A deadly spillover: SARS-CoV-2 outbreak

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Coronaviruses (CoV) are a family of viruses that cause the common cold and severe diseases such as the Middle East Respiratory Syndrome (MERS-CoV) and the Severe Acute Respiratory Syndrome (SARS-CoV) [1–3]. Near the end of 2019, a novel strain named SARS-CoV-2 [4], and previously not identified in humans caused the outbreak of a new disease (commonly known as COVID-19) that started in China and is rapidly spreading in Asia, Europe, the USA, Australia and the rest of the world. Like SARS-CoV and MERS-CoV, SARS-CoV-2 is a zoonosis in which bats are probably the source of the virus, and other mammals were intermediary hosts that subsequently infected humans. For example, the intermediary hosts for SARS, MERS and COVID-19 were respectively civets [5], camels [6] and likely pangolins [7]. The initial coverup in the country where the outbreak initially started delayed the signal from the previous two outbreaks, SARS in 2002–2003 and MERS shortly thereafter? Especially considering the publication in 2012 of the excellent book by David Quammen, Spillover: Animal Infections and the Next Human Pandemic (8), in which the current global crisis was predicted. The answer is unfortunately rather simple: all of us, including scientists, governments, pharmaceutical companies, and laypeople, have a tremendous responsibility.

Scientists have continued to investigate CoV despite having limited resources. Funding has been limited in CoV research likely because the previous two outbreaks were resolved with few casualties [5,6]. However, based on such pioneering work, we now know a lot about genetics, molecular biology, and the lifecycles of these pathogens. Indeed, SARS-CoV-2 is an enveloped, positive-sense, single-stranded RNA beta-coronavirus. These viruses mutate very rapidly since RNA viruses make mistakes during RNA replication for the lack of the error-correction mechanisms of the cells involved in copying DNA. Any of these mutations can confer new properties, including the ability to infect new types of cells, or even new organisms and thus to determine the spillover. Like SARS-CoV and MERS-CoV, its genome encodes for non-structural proteins (including 3-chymotrypsin-like protease, also known as main protease, MP; papain-like protease, PLP; helicase; and RNA-dependent RNA polymerase, RdRp) (Figure 1). Some structural proteins (such as the spike glycoprotein) and accessory proteins are also present in the genomes of all CoVs. In this genomic area, coronaviruses are subjected to many mutations, which allow the virus evolution, as well as their potential in evading the response of the immune system, and the jumping from animal to human species.

The genetic material of the virus is transcribed into two viral polyproteins, of 490 kDa and 790 kDa, respectively, which are subsequently co-translationally cleaved into mature nonstructural proteins (Nsp) through the activity of two proteases encoded in the 5′ region of ORF1: PLP and MP (Figure 1). The latter protein has a dominant role in the post-translational processing of the replicase polyprotein. The
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PT DGA E DGA GP -NYQC ELKF VRETMSY HT R A D MTY
37 -NYQC S T K QQ G F SG P H M QQ A L S EVKF - NA N F GQ Y SDTI S NV D Y D LT FV TTP GK E LG AD - PT L F AQYE HNSHE G

Open reading frame 1 (ORF1) genomic organization of SARS-CoV-2. In the orange boxes, the four enzymes that might be targeted by antiviral drugs: papain-like protease (PLP), main protease (MP), RNA-dependent RNA polymerase (RdRp) and helicase.

Figure 1. Open reading frame 1 (ORF1) genomic organization of SARS-CoV-2. In the orange boxes, the four enzymes that might be targeted by antiviral drugs: papain-like protease (PLP), main protease (MP), RNA-dependent RNA polymerase (RdRp) and helicase.

MPs of various CoV contain similar substrate-binding pockets, usually with the requirement for Gln at position P1 and a preference for leucine/methionine at the P2 sub-pocket (P1 and P2 are the amino acid residues in the substrate undergoing cleavage in the N-terminal direction from the cleaved bond). Both PLP and MP are cysteine proteases: MP is a dimer with a Cys-His dyad at the active site, whereas PLP is a monomer with a Cys-His-Glu canonical catalytic triad. The MP of SARS-CoV-2 has been crystallized recently (and PDB codes released) [9-12]. Due to the crucial role that these proteases play in the life cycle of the virus, their inhibition may have a potent antiviral effect [13-16].

Furthermore, there is a rather relevant homology between the pair of the two proteases in the three CoV mentioned above, which produced epidemic outbreaks in humans (Figures. 2-3), which could be used to target such proteins by designing specific inhibitors. Both PLP and MP of SARS-CoV-2, SARS-CoV, and MERS-CoV have, in fact, a quite conserved amino acid sequence, which means that presumably effective inhibitors for one of them may act efficaciously for all three.

Thus, our knowledge regarding the biochemical machinery of these viruses (exemplified here with the proteases, but the same is valid for the helicase and the polymerase) is rather detailed. Still, it was not translated to the clinics due to the lack of interest from the drug companies, as discovering drugs for a disease that affects a limited number of people is a risk-averse approach.

![CoV PLPs](image)

**Figure 2.** Alignment of the PLPs from the three CoV. Multiple amino acid sequence alignment was performed with the program ClustalW, version 2.1. The alignment was formatted highlighting in black the identical residues and the conservative substitutions in gray.
number of people (as was the case with SARS and MERS) is not cost-effective. However, the current outbreak proves how wrong we were. Antivirals, which could be used to treat COVID-19 patients, would probably make the crucial difference in the current pandemic. The development of strategic drugs for such pandemic outbreaks should, from now on, not be left only in the hands of big pharma, but industrial countries (or WHO) should fund programs to develop such therapies in the interests of public health and the global economy. There are some recent anecdotal reports on the repurposing of some antivirals developed for other viruses, such as the human immunodeficiency virus-1 (HIV-1) protease inhibitors lopinavir and ritonavir [17], disulfiram, which is known to inhibit SARS-CoV proteases [18] as well as some newer agents, which are shown in Figure 4 [19]. Among them, Remdesivir is a nucleoside analog acting as a polymerase inhibitor that is in clinical development for the treatment of Ebola [20], which seems to have some efficacy for the management of COVID-19 [21]. However, all these are relatively desperate options due to the lack of specific agents targeting CoV.

There are several proposals for vaccine candidates [22] based on the mechanism used by SARS-CoV-2 to infect T lymphocytes [23] or approaches which contemplate the use of fusion inhibitors [24], targeting the spike protein of the virus, but the development of such therapeutics may take longer compared to the classical targets mentioned above. All these data show that the scientific community responded in an exemplary manner to the emergency, but as usual, a voice out of the chorus emerged [25] with irrelevant comments and exaggerations on statistics, as was the case with a dubious analysis of citations and impact factors of the major journals.

Overall, more than half of the world’s population is locked down, and a massive number of new cases are reported each day, many more cases remain undiagnosed, and no effective drugs are available. For a species that chooses to name itself Homo sapiens (‘wise humans’ in Latin), this is probably a time when it is obvious that a more appropriate name should be ‘Homo insapiens’ (unwise humans). At the end of this emergency, we should dramatically rethink how to manage the environment, the extinction of a considerable number of species with a consequent impoverishment of the biosphere and, last but not least, global warming. The COVID-19 outbreak is another ringing bell announcing how much the decisions our species are currently making are insapiens.

**Figure 3.** Multiple amino acid sequence alignment of the MPs from SARS-CoV, MERS-CoV, and SARS-CoV-2 carried out with ClustalW, version 2.1. The formatted alignment shows the identical amino acid residues (black) and the conservative substitutions (gray).
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Declared of interest

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Figure 4. Drugs and drug candidates with some efficacy against SARS-CoV-2.
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