Abstract. Chronic intermittent hypoxia (CIH) has been shown to induce cell apoptosis in multiple organs of the human body. The present study aimed to assess the effects of exogenous klotho on CIH-induced genioglossus muscle injury, as well as the involvement of endoplasmic reticulum stress (ERS) in this process. A total of 36 adult C57BL/6 male mice were assigned to normoxia control (NC), CIH and CIH + klotho groups (n=12 mice/group). ELISA was performed to detect the level of klotho protein in the serum and in the genioglossus muscle tissue samples. Apoptosis was evaluated using the TUNEL assay. Reactive oxygen species (ROS) levels were quantified using a dihydroethidium assay kit, and the protein and mRNA levels of ERS‑associated proteins (namely, glucose-regulated protein 78, C/EBP homologous protein, cleaved caspase-12 and cleaved caspase-3) in genioglossus muscle samples were assessed using immunoblot assay and reverse transcription‑quantitative PCR, respectively. Compared with the NC group, the quantities of klotho protein in the serum and genioglossus muscle tissue samples in the CIH group were significantly decreased, whereas the apoptotic rate, ROS levels and protein and mRNA levels of the ERS‑associated proteins in the genioglossus muscle were significantly increased. Following supplementation with exogenous klotho protein, the klotho protein levels in the serum and genioglossus muscle tissue of mice were found to be markedly increased, and the apoptotic rate, ROS levels and protein and mRNA levels of the ERS-associated proteins in the genioglossus muscle were decreased compared with those in the CIH group. Taken together, the results of the present study have demonstrated that exogenous klotho may inhibit apoptosis of genioglossus myocytes in mice by inhibiting ROS‑associated ERS.

Introduction

Obstructive sleep apnea-hypopnea syndrome (OSAHS) poses a serious threat to human health, affecting 3.7-97.3% of Asian adults (1). The pathophysiological mechanism underpinning OSAHS includes repeated upper airway stenosis and collapse in the sleep state, resulting in recurrent apnea, hypopnea and chronic intermittent hypoxia (CIH) during sleep (2). Based on current knowledge, OSAHS is considered to be closely associated with structural stenosis of the airway, reduced muscle tension and abnormal function of the upper airway. The genioglossus muscle, as the main upper airway dilator, is crucial for ensuring that the upper airway remains unobstructed, and is referred to as the ‘safety muscle of the upper airway’ (3). Zhang et al (3) reported that CIH induced genioglossus myocyte apoptosis through activating endoplasmic reticulum (ER) stress (ERS). Wang et al (4) reported that CIH induced ROS production and cell apoptosis in the genioglossus through downregulating and upregulating mitophagy by adiponectin to improve the CIH-induced genioglossus myocyte injury. It was previously reported that stimulation of rats with CIH led to an increase in the fatigability of upper airway muscles and caused hypoadiponectinemia, disrupted genioglossal ultrastructure and mitochondrial dysfunction (5,6).

Mitochondrial dysfunction, in turn, affects the major pathways implicated in the pathophysiology of airway disease, including airway contractility, response to oxidative stress and apoptosis (7). In total, three apoptotic pathways have been described: The ER, mitochondrial and death receptor pathways (8). External stressors can cause unfolded or misfolded
proteins to accumulate in the ER, resulting in ERS. In order to maintain homeostasis, the unfolded protein response (UPR) pathway activates three transcription factors, including inositol-requiring enzyme (IRE1), type 1 PKR-like endoplasmic reticulum kinase (PERK) and activating transcription factor 6 (ATF6) (9,10). Under normal conditions, these three transcription factors are bound to glucose-regulated protein 78 (GRP78) and remain inactive. Under stress conditions, however, GRP78 and the transcription factors dissociate, leading to activation of the UPR (11). The activated IRE1, PERK and ATF6 pathways all upregulate C/EBP homologous protein (CHOP), which, in turn, regulates Bcl-2 family proteins, increasing the rate of synthesis of the pro-apoptotic protein Bim, reducing the synthesis of the anti-apoptotic protein Bcl-2 and causing mitochondrial-associated apoptosis (12,13). In addition, during ERS, caspase-12 is activated on the ER membrane and, as an ERS apoptosis-specific protein, activates downstream caspase-3, leading to apoptosis (14,15). A previous study by our research group demonstrated that CIH upregulates ERS-associated proteins in rat genioglossus myocytes, activates ERS-associated apoptosis pathways and causes genioglossus dysfunction (3).

The klotho gene is located on chromosome 13q12, and encodes two types of proteins: Membrane-bound and secreted klotho proteins. A previous study revealed that secreted klotho protein exerts cytoprotective effects, inhibiting oxidative stress and apoptosis (16). In exploring the underlying mechanisms, Maekawa et al (17) determined that klotho both promoted MEK/ERK pathway activation and led to a significant decrease in apoptosis of human umbilical vein endothelial cells stimulated by hydrogen peroxide. Furthermore, Yamamoto et al (18) demonstrated that in vitro supplementation of soluble klotho led to a marked reduction in paraquat-induced lipid peroxidation in HeLa cells via inhibiting the insulin-like growth factor-1 (IGF-1) pathway. A previous study also revealed reduced klotho protein levels in serum samples collected from patients with obstructive sleep apnea syndrome (OSAS), and the klotho protein level was found to be negatively correlated with disease severity (19). Navarro-González et al (20) demonstrated that the protective role of pentoxifylline was associated with increased levels of klotho in patients with diabetes and chronic kidney disease. Therefore, taken together, the finding of these studies suggested that supplementary klotho may protect against OSAS-induced injury; however, the mechanisms underpinning these effects have yet to be elucidated. To meet this end, the present study aimed to assess the effects of exogenous klotho both promoted MEK/ERK pathway activation and determined the involvement of ERS in this process.

Materials and methods

Mice and grouping. In total, 36 male adult C57BL/6 mice, aged 8 weeks, weighing 18-20 g, were purchased from and housed at the Animal Center of Southeast University. The animals were provided with access to water and standard food ad libitum under a 12-h light/dark cycle at 24°C and 60% humidity. The present study was approved (approval no. 201704025) by the Experimental Animal Ethics Committee of Southeast University. The mice were assigned to three groups according to the random number table method as follows: The normal control (NC), CIH and CIH + klotho groups (n=12 mice per group; the different treatments and conditions of the experimental groups are explained in detail below).

Establishment of the mouse CIH model and intraperitoneal injection of klotho. The mouse hypoxia box (Nanjing Xinfei Analytical Instrument Co., Ltd.) was used to establish the mouse CIH model, as described previously (6). Briefly, the hypoxia cycle time was set to 1 min, and the chamber was filled with nitrogen for the first 30 sec to reduce oxygen concentration to 6-7%; subsequently, air was allowed into the chamber for the second 30 sec to gradually increase the oxygen concentration to 21%. A total of 60 cycles were performed per h, thereby simulating severe human OSAHS. The CIH and CIH + klotho groups underwent intermittent hypoxia treatment for 8 h (8:00 a.m. - 4:00 p.m.) every day, for a total of 12 weeks, whereas the NC group was placed in the hypoxia box that was only filled with air in parallel.

Recombinant mouse klotho protein was purchased from R&D Systems, Inc. and dissolved in sterile normal saline solution (1 µg/ml). Mice in the CIH + klotho group received an intraperitoneal injection of klotho protein (10 µg/kg/day) (21,22), whereas the NC and CIH groups were administered normal saline (0.5 ml/day) intraperitoneally during model establishment.

After modeling, the mice were anesthetized with 1% pentobarbital (50 mg/kg) via intraperitoneal injection, and 1 ml blood was collected by cardiac puncture and centrifuged at 1,500 x g for 15 min at 4°C for serum preparation. The resulting serum was stored at -80°C prior to analysis. The mice were euthanized by exsanguination after anesthesia with pentobarbital (1%; 50 mg/kg), the genioglossus muscle was isolated, and a portion of the muscle was placed in 4% paraformaldehyde. After fixation for 48 h at 4°C, the samples were dehydrated with xylene, waxed, embedded in paraffin and cut into 5-µm sections for subsequent analysis. The remaining genioglossus muscle samples were stored at -80°C.

Detection of klotho protein levels in serum and genioglossus muscle samples. ELISA was performed to detect the serum klotho protein levels in the mice using the klotho protein kit (cat. no. DL-KL-Mu; Wuxi Donglin Sci & Tech Development Co., Ltd.), following the manufacturer's protocols. For assessment of the klotho protein level in the tissue, 20 mg fresh genioglossus tissue was placed in 500 µl PBS, homogenized, and cleared by centrifugation at 5,000 x g for 5 min. The supernatant was collected and tested as described for the serum samples. Klotho protein levels in serum and tissue samples were assessed by reading the absorbance at 450 nm on a spectrophotometer.

Apoptosis detection. A TUNEL assay was performed to detect apoptosis of genioglossus myocytes in mice. The TUNEL kit (cat. no. 11684817910) was purchased from Roche Diagnostics GmbH and experiments were performed according to the manufacturer's instructions. The genioglossus sections were treated with protease K (20 µg/ml) for 15 min at room temperature after deparaffinization and rehydration. The sections were then treated with the TUNEL reaction.
The horseradish peroxidase-linked secondary antibodies (rabbit polyclonal antibody) was obtained from Abcam. The antibody against cleaved caspase-12 (cat. no. ab62463; goat monoclonal antibody) was purchased from Cell Signaling Technology, Inc., whereas cleaved caspase-3 (cat. no. 9664; rabbit monoclonal antibody) and GAPDH (cat. no. 5174; rabbit monoclonal antibody) were obtained from Biorad. Antibodies against CHOP (cat. no. 2895; monoclonal antibody), GRP78 (cat. no. 3183; rabbit polyclonal antibody), and GAPDH (cat. no. 5174; rabbit monoclonal antibody) were purchased from Cell Signaling Technology. GAPDH Forward: AGCAGTCCCGTACACTGGCAAAC Reverse: CTGCTCCTTCTCCTCATGC

Western blot analysis. Total protein was extracted from the genioglossus muscle using the protein extraction kit (cat. no. KGP2100) of Nanjing KeyGen Biotech Co., Ltd. Genioglossus muscle tissue samples were homogenized on ice in lysis buffer containing 10 µl phosphate buffer, 1 µl protease inhibitor and 10 µl 100 mM PMSF. The supernatant was then collected by centrifugation at 12,000 x g and 4˚C for 5 min. The protein concentration was measured using the BCA method (Thermo Fisher Scientific, Inc.). Equal amounts of protein (20 µg) were resolved by SDS-PAGE (10%) followed by electro transfer onto a PVDF membrane (Roche Diagnostics). In total, 5% bovine serum albumin in TBS with 0.1% Tween-20 at pH 7.6. Antibodies against CHOP (cat. no. 2895; monoclonal antibody), GRP78 (cat. no. 3183; rabbit polyclonal antibody), GAPDH (cat. no. 5174; rabbit monoclonal antibody) and cleaved caspase-3 (cat. no. 9664; rabbit monoclonal antibody) were purchased from Cell Signaling Technology, Inc., whereas the antibody against cleaved caspase-12 (cat. no. ab62463; rabbit polyclonal antibody) was obtained from Abcam. The horseradish peroxidase-linked secondary antibodies (Anti-mouse, 1:1,000, cat. no. 7076; Anti-rabbit, 1:1,000, cat. no. 7074) were purchased from Cell Signaling Technology. ECL solution was evenly applied on to the PVDF membrane, and the membranes were subsequently photographed with a fluorescence imaging machine. The densitometric evaluation of the bands was performed using Image Lab™ 6.0 software (Bio-Rad Laboratories, Inc.).

Detection of the mRNA levels of ERS-associated genes in genioglossus muscle samples. Reverse transcription quantitative PCR (RT-qPCR) analysis was performed to detect the mRNA expression levels of GRP78 and CHOP. Total RNA was obtained by lysing the genioglossus muscle with TRizol® lysis buffer (Thermo Fisher Scientific, Inc.). Subsequently, 1 µg total RNA was reversetranscribed using the Transcriptor First Strand cDNA Synthesis Kit (cat. no. 04987903001) of Roche Diagnostics GmbH using the following protocol: 30 min at 55˚C and at 85˚C for 5 min. After mixing the primers of GRP78, CHOP, and GAPDH (for the sequences, see Table I; Invitrogen, Thermo Fisher Scientific, Inc., 1 µg cDNA, and Power SYBR® Green PCR Master Mix (cat. no. 4367659; Applied Biosystems; Thermo Fisher Scientific, Inc.), RT-qPCR was performed on an ABI7900 instrument, and the thermocycling conditions were as follows: Initial denaturation for 10 min at 95˚C, 40 cycles of 15 sec at 95˚C and 1 min at 60˚C. The 2^-ΔΔCq method (23) was used for quantitative analysis of the mRNA levels.

Detection of reactive oxygen species (ROS). OCT (cat. no. 4583; Sakura Finetek USA, Inc.) embedding solution was used to embed fresh genioglossus muscle tissue samples, which were cut using a frozen microtome for subsequent use. Frozen sections (6 µm) were treated with dihydroethidium assay kit (cat. no. S0063; Beyotime Institute of Biotechnology) according to the manufacturer's instructions, prior to analysis with fluorescence microscopy (magnification, x200). In total, five random fields per tissue section were captured. ImageJ 1.52 software (National Institutes of Health) was used to detect the fluorescence intensity, which represented the reactive oxygen species level.

Table I. PCR primers for detecting endoplasmic reticulum stress-related genes in genioglossus muscle samples.

| Gene       | Primer sequences (5'-3') |
|------------|-------------------------|
| GRP78      | Forward: CTCGGATCCACCATGATGAAGTTCACTGTGGTG  
|            | Reverse: TGCTTCAGGCTCAACTCATCTTTTTTCTGATG |
| CHOP       | Forward: CTCGCTTCCAGATTCAGT  
|            | Reverse: CTGCTCCTTCTCCTCATGC |
| GAPDH      | Forward: AGCAGTCCCGTACACTGGCAAAC  
|            | Reverse: TCTGTTGGTGATGTAATAGTCCTCT |

GRP78, glucose-regulated protein 78; CHOP, C/EBP homologous protein.
Results

Serum and genioglossus muscle klotho protein levels. At 12 weeks after initiating establishment of the mouse CIH model, the levels of the klotho protein in the serum and genioglossus muscle samples of the C57BL/6 mice were found to be significantly decreased in the CIH group compared with those in the NC group (P<0.05). Following exogenous klotho protein administration, however, the levels of klotho protein in the serum and genioglossus muscle tissue were significantly increased compared with those in the CIH group (P<0.05), although they remained lower in comparison with those in the NC group (P<0.05; Fig. 1). These results suggested that klotho protein injected intraperitoneally was distributed systemically, including its delivery to the genioglossus muscle tissue.

Apoptosis of genioglossus myocytes. After 12 weeks of CIH modeling, the apoptotic rate of the genioglossus myocytes was found to be significantly higher in the CIH group (7.63±0.1672%) compared with that in the NC group (0.81±0.0719%; P<0.05). Following administration of the klotho protein, however, the apoptotic rate was markedly reduced (4.60±0.3164%) compared with that in the CIH group (P<0.05), although this remained higher compared with the control value (P<0.05; Fig. 2). These results suggested that administration of exogenous klotho protein could alleviate apoptosis in genioglossus myocytes.

Histological changes in the genioglossus. After 12 weeks of CIH modeling, the H&E staining experiments revealed no significant differences in terms of histological changes among the three groups (Fig. 3).

Gene expression levels of ERS-associated molecules in genioglossus muscle samples. After 12 weeks of CIH modeling, the GRP78 and CHOP mRNA levels in the genioglossus muscle samples were significantly increased in the CIH group compared with those in the NC group (all P<0.05). Compared with the CIH group, the CIH + klotho group revealed markedly reduced mRNA levels of GRP78 and CHOP (all P<0.05). The CHOP mRNA levels in the CIH + klotho group remained higher compared with those of the NC group (P<0.05), whereas the GRP78 gene expression levels in the CIH + klotho and NC groups were comparable (P>0.05; Fig. 4).

Protein expression levels of ERS-associated molecules in genioglossus muscle samples. After 12 weeks of CIH modeling, the protein expression levels of ERS-associated proteins (GRP78, CHOP, cleaved caspase-12 and cleaved caspase-3) in the genioglossus muscle samples were significantly higher in the CIH group compared with those in the NC group (all P<0.05). Administration of klotho, however,
led to a significant reduction in these levels in the model mice (all \( P<0.05 \)). The cleaved caspase-12/caspase-12 ratio remained significantly lower in the CIH + klotho group compared with the NC group (both \( P<0.05 \)), whereas the levels of GRP78, CHOP and cleaved caspase-3/caspase-3 ratio were similar between the NC and CIH + klotho groups (all \( P>0.05 \); Fig. 5).

**ROS levels in the genioglossus muscle samples.** At the end of the 12-week study, compared with the NC group, the CIH and CIH + klotho treatment groups were found to have significantly increased ROS levels in the genioglossus muscle samples (all \( P<0.05 \)). Compared with the CIH group, however, the CIH + klotho group exhibited significantly decreased ROS levels, although they remained higher compared with those of the NC group (\( P<0.05 \); Fig. 6).

**Discussion**

The present study demonstrated that exogenous klotho may alleviate apoptosis of genioglossus myocytes in mice by inhibiting ROS-associated ERS. As revealed by the experiments described in the present study, the serum and genioglossus muscle tissue klotho protein levels in the CIH group were significantly lower compared with those of the control group, suggesting that the CIH model had indeed been successfully established, also corroborating previous findings of reduced klotho protein amounts in OSAS (19). Interestingly, after repeated treatment with klotho, the protein was identified both in the serum and in the genioglossus muscle, although at levels lower than normal physiological levels.

Subsequently, the extent of apoptosis of the genioglossus muscle was assessed. Significantly higher apoptotic rates in the CIH group were identified compared with the control animals, a phenomenon that was slightly, although not completely, reversed by administration of exogenous klotho protein in vivo. These findings confirmed the antiapoptotic effects of klotho (24,25).

Klotho is an anti-aging gene, which has been identified at reduced levels in patients with OSAS, type 2 diabetes mellitus, and in subjects who are smokers (20,26,27). High klotho expression levels in the plasma are associated with good response in patients with acute ischemia stroke (28). Furthermore, it has been reported that increases in the klotho protein level may have a renoprotective function in patients with diabetes and chronic kidney disease (20). Liu et al (22) reported that klotho reduced lipopolysaccharide-induced acute cardiorenal injury in mice. Therefore, it was hypothesized that supplementation with klotho may also protect against CIH-induced injury.

It has been demonstrated that klotho protein is involved in ERS regulation, reducing the pathophysiological injury caused
A recent study also demonstrated that activated IRE-1 is coupled with c-Jun N-terminal kinase activation through interaction with TRAF-2 and apoptotic signal-regulated kinase-1 (30). Therefore, whether ERS is involved in CIH-induced apoptosis was the major objective of the present study.

In the present study, establishment of CIH led to an increase in the mRNA expression levels of ERS-associated genes, including GRP78 and CHOP, as well as the protein levels of GRP78, CHOP, cleaved caspase-12 and cleaved caspase-3 in genioglossus muscle samples from mice. These findings were in line with previous reports showing that ERS mediates cell apoptosis to cause cognitive dysfunction in OSAS (31,32). As demonstrated above, administration of exogenous klotho protein significantly reduced the levels of ERS-associated genes and proteins, indicating that klotho protein is involved in regulating CIH-induced, ERS-associated apoptosis.

As oxidative stress is also an important factor in the pathophysiology of airway diseases (7), the present study sought to determine whether the latter was affected by klotho protein treatment in the current model. As shown above, the ROS levels were increased after CIH modeling, but decreased by klotho protein administration. These results indicated that klotho protein alleviated oxidative stress in the CIH model. Taken together, the present findings have demonstrated that exogenous klotho protein inhibits

by an increased UPR and abnormal ER activation (29). A recent study also demonstrated that activated IRE-1 is coupled with c-Jun N-terminal kinase activation through interaction with TRAF-2 and apoptotic signal-regulated kinase-1 (30). Therefore, whether ERS is involved in CIH-induced apoptosis was the major objective of the present study.

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the apoptosis levels of genioglossus myocytes in mice with CIH via suppression of the ROS-associated ERS pathways, and this should be further assessed in order to improve the clinical treatment of OSAS.

The limitations of the present study should, however, be mentioned. First, these experiments were conducted in a mouse CIH model, and whether similar findings would be obtained in a human study remains unclear. In addition, the animals were treated for a relatively long time, and the observed effects were still not complete. Furthermore, the mice were not assessed for disease characteristics or evaluated after discontinuation of the treatment. Finally, tauroursodeoxycholate (TUDCA) is an ER stress inhibitor, where it remains unknown whether TUDCA decreased klotho-induced oxidative stress and apoptosis. Therefore, the lack of a TUDCA group is another limitation of this study. Therefore, further studies are required to confirm these findings before performing clinical trials that may pave the way for the use of klotho protein in treatment of OSAS in the future.

In conclusion, the present study has demonstrated that exogenous klotho protein may reduce CIH-induced genioglossus muscle injury in mice, at least in part by regulating ERS-associated apoptotic pathways. Further studies, however, are required to corroborate these findings and to help determine whether klotho protein administration may be a feasible option for the treatment of OSAS.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

QZ conceived and supervised the study; ZX and QZ designed the experiments; WD and LG performed the experiments; QZ provided new tools and reagents; ZX developed new software and performed simulation studies; ZX analyzed the data; ZX wrote the manuscript; ZX made manuscript revisions. All authors have seen and can confirm the authenticity of the raw data. All authors have reviewed the results and approved the final version of the manuscript.

Ethics approval and consent to participate

This study was approved by the Experimental Animal Ethics Committee of Southeast University (Nanjing, China).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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