Heating and ultraviolet light activate anti-stress gene functions in humans

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Different environmental factors (i.e., toxins, heavy metals, ultraviolet (UV) rays, and X-radiation) cause damage to DNA, cell membranes and other organelles and induce oxidative stress, which results in the excessive production of reactive oxygen species (ROS) by phagocytes. All types of cell stress are accompanied by the activation of anti-stress genes that can suppress ROS synthesis. We hypothesized that different environmental factors would affect organisms through the activation of anti-stress genes by autologous serum (AS) proteins, followed by the synthesis of molecules that increase cell resistance to oxidative stress. The goal of this work was to study the influence of AS on ROS production by peripheral blood neutrophils isolated from donors in different age groups. Neutrophils were isolated from 59 donors (38–94 years old). AS was heated at 100°C for 30 s. or irradiated by UV light at 200–280 nm and 8 W for 10 min. Neutrophils were exposed to heat shock at 42°C for 1 min. (short-term heating stress) or 43°C for 10 min., followed by the determination of the chemiluminescence reaction induced by zymosan. AS can increase or decrease ROS production by neutrophils depending on the structure of the proteins in the serum; these structures can be changed by heating or UV treatment and the temperature of their interaction (4 or 37°C). We propose that the effect of environmental factors on AS proteins can cause an adverse increase in oxidative stress levels due to the functional reduction of anti-stress genes. We found a negative correlation between the quantity of intracellular Hsp70 and levels of intracellular ROS production following 10 min of heat shock at 43°C. Short-term heating stress (1 min) at 42°C was followed by a prominent reduction in ROS production. This effect may be a result of the impact of the hormone adrenaline on the functions of anti-stress genes. Indeed, the same effect was observed after treatment of the neutrophils with adrenaline at concentrations of 10^{-4} and 10^{-5} M. In contrast, dexamethasone from the other stress hormone group did not evoke the same effect at the same concentrations.

Keywords: reactive oxygen species, autologous proteins, ultraviolet light, heat shock proteins, phagocytosis, short-term heating stress, adrenaline, dexamethasone

Introduction

Oxidative stress refers to the production of reactive oxygen species (ROS) in excessive concentrations in humans. Cell stress, especially oxidative stress, is one of main causes of many age-related diseases, including coronary heart diseases, cardiosclerosis, arterial hypertension, Alzheimer and Parkinson diseases, and cerebrovascular atherosclerosis (Penke et al., 2011).
Different environmental factors (i.e., toxins, heavy metals, ultraviolet (UV) rays, and X-radiation) cause damage to DNA, cell membranes and other organelles and induce oxidative stress, which results in the production of excessive concentrations of ROS by phagocytes. Phagocytes were discovered by Ilja Mechnikov and are the main cells that produce ROS in organisms. Many studies have used cell heating to produce a stress reaction and activate anti-stress genes. Indeed, all types of cell stresses are accompanied by the activation of anti-stress genes that can suppress ROS synthesis.

The hypothalamus is activated in emergency situations. The hypothalamus stimulates the sympathetic nervous system, adrenal medulla and adrenal cortex. The adrenal medulla releases adrenaline and noradrenaline, while the adrenal cortex releases cortisol. Adrenaline (epinephrine) plays a central role in the stress reaction, and especially in the short-term stress reaction. The stress system relies on two key hormones: adrenaline and cortisol. Adrenaline works over a short time period, while cortisol has a prolonged period of action (Mark, 2007). In the present study, we investigated the influence of adrenaline and dexamethasone (a homolog of hydrocortisone) on ROS production by human neutrophils.

We hypothesized that different environmental factors affected organisms through changes in autologous serum (AS) protein structures. This effect was accomplished by the activation of anti-stress genes, followed by synthesis of Hsp70 molecules that increase cell resistance to oxidative stress. The goal of this work was to study the influence of heat and UV treatments on AS-induced ROS production by neutrophils isolated from the peripheral blood of donors in different age groups.

Our results demonstrate that the adsorption of AS onto neutrophils at 4°C (an unfavorable temperature for phagocytosis) prior to stimulation with opsonized zymosan enhanced ROS production; this was especially true for the adsorption of heated AS. These results coincide with data from other authors, who reported the stimulation of ROS production by human leukocytes independent of phagocytosis using heat-aggregated human IgG or serum-treated zymosan and cytochalasin B-treated neutrophils for the prevention of phagocytosis (Goldstein et al., 1975).

Some authors (Veloso et al., 2008) proposed that the inhibition of ROS production observed following treatment with autologous plasma was due to its antioxidant capacity. Our results did not show a marked antioxidant capacity of AS in patients of different ages following the treatment of neutrophils with AS at 4°C or their stimulation by AS at 37°C.

According to our data the UV irradiation of AS caused changes in the stimulation of ROS production by neutrophils. A possible explanation is that the treatment could have results in changes in the structure of AS proteins. Indeed, UV irradiation has been shown to cause a reduction in human α-lactalbumin by affecting the S-S bonds that form disulfide bridges (Permyakov et al., 2003).

The negative correlation between intracellular ROS production and Hsp70 found in this article may indicate that a higher concentration of Hsp70 in plasma is protective against oxidative stress. This higher concentration may cause lower levels of intracellular ROS production (Njemini et al., 2007).

In our investigations reduction in ROS production was observed after treatment of neutrophils with adrenaline at concentrations 10-4 and 10-5 M. This effect may be associated with both the activation function of the anti-stress genes by adrenaline and its influence as an antioxidant (Shimizy et al., 2010).

**Materials and Methods**

**Participants**

A total of 28 donors aged 38–59 years (three men), 17 donors aged 60–75 years (two men) and 14 long-lived donors aged 90 and over (two men) registered as patients in the Moscow Clinical Centre of Gerontology were recruited for the study. These donors suffered from co-morbidities, with coronary heart diseases cardioclerosis, arterial hypertension, and cerebrovascular atherosclerosis diagnosed as the main pathologies. The inclusion criteria for participation were the absence of active pathologies (history of acute infection, tumors, apoplexy, or myocardial infarction) and treatment with corticosteroids or high doses of non-steroidal anti-inflammatory drugs for all subjects, and independent living for elderly and non-agenarians. The study was approved by Ethics Committee of Russian National Research Medical University named after N.I. Pirogov. All participants gave their informed consent prior to the study.

**Neutrophil Isolation**

Neutrophils were isolated from the peripheral blood within 2 h after blood sampling. The samples were centrifuged at 500 × g for 30 min at room temperature (RT) in a density gradient using PolymorphPrep separation medium (Axis-Shield, Sweden). Fractions containing neutrophils were collected. The cells were washed twice (400 × g, 15 min) in Dulbecco’s phosphate buffer saline (DPBS), resuspended in RPMI-1640 media (Sigma-Aldrich, USA) supplemented with 2 mM L-glutamine, 15 mM HEPES and 2% fetal calf serum (HyClone, Thermo Scientific, USA; referred to hereafter as assay media) at a concentration of 2 × 10^6 cells/ml and left for 30 min prior to use in assays. Neutrophil purity was assessed by flow cytometry analysis and was routinely found to be ≥95%. Cell viability determined by trypan blue staining was at least 97%.

**ROS Measurement by Luminol-Amplified Chemiluminometry**

Reactive oxygen species production was assessed using the luminol-amplified chemilumimetric method (Allen and Losee, 1976). Neutrophils (2 × 10^5 cells/sample) were stimulated with zymosan A (Sigma-Aldrich, USA) opsonized with a freshly prepared serum pool from 10 donors at a final concentration of 20 mg/ml to induce ROS production. The reaction was performed at 37°C in plastic tubes in colorless Hank’s Balanced Salt Solution (HBSS; 200 μl) and 1 μM luminol (Serva, Germany) in a volume of 400 μl. The level of chemiluminescence in the cell samples was...
measured using a 3603 chemiluminometer (Dialog Joint Venture, Russia). The number of light pulses per minute (cpm) was registered. The kinetics of the level of chemiluminescence was recorded for 30 min. Spontaneous ROS production was measured before zymosan treatment as the initial count per minute (cpm) level. The maximal cpm level was used for the calculation of zymosan-induced ROS production in a sample. The experiments were performed in duplicate.

**Measurement of Intracellular ROS Production**
Intracellular ROS generation in neutrophils was determined using 2′,7′-dichlorodihydrofluorescein diacetate (DCFHDA, Invitrogen, USA; Bass et al., 1983). The probe was added to neutrophils resuspended in assay media (500 μl) at a 5 μg/ml final concentration. After incubation for 20 min at 37°C, the cells were washed twice with DPBS at 4°C. Then, fluorescence at 530 nm was measured in the neutrophils by flow cytometry on a BD FACSCalibur flow cytometer (San Jose, CA, USA) with excitation at 488 nm.

**Heat Treatment and Intracellular Hsp70 Immunolabeling**
Neutrophils in assay media were dispensed into polypropylene tubes (10⁶ cells in 500 μl) and heated in a constant-temperature water bath at 43°C for 10 min (heat shock) or at 42°C for 1 min (short-term stress) followed by recovery period of 1 h at 37°C. Intracellular levels of Hsp70 were determined by indirect immunofluorescent staining, followed by flow cytometry analysis. For intracellular labeling, the neutrophils were fixed and permeabilized in DPBS containing 2% paraformaldehyde (Riedel-de Haen, Germany), 0.05% BSA and 0.05% Triton X-100 (Sigma-Aldrich, USA) at 37°C for 15 min. The permeabilized neutrophils were treated in a 100 μl volume with the primary HSP70-specific monoclonal antibody BRM22 (Sigma-Aldrich, USA) or HSP70-specific B-hybridoma supernatants at 1:100 dilutions for 30 min at RT, and then stained with secondary sheep anti-mouse IgG Fab-fragments conjugated with PE (Sigma-Aldrich, USA) for 30 min at RT. Each stage of labeling was followed by two washes with DPBS containing 0.2% BSA and 0.1% Triton X-100. The cells were finally resuspended in DPBS and analyzed by flow cytometry. Intracellular HSP70 levels were determined by means of fluorescence intensity (MFI) corrected for the background fluorescence of the negative controls. The level of Hsp70 production by neutrophils was used as an indicator of anti-stress gene functions. Hsp70 is a very conservative family of cytoprotective proteins that are specifically induced in response to several environmental stresses at the cellular level, including heat shock, cellular energy depletion, oxidative stress or inflammation. Intracellular Hsp70 prevents abnormal folding of newly synthesized polypeptides or assists in the repair of damaged proteins (Ogava et al., 2008).

**Variations of AS Interactions with Neutrophils**
Autologous serum was prepared from the donor peripheral blood by centrifugation to remove cellular components and fibrinogens. There were two variations of AS interactions with neutrophils. AS in the first variation, prior to the chemiluminescence reaction the neutrophils were treated with different dilutions of serum for 30 min at 4°C, followed by washes. In the second variation, 200 μl of AS (1:10 dilution) was used directly in the chemiluminescence reaction as a stimulator of ROS production by neutrophils at 37°C. This temperature represents a favorable condition for phagocytosis. Prior to the interaction with neutrophils, the AS was heated in a water bath (100°C) for 30 s or irradiated by UV rays of 200–280 nm using a quartz lamp with a power setting of 8 W.

A total of 100 μl of normal or heated AS was added to 100 μl of neutrophils (2 × 10⁶ cells) and incubated for 30 min at 4°C, followed by centrifugation at 400 × g at 4°C for 10 min. The cells were resuspended in 100 μl of colorless Hanks. Control neutrophils suspended in colorless Hanks without AS were centrifuged at 4°C for 10 min and resuspended in 100 μl of colorless Hanks.

The chemiluminescence reactions were performed in plastic tubes in colorless Hanks with Ca²⁺ and Mg²⁺ using luminol (Sigma) at a concentration of 2.5 μg/ml. A total of 100 μl of neutrophils were added to plastic tubes with 200 μl of Hanks solution and 150 μl of luminol in the revolving drum of the chemiluminometer for 1 h at 37°C; then, the cells were stimulated by the addition of heated or UV irradiated AS or opsonized zymosan. The control tubes were treated with UV irradiated or normal Hanks. AS (1:10 dilution) was used directly in the chemiluminescence reaction as a stimulator of ROS production in a 200 μl volume. Prior to the interaction with neutrophils, the AS was heated in a water bath (100°C) for 30 s or irradiated by UV rays (200–280 nm) using a quartz lamp with a power setting of 8 W for 7 or 14 min.

**Treatment of Neutrophils with Hormones**
The reaction was performed in plastic tubes in colorless Hanks solution with Ca²⁺ and Mg²⁺. The control tubes contained 200 μl of Hanks solution and 150 μl of luminol (5-Amino-2,3-dihydro-1,4-phenalazinesine, Serva, Germany). A total of 100 μl of the neutrophil suspension (2 × 10⁵ cells) was added to the experimental and control tubes. Then, adrenaline or dexamethasone was added to the experimental tubes at a concentration of 10⁻⁴ or 10⁻⁵ M for 30 min at 37°C prior to the chemiluminescence reaction.

**Flow Cytometry**
Flow cytometry analysis was performed on a FACSCalibur flow cytometer (BD Biosciences, USA) equipped with 488 and 640 nm lasers and an appropriate set of detectors and filters. Neutrophils were identified and gated using forward and side light scatter. A minimum of 10,000 gated events was collected for each sample. Data were analyzed using CellQuest ver. 3.4 (BD Biosciences) and FlowJo version 7.6.5.

**Statistical Analysis**
Statistical analysis was performed using the R 3.0.2 statistical system (The R Foundation for Statistical Computing). The significance of the differences between two groups was attained
using a $t$-test. Correlation analysis was performed using the procedure from the stats package for R. Results were considered statistically significant at $p \leq 0.05$.

**Results**

Our findings show that AS affects ROS production in a dose dependent manner which is seen from Figure 1, presenting influence of different AS dilutions on ROS production. More diluted AS (i.e., 1:40) resulted in reduced enhancement of ROS production.

Centrifugation and resuspension procedures have been reported to reduce the neutrophil response to zymosan and subsequent ROS production (Figure 1, control 1 and 2). Adsorption of normal and heated AS onto neutrophils caused an increase in ROS production at AS dilutions of 1:10 and 1:20 in comparison with control 1. All patients were divided into three groups: long-lived (A) – mean age 93 years, senile and elderly patients (B) – mean age 71.4 years, and middle and young patients (C) – mean age 38 years (Figure 2). Heated AS evoked more ROS production compared to normal AS ($p < 0.01$) for groups B and C. Interestingly, the stimulation of ROS production by zymosan after treatment of the neutrophils from the long-lived group with normal AS did not differ significantly from the control; however, ROS production in the cell samples from the long-lived group after treatment of the neutrophils with heated AS was higher than the corresponding values in groups B and C. Data presented in Figure 2 demonstrate that in long-lived group of patients effect of AS on the ROS production is higher than in mean age and young patients groups.

In the second series of experiments, we showed that normal AS stimulated ROS production by neutrophils to a greater.

**FIGURE 1** | Influence of autologous serum (AS) on reactive oxygen species (ROS) production by the patients’ neutrophils measured by luminol-dependent chemiluminescence. Control 1: neutrophils in colorless Hanks without AS were centrifugated at 4°C 10 min and resuspended in 100 μl of colorless Hanks. Control 2: neutrophils in colorless Hanks have not centrifuged.

**FIGURE 2** | Influence of AS on ROS production by neutrophils from long-lived patients above 90 years of age (A), patients between 60 and 75 years of age (B) and middle aged patients from 40 to 59 years of age (C). Control: neutrophils in colorless Hanks without AS were centrifugated at 4°C 10 min and resuspended in 100 μl of colorless Hanks. The line above the bar indicates the SD; n – number of patients.
extent than heated AS (Figure 3). UV irradiation of AS for
7 min induced ROS production by neutrophils to a greater
extent than AS that was UV irradiated for 14 min. UV
irradiation of Hanks solution for 14 min did not influence ROS
production.

Figure 4 shows the dynamics of ROS production from
neutrophils collected from an 86 years old patient after
stimulation of the cells by normal, heated or UV irradiated AS.
The changes in ROS production were similar to the previous data
presented in Figure 3. Involvement of the heat shock function
or anti-stress genes of neutrophils in response to treatment
with the different types of AS and zymosan may be determined
based on the stress impact on cells prior to their stimulation
in the chemiluminescence reaction. Heating stress reduces ROS
production as can be seen from Figure 5 from dynamics of ROS
production following the stimulation of heated AS by neutrophils
after cells stress. UV irradiation of AS induces ROS production in
time which is shown in Figure 5.

Figure 5 shows that heat shock (accomplished by heating the
neutrophils for 1 min at 42°C) caused a marked reduction of ROS
production by neutrophils in response to treatment with normal,
heated or UV irradiated AS.

When neutrophils from the long-lived and 60- to 89-years-old
patients were exposed to heat shock, the quantity of intracellular
Hsp70 was negatively correlated with the level of intracellular
ROS (Figure 6). Moreover, zymosan-induced extracellular ROS
production showed a negative correlation with the level of
intracellular ROS in the long-lived group (Figure 7A) that was
absent in the 60- to 89-years-old patients (Figure 7B).

The treatment of neutrophils collected from patients in
the different age groups with adrenaline at concentrations of
$10^{-4}$ and $10^{-5}$ M (Figures 8–10) caused a reduction in ROS
production. In contrast, treatment with dexamethasone (from the
other stress hormone group) at the same concentration did not
evoke this effect (Figures 9 and 10).

Discussion

An autologous system is more closely related to physiological
processes at the level of a whole organism. It is important to
study the concrete mechanisms behind the regulation of ROS
production by human phagocytes. Our data demonstrate that the
adsorption of AS onto neutrophils at 4°C prior to stimulation
with opsonized zymosan enhanced ROS production; this was
especially true for the adsorption of heated AS. The adsorption
of AS onto neutrophils at 4°C represents an unfavorable condition
for phagocytosis. The results of our examination coincide with data from other authors, who reported the stimulation of ROS production by human leukocytes independent of phagocytosis using heat-aggregated human IgG or serum-treated zymosan and cytochalasin B-treated neutrophils for the prevention of phagocytosis (Goldstein et al., 1975). The interaction of aggregated serum proteins with neutrophil Fc receptors may be caused by the increasing ROS production by the cell mitochondria after stimulation with opsonized zymosan through the C3b receptor. Our results attach importance to the quality of serum proteins, because the use of more dilute AS (i.e., 1:40) resulted in a reduced enhancement of ROS production. High concentrations of proteins in AS can reduce the function of anti-stress or heat shock genes and the synthesis of the HSPs that suppress ROS production. HSP70 can inhibit the main producer of ROS synthesis (NADPH oxidase) in human neutrophils, and thereby suppress ROS production (Maridonneau-Parini et al., 1988). The results that in long lived group of patients effect of AS on the ROS production is higher than in mean age and young patients groups can point that with age the conformal changes of proteins increase and anti-stress genes functions decrease. These can be considered as a biological indicator of senescence.
In our previous work (Ponomarev et al., 2005), we demonstrated reduced ROS production by human neutrophils by the addition of recombinant HSP70 in a luminol-dependent chemiluminescence assay after stimulation with opsonized zymosan. The stress impact on neutrophils from patients in the different age groups following heating for 1 min at 42°C resulted in the reduction of ROS production in response to opsonized zymosan and normal, heated or UV irradiated AS.

The use of normal or heated AS for the stimulation of ROS production by neutrophils at 37°C (representing the favorable condition for phagocytosis) differed from the results of the treatment of neutrophils with the same types AS at 4°C. The heated AS caused a reduction in ROS production compared with normal AS. This finding may be attributed to the phagocytosis of the aggregated heated AS proteins following the activation of heat shock genes and synthesis of HSPs and the suppression of ROS production. Other authors have demonstrated the inhibition of ROS production in peripheral blood mononuclear cells from healthy and type 2 diabetic patients following treatment with autologous plasma through the Akt/PKB signaling phosphorylation pathway using luminol-dependent chemiluminescence (Veloso et al., 2008). The authors proposed that the inhibition of ROS production observed following treatment with autologous plasma was due to its antioxidant capacity. Our results did not show a marked antioxidant capacity of AS in patients of different ages following the treatment of neutrophils with AS at 4°C or their stimulation by AS at 37°C. ROS production following the treatment of neutrophils with normal AS did not differ from the control in centenarians, probably due to the preservation of some of the antioxidant activity of normal AS.

However, ROS production following treatment of neutrophils with normal AS differed significantly from the controls in the senile and elderly and the middle and young patients groups.

The finding that normal AS stimulated ROS production by neutrophils to a greater extent than heated AS may be attributed to the phagocytosis of the aggregated heated AS proteins following the activation of heat shock genes and synthesis of HSPs and the suppression of ROS production. The UV irradiation of AS may have caused changes in the stimulation of ROS production by neutrophils due to its effect on the complement C3 factor and the subsequent enhancement of phagocytosis (Artjuhov et al., 2005). An alternative explanation is that the treatment could have results in changes in the structure of AS proteins. Indeed, UV irradiation has been shown to cause a reduction in human α-lactalbumin by affecting the S–S bonds that form disulfide bridges (Permyakov et al., 2003).

Our data demonstrate the possible influence of the phagocytosis of AS proteins with altered structures by neutrophils on HSG and HSP production, which can suppress synthesis of ROS. Human aging may be associated with a decrease in the functional activity of HSGs and phagocytosis. As a consequence of the decline in the neutrophils HSP response, the suppression of ROS generation is weakened and phagocytes produce high level of ROS within regions of inflammation (Ogava et al., 2008), thereby injuring self tissues. The functional activity of HSGs and the synthesis of HSP70 can affect the level of regulation of gene transcription by heat shock factors (Singh et al., 2007). Cellular senescence may be evoked through enhanced synthesis of ROS by phagocytes as a result of frequent stresses in addition to the prominent reduction in the function of anti-stress genes and the synthesis of HSPs. Damaging environmental factors can induce cell stress in an organism by acting on AS proteins of (“serum” mechanism of aging; Semenkov et al., 2005).

The reduction of the excessive concentration of ROS that results from oxidative stress can be achieved by antioxidant treatment, such as ascorbic acid (vitamin C), glutathione, melatonin, superoxide dismutase, and catalase. The treatment should be focused on the individual sensitivity of the patients, which is reflected in the decrease of ROS levels to normal values and the need of the individual to control the current ROS level (Maridonneau-Parini et al., 1988; Ponomarev et al., 2005; Veloso et al., 2008).
Ultraviolet radiation is an important factor involved in premature aging. The role of sunlight in the process of premature aging is so significant that it has been called “photaging.” In addition to serving as a source for ionizing radiation, UV light may cause the development of oxidative stress in humans. AS protein structures changed by heating or irradiation by UV rays (200–280 nm 8 W) for 10 min resulted in decreased neutrophil ROS production by means of phagocytosis and the activation of anti-stress genes, which control Hsp70 production. We propose that the effect of environment factors on AS proteins can cause an adverse increase in oxidative stress levels due to the functional reduction in anti-stress gene expression.

The negative correlation between intracellular ROS production and Hsp70 may indicate that a higher concentration of Hsp70 in plasma is protective against oxidative stress, which may cause lower levels of intracellular ROS production (Njemini et al., 2007). Our previous results showed the dependence of the correlation on the synthesis of Hsp70 and ROS production on the patient's age (Kovalenko et al., 2014).

There was a negative correlation between zymosan-induced extracellular ROS production and the level of intracellular ROS in the long-lived group that was absent in the 60- to 89-years-old patients. The determination of different types of ROS (i.e., intracellular hydrogen peroxides and extracellular superoxide anions) should be taken into account. These data showed some possible functional defects in the ability of intracellular Hsp70 to suppress extracellular ROS production in elderly and senile patients with polymorbidity.

Short-term heating stress (1 min or less) at 42°C was followed by a prominent reduction in ROS production (Semenkov et al., 2014). Under similar conditions, the same effect was observed after treatment of neutrophils with adrenaline at concentrations 10^-4 and 10^-5 M. The reduction in ROS production may be associated with both the activation function of the anti-stress genes by adrenaline and its influence as an antioxidant (Shimizy et al., 2010). In contrast, dexamethasone from the other stress hormone group did not evoke the same effect when provided at the same concentration. Dexamethasone is a homolog of hydrocortisone, which can suppress HSG function and HSP production.

**Conclusion**

In this article, we studied the influence of AS on ROS production in neutrophils isolated from the peripheral blood of donors in different age groups. The presented results show a new mechanism by which some environment factors (e.g., high temperature and UV light) impact oxidative stress inducers by changing the structure of AS proteins. It is known from the literature that after heating at 100°C proteins lose the quaternary structure while UV irradiation may damage disulfide bridge in proteins. These proteins affect the functions of the anti-stress genes that control anti-stress protein synthesis (Hsp70). The interaction of AS treated with heat or UV light with neutrophils evoked a reduction in ROS production at a temperature that was favorable for phagocytosis (37°C).

A negative correlation was found between the quantity of intracellular Hsp70 and the level of intracellular ROS production. This negative correlation was observed following 10 min of heat shock at 43°C. Short-term heating stress (1 min) at 42°C was followed by a prominent reduction in ROS production. The same effect was observed after treatment of neutrophils with adrenaline at concentrations of 10^-4 and 10^-5 M. Dexamethasone from the other stress hormone group did not evoke the same effect when provided at the same concentration.

The authors hope that the results of the investigation will be useful for future research into the influence of environment damage on anti-stress gene functions by means of AS proteins.

**Funding**

The research was supported by The International Scientific and Technology Center (grant 3303).

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**Conflict of Interest Statement:** The Associate Editor, Elena Pasyukova, declares that, despite being affiliated to the same institution as the authors Anatoli Michalski and Alexander Sapozhnikov, the review process was handled objectively. The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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