Uracil-DNA glycosylase-treated reverse transcription loop-mediated isothermal amplification for rapid detection of avian influenza virus preventing carry-over contamination

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Here, we describe a uracil-DNA glycosylase (UNG)-treated reverse transcription loop-mediated isothermal amplification (uRT-LAMP) for the visual detection of all subtypes of avian influenza A virus (AIV). The uRT-LAMP assay can prevent unwanted amplification by carryover contamination of the previously amplified DNA, although the detection limit of the uRT-LAMP assay is 10-fold lower than that of the RT-LAMP without a UNG treatment. To the best of our knowledge, this is the first successful application of deoxyuridine triphosphate/UNG strategy in RT-LAMP for AIV detection, and the assay can be applied for the rapid, and reliable diagnosis of AIVs, even in contaminated samples.

Keywords: avian influenza virus, contamination, loop-mediated isothermal amplification, uracil-DNA glycosylase

Rapid and accurate diagnostic methods for avian influenza A virus (AIV) infection are necessary for the surveillance, outbreak management, and early infection control of the emerging influenza virus [12]. Several molecular diagnostic methods including reverse transcription polymerase chain reaction (RT-PCR) and real-time RT-PCR (RRT-PCR) have been developed for the rapid detection of AIV [6,12]. However, these techniques require sophisticated and expensive instrumentation and specialized personnel, limiting their effectiveness and availability.

Loop-mediated isothermal amplification (LAMP) is a novel nucleic acid amplification method [9] that has been widely applied to the detection of various human, animal, and plant pathogens [2,8]. Recently, reverse transcription LAMP (RT-LAMP) assay was successfully applied to the detection of AIVs [10,13]. However, LAMP or RT-LAMP assay can be particularly vulnerable to carry-over DNA contamination because of its high sensitivity and productivity [3,4]. Therefore, if LAMP or RT-LAMP is used as a routine diagnostic method for pathogen detection, the possibility of false-positive reactions by carry-over contamination should be eliminated. False-positive reactions because of carry-over contamination can be avoided by using deoxyuridine triphosphate (dUTP)/uracil-DNA glycosylase (UNG)-based strategy [7]. This strategy has been widely applied in PCR-based amplification methods, but was not employed in LAMP-based methods until recently when an UNG-treated LAMP (uLAMP) assay was reported by Hsieh et al. [3].

In this study, we developed a carry-over-contamination-free uRT-LAMP for the rapid detection of AIVs. To the best of our knowledge, uRT-LAMP assays have not yet been described for AIVs. Reference AIV strains (subtypes 1–16), two highly pathogenic AIV (HPAIV) subtypes H5N1 and H5N8 (Korean representatives), human influenza B virus (HIBV), and Newcastle disease virus (NDV) were used to evaluate the specificity of the assay (Table 1). Viral RNA was extracted using an RNeasy Mini kit (Qiagen, Germany) according to the manufacturer’s instructions. Extracted nucleic acid was stored...
Next, to determine the analytical sensitivity of RT-LAMP and evaluate the effects of dUTP incorporation and UNG treatment on RT-LAMP, both RT-LAMP and uRT-LAMP assays were performed with 10-fold serially diluted viral RNA extracted from the Korean H5N8 HPAIV (A/broiler duck/Korea/Buan2/2014) at an initial viral titer of 10^6 median embryo infection dose (EID_{50})/0.1 mL. The results of RT-LAMP and uRT-LAMP were compared with those of previously reported RRT-PCR using the same viral RNA diluent as the template. The RRT-PCR for the detection of all AIV subtypes was performed using a one-step PrimeScript RT-PCR kit (Takara Bio, Japan) in a real-time PCR instrument (Applied Biosystems, USA) as previously described [6]. The results showed that the detection limit of RT-LAMP was a 10^2 dilution of the original viral RNA concentration, which is the same as that observed for RRT-PCR. The detection limit of uRT-LAMP (10^6 dilution) was 10-fold lower than that of RT-LAMP and RRT-PCR (Fig. 2). It is believed that this occurred owing to supplementation with...
UNG-treated RT-LAMP for rapid detection of AIV

**Fig. 1.** Prevention of false-positive reaction by carry-over contamination of pre-amplified deoxyuridine triphosphate (dUTP)-incorporated reverse transcription loop-mediated isothermal amplification (RT-LAMP) products. In the uracil-DNA glycosylase (UNG)-untreated RT-LAMP, amplification-positive color change from negative purple to positive sky blue and LAMP-specific ladder-like electrophoresis pattern were observed in reaction tubes 1–6, but in the UNG-treated UNG-RT-LAMP this change was only observed in reaction tube 1–4 (B). Lane NC, negative control; Lane M, 100-bp DNA marker; Lane 1–7, results of RT-LAMP or UNG-RT-LAMP contaminated with 10-fold diluted pre-amplified dUTP-incorporated RT-LAMP products (from 10 picograms to 10 attograms per reaction).

UNG or substitution of dUTP in the reaction mixture as reported by Hsieh et al. [3]. Although the analytical sensitivity of uRT-LAMP showed a slight reduction in response to UNG treatment, it was identified as a valuable screening tool for AIVs because it can effectively prevent potential carry-over contamination. The reduction in detection limit should be improved through further studies.

The detection methods used with RT-LAMP are critical and constitute a rapidly developing field because of their practical application and commercial value [14]. Recently, a simple colorimetric assay was applied for visual detection in the LAMP assay by adding metal indicators to the pre-reaction mixture of LAMP [14]. In the present study, we used a colorimetric detection method with hydroxyl naphthol blue for RT-LAMP (Figs. 1 and 2), which rendered the LAMP assay more simple and user-friendly for application as a molecular diagnostic method, and a suitable method for smaller laboratories or as an on-site rapid diagnostic tool [2,14].

It should be noted that the sample set tested in this study is relatively limited to some reference strains and field isolates. Therefore, further validation with additional influenza isolates and clinical samples is needed to better define the usefulness of this assay. Further, continuous surveillance and genetic characterization of AIVs are required to guarantee the significance of primers used in the RT-LAMP assay.

In this study, we first developed and evaluated an uRT-LAMP for quick detection of AIVs. The developed method prevents false-positive reactions because of carry-over DNA contamination and allows visual detection of results by the naked eye. The uRT-LAMP assay can be applied for the rapid, user-friendly, and reliable detection of AIVs, thereby aiding efficient control of AIV infections and outbreaks.

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**Conflict of Interest**

There are no conflicts of interest.
Fig. 2. Detection limit of the RT-LAMP (A), UNG-RT-LAMP (B), and real-time reverse transcription polymerase chain reaction (C). Lane NC, negative control; Lane M, 100-bp DNA marker; Lane 1–8, results of amplification with 10-fold diluted viral RNA extracted from the Korean H5N8 HPAIV (A/broiler duck/Korea/Buan2/2014), with an initial viral titer of $10^{8.0}$ EID<sub>50</sub>/0.1 mL as the template.

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