Capillary and winding transitions in a confined cholesteric liquid crystal

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We consider a Lebwohl-Lasher model of chiral particles confined in a planar cell (slit pore) with different boundary conditions, and solve it using mean-field theory. The phase behaviour of the system with respect to temperature and pore width is studied. Two phenomena are observed: (i) an isotropic-cholesteric transition which exhibits an oscillatory structure with respect to pore width, and (ii) an infinite set of winding transitions caused by commensuration effects between cholesteric pitch and pore width. The latter transitions have been predicted and analysed by other authors for cholesterics confined in a fixed pore and subject to an external field promoting the uniaxial nematic phase; here we induce winding transitions solely from geometry by changing the pore width at zero external field (a setup recently explored in Atomic-Force Microscopy experiments). In contrast with previous studies, we obtain the phase diagram in the temperature vs pore width plane, including the isotropic-cholesteric transition, the winding transitions and their complex relationship. In particular, the structure of winding transitions terminates at the capillary isotropic-cholesteric transition via triple points where the confined isotropic phase coexists with two cholesterics with different helix indices. For symmetric and asymmetric monostable plate anchorings the phase diagram are qualitatively similar.

I. INTRODUCTION

Cholesteric phases of liquid crystal materials are important from fundamental and technological points of view [1, 2], and a lot of effort is still being expended in their study. Interest in cholesterics stems from the existence of a direction, perpendicular to the nematic director, about which the latter winds up with a specific periodic length, the pitch, causing the material to be optically active at optical wavelengths. The pitch sensitivity to temperature and external fields, and the ensuing varying reflectivity properties, can be exploited in applications. Also, temperature variations of the pitch can be suppressed by different techniques, e.g. by mixing two chiral dopants with opposite temperature dependence in their pitch [3].

Cholesteric materials continue to be of interest, in particular, as the basis for the design of the twisted nematic cells of liquid-crystal-based devices. Many experimental and theoretical works have been devoted to this problem. Still many basic issues remain unexplored in the field of capillary phenomena in cholesteric materials. For example, the first theoretical study of the isotropic-cholesteric interface is very recent [4].

Most theoretical studies of cholesterics have been based on the Landau-de Gennes model, especially in connection with the existence of the blue phases (see e.g. [5]). Another fruitful approach is the chiral Lebwohl-Lasher model [6, 7], which has been studied from various perspectives. The bulk properties of the chiral Lebwohl-Lasher model were explored by van der Meer et al. [8] using mean-field theory. The most striking conclusion was that the pitch was independent of temperature, and that higher-order terms in the interactions were necessary to restore a temperature-dependent pitch. The model was first simulated by Saha et al. [9] using the Monte Carlo technique and a planar rotor model for the particles. Discrepancies were found initially concerning the independency of the pitch with temperature. Later simulations by Saha and Saha [10] of the full model (without orientational restrictions) and of the planar rotor model by Luckhurst et al. [11] confirmed the mean-field predictions. The latter authors obtained a continuous isotropic-cholesteric transition, and explained the temperature-independent feature as a result of the existence of a helical transformation, suggested by T. J. Sluckin, that removes the chiral term in the energy. Note that, in more realistic models with density fluctuations, one expects the pitch to depend on the temperature due to variations in density and order parameter with temperature.
Other authors have used the model to explore different features of chiral phases. Memmer and Janssen [12] studied the influence of the fourth-order terms on the pitch, using simulation and self-determined boundary conditions. In agreement with van der Meer et al. [3], temperature-dependency of the pitch was restored. A helix inversion at a specific temperature was obtained by these authors with the same fourth-order interaction potential [12], again in accord with the mean-field calculation of van der Meer et al. [3]. Memmer and Janssen [11] also studied the induction of a helical twist by mixing chiral dopant and a guest achiral system, a common procedure in experiments and applications to optimise device performance.

The chiral Lebwohl-Lasher model has also been investigated in confined geometry. This is a relevant model to study twisted liquid-crystal displays. These systems operate with the help of an external field. To cite a representative example of a simulation analysis, Memmer and Fliegans [15] studied a chiral Lebwohl-Lasher model confined by two parallel plates and subject to a constant external field normal to the plates. A corresponding Fréedericksz transition between twisted and uniform director arrangements was characterised. An external electric field can be used to control the pitch in a bulk cholesteric sample. In the case of a cholesteric confined between two plates a fixed distance apart (pore width), there is a commensuration issue, and the variation of the number of pitch lengths can only occur in discrete jumps involving structures with different numbers of helix indices (number of half turns of the director about the helix direction) [10]. These variations can be induced by temperature or by an electric field. Previous and more recent works have analysed the problem using simple elastic models [17–24]. There are various experimental works that deal with these problems [25–33].

Our purpose in the present work is to analyse commensuration effects in confined chiral liquid crystals when the agent that changes the number of pitch lengths is not temperature or an external field, but the pore width. Therefore, we are inducing the winding transitions by geometry alone. An important feature of our theoretical technique is that order parameters and a free-energy functional are used; therefore the nematic and cholesteric order are analysed consistently as a function of temperature, and the confined order-disorder transition and structural phenomena in the slit pore can be followed and described collectively. Also, we consider a free-orientation model, so that the main axes of particles are not restricted to lie on planes parallel to the confining plates.

To help focus our work, we can think of a material consisting of a mixture of two chiral substances such that the pitch temperature dependence is suppressed [2]. This material can be placed in a cell with strong anchoring conditions, such that the pore width can be controlled, as in an Atomic-Force Microscopy (AFM) experiment; indeed such a setup has been used to identify capillary nematization transitions [34] and, more recently, even to obtain the pitch in cholesteric materials with high accuracy [35]. The control parameter is \( h/p \), where \( h \) is the pore width and \( p \) the cholesteric pitch; this parameter dictates the number of cholesteric periods or helix index in the cell, and its variation will induce transitions between cholesteric slabs of different numbers of half-turns of the director (winding transitions). As in the AFM experiments [35], an infinite collection of winding transitions are obtained. Using the chiral Lebwohl-Lasher model, we analyse these transitions in detail, locate the capillary isotropic-cholesteric phase transition as a function of the pore width, and establish the connection between this transition and the winding transitions, a relationship that previous studies have not addressed. An interesting topology in the temperature vs. pore width phase diagram is observed. The cases of monostable symmetric and asymmetric surface alignments are considered, and the differences between the two cases discussed.

II. THEORY

The model used to explore the confined cholesteric material is the chiral Lebwohl-Lasher model. This model has some advantages over the popular Landau-de Gennes or elastic models used in previous studies. The most important of them is the fact that, in contrast to the latter approaches, the model has a microscopic nature and the interaction potential appears explicitly. Different terms in the interaction potential can be tuned to model specific features of real molecules. By contrast, the Landau-de Gennes or elastic theories are meso- and macroscopic
in nature, aim at a description at larger length scales, and become the logical choices when the nematic director is spatially deformed on a scale much larger than the molecular scale, or surfaces induce the presence of defects. These scales are difficult to access using a microscopic approach due to computational limitations.

In the Lebwohl-Lasher model, each site of a simple-cubic lattice of lattice parameter \(a\) is filled with a uniaxial particle described by an orientation \(\hat{\omega} = (\theta, \varphi)\). Particles interact via a nearest-neighbour potential that depends on the two particle orientations \(\hat{\omega}, \hat{\omega}'\) and possibly also on the relative position vector \(\hat{r}\). In the chiral Lebwohl-Lasher model, the potential energy is taken as

\[
\Phi(\hat{\omega}, \hat{\omega}', \hat{r}) = -\epsilon P_2((\hat{\omega} \times \hat{\omega}') \cdot \hat{r})(\hat{\omega} \cdot \hat{\omega}'),
\]

where \(P_2(x)\) is the second-order Legendre polynomial. The case \(\kappa = 0\) corresponds to the standard, achiral Lebwohl-Lasher model.

These terms are the first scalar and pseudo-scalar terms of a general expansion in rotational invariants of the interaction potential associated with two uniaxial particles [8, 36]. The first, Maier-Saupe-like, term favours arrangements where particles are parallel. The second term takes account of the chirality of the interaction (in the following the chiral strength will be measured by \(\kappa' = \kappa/\epsilon\)).

Particles in the Lebwohl-Lasher lattice model can be interpreted as single molecules, but Memmer and Fieglans [12] have also interpreted each particle on the lattice as a director representing a cluster of neighboring molecules. In our case the different interpretations are not relevant considering the qualitative level of our work.

The setup for the confined Lebwohl-Lasher model is shown in Fig. 1. The lattice is sandwiched between two parallel plates normal to the [010] direction. The \(z\) axis is chosen parallel to the plates, along one of the two equivalent crystallographic axes. In the spirit of mean-field theory, all particles pertaining to the same plane parallel to the surfaces (labelled with the index \(i = 1, 2, \cdots, N\); see Fig. 1) will be taken as equivalent. Particles in planes 1 and \(N\) interact with their closest plate via the surface potentials \(\Phi_1(\hat{\omega})\) and \(\Phi_2(\hat{\omega})\). The following cases are considered:

- **Symmetric plates.** Both plates have one easy axis, contained in the plane of the plates, and the two easy axes are identical, \(\hat{n} = \hat{m} = (0, 0, 1)\) (see left panel of Fig. 1 for our choice of reference axes). The corresponding surface potential energies are monostable, and give contributions \(\Phi_i(\hat{\omega}) = \epsilon_i P_2(\hat{n} \cdot \hat{\omega}), i = 1\) and \(2\), only from the particles adjacent to the two plates.

- **Asymmetric plates.** The easy axes of the two plates form an angle of \(\alpha = 90^\circ\), i.e. \(\hat{n} = (0, 0, 1)\) and \(\hat{m} = (1, 0, 0)\). Contributions from particles adjacent to the plates are \(\Phi_1(\hat{\omega}) = \epsilon_1 P_2(\hat{n} \cdot \hat{\omega})\) and \(\Phi_2(\hat{\omega}) = \epsilon_2 P_2(\hat{m} \cdot \hat{\omega})\), respectively. Note that both potential energies are monostable, and that their strengths are identical; only the easy axis is different.

All surface potentials used are built from second-order Legendre polynomials. This is an advantage since then all interactions turn out to be quadratic in the unit vector \(\hat{\omega}\), which simplifies the theoretical treatment. We take \(\epsilon_1 = \epsilon_2 = \epsilon\) (we later argue that this choice leads to strong anchoring conditions). In the following we use the Maier-Saupe parameter \(\epsilon\) as an energy scale. We therefore have the two parameters \(kT/\epsilon\) and \(\kappa/\epsilon\) as energy parameters, the length parameter being \(h/p\) (both \(h\) and \(p\) are measured in lattice unit lengths \(a\), and this is taken as the length scale in the model).

Due to the inhomogeneity of the problem, the orientational order will vary from plane to plane. Since in-plane fluctuations are neglected, the orientational distribution function will only depend on the plane index \(i\), i.e. \(f_i(\hat{\omega})\), with \(i = 1, \cdots, N\). The statistical mechanics of the model is solved using a variational principle on the mean-field free-energy functional (for details see Marguta et al. [37]). The functional, \(F[f_i]\), has contributions from entropy, from interactions between particles, and from interactions between particles and the plates. The energy has contributions from the four particles in the same layer, from the two particles on the two neighbouring layers, and also from the external potential. The complete free energy functional is:

\[
\frac{F[\{f_i\}]}{\epsilon M} = \frac{kT}{\epsilon} \sum_{i=1}^{N} \int d\hat{\omega} f_i(\hat{\omega}) \log [4\pi f_i(\hat{\omega})]
\]

\[
- \frac{1}{2} \sum_{i=1}^{N} \int d\hat{\omega} \int d\hat{\omega}' f_i(\hat{\omega}) f_i(\hat{\omega}') \sum_{j=1}^{4} \left\{ P_2(\hat{\omega} \cdot \hat{\omega}') + \frac{\kappa}{\epsilon} [(\hat{\omega} \times \hat{\omega}') \cdot \hat{r}_j] (\hat{\omega} \cdot \hat{\omega}') \right\}
\]

\[
- \sum_{i=1}^{N-1} \int d\hat{\omega} \int d\hat{\omega}' f_i(\hat{\omega}) f_{i+1}(\hat{\omega}') \left\{ P_2(\hat{\omega} \cdot \hat{\omega}') + \frac{\kappa}{\epsilon} [(\hat{\omega} \times \hat{\omega}') \cdot \hat{y}_j] (\hat{\omega} \cdot \hat{\omega}') \right\}
\]

\[
+ \int d\hat{\omega} f_1(\hat{\omega}) \Phi_1(\hat{\omega}) + \int d\hat{\omega} f_N(\hat{\omega}) \Phi_2(\hat{\omega})
\]
where \( M \) is the number of particles in each plane, and \( \{ \hat{r}_j \} \) are the four vectors \((\pm 1, 0, 0)\) and \((0, 0, \pm 1)\) that connect a given particle to its four neighbours in the \( xz \) plane, and \( \hat{y} = (0, 1, 0) \) the unit vector along the \( y \) axis (see Fig. 1).

The orientational distribution functions \( f_i(\hat{\omega}) \) were expanded in six basis functions \( \Psi_\alpha(\hat{\omega}) \), \( \alpha = 0, \cdots, 5 \):

\[
f_i(\hat{\omega}) = \sum_{\alpha=0}^{5} f_i^{(\alpha)} \Psi_\alpha(\hat{\omega}). \tag{3}
\]

The functions \( \Psi_\alpha(\hat{\omega}) \) correspond to real combinations of spherical harmonics with angular-momentum indices \( l = 0 \) and 2 and, therefore, are orthonormal quadratic functions in \( \hat{\omega} \) (\( \alpha = 0 \) corresponds to \( l = 0 \) while \( \alpha = 1, \cdots, 5 \) correspond to combinations of the five spherical harmonics in the subspace \( l = 2 \)):  

\[
\Psi_0(\hat{\omega}) = \frac{1}{\sqrt{4\pi}}, \tag{4}
\]

\[
\Psi_1(\hat{\omega}) = \sqrt{\frac{5}{4\pi}} P_2(\cos \theta),
\]

\[
\Psi_2(\hat{\omega}) = \sqrt{\frac{15}{16\pi}} \sin 2\theta \cos \varphi,
\]

\[
\Psi_3(\hat{\omega}) = \sqrt{\frac{15}{16\pi}} \sin 2\theta \sin \varphi,
\]

\[
\Psi_4(\hat{\omega}) = \sqrt{\frac{15}{16\pi}} \sin^2 \theta \cos 2\varphi,
\]

\[
\Psi_5(\hat{\omega}) = \sqrt{\frac{15}{16\pi}} \sin^2 \theta \sin 2\varphi.
\]

The fact that both particle-particle \( \hat{1} \) and particle-plate interactions are quadratic in \( \hat{\omega} \) limits the (in principle) infinite series expansion of \( f_i(\hat{\omega}) \) to six terms, cf. Eqn. 3.

FIG. 2. (a) Uniaxial order parameter \( \eta \) and biaxial order parameter \( \sigma \) (inset) as a function of the reduced temperature \( kT/\varepsilon \) for \( \kappa/\varepsilon = 0.5 \). The vertical dotted line indicates the isotropic-cholesteric first order phase transition. The curves are qualitatively the same for other values of \( \kappa \). (b) Bulk phase diagram in the reduced temperature-\( \kappa \) plane. The black-solid line is the isotropic-cholesteric binodal. The nematic state is only stable in the limit \( \kappa \to 0 \). The inset is a zoom of the small \( \kappa \) region, showing the (unstable) isotropic-nematic transition (red line), which does not depend on \( \kappa \). (c) Uniaxial order parameter \( \eta \) and biaxial order parameter \( \sigma \) (inset) as a function of \( \kappa \) at the isotropic-cholesteric phase transition. (d) Pitch \( p \) as a function of the chirality parameter \( \kappa \) at the isotropic-cholesteric phase transition. The symbols are results obtained via minimization of the free energy and the line is the approximation \( p = 4\pi (\arctan \frac{2\kappa}{3\varepsilon})^{-1} \).
(the $l = 1$ subspace is not included due to the head-tail symmetry of the particles –no terms linear in $\omega$ in the potential). This means that the expansion (4) is complete and therefore it represents a full, parameterisation-free description of orientational order. Since $f_i(\omega)$ is normalised to unity, $f_i^{(0)} = (4\pi)^{-1}$. The five remaining coefficients,

$$f_i^{(\alpha)} = \int d\omega f_i(\omega)\Psi_{\alpha}(\omega), \quad l = 1,\ldots, 5, \quad (5)$$

are a measure of orientational order in each plane $i$ in the lab frame. In fact, due to the symmetries of the confined system (the lowest-symmetry phase of which is the biaxial phase, with a distribution function $f_i(\omega)$ which is an even function of the angle $\varphi$), the coefficients $f_i^{(3)}$ and $f_i^{(5)}$ are zero, and consequently only three order parameters, $f_i^{(1)}$, $f_i^{(2)}$ and $f_i^{(4)}$, are relevant. Using Eqn. (2), the free-energy functional (2) can be expressed solely as a function of the set of $3N$ order parameters for the $N$ planes, $\{f_i^{(1)}, f_i^{(2)}, f_i^{(4)}\}$ (in order for this to possible in the case of the first, entropic term, the functions $f_i(\omega)$ should be replaced by the expressions following from the equilibrium conditions $\delta F/\delta f_i = 0$). The necessary angular functions were computed using Gauss-Legendre quadratures. Minimisation of the free energy was performed using the conjugate-gradient method. The simple iterative (Picard) method on the equilibrium conditions $\delta F/\delta f_i = 0$ was also used in some cases to check the results.

The order parameters can most easily be interpreted in the proper reference frame $x'y'z'$, the one attached to the director. Because of symmetry, the director $z'$ lies always on the $xz$ plane, at an angle $\psi_i$ with respect to the $z$ axis. The rotation from the lab to the proper frame simply involves a rotation about the $y$ axis of angle $\psi_i$. From the rotational properties of spherical harmonics one obtains the relations between the lab, $\{f_i^{(\alpha)}\}$, and proper, $\{f_i^{(\alpha)}\}$, order parameters. In the proper frame only the $f_i^{(1)}$ and $f_i^{(4)}$ order parameters are nonzero:

$$f_i^{(1)} = P_2(\cos \psi_i)f_i^{(1)} - \frac{\sqrt{3}}{2}\sin 2\psi_i f_i^{(2)} + \frac{\sqrt{3}}{2}\sin^2 \varphi_i f_i^{(4)}$$
$$f_i^{(4)} = \frac{\sqrt{3}}{2}\sin^2 \psi_i f_i^{(1)} + \frac{1}{2}\sin 2\psi_i f_i^{(2)} + P_2(\cos \psi_i)f_i^{(4)} \quad (6)$$

$f_i^{(1)}$ is related with the standard uniaxial order parameter, $\eta_i = 2f_i^{(1)}\sqrt{\pi}/5$, which measures the uniaxial order of particles about the local director. The other parameter is related with the usual biaxial order parameter, $\sigma_i = \sqrt{4f_i^{(4)}\pi/15}$, which accounts for possible departures from uniaxial symmetry of particles about the local director. The third and last relevant parameter is the tilt angle $\psi_i$ (which also depends on the plane index, since in the cholesteric phase the director rotates from plane to plane).

FIG. 3. Uniaxial (a) and biaxial order parameter (b) profiles of an isotropic (open squares) and a cholesteric (filled circles) phase coexisting in a symmetric slit pore with $N = 25$. The tilt angle of the cholesteric phase (not shown) rotates by approximately $2\pi$ across the cell.

III. RESULTS

A. Bulk system

We first describe the bulk phase behaviour of the model. In the achiral system ($\kappa = 0$) there is an isotropic-nematic phase transition [38, 39]. For any nonvanishing chirality ($\kappa \neq 0$) the nematic phase is replaced by a cholesteric phase, and the system exhibits a first order isotropic-cholesteric (Iso-Cho) phase transition by decreasing the temperature. The uniaxial and biaxial order parameters as a function of the temperature for $\kappa/\epsilon = 0.5$ are shown in Fig. 2 (a). The cholesteric pitch (not shown) is independent of the temperature, as can be demonstrated [38, 17]. The behaviour of the order parameters is qualitatively the same for any value of $\kappa$.

In Fig. 2 (b) we represent the bulk phase diagram in the plane of chirality and temperature. The stronger the chirality is, the higher the phase transition temperature becomes. In the limit of vanishing chirality ($\kappa \to 0$), the transition temperature tends asymptotically to the isotropic-nematic transition temperature of the achiral system.
The uniaxial and biaxial order parameters at the phase transition are depicted in Fig. 2(c). As expected the biaxiality is very small. Finally, in Fig. 2(d) we show the cholesteric pitch at the Iso-Cho phase transition as a function of $\kappa$. The cholesteric pitch increases rapidly for decreasing chirality, diverging ($p \rightarrow \infty$) in the limit $\kappa \rightarrow 0$. This limit corresponds to a system of achiral particles in which a nematic or, equivalently, a cholesteric with infinite pitch, is stable. The data closely follow the curve $p = 4\pi(\arctan(2\kappa))^{-1}$, an approximation that results by neglecting the entropy and minimising the internal energy with respect to the pitch.

### B. Confined system

Next we confine the system in a symmetric pore made of two identical parallel plates. As mentioned before, we set the surface strength as $\epsilon_s = \epsilon$. This choice corresponds to moderate or strong anchoring conditions on the two plates since, for relatively thin pores, the particle orientation next to the plates never exceeds $2\pi$ from the easy axis for stable configurations. Although we have studied different values of $\kappa$, here we only show results for $\kappa/\epsilon = 1$, as no qualitative differences were found for different values of the chirality strength. For this choice of $\kappa$ the cholesteric pitch is $p \simeq 21$ (in units of the lattice parameter).

#### 1. Symmetric cell

In the symmetric cell the anchoring directions are the same, i.e. $\hat{n} = \hat{m}$ (both vectors lying on the plane of the plates). In pores narrower than approximately half a cholesteric period ($N \lesssim p/2$), the capillary isotropic-cholesteric transition disappears, and the cholesteric grows from the isotropic state in a continuous fashion as temperature is decreased. The suppression of the capillary transition for narrow pores is typical of confined fluids. In a narrow pore surface interactions strongly affect the particle orientations in all layers, not just in those adjacent to the plates. Bulk orientational properties cannot compete with the strong anchoring imposed by the plates, and the absence of the bulk-surface competition results in a perfectly continuous evolution of orientational order parameters, as dictated by surface potentials and temperature. Despite the fact that there is no Iso-Cho phase transition, the system director, whose (symmetric) profile is close to linear, does show a total twist mainly dictated by pore width and nearly independent of temperature. The total twist decreases as the pore becomes narrower.

In wider pores ($N \gtrsim p/2$) we found a first-order Iso-Cho phase transition. Order parameter profiles of the confined isotropic and cholesteric phases coexisting in a pore with $N = 25$ are plotted in Fig. 3. In the isotropic state the uniaxial order parameter, panel (a), vanishes in the middle of the pore, and it is relatively high close to the plates. In the cholesteric phase, the uniaxial order parameter is always higher than zero, and particles are also more ordered close to the plates. The biaxial order parameter, panel (b), is very small in the whole cavity. As can be seen, it is always negative, meaning that particles fluctuate about the director with a larger amplitude in the direction of the helix (plate normal) than in the direction of the plates.

The temperature at which the Iso-Cho transition occurs varies with pore size $N$. This is reflected in the phase diagram, depicted in Fig. 4(a) in the pore size (scaled

![FIG. 4. Phase diagram of a confined cholesteric liquid crystal in (a) symmetric, and (b) asymmetric pores in the scaled-temperature $T/T^*$ versus scaled pore-width $N/p$ plane. $T^*$ is the temperature for the bulk isotropic-cholesteric phase transition. Filled circles indicate the isotropic-cholesteric binodal. Dashed lines represent the binodals along which two cholesteric phases with different number of helix indices coexist. The dotted red line indicates the temperature of the bulk transition. In each case the geometry of the easy axes is depicted in the upper-right corner of the corresponding panel.](image-url)
FIG. 5. Total twist $\psi$ (in degrees) of three cholesteric phases in a symmetric pore as a function of pore width scaled with cholesteric pitch, $N/p$. From bottom to top: $C_{5\pi}$ and $C_{6\pi}$ phases. In each case results are given for three different temperatures: continuous lines $T/T^* = 0.800$ (where $T^*$ is the bulk transition temperature), dashed lines $T/T^* = 0.880$, and dotted lines $T/T^* = 0.987$. Vertical dotted lines correspond to the $C_{5\pi} - C_{6\pi}$ phase transition, whereas dots indicate the corresponding coexisting phases.

with the cholesteric pitch) versus temperature (scaled with the bulk Iso-Cho transition temperature) plane. We first focus on the capillary Iso-Cho transition line. The transition is shifted to higher temperatures with respect to the bulk; therefore, confinement promotes cholesteric order. The capillary line oscillates and tends asymptotically to the bulk transition temperature. The oscillatory behaviour is a direct consequence of a commensuration effect between the pore size and the cholesteric period. Local maxima of the capillary line occur when the elastic stress of the confined cholesteric is minimal, which happens if the pore size and the cholesteric period commensurate, i.e., $N/(p/2) \approx k$, with $k$ a positive integer (note that, due to the head-tail particle symmetry, the period of the cholesteric phase is in fact $p/2$, corresponding to half a turn of the director about the helix axis). Anyway the scaled-temperature range where this oscillatory structures takes place is rather small.

Besides the capillary Iso-Cho line, the system exhibits winding transitions in which two cholesterics with different periods coexist. The winding transitions occur always between cholesterics that differ in half a cholesteric period: $C_{i\pi} - C_{(i+1)\pi}$, where the subscript $i\pi$, $i = 1, 2, 3...$, denotes the total twist of the cholesteric helix from one plate to the other (save the small deviations of the director at the two plates arising from a large, but finite, anchoring strength). At a winding transition, the cholesteric period of the coexisting $C_{i\pi}$ phase is expanded with respect to its equilibrium value, while the period of the coexisting $C_{(i+1)\pi}$ phase is compressed. Hence, the size of the pore at which two cholesterics coexist is such that the elastic stress is maximum. Winding transitions merge with the Iso-Cho capillary line, giving rise to Iso-$C_{i\pi} - C_{(i+1)\pi}$ triple points. The triple points are located on the local minima (low temperature) of the capillary Iso-Cho line.

Note that winding transitions are almost vertical lines in the pore size-temperature phase diagram, implying that they are insensitive to temperature. This result can be traced back to the insensitivity of the cholesteric pitch with respect to temperature. To see this more clearly, Fig. 4 shows the total twist across the cell (from one plate to the other) of the director as a function of pore width $N/p$ for two phases, $C_{5\pi}$ and $C_{6\pi}$, in the region of the $C_{5\pi} - C_{6\pi}$ phase transition. For each phase, three curves corresponding to three temperatures, $T/T^*$ = 0.800, 0.880 and 0.987 are shown. The three curves (and, in fact all curves corresponding to different temperatures) intersect at a point with a total twist equal to the number of half-periods, $5\pi = 900^\circ$ for the $C_{5\pi}$ phase and $6\pi = 1080^\circ$ for the $C_{6\pi}$ phase, and at a pore width slightly higher than the optimal value (which is given by $N = 5(p/2) = 2.5p$ and $N = 6(p/2) = 3p$, respectively); this is due to the effect of the plates, which disappears as the pore width becomes larger. The $C_{5\pi} - C_{6\pi}$ transition is obtained when the free energies of the two structures become equal. For all three temperatures, the transition is located at almost exactly the same pore width (denoted by the dotted vertical line in the figure). In effect, due to the temperature invariance of the pitch, the temperature plays a negligible role in driving winding transitions. By contrast, a model with temperature-dependent pitch would give rise to boundary lines presenting a slope in the phase diagram. Finally, as mentioned before, we note that, at coexistence, the phase with the smaller number of turns, $C_{5\pi}$, is expanded, whereas the one with the larger number of turns, $C_{6\pi}$, is compressed. This is because the transition point is located at wider (narrower) pores than optimal for the $C_{5\pi}$ ($C_{6\pi}$) phase.

2. Asymmetric cell

Next we confine the system in an asymmetric pore, in which plates favour perpendicular directions (easy axes satisfying $\hat{n} \perp \hat{m}$). All remaining parameters are set to the same values as in the previous symmetric case. Not surprisingly the phase diagram, shown in Fig. 4(b), resembles the one of a symmetric pore. The only significant difference concerns the total twist of the confined cholesterics, which is always a multiple of $\pi/2$; therefore the cholesteric phases can be labelled as $C_{(2i+1)\pi/2} = C_{(i+\frac{1}{2})\pi}$, with $i = 0, 1, 2...$. The subscript $(i+\frac{1}{2})\pi$ indicates the total twist inside of the pore. Again
cholesteric phases differing in half a cholesteric period, 
$C_{(i+\frac{1}{2})\pi} - C_{(i+\frac{3}{2})\pi}$, coexist at the winding transitions. The phase diagram is essentially shifted by half a period with respect to the symmetric case. However, the pore width below which the Iso-Cho capillary line disappears is very similar to that in the symmetric cell.

IV. CONCLUSIONS

In this work we have calculated the phase diagram of a cholesteric liquid crystal confined in a slit pore between two parallel plates. To our knowledge this is the first time the structure of winding transitions is explicitly obtained as a function of pore size and connected to the capillary transition. We have investigated symmetric (identical plates) and asymmetric pores (easy axes of plates at an angle) pores. As a result of confinement, the cholesteric phase is promoted with respect to the bulk, the binodal line exhibiting a oscillatory structure, and strong commensuration effects, giving rise to winding transitions, occur. The two types (capillary and winding) of transitions are connected: the capillary line preempts the winding transition structure, and the oscillatory nature of the former is due to the commensuration effects at work in the winding transitions. Our results pertain to the case where the pore size of the cell is changed in the absence of an external field, a situation not common in practical applications; however, these effects have been observed in Atomic-Force Microscopy experiments, where both pore size and temperature can be controlled.

Finally, it is interesting to note that phase diagrams similar to the ones obtained here have been previously predicted in smectic or columnar liquid crystals confined in slit pores using density functional theory. In these system layering transitions between states that differ in the number of smectic or columnar layers occur under confinement due to commensuration effects between the pore width and the layer spacing. Layering transitions play a role similar to the winding transitions analysed here; they are connected to the capillary isotropic-smectic or nematic-smectic lines, a phenomenon which is the analogue of the connection between the winding transitions and the capillary isotropic-cholesteric line found for the cholesteric model. This analogy results in a universal behaviour, stemming from the competition between an internal length and an imposed, external length. However, some differences exist. For example, the capillary transition lines at small pore widths is in some cases broken in the smectic case. Possible origins of these differences (resulting from the theoretical approximations or from the interaction models) is currently under investigation.

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