Exploring Influencing Factors of Intercity Mode Choice from View of Entire Travel Chain

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Abstract
Exploring the influencing factors of intercity travel mode choice can reveal passengers' travel decision mechanisms and help traffic departments to develop an effective demand management policy. To investigate these factors, a survey was conducted in Xi'an, China, to collect data about passengers' travel chains, including airplane, high-speed railway (HSR), train, and express bus. A Bayesian mixed multinomial logit model is developed to identify significant factors and explicate unobserved heterogeneity across observations. The effect of significant factors on intercity travel mode choice is quantitatively assessed by the odds ratio (OR) technique. The results show that the Bayesian mixed multinomial logit model outperforms the traditional Bayesian multinomial logit model, indicating that accommodating the unobserved heterogeneity across observations can improve the model fit. The model estimation results show that ticket purchasing method, comfort, punctuality, and access time are random parameters that have heterogeneous effects on intercity travel mode choice.

1. Introduction
The high-speed railway (HSR) plays an increasingly key role in intercity transportation because of its time advantages over conventional trains (which we refer to as trains) and low prices compared with airplanes. It also has the merits of punctuality, comfort, and low energy cost [1]. The HSR network in China has experienced rapid growth, with a total length of 35,000 km in 2019, accounting for more than two-thirds of the global HSR network [2, 3]. According to the long-term railway network plan, a grid of eight vertical and eight horizontal HSR lines will be in operation across 80% of the megacities in China by 2020 [2].

Intercity transportation is an important component of the transportation network, particularly in China [4–8], whose unbalanced distribution of population and resources promotes intercity travel demand, such as for tourism and business. Energy demand varies by intercity travel mode. For example, the airplane has a great advantage in long-distance travel. However, for a given distance, the energy consumption of HSR is only one-seventh that of airplanes [9]. Similarly, HSR consumes a fifth as much energy as intercity express buses [9]. As such, it is necessary to explore the influencing factors and their impacts on the choice of intercity travel modes under the competition of HSR. The findings could be conducive to the formulation of appropriate marketing strategies and can provide a scientific basis for intercity travel mode planning.

Many studies have investigated the contributing factors of intercity travel mode choice, such as passengers' socioeconomic characteristics, trip attributes, and mode characteristics [10–16]. However, such studies have focused on the travel modes of airplanes, trains, and express buses. HSR has often been ignored in travel behavior research for integrated transportation systems due to lack of data. Few studies have discussed the competitive factors between HSR and other modes of travel, such as airplanes, trains, and express buses, using a comprehensive data set from the
entire travel chain. As such factors including passengers’ ticket purchasing characteristic, access characteristic, intercity travel characteristic, and egress characteristic were highly ignored.

Traditional discrete modeling methods such as the multinomial logit model assume that the effect of each factor is fixed for all individuals. However, the potential interaction between individual characteristics and other factors resulted in an unobserved heterogeneous effect on travel mode choices [17, 18]. The mixed multinomial logit model was developed to explain this, and it has been widely applied to transportation accident research [18–30]. Previous studies were based on likelihood estimation, which cannot effectively capture experts’ prior information about parameters and obtain the parameter estimation with good statistical performance. The Bayesian mixed multinomial logit model is applied to the intercity mode choice to overcome the above defects.

The objectives of this study are to (a) explore significant factors affecting passengers’ intercity travel mode choices from the perspective of the entire travel chain and (b) examine the unobserved heterogeneous effects of significant factors under a Bayesian framework. Passengers’ activity data over the whole process of intercity travel were collected in the city of Xi’an, China, and a Bayesian mixed multinomial logit model was employed to explore significant factors and their heterogeneous effects. The effect of significantly competitive factors among modes (i.e., airplane, HSR, train, and express bus) was assessed by the odds ratio.

2. Literature Review

Previous studies have shown that intercity travel mode choice is affected by sociodemographic factors, including gender [10, 12, 13], age [12, 13, 31], occupation [12], income [10, 13, 32, 33], and car ownership [13]. Martin et al. [34] found that males are more likely to use public transport than females. Can [12] found that female tourists tended to choose to travel by coach rather than by airplane. Miskeen et al. [13] found that older persons were inclined to use private cars rather than public transport. Can [12] showed that the 31–45 age group preferred train to coach. Regarding occupation, business trips were not found to have a significant effect on travel mode choice [12]. Tourists were more likely to choose an airplane or train than a coach [12]. Forinash and Koppelman [32] found that higher income passengers favored airplane over other travel modes, and low-income passengers favored bus travel. Bhat [10] and Miskeen et al. [13] found similarly. Lower income individuals were found to be more sensitive to cost and less sensitive to out-of-vehicle time than middle- and higher income individuals [33]. Miskeen et al. [13] found that an increase in car ownership in a household was likely to decrease resistance to a mode change.

Travel demand attributes, accessibility of transportation hubs, and service quality of transport modes have been identified as exerting pronounced influence on intercity travel mode choices [12, 14, 15]. Hess et al. [31] found that passengers traveling for work had lower estimates of travel time, while those traveling for leisure had the highest estimates. Bhat [33] showed that there is a greater intrinsic preference for airplanes over cars for passengers whose trips originate or end in a large city. Bhat [10] found that passengers with high incomes who travel alone are more concerned than low-income and group travelers about in-vehicle time. Miskeen et al. [13] found that drivers will shift to intercity buses if out-of-vehicle travel time and total travel cost can be reduced. Forinash and Koppelman [32] showed that travelers were more sensitive to access time than run time for shorter trips, but this sensitivity was likely to decrease with trip distance. Martin et al. [34] explored the influence of access and egress time on the competition between HSR and airplanes in the Madrid–Barcelona (Spain) corridor. Zheng et al. [35] reported that passengers were more concerned about the cost of the nonchosen mode and less concerned about the chosen mode cost. Miskeen et al. [13] found that subjective factors such as comfort and convenience significantly influence business travelers’ mode choices.

The common approach to analyzing intercity mode choice is the discrete choice model, including the binomial logit (BL) model [34], multinomial logit (MNL) regression [13, 36], multinomial probit (MNP) model [12], nested logit (NL) model [37, 38], mixed logit (ML) regression [39], hybrid choice model [31, 36], and panel rank-ordered mixed logit model [40]. Table 1 shows past studies of intercity travel mode choice, which utilized the maximum likelihood approach to estimate model parameters [13, 31, 34, 36, 40–42]. Recent studies have shown that a full Bayesian approach can integrate prior information to improve estimation efficiency and model performance [4, 43–46].

In summary, past studies have investigated factors affecting intercity travel mode choice from the view of individual attributes, travel demand attributes, service quality of transport modes, and accessibility of terminals. However, most studies focused on the travel modes of airplane, train, and express bus. Due to the lack of data, HSR is often ignored in travel behavior research for integrated transportation systems, making it difficult to understand the significant factors affecting intercity travel mode choice under the competition of HSR. Furthermore, previous research did not explore the influencing factors from the view of the entire travel chain, nor capture unobserved heterogeneity across observations using Bayesian inference after the entry of HSR, which better reveals the influence of contributing factors on intercity travel mode choice.

3. Data Collection

3.1. Questionnaire Design. The questionnaire was designed to reflect passengers’ travel information covering the whole process, including ticket purchase, access to the departing terminal hub, intercity travel, and egress from the terminal hub at the destination. Individual attributes of passengers were also included [47], covering gender, age, occupation, monthly income, car ownership, ticketing method, access mode, access time, access cost, travel purpose, origin city,
Table 1: Summary of previous studies on intercity travel mode choice.

| Authors               | Data                                                                 | Travel modes                                      | Variables                                                                                     | Method                          |
|-----------------------|----------------------------------------------------------------------|--------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------|
| Forinash & Koppelman  | Data collected by the Canadian national rail carrier through rail passenger reviews in the Toronto–Montreal corridor | Airplane, express bus, car, train                | Frequency, travel cost, in-vehicle travel time, out-of-vehicle travel time                   | NL                              |
|                       | Data collected by the Canadian national rail carrier through rail passenger reviews in the Toronto–Montreal corridor | Car, airplane, train, express bus                | Large city, household income, frequency, travel cost, travel time                           | MNL, NL, heteroscedastic extreme value model |
| Bhat [36]             | Data from the Canadian national rail carrier in 1989                  | Train, airplane, car                              | Income, gender, travel group size, frequency, travel cost, travel time, large city          | MNL, NL                          |
| Bhat [33]             | Data collected by the Canadian national rail carrier through rail passenger reviews in the Toronto–Montreal corridor | Train, airplane, car                              | Income, gender, travel group size, day of travel, trip distance, frequency, total cost, in-vehicle travel time, out-of-vehicle travel time, large city | Endogenous segmentation model   |
| Bhat [33]             | Data collected by the Canadian national rail carrier through rail passenger reviews in the Toronto–Montreal corridor | Train, airplane, car                              | Frequency, total cost, in-vehicle time, out-of-vehicle time, income, gender, travel group size, large city, income, travel alone, day of travel, trip distance, weekend travel | Fixed- and random-coefficient logit models |
| Bhat [10]             | Data collected by the Canadian national rail carrier through rail passenger reviews in the Toronto–Montreal corridor | Train, airplane, car                              | Vehicles in the household, travel group size, baggage/children, higher income group, business trip, access/egress cost, in-vehicle time, travel cost | MNL, ML                         |
| Lee et al. [39]       | Stated preference survey conducted by the Korean society of transportation in the HoNam corridor in South Korea | Car, bus, train, airplane, HSR                   | Travel cost, line-haul time, access time, frequency, share of working population, share of working population in service sector, attractiveness | Integrated mode/route choice model, destination choice model, trip generation model |
| Yao & Morikawa (2005) | Data from railway users originating from one of the six main Japanese metropolitan areas | Shinkansen, airplane, regular train, express bus, car | Access cost/income, parking fee/income, access time/distance, waiting time | NL                              |
| Yao et al. (2002)     | SP&RP survey data from most areas of Japan                            | HSR, train, airplane, express bus, car           | Age, gender, nationality, monthly income, dwell time at destination, travel purpose, access distance to airport/bus terminal, total travel cost, car availability, privacy, convenience | Latent class multinomial logit model, latent class nested logit model |
| Wen et al. [11]       | Data from Taiwan HSR corporation RP & SP surveys in 2007              | City bus, train, car, motorcycle, express shuttle bus, taxi | Access cost/income, parking fee/income, access time/distance, waiting time | MNL                            |
| Miskeen et al. [13]   | Data from a transport survey conducted by the author from all major intercity corridors in Libya in 2010 | Private car, intercity bus, airplane             | Travel time, travel fare, waiting time                                                      | Bilevel optimization model, bilevel mixed-integer model |
| Du et al. (2015)      | Data from intercity trips from Lafayette, Indiana, to Washington, D.C. | Airplane, rail, private car, public transit     | Time to station, waiting time, time in vehicle, fare, crowding level, time to destination, free wireless, laptop station, fuel cost, daily parking | Random-effects logit model       |
| Zheng et al. [35]     | Data from a survey in five Australian state capitals                 | Bus, train, car                                  | Gender, age, number of vehicles in family, number of adults in family, number of children in family, educational level, annual household income | Random parameter logit model     |
| Sperry et al. [16]    | Data from a survey of residents in two communities in central Texas  | Automobile, intercity bus, intercity rail, regional airline | Gender, age, education, employment, households with fewer cars than adults, households with more cars than licenses, west coast, journey purpose, party size, trip length in terms of overnight stays, frequency | Hybrid choice model              |
| Hess et al. [31]      | Data from northeast corridor (NEC) and cascade corridor              | Rail, airplane, car, bus                         |                                                                                |                                 |

destination city, intercity travel cost, identification number of the vehicle, safety, comfort, punctuality, egress mode, egress time, and egress cost.

Male and female genders were labeled as 1 and 0, respectively, and age groups of less than 19, 20–29, 30–39, 40–49, 50–59, and 60 and above were labeled as 1–6, respectively. Occupations were classified as personnel of enterprise units, personnel of government-related institutions, students, farmers, self-employed households, and others, marked as 1–6, respectively. Monthly income was grouped as less than 3000 yuan, 3000–4000 yuan, 4000–5000 yuan, 5000–6000 yuan, and 6000–7000 yuan, labeled as 1–6, respectively. Car ownership was categorized as yes or no, labeled as 0 and 1, respectively. Access
mode was either public transit (bus, subway) or car (private car, taxi), labeled as 1 and 0, respectively.

Access time was classified as 0–30 minutes, 30–60 minutes, and 60–90 minutes, labeled as 1, 2, and 3, respectively. The travel purpose was mandatory (e.g., business, returning from holidays) or leisure (e.g., tourism, visiting relatives), labeled as 1 and 0, respectively. Access cost, which is the actual cost from the departure point (e.g., home, workplace) to the transport hub in the destination city, was collected by direct consultation with passengers.

Four intercity travel modes were investigated: airplane, HSR, train, and express bus, labeled as 1–4, respectively. Intercity travel distance was calculated by Baidu Maps [48] using the real route between the origin and destination cities. The intercity travel time was measured based on the schedule corresponding to the vehicle number and the origin and destination cities [47]. Table 2 presents descriptions and frequencies of category variables for four travel modes. Figure 1 intuitively describes the continuous variables for different modes by box plots.

4. Methodology

4.1. Mixed Multinomial Logit Model. Compared with the traditional multinomial logit model, the mixed multinomial logit model allows all parameters to vary randomly across observations Mannering et al., 2016; Seraneeprakarn et al., 2017; [17, 23]. In this way, more data features can be extracted to improve the accuracy of regression [17]. The mixed multinomial logit model is described as

\[
P(Z_{ji}) = \frac{\exp(\beta_j^0 + \beta_j^1 x_{i1} + \beta_j^2 x_{i2} + \cdots + \beta_j^K x_{iK})}{\sum_{j=1}^K \exp(\beta_j^0 + \beta_j^1 x_{i1} + \beta_j^2 x_{i2} + \cdots + \beta_j^K x_{iK})}
\]

where \(Z_{ji}\) represents the choice of travel mode \(i\) by the \(j\)th passenger, \(X = [x_{i1}, x_{i2}, \ldots, x_{iK}]\) is a \(1 \times K\) vector of independent variables, and \(\beta = [\beta_1^0, \beta_2^0, \ldots, \beta_K^0]^T\) is a coefficient vector.

In this study, the random parameters in the mixed multinomial logit model are assumed to be normally distributed as \(\beta \sim N(\nu, \Psi)\), with \(\nu = [\nu_1, \nu_2, \ldots, \nu_K]^T\) and \(\Psi = [\Psi_1, \Psi_2, \ldots, \Psi_K]^T\). Specifically,

\[
\left[ \begin{array}{c}
\beta_1^0 \\
\beta_2^0 \\
\vdots \\
\beta_K^0
\end{array} \right] \sim N\left( \left[ \begin{array}{c}
\nu_1 \\
\nu_2 \\
\vdots \\
\nu_K
\end{array} \right], \left[ \begin{array}{cccc}
\Psi_{11} & \Psi_{12} & \cdots & \Psi_{1K} \\
\Psi_{21} & \Psi_{22} & \cdots & \Psi_{2K} \\
\vdots & \vdots & \ddots & \vdots \\
\Psi_{K1} & \Psi_{K2} & \cdots & \Psi_{KK}
\end{array} \right] \right)
\]

The likelihood function of the model is

\[
f(Z | \beta) = \prod_{j=1}^N \prod_{i=1}^I (\rho_{ji} \times P(Z_{ji}))
\]

\[
= \prod_{j=1}^N \prod_{i=1}^I \left[ \rho_{ji} \times \frac{\exp(\beta_j^0 + \beta_j^1 x_{i1} + \beta_j^2 x_{i2} + \cdots + \beta_j^K x_{iK})}{\sum_{j=1}^K \exp(\beta_j^0 + \beta_j^1 x_{i1} + \beta_j^2 x_{i2} + \cdots + \beta_j^K x_{iK})} \right],
\]

where \(N\) is the number of samples, \(I\) is the number of transportation modes, and \(\rho_{ji}\) is equal to 1 if the outcome for passenger \(j\) is \(i\) and is 0 otherwise [3, 27].

4.2. Full Bayesian Estimation. The posterior distribution of parameters is estimated by the full Bayesian inference on the base of the Markov chain Monte Carlo (MCMC)
Table 2: Descriptions of category variables.

| Variable         | Description     | Code | Airplane | HSR | Train | Express bus | Total |
|------------------|-----------------|------|----------|-----|-------|-------------|-------|
| Gender           | Male            | 1    | 99       | 205 | 166   | 99          | 569   |
|                  | Female          | 0    | 62       | 164 | 133   | 57          | 416   |
| Age              | <19             | 1    | 1        | 10  | 7     | 5           | 23    |
|                  | 20–29           | 2    | 51       | 124 | 145   | 87          | 407   |
|                  | 30–39           | 3    | 61       | 135 | 90    | 33          | 319   |
|                  | 40–49           | 4    | 32       | 65  | 38    | 19          | 154   |
|                  | 50–59           | 5    | 13       | 30  | 16    | 6           | 65    |
|                  | 60 and above    | 6    | 3        | 5   | 3     | 6           | 17    |
| Career           | Enterprise personnel | 1 | 47 | 78 | 71 | 17 | 213 |
|                  | Government personnel | 2 | 31 | 83 | 43 | 17 | 174 |
|                  | Student         | 3    | 34       | 82  | 81    | 18          | 278   |
|                  | Farmer          | 4    | 8        | 22  | 22    | 5           | 57    |
|                  | Self-employed   | 5    | 26       | 51  | 48    | 18          | 143   |
|                  | Others          | 6    | 15       | 53  | 34    | 18          | 120   |
| Monthly income   | <3K yuan        | 1    | 33       | 81  | 108   | 86          | 213   |
|                  | 3-4K yuan       | 2    | 22       | 103 | 45    | 18          | 174   |
|                  | 4-5K yuan       | 3    | 48       | 122 | 57    | 27          | 278   |
|                  | 5-6K yuan       | 4    | 38       | 40  | 46    | 17          | 57    |
|                  | 6-7K yuan       | 5    | 7        | 10  | 16    | 0           | 143   |
|                  | >7K yuan        | 6    | 13       | 13  | 27    | 8           | 120   |
| Car ownership    | Yes             | 0    | 93       | 176 | 144   | 40          | 453   |
|                  | No              | 1    | 68       | 193 | 155   | 116         | 532   |
| Travel purpose   | Mandatory       | 1    | 86       | 193 | 165   | 115         | 474   |
|                  | Leisure         | 0    | 75       | 213 | 144   | 79          | 511   |
| Ticket purchasing method | Online | 1 | 159 | 324 | 213 | 92 | 788 |
|                  | Counter         | 0    | 2        | 45  | 86    | 64          | 197   |
| Access mode      | Public transit  | 1    | 94       | 263 | 197   | 123         | 677   |
|                  | Private car or taxi | 0 | 67 | 106 | 102 | 33 | 308 |
| Access time      | 0–0.5 h         | 1    | 28       | 106 | 105   | 79          | 318   |
|                  | 0.5–1 h         | 2    | 51       | 169 | 98    | 45          | 363   |
|                  | 1–1.5 h         | 3    | 82       | 94  | 96    | 32          | 304   |
| Safety           | Very unsafe     | 1    | 0        | 0   | 0     | 0           | 0     |
|                  | Unsafe          | 2    | 1        | 0   | 3     | 6           | 10    |
|                  | General         | 3    | 19       | 33  | 74    | 49          | 175   |
|                  | Safe            | 4    | 78       | 173 | 167   | 77          | 495   |
|                  | Very safe       | 5    | 63       | 163 | 55    | 24          | 305   |
| Comfort          | Very uncomfortable | 1 | 0 | 0 | 1 | 7 | 8 |
|                  | Uncomfortable   | 2    | 4        | 4   | 19    | 25          | 52    |
|                  | General         | 3    | 23       | 57  | 109   | 56          | 245   |
|                  | Comfortable     | 4    | 90       | 221 | 145   | 60          | 516   |
|                  | Very comfortable| 5    | 44       | 87  | 25    | 8           | 164   |
| Punctuality      | Very unpunctual | 1    | 0        | 0   | 0     | 0           | 0     |
|                  | Unpunctual      | 2    | 7        | 6   | 13    | 13          | 39    |
|                  | General         | 3    | 53       | 57  | 80    | 61          | 251   |
|                  | Punctual        | 4    | 85       | 199 | 166   | 75          | 525   |
|                  | Very punctual   | 5    | 16       | 107 | 40    | 7           | 170   |
| Egress mode      | Public transit  | 1    | 94       | 297 | 214   | 108         | 713   |
|                  | Private car or taxi | 0 | 67 | 72 | 85 | 48 | 272 |
| Egress time      | 0–0.5 h         | 1    | 31       | 179 | 169   | 110         | 489   |
|                  | 0.5–1 h         | 2    | 73       | 119 | 100   | 30          | 322   |
|                  | 1–1.5 h         | 3    | 57       | 71  | 30    | 15          | 173   |
\[ f(\Omega | Z) = \frac{f(Z, \Omega)}{f(Z)} = \frac{f(Z | \Omega)\pi(\Omega)}{\int f(Z, \Omega)\pi(\Omega)d\Omega} \]  

(5)

where \( f(\Omega | Z) \) is the posterior distribution of parameters \( \Omega \) conditional on \( Z \), \( f(Z, \Omega) \) is the joint probability distribution of data set \( Z \) and parameters \( \Omega \), \( \pi(\Omega) \) is the prior distribution of parameters \( \Omega \), and \( f(Z | \Omega) \) is the likelihood conditional function based on parameters \( \Omega \) (Mannering et al., 2016; [42]). Because of the lack of information, non-informative prior distributions for the random parameters in the model are adopted and expressed as follows:

\[ \nu_k^i \sim N(\bar{F}_k, \sigma_k^2), \]  

(6)

\[ \Psi_k^i \sim \text{Inverse gamma}(\tilde{d}_k, \tilde{e}_k). \]  

(7)
where the mean of the random parameters follows the normal distribution, and the variance follows an inverse gamma distribution. Based on previous studies (Mannering et al., 2016; [46]), the parameters with overlines in equations (6) and (7) are hyperparameters,

\[ \bar{b}^j_k = 0, \quad \bar{c}^j_k = 10^6, \]
\[ \bar{a}^j_k = 10^{-3}, \quad \bar{c}^j_k = 10^{-3}. \]

Based on the prior distributions of parameters \( \Omega \), the posterior distribution \( f(\Omega | Z) \) can be derived as follows:

\[
f(\Omega | Z) \propto f(Z | \Omega) \pi(\Omega) \propto f(Z | \beta) \pi(\Omega)
\]
\[
= f(Z | \beta) \times \prod_{j=1}^{N} \prod_{k=1}^{K} \prod_{i=1}^{I} N(\beta_{j1}^k | \psi_{j1}^k) \times \prod_{k=1}^{K} \prod_{i=1}^{I} N(\psi_{jk} | \psi_{jk})
\]
\[
= \prod_{j=1}^{N} \prod_{i=1}^{I} \left[ \rho \prod_{k=1}^{K} \frac{1}{\sqrt{2\pi} \tau} \exp \left( -\frac{1}{2} \frac{(\psi_{jk}^i - \beta_{j1}^k)^2}{\tau^2} \right) \right] \times \prod_{k=0}^{K} \prod_{i=1}^{I} \left[ \frac{1}{\sqrt{2\pi} \tau} \psi_{jk}^i \exp \left( -\frac{1}{2} \frac{(\psi_{jk}^i - \beta_{j1}^k)^2}{\tau^2} \right) \right]
\]

4.3. Odds Ratio. The impact of significant factors can be assessed using the odds ratio (OR) [49, 50]. The OR of an explanatory variable represents the increment in the odds of the outcome if the value of the variable increases by one unit [50], which is calculated as

\[
OR = \frac{\text{odds}(X, x_k + 1)}{\text{odds}(X, x_k)} = \frac{\exp(\beta X) \times \exp(\beta_{j1}^k)}{\exp(\beta X)} = \exp(\beta_{j1}^k).
\]

5. Results and Discussion

5.1. Modeling Results. To avoid correlation between intercity travel cost and time and travel distance, the intercity travel cost and time per hundred kilometers were calculated so as to standardize them [3, 12]. Multicollinearity testing and correlation analysis between each pair of variables were conducted to reduce estimation bias [47]. We used trains as the reference category, and the significant factors on intercity mode choice were identified using the Bayesian multinomial logit model and Bayesian mixed logit model, and Tables 3 and 4 show their respective parameter estimates. Significant variables at a 95% confidence level are retained in the tables. It is found that significant variables vary across modes. For example, age is significantly associated with airplanes and HSR choice, but not with the express bus.

The performance of these two regressions was compared using deviance information criterion (DIC), which was 1240.95 for the Bayesian mixed logit model and 1265.86 for the Bayesian multinomial logit model, indicating that the Bayesian mixed logit model performs better [51].

5.2. Interpretation of Model. The result from the Bayesian mixed logit model was selected for model interpretation due to its better performance. As shown in Table 4, age is found to affect passengers’ airplane and HSR choices versus train. The OR of age indicated that the odds of passengers taking an airplane or HSR instead of train increased by 35.93% and 22.72%, respectively, for every additional 10 years of age, perhaps because older passengers prefer comfortable and reliable transportation. However, age does not affect express bus choice compared to train, which is inconsistent with a previous study [12] that found that the 31–45 age group preferred train to coach. Car ownership is found to be significantly related to passengers’ choices of airplanes, trains, and express buses. The OR shows that passengers with cars were 2.4646, 1.4304, and 2.4845 times more likely to travel by airplane, HSR, and express bus, respectively, than passengers without cars. This intuitively suggests that passengers with cars are better able financially to choose safe and comfortable trips.

The ticket purchasing method has a significant relationship with the choice of airplane and HSR. The OR indicates that passengers who bought tickets online were 4.0047 and 2.1245 times more likely to travel by air and HSR, respectively, than those buying at the counter. It is straightforward that online ticketing is more convenient.
| Variable                                           | Airplane | HSR     | Express bus |
|----------------------------------------------------|----------|---------|-------------|
| Age                                                | Mean     | S.D.    | 2.5% | 97.5% | OR | Mean     | S.D.    | 2.5% | 97.5% | OR | Mean     | S.D.    | 2.5% | 97.5% | OR |
| —                                                  | —        | —       | —    | —     | —  | 0.2320  | 0.0898  | 0.0525 | 0.4098 | 1.2611 | —      | —       | —      | —     | —     |
| Car ownership (yes vs. no)                         | 0.7630   | 0.2790  | 0.2228 | 1.3187 | 2.1446 | 0.3019 | 0.1285 | 0.0524 | 0.5431 | 1.3525 | 1.0466 | 0.1089 | 0.8547 | 1.2607 | 2.8479 |
| Ticketing method (online vs. counter)              | 3.8221   | 0.4435  | 2.9720 | 4.6887 | 45.7020 | 0.6876 | 0.2334 | 0.2319 | 1.1427 | 1.9890 | —      | —       | —      | —     | —     |
| Travel purpose (mandatory vs leisure)              | 0.4430   | 0.2038  | 0.0731 | 0.8601 | 1.5573 | —      | —      | —      | —      | —      | —      | —       | —      | —     | —     |
| Travel distance                                    | 0.0021   | 0.0004  | 0.0014 | 0.0028 | 1.0021 | —      | —      | —      | —      | —      | —      | —       | —      | —     | —     |
| Standardized intercity travel cost                 | 0.0874   | 0.2033  | 8.3459 | 9.1509 | 1.0913 | 0.0408 | 0.1015 | 3.8786 | 4.2649 | 1.0416 | —      | —       | —      | —     | —     |
| Standardized intercity travel time                 | −8.7058  | 0.3819  | −8.7133 | −8.6984 | 0.0002 | −1.6856 | 0.1578 | −1.6888 | −1.6825 | 0.1853 | 0.0176 | 0.1955 | 0.0136 | 0.0213 | 1.0177 |
| Safety                                             | —        | —       | —      | —      | —      | 0.4788 | 0.1322 | 0.2014 | 0.7292 | 1.6142 | —      | —       | —      | —     | —     |
| Comfort                                            | 0.5972   | 0.1817  | 0.2400 | 0.9401 | 1.8171 | 0.4784 | 0.1078 | 0.2770 | 0.7035 | 1.6134 | −0.4663 | 0.1119 | −0.6844 | −0.2479 | 0.6273 |
| Punctuality                                        | —        | —       | —      | —      | —      | 0.3557 | 0.1007 | 0.1614 | 0.5563 | 1.4271 | −0.5674 | 0.1266 | −0.8112 | −0.3332 | 0.5670 |
| Access time                                        | 0.4424   | 0.1920  | 0.0608 | 0.8085 | 1.5565 | —      | —      | —      | —      | —      | −0.4890 | 0.1211 | −0.7285 | −0.2553 | 0.6132 |
| Egress time                                        | 0.8259   | 0.2038  | 0.4359 | 1.2334 | 2.2839 | —      | —      | —      | —      | —      | —      | —       | —      | —     | —     |
| Intercept                                          | −12.3802 | 0.3728  | −13.0941 | −11.6221 | —      | −6.4588 | 0.0867 | −6.6117 | −6.2834 | —      | 4.4313 | 0.1747 | 4.1208 | 4.8361 | —     |
| DIC                                                | 1265.86  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
Table 4: Parameter estimation from Bayesian mixed multinomial logit model.

| Variable                                                               | Airplane Mean | S.D. | 2.50% | 97.50% | OR  | HSR Mean | S.D. | 2.50% | 97.50% | OR  | Express bus Mean | S.D. | 2.50% | 97.50% | OR  |
|-----------------------------------------------------------------------|----------------|------|-------|--------|-----|----------|------|-------|--------|-----|-----------------|------|-------|--------|-----|
| Age                                                                   | 0.3070         | 0.1304 | 0.0464 | 0.5684 | 1.3593 | 0.2048   | 0.0740 | 0.0612 | 0.3474 | 1.2272 | 0.9101 | 0.1385 | 0.6224 | 1.1830 | 2.4845 |
| Car ownership (yes vs. no)                                            | 0.9020         | 0.2431 | 0.4584 | 1.3964 | 2.4646 | 0.3579   | 0.0398 | 0.2802 | 0.4325 | 1.4304 | 0.9101 | 0.1385 | 0.6224 | 1.1830 | 2.4845 |
| Ticket purchasing method (online vs. Counter)                         | 1.3875         | 0.6436 | 0.1475 | 2.7089 | 4.0047 | 0.7536   | 0.1725 | 0.4197 | 1.0904 | 2.1245 |          |        |        |        |     |
| Std. dev. of parameter distribution                                   | 0.8358         | 1.5022 | 0.0079 | 6.2454 |        |          |        |        |        |     |          |        |        |        |     |
| Travel purpose (mandatory vs leisure)                                 | 1.0889         | 0.3387 | 0.4473 | 1.7911 | 2.9710 |          |        |        |        |     |          |        |        |        |     |
| Travel distance                                                       | 0.0021         | 0.0004 | 0.0014 | 0.0027 | 1.0021 |          |        |        |        |     |          |        |        |        |     |
| Standardized intercity travel cost                                   | 0.0884         | 0.0072 | 0.0750 | 0.1030 | 1.0924 | 0.0434   | 0.0053 | 0.0333 | 0.0541 | 1.0443 |          |        |        |        |     |
| Standardized intercity travel time                                    | −8.9863        | 0.4566 | −9.8979 | −8.1441 | 0.0001 | −1.7690 | 0.1050 | −1.9738 | −1.5488 | 0.1705 |          |        |        |        |     |
| Safety                                                                | 0.5185         | 0.0667 | 0.3960 | 0.6459 | 1.6794 |          |        |        |        |     |          |        |        |        |     |
| Comfort                                                               | 0.5129         | 0.1139 | 0.2967 | 0.7388 | 1.6702 | 0.8495   | 0.3396 | 0.2216 | 1.4898 | 2.3386 | 0.1230 | −0.6948 | −0.2048 | 0.6532 | 1.0000 |
| Std. dev. of parameter distribution                                   | 0.6738         | 0.9980 | 0.0079 | 3.5664 |        |          |        |        |        |     |          |        |        |        |     |
| Punctuality                                                           | −0.3233        | 0.1851 | −0.6802 | 0.0520 | 0.7238 | 0.5702   | 0.2443 | 0.1034 | 1.0050 | 1.7687 | −0.5349 | 0.1304 | −0.7745 | −0.2819 | 0.5857 | 1.0000 |
| Std. dev. of parameter distribution                                   | 0.3977         | 0.1498 | 0.1160 | 0.7023 | 1.4884 |          |        |        |        |     |          |        |        |        |     |
| Access time                                                           | 0.3977         | 0.1498 | 0.1160 | 0.7023 | 1.4884 |          |        |        |        |     |          |        |        |        |     |
| Std. dev. of parameter distribution                                   | 0.3375         | 0.5111 | 0.0071 | 1.8689 |        |          |        |        |        |     |          |        |        |        |     |
| Egress time                                                           | 0.8065         | 0.1656 | 0.4060 | 1.0077 | 2.2401 |          |        |        |        |     |          |        |        |        |     |
| Intercept                                                             | −11.1867       | 0.2189 | −11.6199 | −10.7533 | 0.0000 | −6.0312 | 0.2060 | −6.4523 | −5.6564 | 0.0024 | 4.0469   | 0.1027 | 3.8521 | 4.2625 | 57.2187 |
| DIC                                                                   | 1240.95        |        |        |        |        |          |        |        |        |     |          |        |        |        |     |
than other approaches in saving time for passengers. As shown in Figure 2, the normal distribution of the parameter is (1.3875, 0.8358) in association with airplane choice, indicating that 95.15% of online ticketing passengers have a higher probability of choosing an airplane compared to train, whereas the remaining 4.85% of online ticketing passengers have a lower probability of traveling by airplane compared to train. This result implies heterogeneous effects across ticketing methods.

Travel purposes significantly affect airplane choice. The OR of 2.9710 regarding this factor indicates that mandatory travel increased by 1.9710 times the odds of passengers’ traveling by airplane compared with the leisure travel purpose. This may be because passengers with mandatory travel are inclined to select a relatively fast travel mode.

Travel distance is significantly related to passengers’ airplane and express bus choices. An increase of 1 km leads to an increase of 0.21% and decrease of 0.18% in the probability of passengers traveling by air and express, respectively. This is consistent with the increase of the probability of choosing to fly with increasing travel distances. Conversely, the express bus was associated with shorter distances.

The standardized intercity travel cost is associated with airplane and HSR choices. Every 0.01 yuan increase in travel cost per kilometer leads to a 9.24% increase in the probability of choosing an airplane and 5.17% and 4.43% decreases in the probabilities of choosing a train and express bus, respectively. This is similar to a past study [12] indicating that standardized intercity travel costs play an important role in the choice of intercity travel modes.

The standardized intercity travel time is also linked to passengers’ choices of airplanes and HSR. Every 0.01 hour/km addition to intercity travel time leads to 99.99% and 82.95% reductions of the probabilities of travel by airplane and HSR, respectively. This result is supported by the study of Can [12], showing that adjusting intercity travel time per unit mileage is an important means by which transportation enterprises can attract passengers.

Safety is significantly related to the choice of HSR. According to OR analysis, the odds of passengers choosing an HSR over a train increase by 67.94% for each additional unit of safety demand. This suggests that passengers who have greater safety demands are more likely to travel on HSR.

Based on the OR analysis, each incremental unit of comfort will cause 67.02%, 133.86%, and −34.68% increases in the odds of passengers choosing an airplane, HSR, and express bus, respectively. As can be expected, a cleaner and more comfortable service environment can be provided on airplanes and HSR, and the opposite holds on the express bus. The normal distribution (see Figure 3) of this parameter for HSR is (0.8495, 0.6738), indicating that 89.63% of passengers have a higher probability of choosing HSR with increasing demand for comfort, and the remaining 10.37% of passengers have a lower probability of choosing HSR compared to train with the increasing demand for comfort. This result implies heterogeneous effects across comfort.

Punctuality is found to be significantly associated with passengers’ intercity travel mode choices. The results show that passengers with higher punctuality requirements tend to choose HSR. Each incremental unit of punctuality will cause 76.87%, −27.62%, and −41.43% increases in the odds of choosing HSR, airplane, and express bus, respectively. As shown in Figure 4, the normal distribution of the parameter for HSR is (0.5702, 0.3077), indicating that 96.81% of passengers have a higher probability of choosing HSR with increasing demands for punctuality, and the remaining 3.19% prefer the train with the increasing demand for punctuality.

Access time is also found to be associated with airplane and express bus choices. Based on the OR analysis, each additional 30-minute increase in access time will cause 48.84% and −32.59% increases in the odds of choosing airplanes and express buses, respectively. As shown in Figure 5, the coefficient was normally distributed with (−0.3944, 0.3375) for the express bus, indicating that 87.87% of passengers who spend longer access time are less likely to choose express buses, while the remaining 12.13% of passengers spending longer access time are more likely to choose the express bus. The result confirms the heterogeneous effects across the access time. A similar finding can be found for the egress time. According to the OR, each additional 30 minutes of egress time will lead to 124.01% and −17.93% increases in odds of taking an airplane and express bus, respectively.
6. Conclusion

We explored the influence mechanism of competitive factors for intercity modes (i.e., airplane, HSR, train, and express bus) and found unobserved heterogeneity of significant factors in the intercity model choice. Passengers’ intercity travel activity data from Xi’an, China, were used for modeling. A mixed multinomial logit model was established to explore the relevant factors of intercity mode choice, which was compared with the Bayesian multinomial logit model. The proposed mixed multinomial logit model successfully captured the heterogeneous effects of some significant factors. It was found that the mixed multinomial logit model outperformed the Bayesian multinomial logit model according to the comparison of DIC. The results also showed that ticket purchasing method, comfort, punctuality, and access time had heterogeneous effects on intercity travel mode choice, appearing in the form of random parameters in the model.

These findings are helpful in providing relevant management strategies for intercity travel mode choices, are of significance for transportation development, and can provide information for decision-makers and planners. For decision-makers, the development of HSR is highly recommended because it has incomparable advantages such as punctuality, safety, and comfort. With the background of global aging, the elderly prefer HSR, which meets the needs of passengers for higher service quality. At the same time, improving the efficiency of HSR and common rail and adjusting their ticket prices are important means to promote the transfer of passengers from high-energy transport modes (such as airplane and express bus) to low-energy modes. For transportation planners, the layout of airports and railway stations, as well as connection modes, is an indivisible part of their competitiveness. For service providers, an efficient ticketing system has a significant impact on mode choice, particularly for express buses. There is an urgent need for an efficient online ticketing system. Finally, the model and its estimates can provide a reference for software companies to develop intelligent decision service systems for intercity travel mode choices.

The study has several limitations. We used data from only one city. Different cultural backgrounds and traffic environments could change travel mode choices. Therefore, data from other cities should be collected to verify the proposed model and findings. Such potential factors as temperature, humidity, rainfall, snowfall, and visibility were not explored. In the future, these factors can be incorporated into the model, and their impact on passengers’ intercity travel mode choices should be discussed. In addition, the comparison of the Bayesian mixed multinomial logit model with machine learning methods [52] is a valuable research field. Finally, although we found that some variables (e.g., ticket purchasing method, comfort, punctuality, and access time) have heterogeneous effects on passengers’ choices of intercity travel modes, their specific effects on traffic management still must be explored.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare no conflicts of interest.

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