Effects of Zinc Methionine Hydroxy Analog Chelate on Laying Performance, Serum Hormone Levels, and Expression of Reproductive Axis Related Genes in Aged Broiler Breeders

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Inorganic zinc (Zn) supplements are commonly used in poultry feeds, but their low utilization results in the increase of Zn excretion. Thus, to provide a new perspective for the substitution of inorganic Zn, a novel Zn methionine hydroxy analog chelate (Zn-MHA) was studied in the present study to evaluate its effects on laying performance, serum hormone indexes and reproductive axis-related genes in broilers breeders. A total of 480 Hubbard breeders (56-week-old) were fed a basal diet (containing 27.81 mg Zn/kg) without Zn addition for 2 weeks, and then allocated to 4 groups with 6 replicates (each replicate consisting of 10 cages and 2 breeders per cage) for 10 weeks. Four treatment diets given to broiler breeders included the basal diet added with 25, 50, and 75 mg/kg of Zn-MHA and 100 mg/kg of Zn sulfate (ZnSO₄). The laying rate, egg weight and feed conversion ratio increased in the 75 mg/kg Zn-MHA group compared to the ZnSO₄ group. The eggshell thickness was not decreased with the addition of 50 mg/kg and 75 mg/kg Zn-MHA in the diet compared to the 100 mg/kg ZnSO₄ group. There was a significant improvement in the reproductive performance of breeders in the 75 mg/kg Zn-MHA group, including the fertility and 1-day-old offspring weight. Besides, serum sex hormone levels including FSH and P₄ increased significantly in 75 mg/kg Zn-MHA group. No significant effect on the ovarian weight or the number of follicles in broiler breeders was observed by supplementing Zn-MHA. Compared to the 100 mg/kg ZnSO₄ group, dietary supplementation with 75 mg/kg of Zn-MHA showed an up-regulation of the FSHR mRNA in the granular layer of follicles. However, dietary supplementation of Zn-MHA had no effects on mRNA expressions of the ovarian LHR and PRLR genes. These findings reinforce the suggestion that Zn-MHA (75 mg/kg) could replace ZnSO₄ (100 mg/kg) as a Zn supplement in diet of broiler breeders, which resulted in better laying and reproduction performances by regulating the expression levels of reproductive axis related genes and serum hormone levels.

Keywords: Zinc methionine hydroxy analog chelate, laying performance, hormone levels, reproduction, gene expression, broiler breeder
INTRODUCTION

Zinc (Zn) is an essential trace element that participates in the composition of numerous enzymatic systems and has various functions, involving energy, carbohydrate, nucleic acid and protein metabolism (1). In the poultry industry, Zn plays a critical role in laying performance, egg quality (2), reproductive performance (3), and antioxidant activity (4). In the plant-feeding ingredients, Zn is often complexed with phytic acid, thereby hindering its absorption (5). Therefore, additional Zn supplements are usually required to meet the Zn need in the poultry industry. Inorganic Zn supplements, such as ZnO and ZnSO₄, are the most commonly used zinc supplements in poultry feed due to their low price and easy preparation. However, adversary effects of inorganic Zn, such as low bioavailability, large excretion, high degree of oxidation, and destruction of nutrition, have been criticized by poultry farming practitioners (6). Zn often competes with other trace elements or is inhibited by antagonists, which affects its bioavailability (7). Therefore, finding a pathway that is not affected by other trace elements or inhibitors will be the key to improving Zn utilization.

Zinc methionine hydroxy analog chelate (Zn-MHA), a newly designed Zn fortifier, has a ring structure like other Zn amino acid chelates. The two deprotonated methionine hydroxy analog (MHA) molecules coordinate with the metal cations through the two oxygen atoms of the carboxyl and hydroxyl groups, respectively, to form two penta-atomic chelate rings (8). The special ring structure that surrounds Zn ions protects them from the inhibitors (9). The MHA, also known as 2-hydroxy-4-(methylthio) butanoic acid, is a precursor used to supplement methionine (10). MHA has higher bioavailability than DL-methionine in poultry (11). Importantly, MHA can form stable chelates with divalent metals. The preparation of Zn-MHA is to put MHA and metal inorganic salt aqueous solution in the presence of alkaline solution to maintain a certain reaction temperature (8). Therefore, compared with other amino acid chelates, Zn-MHA has the advantages of simple preparation and lower price. The biosafety of MHA metal chelate was verified by human intestinal CACO-2 cells (9).

The experiment was performed throughout the experiments. The available Zn contents in the four experimental diets were: 129.80, 53.20, 80.71, and 108.60 mg/kg, respectively. Each breeder was fed a fixed diet of 158 g/d. During the experiment, water was free to access for the breeders. The feeding trial lasted for 10 weeks, after being fed a basal Zn diet (27.81 mg/kg) without extra Zn for 2 weeks to deplete the Zn in breeders. The basal diet was formulated with reference to NRC (1994). Methionine was supplemented in the premix for each treatment group to eliminate nutrient imbalances. The basal diet formula and nutrients are listed in Table 1.

MATERIALS AND METHODS

Animals, Diets, and Design

The experimental Zn-MHA (16% of Zn and 80% of methionine) was provided by Novus Inc. (St. Charles, MO, USA). A total of 480 (56-week-old) Hubbard breeding hens with similar body weight and initial egg production were housed in cages and randomly assigned to 4 treatment groups with 6 replicates. Each replicate contained 10 cages and 2 breeders per cage. Four treatment diets given to broiler breeders were as follows: basal diet supplemented with 100 mg/kg ZnSO₄ as control group; basal diet with 25, 50, and 75 mg/kg Zn-MHA as three trail groups, respectively. The basal diet formula and nutrients are listed in Table 1.
Sample Preparation
Egg numbers and egg weight were measured every day at a fixed time during the feeding trial. On the last day of the feeding trial, 5 eggs per replicate were chosen for quality determination. One hen was randomly chosen from each replicate for blood collection. Blood was taken from the vein under the wings into a coagulation-promoting tube. After centrifugation at 1,500 × g at 4°C for 15 min, serum was collected. Three hens from each treatment were then killed by cervical dislocation. Ovaries were removed and weighed. Follicles were classified as small yellow follicles (SYFs, 4 to 10 mm) and large white follicles (LWFs, 2 to 4 mm) according to their size. All types of follicles in the ovary were counted after sorting by size. The first three largest preovulatory follicles (POFs) were removed from the ovary and were designated as F1, F2, and F3 (18). The granulosa layers of SYFs, LWFs, and POFs were collected and frozen by liquid nitrogen and stored at −80°C.

Laying Performance and Egg Quality
The laying rate was calculated based on the daily records, whereas the feed conversion rate (FCR) was calculated weekly and was expressed as feed to egg weight.

The egg quality indexes included shape index, eggshell strength, eggshell thickness, yolk color, yolk weight, albumen height, and Haugh unit. The shape index was calculated by dividing egg weight by egg length. Eggshell strength was evaluated performed by Egg Force Reader. The albumen height, yolk color, and Haugh unit were measured using an egg analyzer. The above two instruments used were procured from Orka Ltd. (Ramat HaSharon, Israel). Eggshell thickness was measured by a vernier caliper.

Hatching Performance
To evaluate the hatching traits, eggs were incubated in week 8 to 10. A total of 15 clean eggs without visible abnormalities were selected for incubation of each replicate per week. The eggs were stored in a controlled environment room for 7 d and the temperature was maintained at 18 to 20°C with a relative humidity of 75% to 80%. The incubation was then conducted in a commercial multi-stage incubator (YALN-19200, Jinan, China) at 37.5°C with 60% relative humidity. Unfertilized eggs were removed following candling on day 7 and 18 of the incubation were also examined to pick out non-viable eggs during incubation. The reproductive performance included fertility, hatching capacity, hatching capacity of fertile eggs, total embryonic mortality, healthy offspring percentage, and 1-day-old offspring weight.

Serum Hormone Analysis
The concentrations of follicle-stimulating hormone (FSH), luteinizing hormone (LH), prolactin (PRL), estradiol (E2), progesterone (P4), triiodothyronine (T3) and thyroxine (T4) were determined by assay kits obtained from J&L Biotechnology Technology Co., Ltd (Shanghai, China).

mRNA Relative Expression Levels of Reproductive Axis Genes by Real-Time Quantitative PCR
The determination of mRNA relative expression levels including follicle-stimulating hormone receptor (FSHR), luteinizing hormone receptor (LHR), and prolactin receptor (PRLR) were conducted by the SYBR Green 1 Real-time qPCR analysis. Total RNA was extracted from granulosa layer samples, using Total RNA extraction kit (GenePool Biotech Co., Ltd., Beijing, China). The output of RNA was measured by a spectrophotometer (Thermo Scientific, Wilmington, DE, USA), and electrophoresis was used to evaluate its quality.

Quantification was performed by reverse transcription (RT) and PCR. Following the technical manual of the mRNA-cDNA synthesis kit (GenePool Biotech Co., Ltd., Beijing, China), each RT reaction consisted of 1 µg RNA, 4 µL of 5 × RT Buffer, 4 µL of dNTP Mix (2.5 mM each), 1 µL of total RNA, 2 µL of DTT (0.1 M), 1 µL of HiFiScript (200 U/µL), and 2 µL of Primer Mix, and adding RNase-free water to 20 µL. Reactions were performed for 50 min at 42°C, followed by heat inactivation of reaction for 5 min at 85°C. The 20 µL RT reaction mix was kept at −20°C.

Analysis of each sample was performed in triplicate. The primers were synthesized by GenePool Biotech Co., Ltd. (Beijing, China) according to previous study (19), as shown in Table 2. Real-time qPCR was conducted using a LineGene 9600 Plus.

### Table 2: Sequences of real-time qPCR primers.

| Gene | Primer | Sequence | Product length (bp) | Annealing temperature (°C) | GenBank accession number |
|------|--------|----------|---------------------|---------------------------|-------------------------|
| FSHR | Forward (5'-3') | TCAGCAGCTACATGAAAGGT | 103 | 60 | NM 205079.1 |
| LHR  | Reverse (3'-5') | TGGCAATCTTGGTGTCTTTAT | 120 | 60 | NM 204936.1 |
| PRLR | Forward (5'-3') | CAGATTAGTACATTCCACAG | 172 | 60 | NM 204864.1 |
| β-actin | Forward (5'-3') | TGCAGGATGGTGTCTTTAT | 282 | 60 | NM 205518.1 |

1 FSHR, follicle-stimulating hormone receptor; LHR, luteinizing hormone receptor; PRLR, prolactin receptor; β-actin, avian β-actin.
TABLE 3 | Effects of dietary Zn-MHA supplementation on laying performance of broiler breedersa.

| Items                  | Dietary Zn supplementation | P-value          |
|------------------------|----------------------------|------------------|
|                        | 100 mg/kg ZnSO4 | 25 | 50 | 75 | Linear | Quadratic |
| Laying rate (%)        | 58.50 ± 0.14  | 57.17 ± 0.17a | 59.00 ± 0.30 | 58.83 ± 0.22a | <0.001 | <0.001 |
| Average egg weight (g) | 67.50 ± 0.37  | 67.67 ± 0.38 | 68.17 ± 0.39 | 68.50 ± 0.42** | 0.002 | 0.007 |
| FCR (feed/egg)         | 4.00 ± 0.03   | 4.07 ± 0.02a | 3.94 ± 0.03** | 3.92 ± 0.03** | <0.001 | <0.001 |
| Broken egg rate (%)    | 4.64 ± 0.96   | 3.79 ± 0.84  | 4.79 ± 1.40  | 3.97 ± 1.44  | 0.809 | 0.373 |

FCR, Feed conversion ratio; Zn-MHA, Zinc methionine hydroxy analog chelate. a Data represent mean ± SD values of 6 replicates each treatment. * refers to P < 0.05 and ** refers to P < 0.01 between the control and experimental groups by independent-sample t test.

TABLE 4 | Effects of dietary Zn-MHA supplementation on egg quality of broiler breedersa.

| Items                  | Dietary Zn supplementation | P-value          |
|------------------------|----------------------------|------------------|
|                        | 100 mg/kg ZnSO4 | 25 | 50 | 75 | Linear | Quadratic |
| Shape index            | 1.35 ± 0.03     | 1.37 ± 0.03     | 1.37 ± 0.04     | 1.34 ± 0.02 | 0.103 | 0.159 |
| Yolk color             | 8.17 ± 0.89     | 8.89 ± 1.05     | 8.50 ± 0.81     | 8.67 ± 0.67 | 0.665 | 0.737 |
| Yolk weight (g)        | 22.76 ± 1.29    | 23.37 ± 0.66    | 22.61 ± 1.03    | 24.15 ± 1.85 | 0.340 | 0.148 |
| Eggshell strength (N)  | 34.83 ± 2.97    | 33.67 ± 1.26    | 34.83 ± 1.01    | 35.33 ± 0.94 | 0.014 | 0.047 |
| Eggshell thickness (mm)| 0.36 ± 0.01     | 0.34 ± 0.011*   | 0.36 ± 0.01     | 0.36 ± 0.01 | 0.002 | <0.001 |
| Albumen height (mm)    | 5.16 ± 0.78     | 5.24 ± 0.87     | 5.44 ± 0.78     | 5.12 ± 0.72 | 0.784 | 0.779 |
| Haugh unit             | 65.55 ± 7.31    | 66.11 ± 7.26    | 66.28 ± 7.90    | 67.71 ± 5.40 | 0.980 | 0.924 |

Zn-MHA, Zinc methionine hydroxy analog chelate. a Data represent mean ± SD values of 6 replicates each treatment. * refers to P < 0.05 between the control and experimental groups by independent-sample t test.

(Bioer Technology Co. Ltd., Hangzhou, China) PCR system with a total volume of 20 µL containing 2 µL of cDNA, 10 µL of 2 × fast SYBR mixture, 0.4 µL of forward primer, 0.4 µL of reverse primers, and 7.2 µL of nuclease-free water. Reaction mixtures were incubated at 95°C for 10 min, followed by 40 cycles at 95°C for 10 s, and 60°C for 30 s. After the PCR cycles, melting curve analysis was carried out to confirm the specific generation of the PCR products. The relative expression of the mRNA was normalized to the expression of β-actin, and the 2−ΔΔCt method was used to calculate the levels of relative expressions (20).

Statistical Analysis
The difference between the control (ZnSO4) and each experimental group was carried out using the independent-samples t test by statistical analysis system (SAS Institute Inc., Cary, NC, USA). The orthogonal contrast was performed to test the linear and quadratic P-values of increasing dietary Zn-MHA levels. P < 0.05 was considered to be significant. The replicate was the experimental unit for the laying performance. The results are expressed as mean and standard deviation.

RESULTS
Effect of Zn-MHA on Laying Performance of Broiler Breeders
It can be seen from Table 3 that the laying rate and average egg weight increased linearly and quadratic (P < 0.001) by increasing the concentration of Zn-MHA, and reached the highest in the group fed with a 75 mg/kg Zn-MHA diet. Compared to the ZnSO4 group, dietary supplementation of 75 mg/kg Zn-MHA increased the laying rate (P < 0.05). However, 25 mg/kg Zn-MHA group showed a decrease in laying rate compared to the ZnSO4 group. We found that dietary supplementation of 50 and 75 mg/kg Zn-MHA showed an improvement both in egg weight and FCR value (P < 0.05). The broken egg rate was not affected by whatever source of Zn (P > 0.05).

Effect of Zn-MHA on Egg Quality of Broiler Breeders
Dietary Zn-MHA supplementation had no effects on egg quality of breeders at the end of the trial based on the data of shape index, yolk color, yolk weight, albumen height, Haugh unit or eggshell strength compared with the ZnSO4 group (P > 0.05; Table 4). The eggshell thickness decreased in the 25 mg/kg Zn-MHA group in the diet (P < 0.05). However, the eggshell thickness of 50 and 75 mg/kg Zn-MHA showed an improvement both in egg weight and FCR value (P < 0.05). The broken egg rate was not affected by whatever source of Zn (P > 0.05).

Effect of Zn-MHA on Hatching Performance of Broiler Breeders
As shown in Table 5, there was a significant improvement in the fertility rate of the broilers belonging to the 75 mg/kg Zn-MHA diet-fed group compared to the ZnSO4 group (P < 0.05). No effects of dietary Zn-MHA supplementation on...
TABLE 5 | Effects of dietary Zn-MHA supplementation on hatching performance in broiler breeders.

| Items                              | 100 mg/kg ZnSO₄ | Zn-MHA (mg/kg) | P-value      |
|------------------------------------|-----------------|----------------|--------------|
|                                    | Dietary Zn       |                |              |
|                                    | supplementation  |                |              |
|                                    | 25 mg/kg         | 50 mg/kg       | 75 mg/kg     | Linear | Quadratic |
| Egg number in the incubator        | 90              | 90             | 90           | -      | -         |
| Fertility (%)                      | 89.59 ± 0.90    | 89.70 ± 0.37   | 91.05 ± 0.60 | 91.78 ± 1.21*| 0.012 | 0.049 |
| Hatching capacity (%)              | 76.23 ± 4.61    | 75.20 ± 5.65   | 74.90 ± 4.60 | 76.38 ± 4.25| 0.760 | 0.927 |
| Hatching capacity of fertile eggs (%) | 81.92 ± 1.08   | 82.37 ± 2.72   | 81.26 ± 1.24 | 82.62 ± 2.46| 0.890 | 0.739 |
| Healthy offspring (%)              | 95.17 ± 1.10    | 95.42 ± 1.47   | 95.16 ± 0.16 | 96.00 ± 1.46| 0.555 | 0.696 |
| Total Embryonic mortality (%)      | 1.80 ± 0.00     | 1.60 ± 0.40    | 1.80 ± 0.60  | 1.50 ± 0.30 | 0.788 | 0.722 |
| Offspring weight (g)               | 45.56 ± 0.74    | 45.80 ± 0.96   | 48.02 ± 0.21*| 47.78 ± 1.34*| 0.060 | 0.049 |

Zn-MHA, Zinc methionine hydroxy analog chelate. *Data represent mean ± SD of 6 replicates each treatment. † refers to P < 0.05 between the control and experimental groups by independent-sample t test.

TABLE 6 | Effects of dietary Zn-MHA supplementation on serum hormone analysis of broiler breeders.

| Items                              | 100 mg/kg ZnSO₄ | Zn-MHA (mg/kg) | P-value      |
|------------------------------------|-----------------|----------------|--------------|
|                                    | Dietary Zn       |                |              |
|                                    | supplementation  |                |              |
|                                    | 25 mg/kg         | 50 mg/kg       | 75 mg/kg     | Linear | Quadratic |
| FSH (mIU/mL)                       | 11.71 ± 1.72    | 9.22 ± 1.88*   | 11.29 ± 1.60 | 15.12 ± 0.95**| <0.001 | <0.001 |
| LH (ng/mL)                         | 42.25 ± 15.25   | 31.66 ± 14.05  | 40.88 ± 7.44 | 43.46 ± 13.53| 0.102 | 0.236 |
| PRL (ml/L)                         | 397.57 ± 48.79  | 358.08 ± 58.54 | 390.92 ± 59.19 | 412.48 ± 103.44| 0.223 | 0.482 |
| E₂ (pg/mL)                         | 239.00 ± 29.01  | 174.29 ± 36.01**| 226.63 ± 40.11| 269.82 ± 44.36| 0.001 | 0.003 |
| P₄ (pmol/L)                        | 1253.93 ± 130.45| 1195.88 ± 114.85| 1330.61 ± 118.95| 1417.09 ± 62.64*| 0.001 | 0.007 |
| T₃ (nmol/L)                        | 3.63 ± 0.58     | 2.52 ± 0.78*   | 3.31 ± 0.89  | 3.50 ± 0.36 | 0.028 | 0.070 |
| T₄ (nmol/L)                        | 75.23 ± 20.81   | 57.49 ± 22.07  | 66.21 ± 25.49| 82.77 ± 18.73| 0.060 | 0.171 |

Zn-MHA, Zinc methionine hydroxy analog chelate; FSH, follicle-stimulating hormone; LH, luteinizing hormone; PRL, prolactin; E₂, estradiol; P₄, progesterone; T₃, triiodothyronine; T₄, thyroxine. *Data represent mean ± SD of 6 replicates each treatment. † refers to P < 0.05 and ‡ refers to P < 0.01 between the control and experimental groups by independent-sample t test.

hatching capacity, hatching capacity of fertile eggs, percentage of healthy offspring, and total embryonic mortality were observed. Compared to the ZnSO₄ group, the offspring weight of the 50 and 75 mg/kg Zn-MHA diet-fed groups was significantly increased (P < 0.05).

Effect of Zn-MHA on Serum Hormone of Broiler Breeders

Dietary supplementation of Zn-MHA had a significant impact on the serum hormone indexes (Table 6). In general, the impact was associated with increasing supplement levels of Zn-MHA. Most obviously, serum FSH level in 25 mg/kg Zn-MHA group decreased (P < 0.05), while that in 75 mg/kg group increased (P < 0.01). The change of FSH level in serum was linear and quadratic (P < 0.001) with the supplement level of Zn-MHA in diet. Another thing worth noting is that P₄ level in serum of breeders was also increased in the 75 mg/kg Zn-MHA group (P < 0.05). Serum T₃ and E₂ level in 25 mg/kg Zn-MHA group was lower than that in the ZnSO₄ group (P < 0.05). No significant changes were observed in serum LH, PRL and T₄ levels in all treatment groups.

Effect of Zn-MHA on Reproductive Organ Development of Broiler Breeders

Compared with the ZnSO₄ group, dietary supplementation of Zn-MHA did not affect the ovarian weight or the number of SYFs and LWFs in broiler breeders (Table 7).

Effect of Zn-MHA on Reproductive Axis Related MRNA Expressions of Broiler Breeders

Dietary supplementation of Zn-MHA affected mRNA expression of FSHR in LWFs, F2 and F3 (Figure 1A). The FSHR expression was down-regulated in 25 mg/kg Zn-MHA groups in LWFs compared to ZnSO₄ group. However, no differences were observed between the 50 mg/kg and 75 mg/kg Zn-MHA diet-fed group and the ZnSO₄ group. The FSHR mRNA expression was increased in the dietary supplementation of 75 mg/kg Zn-MHA in F2 (P < 0.05). However, there was a down-regulation in F3 between the ZnSO₄ group and the 25 mg/kg, 50 mg/kg and 75 mg/kg Zn-MHA groups. No differences were detected for all the treatments of Zn-MHA in SYFs and F1.
The mRNA expression of LHR and PRLR measured in LWFs, SYFs and POFs was not affected by different Zn source (Figures 1B,C).

**DISCUSSION**

The role of organic Zn, especially amino acid chelated Zn, for human and animal health has been of constant interest (21). The concept of environmental protection and emission reduction is deeply rooted among the people, therefore, the studies on replacing inorganic Zn with organic Zn in broilers are of significant importance. In our study, supplementation of Zn-MHA to the broilers significantly affected FCR and egg weight. The results are consistent with the previous findings of Zn-MHA to the broilers significantly affected FCR and egg weight. The results are consistent with the previous findings of [3].

**TABLE 7 | Effects of dietary Zn-MHA supplementation on ovarian development in broiler breeders**.

| Items                  | Dietary Zn supplementation | P-value |
|------------------------|-----------------------------|---------|
|                        | 100 mg/kg ZnSO₄             |         |
|                        | Zn-MHA (mg/kg)              |         |
|                        | 25                          | 50      | 75      |
|                       | Ovarian weight (g)          | 78.39 ± 1.06 | 76.25 ± 5.23 | 79.02 ± 4.00 | 81.02 ± 3.83 | 0.195 | 0.459 |
|                       | Number of SYFs              | 23.33 ± 1.53 | 20.33 ± 7.02 | 23.00 ± 8.00 | 23.67 ± 6.00 | 0.254 | 0.531 |
|                       | Number of LWFs              | 45.33 ± 2.08 | 37.33 ± 4.04 | 42.00 ± 3.00 | 44.00 ± 2.00 | 0.180 | 0.390 |

Zn-MHA, Zinc methionine hydroxy analog chelate; SYF, small yellow follicles; LWF, large white follicles. *Data represent mean ± SD of 3 hens each treatment.

The improvement of egg quality of hens by the dietary supplementation of Zn in the aged breeders is also a topic of concern. Age and nutrition are constant factors that affect egg quality. The decline of eggshell quality, such as eggshell thickness and eggshell strength, is a common phenomenon in aged laying hens, especially the expensive breeding eggs could bring greater economic losses (33). Results from previous studies have shown that supplementation of Zn in diets with either inorganic or organic forms had an impact on the egg quality (31, 34, 35). It is reported that adding Zn-MHA to the layer diet increased eggshell weight, eggshell thickness, eggshell strength and eggshell density (36). Also, partial or complete replacement of inorganic trace element compounds by organic trace element compounds has been proved to improve the eggshell quality and increase mineral deposition in eggs (37). These shreds of evidence also support our findings. A number of studies have shown that adding organic Zn to diets can significantly increase the Haugh unit score of eggs compared with inorganic Zn (15). Similar to these reports, we also detected some differences in egg quality between the Zn-MHA groups and ZnSO₄ group, confirming that supplementation of Zn-MHA at the concentration of 75 mg/kg could not affect the egg quality. Also, we observed that lower doses of Zn-MHA (25 mg/kg) were not sufficient to meet the needs of breeders, resulting in reduced eggshell thickness.

Zn plays an indispensable role in the early meiosis of cells (38). Also, Zn functions in follicular rupture and cumulus expansion (39). These important effects may be directly related to the activity of Zn-dependent enzymes matrix metalloproteinases (40). In mammals, Zn enters the fetus through metallothionein, which is necessary for fetal growth and development (41). Zn also plays an important role in embryo development and egg hatchability, because the content of Zn in eggs is positively correlated with egg hatchability (3). It has been reported that “Zn sparks,” consisting of thousands of zinc vesicles, are triggered after the fertilization of a mammalian egg and are required to induce the development of the fertilized egg toward the embryo (42). Zhu et al. (43) reported that maternal dietary supplementation with the organic Zn improved hatchability. In general, Zn was reported to improve male sperm quality and is essential for the female reproductive system including embryogenesis and development (44). It is reported that Zn deficiency affected the reproductive function of rats (45, 46). In agreement with the results obtained by Favero et al. (47), we can detect some difference in egg fertility and hatchability between...
FIGURE 1 | Effects of dietary Zn-MHA supplementation on the mRNA relative expressions of reproductive axis genes in broiler breeders. SYF, small yellow follicles (4 to 10 mm in diameter). LWF, large white follicles (2 to 4 mm in diameter). F1, the first largest one of preovulatory follicles. F2, the second largest one of preovulatory follicles. F3, the third largest one of preovulatory follicles. FSHR, follicle-stimulating hormone receptor; LHR, luteinizing hormone receptor; PRLR, prolactin receptor. (A–C) Data represent mean values of 3 hens each treatment as mean ± SEM. * refers to $P < 0.05$ and ** refers to $P < 0.01$ between the control and experimental groups by independent-sample t test.

The supplementation levels of Zn-MHA and between Zn-MHA and ZnSO$_4$. The hatching capacity, healthy offspring rates, and embryo mortality were not affected by treatment in the present study. Supplementation of 75 mg/kg Zn-MHA to diets of hens affects the quality of fertilized eggs. Also, no benefit was observed in reproductive performance in layers when dietary Zn level was over 150 mg/kg feed (48). One possible reason for this could be that the level of Zn in the basic diet was different and Zn-MHA had a higher bioavailability resulting in the supplementation of Zn in the diet thereby meeting the layer poultry requirement. More Zn enters into the body of hens to promote the secretion of reproductive hormones, which leads to the improvement of reproductive performance. And Zn also entered the eggs to promote the development of offspring.

Gonadotropins, such as FSH and LH, play a particularly important role in the course of follicular development and ovulation (49). FSH enhances the secretion of P$_4$ by follicular granulosa cells through P450 side-chain cleavage in the preovulatory stage, so as to promote follicular development and maturation (50). LH, which has the same α-subunit as FSH, also has the function of promoting P$_4$ secretion (51). Increasing levels of FSH and LH can also stimulate the secretion of E$_2$ in follicles (52, 53). The raise of E$_2$ could improve the sensitivity of the hypothalamic-pituitary axis to secrete more P$_4$ (54). PRL secreted by the anterior pituitary is also important for the maintenance and secretory activity of the corpus luteum (55). The thyroid hormones constitute the endocrine system which has important functions in growth and energy utilization in birds (56). Therefore, these serum hormones have been considered as instructive indicators of laying performance (57). Root et al. (58) evidenced that Zn influenced FSH and LH activities in rats. It is reported that dietary zinc-methionine supplementation, at a level of 50 mg/kg DM, improved milk production and hormones in dairy camels (59). In the present study, we found that serum FSH and P$_4$ levels were elevated with the increasing level of Zn-MHA supplementation. At the same time, we also detected such a trend in FCR, suggesting that dietary Zn-MHA could have a potential impact on the laying performance.

The increase of reproductive hormones in serum helps to increase the expression of related receptor genes in the ovary. FSH has been proved to stimulate ovarian FSHR expression (60, 61). Also, FSH mediates the expression of LHR by silencing Insig siRNA (62). The up-regulation of the above two receptors contributes to the binding of follicles to FSH and LH to promote follicular maturation (63). In the present study, the lower FSHR gene expression observed in broilers fed with 25 mg/kg Zn-MHA was consistent with the lower serum concentrations of gonadal hormones FSH and E$_2$. While the increase in serum FSH level can be responsible for the up-regulation of FSHR mRNA in the 75 mg/kg Zn-MHA group. These hormones participate in the regulation of follicle development and pregnancy maintenance (64). Furthermore, we found that the changes of LHR and PRLR mRNA expression were consistent with the changes of corresponding hormones in serum, and there was no significant difference. The biochemical mechanisms for these changes need to be further studied.

CONCLUSIONS

Overall, the present study drew the conclusion that replacing ZnSO$_4$ (100 mg/kg) with a lower dose of Zn-MHA (75
mg/kg) in the diet of broiler breeders improved the laying and reproductive performance. Moreover, this increase was achieved by increasing levels of FSH and P4 in serum and up-regulated the expression levels of FSHR in the bovulator ovary. In conclusion, it is suggested that Zn-MHA may be a potential substitute for inorganic zinc supplements in broiler breeders with higher bioavailability.

**DATA AVAILABILITY STATEMENT**

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

**ETHICS STATEMENT**

The animal study was reviewed and approved by Animal Care and Use Committee of Hebei Agricultural University.

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**AUTHOR CONTRIBUTIONS**

BY performed the experiments and drafted the manuscript. BY, JG, JJ, SL, and YH carried out the statistical analysis. ZF, GL, GZ, and YH helped the revision of this manuscript. All authors read and approved the final manuscript.

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