Review

Manganese Oxide Carbon-Based Nanocomposite in Energy Storage Applications

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Abstract: Global increasing demand in the need of energy leads to the development of non-conventional, high power energy sources. Supercapacitors (SCs) are one of the typical non-conventional energy storage devices which are based on the principle of electrochemical energy conversion. SCs are promising energy storage devices for better future energy technology. Increasing progress has been made in the development of applied and fundamental aspects of SCs. Manganese oxide electrode materials have been well studied; however, their capacitive performance is still inadequate for practical applications. Recent research is mainly focused on enhancing manganese oxide capacitive performance through the incorporation of electrically conductive materials and by controlling its morphology to reveal a more active surface area for redox reactions. In this review, progress in the applications of manganese oxide carbon-based materials towards the development of highly effective SCs is briefly discussed. In this regard, manganese oxide carbon-based nanocomposites synthesis methods and techniques used to approximate the capacitance of electrode materials are discussed.

Keywords: manganese oxide; carbon-based composites; electrochemical capacitors; supercapacitors energy storage; nanostructures

1. Introduction

The global energy demand is rising with population growth and improved standards of living [1]. The advance in technology, the fast growth of portable electronic devices, and hybrid electric vehicles added to the urgent and increasing need for sustainable and renewable high-power energy sources. Today, most of our energy needs are met by fossil fuels. The use of fossil fuels as an energy source is causing environmental concerns, particularly global warming, and the emission of toxic chemicals [2]. To address this problem, the development of alternative energy storage/conversion devices with high power and high energy densities is crucial. Thus, renewable and sustainable energy sources are being extensively pursued [1,3,4].

Batteries, the most common electrical energy storage device, provide a suitable level of power for numerous applications and needs of everyday life. Even though batteries store a high amount of energy in a relatively small mass and volume, their slow power delivery, as illustrated in a Ragone plot (Figure 1), is a challenge [4,5]. Thus, their application is hindered in systems where fast storage with high power is needed. On the other hand, owing to their higher power density, excellent durability, and fast charge-discharge processes, electrochemical capacitors (ECs), or supercapacitors (SCs) have drawn tremendous attention as an alternative or supplement to batteries in energy storage systems [1,3,6–8]. Both batteries and ECs standalone technologies lack the essential merits to meet the commercial needs already established by fossil fuel consumption. To tackle these challenges, numerous efforts have been made to combine high power density SCs with high energy density batteries to form hybrid SCs (Figure 1) [1,4]. However, increasing the energy density of SCs to approach that of batteries, or enhancing the power density of batteries to reach that of SCs, comes at the cost of losses in the power of SCs and deteriorations in the energy of batteries [4,9,10].
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Figure 1. Ragone plot of the power–energy density range for various electrochemical energy storage devices.

Depending on their energy storage mechanisms, ECs are categorized into the electrical double layer (EDL), the redox capacitors, aka faradaic pseudo-capacitors, and hybrid capacitors [1,11,12] (Figure 2A). The EDL capacitors store energy by charge separation formed at the interface between the electrode and the electrolyte. During the charging process, the positive surface of EDL capacitors attracts the anions of electrolytes, while the cations accumulate on the negative electrode surfaces (Figure 2B). The EDL capacitance depends on the specific surface area of the electrode, the type of electrolyte, and the effective thickness of the double layer (the Debye length) (Equation (1)) [5].

\[
C_{dl} = \frac{\varepsilon_r \varepsilon_0 A}{d}
\]

where \(C_{dl}\) is the capacitance of the EDL, \(\varepsilon_r\) is the electrolyte dielectric constant, \(\varepsilon_0\) is the dielectric constant of the vacuum, \(d\) is the effective thickness of the double layer, and \(A\) is the electrode surface area. Since only ions which are accessible to the electrode surface contribute to the capacitance, optimization of surface properties and conductivities of the electrode materials are necessary for the development of improved ECs.

The development of improved SCs depends on the discovery of new electrode materials as well as a clear understanding of active ions in the electrolyte. Carbon-based materials were first employed in the ECs by Becker in 1957 [5]. Since then, numerous carbon-based materials with various components and structures have been synthesized and applied as ECs. For most EDL capacitors, carbon-based materials with a high surface area were frequently employed as electrode materials. These materials include activated carbon, carbon nanotubes, graphene, mesoporous carbon, and carbon-fiber-based materials, etc. [1,6,13,14]. Among these carbon-based materials, owing to their high specific surface area and long-term conductivity, single-layered graphene, and multiwalled carbon nanotubes attracted much research attention [1,15–17]. However, due to the difficulties in controlling pores size, active surface area, and surface chemistry of such electrodes, it is very challenging to increase the specific and/or volumetric capacitances. In the effort to enhance the energy densities of carbon-based ECs, metal oxides that undergo fast surface redox (pseudocapacitive) reactions were explored and incorporated [8,12,17–20].
In the faradaic pseudo-capacitors, the energy is mainly stored by a fast and reversible faradaic redox reaction on the solid electrode surface, formed with electroactive materials in the electrolyte. Charges accumulated in the pseudo-capacitor are strongly related to the electrode potential (Equation (2)).

\[ C = \frac{dQ}{dV} \]  

where \( C \) is the capacitance of the faradic pseudo-capacitor, \( Q \) is the quantity of charge, and \( V \) is the potential. Unlike EDL, faradic pseudo-capacitors offer higher capacitance. However, they suffer from low power density, poor electrical conductivity, and lack of stability due to framework inflating during cycling. Significant efforts were made to find alternative, new, and cheaper materials. Certain transition metal oxides and/or conducting polymers with high capacitance were identified and applied as the electrode materials in faradaic pseudo-capacitors \[1,4,6,12,21\]. To enhance ECs, the various research trends either prepare composite electrodes by coating thin films of metal oxides or by coating conducting polymers on substrates with high surface area, such as carbon nanotubes, which additionally presents a high double-layer capacitance \[4,14,21\].

Amorphous hydrated ruthenium oxide (RuO\(_2\)) has been known to exhibit an ideal pseudocapacitive property, noticeably high specific capacitance, excellent reversibility in a wide potential range, and much longer cycle life. Many literature reviews show that the incorporation of RuO\(_2\) significantly improved the specific capacitance of carbon-based materials \[22–25\]. For example, Yang et al. \[26\] prepared a hybrid nanostructure of...
hydrous RuO$_2$ nanoparticles deposited on the surface of SWCNT/graphene composite via a sol–gel process and low-temperature annealing and obtained a specific capacitance of 988 F/g. Chen et al. [27] have obtained ultrahigh specific capacitance (1500 F/g) by constructing 3D-RuO$_2$-nanoporous gold hybrid composites. Das et al. [16] reported a specific capacitance up to 1084 F/g for electro-deposited RuO$_2$ onto high porous SWCNT films. The specific capacitance for the RuO$_2$ alone, calculated from the 2.5X porous film, was 1715 F/g, which is close to the estimated theoretical maximum value (2000 F/g). Despite the excellent performance, due to the high cost and toxicity, RuO$_2$’s practical application is limited [3,6,14,28]. Alternatively, manganese oxide is gaining tremendous research attention as an active ECs electrode material. In this review, progress in manganese oxide (Section 2) and its carbon-based nanocomposite materials (Section 3) application towards the development of improved ECs is briefly discussed. A few figures from selected papers are presented and briefly illustrated for better insights.

2. Manganese Oxide

The application of Manganese oxide (denoted as MnO$_x$ hereafter) in SCs was first reported in 1999 [21,29]. Since then, MnO$_x$ has been widely studied as an active, low-cost, and biofriendly ECs material [8,21,29,30]. Why are manganese or its oxides so appealing for SCs applications? First, manganese is a transition metal with five unpaired electrons, which possesses the most oxidation states, including the highest oxidation state (VII) in the entire periodic table [31]. Due to its unique electronic structure, manganese is extremely redox-active, thus, it exists in several oxide forms (including MnO, MnO$_2$, Mn$_2$O$_3$, Mn$_3$O$_4$ (MnO,Mn$_2$O$_3$), and Mn$_2$O$_7$). Second, Manganese is the most abundant transition metal among oxides which are pseudocapacitive. Third, MnO$_x$ exhibits high theoretical capacitance (1370 F/g for MnO$_2$ for instance) with a wide positive potential window compared to other transition metal oxides [31,32]. MnO$_x$ offers outstanding electrochemical behavior, environmental compatibility, and excellent structural multiformity, combined with novel chemical and physical properties [1,3,5–8,11–13,30–33].

The pseudocapacitance of MnO$_x$ electrodes arises from the redox reactions of the oxide with ions in the electrolyte solution. Since manganese has several oxidation states, there are plenty of opportunities for redox reactions involving the ion exchange between MnO$_x$ and electrolytes, and between oxidation state transitions (such as Mn (III)/Mn (II), Mn (IV)/Mn (III), and Mn (VI)/Mn (IV)) [21,33]. How the charges are stored is still a question. According to recent studies, charge storages by MnO$_x$ electrodes are influenced by several factors, such as the bandgap, point of zero charges, tunnel sizes of the electrode material, work function, pH, and stability window of the electrolyte. The detailed charge storage mechanism is still being studied using various techniques [21].

Various nanostructures of MnO$_x$ with improved electrical conductivity, novel morphology, high surface area, and controlled pore sizes were developed, and their specific capacitances were studied [21,34–41]. For instance, nanostructured MnO$_2$ was prepared via the sonochemistry method and yielded a specific capacitance of 344 F/g [6]. The specific capacitance was significantly affected by the crystal structure of the electrode material. Wei et al. [30] anodically electro-deposited MnO$_2$ nanocrystals with three types of crystal structures, i.e., ε-MnO$_2$ (Figure 3A), rock salt-MnO$_2$ (Figure 3B), and antifluorite-MnO$_2$ (Figure 3C), by introducing complexing agents such as EDTA disodium salt and sodium citrate salt. As illustrated in Figure 3D, the capacitive performance of the MnO$_2$ nanocrystals depends strongly on their crystal structures. Antifluorite-MnO$_2$, which has a morphology with few surface areas and similar chemistry compared to rock salt-MnO$_2$ and ε-MnO$_2$, showed superior capacitive behavior. This behavior of antifluorite-MnO$_2$ relies on its crystal structure and defect chemistry. Defective antifluorite-MnO$_2$ has a cubic structure, which is less close-packed than the other two crystal structures. Defective antifluorite-MnO$_2$ possesses more octahedral vacancies than rock salt-MnO$_2$. The underlying cause for the superior capacitive performance of defective antifluorite-MnO$_2$ may be the presence
of more octahedral vacancies with a lower energy barrier, which allows faster intercalation/deintercalation of cations such as Na⁺ during the charging-discharging process.

Based on a 1-electron redox reaction per manganese atom, the theoretical specific capacitance of MnO₂ was estimated to be 1370 F/g [8,20,38,42]. Such a maximum value can only be achieved using ultrathin films of MnO₂. Moreover, due to the high ion/charge transfer resistance and poor conductivity of pure MnO₂, the release and utilization of its high theoretical capacitance are difficult [20,21,43]. To obtain an improved SC, significant efforts were made to combine pseudocapacitive MnOₓ with an electrically conductive substrate or supportive backbones [21]. In Section 3 of this review, applications of hybrid electrodes, comprising MnOₓ, electrically conductive components, and carbon-based materials as the supportive backbone for the development of improved supercapacitors are briefly explained.

3. Carbon-Based Material/MnOₓ Composite

Carbon-based materials and MnOₓ alone have been investigated for ECs use [21,36,44–48]. Carbon-based materials, in various forms and textures, have a high specific surface area and outstanding electrical conductivity [49,50]. MnOₓ, although suffering from poor electrical conductivity and less tunable specific surface area, displays higher ECs compared to carbon-based materials [6,51]. By combining these two materials while maintaining their merits and/or with generated synergistic effects, many papers are emerging showing improved specific capacitance [21,52]. In the hybrid electrode, carbon-based materials are used as a supporting backbone and exposed large specific surface area for MnOₓ deposition, enhanced electrical conductivity, increased mechanical strength, and provide channels for fast charge transport, while MnOₓ is responsible for the charge storage [20–22,52]. To obtain the optimum electrochemical performance from the hybrid materials, controlling their physical properties, composition, structural feature, and morphology along with their interfaces is of crucial importance. In this section, we briefly discussed the applications of various carbon-based materials/MnOₓ composites for the development of better specific capacitive SCs.
3.1. Activated Carbon/MnOx Composite

Activated carbon (AC) is a form of carbon with small, low-volume pores that increase its surface area. Due to these outstanding properties, AC has been used as a support for metal oxides, such as MnO2, in ECs applications. For instance, Huang et al. [2] fabricated a porous nano-MnO2 decorated bamboo-based AC through an in situ preparation method and reported a specific capacitance of 221.45 F/g at the current density of 1 A/g. The specific capacitance was enhanced by the synergistic effect of the two components, i.e., the bamboo-based AC displayed an extraordinary 3D microstructure and high absorptive capacity, while the nano-sized MnO2 with a large surface area offered many sites for the redox reaction. Jang et al. [53] combined AC and MnO2 to form AC/MnO2 hybrid electrode. MnO2 was deposited on the AC electrode surface by dipping the electrode into an aqueous solution of permanganate. The as-prepared hybrid electrode yielded a specific capacitance of 290 F/g. Controlled urchin type MnO2 microspheres were electro-deposited on the conductive graphene/AC composite to obtain a 3D graphene/AC/MnO2 flexible electrode, which resulted in a high area-specific capacitance [54] (Figure 4). As illustrated in Figure 4A, graphene/AC/MnO2 composite electrodes were prepared in two steps: (i) AC particles were bonded to graphene 2D sheets using self-assembly method by vacuum filtration, and (ii) MnO2 nanostructures were electro-deposited on graphene/AC working electrodes at various reaction times. The high-magnification FE-SEM images of graphene/AC/MnO2 prepared at 1200 s reaction time were displayed in Figure 4B–D. The TEM image of graphene/AC/MnO2-1200 s was shown in Figure 4E. MnO2 microspheres were uniformly dispersed in flexible graphene/AC substrate. The area-specific capacitances of the electrodes were displayed in Figure 4F. Graphene/AC/MnO2-1200 s showed the highest area-specific capacitance (1231 mF/cm²). This high capacitance is due to the synergistic effects among the graphene, porous AC, and high theoretical capacitive MnO2. The electro-deposition reaction time played a great role in controlling the morphology of MnO2 microspheres, and hence, the ECs performance of the electrodes. The results suggest the broad future applications of the composites in flexible and wearable electronics.

Figure 4. (A) Schematic illustrations for the preparation process of GN/AC/MnO2 composite electrodes, (B–D) GN/AC/MnO2-1200 s composite films at high magnifications, (E) TEM image of GN/AC/MnO2-1200 s composite films, and (F) specific capacitances of electrodes at various current densities. Reproduced with permission from reference [54]. Copyright ©2017, The Author(s).
Wang et al. [51] synthesized a MnO$_2$/AC composite with high electrochemical performance via a grafting oxidation method, which resulted in a specific capacitance of up to 332.6 F/g at a scanning rate of 2 mV/s. Qiu et al. [35] electro-deposited MnO$_2$ over AC paper (ACP) to form MnO$_2$/ACP composite. The as-prepared composite showed an excellent capacitive performance (specific capacitance of 485.5 F/g, calculated from discharge curve with a current density of 2.0 A/g). Cheng et al. [55] prepared a MnO$_2$/ACP composite by activating commercial carbon paper (ACP) using potassium dichromate lotion and then anchored MnO$_2$ nanoribbons onto ACP via an electro-deposition route. A specific capacitance as high as 757.0 F/g was obtained. This high specific capacitance was probably due to the enlarged specific area and improved electronic conductivity of the as-prepared composite. All the studies suggest that MnO$_2$ integrated with AC is a promising electrode material for the development of efficient SCs.

3.2. Carbon Nanotubes/MnO$_x$ Composite

Since its discovery by Iijima in 1991 [56], carbon nanotubes (CNT) have been extensively investigated. CNT comes in various forms, the most dominant being single-walled (SWNT) and multi-walled nanotubes (MWNT). Due to their excellent mechanical property, good electrical conductivity, unique pore structure, and chemical stability, carbon nanotubes have been applied in ECs as electrode materials [18,45,57-70]. The specific capacitance of CNT electrodes that have been reported is relatively lower than that of an AC electrode with a larger surface area [11]. To enhance its capacitance, CNT has been combined with MnO$_x$ to form CNT/MnO$_x$ composite for SCs applications. For instance, Lee et al. [8] reported LbL-MWNT/MnO$_2$ ultrathin film electrodes through a layer-by-layer (LbL) assembly of functionalized MWNTs and continuous redox deposition of MnO$_2$ onto MWNTs. As noted above, the MWNT network created fast electronic and ionic conducting channels in the presence of an electrolyte, and the coatings of MnO$_2$ on the network provided high volumetric capacitance (246 F/cm$^3$). Hou et al. [60] constructed a ternary nanocomposite film comprising of MnO$_2$, CNT, and a conducting polymer (Figure 5A). Functionalized few-walled CNT (fFWNTs) (Figure 5B) were ultrasonically mixed with MnO$_2$ precursors to form the hierarchical MnO$_2$ nanosphere (Figure 5C) on the CNT network. MnO$_2$ loadings on fFWNTs were controlled by varying the ratio of the two components.

Figure 5. (A) Sketch of MnO$_2$/CNTs/PEDOT-PSS ternary composite formation; (B) TEM image of fFWNTs, (C) TEM image of direct mixing of MnO$_2$ nanospheres with fFWNTs, and (E) TEM and (F) SEM images of PEDOT-PSS dispersed MnO$_2$ nanospheres in situ grown on fFWNTs; (D) Specific capacitance of MnO$_2$/fFWNT/PEDOT-PSS ternary composite (blue), MnO$_2$/PEDOT-PSS composite (red), and MnO$_2$ film (black) at different charge/discharge current densities. Reproduced with permission from Reference [60]. Copyright ©2010, American Chemical Society.

The morphology and microstructure of a sample composite, which comprises of conducting polymer is depicted in Figure 5E,F. The MnO$_2$ nanospheres have uniform “crumpled paper ball” morphology (Figure 5E inset) with small “wormhole-like” pores...
(Figure 5F inset). Although a unique hierarchical MnO$_2$ with no aggregations was grown on a continuous fFWNTs network, the exact growth mechanism is not yet completely understood. The electrochemical performance of the nanocomposite film, evaluated by cyclic voltammetry, yielded a specific capacitance of up to 200 F/g (Figure 5D). It was noticed that the individual components of the film greatly contributed to the enhancement of the specific capacitance. Wang’s group [20] synthesized a superior supercapacitor nanocomposite based on porous CNTs, i.e., MnO$_2$/PCNTs/MnO$_2$. The nanocomposite displayed a specific capacitance as high as 341.5 F/g at 2 mV/s and 214.3 F/g at 100 mV/s. This high capacitance was due to the presence of massive nanopores on the walls of PCNTs (6 nm), which led to the loadings of a large amount of MnO$_2$ nanoparticles (2.42 nm), both in the nanocavity and on the surface of PCNTs as electroactive sites. The results imply a new designing strategy for supercapacitor materials with outstanding performance. Qian et al. [71] synthesized aqueous inorganic ink comprised of hexagonal MnO$_2$ nanosheets using a simple chemical reduction method. A flexible electrode for capacitive energy storage was obtained by printing the MnO$_2$ ink onto commercially available A4 paper, which was pretreated with MWCNT. The as-prepared electrode yielded a maximum specific capacitance of up to 1035 F/g. This high capacitive property of MnO$_2$ ink sets a stage for its candidacy for the large-scale production of high-performance SCs in the future.

### 3.3. Carbon Spheres/MnO$_x$ Composite

The use of carbon spheres (CS) in ECs and capacitive flowable suspension electrodes was investigated [19,72,73]. Active materials with a spherical morphology are highly desired in flowable electrodes. CS with small diameters are a potential candidate for better ECs performance, owing to their highly accessible surface area and excellent flow characteristics. To date, only a few papers reported the preparation of low-sized CS and tested for capacitive flowable electrodes. Zhang’s group prepared highly porous monodispersed CS with a very high specific surface area (2900 m$^2$/g) and narrow pore size distribution (<3 nm) and reported a specific capacitance of 168 F/g. The CS was synthesized using emulsion polymerization of resorcinol-formaldehyde, followed by carbonization and CO$_2$ activation [73]. The mass loading of MnO$_x$ and capacitive performance is dependent on the size of the CS. Small-sized CS was preferred, to obtain MnO$_x$/CS with a high specific surface area. Wang’s group hydrothermally coated carbon microspheres ($\approx$1 µm diameter) with a whisker-like MnO$_2$ and maintained a relatively high surface area (142.46 m$^2$/g). The as-prepared MnO$_2$/CS composite yielded a capacitance of about 180 F/g at a current density of 1 A/g for the charge/discharge measurements [42]. However, when CS with a smaller diameter was used, the MnO$_2$/CS composite surface area was much higher (269.2 m$^2$/g) (Figure 6). The resulting specific capacitance of MnO$_2$/CS was 252 F/g (at a sweep rate of 2 mV/s for CV measurement) [74]. Here, a facile, cost-effective preparation method was used to create Carbon@MnO$_2$ core-shell hybrid nanospheres for supercapacitor electrode materials. The schematic of the preparation process is depicted in Figure 6A. The bare CS with smooth surfaces was not aggregated (Figure 6B). This property led to the formation of a uniform flower-like MnO$_2$ shell anchored on CS surfaces. As noticed in Figure 6C,D, the thickness of the MnO$_2$ shell is also uniform on CS surfaces. The lattice spacing indicated the crystalline structure of the shell was $\delta$-MnO$_2$ (Figure 6D inset). Yang et al. [75] developed a facile soft templating strategy for the synthesis of hollow spheres of nanocarbon by hydrothermal process. Then permanganate (MnO$_4^-$) was incorporated into the hollow CS to grow nanocrystalline MnO$_2$ on the carbon surface, resulting in the hollow carbon-MnO$_2$ hybrid particles. Xiong et al. [76] fabricated novel honeycomb MnO$_2$ nanospheres/carbon nanoparticles/graphene (MnO$_2$/C/G) composites by freeze-drying method. The carbon nanoparticles in the composite effectively prevented graphene from restacking and agglomeration while MnO$_2$ nanospheres were dispersed on the graphene surface (Figure 7). As depicted in Figure 7a,b, MnO$_2$ nanospheres with a honeycomb-like structure and size of about 100 nm are formed by the self-assembly of MnO$_2$ nanoplatelets. The images of the MnO$_2$/C/G composite (Figure 7c,d) revealed that
the honeycomb MnO$_2$ nanospheres were covered by wrinkled and transparent graphene (G) (indicated by red arrows) with few exposed surfaces. Carbon nanoparticles (C) in the composite were not observed in the images, as they are probably covered by graphene. However, their presence in the composite was revealed by EDX (Figure 7e). TEM images (Figure 7f) of the composites clearly showed the presence of graphene (wrinkled and folded), honeycomb MnO$_2$ (green rounds), and carbon nanoparticles (blue rounds). MnO$_2$ and carbon nanoparticles were well dispersed on graphene surfaces without forming aggregation. As a result, the composite showed an improved specific capacitive property (255 F/g at a current density of 0.5 A/g).

**Figure 6.** (A) Schematic illustration of the fabrication process of the carbon@MnO$_2$ nanospheres. (B) SEM images of bare carbon nanospheres. (C,D) Typical TEM images of carbon@MnO$_2$ at different magnifications; inset of (D) is the HRTEM image of a MnO$_2$ nanosheet. Reproduced with permission from [74]. Copyright ©2014, Elsevier B.V.

**Figure 7.** (a,b) TEM images of honeycomb MnO$_2$ nanospheres; (c,d) FE-SEM images of MnO$_2$/C/G composites; (e) EDX spectrum of MnO$_2$/C/G composites; (f) TEM image of MnO$_2$/C/G composites. Reproduced by permission from [76]. Copyright ©2015, Elsevier B.V.
Ranjusha et al. [77] presented the synthesis of carbonized MnO2 nanowires, using carbon nanobeads to fabricate a rechargeable electrode with a large surface area, high power, and energy density for supercapacitor or battery applications. The electrodes showed a specific capacitance as high as 1200 F/g. The high surface area and conductivity of the materials contributed to the enhancement of mass-specific capacity. The practical application of the thin films, tested in a working model of a button cell, exhibited a capacitance of about 1.2 F/g, an energy density of 96 Wh/kg, and a peak power density of 32 kW/kg, suggesting the future potential application of such electrodes.

3.4. Carbon Nanofibers/MnO₂ Composite

Fiber-based SCs have drawn tremendous attention due to their very low volume, high flexibility, and weave-ability of the fibers, which are desired for the development of high-performance electrodes. Carbon nanofibers (CNFs) have been applied as support for MnO₂ [78–80]. CNFs with a smaller diameter are desired for higher loading of MnO₂. For instance, Zhang et al. [58] reported the design and fabrication of hierarchically structured MnO₂/graphene/CF and studied its practical application in SCs. Wang et al. [81] demonstrated the construction of a novel high-performance asymmetric supercapacitor based on freestanding MnO₂/CNF hierarchical composites and activated carbon nanofibers (ACNF) as the (+) and (−) electrodes, respectively, in an aqueous electrolyte solution of Na₂SO₄ (Figure 8). The electrochemical measurements indicated that the as-prepared supercapacitor can yield a specific capacitance as high as 56.8 F/g, with a high energy density of 30.6 Wh/kg at a power density of 200 W/kg. The results suggest an effective and convenient route for the construction of asymmetric SCs based on freestanding electrode materials for high-energy and high-power density systems.

![Figure 8. Illustration of the as-assembled asymmetric supercapacitor cell with MnO₂/CNF composite as positive electrode and ACNF as a negative electrode in mild Na₂SO₄ aqueous electrolyte. Reproduced with permission from [81]. Copyright ©2013, Elsevier Ltd.](image)

Bao et al. [82] demonstrated the design and fabrication of a novel flexible nanoarchitecture by a facile coating of ultrathin MnO₂ films onto highly electrically conductive Zn₂SnO₄ nanowires grown radially on carbon microfibers (CMFs) to achieve high specific capacitance, high-energy density, and long-term life for supercapacitor electrode applications. A specific capacitance of up to 642.4 F/g was observed. Xu et al. [83] designed and fabricated a flexible asymmetric supercapacitor (ASC) with high energy density using flower-like Bi₂O₃ and MnO₂ grown on carbon nanofiber (CNF) paper. Chen et al. [84] fabricated nanoflake MnO₂@Carbon fiber-coaxial nano cables by a facile electrochemical deposition-oxidation route. The as-prepared material, when used as an electrode, resulted in a specific capacitance of up to 511.8 F/g. Dang et al. [85] reported self-grown MnO₂ on carbon fiber paper via a facile redox reaction, which was constructed by an interconnected ultrathin nanosheets array. The CFP acted as both a supporting scaffold and a reducing agent for MnO₂ growth. The as-prepared MnO₂/CFP composite, when used as an electrode material, resulted in a specific capacitance of up to 713.7 F/g (0.5 A/g). A composite textile electrode with high specific capacitance (1516 mF/cm²) was fabricated by introducing graphene/MnO₂ into activated carbon fiber felt (ACFF) [86].
3.5. Graphene/MnO₂ Composite

Owing to their high specific surface area (SSA), graphene and CNT are frequently employed in hybrid electrodes. However, their practical application was hindered due to the presence of high contact resistance between graphene–graphene, CNT–CNT, or graphene–CNT. Besides, these electrodes suffer from the entanglement of CNT and the stacking of graphene. Recently many efforts have been made to combine MnOₓ with CNTs and/or graphene to form ternary composites. Hybrid electrodes made of these composites showed higher specific capacitance and better cycle life compared to the individual components [87]. Yan et al. [7] synthesized a graphene–MnO₂ composite through the self-limiting deposition of nanoscale MnO₂ on the surface of graphene under microwave irradiation (Figure 9).

![Figure 9. Schematic illustration for the synthesis and electrochemical performance of graphene–MnO₂ composite. Reproduced with permission from [5]. Copyright ©2000, Elsevier Science Ltd.]

The as-synthesized nanostructured graphene–MnO₂ hybrid materials were used to investigate the electrochemical behaviors. The graphene nanosheet in the composite provided conductive support and a large surface area for the deposition of nanostructured MnO₂. The graphene–MnO₂ composite showed almost three times higher specific capacitance (310 F/g) than that of pure graphene (104 F/g) and birnessite-type MnO₂ (103 F/g). The increase in specific capacity of the graphene/MO₂ composite might be due to the excellent interfacial contact area between graphene and MnO₂, and the high electrical conductivity of graphene. Lo et al. [1] studied the effect of graphene-to-CNT ratio, Mn content, and polyvinylidene fluoride (PVDF) on the capacitive behavior. They confirmed the bonding between amorphous MnO₂ and graphene-based materials and explained its potential for a significant reduction of polymer binding content. Their work suggests a valuable building block for the future development of composite electrodes for SCs. Overall, the specific capacitance comparison of some of MnOₓ/carbon-based materials are compiled in Table 1.
Table 1. Specific capacitance comparison of some carbon-based/MnOₓ composite.

| Material                        | C/Fg⁻¹ | PD (kW/kg) | ED (Wh/kg) | C (Retention Cycle) | Ref. |
|---------------------------------|--------|------------|------------|---------------------|------|
| α-MnO₂                          | 167    | -          | -          | 89% (350)           | [3]  |
| Layered Structure MnO₂          | 344 (5 mV⁻¹) | -          | -          | -                   | [6]  |
| MnO₂ nanospheres                | 299    | -          | -          | 97.6% (1000)        | [37] |
| MnO₂ nanoflower array           | 314    | -          | -          | -                   | [38] |
| Bilayer MnO₂/Ni foam            | 559.5  | -          | -          | -                   | [36] |
| α-MnO₂/CNTs/Ni                  | 415 (5 mV⁻¹) | -          | -          | 79% (1000)          | [11] |
| MnO₂/GNS/CNT                    | 367    | -          | -          | 83% (3000)          | [70] |
| MnO₂/VACNTs                     | 642 (10 mV⁻¹) | -          | -          | -                   | [70] |
| MnO₂/porous CNT/MnO₂            | 341.5 (2 mV⁻¹) | -          | -          | 98% (6000)          | [20] |
| Mixed nanocomposite (MWCNT/PPy: MnO₂) | 365 | -          | -          | -                   | [12] |
| Co-axial (MWCNT/PPy/MnO₂)       | 270    | -          | -          | -                   | [12] |
| MWNT@MnO₂@Ppy                   | 272.7  | -          | -          | -                   | [46] |
| LbL-MWNT/MnO₂                   | 246 (1000 mV⁻¹) | -          | -          | -                   | [8]  |
| MnO₂/MWCNT hybrid               | 757    | -          | -          | 100% (10,000)       | [62] |
| CNTs-MnO₂/rGO-PVDF              | 273.6  | 4.83       | 49.1       | 83% (1000)          | [47] |
| i-MnO₂/SWCNT                    | * 964  | a 8.15 × 10⁻⁴ | b 3.18 × 10⁻⁵ | -                   | [64] |
| CNT/MnO₂ hybrid                 | 300    | a 2.5 × 10⁻³ | b 2.6 × 10⁻⁵ | -                   | [61] |
| MnO₂ nanosheets/MWCNT           | 1035   | 81         | 25.3       | 98.9% (10,000)      | [71] |
| MnO₂/CNT/CP                     | 200    | -          | -          | >99% (1000)         | [60] |
| Graphene-CNT/MnO₂               | 486.6  | -          | 24.8       | -                   | [68] |
| MnO₂/ACP                        | 485.4  | -          | -          | 85% (2000)          | [35] |
| Bamboo-Based AC@MnO₂            | 221.45 (5 mV⁻¹) | -          | -          | 89.29% (1000)      | [2]  |
| AC/MnO₂                         | 290    | -          | -          | -                   | [53] |
| MnO₂/AC                         | 332.6 (2 mV⁻¹) | -          | -          | 99.99% (2000)      | [51] |
| MnO₂/ACP                        | 640.8 (10 mV⁻¹) | -          | -          | -                   | [55] |
| MnO₂@CS                         | 150    | 9.627      | 8          | 74.4% (1000)        | [19] |
| MnO₂/hollow CS film             | 227.5  | -          | -          | 96% (5000)         | [72] |
| Highly porous CS film           | 168    | -          | -          | 95% (5000)         | [73] |
| MnO₂/CS                         | 307.6  | -          | -          | 96.6% (1000)       | [42] |
| Carbon@MnO₂ nanospheres         | 252 (2 mV⁻¹) | -          | -          | 7.3 × 10⁻⁴         | [74] |
| MnO₂ NW/C nanobead              | 1200   | 32         | 96         | -                   | [77] |
| CNP/MnO₂ nanorods               | 800 (5 mV⁻¹) | 14         | 4.8        | 97.3% (10,000)     | [79] |
| MnO₂/CNF                        | 56.8   | 20.8       | 30.6       | 94% (5000)         | [81] |
| Zn₂SnO₄/MnO₂/CNF                | 621.6 (2 mV⁻¹) | 32         | 36.8       | 98.8% (1000)       | [82] |
| Nanoflake MnO₂@CF               | 511.8 (2 mV⁻¹) | -          | -          | -                   | [84] |
| MnO₂/CFF                        | 713.7  | -          | -          | 86.8% (1200)       | [85] |
| Graphene/MnO₂                   | 310 (2 mV⁻¹) | -          | -          | 88% (15,000)       | [7]  |
| MnO₂/CNF/Graphene               | 255 (2 mV⁻¹) | -          | -          | 83% (1000)        | [76] |
| GR-MnO₂                         | 274 (10 mV⁻¹) | 0.225      | 23.9       | 96% (1000)        | [88] |
| [RGO]/MnO₂/10                    | 446 (5 mV⁻¹) | -          | -          | 96% (1000)        | [89] |
| MnO₂/rGO                        | **52.2  | a 0.018     | b 3.13     | 100% (10,000)     | [48] |
| GN/AC/MnO₂                      | **1231 | a 0.02      | b 2.7 × 10⁻⁴ | 82.8% (10,000)    | [54] |
| Graphene/MnO₂/AOFF              | * 1.516 | -          | -          | 100% (5000)       | [86] |
| N-RGO/CNT-MnO₂ film             | 418 (50 mV⁻¹) | 12.526     | 45.72      | -                   | [18] |

Specific capacitance (C), Power density (PD), Energy density (ED), * the unit is Fcm⁻², ** the unit is Fcm⁻³, a the unit is Wcm⁻², b the unit is Whcm⁻³.

3.6. Other Materials/MnOₓ Composite

Other MnOₓ-based materials are also being studied for improved SCs. For example, Mahmood et al. [90] have reported high specific capacity by synthesizing ultrathin MnO₂ nanowire-intercalated 2D-MXenes. It was noted that the multiple redox sites provided by MnO₂ nanowire and high conductivity of MXene played synergistic roles to enhance the overall performance of the SCs. Ma et al. [91] used a simple liquid phase reaction method to prepare a stable MnO₂ nanowires@NiCo-layered double hydroxide (LDH). Uniform NiCo-LDH nanosheets were grown on an ultralong MnO₂ nanowires surface. They observed a specific capacitance as high as 708 F/g at 1 A/g. Sun et al. [92] applied oxidized carbon fibers as a support substrate for MnO₂ flowers-like sponge layer growth, followed by deposition of high-density grape-like MnO₂ nanospheres, which expanded in the MnO₂ layer. The composite (MnO₂/Mn₃O₄) resulted in very high specific capacitance (1709 F/g at 1 A/g). Such study and results open a wide door of opportunities for the
preparation of hybrid carbon-based manganese oxide materials in a simple and tunable oxide nanostructure for future applications, not only in SCs, but in other areas such as electrocatalysis, lithium batteries, and wastewater treatments.

4. Summary and Future Perspective

Over the past two decades, the electrochemical performance of MnOₓ-based supercapacitor electrodes has improved compared to earlier studies where MnOₓ showed a specific capacitance of less than 200 F/g, with low retention at high current densities or scan rates [34,44,93]. Significant advances were achieved by investigating and incorporating carbon-based materials, which improved the accessible large surface area and active sites for redox reactions. Most MnOₓ/carbon-based composites yielded a specific capacitance higher than 500 F/g [36,55,70,71,77,79,82,84,85]. However, only a few articles reported a specific capacitance higher than 1000 F/g [71,77].

This review briefly summarized the progress of the available structural designs for MnOₓ/carbon-based materials in the ECs system. By careful assessment of various forms of carbon-based materials, the effect of size, structure, and morphology of the substrate on the capacitance of MnOₓ/Carbon hybrid supercapacitor electrodes are shown. Of all the assessed nanostructures, ultrathin films of MnOₓ with few nanometers thickness deposited on conductive substrates showed high specific capacitance (close to the theoretical values), due to the exposed electrochemically active sites of the substrates and the shortening of charge/electron transportation routes [41,43,71,77]. To attain these high capacitances, very low loading masses of MnO₂ are required, which are not practical yet. Extensive efforts are still needed to improve the electrochemical utilization of MnOₓ, especially in cases where high mass loading is desired. For the overall performance of the ECs electrode, the choice and modification of the substrates and/or electrically conductive components are equally important. Besides, the selection of counter electrodes, current collectors, electrolytes, membrane separators, and handling/packaging of ECs cells need to be thoroughly examined.

Even though a significant effort has been made thus far, the full potential of MnOₓ/carbon-based materials electrodes for SCs applications has not been realized. We are still far from achieving the theoretical capacitive values. However, as briefly outlined in the present review, a solid foundation for future technological advancements has been corroborated. It is anticipated that the above research findings might provide some technical insights to enhance the electrochemical performances of MnOₓ/carbon-based materials [92]. Based on the wide applications of MnOₓ and the scalability of carbon-based materials, it is believed that MnOₓ/carbon-based hybrid electrodes offer promise for the development of high energy density with high power SCs.

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