Pretreatment of Whole Blood for Use in Immunochromatographic Assays for Hepatitis B Virus Surface Antigen

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Immunochromatographic assays (ICAs) are also referred to as rapid tests, since they are simple and the results can be obtained within minutes after manually loading a few drops of a sample into each sample well of the test device. However, whole blood cannot be tested with ICA kits due to the visual hindrance caused by the color of red blood cells (RBCs), unless a cell-removing device such as a filter is mounted on the kits. Thus, in order to perform ICA with whole blood, it is necessary to coagulate and separate whole blood before preparing the serum. To overcome this limitation, whole-blood samples were added to a pretreatment solution to decolor the RBCs; the resulting mixtures were then loaded into the sample wells of the test device. The pretreating solution was composed of hydrogen peroxide (H2O2) to decolor the RBCs, Sag 471 (Osi Specialties) to restrain the mixture from vigorous foaming, sodium azide (NaN3) to inhibit the enzyme, which generates excessive foam at the beginning of decolorization, and EDTA as a chelating agent. As a result of this pretreatment, whole blood could be used with the ICA kit without reducing its simplicity and rapidity.

**Materials and Methods**

**ICA Kit.** There are two major components in an ICA kit. One is a piece of 8-μm pore-size NC membrane (Schleicher & Schuell, Dassel, Germany) which has two invisible lines on its surface, and the other is a piece of glass fiber filter containing monoclonal anti-HBs conjugated to colloidal gold particles 40 nm in diameter, which are deposited in a dry state on the surface and applied to the bottom of the membrane. Accordingly, two kinds of antibodies were separately immobilized on each line of the NC membrane. Each of them formed a separate line; that is, the horse anti-HBs (Fitzgerald) was applied on the lower part, and the goat anti-mouse immunoglobulin G (Jackson ImmunoResearch) was applied on the upper part (17). The gold particles were prepared using Frens’ method (1). In brief, 6 μg of monoclonal anti-HBs was added to 1 ml of a gold particle suspension and mixed gently for 10 min. This antibody-gold particle conjugate was then blocked with bovine serum albumin (Sigma, St. Louis, Mo.) for 10 min, collected by centrifugation (11,000 × g for 1 h at 4°C), and washed twice with 50 mM Tris-HCl buffer (pH 8.0) containing 0.1% bovine serum albumin and 0.1% polyethylene glycol (Sigma). Finally, the conjugate was resuspended in the same buffer, and the A500 of the working suspension was adjusted to 5.0. A sheet of glass fiber filter was soaked in the conjugate suspension and dried at 37°C for 3 h. A 200-μl serum sample was added to the sample well, which reconstituted the monoclonal anti-HBs-gold particle conjugates deposited in a dry state on the surface of the glass fiber filter; the conjugate combined with the HBsAg in the serum. After 5 min, the assay result was visible through the window; that is, the HBsAg-anti-HBs-gold particle complexes appear as a maroon line on the lower part (17). The gold particles were prepared using Frens’ method (1). In brief, 6 μg of monoclonal anti-HBs was added to 1 ml of a gold particle suspension and mixed gently for 10 min. This antibody-gold particle conjugate was then blocked with bovine serum albumin (Sigma, St. Louis, Mo.) for 10 min, collected by centrifugation (11,000 × g for 1 h at 4°C), and washed twice with 50 mM Tris-HCl buffer (pH 8.0) containing 0.1% bovine serum albumin and 0.1% polyethylene glycol (Sigma). Finally, the conjugate was resuspended in the same buffer, and the A500 of the working suspension was adjusted to 5.0. A sheet of glass fiber filter was soaked in the conjugate suspension and dried at 37°C for 3 h. A 200-μl serum sample was added to the sample well, which reconstituted the monoclonal anti-HBs-gold particle conjugates deposited in a dry state on the surface of the glass fiber filter; the conjugate combined with the HBsAg in the serum. After 5 min, the assay result was visible through the window; that is, the HBsAg-anti-HBs-gold particle complexes appear as a maroon line on the lower part of the NC membrane. Another maroon line in the system control area should also appear to ensure that the test result is valid (Fig. 1).

**Selection and determination of decolorant.** In order to eliminate the color of the RBCs, whole blood was treated with phosphate-buffered saline (PBS) containing 3% H2O2 (Wako, Osaka, Japan), NaOCl (Allrich, Milwaukee, Wis.), or KMnO4 (Sigma). A H2O2 solution (3%) was twofold serially diluted in PBS to prepare 1.5, 0.75, 0.375, 0.188, 0.094, 0.047, 0.023, 0.012, and 0.006% H2O2 solutions. Whole blood (10 μl) was added to 190 μl of each dilution; the mixture

**Discussion**

In order to resolve these problems, an attempt was made to remove the color from RBCs by adding a whole-blood sample to a decoloring solution and then selecting additional components to facilitate the decoloring reaction. Our results demonstrated that whole blood could be applied in an ICA kit without reducing the test’s simplicity or rapidity, when the blood was first decolored with a pretreatment solution.
containing 190 μl of whole blood was added to tubes to observe the effect on the decolorizing activity. All of the specimens and reagent solutions were heated or cooled to 8°C, respectively, composed of PBS, 1.5% H₂O₂, 0.03% Sag 471, 0.05% NaN₃, and 5 mM EDTA. The effect on the decoloring activity was observed.

**Effect of anticoagulant on decoloring activity.** To examine the effects of certain anticoagulants on the decolorizing activity of the decoloring solution, Eppendorf tubes were treated with heparin (178 U/mg Sigma), 0.1 M EDTA (Sigma), and 1.0 M citrate buffer (pH 7.2). Whole blood was collected into the tubes from the tail veins of BALB/c mice anesthetized by inhalant methoxyflurane (Metofane, Mallinckrodt Veterinary, Inc., St. Louis, Mo.). Ten microliters of whole blood was added to 190 μl of the decoloring solution. The resulting decoloring activity was observed.

**Determination of sample amount.** In order to determine the optimum amount of whole blood to apply, various amounts of whole blood (10, 20, 30, and 40 μl) were added into 190, 180, 170, and 160 μl of the pretreatment solution, respectively, composed of PBS, 1.5% H₂O₂, 0.03% Sag 471, 0.05% NaN₃, and 5 mM EDTA. The effect on the decoloring activity was then observed.

**RESULTS**

**Selection and determination of decolorant.** When 10 μl of whole blood was added to 190-μl solutions of PBS containing either 3% H₂O₂, 0.01 M NaOCl, or 0.01 M KMnO₄, the blood treated with the H₂O₂ solution was decolored with vigorous foaming. This allowed the blood to mix with the decoloring solution rapidly without any agitation, plus the red color of the RBCs was quickly changed to dark brown initially and finally became white within a minute. The blood added to the NaOCl and the KMnO₄ solutions sank to the bottom, and the color slowly changed to dark brown after agitation.

The blood cells were not disrupted but changed morphologically after decolorization. The morphology of the RBCs after discolorization with H₂O₂ was somewhat changed when compared with that of untreated RBCs (Fig. 2). The latter were smooth; however, the former had many spots on their surfaces. Figure 3 shows the scanning properties of the untreated and a sample well of the ICA kit at the corresponding temperature. Based on the time required to obtain a result and the degree of decolorization, the optimum reaction temperature was determined.

**Inhibition of catalytic enzyme.** When taking account of temperature sensitivity and heat inactivability, it was estimated that at least two kinds of enzymes are involved in the decoloring reaction and that, if the appropriate enzyme inhibitor(s) were added to the reaction mixture, this inhibitor could restrain the mixture from vigorous foaming during the initial stage of RBC decolorization. Accordingly, NaN₃ (Sigma) was applied to inhibit the catalase (14) that generates O₂ from H₂O₂. NaN₃ (0.05%)–1.5% H₂O₂ in PBS was diluted with additional PBS containing 1.5% H₂O₂ using the twofold serial dilution method, and the resulting NaN₃ concentrations of each solution were 0.05, 0.025, 0.0125, 0.006, 0.003, 0.0016, 0.0008, 0.0004, and 0.0002%. Ten microliters of whole blood was added to 190 μl of each solution to observe the effect on the decoloring and antifoaming activities.

**VALUES**

| NaN₃ Concentration (%) | Decoloring Activity |
|------------------------|---------------------|
| 0.05                   | Good                |
| 0.025                  | Excellent           |
| 0.0125                 | Excellent           |
| 0.006                  | Excellent           |
| 0.003                  | Excellent           |
| 0.0016                 | Excellent           |
| 0.0008                 | Excellent           |
| 0.0004                 | Excellent           |
| 0.0002%               | Excellent           |

**FIG. 3.** The scanning properties of untreated and treated whole blood. A: Untreated whole blood. B: Whole blood treated with 1.5% H₂O₂ and NaN₃ (0.05%). Magnification, ×100.
the decolored blood suspensions. The absorbency of the decolored suspension was markedly reduced between 520 and 600 nm, yet it was somewhat increased between 300 and 320 nm, compared with that of the untreated suspension.

The decoloring reaction was dependent on the concentration of the H2O2 in the decoloring solution (Fig. 4). The color of RBCs on the sample pad was completely changed to white for concentrations of greater than 1% H2O2 (Fig. 4b and c); however, there was no change in color with concentrations of less than 0.1% H2O2 (Fig. 4g, h, i, j, and k). The degree of decoloration was dependent on the H2O2 concentration, and this was clearly exhibited on the sample pads under the NC membranes. The strips showed good results even though the decoloration was not enough to become white between the two concentrations (0.1 to ~1%). The color of the blood sample pretreated with 0.75% H2O2 was close to white (Fig. 4d), whereas that pretreated with 0.38% H2O2 was brown (Fig. 4e) and that pretreated with 0.2% H2O2 was red (Fig. 4f). Therefore, the proper concentration of H2O2 in the decoloring solution was determined to be 1.5% when pretreating 10 μl of whole blood with 190 μl of the decoloring solution.

Selection and determination of antifoam. Ten microliters of a mixture containing 5% Sag 471 in either PBS, isopropyl alcohol, or polypropylene glycol was added to the decoloring solution (1.5% H2O2 in PBS), and then 10 μl of whole blood was added to 190 μl of each of these solutions to observe and compare the antifoaming effects. As soon as the whole blood was added to the tubes containing the decoloring solution and each antifoam, foams initially were vigorously generated, yet most of them disappeared quite quickly. This effect was particularly rapid in the tubes containing Sag 471 in PBS and in polypropylene glycol, whereas it occurred more slowly in the tube with isopropyl alcohol. When the sample mixtures were loaded into each sample well of the ICA kit, these antifoams somewhat retarded the developing rate of the sample, comparing with Sag 471. Therefore, Sag 471 was selected as the most suitable antifoaming agent for the ICA kit.

When 10 μl of whole blood was added to 190 μl of the decoloring solution containing 0.25, 0.125, 0.062, 0.031, 0.016, 0.008, 0.004, 0.002, or 0.001% Sag 471, RBCs were slightly lysed in the tubes containing more than 0.1% Sag 471 (Fig. 5b and c), which resulted in the staining of the NC membrane; however, there was no visual hindrance with low concentrations (d, e, f, g, h, i, and j).

Decoloring effect on hemolyzed or inactivated blood and temperature dependency. When 10 μl of intact whole or lysed blood was added to tubes containing 190 μl of the pretreatment solution, the color of the RBCs rapidly, i.e., within a minute, changed from red to dark brown and finally to white with mild foaming; however, for heat-inactivated blood no foam was generated, and there was no color change. Accordingly, it would seem that there is an active component(s) in RBCs which is related to decolorization and foaming.
When 10 μl of whole blood was added to each tube containing 190 μl of pretreatment solution at room temperature or 37°C, the color of the RBCs rapidly changed from red to dark brown and finally to white with mild foaming; however, at 8°C very little foam was generated, and the color change was very slow from red to dark brown. Accordingly, it would seem that the active component(s) in RBCs is an enzyme(s), based on the heat-labile and temperature-sensitive characteristics of the reaction.

**Inhibition of catalytic enzyme.** When 10 μl of whole blood was added to 190 μl of the pretreatment solution (1.5% H₂O₂ and 0.016% Sag 471 in PBS) containing 0.05, 0.025, 0.012, 0.006, 0.003, 0.0015, 0.0008, 0.0004, or 0.0002% NaN₃, the foaming was immediately and remarkably reduced; however, the color completely changed to white in all of the tubes with the same rapidity as previously. NaN₃ inhibited the catalase in a broad range of concentrations, although the RBCs were more slowly decolorized in the tubes containing more than 0.02% NaN₃. It would seem that almost all of the enzyme was inhibited, and this prevented the generation of OH⁻ that bleaches the heme at concentrations of NaN₃ greater than 0.02%, whereas the catalase was partially inhibited at concentrations of NaN₃ less than 0.02%. However, when these pretreated whole blood samples were loaded into each sample well of an ICA kit, the individual samples did not develop and stay in the sample wells, since NaN₃ couldn’t inhibit the catalase so completely that small amounts of foams would be generated and block the micropores of the NC membrane which the sample should move through (Fig. 6B). This blocking was resolved by including 0.016% Sag 471 in the solutions (Fig. 6A). Sag 471 restrained the foaming and helped the mixture to pass through the pores of the membrane. We determined that 0.003% is the optimum concentration of NaN₃ for pretreating 10 μl of whole blood with 190 μl of the pretreatment solution so that excessive foaming is prevented in the reaction mixture at the beginning of the decolorizing reaction. At this NaN₃ concentration, the developing patterns and signals on each membrane were more visible than the patterns and signals at other NaN₃ concentrations, even though they were almost identical.

**Effect of anticoagulant on decoloring activity.** When 10 μl of whole blood treated with one or two kinds of anticoagulants was added to tubes containing 190 μl of the pretreatment solution, the color of the RBCs treated with EDTA changed a little more rapidly from red to dark brown and finally to white with mild foaming than there in blood treated with citrate or heparin, regardless of the presence of other anticoagulants. It was believed that the EDTA enhanced the release of iron ions by chelating with them and thereby reducing the concentration of free iron ions. Consequently, the optimum composition of the pretreatment solution was determined to be 1.5% H₂O₂, 0.016% Sag 471, 0.003% NaN₃, and 5 mM EDTA in PBS.

**Determination of sample amount.** When different volumes (10, 20, 30, and 40 μl, respectively) of blood samples were added to 190, 180, 170, and 160 μl of the pretreatment solution (resulting in 1:20 to 1:5 dilutions of blood), the RBCs were sufficiently decolorized that the results could be read without any visual hindrance, even when the cells were not fully decolored on the sample pad loaded with 40 μl of whole blood (Fig. 5a through d). As shown in Fig. 5, when the volume of blood sample added to the pretreatment solution decreased the general degree of decolorization increased (Fig. 6A). This effect was also seen when the whole blood was pretreated with 1.5% H₂O₂ and 0.003% NaN₃ in PBS (Fig. 6B) or with 1.5% H₂O₂ and 0.016% Sag 471 in PBS (Fig. 6C); however, the decoloring effect of 1.5% H₂O₂ and 0.003% NaN₃ in PBS was strong throughout the whole range of blood volumes, whereas that of 1.5% H₂O₂ and 0.016% Sag 471 in PBS was evident only for a narrow range of blood volumes (<20 μl of whole blood). With each additional 10 μl of blood (Fig. 6A through C, lanes a), the decoloring effect of Sag 471 on the RBCs was further reduced, yet this effect was somewhat recovered by the addition of NaN₃ (Fig. 6A, lane a).

**DISCUSSION**

NaOCl seemed to be a weaker bleaching agent than H₂O₂, in contrast to the result of Iakutova et al. (4), because the RBCs had no enzymes to decompose the NaOCl; therefore, the NaOCl needed more time to move to the center, depending on the gradient, compared with the H₂O₂, although NaOCl was more efficient than H₂O₂ (4).
was mainly the gradient of the H$_2$O$_2$ concentration. The catalase and superoxide dismutase in the RBCs was changed after treatment with H$_2$O$_2$. There were many sporadic lumps on the membrane of the treated cells.

Sadrzadeh et al. (12) emphasized that the addition of H$_2$O$_2$ to Hb results in the decomposition of H$_2$O$_2$, the generation of a hydroxy radical (OH$^-$), and the oxidation of Hb to methemoglobin (metHb) due to the reaction between the ferrous heme ion and H$_2$O$_2$. Titov et al. (18) reported that oxy-Hb is oxidized to metHb with a low concentration (10$^{-7}$ M) of H$_2$O$_2$, and Puppo and Halliwell (11) stated that an excess of H$_2$O$_2$ degrades metHb, thereby releasing iron ions that react with H$_2$O$_2$ to form a species that appears to be OH$^-$.

It is therefore metHb that brings out the dark color (5), which can be discriminated from red oxy-Hb by this color difference. It was observed that the RBCs were discolored to a dark brown with the initial addition of H$_2$O$_2$ and then gradually changed to white. It would appear that H$_2$O$_2$ was able to move across the membrane (15); however, since the concentration of H$_2$O$_2$ at the beginning was low, the RBCs were oxidized to Met-Hb and discolored to dark brown; subsequently as the H$_2$O$_2$ concentration increased in the RBCs and the excess H$_2$O$_2$ degraded the Met-Hb, the released iron ions caused the RBCs to be decolored.

There have been various reports concerning the release of the iron ion from heme. Harel et al. (3) reported that the iron ion can be released from metmyoglobin, Met-Hb, and cytochrome c by the addition of H$_2$O$_2$. Mehlhorn and Gomez (10) reported that the oxidants arising from the reaction of the heme proteins with hydroperoxides oxidatively cleave the porphyrin ring, resulting in the release of iron ions and the bleaching of metmyoglobin. Karuzina and Bachmanova (6) reported that the H$_2$O$_2$ in the hemoprotein active center interacts with iron ions, thereby generating the OH$^-$ that bleaches the heme. In this study the added H$_2$O$_2$ was able to move across the membrane and reach the active center, and the driving force was mainly the gradient of the H$_2$O$_2$ concentration. The catalase in the cell then decomposed H$_2$O$_2$ into H$_2$O and O$_2$; therefore, the gradient stayed high, and the H$_2$O$_2$ continue to move quickly towards the active center.

Sag 471 is used in industry to restrain culture broths from foaming during production of antibiotics by bacterial or fungal fermentation, and it is included as a component in the culture medium from the start. The manufacturer (Osi Specialties) emphasizes that it be a kind of silicone antifoam compound and suggests a starting concentration of 10 to 200 ppm. The effective concentration in this study (0.016%) was 160 ppm, which is within the recommended range.

The combination of decolored blood with an ICA kit has many advantages compared with using serum. First, an ICA kit can be used on the spot because there is no need for the machines and additional time to prepare serum. This advantage can help first-aid personnel safely to treat wounds at an accident location after checking for infectious diseases and the presence of drugs with the appropriate ICA kit. Next, this method minimizes the risk of inadvertent infection during sample treatment because it reduces the processes required to prepare serum and the possibility of exposure to infectious agents. Therefore, this method of applying whole blood to an ICA kit after decoloring the blood sample with a pretreatment solution comprising 1.5% H$_2$O$_2$, 0.016% Sag 471, 0.003% NaN$_3$, and 5 mM EDTA in PBS is very convenient.

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