Abstract. Ophiopogonin-B (OP-B) is a bioactive component from the root of *Ophiopogon japonicus*, which can exert anticancer effects on multiple malignant tumors. The present study aimed to uncover the effects of OP-B on hepatocellular carcinoma (HCC) and the underlying mechanisms. An HCC-xenografted mouse model was established and subsequently treated with OP-B (15 and 75 mg/kg) to observe the effects of OP-B on HCC progression and protein tyrosine phosphatase 1B (PTP1B) expression in vivo. The HCC cell line MHCC97-H was transfected with either PTP1B overexpression (Ov)-PTP1B or empty vector control, and then exposed to different concentrations of OP-B. Subsequently, PTP1B expression, cell viability, proliferation, apoptosis, migration, invasion and angiogenesis were evaluated by western blotting, reverse transcription-quantitative PCR, Cell Counting Kit-8, colony formation, TUNEL staining, wound healing, Transwell and tube formation assays. The expression of phosphatidylinositol 3 kinase (PI3K)/AKT and adenosine 5'-monophosphate-activated protein kinase (AMPK) was also assessed by western blot assay. The results showed that OP-B inhibited tumor growth and the expression of Ki67, CD31, VEGFa and PTP1B in HCC xenograft model. The expression of PTP1B in HCC cells was also inhibited by OP-B in a concentration-dependent manner. Results from the in vitro studies revealed that OP-B suppressed cell proliferation, migration, invasion and angiogenesis, and promoted apoptosis of HCC cells. However, PTP1B overexpression reversed the effect of OP-B on HCC cells. PI3K/AKT was inactivated and AMPK was activated by OP-B exposure in HCC cells, and PTP1B overexpression blocked these effects. In conclusion, OP-B effectively inhibited the progression of HCC both in vivo and in vitro. These effects may depend on downregulating PTP1B expression, thereby inactivating the PI3K/AKT pathway and activating the AMPK pathway.

Introduction

Liver cancer is a leading cancer that occurs most commonly and is considered as the fourth most prevalent human tumor globally (1). Owing to increasing number of new liver cancer cases, it has become major public health challenge (2). In addition, weak prognosis of major hepatic malignancies results in the increase in the rate of mortality in primary liver cancer (1). Hepatocellular carcinoma (HCC) is the most common form of liver cancer, accounting for up to 90% of all primary hepatic malignancies (3). Despite advances in medical and surgical therapies, HCC remains one of the most common causes of cancer-related deaths worldwide since therapies do not always produce optimal patient outcomes (4). Therefore, more effective treatment methods of HCC are required, particularly certain specific targeted agents.

Traditional Chinese medicine (TCM) is an important therapy for liver cancer in China. Owing to its unique overall concept, treatment based on syndrome differentiation and abundant natural medicine resources, it has become a characteristic method throughout the entire process of liver cancer prevention and treatment (5,6). Ophiopogonin-B (OP-B) is a bioactive component from the root of *Ophiopogon japonicus*, which is widely used in TCM to treat pulmonary disease (7,8). In the last decade, an increasing number of studies reported the anticancer effect of OP-B on multiple malignant tumors, including lung, colon, gastric and ovarian cancer (7-10). It was previously demonstrated that OP-B induced HCC cell apoptosis and decreased invasion through inhibition of the JAK2/STAT3 signaling pathway, indicating the potential value of OP-B in treating HCC (11). In the present study, further in vivo and in vitro studies were performed to confirm whether OP-B exhibits an inhibitory effect on the malignant processes of HCC.
Protein tyrosine phosphatase 1B [PTP1B; encoded by protein tyrosine phosphatase non-receptor type 1 (PTPNI)] is an important member in PTP superfamily of proteins. PTPs catalyze phosphate monoesters hydrolysis on tyrosine residues; they are also known to act as signaling molecules to regulate a number of cellular processes, including cell growth, differentiation, mitotic cycle and oncogenic transformation (12). To date, PTP1B has been reported to be also involved in the development of obesity, diabetes, cancers and cardiovascular diseases (13). Recently, Xu et al (14) showed that PTPNI was upregulated in HCC and its silencing suppressed proliferation and induced apoptosis of HCC cells. A similar result was reported by Yang et al (15), which suggested that downregulation of PTP1B inhibited HCC development. These results indicated an oncogenic role of PTP1B in HCC. Notably, it is predicted by SwissTargetPrediction online database (16) that PTPNI (PTP1B) is one of the targets of OP-B (data not shown). Therefore, the present study aimed to investigate whether OP-B exhibited an inhibitory effect on the malignant process of HCC via targeting PTP1B.

Materials and methods

Cell culture and treatment. The human normal hepatocyte cell line HHL-5 and the HCC cell line MHCC97-H were obtained from the American Type Culture Collection. Both cell lines were cultured in DMEM (Sigma-Aldrich; Merck KGaA) supplemented with 10% fetal bovine serum (FBS; Wisent Biotechnology) and 1% penicillin-streptomycin (Sigma-Aldrich; Merck KGaA) in an incubator with 5% CO₂ and 1% penicillin-streptomycin (Wisent Biotechnology) and 1% penicillin-streptomycin (Sigma-Aldrich; Merck KGaA) was used to measure cell viability. Briefly, cells were seeded into 96-well plates at a density of 1,000 cells/well at 37°C for 24 h. After treatment with different concentrations of OP-B (0, 5, 10, 20 and 40 µM) at 37°C for 24 h, cells were incubated with 10 µl of CCK-8 solution at 37°C for 2 h. The optical density was calculated at 450 nm using a microplate reader (Model550; Bio-Rad Laboratories, Inc.).

Cell viability. Cell Counting Kit-8 (CCK8; Beyotime Institute of Biotechnology) was used to measure cell viability. The human normal hepatocyte cell line HHL-5 and the HCC cell line MHCC97-H were cultured in six-well plates at a density of 1,000 cells/well at 37°C for 24 h. After treatment with different concentrations of OP-B (0, 5, 10, 20 and 40 µM) at 37°C for 24 h, cells were incubated with 10 µl of CCK-8 solution at 37°C for 2 h. The optical density was calculated at 450 nm using a microplate reader (Model550; Bio-Rad Laboratories, Inc.).

Colony formation. For the colony formation assay, 1x10³ MHCC97-H cells were cultivated in six-well plates in a 37°C incubator with 5% CO₂. After 14 days, cell colonies were fixed with 95% alcohol at room temperature for 30 min and stained with 0.1% crystal violet at room temperature for 30 min (Sigma-Aldrich; Merck KGaA). Images were captured with a light microscope (Nikon Corporation; x200 magnification) and colonies were counted using ImageJ software (version 1.8.0; National Institutes of Health).

TUNEL staining. According to the manufacturer's protocol, MHCC97-H cell apoptosis was analyzed using TUNEL Assay kit (Abcam). Briefly, cells were fixed in 4% paraformaldehyde solution for 30 min at room temperature, treated with 0.2% Triton X-100 for 5 min at room temperature, washed twice in PBS at room temperature, and labeled with fluorescein-12-dUTP using terminal deoxynucleotidyl transferase for 2 h at room temperature. Subsequently, cell nuclei were stained with 5 µg/ml DAPI at room temperature for 3 min. All images were obtained using a fluorescence microscope (DMI8; Leica Microsystems GmbH; x200 magnification).

Wound healing assay. Briefly, MHCC97-H cells were seeded in a six-well plate at a density of 5x10⁵ cells/well in DMEM. When the cells were ~80% confluent, scratches were made in the middle of slides using a sterile 10-µl pipette tip. After incubation for another 48 h with or without 20 µM OP-B in...
serum-free DMEM at 37°C, images were captured to estimate closure of the gap using a light microscope (Nikon Corporation; x200 magnification). Migration distance was evaluated using ImageJ software (version 1.8.0; National Institutes of Health) and calculated as follows: Migration distance= (width of gap at 0 h-width of gap at 48 h)/width of gap at 0 h. Data are shown as relative migration distance by normalization to the control group.

**Transwell invasion assay.** The invasive ability of MHCC97-H cells was evaluated by the BioCoat invasion assay kit (Corning, Inc.) strictly following the manufacturer's protocol. Firstly, 5x10^4 cells per well were plated in the upper chamber followed by treatment with 20 µM OP-B or not. After 12 h of treatment, the cells in the upper chamber were incubated with serum-free DMEM medium, whereas media supplemented with 10% FBS was placed at the lower chamber. After 48 h, the invasive cells at the lower chamber were stained with 0.1% crystal violet at room temperature and observed using an optical light microscope (Leica Microsystems GmbH; x200 magnification).

**Tube formation assay.** Matrigel (BD Biosciences) was thawed at 4°C, pipetted into 96-well plates and allowed to polymerize at 37°C for 1 h. Cells (1x10^5 per well) were suspended in DMEM containing 20 µM OP-B or not. After 12 h of treatment, the cells in the upper chamber were incubated with serum-free DMEM medium, whereas media supplemented with 10% FBS was placed at the lower chamber. After 24 h at 37°C, tube formation was analyzed by counting nodes and measuring total tube numbers using ImageJ software (version 1.8.0; National Institutes of Health).

**Reverse transcription-quantitative PCR (RT-qPCR).** Total RNA was extracted using TRIzol® (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol, and then reverse transcribed into cDNA using a High Capacity cDNA Reverse Transcription Kit (Applied Biosystems) according to the manufacturer's protocol. SYBR-Green Supermix (Takara Biotechnology Co., Ltd.) was used for qPCR in a 10 µl reaction volume on the Roche Light Cycler R480 System (Roche Diagnostics). The following thermocycling conditions were used for the qPCR: Initial denaturation at 95°C for 30 sec; followed by 40 cycles of denaturation at 95°C for 10 sec, annealing at 60°C for 20 sec and extension at 70°C for 10 sec. Target gene expression levels were analyzed using the 2^(-ΔΔCq) (19) method and normalized to GAPDH. The primers used for RT-qPCR were as follows: PTB1B forward, 5'-CCAGCAGCAGGGAAGCCGTC3' and reverse, 5'-CTA TGTGTTGTGCTGTGAACA3'; and GAPDH forward, 5'-AAATG GGGGACCGTTAGGAA3' and reverse, 5'-GGCCGCC AACAGCAGCAG3'.

**Western blot assay.** Total protein was extracted from cells or tumor tissues by RIPA lysis buffer (Beyotime Institute of Biotechnology). Total protein was quantified using a BCA Kit (Beyotime Institute of Biotechnology), mixed with 5X sample buffer and boiled at 95°C for 5 min. Equal amounts (40 µg) of protein lysate per sample were separated on 10% gels using SDS-PAGE and transferred onto the PVDF membranes. After blocking with 5% skimmed milk for 2 h at room temperature, membranes were incubated with primary antibodies at 4°C overnight and secondary antibodies (goat anti-rabbit IgG HRP; 1:10,000; cat. no. ab6721; Abcam) at room temperature for 2 h. An enhanced chemiluminescence (ECL) detection kit (Amersham; Cytiva) was used to visualize the protein bands. Band intensity was semi-quantified by ImageJ software (v1.8.0; National Institutes of Health). Primary antibodies (all from Abcam) included: anti-PTP1B (1:1,000; cat. no. ab252928), anti-Bcl-2 (1:1,000; cat. no. ab32124), anti-Bax (1:5,000; cat. no. ab32503), anti-cleaved caspase 3 (1:500; cat. no. ab32042), anti-caspase-3 (1:1,000; cat. no. ab8805), anti-p-adenosine 5-monophosphate-activated protein kinase (AMPK; 1:1,000; cat. no. ab109402), anti-t-AMPK (1:1,000; cat. no. ab214425) and anti-GAPDH (1:10,000; cat. no. ab181602).

**Results**

**OP-B inhibits tumor growth and PTP1B expression in HCC xenografted mice.** The anticancer effects of OP-B on HCC were first investigated in vivo. HCC xenografts were injected into mice (Fig. 1A) that were subsequently treated orally with 0, 15 or 75 mg/kg OP-B. Tumor volume and mouse body weight were measured. As revealed in Fig. 1B, OP-B treatment did not cause significant effect on HHL-5 cell viability, whereas media supplemented with 10% FBS was placed at the lower chamber. After 48 h, the invasive cells at the lower chamber were stained with 0.1% crystal violet at room temperature and observed using an optical light microscope (Leica Microsystems GmbH; x200 magnification).

**Western blot assay.** Total protein was extracted from cells or tumor tissues by RIPA lysis buffer (Beyotime Institute of Biotechnology). Total protein was quantified using a BCA Kit (Beyotime Institute of Biotechnology), mixed with 5X sample buffer and boiled at 95°C for 5 min. Equal amounts (40 µg) of protein lysate per sample were separated on 10% gels using SDS-PAGE and transferred onto the PVDF membranes. After blocking with 5% skimmed milk for 2 h at room temperature, membranes were incubated with primary antibodies at 4°C overnight and secondary antibodies (goat anti-rabbit IgG HRP; 1:10,000; cat. no. ab6721; Abcam) at room temperature for 2 h. An enhanced chemiluminescence (ECL) detection kit (Amersham; Cytiva) was used to visualize the protein bands. Band intensity was semi-quantified by ImageJ software (v1.8.0; National Institutes of Health). Primary antibodies (all from Abcam) included: anti-PTP1B (1:1,000; cat. no. ab252928), anti-Bcl-2 (1:1,000; cat. no. ab32124), anti-Bax (1:5,000; cat. no. ab32503), anti-cleaved caspase 3 (1:500; cat. no. ab32042), anti-caspase-3 (1:1,000; cat. no. ab8805), anti-p-adenosine 5-monophosphate-activated protein kinase (AMPK; 1:1,000; cat. no. ab109402), anti-t-AMPK (1:1,000; cat. no. ab214425) and anti-GAPDH (1:10,000; cat. no. ab181602).

**Statistical analysis.** Data are expressed as the mean ± standard deviation. One-way ANOVA followed by Tukey's post hoc test was used for analysis between multiple groups. Calculations were performed using GraphPad Prism software (version 5.0; GraphPad Software, Inc.). P<0.05 was considered to indicate a statistically significant difference.

**Results**

**OP-B inhibits tumor growth and PTP1B expression in HCC xenografted mice.** The anticancer effects of OP-B on HCC were first investigated in vivo. HCC xenografts were injected into mice (Fig. 1A) that were subsequently treated orally with 0, 15 or 75 mg/kg OP-B. Tumor volume and mouse body weight were examined for 21 days (Fig. 1B). The tumors were excised (Fig. 1C) and the final tumor weight and the tumor/body weight ratio were measured. (Fig. 1D), which were significantly reduced in mice treated with both 15 and 75 mg/kg OP-B compared with the control mice. Additionally, it was observed from IHC results that the expression level of Ki67 (Fig. 1E), CD31 (Fig. 1F) and VEGFA (Fig. 1G) in HCC tumor tissues of the xenografted mice was markedly decreased upon OP-B (15 and 75 mg/kg) administration compared with the control mice. In addition, the mRNA and protein expression levels of PTB1B in tumor samples of xenograft mice model was significantly inhibited by OP-B (Fig. 1H and I, respectively). These results showed that OP-B exerted anticancer effect on HCC in vivo.

**OP-B reduces cell viability and PTP1B expression in HCC cells.** To validate the effect of OP-B on HCC and PTB1B expression in vitro, HHL-5 human normal hepatocyte and MHCC97-H HCC cells were exposed to different concentrations of OP-B (5, 10, 20 and 40 µM) for 24 h, then cell viability was measured. As revealed in Fig. 2A, OP-B treatment did not cause significant effect on HHL-5 cell viability, but significantly reduced MHCC97-H cell viability in a concentration-dependent manner. In addition, both the mRNA and the protein expression levels of PTB1B were significantly downregulated by OP-B (Fig. 2B and C, respectively).
Subsequently, PTP1B was overexpressed in MHCC97-H cells by transfection of Ov-PTP1B vector and then the overexpression efficiency was confirmed by RT-qPCR and western blotting (Fig. 2D and E, respectively).

**Decreased PTP1B expression may be responsible for the anticancer effect of OP-B on HCC.** To observe the effect of OP-B on the malignant processes of HCC, MHCC97-H cells overexpressing PTP1B were treated with 20 μM OP-B, then cell proliferation, apoptosis, migration, invasion and angiogenesis were evaluated. As revealed in Fig. 3A, OP-B significantly reduced cell viability compared with the untreated control group, whereas OP-B + Ov-PTP1B treatment significantly enhanced the cell viability compared with the OP-B + Ov-NC group. These results indicated that the inhibitory effect of OP-B on HCC cell viability was reversed by PTP1B overexpression. Furthermore, OP-B markedly suppressed the colony formation compared with control MHCC97-H cells, whereas PTP1B overexpression markedly reduced this effect (Fig. 3B). TUNEL staining revealed that apoptosis was significantly increased.

Figure 1. Effect of OP-B on HCC progression and PTP1B expression in vivo. (A) HCC xenograft mice were treated with normal saline, or with 15 or 75 mg/kg OP-B for 21 days. (B) Body weight and tumor volumes were recorded every 7 days. (C) HCC tumors in different groups were removed from xenograft model and (D) weighed and the tumor/body weight was also calculated. The expression of Ki67 (E), CD31 (F) and VEGFA (G) in tumor samples of HCC xenograft mice were detected by IHC. (H) mRNA and (I) protein expression levels of PTP1B in tumor samples of HCC xenograft mice were measured by reverse transcription-quantitative PCR and western blot assays, respectively. *P<0.05, **P<0.01 and ***P<0.001 vs. control. HCC, hepatocellular carcinoma; IHC, immunohistochemistry; OP-B, ophiopogonin-B; PTP1B, protein tyrosine phosphatase 1B.
upon OP-B treatment compared with the control group, and PTP1B overexpression reduced the level of apoptosis compared with OP-B + Ov-NC (Fig. 3C). Consistently, OP-B treatment resulted in decreased protein expression of Bcl-2, but increased expression levels of Bax, cleaved caspase 3 and cleaved PARP, suggesting the induction of cell apoptosis (Fig. 3D). However, PTP1B overexpression caused a reverse effect on the expression of these proteins in OP-B-treated cells (Fig. 3D).

Results from wound healing, invasion and tube formation assays demonstrated that OP-B significantly inhibited MHCC97-H cell migration, invasion and angiogenesis compared with untreated control cells (Fig. 4A-C, respectively). By contrast, when compared with OP-B + Ov-NC, OP-B + Ov-PTP1B treatment significantly upregulated p/t-Pi3K and p/t-AKT expression levels and downregulated p/t-AMPK expression. These data indicated that OP-B may inhibit PI3K/AKT activation and activate the AMPK signaling, which is supported by the data showing that these effects were blocked by PTP1B overexpression.

**Discussion**

OP-B is a natural active compound extracted from the TCM Ophiopogon japonicus root, which was found to exert inhibitory effect on non-small cell lung cancer cell lines (20). In the present study, OP-B was demonstrated to inhibit HCC development both in vitro and in vivo. Further experiments indicated that OP-B may exert its anticancer effect on HCC by targeting PTP1B and regulating the PI3K/AKT and AMPK signaling pathways.

Natural compounds from TCM have been revealed to exert remarkable effects in the treatment of HCC (21-24). For example, PHY906 has been reported to reduce the adverse
effects of capecitabine in advanced HCC patients in a phase I/II clinical study (25). These studies reflected the satisfactory curative effect and huge potential of TCM in the treatment of HCC. In the present study, 15 and 75 mg/kg OP-B was selected for treating HCC-xenografted mice by oral gavage according to previous studies (8,17,18). OP-B at these two doses had no...
Figure 4. Effect of OP-B treatment and PTP1B overexpression on migration, invasion and angiogenesis of hepatocellular carcinoma cells. MHCC97-H cells were transfected with Ov-PTP1B or OV-NC and subsequently treated with 20 µM OP-B. (A) Cell migration was determined by wound healing assay. (B) Transwell assay was performed to observe cell invasion. (C) Tube formation assay was used to assess cell angiogenesis. (D) Protein expression levels of E-cadherin, N-cadherin, Vimentin and VEGFA were detected by western blot analysis. ***P<0.001 vs. control; ##P<0.01 and ###P<0.001 vs. OP-B + Ov-NC. NC, negative control; OP-B, ophiopogonin-B; Ov, overexpression vector; PTP1B, protein tyrosine phosphatase 1B.
Yuan et al.  

**Ophiopogonin-B Relieves Hepatocellular Carcinoma**

Effect of Ophiopogonin-B (OP-B) on Hepatocellular Carcinoma (HCC) Tumors

- **Toxicity Studies:** OP-B, when administered at concentrations of 75 mg/kg, did not significantly affect the mental state, life activity, or weight gain of rats. The 75 mg/kg OP-B dose significantly reduced body weight at 21 days post-treatment, possibly due to the significant reduction in tumor weight caused by OP-B treatment.

- **Growth Inhibition:** In HCC xenograft tumors, OP-B effectively inhibited tumor growth and the expression of Ki67, CD31, and VEGFA. In vitro experiments showed that OP-B did not affect the cell viability of normal hepatocyte HH LC-1, but significantly impaired the viability of the HCC cell line MHCC97-H. OP-B at 40 µM reduced cell viability to less than 50% in MHCC97-H, indicating excessive toxicity at this concentration.

- **Regulatory Effects:** OP-B treatment significantly suppressed proliferation, migration, invasion, and angiogenesis, and induced apoptosis of HCC cells. The expression of E-cadherin was enhanced, while that of N-cadherin, Vimentin, and VEGFA was reduced upon OP-B treatment.

- **Phosphatase Activity:** The in vivo and in vitro results of the present study demonstrated the anticancer effect of OP-B on HCC.

- **Mechanism of Action:** To uncover the mechanism through which OP-B exerts its anticancer effect, potential downstream targets were predicted using SwissTargetPrediction online database. PTP1B was identified as one of the targets of OP-B. OP-B reduced the expression of PTP1B both in HCC tumor tissues and in cells in a concentration-dependent manner. It was therefore speculated that OP-B may suppress the progression of HCC by targeting PTP1B. Further functional analysis revealed that overexpression of PTP1B significantly reversed the effect of OP-B treatment on malignant processes of HCC cells, indicating that PTP1B downregulation may be responsible for the anticancer effect of OP-B on HCC.

- **In Vivo Studies:** Finally, the mechanisms underlying the actions of OP-B/PTP1B in HCC were uncovered. Jin et al. (31) reported that PTP1B promoted the progression of glioma by activating the MAPK/ERK and PI3K/AKT pathways. Xu et al. (32) demonstrated that inhibition of PTP1B blocked pancreatic cancer progression by targeting the PKM2/AMPK/mTOR1 pathway. OP-B was also found to inhibit the PI3K/Akt signaling pathway in non-small cell lung cancer cells (20). The PI3K/AKT pathway had been extensively studied and found to be commonly activated in human cancer. Inhibition of this pathway leads to regression of human tumors (33). AMPK signaling is generally considered a key effector that mediates the tumor-suppressive function of liver kinase B1 (34).

- **Pathway Analysis:** In the present study, OP-B inhibited the phosphorylation of PI3K/AKT and AMPK, whereas PTP1B overexpression reversed the effect of OP-B on the PI3K/AKT and AMPK signaling pathways. Although the present results were opposite with certain previous studies (38,39), which showed that PTP1B inhibited the phosphorylation of PI3K/AKT signaling, the effect of PTP1B on PI3K/AKT and AMPK phosphorylation in cancer cells was demonstrated for the first time, to the best of our knowledge. Further studies are required to investigate whether it is due to the particularity of cancer cells compared with normal healthy cells that led to this opposite finding. Combined with previous findings (11), it was demonstrated that OP-B could indeed suppress the malignant processes of HCC through PTP1B-mediated inhibition of PI3K/AKT and AMPK pathways.
regulating multiple pathways. However, the involvement of the P38/AKT and AMPK signaling pathways needs further validation using an agonist or antagonist of these two pathways. Whether OP-B could inhibit HCC through regulating other pathways involved in HCC progression, such as TGF-β, mTOR and Wnt/β-catenin signaling pathways (40-42) needs to be elucidated in future studies.

Collectively, the present study demonstrated that OP-B suppressed the progression of HCC both in vivo and in vitro through targeting PTP1B. Additionally, the P38/AKT and AMPK signaling pathways may be involved in this effect. These results may provide insight into the underlying mechanism involved in the antitumor effects of OP-B on HCC and may support the application of OP-B in a clinical setting.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JS and YZ conceived and designed the study. FY and QG analyzed and interpreted the data. JS and YZ drafted the manuscript and HT performed the experiments. FY and QG and LZ confirm the authenticity of all the raw data. All authors have read and approved the final manuscript.

Ethics approval and consent to participate

The animal study protocol was approved by the Ethics Committee of Suzhou Hospital of Integrated Traditional Chinese and Western Medicine (Suzhou, China; approval no. 20180901).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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