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Decontamination of N95 respirators against SARS-CoV-2: A scoping review

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A R T I C L E   I N F O

Keywords:
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Face mask

A B S T R A C T

Objectives: This scoping review aimed to map and compile the available evidence regarding the effectiveness of decontaminating N95 respirators against the novel coronavirus (SARS-CoV-2).

Data: We selected studies written in English assessing or discussing the decontamination strategies of N95 respirators against SARS-CoV-2. Two independent researchers performed the search and study screening. A descriptive analysis was carried out considering the study design of the included studies.

Sources: PubMed, SCOPUS, and Preprint platforms (bioRxiv and medRxiv).

Study selection: We included 55 reports from PubMed and SCOPUS. Nine articles were letters to the editors, 21 were in vitro studies, 16 were literature reviews, and 9 were classified as other study designs. We included 37 preprints. Two articles were letters to the editors, 24 were in vitro studies, 3 were literature reviews, and 8 were classified as other study designs. In general, vaporized hydrogen peroxide and ultraviolet irradiation were the strategies most cited and most promising. However, there is a lack of evidence and consensus related to the best method of N95 respirator decontamination.

Conclusion: The evidence regarding decontamination strategies of N95 respirators against SARS-CoV-2 remains scarce. Vaporized hydrogen peroxide and ultraviolet irradiation seem to be the current standard for N95 respirator decontamination.

Clinical significance: Vaporized hydrogen peroxide and ultraviolet irradiation appear to be the most promising methods for N95 respirator decontamination.

1. Introduction

The novel coronavirus, termed SARS-CoV-2, has produced a social disruption globally, with severe consequences for the population’s general health. There are more than 47 million confirmed cases at the present moment, with a cumulative number of deaths of over 1,215,000, according to the World Health Organization (WHO) (updated data can be accessed at https://www.worldometers.info/coronavirus/). Currently, vaccines are still under trial, and there are no effective drugs to treat this disease [1]. Indeed, most of the available evidence supports the proposal that social distancing, wearing masks, and eye protection effectively prevent transmission [2]. Better hygiene (handwashing) and the use of sanitizers have also been found to reduce the spread of the disease (COVID-19) [1,3,4].

WHO has recommended using masks, and governments have established face protection policies for public spaces [4]. The resulting increase in demand and a shortage of market availability have led to price increases for masks [5–9]. Health professionals are at high risk for infection with the new coronavirus, and a lack of adequate protective equipment during critical procedures in infected patients is increasing that risk considerably [10,11]. In Brazil, for example, more nurses and nurse assistants have died due to COVID-19 than any other country [12]; most of them have been infected during their work with infected patients, and in some situations, using home-made masks.

N95 respirators are a type of respirator mask used as facial protection by healthcare providers and are specifically advocated when performing aerosol-generating procedures [7,13]. They present a hermetically sealed fit, and wearers do not breathe the surrounding air unfiltered.
These respirators can filter over 95 % of pollutant particles (>0.3 μm) in the air due to a higher electrostatic charge (which blocks the particles) and have been suggested to be used to reduce the risk of SARS-CoV-2 spread [14]. These masks are intended for single use and, based on the manufacturer’s instructions, they are heat sensitive and not designed to be sterilized; however, due to their high costs and limited availability [6,13], different methods to decontaminate N95 [5,13,15–19] respirators have been discussed to allow multiple usages. Other types of N95 respirator include a mask with a valve designed for people exposed to asbestos and dust.

Decontamination methods can be classified into chemical or physical treatment, dry heat, or moist heat [7]. Such approaches need to fulfill specific criteria: elimination of harmful pathogens; minimal damage to the facemask structure; low toxicity and costs; masks should pass the fit test; the filter capacity of masks should stay the same; and no residue of the decontamination process should remain [7,13]. It is currently unknown which methods to decontaminate N95 respirators are most suitable and should be recommended to healthcare professionals worldwide.

Given the emerging importance of N95 respirator decontamination, a summary of the available decontamination methods would be highly useful. Hence, scoping reviews may be beneficial for a literature overview because they do not aim to answer a particular question, in contrast to systematic reviews. This scoping review, therefore, aimed to map, compile the evidence, and provide a literature overview of the effectiveness of different N95 respirator decontamination strategies against the novel coronavirus based on published studies and preprint material.

2. Methods

This study’s protocol is based on the framework proposed by Peters et al. (2015) [20] and is available at the following link: https://osf.io/4t936/. The reporting of this scoping review was based on the PRISMA Extension for Scoping Reviews [21].

2.1. Eligibility criteria

2.1.1. Inclusion criteria

We selected studies assessing different decontamination strategies of N95 respirators against SARS-CoV-2 or that discussed decontamination strategies; for example, letters, editorials, and literature reviews. No specifications regarding the coronavirus organisms (surrogate or not) used to test decontamination or the decontamination strategies themselves were applied.

2.1.2. Exclusion criteria

Studies discussing the use of N95 respirators that did not mention decontamination methods or discussing other types of respirators were excluded.

2.2. Information sources and search

The search was performed in two databases: Medline (PubMed) and Scopus; only articles written in English were included. The search strategy was based on MeSH terms of PubMed and specific terms of Scopus, and the last search was performed in August 2020.

The following strategies were used:

PubMed

((“Decontamination”[Mesh] OR “Decontamination” OR “Disinfection” OR “Ultraviolet-C” OR “peracetic acid”)) AND (“Masks”[Mesh] OR “Respiratory Protective Devices”[Mesh] OR “Respiratory Protective Device” OR “Device, Respiratory Protective” OR “Devices, Respiratory Protective” OR “Protective Device, Respiratory” OR “Protective Devices, Respiratory” OR “Respirators, Industrial” OR “Respiratory Protective Devices, Respiratory” OR “Respirators, Industrial” OR “Respiratory Protective Devices” OR “Respirator, Industrial” OR “Respirator, Air-Purifying” OR “Respirator, Air-Purifying Respirator” OR “Air-Purifying Respirator” OR “Air-Purifying Respirators” OR “Respirator, Air-Purifying” OR “Respirators, Air Purifying” OR “N95”)) AND (“SARS-CoV-2” OR “Coronavirus” OR “COVID-19” OR “Coronaviruses”)

SCOPUS

“Decontamination” OR “Disinfection” OR “Ultraviolet-C” OR “peracetic acid” AND “Masks” OR “Respiratory Protective Devices” OR “Device, Respiratory Protective” OR “Devices, Respiratory Protective” OR “Protective Device, Respiratory” OR “Protective Devices, Respiratory” OR “Respiratory Protective Device” OR “Respirators, Industrial” OR “Respirators, Industrial Respirator” OR “Industrial Respirator” OR “Respirator, Industrial” OR “Respirator, Air-Purifying” OR “Respirator, Air-Purifying” OR “Respirators, Air-Purifying” OR “Respirators, Air-Purifying Respirator” OR “Air-Purifying Respirator” OR “Air-Purifying Respirators” OR “Respirator, Air-Purifying” OR “Respirators, Air Purifying” OR “N95”)

The following strategies were used:

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The following strategies were used:

((“Decontamination”[Mesh] OR “Decontamination” OR “Disinfection” OR “Ultraviolet-C” OR “peracetic acid”)) AND (“Masks”[Mesh] OR “Respiratory Protective Devices”[Mesh] OR “Respiratory Protective Device” OR “Device, Respiratory Protective” OR “Devices, Respiratory Protective” OR “Protective Device, Respiratory” OR “Protective Devices, Respiratory” OR “Respirators, Industrial” OR “Respirators, Industrial Respirator” OR “Industrial Respirator” OR “Respirator, Industrial” OR “Respirator, Air-Purifying” OR “Respirator, Air-Purifying” OR “Respirators, Air-Purifying” OR “Respirators, Air-Purifying Respirator” OR “Air-Purifying Respirator” OR “Air-Purifying Respirators” OR “Respirator, Air-Purifying” OR “Respirators, Air Purifying” OR “N95”)) AND (“SARS-CoV-2” OR “Coronavirus” OR “COVID-19” OR “Coronaviruses”)

The search was undertaken using EndNote (EndNote X9, Thomson Reuters, New York, NY, US). Two researchers independently identified relevant records by analyzing titles and abstracts for relevance according to the eligibility criteria. Retrieved records were classified as include, exclude, or uncertain. The full-text articles of the included and uncertain records were selected for further eligibility screening by the same two reviewers, again independently. Discrepancies in the screening of titles/abstracts and full-text articles were resolved through a discussion. In case of disagreement, the opinion of a third reviewer was obtained. The study selection of published studies and preprint materials was carried out separately.

2.3. Selection

The search was undertaken using EndNote (EndNote X9, Thomson Reuters, New York, NY, US). Two researchers independently identified relevant records by analyzing titles and abstracts for relevance according to the eligibility criteria. Retrieved records were classified as include, exclude, or uncertain. The full-text articles of the included and uncertain records were selected for further eligibility screening by the same two reviewers, again independently. Discrepancies in the screening of titles/abstracts and full-text articles were resolved through a discussion. In case of disagreement, the opinion of a third reviewer was obtained. The study selection of published studies and preprint materials was carried out separately.

2.4. Data charting and items

We created a form using Excel (Microsoft, Redmond, Washington, US), which was pilot tested by three reviewers to reach a consensus on what data to collect and how. Then, two reviewers extracted the data independently, and a third reviewer evaluated this process. The following data were collected: study design, study objective, decontamination regimens tested, organisms studied, evaluation method, and main findings. The following data were collected for studies only discussing (and not reporting on) decontamination strategies: study design, strategies discussed, and main findings.

2.5. Synthesis

The analysis was performed separately considering the published and preprint materials based on the following structure: 1) study selection analysis; 2) a descriptive analysis of the characteristics of included studies, such as study design and decontamination regimens tested or discussed and; 3) findings of the main methods tested or discussed presenting first reports describing decontamination methods, followed by results of in vitro studies/reports discussing decontamination methods’ availability and feasibility and reviews. We decided to perform a separate descriptive analysis because preprints are preliminary reports of work that have not been certified by peer review.

3. Results

3.1. Published studies

3.1.1. Literature search

The literature search yielded 425 unique titles and abstracts (Fig. 1). Fifty-five articles fulfilled the eligibility criteria from which the data
were extracted. Reasons for exclusion are listed in the Supplemental Material.

3.1.2. Characteristics of included studies

Tables 1 and 2 present the characteristics of the included studies. Related to the study design of included reports, 9 articles were letters to the editors [6,7,13,16,18,22–26], 21 were in vivo studies [5,17,19,27–44], 16 were literature reviews [15,45–59], and 9 were classified as other study designs [60–68]. Considering only the 9 letters to the editors, 3 letters discussed the results of in vitro studies [6,7,13]. Details regarding published in vitro studies are presented in the Supplemental Material.

Related to decontamination regimens tested or discussed, the use of vaporized hydrogen peroxide and ultraviolet irradiation were the regimens most cited. The use of vaporized hydrogen peroxide was in 6 letters [6,7,18,23,25,26], and two of them reported results of in vivo studies [6,7], six in vivo studies [5,32,34–36,39], 13 reviews [15,45–47,49–51–58], and 6 other study designs [60–62,64,65,67]. The use of ultraviolet irradiation was cited in 5 letters [7,18,22–24], and one of them discussed an in vitro study [7], 5 in vitro studies [5,30,32,37,40], 14 reviews [15,45,47,52–58], and 4 other study designs [52,64,65,67].

3.1.3. Vaporized hydrogen peroxide

Five studies reported the process for N95 decontamination with vaporized hydrogen peroxide. Schwartz et al. (2020) described the process implemented at Duke University (US) and demonstrated that vaporized hydrogen peroxide is an efficacious decontamination method that does not cause physical or performance degradation of the masks [25]. Perkins et al. (2020) described the process implemented at the University of New Mexico (US) and reported on the low toxicity of their methods. The authors highlighted the importance of physically assessing masks after decontamination [61]. Grossman et al. (2020) described decontamination using vaporized hydroperoxide employed by Washington University (US). They demonstrated that the entire process requires less than 24 h and showed that it is important to create a workflow to achieve effective decontamination considering pre-processing steps, decontamination, and post-processing steps [60]. Jatta et al. (2020) presented the decontamination using vaporized hydrogen peroxide (59 %) and demonstrated that this approach could be used safely without affecting mask performance [36]. Hankenson et al. (2020) described a process to develop a multiroom animal housing into a vaporized hydrogen peroxide center and found that this method can decontaminate a significant number of masks [34]. Further studies evaluated this latter strategy combined with others or discussed its availability and feasibility. Cadnum et al. (2020) performed an in vitro study and compared the use of a high-level decontamination cabinet that generates aerosolized peracetic acid and hydrogen peroxide with ultraviolet C light and dry heat at 70 °C for 30 min. They demonstrated that aerosolized peracetic acid and hydrogen peroxide are useful for the decontamination of N95 respirators [5]. Fischer et al. (2020) compared four different decontamination methods and demonstrated that vaporized hydrogen peroxide inactivated SARS-CoV-2 and preserved N95 respirator integrity [32]. Ibáñez-Cervantes et al. (2020) demonstrated that hydrogen peroxide plasma could be an alternative for N95 decontamination [35], and Saini et al. (2020) showed that a single cycle of vaporized hydrogen peroxide (7–8%) could decontaminate N95 respirators [39].

Kobayashi et al. (2020) assessed the authority recommendations in the Netherlands, the state governments in the US, the European Commission Directorate-General for Health and Consumers, and the European Medicines Agency regarding the use of vaporous hydrogen peroxide. They found that although this method seems to lead to acceptable decontamination while retaining mask integrity according to visual inspections, this type of decontamination is not available throughout all countries and institutions, and currently, no standard for its application exists [23].

Ten reviews noted that vaporous hydrogen peroxide appears to be a highly promising method for N95 respirator decontamination [45,47,51–53,55,57,58,64].

3.1.4. Ultraviolet C light

Hamzanji et al. (2020) presented a prototype model for N95 respirator decontamination using ultraviolet germicidal irradiation that would allow decontamination of 18–27 masks in one process [22]. Kobayashi et al. (2020) assessed the authority recommendations on
### Table 1
Characteristics of the published studies included considering in vitro studies, letters and other studies designs.

| Article | Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|---------|-----------|---------------------------------------------|-----------------------------|----------------------------------------|---------------------|---------------|
| **IN VITRO STUDIES** | | | | | | |
| Anderegg et al. 2020 | This research studied the effect of five cycles of heating to 85 ºC for 30 min with a relative humidity of 60–85% | Heat and humidity | Bacteriophages MS2, Bacteriophages Phi6, Bacteriophages Phi X174, Acinetobacter baumannii, Vancomycin-resistant, Enterococcus faecium, ND91-producing Klebsiella pneumoniae, Methicillin-resistant Staphylococcus aureus (MRSA), Escherichia coli, Candida auris, Candida albicans, Clostridioides difficile, Bacillus subtilis | Bacteriophage Phi6 methicillin-resistant Staphylococcus aureus MRSA test strain | Authors found that for all of the N95 models we investigated there was no significant difference in filtration efficacy between the test groups of masks and the untreated control masks. |
| Cadnum et al. 2020 | The goal of the current study was to examine the effectiveness of UV-C light and a high-level disinfection cabinet for decontamination of N95 respirators. | Ultraviolet-C Light, Multi-purpose high-level disinfection cabinet that generates aerosolized peracetic acid and hydrogen peroxide and dry heat | Bacteriophages MS2, Bacteriophages Phi6, Bacteriophages Phi X174, Acinetobacter baumannii, Vancomycin-resistant, Enterococcus faecium, ND91-producing Klebsiella pneumoniae, Methicillin-resistant Staphylococcus aureus (MRSA), Escherichia coli, Candida auris, Candida albicans, Clostridioides difficile, Bacillus subtilis | UV-C and humidity | The study found that UV-C reduced contamination of N95 respirators with Phi6 and MS2 bacteriophages and MRSA. However, efficacy varied with different respirator types and with different locations on the respirator. A high-level disinfection cabinet using submicron droplets of aerosolized peracetic acid and hydrogen peroxide was substantially more effective for decontamination of N95 respirators and with 3 consecutive cycles or a single extended cycle achieved >6-log10 reductions meeting criteria for disinfection. |
| Banerjee et al. 2020 | Authors proposed to combine two systems such as Warm Moist Heat standalone and Ultraviolet Germicidal Irradiation standalone to harness the combined synergistic advantages into a hybrid model called Warm Ultra Violet Hybrid Model | UV irradiation and heat treatment | – | – | – | Application wise this hybrid model may be used for medical, industrial, domestic and personal sanitization purposes. Moreover, this model is not only restricted to SARS-CoV-2 but can be used to treat any type of virus/bacteria. |
| Bopp et al. 2020 | To examine the efficacy of autoclave-based decontamination for the reuse of single-use surgical masks and N95 filtering facepiece respirators | Moist heat autoclave | – | – | – | The specific surgical masks and N95 FFR models can withstand autoclave decontamination for up to three cycles |
| Crubry et al. 2020 | Authors assessed potential re-use via autoclaving of N95 respirator masks worn daily in a major urban Canadian hospital | Sterilization by autoclaving | – | – | – | Reuse of N95 respirator masks is feasible in major hospitals and other healthcare facilities. Such reuse requires development of a comprehensive plan that includes communication across staffing levels, from front-line workers to hospital administration, to increase the collection, acceptance of and adherence to sterilization processes for N95 respirator masks recovery |
| Daeschler et al. 2020 | Authors investigated whether thermal disinfection at 70 ºC for 60 min inactivates pathogens, including SARS-CoV-2, while maintaining critical protective properties of N95 respirators for use in the hospital environment | Thermal disinfection in cycles of 60 min at 70 ºC, at either 0% or 50% relative humidity | Escherichia coli | SARS-CoV-2 | CFU | Thermal disinfection successfully decontaminated N95 respirators without impairing structural integrity or function. |

(continued on next page)
| Article                  | Objective                                                                 | Decontamination regimens tested or discussed                                                                 | Organisms tested or discussed                  | Organisms used as coronavirus organism | Method of evaluation                  | Main findings                                                                                              |
|-------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------|---------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------|
| Fischer et al. 2020     | multiple cycles of disinfection and reuse in a real-world setting          | UV light, heat treatment, 70 % ethanol, vaporized hydrogen peroxide                                           | Not reported                                  | HCoV-19 nCoV-WA1 – 2020              | Cytopathogenic effect was scored and the TCID50 was calculated | The initial collection efficiency and the filter breathability may be compromised by sterilization in an autoclave and ethanol treatment. The effect depends on a protective device, particle size, breathing flow rate, type of treatment and other factors. Additionally, physical damages were observed in N95 respirators after autoclaving. Authors did not have access to confirmed COVID-19 samples to test eradication of coronavirus by the hydrogen peroxide fogging system; however, the EPA data for this chemical confirm virucidal activity. |
| Grinshpun et al. 2020   | Authors evaluated common surgical masks and N95 respirators with respect to the changes in their performance and integrity resulting from autoclave sterilization and a 70 % ethanol treatment | Sterilization in an autoclave under 250oF, 15 psi for 30 min, fast exhaust following by drying for 30 min, for 5 times; treatment of facepieces by soaking in 70 % ethanol for two hours | –                                             | –                                    | –                                      | Authors did not have access to confirmed COVID-19 samples to test eradication of coronavirus by the hydrogen peroxide fogging system; however, the EPA data for this chemical confirm virucidal activity. |
| Hankerson et al. 2020   | Authors describes the intensive developmental process that was necessary to convert a multiroom animal housing facility into a regional vaporized hydrogen peroxide decontamination center in response to the impact of the coronavirus pandemic in the United States | Vaporized hydrogen peroxide                                                                                   | –                                             | –                                    | –                                      | Authors did not have access to confirmed COVID-19 samples to test eradication of coronavirus by the hydrogen peroxide fogging system; however, the EPA data for this chemical confirm virucidal activity. |
| Ibáñez-Cervantes et al. 2020 | Authors investigated the disinfection of N95 masks artificially contaminated with SARS-CoV-2 and ESKAPE bacteria by using hydrogen peroxide plasma | Hydrogen peroxide plasma (Acinetobacter baumannii and Staphylococcus aureus)                                  | ESKAPE bacteria                                | SARS-CoV-2                            | Amplification of specific genes by RT-PCR and CFU | Disinfection of N95 masks by using the hydrogen peroxide plasma technology can be an alternative for their reuse in a shortage situation. |
| Jatta et al. 2020       | Authors aimed to use a readily available local resource to prolong our institutional supply of N95 respirators during a crisis capacity while maintaining the safety of frontline providers | 59 % vaporized hydrogen peroxide                                                                             | –                                             | –                                    | –                                      | Authors have successfully demonstrated that N95 respirator decontamination with vaporized hydrogen peroxide at 59 % hydrogen peroxide can be safely utilized to decontaminate single-use N95 respirators without significant effects on filtration efficiency or quantitative fit testing. (deixei isso p discutir caso preciso): Authors believe it is important to note that decontamination methodologies should only be used as crisis capacity as these respirators were designed for single-use. Without appropriate expertise and logistics, the authors would not recommend respirator decontamination and would recommend only extended use of respirators per Centers for Disease Control and Prevention guidelines. The study observes that if a mask will be reused, it should be doffed without touching its surface, and the doffed mask should be put directly into a plastic bag or stainless steel box for steam and avoiding contamination of the surface of other items. They also presume that the masks can be used for up to seven or ten days, if they keep clean and fitted, and have not been damaged by other factors. Therefore, this study is valuable for solving the great shortage of masks in many countries for fighting the COVID-19 pandemic. It can also minimize unnecessary waste and protect the environment for discarding reusable masks. |
| Ma et al. 2020          | The study verified a simple decontamination measure suitable to most people for reuse of MMs and N95Ms. | Steam on boiling water                                                                                       | Avian coronavirus of infectious bronchitis virus H120 | Vaccine strain of avian infectious bronchitis virus H120 | RT-PCR                                 | The study observes that if a mask will be reused, it should be doffed without touching its surface, and the doffed mask should be put directly into a plastic bag or stainless steel box for steam and avoiding contamination of the surface of other items. They also presume that the masks can be used for up to seven or ten days, if they keep clean and fitted, and have not been damaged by other factors. Therefore, this study is valuable for solving the great shortage of masks in many countries for fighting the COVID-19 pandemic. It can also minimize unnecessary waste and protect the environment for discarding reusable masks. |

(continued on next page)
| Article            | Objective                                                                 | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings                                                                                                                                                                                                 |
|--------------------|---------------------------------------------------------------------------|---------------------------------------------|------------------------------|----------------------------------------|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Ou et al. 2020     | To evaluate the filtration performance of three commercially available and two alternative face mask and respirator materials after selected decontamination treatments | Ultraviolet germicidal irradiation, oven heating method (dry heat as 77°C), steam heat treatment method; isopropanol (IPA) (soaking or spraying) | –                            | –                        | –                  | Both IPA soaking and spraying removed most electrostatic charges on all four electret materials (three commercial and one alternative), causing significant deterioration of filtration efficiency to unacceptable level. The other non-electret alternative material sustained its N95-grade performance after both IPA soaking and spraying treatments, demonstrating the possible application of IPA disinfection for non-electret alternative respirator/mask materials. UVGI preserved the filtration of all three commercially available respirator/mask materials after up to 10 treatments, suggesting it can be a possible decontamination method for hospital and clinic use without compromising respirator/mask performance. Between the two heat treatment methods tested, dry heat showed better compatibility with electret material by sustaining both filtration efficiency and fit (tested on commercial respirator only), although adding moisture was reported in favor of virus inactivation. Heat treatment is easily accessible method for general publics to implement at home, while it is recommended to maintain the moisture level below saturation. Authors found that microwave generated steam was potentially effective in decontaminating N95-type respirators, whilst dry heat was potentially effective for the reprocessing of N95-type respirators, providing possible safe reprocessing methods should the procurement of unused PPE fail. |
| Pascoe et al. 2020 | The study aimed to establish effective protocols for the decontamination of respirators using dry heat or microwave generated steam | 70°C dry heat and microwave generated steam | Staphylococcus aureus           | Staphylococcus aureus              | CFU                  | Vaporised hydrogen peroxide-based disinfection method is a suitable process to ensure a safe and effective reuse of PPEs                                                                                         |
| Saini et al. 2020  | The study highlights the utility of vaporized hydrogen peroxide-based strategy to ensure a safe and effective disinfection of PPEs for selective reuse. | Various concentrations of hydrogen peroxide by diluting the hydrogen peroxide stock to 6, 8 and 10% with distilled water | B. stearothermophilus, saprophytic, non-virulent, recombinant laboratory strains of E. coli and M. smegmatis | Not reported          | CFU                  | Authors found that microwave generated steam was potentially effective in decontaminating N95-type respirators, whilst dry heat was potentially effective for the reprocessing of N95-type respirators, providing possible safe reprocessing methods should the procurement of unused PPE fail. |
| Simmons et al. 2020 | Article reports the effectiveness of a pulsed xenon ultraviolet disinfection system in reducing the load of SARS-CoV-2 on hard surfaces and N95 respirators | Pulsed Xenon Ultraviolet | The SARS-CoV-2 working stock was generated from isolate USA-WA1/2020 | The SARS-CoV-2 working stock was generated from isolate USA-WA1/2020 | Plaque assay         | Authors found that Pulsed Xenon Ultraviolet significantly reduces SARS-CoV-2 on hard surfaces and N95 respirators                                                                                           |
| Vo et al. 2020     | The aim of the present study was to develop a test system to evaluate the effectiveness of procedures for decontamination of respirators contaminated with viral droplets | Sodium hypochlorite and UV irradiation | MS2 virus, Escherichia coli     | –                        | –                  | The results demonstrated that the size range of the droplets was 0.5-15 μ and that the majority of the droplet particles were between 0.74 and 3.5 μ in diameter. Treatment with sodium hypochlorite (bleach) was an efficient chemical decontamination method for MS2 virus loaded onto FFRs. Treatment with low sodium hypochlorite doses (2.75–5.50 mg/liter) resulted in approximately 3- to 4-log reductions in the levels of MS2 coliphage, while treatment with higher sodium hypochlorite doses (8.25 mg/liter) resulted in no detectable MS2 virus. UV irradiation was also demonstrated to be an efficient physical decontamination treatment for MS2 virus. Treatment (continued on next page) |
Table 1 (continued)

| Article | Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|---------|-----------|---------------------------------------------|-------------------------------|----------------------------------------|---------------------|---------------|
| Wang et al. 2020 | Authors report a approach for the decontamination of masks using hot water at a temperature greater than 56°C for 30 min | Soaked in hot water at a temperature greater than 56°C for 30 min. The masks were then dried using an ordinary household hair dryer to recharge the masks with electrostatic charge to recover their filtration function | – | – | – | By soaking the masks in hot water at greater than 56°C for 30 min, viruses are killed and the dirt on the surface of the masks is removed. After the mask is dried with a standard hair dryer for 10 min, the static electricity of the surgical mask can be recovered to 90% of the level of a new mask. |
| Woolverton et al. 2020 | The study tested the ability of food-grade silica bead packets to accelerate moisture removal from N95s during 24-h time periods. | Use of food-grade silica bead packets | – | – | – | The study does demonstrate that silica can be used to desiccate an N95, removing moisture that may be generated during the decontamination process using an autoclave or ionized/vaporized hydrogen peroxide, thus enabling the N95 to be more rapidly returned for use. |
| Xiang et al. 2020 | The study aimed to optimize the temperature of dry heat pasteurization to achieve efficient decontamination of masks | Dry heat at 60°C and 70°C for 1 h | Escherichia coli (ATCC25922), Staphylococcus aureus (ATCC25923), Pseudomonas aeruginosa (ATCC27853), Klebsiella pneumonia (ATCC70063), Acinetobacter baumannii (ATCC17978), Corynebacterium pseudodiphtheria (ATCC10701), and Candida albicans (ATCC10231). | H1N1 virus | Culture infective dose assay | "Dry heat at 60°C and 70°C for 1 h can ensure the decontamination of surgical face masks and N95 respirator while maintaining their filtering efficiency and shape for up to at least three rounds of dry heat". |

Method of evaluation:

Reduction as follows:

Ed log (N°/N), where N° is the mean number of viable MS2 phage applied to the control coupons and N is the number of viable MS2 phage recovered from test coupons after decontamination. The efficacy of UV decontamination for viable MS2 was calculated as described for the efficacy of sodium hypochlorite decontamination.

With low UV irradiation doses (4.32-5.76 J/cm²) resulted in 3.00- to 3.16-log reductions in the levels of MS2 coliphage, while treatment with higher UV irradiation doses (7.20 J/cm²) resulted in no detectable MS2 virus.
| Article | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|---------|---------------------------------------------|------------------------------|---------------------------------------|---------------------|---------------|
| Zulauf et al. 2020 | Microwave steam | MS2 phage | MS2 phage | Plaque assay | Microwave-generated steam provides a valuable means of effective decontamination and reuse of N95 respirators. |
| Letters | Burkhart et al. 2020 | Vaporized hydrogen peroxide, ethylene oxide, activated oxygen (often referred to as O3 or ozone) | -- | -- | The SoClean CPAP Sanitizer is a viable method for sterilizing against coronavirus, and therefore, reusing N95 masks or any cloth mask can be achieved with this method. |
| Letters | Carrillo et al. 2020 | Immediate-use steam sterilization (IUSS), using a Steris Amoco Evolution HC1500 PreVac Steam Sterilizer autoclave | It was tested sterilization and it was not tested specific organism | TSI PortaCount Respirator Fit Tester | The data of this study provides a valid base for the use of the IUSS method for decontamination of N95 masks to prevent the spread of the virus SARS-CoV-2 to health care workers. |
| Cheng et al. 2020 | Ionized H2O2 (iHP) | H1N1 | H1N1 (enveloped RNA virus that has similar virological characteristics as coronaviruses) | | This experiment showed that iHP could kill influenza A virus at moderate to high levels of inoculum. And the level of H2O2 on the inner surface of N95 respirators was 0.6 ppm (below the safety limit of <1 ppm) at 2 h and undetectable at 3 h. The speed of H2O2 release from N95 respirators may be variable and affected by the air current. |
| Hamzavi et al. 2020 | Ultraviolet germicidal irradiation (UVGI) | SARS-CoV | -- | -- | UVGI and repurposing phototherapy devices could be the best practical solution at this time. |
| Kobayashi et al. 2020 | Dry heat in a drying cabinet at 65–70 °C (Germany), vaporous hydrogen peroxide (Netherlands, Europe, and the United States), ultraviolet germicidal irradiation and moist heat (Europe and the United States) | -- | -- | -- | The Ministry of Labor and Social Affairs of Germany described the recommended decontamination method for N95 respirators in detail (ie, dry heat at 65–70 °C in a drying cabinet for 30 min). On the other hand, up to 60% of the screened countries did not report any recommendations for extended use or reuse or decontamination of N95 respirators. |
| Li et al. 2020 [[69]] | Ultraviolet light treatment, hydrogen peroxide vapor, moist or dry heat, steam treatment via rice cooker steam | Clinical isolate of methicillin-resistant Staphylococcus aureus (MRSA) and thenoenvolved, single-stranded RNA virus bacteriophage MS2 | Unclear | Calculation of colony-forming units (CFU) or plaque-forming units (PFU) reduction. | The results of the study demonstrate that steam treatment using a rice cooker-steamer is effective for decontamination of face masks and N95 respirators. Investigations of moist heat are also needed as 20 min of exposure to moist heat at 65 °C has been reported to be effective with minimal adverse effects on respirator performance. |

(continued on next page)
| Article                        | Objective                                                                 | Decontamination regimens tested or discussed | Organisms tested or discussed                                                                 | Organisms used as coronavirus organism | Method of evaluation | Main findings                                                                                                                                                                                                 |
|-------------------------------|---------------------------------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Narla et al. 2020             | Letter discussing the importance of the minimum dosage necessary for UVC decontamination of N95 respirators during the COVID-19 pandemic. | Ultraviolet C (UVC)                           | influenza A (H1N1), avian influenza A virus (H5N1), influenza A (H7N9) A/Anhui/1/2013, influenza A (H7N9) A/Shanghai/1/2013, influenza A (H7N9) A/Anhui/1/2013, influenza A (H7N9) A/Shanghai/1/2013 SARS-CoV-2, SARS-CoV and MERS-CoV | –                                      | –                    | The study states that it should also be emphasized that there are significant limitations to UVC decontamination methods due to the variety of respirators used in healthcare facilities. Consequently, this process should only be considered as a risk mitigation effort during severe shortage of N95 respirators but is one of the most effective and best studied options available to front-line personnel. |
| Ozog et al. 2020              | Letter discussing the Importance of Fit-Testing in Decontamination of N95 1 Respirators | Ultraviolet germicidal irradiation (UVGI), hydrogen peroxide vaporization, microwave generated steaming and dry heating | The study discussed about fit-testing performance collected for the different respirator models treated with UVGI. | –                                      | –                    | The data of this study strongly indicates that to protect the safety of the N95 respirator user, fit-testing after decontamination must be done each time a new model is introduced to a healthcare system. This has significant safety implications as varied decontamination methods are being used by different institutions. |
| Schwartz et al. 2020.         | Authors shared processes of Decontamination and Reuse of N95 Respirators with Hydrogen Peroxide Vapor | Hydrogen peroxide vapor 6-log biological indicators (Geobacillus stearothermophilus spores) | Not reported                                                                 | –                                      | –                    | Using hydrogen peroxide vapor is a proven method of decontamination. Authors believe that decontamination of N95 respirators with hydrogen peroxide vapor is one such solution that affords us better ability to protect our health care workers as we continue to tackle this monumental issue. |
| Garg and Garg, 2020           | Unclear                                                                   | UV irradiation, vaporous hydrogen peroxide, moist | –                                                                                | –                                      | –                    | At present, it is unclear if these processes render the masks vulnerable and new research will address (continued on next page) |

OTHERS
| Article                          | Objective                                                                                                                                                                                                 | Decontamination regimens tested or discussed                                                                 | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation                                                                 | Main findings                                                                                                                                                                                                                          |  |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------|---------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------| ---|
| Grossman et al. 2020           | The objective of the paper was to present a just-in-time process created for N95 respirator disinfection using VHP that allows the individual healthcare worker to retain his or her own respirator. | heat, and microwave-generated steam                                                                        | Vaporized hydrogen peroxide  | N95 respirators used by health care workers | After each disinfection cycle, biologic indicators were transferred to commercially available trypticase soy broth (TSB) with a color indicator (Mesa Labs and Steris), and incubated at 56°C for at least 24 h. A negative result indicated a successful disinfection cycle. | questions related to filtration efficiency and mask deformation. The study shows that a reproducible and scalable process for implementing N95 respirator disinfection within a large academic hospital and healthcare system is achievable through multidisciplinary collaboration and rapid adaptation in the setting of the COVID-19 pandemic and critical N95 respirator shortages. |  |
| Juang and Tsai, 2020           | Unclear                                                                                                                                                                                                   | Mask rotation (1 Mask Every 3–4 Days), Heat (at 70°C (158°F) for 60 M in.), Boil (for 5 M in.), Steam Clean (at 125°C (257°F) for 5 M in.) | –                             | –                                     | –                                                                                  | The author presents these methods and he suggest that where there are N95 respirator shortages around the world clinicians consider using one or more of these methods as a bridge until sufficient N95 masks are available. |  |
| le Roux and Dramowski, 2020    | The authors discuss the available PPE preservation strategies and addresses the issue of decontamination and re-use of N95 respirators as a last-resort strategy for critical shortages during the pandemic | Hydrogen peroxide vapour, UVGI (ultraviolet germicidal irradiation), Microwave (generated steam), Methods not currently endorsed owing to limited evidence (Moist heat incubation; Mask rotation; Oxone; liquid hydrogen peroxide/hydrogen peroxide plasma; dry heat; 70% isopropyl alcohol; autoclave; soap; dry microwave irradiation; gamma irradiation; bleach; ethylene oxide) | –                             | –                                     | –                                                                                  | Decontamination of N95 respirators should only be consider as a last resort to ensure a supply of N95 respirators for healthcare workers performing aerosol-generating procedures on patients with suspected/confirmed COVID-19. |  |
| Nogee and Tomassoni, 2020      | Authors propose investigating the use of ultraviolet germicidal irradiation to sterilize masks of SARS-CoV-2 for safer reuse.                                                                         | Ultraviolet germicidal irradiation (UVGI), ethylene oxide and vaporized hydrogen peroxide                  | Influenza viruses, SARS-CoV-2 and SARS-CoV | –                                     | –                                                                                  | The study observes that although further work will be needed to determine dosages of UVGI to effectively sterilize SARS-CoV-2 contaminated FFRs, UVGI provides a potential avenue for greatly extending the limited FFR supply in the face of the ongoing COVID-19 pandemic in a simple, cost-effective, and rapidly deployable manner. Hospitals and healthcare facilities should consider immediate implementation of collection programs for used FFRs in anticipation of near-future sterilization and reuse programs. |  |
| Perkins et al. 2020            | Describe the development of a process that began in late February 2020 for selecting and implementing the use of hydrogen peroxide vapor (HPV) as viable | Hydrogen peroxide vapor (HPV)                                                                              | N95 filtering facepiece respirators used by healthcare personnel | –                                     | Culture and visual inspection                                                        | The data of the study presented in this article are meant to serve as an information sharing tool for other institutions who may wish to set up such processes, particularly for those who do not already have specific HPV chambers already in place. The two most important lessons learned from our experience are: (1) |  |

(continued on next page)
Table 1 (continued)

| Article | Objective | Methods of evaluation | Method of sterilization | Organisms used as organism | Organisms tested or discussed | Decontamination regimen tested or discussed | Findings based on the article reporting |
|-----------------|----------|----------------------|------------------------|---------------------------|-------------------------------|--------------------------------------------|------------------------------------------|
| Prabakur et al., 2020 | The article proposed the potential use of NaOCl and NH2OH to disinfect FFIs in bulk. | | | | | | Authors report a plasmonicphotothermal and additional protective method for N95 respirators. |
| Rowan and Laffey, 2020 | Article discussed common concerns regarding the shortage in supply and the procurement of personal protective equipment. | | | | | | |
| Zhong et al., 2020 | Article discussed common concerns regarding the shortage in supply and the procurement of personal protective equipment. | | | | | | |

3.1.5. Other methods

Different decontamination methods and protocols using heat have been discussed in the literature and found to be promising for N95 respirator decontamination.

The use of moist heat was cited in two letters [7,13], six in vitro studies [17,27,29,31,37,38], and two other study designs [66,67]. Regarding the in vitro studies, Anderegg et al. (2020) demonstrated that moist heat is a scalable method; all masks passed the fit testing and maintained filtration efficiency after five cycles [27]. Bopp et al. (2020) noted that N95 respirators could resist up to three cycles of moist heat [29]. Daeschler et al. (2020) tested different humidity scenarios and found that it is possible to use 50% relative humidity for up to 10 cycles [31]. However, Pascoe et al. (2020) demonstrated that moist heat was effective only in some types of N95 respirators [38].

The use of dry heat was cited in four in vitro studies [32,37,38,43], one review [46], and one other study design [66]. Fischer et al. (2020) and Pascoe et al. (2020) demonstrated that the use of dry heat at 70 °C is effective [32,38], but Fischer et al. (2020) highlighted that this approach is not recommended for more than two rounds [32]. Ou et al. (2020) compared dry and moist heat; dry heat was a better method for maintaining filtration efficiency and fit testing, but by adding moisture, the virus inactivation was higher [37]. Xiang et al. (2020) demonstrated the successful use of dry heat at 70 °C after 1, 2, and 3 h for N95 respirator decontamination [43]. Other methods cited included the deposit of silver nanoparticles [68].

3.2. Preprints

3.2.1. Literature search

Thirty-seven studies fulfilled the eligibility criteria from which the data were extracted (Fig. 1).

3.2.2. Characteristics of included studies

Tables 3 and 4 present the characteristics of the included studies. Related to the study design of included studies, two articles were letters to the editors explaining the results of in vitro studies [70,71], 24 were in vitro studies [16,72–94], 3 were literature reviews [95–97], and 8 were classified as other study designs [98–105]. Details regarding preprint in vitro studies are presented in the Supplemental Material.

Related to the decontamination regimens tested or discussed, the use of vaporized hydrogen peroxide and ultraviolet irradiation were the regimens most cited. Vaporized hydrogen peroxide was cited in one letter [70], 9 in vitro studies [74,76,78,79,81,86,87,92,93], one review...
Table 2
Characteristics of the published reviews included.

| Article                  | Objective                                                                 | Decontamination regimens tested or discussed                                                                 | Organisms tested or discussed                      | Main findings                                                                                                                                                                                                 |
|-------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Boskoski et al. 2020    | The aim of this review was to summarize the protective efficacy of masks and respirators in preventing the spread of respiratory infections and to propose a proper biological decontamination process to take into consideration respirators reuse. | Autoclave, 160°C dry heat, 70 % isopropyl alcohol, soap and water, ultraviolet germicidal irradiation (UVGI), ethylene oxide (EtO), vaporized hydrogen peroxide (VHP), microwave oven irradiation and bleach | H5N1 influenza virus, SARS-CoV and H1N1 influenza  | The study suggests that the UVGI method proved to be a valid alternative to decontaminate N95 respirators, but it requires careful consideration of the type of respirator and of the biological target. |
| Carlos Rubio-Romero et al. 2020 | To consult the scientific literature to identify the main strategies for disinfecting them, and to determine the effectiveness of non-certified disposable masks | Hydrogen peroxide, chlorine dioxide, bleach, alcohol, soap solutions, ethylene oxide, ozone decontamination, etc., and physical methods, such as the use of heat with steam or with dry air, UV rays, gamma irradiation, microwave, etc. | –                                                   | The most promising methods are those that use hydrogen peroxide vapor, ultraviolet radiation, moist heat, dry heat and ozone gas. Soap, water, alcohol, bleach immersion, ethylene oxide, ionizing radiation, microwave, high temperature, autoclave or steam are not fully recommended. |
| Celina et al. 2020      | It was performed an overview on thermal responses and ongoing filtration performance of multiple face mask types | High energy irradiation (gamma-irradiation, UV), hydrogen peroxide, ethylene oxide, the use of heat to decontaminate (microwave), chemical-based sterilization (ethanol or isopropanol) | –                                                   | Authors have focused on two directions to enable the extended use of PPE face masks. One avenue that has also been recognized by others (see recent literature) is the use of thermal exposure for mask disinfection in the 75°C range, subject to confirmation of the most suitable times and temperatures by our bio-medical colleagues. Another strategy, particularly if local resources are limited and institutional large scale mask treatment approaches are not available, the subtle spraying of a mask’s surface with a weak disinfectant solution might be an improvised option to enable some topical disinfection, or at least a refreshing of surfaces that are often touched and could be contaminated. |
| Garcia Godoy et al. 2020 | The purpose of the scoping review is to compile existing evidence on the use and efficacy of medical-grade and alternative forms of facial protection for healthcare workers amidst the growing global shortage. | Ultraviolet germicidal irradiation (UVGI), Microwave irradiation, microwave-generated steam, moist heat, bleach, hydrogen peroxide gas plasma, autoclave, 160°C dry heat, 70 % isopropyl alcohol, soaking in soap and water and boiling water vapour and dry oven heating | SARS-CoV-1                                         | The study shows that overall, strategies involving the use of UVGI, ethylene oxide, dry oven heating and hydrogen peroxide vapor may be most promising for preservation of mask function and integrity. Decontamination with UVGI, moist heat incubation and microwave-generated steam does not appear to significantly affect N95 respirator fit or comfort. Until application of these methods has been adequately investigated in the hospital setting, their safety and effectiveness in the particular context of the SARS-CoV-2 outbreak is unknown. |
| Jinia et al. 2020       | An overview of various sterilization techniques with a particular emphasis on those that have demonstrated capability to inactivate viral population below detectability | Hydrogen peroxide (both vaporized and gas plasma), Heat, UV radiation, Gamma/ X-ray irradiation | –                                                   | Sterilization processes should not compromise the quality and performance of the PPE itself.                                                                                                                |
| Kampf et al. 2020       | Published data were reviewed to find out which temperature and exposure time is necessary for inactivation of coronaviruses. | Thermal disinfection (various temperatures) | SARS-CoV                                           | Overall a thermal disinfection at 60°C for 30 min, 65°C for 15 min and 80°C for 1 min was effective to strongly reduce coronavirus infectivity. Data do not allow to evaluate if the function of a face mask remains unchanged after heat treatment. If thermal disinfection is used for the re-use of masks all institutions should evaluate the effect on their own masks in use, as different brands of masks and different specifications (e.g. with or without cellulose) will react individually towards a combination of time and heat. Easy tests to do are “fitting” and “water-resistance”. In addition, the numbers of re-uses should be traced (mark at the side of mask per cycle) and its effects examined. The authors findings suggest that further work in this area (or translation to a clinical setting) should use a cumulative UV-C dose of 40,000 J/m2 or greater, and (continued on next page) |
| Katie et al. 2020       | To synthesize existing data on the effectiveness of ultraviolet germicidal irradiation for N95 FFR decontamination | Ultraviolet germicidal irradiation | –                                                   | (continued on next page)                                                                                  |
showed that ultraviolet C light is one of the most promising decontamination methods. Two reviews [86, 87, 93]. One review [95] showed that vaporous hydrogen peroxide is effective as a decontamination method of N95 respirators [75, 76, 78, 81, 82, 83]. However, Tommey et al. (2020) highlighted concerns regarding the use of ultraviolet C light as a decontamination method [99, 100, 102, 104, 105]. Moist heat was cited in 6 studies [73, 77, 80, 83, 91, 93] and one other study design [98, 100, 102, 104, 105]. The shortage of N95 respirators may be overcome by extending use and reuse - comprising rotation and decontamination by approved techniques. The methods cited are considered the three most promising decontamination methods.
### Table 3
Characteristics of the preprints included considering in vitro studies, letters and other studies designs.

| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|------------------------------|----------------------------------------|----------------------|---------------|
| **IN VITRO STUDIES** | | | | | |
| Card et al. 2020 | To outline a procedure by which PPE may be decontaminated using ultraviolet radiation in biosafety cabinets and discuss the dose ranges needed for effective decontamination of critical PPE. Furthermore, discuss the obstacles to this approach including the possibility that the UV radiation levels vary within biosafety cabinets. Determining if ultraviolet lights used in biosafety cabinets could be temporarily repurposed for ultraviolet germicidal irradiation decontamination to preserve a dwindling supply of PPE. | Ultraviolet germicidal irradiation | SARS-CoV-2 | Measurements of ultraviolet radiation fluence using a ultraviolet radiation meter and variance. | Authors recognize that institutions will require robust quality control processes to guarantee the efficacy of any implemented decontamination protocol. They also recognize that in certain situations such institutional resources may not be available; while we subscribe to the general principle that some degree of decontamination is preferable to re-use without decontamination. |
| Daeschler et al. 2020 | To investigate whether thermal disinfection at 70 °C for 60 min inactivates pathogens, including SARS-CoV-2, while maintaining critical N95 respirator protective properties for multiple cycles of disinfection and re-use in a real-world setting. | Thermal disinfection (heat at 70 °C for 60 min) | E. coli | SARS-CoV-2 | CFU | Thermal disinfection enables large scale, low cost decontamination of existing N95 respirators using commonly sourced equipment during the COVID-19 pandemic. This process could be used in hospitals and long term care facilities and also provides a feasible approach to expand the N95 supply in low and middle income region. Authors suggested that vaporized hydrogen peroxide system is effective in sterilizing N95 respirators and other polypropylene masks for reuse. |
| Dave et al. 2020 (1) | To develop a cost-effective and scalable device that can sterilize any type of face covering, including N95 respirators. And to validate this system for clinical and community use by demonstrating efficacy for sterilization of surgical N95 respirators due to their widespread use and well-defined standards for minimum performance as dictated by the FDA and NIOSH. | Vaporized hydrogen peroxide | P22 bacteriophage | P22 bacteriophage | Not reported |
| Dave et al. 2020 (2) | Authors experimentally validated the system’s virucidal capability, impact on the filtration efficiency of N95 respirators, and effect on N95 respirator hydrophobicity. | Ozone treatment system | P22 bacteriophage | P22 bacteriophage | Plaque-forming unit | Authors concluded that the ozone system will be effective in eliminating SARS-CoV-2 on various items including PPE. |
| Derr et al. 2020 | This study focused on the ability of the Curis® decontamination system to effectively aerosolize hydrogen peroxide | Aerosolized hydrogen peroxid | SARS-CoV-2, HSV-1, Coxsackie virus B3, Pseudomonas phi6 bacteriophage | SARS-CoV-2 | The number of infectious units, or plaque forming units (PFU) | Authors concluded that aerosolized hydrogen peroxide is a suitable decontamination (continued on next page) |
Table 3 (continued)

| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|------------------------------|--------------------------------------|---------------------|---------------|
| To achieve viral and microbial sterilization of N95 respirators by aerosolized H2O2, while preserving successful respirator fitting by medical staff after multiple cycles of decontamination. | | | | | process to enable reuse of N95 respirators during the COVID-19 pandemic. |
| Doshi et al. 2020 | Authors present a simple method to provide stable humidity and temperature for individual N95 masks which can be simply scaled in low resource settings. | Moist heat (>50 % humidity, 65–80°C temperature) | – | – | Authors demonstrated a highly accessible heating protocol for N95 respirators that achieves 65°C and 50 % humidity for over 30 min without any advanced instrumentation or electricity. |
| Kumar et al. 2020 (1) | Authors sought to determine whether a range of different N95 masks would retain structural and functional integrity after treatment with widely available standard hospital decontamination techniques. Concurrently, we also determined the ability of each decontamination technique to effectively inactivate virus on experimentally inoculated masks. | Standard autoclaving, vaporous hydrogen peroxide exposure, peracetic acid dry fogging system, ethylene oxide gassing and low temperature hydrogen peroxide gas plasma treatment | Vesicular stomatitis virus, Indiana serotype or SARS-CoV-2 | Cells were examined for determination of viral titres via observation of cytopathic effect. Titres were expressed as TCID50/mL as per the method of Reed and Muench | Authors found that one cycle of treatment with all modalities was effective in decontamination and was associated with no structural or functional deterioration. |
| Kumar et al. 2020 (2) | In this context, three types of masks, which are being used most of the countries, include N95, non-woven fabric masks (often called as surgical mask) and self-made two-ply cotton masks are tested for filtering efficiency (before and after sterilisation) with and without gamma sterilisation. Comparison of filtering efficiency of the current work and with the results available in the literature for N95 masks, and testing in accordance with two breath condition (normal and during sneezing) is highlighted. | Gamma irradiation, Hydrogen peroxide, chlorine dioxide, bleach, alcohol, soap solution and ethylene oxide, ozone decontamination, dry/steam heat treatment, UV light sterilization and electron beam | – | – | The gamma sterilization has shown decrease in efficiency from 99 % to about 70 % and still lesser with higher flow rate for ambient aerosols. |
| Liao et al. 2020 | To investigate multiple commonly used and easily deployable, scalable disinfection schemes on media with particle filtration efficiency of 95 % | Heat under various humidities, steam (100 °C heat based denature), 75 % alcohol 4) household diluted chlorine-based solution, ultraviolet germicidal irradiation | – | – | Heating (≤85 °C) under various humidities (≤100 % RH) was the most promising, nondestructive method for the preservation of filtration properties in meltblown fabrics as well as N95-grade respirators. Heating can be applied up to 50 |
Table 3 (continued)

| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|-----------------------------|----------------------------------------|----------------------|---------------|
| Lilge et al. 2020 | Authors present a quantification of the optical absorption and light scattering coefficients for each layer of seven common filtering facepiece respirators | UVGI | – | – | – |
| Ludwig-Begall et al. 2020 | Authors aim to provide information on the effects of three decontamination procedures on porcine respiratory coronavirus-contaminated masks and respirators, presenting a stable model for infectious coronavirus decontamination of these typically single-use-only products. | UV irradiation, vaporous hydrogen peroxide, and dry heat treatment | Porcine respiratory coronavirus | Porcine respiratory coronavirus | Virus titres were calculated using the Reed and Muench method |
| Manning et al. 2020 | To test the effectiveness of ozone on killing Pseudomonas aeruginosa on three different N95 respirators | Ozone | Pseudomonas aeruginosa | Pseudomonas aeruginosa | Kill efficacy was calculated by comparing the number of CFU/mL of the ozone-exposed respirator culture compared to the ambient airesposed controls |
| Massey et al. 2020 | Investigate the use of heat treatment at 75 °C as a potential method for recycling N95 respirators | Heat treatment at 75 °C (dry and humid) | Mouse hepatitis virus | Mouse hepatitis virus | Cytopathic effect for each well was recorded day 3 post-inoculation and TCID50 titer |

Cycles (85 °C, 30 % RH) without observation in the degradation of meltblown filtration performance. Ultraviolet (UV) irradiation was a secondary choice which was able to withstand 10 cycles of treatment and showed small degradation by 20 cycles. However, UV can also potentially impact the material strength and fit of respirators. Finally, treatments involving liquids and vapors require caution, as steam, alcohol, and household bleach may all lead to degradation of the filtration efficiency, leaving the user vulnerable to the viral aerosols. Ultraviolet light germicidal is a reasonable approach for filtering facepiece respirators decontamination to extend a respirator’s usable lifetime when supply chains are restricted during public health emergencies. Both the investment costs and environmental impact are low.

Authors describes successful validation of three decontamination methods, UV irradiation, vaporous hydrogen peroxide and dry heat treatment, in inactivating an infectious coronavirus.
| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|-------------------------------|----------------------------------------|---------------------|---------------|
| Meisenhelder et al. 2020 | Investigate the effects of two potential methods for decontamination; dry heat at 95 °C, and autoclave treatments | Dry heat at 95 °C and autoclave at 121 °C | – | – | – |
| Nazeeri et al. 2020 | Introduce a number of methods which could be developed and validated for use in resource-limited settings. As the pandemic continues to spread in rural areas and developing nations, these would allow for local efforts to decontaminate, restore, and test medical masks. | 70 % ethanol | – | – | – |
| Oral E et al. 2020 (1) | Explore the efficacy of vaporized hydrogen peroxide treatment of N95 respirators against surrogate viruses covering a wide range of disinfection resistance. | Vaporized hydrogen peroxide | Porcine Parovirus (PPV), Bovine viral diarrhea virus (BVDV), Feline Calcivirus (FCV), Herpes Simplex Virus (HSV) and Influenza A Virus (InfA) | Virus titer | – |
| Oral E et al. 2020 (2) | Explore the benefits of using vaporized hydrogen peroxide treatment of N95 respirators for emergency decontamination | Vaporized hydrogen peroxide | SARS-CoV-2 USA-WA1/2020 | SARS-CoV-2 USA-WA1/2020 | Virus titer |
| Oral E et al. 2020 (3) | Explore the efficacy of using moist heat as a decontamination method for an N95 respirator against various pathogens with different resistance | Moist heat | Virus: Bovine viral diarrhea virus (BVDV), Porcine Parovirus (PPV) and Influenza A Virus (InfA) Bacteria: Staphylococcus aureus, Pseudomonas Aeruginosa and Acinetobacter Baumannii | Not reported | Virus: Virus titer; Bacteria: CFU |
| Ozog et al. 2020 | The objective of this study was to determine the effect of UVC on decontamination of SARS-CoV-2 | Ultraviolet C at a dose of 1.5 J/cm² | SARS-CoV-2 USA-WA1/2020 | SARS-CoV-2 USA-WA1/2020 | TCID50 assay |

was calculated using the Spearman and Karber method

widely deployable method to re-use N95 FFRs in emergency situations where re-using FFRs is a necessity and broad-spectrum sterilization is unavailable.

95°C dry heat can be applied for 30 min for at least 5 cycles without significant degradation of either fit or filtration

Authors replicated the drop in efficiency after 70% ethanol treatment, but they found that the efficiency rose again after more effective drying, which we achieved with a vacuum chamber

In this study, one cycle of VHP sterilization (Steris ARD-100®) for the 3 M 1860S N95 respirator was found to be effective in the inactivation of five different viruses with varying resistance to disinfection.

One standard cycle of vaporized hydrogen peroxide (Steris LTS-V) for one type of N95 respirator was found to be feasible in terms of preserving fit and filter efficiency

The obtained results showed the limits of efficacy of moist heat decontamination against various pathogens. Moist heat decontamination under the conditions studied here yielded at least a 5.3 log reduction with no residual colonies against the vegetative bacteria S. aureus, P. aeruginosa and A. Baumannii. On the other hand, the method’s efficacy against the tested viruses varied greatly; it was effective against InfA, modestly effective against BVDV, and not effective at all against PPV.

UVC at a dose of 1.5 J/cm² applied to both sides is effective at decontaminating SARS-
Table 3 (continued)

| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|------------------------------|---------------------------------------|----------------------|---------------|
| Price et al. 2020 | \[\text{Assess the fit factor of filtering facepiece respirators (FFR) after two different disinfection methods (75 °C Hot Air (30 min.) for 10 cycles and UVGI = UV 254 nm, 8 W, 30 min for 10 cycles).}\] | \[\text{Dry heat (75 °C Hot Air) and UVGI}\] | -- | -- | \[\text{CoV-2 on some N95 respirators}\] | These data suggest that UVGI methods of FFR decontamination cause fit failure in more than 40 % of the models tested to date. |
| Rockey et al. 2020 | \[\text{Autros explored how temperature, humidity, and virus deposition solutions impact the inactivation of viruses deposited and dried on N95 respirator coupons.}\] | \[\text{Heat and humidity}\] | \[\text{Two bacteriophages (MS2 and phi6), a mouse coronavirus (murine hepatitis virus, MHV), and a recombinant human influenza A virus subtype H3N2 (IAV)}\] | Virus recovery was determined as the ratio of the control coupon virus titer to the suspended virus solution | \[\text{The study demonstrated the virus inactivation efficacy of heat and humidity treatments for N95 respirator decontamination}\] |
| Smith et al. 2020 | \[\text{Investigate the effect of different decontamination methods on disposable N95 mask integrity and on eliminating the infectious potential of SARS-CoV-2}\] | \[\text{70 % ethanol, ultraviolet light and vaporized hydrogen peroxide}\] | -- | -- | -- | Authors found that any ethanol exposure significantly altered mask integrity and the impact of 70 % ethanol on mask integrity appears time dependent. In fact, thirty minutes after 70 % ethanol application there was even a larger decline in measured integrity, even though the N95 masks felt dry to the touch. Authors did observe a decline in SARS-CoV-2 infectivity after certain decontamination strategies. |
| Wigginton et al. 2020 | \[\text{Evaluate different N95 FFR decontamination strategies and their impact on respirator integrity and inactivating multiple microorganisms}\] | \[\text{Dry heat, ethylene oxide, pulsed xenon UV, hydrogen peroxide gas plasma and vaporized hydrogen peroxide}\] | \[\text{Four viruses (MS2, phi6, influenza A virus, murine hepatitis virus), three bacteria (Escherichia coli, Staphylococcus aureus, Geobacillus stearothermophilus), and the fungus Aspergillus niger.}\] | Murine hepatitis virus | Infectivity assays | Results suggest that either moist heat (82 oC + 62 - 66% RH) or vaporous hydrogen peroxide can address the hospital’s needs; however, each approach has notable limitations compared to the initial conditions, the filtration efficiencies of KN95 and N95 respirators increased after heat treatments; however, the filtration efficiencies stayed within a certain range after 60 min of heat treatment rather than a steady rise. |
| Yim et al. 2020 | \[\text{Authors reported the filtration efficiency, dipole charge density, and fiber integrity of pristine N95 and KN95 respirators before and after various decontamination methods}\] | \[\text{Dry Heat}\] | -- | -- | -- | Authors found that Bioquell hydrogen peroxide vapor has high virucidal activity for N95 respirators inoculated with aerosolized virus. Use of a Bioquell machine can be scaled to permit simultaneous (continued on next page) |
| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|------------------------------|----------------------------------------|----------------------|--------------|
| Ruzic et al. 2020 | Demonstrate that an atmospheric-pressure plasma generated by the microwave oven can decontaminate the respirator. | Microwave oven | Tulane virus in artificial saliva and Geobacillus stearothermophilus spores. | Not reported | Unclear | sterilization of a large number of used but otherwise intact respirators. Hydrogen peroxide vapor reprocessing may ease shortages and provide a higher filtration crisis alternative to non-NIOSH masks. The plasma species generated in this manner are capable of decontamination in 30 s and anyone with a microwave oven and a few simple household items can create a N-95 respirator decontamination unit for emergency use. |
| OTHERS | | | | | |
| Cramer et al. 2020 | To evaluate a recently developed technology, ionized hydrogen peroxide, specifically the SteraMist Binary Ionization Technology® from TOMI, as a method for sterilizing N95 masks and other PPE | Ionized hydrogen peroxide | Not reported | Not reported | It was measured with bacterial spores in standard biological indicator assemblies. | Authors support the use of the SteraMist ionized hydrogen peroxide technology as a sterilization method for reuse of N95 masks, including many of the most commonly used models, following pre-treatment with an ionized hydrogen peroxide handheld delivery device. The system presented is scalable and can be created for less than 50 US dollars, on site, at the point of need, and leverages resources that are currently untapped and sitting unused in public and private research facilities. |
| Gilbert et al. 2020 | To document procedures to build a similar type of UVGI irradiation platform with off-the-shelf components from the hardware store and UVGI bulbs sold online or from biosafety cabinets (class I, II, or III) that are ubiquitously found throughout academic research and industrial centers around the world. | Ultraviolet germicidal irradiation (UVGI) | – | – | – | The system presented is scalable and can be created for less than 50 US dollars, on site, at the point of need, and leverages resources that are currently untapped and sitting unused in public and private research facilities. |
| Huber et al. 2020 | Authors review the available literature concerning use of germicidal ultraviolet-C (UV-C) light to decontaminate N95 masks and proposed a practical method for repeated point-of-use decontamination, using commercially-available UV-C crosslinker boxes from molecular biology laboratories or a simple low-cost, custom-designed and fabricated device to expose each side of the mask to 800-1200 mJ/cm² of UV-C. | Ultraviolet-C germicidal irradiation | – | – | – | Authors reviewed the efficacy of UV-C decontamination for N95 s, considering factors such as UV transmittance to different layers of the mask, viral sensitivity to UV-C, and potential photodegradation of masks. They also presented the Local UV Box, a practical, low-cost device for small-scale UV-C decontamination of N95 masks. This device assures that a consistent dose of UV-C is applied to the masks, enabling reliable |
| Authors          | Objective                                                                 | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings                                                                 |
|------------------|---------------------------------------------------------------------------|---------------------------------------------|-------------------------------|---------------------------------------|----------------------|--------------------------------------------------------------------------------|
| John et al. 2020 | A multidisciplinary pragmatic study was conducted to evaluate the use of an ultrasonic room high-level disinfection system (HLDS) that generates aerosolized peracetic acid (PAA) and hydrogen peroxide for decontamination of large numbers of N95 respirators. | Ultrasonic room high-level disinfection system that generates aerosolized peracetic acid and hydrogen peroxide | Bacteriophage MS2 and Geobacillus stearothermophilus spores | Bacteriophage MS2 and Geobacillus stearothermophilus spores | CFU or PFU | decontamination and repeated reuse without substantial mask photodegradation. Authors found that a ultrasonic room high-level disinfection system that generates aerosolized peracetic acid was effective for the decontamination of N95 respirators with a short cycle time. No adverse effects on filtration efficiency, structural integrity, or strap elasticity were detected after 5 treatment cycles. The ultrasonic room high-level disinfection system that generates aerosolized peracetic acid system provides a rapidly scalable solution for hospitals requiring in-hospital disinfection of N95 respirators. |
| Kayani et al. 2020 | To present the Synchronous UV Decontamination System (SUDS), a novel device for rapidly deployable, point-of-care decontamination using UV-C germicidal irradiation. | Ultraviolet germicidal irradiation (UVGI) | – | – | – | Authors designed a compact, easy-to-use device. This short decontamination time should enable care-providers to incorporate decontamination of FFR into a normal donning and doffing routine following patient encounters. The data-driven protocol outlined passes the important tests of temperature stability and repeatability on a single machine. |
| Lensky et al. 2020 | Authors propose a dry-heat decontamination method, using industrial dryers as the heat source. | Dry-heat | – | – | – | Herein authors have devised a methodology that leveraged local resources and supplies to execute a local robust, data-driven, replicable UVGI-based decontamination process. |
| Schnell et al. 2020 | To present a locally-implemented ultraviolet-C germicidal irradiation (UVGI)-based FFR decontamination pathway, utilizing a home-built UVGI array assembled entirely with previously existing components available. | Ultraviolet Germicidal Irradiation | – | – | – | Authors introduce a new technique using photochromic UV-C indicators to address critical challenges hindering UV-C decontamination processes. |
| Su et al. 2020 | Introduce a photochromic UV-C dose quantification technique for: (1) design of UV-C treatments and (2) inprocess UV-C dose validation | UV-C decontamination | – | – | – | |
maintained their properties after three cycles [103].

Other methods cited included ozone [74,82] and 70% ethanol [85, 92]. Dave et al. (2020), and Manning et al. (2020) demonstrated that ozone is effective as a disinfection method [74,82], and Manning et al. (2020) highlighted that this method did not degrade mask properties [82]. Nazeeri et al. (2020) showed that the use of a vacuum chamber is important after 70% ethanol treatment to recover filtering efficiency [85].

4. Discussion

This study discussed the evidence about the effectiveness of decontamination strategies of N95 respirators against the novel coronavirus. Our results demonstrate a lack of evidence and consensus related to the best method for N95 respirator decontamination. However, vaporized hydrogen peroxide and ultraviolet irradiation were the regimens most cited and seemed to be the most promising methods for such decontamination.

Hydrogen peroxide vapor decontamination is common in different fields and facilities, including scientific, pharmaceutical, and medical ones. The method has low toxicity and uses the catalytic reduction of peroxide to oxygen and water [106]. However, it requires a specific room and equipment to achieve effective decontamination and, hence, is rather expensive. Ultraviolet irradiation is a decontamination method using ultraviolet light to inactivate microorganisms through RNA damage and cell function disruption [107]. This method has limitations due to different masks requiring a variety of irradiation dosages; a high dosage, in turn, could result in increased toxicity and mask structural damage. Moreover, this approach also needs specific equipment, limiting its availability.

Ideally, any decontamination method should eliminate all pathogens and maintain mask integrity and filter capacity at low toxicity and cost. Today, no one method fulfills these criteria, and the extended use of masks seems to be an appropriate, low-cost approach for overcoming the discussed availability limitations. Current recommendations consider mask-wearing periods between 4 and 40 h [23]. Notably, additional protection, such as face shields and strict adherence to hand hygiene practices is necessary, particularly if extending mask-wearing periods [108].

Outcomes such as mechanical integrity and performance of N95 respirators should be observed when assessing decontamination strategies of such respirators because decontamination may come at a price;

Table 4

| Objective | Decontamination regimens tested or discussed | Organisms tested or discussed | Organisms used as coronavirus organism | Method of evaluation | Main findings |
|-----------|---------------------------------------------|--------------------------|--------------------------------------|----------------------|--------------|
| Birgand et al. 2020 | Ultraviolet germicidal irradiation, Vaporous hydrogen peroxide and Moist heat | Not reported | SARS-CoV-2 | Not reported | Authors discussed that reuse of masks was recommended in several countries, specially in period of shortage of supplies. However, some organizations as CDC and NIOSH did not recommend that F95/99 be decontaminated or reused as standard care. Still, in times of crisis, this option may need to be considered when FFP2/3 shortages exist, recommending ultraviolet germicidal irradiation, vaporous hydrogen peroxide, and moist heat showing the most promise potential for decontamination. |
| Derraik et al. 2020 | Ultraviolet germicidal irradiation and heat treatments | – | – | – | Authors proposed a protocol based on an initial storage of PPE for ≥4 days, followed by ultraviolet light, dry heat treatment, or chemical disinfection. |
| Toomey et al. 2020 | Microwave and heat based treatments, chemical disinfectants, ultraviolet germicidal irradiation, disinfectant wipes, gamma irradiation and ozone decontamination | – | – | – | There is considerable discrepancy to the extent that no single reprocessing method is supported by all the guidance documents. The intervention with most support is vaporized hydrogen peroxide, though one document cautions about chemical residues and another indicates it has only been tested with some of the respirator models in common use. Similarly, ultraviolet germicidal irradiation receives both cautious support and concerns about inadequate decontamination because of incomplete penetration into deeper layers of the filter. Moist heat is cited as promising, though there are concerns when steam is microwave-generated where there may be uneven heating and where the metal nose band may generate sparks. |

Findings based on the article reporting.
decontaminated but ineffective masks are not useful and can even be dangerous. Ozog et al. (2020) indicated that fit testing must be performed after decontamination, and if decontamination is achieved but the masks lose their integrity, further usage should be stopped [18]. Hence, both integrity and performance should be prioritized when implementing decontamination strategies, although not all included studies concomitantly tested decontamination and subsequent mask performance.

Our study presents some limitations. First, because this was a scoping review, we did not conduct a risk of bias/quality assessment of the included studies. Second, we included only studies in English. Third, the included studies present different designs and protocols, making it difficult to compare the results, particularly because many N95 respirator brands are available on the market, different regimens were tested, and individual scenarios of wearers (such as the influence of cosmetics or sunscreen use for ultraviolet decontamination) are difficult to test. Further, many studies presented severe limitations, including small sample size and poor quantitative data reporting. Fourth, we included articles discussing decontamination methods based on opinions rather than evidence, making it difficult to provide more general conclusions and recommendations, and we included preprint studies; however, these are preliminary reports of works that have not been certified by peer review results and should, therefore, be interpreted with caution. Finally, we included different reviews that could generate an overlap of papers; however, 34 preprint reports (not considering preprint reviews) were included, but they were not part of the 16 published reviews.

The global COVID-19 pandemic is still currently accelerating. The shortage of protective equipment, particularly for healthcare workers, indicates that more investigations for safely decontaminating N95 respirators are necessary. The availability and cost-effectiveness of decontamination should also be considered in future primary studies.

5. Conclusion

The evidence supporting appropriate decontamination strategies of N95 respirators against the novel coronavirus remains scarce. Vaporized hydrogen peroxide and ultraviolet irradiation are the current standard for these respirators. However, cleaning is an essential step prior to decontamination, and decontamination methods should be followed by fit testing. Further, the extended use of masks appears to be an effective, low-cost approach to overcome the global shortage of N95 respirators.

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Declaration of Competing Interest

The authors report no declarations of interest.

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Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:https://doi.org/10.1016/j.jdent.2020.103534.

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