Fast Na ion transport triggered by rapid ion exchange on local length scales

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The realization of green and economically friendly energy storage systems needs materials with outstanding properties. Future batteries based on Na as an abundant element take advantage of non-flammable ceramic electrolytes with very high conductivities. Na2Zr2(SiO4)2PO4-type superionic conductors are expected to pave the way for inherently safe and sustainable all-solid-state batteries. So far, only little information has been extracted from spectroscopic measurements to clarify the origins of fast ionic hopping on the atomic length scale. Here we combined broadband conductivity spectroscopy and nuclear magnetic resonance (NMR) relaxation to study Na ion dynamics from the µm to the angstrom length scale. Spin-lattice relaxation NMR revealed a very fast Na ion exchange process in Na3Sc0.4Zr1.6(SiO4)2PO4, that is characterized by an unprecedentedly high self-diffusion coefficient of 9 × 10−10 m²s⁻¹ at −10 °C. Thus, well below ambient temperature the Na ions have access to elementary diffusion processes with a mean residence time τNMR of only 2 ns. The underlying asymmetric diffusion-induced NMR rate peak and the corresponding conductivity isotherms measured in the MHz range reveal correlated ionic motion. Obviously, local but extremely rapid Na⁺ jumps, involving especially the transition sites in Sc-NZSP, trigger long-range ion transport and push ionic conductivity up to 2 mS/cm at room temperature.

In the search of safe and long-lasting energy storage systems all-solid-state batteries entered the spotlight of research. One of the major outstanding challenges is to develop stable electrolytes with extraordinarily high ion conductivities at ambient conditions. Since no flammable liquids are used in such batteries they are regarded as inherently safe and might easily withstand high operation temperatures. In recent years, we witnessed the discovery of a couple of very fast and promising Li⁺ ion conductors. The market availability of Li might, however, narrow the widespread realization of large scale stationary applications. Sustainable batteries with Na⁺ as ionic charge carrier do not carry this risk as Na is abundantly available in the earth’s crust. The cost-effective realization of environmentally benign ceramic batteries, however, will need solid electrolytes with extremely high ionic conductivity to compete with the much faster dynamic processes in the liquid state.

Although moderate to very fast ion conducting Na compounds have so far been frequently presented, ion dynamics in non-sulfidic, i.e., air-insensitive, Na⁺ electrolytes with extremely high ion conductivities exceeding 1 mS/cm at room temperature have, apart from the well-known Na-Li⁺-alumina, only very rarely been characterized in detail. Here we present an in-depth study to explore the roots of extremely rapid 3D ion dynamics in Na3Sc0.4Zr1.6(SiO4)2PO4 (Sc-NZSP), which was prepared via a wet-chemical route. The parent compound Na2Zr2(SiO4)2PO4 (NZSP), following the pioneering work of Hong and Goodenough, served as benchmark. It has been shown recently that substitution of Zr by Sc in NZSP leads to an increase of ionic conductivity. For the reason of charge compensation, the replacement of parts of Zr ions with an equimolar amount of Sc ions increases the number density of (mobile) Na ions. Sc-NZSP indeed exhibited Na ion bulk conductivities of 2 mS/cm at room temperature with activation energies ranging from 0.13 eV to 0.31 eV. Although in the Sc-free compound Na²⁺ was somewhat lower (1 mS/cm) the grain-boundaries in NZSP turned out to be much narrower.

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less blocking for the Na\(^+\) ions. This feature ensured facile ion transport over distances in the \(\mu\)m range. Such long-range ion transport is above all the most important property for any battery application\(^{13,17}\).

It is beyond any doubt that reporting such high conductivities\(^{4-8,10,15-28}\), especially for sodium-based batteries\(^{19-21,29,30}\), is of enormous importance. Understanding their roots, preferably with the help of theory\(^{10,12}\), is also crucial and would enable us to safely control their dynamic properties. Yet, for many materials, however, there is still no complete picture available consistently describing the interrelation of the elementary steps of hopping with long-range ion transport. In many cases, it is not even clear which charge carrier and dynamic processes are responsible for the high conductivities reported. Such features cannot be probed by conductivity measurements alone. Instead, one should use complementary techniques that can observe dynamics over wide scales in time and length\(^{31-33}\). In this study, we combined time-domain nuclear magnetic resonance (NMR) spectroscopy with broadband conductivity spectroscopy to quantify short-range as well as long-range Na\(^+\) ion diffusivities. Using only NMR spin-lattice relaxometry working at atomic scale\(^{36,37}\) we managed to get a sneak peek at the very rapid exchange processes the Na ions are performing at temperatures very well below ambient. The data collected provide a first experimental rationale for the very high ionic conductivity observed in NZSP-type compounds.

Since our impedance measurements covered a dynamic range of more than ten decades they allowed us (i) to separate the bulk from grain boundary (g.b.) response at temperatures where batteries are usually operated and (ii) to directly compare electric relaxations with magnetic spin relaxation which was measured in the kHz and GHz range, respectively. Here, NMR relaxometry confirmed the extraordinarily high conductivity of Na\(_3\)Sc\(_{0.4}\)Zr\(_{1.6}\)(SiO\(_4\))\(_2\)PO\(_4\) and, furthermore, pointed to a distribution of activation energies including values as low as 0.13 eV and 0.16 eV. Hence, the ions are subjected not to a single but to various dynamic processes being stepwise activated with temperature or running in parallel. To our knowledge, this dynamic performance, although Na\(^+\) ions are of course larger and therefore perhaps those of the best Li oxides currently discussed as ceramic electrolytes\(^{2,38}\), is of enormous importance. Understanding their roots, preferably with the help of theory\(^{31,32}\), is also crucial and would enable us to safely control their dynamic properties. Yet, for many materials, however, there is still no complete picture available consistently describing the interrelation of the elementary steps of hopping with long-range ion transport. In many cases, it is not even clear which charge carrier and dynamic processes are responsible for the high conductivities reported. Such features cannot be probed by conductivity measurements alone. Instead, one should use complementary techniques that can observe dynamics over wide scales in time and length\(^{31-33}\). In this study, we combined time-domain nuclear magnetic resonance (NMR) spectroscopy with broadband conductivity spectroscopy to quantify short-range as well as long-range Na\(^+\) ion diffusivities. Using only NMR spin-lattice relaxometry working at atomic scale\(^{36,37}\) we managed to get a sneak peek at the very rapid exchange processes the Na ions are performing at temperatures very well below ambient. The data collected provide a first experimental rationale for the very high ionic conductivity observed in NZSP-type compounds.

Results and Discussion

Na\(_{3}\)Sc\(_{0.4}\)Zr\(_{1.6}\)(SiO\(_4\))\(_2\)PO\(_4\) is reported to crystallize with monoclinic symmetry (space group C2/c, see the views along different crystallographic axes in Fig. 1a-c. In the monoclinic form of NZSP the Na\(^+\) ions occupy three crystallographically inequivalent sites 4d, 4e, and 8f, which are partially occupied. The large fraction of vacant Na sites and the favourable connection of their polyhedra ensure rapid exchange of the Na\(^+\) ions as discussed in literature\(^{22,40}\). The preparation and characterisation of the samples studied here (NZSP and Sc-NZSP) has already been described elsewhere\(^{41,42}\). The characterisation also includes analyses by X-ray powder diffraction and differential scanning measurements.

Electrical conductivity: bulk vs. grain boundary responses. We used a sintered Sc-NZSP pellet (1.1 mm in thickness and 7 mm in diameter) equipped with sputtered ion-blocking electrodes of gold to ensure electrical contact for our conductivity and impedance measurements, see Fig. 1d-g. Conductivity isotherms for our conductivity and impedance measurements, see Fig. 1d-g. Conductivity isotherms showing the real part \(\sigma\) of the complex conductivity as a function of frequency \(\nu\) are displayed in Fig. 1f, see also Figs S1 and S2. As the capacity \(C\) of plateau (A), if simply estimated via \(\omega_{\text{max}}\) max \(\times R\) C = 1, in the MHz range, we attribute the semicircle in the low frequency range to the g.b. response. The spike seen at very low frequencies is attributed to ionic polarisation effects in front of the Na\(^+\) ions, exceeds those of the best Li oxides currently discussed as ceramic electrolytes\(^{2,38}\).

By reading off the conductivities of the plateaus in Fig. 1f, as indicated by the horizontally drawn arrow, we constructed an Arrhenius plot to analyse the temperature dependence of the two
main electrical responses (see Fig. 2) Potentiostatic polarisation measurements, carried out prior to this analysis, ensured that the overall conductivity analysed is solely determined by ionic charge carriers. For this purpose, we used a symmetric Sc-NZSP pellet outfitted with ion blocking Au electrodes, applied a potential of 0.2 V and followed the current I over time t (Fig. 2a). After approximately 5 h a stationary state (I(t) → I∞ = 63(5) pA) is reached in which the concentration gradients are fully developed and the only net charge transport across the material is due to electrons for which the Au contacts do not act as blockade. The final current of 63 pA (Fig. 2a) corresponds to an electronic conductivity of $\sigma_{\text{eon}} = 7.2(6) \times 10^{-8} \text{ mS/cm}$. This value is lower by 7 to 8 orders of magnitude compared to the total conductivity $\sigma'$ measured in the direct current (d.c.) limit $\nu \to 0$, i.e., for plateau (B), see Fig. 1f. Thus, Sc-NZSP must be regarded as a pure ionic conductor with the Na ion transference number $t_{\text{ion}}$ close to 1.

Activation energies and solid-state diffusion coefficients. The total conductivities plotted in Fig. 2b reveal that the overall electric transport in Sc-NZSP is determined by activation energies ranging from 0.29 eV to 0.31 eV (−100 °C to 130 °C). The Arrhenius line of the bulk process shows slight deviations from a perfectly linear behaviour. Such a deviation is even more pronounced for the g.b. response for which we identified several regions with activation energies ranging from 0.32 eV to values as high as 0.47 eV. While for temperatures

Figure 1. Crystal structure and conductivity. (a–c) Crystal structure of monoclinic Na$_3$Zr$_2$(SiO$_4$)$_2$PO$_4$. (d) Frequency dependence of the imaginary part of the complex impedance (−Z″) and the complex modulus (M″) of Sc-NZSP (−100 °C). For comparison, the variation of the real part $\varepsilon'$ of the complex permittivity is also shown. −Z″ and M″ each reveal two maxima which correspond to the grain boundary (g.b., $\varepsilon' = 3 \times 10^3$) and bulk response, respectively; the latter is seen in the high-frequency region, $\varepsilon'$ ranges from 10 to 20. (e) Complex plane plots of the impedance data (−100 °C). The depressed semicircle at high frequencies (left) corresponds to the (overall) bulk response (C$_{\text{bulk}} = 10^7$ pF). The g.b. contribution is characterized by C$_{\text{g.b.}} = 10^3$ pF and a Debye-like non-depressed semicircle with its centre almost on the Z' axis (Fig. S1); piling up of the ions near the blocking electrode, i.e., electrode polarization (EP), is seen as a spike at the lowest frequencies. (f) Conductivity isotherms of Sc-NZSP. The frequency independent regions (A) and (B) represent either the g.b. or the bulk response. The direct current g.b. response directly merges into a linear conductivity-frequency regime, $\sigma \propto \nu$ (slope = 1). The arrow points to $\sigma'$ in order of 10$^{-4}$ S/cm at −40 °C. (g) Nyquist plots recorded at frequencies greater than 10$^6$ Hz. At elevated temperatures the bulk response seems to be composed of at least two semicircles (bulk 1, bulk 2).
lower than $-20^\circ\text{C}$ bulk and g.b. conductivities differ by two orders of magnitude, above $-20^\circ\text{C}$ $\sigma'_{g.b.}$ increased stronger than expected and was thermally activated with 0.47 eV. At temperatures higher than 120 °C the difference between $\sigma'_{\text{bulk}}$ and $\sigma'_{g.b.}$ turned out to be is less than 1 order of magnitude. A ratio $\sigma'_{\text{bulk}}/\sigma'_{g.b.}$ close to 1 is, however, observed for NZSP. At 20 °C the bulk conductivity of Na$_4$Zr$_2$(SiO$_4$)$_2$PO$_4$ is 1.0 mS/cm, for $\sigma'_{g.b.}$ we found 0.7 mS/cm (Fig. 2b, see also Fig. S2 for the corresponding Nyquist plots). A conductivity of 2.0 mS/cm for Sc-NZSP results in a room-temperature solid-state diffusion coefficient $D$ of $2 \times 10^{-12}$ m$^2$/s if we use the Nernst-Einstein equation to estimate $D = \sigma / (\rho N q^2)$ for $\rho$ and $q$ the elementary charge of the Na ions. $N$ refers to the number density of charge carriers. Values for $D$ in the order of $10^{-12}$ m$^2$/s are comparable with the diffusion coefficients of the best ceramic Li ion conductors known today.

$^{23}\text{Na}$ NMR spin-lattice relaxation: Na$^+$ motions on the angstrom scale. To check whether the high Na$^+$ ion mobility seen in electrical measurements for Sc-NZSP is also reflected in NMR relaxation, we carried out variable-temperature $^{23}\text{Na}$ spin-lattice relaxation (SLR) measurements in both the laboratory ($R_1$) and rotating-frame of reference ($R_{1p}$). The sharp diffusion-induced peak of the latter and the shoulder of the $R_1(1/T)$ curve indicate extremely rapid Na ion diffusivity with rates in the order of $\omega_d/2\pi \approx 5 \times 10^8 \text{s}^{-1}$ at $T$ as low as 260 K. Error bars of the data points are smaller than the size of the symbols used. The solid line shows a fit with two BPP-terms to approximate the $R_1$ rates; the dashed-dotted line highlights the asymmetric low-$T$ peak with the activation energies 0.15 eV and 0.27 eV, respectively. The dashed-dotted line drawn through the $R_{1p}$ data points is to guide the eye. Unfilled symbols represent, for comparison, results from analogous measurements on a Li-analogue compound, Li$_{1.5}$Al$_0.5$Ti$_{1.5}$(PO$_4$)$_3$ (LATP), see ref. 49.

**Figure 2.** Electronic conductivity and temperature dependence of $\sigma'$ of Sc-NZSP, $^{23}\text{Na}$ NMR spin-lattice relaxation. (a) Constant voltage (direct current) polarization curve of a sintered Sc-NZSP pellet. The high ionic conductivity translates into a rapid decay of the current at the beginning of the experiment. After a time lapse of sufficient length, the current approaches a value that is solely due to the transport of electrons. (b) Temperature dependence of the bulk and g.b. conductivity of Sc-NZSP ($\sigma_{\text{bulk}}(298 \text{K}) = 2.0 \text{ mS cm}^{-1}$). The results for NZSP free of Sc are also shown ($\sigma'_{\text{bulk}}(298 \text{K}) = 1.0 \text{ mS cm}^{-1}$; $\sigma'_{g.b.}(298 \text{K}) = 0.7 \text{ mS cm}^{-1}$). Filled symbols refer to bulk values, open ones represent the g.b. response. Crosses show conductivities taken from ref. 22. (c) $^{23}\text{Na}$ spin-lattice relaxation rates ($R_1, R_{1p}$) of Sc-NZSP recorded in both the laboratory frame of reference (79 MHz, $R_1$) and the rotating-frame of reference (20 kHz, $R_{1p}$). The solid line shows a fit with two BPP-terms to approximate the $R_1$ rates; the dashed-dotted line highlights the asymmetric low-$T$ peak with the activation energies 0.15 eV and 0.27 eV, respectively. The dashed-dotted line drawn through the $R_{1p}$ data points is to guide the eye. Unfilled symbols represent, for comparison, results from analogous measurements on a Li-analogue compound, Li$_{1.5}$Al$_0.5$Ti$_{1.5}$(PO$_4$)$_3$ (LATP), see ref. 49.
functions (for 3D diffusion) according to a modified version of the model of Bloembergen, Purcell and Pound\cite{31,42}, see Supporting Information and Table S1. Interestingly, the low-\( T \) peak indicates even faster Na ion exchange processes than seen by conductivity spectroscopy. The question of whether it is triggered by a possible phase transformation occurring below room temperature and slightly changing the Na\(^+\) distribution in Sc-NZSP needs to be checked in further studies.

Conductivity measurements are sensitive to successful Na ion displacements in the so-called d.c. limit characterized by the respective \( \sigma_{\text{bulk}} \) plateau (Fig. 11); here the corresponding activation energy is given by \( E_{\alpha,a,c} = 0.29(1) \) eV. The very low activation energy \( E_{\text{NMR}} \) of 0.15 eV (see also ref.\cite{33} for comparison) extracted from the diffusion-induced NMR rate peak \( R_1(1/T) \) seen at lower \( T \) (Fig. 2c) indicates that \( ^{23}\text{Na} \) NMR SLR senses the elementary diffusion processes to which local, correlated motions do also contribute. In general, the low-\( T \) flank of a given NMR rate peak is influenced by correlation effects such as Coulomb interactions and structural disorder. The latter is present also in the form of stress the jumping ions experience while moving in a heterogeneous, irregularly shaped potential landscape\cite{48}. This landscape contains stable as well as transitional states with shorter flank elementary diffusion processes to which local, correlated motions do also contribute. In general, the low-\( T \) flank of the Na compound studied here are shifted toward somewhat higher temperatures, Sc-NZSP can crystallizes with rhombohedral structure and belongs to one the fastest Li-containing phosphates\cite{50}. Although the Sc-free parent compound with a lower number density of Na

\[ \text{Sc}^{3+} + \text{NZSP} \rightarrow \text{Sc}^{2+} + \text{NZSP} \]

an activation energy comparable to \( a,NMR \) of 0.15 eV (see also ref.\cite{43} for comparison) extracted from NMR and conductivity spectroscopy: a comparison. To compare activation energies from conductivity measurements directly with those from NMR relaxometry we need to analyse alternating current (a.c.) conductivity not in the limit \( t \rightarrow 0 \) but in the MHz regime, i.e., on the same time scale where NMR operates. We therefore determined \( \sigma_{\text{bulk}}(\nu) \) at \( \nu = 10 \) MHz. At this frequency, the dispersive parts are seen fully in the temperature range from \(-100 \) °C to \(-50 \) °C, which coincides with that of the low-\( T \) flank of the first \( R_1(1/T) \) peak. A plot of \( \log(\sigma_{\text{bulk}}(10 \text{MHz})T) vs. 1/T \) (see the inset of Fig. 2c) revealed an activation energy \( E_{\alpha,a,c} \) of 0.147(5) eV which is close to that seen by \( ^{23}\text{Na} \) NMR SLR in the same temperature range, \( E_{\alpha,a} = E_{\text{NMR}} \). The ratio \( E_{\alpha,a} = E_{\alpha,a,c} \) turns out to be approximately 1.97. On the other hand, \( \beta_1 = 1/1.97 \approx 0.5 \) is related to the Jonscher power law exponent\cite{49} describing the dispersive regime of \( \sigma_{\text{bulk}}(\nu) \) via the relation \( \beta_1 = 1 - \nu \), see ref.\cite{49}. If NMR and a.c. conductivity spectroscopy are governed by very similar motional correlation functions in the temperature range given above, \( n \approx 0.5 \) should be found. In general, \( \beta_1 \) can be used as a measure to describe the deviation from ideal Debye relaxation that relies on a pure exponential decay function. In the present case, parameterizing the corresponding a.c. isotherms with \( \sigma_{\text{bulk}} \propto \nu^n \) indeed yields \( n = 0.54 \) indicating similarly shaped correlation functions. This similarity does not contradict the finding that \( D_{\text{NMR}} \) is larger than \( D \) from conductivity measurements. A relatively small correlation factor \( f' (\approx 0.1) \) linking the two coefficients via \( D = f' \cdot D_{\text{NMR}} \) see\cite{46} would explain the difference pointing to highly correlated motions in Sc-NZSP. \( f' \) is given by the Haven ratio \( H \) and \( f \). The two factors connect the tracer diffusion coefficient with either the Nernst–Einstein coefficient \( D \) or the self-diffusion coefficient \( D_{\text{NMR}} \) see\cite{48}. Most likely, here \( D_{\text{NMR}} \) is indeed influenced by a huge number of unsuccessful, localized jump processes which are not contained in \( D \) that is sensitive to successful ionic displacements only. These localized motions may, however, stimulate long-range ion transport leading to ionic conductivities exceeding that of the Sc-free parent compound with a lower number density of Na\(^+\) ions.

An activation energy comparable to \( E_{\alpha,a} = 0.29 \) eV is seen in NMR relaxation spectroscopy only if the high-\( T \) flank of the diffusion-induced peak \( R_1(1/T) \) can be reached\cite{48}. In our case the high-\( T \) flank of the spin-lock \( R_1(1/T) \) peak recorded at a locking frequency \( \omega_1/2\pi = 20 \) kHz points to such a value, see Fig. 2c. However, the peak itself shows anomalous behaviour as the low-\( T \) side is characterized by a larger activation energy (0.41 eV) than that on the high-\( T \) flank. While such features might be ascribed to low-dimensional diffusion pathways, here the anomaly is supposedly caused by various superimposing jump processes. A point worth mentioning is that the conductivity spectroscopy in the d.c. limit yields an average activation energy of successful net charge transport over a long length scale. The corresponding activation energies extractable from NMR, particularly those in the low-\( T \) region of the \( R_1(1/T) \) peaks, specify distinct motional processes with activation energies \( E_{\alpha,a,d,c} \) being smaller or even higher than \( E_{\alpha,a,c} \). The modified BPP fits shown in Fig. 2c for the \( R_1(1/T) \) behaviour consistently yield a high-\( T \) activation energy \( E_{\alpha,a,d,c} \) of 0.27 eV being very similar to \( E_{\alpha,a,c} \), see Table S1 for the NMR results. The resulting asymmetry of the peak (see Supporting Information) has been frequently observed to have a distribution of (non-)exponential motional correlation functions. The two activation energies of the peak \( \{E_{\alpha,a,d,c} = 0.15 \) eV and \( E_{\alpha,a,c} = 0.27 \) eV\} are linked to each other via \( E_{\alpha,a,d,c} = (\alpha_{\text{NMR}} - 1)E_{\alpha,a,c} \) yielding \( \alpha_{\text{NMR}} \approx 1.55 \). \( \alpha_{\text{NMR}} = 2 \) would correspond to a quadratic frequency dependence, \( R_1 \propto \omega_1^2 \), on the low-\( T \) side and would indicate uncorrelated, isotropic motion. Furthermore, \( E_{\alpha,a,d,c} \) (and \( E_{\alpha,a,c} \)) is in line with the activation energy if we analyse the characteristic electric relaxation frequencies \( \omega_{\text{NMR}} = \omega_{\text{max}} \) (see Fig. 1d) of the Modulus curves in the MHz to GHz regime. \( 1/\tau_{\text{NMR}} = 5 \times 10^8 \) s\(^{-1} \) agrees perfectly with \( \omega_{\text{max}} /10 \) read off from the \( M' \) peaks, see Fig. S4. Hence, modulus spectroscopy and NMR probe the same time scale and sense the same Na\(^+\) motional correlation function and thus the same ionic exchange process.

For comparison, in Fig. 2c also \( ^{7}\text{Li} \) NMR rates of Nasicon-type \( \text{Li}_3\text{Al}_5\text{Ti}_3\text{PO}_{12} \) (LATP) are shown\cite{49}. LATP crystallizes with rhombohedral structure and belongs to one the fastest Li-containing phosphates\cite{49}. Although the peak positions of the Na compound studied here are shifted toward somewhat higher temperatures, Sc-NZSP can compete with the high Li\(^+\) diffusivity in LATP. As for Sc-NZSP the \(^{7}\text{Li} \) NMR relaxation response of LATP was analysed with a superposition of at least two diffusion-induced relaxation rate peaks\cite{49}. Since the quadrupolar interactions experienced by \(^{7}\text{Li} \) spins are much lower than those in the case of \(^{23}\text{Na} \), the \(^{23}\text{Na} \) rates are shifted toward larger rates. Stretching factors of the underlying \(^{23}\text{Na} \) magnetization transients, see Fig. S3, point to (localized) diffusion-induced quadrupole field fluctuations that cause the recovery of the longitudinal magnetization for Sc-NZSP.
Conclusions

In summary, Na ion dynamics in sol-gel prepared Na$_3$Sc$_{0.4}Zr$_{1.6}(SiO$_4$)$_3$PO$_4$ turned out to be extremely rapid at temperatures around ambient. $^{23}$Na NMR spin-lattice relaxation is governed by complex Na$^{+}$ dynamics as the relaxation rates reveal several diffusion-induced peaks. While short-range Na motion has to be characterized by activation energies ranging from 0.13 to 0.15 eV, long-range ion transport, on the other hand, follows Arrhenius behaviour with 0.29 to 0.31 eV. Facile Na ion exchange results in room-temperature ion conductivities of 2.0 mS/cm for Na$_3$Sc$_{0.4}Zr$_{1.6}(SiO$_4$)$_3$PO$_4$ and 1.0 mS/cm for the parent compound Na$_3$Zr$_3$(SiO$_4$)$_3$PO$_4$ respectively. Such high bulk conductivities correspond to solid-state diffusion coefficients in the order of $2 \times 10^{-12}$ m$^2$/s. Indeed, for Sc-NZSP $^{23}$Na spin-lattice relaxation NMR points to a self-diffusion coefficient of $9 \times 10^{-12}$ m$^2$/s at 21 °C. Evidently, extremely rapid ion jump processes between regular and intermediate positions contribute to this high value. Such rapid movements obviously trigger the successful jump processes among the different crystallographic sites in the 3D framework of the phosphosilicate and facilitate net charge transport over macroscopic distances in Sc-NZSP.

Methods and Experimental Design

Conductivity analysis. Sintered pellets with sputtered or evaporated Au electrodes were used to measure complex conductivities at various temperatures and from 0.1 Hz up to the GHz range with a Novocontrol Concept 80 setup. The setup consists of a broadband analyser (Alpha-AN, Novocontrol), which is connected to a BDS 1200 cell in combination with an active ZGS cell interface (Novocontrol) allowing 2-electrode dielectric measurements. The temperature is automatically controlled by means of a QUATRO cryo-system (Novocontrol) making use of a heating element which builds up a specified pressure in a liquid nitrogen Dewar vessel to create a highly constant N$_2$ gas flow. After being heated by a gas jet, the evaporated N$_2$ flows directly through the sample cell that is mounted in a cryostat. With this setup, temperatures can be set with an accuracy of ±0.01 °C. To reach up to 3 GHz we used an Agilent E4991 A high-frequency analyser connected to a high frequency cell designed by Novocontrol.

Polarisation measurements. For the d.c. polarisation measurement a sintered pellet (0.89 mm thick, 7 mm in diameter) was metallised with Au on both sides by evaporation. The pellet was then mounted in an air-tight 2-electrode Swagelok-type cell and connected to the Parstat MC potentiostat equipped with a low-current option. All the preparation steps, including the metallisation, were carried out in Ar or N$_2$ filled gloveboxes filled with an oxygen and water content of less than 1 ppm. The polarisation experiments were performed in a Faraday cage at 23(1) °C.

$^{23}$Na NMR measurements. All static $^{23}$Na NMR measurements were carried out using a Bruker Avance III spectrometer equipped with a shimmed cryo-magnet with a nominal magnetic field $B_0$ of approximately 7.04 T. This field strength corresponds to a $^{23}$Na resonance frequency of $\omega_0/2\pi = 79.35$ MHz. For the NMR measurements, we used sintered pellets which were fire-sealed under vacuum in quartz glass ampoules to permanently protect them from moisture and/or air. We used a Bruker broadband probe (80 mm in diameter) designed for static variable-temperature measurements. The temperature in the sample chamber made of Teflon® was adjusted with a stream of freshly evaporated nitrogen gas. The heating coil was controlled by a Eurotherm unit connected to copper-constantan type T thermocouple placed in the immediate vicinity of the sample. To study Na ion dynamics, $^{23}$Na NMR spin-lattice relaxation experiments in both in the laboratory and in the rotating frame were carried out with pulse sequences using suitable phase cycling to suppress unwanted coherences. $R_1$ rates were recorded with the saturation recovery pulse sequence consisting of a train of 90° pulses to destroy any longitudinal magnetization $M_L$. The subsequent recovery of $M_L$ was recorded after variable delay times $t_d$ with a 90° reading pulse. The $\pi/2$ pulse lengths ranged from 2 to 4 µs at 200 W, depending on temperature. Up to 64 scans were accumulated to obtain $M(t_d)$ for each waiting time. The area under the free induction decays was used as a measure for $M(t_d)$. The magnetization transients $M(t_d)$ were analysed with stretched exponential functions to extract the stretching exponents varied from 0.8 to 1. The spin-lock measurements were recorded with a locking frequency of 20 kHz. At the beginning of the pulse sequence a 90° pulse prepares the spin system. Immediately after this, the locking pulse with variable duration $t_{lock}$ (46 µs to 46 ms) was used to observe transversal relaxation of the flipped magnetization $M_T$. The decay of $M_T$ in the (xy)-plane of the rotating frame of reference is detected with a 90° reading pulse. The number of scans for each data point of the magnetization curve was 64. A recycle delay of at least 5 $\times$ 1/$R_1$ ensured full longitudinal relaxation. $M(t_{lock})$ could be fitted with stretched exponentials; the stretching factors ranged from 0.8 to 0.4 depending on temperature.

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Author Contributions
All authors conceived and supervised the project and also contributed to the interpretation of the data.

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