ON THE INDEX OF CONSTANT MEAN CURVATURE HYPERSURFACES

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Abstract. In 1968, Simons [9] introduced the concept of index for hypersurfaces immersed into the Euclidean sphere $S^{n+1}$. Intuitively, the index measures the number of independent directions in which a given hypersurface fails to minimize area. The earliest results regarding the index focused on the case of minimal hypersurfaces. Many such results established lower bounds for the index. More recently, however, mathematicians have generalized these results to hypersurfaces with constant mean curvature. In this paper, we consider hypersurfaces of constant mean curvature immersed into the sphere and give lower bounds for the index under new assumptions about the immersed manifold.

1. Introduction

The index of minimal hypersurfaces immersed into the Euclidean sphere $S^{n+1}$ appeared in the seminal work of Simons [9]. Intuitively, the index measures the number of independent directions in which the hypersurface fails to minimize area. In this paper, Simons proved, among many results, that the index of such hypersurfaces is greater than or equal to one, with equality only at totally geodesic spheres. Later, Urbano [10] established the lower bound for the case of minimal surfaces into the Euclidean sphere $S^3$. Indeed, he proved that the lower bound is attained on the Clifford torus. Following Urbano’s result, El Soufi [5] proved that the index of a compact non-totally geodesic minimal hypersurface of the sphere not only must be greater than one, but in fact, must be greater than or equal to $n + 3$ which correspond to the index of a minimal Clifford torus. Therefore, we have the following result.

Theorem 2.2 [El Soufi]. Let $\Sigma^n$ be a compact orientable minimal hypersurface immersed into $S^{n+1}$. Then

(1) either $\text{Ind}(\Sigma) = 1$ (and $\Sigma$ is a totally geodesic equator $S^n \subset S^{n+1}$);

(2) or $\text{Ind}(\Sigma) \geq n + 3$.

On the other hand, apart from totally geodesic equators of the sphere, the easiest minimal hypersurfaces in $S^{n+1}$ are the minimal Clifford tori. For that reason, it has been conjectured that the minimal Clifford tori are the only minimal hypersurfaces of the sphere with index $n + 3$. Thus, we have the following.

Conjecture 1. Let $\Sigma^n$ be a compact orientable minimal hypersurface immersed into $S^{n+1}$. Then
(1) either \( \text{Ind}(\Sigma) = 1 \) (and \( \Sigma \) is a totally geodesic equator \( \mathbb{S}^n \subset \mathbb{S}^{n+1} \));

(2) or \( \text{Ind}(\Sigma) \geq n + 3 \), with equality if and only if \( \Sigma \) is a minimal Clifford torus

\[ \mathbb{S}^k\left(\sqrt{\frac{k}{n}}\right) \times \mathbb{S}^{n-k}\left(\sqrt{\frac{n-k}{n}}\right). \]

This conjecture has not yet been proven, but many mathematicians have solved some particular cases. For instance, as pointed out Urbano [10] proved that this conjecture is true when \( n = 2 \). Later on, Brasil, Delgado and Guadalupe, [4] showed that the conjecture is true for every dimension \( n \) provided the scalar curvature is constant. But, in fact, this follows from a early result due to Nomizu and Smyth [7]. On the other hand, Perdomo [8] has also showed that the conjecture is true for every dimension \( n \) with a hypothesis about the symmetry of the hypersurface. More exactly, he proved.

**Theorem 1.3 [Perdomo].** Let \( \Sigma^n \) be a compact orientable minimal hypersurface immersed into \( \mathbb{S}^{n+1} \), invariant under the antipodal map, and not a totally geodesic equator. Then \( \text{Ind}(\Sigma) \geq n + 3 \), with equality if and only if \( \Sigma \) is a minimal Clifford torus.

In his paper, Perdomo observed that the symmetry assumption seems weak because all of the many known embedded minimal hypersurfaces in dimension bigger than 3 of the sphere do have antipodal symmetry.

Besides minimal hypersurfaces of \( \mathbb{S}^{n+1} \), a natural generalization is the case of hypersurfaces with constant mean curvature (CMC) hypersurfaces. In this case, it is more natural geometrically to study the weak index of such hypersurfaces.

Barbosa, do Carmo and Eschenburg [3] proved that totally umbilical round spheres \( \mathbb{S}^n(r) \subset \mathbb{S}^{n+1} \) are the only compact weakly stable CMC hypersurfaces in \( \mathbb{S}^{n+1} \). It has also been proven that the minimal Clifford tori have weak index equal to \( n + 2 \) when regarded as CMC hypersurfaces. These results lead us to a natural conjecture.

**Conjecture 2.** Let \( \Sigma^n \) be a compact orientable CMC hypersurface immersed into \( \mathbb{S}^{n+1} \). Then

(1) either \( \text{Ind}_T(\Sigma) = 0 \) (and \( \Sigma \) is a totally umbilical sphere in \( \mathbb{S}^{n+1} \));

(2) or \( \text{Ind}_T(\Sigma) \geq n + 2 \), with equality if and only if \( \Sigma \) is a CMC Clifford torus

\[ \mathbb{S}^k(r) \times \mathbb{S}^{n-k}\left(\sqrt{\frac{k}{n}}\right) \text{ with radius } \sqrt{\frac{k}{n+2}} \leq r \leq \sqrt{\frac{k+2}{n+2}}. \]

As was first done on the minimal case, recently, Alías, Brasil Jr. and Perdomo [2] showed that this conjecture is true under the additional hypothesis that the hypersurface has constant scalar curvature.

In this paper, we shall present a lower bound for the index of a CMC hypersurface under an additional hypothesis on the second fundamental form. More exactly, we obtain the following result.

**Theorem 1.** Let \( x : \Sigma^n \hookrightarrow \mathbb{S}^{n+1} \) be a CMC isometric immersion of a compact oriented manifold \( \Sigma^n \). Assume that \( |A|^2 - 2nH^2 \geq 0 \).

(1) If \( H = \pm 1 \) then \( \text{Ind}_T(\Sigma^n) \geq n + 2 \).

(2) If \( \int_{\Sigma^n} |\nabla u|^2d\Sigma \geq n \int_{\Sigma^n} \ell_u^2d\Sigma \) and \( |H| \leq 1 \), then \( \text{Ind}_T(\Sigma^n) \geq n + 2 \).

(3) If \( \int_{\Sigma^n} |\nabla u|^2d\Sigma \leq n \int_{\Sigma^n} \ell_u^2d\Sigma \) and \( |H| \geq 1 \), then \( \text{Ind}_T(\Sigma^n) \geq n + 2 \).
2. Background

Let us consider \( \varphi : \Sigma^n \hookrightarrow \mathbb{S}^{n+1} \), a compact orientable hypersurface immersed into the unit Euclidean sphere \( \mathbb{S}^{n+1} \). We will denote by \( A \) the shape operator of \( \Sigma \) with respect to a globally defined normal unit vector field \( N \). That is, \( A : \mathcal{X}(\Sigma) \to \mathcal{X}(\Sigma) \) is the endomorphism defined by

\[
AX = -\tilde{\nabla}_X N = -\bar{\nabla}_X N, \quad X \in \mathcal{X}(\Sigma)
\]

where \( \tilde{\nabla} \) and \( \bar{\nabla} \) denote, respectively, the Levi-Civita connection on \( \mathbb{R}^{n+2} \) and \( \mathbb{S}^{n+1} \).

The mean curvature of \( \Sigma \) is defined as

\[
H = \frac{1}{n} \text{tr}(A).
\]

If \( \nabla \) denotes the Levi-Civita connection on \( \Sigma \), then the Gauss formula for the immersion \( \varphi \) is given by

\[
\tilde{\nabla}_XY = \bar{\nabla}_XY - \langle X, Y \rangle \varphi = \nabla_X Y + \langle AX, Y \rangle N - \langle X, Y \rangle \varphi
\]

for every tangent vector field \( X, Y \in \mathcal{X}(\Sigma) \). The covariant derivative of \( A \) is defined by

\[
\nabla A(X, Y) = (\nabla_Y A)X = \nabla_Y (AX) - A(\nabla_Y X), \quad X, Y \in \mathcal{X}(\Sigma),
\]

and the Codazzi equation is given by

\[
\nabla A(X, Y) = \nabla A(Y, X)
\]

for any \( X, Y \in \mathcal{X}(\Sigma) \).

Every smooth function \( f \in C^\infty(\Sigma) \) induces a normal variation \( \varphi_t : \Sigma \to \mathbb{S}^{n+1} \) of the original immersion \( \varphi \), given by

\[
\varphi_t = \cos(tf(p))\varphi(p) + \sin(tf(p))N(p).
\]

Since \( \varphi_0 = \varphi \) is an immersion and this is an open condition, there exists an \( \varepsilon > 0 \) such that every \( \varphi_t \) is also an immersion, for \( |t| < \varepsilon \). Then we can consider the area function \( \mathcal{A} : (-\varepsilon, \varepsilon) \to \mathbb{R} \) given by

\[
\mathcal{A}(t) = \text{Area}(\Sigma_t) = \int_\Sigma d\Sigma_t,
\]

where \( \Sigma_t \) stands for the manifold \( \Sigma \) endowed with the metric induced by \( \varphi_t \) from the Euclidean metric on \( \mathbb{S}^{n+1} \), and \( d\Sigma_t \) is the \( n \)-dimensional area element of that metric on \( \Sigma \). The first variation formula for the area ([6], Chapter 1, Theorem 4) establishes that

\[
\mathcal{A}'(0) = \frac{d}{dt} [\mathcal{A}(t)]_{t=0} = -n \int_\Sigma fHd\Sigma.
\]

The stability operator of this variation problem is given by the second variation formula for the area ([6], Chapter 1, Theorem 32),

\[
\mathcal{A}''(0) = \frac{d^2}{dt^2} [\mathcal{A}(t)]_{t=0} = -\int_\Sigma f(\Delta f + |A|^2 f + nf)d\Sigma = -\int_\Sigma Jffd\Sigma.
\]

Here, \( J = \Delta + |A|^2 + n \) is the Jacobi operator, where \( \Delta \) stands for the Laplacian operator of \( \Sigma \) and \( |A|^2 = \text{tr}(A^2) \).

When working with constant mean curvature hypersurfaces, it is often convenient to use the traceless second fundamental form given by \( \phi = A - HI \), where \( I \) denotes the identity operator on \( \mathcal{X}(\Sigma) \).
As a consequence of the first variation formula for the area \(2.4\), we have that \(\Sigma\) has constant mean curvature (not necessarily zero) if and only if \(A'(0) = 0\) for every smooth function \(f \in C^\infty(\Sigma)\) satisfying the additional condition \(\int_\Sigma f d\Sigma = 0\).

The Jacobi operator induces the quadratic form \(Q : C^\infty(\Sigma) \to \mathbb{R}\) acting on the space of smooth functions on \(\Sigma\) defined by
\[
Q(f) = -\int_\Sigma f J f d\Sigma.
\]

There are two different notions of stability and index, the strong stability and strong index, denoted by \(\text{Ind}(\Sigma)\), and the weak stability and weak index, denoted by \(\text{Ind}_T(\Sigma)\). Thus, the strong index is
\[
\text{Ind}(\Sigma) = \max\{\dim V : V \subset C^\infty(\Sigma), Q(f) < 0, \forall f \in V\}
\]
and \(\Sigma\) is called strongly stable if and only if \(\text{Ind}(\Sigma) = 0\). On the other hand, the weak index is
\[
\text{Ind}_T(\Sigma) = \max\{\dim V : V \subset C^\infty_T(\Sigma), Q(f) < 0, \forall f \in V\},
\]
where \(C^\infty_T(\Sigma) = \{f \in C^\infty(\Sigma) : \int_\Sigma f d\Sigma = 0\}\), and \(\Sigma\) is called weakly stable if and only if \(\text{Ind}_T(\Sigma) = 0\).

### 2.1. Preliminary Calculations

Let \(\varphi : \Sigma^n \hookrightarrow \mathbb{S}^{n+1}\) be a constant mean curvature isometric immersion of a compact oriented manifold \(\Sigma^n\). For a fixed arbitrary vector \(v \in \mathbb{R}^{n+2}\), we will consider the support functions \(l_v = \langle \varphi, v \rangle\) and \(f_v = \langle N, v \rangle\) defined on \(\Sigma\). A standard computation, using equations \(2.1\) and \(2.2\), shows that the gradient and the Hessian of the functions \(l_v\) and \(f_v\) are given by
\[
\nabla l_v = v^T
\]
and
\[
\nabla^2 l_v(X,Y) := \langle \nabla_X \nabla l_v, Y \rangle = -l_v \langle X,Y \rangle + f_v \langle AX,Y \rangle
\]
and
\[
\nabla f_v = -A(v^T)
\]
\[
\nabla^2 f_v(X,Y) := \langle \nabla_X \nabla f_v, Y \rangle = -\langle \nabla A(v^T), X,Y \rangle + l_v \langle AX,Y \rangle - f_v \langle AX,AY \rangle
\]
for every tangent vector field \(X,Y \in \mathcal{X}(\Sigma)\). Here, \(v^T = v - l_v \varphi - f_v N \in \mathcal{X}(\Sigma)\) denotes the tangential component of \(v\) along the immersion \(\varphi\).

Equation \(2.7\) directly yields
\[
\Delta l_v = \text{tr}(\nabla^2 l_v) = -nl_v + nH f_v.
\]
Using the Codazzi equation \(2.3\) in equation \(2.9\) we also obtain
\[
\Delta f_v = -\langle v^T, \nabla H \rangle + nH l_v - |A|^2 f_v.
\]
In particular, if \(H\) is constant we have
\[
\Delta f_v = nH l_v - |A|^2 f_v.
\]
From here, a direct calculation yields
\[
Jl_v = |A|^2 l_v + nH f_v
\]
and
\[
Jf_v = nH l_v + nf_v.
\]
3. Results

Consider the function $\psi_v = l_v - Hf_v$. Since $|\phi|^2 = |A|^2 - nH^2$, we obtain

$$J\psi_v = |\phi|^2 l_v$$

and

$$\int_{\Sigma} \psi_v d\Sigma = 0.$$ 

Then a straightforward computation yields

$$(3.1) \quad Q(\psi_v) = -\int_{\Sigma} |\phi|^2 l_v^2 d\Sigma + \int_{\Sigma} |\phi|^2 Hl_v f_v d\Sigma.$$

**Proposition 1.** Let $\varphi: \Sigma^n \hookrightarrow S^{n+1}$ be a constant mean curvature isometric immersion of a compact oriented manifold $\Sigma^n$. If $e_1, \ldots, e_{n+2}$ stand for the canonical vector field of $\mathbb{R}^{n+2}$, then

$$\sum_{i=1}^{n+2} Q(\psi_{e_i}) = -\int_{\Sigma} |\phi|^2 d\Sigma.$$

**Proof.** First, notice that equation (3.1) yields

$$\sum_{i=1}^{n+2} Q(\psi_{e_i}) = -\int_{\Sigma} |\phi|^2 \sum_{i=1}^{n+2} l_{e_i}^2 d\sigma + \sum_{i=1}^{n+2} H|\phi|^2 \sum_{i=1}^{n+2} l_{e_i} f_{e_i} d\sigma.$$

Taking into account that

$$\langle x, x \rangle = \left( \sum_{i=1}^{n+2} \langle x, e_i \rangle e_i, \sum_{j=1}^{n+2} \langle x, e_j \rangle e_j \right) = \sum_{i=1}^{n+2} (\langle x, e_i \rangle)^2 = \sum_{i=1}^{n+2} l_{e_i}^2$$

and

$$\langle x, N \rangle = \left( \sum_{i=1}^{n+2} \langle x, e_i \rangle e_i, \sum_{j=1}^{n+2} \langle N, e_j \rangle e_j \right) = \sum_{i=1}^{n+2} \langle x, e_i \rangle \langle N, e_i \rangle = \sum_{i=1}^{n+2} l_{e_i} f_{e_i},$$

we arrive at

$$\sum_{i=1}^{n+2} Q(\psi_{e_i}) = -\int_{\sigma} |\phi|^2 d\sigma,$$

which finishes the proof of proposition. □

**Corollary 1.** Let $\varphi: \Sigma^n \hookrightarrow S^{n+1}$ be a constant mean curvature isometric immersion of a compact oriented manifold $\Sigma^n$. Then, up to totally umbilical spheres, $\text{Ind}_T(\Sigma) \geq 1$.

**Proof.** If $\Sigma^n$ is not totally umbilical, then $|\phi|^2 > 0$. Thus,

$$\sum_{i=1}^{n+2} Q(\psi_{e_i}) < 0$$

so there is at least one $\psi_{e_i}$ such that $Q(\psi_{e_i}) < 0$. Hence, $\text{Ind}_T(\Sigma) \geq 1$. □
3.1. Main Result. Our main result is the following theorem.

**Theorem 1.** Let \( \varphi : \Sigma^\circ \rightarrow S^{n+1} \) be a constant mean curvature isometric immersion of a compact oriented manifold \( \Sigma^\circ \). Assume that \( |A|^2 - 2nH^2 \geq 0 \) and \( \Sigma^\circ \) is not totally umbilical. Then the following are true.

- If \( H = \pm 1 \), then \( \text{Ind}_T(\Sigma^\circ) \geq n+2 \).
- If \( \int_\Sigma |\nabla l_v|^2 d\Sigma \geq n \int_\Sigma l_v^2 d\Sigma \) for all \( v \in \mathbb{R}^{n+2} \) and \( |H| \leq 1 \), then \( \text{Ind}_T(\Sigma^\circ) \geq n+2 \).
- If \( \int_\Sigma |\nabla l_v|^2 d\Sigma \leq n \int_\Sigma l_v^2 d\Sigma \) for all \( v \in \mathbb{R}^{n+2} \) and \( |H| \geq 1 \), then \( \text{Ind}_T(\Sigma^\circ) \geq n+2 \).

Our first objective is to show that if \( W = \text{span}\{\psi_{v_i}\}_{i=1}^{n+2} \), where \( \{e_i\}_{i=1}^{n+2} \) is the canonical frame of \( \mathbb{R}^{n+2} \), then (up to totally umbilical spheres) \( \dim W = n+2 \). We will then use this fact to prove our main result.

**Lemma 1.** Let \( \varphi : \Sigma^\circ \rightarrow S^{n+1} \) be a constant mean curvature isometric immersion of a compact oriented manifold \( \Sigma^\circ \). Then, up to totally umbilical spheres, \( \dim W = n+2 \).

**Proof.** Let us suppose that \( \{\psi_{e_1}, \ldots, \psi_{e_{n+2}}\} \) is a dependent set, where \( \{e_1, \ldots, e_{n+2}\} \) is the canonical frame of \( \mathbb{R}^{n+2} \). Then, there exist non-null real constants \( a_1, \ldots, a_{n+2} \) such that

\[
\sum_{i=1}^{n+2} a_i \psi_{e_i} = 0.
\]

Thus, considering \( v = \sum_{i=1}^{n+2} a_i e_i \), we conclude that \( l_v = Hf_v \). We then know that \( 0 = \Delta(l_v - Hf_v) = -nl_v + nHf_v + H|A|^2f_v - nH^2l_v = |\phi|^2 l_v \). We now claim that this yields \( |\phi|^2 = 0 \). Indeed, if there exists some \( p \in \Sigma \) such that \( |\phi|^2(p) \neq 0 \), then there is a neighborhood \( U \) of \( p \) such that \( |\phi|^2(q) \neq 0 \) for all \( q \in U \). Thus, \( l_v(q) = 0 \) for all \( q \in U \). Hence, \( \varphi(\Sigma^n) = S^n \), so \( \varphi(\Sigma) \) is totally umbilical. Therefore, we have \( |\phi|^2 \equiv 0 \). But this also implies that \( \varphi(\Sigma) \) is totally umbilical. Hence, up to totally umbilical spheres, \( \{\psi_{e_1}, \ldots, \psi_{e_{n+2}}\} \) is an independent set.

We now prove the main theorem.

**Proof.** By Lemma 1 it suffices to show that \( Q(\psi_v) < 0 \) for all \( v \in \mathbb{R}^{n+2} \). We observe that \( l_v \Delta f_v = -|A|^2 l_v f_v + nHl_v^2 \), so

\[
\int_\Sigma H|A|^2 l_v f_v d\Sigma = -H \int_\Sigma l_v \Delta f_v d\Sigma + nH^2 \int_\Sigma l_v^2 d\Sigma.
\]

Also, by Green’s formula and the compactness of \( \Sigma^n \), \( \int_\Sigma l_v \Delta f_v d\Sigma = \int_\Sigma f_v \Delta l_v d\Sigma \), so

\[
\int_\Sigma H|A|^2 l_v f_v d\Sigma = -H \int_\Sigma f_v \Delta l_v d\Sigma + nH^2 \int_\Sigma l_v^2 d\Sigma.
\]
Therefore, we have the following.

\[
Q(\psi_v) = \int_{\Sigma} |\phi|^2 l_v^2 d\Sigma + \int_{\Sigma} |\phi|^2 H l_v f_v d\Sigma
\]

\[
= \int_{\Sigma} |\phi|^2 l_v^2 d\Sigma + \int_{\Sigma} H |A|^2 l_v f_v d\Sigma - n \int_{\Sigma} H^3 l_v f_v d\Sigma
\]

\[
= \int_{\Sigma} |\phi|^2 l_v^2 d\Sigma - H \int_{\Sigma} f_v \Delta l_v d\Sigma + n H^2 \int_{\Sigma} l_v^2 d\Sigma - n H^3 \int_{\Sigma} l_v f_v d\Sigma
\]

\[
= \int_{\Sigma} (|A|^2 - 2n) l_v^2 d\Sigma - n \int_{\Sigma} f_v^2 d\Sigma
\]

\[
\leq -n \int_{\Sigma} f_v^2 d\Sigma,
\]

where the last two inequalities come from our assumptions that \( H = \pm 1 \) and \(|A|^2 - 2nH^2 \geq 0\). If \( f_v \not\equiv 0 \) for all \( v \in \mathbb{R}^{n+2} \), then we have \( Q(\psi_v) < 0 \) for all \( \psi_v \in W \), as desired. Now, if \( f_v \equiv 0 \) for some \( v \), then by (7, Theorem 1) we know that \( \Sigma^n \) is totally geodesic. This concludes the proof of the first part of the theorem.

To prove the second and third parts of the theorem, let us consider the expansion

\[
Q(\psi_v) = -\int_{\Sigma} (|\phi|^2 - nH^2) l_v^2 d\Sigma - n H^2 \int_{\Sigma} f_v^2 d\Sigma + nH(1 - H^2) \int_{\Sigma} l_v f_v d\Sigma.
\]

By our assumption that \(|A|^2 \geq 2nH^2\), we know that \(- \int_{\Sigma} (|\phi|^2 - nH^2) l_v^2 d\Sigma \leq 0\). Also, if \( \Sigma^n \) is not totally geodesic, \(-nH^2 \int_{\Sigma} f_v^2 d\Sigma < 0\). We now want to estimate the third term in the expansion. To do this, recall that

\[
l_v \Delta l_v = -n l_v^2 + nH f_v l_v
\]

and

\[
\frac{1}{2} \Delta (l_v^2) = l_v \Delta l_v + |\nabla l_v|^2.
\]

Then

\[
nH \int_{\Sigma} f_v l_v d\Sigma = -\int_{\Sigma} |\nabla l_v|^2 d\Sigma + n \int_{\Sigma} l_v^2 d\Sigma.
\]

Using the hypotheses in the second and third parts, we find that

\[
nH(1 - H^2) \int_{\Sigma} f_v l_v d\Sigma \leq 0.
\]

Hence, under our assumptions, \( Q(\psi_v) < 0 \) for all \( v \), so the second and third parts are proved.

\[
\square
\]

4. Acknowledgments

The authors thank their adviser, Professor Abdênago Barros, for his invaluable help, without which this paper would not have been possible. They also thank Professor Maria Helena Noronha, who coordinated the 2008 International Research Experience for Students (IRES) during which the research for this paper was done.
The authors also gratefully acknowledge support from the National Science Foundation (NSF-OISE Grant 0526008) and Brazil’s Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq Grant 451778/2008-1).

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