Basic Study

Diagnostic value evaluation of trefoil factors family 3 for the early detection of colorectal cancer

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Abstract

AIM

The purpose of this study was to evaluate the diagnostic value of trefoil factor family 3 (TFF3) for the...
early detection of colorectal cancer (CC).

**METHODS**
Serum TFF3 and carcino-embryonic antigen (CEA) were detected in 527 individuals, including 115 healthy control (HC), 198 colorectal adenoma (CA), and 214 CC individuals in the training group.

**RESULTS**
Serum TFF3 showed no significant correlation with age, gender, or tumor location but showed significant correlation with the tumor stage. Serum TFF3 in the CC group was significantly higher than in the HC or CA group. The AUC values of TFF3 for discriminating between HC and CC and between CA and CC were 0.930 (0.903, 0.958) and 0.834 (0.796, 0.873). A multivariate model combining TFF3 and CEA was built. Compared to TFF3 or CEA alone, the multivariate model showed significant improvement ($P < 0.001$). For discriminating between HC and CC, HC and early stage CC, HC and advanced stage CC, CA and CC, CA and early stage CC, and CA and advanced stage CC in the training group, the sensitivities were 92.99%, 91.46%, 93.18%, 73.83%, 76.83%, and 81.82%, and the specificities were 91.30%, 91.30%, 93.91%, 88.38%, 77.27%, and 88.38%, respectively. After validation, the sensitivities were 89.39%, 85.71%, 90.79%, 72.73%, 71.43%, and 78.95%, and the specificities were 87.85%, 87.85%, 88.38%, 2.52%, 87.85%, 80.77%, and 87.50%, respectively.

**CONCLUSION**
The multivariate diagnostic model that included TFF3 and CEA showed significant improvement over the conventional biomarker CEA and might provide a potential method for the early detection of CC.

**Key words:** Trefoil factor family 3; Colorectal cancer; Colorectal adenoma; Multivariate model; Diagnostic value

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Core tip: Serum level of trefoil factor family 3 (TFF3) was used for evaluation of the diagnostic value for the early detection of colorectal cancer (CC). A multivariate model combining TFF3 and carcino-embryonic antigen (CEA) was built. Compared to TFF3 or CEA alone, the multivariate model showed significant improvement. The multivariate diagnostic model that included TFF3 and CEA showed significant improvement over the conventional biomarker CEA and might provide a potential method for the early detection of CC.
the detection of tumor stages and distant metastasis and as a predictor of responses to chemotherapy in colorectal cancer[14]. However, to date, there has been no study evaluating the clinical diagnostic value of TFF3 for the early detection of colorectal cancer.

In our study, we aimed to evaluate the diagnostic value of TFF3 for the detection of CC and to build a multivariate diagnostic model that might improve the diagnostic value compared to the indicator alone. It may serve as a potential assistant detection method.

MATERIALS AND METHODS

Patients
Written consent was obtained from all participants enrolled in this study. Our study was approved by the Ethics Committee of Tianjin Medical University Cancer Institute and Hospital. Serum samples of 527 individuals, including 115 healthy control (HC), 198 colorectal adenoma (CA), and 214 CC individuals, were collected for the training group. After the training group, an independent 343 individuals, including 107 HC, 104 CA, and 132 CC individuals, were collected to validate the diagnostic value of the training group. Serum samples were collected before surgery, chemotherapy, radiation therapy or immunotherapy. Age-matched healthy controls were enrolled based on their negative results on the blood biomarker test, computed tomography examination and fecal occult blood testing. The patients enrolled in our study were confirmed by histopathological analysis. The tumor stage was categorized according to the Dukes staging system. Duke stages A and B were categorized as early stage colorectal cancer. Dukes stages C and D were categorized as advanced stage CRC[15]. The clinical characteristics of the patients are shown in Table 1.

Serum collection
Ten milliliters of peripheral blood was collected in a tube that contained separating gel and clot activator, and then the tube was centrifuged at 3400 rpm for 7 min. The supernatant was transferred into another new tube. The sample serum was stored in aliquots at -80 °C until detection. No freeze-thawing was allowed prior to cytokine detection.

Detection of TFF3 and CEA
The levels of TFF3 (Item ID: E-EL-H1108c) in serum were detected by ELISA kits, which were provided by Elabscience Biotechnology Co., Ltd. (Wuhan, China). The detection protocol was performed according to the manufacturer’s instructions. Briefly, 100 µL of standard, blank, or sample was added per well. Solutions were added to the bottom of the well and incubated for 90 min at 37 °C. The liquid was removed and 100 µL of biotinylated detection Ab working solution added to each well, followed by incubation for 1 h at 37 ºC. The liquid was aspirated and the wells washed three times. Then, any remaining wash buffer was removed, and 100 µL of HRP conjugate working solution was added, followed by incubation for 30 min at 37 ºC. The wash process was repeated five times, and then 90 µL of substrate solution was added. Incubation was performed for 15 min at 37 ºC followed by the addition of 50 µL of stop solution to each well. The optical density (OD) value of each well at 450 nm was measured by a Bio-Rad iMark Microplate Absorbance Reader (Bio-Rad Laboratories Inc.). The level of TFF3 was calculated according to the standard curve. The coefficient of variation of all kits was less than 10%. The levels of CEA in serum were detected by a Roche Modular Analytics E 170 instrument (Roche Diagnostics, Mannheim, Germany). The detection assays were provided by Roche Diagnostics, United States.

Statistical analysis
All the data were analyzed using MedCalc 12.7.0.0 (MedCalc Software, Mariakerke, Belgium) and SPSS 19.0 (SPSS, Brussels, Belgium). The levels of TFF3 and CEA between groups were compared by one-way analysis of variance with the Bonferroni correction. Binary logistic regression analysis was used to establish the multivariate diagnostic model. Receiver operating characteristic curves were used to evaluate the diagnostic value, and the areas under the curves (AUC) were compared by Z-scores[16]. The Youden index was used to choose the cutoff value that determined the sensitivity and specificity. A two-sided P value of less than 0.05 was considered statistically significant.

RESULTS

Correlation of TFF3 with clinical characteristics and comparison of level in groups
The serum level of TFF3 showed no significant correlation with age, gender, or tumor location but showed a significant correlation with tumor stage. As shown in Figure 1, compared to the healthy control group, the levels of TFF3 in the HC, CA, and CC groups were 14.10 (11.28, 23.19), 23.08 (18.72, 29.09), and 37.66 (29.87, 47.61) pg/mL, respectively. Compared to the HC group, the levels of TFF3 in both the CA group and the CC group showed significant increases (P < 0.001). Compared to the CA group, the level of TFF3 in the CC group showed a significant increase (P < 0.001).

Diagnostic evaluation of TFF3 and CEA for discriminating HC and CC groups
We first analyzed the diagnostic value of TFF3 or CEA alone for discriminating between the HC and CC groups, and then we analyzed the diagnostic value of the combination of TFF3 and CEA. The diagnostic values are given in Supplementary Table 1.
73.91%, respectively. As shown in Figure 2E, the AUC of CEA was 0.814 (0.745, 0.882), and at the cutoff value of 3.00 U/mL, the sensitivity and specificity were 69.51% and 90.43%, respectively. As shown in Figure 2H, the AUC of the multivariate model built to discriminate between HC and CC was 0.953 (0.926, 0.981), and at the cutoff value of 0.60, the sensitivity and specificity were 91.46% and 91.30%, respectively.

For discriminating between HC and advanced stage CC, as shown in Figure 2A, the AUC of TFF3 was 0.930 (0.903, 0.958), and at the cutoff value of 21.30 pg/mL, the sensitivity and specificity were 94.86% and 73.91%, respectively. As shown in Figure 2D, the AUC of CEA was 0.850 (0.809, 0.890), and at the cutoff value of 3.09 U/mL, the sensitivity and specificity were 70.56% and 92.17%, respectively. Then, TFF3 and CEA were combined for analysis by binary logistic regression analysis to build the multivariate diagnostic model. The formula of the model was $Y = \logit(P) = -6.498 + 0.189X_{TFF3} + 0.651X_{CEA}$. As shown in Figure 2G, the AUC of the multivariate model was 0.968 (0.951, 0.984), and at the cutoff value of 0.60, the sensitivity and specificity were 92.99% and 91.30%, respectively.

Diagnostic evaluation of TFF3 for discriminating between CA and CC groups in the training group

After discriminating between the HC and CC groups, we analyzed the diagnostic value of TFF3 and CEA alone or in combination for discriminating between the CA and CC groups. The diagnostic value is shown in Table 2, and the AUCs are shown in Supplementary Figure 1.

For discriminating between CA and CC, the AUC of CEA alone was 0.513 (0.457, 0.569), and at the cutoff value of 4.42 U/mL, the sensitivity and specificity were 61.32% and 71.19%, respectively. Figure 1 Comparisons of serum trefoil factor family 3 levels in colorectal cancer, colorectal adenoma, and healthy control groups. CRC: Colorectal cancer; CA: Colorectal adenoma; HC: Healthy control groups.

For discriminating between HC and early stage CC, as shown in Figure 2B, the AUC of TFF3 was 0.892 (0.849, 0.935), and at the cutoff value of 21.30 pg/mL, the sensitivity and specificity were 92.68% and 73.91%, respectively. As shown in Figure 2E, the AUC of CEA was 0.814 (0.745, 0.882), and at the cutoff value of 3.00 U/mL, the sensitivity and specificity were 69.51% and 90.43%, respectively. As shown in Figure 2H, the AUC of the multivariate model built to discriminate between HC and CC was 0.953 (0.926, 0.981), and at the cutoff value of 0.60, the sensitivity and specificity were 91.46% and 91.30%, respectively.

For discriminating between HC and advanced stage CC, as shown in Figure 2A, the AUC of TFF3 was 0.930 (0.903, 0.958), and at the cutoff value of 21.30 pg/mL, the sensitivity and specificity were 94.86% and 73.91%, respectively.

Diagnostic evaluation of TFF3 for discriminating between CA and CC groups in the training group

After discriminating between the HC and CC groups, we analyzed the diagnostic value of TFF3 and CEA alone or in combination for discriminating between the CA and CC groups. The diagnostic value is shown in Table 2, and the AUCs are shown in Supplementary Figure 1.

For discriminating between CA and CC, the AUC of TFF3 was 0.834 (0.796, 0.873), and at the cutoff value of 29.89 pg/mL, the sensitivity and specificity were 75.23% and 78.28%, respectively. The AUC of CEA was 0.683 (0.630, 0.737), and at the cutoff value of 4.96 U/mL, the sensitivity and specificity were 57.01% and 85.86%, respectively. Then, TFF3 and CEA were combined by binary logistic regression analysis to build the multivariate diagnostic model. The formula of the model was $Y = \logit(P) = -6.498 + 0.189X_{TFF3} + 0.651X_{CEA}$. As shown in Figure 2G, the AUC of the multivariate model was 0.968 (0.951, 0.984), and at the cutoff value of 0.60, the sensitivity and specificity were 92.99% and 91.30%, respectively.
model was $Y = \logit(P) = -5.478 + 0.139X_{TFF3} + 0.265X_{CEA}$. The AUC of the multivariate model was 0.883 (0.851, 0.915), and at the cutoff value of 0.57, the sensitivity and specificity were 73.83% and 88.38%, respectively. Compared to TFF3 or CEA alone, the AUC of the multivariate model showed significant improvement ($P < 0.001$ and $P < 0.001$).

For discriminating between CA and early stage CC, the AUC of TFF3 was 0.751 (0.691, 0.812), and at the cutoff value of 29.89 pg/mL, the sensitivity and specificity were 58.54% and 78.28%, respectively. The AUC of CEA was 0.648 (0.563, 0.734), and at the cutoff value of 4.53 U/mL, the sensitivity and specificity were 56.10% and 81.31%, respectively. The AUC of the multivariate model built to discriminate between CA and CC was 0.823 (0.768, 0.878), and at the cutoff value of 0.41, the sensitivity and specificity were 76.83% and 77.27%, respectively.

For discriminating between CA and advanced stage CC, the AUC of TFF3 was 0.886 (0.849, 0.923), and at the cutoff value of 34.07 pg/mL, the sensitivity and specificity were 75.00% and 89.39%, respectively.

Figure 2 Analysis the Trefoil factors family and carcino-embryonic antigen diagnostic evaluation for discriminating the healthy control and colorectal cancer groups by receiver operating characteristic method in the training group. A: ROC of TFF3 for discriminating HC and CC; B: ROC of TFF3 for discriminating HC and early stage CC; C: ROC of TFF3 for discriminating HC and advanced stage CC; D: ROC of CEA for discriminating HC and CC; E: ROC of CEA for discriminating HC and early stage CC; F: ROC of CEA for discriminating HC and advanced stage CC; G: ROC of multivariate model for discriminating HC and CC; H: ROC of multivariate model for discriminating HC and early stage CC; I: ROC of multivariate model for discriminating HC and advanced stage CC. TFF3: Trefoil factors family; ROC: Receiver operating characteristic; HC: Healthy control; CC: Colorectal cancer.
The AUC of CEA was 0.705 (0.641, 0.770), and at the cutoff value of 4.96 U/mL, the sensitivity and specificity were 60.61% and 86.86%, respectively. The AUC of the multivariate model built to discriminate between CA and CC was 0.919 (0.888, 0.951), and at the cutoff value of 0.57, the sensitivity and specificity were 81.82% and 88.38%, respectively.

Validation of the multivariate model for discriminating between HC and CC and between CA and CC in the validation group

After building the multivariate models to discriminate between HC and CC and between CA and CC, independent HC, CA and CC individuals were chosen to validate the diagnostic value of the multivariate models, as shown in Supplementary Table 2.

For discriminating between the HC and CC groups, as shown in Figure 3A, the AUC was 0.941 (0.912, 0.970), and at the cutoff value of 0.60, the sensitivity and specificity were 89.39% and 87.85%, respectively. For discriminating between the HC and early stage CC groups, as shown in Figure 3B, the AUC was 0.910 (0.856, 0.965), and at the cutoff value of 0.60, the sensitivity and specificity were 85.71% and 87.85%, respectively. For discriminating between the HC and advanced stage CC groups, as shown in Figure 3C, the AUC was 0.961 (0.938, 0.991), and at the cutoff value of 0.72, the sensitivity and specificity were 90.79% and 92.52%, respectively. Compared to TFF3 or CEA alone, the AUC of the multivariate model showed significant improvement (P < 0.001).

For discriminating between the CA and CC groups, as shown in Figure 3D, the AUC was 0.850 (0.799, 0.902), and at the cutoff value of 0.57, the sensitivity and specificity were 72.73% and 87.50%, respectively. For discriminating between the HC and early stage CC groups, as shown in Figure 3E, the AUC was 0.814 (0.741, 0.887), and at the cutoff value of 0.41, the sensitivity and specificity were 71.43% and 80.77%, respectively. For discriminating between the HC and advanced stage CC groups, as shown in Figure 3F, the AUC was 0.877 (0.824, 0.929), and at the cutoff value of 0.57, the sensitivity and specificity were 78.95% and 87.50%, respectively.

DISCUSSION

TFF3, also called intestinal trefoil factor, consists of 59 amino acid peptides and occurs mainly in the gastrointestinal tract and in the serum. TFF3 expression is elevated during gastrointestinal adenoma progression and has been shown to promote mucosal wound healing. The induction of mucinous metaplasia was observed in mice with high TFF3 expression[17]. The TFFs can be used as biomarkers in various human cancers[18]. For gastric cancer, the serum TFF3 level may be a better biomarker of gastric cancer than the pepsinogen test. When combined with the serum pepsinogen test, TFF3 showed better diagnostic value for the screening of gastric cancer[9,10] and might be a potential non-endoscopic detection method for the screening of gastric cancer[19]. It also acted as an angiogenic factor and functions as a promoter to enhance tumor progression in mammary carcinoma[20]. In addition, the Cytosponge-TFF3 test is a safe and acceptable approach to identify patients with reflux symptoms who warrant endoscopy to diagnose Barrett’s esophagus[21]. TFF3 plays an important role in the development of Barrett’s metaplasia and may have diagnostic value for the early stages of Barrett’s esophagus[22]. Although many studies have been performed to evaluate its diagnostic value for different cancers, few studies have evaluated the diagnostic value of TFF3 for the early detection of CC.

In our study, serum TFF3 showed significant correlation with tumor stage. This result was consistent with previous studies. The relationship between serum TFF3 and lymph node metastases of CC may make it a potentially useful marker for predicting the lymph node metastases[23], and it may also serve as a potential biomarker for the prediction of CC metastasis[24]. TFF3 up-regulation after neoadjuvant chemoradiotherapy for rectal cancer is associated with a higher risk of relapse[25]. Serum TFF3 can potentially be used as a biomarker to assess mucosal healing in ulcerative colitis patients[26]. In our study,
compared to the HC and CA groups, serum TFF3 in the CC group showed a significant increase. It may contribute to the development of CC. In previous studies, TFF3 was demonstrated to contribute to the malignant behavior of colon cancer cells, and it was up-regulated in mucosal protection and repair. Its levels were increased in correlation with disease activity indices. TFF3 level was also found to correlate with an aggressive phenotype in rat colon cancer cells. These findings provide evidence that TFF3 contributes to the malignant behavior of cancer cells. There are some proposed mechanisms by which TFF3 participates in the development of CC. Signal transducer and activator of transcription (STAT) 3 has been demonstrated to be over expressed in most types of human cancers and classified as an oncogene. TFF3 may exert potent invasive activity through STAT3 signaling in human colorectal cancer cells. In addition, TFF may also promote the proliferation and migration of gastric mucosal epithelial cells by activation of the PI3K/Akt signaling pathway, which has been demonstrated to be strongly related to the development of various cancers. IL4-induced Stat6 signaling is active in various cell types, including immune cells and cancer cells. STAT6 activation mediates a transcriptional enhancement of TFF3 by de novo induction, which plays an important role in host protective immunity against the infection synthesized protein in goblet cells. TFF3 has been found to inhibit the TLR4/NF-kappaB signaling pathways, with potential treatment value for the inflammatory bowel disease. Perturbation of the E-cadherin/catenin complex at intercellular junctions appears to be a functional pathway through which TFF2 and TFF3 promote cell migration. In our study, for discriminating between HC and CC, the multivariate model showed significant improvement compared to CEA alone; however, because the prevalence of colorectal cancer was not taken into consideration, the diagnostic value of our study could be biased, and the disparity in the number of patients recruited in our study for the training group may also cause some bias in the diagnostic value. For discriminating between CA and CC, the multivariate model also showed significant improvement compared to CEA, as a method based on non-invasive discrimination. It was better than the conventional non-invasive method. In future research, the multivariate model should be compared with other discrimination methods, such as colonoscopy and fecal occult blood testing.
There are some limitations in our study. First, the number of individuals in the training group was relatively small, causing some bias in the results of our study. A larger sample size and multi-center sampling should be used to validate the diagnostic value of TFF3 and the multivariate diagnostic model. Second, although the diagnostic value of the multivariate model for discriminating between HC and CC was high, the diagnostic value for other kinds of cancers was not evaluated. The multivariate model built in our study currently can only be recognized as an assistant detection method that should be combined with the detection methods used in clinical practice, such as colonoscopy, fecal occult blood testing, and stool DNA testing. Third, in our study, we only evaluated the diagnostic value of TFF3 for the early detection of CC. The levels of the TFF3 after surgery, chemotherapy, radiotherapy, and other kinds of therapy methods were not evaluated. In future research, we will analyze TFF3 for evaluation of the effect of therapy or its correlation with prognosis.

In conclusion, we evaluated the diagnostic value of TFF3 for differentiating between the HC and CC and between the CA and CC groups, and we evaluated a multivariate diagnostic model that included TFF3 and CEA for differentiating between the HC and CC and between the CA and CC groups. Compared to the conventional biomarker CEA, the multivariate diagnostic model showed significant improvement. It could be used as an assistant detection method alongside the conventional screening methods for colorectal cancer, and it could also be used as a potentially effective diagnostic method for discriminating between CA and CC patients in clinical detection.

COMMENTS

Background

Colorectal cancer is one of the most common cancers worldwide. Although various detection methods are used in clinical practice, their diagnostic value is limited by disadvantages, and they cannot meet the needs of clinical detection. A detection method with high sensitivity and specificity, easy availability and low cost is urgently needed for the early detection in clinical practice.

Research frontiers

Although many studies have been performed to evaluate the diagnostic value of trefoil factor family 3 (TFF3) for different kinds of cancers, such as, however, to date, there has been no study evaluating the clinical diagnostic value of TFF3 for the early detection of colorectal cancer.

Innovations and breakthroughs

Serum level of TFF3 was used for evaluation the diagnostic value of for the early detection of colorectal cancer. A multivariate model combining TFF3 and carcino-embryonic antigen (CEA) was built. Compared to TFF3 or CEA alone, the multivariate model showed significant improvement.

Applications

The multivariate diagnostic model that included TFF3 and CEA showed significant improvement over the conventional biomarker CEA and might provide a potential method for the early detection of colorectal cancer.

Terminology

TFFs play important roles in the mucosal protection and repair of epithelial surfaces and are involved in the development and progression of various types of cancer.

Peer-review

This study is an interesting study about the diagnostic value evaluation of trefoil factors family 3 for the early detection of colorectal cancer. The multivariate diagnostic model which included TFF3 and CEA showed significant improvement when compared to the conventional biomarker CEA, and may provide a potential method for the early detection of colorectal cancer. Overall, this study is well designed and the manuscript is well written.

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