DEVELOPMENT OF A TECHNIQUE FOR DETERMINING CADMIUM, LEAD, ARSENIC WITH THE ETAAS METHOD IN MEDICINAL PLANT RAW MATERIALS

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Abstract

Electrothermal atomic absorption spectrometry (ETAAS) is one of the most well-known methods for determining trace amounts of elements in natural objects, since it is simple in instrumentation and rather cheap. It is especially promising for the pharmaceutical analysis of medicinal plant raw materials for quality control purposes. A new unified ETAAS technique for the determination of cadmium, lead and arsenic in solutions obtained after acid decomposition (with HNO₃) of plant raw material under microwave heating conditions has been developed. It was shown that cadmium can be determined without a modifier, while for lead and arsenic the presence of a modifier is necessary. Inexpensive and widely available substances were proposed as modifiers: 1% solution of ascorbic acid (for lead), 1% solution of Ni(NO₃)₂ (for arsenic), which were previously used in the Russian Federation exclusively in geochemical studies. The conditions for the preparation of the analysed samples are proposed. The using prospects of the developed technique for the natural substances quality control, as well as its universality for the analysis of plant raw material of various morphological groups have been demonstrated. The technique was validated in terms of specificity, accuracy, precision, repeatability, linearity, range, robustness. The technique can be recommended for determination of these ecotoxicants accumulation in wild-growing and cultivated medicinal plants.

Rezumat

Spectrometria de absorbţie atomică electrotermică (ETAAS) este una dintre cele mai cunoscute metode de determinare în urma a elementelor. Aceasta este deosbilă de promiţătoare pentru analiza farmaceutică a materiilor prime din plante medicinale. A fost dezvoltată o nouă tehnică ETAAS pentru determinarea simultană a cadmiului, plumbului şi arsenului în soluţii obţinute după descompunerea acidă (cu HNO₃) a materiei prime vegetale cu microunde. Cadmiul poate fi determinat fără adjuvanţi, în timp ce pentru plumb și arsen este necesară prezenţa unui aditiv. Adjuvanţii au fost propuşi: soluţie de acid ascorbic 1% (pentru plumb), soluţie de Ni(NO₃)₂ 1% (pentru arsen). S-au demonstrat perspectivele utilizării tehnicii dezvoltate pentru controlul calităţii produselor vegetale. Tehnica a fost validată în termeni de specificitate, acurateţe, precizie, repetabilitate, liniaritate, interval de detecţie, robusteţe, şi poate fi recomandată pentru determinarea acumulării acestor compuşi ecotoxici în plantele medicinale din flora spontană şi cultivate.

Keywords: heavy metals, medicinal plants, atomic absorption spectrometry

Introduction

Currently, herbal medicines are attracting increasing interest due to the undoubted advantages over synthetic drugs: low toxicity, softness, duration, complexity of therapeutic effect [16]. The vast majority of natural origin drugs are produced from medicinal plants, which can accumulate significant amounts of elements. This is due to a change in the industrial environment and the inclusion of toxic elements in natural biogeochemical cycles, which necessitates ongoing monitoring of the ecotoxicants content [7, 13]. For their determination in medicinal plant raw materials, various physicochemical methods of analysis are used, which are included in most pharmacopoeias of developed countries [3, 6, 21-24], including the State Pharmacopoeia of the Russian Federation of the XIV edition (Rus. Ph. XIV) [21]. According to Rus. Ph. XIV, to confirm the quality of medicinal plant raw materials, the determination of four elements is required: cadmium, arsenic, lead and mercury. Mercury is easily determined by the “cold vapour” method, while the routine determination of cadmium, lead and arsenic in a laboratory causes significant difficulties due to the absence in Rus. Ph XIV reliable techniques for the analysis of the plant raw material. A similar situation is observed in some other world pharmacopoeias (American (USP), British (BP), Japanese (JP), International pharmacopoeia (Int. Ph.), where only the most general recommendations are given [3, 22-24]. Spectral methods, such as flame and electrothermal atomic absorption spectrometry (FAAS and ETAAS, respectively), inductively coupled
plasma atomic emission spectrometry (ICP-AES), inductively coupled plasma mass spectrometry (ICP-MS), are the most modern and reliable methods for determining the elemental composition. Acid decomposition of samples in closed systems under microwave heating is the most efficient sample preparation method [10]. Unlike USP, BP and JP, some definition conditions are given in Eur. Ph. that cannot be considered sufficiently optimal [6]. For example, for determination of elements in natural substances, the samples are decomposed using mixtures of nitric and hydrochloric acids and an additive of sulfuric acid leading to the precipitation of some analytes, for example, lead sulphate (II). Algorithms for transferring of samples into a solution under conditions of microwave heating are not fully written down - heating time, magnetron power is given (it is not necessarily currently, as modern equipment automatically adjusts it, based on temperatures in Teflon vessels), and temperatures are not recorded. There are disadvantages at the stage of determination too. The arsenic content analysis is recommended to be performed in hydride consoles, which is not rational enough, since under certain conditions arsenic can be determined by the ETAAS method. The solutions of magnesium nitrate and ammonium dihydrogen phosphate are proposed as modifiers and rarely have the required purity for ETAAS. And the absence of modifiers can lead to the loss of the determined elements already at the stage of pyrolysis (800°C according to Ph. Eur.). In Rus. Ph. XIV, the attention is paid to sample preparation in open systems leading to the loss of nanogram quantities of analytes; autoclave decomposition using hardly volatile sulfuric acid not allowing to obtain stable forms of elements - cadmium, lead and arsenic. And also explosive perchloric acid, Carius tubes/Kjeldahl flasks are still widely used. These techniques and approaches are time consuming and do not allow automating the process of sample preparation, which would be very useful in factory laboratories involved in the analysis of medicinal plant raw materials, plant substances and medicinal products based on them. All these disadvantages can be overcome by using the acid decomposition of samples using nitric acid (to obtain stable, highly soluble forms of elements) placed in a microwave field [8], in combination with modern spectral analysis methods. However, the use of microwave decomposition systems in Rus. Ph. XIV has not received enough attention.

Considering the requirements of Rus. Ph. XIV for the heavy metals content in natural substances (Pb 6.0, Cd 1.0, Hg 0.1 and As 0.5 mg/kg), the following conclusion can be drawn that the ICP-AES and FAAS methods are not suitable for the determination of ultralow content of cadmium, lead and arsenic due to its low sensitivity.

The ICP-MS and ETAAS are one of the main modern methods for determining elements trace in medicinal plant raw materials [2, 4, 5, 9, 15, 26]. Each of these methods has its own advantages and disadvantages [1, 12, 14], which are summarized in Table I.

### Table I
Comparison of ETAAS and ICP-MS methods for the determination of Cd, Pb and As

| Description of methods                  | ETAAS       | ICP-MS          |
|----------------------------------------|-------------|-----------------|
| Achievable detection limits, μg/L       |             |                 |
| 0.02 for Cd                            | 0.000n* for Cd |
| 0.2 for Pb                             | 0.000n for Pb |
| 0.8 for As                             | 0.000n for As |
| Dynamic range                          | 1 - 1.5     | 5 - 7           |
| Reproducibility of definition          | 1 - 3%      | 1 - 2%          |
| Multi-element measurement mode         | No          | Yes             |
| Spectral influences                    | Insignificantly | Significant |
| Matrix influences                      | Significant | Significant     |
| Operating costs                        | Low         | High            |
| Compatibility with various decomposition methods | The ability to analyse aqueous solutions with a sufficiently high content of organic substances | Only aqueous concentrates can be analysed |

* n is any number

However, to realize such low detection limits in practice using ICP-MS in the vast majority of cases is not possible due to the influence of various factors (polyatomic interference and matrix effects) on the formation of the analytical signal [1], for the correction of which various approaches are used: reaction/collision cells, math modelling, desolvation systems [12]. However, the use of these methods is not a universal approach, and the matrix influences eliminating problem remains unresolved. An additional limitation of the ICP-MS method is the strict mineralization requirements of the analysed solutions, which is usually less than 0.2%. ETAAS is one of the most widely used instrumental methods for determining trace amounts of elements in natural objects solution, since this atomization method provides low detection limits at the level of ng/g. The use of this highly sensitive method does not impose strict restrictions on the composition of the analysed solution, which is especially convenient when determining analytes in solutions obtained by acid decomposition of medicinal plant raw materials.
Spectral influences in the ETAAS method are extremely rare, however, matrix influences can be significant [18]. Nevertheless, when determining cadmium, lead and arsenic in solutions obtained by acid decomposition of organic raw materials, usually there is no difficulty in determining cadmium, but in determination of lead and arsenic, these elements may be lost at the heat treatment stage due to their high volatility. To eliminate this undesirable phenomenon, as well as to increase the heat treatment temperature, which is necessary for the most complete separation of matrix atoms from analyte atoms in the process of ETAAS determination, is possible using modifiers. The most universal modifier is palladium nitrate and its mixtures with magnesium nitrate [28]. It is extremely expensive and may not always be available to laboratories involved in the analysis of natural substances. A simpler alternative in determining lead is to use a 1% ascorbic acid solution as a modifier [20], which has a reduction effect (restores the Pb$^{2+}$ form to Pb$^{0}$), and arsenic is a 1% solution of divalent nickel [11, 27], which has the ability to form intermetallic compounds with volatile elements.

Thus, the analysis of literature data allows to conclude, that ETAAS is one of the most popular method for determining elements in natural objects [17, 19, 25], available, the most selective in relation to analytes, less demanding alternative to the composition of the tested solutions in comparison with ICP-MS. ETAAS is presented in general monographs in Ph. Eur. and JP. However, the USP does not pay enough attention to this method and ICP-MS is recommended as the main method for determining element trace concentrations.

The aim of this work is to develop a combined technique for the quantitative determination of cadmium, lead and arsenic with the ETAAS method in solutions obtained after acid decomposition of medicinal plant raw materials samples under microwave heating.

**Materials and Methods**

**Objects of analysis**

Leonurus cardiaca (Motherwort) herb, Matricaria (chamomile) flowers, Tanacetum flowers, Aerva lanata herb, Hypericum (Saint-John’s-wort) herb, Thalli Laminariae, Tussilago (coltsfoot) leaves, Helichrysum arenarium (dwarf everlasting) flowers, Birch leaves, Melissa officinalis (Lemon balm) herb, Orthosiphon stamineus herb, Linum seeds, Arctium (burdock) roots, Chimaphila umbellata (pipsissewa) herb, Bergenia crassifolia fermented leaves, Oak bark, Origanum (Oregano) herb, Polygonum aviculare (prostrate knotweed, birdweed) herb, Senna leaves, Centaurium herb, Sanguisorba officinalis roots and rhizomes, Elecampane (Inula) roots, Titiae flores, Taraxacum officinale roots, Plantago major leaves, Althaea officinalis herb, Viola tricolor (heartsease) herb, Uvae Ursi (Bearberry) leaves, Vaccinium vitis-idaea (lingonberry) leaves, Orchilia herb, Bergenia crassifolia roots and rhizomes.

**Apparatus and Materials**

To determine cadmium, lead and arsenic, an atomic absorption spectrometer with electrothermal atomization Varian AA-240 (Australia), a Milestone Ethos 1-Microwave oven (Italy), and an Atilon ATL-120d4-I analytical balance (Germany) were used.

**Reagents and Solutions**

High-purity concentrated nitric acid “Trace metal grade” from Fisher Chemical (Belgium), hydrogen peroxide (A.C.S. Reagent, Acros Organics, Belgium), a standard sample (SS) of cadmium, lead and arsenic ions at a concentration of 1,000 µg/mL from Merck (Germany), ascorbic acid Chimmed (chemically pure, Russia), nickel(II) nitrate hexahydrate Chimmed (chemically pure, Russia), purified water were used.

**Preparation of modifier solutions**

1% solution of ascorbic acid. 1 g of ascorbic acid was placed in a 100 mL volumetric flask and 70 mL of water were added, the sample was completely dissolved, the volume of the solution was diluted to the volume with the same solvent.

1% solution of Ni(NO$_3$)$_2$. 1.6 g of nickel (II) nitrate hexahydrate was placed in a 100 mL volumetric flask, 70 mL of water were added, the sample was completely dissolved and the volume of the solution was diluted to the volume with the same solvent.

**Preparation of test solution**

0.30 - 0.50 g (exact weight) of plant-based substances were placed in Teflon vessels, 5 mL of concentrated nitric acid and 0.5 mL of hydrogen peroxide were added. The vessels were carefully sealed and placed in the microwave oven. Decomposition of samples was carried out according to the program presented in Table II.

**Table II**

| phase | Time, min | Temperature, °C |
|-------|-----------|-----------------|
| 1     | 20        | 25°C → 170°C    |
| 2     | 20        | 170°C           |
| 3     | 50        | 170°C → 25°C    |

The vessels were opened and the contents were filtered into a 100 mL volumetric flask through Blue Ribbon filter paper, then the volume of the solution was diluted to the volume with water.

The obtained solutions were further analysed with ETAAS method according to the procedure described below. The solutions were used freshly prepared.

**Comparative solution**

5 mL of the concentrated nitric acid and 0.5 mL of the hydrogen peroxide were added to an empty Teflon vessel. The vessels were carefully sealed and placed in a microwave oven. Decomposition of samples was carried out according to the program presented in
Table II. The vessels were opened and the contents were filtered into a 100 mL volumetric flask through Blue Ribbon filter paper, then the volume of the solution was diluted to the volume with water. The obtained solutions were further analysed with ETAAS method according to the procedure described below. The solution was used freshly prepared.

Preparation of standard solutions

**Standard solution no. 1**: 2 mL of the SS cadmium was placed in a 100 mL volumetric, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the solution was diluted to the volume with the same solvent and stirred (cadmium concentration 200 ng/mL). The solution was used freshly prepared.

**Standard solution no. 2**: 1 mL of the standard solution no. 1 was placed in a 100 mL volumetric flask, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the volume of the solution was diluted to the volume with the same solvent and stirred (cadmium concentration 20 ng/mL). The solution was used freshly prepared.

**Standard solution no. 3**: 500 μL of the standard solution no. 2 was placed in a volumetric flask, the volume of the solution was diluted with water to 10 mL, and stirred (cadmium concentration 10 ng/mL). The solution was used freshly prepared.

**Standard solution no. 4**: 2 mL of the SS lead was placed in a 100 mL volumetric flask, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the solution was diluted to the volume with the same solvent and stirred (lead concentration 20 μg/mL). The solution was used freshly prepared.

**Standard solution no. 5**: 2.5 mL of the standard solution no. 4 was placed in a 100 mL volumetric flask, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the solution was diluted to the volume with the same solvent and stirred (lead concentration 500 ng/mL). The solution was prepared extempore.

**Standard solution no. 6**: 2 mL of the SS arsenic was placed in a 100 mL volumetric flask, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the solution was diluted to the volume with the same solvent and stirred (arsenic concentration 20 μg/mL). The solution was prepared extempore.

**Standard solution no. 7**: 2.5 mL of the standard solution no 6 was placed in a 100 mL volumetric flask, 1 mL of the concentrated nitric acid was added, dissolved in water with stirring, the solution was diluted to the volume with the same solvent and stirred (arsenic concentration 500 ng/mL). The solution was prepared extempore.

**Standard solution no. 8**: 1000 μL of the standard solution no. 3, 400 μL of the standard solution no. 5, 800 μL of the standard solution no. 7 were placed in a 10 mL volumetric flask, the solution was diluted to the volume and stirred (cadmium concentration - 1 ng/mL, lead - 20 ng/mL and arsenic - 40 ng/mL). The solution was prepared extempore.

**Standard solution no. 9**: 500 μL of the standard solution no. 3, 200 μL of the standard solution no. 5, 400 μL of the standard solution no. 7 were placed in a 10 mL volumetric flask, the solution was diluted to the volume with water and stirred (cadmium concentration - 0.5 ng/mL, lead - 10 ng/mL and arsenic - 20 ng/mL). The solution was prepared extempore.

**Standard solution no. 10**: 250 μL of the standard solution no. 3, 100 μL of the standard solution no. 5, 200 μL of the standard solution no. 7 were placed in a 10 mL volumetric flask, the solution was diluted to the volume with water and stirred (cadmium concentration - 0.25 ng/mL, lead - 5 ng/mL and arsenic - 10 ng/mL). The solution was prepared extempore.

**Standard solution no. 11**: 100 μL of the standard solution no. 3, 50 μL of the standard solution no. 5, 100 μL of the standard solution no. 7 were placed in a volumetric flask with a volume of 500 mL, the solution was diluted to the volume with water and stirred (cadmium concentration - 0.1 ng/mL, lead - 2.5 ng/mL and arsenic - 5 ng/mL). The solution was prepared extempore.

Results and Discussion

To optimize the determination technique of cadmium, lead and arsenic the following conditions were experimentally selected: (1) temperature-time conditions for the determination of cadmium, lead, arsenic with the ETAAS method and (2) acid decomposition conditions for plant-based samples during microwave decomposition.

Selecting temperature-time conditions for the determination of cadmium, lead, arsenic

For determination of cadmium, lead and arsenic using the ETAAS method, the temperature-time conditions were selected. The analytes were determined in graphite pyro-coated furnace using modifiers – a 1% solution of ascorbic acid (for lead), a 1% solution of Ni(NO₃)₂ (for arsenic) using the most intense wavelengths: cadmium – at 228.8 nm, lead – at 283.3 nm, arsenic – at 193.7 nm. The aliquot volume (10 - 20 μL) of the modifier is equal to the aliquot volume of the test sample.

Preliminary construction of pyrolysis-atomization curves made it possible to propose conditions of cadmium, lead, arsenic determination. The determination of elements was carried out by the height of the analytical signal. The determination conditions of elements are presented in Table III.
Table III

Conditions for the determination of cadmium, lead and arsenic by the ETAAS method in test solutions obtained by the decomposition of medicinal plant raw materials under conditions of Microwave heating

| Element | Wavelength, nm | Modifier                    | Temperature and time conditions |
|---------|----------------|-----------------------------|--------------------------------|
|         |                |                             | Stage number | T*, °C | t**, c | v***, L/min |
| Cd      | 228.8          | absent                      | 1            | 85    | 5.0    | 0.3         |
|         |                |                             | 2            | 95    | 40.0   | 0.3         |
|         |                |                             | 3            | 120   | 10.0   | 0.3         |
|         |                |                             | 4            | 350   | 5.0    | 0.3         |
|         |                |                             | 5            | 350   | 1.0    | 0.3         |
|         |                |                             | 6            | 350   | 2.0    | 0.0         |
|         |                |                             | 7            | 1900  | 0.8    | 0.0         |
|         |                |                             | 8            | 1900  | 2.0    | 0.0         |
|         |                |                             | 9            | 2000  | 2.0    | 0.3         |
| Pb      | 283.3          | Ascorbic acid solution (1%) | 1            | 85    | 5.0    | 0.3         |
|         |                |                             | 2            | 95    | 40.0   | 0.3         |
|         |                |                             | 3            | 120   | 10.0   | 0.3         |
|         |                |                             | 4            | 400   | 5.0    | 0.3         |
|         |                |                             | 5            | 400   | 1.0    | 0.3         |
|         |                |                             | 6            | 400   | 1.0    | 0.0         |
|         |                |                             | 7            | 2100  | 0.9    | 0.0         |
|         |                |                             | 8            | 2100  | 2.0    | 0.0         |
|         |                |                             | 9            | 2200  | 2.0    | 0.3         |
| As      | 193.7          | Ni(NO₃)₂ Solution (1%)      | 1            | 85    | 5.0    | 0.3         |
|         |                |                             | 2            | 95    | 40.0   | 0.3         |
|         |                |                             | 3            | 120   | 10.0   | 0.3         |
|         |                |                             | 4            | 1400  | 5.0    | 0.3         |
|         |                |                             | 5            | 1400  | 1.0    | 0.3         |
|         |                |                             | 6            | 1400  | 1.0    | 0.0         |
|         |                |                             | 7            | 2500  | 0.6    | 0.0         |
|         |                |                             | 8            | 2500  | 2.0    | 0.0         |
|         |                |                             | 9            | 2600  | 2.0    | 0.3         |

* Temperature; ** Time; *** Argon flowrate

10 μL of standard solutions no. 8 - 11, blank and test solutions, as well as the modifier solutions sequentially introduced into the graphite furnace of the atomizer at least 3 times. The concentration of each element in the test solution and the comparative solution was determined from the obtained calibration curves. The content of cadmium, lead, arsenic in the raw materials of medicinal plant (X, ppb) was calculated by the formula (1):

\[
X = \frac{(C - C_0) \cdot V}{a} \text{ (ppb)},
\]

where, \(C\) is the concentration of the element in the test solution, obtained from the calibration curve, ng/mL; \(C_0\) is the concentration of the element in a blank solution obtained from the calibration curve, ng/mL; \(V\) is volume of test/blank solution, mL; \(a\) is the weight of raw materials sample, g.

Selection of acid decomposition conditions for samples during microwave heating

The conditions for the acid decomposition for raw materials samples of medicinal plant were selected based on the arsenic as the most one from all three studied elements prone to loss during the sample preparation. The incomplete decomposition of the medicinal plants organic matrix was observed at temperatures below 150°C, which is confirmed by UV/VIS spectrophotometer. A set of absorption bands was observed at 346 - 386 nm, which indicated the presence of undecomposed substances of organic origin in the test solution. The loss of the determined element was observed when the temperature raised above 170°C. Based on the obtained data, the following conditions were selected:

- Temperature: 150 - 170°C
- Time: 5 - 7 minutes
- Argon flowrate: 1500 - 2000 L/min
- Nitric acid concentration: 5 - 10 mL
- Perchloric acid concentration: 0.5 - 1 mL

Concentrated hydrogen peroxide were added to the plant raw material (Rose Hips) which were milled to a particle size and passed through a sieve with 1 mm hole size, 5 mL of concentrated nitric acid, 0.5 mL of concentrated hydrogen peroxide were added. Then an additive solution was added after transferring the solution obtained from the decomposition into a 100 mL volumetric flask, the concentration of arsenic was about 20 ng/mL.

It was found that the most optimal temperature range was 150 - 170°C, at this range not only the decomposition of the test material was achieved, but also no loss of arsenic was observed (the introduced amount – 20 ng/mL, and was found – 22 ng/mL). Obviously, cadmium and lead (which are significantly less volatile) were not lost in the process of sample preparation. The incomplete decomposition of the medicinal plants organic matrix was observed at temperatures below 150°C, which is confirmed by UV/VIS spectrophotometer.
selected for the decomposition of medicinal plant raw materials during microwave heating: the weight of plant raw material sample is 0.3 - 0.5 g, the volume of concentrated nitric acid is 5 mL, the volume of concentrated hydrogen peroxide is 0.5 mL, decomposition time - 20 min; decomposition temperature - 170°C.

The developed technique was tested to determine cadmium, lead and arsenic in medicinal plant raw materials of various morphological groups. The data are presented in Table IV.

| Sample | Cd   | Pb   | As   |
|--------|------|------|------|
| **Herbs** |      |      |      |
| 1. Aerva lanata herb | 25 ± 10 | -*   | -    |
| 2. Althaea officinalis herb | 4 ± 2  | -    | -    |
| 3. Centaurium herb | -     | -    | -    |
| 4. Chimaphila umbellata (Pipsissewa) herb | 16 ± 3 | -    | -    |
| 5. Hypericum (Saint-John's-wort) herb | -     | 150 ± 21 | -    |
| 6. Leonurus cardiaca (Motherwort) herb | 15 ± 5 | -    | -    |
| 7. Melissa officinalis (Lemon balm) herb | -    | 263 ± 30 | -    |
| 8. Origano (Oregano) herb | -     | -    | -    |
| 9. Orthilia herb | 9 ± 4  | -    | -    |
| 10. Orthosiphon stamineus herb | -     | 95 ± 30 | -    |
| 11. Polygonum aviculare (Prostrate knotweed, Birdweed) herb | -    | 90 ± 25 | -    |
| 12. Viola tricolor (Heartsease) herb | 27 ± 11 | -    | -    |
| **Flowers** |      |      |      |
| 13. Helichrysum arenarium (Dwarf everlast) flowers | 15 ± 7 | -    | -    |
| 14. Matricaria (Chamomile) flowers | 9 ± 3  | 122 ± 12 | -    |
| 15. Tanacetum flowers | 4 ± 2  | -    | -    |
| 16. Tiliae flowers | 4 ± 2  | -    | -    |
| **Leaves** |      |      |      |
| 17. Bergenia crassifolia fermented leaves | 10 ± 4 | 231 ± 38 | -    |
| 18. Birch leaves | 14 ± 7 | -    | -    |
| 19. Tussilago (Coltsfoot) leaves | 14 ± 5 | -    | -    |
| 20. Plantago major leaves | 4 ± 2  | 91 ± 23 | -    |
| 21. Senna leaves | -     | 106 ± 39 | -    |
| 22. Uvae Ursi (Bearberry) leaves | 1 ± 1  | -    | -    |
| 23. Vaccinium vitis-idaea (Lingonberry) leaves | -    | -    | -    |
| **Roots and rhizomes** |      |      |      |
| 24. Arctium (Burdock) roots | 8 ± 4  | -    | -    |
| 25. Bergenia crassifolia roots and rhizomes | 8 ± 3  | 112 ± 13 | -    |
| 26. Elecampane (Inula) roots | 6 ± 2  | -    | -    |
| 27. Sanguisorba officinalis roots and rhizomes | -    | 128 ± 31 | -    |
| 28. Taraxacum officinale roots | 8 ± 2  | -    | -    |
| **Other organs** |      |      |      |
| 29. Linum seeds | 11 ± 4 | -    | -    |
| 30. Oak bark | 8 ± 3  | 104 ± 20 | -    |
| 31. Thalli Laminariae | 21 ± 6 | -    | 8,481 ± 12 |
| 32. Rose Hips | -     | -    | -    |
| **Maximum value** | 27 ± 11 | 263 ± 30 | 8,481 ± 12 |

* is mean that analyte content below the detection limit; ** 90,000 ng/g is limit of As content only for Thalli Laminariae

Taking into account the ultra-low concentration (ng/g) of the determined elements and their extremely uneven distribution in volume even in powdered natural samples, it can be confidently stated that the data in Table IV shows satisfactory efficiency of the developed technique. As can be seen from data of Table IV, maximum value of toxic elements (X_Pb = 263 ± 30 ng/g, X_Cd = 27 ± 11 ng/g and X_As = 8481 ± 12 ng/g) are not exceed the limits that required according to Rus. Ph XIV (X_Pb = 6000 ng/g, X_Cd = 1000 ng/g and X_As = 90000 ng/g) in all tested samples of plant raw materials. To prove the efficiency, the following validation characteristics of the developed technique in the case of Rose Hips were evaluated: specificity, linearity, accuracy, repeatability. It is necessary to consider: (A) concentrations of detectable elements is ultra-
low (the level of detectable contents is ppb (ng/g)); (B) the samples are multicomponent (complex) and have a wide range of matrix components concentrations regarding to the ultra-low concentrations of elements in the natural substances, which ultimately leads to an extremely uneven distribution of trace analyte contents over the volume of the analysed sample, which cannot be overcome by quarting; (C) Points A, B make it impossible to use mathematical statistics techniques to process the results in full.

**Accuracy**

The accuracy of the technique for the quantitative determination of elements was proved using the additives method by adding the exact amount of the element to the test solution obtained by acid decomposition of Rose Hips samples. Three parallel determinations were carried out for each additive (9 measurements, 3 concentrations within the determined range).

The accuracy character was evaluated by calculating the recovery, which is the ratio between the introduced and found element content in ng/mL.

Three acid decompositions of Rose Hips from Teflon vessels were shifted to three volumetric flasks with a volume of 100 mL respectively; 20 mL of water were added and stirred. Then respectively were added: (1) 1, 2.5 and 5 mL of standard solution no. 3; (2) 1, 2 and 4 mL of standard solution no. 5; (3) 2, 4 and 8 mL of standard solution no. 7. The volumes were diluted to the volume with water, and mixed.

The accuracy results of the technique for the quantitative determination of elements are presented in Table V and are in the range 70.0 - 130.0% for all three additives.

Relative standard deviations (RSD) are presented in Table VI and do not exceed 7.0% for all elements at the selected wavelengths.

| Wavelength, nm | Introduced, ng/mL | A. relative unit | founded, ng/mL | A. relative unit | Recovery, % |
|----------------|-------------------|-----------------|----------------|-----------------|-------------|
| 228.8 (Cd)     | 0.10              | 0.397298        | 0.07           | 0.281245        | 70.8        |
|                | 0.10              | 0.399584        | 0.07           | 0.278109        | 69.6        |
|                | 0.10              | 0.422580        | 0.07           | 0.283591        | 67.1        |
|                | 0.25              | 0.934471        | 0.28           | 1.003170        | 107.4       |
|                | 0.25              | 0.908168        | 0.28           | 1.003090        | 110.5       |
|                | 0.25              | 0.929055        | 0.28           | 0.980287        | 105.5       |
|                | 0.50              | 1.419270        | 0.44           | 1.384000        | 97.5        |
|                | 0.50              | 1.396090        | 0.44           | 1.265060        | 90.6        |
|                | 0.50              | 1.425880        | 0.44           | 1.285190        | 90.1        |
|                | 5                 | 0.286390        | 4.89           | 0.284639        | 99.4        |
|                | 5                 | 0.292915        | 4.89           | 0.296152        | 101.1       |
|                | 5                 | 0.295396        | 4.89           | 0.287367        | 97.3        |
|                | 10                | 0.542646        | 9.86           | 0.550960        | 101.5       |
|                | 10                | 0.556134        | 9.86           | 0.556922        | 100.1       |
|                | 10                | 0.551992        | 9.86           | 0.552188        | 100.0       |
|                | 20                | 0.948204        | 15.2           | 0.778332        | 82.1        |
|                | 20                | 0.956935        | 15.2           | 0.773113        | 80.8        |
|                | 20                | 0.956428        | 15.2           | 0.786918        | 82.3        |
|                | 10                | 0.085374        | 12.4           | 0.096412        | 112.9       |
|                | 10                | 0.083691        | 12.4           | 0.104536        | 124.9       |
|                | 10                | 0.078041        | 12.4           | 0.091354        | 117.1       |
|                | 20                | 0.156015        | 22.8           | 0.0179334       | 114.9       |
|                | 20                | 0.140099        | 22.8           | 0.0180298       | 128.7       |
|                | 20                | 0.149354        | 22.8           | 0.0163539       | 109.5       |
|                | 40                | 0.307373        | 44.5           | 0.0332867       | 108.3       |
|                | 40                | 0.308991        | 44.5           | 0.0342783       | 110.9       |
|                | 40                | 0.295475        | 44.5           | 0.0339324       | 114.8       |
| As (193.7)     | 5                 | 0.085374        | 12.4           | 0.096412        | 112.9       |
|                | 10                | 0.083691        | 12.4           | 0.104536        | 124.9       |
|                | 10                | 0.078041        | 12.4           | 0.091354        | 117.1       |
|                | 20                | 0.156015        | 22.8           | 0.0179334       | 114.9       |
|                | 20                | 0.140099        | 22.8           | 0.0180298       | 128.7       |
|                | 20                | 0.149354        | 22.8           | 0.0163539       | 109.5       |
|                | 40                | 0.307373        | 44.5           | 0.0332867       | 108.3       |
|                | 40                | 0.308991        | 44.5           | 0.0342783       | 110.9       |
|                | 40                | 0.295475        | 44.5           | 0.0339324       | 114.8       |

| Statistical Characteristics | Cd | Pb | As |
|-----------------------------|----|----|----|
| Lowest value, %             | 67.1| 80.8| 108.3|
| Highest value, %            | 110.5| 101.1| 128.7|
| Average value, %            | 88.8| 91.0| 118.5|
| Standard deviation          | 17.1| 9.17| 6.90|
| The standard deviation of the average result | 5.70| 3.06| 2.30|
| Coefficient of variation (CV), % | 19.3| 10.1| 5.82|
| Confidence interval (P = 0.95) | 13.2| 7.06| 5.31|
**Table VI**

| Element | The concentration determined by the calibration graph, ng/mL | RSD, % |
|---------|---------------------------------------------------------------|--------|
| Cd      | 0.07                                                          | 0.98   |
|         | 0.28                                                          | 1.30   |
|         | 0.44                                                          | 4.90   |
| Pb      | 4.89                                                          | 2.10   |
|         | 9.86                                                          | 0.60   |
|         | 15.2                                                          | 0.90   |
| As      | 12.4                                                          | 6.80   |
|         | 22.8                                                          | 5.40   |
|         | 44.5                                                          | 1.49   |

**Precision/Repeatability**

For repeatability determination, RSD was calculated by the quantitative determination of metals in the test solutions of following elements: 0.5 ng/mL for cadmium, 10 ng/mL for lead, 20 ng/mL for arsenic (n = 6), because the content of these metals initially was below the detection limit in the analysed objects. The results are shown in Table VII. RSD does not exceed 5%.

**Table VII**

| Element | A<sub>r</sub>, relative unit | Standard deviation | The coefficient of variation, % | Confidence interval |
|---------|------------------------------|--------------------|---------------------------------|--------------------|
| Cd      | 1.30946                      | 1.29441            | 4.85                            | 3.75               | 5.00               |
| Pb      | 0.550960                     | 0.551154           | 0.59                            | 1.07               | 0.62               |
| As      | 0.186513                     | 0.181250           | 0.45                            | 2.48               | 0.48               |

**Specificity**

To assess the specificity of the technique for the quantitative determination of Cd, Pb and As with the ETAAS method, the absorption signals of a comparison solution were obtained, the signals of standard solutions of cadmium (0.25 ng/mL), lead (10 ng/mL) and arsenic (20 ng/mL).

Based on the obtained data, it can be concluded that the solvent does not affect the analytical signals of cadmium, lead and arsenic. The addition method (as depicted in the “Accuracy” section) showed the absence of interfering influences on the analytical signals of the determined elements.

**Linearity**

To determine the linearity of the technique for the quantitative determination of cadmium, lead and arsenic, a series of standard solutions (0.1 - 1.0 ng/mL for cadmium, 2.5 - 20 ng/mL for lead, 5 - 40 ng/mL for arsenic) were prepared (see Preparation of standard and test solutions).

The dependence of elements analytical signal on their concentration in the solution is presented in Table VIII. As can be see the correlation coefficients in Table VIII (for the linear parts of the calibration curves) for cadmium, lead and arsenic were more than 0.995, which confirms the linearity of quantitative determination up to 0.25 ng/mL for cadmium, 10 ng/mL for lead and 40 ng/mL for arsenic inclusively.

During the operation with the graphite furnace, linearity after 200 - 300 cycles increases to 0.5 ng/mL (for cadmium) and 20 ng/mL (for lead).
Table VIII

| Wavelength, nm | Concentration of Cadmium, ng/mL | 0.1 | 0.25 | 0.5 | 1.0 |
|---------------|---------------------------------|-----|------|-----|-----|
| 228.8         |                                 |     |      |     |     |
|               |                                 | 0.397298 | 0.934471 | 1.419270 | 1.738070 |
|               |                                 | 0.399584 | 0.908168 | 1.396090 | 1.705710 |
|               |                                 | 0.422580 | 0.929055 | 1.425880 | 1.723590 |
|               |                                 | 0.406487 | 0.923898 | 1.413740 | 1.722450 |
| \(S_{\text{sp}}\) |                                 | 4.87 | 1.50 | 1.10 | 0.90 |
| Correlation coefficient |                         | 0.9994 |      |      |      |

| Wavelength, nm | Concentration of Lead, ng/mL | 2.5 | 5 | 10 | 20 |
|---------------|------------------------------|-----|---|----|----|
| 283.3         |                              | 0.137774 | 0.286309 | 0.542646 | 0.948204 |
|               |                              | 0.136783 | 0.292195 | 0.556134 | 0.956935 |
|               |                              | 0.144038 | 0.295396 | 0.551992 | 0.956428 |
| \(S_{\text{sp}}\) |                              | 0.139532 | 0.291540 | 0.549942 | 0.946369 |
| RSD, %        |                              | 2.80 | 1.60 | 1.00 | 1.60 |
| Correlation coefficient |                         | 1.0000 |      |      |      |

| Wavelength, nm | Concentration of Arsenic, ng/mL | 5 | 10 | 20 | 40 |
|---------------|---------------------------------|---|----|----|----|
| 193.7         |                                | 0.041067 | 0.085374 | 0.156015 | 0.307373 |
|               |                                | 0.040964 | 0.083691 | 0.140099 | 0.308991 |
|               |                                | 0.043581 | 0.078041 | 0.149354 | 0.295475 |
| \(S_{\text{sp}}\) |                                | 0.041870 | 0.082369 | 0.148489 | 0.303946 |
| RSD, %        |                                | 3.50 | 4.70 | 5.40 | 2.40 |
| Correlation coefficient |                         | 1.0000 |      |      |      |

The total number of heating-atomization cycles in a pyro-coated graphite furnace should not exceed 800 - 1000.

Range

The technique for the quantitative determination of Cd, Pb and As by the ETAAS is applicable for concentration range from 0.0 to 0.3 (0.5) ng/mL for Cd, from 0.5 to 15 (20) ng/mL for Pb and from 10 to 40 ng/mL for As in the test solution.

Accuracy, linearity and precision are established for interval values and values within the interval: linearity from 0.0 to 0.3 (0.5) ng/mL for Cd, from 0.0 to 10 (20) ng/mL for Pb and from 0.0 to 40 ng/mL for As validity, repeatability.

Robustness

Standard solutions no. 8 - 11 and the tested solutions are stable for 24 hours at a temperature less than 8°C, which was confirmed by the absence of a decrease in the value of determined elements analytical signals. A 1% solution of ascorbic acid under the same conditions is stable for 2 months, a 1% solution of Ni(NO\(_3\))\(_2\) is for 4 months. Thus, as a result of the study, the technique for quantitative determining of Cd, Pb and As using ETAAS in substances from a plant raw materials was developed and suggested for implementation to new edition of Ph. Rus.

Conclusions

The technique for the quantitative determination of cadmium, lead and arsenic using the inexpensive (compared to ICP-MS) ETAAS method in solutions obtained by acid decomposition of medicinal plant raw materials at low temperatures under microwave heating has been developed and made it possible to significantly speed up and automate the sample preparation procedure. Low decomposition temperatures (less than 200°C) avoid the danger of uncontrolled pressure build-up in the vessels and, accordingly, their explosion. The use of inexpensive commercially available reagents solutions (1% ascorbic acid solution for lead and 1% Ni(NO\(_3\))\(_2\) solution for arsenic) as modifiers made it possible to abandon extremely expensive palladium modifiers, as well as modifiers recommended by Eur. Ph., since the last are not always available in the required purity for ETAAS. The prospects of the developed technique for the quality control of natural substances for the content of the most toxic inorganic eco-toxicants - cadmium, lead, arsenic are shown. The proposed technique can also be recommended for controlling the accumulation of cadmium, lead and arsenic in plant organisms.

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Conflict of interest

The authors declare no conflict of interest.
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