An electrochemiluminescence resonance energy transfer biosensor for the detection of circulating tumor DNA from blood plasma

- **Highlights**
  - An ECL-RET biosensor with g-CNQDs was developed for liquid biopsies of ctDNA.
  - The biosensor detected DNA molecules coding for the lung cancer EGFR L858R mutation.
  - EGFR L858R DNA molecules of 18 and 159 nucleotides activated the biosensor.
  - The biosensor detected ctDNA-like EGFR L858R molecules diluted in blood plasma.

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Article

An electrochemiluminescence resonance energy transfer biosensor for the detection of circulating tumor DNA from blood plasma

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SUMMARY

A liquid biopsy is a noninvasive approach for detecting double-stranded circulating tumor DNA (ctDNA) of 90–320 nucleotides in blood plasma from patients with cancer. Most techniques employed for ctDNA detection are time consuming and require expensive DNA purification kits. Electrochemiluminescence resonance energy transfer (ECL-RET) biosensors exhibit high sensitivity, a wide response range, and are promising for straightforward sensing applications. Until now, ECL-RET biosensors have been designed for sensing short single-stranded oligonucleotides of less than 45 nucleotides. In this work, an ECL-RET biosensor comprising graphitic carbon nitride quantum dots was assessed for the amplification-free detection in the blood plasma of DNA molecules coding for the EGFR L858R mutation, which is associated with non-small-cell lung cancer. Following a low-cost pre-treatment, the highly specific ECL-RET biosensor quantified double-stranded EGFR L858R DNA of 159 nucleotides diluted into the blood within a linear range of 0.01 fM to 1 pM, demonstrating its potential for noninvasive biopsies.

INTRODUCTION

The blood plasma of patients with cancer often harbors double-stranded (ds) circulating tumor DNA (ctDNA) released from necrotic or apoptotic tumor cells (van Ginkel et al., 2017; Jahr et al., 2001). The nucleotide sequence of ctDNA comprises mutations specific to different types of cancer (Iwahashi et al., 2019; Han et al., 2019; Said et al., 2020; Reece et al., 2019). This attribute can be exploited for the non-invasive detection of early- to late-stage cancers and to monitor treatment efficiency via liquid biopsy of blood samples (Del Re et al., 2019; Chen et al., 2020b; Kelley and Pantel, 2020). Standard techniques for detection and quantification of ctDNA by liquid biopsy include quantitative PCR (qPCR) and droplet digital PCR (ddPCR) with probes recognizing specific cancer-related mutations, as well as next-generation sequencing (NGS) (Chen and Zhao, 2019; Karachaliou et al., 2017; Hrebien et al., 2019; Busser et al., 2017). To simplify these bioassays and reduce cost and processing time, other techniques are under development such as surface plasmon resonance imaging and electrochemical sensors, which exhibit various degrees of sensitivity to specific ctDNA molecules (Gorgannezhad et al., 2018; Das et al., 2016; Noh et al., 2015; Chu et al., 2016; Yuanfeng et al., 2020; Huang et al., 2020; Suda et al., 2019; Li et al., 2020; D’Agata et al., 2020; Bellassar et al., 2021; Luo et al., 2021). In the case of electrochemical systems, many of them rely on signal amplification often via enzymatic processes, which increases the complexity of sample handling as well as the overall cost of the assay (Das et al., 2015; Hu et al., 2021; Wang et al., 2018; Li et al., 2017).

In recent years, liquid biopsy has been developed for the diagnosis of non-small-cell lung cancer (NSCLC) (Krug et al., 2018; Oxnard et al., 2014). Eighty-five percent of lung cancer, which is the main cause of cancer-related death in the world, is NSCLCs (Reck et al., 2014; Malvezzi et al., 2015). Mutations in the epidermal growth factor receptor (EGFR) are often involved in the development of NSCLC-related tumors (Bethune et al., 2010). Amino acid replacement L858R in exon 21 and deletions in exon 19 account for more than 80% of EGFR mutations (Sakurada et al., 2006). These modifications in EGFR result in an increase of the tyrosine kinase activity and facilitate cell proliferation as well as metastasis (Lynch et al., 2004). The detection of EGFR mutations via tumor tissue biopsy is a routine procedure for the diagnosis of cancer.
Alegre et al., 2016). However, this approach is invasive and not risk free for patients. Thus, research efforts have been deployed to develop molecular techniques for the detection and quantification of EGFR-related ctDNA in blood samples (Heitzer et al., 2015).

Electrochemiluminescence resonance energy transfer (ECL-RET) biosensor is a promising technology with high sensitivity and a large concentration response range for the detection and quantification of different analytes including nucleic acids, antigens, metabolites, and whole cells (Chen et al., 2014; Chen et al., 2019; Chen et al., 2020a; Tian et al., 2012; Wu et al., 2011; Zhang et al., 2008; Martinez-Perinán et al., 2020). In ECL-RET biosensors designed for DNA detection, semiconductor quantum dots (QDs) such as eco-friendly SiQDs or graphitic-carbon nitride QDs (g-CNQDs) coated on a glassy carbon electrode (GCE) generate an electrochemiluminescence (ECL) signal (Scheme 1) (Liu et al., 2019; Dong et al., 2017). Hairpin DNA probes modified with Au nanoparticles (AuNP-haiDNA) are attached to the surface of the coated GCE. In the absence of target DNA, Au nanoparticles (AuNPs) are near the coated GCE surface and quench the ECL signal. When target DNA molecules are present in the analyzed solution, they anneal to the AuNP-haiDNA probes, which augments the distance between AuNPs and semiconductor QDs resulting in increased ECL signal. Until now, ECL-RET biosensors for nucleic acids have been developed and focused mainly on the detection of single-stranded (ss) DNA molecules shorter than 45 nucleotides diluted in phosphate-buffered saline or other well-defined buffer solutions (Zhang et al., 2008; Zhou et al., 2012; Liu et al., 2019; Dong et al., 2017).

In this proof-of-concept study, an amplification-free ECL-RET biosensor-based assay was developed for the detection and quantification in the blood plasma of ds DNA molecules harboring the single-nucleotide polymorphism (SNP) responsible for the EGFR L858R mutation. When compared with commercial PCR- or NGS-based techniques for liquid biopsy, ECL-RET biosensors could exhibit several advantages such as requiring no expensive DNA extraction and purification kit for sample pre-treatment as well as being easier to operate (Tables S1 and S2). The biosensing assay designed here with g-CNQDs was employed to detect short 18-nucleotide ss DNA and longer 159-nucleotide ds DNA in both potassium phosphate buffer and blood.
RESULTS AND DISCUSSION

g-CNQD-based ECL-RET biosensor for cancer-related DNA

The components and working principles of the ECL-RET biosensor system developed here for sensing DNA molecules carrying cancer-related mutations are described in Scheme 1. The first step of the assembling of the g-CNQD-based ECL-RET biosensor, which is the deposition of g-CNQDS on the GCE, has been reported previously by Liu et al. and is only briefly described here (Liu et al., 2019). The quality of the synthesized g-CNQDs was evaluated by transmission electron microscopy (TEM), Fourier transform infrared (FTIR) spectroscopy, X-ray diffraction (XRD) analysis, UV-Vis absorption spectrophotometry, and fluorescence spectroscopy (Figures 1; S1). The TEM image indicates that the synthesized g-CNQDs were oval with suitable uniformity and a diameter ranging from 3.8 nm to 11.3 nm with an average particle size of 6.5 nm (n = 30) (Figures 1A; S2). The inset in Figure 1A shows an interlayer spacing of 0.34 nm characteristic of the (002) plane of hexagonal graphitic carbon nitride. The pattern of peaks on the FTIR spectrum is distinctive of g-CNQDs (Figure S1) (Zhou et al., 2013; Liu et al., 2011). The XRD spectrum of g-CNQDs exhibits a strong diffraction peak at 27.6° (002) consistent with previous reports as well as with the interlayer spacing identified by TEM (Figure 1B) (Zhang et al., 2019; Abdolmohammad-Zadeh and

Figure 1. Characterization of g-CNQDs

(A–C) TEM images, (B) XRD, (C) UV-Vis absorption, and steady-state fluorescence spectra of g-CNQDs.
Rahimpour, 2016). Furthermore, the UV-Vis spectrum shows an absorption peak characteristic of g-CNQDs at 335 nm (Zhou et al., 2013). The outstanding optical characteristic g-CNQDs were confirmed by the steady-state fluorescence spectrum (Figure 1C). Upon excitation of g-CNQDs at 365 nm, an intense symmetrical peak at 450 nm was generated.

The ECL signal of g-CNQDs/GCE was then investigated in the presence of the K₂S₂O₈ reactant (Figure 2). Without g-CNQDs or K₂S₂O₈, the ECL signal was weak (Figure 2A). A clear and strong cathodic ECL signal was observed only when g-CNQDs/GCE was combined with K₂S₂O₈. This ECL signal was stable with an intensity that varies only by 1.2% over 12 ECL cycles (Figure 2B). A cyclic voltammetry (CV) analysis of g-CNQDs/GCE confirmed that a reaction responsible for the strong ECL signal occurs between K₂S₂O₈ and g-CNQDs (Figure 2C). In the absence of K₂S₂O₈, no redox peaks were observed indicating that the electrochemical activity of g-CNQDs/GCE was low. In contrast, a bare GCE with K₂S₂O₈ showed a strong peak at −1.25 V (vs SCE) corresponding to K₂S₂O₈ reduction. When g-CNQDs/GCE was combined with K₂S₂O₈, the reduction peak of K₂S₂O₈ decreased indicating that g-CNQDs reacted with K₂S₂O₈ (Dong et al., 2017; Liu et al., 2019).

**ECL-RET biosensor with hairpin DNA probe for EGFR L858R**

In the second step of the ECL-RET biosensor fabrication, AuNP-haiDNA probes specific for the detection of DNA molecules coding for the L858R mutation in EGFR associated with NSCLC were attached to the g-CNQDs/GCE (Scheme 1A; Figure S3). In the absence of target DNA, the AuNPs attached to stem-loop haiDNA are in close proximity to g-CNQDs where they smother the ECL signal (Liu et al., 2019). This was demonstrated by fluorescence spectroscopy with a significant decrease of intensity observed upon the addition of AuNPs to g-CNQDs indicating fluorescence resonance energy transfer (FRET) from excited g-CNQDs to AuNPs (Figure 3A). As demonstrated previously, when complementary target DNA is present in the analyte, it anneals with the haiDNA changing its conformation and increasing the distance between the AuNP and the g-CNQDs (Liu et al., 2019; Dong et al., 2017). In turn, this conformational change leads to a stronger ECL signal.

To demonstrate that our system functions correctly to detect the cancer-related mutation, the ECL-RET biosensor was exposed to an 18-nucleotide target ss DNA bearing the SNP responsible for the EGFR L858R (T18-L858R) and complementary to the loop of the AuNP-haiDNA probe (Figure S4). Electrochemical impedance spectroscopy (EIS) was then employed to assess the impact of T18-L858R DNA and the other main system components on the electrochemical properties of the ECL-RET biosensor (Figure 3B). Nyquist plots drawn from EIS data present semicircles at a high frequency related to the electron transfer limiting process (Tremblay et al., 2020; Han et al., 2018). A Nyquist plot with a smaller semicircle indicates lower charge transfer impedance. The inset on Figure 3B represents the equivalent circuit employed for fitting the EIS data. The different components of this circuit are the solution resistance (Rₛ), the charge transfer resistance (R₉), the Warburg diffusion resistance (Z₊), and the double-layer capacitance (C₆). As shown in Figure 3B, the experimental EIS data (dot) and the fitted data (line) are consistent. Bare GCE exhibited
When g-CNQDs were coated on GCE, the Rct increased significantly due to the lower conductivity of g-CNQDs. Attaching AuNP-haiDNA to g-CNQDs/GCE lowered the Rct because of the high conductivity of AuNP. In the presence of the T18-L858R target oligonucleotide, the Rct of the ECL-RET biosensor increased, which was caused by the annealing of the target DNA to the AuNP-haiDNA probe resulting in a greater separation of the AuNP from the surface of the g-CNQDs/GCE. The ECL response of the biosensor was then analyzed at different stages of fabrication and in the presence of target T18-L858R DNA (Figure 3C). The ECL signal emitted by g-CNQDs/GCE with K2S2O8 was significantly reduced when AuNP-haiDNA probes were attached to the surface of the electrode confirming FRET between AuNPs and g-CNQDs. When 100 fM T18-L858R DNA was added to the system, the ECL signal became 4.5 times stronger because of the annealing of T18-L858R DNA to haiDNA resulting in increased distance between AuNPs and g-CNQDs. The ECL signal intensity was stable in the presence of the T18-L858R oligonucleotide with a standard deviation of only 2.5% over six ECL cycles indicating that the ECL-RET biosensor described here is suitable for cancer-related DNA detection (Figure 3D).

**Analytical performance of the biosensor with target DNA T18-L858R**

The linear range and limit of detection of the ECL-RET biosensor were evaluated with different concentrations of the target T18-L858R oligonucleotide diluted in a potassium phosphate buffer at pH 7.4 (Figure 4). The ECL intensity was linearly proportional to the logarithm of target DNA T18-L858R concentrations ranging from 0.01 fM to 1 pM with an R2 of 0.9953 (Figure 4B). The limit of detection of the ECL-RET biosensor was 0.0023 fM (3σ). When compared with a similar ECL-RET biosensor developed by Liu et al. (2019) for the detection of ss oligonucleotides unrelated to cancer biology or diagnosis, the system described here was more sensitive (0.0023 fM versus 0.01 fM) and exhibited a wider linear range (0.01 fM to 1 pM compared to 0.02 fM to 0.1 pM). This slightly better performance may be attributed to minor variations in the assembling of the ECL-RET biosensor and/or to the different sequences of the AuNP-haiDNA probes and target DNA molecules involved, which are the major differences between both systems.
The specificity of the ECL-RET biosensor was investigated with 100 fM target DNA molecules harboring either a single-base mismatch corresponding to the wild-type sequence of EGFR gene or three-base mismatches (Figure 4C). The ECL signal was 3.7 and 5.4 times lower in the presence of single-base mismatched or three-base mismatched target DNA, respectively. Thus, the ECL-RET biosensor developed here for the detection of target DNA T18-L858R was specific and was shown to discriminate between target DNA from wild-type EGFR or L858R-mutated EGFRs associated with NSCLC.

Detection of longer ctDNA-like molecules with ECL-RET biosensor

For cancer detection via nucleic acids by liquid biopsy, target ctDNA molecules found in bodily fluids are usually longer than 18 nucleotides. In fact, most ctDNA molecules from plasma are double stranded with a length above 90 bp and up to 320 bp (Mouliere et al., 2018; Rubis et al., 2019). Consequently, the performance of the biosensor developed here was evaluated with a ctDNA-like target ds DNA molecule (T159-L858R) of 159 nucleotides with 79 nucleotides on each side of the SNP responsible for the EGFR L858R mutation (Figures 5; S4). For this purpose, an additional heating step at 95°C for 5 min was added to the biosensing assay prior to the detection step to denature the target ds DNA. ECL intensities were linearly proportional to the logarithm of target DNA T159-L858R diluted in a potassium phosphate buffer (pH 7.4) at concentrations ranging from (Figure 5B) 0.001 fM to 1 pM with an R² of 0.9965. The limit of detection was one order of magnitude lower than with T18-L858R DNA at 0.00055 fM (3σ). The reason for the higher sensitivity of the ECL-RET biosensor for target DNA of 159 nucleotides versus 18 nucleotides is not clear and warrants further investigation.

Results obtained with target DNA T159-L858R and T159-wt indicate that the ECL-RET biosensor was specific (Figure 5C). The ECL signal was 6.8 times lower in the presence of 100 fM T159-wt compared to the same concentration of T159-L858R. The target DNA T159-wt is the wild-type copy of a central section of the human EGFR gene and harbors a single mismatched nucleotide compared to target DNA T159-L858R (Figure S4). In fact, the ECL signal generated by the biosensor in the presence of T159-wt had an intensity comparable to a potassium phosphate buffer control without added target DNA (Figure S5). This indicates that the DNA T159-wt did not trigger the ECL-RET biosensor and that the weak signal observed was caused by unspecific background noise. Overall, these observations show that the ECL-RET biosensor technology developed here is suitable for the detection of target DNA molecules of relevant length for the diagnosis of cancer.

Detection in blood samples amended with ctDNA-like molecules

The target DNA molecule T159-L858R was diluted into blood samples from a healthy individual to establish if the ECL-RET biosensor can detect and quantify a specific ctDNA-like molecule in a relevant biological fluid (Figure 5). A low-cost and facile pre-treatment was necessary to prepare plasma samples for detection with the ECL-RET biosensor (Breitbach et al., 2014; Umetani et al., 2006). Plasma was isolated from blood by
centrifugation and then treated with proteinase K to degrade proteins prior to being heated at 95°C to denature ds DNA. ECL intensities for target DNA T159-L858R in blood plasma were linearly proportional between 0.01 fM to 1 pM with an R² of 0.9911 (Figure 5E). The limit of detection was 0.0023 fM (3σ). This was ten times less sensitive than what was observed with target DNA T159-L858R in a potassium phosphate buffer, which may be explained by the presence of interfering compounds in the plasma. Nevertheless, these results indicate that the ECL-RET biosensor developed here is functional for the detection and quantification of ctDNA-like molecules in blood plasma over a wide range of concentrations.

When 100 fM target DNA T159-wt was added to the plasma instead of target DNA T159-L858R, the ECL signal was 2.8 times lower demonstrating that the biosensor remains specific when analyzing a biological fluid (Figure 5F). As with phosphate potassium phosphate buffer, the signal observed with T159-wt into plasma was comparable to a plasma control without added target DNA, which indicates that T159-wt DNA did not generate a significant ECL signal (Figure S5). The specificity and wide linear range of the ECL-RET biosensor for the detection of T159-L858R DNA in blood plasma show that this approach could be promising for liquid biopsy and the detection of ctDNA molecules harboring the SNP coding for the L858R mutation associated with NSCLC.

Conclusions
The ECL-RET biosensor-based assay developed in this proof-of-concept study detected and quantified NSCLC-associated DNA molecules of different lengths diluted into either a potassium phosphate buffer or blood. Interestingly, this technology exhibits several characteristics that could be advantageous for
cancer-related liquid biopsy compared to state-of-the-art detection methods including qPCR, ddPCR, and NGS. For instance, both PCR-based and NGS approaches necessitate the isolation of ctDNA from blood plasma with lengthy and expensive DNA purification kits prior to detection and quantification while the ECL-RET biosensor-based assay described here requires only a fast and inexpensive pretreatment with proteinase K (Table S1) (Chen et al., 2017; Sacher et al., 2016; Demuth et al., 2018; Bartels et al., 2017).

Another possible problem with PCR-based approaches, when compared with an ECL-RET biosensor-based assay, is the requirement for a longer DNA region. Primers necessary for PCR amplification must anneal in the region flanking the mutation specific to the ctDNA, which will be recognized by a probe. For example, Oxnard et al. (2014) amplified by ddPCR a DNA fragment in the EGFR gene of 78 nucleotides with 29 and 48 nucleotides on the 5' and -3' side, respectively, of the SNP responsible for the L858R mutation (Figure S4) (Oxnard et al., 2014). In comparison, the ECL-RET biosensor can recognize a region of only 18 nucleotides surrounding the L858R-associated SNP. This means that the ECL-RET biosensor could detect shorter ctDNA as well as long ctDNA molecules harboring the EGFR L858R-associated SNP nearer to the 5' or 3' ends. With PCR-based approaches, all these target ctDNA molecules would probably not be recognized, which may result in false-negative and/or in the underestimation of the quantity of ctDNA in the plasma.

Clinical diagnostic such as liquid biopsy by NGS also has drawbacks such as the requirement for expensive equipment and highly trained personnel, a complex workflow for data acquisition and analysis, as well as long turnaround times varying between multiple days to weeks (Luthra et al., 2015; Park et al., 2017). In comparison, ctDNA detection by the ECL-RET biosensor-based assay described here has the potential to be less complex with assays completed in several hours.

Limitations of the study

Critical challenges remain for clinical ctDNA detection by ECL-RET biosensors. The most important one is insufficient sensitivity. Patients at different stages of NSCLC may exhibit between 1 and 50,000 copies per ml of blood of ctDNA carrying the SNP responsible for the EGFR L858R mutation (Sacher et al., 2016; Buder et al., 2019; Zhu et al., 2017) The limit of detection of the ECL-RET biosensor described here was 0.0023 fM or 1,390 copies per ml of blood for EGFR L858R ctDNA-like molecules. This sensitivity would be sufficient for individuals with heavy EGFR L858R ctDNA loads. However, for detection in individuals with lower ctDNA load such as in patients with early-stage cancer, the ECL biosensor will require optimization to augment its sensitivity. Multiple components of the ECL-RET biosensor can be investigated to improve its sensitivity and performance including the length and density of the hairpinDNA probe, the incubation parameters, as well the type of QDs and plasmonic NPs. Other aspects of DNA detection by ECL-RET biosensors can also be enhanced for liquid biopsies such as the implementation of multiplexing for the simultaneous detection of ctDNA carrying different cancer-related mutations and the shortening of the assay duration. While the ECL-RET biosensing assay necessitates two hours for the annealing of the target DNA to the probe, other electrochemical approaches sensing cell-free nucleic acids performed this step in as little as 15 to 20 min (Das et al., 2015; Chen et al., 2021).

STAR METHODS

Detailed methods are provided in the online version of this paper and include the following:

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Supplemental information can be found online at https://doi.org/10.1016/j.isci.2021.103019.

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AUTHOR CONTRIBUTIONS

X.Y., J.G., and F.Y. designed and fabricated the ECL-RET biosensor and performed the sensing experiments with DNA samples. M.L. and H.Z. prepared the biological liquid samples. X.Y., T.Z., M.L., H.Z., and M.X. interpreted the data. P.-L.T., M.L., and T.Z. conceived the project and wrote the manuscript. All the authors reviewed and approved the final manuscript.

DECLARATION OF INTERESTS

This work has been included in the patent application 201910740926.7 to China National Intellectual Property Administration by Wuhan University of Technology.

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### STAR METHODS

#### KEY RESOURCES TABLE

| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|---------------------|--------|------------|
| **Biological samples** | | |
| Healthy adult blood | Zhongnan Hospital of Wuhan University | N/A |
| **Chemicals, peptides, and recombinant proteins** | | |
| Sodium citrate | Nanjing Chemical Reagent Co. | Cat#XW19680422 |
| K₂S₂O₈ | Nanjing Chemical Reagent Co. | Cat#10017480 |
| HAuCl₄·4H₂O | Shanghai Chemical Reagent Co. | Cat#XW169612541 |
| Thioglycolic acid | Sigma-Aldrich | Cat#T3758 |
| Tris(2-carboxyethyl)phosphine (TCEP) | Thermo Fisher Scientific | Cat#PI20490 |
| (3-aminopropyl)trimethoxysilane | Aladdin Reagent Co | Cat#281778 |
| poly(diallyldimethylammoniumchloride) (PDDA) (20 wt% in water, MW=200,000–350,000) | Aladdin Reagent Co | Cat#409014 |
| Urea | Sinopharm Group Chemical Reagent Co. | Cat#1023228 |
| NaBH₄ | Sinopharm Group Chemical Reagent Co. | Cat#80115865 |
| Proteinase K | Sigma-Aldrich | Cat#P4850 |
| glassy carbon electrode | CH Instruments | Cat#CHI104 |
| Ag/AgCl (3.0 M KCl) reference electrode | CH Instruments | Cat#CHI111 |
| K₂CO₃ | Sinopharm Group Chemical Reagent Co. | Cat#10016118 |
| Tween 20 | Sinopharm Group Chemical Reagent Co. | Cat#30189328 |
| EDTA | Sigma-Aldrich | Cat#E6758 |
| Tris base | Sigma-Aldrich | Cat#T1503 |
| **Oligonucleotides** | | |
| 5'-NH₂-(CH₂)₆-GGAAGACAGTTTGGCCCGCCCAAATCTTCC-(CH₂)₆-SH-3' hairpin DNA probe | Sangon Biotech | N/A |
| T18-L858R: 5'-TTTGGGGCGGGCCAAACTG-3' | Sangon Biotech | N/A |
| T18-wt (single-base mismatched): 5'-TTTTGGGGCGGGCCAAACTG-3' | Sangon Biotech | N/A |
| T18-3m (three-base mismatched): 5'-TTAGGGGGCGGGCCAAACTG-3' | Sangon Biotech | N/A |
| **Recombinant DNA** | | |
| ds DNA T159-L858R: 5’-CGCTTGGTGACCGACACCTGGCCAGCAGCAGCACGGAGGAGAAGGTGAA | Sangon Biotech | N/A |

(Continued on next page)
RESOURCE AVAILABILITY

**Lead contact**

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Tian Zhang (tzhang@whut.edu.cn).

**Materials availability**

This study did not generate new unique reagents.

**Data and code availability**

- All data are reported in the main text or in the supplemental information of this work.
- This study does not report original code.
- Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

The study was approved by the Medical Ethics Committee of Zhongnan Hospital of Wuhan University. Blood was sampled from a healthy 25-year old male volunteer.

METHOD DETAILS

**Characterization of the ECL-RET biosensor**

ECL signals were quantified with a BPCL-GP21Q ultra-weak luminescence analyzer purchased from the Institute of Biophysics of the Chinese Academy of Science (Beijing, China). The ECL experiments were carried out with a three-electrode system comprising a GCE with a diameter of 3 mm as the support for the working electrode, a Pt plate as the counter-electrode, and an Ag/AgCl (3.0 M KCl) reference electrode. UV-Vis absorption spectra were acquired with a UV-3600 UV-vis-NIR spectrophotometer (Shimadzu, Kyoto, Japan). Fluorescence spectra were obtained with a F-7000 fluorescence spectrophotometer (Hitachi, Tokyo, Japan). The Fourier transform infrared spectroscopy (FTIR) spectrum of g-CNQDs was recorded with a Nicolet iS5 FTIR spectrometer (Thermo Fisher Scientific, Waltham, MA, USA) in the 450 to 4000 cm\(^{-1}\) range. The X-ray diffraction (XRD) spectrum of g-CNQDs was obtained with a D8 ADVANCE powder X-ray diffractometer (Bruker, MA, USA) in the range of 10–80\(^{\circ}\) with Cu K\(\alpha\) radiation (2θ). Transmission electron microscopy (TEM) images were taken with a JEM-2100F (JEOL, Akishima, Japan) field emission electron microscope at an accelerating voltage of 200 kV.
Hairpin DNA probe and target DNA molecules
The haiDNA probe, the ss 18-nucleotide target DNA molecules, and the ds 159-nucleotide target DNA molecules were synthesized by Sangon Biotech (Shanghai, China).

Preparation of g-CNQDs

g-CNQDs were synthesized by the low-temperature solid-phase technique as previously described with several modifications (Zhou et al., 2013). Briefly, 1.68 mmol urea and 0.28 mmol sodium citrate were mixed in a 6:1 molar ratio and ground in an agate mortar. The mixture was then heated at 180°C in a stainless-steel autoclave for one hour. After cooling down to room temperature, the product, which exhibits a light-yellow color, was dispersed into anhydrous ethanol prior to being centrifuged at 17,000 x g for 10 min. Ethanol washing was repeated five times. In the final step, the product was further purified via dialysis in ultrapure water for 24 hours.

AuNPs synthesis and attachment to hairpin DNA probe

AuNPs were prepared as described previously (Ding et al., 2006). In brief, 3 ml of 1% (w/v) HAuCl4 was diluted into 200 ml ultrapure water and stirred vigorously at 4°C. During stirring, 1 ml of 0.2 M K2CO3 was added. Subsequently, 9 ml NaBH4 (0.5 mg ml–1) was mixed into the solution, which was stirred for an additional 5 min. The resulting red-colored solution was stored at 4°C until usage.

For attachment to AuNPs, haiDNA molecules were first activated by mixing 10 μl of 1 μM haiDNA with 0.15 μl of 10 mM TCEP solubilized in 10 mM potassium phosphate buffer with 100 mM NaCl at pH 7.4 followed by incubation for one hour at room temperature as described previously (Dong et al., 2017). Subsequently, 100 μl AuNPs was added to the mixture followed by incubation at 25°C for 30 min. In the last step, 10 μl of 10 mM thioglycolic acid was added and the solution was incubated for 2 hours at 25°C to limit unspecific retention of AuNPs. The mixture was kept at 4°C until further usage.

Blood plasma preparation

Blood samples were centrifuged at 1,500 x g for 10 min at 4°C to separate plasma, which was stored at –80°C until further usage. For ctDNA-like molecules measurement, T159-L858R or T159-wt DNA was diluted at different concentrations in blood samples prior to plasma separation. For sensing with the ECL-RET biosensor, plasma samples were pre-treated to degrade proteins and to denature ds DNA by employing a method described previously but with several modifications (Breitbach et al., 2014; Umetani et al., 2006). Briefly, 20 μl plasma was mixed with 5 μl concentrated proteinase K buffer made of 125 mM Tris-Cl pH 8.0, 6.25% (v/v) Tween 20, and 2.5 mM EDTA. 10 μg proteinase K was then added to the mixture, which was incubated at 50°C for 20 minutes. In the last step, the solution was incubated at 95°C for 5 minutes to simultaneously inactivate proteinase K and denature ds DNA.

Fabrication of ECL-RET biosensor and DNA detection

In the first step of the working electrode fabrication for the ECL-RET biosensor, the GCE was polished with alumina paste of 0.3 and 0.05 μm prior to being washed with 50% ethanol, nitric acid, and ultrapure water (Liu et al., 2019). After drying, 10 μl of dialyzed g-CNQDs was deposited on the GCE followed by incubation at 37°C for one hour. Subsequently, 10 μl PDDA was added drop-wise on the g-CNQDs/GCE, which was then incubated in a desiccator at room temperature for one hour. In the next step, 10 μl AuNP-haiDNA was deposited on the g-CNQDs/GCE followed by a one-hour incubation at 37°C. The as-prepared working electrode was then washed with 10 mM potassium phosphate buffer (pH 7.4) to remove unbound AuNP-haiDNA.

For detection, 10 μl target DNA samples were deposited on the working electrode of the ECL-RET biosensor followed by a two-hour incubation at 37°C within an electrolyte solution made of 100 mM potassium phosphate buffer (pH 7.4) with 100 mM K2S2O8. ECL signals were then measured with an ultra-weak luminescence analyzer.

Cyclic voltammetry and electrochemical impedance spectroscopy

The three-electrode system described beforehand was employed for cyclic voltammetry (CV) and electrochemical impedance spectroscopy (EIS). CV was completed in a potential window of 0 to –2000 mV versus Ag/AgCl with a scan rate of 0.1 V s–1. 15 ml of 100 mM potassium phosphate buffer (pH 7.4) was used as the
Electrolyte with or without 100 mM \( \text{K}_2\text{S}_2\text{O}_8 \). EIS spectra were obtained within a scan range of 100 kHz to 0.01 Hz at a 5 mV amplitude. For EIS, the electrolyte solution comprised 10 mM \( \text{K}_3\text{[Fe(CN)]}_6/\text{K}_4\text{[Fe(CN)]}_6 \) (1:1) solubilized in a 100 mM potassium phosphate buffer (pH 7.4) containing 0.1 M KCl. The ZView software was employed to fit the Nyquist plots resulting from EIS experiments with the equivalent circuit.

**QUANTIFICATION AND STATISTICAL ANALYSIS**

**Limit of detection calculation**

The limit of detection of the ECL-RET biosensor was measured with the commonly-used 3\( \sigma \) method (Yang et al., 2020; Fan et al., 2020; Liang et al., 2016; Cai et al., 2021). Briefly, for each condition, the standard deviation of samples with the lowest concentration is calculated and multiply by three to obtain the 3\( \sigma \) limit of detection.

**Statistical significance**

In this study, results are considered to be statistically significant when the p value calculated with the Student’s t-test is below or equal to 0.05.