Loss of podocalyxin causes a novel syndromic type of congenital nephrotic syndrome

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Many cellular structures directly imply specific biological functions. For example, normal slit diaphragm structures that extend from podocyte foot processes ensure the filtering function of renal glomeruli. These slits are covered by a number of surface proteins, such as nephrin, podocin, podocalyxin and CD2AP. Here we report a human patient presenting with congenital nephrotic syndrome, omphalocele and microcoria due to two loss-of-function mutations in PODXL, which encodes podocalyxin, inherited from each parent. This set of symptoms strikingly mimics previously reported mouse Podxl−/− embryos, emphasizing the essential function of PODXL in mammalian kidney development and highlighting this patient as a human PODXL-null model. The results underscore the utility of current genomics approaches to provide insights into the genetic mechanisms of human disease traits through molecular diagnosis.

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INTRODUCTION
The majority of congenital nephrotic syndrome (CNS) or infantile nephrotic syndrome causative genes, such as nephrin,1,2 podocin,2,3 the transcription factor WT1,2,4 and the glomerular basement membrane matrix component laminin,5−7 encode essential components of glomerular epithelial cells or podocytes. Extrarenal symptoms often accompany CNS. Examples include microcoria in Pierson syndrome, which is characterized by LAMB2 defects,5−7 and ambiguous genitalia or a diaphragmatic defect in patients with WT1 mutations.4

CD34-family sialomucins, including CD34, podocalyxin-like 1 (PODXL) and endoglycan (PODXL2), comprise a small family of cell surface glycoproteins that confer the unique functions of blocking adhesion and enhancing mobility. The functions of these proteins are potentially mediated by the shielding of integrins and other adhesion molecules with glycosylated, highly charged mucin domains.8 Although sharing common expression domains, each member has specific roles and displays unique phenotypes when deleted in mice. For example, Podxl is uniquely expressed by kidney podocytes and embryonic mesothelial cells, and Podxl−/− mice die perinatally due to defects in these cell types.9 Nevertheless, direct evidence of a PODXL requirement during human development remains elusive.10

Recent genome scanning efforts have generated numerous individual-level genome sequences and enabled so called 'human knockout projects', which allows for the screening of genes that are functionally inactive in healthy individuals.11,12 Likewise, pairing an individual with specific clinical presentations of rare loss-of-function (LoF) mutations in a specific gene provides valuable insights into gene function and disease pathogenesis. For example, individuals who lack the leptin hormone become extremely obese during early life, phenocopying mouse models.13 Here we report the discovery and phenotypic analysis of a PODXL-null individual suffering from CNS and other defects that almost completely phenocopy Podxl knockout mice.9

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MATERIALS AND METHODS

Study approval
All patient-related procedures were approved by the Seoul National University Hospital Institutional review board, approval No. 0812-002-264.

Whole exome sequencing and variant calling
The procedures used for the preparation of genomic DNA, whole exome capture using an Agilent V5 array, sequencing using an Illumina HiSeq 2500 platform (San Diego, CA, USA), read alignment, variant calling, variant filtering and de novo variant calling have been described previously.14

Sanger sequencing
PCR amplification was performed with 10 pmol of each specific primer, as listed in Supplementary Table S2. The PCR conditions were an initial denaturation at 95 °C for 3 min, followed by 35 cycles of amplification (95 °C for 30 s, 60 °C for 30 s and 72 °C for 30 s) and a final extension at 72 °C for 5 min. The PCR product was gel extracted and Sanger sequenced on an ABI3730XL DNA Analyzer instrument (Applied Biosystems, Foster City, CA, USA).

Immunohistochemistry
The expression of PODXL was assessed by immunohistochemistry staining with a polyclonal goat antibody against human PODXL (IgG, Cat.# AF1658, R&D systems, Minneapolis, MN, USA, 1:100 dilution). A 4 μm section of the patient’s omphalocele tissue was subjected to antigen retrieval using a cloak chamber in pH 6.0 citrate buffer at 100 °C for 1 h. Subsequently, the tissue was stained using an UltraVision LP kit (Lab Vision corporation, Fremont, CA, USA) and a Bond Polymer Refine Detection kit (Leica, Wetzlar, Germany). A tissue microarray composed of 59 various normal human and cancer tissues were used as a control (Superbiosbio, Seoul, Korea).

Cell culture, transfection and western blotting
HEK293 cells and HeLa cells were cultured in high-glucose DMEM media with 1% antibiotics. The media was changed to high-glucose DMEM without antibiotics for 1 day before transfection. The GeneINTM transfection reagent GST-1002 was used to transfect cells with wild-type, M11 and W341X PODXL cDNAs cloned into a pcDNA3.1+ vector. Forty-eight hours after transfection, the cells were lysed with RIPA buffer, separated on an 8% SDS-PAGE gel, and the expression of PODXL was assessed by immunohistochemistry.

qPCR analysis
qPCR was performed with a cDNA library from transfected HeLa cells, according to the manufacturer’s instructions (Bioneer AccuPower RocketScript RT PreMix, Alamedia, CA, USA). The primers for PODXL were 5′-AAACCGGCGCCAAAGATAAGTG-3′ and 5′-GCCAGGGGACTGTTTGAA-3′, forward and reverse, respectively. The reverse primer for PODXL was designed to span exon6-exon7. The primer sequences for GAPDH were 5′-ACAATTTTGGATACGAGGAAG-3′ and 5′-GCCATACGCGCA CAGTTTT-3′, forward and reverse, respectively. The primer for GAPDH was designed to span exon1-exon7.

RESULTS
A patient with unknown congenital nephrotic syndrome
A newborn male infant was admitted to the neonatal intensive care unit for prematurity and congenital omphalocoele. The infant was born as a preterm spontaneous delivery at a gestational age (GA) of 36 weeks and a bodyweight of 2.81 kg. The placenta was large, with a weight of 800 g. The child was conceived via in vitro fertilization and embryo transfer (IVF-ET) and carried by a 37-year-old mother with Turner syndrome (45,X/46,XX) mosaicism. Congenital omphalocoele was diagnosed by prenatal screening ultrasonography at GA 22 weeks. A previous pregnancy by the infant’s parents, also through an IVF-ET, produced an in utero fetal death at GA 38 weeks. Other family history was denied. On physical examination, the newborn presented with omphalocoele (Figure 1a), a webbed neck, bilateral simian creases, a flat round face, flat nasal bridge, up-slanting palpebral fissures, epicanthal folds and microcoria. The laboratory tests after birth revealed a serum albumin concentration of 2.6 g dl⁻¹ and proteinuria 3+, with microscopic hematuria on urinalysis. The initial serum creatinine (Scr) levels were 0.41 mg dl⁻¹ (Figure 1b). The kidneys were relatively large, with increased cortical echogenicity and poor corticomedullary differentiation on ultrasonography (Figure 1c). After primary repair of the omphalocoele on day 3, the patient developed aggravated hypoalbuminemia and Scr up to 1.3 mg dl⁻¹, with a gradual decrease in urine output (Figure 1b). On day 18, severe pulmonary hypertension with right to left shunt through the patent ductus arteriosus was noted and managed with sildenafil, nitric oxide inhalation and mechanical ventilator care. Generalized edema became evident despite regular albumin replacement by 2 weeks of age. On day 22, continuous renal replacement therapy was applied and later switched to peritoneal dialysis. Thyroid hormone and immunoglobulin were replaced regularly; however, the patient’s feeding was poor, and he suffered from repeated infections, including pneumonia, central catheter infection by Acinetobacter baumanii and subsequent peritoneal dialysis-related peritonitis by Stenotrophomonas maltophilia and Candida parapsilosis (Figure 1b). On day 48, seizures developed without an identifiable cause, and his mental status deteriorated. The patient experienced repeated septic shock events as well as brain atrophy (Figure 1d), ventriculomegaly, and encephalomalacia. The patient expired due to sepsis at the age of 130 days.

PODXL is mutated in the patient
The presentation of microcoria with CNS led us to suspect Pierson syndrome,5–7 but targeted screening of LAMB2, a known culprit of Pierson syndrome, did not reveal a pathogenic variant. We next sought the genetic cause of the patient’s defects using a trio-based whole exome sequencing (WES) approach (Supplementary Table 1). Out of 45,676 variants called, the base-read quality score and population-based filtering using the 1000 Genomes, Exome Aggregation Consortium (ExAC),15 and Korean in-house databases as references led to the identification of 149 rare variants. Among these
variants, three genes with potentially disease-causing variants were identified, either in the form of de novo or compound heterozygous variants (Supplementary Table 2). No notable structural variation was identified (Supplementary Figure 1). The patient sample was also analyzed by ~47× coverage whole-genome sequencing and was found to be negative for balanced translocations (data not shown). The variants in \textit{PODXL} (podocalyxin like) were a missense mutation at the initiation codon c.3G>T (p.Met1Ile) and a nonsense mutation at c.1023G>A (p.Trp341Ter), inherited from the father and the mother, respectively (Figure 2a). The next ATG initiation sequence was found at the c.98 position in a different frame, which would generate a truncated protein of 31 amino acids. Both of the variants were validated by Sanger sequencing (Figure 2b, Supplementary Table 3) and are not listed in the public databases or an in-house database of 1060 healthy Koreans, as described above. As the two variants are likely to cause a LoF protein, we searched for the existence of individuals carrying potential \textit{PODXL} LoF variants. From the ExAC database, 15 22 out of ~120 000 grossly healthy individuals’ chromosomes harbor one LoF variant in \textit{PODXL}, resulting in a very low likelihood of finding individuals carrying two damaged alleles (Supplementary Table 4, \( P = 3.4 \times 10^{-8} \)). Furthermore, our in-house exome database of 1020 healthy Koreans did not reveal any individual with more than one damaging variant in \textit{PODXL}. Both observations support that the gene is intolerable to homozygous LoF changes in healthy individuals. The two other candidate genes, \textit{FUT1} and \textit{CPEB2}, were ruled out as less relevant based on previous disease associations and expression patterns (Supplementary Table 2, Supplementary Figures 2 and 3).

\textbf{PODXL protein is ablated in the patient tissue}

To determine whether the two presumed LoF variants in the patient inhibit the production of functional proteins, we introduced these variants in a \textit{PODXL} expression construct and assayed mutant protein expression in HEK293 (Figure 2c) and HeLa cells (Supplementary Figure 4). As expected, and unlike the wild-type \textit{PODXL}, both \textit{PODXL} mutant constructs failed to induce the expression of \textit{PODXL} protein. Because patient kidney tissue was unavailable for biochemical analyses, we performed an immunohistochemical evaluation of the patient’s omphalocele tissue (containing small vascular channels), along with the omphalocele tissues from two individuals with umbilical hernia (Figure 2d–i, Supplementary Figure 5). \textit{PODXL} is known to be expressed by virtually all vascular endothelial cells in mouse and human.9,16,17 Therefore, its presence or absence in the patient could be evaluated in endothelial cells of the patient’s omphalocele tissue. Both patient and control endothelial cells were positively stained for endothelial marker CD34, as expected (Figure 2e and h), but \textit{PODXL} expression was undetectable in the patient tissue (Figure 2f and i). Omphalocele tissues consist of varying proportions of fibrous tissues with microvessels (Figure 2d and g). Although the histological stains appeared different between the patient and control tissues, with the control tissue
displaying denser collagenous stroma, this difference seems to be within the normal morphological variance of omphalocele tissues and is unlikely to be due to the PODXL mutations.

**DISCUSSION**

PODXL is a heavily charged transmembrane sialomucin with a weight of 140–165 kD. This protein is abundantly expressed on the apical cell surface of podocytes, vascular endothelial cells, mesothelial cells lining the coelomic cavity, hematopoietic precursor cells and the developing brain. PODXL contains a highly charged cytoplasmic tail that contains phosphorylation sites for protein kinase C as well as an ezrin-binding domain through which PODXL attaches to an actin cytoskeleton. As PODXL is the predominant glyocalyx protein on podocytes, the anionic charge of this molecule has been considered to function as a charge barrier in glomerular filtration and to play a charge repulsion role that maintains the space between the podocyte interdigitating foot processes (FPs). Therefore, it has been postulated that loss or mutation of this protein may cause nephrotic syndrome or renal failure. This

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**Figure 2** Loss-of-function PODXL variants do not produce a functional protein. (a) Pedigree of a family with congenital nephrotic syndrome. The proband had compound heterozygous variants in PODXL, with c.3G>T (p.Met1Ile) from the healthy father and c.1022G>A (p.Trp341X) from the healthy mother. (b) Sanger sequencing traces confirming the variant calls. (c) Western blot of wild-type or mutant PODXL expressed in HEK293 cells. Five replicates resulted in almost complete loss of podocalyxin expression following transfection with either of the mutants. (d–i) Immunohistochemistry of the patient’s omphalocele tissue, demonstrating a complete lack of PODXL expression. (d–f) Omphalocele tissue from an unaffected control individual (g–i). (d, g) H&E staining. (e, h) CD34 staining for endothelial cells. (f, i) PODXL staining (original magnification ×400).
hypothesis is also partially supported by the report that a PODXL variant may cause familial focal segmental glomerulosclerosis.24 Direct supporting evidence for this hypothesis comes from our previous study demonstrating that the disruption of Podxl in mice results in a loss of FPs in podocytes, anuric renal failure and perinatal mortality. The conserved function of human and mouse Podxl in podocytes is further supported by a recent in vitro analysis of PODXL-null human iPSC-derived podocytes.25 Finally, the negative charge of Podxl is also thought to provide an anti-adhesive surface during retraction of the gut through umbilical ring, and ~30% of the Podxl−/− pups display omphalocoele.9 These results provide compelling evidence that PODXL LoF variants caused CNS with omphalocoele in this patient.

During the preparation of this manuscript, a study reporting PODXL LoF mutations in a family with juvenile Parkinsonism but apparently normal kidneys was published.26 While the link to Parkinsonism is intriguing given PODXL expression in hippocampal neurons, we noted in a follow-up report that the ‘null’ phenotype in these patients was based on weak genetic data from a GC-rich sequencer that likely detected a more common in-frame variant allele.27 The data described here are more likely to document a true, germ line null allele in the PODXL gene in humans, and this conclusion is further supported by the striking similarities observed between this patient and Podxl KO mice.

Sanger sequencing and WES both failed to reveal any potentially pathogenic variants in LAMB2 in our patient (Supplementary Figure 6). The cause of microcoria in our patient or in Pierson syndrome remains unclear. Although we evaluated Podxl−/− pups for a similar defect, the wild-type and mutant animals displayed comparable pupil sizes (Supplementary Figure 7).

Pulmonary hypertension aggravated the patient condition. It is noteworthy that mice with a vascular endothelial-specific PODXL deletion exhibit increased lung volume, altered matrix composition, and increased pulmonary vascular permeability,28 implying a role for endothelial PODXL in pulmonary hypertension. Further analyses to reveal the pulmonary mechanism of hypertension pathogenesis in humans lacking functional PODXL are required.

The patient described here succumbed to recurrent severe infections with neurologic defects, which were considered to be sequelae of sepsis. However, a direct functional role for PODXL in the brain cannot be ruled out given that PODXL is widely expressed in the developing brain and the blood–brain barrier.16,20,29 Pan-neural ablation of this protein has been reported to result in ventricular enlargement, and LoF reduced the number of synapses in the brain.16,30 Thus, a possible functional role for PODXL during brain developmental processes should be studied further.

In conclusion, we report the identification of another causative gene of human CNS, adding an additional layer of complexity to CNS pathophysiology. This is the first described case of a PODXL-null individual who phenocopied a constellation of developmental defects displayed by mice that lack the gene (Supplementary Table 5). The results provide a further example of a human knockout model that supports what was previously known about protein functions from the study of animal model systems. Notably, and adding to the importance of this case, these similarities held in several biological contexts.

CONFLICT OF INTEREST
The authors declare no conflict of interest.

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