Bulk and compound-specific $\delta^{13}C$ and $n$-alkane indices in a palustrine intermontane record for assessing environmental changes over the past 320 ka: the Padul Basin (Southwestern Mediterranean realm)

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Abstract
Here we provide valuable information about the palaeoenvironmental evolution of Southwestern Mediterranean region during the last ca. 320 ka through a biomarker-based study of the longest continuous continental Quaternary record in the Iberian Peninsula. The $n$-alkane content and $\delta^{13}C$ values of these lipids were measured in 300 samples taken from the uppermost 55 m of the Padul Basin (PB) record. The $\delta^{13}C$ signal of long-chain $n$-alkanes was a reliable proxy for $C_4/C_3$ terrestrial vegetation composition in the basin, as emergent macrophytes made a minor contribution to these homologues. In contrast, the $\delta^{13}C$ values of $C_{23}$ and $C_{25}$ alkanes reflected mainly phases of increasing water level of the lacustrine/palustrine water body since aquatic macrophytes contain a large proportion of these compounds. Low $\delta^{13}C$ values were attributed to a marked contribution of plants using the $C_3$ photosynthetic pathway. Intervals with the lowest $\delta^{13}C$ values were attributed to an important input of angiosperms, although they could also be explained by changing environmental conditions or environmental stress, as large shifts in $\delta^{13}C$ occurred in long-chain homologues typically abundant in terrestrial plants. Shifts in $\delta^{13}C$ of medium-chain homologues reflected limited CO$_2$ availability induced by water temperature, salinity, pH, enhanced productivity, low atmospheric pCO$_2$, or stagnant barriers, rather than the abundance of aquatic macrophytes. Our results also suggest enhanced isotopic fractionation during lipid synthesis by aquatic macrophytes within MIS 7 and the Holocene, leading to increased $\delta^{13}C$ values of bulk OM and of long-chain $n$-alkanes. Hence, the $\delta^{13}C$ logs were ideal for studying the contribution of aquatic macrophytes to the lipid and isotopic composition of sediments and for the reconstruction of palaeoenvironmental conditions. These results confirmed that $C_4$ plants had a low presence in the PB. Comparison with biomarker analysis and pollen data of the PB and other records of the Southwestern Mediterranean revealed that $\delta^{13}C$ values of bulk OM and of long-chain $n$-alkanes reflected global climatic oscillations during MIS 7 and the episodes Heinrich Events 3, 2, 1 and Younger Dryas.

Keywords $n$-alkanes · $\delta^{13}C$ · Aquatic plants · Terrestrial plants · Padul · Palaeoenvironment
Resumen
Proporcionamos información valiosa sobre la evolución paleoambiental de la región Mediterráneo suroccidental durante los últimos ca. 320 ka a través del estudio de biomarcadores del registro continental continuo Cuaternario más largo de la Península Ibérica. El contenido de n-alcanos y los valores de δ13C de estos lípidos se midieron en 300 muestras tomadas de los 55 m superiores del registro de la cuenca de Padul. La señal δ13C de los n-alcanos de cadena larga proporcionó información sobre la vegetación terrestre C3/C4 en la cuenca, ya que las macrofitas emergentes contribuyen en menor grado a la señal de estos compuestos de mayor peso molecular. Por el contrario, los valores de δ13C de los alcanos C23 y C25 reflejaron, principalmente, fases de aumento del nivel de agua, ya que las macrofitas acuáticas contienen una gran proporción de macrofitas acuáticas en el MIS 7 y Holoceno, lo que produjo un aumento de los valores de δ13C en la materia orgánica y en los n-alcanos de cadena larga. Por lo tanto, el registro de δ13C resultó fundamental para determinar la contribución de las macrofitas acuáticas a la composición lípida e isotópica de la materia orgánica de los sedimentos y la reconstrucción paleoambiental. Estos resultados confirmaron que las plantas C4 contribuyeron de manera muy limitada al registro de la Cuenca del Padul. La comparación de estos resultados con el análisis de biomarcadores y polínico de la cuenca de Padul, así como con otros registros del suroeste del Mediterráneo reveló que δ13C de la materia orgánica y de los alcanos de cadena larga reflejaron las oscilaciones climáticas globales del MIS 7, los Eventos Heinrich 3, 2, 1 y Younger Dryas.

Palabras clave n-alcanos · δ13C · Plantas acuáticas · Plantas terrestres · Padul · Paleoambiente

1 Introduction

Lacustrine and palustrine sediments provide excellent palaeoclimatic and palaeoenvironmental reconstructions from the study of a variety of proxies, including elemental, isotope and molecular organic geochemical ones. Among these, biomarkers are commonly used to reconstruct past environmental conditions (Meyers 1997, 2003; Meyers and Ishiwatari 1993; Ortiz et al. 2010; Xie et al. 2004; Zhou et al. 2005, among others). In particular, n-alkanes have been extensively used for this purpose. The sources of n-alkanes in geological records can be inferred from their molecular distributions. The n-alkanes of the leaf wax of terrestrial plants are enriched in C27 to C31, whereas aquatic macrophytes are characterized by the predominance of C23 and C25 homologues (Eglinton and Hamilton 1963, 1967). Short-chain n-alkanes (C17 and C19) are attributed mainly to algae and cyanobacteria (Cranwell et al. 1987). Given these considerations, indexes like the average chain length (ACL) (Poynter 1989) have been developed to estimate the contribution of different types of vegetation to sediments. In this regard, the aquatic macrophyte proxy (Paq) (Ficken et al. 2000) provides information about the input of aquatic macrophytes to marine, lacustrine and palustrine environments.

The carbon isotopic composition of organic matter (OM) in lake sediments is widely used in palaeolimnology. δ13C values can be used for studying changes in bulk OM sources (mainly C3 and C4 vegetation), for reconstructing palaeoenvironmental conditions (Farquhar et al. 1989; Ficken et al. 1998; Street-Perrot et al. 2004; Eley et al. 2016, among others) and past productivity rates (e.g., Brenner et al. 1999; Hodell and Schelske 1998; Hollander and McKenzie 1991; Hollander et al. 1992; Meyers 2003), and for identifying changes in nutrient availability in surface waters (Bernasconi et al. 1997; Teranes and Bernasconi 2005). In this regard, the distinct CO2 fixation pathways of plants produce characteristic differences in the stable carbon isotope composition of leaf waxes, with C3 plants usually having more depleted δ13C values than C4 plants, which in turn are related to climatic characteristics, as the abundance of the latter shows good correspondence with arid conditions. Similarly, phytoplankton (C3 algae) preferentially utilize 12C to produce OM, which is approximately 20‰/00 lighter than the 13C/12C ratio of their dissolved inorganic carbon (DIC) source (cf., O’Leary 1988; Wolfe et al. 2001), and this proxy can be used to estimate productivity.

The δ13C composition of specific compounds has been employed in recent years for palaeoenvironmental interpretations. The δ13C composition of individual n-alkanes has been used to infer biosynthetic processes, source inputs, and palaeoenvironmental conditions, and it provides more specific data on past changes in C3 and C4 plant abundance than the δ13C of bulk OM (Street-Perrot et al. 1997; Ficken et al. 1998; Huang et al. 2000, 2001; Sinninghe Damsté et al.
Thus, the \( \delta^{13}C \) values of long-chain \( n \)-alkanes, which are derived mainly from terrestial vegetation, are used to reconstruct the input of OM from \( C_3 \) and \( C_4 \) plants to sediments (Ficken et al. 1998; Huang et al. 2001, 2006; Liu et al. 2015; Sinninghe Damsté et al. 2011; Yamamoto et al. 2010). Changes in the contribution of \( C_3 \) and \( C_4 \) plants are controlled mainly by climatic and environmental factors, such as temperature, aridity and atmospheric \( CO_2 \) levels (Cerling et al. 1997; Huang et al. 2001), although other factors (e.g. pH, salinity, productivity) are likely to affect both the bulk OM and compound-specific \( \delta^{13}C \) signals (Hollander and McKenzie 1991; Hollander et al. 1992; Meyers 2003; Street-Perrot et al. 2004; Eley et al. 2016).

Thus, the \( \delta^{13}C \) composition of bulk OM and of long-chain \( n \)-alkanes in lake sediments has been traditionally considered a reliable way to track changes in the contribution of \( C_3 \) and \( C_4 \) plants. A key premise is that long-chain leaf wax components are derived primarily from land plants. However, the input of aquatic macrophytes can be underestimated (Liu et al. 2015). Moreover, the wide range of \( \delta^{13}C \) values of medium- and some long-chain \( n \)-alkanes may bias the interpretation towards more \( C_3 \) or \( C_4 \) plants, as aquatic macrophytes show large variations in \( \delta^{13}C \) values (Aichner et al. 2010; Liu et al. 2015).

Located in the south of the Iberian Peninsula, the Padul Basin (PB) has one of the longest terrestrial records in the world, the main one in the Southern Mediterranean realm, with more than 100 m covering ca. 1 Ma (Ortiz et al. 2004, 2010). The importance of the PB was first recognized in the pollen studies of Menéndez Amor and Florchschütz (1962, 1964) and Florchschütz et al. (1971) performed in a ca. 100-m deep core, and of Pons and Reille (1988) in a composite record of 22.8 m. In 1997, a 107 m-long core (SPD) was drilled where the basin reaches its maximum depth near its western edge (Nestares and Torres 1998). High resolution pollen and organic geochemistry studies from this watershed reveal changes in vegetation that can be attributed to alterations in climatic and environmental conditions in the Southern Mediterranean realm over ca. 1 Ma (Florschutz et al. 1971; Pons et al. 1988; Ortiz et al. 2004, 2010; Torres et al. 2020). The record is characterized by an overwhelming presence of \textit{Pinus}. The abundance of the typical steppe taxa \textit{Artemisia} and Chenopodiaceae are linked to arid phases, while an increase in Mediterranean vegetation, deciduous trees and Poaceae plants is interpreted as the development of a Mediterranean-like climate (Torres et al. 2020). In contrast, periods with predominance of pteridophytes (ferns) and deciduous trees, which both arise in more humid conditions, are scarce in the record. Ramos-Román et al. (2018a) also provided a climate reconstruction of the PB for the last 4700 cal yr BP based on the pollen record of a core drilled in the western part of the basin. Ramos-Román et al. (2018b) reconstructed the vegetation and environmental conditions of the last ca. 11.6 cal ka BP by integrating pollen, inorganic and organic geochemical and sedimentological analyses. Also, Camuera et al. (2019) provided the pollen record of the last 200 ka. However, the chronological model used by these authors should be considered with caution, as it was constructed using only 2 ages older than 50 ka (ca. 65 ka and ca. 120 ka, after the rejection of 3 ages), and using linear extrapolation with two different sediment rates beyond ca. 120 ka (Camuera et al. 2018).

Lithology and organic geochemical proxies reveal the existence of two main phases in the record: from 107 to 60 m (1 Ma to 400 ka), with lacustrine conditions, and in the upper 60 m (last 400 ka), with palustrine conditions (Ortiz et al. 2004). The relative abundance of high molecular weight (MW) \( n \)-alkanes shows good correspondence with these large palaeoclimatic periods.

Research using other palaeoclimatological proxies has continued over the years. In this regard, the concentration of organic carbon, the atomic H/C and C/N ratios, and \( \delta^{13}C \) and CPI values of bulk OM have proven to be excellent proxies for the study of the palaeoclimatological and palaeohydrological evolution of the Padul peat bog (Ortiz et al. 2004). However, global climatic changes (glacials and interglacials), such as those occurring from \textit{ca.} 170 to 25 ka B.P. (from meter 33.6 to 7), did not greatly affect these palaeoenvironmental proxies, the values of which show little variation. Ortiz et al. (2010) demonstrated that the relative percentages of high MW alkanes (\( C_{27}, C_{29} \) and \( C_{31} \)) are useful for reconstructing the palaeoenvironmental evolution of the PB.

In the present study, we re-examined the last ca. 320 ka (upper 55 m) of the palaeoclimatological record of the PB, focusing on new data, namely the stable carbon isotope composition of \( n \)-alkanes, and various indexes related to the \( n \)-alkane content (mainly the \( n \)-alkane predominant chain, ACL and Paq indexes). In fact, ACL, Paq and \( \delta^{13}C \) have been used together to reconstruct the palaeoenvironmental conditions of lacustrine environments (Seki et al. 2010; Sun et al. 2013).

The objectives of this study were (1) to provide new insights into the vegetation and climate change in the Southern Mediterranean realm during the last 320 ka based on stable carbon isotopic measurements of biomarkers in the PB record, (2) to examine the variability in the carbon isotopic composition of the Padul record: bulk and compound-specific \( \delta^{13}C \) signals, focusing on \( n \)-alkanes, and (3) to combine the information provided by \( \delta^{13}C \) values and \( n \)-alkane proxies.
2 Geographical, geological and bioclimatological settings

The PB catchment has a total area of 44 km², while the present peat bog covers 4.6 km² and is located 720 m a.s.l. (Fig. 1). The western boundary of the basin is formed by the elevations of the Albuñuelas range (1000 m a.s.l), while the eastern one is the bald and craggy Sierra Nevada, which reaches its highest point at the Mulhacén peak (3482 m a.s.l.), only 20 km east of Padul village (Fig. 1). The northern boundary is a small elevation (Suspiro del Moro, 830 m a.s.l.) that divides the PB and the Granada depression. The southern boundary is defined by the Dúrcal river gorge.

The PB resembles a typical endorheic basin that is tectonically controlled (Alfaro et al. 2001): an alluvial fan system developed along its eastern border, grading into the lacustrine-palustrine environment. The still active Padul fault provides continuous subsidence at the western footwall of the basin, and the alluvial fan apices are aligned along the fault trace at 800–900 m a.s.l. (Alfaro et al. 2001) (Fig. 2). A maximum thickness of ca. 110 m is reached towards the eastern boundary of the basin, with Pleistocene sediments overlying Miocene marine ones. A dominant groundwater regime controls the hydrology of the basin, with a hydrogeological connection between the karst rock of Sierra Nevada and the PB itself, the run-off input of water being estimated to contribute only about 8% of the total (Cañada 1984).

The climate in the basin is Mediterranean with a continental influence. Winters are cold and dry, while summers are extremely hot, with maximum temperatures over 40 °C. The average annual rainfall ranges from 400 to 450 mm yr⁻¹, evapotranspiration is 700–900 mm yr⁻¹, and the mean annual temperature is between 15 and 16 °C (Rivas-Martínez and Rivas-Sáenz 2009).

The present day accumulation of organic matter in the PB is linked to semi-aquatic plants like Phragmites australis, helophytic species (Typha angustifolia, Scirpus lacustris, Ranunculus repens, Lythrum junceum, Apium nodiflorum, Veronica anagallis-aquatica), and other hygrophilous plants (Cyperus longus, Juncus articulatus, Ranunculus trilobus, Scrophularia auriculata) (Sánchez-Castillo and Morales-Torres 1981). Riparian representatives, such as Populus sp., Salix sp. and Fraxinus sp., among others, also appear on the banks of the bog. The Sierra Nevada Range holds a series of vegetation belts, the main contribution belonging to the meso-Mediterranean belt below 900 m (57% of current vegetation) (Rivas-Martínez 1987).

The chronology of the PB record was calculated through consistent numerical datings (¹⁴C, Th/U, amino acid racemization and palaeomagnetism) of SPD core (Ortiz et al. 2004; Torres et al. 2020) and using Bayesian age–depth modelling created with the Bayesian R-code package “Bacon 2.3.7” (Blaauw and Christen 2011).

3 Materials and methods

The drilling was performed by the Geological Service of Spain, using a ring with a conventional drill pipe and direct flow of bentonite-water mud. The stratigraphy of the Padul SPD core (Latitude: 37º01’ 01’’ N; Longitude: 3º36’ 07’’ W; Elevation: 714.20 m) is shown in Fig. 2. For more details see Ortiz et al. (2004) and Ortiz et al. (2010). Coarse detrital material was predominant in the lower part of the core (from 107 to 70 m), with some scarce peaty intervals, whereas peaty lutites were dominant between
70 and 50 m. In the uppermost 50 m, peat was abundant, with some marly (37–33 m) and sandy interbeds (7–5 m).

A total of 330 samples for lipid fraction and 270 samples for OM and n-alkane stable carbon isotope analysis were taken at approximately 15 to 20 cm intervals along the upper 55 m of the core.

3.1 Lipid extraction and analysis (biomarker analysis)

About 5–10 g of sediment was ground, and biomarkers were extracted following the LEB protocol (Lucini et al. 2000). Briefly, this procedure consists of a 24-h soxhlet extraction with dichloromethane and methanol 2:1 (suprasolv Merck) and concentration of the isolated bitumen using a rotor-vapor device. Three bitumen fractions were extracted through liquid chromatography in a silica-alumina glass column using solvents of distinct polarity, namely n-hexane, dichloromethane/n-hexane 4:1 and methanol. Samples were injected into an HP 6890 gas chromatograph equipped with a selective mass detector (HP 5973) and an ATM-5 column (250 × 0.25 mm; 0.20 μm). Helium was used as the carrier gas. The oven temperature was programmed from 60 to 300 °C at 6°C/min (holding time 20 min). The injector was programmed at 275°C. The compounds were identified using the Data Analysis Program and the Wiley Library. n-Alkanes were calculated from the GC/MS chromatograms of mass/charge m/z 57 from the first bitumen fraction (extracted with n-hexane), and decafluorobiphenyl was used as an internal standard.

3.2 Bulk organic matter δ¹³C analysis

Carbon isotope ratios of bulk OM were calculated at the “Estación Experimental El Zaidín”. After carbonate removal with 1:1 HCl, the δ¹³C values of OM were measured in selected samples by means of an EA-IRMS elemental analyser connected to a Finnigan MAT 251 mass spectrometer. Results are expressed in δ-notation (‰), using the international Vienna Pee Dee Belemnite (PDB) standard. The standard deviations are 0.1 ‰ for δ¹³C in OM.

3.3 Compound-specific δ¹³C analysis

Compound-specific δ¹³C analyses were performed on the aliphatic fraction (extracted with hexane) using a TraceGC Ultra (Thermo-Finnigan) gas chromatograph coupled to a Delta XP isotope ratio mass spectrometer (IRMS) at the “Estación Experimental El Zaidín”. We used an ATM-5 column (250 × 0.25 mm; 0.20 μm). Helium was the carrier gas. The oven temperature was programmed from 60 to 300 °C (held 20 min) at 3°C/min. Carbon isotope ratios are expressed relative to the PDB standard. The reproducibility for replicate analysis is 0.1 ‰.
4 Results

The logs of the palaeoenvironmental proxies used in this study, i.e. concentration of total organic carbon (%TOC), diverse n-alkane indices, bulk δ13C values, and δ13C values of some n-alkanes, are shown in Figs. 2, 3.

The %TOC values were between 52.38 and 0.06. From a general point of view, the %TOC values showed oscillations, although most were between 30 and 55%. There were, however, some minima in the %TOC, which correlated with horizons consisting of marls (37–34 m) and sands (4 beds between 8 and 4.5 m). Of note, two other minima occurred at 52–51 m and 43–42 m.

4.1 n-Alkanes

All the samples showed an odd-over-even carbon number predominance (CPI values were higher than 2; Ortiz et al. 2004), with a chain-length distribution ranging mainly from C15 or C17 to C33 or C35, maximizing either at low MW (C17 or C19, Fig. 3) or long-chain alkanes (C27, C29 and C31), the former group predominant in only a few samples (Fig. 3).

The profiles of the n-alkane predominant chain, ACL and Paq indexes were considered. The Paq index, calculated as \((\frac{C_23 + C_25}{C_23 + C_25 + C_29 + C_31})\) ratio (Ficken et al. 2000), was postulated to reflect the relative contribution of emergent and submerged/floating aquatic macrophytes, which typically maximize at C23 and C25, and of terrigenous plants. Paq values varied between 0.08 (2.27 m) and 0.83 (51.50 m).

The ACL index (Poynter 1989), calculated as \([\sum (C_i \times i + C_{i+1} \times (i+1) + C_{i+2} \times (i+2) + \ldots + C_n \times n))/ (\sum C_{n+1} + C_{n+2} + \ldots + C_n)\), with \(i = 13, n = 33\), is a good proxy for distinguishing between the predominance of low vs. high MW n-alkanes (Pancost et al. 2002; Rommerskirchen et al. 2003). Most ACL values fell between 26.0 and 29.5, with four marked intervals, namely 54–51 m (320–300 ka), 39–34 m (220–180 ka), 7–5 m (25–15 cal ka BP) and upper 2.5 m (7.5 cal ka BP), with lower values coinciding with a dominance of short- to medium-chain n-alkanes.

4.2 δ13C values

The δ13C values of bulk OM ranged between −31.46 and −17.83 ‰. They did not show marked oscillations, with most of the samples ranging between −27.0 and −29.0 ‰, with the exception between 39 and 34 m (220–180 ka), which showed a shift to less negative values, and in the upper 7 m, in which some samples provided values over −26.0 ‰.

The stable carbon isotopic composition of n-alkanes varied substantially. C31 and C33 n-alkanes were typically the most depleted and they ranged from −46.6 ‰ to as much as −46.6 ‰, with the latter showing the most depleted values. δ13C values for C29 oscillated between −27.7 and −39.6 ‰ and for C27 between −23.5 and −39.6 ‰.

In contrast, the δ13C for C23 and C25 showed values as low as −14.8 ‰ and −20.9 ‰, respectively between 39 and 34 m (220–180 ka). Some samples of the uppermost 7 m also showed less negative δ13C values. The most depleted values were −40.3 ‰ and −39.2 ‰, respectively.

5 Discussion

5.1 Origin of n-alkanes

n-Alkane profiles were used to distinguish the diverse sources of OM, namely algal, aquatic or terrigenous. Each sample can be characterized by the predominant n-alkane chain length. Phytoplankton and algae are dominated by low MW n-alkanes, maximizing at C17 (Blumer et al. 1971;
Cranwell et al. 1987; Gelpi et al. 1970). Submerged/floating macrophytes maximize at C_{21}, C_{23} and C_{25} (Cranwell 1984; Ogura et al. 1990; Viso et al. 1993), while emergent macrophytes have a composition similar to that of terrestrial plants, peaking at C_{27} and C_{29} (Cranwell 1984). Land plants contain a high proportion of higher MW n-alkanes (C_{27}, C_{29} and C_{31}) in their epicuticular wax (Cranwell et al. 1987; Eglington and Calvin 1967; Eglington and Hamilton 1963, 1967; Nott et al. 2000; Pancost et al. 2002; Rieley et al. 1991). Deciduous trees typically maximize at C_{27}, whereas C_{31} is dominant in marsh plants and possibly grasses (Cranwell et al. 1987; Ogura et al. 1990; Schwark et al. 2002). However, data from a broad survey of modern plants show that n-alkane chain-length distributions are highly variable within plant groups, and chemotaxonomic distinctions between grasses and woody plants are difficult to make, with the exception of aquatic plants and Sphagnum moss (Bush and McNerney 2013). In contrast, changes in chain length distribution are likely to be a result of temperature and/or humidity conditions (Bush and McNerney 2015).

In the PB record, most of the samples from the upper part of the core maximized at C_{27}, C_{29} or C_{31} n-alkanes, while the C_{17} and C_{23} were predominant in some samples between 54 and 51 m (320–300 ka), 39 and 37 m (320–300 ka) and the upper 2.5 m (7.5 cal ka BP). Therefore, the n-alkanes present in the sediment probably derived from terrestrial plants, with some exceptions in which the C_{17} and C_{23} homologues were predominant, indicating a major input from algae and aquatic macrophytes, respectively. Samples in which C_{27} was the most abundant n-alkane might be also linked to aquatic macrophytes. Of note, a bimodal distribution was detected in some samples, with maxima at medium- and long-chain n-alkanes, thereby indicating the contribution of distinct types of OM: land plants and aquatic macrophytes.

The ACL index did not show significant oscillations, with values ranging between 29.5 and 27.0, confirming the major input of terrestrial plants. Only between 54 and 51 m (320–300 ka) and in the uppermost 2.5 m did ACL values fall below 25.0. This observation is attributed to an important contribution of algae and/or aquatic macrophytes. Of note, between 39 and 34 m (220–180 ka), and 7 and 4 m (25–10 cal ka BP), ACL values were between 27.0 and 25.0, indicating a significant input of aquatic macrophytes.

The Paq index reflected the abundance of emergent and submerged/floating aquatic macrophytes. According to Ficken et al. (2000), values < 0.1 are linked to a dominant contribution from land plants, while those between 0.1 and 0.4 indicate a significant input from emergent macrophytes. Values > 0.4 are typical in sediments with a major n-alkane input from submerged/floating macrophytes.

In the Padul record, most Paq values fell between 0.1 and 0.4. Therefore, although the predominant n-alkane chain and ACL values indicated a major input of land plants, the Paq index pointed to a considerable contribution of emergent macrophytes. Therefore, a mixed contribution of terrestrial plants and aquatic macrophytes occurred. It must also be highlighted that samples from between 54 and 51 m, and a few between 39 and 34 m (220–180 ka), 7 and 4 m (25–10 cal ka BP) and the upper 2.5 m (7.5 cal ka BP) registered Paq values over 0.4, thereby indicating a major input of submerged macrophytes, which is consistent with lower ACL values and the predominance of short-chain n-alkanes.

5.2 δ^{13}C values

The isotopic proxies and n-alkane ratios provide a general overview of the palaeovegetation and palaeoenvironmental changes in the PB record. δ^{13}C values of bulk OM have been examined previously (Ortiz et al. 2004), but here we widened the study by addressing compound-specific δ^{13}C signals and exploring the relationships with n-alkane proxies.

5.2.1 δ^{13}C values of bulk OM

The carbon isotopic composition of OM (δ^{13}C) in lake sediments is frequently used to distinguish the source of this material, especially between terrestrial and aquatic plants. It can further differentiate different types of land plants (C_{3} and C_{4}) and can be used to constrain algal productivity (Talbot and Johannessen 1992).

Thus, C_{3} land plants (mainly trees, shrubs and cold climate grasses) commonly show δ^{13}C values between −23 and −31‰ (O’Leary 1981, 1988; Meyers 1990; Collister et al. 1994; Meyers et al. 1995; Meyers and Lallier-Verges 1999; Ficken et al. 2000; Bi et al. 2005), with a mean value of −27‰. According to Diefendorf et al. (2010) and Chikaraishi and Naraoka (2003), δ^{13}C values in C_{3} plants can vary between −21 and −36‰. In contrast, C_{4} land plants (grasses and sedges) have δ^{13}C values between −9 and −19‰ (Tieszen et al. 1979; O’Leary 1981, 1988; Meyers 1990; Collister et al. 1994; Ficken et al. 2000; Chikaraishi and Naraoka 2003; Bi et al. 2005), with a mean value of −13‰. It has also been reported that bulk δ^{13}C values in gymnosperms are 3–6‰ higher than those of angiosperms (Chikaraishi and Naraoka 2003; Stuiver and Braziunas 1987). According to Brooks et al. (1997), the δ^{13}C values of evergreen trees are 3–4‰ higher than those of deciduous trees. Similarly, oak has 2–4‰ higher δ^{13}C values than pine (Williams and Ehleringer 1996), although Huang et al. (2006) found that pine trees are 4–5‰ higher than oak trees.

Most C_{4} species are grasses, belonging to Poaceae (40%) and sedges included in Cyperaceae family (15–20%) and are associated with warm and arid climates. Likewise, most Chenopodiaceae are C_{4} plants. Moreover, gymnosperms do not use the C_{4} photosynthetic pathway, and only 3% of angiosperms use this cycle for CO_{2} fixation.
Crassulacean acid metabolism (CAM) is a less common C₃ pathway (Winter et al. 2005) used by plants mostly under certain environmental niches, e.g., desert succulents and tropical epiphytes (Kealey and Rundel 2003). Thus, CAM plants make a very low contribution to biomass and provide intermediate δ¹³C values between those of C₃ and C₄ plants.

Freshwater phytoplankton typically has δ¹³C values between −20 and −30‰ (Galimov 1985). According to France (1995), the mean δ¹³C value of phytoplankton is −22‰, whereas algae is −17‰. Aichner et al. (2010) reported values between −13.1 and −16.8‰ in samples of the algae Chara.

The rapid decomposition of algae in comparison with land plants implies that there is little preservation of OM derived from phytoplankton and algae and that this material contributes only a low concentration of n-alkanes (Cranwell 1973). Of note, phytoplankton and dominant aquatic plants can sometimes enrich the δ¹³C of biomass when photosynthesis occurs under CO₂ limiting conditions (Hodell and Schelske 1998; Sharkey and Berry 1985). Thus, an active uptake of HCO₃⁻ rather than CO₂ can lead to a δ¹³C-enrichment of biomass (Bernaconi et al. 1997; Espie et al. 1991; Goericke et al. 1994; Hollander and Mckenzie 1991; Laws et al. 1998).

Aquatic macrophytes can be especially abundant in some lacustrine environments (Aichner et al. 2010; Ficken et al. 2000; Liu et al. 2013) and can therefore contribute a significant amount of organic carbon and medium-chain n-alkanes to sediments.

The bulk δ¹³C values of aquatic macrophytes are usually within the range of C₃ plants, although the characteristics of the water mass (high pH, alkalinity, high CO₂ consumption, producing limited CO₂ availability) can lead to less negative δ¹³C values (because of HCO₃⁻ assimilation), similar to those of C₄ plants (Prins and Elzenga 1989; Keely and Sandquist 1992). Aichner et al. (2010) reported bulk δ¹³C values ranging from −5.8 to −18.1‰ in submerged aquatic macrophytes (in the range of δ¹³C values for C₄ plants), and between −25.7 and −26.4‰ for emergent macrophytes. Similarly, the aquatic macrophytes studied by Chikaraishi and Naraoka (2003) showed bulk δ¹³C values of between −14.6 and −16.5‰.

The small oscillations of δ¹³C values, ranging between −27.0 and −29.0‰, observed in most of the samples from the PB core may indicate a major input from C₃ plants. Such plants may have been either grasses or trees characteristic of areas with distinct precipitation rates. Furthermore, C₃ trees include a huge variety of species with diverse ecological characteristics, although it appeared that most of the OM derived from angiosperms, as they usually have more depleted δ¹³C than gymnosperms. Nevertheless, according to pollen data, there is an overwhelming presence of Pinus along the record (Torres et al. 2020), although there is evidence that gymnosperms produce very few n-alkanes relative to angiosperms (Diefendorf et al. 2011), and Pinus pollen can be largely overrepresented due to the air and water buoyancy linked to its enlarged sac wings. Moreover, in the PB, gymnosperms were located at higher elevations, far from the lacustrine/palustrine water body, with run-off input of water estimated to contribute only about 8% of the total (Cañada 1984). Consequently, changes in the water table in the peat bog were controlled indirectly by infiltration of water from the surrounding mountains (artesian waters), where accumulated snow during colder phases subsequently melted.

However, these δ¹³C values may also be characteristic of aquatic macrophytes (Müller and Mathesius 1999). Therefore, samples of this group cannot be ascribed to a specific palaeoenvironmental event.

In the uppermost ca. 7 m, many samples indicated that the OM derived from algae and/or aquatic macrophytes and land plants, as ACL values were <26, and Paq ranged mainly between 0.6 and 0.3. However, some variations of the δ¹³Corg values between 7.8 and 4.5 m (30–11.5 cal ka BP), with a maximum difference of 5‰ (−23.3 to −28.3‰), were especially marked. This finding may indicate a change in vegetation, but within C₃ plant species. However, variations in macrophytes could also explain this increase.

Samples with lower δ¹³C values of bulk OM [(7.8–7.7 m (30–29 cal ka BP); 6.9–6.7 m (22–20 cal ka BP); 5.9–5.6 m (18–17 cal ka BP) and 4.6 m (12 cal ka BP)] coincided with predominant n-alkane chains of 31 carbon atoms, which are typical of grasses (Cranwell 1973), and C₂₇ or C₂₉ predominant n-alkanes, common to trees (Cranwell 1973). Of note, these intervals can be correlated with a marked increase in stepppe plants and a significant decrease in xerophilous taxa (Torres et al. 2020) and a significant reduction of the percentage of C₂₇ with respect to the sum C₂₇+C₂₉+C₃₁ (Ortiz et al. 2010), thereby indicating the occurrence of cold-dry phases.

5.2.2 Compound-specific δ¹³C values

Individual carbon isotopic compositions of n-alkanes are shown in Fig. 3, showing some oscillations that differed in medium-chain relative to long-chain n-alkanes, which complement the information on δ¹³C of bulk OM.

In general, the δ¹³C values of medium- and short-chain n-alkanes are more negative than those of long-chain homologues (Sinninghe Damsté et al. 2011; Sun et al. 2013). However, in the Padul record, the δ¹³C values of C₂₉ to
n-alkanes were more depleted than those of the C_{23} homologue.

On the whole, the carbon isotopic composition of n-alkanes in plants is more depleted (by 6–13‰) than δ^{13}C of bulk OM (Bi et al. 2005; Chikaraishi and Naraoka 2003; Collister et al. 1994; Eley et al. 2016; Vogts et al. 2009). Similar to bulk OM isotopic composition, the δ^{13}C values of n-alkanes are more depleted in C_{3} plants (n-alkanes C_{25} to n-C_{35} typically range from −26 to −42‰) than in C_{4} vegetation (−14 to −26‰) (Bi et al. 2005; Castañeda et al. 2009; Chikaraishi and Naraoka 2003; Collister et al. 1994; Eley et al. 2016; Liu et al. 2015; Pedentchouk et al. 2008; Simoneit 1997; Vogts et al. 2009). Similarly, the δ^{13}C values of n-alkanes are lower in C_{3} angiosperms (−36.1±2.7‰) than in C_{3} gymnosperms (−31.6±1.7‰) (Chikaraishi and Naraoka, 2003; Pedentchouk et al. 2008).

According to Liu et al. (2015), C_{27} of aquatic macrophytes shows δ^{13}C values ranging from −15.1 to −26.0‰, and C_{29} from −15.7 to −26.7‰. In this regard, Aichner et al. (2010) reported that submerged macrophytes show wide ranges of n-alkane δ^{13}C values: −13.3 to −29.9‰, whereas emergent macrophytes vary from −29.2 to −34.5‰.

Furthermore, δ^{13}C values between n-alkane homologues are widely variable in a single plant, being typically less than δ^{13}C_{0} (Bi et al. 2005; Chikaraishi and Naraoka 2003; Collister et al. 1994; Conte et al. 2003; Diefendorf et al. 2011, 2015; Dungait et al. 2011; Eley et al. 2016; Vogts et al. 2009), although reaching as much as 16‰ in some cases (Aichner et al. 2010; Chikaraishi and Naraoka 2003). Therefore, it is necessary to be cautious when interpreting small variations in the isotopic compositions of individual compounds isolated from sedimentary environments (Collister et al. 1994).

Moreover, the δ^{13}C values of a single n-alkane homologue of a plant can vary in a given location under changing environmental conditions, i.e. δ^{13}C n-C_{27} alkanes of the birch Betula pendula shows seasonal variations of ca. 3‰ (Pedentchouk et al. 2008). Variations for n-C_{27}, n-C_{29} and n-C_{31} alkanes have also been reported for some saltmarsh species.

The shifts in the δ^{13}C values of sedimentary leaf waxes may result not only from climate variables but also from temporal shifts in the distribution of vegetation, as well as from changes in the isotopic signatures of higher plants undergoing metabolic processes or subjected to environmental stress (Pedentchouk et al. 2008), or as a result of adaptation to salinity (Eley et al. 2016).

Thus, the relatively narrow range of δ^{13}C values limits the application of carbon isotope techniques. Moreover, given that plant species produce widely varying amounts of n-alkanes, further complexity is introduced when interpreting biomarker-based δ^{13}C reconstructions, as species may bias the sedimentary record to a greater or lower extent depending on the amount of alkyl lipids they produce (Eley et al. 2016). Nevertheless, these uncertainties do not affect the interpretation of overall trends, where relatively enriched (depleted) bulk and/or n-alkane δ^{13}C values indicate a decrease or increase in the input of C_{3}/C_{4} plants (Castañeda and Shouten 2011).

Here we observed a certain correlation between the ACL index and bulk δ^{13}C logs of OM and C_{23} and C_{25} n-alkanes, with low oscillations between 34 and 7 m (180–25 ka), and generally lower ACL values when δ^{13}C signals increased. These findings indicate that changes in vegetation may affect these proxies. However, no correspondence was observed between the Paq index and δ^{13}C logs, thereby indicating considerable and almost constant presence of emergent macrophytes throughout the record and that other factors were responsible for changes in δ^{13}C values. Therefore, the n-alkane indices revealed the contribution of vegetation to the sedimentology of the PB. However, specific considerations could be made on the basis of δ^{13}C values.

Similarly, the bulk δ^{13}C log was comparable to those of C_{23}, C_{25} and C_{27} homologues, with lower correspondence with long-chain n-alkanes (Fig. 3). The multivariate analysis (Table 1) showed that the δ^{13}C values of C_{23}, C_{25} and C_{27} were the main contributors to the bulk δ^{13}C signal, as they showed significant correlation coefficients. Of note, the C_{27} δ^{13}C signal was influenced mostly by the input of both aquatic macrophytes and land plants, as the correlation coefficient between δ^{13}C_{27} and δ^{13}C_{23} (0.66) and between δ^{13}C_{27} and δ^{13}C_{31} (0.43) was significant.

In general, compound-specific δ^{13}C values reproduced the bulk δ^{13}C signal. However, the range of values of each component differed. Furthermore, small differences were

| Table 1 Correlation coefficients between δ^{13}C values of bulk and even n-alkanes from C_{23} to C_{33} | δ^{13}C_{25} | δ^{13}C_{27} | δ^{13}C_{29} | δ^{13}C_{31} | δ^{13}C_{33} | δ^{13}C_{bulk} |
|-------------------------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|
| δ^{13}C_{23}                                    | 0.70           | 0.66           | 0.49           | 0.35           | 0.35           | 0.54           |
| δ^{13}C_{25}                                    | 0.64           | 0.53           | 0.36           | 0.35           | 0.48           |
| δ^{13}C_{27}                                    | 0.65           | 0.43           | 0.33           | 0.53           |
| δ^{13}C_{29}                                    | 0.46           | 0.32           | 0.36           |
| δ^{13}C_{31}                                    | 0.40           | 0.26           |
| δ^{13}C_{33}                                    | 0.28           |
observed in the δ13C values of long-chain n-alkanes (C31 and C33) between the interval located at 39–34 m (220–180 ka) and the rest of the core. In contrast, large differences were detected in those of medium-chain homologues. Therefore, between 39 and 34 m (220–180 ka), the bulk δ13C signal was influenced mainly by medium-chain alkanes, typically abundant in aquatic macrophytes. However, it must be considered that, in this interval, the n-alkane predominant chain and ACL values were interpreted in terms of higher inputs of algae and aquatic plants, with terrestrial plants predominating in only few samples. Moreover, the Paq index did not show a significant increase, thereby indicating that the contribution of aquatic macrophytes was similar to that of the previous interval. In our view, the environmental conditions of the water body were responsible for these oscillations, rather than changes in the characteristics of the vegetation.

Of note, some macrophytes take up isotopically heavier HCO3− when CO2 is limited (Allen and Spence 1981; Keeley and Sandsquist 1992; Van der Berg et al. 2002). In this regard, the δ13C value of HCO3− is ca. 10/90 higher than that of dissolved CO2 (Mook et al. 1974; Prins and Elzenga 1989), thus producing a shift towards less negative δ13C values. According to Aichner et al. (2010), limited CO2 availability in alkaline and/or shallow lakes with a dense macrophyte population can lead to submerged macrophytes of a single species showing a wide range of bulk δ13C values. Moreover, the isotopic fractionation during n-alkane biosynthesis in plants is enhanced with increasing chain length and when more 13C-enriched carbon sources (like HCO3−) are assimilated. Some submerged aquatic macrophytes tend to increase the production of long-chain alkanes, especially in very shallow lakes where macrophytes are exposed during dry episodes.

In fact, it has been proposed that shifts towards higher δ13C values in C23 and C25 alkanes, typical of macrophytes, are caused by limited CO2 availability induced by water temperature, salinity, pH, enhanced productivity, low atmospheric pCO2, or stagnant barriers (Street-Perrot et al. 2004). Moreover, when environmental conditions lead to the partial emersion of macrophytes (drop in water level due to dry episodes, thereby increasing exposure to sunlight and air), these plants increase the biosynthesis of C34 and long-chain n-alkanes in favour of the C23 homologue (Aichner et al. 2010). Therefore, our results point to enhanced isotopic fractionation during lipid synthesis by aquatic macrophytes within MIS 7, leading to an increase in the bulk and n-alkane δ13C values. The presence of marls in this interval (39–34 m; 220–180 ka) reinforced this hypothesis. In this case, ACL values decreased, and there was a significant and positive shift of δ13C values in medium-chain homologues (C23 and C25), at which aquatic macrophytes maximize. In contrast, long-chain n-alkanes, especially C29, C31 and C33, did not vary. In this regard, the pollen analysis of the PB record revealed that this stage was characterized, in general, by Mediterranean-like conditions with increasing moisture (Fig. 4): high taxa diversity, with an increase in Mediterranean, Riparian, Hygrophilous and Mesophilous, and pollen from these taxa predominated over that from aquatics (Torres et al. 2020). In addition, some phases of increasing aridity occurred. Furthermore, in other long Southwestern European pollen records within the same climatic region, for example those of Valle di Castiglione (Follieri et al. 1988), the marine core ODP-976 (Sánchez-Goñi et al. 2008), and Villarquemado (Valero-Garcés et al. 2019), MIS7 was also characterized by a marked expansion of deciduous forest, although some short phases of increasing aridity were also identified within this stage (Fig. 4).

As occurred with the bulk δ13C signal, the δ13C values of C27, C29, C31 and C33 n-alkanes fell within the range of C3 plants, but showed greater variability. Episodes with lower δ13C values [(7.8–7.7 m (30–29 cal ka BP); 6.9–6.7 m (22–20 cal ka BP); 5.9–5.6 m (18–17 cal ka BP) and 4.6 m (12 cal ka BP)] could be attributed to an important input from angiosperms. We compared the palaeoenvironmental characteristics obtained from the profiles of δ13C values of bulk and of C25 n-alkane in the PB with the relative percentage of C27, with respect to the sum C27 + C29 + C31 obtained in the PB (Ortiz et al. 2010) and in the Fuentillejo maar record (Ortiz et al. 2013) (Fig. 4). The low % C27 values, which are linked the retreat of deciduous forest and thus to drier conditions, are correlated with the maxima values of δ13C curves, which correspond to colder and drier episodes. This increase in aridity during these events was also confirmed by pollen analysis data in Padul (Torres et al. 2020) and Fuentillejo (Vegas et al. 2008 2010), observing a considerable rise in steppe plants, whereas xerophilous plants decreased. Therefore, these episodes represented cold-dry phases, which caused the recession of temperate forests and the extension of grasses, which can be correlated with Heinrich Events 3, 2 and 1 (Last Glacial Maximum) and the Younger Dryas, respectively.

These findings are consistent with palynological data from other long Southwestern European pollen records such as those of marine cores drilled off the coast of Spain (ODP-976, Sánchez-Goñi et al. 2008), and the continental sequences of Villarquemado (Valero Garcés et al. 2019), and Valle di Castiglioni (Follieri et al. 1988), in which the Heinrich Events and the Younger Dryas are characterized by a contraction of temperate tree populations and the expansion of steppe vegetation. Likewise, low δ13C values occur in some lakes as a result of organisms feeding on isotopically light methane-derived carbon (Jones and Grey 2011; Kankaala et al. 2006). In anoxic conditions, anaerobic respiration produces 13C-depleted methane, which can cause a decrease in δ13C of algae and aquatic macrophytes.
This phenomenon is likely to have occurred in the PB, as the medium-chain components also showed significant variations, in some cases coinciding with those of long-chain homologues. However, this variability can be attributed mainly to changing environmental conditions (Pedentchouk et al. 2008), temporal shifts in the distribution of vegetation or environmental stress (Pedentchouk et al. 2008), as large δ¹³C shifts occurred in long-chain homologues, which are typically abundant in terrestrial plants.

In the uppermost 7 m of the core (ca. 25 ka), the rise in δ¹³C values in medium-chain components (C₂₅ and C₃₁) could be attributed to an increase in the relative contribution of aquatic macrophytes to OM, as ACL values decreased and the Paq index increased. Likewise, the uptake of heavier CO₂ from the water body may have occurred, leading to higher δ¹³C values.

These results confirm that C₄ plants had a low presence in the PB during MIS7 as also observed in the pollen record (Torres et al. 2020). Therefore, the δ¹³C logs were ideal for testing the influence of aquatic macrophytes on the lipid and isotopic composition of sediments. Coinciding with Liu et al. (2015), the δ¹³C values of the C₃₁ alkane was a reliable proxy for C₄/C₃ terrestrial vegetation composition in Lake Qinghai (Tibet Plateau), as emergent macrophytes made a minor contribution to this homologue. In contrast, the δ¹³C values of C₂₃ and C₂₅ alkanes reflected mainly ecological conditions due to the large portion of these compounds in the aquatic macrophytes of this lake.
6 Conclusions

The \(n\)-alkane content, and \(\delta^{13}C\) values of these lipids and of bulk OM allowed us to infer the paleoenvironmental conditions of the PB in the last 320 ka. The \(\delta^{13}C\) signal of long-chain \(n\)-alkanes was a reliable proxy for \(C_4\) and \(C_3\) plant content in the basin, as emergent macrophytes made a minor contribution to these homologues. Episodes with depleted \(\delta^{13}C\) values were linked to a significant contribution of plants using the \(C_3\) photosynthetic pathway, with the lowest \(\delta^{13}C\) values indicating a considerable input of angiosperms, linked to cold and dry conditions. Of note, these values could also be attributed to changing environmental conditions or environmental stress, as important shifts in \(\delta^{13}C\) occurred in long-chain homologues, which are typically abundant in terrestrial plants.

In contrast, the \(\delta^{13}C\) values of medium-chain alkanes (\(C_{23}\) and \(C_{25}\)) reflected mainly the ecological conditions of the lake since the aquatic macrophytes of this water body contained a large portion of these compounds. The shifts in \(\delta^{13}C\) of these homologues were attributed to limited CO\(_2\) availability induced by water temperature, salinity, pH, enhanced productivity, low atmospheric pCO\(_2\), or stagnant barriers, ability induced by water temperature, salinity, pH, enhanced lake since the aquatic macrophytes of this water body contain a large portion of these compounds. The shifts in \(\delta^{13}C\) of these homologues were attributed to limited CO\(_2\) availability induced by water temperature, salinity, pH, enhanced productivity, low atmospheric pCO\(_2\), or stagnant barriers, rather than the abundance of aquatic macrophytes. The \(\delta^{13}C\) values of \(n\)-alkanes and of bulk OM did not show significant variations and therefore were not greatly affected by paleoenvironmental variations. In contrast, our results point to enhanced isotopic fractionation during lipid synthesis by aquatic macrophytes (and/or algae) within MIS 7 and the Holocene, which led to increased bulk OM and \(n\)-alkane \(\delta^{13}C\) values. In coherence with biomarker analysis and pollen data of the PB and other Southwestern Mediterranean records, these proxies indicated that MIS 7 was characterized by increasing moisture. Furthermore, some episodes belonging to MIS 2 and 1 with lower \(n\)-alkane \(\delta^{13}C\) values were attributed to cold-dry episodes (Heinrich Events 3, 2, 1 and Younger Dryas). Therefore, general global climatic oscillations that occurred during these stages appear to have also influenced the environmental conditions in southern Spain. Similar findings were obtained for the biomarker analysis for the PB record (Ortiz et al. 2010), located in southern Spain. The \(\delta^{13}C\) logs were, therefore, ideal for testing the influence of aquatic macrophytes on the lipid and isotopic composition of the sediments. Our results confirm that \(C_4\) plants were not abundant in the PB during MIS 7.

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