Volumetric N₂ adsorption at −196°C is generally accepted as “gold standard” for estimating the Brunauer-Emmet-Teller (BET) surface area of nanocellulose. It is unclear, however, whether the BET surface area of nanocellulose obtained at such low temperatures and pressures is meaningful at an absolute sense, as nanocellulose is used at ambient temperature and pressure. In this work, a systematic evaluation of the BET surface area of nanocellulose using highly crystalline bacterial cellulose (BC) as model nanocellulose was undertaken to achieve a comprehensive understanding of the limitations of BET method for nanocellulose. BET surface area obtained using volumetric N₂ adsorption at −196°C was compared with the BET surface area acquired from gravimetric experiments based on n-octane adsorption using dynamic vapour sorption (DVS) and n-octane adsorption determined by inverse gas chromatography (iGC), both at 25°C. It was found that the BET surface area calculated from volumetric N₂ adsorption data was 25% lower than that of n-octane adsorption at 25°C obtained using DVS and iGC adsorption methods. These results supported the hypothesis that the BET surface area of nanocellulose is both a molecular scale (N₂ vs n-octane, molecular cross section of 0.162 nm² vs 0.646 nm²) and temperature (−196°C vs 25°C) dependent property. This study also demonstrates the importance of selecting appropriate BET pressure range based on established criteria and would suggest that room temperature measurement is more relevant for many nanocellulose applications.

Keywords: nanocellulose, bacterial cellulose, surface area, inverse gas chromatography, adsorption, dynamic vapour sorption
INTRODUCTION

Over the last decade, cellulose fibres with lateral width and thickness in the nanometre range, more commonly known as nanocellulose, have emerged as an exciting class of bio-based materials with the potential of making a significant impact in a plethora of applications, including water purification (Voisin et al., 2017; Abouzeid et al., 2019; Wang, 2019), sustainable packaging (Li et al., 2015; Ferrer et al., 2017; Hubbe et al., 2017), substrate for printed electronics (Hoeng et al., 2016) (bio)sensing technologies (Golmohammadi et al., 2017) and nano-reinforcement for polymers (Lee et al., 2014a). The motivation behind the utilisation of nanocellulose as building block for advanced materials stems from the fact that nanocellulose combines the chemical modification capacity of cellulose molecules with the physical properties of cellulose crystals, such as high stiffness and strength, as well as the key features of a nanomaterial, such as high specific surface energy and surface area (Klemm et al., 2011). Despite its similarity to cellulose pulp both chemically and crystallographically, the main defining characteristic that differentiates nanocellulose from micrometre-sized cellulose pulp is its surface area.

Nanocellulose is reported to possess a surface area typically >30 m² g⁻¹ (Mautner et al., 2018), depending on the type of nanocellulose (i.e., biological origin and production method) and drying route used (free, supercritical or freeze-drying). In contrast, cellulose pulp has a surface area of only ~2 m² g⁻¹ (Fortea-Verdejo et al., 2016). This specific attribute of nanocellulose opens new applications that cannot be achieved with pulp fibres. The high surface area of nanocellulose leads to large number of contact points between adjacent fibres, which in turn gives rise to cellulose nanofibril paper with superior mechanical properties over conventional paper (Mao et al., 2017; Kontturi et al., 2020) that can be used as two-dimensional reinforcement for polymers (Santmarti et al., 2019; Santmarti et al., 2020). The high surface area of nanocellulose also leads to higher coverage of micrometre-sized natural or waste fibres, binding them into robust and rigid fibreboards (Lee et al., 2014b; Fortea-Verdejo et al., 2016; Vlčhez et al., 2020). Therefore, the reliable characterisation of the surface area of nanocellulose is important for the future development of nanocellulose-based advanced materials.

Surface area is commonly reported as Brunauer, Emmett and Teller (BET) surface area calculated by applying the BET theory (Brunauer et al., 1938) (see Equation 1) typically to the adsorption isotherm of N₂ determined at −196°C.

\[
\frac{1}{V(P/P_o - 1)} = \frac{c}{V_m c} \left( \frac{P}{P_o} \right) + \frac{1}{V_m c}
\]  

(1)

Whilst this method is described in an ISO standard developed for the characterisation of porous inorganic materials, it has become a convenient and commonly used method for the surface area determination of all materials. It is unclear whether N₂ adsorption at cryogenic temperatures under vacuum is meaningful in an absolute sense, as well as being a relevant measure for real-world applications of nanocellulose. When used for water (Mautner et al., 2015) and air (Nemoto et al., 2015) filtrations for example, nanocellulose is typically employed at room temperature and up to 10 bar of pressure. In addition to this, BET surface area obtained from N₂ adsorption at cryogenic temperature is calibrated against the surface area of inorganic materials, such as silica and alumina at room temperature (see Annex B of BS ISO 9277:2010 for the list of certified BET reference materials). Consequently, the BET surface area calculated for an organic material based on N₂ adsorption at cryogenic temperature may be erroneous. In fact, a recent study (Minelli et al., 2019) has shown that the adsorption behaviour of N₂, Ar and CO₂ on a high free volume glassy polymer, whereby the voids between the polymer chains can hardly be observed beyond the molecular scale, is different between cryogenic and ambient temperatures.

Given the exponential increase in the number of publications focussing on the design of nanocellulose-enhanced advanced materials based on its high specific surface area, a critical evaluation of the use of N₂ adsorption at cryogenic temperature, as applied to estimating the surface area of nanocellulose, is thus needed. In this context, nanocellulose synthesised by cellulose producing Komagataeibacter, more commonly known as bacterial cellulose (BC), offers the possibility to test the applicability of N₂ adsorption for the surface area determination of nanocellulose. BC is an ideal nanocellulose model as it is a highly crystalline and ultrapure form of cellulose without hemicellulose or traces of lignin that are often present in wood-derived nanocellulose (Florea et al., 2016), which could complicate the delineation of BET surface area from chemical heterogeneity of the material. In this work, a comparison of the surface areas of BC extracted from volumetric N₂ adsorption isotherms determined at −196°C with n-octane adsorption at 25°C measured gravimetrically using dynamic vapour sorption (DVS), as well as inverse gas chromatography (iGC) methods are reported.

EXPERIMENTAL

Materials

N₂ (purity ≥99.95%) was purchased from BOC (Morden, United Kingdom) and used as the adsorbent for volumetric N₂ adsorption/desorption measurement, as well as carrier gas for iGC and DVS experiments. n-Octane (purity ≥99.97%) was purchased from Sigma-Aldrich (Dorset, United Kingdom) and used as the adsorbent for iGC and DVS. Sodium hydroxide pellets (AnalaR NORMAPUR®, purity ≥98.5%) were purchased from VWR International Ltd (Leicestershire, United Kingdom). These chemicals were used as received without further purification. BC was purchased from a commercial retailer (Vietcoco International Co. Ltd., Ho Chi Minh City, Vietnam).

Purification of BC

The purification of BC was performed following a previously described protocol (Santmarti et al., 2020). Briefly, the as-received BC (ca. 175 g, wet basis) was first suspended in 4 L of deionised
water and heated to 80°C under magnetic stirring. To this suspension, 16 g of NaOH pellets were added to form a 0.1 N NaOH solution and the BC was left to stir in this suspension for 2 h at 80°C to remove any soluble polysaccharides or remaining microorganisms. The purified BC was then left to cool to ambient temperature prior to rinsing it with deionised water until neutral pH was obtained. The BC suspension was then blended (Breville BVL065) at a concentration of 1 g L⁻¹ for 4 min to form a homogenous BC-in-water suspension and freeze-dried (Alpha 1–2 LDplus, Martin Christ, Osterode, DE) prior to subsequent use.

**Surface Area Measurements of Freeze-Dried BC**

**Volumetric N₂ Adsorption/Desorption at ~196°C**

N₂ adsorption/desorption isotherms of BC at ~196°C were obtained using TriStar II 3020 (Micrometrics Ltd., Aachen, DE). Prior to the measurement, the freeze-dried BC sample was degassed (Flow prep 06, Micromeritics, Aachen, DE) at 120°C for 24 h in continuous dry N₂ flow to remove any adsorbed water molecules. A freeze-dried BC sample mass of 15 mg was used for this measurement.

**Gravimetric n-Octane Adsorption/Desorption at 25°C**

DVS was used to quantify the n-octane adsorption/desorption isotherms of BC. This measurement was carried out using DVS Resolution (Surface Measurement Systems Ltd., Alperton, United Kingdom). For consistency between different surface area measuring methods, N₂ was used as the carrier gas. Approximately 4 mg of freeze-dried BC was placed in the sample chamber and dried in-situ at 120°C for 24 h in continuous dry N₂ flow. The sample was then pre-conditioned at 0% partial pressure (P/P₀) of n-octane at 25°C for 5 h, followed by an increase to 90% at 5% steps in P/P₀. A fixed rate of mass change (dQ/dP) value of 0.002% min⁻¹ was selected, with a minimum and maximum stage time of 10 and 360 min, respectively. Once the P/P₀ of n-octane in the sample chamber reached 90%, the P/P₀ was then reduced gradually to 0% at a 5% interval using the same dQ/dP value and post-conditioned for another 5 h at 0% n-octane P/P₀.

**n-Octane Adsorption at 25°C Using Inverse Gas Chromatography Method**

The n-octane adsorption isotherm of BC was also evaluated using iGC (iGC-SEA, Surface Measurement Systems Ltd., Alperton, United Kingdom). Approximately 6 mg of freeze-dried BC was packed into a glass column with internal and external diameters of 4 and 6 mm, respectively. Prior to the measurement, the sample was conditioned at 120°C under continuous dry N₂ flow for 24 h to remove any residual moisture. n-Octane was then injected at different P/P₀ of up to 35% at 25°C. N₂ was used as the carrier gas to ensure consistency across the different surface area measurements. The retention volumes of n-octane at various P/P₀ were determined by peak maximum analysis. Methane was used to determine the dead time of the packed column.

**RESULTS AND ANALYSIS**

**Surface Area of BC Determined Using Volumetric Method at ~196°C**

Figure 1 presents the volumetric N₂ adsorption-desorption isotherms of freeze-dried BC determined at ~196°C. The measurements were repeated thrice to investigate the reproducibility of the N₂ adsorption-desorption data. The first adsorption-desorption run presented in Figure 1A corresponds to the N₂ adsorption-desorption isotherms of BC immediately after the degassing step. Figures 1B,C show the N₂ adsorption-desorption isotherms of BC immediately after the first and second adsorption-desorption runs, respectively, without removing the BC specimen from the measuring chamber. It can be seen from these figures that the N₂ adsorption-desorption isotherms of BC are Type IVa, characterised by a reversible Type II isotherm, followed by a capillary condensation with hysteresis. The adsorption-desorption isotherms are also identical, implying that prolonged exposure to cryogenic temperature does not alter the adsorption behaviour of BC. This observation is consistent with the highly crystalline nature of BC, with a measured degree of crystallinity of 90% (Santmarti and Lee, 2018), as well as the low thermal expansion coefficient of only 0.1 ppm °C⁻¹ (Yano et al., 2005).

The BET plots from the various adsorption-desorption runs are presented in Figures 2A–C. By default, BET analysis is usually performed over the range of 0.05 ≤ P/P₀ ≤ 0.35, with the implicit assumption that a monolayer is formed within this relative pressure range without the consideration of the type of material used. The BET surface area from the various N₂ adsorption-desorption runs calculated from this default range, marked by the green dashed line in Figure 2, is tabulated in Table 1. The three adsorption-desorption runs of the same BC specimen yielded different BET surface areas, with a variation of up to 25% between the repeated measurements. More importantly, the c-value, which corresponds to the enthalpy of adsorption of monolayer N₂ on BC, was found to be negative for all runs. This negative c-value can be attributed to the chosen P/P₀ range for surface area calculation. Choosing the appropriate linear region on the BET plot for the calculation of surface area is subjective. It can be seen from Figure 2 that several pressure ranges on the BET plot may yield a linear region; one of which may lead to a positive c-value. Therefore, three selection criteria for the appropriate BET range were further used (Rouquerol et al., 2007): 1) the y-intercept of the BET plot must be positive to obtain a positive c-value in the selected BET range, 2) the calculated monolayer capacity should be within the selected P/P₀ range and 3) the values of Q(P₀ − P) must increase with increasing P/P₀ as an increase in the pressure of the adsorbate must also increase the amount adsorbed on the solid. A plot of Q(P₀ − P) vs P/P₀ from the various N₂ adsorption-desorption runs is illustrated in Figure 2D. This figure shows that only the first few adsorption data points should be included in the BET analysis as they satisfy the criteria set out (see Table 1 for the BET surface areas calculated based on this BET range). Based on these, a BET surface area of ~55–59 m² g⁻¹ was obtained for
freeze-dried BC. The variation between repeated measurements of the same BC specimen was found to be lower (7% only).

**Surface Area of BC Determined Using Gravimetric Method at 25°C**

Figure 3A shows a typical example of the dynamic n-octane adsorption-desorption on freeze-dried BC. As the measurement was run in \( \frac{dm}{dt} \) mode, the stage time of each n-octane partial pressure interval varied slightly. In \( \frac{dm}{dt} \) mode, the measurement automatically determines when equilibrium has been reached based on the specified \( \frac{dm}{dt} \) value. In our work, this value was set to be 0.002% \( \text{min}^{-1} \). When the \( \frac{dm}{dt} \) value falls below the specified value, the \( P/P_0 \) of n-octane will be increased to the next programmed value. From Figure 3A, it can be seen that no bulk sorption of n-octane in BC occurred as only one plateau was seen at each n-octane partial pressure stage. This can be attributed to the short adsorption-desorption time used and the highly crystalline nature of BC. In order to achieve bulk sorption in BC, high temperature annealing at 210°C is required (Nishiyama et al., 1999). The adsorption-desorption isotherms of n-octane on freeze-dried BC at 25°C are presented in Figures 3B–D. Similar to the \( \text{N}_2 \) adsorption-desorption measurements at \(-196^\circ\text{C}\), these adsorption-desorption runs were repeated without removing the BC specimen from the measuring chamber. Figure 3B shows the adsorption-desorption isotherms of n-octane on freeze-dried BC immediately after the initial drying step at 120°C for 24 h. The isotherms presented in Figures 3C,D correspond to measurements conducted immediately after the first and second adsorption-desorption...
runs, respectively. n-Octane adsorption-desorption isotherms on freeze-dried BC at room temperature were found to be identical and exhibited a Type IVa isotherm. However, the isotherms did not show any identifiable “knee” that corresponded to monolayer formation. To select the appropriate BET range for surface area calculation, the previously described criteria was used. A plot of

![FIGURE 2](image)

**TABLE 1** | BET surface area ($A_s$) of freeze-dried BC calculated from various adsorption runs.

| Run | N$_2$ at –196°C |  |  | n-octane at 25°C |  |  |
|-----|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|     | Standard$^a$ | c-value | Adjusted$^b$ | c-value | DVS | c-value | IGC | c-value |
|     | $A_s$(m$^2$ g$^{-1}$) |  | $A_s$(m$^2$ g$^{-1}$) |  | $A_s$(m$^2$ g$^{-1}$) |  | $A_s$(m$^2$ g$^{-1}$) |  |
| 1   | 42.4 ± 1.2     |  | 54.8 ± 0.4   |  | 67.3 ± 1.0   |  | 67.1 ± 0.6   |  |
| 2   | 49.8 ± 1.0     |  | 58.2 ± 0.6   |  | 70.3 ± 0.7   |  | 66.4 ± 0.6   |  |
| 3   | 53.0 ± 0.9     |  | 59.4 ± 0.4   |  | 70.3 ± 2.2   |  | 68.6 ± 0.6   |  |

$^a$Calculated based on the standard $0.05 \leq P/P_o \leq 0.35$.

$^b$Calculated based on $P/P_o$ range determined from Figure 2D.
$M(P_0 - P)$ vs $P/P_0$ is shown in Figure 4A and the range of $0.05 \leq P/P_0 \leq 0.35$ was found to be suitable for BET analysis.

Since alkanes are non-spherical molecules, the correct choice of the cross-sectional area of n-octane depends on its orientation. One can readily envisage the existence of different conformations of n-octane adsorbing on BC, which depends on the strength and number of interfacial interactions. The cross-sectional area of n-octane used in the calculation of surface area was 0.646 nm$^2$, which was determined by McClellan and Harnsberger (1967) as the average surface area of n-octane obtained from BET measurements of different solid surfaces. Table 1 summarises the BET surface areas of freeze-dried BC obtained gravimetrically via the various n-octane adsorption runs at 25°C. Their respective BET plots are presented in Figures 4B–D. A BET range of $0.10 \leq P/P_0 \leq 0.35$ was used in the calculation of surface area as we found that this range provided a better fit to the data. The BET surface area of freeze-dried BC was determined to be $\sim 67\text{--}70\text{ m}^2\text{ g}^{-1}$, with only a 4% variation between repeated measurements of the same specimen.

### Surface Area of BC Determined Using Inverse Gas Chromatography at 25°C

IGC was also employed to evaluate the BET surface area of BC. Due to the nature of this experimental technique, whereby n-octane molecules are injected into the iGC column and the retention volume of these molecules measured when they desorb, only an adsorption isotherm can be generated. Figure 5A shows...
the adsorption isotherm of n-octane on freeze-dried BC immediately after the initial pre-conditioning step at 120°C for 24 h. The isotherms presented in Figures 5B,C correspond to measurements conducted immediately after the first and second adsorption runs, respectively. All adsorption isotherms are identical. Similar to the n-octane adsorption isotherm obtained using DVS, no identifiable “knee” was observed on the isotherm obtained by iGC. We also plotted $n(P_0 - P) \text{ vs } P/P_0$ to select the appropriate BET range for surface area calculation (Figure 6A). A BET range of 0.05 ≤ $P/P_0$ ≤ 0.35 was used in the BET surface area calculation as good fitting of the adsorption data could be obtained (Figures 6B–D). The BET surface areas of freeze-dried BC measured using iGC at 25°C were found to be ~66–68 m² g⁻¹ (Table 1), consistent with the surface area of BC measured using DVS measurements at 25°C.

**DISCUSSION**

The results presented in this work show that the surface area of freeze-dried BC evaluated at 25°C based on n-octane adsorption using both gravimetric and inverse gas chromatography methods is 25% higher than that of volumetric N₂ adsorption performed at −196°C. This discrepancy is attributed to the poor N₂ adsorption on BC at −196°C as evident from its c-value (Table 1). According to the BET theory, the c-value is related to
the enthalpy of monolayer formation (Thommes et al., 2015). A high $c$-value of $>∼150$ was obtained for volumetric N$_2$ adsorption at $−196°C$, implying that the adsorption of N$_2$ molecules at this temperature is clustered only around the high energy surface sites on the highly crystalline BC surface. These results also corroborate with the observed decrease in $Q(P_o − P)$ when $P/P_o > 0.15$, as all the highly energetic favourable adsorption sites have been occupied by N$_2$ molecules introduced at low $P/P_o$. The $c$-values of n-octane adsorption using DVS and iGC measurements at 25°C, on the other hand, were found to be only $∼4–6$. This low $c$-value is indicative of an appreciable overlap between the end of n-octane monolayer coverage and the onset of multilayer n-octane adsorption (Ambroz et al., 2018). Such low $c$-values are in good agreement with the lack of a distinct “knee” in the isotherms (see Figures 3, 5). Our results support the hypothesis that the surface area of BC, or more generically nanocellulose, is both a molecular scale (N$_2$ vs n-octane, molecular cross section of 0.162 nm$^2$ vs 0.646 nm$^2$) and temperature ($−196°C$ vs 25°C) dependent property.

In addition, the geometric surface area of BC has been estimated to compare with the experimental values reported in this work. It is generally accepted that BC is first extruded as an elementary fibril with a thickness of 1.5 nm through the BcsC subunits of the cell into the surrounding environment (Haigler et al., 1982). Several of these elementary fibrils then aggregate into a microfibril outside of the cell. The thickness of a BC microfibril at this stage is estimated to be between 3 and 12 nm (White and Brown, 1981; Nicolas et al.,
These microfibrils are then stacked together, forming the BC ribbons that are typically used. The rate at which these ribbons are produced has been estimated to be $2 \mu m \ min^{-1}$ (Brown et al., 1976). The width of a BC ribbon depends on the strain of the cellulose-producing bacteria and growth condition (Brown et al., 1976; Haigler et al., 1982) but generally, they are within the range of 30 and 130 nm (Brown et al., 1976; Haigler et al., 1982; Tokoh et al., 1998; Nicolas et al., 2021). The thickness of a BC ribbon has been reported to be $15 \pm 7 \ nm$ (Nicolas et al., 2021). Assuming that BC ribbon is an idealised rectangular slab and factoring in the variations in both thickness and width, the geometric surface area of BC is estimated to be within the range of 66–196 m² g⁻¹. Therefore, the room temperature BET surface area reported here are at the lower end of this expected surface area range.

An important consideration when measuring the surface area of any material, along with its accuracy, is the speed of measurement. Excluding the degassing/drying of BC at 120°C for 24 h prior to the measurement, the time taken for each volumetric N₂ adsorption/desorption run was 4 h. The actual adsorption/desorption process however, occurred over a course of only 3 min but a substantial amount of time was used for system equilibration. Gravimetric n-octane measurements took the longest experimental run time of 9 h per adsorption-desorption experiment due to the time required to establish a $dm/dt$ value of $<0.002\% \ min^{-1}$. n-Octane adsorption using the iGC method required a run time of only 3 h per adsorption run, though this short experimental time is a direct result of injecting n-octane between 0 and 35% $P/P_o$ only.
CONCLUDING REMARKS

In this work, it has been clearly demonstrated that there is a real and significant difference between the BET surface area of freeze-dried BC measured at −196°C under vacuum using N$_2$ and those obtained at 25°C at ambient pressure with n-octane. The BET surface area of freeze-dried BC calculated from volumetric N$_2$ adsorption at −196°C was ∼55–59 m$^2$g$^{-1}$ and using gravimetric n-octane adsorption at 25°C was ∼67–70 m$^2$g$^{-1}$. These results were also independently verified using iGC based on n-octane adsorption at 25°C, which also resulted in a similar BET surface area of ∼67–69 m$^2$g$^{-1}$. The discrepancy between the volumetric BET surface area using N$_2$ molecules and the gravimetric/chromatographic surface area determined using n-octane molecules stems from the fact that N$_2$ adsorption at cryogenic temperature is hypothesised to cluster only around the high energy sites of BC surfaces, potentially leading to an underestimation of the surface area of BC. This work also implies that the BET surface area of BC, as well as nanocellulose broadly speaking, is both a molecular scale and temperature dependent property. It should also be noted that the BET surface area obtained from all three measurements experimentally are still lower than the ideal geometric surface area of BC ribbons. This study highlights the fact that BET surface area measurement for nanocellulose should ideally be viewed as an expedient ranking tool (at the same temperature using the same adsorbate) as opposed to the viewing the obtained BET surface area as absolute area.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

AK: Conceptualisation, investigation, validation, writing—review and edit, AS: Resources, writing—review and edit, AM: Investigation, writing—review and edit, DW: Writing—review and edit, supervision, AB: Writing—review and edit, supervision, KYL: Conceptualisation, Writing—review and edit, supervision, funding acquisition.

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NOMENCLATURE

\( P \) absolute pressure
\( P_o \) saturated vapour pressure
\( \nu \) amount adsorbed at the relative pressure \( P/P_o \)
\( \nu_m \) monolayer capacity of the adsorbent

\( c \) BET constant
\( Q \) amount of N\(_2\) adsorbed in volumetric BET measurements (cm\(^3\) STP g\(^{-1}\))
\( M \) amount of n-octane adsorbed in gravimetric BET measurements (g g\(^{-1}\))
\( n \) amount of n-octane adsorbed in the inverse gas chromatography method (mmol g\(^{-1}\))