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Short communication

Is oseltamivir suitable for fighting against COVID-19: In silico assessment, in vitro and retrospective study

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ABSTRACT

Background: Oseltamivir is a first-line antiviral drug, especially in primary hospitals. During the ongoing outbreak of coronavirus disease 2019 (COVID-19), most patients with COVID-19 who are symptomatic have used oseltamivir. Considering its popular and important role as an antiviral drug, it is necessary to evaluate oseltamivir in the treatment of COVID-19.

Objective: To evaluate the effect of oseltamivir against COVID-19.

Methods: Swiss-model was used to construct the structure of the N-terminal RNA-binding domain (NRBD) of the nucleoprotein (NC), papain-like protease (PLpro), and RNA-directed RNA polymerase (RdRp) of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). TM-align program was performed to compare the structure of the viral proteins with the structure of the neuraminidase of influenza A. Molecular docking was used to analyze the theoretical possibility of effective binding of oseltamivir with the active centers of the viral proteins. In vitro study was used to evaluate the antiviral efficiency of oseltamivir against SARS-CoV-2. By clinical case analysis, we statistically evaluated whether the history of oseltamivir use influenced the progression of the disease.

Results: The structures of NRBD, PLpro, and RdRp were built successfully. The results from TM-align suggested that the S protein, NRBD, 3C-like protease (3CLpro), PLpro, and RdRp were structurally similar to the influenza A neuraminidase, with TM-scores of 0.30077, 0.19254, 0.28766, 0.30666, and 0.34047, respectively. Interestingly, the active center of 3CL pro was found to be similar to the active center from the neuraminidase of influenza A. Through an analysis of molecular docking, we discovered that oseltamivir carboxylic acid was more favorable to bind to the active site of 3CLpro effectively, but its inhibitory effect was not strong compared with the positive group. Finally, we used in vitro study and retrospective case analysis to verify our speculations. We found that oseltamivir is ineffective against SARS-CoV-2 in vitro study and the clinical use of oseltamivir did not improve the patients’ symptoms and signs and did not slow the disease progression.

Conclusions: We consider that oseltamivir isn’t suitable for the treatment of COVID-19. During the outbreak of novel coronavirus, when oseltamivir is not effective for the patients after they take it, health workers should be highly vigilant about the possibility of COVID-19.

1. Introduction

As a neuraminidase inhibitor, oseltamivir was approved by the Food and Drug Admission (FDA) in 1999 [1]. Since then, it has played an essential role in treating against influenza A and influenza B and is becoming more widespread. The atypical pneumonia caused by severe acute respiratory syndrome coronavirus (SARS-CoV) that broke out in Guangzhou, China, in 2003, linked oseltamivir to coronavirus. Zhang et al. found that the active site of the Spike (S) 1 Protein of SARS is similar to that of neuraminidase, suggesting that neuraminidase inhibitors may be useful to treat SARS-CoV [2]. However, despite this similarity, no clinical data suggest that oseltamivir is effective in treating SARS-CoV. With the epidemic of coronavirus disease 2019 (COVID-19) caused by SARS-CoV-2, oseltamivir has once again become
A study from Thailand reported that a 71-year-old patient with severe COVID-19 on January 29, 2020 underwent a 48h treatment with lopinavir/ritonavir combined with oseltamivir, which improved the patient’s condition, and the throat swab test became negative [3]. Although a single case report does not prove the effectiveness of oseltamivir for COVID-19, it once again linked oseltamivir to the treatment of a coronavirus-induced disease. As frontline healthcare workers fighting against COVID-19, we were interested in the treatment regimen of this case and found most patients with COVID-19 who were symptomatic have used oseltamivir. We believed that it is of practical significance to further study the effect of oseltamivir on COVID-19. Because of its significant effectiveness on influenza and being sold over

Fig. 1. The evaluation of the model of NRBD, PLpro and Pol/RdRp from SARS-CoV-2 constructed through homology modeling. (A) The model of NRBD from SARS-CoV-2 with the evaluation of EBRAT, Verify3D, and Ramachandran plot; (B) The model of PLpro from SARS-CoV-2 with the evaluation of EBRAT, Verify3D, and Ramachandran plot; (C) The model of Pol/RdRp of SARS-CoV-2 with the evaluation of EBRAT, Verify3D, and Ramachandran plot. Abbreviations: NRBD: N-terminal RNA-binding domain; Pol/RdRp: RNA-directed RNA polymerase; PLpro: papain-like protease;
the counter, oseltamivir is not only stocked in common households but also a common antiviral drug in primary hospitals. Therefore, if oseltamivir is effective for COVID-19, the treatment could be family-oriented. If, instead, the treatment effectiveness is not significant, the use of oseltamivir should be stopped, which will avoid delaying other treatments and multiple oseltamivir adverse reactions, such as nausea, vomiting, epilepsy, elevated liver enzymes, and arrhythmias [4,5]. Therefore, the study of the antiviral effect of oseltamivir against SARS-CoV-2 could have a positive effect on the treatment of COVID-19.

SARS-CoV-2 belongs to the β-genus of the coronavirus family and is the seventh coronavirus found to infect humans. Therefore, it has the structural features of coronaviruses, such as structural proteins, including S protein and Nucleoprotein (NC), and also non-structural proteins, including the main key enzymes 3C-like protease (3CLpro), papain-like protease (PLpro), and RNA-directed RNA polymerase (Pol/RdRp). These main structural proteins and key enzymes of SARS-CoV-2 are important targets for inhibiting SARS-CoV-2 infection [6-10]. Since the SARS outbreak in 2003, the S protein, NC, 3CLpro, PLpro, and Pol/RdRp of the coronavirus known to infect humans have been extensively studied due to their potential as therapeutic targets [11-16].

Oseltamivir is a competitive inhibitor of neuraminidase designed by computer-assisted technology. In this context, the effective binding of oseltamivir to the active site of key proteins of SARS-CoV-2 is particularly important. Therefore, here we: 1. analyzed whether S protein, NC protein, 3CLpro, PLpro, and Pol/RdRp have active centers similar to neuraminidase; 2. explored whether oseltamivir can form effective docking with key protein active centers of the virus using molecular simulation; 3. accessed the antiviral effect of oseltamivir against SARS-CoV-2 in vitro; 4. used case review to analyze whether oseltamivir is a factor to improve the conditions of patients with COVID-19.

2. Methods

2.1. Obtaining the viral protein structure

The structures of the S protein (PDB ID: 6VSB) and 3CL pro (PDB ID: 6LU7) were downloaded from the RCSB Protein Data Bank (http://www.rcsb.org). The structures of NC, PLpro, and Pol/RdRp were built by homology modeling. We first obtained the protein sequences of NC (YP.009724397.2), nsp3 (YP.009725299.1), and Pol/RdRp (YP.009725307.1) from the GenePept protein sequence database, and suitable templates were found for these protein sequences through the Swiss-model (www.swissmodel.org) for homology modeling. Pymol was used to generate model images [17].

2.2. Evaluation of virus models

We used the SAVES v5.0 program (servicesn.mbi.ucla.edu/SAVES/) to carry out a model evaluation, and the evaluation criteria for a successful model were as follows: a. in ERRAT score result, the Overall Quality Factor was > 85; b. in the Verify3D assessment result, > 80% of the residues have average 3D-1D score ≥ 0.2; c. in the Procheck assessment result, ≥ 90% residues were in the most favored region [18-21].

2.3. Alignment of the structure of a viral protein and the structure of influenza a neuraminidase

TM-align program (https://zhanglab.ccmb.med.umich.edu/TM-align) was used to perform the structural alignment of PLpro, N-terminal RNA-binding Domain (NRBD) of NC, Pol/RdRp, 3CLpro, and S protein with influenza A neuraminidase (PDB ID: 3Ti6); 0.0 < TM-score < 0.30 was defined as random structural similarity, and 0.5 < TM-score < 1.00 was defined as in about the same fold [22]. The structural alignment between influenza B neuraminidase (PDB ID: 4CPY) and 3Ti6 was used as a positive control.

2.4. Molecular docking of oseltamivir with viral protein

We used ChemBioDraw Ultra 17.0 software to draw the structure of the active metabolite oseltamivir carboxylic acid and N3 inhibitor, then converted them into three-dimensional (3D) structure using ChemBio3D Ultra 17.0 software. Then the structures of agents were preprocessed by MMFF94 Force Field. AutoDock Tools 1.5.6 software was used to remove water molecules and ligands in the proteins, and then add hydrogen atoms, combine non-polar hydrogen atoms, add charges. And converted proteins and agents into the format of PDBQT. The GridBox module was used to generate a 3D ensemble around the active site, and the grid points in the ensemble were calculated for energy score evaluation. AutoDock Vina was used for molecular docking [23]. Exhaustiveness was set at 20 and other parameters were used default value. Finally, we selected the conformation with the highest docking score to analyze the result using Free Maestro 11.9.

2.5. In vitro study for accessing the antiviral effect of oseltamivir

The antiviral efficiency of oseltamivir against SARS-CoV-2 in vitro was evaluated using the method described in the previous work [24]. Briefly, Vero E6 cells (ATCC, no. 1586) were cultured in MEM medium with 10% fetal bovine serum (Gibco Invitrogen) at 37 °C in a 5% CO2 humidified incubator. And cells were precultured at 1 × 105/48-well plate overnight and pretreated with different doses of the oseltamivir carboxylic acid (CAS No. 187227-45-8/HY-13318) for 1h before infecting with the SARS-CoV-2 (nCoV-2019BetaCoV/Wuhan/WIV04/2019) at a multiplicity of infection (MOI) of 0.05 for 2 h. After that, cell culture supernatants were replaced with fresh complete medium containing different concentrations of oseltamivir. Virus-containing supernatants were collected at 24h after transfection for extracting RNA by the MiniBEST Viral RNA/DNA Extraction Kit (Takara, CAT No. 9766) according to the manufacturer’s instructions. Then cDNA synthesis was performed with a PrimeScript RT Reagent Kit with gDNA Eraser (Takara, Cat no. RR047A). The qRT-PCR assay was conducted to evaluate the quantification of viral copy numbers in the cell supernatant with TB Green Premix Ex Taq II (Takara, Cat No. RR820A). The primers were targeted nCoV-2019 S gene, forward primer CAATGGTTGTGGGCAAGACAG; reverse primer CTAATGTGTCGTTGGATCAG [25].

2.6. Retrospective analysis of clinical cases

2.6.1. Study design

We retrospectively analyzed 627 patients diagnosed with SARS-
CoV-2 infection at the Second Hospital of Wuhan, Wuhan Union Hospital, and Wuhan Union Hospital West Campus, Hubei Province from January 19, 2020, to February 20, 2020, which was approved by the institutional ethics board of Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China. The enrollment criteria were: 1. patients were diagnosed with SARS-CoV-2 infection and negative for influenza A and B nucleic acid tests; 2. there were no other underlying diseases, such as hypertension, diabetes,
Fig. 2. Alignment of the structure of viral proteins and influenza A neuraminidase analyzed by TM-align program. (A) Alignment of the structure of influenza A neuraminidase and influenza B neuraminidase. Left panel shows structure of influenza A neuraminidase (PDB ID: 3Ti6) and its active center is framed by red dotted line, Middle panel shows structure of influenza B neuraminidase (PDB ID: 4CPY) and its active center is framed by red dotted line; Right panel: Alignment of 3Ti6 and 4CPY revealed that the active sites of the both structures are the same. (B): Alignment of the structure of S protein and influenza A neuraminidase; Left panel shows structure of S protein and its active site were RBD domain (Green region) and HR1 (Blue region). Right panel: Alignment of S protein and 4CPY revealed that the active sites of the two proteins are not identical. (C) Alignment of the structure of NRBD and influenza A neuraminidase; Left panel shows structure of NRBD, which is the active site of Nucleoprotein. Right panel: Alignment of NRBD and 4CPY revealed that the active sites of the two proteins do not coincide. The key residues of active site of 4CPY are marked in magentas. (D) Alignment of the structure of PLpro and influenza A neuraminidase; Left panel shows structure of PLpro and its active site is framed by red dotted line. The key residues of active site are marked in red. Right panel: Alignment of PLpro and 4CPY revealed that the active sites of the two proteins are similar. The key residues of active site of 4CPY are marked in magentas. (E) Alignment of the structure of PLpro and influenza A neuraminidase; Left panel shows structure of PLpro and its active site is framed by red dotted line. The key residues of active site are marked in red. Right panel: Alignment of PLpro and 4CPY revealed that the active sites of the two proteins do not coincide. The key residues of active site of 4CPY are marked in magentas. F: Alignment of the structure of Pol/RdRp and influenza A neuraminidase; Left panel shows structure of Pol/RdRp and its active site is framed by red dotted line. The key residues of active site are marked in red. Right panel: Alignment of Pol/RdRp and 4CPY revealed that the active sites of the two proteins do not coincide. The key residues of active site of 4CPY are marked in magentas. NRBD: N-terminal RNA-binding domain; Pol/RdRp: RNA-directed RNA polymerase; PLpro: papain-like protease; 3CLpro: 3C-like protease; S protein: Spike Protein.

Table 2

| Protein                          | TM-score | Final |
|---------------------------------|----------|-------|
| Influenza B neuraminidase       | 0.94460  | In about the same fold |
| S protein                       | 0.30077  | Random structural similarity |
| NRBD                            | 0.19254  | Random structural similarity |
| 3CL pro                         | 0.28766  | Random structural similarity |
| PLpro                           | 0.30666  | Random structural similarity |
| Pol/RdRp                        | 0.34047  | Random structural similarity |

Abbreviations: S protein: Spike Protein.; NRBD: N-terminal RNA-binding domain; 3CLpro:3C-like protease; PLpro: papain-like protease; Pol/RdRp: RNA-directed RNA polymerase.

cardiovascular and cerebrovascular diseases, malignant diseases, no respiratory tract diseases, such as COPD, asthma, and pulmonary heart disease, and no hypoproteinemia and hypokalemia. We defined the period from the start of antiviral therapy to clinical evaluation as a patients’ treatment period. We defined the patients with relieved symptoms and stable or absorbed lesions in CT during the treatment period as the remission group, and the patients without symptom improvement or no significant changes or progression of the lesions in CT as the non-remission group. They all were evaluated by front-line medical workers of union hospital based on Guidelines of the Diagnosis and Treatment of New Coronavirus Pneumonia (version 7) of National Health Commission of China. Whether the history of oseltamivir use influenced the progression of the disease was statistically evaluated.

2.6.2. Data collection

Patients’ information such as sex and age and their clinical data such as chest CT, the history of oseltamivir use, the usage and dosage of oseltamivir were collected from electronic medical records, including nursing records, clinical records and progress notes. Besides, pre- and post- antiviral treatment symptoms were collected and evaluated by front-line medical workers.

2.6.3. Statistical analysis

The difference of age between the remission group and the non-remission group was analyzed by independent samples t-test, while the difference of hospitalization days between the oseltamivir group and the Non-use oseltamivir group was analyzed by Mann Whitney tests. Pearson’s chi-squared test was used to compare the difference of history of oseltamivir use and sex between the remission group and the non-remission group. Fisher’s exact test was used to compare the difference of response rate at different course of using oseltamivir. P-value less than 0.05, 0.01 and 0.001 were considered significant.

3. Result

3.1. The obtaining of the viral protein structure

The structures of the S protein (PDB ID: 6VSB) and 3CL pro (PDB ID: 6LU7) of SARS-CoV-2 were obtained from the RCSB Protein Data Bank (http://www.rcsb.org). Then the structures of NC, PLpro, and Pol/RdRp were built through the method of homology modeling. The models were constructed successfully and shown in Fig. 1A–C. Among them, the NC of SARS-CoV-2 contains 419 amino acid residues. The search of a homology template using the Swissmodel found that the 35–174 residues of NC have an identity of 92.37% with the NRBD of NC from SARS-CoV(PDB ID: 1ssk), which is the active region for the binding of NC of SARS-CoV with RNA. Inhibiting NRBD activity can affect coronavirus RNA transcription and replication, and virion assembly [26]. Thus, it is one of the targets for inhibiting coronaviruses. Therefore, NRBD is the main activity center of NC, and this model can be used for the active site of NC from SARS-CoV-2 for further research.

3.2. Evaluation of virus models

Subsequently, we used the SAVES v5.0 program (servicescience.mbi.ucla.edu/SAVES/) to carry out a model evaluation. The results are shown in Table 1, suggesting all three models passed the evaluation. Among them, the ERRAT score was based on whether the error value of the alignment of the non-bonding interaction among the atoms in the structure and the high-resolution crystal structure was within a reasonable confidence interval. If the percentage of the reasonable confidence interval is higher, the quality is higher. Almost all residues of NRBD, Pol/RdRp, and PLpro were within reasonable confidence intervals, and the final scores were 96.4602, 95.9157, and 92.7586, respectively (Fig. 1A–C). Verify3D was used to analyze the compatibility of the 3D structure and the primary sequence in the model. A 3D-1D score ≥ 0.2 of a residue is reasonable. The higher the ratio of reasonable residues, the higher the quality of the model. The majority of residues of NRBD, Pol/RdRp, and PLpro belonged to reasonable residues (green), and there were 91.27%, 89.91%, and 98.73% reasonable residues in NRBD, Pol/RdRp, and PLpro respectively (Fig. 1A–C). The results of Procheck were mainly shown by Ramachandran plots. As can be seen in the Ramachandran plot, there were A, B, L, a, b, l, p, ~a, ~b, ~p, and ~l labeled areas. In Porcheck, A, B, and L are classified as reasonable areas; a, b, l are relatively reasonable regions, whereas ~a, ~b, ~p, and ~l are acceptable regions. The distributions of amino acid residues in the structure were observed. The large proportion of amino acids in reasonable regions proves that the model is of high quality. It can be seen that most of the residues of NRBD, Pol/RdRp, and PLpro were in A, B, and L, and the reasonable region residues accounted for 92.9%, 92.5%, and 90.0%, respectively (Fig. 1A–C). The above results
suggested that the three modeled structures passed the evaluation, were of good quality, and could be used for further research.

3.3. Alignment of the structure of viral proteins and influenza A neuraminidase

To explore whether oseltamivir is effective for SARS-CoV-2, we first analyzed whether there was structural similarity between the structure
of viral protein and influenza A neuraminidase (PDB ID: 3Ti6), especially whether there was a similarity in the active center. TM-align program (https://zhanglab.ccmb.med.umich.edu/TM-align/) was used for structural alignment [27]. The alignment of the structure of influenza B neuraminidase (PDB ID: 4CPY) with 3Ti6 was selected as a positive control. TM-score was used to analyze the structural similarity. The active site of influenza A and B neuraminidase were determined based on the location of ligand in crystal structure (Fig. 2A) [28,29]. By comparing 4CPY with 3Ti6, the TM-score of the two was found to be 0.94460, which proved that the two were structurally homologous. Subsequently, we aligned the structures of S protein, NRBD, 3CLpro, PLpro, and Pol/RdRp with 3Ti6; the TM-scores were 0.30077, 0.19254, 0.28766, 0.30666, and 0.34047, respectively (Table 2). The results suggested that there was only a structural similarity between the protein structure of the above SARS-CoV-2 and 3Ti6. The active center of the S protein was mainly the RBD domain (Fig. 2B green region) and S2 subunit heptad-repeat 1 domain (HR1) (Fig. 2B blue region), which were also two important targets for studying the inhibition of S protein [30,31]. We found that the similar structure of 3Ti6 and S protein is located in the N-terminal domain (NTD) region of S protein. As the active center of NC, we found that NRBD did not match the active center of 3Ti6 (Fig. 2C). The active center of 3CLpro was determined based on that it is homologous to the 3CLpro from SARS-CoV. Previous studies have confirmed the active center of 3CLpro of SARS-CoV. Thus, this region was used as the active center of 3CLpro of SARS-CoV-2 [13]. By alignment, we found that the active centers of the two proteins were similar (Fig. 2D). Subsequently, we also determined the active center of

| Protein   | Binding energy (Kcal/mol) |
|-----------|--------------------------|
| NRBD      | −4.7                     |
| 3CLpro    | −7.0                     |
| PLpro     | −5.8                     |
| Pol/RdRp  | −5.4                     |

Abbreviations: NRBD: N-terminal RNA-binding domain; 3CLpro: 3C-like protease; PLpro: papain-like protease; Pol/RdRp: RNA-directed RNA polymerase.
the PLpro and Pol/RdRp based on the homology of the proteins of SARS-CoV-2 and those of SARS-CoV. And we found that the active center of PLpro did not match the active center from 3Ti6 through the alignment of structure (Fig. 2E) [32]. In studies focused on the Pol/RdRp of SARS-CoV, it has found that Thr680, Asn691, and Asp623 can bind nucleotides and promote viral gene transcription, and Val557 also plays an important role in the replication of the virus [29]. Thus, the region where the above residues are located was determined as the active center of SARS-CoV-2 (Fig. 2F). It was found that the similar structure between Pol/RdRp and neuraminidase was not located in the active center. The above results suggested that there was a theoretical possibility of effective binding of oseltamivir with the active center of 3CLpro because it was found to be similar to the active center from the neuraminidase.

3.4. Molecular docking studies for predicting the antiviral effect of oseltamivir

To pursue our hypothesis, we used molecular docking to analyze whether oseltamivir carboxylic acid could stably bind to the active center of the viral protein structure. The docking conformations were described in Fig. 3A–D. The results showed that the docking energies of oseltamivir carboxylic acid with NRBD, 3CLpro, PLpro, and Pol/RdRp were −4.7 kcal/mol, −7.0 kcal/mol, −5.8 kcal/mol, and −5.4 kcal/mol, respectively (Table 3). The lower the binding energy, the more suitable the binding of the inhibitor molecule to the receptor. In terms of binding energy, oseltamivir carboxylic acid was more favorable to bind to the active site of 3CLpro effectively. To further analyze the ability of oseltamivir to inhibit 3CLpro, we selected N3 inhibitor as the positive group, which exhibited strong inhibition for 3CLpro of SARS-CoV-2 in vitro [33]. The result showed that its docking energy was −8.5 kcal/mol, which was lower than that of oseltamivir carboxylic acid. The docking conformation was shown in Fig. 4A and B. It was found that the conformation of ligand (Purple) docked into the active site was almost identical to the original ligand (Green), suggesting the reliability of this docking program. Based on the results described above, we considered that the ability of oseltamivir to inhibit 3CLpro is not strong compared with N3 inhibitor.

3.5. In vitro study for accessing the antiviral effect of oseltamivir

To further verify our hypothesis, we evaluated the antiviral efficiency of oseltamivir against SARS-CoV-2 in vitro as described in the previous work [24,25]. Fig. 5A showed that treatment of oseltamivir did not inhibit SARS-CoV-2 replication, with half-inhibitory concentration (IC50) value above 100 μM. Chloroquine was selected as a positive control, which can inhibit SARS-CoV-2 replication (Fig. 5B). Therefore, we concluded that oseltamivir is ineffective against SARS-CoV-2.

3.6. Evaluating the antiviral effect of oseltamivir against SARS-CoV-2 in case review

To further verify the efficacy of oseltamivir on SARS-CoV-2, we retrospectively analyzed a total of 627 patients from the Second Hospital of Wuhan, Wuhan Union Hospital, and Wuhan Union Hospital West Campus, Hubei Province. Finally, 79 patients were included for analysis. Among them, there were 31 patients in remission group, aged 50.68 ± 14.912. There were 48 non-remission patients, and their age was 50.33 ± 15.099. There was no significant difference in age.
between the two groups (P = 0.921). In the remission group, there were 12 males (with a proportion of 38.71%), and in the non-remission group there were 25 males (52.10%); there was no statistical difference in sex between the two groups (P = 0.261). We analyzed the use of oseltamivir in the two groups. In the remission group, a total of seven patients used oseltamivir with a proportion of 22.58%. In the non-remission group, a total of 35 patients used oseltamivir, with a proportion of 72.92%. The chi-square value was 19.166, and there was a significant statistical difference between the two groups. The number of patients receiving oseltamivir in the non-remission group was significantly higher than the number in the remission group (P < 0.001) (Table 4). To compare the difference of response rate at different course of using oseltamivir, we divided the patients who had history of time of taking oseltamivir being recorded into groups according to the course of using oseltamivir: group A: 75 mg Bis In Die (bid, twice daily) 1–3 days; group B: 75 mg bid 3–5 days; group C: 75 mg bid 5–7 days. We found that the response rate of three group were 0%, 31%, 29%, respectively. (P = 0.405) (Table 5), suggesting that in term of standard quantity of influenza (75 mg bid), the course of using oseltamivir didn’t seem to improve the response rate. We next compared the difference of hospitalization days between the oseltamivir group and the Non-use oseltamivir group. The mean hospital stay for oseltamivir group was 9 days, and the days of Non-use oseltamivir group were 12. There was no statistical difference in hospitalization days between the two groups (P = 0.506) (Table 6). In combination with clinical practice, we believe that oseltamivir had no inhibitory effect on COVID-19 and could not effectively slow the progression of the disease with early use.

4. Discussion

In this article, we constructed protein models of NRBD, PR, and Pol/RdRp of SARS-CoV-2. We used structural alignment to find that the active center of 3CLpro was similar to that of influenza A neuraminidase. Subsequently, we used a molecular docking method to explore whether oseltamivir could effectively bind to the NRBD, 3CLpro, PLpro, and Pol/RdRp of SARS-CoV-2. It was found that oseltamivir carboxylic acid was more favorable to bind to the active site of 3CLpro effectively, but its inhibitory effects was not strong compared with the positive group. Finally, we used in vitro study and retrospective case analysis to verify our speculations. We found that oseltamivir is ineffective against SARS-CoV-2 in vitro study and the clinical use of oseltamivir did not improve the patients’ symptoms and signs and did not slow the disease progression.

As a neuraminidase inhibitor, oseltamivir has effectively combated the pandemic influenza A and B, so it is a first-line commonly used antiviral drug, especially in primary hospitals. At the same time, oseltamivir, as an over-the-counter drug, is also a popular antiviral drug. As healthcare workers fighting against COVID-19, we have found that many patients experiencing discomfort or considered to be infected with a virus take oseltamivir. From SARS-CoV in 2003 to MERS-CoV in 2012, and now the current SARS-CoV-2 epidemic, there is not plenty of evidence showing that oseltamivir is effective against coronavirus. Still, there is also no sufficient evidence to refute its ineffectiveness. We cannot predict whether there will be a pandemic of respiratory coronavirus in the future, so we hope to initiate such research and preliminarily explore whether oseltamivir is effective for COVID-19, which can better guide healthcare workers in the selection of appropriate antiviral drugs in the face of coronavirus epidemics. Although there was no expression of neuraminidase in SARS-CoV-2, Zhang et al, who discovered through homology modeling that the S1 protein of SARS-CoV had a similar active center as neuraminidase and considered that neuraminidase inhibitors were likely to inhibit SARS-CoV through targeting S1 protein activity, which provided us inspiration for research the structural similarity between SARS-CoV-2 and neuraminidase [2]. Considering the homology of the S protein of SARS-CoV-2 and SARS-CoV, we conducted a structural alignment of the crystal structure of S protein with influenza A neuraminidase. We found that the active center of neuraminidase was not similar to the RBD domain on the S1 subunit and the HR1 domain on the S2 subunit, which were the active sites of S protein. We were not surprised by these findings because the sequence conservation of S1 in both SARS-CoV-2 and SARS-CoV was only 71%, and there were structural variations [34]. We, therefore, focused our attention on the NC protein, 3CLpro, PLpro, and Pol/RdRp, which have been widely studied in SARS-CoV, are highly conserved with SARS-CoV-2, and are the main proteins targeted by drugs. We used structural alignment to discover that, except for 3CLpro, the active centers of the other three proteins did not match that of neuraminidase. We observed that in the reported regimen in Thailand, the dosage of oseltamivir was 300 mg/day, and our patients’ treatment dose was still based on the conventional dose of 150 mg/day for flu (news link: https://xw.qq.com/cmsid/20200221AOHN14007f=newdc), so we next studied the relationship between dose of oseltamivir and therapeutic effect. However, the data suggested that oseltamivir failed to fight against SARS-CoV-2 in vitro, which was consistent with the result of our retrospective case analysis. Xi Wang et al and Choy et al also found that oseltamivir was ineffective in inhibiting SARS-CoV-2 in vitro [25,35].

However, the limitation of our study shouldn’t be neglected. First, the sample size from our study was relatively small because of our strict inclusion criteria. Second, introduced bias of retrospective design was inevitable due to that all factors correlated with efficacy of oseltamivir were unable to be controlled. Because we faced to the newly virus and attempted several courses of antiviral treatments. Currently, a phase III trial and a phase IV trial are underway by Tongji hospital, another affiliated hospital of Huazhong University of Science and Technology to evaluate the safety and efficacy of oseltamivir in patients with COVID-19 (ClinicalTrials.gov Identifier: NCT04255017 and NCT04261270).

5. Conclusions

In summary, we consider that oseltamivir isn’t suitable for the treatment of COVID-19. During the outbreak of novel coronavirus, when oseltamivir is not effective for the patients after they take it, health workers should be highly vigilant about the possibility of COVID-19. At the same time, it should be noted that we are still in the influenza season, and we have also found five cases of influenza A in combined with COVID-19. Therefore, oseltamivir should be combined in the treatment regimen in a timely manner when influenza occurs.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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