Sequences of regressions and their independences

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ABSTRACT: Ordered sequences of univariate or multivariate regressions provide statistical models for analysing data from randomized, possibly sequential interventions, from cohort or multi-wave panel studies, but also from cross-sectional or retrospective studies. Conditional independences are captured by what we name regression graphs, provided the generated distribution shares some properties with a joint Gaussian distribution. Regression graphs extend purely directed, acyclic graphs by two types of undirected graph, one type for components of joint responses and the other for components of the context vector variable. We review the special features and the history of regression graphs, derive criteria to read all implied independences of a regression graph and prove criteria for Markov equivalence that is to judge whether two different graphs imply the same set of independence statements. Knowledge of Markov equivalence provides alternative interpretations of a given sequence of regressions, is essential for machine learning strategies and permits to use the simple graphical criteria of regression graphs on graphs for which the corresponding criteria are in general more complex. Under the known conditions that a Markov equivalent directed acyclic graph exists for any given regression graph, we give a polynomial time algorithm to find one such graph.

Key words: Chain graphs, Concentration graphs, Covariance graphs, Graphical Markov models, Independence graphs, Intervention models, Labeled trees, Lattice conditional independence models, Structural equation models.

1 Introduction

A common framework to model, analyse and interpret data for several, partially ordered joint or single responses is a sequence of multivariate or univariate regressions. Each response is to be generated by a set of its regressors, called its directly explanatory variables. Based on statistical analyses, one is to decide which of the variables in the
past are needed for this. Thus, for each response, a first ordering determines what is in its past, hence potentially explanatory, and what is in its future, hence never directly explanatory. Furthermore, no variable is taken to be explanatory for itself.

Corresponding regression graphs consist of nodes and of edges coupling distinct nodes. The nodes represent the variables and the edges stand for conditional associations, directed or undirected. The directly explanatory variables for an individual response variable \( Y_i \) show in the graph as the set of nodes from which arrows start and point to node \( i \). These nodes are commonly named the parents of node \( i \).

Every missing edge corresponds to a conditional independence constraint. Edges are arrows for directed associations and lines for undirected associations among variables on equal standing, that is among components of joint responses or context variables. A given regression graph often reflects a particular type of study which may be a simple experiment, a more complex intervention or an observational study.

One of the common features of pure experiments and of sequences of interventions with randomized, proportional allocation of individuals to treatments, is that, by study design, some variables can be regarded to act just like independent random variables. For instance, in an experiment with proportional numbers of individuals assigned randomly to each level combination of several experimental conditions, the set of explanatory variables contains no edge in the corresponding regression graph, reflecting a situation of mutual independence. Similarly, with fully randomized interventions, each treatment variable has exclusively arrows starting from its node but no incoming arrow. After statistical analysis, some conditional independences may be appropriate additional simplifications which show as further missing edges.

Sequences of interventions give a time ordering for some of the variables. A time order is also present in cohort or multi-wave panel studies and in retrospective studies which focus on investigating effects of variables at one fixed time point in the past, without the chance of intervening. By contrast, in a strictly cross-sectional study, in which observations for all variables are obtained at the same time, any particular variable ordering is only assumed rather than implied by actual time.

The node set is at the planning stage of empirical studies ordered into ordered sequences of single or joint responses, \( Y_a, Y_b, Y_c \ldots \) that we call blocks of variables on equal standing and draw them in figures as boxes. This determines for the following statistical analyses that within each block, there are undirected edges and between blocks there are directed edges, the arrows. The first block on the left contains the primary responses of \( Y_a \) and the last block on the right contains context variables, also named the background variables. After statistical analyses, arrows may start from nodes within any block but always end at a node in one of the blocks in the future.
Thus, there are no arrows pointing to context variables and all arrows point in the same direction, from left to right. An intermediate variable is a response to some variables and also explanatory for other variables so that it has both incoming and outgoing arrows in the regression graph.

As an example, we take data from a retrospective study with 283 adult females answering questions about their childhood; see Hardt et al. (2008) when visiting their general practitioner, mostly for some minor health problems. A well-fitting graph is shown in Figure 1. It contains two binary variables, \( A, B \) and six quantitative variables. Except for the directly recorded feature age in years, all other variables are derived from answers to questionnaires, coded so that high values correspond to high scores.

The three blocks \( a, b, c \) reflect here a time-ordering of vector variables, \( Y_a, Y_b, Y_c \) with \( Y_a \) representing the joint response of primary interest, \( Y_b \) an intermediate vector variable and \( Y_c \) a context vector variable. The three individual components of the primary response \( Y_a \) are different aspects of how the respondent recollects aspects of her relationship to the mother. The intermediate variable \( Y_b \) has two components which reflect severe distress during childhood. The three components of the context variable \( Y_c \) capture background information about the respondent and about her family.

The graph of Figure 1, derived after statistical analyses, shows among other independences that \( Y_a \) is conditionally independent of \( Y_c \) given \( Y_b \), written compactly in terms of sets of nodes as \( a \perp \perp c | b \). None of the components of \( Y_c \) has an arrow pointing directly to a component of \( Y_a \), but sequences of arrows lead indirectly from \( c \) to \( a \) via \( b \).

Figure 1: A well-fitting regression graph for data on \( n = 283 \) adult females; within boxes are \( Y_a, Y_b, Y_c \); corresponding ordered partitioning of the node set on top of the boxes.

This just says that prediction of \( Y_a \) is not improved by knowing the context variable \( Y_c \) if information on the more recent intermediate variable \( Y_b \) is available. More interpretations of the independences are given later. When the edges present represent substantial associations, the graph may also be viewed as a research hypothesis, the goodness-of-fit
of which can be tested in future studies; see Wermuth and Lauritzen (1990).

Two models are Markov equivalent whenever their associated graphs capture the same independence structure, that is the graphs lead to the same set of implied independence statements. Markov equivalent models cannot be distinguished on the basis of statistical goodness-of-fit tests for any given set of data. This may pose a problem in machine learning contexts. More precisely, knowledge about Markov equivalent models is essential for designing search procedures which converge with an increasing sample size to a true generating graph; see Castelo and Kocka (2003) for searches within the class of directed acyclic graphs which consist exclusively of arrows and capture independences of ordered sequences in single response regressions.

More importantly though, Markov equivalent models may offer alternative interpretations of a given well-fitting model or open the possibility of using different types of fitting algorithms. As we shall see in Section 7, the graph for nodes $A, R, B, P, Q$ in blocks $b$ and $c$ of Figure 1 is Markov equivalent to both graphs of Figure 2.

Figure 2: Two Markov equivalent graphs to the one of $Y_b, Y_c$ of Figure 1.

From knowing the Markov equivalence to the graph in Figure 2a), the joint response model for $Y_b$ given $Y_a$ may also be fitted in terms of univariate regressions and from the Markov equivalence to the graph in Figure 2b), one knows for instance directly, using Proposition 1 below, that sexual abuse is independent of age and schooling given knowledge about family distress and family status.

Regression graphs are a subclass of the maximal ancestral graphs of Richardson and Spirtes (2002) and these are a subclass of the summary graphs of Wermuth (2011). The two types are called corresponding graphs if they result after marginalising over a node set $m$ and conditioning on a disjoint node set $c$ from a given directed acyclic graph. Both are independence-preserving graphs in the sense that they give the independence structure implied by the generating graph for the remaining nodes. The summary graph permits in addition to trace possible distortions of generating dependences as they arise in conditional associations among the remaining variables, for instance in parameters of the maximal ancestral graph models.

In the following Section 2, we introduce further concepts and the notation needed to state at the end of Section 2, some of the main results of the paper and related results.
in the literature. In Section 3, a well-fitting regression graph is derived for data of chronic pain patients. Sections 4, 5 and 6 may be skipped if one wants to turn directly to formal definitions, new results and proofs in Section 7. Section 4 reviews linear recursion relations that are mimicked by graphs and lead to the standard and to special ways of combining probability statements, summarized here in Section 5. In Section 6, some of the previous results in the literature for graphs and for Markov equivalences are highlighted. The Appendix contains details of the regressions analyses in Section 3.

2 Some further concepts and notation

Figure 3 shows five ordered blocks, to introduce the notion of connected components of the graph to represent conditionally independent responses given their common past.

```
a  b  c  d  e
Y_a Y_b Y_c Y_d Y_e
```

Primary responses Intermediate variables Intermediate variables Intermediate variables Context variables

In the example of a regression graph in Figure 4 corresponding to Figure 3, $Y_a$ is a single response, $Y_b$ has two component variables, both of $Y_c$ and $Y_e$ have four and $Y_d$ has three. Each of the blocks $b$ to $e$ shows two stacked boxes, that is subsets of nodes without any undirected edge joining them. This indicates that disconnected components of a given vector variable are conditionally independent given their past.

Figure 3: A typical first ordering: here of five vector variables, $Y_a, \ldots Y_e$: primary response $Y_a$ listed on the left, context variable $Y_e$ on the right, intermediate variables in between.

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```
a  b  c  d  e
\{g_1\} \{g_2, g_3\} \{g_4, g_5\} \{g_6, g_7\} \{g_8, g_9\}
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Figure 4: A regression graph for 14 variables corresponding to blocks $a$ to $e$ of Figure 3.
Graphs with dashed lines are **covariance graphs denoted by** $G^N_{\text{cov}}$, those with full lines are **concentration graphs denoted by** $G^N_{\text{con}}$; see Wermuth and Cox (1998). The names are to remind one of their parametrisation in **regular joint Gaussian distributions**, in which the covariance matrix is invertible and gives the **concentration matrix**. A zero $ik$-element in $G^N_{\text{cov}}$ means $i \perp \perp k$ and a zero $ik$-element in $G^N_{\text{con}}$ means $i \perp \perp k \setminus \{1, \ldots, d\} \setminus \{i, k\}$; see Wermuth (1976a) or Cox and Wermuth (1996), Section 3.4.

The regression graph of Figure 4 is consistent with the first ordering in Figure 3 since there are no edges or only lines, i.e. undirected edges, within blocks $a$ to $e$. After statistical analysis, blocks of the first ordering are often subdivided into the connected components of the graph, $g_j$, shown here in Figure 4 with the help of the stacked boxes. For several nodes in $g_j$, each pair of nodes is connected by at least one **path** within $g_j$, that is via a sequence of edges coupling distinct nodes.

For a regression graph, the **connected components** $g_j$, for $j = 1, \ldots, J$, are the disconnected, undirected graphs that remain after removing all arrows from the graph. Thus, the displayed, stacked boxes in Figure 4 are just a visual aid. **Dashed lines** are for joint responses within $g_1, \ldots, g_r$, say. **Full lines** are for context variables within $g_{r+1}, \ldots, g_J$. The regression graph is **complete** if every node pair is coupled. In this case, the model is **saturated** as it is unconstrained for some given family of distributions.

For any one block of stacked boxes, different orderings are possible. If each arrow that starts at a node in any $g_j$ points to a node in $g_1, \ldots, g_{j-1}$, but never to a node in $g_{j+1} = g_{j+1} \cup \cdots \cup g_J$, then we speak of a **compatible ordering**.

Let $g_1, \ldots, g_J$ denote any compatible ordering of the connected components of $G^N_{\text{reg}}$, then a corresponding joint density factorises as

$$f_N = \prod_{j=1}^J f_{g_j|g_{>j}}. \quad (1)$$

The meaning of a missing edge for node pair $i, k$ in $G^N_{\text{reg}}$ is

$$(i) \quad i \perp \perp k|g_{>j} \quad \text{for } i, k \text{ both in } g_j, \quad j = 1, \ldots, r,$$

$$(ii) \quad i \perp \perp k|g_{>r} \setminus \{i, k\} \quad \text{for } i, k \text{ both in } g_{>r}, \quad (2)$$

$$(iii) \quad i \perp \perp k|g_{>j} \setminus \{k\} \quad \text{for } i \text{ in } g_j \text{ with } j \leq r \text{ and } k \text{ in } g_{>j}.$$

Notice that only for context variables, conditioning is on variables within the same connected component while independence constraints on joint responses concern exclusively variables in their past.

Equation (2)(ii) holds for the concentration graph within $g_{>r}$ of the context variables having full lines as edges, equation (2)(i) for the conditional covariance graphs within $g_j$ of joint responses having dashed lines as edges and (2)(iii) for the bipartite graph of dependences of the single responses within $g_j$ on variables in the past of $g_j$ having arrows.
as edges. For instance in Figure 1, we have $S \perp \perp U|bc$ by $(2)(i)$, $P \perp \perp Q|B$ by $(2)(ii)$, and both $A \perp \perp B|PQ$ and $A \perp \perp P|BQ$ by $(2)(iii)$.

Each missing edge of a regression graph corresponds to an independence statement for the uncoupled node pair; see equation (2), Lemma 2 and Lemma 3 below. Therefore, regression graphs represent one special class of the so-called independence graphs. Whenever a regression graph $G_{\text{reg}}^N$ consists of two disconnected graphs, for $Y_a$ and $Y_b$ say, since no path leads from a node in $a$ to a node in $b$, and $a \cup b = N$, then $a \perp \perp b$ or $f_N = f_a f_b$, and the two vector variables may be analysed separately. Therefore, we treat in Section 7 of this paper only connected regression graphs.

*Graphs discussed* in this paper have no loops, that is no edge connects a node to itself, and they have *at most one edge between two different nodes*. Recall that a path in such a graph can be described by a sequence of its nodes. The first and the last node in the sequence are the endpoints of the path, all other nodes are the distinct *inner nodes of the path*. An $ik$-path has endpoint nodes $i$ and $k$. An $ik$-path without inner nodes is an edge. A path together with an edge between its endpoints is called a *cycle*.

A three-node path of arrows may contain only one of the three types of inner nodes shown in Figure 5, called *transition, source and sink node*, respectively.

![Figure 5: The three types of three-node paths in directed acyclic graphs with inner nodes named a) transition, b) source, c) sink node (or in directed acyclic graphs: collision node).](image)

A *path is directed* if all its inner nodes are transition nodes. In a *directed cycle*, all edges are arrows pointing in the same direction and one returns to any starting node following the direction of the arrows. A regression graph contains no directed cycle but possibly *semi-directed cycles* which have at least one undirected edge in an otherwise directed cycle. If an arrow starts on a directed $ik$-path at $k$ and points to $i$ then node $k$ has been named an *ancestor* of node $i$ and node $i$ a *descendant* of node $k$.

The *subgraph induced by a subset $a$* of the node set $N$ consists of the nodes within $a$ and of the edges present in the graph within $a$. A special type of induced subgraph, needed here, consisting of three nodes and two edges, is named a *$V$-configuration* or just a $V$. Thus, a three-node path forms a $V$ if the induced subgraph has two edges.

A *path is chordless* if each of its three consecutive nodes that include two inner nodes, form a $V$ in the graph. In a *chordless cycle* of four or more nodes, the subgraph induced by every consecutive three inner nodes is a $V$. An *undirected graph is chordal* if it contains no chordless cycle in four or more nodes.
In regression graphs, there may occur the three types of collision Vs shown in Figure 6. Notice that in a directed acyclic graph, the only possible collision V is directed and coincides with the sink V of Figure 5c).

![Figure 6: The three types of collision Vs in regression graphs: a) undirected, b) directed or sink-oriented, c) semi-directed.](image)

An important common feature of the three Vs of Figure 6 is that in $G_{\text{reg}}^N$, the inner node is excluded from every independence statements for the endpoints; see Lemma 2. In all other five possible types of V-configurations of a regression graph, named transmitting Vs, the inner node is instead included in the independence statement for the endpoints; see Lemma 3 below. Notice that for uncoupled endpoints, both paths a) and b) of Figure 5 are transmitting Vs.

A collision path has as inner nodes exclusively collision nodes, while a transmitting path has as inner nodes exclusively transmitting nodes. A chordless collision path in four nodes contains at least one dashed line. In particular, it is impossible to replace all the edges in such a four-node path by arrows and not generate at least one transmitting V. Thereby, the meaning of this missing edge would then be changed. The skeleton of a graph results by replacing each edge present by a full line. Now, two of the main new results of this paper can be stated.

**Theorem 1.** Two regression graphs are Markov equivalent if and only if they have the same skeleton and the same sets of collision Vs, irrespective of the type of edge.

**Theorem 2.** A regression graph with a chordal graph for the context variables can be oriented to be Markov equivalent to a directed acyclic graph in the same skeleton, if and only if it does not contain any chordless collision path in four nodes.

Sequences of regressions were introduced and studied, without specifying a concentration graph model for the context variables, by Cox and Wermuth (1993), Wermuth and Cox (2004), under the name of multivariate regression chains, reminding one of the sequences of unconstrained models that the class contains for Gaussian joint responses. An extension to graphs including a concentration graph had already been proposed for directed acyclic graph by Kiiveri, Speed and Carlin (1984). By this type of extension, the so-called global Markov property of the graph remains unchanged. This property permits to read off the graph all independence statements implied by the graph.

A criterion for Markov equivalence of summary graphs has been derived by Sadeghi (2009) who also shows that two different criteria for maximal ancestral graphs are equivalent, those due to Zhao, Zheng and Liu (2005) and to Ali, Richardson and Spirtes...
(2009). These available Markov equivalence results and the associated proofs increase considerably in complexity, the larger the model class. On the other hand, the Markov equivalence criterion of Theorem 1 is simple and includes as special cases all available equivalence results for directed acyclic graphs, for covariance graphs and for concentration graphs, as set out in detail in Sections 6 and 7 here.

For context variables taken as given, Gaussian regression graph models coincide with a large subclass of structural equation models (SEMs), those permitting local modeling due to the factorisation property (1) and are without any endogeneous responses. Such responses have residuals that are correlated with some of its regressors. For traditional uses of SEMs see for instance Jöreskog (1981), Bollen (1989), Kline (2006), while Pearl (2009) advocates SEMs as a framework for causal inquiries. In the econometric literature thirty years ago, independences were always regarded as ‘overidentifying’ constraints.

For discrete variables, more attractive features of regression graph models were derived by Drton (2009), who speaks of chain graph models of type IV for multivariate regression chains. He proves that each member in this class belongs to a curved exponential family, for a discussion of this notion see for instance Cox (2006). Discrete type IV models form also a subclass of marginal models; see Rudas, Bergsma and Nemeth (2010), Bergsma and Rudas (2002). Defining local independence statements that involve only variables in the past are equivalent to more complex local independences used by Drton (2009); see Marchetti and Lupparelli (2010). These local definitions imply the pairwise independences of equation (2) for any regression graph, $G_{reg}^N$.

Two other types of chain graph have been studied as joint response models in statistics, the so-called AMP chain graphs of Andersson, Madigan and Perlman (2001), and the LWF chain graphs of Lauritzen and Wermuth (1989) and Frydenberg (1990). These are suitable for modeling data from intervention studies, when they are Markov equivalent to a regression graph, since they have in common that pairwise independences include other nodes of the same connected component. For AMP graphs, in equation (2) (i) is replaced by

$$(i') \quad i \perp k|g_{>j-1} \setminus \{i,k\} \quad \text{for } i,k \text{ both in } g_j, \quad j = 1, \ldots, r,$$

and for LWF graphs, (i) is also by (i') and (iii) by

$$(iii') \quad i \perp k|g_{>j-1} \setminus \{i,k\} \quad \text{for } i \text{ in } g_j \text{ with } j \leq r \text{ and } k \text{ in } g_{>j}.$$
Before we discuss the meaning of different types of missing edges for linear models in more detail, we derive a well-fitting regression graph for data given by Kappesser (1997).

3 Deriving and interpreting a regression graph

For 201 chronic pain patients, the role of the site of pain during a three week stay in a chronic pain clinic was to be examined. In this study, it was of main interest to investigate the changes in two main symptoms and to understand determinants of the overall treatment success as rated by the patients, three months after they had left the clinic.

Figure 7 shows a first ordering of the variables derived in discussions between psychologists, physicians and statisticians, which shows only those variables that remained relevant after statistical analyses. The first ordering of the variables gives for each single or joint response a list of its possible explanatory variables, shown in boxes to the right. Selecting for each response all its directly explanatory variables from this list and checking for remaining associations among components of joint responses, provides enough insight to derive a well-fitting regression graph model. With this type of local modeling, the reasons for the model choice are made transparent; see the appendix.

![Figure 7: Initial ordering of variables in chronic pain study. There are two joint responses, intensity of pain and depression. They are the main symptoms of chronic pain measured here before and after treatment. The components of each joint response and of each single response are considered conditionally given the variables listed in boxes to their right.](image)

Of the available background variables, age, gender, marital status and others, only the binary variables, level of formal schooling (1:=less than ten years, 2:= ten or more years) and the number of previous illnesses in years (min:=0, max:=16) are displayed.
in the far right box as the relevant context variables. The response of primary interest, self-reported success of treatment, is listed in the box to the far left. It is a score that ranges between 0 and 35, combining a patient’s answers to a specific questionnaire.

There are a number of intermediate variables. These are both explanatory for some variables and responses to others. Of these, two are regarded as joint responses since they represent two symptoms of a patient, intensity of pain and depression. Both are measured before treatment and directly after treatment, that is after the three-week stationary stay. Questionnaire scores are available of depression (min:=0, max:=46) and of the self-reported intensity of pain (min:=0, max:=10).

The chronicity of pain is a score (min:=0, max:=8) that incorporates different aspects, such as the frequency and duration of pain attacks, the spreading of pain, the use of pain relievers, the patient’s pain treatment history. In this study, there are only patients included with one of two main sites of pain, the pain is either on their upper body, ‘head, face, or neck’ or on their ‘back’.

![Diagram of variables and responses](image.png)

Figure 8: Regression graph, well compatible with the data, that results from the reported statistical analyses. Discrete variables are drawn as dots, continuous ones as circles.

The regression graph shown in Figure 8 summarizes some important aspects of the results of the statistical analyses for which more detail is given below. It tells in particular which of the variables are directly explanatory, that is which are important for predicting a response, by showing arrows that start from each of these directly explanatory variables and point to the response. Variables listed to the right of a response but without an arrow ending at this response do not substantially improve the prediction of the response when used in addition to the directly explanatory variables. For instance, for treatment success, only the pain intensity after the clinic stay is directly explanatory and this pain intensity is an important mediator (intermediate variable) between treatment success
and site of pain.

Scores of self-reported treatment success are low for almost all patients with high pain scores after treatment; see Figure 9. Otherwise, treatment success is typically judged to be higher the lower the intensity of pain after treatment. This explains the nonlinear dependence of $Y$ on $Z_a$.

As mentioned before, for back pain patients, the chronicity scores are on average higher than for head-ache patients and connected with a higher chronicity of the pain are higher scores of depression. These patients may have tried too late, after the acute pain had started, to get well focused help. Both before and after treatment, highly depressed patients tend also to report higher intensities of pain than others. The study provides no information which variables may explain these associations between the symptoms that remain after having taken their available explanatory variables into account. However, hidden common explanatory variables may exist in both cases since these remaining associations between the symptoms do not depend systematically on any other observed variable.

Some variables are indirectly explanatory. For each indirectly explanatory variable, a sequence of two or more arrows points to the response variable. For instance, the level of formal schooling and the site of pain are both indirectly explanatory for each of the symptoms after treatment and for the overall treatment success.

Once the types and directions of the direct dependence are taken into account, the regression graph helps to trace the development of chronic pain, starting from the context information on the level of schooling and the number of previous illnesses of a patient. Thus, patients with more years of formal schooling are more likely to be chronic head-ache patients. Patients with a lower level of formal schooling are more likely to be
back-ache patients, possibly because more of them have jobs involving hard physical work. Back-ache patients reach higher stages of the chronicity of pain and report higher intensity of pain still after treatment and are therefore typically less satisfied with the treatment they had received.

**Graphical screening for nonlinear relations** and interactive effects (Cox and Wermuth, 1994) pointed to the nonlinear dependence of treatment success on intensity of pain after treatment but to no other such relations. The regression graph model is said to fit the data well because for each single response separately, there is no indication that adding a further variable would improve prediction. The seemingly unrelated dependences of the symptoms after treatment on those before treatment agree so well with the observations that they differ also little from regressions computed separately, see the appropriate tables in the appendix.

Had there been no nonlinear relation and no categorical variables as responses, the overall model fit could also have been tested within the framework of structural equation models once the regression graph is available. This graph is derived here with the local modeling steps that use the first ordering of the variables, just in terms of univariate, multivariate and seemingly unrelated regressions. The regression graph provides a hypothesis which may be tested locally and/or globally in future studies that include the same set of nine variables. In this case, no variable selection strategy would be used or needed.

The available results for changes of the regression graph (Wermuth, 2011) that result after marginalising and conditioning provide a solid basis for comparing the results of any sequence of regressions with studies that contain the same set of core variables but which have some of the variables omitted or which consider subpopulations, defined by levels or level combinations of other variables. For instance for comparisons with the current study, the same chronicity score may not be recorded in another pain clinic or data may be available only for patients with pain in the upper body.

The main results of this empirical study are that site of pain needs to be taken into account also in future studies since it is an important mediator between the intrinsic characteristics of a patient, measured here by the given context variables, for both the overall treatment success and for the symptoms after treatment. For back-ache patients, the chronicity of pain and the depression score is higher than for the head-ache patients and the treatment is less successful since the intensity of pain remains high after the treatment in the clinic.

In the following section we give three-variable examples of a Gaussian joint response regression and of the three subclasses of regression graphs which have only one type of edge, of the covariance, the concentration and the directed acyclic graph.
4 Regressions, associations and recursive relations

For a quantitative response with linear dependences, the simple regression model dates back at least several centuries. The fitting of a least-squares regression line had been developed separately by Carl Friedrich Gauss (1777–1855), Adrien-Marie Legendre (1752–1833) and Robert Adrain (1775–1843). The method extends directly to models with several explanatory variables.

The most studied regression models are for joint Gaussian distributions. As we shall see, regression graphs mimic important features of these linear models but represent also relations in other distributions of continuous and discrete variables, which permit in particular nonlinear and interactive dependences. In a joint Gaussian distribution, let the mean-centered vector variable $Y$ have dimension three, then we write the covariance matrix, $\Sigma$, and the concentration matrix $\Sigma^{-1}$, with graphs shown in Figure 10, as

$$\Sigma = \begin{pmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \cdot & \sigma_{22} & \sigma_{23} \\ \cdot & \cdot & \sigma_{33} \end{pmatrix}, \quad \Sigma^{-1} = \begin{pmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \cdot & \sigma_{22} & \sigma_{23} \\ \cdot & \cdot & \sigma_{33} \end{pmatrix},$$

where the dot-notation indicates entries in a symmetric matrix.

![Figure 10](image)

Figure 10: For unconstrained trivariate Gaussian distributions, the parameters attached to the edges are those corresponding to a) a covariance graph, b) a concentration graph.

With the edge of node pair (1, 2) removed, both graphs turn into a $V$ but have different interpretations. The resulting independence constraints are for Figures 10 a) and b), respectively,

$$1 \perp 2 \iff (\sigma_{12} = 0) \quad \text{and} \quad 1 \perp 2|3 \iff (\sigma_{12} = 0),$$

where the latter derives as an important property of concentration matrices; see Wermuth (1976a), Cox and Wermuth (1996), Section 3.4. For other distributions, the independence interpretation of these two types of undirected graph remains, but not the parametrisation. A similar statement holds for directed acyclic graphs and, more generally, for regression graphs, as illustrated here next.

For the linear equations that lead to a complete directed acyclic graph for a trivariate Gaussian distribution with mean zero, one starts with three mutually independent
Gaussian residuals $\varepsilon_i$ and takes

\begin{align*}
Y_1 &= \beta_{1|2,3} Y_2 + \beta_{1|3,2} Y_3 + \varepsilon_1 \\
Y_2 &= \beta_{2|3} Y_3 + \varepsilon_2 \\
Y_3 &= \varepsilon_3.
\end{align*}

(3)

Because of this form, one speaks of triangular systems of equations also when the distribution of the residuals is not Gaussian, but the residuals are just uncorrelated. In that case, the probabilistic independence interpretation is lost, only the lack of linear relations can be inferred with a vanishing regression coefficient.

In econometrics, Hermann Wold (1908–1992) introduced such systems as linear recursive equations with uncorrelated residuals. Harald Cramér (1893–1985) used the term linear least-squares equations for residuals being uncorrelated with the regressors and the notation is an adaption of the one introduced by Udny Yule (1871–1951) and William Cochran (1909–1980) to indicate, for instance with $\beta_{1|3,2}$, that $Y_1$ is the response of regressor $Y_3$ and that the other regressor variable in the equation is $Y_2$.

In joint Gaussian distributions, independence constraints on triangular systems mean vanishing equation parameters and missing edges in directed acyclic graphs, such as

\[ 1 \perp \perp 2|3 \iff (\beta_{1|2,3} = 0) \quad \text{and} \quad 2 \perp \perp 3 \iff (\beta_{2|3} = 0). \]

The complete directed acyclic graph corresponding to equations (3) is in Figure 11a)

Figure 11: Parameters of a Gaussian distribution in: a) a complete $G_{\text{dag}}^N$, b) a complete $G_{\text{reg}}^N$.

For the smallest joint response model with the complete graph shown in Figure 11b), we take both Gaussian variables $Y_1$ and $Y_2$ to depend on a Gaussian variable $Y_3$, to get equations (4) with residuals having zero means and being uncorrelated with $Y_3$:

\begin{align*}
Y_1 &= \beta_{1|3} Y_3 + u_1, \quad Y_2 = \beta_{2|3} Y_3 + u_2, \quad Y_3 = u_3.
\end{align*}

(4)

Here, $\sigma_{12|3} = E(u_1 u_2)$. The generating processes and hence the interpretation differs for the two models in equations (3) and (4). In the corresponding graphs of Figures 11a) and
11b), the vanishing of the edges for pairs (1,2) and (2,3) mean the same independence constraints since

\[ 1 \perp 2 | 3 \iff (\sigma_{12|3} = 0) \iff (\beta_{1|2,3} = 0) \text{ and } 2 \perp 3 \iff (\beta_{2|3} = 0), \]

but the edges for pair (1,3) capture different conditional dependences.

Again, taking away any arrow generates a \( V \). Taking away any two edges means to combine two independence statements. This is discussed further in the next section.

One of the special important features of the linear least-squares regressions is that the residuals are uncorrelated with the regressors. The effect is that the model part coincides with a conditional linear expectation as illustrated here with a model for response \( Y_1 \) and regressors \( Y_2, Y_3 \), which we take, as mentioned before, as measured in deviations from their means. For instance, one gets for

\[ Y_1 = \beta_{1|2,3} Y_2 + \beta_{1|3,2} Y_3 + \varepsilon_1, \]

\[ E_{\text{lin}}(Y_1|Y_2, Y_3) = \beta_{1|2,3} Y_2 + \beta_{1|3,2} Y_3. \tag{5} \]

There is a recursive relation for least-squares regression coefficients; see Cochran (1938), Cox and Wermuth (2003), Ma, Xie and Geng (2006). It shows for instance with

\[ \beta_{1|3} = \beta_{1|3,2} + \beta_{1|2,3}\beta_{2|3} \tag{6} \]

that \( \beta_{1|3,2} \), the partial coefficient of \( Y_3 \) given also \( Y_2 \) as a regressor for \( Y_1 \), coincides with the marginal coefficient, \( \beta_{1|3} \), if and only if \( \beta_{1|2,3} = 0 \) or \( \beta_{2|3} = 0 \).

The method of maximizing the likelihood was recommended by Sir Ronald Fisher (1890–1962) as a general estimation technique that applies also to regressions with categorical or quantitative responses. One of the most attractive features of the method concerns properties of the estimates. Given two models with parameters that are in one-to-one correspondence, the same one-to-one transformation leads from the maximum-likelihood estimates under one model to those of the other.

Different single response regressions, such as logistic, probit, or linear regressions, were described as special cases of the generalized linear model by Nelder and Wedderburn (1972); see also McCullagh and Nelder (1989). In all of these regressions, the vanishing of the coefficient(s) of regressors indicates conditional independence from the response given all remaining regressors in the regression model.

The general linear model with a vector response, also called multivariate linear regression, has identical sets of regressors for each component of the vector and the individual component variables of the response vector form the set of joint responses. Maximum-likelihood estimation of regression coefficients for a joint Gaussian distribution reduces to linear-least squares fitting for each component separately; see Anderson (1958).
With different sets of regressors for the components of a vector response, seemingly unrelated regressions (SUR) result and iterative methods are needed for estimation; see Zellner (1962). For small sample sizes, a given solution of the likelihood equations of a Gaussian SUR model may not be unique; see Drton and Richardson (2004), Sundberg (2010), while for exclusively discrete variables this will never happen; see Drton (2009).

For mixed variables, no corresponding results are available yet. But in general, there often exists a covering model with nice estimation properties. For instance for the SUR model with regression graph

\[ \circ \rightarrow \circ \rightarrow \circ \rightarrow \circ, \]

a general linear model with two independent regressors is a simple covering model.

For a vector variable of categorical responses only, the multivariate logistic regression of Glonek and McCullagh (1995) reduces to separate main effect logistic regressions for each component of the response vector provided that certain higher-order interactions vanish; see Marchetti and Lupparelli (2010). In the context of structural equation models (SEMs), dependences of binary categorical variables are modeled in terms of probit regressions. These do not differ substantially from logistic regressions whenever the smallest and largest events occur at least with probability 0.1; see Cox (1966).

Multivariate linear regressions as well as SUR models belong to the framework of SEMs even though this general class had been developed in econometrics to deal with endogenous responses, defined by the existence of correlations between the residuals and some regressors. For endogenous responses, the equation parameters are no longer measures of conditional dependence, as they are in linear least-squares regression models. Estimation methods for SEMs were discussed in the Berkeley symposia on mathematical statistics and probability from 1945 to 1965, but some issues still need to be settled; see for instance Drton, Eichler and Richardson (2009), Stanghellini and Wermuth (2005).

In statistical models that treat all variables on equal standing, the variables are not assigned roles of responses or regressors and undirected measures of association are used instead of coefficients of dependence. In the concentration graph models, the undirected associations are conditional given all remaining variables on equal standing.

For instance, for categorical variables, these models are better known as graphical log-linear models; see Birch (1963), Caussinus (1966), Goodman (1970), Bishop, Fienberg and Holland (1975), Wermuth (1976a), Darroch, Lauritzen and Speed (1980). For Gaussian random variables, these had been introduced as covariance selection models; see Dempster (1972), Wermuth (1976b), Speed and Kiïveri (1986), Kiïveri (1987), Drton and Perlman (2004), and for mixed variables as graphical models for conditional Gaussian (CG) distributions; see Lauritzen and Wermuth (1989), Edwards (2000).

For a mean-centered vector variable \( Y \), the elements of the covariance matrix \( \Sigma \) are
If $\Sigma$ is invertible, the covariances $\sigma_{ij}$ are in a one-to-one relation with the concentrations $\sigma^{ij}$, the elements of the concentration matrix $\Sigma^{-1}$. There is a recursive relation for concentrations; see Dempster (1969). For a trivariate distribution

$$\sigma^{23.1} = \sigma^{23} - \sigma^{12} \sigma^{13} / \sigma^{11},$$

(7)

where $\sigma^{23.1}$ denotes the concentration of $Y_2, Y_3$ in their bivariate marginal distribution. Thus, the overall concentration $\sigma^{23}$ coincides with $\sigma^{23.1}$ if and only if $\sigma^{12} = 0$ or $\sigma^{13} = 0$.

Alternatively in covariance graph models, the undirected measures for variables on equal standing are pairwise marginal associations. For Gaussian variables, these models had been introduced as hypotheses linear in covariances; see Anderson (1973), Kauermann (1996), Wermuth, Cox and Marchetti (2006), Chaudhuri, Drton and Richardson (2007). For categorical variables, covariance graph models have been studied only more recently; see Drton and Richardson (2008), Lupparelli, Marchetti and Bergsma (2009). Again, no similar estimation results are available for general mixed variables yet.

There is also a recursive relation for covariances; see Anderson (1958). It shows for instance, for just three components of $Y$ having a Gaussian distribution, with

$$\sigma_{12|3} = \sigma_{12} - \sigma_{13} \sigma_{23} / \sigma_{33},$$

(8)

where $\sigma_{12|3}$ denotes the covariance of $Y_1, Y_2$ given $Y_3$. Therefore, $\sigma_{12|3}$ coincides with $\sigma_{12}$ if and only if $\sigma_{13} = 0$ or $\sigma_{23} = 0$. By equations (6), (7), (8), a unique independence statement is associated with the endpoints of any $V$ in a trivariate Gaussian distribution.

In the context of multivariate exponential families of distributions, concentrations are special canonical parameters and covariances are special moment parameters with estimates of canonical and moment parameters being asymptotically independent; see Barndorff-Nielsen (1978). Regression graphs capture independence structures for more general types of distribution, where operators for transforming graphs mimic operators for transforming different parametrisations of joint Gaussian distributions; see Wermuth, Wiedenbeck and Cox (2006), Wiedenbeck and Wermuth (2010), Wermuth (2011).

In particular, by removing an edge from any $V$ of a regression graph, one introduces an additional independence constraint just as in a regular joint Gaussian distribution. This requires that the generated distributions satisfy the composition and intersection property in addition to general properties, as discussed in the next section.

5 Using graphs to combine independence statements

We now state the four standard properties of independences of any multivariate distribution; see e.g. Dawid (1979), Studený (2005), as well as two special properties of joint
Gaussian distributions. The six taken together, describe the combination and decomposition of independences in regression graphs, for instance those resulting by removing edges. We discuss when these six properties apply also to regression graph models.

Let $X, Y, Z$ be random (vector) variables, continuous, discrete or mixed. By using the same compact notation, $f_{XYZ}$ for a given joint density, a probability distribution or a mixture and by denoting the union of say $X$ and $Y$ by $XY$, one has

$$X \perp \perp Y \mid Z \iff (f_{XYZ} = f_{XZ}f_{YZ}/f_{Z}),$$

(9)

where for instance $f_{Z}$ denotes the marginal density or probability distribution of $Z$. Since the order of listing variables for a given density is irrelevant, symmetry of conditional independence is one of the standard properties, that is

$$(i) \ X \perp \perp Y \mid Z \iff Y \perp \perp X \mid Z.$$ 

Equation (9) restated for instance for the conditional distribution of $X$ given $Y$ and $Z$, $f_{X\mid YZ} = f_{XYZ}/f_{YZ}$, is

$$X \perp \perp Y \mid Z \iff (f_{X\mid YZ} = f_{X\mid Z}).$$

(10)

When two edges are removed from a graph in Figures 10 and 11, just one coupled pair remains, suggesting that the single node is independent of the pair.

For instance in Figure 11a), with nodes 1, 2, 3 corresponding in this order to $X, Y, Z$, removing the arrows for (1,2) and (2,3), leaves (1,3) disconnected from node 2. For any joint density, implicitly generated as $f_{XYZ} = f_{X\mid YZ}f_{Y\mid Z}f_{Z}$, one has equivalently,

$$(X \perp \perp Y \mid Z \text{ and } Y \perp \perp Z) \iff XZ \perp \perp Y.$$ 

In general, the contraction property is for $a, b, c, d$ disjoint subsets of $N$:

$$(ii) \ (a \perp b \mid cd \text{ and } b \perp c \mid d) \iff ac \perp b \mid d.$$ 

It has become common to say that a distribution is generated over a given $G_{\text{dag}}^N$ if the variables are generated in any order compatible with the graph and the distribution factorizes as specified by the graph. For instance, for a trivariate distribution generated over the colasison $V$ of Figure 11b) obtained by removing the edge for (2,3), both orders (1,2,3) and (1,3,2) are compatible with the graph and $f_{XYZ} = f_{X\mid YZ}f_{Y\mid Z}f_{Z}$.

Conversely, suppose that $XZ \perp \perp Y$ holds, then this implies $X \perp \perp Y$ and $Z \perp \perp Y$ so that for instance the same two edges as in Figure 11b) are missing in the corresponding covariance graph of Figure 10a). In general, the decomposition property is for $a, b, c, d$ disjoint subsets of $N$:

$$(iii) \ a \perp bc \mid d \implies (a \perp b \mid d \text{ and } a \perp c \mid d).$$
In addition, $XZ \perp Y$ implies $X \perp Y|Z$ and $Z \perp Y|X$ so that for instance the same two edges as in Figure 11a) are missing in the corresponding concentration graph of Figure 10b). In general, the **weak union property** is for $a, b, c, d$ disjoint subsets of $N$:

$$
(iv) \ a \perp b|d \implies (a \perp b|cd \text{ and } a \perp c|bd).
$$

Under some regularity conditions, all joint distributions with a given density $f_N$ share the four properties $(i)$ to $(iv)$.

Joint distributions, for which the reverse implication of the decomposition property $(iii)$ and of the weak union property $(iv)$ hold such as a regular joint Gaussian distribution, are said to have, respectively, the **composition property** $(v)$ and the **intersection property** $(vi)$, that is for $a, b, c, d$ disjoint subsets of $N$:

$$
(v) \ (a \perp b|d \text{ and } a \perp c|d) \implies a \perp b|d,
$$

$$
(vi) \ (a \perp b|cd \text{ and } a \perp c|bd) \implies a \perp bc|d.
$$

The standard graph theoretical separation criterion has different consequences for the two types of undirected graph corresponding for Gaussian distributions to concentration and to covariance matrices. We say a path **intersects subset set** $c$ of node set $N$ if it has an inner node in $c$ and let $\{a, b, c, m\}$ partition $N$ to formulate known Markov properties. The notation is to reminds one that with any independence statement $a \perp b|c$, one implicitly has marginalised over the remaining nodes in $m = V \setminus \{a \cup b \cup c\}$, i.e. one considers the marginal joint distribution of $Y_a, Y_b, Y_c$.

**Proposition 1.** Lauritzen (1996). A concentration graph, $G^N_{\text{con}}$, implies $a \perp b|c$ if and only if every path from $a$ to $b$ intersects $c$.

**Proposition 2.** Kauermann (1996). A covariance graph, $G^N_{\text{cov}}$, implies $a \perp b|c$ if and only if every path from $a$ to $b$ intersects $m$.

Notice that Proposition 1 requires the intersection property and Proposition 2 requires the composition property.

A subgraph induced by nodes $a \cup b$ in $G^N_{\text{con}}$ is the covariance graph $G^a_{\text{cov}}$. We say that there is an **edge between** $a$ and $b$ if there is an edge with one node in $a$ and the other node in $b$. In this case, the graph $G^a_{\text{cov}}$ is connected in $a$ and $b$, otherwise the graphs in $a$ and $b$ are disconnected.

**Corollary 1.** A covariance graph, $G^N_{\text{cov}}$, or a concentration graph, $G^N_{\text{con}}$, implies $a \perp b$ if and only if in the subgraph induced by $a \cup b$, the graphs in $a$ and $b$ are disconnected.
It can be shown that the independence structure of a regression graph is fully specified by the pairwise independences (2) of each missing edge if both properties (v) and (vi) hold in addition to the standard ones; see also Kang and Tian (2009), Pearl and Paz (1987), Marchetti and Lupparelli (2010) for relevant, previous special results.

**Lemma 1.** A regression graph, $G_{\text{reg}}^N$, captures an independence structure for a distribution with density $f_N$ factorizing as (1) if properties (i) to (vi) hold for $f_N$.

**Proof.** The first four properties hold for any density $f_N$. Given the intersection property (vi), any node $i$ with missing edges to nodes $k, l$ in a concentration graph of node set $N$ implies $i \perp \perp \{k, l\}|N \setminus \{i, k, l\}$ and given the composition property (v), any node $i$ with missing edges to nodes $k, l$ in a covariance graph given $Y_c$ implies $i \perp \perp \{k, l\}|c$.

For purely discrete and for Gaussian distributions, necessary and sufficient conditions for the intersection property (vi) to hold are known; see San Martin, Mouchart and Rolin (2005). Too strong sufficient conditions are for joint Gaussian distributions that they are regular and for discrete variables, that the probabilities are strictly positive.

The composition property (v) is known to hold for Gaussian distributions and for triangular binary distributions with at most main effects in symmetric $(-1, 1)$ variables; see Wermuth, Marchetti and Cox (2009).

Both properties (v) and (vi) hold, whenever a distribution may have been generated over a so-called parent graph; see Wermuth (2011), Marchetti and Wermuth (2009), Wermuth, Wiedenbeck and Cox (2006). Parent graphs, denoted by $G_{\text{par}}^N$, are directed acyclic graphs with some added properties.

Parent graphs are connected directed acyclic graphs to which one fixed, compatible ordering of the nodes is attached and the graph is edge-minimal. An ordering of the nodes is compatible with a given $G_{\text{dag}}^N$ if each ancestor of any node $i$ is within $g_{\geq i} = \{i + 1, \ldots, d\}$. In addition, $G_{\text{par}}^N$ is to be edge-minimal for the generated distribution, that is no edge can be removed from the graph without adding another independence statement to the distribution generated over the graph.

Also the process of generating distributions over $G_{\text{par}}^N$ has special features. The parameters of $f_i|_{>i}$ are taken to be variation-independent of those of $f_{>i}$ to assure maximization of the joint likelihood by separate fitting of each univariate regression. Consequences are that distributions generated over $G_{\text{par}}^N$, every collision $V$ is association-inducing for its endpoints by conditioning on the inner node and every transmitting $V$ is association-inducing by marginalising over the inner node, just like in a regular joint Gaussian distribution, see as examples the recursive relations of (6), (7), (8).

With distributions generated over parent graphs, one excludes incomplete families of distributions; see Lehmann and Scheffé (1955), Brown (1986), Mandelbaum and
Rüschendorf (1987), in which independence statements connected with a $V$ may have the inner node both within and outside the conditioning set; see Wermuth (2011), Wermuth and Cox (2004), Darroch (1962). Such independences have been characterized as being not representable in joint Gaussian distributions; see Lnenička and Matúš (2007).

More generally, such independences cannot occur whenever the distribution is weakly transitive that is if, for $i,k,l$ distinct nodes of $\mathcal{N}$ and $m = \mathcal{N} \setminus \{i,k,l\}$,

$$(i \perp \perp k|l \text{ and } i \perp \perp k|\{l,m\}) \implies (i \perp \perp m|l \text{ or } k \perp \perp m|l).$$

or for $a \text{ dep } b|c$ denoting dependence of $Y_a$ on $Y_b$ given $Y_c$ for disjoint subsets $a, b, c$ of $V$ and an edge-minimal graph, equivalently,

$$(i \text{ dep } m|l \text{ and } k \text{ dep } m|l \text{ and } i \perp \perp k|l) \implies i \text{ dep } k|\{l,m\}$$

and

$$(i \text{ dep } m|l \text{ and } k \text{ dep } m|l \text{ and } i \perp \perp k|\{l,m\}) \implies i \text{ dep } k|l.$$

Thus, there is in particular a unique independence interpretation associated with each $V$. For three categorical variables, an example of a distribution that is not weakly transitive has been given with equation (5.4) by Birch (1963) and, for jointly Gaussian variables and two nodes within $m$, with equation (8) by Cox and Wermuth (1993).

Special types of distribution are said to be faithful to a graph if every independence statement is captured by a given independence graph; see Spirtes, Glymour and Scheines (1993). This requires that (1) the graph is edge-minimal, (2) the distribution is weakly transitive, and (3) associations introduced by several active paths for any pair $(i, k)$ do not cancel. An active path is specified here for regression graphs in Definition 1 and for directed acyclic graphs, it has been called d-connecting in the literature.

This faithfulness property imposes peculiar constraints on parameters whenever more than two nodes induce a complete subgraph in the graph; see for instance Figure 1 in Wermuth, Marchetti and Cox (2009), but it reduces to edge-minimality and weak transitivity whenever the graph is a tree, that is a connected graph with one unique path joining any node pair or it is a forest, that is a union of disjoint trees.

Every regression graph can be generated by a larger directed acyclic graph; see Richardson and Spirtes (2002). For regression graph models however, necessary and sufficient conditions are not yet known to assure that a joint distribution could have resulted from a larger parent graph model. One set of sufficient conditions, satisfied in the examples of this paper, uses chordal graphs and chordless paths. A regression graph model may result from a parent graph model in more nodes if (1) the subgraphs induced by connected response nodes form chordless paths, (2) the concentration graph of the context variables is chordal and (3) the association of each response variable pair can

22
be generated by some unobserved variable. For discrete variables, the last condition is always satisfied whenever an association does not depend systematically on the values of a third variable; see also Holland and Rosenbaum (1986).

6 Some early results on graphs and Markov equivalence

In the past, results concerning graphs and Markov equivalence have been obtained quite independently in the mathematical literature on characterizing different types of graph, in the statistical literature on specifying types of multivariate statistical models, and in the computer science literature on deciding on special properties of a given graph or on designing fast algorithms for transforming graphs.

For instance, following the simple enumeration result for labeled trees in \( d \) nodes, \( d^{d-2} \), by Karl-Wilhelm Borchardt (1817-1880), it could be shown that these trees are in one-to-one correspondence to distinct strings of size \( d - 2 \); see Cayley (1889). Much later, labeled trees were recognized to form the subclass of directed acyclic graphs with exclusively source Vs and therefore to be also Markov equivalent to chordal concentration graphs; see Castelo and Siebes (2003).

In the literature on graphical Markov models, a number of different names have been in use for a sink \( V \), for instance ‘two arrows meeting head-on’ by Pearl (1988), ‘unshielded collider’ by Richardson and Spirtes (2002), and ‘Wermuth-configuration’ by Whittaker (1990), after it had been recognized that, for Gaussian distributions, the parameters of a directed acyclic graph model without sink Vs are in one-to-one correspondence to the parameters in its skeleton concentration graph model.

**Proposition 3.** (Wermuth, 1980), (Wermuth and Lauritzen, 1983), (Frydenberg, 1990). A directed acyclic graph is Markov equivalent to a concentration graph of the same skeleton if and only if it has no collision \( V \).

Efficient algorithms to decide whether an undirected graph can be oriented into a directed acyclic graph, became available in the computer science literature under the name of perfect elimination schemes; see Tarjan and Yannakakis (1984). When algorithms were designed later to decide which arrows may be flipped in a given \( G_{\text{dag}}^N \), keeping the same skeleton and the same set of sink Vs, to get to a list of all Markov equivalent \( G_{\text{dag}}^N \) s, these results appear to have not been used; see Chickering (1995).

The number of equivalent characterizations of concentration graphs that have perfect elimination schemes has increased steadily, since they were introduced as rigid circuit graphs by Dirac (1961). These graphs without chordless cycles in four or more nodes are named also ‘chordal graphs’, ‘triangulated graphs’, ‘graphs with the running intersection property’ or ‘graphs with only complete prime graph separators.’
By contrast, for a covariance graph that can be oriented to be Markov equivalent to a $G_{dag}^N$ of the same skeleton, chordless paths are relevant.

**Proposition 4.** (Pearl and Wermuth, 1994). *A covariance graph with a chordless path in four nodes is not Markov equivalent to a directed acyclic graph in the same node set.*

For distributions generated over directed acyclic graphs, sink $V$s are needed again.

**Proposition 5.** (Frydenberg, 1990), (Verma and Pearl, 1990). *Directed acyclic graphs of the same skeleton are Markov equivalent if and only if they have the same sink $V$s.*

Markov equivalence of a concentration graph and a covariance graph model is for regular joint Gaussian distributions equivalent to **parameter equivalence** which means that there is a one-to-one relation between the two sets parameters. Therefore, an early result on parameter equivalence for joint Gaussian distributions implies the following Markov equivalence result for distributions satisfying both the composition and the intersection property.

**Proposition 6.** (Jensen, 1988), (Drton and Richardson, 2008). *A covariance graph is Markov equivalent to a concentration graph if and only if both consist of the same complete, disconnected subgraphs.*

Fast ways of inserting an edge for every transition $V$, of deciding on connectivity and on blocking flows have been available in the corresponding Russian literature since 1970; see Dinitz (2006), but these results appear to have not not been exploited for the so-called lattice conditional independence models, recognized as distributions generated over $G_{dag}^N$s without any transition $V$s by Andersson, Madigan, Perlman and Triggs (1997).

Markov equivalence of other than multivariate regression chain graphs, have been given by Roverato (2005), Andersson and Perlman (2006) and Roverato and Studený (2006).

With the so-called global Markov property of a graph in node set $N$ and any disjoint subsets $a, b, c$ of $N$, one can decide whether the graph implies $a \perp b | c$. To give this property for a regression graph, we use special types of path that has been called active; see Wermuth (2011). For this, let again $\{a, b, c, m\}$ partition the node set $N$ of $G_{reg}^N$.

**Definition 1.** A **path from $a$ to $b$ in $G_{reg}^N$ is active given $c$** if its inner collision nodes are in $c$ or have a descendant in $c$ and its inner transmitting nodes are in $m = N \setminus (a \cup b \cup c)$. Otherwise, the path is said to break given $c$ or to break with $m$.

Thus, a path breaks when $c$ includes an inner transmitting node or when $m$ includes an inner collision node and all its descendants; see also Figure 4 of Marchetti and Wermuth (2009).
For directed acyclic graphs, an active path of Definition 1 reduces to the d-connecting path of Geiger, Verma and Pearl (1990). Similarly, the following proposition coincides in that special case with those of their so-called d-separation. Let node set $N$ of $G_{reg}^N$ be partitioned as above by \{a, b, c, m\}.

**Proposition 7.** (Cox and Wermuth, 1996), (Sadeghi, 2009). A regression graph, $G_{reg}^N$, implies $a \perp \perp b|c$ if and only if every path between $a$ and $b$ breaks given $c$.

Thus, whenever $G_{reg}^N$ implies $a \perp \perp b|c$, this independence statement holds in the corresponding sequence of regressions for which the density $f_N$ factorizes as (1), provided that $f_N$ satisfies the same properties of independences, (i) to (vi) of Section 5, just like a regular Gaussian joint density. For example, in the graphs of Figure 12, node 2 is an ancestor of node 1 so that $G_{reg}^N$ does not imply $3 \perp \perp 4|2$.

![Figure 12: Three regression graphs which imply $3 \perp \perp 4$ but not $3 \perp \perp 4|1$.](image)

Since covariance and concentration graphs consist only of one type of edge, the restricted versions in Propositions 1 and 2 of the defined path can be used for their global Markov property.

### 7 New results and proofs

We now treat connected regression graphs in node set $N$ and corresponding distributions defined by sequences of regressions with joint discrete or continuous responses, ordered in connected components $g_1, \ldots, g_r$ of the graph, and with context variables in connected components, $g_{r+1}, \ldots, g_J$, which factorize as in (1), satisfy the pairwise independences of (2) as well as properties of independence statements, given as (i) to (vi) in Section 5.

For the main result of Markov equivalence for regression graphs, we consider distinct nodes $i$ and $k$, node subsets $c$ of $N \setminus \{i, k\}$ and the notion of shortest active paths.

**Definition 2.** An $ik$-path in $G_{reg}^N$ is a shortest active path $\pi$ with respect to $c$ if every $ik$-path of $G_{reg}^N$ with fewer inner nodes breaks given $c$.

Every chordless $\pi$ is such a shortest path. If the consecutive nodes $(k_{n-1}, k_n, k_{n+1})$ on $\pi = (i = k_0, k_1, \ldots, k_m = k)$ induce a complete subgraph in $G_{reg}^N$, we say that there
is a triangle on the path. In Figure 13a) nodes 2,3,4 form a triangle on the path (1,2,4,3,5).

![Graphs of active five-node paths a) with path (1,2,4,3,5) the shortest active path, where 3 is in c, b) active path (4,2,1,3,5), where 1 is in c, and a shorter active path (4,2,3,5).](image)

Figure 13: Graphs of active five-node paths a) with path (1,2,4,3,5) the shortest active path, where 3 is in c, b) active path (4,2,1,3,5), where 1 is in c, and a shorter active path (4,2,3,5).

If this path is an active path connecting the uncoupled node pair (1,5), then nodes 2 and 4 are inner transmitting nodes outside c and the inner collision node 3 is in c. This path is then also the shortest active path connecting (1,5). The shorter path (1,2,3,5) has nodes 2 and 3 as inner transmitting nodes, but is inactive since node 3 is in c.

By contrast in Figure 13b), when path (4,2,1,3,5) is an active path connecting the uncoupled node pair (4,5), then path (4,2,3,5) is a shorter active path. To see this, notice that on an active (4,2,1,3,5) path, the inner collision node 1 is in c and the inner transmitting nodes 2 and 3 are outside c. In this case, the inner collision node 2 on the path (4,2,3,5) has node 1 as a descendant in c, so that this shorter path is also active.

We also use the following results for proving Theorem 1. The first two are direct consequences of Proposition 7 and imply the pairwise independences of equation (2). Lemma 4 results with (2). Let $h, i, k$ be distinct nodes of $N$.

**Lemma 2.** For $(h, i, k)$ a collision $V$ in $G_{\text{reg}}^N$, the inner node $i$ is excluded from $c$ in every independence statement for $h, k$ implied by $G_{\text{reg}}^N$.

**Lemma 3.** For $(h, i, k)$ a transmitting $V$ in $G_{\text{reg}}^N$, the inner node $i$ is included in $c$ in every independence statement for $h, k$ implied by $G_{\text{reg}}^N$.

**Lemma 4.** A missing $ik$-edge in $G_{\text{reg}}^N$ implies at least one independence statement $i \perp \perp k|c$ for $c$ a subset of $N \setminus \{i, k\}$.

We can now derive the first of the main new results in this paper.

**Theorem 1.** Two regression graphs are Markov equivalent if and only if they have the same skeleton and the same sets of collision $Vs$, irrespective of the type of edge.

**Proof.** Regression graphs $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ are Markov equivalent if and only if for every disjoint subsets $a$, $b$, and $c$ of the node set of $N$, where only $c$ can be empty,

$$(G_{\text{reg1}}^N \implies a \perp \perp b|c) \iff (G_{\text{reg2}}^N \implies a \perp \perp b|c). \quad (11)$$
Suppose first that (11) holds. By Lemma 4, $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ have the same skeleton, and by Lemma 2 and Lemma 3, $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ have the same collision Vs.

Suppose next that $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ have the same skeleton and the same collision Vs and consider two arbitrary distinct nodes $i$ and $k$ and any node subset $c$ of $N \setminus \{i, k\}$. By Proposition 7, (11) is equivalent to stating that for every uncoupled node pair $i, k$, there is an active path with respect to $c$ in $G_{\text{reg1}}^N$ if and only if there is an active $ik$-path with respect to $c$ in $G_{\text{reg2}}^N$.

Suppose further that path $\pi$ is in $G_{\text{reg1}}^N$ a shortest active $ik$-path with respect to $c$. Since $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ have the same skeleton, the path $\pi$ exists in $G_{\text{reg2}}^N$. We need to show that it is active. If all consecutive two-edge-subpaths of $\pi$ are Vs then $\pi$ is active in $G_{\text{reg2}}^N$. It may be checked first, that in all other possible triangles in regression graphs that can appear on $\pi$ than the two of Figure 14, there is as in Figure 13b) a shorter active path. To complete the proof, we show that for the two types of triangles shown in Figure 14a) and Figure 14b) path $\pi$ is also in $G_{\text{reg2}}^N$ an active $ik$-path with respect to $c$.

Figure 14: The two types of triangles in regression graphs without a shorter active path whenever the path with inner nodes $(kn+1, kn, kn-1)$ is active.

In $G_{\text{reg1}}^N$ containing the triangle of Figure 14a) on a shortest active path $\pi$, node $kn$ is a transmitting node which is by Lemma 2 outside $c$. By Lemma 3, node $kn-1$ is a collision node inside $c$. If instead $kn-1$ were a transmitting node on $\pi$ in $G_{\text{reg1}}^N$, it would also be a transmitting node on $(kn-2, kn-1, kn+1)$ and give a shorter active path via the $kn-1kn+1$-edge, contradicting the assumption of $\pi$ being a shortest path. Similarly, if collision node $kn-1$ on $\pi$ were only an ancestor of $c$, then there were a shorter active path via the $kn-1kn+1$-edge.

In addition, node pair $kn, kn-2$ is uncoupled in $G_{\text{reg1}}^N$ since by inserting any such edge, that is permissible in a regression graph, another shortest path via the $kn-2kn$-edge would result. Therefore, since $G_{\text{reg1}}^N$ and $G_{\text{reg2}}^N$ have the same collision Vs, the subpath $(kn-2, kn-1, kn)$ forms also a collision V in $G_{\text{reg2}}^N$. Similarly, $(kn-2, kn-1, kn+1)$ is a transmitting V and $(kn+2, kn+1, kn)$ is a V of either type. Hence $kn-1$ is a parent of $kn+1$ in $G_{\text{reg2}}^N$ and the only permissible edge between $kn$ and $kn+1$ is an arrow pointing to $kn+1$. Therefore, $\pi$ forms an active path also in $G_{\text{reg2}}^N$.

The proof for Figure 14b) is the same as for Figure 14a) since the type of nodes along $\pi$, i.e. as collision or transmitting nodes, are unchanged. □
In the example of Figure 15, all three regression graphs have the same skeleton.

Figure 15: a) Regression graph $G_{reg1}^N$, b) a Markov equivalent regression graph $G_{reg2}^N$ to $G_{reg1}^N$, c) a regression graph $G_{reg3}^N$ that is directed acyclic and not Markov equivalent to $G_{reg1}^N$.

In $G_{reg1}^N$ there are three collision Vs (3, 4, 5), (1, 2, 5), and (2, 1, 3). In $G_{reg2}^N$ there are the same collision Vs. Therefore, these two graphs are Markov equivalent. However, there are only two collision Vs in $G_{reg3}^N$; these are (3, 4, 5), and (2, 1, 3). Hence this graph is not Markov equivalent to $G_{reg1}^N$ and $G_{reg2}^N$. The Markov equivalence of the graphs in Figure 2 to the subgraph induced by \{b, c\} in Figure 1 are further applications of Theorem 1. Notice that Propositions 3 to 8 of Section 6 result as special cases of Theorem 1.

The following algorithm generates a directed acyclic graph from a given $G_{reg}^N$ that fulfills its known necessary conditions for Markov equivalence to a directed acyclic graph; see Proposition 2 of Wermuth (2010). We refer to these connected components as the blocks of $G_{reg}^N$.

**Algorithm 1.** (Obtaining a Markov equivalent directed acyclic graph from a regression graph). *Start from any given $G_{reg}^N$ which has a chordal concentration graph and no chordless collision path in four nodes.*

1. Apply the maximum cardinality search algorithm on the block consisting of full lines to order the nodes of the block.

2. Orient the edges of the block from a higher number to a lower one.

3. Replace collision Vs by sink Vs, i.e. replace $i\ldots o \dashrightarrow k$ and $i\ldots o \leftrightarrow k$ by $i\ldots o \dashrightarrow k$ when $i$ and $k$ are uncoupled. When a dashed line in a block is replaced by an arrow, label the endpoints such that the arrow is from a higher number to a lower one if the labels do not already exist.

4. Replace dashed lines $i\ldots o \dashrightarrow k$ of triangles by a sink path $i\ldots o \leftrightarrow k$. When a dashed line in a block is replaced by an arrow, label the endpoints such that the arrow is from a higher number to a lower one if the labels do not already exist.

5. Replace dashed lines by arrows from a higher number to a lower one.
Continually apply each step until it is not possible to continue applying it further. Then move to the next step.

**Lemma 5.** For a regression graph with a chordal concentration graph and without chordless collision paths in four nodes, Algorithm 1 generates a directed acyclic graph that is Markov equivalent to $G^N_{\text{reg}}$.

**Proof.** The generated graph is directed since by Algorithm 1, all edges are turned into arrows. Since the block containing full lines is chordal, the graph generated by the perfect elimination order of the maximal cardinality search does not have a directed cycle; see Blair and Peyton (1993) Section 2.4 and Tarjan and Yannakakis (1984).

In addition, the arrows present in the graph do not change by the algorithm. Thus, to generate a cycle containing an arrow of the original graph, there should have been a cycle in the directed graph generated by replacing blocks by nodes. But, this is impossible in a regression graph. Therefore in the generated graph, there is no cycle containing arrows that have been between the blocks of the original graph.

Within a block, all arrows point from nodes with higher numbers to nodes with lower ones. Otherwise, there would have been at step 3 of the algorithm a chordless collision path with four nodes in the graph. Hence no directed cycle can be generated.

Theorem 1 gives Markov equivalence to $G^N_{\text{reg}}$ since Algorithm 1 preserves the skeleton of $G^N_{\text{reg}}$ and no additional collision $V$ is generated because sink oriented $V$s remain, only dashed lines are turned into arrows and no arrows are changed to dashed lines.

Notice that this algorithm does not generate a unique directed acyclic graph, but every generated directed acyclic graph is Markov equivalent to the given regression graph. To obtain the overall complexity of Algorithm 1, we denote by $n$ the number of nodes in the graph and by $e$ the number of edges in the graph.

**Corollary 2.** The overall complexity of Algorithm 1 is $O(e^3)$.

**Proof.** Suppose that the input of Algorithm 1 is a sequence of triples, each of which consists of the two endpoints of an edge and of the type of edge. The length of this sequence is equal to $e$ and the highest number appearing in the sequence is $n$. For example, the sequence to the graph of Figure 15a) is \(((1, 2, d), (3, 1, a), (5, 2, a), (4, 3, d), (4, 5, d))\), where ‘d’ corresponds to a dashed line and ‘a’ corresponds to an arrow pointing from the first entry to the second one. Notice that this labeling is in general not the same as the ordering of nodes given by Algorithm 1.

The first two steps of Algorithm 1 can be performed in $O(e + n)$ time; see Blair and Peyton (1993). Step 3 of Algorithm 1 may be performed in $e(e + 1)(e - 2)/2$ steps since for each edge, one can go through the edge set to find the edges that give a three node
path with an inner collision node. This needs $e(e + 1)/2$ steps. For each collision node, one goes again through the edge set, excluding the two edges involved in the collision path, to check if the collision is a V. Other actions can be done in constant time.

Step 4 may require $ne(e + 1)/2$ steps since paths considered $\circ\cdots\circ\cdots\circ$ which do not form a V. Therefore, there is no reason to go through the edge set for the third time, but one might need to go through the node ordering to decide on the direction of the generated arrow. The last step may be performed with $ne$ steps by going through the edge set changing ‘d’s to ‘a’s appropriately by looking at the node ordering. Therefore, the overall complexity of Algorithm 1 is $O(e^3)$.

Corollary 2 and Propositions 4 to 8 can now be derived as special cases of Theorem 1 and Lemma 4. In addition by using Lemma 1, Lemma 2 and pairwise independences, subclasses of regression graphs can be identified which intersect with directed acyclic graphs, with other types of chain graphs, with concentration graphs or with covariance graphs.

**Theorem 2.** A regression graph with a chordal graph for the context variables can be oriented to be Markov equivalent to a directed acyclic graph in the same skeleton, if and only if it does not contain any chordless collision path in four nodes.

**Proof.** Every chordal concentration graph can be oriented to be equivalent to a directed acyclic graph; see Tarjan and Yannakakis (1984). A missing edge for node pair $i < k$ in a directed acyclic graph means $i \perp \perp k \mid i \setminus k$ which would contradict 2(iii) if the graph contained a semi-directed chordless collision path in four nodes. No undirected chordless collision path in four nodes can be fully oriented without changing a collision V into a transmitting V, but $G_{reg}^N$ can be oriented using Algorithm 1 if it contains no such path.

Notice that for joint Gaussian distributions, Theorem 2 excludes Zellner’s seemingly unrelated regressions and it excludes covariance graphs that cannot be made Markov equivalent to fully directed acyclic graphs; see Proposition 4.

**Proposition 8.** A multivariate regression graph with connected components $g_1, \ldots, g_J$ is an AMP chain graph in the same connected components if and only if the covariance graph of every connected component $g_1, \ldots, g_r$ of responses is complete.

**Proof.** The conditional relations of the joint response nodes in an AMP chain graph coincide with those of the regression graph with the same connected components. Furthermore, the subgraph induced by each connected component $g_j$ of an AMP chain graph is a concentration graph given $g_{>j}$ while in $G_{reg}^N$ it is a covariance graph given $g_{>j}$. By Proposition 6, these have to be complete for Markov equivalence.
Proposition 9. A multivariate regression graph with connected components \( g_1, \ldots, g_J \) is a LWF chain graph in the same connected components if and only if it contains no semi-directed chordless collision path in four nodes and the covariance graph of every connected response component \( g_1, \ldots, g_r \) is complete.

Proof. The proof for the connected components of a LWF chain graph is the same as for an AMP chain graph since they both have concentration graphs for \( g_j \) given \( g_{>j} \). The dependences of joint responses \( g_j \) on \( g_{>j} \) coincide in a LWF chain graph with the bipartite part of the concentration graph in \( g_j \cup g_{>j} \) so that Markov equivalent independence statements can only hold with these bipartite graphs being complete.

Figure 16 illustrates Propositions 2 to 9 with modified graphs of Figure 4.

Figure 16: The graph of Figure 4 modified by adding edges to obtain a graph that is Markov equivalent to a) a directed acyclic graph b) an AMP chain graph in the same connected components c) a LWF chain graph in the same connected components.

The graphs in Figure 16 are Markov equivalent to a) a directed acyclic graph with the
same skeleton obtainable by Algorithm 1, b) an AMP chain graph in the same connected components and c) a LWF chain graph in the same connected components.

In general, by inserting some edges, a regression graph model can be turned into a model in one of the intersecting classes used in Propositions 2 to 9, just as a non-chordal graph may be turned into chordal one by adding edges. When the independence structure of interest is captured by an edge-minimal regression graph, then the resulting graph after adding edges will no longer be an edge-minimal graph and hence not give the most compact description possible.

However, the graph with some added edges may define a covering model that is easier to fit than the reduced model corresponding to the edge-minimal graph, just as an unconstrained Gaussian bivariate response regression on two regressors may be fitted in closed form, while the maximum-likelihood fitting in the reduced model of Zellner’s seemingly unrelated regression requires iterative fitting algorithms. Any well-fitting covering model in the three intersecting classes will show week dependences for the edges that are to be removed to obtain an edge-minimal graph.

Notice that sequences of regressions in the intersecting class with LWF chain graphs correspond for Gaussian distributions to sequences of the general linear models of Anderson (1958), that is to models in which each joint response has the same set of regressor variables. This shows in $G_{\text{reg}}^N$ by identical sets of nodes from which arrows point to each node within a connected component.

In contrast, the models in the intersecting classes with the two types of undirected graph may be quite complex in the sense of including many merely generated chordless cycles of size four or larger.

**Proposition 10.** A multivariate regression graph has the skeleton concentration graph if and only if it contains no collision $V$ and it has the skeleton covariance graph if and only if it contains no transmitting $V$.

*Proof.** Every $V$ is a collision $V$ in a covariance graph and a transmitting $V$ in a concentration graph implying contradictory independences; see Lemma 1, Lemma 2.

Lastly, Figure 17 shows the overall concentration graph induced by $G_{\text{reg}}^N$ of Figure 4. It may be obtained from the given $G_{\text{reg}}^N$ by finding first the smallest intersecting covering LWF chain graph in the same connected components, then closing every sink $V$ and finally changing all edges to full lines.

In such a graph, several chordless cycles in four or more nodes may be induced and the connected components of $G_{\text{reg}}^N$ may no longer show. In such a case, much of the important structure of the generating regression graph is lost. In addition, merely induced chordless cycles require iterative algorithms for maximum-likelihood estimation,
even for Gaussian distributions. Thus, in the case of connected joint responses, it may be unwise to use a model search within the class of concentration graph models.

![Figure 17: The overall concentration graph induced by the regression graph in Figure 4.](image)

This contrasts with LWF chain graphs that coincide with regression graphs, such as in Figure 16c). These preserve the available prior knowledge about the connected components and give Markov equivalence to directed acyclic graphs so that model fitting is possible in terms of single response regressions, that is by using just univariate conditional densities. In addition, the simplified criteria for Markov equivalence of directed acyclic graphs apply.

On the other hand, sequences of regressions which coincide with LWF chains, permit also to model simultaneous intervention on a set of variables since the corresponding independence graphs are directed and acyclic in nodes representing vector variables. This represents a conceptually much needed extension of distributions generated over directed acyclic graphs in nodes representing single variables, but excludes the more specialized seemingly unrelated regressions and includes only complete covariance graphs.

**Appendix: Details of regressions for the chronic pain data**

The following tables show the results of linear least-squares regressions or logistic regressions, one at a time, for each of the response variables and for each component of a joint response separately. At first, each response is regressed on all its potentially explanatory variables given by their first ordering. The tables give the estimated constant term and for each variable in the regression, its estimated coefficient (coeff), the estimated standard deviation of the coefficient (s_coeff), as well as the ratio $z_{obs} = \text{coeff} / s_{\text{coeff}}$. These ratios are compared with 2.57, the 0.995 quantile of a random variable $Z$ having a standard Gaussian distribution, for which $\Pr(Z > |2.57|) = 0.01$. In backward selection steps, the variable with the smallest observed value $|z_{obs}|$ is deleted from a regression equation, one at a time, until the threshold is reached.

This defines a selected model, unless one of the excluded variables has a contribution
of $\mid z\text{'}_{\text{obs}}\mid > 2.57$ when added alone to the selected directly explanatory variables, then such a variable needs to be included as an important directly explanatory variable. This did not happen in the given data set.

Response: $Y$, success of treatment; linear regression including a quadratic term

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | $z\text{'}_{\text{obs}}$ |
| constant              | 23.40          | 20.50    |          |
| $Z_a$, pain intensity after | -1.73 0.15 -11.19 | -1.89 0.15 -12.77 |          |
| $X_a$, depression after | -0.16 0.05 -3.04 |          | -1.86 |
| $Z_b$, pain intensity before | 0.04 0.16 0.26 |          | 0.65 |
| $X_b$, depression before | 0.10 0.05 1.82 |          | 0.33 |
| $U$, pain chronicity   | -0.15 0.30 -0.51 |          | -0.99 |
| $A$, site of pain      | -2.27 0.91 -2.48 |          | -2.33 |
| $V$, previous illnesses| 0.19 0.11 1.76 |          | 1.24 |
| $B$, level of schooling| -0.50 0.78 -0.64 |          | -0.22 |

$(Z_a - \text{mean}(Z_a))^2$

| coeff | $s_{\text{coeff}}$ | $z_{\text{obs}}$ | $z\text{'}_{\text{obs}}$ |
|-------|---------------------|------------------|------------------|
| 0.18  | 0.23                | 3.41             |                  |

$R^2_{\text{full}} = 0.54$  
Selected model $Y : Z_a + Z_a^2$  
$R^2_{\text{sel}} = 0.49$

Response: $Z_a$, intensity of pain after treatment; linear regression

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | $z\text{'}_{\text{obs}}$ |
| constant              | 2.74           | 2.98     |          |
| $Z_b$, pain intensity before | 0.12 0.08 1.60 | 0.16 0.07 2.16* |          |
| $X_b$, depression before | 0.03 0.02 1.28 |          | 1.76 |
| $U$, pain chronicity   | 0.11 0.14 0.75 |          | 1.43 |
| $A$, site of pain      | 1.07 0.42 2.51 | 1.27 0.39 3.26 |          |
| $V$, previous illnesses| 0.00 0.05 0.03 |          | 0.83 |
| $B$, level of schooling| -0.19 0.37 -0.52 |          | -0.70 |

$R^2_{\text{full}} = 0.09$  
Selected model $Z_a : Z_b + A$  
$R^2_{\text{sel}} = 0.07$

*: depression before treatment is selected because of repeated measurement, the low correlation is due to a change in measuring, before and after treatment
Response: $X_a$, depression after treatment; linear regression

| explanatory variables | starting model | selected | excluded |
|------------------------|----------------|----------|----------|
|                        | coef | se | $z_{obs}$ | coef | se | $z_{obs}$ | $z'_{obs}$ |
| constant                | 2.54 | -  | -         | 4.55 | -  | -         | -         |
| $Z_b$, pain intensity before | -0.05 | 0.22 | -0.23 | -     | -  | -         | -0.21     |
| $X_b$, depression before | 0.62 | 0.06 | 10.43 | 0.68 | 0.05 | 12.68    | -         |
| $U$, pain chronicity    | 0.96 | 0.42 | 2.28    | -     | -  | -         | 2.31      |
| $A$, site of pain       | -1.19 | 1.25 | -0.95   | 1.27 | 0.39 | 3.26     | -0.10     |
| $V$, previous illnesses | 0.05 | 0.15 | 0.35    | -     | -  | -         | 1.08      |
| $B$, level of schooling  | -0.15 | 1.09 | 0.14    | -     | -  | -         | -0.01     |

$R^2_{full} = 0.46$  Selected model $X_a : X_b  \quad R^2_{sel} = 0.45$

The tables show for linear models also $R^2$, the coefficient of determination, both for the full and for the selected model. Multiplied by 100, it gives the percentage of the variation in the response explained by the model.

In the linear regression of $Z_a$ on $X_a$ and on $Z_b, A, X_b$, the directly explanatory variables of both $Z_a$ and $X_a$, the contribution of $X_a$ leads to $z_{obs} = 3.40$ which coincides – by definition – with $z_{obs}$ computed for the contribution of $Z_a$ in the linear regression of $X_a$ on $Z_a$ and on the directly explanatory variables of both $Z_a$ and $X_a$. Hence the two responses are correlated even after considering the directly explanatory variables and a dashed line joining $Z_a$ and $Z_b$ is added to the well-fitting regression graph in Figure 8.

Response: $Z_b$, intensity of pain before; linear regression

| explanatory variables | starting model | selected | excluded |
|------------------------|----------------|----------|----------|
|                        | coef | se | $z_{obs}$ | coef | se | $z_{obs}$ | $z'_{obs}$ |
| constant                | 7.60 | -  | -         | 7.38 | -  | -         | -         |
| $U$, pain chronicity    | 0.10 | 0.13 | 0.77   | -     | -  | -         | 0.59      |
| $A$, site of pain       | -0.58 | 0.40 | -1.44  | -     | -  | -         | -1.20     |
| $V$, previous illnesses | 0.02 | 0.05 | 0.46   | -     | -  | -         | 0.72      |
| $B$, level of schooling  | -0.94 | 0.35 | -2.70  | -0.89 | 0.22 | -2.65    | -         |

$R^2_{full} = 0.05$  Selected model $Z_a : B  \quad R^2_{sel} = 0.03$
Response: $X_b$, depression before; linear regression

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff | $s_{coeff}$ | $z_{obs}$ | coeff | $s_{coeff}$ | $z_{obs}$ | $z'_{obs}$ |
| constant              | 10.96 | –         | –         | 7.31  | –         | –         | –         |
| $U$, pain chronicity  | 1.97  | 0.49      | 4.02      | 1.78  | 0.46      | 3.87      | –         |
| $A$, site of pain     | –2.33 | 1.50      | –1.55     | –     | –         | –         | –1.42     |
| $V$, previous illnesses | 0.54  | 0.18      | 2.99      | 0.55  | 0.18      | 3.06      | –         |
| $B$, level of schooling | –1.10 | 1.31     | –0.84     | –     | –         | –         | –0.57     |

$R^2_{full} = 0.18$  Selected model $X_b : U + V$  $R^2_{sel} = 0.17$

In the linear regression of $Z_b$ on $X_b$ and on $U, A, B$, the directly explanatory variables of both $Z_b$ and $X_b$, the contribution of $X_b$ leads to $z_{obs} = 2.64$ which coincides with $z_{obs}$ computed for the contribution of $Z_b$ in the linear regression of $X_b$ on $Z_a, U, A, B$. Hence the two responses are associated after considering their directly explanatory variables and there is a dashed line joining $Z_b$ and $X_b$ in the regression graph of Figure 8.

Response: $U$, chronicity of pain; linear regression

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff | $s_{coeff}$ | $z_{obs}$ | coeff | $s_{coeff}$ | $z_{obs}$ | $z'_{obs}$ |
| constant              | 2.93  | –         | –         | 2.47  | –         | –         | –         |
| $A$, site of pain     | 0.95  | 0.21      | 4.58      | 1.02  | 0.20      | 5.02      | –         |
| $V$, previous illnesses | 0.14  | 0.02      | 5.83      | 0.14  | 0.02      | 5.92      | –         |
| $B$, level of schooling | –0.27 | 0.19     | –1.43     | –     | –         | –         | –1.43     |

$R^2_{full} = 0.26$  Selected model $X_b : A + V$  $R^2_{sel} = 0.25$

Response: $A$, site of pain; logistic regression

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff | $s_{coeff}$ | $z_{obs}$ | coeff | $s_{coeff}$ | $z_{obs}$ | $z'_{obs}$ |
| constant              | 0.26  | –         | –         | 0.52  | –         | –         | –         |
| $V$, previous illnesses | 0.05  | 0.04      | 1.22      | –     | –         | –         | 1.22      |
| $B$, level of schooling | –1.25 | 0.40     | –3.11     | –1.28 | 0.40      | –3.18     | –         |

Selected model $A : B$

36
Response: $V$, previous illnesses; linear regression

| explanatory variables | starting model | selected | excluded |
|-----------------------|----------------|----------|----------|
|                       | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | coeff $s_{\text{coeff}}$ $z_{\text{obs}}$ | $z'_{\text{obs}}$ |
| constant              | 6.41 $-$ $-$ | 5.33 $-$ $-$ | $-$ $-$ |
| $B$, level of schooling| $-$0.65 0.54 $-$1.20 $-$ $-$ | $-$ $-$ $-$ $-$ |

Selected model $V$:

The relatively strict criterion, for excluding variables, assures that all edges in the derived regression graph correspond to dependences and associations that are considered to be substantive in the given context. Had instead a 0.975 quantile been chosen as threshold, then one arrow from $A$ to $Y$ and another from $U$ to $X_a$ would have been added to the regression graph. Though this would correspond to a better goodness-of-fit, such weak dependences are less likely to become confirmed as being important in follow-up studies.

The subgraph induced by $Z_a, Z_b, X_a, X_b$ of the regression graph in Figure ?? corresponds to two seemingly unrelated regressions, a term coined by Zellner (1962). In this situation, separate least-squares regressions can lead to estimates that differ for joint Gaussian distributions much from the proper maximum-likelihood estimates (m.l.e) because the responses are correlated; see (Havelmoo, 1943). There may even exist several solutions to the likelihood equations; see Drton and Richardson (2004).

However for the present data, the structure is so evidently well-fitting in a covering model that none of these potential problems are relevant, that is in the unconstrained multivariate regression of $Z_a$ and $X_a$ on $Z_b, X_b, U, V, A, B$.

With $C = \{U, V, A, B\}$, this is evident from the observed covariance matrix of $Z_a, X_a$ given $Z_b, X_b, C$, denoted here by $\hat{\Sigma}_{aa|bC}$ and the observed regression coefficient matrix $\hat{\Pi}_{a|b,C}$ being almost identical to the corresponding m.l.e $\hat{\Sigma}_{aa|bC}$ and $\hat{\Pi}_{a|b,C}$.

The former can be obtained by sweeping or partially inverting the observed covariance matrix of the eight variables with respect to $Z_b, X_b, C$ and the latter by using an adaption of the EM-algorithm, due to Kiiveri (1989), on the observed covariance matrix of the four symptoms, corrected for linear regression on $C$. In this way, one gets

$$\hat{\Sigma}_{aa|bC} = \begin{pmatrix} 5.61 & 3.91 \\ 3.91 & 48.37 \end{pmatrix}, \quad \hat{\Sigma}_{aa|bC} = \begin{pmatrix} 5.66 & 3.94 \\ 3.94 & 48.41 \end{pmatrix},$$

$$\hat{\Pi}_{a|b,C} = \begin{pmatrix} 0.12 & 0.03 \\ -0.05 & 0.62 \end{pmatrix}, \quad \hat{\Pi}_{a|b,C} = \begin{pmatrix} 0.14 & 0.00 \\ 0.00 & 0.60 \end{pmatrix}.$$
The assumed definition of the joint distribution in terms of univariate and multivariate regressions assures that the overall fit of the model can be judged locally in two steps. First, one compares each unconstrained, full regression of a single response with regressions constrained by some independences, that is by selecting a subset of directly explanatory variables from the list of the potentially explanatory variables. Next, one decides for each component pair of a joint response whether this pair is conditionally independent given their directly explanatory variables considered jointly. This can again be achieved by single univariate regressions, as illustrated above for $Z_a$ and $X_a$.

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