Understanding the impact of moderate-intensity pulsed electric fields (MIPEF) on structural and functional characteristics of pea, rice and gluten concentrates

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Abstract

Aim The effect of moderate-intensity pulsed electric fields (MIPEF) was evaluated on vegetable protein concentrates from pea, rice, and gluten.

Methods Five percent (w/w) suspensions of protein concentrates (pH 5 and 6) were exposed to up to 60,000 MIPEF pulses at 1.65 kV/cm. Both structural modifications (absorbance at 280 nm, free sulfhydryl groups, FT-IR-spectra) and functional properties (solubility, water and oil holding capacity, foamability) were analyzed.

Results MIPEF was able to modify protein structure by inducing unfolding, intramolecular rearrangement, and formation of aggregates. However, these effects were strongly dependent on protein nature and pH. In the case of rice and pea samples, structural changes were associated with negligible modifications in functional properties. By contrast, noticeable changes in these properties were observed for gluten samples, especially after exposure to 20,000 pulses. In particular, at pH 6, an increase in water and oil holding capacity of gluten was detected, while at pH 5, its solubility almost doubled.

Conclusion These results suggest the potential of MIPEF to steer structure of proteins and enhance their technological functionality.

Keywords PEF · Vegetable proteins · pH · Functionality · Water solubility

Introduction

The increasing issues associated with sustainability and food security of proteins consumption have led to an increase interest in the utilization of plant proteins (Boland et al. 2013; FAO 2013, 2017). The latter has lower production costs and are less resource intensive, and more environmental friendly than animal ones (Fasolin et al. 2019; van der Spiegel et al. 2013). From a nutritional point of view, it is widely accepted that a partial replacement of animal proteins with vegetable ones is associated with the reduction of health diseases such as type 2 diabetes and cardiovascular disease (Song et al. 2016; Tharrey et al. 2018). However, it is a matter of fact that the valuable protein fraction of many plant sources is currently underutilized or lost as waste (Papargyropoulou et al. 2014). This is due to the fact that plant proteins are strongly entrapped within the fibre cell walls and into the intracellular matrix of cotyledons (Preece et al. 2017). For this reason, it is necessary to find out effective technologies able to disrupt plant cellular integrity and assist protein extraction. To this aim, the application of different unconventional technologies, such as ultrasonication, high pressure homogenization and pulsed electric fields, has been recently proposed (Grimi et al. 2014; Pojić et al. 2018; Ran et al. 2019; Zhang et al. 2017). On the other hand, the application of these technologies is also claimed to modify the structure of food biopolymers (Knorr et al. 2011) Considering proteins, the intense energy inputs delivered during the application of these technologies lead to structural modifications (i.e. primary, secondary or tertiary structure) that finally affect protein technological functionalities (e.g. solubility as well as water holding, emulsifying, gel- ing, foaming capacity) (Esteghlal et al. 2019). The last frontier of the possible application of these technologies is their exploitation as tool to steer protein functionalities. This novel application is particularly interesting in the case of plant
proteins, which have lower technological functionalities in comparison with animal ones. The process-induced modification of the technological performance of plant proteins is currently regarded as a key strategy to substantially increase their usage in food formulations.

Among unconventional technologies, pulsed electric fields is a non-thermal technology considered a green extraction-assisting process compared with the traditional ones due to higher extraction yield, lower energy consumption and reduced utilization of solvents. PEF technology is based on the application of short pulses (μs–ms) of high voltage electric field to a food material placed between a set pair of electrodes. Based on the electric field applied, PEF treatment can be conducted in high (15–80 kV/cm) (HIPEF) or moderate-intensity (<5 kV/cm) (MIPEF) conditions (Soliva-Fortuny et al. 2009; Timmermans et al. 2019; Toepfl et al. 2006). The major concerns for implementation of PEF technology in the food sector are the investment cost and the development of industrial equipment (Puértolas et al. 2012). However, compared to HIPEF, moderate-intensity pulsed electric fields (MIPEF) are less energy intensive and much more cost affordable (Soliva-Fortuny et al. 2009; Timmermans et al. 2019; Toepfl et al. 2006). It has been estimated that the cost of a generator with an average load power of 30 kW and a voltage of 30 kV is 100–200 k€ which is lower than the cost of the high-intensity equipment. Moreover, it is expected that the short processing time as well as the low energy consumption might amortize this investment within a very short period of time (Picart-Palmade et al. 2019; Puértolas et al. 2012).

Both PEF technologies have been demonstrated to efficiently disrupt plant cell by inducing the electroporation of membranes and thus favouring the extractability of valuable compounds, such as proteins, from plant materials (Barba et al. 2015; Donsì et al. 2010; Pataro et al. 2017; Puértolas et al. 2012; Soliva-Fortuny et al. 2009; Yu et al. 2015; Zhang et al. 2017). It should be highlighted that the PEF impact on protein structure during both protein-assisted extraction and treatments aimed to protein-structure modifications has been studied for HIPEF treatments solely (Giteru et al. 2018, 2020). In particular, HIPEF could develop dipole moments causing ionization of the amino and carboxylic groups. The charged dipoles induce the development of electrostatic attractions which are responsible for unfolding, aggregation and cross-linking phenomena (Dong et al. 2020; Giteru et al. 2018, 2020; Liu et al. 2011; Xiang et al. 2011a). These events can lead finally to a decrease in the ordered structures (α-helices), an increase in disorder ones (β-sheets, β-turns and random coils) and a higher exposure of surface free sulfhydryls (S–H) (Guan et al. 2010; Liu et al. 2013). As summarized by Giteru et al. (2020), all these modifications generate the formation of transient structures and changes in the interfacial properties of the proteins, which influence their functional properties including surface hydrophobicity (Li et al. 2007; Wu et al. 2016), colloidal behaviour (Xiang et al. 2011b), thermal stability (Liu et al. 2011) and swelling index (Li et al. 2007). To this regard, it is noteworthy that structural modification of enzymes, such as papain, POD, PPO, lysozyme and LOX, exposed to PEF was found to be responsible for irreversible inactivation (Luo et al. 2010; Yeom et al. 1999; Zhao and Yang 2008, 2010; Zhong et al. 2007).

On the other hand, the effects of MIPEF on protein structure and relevant technological functionality have received little attention in literature. However, it is a matter of fact that fundamental knowledge on the effect of MIPEF on structural and technological properties of proteins, and especially plant proteins, is highly demanded to propose this technology for food applications. To this aim, in this research, aqueous suspensions (5% w/w) of commercial vegetable protein concentrates of pea, rice and wheat gluten protein concentrates were subjected to MIPEF treatments at 1.65 kV/cm for increasing number of pulses (0, 20,000 and 60,000). This concentration was chosen in the protein content range of the different plant matrices here considered (Aluko et al. 2009; Cao et al. 2009; Shand et al. 2007) as well as to better study MIPEF effects (Barsotti et al. 2001). It should be noted that pea proteins were chosen for their promising functional properties and low cost (Aluko et al. 2009; Boye et al. 2010; Osen et al. 2014; Shand et al. 2007); rice proteins were selected for being colourless and tasteless (Cao et al. 2009; Wang et al. 2016); and gluten was chosen for its unique rheological properties (Day et al. 2006). Treated samples were then evaluated for both structural modifications (absorbance at 280 nm, free sulfhydryl groups, FT-IR-spectra) and functional properties (solubility, water and oil holding capacity, foam ability).

**Materials and Methods**

**Materials**

Wheat gluten concentrate (protein content 75% w/w) from Sigma-Aldrich (St. Louis, Missouri, USA) and concentrates of pea and rice (protein content 80% w/w) from Raab Vitalfood GmbH (Rohrbach, Germany) were used. Tris base, SDS, glycine, ethylenediaminetetraacetic acid (EDTA), phosphate monosodium (NaH₂PO₄), disodium phosphate (Na₂HPO₄), sodium dodecyl sulphate (SDS), β-mercaptoethanol, 5,5'-dithiobis-(2-nitrobenzoic acid) (DTNB) and acetic acid were provided by Sigma-Aldrich (Milan, Italy). Mini-PROTEAN® TGX Stain-Free™ Precast Gels (456-8083), Laemmli Sample Buffer 2x (161-0737), Bio-Safe™ Coomassie G-250 Stain (161-0786) and Precision Plus Protein™ Kaleidoscope™ Standards (161-0375) molecular weight marker were purchased from Bio-Rad (Hercules, CA, USA). Hydrochloric acid and methanol were provided by Carlo Erba (Milan, Italy). Dimethylformamide was purchased from Jansen (Geel, Belgium) and sunflower oil was bought from a
local market. Deionized water (System advantage A10®, Millipore S.A.S, Molsheim, France) was used.

Sample Preparation and PEF Treatment

Pea, rice or gluten concentrate suspensions (5% w/w) were prepared by adding phosphate buffer (0.005 M) at pH 5 or 6. This concentration was used to facilitate PEF treatments, since low concentration protein solutions exhibit high electrical resistance, such that greater pulse widths are necessary for studying the structural modifications of food protein (Barsotti et al. 2001).

Samples (15 mL) were solubilized overnight at 25 °C and processed at a constant electric field strength (E = 1.65 kV/cm) generated by a M100 ScandiNova generator (Uppsala, Sweden) able to deliver square pulses to the parallelepiped treatment chamber (16.8-mL volume capacity), with a 1.5-cm gap between the two stainless electrodes. The pulse width (5 μs) and frequency (400 Hz) were kept constant while the number of pulses was set at 20,000 or 60,000. Processing parameters were controlled by LabVIEW4PEF software (LabVIEW4PEF_B-618-01 9.0, ProdAl, Fisciano, Italy). As reference sample, untreated protein concentrate suspension at pH 5 or 6 was used. After the treatment, the suspensions were freeze-dried (Laboratory and Pilot Freeze-Dryer Mini-Fast Edwards, mod. 1700, Edwards Alto Vuoto, Milan, Italy) and stored in desiccators before further analysis.

Structure Characterization

SDS PAGE

Protein profiles were analyzed by SDS PAGE according to Laemmli (1970). A known amount of sample was mixed with 500-μL Laemmli sample buffer and 2% of β-mercaptoethanol. The mixtures were incubated at room temperature for 1 h, and then heated at 100 °C for 5 min in a water bath equipped with a magnetic stirrer (C-MAG HS 7, IKA®-Werke GmbH & Co. KG, Staufen, Germany). Ten microliters of samples were loaded onto polyacrylamide gels in order to have in each well the same protein content (50 μg). Running buffer was made of 1.92 M glycine, 250-mM Tris and 1% SDS. A molecular weight (MW) standard consisting of a cocktail of ten proteins with known MWs (250, 150, 100, 75, 50, 37, 25, 20, 15 and 10 kDa) was used to indicate the MW range of sample. Runs were performed on a Mini-PROTEAN® Tetra Cell apparatus (Bio-Rad, Hercules, CA, USA) at constant amperage of 30 mA; the run was stopped when the samples reached the bottom of the gel. Subsequently, gels were placed for 30 min in a gel-fixing solution (40% methanol and 10% acetic acid) and stained with Coomassie blue overnight. Gels were destained with water for 30 min and images were obtained with gel documentation system G:BOX (Chemi XX9, Syngene, Cambridge, UK).

FT-IR

FT-IR spectra were recorded at 25 ± 1 °C by using a FT-IR instrument, equipped with an ATR accessory and a Zn-Se crystal that allow collection of FT-IR spectra directly on sample without any special preparation (Alpha-P, Bruker Optics, Milan, Italy). The “pressure arm” of the instrument was used to apply constant pressure to the sample, positioned onto the Zn-Se crystal, to ensure a good contact between the sample and the incident IR beam. All FT-IR spectra were collected in the range from 4000 to 400 cm⁻¹, at a spectrum resolution of 4 cm⁻¹ and with 32 coadded scans. Background scan of the clean Zn-Se crystal was acquired prior to sample scanning. The collected FT-IR spectra were pre-processed (baseline corrected, smoothed and normalized) using the OPUS software (version 7.0 for Microsoft Windows, Bruker Optics, Milan, Italy) and Gaussian curve fitting of deconvoluted amide I (1600–1700 cm⁻¹) was performed using Origin Pro 9 (OriginLab, Northampton, MA, USA) accordingly with Sow and Yang (2015) and Sow et al. (2017). The fitting quality of the Gaussian curves was confirmed by having $R^2 > 0.997$.

Absorbance at 280 nm

The absorption spectroscopy measurements at 280 nm were performed by a UV-Vis spectrophotometer (UV-2501 PC, Shimadzu Kyoto, Japan) at 25 °C with a 1-cm path-length cuvette. Samples were diluted with 0.5% (w/v) SDS-0.05 M sodium phosphate buffer solution (pH 6.9) to obtain absorbance signals on scale.

Free Sulfhydryl Content

The concentration of free sulfhydryl groups (SH) was determined using Ellman’s reagent (DTNB) according to the method of Panozzo et al. (2014).

ζ-Potential

Electrical charge of the treated samples was measured after 1:1000 dilutions at 25 °C using the dynamic light scattering (DLS) system (NanoSizer 3000, Malvern Instruments, Malvern, UK).

Functional Properties Determination

Solubility

Water dispersions containing 1% (w/w) sample were stirred at room temperature for 1 h and then centrifuged (Mikro 120,
Hettich Italia srl, Milan, Italy) at 13,500 x g for 5 min. The supernatant was eliminated, and the insoluble fraction was dried in a vacuum oven (Vutomatic 50, Bicasa, Milan, Italy) overnight and exactly weighted. Sample solubility was calculated by Eq. 1:

\[
\text{Protein concentrate solubility (\%) } = \frac{S - \text{DIF}}{S} \times 100
\]

where \( S \) is the initial sample weight and DIF is the weight of the dried insoluble fraction.

**WHC and OHC**

Samples (S) were dispersed into distilled water or sunflower oil (0.2 g/mL), stirred using a vortex (Vortex 1, Ika, Milan, Italy) and centrifuged three times for 5 min at 13,900 x g. The supernatant was eliminated, and the pellet obtained was weighted (H). Water and oil holding capacity were calculated as the percentage of water or oil held by the sample, following Eq. 2.

\[
\text{WHC (\%)} \text{ or OHC (\%)} = \frac{H - S}{S} \times 100
\]

**Foaming Properties**

Samples were suspended in water (1% w/w) under stirring for 60 min at room temperature. Aliquots of 10-mL suspension were homogenized (Polytron DI 25 basic, IKA Werke GmbH & Co., Germany) for 3 min at 800 x g in a graduated cylinder and the volumes of foam and liquid phase were measured after 0, 15, 30 and 60 min. The foaming capacity (FC) and the foam stability (FS) were computed following Eq. 3:

\[
\text{FC (\%)} = \frac{V_t}{V_0} \times 100
\]

where \( V_t \) is the volume of foam at time \( t \) and \( V_0 \) is the initial liquid phase volume.

**Data Analysis**

All determinations were expressed as the mean ± standard deviation (SD) of at least three measurements. Analysis of variance (ANOVA) was performed by using R v. 3.1.1 for Windows (The R foundation for statistical computing). A Tukey’s post hoc test was used to assess differences between means (\( p < 0.05 \)).

![Fig. 1 SDS PAGE patterns of gluten concentrate with different pH treated by MIPEF at 0, 20,000 (20 k) and 60,000 (60 k) pulses](image-url)
shown). Between 1500 and 1700 cm\(^{-1}\), all samples exhibited the typical peaks of amide I and amide II, due to C=O and N–H stretching, and bending of the peptide bonds, respectively (Ami et al. 2013). By analyzing the amide I region (1600–1700 cm\(^{-1}\)), marked modifications of protein conformation were detected as a function of protein type and suspension pH. Both pea and gluten concentrates at pH 5 and 6, respectively, did not exhibit substantial changes in protein secondary structure, probably due to the pH vicinity to the isoelectric point. Similar results were observed in rice protein structure independently on pH, indicating the scarce sensitivity of these proteins to electric fields (data not shown). By contrast the disruption of the \(\alpha\)-helix (\(\sim 1650\) cm\(^{-1}\)) was clearly observed in pea and gluten proteins at pH 6 and 5, respectively (Fig. 2a and b). These results indicate the intense effect of electric fields on the strong dipole moment of these protein conformations far from their isoelectric point. Similar effects have been previously reported for proteins exposed to HIPEF treatments (Liu et al. 2010). Figure 2 also shows that \(\beta\)-sheet (\(\sim 1613–1638\) cm\(^{-1}\) and \(\sim 1680\) cm\(^{-1}\)) and random coil (\(\sim 1640–1648\) cm\(^{-1}\)) structures noticeably changed (Carbonaro et al. 2008, 2012; Georget and Belton 2006; Shevkani et al. 2015). As well-known, \(\beta\)-sheets are characterized by little net dipole moment with hydrogen bonds weaker than in the \(\alpha\)-helix. Therefore, the loss of order and consequent destabilization of the secondary structure would occur due to the switch from \(\alpha\)-helix to \(\beta\)-sheet or random coil as well as to the disruption of \(\beta\)-sheets (Giteru et al. 2018; Zhang et al. 2017; Zhao et al. 2012, 2014; Zhao and Yang 2010). Results shown in Fig. 2 indicate that PEF applied at moderate intensity would induce modifications of secondary structure according to mechanisms analogous to those characterizing higher intensity treatments.

The effect of the increase in the intensity of MIPEF treatments resulted strongly dependent on protein type. In fact, a marked loss of original protein conformation was observed in pea proteins exposed even to the lower number of pulses (20,000 pulses), while a further increase in pulse number did not induce additional changes (Fig. 2a). This result indicates that most modifications of energy landscape and bound charges induced by MIPEF do not progressively increase with pulse number, at least in the range here considered. By

![Fig. 2 Content of secondary structures of pea (a) and gluten (b) concentrates at pH 6 and 5, respectively. Means indicated by different letters are significantly different (\(p < 0.05\)).](https://example.com/fig2.png)
contrast, the secondary structure of gluten proteins was modified only at 60,000 pulses probably due to their complex structure (Fig. 2b).

Changes in tertiary structure induced by MIPEF treatment were investigated by measuring absorbance at 280 nm and free sulphhydryl content (Table 1). A decrease in absorbance is correlated to a lower exposure of tyrosine, tryptophan and cysteine, originally exposed on protein surface. Upon exposure to MIPEF, these residues would bury within protein structure (Goldfarb et al. 1951). The decrease in absorbance was observed even at the lower number of MIPEF pulses (20,000). This result confirms data previously acquired by FT-IR, indicating that marked structural changes are already observed upon the application of this pulse number. In the case of pea at both pH, the decrease in absorbance at 280 nm was associated with a decrease in free sulphhydryl content. A similar behaviour was also detected for gluten sample at pH 6. The uppermost driving force of disulphide bonding in conformational changes of proteins under electric stress has been actually reported even for HIPEF treatments (Wei et al. 2009; Zhao and Yang 2009, 2012). A decrease in free sulphhydryl groups is generally attributable to the formation of disulphide bridges at both intra- and intermolecular structural level. Covalent cross-linking would favour transient self-assembly of proteins, potentially leading to the formation of aggregates with modified surface activity and functional properties (Li et al. 2007; Liu et al. 2011; Wu et al. 2016; Xiang et al. 2011b). In gluten suspension at pH 6, the decrease of sulphhydryl groups was clearer as compared to the one observed in pea samples (Table 1). This is probably due to the vicinity of pH to the isoelectric point of gluten proteins (6.2). As a consequence, at pH 6 gluten would present a negligible net charge, while pea proteins, having an isoelectric point equal to 4.5, would be characterized by a prevalence of negative charges. The zeta potentials of gluten and pea proteins were actually measured by DLS and resulted $-3.71 \pm 0.63$ mV and $-14.13 \pm 0.90$ mV, respectively. This confirms that gluten molecules would be more prone to interact by disulphide bonding due to the limited electrostatic repulsion among particles. Table 1 also shows that in gluten and rice samples at pH 5, the decrease in absorbance occurred concomitantly with an increase in sulphhydryl groups. The latter could be due to both the exposure of internal SH groups and the disruption of disulphide bonds, potentially leading to partial protein unfolding. Such behaviour is in agreement with previous studies on soybean and egg proteins exposed to HIPEF (Fernandez-Diaz et al. 2000; Li et al. 2007).

**Effect of MIPEF Treatment on Technological Functionality**

To verify if the observed changes in protein conformation upon MIPEF could be associated with modifications in protein functionality, samples were further analyzed for

| Protein concentrate | pH | Pulses | Absorbance at 280 nm | Sulphhydryl groups (μmol L⁻¹ g⁻¹) |
|---------------------|----|--------|----------------------|-----------------------------------|
| Pea                 | 5  | 0      | 0.552 ± 0.010 a       | 1.90 ± 0.13 a                      |
|                     |    | 20,000 | 0.137 ± 0.008 c       | 0.96 ± 0.06 b                      |
|                     |    | 60,000 | 0.253 ± 0.038 b       | 0.96 ± 0.05 b                      |
|                     | 6  | 0      | 0.435 ± 0.064 a       | 2.03 ± 0.08 a                      |
|                     |    | 20,000 | 0.055 ± 0.025 b       | 1.10 ± 0.08 b                      |
|                     |    | 60,000 | 0.187 ± 0.007 b       | 1.03 ± 0.01 b                      |
| Rice                | 5  | 0      | 0.602 ± 0.016 a       | 0.47 ± 0.05 c                      |
|                     |    | 20,000 | 0.393 ± 0.037 b       | 0.75 ± 0.03 b                      |
|                     |    | 60,000 | 0.374 ± 0.018 b       | 1.03 ± 0.01 a                      |
|                     | 6  | 0      | 0.460 ± 0.009 a       | 0.48 ± 0.04 a                      |
|                     |    | 20,000 | 0.371 ± 0.014 b       | 0.56 ± 0.04 a                      |
|                     |    | 60,000 | 0.343 ± 0.006 c       | 0.41 ± 0.05 a                      |
| Gluten              | 5  | 0      | 0.618 ± 0.086 a       | 1.07 ± 0.05 c                      |
|                     |    | 20,000 | 0.485 ± 0.057 ab      | 2.39 ± 0.12 b                      |
|                     |    | 60,000 | 0.367 ± 0.003 b       | 4.33 ± 0.47 a                      |
|                     | 6  | 0      | 0.872 ± 0.025 a       | 3.28 ± 0.10 a                      |
|                     |    | 20,000 | 0.154 ± 0.026 b       | 1.44 ± 0.06 c                      |
|                     |    | 60,000 | 0.127 ± 0.002 b       | 1.88 ± 0.08 b                      |

For each protein concentrate, pH, and measured property, means indicated by different letters are significantly different ($p < 0.05$)
solubility, capacity of holding water or oil and ability to generate foams. The effect of MIPEF on samples exposed to increasing number of MIPEF pulses is shown in Table 2, with reference to solubility, WHC and OHC.

Solubility of untreated protein concentrates was in agreement with the typical range of plant proteins (around 20% for both pea and gluten, and between 10 and 20% for rice) (Cao et al. 2009; Lu et al. 2019; Majzoobi and Abedi 2014). When MIPEF was applied, in most cases, a significant solubility decrease was observed, regardless protein type and pH conditions. These results are in agreement with previous works that reported downward trend in solubility for egg white proteins after PEF treatments at 25 kV/cm up to 800 μs, due to the formation of insoluble protein aggregates and/or protein unfolding (Wu et al. 2014, 2016). Interestingly, gluten solubility almost doubled after 20,000 pulses at pH 5. The application of electric fields on the protein at pH below its isoelectric point probably favours the exposure of protein charges, enhancing water-protein interactions and thus increasing the overall solubility.

Data relevant to WHC and OHC resulted particularly depending on protein type and pH of the suspension. As observed for solubility, in most cases, significant changes were noticed but in a narrow magnitude range, suggesting a negligible effect of the applied technology. A marked increase in both functional properties was observed only in the case of gluten at pH 6. As previously noted, in the vicinity of the isoelectric point, MIPEF treatments bring on the formation of aggregates stabilized by disulphide bonds (Table 1). The latter is probably able to better entrap both water and oil within the resulting network. In other words, MIPEF would modify the capacity of gluten to interact with the solvent according to mechanisms affected by pH. In the vicinity of the isoelectric point, gluten proteins would interact with water mainly through interactions with exposed hydrophilic groups, while at lower pH the solvent would be also entrapped in the protein network upon interaction with buried groups. In addition, it is not excluded that the dried protein network formed at pH 6 could physically uptake the solvents by capillarity and better hold them within the structure.

Regarding foam formation (Fig. 3), MIPEF caused a scarce effect on rice concentrate foaming (Fig. 3c and Fig. 3d). The limited effect of MIPEF on rice functional properties clearly confirms that the structural changes induced by MIPEF (Table 1) are irrelevant for the final capacity of rice proteins to interact with solvents and stabilize food structures. By contrast, MIPEF increased the foam ability in both pea (Fig. 3a and Fig. 3b) and gluten (Fig. 3e and Fig. 3f), with gluten at pH

| Protein concentrate | pH | Number of pulses | Solubility (%) | WHC (%) | OHC (%) |
|--------------------|----|-----------------|---------------|---------|---------|
| Pea                | 5  | 0               | 21.1 ± 1.2 a  | 264.4 ± 3.3 a | 148.1 ± 11.8 a |
|                    |    | 20,000          | 18.0 ± 0.6 a  | 259.8 ± 1.3 a | 123.4 ± 1.9 b  |
|                    |    | 60,000          | 20.0 ± 0.1 a  | 244.8 ± 1.9 b | 127.0 ± 1.4 b  |
|                    | 6  | 0               | 23.2 ± 0.8 a  | 288.4 ± 4.6 b | 124.1 ± 2.1 a  |
|                    |    | 20,000          | 17.2 ± 2.8 b  | 305.1 ± 4.2 a | 151.0 ± 15.3 a |
|                    |    | 60,000          | 14.9 ± 1.2 b  | 295.5 ± 2.1 ab| 142.4 ± 11.2 a |
| Rice               | 5  | 0               | 13.6 ± 0.8 a  | 160.4 ± 3.2 b | 129.7 ± 7.7 b  |
|                    |    | 20,000          | 7.6 ± 1.7 b   | 224.8 ± 3.2 a | 145.4 ± 3.1 a  |
|                    |    | 60,000          | 8.4 ± 0.6 b   | 214.3 ± 16.6 a| 131.1 ± 1.1 b  |
|                    | 6  | 0               | 16.4 ± 0.6 a  | 161.3 ± 3.9 a | 146.7 ± 9.2 a  |
|                    |    | 20,000          | 9.2 ± 0.6 b   | 150.2 ± 2.1 b | 125.2 ± 3.4 b  |
|                    |    | 60,000          | 10.8 ± 0.6 b  | 151.0 ± 1.5 b | 136.8 ± 1.8 ab |
| Gluten             | 5  | 0               | 16.2 ± 1.5 c  | 84.3 ± 6.6 a  | 199.3 ± 5.7 a  |
|                    |    | 20,000          | 30.1 ± 1.6 a  | 99.5 ± 9.2 a  | 194.9 ± 3.6 a  |
|                    |    | 60,000          | 27.4 ± 0.8 b  | 93.3 ± 2.8 a  | 188.6 ± 9.2 a  |
|                    | 6  | 0               | 25.0 ± 0.9 a  | 63.3 ± 0.1 c  | 175.5 ± 6.1 c  |
|                    |    | 20,000          | 22.4 ± 0.7 b  | 114.7 ± 0.2 a | 201.5 ± 2.7 b  |
|                    |    | 60,000          | 16.4 ± 0.7 c  | 97.8 ± 1.6 b  | 238.8 ± 9.1 a  |

In the same column and pH conditions, means indicated by different letters are significantly different (p < 0.05)
Fig. 3  Foam capacity and stability of pea (a, b), rice (c, d) and gluten (e, f) concentrates at pH 5 and 6 treated at 0 (●), 20,000 (◆) and 60,000 (▲) pulses.

Fig. 4  Schematic representation of the structural changes induced by MIPEF in gluten at pH 5, taken as an example of a protein sensitive to electric fields.
6 exposed to 20,000 pulses showing the best performance. Figure 4 shows a schematic representation of the different mechanisms at the basis of MIPEF-induced modifications in the structure of gluten at pH 5. The latter was chosen as a possible example of proteins sensitive to electric fields. The treatment might cause the cleavage of disulphide bonds, resulting in exposure of SH groups as well as in loss of α-helix and β-sheet structures with concomitant increase in random coil ones. This is in agreement with literature showing a decrease in the ordered structures (α-helices) and an increase in disorder random coils with a concomitant exposure of surface free sulfhydryls (Guan et al. 2010; Liu et al. 2013).

The complex interplay among these different effects might be responsible for an increase in protein solubility and capacity of interacting at the water/air interphase, resulting in higher foaming ability.

Conclusions

In this study, the effects of MIPEF on structural and functional properties of vegetable protein concentrates were evaluated for the first time. Results indicate that the impact of MIPEF is particularly complex since affected by multiple factors concurrent to steer protein energy landscape and potential interactions among particles and with solvents. MIPEF might induce structural rearrangement only on those proteins that are sensitive to electric fields. This is the case of gluten rich in highly reactive sulfhydryl groups, where the disulphide interchange could have a great impact in terms of solubility, foaming capacity and water and oil holding capacity. By contrast, rice and pea proteins, poorer in sulfhydryl groups, might suffer negligible functional changes upon MIPEF treatment. Moreover, other environmental and technological parameters, such as pH, concentration and PEF conditions, could exert a critical role in determining protein conformation and relevant functional properties.

For this reason, in the current state, it is not possible to make generalizations about MIPEF-induced effects on plant proteins. Further research is required to understand MIPEF sensitivity of each protein of interest as well as the potential effects of MIPEF on protein nutritional functionality and the PEF modified proteins behaviour in the human body.

Authors’ Contributions (CASRAI CRediT) S. M.: formal analysis, investigation, visualization, writing – original draft, writing – review and editing; S. C.: conceptualization, resources, supervision, writing – review and editing; G. B.: investigation; L. M.: conceptualization, resources, supervision, writing – original draft, writing – review and editing.

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Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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Code Availability Not applicable.

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