A review of adipocyte lineage cells and dermal papilla cells in hair follicle regeneration

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Abstract
Alopecia is an exceedingly prevalent problem effecting men and women of all ages. The standard of care for alopecia involves either transplanting existing hair follicles to bald areas or attempting to stimulate existing follicles with topical and/or oral medication. Yet, these treatment options are fraught with problems of cost, side effects, and, most importantly, inadequate long-term hair coverage. Innovative cell-based therapies have focused on the dermal papilla cell as a way to grow new hair in previously bald areas. However, despite this attention, many obstacles exist, including retention of dermal papilla inducing ability and maintenance of dermal papilla productivity after several passages of culture. The use of adipocyte lineage cells, including adipose-derived stem cells, has shown promise as a cell-based solution to regulate hair regeneration and may help in maintaining or increasing dermal papilla cells inducing hair ability. In this review, we highlight recent advances in the understanding of the cellular contribution and regulation of dermal papilla cells and summarize adipocyte lineage cells in hair regeneration.

Keywords
Adipocyte lineage cells, dermal papilla cells, hair regeneration, tissue engineering

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Introduction
Alopecia, regardless of the etiology, can result in devastating physical and psychological sequelae. Clinical conditions causing hair loss include but are not limited to androgenic alopecia, alopecia areata, and scarring alopecia. These frequently occurring conditions can be progressive and irreversible with no treatment available to reverse the underlying hair loss. The current management strategy focuses on stimulating existing follicles to grow new hair or recreating a fuller head of hair by transplantation. The two most frequently used treatments include drug therapies (minoxidil and finasteride) and human hair transplantation. Other treatment options include laser therapy, dietary supplementation, and exercise training.¹ The drug therapies enhance hair growth and minimize future hair loss. The topical drug minoxidil is associated with problems such as skin irritation, as well as unwanted hair growth elsewhere on the body, and...
the oral medication finasteride is associated with sexual side effects including fertility problems. Both medications are associated with accelerated hair loss when the medications are stopped after prolonged use. In human hair transplantation, hair follicles from areas of the scalp that are not within the bald area are excised and re-implanted within the bald area to create the illusion of a fuller head of hair. The number of follicles that can be harvested and re-implanted into a bald area limits hair transplant surgery. Additionally, this therapy requires a costly, time-consuming procedure that is often only temporary due to the progressive nature of many hair loss conditions. Artificial hair transplantation has proved to be ineffective, associated with recurrent infections, rejection, and periodic loss of fibers needing frequent replacement, which lead the Food and Drug Administration (FDA) to ban the procedure in 1983. While many patients benefit from the current treatment options for alopecia, there is a significant fraction of patients who realize little benefit and deserve improved alternative therapies.

Thus, the currently available treatments for hair loss have numerous limitations, and alternative therapies need to be incorporated into clinical practice. Cell-based hair regeneration has been investigated as a possible alternative. Dermal papilla cells (DPCs) have been noted to be a key element-cell for regenerating hair growth in previously bald skin. Dermal papillae (DPs) are located at the base of the hair follicle, which is a unique tissue surrounded by epithelial matrix cells. DPCs are thought to provide regulating factors and nutrients to support proliferation and differentiation of the epithelial matrix cells in hair cycle progression and also in follicle formation in embryonic skin. Different from rodent hair follicle DPCs, human DPCs (hDPCs) show lower inducing hair growth ability after several passages of culture. There is an ongoing effort to try to overcome this shortcoming of hDPCs and adapt cell-based hair reconstitution techniques into clinical settings.

Besides the microenvironment involving epithelial–mesenchymal interactions inside the hair follicle, macroenvironment outside the hair follicle should also be paid attention to. Recent basic research has revealed that the dermal macroenvironment is important in the maintenance of the bulge cells population and hair follicle growth. The subcutaneous adipocytes, together with dermis and adjacent follicles, are defined as the interfollicular dermal macroenvironment, which have been shown to be relevant for epidermal homeostasis during hair follicle regeneration. Adipose-derived stem cells (ASCs) (mesenchymal stem cells reserved in the white adipose tissue) are believed to have vast applications in regenerative medicine. In addition, ASCs and their secretomes mediate diverse skin-regeneration effects. ASCs may become a useful tool to stimulate tissue-engineered hair follicle growth and modulate its regenerative behavior.

In this review, we highlight recent advances in the understanding of the cellular contribution and regulation of DPCs and summarize the role of adipocyte lineage cells, including ASCs, in hair regeneration.

**DPCs and hair follicle tissue engineering**

The hair follicle is a mini-organ that is unique compared to other tissues in the human body, as it is characterized by cycles, in which all of the hair growth machinery is lost, and then fully reconstituted. They are composed of an outer root sheath, an inner root sheath, and a hair shaft (Figure 1).
The growth activity of hair follicles is controlled by a highly coordinated series of bidirectional epithelial–mesenchymal interactions. DPCs play a pivotal role in hair formation, growth, and cycling.

**Role of DP in hair formation**

The DP is the major dermal compartment which has roles in hair formation during embryonic morphogenesis and hair cycling after birth. The epithelial part of a hair follicle needs DPCs to maintain its growth, and dissociated epidermal cells require the guidance of dermal cells to be organized into complicated hair structures. The hair cycle consists of phases of growth (anagen), degeneration (catagen), and rest (telogen). During late telogen to early anagen transition, signals from DP stimulate the hair germ and quiescent bulge stem cells to become activated. During anagen, cells at the base of the follicle start to proliferate, which results in the formation of a new hair filament, while stem cells in the bulge give rise to hair germs. In catagen, follicles undergo apoptosis, but the DP remains intact and migrates upwards, until it comes to rest next to the stem cells of the hair follicle bulge. This situation persists during telogen. Both the hair-forming ability of epithelium and the hair inductive activity of DP change during the hair cycle and affect the frequency of hair formation in transplantation surgery. DPCs not only retain the ability to form new DPCs but they can also contribute to dermal sheath cells and non-follicle-associated fibroblasts during skin reconstitution wound healing. The dermal sheath is the second dermal compartment which is contiguous with the DP at its base. Studies suggest that it has a role in hair induction and may contain DPC progenitor cells. Yamao et al. co-transplanted DPCs of high passage number with cultured dermal sheath cells in a graft chamber assay onto the dorsum of nude mice. The results showed that dermal sheath cells participate in the process of DPC-induced hair formation and dermal sheath formation is critical to the normal development of hairs with hair shafts.

**Characteristic of DPCs**

DPCs are believed to be derived from cells forming a dermal condensation at the start of follicle development. With the interaction between epithelial cells and underlying mesenchymal cells, a portion of the condensed dermal cells differentiates into DPCs. DPCs express a unique set of genes and proteins compared with other cells, such as dermal sheath cells and dermal fibroblasts, in the dermal condensation. For example, intense expressions of laminin and fibronectin proteins are detected in the DP. The activity of alkaline phosphatase (ALP) has been used as a marker to detect the presence of DP and as a marker of cell differentiation and an index for the hair-inductive capacity of DPCs. ALP activity is also exploited as a simple and reliable method to distinguish DPCs from other hair follicle structures. Cells from DP that express ALP can be cultured and implanted to induce hair follicle formation. \( \alpha \)-Smooth muscle actin (\( \alpha \)-SMA) can be detected in cultured DPCs but not in vivo, whereas dermal fibroblasts did not produce \( \alpha \)-SMA proteins. \( \alpha \)-SMA correlates with cells originating from hair follicles and myofibroblastic transition. It is also shown that DPCs produced more versican during anagen. Versican is not expressed until the hair follicle is beginning to produce fibers. With follicle maturation, versican expression reaches a maximum at the height of the growth phase, after which it diminishes as the end of this phase approaches. CD133, a hematopoietic stem cell marker, is strongly expressed in DPCs during stage 3–4 of hair follicle development and during early anagen phase in mouse skin. Interestingly, DPCs possess a multi-lineage potential as these cells can be induced to differentiate into adipogenic and osteogenic lineages. There are also reports of DPCs being reprogrammed into the pluripotent state to generate induced pluripotent stem (iPS) cells.

**Isolation of DPCs**

The most widely used method to isolate DP is surgical microdissection, which has been successfully established in rodent whisker follicles as well as in human hair follicles. For the purpose of hair follicle tissue engineering, an efficient method has been developed, which involves applying dispase and subsequent collagenase to the lower part of hair follicles. As contamination of DP cultures with other mesenchymal cells, epithelial cells, matrix, or adipose tissue is undesirable, the use of microdissection techniques over those of enzymatic digestion is preferred. The isolated DPs are seeded onto a culture flask and within 1 week, the outgrowth of DPCs can be observed with flattened and polygonal morphology (Figure 2).

**Hair reconstruction with DPCs: in vivo model**

In vivo hair reconstruction models are used to assess the hair inductivity of isolated cell populations. Various experimental assays have shown the successful construction of hair follicles in rodent animals. By grafting a mixture of epidermal cells and DPCs onto the backs of nude mice, hair-forming capacities of DPCs can be assessed. Furthermore, regenerating hair follicles with passaged DPCs from adult pelage follicles and adult footpad skin has shown that embryonic-like inductive potential may be a widespread property shared by all adult hair follicle DPCs. Additionally, co-grafted human keratinocytes and murine DP-enriched cells in chamber assays produce hair follicle-like structures consisting of multiple epidermal cell layers with a well-keratinized innermost region, but the hair follicles do not possess the normal hair follicle structures. Human scalp DPCs co-cultured with mouse
epidermal keratinocytes have also been shown to induce hair formation in a flap graft assay.39 “Patch” assays, formed by injecting hDPCs, grown as spheroids, together with mouse epidermal cells in reconstitution, have been shown to increase the ability of cultured hDPCs to induce hair follicles from mouse epidermal cells.40 A key factor for generating hair follicle–like structures is the use of a mesenchymal component (murine DPCs), which is the same species as the recipient. However, the use of immuno-deficient host mice in these in vivo models possesses drawbacks especially when applying these systems to the regeneration of human hair follicles.

Hair reconstruction with DPCs: in vitro model

The in vitro environment is more controllable with fewer unknown factors; however, it is difficult to simulate the complicated niche where hair follicles reside. Collagen gel has been used as the matrix with epidermal and dermal cells on the surface or incorporated within the gel, but the structures formed are still far from the normal hair follicle.41,42

Regeneration of human hair follicles

Most of the studies using rodent DPCs demonstrate hair follicle regeneration. Only a few reports have shown that hDPCs maintained hair-inducing ability after in vitro expansion.43,44 However, complete and entirely human hair follicles formed from normal cultured cells have not been reported because after a few passages, cultured DPCs lose their trichogenic properties.45,46 To reconstitute human hair follicles that are not chimeric with other species, hDPCs with an inductive property will be needed. How to efficiently expand DPCs while maintaining their hair-inductive capacity by optimizing culture media or adding growth factors has been a major challenge and is a prerequisite for future tissue-engineering hair follicle therapies. Cultured with glycogen synthase kinase-3β (GSK-3β) inhibition, hDPCs showed Wnt/β-catenin signaling activation and displayed constant hair induction ability when transplanted with murine epidermal cell fraction.47 Inamatsu et al.48 found that co-cultures of DPCs and keratinocytes could support the rapid growth of the DPCs. The feeder effect of keratinocytes could be partly replaced with conditioned medium (CM) from keratinocytes. By adding CM of keratinocytes into culture medium, DPCs could be cultured for more than 90 passages without losing their hair-inductive ability; however, high passage DPCs were unable to induce complete hair follicles but were able to induce incomplete hair follicles.15 Reports have also shown that basic fibroblast growth factor (bFGF) may also enhance experimental hair growth.49 Recently, Higgins reported that hDPCs in culture will change their molecular signatures very rapidly and profoundly from a three-dimensional to a two-dimensional environment and lose their hair-inducing capacity. Therefore, they reconstructed the three-dimensional environment by culturing the DPCs in hanging drops and forming spheroids. The results show that DPCs in three-dimensional spheroid cultures can restore their inductive ability partially and are capable of inducing de novo hair follicles in human skin.50 A similar report by Thangapazham et al.51 showed that inserting adult DPCs into dermal–epidermal composites could improve hair-inducing properties and then achieve human hair reconstitution.
Pathways involved in maintaining hair inductivity in DPC culture

The Wnt pathway contributes to the initiation of folliculogenesis. Activation of the Wnt pathway is thought to be the first mesenchymal signal involved in the epithelial–mesenchymal interaction of folliculogenesis. Bone morphogenetic protein-2 (BMP2) is a multifunctional growth factor and was originally defined by its ability to induce ectopic bone and cartilage formation in vivo. In the hair formation process, it controls not only the differentiation process of hair matrix cells but also the activity of dermal fibroblasts. Transforming growth factor-β (TGF-β) is a well-known inducer of extracellular matrix components such as collagen and fibronectin. It is involved in promotion of the hair placode, contributes to anagen induction, is highly expressed in hDPCs compared with human hair follicle cells, and is suggested to mediate the hair-inductive capacity of hDPCs. It also acts as an intercellular modulator of growth factor signaling exchange between the hair follicle epithelium and the mesenchyme.

Adipocyte lineage cells and hair follicle regeneration

Besides the microenvironment of epithelial–mesenchymal interactions inside the hair follicle, the macroenvironment around it is also essential for the construction and regeneration of hair follicle. Intradermal adipose tissue is an essential macroenvironment to hair follicles.

Adipocyte lineage cells are closely related with hair growth

Adipose tissue comprises mature adipocytes and stromal vascular cells, including adipocyte precursor cells. Adipocyte precursor cells are also referred to as preadipocytes, or ASCs, depending on their potential to differentiate in adipocytes only or to additional cell types such as osteoblasts and chondrocytes. Previous studies have revealed a close correlation between subcutaneous adipose tissue and hair follicle formation and function. In fact, numerous studies have shown that the hair follicle’s regenerative cycle, induced by follicular stem cells, is closely associated with adipose tissue and adipocyte lineage cells. For example, the thickness of the intradermal adipocyte layer in the hair follicle active cycle (anagen) increases significantly compared with the thickness of that in the resting phase of the hair cycle.

Adipocyte lineage cells in different stages expose different functions involved in the development of skin and hair follicles. Functional analysis of adipocyte lineage cells in mice with defects in adipogenesis and in transplantation experiments revealed that immature adipocyte cells are necessary and sufficient to drive follicular stem cell activation. The data showed that adipocyte precursor cells are necessary and sufficient for the activation of skin epidermal stem cells; these studies highlighted the importance of cells in the adipocyte lineage as niche cells within individual tissues. In particular, Festa et al. reported that adipose lineage cells, including mature adipocyte and preadipocytes, have been defined as skin niche cells that regulate hair follicle stem cell activity. The number of adipocyte precursor cells change with the hair cycle: the cell number peaks in the skin during follicular stem cell activation (anagen) and decreases during catagen stage.

Mature adipocyte cells, different from the preadipocytes, show a negative effect on the proliferation of hair follicle cells. Misago et al. studied the influence of fat cells (i.e. adipocytes) on the proliferation and differentiation of organoid hair follicle cells in a three-dimensional collagen gel matrix culture system. They found that the outgrowth of epithelial cells from organoid hair follicles was distinctly inhibited by co-culture with fat cells in close apposition, and that the organoid hair follicles morphologically showed a rounded contour like that of hair follicles in the skin, rather than amoeboid appearance. They suggested that fat cells have an inhibitory effect on the proliferation of peril follicular fibroblasts in this co-culture system, which resulted in no outgrowth of epithelial cells of hair follicle organoids. The direct accelerating effect on hair follicle differentiation might reflect the inhibition of proliferation of organoid hair follicle cells by fat cells. The fat cells would have the capability of inhibiting the proliferation of hair follicles penetrating deep into the dermis with the development of the hair or hair cycles; after downward growth of the hair follicle into the subcutaneous fat tissue, a new hair bulb is formed with subsequent differentiation. This seems to be convincing physiological evidence that fat cells possess the capacity to accelerate the differentiation of hair follicles. Furthermore, Plikus et al. showed that during the hair cycle, mature intradermal adipocytes expressed BMP2 messenger RNA (mRNA) which was an inhibitory signal for bulge cell activity. The activation of hair follicle stem cells was subject to the effects of the macroenvironment of the surrounding dermis. The expression of BMP2 might coordinate the function of subcutaneous fat and DP of hair follicle in response to the external environment, and may have implications for the evolution of integuments.

A change of the characteristics or the number of adipocyte lineage cells may cause disorders of skin and hair. Abnormal lipid metabolism in transgenic mice models result in malformations in skin structure and function. For example, apolipoprotein C1 (APOC1) transgenic mice, which overexpress human apolipoprotein C1 and have hyperlipidemia, exhibit abnormalities of hair growth that are correlated to the level of human APOC1 gene expression in the skin. On the contrary, mice lacking diacylglycerol acyltransferase 2 (DGAT2), which demonstrate reduced triglycerides in tissues, demonstrate skin barrier abnormalities.
The possibilities of ASCs used in hair follicle regeneration

During the past decade, ASCs have become one of the most widely studied adult stem cell populations for research in soft tissue engineering and regenerative medicine applications. ASCs were initially identified as "preadipocytes." While further research found these cells to have the ability to differentiate into several mesenchymal lineages and characteristics of stem cells. The acronym "ASC" is the standard nomenclature proposed by the International Federation for Adipose Therapeutics and Science to describe the plastic-adherent, proliferative, multipotent cell population isolated from adipose tissue.64

ASCs and bone marrow–derived stem cells (BMSCs) share similar immunophenotypic and immunomodulatory characteristics, gene profiles, and functions.65–68 In contrast with BMSCs, ASCs possess several advantages as a promising cell source for tissue regeneration and clinical therapy. For example, ASCs can be obtained from an abundant autologous source with minor invasive harvesting (liposuction); ASCs also have significant proliferative capacity in culture and multi-lineage potential, such as adipogenic, osteogenic, and chondrogenic lineage differentiations.69–72 ASCs can be identified by means of fluorescence-activated cell sorting, as they have several specific surface markers: CD117, human leukocyte antigen–DR (HLA-DR), and stem cell–associated markers such as CD34.73

ASCs possess several important metabolic properties which suggest their potential positive role in hair regeneration. An essential function of ASCs is the production and secretion of growth factors that activate neighboring cells. These growth factors include vascular endothelial growth factor (VEGF), TGF-β, hepatocyte growth factor (HGF), platelet-derived growth factor (PDGF), placental growth factor, and bFGF. The expression of these potent growth factors allows ASCs to have an angiogenic capacity and the ability to induce tissue neovascularization, which show that ASCs may contribute a macroenvironment with an abundant blood supply for hair cells to regenerate hair follicles. ASCs are also immunomodulatory and immunosuppressive via direct cell-to-cell interaction or secreted cytokine profile such as prostaglandin E2 (PGE2), leukemia inhibitory factor (LIF), and kynurenic74. ASCs and their secretomes mediate diverse skin-regenerative effects, such as wound-healing, antioxidant protection, anti-wrinkling, and whitening effects.75–78

Examination of the role of ASCs in hair regeneration

Although there is currently no conclusive data to indicate that ASCs play an essential role in hair regeneration, several assays have been assessed to demonstrate a potential role between ASCs and hair regeneration. To
investigate whether ASCs are capable of directly participating in hair follicle morphogenesis, CD34+ ASCs were grafted with mouse fetal epidermal and dermal cells in a nude mouse model. The results showed that CD34+ ASCs could be detected to participate in forming hair follicle, blood vessel, and fat tissue. Another in vivo study involved injecting conditioned medium of ASCs (ASC-CM) subcutaneously and monitoring the darkening of the shaved skin. It was concluded that ASC-CM could promote hair growth, and the effect could be enhanced under hypoxia.

To study the promotion effect of ASCs on hair regeneration in vitro, two models are commonly used: one is directly contacting ASCs with hair cells, and the other is using the transwell technique or conditional medium from ASCs to simulate the situation of hair cells influenced by ASCs. Previous studies also suggested that the paracrine function of ASCs should be considered as an important mechanism to stimulate hair growth. The ASC-CM contains secretory factors derived from ASCs and might be a promising tool for hair growth promotion. Recently, we examined the influence of ASC-CM on the hair-inducing ability of rat DPCs. By culturing DPCs in ASC-CM, it was found that ASC-CM could significantly enhanced proliferation of DPCs in a concentration gradient manner (Figure 3). We also found that DPCs treated with 100% ASC-CM could increase the expression of ALP than those with 50% ASC-CM or regular DP medium. This may indicate ASC-CM could increase the hair-inducing ability of DPCs (Figure 4).

The signal pathways involved in the adipocyte macroenvironment and hair growth regulation

Bone morphogenetic proteins and Wnt/β-catenin pathways are the two important pathways involved in the adipocyte extrafollicle macroenvironment to hair growth. Plikus et al. found that BMP cycling in the intradermal adipose tissue did not correlate with the β-catenin cycling within the hair follicle. They also found that some Wnt inhibitors, Dkk1 and Sfrp4, could inhibit hair stem cell activation. The interfollicular macroenvironment could also induce anagen re-entry through releasing the activator platelet-derived growth factor–alpha (PDGFA) by the adipocyte precursor cells located in the interfollicular dermal region. A lack of adipocyte precursor cells resulted in bulge stem cell activation defects in Ebf1 null mice; this defect is rescued by transplanting of adipocyte precursor cells. These data support that a fat/follicle axis is important to the hair regeneration cycle.

Figure 4. Immunocytochemistry for alkaline phosphatase (ALP) in dermal papilla (DP) cells. Rat whisker DP cells in passage 6 cultured for 14 days in various ratio of adipose stem cell conditional medium (ASC-CM) (100%, 50%, or 0%/regular medium). (10×) The brown signal was positive staining of ALP. Blue color was nuclear stain with hematoxylin. (a) DP cells in 100% ASC-CM. (b) DP cells in 50% ASC-CM. (c) DP cells in 0% ASC-CM/regular medium. (d) The blank control.
Conclusion

DPCs are essential for the growth and regeneration of hair follicles. For the purpose of hair follicle engineering, important issues including expansion of the number of DPCs and maintenance of their hair-inductive ability should be further investigated. Adipocyte lineage cells have been reported to participate in the regulation of hair follicles growth. ASCs, regarded as a promising cell source in regenerative medicine, show positive effects on DPCs hair-inducing ability. But further work needs to be completed before clinical applications of ASC-based therapeutic approaches in hair regeneration become a clinical reality. For example, the mechanisms of ASCs in the participation of the formation of hair and other skin appendages must be explored. Although there have been several studies suggesting that ASCs may stimulate the pathways enrolled in hair growth, there is little known about the role of ASCs in the epithelial−mesenchymal interaction. Additionally, despite recent progress in the lab and in clinic, there are still many gaps in the understanding of basic DPC and ASC biology that must be addressed before cell therapy can be applied to its fullest potential in clinic. Therefore, if we can understand what regulates the fate of ASCs, we can potentially enhance the function of the graft, and we can select target-specific differentiation pathways that lead to the formation of sebaceous and sweat glands, hair follicles, and interfollicular epidermis. Finally, the contribution of growth factors should be further explored. In conclusion, the potential of hair regeneration using ASCs is promising.

Declaration of conflicting interests

The authors declare that there is no conflict of interest.

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