The potential effect of leukocyte filtration methods on erythrocyte-derived microvesicles: One step forward

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Abstract

By harmonizing the pre-preparation conditions and also removing some donors’ variations, the current study took one step forward to investigate whether different leukocyte filtration sets influence the quality of RBCs throughout the storage time. Twelve whole blood units were collected, and each unit was split into three equal parts. Thirty-six divided bags were filtered using three different leukocyte-filtration sets including Red Cell and Whole Blood Filters (12 units per filter). The prepared RBCs were refrigerated for up to 42 days and assessed for microvesicle count and size, clotting- and prothrombin time, hemolysis index, and biochemical parameters. A significant increment in erythrocytes microvesicle count (EMVs/µL) was observed during the time in the three filtration sets. The number of EMVs in WBF-RBCs was higher (~1.6 fold) than in F-RCF on day 42 (p=0.035). Interestingly the median fluorescence intensity of EMVs decreased during the storage. The size of MVs rose during the time without any significant differences among the filters. Coagulation time decreased in RBCs over the storage, with no significant differences among the filters. Hemolysis index and lactate concentration increased while glucose level decreased significantly throughout the time. The changes in WBF-RBCs were more drastic rather than RCF-RBCs. The only significant difference in the count of EMVs was between WBF and F-RCF components on day 42. Though the changes in WBF products were more drastic, all the values fell within the standard limits. Accordingly, all three filtration sets can be considered.

Key Words: Leukocytes filtration procedure; erythrocyte-derived microvesicle; hemolysis index; coagulation time.
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Eur J Transl Myol 32 (3): 10708, 2022 doi: 10.4081/ejtm.2022.10708

Growing documents have signified they are involved in a broad spectrum of physiological and pathological mechanisms and may boost some pathways, including coagulation and inflammation. In addition to storage conditions, variability of donors, pre-processing conditions, and blood processing techniques are referred to as sources of RBCs quality variations associated with undesired clinical consequences and poor outcomes. As regards, the issued RBCs produced through different preparation procedures are not equally processed, even though the whole process is tightly supervised, elucidating the role of blood preparation methods in the quality of the components is crucially important. At the Iranian Blood Transfusion Organization (IBTO), the leukocyte-filtration process began in 2005, and today about one-third of the RBCs components are produced using two different leukocyte filtration procedures including whole blood- (WBF) and red cell (RCF) filtration. Regarding the emphasis on filtration procedures including whole blood- (WBF) and red cell (RCF) filtration. The current experimental study was established to investigate the possible effects of three different leukocyte-depletion filters (which are currently used at IBTO) on the EMVs formation in RBCs components and also the quality of the components by harmonizing the preparation conditions and eliminating some confounding variables.

Materials and Methods

Blood collection
This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the Ethics Committee of the High Institute for Research and Education in Transfusion Medicine with the ethics code ID IR.TMI.REC.1398.014. Following receiving informed consent, 12 whole blood units (450±45 mL) from eligible healthy volunteers at IBTO were collected into blood collection bags. All the components were then processed under the same condition, within a maximum storage period of 6 hours of stop-bleed time at 20-24 °C.

Whole blood dividing and RBC component preparation
All the units were obtained from young male donors with blood type A+ to remove confounding individual variables. After measuring weight and calculating the exact volume, each unit was split into three equal parts using a sterile tubing welder (Terumo BCT TSCD II) in a completely closed system. Therefore, 36 units were provided from the primarily donated bags, which were then filtered using three different filters including two RCF and one WBF (12 units per filter). When the relevant filters were conjoined to the divided bags, in the first, for the WBF procedure (using PQ31555, Fresenius Kabi, Homburg, Germany), 12 whole blood bags were filtered and then centrifuged (Jouan KR 4-22 floor refrigerated centrifuge, REUZEit, US). Later, the centrifuged units were separated into RBC and plasma components using a manual plasma extractor (Grey, Fresenius, Rs 63840). Finally, the prepared RBCs were suspended in 33 mL of [saline-adenine-glucose-mannitol (SAGM)]. In the second, for the RCF method, following centrifugation and separation of the components, 33 mL of SAGM was added to the RBCs. The products were subsequently filtered using two different leukocyte-filtration sets including PQ31250, Fresenius Kabi, Homburg, Germany and LQE615Q, Leucoflex LCR5, Macopharma, France (12 products per filter). In the last, all the RBCs were stocked at 2-6 °C for up to 42 days. Afterward, RBCs sampling was accomplished four times on days 2, 14, 28, and 42, and to avoid contamination, each day 15 mL of well-mixed RBCs were conducted into accessory bags using a sterile tubing welder in a completely closed system; the samples were next emptied into 15 mL conical tubes and centrifuged to assess subsequently.

MVs isolation
Before running the protocols, phosphate buffer solution (PBS) and Annexin binding buffer were filtered using 0.22 µm syringe filters (TPP, Switzerland) to remove any artificial particles.
To isolate MVs, we followed a standard protocol based on sequential centrifugations (17); 8 mL of RBCs was first centrifuged for 15 min at 1200×g at room temperature (RT) (Eppendorf centrifuge 5702, Germany); the supernatant was transferred into a clean tube and centrifuged again for 15 min at 1500×g, RT. Second, the supernatant was transferred into a suitable 15 mL conical tube and centrifuged for 35 min at 14000×g, 4 °C. (Sigma 3K30 Zentrifugen, Germany). After discarding the supernatant, the tubes were reversely placed on a paper towel for 5 min to absorb all the residual liquid. Third, the pellet was re-suspended in 1000 µL PBS, transferred into a 1.5 mL microtube, and centrifuged once again for 35 min at 14000×g, 4 °C. Afterward, the supernatant was completely decanted and the pellet was re-suspended in 500 µL PBS to be analyzed subsequently.

Flow cytometry assay
We followed the instructions of some previous analyses performed in the flow cytometry department at our institution, as other published studies, to determine the counts and phenotypes of MVs. The samples were freshly analyzed by a bench-top CY flow space flow cytometer (Partec PAS, Karlsruhe, Germany). Three markers including Phycoerythrin (PE) anti-glycoporphin A (CD235a), Fluorescein isothiocyanate (FITC) mouse anti-human CD42b, and FITC Annexin V (AnnV) (all supplied from BD Pharmingen, San Diego, CA, USA) were applied to label EMVs, platelet-derived (PMVs) and phosphatidylserine-positive MVs (PS+MV) respectively. Fluorescent monodispersed polystyrene microspheres 1.0 µm (Fluorospheres® YG Carboxylate Microsphere, Polysciences, Warrington, PA, USA) was used as a size guide to determine and gate true MVs (less than 1.0 µm). It contained precise
numbers of fluorescent beads which were utilized for calculating the absolute number of MVs/µL. In the test tubes, series one, 30 µL MVs were marked with 3 µL PE-anti CD235a and incubated in the dark at 4 °C for 20 min; then 300 µL Ann binding buffer 1 x (pH 7.4, 0.1 mol/L HEPES, 1.4 mol/L NaCl, 25 mmol/L CaCl2) and 5 µL human FITC-Ann V was added to the tubes, mixed and incubated for 60 sec at 37 °C. Immediately before running, 5 µL vortex-mixed background noise of the appliance. Dynamic light scattering (DLS) The size distribution of EMVs was measured through a NANO-flex 180° (Particle Metrix, Germany) instrument. For this purpose, RBCs (3 mL) were centrifuged and the microvesicles were prepared according to method MVs isolation. The final MVs pellet was resuspended in 1.5 mL PBS buffer. After the appliance verification, each sample was run for 90 s using refractive indexes 1.43 and 1.33 for the sample and PBS, respectively. Heterogeneity of MVs size was defined based on the samples’ polydispersity index (PDI).

Prothrombin- and clotting time assays PT and CT were applied to assess the potency of EMVs to support coagulation. To perform PT (11), 25 µL normal pooled plasma (NPP) was mixed with 25 µL EMVs and incubated for 60 sec at 37 °C. 100 µL PT
solution (Diagnostica Stago Inc STA-Neoplastine CI Plus) was next added to the mixture and the time of coagulation was recorded. We used a semi-automated benchtop system (Diagnostica Stago STart® 4 Hemostasis Analyzer, USA) to accomplish both the assays. For CT, we followed the procedure of a previously published study. Additionally, at the end of the storage time (day 42), we carried out an extra PT assay using serial dilutions of EMVs samples in PBS including 1:2, 1:4, 1:18, 1:16, and 1:32. The first tube contained 50 µL NPP and 50 µL PBS. The other tubes contained 50 µL NPP and 50 µL of each EMVs dilution, respectively. After adding 200 µL PT solution to the mixtures, the coagulation time of each tube was defined.

Hemolysis index and biochemical parameters RBC samples were undergone centrifugation at 1000 ×g for 10 min at 4 °C, and the supernatant was analyzed to determine biochemical parameters (lactate and glucose) and hemolysis index. We applied a benchtop automated analyzer (Roche’s Cobas Mira chemistry analyzer, Germany) to enzymatically measure lactate (Audit Diagnostics, Glenbio Ireland) and glucose (Darman Faraz Kave, Iran). Before analysis, the instrument was verified using serum controls (Darman Faraz Kave, Iran). The hemolysis amounts were assessed by the absorption spectrum of free hemoglobin at 415, 450, and 700 nm by a spectrophotometer (UNICO UV-2100, USA). The percentage of hemolysis was then calculated according to the other studies.

Statistical analyses The one-way ANOVA test was used to compare the means among the groups at each follow-up time. One-way repeated measure ANOVA test was used to analyze the means' changes in each group over time. Concerning the Post hoc analysis, simple and repeated contrasts and pairwise comparison with Bonferroni adjustment were considered for one-way ANOVA and repeated measure analysis, respectively. Mauchly's Sphericity test was used for validating repeated measured analysis and choosing appropriate adjustments. Pearson correlation coefficient was used to evaluate the association of two quantitative variables. Statistically significant levels were set at 0.05. All statistical analyses were conducted by SPSS (version 25) software.

Results Count and phenotype of MVs Altogether, flow cytometric analysis divulged a significant gradual increase in the absolute count of EMVs/µL and PS+EMVs/µL, and also a gradual decrease in the median fluorescence intensity for the expression of CD235a on EMVs (MFI of EMVs) in the
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all three filtration sets during the storage time (Table 1). For gating strategy, MVs were first gated based on the forward versus side scatter as a slightly smaller population than 1.0 µm beads. By using unstained samples and isotype controls, the true population was differentiated from the background noises and debris. Afterward, the MVs population was characterized using PE anti-human CD235a (FL2 channel) and FITC Ann V (FL1 channel) markers to identify EMVs and PS+EMVs populations, respectively (Figure 1). Statistically significant increments were observed in the number of EMVs/µL and PS+EMVs/µL on days 14, 28, and 42, with the greatest increase on day 28 in the three filtration bags (p<0.001). Generally, the changes in EMVs population were similar among the filters on days 2 to 28, although the alterations became dramatic late in storage (day 42) so that the EMVs population in WBF and Macopharma RCF (M-RCF) showed a more drastic increase in comparison to Fresenius RCF (F-RCF). Further investigation demonstrated that the difference was significant between F-RCF and WBF procedures (p=0.035). We also observed differences between M-RCF and WBF bags or M-RCF and F-RCF, though they weren’t statistically significant. Interestingly, the results revealed significant decrements in MFI of EMVs on days 14, 28, and 42, with the highest reduction on day 14 (p<0.05); no significant differences were observed among the filtration sets. Besides, the total number of PMVs decreased in the filtration bags at the time of storage. The reduction was significant in M-RCF and WBF but not in F-RCF (Table 1). It probably indicates that leukocyte-depleted RBCs contain an inconsequential count of platelets.

Size of MVs
DLS results depicted the size of MVs shifted significantly from under 100 nm on day 2 to near 200 nm on days 14, 28, and 42, with the greatest increase on day 28 in the three filtration bags (p<0.001). Generally, the changes in EMVs population were similar among the filters on days 2 to 28, although the alterations became dramatic late in storage (day 42) so that the EMVs population in WBF and Macopharma RCF (M-RCF) showed a more drastic increase in comparison to Fresenius RCF (F-RCF). Further investigation demonstrated that the difference was significant between F-RCF and WBF procedures (p=0.035). We also observed differences between M-RCF and WBF bags or M-RCF and F-RCF, though they weren’t statistically significant. Interestingly, the results revealed significant decrements in MFI of EMVs on days 14, 28, and 42, with the highest reduction on day 14 (p<0.05); no significant differences were observed among the filtration sets. Besides, the total number of PMVs decreased in the filtration bags at the time of storage. The reduction was significant in M-RCF and WBF but not in F-RCF (Table 1). It probably indicates that leukocyte-depleted RBCs contain an inconsequential count of platelets.

Coagulation assays
As EMVs and PS+EMVs elevated with storage time, PT and CT decreased significantly on days 14, 28, and 42 in all three filtration bags (p<0.001, Figure 2); it demonstrates the ability of EMVs to support coagulation. Our results did not show any significant differences among the blood filtration sets (p>0.05, Table 1). The results also indicated negative moderate correlations between the count of EMVs/µL and PT or CT in the three filtration sets (p<0.001, Figure 3). Moreover, the outcomes of PT assay using EMVs serial dilutions on day 42 proved that the time of coagulation dropped by adding an increasing amount of EMVs to NPP. PT (S) reduced
gradually from 1:32 dilution of EMVs (F-RCF: 20.31±1.5, M-RCF: 19.85±0.94, WBF: 20.2±1.6) to 1:2 dilution (F-RCF: 14.3±1.6, M-RCF: 14.55±1.6, WBF: 13.9±1.4). The reductions were significant in 1:8, 1:4, and 1:2 dilutions (p<0.05, Figure 2).

Hemolysis index and chemical parameters of RBCs

The hemolysis index rose throughout the storage with the most increment on day 14 (p<0.001, Figure 4). The increment trend of hemolysis was similar among the filters early in storage, although it accelerated in the WBF procedure on days 28 and 42. Besides, the differences were significant between WBF and F-RCF or M-RCF methods on days 28 and 42 so that the percent of hemolysis in WBF was greater than in both RCF sets (p<0.05, Figure 4). Noteworthy that the hemolysis percent of all samples fell within the standard admitted level (<0.8%). In all the three filtration sets, significant diminution in glucose concentration was observed on days 14, 28, and 42 (p<0.001). In general, no significant differences were manifested between F-RCF and M-RCF components in hemolysis index, glucose, and lactate concentrations (p>0.05). More analysis revealed that the hemolysis index was correlated significantly with EMVs/µL count (moderate positive) and glucose concentration (strong negative) in all the filtration sets (Figure 3).

Discussion

Through the current study, we contributed to understanding the possible role of different leukocyte filtration procedures on the characteristics of RBCs during storage. We observed the count of EMVs in WBF-RBCs was significantly higher than in F-RCF on day 42, and the changes in the quality parameters of WBF components were significantly more drastic than in both RCFs. During ex-vivo storage, erythrocytes undergo cytoskeleton reorganization and lose their asymmetrical distribution of phospholipids, so PS exposes to the outer layer. Increment of EMVs verifies that vesiculation is a part of oxidative damages occurring permanently with the storage. In agreement with other studies, this supports our data that the total numbers of EMVs and PS+EMVs increased significantly in the three filtration sets over time. Though it is also indicated the count of MVs, especially PS+MVs, varies depending on the isolation techniques used in different works.
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Almizraq et al. (2018) reported the count of EMVs (by flow cytometry) on day 7 and the concentration of MVs<200 nm and ≥200 nm (using TRPS) on days 43 and 22, respectively, were significantly different between WBF and RCF procedures. Along the same line, Gamonet et al. (2020) represented the EMVs population in WBF and M-RCF were greater than other RCF components. On the contrary, Bicalho et al. (2015) did not find any significant differences in the concentration of EMVs between the methods. They demonstrated the average MVs size in WBF-RBCs was smaller than RCF. Notably, Freitas et al. (2020) by using cryo transmission electron microscopy claimed that due to the accumulation of EMVs in the medium during storage, vesiculation continued within them, which could explain small MVs’ presence. It is also implied that isolation methods and processing differences (such as temperature or the length of pre-storage) are the major sources of contradictions in MVs characterization. In the present study, all the components were processed under the same condition, and RBCs produced by different filtration sets (n=12 per filter) possessed the same whole blood sources (12 whole blood units were split into 36 equal units). Our findings showed the different filtration sets contained a different number of EMVs and PS+EMVs. Nonetheless, the only statistically significant one was between WBF and F-RCF for EMVs count on day 42. Noteworthy that flow cytometry is not capable of detecting small MVs, so the observed difference could be related to MVs>200 nm. DLS analysis revealed the average size of MVs grew as a function of storage in all the RBCs, however, no significant differences were seen among the filtration sets. Taking into account that leukocyte filtration and buffy coat descanting remove platelets and their MVs, PMVs number remained unchanged or dropped with the storage. Interestingly, the MFI of CD235a decreased significantly in all the RBCs during storage. Decreased expression of GlyA on older erythrocytes has been described as an innate property of aged-stored RBCs. Enzymes and proteases released from platelets and degraded leukocytes, early in storage, cause destruction and decrement of GlyA. Hereupon, we hypothesized that due to the reduction of GlyA on erythrocytes’ surface, it also decreases on the MVs derived from them. Even though donors’ age, sex, and blood groups were similar in this study, high variation in MVs count was observed within the samples, which suggests other factors like underlying exercises or genetics may be involved. EMVs and PS+EMVs trigger the coagulation process and thrombin generation through several pathways. Our results, consistent with others, indicated that significant decrements occurred in coagulation time (PT and CT assays) in RBCs throughout the time, without any significant differences among the filters. Moreover, the inverse correlations between EMVs/µL and the assays...
verified the possible role of EMVs in coagulation activities and thromboembolic complications, as suggested before.\textsuperscript{12,30} Further analysis of RBCs demonstrated hemolysis index and lactate concentrations increased while glucose levels decreased as storage time extended, confirming other data.\textsuperscript{3,18,22,32-34} Owing to erythrocytes’ anaerobic metabolism, glucose is consumed, resulting in decrement and increment of ATP and lactate, respectively. Since blood-containing bags lack the buffering potential, lactate accumulates in the medium.\textsuperscript{34} Excess amounts of lactate and accumulation of other metabolites cause erythrocyte alterations and dysfunction, which negatively affect the patients’ outcomes.\textsuperscript{18} Notably, the rate of glucose reduction in WBF-RBCs was significantly more drastic than in both RCF-RBCs. Almizraq et al. (2018)\textsuperscript{3} reported that ATP concentration (supplied by glucose) was significantly lower in WBF-RBCs. Besides, we found higher lactate concentration in WBF-RBCs. The storage of RBCs in artificial conditions disrupts the metabolic mechanisms resulting in morphology changes and reduction of deformability of erythrocytes, so they become more susceptible to lysis.\textsuperscript{22,34,35} In addition, more glucose intake causes more ATP depletion, on which erythrocyte integrity depends, resulting in hemolysis and EMVs shedding rising.\textsuperscript{7} Previous studies have manifested that hemolysis and fragmentation of erythrocytes in RBCs lead to an increment of free and vesicular Hb, both of which scavenge nitric oxide; it causes endothelial cell dysfunction in the patients.\textsuperscript{7,13,36} Our study, like other works,\textsuperscript{3,16} displayed that the hemolysis rate increased with storage in all the components, and it was higher in WBF-RBCs. Howbeit, the hemolysis index in all samples was within the standard range. Furthermore, our results signified that severe biochemical and structural changes occurred early and late in the storage time, respectively, consistent with other works.\textsuperscript{3,5,7,8}

In conclusion, our results manifested that except for day 42, which is the last day of storage, there was no significant difference in the count of EMVs among the different leukocyte filtration sets. Although the changes in the hemolysis index in WBF components were more severe, none of the products exceeded the standard limits. Accordingly, all three filtration sets can be considered. Nevertheless, the reasons for the differences and their possible influences on the erythrocytes’ post-transfusion survival and clinical outcomes are worthy of further investigation.

**List of acronyms**

- CT - clotting time
- DLS - dynamic light scattering
- EMVs - erythrocytes-derived microvesicles
- FITC - fluorescein isothiocyanate
- F-RCF - Fresenius red cell filtration
- IBTO - Iranian Blood Transfusion Organization
- MFI - median fluorescence intensity
- M-RCF - Macopharma red cell filtration
- MVs - microvesicles
- NPP - normal pooled plasma
- PBS - phosphate buffer solution
- PDI - polydispersity index
- PMVs - platelet-derived MVs
- PS+MVs - phosphatidylserine-positive MVs
- PT - prothrombin time
- RBCs - red blood cell components
- RCF - red cell filtration
- RT - room temperature
- SAGM - saline-adenine-glucose-mannitol
- WBF - whole blood filtration
- CT - clotting time
- DLS - dynamic light scattering
- EMVs - erythrocytes-derived microvesicles
- FITC - fluorescein isothiocyanate
- F-RCF - Fresenius red cell filtration
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- PMVs - platelet-derived MVs
- PS+MVs - phosphatidylserine-positive MVs
- PT - prothrombin time
- RBCs - red blood cell components
- RCF - red cell filtration
- RT - room temperature
- SAGM - saline-adenine-glucose-mannitol
- WBF - whole blood filtration

**Contributions of Authors**

All the authors contributed to the study’s conception and design. Material preparation, data collection, and analysis were performed by FR, SA-k, MNZ and AA. The first draft of the manuscript was written by FR and MM and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

**Acknowledgments**

We sincerely acknowledge the efforts of Dr. Deyhim, Mrs. Golzadeh, and the staff of the Coagulation Lab, Quality Control laboratory, and Center of Innovation of IBTO.

**Funding**

This study was granted by AJA University of Medical Sciences.

**Conflict of Interest**

The authors declare no conflict of interests.

**Ethical Publication Statement**

We confirm that we have read the Journal’s position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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Submission: June 27, 2022
Revision received: July 17, 2022
Accepted for publication: July 18, 2022