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Key Points:
- We compiled ~1,900 14C measurements of CO2, CH4, DOC, and POC from the northern permafrost region.
- Old carbon release increases in thawed oxic soils (CO2), thermokarst lakes (CH4 and CO2), and headwaters with thermal erosion (DOC and POC).
- Simultaneous and year-long 14C analyses of CO2, CH4, DOC, and POC are needed to assess the vulnerability of permafrost carbon across ecosystems.

Supporting Information:
- Supporting Information S1

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Abstract The magnitude of future emissions of greenhouse gases from the northern permafrost region depends crucially on the mineralization of soil organic carbon (SOC) that has accumulated over millennia in these perennially frozen soils. Many recent studies have used radiocarbon (14C) to quantify the release of this “old” SOC as CO2 or CH4 to the atmosphere or as dissolved and particulate organic carbon (DOC and POC) to surface waters. We compiled ~1,900 14C measurements from 51 sites in the northern permafrost region to assess the vulnerability of thawing SOC in tundra, forest, peatland, lake, and river ecosystems. We found that growing season soil 14C-CO2 emissions generally had a modern (post-1950s) signature, but that well-drained, oxic soils had increased CO2 emissions derived from older sources following recent thaw. The age of CO2 and CH4 emitted from lakes depended primarily on the age and quantity of SOC in sediments and on the mode of emission, and indicated substantial losses of previously frozen SOC from actively expanding thermokarst lakes. Increased fluvial export of aged DOC and POC occurred from sites where permafrost thaw caused soil thermal erosion. There was limited evidence supporting release of previously frozen SOC as CO2, CH4, and DOC from thawing peatlands with anoxic soils. This synthesis thus suggests widespread but not universal release of permafrost SOC following thaw. We show that different definitions of “old” sources among studies hamper the comparison of vulnerability of permafrost SOC across ecosystems and disturbances. We also highlight opportunities for future 14C studies in the permafrost region.

1. Introduction
Permafrost soils in the northern circumpolar region store 1,460 to 1,600 Pg of soil organic carbon (SOC), a globally significant amount that has accumulated over millennia (Schuur et al., 2018). Amplified warming at high latitudes is currently causing widespread thawing of permafrost, which exposes deep SOC stores to contemporary hydrological and microbial processes (Abbott et al., 2015; Huang et al., 2017; Nitze et al., 2018). The transformation and release of previously frozen SOC into the atmosphere as the...
greenhouse gases, carbon dioxide (CO₂) and methane (CH₄), represent a net addition into the contemporary C cycle and further exacerbate climate change. Permafrost thaw influences surface and subsurface landscape hydrology and may mobilize previously frozen SOC into aquatic ecosystems via dissolved organic carbon (DOC) and particulate organic carbon (POC) (Abbott et al., 2014; Kokelj et al., 2005, 2013; Vonk et al., 2015) which could be further transformed into CO₂ and CH₄ (Dean et al., 2020). This permafrost C-climate feedback has been identified as one of the potentially largest feedbacks to anthropogenic climate change (Claïs et al., 2013; Koven et al., 2011), yet the magnitude and timing of this feedback is poorly constrained due to uncertainties in the form of C release and the stability of deep SOC following different modes of thaw (Harden et al., 2012; Lawrence et al., 2015; Schaefer et al., 2014; Schuur et al., 2015).

The ¹⁴C content of SOC reflects the time since atmospheric CO₂ was fixed by vegetation and subsequently transferred to soil as organic matter, and this ¹⁴C value is thus imprinted in CO₂, CH₄, DOC, and POC derived from that soil. Given a half-life of 5,730 years, ¹⁴C can be used to assess the mean age of SOC and its derivatives of up to ~50,000 years (Schuur et al., 2016). Fluxes of CO₂, CH₄, DOC, and POC represent a mix of C derived from several sources of variable age such as plants and roots (years to decades), SOC (mixture of carbon of different ages in itself and varying from decades to several millennia depending on soil depth and ecosystem), or even ¹⁴C-depleted geological sources (beyond 50,000 years). The relative contribution of these sources to the C flux can be estimated using ¹⁴C, alone or in concert with other tracers (Abbott et al., 2016; Czimczik et al., 2006; Schuur & Trumbore, 2006; Trumbore, 2000). Over the last two decades, ¹⁴C has become an increasingly common tool for assessing contributions of thawing SOC to different types of C fluxes (Trumbore, 2009). While ¹⁴C is a valuable tool, it can be challenging to detect the contribution of older (depleted in ¹⁴C) SOC sources at depth in ecosystem C fluxes. In particular, C fixed in the last 60 years has a significantly enriched ¹⁴C signature due to aboveground nuclear weapon’s testing (i.e., “bomb ¹⁴C”), and CO₂, CH₄, DOC, and POC derived from these recent C sources can act to conceal even substantial contributions to ecosystem C fluxes from older SOC that is depleted in ¹⁴C. While studies commonly apply approaches to account for this mixing of contemporary (i.e., post-1950s) and older C sources, methodologies and assumptions are generally specific to each study (e.g., Dean et al., 2018; Estop-Aragonés, Czimczik, et al., 2018; Raymond et al., 2007; Schuur et al., 2009).

The vulnerability of thawed SOC to mineralization or downstream transport may depend on the mode of permafrost degradation, and the environmental conditions that prevail following thaw (Große et al., 2011; Jorgenson & Osterkamp, 2005). In particular, it is likely that there will be differences for SOC thawed through active layer deepening compared to thermokarst. Deepening of the seasonally thawed active layer generally occurs gradually in response to climate warming (Brown & Romanovsky, 2008; Camill, 2005), but can be more rapid in response to disturbances such as wildfire (Burn, 1998; Fisher et al., 2016; Gibson et al., 2018; O’Donnell et al., 2011) or changes in snow cover (Jafarov et al., 2018). Alternatively, thermokarst refers to a mode of permafrost degradation where land surface collapse or downslope mass movement is caused by melting of excess ground ice (Kokelj & Jorgenson, 2013). Thermokarst often affects the whole soil profile, which may then become either completely or partially inundated along edges of expanding thermokarst lakes and peatlands, or transported downstream within fluvial networks from development of thermal erosion gullies and thaw slumps along streams and rivers (Kokelj & Jorgenson, 2013). Soil thermal erosion occurs when water melts ground ice and mechanically erodes the sediments. Thermokarst landforms are found in landscapes that cover 20% of the northern permafrost region, but which contain 50% of the region’s SOC (Olefeldt et al., 2016). Thus, whether permafrost is degraded gradually by active layer deepening or by thermokarst processes will influence both the quantity of thawed SOC and the environmental conditions to which it is exposed, and thus, potentially the rate and form of permafrost SOC release (Schädel et al., 2016).

Microbial mineralization of thawed SOC and its subsequent release as CO₂ and CH₄ to the atmosphere depends on soil/sediment characteristics such as depth profiles of SOC content, origin, and diagenetic state, as well as environmental conditions such as active layer thickness, temperature, and redox state (Dutta et al., 2006; Elder et al., 2018; Estop-Aragonés, Czimczik, et al., 2018; Hicks Pries et al., 2013; Lupascu et al., 2014; Vonk et al., 2013). Together, these factors influence the quantity and quality of SOC that can be thawed at a given location and determine the environmental conditions and the activity of microbial communities after thaw (Jansson & Taş, 2014; Mackelprang et al., 2016). Anoxic conditions that are prevalent in
lowland environments such as peatlands and in lakes generally have slower overall microbial activity, but increased potential for CH$_4$ production (Cooper et al., 2017; Klapstein et al., 2014; Nakagawa et al., 2002; Walter et al., 2008). Downstream transport of DOC and POC derived from thawed SOC depend on the hydrological connectivity and flow paths between soils and fluvial networks, in-stream processing of C, and on the susceptibility of near-stream soils and river banks to erosion (Barnes et al., 2018; Mann et al., 2015; McClelland et al., 2016; Raymond et al., 2007). Laterally transported DOC and POC may be stored long term in aquatic and oceanic sediments, but may also be mineralized during transport, contributing to CO$_2$ and CH$_4$ emissions from peatlands, rivers, lakes, and the Arctic Ocean (Letscher et al., 2011; Regnier et al., 2013; Spencer et al., 2015; Tank et al., 2018).

Here we compile and review information from all currently available studies carried out in the northern permafrost region where C fluxes (CO$_2$, CH$_4$, DOC, POC) have been characterized using $^{14}$C. Our goals were to (1) contrast differences and variability in $^{14}$C signatures across ecosystems and forms of C, (2) link variability in $^{14}$C signatures to landscape characteristics and environmental conditions, (3) compile rates of “old” SOC release estimated among studies and compare methodologies for such estimates, and (4) assess consistency across studies of broad ecosystem classes with regards to the influence of disturbances and mode of thaw on the vulnerability of permafrost SOC. A further aim of this synthesis is to reveal challenges and opportunities for future $^{14}$C studies in the region since it represents one of the key methodologies for reducing the uncertainty of the permafrost C feedback to climate change.

2. Materials and Methods
2.1. Database Compilation

We compiled a database of $^{14}$C measurements of CO$_2$, CH$_4$, DOC, and POC from the northern permafrost region. We defined this region based on the permafrost coverage previously outlined (Brown et al., 1997). The database included data from 50 studies, mostly published prior to May 2018, identified through Web of Science using the keywords “radiocarbon CO$_2$ permafrost”, “radiocarbon CH$_4$ permafrost”, “radiocarbon DOC permafrost”, or “radiocarbon POC permafrost”. Additional studies were identified through citations in the reviewed studies (Table 1). We focused on $^{14}$C measurements of gaseous soil emissions and waterborne ecosystem C fluxes but the database also included C forms belowground, such as soil gases and pore water DOC. We did not include $^{14}$C measurements of the SOC pool, which can provide estimates of SOC turnover at decadal to millennial time-scales (e.g., He et al., 2016) but provide little information on the form of C release to the atmosphere or aquatic ecosystems. Further, we did not include compound-specific $^{14}$C analysis, such as plant wax lipid compounds, lignin phenols, or hydroxy phenols. Most of the $^{14}$C data were obtained from tables in the studies, or were provided by authors, but some data (143 $^{14}$C measurements) were approximated from figures if no other options were available. The data set (DOI 10.5281/zenodo.3832031) is available at https://zenodo.org/record/3832031#.XsJ8vntCSUl and has also been included in the ISRaD repository (http://www.soilradiocarbon.org).

We classified $^{14}$C measurements to be associated with five broad ecosystem types: tundra, boreal forest, peatlands, lakes, and rivers/streams. Ecosystem classification was based on descriptions provided in the published studies. Further, many studies used natural or experimental disturbances to assess vulnerability of thawed SOC, and we classified $^{14}$C data to be associated with either undisturbed or disturbed sites within each ecosystem type. We considered disturbed sites to include active layer thaw gradients (tundra), warming/wetting/drying manipulations (tundra and one peatland), wildfire (tundra and boreal forest), and thermokarst (lakes, peatlands, and streams). Data were further grouped by C form (CO$_2$, CH$_4$, DOC, and POC) in order to assess the effects of disturbance on $^{14}$C of CO$_2$ and CH$_4$ and highlight the $^{14}$C variability of DOC and POC along the soil-stream-river continuum (supporting information Table S1).

We grouped gaseous (CO$_2$, CH$_4$) measurements by collection method, distinguishing samples released to the atmosphere and those obtained belowground. Measurements released to the atmosphere included soil chamber gas emissions, bubbles, and dissolved gas from surface waters. Belowground gaseous measurements included incubations and soil gas samples collected in situ in the pore space with probes. We categorized DOC and POC data into soil pore water versus tributaries or main stem of major rivers in order to
Table 1
List of Studies Measuring $^{14}$C of CO$_2$, CH$_4$, DOC, and POC in the Northern Permafrost Region

| ID  | Reference                  | $^{14}$C dating | Location                        | Study and ecosystem description                                                                 |
|-----|----------------------------|-----------------|---------------------------------|---------------------------------------------------------------------------------------------------|
| 1   | Czimczik and Welker (2010) | CO$_2$          | Greenland                       | Flux in High Arctic tundra (soil pore space, incubations)                                          |
| 2   | Lupascu, Welker, Seibt, et al. (2014) | CO$_2$          | Greenland                       | Flux in High Arctic tundra (soil pore space, incubations)                                          |
| 3   | Lupascu et al. (2014)     | CO$_2$          | Greenland                       | Flux in tundra thaw gradient (soil pore space, incubations)                                       |
| 4   | Schuur et al. (2009)      | CO$_2$          | Interior Alaska (AK)            | Flux in tundra thaw gradient (soil pore space, incubations)                                       |
| 5   | Hicks Pries et al. (2013) | CO$_2$          | Interior AK                     | Flux in tundra thaw gradient (incubations)                                                        |
| 6   | Natali et al. (2015)      | CO$_2$          | Interior AK                     | Flux in tundra thaw gradient (manipulation, soil pore space)                                      |
| 7   | Natali et al. (2011)      | CO$_2$          | Interior AK                     | Flux in tundra thaw gradient (manipulation, soil pore space)                                      |
| 8   | Hicks Pries et al. (2016) | CO$_2$          | Interior AK                     | Flux in tundra thaw gradient (manipulation, incubations)                                         |
| 9   | Hicks Pries et al. (2015) | CO$_2$          | Interior AK and Sweden          | Flux in tundra and in subarctic bog (manipulation, incubations)                                   |
| 10  | Lee et al. (2012)         | CO$_2$          | Interior and N Slope AK         | Incubations of tundra soils and soil fractions                                                     |
| 11  | Nowinski et al. (2010)    | CO$_2$          | N Slope AK                      | Flux in tundra (manipulation, soil pore space, incubations)                                       |
| 12  | Klapstein et al. (2014)   | CO$_2$, CH$_4$  | Interior AK                     | Ebulition in thermokarst bog                                                                      |
| 13  | Cooper et al. (2017); Estop-Aragonés, Cooper, et al. (2018) | CO$_2$, CH$_4$  | W Canada                        | Flux in peat plateaus, thermokarst bogs, burnt, and intact forests in Yukon and Northwest Territories (NT) (soil pore space) |
| 14  | Estop-Aragonés, Czimczik, et al. (2018) | CO$_2$          | W Canada: Northern Alberta      | Ebulition and waters in peat palsa and thermokarst lake                                           |
| 15  | Gandois et al. (2019)     | CO$_2$, CH$_4$, DOC | W Siberia                      | Dissolved gas and waters in polygonal ponds, streams, and lakes                                 |
| 16  | Dutta et al. (2006)       | CO$_2$, DOC     | E Siberia                       | Ebulition in tundra lakes in Yukon-Kuskokwim                                                     |
| 17  | Dean et al. (2018)        | CO$_2$, CH$_4$, DOC | W Canada: Northwest Territories (NT) | Flux in boreal forest, burnt, and intact tundra                                                  |
| 18  | Novel data                | CH$_4$          | E Siberia and AK                | Ebulition in tundra lakes in AK                                                                   |
| 19  | Martens et al. (1992)     | CH$_4$          | E Siberia                       | Ebulition in thermokarst lakes                                                                   |
| 20  | Zimov et al. (1997)       | CH$_4$          | E Siberia                       | Ebulition in thermokarst lakes                                                                   |
| 21  | Nakagawa et al. (2002)    | CH$_4$          | E Siberia                       | Ebulition in thermokarst lakes                                                                   |
| 22  | Walter Anthony et al. (2016) | CH$_4$          | E Siberia, Sweden, and AK       | Ebulition in lakes and thermokarst lakes                                                         |
| 23  | Walter et al. (2008)      | CO$_2$, CH$_4$  | E Siberia and Interior AK        | Ebulition in lakes and thermokarst lakes in Bylot Island                                         |
| 24  | Bouchard et al. (2015)    | CO$_2$, CH$_4$  | E Canada: Nunavut               | Ebulition in lakes and thermokarst lakes in Bylot Island                                         |
| 25  | Negandhi et al. (2013)    | CO$_2$, CH$_4$  | E Canada: Nunavut               | Ebulition in thermokarst lakes                                                                   |
| 26  | Elder et al. (2018)       | CO$_2$, CH$_4$  | N Slope, AK                     | Dissolved gas in thermokarst lakes                                                               |
| 27  | Raymond et al. (2007)     | DOC             | E Siberia, W Siberia, W Canada, and AK | Main stem of Arctic Great Rivers: Yenisey, Lena, Ob', Mackenzie, and Yukon |
| 28  | Amon et al. (2012)        | DOC             | E Siberia, W Siberia, W Canada, and AK | Main stem of Arctic Great Rivers: Yenisey, Lena, Ob', Mackenzie, and Yukon |
| 29  | McClelland et al. (2016)  | POC             | E Siberia, W Siberia, W Canada, and AK | Main stem of Arctic Great Rivers: Yenisey, Lena, Ob', Mackenzie, and Yukon |
| 30  | Holmes et al. (2018)      | DOC, POC        | E Siberia, W Siberia, W Canada, and AK | Main stem of Arctic Great Rivers: Yenisey, Lena, Ob', Mackenzie, and Yukon |
| 31  | Striegl et al. (2007)     | DOC             | AK                              | Main stem and large tributaries of Yukon river                                                   |
| 32  | O'Donnell et al. (2014)   | DOC (HPOA)      | AK                              | Main stem and large tributaries of Yukon river                                                   |
| 33  | Aiken et al. (2014)       | DOC             | W Canada and AK                 | Main stem, tributaries, and glacial waters of Yukon river                                        |
| 34  | Guo and Macdonald (2006)  | DOC, POC        | AK                              | Main stem of Yukon river                                                                        |
| 35  | Guo et al. (2003)         | DOC, POC        | AK                              | Main stem of Chena river                                                                         |
| 36  | Ewing et al. (2015)       | DOC             | AK                              | Yedoma SOC leachates from yedoma near Hess Creek                                                 |
| 37  | Drake et al. (2015)       | DOC             | AK                              | Yedoma SOC leachates in Fox permafrost tunnel                                                    |
| 38  | Guo et al. (2007)         | DOC, POC        | W Canada and AK                 | Main stem and SOC leachates from Mackenzie, Sagavanirktok, and Yukon rivers                      |
| 39  | Neff et al. (2006)        | DOC             | E Siberia                       | Main stem and tributaries of Kolyma river                                                        |
| 40  | Mann et al. (2015)        | DOC             | E Siberia                       | Main stem and tributaries of Kolyma river                                                        |
| 41  | Vonk et al. (2013)        | DOC             | E Siberia                       | Main stem and large tributaries of Mackenzie river                                                |
| 42  | Hilton et al. (2015)      | POC             | W Canada                        | Yedoma riverbank collapse thaw streams of Kolyma river                                            |
| 43  | Littlefair et al. (2017)  | DOC             | W Canada                        | Retrogressive thaw slumps (thaw streams) in Peel Plateau, NT                                     |
| 44  | Hood et al. (2009)        | DOC             | AK                              | Glaciated and unglaciated watersheds in Gulf of Alaska                                             |
| ID | Reference                          | $^{14}$C dating | Location                         | Study and ecosystem description                                      |
|----|-----------------------------------|----------------|----------------------------------|------------------------------------------------------------------------|
| 45 | Stubbins et al. (2012)            | DOC            | AK                               | Glacial water in Mendenhall and Gulkana Glaciers                         |
| 46 | Benner et al. (2004)              | DOC            | W Siberia and N Slope AK         | Main stem of Kokolik and Ikpikpuk rivers and Yenisey and Ob’ rivers    |
| 47 | Amon and Meon (2004)              | DOC            |                                  |                                                                        |
| 48 | Godin (2014)                      | DOC            | E Canada                         | Main stem of Hudson Bay rivers                                          |
| 49 | Abbott and Stafford (1996)        | DOC, POC       | E Canada: Nunavut                | Lake and streams in Frobisher Bay, Baffin Island                         |
| 50 | Burd et al. (2018) and novel data | DOC            | W Canada: Northwest Territories (NT) | Peat pore water and streams in burnt and intact watersheds             |
characterize different sources and account for $^{14}$C variability along the soil-stream-river continuum. DOC was defined as organic C passing through a 0.2- to 1-μm filter (generally 0.45 μm) depending on the study, whereas POC reflects the size class of organic C that cannot pass through the filter. Soil pore water included in situ sampling in thaw streams (thaw slump rill water), and waters obtained in the laboratory from soil cores and soil leachates. Samples from tributaries were collected from small and large streams as defined by the studies and were classified as either glaciated or unglaciated catchments. We refer to glaciated catchments for data collected in tributaries draining present-day glaciers. For clarity, the few available DOC and POC data from lakes ($^{14}$C measurements) were considered to be part of the catchment drainage network and, thus, were merged into the nonglaciated tributary category. Many of the compiled DOC and POC data came from the sampling of mainstem locations on the six largest Arctic rivers by the Arctic Great Rivers Observatory (ArcticGRO; https://arcticgreatrivers.org/) (e.g., McClelland et al., 2016; Raymond et al., 2007).

For all sites, $\delta^{13}$C (Figure S1) and other ancillary data were compiled when available (sampling date, coordinates, discharge, concentrations).

Data were also grouped by region to characterize the spatial distribution of measurements across the circum-polar North; including Alaska, Western Canada, Eastern Canada, Greenland, Europe, Western Siberia, and Eastern Siberia (Figure 1). Western Canada included data from Yukon, Northwest Territories (NT), and Alberta. Eastern Canada included data from Nunavut and the Hudson Bay Lowlands. Europe refers uniquely to data from Sweden. We used the catchment area of the Yenisey River to differentiate between Western and Eastern Siberia. Data on $^{14}$C of DOC and POC from the main stems of ArcticGRO rivers are included in these regions as follows: Alaska (Yukon River), Western Canada (Mackenzie River), Western Siberia (Ob’ and Yenisey Rivers), Eastern Siberia (Lena and Kolyma Rivers).

All $^{14}$C data were converted to fraction modern ($f_M$) using defined equations (Stuiver & Polach, 1977):

$$\Delta^{14}C^{(0/\infty)}_0 / C_{14^{00}}^{1000} = e^{\lambda (Y_S - Y)} + 1,$$

$$^{14}C_{\text{age}} / f_M = e^{\lambda \text{Age}},$$

$$\%\text{Modern} / f_M = \%\text{Modern} / 100,$$

where $\lambda$ equals 1/8,267 year$^{-1}$ (i.e., 1/true mean life of radiocarbon), $Y_S$ represents the year of sampling (we assume the $^{14}$C analysis was in the same year as sample collection unless stated), and Age represents the uncalibrated age ($^{14}$C age expressed as years before present where present is CE 1950). By convention, the $^{14}$C content is corrected for mass-based fractionation effects using stable C isotope ($\delta^{13}$C) value of $-25 \text{‰}$, and is expressed relative to a standard representing the preindustrial atmospheric $^{14}$C-CO$_2$ in 1950. As such, the age of $^{14}$C measurements can be expressed as years before present (years BP) where present refers to CE 1950 (0 years BP, $f_M = 1$), and samples with a higher $^{14}$C content than atmospheric $^{14}$C-CO$_2$ in 1950 are referred to as modern ($f_M > 1$).

Our study also included data (95 $^{14}$C measurements) from unpublished studies, which were obtained from members of the Permafrost Carbon Network (http://www.permafrostcarbon.org). These data included CO$_2$ and CH$_4$ from thermokarst peatlands in W Siberia, CO$_2$ from tundra in Alaska and boreal forest in E Siberia, and DOC from streams draining peatlands in W Canada (Table 1). Samples from thermokarst peatlands in W Siberia were collected using either bubble traps (ebullition samples) or piezometers connected to a hand pump (porewater samples: CO$_2$ and CH$_4$ degassed into the headspace of 1 L glass bottle with a peristaltic pump) and the gas samples were stored in sealed 200 ml preevacuated bottles. The CO$_2$ and CH$_4$ were separated in a vacuum line before $^{14}$C analysis as previously described (Pack et al., 2015). Samples for ecosystem respiration from tundra in Alaska and boreal forest in E Siberia were collected using gas canisters connected to dark static chambers after an enclosur time of approximately 30 min and were corrected for atmospheric $^{14}$C content (Lupascu, Welker, Xu, et al., 2014). Water sampling for $^{14}$C-DON analysis from peat porewater and streams in W Canada followed the same procedures as described in a preliminary study sampling the sites (Burd et al., 2018).
2.2. Review of Controls and Estimates of “Old” SOC Release

We present this data set by plotting the compiled $^{14}$C measurements across regions, ecosystems, C forms, and type of disturbance. We did not consider it appropriate to use other statistical analysis due to the unbalanced data set and the lack of other data associated to the $^{14}$C measurements. We related the variability in $^{14}$C signatures to landscape characteristics and environmental conditions by reviewing the major controls identified in the studies. The $^{14}$C values of CO$_2$, CH$_4$, DOC, and POC were not linked to other continuous data such as thaw depth, soil temperature, soil moisture, productivity, SOC content, or SOC age for most studies and, thus, were not compiled for this study. Instead, we reviewed the importance of these controls on the compiled $^{14}$C data based on the findings from the studies. For example, relationships between $^{14}$C of C fluxes and $^{14}$C of SOC are broadly discussed as a possible driver of variability of measurements across ecosystems and regions. In this regard, given their older SOC age, we refer to “Pleistocene-aged” landscapes to group measurements in locations mostly not covered by the Eurasian, Laurentide, and Cordilleran ice sheets.

Figure 1. Site locations for $^{14}$C measurements of CO$_2$, CH$_4$, DOC, and POC in the northern permafrost region with permafrost coverage as previously defined (Brown et al., 1997). Numbers indicate the study ID listed in Table 1. For clarity, not all specific locations associated with a measurement are included. Dashed lines separate the seven regions discussed in text: Alaska, Western Canada, Eastern Canada, Greenland, Europe, Western Siberia, and Eastern Siberia.
that extended from west of the Lena River to Alaska and parts of the Yukon Territory (Grosse et al., 2013; Schirrmeister et al., 2013). Such Pleistocene-aged measurements mostly come from terrain underlain by ice-rich loess sediments in Yedoma regions but also include regions where glaciogenic tills are overlain by Holocene-age organic matter in soils (Littlefair et al., 2017).

While raw 14C measurements can indicate the relative contribution of "old" SOC to a C flux, it cannot by itself be used to assess the absolute rate of "old" SOC mobilization. Estimating the rate of "old" SOC release requires, at least, both 14C data as well as a measure of overall C flux rate. Our database does not include information about the ecosystem C fluxes associated with each 14C measurement, as such paired data were not provided in the majority of studies. Thus, we did not perform any new isotopic source apportionment analysis, but we provide a summary of different approaches that have been used to partition C fluxes into various C sources (or end-members) of distinct 14C ages and to calculate rates of "old" SOC loss. The relative contribution of C sources to a C flux was typically calculated using isotopic end-member mixing models with a simple mass-balance approach, or through probability distributions using a Bayesian approach (Moore & Semmens, 2008). One problem with comparing estimated contributions and rates of "old" SOC release is that "old" is a relative term and each study has its own definition. Our summary assessed differences in the definition of "old" C sources across studies, and showed how these definitions of "old" C sources influenced estimated rates of "old" SOC mobilization. Lastly, this summary was used to evaluate and contrast the effects of disturbances on thawed SOC mineralization across ecosystems and mode of thaw.

3. Results

3.1. Radiocarbon Data From the Northern Permafrost Region

The compiled database included 1,877 14C measurements from 51 sites, of which 50% were associated with CO2, 14% with CH4, 27% with DOC, and 9% with POC (Figure 2a). Measurements of surface-to-atmosphere greenhouse gases fluxes were overall more common than belowground measurements, which accounted for 41% of the total CO2 data and 12% for CH4. Similarly, most 14C measurements of DOC and POC were collected from streams and rivers, while belowground pore water measurements accounted for only 10% of DOC data and 3% of POC data.

The distribution of 14C measurements among ecosystems, regions, and C forms was not even (Figure 2). Tundra ecosystems had the most measurements at 700, compared to only 50 from the boreal forest, despite the much greater size of the boreal forest within the permafrost region. Measurements from tundra and boreal forests were both dominated by CO2 measurements, while there was a greater diversity in measured C forms for lakes and peatlands (Figure 2a). In total, 32% of the 14C data were from Alaska, 24% from Greenland, 16% from Western Canada, 15% from Eastern Siberia, 9% from Western Siberia, 3% from Eastern Canada, and 1% from Europe (Figure 2b). In our database, 90% of the 700 14C measurements from tundra ecosystems were from...
only two sites within Alaska and Greenland (Figure 2c). Data for rivers and streams were more evenly spread across regions because DOC and POC data from ArcticGRO included the largest Arctic Rivers, and the greater number of sites for this “ecosystem” category was due to sampling of high- to middle-order tributaries and smaller fluvial systems to characterize the fluvial network.

Data collected between May and September accounted for 95%, 85%, and 82% of all CO2, DOC, and POC measurements, respectively. This distribution was more spread over the year for CH4 with 57% of measurements between May and September, due to more frequent lake measurements collected between fall and early spring.

3.2. Broad Patterns of C Age Across C Forms, Ecosystems, and Disturbances

We found large differences between 14C measurements for different C forms with regards to the proportion of reported 14C measurements that had modern (fM >1) signatures (Figure 3). This included 86% of reported 14C-CO2 being modern, followed by 64%, 28%, and 2%, respectively, for DOC, CH4, and POC 14C measurements.

Figure 3. Summary of radiocarbon content of CO2, CH4, DOC, and POC measured in the northern permafrost region. Data for CO2 and CH4 refers to flux measurements released to the atmosphere and excludes belowground and soil incubation measurements, whereas data for DOC and POC includes both flux and belowground measurements to highlight the soil-stream-river continuum. Disturbance includes field manipulations (warming/wetting/drying), natural or fire-induced deepening of the active layer, and thermokarst processes. Each point represents the median of 14C measurements from each study site (Table S1 shows the classification of sites and associated number of measurements). The boxes show the first and third quartiles, the solid vertical line is the median of medians, and the whiskers extend 1.5 times the interquartile range. On the right, the first value indicates the number of study sites and the second value indicates the total number of 14C measurements.
Overall, 60% of all reported 14C measurements were modern, and included nearly all CO2 emissions from terrestrial ecosystems (tundra, boreal forest, and peatlands), CH4 emissions from peatlands, and DOC in nonglacial rivers and large Arctic rivers. Measurements in the main stem of the large Arctic rivers generally showed modern DOC, with 14C values decreasing from spring to winter (i.e., increasing contributions of older sources), whereas POC data were consistently premodern with no seasonal trend. The most depleted 14C measurements were associated with POC in large rivers, DOC in soil pore water and glacial streams, and with CH4 and CO2 emitted from lakes—particularly those associated with thawing Yedoma and Pleistocene-aged deposits.

There was not a universal trend of more 14C depleted C being mobilized from disturbed ecosystems where permafrost thaw had been accelerated (Figure 3). Thermokarst lakes were found to generally release more 14C depleted CO2 and CH4 than nonthermokarst lakes, but accelerated permafrost thaw in terrestrial ecosystems was not found to be consistently associated with more depleted 14C-CO2 emissions than from undisturbed ecosystems (e.g., CO2 in tundra, Figure 3). However, it is important remarking that a lack of lower 14C values in emissions from disturbed terrestrial sites does not preclude enhanced mineralization of more depleted SOC sources as such contributions may be obscured by concurrent increases in mineralization of modern SOC sources. For example, a greater relative contribution of more depleted SOC sources to fluxes was not associated with greater absolute rate of old SOC release if emissions of CO2 (Lupascu et al., 2018) or CH4 are low (Cooper et al., 2017). In contrast, enhancement of the autotrophic respiration component may lower the relative contribution of 14C depleted SOC sources to the flux but still result in greater absolute release of old SOC due to higher CO2 emissions (Hicks Pries et al., 2016). This highlights the need for information about ecosystem C fluxes and 14C data to determine absolute rates of “old” SOC mobilization or mineralization and evaluate the effects of disturbance.

3.3. Estimates of “Old” SOC Contribution and Rates of “Old” SOC Release

We documented how different studies reported relative contribution of C sources and fluxes of “old” SOC (Table S2). Nineteen studies determined the relative contribution of C sources (or end-members) to ecosystem C flux measurements. We found that the defined age of “old” SOC varied among studies from modern (see Hicks Pries et al., 2015) to a few centuries to a few millennia to >40,000 years BP (Table S2). This implies that studies using younger “old” end-members have the potential to report greater losses of “old” sources, assuming the same ecosystem C flux. The influence of such defined age on the contribution of “old” C can be presented in a mixing model with two sources (contemporary and old) to apportion a flux 14C measurement, with a modern fM value of 1.04. In a theoretical case, using an old SOC source aged either 500, 5,000, or 50,000 years BP and a contemporary C source reflected by the integrated annual average of atmospheric 14C-CO2 during 1950–2012 (fM = 1.221; Elder et al., 2018; Hua et al., 2013), the contribution of the “old” end-member represents 64%, 26%, or 15%, respectively.

Most studies used isotopic end-member mixing models to determine the relative contribution of C sources (or end-members) to ecosystem C flux measurements. The number of end-members varied from two to five and could include roots, aboveground vegetation, surface, and deeper SOC depending on the experimental design and ecosystem properties. The 14C (and δ13C) values of the end-members were measured directly or prescribed from literature values. For example, incubations of aboveground and belowground plant tissues showed that CO2 respired from autotrophic sources is close to (typically above) the atmospheric 14C-CO2 content (Figure S2). Similarly, the age of CO2 from heterotrophic respiration increased with soil depth (except for bomb 14C peak layers) and was used to determine the 14C signature of “old” SOC, as shown from incubations and in situ measurements at depth (Figure S3).

Fifteen studies reported estimates of fluxes of “old” SOC (Table S2). Most of these estimates were associated with two tundra sites, three thermokarst peatland sites, and several thermokarst lakes, while there was a single estimate for boreal forest and no reported rates of “old” SOC release across the soil-stream-river continuum. We selected specific studies to contrast the effects of disturbances on thawed SOC mineralization across broad ecosystem classes and mode of thaw (Table 2). This information will be referred to for each C form in the next sections with regards to the effects of thaw on “old” SOC vulnerability across ecosystems and type of disturbance.
| Ecosystem (study ID)                              | Disturbance factor                  | Age of “old” C (years BP) | Rate of “old” C release as defined by the study<sup>a</sup>                                                                 |
|-------------------------------------------------|------------------------------------|--------------------------|--------------------------------------------------------------------------------------------------------------------------|
| High Arctic tundra in Greenland (2)             | Soil temperature and moisture      | 310 to 463               | Summer estimates—CO₂: 7.1 ± 2.4 (2010), 40.5 ± 7.8 (2011, warm and dry year), and 23.8 ± 6.4 g C m⁻² (2012, warm and wet year) |
| Tundra in interior Alaska (5)                    | Active layer deepening             | 150 to 190               | Growing season estimates—CO₂: 30, 45, and 60 g C m⁻² in areas of minimal, moderate, and extensive thaw, respectively       |
| Boreal forest and peatland in W Canada (13, 14) | Fire-induced active layer deepening| 1,200                    | Growing season estimates—CO₂: 5 to 9 and 30 g C m⁻² in the unburnt and burnt forest, respectively                            |
| Peatland in W Canada (13)                        | Thermokarst                        | 1,200                    | Growing season estimates—CO₂ & CH₄: 0.4 g C-CO₂ m⁻² and <1.5 g C-CH₄ m⁻² in thermokarst peatlands versus 4 to 9 g C-CO₂ m⁻² in undisturbed peat plateaus |
| Lakes in NE Siberia (20)                        | Thermokarst                        | 20,000 to 40,000         | Ebullition estimate—CH₄: 6.8 to 10 mg CH₄ m⁻² day⁻¹ in winter (April), and 0.5 to 0.9 mg CH₄ m⁻² day⁻¹ in summer (July) |
| Lakes in N Slope Alaska (26)                     | Thermokarst                        | >11,500                  | Diffusion estimate (annual)<sup>b</sup>—CO₂ and CH₄: 78.60 mg C-CO₂ m⁻² day⁻¹ and 0.65 mg C-CH₄ m⁻² day⁻¹                  |
| Kolyma River network (40)                        | Thermokarst                        | 22,540                   | Rates not reported. “Old” C contribution in DOC samples August–October: 97% in yedoma thaw waters, 43% in erosion streams, 13% in streams, 6% in minor tributaries, and <1% in major tributaries and main stem |

Note: Study numbers shown here refer to citations (ID) in Table 1. See Table S2 for a more detailed compilation of all estimates and methodologies.<br><sup>a</sup>Approximate values based on flux and estimated contribution of old C reported by the study. <sup>b</sup>Rates based on mean diffusive fluxes and flux-weighted mean contribution for the study region in N Slope AK. Winter measurements were assumed by the study to also account for ebullition due to dissolution of gases from bubbles into the water under the lake ice cover.
3.4. Carbon Dioxide Emissions

The $\text{^{14}C}$ values of $\text{CO}_2$ emissions in tundra sites with field manipulations (soil warming, wetting, and drying in Greenland and Alaska) did not show a consistent pattern compared to undisturbed sites and were dominated by modern C (Figure 4). Nevertheless, while $\text{^{14}C}$-$\text{CO}_2$ emissions on their own did not indicate differences in the age of $\text{CO}_2$ following these disturbances (Figure 4), belowground in situ measurements did consistently show lower $\text{^{14}C}$-$\text{CO}_2$ in manipulated compared to undisturbed sites (Greenland and Alaska in Figure 5). Soil pore space $\text{CO}_2$ was clearly more depleted in $\text{^{14}C}$ in manipulated than undisturbed tundra, especially in warmer and drier treatments, highlighting the importance of both temperature and moisture in regulating the age of SOC being decomposed in these ecosystems. Higher $\text{^{14}C}$-$\text{CO}_2$ values in the burnt versus undisturbed locations in Alaska Yukon-Kuskokwim (Figure 4) could result from fire having removed organic matter from the profile without combusting soil layers with bomb $\text{^{14}C}$ and this source becoming more prominent in the flux. We found a consistent pattern of lower $\text{^{14}C}$-$\text{CO}_2$ emissions among well-drained sites where the active layer was deepening compared to undisturbed locations (Greenland and Alaska in Figure 5). Soil pore space $\text{CO}_2$ was also more depleted in $\text{^{14}C}$ in the burnt forest and peat plateaus compared to the undisturbed locations (Figure 5). Overall, these observations in well-drained sites indicated a detectable influence of thaw.
on the age of CO₂ released and showed an overall increase of mineralization of deep SOC following disturbance in oxic soils during the growing season (Table 2), especially when active layer deepening affected SOC-rich layers.

In contrast to terrestrial ecosystems with oxic soils, we found that thermokarst peatlands with anoxic soils did not have an increased release of thawed SOC compared to undisturbed peatland plateaus. Thermokarst peatlands in Alaska and W Canada showed that CO₂ fluxes were largely dominated by modern C (Figure 4) despite these ecosystems having two to six times greater thawed SOC mass than nearby permafrost peat plateaus with basal peats dating around ~8,000 years BP. In addition, and contrasting with the rest of belowground observations in well-drained soils from tundra and boreal forest, soil pore space measurements did not reflect more depleted ¹⁴C-CO₂ in thermokarst bogs compared to undisturbed or burnt peat plateaus (Figure 5). Indeed, “old” SOC mineralization was reported to be lower in thermokarst peatlands compared to adjacent undisturbed peatland plateaus (Table 2).

CO₂ emissions from lakes and ponds were mostly modern in nonthermokarst and premodern in thermokarst systems. The only comparison possible regarding disturbance effects also indicated premodern CO₂ emissions in thermokarst lakes and ponds, and modern values in nonthermokarst sites (Alaska and E Canada, Figure 4). However, premodern CO₂ release was also observed in nonthermokarst lakes/ponds where sampling was more limited. The age of the CO₂ released from thermokarst lakes was overall much younger than the organic matter in the sediments, as observed in N Slope of Alaska, W Siberia, and E Siberia, which suggests that in-lake processes were particularly important for CO₂ as it has a reasonably high component sourced from the oxic water column and/or surficial (oxic) sediments. We did not find reported estimates of “old” C release comparing thermokarst and nonthermokarst locations (Table 2).

Figure 5. Radiocarbon content of belowground CO₂ collected in situ at depth in soils in the northern permafrost region (no incubation measurements included, for incubations data refer to Figures S2 and S3). The boxes show the first and third quartiles, the solid vertical line is the median, and the whiskers extend 1.5 times the interquartile range. Each point shows a ¹⁴C measurement and the total number of measurements is shown on the right.
We found extensive evidence across ecosystems that seasonality influences the contribution of deeper SOC to soil CO₂ respiration. Most data showed an increasing contribution of older sources with the seasonal thawing of the active layer as the growing season progressed (Dean et al., 2018; Hicks Pries et al., 2013; Klapstein et al., 2014; Schuur et al., 2009).

3.5. Methane Emissions

The age of CH₄ released from thermokarst peatlands was mostly modern as shown in measurements from ebullition in Alaska and W Siberia, and from diffusive fluxes in W Canada although premodern values up to ~1,000 years BP were also observed (Figure 6). Modern CH₄ when water table remained high (W Canada, Yukon) contrasted with premodern CH₄ values during a summer drought that lowered the water table (W Canada, NT). While drought increased the contribution of deep SOC aged 1,200 years BP to CH₄ emissions (Table S2), this higher contribution was associated with much lower CH₄ emissions and the overall absolute release of such aged SOC as CH₄ remained low regardless of the water table level (Table 2).

We found a large variability in the age of CH₄ emissions in thermokarst lakes (modern to >50 kyr BP) (Figure 6), which was related to the variability in the age of SOC. Thermokarst lakes in basins underlain by Yedoma soils in regions of NE Siberia and Alaska released modern to Pleistocene-aged CH₄ whereas measurements in non-Yedoma regions generally showed modern to ~3,000 years BP CH₄ release. The distinction between first- and second-generation thermokarst lakes (Brosius et al., 2012) determined the age of sediments available to mineralization following thaw in our data set; first-generation thermokarst lakes

Figure 6. Radiocarbon content of CH₄ released to the atmosphere in peatlands and lakes in the northern permafrost region. Data shown in this figure include diffusive and ebullitive fluxes (no belowground measurements included). The boxes show the first and third quartiles, the solid vertical line is the median, and the whiskers extend 1.5 times the interquartile range. Each point shows a ¹⁴C measurement and the total number of measurements is shown on the right.
resulted from the thaw of ice-rich Pleistocene sediments whereas second-generation thermokarst lakes resulted from the thaw of sediments deposited during the Holocene. The oldest CH₄ release was largely observed in first-generation thermokarst lakes from regions with extensive Pleistocene-aged ice-rich sediments (Yedoma), such as NE Siberia, the Seward Peninsula of Alaska, or in interior Alaska (Figure 6). In contrast, modern to 300 years BP CH₄ occurred in second-generation thermokarst lakes near Yakutsk in E Siberia and Yukon-Kuskokwin in Alaska despite these regions being expected to contain substantial Pleistocene-aged sediments. Additionally, measurements in Yukon-Kuskokwin and E Siberia basins were collected from locations with abundant vegetation which suggests that relatively high lake productivity most likely contributed toward modern CH₄ release (Figure 6).

The age of CH₄ emissions from lakes was also influenced by whether emissions were associated with diffusion or ebullition. The age of CH₄ in bubbles was much older in high-emission point locations (11 to 43 kyr BP) compared to low-emission locations (<9 kyr BP) or to bubbles from stirred surface sediments (<4 kyr BP). Noteworthy, these ¹⁴C-CH₄ ebullition observations come from limited measurements in a few lakes in most regions: two main lakes and a small undetermined number of additional lakes in NE Siberia (n = 35), three lakes in the Seward Peninsula in Alaska (n = 27), and 11 lakes in interior Alaska (n = 52, 30 of which from a single lake). A more extensive sampling in more than 30 lakes with Pleistocene-aged deposits across the N Slope in Alaska showed much younger diffusive CH₄ fluxes (modern to 3,300 years BP) (Figure 6). Importantly, reported losses of “old” SOC as CH₄ in N Slope Alaska were at least an order of magnitude lower than in NE Siberia and two orders of magnitude lower than those of CO₂ (Table 2).

Only a few studies reported both the age of CO₂ and CH₄ (Figure S4). The limited available data indicated younger CO₂ than CH₄ in lakes (from 400 years BP in N Slope Alaska and up to 3,000 years BP younger in Nunavut, Figure S4a). The opposite trend was observed in trough ponds, polygonal ponds, and thermokarst peatlands with up to 780 years BP older CO₂ than CH₄ (Figure S4a).

3.6. DOC and POC Export

Pore waters from Yedoma soil and waters from Yedoma thaw streams showed the most depleted ¹⁴C values and were the clearest example of previously frozen C being mobilized as DOC and POC (Figures 7 and 8). High DOC and POC concentrations (Figure S5) with ages between 9,600 and 38,300 years BP occurred in thaw streams directly draining slumps of late Pleistocene tills and early Pleistocene Yedoma deposits in W Canada and NE Siberia, respectively. Despite this, modern values largely dominated in DOC samples from tributaries and main stem of the Kolyma River (Figure 7) which drain landscapes with abundant thermokarst features.

In peatlands, pore water samples indicated substantially more depleted ¹⁴C-DOC in peat plateaus (burnt or intact) than in adjacent thermokarst peatlands in W Canada, although low ¹⁴C values were also observed in pore waters from thermokarst peatlands in W Siberia (Figure 7). Streams draining burnt peatlands in the Taiga Plains in W Canada had lower ¹⁴C-DOC than those in an undisturbed catchment (Figure 7), but the difference was relatively low and the C flux was generally dominated by modern DOC regardless of disturbance (Burd et al., 2018). Overall, blackwater rivers in the Yukon River Basin represent watersheds dominated by peatlands and generally yielded modern DOC (Figure 7), which suggests that depleted ¹⁴C-DOC in peat pore waters contributed marginally to DOC export.

Streams originating from glaciers showed substantially depleted ¹⁴C-DOC with ages up to 10 kyr BP in their headwaters, as shown in the Gulf of Alaska and in glacial waters in the Yukon River (Figure 7). Depleted ¹⁴C-DOC was also observed in glaciated catchments and nonglacial clearwaters in the Yukon River (Figure 7), a feature likely associated with the influence of ¹⁴C dead geologic sources.

The ¹⁴C-DOC in the main stem of large Arctic Rivers was largely dominated by modern C with a consistent change in age between seasons, tightly coupled to water discharge (Figure 7). With 50–80% of the annual DOC export typically occurring within 2 months of the spring freshet (Finlay et al., 2006; Holmes et al., 2012), the spring flood yields a large export of modern DOC derived from litter and surface soils upon the onset of thaw (Raymond et al., 2007). The bulk of DOC also remained dominated by modern sources throughout the year in middle- to high-order rivers, but the ¹⁴C-DOC signature decreased from spring to winter.
Riverborne POC was overall substantially more depleted in $^{14}$C than DOC (Figure 8). POC age had generally less variability over seasons compared to DOC in large Arctic rivers, except for more depleted $^{14}$C-POC observed with increasing water yield in the Mackenzie river (Figure 8; McClelland et al., 2016). Comparing the $^{14}$C of POC and DOC among the largest Arctic Rivers showed a smaller difference in the age between both C forms in the Ob', Yenisey, and Lena rivers compared to the Yukon, Mackenzie, and Kolyma rivers (Figure S4c).

4. Discussion

Radiocarbon provides insights about the mobilization and fate of thawed SOC following disturbance. Our synthesis of reported $^{14}$C data from the northern permafrost region has identified ecosystems where aged SOC is released in different forms, and below we will discuss the role of active layer deepening, thermokarst, and aquatic C export. In summary, our review of the available literature shows that the key factors identified as influencing the $^{14}$C signature of C fluxes included SOC properties such as SOC age and content, soil thermal dynamics (thaw depth and temperature), fraction of the soil profile water-saturated, influence of primary production, distance from points of thermal erosion in stream networks, incorporation of other sources than SOC in the bulk pool, and seasonality. Overall, we found strong $^{14}$C-based evidence of increased release of older SOC sources following thaw in SOC-rich terrestrial ecosystems that remain well-drained, in actively expanding thermokarst lakes, and in headwaters with active thermal erosion (Figure 9).
Figure 8. Radiocarbon content of POC measured in the northern permafrost region. The boxes show the first and third quartiles, the solid vertical line is the median, and the whiskers extend 1.5 times the interquartile range. Each point shows a $^{14}$C measurement and the total number measurements is shown on the right.

Figure 9. Vulnerability of “old” SOC across ecosystems in the northern permafrost region. We highlight the effects of thaw by active layer deepening (well-drained ecosystems), thermokarst (water-logged ecosystems), and thaw slumps through thermal erosion (riverine export). Sizes of the arrows and the factor shown in them for CO$_2$ and CH$_4$ depict relative fluxes of “old” C estimated across ecosystems by different studies (refer to Table 2 for flux values). Note that each ecosystem had its own defined age of “old” C. Thus, the flux of “old” CO$_2$ is similar for High Arctic tundra and for thermokarst lakes in N Slope AK (same arrow size with a factor of x10) but the age of “old” C was either 310–460 or 11,500–40,000 years BP, respectively. The arrow size for DOC shown in green indicates relative proportions of “old” C and is not comparable to the arrows for gas C release but rather reflects processing along the stream network. Arrows with question marks indicate unknown rates. Note that for thermokarst lakes in NE Siberia there is no reported CO$_2$ loss and winter CH$_4$ release occurs during the spring thaw after it accumulates under ice cover over autumn and winter.
4.1. Active Layer Deepening in Well-Drained Ecosystems

The available data showed generally greater mineralization of older SOC sources following increased thaw in well-drained sites (Figure 9). More depleted $^{14}$C-CO$_2$ emissions were apparent when thaw affected a sufficient fraction of soil with a relatively high SOC content in well-drained sites. This occurred in sites with a SOC stock of at least 50 kg C m$^{-2}$ to 1 m depth when the active layer increased by <10 cm across a thaw gradient in tundra interior Alaska and by >50 cm in burned forest and burned peat plateau (Figure 9). On the other hand, more depleted $^{14}$C-CO$_2$ emissions were not observed in tundra sites with a lower SOC stock (<10 kg C m$^{-2}$ warm/wet in Greenland in Figure 4) or which experienced a smaller increase in thaw depth (≈3 cm in warming in interior Alaska in Figure 4), although depleted $^{14}$C-CO$_2$ in the soil pore space suggests increased mineralization of older SOC sources taking place (Figure 5). Overall, these results indicate well-drained sites have a large potential for permafrost SOC mineralization depending on the extent of thaw, SOC content, and degree of water saturation in deep soil layers (Estop-Aragonés, Cooper, et al., 2018; Estop-Aragonés, Czimczik, et al., 2018; Hicks Pries et al., 2013; Lupascu, Welker, Seibt, et al., 2014; Natali et al., 2015; Schuur et al., 2009). Active layer deepening in SOC-rich ecosystems is thus expected to increase mineralization of previously frozen SOC with the potential for rapid release following fire-induced, as well as in response to gradual thaw.

4.2. Anoxic Ecosystems Developed Through Thermokarst

The compiled $^{14}$C data indicated younger CO$_2$, CH$_4$, and DOC in thermokarst peatlands than in peat plateaus and limited mineralization of previously frozen SOC in thermokarst peatlands compared to the adjacent undisturbed peat plateaus (Figure 9). This suggests greater mobilization of previously frozen SOC when the mode of thaw is active layer deepening and soils presumably remain well-drained and oxic compared to waterlogged anoxic conditions following thermokarst in peatlands. The predominantly modern C observed in thermokarst peatlands suggests that vegetation growing postthaw strongly influences C cycling in these ecosystems. The rapid vegetation growth and peat accumulation following thaw in thermokarst peatlands (Camill, 1999; Estop-Aragonés, Cooper, et al., 2018; Turetsky et al., 2000; Wilson et al., 2017) could explain the low contribution of older SOC sources to the flux, if CO$_2$/CH$_4$/DOC emissions are dominated by sources derived from such recent and labile C inputs due to downward transport in the soil profile. However, it is unclear how a potential supply of labile C can explain why absolute rates of “old” SOC release are lower in thermokarst peatlands than in undisturbed peat plateaus (Table 2), despite thaw exposing tens of kilograms of previously frozen C per m$^2$. It appears that in these ecosystems, long-term exposure to anoxic conditions reduces rates of peat decomposition by a much greater magnitude than predicted in anaerobic laboratory incubations (Treat et al., 2015). The contribution of previously frozen SOC was estimated to represent about half of the total CO$_2$ production in short-term anaerobic incubations but these sources were barely detectable in situ (Estop-Aragonés, Cooper, et al., 2018). The accumulation of end products of decomposition in waterlogged peatlands is argued to thermodynamically limit further decay (Beer & Böldau, 2007; Böldau et al., 2011). This may occur when the energy available in the environment during anaerobic organic matter decomposition is comparable to the energy conserved by microbes and thus, thermodynamic factors reduce or even inhibit respiration (Jin & Bethke, 2005).

In contrast to the modern C flux in thermokarst peatlands, there was a large variability in the age of C released from thermokarst lakes (from modern to >50 kyr BP). This variability was largely related to factors such as age and organic C content of sediments and to whether thermokarst lakes were expanding or not (Elder et al., 2018; Walter et al., 2008). Other factors such as sampling location and season and lake size/depth clearly influenced the relative contribution of fresh inputs versus older sources (Bouchard et al., 2015; Elder et al., 2018; Martens et al., 1992; Walter Anthony et al., 2016). The difference between the $^{14}$C of CO$_2$ and CH$_4$ emitted from thermokarst peatlands and lakes may be due to differences in productivity and thus rate of decomposition of recent, labile plant material. The contribution of modern sources to CO$_2$ and CH$_4$ fluxes is undoubtedly lower in thermokarst lakes, which are much less productive given the water column typically exceeds depths preferred by emergent vegetation in thermokarst peatlands. Such lower plant productivity in thermokarst lakes combined with far faster talik growth rates (Walter Anthony et al., 2018) could explain why previously frozen SOC sources contributed more to CO$_2$ and CH$_4$ release in lakes than in peatlands despite the prevailing anoxic conditions in both ecosystems following thermokarst development. The younger CO$_2$ than CH$_4$ in lakes but the opposite trend in ponds and thermokarst.
peatlands (Figure S4a) could also be related to greater productivity driving modern CH$_4$ production in ecosystems with a relatively higher terrestrial influence (trough ponds, polygonal ponds, and thermokarst peatlands). Another important factor in lakes is that primary producers may fix dissolved inorganic carbon (not atmospheric CO$_2$) from the water column and produce older organic C sources that can be further cycled, which may result in an overall older lacustrine C pool, i.e., a reservoir effect (Abbott & Stafford, 1996). Nevertheless, we lack a mechanistic understanding about the contrasting mineralization of previously frozen SOC between thermokarst peatlands and thermokarst lakes and it is unclear if factors such as nutrient content or sediment chemistry may influence SOC decomposition through, e.g., the build-up of inhibitory compounds. Overall, key differences that likely explain the observed differences in age of CO$_2$ and CH$_4$ between peatlands and lakes in our data set include (1) Holocene-aged SOC accumulated in peatlands versus Pleistocene-aged SOC in some lakes reported here and (2) higher and more spatially homogeneous productivity in peatlands than in lakes, where sample location (edge versus center) might determine the influence of primary production and, thus, of CO$_2$ and CH$_4$ age.

A striking feature in our data set is the potential for Pleistocene-aged SOC release as CH$_4$ through ebullition in some thermokarst lakes. Overall, the age of CH$_4$ released as bubbles was strongly related to the age of the soil deposit in thermokarst lakes (refer to Figure 2b in Walter Anthony et al., 2016). While substantial, such thermokarst lake data were mostly focused on $^{14}$C-CH$_4$ and in specific locations within the Yedoma region, and thus targeted to detect sources of older SOC sources (Walter Anthony et al., 2016; Zimov et al., 1997). It is unclear if this is skewing our understanding of the vulnerability of permafrost SOC in these ecosystems given that (1) the non-Yedoma region may store more permafrost SOC overall (Strauss et al., 2017) and (2) lake C emissions seem to be dominated by CO$_2$ through diffusive fluxes and by relatively limited contribution of Yedoma sources in other regions with Pleistocene-aged sediments (Elder et al., 2018; Nakagawa et al., 2002). Additional measurements in nonthermokarst lakes are also required to compare against the $^{14}$C data in thermokarst lakes and better assess the vulnerability of permafrost SOC following disturbance.

4.3. Mobilization and Processing of DOC and POC in Aquatic Networks

Modern DOC largely dominated in tributaries and main stem of rivers even in Yedoma landscapes that released high concentrations of Pleistocene-aged DOC. This lack of depleted $^{14}$C signatures in the bulk DOC downstream could be explained by the high lability of ancient DOC (Spencer et al., 2015; Vonk et al., 2013) with a preferential decomposition of the older C fraction shown in incubations (Mann et al., 2015). In this regard, DOC in thaw waters from similar ice-rich Yedoma soils in Alaska is shown to contain 30% of labile substrates (mainly acetate) (Ewing et al., 2015), which adds to the potential reactivity of these highly DOC concentrated water samples of Pleistocene age (Abbott et al., 2014; Drake et al., 2015; Vonk et al., 2015). Together, these findings suggest that DOC measurements in middle- to higher-order rivers may be unsuitable to detect mobilization of thawed SOC, which may have been preferentially mineralized in headwater streams.

The seasonal trend in $^{14}$C-DOC in middle- to high-order rivers suggests an increasing contribution of older SOC sources during the growing season as thaw depth increases and subsurface flow paths are routed through deeper soils (Barnes et al., 2018; O’Donnell et al., 2012; Toohey et al., 2016). Such seasonality in $^{14}$C-DOC was accompanied by a change in DOC composition, as reflected by decreasing DOC aromaticity from spring to winter in the Yukon and Kolyma Rivers (Aiiken et al., 2014; Neff et al., 2006; O’Donnell et al., 2014; Striegl et al., 2007). The shift in both age and composition of DOC with season likely reflects a number of processes, including increasing microbial mineralization of modern, labile DOC compounds with warmer temperatures (O’Donnell et al., 2016), preferential sorption of aromatic compounds by reactive mineral surfaces (Kawahigashi et al., 2004, 2006), and shifting DOC source from near-surface SOC to deeper SOC and microbial by-products (Barnes et al., 2018; O’Donnell et al., 2012). Recognizing that measurements in the main stem of rivers do not account for the abovementioned potential loss of permafrost-derived sources upstream, 95% of DOC export in spring was derived from C fixed within the last 20 years (Raymond et al., 2007). In spring, little permafrost SOC is expected to be transiting to streams despite the major export of labile DOC (Holmes et al., 2008). This outcome can arise because only the shallowest part of the active layer is thawed, and both short residence times and low temperatures potentially prevent mineralization (Raymond et al., 2016). Given the low DOC concentrations during base flow conditions in winter, the overall absolute mobilization of permafrost SOC as DOC to the Arctic Ocean is thus
considered limited in large rivers (Raymond et al., 2007). By contrast, mineralization and processing of such sources may be dominant in headwaters (Drake et al., 2015). Considering the annual DOC export to the Arctic Ocean is only about 25 Tg C (Holmes et al., 2012), quantifying the extent of thawed SOC lost as CO\textsubscript{2} in headwater streams is important to determine if permafrost-derived DOC represents a globally important flux. Measurements in situ of 14\textsuperscript{C}-CO\textsubscript{2} in thaw streams and other disturbed ecosystems are thus required (Figure 9) to better couple the large DOC losses reported in some studies to greenhouse gas production, which are currently inferred from incubation data (Drake et al., 2018; Mann et al., 2015; Spencer et al., 2015).

Glacial and geological sources other than SOC likely affected freshwater 14\textsuperscript{C}-DOC and 14\textsuperscript{C}-POC in certain landscapes and these sources need to be accounted for to detect permafrost SOC export. Glacier-derived DOC depleted in 14\textsuperscript{C} in the Gulf of Alaska (Hood et al., 2009) was strongly influenced by anthropogenic fossil fuels deposited as aerosols on the glaciers (Stubbins et al., 2012), and thus did not reflect SOC age. Additionally, assimilation of 14\textsuperscript{C} dead geologic sources into organic matter results in apparent 14\textsuperscript{C}-DOC ages older than the time of assimilation, i.e., a reservoir effect (Fellman et al., 2015; Philippsen, 2013). This phenomenon included dissolved suspended carbonates in waters draining alpine and glacial environments (glaciated catchments in Figure 7) and shales and coals in groundwater-influenced waters (nonglacial clearwaters in Figure 7) in the Yukon River and Arctic watersheds in Baffin Island (Abbott & Stafford, 1996; Aiken et al., 2014). Similarly, somewhat older POC in the Mackenzie River may be attributed to a higher petrogenic component (14\textsuperscript{C} dead bitumens and kerogens) (Goñi et al., 2005).

While DOC is the dominant fraction of total organic carbon exported to the Arctic Ocean (McClelland et al., 2016; Raymond et al., 2007), POC showed much more depleted 14\textsuperscript{C} content. Young DOC but extremely old POC observed in Arctic rivers is consistent with experimental results that show only a small fraction (<2%) of SOC can be released into the DOC pool during permafrost interactions with aquatic environments (Gao et al., 2018; Xu et al., 2009). Riverborne POC at high latitudes was generally derived from the erosion of river banks and other near-stream soils, and the 14\textsuperscript{C} of POC typically reflects the age of eroded soils (Guo et al., 2007). The smaller difference in age between DOC and POC in the Ob’, Yenisey, and Lena rivers agrees with the lower mean slope in these rivers (Amon et al., 2012), and thus lower potential for erosion, in comparison to the Yukon, Mackenzie, and Kolyma rivers, where river bank erosion may be greater and favor older POC export from deeper layers. Indeed, the lowest difference was observed in the Ob’ river, which has the lowest slope and greatest peatland coverage. Compared to other major Siberian Arctic rivers, somewhat older POC in the Kolyma River may be attributed to greater contributions of Pleistocene-aged SOC (Yedoma) (Wild et al., 2019). Importantly, it is unclear to what extent the increased export of permafrost SOC as POC results in a positive feedback to the climate. A characterization of sources and fate of POC along the Mackenzie River (Figure 8) showed that while an increase in erosion may cause more POC mobilization from permafrost sources, such effects may actually result in an increased CO\textsubscript{2} sink in the long-term considering the potential for C burial in marine sediments (Hilton et al., 2015). Further quantification of POC mineralization rates during transport in other rivers and in the depositional environment is required to determine the extent to which POC fluxes derived from permafrost may actually represent a CO\textsubscript{2} source.

4.4. Opportunities and Challenges for Future 14\textsuperscript{C} Studies

Determining the fate and loss rate of previously frozen SOC should be prioritized in future 14\textsuperscript{C} studies to quantify the current permafrost C-climate feedback. We found there is no standard approach to quantifying the rate of “old” SOC release (Table S2), which complicates the comparison between studies. There is also some inconsistency in ways this term is used to refer to the sources of C released in relation to the permafrost C-climate feedback since “old” SOC may or may not refer to permafrost or previously frozen C sources in the literature. Given that the SOC age continuum extending from the soil surface downward may differ greatly across ecosystems and landscapes, the age of permafrost SOC can be a few centuries to millennia in areas with rapid C accumulation or shallow permafrost, or tens of millennia in areas with Pleistocene deposits. We emphasize that linking ecosystem 14\textsuperscript{C} fluxes to SOC stocks available for mineralization is urgently needed. We advocate reporting the estimated mass of SOC stocks thawed per unit area and expressing loss rates of previously frozen SOC sources per unit of SOC stocks thawed, e.g., mass of permafrost C released to the atmosphere as CO\textsubscript{2} or CH\textsubscript{4} per mass of thawed SOC per unit area and time. This would increase
substantially the potential for comparing between studies and help determine the vulnerability of SOC across ecosystems with different glacial histories and/or different types of disturbance.

Targeted 14C sampling is required in some ecosystems and from certain types of disturbance. Most 14C data clustered in a few sites and were often sampled during limited periods of the year, mostly during the growing season, which makes it difficult to know how representative such findings are in a wider spatial and temporal scale (Metcalfe et al., 2018). Regarding spatial gaps, almost no 14C data exists in most of Siberia and E Canada despite the large permafrost SOC stock stored in the Hudson Bay Lowlands and the West Siberian Lowlands, and regions with abundant lakes such as the Canadian Shield. The lack of in situ 14C measurements of CO2 in terrestrial ecosystems in Siberia is particularly striking. This gap is particularly important to close as we showed that fire-induced active layer deepening is likely a major path for permafrost SOC release as CO2 in well-drained soils based on the few estimates from boreal forest and peatlands in W Canada. Regarding temporal gaps, the importance of fall and winter periods for annual permafrost SOC mineralization is poorly documented in most ecosystems. Further sampling during the spring thaw in lakes and peatlands is also required to characterize the potential pool of deep SOC mineralized and accumulated during the freeze period and that is released during such short events (Figure 9).

The link between DOC and CO2 will likely gain importance in the near future as warming and thaw increase connectivity between aquatic and terrestrial landscapes. We found a general lack of simultaneous 14C measurements among different C forms with the exception of few studies (Bouchard et al., 2015; Dean et al., 2018; Dutta et al., 2006; Elder et al., 2018; Klapstein et al., 2014) (Figure S4). A suite of simultaneous in situ 14C measurements could help to link POC and DOC degradation to CO2 and CH4 production (Dean et al., 2020) to determine how widespread is the abovementioned preferential decomposition of the aged DOC fraction, i.e., is all “old” DOC labile? In this regard, there are very limited measurements linking 14C-CO2 and 14C-DOC in terrestrial and aquatic ecosystems, despite the importance of CO2 evasion from inland waters (Regnier et al., 2013; Tank et al., 2018) and despite older CO2 being shown to be released from modern bulk DOC samples (Dean et al., 2019; McCallister & del Giorgio, 2012). This information is key as there is a need to calculate DOC and POC fluxes to compare them with greenhouse gas fluxes in order to determine the potential importance of the different pathways regarding permafrost SOC release.

Prolonged and continued 14C monitoring is particularly important to estimate permafrost SOC release in coming years. The few multiyear studies in tundra and the main stem of rivers have provided a better understanding of the control of weather extremes and soil environmental conditions on the variability of release of aged SOC sources (Lupascu, Welker, Seibt, et al., 2014; Raymond et al., 2007; Schuur et al., 2009). For example, decadal monitoring of 14C-POC reflected mobilization of permafrost SOC in the Kolyma River by thermokarst and erosion of Yedoma deposits (Wild et al., 2019). Our synthesis shows that it is difficult to conclude whether the SOC released from deep soils is generated because of landscape disturbance or is a normal component of terrestrial permafrost carbon cycling, given the lack of an appropriate baseline. Such effort could be better understood through continued 14C monitoring by determining the 14C offset of a carbon pool over time with respect to the atmospheric decline. Atmospheric 14C-CO2 is decreasing due primarily to dilution effects from the release of 14C-dead C from fossil fuel combustion and may have already reached βM <1 (Graven, 2015). An ecosystem in steady state, for instance, may decrease at a rate similar to the atmosphere whereas if previously frozen SOC (depleted in 14C) is released at high rates, the offset between the 14C trends of the released C form and the atmosphere may change and be detected for interpretation. Here we provide an additional data set of added value for earth system modelers. By comparing modeled 14C fluxes against the field measurements provided in this data set, earth system modelers will be better able to assess whether models are accurately capturing the evasive and lateral fluxes of permafrost SOC.

Data Availability Statement
The data set is open at https://zenodo.org/record/3832031#.Xsd8vntCStU with DOI 10.5281/zenodo.3832031 and has also been included in the ISRaD repository (http://www.soilradiocarbon.org).
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