Phase I Trial of Triapine–Cisplatin–Paclitaxel Chemotherapy for Advanced Stage or Metastatic Solid Tumor Cancers

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Ribonucleotide reductase (RNR) is an enzyme involved in the de novo synthesis of deoxyribonucleotides, which are critical for DNA replication and DNA repair. Triapine is a small-molecule RNR inhibitor. A phase I trial studied the safety of triapine in combination with cisplatin–paclitaxel in patients with advanced stage or metastatic solid tumor cancers in an effort to capitalize on disrupted DNA damage repair. A total of 13 patients with various previously treated cancers were given a 96-h continuous intravenous (i.v.) infusion of triapine (40–120 mg/m²) on day 1, and then 3-h i.v. paclitaxel (80 mg/m²) followed by 1-h i.v. cisplatin (50–75 mg/m²) on day 3. This combination regimen was repeated every 21 days. The maximum tolerated dose (MTD) for each agent was identified to be triapine (80 mg/m²), cisplatin (50 mg/m²), and paclitaxel (80 mg/m²). Common grade 3 or 4 toxicities included reversible anemia, leukopenia, thrombocytopenia, or electrolyte abnormalities. The combination regimen of triapine–cisplatin–paclitaxel resulted in no objective responses; however, five (83%) of six patients treated at the MTD had stable disease between 1 and 8 months duration. This phase I study showed that the combination regimen of triapine–cisplatin–paclitaxel was safe and provides a rational basis for a follow-up phase II trial to evaluate efficacy and progression-free survival in women with metastatic or recurrent uterine cervix cancer.

Keywords: triapine, cisplatin, paclitaxel, phase I clinical trial, cancer, maximum tolerated dose, cervical cancer, uterine cervix cancer

INTRODUCTION

Uterine cervix cancers are aggressive gynecological malignancies marked by abdominopelvic lymph node or visceral organ metastases and by poor metastatic disease-specific survival, and up to 80% have been shown to overexpress ribonucleotide reductase (RNR) (1–4). Women with recurrent uterine cervix cancer treated by first-line cisplatin–paclitaxel combination chemotherapy have disease response (46%) more often than other cisplatin–non-platinum combinations (12–31%) (5–9). Adding the humanized vascular endothelial growth factor-neutralizing monoclonal antibody bevacizumab to cisplatin–paclitaxel chemotherapy in the same setting resulted in higher disease response (50%) and a median survival of 18 months (4). However, no
curative therapy exists for women with metastatic uterine cervix cancer, and therefore, these women have a significant unmet therapeutic need.

Based on knowledge of cell cycle controlled expression and activity of RNR, there was, until recently, a fairly simple understanding of the molecular behavior of cancers harboring unchecked RNR like those of the uterine cervix. In dormant (G0-phase) or resting (G1-phase) cells, when levels of RNR subunit proteins are low, enzyme activity, and therefore nucleotide output, is minimal (10). In replicating cells (S–G2-phase) like cancer cells, when RNR subunit proteins are expressed at elevated levels, enzyme activity and nucleotide output are maximal—ultimately regulated by inherent feedback allosteric sites in RNR and not necessarily by levels of enzyme subunit expression (11). The allosteric activity site detects the overall nucleotide concentration and balances de novo nucleotide production (12). When RNR activity is high, DNA damage repair is timely, facile, and impacts downstream cell fate decisions that are prosurvival rather than lethal (13–18). Expansion of nucleotide pools during DNA damage has a clear physiological role, and it has been shown that increased nucleotide concentrations as outputs from RNR help cells survive DNA damage (19). Such findings provide a strong rationale for clinical development of new agents that exploit RNR repair and DNA damage responses, especially in cancers with unchecked RNR. Triapine (also known as 3-aminopyridine-2-carboxaldehyde thiosemicarbazone or 3-AP) is a potent inhibitor of RNR with known antiproliferative and cytotoxic effects (13–18). In preclinical studies of uterine cervix cancer cells, triapine potently blocks deoxynucleotide output by RNR after DNA damage, protracts cell cycle arrest at the G1–S-phase checkpoint, and leads to unresolved γH2AX foci (i.e., phosphorylated histones flanking DNA double-strand breaks) marking DNA damage (13–15)—all disruptive to normal RNR functions (Figure 1).

Early phase I studies of triapine alone and in combination in patients with metastatic and advanced stage cancers have shown intermittent triapine to have relatively mild toxicity, but continuous intravenous (i.v.) infusion triapine reaches a maximum tolerated dose (MTD) in terms of drug-related toxicities (20–25). Thus, this phase I trial was designed to evaluate whether continuous i.v. infusion triapine could inhibit RNR and potentiate the antitumor effects of cisplatin–paclitaxel with acceptable toxicity levels in patients with metastatic or advanced stage solid tumor cancers refractory to standard therapy or for which no curative therapy existed (http://clinicaltrials.gov number, NCT00016874).

**MATERIALS AND METHODS**

**Study Design and Treatment**

VION-015 was an open-label dose-finding trial of i.v. triapine–cisplatin–paclitaxel chemotherapy (Table 1). Patients were enrolled according to a dose escalation schema using a standard Fibonacci 3 + 3 patient cohort phase I trial design. This trial’s design declared a single drug-related adverse event in a three-patient cohort as an event to prompt an additional three patients being accrued (i.e., six patients in the dose level cohort) for confirmation of a 33% rate of attributable toxicity. Accrual continued if no other adverse events were observed (i.e., two or fewer of six patients in the dose level cohort); otherwise, accrual discontinued. The MTD was established when six patients had been treated with less than or equal to one toxic event. Adverse events were scored in this trial according to the Common Terminology Criteria for Adverse Events (version 2.0), which was the criteria used at-the-time this study was conducted. Adverse events indicating dose-limiting toxicity included all severe or life-threatening toxicities, grade 3 non-hematologic toxicities, grade 4 neutropenia lasting more than 3 days or associated with infection, grade 4 thrombocytopenia lasting more than 3 days or associated with clinically significant bleeding, or persistent adverse events of any grade requiring delay of scheduled treatment by more than 2 weeks.

Patients were administered i.v. triapine by 96-h continuous infusion at an initial dose of 40 mg/m² starting on day 1 (Table 1). Triapine infusions were repeated every 21 days. Vion Pharmaceuticals supplied i.v. triapine in 50 mg viscous liquid vials, which were diluted for an ambulatory continuous infusion pump per the manufacturer’s instruction. Administration and i.v. bag sets were exchanged fresh after every 48 h of infusion.

Patients received i.v. paclitaxel over 3 h at a single fixed dose of 80 mg/m² starting on day 3 (Table 1). Commercial paclitaxel was diluted for infusion per the manufacturer’s instruction. Participants received i.v. cisplatin over 1 h between 50 and 75 mg/m² starting on day 3 (Table 1). Commercial cisplatin also was diluted for infusion per the manufacturer’s instruction. In this particular trial, paclitaxel infusion preceded cisplatin infusion. Cisplatin and paclitaxel administrations were also repeated every 21 days.

By definition for this trial, two courses of triapine–cisplatin–paclitaxel constituted one cycle of therapy. Patients were eligible to receive a second or subsequent cycle of therapy if they had stable disease or, a partial or complete response.

**Eligibility and Enrollment**

The trial was open to women and men 18 years of age or older with a diagnosis of a measurable metastatic or advanced stage cancer refractory to one or more standard therapies or for which no curative therapy existed. Patients must have had an Eastern Cooperative Oncology Group performance status score of 0 or 1; a life expectancy greater than 3 months; adequate kidney, liver, and bone marrow function as determined by laboratory assessment; and must have been practicing adequate contraception or abstinence. Female patients of childbearing potential must have had a negative pregnancy test within 2 weeks before study drug administration. Patients must not have had active heart disease, moderate-to-severe compromise of pulmonary function, active infections, severe hearing impairment or grade 2 or higher neuropathy, active central nervous system metastases, presence of any other life-threatening illness, prior severe allergic reaction to study agents, or presence of any active bleeding or coagulation disorder. Patients must have had prior treatment for their cancer, had at least 3 weeks of recovery from prior surgery, last dose of chemotherapy, and/or last dose of radiotherapy. Persistent
**TABLE 1 | Dose escalation and extent of drug exposure.**

| Dose level | Triapine dose (mg/m²/day) | Paclitaxel dose (mg/m²) | Cisplatin dose (mg/m²) | No. of new patients | Total no. of patients treated a | Total no. course administered |
|-------------|---------------------------|------------------------|-----------------------|---------------------|--------------------------------|-------------------------------|
| Triapine day 1 and paclitaxel–cisplatin day 3 q3-week schedule (n = 11) | | | | | | |
| 1 | 40 | 80 | 50 | 4 | 5 | 14 |
| 2 | 80 | 80 | 50 | 6 | 7 | 26 |
| 3 | 80 | 80 | 75 | 1 | 1 | 1 |
| Triapine day 1 and paclitaxel–cisplatin day 3 q3-week schedule (n = 2)b | | | | | | |
| −2 | 40 | 80 | 50 | 0 | 0 | 0 |
| −1 | 80 | 80 | 50 | 0 | 0 | 0 |
| 1 | 120 | 80 | 50 | 2 | 2 | 2 |

aSome patients were treated at more than one dose level.
bThe protocol was amended to introduce a fixed starting dosing of paclitaxel and cisplatin.

Toxicities from prior treatments must not have been greater than grade 1. Patients who had received cisplatin or paclitaxel individually, but not in combination, were eligible. Patients who had received cisplatin–paclitaxel must not have had the pair within the previous 6 months before planned study entry. Patients whose prior therapy included triapine were eligible.

**Assessments**

Medical histories, physical examinations including performance status assessment, urinalysis, and laboratory studies, including serum chemistries and complete blood counts were obtained at baseline, before the first dose of each 96-h triapine cycle, once each interval week, and at off-study. Chest radiograph, computed tomography scans of the chest and abdomen (excluding pelvis), and serum tumor markers (i.e., CA-125, CA19-9, CEA) were obtained every two cycles. Magnetic resonance imaging of the brain or bone scan was obtained every two cycles, as clinically indicated for a patient's disease and status.

**Study Oversight**

The principal investigators (Della Makower, Andreas Kaubisch, and Mario Sznol) designed the clinical trial and the dose escalation/dose reduction schema. Vion Pharmaceuticals, the sponsor of the study, supplied triapine and collected all the clinical data,
but did not participate in the study design, analysis, or manuscript preparation. An independent quality assurance audit (Prologue Research International) documented in compliance with all applicable regulations during the trial period. All participating sites received institutional review board approval prior to first dose infusion. A manuscript publication team (Charles A. Kunos, Edward Chu, and Susan Percy Ivy) subsequently reviewed, collated, authenticated, and analyzed the trial data for manuscript publication.

**Evaluation of Clinical Activity and Statistical Analysis**

Response Evaluation Criteria in Solid Tumors (version 1.0) were applied at baseline and every two treatment cycles for response and for disease progression (26). No statistical analyses were performed.

**RESULTS**

**Patients**

Patients were eligible for this phase I study from April 2001 through December 2002. A total of 13 patients were enrolled to receive triapine–cisplatin–paclitaxel, and all patients were evaluated with regard to safety. Baseline patient characteristics are listed in Table 1. All patients underwent previous treatment for their advanced stage or metastatic cancer, including surgery (n = 6), cytotoxic chemotherapy (n = 8), or palliative radiation therapy (n = 4). None of the enrolled patients had prior hormonal therapy or immunotherapy. As seen in Table 2, three different dose levels were evaluated.

**Safety**

Table 3 lists the most common toxicities observed in all three dose levels of the study. The most frequent adverse events included grade 1 constipation, nausea, or emesis; grade 2 fatigue; grade 3 thrombocytopenia; and reversible grade 3 or 4 anemia (10 [77%] of 13) and leukopenia (8 [62%] of 13). The hematologic toxicity observed in one participant with uterine cervical cancer at the 80 mg/m² dose of triapine, 75 mg/m² dose of cisplatin, and 80 mg/m² dose of paclitaxel prompted enrollment of the next three patients to the next lower dose level. This also led to an amendment of the protocol for an escalated triapine dose preceding a fixed dose of cisplatin and paclitaxel (Table 2). The triapine (80 mg/m²)–cisplatin (50 mg/m²)–paclitaxel (80 mg/m²) dose level was declared the MTD. In six patients treated at the MTD, the attributed grade 3 or 4 toxicity rate was 50% with the main side effects being reversible fatigue, hyperbilirubinemia, anemia, leukopenia, and thrombocytopenia.

Dose reductions of triapine occurred in two patients (15%) after the first course of treatment. There were no dose reductions of cisplatin or paclitaxel. Three patients (23%) discontinued therapy after the first course of treatment. The reasons for treatment discontinuation included skin toxicity in the form of Stevens–Johnson syndrome in one patient, physician preference in one patient, and patient preference in one patient. The median number of treatment cycles was 3 (range, 1–9 courses). No treatment-related deaths occurred while on study. A fatal adverse event occurred in one (8%) patient, with this event being attributed to disease progression within 30 days after receipt of study treatment.

**Efficacy**

For patients who received at least two courses of therapy (i.e., one cycle), no objective responses were observed. Stable disease occurred in six (46%) patients. The durations of stable disease response were 1, 2, 2, 5, 7, and 8 months. In the MTD cohort, five patients (of six, 83%) best responses of stable disease were observed. One patient in the MTD cohort had metastatic uterine cervix cancer, and her disease response was determined to be approximately 30% after three therapy cycles (i.e., seven 21-day infusion courses). Her stable disease response lasted 8 months. Progression of disease was recorded in five (38%) patients at initial response assessment. In one (8%) patient with uterine cervix cancer enrolled at the triapine (80 mg/m²)–cisplatin (75 mg/m²)–paclitaxel (80 mg/m²) dose level, symptomatic decline did not permit documentation of disease status, and thus, this patient was listed arbitrarily as having had clinical disease progression. Response was not evaluated after study entry in one (8%) patient. Serum tumor marker responses appear in Figure 2.

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**Table 2 | Patient and disease characteristics (n = 13).**

| Characteristic          | No. of patients | %a  |
|-------------------------|-----------------|-----|
| **Age (years)**         |                 |     |
| 30–39                   | 2               | 15  |
| 40–49                   | 1               | 8   |
| 50–59                   | 5               | 38  |
| 60–69                   | 5               | 38  |
| **Sex**                 |                 |     |
| Female                  | 8               | 62  |
| Male                    | 5               | 38  |
| **Race**                |                 |     |
| White                   | 8               | 62  |
| Black or African-American| 3              | 23  |
| Asian/Pacific Islander  | 2               | 15  |
| **Ethnicity**           |                 |     |
| Hispanic                | 4               | 31  |
| Non-Hispanic            | 9               | 69  |
| **Performance status**  |                 |     |
| 0                       | 5               | 38  |
| 1                       | 8               | 62  |
| **Disease site**        |                 |     |
| Colon                   | 3               | 23  |
| Uterine cervix          | 2               | 15  |
| Bladder                 | 1               | 8   |
| Bile duct               | 1               | 8   |
| Esophagus               | 1               | 8   |
| Gastric                 | 1               | 8   |
| Pyriform sinus          | 1               | 8   |
| Small intestine         | 1               | 8   |
| Tonsil                  | 1               | 8   |
| Adenocarcinoma, not specified | 1 | 8 |

No., number.

aMay not total 100% due to rounding.
Until the results of triapine–cisplatin–radiation trials were reported (23–25), non-randomized early phase trials provided the best evidence base for RNR inhibition by triapine before cytotoxic chemotherapy (29–32). An assumption made in the 90s was that cancer cells gained from overproduced RNR or from overactive RNR from relaxed allosteric regulation (33), and that sustained pharmacological blockade of RNR would kill cancer cells (18). Two trials involved continuous infusion triapine infusion for sustained RNR inhibition, and unfortunately, yielded no partial or complete disease responses by standard criteria (21, 22). Other triapine-agent combination trials scheduling triapine before cytotoxic chemotherapy also resulted in few (8 [9%] of 88 participants) disease responses (29–32). This trial of triapine before cisplatin–paclitaxel also found no partial or complete disease responses by standard measurement criteria or by serum tumor markers (when available). Preclinical data found that triapine scheduled before cytotoxic agents blocks overall RNR activity for cytostatic effect, stimulates overproduction of RNR for restored activity 18–24 h later, facilitates DNA repair, and ultimately may be prosurvival in effect (32). Another discovery that the highly electrophilic platinum ion (Pt²⁺) rapidly depletes the concentration of free triapine over a long incubation period in cell-free medium (34), thereby attenuating triapine’s RNR-blocking activity, cautions sequencing triapine before cisplatin–paclitaxel. But for the converse sequence, triapine given after DNA-damaging cisplatin or radiation inhibits overall RNR activity for cytotoxic effect, halts nucleotide supply by RNR when most vital to repair of damaged DNA, protracts DNA repair, and therefore, is highly cytotoxic (13–15, 32). As an example, triapine–cisplatin–radiation trials show a 96% disease response rate (23–25). Thus, protracted nucleotide demand (e.g., by damaging DNA) unmet by nucleotide supply (e.g., by inhibiting RNR) becomes intolerable and cell death occurs. Sequencing effects of triapine–paclitaxel on the mitotic spindle and late cell cycle-phase nucleotide demands have not been explored and warrant further preclinical study.

Interpretative limitations for this trial include accrual of few participants, lowering an ability to assess safety and therapeutic response in disease-specific subgroups such as women with metastatic uterine cervix cancer, infrequent biomarker collection to inform response efficacy, potential investigator bias due to relatively arbitrary changes in triapine–cisplatin–paclitaxel trial logistics following observed toxicity, and recall bias due to a very delayed time from trial closure to trial publication.

In summary, this phase I trial provides evidence that the combination of the RNR inhibitor triapine and the cytotoxic chemotherapies cisplatin and paclitaxel may be given together safely in patients with metastatic or advanced stage solid tumor cancers. Future studies should consider the use of oral triapine for RNR blockade optimally integrated into a second-line cisplatin–paclitaxel chemotherapy regimen for women with metastatic uterine cervix cancer.

**ETHICS STATEMENT**

This study was carried out in accordance with the recommendations of the Montefiore Medical Center and of the Weill Cornell Medical College with written informed consent from all subjects. All subjects gave written informed consent in accordance with the Declaration of Helsinki. The protocol was approved by the

**TABLE 3 | Adverse events by grade with any relationship to triapine–paclitaxel–cisplatin (n = 13).**

| Toxicity                      | 1     | 2     | 3     | 4     | 5     |
|-------------------------------|-------|-------|-------|-------|-------|
| Allergy/immunology            | 0     | 0     | 0     | 1     | 0     |
| Blood/bone marrow (other)     | 0     | 3     | 0     | 0     | 0     |
| Anemia                        | 0     | 1     | 7     | 3     | 0     |
| Febrile neutropenia           | 0     | 0     | 0     | 0     | 0     |
| Leukopenia                    | 1     | 0     | 2     | 6     | 0     |
| Thrombocytopenia              | 0     | 1     | 5     | 0     | 0     |
| Cardiac/vascular              | 5     | 0     | 2     | 0     | 0     |
| Constitutional (other)        | 15    | 12    | 4     | 0     | 0     |
| Fatigue                       | 5     | 6     | 2     | 1     | 0     |
| Dermatology/skin              | 11    | 3     | 1     | 0     | 0     |
| Endocrine/special senses (other) | 4    | 3     | 0     | 0     | 0     |
| Tinnitus                      | 1     | 0     | 0     | 0     | 0     |
| Gastrointestinal (other)      | 16    | 2     | 0     | 0     | 0     |
| Constipation                  | 6     | 2     | 0     | 0     | 0     |
| Diarrhea                      | 4     | 3     | 0     | 0     | 0     |
| Emesis                        | 6     | 3     | 3     | 0     | 0     |
| Nausea                        | 6     | 4     | 2     | 0     | 0     |
| Infection                     | 0     | 0     | 2     | 0     | 0     |
| Metabolic/nutritional         | 19    | 6     | 6     | 1     | 0     |
| Creatinine increased          | 0     | 0     | 0     | 0     | 0     |
| Hyponatraemia                 | 4     | 0     | 1     | 1     | 0     |
| Musculoskeletal               | 1     | 0     | 0     | 0     | 0     |
| Neurology                     | 11    | 8     | 1     | 0     | 0     |
| Respiratory system (other)    | 11    | 1     | 0     | 0     | 0     |
| Hypoxia                       | 0     | 0     | 1     | 0     | 0     |
| Pulmonary embolus             | 0     | 0     | 0     | 1     | 0     |
| Renal/genitourinary function  | 2     | 2     | 1     | 0     | 0     |
| Sexual/reproductive function  | 0     | 0     | 0     | 0     | 0     |
| Worst non-hematologic         | 128   | 56    | 28    | 5     | 0     |
| Worst hematologic             | 1     | 5     | 14    | 9     | 0     |

No., number.

*Patients may have had more than one adverse event.

**DISCUSSION**

This phase I trial found that triapine–cisplatin–paclitaxel was a safe therapeutic option for patients with previously treated advanced stage or metastatic solid tumor cancers. Patients treated using triapine–cisplatin–paclitaxel most often reached a stable disease status, consistent with at-the-time known preclinical (18) and clinical data (20–22) among a broad spectrum of molecularly driven cancer phenotypes, and not just uterine cervix cancers.

In this trial, there was an elevated rate of grade 3 or 4 anemia (77%) after triapine–cisplatin–paclitaxel, possibly as a result of potentiating chelation by triapine (27) without interference in total iron binding capacity (22). This rate of anemia was not observed in contemporary cisplatin–paclitaxel trials (18–25% (5, 28)). Patients who received triapine–cisplatin–paclitaxel had a similar incidence of grade 3 or 4 leukopenia (62%) in the context of another cisplatin–paclitaxel trial [64% (5)].

Until the results of triapine–cisplatin–radiation trials were reported (23–25), non-randomized early phase trials provided the

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**ETHICS STATEMENT**

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Triapine–cisplatin–paclitaxel induces mixed biomarker responses in patients with metastatic or advanced stage solid tumor cancers refractory to standard therapy or for which no curative therapy existed. Shown are the biomarker levels (assessed as the longest linear dimension) over time for CA-125 (A), CA19-9 (B), and CEA (C). Circles mark the posttherapy time point at which biomarker assessment was obtained. CA-125, CA19-9, and CEA did not associate with the pattern or duration of response. Abbreviations: CA-125, cancer antigen-125; CA 19-9, cancer antigen 19-9; CEA, carcinoembryonic antigen.
Institutional Review Boards of the Montefiore Medical Center and of the Weill Cornell Medical College.

**AUTHOR CONTRIBUTIONS**

All authors contributed to the concept, data collection, and writing of this manuscript.

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The reviewer, ER, declared a shared affiliation, though no other collaboration, with one of the authors, MS, to the handling editor, who ensured that the process nevertheless met the standards of a fair and objective review.

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