Type 2 Autoimmune Pancreatitis: Consensus and Controversies

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INTRODUCTION

A distinct form of pancreatitis, which is currently regarded as type 2 autoimmune pancreatitis (AIP), was initially identified in 2003 in two pathological studies that histologically reviewed cases of suspected AIP. Descriptive diagnostic terms, such as idiopathic duct-centric pancreatitis and granulocytic epithelial lesion (GEL)-positive pancreatitis, were originally used. After the distinct clinical features of these cases were confirmed, an international expert group proposed the diagnostic term “type 2 AIP” in 2010 in order to distinguish it from the prototypic form of AIP (currently referred to as type 1 AIP or immunoglobulin G4 [IgG4]-related AIP). Since only limited advances have been made in the past 10 years, a more detailed understanding of this condition is needed. Although the incidence of type 2 AIP is expected to be similar among different ethnicities, the incidence of its diagnosis in clinical practice significantly varies among countries or even centers in the same country, indicating the challenges associated with establishing a diagnosis.

Consensus and controversies surrounding type 2 AIP are reviewed herein, with the aim of summarizing what has been discovered and also what remains to be investigated in this condition.

CONSENSUS

1. Consensus 1: type 2 AIP is distinct from type 1 AIP

Although type 2 AIP shares some features with type 1 AIP, these two conditions are distinct without any overlaps. Table 1 summarizes the features of two types of AIP. In contrast to type 1 AIP, which is a pancreatic manifestation of IgG4-related disease, serum IgG4 concentrations are normal or only mildly elevated in type 2 AIP. Serum
IgG4 elevations >300 mg/dL (or >2-fold higher than the normal range) are highly suggestive of type 1 AIP. Since the ratio of serum IgG4/IgG is typical >10% in type 1 AIP and ≤10% in other conditions, this calculation is useful for cases with only a mild IgG4 elevation. Although specific serological markers are not currently available for type 2 AIP, anti-neutrophil cytoplasmic antibodies can be detected in patients with type 2 AIP.

The assessment of extrapancreatic diseases is useful for the typing of AIP. The involvement of other organs in type 1 AIP has been demonstrated in various organs (e.g., the salivary glands, lacrimal glands, retroperitoneum, abdominal aorta, kidneys, and lungs). Extrapancreatic bile duct involvement is not expected in type 2 AIP, and the radiological confirmation of diffuse cholangiopathy is highly suggestive of type 1 AIP.

In contrast, inflammatory bowel disease (IBD) is a single potential extrapancreatic disease in patients with type 2 AIP, with approximately 40% of cases being diagnosed with IBD (75%, ulcerative colitis; 15%, Crohn’s disease; 10%, unclassified). Since the relationship between type 1 AIP and IBD is very weak, AIP that develops in patients with known IBD is most likely type 2. In a French and Belgian multicenter study on IBD patients, 91 were found to have AIP; 89 (98%) had type 2 AIP and only two (2%) had type 1 AIP. IBD is typically diagnosed before or at the same time as an episode of type 2 AIP (80%), but may also develop after the diagnosis of type 2 AIP (20%). Although IBD increases the risk of type 2 AIP and primary sclerosing cholangitis (PSC), cases with both type 2 AIP and PSC have not yet been described in the literature.

2. Consensus 2: type 2 AIP is less common than type 1 AIP

In an international multicenter study, 1,064 cases of AIP were identified. The proportion of type 2 AIP was 14% in the United States, 13% in Europe, and 4% in Asia. However, a recent Korean study reported a higher proportion of type 2 AIP (11%). This difference in the incidence of type 2 AIP in Asia may be due to an increased awareness of this condition, the use of international diagnostic criteria, and the increased availability and quality of endoscopic ultrasound-guided pancreatic biopsy. Therefore, the incidence of type 2 AIP does not significantly differ among ethnic groups. Based on a nationwide study in Japan, the overall prevalence of AIP is 4.6/100,000 population, suggesting that the prevalence of type 2 AIP is approximately 0.5/100,000.

3. Consensus 3: histology is the gold standard for diagnosing type 2 AIP

Since type 2 AIP is a condition discovered by microscopic examination, it is defined by histological features. Serological markers that are highly specific for type 2 AIP have not yet been identified.

Similar to type 1 AIP, type 2 is characterized by a massive inflammatory infiltrate including many lymphocytes and plasma cells. In contrast, the pattern and cellular components of inflammation differ between the two types (Table 1). One significant difference is the distribution of inflammation. In type 2 AIP, periductal inflammation is more pronounced than lobular inflammation (Fig. 1A and B), while type 1 shows a lobule-centered pattern of injury. This difference may be one of the reasons why type 2 AIP less commonly shows a capsule-like rim on imaging than type 1 because this radiological finding represents inflammatory extension from the lobules to pancreatic adipose tissue. Obstructive phlebitis and storiform fibrosis, two characteristic findings of IgG4-related disease, are detected in type 2 AIP, but are less frequent and conspicuous.

The neutrophil-rich nature of inflammation discriminates type 2 from type 1 AIP. Characteristically, many neutrophils infiltrate the epithelial layer of the pancreatic ducts, a finding designated as GEL (Fig. 1C). Intraductal clusters of neutrophils resembling crypt abscesses in IBD often co-exist (Fig. 1D). Neutrophilic infiltration is also present in acini or around small ductules, but is less specif-

| Variable | Type 1 AIP | Type 2 AIP |
|----------|-----------|-----------|
| Mean age, yr | 60 (typically >40) | 30 (including children) |
| Male sex, % | 80 | 50 |
| Serum IgG4 elevation, % | 80–90 | 10 |
| Other organ involvement, % | 50 | 0 |
| Inflammatory bowel disease, % | <5 | 40 |
| Presentation, % | 10 | 60 |
| Pain/acute pancreatitis | 10 | 60 |
| Painless jaundice | 80 | 30 |
| Others | 10 | 10 |

Table 1. Comparison between Type 1 and Type 2 AIP

AIP, autoimmune pancreatitis; IgG4, immunoglobulin G4. *Including upstream sclerosing cholangitis, sialadenitis, dacyroadenitis, tubulointerstitial nephritis, retroperitoneal fibrosis, and peri-aortitis.
ic for the diagnosis of type 2 AIP. In contrast, type 1 AIP and IgG4-related disease in extrapancreatic organs typically lack neutrophilic infiltration or abscess formation.

In contrast to type 1 AIP, which shows diffuse infiltration of IgG4-positive plasma cells, type 2 AIP typically lacks the marked increase in IgG4-positive plasma cells; however, isolated pockets with numerous amounts of these cells are not uncommon. The number of IgG4-positive cells is typically <10 per high-power field (HPF) of biopsy material and <50 per HPF of resected samples of type 2 AIP. Similarly, the IgG4/IgG-positive plasma cell ratio does not exceed 40% in type 2 AIP.

4. Consensus 4: imaging studies are useful for the diagnosis, but not typing, of AIP

Imaging abnormalities of the pancreas are almost indistinguishable between the two types of AIP, with diffuse sausage-like and segmental enlargements being the two most common manifestations (Fig. 2). This is one of the reasons why the same term of AIP is still used for these totally distinct entities. Multifocal hypoattenuation areas may also occur in either type.

Dynamic studies reveal decreased enhancement in the pancreatic phase, homogeneous delayed enhancement in the portal venous phase, and contrast retention in the delayed phase. On magnetic resonance imaging, the affected pancreatic parenchyma typically appeared as hypointense on T1-weighted images and slightly hyperintense on T2-weighted images. A systematic comparison of imaging findings between the two types failed to demonstrate a significant difference, except for the involvement of other organs; however, in our experience, a capsule-like rim and thickening and enhancement of the intrapancreatic bile duct are less common in type 2 AIP. It is important to note that peripancreatic fluid may be mistaken for a capsule-like rim. Peripancreatic fluid often has an irregular border, T2 hyperintensity, and no enhancement.

5. Consensus 5: broad differential diagnosis of type 2 AIP

Due to the tumefactive nature of either type of AIP, the diagnosis of AIP requires the careful exclusion of pancreatic malignancy by imaging studies, tumor markers, and tissue or cytological examinations. Since abdominal pain and the diffuse enlargement of the pancreas are common findings in type 2 AIP, acute interstitial pancreatitis is another differential diagnosis, particularly in young patients.

Type 2 AIP is a potential cause of acute pancreatitis.
in patients with known IBD.\textsuperscript{14} However, a Korean study on 1,106 patients with ulcerative colitis indicated that the estimated prevalence of AIP (including both types) was 0.54%;\textsuperscript{28} therefore, alternative etiologies, such as medication (e.g., mesalamine and azathioprine) and gallstones, need to be considered, in the first instance.\textsuperscript{6} Likewise, in a consecutive, non-selective cohort of acute pancreatitis, only a small proportion of cases were attributable to AIP.\textsuperscript{29} Drug-induced pancreatitis often radiologically mimics type 2 AIP, and a clinical evaluation of the chronological relationship between drug use and the onset of pancreatitis is useful for a differential diagnosis.

The histological diagnosis of type 2 AIP in surgically resected specimens is relatively straightforward, while a biopsy diagnosis remains challenging. Type 2 AIP needs to be discriminated from type 1 AIP by morphological features and IgG4 immunostaining. Correlations with clinical features, particularly serum IgG4 concentrations and other organ involvement, facilitate the diagnosis of cases with non-conclusive biopsy findings. Acute interstitial pancreatitis may be mistaken for type 2 AIP because it is often associated with neutrophilic infiltration into small tubules. The presence or absence of dense lymphocytic infiltration in the background assists in discrimination. Another caveat is that neutrophilic infiltration in the duct epithelium or lobules can be focally detected in peritumoral pancreatitis.

6. Consensus 6: the diagnosis requires a multi-disciplinary approach

A diagnosis of type 2 AIP needs to be established using a combination of imaging abnormalities, biopsy findings, a history of IBD, and responses to steroids. According to the international diagnostic criteria,\textsuperscript{15} an imaging abnormality consistent with AIP is an essential element. Typical radiological findings listed in the criteria include diffuse enlargement with delayed enhancement and long or multiple strictures of the pancreatic ducts without marked upstream dilatation. Findings that are less specific for, but consistent with AIP are focal or segmental enlargement with delayed enhancement and focal or segmental narrowing without marked upstream duct dilatation.

When imaging criteria are met, type 2 AIP needs to be diagnosed in a step-by-step manner, as summarized in Fig. 3. In contrast to type 1 AIP, the diagnosis of which may be established without biopsy, type 2 AIP generally requires the tissue confirmation of neutrophilic infiltration into the ducts or acini.\textsuperscript{13} Without histology, type 2 AIP cannot be diagnosed in patients without history of IBD, even if they show typical imaging features and good response to corticosteroids. AIP not-otherwise-specified is the proposed diagnostic term for these cases.\textsuperscript{13,30} Scarce IgG4-positive plasma cells (<10 cells/HPF) also need to be confirmed by immunostaining.

A steroid trial using 0.6 to 1.0 mg/kg prednisolone

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Fig. 2. Imaging findings of type 2 autoimmune pancreatitis (AIP). The pancreatic head and body show global enlargement with gradual enhancement. The diagnosis of type 2 AIP was confirmed by the presence of a granulocytic epithelial lesion in the pancreatic biopsy. (A) Non-contrast, (B) early phase enhancement, and (C) late phase enhancement.
followed by a reassessment of imaging findings and carbohydrate antigen 19-9 (CA19-9) levels after 2 weeks of treatment can be used as part of the diagnostic process. Definite improvements in pancreatic enlargement and a decrease in CA19-9 levels, if elevated before treatment, are expected. However, a steroid trial needs to be considered with caution because various conditions, including peritumoral pancreatitis, potentially respond to immunosuppression. Pancreatic biopsy needs to be considered before a steroid trial, which veils pathognomonic histological changes.

7. Consensus 7: immunosuppression with corticosteroids is the treatment of choice

Type 2 AIP is a steroid-responsive disorder, and rapid improvements in symptoms and imaging abnormalities are expected within 2 or 3 weeks of the commencement of corticosteroids. Spontaneous regression without immunosuppression has also been documented. In contrast to type 1 AIP, in which relapse is relatively common (30% to 50%), disease relapse is uncommon in type 2 AIP (10%); therefore, maintenance therapy is unnecessary in most patients. Episodes of acute pancreatitis in patients with type 2 AIP are clinically mild without the need for intensive care unit admission, the development of organ failure, or peripancreatic fluid collection. Other less common patterns of presentation include liver dysfunction, non-specific abdominal symptoms, and the incidental detection of a pancreatic mass on images taken for other purposes.

We recently encountered two patients with type 2 AIP who presented with pancreatic duct obstruction, but no mass or parenchymal abnormalities (Fig. 4). They underwent pancreatectomy for a suspected small neoplasm obstructing the main pancreatic duct. Histologically, a lymphoplasmacytic infiltrate with GEL was observed along the ductal system, a finding that is consistent with type 2 AIP. However, the inflammatory process was mostly restricted to the periductal areas, and the parenchyma lacked significant inflammation. These cases suggest that type 2 AIP presents with only duct abnormalities. Due to the lack of characteristic imaging findings, these cases do not meet the current diagnostic criteria of type 2 AIP.

A broader awareness of this condition among gastroenterologists and pathologists may lead to the identification of unusual manifestations of type 2 AIP. Without these studies, the diversity of the clinical and pathological manifestations of type 2 AIP will remain unclear.

2. Controversy 2: is AIP in children always type 2?

This is a debatable topic. Some autoimmune diseases show different characteristics between adult and pediatric patients. In autoimmune hepatitis, type 2 disease char-

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**Fig. 3.** Diagnostic algorithm based on international diagnostic criteria.

AIP, autoimmune pancreatitis; IBD, inflammatory bowel disease; GEL, granulocytic epithelial lesion; NOS, not-otherwise-specified.
Pediatric cases of PSC often have positive autoantibodies and significant inflammatory activity resembling autoimmune hepatitis, and, thus, it is sometimes referred to as autoimmune sclerosing cholangitis. Serum IgG4 concentrations are elevated in 10% to 15% of otherwise typical adult PSC, and this ratio increases up to 40% in pediatric PSC.

A limited number of reports of pediatric AIP are available in the literature and the use of inconsistent diagnostic criteria preclude a systematic comparison between adult and pediatric patients. In 2014, we performed a literature review of pediatric AIP to clarify which type of AIP is dominant in the pediatric population by applying the international diagnostic criteria to reported cases. The 18 cases identified (including two own cases) were classified as definite type 2 AIP (n=10), probable type 2 AIP (n=1), AIP not-otherwise-specified (n=5), and probable type 1 AIP (n=2). The diagnosis of probable type 1 AIP was based on a mildly elevated serum IgG4 level (224 mg/dL) or a borderline increase in IgG4-positive plasma cells (10 cells/HPF).

In 2017, an international multicenter study successfully identified 18 pediatric patients with AIP from the registry database of acute recurrent and chronic pancreatitis, and examined the features of these cases along with reported cases in the literature (n=48 in total). The majority of patients presented with abdominal pain (91%) with or without obstructive jaundice (42%). Serum IgG4 levels were elevated in 22% of patients, and antinuclear antibodies were detected in 29%. The involvement of other organs suggestive of IgG4-related disease was observed in 4% of patients, and IBD was confirmed in 20%. Histology findings were available in 26 children, and most had lymphoplasmacytic infiltration (92%) and GEL (69%). IgG4-positive plasma cell infiltration (>10/HPF) was confirmed in a single case (4%). These findings suggested that most cases of pediatric AIP are type 2. However, it currently remains unclear whether type 1 AIP still, although rarely, occurs in children, if pediatric patients with type 2 AIP have any unique features, or whether the international diagnostic criteria of AIP are applicable to children.

### 3. Controversy 3: is type 2 AIP a pancreas-restricted condition?

Although type 2 AIP is generally recognized as a pancreas-oriented condition, a few studies suggested that a similar GEL-positive duct injury may occur in other or-
We previously examined the expression of various cytokines in pancreatic tissue samples of type 2 AIP. In type 2 AIP, the expression of interleukin (IL)-4, IL-10, and tumor necrosis factor α was almost undetectable, while that of interferon-γ was similar between types 1 and 2 AIP. The expression of IL-8 mRNA was markedly stronger in type 2 AIP (13-fold) than in type 1 AIP. Immunostaining revealed that IL-8 was expressed in neutrophils, T lymphocytes, and the damaged duct epithelium. IL-8-positive cells were scarce in type 1 AIP and peritumoral pancreatitis. Based on strong chemotactic effects for neutrophils, the aberrant expression of IL-8 in the duct epithelium may be an immunological event underlying the development of GEL. Similarly, IL-8-expressing T cells may also contribute to the recruitment of neutrophils to the pancreas. Another interesting finding obtained in that study was that the similar expression of IL-8 in the epithelium was confirmed in colonic biopsies of ulcerative colitis. IL-8 appeared to be positive in the epithelium involving crypt abscesses, suggesting that type 2 AIP and ulcerative colitis share immunological features with neutrophilic epithelial injury, thereby linking the two conditions.

We recently observed an elevated serum IL-8 level of 8.3 pg/mL (normal range <2.0) in a patient with histology-proven type 2 AIP, indicating the diagnostic value of serum IL-8 levels for type 2 AIP. Since serum IL-8 levels are elevated in some patients with pancreatic cancer, this cytokine may not be useful for discriminating between type 2 AIP and pancreatic cancers. However, we still suspect that serum IL-8 in combination with IgG4 may assist in the typing of AIP in patients with suspected AIP. A systematic investigation using a large cohort is needed to establish whether IL-8 may serve as a serum marker for type 2 AIP.

Another pathological study revealed the aberrant expression of programmed death-ligand 1 (PD-L1) in the pancreatic duct epithelium in type 2 AIP. Positive immunoreactivity was identified in 70% of cases of type 2 AIP, but was almost entirely negative in cases of type 1 AIP, other forms of pancreatitis, and the background pancreas around pancreatic cancer (99% specificity). PD-L1 was expressed in the ducts involved in GEL as well as in those without neutrophilic injury. Despite its diagnostic value, the biological significance of this finding remains unclear. The expression of PD-L1 did not correlate with the number of immune cells positive for programmed death 1 (PD-1) or CD8.

These studies investigated selected immunological markers. A large, non-biased, comprehensive analysis of various immunological aspects is awaited. An immunological comparison between type 2 AIP and IBD will clarify whether these two conditions have a pathophysiologic link.
CONCLUSION

The typical clinical and pathological features of type 2 AIP have been characterized. However, unusual manifestations, pathophysiology, and long-term outcomes warrant further research. Large-scale studies are needed to address these aspects, and improvements in diagnostic processes will be a crucial element for the further development of this field.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

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