Arginine deiminase PEG20 inhibits growth of small cell lung cancers lacking expression of argininosuccinate synthetase

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BACKGROUND: Some cancers have been shown to lack expression of argininosuccinate synthetase (ASS), an enzyme required for the synthesis of arginine and a possible biomarker of sensitivity to arginine deprivation. Arginine deiminase (ADI) is a microbial enzyme capable of efficiently depleting peripheral blood arginine.

METHODS: Argininosuccinate synthetase expression was assessed in human small cell lung cancer (SCLC) by immunohistochemistry (IHC), with expression also assessed in a panel of 10 human SCLC by qRT-PCR and western blot. Proliferation assays and analyses of apoptosis and autophagy assessed the effect of pegylated ADI (ADI-PEG20) in vitro. The in vivo efficacy of ADI-PEG20 was determined in mice bearing SCLC xenografts.

RESULTS: Approximately 45% of SCLC tumours and 50% of cell lines assessed were negative for ASS. Argininosuccinate synthetase-deficient SCLC cells demonstrated sensitivity to ADI-PEG20, which was associated with the induction of autophagy and caspase-independent cell death. Arginine deiminase-PEG20 treatment of ASS-negative SCLC xenografts caused significant, dose-dependent inhibition of tumour growth of both small and established tumours.

CONCLUSION: These results suggest a role for ADI-PEG20 in the treatment of SCLC, and a clinical trial exploring this therapeutic approach in patients with ASS-negative SCLC by IHC has now been initiated.

British Journal of Cancer (2012) 106, 324–332. doi:10.1038/bjc.2011.524 www.bjcancer.com
Published online 1 December 2011
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Keywords: arginine deiminase; SCLC; argininosuccinate synthetase; in vivo; autophagy

Small cell lung cancer (SCLC) is characterized by a strong initial response to chemotherapy, although the majority of patients go on to relapse (Dowell, 2010; Rodriguez and Lilienbaum, 2010). In those patients for whom first-line chemotherapy fails, the chance of response to secondary treatments remains around 10%, and overall survival in these patients is only 3–4 months. Further, current treatment lacks tumour specificity and results in numerous toxicities, and may consequently limit the administration of therapeutics to below the maximally effective dose (Demedts et al, 2010; Dowell, 2010; Rodriguez and Lilienbaum, 2010). This situation highlights the need for the continued development of effective anti-cancer agents with high therapeutic indices.

Increased understanding of tumour biology has allowed for the identification of various cellular characteristics more associated with malignancy than normal tissues, and the subsequent development of therapeutics designed to exploit these differences. Although progression to a malignant phenotype may confer cancer cells with various proliferative advantages over normal cells, this process may also lead tumours to lose certain regular metabolic capabilities (Kroemer and Pouyssegur, 2008; Tennant et al, 2010). Indeed, certain tumours have been shown to lack expression of the enzyme argininosuccinate synthetase (ASS) required for the synthesis of arginine through the urea cycle, and therefore these tumours must rely on exogenous sources for protein synthesis requirements (Feun et al, 2008; Delage et al, 2010). Interestingly, loss of ASS expression has been observed as a biomarker for resistance to platinum-based chemotherapy in ovarian cancer and as a predictor of metastases in osteosarcoma, highlighting the complex role amino-acid metabolism has in the overall functioning of cells (Nicholson et al, 2009; Delage et al, 2010; Kobayashi et al, 2010). Thus, loss of ASS expression may be both prognostic and potentially predictive of response to arginine deprivation therapy.

Loss of ASS expression has been most widely associated with melanoma and hepatocellular carcinoma, although it has now been identified in other tumour types including pancreatic cancer, leukaemia, prostate cancer and renal cell carcinoma (Gong et al, 2008; Ensor et al, 2002; Yoon et al, 2007; Bowles et al, 2008; Kim et al, 2009b). Conversely, other tumour types such as colorectal cancer most often demonstrate robust expression of ASS (Shen et al, 2006; Shen et al, 2006). The loss of ASS in certain tumours is thought to be through epigenetic silencing through hypermethylation of the ASS gene promoter, although this has not been observed in all ASS-deficient cancers (Szlosarek et al, 2006; Nicholson et al, 2009). Poorly characterized post-translational silencing or recessive mutations may also be responsible for the loss of ASS expression observed in disparate tumour types.

The reliance of ASS-deficient cancers on exogenous arginine for continued growth initiated the development of therapeutics aiming to deprive such tumours of arginine through systemic catabolism. Arginine deiminase (ADI) is a bacterial enzyme originally isolated...
from various strains of Mycoplasma and degrades arginine by hydrolyzing it to its precursor citrulline (Delage et al., 2010). As the bacterial enzyme is highly immunogenic in humans, therapeutic preparations of ADI have been conjugated with polyethylene glycol (20000 Da; ADI-PEG20) that serves to reduce the immunogenicity of the enzyme while greatly improving its pharmacokinetic half-life in serum (Feun and Savaraj, 2006; Feun et al., 2008; Ni et al., 2008). The precedent for a catabolic therapeutic enzyme targeting a specific amino acid is PEG-asparaginase (Oncozaps), which has been used successfully in the treatment of childhood acute lymphoblastic leukaemia due to its asparagine auxotrophy arising from a loss of the enzyme asparagine synthetase (Feun and Savaraj, 2006).

As it was first apparent that many melanomas are auxotrophic for arginine, the majority of studies assessing ADI-PEG20 and other arginine catabolizing enzymes have been undertaken in this tumour type (Feun and Savaraj, 2006; Shen and Shen, 2006; Ni et al., 2008). Treatment of ASS-deficient melanoma and hepatocellular carcinomas with ADI-PEG20 has been observed to mediate inhibition of growth in vitro and the retardation of tumour growth in xenografts (Sugimura et al., 1992; Takaku et al., 1992; Ensor et al., 2002). Clinical trials of ADI-PEG20 have followed in both melanoma and hepatocellular carcinoma (Izzo et al., 2004; Ascieto et al., 2005; Delman et al., 2005; Ott et al., 2009; Feun et al., 2010; Glazer et al., 2010; Yang et al., 2010). Pharmacodynamic results from these studies demonstrated that a dose of 160 IU m−2 ADI-PEG20 was sufficient to reduce plasma arginine levels from ~130 μM to below the level of detection (<2 μM). Further, these trials provided some indication of clinical response to arginine deprivation therapy, with ADI-PEG20 achieving response rates of 25% and 47% in melanoma and hepatocellular carcinoma, respectively (Izzo et al., 2004; Ascieto et al., 2005; Delman et al., 2005). However, similar rates of sustained clinical responses have not been observed in further larger studies of ADI-PEG20 in metastatic melanoma or hepatocellular carcinoma, although an apparent increase in overall survival has been observed (Feun et al., 2010; Glazer et al., 2010; Yang et al., 2010). The current study is the first to examine the extent of arginine auxotrophy in SCLC and to explore the effectiveness of ADI-PEG20 arginine deprivation therapy in this disease.

MATERIALS AND METHODS

Cell lines, antibodies and chemicals

A panel of 10 SCLC was obtained from the cell bank of the Ludwig Institute for Cancer Research, New York Branch at Memorial Sloan-Kettering Cancer Center (MSKCC). Cells were either established at MSKCC or purchased from the American Type Culture Collection (ATCC; Manassas, VA, USA). Cells were grown in RPMI-1640 media supplemented with 10% v/v fetal calf serum, 5% v/v penicillin/streptomycin (penicillin G 5000 units ml−1 per streptomycin sulphate 5000 mg ml−1 and 1% l-glutamine. Celluar expression of ASS by western blot was assessed using an anti-ASS antibody (Clone 25, BD Biosciences, San Jose, CA, USA). LC3B (Cell Signaling, Danvers, MA, USA), active caspase-3 (Cell Signaling), total caspase-3 (Invitrogen Life Technologies, Carlsbad, CA, USA) and actin (GeneTex, Irvine, CA, USA) were used according to the manufacturer’s instructions. Topotecan hydrochloride was obtained from Axxora (San Diego, CA, USA) and chloroquine was obtained from Sigma-Aldrich (St Louis, MO, USA).

Immunohistochemistry

Tumours and normal tissues were stained using anti-ASS antibody 195-21-1 (LICR, New York, NY, USA), as detailed in Jungbluth et al. (2010).

Western blot analysis

Whole-cell lysates of SCLC cell lines were prepared in RIPA lysis buffer (Tris-HCl 50 mM, 0.05% SDS, 0.5% Na-deoxycholate, NaCl 150 mM, EDTA 5 mM plus protease inhibitor cocktail buffer (Roche Applied Science, Indianapolis, IN, USA). Protein amounts were determined using the Pierce BCA protein assay (Thermo Fisher Scientific, Rockford, IL, USA) and equal amounts of proteins were resolved by SDS–PAGE using 4–12% gels (NuPAGE, Invitrogen Life Technologies). Proteins were transferred to PVDF membranes (Millipore, Billerica, MA, USA), blocked with 5% BSA and probed with appropriate antibodies overnight at 4°C. Following washing, the membranes were then probed with the appropriate secondary antibody before proteins were finally visualized using ECL reagent (Perkin-Elmer, Fremont, CA, USA).

Quantitative-real time PCR

For RNA extraction, cell pellets were dissolved in 600 μl TRI Reagent solution (Ambion, Austin, TX, USA), and 60 μl bromochloropane was then added. Approximately two drops of optimum cutting temperature compound (Miles Inc., Elkhart, IN, USA) was then added to the tube and the mixture was vortexed and left to stand at RT for 2 min. After centrifugation at 14000 r.p.m. for 10 min, the supernatant was removed to a new tube where an equal volume of 100% isopropanol was added to precipitate the RNA. Following centrifugation at 14000 r.p.m., the RNA pellet was washed in 75% ethanol and again centrifuged before re-suspension in 50 μl warm water. The RNA concentration was determined using a nanophotometer (Implen Inc., Westlake Village, CA, USA).

For amplification of cDNA, 1.5 μg RNA was added to a cDNA reaction mixture comprising 10 × reaction buffer (Qiagen, Valencia, CA, USA), 5 μl dNTPase (Qiagen), Oligo DT (Qiagen), reverse transcriptase (Invitrogen Life Technologies) and RNase Out (Invitrogen) in a total volume of 20 μl. For quantitative-real time (qRT)-PCR reactions, 0.5 μl cDNA was mixed with a reaction mix containing 5 μl SYBRGreen (Invitrogen), 0.02 μl Rox, 0.2 μl primers, and water for a total reaction volume of 10 μl. For ASS, primers were used: F: 5’-TTTAAGCAGACGATACGACGGG-3’ and R: 5’-CCCATCCCGAGGTTATATAGCACA-3’. The qRT-PCR analysis was performed using a 7500 Fast Real-Time PCR system (Applied Biosystems, Carlsbad, CA, USA), with GAPDH used for normalization of expression. Relative quantification of gene expression (relative amount of target RNA) was determined using the equation 2−(ΔΔCT).

Proliferation assays

To assess the anti-proliferative effect of ADI-PEG20 on adherent cells, cells were plated a density of 2 × 104 cells per well in a tissue culture 96-microwell plate and allowed to adhere overnight. The following day, cells were treated with ADI-PEG20 (DesignRx Pharmaceuticals, Vacaville, CA, USA, a subsidiary of Polaris Group, San Diego, CA, USA) ranging from 0 to 100 μM. After incubation for 120 h, cell viability was determined using an MTS assay (3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium) (MTS, CellTiter 96 AQueous One Solution, Promega, Madison, WI, USA), according to the manufacturer’s protocol. Twenty micro-liters of MTS reagent was added to the appropriate control and assay wells before the plate was incubated for 2 h at 37°C and absorbance read at 490 nm. Absolute absorbance for each treatment was determined by subtracting the background MTS absorbance, and the mean and standard deviation was calculated. The effect of the autophagy inhibitor chloroquine (Sigma) on cell proliferation was assessed using the MTS assay. To assess the activity of ADI-PEG20 in non-adherent cells, cells were plated at a density of 1 x 105 cells per well in a tissue culture 24-well plate. Additional media was then added containing ADI-PEG20 for final concentrations ranging from
0–10 μIU ml⁻¹. To measure changes in proliferation following incubation with ADI-PEG20 for 120 h, cells were collected, washed and lysed in RIPA buffer. Total protein for each treatment was then determined using the BSA protein assay as a measure of total cell number. All treatments were performed at least in triplicate.

Propidium iodide staining for sub-G₁ staining

Apoptosis was measured by FACS of propidium-iodide-stained cells as detailed by Riccardi et al (Riccardi and Nicoletti, 2006). Cells were plated in 24-well plates and treated with ADI-PEG20 for 120 h. Cells were then harvested, washed and fixed in 70% ethanol. DNA was then stained using 20 μg ml⁻¹ propidium iodide containing 10 μg ml⁻¹ DNA-free RNAse A (Sigma-Aldrich). Cells were then read on a BD FACS Calibur (BD Biosciences) and analyzed using FlowJo Software (Tree Star, Ashland, OR, USA).

Small interfering RNA downregulation of ASS

To further assess the importance of cellular ASS expression in response to treatment with ADI-PEG20, expression of ASS was silenced through the use of ASS-specific siRNA. Small interfering RNA constructs were obtained from Integrated DNA Technologies (IDT, Coralville, IA, USA) against the ASS-coding region. Only siRNA constructs without any other transcript matches were selected for further experiments.

Argininosuccinate synthase-positive SW1222 were plated out at a density of 6 × 10⁵ cells per dish in 8 ml media in 100 mm tissue culture dishes and allowed to adhere overnight. For transfection, 10 μl of 10 μM ASS siRNA was added to 990 μl Opti-MEM media and 20 μl Lipofectamine 2000 reagent was diluted in 980 μl Opti-MEM media (Invitrogen Life Technologies). These mixtures were incubated for 5 min at RT before being mixed and incubated for a further 20 min at RT. The transfection mixture was then added to the cells and incubated for 24 h at 37°C. At this time, preparations of the transfected cells were lifted from the culture dish, and plated out in 96-well plates in order to assess the effect of ADI-PEG20 on the growth of the transfected cells. Additional cells incubated for a further 72 h before processing for PCR and western blot analysis.

Arginine deiminase-PEG20 in vivo efficacy study

The ASS-negative SCLC SK-LC-13 was found to be tumorigenic and was subsequently used to determine the efficacy of ADI-PEG20 in vivo. The activity of ADI-PEG20 was also assessed in mice bearing ASS-positive NCI-H69 SCLC xenografts. Small cell lung cancer xenografts were established in female BALB/c-nude mice, 3–4 weeks of age weighing ~20 g (Charles River Labs, Wilmington, MA, USA). To establish the tumours, 10 × 10⁶ cells in media were mixed 1:1 with Matrigel High Concentration (BD Biosciences) and injected subcutaneously in the abdominal area of the mice. Tumour growth was regularly measured and tumour volume calculated using the formula (TV = (length × width²)/2). All animal studies were approved by the MSKCC Institutional Animal Care and Use Committee and all mice were euthanized when tumours reached an approximate volume of 1000 mm³.

The anti-tumour efficacy of ADI-PEG20 was simultaneously assessed in mice bearing either moderate or large SK-LC-13 SCLC xenografts. In the first study, treatment was initiated once tumours had reached an average size of 125 mm³. In the large xenograft study, treatment was initiated once tumours had reached an average size of 500 mm³. Arginine deiminase-PEG20 was administered at doses of 1, 2 and 5 IU per animal once every 5 days for 20 days (five doses). To assess the effect of sustained dosing, further groups (n = 5) at all dose levels received continued administration of ADI-PEG20 every 5 days until tumours progressed to the 1000 mm³ size limit. Additionally, the efficacy of ADI-PEG20 was assessed in mice bearing ASS-positive NCI-H69 xenografts. Here, mice received five doses of 2 IU ADI-PEG20 for 20 days once tumour had reached an average size of 150 mm³. Arginine deiminase-PEG20 was administered by intraperitoneal injection in all studies. The specific activity of ADI-PEG20 used in these studies is 9 IU mg⁻¹ of protein. Thus, 1 IU of ADI-PEG20 per 20 g mouse is equivalent to 160 IU m⁻².

Measurement of serum arginine and citrulline

In order to determine the effect of ADI-PPEG20 treatment on systemic arginine levels, mice sera were analyzed using high-performance liquid chromatography (HPLC). L-arginine and l-citrulline were resolved with a Pickering Laboratories PCX 5200 post-column derivatization instrument (Pickering Laboratories, Mountain View, CA, USA) at 39°C reaction temperature and a fluorescence detector. All reagents, including the buffer and column, were used as suggested by Pickering Laboratories. Total ADI-PEG20 levels were measured by ELISA, as described previously (Holsberg et al, 2002).

Statistical analysis

Efficacy of ADI-PEG20 treatment in vivo was assessed by comparing means of control and treatment groups using unpaired two-tailed t-tests at the termination of control groups using GraphPad Prism (Version 5.0, GraphPad Software Inc., La Jolla, CA, USA). A 95% confidence level was used, with mean tumour volume declared significantly different if P < 0.05.

RESULTS

SCLC frequently lack expression of ASS

As the lack of ASS expression is generally associated with sensitivity to ADI, its expression was assessed in human SCLC tumours. As shown in Figure 1C, an initial immunohistochemistry (IHC) analysis of human SCLC tumours revealed that some SCLC had a near total lack of ASS expression. Approximately 45% (7 out of 16) of tumours in this initial analysis demonstrated little or no ASS expression. On the contrary, robust expression of ASS was apparent in normal tissues such as skin (Figure 1A) and other cancers such as colon carcinoma (Figure 1B; Jungbluth et al, 2010).

As the initial immunohistochemical analysis has shown a frequent loss of ASS expression in SCLC human tumours, we have assessed the expression status of ASS in a panel of SCLC cell lines. Western blot analysis revealed that 5 out of 10 (50%) of the tested SCLC cell lines lacked significant expression of ASS on the protein level (Figure 1D). The cellular expression of ASS as detected by western immunoblotting was similar using both the Clone 25 and 195-21-1 anti-ASS antibodies (data not shown). Analysis of mRNA levels using qRT-PCR demonstrated a general correlation between ASS mRNA and protein expression levels (Figure 1E).

Arginine deiminase-PEG20 inhibits the proliferation of ASS-negative SCLC cell lines in vitro

The effect of ADI-PEG20 on cell proliferation in vitro was assessed in both ASS-positive SCLC cells and those lacking expression of the enzyme. We included cells with both adherent and non-adherent growing tissue culture characteristics in these experiments. We found a clear dose-dependent decrease in proliferation in the adherent ASS-negative SCLC cell lines SK-LC-13 and SW1271. No effect is apparent on the growth of the adherent ASS-positive colon carcinoma cell line SW1222 (Figure 2A). As for non-adherent cells, ASS-positive cells demonstrated almost total resistance to the anti-proliferative effects of ADI-PEG20, whereas a relative decrease in proliferation was again observed in ASS-deficient cells following ADI-PEG20 treatment (Figure 2B). As the ADI-PEG20-sensitive cell line SK-LC-13 was determined
Arginine deiminase-PEG20 induces autophagy and caspase-independent apoptosis

As with more general nutrient starvation, the depletion of intracellular arginine by ADI has been observed to induce metabolic stress and subsequent cellular autophagy (Kim et al., 2009b; Savaraj et al., 2010). Subsequently, we assessed if treatment with ADI-PEG20 was able to induce cellular autophagy in SCLC by assaying for the formation of the autophagy-related protein LC3-II. Although some basal expression of LC3-II expression was observed in SK-LC-13, treatment with ADI-PEG20 resulted in a clear increase in the detectable cellular level of the protein. (Figure 3E). Chloroquine is a known inhibitor of autophagy that disrupts normal lysosomal functions, and thus results in an increase in the cellular level of LC3-II. Subsequently, cells treated with chloroquine as a positive control demonstrated very robust expression of LC3-II. Combined treatment of cells with ADI-PEG20 and chloroquine resulted in a small but significant (P = 0.008) decrease in viability relative to individual treatments, suggesting that inhibition of autophagy may enhance the efficacy of ADI-PEG20 (Supplementary Figure 1).

In order to determine the possible mechanism of the anti-proliferative effects of ADI-PEG20 a FACS analysis of apoptosis by sub-G1 DNA content was performed. Cells were treated for 72 h before the analysis was performed. Little apoptosis was detectable in untreated cells, while 25 nM topotecan, used as a positive control, was observed to cause apoptosis in around 45% of the SK-LC-13 cells (Figures 3A and B). Although not as effective as topotecan, incubation with 1.0 and 10 mIU ml⁻¹ ADI-PEG20 resulted in the induction of apoptosis in ∼6% and 16% of cells, respectively (Figures 3C and D). Although apoptosis was apparent by sub-G1 DNA content, no activation of caspases were observed following treatment of cells with ADI-PEG20 in contrast to topotecan-treated cells (Figure 3F).

Silencing of ASS expression induces sensitivity to ADI-PEG20

Following transfection with ASS-specific siRNA, the relative expression of ASS in ASS-positive cell lines was assessed with Real Time PCR. As shown in Figure 4A, transfection with ASS siRNA reduced ASS mRNA levels by ∼90% after 72 h incubation. Simultaneous western Blot analysis demonstrated a robust reduction in the expression of ASS protein levels in cells treated with ASS-specific siRNA (Figure 4B). However, some expression of
ASS remained under these conditions. Examination of cell viability using the MTS assay demonstrated that ASS-positive cells treated with ASS siRNA became sensitive to ADI-PEG20-induced arginine deprivation, resulting in reduced cell viability, whereas no decrease in viability was observed in control or scrambled siRNA-treated cells (Figure 4C).

Arginine deiminase-PEG20 inhibits the growth of SCLC xenografts

The anti-tumor efficacy of systemic treatment with ADI-PEG20 in vivo was assessed in BALB/c-nude mice bearing human SCLC xenografts. Separate studies were performed in mice with established tumours around 125 mm³, and in mice bearing larger (∼ 500 mm³) tumours at the start of treatment. In mice bearing moderately sized SK-LC-13 xenografts (124.6 ± 37.1 mm³), ADI-PEG20 caused a significant and dose-dependent reduction in tumour growth relative to control mice (Figures 5A – C). Control mice were euthanized at day 33 due to excessive tumour volume, at that time the mean tumour volume of control mice was significantly larger than those in the ADI-PEG20-treated mice groups, regardless of the dose or treatment schedule (P > 0.0001 for all treatment groups; Figure 5D). At completion of the study, tumours treated with continued dosing of 5 IU ADI-PEG20 every 5 days were significantly smaller than those dosed every 20 days (P = 0.0063). However, this effect was not observed at the 1 and 2 IU dose levels, as tumour growth proceeded at a comparable rate in groups receiving short and continued dosing. Subsequently, the mean tumour volumes of mice receiving short or continued ADI-PEG20 dosing were not significantly different at the termination of respective short dosing groups due to excessive tumour volume (1 IU: P = 0.251; 2 IU: P = 0.084). Treatment of ASS-positive NCI-H69 SCLC xenografts with ADI-PEG20 did not produce any effect on tumour growth (Supplementary Figure 2).
Increased with extended dosing at the 1 IU level, consistent with return of citrulline levels to baseline (Figure 5G). Citrulline levels to arginine, with a shorter course of ADI-PEG20 correlating with a
expected, which subsequently returned to normal levels 20 days

Little increase in citrulline levels was observed with continued dosing at the 2 and 51U dose levels.

In the second study of ADI-PEG20 in vivo, treatment was begun when tumours had grown to a relatively large size of 473.4 ± 161.0 mm³. A dose-dependent inhibition of tumour growth was again observed (Figures 6A–C), although this was not as significant as that observed in animals bearing smaller xenografts.

DISCUSSION
This study describes for the first time that a large proportion of SCLCs lack the expression of ASS, and that ASS-negative SCLC are sensitive to arginine deprivation therapy. Although patients with SCLC often demonstrate a robust initial response to chemotherapy, relapse rates remain high, highlighting the need for the development of novel therapeutic options in this disease. Argininosuccinate synthetase deficiency in SCLC was first identified in an initial study using IHC, where ∼50% of human tumours examined were found to lack expression of the enzyme (Jungbluth et al, 2010). A similar ratio of ASS deficiency was
observed in a subsequent analysis of a panel of 10 available SCLC cell lines, with 5 cell lines demonstrating little to no ASS expression and 5 others demonstrating moderate to high levels of enzyme expression. Although the frequency of ASS deficiency does not equal the almost total absence of expression as reported in melanoma, it remains that 50% of the nearly 30,000 new cases of SCLC reported in the United States each year may be susceptible to arginine deprivation therapy.

Establishing preferential sensitivity to ADI-PEG20 in ASS-deficient SCLC tumour cells was an essential component in assessing the efficacy of ADI-PEG20 in SCLC. In vitro studies using both adherent and non-adherent ASS-deficient SCLC cell lines demonstrated that ADI-PEG20 caused dose-dependent anti-proliferative efficacy. These results support previous reports that have identified differential sensitivity to ADI in diverse cancers such as leukaemia and pancreatic cancer based upon the endogenous or inducible levels of ASS (Shen et al., 2003; Dillon et al., 2004; Noh et al., 2004; Yoon et al., 2007; Bowles et al., 2008). In SW1222 cells that express high levels of ASS, sensitivity to arginine deprivation by ADI-PEG20 could be induced by the reduction of ASS expression by ASS-specific siRNA. This sensitivity was not observed in cells transfected with control siRNA that retained high ASS expression. These results indicate that loss of ASS protein is associated with the anti-proliferative effects of ADI-PEG20 in otherwise identical cells and further validates the relative sensitivities observed in SCLC cancers of differing ASS expression.

Treatment of SCLC with ADI-PEG20, and the resultant depletion of arginine by ADI-PEG20 to induce cellular autophagy, as evidenced by the detection of the autophagic marker LC3-II. The induction of autophagy as measured by the formation of LC3-II appears to be a relatively ubiquitous response to ADI-PEG20 treatment in cell lines and has been observed in cells that seem to progress to both caspase-dependent and -independent apoptosis (Delage et al., 2010; Savaraj et al., 2010). Although the induction of autophagy is associated with the mechanism of action of some cancer therapeutics, it appears that autophagy is an early protective response to cellular arginine deprivation in ADI-PEG20-treated cells (Kondo et al., 2005; Savaraj et al., 2010). A similar induction of cyto-protective autophagy has been observed in response to general amino-acid deprivation (Kondo et al., 2005; Steiger-Barraissoul and Rami, 2009; Savaraj et al., 2010). As inhibition of arginine-deiminase (ADI) by ADI-PEG20 results in degradation of all available cellular arginine and depletion of endogenous arginine pools, the anti-proliferative effects of ADI-PEG20, the combination of ADI-PEG20 with 25μM of the autophagy inhibitor chloroquine was assessed in vitro (Kim et al., 2009b). However, the combination only induced a moderate, albeit significant (P = 0.008), increase in the anti-proliferative effect of ADI-PEG20 in SCLC cells (Supplementary Figure 1).

Treatment of SCLC with ADI-PEG20 caused a moderate increase in the population of cells in sub-G1 peak following staining with propidium iodide, suggesting that these cells had undergone apoptosis, as had been observed in the treatment of ASS-negative leukaemia, retinoblastoma and prostate cancer (Gong et al., 1999, 2000; Noh et al., 2004; Kim et al., 2007, 2009b; Bowles et al., 2008). Western blotting of ADI-PEG20-treated xenografts revealed a novel cell death pathway that was not evident in ASS+/+ xenografts. In contrast to those observed by Kim et al (2009a, b), that found that ADI-PEG20 caused caspase-independent apoptosis in prostate cancer cell lines. In contrast, Bowles et al (2008) observed caspase-dependent apoptosis following treatment of pancreatic cancer cells with ADI, suggesting that different tumour types may respond differently to the effects of arginine deprivation. Similarly, restriction of methionine has been observed to induce caspase-dependent apoptosis in HeLa cells, while it induced caspase-independent death in PC-3 prostate cancer cells (Lu et al., 2003). The overall cellular response to arginine deprivation induced by ADI-PEG20 in SCLC cells appears to operate through a complex mechanism involving an initial metabolic response seen in the induction of autophagy, followed by caspase-independent cell death. The precise cellular pathways responsible for ADI-PEG20-induced cell death seem to be variable, and have not yet been fully elucidated (Bursch et al., 2008; Kim et al., 2009a; Savaraj et al., 2010).

In vivo studies in mice revealed that growth of SK-LC-13 xenografts was abrogated by ADI-PEG20 in a dose-dependent manner. Significant anti-tumor activity was observed at the 1, 2 and 5 IU dose per animal doses. Importantly, although more robust inhibition of tumour growth was observed in mice bearing smaller (~120 mm³) established tumours, ADI-PEG20 also demonstrated significant anti-tumor efficacy in mice bearing large (~500 mm³) xenografts. Although direct comparison with other tumour types is difficult, the anti-tumor efficacy observed with ADI-PEG20 in SCLC xenografts is similar to that observed using equivalent doses of ADI-PEG20 in different tumour types including renal, pancreatic and prostate cancer xenografts. Although continued treatment with ADI-PEG20 did not induce more significant tumour inhibition at all of doses investigated, the efficacy observed with long-term administration of 5 IU ADI-PEG20 suggests that continued treatment of ADI-PEG20 may be advantageous in the clinical assessment of ADI in SCLC. As the in vivo data suggests ADI-PEG20 may often lead to tumour stabilization rather than an absolute reduction in tumour volume, it is likely that assessment of clinical efficacy will need to include measures such as overall survival.

To date, the majority of clinical studies assessing the efficacy of ADI-PEG20 in patients with ASS-negative tumours have used doses <160 IU m⁻², as the ‘Optimal Biological Dose’ was able to reduce serum arginine <2 μM (Izzo et al., 2004; Acierno et al., 2005; Delman et al., 2005; Glazer et al., 2010). Although these doses are well tolerated and some signs of disease stabilization have been observed, they have yet to produce sustained tumour responses in these patients (Izzo et al., 2004; Acierno et al., 2005). Analysis of serum in ADI-PEG20 treated mice in this study indicated that although lower doses are able to effectively reduce plasma arginine levels to below the limit of assay detection, levels of citrulline are observed to rise with continued dose escalation. As citrulline levels in ADI-PEG20 treated mice are directly associated with degradation of arginine to citrulline through the enzymatic activity of ADI, rising citrulline levels are indicative of continued breakdown of systemic arginine. Subsequently, it is apparent that reduction in plasma arginine levels to very low levels does not signify that biochemical neutrality of systemic arginine had been reached. Therefore, further dose escalation may be required for the total removal of systemic arginine that is considered necessary for the greatest efficacy of arginine deprivation therapies such as ADI (Feun et al., 2010).

In spite of the likely benefits of aggressive dosing with ADI, impediments to higher doses in patients have been observed in the clinical assessment of ADI-PEG20 due to limitations of the volume administered via the intramuscular injection route used. Subsequently, injections at multiple sites or alternative routes may need to be investigated for greater dose escalation. Additionally, although pegylation dramatically reduced the immunogenicity of ADI, the potential for apegylated ADI-PEG20 does not signify that biochemical neutrality of systemic arginine had been reached. Therefore, dose escalation may be required for the total removal of systemic arginine that is considered necessary for the greatest efficacy of arginine deprivation therapies such as ADI (Feun et al., 2010).

Additionally, prolonged treatment with ADI-PEG20 may lead to the induction of ASS expression and the activation of other cellular pathways associated with resistance to apoptosis, possibly limiting the overall treatment window for ADI (Shen et al., 2003; Tsai et al., 2009; Kim et al., 2009b; Delage et al., 2010). Small cell lung cancer xenografts treated continuously with 5 IU ADI-PEG20 study demonstrated a sustained response to ADI-PEG20 for the 90-day
period of the study, suggesting that at least at this dose, profound resistance to the anti-proliferative effect of ADI-PEG20 had not been induced. However, it is possible that in the clinical setting, ADI-PEG20 resistant tumours could arise in SCLC, as has been observed in melanoma cell lines (Tsai et al, 2009). Further studies will aim to assess whether any induction of ASS is observed following treatment of SCLC with ADI-PEG20, and whether resistance to ADI-PEG20 subsequently becomes apparent in the SCLC tumour models. The possibility of induced resistance again highlights the likely benefit from relatively aggressive treatment regimes and provides the rationale for combination of ADI-PEG20 with other therapies with distinct mechanisms of action. Subsequently, the combination of ADI-PEG20 with other drugs aiming to enhance the efficacy of ADI or complement it through separate cell death mechanisms is under active investigation (Noh et al, 2004; Delman et al, 2005; Feun et al, 2008; Kim et al, 2009b; Delage et al, 2010). The widespread absence of ASS expression in SCLC and the encouraging anti-tumor activity observed in the current study suggest that further exploration of ADI-PEG20 in the treatment of SCLC is warranted. As a result of these preclinical studies, a clinical trial of arginine deprivation therapy with ADI-PEG20 in patients with ASS-negative SCLCs has been initiated.

ACKNOWLEDGEMENTS

We would like to thank Dr Lars Stelter for interesting discussions and Drs Bernardo Reis and Takemasa Tsuji for assistance with qRT-PCR and FACS analysis, respectively. This work was supported by a grant from The Atlantic Philanthropies.

Supplementary Information accompanies the paper on British Journal of Cancer website (http://www.nature.com/bjc)

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