Therapeutic effect of protease-activated receptor 2 agonist SLIGRL-NH$_2$ on loperamide-induced Sprague-Dawley rat constipation model and the related mechanism

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Purpose: To investigate the therapeutic effects of protease-activated receptor 2 (PAR-2) agonist SLIGRL-NH$_2$ on loperamide-induced Sprague-Dawley (SD) rat constipation animal models.

Materials and methods: Loperamide was injected subcutaneously to induce constipation twice a day for 3 days. SD rats ($n=30$) were randomly divided into five groups: non-constipation group (control, $n=6$), constipation group (constipation, $n=6$), constipation + SLIGRL-NH$_2$ low-dosage group (SLIGRL-NH$_2$ low, $n=6$), constipation + SLIGRL-NH$_2$ high-dosage group (SLIGRL-NH$_2$ high, $n=6$), and constipation + prucalopride (positive control, $n=6$). The SLIGRL-NH$_2$ low group and SLIGRL-NH$_2$ high group were administered with 2.5 µmol/kg and 5 µmol/kg SLIGRL-NH$_2$, respectively, and the prucalopride group received 2 mg/kg prucalopride. The control and constipation group received 1× PBS under the same pattern. SLIGRL-NH$_2$ and prucalopride were orally administrated once daily for 7 days. On the final day of oral administration, food intake, water intake, the number of stool pellets, weight, and fecal water content was calculated; moreover, the colons of rats in different groups were collected and histological features were examined by hematoxylin and eosin staining; furthermore, the expression of anoctamin-1 was determined by Immunohistochemical methods, and the expressions of c-kit and PAR-2 were examined using real-time quantitative polymerase chain reaction and Western blot methods; finally, the expressions of neurotransmitter vasoactive intestinal peptide (VIP) and substance P (SP) were examined using enzyme-linked immuno sorbent assay methods.

Results: The feeding and excretion behaviors, intestinal transit ratio, and the histological feature of the colon in the constipated rats were all improved by SLIGRL-NH$_2$ treatment; moreover, SLIGRL-NH$_2$ treatment induced significant increase in the expression of PAR-2 and also increased number of interstitial Cajal cells. Furthermore, SLIGRL-NH$_2$ also decreased the contents of the inhibitory neurotransmitter VIP and increased the expression of the excitatory neurotransmitter SP. High dose of SLIGRL-NH$_2$ has shown similar anti-constipation effects as prucalopride.

Conclusion: These results suggested that SLIGRL-NH$_2$ can enhance gastrointestinal transit and alleviate in rats with loperamide-induced constipation.

Keywords: constipation, PAR-2, SLIGRL-NH$_2$, loperamide, interstitial Cajal cells

Introduction

Constipation is a common gastrointestinal disorder characterized by difficulties during defecation, infrequent bowel movements, hard and dry feces, and incomplete bowel
evacuation. A variety of therapies have been developed to treat constipation; however, at current stage, there is no golden standard for treating constipation, and the best method for treatment of constipation is to include more fiber into the diet of the patients, recommend the patients to drink plenty of fluids, and do more exercise. In clinical applications, chemical laxatives, for example, gaviscon, correctol, senokot, and senna, have often been used to help patients pass the stool. However, most of these chemicals have undesirable side effects, which can cause damage to the cardiovascular system, for example, contraction of the artery and even myocardial infarction. Therefore, to identify novel medications with minimal side effects is a great need for treatment of constipation.

Protease-activated receptor 2 (PAR-2) belongs to the family of the PARs, and it is a transmembrane protein that couples to the guanosine nucleotide binding proteins. In human body, PAR-2 is widely expressed in different tissues. PAR-2 can be activated by the stimulation of different factors, for example, inflammation, bacterial infection, and endogenous trypsin. PAR-2 has also been reported to participate in the pathogenesis of many gastrointestinal diseases, however, the relationship between PAR-2 and constipation still requires further investigation.

Interstitial Cajal cells (ICCs) are a population of cells that can regulate gastrointestinal motility. It has been observed in previous studies that submucosal ICCs can generate smooth muscle electrical slow waves that determine the contractile activity of the smooth muscle. Decreased number of ICCs have been observed in the colon tissue samples of patients with constipation, which has been recognized as an important reason for disrupted motility of colon in constipation. However, to our knowledge, studies on relationship between PAR-2 and ICC were limited.

Loperamide is a peripheral m-opioid receptor agonist, and it has been widely applied for establishing constipation animal models. In the present study, we will focus on the effect of PAR-2 agonist SLIGRL-NH$_2$ on loperamide-induced Sprague-Dawley (SD) rat constipation models. We hypothesized that SLIGRL-NH$_2$ can alleviate the symptoms of constipation by increasing the number of ICCs, and results of our study may provide novel methods for treatment of constipation with improved therapeutic efficacy.

Materials and methods

Animals and treatment

The animal studies have been approved by the Animal Ethics Committee of The First People’s Hospital of Lianyungang. Thirty adult SD rats (all males, 3–4 weeks, weight 50–80 g) were maintained in a specific pathogen-free state at 23°C ± 2°C and 50% ± 10% humidity under 12/12 hours of light–dark cycle with ad libitum and standard diet and water. Rats (n = 30) were randomly divided into five groups: non-constipation group (control, n = 6), constipation group (constipation, n = 6), constipation + 2.5 μmol/kg SLIGRL-NH$_2$ group (SLIGRL-NH$_2$ low, n = 6), constipation + 5 μmol/kg SLIGRL-NH$_2$ (SLIGRL-NH$_2$ high, n = 6), and constipation + prucalopride (positive control, n = 6). The dose of the SLIGRL-NH$_2$ was determined as described by Kim et al. Constipation was induced by subcutaneous injection of loperamide (4 mg/kg) twice a day for 3 days, and the rats in the control group was injected with saline. After establishing the constipation models, the SLIGRL-NH$_2$ low group and SLIGRL-NH$_2$ high group were orally administered with 2.5 μmol/kg and 5 μmol/kg SLIGRL-NH$_2$, respectively, and the prucalopride group received 2 mg/kg prucalopride.

The control and constipation group received 1× PBS. Seven days after different treatment, all rats were sacrificed, and the colon and small intestines were collected and divided into two parts, one part was embedded with paraffin and the other part was stored in liquid nitrogen until future analysis. This study has been performed in strict accordance with the guideline for the care and use of laboratory animals of the National Institutes of Health.

Evaluation of the feeding and excretion behaviors of the rats

On the final day of oral administration, the food intake and water intake of all the rats were recorded. The stool pellets of each rat were collected and numbers as well as weights of the pellets were recorded. The fecal moisture content was calculated according to the following equation: Fecal moisture content (%) = [(wet weight – dry weight) ÷ wet weight] × 100.

Intestinal transit ratio

Intestinal transit ratio was determined as described previously. Briefly, on the final day of the experiment, 10% charcoal aqueous suspension was prepared and administered orally at a volume of 2 mL. Forty minutes later, all rats were sacrificed and small intestines were collected, and total length as well as the distance covered by the charcoal were measured. The intestinal transit ratio was calculated as follow: Intestinal transit ratio (%) = (distance covered by the charcoal + the length of the small intestine) ÷ 100.
Hematoxylin and eosin (H&E) staining

The colons were collected from the rats and fixed with 10% formalin for 48 hours and then embedded with paraffin and sectioned into 5 µm slices. The sections were then stained with H&E (Sigma-Aldrich Co., St. Louis, MO, USA) using previously described methods. Then the morphological features of the colon samples were observed by light microscopy (Leica Microsystems, Wetzlar, Germany).

Real-time quantitative polymerase chain reaction (RT-qPCR)

Total RNAs were extracted from the colon tissue samples of the rats using TRIzol (Thermo Fisher Scientific, Waltham, MA, USA), and RT-qPCR has been performed to examine the expressions of c-kit and PAR-2 in different tissue samples using the SYBR ExScript RT-PCR kit (TaKaRa Bio Inc., Kusatsu, Japan). ABI 7300 RT PCR System (Thermo Fisher Scientific, Waltham, MA, USA) has been used for the amplification process. The thermo-cycling profiles were as follow: 95°C for 30 seconds; followed by 40 cycles of 95°C for 5 seconds and 60°C for 30 seconds. Primers were all synthesized by Sangon Biotech Engineering (Shanghai) Co. Ltd. (Shanghai, China). The relative expression of c-kit and PAR-2 in each sample was normalized to the level of glyceraldehyde 3-phosphate dehydrogenase (GAPDH) using the $2^{-\Delta\Delta Ct}$ method. In Figure 1, the relative expressions of c-kit and PAR-2 in other groups were presented as fold changes of the $2^{-\Delta\Delta Ct}$ value compared to the average $2^{-\Delta\Delta Ct}$ value of the control group, and the average $2^{-\Delta\Delta Ct}$ value of the control group was set as onefold. The sequences of the primers were as follow: PAR-2, forward: 5′-GACTTTTCTCTCGGTGCGTCC-3′; reverse: 5′-CCCCATAAATCCAGTTGTTGCC-3′. C-kit, forward: 5′-CCGCACGCACTTCTATAGAT-3′; reverse: 5′-TCAGGACCTTCAGTTCCGACA-3′, GAPDH, forward: 5′-AGAAGGCTGGGGCTCATTTG-3′; reverse: 5′-AGGGGCCATCCACAGTCCT-3′.

Figure 1 Effect of SLIGRL-NH$_2$ on the expression of PAR-2 and c-kit in colons of loperamide-induced constipated rats.

Notes: (A) Relative mRNA expression of PAR-2 and c-kit in different groups by RT-qPCR. (B) Relative protein expression of PAR-2 and c-kit in different groups by Western blot. *p<0.05 versus constipation, **p<0.01 versus constipation, ***p<0.001 versus constipation.

Abbreviations: PAR-2, protease-activated receptor 2; RT-qPCR, real-time quantitative polymerase chain reaction.
Western blotting
The colon tissues of the rats were lysed by radioimmunoprecipitation assay buffer (Beyotime Institute of Biotechnology, Haimen, China), and the concentration of the protein in each sample was determined by bicinchoninic acid kit (Beyotime Institute of Biotechnology). Then electrophoresis was performed, and the proteins on the gel were transferred onto polyvinylidene fluoride membranes (MilliporeSigma, Burlington, MA, USA). Next, the membranes were blocked by 5% nonfat milk and incubated with the primary antibodies (anti-c-kit cat. ab32363, 1:1,000, anti-PAR-2 cat.ab138479, 1:1,000 and anti-GAPDH cat.ab9485, 1:2,000, all purchased from Abcam plc, Cambridge, UK) overnight at 4°C. On day 2, the membranes were washed and incubated with horseradish peroxidase conjugated secondary antibodies (cat.ab6721, 1:5,000, purchased from Abcam plc) at room temperature for 45 minutes. Finally, the membranes were washed again and incubated with the enhanced chemiluminescent reagent (Beyotime Institute of Biotechnology). The signals were detected using Tanon 6100 Chemiluminescent Imaging System (Tanon Science & Technology Co., Ltd., Shanghai, China).

Immunohistochemical (IHC) analysis
Tissue samples were embedded with paraffin and sectioned into 4 mm slides for the immunohistochemistry analysis. IHC was performed with ready-to-use immunohistochemistry hypersensitivity UltraSensitiveTM S-P kit (Maxim Integrated, San Jose, CA, USA) following the manufacturer’s protocols. Briefly, the tissue sections were deparaffinized and rehydrated, and then heat-fixed with the protein-blocking solution. Sections were subsequently incubated with primary antibodies (anti-anoctamin-1 [ANO1], cat.ab64085, 1:100, Abcam plc), followed by horseradish peroxidase-labeled secondary antibody. Diaminobenzidine was used for colorization.

Enzyme-linked immunosorbent assay (ELISA)
To examine the expressions of substance P (SP) and vasoactive intestinal peptide (VIP) in the colons of the rats, 100 mg colon of each rat was homogenated in PBS and centrifuged. The supernatants were collected and detected by SP or VIP ELISA kits (all purchased from Biocalvin, Suzhou, China) according to the manufacturer’s protocol.

Statistical analysis
All statistical analysis was performed using SPSS 19.0 software (IBM Corporation, Armonk, NY, USA). Data were presented as mean ± standard deviation, and one-way analysis of variance was performed for the comparison between multiple groups. \( p<0.05 \) has been considered as significant.

Results
Effect of SLIGRL-NH\(_2\) on the feeding and excretion behavior of loperamide-induced constipated rats
First of all, we investigated the effect of SLIGRL-NH\(_2\) on the feeding and excretion behaviors of the constipated rats. It was observed that compared with the control group, loperamide induced significant decrease in the food and water intake of the rats, while high dose of SLIGRL-NH\(_2\) and prucalopride treatment increased the food and water intake of the constipated rats (Table 1). The effect of low dose of SLIGRL-NH\(_2\) on the feeding behavior of the rats is not significant \((p>0.05)\); moreover, loperamide also induced marked decrease in the fecal parameters of the rats, including the number, weight, and water contents of the fecal pellets. On the other hand, high dose of SLIGRL-NH\(_2\) and prucalopride treatment improved the fecal parameters of the constipated rats (Table 2, \( p<0.05 \)).

Effect of SLIGRL-NH\(_2\) on the intestinal transit ratio of loperamide-induced constipated rats
Next, we further explored the effect of SLIGRL-NH\(_2\) on the intestinal transit ratio of the constipated rats. As shown in Table 3, loperamide treated rats have shown significant decrease in the intestinal transit ratio compared with the control group \((p<0.05)\), and SLIGRL-NH\(_2\) treatment significantly increased the intestinal transit ratio of the constipated rats in a dose-dependent manner. Prucalopride treatment has shown similar effect as the high dose of SLIGRL-NH\(_2\).

Effect of SLIGRL-NH\(_2\) on histological features of colon in loperamide-induced constipated rats
Furthermore, colons of the rats were collected and embedded with paraffin, and H&E staining has been performed to investigate the effect of SLIGRL-NH\(_2\) on the histological parameters of the colon of the rats. Table 1 shows similar effect as the high dose of SLIGRL-NH\(_2\).

### Table 1 Effect of SLIGRL-NH\(_2\) on the feeding behavior of rats in different groups (mean ± standard deviation)

| Groups          | Food intake (g/d) | Water intake (mL/d) |
|-----------------|-------------------|---------------------|
| Control         | 19.23 ± 2.31      | 15.7 ± 2.21         |
| Constipation    | 11.80 ± 1.92      | 11.2 ± 1.78         |
| SLIGRL-NH\(_2\) low | 12.28 ± 2.17     | 12.1 ± 1.93         |
| SLIGRL-NH\(_2\) high | 14.85 ± 2.25     | 13.2 ± 1.56*       |

Note: \(*p<0.05\) versus constipation group.
features of the constipated rats. We have observed a significant decrease in the thickness of the muscle layer, the number of goblet cells, and enterocytes in constipation group compared with the control group. On the other hand, the above histological features were significantly improved by the treatment of SLIGRL-NH₂ or prucalopride (Figure 2 and Table 4, p<0.05) compared with the constipation group.

**Effect of SLIGRL-NH₂ on the expression of ANO1, PAR2, c-kit, and neurotransmitter VIP and SP in colons of loperamide-induced constipated rats**

Finally, we investigated the underlying mechanism of the therapeutic effect of SLIGRL-NH₂ for the treatment of constipation. The expressions of ANO1, PAR-2, c-kit, VIP, and SP in the colons of rats in different groups were examined. Using IHC methods, we observed that the expression of ANO1 was significantly increased by SLIGRL-NH₂ or prucalopride treatment (Figure 3); moreover, as a PAR-2 agonist, SLIGRL-NH₂ treatment induced significant increase in the expression of PAR-2 in constipated rats, while on the other hand, prucalopride had no significant effect on the expression of PAR-2 in constipated rats (Figure 1); furthermore, SLIGRL-NH₂ or prucalopride also induced significant increase in the expression of c-kit, which a biomarker of ICCs, on both mRNA and protein level, and also lead to significant decrease in the contents of inhibitory neurotransmitter VIP and increased the expression of excitatory neurotransmitter SP (Figure 4, p<0.05).

**Table 2** Effect of SLIGRL-NH₂ on the excretion behavior of rats in different groups (mean ± standard deviation)

| Groups           | Fecal pellet number (n) | Fecal pellet weight (g) | Fecal water content (%) |
|------------------|-------------------------|-------------------------|-------------------------|
| Control          | 63.91 ± 8.39            | 0.53 ± 0.08             | 56.61 ± 2.91            |
| Constipation     | 34.57 ± 6.87            | 0.29 ± 0.02             | 31.45 ± 2.13            |
| SLIGRL-NH₂ low   | 47.32 ± 7.58*           | 0.29 ± 0.04             | 49.72 ± 1.85*           |
| SLIGRL-NH₂ high  | 54.29 ± 9.31*           | 0.38 ± 0.05*            | 52.68 ± 1.46*           |

*Note: *p<0.05 versus constipation group.

**Discussion**

In the present study, we have explored the therapeutic effect of PAR-2 agonist SLIGRL-NH₂ on loperamide-induced rat constipation models. We observed that SLIGRL-NH₂ can alleviate the symptoms of constipation through increasing the number of ICCs in the colons of constipated rats. Our results have provided novel evidences that SLIGRL-NH₂ can improve the feeding and excretion behaviors, and also improve the neuronal functions of the constipated rats.

Nowadays, the options for the management of chronic constipation were limited. Current methods for treatment of constipation include laxatives, saline, stimulants, and osmotics; however, in more than 50% of the cases, the therapeutic effects of current methods were unsatisfactory, which highlights the importance of searching for a more effective medication with improved therapeutic efficacy. The effects of PAR-2 on gastrointestinal transit function have been discussed in many previous studies. However, it is still controversial whether PARs can exert inhibitory or excitatory effect on gastrointestinal motility. PAR-2-derived receptor-activating peptide SLIGRL-NH₂ can facilitate the gastrointestinal transit in a dose-dependent manner in mice, and the other study demonstrated that the activation of PAR-2-induced biphasic motor responses in the motility of gastrointestinal by enhancing spontaneous contractility and relaxation at the early phase (14 days) and excitation at the late phase (30 days). In current studies, the laxative effects of drugs were commonly evaluated by measuring the feeding and excretion parameters, including the food and water intake, the number, weight, and water content of the fecal pellets; moreover, the changes in the histopathological features of the colon, such as thickness of the muscle layer, the number of goblet cells, and enterocytes may also reflect the therapeutic efficacy of the drug. Loperamide has been known to increase the evacuation time of the stools, and on the other hand, also delayed the movement of the intestinal wall. In the present study, we used loperamide to establish the constipation rat models. Prucalopride is a selective 5-HT4 receptor agonist, and it has been widely used in many countries as one of the first-line medication for the management of chronic constipation. In the present study, prucalopride has been used as the positive control. We observed that administration of either prucalopride or SLIGRL-NH₂ significantly improved loperamide-induced decrease in food intake, water intake, the number, weight, and water contents of the fecal pellets of the constipated rats; moreover, prucalopride, 2.5 µmol/kg and 5 µmol/kg SLIGRL-NH₂ also increased in the thickness of the muscle layer, the number of goblet cells, and enterocytes

**Table 3** Effect of SLIGRL-NH₂ on the intestinal transit ratio of loperamide-induced constipated rats (mean ± standard deviation)

| Groups           | Intestinal length (cm) | Intestinal transit length (cm) | Intestinal transit ratio (%) |
|------------------|------------------------|-------------------------------|-----------------------------|
| Control          | 114.13 ± 9.52          | 85.00 ± 6.12                  | 74.56 ± 4.76                |
| Constipation     | 103.67 ± 8.87          | 49.17 ± 3.54                  | 47.43 ± 2.85                |
| SLIGRL-NH₂ low   | 95.57 ± 10.01          | 69.83 ± 2.96                  | 73.05 ± 5.23*               |
| SLIGRL-NH₂ high  | 89.67 ± 7.24           | 68.19 ± 3.15                  | 79.08 ± 6.74*               |

*Note: *p<0.05 versus constipation group.
in the colons of the constipated rats. These results suggested that SLIGRL-NH\textsubscript{2} can improve the feeding and excretion behaviors as well as the histopathological structure of colon in constipated rats.

To further explore the effects of SLIGRL-NH\textsubscript{2} on the gastrointestinal function of the constipated rats, the gastrointestinal motility in different groups were also examined by charcoal aqueous suspension methods as described

**Table 4** Effect of SLIGRL-NH\textsubscript{2} on the histological features of loperamide-induced constipated rats (mean ± standard deviation)

| Groups          | Thickness of the mucosa layer (µm) | Number of goblet cells (ea) | Number of enterocytes (ea) |
|-----------------|-----------------------------------|-----------------------------|---------------------------|
| Control         | 401 ± 37.8                        | 87.2 ± 8.2                  | 124.1 ± 9.5               |
| Constipation    | 125 ± 13.7                        | 52.3 ± 4.1                  | 79.6 ± 8.5                |
| SLIGRL-NH\textsubscript{2} low | 274 ± 25.3*                  | 60.6 ± 4.9                  | 90.1 ± 9.2                |
| SLIGRL-NH\textsubscript{2} high | 385 ± 39.2**                   | 79.5 ± 7.3**                | 118.5 ± 9.7*              |
| Prucalopride    | 411 ± 29.3**                     | 82.4 ± 9.1**                | 116.4 ± 8.9*              |

**Notes:** *p<0.05, **p<0.01 versus constipation group. “ea” indicates that the microscope image observed at 200×.
We observed that loperamide induced significant delayed intestinal luminal transit, which was consistent with previous findings, and SLIGRL-NH$_2$ treatment can increase the intestinal transit ratio of the constipated rats in a dose dependent manner. These results indicated that SLIGRL-NH$_2$ has, at least partly, laxative effects that can improve the gastrointestinal motility.

C-kit has been originally identified as a proto-oncogene, and it belongs to the receptor tyrosine kinase superfamily. In some recent findings, the regulatory roles of c-kit in maintaining the ICC network have been discussed. C-kit has restricted expression pattern, it was highly expressed on the surface of mast cells, hematopoietic cells, as well as ICC. In the field of gastrointestinal motility study, it has now been widely recognized that the number of ICCs in the intestinal can be quantified by examining the expression of c-kit.$^{24-27}$ ANO1 (also named transmembrane member 16A [TMEM16A]) is a calcium-activated chloride channel that expressed in epithelial cells and smooth muscle cells.$^{28}$ It has been proved that ANO1 was highly expressed in ICCs, and now ANO1 has been considered as a selective marker of ICCs. Interestingly, PAR-2 can regulate the pacemaker activity of colonic ICCs,$^{29}$ and the other study indicated that PAR-2 may modulate the excitability of colonic smooth muscles in rats via affecting the colonic ICCs.$^{30}$ Thus, to determine whether ICC was involved in the mechanism of SLIGRL-NH$_2$ induced...
anti-constipation effects, the number of ICCs in the colons of different treatment were quantified by examining the expression of c-kit and ANO1. It was observed that loperamide treatment induced significant decrease in the expression of c-kit and ANO1, while SLIGRL-NH$_2$ or prucalopride treatment can partially increase the expression of c-kit and ANO1; furthermore, dysfunction of the neurotransmitter VIP and SP may contribute to the incidence of constipation, and in the present study, we observed that SLIGRL-NH$_2$ or prucalopride also lead to significant decrease in the contents of inhibitory neurotransmitter VIP and increased the expression of excitatory neurotransmitter SP. Taken together, our results indicated that administration of SLIGRL-NH$_2$ can increase the number of ICCs as well as the expression of neurotransmitters in the colons of constipated rats, improve the excitability of colonic smooth muscle cells, and alleviate the symptoms of constipation, and the high dose of SLIGRL-NH$_2$ has shown similar effects as prucalopride.

Our studies have limitations. In the present study, we mainly focused on the short time (within 1 week) anti-constipation effects of SLIGRL-NH$_2$; however, whether long-term administration of SLIGRL-NH$_2$ can lead undesirable side effects is still unknown. It has been discussed that intracolonic PAR-2 activation (using trypsin, tryptase, or the peptide SLIGRL-NH$_2$) results in mucosal damage and inflammation, bowel wall thickening, and release of myeloperoxidase activity, which may cause colitis or inflammatory bowel diseases. So in future study, we will investigate long-term side effects of SLIGRL-NH$_2$ to determine the feasibility as well as the optimum dose of SLIGRL-NH$_2$ for the treatment of constipation.

Conclusion
We reported for the first time that SLIGRL-NH$_2$ can enhance gastrointestinal transit and alleviate in rats with loperamide-induced constipation. Although further investigations still need to be performed for exploring the underlying mechanism as well as the safety issue, our study has provided potential therapeutic methods for treatment of constipation.

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Disclosure
The authors report no conflicts of interest in this work.

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