**Supplementary Materials**

**Table S1. Evaluation of the relationship between chronic diseases and BMI**

|                      | Group 1 (BMI < 24.9) (n = 163) | Group 2 (BMI 25–29.9) (n = 298) | Group 3 (BMI 30–34.9) (n = 320) | Group 4 (BMI 35–39.9) (n = 182) | Group 5 (BMI > 40) (n = 88) | p-value |
|----------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------|
| Hypertension (%)     | 62                              | 63                              | 75                              | 80                              | 78                              | 0.004   |
| DM (%)               | 21                              | 35                              | 35                              | 51                              | 49                              | 0.006   |
| CAD (%)              | 22                              | 17                              | 14                              | 16                              | 14                              | 0.360   |
| COPD (%)             | 7                               | 9                               | 12                              | 13                              | 23                              | 0.004   |
| Heart failure (%)    | 5                               | 9                               | 6                               | 8                               | 8                               | 0.643   |

BMI, body mass index; DM, diabetes mellitus; CAD, coronary artery disease; COPD, chronic obstructive pulmonary disease.