Hemoglobin-Based Oxygen Carrier for Traumatic Hemorrhagic Shock Treatment in a Jehovah’s Witness

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Abstract

Introduction: Treatment of severe hemorrhagic shock due to acute blood loss from traumatic injuries in a Jehovah’s witness (JW) trauma patient is very challenging since hemostatic blood product resuscitation is limited by refusal of the transfusion of allogeneic blood products.

Case Presentation: We describe a multifaceted approach to the clinical care of a severely anemic JW trauma patient including the early administration of a bovine hemoglobin-based oxygen carrier (HBOC) as a bridge to resolution of critical anemia (nadir hemoglobin 3.9 g/dL). Hemoglobin-based oxygen carrier infusions were used to supplement oxygen delivery until endogenous erythropoiesis could restore adequate red blood cell mass. Subsequent endogenous bone marrow recovery was supported by early administration of high-dose erythropoiesis-stimulating agents and iron supplementation.

Conclusions: Early HBOC administration can be used in the treatment of severe hemorrhagic shock in trauma patients who refuse allogeneic blood.

Keywords: Anemia, Erythropoietin-Stimulating Agents, Hemoglobin-Based Oxygen Carrier, Hepcidin, Iron, Jehovah’s Witness

1. Introduction

Hemorrhage is the leading cause of preventable death in the early phase of trauma. Prevention of death from hemorrhage requires rapid hemorrhage control and appropriate hemostatic resuscitation. In Jehovah’s witness (JW) patients with severe traumatic injuries, hemostatic resuscitation is limited by refusal of the transfusion of allogeneic blood products.

Nontraditional methods of reducing blood loss and optimizing erythropoiesis have been used to support anemic JW patients including exogenous erythropoietin administration, folic acid, ascorbic acid and iron supplementation (1, 2). Using these methods, survival has been reported following high volume blood loss in JW patients including ruptured aortic dissection (3), splenic laceration (4), poly-trauma (5, 6) and subtotal colectomy for bleeding (7). However, death following surgical interventions for traumatic injuries in JW patients has also been reported (8, 9).

To prevent both ischemic complications and death due to critical anemia and lack of oxygen delivery, hemoglobin-based oxygen carriers (HBOC) have been used to supplement oxygen delivery until endogenous erythropoiesis can restore adequate red blood cell mass (10, 11). This case report describes a multifaceted approach to care of a severely anemic JW trauma patient including the administration of a bovine HBOC as a bridge to resolution of critical anemia with endogenous bone marrow recovery.

2. Case Presentation

A 23-year-old male pedestrian was struck and crushed between two cars. In the trauma bay he had an intact airway, clear breath sounds, normal mentation, heart rate 99 and systolic blood pressure 118/65 mmHg. Physical exam confirmed diffuse abdominal tenderness, severe pelvic tenderness and right flank and left lower back contusions. He complained of abdominal, back and right groin pain. Admission hemoglobin was 13.4 g/dL (hematocrit 42.8%).

CT scan of the abdomen/pelvis revealed a Grade III liver laceration in the posterior segment of the right hepatic lobe, extending to the right hepatic and portal veins, with associated hemoperitoneum (Figure 1A) and a pelvic hematoma with active hemorrhage in the space of Retzlius and periurethral region (Figure 1B). Angiography confirmed segmental extravasation from branches of both right and left internal iliac arteries and bleeding from branches of the right hepatic artery which required selective embolization. An inferior vena cava filter was placed.

Repeat hematocrit following angiography was 15.1% and decreased further to 11.7% (hemoglobin 3.9 g/dL). Co-
agatuation profile was normal. He developed worsening tachycardia and hypotension. Both patient and family declined allogeneic red blood cell (RBC) transfusion. Compassionate use Hemopure (3 units/90 g hemoglobin/250 mL, HBOC-201 bovine Hb glutamer-250, OPK Biotech, Cambridge, MA) was administered via FDA compassionate use program approximately 30 hours after admission. Daily high-dose recombinant erythropoietin and IV iron sucrose were initiated. Additional Hemopure transfusions (4 units) were administered over the next 6 days (Figure 2).

Figure 2. Hematocrit Cellular Hemoglobin and Free Hemoglobin Levels During the JW Trauma Patient’s Hospital Course

Phlebotomy was minimized with pediatric tube use. When hematocrit was stable (24%) on post-trauma day 12, he underwent surgery for percutaneous pinning of pelvic fractures. He was discharged home the next day with outpatient physical therapy with hemoglobin 7.7 g/dL (hematocrit 25.5%). Renal function was unchanged by Hemopure administration (total 7 units transfused) as serum creatinine did not rise above 1.0 mg/dL throughout his hospital course.

3. Discussion

This case highlights several important features of trauma management of a JW patient who refuses transfusion of allogeneic blood. First, HBOCs can temporarily supply enough hemoglobin to support oxygen delivery in the patient with critical anemia. Second, endogenous production of erythrocytes can be facilitated by exogenous erythropoietin and iron supplementation. Third, the combination of a HBOC, erythropoietin and iron can enhance hemoglobin levels over several days in preparation for safe, non-emergent surgery. Finally, it is critical to minimize unnecessary iatrogenic diagnostic blood loss that may exacerbate anemia.

HBOCs, developed via polymerization or human or bovine hemoglobin (12), are not approved by the FDA (require compassionate use approval) (13), but are approved for human clinical use in South Africa and Russia. Most JW patients will accept Hemopure (derived from bovine hemoglobin). HBOCs underwent multiple clinical trials and were not FDA-approved due to higher rates of myocardial infarction and death most likely related to hypertension and vasoconstriction from the nitric oxide scavenging properties of free hemoglobin, but this meta-analysis was flawed in that it included multiple HBOC products (14). HBOC-201 eliminated allogeneic transfusion in the majority of subjects in a multicenter Phase III trial in elective orthopedic surgery (15). Although HBOCs have failed to show significant benefit over allogeneic human RBC transfusion, this case highlights a scenario in which allogeneic RBC transfusion is not an option and HBOCs are an accept-
able alternative, similar to potential use in military or rural areas where RBC transfusion is not available.

The optimal hemoglobin level at which to consider HBOC administration is unclear, but 5 - 6 g/dL is commonly used. Increased mortality has been documented with hemoglobin less than 5 g/dL. (16, 17) and the odds ratio for death in patients who refuse blood transfusion increases 2.5 for every 1 g less than 8 g/dL. (18). In a prior study of HBOC use in trauma, myocardial ischemia as evidence by ST changes on electrocardiogram and elevated troponin levels developed when hemoglobin decreased below 4 g/dL (10) at which time HBOCs were transfused. The long-term cognitive effects of critical anemia are unclear. Therefore, consideration for HBOC administration should occur once hemoglobin is 5 - 6 g/dL.

Immobilized trauma patients have a high rate of deep vein thrombosis. High dose erythropoietin may further increase thrombotic risk in trauma patients (19, 20). This patient pre-emptively had an IVC filter placed during angiography which should be considered in similar patients.

In conclusion, this case demonstrates that a multifaceted approach to hemorrhagic shock management in a trauma patient who refuses allogeneic blood transfusion can ensure adequate oxygen delivery with concomitant early administration of HBOCs for acute blood loss and erythropoietin and iron to augment endogenous erythropoiesis.

Footnote

Authors’ Contributions: Both authors contributed equally to manuscript preparation.

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