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Review

So much at stake: Ethical tradeoffs in accelerating SARS-CoV-2 vaccine development

Christine Grady,⁎ Seema Shah, Franklin Miller, Marion Danis, Marie Nicolini, Jorge Ochoa, Holly Taylor, Dave Wendler, Annette Rida

⁎Department of Bioethics, National Institutes of Health Clinical Center, Building 10/1C118, NIH, Bethesda, MD 20892, United States
bLurie Children's Hospital, Northwestern University, Department of Pediatrics, 225 E. Chicago Ave, Chicago, IL 60611, United States
cWeill Cornell Medical College, Weill Cornell Medical College, 1300 York Ave, New York, NY 10065, United States

Article info
Article history:
Received 19 July 2020
Received in revised form 3 August 2020
Accepted 6 August 2020
Available online 11 August 2020

Keywords:
Vaccine
Ethics
Clinical trials
SARS Co-V-2

Abstract

Background: A sense of urgency exists to develop vaccines against SARS-CoV-2, responsible for numerous global cases and deaths, as well as widespread social and economic disruption. Multiple approaches have been proposed to speed up vaccine development, including accelerated randomized controlled trials (RCT), controlled human challenge trials (CHI), and wide distribution through an emergency use authorization after collecting initial data. There is a need to examine how best to accelerate vaccine development in the setting of a pandemic, without compromising ethical and scientific norms.

Methods: Trade-offs in scientific and social value between generating reliable evidence about safety and efficacy while promoting rapid vaccine availability are examined along five ethically relevant dimensions: (1) confidence in and generalizability of data, (2) feasibility, (3) speed and cost, (4) participant risks, and (5) social risks.

Results: Accelerated individually randomized RCTs permit expeditious evaluation of vaccine candidates using established methods, expertise, and infrastructure. RCTs are more likely than other approaches to be feasible, increase speed and reduce cost, and generate reliable data about safety and efficacy without significantly increasing risks to participants or undermining societal trust.

Conclusion: Ethical analysis suggests that accelerated RCTs are the best approach to accelerating vaccine development in a pandemic, and more likely than other approaches to enhance social value without compromising ethics or science. RCTs can expeditiously collect rigorous data about vaccine safety and efficacy. Innovative and flexible designs and implementation strategies to respond to shifting incidence and test vaccine candidates in parallel or sequentially would add value, as will coordinated data sharing across vaccine trials. CHI studies may be an important complementary strategy when more is known. Widely disseminating a vaccine candidate without efficacy data will not serve the public health nor achieve the goal of identifying safe and effective SARS Co-V-2 vaccines.

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The novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is raging globally with little diminution in sight, having infected more than 17 million people and killed close to 700,000 as of July 2020 [1]. Intense public pressure and competition is fueling a race to find a safe and effective vaccine for SARS-CoV-2, as many see a vaccine as a necessary step in limiting infections and deaths, while allowing resumption of economic and other activities reminiscent of our pre-pandemic lives. While public health containment strategies and the passage of time could have some success in controlling the pandemic, some believe that “Without a coronavirus vaccine, we will never be able to live normally again. The only real exit strategy from this crisis is a vaccine that can be rolled out worldwide.” [2]. There are promises to accelerate vaccine development for SARS-CoV-2 at “pandemic speed” [3] or “warp speed” [4], driven by the idea that faster access to an effective vaccine could save or improve many lives [5]. We examine the ethics of commonly proposed approaches to accelerating vaccine development, focusing on trade-offs in scientific and social value between promoting rapid availability of a vaccine and generating reliable evidence about its safety and efficacy—while also attending to other important requirements of ethical research.

1. Vaccine development during the SARS-CoV-2 pandemic

Scientists leap into SARS-CoV-2 vaccine research within weeks of identifying and sequencing the novel coronavirus [6]. Several factors gave scientists a head start: (1) an “...explosion in basic scientific understanding, including in areas of genomics and structural biology...supporting a new era in vaccine development” [3]; (2) established vaccine platforms and newly developed ones, for example RNA and DNA vaccines and recombinant sub-unit vaccines; (3) vaccine research against two other coronaviruses—the severe acute respiratory syndrome (SARS) and middle east respiratory syndrome (MERS) viruses—that, however, did not advance beyond phase I studies [7]; and (4) vaccine research experiences during recent epidemics, notably Ebola in 2014–16 and Zika in 2015–16 [8]. By the end of July 2020, more than 160 SARS-CoV-2 vaccine candidates were in the pipeline, several already entered phase 1 or 1–2 clinical trials [9], and a few candidates began phase 3 trials in summer 2020 [10].

Governments, the World Health Organization, and major non-governmental organizations such as the Coalition for Epidemic Preparedness Innovation (CEPI), the Wellcome Trust, and the Gates Foundation, have encouraged vaccine scientists to explore various approaches for accelerating vaccine development [3,5,11]. Options being discussed include moving directly to randomized controlled efficacy trials (RCT) after phase 1 [12] with either traditional individually randomized or cluster randomized designs [13]; controlled human infection (CHI) or “human challenge” studies [14]; innovative adaptive designs that allow parallel testing of multiple candidates [15]; and wide distribution of a vaccine through mechanisms like an Emergency Use Authorization (EUA) after phase 1 or II clinical data, among others [12,16]. Efforts are bolstering vaccine trial acceleration while research on vaccine candidates is in progress, such as developing novel cell-line models, forgoing animal studies, establishing cohorts of potential participants and possible testing sites, and establishing public–private partnerships [7,17]. Pharmaceutical companies are building manufacturing capacity for rapid production of candidates with the goal of producing billions of vaccine doses by 2021 in advance of the conduct of pivotal efficacy trials. These companies have received generous support from the U.S. government, and are also investing their own funds at great financial risk [12].

Widespread fear, disruptions and illness caused by the SARS-CoV-2 pandemic and the hope and perceived need for a vaccine create pressure to skip steps or accept certain compromises in the search for a vaccine. Although shortcuts in vaccine development and testing might expedite the timeline of scientific progress, they could also result in compromising quality, acceptability, and ethics. As others have noted, “...what cannot and must not be allowed is for desperation to result in the suspension of scientific principles and ethical research values” [18]. In what follows, we apply ethical considerations to vaccine research in the context of a pandemic, focusing primarily on social value and scientific validity. We contrast proposed approaches to accelerate SARS-CoV-2 vaccine development, identifying major ethical trade-offs involved.

2. Ethics and vaccine development

In normal circumstances, vaccine clinical trials present distinct challenges compared to treatment trials. Classic clinical efficacy trials of vaccines typically enroll thousands or tens of thousands of otherwise healthy uninfected volunteers who are not sick and not in danger of immediate illness or death. These healthy participants accept some vaccine risk primarily for the public good. Personal benefit to study participants is uncertain, not only because protective efficacy is still unknown in research and some participants will receive placebo, but also because not every vaccinated person would be exposed or infected even without a vaccine. The primary ethical concern is to find a safe and effective vaccine for persons at risk of infection, while not exposing study participants to unnecessary risk in the process [19].

1 Multiple recent reports from around the globe describe plans to disseminate vaccines before efficacy trials are complete, e.g. https://www.tecnologyreview.com/2020/07/29/1005720/george-church-diy-coronavirus-vaccine/; (www.wsj.com/articles/russia-seeks-to-register-first-cor-...); https://www.nytimes.com/2020/07/16/business/china-vaccine-coronavirus.html; https://www.scmp.com/week-asia/health-environment/article/3005371/indias-rush-coronavirus-vaccine-being-driven-national). The FDA says it will decide on a case by case basis.
Investigating vaccines is typically a slow, lengthy and stepwise process that prioritizes safety. The process begins with proof of concept studies that try to mimic natural protection, then animal studies, small dose finding studies, evaluation of safety and immunogenicity, and ultimately prospective large-scale randomized controlled clinical trials to test efficacy and then attain licensure. Although it is difficult to calculate precisely, the average time to develop vaccines is estimated to be 10 years or more [20]. Moreover, many vaccine concepts never progress into clinical testing at all; and at best, only about 15–30% of vaccine candidates that enter phase 1 are ultimately licensed [21]. Vaccines for certain microbes including HIV and malaria have remained elusive, despite decades of research [22]. Other vaccines, such as existing seasonal influenza vaccines, afford a limited duration of protection only against specific strains.

In addition to minimizing risk for healthy research volunteers and the general public, a cautious approach to vaccine development is also a response to past missteps and adverse events emerging late in the development process. Pressure to develop vaccines due to a sense of public health urgency has occasionally backfired. A hastily tested vaccine in the 1930s resulted in several deaths and numerous cases of vaccine-associated paralytic polio, halting polio vaccine research for more than 15 years. Later, even after the large and successful (albeit controversial) randomized trial of Salk's inactivated polio vaccine in children and the vaccine's quick licensure, a contaminated vaccine lot led to unexpected events and deaths, and the polio vaccine program was paused yet again [23]. In 1976, the US government quickly produced and widely distributed a swine flu vaccine in response to fear of a new influenza pandemic, following pandemics in 1957 and 1968. That influenza pandemic never materialized, children experienced a high rate of adverse reactions to the vaccine, and more than 500 vaccinated persons developed vaccine-induced Guillain Barre syndrome [24]. More recently, two large randomized trials of an adenovirus 5 (Ad 5) vector HIV vaccine were terminated early after finding that vaccinees who had high preexisting antibody titers against Ad5 were more likely to become HIV infected [25]. Missteps in handling emerging data from a novel dengue vaccine about significant disease-enhancement risks in those without previous dengue exposure resulted in confusion, anger, distrust, and decreased uptake of all vaccines in the Philippines [26].

Moreover, vaccines have always been controversial, despite the history of being quite safe and remarkably successful at significantly abating some formidable human diseases, such as smallpox, polio, yellow fever, and measles [27]. Public concerns about vaccines include concerns about product safety and untoward effects, disturbing the natural order, mandating individual vaccination for the public good, inequity in access to the health benefits of vaccines, and others. Vaccines must be extremely safe and effective for public acceptability and population health. Even then, fear of vaccines, public mistrust, vaccine hesitancy, and anti-vaccine activism remain [28].

3. Ethics and vaccine development during a pandemic

Vaccine development during recent epidemics such as SARS, H1N1, Ebola, and Zika imparted lessons about the ethics of conducting research during pandemics, including the importance of rigorous research, the complexities of targeting high risk participants, the necessity of extensive social engagement and mobilization, and the implementation of innovative designs, especially as patterns of infection shifted. Despite debates about ethics, feasibility, and social acceptability of conducting vaccine research during a public health emergency, many concluded that research is an essential component of an epidemic response and should be timely, scientifically reliable, feasible, and ethically responsible [29]. The sense of urgency and desire to stave off the SARS-CoV-2 pandemic by accelerating vaccine development raise similar issues about research during a public health emergency and the tension between speed and rigor.

Among widely accepted requirements of ethical research [30], two requirements—social value and scientific validity—warrant primary consideration in determining the ethical acceptability of approaches to accelerating vaccine development. The urgency of the current pandemic could lead to compromising either or both of these requirements [31]. In what follows, we examine the social and scientific value, risks, and costs of each proposed approach. To focus our attention on social and scientific value, risks and costs, we set aside discussion of other important ethical requirements for human research that also should be addressed, including informed consent, fair participant selection, minimizing risks, enhancing respect for enrolled participants, community engagement, access to experimental interventions, and scale up and planning for global fair access of vaccines shown to be effective [30].

Ethical analysis involves evaluating tradeoffs between speed and rigor for each proposed vaccine development acceleration approach and the resultant impact on social and scientific value. Ethically acceptable tradeoffs should be iteratively re-evaluated amidst rapidly changing pandemic conditions, for example changes in incidence or epidemiological patterns, the emergence of treatments, and the benefits of public health measures. In general, ethically acceptable tradeoffs are those that permit the generation of rigorous reliable data about safety and efficacy in an accelerated way without compromising critical ethical and scientific norms, as detailed below.

4. Scientific and social value of accelerating vaccine development

A safe and effective vaccine for SARS-CoV-2 could have great social value in reducing disease, given the prevalence and transmissibility of SARS-CoV-2, the range of morbidity and mortality associated with COVID-19, and the health, economic, and social costs of the global pandemic. The anticipated social value of a SARS-CoV-2 vaccine supports responsibly accelerating vaccine development. Speed adds value because the sooner a safe and effective vaccine is identified, the sooner people could be protected from COVID-19, and many lives could be improved or saved. Exactly how many lives would depend on how protective the vaccine is, how many people actually get it, patterns of infection and efficacy across sample populations. The social value of having one or more SARS-CoV-2 vaccines will partly depend on how safe and effective the vaccine candidates are, and the degree of public confidence. An overall mitigation strategy for COVID-19 might combine one or more, even partially effective, vaccines with public
health strategies and other prevention modalities like monoclonal antibodies or treatment as prevention [32].

5. Scientific and social risks and costs of accelerating vaccine development

Accelerating vaccine development also could entail ethically unacceptable shortcuts and tradeoffs. Rushing forward without sufficient rigor and coordination could lead to uncertainty and lack of confidence about the risks and benefits of particular vaccine candidates and undermine the success of any vaccination effort. Social value, acceptability, and public confidence in a vaccine could be jeopardized if rushing results in partial, inadequate, or unreliable data about vaccine safety or efficacy, deployment of SARS CoV-2 vaccines that are insufficiently protective, protective in only certain groups or for only a short time, or result in enhancement of infection or disease [33]. Unexpected findings, especially harm from unforeseen or unacceptable side effects or adverse events that might emerge late in vaccine development (or after widespread vaccine distribution), could also jeopardize social value and acceptability and amplify overall public distrust in vaccines. Any of these shortcomings could intensify already pervasive public anti-vaccine sentiment [34].

Furthermore, competition and rapid testing of vaccine candidates without sufficient attention to rigor, ethics, and coordination could waste vital and limited vaccine research resources, including funding, trained research staff, and study participants. Premature or misleading information including reporting findings before they are adequately vetted could jeopardize trust [35]. Premature distribution of a partially safe or effective vaccine candidate could give people a mistaken view of how protected they are and encourage risky behaviors, or distract from public health measures. Premature distribution could also muddy the waters for future testing, as an early vaccine candidate might become the standard of prevention and thus delay or hamper finding a safer or more effective vaccine.

6. Comparative evaluation of tradeoffs in social and scientific value and costs

Evaluation of different approaches to accelerating vaccine development involves assessing tradeoffs in scientific and social value along five ethically relevant dimensions: (1) confidence in and generalizability of the data, (2) feasibility, (3) speed and cost, (4) risks to participants, and (5) social risks, including opportunity costs. We consider these dimensions below and in the Table 1, while recognizing that even within each approach, the details of vaccine trials will vary, influencing design features, outcomes, and ultimately social value.

6.1. Confidence in and generalizability of the data

Confidence in the data and thus its social value will depend on the rigor and generalizability of the data and may differ between approaches. Generalizability of safety and efficacy data to those most likely to benefit from vaccination depend on who is enrolled in the trials. Including trial participants of multiple ages, susceptibilities, and geographies enhances the generalizability of findings to various populations and risk levels. Phase 1 trials usually enroll a small number of healthy persons who are at low risk of infection, while standard phase 3 vaccine efficacy trials enroll a large cohort of healthy persons at higher risk of infection. Accelerated individually randomized controlled trials and cluster randomized trials would similarly expect to enroll healthy persons at high risk and could target specific high risk groups to enhance generalizability. RCTs are likely to include participants from known risk groups such as those who are older, have chronic illnesses, or are at high occupational risk (e.g. healthcare workers, meat-packing plant employees) who are expected to use and benefit from an eventual vaccine. Two vaccine approach options would provide less generalizability: (1) CHI studies of vaccines through deliberate infection of a small number of young, healthy people, and (2) moving directly to wide distribution of vaccine to people at all risk levels (not in research) through an EUA after only phase 1 or 2 data. Since serious

### Table 1

Selected ethically relevant dimensions affecting social and scientific value in accelerated vaccine development approaches.

| Approach | Selected ethically relevant dimensions |
|----------|----------------------------------------|
| Standard | Speed | Total number of research participants | Risks to participants and vaccinees | Cost | Feasibility - research capacity | Feasibility - pandemic dynamics | Social risks: Distrust or Negative Public Perception |
| Consecutive Phase I, II and III Trials | Years to trial completion | Thousands to tens of thousands | Low and carefully monitored | High | High: existing experience and infrastructure | Showing efficacy depends on sufficient incidence | Usually low; familiar trajectory |
| Individually randomized RCT Combining Phases II/III | = = = | = = = | = = = | = = = | = = = | = = = | = = = |
| Cluster randomized RCT in Phase III | = = = | = = = | = = = | = = = | = = = | = = = | = = = |
| EUA following Phase I | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| CHI study with or without field trial | = = = | = = = | = = = | = = = | = = = | = = = | = = = |

Legend: ↓ = less than standard; ↑ = more than standard; ≈ = about the same as standard approach.

CHI: controlled human infection; EUA: Emergency Use Authorization; RCT: randomized-controlled trial.
complications and mortality from COVID-19 appear to be lower in young people without comorbidities, vaccine data from populations typically enrolled in phase I trials or CHI studies may not be generalizable to those most in need of protection from a SARS-CoV-2 vaccine [36,16].

6.2. Feasibility

Feasibility is another important consideration for scientific validity and social value in vaccine development. Feasibility of conducting vaccine trials typically depends on the incidence of infection, as declining incidence can make demonstrating vaccine efficacy difficult. Accelerated individually randomized or cluster-randomized RCTs, similar to standard vaccine development approaches, rely on incidence to determine efficacy. Since this accelerated RCT approach aims to get safety and efficacy data fast, however, it may have a better chance of obtaining needed data before any significant decrease in incidence occurs naturally or as the result of effective public health measures. Recent plans to include Brazil in SARS-CoV-2 vaccine RCTs from the United Kingdom and from China are examples of responding to changes in incidence, as cases are rapidly increasing in Brazil in June 2020 [37]. Similarly, some trial design strategies allow enrolling high-risk participants even in the setting of declining incidence. The 2015 Ebola ring vaccination trial in Guinea, for example, was successful in recruiting participants at high-risk during a waning epidemic by conducting vaccine trials typically depends on the incidence of infection, as declining incidence can make demonstrating vaccine efficacy difficult. Accelerated individually randomized or cluster-randomized RCTs, similar to standard vaccine development approaches, rely on incidence to determine efficacy. Since this accelerated RCT approach aims to get safety and efficacy data fast, however, it may have a better chance of obtaining needed data before any significant decrease in incidence occurs naturally or as the result of effective public health measures. Recent plans to include Brazil in SARS-CoV-2 vaccine RCTs from the United Kingdom and from China are examples of responding to changes in incidence, as cases are rapidly increasing in Brazil in June 2020 [37]. Similarly, some trial design strategies allow enrolling high-risk participants even in the setting of declining incidence. Incidence also would not necessarily influence vaccine distribution through an EUA, as there is not an intention to evaluate efficacy, and vaccine would be available to people even if SARS CoV-2 was to significantly diminish.

6.3. Speed and cost

With regard to speed and cost, carefully executed RCTs, even accelerated, require many months, thousands of participants, and significant financial investment to gather sufficient and reliable data. The necessary expertise and infrastructure for an accelerated individually randomized trial is already in place, whereas cluster randomized designs often require additional specialized expertise, especially statistical, and potentially novel infrastructure. CHI studies offer what some believe is a faster approach to finding a vaccine than accelerated RCTs [39]. CHI studies, however, initially require the development of a reliable SARS-CoV-2 CHI model using good manufacturing practices as well as testing for validity and appropriate dosing, scientific expertise, and the preparation of unique organized sites and infrastructure [40]. Depending on how long it takes to set up the CHI model and how quickly accelerated RCTs can progress, RCTs might be faster than the initial time required to begin a CHI study [41]. Further, vaccines identified as promising in CHI studies generally require later field testing in RCTs. However, once a CHI model and infrastructure are in place, and more is known about the disease, CHI could be useful to test promising vaccine candidates in a small number of persons to help prioritize vaccine candidates before proceeding to larger efficacy trials. Distributing one or more vaccine candidates, under EUA for example, after collecting preliminary data is the fastest way to get vaccine candidates to a large segment of the general public. Distributing a vaccine candidate in this way is not research, but would be done with public health goals in mind. Whether or not such rapid distribution would meet public health goals of mitigating SARS-CoV-2 will depend on how safe the vaccine candidate is, how well it protects against COVID-19, and how it might change behaviors, all of which would be relatively unknown and difficult to measure once a vaccine is widely available. Vaccine manufacturers are making efforts and promises to produce billions of doses of vaccines before efficacy testing so that vaccines will be ready for wide distribution. Although the US and others are providing funds for this, scaling up now presents a major financial risk as some vaccine candidates are likely to fail to be efficacious or safe.

6.4. Risks to participants and participant numbers

Considering risks to participants and vaccinated individuals is also critical in ethically evaluating each potential approach to vaccine testing. Accelerating an individual or cluster randomized trial includes a possible increased chance of unforeseen adverse events. In an RCT, risks to individual participants are carefully monitored and minimized and common side effects are likely to be well characterized. Nonetheless, due to a shorter timeframe and fewer participants, rarer and possibly serious side effects may be less likely to be seen. Rare side effects are even less likely to be identified in CHI studies or in wide EUA distribution because of the small number of evaluated participants. CHI studies pose more deliberate risk to individual participants than other approaches; despite emerging data, there remain unanswered questions about short and long term consequences of infection or about any effective way to mitigate or reverse symptoms in infected persons. At the same time, fewer people overall might be exposed to risks from the vaccines themselves in CHI studies than those given vaccine in RCTs. Wide-spread distribution of vaccine candidates via EUA based on preliminary data has the potential to expose large numbers of people to unknown and possibly serious risks not observed in early trials, including the possibility of antibody dependent disease enhancement. Even with mandated safety monitoring after EUA distribution, it would be difficult or impossible to ascertain vaccine-induced adverse events, the extent to which host factors like age, underlying illness, or use of medications intensified the chance of adverse events, how safe the vaccine candidate was across different groups, or the effects of possibly increased risky behaviors after vaccination. Many people might be harmed before a widely distributed vaccine candidate could be pulled.

6.5. Social risks, including opportunity costs

Social risks, including public perception and trust in vaccines will depend not only on confidence in the safety of the vaccine and its ability to protect people from COVID, but also on confidence in how data were generated, and public engagement in and awareness of the vaccine trial process. The selection of outcome measures, perceived fairness in selection of participants or sites, any harm to trial participants, the process of monitoring and following participants, and other features could all affect how much people trust the results. Because deliberate infection is counterintuitive and generally hard for the public to understand, a serious adverse event or death in a CHI study could threaten public trust in vaccine research more broadly. Public engagement to enhance awareness about how vaccines are developed and what to realistically expect from each approach could bolster public confidence in resultant vaccines. Community engagement, social mobilization, and dialogue-based interventions are critical for bolstering public acceptance and trust in vaccines, and ultimately for vaccine utilization [42]. This is especially important when there is widespread fear and uncertainty and limited public trust in vaccines.

Accelerating the first vaccine candidates determined to be safe into RCTs could result in opportunity costs and delay the testing of more promising- safer or more effective- candidates [43]. A carefully coordinated and flexible study design, perhaps using a platform or other approach to test vaccine candidates in parallel or
7. Conclusion

Our analysis of the likely social and scientific value of each approach in relation to its social and scientific risks and costs suggests that accelerated individually randomized RCTs are most likely to enhance social value without compromising ethics or science. RCTs allow collection of rigorous data about vaccine candidate safety and efficacy while expediting the process, minimizing harm, and controlling costs. Such RCTs should consider innovative and flexible designs and implementation strategies that can weather changing incidence of infection, test vaccine candidates in parallel or sequentially as they become available, using similar end points, stringent monitoring plans, and coordinated sharing of data collected from all vaccine trials to expedite identification of safe and effective vaccines. In the future, when more is known about SARS-CoV-2 susceptibility, pathophysiology, and clinical management, and the essential infrastructure is in place, CHI studies for vaccines may be an important complementary strategy to RCTs. A coordinated research effort could combine approaches with the goals of expeditiously finding one or more safe and effective vaccine candidates in a rigorous, transparent, and safe manner before wide deployment. Widely disseminating a vaccine candidate after only preliminary safety and immunogenicity data is ethically unacceptable and may not serve the public health nor achieve the goal of identifying a safe, effective, reliable vaccine for SARS-CoV-2.

Given the ravaging global effects of SARS-CoV-2, it is reasonable and valuable to accelerate testing vaccines for SARS-CoV-2. At the same time, rigorous data collection and analysis are critical to engender confidence in the safety and efficacy of any vaccine and consequent public trust in deployed vaccines. Multiple options for accelerating the testing and identification of a safe and effective vaccine should be considered and weighed on their scientific and ethical merits. Tradition, inflexibility, turf wars, and any reluctance to share data should be relinquished in favor of working towards a common goal without compromising safety, ethics, or confidence in research results. Ethically, it is essential to maximize the social and scientific value of such research and minimize the social and scientific costs and risks.

Disclaimer

The views expressed are those of the authors and do not necessarily reflect those of the National Institutes of Health or the Department of Health and Human Services.

Funding

This work was partially funded by the National Institutes of Health (NIH) Clinical Center, Department of Bioethics.

CRediT authorship contribution statement

Christine Grady: Conceptualization, Methodology, Formal analysis, Writing - original draft, Writing - review & editing. Seema Shah: Conceptualization, Formal analysis, Writing - review & editing. Franklin Miller: Formal analysis, Writing - review & editing. Marion Danis: Conceptualization, Formal analysis, Writing - review & editing. Marie Nicolini: Formal analysis, Writing - review & editing. Jorge Ochoa: Formal analysis, Writing - review & editing. Holly Taylor: Conceptualization, Formal analysis, Writing - review & editing. Dave Wendler: Formal analysis, Writing - review & editing. Annette Rid: Conceptualization, Methodology, Formal analysis, Writing - review & editing.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgements

The authors appreciate the encouragement of Dr. H. Clifford Lane, and the generosity of vaccine research participants.

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