Insights into Membrane Curvature Sensing and Membrane Remodeling by Intrinsically Disordered Proteins and Protein Regions

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Abstract
Cellular membranes are highly dynamic in shape. They can rapidly and precisely regulate their shape to perform various cellular functions. The protein’s ability to sense membrane curvature is essential in various biological events such as cell signaling and membrane trafficking. As they are bound, these curvature-sensing proteins may also change the local membrane shape by one or more curvature driving mechanisms. Established curvature-sensing/driving mechanisms rely on proteins with specific structural features such as amphipathic helices and intrinsically curved shapes. However, the recent discovery and characterization of many proteins have shattered the protein structure–function paradigm, believing that the protein functions require a unique structural feature. Typically, such structure-independent functions are carried either entirely by intrinsically disordered proteins or hybrid proteins containing disordered regions and structured domains. It is becoming more apparent that disordered proteins and regions can be potent sensors/inducers of membrane curvatures. In this article, we outline the basic features of disordered proteins and regions, the motifs in such proteins that encode the function, membrane remodeling by disordered proteins and regions, and assays that may be employed to investigate curvature sensing and generation by ordered/disordered proteins.

Graphical Abstract

Extended author information available on the last page of the article
Introduction

Biological membranes are the essential structures in all kingdoms of life on earth as they compartmentalize distinct intracellular organelles [such as the Golgi apparatus, endoplasmic reticulum (ER), and nucleus] and define the cell’s outer boundary [i.e., plasma membrane (PM)] (Alberts et al. 2002). The membranes are composed of phospholipid bilayers, and their primary function is to serve as a physical barrier that not only separates distinct intracellular compartments but also separates the cell interior from the external environment (extracellular space) (Fakhree et al. 2019a). Far more than just a passive interface, membranes can adopt a variety of intricate and beautiful shapes as they are highly dynamic (Simunovic et al. 2019). The majority of which are thought to have evolved for a specific cellular function. A striking example of how membrane shape and cellular function are intimately interconnected is found in membrane trafficking pathways (Zeno et al. 2019a).

Most membrane-bound intracellular organelles have highly complex shapes. For example, ER is an interconnected network of tubules and flat sheets. Golgi apparatus contains a stack of perforated sheets. The mitochondrial inner membranes are divided by cristae, which are thin sheet-like structures with dimensions similar to ER sheets and Golgi cisternae (Shibata et al. 2009; Kozlov et al. 2014). Across all these structures, there is a large membrane curvature in their cross-sections. The radii of these curvatures, varying between 20 and 50 nm (Cui et al. 2013), are just a few times greater than the membrane thickness (3–5 nm) (Tsai et al. 2021). On the other hand, PM is usually a large, relatively flat structure but contains numerous fine micro-membrane structures that aid large curvature to the flat PM. The local and dynamic deformations of a limited area of the PM result in the generation of protrusions like filopodia and lamellipodia, as well as invaginations like caveolae and endocytic clathrin-coated pits (CCPs) (Suetsugu et al. 2014).

The examples mentioned above indicate that the deformation of the membrane such that they adopt large curvatures is imperative for various cellular events. A membrane, nonetheless, is naturally resistant to deformation (Helfrich 1973). Therefore, to generate (induce or drive) membrane curvature, proteins are employed by cells (Zimmerberg and Kozlov 2006; Stachowiak et al. 2013). It is well known that a variety of protein-driven pathways are involved in generating large membrane curvatures in a highly orchestrated fashion (Shibata et al. 2009; Baumgart et al. 2011; Has and Das 2021; Tsai et al. 2021). In addition, proteins also have the potency to sense the membrane curvature and bind to specific geometric cues, and then utilize the curvature as molecular information to organize many cellular processes spatiotemporally (Has and Das 2021). Note that proteins bound or embedded to the membrane are generally required for communication with the outside world and response to external stimuli (signal transduction pathways) (Cho and Stahelin 2005; Grecco et al. 2011). In short, proteins play a crucial role in precise cellular function because of their capability to transport molecules and chemical signals in/out of distinct cell compartments.

Proteins interact with a membrane by introducing their hydrophobic domains into the hydrophobic region of bilayers and attracting their hydrophilic domains to the bilayer surface via physical forces such as electrostatic interactions and hydrogen bonding (Israelachvili 2015). Until recently, it was thought that a protein’s function depended on its ability to form a single, well-defined three-dimensional (3D) molecular structure. This structure–function paradigm can be observed for many proteins or protein domains (White and Wimley 1999). In recent decades, the discovery of disordered (or unstructured or unfolded) proteins and protein regions (discussed in the next section) shattered the structure–function paradigm. Similar to structured proteins, recent studies have shown that disordered proteins and protein regions are also capable to sense/induce membrane curvature (Zeno et al. 2019a; Busch et al. 2015; Snead et al. 2017; Zeno et al. 2019b). After a quick overview of disordered proteins and protein regions in this review, we will focus on how proteins recognize their binding targets and facilitate interaction with them using conserved sequence motifs. We then explore how membrane-bound disordered proteins and protein regions remodel membrane characteristics, which in turn determines membrane trafficking processes. We next go through many experimental assays and computational approaches for curvature sensing and generation by proteins utilized for quantitative and qualitative analysis. Although most of the assays have been employed for structured proteins, they may be tried for unstructured ones to study their curvature sensitivity and driving capacity. At the end of our overview, we highlight open research areas that need to be addressed in the future. We believe that this detailed analysis will help biophysicists to understand the role of many disordered proteins in curvature sensing and generation of the membrane.

Abundance of Intrinsically Disordered Proteins (IDPs) and Protein Regions (IDPRs) in Membranes

In the human genome, around 5500–7500 genes have been predicted to translate into membrane-interacting proteins, which indicates that approximately 26–36% of the human
genome’s protein-coding genes are translated into membrane proteins (Fagerberg et al. 2010). The protein–lipid mass ratio in a PM is found to be around 1:1, whereas it is greater than 3:1 for mitochondrial membrane (Müller et al. 2008). The average center-to-center gap between proteins in the PM, based on a 1:1 protein–lipid ratio, is estimated around 10 nm (Phillips et al. 2009), which is comparable to the space between proteins in cytoplasm (Ellis 2001). Given the importance of membrane proteins in intra/intercellular communication, chemical gradient maintenance, and membrane remodeling activities, it is no wonder that they are the key participants in human physiology, disease pathology, and drug development (Marinko et al. 2019). Understanding the molecular functions of membrane proteins requires determining their structures. In general, proteins are made up of single or many domains, each of which can perform different molecular functions. These domains are structured (or ordered or folded) domains that fold independently and make precise tertiary interactions. Such domain-containing proteins are called structured proteins and they exhibit small-scale undulations under physiological conditions. Their function has long been thought to be inextricably related to a well-defined 3D structure, which is determined by the protein’s primary amino acid (AA) sequence (polypeptide chains). This close relationship between shape and function has been studied for many membrane proteins (White and Wimley 1999).

Unlike many structured proteins which must have a rigid 3D structure to fulfill their function, a substantial fraction of eukaryotic proteome consists of AA sequences that do not form a stable 3D structure but remain disordered in physiological conditions (Wright and Dyson 1999; Uversky 2002, 2003; Dyson and Wright 2005; Tompa 2005; Uversky and Dunker 2010; van der Lee et al. 2014; Habchi et al. 2014; Cornish et al. 2020), for instance, Epsin1 and CALM/AP180 proteins, as well as Bin/Amphiphysin/Rvs (BAR) domain proteins such as Amphiphrin (Amph) and Endophilin (Endo) (Pietrosemoli et al. 2013). Proteins, such as ubiquitin (Robustelli et al. 2018) and SEC22A/SEC22C (Pietrosemoli et al. 2013), without IDPRs are called ordered proteins. In addition, proteins [such as alpha-synuclein (αS) (Jensen et al. 2011; Robustelli et al. 2018)] with entirely disordered AA sequences that lack any tertiary structure are referred to as intrinsically disordered proteins (IDPs) (van der Lee et al. 2014).

The IDPs/IDPRs behave more like random polymers than stably ordered domains (Pietrosemoli et al. 2013). Consequently, protein’s intrinsic disorder represents a highly dynamic ensemble of conformations (Uversky 2002; Uversky et al. 2012). According to decreasing free energy and increasing compaction (from left to right, see Fig. 1A–D), conformations of a protein can be unfolded (random coil), premolten globule (PMG), molten globule (MG), and native folded states. Proteins disorder can be split into two classes based on structural features.

**Fig. 1** The dynamic ensemble of IDPs/IDPRs. Proteins can be characterized as either coil-like structures (non-compact unfolded chains, called IDPs) with maybe little or no secondary structures throughout the entire AA sequences (A), or as having a module with both IDPRs and folded domains as shown in B and C, or as native folded structures (D). The folded domains in B and C are the secondary structures composed of α-helices and/or β-sheets. While secondary structures fluctuate around their native position in premolten globules (B), molten globules possess almost native-like secondary structures and folding patterns with no close packing of their side chains (C). The disordered loop shown in B connects two distinct secondary structural elements. Schematic reproduced from Uversky and Finkelstein (2019).
Despite their flexibility, members of the first group are compact and have a well-defined secondary structure but lack a stable 3D shape, i.e., they have the characteristics of typical MGs. Proteins from another group may behave almost as random coils or as PMGs (significant secondary structure but less than that found in MGs) (Uversky 2002). Random coils can be considered as IDPs (Fig. 1A). The structure of IDPR-containing proteins is similar to that of PMG (Fig. 1B) or MG (Fig. 1C), which retain the structural elements of a native secondary structure and the approximate location of the folded state, but are flexible at the loops and ends. Both IDPs and IDPRs have now been identified as essential components of numerous proteins involved in membrane remodeling and coated-vesicle formation (Owen et al. 2004; Dafforn and Smith 2004; Pietrosemoli et al. 2013).

In eukaryotes, the total protein fractions disordered in entire sequence are predicted to be around 5–15%, and around 35–52% have at least one long IDPR (> 30 AAs) (Ward et al. 2004; Orosz and Ovádi 2011). In contrast, the long IDPRs in prokaryotic proteins are < 5% (Ward et al. 2004; Tompa 2005). As a large portion of the human proteome, membrane proteins also possess IDPs and IDPRs. A considerable fraction of the transmembrane (TM) proteins (∼ 70%) involved in signaling have IDPRs of substantial length (> 30 AAs) (Iakoucheva et al. 2002), with a somewhat lower total prevalence in all TM proteins (41%) (Minezaki et al. 2007). Specifically, IDPRs are enriched in the regions extending from membrane-attached proteins into the cytoplasm, and cells use these cytoplasmic tails to transmit external signals across the membrane (Minezaki et al. 2007). An array of TM proteins has been found to have membrane-bound tails (Cornish et al. 2020).

In humans, IDPRs length profile follows a power law, with many-short disordered regions and a significant incidence of longer ones (Tompa and Kalmar 2010). Both structured and unstructured regions are necessary for the repertoire of the functions that proteins can have in many cellular processes, including transcription, translation, membrane trafficking pathways, and signal transduction (Iakoucheva et al. 2002; Tompa 2005; Dyson and Wright 2005; Snead and Eliezer 2019). According to both experimental and computational investigations, IDPRs have been observed in many types of proteins, i.e., globular, fibrous, and membrane proteins (Andreeva et al. 2014). Primary structural features of IDPs/IDPRs have been investigated mainly using small-angle X-ray scattering (SAXS), gel filtration, analytical ultracentrifugation, NMR, and various other spectroscopic methods (Kalthoff et al. 2002b; Dyson and Ewright 2002; Dyson and Wright 2005; Meier et al. 2008). These features include their molecular size, level of structural heterogeneity, the role of transient structure in coupled folding and binding events, aggregation tendencies, and presence of persistent structure (Dyson and Wright 2002, 2005; Meier et al. 2008).

The inability of IDPs/IDPRs to fold into a stably folded 3D structure is imprinted in the biased AA sequences, which are depleted in the hydrophobic regions that usually drive protein folding. Moreover, they are enriched in hydrophilic regions (charged and polar side chains) that prefer to remain in contact with water (Kotta-Loizou et al. 2013; van der Lee et al. 2014). The high degree of conformational entropy, high net charge, and a paucity of hydrophobic segments are all characteristics of IDPs/IDPRs (Cornish et al. 2020). As a result, IDPs/IDPRs assume a disordered and extended structural ensemble that is highly adaptable and compatible with particular functional modes (Varadi et al. 2014).

**Intrinsically Disordered Yet Functional Motifs**

Structured proteins achieve a global lowest energy state by folding, making the structure stable and functional. The energy minimization during the folding process leads to the burying of hydrophobic AAs inside the protein core instead of exposing them in the aqueous milieu. Under physiological conditions, structured proteins show small-scale fluctuations. In contrast to structured proteins, most IDPs/IDPRs are rich in AAs with charged or polar side chains that are not energetically penalized by exposure to the aqueous environment. Therefore, they do not need to be hidden inside the protein structure (Awile et al. 2010; Babu 2016). IDPs/IDPRs are thus unstructured due to a high net charge and low hydrophobicity. Albeit the unstructured regions have only a few hydrophobic AAs, those that do exist have their side chains exposed to an aqueous environment and are thus primed to be buried.

The energy landscape of IDPs/IDPRs is characterized by a large number of local minima with comparatively low transition barriers between different conformations [see “Abundance of intrinsically disordered proteins (IDPs) and protein regions (IDPRs) in membranes” section]. Such a wide range of interconverting conformations enable IDPs/IDPRs to interact with various binding partners. Indeed, one IDP/IDPR can act as diverse binders, interacting not only with numerous proteins (which can be other IDPs/IDPRs or folded proteins/domains) but also with lipid membranes, nucleic acids, as well as inorganic ions (Uversky and Dunker 2010). Conversely, some IDPRs do not interact with any biological targets but rather serve as flexible linkers between domains that keep them moving throughout functional activities or as flexible tails that regulate ordered domains (Uversky 2002; Tompa 2005). While IDPs/IDPRs–protein binding reactions have been extensively explored, IDPs/IDPRs–membrane interactions are still underinvestigated.
The IDPs/IDPRs are frequently involved in high specificity but low affinity (∼μM range) interactions, allowing for fast binding site interchange between several interacting partners. Interactions usually involve the folding of many IDPs/IDPRs upon their binding to the targets. The folding might take place for the entire unstructured protein, substantial portions, or only a few brief segments (Mittag et al. 2010). While some IDPs/IDPRs undergo disorder-to-order transitions only upon binding to a specific partner, many others form the so-called disordered, dynamic, or fuzzy complexes in the case when they stay disordered in bound state (Tompa and Fuxreiter 2008; Sharma et al. 2015). The majority of coupled folding and binding processes feature amphipathic motifs that are embedded inside more extensive disordered sequences (Dyson and Wright 2002, 2005). IDPs/IDPRs, like structured proteins, have unique motifs in their AAs that allow them to interact with other binding partners and become functional. The existence of one or more of the three structural elements listed below determines how an unfolded protein functions (van der Lee et al. 2014).

### Short Linear Motifs (SLiMs)

SLiMs are usually 3–10 contiguous AA residues (Fakhree et al. 2019a) found mostly in IDPRs (over 80%) of a protein, and they serve as docking sites for protein–protein interactions. A SLiM interaction with a protein domain is sometimes called domain–SLiM interactions (Hugo et al. 2010). They form well-defined structures when they bind with their partners (Fuxreiter et al. 2007; Strome et al. 2018). SLiMs have low affinity for their binding targets [i.e., interaction dissociation constant ($K_d$) is in 1–150 μM range (Diella et al. 2008)], allowing them to participate in reversible and short-lived interactions (Wright and Dyson 2009). Multiple SLiMs in the same protein normally compensate for the low binding affinity of individual SLiM-mediated interactions (Fig. 2) with the target proteins. Consequently, the apparent affinity due to multiple SLiMs dramatically increases (Davey et al. 2012). Due to their small size and low binding affinity, the functional importance of the SLiMs is inherently difficult to determine by bioinformatic approaches (Davey et al. 2012), and much information about these SLiMs, as well as the confirmation of their biological activities, are procured from experimentation (Neduva and Russell 2005).

Many dynamic networks rely on reversible yet high-avidity SLiM-mediated interactions, such as those dictating cell signaling, where several multi-protein complexes quickly assemble and disintegrate (Diella et al. 2008). A prominent example of SLiMs in IDPRs is the recognition sites for diverse post-translational modifications (PTMs) (Babu 2016; Lin et al. 2017) like phosphorylation and ubiquitylation (Woodsmith et al. 2013). Recently, researchers have identified a set of SLiM candidates in AEC2 and integrin TM proteins, likely to act in the host cell entry system of the novel coronavirus 2 (SARS-COV-2) (Mészáros et al. 2021; Kliche et al. 2021). In another example, motif PXXP that mediates interaction with the SH3 domain can be considered a SLiM (Diella et al. 2008). SLiMs are also involved in protein targeting to particular cellular compartments. A couple of examples are C-terminally located motifs such as KDEL and KXXX. As the KDEL motif causes the disordered protein to reside within the ER lumen, the KXXX promotes cytoplasmic or TM localization (Stornaiuolo et al. 2003).

### Molecular Recognition Features (MoRFs)

MoRFs are longer interaction motif than SLiMs (usually 10–70 AAs), and they are also located within IDPs/IDPRs (van der Lee et al. 2014). In contrast to SLiMs, MoRFs are not described based on AA sequences but as interaction-prone unfolded regions that can generate secondary structure when bound. They can be divided into three categories, based on the secondary structure that they adopt when they bind to cellular targets, i.e., $\alpha$-MoRF (Fig. 2), $\beta$-MoRF, and i-MoRFs, which represent alpha helices, beta strands, and irregular structures,
respectively (van der Lee et al. 2014). Alpha helices are the most common membrane-interacting structure adopted upon binding, undergoing a disorder-to-order transition. As MoRFs name implies, they are thought to play a role in molecular recognition, the first step in interactions. Further, studies reveal that the unique AA composition, structural and physicochemical characteristics of these interfaces play a central role in the interaction between MoRFs and their binding partners (Vacic et al. 2007). Moreover, similar to SLiMs, MoRFs usually engage with their molecular targets with a modest affinity but high specificity. Many IDPs/IDPRs go through coupled folding and binding steps after recognizing their binding partners, resulting in stable secondary structures (Dyson and Wright 2002). According to MoRFs functional analysis, around 20% of MoRF-containing proteins are TM (Mohan et al. 2006). A typical example of a MoRF binding domain is the N-terminal IDPR of p53 protein, which changes from disordered to an α-helical form (40–60 AAs) by interacting with Mdm2 protein (Xue et al. 1834). Membrane-interacting MoRFs are discussed in detail in “Coupled folding and binding mechanism” section.

**Intrinsically Disordered Protein Domains (IDPDs)**

Most protein domains are structured, but some can be entirely or largely unstructured on membranes, excluding the formation of α-helices upon membrane binding. Such disordered domains are usually referred to as IDPDs. The IDPDs often comprise bulky, yet flexible parts of the IDPs/IDPRs (Fig. 2). The unstructured state of IDPDs is what makes them functional (van der Lee et al. 2014). Intriguingly, IDPDs are observed in many proteins (see Table 1) involved in membrane trafficking, suggesting that IDPD-containing proteins play a role in remodeling of cellular membranes that is still poorly understood. The action of IDPDs (i.e., bulky IDPRs) with the membrane is further discussed in “Entropic effects” section. Henceforth, we will use the term IDPDs in place of bulky IDPRs.

Interestingly, a single IDPR-containing protein can contain all the motifs as mentioned above multiple times (see the example of Epsin1 protein in Fig. 2). SLiMs/MoRFs can both be located within IDPDs. Furthermore, SLiMs themselves can be seen in MoRFs (O’Shea et al. 2017). The existence of multiple motifs can function

| **Protein** | % IDPD (location) | Membrane interaction | Binding proteins | Protein function | References |
|------------|-------------------|----------------------|------------------|-----------------|------------|
| Epsin1     | 78 (CT)           | ENTH domain          | Cargo, AP2, clathrin | CCP            | Schmid and McMahon (2007) and Pietrosemoli et al. (2013) |
| AP180      | 28 (CT)           | ANTH domain          | Cargo, AP2, clathrin | CCP            | Schmid and McMahon (2007) and Pietrosemoli et al. (2013) |
| Amphiphysin1 | 60 (middle)     | N-BAR domain         | AP2, clathrin, dynamin | CCP            | Schmid and McMahon (2007) and Pietrosemoli et al. (2013) |
| SNX9       | 27 (middle)       | PX-BAR domain        | Dynamin, AP2, clathrin | CCP            | Schmid and McMahon (2007) and Pietrosemoli et al. (2013) |
| Endophilin A1 | 33 (middle)   | N-BAR domain         | Dynamin, synaptojanin | CCP            | Pietrosemoli et al. (2013) and Ambroso et al. (2014) |
| FCHo1      | 48 (middle)       | F-BAR domain         | Eps15, intersectin  | CCP            | Henne et al. (2010) |
| FBP17      | 11 (middle)       | F-BAR domain         | SNX2              | EGFR endocytosis | Tsujita et al. (2006) and Su et al. (2020) |
| Intersectin1 | 28 (middle)    | PH, C2 domains       | AP2, clathrin, Eps15, FCHo1/2 | CCP | Schmid and McMahon (2007) and McMahon and Boucrot (2011) |
| Auxilin    | 45 (middle)       | –                    | Hsc70, dynamin, clathrin | Clathrin uncoating | Schmid and McMahon (2007) and Pietrosemoli et al. (2013) |
| SEC16A     | 71 (NT/CT)       | –                    | SEC13/31, SEC23/24, Sar1 | COPII route   | Whittle and Schwartz (2010) and Pietrosemoli et al. (2013) |
| SEC31A     | 34 (middle)       | –                    | SEC13, SEC23/24, SEC16 | COPII route   | Fath et al. (2007) and Pietrosemoli et al. (2013) |

*CT C-terminal, NT N-terminal, CCP Clathrin-coated pit, EGFR Epidermal growth factor receptor*
synergistically to enhance the binding affinity of IDPRs for their target partners. While short IDPRs containing individual SLiMs/MoRFs may act as linkers, longer IDPs/IDPRs can have multiple SLiMs/MoRFs, which may serve as a scaffold for generating large membrane curvature. For example, the accessory protein Epsin1 dynamically interacts with clathrin and adaptor protein AP2 through multiple SLiMs that are located in the IDPD during clathrin-mediated endocytosis (CME) (Kalthoff et al. 2002a). The ordered ENTH domain of this protein contains an α-MoRF motif that binds to the membrane.

**Coupled Folding and Binding Mechanism**

A characteristic hallmark of IDPs/IDPRs function is the transition from an unfolded state in the solution to a more ordered form inside the membranes. The interaction of a protein with its binding partner results in a conformational change in the protein, known as the induced fit (IF) model. In contrast, several systems follow the conformational selection (CS) paradigm in which the binding partner chooses the suitable conformation (prefolded state) from an ensemble as a protein binds to its target (Berlow et al. 2015; Cornish et al. 2020). In general, conformational selection is expected in ordered proteins (Kim et al. 2007; Pozzi et al. 2012; Vogt et al. 2014) and appears to be comparatively rare for IDPs/IDPRs. Perhaps because the preferred model is determined by inherent secondary structure propensity (Arai et al. 2015), and IDPs/IDPRs in their free state often lack a very stable secondary structure.

The membrane protein folding event is investigated by molecular interactions between protein and lipid moieties. The energetics involved with the partitioning of AA residues from an aqueous solution into membrane interfacial region [thickness around 1.5 nm, this region comprises lipid headgroups and considerable bound water (Bowie 2005)] is a major driving force behind the IDPs/IDPRs folding. An essential component of this energetics is the reduction in free energy per AA residue at the membrane interface, which causes secondary structures to form. Here, the required energy is also termed partitioning energy, and it is provided by hydrophobic side chains of AAs (Wimley and White 1996). Often folding occurs when AAs are partitioned into membranes, resulting in the development of the secondary structures (mostly α-helices) oriented parallel to membrane plane [Fig. 3A(a, b)]. This is known as the partitioning-folding coupling process (White et al. 2001). A question arises, why do AAs fold and remain in the membrane? Soluble IDPs/IDPRs form a continuum structure with various shapes, from random coil-like chains to premolten to molten globules (Üversky et al. 2012). In the case of coil-like conformation, it will have a few hydrogen-bonded peptide bonds that are thermodynamically unstable in the hydrophobic region of the membrane. The membrane-embedded IDPs/IDPRs will have to be minimally organized into backbone hydrogen bonds internally, most likely in an α-helical secondary structure. The helical structure in the bilayer region resembles soluble PMG or MG (Kjaergaard 2015).

The helical structure can span the entire bilayer once or multiple times (i.e., TM proteins). Alternatively, it can only be embedded transiently into one of the membrane monolayers (i.e., peripheral membrane proteins). The α-helical motifs composed primarily of non-polar and hydrophobic residues have generally traversed the membrane [Fig. 3A(b)].
Fig. 3 IDPR folding into alpha helices. A By folding-upon-binding transition, membrane-interacting IDPRs adopt amphipathic α-helical (a), or only α-helical structures (b). To find a better amphipathic orientation, AH is rotated 90° along its longitudinal axis relative to its original conformation (leftmost). Reproduced from Cornish et al. (2020). Alpha helices are formed if helices are made of non-polar hydrophobic residues (b). Once helices are formed, they change the orientation and insert into the hydrophobic core of the membrane, referred to as TM helices. Next, TM helices are assembled into functional structures. The non-membrane part of the protein attached to the helix has not been shown in the schematic. Reproduced from White et al. (2001). B Lipid-binding mechanisms for AHs that sense and induce membrane curvature. (a) It is believed that proteins involved in curvature generation can bind to flat membranes by using hydrophobic and electrostatic interactions (specifically PIP2, lipid for Epsin1). In high protein:lipid (P:L) ratios, the wedge effect, and the bilayer-couple mechanism cause curvature. (b) Some motifs, such as ALPS, require an already bent membrane for binding, as membrane insertion is driven only by hydrophobic interactions. In another example, the binding of aS with its small and poorly hydrophobic residues and zwitterionic polar face is dependent on curvature and anionic lipids. Reproduced from Drin and Antonny (2010)

whereas helical motifs containing both hydrophobic and hydrophilic residues [known as amphipathic α-helix (AH)] penetrate the bilayer region shallowly (Campelo et al. 2008; Mahata and Das 2017; Li 2018) [Fig. 3A(a)]. Various parameters, including the size of those residues’ side chains, their placement relative to the interface, and their helical periodicity, all influence the finer control of binding specificity (Antonny 2011). In the case of AHs insertion, hydrophobic and polar/charged residues are partitioned across the two faces of the helix. Membrane-inserting AHs lie parallel to the membrane, where their hydrophobic and polar/charged faces are respectively hidden and exposed to the cytosol and lipid headgroups (Giménez-Andrés et al. 2018), as shown in Fig. 3A(a). Here, electrostatic and hydrophobic interactions may play a role in protein binding to the membrane. Hydrophobic segments can penetrate the lipid bilayer, whereas polar residues can force lipid headgroups apart. Membrane bending can occur when anionic lipids interact with positively charged side chains on the polar face of the AH. On the other hand, the AHs consisting mainly of negatively charged residues cannot effectively interact with a flat membrane. AHs with negatively charged or even without charged residues are unable to induce the curvature, and such helices require a membrane to be already curved to insert. In this case, lipid headgroups are stretched apart, and thus the interaction is primarily driven by the hydrophobic effect (Drin et al. 2007; Drin and Antonny 2010; Gallop et al. 2006; Mesmin et al. 2007). From here, we can conclude that proteins can induce as well as sense the membrane curvature through their AH motifs [Fig. 3B(a,b)].

The amount of curvature increase is determined by two factors, i.e., the size of inserted AH and surface density of IDPs/IDPRs. A typical example of a disorder-to-order transition that senses and generates the curvature occurs in ~ 100-residues N-terminal of aS [an IDP in solution (Jensen et al. 2011), associated with Parkinson’s disease] (Davidson et al. 1998). This protein can integrate two separate membrane-binding AHs connected through a non-helical linker, making it potentially able to bridge two membranes in close proximity (Dikiy and Eliezer 2012). The binding of aS with negatively charged membrane results in the formation of an N-terminal AH, which induces the curvature by changing the membrane surface area of the outer monolayer when an AH is inserted into the outer membrane monolayer (Braun et al. 2012). Note that an N-terminal AH is believed to be inserted into the membrane like a wedge, thereby inducing membrane bending (Peter et al. 2004). In-vitro investigations with model lipid vesicles have proven the transition to the alpha-helical state and the resultant generation of curvature (Ferreon et al. 2009; Varkey et al. 2010; Braun et al. 2012, 2014). However, the curvature sensitivity of aS (Jensen et al. 2011) is more pronounced compared to its curvature-inducing potency [Fig. 3B(b)]. The binding of aS on a flat membrane with sparse and shallow packing defects is hampered by a poorly developed hydrophobic face having multiple polar threonine residues, resulting in curvature sensitivity and preferred binding to negatively charged membranes (Pranke et al. 2011). If the membrane has no net charge, aS interacts weakly with the membrane. Due to the lack of a requirement for lipids binding specificity or protein structural features, the authors (Jiang et al. 2013) speculate that aS may induce curvature by
protein–protein crowding mechanism (discussed in “Molecular crowding” section).

The curvature-sensing/inducing ability of many proteins and protein domains, such as BAR domains of Amph, Endo, PICK1, and MIM/ABBA (Peter et al. 2004; Lee et al. 2007; Hatzakis et al. 2009; Bhatia et al. 2009; Sorre et al. 2012; Herlo et al. 2018), epsin N-terminal homology (ENTH) domain of Epsin (Ford et al. 2002), amphipathic lipid packing sensor (ALPS) motifs of ArfGAP1 (Bigay et al. 2005) and Golgin GMAP-210 (Drin et al. 2008), ANTH (AP180 N-terminal homology) domain of CALM (Miller et al. 2015), small GTPases Arf1 and Sar1 (Lee et al. 2005; Lundmark et al. 2008; Beck et al. 2008), and Annexin B12 (AnxB12) (Fischer et al. 2007; Jensen et al. 2011) have been identified by their N-terminal AHs. In the case of BARs, these domains are isolated from the full-length proteins and shown to fold their membrane inserting IDPRs (i.e., α-MoRFs) into AH motifs in the presence of lipids. Although BAR domains are usually well structured even when isolated in aqueous solutions, the presence of an AH coordinates to amplify the curvature sensing and induction (Peter et al. 2004; Gallop et al. 2006). However, the recent study shows that the presence of N-terminal AH of Endo has no significant contribution to its molecular curvature driving potency (Chen et al. 2016). Similarly, Epsin1 (clathrin pathway) capacity to induce large curvature through the ENTH domain by inserting its N-terminal AH (called H0) is doubted, and it can drive the curvature when bound to high surface coverage (discussed in “Surface density of IDPs/IDPRs on membrane surface” section) (Stachowiak et al. 2012; Snead et al. 2017; Busch et al. 2015). Furthermore, membrane curvature-sensing properties of Epsin1 and ArfGAP1/GMAP-210 arise, respectively, from an AH-containing structured ENTH domain and disordered ALPS motifs. It has been shown that the ALPS senses curvature by forming a stable AH upon binding to the membrane (Bigay et al. 2005; Drin et al. 2007). Note that membrane insertion in the case of ALPS is driven by only the hydrophobic effect [Fig. 3B(b)], as ALPS does not have charged residues in the hydrophilic region (Drin and Antonny 2010). In another example, Complexin (CPX) protein senses the curvature of synaptic vesicle (SV) membranes by tandem motifs found in C-terminal domain (CTD), i.e., a C-terminal (CT) and an adjacent AH motifs (Snead et al. 2014). Although CPX is thought to bind SV membranes rather than other membranes, its molecular mechanism remains largely unclear.

Besides AHs, proteins with disordered stretches of hydrophobic motifs are also capable of forming short wedged-shaped hydrophobic loops (HLs) in the membrane, which can cause the membrane to bend [see e.g., Has and Das (2021)]. The HLs are also expected to sense defects between lipid headgroups, and are more prevalent on highly curved membrane surfaces. Proteins with HLs such as PACSIN2 (Wang et al. 2009; Plomann et al. 2010), EHD2 (Daumke et al. 2007), Dynamin (Ramachandran and Schmid 2008; Ramachandran et al. 2009), FAPP (Cao et al. 2009; Lenoir et al. 2010), and Synaptotagmin1 (Syt1) (MARENTS et al. 2007) have shown their ability to sense/derive the membrane curvature. Many TM proteins are believed to sense/induce the membrane curvature by inserting hydrophobic helical segments, e.g., potassium channel KvAP (Aimon et al. 2014). Another example is M2 TM protein of influenza causes membrane scission by deep insertion of its AH motif (Martya et al. 2017). Furthermore, some TM proteins such as reticulons, DP1/Yop1p, and Caveolins sense/induce the curvature by the insertion of short wedged-shaped α-helical hairpins (Shibata et al. 2009) and AH motif (Brady et al. 2015; Breeze et al. 2016; Wang et al. 2021).

The capability of IDPs/IDPRs to adopt the α-helical structure upon binding membranes has also been linked with disease. The hIAPP (Pannuzzo et al. 2013b) and Aβ (Pannuzzo et al. 2013a), respectively, are involved in developing type 2 diabetes and Alzheimer’s disease. It has been claimed that the interaction of these proteins with the membrane leads to the formation and aggregation of membrane-embedded α-helical peptides, which is suggested to be hazardous.

Many IDPRs also sense the curvature by binding to the membranes while remaining unfolded and interacting with charged lipid headgroups, covalently linked membrane lipids, or through ionic bridges. Examples include Annexin family proteins that bind to phosphatidylserine (PS)-rich membrane bridged by Ca2+ (Moreno-Pescador et al. 2019), Rhodopsin-like G protein-coupled receptors (GPCRs) (Escribá et al. 2007), Ras proteins (Larsen et al. 2015; Liang et al. 2019), and MARCKS-ED (Morton et al. 2013) bind to the membrane through lipid anchors. GPCRs also contain 7 TM domains and an AH (Huber et al. 2004). Membrane curvature sensing/generation due to the insertion of hydrophobic/amphipathic helical motifs for a plethora of TM and peripheral membrane proteins have been extensively reviewed recently (Has and Das 2021).

**Membrane Curvature Modulation by Scaffolding**

Many proteins, through the scaffolding mechanism, generate the large curvature either by their intrinsically curved shape or oligomerization (Has and Das 2021). They are also thought to sense the curvature through a scaffolding pathway in which a membrane having large curvature attracts such protein domains with matching curvature (Peter et al. 2004). These proteins induce forces capable of deforming a flat membrane, resulting in membrane fission or fusion in extreme cases (Snead et al. 2017; Snead and Eliezer 2019). To locally induce membrane curvature, the protein–membrane binding energy must be greater than the membrane
bending energy (Zimmerberg and Kozlov 2006). The well-known examples of curvature-inducing proteins can be seen in the process of CME, where N-BAR domain-containing proteins Amph and Endo, with a large curved surface and strong affinity towards membrane surface (due to electrostatic interactions), facilitate the scaffold for curvature generation (Chernomordik and Kozlov 2003; Zimmerberg and Kozlov 2006). The bulky C-terminal domains remain unfolded (C-terminal IDPD) in physiological conditions for these proteins. Many scaffold-forming proteins oligomerize to create massive rigid structures and thus can enhance curvature generation, for instance, BAR domains (Peter et al. 2004; McDonald and Gould 2016), clathrin proteins (Takei et al. 1999), Dynamins (Roux et al. 2010), ESCRT machinery (Hurley and Hanson 2010), and the bacterial tubulin FtsZ (Sundararajan and Goley 2017). Note that clathrin induces the membrane curvature by indirect scaffolding, where membrane and clathrin are bridged by accessory/adopter proteins such as Epsin and AP180/CALM. Here, the structured ANTH domain of AP180 interacts with negatively charged membrane, whereas disordered CTD interacts with the N-terminal domain of clathrin heavy chain (Zhuo et al. 2010). As a result, AP180 appears to be a fuzzy complex, a disordered protein even when linked to a partner (Tompa and Fuxreiter 2008).

Membrane curvature modulation can occur due to the cooperative actions of structured and unstructured regions of membrane proteins. Accordingly, the curvature is driven by a combination of asymmetric binding of a partly structured scaffold protein or by inserting a partially structured protein into one of the bilayer monolayers and introducing lateral pressure through the unstructured, solvent-exposed segment (Fakhree et al. 2019a). For example, the cooperative action between structured and unstructured regions can be seen in curved BAR domain scaffold protein and αS that is partially inserted into the membrane through the formation of an AH (Zeno et al. 2018; Fakhree et al. 2019b; Snead and Eliezer 2019).

Surface Density of IDPs/IDPRs on Membrane Surface

Molecular Crowding

Proteins not only generate curvature by the insertion of hydrophobic residues or scaffolding mechanisms but also can modulate the curvature at large or small membrane surface coverage. The fractional coverage can be computed by the product of the projected area of proteins on the membrane surface and the number of interacting proteins per unit membrane area (Zeno et al. 2019a). In the case of large surface coverage (or surface density), collision among the crowded adsorbed or anchored proteins leads to the generation of steric pressure (analogous to compressed gas) (Carnahan and Starling 1969; Carignano and Szleifer 1995), which provides an efficient force for expanding the membrane surface (Montesano et al. 2001; Scheve et al. 2013). Unless equally crowded molecules counter this pressure on the opposite membrane surface, the membrane will bend towards the more crowded surface, and this is commonly known as a molecular crowding (MC) mechanism (Fig. 4A), which happens at very large surface density (Stachowiak et al. 2012; Snead et al. 2017). For asymmetric protein distribution, increasing the curvature of the membrane expands the area of the outer leaflet of the bilayer, thus lowering the pressure. The crowding mechanism has been studied for ordered and disordered domains (IDPDs). This mechanism for disordered domains has been discussed in “Entropic effects” section.

The curvature induction by a few ordered domains, including Epsin ENTH and AP180 ANTH, was investigated almost a decade ago (Stachowiak et al. 2012). The experimental approach confirmed that the ENTH domain with and without AH had no significant role in membrane curvature generation. However, curvature sensitivity was attributed to AH insertion. Moreover, no evidence of ENTH domain oligomerization was observed (Stachowiak et al. 2012), contrary to past reported data (Yoon et al. 2010). As a result, it may be argued that the ENTH domain is responsible for membrane curvature via the MC mechanism. At high surface coverage, the membrane deformation activity was also described by crowding of helix lacking ANTH domain (Stachowiak et al. 2012).

Entropic Effects

As discussed, through their intrinsic curved shape or AHs/HLs motifs, most of the proteins directly interact/bind to the membrane and sense/deform the curvature. Both of these mechanisms are dependent on the structural features of proteins. These structured domains often account for only a small portion of the mass of protein molecules that contain them (Busch et al. 2015). A substantial region of the same protein molecules that do not directly interact with the membrane remains disordered in solution (Dyson and Wright 2005). Thus, the folding transition has not been proven to occur in these disordered domains. There are several examples of accessory/adopter proteins in the CME pathway. The membrane-interacting regions of adaptors are composed of structural motifs/domains (e.g., AH motifs and BAR domains). The other part of these proteins is membrane-non-interacting domains that interact with clathrin, and another component of the coat, typically CTDs, are often IDPDs [see “Intrinsically disordered protein domains (IDPDs)” section and also Table 1] (Kalthoff et al. 2002b; Zhuo et al. 2010). Specifically, EpsinI protein consists of an ENTH domain followed by an IDPD (> 400 AAs) (Kalthoff et al. 2002b; Zhuo et al. 2010).
et al. 2002b). Similarly, AP180/CALM consists of an ANTH domain plus a substantial disordered domain (> 500 AAs) (Kalthoff et al. 2002b; Zhuo et al. 2010). Moreover, BAR domains are also typically associated with extensive disordered regions. For instance, Amph and FCHo1 have a crescent-shaped BAR domain and an IDPD (~ 400 AAs) (Pietrosemoli et al. 2013; Zeno et al. 2018). Similarly, Sorting Nexin 9 (SNX9) contains a BAR domain and an IDPD of more than 100 AAs (Lundmark and Carlsson 2009). Finally, clathrin-case disassembly Auxilin protein contains more than 260 disordered AAs (Scheele et al. 2003). Generally speaking, IDPDs are exceptionally high in the CME pathway, where it has been recently reported that 30% of proteins contain IDPDs of > 100 AAs. It includes the adaptors discussed above as well as other well-studied proteins such as Dynamin and Eps15 (Pietrosemoli et al. 2013). IDPDs are also seen in intracellular trafficking proteins. SEC16, for example, contains an IDPD of > 1000 AAs (Fath et al. 2007), which is assumed to be critical for capturing COPII components across a long distance. In addition, COPII coat component SEC31 has an IDPD of over 400 AAs that may serve as a binding site for SEC23/24 complex (Fath et al. 2007).

Curvature-sensing/induction properties of structured domains have been extensively studied previously (Peter et al. 2004; Bhatia et al. 2009). However, the unstructured domains have been disregarded in these studies, owing to the widespread belief that curvature sensing/induction necessitates specific structural motifs. As a result of new findings of biophysical roles for disordered domains (Busch et al. 2015; Snead et al. 2017; Zeno et al. 2018, 2019b), it has become even more critical to reconsider the mechanisms behind membrane remodeling in trafficking routes. Recently, it has been experimentally demonstrated that the IDPDs can potentially drive/sense the membrane curvature through a combination of entropic and electrostatic mechanisms (Busch et al. 2015; Zeno et al. 2018). The polymer-like behavior of IDPD facilitates a wide range of conformational diversity. When an IDPD is tethered onto the membrane surface, its chain entropy is considerably diminished, as the surface restricts the number of IDPD conformations (Lipowsky 1997; Nowicki et al. 2009). However, the geometric restriction is alleviated, and the IDPDs conformational entropy increases when the surface bends away from the protein and takes on a convex shape. Increasing chain entropy thus leads to IDPDs preferentially binding to curved surfaces (Fig. 4C) rather than planar surfaces (Zeno et al. 2018, 2019b).

At the large density, proteins become crowded on the membrane surface, and lateral steric pressure is generated between neighboring IDPDs. The membrane needs to be bent away from densely crowded proteins to alleviate this steric effect, which produces a larger average distance
between them (Stachowiak et al. 2010, 2012), thus generating the curvature, as shown in Fig. 4B. A significant advantage of IDPDs is that their expanded conformations make them effective curvature inducers (Busch et al. 2015; Snead et al. 2017). IDPDs, which have much greater hydrodynamic radii than structured domains of identical molecular weight, are thought to contribute the most to membrane crowding because they occupy the most area on the membrane surface (Fig. 4A, B). The study reveals that the density of the protein in solution required to induce substantial membrane curvature is inversely proportional to IDPD’s projected area (Zeno et al. 2019a). The structured Epsin1 ENTH domain occupies a membrane surface area of 16 nm² (Boucrot et al. 2012), while the disordered CTDs of Epsin and AP180 are projected to occupy 70 and 90 nm², respectively, based on analytical modeling (Hofmann et al. 2012) as well as experiments (Kalthoff et al. 2003). The projected area of the disordered domain of Amph is estimated as 75 nm², while this area for N-BAR is approximately 24 nm² per monomer, based on its crystal structure (Campelo et al. 2008; Zeno et al. 2018). We can summarize that IDPDs cause higher steric pressure, which causes a stronger membrane bending per molecule than ordered protein domains (see Fig. 4B).

In addition to entropic effects, a second mechanism that can sense/drive membrane curvature may also arise from electrostatic effects (Fig. 4D), especially when there is a substantial net negative charge in the disordered regions (Zeno et al. 2019b). Such IDPDs lead to a strong repulsive electrostatic interaction with a membrane containing anionic lipids (Sun and Drubin 2012). Average separation between IDPDs and the membrane surface increases when membrane curvature is large enough (convex shape), thus decreasing in repulsive interaction. It is believed that both entropic and electrostatic mechanisms work together to enhance the overall curvature sensitivity. For instance, adding anionic lipids to the membrane increases the overall curvature sensitivity of AP180CTD (Zeno et al. 2019b).

To investigate the curvature sensitivity of disordered CTDs (i.e., IDPDs) in isolation, the membrane-binding structured regions are truncated. Accordingly, it is concluded that the CTDs contain no significant motif for membrane binding. An N-terminal hexahistidine-tag (His-tag, for brevity) is added to protein CTDs for binding to the membrane containing nickel-chelating lipid DGS-Ni-NTA (1,2-dioleoyl-sn-glycero-3[N-(5-amino-1-carboxypentyl) iminodiacetic acid]succinyl(nickel salt)) (Busch et al. 2015). Nickel nitrioltriacetic acid (Ni-NTA) headgroups of chelating lipid form a strong complex with His-tag to facilitate efficient membrane recruitment (Nye and Groves 2008). Importantly, His-tagged IDPDs do not interact to membranes lacking DGS-NTA lipids, suggesting that additional motifs or residues within the disordered proteins do not significantly interact with membranes (Zeno et al. 2018). Recently, a few His-tagged IDPDs (e.g., AP180CTD, EpsinCTD, and AmphCTD) have been shown to sense membrane curvature through entropic mechanism at comparable levels as ordered curvature-sensing domains. They can synergistically augment the sensitivity of these domains (Busch et al. 2015; Zeno et al. 2018; Zeno et al. 2019a; Zeno et al. 2019b; Zeno et al. 2021). For example, full-length Amphiphysin1 (FL-Amph) and Epsin1 (FL-Epsin) sense membrane curvature more effectively than their structured domains, N-BAR and ENTH, respectively (Zeno et al. 2018). Even CTD of Epsin has more sensitivity than the ordered ENTH domain. Figure 4E exhibits the cartoons of FL-Epsin and its domains that have been used to investigate the curvature sensitivity. Table 2 summarizes the curvature-sensing/induction mechanism by some ordered/disordered protein domains.

From the above discussion, we can conclude that the extent of each mechanism’s contribution to driving curvature is determined by the sizes of structured and unstructured domains, and protein surface density. The latter is determined by the bulk concentration and membrane affinity.

### IDPs/IDPRs and Membrane Lipid Composition

It is thought that the lipid composition in a membrane can affect its physiological functions owing to the possibility of accommodating many different types of phospholipids in a bilayer. The major lipids found in eukaryotic membranes are phosphatidylcholine (PC), phosphatidylethanolamine (PE), and sphingomyelin (SM), and PS. Additionally, two species are less abundant, phosphatidylinositol (PI) and phosphatidic acid (PA). Also, PI are not only a source of phosphatidylinositolos but also of phosphoinositides, a phosphorylated phosphatidylinositol derivative which is known as phosphatidylinositol phosphate (PIP). It is important to note that lipid composition is different between cellular organelles and between their outer and inner monolayers. The PC and SM are mainly found on the cell’s outer membrane, whereas the PE is primarily found on the inner leaflet. Meanwhile, PS and PI are located at the inner PM monolayer (Alberts et al. 2002; Suetsugu et al. 2014).

These differences are introduced and maintained by membrane proteins at two different levels. A primary mechanism is the asymmetric incorporation of newly synthesized lipids in the bilayer of lipids. Flippases are notable proteins that contribute to maintaining asymmetry of the lipid composition (Devaux et al. 2008; Hankins et al. 2015). They are the enzymes that cause an asymmetric distribution of lipids between inner and outer membrane monolayers by transporting the lipid from extracellular to cytosolic leaflet. IDPRs are found in flippases and serve to connect the structured regions. Targeting the unstructured segment of a flippase (i.e., PgI) has been found to diminish its flipflop action (Perez et al. 2017). This suggests that...
Table 2  Mechanisms of membrane curvature sensing/generation by some ordered and disordered protein domains. Adapted from Zeno et al. (2018, 2019a, 2019b, 2021)

| Protein/domain | Domain types | Membrane-binding domain | Preferred lipid | Sensing | Induction |
|----------------|--------------|--------------------------|-----------------|---------|-----------|
| FL-Espin       | OPD, IDPD    | ENTH                     | PIP₂            | AH, Entropic | MC<sup>d</sup> |
| His-Epsina<sup>a</sup> | OPD, IDPD    | His-tag                  | DGS-NTA         | Entropic | MC        |
| wt-ENTH<sup>b</sup> | OPD          | ENTH                     | PIP₂            | AH      | MC        |
| His-ΔENTH<sup>c</sup> | OPD          | His-tag                  | DGS-NTA         | Insensitive | MC        |
| His-EspinCTD<sup>d</sup> | IDPD         | His-tag                  | DGS-NTA         | Entropic | MC        |
| His-AP180CTD<sup>e</sup> | IDPD         | His-tag                  | DGS-NTA         | Entropic | MC        |
| FL-Amph        | OPD, IDPD    | N-BAR                    | PIP₂            | AH, IC, Entropic | AH, IC, OLG, MC |
| Amph N-BAR     | OPD          | N-BAR                    | PIP₂            | AH, IC   | AH, IC, OLG |
| His-AmphCTD<sup>f</sup> | IDPD       | His-tag                  | DGS-NTA         | Entropic | MC        |

<sup>a</sup>Curvature-sensing AH is replaced with His-tag

<sup>b</sup>Wild-type Epsin is known to sense membrane curvature through inserting its AH

<sup>c</sup>Structured domains are truncated, and an N-terminal His-tag is added to protein CTDs for binding to the membrane

<sup>d</sup>The molecular crowding of IDPDs on the membrane surface is more efficient than the OPDs

Table 2 provides insights into the mechanisms of membrane curvature sensing and remodeling by intrinsically disordered protein domains. The table lists various protein domains and their properties, including preferred lipids, sensing mechanisms, and induction methods. The information is adapted from recent research by Zeno et al. (2018, 2019a, 2019b, 2021). Membrane-interacting domains, such as N-BAR, F-BAR, I-BAR, E/ANTH, and some additional lipid-binding domains in BAR proteins like PH (pleckstrin homology) and PX (phox homology), are examples of cationic motifs that use electrostatic interactions (Suetsugu et al. 2014). However, PIP<sub>2</sub> appears to be preferred by these domains over PS (McLaughlin and Murray 2005; McMahon and Gallop 2005). PIPs are preferred phospholipids for many proteins rather than PS because of their higher charge. It has been proposed that PIP<sub>2</sub> binding plays an important role in the correct targeting of these proteins to the PM (Ford et al. 2002). Several studies involving mutagenesis support this hypothesis, demonstrating that proteins with mutations in their PIP<sub>2</sub> binding sites do not localize appropriately (Ford et al. 2002). Several PIP-binding domains have been shown to deform liposomes into tubules and small vesicles. The PH domains of dynamin, for example, play an essential role in their electrostatic interactions with PIP<sub>2</sub>-containing membrane (Roux et al. 2010).

Assays to Measure IDPs/IDPRs–Membrane Interactions

Research has grown steadily into IDPs/IDPRs properties and behavior in recent years as researchers understand its importance in cellular physiology. These proteins interact with biological membranes and function as hubs in signaling and trafficking pathways (Cornish et al. 2020). In addition to being a valuable player in many biological processes,
the study of IDPs/IDPRs–membrane interactions may also contribute to constituting novel drug targets (Ambadipudi and Zweckstetter 2016; Neira et al. 2017; Hosoya and Ohkanda 2021). Several recent methodological advances have enhanced our understanding of how and why different protein domains/motifs interact with specific curvatures. We briefly review a few tools that can characterize such interactions in the following sections.

### In-Vitro IDPs/IDPRs–Membrane Interactions

**In-vitro assays** are often utilized in studies on protein potency to recognize or induce the membrane curvature. For this, artificial model membrane structures with fixed lipid composition, such as size-regulated liposomes (Has and Sunthar 2020) and supported lipid bilayers (SLBs), have been employed to construct bilayers free from protein constituents. A quantitative and reproducible analysis of protein–membrane interactions can be achieved through such in-vitro approaches (Carvalho et al. 2008; Salzer et al. 2017; Chand et al. 2019). Generally, proteins and membranes are made visible by being tagged with different fluorescent dyes.

**Microscopy-based assays** One of the basic approaches to dictate the mechanism of membrane deformation by any protein is using the plethora of microscopy-based techniques. To this aim, giant unilamellar vesicles (GUVs) are found to be a suitable choice since their usual diameters (a few microns to tens of microns) closely resemble cell membranes and may be examined using an optical microscope. Several BARs (Saarikangas et al. 2009; Tanaka-Takiguchi et al. 2013) and other proteins (Has and Das 2021) have been employed to study the membrane deformation. Nonetheless, merely visuals cannot be used to extract quantitative measurements of membrane shape induced by proteins.

**Sedimentation, flotation, and PLiMAP assays** Sedimentation assay (SA) (Peter et al. 2004; Carlton et al. 2004; Pylypenko et al. 2007), flotation assay (FA) (Bigay et al. 2005; Mesmin et al. 2007), or Proximity-based Labeling of Membrane-Associated Proteins (PLiMAP) assay (Jose et al. 2020) may be employed for measuring the protein affinity to the membranes of different mean curvatures. Liposomes of different curvatures are synthesized in these assays by extruding them through filters with predefined pore sizes, followed by incubation with proteins. A mixture of protein and extruded liposomes is either spun directly down (in sedimentation) or spun up in a sucrose density gradient (in flotation). Both assays work at a high-speed centrifugation spin to isolate the fraction of membrane-bound proteins. Further, a recent report (Jose et al. 2020) has obviated the requirement of ultracentrifugation spin using PLiMAP assay. In PLiMAP assay, a bi-functional reactive fluorescent lipid (RFL) is incorporated into the liposomes and used as an indicator for membrane–protein interactions. Upon photo-activation (exposed with ultraviolet light), the membrane-bound protein is crosslinked with RFL. The sample is then centrifuged at low speed. Eventually, the fraction of any protein (not just IDPs/IDPRs) bound to the liposomal membrane (in SA, FA, or PLiMAP) is quantified by protein analysis techniques (e.g., SDS-PAGE).

Even though SA is faster, more versatile, and requires fewer proteins and lipids, it has reduced sensitivity and cannot distinguish membrane-bound proteins from protein aggregates. Instead FA, which is less susceptible to protein aggregation, is recommended. Furthermore, PLiMAP assay can be integrated with existing liposome-based assays to improve the sensitivity. Unfortunately, these assays cannot investigate dynamic protein recruitment to curved membranes. Moreover, because the liposome sizes vary when they are extruded, it is difficult to assess the range of curvature-sensing ability of individual protein domains (Kunding et al. 2008; Simunovic et al. 2015).

**Single liposome curvature or tethered vesicle assays** It has been proven that single liposome curvature (SLiC) assays overcome the limitations of ensemble experiments (Bhatia et al. 2009; Madsen et al. 2010). In SLiC, liposomes (size 50–800 nm) doped with biotinylated BSA are immobilized through streptavidin–biotin linkages to a BSA-coated glass substrate (Stamou et al. 2003). The nanosized vesicles are isolated by tethering them onto passivated surfaces at low densities. Next, the solution of labeled protein is added in solution to the surface-tethered vesicles, and imaging is done using fluorescent/confocal microscopy after 20–30 min of incubation to achieve a faithful reconstruction of the liposome population (Zeno et al. 2019b; Larsen et al. 2020). In this study, vesicle diameters (d) are estimated from the intensities (I) of lipid fluorescent channel by the relation $d \propto \sqrt{I}$. The curvature-dependent protein binding to the membrane is estimated using integrated intensity ratios between protein and liposome (Bhatia et al. 2009). In the last decade, SLiC assay has been widely utilized to investigate the curvature-sensing/driving ability of many ordered/disordered proteins and protein domains, such as BAR domains (Bhatia et al. 2009), AHS containing proteins such as αS and AnxB12 (Jensen et al. 2011), lipiddated protein N-Ras (Larsen et al. 2015), C2AB domain of Syt1 (Larsen et al. 2020), AP180CTD (Zeno et al. 2019b), Episin1CTD (Zeno et al. 2018), and Amph1CTD (Zeno et al. 2019a), as well as FL-Epsin, FL-Amph (Zeno et al. 2018), and clathrin (Zeno et al. 2021).

In SLiC, a large number of isolated/distinct membrane curvatures may be quickly recorded in a high-throughput manner (Bhatia et al. 2010; Madsen et al. 2010). Even though this method has opened up new avenues for systematically studying curvature-dependent protein dynamics,
tin vesicles have shown considerable heterogeneity in lipid composition (Larsen et al. 2011), which could contribute to measurement error as curvature rises. Finally, considering that SLiC often requires elaborate experimental procedures and technical expertise, they are a bit tedious to implement.

**Supported lipid bilayers** In addition to the studies as mentioned above based on vesicles, supported lipid bilayers (SLBs) constructed with predetermined topographies by lipid deposition on a solid hydrophilic substrate (such as glass, silica, and gold) have been routinely used to simulate biological membranes under more straightforward experimental conditions (Tanaka et al. 2020). To drive membrane curvature, SLBs use either static (Parthasarathy and Groves 2006) or switchable (Sanii et al. 2008) topographic patterns. These assays provide a means for probing membrane geometries that may otherwise not be possible using liposome-based assays (e.g., saddles, cylinders) (Ebrahimkutty and Galic 2019). The thin hydration layer between the lipid bilayer and the solid support might not accurately simulate the properties of the cytosolic fluid. As a result, the precision and usability of SLBs are limited. Using a nanobar-assisted SLB system has recently shown that the protein FBP17 senses the curvature. Still, its curvature sensitivity is mostly derived from its IDPD, not the structured F-BAR domain itself, contrary to popular perception (Su et al. 2020).

**Tether-pulling assays** In order to overcome the limitations associated with the previous approaches and to enhance the detection accuracy, tether-pulling assays (TPAs) have gained immense popularity in studying the dynamic recruitment of curvature-sensitive proteins (Ambroggio et al. 2010; Sorre et al. 2012; Ramesh et al. 2013; Prévost et al. 2015) and/or curvature generation by proteins (Sorre et al. 2012; Ramesh et al. 2013; Prévost et al. 2015; Knorr et al. 2014).

In a TPA, a transient membrane nanotube or tether from a GUV is pulled with the help of an optical tweezer (OT). As a result, we may investigate transient protein enrichment as soon as the membrane is deformed. All BAR proteins that have been investigated experimentally thus far, such as N-BARs (Sorre et al. 2012; Zhu et al. 2012; Wu et al. 2014), F-BAR (Ramesh et al. 2013), and I-BAR (Prévost et al. 2015), are enriched on the tether. Furthermore, curvature-dependent enrichment of KvAP (Aimon et al. 2014), ArfGAP1, and Arf1 (Ambroggio et al. 2010) has also been reported. Although TPA has been mostly used for ordered proteins and protein domains, it can be easily implemented separately for disorder domains or proteins containing both ordered and disordered domains.

**In-Vivo IDPs/IDPRs–Membrane Interactions**

In-vitro approaches carried out on artificial lipid membranes have proved to be powerful tools for quantifying the function of proteins as curvature sensors/inducers. Still, they are restricted by a requirement to use model membranes of well-defined lipid composition, a constraint that fails to allow for asymmetry in lipid composition in biological membranes. To address such shortcomings, living cell assays (LCAs) can be used to explore how membrane curvature impacts cytoplasmic proteins and cellular processes under pristine physiological conditions. A variety of fluorescence- and electron-based techniques (Gallic et al. 2012, 2014; Begemann and Galic 2016) can be used to investigate the protein sensitivity to brief- and/or long-lived membrane deformations in living and fixed cells. Alternatively, experiments that artificially generate membrane deformations in living cells have proven to be effective. For example, tethers or nanotubes can be extruded either directly from the cell PM (Breuer et al. 2019) or cell-derived giant PM vesicles (GPMVs) (Moreno-Pescador et al. 2019). Here, a brief membrane deformation is induced at a predefined location, and the subsequent curvature-dependent protein recruitment is investigated. In another approach, cells may be cultured on patterned nanostructure platforms, and fluorescence microscopy can be used to examine the protein dynamics on live cells (Gallic et al. 2012; Li et al. 2019). Nanostructure- and tether-assisted LCAs, although being effective techniques, employ static membrane curvature, making real-time monitoring of a cell’s reaction to membrane deformation difficult. We note that the curvature sensing and induction by IDPs/IDPRs are yet to be explored using live cells.

**Computational Approaches for IDPs/IDPRs–Membrane Interactions**

When taken as a whole, each experimental strategy has its own set of benefits. Unfortunately, no single technique allows for the unbiased analysis of membrane curvature sensing/generation by proteins. So, what is the next step? Because experiments to quantify curvature-dependent IDPs/IDPRs–membrane interactions are still tricky, molecular dynamics (MD) modeling can help us learn more about these interactions. All-atom MD simulations can simulate how BAR-containing proteins drive membrane curvature in-silico, thanks to advanced force fields (Yu and Schulten 2013). Because all-atom MD simulation is computationally expensive, coarse-grained (CG) approximation models are frequently used for such complex systems (Das and Eliezer 2019). Using CG MD simulations, it has been demonstrated that BAR-containing proteins drive membrane curvature (Simunovic et al. 2013). MD studies have further revealed that the positive residues on BAR domains and membrane lipid components are found to be essential features in curvature-dependent protein distribution/sorting (Takemura et al. 2017; Stanishneva-Konovalova and Sokolova 2019). Despite their potency, MD simulations are limited to short spatiotemporal intervals. Continuum models...
(CM) can be an excellent option for expanding these limits and gaining more understanding of biological assumptions. In contrast to MD simulations, which include discrete molecules, CM takes the atomistic data and averages it to get a continuous mass. A wealth of models, such as Dynamic Triangulated Monte Carlo (DTMC), have been developed in recent years that facilitate to bridge the molecular, mesoscopic, and cellular scales (Ebrahimkutty and Galic 2019). Using DTMC, it has been recently reported that both curvature sensing and induction can be found in the same system as a function of protein binding affinity on the membrane (Krishnan et al. 2019). The researchers can accurately link the model (Toudot et al. 2014) to the experimental data (Shi and Baumgart 2015) using these approaches. For learning more about this rapidly evolving field, an interested reader is referred to reviews by Ramakrishnan et al. (2018).

Conclusions and Future Perspectives

In this review, we have focused on the interplay between IDPs/IDPRs and membrane and how this dynamic cross-talk is crucial for signaling and trafficking pathways (Cornish et al. 2020). Cellular membranes are lipid bilayers that are fluid-like in appearance and in which proteins are embedded or to which proteins are anchored that assist the membranes in performing their functions. It has been discussed how membrane lipids can potentially affect the binding and organization of proteins. Compared to structured domains, the IDPRs of identical molecular weight possess a larger projected area, more flexibility, and undergo disorder-to-order transition upon binding to the membranes. Cells use these characteristics for functional reasons.

We have discussed how IDPs/IDPRs are employed to regulate the membrane properties and thus influence membrane trafficking. Specifically, proteins and membranes interact in a two-way fashion. First, membrane curvature is generated by constituent proteins. Second, proteins sense the membrane curvature, or in other words, membrane curvature is generated by constituent proteins. Second, proteins sense and interact in a two-way fashion. First, membrane curvature regulates the membrane properties and thus influence membranes in performing their functions. It has been discussed how membrane lipids can potentially affect the binding and organization of proteins. Compared to structured domains, the IDPRs of identical molecular weight possess a larger projected area, more flexibility, and undergo disorder-to-order transition upon binding to the membranes. Cells use these characteristics for functional reasons.

We have discussed how IDPs/IDPRs are employed to regulate the membrane properties and thus influence membrane trafficking. Specifically, proteins and membranes interact in a two-way fashion. First, membrane curvature is generated by constituent proteins. Second, proteins sense the membrane curvature, or in other words, membrane curvature provides a cue to recruit distinct proteins selectively. It has become clear that curvature sensing and induction are two biophysical processes that are related but not the same. From various assays discussed in this article, we can state that curvature sensing is most effective when proteins are sparsely bound to the membranes (Sorre et al. 2012). On the other hand, proteins begin to induce curvature as their coverage of the membrane surface grows (Stachowiak et al. 2010, 2012). We have seen that full-length proteins have a larger capacity to sense/generate the membrane curvature than the structured and/or unstructured domains studied in isolation.

The current review underscores the need to research the synergistic connection between ordered and disordered protein domains in a larger context. The IDPRs are common in the protein machinery that controls membrane trafficking, and they are frequently paired with ordered domains in the same protein molecule (Pietrosemoli et al. 2013). In biophysical investigations of interactions of proteins with membrane, it has become more apparent that IDPRs cannot be overlooked. To date, only a few IDPRs have been identified as curvature sensors and drivers. Because IDPRs make up around one-third of the proteome, they are a diverse group of proteins, implying that there are still many more potential sensors and drivers of membrane curvature to be characterized. As a result, understanding the biophysical roles of IDPRs in membrane remodeling is an essential priority for future research. Using hybrid strategies that combine cellular and biophysical experiments with techniques that can evaluate the IDPRs contribution in the membrane environment like NMR and MD simulations will help researchers to understand the proteins involved in signaling and trafficking pathways in which they are found.

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