Thermalization in open classical systems with finite heat baths

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We discuss thermalization of a test particle schematized as a harmonic oscillator and coupled to a Boltzmann heat bath of finite size and with a finite bandwidth for the frequencies of its particles. We find that complete thermalization only occurs when the test particle frequency is within a certain range of the bath particle frequencies, and for a certain range of mass ratios between the test particle and the bath particles. These results have implications for the study of classical and quantum behavior of high-frequency nanomechanical resonators.

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Since the pioneering studies on Brownian motion and its interpretation at the molecular level \textsuperscript{[1]}, the study of open systems has been a crucial area in both classical and quantum statistical mechanics. The theory of open systems allows one to view the closed, pure-state dynamics of a particle with the open, mixed-state dynamics in the presence of coupling to an environment. The deterministic dynamics of the particle considered as a closed system is replaced in the quantum regime by a stochastic Schrödinger equation, corresponding to a stochastic Newton equation in the classical limit. In the classical case, the environment can be represented as a heat reservoir consisting of a large set of harmonic oscillators with Boltzmann energy distribution, all symmetrically coupled to a specific particle, which hereafter we will refer to as the test particle. In the limit of an infinite number of oscillators, and by properly choosing the density of states and the initial conditions, one can derive a stochastic equation which leads to solutions with Boltzmann energy distribution for the test particle, \textit{i.e.} thermalization at the reservoir temperature.

To the best of our knowledge, however, there have been no investigations of the conditions under which thermalization of a test particle occurs in the presence of a realistic heat bath with limited resources; namely a finite number of degrees of freedom and a finite bandwidth. The closest discussion in the literature regards thermalization of a test particle with an independent oscillator heat bath, but with oscillators distributed in a generic and unbound frequency range \textsuperscript{[2]}, the study of interacting Fermi systems with finite numbers of particles \textsuperscript{[3]}, and the celebrated Fermi-Pasta-Ulam problem, where nonlinear interactions are crucial \textsuperscript{[4]}. To consider a finite bandwidth for a finite number of oscillators making a heat bath is significant because in many contexts, in particular for systems of interest in mesoscopic physics and nanotechnology, the size of the environment is small and may no longer justify the thermodynamic limit. This leads naturally to an infrared cut-off for the density of states of the bath, as the latter cannot support wavelengths much larger than its spatial extent. Furthermore, the finite amount of energy in any realistic environment demands an ultraviolet cut-off in its density of states. In this paper, we describe results on the thermalization of a test particle in the presence of a heat bath comprising a finite number of harmonic oscillators with frequencies distributed within a finite bandwidth. The main result of our analysis is the emergence of diverse scenarios for the statistical distribution of the energy of the test particle, such as thermalization at the heat bath temperature, Boltzmann distribution at a smaller temperature than the heat bath, or no thermalization, depending on the interplay between the intrinsic frequency of the test particle and those of the heat bath. While our study focuses on the classical case, it points to a broad range of implications in the physics of nanomechanical structures, whose displacements may be monitored at or beyond the standard quantum limit \textsuperscript{[8,9]}. Furthermore, some of the results reported here may find application wherever an open system approach is necessary, encompassing systems as diverse as classical plasmas and self-gravitating objects, ultracold trapped atoms and quasiparticles in nanostructures.

The starting point for our analysis is the Hamiltonian of the test particle plus environment \textsuperscript{[10]}

\begin{equation}
H_{\text{tot}} = \frac{P^2}{2M} + \frac{1}{2} M \Omega^2 Q^2 + \sum_{n=1}^{N} \left[ \frac{p_n^2}{2m} + \frac{m \omega_n^2}{2} (q_n - Q)^2 \right].
\end{equation}

Here the test particle, with generalized coordinates \((Q,P)\), is modeled as a harmonic oscillator of mass \(M\) and angular frequency \(\Omega\). The \(n\)-th particle in the reservoir, a harmonic oscillator of mass \(m\) and angular frequency \(\omega_n\), is characterized by generalized coordinates \((q_n,p_n)\). To avoid unnecessary complications at this stage, the systems are assumed to be one-dimensional. The coupling between the test particle and the particles in the reservoir is chosen to be translationally invariant, which eliminates the appearance of renormalization terms \textsuperscript{[10,11]}. By writing the Hamilton equations and solving for the particles of the heat bath, a generalized Langevin equation for the test particle is obtained.
\[ \dot{Q}(t) + \int_{t_0}^{t} ds \Gamma(t-s) \dot{Q}(s) + \Omega^2 Q(t) = \Pi(t), \]  

where the kernel of the dissipative term (non local in time) and the fluctuation force term are respectively:

\[ \Gamma(t-s) = \frac{m}{M} \sum_{n=1}^{N} \omega_n^2 \cos[\omega_n(t-s)], \]  

\[ \Pi(t) = \frac{m}{M} \sum_{n=1}^{N} \omega_n^2 \left\{ (q_n(t_0) - Q(t_0)) \cos[\omega_n(t-t_0)] + \frac{p_n(t_0)}{m \omega_n} \sin[\omega_n(t-t_0)] \right\}. \]

In the limit of infinite \( N \) extending over the continuum frequency range \( \omega_n \in [0, +\infty) \), with density of states \( dN/d\omega \propto 1/\omega^2 \), and if the initial conditions for the bath particles \((q_n(t_0), p_n(t_0))\) are chosen to realize a Boltzmann energy distribution, the test particle is described by a Langevin equation (for an extensive discussion see [14]).

\[ dQ(t) = P(t) dt/M, \]

\[ dP(t) = -[\gamma P(t) + M \Omega^2 Q(t)] dt + \delta dw(t), \]

where \( \gamma = (\pi m \omega^2/2M)(dN/d\omega) \) is the dissipation factor (which becomes independent of \( \omega \) for a density of states \( \propto 1/\omega^2 \)) and \( \delta = \sqrt{2m \gamma / k_B T} \). The stationary solution of Eqs. (5)-(6) corresponds to the thermalization of the test particle energy with the same Boltzmann distribution as the bath. Such a situation is highly idealized, since it corresponds to an infinite number of oscillators with all possible frequencies, and these conditions are not always met in real physical systems.

To study the conditions under which thermalization occurs in a more realistic setting, we have investigated the dynamics of a reservoir characterized by a finite frequency spectrum \( \omega_n \in [\omega_{\text{IR}}, \omega_{\text{UV}}] \), a finite number of oscillators \( N \), a finite mass ratio \( m/M \) between the masses of the bath particles and the test particle, for a uniform density of states, obtained by a random choice of the bath particle’s frequencies, such that \( dN/d\omega \propto \theta(\omega - \omega_{\text{IR}}) + \theta(\omega_{\text{UV}} - \omega) - 1 \).

We do this by generating explicit numerical values for the parameters which describe each bath oscillator, solving the equations of motion from Eq. (1) for the motion of the test particle, and sampling the test particle energy over time. The initial conditions are chosen, for the bath oscillators, to be randomly distributed in phase space in such a way as to generate a Boltzmann distribution for their energy, and consequently a well defined temperature, while the test particle starts with zero total energy. The system of \( N+1 \) oscillators can then be solved exactly after numerical diagonalization of the matrix describing the Hamiltonian evolution. Since the test particle is a single system, no meaningful definition of its temperature may be given in terms of the energy distribution of a statistical ensemble at a given time. An effective temperature can still be defined by sampling the energy of the test particle during its time evolution, collecting an energy distribution over time, and fitting the energy distribution with a Boltzmann distribution law. This operative definition does, however, preclude observation of transient behaviour, at least on timescales smaller or comparable to the time interval over which the energy distribution is collected, in the test particle temperature. Indeed, we find that the first effective temperature we are able to define, when enough sample points have been collected to limit the statistical error, is already the equilibrium temperature. This precludes in principle the study, for instance, of the dynamics of nonequilibrium stationary states, nonequilibrium phenomena such as aging in glassy systems, or the approach to thermal equilibrium. Also, to avoid the effect of possible recurrences and spurious periodicities we have randomly chosen the sampling times for the measurement of the test particle energy.

The energy distribution of the test particle is shown in Fig. 1 for various values of the bandwidth \( \Delta \omega = \omega_{\text{UV}} - \omega_{\text{IR}} \) of the frequency spectrum of the reservoir. For a test particle interacting with a finite number of oscillators all degenerate in frequency \( \omega_n = \omega_R \), we do not observe thermalization, as the resulting energy distribution is quite far from being Boltzmann in nature. Indeed, if the initial conditions for the bath oscillators are distributed symmetrically in phase space (such that \( \sum_n q_n(t_0) \simeq 0, \sum_n p_n(t_0) \simeq 0 \)), Eqs. (3)-(4), and (2) may be approximated respectively as:

\[ \Gamma(t-s) = \xi \omega_R^2 \cos[\omega_R(t-s)], \]

\[ \Pi(t) = -\omega_R^2 Q(t_0) \cos[\omega_R(t-t_0)], \]

\[ \dot{Q}(t) + \xi \omega_R^3 \int_{t_0}^{t} Q(s) \sin[\omega_R(t-s)] ds + \Omega^2 Q(t) = 0, \]

where \( \Omega = (1 + \xi)^{1/2} \Omega \) and \( \xi = Nm/M \).

The dynamics corresponding to Eq. (9) resembles that of multiple oscillators experiencing beating phenomena, with energy periodically transferred between the test particle and the heat bath with a harmonic law, as \( E_{\text{WP}}(t) = E_0 \{1 + \xi/2[1 - \cos(\Omega t/2)]\} \), where \( E_0 \) is the bath’s initial energy. The corresponding probability density \( P(E) \) for the test particle to have energy between \( E \) and \( E + dE \) is \( P(E) \propto (dE/dt)^{-1} \propto (E - E_0)[E_0(1 + \xi) - E]^{-1/2} \). This behaviour is shown in Fig. 1a; evidently a monochromatic reservoir is too deterministic to allow scrambling of the exchanged energy, and we see here that the test particle does not thermalize. With even a modest bandwidth for the reservoir the coherent driving of the test particle does not take place at the same level, as shown in the top-right and bottom-left plots for increasing values of the bandwidth, and above a given value the energy
distribution eventually approaches the Boltzmann distribution, as shown in Fig. 1d.

These results are obtained by keeping the spectrum of the reservoir centered around the frequency of the test particle. An asymmetric situation, in which the oscillation frequency of the test particle is not centered within the heat bath bandwidth, is depicted in Fig. 2.

One can obtain situations with no thermalization, thermalization at a temperature different from the one of the reservoir, or complete thermalization, depending upon the relative location of the test particle frequency with respect to the frequency spectrum of the reservoir. The reservoir, whose energy distribution is depicted in the upper-left panel, is chosen with a bandwidth equal to the one in Fig. 1d. In the other five plots in Fig. 2, the energy distribution of the test particle is shown for increasing values of its oscillation frequency. In particular, at $\Omega < \omega_{\text{IR}}$ (panels (b) and (c)), the test particle does not thermalize, and its energy distribution shows a peak at a finite energy. In fact, in the limit $\Omega \to 0$ (free test particle) and for $\Delta \omega \to 0$ (resonant bath) the equations of motion correspond to a driving force and an unlimited increase of energy in time. The presence of a finite $\Delta \omega$ introduces dephasing among the oscillators and consequently a finite and stationary energy peak proportional to $\xi$. In panel (d), the particle reaches a Boltzmann distribution with a temperature close to the one of the reservoir $T_{\text{tp}} \simeq T_{\text{res}}$, whereas in panels (e) and (f) the Boltzmann distributions of the test particle correspond to significantly lower temperatures.

By repeating the procedure for different values of the angular frequency of the test particle, we find three different regimes, as shown in Fig. 3. At low angular frequencies $\Omega \ll \omega_{\text{IR}}$, the test particle approaches an equilibrium state of non-Boltzmann nature corresponding to an effective temperature significantly lower than the reservoir temperature, with a flat dependence upon the frequency. The lack of thermalization in this situation resembles the situation of the Brownian motion of a free particle (obtainable in our case as the limit $\Omega \to 0$) coupled to a bath with super-Ohmic density of states $\omega_{\text{UV}}$. In the intermediate regime $\omega_{\text{IR}} \leq \Omega \leq \omega_{\text{UV}}$, the test particle generally approaches complete thermalization at $T_{\text{tp}} \simeq T_{\text{res}}$. In the region where $\Omega \gg \omega_{\text{UV}}$, the test particle has a Boltzmann energy distribution at a temperature $T = \bar{E} / k_B$.

**FIG. 1:** Dependence of the energy distribution of the test particle on the frequency bandwidth of the bath oscillators. The number of times $N_{\text{tp}}$ the test particle is found to be with energy between $E$ and $E + \Delta E$ (with $\Delta E = 0.5$ the energy binning interval) is plot versus the energy of the test particle (expressed in arbitrary units). The heat bath consists of 400 harmonic oscillators with frequencies centered around the test particle frequency, $\Omega = 60$ in arbitrary units, and with bandwidth equal to $\Delta \omega = 0$ (resonant bath, (a)), $\Delta \omega = 10$ (b), $\Delta \omega = 40$ (c), and $\Delta \omega = 80$ (d). The test particle energy, initially assigned to be zero, is sampled at random times, on average every 0.1 times its intrinsic period of oscillation. Apart from the degenerate bath case [10], we have observed that the test particle approaches its stationary energy state regardless of its initial conditions provided that these correspond to an effective temperature significantly lower than the reservoir temperature, with a flat dependence upon the relative location of the test particle frequency with respect to the frequency spectrum of the reservoir. The reservoir, whose energy distribution is depicted in the upper-left panel, is chosen with a bandwidth equal to the one in Fig. 1d. In the other five plots in Fig. 2, the energy distribution of the test particle is shown for increasing values of its oscillation frequency. In particular, at $\Omega < \omega_{\text{IR}}$ (panels (b) and (c)), the test particle does not thermalize, and its energy distribution shows a peak at a finite energy. In fact, in the limit $\Omega \to 0$ (free test particle) and for $\Delta \omega \to 0$ (resonant bath) the equations of motion correspond to a driving force and an unlimited increase of energy in time. The presence of a finite $\Delta \omega$ introduces dephasing among the oscillators and consequently a finite and stationary energy peak proportional to $\xi$. In panel (d), the particle reaches a Boltzmann distribution with a temperature close to the one of the reservoir $T_{\text{tp}} \simeq T_{\text{res}}$, whereas in panels (e) and (f) the Boltzmann distributions of the test particle correspond to significantly lower temperatures.

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**FIG. 2:** Dynamics of thermalization. From top-left to bottom right: energy distribution for the heat bath composed of 400 oscillators (a), and energy distribution of the test particle, after $10^4$ random samplings, with a frequency $\Omega = \omega_{\text{IR}}/20$ (b), $\Omega = \omega_{\text{IR}}$ (c), $\Omega = (\omega_{\text{IR}} + \omega_{\text{UV}})/2$ (d), $\Omega = \omega_{\text{UV}}$ (e), and $\Omega = 20\omega_{\text{UV}}$ (f). The straight lines are best fits with Boltzmann distributions. Since, as visible in (b) and (c), the energy distribution differs significantly from the Boltzmann distribution at small $\Omega$, the corresponding quoted temperatures from the Boltzmann fitting have to be interpreted as effective temperatures, measuring the average energy of the test particle rather than the slope of a Boltzmann distribution.
oscillators with uniform density of states between $\omega$ be trivially addressed in a perturbative approach \[19\].

FIG. 3: Efficiency of thermalization versus test particle frequency. Shown is the ratio between the temperature of the test particle and the temperature of the heat bath versus the angular frequency of the test particle (in arbitrary units), for different mass ratios $m/M$. The heat bath is composed of 400 oscillators with uniform density of states between $\omega_{\text{IR}}=20$ and $\omega_{\text{UV}}=100$, as indicated by the brown rectangle in the lower part of the plot.

thermalization upon the mass ratio further implication a non monotonic dependence of the regions are in agreement with this scaling. This has as a different mass ratios $m/M$ angular frequency of the test particle (in arbitrary units), for test particle and the temperature of the heat bath versus the frequency. Shown is the ratio between the temperature of the

$T_{\text{tp}} \ll T_{\text{res}}$ which is frequency-dependent. This may be understood by considering the fact that a finite ultraviolet cut-off for the heat bath implies non-Markovian behaviour. Then a high-frequency test particle should be dynamically decoupled from the heat bath in analogy to the mechanism introduced in \[17, 18\] for open quantum systems. Notice that, in the case of $m/M = 0.1$ in Fig. 3 (and, less manifestly, for the curve at $m/M = 10^{-2}$), the region of nearly complete thermalization is shifted towards significantly larger frequencies with respect to the interval $[\omega_{\text{IR}}, \omega_{\text{UV}}]$. The obtained data are stable with respect to the choice of the initial time at which the sampling of the test particle energy is performed; even waiting more than four orders of magnitude does not change the thermalization pattern.

This behaviour may be qualitatively understood by thinking of the case of a degenerate heat bath. In this extreme situation, the particle is either in resonance with the bath oscillators, trading energy in an efficient way, or otherwise always detuned, limiting the energy exchange both in amplitude and speed. Since the effective frequency of oscillation of the test particle in Eq. (9) is renormalized as $\Omega = (1 + \xi)^{1/2} \Omega$, if $\xi$ is significantly larger than unity we expect the resonance to occur at angular frequencies higher than the intrinsic angular frequency of the test particle. In the cases of $m/M = 10^{-2}$ and $m/M = 10^{-1}$ we expect, respectively, $\Omega = \sqrt{5} \Omega$ and $\Omega = \sqrt{41} \Omega$, and the shifts of the thermalization regions are in agreement with this scaling. This has as a further implication a non monotonic dependence of the thermalization upon the mass ratio $m/M$, which cannot be trivially addressed in a perturbative approach \[19\].

FIG. 4: Dependence of the efficiency of thermalization upon the particle masses. Shown is the ratio between the temperature of the test particle and the temperature of the heat bath versus the ratios between the mass of the test particle and the mass of the oscillators in the heat bath. Different plots correspond to different frequencies of the test particle, from $\Omega = 0.1 \omega_{\text{IR}}$ to $\Omega = 10 \omega_{\text{UV}}$, as described in the legend.

At constant $\Omega$, we expect that by increasing the mass ratio, the parameter $\xi$ becomes so large as to detune the effective response of the test particle, making its thermalization to the heat bath less efficient.

This feature is clearly evidenced in Fig. 4 where the mass ratio dependence is shown for four frequencies in different spectral regions. For small values of $\Omega$, thermalization is initially proportional to $m/M$, then decreases when this parameter is in the $10^{-2}$ range. For $\Omega >> \omega_{\text{UV}}$, the behaviour of $T_{\text{tp}}/T_{\text{res}}$ is well described by a direct proportionality law, i.e. $T_{\text{tp}}/T_{\text{res}} \simeq m/M$.

We have also repeated the simulations for various examples of the density of states of the particles in the heat bath, with very little effect on the thermalization features apart from the peak region, as will be reported elsewhere \[20\].

In conclusion, we have studied thermalization of a test particle in contact with a finite reservoir, showing that this occurs only for specific relationships between the frequency and the mass of the test particle and the corresponding quantities of the particles constituting the reservoir. These results may be understood as the intermediate case between the two extreme situations of a reservoir with an infinite bandwidth and a reservoir with a degenerate spectrum of frequencies. The analysis can be extended to generic, nonlinear couplings between the test particle and the reservoir with numerical techniques.

The interpretation of two recent experiments in nanomechanics may be reconsidered in light of the results obtained here. In particular, the observation of discontinuous features in the mechanical transfer function of high-frequency nanoresonators operated at low temperatures.
reported in [21], could be attributed to non-equilibrium features of the test particle, in this case a high-frequency mode of a nanomechanical structure. Our conjecture is that for nanomechanical structures the infrared cut-off frequency \( \omega_{IR} \) (ultraviolet cut-off frequency) is significantly larger (smaller) than in the bulk. The infrared cut-off is determined by the lowest frequency which sustains stationary vibrations in the structure, and for typical sound speeds \( v_s \approx 10^3 - 10^4 \) m/s and typical sizes involved in high frequency nanoresonators \((100 \text{ nm}-1 \mu \text{m})\) as in [21], we can easily have \( \omega_{IR} \approx 1-10 \text{ GHz} \), realizing a situation where \( \Omega \leq \omega_{IR} \). Likewise, the Debye frequency could differ significantly with respect to the bulk situation due to the effective lower dimensionality of the nanostructure. The effective temperature felt by the nanoresonator could then be quite different from the one expected by measuring the external bath to which it is coupled. This should be confirmed by both dedicated experiments on thermal properties, such as specific heat and heat conductivity, \( ab \text{ initio} \) calculations of the density of states, as well as repetitions of the experiments with higher frequency resonators and modified size of the structures, possibly leading to a new route to investigate non-equilibrium quantum statistical mechanics [22].

Also, in [23], a phenomenon of cooling has been interpreted as due to quantum back-action of the read-out system, even though the system was well above the standard quantum limit. A more economical interpretation is instead available by imagining the effective temperature of the nanoresonator as resulting from the competition between two effective classical heat baths at different temperatures. This is in line with the phenomenon of cold damping introduced eight decades ago [24], and demonstrated for macroscopic resonators in [25]. Moreover, the data show intriguing anomalies, since the effective noise temperature and the noise spectral densities reported give values \( 10^2 \) and \( 15 \) times above the standard quantum limit, respectively [23]. This large discrepancy could be due to a partial thermalization of the nanoresonator in the presence of two competing baths. From our perspective, the study of the thermalization of a particle in simultaneous interaction with two heat baths should shed light on this phenomenon already at the classical level, especially focusing on the energy distribution which, in the presence of finite resources, is not necessarily of Boltzmann nature.

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