Proper experimental design requires randomization/balancing of molecular ecology experiments

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Abstract
Properly designed (randomized and/or balanced) experiments are standard in ecological research. Molecular methods are increasingly used in ecology, but studies generally do not report the detailed design of sample processing in the laboratory. This may strongly influence the interpretability of results if the laboratory procedures do not account for the confounding effects of unexpected laboratory events. We demonstrate this with a simple experiment where unexpected differences in laboratory processing of samples would have biased results if randomization in DNA extraction and PCR steps do not provide safeguards. We emphasize the need for proper experimental design and reporting of the laboratory phase of molecular ecology research to ensure the reliability and interpretability of results.

KEYWORDS
batch effect, bias, DNA extraction, environmental DNA, laboratory practice, lake community, metabarcoding, nondemonic intrusions, PCR, sediment

1 | INTRODUCTION

Ecological studies regularly ensure that the experimental setup is randomized and/or balanced. This allows to interpret results with respect to the original questions and to minimize the influence of confounding factors. The importance of randomized experimental setups (Fisher, 1936) along with balanced designs (Student & Student 1938) is well known. Consequently, such designs are enforced today in manipulative or observational ecological research (Hurlbert, 1984; Smith, Anderson, & Pawley, 2017).

This is often handled differently with laboratory experiments in molecular biology. By laboratory experiments, we mean the laboratory processing (versus obtaining) of samples to generate quantitative molecular genetic data: DNA extractions, polymerase chain reactions, DNA sequencing, etc., in order to obtain haplotype frequencies, taxonomically informative marker gene counts, gene expression measures, SNP tables, etc. Although methodological errors associated with molecular data are frequently discussed (e.g., Aird et al., 2011; Leray & Knowlton, 2017; Robasky, Lewis, & Church, 2014; Schirmer et al., 2015; Schnell, Bohmann, & Gilbert, 2015), batch effects have received considerably less attention. Early genome-wide association studies (GWAS) are examples of how they may be ignored in basic experimental design and what the consequences are: The analyses are expensive, but the obtained data cannot be interpreted (or are misinterpreted) due to confounding effects of laboratory procedures (Sebastiani et al., 2010). The early problems lead to the current recognition of randomized and/or balanced laboratory experimental designs in medical genomics (Lambert & Black, 2012; Leek et al., 2010; Yang et al., 2008).

Complex and expensive molecular genetic datasets are increasingly generated in ecology. It is important that these data are generated
appropriately as important conclusions and recommendations are drawn from them, often addressing issues of global importance for nature, society, and economy. Randomization or balancing in laboratory experiments is essential to avoid batch effects and other nondemonic intrusions (see Hurlbert, 1984). This issue has been already raised by Meirmans (2015) in a recent opinion paper on population genetics. Meirmans (2015) notes that "It is perfectly possible that such randomization is already practised in genotyping laboratories everywhere and I am simply unaware of it. [...] if this is the case, this is nowhere evident in the literature". We have similar impressions and the screening of one randomly selected 2016 issue from each of five relevant journals supports this assumption (Molecular Ecology, The ISME Journal, Ecology and Evolution, Journal of Biogeography, Soil Biology and Biochemistry, Appendix S1). Only two of the 59 relevant studies report some form of randomization during the laboratory processing of samples. This small literature survey is surely not representative of overall molecular ecology research, but the pattern is worrying as a simple Web of Science search for the keyword combination "molecul* AND ecol*" resulted in over 1,740 hits only from 2016.

The omission of randomization in the laboratory may allow chance events to systematically influence results. Such chance events are common everyday and everywhere: electric fallouts happen, sudden flaws incapacitate laboratory personnel, DNA extraction kits are not delivered in time or have been stored inappropriately, just to mention some. If samples are processed in batches, the coincidence of these events confounds the results and renders interpretations unreliable. The potential diversity of such events is so high that nothing can protect against them except randomization of laboratory procedures, potentially in combination with balanced designs.

Hurlbert (1984) notes that most of the time chance events have immeasurably small effects on the results. However, by nature, they are also completely unpredictable, both in frequency and effect size.

As molecular ecology studies mostly work with high observation numbers (thousands of SNPs over genomes, thousands of operational taxonomic units—OTUs—in hundreds of samples, etc.), even small chance events may result in statistically significant results (Carver, 1993). Here, we demonstrate this with taxonomically informative marker gene fragments amplified from environmental DNA (eDNA metabarcoding). The eDNA was preserved in lake sediments and provides a perspective on lake ecosystem history over several decades. We looked at three aspects of methodological or biological interest: extracted DNA concentration, PCR efficiency, and community properties (Figure 1). We evaluated several sources of variation: (1) expected laboratory biases (DNA extraction kit, Deiner, Walser, Mächler, & Altermatt, 2015; Barlow et al., 2016), (2) unexpected laboratory biases (e.g., a sudden change in laboratory personnel), and (3) an ecologically interesting predictor (either the age of the sediment or the effects of a power plant).

# 2 | MATERIALS AND METHODS

## 2.1 | Sampling

Two sediment cores of the same location from Lake Stechlin were taken on 14 May 2015 with a gravity corer (UWITEC®, Mondsee, Austria) and Perspex tubes (inner diameter 9 cm, lengths 60 cm). Lake Stechlin (latitude 53°10′N, longitude 13°02′E) is a dimictic mesotrophic lake (maximum depth 69.5 m; area 4.5 km²) in the lowlands of northern Germany. GDR’s first nuclear power plant was built here between 1960 and 1966 and operated until 1990, connecting the lake with the nearby mesotrophic Lake Nehmitz and discharging its cooling water into Lake Stechlin. After coring, the cores were sliced immediately in the field in approximately 0.5-cm intervals. The first core was designated to eDNA. All sampling tools were H₂O₂-sterilized.

### FIGURE 1

Analysis scheme with predictors of variation in high-throughput-sequenced eDNA amplicon data. The first column lists typical analysis steps and the endpoints of these, the second column contains options to evaluate these endpoints through measurements, the third column lists several laboratory biases that may exert batch effects, and the fourth column contains biological factors of interest.
after cutting each horizon. Sediment for DNA extraction was taken only from the central part of the core to avoid contamination by contact with the corer’s wall. Samples were immediately stored in 15-ml Falcon tubes (NeoLab Migge GmbH, Heidelberg, Germany) at -20°C until DNA extraction. Horizons from the second core were used for organohalogenic pesticide measurements.

2.2 | Date approximation

Approximate dates were obtained by comparing DDT decomposition compound concentrations with sedimentation rates inferred with $^{137}$Cs (Casper, 1994): 1.2 mm/year between 1986 and 1996 and 1.7 mm/year between 1963 and 1986. We assumed that DDT deposition started with World War II when a military training camp was operated near the lake and it effectively stopped in 1990 when agrochemical subventions of the GDR ceased with the reunification of Germany. The pesticide concentrations, sedimentation rates, and inferred dates can be consulted in the file Stechlin_organohalogene.csv, deposited in Figshare (https://doi.org/10.6084/m9.figshare.4579681).

Halocarbon compound extraction was performed by shaking 300 mg freeze-dried sediment sample once in acetone and petroleum ether (40–60°C) and then only in petroleum ether (40–60°C), based on ISO 10382:2002. The clear supernatants were unified and vortexed after centrifugation, then a 10 ml aliquot was transferred to SPME amber screw top vials and evaporated under a gentle stream of nitrogen until dry and dissolved again in 100 μl methanol and mixed with 10 ml of a 0.01 mol CaCl$_2$·12H$_2$O/3 mol NaCl salt solution. As internal standards, $^{13}$C C 4.4 DDT, $^{2}$H C 4.4 DDE, 4.4 DDE D8, 4.4 DDD D8, and 13C HCB were used. Finally, samples were extracted by Head Space Solid Phase Microextraction (SPME- HS) with a PDMS 100 fiber and analyzed by GC/MS ion trap in selected ion monitoring mode (SIM). Separation and detection were accomplished using a Trace Ultra Gas Chromatograph (Thermo Fisher Scientific) provided with a RTX-Dioxin 2 column (Thermo Fisher Scientific Inc., Schwerte, Germany) coupled with an ion trap mass spectrometer in SIM scientific mode (SIM). Separation and detection were accomplished using a Trace Ultra Gas Chromatograph (Thermo Fisher Scientific) provided with a RTX-Dioxin 2 column (Thermo Fisher Scientific Inc., Schwerte, Germany) coupled with an ion trap mass spectrometer in SIM scientific mode (SIM).

2.4 | PCR amplifications

DNA templates were rerandomized before PCR setup. Four PCR negative controls (with dH$_2$O instead of DNA template) and two positive controls (containing DNA from tissues or cell cultures of Hypsiboas punctatus (66.5 ng/μl), Ponticola kessleri (306 ng/μl), Aspis aspis (280 ng/μl), Coregonus sp. (398 ng/μl), Pacifastacus leniusculus (425 ng/μl), Aphamomycies astaci (104 ng/μl), a parasitic Chrytidiodicyota (4.5 ng/μl), a saprotrophic Chrytidiodicyota (25.3 ng/μl), Ymagishillia sp. (15.7 ng/μl), Fragilaria crotonensis (3.3 ng/μl), Stauroстра planktonicum (2.7 ng/μl), Chaetomium sp. (7.6 ng/μl), and Lutra lutra (17.4 ng/μl)) were included. The first positive control was an equimolar mixture, with a nominal concentration of 5 ng/μl from each source. The second positive control was a complex nonequimolar mixture with the following dilutions: Hypsiboas punctatus (32x), Ponticola kessleri (90x), Aspis aspis (4x), Coregonus sp. (1x), Pacifastacus leniusculus (2x), Aphamomycies astaci (50x), a parasitic Chrytidiodicyota (256x), a saprotrophic Chrytidiodicyota (8x), Ymagishillia sp. (64x), Fragilaria crotonensis (500x), Stauroстра planktonicum (520x), Chaetomium sp. (128x), and Lutra lutra (16x). We used AmpliTaq MasterMix for the PCRs (Thermo Fisher Scientific). We used general eukaryote primers that amplify a short fraction of the V7 region of the 18S gene region (Guardiola et al., 2015): forward—TYTGCTCGTTRATTSCG, reverse—CACAGACCTGTATTTGC. The primers contained the Illumina sequencing primers (TCGTCGCGAAGTCAGATGTGAAGAGACAG and GTCTCGGAGCTCGAGATGTGAAGAGACAG). The PCRs were run in 15 μl reaction volume (AmpliTaQ MasterMix: 7.5 μl, water: 4 μl, each 5 μmol/L primer 1 μl, DNA template 1.5 μl). DNA concentrations of individual templates are provided in the “conc” column sample_infos.csv file (accessible through https://figshare.com/s/32dbca0a906c7f06449b, https://doi.org/10.6084/m9.figshare.4579681). The cycling conditions were 95°C (10 min), 44 cycles of 95°C (30 s), 45°C (30 s), 72°C (30 s), and final extension at 72°C (10 min). The PCR products were visualized on a 2% agarose gel and purified with Agencourt AMPure XP beads (Beckman Coulter GmbH, Krefeld, Germany).

2.5 | Multiplexing strategy and sequencing

We indexed all samples for multiplexed sequencing in a subsequent short PCR with primers that contained a fraction of the Illumina sequencing primer (TCGTCGCGAAGTCGAGATGTGAAGAGACAG and GTCTCTGAGCTCGAGATGTGAAGAGACAG), an eight-bp nucleotide index, and the Illumina plate adapters (P5: AATGATACGGGACACGAGATCTACAC, P7: CAACCAAGAA).
GACGGCATACGAGAT). The final products are indexed, ready to sequence Illumina libraries. Index combinations and sequences are provided in the file multiplexing_indices.xlsx at Figshare (https://figshare.com/s/32dbca0a906c7f06449b, https://doi.org/10.6084/m9.figshare.4579681). The procedure follows the Illumina 16S metatagboring protocol (Illumina 2016). This protocol eliminates index jumps during library preparation (although a few index jumps are still known to happen on the sequencing plate (Schnell et al., 2015). The indexing PCRs were run in 15 μl reaction volume (AmpliTaq MasterMix: 7.5 μl, each 5 μmol/L primer 1 μl, PCR product 6.5 μl). The cycling conditions were 95°C (10 min), 8 cycles of 95°C (30 s), 52°C (30 s), 72°C (30 s), and final extension at 72°C (10 min). We checked the efficiency of each PCR run on a 2% agarose gel. The indexed libraries were purified with Agencourt AMPure XP beads (Beckman Coulter GmbH, Krefeld, Germany). The indexed libraries were mixed and purified on four QIAamp MinElute columns (Qiagen, Hilden, Germany). We did not normalize the PCR template concentrations to obtain a rough estimate of PCR and sequencing efficiency through the read numbers. Our sequencing kit potentially produces PCR and sequencing efficiency. The indexing PCRs were run in 15 μl reaction volume (AmpliTaq MasterMix: 7.5 μl, each 5 μmol/L primer 1 μl, PCR product 6.5 μl). The cycling conditions were 95°C (10 min), 8 cycles of 95°C (30 s), 52°C (30 s), 72°C (30 s), and final extension at 72°C (10 min). We checked the efficiency of each PCR run on a 2% agarose gel. The indexed libraries were purified with Agencourt AMPure XP beads (Beckman Coulter GmbH, Krefeld, Germany). The indexed libraries were mixed and purified on four QIAamp MinElute columns (Qiagen, Hilden, Germany). We did not normalize the PCR template concentrations to obtain a rough estimate of PCR and sequencing efficiency through the read numbers. Our sequencing kit potentially produces about 1 million paired-end reads with 2 × 150 bp length. Illumina sequencing was performed at the Berlin Center for Genomics in Biodiversity Research (www.begendiv.de) with the MiSeq sequencing kit v2 nano (300 cycles). Unprocessed sequence data were deposited in the European Nucleotide Archive as PRJEB19403.

2.6 | Sequence processing and data analysis

Raw sequence data were processed with OBITools (Boyer et al., 2015). Potential contamination and false detection biases were controlled for by following the recommendations of (Boyer et al., 2015; Giguet-Covex et al., 2014; Pansu et al., 2015) in R 3.3.1. (“R: The R Project for Statistical Computing”), All OBITools and R commands are documented in the file stechlin_analyses.pdf at Figshare (https://figshare.com/s/32dbca0a906c7f06449b, https://doi.org/10.6084/m9.figshare.4579681), with the full code accessible through the GitHub repository https://github.com/MikiBalint/LaboratoryDesign.git. Commands were run with GNU “parallel” when possible (Tange, 2011). The resulting OTU abundance table is provided in the stechlin_assigned_190915.tab file through Figshare (https://figshare.com/s/32dbca0a906c7f06449b, https://doi.org/10.6084/m9.figshare.4579681).

We fitted linear mixed-effect models with lme4 (Bates, Mächler, Bolker, & Walker, 2015) on extracted DNA concentration, PCR efficiency, and measures of diversity (the first three integers from Hill’s diversity series (Hill, 1973) to estimate the effects of potential laboratory biases and biological factors of interests. The first three Hill numbers correspond to species richness (H1), the exponent of Shannon diversity (H2), and the inverse of the Simpson diversity (H3). The identity of the sediment horizon was used as the random effect in these models. We used multispecies generalized linear models (GLMs) with the “mabund” R package (Wang, Naumann, Wright, & Warton, 2012) to investigate the effects of the predictors on community composition. The multispecies GLM cannot handle random effects. The community composition effects were visualized with a latent variable model-based ordination performed with the boral R package (Hui, 2016). Both compositional analyses assume a negative binomial distribution of the data, accounting for the sparse and overdispersed nature of read counts (Bálint et al., 2016). The input data matrices are accessible through Figshare (https://figshare.com/s/32dbca0a906c7f06449b, https://doi.org/10.6084/m9.figshare.4579681).

The models can be written up as

1. conc ~ weight + kit + person + age + (1|depth.nominal)
2. PCR efficiency ~ conc + kit + person + age + (1|depth.nominal)
3. diversities ~ PCR efficiency + person + kit + nuclear + (1|depth.nominal)
4. Community composition ~ reads + kit + person + nuclear,

where conc is the extracted DNA concentration, weight is the sediment weight used for DNA extraction, kit is the DNA extraction kit, person is the laboratory personnel, depth.nominal is the identity of the sediment horizon, PCR efficiency is estimated from HTS read numbers, and nuclear is the operational period of the nuclear power plant (Figure 1).

| TABLE 1 | Summary of predictor contributions to variation |
|----------------|-----------------|---------|---------|---------|-----------------|
| DNA concentration | PCR efficiency | H1 | H2 | H3 | Community composition |
| Sediment weight | 0.1*** | – | – | – | – |
| Extraction kit | 12.9*** | 2,719,604*** | 672.6*** | 197.9*** | 67.8*** | 906 |
| Laboratory personnel | 1.7** | 81,413,118** | 37.9 | 0.9 | 1.9 | 2,018* |
| DNA concentration | – | 58,222*** | – | – | – | – |
| PCR efficiency | – | – | 14,834.7*** | 1,156.3*** | 172.3*** | 1,163** |
| Age/power plant effect | 1.8*** | 198,964*** | 1,758.3*** | 867*** | 435.5*** | 5,488* |

*Statistically marginally significant result (p < .1).
**Statistically significant result (p < .05).
***Statistical significance not tested.
3 | RESULTS

The results are summarized in Table 1 and Figure 2. Regarding DNA concentrations, the DNA extraction kit (equivalent to the expected laboratory biases) accounted for most variation, followed by the age of the sediment horizon (biological signal) and the laboratory personnel (equivalent to the unexpected laboratory bias). The starting weight (amount) of the sediment had limited effects on the extraction efficiency, and the effect of the laboratory personnel was marginally significant. PCR efficiency (evaluated as non-normalized HTS read numbers from PCR amplification) was mostly explained by the personnel identity (unexpected laboratory bias), followed by the DNA extraction kit (expected laboratory biases), the age of the sediment horizon, and the DNA template concentration used for the PCR. Here, the effect of the laboratory personnel was statistically significant. The most important contributors to variation in the first three Hill numbers consisted of PCR efficiency and the effects of the nuclear power plant. The DNA extraction kit contributed relatively little to the observed variation in the diversity indices. The nuclear power plant effects, however, represented the largest contributors to the explained variation in community composition, followed by the identity of the laboratory personnel and PCR efficiency. The DNA extraction kits contributed the least to the explained compositional variation (Figure 3). The effects of the laboratory personnel were statistically marginally significant. Additional results and effect plots are available in file stechlin_analyses.pdf at Figshare.

4 | DISCUSSION

Our results demonstrate that nondemonic intrusions (Hurlbert, 1984) in the laboratory may produce in strong, statistically significant effects that may severely confound results. Such effects render equivocal interpretations impossible if they coincide with effects targeted by the study. For example, interpretation of power plant effects on community composition would be difficult if samples are processed in batches and the sudden change in laboratory personnel coincides with a shift between operation periods. Similarly, strong personnel effects are well known when scoring microsatellite genotypes (or allozyme electrophoresis patterns): they are well known to be influenced by personal judgments and authors should also report how they dealt with it. Different pipelines and/or processing parameters (e.g., thresholds to discard rare OTUs) may produce different results in metabarcoding, for example, in diversity measures (Golob, Margolis, Hoffman, & Fredricks, 2017). We expect that all samples within a study are processed with the same pipeline or parameters; thus, the pipeline effect is uniform among all samples, allowing comparisons. However, differences in results caused by pipelines and parameters may influence meta-studies. We hypothesize that these effects may reflect the study date due to developments in pipeline use. The uniform processing of the data before such inter-study comparisons is thus important (Meiser, Bálint, & Schmitt, 2014).

The results allow to evaluate whether observed community properties are differentially influenced by methodological biases and biological signal. The first three Hill numbers correspond with commonly used indices of biodiversity (H1: richness, H2: the exponent of Shannon diversity, and H3: inverse of Simpson diversity), and they differ only in the way they penalize rare species. The variation explained by the biological signal increases as rare species are increasingly penalized (Figure 2), and this points to the importance of handling rare sequence variants during the analyses (Bálint et al., 2016).

We do not state that biases with comparable extent always appear in unrandomized, not balanced laboratory experiments, but they certainly have the potential to do so. This is clear in our example: The effects of unexpected laboratory biases exceed the effects of known laboratory biases (DNA extraction kit effects) and biological signal in several models (Figure 2). Such effects potentially influence all molecular ecology studies and threaten the interpretability of results. Their importance and extent are known in biomedicine (Fungtammasan et al., 2015; Lambert & Black, 2012; Leek et al., 2010; Yang et al., 2008), and it needs to be urgently considered in molecular ecology.

Generally, randomization of samples before major laboratory steps (particularly DNA extraction) is simple and low cost. The only case where this might be disputable is the processing of highly contamination-prone materials where it is almost a laboratory rule that DNA extraction is performed consecutively from the most contamination-prone toward the least contamination-prone samples (although to our knowledge, the validity of this still needs to be tested). Obviously, nondemonic intrusions (including contamination) in the laboratory easily become collinear with the processing order and this makes biological signals difficult to interpret (Salter et al., 2014). Rearrangement (e.g., a new randomization) of DNA extracts before PCR reactions or sequencing might be more difficult and error-prone, especially with large numbers of samples. Trade-offs between...
rerandomization and possible contaminations should be considered in this case.

We recommend the followings: First, researchers involved in molecular ecology laboratory work need to properly design and report laboratory procedures. Guidelines in biomedicine exist and may be readily adapted, for example, how and why samples were assigned to certain processing batches and processing timeframes, evaluation of technical differences among equipment, and blinding the experiment by concealing information about sample identity from the laboratory personnel (Masca et al., 2015). Second, ecologists who rely on molecular data generated by laboratory personnel or companies must ensure (and should not take for granted) that principles of experimental design are followed in the laboratory. This is the easiest when giving samples to a laboratory as the ecologist can already rearrange and relabel his/her samples (but controls of PCR, sequencing, orders, etc. may require further communication). Third, editors and reviewers of manuscripts and grants should enforce the reporting of laboratory experimental design. This is as much necessary for reproducible research as the proper presentation of sampling schemes, details of manipulative experiments, and data analysis. We do not intend to provide a list of important laboratory biases as there are potentially infinite variations, but some that easily come to mind are (1) the order in which DNA extractions are performed (one may expect a "learning effect" that may change the results even of the same person as he/she processes more samples), (2) the position of the sample on PCR plate (reactions placed on the outer part of plates sometimes tend to evaporate more water during PCR), (3) PCR machine (especially if a different brand, or purchased at a different time), and (4) the lane of a high-throughput sequencer. Therefore, molecular ecologists must ensure randomization or properly balanced designs in every step of laboratory work and present the details. There is no excuse for avoiding this as more and more globally important decisions require reliable molecular ecology data in nature and biodiversity conservation.

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CONFLICT OF INTEREST

The authors state no conflict of interest.

AUTHOR CONTRIBUTIONS

MB conceived the ideas. MB and HPG designed the methodology and obtained the cores. MB and OM performed the molecular laboratory work. MS and RAD performed the organohalogen measurements. MB processed the sequences, analyzed the data, and lead the writing of the manuscript. All authors contributed critically to the drafts and gave final approval for publication.

DATA SOURCES

(available through Figshare, https://figshare.com/s/32dbca0a906c 7f06449b, https://doi.org/10.6084/m9.figshare.4579681):

- sample_infos.csv: the description of samples, negative, and positive controls.
- multiplexing_indices.xlsx: PCR plate setup and nucleotide indices used for sample multiplexing.
- stechlin_assigned_190915.tab: OTU abundance table.
Stechlin_organohalogene.csv: organohalogen pesticide concentrations in the sediments.

lab-methods_OTU_anova.RData: ANOVA table of the multispecies generalized linear model (100 bootstraps).
Lab_LV_model_40000-iter.RData: ordination results with a latent variable model (40 000 iterations).

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**SUPPORTING INFORMATION**

Additional Supporting Information may be found online in the supporting information tab for this article.

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