Adsorption Capacities of Iron Hydroxide for Arsenate and Arsenite Removal from Water by Chemical Coagulation: Kinetics, Thermodynamics and Equilibrium Studies

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Abstract: Arsenic (As)-laden wastewater may pose a threat to biodiversity when released into soil and water bodies without treatment. The current study investigated the sorption properties of both As(III, V) oxyanions onto iron hydroxide (FHO) by chemical coagulation. The potential mechanisms were identified using the adsorption models, ζ-potential, X-ray diffraction (XRD) and Fourier Transform Infrared Spectrometry (FT-IR) analysis. The results indicate that the sorption kinetics of pentavalent and trivalent As species closely followed the pseudo-second-order model, and the adsorption rates of both toxicants were remarkably governed by pH as well as the quantity of FHO in suspension. Notably, the FHO formation was directly related to the amount of ferric chloride (FC) coagulant added in the solution. The sorption isotherm results show a better maximum sorption capacity for pentavalent As ions than trivalent species, with the same amount of FHO in the suspensions. The thermodynamic study suggests that the sorption process was spontaneously exothermic with increased randomness. The ζ-potential, FT-IR and XRD analyses confirm that a strong Fe-O bond with As(V) and the closeness of the surface potential of the bonded complex to the point of zero charge (pH<sub>zpc</sub>) resulted in the higher adsorption affinity of pentavalent As species than trivalent ions in most aquatic conditions. Moreover, the presence of sulfates, phosphates, and humic and salicylic acid significantly affected the As(III, V) sorption performance by altering the surface properties of Fe precipitates. The combined effect of charge neutralization, complexation, oxidation and multilayer chemisorption was identified as a major removal mechanism. These findings may provide some understanding regarding the fate, transport and adsorption properties onto FHO of As oxyanions in a complex water environment.

Keywords: arsenic sorption; coagulation; environmental behavior; interfering species; iron hydroxide; mechanisms

1. Introduction

The emission of arsenic (As)-contaminated wastewater from industries, mining sites and smelting areas into fresh water bodies has raised serious concerns owing to its harmful
effects on human health and its destruction of the surrounding environment \[1,2\]. The environmental behavior of As oxyanions strongly depends upon system redox and pH. Among the four oxidation states of As, the pentavalent form (As(V)) predominates in aerobic environments, whereas the trivalent form (As(III)) occurs in reduced conditions, yet their chemistry, toxicity and sorption affinity are markedly different \[3\]. For instance, As(III) species exists as $\text{H}_3\text{AsO}_3$ ($\text{pH} < 9.22$) and $\text{H}_2\text{AsO}_3^-$ ($9.22 < \text{pH} < 13.4$), while As(V) ions occur as $\text{H}_3\text{AsO}_4$ ($\text{pH} < 2.2$), $\text{H}_2\text{AsO}_4^-$ ($2.2 < \text{pH} < 6.97$) and $\text{HAsO}_4^{2-}$ ($6.97 < \text{pH} < 11.53$) in aqueous environment \[2\]. In addition, As(III) is ten times more toxic and has a weaker sorption affinity to sorbents than As(V) ions \[2\]. Therefore, various environmental agencies, including the Pakistan Environmental Protection Agency (Pak-EPA), the United States Environmental Protection Agency (USEPA) and the World Health Organization (WHO), have set the regulation limit for As at $10 \mu\text{g}/\text{L}$ \[4\]. As such, it would be critical, both scientifically and technologically, to develop highly efficient methods for removing both As species from water.

It is widely known that chemical coagulants and adsorbents are promising for the removal of toxicants from aqueous media. Owing to their relatively low cost compared to equally effective removal methods (such as membrane separation, electrocoagulation etc.), iron-based coagulants are extensively used in potable water facilities for the elimination of toxic elements, including As, from water \[2,4,5\]. It is obvious that iron precipitation is the primary route for iron hydroxide (FHO) formation during the coagulation process; however, precipitation may be reduced dramatically by non-reductive or reductive routes in a multicomponent environment \[6,7\]. The reductive pathways mainly comprise protons, organic ligands and inorganic reductants \[6,8\]. Among them, inorganic reductants such as $\text{HAsO}_4^{2-}$ may have a significant impact on FHO formation by altering the physicochemical environments, i.e., pH, surface complexation reactions, phase transformation, deviation in point of zero charge ($\text{pH}_{\text{zpc}}$), and $\text{Fe}^{2+}$ concentration \[9\]. Our previous studies \[10,11\] comprehensively investigated the influence of inorganic ligands such as $\text{HAsO}_4^{2-}$ and $\text{Sb(OH)}_6^{2-}$ on FHO formation, with results indicating the dissolution of FHO precipitates in the presence of a greater concentration of pentavalent As and antimony (Sb) contaminants \[10\]. A more pronounced effect on FHO dissolution was observed under alkaline pH conditions in suspensions containing As(V) species \[10\]. Despite the evident potential influence of As(V) species on FHO formation in water, the sorption performance of this important system has rarely been explored by environmental scholars. Therefore, it is imperative to understand the geochemical, environmental and adsorption behavior onto FHO of As oxyanions in various water samples.

In recent years, the differences in chemistry and environmental behavior of trivalent and pentavalent As species have received substantial attention \[10,12–15\]. Iron minerals such as FHO play a crucial role in affecting the transformation and migration of As oxyanions in aqueous media, owing to their poorly crystalline structure with highly reactive vacancy sites, large surface areas and strong adsorption properties \[10,16,17\]. Several studies have indicated the key role of environmental and chemical conditions, such as contaminant redox form, pH, organic matter and ionic strength, etc., in As mobility in water \[10,15,18\]. For instance, in our previous study \[10\], a significant decline in As(V) removal was observed under basic environmental conditions owing to the dissolution of Fe precipitates, while a strong adsorption potential of FHO for As(V) was observed at pH 5–7. Another study indicated that the presence of divalent cations enhances the coagulation performance of As species in water \[18\]. A remarkable reduction in As removal was observed in the presence of hydrophobic organic ligands during the coagulation process \[15,19\]. However, how the sorption properties of FHO for As(III, V) species vary with temperature needs significant attention. Several studies have also focused on the sorption potential and removal mechanism of As oxyanions onto and from FHO by coagulation \[10,20\]. Still, the literature comparing the sorption capacity and rate of FHO for trivalent and pentavalent As oxyanions in complex waters seems scarce. Therefore, understanding the potential
mechanisms of As species sorption onto FHO under environmentally relevant conditions is worthy of consideration.

The main aim of the present study was to explore the sorption behavior of As oxyanions onto FHO via chemical coagulation process. In addition, the As sorption kinetics, thermodynamics and isothermal properties were also discussed in detail. The influence of pH and FC dosage on reaction kinetics was also studied. Finally, ζ-potential, X-ray diffraction (XRD) spectrum and Fourier transform infrared (FT-IR) spectrometry were used to explicate the removal mechanism of both contaminants by FHO from water.

2. Results and Discussion

2.1. Influence of pH on As(III, V) Sorption

The solution pH is one of the most critical influential factors that affect the dissolution behavior and transport of metal ions in water. Figure 1 indicates the influence of pH on the sorption capacity, rate and ζ-potential of FHO with As(III, V) species. As presented in Figure 1a, the sorption of trivalent As on FHO showed an increasing trend upon increasing solution pH. Such results are in good agreement with the fact that the first dissociation constant of the $\text{H}_3\text{AsO}_3^-$ species is 9.22, and As(III) acts as a Lewis base, hence it can interact with Lewis acid, i.e., FHO precipitates across a wide pH range [21,22]. Moreover, the As(III) adsorption results were well supported by the high adsorption rate of As(III) ions with pH and ζ-potential values close to pH $zpc$ under similar aquatic conditions (Figure 1b). In contrast, the As(V) species showed good adsorption capacities in the pH range of 5–7, with poor adsorption performance above pH 7 (Figure 1a). This might be related to the sufficient FHO precipitation in acidic to neutral pH conditions (Figure S1), as a result of electrostatic attraction between positively charged Fe(III) complexes and negatively charged As(V) ions [23–25]. A higher $k_{abs}$ for As(V) than As(III) was observed in experimental pH ranges (5–7), and the sorption rate of pentavalent As was 1.5–4.0 times faster than trivalent As under similar experimental conditions (Figure 1b). The ζ-potential values of FHO-As(III, V) came closer to pH $zpc$ in similar aqueous media, when compared with suspensions containing FHO precipitates only (denoted as FC only (Figure 1c)). However, the alkaline pH conditions were found to be unfavorable for the elimination of pentavalent As species from aqueous matrices. This might be attributed to the dissolution of FHO precipitates, the slowdown of the adsorption process and the decline in ζ-potential values towards a more negative trajectory (Figure S1 and Figure 1b,c). Moreover, the higher binding energy of the As(V) system in alkaline environments may support our finding that complexation between anionic As(V) and FHO species becomes difficult, resulting in higher residual As(V) ions in water [26]. In general, these findings suggest that the suspension’s pH might have a significant impact on the surface characteristics and stability of FHO precipitates in suspensions containing As(III, V) species, thus affecting the adsorption rates of both toxicants on the FHO surface. Similarly, previous studies [12,18,27] have also indicated that solution chemistry is mainly responsible for changing the physicochemical properties of early formed FHO precipitates, thereby affecting the sorption properties of As oxyanions in water.

2.2. Adsorption Kinetics and Reaction Rate

The reaction rate is the crucial factor that affects the mobility and control of As(III, V) species in aqueous media. Figure 2 highlights the variation in kinetic curves for both As oxyanions on the FHO surface during chemical coagulation. A higher adsorption capacity $q_e$ of As(V) (8.65 g/mol) than As(III) (6.03 g/mol) was observed during the sweep coagulation phase, i.e., 3 min. This might be due to the electrostatic attractive forces between $\text{HAsO}_4^{2-}$ and Fe(OH)$_2^+$ species [18,22]. It was also notable that during sweep coagulation, more FHO precipitation was observed in the As(V) system; however, a similar quantity of FHO precipitates was formed in both As(III, V) suspensions during the flocculation process (Figure S2). Equilibrium sorption for trivalent and pentavalent As was achieved within 20 min of the flocculation time, with $q_e$ of 7.996 and 9.685 g/mol, respectively (Table 1).
These findings suggest that the sorption rate and capacity of pentavalent As on FHO are better than the trivalent species. Similarly, a previous study [10] also indicated the higher adsorption ability of pentavalent As species than trivalent As ions during the chemical coagulation process.

![Figure 1](image1.png)

**Figure 1.** The influence of pH on (a) adsorption capacity; (b) reaction rate; and (c) ζ-potential of FHO with As(III, V) oxyanions.

![Figure 2](image2.png)

**Figure 2.** Adsorption kinetics data and corresponding PFO and PSO fitting for the removal of As(III, V) oxyanions during ferric chloride coagulation.
Table 1. PFO and PSO kinetic parameters for As(III, V) adsorbed onto FHO during chemical coagulation.

| Species | Experimental Parameters | PFO Constants | PSO Constants |
|---------|-------------------------|---------------|---------------|
|         | pH | t (min) | q<sub>exp</sub> (g/mol) | k<sub>1</sub> (1/min) | q<sub>ecal</sub> (g/mol) | R<sup>2</sup> | k<sub>2</sub> (mol/g.min) | q<sub>ecal</sub> (g/mol) | R<sup>2</sup> |
| As(III) |    |  7    | 7.760           |  0.504           | 7.575           | 0.996       | 0.132         | 7.996           | 0.999       |
| As(V)   |    |  9.546| 9.505           | 0.808           | 9.005           | 0.999       | 0.342         | 9.685           | 0.999       |

Additionally, the applicability of PFO and PSO models were examined using kinetic data to explore the dominant mechanism involved in the adsorption of As species onto precipitated FHO (Figure 2). The experimental and model parameters are presented in Table 1. It is obvious that the regression coefficient (R<sup>2</sup>) of PSO (As(III, V):0.999) is slightly greater than that of PFO (As(III):0.996, As(V):0.999), and the experimental q<sub>e</sub> values for both As oxyanions are much closer to the calculated PSO q<sub>e</sub> values. A smaller k<sub>2</sub> value was observed for As(III) species (0.132 mol/g.min) than for As(V) ions (0.342 mol/g.min). Therefore, the adsorption properties of both As oxyanions can be effectively explained by the PSO model, which suggests the possibility of both physisorption and chemisorption reactions between the FHO and As species in water [28,29].

2.3. Influence of FC Dosage on As(III, V) Sorption

The coagulant dose has been recognized as a significant factor for determining the As removal efficiency during potable water treatment operations. Figure 3 indicates the influence of FC dosage on the sorption capacity, rate, and ζ-potential of FHO with As(III, V) species. As shown in Figure 3a, higher sorption affinities were observed for the pentavalent As species than the trivalent one, and this decreased with increasing FC doses for both contaminants. Such behavior may be related to the higher level of FHO precipitate formation with increasing coagulant dose (Figure S3), thereby providing more FHO surface sites to the As species [30]. Similar results were derived in earlier studies [31–33]. The reaction rates for both As(III, V) species with FC were also examined (Figure 3b). The k<sub>abs</sub> for As(III, V) oxyanions indicated an increasing trend with increasing FC dosages, indicating that the kinetics of both toxicants are highly dependent on FHO precipitates. Similarly, a positive dependency of FC concentration on heavy metals adsorption was reported in our earlier study [10]. It is noteworthy that the k<sub>abs</sub> of the anionic As(V) species was significantly greater than that observed for neutral As(III) ions, and that much higher k<sub>abs</sub> values were observed at a higher dosage gradient of FC (Figure 3b). The k<sub>abs</sub> of As(III) increased from 32.87 (1/min) to 67.05 (1/min) when the applied FC dosages were increased from 0.10 mM to 0.30 mM. Further, the k<sub>abs</sub> of As(V) was 1.88–2.37 times higher than that of the As(III) species. Therefore, it can be inferred that the sorption rate of pentavalent As onto FHO was faster than that of trivalent As ions.

The surface charge of FHO precipitates was examined in pure water and As(III, V) suspensions (Figure 3c). It was observed that the presence of As oxyanions brings the surface potential of FHO closer to pH<sub>pzc</sub>. These results suggest that the electrostatic attractive forces of FHO increase in solutions containing As(III, V) species when compared with pure water. Therefore, higher adsorption rates were observed at higher FC dosages (Figure 3b). In addition, As(V) suspensions presented a greater lowering of ζ-potential for FHO than As(III) solutions (Figure 3c). These results might be attributable to the strong interaction of anionic As(V) ions with cationic FHO precipitates, when compared with neutral As(III) ions [18,34]. The difference in adsorption properties of both contaminants may also be related to the lower binding energy of pentavalent As than trivalent ions at the solid–liquid interface, thus decreasing the ζ-potential and enhancing the adsorption strength as well as the rate of As(V) in water [12]. In general, these results indicate that increasing the coagulant dosage may improve particle agglomeration kinetics and increase pollutant adsorption rates during water treatment operations.
Figure 3. The influence of FC dosages on (a) adsorption capacity; (b) reaction rate; and (c) $\zeta$-potential of FHO with As(III, V) oxyanions.

2.4. Adsorption Isotherm

Sorption isotherm models are frequently applied to understand the distribution of adsorbed molecules between the solid and liquid phases under equilibrium conditions. The results of sorption experiments employing various initial As(III, V) concentrations at neutral pH are presented in Figure 4a. The sorption abilities for both trivalent and pentavalent As oxyanions increased remarkably upon increasing the initial toxicants loading from 0.1 to 5 mg/L (Figure 4a). The As(III, V) suspensions showed similar quantities of FHO formation under the studied conditions (Figure S4). The surface potentials of FHO in As(III, V) suspensions were also examined, with the results indicating a continuous decrease in $\zeta$-potential values upon increasing As(V) concentration (Figure 4b). The As(V) ions predominantly exist as HAsO$_4^{2-}$ in a neutral pH environment [27,35]. Therefore, a shift in $\zeta$-potential values from positive to negative was seen in suspensions containing higher As(V) loading (Figure 4b). The sorption data fitted with Langmuir and Freundlich isotherm models (Figure 4c). The experimental and model fitting parameters are presented in Table 2. For the sorption of As oxyanions onto FHO, the Freundlich model better describes the adsorption process, as determined by the $R^2$ values (As(III):0.999, As(V):0.902). The $k_F$ value observed for the As(V) species was three times higher than As(III), indicating the
strong sorption affinity of As(V) species towards FHO precipitates. Moreover, a lower n value, i.e., 1.744 for As(V), was observed than the 2.168 for As(III), showing the faster adsorption of As(V) than As(III) onto FHO in water. Such observations are consistent with our previous findings that the adsorption properties of FHO for As(V) perform well when compared with As(III) species. Overall, these results suggest that FHO showed a heterogeneous surface of adsorption sites with multilayer adsorption characteristics for both As oxyanions in water [36,37].

Table 2. Langmuir and Freundlich isotherm parameters for As(III, V) adsorbed onto FHO during chemical coagulation.

| Species  | pH | FC Dosage (mM) | k_L (L/mg) | q_max (g/mol) | R^2 | k_F ((g/mol)(L/mg))^{1/n} | 1/n | R^2 |
|----------|----|----------------|------------|---------------|-----|--------------------------|-----|-----|
| As(III)  | 7  | 0.15           | 1.487      | 24.194        | 0.966 | 13.472                  | 2.149 | 0.989 |
| As(V)    | 1.195 | 69.558        | 1.195      | 69.558        | 0.962 | 40.195                  | 1.518 | 0.978 |

In order to compare the maximum adsorption capacity of FHO for the As(III, V) oxyanions, Table 3 indicates the other reported sorption affinities of iron-based low-cost adsorbents for both toxicants. It can be clearly seen that the FHO precipitates formed in the current study presented much better maximum adsorption capacities than any other sorbent reported to date, which further favors the coagulation-induced adsorption process for arsenic remediation and general water treatment applications.

2.5. Adsorption Thermodynamics

Variations in solution temperature may affect the sorption reactions of contaminants with adsorbents in an aqueous media. Figure 5a indicates the effect of temperature on the sorption properties of As oxyanions onto FHO. The remarkable decrease in As(III) sorption capacity at higher temperatures is probably due to the lower level of FHO precipitation under such conditions (Figure 5a and Figure S5). This might be related to the weakening and breaking of the Fe-O and As(III)-Fe bonds as a result of the increased thermal energy at higher temperatures [42,43]. In contrast, no substantial effect on FHO precipitation and As(V) adsorption was observed in the studied temperature range (Figure 5a and Figure S5).

Table 3. Maximum arsenic (III, V) sorption capacities (mg/g) reported in the literature on iron-based low-cost adsorbents.

| Adsorbents                                      | Concentration Range (mg/L) | pH    | Adsorption Capacity (mg/g) | Reference |
|------------------------------------------------|----------------------------|-------|----------------------------|-----------|
| Fe-sericite composite powder                   | 1–30                       | 5.99–6.11 | 15.04 | 13.21 | [38]|
| Fe-sericite composite beads                    | 1–30                       | 6.82–6.85 | 9.02  | 7.11  |          |
| Iron oxide-impregnated charred granulated attapulgite | 0.05–200                  | 7     | 3.25  | 5.09  | [39]|
| Waste Fe-Mn oxides embedded in chitosan        | 10–190                     | 7     | 44.17 | 26.80 | [40]|
| Zero-valent iron–biochar complexes (Red oak)  | 1–25                       | -     | -     | 15.58 | [41]|
| Zero-valent iron–biochar complexes (Switchgrass) | 1–25                     | -     | -     | 7.92  | |
| Iron hydroxide                                 | 0.1–5                      | 7     | 433.12 | 1245.45 | This study |

The thermodynamic parameters were calculated to further clarify the sorption characteristics of As oxyanions in a water environment (Figure 5b and Table 4). The ΔG° at given temperatures with negative values indicated spontaneous characteristics and the feasibility of adsorption reactions between As(III, V) and FHO [44]. The negative values of ΔH° illustrated that the adsorption of As(III, V) onto FHO is favorable owing to the exothermic characteristics of the adsorption process [45]. It has been previously discussed
that the values of adsorption energy <8 KJ/mol, 8–16 KJ/mol and >16 KJ/mol indicate physisorption, ion exchange and chemisorption phenomena, respectively [46,47]. Absolute ∆H° values of 55.188 (As(III)) and 36.31 (As(V)) were observed, indicating chemisorption as the major binding mechanism between FHO and both toxicants in water. Moreover, the positive values of ∆S° showed that randomness increases upon increasing temperature during the adsorption process [43]. These results could be helpful in understanding the adsorption reactions between FHO and As species during the chemical coagulation process.

![Figure 4](image-url)

**Figure 4.** (a) Adsorption capacity; (b) ζ-potential; (c) Langmuir and Freundlich sorption isotherms for As(III, V) by FHO.

![Figure 5](image-url)

**Figure 5.** (a) Adsorption capacity and (b) Van’t Hoff plot for sorption of As(III, V) oxyanions onto FHO at varying temperatures.
2.7. Mechanism of As(III, V) Adsorption onto FHO

Figure 6 indicates the sorption affinity and ζ-potential for FHO of As species under the influence of various anionic species, including sulfate, phosphate, and humic and salicylic acid. It was observed that the presence of anionic species resulted in decreases in the sorption capacity of As oxyanions (Figure 6a). For instance, sulfates compete for the sorption sites of FHO with both As(III, V) species; however, their impacts on As sorption were observed to be the lowest as compared to other competing ions. Similarly, phosphate had a competitive inhibitory effect on As sorption, which is consistent with earlier studies [48,49]. As shown in Figure 6a, the presence of humic acid remarkably decreases the level of As sorption onto FHO surfaces. Such inhibitory behavior may be due to the higher sorption ability of HA molecules for FHO than As oxyanions [50]. In addition, it was noted that the HA molecules significantly direct the ζ-potential values towards a more negative trajectory (Figure 6b). This in turn increases the electron density between Fe and As molecules, resulting in the dissolution of FHO in suspensions co-contaminated with As species and HA molecules (Figure S6). Hydrophilic SA molecules, on the other hand, had a smaller impact on As(III, V) sorption onto the FHO surface (Figure 6a). The presence of low-molecular weight compounds and weaker acidic groups in SA might result in less interactive behavior with FHO surface sites [51]. Overall, the sorption ability of As oxyanions onto FHO can be ranked in the following order: without anions > SO$_4^{2-}$ > SA > PO$_4^{3-}$ > HA.

![Figure 6](image_url)

**Figure 6.** (a) Adsorption capacity and (b) ζ-potential of FHO in suspensions containing As(III, V) ions and interfering species.

2.7. Mechanism of As(III, V) Adsorption onto FHO

The surface states of FHO before and after the sorption of both As oxyanions were studied using different spectrum techniques, including FT-IR and XRD, to explore the
sorption mechanism of both contaminants on the FHO surface (Figure 7). The IR spectra of FHO before and after the adsorption of As(III, V) oxyanions is presented in Figure 7a. The main peak observed for pure FHO at ~721 cm$^{-1}$ was subjected to Fe-O bending vibrations [52]. The band observed in pure FHO in the range 3000–3550 cm$^{-1}$ might be ascribed to the stretching vibrations of OH [37]. In comparison, the intense peaks observed at ~3070 and ~3325 cm$^{-1}$ were ascribed to the polar interactions of FHO-hydrolyzed products with As(III, V) species in water. The shift in the peaks from ~1595 cm$^{-1}$ to (As(V)) ~1616 cm$^{-1}$ and (As(III)) ~1631 and ~1575 cm$^{-1}$ suggest that As(III, V) species may interact with the FeOH groups and form complexes by deforming water molecules [10]. The peaks appearing at ~812 cm$^{-1}$ and ~582 cm$^{-1}$ may be related to the stretching vibrations of As(V)-O and As(III)-O bonds on the FHO surface, respectively [53,54]. The FT-IR analysis results suggest that the sorption of As(III, V) ions onto FHO may be proceeded by complexation reactions between both As species and FHO precipitates.

To further illustrate the mechanisms employed by FHO for the sorption of As oxyanions, the XRD spectra of FHO before and after reaction with As species were obtained as shown in Figure 7b. The diffraction peak observed at 2θ = 34° showed the interaction of As(III, V) species with FHO precipitates via internal and surface adsorption mechanisms [43]. The fringe pattern centered at 2θ values of 28° and 58° indicates the bonding structures of poorly crystalline ferric arsenate [53,55]. It is worth mentioning that poorly crystalline ferric arsenate was formed after reaction with both As(III, V) oxyanions, which was not evidenced in the FT-IR analysis. The results of XRD analysis for the Fe(III)–As(III)–H$_2$O system may be supported by the involvement of the transformation of As(III) to As(V), followed by sorption onto the FHO surface, resulting in the formation of amorphous ferric arsenate [56,57]. For the case of the Fe(III)–As(V)–H$_2$O system, the ferric arsenate was formed from FeHAsO$_4^+$ and FeH$_2$AsO$_4^{2+}$ precursors [53]. Thus, the XRD analysis further elucidated the role of the oxidation of As(III) to As(V) following sorption onto the FHO surface.

In general, the experimental results and analytical investigations suggest that the major binding mechanisms might be the combined effects of the charge neutralization, complexation, oxidation and multilayer chemisorption of As(III, V) oxyanions on the FHO surface during the chemical coagulation process. Similarly, prior research [13,21,27] described comparable mechanisms when working on the conventional treatment of heavy metal ions in water.

Figure 7. (a) FT-IR spectra and (b) XRD patterns of FHO before and after reaction with As(III, V) oxyanions.
2.8. Implications for Mobility and Remediation

Understanding the sorption of As(III, V) oxyanions by iron-based sorbents such as FHO is significant to evaluate their fate, mobility and toxicity in drinking water. Our current study suggests the stronger adsorption potential of As(V) than As(III) in an iron-rich environment, specifically under neutral pH conditions. However, the mobility of As(V) species was greatly enhanced under alkaline pH conditions, as a result of the strong repulsion between oppositely charged FHO and As(V) species. As such, the environmental conditions play a crucial role in identifying the redox form of As oxyanions in contaminated areas. Despite the variety of sorption properties of As oxyanions, FHO still showed a better ability to remove these pollutants from contaminated media via various sorption mechanisms. Considering chemical coagulation as a cost-effective and efficient technique, an appropriate removal strategy in terms of optimum coagulant dosage should be adopted for As oxyanion removal from complex water environments.

3. Materials and Methods

3.1. Materials

The reagent-grade chemicals including arsenic trioxide (As$_2$O$_3$), humic acid (HA), salicylic acid (SA) and sodium arsenate dibasic heptahydrate (Na$_2$HAsO$_4$.7H$_2$O) were purchased from Sigma Aldrich (St. Louis, MO, USA). The other chemicals, including nitric acid (HNO$_3$), hydrochloric acid (HCl), sodium dihydrogen phosphate (NaH$_2$PO$_4$.H$_2$O), magnesium sulfate (MgSO$_4$.7H$_2$O) and ferric chloride hexahydrate (FeCl$_3$.6H$_2$O), were procured from local suppliers. The pure water from Millipore water purification system (Milli-Q, Millipore Co., Bedford, MA, USA) was used to prepare stock solutions and synthetic test samples. Before use, all glassware was washed with 15% HNO$_3$ followed by rinsing with pure water to avoid contamination. The stock solutions of As(III) and As(V) at 100 mg/L were prepared separately by dissolving As$_2$O$_3$ and Na$_2$HAsO$_4$.7H$_2$O in 1 M NaOH solution and pure water, respectively. The stock solutions of hydrophobic HA and hydrophilic SA were prepared by dissolving 500 mg chemical in 100 mL pure water. The detailed procedure for HA and SA solution preparation can be found elsewhere [58]. The stock solution of coagulant (100 mM) was prepared using FeCl$_3$.6H$_2$O. The working solutions of trivalent and pentavalent As were prepared via sequential dilution from each stock solution for each experimental run.

3.2. Experimental Design

The jar tester with multiple blades (Young Tech, S., Gyeongsangbuk-Do, Korea) was used to conduct coagulation experiments. The differences in As(III, V) sorption and FHO formation were examined under a series of coagulation experiments. Initially, chemical coagulation experiments were conducted using a 0.1 mM FC dose in 1 mg/L As(III, V) suspensions at various pH (5–9) conditions. The kinetic experiments were also performed for (1 mg/L) As(III, V) suspensions at contact time 0–28 min, pH 7, temperature 298 K and FC dose 0.1 mM. The aliquots were taken after different time intervals (0, 3, 5, 10, 15, 20, 25 and 28 min). The influence of applied FC dosages (0.1–0.3 mM) was also investigated. The sorption isotherm experiments were also conducted at varying As(III, V) concentrations (0–5 mg/L), FC dosages (0.15 mM), pH levels (7), temperatures (298 K) and equilibrium times. In order to examine the influence of temperature on the sorption process, a thermodynamic study was performed at different temperatures (288 K, 298 K and 308 K) with FC dosage 0.1 mM, As(III, V) concentration 1 mg/L and pH 7. The pH was set using 100 mM HCl and NaOH for all experiments, while temperature was monitored using a thermometer. The influence of various interfering species, i.e., sulfates (50 mg/L), phosphates (0.5 mg/L), and humic and salicylic acid (10 mg/L each), was also examined. The residual As(III, V) and Fe(III) concentrations were analyzed after filtering the supernatant using a 0.45µm glass filter. For all chemical coagulation experiments, the sequential experimental strategy was as follows: 3 min fast agitation (coagulation); 20 min slow mixing; 30 min quiescent settling; and aliquot collection [20]. However, only slow
mixing for 25 min was done for kinetic experiments, with the rest of the experimental protocol remaining same. All experiments were performed in triplicates and data were shown with error bars showing standard deviations.

3.3. Modeling Coagulation Data by Sorption Studies

The amount of FHO formed ($C_s$ (mol/L)) by FC coagulation of As(III, V) suspension was calculated using Equation (1):

$$FHO : C_s = I_o - I_e$$ (1)

where $I_o$ and $I_e$ (mol/L) represents initial and residual Fe(III) concentration, respectively, in suspensions. The adsorption capacity ($q_e$ (g/mol)) of FHO for As(III, V) species is expressed as Equation (2):

$$\text{Adsorption capacity} : q_e = \frac{C_o - C_e}{C_s}$$ (2)

where $C_e$ and $C_o$ (mg/L) indicate the residual and initial As(III, V) concentration, respectively. In order to extend the understanding of As sorption onto FHO, sorption kinetics data were fitted with non-linear pseudo-first order (PFO) (Equation (3)) and pseudo-second-order (PSO) (Equation (4)) models [23,59], as shown below:

$$\text{PFO} : q_t = q_e - e^{lnq_e - tk_1}$$ (3)

$$\text{PSO} : q_t = \frac{k_2q_e^2t}{1 + k_2q_e^2t}$$ (4)

where $q_e$ and $q_t$ (g/mol) represent adsorption capacity of As oxyanions at equilibrium and various time intervals, respectively; $t$ (min) indicates contact time; and $k_1$ (1/min) and $k_2$ (mol/g.min) indicate rate constants of PFO and PSO models, respectively. In order to investigate the reaction kinetics of As species with the application of pH and FC dosages, Equation (5) was used to explain the sorption process of As species on the FHO surface [12].

$$\text{Rate Constant} : \ln\left(\frac{C_t}{C_o}\right) = k_{abs}t$$ (5)

where $k_{abs}$ (1/min) indicates the rate constant under applied FC dosage and adjusted pH conditions. To further derive the mechanistic insights into the general sorption process, the two most commonly used sorption isotherms were applied to experimental data using Langmuir (Equation (6)) and Freundlich (Equation (7)) models [2,60]:

$$\text{Langmuir} : q_e = \frac{q_{max}k_L C_e}{1 + k_L C_e}$$ (6)

$$\text{Freundlich} : q_e = k_F C_e^\frac{1}{n}$$ (7)

where $q_{max}$ (g/mol) refers to the maximum As(III, V) adsorption capacity, $n$ is the index for heterogeneity of the FHO surface, and $k_L$ (L/mg) and $k_F$ [(g/mol)(L/mg)]$^{1/n}$ indicate Langmuir and Freundlich adsorption affinity constants, respectively. Since solution temperature plays a vital role in the sorption and bonding mechanism of pollutants towards adsorbents, the thermodynamic parameters were calculated at temperatures of 15–35 °C using the Van’t Hoff method as presented in Equations (8–9) [59,61].

$$\text{Distribution Coefficient} : k_d = \left(\frac{C_o - C_e}{C_e}\right) \times \frac{1}{C_d}$$ (8)

$$\text{Gibbs free energy} : \Delta G = -RT \ln k_d$$ (9)
Thermodynamic parameters: \[ \Delta G = \Delta H - T \Delta S \] (10)
where \( k_d \) (L/mg) is the distribution coefficient in As sorption, \( C_d \) (mg/L as Fe) is the concentration by mass of precipitated FHO, \( R \) (8.314 J/mol.K) is universal gas constant and \( T \) is reaction temperature (K). Thermodynamic parameters, i.e., \( \Delta G \) (kJ/mol), \( \Delta H \) (kJ/mol) and \( \Delta S \) (kJ/mol.K), represent the Gibbs free energy, enthalpy and entropy of the reaction, respectively. The linear fitting of plot \( \Delta G \) versus \( T \) provides the \( \Delta S \) (slope) and \( \Delta H \) (intercept) values using Eq (10).

3.4. Analytical Procedures

The residual As(III, V) and Fe(III) concentrations were analyzed using Inductively Coupled Plasma Optical Emission Spectrometry (ICP-OES, Santa Clara, CA, USA). A calibrated pH meter (HACH, Loveland, CO, USA) was used for the pH adjustment of the suspension. The \( \zeta \)-potential values of the precipitated FHO in suspensions were analyzed using Zetasizer (Malvern, UK). The bonding features of pristine compounds and FHO precipitates after reaction with As(III, V) species were recorded using FT-IR (JASCO Analytical Instruments, Easton, PA, USA) and an X-ray diffractometer (Rigaku, Tokyo, Japan). Moreover, Origin Pro 9.0 (Massachusetts, MA, USA) was used for plotting experimental data points.

4. Conclusions

This work demonstrates the kinetics and mechanisms of As(III, V) adsorption onto FHO surfaces by the chemical coagulation process. The experimental results show the stronger sorption ability and faster reaction rate of pentavalent As species in most aquatic conditions, when compared with trivalent ions. At the tested pH values (5–7), the sorption rate of pentavalent As was found to be greater than the trivalent species at the same applied FC dosage; however, the adsorption rate of As(III) was faster than As(V) under alkaline water environments, i.e., pH 9. The FHO precipitation was mainly governed by the quantity of coagulant dosage added, pH, and type of redox As species in solution. The adsorption of both As(III, V) oxyanions onto FHO followed the pseudo-second-order and Freundlich isotherm models. The thermodynamic investigations revealed the spontaneous nature of the reaction between the As species and the FHO surface in most contaminated waters. A change in surface properties of FHO in the presence of interfering species, i.e., sulfates, phosphates, and humic and salicylic acid, was observed, thereby reducing the sorption affinity of As(III, V) ions in such suspensions. Furthermore, the potential mechanisms employed by FHO for As(III, V) adsorption were well described by \( \zeta \)-potential, FT-IR and XRD analyses, indicating the combined effect of charge neutralization, complexation, oxidation and multilayer chemisorption. These findings suggest that when As species are present in a water environment, the better adsorption affinity for FHO of As(V) would be observed, compared to the As(III) species.

Supplementary Materials: The following are available online, Figure S1: FHO formation across broad pH range in the absence and presence of As(III, V) species, Figure S2: FHO formation as function of contact time, Figure S3: FHO formation under different FC dosages in the absence and presence of As(III, V) oxyanions, Figure S4: FHO formation under different As(III, V) concentrations, Figure S5: FHO formation under varying temperature environment in As(III, V) suspensions, Figure S6: FHO formation under the influence of various interference species.

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