Extracellular vesicles released by the human gut symbiont Bacteroides thetaiotaomicron in the mouse intestine are enriched in a selected range of proteins that influence host cell physiology and metabolism

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Abstract

It is becoming increasingly clear that bacterial extracellular vesicles (BEVs) produced by members of the intestinal microbiota can contribute to microbe-host cell interactions that impact on host health. A major unresolved question is the nature of the cargo packaged into these BEVs and how they can impact on host cell function. Here we have analysed the proteome of BEVs produced by the major human gut symbiont Bacteroides thetaiotaomicron in both in vitro cultures using defined and complex medias, and in vivo in fed or fasted animals to determine the impact of nutrient stress on the BEV proteome, and to identify proteins specifically enriched in BEVs produced in vivo. In contrast to BEVs produced in vitro where limiting nutrient provision resulted in an increase in a large fraction of proteins, the protein content of BEVs extracted from fasted versus fed mice was less affected with similar numbers of proteins showing increased and decreased abundance. We identified 102 proteins exclusively enriched in BEVs in vivo of which the majority (66/102) were enriched independently of their expression in the parent cells implicating the existence of an active mechanism to drive the selection of a group of proteins for their secretion into BEVs within the intestine. Amongst these abundantly expressed proteins in BEVs in vivo were a bile salt hydrolase and a dipeptidyl peptidase IV that were characterised further and shown to be active and able to degrade host-derived substrates with defined roles in metabolism. Collectively these findings provide additional evidence for the role of BEVs in microbiota-host interactions with their contents playing key roles in the maintenance of intestinal homeostasis, and host metabolism.

Introduction

The human gastrointestinal (GI) tract accommodates a microbial community (the microbiota) comprising trillions of cells that carry out vital functions for human health. Increasing our understanding of the basis of this mutualistic relationship and its impact on human health and disease is dependent on defining the pathways and mediators of microbiota-host crosstalk. Many studies have identified the importance of microbe- and host-derived soluble factors in this crosstalk [reviewed in 1,2]. More recently, another pathway of host-microbe crosstalk has been identified that involves bacterial extracellular vesicles (BEVs) [3], which contain various macromolecules with the potential of contributing to interactions with other members of the microbial community but also with host cells [4-7].

BEVs represent a novel secretion system enabling the dissemination of membrane-encapsulated cellular materials including proteins, nucleic acids and metabolites into the extracellular milieu [8,9] and beyond [7]. These include membrane vesicles (MV) produced by Gram-positive bacteria, and outer membrane vesicles (OMV) and outer-inner membrane vesicles [10-12] produced by Gram-negative bacteria. BEVs produced by pathogenic bacteria have historically been the most intensively investigated. The animal GI
tract contains a multitude of bacterial species capable of producing membrane vesicles that are implicated in digestion and in the development and functioning of the immune system [5,13,14]. *Bacteroides thetaiotaomicron* (Bt) is a prominent Gram-negative anaerobe residing in the caecum and colon of most or all animals. The BEVs it produces are small, spherically bilayered (50–400 nm) vesicles derived from the cell envelope that contain mainly periplasmic contents in their lumen. Proteomic studies have shown that members of the *Bacteroides* genus, including Bt, use their BEVs as delivery vehicles for the distribution of hydrolases, such as proteases and glycosidases [15] within the lumen of the GI tract [16]. In particular, Bt BEVs can digest polysaccharides [13], phytate and inositol polyphosphate derivatives [16], and modulate the immune system [5,6,17-20]. They can access and transmigrate boundary epithelial cells using different routes enabling them to interact with mucosal immune cells and to disseminate more widely via the bloodstream [7,14,20]. Our further understanding of BEV biology in general and of their interaction with the host in particular, is dependent on defining the factors that regulate their generation and the cargo they carry [12,21].

We have performed a comparative proteomic analysis of BEVs produced under different nutrient conditions both *in vitro* and *in vivo* in the mouse caecum to assess the impact of nutrient availability on BEV protein composition. Differential proteome analysis enabled comparisons of the abundance of each protein identified in BEVs with that in the parent cells. As a result, we identified proteins in BEVs that are determinants in BEV-host interactions and able to play key roles in the maintenance of the intestinal homeostasis and host metabolism.

**Materials and Methods**

**BEV preparation**

BEVs were isolated following a method adapted from Stentz et al. [22]. The bacterium Bt VPI-5482 was grown anaerobically at 37°C with agitation using a magnetic stirrer in either Brain Heart Infusion (BHI) medium (Oxoid/Thermo Fisher, Basingstoke, United Kingdom) or the defined medium, BDM [9], both supplemented with 0.001% haemin. BHI (three independent cultures) and BDM (three independent cultures) were inoculated with an overnight culture of Bt at an initial OD$_{600}$ of 0.05. After 5 h in BHI and 12 h in BDM (OD approximately 3.0, early stationary phase), the cells were centrifuged at 5500 g for 45 min at 4°C. The cell pellets were rinsed twice with 50 mL of ice-cold phosphate buffered saline (PBS), pH 7.4, snap frozen in liquid nitrogen and stored at -80°C prior to extraction. The supernatants were filtered through polyethersulfone (PES) membranes (0.22 μm pore-size) (Sartorius) to remove debris and cells. The sterility of the vesicle-containing filtrates was confirmed by plating onto BHI–haemin agar. BEVs in the
500 ml filtrates were concentrated by crossflow ultrafiltration (100 kDa MWCO, Vivaflow 200, Sartorius) to 0.5 mL, diluted by addition of 500 mL of ice-cold phosphate buffered saline (PBS), pH 7.4, and the suspensions were concentrated again by crossflow filtration to 0.5 mL and filter-sterilised through a 0.22 μm PES membrane (Sartorius). Vesicle concentration was determined by Nanoparticle Tracking Analysis (NTA). The volume of the retentate was adjusted to 8.9 ml and the BEV suspension ultracentrifuged (150,000 g at 4°C or 2 h in a Ti70 rotor (Beckman Instruments)). After ultracentrifugation, the supernatant was removed using a vacuum pump and the BEV pellets snap frozen in liquid nitrogen and stored at -80°C prior to extraction.

Nanoparticle analysis

For BEVs generated in vitro (Fig. 2a) the size, concentration and zetapotential of the isolated Bt BEVs was determined using a ZetaView PMX-220 TWIN instrument according to manufacturer’s instructions (Particle Metrix GmbH, Germany). Aliquots of BEV suspensions were diluted 1000- to 20,000-fold in particle-free PBS or water for analysis. Size distribution video data was acquired using the following settings: temperature: 25°C; frames: 60; duration: 2 seconds; cycles: 2; positions: 11; camera sensitivity: 80 and shutter value: 100. Data were analysed using the ZetaView NTA software (version 8.05.12) with the following post acquisition settings: minimum brightness: 20; max area: 2000; min area: 5 and trace length: 30.

For BEVs generated in the mouse GIT, size distribution of vesicles was performed on 1mL of BEV suspensions diluted 100-fold with PBS. Videos were generated using a Nanosight nanoparticle instrument (NanoSight Ltd, Malvern, USA) to count BEV numbers in BEV samples. A 1-min AVI file was recorded and analysed using NTA (Version 2.3 Build 0011 RC, Nanosight) software to calculate size distributions and vesicle concentrations using the following settings: Calibration: 166 nm/pixel; Blur auto: Detection threshold: 10, Minimum track length: auto, Temperature: 21.9C, Viscosity: 0.96 cP. The accuracy of the measurement was confirmed using 100 nm silver nanoparticles (Sigma-Aldrich).

Metabolites and enzyme enrichment in BEVs

The enzymatic reactions inferred from the enzymes observed as being present in BEV were used to compile three sets of metabolites: substrate (but not product) metabolites, product (but not substrate) metabolites and those metabolites that were both substrates and products (involved in multiple reactions). These metabolites were measured in both media and metabolites were then ordered by fold-change in BEV with respect to BHI.

BEV, EV and bacterial cell isolation from the mouse caecum
Ten germfree C57BL/6 (males, 14 weeks old) mice were gavaged with $10^8$ CFU Bt in 100 μL PBS. Mice had unrestricted access to chow (Rat and Mouse n°3 breeding, Special Diet Services) and water for 2 days after which a group of 5 mice were deprived of food for 16 hours. The study was reviewed and approved by the Animal Welfare and Ethical Review Body (AWERB, University of East Anglia, Norwich, UK) and was conducted within the provisions of the Animals (Scientific Procedures) act 1986.

Post mortem, the caecal contents were collected and homogenised in PBS (10% w/v). Homogenates were centrifuged for 2 min at 100 g and the supernatant collected. A 100 μL aliquot was removed to enumerate bacteria on BHI-haemin agar ($= 12 \pm 3 \times 10^{10}$ CFU/g colon content). The supernatants were then centrifuged at 5,500 g, 4°C for 15 min. The cell pellets were rinsed twice with 30 mL PBS and snap frozen in liquid nitrogen and stored at -80°C prior to extraction. The supernatants were filtered through polyethersulfone (PES) membranes (0.22 μm pore-size) (Sartorius). The sterility of the vesicles (BEV and EV)-containing-filtrate was confirmed by plating onto BHI–haemin agar. Vesicle suspensions were concentrated as described above. Following crossflow ultrafiltration, further purification of BEVs and EVs was performed by fractionation of the suspension [20] by size-exclusion chromatography using a CL2-B Sepharose (Sigma-Aldrich) (120 cm x 1 cm column) in PBS buffer. The absorbance of the fractions was measured at 280 nm and the first fractions corresponding to the first absorbance peak were pooled and concentrated to 1 mL with a Vivaspin 20 centrifugal concentrator (100 kDa molecular weight cut-off, Sartorius) and filtered through a 0.22 μm PES membrane (Sartorius). Vesicle concentration was determined by Nanoparticle Tracking Analysis (NTA). The volume of the retentate was adjusted to 8.9 mL and the BEV suspension centrifuged (150,000 g at 4°C or 2 h in a Ti70 rotor (Beckman Instruments)). After centrifugation, the supernatant was removed using a vacuum pump and the vesicle pellets snap frozen in liquid nitrogen and stored at -80°C prior to extraction.

**Proteomics**

Comparative proteomics was carried out on samples of BEVs produced in BHI versus BDM and from BEVs and EVs isolated from the caecum of fed or fasted mice. For the *in vitro* experiments vesicles were isolated (above) from 3 independent cultures for each culture medium. One of the samples obtained in BDM was excluded from further analysis as it produced anomalous results. In the comparison of BEVs generated *in vivo* 5 mice were used for each condition providing 10 datasets including ratios (fasted versus fed) for each protein identified with the level of confidence determined by the false discovery rate (FDR), that were then further analyzed. Parental cells were from BHI cultures or the caecum of Bt colonised mice (3 replicates for each condition).
Samples for proteomics analysis consisted of 100 ug of BEV or cell protein extract prepared and labelled at the Bristol University proteomics facility using TMT reagents (10-Plex format, Isobaric Mass Tagging kit, Thermo Scientific). Labelled samples were pooled and then fractionated using High pH Reverse Phase Liquid Chromatography. The resulting fractions were subjected to nano-LC MSMS using an Orbitrap Fusion Tribrid mass spectrometer with an SPS-MS3 acquisition method. Fragmentation of the isobaric tag released the low molecular mass reporter ions which were used to quantify the peptides. Protein quantitation was based on the median values of multiple peptides identified from the same protein, resulting in highly accurate protein quantitation between samples. The data sets were analysed using the Proteome Discoverer v2.1 software and run against the Bt VPI-5482 or mouse database and filtered with a 5% (1%) FDR cut-off.

Proteomics data curation
BEVs versus parent cells produced in vitro and in vivo: from 3092 listed proteins of the raw results to 2047. A hundred contaminant proteins (FALSE) were removed from the data. Using the 99% confidence level (<1% FDR), 213 additional proteins were removed. Proteins that were not found in BEVs (732) were also removed from the list resulting in a total of 2047 identified proteins. For the abundance ratio of BEV proteins (mouse caecum versus BHI) those with a ratio ≥ 15 and a PSMs ≥ 10 were retained, excluding proteins that were not identified in the fasted versus fed animal experiment, resulting in a total of 102 proteins. To discriminate between proteins that are enriched in BEVs in vivo, the 36 proteins with an abundance ratio in the cell lysate (mouse caecum versus BHI) ≥ 5 were considered as non-enriched whereas the 66 proteins with an abundance ratio in cell lysates (mouse caecum versus BHI) ≤ 5 were considered enriched in BEVs.

Gene ontology analysis
The proteins were categorized according to species specific gene ontology (GO) annotations using PANTHER version 14.0 at http://www.pantherdb.org/ [23].

Electron microscopy
Cells were grown in BHI to early stationary phase and visualised by negative staining electron microscopy. 2 µL of liquid culture were applied to a 600-mesh copper TEM grid coated with formvar/carbon. The sample was left to settle out for 5 minutes and 2 µL of 2x fixative (5% glutaraldehyde in 200mM sodium cacodylate buffer, pH 7.2) was added and left for 5 minutes. The grid was then immersed for 10 minutes in 10 µl of 1x fixative, washed 5 times with100mM sodium cacodylate buffer, pH 7.2 and 5 times with ultrapure water (1 minute each). The grid was air dried before negative staining in 2% aqueous Uranyl
acetate-stain was applied and removed immediately. Grids were air dried and viewed in a Jeol 1230 TEM
operated at an accelerating voltage of 80kV. Images were recorded on a Gatan One View 16MP digital
camera.

Pellets of BEVs (including EVs for immunogold staining) were resuspended and fixed by vortex and
pipetting in 100 µL 2.5% Glutaraldehyde in 0.1M PIPES buffer. Large aggregates of material still present
upon pellet resuspension, were removed by centrifugation for 2 min at low speed (5 g). A 50 µL portion of
supernatant was mixed 1:1 with cooled molten 4% low gelling temperature agarose (TypeVII, Sigma),
solidified by chilling and cut into approximately 1 mm³ pieces. The BEV sample pieces were transferred
into glass vials for further fixation in 2.5% glutaraldehyde in 0.1M PIPES buffer overnight at 4℃. Fixed
BEV sample pieces were washed in 0.1M PIPES buffer (3x) and post-fixed in 1% OsO₄ (Agar Scientific)
for 2 h. Following OsO₄ fixation, samples were washed in deionised water (3x), followed by dehydration
through an ethanol series (30, 50, 70, 90, 3x 100%). The samples were infiltrated with a 1:1 mix of 100%
ethanol to LR White medium grade resin, followed by a 1:2 and a 1:3 mix of 100% ethanol to LR White
resin and finally 100% resin, with at least 1 h between changes. The resin was changed twice more with
fresh 100% resin with periods of at least 8 h between changes. The sample pieces were each transferred
into BEEM embedding capsules with fresh resin and polymerised for 24 h at 60℃. Sections approximately
90 nm thick were cut using an ultramicrotome (Ultracut E, Reichert-Jung) with a glass knife, collected on
Cu Formvar/carbon grids and stained sequentially with 2% uranyl acetate solution for 1 h at 21℃, and 0.5%
lead citrate solution for 1.5 min at 21℃. Deionised water washes were performed (5x) following each of
the staining steps. Sections were examined and imaged in a FEI Tecnai G2 20 Twin transmission electron
microscope at 200kV with a “Gatan One View” digital camera. For immunogold staining, a “short” version
of the Aurion Immunogold labelling (IGL) protocol ([http://www.aurion.nl/the_aurion_method/Post_embedding_conv](http://www.aurion.nl/the_aurion_method/Post_embedding_conv)) was used with 1h antibody incubations
and detergent (0.1% TWEEN). The primary antibody (anti-OmpA) was diluted 1/500 and the secondary
antibody (GAR-10, Agar Scientific, Stanstead, UK) was diluted 1/50. After antibody labelling, the sections
were stained with 2% uranyl acetate for 40 min. The sections were examined and imaged in a FEI Tecnai
G2 20 Twin transmission electron microscope at 200 kV.

**Construction of a BT_2086 deletion mutant**

An 899 bp chromosomal DNA fragment upstream from BT_2086 and including the first 30 nucleotides of
its 5’-end region was amplified by PCR using the primer pair f-5’bsh1_SpHI, r-5’bsh1_SalI. This product
was then cloned into the SpHI/SalI sites of the *E. coli-Bacteroides* suicide shuttle vector pGH014 [22]. A
900 bp chromosomal DNA fragment downstream from BT_2086, including the last 44 nucleotides of the
3’-end region, was amplified by PCR using the primer pair f-3’bsh1_BamHI, r-3’bsh1_Sacl and was cloned
into the BamHI/SacI sites of the pGH014-based plasmid. The resulting plasmid containing the ΔBT_2086::tetQ construct, was mobilized from *E. coli* strain GC10 into Bt by triparental filter mating [24], using *E. coli* HB101(pRK2013) as the helper strain. Transconjugants were selected on BHI-haemin agar containing gentamicin (200 mg/L) and tetracycline (1 mg/L). Determination of susceptibility to either tetracycline or erythromycin was done to identify recombinants that were tetracycline resistant and erythromycin susceptible after re-streaking transconjugant bacteria on LB-agar containing tetracycline or both antibiotics. PCR analysis and sequencing were used to confirm allelic exchange. A transconjugant, GH511 containing the ΔBT_2086::tetQ construct inserted into the Bt chromosome was selected for further studies.

Bile salt hydrolase activity

Thin layer chromatography to assess the activity and substrate specificity of BSHs in Bt were performed according to Sedlčáčková et al. [25]. Bt strains were grown in 5mL BHI for 16 h. The cultures were centrifuged at 9000 g for 10 min at 4°C, the cell pellets washed with 2 ml of PBS and resuspended in 5 mL of PBS. 500 µL of washed sample (or 5x10⁹ BEVs in 500 µL PBS) were mixed with 500 µL of substrate solution (Na-GCA 0.3% and Na-TCA 0.3% in PBS) and incubated for 16 h at 37°C. The TLC chamber containing the mobile phase (isoamyl acetate 40%, propionic acid 30% and 1-propanol 20% in water) was equilibrated for 30 minutes. The reaction mixtures were speed-vacuum dried, the pellets dissolved in 500 µL of methanol and the solution was centrifuged at 14 000 g at 4°C for 1 min. 3 µL of the supernatants and of the standards (cholic acid [CA], sodium taurocholic acid [Na-TCA] or sodium glycocholic acid [Na-GCA] 5 mM in methanol) were spotted onto silica gel plates (TLC Silica gel 60 F₂₅₄, Merck). The plate was inserted into the chamber and allowed to run for about 40 min and removed when the solvent front was 1 to 2 cm from the top edges. The plate was dried at 110°C for 3 min and sprayed with a solution of phosphomolybdic acid (10% w/v in ethanol). The plate was dried again until spots were visible.

DPP4 assay

DPP4 assays were performed as described by Beauvais et al. [26]. Briefly, 750 ul of 50 mM Tris HCl buffer (pH 7.5) and 50ul Ala-Pro-pNA (5 mg/mL in methanol) were added to 200 µl of BEV suspension. The reaction mixture was incubated at 37°C and the OD₄₀₅ was measured at 1 min intervals for 100 min. The amount of protein in BEVs was determined using the Bio-Rad Protein Assay.
Results

Impact of nutrient availability on BEV biophysical characteristics and hydrolytic enzyme content

Bt produces large amounts of uniform BEV particles which are released from the bacterial cell surface into the external milieu (Fig. 1). To test whether environmental factors have an impact on BEV structure, production and protein composition, Bt was cultured in either a complex (BHI) or defined and minimal (BDM) media and BEVs isolated from the culture supernatants. BEV concentration harvested from Bt grown in BHI and BDM media were similar while their average size increased from 135 ± 6 nm in BHI to 205 ± 3 nm in BDM (Fig. 2a). Electron microscopy imaging confirmed that BEVs from BHI and BDM were similar in appearance and structure although those produced in BDM were larger in size (Fig 2b). The average zeta potential of BEVs from both BHI and BDM media was -25 mV and -22 mV (in PBS, pH 7.2, 25°C) respectively, which is similar to what was reported for *E. coli*-derived BEVs [27].

The proteomic profile of BEVs produced in BHI versus BDM cultures were compared by differential proteomic analysis. In general, 1,438 proteins were identified corresponding to approximately 30% of the predicted proteome of parent cells [28]. Of note, the majority of proteins were more abundant in BEVs produced in nutrient-poor, BDM, medium (Fig. 3a). Proteins categorized according to universal gene ontology (GO) annotations showed that many of the proteins displaying an increase abundance (fold change > 3) were hydrolases, and in particular glycoside hydrolases, and proteases in addition to transferases, oxidoreductases, ligases and lyases (Fig. 3b). Whereas the complete predicted proteome of Bt is composed of 64% acidic proteins (pI < 7.4, physiological pH), 79% of the BEV proteins were acidic, confirming the enrichment of acidic proteins in BEVs (data not shown).

The Bt transcriptome in response to nutrient availability was previously investigated by microarray analysis [29] using probe pairs derived from 4,779 predicted genes to compare transcriptional profiles obtained from Bt grown in rich versus minimal medium (with glucose as the sole carbon source) during early log phase to stationary phase. Accordingly, we selected the 250 most abundant proteins that were more, or less, abundant in the defined medium compared to the rich medium (highest peptide spectrum match PSM) with the level of expression of their corresponding genes determined under the same conditions (BDM-G). The results showed that the fold differences in protein and the corresponding RNA expression correlated with each other (Fig. 3c) (Spearman correlation coefficient \( r_s = 0.44, p = 2.10^{13} \)) indicating that BEV protein content reflected RNA levels in the parental cell.
Our analysis also showed that there was a corresponding increase in the metabolites generated from reactions catalysed by the more abundant proteins present in BEVs produced in BDM (Table 1). Intriguingly, the concentration of the substrates specific for these enzymes [9] was also increased in BEVs indicating that some of the reactions are reversible and/or the diffusion of the substrate from the external milieu into BEVs is facilitated by the presence of higher levels of enzyme.

Since the BEV protein content was affected by nutrient availability in vitro, we investigated if nutrient deprivation in vivo (in fasting animals) could similarly lead to changes in the BEVs’ proteome.

**BEV proteomic profile in vivo**

To assess whether nutrient deprivation affects the protein composition of BEVs produced by Bt in the GI tract, germfree mice were orally gavaged with Bt with one group of conventionalised mice allowed unrestricted access to food and water with a second group being deprived of food for 16 h. BEVs extracted from the caecum were equivalent in size from both fed or fasted mice with a mean size of approximately 190 nm when measured with a NanoSight instrument (Fig. 4a). By contrast, 1.8 times more nanoparticles were recovered from the caecum of fasted mice compared to fed animals (Fig. 4a). The presence and identity of Bt BEVs in mouse caecal preparations was confirmed by immuno-EM using an antiserum specific for the outer membrane protein OmpA (BT_3852) of Bt (Fig. 4b).

Comparison of the proteome of caecal BEVs from fasted versus fed animals showed differences in protein abundance (Fig. 4c). However, they were less pronounced (between -6 and 3-fold) when comparing with in vitro cultures using BDM versus BHI media (Fig. 3a). Unlike for BEVs obtained in vitro, for which most of the proteins (82 %) displayed an increased abundance when produced in nutrient-poor growth medium, there were similar numbers of proteins exhibiting increased (48 %) and decreased (52 %) abundance, when comparing the two in vivo conditions (see results in Vesiclepedia, number).

Comparison of the proteome of caecal BEVs from fed and fasted animals showed differences in protein abundance (Fig. 4c). Of 558 proteins identified in BEVs extracted from fasted and fed mice, 322 were differentially abundant (fold change ≥ 1.3). Of these, 142 were more abundant in BEVs extracted from fasting animals whereas 180 proteins were more abundantly represented in BEVs derived from fed animals. GSEA analysis [30] revealed two biological processes significantly enriched in BEVs from fasted animals, “peptide metabolic process” [GO:0006518] (70 proteins) and “protein processing” [GO:0016485] (69 proteins) gene ontologies. Sixty-nine of these proteins also belonged to the molecular function ontology “metallocarboxypeptidase activity” [GO:0004181]. The BEVs from fed animals contained a set of eight
proteins displaying “serine-type peptidase” activity [GO:0008236] that were more abundant compared to fasted mice.

A large number of proteins expressed from polysaccharide utilization units (PULs), that are sets of neighbouring genes involved in the breakdown of specific glycans [31], were present in BEVs (Table S1) and were classified using the Polysaccharide-Utilization Loci DataBase (PULDB) http://www.cazy.org/PULDB/ [32] (Table S1). The starch degrading PUL66 was highly abundant which most likely reflects the high (~34%) starch content of the animal chow. PULs involved in the degradation of rhamnogalacturonan-II (PUL77), pectic galactan (PUL86) and arabinogalactan (PUL65) were also highly abundant. Of note, in fasted mice there was an increased abundance of PULs capable of degrading host glycans and mucins (PULs 6, 19, 35, 37, 80 and 81).

A set of proteins is selectively secreted in BEVs in the GI tract

To investigate whether proteins are selectively enriched in BEVs in vivo, we first compared the proteome of BEVs harvested from the caecum of Bt mono-colonised germfree mice with that of BEVs generated in vitro in BHI media. A total of 102 proteins were identified based upon the abundance being at least 15-fold higher in in vivo generated BEVs (Table S2, a and b). Next, we determined how many of these proteins might be enriched in BEVs in vivo as a result of their increased production in BEV’s parental cells by comparing the levels of expression of the 102 proteins in caecal-derived parental cells with those grown in vitro in BHI medium (Table S2a, b). We assumed that for a given protein, the enrichment in BEVs in vivo occurs independently of protein expression, if the in vivo versus in vivo abundances of the protein in their parent cells are comparable, whereas its enrichment in BEVs is a consequence of higher expression in parental cells, if the abundance in the parent cells in vivo is increased compared to in vitro growth conditions.

This analysis revealed that the abundances of the majority of proteins (66/102) were comparable in parental cells generated in vivo or in vitro (Table S2a, Fig. 5a) excluding changes in protein production in parental cells contributing to the increased abundance of these proteins in BEVs in vivo. In contrast, 36 of the 102 proteins displayed a 5-fold or higher abundance in parental cells under in vivo versus in vitro conditions (Table S2b, Fig. 5b) consistent with the increased production in parental cells contributing to their increased abundance in BEVs in vivo. To corroborate these findings, we compared the levels of expression of RNA for each of the 102 proteins enriched in BEVs in vivo using data obtained from a global transcriptomics analysis of Bt grown under different in vitro and in vivo conditions analogous to those we have used here [29]. Changes in the abundance of the 102 proteins in BEVs generated in vivo were closely mirrored by
changes in RNA levels as the fold difference values between protein abundance in the cells and expression of the corresponding gene were significantly correlated [Spearman correlation coefficient $r_s = 0.81$ (p < 0.0001)] (Fig. 5a and b, Table S2). These results are consistent with the selective enrichment of a set of (102) protein in BEVs in vivo that can occur in parallel with (36) or independently of (66) changes in protein production in parental cells.

The enrichment of the 102 proteins in BEVs generated in vivo was independent of food intake and availability since the abundance of these proteins was comparable in BEVs from fasted versus fed mice (fold change $\approx 1.0$) (Fig. 5a, b).

We used the SignalP-5.0 Server software programme to predict the presence of known Gram-negative bacteria signal peptides amongst the 102 proteins enriched in BEVs (Fig. 5c). Most of the 36 proteins whose abundance values were 15-fold or higher in BEVs in vivo versus in vitro were predicted to be transported via the bacterial Sec-dependent protein secretion system. By contrast, 31/66 of the proteins displaying a 5-fold or less increase in abundance in parent cells were predicted to be secreted independently of known (Sec) bacterial secretion systems.

**Enrichment of bile salt hydrolases and dipeptidyl hydrolases IV in BEVs in vivo**

Prominent among the 36 proteins enriched in both BEVs and parent cells in vivo (Table S2) was the bile salt hydrolase (BSH) BT_2086. BSHs produced by gut commensal bacteria catalyse the hydrolysis of bile salts conjugated with the amino acids taurine or glycine residues and release free bile acids such as cholic acid (CA) and glycine and taurine [33]. Bt cells degrade both glyco- and tauro-conjugated bile acids GCA and TCA (Fig. 6). The specificity of the BSH encoded by BT_2086 was established by generating a Bt mutant lacking BT_2086 ($\Delta BT2086$). The mutant was unable to degrade TCA whereas hydrolysis of GCA to produce cholic acid was unaffected most likely reflecting the activity of the other predicted BSH, BT_1259 [28]. In the case of BEVs, levels of bile salt hydrolase activity and CA production were lower than that of parent cells as reflected in higher residual levels of GCA and TCA after incubation with BEVs (Fig. 6). Despite this it was clear that $\Delta BT2086$ generated BEVs produced strikingly less CA compared to BEVs from wild type Bt. These findings indicate that BEVs produced by Bt contain a BSH able to deconjugate tauro-conjugated bile salts.

The dipeptidyl-peptidase 4 (DPP4)-like protein (DPP6) encoded by BT_1314 was also abundant in BEVs in vivo (Table S2). Human DPP4 or CD26 truncates proteins containing the amino acid proline or alanine in the second position of the N-terminus, and DPP-4-like activity encoded by the intestinal microbiome has
been proposed to constitute a novel mechanism to modulate protein digestion and host metabolism [34]. We tested therefore whether intact BEVs could hydrolyse DDP4 specific substrates (H-Ala-Pro-p-nitroaniline) [26]. BEVs produced in vitro in BDM exhibited activity of 0.57 nmol/min/mg BEV total protein whereas BEVs isolated from BHI exhibited activity of 0.09 nmol/min/mg. This agrees with the abundance ratios measured for BT_1314 which was 6 times more abundant from BEVs obtained in BDM compared to those obtained in BHI. The same was also true for two other putative DPP4 enzymes detected in BEVs; BT_3254 (3 times more abundant from BDM) and BT_4193 (4 times more abundant from BDM). However, in vivo, BT_1314 was selectively enriched (~20-fold) in BEVs.

**Proteome of EVs produced in the GI tract**

EVs in mammals are produced by almost all cell types and contribute to the coordinated signalling events and communication between the gut microbiota, intestinal epithelial cells, endothelial cells, and immune cells during homeostasis, immune activation, and inflammation [35]. Vesicles isolated from the caecum of fasted and fed mice mono-colonised with Bt consisted of a combination of BEVs and EVs. By running a peptide match against the UniProt mouse protein database, 1152 proteins from mouse EVs were identified (see results in Vesiclepedia, number). These included tetraspan proteins which belong to a family of membrane proteins [36,37] including the cell surface glycoprotein CD9, six members of the 14-3-3 protein family comprising phospho-binding proteins, and nine annexins (Anxa1-7, Anxa11 and 13), all commonly found in eukaryotic vesicles [38]. From a comparison of our protein profile with that obtained from EVs of cultured human primary and metastatic colorectal cancer cells [38] (Source of human EV proteome: Vesiclepedia_500, at http://microvesicles.org/exp_summary?exp_id=550) 333 (29%) of the 1152 proteins overlapped and were present in both data sets. As expected, the EV cancer markers AXL, DNM2, CD59, CTNND1, EPHA2, ITGA1, ITGA5 and VIM [39,40] were only present in human CRC EVs and were not detected in mouse caecal EVs.

We next compared the distribution of the overlapping proteins based on gene ontology (GO) categories (Table 2). Seven categories of proteins were dissimilarly represented in mouse caecal versus human cancer cell proteins. Proteins involved in developmental and cellular process, biological adhesion, and cellular component organisation (or biogenesis) were more frequent in human cancer cell EVs. Intriguingly, the proportion of proteins involved in cellular proliferation was increased in mouse caecal EVs. Furthermore, proteins contributing to multi-organism process and the immune system were also increased in caecal EVs. In comparing the abundance ratio for each protein contained in caecal EVs derived from fasted versus fed animals (Table 3), amongst EVs produced in fasted mice two serine protease inhibitors (A3M and A3K)
were more abundant (5-fold and 2.7-fold, respectively). We also observed a 3.5-fold increase in the abundance of the murine specific α-defensin CRISC-2 in EVs produced in fasted mice.

Discussion

Our study provides new insights into microbe-host interactions in the mammalian GI tract and how BEVs can contribute to this crosstalk. Using the ubiquitous human commensal gut bacterium Bt as a model system, we have shown that the profile of proteins it packages into BEVs is influenced by nutrient availability, and provided evidence of the selective and exclusive enrichment of proteins in BEVs in vivo in the mouse GI tract that include enzymes capable of influencing host metabolism.

From previous work on bacterial pathogens it is known that bacterial proteins including virulence factors are selectively enriched in BEVs, consistent with vesiculation being a coordinated rather than passive process [5,41,42]. Virulence factors enriched in BEVs include gingipain proteases produced by the human oral pathogen Porphyromonas gingivalis, or the virulence factors VacA, urease and CagA produced by the gastric pathogen Helicobacter pylori, whereas other abundant cellular proteins not contributing to infection are excluded from BEVs [43,44]. Like for pathogens, proteomic analysis of BEVs produced by cultured commensal Bacteroides species identified proteins found exclusively in BEVs, including acidic lipoproteins with hydrolytic and carbohydrate-binding activities encoded by PULs [15,45]. Our analysis of BEV proteins under different culture conditions highlights the ability of Bt to effectively respond to nutrient stress by changing the profile of proteins it produces and packages in its BEVS, as predicted in a prior transcriptomics based study [29]. A similar phenomenon has been described in Campylobacter jejuni, which, although considered to be a commensal bacterium in avian hosts, is pathogenic and causes bacterial gastroenteritis in humans [46]. Proteomic analysis of the C. jejuni BEVs identified numerous proteins with differential abundance under culture conditions reflecting the different body temperatures of the two hosts, with significantly higher amounts of virulence proteins associated with BEVs from cultures at 37°C culture compared to BEVs produced at 42°C [47].

Our analysis of BEVs produced in vivo reveals that a set of cellular proteins (66) are selectively enriched in BEVs compared to their parental cells. In addition, as the levels of these proteins were comparable in fed versus fasted animals the process responsible for the accumulation of these proteins into BEVs functions independently of nutrient (food) supply (Fig. 5a). Thus, local environmental factors other than diet and nutrient supply are involved in the selection and secretion of a set of proteins into BEVs. Furthermore, based upon the known functionality of some of these proteins (e.g. dipeptidyl-peptidase and asparaginase) they are most likely selectively packaged into BEVs by the bacterium with the purpose of influencing host
cell physiology and in particular, metabolism. The mechanisms that account for this enrichment of proteins in BEVs is unknown and likely to involve unique processes as nearly half of the proteins enriched in BEVs are not predicted to be secreted by a known bacterial secretion system.

The dipeptidyl-peptidase encoded by BT_1314 is enriched in BEVs in vivo and has the potential to influence host physiology via its effect on protein and glycan (e.g. gluten) digestion, signal transduction and apoptosis [34]. Based upon its ability to cleave and inactivate various signalling molecules important in metabolism (i.e. incretins), the immune system (i.e. growth factors and cytokines) and CNS (i.e. neuropeptides) [48-50] it is tempting to speculate that upon accessing the systemic circulation [7] BEVs can impact on various aspects of host physiology and behaviour, a possibility that awaits confirmation from further studies. The type II L-asparaginase encoded by BT_2757 was also selectively enriched in BEVs in vivo. Asparaginase activity is required to deamidate asparagine to aspartate, an essential amino acid for proliferating mammalian cells (e.g. cancer cells) and as a neurotransmitter [51,52]. The human asparaginase enzyme (ASPG) exhibits a relatively low affinity for L-asparagine while bacterial enzymes, that are commonly used as anticancer drugs, have a higher affinity for the substrate [53]. Indeed, E. coli-derived asparaginase is used in food manufacturing to reduce levels of the human carcinogen acrylamide [54] and clinically to treat leukemia and lymphoma patients [55]. The uptake of aspartate generated from asparaginase cleavage of asparagine is inefficient in most mammalian cells [51]. It can therefore be envisaged that following internalization of Bt BEVs into the cytosol of mammalian cells such as intestinal epithelial cells [7], BEVs could supply cells with asparaginase activity and address a shortage of aspartate to aid host cell metabolism. Our findings and that of Yao and colleagues [56] demonstrating that Bt BEVS produced in the mouse GI tract contain abundant quantities of biologically active, BT_2086-encoded, bile salt hydrolase is of potential significance for host physiology. Bile acid signaling pathways mediate insulin-resistance, obesity, lipid metabolism and systemic metabolic processes [33].

Fasting results in an increase in the relative abundance of members of the Bacteroidetes phylum irrespective of the fasting period (1-3 days) [57]. This increase can be explained by the ability of some phyla members to utilize host glycans in the absence of dietary equivalent glycans [15,58,59], which was also observed in fasting mice that are a model for multiple sclerosis [60]. These observations indicate that the survival and growth of Bt may not be adversely affected by a lack of dietary nutrients in the GI tract [57]. This may explain the small variations observed in the proteome of BEVs produced from Bt colonising the lower GI tract of fasted mice when compared to the dramatic changes observed in the proteome of BEVs produced in the low nutrient culture medium BDM. Furthermore, we did not observe an increase in host glycan-
specific and surface-exposed glycohydrolases in BEVs from fasted animals. Indeed, their abundance exhibited a downward trend (up to 2-fold) compared to their levels in BEVs from fed animals.

It is interesting to note that for all PULs the abundance of the integral membrane oligosaccharide importer SusC is increased by about fifty percent in BEVs produced under fasting conditions whereas for the other proteins belonging to the same PULs, including SusD (nutrient binding accessory protein) they are equally abundant or less abundant under fasting versus fed conditions. The glycosyl hydrolases associated to PUL systems which are preferentially packaged into BEVs [45] can provide substrates to support the growth of other bacteria in animals harbouring a conventional microbiota, conferring a “public good” function to BEVs [13, 61].

As part of this study we established the proteome profile of mammalian EVs in the mouse intestine. In comparing the abundance ratio for each protein contained in caecal EVs derived from fasted versus fed animals (Table 3), EVs produced in fasted mice contained two serine protease inhibitors (A3M and A3K serpins) with their abundance increased 5-fold and 2.7-fold, respectively. Moreover, 7 additional serpins (protease inhibition activity, InterPro family IPR000215) were identified with similar abundance in fasted and fed mice. It has been reported that high protease activity measured in the feces of patients suffering from irritable bowel syndrome correlates with a decrease in microbial diversity [62]. It is therefore tempting to speculate that the various serine protease inhibitors detected and identified in EVs produced in mice mono-colonised with Bt (submitted to Vesiclepedia, number) is a consequence of the lack of microbial diversity, and is to counteract the detrimental effect of proteases present in high abundance in the gut lumen [62] of mono-colonised mice.

We also compared the protein profile of mouse caecal EVs with that obtained from EVs of cultured human primary and metastatic colorectal cancer cells [38]. Human and mouse small intestines share many similarities in their intestinal microbial defence strategies, including production of α-defensins which are also found in EVs [35]. Mice, however, produce a unique antimicrobial peptide and member of the CRS (cryptdin-related sequences)-peptide family, not found in man [63]. We observed a 3.5-fold increase in the abundance of the CRISC-2 α-defensins in EVs produced in fasted mice. Whether a decrease in nutrient availability in the mouse intestine leads to increased expression of CRISC-2, to an increased number of the secretory Paneth cells and/or to CRISC-2 preferentially packaged into EVs still needs to be determined.

In summary our findings provide evidence for the influence of unfavourable growth conditions on BEV protein composition, and for the selective and exclusive enrichment of proteins in BEVs in vivo in the
mouse GI tract that include enzymes capable of influencing the host metabolism. Furthermore, other proteins enriched in BEVS *in vivo* are translocated more abundantly into vesicles because of higher expression in their parent cells. Further investigations are needed to evaluate the impact of selected candidates such as BSH, DPP4-like dipeptidyl-peptidase or asparaginase on host physiology. This will help further in defining determinants in BEV-host interactions playing key roles in the maintenance of intestinal metabolism and homeostasis.

**Supplemental online material**

Table S1 and Table S2.

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**Disclosure statement**

No potential conflict of interest was reported by the author.

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**Figure Legends**

**Figure 1.** Release of BEVs from the cell surface of Bt into the external milieu. The cells were grown in BHI to early stationary phase and visualised by negative staining electron microscopy.

**Figure 2.** Impact of nutrient availability on BEV structure (a) Nanoparticle tracking analysis of BEVs suspensions obtained from Bt grown in nutrient-rich (BHI) or nutrient-poor (BDM) culture media (n=3). (b) EM images of BEVs derived from Bt cells grown in complex medium BHI or defined medium BDM.

**Figure 3.** Proteomic profiles of BEVs produced in nutrient-rich and nutrient-poor media (a) Abundance ratio of each of the 1,438 proteins identified in protein profiling of BEVs obtained in BDM versus BHI. Proteins with a ratio higher than 1 are marked in red and those with a ratio below 1 are indicated in blue. (b) Proteins displaying an increased abundance (fold change >3) were categorized according to universal gene ontology (GO) annotations: Blue bars represent the total number of protein representing each category in BEVs; Orange bars represent the number of proteins of each category in BEVs that are >3 fold more abundant in BDM vs BHI. (c) Impact of growth medium on BEV proteome and parent cell transcriptome. Correlation between the abundance ratios of each of the 250 most abundant proteins (highest peptide spectrum match PSM) and the level of expression of the corresponding gene (Sonnenburg et al., 2018) identified in rich (BHI) versus minimal defined (BDM) growth media.

**Figure 4.** Structure and protein composition of BEVs produced in the mouse GIT. (a) Size distribution of extracellular vesicles produced in the caecum of germfree mice mono-colonised with Bt. The vesicles were extracted from caecal contents of mice either fed ad libitum or fasted for 16 h (n=5 ea.). (b) TEM images of vesicles extracted from the caecum of fed or fasted mice. Lower panel shows immunodetection of Bt BEVs from fed mice using an in-house generated rabbit anti-Bt OmpA antiserum and colloidal gold anti-rabbit Ig. Scale bar = 100 nm. (c) Comparison of the abundance of each of the 558 proteins identified in BEVs extracted from fasted versus fed mice. Proteins with a ratio higher than 1 are marked in red and those with a ratio below 1 are indicated in blue.

**Figure 5.** Proteins enriched in BEVs produced in the mouse GIT. The 102 proteins found to be enriched in BEVs in vivo (fold change ≥ 15, Table S2), were divided into two groups based upon comparing their levels in BEVs versus parental cells. (a) 66 proteins had a less than 5-fold increase in abundance in the parent cells in vivo (Table S2) are combined in (a), and results of the 36 proteins with a greater than 5-fold change in the parent cells in vivo (Table S2) are combined in (b). For the two groups of proteins in (a) and (b), their expression is compared to that of the mRNA expression level of the corresponding gene in cells grown in
similar conditions [29]. The impact of food withdrawal (Fasted/Fed) on the abundance of proteins in the two groups is also shown. (c) SignalP-5.0 Server at http://www.cbs.dtu.dk/services/SignalP/ was used to predict the presence of different types of signal peptides present amongst the two sets of enriched proteins. The 66 set is represented by dark blue bars and the 36 set of enriched proteins is represented by light blue bars. Sec/SPI are secretory signal peptides transported by the Sec translocon and cleaved by Signal Peptidase I; Sec/SPII are lipoprotein signal peptides transported by the Sec translocon and cleaved by Signal Peptidase II; Tat/SPI are Tat signal peptides transported by the Tat translocon and cleaved by Signal Peptidase I; “Other” are predicted secreted proteins translocated by uncharacterized secretion pathways.

**Figure 6.** Bile salt hydrolase activity in Bt and BEVs. Thin layer chromatography was used to confirm BSH activity and substrate specificity of the BSH encoded by BT_2086 present in Bt cells and BEVs obtained after growth in BHI. Cholic acid [CA], taurocholic acid [TCA] and glycocholic acid [GCA] standards were incubated with whole cells or BEVs from wild type (WT) or a Bt BSH1 deletion mutant (∆BT_2086) for 24h at 37°C after which supernatants were spotted onto a silica gel plates. The plate was inserted into a TLC chamber, run for 40 min and stained with phosphomolybdic acid.
Table 1 Enrichment of metabolites produced or utilised by the reactions catalysed by enzymes with increased abundance in BEV produced in BDMs versus BHI.

| Criterion        | Products   | Substrates | Both    |
|------------------|------------|------------|---------|
| Fold-change >= 5*| 1.5x10^-6  | 3.0x10^-1  | 1.5x10^-5 |
| q <= 0.05 (FDR)**| 1.1x10^-11 | 5.9x10^-7  | 2.3x10^-4 |

* P-values were calculated using the Gene Set Enrichment Analysis (GSEA) algorithm ** The Benjamini-Hochberg correction was used to account for multiple testing (three sets, as defined above), giving q-values at a 0.05 false discovery rate (FDR) level.
Table 2 Comparison of mouse caecal and human cancer cell EV gene ontology

| PANTHER GO-Slim Biological Process                        | Number of proteins* | % proteins vs total | % proteins vs class hits | Number of proteins* | % proteins vs total | % proteins vs class hits |
|-----------------------------------------------------------|---------------------|---------------------|--------------------------|---------------------|---------------------|--------------------------|
| Developmental process (GO:0032502)                        | 47                  | 4.50                | 2.70                     | 70                  | 6.70                | 3.70                     |
| Multicellular organismal process (GO:0032501)             | 43                  | 4.10                | 2.50                     | 54                  | 5.20                | 2.90                     |
| Cellular process (GO:0009987)                             | 410                 | 39.50               | 23.90                    | 512                 | 49.10               | 27.10                    |
| Reproduction (GO:0000003)                                 | 5                   | 0.50                | 0.30                     | 4                   | 0.40                | 0.20                     |
| Cell population proliferation (GO:0008283)                | 12                  | 1.20                | 0.70                     | 6                   | 0.60                | 0.30                     |
| Localization (GO:0051179)                                 | 170                 | 16.40               | 9.90                     | 157                 | 15.10               | 8.30                     |
| Reproductive process (GO:0022414)                         | 5                   | 0.50                | 0.30                     | 4                   | 0.40                | 0.20                     |
| Multi-organism process (GO:0051704)                       | 17                  | 1.60                | 1.00                     | 4                   | 0.40                | 0.20                     |
| Biological adhesion (GO:0022610)                          | 16                  | 1.50                | 0.90                     | 26                  | 2.50                | 1.40                     |
| Immune system process (GO:0002376)                        | 37                  | 3.60                | 2.20                     | 10                  | 1.00                | 0.50                     |
| Cellular component organization or biogenesis (GO:0071840) | 131                 | 12.60               | 7.70                     | 213                 | 20.40               | 11.30                    |
| Biological regulation (GO:0065007)                        | 230                 | 22.20               | 13.40                    | 228                 | 21.90               | 12.10                    |
| Growth (GO:0040007)                                       | 3                   | 0.30                | 0.20                     | 5                   | 0.50                | 0.30                     |
| Signaling (GO:0023052)                                    | 111                 | 10.70               | 6.50                     | 107                 | 10.30               | 5.70                     |
| Metabolic process (GO:0008152)                            | 261                 | 25.20               | 15.20                    | 294                 | 28.20               | 15.60                    |
| Pigmentation (GO:0043473)                                 | 2                   | 0.20                | 0.10                     | 2                   | 0.00                | 0.00                     |
| Response to stimulus (GO:0050896)                         | 175                 | 16.90               | 10.20                    | 151                 | 14.50               | 8.00                     |
| Rhythmic process (GO:0048511)                             | 2                   | 0.20                | 0.10                     | 1                   | 0.10                | 0.10                     |
| Locomotion (GO:0040011)                                   | 35                  | 3.40                | 2.00                     | 40                  | 3.80                | 2.10                     |

*The number of proteins from a category noticeably increased or decreased is indicated in red and blue, respectively.
Table 3 Differently abundant proteins in EVs from the caecum of fasted versus fed mice

| Accession | Description | Ratio: (S) / (NS)* | T-test | Protein Class |
|-----------|-------------|-------------------|--------|---------------|
| **Increased abundance in fasted mice** | | | | |
| Q03734    | Serine protease inhibitor A3M | 5.01 | 0.013575 | Protease inhibitor |
| Q5ERJ0    | CRS1C-2 alpha-defensin | 3.47 | 0.007428 | Defensin |
| Q9CPY7    | Cytosol aminopeptidase Lap3 | 2.79 | 0.047037 | Aminopeptidase |
| A0AOR4J0I1| Serine protease inhibitor A3K | 2.682 | 0.03133 | Protease inhibitor |
| Q00898    | Alpha-1-antitrypsin 1-5 | 2.117 | 0.010164 | Protease inhibitor |
| Q9CYL5    | Golgi-associated plant pathogenesis-related protein 1 | 2.014 | 0.022046 | Transport |
| Q8R000    | Organic solute transporter subunit alpha | 2.01 | 0.017694 | |
| **Decreased abundance in fasted mice** | | | | |
| E9Q7Q0    | Mucin-4 | 0.499 | 0.001219 | Cell-matrix adhesion |
| I6L0958   | Igk protein | 0.498 | 0.023509 | Immunoglobulin |
| P02816    | Prolactin-inducible protein homolog | 0.489 | 0.01436 | |
| E9Q035    | Uncharacterized protein | 0.47 | 0.012476 | Transport/CARRIER |
| B1AWC9    | Phosphodiesterase | 0.463 | 0.033889 | Phosphodiesterase |
| Q7TQD7    | Myo1b protein | 0.46 | 0.030377 | Actin-binding Peptidase |
| B2RS76    | Carboxypeptidase B1 (Tissue) | 0.437 | 2.29E-05 | Protein-binding activity modulator |
| Q9CQC2    | Colipase | 0.437 | 0.001193 | |
| Q9D2R0    | Acetoacetyl-CoA synthetase | 0.434 | 0.007679 | Ligase |
| Q64444    | Carbonic anhydrase 4 | 0.422 | 0.000349 | Lyase |
| Q4FJZ7    | Ada protein | 0.41 | 0.000154 | Deaminase |
| L7N2D7    | Uncharacterized protein | 0.408 | 0.020565 | |
| P00688    | Pancreatic alpha-amyrase | 0.4 | 0.000298 | Amylase |
| B2RTM0    | Histone H4 | 0.383 | 0.01015 | Metalloprotease |
| Q683Y7    | Immunoglobulin heavy chain variable region (Fragment) | 0.323 | 0.017091 | Immunoglobulin |
| A0A075B677| Immunoglobulin kappa variable 4-53 | 0.322 | 2.75E-05 | Immunoglobulin |
| Q9Z0Y2    | Phospholipase A2 | 0.273 | 0.001599 | Phospholipase |
| O88952    | Protein Lin-7 homolog C | 0.268 | 0.004373 | Cell junction |
| Q6P8U6    | Pancreatic triacylglycerol lipase | 0.255 | 0.000247 | Lipase |

- Ratios > 2 or < 0.5
Figure 1

Release of BEVs from the cell surface of Bt into the external milieu. The cells were grown in BHI to early stationary phase and visualised by negative staining electron microscopy.
Figure 2

Impact of nutrient availability on BEV structure (a) Nanoparticle tracking analysis of BEVs suspensions obtained from Bt grown in nutrient-rich (BHI) or nutrient-poor (BDM) culture media (n=3). (b) EM images of BEVs derived from Bt cells grown in complex medium BHI or defined medium BDM.
Proteomic profiles of BEVs produced in nutrient-rich and nutrient-poor media (a) Abundance ratio of each of the 1,438 proteins identified in protein profiling of BEVs obtained in BDM versus BHI. Proteins with a ratio higher than 1 are marked in red and those with a ratio below 1 are indicated in blue. (b) Proteins displaying an increased abundance (fold change >3) were categorized according to universal gene ontology (GO) annotations: Blue bars represent the total number of protein representing each category in BEVs: Orange bars represent the number of proteins of each category in BEVs that are >3 fold more abundant in BDM vs BHI. (c) Impact of growth medium on BEV proteome and parent cell transcriptome. Correlation between the abundance ratios of each of the 250 most abundant proteins (highest peptide spectrum match PSM) and the level of expression of the corresponding gene (Sonnenburg et al., 2018) identified in rich (BHI) versus minimal defined (BDM) growth media.
Figure 4

Structure and protein composition of BEVs produced in the mouse GIT. (a) Size distribution of extracellular vesicles produced in the caecum of germfree mice mono-colonised with Bt. The vesicles were extracted from caecal contents of mice either fed ad libitum or fasted for 16 h (n=5 ea.). (b) TEM images of vesicles extracted from the caecum of fed or fasted mice. Lower panel shows immunodetection of Bt BEVs from fed mice using an in-house generated rabbit anti-Bt OmpA antiserum and colloidal gold anti-rabbit Ig. Scale bar = 100 nm. (c) Comparison of the abundance of each of the 558 proteins identified in BEVs extracted from fasted versus fed mice. Proteins with a ratio higher than 1 are marked in red and those with a ratio below 1 are indicated in blue.
Proteins enriched in BEVs produced in the mouse GIT. The 102 proteins found to be enriched in BEVs in vivo (fold change ≥ 15, Table S2), were divided into two groups based upon comparing their levels in BEVs versus parental cells. (a) 66 proteins had a less than 5-fold increase in abundance in the parent cells in vivo (Table S2) are combined in (a), and results of the 36 proteins with a greater than 5-fold change in the parent cells in vivo (Table S2) are combined in (b). For the two groups of proteins in (a) and (b), their expression is compared to that of the mRNA expression level of the corresponding gene in cells grown in similar conditions [29]. The impact of food withdrawal (Fasted/Fed) on the abundance of proteins in the two groups is also shown. (c) SignalP-5.0 Server at http://www.cbs.dtu.dk/services/SignalP/ was used to predict the presence of different types of signal peptides present amongst the two sets of enriched proteins. The 66 set is represented by dark blue bars and the 36 set of enriched proteins is represented by light blue bars. Sec/SPI are secretory signal peptides transported by the Sec translocon and cleaved by Signal Peptidase I; Sec/SPII are lipoprotein signal peptides transported by the Sec translocon and cleaved by Signal Peptidase II; Tat/SPI are Tat signal peptides transported by the Tat translocon and cleaved by Signal Peptidase I; “Other” are predicted secreted proteins translocated by uncharacterized secretion pathways.
Figure 6

Bile salt hydrolase activity in Bt and BEVs. Thin layer chromatography was used to confirm BSH activity and substrate specificity of the BSH encoded by BT_2086 present in Bt cells and BEVs obtained after growth in BHI. Cholic acid [CA], taurocholic acid [TCA] and glycocholic acid [GCA] standards were incubated with whole cells or BEVs from wild type (WT) or a Bt BSH1 deletion mutant (∆BT_2086) for 24h at 37oC after which supernatants were spotted onto a silica gel plates. The plate was inserted into a TLC chamber, run for 40 min and stained with phosphomolybdic acid.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- TableS1.pdf
- TableS2RGS.xlsx