Symmetry and Emergence

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Abstract

I discuss gauge and global symmetries in particle physics, condensed matter physics, and quantum gravity. In a modern understanding of particle physics, global symmetries are approximate and gauge symmetries may be emergent. (Based on a lecture at the April, 2016 meeting of the American Physical Society in Salt Lake City, Utah.)
The central role of symmetry was a primary lesson of the physics of the first half of the 20th century. Accordingly, in the early days of particle physics, the global symmetries or conservation laws were considered fundamental. These symmetries included the discrete symmetries of charge conjugation, parity, and time-reversal (C, P, and T), and the continuous symmetries associated to conservation of baryon and lepton number (B and L). Later, of course, L was refined to separate conservation of electron, muon, and tau numbers L_e, L_µ, and L_τ.

Experiment has shown us that many of these symmetries are only approximate. In the 1950’s, the weak interactions were found to violate C and P, and in the 1960’s, it turned out that they also violate T. Much more recently, studies of neutrino oscillations have shown that the lepton number differences L_e – L_µ and L_µ – L_τ are not quite conserved.

One can imagine the shock when C, P, and later T violation were discovered [1–3]. Why was Nature spoiling perfectly good symmetries? And if these symmetries were going to be violated, why were they violated so weakly?

By the time that violation of the separate lepton number conservation laws was discovered, the rise of the Standard Model of particle physics had brought a change in perspective. To understand this, recall that in the Standard Model, a different kind of symmetry, “gauge symmetry,” is primary. Gauge symmetry is familiar in classical electromagnetism and in General Relativity, and it is central in the Standard Model. Except for the couplings of the Higgs particle, the interactions of the Standard Model are all determined by gauge symmetry.

By the time that the Standard Model was written down in the 1960’s, it was known that C, P, and T are not exact symmetries, but baryon and lepton number conservation were widely presumed to be fundamental symmetries, though of mysterious origin. The Standard Model, however, gave a different perspective [4]. These symmetries can be interpreted as low energy accidents that are indirect consequences of gauge symmetry. The meaning of this statement is that given the gauge symmetries and the field content (especially the quark and lepton quantum numbers) in the Standard Model, it is simply impossible to find a renormalizable gauge-invariant operator that violates any of these symmetries at the classical level.

The operator of lowest dimension that violates lepton number symmetry is the dimension 5 operator HHLL, where \(H = \begin{pmatrix} \phi^+ \\ \phi^0 \end{pmatrix}\) is the Higgs doublet and \(L = \begin{pmatrix} \nu \\ e^- \end{pmatrix}\) is a lepton doublet. On dimensional grounds, this must be multiplied in the Lagrangian or the Hamiltonian by a constant with dimensions of inverse mass:

\[ \mathcal{L}_1 = \frac{1}{M} HHLL. \]  

After \(H\) gets an expectation value, breaking the electroweak gauge symmetry, this interaction leads to a neutrino Majorana mass \(m_\nu \sim \langle H \rangle^2 / M\). If global symmetries such as L_e, L_µ, and L_τ are supposed to be low energy accidents that are indirect results of gauge symmetry, we should expect such a term to be present at some level. If we apply the same logic to baryon number, we find in the Standard Model that the operator of lowest dimension that can explicitly violate B is a dimension
\[ \mathcal{L}_2 = \frac{1}{M^2} QQQL, \]  
\hspace{1cm} (2)

where now \( Q \) is a quark multiplet.

What might we expect \( M \) to be? In the 1970’s, physicists tried to guess this based on theories that attempted a “Grand Unification” of the particle forces \([5,6]\). The key technical idea here was to use the renormalization group to extrapolate the particle couplings from the energy at which they are measured to a much higher energy at which the forces can be unified \([7]\). From a modern point of view, one might just take as input the observed values of the neutrino mass squared differences. Given these values and taking literally the formula

\[ m_\nu \sim \langle H \rangle^2 / M, \]

we find that we need \( M \) of roughly \( 10^{15} \) GeV. This is beautifully close to the mass scale needed for Grand Unification. It is also an incredibly high mass scale, much higher than any fundamental physical mass scale that we can observe in any other way, except via the existence of gravity and possibly via cosmology.

The observations of neutrino mixing are simultaneously the main direct support for the existence of new interactions of some kind at a very high energy at which the Standard Model couplings converge, and also the main support for the idea that the apparent global symmetries of elementary particles are in significant part an “accidental” consequence of the gauge symmetries of the Standard Model. If this interpretation is correct, the proton should decay because of the coupling \( \mathcal{L}_2 \), and its lifetime might be close to the experimental bound of about \( 10^{34} \) years.

To really clinch this picture, we would like to observe a Majorana mass of the neutrino – to show that the combined lepton number \( L = L_e + L_\mu + L_\tau \) is violated, and not just the differences of the lepton numbers – and also observe nucleon decay, to demonstrate violation of \( B \). In the case of the neutrino mass, we have a fairly clear picture of what sensitivity is needed for a discovery, but this is less so, unfortunately, in the case of the proton lifetime. But if we could really observe proton decay, that would be epoch-making and we would get a lot of new information.

What does this picture say about \( C, P, \) and \( T \)? One basic question is why these symmetries are conserved by the strong and electromagnetic forces, given that they are not full symmetries of nature. In the case of electromagnetism, the answer is clear. Large symmetry violation would have to be induced by a renormalizable operator, that is of dimension \( \leq 4 \); unrenormalizable operators with a mass scale characteristic of new physics beyond the strong and electromagnetic interactions produce small effects, as above. But there is no way to perturb Quantum Electrodynamics (QED) by an operator of dimension \( \leq 4 \) that violates any of its global symmetries, including the ones we have mentioned and some, such as strangeness, that we have not. For the strong interactions or Quantum Chromodynamics (QCD), we almost get the same answer: with one exception, QCD does not admit any operator of dimension \( \leq 4 \) that would violate any of its observed global symmetries. The exception is that \( P \) and \( T \) (and therefore, in view of the CPT theorem, also \( CP \) and \( CT \)) can be violated by a “topological” coupling

\[ \frac{\theta}{32\pi^2} \varepsilon^{\mu\nu\alpha\beta} \text{tr} F_{\mu\nu} F_{\alpha\beta}, \]  
\hspace{1cm} (3)

where \( F_{\mu\nu} \) is the gauge field strength of QCD. This operator is of dimension 4, so the coupling parameter \( \theta \) is dimensionless. Why \( \theta \) is very close to zero is called the “strong CP problem.”
A plausible solution, but not yet confirmed experimentally, involves the existence of a very light new particle, the "axion" $a$. The axion field [8][12] is supposed to have an approximate shift symmetry $a \rightarrow a + \text{constant}$ that is violated primarily by a coupling to QCD of the form

$$ L_3 = \frac{a}{M'} \varepsilon^{\mu \nu \alpha \beta} \text{tr} F_{\mu \nu} F_{\alpha \beta}. $$

(4)

Given this, the parameter $\theta$ can be eliminated from the low energy physics (to a very high precision) by shifting the value of $a$. As a result, the strong interactions will conserve $P$ and $T$, as they are observed to do. Of course, to confirm this picture, one needs to observe the axion. Its mass is computable and is of order $m_\pi^2/M'$, where $m_\pi$ is the pion mass. The axion is a missing link to confirm the idea that "symmetries are only there to the extent that they are required by gauge symmetry."

Ignoring the question about the $\theta$ parameter, the status of strangeness and $C$, $P$, and $T$ and so on in a low energy world dominated by QCD and QED is comparable to the status of $L_e - L_\mu$ or $L_\mu - L_\tau$ in the full Standard Model. The symmetries in question are symmetries of QED and QCD, but they are explicitly broken by dimension 6 operators such as

$$ \frac{1}{M_W^2} \bar{\nu} \gamma_\mu (1 - \gamma_5) u \gamma^\mu (1 - \gamma_5) e. $$

(5)

Historically, observation of such dimension 6 operators pointed to "new physics" at what we now know as the weak scale ($M_W$ is now understood as the $W$ boson mass), rather as neutrino oscillations plausibly point to some sort of new physics at the traditional scale of Grand Unification.

While gauge symmetry makes $C$, $P$, and $T$ automatic in the case of QED and QCD (except for the problem with the $\theta$-angle), it is nearly the opposite for weak interactions. The gauge structure of the weak interactions and the quantum numbers of the quarks and leptons make it impossible for the weak interactions to conserve $C$ or $P$. This is actually one of the most important insights of the Standard Model. It prevents the quarks and leptons from having bare masses and is the reason that there is no analog for fermions of the "hierarchy problem" concerning the mass of the Higgs particle. (The hierarchy problem is the question of what stabilizes the mass of the Higgs particle against potentially very large effects of quantum renormalization.) The gauge symmetry of the Standard Model allows the weak interactions to violate $T$, and it turns out that – despite the feeble nature of the $T$ violation that we see in the real world – the weak interactions violate $T$ more or less as much as possible, given the structure of the gauge symmetries and the values of the quark masses.

So this is one line of thought that, roughly 40 years ago, led to an expectation that the apparent global symmetries of nature are only approximate. But in fact, three other lines of thought converged on the same idea in roughly the same period.

First, it turned out that in the Standard Model, though $B$ and $L$ are valid symmetries classically, they suffer from a quantum "anomaly" and are not exact symmetries [13]. At the time, it was conceivable that the anomaly might be canceled by contributions of yet-unknown fermions and that $B$ and $L$ conservation might be rescued. By now we know that this is not the case. (Fermions
that are going to contribute to the anomaly cannot be much heavier than the weak scale, and would have been discovered at the Large Hadron Collider at the CERN laboratory.) So there is a clear prediction of $B$ and $L$ violation by the Standard Model anomaly, but unfortunately this effect is much too small to be observable, except possibly in cosmology, and then only under favorable assumptions.

A second line of thought indicating that gauge symmetries are primary, and global symmetries only approximate, arises from thought experiments involving black holes. In 1974, Hawking discovered that black holes evaporate at the quantum level [14]. In the real world, black holes form from matter that is rich in baryons and leptons. But when (in theory) black holes evaporate, we do not get the baryons and leptons back. So formation and evaporation of a black hole does not conserve $B$ or $L$. On the other hand, black holes conserve gauge quantum numbers – such as electric charge – because they can be measured by flux integrals at infinity.

This suggests that in a model of Nature complete enough to include both quantum mechanics and gravity, the only true symmetries are gauge symmetries. Confirmation comes from the fact that this turns out to be the situation in String Theory, the only framework we have for a consistent theory with both quantum mechanics and gravity. If one looks closely, one always finds that symmetries in String Theory either are not exact symmetries, or else they are gauge symmetries. Sometimes one does have to look closely to see this.

Going back to the black hole, there is an interesting gap in the reasoning. The thought experiment involving formation and evaporation of a black hole shows that a theory of quantum gravity cannot have *continuous* global symmetries such as the U(1) symmetry associated to conservation of $B$. But this argument would allow discrete or especially finite symmetry groups such as $Z_n$, or equivalently it would allow quantities that are conserved mod $n$ for some integer $n$. The reason is that we do not understand black hole evaporation nearly well enough to decide if some mod $n$ conservation law (as opposed to an additive one like baryon number) might hold in the formation and evaporation of a black hole.

Figure 1: A cosmic string associated to a $Z_n$ symmetry.
So in a world with quantum gravity, do we expect discrete global symmetries, or should also discrete symmetries be gauge symmetries? First we have to decide what the question means. A continuous unbroken gauge symmetry is associated to a massless gauge field, and this is how we distinguish it from a continuous global symmetry; if the symmetry is spontaneously broken, the global symmetry but not the gauge symmetry leads to the existence of a massless Goldstone boson. But how do we decide if a discrete symmetry is a gauge symmetry?

What it means to call a \( \mathbb{Z}_n \) symmetry a gauge symmetry is that when one goes around a loop in spacetime, one might come back to the original state rotated by a symmetry element. For instance, if a theory has a cosmic string producing a \( \mathbb{Z}_n \) rotation (fig. 1), then this definitely means that the \( \mathbb{Z}_n \) symmetry is a gauge symmetry. With this interpretation of what the question means, the discrete symmetries in String Theory turn out to be gauge symmetries. Thus, in String Theory all of the exact symmetries are gauge symmetries. This is consistent with what we will find later when we discuss “emergence.”

Finally, and also in the period around 1980, the theory of the Inflationary Universe gave a powerful additional hint that \( \mathcal{B} \) must not be truly conserved. Cosmic inflation elegantly explains the near flatness and homogeneity of the Universe. It has been extraordinarily successful at predicting and describing the almost scale-invariant fluctuations in the Cosmic Microwave Background (CMB) that are believed to have provided the seeds for galaxy formation. However, the inflationary universe really only works if the laws of nature violate \( \mathcal{B} \). The reason for this is that an early period of exponential expansion of the Universe dilutes the density of matter and radiation to an extremely low level. Upon the end of inflation, the Universe can reheat to a reasonable temperature, eventually leading, after further expansion, to the CMB as we see it today. However, unless the baryons can be spontaneously generated when (or after) the Universe reheats, we will be left with a world that is symmetrical between matter and antimatter, very unlike what we observe. But to spontaneously generate the baryons is only possible if the laws of nature violate \( \mathcal{B} \) (and also the discrete symmetries \( \mathcal{C} \) and \( \mathcal{CP} \) that exchange baryons with antibaryons).

To understand these matters more deeply, we should discuss the physical meaning of gauge and global symmetries. The meaning of global symmetries is clear: they act on physical observables. Gauge symmetries are more elusive as they typically do not act on physical observables. Gauge symmetries are redundancies in the mathematical description of a physical system rather than properties of the system itself.

One of the important developments in our understanding of Quantum Field Theory that came to fruition in the 1990’s (following earlier clues [15]) makes it clear that this distinction is unavoidable. Gauge theories that are different classically can turn out to be equivalent quantum mechanically. For example, a gauge theory in four spacetime dimensions with gauge group \( \text{SO}(2n+1) \) and maximal supersymmetry is equivalent to the same theory with gauge group \( \text{Sp}(2n) \). The global symmetry is the same in the two descriptions, but the gauge symmetry is different. It is up to us whether to describe the system using \( \text{SO}(2n + 1) \) gauge fields or \( \text{Sp}(2n) \) gauge fields. So neither of the two gauge symmetries is intrinsic to the system.

Gauge symmetry develops an invariant meaning that must be reflected in any description only
if it produces conservation laws that result from conserved flux integrals at infinity. But there are multiple ways for this to fail to happen. Two such mechanisms are observed in the Standard Model: the gauge symmetry of QCD does not lead to conservation laws because of quark confinement, and the gauge symmetry associated to the $W$ and $Z$ bosons of the weak interactions does not lead to conservation laws because of spontaneous symmetry breaking. In the Standard Model with $SU(3) \times SU(2) \times U(1)$ symmetry, only the $U(1)$ leads to conservation laws (conservation of electric and magnetic charge).

To put it differently, global symmetry is a property of a system, but gauge symmetry in general is a property of a description of a system. What we really learn from the centrality of gauge symmetry in modern physics is that physics is described by subtle laws that are “geometrical.” This concept is hard to define, but what it means in practice is that the laws of Nature are subtle in a way that defies efforts to make them explicit without making choices. The difficulty of making these laws explicit in a natural and non-redundant way is the reason for “gauge symmetry.”

We can see the relation between gauge symmetry and global symmetry in another way if we imagine whether physics as we know it could one day be derived from something much deeper – maybe unimaginably deeper than we now have. Maybe the spacetime we experience and the particles and fields in it are all “emergent” from something much deeper.

Condensed matter physicists are accustomed to such “emergent” phenomena, so to get an idea about the status of symmetries in an emergent description of Nature, we might take a look at what happens in that field. Global symmetries that emerge in a low energy limit are commonplace in condensed matter physics. But they are always approximate symmetries that are explicitly violated by operators of higher dimension that are “irrelevant” in the renormalization group sense. Thus the global symmetries in emergent descriptions of condensed matter systems are always analogous to $L_e - L_{\mu}$ or $L_{\mu} - L_\tau$ in the Standard Model – or to strangeness, etc., from the point of view of QED or QCD.

By contrast, useful low energy descriptions of condensed matter systems can often have exact gauge symmetries that are “emergent,” meaning that they do not have any particular meaning in the microscopic Schrodinger equation for electrons and nuclei. The most familiar example would be the emergent $U(1)$ gauge symmetries that are often used in effective field theories of the fractional quantum Hall effect in $2 + 1$ dimensions. These are indeed exact gauge symmetries, not explicitly broken by high dimension operators. Gauge theory with explicit gauge symmetry breaking is not ordinarily a useful concept.

An emergent gauge theory in condensed matter physics is never a “pure gauge theory” without charged fields. On the contrary, such a theory always has quasiparticles from whose charges one can make all possible representations of $G$. Otherwise, from the effective theory of the emergent gauge field, one could deduce exact degeneracies among energy levels that have no natural interpretation in the underlying Schrodinger equation of electrons and nuclei. For the same reason, an emergent

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1 A third option, not yet seen in nature, is that gauge symmetry can fail to generate a conservation law because of infrared divergences that prevent one from defining the would-be conserved quantity. This is actually what happens in the example mentioned earlier with $SO(2n + 1)$ or $Sp(2n)$ gauge symmetry.
gauge theory in condensed matter physics will contain all of the magnetic objects whose existence is suggested by the low energy physics; the details depend on $G$ and on the spacetime dimension. For $G = U(1)$, the magnetic objects are instantons in $2+1$ dimensions (corresponding in condensed matter physics to a thin film) and magnetic monopoles in $3+1$ dimensions. For $G$ a finite group, there are vortex quasiparticles in $2+1$ dimensions and strings in $3+1$ dimensions, as sketched in fig. 1.

This has an echo in quantum gravity – or at least in String Theory, where we are able to test the matter. In String Theory, gauge fields always couple to the full complement of electric and magnetic charges suggested by the low energy description. This depends ultimately on a rather subtle calculation [16].

In the context of quantum gravity, we actually do have an interesting and informative framework for an “emergent” description of something like the real world – or at least of a world with quantum gravity together with other particles and forces. This is the gauge/gravity or AdS/CFT duality\(^2\). Here the spacetime with its gravitational metric and all the fields in it are “emergent” from a description by an “ordinary theory” on the conformal boundary of spacetime (fig. 2). In this context, an “ordinary theory” is just a quantum field theory without gravity (typically but not necessarily a gauge theory). Gauge/gravity or AdS/CFT duality can be described in an abstract way, but the concrete examples in which we know something about each side of the duality come from String Theory.

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\(^2\) AdS stands for Anti de Sitter spacetime, the analog of Minkowski spacetime with negative cosmological constant. CFT is conformal field theory. In the simplest examples of gauge/gravity duality, the quantum gravity propagates in an asymptotically AdS spacetime, and the gauge theory is a CFT.
In gauge/gravity or AdS/CFT duality, one starts with an ordinary theory on a spacetime $N$ of some dimension $D - 1$. The gravitational dual is formulated on $D$-dimensional spacetimes $M$ that have $N$ for their conformal boundary. (This means roughly that $N$ lies at infinity on $M$.) In general, given $N$, there is no distinguished $M$, and one has to allow contributions of all possible $M$’s. This is as one should expect: in quantum gravity, spacetime is free to fluctuate, and this includes the possibility of a fluctuation in the topology of spacetime. Only the asymptotic behavior of spacetime – here the choice of $N$ – is kept fixed while the spacetime fluctuates.

Now suppose that the theory on $N$ has a global symmetry group $G$. Then one can couple the theory on $N$ to a background classical gauge field $A$ with that gauge group. In this situation, the statement of the duality involves an extension of $A$ over $M$. But just as there was no natural way to pick $M$, there is no natural way to pick the extension of $A$ over $M$. So just as we have to sum over the choice of $M$, we have to sum or integrate over all possible extensions of $A$ over $M$. But summing or integrating over the extension of $A$ over $M$ means that $A$ is a quantum gauge field on $M$ (whose boundary value on $N$ is fixed). So if there is a global symmetry $G$ on $N$, then the dual theory has a quantum gauge symmetry $G$ on $M$. Note that this reasoning applies equally whether $G$ is a continuous group like $U(1)$ or a finite group like $Z_n$.

By contrast, if the theory on $N$ (in some way of describing it) has a gauge symmetry, this does not correspond to anything simple on $M$. The theory on $M$ has gauge symmetries, which correspond to global symmetries on $N$, but it does not have global symmetries.

In trying to loosely extrapolate the gauge/gravity duality to the real world, we ourselves correspond to observers on $M$ (since we experience gravity) so we would see gauge symmetries but not exact global symmetries. The most general lesson of the known gauge/gravity duality is that the “ordinary theory” from which gravity emerges is formulated not on $M$ but on another space $N$. “Emergence” means the emergence not just of the gravitational field but of the spacetime $M$ on which the gravitational field propagates. Any emergent theory of gravity will have this property, since an essential part of gravity is that $M$ is free to fluctuate and cannot be built in from the beginning.

Going back to particle physics, it is striking how the modern understanding of symmetries in particle physics is consistent with the idea that the spacetime we live in and all the particles and forces in it are emergent in a way somewhat similar to what happens in gauge/gravity or AdS/CFT duality. This interpretation of the world implies that there should be no true global symmetries in nature, so the violation of $L_\tau - L_\mu$ and $L_\mu - L_\tau$ that has been observed in neutrino oscillations removes a potential obstacle. Of course, matters would become clearer if we could also observe the Majorana mass of the neutrino and the decay of the proton – and for good measure if we could find a QCD axion. In fact, if an axion is discovered, its coupling to QCD would itself give an example – like others we have discussed – of an approximate global symmetry that is explicitly broken by an operator of higher dimension. In this case, the symmetry is the shift symmetry of the axion, and the dimension 5 operator that breaks the symmetry was written in eqn. (4).

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3One should ask whether there is an ’t Hooft anomaly obstructing this coupling. In practice, the only such anomaly is a $c$-number. The reasoning given in the text remains valid in the presence of such a $c$-number ’t Hooft anomaly. The $c$-number ’t Hooft anomaly on $N$ corresponds to a Chern-Simons coupling for the gauge fields on $M$. 

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