THE LOCATION OF THE HOT SPOT IN A GROUNDED
CONVEX CONDUCTOR

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Abstract. We investigate the location of the (unique) hot spot in a convex
device with unitary initial temperature and with boundary grounded
at zero temperature. We present two methods to locate the hot spot: the for-
mer is based on ideas related to the Alexandrov-Bakelman-Pucci maximum
principle and Monge–Ampère equations; the latter relies on Alexandrov’s re-
fection principle. We then show how such a problem can be simplified in case
the conductor is a polyhedron. Finally, we present some numerical computa-
tions.

1. Introduction

Consider a heat conductor Ω having (positive) constant initial temperature while
its boundary is constantly kept at zero temperature. This physical situation can
be described by the following initial-boundary value problem for heat equation:

\begin{align}
    u_t &= \Delta u \quad \text{in } \Omega \times (0, \infty), \\
    u &= 1 \quad \text{on } \Omega \times \{0\}, \\
    u &= 0 \quad \text{on } \partial \Omega \times (0, \infty).
\end{align}

Here Ω — the heat conductor — is a bounded domain in the Euclidean space
\( \mathbb{R}^N \), \( N \geq 2 \), with Lipschitz boundary and \( u = u(x, t) \) denotes the normalized
temperature of the conductor at a point \( x \in \Omega \) and time \( t > 0 \).

A hot spot \( x(t) \) is a point at which the temperature \( u \) attains its maximum at
each given time \( t \), that is such that

\[ u(x(t), t) = \max_{y \in \Omega} u(y, t). \]

If Ω is convex (in this case \( \overline{\Omega} \) is said a convex body), it is well-known by a result
of Brascamp and Lieb [1] that \( \log u(x, t) \) is concave in \( x \) for every \( t > 0 \) and this,
together with the analyticity of \( u \) in \( x \), implies that for every \( t > 0 \) there is a unique
point \( x(t) \in \Omega \) at which the gradient \( \nabla u \) of \( u \) vanishes (see also [13]).

The aim of this paper is to give quantitative information on the hot spot’s
location in a convex body.

A description of the evolution with time of the hot spot can be found in [16];
we summarize it here for the reader’s convenience. A classical result of Varadhan’s
[20] tells us where \( x(t) \) is located for small times: since

\[ -4t \log \{1 - u(x, t)\} \to \text{dist}(x, \partial \Omega)^2 \quad \text{uniformly for } x \in \overline{\Omega} \quad \text{as } t \to 0^+ \]

(here dist \((x, \partial \Omega)\) is the distance of \( x \) from \( \partial \Omega) \), we have that

\[ \text{dist}(x(t), \mathcal{M}) \to 0 \quad \text{as } t \to 0^+, \]

where

\[ \mathcal{M} = \{ x \in \Omega : \text{dist}(x, \partial \Omega) = r_\Omega \} \]

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and
\[ r_\Omega = \max\{\text{dist}(y, \partial \Omega) : y \in \Omega\} \]
is the inradius of \( \Omega \). In particular, we have that
\begin{equation}
\text{dist}(x(t), \partial \Omega) \to r_\Omega \quad \text{as} \quad t \to 0^+.
\end{equation}

For large times instead, we know that \( x(t) \) must be close to the maximum point \( x_\infty \) of the first Dirichlet eigenfunction \( \phi_1 \) of \( -\Delta \). Indeed, denoting with \( \lambda_1 = \lambda_1(\Omega) \) the eigenvalue corresponding to \( \phi_1 \), we have that \( e^{\lambda_1 t} u(x, t) \) converges to \( \phi_1 \) locally as \( t \) goes to \( \infty \); therefore (see [16])
\begin{equation}
x(t) \to x_\infty \quad \text{as} \quad t \to \infty.
\end{equation}

While it is relatively easy to locate the set \( M \) by geometrical means, (1.4) does not give much information: locating either \( x(t) \) or \( x_\infty \) has more or less the same difficulty. In this paper, we shall develop geometrical means to estimate the location of \( x(t) \) (or \( x_\infty \)), based on two kinds of arguments.

The former is somehow reminiscent of the proof of the maximum principle of Alexandrov, Bakelmann and Pucci and of some ideas contained in [19], concerning properties of solutions of the Monge-Ampère equation. The estimates obtained in this way are applicable to any open bounded set, not necessarily convex.

Let \( \Omega \) be a bounded open set and denote by \( K \) the closure of its convex hull; we shall prove the following inequality (see Theorem 2.7):
\begin{equation}
\text{dist}(x_\infty, \partial K) \geq c_N \frac{\text{diam}(\Omega)}{[\text{diam}(\Omega)^2 \lambda_1(\Omega)]^{N/2}}.
\end{equation}

Here, \( \text{diam}(\Omega) \) is the diameter of \( \Omega \) and \( c_N \) is a constant, depending only on the dimension \( N \), for which we will give the precise expression; observe that the quantity \( \text{diam}(\Omega)^2 \lambda_1(\Omega) \) is scale invariant.

When \( \Omega \) is convex, more explicit bounds can be derived; for instance, the following one relates the distance of \( x_\infty \) from \( \partial \Omega \) to the inradius and the diameter:
\begin{equation}
\text{dist}(x_\infty, \partial \Omega) \geq C_N r_\Omega \left( \frac{r_\Omega}{\text{diam}(\Omega)} \right)^{N^2-1},
\end{equation}
where again \( C_N \) is a constant depending only on \( N \) (see Theorem 2.8 for its expression). We point out that the so called Santalò point of \( \Omega \) always satisfies (1.6), hence this can also be used to locate such a point (see Section 2 and Remark 2.12).

The latter argument relies instead on the following idea from [3, 5]. Let \( S^{N-1} \) be the unit sphere in \( \mathbb{R}^N \). For \( \omega \in S^{N-1} \) and \( \lambda \in \mathbb{R} \) define the hyperplane
\begin{equation}
\pi(\lambda, \omega) = \{ x \in \mathbb{R}^N : x \cdot \omega = \lambda \},
\end{equation}
and the two half-spaces
\begin{equation}
\pi^+(\lambda, \omega) = \{ x \in \mathbb{R}^N : x \cdot \omega > \lambda \} \quad \pi^-(\lambda, \omega) = \{ x \in \mathbb{R}^N : x \cdot \omega \leq \lambda \}
\end{equation}
(here the symbol \( \cdot \) denotes the usual scalar product in \( \mathbb{R}^N \)). Suppose \( \pi(\lambda, \omega) \) has non-empty intersection with the interior of the conductor \( \Omega \) and set
\[ \Omega^+_{\lambda, \omega} = \Omega \cap \pi^+(\lambda, \omega). \]
Then if the reflection \( T_{\lambda, \omega}(\Omega^+_{\lambda, \omega}) \) of \( \Omega_{\lambda, \omega} \) with respect to the hyperplane \( \pi(\lambda, \omega) \) lies in \( \Omega \), then \( \pi(\lambda, \omega) \) cannot contain any critical point of \( u \). This is a simple consequence of Alexandrov’s reflection principle based on Hopf’s boundary point lemma (see Section 3 for details).

Based on this remark, for a convex body \( K \) we can define a (convex) set \( \mathcal{H}(K) \) — the heart of \( K \) — such that \( x(t) \in \mathcal{H}(K) \) for every \( t > 0 \) (in fact, we will prove
that $\mathcal{K} \setminus \nabla(\mathcal{K})$ cannot contain the hot spot $x(t)$ for any $t > 0$. The heart $\nabla(\mathcal{K})$ of $\mathcal{K}$ is easily obtained as the set
\[
\nabla(\mathcal{K}) = \bigcap \{ \pi^{-1}(\lambda, \omega) : T_{\lambda,\omega}(\mathcal{K}_{\lambda,\omega}) \subset \mathcal{K} \}.
\]

As we shall see, the two methods have their advantages and drawbacks, but they are, in a sense, complementary. On the one hand, while inequalities (1.5) and (1.6) are quite rough in the case in which $\Omega$ has some symmetry (e.g. they do not allow to precisely locate $x_\infty$ even when $\Omega$ is a ball), by the second argument, the problem of locating $x(t)$ is quite trivial; on the other hand, while in some cases (e.g. when $\Omega$ has no symmetries or $\partial \Omega$ contains some flat parts, as Example 4.3 explains), we cannot exclude that the heart of $\mathcal{K}$ extends up to the boundary $\partial \mathcal{K}$ of $\mathcal{K}$, estimates (1.5) and (1.6) turn out to be useful to quantitatively bound $x(t)$ away from $\partial \mathcal{K}$.

Thus, we believe that a joint use of both of them provides a very useful method to locate $x(t)$ or $x_\infty$.

Studies on the problem of locating $x_\infty$ can also be found in [6]: there, by arguments different from ours and for the two-dimensional case, the location of $x_\infty$ is estimated within a distance comparable to the inradius, uniformly for arbitrarily large diameter.

In Section 4 we shall relate $\nabla(\mathcal{K})$ to a function $R_\mathcal{K}$ of the direction $\omega$ — the maximal folding function — and we will construct ways to characterize it. We will also connect $R_\mathcal{K}$ to the Fourier transform of the characteristic function of $\mathcal{K}$: this should have some interest from a numerical point of view. Finally, in Section 5, we will present an algorithm to compute $R_\mathcal{K}$ when $\mathcal{K}$ is a polyhedron: based on this algorithm, we shall present some numerical computations.

2. Hot spots and polar sets

In this section, if not otherwise specified, $\Omega$ is a bounded open set and we denote by $\mathcal{K}$ the closure of the convex hull of $\Omega$. Notice that $\mathcal{K}$ is a convex body, that is a compact convex set, with non empty interior. In what follows, $|E|$ denotes the $N$-dimensional Lebesgue measure of a set $E \subset \mathbb{R}^N$ and $|\partial E|$ the $(N - 1)$-dimensional Hausdorff measure of its boundary; also, $\omega_k$ will be the volume of the unit ball in $\mathbb{R}^k$.

2.1. Preliminaries. We recall here some notations from [18]. The gauge function $j_p$ of $\mathcal{K}$ centered at a point $p \in \mathcal{K}$ is the function defined by
\[
j_p(x) = \min \{ \lambda \geq 0 : x - p \in \lambda(-p + \mathcal{K}) \}, \quad x \in \mathbb{R}^N.
\]
Observe that we have $j_p(t(x - p) + p) = tj_p(x)$ for every $t > 0$; in particular, if $0 \in \mathcal{K}$ then $j_0$ is 1-homogeneous. We set
\[
g_p(x) = \begin{cases} j_p(x) - 1, & \text{if } x \in \mathbb{R}^N \setminus \{p\}, \\ -1, & \text{if } x = p. \end{cases}
\]
so that $g_p$ is the convex function whose graph is the cone projecting $\partial \mathcal{K}$ from the point $(p, -1) \in \mathbb{R}^{N+1}$.

It is also useful to recall the definition of the support function $h_\mathcal{K}$ of $\mathcal{K}$, that is
\[
h_\mathcal{K}(\xi) = \max \{ x \cdot \xi : x \in \mathcal{K} \}, \quad \xi \in \mathbb{R}^N.
\]
As it is easily seen, $h_\mathcal{K}$ is a 1-homogeneous convex function; viceversa, to any convex 1-homogeneous function $h$, it corresponds exactly one convex body whose support function is $h$ (refer to [18], for instance).
The polar set of $\mathcal{K}$ with respect to $p$ is the convex set $\mathcal{K}_p^*$ coinciding with the unit ball of the “norm”  \( 1 \parallel \cdot \parallel_p = h_\mathcal{K}(\cdot) \) centered at $p$, that is
\[
\mathcal{K}_p^* = \{ y \in \mathbb{R}^N : (x - p) \cdot (y - p) \leq 1 \text{ for every } x \in \mathcal{K} \};
\]
if $p$ is in the interior of $\mathcal{K}$, then $\mathcal{K}_p^*$ is compact. Observe that this can be equivalently defined as
\[
\mathcal{K}_p^* = \{ y \in \mathbb{R}^N : (x - p) \cdot (y - p) \leq j_p(x) \text{ for every } x \in \mathbb{R}^N \}.
\]
We also recall that for every convex body $\mathcal{K}$, its Santal`o point, we simply write $\mathcal{K}^*$, instead of $\mathcal{K}_{\mathcal{K}^*}$: we will see that the method developed in the next subsection for estimating the hot spot, applies to the Santal`o point as well.

It is not difficult to see that $\mathcal{K}_p^*$ coincides (up to a translation) with the subdifferential $\partial g_p$ of $g_p$ at the point $p$, i.e.
\[
\partial g_p(p) = \mathcal{K}_p^* - p,
\]
where for every $x_0$
\[
\partial g_p(x_0) = \{ \xi \in \mathbb{R}^N : g_p(x) \geq g_p(x_0) + \xi \cdot (x - x_0), x \in \mathbb{R}^N \}.
\]

Finally, we will need the following monotonicity property of the subdifferential of a function: the proof can be found in [8].

**Lemma 2.1.** Let $u_1$ and $u_2$ be continuous convex functions on $\mathcal{K}$ such that $u_1 = u_2$ on $\partial \mathcal{K}$. Define:
\[
\partial u_i(\mathcal{K}) = \bigcup_{x \in \mathcal{K}} \partial u_i(x), \quad i = 1, 2.
\]
If $u_1 \leq u_2$ in $\mathcal{K}$, then $\partial u_2(\mathcal{K}) \subseteq \partial u_1(\mathcal{K})$.

### 2.2. The polar set of $\mathcal{K}$ with respect to the hot spot

The following result holds for a general domain $\Omega$ and is the cornerstone of our estimates.

**Theorem 2.2.** (i) Let $u$ be the solution of the initial-boundary value problem (1.1) and, for every fixed time $t \in (0, +\infty)$, let $x(t) \in \Omega$ be a hot spot at time $t$, that is a point where the value
\[
M(t) = \max_{\Omega} u(\cdot, t)
\]
is attained.

Then
\[
|\mathcal{K}_{x(t)}^*| \leq [N M(t)]^{-N} \int_{\mathcal{C}(t)} |u_t(x, t)|^N dx,
\]
where $\mathcal{C}(t)$ is the contact set at time $t$, i.e. the subset of $\Omega$ where $-u(\cdot, t)$ coincides with its convex envelope.

(ii) Let $\lambda_1(\Omega)$ and $\phi_1$ be respectively the first Dirichlet eigenvalue and eigenfunction of $-\Delta$ in $\Omega$. Let $x_\infty$ be a maximum point of $\phi_1$ in $\Omega$ and set $M_\infty = \phi_1(x_\infty)$.

Then
\[
|\mathcal{K}_{x_\infty}^*| \leq \left[ \frac{\lambda_1(\Omega)}{N M_\infty} \right]^N \int_{\mathcal{C}} \phi_1(x)^N dx,
\]
where $\mathcal{C}$ is the contact set of $\phi_1$, i.e. the subset of $\Omega$ where $-\phi_1$ coincides with its convex envelope.

1Properly speaking this is not a norm, since in general we have $\|x\|_\ast \neq \|x\|_\ast$. 
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Proof. (i) For $t \in (0, \infty)$, let $U^{(t)} : K \rightarrow \mathbb{R}$ denote the convex envelope of $-u(\cdot, t)$; then, $U^{(t)}$ is a continuous convex function in $K$, such that $U^{(t)} = 0$ on $\partial K$.

The function $G$ defined by $G(x) = M(t) g_{x(t)}(x)$, for $x \in K$, is such that

$$G \geq U^{(t)} \text{ in } K \quad \text{and} \quad G = U^{(t)} \text{ on } \partial K,$$

and hence $\partial G(K) \subseteq \partial U^{(t)}(K)$ by Lemma 2.1. By the rescaling properties of the subdifferential and (2.3), we know that

$$\partial G(K) = M(t) (K^*_{x(t)} - x(t)),$$

thus,

$$|K^*_{x(t)}| \leq M(t)^{-N} |\partial U^{(t)}(K)|.$$

On the other hand, by Sard’s Lemma and the formula for change of variables (see for instance [8, Section 1.4.2]), we obtain

$$|\partial U^{(t)}(K)| \leq \int_{C(t)} |\det D^2 u(x, t)| \, dx,$$

with $C(t) = \{x \in \Omega : U^{(t)}(x) = -u(x, t)\}$. Observe that the contact set is not empty, thanks to the fact that $x(t) \in C(t)$ and moreover we have $|C(t)| > 0$. Now, by the arithmetic-geometric mean inequality, we have in $C(t)$ that

$$|\det D^2 u(x, t)|^{1/N} \leq \frac{|\Delta u(x, t)|}{N},$$

which yields

$$\int_{C(t)} |\det D^2 u(x, t)| \, dx \leq N^{-N} \int_{C(t)} |\Delta u(x, t)|^N \, dx.$$

Therefore, we finally obtain that

$$|K^*_{x(t)}| \leq [N M(t)]^{-N} \int_{C(t)} |\Delta u(x, t)|^N \, dx,$$

and we conclude the proof by simply using the equation $\Delta u = u_t$.

(ii) The proof runs similarly to case (i). \hfill \square

Estimates (2.4) and (2.5) are generally difficult to handle. The following weaker forms of (2.5) may be more useful.

Corollary 2.3. Under the same assumptions as in Theorem 2.2, we have:

(2.6) $$|K^*_{x_{\infty}}| \leq \left[ \frac{\lambda_1(\Omega)}{N} \right]^N |\Omega|,$$

and

(2.7) $$|C| \geq \left[ \frac{N}{\lambda_1(\Omega)} \right]^N |K^*|;$$

we recall that $K^*$ denotes the polar set of $K$ with respect to the Santalò point.

Remark 2.4. As is well-known, $|K^*|$ can be estimated from below by $m_N/|K|$, where $m_N$ is a positive constant (see [18]). Thus, (2.7) becomes

$$\frac{|C|}{|K|} \geq m_N \left[ \frac{N}{\lambda_1(\Omega)|K|^{2/N}} \right]^N.$$ 

Remark 2.5. In [5, p. 223] the following problem is posed:
Suppose $u > 0$ is a solution of 
\begin{equation}
-\Delta u = f(u) \quad \text{in } \Omega, \quad u = 0 \quad \text{on } \partial \Omega
\end{equation}
in a bounded domain $\Omega$ in $\mathbb{R}^N$, say $u \in C^2(\Omega)$. Is there some $\varepsilon > 0$ depending only on $\Omega$ (i.e., independent of $f$ and $u$) such that $u$ has no stationary point in an $\varepsilon$-neighbourhood of $\partial \Omega$?

This is true for $N = 2$ in case $f(u) \geq 0$ for $u \geq 0$, but for $N > 2$ the problem is open. [...]

Here, we point out that by the same arguments used for Theorem 2.2, we can easily prove the following estimate:
\begin{equation}
|K_{x_0}^*| \leq \left( \frac{|f(0)| + L M_0}{N M_0} \right)^N |\Omega|,
\end{equation}
where $L$ is the Lipschitz constant for $f$ and $x_0$ is a point where $u$ achieves its maximum $M_0$. When $f(0) = 0$, we obtain the inequality
\begin{equation}
|K_{x_0}^*| \leq \left( \frac{L}{N} \right)^N |\Omega|
\end{equation}
—an estimate, similar to (2.6), that can be used to bound $\operatorname{dist}(x_0, \partial K)$ from below in a way similar to that of Theorem 2.7 below.

An interesting instance of (2.9) occurs when $f \equiv 1$ — in this case $u$ is the torsional creep of an infinite bar with cross-section $\Omega$; we thus obtain:
\begin{equation}
|K_{x_0}^*| \leq \frac{|\Omega|}{(N M_0)^N}.
\end{equation}
This inequality can also be viewed as an estimate for the maximum $M_0$ in the spirit of the Alexandrov-Bakelman-Pucci principle.

Using the definition of the polar set, it is easy to see that $|K_{x_0}^*|$ goes to $\infty$ as the point $x$ approaches the boundary. The following lemma gives a quantitative version of this fact and helps us to provide explicit estimates of the position of $x_\infty$.

**Lemma 2.6.** Let $p$ be any point belonging to the interior of $K$ and define $R(p) = \max\{|p - y| : y \in \partial K\}$. Then
\begin{equation}
|K_p^*| \geq \frac{\omega_{N-1}/N}{R(p)^{N-1} \operatorname{dist}(p, \partial K)}.
\end{equation}

**Proof.** Set $d = \operatorname{dist}(p, \partial K)$ and $R = R(p)$. Obviously $K$ is contained in the ball $B(p, R)$ centered at $p$ with radius $R$ and in the halfspace
\[ H^+ = \{ y \in \mathbb{R}^N : (y - \bar{p}) \cdot (\bar{p} - p) \leq d^2 \} \]
supporting $K$ at any point $\bar{p}$ such that $|p - \bar{p}| = d$. Set $E = B(p, R) \cap H^+$; then $K \subseteq E$ whence
\[ K_p^* \supseteq E_p^* . \]
Now notice that $E_p^*$ is the convex envelope of the union of the ball $B(0, R^{-1})$ and the point $q = p + d^{-2}(\bar{p} - p)$; its volume is explicitly computed:
\[ |E_p^*| = \frac{\omega_{N-1}/N}{R^{N-1} d} \left\{ (1 - \sigma^2)^{N+1/2} + N \sigma \int_{-1}^{\sigma} (1 - \tau^2)^{N+1/2} d\tau \right\}, \]
with $\sigma = d/R \in [0, 1]$. Thus, (2.11) is readily obtained by observing that the function of $\sigma$ into the braces is increasing and hence bounded below by 1. □

We are now ready to prove the first quantitative estimate on the location of $x_\infty$: this will result from a combination of the previous lemma and (2.6).
Theorem 2.7. Under the same assumptions of Theorem 2.2, we have that
\begin{equation}
\text{dist}(x_{\infty}, \partial K) \geq N^{N-1} \frac{\omega_{N-1} \text{diam}(\Omega)}{\left(\frac{1}{N} \text{diam}(\Omega) \lambda_1(\Omega) \right)^N}.
\end{equation}

In particular, the following estimate holds true:
\begin{equation}
\text{dist}(x_{\infty}, \partial K) \geq 2^{N} N^{N-1} \frac{\omega_{N-1} \text{diam}(\Omega)}{\left(\text{diam}(\Omega) \lambda_1(\Omega) \right)^N}.
\end{equation}

\textbf{Proof.} Applying Lemma 2.6 with $p = x_{\infty}$ and Corollary 2.3 gives:
\begin{equation}
\left(\frac{\lambda_1(\Omega)}{N}\right)^N |\Omega| \geq \frac{\omega_{N-1} \text{diam}(\Omega)}{R(x_{\infty})^N \text{dist}(x_{\infty}, \partial K)}.
\end{equation}

Thus, (2.12) easily follows by observing that $\text{diam}(K) = \text{diam}(\Omega) \geq R(x_{\infty})$.

Finally, using the isodiametric inequality
\begin{equation}
|\Omega| \leq \omega_N \left[\frac{\text{diam}(\Omega)}{2}\right]^N,
\end{equation}
in conjunction with (2.12), we show the validity of (2.13). \qed

Estimates (2.12) and (2.13) involve the first eigenvalue $\lambda_1(\Omega)$, which in general is not easy to compute explicitly; when $\Omega$ is convex, we can estimate $\lambda_1(\Omega)$ from above by means of basic geometric quantities, thus providing an easily computable lower bound on $\text{dist}(x_{\infty}, \partial \Omega)$.

This is the content of the following Theorem, which represents the main contribution of this section.

\textbf{Theorem 2.8.} If $\Omega$ is convex, then
\begin{equation}
\text{dist}(x_{\infty}, \partial \Omega) \geq r_\Omega \left[ \frac{\omega_{N-1} N^{2N-1}}{\lambda_1(B_1)^N} \text{IPR}(\Omega)^{-N} \left( \frac{r_\Omega}{\text{diam}(\Omega)} \right)^{N-1} \right],
\end{equation}

where $r_\Omega$ is the inradius of $\Omega$, $\lambda_1(B_1)$ denotes the first Dirichlet eigenvalue of $-\Delta$ in the unit ball and $\text{IPR}(\Omega) = |\partial \Omega| |\Omega|^{1/N-1}$ is the isoperimetric ratio of $\Omega$.

In particular, the following bound from below on $\text{dist}(x_{\infty}, \partial \Omega)$ holds true
\begin{equation}
\text{dist}(x_{\infty}, \partial \Omega) \geq r_\Omega \left[ \left( \frac{2^N N^{N-1}}{\lambda_1(B_1)^N} \frac{\omega_{N-1}}{\omega_N} \right) \left( \frac{r_\Omega}{\text{diam}(\Omega)} \right)^{N-1} \right].
\end{equation}

\textbf{Proof.} The proof of (2.14) readily follows by combining (2.12) to the following upper bound on $\lambda_1(\Omega)$
\begin{equation}
\lambda_1(\Omega) \leq \frac{\lambda_1(B_1)}{N} \frac{|\partial \Omega|}{r_\Omega |\Omega|},
\end{equation}
proved in \cite[Theorem 2]{4}. Using (2.14) and the two inequalities
\begin{equation}
|\Omega| \geq \omega_N r_\Omega^N \quad \text{and} \quad |\partial \Omega| \leq N \omega_N \left[ \frac{\text{diam}(\Omega)}{2} \right]^{N-1},
\end{equation}
we end up with (2.15). \qed

\textbf{Remark 2.9.} Observe that using (2.13) and the inequality
\begin{equation}
\lambda_1(\Omega) \leq \frac{\lambda_1(B_1)}{r_\Omega^N},
\end{equation}
which follows from the monotonicity and scaling properties of $\lambda_1$, we can infer
\[
\text{dist}(x_\infty, \partial \Omega) \geq r_\Omega \left[ \frac{2^N N^{-1} \omega_{N-1}}{\lambda_1(B_1)^N} \left( \frac{r_\Omega}{\text{diam}(\Omega)} \right)^{2N-1} \right],
\]
thus providing a lower bound which is strictly greater than (2.15), as long as the ratio $r_\Omega/\text{diam}(\Omega)$ is strictly smaller than $1/2$ and $N \geq 3$.

Inequality (2.16) is in fact a corollary of a sharper inequality holding for star-shaped sets. We can then give a refinement of (2.14) which holds in this larger class: to this end, we borrow some notations from [4].

A set $\Omega$ is said to be strictly starshaped with respect to a point $x_0 \in \Omega$ if it is starshaped with respect to $x_0$ and if its support function centered at $x_0$, i.e.
\[
h_{\Omega,x_0}(x) = \max_{y \in \Omega} (y - x_0) \cdot x,
\]
is uniformly positive, that is $\inf_{x \in \partial \Omega} h_{\Omega,x_0}(x) > 0$. Let $\Omega$ be a strictly starshaped set with locally Lipschitz boundary, as in [4] we define
\[
W(\Omega) = \inf \left\{ \int_{\partial \Omega} \frac{1}{h_{\Omega,x_0}(x)} d\sigma(x) : x_0 \in \Omega \right\},
\]
where $d\sigma$ denotes surface measure on $\partial \Omega$.

According to this notation, [4, Theorem 3] states:
\[
(2.17) \quad \lambda_1(\Omega) \leq \frac{\lambda_1(B_1)}{N} \frac{|\Omega|}{W(\Omega)}.
\]
Arguing as in Theorem 2.8 and using (2.17) in place of (2.16) gives the following estimate.

**Theorem 2.10.** Let $\Omega$ be a strictly starshaped set with locally Lipschitz boundary and denote by $K$ the closure of the convex hull of $\Omega$. Then
\[
(2.18) \quad \text{dist}(x_\infty, \partial K) \geq \frac{N^{2N-1} \omega_{N-1}}{\lambda_1(B_1)^N} \left( \frac{|\Omega|}{\text{diam}(\Omega) W(\Omega)} \right)^{1-N} \frac{1}{W(\Omega)}.
\]

**Remark 2.11.** We remark that (2.18) is sharper and more general than (2.14), and it is at the same time more explicit than (2.12), in the sense that, differently from $\lambda_1(\Omega)$, the number $W(\Omega)$ can be computed directly from the support function (which exactly determines a convex set).

**Remark 2.12.** It is worth noticing that the Santalò point $s_K$ of $K$ always satisfies (2.6) (as well as (2.4) for every $t > 0$), then it satisfies all the estimates we proved for $x_\infty$ in this section. In particular, Theorem 2.8 (or Theorem 2.10) can be used as well to estimate the location of the Santalò point of a convex set.

3. **Alexandrov’s reflection principle**

In this section, for the reader’s convenience, we recall some relevant facts about **Aleksandrov’s symmetry principle**, which has been extensively used in many situations and with various generalizations (see [3] for a good reference).

For $\omega \in S^{N-1}$, let $\pi(\lambda, \omega)$, $\pi^+(\lambda, \omega)$, and $\pi^-(\lambda, \omega)$ be the sets defined in (1.7) and (1.8). Also, define a linear transformation $A_{\omega} : \mathbb{R}^N \to \mathbb{R}^N$ by the matrix:
\[
A_{\omega} = (\delta_{ij} - 2\omega_i \omega_j)_{i,j=1,\ldots,N}
\]
where $\delta_{ij}$ is the Kronecker symbol and the $\omega_i$ are the components of $\omega$. Then the application $T_{\lambda,\omega} : \mathbb{R}^N \to \mathbb{R}^N$ defined by
\[
T_{\lambda,\omega}(x) = A_{\omega} x + 2\lambda \omega, \ x \in \mathbb{R}^N,
\]
represents the reflection with respect to \(\pi(\lambda, \omega)\). As already mentioned, if \(\Omega\) is a subset of \(\mathbb{R}^N\), we set \(\Omega_\lambda^+ = \Omega \cap \pi^+(\lambda, \omega)\).

**Proposition 3.1.** Let \(\Omega\) be a bounded domain in \(\mathbb{R}^N\) with Lipschitz continuous boundary \(\partial\Omega\) and suppose the hyperplane \(\pi(\lambda, \omega)\) defined by (1.7) has non-empty intersection with \(\Omega\). Assume that \(\mathcal{T}_{\lambda, \omega}(\Omega_\lambda^+) \subset \Omega\).

If \(\Omega\) is not symmetric with respect to \(\pi(\lambda, \omega)\), then \(\pi(\lambda, \omega)\) does not contain any (spatial) critical point of the solution \(u\) of (1.1).

**Proof.** For \(x \in \Omega_\lambda^+\) and \(t > 0\) the function

\[
v(x, t) = u(T_{\lambda, \omega} x, t) - u(x, t)
\]

is well-defined and is such that

\[
\begin{align*}
  v_t &= \Delta v & \text{in} & \quad \Omega_\lambda^+ \times (0, \infty), \\
  v &= 0 & \text{on} & \quad \Omega_\lambda^+ \times \{0\}, \\
  v &\geq 0 & \text{on} & \quad \partial \Omega_\lambda^+ \times (0, \infty).
\end{align*}
\]

Hence \(v > 0\) in \(\Omega_\lambda^+ \times (0, \infty)\), by the strong maximum principle for parabolic operators (see [15]). Since \(v = 0\) on \((\partial \Omega_\lambda^+ \cap \pi(\lambda, \omega)) \times (0, \infty)\), we obtain that \(\frac{\partial v}{\partial \omega} > 0\) on it (\(\omega\) is in fact the interior normal unit vector), by Hopf’s boundary lemma for parabolic operators. We conclude by noticing that \(\frac{\partial v}{\partial \omega} = -2 \frac{\partial u}{\partial \omega}\) on \((\partial \Omega_\lambda^+ \cap \pi(\lambda, \omega)) \times (0, \infty)\).

With the same arguments and a little more work, one can extend this result to more general situations, involving nonlinearities both for elliptic and parabolic operators. As an example, here we present the following result.

**Proposition 3.2.** Let \(\Omega\) and \(\Omega_\lambda^+\) satisfy the same assumptions as those of Proposition 3.1; in particular suppose that \(\mathcal{T}_{\lambda, \omega}(\Omega_\lambda^+) \subset \Omega\).

Let \(u = u(x)\) be a solution of class \(C^1(\Omega) \cap C^2(\Omega)\) of the system:

\[
\begin{align*}
  \Delta u + f(u) &= 0 & \text{in} & \quad \Omega, \\
  u &= 0 & \text{on} & \quad \partial \Omega, \\
  \end{align*}
\]

where \(f\) is a locally Lipschitz continuous function.

If \(\Omega\) is not symmetric with respect to \(\pi(\lambda, \omega)\), then \(\pi(\lambda, \omega)\) does not contain any critical point of \(u\).

**Proof.** The proof runs similarly to that of Proposition 3.1; the relevant changes follow. The function

\[
v(x) = u(T_{\lambda, \omega} x) - u(x),
\]

defined for \(x \in \Omega_\lambda^+\), satisfies the conditions:

\[
\begin{align*}
  \Delta v + c(x) v &= 0 & \text{in} & \quad \Omega_\lambda^+, \\
  v &\geq 0 & \text{on} & \quad \partial \Omega_\lambda^+,
\end{align*}
\]

where the function \(c(x)\), defined by

\[
c(x) = \begin{cases} 
  \frac{f(u(T_{\lambda, \omega} x)) - f(u(x))}{u(T_{\lambda, \omega} x) - u(x)} & \text{for} u(T_{\lambda, \omega} x) \neq u(x), \\
  0 & \text{for} u(T_{\lambda, \omega} x) = u(x),
\end{cases}
\]

is bounded by the Lipschitz constant of \(f\) in the interval \([0, \max_{\Omega} v]\). Hence \(v \geq 0\) in \(\Omega_\lambda^+\), by the arguments used in [3]. Let \(c^- = \max(-c(x), 0)\); then

\[
\Delta v - c^-(x) v \leq 0 \quad \text{and} \quad v \geq 0 \quad \text{in} \quad \Omega_\lambda^+
\]
and the strong maximum principle can be applied to obtain that \( v > 0 \) in \( \Omega^+_{\lambda,\omega} \).
The conclusion then follows as before by Hopf’s boundary lemma. \( \square \)

An immediate consequence of this theorem is the following result.

**Corollary 3.3.** Let \( \Omega \) and \( \Omega^+_{\lambda,\omega} \) satisfy the same assumptions as those of Proposition 3.1. Let \( u_1 \) be the first (positive) eigenfunction of \( -\Delta \) with homogeneous Dirichlet boundary conditions.

If \( \Omega \) is not symmetric with respect to \( \pi(\lambda,\omega) \), then \( \pi(\lambda,\omega) \) does not contain any critical point of \( u_1 \).

4. **The heart of a convex body**

In what follows, we shall assume that \( K \subset \mathbb{R}^N \) is a convex body, that is a compact convex set with non-empty interior. Occasionally, we will suppose that \( K \subset \mathbb{R}^N \) is of class \( C^1 \), i.e. a set whose boundary \( \partial K \) is an \( (N-1) \)-dimensional submanifold of \( \mathbb{R}^N \) of class \( C^1 \).

4.1. **The maximal folding function.** We are interested in determining the function given by

\[
R_K(\omega) := \min_{\lambda \in \mathbb{R}} \{ T_{\lambda,\omega}(K^+_{\lambda,\omega}) \subseteq K \}, \quad \omega \in S^{N-1},
\]

which will be called the maximal folding function of \( K \); \( R_K \) defines in turn a subset of \( K \) – the heart of \( K \) – as

\[
\bigtriangleup(K) = \{ x \in K : x \cdot \omega \leq R_K(\omega), \text{ for every } \omega \in S^{N-1} \}.
\]

Of course, \( \bigtriangleup(K) \) is a closed convex subset of \( K \). Observe that \( R_K \) can be bounded below and above by means of the support functions of \( \bigtriangleup(K) \) and \( K \):

\[
h_{\bigtriangleup(K)}(\omega) \leq R_K(\omega) \leq h_K, \quad \omega \in S^{N-1}.
\]

The following results motivate our interest on \( \bigtriangleup(K) \) and \( R_K \).

**Proposition 4.1.** Let \( K \) be a convex body.

(i) The hot spot \( x(t) \) of \( K \), the point \( x_\infty \) and any limit point of \( x(t) \) as \( t \to 0^+ \) always belong to \( \bigtriangleup(K) \); moreover, \( x(t) \) and \( x_\infty \) must fall in the interior of \( \bigtriangleup(K) \), whenever this is non-empty.

(ii) The center of mass of \( K \),

\[
\bar{x}_K = \frac{1}{|K|} \int_K y \, dy,
\]

always belongs to the heart \( \bigtriangleup(K) \) of \( K \).

(iii) If \( K \) is strictly convex, the incenter \( x^I_K \) of \( K \) belongs to \( \bigtriangleup(K) \).

(iv) Let \( \pi_K = 0 \). If there exist \( \ell \) \((1 \leq \ell \leq N)\) independent directions \( \omega_1, \ldots, \omega_\ell \) such that \( R_K(\omega_j) = 0 \), \( j = 1, \ldots, \ell \), then

\[
\bigtriangleup(K) \subset K \cap \bigcap_{j=1}^\ell \pi(0,\omega_j).
\]

In particular, if \( \ell = N \), then \( \bigtriangleup(K) \) reduces to \( \pi_K \) and the hot spot of \( K \) is stationary.

(v) Let

\[
\tau_K = \max_{\theta \in S^{N-1}} \left\{ \min_{\omega, \theta \cdot \omega > 0} \frac{R_K(\omega) - \bar{x}_K \cdot \omega}{\theta \cdot \omega} \right\},
\]

then

\[
\bigtriangleup(K) \subseteq B(\pi_K, \tau_K).
\]
Proof. Items (i) and (iv) follow by observing that, for \( \lambda = R_K(\omega) \), the set \( K_{\lambda,\omega}^+ \cup T_{\lambda,\omega}(K_{\lambda,\omega}^+) \) is contained in \( K \) and is symmetric with respect to \( \pi(\lambda,\omega) \). Hence,

\[
\lambda - \pi_K \cdot \omega = \frac{1}{|K|} \int_{K \setminus (K_{\lambda,\omega}^+ \cup T_{\lambda,\omega}(K_{\lambda,\omega}^+))} [\lambda - y \cdot \omega] \, dy
\]

and the last term is non-negative, vanishing if and only if \( K \) is \( \omega \)-symmetric.

Items (ii) and (iii) are easy consequences of Proposition 3.1 and Corollary 3.3.

For a fixed \( \theta \in S^{N-1} \), let us define

\[
\alpha(\theta) = \max \{ t \in \mathbb{R} : x_{K^+ + t\theta} \in \mathcal{V}(K) \},
\]

which is non negative, thanks to (ii). Then \( x = \pi_K + \alpha(\theta)\theta \in \mathcal{V}(K) \) and

\[
\pi_K \cdot \omega + \alpha(\theta)/\omega \leq R_K(\omega),
\]

for every \( \omega \in S^{N-1} \) such that \( \omega \cdot \theta > 0 \). Hence

\[
\alpha \leq \min_{\omega \in S^{N-1}} \frac{R_K(\omega) - \pi_K \cdot \omega}{\theta \cdot \omega},
\]

thus taking the maximum as \( \theta \) varies on \( S^{N-1} \) we obtain (4.3). \( \square \)

Informations on convex heat conductors with a stationary hot spot can be found in [2, 7, 10, 11, 13, 14].

Remark 4.2. Formula (4.3) deserves some comments: observe that for every fixed \( \theta \in S^{N-1} \), the minimum problem inside the braces amounts to finding a direction \( \omega \) close to \( \theta \), so to maximize \( \theta \cdot \omega \), and such that at the same time we can fold \( K \) as much as possible, so to minimize the difference \( R_K(\omega) - \pi_K \cdot \omega \).

We conclude this subsection by an example that shows how the simultaneous application of Proposition 4.1 and the results of Section 2 substantially benefits the problem of locating \( x_\infty \).

Example 4.3. Let us consider a spherical cap

\[
B^+_{\mu} = \left\{ (x_1, \ldots, x_N) \in \mathbb{R}^N : \sum_{i=1}^N x_i^2 = R^2, x_N \geq \mu \right\},
\]

with \( 0 \leq \mu < R \). Thanks to the symmetry of \( B^+_{\mu} \), it is easily seen that its heart is given by

\[
\mathcal{V}(B^+_{\mu}) = \{(x_1, \ldots, x_N) \in \mathbb{R}^N : x_1 = \cdots = x_{N-1} = 0, \mu \leq x_N \leq (R + \mu)/2 \},
\]

which is a vertical segment touching the boundary \( \partial B^+_{\mu} \) at the point \((0, \ldots, 0, \mu)\). In particular, by this method we can not exclude that the hotspot \( x(t) \) (or the point \( x_\infty \) is on the boundary. However, we can now use the results of Section 2, to further sharpen this estimate on the location of \( x_\infty \): indeed, applying Theorem 2.8, we get

\[
\text{dist}(x_\infty, \partial B^+_{\mu}) \geq (R - \mu) \left[ \frac{2^{1-N-N^2} N^{N-1}}{\lambda_1(B_1)^N} \frac{\omega_{N-1}}{\omega_N} \left( \frac{R - \mu}{R + \mu} \right)^{(N^2-1)/2} \right],
\]

where we used that \( \text{diam}(B^+_{\mu}) = 2\sqrt{R^2 - \mu^2} \) and \( r_{B^+_{\mu}} = (R - \mu)/2 \).
4.2. Computing $\mathcal{R}_K$. The following theorem whose proof can be found in [3, Theorem 5.7] guarantees that, for a regular set (not necessarily convex), the maximal folding function is never trivial.

**Theorem 4.4.** Let $\Omega$ be a bounded open (not necessarily convex) subset of $\mathbb{R}^N$, with $C^1$ boundary $\partial \Omega$, and denote by $K$ the convex hull of $\Omega$.

For every $\omega \in S^{N-1}$, there exists $\varepsilon > 0$ such that, for every $\lambda$ in the interval $(h_K(\omega) - \varepsilon, h_K(\omega))$, we have:

(i) $T_{\lambda,\omega}(\Omega^+_{\lambda,\omega}) \subset \Omega$;

(ii) $\nu(x) \cdot \omega > 0$, for every $x \in \partial \Omega \cap \pi^+(\lambda, \omega)$.

Unfortunately, the previous result is just qualitative and does not give any quantitative information about the maximal folding function. Moreover, notice that the $C^1$ assumption on $\partial \Omega$ cannot be dropped, even in the case of a convex domain: think of the spherical cap in Example 4.3, for which we have $\mathcal{R}_{B^+_N}(-e_N) = h_{B^+_N}(-e_N)$.

In order to compute $\mathcal{R}_K$, we need some more definitions. We set

$$\omega^t = \pi(0, \omega)$$

and for every $y \in \omega^t$ we define the segment

$$\sigma_\omega(y) = \{ x \in K : x = y + t\omega, \ t \in \mathbb{R} \}.$$ 

Then, we denote by $\mathcal{P}_\omega : \mathbb{R}^N \to \omega^t$ the projection operator on $\omega^t$, that is the application defined by

$$\mathcal{P}_\omega(x) = x - (x \cdot \omega)\omega, \ x \in \mathbb{R}^N,$$

and, for $y$ in the set

$$S_\omega(K) = \omega^t \cap \mathcal{P}_\omega(K),$$

the shadow of $K$ in the direction $\omega$ — we define:

$$a_\omega(y) = \min\{ t \in \mathbb{R} : y + t\omega \in K \} \quad \text{and} \quad b_\omega(y) = \max\{ t \in \mathbb{R} : y + t\omega \in K \}.$$

We say that a convex body $K$ is $\omega$-strictly convex if $\partial K$ does not contain any segment parallel to $\omega$. If $K$ is $\omega$-strictly convex, then for every $x = y + t\omega \in \partial K$ (equivalently $y \in \partial S_\omega(K)$) such that the normal $\nu(x)$ to $\partial K$ at $x$ is orthogonal to $\omega$, the set $\sigma_\omega(x)$ degenerates to the singleton $\{ x \}$.

**Remark 4.5.** We point out that $a_\omega$ is a convex function on $S_\omega(K)$, while $b_\omega$ is concave; moreover, if we set

$$\text{graph}^+(a_\omega) = \{(y, t\omega) : y \in S_\omega(K), \ t \geq a_\omega(y)\},$$

$$\text{graph}^-(b_\omega) = \{(y, t\omega) : y \in S_\omega(K), \ t \leq b_\omega(y)\},$$

we have that

$$\text{graph}^+(a_\omega) \cap \text{graph}^-(b_\omega) = K$$

and, as soon as $K$ is $\omega$-strictly convex,

$$\text{graph}(a_\omega) \cup \text{graph}(b_\omega) = \partial K,$$

where obviously graph$(\cdot)$ denotes the graph of the relevant functions.

**Theorem 4.6.** Let $K \subset \mathbb{R}^N$ be a convex body. For $\omega \in S^{N-1}$ consider the function $f : S_\omega(K) \to \mathbb{R}$ given by

$$f_\omega(y) = \frac{a_\omega(y) + b_\omega(y)}{2}, \ y \in S_\omega(K).$$

Then

$$\mathcal{R}_K(\omega) = \max_{y \in S_\omega(K)} f_\omega(y).$$
Proof. Observe that
\[ \mathcal{K}^+_{\lambda,\omega} = \{ y + t\omega : y \in \mathcal{S}_\omega(K), \lambda < t < b_\omega(y) \}. \]

Let \( \overline{x} = \mathcal{R}_K(\omega) \); since \( \mathcal{T}_x(\mathcal{K}^+_{\lambda,\omega}) \subset \mathcal{K} \), then, for every point \( y + t\omega \) with \( y \in \mathcal{S}_\omega(K) \) and \( \lambda < t < b_\omega(y) \), we have that \( \mathcal{T}_x(y + t\omega) \in \mathcal{K} \); in particular, for \( t = b_\omega(y) \), we obtain that \( 2\overline{x} - b_\omega(y) \geq a_\omega(y) \) and hence \( \overline{x} \geq f_\omega(y) \). Thus,
\[ \mathcal{R}_K(\omega) \geq \max_{y \in \mathcal{S}_\omega(K)} f_\omega(y). \]

If \( y_0 \in \mathcal{S}_\omega(K) \) maximizes \( f_\omega \), by taking \( \lambda = f_\omega(y_0) \), we see that \( \mathcal{T}_x(\mathcal{K}^+_{\lambda,\omega}) \subset \mathcal{K} \)
for every \( y \in \mathcal{S}_\omega(K) \) and \( \lambda < t < b_\omega(y) \). Therefore, \( \mathcal{T}_x(\mathcal{K}^+_{\lambda,\omega}) \subset \mathcal{K} \)
and hence \( \mathcal{R}_K(\omega) \leq f_\omega(y_0) \).

If we now remember that, for a convex domain \( \mathcal{K} \), the quantity
\[ w_\mathcal{K}(\omega) = h_\mathcal{K}(\omega) + h_\mathcal{K}(-\omega), \]
is the width of \( \mathcal{K} \) in the direction \( \omega \), we immediately get a nice consequence of the previous Theorem.

**Corollary 4.7.** Let \( \mathcal{K} \subset \mathbb{R}^N \) be a convex body. Then we have the following estimate for the width of \( \mathcal{O}(\mathcal{K}) \) in the direction \( \omega \):
\[ w_{\mathcal{O}(\mathcal{K})}(\omega) \leq \operatorname{osc}_{y \in \mathcal{S}(\mathcal{K})} f_\omega(y). \]

**Proof.** We first observe that \( \mathcal{S}_{-\omega}(\mathcal{K}) = \mathcal{S}_\omega(\mathcal{K}) \), so that
\[ f_{-\omega}(y) = -f_\omega(y), \quad y \in \mathcal{S}_\omega(\mathcal{K}), \]
and (4.1) yields
\[ \mathcal{R}_K(-\omega) = -\min_{y \in \mathcal{S}_\omega(\mathcal{K})} f_\omega(y). \]

Then, from the definition of width, using (4.2), (4.1) and (4.7), we get
\[ w_{\mathcal{O}(\mathcal{K})}(\omega) = h_{\mathcal{O}(\mathcal{K})}(\omega) + h_{\mathcal{O}(\mathcal{K})}(-\omega) \leq \mathcal{R}_K(\omega) + \mathcal{R}_K(-\omega) = \max_{y \in \mathcal{S}_\omega(\mathcal{K})} f_\omega(y) - \min_{y \in \mathcal{S}_\omega(\mathcal{K})} f_\omega(y) = \operatorname{osc}_{y \in \mathcal{S}_\omega(\mathcal{K})} f_\omega(y), \]
thus concluding the proof. \( \square \)

**Example 4.8.** In general, inequality (4.6) is strict. For example, in \( \mathbb{R}^2 \) consider the ellipse given by
\[ \mathcal{K} = \left\{ (t,s) \in \mathbb{R}^2 : \frac{t^2}{a^2} + \frac{s^2}{b^2} = 1 \right\}, \]
with \( 0 < b \leq a \). The function \( \mathcal{R}_\mathcal{K} \) can be easily computed in this case: for every \( \omega = (\omega_1, \omega_2) \in \mathbb{S}^1 \) we get
\[ \mathcal{R}_\mathcal{K}(\omega) = \frac{a^2 - b^2}{\sqrt{b^2\omega_1^2 + a^2\omega_2^2}} |\omega_1\omega_2| \]
— the set \( \{ \mathcal{R}_\mathcal{K}(\omega) : \omega \in \mathbb{S}^1 \} \) is the image of a quadrifolium (a rhodonea with 4 petals) by the mapping \( (x,y) \mapsto (x/a, y/b) \).

Thus, for example, by choosing the direction \( \omega = (1/\sqrt{2}, 1/\sqrt{2}) \), the right-hand side of (4.6) equals
\[ \frac{a^2 - b^2}{2\sqrt{2}} \sqrt{\frac{1}{a^2 + b^2}}, \]
while clearly the left-hand side is zero since $\mathcal{V}(K) = \{(0, 0)\}$, due to the symmetries of $K$.

This example also highlights the interest of the quantity $\text{osc}_{S_{\omega}(K)} f_K - w_{\mathcal{V}(K)}$, which can be seen as a measure of the lack of symmetry of $K$ in the direction of $\omega$.

The function $f_K$ in (4.4) can be explicitly computed by the use of the Fourier transform: this is the content of the next result.

**Theorem 4.9.** Let $K$ be a convex body and for $\omega \in S^{N-1}$, let $f_K$ be the function defined in (4.4).

\[(4.8)\]

$$f_K(y) = \frac{i \int_{\omega} \partial_{\omega} \hat{X}_K(\eta) e^{i y \cdot \eta} d\eta}{\int_{\omega} \hat{X}_K(\eta) e^{i y \cdot \eta} d\eta}, \ y \in S_{\omega}(K),$$

where $\hat{X}_K$ denotes the Fourier transform of the characteristic function of $K$ and $\partial_{\omega}$ differentiation in the direction $\omega$.

**Proof.** For $x \in K$ and $\xi \in \mathbb{R}^N$ we write $x = y + t \omega$ and $\xi = \eta + \tau \omega$, with $y \in S_{\omega}(K)$, $\eta \in \omega^\perp$ and $t, \tau \in \mathbb{R}$. By Fubini’s theorem we compute

\[(4.9)\]

$$\hat{X}_K(\xi) = \int_{\mathcal{K}} e^{-ix \cdot \xi} \ dx = \int_{S_{\omega}(K)} \left( \int_{-\infty}^{\infty} X_K(y + t \omega) e^{-i \tau t} \ dt \right) e^{-i y \cdot \eta} \ dy$$

$$= \int_{S_{\omega}(K)} \left( \int_{a_{\omega}(y)}^{b_{\omega}(y)} e^{-i \xi \cdot t} \ dt \right) e^{-i y \cdot \eta} \ dy.$$ 

For $\tau = 0$ we then obtain:

\[(4.10)\]

$$\hat{X}_K(\eta) = \int_{S_{\omega}(K)} [b_{\omega}(y) - a_{\omega}(y)] e^{-i y \cdot \eta} \ dy.$$ 

Therefore, by the inversion formula for the Fourier transform, we have:

\[(4.11)\]

$$\frac{1}{(2\pi)^{N-1}} \int_{\omega^\perp} \hat{X}_K(\eta) e^{i y \cdot \eta} d\eta = \begin{cases} b_{\omega}(y) - a_{\omega}(y), & y \in S_{\omega}(K), \\ 0, & x \in \omega^\perp \setminus S_{\omega}(K). \end{cases}$$

By (4.9), we also obtain that

$$\partial_{\omega} \hat{X}_K(\xi) = \frac{d}{d\tau} \hat{X}_K(\eta + \tau \omega) = -i \int_{S_{\omega}(K)} \left( \int_{a_{\omega}(y)}^{b_{\omega}(y)} e^{-i \tau t} \ dt \right) e^{-i y \cdot \eta} \ dy,$$

$$\partial_{\omega} \hat{X}_K(\eta) = -i \int_{S_{\omega}(K)} \frac{b_{\omega}(y)^2 - a_{\omega}(y)^2}{2} e^{-i y \cdot \eta} \ dy, \ \eta \in \omega^\perp,$$

and hence

\[(4.12)\]

$$\frac{i}{(2\pi)^{N-1}} \int_{\omega^\perp} \partial_{\omega} \hat{X}_K(\eta) e^{i y \cdot \eta} d\eta = \begin{cases} \frac{b_{\omega}(y)^2 - a_{\omega}(y)^2}{2}, & y \in S_{\omega}(K), \\ 0, & y \in \omega^\perp \setminus S_{\omega}(K). \end{cases}$$

Formula (4.8) follows from (4.12) and (4.11) at once. \hfill \Box

**Remark 4.10.** If $K$ is a polygon, $\hat{X}_K$ can be explicitly computed in terms of the vertices of $K$. Let $K \subset \mathbb{R}^2$ be a (convex) polygon with vertices $p_1, \ldots, p_n$; we assume that $p_1, \ldots, p_n$ are ordered counterclockwise and we set $p_{n+1} = p_1$.

Rewriting $\hat{X}_K$ as a boundary integral (see [9]) by means of the divergence theorem, we have that

$$\hat{X}_K(\xi) = -\frac{1}{|\xi|^2} \sum_{j=1}^{n} [p_j - p_{j+1}(v_j \cdot \xi)] e^{-ip_{j+1} \cdot \xi} - e^{-ip_j \cdot \xi},$$

$$= \frac{1}{|\xi|^2} \sum_{j=1}^{n} [p_j - p_{j+1}(v_j \cdot \xi)] e^{-ip_{j+1} \cdot \xi} - e^{-ip_j \cdot \xi}.$$
where

\[ \nu_j = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix} \frac{p_{j+1} - p_j}{|p_{j+1} - p_j|}, \quad j = 1, \ldots, n, \]

is the exterior normal to the \( j \)-th side of \( K \). Also, \( \partial_\omega \hat{\mathcal{A}}_K(\eta) \) is easily computed from the previous expression:

\[
\partial_\omega \hat{\mathcal{A}}_K(\eta) = \frac{1}{|\eta|} \sum_{j=1}^n \left| p_{j+1} - p_j \right|^2 \frac{e^{-ip_j \eta} - e^{-ip_{j+1} \eta}}{[p_{j+1} - p_j] \cdot |\eta|^2} \\
+ \frac{i}{|\eta|^2} \sum_{j=1}^n \left| p_{j+1} - p_j \right| (\nu_j \cdot \eta) \frac{(p_{j+1} \cdot \omega) e^{-ip_{j+1} \eta} - (p_j \cdot \omega) e^{-ip_j \eta}}{(p_{j+1} - p_j) \cdot \eta}.
\]

### 4.3. Necessary optimality conditions

We conclude this section by presenting some necessary conditions for the optimality of \( f_\omega \). To this aim, we first state and prove an easy technical result for the subdifferential of a function.

**Lemma 4.11.** Let \( \Omega \subset \mathbb{R}^k \) be a convex open set. Let \( \varphi \) and \( \psi \) be a convex and, respectively, a concave function from \( \Omega \) to \( \mathbb{R} \). If \( \varphi + \psi \) attains its maximum at a point \( y_0 \in \Omega \), then

\[
(4.13) \quad \partial \varphi(y_0) \subset \partial(-\psi)(y_0).
\]

**Proof.** It is clear that both \( \partial \varphi(y_0) \) and \( \partial(-\psi)(y_0) \) are non-empty. Since \( y_0 \) is a maximum point, we get

\[
\varphi(y_0) + \psi(y_0) \geq \varphi(y) + \psi(y) \quad \text{for every} \quad y \in \Omega,
\]

and hence

\[
\varphi(y) - \varphi(y_0) + \xi \cdot (y - y_0) \leq -\psi(y) + \psi(y_0) + \xi \cdot (y - y_0)
\]

for every \( \xi \in \mathbb{R}^N \), and \( y \in \Omega \). If \( \xi \in \partial \varphi(y_0) \), then we have \( \xi \in \partial(-\psi)(y_0) \). \( \square \)

As a consequence of the definitions of \( a_\omega \) and \( b_\omega \), we have that \( \partial a_\omega(y_0) \cup \partial(-b_\omega)(y_0) = \emptyset \) implies that \( y_0 \) belongs to the boundary of \( S_\omega(K) \).

We are now in a position to state a necessary optimality condition.

**Theorem 4.12.** Let \( K \subset \mathbb{R}^N \) be a convex body and \( \omega \in \mathbb{S}^{N-1} \). Suppose that \( f_\omega \) attains its maximum at a point \( y_0 \in S_\omega(K) \), that is

\[
\mathcal{R}_K(\omega) = f_\omega(y_0).
\]

Set \( \lambda = \mathcal{R}_K(\omega) \) and for every \( x_0 \in \mathcal{P}_{\omega}^+(y_0) \cap \partial K \) denote by \( x_0^\lambda \) its reflection with respect to the optimal hyperplane, that is \( x_0^\lambda = T_{\lambda,\omega}x_0 \).

Then:

(i) if \( x_0 \neq x_0^\lambda \), we have

\[
(4.14) \quad \mathcal{A}_\omega(N_\omega(x_0^\lambda)) \subseteq N_\omega(x_0),
\]

where

\[
N_\omega(x) = \{ \xi \in \mathbb{R}^N \setminus \{0\} : x \cdot \xi = h_\omega(\xi) \} \cup \{0\},
\]

denotes the normal cone of \( K \) at a point \( x \in \partial K \);

(ii) if \( x_0 = x_0^\lambda \), there holds

\[
(4.15) \quad \mathcal{A}_\omega(N_\omega^+(x_0)) \subseteq N_\omega^+(x_0),
\]

where

\[
N_\omega^+(x) = \{ \xi \in N_\omega(x) : \xi \cdot \omega \leq 0 \} \quad \text{and} \quad N_\omega^-(x) = \{ \xi \in N_\omega(x) : \xi \cdot \omega \geq 0 \}.
\]
Proof. We can suppose for simplicity that \( \omega = e_K = (0, \ldots, 0, 1) \). We first suppose that \( y_0 \) is an interior point. Since by its very definition \( f_\omega \) is the sum of a convex function and a concave one, by Lemma 4.11

(4.16) \[ \partial a_\omega(y_0) \subset \partial(-b_\omega)(y_0). \]

Let us now set \( x_0 = y_0 + b_\omega(y_0) \); the reflection of \( x_0 \) in the optimal hyperplane is \( x_0^\lambda = y_0 + a_\omega(y_0) \omega \) and

\[ N_K(x_0) = \{(\eta, 1) : \eta \in \partial(-b_\omega)(y_0)\} \quad N_K(x_0^\lambda) = \{(\eta, -1) : \eta \in \partial a_\omega(y_0)\}, \]

for \( \text{graph}^+(a_\omega) \cap \text{graph}^-(b_\omega) = K \). Then, since \( A_\omega(\eta, 1) = (\eta, -1) \), (4.16) implies (4.14).

If \( y_0 \) is on the boundary of \( S_\omega(K) \), then \( \partial(-b_\omega)(y_0) \) or \( \partial a_\omega(y_0) \) may be empty: this is clearly the case if \( \text{graph}(a_\omega) \) or \( \text{graph}(b_\omega) \) have some vertical parts. Observe that actually we have the following possibilities:

(1) \( \partial(-b_\omega)(y_0) = \partial a_\omega(y_0) = \emptyset \);
(2) \( \partial(-b_\omega)(y_0) \neq \emptyset \).

If (1) holds, then at every \( x_0 \in P^{-1}(y_0) \cap \partial K \), the convex body \( K \) has only supporting hyperplanes parallel to \( e_N \): these are invariant with respect to the action of \( A_\omega \), so that their reflections are supporting hyperplanes for \( K \) at \( x_0^\lambda \) and formula (4.14) or (4.15) easily follows.

If (2) holds, we have \( x_0 = x_0^\lambda \) and let us call \( \Omega = K_0^{+, \omega} \cup T_0^{+, \omega}(K_0^{+, \omega}) \). Then

\[ N_K(x_0) \subset N_\Omega(x_0) \]

and we have \( N_\Omega^+(x_0) = N_K^+(x_0) \), so that

\[ N_\Omega^-(x_0) = N_\Omega(x_0) \setminus N_\Omega^+(x_0) \supset N_K(x_0) \setminus N_K^+(x_0) = N_K^-(x_0). \]

By observing that \( N_\Omega^-(x_0) = A_\omega(N_\Omega^+(x_0)) = A_\omega(N_K^+(x_0)), \) (4.15) follows. \( \square \)

**Corollary 4.13.** Under the same notations of Theorem 4.12, if \( \partial K \) admits a (unique) unit normal \( \nu \) at the point \( x_0 \), then it admits a unit normal at the point \( x_0^\lambda \) too and

(4.17) \[ A_\omega \nu(x_0^\lambda) = \nu(x_0). \]

In particular, if \( x_0 = x_0^\lambda \) we have \( \nu(x_0) \in \omega^\perp \).

**Proof.** It is sufficient to observe that in this case

\[ N_K(x_0) = \{\xi : \xi = t \nu(x_0), t > 0\} \cup \{0\}, \]

and hence (4.17) is a consequence of (4.14) or (4.15). \( \square \)

Using Theorem 4.12, we obtain an interesting upper bound on the maximal folding function for a strictly convex domain, in terms of its support function.

**Proposition 4.14.** If \( K \) is strictly convex, then for every \( \omega \in S^{N-1} \)

(4.18) \[ \mathcal{R}_K(\omega) \leq \max \left\{ \left( \frac{\nabla h_\omega(\xi) + \nabla h_\omega(A_\omega \xi)}{2} \right) \cdot \omega : \xi \in \mathbb{R}^N \setminus \{0\} \right\}. \]

**Proof.** First observe that thanks to the 1-homogeneity of the support function, the maximization problem in (4.18) can be equivalently settled in \( S^{N-1} \).

The strict convexity of \( K \) implies that \( h_\omega \in C^1(\mathbb{R}^N \setminus \{0\}) \) (see [18]). Moreover, \( \nabla h_\omega(\theta) = x \) for every \( \theta \in N_K(x), \) with \( x \in \partial K \). Thus, with the same notations as in Theorem 4.12, \( x_0^\lambda = \nabla h_\omega(\theta) \) for every \( \theta \in N_K(x_0^\lambda) \) and using the condition
Figure 1. Here \( \omega = (1, 0, \ldots, 0) \), \( x = \nabla h_K(\xi) \), \( y = \nabla h_K(A_\omega(\xi)) \); the intersection of the two straight lines corresponds to \( R_K(\omega) \), the dark dot corresponds to \( \frac{1}{2}(x + y) \).

(4.14), we also get \( x_0 = \nabla h_K(A_\omega(\theta)) \); on the other hand, \( a_\omega(y_0) = x_0^\lambda \cdot \omega \) and \( b_\omega(y_0) = x_0 \cdot \omega \), which implies the following

\[
\omega = \frac{\nabla h_K(\theta) + \nabla h_K(A_\omega \theta)}{2}.
\]

Hence we can conclude by simply applying Theorem 4.6.

\[ \square \]

**Remark 4.15.** If \( K \) is symmetric with respect to a hyperplane orthogonal to \( \omega \), then equality holds in (4.18) and both quantities equal \( x \cdot K \cdot \omega \). Otherwise, in general inequality (4.18) is strict as Figure 1 informs us.

Notice that, following an argument similar to that of the proof of Proposition 4.18, we can in fact give a precise characterization of the maximal folding function \( R_K \) in terms of the support function \( h_K \). Precisely the following holds

\[
R_K(\omega) = \max_{\xi \in \Sigma(\omega)} \frac{\nabla h_K(\xi) + \nabla h_K(A_\omega \xi)}{2},
\]

where

\[
\Sigma(\omega) = \{ \xi \in \mathbb{R}^N \setminus \{0\} : \nabla h_K(\xi) = \nabla h_K(A_\omega \xi) + \mu \omega \text{ for some } \mu \in \mathbb{R} \}.
\]

If \( K \) is not strictly convex (and then \( h_K \) is not \( C^1 \)) the above formula still remains valid, up to suitably interpreting the gradient of \( h_K \) as the subdifferential \( \partial h_K \).

5. **Numerical examples**

5.1. **The case of convex polyhedrons.** If \( K \) is a convex polyhedron, then the conclusions of Theorem 4.6 can be improved: roughly speaking, we can discretize the optimization problem (4.1), by only visiting the projections of the vertices of \( K \) on \( \omega^\perp \). We begin with the following general result.

**Lemma 5.1.** Let \( A \) and \( B \) be convex sets such that \( A \subseteq B \) and let \( x \in \partial A \cap \partial B \).

If \( \partial A \) contains a segment \( \ell \) and \( x \) belongs to the relative interior of \( \ell \), then \( \ell \) is also contained in \( \partial B \).

**Proof.** In other words, if \( A \) “touches” \( B \) from the interior at \( x \) and \( x \) is contained in the interior of some segment on the boundary of \( A \), then the boundary of \( B \) must contain all the segment at the same.
Indeed, let \( \pi \) be a support hyperplane to \( B \) at \( x \) and denote by \( \pi^+ \) the half-space delimited by \( \pi \) and containing \( B \); then \( \pi \) is also a support hyperplane to \( A \) at \( x \) and \( A \subseteq \pi^+ \). Thus, \( \ell \subset \pi^+ \) while \( x \in \ell \cap \pi \neq \emptyset \); this implies \( \ell \subset \pi \), since \( x \) is not an endpoint of \( \ell \), and hence \( \ell \subset \partial B \). \( \square \)

**Corollary 5.2.** Under the same assumptions and notations of Theorem 4.12, if \( x_0 \) belongs to the relative interior of a segment \( \ell \) contained in \( \partial K \), then \( T_{\lambda,\omega}(\ell) \subseteq \partial K \) and

\[
(5.1) \quad f_\omega(y) = \mathcal{R}_K(\omega) \quad \text{for every } y \in \mathcal{P}_\omega(\ell).
\]

**Proof.** The proof follows from the previous lemma by setting \( B = K \) and \( A = K \cap T_{\lambda,\omega}(K) \) and using the definition of \( f_\omega \). \( \square \)

**Theorem 5.3.** Let \( x_1,\ldots,x_s \in \mathbb{R}^N \) be the vertices of an \( N \)-dimensional convex polyhedron \( K \subset \mathbb{R}^N \), so that

\[
K = \left\{ x \in \mathbb{R}^N : x = \sum_{i=1}^{s} \lambda_i x_i, \text{ with } \sum_{i=1}^{s} \lambda_i = 1, \lambda_i \in [0,1] \right\},
\]

For a fixed \( \omega \in \mathbb{S}^{N-1} \), let \( f_\omega \) be the function defined by (4.4).

Then \( \mathcal{R}_K \) is the solution of the following discrete optimization problem

\[
(5.2) \quad \mathcal{R}_K(\omega) = \max \{ f_\omega(y_j) : j = 1,\ldots,s \},
\]

where \( y_j = \mathcal{P}_\omega(x_j) \) is the projection of \( x_j \) on \( \mathcal{S}_\omega(K) \), for every \( j = 1,\ldots,s \).

**Proof.** By definition (4.1) and Theorem 4.6, we know that the value \( \lambda = \mathcal{R}_K(\omega) \) can possibly be achieved when the boundary of the reflected cap \( T_{\lambda,\omega}(K^{\perp}_{\lambda,\omega}) \) is tangent to that of \( K \) either

(i) at a point \( p \notin \pi(\lambda,\omega) \), or
(ii) at a point \( q \in \pi(\lambda,\omega) \)

(see Figure 2). Thus, the maximum of \( f_\omega \) is attained at the projection of either \( p \) or \( q \) on \( \mathcal{S}_\omega(K) \).

Now, let \( K \) be a convex polyhedron. If \( p \) is not a vertex of \( K \), then \( p \) belongs to the relative interior of some \( m \)-dimensional facet of \( \partial K \), with \( 1 \leq m \leq N - 1 \), and hence it belongs to the relative interior of a segment \( \ell \) with (at least) one end at some vertex \( v \) of \( \partial K \).

By Corollary 5.2, we then have:

\[
\mathcal{R}_K(\omega) = f_\omega(\mathcal{P}_\omega(p)) = f_\omega(\mathcal{P}_\omega(v)).
\]
In case (ii), the $m$-dimensional facet $F$ of $\partial K$ containing $q$ must be orthogonal to the hyperplane $\pi(\lambda, \omega)$; however, the same argument used for case (i) can easily be worked out in $F$.

The pictures in Figure 3 show two convex polygons with their relative hearts. The hearts have been drawn, by using MATLAB, by an algorithm based on Theorem 5.3.

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