Comparative Evaluation of the Rheological Properties, upon Addition of Water, of Three Commercially Available Zinc Oxide Eugenol Impression Materials

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ABSTRACT

BACKGROUND
Zinc oxide eugenol (ZOE) impression paste is commonly used for secondary impression. Water acts as an accelerator to zinc oxide eugenol paste. Study was carried out to determine its flow property and the effect of addition of water on flow properties for different commercially available zinc oxide eugenol impression pastes. We wanted to compare and evaluate the flow properties of ZOE impression paste without water and after addition of water as an accelerator for three different commercially available zinc oxide eugenol impression pastes.

METHODS
Three commercially available zinc oxide eugenol impression pastes used were - DPI (Dental Product of India), Neogenate (Septodont), IMAGE (Prime Dental Pro.Ltd). A total of 15 discs were made without accelerator and with addition of 1, 2 and 3 drops of water for the three brands of the zinc oxide eugenol paste. Then the flow of each was tested. Data of flow was analysed using one way- ANOVA and post hoc test.

RESULTS
It was found that the mean flow of zinc oxide eugenol impression paste without the use of accelerator for DPI, Septodont, Image was 4.72 ± 0.56, 4.20 ± 0.75, and 3.50 ± 0.57 respectively. The mean flow of zinc oxide eugenol impression paste with the use of one drop of accelerator for DPI, Septodont, Image was 4.98 ± 0.3493, 4.54 ± 0.6025, and 3.940 ± 0.4722 respectively. With the use of two and three drops of accelerator for DPI was 4.18 ± 0.7259 and 2.68 ± 0.3701, for Septodont was 3.880 ± 0.6907 and 2.32 ± 0.2775 and for Image flow was 3.20 ± 0.5745 and 1.80 ± 0.4000.

CONCLUSIONS
DPI had the maximum flow as compared to other brands of zinc oxide eugenol impression paste.

KEY WORDS
Zinc Oxide Eugenol, Impression Material, Flow, and Accelerator
Prosthesis can be fabricated accurately only when the impression made has recorded the tissues in such a way so that a precise, positive form or casts can be obtained from the recorded impression. Accurate and detailed recording of the impression is the most important factor which determines the final outcome of Prosthodontic treatment. Physical and chemical properties of the impression materials determine the accuracy of impression made to record the tissue details. The skills of the clinician and the appropriate selection and handling of suitable impression material plays a vital role in producing an accurate impression. Flow is that property of the material where the shape is changed whenever an external load is applied or under its own weight. Rheology is the study of flow characteristics. Favourable rheological properties can be obtained when materials exhibit a low viscosity. This is mainly due to the impression material flowing into the finer details there by replicating the exact tissue surface. Thus whenever the flow property of impression material is adequate, impression will be recorded in which there is minimum or no compression of tissues. This requirement is of great significance for the close adaptation of the denture to the tissue surfaces which in turn increases retention due to adhesion and cohesion. Various materials are used in prosthodontics to make final impression for the fabrication of prosthesis.

Impression materials with minimum flow can be used to make secondary impression so that tissue displacement is minimum, whereas there are materials which are stiffer and displace the tissues. In the maxillary and mandibular arch there are certain areas which can bear the displacing forces well. There are certain areas which cannot bear the load and tend to resorb faster underload. Thus flow property of impression materials play a vital role in the selection of impression material. The zinc oxide eugenol impression pastes are available since the 1930’s and are widely used in impression procedures in denture prosthesis. Various brands of zinc oxide eugenol impression pastes are available commercially. Even though they have general properties which are common to different brands, they differ clinically. The variations are mainly attributed to the time taken by the material to set, consistency of the material once it is set, physical properties like flow, hardness, brittleness, tackiness. Temperature and humidity in which the material sets also vary for different products. In the literature, there are studies done that record the effect of water on the setting time of zinc oxide eugenol. It was concluded that water acts as an accelerator to the setting time of ZOE impression paste. However, there are no studies conducted to record the effect of adding accelerators on the flow properties of zinc oxide eugenol impression pastes.

Therefore, the present study was done to compare and evaluate the flow properties of zinc oxide eugenol impression paste, commonly used as a secondary impression material without water and after addition of water as an accelerator for three different commercially available zinc oxide eugenol impression paste.

An invitro study was conducted from March 2017 to December 2017 using three commercially available zinc oxide eugenol impression pastes namely DPI (Dental Product Of India), Neogenate (Septodont), IMAGE (Prime Dental PRO LTD). Instruments used were 420 gms weight measure, plastic syringe, two glass plates weighing 80 gms, separating sheets from DPI, stainless steel spatula to mix the Zinc oxide eugenol impression paste, stop watch to calculate the time, glass slab on which the material was mixed and vernier callipers of 1/10th of an mm least count. Equal lengths of the base and accelerator pastes of the three different commercially available zinc oxide eugenol materials, DPI, Neogenate and Image, were placed on a glass slab as per the manufacturer’s recommendation. Flow properties of ZOE impression paste were tested in accordance with American Dental Association (ADA) specification no. 16. The mixed material was then placed on a cellophane sheet, which was then folded once and was made into a cone. Zinc oxide eugenol paste was then loaded in the syringe. Two plunger were then stowed into syringe. On a glass slab cellophane sheet was placed and 0.5 ml material was injected. Glass plates weighing 80 gms and 420 gms were placed on freshly dispensed zinc oxide eugenol impression paste using a cellophane sheet. Using Vernier callipers of 1/10th of an mm the diameter of the disc was noted after an application of a load for 1 minute. In the same way, five discs were made for each brand and their diameters were noted. So a total of 15 discs were obtained for the three brands of the zinc oxide eugenol paste used in this study. For the next parameter the base and accelerator pastes were taken on the glass slab in 1:1 ratio and water was added in the following proportions - 1 drop, 2 drops and 3 drops. So a total of 15 discs were obtained for the three brands of the ZOE paste used in this study with respect to the proportion of 1 drop of water and the discs were obtained in the similar manner which was explained to obtain the discs without addition of water. Similarly, the same procedure was repeated for the other proportions, that is 2 drops and 3 drops of water and a total of 5 discs were obtained for each of the brands of ZOE impression pastes used in the study with respect to each proportion. So a total of 15 discs were obtained for the proportion of 2 drops of water used as an accelerator and another 15 discs were obtained for the proportion of 3 drops of water used as an accelerator. Ethical clearance was taken from the Yenepoya Ethical Committee for the above study.

**Statistical Analysis**

The measurements obtained were tabulated and statistical analysis was done using one way ANOVA test and Post Hoc test.

**RESULTS**

The present study was carried out to measure the rheological property of three commercially available zinc oxide eugenol impression pastes without addition of water and with addition of water as an accelerator.
The discs were made using ZOE impression paste; diameters were recorded and were tabulated. The data obtained was subjected to statistical analysis. Mean and standard deviations for each group of data obtained was calculated. Results obtained for three commercially available zinc oxide eugenol impression paste used in the study are shown in Table 1, 2, 3 and the respective graphs plotted are shown in graph 1, 2, 3.

### Flow of DPI

The mean flow recorded for DPI without the use of accelerator was $4.72 \pm 0.5675$, with the use of 1 drop was $4.98 \pm 0.3493$, with the use of 2 drops was $4.18 \pm 0.7259$ and with the use of 3 drops of accelerator was $2.68 \pm 0.3701$.

The difference in the mean obtained through one way ANOVA test was highly significant with a P value of less than 0.05. On doing Post Hoc Bonferroni test, the difference in the flow without the use of accelerator and with the use of three drops of accelerator was highly significant as well as between the flow with the use of 1 drop of accelerator and three drops.

| Type                     | N | Mean  | S.D. | 95% Confidence Interval for Mean | ANOVA F | P Value | Lower Bound | Upper Bound |
|--------------------------|---|-------|------|----------------------------------|---------|---------|-------------|-------------|
| Without accelerator      | 5 | 4.72  | .5675| 4.015 – 5.425                     | 19.105  | .000 HS |             |             |
| With one drop of accelerator |   | 4.98  | .3493| 4.546 – 5.414                     |         |         |             |             |
| With two drops of accelerator |   | 4.18  | .7259| 3.279 – 5.081                     |         |         |             |             |
| With three drops of accelerator |   | 2.68  | .3701| 2.220 – 3.140                     |         |         |             |             |

Table 1. Statistical Analysis (ANOVA) Comparing Flow of DPI Impression Paste Test Samples under All the Parameters

### Flow of Septodont

The mean flow recorded for Septodont without the use of accelerator was $4.20 \pm 0.7517$, with the use of 1 drop was $4.54 \pm 0.6025$, with the use of 2 drops was $3.88 \pm 0.6907$ and with the use of 3 drops of accelerator was $2.32 \pm 0.2775$.

The difference in the mean obtained through one way ANOVA test was highly significant with a P value of less than 0.05. On doing Post Hoc Bonferroni test, the difference in the flow without the use of accelerator and with the use of three drops of accelerator was highly significant as well as between the flow with the use of 1 drop of accelerator and three drops.

| Type                     | N | Mean  | S.D. | 95% Confidence Interval for Mean | ANOVA F | P Value | Lower Bound | Upper Bound |
|--------------------------|---|-------|------|----------------------------------|---------|---------|-------------|-------------|
| Without accelerator      | 5 | 4.20  | .7517| 3.267 – 5.133                     | 12.989  | .000 HS |             |             |
| With one drop of accelerator |   | 4.54  | .6025| 3.792 – 5.288                     |         |         |             |             |
| With two drops of accelerator |   | 3.88  | .6907| 3.022 – 4.738                     |         |         |             |             |
| With three drops of accelerator |   | 2.32  | .2775| 1.975 – 2.665                     |         |         |             |             |

Table 2. Statistical Analysis (ANOVA) Comparing Flow of Septodont Impression Paste Test Samples under All the Parameters

Graph 1. Comparing Flow of DPI Impression Paste Test Samples under All the Parameters

Graph 2. Comparing Flow of Septodont Impression Paste Test Samples under All the Parameters
Flow of Sevaptomt
The mean flow recorded for Sevaptomt without the use of accelerator was 4.20 ± 0.7517, with the use of 1 drop of accelerator was 4.54 ± 0.6025, with the use of 2 drops was 3.88 ± 0.6907 and with the use of 3 drops of accelerator was 2.32 ± 0.2775. The difference in the mean obtained through one way ANOVA was highly significant with a P value of less than 0.05. After conducting Post Hoc Bonferroni test, the difference in the flow without the use of accelerator and with the use of three drops of accelerator was highly significant as well as between the flow with the use of 1 drop of accelerator and three drops of accelerator.

Flow of IMAGE
The mean flow recorded for IMAGE without the use of accelerator was 3.50 ± 0.5701, with the use of 1 drop of accelerator was 3.94 ± 0.4722, with the use of 2 drops of accelerator was 3.20 ± 0.5745 and with the use of 3 drops of accelerator was 1.80 ± 0.4000.

| Type             | N  | Mean     | S.D.  | 95% Confidence Interval for Mean | ANOVA F | P Value |
|------------------|----|----------|-------|----------------------------------|---------|---------|
|                  |    | Lower Bound | Upper Bound |                                  |         |         |
| Without accelerator | 5  | 3.500     | .5701 | 2.792                            | 4.208   | 16.475  | .000 HS |
| With one drop of accelerator | 5  | 3.940     | .4722 | 3.354                            | 4.526   |         |         |
| With two drops of accelerator | 5  | 3.200     | .5745 | 2.487                            | 3.913   |         |         |
| With three drops of accelerator | 5  | 1.800     | .4000 | 1.303                            | 2.297   |         |         |

Table 3. Statistical Analysis (ANOVA) Comparing Flow of IMAGE Impression Paste Test Samples under All the Parameters

The difference in the mean obtained through one way ANOVA was statistically highly significant with a p value of less than 0.05. On conducting Post Hoc Bonferroni test, the difference in the flow without the use of accelerator and with the use of three drops of accelerator was highly significant as well as between the flow with the use of 1 drop of accelerator and three drops and also between the flow with the use of 2 drops and three drops of accelerator.

DISCUSSION
An impression is defined as a negative likeness or copy in reverse of the surface of an object or an imprint of the teeth and adjacent structures for use in dentistry. An impression should provide retention, support and stability, preservation of the remaining structures and esthetics for the denture. Precise reproduction of minor details by the impression is essential for good quality of the processed denture. The adaptability between the impression material and the tissue surface depends on various properties like viscosity and surface wettability. Rheologic properties are favourable when materials exhibit a low viscosity in the beginning.

ZOE impression paste, being mucostatic easily adapts to the soft tissues because of a water based system. Detailed reproduction of the soft tissues can be recorded without causing displacement of the soft tissues using zinc oxide eugenol impression paste. Most important disadvantage of ZOE impression paste is its rigidity after setting, thereby making it difficult to record the undercuts. Most of the ZOE impression pastes available in the market differ in their clinical behaviour. There are variations in relation to setting time, consistency, flow and physical properties of the set material for different brands. Therefore, a comparison of the different characteristics of the impression pastes available should be carried out to aid the operator in utilizing the appropriate impression material based on the particular clinical situation. ZOE impression paste was used in this study, as it has been a commonly used impression material with satisfactorily functioning dentures. Therefore, this study compares and evaluates the flow of three brands of zinc oxide eugenol impression pastes as the first parameter as it is one of the widely used impression materials for making secondary impressions. Humidity has a considerable effect on the consistency of ZOE impression pastes. Therefore, an evaluation of the degree of change in the flow of ZOE impression paste on addition of water has been done in this study.
study as the second parameter. Various organisations like American Dental Association No 16 for zinc oxide eugenol impression paste, Australian standard 18 and British standards have given specifications for measurement of flow of ZOE impression paste.

Test to determine the flow of the material was carried out by placing a given volume of mixed material on a horizontal glass slab. Load was applied which was left in position for a given amount of time. Measurement of the diameter of the resulting disc was done using Vernier callipers. ADA test used 0.5 ml mixed material and load applied was 500 g for 8.5 min. In the current in vitro study, flow of the impression paste measured was in accordance with the ADA specification. 0.5 ml of material was used in the form of discs, 80 gms and 420 gms of load applied for a duration of 1 min. It was found that the mean flow of zinc oxide eugenol impression paste without the use of accelerator, after 1 min of load application for DPI was 4.72 cm, for Septodont was 4.2 cm and for Image was 3.5 cm. On statistical analysis (Post Hoc test) mean flow of the material for DPI brand at 1 min after load application was significantly higher than the other groups. This was in accordance with the study conducted by Katna et al.1

The mean flow of zinc oxide eugenol impression paste with the use of one drop of accelerator, after 1 min of load application for DPI was 4.98 cm, for Septodont was 4.54 cm and for Image was 3.94 cm. The mean flow of zinc oxide eugenol impression paste with the use of two drops of accelerator, after 1 min of load application for DPI was 4.18 cm, for Septodont was 3.88 cm and for Image was 3.2 cm. With respect to all the three brands, the mean flow of ZOE impression paste with the use of three drops of accelerator, after 1 min of load application for DPI was 2.68 cm, for Septodont was 2.32 cm and for Image was 1.8 cm. For Zinc oxide eugenol impression pastes used in this study, there was an increase in flow after addition of 1 drop of water and a marked reduction in the flow on addition of 2 drops and 3 drops of water. This reduction in flow can be attributed to the decrease in the setting time and thereby decrease in the working time with the increase in the amount of accelerator used. As the setting time of the material decreases, the viscosity of the material will increase at a faster rate, thus affecting the flow.20 With respect to all the brands of zinc oxide eugenol impression pastes used, namely DPI, Septodont and Image, DPI showed the highest flow with all the parameters tested.

**CONCLUSIONS**

1. DPI brand of zinc oxide eugenol impression paste had maximum flow as compared to the other brands used in the study.

2. Upon addition of one drop of accelerator it was noted that there was an increase in flow. On comparison between 1 drop and 3 drops, the flow had a significant difference while, between 1 drop and 2 drops and between 2 drops and 3 drops there was no significant difference.

3. On addition of two drops and three drops of accelerator there was a decrease in flow for all the three brands used in this study as the setting time reduced due to the use of accelerator.

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