The Integrated Local Plan for Health Promotion of the Lombardy Region: a planning tool for prevention

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Issue:
The Health Protection Agencies (ATS) of the Lombardy Region play a role in the governance through the technical-methodological support to achieve health objectives. Through Local Health Promotion Plans (PIL), ATS are tasked with programming campaigns for health promotion and prevention of NCDs at the territorial level, following regional (PRP) and national (PNP) guidelines. The PIL foster the integration of different sectors and activate non-health policies, through networks and stakeholders from different territories. The COVID-19 pandemic has further highlighted the need for an integrated and, intersectorial plan able to promote the development of partnerships, in order to focus more on the social and environmental determinants of health. This strategy guarantees responses to the needs of the population during an emergency, as well as equitable and sustainable prevention programs.
**Description of the problem:**
As part of its planning activities, each ATS defines and annually updates the PIL according to a methodology consistent with the regional situation and, based on analyses of health and the equity context. Implementation of the PIL is part of the prevention performance indicators and it is monitored at the regional level through collaborative work networks encompassing, research, training and sharing of best practices.

**Results:**
The comparative reading of the 8 PIL makes it possible to identify the contents defined in the various territories, highlighting of intersectorial relations present at the regional level. The mapping of interventions clearly highlights the settings in which the greatest number of resources are invested (school and work), thus becoming a tool for planning action programs in subsequent years.

**Lessons:**
In addition to being a planning tool, the PIL allows the sharing of the local health profile and priorities with all territorial actors, becoming one of the tools in which the Health Profile is declined.

**Key messages:**
- The analysis of PIL is the starting point for the systemization of good practices, identifying possible organizational synergies and the preventive effects of the actions and programs implemented.
- Comparative reading of PIL allows for benchmarking of health promotion interventions.