Progress Report

2D Transition Metal Dichalcogenides: Design, Modulation, and Challenges in Electrocatalysis

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Hydrogen has been deemed as an ideal substitute fuel to fossil energy because of its renewability and the highest energy density among all chemical fuels. One of the most economical, ecofriendly, and high-performance ways of hydrogen production is electrochemical water splitting. Recently, 2D transition metal dichalcogenides (also known as 2D TMDs) showed their utilization potentiality as cost-effective hydrogen evolution reaction (HER) catalysts in water electrolysis. Herein, recent representative research efforts and systematic progress made in 2D TMDs are reviewed, and future opportunities and challenges are discussed. Furthermore, general methods of synthesizing 2D TMDs materials are introduced in detail and the advantages and disadvantages for some specific methods are provided. This explanation includes several important regulation strategies of creating more active sites, heteroatoms doping, phase engineering, construction of heterostructures, and synergistic modulation which are capable of optimizing the electrical conductivity, exposure to the catalytic active sites, and reaction energy barrier of the electrode material to boost the HER kinetics. In the last section, the current obstacles and future chances for the development of 2D TMDs electrocatalysts are proposed to provide insight into and valuable guidelines for fabricating effective HER electrocatalysts.

1. Introduction

Fast-growing energy consumption has drawn great attention to the investigation of sustainable energy sources.[1–7] Notably, hydrogen (H₂), as one burgeoning promising energy carrier, owns a relatively high energy density (about 140 MJ kg⁻¹) compared to other chemical fuels, and shows its ability to be the promising substitute for fossil energy.[8–15] In industry, steam reforming technique is the mainly used strategy to produce hydrogen, but this method may cause the undesirable environment pollution. In comparison, electrolysis of water will be a more ecofriendly method to produce hydrogen, but in order to reduce the electricity consumption and accelerate the reaction kinetics for HER process, electrocatalysts are commonly
utilized. So far, platinum (Pt), iridium (Ir), and some other precious-metal-based compounds are the best electrocatalytic materials for HER; nonetheless, the scarcity and exorbitant price have restricted their large-scale application. Therefore, developing HER catalysts with cheap but effective materials, which shows similar property to Pt-group metals (PGMs), has drawn significant attention. In the past decades, transition metals and their related compounds have been prepared and utilized as catalysts for water electrolysis, and some of them even shows the similar HER activity compared to PGM based catalyst. In particular, 2D TMDs nanosheets (NSs), for example, molybdenum diselenide (MoSe$_2$), tungsten diselenide (WSe$_2$), tungsten disulfide (WS$_2$), and molybdenum disulfide (MoS$_2$) are increasingly attracting attention owing to their excellent catalytic property.

Compared to other earth-abundant catalysts, the 2D TMDs show some unique characteristics: 1) the 2D layered structure enables the TMDs-based electrocatalysts to offer an increased specific surface area with plentiful reaction sites for HER; 2) the measured in-plane resistivity of 2D TMDs NSs is smaller than the resistivity through the basal planes, which would lead the electrons to transport more easily along the basal plane and reach the catalytic sites at the edges; and 3) the d orbitals of different transition metals are various, which results in versatile electronic structures of TMDs, which eventually leads to distinct catalytic behavior. Moreover, as one of the earliest studied electrocatalysts, MoS$_2$ and other TMDs catalysts exhibit significant boost in their catalytic activity over the last decade. Further, their HER catalytic mechanisms are deeply investigated and comprehensively understood, which provide valuable insight into the development of new HER catalysts.

Herein, some of the recent important progresses of TMDs-based HER electrocatalysts will be summarized. Owing to the rapid development in this booming field, we may not be able to cover the entire body of explorations related to TMDs electrocatalysts. Instead, fundamental understanding of preparation and modulation strategies is highlighted and reviewed herein, which aims to provide the readers with a clear perception of the development methodologies of 2D TMDs. After the background introduction, the universal methodologies for the preparation of 2D TMDs electrocatalysts, e.g., exfoliating the bulk materials, hydrothermal method, and chemical vapor deposition (CVD) are outlined. Next, the advantages and potential applications of different methodologies are also presented. Subsequently, this review mainly provides in-depth insight into the strategies promoting the HER activity of TMDs-based materials, including increasing active sites number, heteroatoms doping, phase engineering, constructing heterostructures, and synergistic modulation. Finally, challenges and opportunities of 2D TMDs electrocatalysts for the hydrogen production technologies in future are proposed.

2. Electrochemical HER

2.1. Mechanism of HER

Two half reactions happened on the different electrodes make up the integrated electrocatalytic water splitting process: the HER process and the oxygen evolution reaction (OER) process

$$\text{H}_2\text{O} \rightarrow \text{H}_2 + \frac{1}{2}\text{O}_2 \quad (I)$$
In fact, there exist two different reaction mechanisms for HER in the electrolyte:

Volmer–Tafel (V–T) mechanism: In this mechanism, a transferred electron first combines with a proton and is adsorbed by the catalyst, forming the adsorbed hydrogen atom (H$_{ads}$) at the active site of the catalyst (which is also called Volmer or discharge reaction step); subsequently two H$_{ads}$ combine and generate H$_2$ gas (the Tafel step). This mechanism can be described as follows (the symbol "*") represents the hydrogen adsorption site)

Volmer step: $\text{H}^+(\text{aq}) + e^- + * \rightarrow \text{H}_2\text{ads}$  \hspace{1cm} (2)

Tafel step: $2\text{H}_2\text{ads} \rightarrow \text{H}_2(\text{g}) + 2 *$  \hspace{1cm} (3)

Volmer–Heyrovsky (V–H) mechanism: Different from the V–T mechanism, after the Volmer reaction, the H$_{ads}$ tends to combine with a H$^+$ in electrolyte and another transferred electron from external circuit and subsequently H$_2$ gas is formed (the Heyrovsky step). In this circumstance, the HER process goes through the following route

Volmer step: $\text{H}^+(\text{aq}) + e^- + * \rightarrow \text{H}_2\text{ads}$  \hspace{1cm} (4)

Heyrovsky step: $\text{H}_2\text{ads} + \text{H}^+(\text{aq}) + e^- \rightarrow \text{H}_2(\text{g}) + 2 *$  \hspace{1cm} (5)

Moreover, the HER process is also a pH-dependent reaction. The processes in acidic and basic solutions show some differences, mainly in the Volmer step. In acidic media, the H$^+$ is abundant, which indicates that the hydrogen adsorption sites can obtain the protons easily via Volmer reaction. Further, the H$_{ads}$ goes through Tafel or Heyrovsky step to generate H$_2$ gas (shown in Figure 1a). However, when the basic medium is used as the electrolyte (alkaline or neutral), the HER process is restricted because of the lack of proton, and the water molecules (H$_2$O) have to act as the proton donator for the subsequent reactions, which will be dissociated into H$^+$ and OH$^-$ at the first step. This is the origin for the sluggish reaction rate for HER in basic media (as shown in Figure 1b).

2.2. Primary Parameters for Evaluating Catalytic Activity of the Catalysts

Notably, some primary parameters are usually used to evaluate the catalytic performance for a certain material. It is extremely important to deeply understand these parameters for designing an efficient catalyst. In the following sections, some widely recognized parameters are introduced.

2.2.1. Gibbs Free Energy and Overpotential ($\eta$)

Regardless of different reaction mechanisms mentioned above (the V–T mechanism or V–H mechanism), the H$_{ads}$, which is intermediately generated during the mutual Volmer reaction, is always required for following HER step. Therefore, the Gibbs free energy for adsorbing hydrogen atom ($\Delta G_{\text{H}^*}$) is a commonly used parameter to describe the HER performance for the catalysts.\cite{54-57} According to the Sabatier plot (also known as the Volcano plot, Figure 2),\cite{53} the free energy for adsorption of reactants and reaction intermediates should be neither too low nor too high ($\Delta G_{\text{H}^*} \approx 0$, i.e., is the idealist value).\cite{50,54,58} PGMs usually demonstrate nearly zero $\Delta G_{\text{H}^*}$ and highest exchange current density, which results in the best catalytic performance toward HER. Metals on the left of the Pt group ($\Delta G_{\text{H}^*} < 0$) bind strongly to hydrogen, making the first Volmer step relatively easy; nonetheless, it results in a difficult hydrogen desorption step, thus affecting the following Tafel or Heyrovsky steps and eventually poisoning the catalyst surface. In contrast, if the metals are located at the right side of Pt group ($\Delta G_{\text{H}^*} > 0$), a relatively weak binding ability toward hydrogen molecule is observed; therefore, to start the Volmer step, more energy is needed, which limits the overall catalytic performance. Therefore, $\Delta G_{\text{H}^*}$ is an important evaluation criterion for screening the potential electrocatalysts for HER. MoS$_2$, as a typical TMDs, has a modest value of $\Delta G_{\text{H}^*}$, which is close to the PGMs, and indicates the potential as a highly efficient HER catalyst (Figure 2).\cite{53}
2.2. The Tafel slope and Exchange Current Density ($j_0$)

As a frequently used parameter, the Tafel slope is used to uncover correlation of catalytic current density ($j$) and $\eta$ which can be obtained from the Butler–Volmer kinetic model\(^{64,65}\):

$$\eta = \frac{2.3RT}{\alpha nF} \log \frac{j}{j_0}$$  \hspace{1cm} (6)

In this equation, $R$ and $F$ are two constants, which represent ideal gas constant (8.314 J mol\(^{-1}\) K\(^{-1}\)) and Faraday constant (96 485 C mol\(^{-1}\)), respectively. $T$, $\alpha$, and $n$ represent temperature, electrochemical transfer coefficient, and electrons that transferred, respectively. $j$ and $j_0$ represent catalytic and exchange current densities, respectively.

Tafel slope $b$ (mV dec\(^{-1}\)) could be written as

$$b = \frac{2.3RT}{\alpha nF}$$  \hspace{1cm} (7)

Notably, the value of $b$ can be acquired by fitting of the Tafel plot within the linear portion. This value can be further used to deduce the catalytic mechanism occurring at the electrode.\(^{66}\)

At room temperature, the Tafel slopes for Tafel, Heyrovsky and Volmer steps were calculated to be about 30, 40, and 120 mV dec\(^{-1}\), respectively.\(^{67}\) The calculated Tafel slope indicate that, if the $b$ is more than 120 mV dec\(^{-1}\), the RDS is the Volmer reaction, and the hydrogen atoms is too sluggish to be adsorbed on the catalysts surface. If the $b$ is between 40–120 mV dec\(^{-1}\), Heyrovsky reaction becomes the RDS, and the hydrogen atom can get adsorbed on the catalyst surface more easily, but will be desorbed slowly. However, if the value of $b$ turns out to be about 30 mV dec\(^{-1}\), Tafel reaction will be regarded as the RDS. This situation is usually observed from the Pt/C catalyst. Therefore, by referring to the Tafel slope, main HER pathway for a certain catalyst can be roughly inferred.

$j_0$ is another descriptor to evaluate the ability of charge transfer from the electrode to the electrolyte, which is also a vital parameter to estimate the HER activity of the electrocatalysts. Larger value of $j_0$ indicates a higher intrinsic activity under equilibrium conditions for the electrode material. In general, extrapolating the Tafel plots along its linear part to the point when the $\eta$ becomes zero, the exchange current density is obtained.\(^{68,69}\)

2.2.3. Other Useful Descriptors for HER

Besides the useful parameters mentioned above, other indicators such as electrochemically active surface area (ECSA), turnover frequency (TOF), stability, and faradaic efficiency (FE) are also important descriptors to assess the catalytic activity for a material. In particular, the ECSA is important for the evaluation of the HER or OER performance, because its value reflects the approximate information about the quantity of active sites on the catalysts’ surface. Although maybe not all sites could show catalytic activity in the reaction, the ECSA can still serves as a reference for evaluating the performance.\(^{70–72}\) For the comprehensive investigation of a catalyst’s activity (in particular, the well-defined molecular catalysts), the efficiency of each active site should be investigated. The TOF is used to evaluate the quantity of the generated $H_2$ molecules per second at one single active site. However, in the actual situation, the calculated TOF is usually imprecise because of the difficulty to confirm the total active sites, and thus the TOF calculation often provides just a rough estimate.\(^{73,74}\) Furthermore, long-term stability is usually regarded as an important parameter to evaluate the potential for practical application. The stability can be tested by cyclic voltammetry (CV),\(^{75}\) chronoamperometric analyses,\(^{76}\) or chronopotentiometric analyses.\(^{77}\) A catalyst with excellent durability must demonstrate negligible variation during the CV testing, and conducting Ohmic drop compensation for each experiment is usually required.\(^{74,78,79}\)
cycles (usually 1000 cycles or more) and the LSV curve before and after long-term (at least 10 h or longer) measurement should also be as close as possible. FE is used to define the ratio of electrons that participates during the HER process versus the overall electrons transferred from the external circuit. Moreover, FE is generally less than 100% due to the occurrence of the concomitant side reactions.\textsuperscript{78,79}

Noteworthy, a single parameter may not be able to reflect the catalytic performance systemically and objectively. For example, the value of $\eta$ could be influenced by both the catalyst loading and the ECSA of the specific electrode. Therefore, if we only consider the value of $\eta$ and ignore other related parameters, the description of catalytic performance may be imprecise. As a result, to clearly understand the catalytic mechanism and the HER performance, various descriptors should be comprehensively applied.

3. Preparation of 2D TMDs-Based Electrocatalysts

The excellent catalytic performance of TMDs-based electrocatalysts largely relies on its layered structure, and thus the synthesis of layer-controllable TMDs materials with large-area uniformity is indispensable for their broad range of practical applications. Undeniably, significant achievements have been made to prepare high-quality monolayer TMDs NSs. This section summarizes commonly used methodologies that are used to synthesize of 2D TMDs materials, consisting of the top to bottom approach by exfoliating the bulk counterparts and bottom to up approach such as hydrothermal (solvothermal) method and vapor-phase deposition route.

3.1. Exfoliation from the Bulk Materials

The unexfoliated TMDs, such as MoS\textsubscript{2},\textsuperscript{20} MoSe\textsubscript{2},\textsuperscript{27,80} and WS\textsubscript{2},\textsuperscript{11} are semiconducting 2H phase (trigonal prismatic) materials, wherein the most catalytic active sites remain unexposed and the poor conductivity largely limits their catalytic activities. By exfoliating the bulk TMDs, layered TMDs NSs with larger area and abundant active sites can be obtained.\textsuperscript{81,82} A direct method to obtain single-layer TMDs NSs is mechanical exfoliation, whose synthetic process is similar to the synthesis of 2D graphene.\textsuperscript{83} Nevertheless, yield rate of mono- or few-layer TMDs NSs with this technique is too low to satisfy the application in practical electrocatalysis, but more suitable for some mechanism investigations or the preparation of devices. To meet the needs of practical catalytic use, lithium insertion is proposed to be an efficient strategy to obtain ultrathin 2D NSs.\textsuperscript{20,95} To conduct the LAAL method (Figure 3h), lithium metal is first placed into a quartz tube under the argon (Ar) protection. Then, the tube is evacuated and dipped in a liquid nitrogen bath. At the same time, highly pure ammonia gas is introduced, which gradually condenses into liquid state. When the powder is immersed into liquid ammonia, the lithiation reaction begins immediately, and the color of the liquid also gradually changes (from blue color into colorless), which acts as the indicator for monitoring the reaction progress. When the “blue color” completely fades away, ammonia gas is carefully removed from the tube by evaporation. Further, by adding water into the lithium intercalated sample, the ultrathin 2D NSs are obtained (Figure 3i–k).

Compared with the other two methods mentioned above, the LAAL pathway demonstrated three obvious advantages: 1) this method will take a shorter time, usually within 1 h. And with the distinct change of color, the reaction process could be intuitively judged without using other indicator; 2) IT phase single-layer or few-layer TMDs NSs could be easily obtained with a high yield ($\approx$82%); 3) the drastic lithiation process will induce the formation of plentiful sulfur-vacancies (S-vacancies) and more edges, which will further enhance the electrochemical activity of exfoliated TMDs NSs. What should be noted is that, because of the violent reaction between water and metal lithium, as well as the application of liquid ammonia, all the operating steps must be carefully conducted to ensure the safety.

Briefly, thinning the layer of TMDs catalysts can be achieved by exfoliation the bulk materials, and various strategies have
been proved to be efficient, especially the lithiation process. But
due to the complex reaction process in liquid media, it is unable
to obtain the TMDs NSs with expected properties, such as reg-
ular morphologies and controllable layer number, which makes
it difficult to investigate the mechanism in electrocatalysis.

3.2. Hydro/Solvothermal Method

Hydro/solvothermal is a low-cost and convenient way to syn-
thезize TMDs-based nanomaterials in large-scale. By adjusting
the temperature, reaction time, type of metal precursors, sur-
factants, and other experimental parameters, various samples
with different morphologies, phases, or crystallinity can be
obtained, which makes the hydro/solvolothermal an ideal method
to prepare nanostructured materials. Recently, MoSe_{2} NSs
prepared by hydrothermal reaction was found to be an efficient
HER catalyst. By tuning the reaction temperature, together with
the ratio of NaMoO_{4}·2H_{2}O and Se precursors to the reductant
(NaBH_{4}), the products would show different crystal phases and
disorder degree (Figure 4a). It showed that higher content
of NaBH_{4} would increase the ratio of IT MoSe_{2}, which showed

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**Figure 3.** Three commonly used lithium-insertion methods to obtain layered TMDs materials NSs. a) Exfoliating the bulk WS_{2} with organolithium compounds to produce 1T WS_{2} NSs. Reproduced with permission.[33] Copyright 2014, Royal Society of Chemistry. b) The SEM images for the bulk WS_{2} and c) after the BuLi treatment with subsequent exfoliation in water. b,c) Reproduced with permission.[89] Copyright 2014, American Chemical Society. d) Fabrication of 2D NSs from the layered bulk material with electrochemical lithiation process. e) TEM image of an exfoliated MoS_{2} NS. Digital photograph of the MoS_{2} NS solution is demonstrated as the inset image. f) Selected-area electron diffraction (SAED) of monolayer MoS_{2} NS. g) HRTEM image for the exfoliated monolayer MoS_{2} NS. d–g) Reproduced with permission.[94] Copyright 2011, Wiley-VCH. h) A diagrammatic drawing of LAAL processes. i) Morphology of mesoporous 1T MoS_{2} NSs. j) The corresponding SAED pattern and k) atomic force microscopy (AFM) image of exfoliated MoS_{2} NSs. h–k) Reproduced with permission.[20] Copyright 2016, American Chemical Society.
better HER activity (Figure 4b). On the other hand, lower reaction temperature would bring in more active sites, but go against the formation of 1T phase. By precisely optimizing the disorder degree and ratio of 1T phase, the MoSe$_2$ NSs with the optimal HER catalytic activity were obtained. Hydrothermal reaction was a commonly used strategy to prepare nanostructured materials, but a shortcoming is that the products could be easily oxidized during the process, either from the atmosphere or from the solution, which may influence the purity of the produced materials. To avoid the possible oxidation, the solvothermal reaction is also applied for synthesizing TMDs-based nanomaterials.$^{[99,100]}$ Another advantage for solvothermal reaction lies in its selectivity of the final products. For instance, by selectively adding hexamethyl disilazane (HMDS), 2H WS$_2$ would be obtained. Otherwise, 1T WS$_2$ would be finally produced (Figure 4d).$^{[101]}$

Generally speaking, due to relatively low preparation temperature, the crystallinity of the as-prepared materials is usually inferior to that prepared under high temperature such as solid-state reaction. But this will also make the products with more active sites. And also, the plentiful combining forms of reactants will benefit for constructing heterostructured nanomaterials, such as MoS$_2$/CuS,$^{[102]}$ MoS$_2$/CdS,$^{[103]}$ MoS$_2$–graphene,$^{[104]}$ and MoS$_2$/CoSe$_2$ with abundant interfaces and suitable level structures, which will benefit their electrocatalytic activity (Figure 4e–g).

### 3.3. CVD Method

CVD shows great promise as an efficient method to obtain high-quality, low-defect, and layer controllable TMDs nanostructures or thin films on various substrates.$^{[106–111]}$ One of the advances for vapor-phase deposition involves the adjustment of precursors ratio, i.e., the component of the final products can be facilely controlled and well contacted interfaces between nanostructures and substrates are favorable for charge migration. At the same time, high-quality catalysts obtained via CVD method also provides a simple but pure platform to investigate the HER mechanism. In a typical CVD synthesis process, the metal precursors, such as metal films,$^{[112,113]}$ metal oxides,$^{[114,115]}$ metal halides,$^{[116,117]}$ or metalorganics,$^{[118]}$ are placed in the furnace at center heating zone center, while S, Se, or Te powder is placed upstream relative to the flow direction of the carrier gas (usually Ar or N$_2$ mixed with a certain concentration of H$_2$). When the temperature increases, the S, Se, or Te vapor will flow downstream, which converts the metal precursor into the corresponding TMDs in the high temperature zone (Figure 5a–c).$^{[106]}$ A recent research demonstrated that 2D monolayer heterostructures could be obtained by switching the flowing direction of carrier gas.$^{[119]}$ Usually, the lateral heterostructures with two different TMDs monolayer are delicate, and might be hard to survive in the multistep growth. To address this issue, Zhang et al. proposed a novel step-by-step synthesis
strategy by reversing the gas flowing direction for growing various in-plane 2D TMDs nano heterostructures. In order to conduct this strategy, a monolayer TMDs NS was first grown on the substrate with CVD method. For the sequential process, formerly grown monolayer was placed at the downstream of Ar flow, and Ar flowed from the reversed direction during the temperature swing, which cooled the existing monolayer TMDs materials and prevented the occurrence of undesirable thermal degradation. Meantime, the reverse Ar flow also restrained the uncontrolled nucleation before the sequential growth step (Figure 5d). This effective CVD technique could be used to grow a variety of in-plane 2D lateral heterostructures (i.e., WS₂–WSe₂, WSe₂–MoS₂, and so on, see Figure 5d), and multi-heterojunctions (i.e., WS₂–WSe₂–MoS₂, WS₂–MoSe₂–WSe₂).

Figure 5. a) A typical CVD setup used to fabricate NbSe₂ nanosheets. b) A low-magnification annular dark-field STEM (ADF-STEM) image of single-layer NbSe₂ NSs encapsulated by the graphene sandwich. c) Atomic resolution ADF-STEM of NbSe₂, demonstrating the hexagonal crystal structure. a–c) Reproduced under the terms of the CC-BY Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/).[106] Copyright 2017, The Authors, published by Springer Nature. d) Modified CVD system with reversible Ar flow for the epitaxial growth of the lateral TMDs heterostructures. e) Optical microscopy images for the grown various 2D NSs with lateral heterostructures using the setup and their corresponding characterizations. d,e) Reproduced with permission.[119] Copyright 2017, The Authors, published by American Association for the Advancement of Science.
To sum it up, the preparation of high-quality TMDs NSs or heterostructures by CVD technique requires careful modulation of some important parameters. One is the synthetic temperature. Generally, high temperature will result in better crystallinity, but the nanostructure may be unstable under excessive temperatures. Thus, the temperature is the foremost parameter that should be carefully chosen. Another is the distance between the chalcogen and metal source. If the CVD set up is consisted with two separate heat sources, the distance would be inalterable. Then, the flow of carrier gas (usually Ar or N₂) should be tuned to an appropriate value so that the TMDs NSs could be deposited on the substrates. However, if there is only one heating source, the temperature gradients in the tube should be calibrated in advance to determine the proper position for reactants. In this instance, both the distance and flow of carrier gas must be carefully adjusted together. Many works only demonstrate the schematic diagram of CVD apparatus when describing the experimental procedures, but ignore the exact distance between the reactants and the substrates (or the real reaction temperature), which would sometimes make it difficult to repeat these experimental results, due to the minute differences of CVD set up. Herein, it is suggested that the authors should provide all the detailed parameters to ensure the audiences could reproduce the experimental results in their own lab.

3.4. Other Methods of Synthesis

Besides the methods mentioned above, some other synthesis pathways have also been used for fabricating TMDs materials. For example, thermal annealing is a straightforward pathway to prepare TMDs-based materials. However, it is difficult to obtain TMDs with well-controlled morphology and layer-number; moreover, the high temperature may often lead to the material aggregation which limits the performance toward HER. Even so, some research attentions had been paid to this method for obtaining electrocatalysts with decent catalytic activity toward HER. To obtain high-quality bulk single crystal, chemical vapor transport (CVT) is usually utilized. In this technique, raw materials react with the transport agents (usually the pure halogen elements or their compounds) at the hot zone, and then are transported to the cold zone, where the growth of single crystals is observed. The growth temperature, transport agent, and reaction time are the main parameters that should be carefully tuned for obtaining the high-quality TMDs single crystal. Molecular beam epitaxy (MBE) is another effective method to prepare high-quality films. Owing to the high-purity of the as-grown films, these samples are also suitable for investigating the origin of the catalytic activities in TMDs catalysts.

4. Strategies to Promote the Catalytic Performance of 2D TMDs

In the past few years, 2D TMDs electrocatalysts, such as MoS₂, MoSe₂, WS₂, niobium disulfide (NbS₂), etc., are proved to be promising candidates to meet the disadvantages of noble metals or related compounds. To maximize the utilization of the unique properties of 2D TMDs, some novel strategies have been proposed to further enhance the HER performance. In general, the strategies can be classified into five categories, including: 1) creating more active sites; 2) heteroatoms doping; 3) phase engineering; 4) construction of heterostructures; and 5) synergistic modulation. In this sections, recent achievements for improving the catalytic activity with these specific tactics are summarized.

4.1. Creating More Active Sites

Compared to the bulk materials, the nanostructured catalysts usually have a relatively large specific area, which will provide more active sites within the surface or at the edges and dramatically accelerate the catalytic process. One of the key advantages of 2D TMDs is their layered crystal structure, which shows intrinsic tendency to form atomic-thickness NSs and sufficiently expose the catalytically active sites. It is considered that both the metal or nonmetal at the edge of TMDs NSs can serve as the catalytic sites, and the most direct way to enhance the activity involves thinning the layers of TMDs, which could expose the embedded active sites. Liquid exfoliation is a commonly used method to obtain the monolayer, or few-layer NSs as introduced in Section 3.1. Nguyen et al. found the exfoliated MoS₂ NSs had a much larger specific area and the layered structure would expose more active sites, resulting in an Tafel slope of 94.91 mV dec⁻¹ and onset potential of about 100 mV (at 1 mA cm⁻²), whose catalytic activity showed obvious improvement compared to the bulk MoS₂ (Figure 6a-c). Moreover, different intercalation methods may also result in performance with various extent of improvement. Pumera et al. utilized different organolithium compounds (including n-BuLi, Me-Li, and t-BuLi) to exfoliate the bulk MoS₂ and found that larger organic compounds (such as t-BuLi and n-BuLi) could generate larger size anions, which was in favor of the intercalation process of Li⁺ and reduced the layer number of TMDs NSs. Thus, more active sites would be exposed after the intercalation process, and the HER performance would be significantly enhanced (Figure 6d-f). Briefly, by using the liquid exfoliation methods, the bulk TMDs could be thinned into single- or few-layer NSs, and the active sites were sufficiently exposed, which would markedly improve the electrocatalytic performance.

The exfoliation strategy can efficiently improve the performance of the electrocatalysts toward HER; however, the exfoliating process usually lacks control, which may bring some disadvantages to the NSs, such as nonuniform size, inhomogeneous layer numbers and so on. This will hinder the investigation of the catalytic mechanism toward the TMDs. Compared to the chemical exfoliating strategy, the CVD method is a controllable route to prepare NSs with abundant fully exposed edges, which is considered to be a suitable model to investigate the catalytic mechanism. For instance, Liu et al. accomplished the growth of triangular single-layer MoS₂ flakes on Au substrate utilizing the low-pressure CVD (LPCVD) technique (Figure 6g). Herein, about 80% area coverage of MoS₂ on Au substrate demonstrated the best catalytic activity with a η of
Figure 6. a) Diagram of liquid exfoliation method to synthesize TMDs NSs. b) LSV curves of the exfoliated and bulk MoS₂ material and c) their corresponding Tafel slopes. a–c) Reproduced with permission.[141] Copyright 2016, American Chemical Society. d) The exfoliating process of bulk MoS₂ with different kinds of organolithium compounds. e,f) The electrochemical results of the MoS₂ NSs exfoliated with different organolithium compounds. d–f) Reproduced with permission.[142] Copyright 2014, Wiley-VCH. g) MoS₂ grown on Au substrate. h) Coverage-dependent LSV curves. i) Statistical relationship between the edge lengths of MoS₂ and the exchange current density. g–i) Reproduced with permission.[141] Copyright 2014, American Chemical Society. j) Top and side views of S-vacancies incorporated MoS₂. k) ΔGₑ of MoS₂ with different S-vacancies ratio. l) HER performance comparison of different MoS₂ samples with various amounts of strain and S vacancies. The Au substrate and Pt electrode as the reference. j–l) Reproduced with permission.[143] Copyright 2016, Springer Nature.
300 mV (at 50.5 mA cm\(^{-2}\)), which was 25 times over the bulk counterpart (Figure 6h). Moreover, increased edge length would also contribute to the reaction process by increasing the density of catalytic sites at edges (Figure 6i).

Creating defects is another route to improve the quantity of active sites of TMDs NSs on their basal plane. Generally speaking, the basal planes of the TMDs NSs are inert toward HER; however, introduction of moderate number of defects stimulates the catalytic activity of the basal plane. Various strategies such as plasma treatment, chemical functionalization in liquid phase, have been used to increase the defects density. Apart from increasing the active sites, appropriate concentration of defects would also tune the electronic structure. For instance, density functional theory (DFT) results indicated the increasing the S atom vacancies (V-s vacancies) could strengthen the hydrogen adsorption and strain the S-vacancies sites, which would lead to optimal \( \Delta G_{\text{H}} \) and make the gap states close to the Fermi level (\( E_F \)) (Figure 6j,k). Thus, the HER activity could be effectively tuned up and the optimal MoS\(_2\) electrocatalysts were obtained (Figure 6l).

Furthermore, theoretical investigations on the defects engineering for facilitating the HER performance also showed that when the defects were created on the basal surfaces of the TMDs, a dangling bond state closer to the \( E_F \) arisen, which activated the basal plane for HER.

Owing to the layered structure of TMDs-based catalysts, we consider the methods that used to promote the density of active sites could be classified into two different types. One is augmenting the active sites at edges of TMDs NSs, either by reducing the layer number of the NSs, or by increasing the edges length. Nevertheless, the boundaries of the exfoliated TMDs NSs are usually irregular, which makes it very difficult to control the edges length. The other one is modulating the basal plane of the TMDs NSs. The vast majority of atoms in TMDs NSs exist within the basal plane, and there seems to be more potential to increase the active sites, if the defects exist in the basal plane rather than edges. Besides, the defects can also induce the variation of local electron density and subsequently modulated the electronic structure of TMDs NSs, which may further accelerate their HER process. Although creating defects can effectively influence the catalytic activity of TMDs NSs, its density must be controlled at a reasonable level. Insufficient defects may result in inconspicuous effect of the activity, but excess defects may serve as electron capture centers, which in return hinder the transfer of electrons and make the catalysts poisoned.

### 4.2. Heteroatoms Doping

Doping heteroatoms is a useful way that has been widely used to enhance the HER performance of TMDs electrocatalysts. Notably, doped heteroatoms will effectively modify electron structure especially the d-band of TMDs-based material and decrease the value of \( \Delta G_{\text{H}} \) of the electrocatalysts, which facilitate the HER process. Both the metal sites and nonmetal sites in TMDs can be partially replaced to improve the HER performance, which affords greater possibilities to modulate the basic properties of the host materials.

#### 4.2.1. Metal Doping

Several metal elements (such as V, Co, Fe, Ni, Cu, and Zn) have already been used as the doping elements for the TMDs-based electrocatalysts successfully. Generally, the doping can accelerate the HER process by increasing catalytic sites improving the conductivity and/or the optimizing of electronic structure. However, the doping elements should be selected carefully because different dopants may bring different influence on HER activity of TMDs electrocatalysts. For example, Ni and Co doping were frequently-used to improve the HER activity of MoS\(_2\). These two elements could reduce the value of \( \Delta G_{\text{H}} \) and increase active sites density, which finally optimizing HER performance. Xiong et al. developed a one-step hydrothermal method to prepare Co-doped MoS\(_2\), which exhibited an enhancement of HER catalytic activity compared with pure MoS\(_2\) (Figure 7a). When the doping amount of Co source was 0.5 mmol, the sample Co-MoS\(_2\)-0.5 demonstrated the best HER performance in alkaline media (\( \eta = 90 \) mV). Such improvement should be ascribed to the decreasing of \( \Delta G_{\text{H}} \) and the regulated electronic structure, induced by Co doping. Different from the Co and Ni doping, Xie et al. demonstrated that doping with V atom would mainly improve the conductivity of MoS\(_2\) NSs, but not increase the density of active sites (Figure 7c).

#### 4.2.2. Nonmetal Doping

Besides the metal doping, many types of nonmetal-doped TMDs also show unique characteristics and excellent HER performance. Different from the metal doping strategy, nonmetal doping not only optimizes the \( \Delta G_{\text{H}} \), but also results in crystal distortion or amorphous structure with plenty of active sites. Xie et al. prepared oxygen-doped MoS\(_2\) NSs by hydrothermal method. Relatively low synthesis temperature led to MoS\(_2\) NSs inheriting a small quantity of Mo–O bonds. Further, DFT results indicated that MoS\(_2\) slab incorporated with oxygen showed a narrower bandgap of 1.30 eV, while the value of 2H MoS\(_2\) slab is 1.75 eV. This consequence of bandgap narrowing was caused by the oxygen incorporation into MoS\(_2\) NSs, which resulted in a higher carrier concentration and thus a better conductivity. As a result, optimized oxygen-incorporated MoS\(_2\) catalyst exhibited a relatively high HER catalytic activity with a \( \eta \) of 120 mV (at 1 mA cm\(^{-2}\)) and the Tafel slope of 55 mV dec\(^{-1}\). Fu et al. synthesized the Se doped WS\(_{2-x}\) single-layer NSs and investigated the influence of Se doping. When the S atoms were superseded by a larger Se atom, the crystal distortion of the WS\(_2\) generated a polarized electric field, and the band breaking of the H\(_2\)O molecules was accelerated. Thus, single-layer WS\(_{2-x}\) NSs needed 150 and 100 mV to obtain the same value, respectively (Figure 7d–f). Moreover, Jin’s group found that in case of both MoS\(_2\) and MoSe\(_2\) catalysts, doping with chlorine (Cl) resulted in effective improvement in their HER activity and tune the electronic structure of amorphous MoSe\(_2\) and MoS\(_2\) (Figure 7gh). The combination of the optimal electronic structure and the numerous active sites finally enhanced the
Figure 7. a) LSV curves of HER and b) the calculated $\Delta G^*$ of pure MoS$_2$ and Co-doped MoS$_2$. a,b) Reproduced with permission.\cite{164} Copyright 2018, Royal Society of Chemistry. c) LSV curves of pure and V-doped MoS$_2$ NSs. Inset: demonstrated temperature-dependent resistivity of V-doped MoS$_2$ NSs. Reproduced with permission.\cite{161} Copyright 2014, Royal Society of Chemistry. d) Preparation of hexagonal WS$_{2(1-x)}$Se$_x$ through simultaneous selenization and sulfurization reaction of monoclinic WO$_3$. The room-temperature PL spectra and the corresponding AFM image of the prepared WS$_{2(1-x)}$Se$_x$ NS. e) Comparison for HER catalytic activity for Pt, GC, monolayer WS$_2$, WSe$_2$, and WS$_{2(1-x)}$Se$_x$ ($x = 0.43$). f) The corresponding Tafel slope value. d–f) Reproduced with permission.\cite{157} Copyright 2015, Wiley-VCH. g) EDS element mapping of a monolayer graphene NS that was partially covered by MoS$_x$Cl$_y$. h) HRTEM and local FFT image of a MoS$_x$Cl$_y$–VG sheet. g,h) Reproduced with permission.\cite{72} Copyright 2015, Royal Society of Chemistry. i) HER performance and j) their corresponding Tafel plots of MoS$_x$Cl$_y$, MoSe$_x$Cl$_y$, MoS$_2$, and MoSe$_2$. k) Cross-sectional and top to down (inset) SEM images of MoS$_x$Cl$_y$/Si MPs. l) PEC-HER performance of MoSe$_x$Cl$_y$/Si MPs (squares), MoS$_x$Cl$_y$/Si MPs (circles), and Pt/Si MPs (triangles) photocathodes. The experiments were conducted in 0.5 M H$_2$SO$_4$ under 1 Sun irradiation. i–l) Reproduced with permission.\cite{30} Copyright 2015, Wiley-VCH.
HER performance of MoS$_x$Cl$_y$ and MoSe$_x$Cl$_y$ (Figure 7i,j).

Moreover, amorphous MoQ$_x$Cl$_y$ (Q = S, Se) was grown on the n"pp" Si substrate with micropyramids (MPs), constituting a highly efficient PEC-HER photocathodes (Figure 7k). These PEC-HER photocathodes demonstrated a HER activity of 43 and 38.8 mA cm$^{-2}$ at 0 V versus reversible hydrogen electrode (RHE) for MoS$_x$Cl$_y$/Si and MoO$_x$Cl$_y$/Si, respectively. These values were even better than that of the Pt/Si photocathodes (Figure 7l).

Generally, doping with heteroatoms can improve the HER performance of TMDs catalysts in two different aspects. First, the element doping can induce crystal distortion and make the density of catalytic sites increasing. Second, due to different electron configuration, the dopants can significantly modulate the electronic structure of the catalysts, and this may lead to the optimizing of $\Delta G_{\text{hyd}}$, or the matching degree of energy level. Nevertheless, the dopants still need to be carefully selected, since different atoms would have various effect on catalytic activity and improper elements may even have a negative influence on the final performance. Another confusing result is that, even doping with the same elements, the HER catalytic activities may show various results, sometimes even reversed.

In our opinion, this may be caused by different preparation methods and doping amount, which results in the dopants anchoring on different sites of the TMDs NSs. But the inner mechanism still needs further theoretical and experimental investigation.

### 4.3. Phase Engineering

Most TMDs with layered structure have the similar chemical formula which can written as MX$_2$ (M represents Mo, W, Nb, and other transition metal, while X is S, Se, or Te). One unique feature of TMDs electrocatalysts is the existence of multiple crystal phases. Figure 8a exhibits five different crystal structures observed in MoS$_2$. Among them, 1H, 2H, and 3R phases correspond to semiconductor (2H are usually used as the raw materials for catalysts preparation), while the 1T and 1T$'$ (distorted 1T) are metallic phases. Owing to their larger density of the active sites, metallic conductivity, and better electrode kinetics, 1T and 1T$'$ TMDs are usually considered to be more favorable for HER compared to other phases, and significant research efforts have been devoted to converting 2H phase into 1T/1T$'$ phase.

Jin’s group found that the MoS$_2$ with metallic 1T phase, obtained by exfoliating the 2H MoS$_2$ by n-BuLi (Figure 8b), exhibited a much better HER performance compared with the 2H phase MoS$_2$ (Figure 8c). The activity enhancement was induced by the increased active sites number of MoS$_2$ NSs at their edges and the metallic property of 1T polymorph. From then on, several studies have concentrated on chemical exfoliating the bulk TMDs by lithium intercalation to obtain single- or few-layered 1T/1T$'$ MX$_2$ NSs with excellent HER activities.

Besides exfoliation, element doping will also induce phase transition of 2H TMDs NSs. For instance, if annealing the 2H MoS$_2$ in phosphorus vapor, the crystal phase could be partially converted from 2H to 1T and form the in-plane 1T-2H MoS$_2$ heterostructures (Figure 8d,e). The doped phosphorus atoms would not only be embedded into the lattice of MoS$_2$, which induced the phase transition, but also further promote the conductivity. The improved electrical conductivity, more catalytic sites, and hydrophilic property enabled the in-plane 1T-2H MoS$_2$ heterostructures acquire an ultrastable and relatively high HER performance in alkaline media (Figure 8f). Although phase transition from 2H to 1T/1T$'$ have greatly promoted the HER activity of TMDs, there is still room to further improve their catalytic performance. Recently, Liu et al. proposed an electron doping method by in situ forming 1T MoS$_2$/ single-walled carbon nanotube (SWNT) heterostructure.

Theoretical simulation results showed that after the formation of heterostructure, electrons would tend to migrate from the SWNT to 1T MoS$_2$ and accumulate around the S atoms in 1T MoS$_2$ (Figure 8g). The injected electrons would not only weaken the adsorption capacity of H atoms on the catalyst’s surface, but also accelerate H atom recombination and H$_2$ release processes, which finally enhanced the HER performance of 1T MoS$_2$ (Figure 8h). Apart from constructing heterostructure, single atom Cu integrated on IT MoS$_2$ could also exhibit a similar effect (Figure 8i).

It is noteworthy that the 2H TMDs could not be completely transformed into 1T phase. The percentage of 1T phase was usually around 80% or less, which indicated that the obtained electrocatalysts were the mixed phases of IT and 2H. Moreover, many IT TMDs, such as 1T MoS$_2$, IT WS$_2$, could be easily converted back into the more stable 2H phases, which resulted in the decrease of HER performance.

The shortcoming is particularly obvious when it comes to the preparation of wafer scale 1T/1T$'$ TMDs films on various substrates, which could be used for the fabrication of devices or catalytic mechanism investigation. For now, the preparation pathways of TMDs film in wafer scale are very limited, mainly including CVD, PLD and MBE etc. Since the preparation process are often conducted under high temperature, the final 2H phase products are usually obtained. Even if the IT/1T$'$ phases are successfully obtained, it will be hard to guarantee the uniformity of the large size film and its catalytic activities still needed to be further improved. So, increasing the phase conversion ratio from 2H to 1T/1T$'$ and improving stability of final products are two main obstacles that should be overcome and more focus should be paid on the investigation of optimal synthetic strategies.

### 4.4. Construction of Heterostructures

A variety of heterostructured materials have been proposed to be excellent electrocatalysts for HER recently. Compared to the single species of active substance, catalysts with composite structures show some distinct advantages.

#### 4.4.1. Increase of the Electronic Conductivity

Coupling TMDs electrocatalysts with conductive substrate, such as graphene, carbon paper, and metal substrate is a commonly used method to promote their HER activities. Integration of the TMDs-based electrocatalysts and the conductive substrates not only provides a conductive framework with numerous internal electron transport channels, but
Figure 8. a) Different crystal structures of TMDs, from left to right: 1H phase, ideal 1T phase, 1T′ phase (which is actually the distorted 1T phase), 2H phase, and 3R phase. Reproduced with permission.[167] Copyright 2015, Royal Society of Chemistry. b) Lithium-intercalation-triggered phase transform of MoS₂ (2H to 1T phase), and c) comparison of HER performance for the two different electrocatalysts. b,c) Reproduced with permission.[85] Copyright 2013, American Chemical Society. d) Preparation process of the partial transformed MoS₂ NSs, which was induced by doping with phosphorus atoms. e) HRTEM image of in-plane heterostructures in MoS₂ NSs with f) LSV curves for MoS₂ with in-plane 1T-2H heterostructures, 2H MoS₂ bulk, 2H MoS₂ NSs, and 10% Pt/C. d–f) Reproduced with permission.[175] Copyright 2018, Wiley-VCH. g) Calculated charge density distribution around the 1T MoS₂ and SWNT interface. The yellow area represents the electrons gathering, while the blue area represents electrons losing area, respectively. h) HER performance of commercial Pt catalyst, 1T MoS₂/SWNT heterostructure, SWNT, and 1T MoS₂; g,h) Reproduced with permission.[176] Copyright 2017, American Chemical Society. i) LSV curves of commercial Pt/C, MoS₂ and single Cu atom doped MoS₂. Reproduced with permission.[177] Copyright 2019, Elsevier.
also increases the effective ECSA and active sites for HER process. For example, in 2011, Dai’s group synthesized a composite electrocatalyst with reduced graphene oxide (RGO) and MoS2 NSs via a convenient solvothermal technique (Figure 9a,b).

Composite MoS2/RGO material demonstrated a better HER activity than the simple MoS2 particles, which showed a \( \eta \) of 100 mV (Figure 9c). In this case, the HER performance enhancement was attributed to adequately exposed active sites at edges of MoS2. Also, the coupling with the graphene network would accelerate the carrier migration efficiency from the MoS2 to the electrodes. Compared to the combination of TMDs and other carbon materials (e.g., RGO, carbon nanotubes, carbon nanofibers), 3D conductive metal substrates (such as Cu foam, Ni foam, Fe foam, and Ti foam) can provide a relatively large surface area, beneficial for significant increase in the loading amount of catalysts.\(^{198-200}\) Notably, coupling with conductive scaffolds can only optimizing the catalytic activity by increasing the catalytic surface area and promote the electrons transfer between the substrates and the catalysts; nonetheless, the intrinsic activity of the catalyst usually remains unchanged.\(^{19,201}\)

### 4.4.2. Optimization of Kinetic Process

One of the important roles of heterostructure involves the acceleration of the directional migration of the electrons with properly matched band structures in the different combined materials, from the perspective of semiconductor physics.\(^{69}\) HER is a surface electrochemical process which depends highly on the effective interaction between the catalyst and hydrogen in the electrolyte.\(^{202,203}\) As mentioned in Section 2.2.1, \( \Delta G_{\text{st}} \) is an important descriptor to evaluate the utilization potential of a HER catalyst. Construction of the heterostructured catalysts results in effective optimization of the reaction kinetic process. Yu et al. fabricated the MoS2/CoSe2 heterostructure via a simple hydrothermal method (Figure 9d clearly exhibits the heterostructure of MoS2 and CoSe2).\(^{105}\) The as-prepared hybrid electrocatalyst needed a \( \eta \) of 75 mV (to reach 10 mA cm\(^{-2}\)) and Tafel slope was 36 mV dec\(^{-1}\). Both of them were lower than the MoS2 and CoSe2 and even analogous to benchmark Pt/C electrocatalyst (Figure 9e). In this study, the heterostructure of MoS2/CoSe2 plays two important roles for enhancing the catalytic activity. On one hand, the formation of MoS2 and CoSe2...
interfaces would bring in lots of interfaces with rich catalytic sites. On the other hand, the heterostructure can obviously optimize $\Delta G_{\text{H}_2}$ (Figure 9f) and make the value close to Pt (111).\[204\] The moderate $\Delta G_{\text{H}_2}$ could effectively reduce the reaction barrier, and H atoms could form H$_2$ molecules more facilely. Moreover, the adsorption energy of the final H$_2$ molecules was as low as 0.5 eV, which would be conducive to the release of H$_2$ from the active sites, and further accelerate the HER process. In industry, chlor-alkali electrolysis is a widely used technique to produce hydrogen.\[52,205\] However, the alkaline HER process is usually more sluggish compared to that in acid media, which is largely limited by the slow kinetics of water dissociation.\[206\] So, it is an important task to explore high-efficient alkaline HER catalysts for the purpose of reducing the energy consumption in chlor-alkali industry. Owing to the lack of H$^+$ in alkaline electrolyte, the HER process initiates from water dissociation, which requires additional energy to generate protons. Construction of heterostructured catalysts with multiple functional sites is an efficient approach to accelerate the overall process. For example, Yang and the coauthors synthesized hierarchical composite with MoS$_2$ and NiCo layered double hydroxide (MoS$_2$/NiCo-LDH), which exhibited an enhanced HER catalytic activities in alkaline media than bare MoS$_2$ (Figure 9g). DFT calculations results also demonstrated that the activation energies for Heyrovsky and Volmer steps of MoS$_2$/NiCo-LDH were both lower than bare MoS$_2$ (Figure 9h). The MoS$_2$ at the interface favored the chemisorption of H, while the LDH could effectively adsorb the hydroxyl species.\[207,208\] Therefore, water molecules at the hetero-interface could be more easily dissociated, in favor of the rate-determining Volmer step as shown in Figure 9i and thus promoted the HER catalytic process in alkaline media.\[209\] Similar results have also been obtained in MoS$_2$/NiFe-LDH,\[210\] Ni(OH)$_2$/MoS$_2$,\[211\] MoS$_2$/Ni$_2$S$_3$,\[211\] and NiS$_2$/MoS$_2$\[212\] in which the TMDs serve as the catalytic species, while the other ingredient helps accelerating the water dissociation rate.

4.5. Synergistic Modulation

All the strategies mentioned above could benefit the HER process; however, to promote the HER performance of the TMDs materials to the greatest extent, two or more factors should be synergistically regulated. For example, the exfoliation of bulk MX$_2$ by lithium intercalation method will significantly increase the active sites number, and at the same time, the exfoliation can lead to partial phase conversion of MX$_2$ based catalysts from inert 2H phase to highly active 1T phase. Thus, after the lithium intercalation, both the active sites number and electrical conductivity can get increased, which synergistically optimizes the HER activities.\[43,87,213,214\] Our previous work demonstrated that by synergistically modulating the edges, S-vacancies, and crystal structure (phase), the HER performance of MoS$_2$ could be remarkably improved.\[20\] Systematic investigation of the HER performance of a series representative MoS$_2$ NSs, including 2H MoS$_2$, IT MoS$_2$, porous 2H MoS$_2$ (P-2H MoS$_2$), porous IT MoS$_2$ (P-IT MoS$_2$), and porous 2H MoS$_2$ with compensated S (P-2H MoS$_2+r$S) (Figure 10a), indicated exfoliated porous MoS$_2$ NSs could provide more catalytic active sites by introducing more S-vacancies and edges into the basal plane of MoS$_2$ NSs (Figure 10b). However, the phase transition could not only enhance conductivity, but also activate the inert basal planes of MoS$_2$ NSs (Figure 10c,d), which was considered to be the crucial factor to determine the HER performance. Our work clearly implies that synergistic modulation of multiple factors will bring in a better HER activity rather than single modulation aspect (Figure 10e).

Similar to the modulation of MoS$_2$, HER performance for MoS$_2$ could also be enhanced with regulating density of active sites and intrinsic activity synergistically. Thus a modified one-pot hydrothermal method was proposed to synthesize highly active MoSe$_2$ NSs by utilizing phase and disorder engineering together.\[27,215\] With excess amount of NaBH$_4$, a severe reduction process resulted in the crystal phase of MoSe$_2$ partially converting from 2H to IT (Figure 10f), which largely improved in the conductivity and intrinsic activity of the MoSe$_2$ NSs. Also, the lower reaction temperature could increase the degree of disorder in the MoSe$_2$ NSs and provided abundant unsaturated defects serving as the active sites. However, low temperature was not favorable for the formation of IT MoSe$_2$, and when the temperature was below 180 °C, the 2H phase became distinct (Figure 10g), which was unfavorable for the HER performance of MoSe$_2$. Consequently, by simultaneously modulating reaction temperature and the ratio of NaBH$_4$, the best optimized MoSe$_2$ sample was obtained when the molar ratio of NaBH$_4$ to Mo source was 4 and reaction temperature was 180 °C. The $\eta$ for the best sample was 152 mV (at 10 mA cm$^{-2}$), and the Tafel slope for the sample was 52 mV dec$^{-1}$ (Figure 10h).

Synergistic modulation means multitudinous combining form of different strategies. As for TMDs-based electrocatalysts, their layered structure, unique physical and chemical properties, different crystal phases, and various preparation methods, can all be modulated, which give the final products unlimited possibilities. In fact, almost all methods mentioned from Section 4.1 to 4.4 will involve two or more modulating aspects. For example, the combination of TMDs-based catalysts with conductive substrate would improve the conductivity of the catalysts and simultaneously create more catalytic sites around the interfaces.\[216\] Simultaneously, proper heterostructure would optimize the $\Delta G_{\text{H}_2}$ and reduce the reaction barrier to facilitate HER (Figure 10i–l). Similarly, doping with heteroatoms may simultaneously increase of active sites and induce the phase transition, besides the tuning of electronic structure.\[161,176\] It enlightens us that, as a complex surface electrochemical process, single modulation strategy may change more than one property of the electrocatalysts, and only comprehensive analysis of all possible influence factors, the optimal method could be obtained.

5. Summary and Outlook

Herein, some important advances of 2D TMDs electrocatalysts are systematically summarized. First, two important HER mechanisms and some key descriptors for evaluating the HER activity are introduced to give readers a basic understanding of this cathodic reaction. Subsequently, various methods for synthesizing the TMDs electrocatalysts are reviewed. Exfoliation from bulk materials could directly result in the preparation
of few or single layer TMDs, wherein more active sites get exposed. The review also presents that the TMDs nanomaterials with different morphological characteristics, phases, or crystallinity could be conveniently prepared by hydrothermal or solvothermal method, during which the performance of the catalysts could be tuned from multiple aspects. CVD is considered to be an ideal way for the preparation of low-defect, high-quality, and layer controllable nanostructures on various substrates to investigate the HER catalytic mechanism of 2D TMDs. Other methods such as CVT, MBE are also commonly utilized methods to prepare high-quality 2D TMDs nanomaterials. Finally, various approaches that usually used to accelerate the HER performance of TMDs are mainly introduced. In general, to enhance the HER activities of certain catalysts, two basic aspects should be comprehensively considered: increasing the active sites number and promoting the performance of each site. Exfoliation of bulk TMDs materials and generation of defects on the basal plane are two efficient approaches for

Figure 10. a) Diagram for the preparation process of 2H MoS$_2$, 1T MoS$_2$, P-2H MoS$_2$, P-1T MoS$_2$, and P-2H MoS$_2$+S. b) HR-STEM and c) SAED pattern of P-1T MoS$_2$ NSs. d) The electrochemical impedance spectroscopy Nyquist plots and e) HER performance of various MoS$_2$ samples. a–e) Reproduced with permission.[20] Copyright 2016, American Chemical Society. f) The comparison of Raman spectra for MoSe$_2$ NSs prepared with different amounts of NaBH$_4$ at 180 °C. g) Raman spectra of the MoSe$_2$ NSs synthesized under different temperatures with the same amount of NaBH$_4$. h) HER activities of various MoSe$_2$ samples synergistically modified by phase and disorder enginner. f–h) Reproduced with permission.[27] Copyright 2018, Wiley-VCH. i–j) The DFT calculation result of hydrogen adsorption energy at S edge sites of MoS$_2$ on HG and OG. k) LSV curve of different MoS$_2$ electrocatalysts and l) their Tafel slops. i–l) Reproduced with permission.[216] Copyright 2018, American Chemical Society.
increasing the amount of active catalytical sites either within basal plane or at the edge of the TMDs NSs. Heteroatoms doping and phase transition (usually generating more metallic 1T phase) can improve the conductivity and optimize electronic structure of TMDs-based catalysts, which promote the intrinsic catalytic activity. Besides, construction of heterostructures is also an efficient way to modulate the kinetic process of HER (such as improvement in the water dissociating process) and facilitate the transportation of electrons from the electrocatalysts to electrolyte. Synergistic application of more than one approach mentioned above may result in better catalytic activity toward HER compared to that by following one single way, which is also called the “synergistic effect.”

For a direct comparative overview, the HER performances of representative TMDs-based electrocatalysts and the applied modulating strategies that were introduced herein are listed in **Table 1**.

Although significant achievements have been made in this field, and plentiful electrocatalysts based on the TMDs materials have been designed and prepared, some challenges still hinder the commercial application for sustainable hydrogen production. Also, a lot more systematic explorations are needed in this field.

### 5.1. Mechanism Investigation

Despite the advances in TMDs-based HER catalysts, the catalytic mechanism for most of them still lacks comprehensive understanding. It is thus important to deeply investigate the underlying mechanism, for offering rational guidance to design future HER catalysts. Burgeoning in-situ/operando characterization methods, such as operando Raman, operando X-ray diffraction (XRD), operando X-ray absorption near-edge structure (XANES), can help us deeply understand the real catalytic process and the composition-performance relationship of the TMDs-based electrocatalyst. The in-depth investigation of the catalytic mechanism in return offers rational guidance to develop new TMDs-based HER catalysts.

### 5.2. Combination of Theoretical and Experimental Studies

Recently, DFT calculations have attracted significant research attention and been extensively used in the field of electrochemical water splitting. Use of DFT offers a powerful computational tool to uncover the invisible electrochemical

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**Table 1.** Catalytic activity comparison for different TMDs-based HER electrocatalysts.

| Catalyst                  | Electrolyte       | \(i\) [mA cm\(^{-2}\)] | \(\eta\) [mV] | Tafel slope [mV dec\(^{-1}\)] | Main modulation strategies                  | Ref.     |
|---------------------------|-------------------|--------------------------|---------------|-----------------------------|---------------------------------------------|---------|
| MoS\(_2\) NSs             | 0.5 m H\(_2\)SO\(_4\) | 1                        | 100           | 94.91                       | Liquid exfoliation                          | [141]   |
| MoS\(_2\) NSs             | 0.5 m H\(_2\)SO\(_4\) | 1                        | 230           | 96                          | Liquid exfoliation                          | [142]   |
| MoS\(_2\) flakes/Au foil | 0.5 m H\(_2\)SO\(_4\) | 2/3                      | 300           | 61                          | Increasing edges active sites                | [114]   |
| SV-MoS\(_2\)             | pH = 0.2          | 10                       | 170           | 60                          | Vacancies engineering                        | [149]   |
| Co-MoS\(_2\)/BCCF-21      | 1 m KOH           | 10                       | 48            | 52                          | Metal doping                                | [132]   |
| Co-MoS\(_2\)-0.5          | 1 m KOH           | 10                       | 90            | 50.28                       | Metal doping                                | [164]   |
| \(\text{V}_{0.2}\text{M}_{0.8}\)S\(_2\) | 1 m H\(_2\)SO\(_4\) | 1                        | 130           | 69                          | Metal doping                                | [161]   |
| MoS\(_2\)                 | 0.5 m H\(_2\)SO\(_4\) | 1                        | 150           | 48                          | Nonmetal doping                             | [30]    |
| MoSe\(_2\)Cl              | 0.5 m H\(_2\)SO\(_4\) | 10                      | 183           | 82                          | Nonmetal doping                             | [30]    |
| W\(_{12}\)Se\(_{26}\)     | 0.5 m H\(_2\)SO\(_4\) | 10                      | 80            | 85                          | Nonmetal doping                             | [157]   |
| 1T MoS\(_2\)              | 0.5 m H\(_2\)SO\(_4\) | 10                      | 187           | 43                          | Phase engineering                           | [85]    |
| 1T’ MoS\(_2\)             | 0.5 m H\(_2\)SO\(_4\) | 10                      | 175           | 100                         | Phase engineering                           | [170]   |
| 2H-1T MoS\(_2\)           | 0.5 m H\(_2\)SO\(_4\) | 10                      | 136           | 73                          | Phase engineering                           | [151]   |
| 1T-2H MoS\(_2\)           | 1 m KOH           | 20                       | 320           | 65                          | Phase engineering                           | [175]   |
| 1T MoS\(_2\)/SWNT         | 0.5 m H\(_2\)SO\(_4\) | 10                      | 108           | 36                          | Electron doping                             | [176]   |
| Cu@MoS\(_2\)              | 0.5 m H\(_2\)SO\(_4\) | 10                      | 131           | 51                          | Electron doping                             | [177]   |
| MoS\(_2\)/CoSe\(_2\)      | 0.5 m H\(_2\)SO\(_4\) | 10                      | 75            | 36                          | Constructing heterostructure                | [105]   |
| Ni(OH)\(_2\)/MoS\(_2\)    | 1 m KOH           | 10                       | 80            | 60                          | Constructing heterostructure                | [183]   |
| MoS\(_2\)/RGO             | 0.5 m H\(_2\)SO\(_4\) | 1                        | 100           | 41                          | Constructing heterostructure                | [197]   |
| MoS\(_2\)/NiCo-LDH        | 1 m KOH           | 10                       | 78            | 76.6                        | Constructing heterostructure                | [209]   |
| MoS\(_2\)/NiFe-LDH        | 1 m KOH           | 10                       | 110           | 77                          | Constructing heterostructure                | [210]   |
| MoS\(_2\)/NiSe\(_3\)      | 1 m KOH           | 10                       | 110           | 83.1                        | Constructing heterostructure                | [211]   |
| NiS\(_2\)/MoS\(_2\)       | 1 m KOH           | 10                       | 204           | 65                          | Constructing heterostructure                | [212]   |
| P-1T MoS\(_2\)            | 0.5 m H\(_2\)SO\(_4\) | 10                      | 154           | 43                          | Phase and defect engineering                | [20]    |
| 1T MoSe\(_2\)             | 0.5 m H\(_2\)SO\(_4\) | 10                      | 152           | 52                          | Phase and defect engineering                | [27]    |
| MoS\(_2\)/HG              | 0.5 m H\(_2\)SO\(_4\) | 10                      | 124           | 41                          | Electronic structure modulation and interface engineering | [216] |
| 2H-MoS\(_2\)/Se\(_{1.4}\) | 0.5 m H\(_2\)SO\(_4\) | 10                      | 136           | 50                          | Nonmetal doping and defect engineering      | [133]   |

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process, which aids in providing more fundamental insights into the real catalytic courses. Moreover, theoretical calculation is a powerful method to screen possible catalyst candidates for HER\(^{226-228}\) and many of them have also been successfully prepared and utilized.\(^{1,174,138}\) Knowledge gained from the DFT results can be utilized to guide the materials designing, and the experimental results can further stimulate the additional theoretical researches. The virtuous feedback loop between the theoretical and experimental studies can significantly accelerate the new discoveries and inspires researchers to discover versatile ideas governing the fundamental phenomenon related to 2D TMDs.

5.3. Coupling with External Driving Field

Currently, modulation strategies of TMDs-based electrocatalysts mainly focus on optimizing the properties of the catalysts themselves. However, with the rapid development of various TMDs-based catalysts, there seems to be a bottleneck for catalytic activities enhancement and mechanism innovation. To further improve the catalytic effect, applying external driving fields during the test process may be a potential choice. According to some recent works, electric field\(^{229,230}\) and magnetic field\(^{231,232}\) could significantly improve the water splitting efficiency by tuning either the conductance or the spin polarization of the catalysts. It is speculated that HER performance of such novel catalysts could be further promoted with the assistance of the external driving field.

5.4. Designing New Type of TMDs-Based Electrocatalysts

TMDs-based materials have shown virtually unlimited potential for the HER, considering their various unique and fascinating chemical and physical properties. However, only few of the TMDs-based layered catalysts, such as MoS\(_2\) (the most studied TMDs electrocatalyst), MoSe\(_2\), and WS\(_2\) have been well investigated so far. In fact, layer-structured TMDs constitute a large family and many other members are still unexplored. To enrich our understanding of the 2D TMDs, other related materials should also be investigated. For example, TaS\(_2\)\(^{146,233}\) NbS\(_2\)\(^{216,234}\) and VS\(_2\)\(^{235,236}\) all show their potential for electrochemical hydrogen generation. Therefore, searching for new types of TMDs-based materials with favorable characteristics such as cost effectiveness, high efficiency, good durability, and pH-independence, is essential for the future industrial water splitting application.\(^{99}\) Besides searching for single-phase TMDs electrocatalysts, constructing proper heterostructure is another efficient strategy to optimize the electrochemical properties of the TMDs related materials.\(^{25,56,186}\) However, the integration of two different materials usually relies on the close contact and the formation of chemical bonds, which requires the similar lattice constant and limits the choices of raw materials.\(^{137}\) Recently, novel van der Waals (vdW) heterostructures have attracted lots of attention in many fields.\(^{138-240}\) These kinds of heterostructures are physically assembled together with different 2D materials by weak vdW interactions, which does not depend on chemical bonds. The simple integration of different 2D materials will inherit their respective properties and functionalities, which would vastly expand the application of layered materials. Some recent works have demonstrated that the combination of 2D TMDs and other layered materials would significantly improve the HER activities, especially in alkaline media.\(^{241,242}\) Nevertheless, the current strategies that used to construct vdW heterostructures usually involves in liquid or CVD methods, which makes the physicochemical characters of the products uncontrollable, such as layer number, hierarchical porosity and homogeneity. Therefore, versatile and facile techniques should be further investigated for controllable construction of vdW heterostructures.

5.5. Developing Standardized Testing

Due to the various testing conditions, it is very difficult to directly compare HER activities of electrocatalysts obtained by disparate researchers. Even for the same material, the different activities were found.\(^{341,142}\) For example, most current densities reported are normalized by geometrical area of electrodes, in which the real effective catalytic area and loading amount of electrocatalysts are ignored, and this will have an obvious influence on the judgment of the catalytic activity. Hence, to comprehensively estimate the HER performance and benefit the comparisons of different TMDs-based catalysts, standardized testing process should be applied. Some crucial tests, including catalyst loading, applied substrate, and the current densities, which are normalized to both electrochemical surface area and geometrical area, must be conducted.\(^{61,168}\)

5.6. Developing Integrated PEC-HER Systems

PEC hydrogen generation is an effective method to utilize solar energy.\(^{243,244}\) With the rapid expansion of high-efficient TMDs-based electrocatalysts, more efforts should be paid on PEC system. Two main factors should be considered to build an effective PEC-HER photocathode: 1) The light absorption layer. Nowadays, silicon is the most used semiconductor for photocathode, but the stability of the Si-based photo cathodes is not satisfying, especially in the alkaline media. Therefore, proper protect layer (such as Al\(_2\)O\(_3\), TiO\(_2\), and Ni) should be coated on Si substrate to avoid Si dissolving in alkaline media.\(^{245,246}\) 2) The proper catalysts. A well-designed PEC-HER system needs a proper catalyst that demonstrated high HER performance, as well as good optical transparency to ensure the sunlight reach the absorption layer. TMDs-based electrocatalyst are promising choice for the catalytic layer, but the coating usually involves high temperature process to make the close contact with the light adsorption layer, which makes the IT/IT’-TMDs very difficult to serve as the catalyst. Jin’s group has done a pioneering work to coating IT MoS\(_2\) on Si substrate via CVD methods\(^{246}\) and this will give us an enlightenment to explore more efficient way to prepare TMDs-based photocathodes.

In summary, the combination of theoretical and experimental study has demonstrated its great potential to investigate the catalytic mechanism. Under the guidance of theoretical simulations, various TMDs-based electrocatalysts and...
novel modulation strategies should be further developed. At the same time, standardized testing could benefit the comparison of catalytic activities obtained from different groups. With all these efforts, we can speculate that a further development in TMDs-based materials can be achieved in the field of water electrolysis.

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Conflict of Interest

The authors declare no conflict of interest.

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