The Nbeal2\(^{-/-}\) mouse as a model for the gray platelet syndrome

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The gray platelet syndrome (GPS) is a rare, autosomal-recessive platelet disorder characterized by thrombocytopenia, large platelets lacking α-granules, and variable bleeding. GPS has been linked to mutations in the neurobeachin-like 2 gene (NBEAL2). We have recently characterized Nbeal2-deficient mice and shown that the absence of Nbeal2 results in defective protein sorting in megakaryocytes (MKs) and impaired α-granule biogenesis, a finding also seen for human MKs. In the mice, the lack of α-granules results in impaired aggregation, defective platelet adhesion to collagen under flow and reduced pro-coagulant activity; findings that translate into defective hemostasis and thrombosis in vivo indicating that α-granule secretion is critical for platelet plug stability. Furthermore, we revealed a role of α-granule proteins in ischemic stroke and wound healing. Thus, Nbeal2-deficient mice recapitulate the hallmarks of human GPS without showing its phenotypic heterogeneity and are a promising model to investigate the (patho-)physiological relevancy of α-granules.

The Gray Platelet Syndrome

The gray platelet syndrome (GPS) is a rare inherited platelet disorder that is characterized by mild to moderate thrombocytopenia with large platelets that lack α-granules.\(^1,2\) Platelets are small anuclear cell fragments that safeguard vessel wall integrity. Vessel damage exposes the subendothelial extracellular matrix (ECM) and induces rapid deceleration of circulating platelets, thereby enabling sustained contacts of platelet receptors with ECM proteins resulting in platelet activation.\(^3\) This activation causes a rapid remodeling of the cytoskeleton and a morphological change of the platelets from discoid to spheroid followed by spreading on the reactive surface. Platelet activation results in the exocytosis of α- and dense granules, small intracellular organelles that are exclusive to platelets and their progenitors, megakaryocytes. While dense granules contain non-proteinaceous compounds such as calcium, serotonin, ADP and ATP that foster platelet aggregation, α-granules contain a plethora of more than 300 different proteins involved not only in platelet adhesion but also inflammation, angiogenesis and wound healing.\(^4\)

Platelet plug formation is critical to seal the wound site preventing blood loss and building a first line of defense against pathogens that otherwise might enter the circulation. Platelets also contribute to wound repair and tissue regeneration. In cardiovascular disease, platelet activation on atherosclerotic plaques can lead to excessive thrombus formation, which may cause vessel occlusion, infarction and death.\(^5\)

GPS was initially described in 1971,\(^6\) based on the observation that a May–Grünwald-Giemsa-stained blood smear of a patient with moderate bleeding showed enlarged platelets that appeared gray. Further studies revealed lack of α-granules and their contents in platelets and MKs.\(^7,8\) This results in platelet aggregation defects, myelofibrosis, splenomegaly and mild to moderate or even severe bleeding complications in human patients.\(^1,2\) Recently, the gene that is mutated in GPS was identified...
As Neurobeachin-like 2 (NBEAL2), a 302 kDa member of the family of BEACH (Beige and Chediak-Higashi) domain-containing proteins, which are believed to be important in membrane protein trafficking.\(^\text{11}\)

**Nbeal2-Deficient Mice**

Using a reverse genetic approach we recently showed that Nbeal2-deficient mice mimic most of the important hallmarks of GPS thereby establishing this mouse as a model of the disease,\(^\text{13}\) a finding that was confirmed by a second group.\(^\text{14}\) As in human GPS, Nbeal2-deficient mice exhibit thrombocytopenia with enlarged platelets, a mild splenomegaly and absence of α-granules in platelets. While taking into account the smaller size of mouse platelets, Nbeal2\(^{-/-}\) platelets show the same morphological characteristics as human GPS including a high number of vacuoles, which mostly appear empty (Fig. 1). The content of α-granule proteins synthesized by MKs, such as von Willebrand factor (VWF), platelet factor 4 (PF4) and thrombospondin-1 was strongly reduced in the knockout platelets.\(^\text{3,14}\) The platelet fibrinogen content was also decreased, indicating that endocytosed proteins also fail to be stored in Nbeal2\(^{-/-}\) platelets, as in the human disease. On the other hand, P-selectin, which serves as a marker for α-granule secretion and is a component of the α-granule membrane, was still present, albeit at lower levels; its surface exposure upon activation reached approximately 50% of wild-type levels. For human GPS, P-selectin has been shown to be either reduced or normal.\(^\text{15}\) In line with observations for GPS patients,\(^\text{9}\) dense granule secretion was not affected in Nbeal2\(^{-/-}\) platelets.\(^\text{13,14}\)

As the knockout mice showed a thrombocytopenia with platelet counts reduced by about 40% we further investigated megakaryocytopoiesis and found that Nbeal2-deficient megakaryocytes (MKs) were generally able to produce proplatelets, showed frequent emperipolesis (the presence of leukocytes within the cytoplasm) and lacked α-granules. Instead, MKs contained many vacuoles. Interestingly, we found VWF mislocalization in mature MKs with either accumulation in one part of the MK or complete loss of the protein. This indicates that protein synthesis per se might not be affected. Moreover, platelet lifespan within the circulation was not altered by the absence of Nbeal2.\(^\text{13}\) Kahr et al., taking a different approach, reported that Nbeal2-deficient MKs have a less developed proplatelet territory and are stalled at early developmental stages when cultured in the presence of thrombopoietin.\(^\text{14}\) As we did not observe such severe defects in the proplatelet territories and ploidy of Nbeal2-deficient MKs taken from bone marrow,\(^\text{16}\) further studies will be needed to clarify these differences.

**Functional Consequences of Nbeal2-Deficiency In Vivo**

The production of the Nbeal2\(^{-/-}\) mouse has for the first time allowed an evaluation of the in vivo significance of platelet α-granule deficiency. A combination of impaired aggregation, defective platelet adhesion to collagen under flow and reduced pro-coagulant activity was associated with prolonged tail bleeding times and the mice were protected in in vivo models of arteriolar thrombosis and ischemic stroke. Of note, these findings are most likely caused by the functional platelet defect and not by the thrombocytopenia, since platelet count reductions of up to 70% were without effect in these models.\(^\text{16}\) Interestingly, Nbeal2\(^{-/-}\) mice did not display signs of spontaneous bleeding, nor did we observe intracranial hemorrhage within 24 h after cerebral ischemia. This indicates that α-granule proteins might be dispensable for maintaining vascular integrity under basal or thrombo-inflammatory conditions. On the other hand, upon injury, α-granule secretion is required to prevent excessive blood loss, as shown by prolonged tail bleeding times. Moreover, we demonstrated a role for platelet α-granule secretion in wound healing, since Nbeal2\(^{-/-}\) mice displayed reduced collagenous granulation tissue formation, indicative of a reduced myofibroblast infiltration.\(^\text{13}\) Experiments with bone marrow chimeric mice further demonstrated that Nbeal2 expression in the hematopoietic system is required for normal wound healing (not shown), prevention of excessive blood loss and for the formation of stable vessel occluding thrombi in vivo.\(^\text{13}\)

**Nbeal2-Deficient Mice Mimic Human GPS**

Nbeal2\(^{-/-}\) mice recapitulate the hallmarks of GPS patients with the absence of α-granules and their content. Nevertheless, a few differences exist. We did not observe the heterogeneity of the platelet aggregation responses seen in GPS patients upon stimulation with different agonists.\(^\text{12}\) This
could be explained by the different mutations that were found in the NBEAL2 gene, which in contrast to the full knockout in the mouse model, may not necessarily lead to a complete loss of protein function or expression.\textsuperscript{9,11,17} Furthermore, Nbeal2\textsuperscript{\textminus} mice all have a common genetic background while in human disease phenotype will be influenced by the whole range of single-nucleotide polymorphisms that define the hemostatic response. Similarly, platelet count is highly variable in GPS patients and thrombocytopenia can be severe, which almost certainly contributes to bleeding. Another frequent characteristic of GPS patients is myelofibrosis probably caused by α-granule proteins being released from MKs into the marrow with deregulated cell proliferation and differentiation. In the mice, signs of myelofibrosis were not observed in young as well as in 4- and 6-mo-old animals.\textsuperscript{13,14} Whether onset of myelofibrosis will occur later in these animals needs to be investigated.

Notwithstanding these differences, we believe that Nbeal2\textsuperscript{\textminus} mice represent an important model for GPS and that they will help our understanding of the physiologic role of the α-granule pool of proteins. Importantly, Nbeal2\textsuperscript{\textminus} mice will enable studies on the effects of Nbeal2-deficiency in other cell types. While Nbeal2 expression levels in other hematopoietic cells are low compared with MKs,\textsuperscript{9,13} our preliminary studies have revealed functional consequences of Nbeal2-deficiency in immune cells (unpublished observations). Also of special interest will be a potential relevance of α-granule content in mediating lymph-vessel separation\textsuperscript{\textsuperscript{\textsuperscript{18}}} and vascular integrity upon inflammation.\textsuperscript{19,20} Both processes depend on platelets but apparently do not require integrin-activation indicating that platelet granule secretion might be the critical step.

**Mechanical Function of NBEAL2**

Beyond the functional analyses, the question of the mechanism by which NBEAL2 regulates protein sorting during α-granule biogenesis, remains to be addressed. NBEAL2 is a large, multi-domain protein that consists of 2754 amino acids and contains armadillo-like (ARM), concanavalin-A-like (ConA-like), pleckstrin homology (PH) and BEACH and WD40 (tryptophan-aspartic acid repeat containing) domains. Of note, GPS-causing point mutations are not limited to one particular domain but are distributed throughout the entire protein.\textsuperscript{9,11,17} While it is thought that ConA-like lectin domains could be involved in protein sorting and secretion,\textsuperscript{21} it is known that WD40 domains are involved in protein-protein interactions and PH domains facilitate membrane association. BEACH domain containing proteins are of emerging clinical importance, as more members of this family become associated with human disease.\textsuperscript{22} However, they act in different cellular processes including vesicular transport, apoptosis, membrane dynamics and receptor signaling. For NBEAL2 a role in membrane dynamics and vesicular transport is consistent with the finding that NBEAL2-deficiency causes a dramatically increased number of empty vacuoles and mistargeting of α-granule proteins that leads to loss or accumulation of the protein. This is also shown for human GPS, a finding illustrated in Figure 2 where MKs cultured in vitro from peripheral blood CD34\textsuperscript{\textcircled{+}} cells from a typical GPS patient (with a homozygous L388P mutation),\textsuperscript{9} clearly show synthesis of VWF but with loss prior to proplatelet formation and a lack of VWF trafficking along proplatelet extension, the VWF labeling is decreased compared to control and is absent from the proplatelet tip; the lower panel shows a very mature MK with a long proplatelet string with typical swellings along its length while the VWF labeling is minimal. This suggests that VWF is not maintained in the MK. Please note that the scale of this panel is reduced to allow the proplatelet to be fully seen.

**Figure 2.** Confocal microscopy of MKs cultured in vitro from CD34\textsuperscript{\textcircled{+}} cells from the peripheral blood of a GPS patient with a homozygous L388P mutation in NBEAL2\textsuperscript{9} MK suspensions were incubated at day 14 of culture on polylysine-coated slides. Cells were fixed and permeabilized. Integrin αIlbβ3 and VWF were localized by a murine antibody (AP2) and VWF by a polyclonal antibody with bound IgG visualized using species-specific FITC (green) and Alexa-Fluor568-conjugated IgG. All technical details were as previously described.\textsuperscript{24} In the upper panel, a round small MK shows abundant labeling for VWF; in the middle panel a MK shows VWF staining along the proplatelet extension, the VWF labeling is decreased compared to control and is absent from the proplatelet tip; the lower panel shows a very mature MK with a long proplatelet string with typical swellings along its length while the VWF labeling is minimal. This suggests that VWF is not maintained in the MK. Please note that the scale of this panel is reduced to allow the proplatelet to be fully seen.

**Conclusions**

Our study on Nbeal2\textsuperscript{\textminus} mice confirms that the absence of Nbeal2 results in defective protein sorting in MKs and impaired α-granule biogenesis. Thus, Nbeal2-deficient mice recapitulate many
of the hallmarks of GPS patients and can therefore be used to study the in vivo consequences of α-granule deficiency as well as studying potential therapeutic options in the treatment of GPS. Using this mouse model we have provided experimental evidence of the importance of α-granule proteins in thrombosis, ischemic stroke and wound healing. Future studies will address the relevance of NBEAL2 in other cell types and will attempt to elucidate how NBEAL2 facilitates α-granule biogenesis.

Disclosure of Potential Conflicts of Interest

No potential conflict of interest was disclosed.

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