Deterrent activities in the crude lipophilic fractions of Antarctic benthic organisms: chemical defences against keystone predators

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Abstract

Generalist predation constitutes a driving force for the evolution of chemical defences. In the Antarctic benthos, asteroids and omnivore amphipods are keystone opportunistic predators. Sessile organisms are therefore expected to develop defensive mechanisms mainly against such consumers. However, the different habits characterizing each predator may promote variable responses in prey. Feeding-deterrence experiments were performed with the circumpolar asteroid macropredator Odontaster validus to evaluate the presence of defences within the apolar lipophilic fraction of Antarctic invertebrates and macroalgae. A total of 51% of the extracts were repellent, yielding a proportion of 17 defended species out of the 31 assessed. These results are compared with a previous study in which the same fractions were offered to the abundant circum-Antarctic amphipod Cheirimedon femoratus. Overall, less deterrence was reported towards asteroids (51%) than against amphipods (80.8%), principally in sponge and algal extracts. Generalist amphipods, which establish casual host-prey sedentary associations with biosubstrata (preferentially sponges and macroalgae), may exert more localized predation pressure than sea stars on certain sessile prey, which would partly explain these results. The nutritional quality of prey may interact with feeding deterrents, whose production is presumed to be metabolically expensive. Although optimal defence theory posits that chemical defences are managed and distributed as to guarantee protection at the lowest cost, we found that only a few organisms localized feeding deterrents towards most exposed and/or valuable body regions. Lipophilic defensive metabolites are broadly produced in Antarctic communities to deter opportunistic predators, although several species combine different defensive traits.

Predation constitutes an interaction in which an organism attacks another, resulting in its eventual digestion. In prey with clonal growth, predation normally occurs only on a part of the victim, rarely invoking death (Heck & Valentine 1995; Sánchez et al. 2004). After sub-lethal attacks, this type of prey may respond with plastic anti-predatory behaviour, morphology or chemistry, or a combination (Harvell 1984; Vermeij 1994). One efficient weapon against predation is chemical defence. Many natural substances that display allelochemical (signalling) roles have no known primary metabolic function. These are considered secondary metabolites and are presumably costly but essential for fitness. Anti-feedant chemical defences have been described in marine organisms, such as phlorotannins and terpene alcohols in algae, alkaloids in poriferans and dithiocarbamates in hydrozoans, which decrease the vulnerability of susceptible prey to future attacks (Cronin & Hay 1996; Lindquist 2002; Thoms et al. 2007; Toth et al. 2007). Chemical defences are an investment, as organisms must divert energy otherwise assigned
Chemical defences towards Antarctic keystone predators

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to growth or reproduction and its cost is compensated by greater survival potential (Harvell 1990). Several theories have been formulated to explain where energy is saved and the costs of chemical defence minimized. The optimality theory (OT) proposes the use of all-purpose defensive tactics against a variety of enemies (Herms & Mattson 1992). The optimal defence theory (ODT) postulates that deterrent metabolites are directed to particular types of predator and that they work together with other defensive traits to assure survival. According to the ODT, defensive chemicals are allocated to the most valuable or vulnerable tissues (Rhoades & Gates 1976).

The mechanisms by which defensive metabolites promote predation avoidance are still unknown since many are not highly poisonous but instead seem to have an effect promoting bad taste (Paul 1992; McClintock & Baker 2001). Nutritional quality must also be taken into consideration since some repellents are more (or only) effective in low-quality foods. This is likely because nutrients may bind to deterrent molecules or compete with these for enzymes, masking the stimuli that elicit rejection (Duffy & Paul 1992; Cruz-Rivera & Hay 2003).

Hence, highly nutritive potential prey likely require larger amounts of, or more potent, defences to avoid consumption, while prey items of lower nutrient content tend to develop weaker defensive systems. For this reason, there are also costs for consumers: because they may need energetically expensive detoxification mechanisms when ingesting chemically defended organisms, they often eat poor-quality foods made up of undefended organisms (Hay et al. 1987; Lindquist & Hay 1995; Cruz-Rivera & Hay 2003). By consuming small amounts of a variety of foods, predators may dilute the possible negative effects derived from ingesting defensive metabolites, while also accruing the nutritional benefits derived from a mixed diet (Bernays et al. 1994; Stachowicz et al. 2007; Sotka et al. 2009). As generalist predators are more prevalent, defences tend to be developed against them as opposed to specialists (Paul et al. 2007).

Antarctic sea floors are characterized by unpredictable food availability, driving most consumers to develop flexible opportunistic foraging strategies. There is a predominantly circumpolar distribution of many of the dominant benthic organisms including keystone macroinvertebrate predators, mainly asteroids (Dayton et al. 1974; McClintock 1994). Populations of amphipods with diversified diets are found in extremely high densities in association with biosubstrata, which often represent their potential prey as well as their shelter (see De Broyer et al. 2007 for a review). In this case, small sedentary consumers could constitute a potential threat, sometimes worse than larger wandering predators, such as echinoderms or fish (Hay et al. 1987; McClintock & Baker 2001; Toth et al. 2007).

Sea stars feed by extruding the cardiac stomach against their food items (Sloan 1980; Brusca & Brusca 2003). Hence, in Antarctic waters, where sea stars are keystone predators (McClintock 1994), ODT would predict that defences would be concentrated primarily in the outermost body parts of prey. However, it should be noted that other effective consumers of smaller size, like small crustaceans, may promote different types of defence distribution, especially in prey with large body perforations (i.e., oscula), like hexactinellid sponges that may be attacked from the inside (Peters et al. 2009).

In Antarctic marine organisms, measures to deter consumption have been well documented by research using sea stars as model consumers; however, post-ingestion repulsive reactions have been scarcely tested (for reviews see Avila et al. 2008; McClintock et al. 2010; Taboada et al. 2012). The current study evaluates the palatability of Antarctic benthic invertebrates and algae with respect to the sympatric asteroid predator, Odontaster validus. Our past research has focused on the ecological role of lipidic metabolites in Southern Ocean organisms, in part because known feeding deterrents in marine environments are mostly lipid-soluble (Sotka et al. 2009). In this study, we sought to evaluate defensive strategies developed against a common consumer—O. validus—in Antarctic waters by using the lipophilic fractions of selected organisms to determine the presence of apolar defences and the hypothetical within-body allocation of deterrents. The results are discussed and compared with previous experiments with another important predator, the amphipod Cheirimedon femoratus.

Materials and methods

Field collection of Antarctic benthic samples

Benthic invertebrates and algae were collected during four Antarctic cruises: two in the Eastern Weddell Sea on board the RV Polarstern (ANT XV/3 and ANT XXI/2 cruises); a third one on board the RV Bío Hesperides around the South Shetland Islands (ECOQUIM-2 cruise); and the fourth at Deception Island (ACTIQUIM-1 campaign). Sampling took place at a total of 24 stations between 0 and 1524 m depth by using bottom and Agassiz trawls (AGTs) and an epibenthic sledge (ES) and, at shallow sites, by scuba diving (SD). At collection, all invertebrate and macroalgal samples exhibited a healthy, fresh appearance; none of them showed signs of decomposition. Specimens belonging to the same species and
from the same collecting station were grouped as a single sample, representing the mean population of each site. Fresh organisms were then photographed on deck, and a representative portion of each sample was fixed in 10% formalin solution for further taxonomical identification at the University of Barcelona. The rest of the material was subsequently frozen at \(-20^\circ\text{C}\) and shipped back to our laboratory, where it was preserved until processed.

**Processing of samples: dissections and chemical extraction procedures**

Invertebrate samples with large enough volumes to allow dissection were divided into different body parts in order to determine the potential chemical defences present in these different parts. Samples were dissected as follows: sponges were divided into internal/external and apical/basal regions; pennatulacean cnidarians into poliparium/axe/peduncle; and ascidians into external/internal parts. All whole and dissected invertebrate samples and algae were then chemically extracted with acetone using a pestle at room temperature. The resulting extract was fractioned in diethyl ether and afterwards in butanol, using a rotary evaporator. All steps were repeated three times, except for the butanol fractionation, which was done only once. At the end, we obtained a dry ether and a dry butanol fraction and an aqueous residue. The dry ether and butanol fractions were weighted and divided into the total dry weight of the corresponding sample, as follows: DW (total dry weight) = EE (ether extract) + BE (butanol extract) + DR (dry extracted residue). This yielded extracts at the natural sample concentration: \(N = EE/DW\) (Table 1). See Núñez-Pons et al. (2012) for detailed information regarding sample collection and extraction yields.

**Feeding-deterrence bioassays with sea stars**

Individuals of the Antarctic asteroid *Odontaster validus*, measuring between 6 and 10.5 cm diameter, were collected at different sites in Port Foster Bay, Deception Island, South Shetland Islands, Antarctica (62° 59.369' S, 60° 33.424' W), for feeding-repellence assays during the ACTIQUIM-1 (December–February 2008/09) and ACTIQUIM-2 (January 2010) cruises by SD from 3 to 15 m depth. Once testing was over, the sea stars were returned to the sea.

*Odontaster validus* is a predator commonly used in feeding acceptability studies (for review see Avila et al. 2008). This asteroid is readily available, and its feeding response lends itself quite well to laboratory bioassays. The collected sea stars were kept in large tanks of seawater at Spain’s Gabriel de Castilla Station on Deception Island and were deprived of food for 5 days. The methodology followed in the experiments is detailed elsewhere (Avila et al. 2000; Iken et al. 2002). In brief, the assays consisted of 10 replicates, each with a 2.5 L container filled with seawater and one sea star, which was presented with a shrimp feeding cube sufficiently small (5 × 5 × 5 mm; 13.09 ± 3.43 mg of dry mass) to be fully consumed by the asteroid. These tiny shrimp food items contained 12.4% protein, 9.1% carbohydrates and 1.5% lipids, and 17.8 kJ g\(^{-1}\) in dry wt and 4.1 kJ g\(^{-1}\) wet wt, according to the manufacturer’s nutritional information and the Atwater factor system (Atwater & Benedict 1902). They were loaded either with lipophilic extracts from Antarctic invertebrates and algae, applied at their respective natural concentration in the treatment test, or with solvent carrier alone (diethyl ether) in the control tests. In both cases, the solvent was left to totally evaporate under a flow hood. The factor to normalize tissue concentrations of each fraction (hereafter referred to as natural concentration) was calculated on a dry-weight basis employing the total dry weight of each sample, as previously mentioned. Dry weight was chosen, rather than volume or wet weight, because it eliminates the water content, which may entail notable deviations in aquatic porous samples (Table 1). When the sea stars everted the cardiac stomach and bolted down whole food cubes, we could measure the “defence per shrimp cube.” After 24 h, the food items that had been eaten were noted, and feeding repellence was evaluated by applying Fisher’s exact tests for each assay referred to the control run simultaneously (Sokal & Rohlf 1995; Fig. 1). Uneaten extract-treated shrimp pieces were preserved frozen for further extraction and analysis by thin layer chromatography to check for possible alterations in the extracts. No changes were observed. Because EEs are not hydrophilic and the water temperature was fairly cold (ca. –1°C), little, if any, loss to the water column was expected.

**Results**

A total of 31 species comprising 40 samples of Antarctic sponges (eight), cnidarians (13), ascidians (eight), bryozoans (one), echinoderms (one), hemichordate pterobranchs (one) and macroalgae (eight) yielded 52 lipophilic extracts, which were tested in feeding acceptability assays against the Antarctic macropredator sea star *Odontaster validus*. The control assays revealed a minimum consumption rate of seven pieces of shrimp out of 10 in all tests. Significant repellent activities towards *O. validus* were detected in 17 species out of the 31 assessed. Of the 49
### Table 1

Data from the Antarctic benthic organisms analysed. The second column shows the natural concentration values (%) of diethyl ether extracts (EE) in each sample, obtained by dividing EE weight by the total dry weight.

| Taxonomic group and species name | % N\textsubscript{EE} in dry weight | Location | Gear | Depth (m) |
|---------------------------------|------------------------------------|----------|------|-----------|
| **Algae**                       |                                    |          |      |           |
| *Ochrophyta*                    |                                    |          |      |           |
| *Adenocystis utricularis* (Bory de Saint-Vincent) Skottsberg 1907 | 5.87 | Snow Is. | SD | 1.5       |
| *Ascoseira mirabilis* Skottsberg 1907 | 2.79 | Livingston Is. | SD | 0.7       |
| *Desmarestia aniceps* Montagne 1842 | 7.63 | Deception Is. | SD | 7.5       |
| *Desmarestia antarctica*\textsuperscript{a} Moe & Silva 1989 epiphyted by Geminocarpus austrogeorgiae Skottsberg, 1907 | 4.49 | Livingston Is. | SD | 0.7       |
| *Desmarestia menziesii*\textsuperscript{b} J. Agardh 1848 | 1.35 | Deception Is. | AGT | 109.7     |
| *Rhodophyta*                   |                                    |          |      |           |
| *Georgiella confluens* (Reisch) Kylin 1956 | 0.97 | Livingston Is. | SD | 0.7       |
| *Gigartina skottsbergii* Setchell & Gardner, 1936 | 0.25 | Deception Is. | SD | 12        |
| *Palmaria decipiens* (Reinsch) Ricker 1987 | 0.66 | Deception Is. | SD | 1.3       |
| **Porifera**                    |                                    |          |      |           |
| *Demospongiae*                 |                                    |          |      |           |
| *Isodictya toxophila* Burton, 1932 | API: 5.28; BAS: 6.79 | Weddell Sea | BT | 332.8     |
| *Hexactinellida*               |                                    |          |      |           |
| *Anoxycaulys* (Scyphistoma) joubini Topsen, 1916 (1) | API: 1.29; BAS: 0.73 | Weddell Sea | AGT | 175.2     |
| *Anoxycaulys* (Scyphistoma) joubini Topsen, 1916 (2) | EXT: 2.60; INT: 1.83 | Weddell Sea | BT | 290.8     |
| *Rossella fribulata* Schulze & Kirkpatrick, 1910 | EXT: 1.19; INT: 1.75 | Weddell Sea | BT | 332.8     |
| *Rossella nuda* Topsen, 1901 | 1.17 | Weddell Sea | BT | 308.8     |
| *Rossella vanhoffeni* (Schulze & Kirkpatrick, 1910) | API: 2.36; BAS: 0.61 | Weddell Sea | ES | 882       |
| *Rossella villosa* Burton, 1929 | API: 1.05; BAS: 0.99 | Weddell Sea | AGT | 288.0     |
| *Rossella sp.1* Carter, 1872 | EXT: 1.20; INT: 1.08 | Weddell Sea | AGT | 288.0     |
| **Cnidaria**                   |                                    |          |      |           |
| *Anthozoa*                      |                                    |          |      |           |
| *Alcyonium antarcticum* Wright & Studer, 1889 | 1.97 | Weddell Sea | BT | 337.2     |
| *Alcyonium haddoni* Wright & Studer, 1889 | 4.61 | Deception Is. | SD | 9         |
| *Alcyonium roseum* van Ohwegen, Häussermann & Försterra, 2007 | 3.21 | Weddell Sea | AGT | 416       |
| *Primnoisis antarctica* (Studer, 1878) (1) | 0.45 | Weddell Sea | BT | 294.8     |
| *Primnoisis antarctica* (Studer, 1878) (2) | 0.58 | Weddell Sea | BT | 294.8     |
| *Thouarella laxa* Versluys, 1906 (1) | 1.44 | Weddell Sea | BT | 308.8     |
| *Thouarella laxa* Versluys, 1906 (2) | 1.27 | Weddell Sea | BT | 290.8     |
| *Thouarella laxa* Versluys, 1906 (3) | 0.88 | Weddell Sea | BT | 294.8     |
| *Thouarella laxa* Versluys, 1906 (4) | 1.44 | Deception Is. | AGT | 100.4     |
| *Thouarella minuta* Zapata-Guardiola & López-González 2009 | 2.00 | Weddell Sea | BT | 338       |
| *Umbellula antarctica* Kükenhalth and Broch, 1911 | POL: 11.59; AX: 1.08 | Weddell Sea | BT | 338       |
| **Hydrozoa**                   |                                    |          |      |           |
| *Staurophyca antarctica* Hartlaub, 1904 | 3.93 | Weddell Sea | BT | 597.6     |
| *Symplocoscyphus glacialis* (Haderholm 1904) | 1.02 | Weddell Sea | AGT | 175.2     |
| **Chordata (Ascidiaeae)**      |                                    |          |      |           |
| *Aplidium falklandicum* Millar, 1960 | 4.20 | Weddell Sea | BT | 332.8     |
| *Aplidium fuegiense* Cunningham, 1871 | 7.71 | Weddell Sea | AGT | 228.4     |
| *Aplidium meridianum* (Sluiter, 1906) | 12.85 | Weddell Sea | BT | 284.4     |
| *Synoicum adareanum* (B&W) (Herdman, 1902) (1) | EXT: 2.00; INT: 3.31 | Weddell Sea | BT | 337.2     |
| *Synoicum adareanum* (B&W) (Herdman, 1902) (2) | API: 5.57; EXT: 1.81; INT: 2.73 | Weddell Sea | AGT | 288.0     |
| *Synoicum adareanum* (Brl) (Herdman, 1902) | 3.68 | Weddell Sea | AGT | 277.2     |
| *Synoicum adareanum* (O) (Herdman, 1902) (1) | 2.04 | Weddell Sea | AGT | 288.0     |
| *Synoicum adareanum* (O) (Herdman, 1902) (2) | EXT: 2.80; INT: 2.64 | Weddell Sea | BT | 337.2     |
| **Bryozoa**                    |                                    |          |      |           |
| *Isoschizoporella secunda* Hayward and Taylor, 1984 | 0.75 | Weddell Sea | AGT | 277.2     |
| **Echinodermata (Holoturoidea)** |                                    |          |      |           |
| *Peniagone vignoni* Herouard, 1901 | 2.19 | Weddell Sea | AGT | 1524.8    |
| **Hemichordata (Piterobranchia)** |                                    |          |      |           |
| *Cephalodiscus nigrescens* Lankester, 1905 | 7.43 | Weddell Sea | BT | 284.4     |
fractions tested, 25 indicated the presence of deterrents (51%). The remaining 14 species provided 24 extracts (49%) that were suitable for sea star consumption. In terms of groups, ascidians and cnidarians exhibited the highest activity with 83.3 and 61.5% of repellent extracts, respectively, followed by algae (25%) and sponges (23.1%; Fig. 2). The only bryozoan tested, as well as the holothurian samples were also significantly repellent, whereas the hemichordate pterobranch yielded an inactive ether fraction. In the group of the ascidians, both Synoicum adareanum (black and white morphotype [B&W]) samples 1 and 2 with internal fractions were rejected by O. validus, but their external lipophilic extracts were consumed (elicited no significant feeding deterrent activity). Most seaweed and poriferan fractions were suitable for sea star consumption, except for two algal extracts from Ascoseira mirabilis and Georgiella confluens, and two sponge fractions from Isodictya toxophyla and Rossella nuda, which were rejected. Finally, five cnidarian extracts, including those from the polyparium and axis body regions of Umbellula antarctica, two from samples of the gorgonians Primnoisis antarctica and Thouarella laxa, and one from the hydrozoan Staurotheca antarctica were accepted by the star (Table 1; Fig. 1).

Discussion

Feeding deterrence as means of defence against Antarctic benthic predators

The assays with the sea star Odontaster validus demonstrated a widespread presence of lipid-soluble deterrents within cnidarians and ascidians. The opposite pattern is shown in sponges and algae. The low deterrence we found in sponges conflicts with other published findings. Past studies, however, usually tested demosponge species, which are prolific sources of bioactive natural products and are presumably far better defended than the hexactinellids, which represent most of our Porifera (McClintock & Baker 2001; Avila et al. 2008; McClintock et al. 2010; Taboada et al. 2012).

When comparing the current study with parallel work testing the same fractions against the omnivore lyssianasid amphipod Cheirimedon femoratus (Núñez-Pons et al. 2012), we observed that out of the 49 lipophilic extracts assessed in both bioassays, 22 (44.9%) were deterrent and five (10.2%) were suitable for both predators. Therefore, 55.1% (27 fractions) elicited the same response in the two predators. Twenty-two fractions had different results for the two species, 19 (38.8%) being discouraging for the amphipod but palatable for O. validus, and the remaining three fractions were repellent just for the sea star. Overall, there was a 32.7% higher incidence of deterrency towards amphipod feeding than against sea star ingestion, especially in the groups of sponges and algae (Figs. 1, 2).

Even if O. validus and C. femoratus have both circumpolar-eurybathic distributions, and extensive generalist diets (scavenger, detritivore, planktivore; Bregazzi 1972; McClintock 1994; De Broyer et al. 2007), the distinct ecological habits of these predators may promote variable defensive responses in potential prey. In general, sea stars are mobile macropredators that start extra-oral digestion from the surface of the victims (Sloan 1980). Amphipods instead feed with minute peripheral bites, and only prolonged feeding would allow access to internal tissues. However, in prey organisms with evident openings, these small crustaceans may reach the inner regions to forage (Peters et al. 2009). We compare the results of the present study with those from Núñez-Pons et al. (2012), estimating prey protective adaptations against two different predators.

Methodological considerations and feeding deterrent activities

The experiments with Odontaster validus were no-choice feeding repellence tests, whereas those performed with Cheirimedon femoratus by Núñez-Pons et al. (2012) were preference assays with-choice. When allowed to choose between extract-treated versus palatable control food pearls, predators may be better able to discriminate repellent agents. Another difference in the two studies is that the diets were distinct in energetic content: alginate pearls used with the amphipod C. femoratus were less nutritious (19 kJ g⁻¹ dry wt and 1.5 kJ g⁻¹ wet wt) than the shrimp cubes presented to O. validus.
(17.8 kJ g\(^{-1}\) dry wt and 4.1 kJ g\(^{-1}\) wet wt; by Atwater factors; Atwater & Benedict 1902). Therefore, some repellent extracts might have been less evident in the sea star tests due to a higher nutritional value of shrimp compared to alginate pearls (and potentially compared to some of the samples too). Despite these modifications, we are still able to make comparative approximations related to deterrence potential since nutritious foods can interact with defensive metabolites and constrain the types or concentrations that might be efficacious in nature for discouraging predators. An idea of the potency of deterrents can be drawn by measuring their activity in the two kinds of experiments using assay foods of distinct energy content (Duffy & Paul 1992; Cruz-Rivera & Hay 2003). Most of the fractions deterrent to amphipods but accepted by sea stars came from less nutritious samples: hexactinellid sponges; and fibrous body parts: tunics of *S. adareanum* (B&W) and the stalk from *U. antarctica*. In these cases, moderate to poor chemical defence along with low nutritional value may operate in tandem to make these body parts less appealing. In general, the optimal assay foods are those energetically equivalent to the studied prey; however, *O. validus* would not feed on gelified diets (authors’ pers. obs.). This study tested only ether fractions, and possible defences exclusive to other fractions were not analysed.

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**Fig. 1** Bar diagrams of the feeding repellence bioassays with the sea star *Odontaster validus* for the four major groups assessed: (a) sponges, (b) cnidarians, (c) ascidians, (d) algae + minor groups (abbreviated as follows: Bryozoa [Bry], Echinodermata [Ech], Hemichordata [Hem]), showing the results of each paired test with control and extract-treated diets (EE), represented by the percentage of acceptance. Asterisks indicate significant differences with the control as the preferred food (Fisher’s exact test). The hexactinellid *S. (A.) joubini* sample 1 and the octocoral *Thouarella laxa* sample 2 were not assayed in this experiment. At the top of each graph the results are compared (Exact Wilcoxon test) with findings from feeding preference bioassays in a parallel study with the amphipod *Cheirimedon femoratus* (Núñez-Pons et al. 2012).
Macroalgae and sponges as potential prey or as potential host-and-prey

Lipophilic deterrence in algae was shown to be low towards sea stars and high towards amphipods. This could be due, in part, to a higher ingestion of algal material by C. femoratus ovigerous females and juveniles during summer (Bregazzi 1972). Hydrophilic deterrents (i.e., phlorotanins), often contributing to asteroid repellence in algae, could have been missed in our analysis (Amsler et al. 2005).

Antarctic benthic amphipods generally associate with living substrata with no obligate relationships (De Broyer et al. 2001), obtaining tri-dimensional habitat and food as well as chemical refuges from prospective enemies, like fish, when hosts are chemically defended (McClintock et al. 2009; Zamzow et al. 2010). Cheirimedon femoratus may be found as deep as 1500 m (Krapp et al. 2008). At Deception Island, it is both abundant and commonly found on macrophytes and poriferans (authors’ pers. obs.), similar to other northern Cheirimedon amphipods (Vader 1984). Such a niche is filled in some Antarctic areas by several other species (Huang et al. 2007; Amsler et al. 2009). Moreover, some algae act as a chemical refuges, including Desmarestia menziesii with lipophilic deterrents and D. anceps with hydrophilic defences; this might have been missed in our study, which only tested ether partitions. Our inactive extract of D. menziesii from deeper waters (ca. 110 m) may have different chemistry due to the variation in depths or the extraction protocol, which yielded unexpected inactivity. Other algae, like Palmaria decipiens, are more preferred as food (though not for our amphipod) but are not preferred as hosts (Amsler et al. 2005; Aumack et al. 2010; Bucolo et al. 2011). Analogous chemical refuges have not been described in Antarctic sponges, yet some defended species host dense amphipod populations (Amsler et al. 2009). Most of the seaweed and sponge fractions reflected no activity against O. validus, but were rejected by C. femoratus, which may use them as substrata and occasionally as prey. The few fractions that repelled both asteroids
and amphipods were those from the macroalgae Ascoseira mirabilis and Georgiella confluens, the demosponge Isodictya toxophila and the hexactinellid Rossella muda. Rossella muda is abundant and primarily foraged by spongivorous generalists, including O. validus. The richer fractions and repellent chemistry of I. toxophila supports the greater bioactivity of demosponges compared to glass sponges (McClintock 1987; Barthel 1995). Extracts that showed palatability in this study and also towards C. femoratus in our previous study were those from the algae Adenocystis utricularis and Desmarestia antarctica (second-year) epiphytized by Geminocarpus austrogeorgiae (Table 1, Fig. 1). Amsler et al. (2005) proposed that in second-year D. antarctica mild acidity could assist weak hydrophilic repellents against sea stars, while in first-year algae the lipophilic extract was already effective, suggesting a loss of lipophilic defences with senescence. Glass sponges are readily preyed upon by Odontaster and Acanthaster sea stars (McClintock 1987), and as it turns out, no lipophilic repellents or external defence allocation were shown to assist these sponges in asteroid avoidance (Furrow et al. 2003). Instead, efficient defences towards amphipods were found distributed throughout the volcano-shaped rossellids. Opportunistic amphipods, through lax associations, may influence the chemical ecology of macroalgae and sponges and change the expectations of the ODT (Rhoades & Gates 1976), replacing, in some cases, asteroids as the main inducers of defence distribution.

**Anti-predatory protection in other invertebrate groups**

Antarctic Cnidaria and Ascidacea are rich in bioactive metabolites (Blunt et al. 2013 and previous reports) and feeding repellents (Koplovitz et al. 2009; Núñez-Pons et al. 2010). Our cnidarian samples comprised hydrozoans and anthozoans whereas the ascidians included colonial species. Soft corals and colonial ascidians are highly energetic (16 and 15 kJ g⁻¹ dry wt, respectively; Slattery & McClintock 1995; McClintock et al. 2004), while hydroids and gorgonians are also quite nutritious (Coma et al. 1998). Either fraction yields may illustrate this outcome: ascidians ca. 4.9%; soft corals ca. 3.3%; gorgonians ca. 1.2% (Table 1). Antarctic cnidarians and ascidians represent transitory biosubstrata for amphipods in shelf communities not dominated by sponges or algae (Dayton et al. 1974; De Broyer et al. 2001). In the present study, most samples were chemically defended, but other tactics might co-occur in these groups.

Hydrozoans use lipophilic as well as nematocyst-based defences even if considered redundant by the OT (Herms & Mattson 1992; Stachowicz & Lindquist 2000; Lindquist 2002). *Staurometa antarctica* yielded a rich fraction deterrent to amphipods but inactive against sea stars. Nematocysts may protect against asteroids, which seem particularly vulnerable when stinging happens on sensitive ambulacrals feet or cardiac stomach mucosa, and Synthecidiidae hydroids are generally armoured with penetrating cnidoids, often injecting polar proteinaceous venoms (Shostak 1995; Ostman 2000). Thus, *S. antarctica*, in using repellent lipids against amphipods and nematocyst against asteroids, might contravene the OT. Nonetheless, polar fractions may contain other defences not tested here. The hydroid *Symplectoscyphus glacialis* (Family Sertulariidae) rarely presents penetrating nematocysts (Shostak 1995), and its extract was significantly deterrent to both predators. Regarding Anthozoa, *Umbellula antarctica* is a pennatulaceous with a fibrous axis and a distal crown of giant (3–4 cm long) polyps (Pasternak 1962; Dolan 2008). Both regions revealed distinct bioactivities and thin layer chromatography profiles, suggesting that lipid repellents were present only in the axis. The chemically unprotected and exposed polyparium is presumed to either rely on hydrophilic repellents and/or on nematocysts for defence, which actively participate in capturing prey (Dolan 2008). Autozooid nematocysts in the pennatulid sea pansey, *Renilla kollekeri*, keep sea star predators away in a similar way (Kastendiek 1976). The fibrous stalk of *U. antarctica*, denuded of nematocysts, did possess deterrents for amphipods. Since alternative defences seem to occur in different body regions, OT and ODT could both be sustained for *U. antarctica*. Soft corals and gorgonians generally lack stinging nematocysts and likely rely on chemical defence (Sammarco & Coll 1992), as reflected in our results. Only one fraction from *Primnoois antarctica* sample 1 was accepted by both consumers, and one extract from *Thouarella laxa* was only suitable for the star. Both fraction yields were less abundant than active conspecific extracts (Table 1; Fig. 1).

Many colonial ascidians protect their common external tunic with alternative tactics other than organic deterrents. For example, the Antarctic species *Distaplia cylindrica* and *D. colligans* combine lipidic defences and inorganic chemistry (acid, heavy metals; McClintock et al. 2004; Koplovitz et al. 2009). None of the species studied here showed a similar kind of defence (Koplovitz et al. 2009; Lebar et al. 2011). Moreover, tunic may be nutritionally unattractive (McClintock et al. 1991; Pisut & Pawlik 2002). Among our *Synoicum adareanum* samples, as is common in this species (Varela 2007), there were three colour morphs: black and white (B6-W), brown (Br), and orange (O) morphotypes. The disected O sample exhibited no defence allocation. In contrast, the internal extracts of both B6-W samples caused strong rejection by *O. validus* and
C. femoratus, while the external colonial tunic fractions were accepted by sea stars. B&W morph tunics were thick and tough and yielded poorer lipophilic fractions than their inner regions (Table 1, Fig. 1). To ward off predators, the B&W samples rely on lipophilic distasteful metabolites in the inner tissues. Smaller quantities of these deterrents present in the external tunic may work together with low nutritional value to discourage external asteroid attack. The participation of polar products, again, cannot be ruled out. Finally, the rich apical fraction from a B&W sample containing siphon mouths and common cloaca, was rejected only by the sea star. The allocation of deterrent activities prevalent in internal regions of B&W S. adareanum samples might provide support for the ODT. Colonial ascidians invest much energy for reproduction and tend to produce complex, chemically-defended larvae (Lambert 2005). External damages due to eventual predation attacks rarely kill colonies but instead cause reversible injuries on the outer protective common tunic and death of some clonal zooids. Hence, storing repellents in inner tissues (gonads), which, in this case, are more vital for species survival than the outer colonial tunic, is consistent with the ODT (Rhoades & Gates 1976).

In less represented taxa, the abundant extract from the hemichordate pterobranch displayed no repellency in any assay. These animals may not need chemical protection since they live hidden from major enemies inside the coenoecia, colonial encasements hardened with agglutinated foreign material (Ridewood 1911; Brusca & Brusca 2003). Again, the existence of polar deterrents cannot be discarded. In contrast, the bryozoan and holothurian fractions reflected the presence of feeding deterrents against O. validus. The calcified bryozoan Isoschizoporella secunda afforded poor extract yields. It harbours sessile “trap-door” avicularia that are proposed to function as active mechanical deterrents to zooid-level predators (amphipods, nematodes, polychaetes) and as secretion sites for bioactive compounds (Carter et al. 2010). Hence, this branched bryozoan could avoid amphipod attacks through entrapments of appendages by avicularia and rely on chemistry against asteroids (Bryan et al. 1998). Finally, the elpidiid holothurian Peniagone vignioni, with an ability to swim (Wigham et al. 2008), may escape from many bottom-dwelling consumers. Thus, repellents against sea stars would only be useful while the animal is feeding on the substrate surface (Table 1; Fig. 1).

Concluding remarks

Antarctic benthic ecosystems are considered stable but adapted to marked seasonalties of nutrient supply and composed of many defended sessile species with long life-spans subjected to intense generalist predation (Dayton et al. 1974; Avila et al. 2008). Most defensive deterrents do not totally prevent attacks, but they reduce the attractiveness of the organism compared to other coexisting prey, while generalist feeding mitigates possible toxicities of secondary metabolites and compensates for poor-quality diets (Bernays et al. 1994; Stachowicz et al. 2007; Sotka et al. 2009). Combined effects of nutrient content with defensive chemicals are not appreciable prior to ingestion and may affect predators differently. In sea stars, gustation likely takes place with the cardiac stomach or the ambulacral system (Sloan 1980; Kidawa 2005), whereas scavenging lysianassoid amphipods have well-developed gustatory gnathopods (Kaufmann 1994). Amphipods seem particularly sensitive to lipidic deterrents (Duffy & Paul 1992; Cruz-Rivera & Hay 2003), as we have observed in Cheirimedon femoratus (Núñez-Pons et al. 2012). Accordingly, macroalgae and invertebrates mostly yield lipid-soluble repellents (Sotka et al. 2009). Our investigations have aimed at improving our understanding of the ecological importance of lipophilic metabolites in Antarctic organisms, which require sizable lipid reserves. We are, however, aware of the limitations of testing only EEs in terms of the relative difference among consumers and how these can interact with distinct metabolite types. Further studies in progress will analyse other fractions. Differences in extraction protocols, bioassay methodologies (actual ingestion versus chemo-sensitive reactions in sea stars) and experimental predatory amphipod species, as well as the distance between collection sites, make it difficult to combine our results with those of other Antarctic studies in order to draw strong conclusions (for reviews see Avila et al. 2008; McClintock et al. 2010). Further studies should seek to fill in the gaps of understanding Antarctic chemical ecology.

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Chemical defences towards Antarctic keystone predators

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