miR-145-5p Suppresses Tumor Cell Migration, Invasion and Epithelial to Mesenchymal Transition by Regulating the Sp1/NF-κB Signaling Pathway in Esophageal Squamous Cell Carcinoma

Li-Li Mei 1, Wen-Jun Wang 1, Yun-Tan Qiu 1, Xiu-Feng Xie 1, Jie Bai 1.* and Zhi-Zhou Shi 1,2,*

1 Medical School, Kunming University of Science and Technology, Kunming 650500, China; 15996663681@163.com (L.-L.M.); 18487182139@163.com (W.-J.W.); yuntan1992@126.com (Y.-T.Q.); 15615741302@163.com (X.-F.X.)
2 State Key Laboratory of Molecular Oncology, Cancer Hospital, CAMS, Beijing 100021, China
* Correspondence: jiebai662001@126.com (J.B.); zhizhoushi@kmust.edu.cn (Z.-Z.S.); Tel.: +86-871-6592-0761 (J.B. & Z.-Z.S.)

Received: 12 June 2017; Accepted: 14 August 2017; Published: 23 August 2017

Abstract: MicroRNAs (miRNAs) play important roles in the progression of human cancer. Although previous reports have shown that miR-145-5p is down-regulated in esophageal squamous cell carcinoma (ESCC), the roles and mechanisms of down-regulation of miR-145-5p in ESCC are still largely unknown. Using microRNA microarray and Gene Expression Omnibus (GEO) datasets, we confirmed that miR-145-5p was down-regulated in ESCC tissues. In vitro assays revealed that ectopic miR-145-5p expression repressed cell proliferation, migration, invasion and epithelial to mesenchymal transition (EMT). miR-145-5p also reduced the expressions of cell cycle genes including cyclin A2 (CCNA2), cyclin D1 (CCND1) and cyclin E1 (CCNE1), the EMT-associated transcription factor Slug, and matrix metalloproteinases (MMPs) including MMP2, MMP7 and MMP13. Furthermore, miR-145-5p mimics reduced candidate target gene specificity protein 1 (Sp1) and nuclear factor κ B (NF-κB) (p65) both in mRNA and protein levels. Knockdown of Sp1 phenocopied the effects of miR-145-5p overexpression on cell cycle regulators, EMT and the expression of NF-κB (p65). Importantly, inhibition of the NF-κB signaling pathway or knockdown of NF-κB (p65) phenocopied the effects of miR-145-5p on the migration, invasion and EMT of ESCC cells. In conclusion, our results suggested that miR-145-5p plays tumor-suppressive roles by inhibiting esophageal cancer cell migration, invasion and EMT through regulating the Sp1/NF-κB signaling pathway.

Keywords: miR-145-5p; esophageal squamous cell carcinoma (ESCC); Sp1; NF-κB; epithelial to mesenchymal transition (EMT)

1. Introduction

Esophageal squamous cell carcinoma (ESCC) is a serious health problem in China, with 375,000 new deaths in 2015 alone [1]. Although diagnosis and treatment of ESCC have been improved, the five-year survival rate is still less than 15%. Therefore, understanding of the molecular mechanisms underlying esophageal carcinogenesis will improve the diagnosis and treatment of ESCC.

MicroRNAs (miRNAs) are endogenous, small non-coding RNAs 20–24 nucleotides in length [2]. They bind to the 3’ untranslated regions (3’UTRs) of target genes, and regulate the translation and degradation of target mRNAs [3]. miR-145 is significantly down-regulated in ESCC tissues and cell lines compared with normal tissues and cell lines [4–7], and up-regulation of miR-145 can significantly suppress proliferation, migration, and invasion as well as epithelial–mesenchymal
transition (EMT) of ESCC cells by targeting connective tissue growth factor (CTGF) [8]. Zhang et al. also reported that overexpression of miR-145 significantly inhibited cell proliferation and induced apoptosis [9]. In ESCC, down-regulation of miR-145 was commonly epigenetically regulated by promoter hypermethylation [10]. However, the tumorigenic roles and mechanisms underlying down-regulation of miR-145 in ESCC are still largely unknown.

In the present study, we found that overexpression of miR-145-5p using mimics inhibited the proliferation, migration, invasion and EMT of esophageal cancer cells. We further found that overexpression of miR-145-5p negatively regulated transcription factor Sp1 and inhibited the NF-κB signaling pathway via decreasing the expression of NF-κB (p65). Importantly, knockdown of Sp1 or NF-κB (p65) and inhibition of the NF-κB signaling pathway using CAPE phenocopied the effects of miR-145-5p overexpression on the respective tumor cell phenotypes.

2. Results

2.1. miR-145-5p Is Down-Regulated in Esophageal Squamous Cell Carcinoma (ESCC) Tissues

We compared the miRNA expression profiles between ESCC tissues and paracancerous tissues using Agilent Human miRNA Microarray, and found that miR-145-5p was down-regulated in ESCC tissues (Figure 1A). We further confirmed our result in three datasets (GSE66274, GSE59973 and GSE43732) of ESCC (Figure 1B–D).

![Figure 1](image_url)

**Figure 1.** Down-regulation of miR-145-5p in esophageal squamous cell carcinoma (ESCC) tissues. (A) Microarray analysis of miR-145-5p expression level in eight paired ESCC tissues and adjacent normal tissues; (B–D) Low expression of miR-145-5p in ESCC tissues compared with their adjacent non-malignant tissues in the datasets of GSE66274, GSE59973 and GSE43732; (E) The expression of miR-145-5p in ESCC cell lines was detected by real-time polymerase chain reaction (RT-PCR). **p < 0.01; ***p < 0.001.
2.2. Overexpression of miR-145-5p Inhibits Cell Proliferation, Migration, Invasion and EMT of ESCC Cells

To study the tumorigenic roles of miR-145-5p in ESCC, we first evaluated the expression levels in four ESCC cell lines including KYSE30, KYSE180, KYSE150 and KYSE510 by real-time polymerase chain reaction (RT-PCR). KYSE150 and KYSE510 exhibited lower expression levels than other two cell lines (Figure 1E). Transfection of miR-145-5p mimics to KYSE150 and KYSE510 cell lines significantly enhanced the expression levels with fold change above 25 compared with negative control group (Figure 2A). Overexpression of miR-145-5p significantly inhibited cell proliferation of KYSE150 and KYSE510 cell lines (Figure 2B,C). Overexpression of miR-145-5p significantly decreased the mRNA levels of cell cycle regulatory genes (CCNA2, CCND1 and CCNE1) in KYSE150 and KYSE510 (Figure 2D). These results suggested that miR-145-5p inhibited the proliferation of ESCC cells via down-regulating CCND1, CCNA2 and CCNE1.

Using Transwell assay, we found that miR-145-5p overexpression significantly inhibited the migration and invasion of ESCC cells (Figure 2E–G). Epithelial to mesenchymal transition (EMT) is a major process regulating cell migration and invasion in cancer [12]. Our study further found that overexpression of miR-145-5p significantly increased the epithelial marker of E-cadherin, and reduced the mesenchymal cell marker of N-cadherin (Figure 2H). The protein level of EMT-associated transcription factor Slug was also down-regulated by miR-145-5p mimics (Figure 2H). Our findings suggested that miR-145-5p could significantly repress the migration and invasion of ESCC cells by inhibiting EMT.

MMP2, MMP7 and MMP13, which were included in the family of matrix metalloproteinases (MMPs) were reported to play a central role in ESCC cell invasion and metastasis due to their ability to degrade the extracellular matrix [13,14]. Therefore, we detected whether miR-145-5p inhibited cell migration and invasion of ESCC cells via regulating these genes. The results showed that miR-145-5p mimics significantly decreased the expressions of MMP2, MMP7 and MMP13 using real-time PCR assay (Figure 2I).

2.3. Overexpression of miR-145-5p Inhibits the Transcription of Slug via the Sp1/NF-κB Signaling Pathway

We also found that miR-145-5p mimics could significantly reduce the mRNA level of Slug (Figure 3A). Therefore, we further explored the mechanism of how miR-145-5p regulates Slug transcription. NF-κB is reported to regulate Slug transcription directly [15], and we evaluated whether miR-145-5p mimics inhibited the transcription of Slug via suppression of the NF-κB signaling pathway. Our results showed that overexpression of miR-145-5p significantly reduced the levels of NF-κB (p65) and p-NF-κB (p65) (Figure 3B), and the mRNA level of NF-κB (p65) was also decreased (Figure 3C).
Figure 2. Overexpression of miR-145-5p suppressed ESCC cell proliferation, migration, invasion and epithelial to mesenchymal transition (EMT) of ESCC cells. (A) KYSE150 and KYSE510 cells were transfected with miR-145-5p mimics and a non-specific negative control for 48 h. The levels of miR-145-5p were determined by real-time PCR assay (n = 3); (B, C) The cells were treated as indicated above, and the cell proliferation ability was determined by Cell Counting kit-8 (CCK-8) assay; (D) The mRNA levels of CCNA2, CCND1 and CCNE1 were determined by real-time PCR assay (n = 3); (E–G) Cell migration and invasion were detected using Transwell assay. Images of migration and invasion are presented (n = 3), the bars represent 200 µm; (H) The protein expressions of Slug, E-cadherin and N-cadherin were measured by Western blotting assay (n = 3); (I) The mRNA expressions of MMP2, MMP7 and MMP13 were determined by real-time PCR (n = 3). NC: non-specific negative control. Three independent experiments were performed. MMP: matrix metalloproteinase. * p < 0.05; ** p < 0.01; *** p < 0.001.
Sp1 could transcriptionally regulate the expression of NF-κB (p65), and miR-145-5p could target Sp1 [16–19]. Very interestingly, in our study, the results showed that miR-145-5p mimics significantly inhibited the protein and mRNA expressions of Sp1 (Figure 4A–C). Knockdown of Sp1 in KYSE150 and KYSE 510 cells significantly reduced the levels of CCNA2, CCND1 and CCNE1 (Figure 4D–F). Silencing of Sp1 also significantly inhibited the EMT, and down-regulated the expressions of Slug, MMP2, MMP7 and MMP13 (Figure 4G–I). Importantly, down-regulation of Sp1 decreased the mRNA and protein levels of NF-κB (p65) (Figure 5A,B).

Figure 3. Overexpression of miR-145-5p inhibited the transcription of Slug via the NF-κB signaling pathway. (A) The mRNA expression of Slug was determined by real-time PCR (n = 3); (B) The protein levels of NF-κB (p65) and p-NF-κB (p65) were measured by Western blotting assay (n = 3); (C) The mRNA expression of NF-κB (p65) was determined by real-time PCR (n = 3). NC: non-specific negative control. Three independent experiments were performed. ** p < 0.01; *** p < 0.001.

Figure 4. Overexpression of miR-145-5p down-regulated the candidate target gene Sp1, and knockdown of Sp1 phenocopied the effects of miR-145-5p overexpression on cell cycle regulators and EMT. (A) The predicted sites of miR-145-5p binding to the 3′untranslated (3′-UTR) region of Sp1 were detected using bioinformatics prediction tools; (B,C) KYSE150 and KYSE510 cells were transfected with miR-145-5p mimics or a non-specific negative control for 48 h. The protein and mRNA levels of Sp1 were measured by Western blotting and real-time PCR assay, respectively (n = 3); (D,E) KYSE150 and KYSE510 cells were transfected with Sp1 siRNA and a non-specific negative control for 48 h. The protein and mRNA levels of Sp1 were determined by Western blotting and real-time PCR assay, respectively (n = 3); (F) The mRNA levels of CCNA2, CCND1 and CCNE1 were determined by real-time PCR assay (n = 3); (G) The protein expressions of Slug, E-cadherin and N-cadherin were measured by Western blotting assay (n = 3); (H) The mRNA levels of Slug were determined by real-time PCR (n = 3); (I) The mRNA expressions of MMP2, MMP7 and MMP13 were determined by real-time PCR (n = 3). NC: non-specific negative control. Three independent experiments were performed. ** p < 0.01; *** p < 0.001.
2.4. Inhibition of NF-κB Signaling Pathway or Knockdown of NF-κB (p65) Phenocopied the Effects of miR-145-5p on the Migration, Invasion and EMT of ESCC Cells

After inhibiting the activity of NF-κB signaling pathway using CAPE, the migration and invasion abilities of KYSE150 and KYSE510 cells were decreased (Figure 6A). Knockdown of NF-κB (p65) also significantly inhibited the migration and invasion of ESCC cells (Figure 6B). CAPE treatment down-regulated the levels of NF-κB (p65) and p-NF-κB (p65) in Western blotting assay, and further up-regulated the protein level of E-cadherin, and decreased the levels of N-cadherin, vimentin and Slug (Figure 6C). Knockdown of NF-κB (p65) also significantly inhibited the EMT by up-regulating the protein level of E-cadherin and decreasing the levels of N-cadherin, vimentin and Slug (Figure 6D). Silencing of NF-κB (p65) also significantly reduced the mRNA levels of MMP2, MMP7 and MMP13 (Figure 6E). All of the above suggested that inhibition of the NF-κB signaling pathway or knockdown of NF-κB (p65) phenocopied the effects of miR-145-5p on the migration, invasion and EMT of ESCC cells.

Figure 5. Knockdown of Sp1 inhibited the transcription of NF-κB (p65). (A) The protein levels of Sp1 and NF-κB (p65) were measured by Western blotting assay (n = 3); (B) The mRNA level of NF-κB (p65) was determined by real-time PCR assay (n = 3). NC: non-specific negative control. Three independent experiments were performed. **p < 0.01; ***p < 0.001.

Figure 6. Inhibition of NF-κB signaling pathway or knockdown of NF-κB (p65) phenocopied the effects of miR-145-5p on the migration, invasion and EMT of ESCC cells. (A) Cell migration and invasion were detected using Transwell assay under caffeic acid phenethyl ester (CAPE) treatment. Images of migration and invasion are presented (n = 3), the bars represent 200 µm; (B) Cell migration and invasion were detected using Transwell assay after p65 small interfering RNA (siRNA) transfection. Images of migration and invasion are presented (n = 3), the bars represent 200 µm; (C,D) Western blotting assay examined the levels of NF-κB (p65), p-NF-κB (p65), Slug, E-cadherin, N-cadherin and vimentin (n = 3); (E) The mRNA expressions of MMP2, MMP7 and MMP13 were determined by real-time PCR (n = 3). NC: non-specific negative control. Three independent experiments were performed. *p < 0.05; **p < 0.01; ***p < 0.001.
3. Discussion

miR-145-5p is down-regulated in many types of cancer including cervical cancer, non-small cell lung cancer (NSCLC), colorectal cancer and ESCC, and functions as tumor suppressor in carcinogenesis [5,8,20–23]. Metadata showed that the expression of miR-145 was significantly lower in NSCLC than that in healthy tissues, and miR-145 tended to show better diagnostic performance in lung squamous cell carcinoma than in lung adenocarcinoma [24]. In ESCC, the expression of miR-145 was significantly associated with tumor invasion [25]. Combined expression of miR-145 and miR-143 was significantly associated with the risk for ESCC [26].

miR-145 is identified as a tumor suppressor in many types of cancer. In gastric cancer cells, especially cancer stem cells (CSCs), miR-145 regulates CD44 by directly targeting the CD44 3′-untranslated region (3′-UTR) [27]. Overexpression of miR-145 decreases the proliferation, migration and invasion of breast cancer cells via directly or indirectly reducing transforming growth factor-β (TGF-β) expression [28]. In bladder cancer cells, miR-145 is down-regulated and its mimics reduce the Warburg effect by directly silencing kruppel like factor 4 (KLF4) [29]. miR-145 inhibits drug resistance to oxaliplatin in colorectal cancer cells by suppressing the expression level of target gene GPR98 [30]. In ESCC, miR-145 is commonly downregulated, and overexpression of miR-145 in esophageal ECA109 and EC9706 cells could inhibit cell proliferation and induce apoptosis [9]. Wang et al. reported that overexpression of miR-145 using the pLVX-IIZ-miR-145 vector significantly inhibited esophageal cancer cell ECA109 proliferation, and increased the number of cells at the G2/M stage and the cell apoptotic rate [31]. Wang et al. further found that miR-145 inhibited the proliferation and invasion of ESCC ECA109 and EC9706 cells in part by targeting c-Myc [6]. Cui et al. found that miR-145 directly targeted the 3′UTR of phospholipase C epsilon (PLCE1) and then inhibited cell proliferation, migration and metastasis, as well as controlling the cytoskeleton dynamics of esophageal cancer [4]. Han et al. reported that miR-145 could bind with the 3′UTR of connective tissue growth factor (CTGF) in dual luciferase reporter gene assay, and up-regulation of miR-145 or down-regulation of CTGF could suppress the proliferation, migration and EMT process of ESCC ECA109 cells [8]. Previous studies also reported that overexpression of miR-145 could reduce target gene fascin-1 (FSCN1) expression [26,32]. All these reports indicated that miR-145 regulated the proliferation and invasion of ESCC cells through several target genes and signaling pathways. Our results confirmed that miR-145-5p was down-regulated in ESCC tissues, and overexpression of miR-145-5p inhibited cell proliferation, migration, invasion and EMT of ESCC cells. Very importantly, we further found that overexpression of miR-145-5p inhibited the transcription of EMT associated transcription factor Slug via suppression of the Sp1/NF-κB signaling pathway. Inhibition of NF-κB signaling pathway or knockdown of NF-κB (p65) phenocopied the effects of miR-145-5p on the migration, invasion and EMT of ESCC cells. Taken together, our results revealed the new signaling pathway regulated by miR-145 in esophageal carcinogenesis.

miR-145 is regulated by several mechanisms in cancer. The miR-145 promoter is significantly more hypermethylated in ESCC cancer tissues than in matched normal adjacent esophageal epithelial mucosa [10]. Li et al. found that ginsenoside 20(S)-Rg3, a pharmacologically active component of Panax ginseng, could increase miR-145 expression by downregulating methyltransferase DNMT3A to attenuate the hypermethylation of the promoter region in the miR-145 precursor gene [33]. LincRNA is also a very important regulator of miR-145 in cancers. Low expression of miR-145 is associated with poor prognosis in NSCLC, and silencing lincRNA ROR posttranscriptionally regulates the expression of p53, while silencing ROR or p53 could upregulate miR-145 levels [21]. LincRNA ROR could also sponge miR-145 and then release the miR-145 target FSCN1, and further contribute to the acquisition of chemoresistance and EMT phenotypes of docetaxel-resistant lung adenocarcinoma cells [34]. LincRNA MALAT1 could modulate the TGF-β1-induced endothelial-to-mesenchymal transition through interacting and down-regulating miR-145 [35]. LincRNA CRNDE was highly expressed in gastric cancer cells, and overexpression of CRNDE increased cell viability and promoted...
coli

Taken together, our findings revealed that miR-145-5p functioned as a tumor suppressor gene by regulating the Sp1/NF-κB signaling pathway in esophageal squamous cell carcinoma. Future studies should focus on the diagnostic and prognostic value of miR-145 in ESCC.

4. Materials and Methods

4.1. Sample Information and miRNA Expression Microarray Detection

Fresh tissues of ESCC and adjacent normal epithelia from eight patients with ESCC were collected by the Department of Pathology at the Cancer Hospital, Chinese Academy of Medical Sciences (Beijing, China). Primary tumor tissues and the adjacent normal tissues from the same patients were separated by experienced pathologists and then immediately stored at −70 °C. All ESCC patients were treated with radical operation, and none of them received any preoperative treatment. All the samples were residual specimens after diagnostic sampling, and all patients signed separate informed consent forms for sampling and molecular analysis. This was approved by the Ethics Committee of Kunming University of Science and Technology (No. 2014KGGJLL005).

Agilent Human miRNA Microarrays (Agilent Technologies, Santa Clara, CA, US) were used to examine miRNA expression levels in paired tumorous and paracancerous tissues. The microarray experiment was performed according to the manufacturer’s protocol. The raw data were normalized using quantile normalization and then analyzed in GeneSping GX 11.0 software (Agilent Technologies, Santa Clara, CA, USA).

4.2. Gene Expression Omnibus (GEO) Datasets

GSE66274, GSE59973 and GSE43732 were accessible at the National Center of Biotechnology Information (NCBI) Gene Expression Omnibus database (http://www.ncbi.nlm.nih.gov/geo/). GSE66274 was based on the GPL19823 platform of the Applied Biosystems Taqman Low Density Array Human microRNA Card A+B Set v3.0. A total of 60 chips were divided into two groups: ESCC tissue samples (n = 30) and normal samples (n = 30). GSE59973 was based on the GPL16770 platform of the Agilent-031181 Unrestricted_Human_mirNA_V16.0_Microarray (miRBase release 16.0 miRNA ID version). A total of six chips were divided into two groups: ESCC tissue samples (n = 3) and normal samples (n = 3). GSE43732 was based on the GPL15643 platform of Agilent-038166 cbc_human_mir18.0. A total of 238 chips were divided into two groups: ESCC tissue samples (n = 119) and adjacent normal tissue samples (n = 119).

4.3. Cell Culture

The human esophageal squamous cell carcinoma (ESCC) cell lines, including KYSE30, KYSE150, KYSE180 and KYSE510, were provided by Yutaka Shimada (Kyoto University, Kyoto, Japan). The cell lines were cultured in RPMI-1640 medium (Invitrogen, Carlsbad, CA, USA) with 10% fetal bovine serum, penicillin (100 U/mL) and streptomycin (100 mg/mL). All of these cells were maintained at 37 °C with 5% CO2.

4.4. Cell Transfection

The cells were seeded in six-well plates and transfected with miR-145-5p mimics or Sp1 small interfering RNA (siRNA) or NF-κB (p65) siRNA or non-specific negative control using Lipofectamine 2000 Transfection Reagent (Invitrogen, Carlsbad, CA, USA) following the manufacturer’s protocol. miR-145-5p mimics sense: 5’-GUCCAGUUUUC CCAGAAUCCCU-3’, antisense: 5’-GGAUUCCUGGAAACUGGACUU-3’; non-specific negative control sense: 5’-UUCUCCGAACGUGUCACGU-3’, antisense: 5’-UGAGACACGUUCGGA GAATT-3’; Sp1 siRNA sense: 5’-UGAGAACAGCAACAAACUCCTT-3’, antisense 5’-GGAGUUGUU
GCUGUUCUCATT-3′; p65 siRNA sense: 5′-GCCUUAUAGUAGGGUAAGTT-3′, antisense: 5′-CUUA CCCUAUCAUUAAGGCTT-3′. miR-145-5p mimics, Sp1 siRNA, NF-κB (p65) siRNA and non-specific negative control were synthesized by GenePharma (GenePharma, Shanghai, China).

4.5. Cell Proliferation Assay

Cellular proliferation was measured by Cell Counting Kit-8 (CCK-8, Dojindo Laboratories, Kumamoto, Japan) based on the manufacturer’s instructions. Twenty-four hours after transfection, cells were seeded into 96-well plates at a density of 8 × 10^3 cells per well with 100 µL of cell culture medium and incubated with 5% CO₂ at 37 °C. At the indicated time points, 10 µL CCK-8 was added to each well. After incubation for 1 h, the absorbance at 450 nm was detected by a plate reader.

4.6. Cell Migration and Invasion Assay

Transwell assay was used to analyze the migration and invasion abilities of KYSE150 and KYSE510 cells. In the invasion assay, the upper side of the membrane was pre-coated with Matrigel (BD Biosciences, San Jose, CA, USA), incubated for 1 h at 37 °C, and hydrated in fetal bovine serum (FBS) for two hours before use. The cells were digested and seeded into the upper chamber at the cell density of 3 × 10^5 cells/mL. The lower chamber was added with cell culture medium containing 20% FBS, and incubated at 37 °C for 36 h. After incubation, 0.1% crystal violet was used to stain the membrane for 30 min. After washing by Phosphate Buffered Saline (PBS), stained cells were counted using an optical microscope. For cell migration assay, the same procedures were conducted but without Matrigel on the membrane.

4.7. Total RNA Extraction and Real-Time PCR Assay

Total RNA was isolated from cancer cells using the RNeasy Mini Kit as described by the manufacturer (Qiagen, Hilden, Germany) and used for real-time PCR assay. Real-time PCR was performed to detect the relative expression levels of CCNA2, CCND1, CCNE1, MMP2, MMP7, MMP13, Sp1 and p65. The PCR reactions were performed in a total volume of 20 µL, including 10 µL of 2 × Power SYBR ®Green PCR Master Mix (Applied Biosystems, Warrington, UK), 2 µL of cDNA (5 ng/µL) and 1 µL of primer mix (10 µM each). PCR amplification was performed using the LightCycler 480 II (Roche Applied Science, Penzberg, Germany). The program of PCR amplification was as follows: 10 min of denaturation at 95 °C; 40 cycles of 95 °C for 15 s, and then 60 °C for 1 min. The relative gene expression level was calculated by using the comparative Ct Method. The gene expressions of the detected genes were normalized to an endogenous reference glyceraldehyde-3-phosphate dehydrogenase (GAPDH), and those relative to the calibrator were given by the formula 2−ΔΔCt.

The Hairpin-itTM miR-145 qRT-PCR Primer Set (GenePharma, Shanghai, China) was used for the measurement of the relative quantity of miR-145-5p. U6 was used as an internal control, and the mRNA expression of miR-145-5p was normalized to the endogenous expression of U6.

4.8. Western Blotting Assay

Cells from each group were detached with trypsin, centrifuged, and washed two times with pre-chilled PBS. Cell lysis buffer was subsequently added and incubated on ice for protein extraction. Protein concentration was determined using the BCA Protein Assay Kit (Beyotime Biotechnology, Jiangsu, China). Equal amounts of proteins were separated via 12% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and then transferred to a polyvinylidene fluoride (PVDF) membrane (Millipore Corporation, Billerica, MA, USA). The membrane was soaked in 10% skimmed milk (in PBS, pH 7.2, containing 0.1% Tween-20) for 2 h and incubated with an appropriate amount of primary antibody at 4 °C overnight. Detection was done by peroxidase-conjugated secondary antibodies (KPL, Gaithersburg, MD, USA) and chemiluminescence (Millipore Corporation, Temecula, CA, USA).
4.9. Statistical Analyses

All quantitative data are presented as mean $\pm$ standard deviation (SD). Student’s $t$ test was performed when only two groups were present using GraphPad Prism version 5.01 (GraphPad Software, La Jolla, CA, USA). The differences were judged as statistically significant when the corresponding two-sided $p$ value was $<0.05$.

Acknowledgments: This study was supported by the National Natural Science Foundation of China (No.81460425 and No. 81760526) and the Open Project Program of State Key Laboratory of Molecular Oncology (SKL-KF-2017-11).

Author Contributions: Study design: Jie Bai and Zhi-Zhou Shi. Performance of the study: Li-Li Mei. Data collection: Wen-Jun Wang, Yun-Tan Qiu and Xiu-Feng Xie. Data interpretation: Li-Li Mei and Wen-Jun Wang. Drafting of the manuscript: Li-Li Mei and Zhi-Zhou Shi. Revision of manuscript content: Li-Li Mei and Zhi-Zhou Shi. All authors have read and approved the final submitted manuscript.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Chen, W.; Zheng, R.; Baade, P.D.; Zhang, S.; Zeng, H.; Bray, F.; Jemal, A.; Yu, X.Q.; He, J. Cancer statistics in China, 2015. CA Cancer J. Clin. 2016, 66, 115–132. [CrossRef] [PubMed]

2. Calin, G.A.; Croce, C.M. MicroRNA signatures in human cancers. Nat. Rev. Cancer 2006, 6, 857–866. [CrossRef] [PubMed]

3. Croce, C.M. Causes and consequences of microRNA dysregulation in cancer. Nat. Rev. Genet. 2009, 10, 704–714. [CrossRef] [PubMed]

4. Cui, X.B.; Li, S.; Li, T.T.; Peng, H.; Jin, T.T.; Zhang, S.M.; Liu, C.X.; Yang, L.; Shen, Y.Y.; Li, S.; et al. Targeting oncogenic PLCE1 by miR-145 impairs tumor proliferation and metastasis of esophageal squamous cell carcinoma. Oncotarget 2016, 7, 1777–1795. [CrossRef] [PubMed]

5. Tabrizi, M.; Khalili, M.; Vasei, M.; Nouraei, N.; Mansour Samaei, N.; Khavanin, A.; Khajehei, M.; Mowla, S.J. Evaluating the miR-302b and miR-145 expression in formalin-fixed paraffin-embedded samples of esophageal squamous cell carcinoma. Arch. Iran. Med. 2015, 18, 173–178. [PubMed]

6. Wang, F.; Xia, J.; Wang, N.; Zong, H. miR-145 inhibits proliferation and invasion of esophageal squamous cell carcinoma in part by targeting c-Myc. Onkologie 2013, 36, 754–758. [CrossRef] [PubMed]

7. Ni, Y.; Meng, L.; Wang, L.; Dong, W.; Shen, H.; Wang, G.; Liu, Q.; Du, J. MicroRNA-143 functions as a tumor suppressor in human esophageal squamous cell carcinoma. Gene 2013, 517, 197–204. [CrossRef] [PubMed]

8. Han, Q.; Zhang, H.Y.; Zhong, B.L.; Wang, X.J.; Zhang, B.; Chen, H. MicroRNA-145 Inhibits Cell Migration and Invasion and Regulates Epithelial-Mesenchymal Transition (EMT) by Targeting Connective Tissue Growth Factor (CTGF) in Esophageal Squamous Cell Carcinoma. Med. Sci. Monit. 2016, 22, 3925–3934. [CrossRef] [PubMed]

9. Zhang, J.H.; Du, A.L.; Wang, L.; Wang, X.Y.; Gao, J.H.; Wang, T.Y. Episomal Lentiviral Vector-Mediated miR-145 Overexpression Inhibits Proliferation and Induces Apoptosis of Human Esophageal Carcinomas Cells. Recent Pat. Anticancer Drug Discov. 2016, 11, 453–460. [CrossRef] [PubMed]

10. Harada, K.; Baba, Y.; Ishimoto, T.; Kosumi, K.; Tokunaga, R.; Izumi, D.; Ohuchi, M.; Nakamura, K.; Kiyozumi, Y.; Kurashige, J.; et al. Suppressor microRNA-145 Is Epigenetically Regulated by Promoter Hypermethylation in Esophageal Squamous Cell Carcinoma. Anticancer Res. 2015, 35, 4617–4624. [PubMed]

11. Li, J.; Zhu, S.C.; Li, S.G.; Zhao, Y.; Xu, J.R.; Song, C.Y. TKTL1 promotes cell proliferation and metastasis in esophageal squamous cell carcinoma. Biomed. Pharmacother 2015, 74, 71–76. [CrossRef] [PubMed]

12. Thiery, J.P. Epithelial-mesenchymal transitions in tumour progression. Nat. Rev. Cancer 2002, 2, 442–454. [CrossRef] [PubMed]

13. Wang, X.; Li, X.; Li, C.; He, C.; Ren, B.; Deng, Q.; Gao, W.; Wang, B. Aurora-A modulates MMP-2 expression via AKT/NF-κB pathway in esophageal squamous cell carcinoma cells. Acta Biochim Biophys Sin. 2016, 48, 520–527. [CrossRef] [PubMed]

14. Gu, Z.D.; Li, J.Y.; Li, M.; Gu, J.; Shi, X.T.; Ke, Y.; Chen, K.N. Matrix metalloproteinases expression correlates with survival in patients with esophageal squamous cell carcinoma. Am. J. Gastroenterol. 2005, 100, 1835–1843. [CrossRef] [PubMed]
15. Khan, P.; Manna, A.; Saha, S.; Mohanty, S.; Mukherjee, S.; Mazumdar, M.; Guha, D.; Das, T. Aspirin inhibits epithelial-to-mesenchymal transition and migration of oncogenic K-ras-expressing non-small cell lung carcinoma cells by down-regulating E-cadherin repressor Slug. *BMC Cancer* **2016**, *16*, 39. [CrossRef] [PubMed]

16. Yurochko, A.D.; Mayo, M.W.; Poma, E.E.; Baldwin, A.S., Jr.; Huang, E.S. Induction of the transcription factor Sp1 during human cytomegalovirus infection mediates upregulation of the p65 and p105/p50 NF-κB promoters. *J. Virol.* **1997**, *71*, 4638–4648. [PubMed]

17. Gu, L.; Findley, H.W.; Zhou, M. MDM2 induces NF-kappab/p65 expression transcriptionally through Sp1-binding sites: A novel, p53-independent role of MDM2 in doxorubicin resistance in acute lymphoblastic leukemia. *Blood* **2002**, *99*, 3367–3375. [CrossRef] [PubMed]

18. Qiu, T.; Zhou, X.; Wang, J.; Du, Y.; Xu, J.; Huang, Z.; Zhu, W.; Shu, Y.; Liu, P. miR-145, miR-133a and miR-133b inhibit proliferation, migration and cell cycle progression via targeting transcription factor Sp1 in gastric cancer. *FEBS Lett.* **2014**, *588*, 1168–1177. [CrossRef] [PubMed]

19. Zhu, X.; Li, Y.; Xie, C.; Yin, X.; Liu, Y.; Cao, Y.; Fang, Y.; Lin, X.; Xu, X.; Xu, W.; et al. miR-145 sensitizes ovarian cancer cells to paclitaxel by targeting Sp1 and Cdk6. *Int. J. Cancer* **2014**, *135*, 1286–1296. [CrossRef] [PubMed]

20. Wei, H.; Wen-Ming, C.; Jun-Bo, J. Plasma miR-145 as a novel biomarker for the diagnosis and radiosensitivity prediction of human cervical cancer. *J. Int. Med. Res.* **2017**, *45*, 1054–1060. [CrossRef] [PubMed]

21. Xia, F.; Xiong, Y.; Li, Q. Interaction of lincRNA ROR and p53/miR-145 correlates with lung cancer stem cell signatures. *J. Cell. Biochem.* **2017**. [CrossRef] [PubMed]

22. Sheng, N.; Tan, G.; You, W.; Chen, H.; Gong, J.; Chen, D.; Zhang, H.; Wang, Z. miR-145 inhibits human colorectal cancer cell migration and invasion via PK4dependent pathway. *Cancer Med.* **2017**, *6*, 1331–1340. [CrossRef] [PubMed]

23. Hamano, R.; Miyata, H.; Yamasaki, M.; Kurokawa, Y.; Hara, J.; Moon, J.H.; Nakajima, K.; Takiguchi, S.; Fujiwara, Y.; Mori, M.; et al. Overexpression of miR-200c induces chemoresistance in esophageal cancers mediated through activation of the Akt signaling pathway. *Clin. Cancer Res.* **2011**, *17*, 3029–3038. [CrossRef] [PubMed]

24. Gan, T.Q.; Xie, Z.C.; Tang, R.X.; Zhang, T.T.; Li, D.Y.; Li, Z.Y.; Chen, G. Clinical value of miR-145-5p in NSCLC and potential molecular mechanism exploration: A retrospective study based on GEO, qRT-PCR, and TCGA data. *Tumour Biol.* **2017**, *39*. [CrossRef] [PubMed]

25. Wu, B.L.; Xu, L.Y.; Du, Z.P.; Liao, L.D.; Zhang, H.F.; Huang, Q.; Fang, G.Q.; Li, E.M. miRNA profile in esophageal squamous cell carcinoma. *World J. Gastroenterol.* **2014**, *20*, 1701–1710. [CrossRef] [PubMed]

26. Liu, R.; Liao, J.; Yang, M.; Sheng, J.; Yang, H.; Wang, Y.; Pan, E.; Guo, W.; Pu, Y.; Kim, S.I.; et al. The cluster of miR-143 and miR-145 affects the risk for esophageal squamous cell carcinoma through co-regulating fascin homolog 1. *PLoS ONE* **2012**, *7*, e33987. [CrossRef] [PubMed]

27. Zeng, J.F.; Ma, X.Q.; Wang, L.P.; Wang, W. MicroRNA-145 exerts tumor-suppressive and chemo-resistance lowering effects by targeting CD44 in gastric cancer. *World J. Gastroenterol.* **2017**, *23*, 2337–2345. [CrossRef] [PubMed]

28. Ding, Y.; Zhang, C.; Zhang, J.; Zhang, N.; Li, T.; Fang, J.; Zhang, Y.; Zuo, F.; Tao, Z.; Tang, S.; et al. miR-145 inhibits proliferation and migration of breast cancer cells by directly or indirectly regulating TGF-β1 expression. *Int. J. Oncol.* **2017**, *50*, 1701–1710. [CrossRef] [PubMed]

29. Minami, K.; Taniguchi, K.; Sugito, N.; Kuranaga, Y.; Inamoto, T.; Takahara, K.; Takai, T.; Yoshikawa, Y.; Kiyama, S.; Akao, Y.; et al. miR-145 negatively regulates Warburg effect by silencing KLF4 and PTBP1 in bladder cancer cells. *OncoTarget* **2017**, *8*, 33064–33077. [CrossRef] [PubMed]

30. Fu, Q.; Cheng, J.; Zhang, J.; Zhang, Y.; Chen, X.; Xie, J.; Luo, S. miR-145 inhibits drug resistance to Oxaliplatin in colorectal cancer cells through regulating G protein coupled receptor 98. *Zhonghua Wei Chang. Wai Ke Za Zhi* **2017**, *20*, 566–570. [PubMed]

31. Wang, T.Y.; Zhang, Q.Q.; Zhang, X.; Sun, Q.L.; Zhao, C.P.; Wang, X.Y. The effect of recombinant lentiviral vector encoding miR-145 on human esophageal cancer cells. *Tumour Biol.* **2015**, *36*, 9733–9738. [CrossRef] [PubMed]

32. Kano, M.; Seki, N.; Kikkawa, N.; Fujimura, L.; Hoshino, I.; Akutsu, Y.; Chiyomaru, T.; Enokida, H.; Nakagawa, M.; Matsubara, H. miR-145, miR-133a and miR-133b: Tumor-suppressive miRNAs target FSCN1 in esophageal squamous cell carcinoma. *Int. J. Cancer* **2010**, *127*, 2804–2814. [CrossRef] [PubMed]
33. Li, J.; Lu, J.; Ye, Z.; Han, X.; Zheng, X.; Hou, H.; Chen, W.; Li, X.; Zhao, L. 20(S)-Rg3 blocked epithelial-mesenchymal transition through DNMT3A/miR-145/FSCN1 in ovarian cancer. *Oncotarget* 2017. [CrossRef]

34. Pan, Y.; Chen, J.; Tao, L.; Zhang, K.; Wang, R.; Chu, X.; Chen, L. Long noncoding RNA ROR regulates chemoresistance in docetaxel-resistant lung adenocarcinoma cells via epithelial mesenchymal transition pathway. *Oncotarget* 2017, 8, 33144–33158. [CrossRef] [PubMed]

35. Xiang, Y.; Zhang, Y.; Tang, Y.; Li, Q. MALAT1 Modulates TGF-β1-Induced Endothelial-to-Mesenchymal Transition through Downregulation of miR-145. *Cell. Physiol. Biochem.* 2017, 42, 357–372. [CrossRef] [PubMed]

36. Hu, C.E.; Du, P.Z.; Zhang, H.D.; Huang, G. Long Noncoding RNA CRNDE Promotes Proliferation of Gastric Cancer Cells by Targeting miR-145. *Cell. Physiol. Biochem.* 2017, 42, 13–21. [CrossRef] [PubMed]