | – 87/9791 (0.9) [119]               | 87/9791 (0.9) [119]               |
|                               | Without relapse                                                             | 472/2217 (21.3) [33, 37, 38, 108]    | 417/9704 (14.6) [24, 66, 84, 114–116] |
|                               | Without appearance of new lesions                                           | – 116/9704 (1.2) [81]              | 116/9704 (1.2) [81]              |
| Decrease in induration size   | >75%                                                                        | – 190/9704 (2) [72, 94]             | 190/9704 (2) [72, 94]             |
|                               | No activity signs and epidermal creases appeared                            | – 180/9704 (1.9) [53, 60]           | 180/9704 (1.9) [53, 60]           |
|                               | >75% reduction at 8 week compared with baseline                            | – 202/9704 (2.1) [83, 104]          | 202/9704 (2.1) [83, 104]          |
|                               | >90% improvement and negative parasitology test                            | 332217 (1.5) [19]                   | 444/9704 (4.6) [97]              |
|                               | >80% improvement and negative parasitology test                            | – 444/9704 (4.6) [97]              | 444/9704 (4.6) [97]              |
|                               | >60% improvement and negative parasitology test                            | 1762217 (7.9) [30, 40]              | 100/9704 (1.0) [99, 120]          |
|                               | >60% improvement                                                            | – 25/9704 (0.3) [92]               | 25/9704 (0.3) [92]               |
Quality in reporting clinical trials has increased over time; the temporal analysis of adherence to the CONSORT statement, regarding its first (2001) [15–17] and second (2010) [125] version, shows an increase in the reporting on most criteria such as patient allocation, sample size calculation, treatment allocation and ancillary analysis. In addition, approximately two-thirds and one-third of the papers, respectively, were structured with clear sections and subsections for materials and methods (ethical statement, design, participants, treatments, etc.) and results (baseline data, efficacy, safety outcomes, etc.).

Despite this positive trend, overall we found that studies adopted a range of eligibility criteria and outcome measures and that basic requirements in the definitions were not always present or varied across the studies. As for demographics, the admissible age was specified in just over two-thirds of the studies, in which varying age ranges were defined; the proportion of children enrolled increased after 2001; 94% of studies specified the sex of participants. Equal opportunities were offered to both genders in 95% of cases, limited to non-pregnant, non-lactating women in 74% of these.

Reassuringly, parasitological confirmation was required in all studies but one. However, there were inconsistencies as to elements related to the natural history of disease which would affect response to treatment [4].

Table 5 Compliance to CONSORT statement

| CONSORT period | Overall 2002–2015 | Period 1 2002–2010 | Period 2 2011–2015 | Difference % period 2–% Period 1 |
|----------------|-------------------|-------------------|-------------------|----------------------------------|
| Criteria       | (# studies)       | (# studies)       | (# studies)       |                                  |
| Patient allocation (title) | 41 (32) | 39.5 (17) | 42.9 (15) | 3.3 |
| Patient allocation (abstract) | 85.9 (67) | 81.4 (35) | 91.4 (32) | 10 |
| Abstract structured | NA | NA | 71.4 (25) | NA |
| Scientific background | 100 (78) | 100 (43) | 100 (35) | 0 |
| Explanation of rationale | 93.6 (73) | 90.7 (39) | 97.1 (34) | 6.4 |
| Trial design | NA | NA | 68.6 (24) | NA |
| Participants (eligibility criteria, setting and location) | 96.2 (75) | 95.3 (41) | 97.1 (34) | 1.8 |
| Interventions | 100 (78) | 100 (43) | 100 (35) | – |
| Objectives/hypotheses | NA | 4.7 (2) | NA | NA |
| Outcome | 97.4 (76) | 97.7 (42) | 97.1 (34) | –0.5 |
| Sample size | 46.2 (36) | 39.5 (17) | 54.3 (19) | 14.8 |
| Randomisation sequence generation | 37.2 (29) | 32.6 (14) | 42.9 (15) | 10.3 |
| Randomisation sequence allocation/concealment | 23.1 (18) | 20.9 (9) | 25.7 (9) | 4.8 |
| Randomisation implementation | 25.6 (20) | 16.3 (7) | 37.1 (13) | 20.9 |
| Blinding | 73.1 (57) | 74.4 (32) | 71.4 (25) | –3.0 |
| Statistical methods | 88.5 (69) | 88.4 (38) | 88.6 (31) | 0.2 |
| Flow diagram | 33.9 (28) | 32.6 (14) | 40 (14) | 7.4 |
| Recruitment | 75.6 (59) | 62.8 (27) | 91.4 (32) | 28.6 |
| Baseline data | 94.9 (74) | 97.7 (42) | 91.4 (32) | –6.3 |
| # patients analysed | 56.4 (44) | 51.2 (22) | 62.9 (22) | 11.7 |
| Outcomes and estimation | 97.4 (76) | 97.7 (42) | 97.1 (34) | –0.5 |
| Ancillary analyses | 33.3 (26) | 14 (6) | 57.1 (20) | 43.2 |
| Safety | 75.6 (59) | 74.4 (32) | 77.1 (27) | 2.7 |
| Additional analysis |                         |                   |                   |                                |
| Criteria       | (# studies)       | (# studies)       | (# studies)       |                                  |
| Methods section structured | 65.4 (51) | 65.1 (28) | 65.7 (23) | 0.6 |
| Results section structured | 29.5 (23) | 25.6 (11) | 34.3 (12) | 8.7 |
| Ethics aspects | 94.9 (74) | 90.7 (39) | 100 (35) | 9.3 |
under half of studies, mostly published after 2001. This parameter is important with respect, on the one hand, to the tendency of forms like those caused by *L. major* and *L. mexicana* to self-heal over a certain period of time [126, 127], and on the other hand, to the severity, size and number of lesions, which could increase with time in non-self-healing species.

It is also very difficult to compare studies in terms of lesion characterisation, as only 13% defined the type of lesion, 28% their size and 46% their number – the latter would be expected to determine also the choice of the route of administration (systemic or topical). It is estimated that in general, 90% of cases present with fewer than five lesions [128].

When comparing the eligibility and outcome criteria found in this review with those proposed by Olliaro *et al.* 2013 [14], we found only partial consistency. Entry criteria taken into account in most of the trials were as follows: demographic characteristics (age and sex), parasitological confirmation, and exclusion of pregnant and lactating women as well as patients who had already been treated for the ongoing episode of CL, those with lesions close to mucous membranes and/or on the face, those with hypersensitivity to study drug and those with different clinical manifestations to CL. Other, yet important, criteria that were considered only in a minority of studies were as follows: parasite species identification, previous duration, type, number, location and size of lesions, which were present only in 19%, 43%, 13%, 46%, 27% and 28% of the studies, respectively. Concerning outcome measures, the definition of the primary outcome was described in 90% of studies; for
approximately three-quarters of these, the assessment of cure was based on clinical evaluation (complete re-epithelialisation) as in the guidance document [14]. However, it is difficult to provide a more accurate comparison also because the phase of clinical experimentation (whether pre-registration phases 2 and 3, or post-registration phase 4) was rarely reported in the published papers.

In summary, this study provides further evidence of the variable quality of treatment trials in CL; it explores the granularity of the methods and results sections of papers over a 15-year period, and assesses the adequacy of reporting before and after the publication of the CONSORT statement and its subsequent update. Lack of standardisation, compounded with the small number of trials relative to the magnitude of the disease in its multiple forms, and with the range of treatments tested explains why evidence to inform treatment guidelines is generally weak for CL. While improvements have occurred in the quality of reporting, much remains to be done in adhering to standardised methodologies.

Solving the problem of cutaneous leishmaniasis treatment requires both development of therapeutic alternatives and improvements in the quality of evidence. Standardisation of clinical trial methods for the evaluation of CL is necessary to determine effectiveness and safety, to compare studies and strength of the evidence, and ultimately lead to better treatment outcomes.

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