Mechanism of water savings and pollution reduction in paddy fields of three typical areas in southern China

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Abstract: Field irrigation and drainage regulation and fertilization application could affect water utilization and pollution transportation in a paddy field. In this study, representative rice-producing areas of Zhejiang Province in southern China were selected to study the effects of different field water level control (conventional irrigation and drainage W0, controlled irrigation and drainage W1 and W2) and different fertilization methods (2 times of fertilization F2 and three times of fertilization F3) on water irrigation quantity and consumption of rice, rice growth, water utilization, and pollution reduction. Results showed that field water level control had a great effect on irrigation quota in growing period rather than that in soaking period, and irrigation quota for W0 was 37.0%-71.7% higher than that for W1 and W2 in the whole growth period of rice. Although the upper limit of rain storage was greatly increased by W1 and W2, on the contrary, the yield under W1 and W2 was 0.4%-2.1% higher than that under W0. Water consumption, water leakage, and evapotranspiration were 16.6%-34.40%, 39.97%-60.80%, and 9.40%-31.53% lower under W1 and W2 than those under W0, respectively, while it showed no significant changes under W1 and W2. Rainfall use rate and WUEI (water use efficiency of irrigation) under W1 and W2 had been significantly improved by 8.20%-129.58% and 31.58%-201.61% compared to W0. The contribution of nitrogen and phosphorus loss from surface water accounted for 90% and the total pollution load of total nitrogen (TN), NO3⁻, N, NH4⁺, N, and chemical oxygen demand (COD) were 20.0%-63.4%, 21.8%-66.3%, 21.5%-63.8%, and 21.4%-46.5% lower for W1 and W2 than that for W0, respectively. Meanwhile, compared to F2, dispersed fertilization (F3) was beneficial to increase the yield and decrease pollutant load. Additionally, the path of IRA → NH4⁺ → N → COD and IRA → WCA → WUEI presented partial remediation effect, and the effect size was 23.6% and 38.1%, respectively, the path of IRA → WUEI → WUEET presented a full remediation effect, and the path of IRA → WCA → WUEET presented suppression effect.

Keywords: controlled irrigation and drainage, water consumption, water use efficiency, non-point source pollution, structural equation mode

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1 Introduction

Rice is one of the most important food crops in the world. Nearly 50% of the world's population takes rice as the main food. Therefore, promoting the stable and healthy development of rice production in China is an important way to achieve regional and global food security. At the same time, the contradiction of water shortage in China has become increasingly prominent. With the large consumption of water in industry and cities, the gap of irrigation water for agriculture has reached 60 billion m³ every year, and this is increasing year by year. With unreasonable field irrigation and drainage methods, agricultural non-point source pollution is also becoming more and more serious. Rice is a high water-consuming crop, lack of water supply will seriously limit the high and stable yield of rice. The water demand of paddy rice is a comprehensive physiological and ecological index to evaluate the suitability of rice growth. Facing the increasingly severe water resources crisis, agricultural water-saving techniques on basis of improving crop water use efficiency has a great development potential.

Conventional irrigation and drainage management requires large quantities of fresh water, and could cause field surface runoff when fields are over-irrigated or heavy rainfall occurs. Especially in southern China, although rainfall is abundant, most of the rainwater is wasted through paddy field runoff and ground leakage, and a large amount of nitrogen and phosphorus elements entered into the ambient water bodies, resulting in low rainwater use efficiency and non-point source pollution. Field water level control is the key to realizing the joint water-saving
irrigation and controlled drainage by regulating soil moisture and increasing rain storage in field surface\(^{10}\) to reduce irrigation frequency and irrigation amount\(^{11}\), and also reduce pollution reduction\(^{12}\) and improve rainfall use efficiency\(^{13}\), which has become a hot spot in the field of agricultural soil and water engineering. Li et al.\(^{14}\) found that the rainfall storage irrigation treatment showed a better rainfall and water use efficiency compared to conventional irrigation. Omer et al.\(^{15}\) studied the impact of water level regulation on the paddy field nutrient runoff through mathematical simulation, and the results showed that the water level regulation model can effectively reduce the net runoff load of total nitrogen and total phosphorus by reducing irrigation water in a paddy field, and also could reduce nutrient runoff loss by controlling surface drainage. Gao\(^{16}\) found that, when the upper limit of rain storage was increased to 200 mm, the irrigation water volume was decreased by 9.7%-37.1%, while water use efficiency of irrigation was increased by 14.6%-51.5%, and grain yield was increased by 3.5%. Shao et al.\(^{17}\) found that controlled irrigation and drainage reduced drainage volume by 15.8%-31.3% and increased the efficiency of available rainfall and irrigation by 1.98%-3.46%. Xiao et al.\(^{18}\) found that the NH\(_4\)+-N and NO\(_3\)−-N concentration was decreased by 55.56% and 42.81% respectively after 5 d of flooding after rainstorm under the condition of collaborative regulation on irrigation and drainage. Kroger et al.\(^{19}\) studied in the Mississippi River Delta showed that the controlled drainage can intercept 47.0% of the phosphorus in the farmland drainage, reducing the phosphorus loss to 2.4% of the farmland fertilization.

At present, a lot of research has been done on the response and regulation mechanism of irrigation and drainage regulation to rice water demand, growth characteristics and fertilizer loss, but most of them are aimed at specific areas with the same geographical characteristics. However, in different areas, the regulation of field water level is different due to different soil characteristics and topographic characteristics. Therefore, in this study, three typical areas in southern China were selected, including hilly area, coastal plain area and plain river network area, and the corresponding field irrigation and drainage water level regulation was selected in different typical areas. This study aimed to analyze the impact of field water level regulation on irrigation and water consumption, water use efficiency, crop growth and yield, pollution reduction from subsurface and groundwater in paddy fields. Additionally, the structural equation model (SEM) was established to deeply analyze the mechanism of water savings and pollution reduction in paddy fields. The research results have important theoretical and practical significance for formulating scientific and reasonable field irrigation and drainage management model, which could provide instruction for solving the contradiction between supply and demand of water resources and reducing non-point source pollution of rice irrigation areas in southern China.

2 Materials and methods

2.1 Experimental site

The experiment was conducted at three key irrigation experiment stations in Zhejiang Province from 2017 to 2019. The experimental areas are located at Jinhua (119°58'E, 28°56'N), Taizhou (121°30'E, 28°30'N) and Jiaxing (121°10'E, 30°43'N) respectively, which can represent the basic situation of the three major crop-producing areas of the hilly area in Central Zhejiang, the coastal plain area in Eastern Zhejiang and the plain river network area in Northern Zhejiang plain. The locations of experiment stations are shown in Figure 1. The average annual precipitation is 1170-1669 mm, the average temperature is 17.5°C-24.0°C, the frost-free period is 225-245 d, the annual relative humidity is 68%-82%, and the annual sunshine is 1909-2037 h. The soil is loam, with a pH value of 5.2-6.0, bulk density of 1.1-1.5 g/cm\(^3\), total nitrogen of 2.1-2.6 g/kg, organic matter of 36.2-38.0 g/kg, available phosphorus of 8.6 mg/kg, and exchangeable potassium of 59.5-61.2 kg/kg.

2.2 Experimental design

The whole growth stage of rice was divided into seven stages: soaking, re-greening, tillering, jointing-booting, heading-flowering, milking and ripening stage. For Yongkang experiment station, paddy rice (hybrid rice Zhongzhheyou 1) was grown with 3 kinds of irrigation and drainage methods including conventional irrigation and drainage W0, two kinds of controlled irrigation and drainage (W1-H: intermittent irrigation, and W2-H: rainfall storage-intermittent irrigation). As for Jinqing experiment station, paddy rice (hybrid rice Yongyou 1540) was grown with 3 kinds of irrigation and drainage methods including conventional irrigation and drainage W0, two kinds of controlled irrigation and drainage (W1-CP: rain storage-thin dew irrigation, and W2-CP: high rainfall storage irrigation). And for Pinghu experiment station, paddy rice (conventional single cropping rice Xiushui 12) was grown with 3 kinds of irrigation and drainage methods including conventional irrigation and drainage W0, 2 kinds of controlled irrigation and drainage (W1-PR: thin dew irrigation, W2-PR: same as W2-CP). Water level controls are listed in Table 1.

Two fertilization methods were set for each typical area, namely, two times of fertilization (F2) and three times of fertilization (F3). F2 was applied with base fertilizer and tillering fertilizer, and the fertilization time was before tillering stage and during tillering stage respectively. F3 was applied with base fertilizer, tillering fertilizer and panicle fertilizer, and the fertilization time was before tillering stage, during tillering stage and before heading and flowering stage respectively. Fertilizer varieties and amounts in different typical areas are listed in Table 2.
Table 1  Water level control in paddy field for different irrigation methods (mm)

| IM  | WLC   | RG   | ETL  | LTL  | JB   | HF   | ML   | RP   |
|-----|-------|------|------|------|------|------|------|------|
| W0  | Lower limit | 20   | 20   | 30   | 30   | 10   | 10   | 0    |
|     | Upper limit | 30   | 50   | 60   | 60   | 50   | 50   | 0    |
|     | Rain storage | 50   | 70   | 90   | 100  | 100  | 60   | 20   |
| W1-H| Lower limit | 0    | Exposing field 3-5 d | Exposing field 2-4 d | Exposing field 2-4 d | Exposing field 3-5 d |
|     | Upper limit | 30   | 30   | Field dry | 40   | 40   | 30   |
|     | Rain storage | 40   | 50   | Field dry | 60   | 60   | 60   |
| W2-H| Lower limit | 0    | Exposing field 3-5 d | Exposing field 3-1 d | Exposing field 3-5 d |
|     | Upper limit | 30   | 30   | Field dry | 40   | 40   | 30   |
|     | Rain storage | 50   | 70   | 120  | 200  | 200  | 100  | 60   |
| W1-CP| Lower limit | 5    | 0.8θ₀ | 0.7θ₀ | 0.9θ₀ | 0    | 0    |
|     | Upper limit | 30   | 20   | 20   | 30   | 30   | 20   |
|     | Rain storage | 50   | 80   | 140  | 120  | 80   |
| W2-CP| Lower limit | Soil wet | 0.7θ₀ | 0.6θ₀ | 0.7θ₀ | 0.8θ₀ | 0.7θ₀ |
|     | Upper limit | 50   | 100  | 150  | 200  | 200  | 100  |
|     | Rain storage | 50   | 50   | 60   | 60   | 30   |
| W2-PR| Lower limit | 5    | 0.8θ₀ | 0.7θ₀ | 0.9θ₀ | 0    | 0    |
|     | Upper limit | 30   | 20   | 20   | 30   | 30   | 20   |
|     | Rain storage | 40   | 50   | 60   | 60   | 30   |

Note: IM and WLC represented irrigation method and water level control; RG, ETL, LTL, JB, HF, ML and RP represented the growth stage of re-greening, early tillering, late tillering, jointing-booting, heading-flowering, milking, and ripening stage of paddy field; θ₀ represented water holding capacity in paddy field. H, CP, and PR represent hilly area, coastal plain area and plain river network area, respectively.

Table 2  Fertilization methods and amount in different experimental areas

| Station                  | Fertilizer method                        | Fertilizer variety                       | Amount               |
|--------------------------|------------------------------------------|------------------------------------------|----------------------|
| Hilly area (Jinhua)      | F2 Base fertilizer: compound fertilizer  |                                         | 600 kg·hm⁻²         |
|                          | Tillering fertilizer: compound fertilizer|                                         | 600 kg·hm⁻²         |
|                          | F3 Base fertilizer: compound fertilizer  |                                         | 600 kg·hm⁻²         |
|                          | Tillering fertilizer: compound fertilizer|                                         | 360 kg·hm⁻²         |
|                          | Panicle fertilizer: compound fertilizer  |                                         | 240 kg·hm⁻²         |
| Coastal plain area (Taizhou) | F2 Base fertilizer: compound fertilizer and urea | 660 kg·hm⁻² compound fertilizer and 30 kg·hm⁻² urea | 250 kg·hm⁻² urea |
|                          | Tillering fertilizer: urea               |                                         |                      |
|                          | F3 Base fertilizer: compound fertilizer and urea | 660 kg·hm⁻² compound fertilizer and 30 kg·hm⁻² urea |                      |
|                          | Tillering fertilizer: urea               |                                         | 150 kg·hm⁻²         |
|                          | Panicle fertilizer: urea                 |                                         | 100 kg·hm⁻²         |
| Plain river network area (Jiaxing) | F2 Base fertilizer: urea | 130 kg·hm⁻²                                |                      |
|                          | Tillering fertilizer: urea               |                                         | 100 kg·hm⁻²         |
|                          | F3 Base fertilizer: urea                 |                                         | 130 kg·hm⁻²         |
|                          | Tillering fertilizer: urea               |                                         | 80 kg·hm⁻²          |
|                          | Panicle fertilizer: urea                 |                                         | 50 kg·hm⁻²          |

Note: Compound fertilizer with N:P:K was 18:8:15, and the nitrogen content in urea was 47%.

2.3 Indicators and measurements

Water consumption was measured by the change of water level in field surface according to the measuring instrument when there has a water layer, while it was measured by soil water content change according to soil moisture analyzer at 8:00 a.m. every 3-5 d. Water leakage was measured by the leakage meter every day, and then the leakage amount was calculated according to the reading difference by the measuring needle before and after the transpiration was the difference between water consumption and leakage. Irrigation quota was measured by water meter in entrance in each experimental plot. The total irrigation quota in the whole growth stage was the sum of irrigation quota in every growth stage. At the end of the growth period, 5 holes of rice plants were chosen for yield measurement. The yield was calculated by measuring the yield-related factors such as the thousand-grain weight, the number of grains per spike, and the number of effective spikes. Water use efficiency (WUE) was defined as yield per unit of water consumption and calculated from the ratio of yield to water consumption, WUE could be divided into three types, and they were WUEᵣ, WUEᵢ and WUEₑ_parent when the water consumption represented irrigation water, rainfall and crop water consumption, respectively.

Leaf area index (LAI) was measured by LAI-2000 canopy analyzer. The canopy analyzer was placed between two rows of rice plants when measuring, and the probe was set in the north-south direction. The level of the tripod and the probe were ensured for each measurement. At each growth stage, three rice plants were selected randomly, then the root part was separated from the above-ground part and washed for measurement, main root length was measured by the rule. Dry matter accumulation (DMA) in above-ground part was measured by selecting three representative plants, and then the stems, leaves and spike were cleaned separately before being killed out in the drying cabinet at 105°C for 1 h. After that, the rice plants were dried in an oven at 80°C to the constant weight, the rice plant biomass of each part was weighed by a balance.

Irrigation and drainage waters were sampled when there was an irrigation or drainage process, and leakage water was sampled
once every growth stage by leakage meter. Total nitrogen (TN) in field surface water and ground water was measured by potassium per sulfate oxidation and ultraviolet spectrophotometry method. Total phosphorus (TP) was measured in unfiltered samples according to indophenol blue method. COD was measured by potassium dichromate method. NH$_4^+$-N was determined by the Nessler reagent spectrophotometry method. The NO$_3^-$-N concentration was measured by ultraviolet spectrophotometry method. The detailed measurement methods of TN, TP, COD, NO$_3^-$-N, and NH$_4^+$-N refer to [20].

2.4 Statistical analysis
Data calculation and diagramming were completed by Excel 2013. ANOVA analysis was carried out by SPSS Statistics 20. The path analysis method adopting SEM (structural equation model) was carried out by AMOS.

3 Results and discussion

3.1 Daily water consumption
Change of daily water consumption (DWC) of paddy rice at each growth stage in a typical area is shown in Figure 2. Under the same typical area, the change patterns for F2 or F3 were almost the same under the same water level control. Generally, DWC was about the same at the beginning and end of growth period, while it was lower for controlled irrigation and drainage (W1 and W2) than that for conventional irrigation (W0) during the other main growth periods. There was no significant difference between W1 and W2. It illustrated that field water conditions could be improved according to water-saving irrigation, which could effectively reduce field water consumption. For the hilly area, the peak of DWC was at the late tillering stage for W0 (8.72 mm), while it was at the jointing-booting stage for W1-H (6.77 mm) and W2-H (6.76 mm), the peak value was 1.3 times for W1-H or W2-H than that for W0. For coastal plain area, the peak of DWC was at the jointing-booting stage for W0 (8.67 mm), while it was at later tillering stage for W1-CP or W2-CP than that for W0. For plain river network area, there were 2 peak values for W0 (8.47 mm and 7.39 mm), W1-PR (6.07 mm and 6.83 mm) and W2-PR (6.25 mm and 5.98 mm), respectively, at the late tillering stage and heading-flowering stage, it was about 1.4 and 1.2 times for W1-PR or W2-PR than that for W0 at two peak points, respectively. It indicated that both rising and falling rates of W0 were greater than those of W1 and W2 at the three typical areas, and the values of DWC were at a relatively high level from late tillering stage to heading-flowering stage, which was mainly due to rice plant growing fast, and evaporation and transpiration were large during these periods. In addition, the DWC of different rice varieties varied greatly, which showed that the DWC of hybrid rice was higher than that of conventional single cropping rice.

3.2 Irrigation quota
Changes in irrigation quota during the whole growth period of rice in typical area are shown in Figure 3. Irrigation quota includes irrigation amount in soaking period and growing period. Irrigation quota in soaking period was mainly related to soil moisture, soaking time and climate, and it had no relationship to irrigation and fertilizer regulation, therefore it showed no significant change in the same typical area. The average irrigation quota in soaking period was 108.9 m$^3$/hm$^2$, 682.5 m$^3$/hm$^2$ and 566.75 m$^3$/hm$^2$ respectively for hilly area, coastal area and plain river network. It was shown that the irrigation quota in soaking period at hilly area was significantly higher than that at plain area, whether it was coastal plain area or plain river network area.

Irrigation quota in growing period was mainly affected by irrigation and drainage control in a paddy field, and it was higher for conventional irrigation (W0) than those for controlled irrigation and drainage (W1-H, W2-H, W1-CP, W2-CP, W1-PR and W2-PR) in the whole growth period of rice and the fertilizer application showed no regularity on irrigation quota. For the hilly area, the irrigation quota for W0 was 58.3% and 57.7% higher than that for W1-H and W2-H. For coastal area, the irrigation quota for W0 was 37.0% and 52.8% higher than that for W1-CP and W2-CP, while for plain river network area, it was 41.4% and 71.7% higher than that for W1-PR and W2-PR. Meanwhile, the difference between W1 (W1-CP and W1-PR) and W2 (W2-CP and W2-PR) was obviously significant at both coastal plain area and plain river network area. The main reason was that the water level regulation of W2-CP and W2-PR was the same, and the flood resistance of rice was used to the greatest extent, which greatly increased the upper limit of rain storage, and more rainfall was retained through the ridge in paddy field, which increased the rainfall use efficiency, so as to reduce the amount of irrigation water. Won examined the effects of very shallow intermittent irrigation (VSII, 2 cm), shallow intermittent irrigation (SII, 4 cm) and traditional deep water irrigation (DWI, 10 cm) on rice growth, yield and water irrigation amount in the field for two years, the result showed that the water-saving rate was 32.9% in VSII and 17.2% in SII as compared with DWI, but the crop and yield were not significantly influenced in Korea[21]. The reason why the water-saving range was higher in our study than that of won’s research results was that the field water level regulation was added to the upper limit of water level control and rain storage, so the rainfall use efficiency was improved and the irrigation water volume was greatly reduced.
3.3 Crop growth and yield

Change of crop growth and yield during the whole growth period in typical areas are shown in Figure 4. In the same typical area, for hilly area, under W0, the average root length, DMA, LAI, and yield of rice were 287.5 mm, 262.9 g, 1.78, and 9117.3 kg/hm², respectively, under W1-H, they were 290.0 mm, 272.7 g, 1.87 and 9304 kg/hm², respectively, under W2-H, they were 307.5 mm, 291.0 g, 1.91 and 9310.5 kg/hm², respectively. For coastal plain area, under W0, they were 290 mm, 335.5 g, 1.85 and 11086.5 kg/hm², respectively, under W1-CP, they were 295 mm, 332 g, 1.93, and 10941.0 kg/hm², respectively, under W2-CP, they were 320 mm, 341 g, 1.94 and 11328.8 kg/hm², respectively. For plain river network area, under W0, they were 266.0 mm, 189.1 g, 1.45, and 8064.8 kg/hm², respectively, under W1-PR, they were 270 mm, 208.9 g, 1.55, and 8206.5 kg/hm², respectively, under W2-PR, and they were 274.5 mm, 216.7 g, 1.57, and 8123.3 kg/hm², respectively. It can be seen that the growth indicators and yield of rice under controlled irrigation and drainage (W1 and W2) were significantly higher than those under conventional irrigation and drainage (W0). W1 and W2 were basically the same, and the difference was not obvious. Compared with W0, the average increase in the range of root length, DMA, LAI, and yield under W1 or W2 were 2.3%-4.0%, 0.3%-12.5%, 4.4%-7.4%, and 0.4%-2.1%, respectively. The crop growth indicators and yield of F3 were slightly higher than that of F2, indicating that decentralized fertilization was more conducive to rice growth. Le found that alternate wetting and drying water management was effective and could conserve water, and rice yield can be maintained by achieving a maximum drying index\(^{(22)}\), which was consistent with our study.
plain river network area, they were 271.2 mm, 206.2 g, 1.54, and 8150.7 kg/m², respectively. It showed that the growth and yield of crops in hilly area were close to those in coastal plain area, but they were much higher than those in plain river network area. It was because the rice varieties in hilly area and plain river network areas were hybrid rice, while it was conventional single cropping rice in plain river network. Yuan found that the growth characteristics and absorption and transformation capacity of different rice varieties were quite different. Among them, the yield potential of hybrid rice was generally 10%-20% higher than that of conventional rice, and the nitrogen uptake capacity was higher than that of conventional rice[23]. It was basically consistent with the changes in yield and growth characteristics in this paper.

3.4 Water demand and water use efficiency

Change of water demand and water use efficiency (WUE) in typical areas is listed in Table 3. Generally, in a typical area, the water demand of leakage, evapotranspiration, and water consumption under controlled irrigation and drainage (W1 and W2) was obviously lower than that under conventional irrigation and drainage (W0), but rainfall utilization rate was the opposite, and the water demand showed no significance between W1 and W2. As for different fertilizer times, it showed no significance between F2 and F3, basically, therefore, it was only analyzed under different water level regulations. For hilly area, compared to W0, the leakage, evapotranspiration, water consumption and rainfall utilization rate was 40.31%, 19.09%, 19.95% lower, but 8.20% higher than that of W1-H, and it was 39.97%, 18.68%, 19.55% lower, but 9.84% higher than that of W2-H. For coastal plain area, compared to W0, it was 54.64%, 2.58%, 6.91% lower, but 19.51% higher than that of W1-CP, and it was 60.80%, 1.52%, 6.63% lower, but 43.90% higher than that of W2-CP. For plain river network area, compared to W0, it was 58.53%, 31.53%, 34.40% lower, but 30.99% higher than that of W1-PR, and it was 50.84%, 9.40%, 13.82% lower, but 129.58% higher than that of W2-PR. In different typical areas, evapotranspiration and water consumption was 27.73% and 24.20% larger in hilly area (hybrid rice), 29.47% and 27.97% larger in coastal area (hybrid rice) than that of plain river network (conventional single cropping rice), and the difference was mainly caused by the difference of rice varieties.

Table 3 Change of water demand and water use efficiency in typical area in Zhejiang Province, China

| Typical area          | Water demand/mm            | WUE/kg m⁻³ | WUEI | WUEP | WUEET |
|-----------------------|----------------------------|------------|------|------|-------|
| **Hilly area**        | W0F2 27.0±1.24              | 649±6.06   | 676±6.18 | 61±3.46 | 2.1±0.04 |
|                       | W0F3 30.8±1.07              | 646±6.32   | 677±6.29 | 61±3.46 | 2.1±0.04 |
|                       | W1-CPF2 17.3±0.93           | 522±3.99   | 539±6.48 | 66±3.34 | 3.2±0.05 |
|                       | W1-CPF3 17.2±1.17           | 527±5.06   | 544±5.49 | 66±3.46 | 3.2±0.05 |
|                       | W2-HF2 16.8±1.07            | 530±4.95   | 546±8.46 | 67±3.34 | 3.1±0.05 |
|                       | W2-HF3 17.9±1.11            | 524±5.03   | 542±4.89 | 67±3.46 | 3.2±0.05 |
| **Coastal plain area**| W0F2 60.0±1.73              | 578±2.87   | 638±5.17 | 43±1.73 | 1.9±0.06 |
|                       | W0F3 52.0±1.15              | 609±5.25   | 661±11.55 | 39±2.31 | 1.9±0.03 |
|                       | W1-CPF2 27.3±0.49           | 564±2.31   | 593±7.50 | 46±0.58 | 2.5±0.06 |
|                       | W1-CPF3 23.5±0.29           | 592±5.78   | 616±3.46 | 50±0.58 | 2.5±0.06 |
|                       | W2-CFP2 24.1±0.15           | 560±3.46   | 584±1.31 | 58±1.15 | 3.1±0.05 |
|                       | W2-CFP3 19.8±0.12           | 609±3.21   | 629±1.86 | 60±0.88 | 3.0±0.02 |
| **Plain river network area** | W0F2 56.5±1.48           | 488±1.91   | 524±6.62 | 35±0.58 | 3.1±0.05 |
|                       | W0F3 56.6±1.13              | 480±6.35   | 537±2.33 | 36±0.42 | 3.1±0.03 |
|                       | W1-PRF2 21.5±0.29           | 321±7.46   | 343±2.55 | 45±0.73 | 5.2±0.06 |
|                       | W1-PRF3 25.4±0.44           | 327±3.06   | 353±4.04 | 48±0.64 | 5.5±0.04 |
|                       | W2-CFP2 26.8±0.61           | 425±3.96   | 452±1.91 | 82±0.58 | 9.3±0.08 |
|                       | W2-CFP3 28.8±0.69           | 434±5.48   | 463±2.60 | 81±0.46 | 9.4±0.12 |

WUE could directly reflect the economic benefits of water resources. In a typical area, WUEI and WUEET for W1 and W2 were higher, but WUEP was lower than that of W0, obviously, and WUE showed obvious significance in coastal plain area and plain river network area, but no significance in hilly area between W1 and W2. As for different fertilizer methods, it showed no significance between F2 and F3, basically. For hilly area, compared to W0, WUEI, WUEET, and WUEP was 52.38%, 29.63% higher and 7.79% lower than that of W1-H, while 50.0%, 25.93% higher and 10.39% lower than that of W2-H. For coastal area, it was 31.58%, 4.35% higher and 17.54% lower than that of W1-CP, while 60.53%, 13.04% higher and 21.95% lower than that of W2-CP. For plain river network area, it was 72.58%, 40.00% higher and 17.72% lower than that of W1-PR, while 201.61%, 17.14% higher and 34.18% lower than that of W2-PR. In different typical areas, the difference of WUE was mainly caused by the difference in rice varieties.

The analysis above indicated that water consumption of rice was affected mainly by irrigation methods and rice varieties. As for W1 and W2, the water layer of paddy field was effectively controlled, resulting in wet and dry alternation for rice plants. While ensuring the physiological water demand (evapotranspiration) of rice and ecological water demand of rice fields, the field surface evaporation was reduced, therefore the water consumption could be significantly reduced, at the same time, the evapotranspiration of hybrid rice was obviously higher than that of conventional single cropping rice. WUEI was affected by yield and irrigation amount, and it was obviously higher for W1 and W2 than that for W0, and WUE was affected by yield and rain storage, W1 and W2 had no significant difference because of rain storage in hilly area, however, they were obvious significant in coastal plain area and plain river network area, that was the reason obvious significance of WUE in coastal plain area and plain river network area. Rice water demand is an important part of rice field water balance and an important link in the study of water cycle, and the law of rice water demand is the dynamic demand characteristics of rice for water in the growth process[29]. Peng found that compared with the shallow wet irrigation and field groundwater depth control, the
water demand under the controlled irrigation and suitable groundwater depth model was reduced by 25.3%, and the water demand under the controlled irrigation and controlled groundwater depth model was reduced by 34.4%[25]. In our study, compared to W0, water demand of evapotranspiration was decreased by 9.40%-31.53% under W1 and W2, which was basically consistent with Peng’s results.

3.5 Non-point source pollution reduction

The dynamics of pollution reduction in paddy field is shown in Figure 5, and the total reduction of pollution load is listed in Table 4. Generally, the reduction of non-point source pollution occurred mainly in surface water. It was clear that nitrogen was the main pollution in surface water and groundwater, while phosphorus mainly in surface water. It was clear that nitrogen was the main pollution in surface water and groundwater, while phosphorus mainly in surface water. It was clear that nitrogen was the main pollution in surface water and groundwater, while phosphorus mainly in surface water.

Figure 5  Pollution reduction under water and fertilizer regulations in typical areas of Zhejiang Province, China

Table 4  Total reduction of pollution in the field under different water and fertilizer regulations in typical areas of Zhejiang Province, China

3.6 Water savings and pollution reduction mechanism

SEM is a method to establish, estimate and test causality model[27]. In order to clarify the impact mechanism of field irrigation and drainage regulation on water savings and pollution reduction, SEM was used to analyze the causality between irrigation water amount, WUE, non-point source pollution reduction and crop yield. The results of SEM and path analysis are shown in Figure 6, and the fitting results of model parameters

Note: S represented field surface drainage; G represented groundwater seepage.
Meanwhile, the crop growth and yield of F3 were slightly higher of root length, DMA, LAI and yield under W1 or W2 were 2.3%–

26.7% higher than that of conventional rice. The analysis of remediation effect was shown in Table 6. The path of IRA→NH4\(^+\)–N→COD presented partial remediation effect, that was, the impact mechanism of IRA on COD, partly through IRA on COD, partly through the intermediary variable NH4\(^+\)–N, and the effect size was 23.6%. The path of IRA→WUE\(_I\)→WUE\(_E\) presented a full remediation effect, that was the influence mechanism of IRA on WUE\(_E\), IRA affected the intermediary variable WUE\(_I\), firstly, and then intermediary variable WUE\(_I\) affected WUE\(_E\). The path of IRA→WCA→WUE\(_E\) presented partial remediation effect, which would increase the total effect between independent variables and dependent variables, that was, after controlling the masking variable WCA, the effect of IRA on WUE\(_E\) would be strengthened. The path of IRA→WCA→WUE\(_I\) presented a partial remediation effect, this was, the impact mechanism of IRA on WUE\(_I\), part of which directly affected WUE\(_I\), and part of which affected WUE\(_I\) through IRA and part of which affected WUE\(_E\) through the intermediary variable WCA, and the effect size was 38.1%.

### Table 5  Fitting indexes of structural model

| Index | \(\chi^2\) | df | \(p\) | \(\chi^2/df\) | GFI | RMSEA | RMR | CFI | NFI | NNFI |
|-------|---------|-----|-----|-------------|-----|-------|-----|-----|-----|------|
| Value | 13.805  | 8   | 0.087 | 1.726 | 0.995 | 0.072 | 0.001 | 0.964 | 0.925 | 0.907 |

Note: IRA represents irrigation amount; WCA represents water consumption amount; the number in the figure is the standardized path coefficient; and the * sign indicates significance (* \(p<0.05\), ** \(p<0.01\)).

### Table 6  Effect analysis of remediation role

| X→M→Y  | c  | a | b | c*b | 95% BootCI | \(c'\) | Test result | Effect size |
|---------|----|---|---|-----|------------|-----|-------------|-------------|
| IRA→NH4\(^+\)–N→COD | 0.937** | 0.671** | 0.329 | 0.221 | -0.048 to 0.541 | 0.716** | Partial remediation | 23.6% |
| IRA→WUE\(_I\)→WUE\(_E\) | -0.310 | -0.773** | 0.568** | -0.439 | -0.888 to -0.334 | 0.128 | Full remediation | 100% |
| IRA→WCA→WUE\(_E\) | -0.310 | 0.406** | -1.270** | -0.516 | -1.010 to -0.274 | 0.206** | Suppression effect | 250.7% |
| IRA→WCA→WUE\(_I\) | -0.773** | 0.406** | -0.724 | -0.294 | -0.616 to -0.039 | 0.478 | Partial remediation | 38.1% |

Note: c represents the regression coefficient of X versus Y (when there is no intermediary variable m in the model), i.e., the total effect; a represents the regression coefficient of M versus Y, and a*b is the product of a and b, that is, the intermediary effect; 95% BootCI represents the 95% confidence interval calculated by Bootstrap sampling; \(c'\) represents the regression coefficient of X versus Y (when there is an intermediary variable M in the model), that is, the direct effect; and the * sign indicates significance (* \(p<0.05\), ** \(p<0.01\)).

### 4 Conclusions

From the above results and discussions, we could draw the following conclusions.

1) DWC was lower for 2 kinds of controlled irrigation and drainage methods (W1 and W2) than that for conventional irrigation (W0) except at the beginning and end of growth period. Field water conditions could be improved for reducing field water consumption according to water level control. Irrigation quota in field surface drainage accounted for 99.2%, 80.2%, 74.7%, 91.0% and 76.5% at hilly area, 89.3%, 69.6%, 22.8%, 83.4% and 89.1% at coastal plain area, 92.5%, 84.1%, 75.3%, 83.2% and 83.0% at plain river network area, respectively.

2) Rice growth and yield under W1 and W2 were significantly higher than those under W0, while W1 and W2 had no significant difference. Compared with W0, the average increase in the range of root length, DMA, LAI and yield under W1 or W2 were 2.3%-4.0%, 0.3%-12.5%, 4.4%-7.4%, and 0.4%-2.1%, respectively. Meanwhile, the crop growth and yield of F3 were slightly higher than that of F2. In addition, the yield of hybrid rice was 11.8%-26.7% higher than that of conventional rice.

3) Water consumption, water leakage and crop evapotranspiration were affected mainly by field water level regulation. While there is no significant difference between W1 and W2 themselves, they were 16.63%-34.40%, 39.97%-60.80%, and 9.40%-31.53% lower than those under W0, respectively. The effect of fertilization times on water demand was not significant. In a typical area, WUE\(_I\) and WUE\(_E\) for W1 and W2 were significantly higher, but WUE\(_P\) was lower than that of W0 in different typical areas, the difference of WUE was mainly caused by the difference of rice varieties.

4) Nitrogen was the main pollution in surface water and groundwater, while phosphorus accounts for a lower proportion. The surface nitrogen loss was mainly NH4\(^+\)–N, and the groundwater nitrogen loss was mainly NO3\(^-\)–N. The total pollution load of TN, NO3\(^-\)–N, NH4\(^+\)–N and COD was significantly reduced for W1 and W2 than that for W0. TP, TN, NO3\(^-\)–N, NH4\(^+\)–N and COD loss in field surface drainage accounted for 99.2%, 80.2%, 74.7%, 91.0% and 76.5% at hilly area, 89.3%, 69.6%, 22.8%, 83.4% and 89.1% at coastal plain area, 92.5%, 84.1%, 75.3%, 83.2% and 83.0% at plain river network area, respectively.

5) The structural equation model was established for IRA, WCA, WUE, pollution reduction and crop yield in typical areas of Zhejiang Province in China. The path analysis showed that IRA had a significant positive impact on WCA, WUE\(_E\), COD and NH4\(^+\)–N, but a significant negative impact on WUE\(_I\) and yield.
WCA had a significant positive impact on yield but a significant negative impact on WUEI and WUEET. WUEH had a significant positive impact on WUEET but a significant negative impact on yield. WUEHG had a significant positive effect on NH$_4$-N, and NH$_4$-N had a significant positive effect on COD.

6) The significance of farmland water level regulation in water abundant areas in southern China lies not only in water savings but also in reducing drainage and non-point source pollution. Its core is to increase rainfall retention depth and time by controlling the upper limit of rainfall storage, which can reduce water discharge and the concentration of non-point source pollutants. Especially from jointing and booting stage to the heading and flowering stage, the upper limit of rainfall storage can be controlled at 100-120 mm in the hilly area, and controlled at 150-200 mm in the plain area.

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