Twitching Motility, Biofilm Communities in Cephalosporin Resistant Proteus spp and the Best in vitro Amoxicillin Susceptibility to Isolates

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Abstract Proteus strains isolated from tap water are assessed for their twitching motility and biofilm formation on urethral catheter strips of two selected brands, Protos and Huaiian, since these strains are the common cause of catheter associated urinary tract infection (CAUTI). Neither the strains of high swarming motility nor of high antimicrobial resistance enabled to twitch over the catheter strips. All of high antibiotic resistant strains were found to form biofilm on PVC strip, few strains on Huaiian catheter strip and one strain (Ps) on both catheter strips. Based on biofilm quantification study, the urethral catheter from Protos brand was relatively safer than that of Huiaian brand to prevent CAUTI. Moreover, Proteus isolates were strong resistant to cotrimoxazole (folate synthesis inhibitor) and cephalosporins (cell wall synthesis inhibitor). Underlying the β-lactam group, strong cephalosporin resistance and amoxicillin susceptibility in isolates indicated that the isolates were non β-lactamase producer. Tested antibiotics underlying the protein and DNA synthesis inhibitors were satisfactorily effective for the inhibition of Proteus isolates. The phenolic acid, –C₆H₄OH, present in the chemical formula of amoxicillin plays a crucial role in cell wall synthesis of Proteus isolates allowing more drugs to cell wall via porins.

Keywords: Proteus, urethral catheter, biofilm, cephalosporin resistance, amoxicillin sensitivity

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1. Introduction

Aerobic Proteus bacteria are the third most common cause of UTI after E. coli and S. saprophyticus. It causes urine stone due to presence of urease and also causes wound infection, septicemia, and pneumonia mostly in hospitalized patients. About 50% patients requiring an indwelling urethral catheter for 5 days or longer will develop bacteriuria or candiduria [1,2,3]. Silent CAUTI comprises a huge reservoir of antibiotic-resistant organisms in the hospital [4,5]. Adverse consequences of CAUTI include local and systemic morbidity, secondary bloodstream infection, death, a reservoir of drug-resistant microorganisms, and increased health care costs [6,7,8].

Three types of movement identified in the genus Proteus are swimming, swarming and twitching. Proteus bacteria use swimming motility in liquid media. Six to ten flagella are present on the bacterial surface required for their swimming motility. Swarming motility requires an increased number of flagella and this type of motility is used for movement on solid surfaces. Swarming motility is the typical mode of movement of Proteus grown on solid agar, the Rauss phenomenon. With twitching motility, the bacteria twitch between two solid surfaces [9,10].

An important virulence factor in Proteus is biofilm formation: an attached structure with microbial cells and populations embedded in a polysaccharide layer. The biofilm enables better adaptation of bacterial cells to the conditions of the external environment and facilitates survival at adverse external environment [11]. Biofilm are the most common mode of bacterial growth in nature and are also important in clinical infections, especially due to the high antibiotic resistance associated with them [12,13,14]. Antibiotic resistance is found more often in strong biofilm formers than in weak biofilm formers. Hola et al. 2012 showed that this trend in Proteus bacteria isolated from urinary catheter is generally strongest for cotrimoxazole and ciprofloxacin resistance [15]. Another study have shown that strains of Escherichia coli O157:H7, grown in a single strain culture, do not form robust biofilm on solid surfaces, but rather form small clusters of attached cells [16,17,18] or completely fail to attach [19].

A biofilm is an aggregate of microorganisms immersed in a polysaccharide matrix adherent to each other and to the airway mucosa. Biofilm-forming bacteria are protected from phagocytosis, antimicrobial agents, and the ciliary action of the airway epithelial cells. Furthermore, microorganisms gathered in a biofilm significantly develop different genetic properties compared to planktonic species. Donlan 2001 isolated Proteus.
proteus mirabilis from indwelling medical device urinary catheter, one of the biofilm-associated microorganisms among others [20]. From municipal supplied water we isolated and identified eleven Proteus strains belonging four species [21] and we have shown that the microbial contaminants came from fecal origin, and only amoxicillin was fully effective for the inhibition of isolates [22,23]. The isolates’ catheter-associated pathogenic features remain to be elucidated. Therefore, the purpose of the present study was to assess (1) the biofilm forming abilities of Proteus isolates in relation to their drug resistances, (2) the kinetic study of catheter-associated swarming and twitching motilities, and (3) the cause of amoxicillin potentiality in multi-drug resistant Proteus inhibition.

2. Materials and methods

2.1. Bacterial Strain, Culture Medium, Medical Device

Eleven Proteus strains belonging four species, Proteus mirabilis (Pm), P. vulgaris (Pv), P. hauseri (Ph) and P. penneri (Pp), isolated and identified from 100 samples of municipal tap water in our previous study [21] have been used in this study. All chemicals were purchased from Sigma-Aldrich, Difco, Thermo Scientific, Oxoid unless it is mentioned otherwise. Brain-Heart infuion (BHI) medium was purchased from Hi-media, India and MacConkey agar medium from Accumedia, Spectrum Chemicals and Laboratory Products, USA. Two catheter bags - (1) Urine Drainage Bag 2000 ml, Protos Medical Products Co. Ltd, Houston, Texas, USA, (2) National Urine Drainage Bag 2000 ml, Huaiian Angel Medical Instruments Co. Ltd, China- were purchased from local market.

2.2. Morphological Analysis and Biochemical Test

The morphology of isolates was examined under microscope (Rinocular photographic microscope, M2100, Germany) by Gram staining method with 40× and 800× objectives. The cells were Gram-negative, rod in shape, singly arranged non-diploid or clump predicting the family Enterobacteriaceae. By sequential biochemical analyses the bacterial isolates were identified as Proteus species [21]. Five basic sugars- glucose, lactose, mannitol, maltose and sucrose were used in carbohydrate fermentation test for the genus and species identification.

2.3. Preparation of Catheter Strip

Based on the market price two catheter bags from two different companies, Protos, USA (Highest price) and Huaiian, China (lowest price), were purchased from local market and were aseptically cut into strips (1 × 8 cm²). The strip was submerged with 10ml of BHI medium in a test tube and used for biofilm formation and quantification assay.

2.4. Test for Twitching Motility over Catheter Strip

The catheter strips (1 × 8 cm²) were cut aseptically and placed on the LB agar plate across the diameter line. After placement the strip was gently pressed to make the contiguity of horizontal plane and uniform adherence of the strip onto the surface of agar medium.

2.5. Assay of Biofilm Formation

Biofilm formation was assayed qualitatively based on the ability of bacterial cells to adhere on the surface of polyvinylchloride plastic (PVC), a material used to make catheter lines (Urine drainage bag and tubing) [24]. The catheter tube filled with BHI medium was inoculated with Proteus isolates followed by the overnight incubation at room temperature with mild shaking. The medium was discarded and the tube was repeatedly rinsed with water, PBS pH 7.2 and water. After drying under laminar air flow the adherent cells on the inner surface of the tube was stained with 1% crystal violate (CV) solution that stained the cells but not the PVC. The tubes were visualized to check the intensity of violet color and the rough scores were noted compared to that of control.

2.6. Quantification of Biofilm

The assay of quantitative biofilm formation was adapted from the method described elsewhere [25,26] which is based on the ability of bacterial cells to adhere on solid surfaces and uses CV to stain the biofilm. Briefly, 100μl of a standardized bacterial cell suspension (~10^9 CFU/ml) was inoculated in 10ml of BHI medium in test tube containing catheter strip (Figure 1) and this solution was incubated at room temperature for 24 h with mild agitation (50 rpm) on water bath (Advantec Lab-Thermo Shaker, TS-20, Toyo Kaisha, Ltd). A PVC strip of same size was used as control in parallel of two types of catheter strips. The solution was then discarded and the strips were rinsed repeatedly with water, PBS, pH 7.2 and water. After drying, staining for adherent biofilm was performed using 1% CV which was then discarded and the strip with adherent cells were rinsed three times with PBS, pH 7.2 to remove weakly adhered cells before drying for 24 h at room temperature. A quantitative assessment of the biofilm formation was obtained by extracting CV from the strip with 3 ml per tube of the bleaching solution: ethanol and glacial acetone (70:30). The intensity of coloration was determined at 595 nm using UV-spectrophotometer (UVmini-1240, Shimadzu, Japan). All strains were tested in three independent experiments and the mean OD_{595nm} values were determined from three replicates and interpreted using the following scale: positive (> 0.24), weak (0.12 - 0.24), negative (<0.12) [27].

2.7. Data Analysis

For data processing, the software Microsoft Excel 2007 was used.

3. Results

3.1. Isolation and Identification of Proteus Species

Total 100 samples of municipal supplied water were subjected to a systematic analysis for the isolation and identification of Proteus species. Briefly, the black centered bacterial colonies formed on sample inoculated
KIA culture plate at 37°C were picked up and analyzed for the presence of the genus *Proteus*. Eleven *Proteus* isolates of *Pm*, *Pv*, *Ph* and *Pp* designated as 11(*Pv*), 66(*Pp*), 66(*Ph*), 66(*Pp*), 66(*Pp*), 66(*Pp*), 66(*Pp*), 66(*Pp*), 91(*Pm*), and 91(*Pm*) were identified. Two representative biochemical tests for the identification of *Proteus* species are shown in Figure 2 and Figure 3. All isolates turned the red color of McConkey agar medium to colorless (Figure 2-I) and were urease positive in urea hydrolyzing reaction (Figure 3A). Isolate 11(*Pv*) and 66(*Pp*) showed indole positive reaction (Figure 2-II). All isolates were lactose, mannitol non-fermenters and glucose, sucrose fermenters. Acid production by the isolates was assessed with the color change from red to yellow in carbohydrate fermentation tests (Figure 3B, C). Isolate 91(*Pm*) and 91(*Pm*) were maltose non-fermenters and identified as *Proteus mirabilis* (*Pm*). Details of isolation and identification are described in our previous report [21].
3.2. Kinetics of Swarming Motility

Each isolate was tested for its swarming growth which is connected with the cell surface components of bacteria and is an important virulence factor in cases of UTIs especially for the genus Proteus. The distinct swarming and consolidation phases were obtained as reported earlier [23]. Here the isolates’ competitive swarming motilities up to 44 hours on LB agar medium were kinetically assessed. Four isolates, 911\((Pm)\), 912\((Pm)\), 662\((Ph)\) and 665\((Pp)\), showed enhanced swarming motility than others (Figure 4). To date, \(Pm\) is thought to be a strong swarmer cell among \(Proteus\) species and here two isolates, 911 and 912, of \(Pm\) exhibited faster swarming (Figure 4B,C) than other species resembling with other reports [28]. However, in this study we found an isolate of \(Ph\) (662) which showed strong swarming motility comparable to \(Pm\) (Figure 6B,C,E). The kinetics of swarming motility was studied for these top scorer isolates (Table 1) where we found that the rate of swarming was decreasing with increasing incubation time.

| Isolates \((\text{Spp.})\) | Rate of swarming \((\text{mm/h})\) | Remarks |
|-----------------------------|-----------------------------|---------|
|                             | 0 - 10 h                    | 10 - 20 h | 20 - 25 h | 25 - 44 h | Rate of swarming is decreased with increasing time |
| 911\((Pm)\)                 | 3.25                        | 1.19     | 1.07     | 0.68     | |
| 912\((Pm)\)                 | 3.82                        | 1.35     | 1.20     | 0.68     | |
| 662\((Ph)\)                 | 3.70                        | 1.40     | 0.60     | 0.56     | |
| 665\((Pp)\)                 | 2.40                        | 1.10     | 0.73     | 0.96     | |

Four isolates having enhanced swarming motility were analyzed for the rate of swarming.

3.3. Twitching Motility over Catheter Strip

Next we aimed to investigate whether the isolates of enhanced swarming motility are able to twitch over the catheter bridge since the ascending CAUTIs are very common in patients undergoing catheterization. In practice, 10–50% of patients undergoing short-term catheterization (up to 1 week) develop infection [29]. Patients undergoing long-term catheterization (> 1 month), even with high standards of care, will inevitably develop bacteriuria. Swarming motility has correlated very well with the ability to swarm over the various catheters [15]. Therefore, the four isolates were selected based on their high swarming motility (912, 662) and high antimicrobial resistance (11, 911) to test for their abilities to twitch over the catheter strip (Figure 5). Freshly prepared strains were inoculated using a pick onto the one half of the plate. After 24 h incubation at 37°C, the ability of isolates to twitch over the tested catheter strip was assessed. The isolates were found to swarm on the inoculated half of the agar plates but did not cross the catheter bridge (Figure 5). Similar results were obtained for the catheter strips from both Protos and Huaian brand. Hola et al. 2012 found the clinical \(Proteus\) isolates which enabled to swarm over the catheter bridge but in this study \(Proteus\) isolates from tap water were unable to form a bridge over the catheter strips.

![Figure 4](image-url) A tiny drop of standardized cell suspension \((10^9 \text{ CFU/ml})\) was inoculated at the center of LB agar plates \((90 \text{ mm diameter})\) and allowed to grow at 37°C over indicated time. Mean swarming diameters obtained from at least three individual directions were plotted. A- 11 \((Pv)\), B- 911 \((Pm)\), C- 912 \((Pm)\), D- 661 \((Pp)\), E- 662 \((Ph)\), F- 663 \((Pp)\), G- 664 \((Pp)\), H- 665 \((Pp)\), I- 666 \((Pp)\), J- 667 \((Pp)\), K- 668 \((Pp)\). Four isolates, two \(Pm\) (B, C), one \(Ph\) (E) and one \(Pp\) (H), showed enhanced swarming motility than that of others.

![Figure 5](image-url) Test for twitching over catheter strip. Four isolates, A: 11\((Pv)\), B: 911\((Pm)\), C: 912\((Pm)\), D: 665\((Pp)\), of variable swarming motility and antimicrobial resistance were tested for their abilities to twitch over the catheter strip. No isolates crossed over the catheter strips. Arrowheads indicated the swarming growth towards the second half of agar plate through a leakage under the catheter strips.
3.4. Biofilm Formation and Quantification

Urine drainage bag from two different brand chosen on the basis of their market price were used for biofilm study. A qualitative biofilm formation assay was carried out using catheter tube with highly resistant isolates of Pm (91, 912) and Pv (11) (Figure 6) since antibiotic resistance was found more often in strong biofilm formers than in weak biofilm formers. The spectrum of resistance in 11 and 91 was 0.58 and that in 912 was 0.42 [22]. The intensity of 1% CV staining revealed that the bacterial cells of these tested strains were attached on the inner surface of the catheter tube compared to that of negative control (Figure 6). The result indicated that the tested strains enabled to form biofilm on the inner surface of catheter tube. We then attempted to quantify the biofilm formed on catheter strip using spectrophotometric method at OD595nm.

![Figure 6. Assay of biofilm formation. Catheter tubes filled with BHI medium were incubated at 37°C with (11, 91, 912) and without (C) inoculums. Bacterial cell adherence was assessed by CV staining](image)

![Figure 7. Assay of quantitative biofilm formation. Biofilm formed on PVC strip (gradient filled bar) by isolates 11(Pv), 91(Pm), 912(Pm), 661(Pp), 662(Ph) and 667(Pp) were significantly high compared to that on Protos strip (open bar) and Huaian strip (filled bar). In(-): No inoculums; E. coli: Non-pathogenic inoculums. Horizontal dashed line at OD595nm 0.24 indicates the threshold of biofilms formation](image)

The adhesion of bacteria to the catheter depends on many factors, for example surface charge, hydrophobicity or hydrophilicity of the catheter and bacterial cell, and specific genes for adhesion [32]. Therefore, the risk of infection depends on the duration of catheterization and catheter management. Biofilm forming abilities of tested strains on catheter strips from two brands, Protos and Huaian, were compared to that on PVC strip (Figure 7). Based on the spectrophotometric data (OD595nm) isolates 11(Pv), 91(Pm), 912(Pm), 661(Pp), 662(Ph) and 667(Pp) were found to form biofilm on PVC strip and isolates 912(Pm), 662(Ph) and 667(Pp) positively formed biofilm on Huaian strip since the OD595nm values were greater than 0.24 (Figure 7). Only isolate 11(Pv) crossed the threshold 0.24 for both Protos and Huaian strips. However, the urine drainage bag from Protos brand was relatively safer than that of Huaian brand.

3.5. Cephalosporin Resistance and Amoxicillin Susceptibility

Antibiotics kill the pathogenic bacteria in a way of their different mode of actions [33] and are accordingly classified in different groups. Twelve antibiotics belonging four modes of actions (Protein synthesis inhibitor, Folate synthesis inhibitor, DNA synthesis inhibitor, Cell wall synthesis inhibitor) were tested to evaluate their current status of susceptibility to Proteus isolates. Strong antimicrobial resistance was found in folate synthesis inhibitor, cotrimoxazole, and in cell wall synthesis inhibitor, cephalosporins (Table 2). Among the β-lactam antibiotics underlying the cell wall synthesis inhibitor, cephalosporin resistance were strong whereas amoxicillin susceptibility underlying the same group was pronounced in all tested isolates. Therefore, the result ruled out the possibility that isolates were β-lactamase producer. Currently our in vitro data make evidence that the antibiotics underlying the protein and DNA synthesis inhibitors are most effective drugs for the infection caused by Proteus. Although both ampicillin and amoxicillin are the broad spectrum semi-synthetic antibiotics of group penicillin, ampicillin was less effective than amoxicillin. The obtained result should connect with their chemical structures since chemically amoxicillin is more polar compound than ampicillin. The radical attached to β-lactam ring may contain a polar group that broadens the spectrum of activity by allowing more drugs to enter Gram negative bacterial cell wall via porins. The radical in amoxicillin has the formula –CHNH2[C6H4OH] whereas the radical in ampicillin has the formula –CHNH2[C6H5] (Figure 8). The phenolic acid, –C6H4OH, in amoxicillin is probably allowing more drugs to cell wall via porins and possibly playing a crucial role to inhibit cell wall synthesis in isolates.
Ceftazidime.

Signs used indicate as (+): Susceptible, (-): Resistant, I: Intermediately resistant. Tet-Tetracycline, Dox-Doxycycline, Kan-Kanamycin, Stp-Streptomycin, Cot-Cotrimoxazole, Cip-Ciprofloxacin, Amp-Ampicillin, Amx-Amoxicillin, Cep-Cefepime, Cef-Cefixime, Cft-Ceftriaxone, Cfz-Ceftazidime.

**Figure 8.** Chemical structure of two penicillins. Amoxicillin containing an additional hydroxyl group at 4-position of benzene ring exhibited more effectiveness than ampicillin.

### 4. Discussion

*Proteus* are dimorphic bacteria, which in liquid media are motile, peritrichously flagellated short rods (1-2 µm in length with 6-10 flagella). These bacteria are called swimmer cells. However, when transferred onto solid media these short rods change into elongated (20–80 µm in length), hyperflagellated, multinucleated, nonseptated swimmer cells. The multinucleated cells migrate out from the inoculation site as long as the population of swimmer cells is reduced on solid surfaces [34]. The increased number of flagella is required for swarming movement of bacteria. Flagellin, a surfactant secreted by the flagellum acts as lubricant to facilitate this movement. Surfactant production is commonly regulated by quorum sensing [35]. In this study, the kinetic analysis of swarming motility revealed that the rate of swarming is decreasing with increasing incubation time. Recently O’Loughlin et al. 2013 showed that the human pathogen *Pseudomonas aeruginosa* uses quorum sensing to control virulence and biofilm formation [36]. We, therefore, speculated that after a certain period of migration the isolates use quorum sensing to express new pathogenic factors like biofilm. We cannot rule out the possibility that the partial evaporation of water during longer incubation time may make the agar surface hard/rough enough to reduce the driving force of rotating flagella and thereby decreasing the rate of swarming with time.

Although bacteria of the genus *Proteus* can move by means of twitching motility, and this virulence factor plays an important role in biofilm formation in *Pseudomonas* [37], it has not previously been explored in detail in *Proteus*. This virulence factor was more expressed in CAUTI isolates [38], but none of the isolates moved over the whole plate [15]. In our study no *Proteus* isolates from tap water were able to twitch over the catheter bridge, it is probably due to their less pathogenic potentials than CAUTI isolates. In biofilm forming abilities most of the isolates positively formed biofilm on PVC strip. Apparently biofilm quantification was directly proportional to the spectrum of resistance and swarming motility of isolates. The catheter bag from Protos brand showed better properties than that of Huai'an brand regarding the prevention of biofilm formation of *Proteus* isolates. Here obtained results suggest that low cost catheter bags are relatively unsafe to prevent CAUTI in ascending route.

In Bangladesh, people are not aware about the schedule use of antibiotics. Therefore, the high incidence of multidrug resistant might be due to indiscriminate use of antibiotics, which may eventually supersede the drug resistant microorganisms from antibiotic saturated environment. We earlier reported the emergence of multidrug resistant, especially strong cephalosporin resistant *Proteus* strains in urban tap water and where only amoxicillin showed a satisfactory inhibition of all *Proteus* strains [21,22]. Now-a-days, the extensive use of cephalosporins in Bangladesh offered the pathogens to be resistant to them but the drugs of protein and DNA synthesis inhibitors (Table 2) were effective enough for the infection control and management. The amine group

### Table 2. In vitro antimicrobial sensitivity profile

| Isolate (Pr sp) | Protein synthesis inhibitor | DNA synthesis inhibitor | Cell wall synthesis inhibitor |
|----------------|-----------------------------|-------------------------|-----------------------------|
|                | Tet | Dox | Kan | Stp | Cot | Cip | Amp | Amx | Cep | Cef | Cft | Cfz |
| 11 (Pv)        | +   | -   | +   | +   | -   | -   | +   | +   | -   | -   | -   | -   |
| 662 (Pp)       | +   | +   | +   | +   | -   | -   | +   | +   | -   | -   | -   | -   |
| 664 (Pp)       | +   | +   | +   | +   | I   | -   | +   | I   | -   | -   | -   | -   |
| 664 (Pp)       | I   | +   | I   | +   | -   | +   | I   | +   | -   | -   | -   | -   |
| 664 (Pp)       | +   | +   | +   | +   | -   | +   | +   | +   | -   | -   | -   | -   |
| 664 (Pp)       | I   | I   | I   | -   | I   | -   | +   | -   | -   | -   | -   | -   |
| 91 (Pm)        | -   | +   | I   | -   | +   | +   | I   | +   | -   | -   | -   | -   |
| 91 (Pm)        | +   | +   | +   | +   | -   | +   | +   | +   | -   | -   | -   | -   |

For interpretation of data from this table, see section 2.4. More resistant than ampicillin.
of amoxicillin provides increased polarity to expand its spectrum to include Gram negative bacteria. In addition, the phenolic acid present in amoxicillin is an ionizable group, which prevents zwitterions formation. It is also electron withdrawing, which together increases absorption and acid stability. Only streptomycin and amoxicillin were most effective antibiotics among tested others to inhibit the *Proteus* strains.

5. Conclusion

The rate of swarming growth of *Proteus* on LB-agar plate was decreasing with increasing incubation time. Urine drainage bag from Protos brand was relatively safer than that of Huaiian brand to prevent CAUTI. *Proteus* isolates were strong resistant to cotrimoxazole and cephalosporins. Antibiotics underlying the protein and DNA synthesis inhibitors were satisfactorily effective and isolates were strong resistant to cotrimoxazole and than that of Huaian brand to prevent CAUTI.

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Authors’ Contribution

AC designed and guided the study, and drafted the manuscript; AW worked out the experimental part.

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Conflict of Interest

Authors’ have no conflict of interest.

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