Broad lipid phase transitions in mammalian cell membranes measured by Laurdan fluorescence spectroscopy

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Research Article

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Employing fluorescence spectroscopy and the membrane-embedded dye Laurdan we experimentally show broad order-disorder-transitions in membranes of various cell lines and red blood cell ghosts. A custom-made setup allows for the determination of fluorescence spectra and the determination of the generalized polarization (GP) as a measure for membrane order in the temperature range of -40°C to +90°C of µl-volumes of cell suspension. While artificial lipid membranes like phosphatidylcholine show sharp transitions as known from calorimetry measurements, living cells in a physiological temperature range do only show linear changes in generalized polarization. However, extending the temperature range shows the existence of broad transitions and their sensitivity to cholesterol content, pH and anaesthetic. Moreover, adaptation to culture conditions like decreased temperature and morphological changes like detachment of adherent cells or dendrite growth are accompanied by changes in membrane order as well. The observed GP changes are equivalent to temperature changes dT in the range of -12K < dT < +6K.

Keywords
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Introduction

Synthetic lipid double layers exhibit cooperative phase transitions causing their physical properties such as heat capacity, volume, area, thickness, stiffness, compressibility, adhesion forces, permeability and diffusion coefficient to depend on temperature, pressure, pH, electric field, salt concentration etc. in a non-linear way [1–9]. This correlation of phase state typically measured by differential scanning calorimetry (DSC) and membrane properties is well investigated for artificially created lipid membranes such as supported lipid bilayers and vesicles. If this concept also holds for biological cell membranes it is not only possible to predict their response to environmental changes but manipulating membrane functions such as permeability becomes possible simply by changing physical parameters like temperature or pH. However, in contrast to their synthetic analogues cell membranes tend to be a cocktail of countless lipid and protein species without sharp transitions and protein addition and lipid mixing lead to transition peak broadening [10,11]. So far Heimburg et al. measured heat capacity profiles of E. coli bacteria by DSC and found an about 20K broad phase transition some Kelvin below their growth temperature [3]. They could even demonstrate that bacteria cultured at lower temperature actively alter their lipid composition to shift the transition towards lower temperatures suggesting that the membrane phase state is connected to biological functions. However, we were not able to measure transitions in eukaryotic cell membranes by DSC. Reasons are suggested by the data presented below indicating that the transition regime is very broad and extends even below the freezing point of water. Therefore, we measure lipid order optically by analyzing the spectrum of the fluorescent dye Laurdan embedded in the membranes of HeLa, B35 and red blood cell ghosts. Laurdan is sensitive to the polarity of its environment and its fluorescence spectrum is red shifted when surrounded by water molecules due to dipolar relaxation [12]. Therefore, its emission maximum shifts from blue (450 nm) in the ordered lipid phase with no water present in the bilayer to green (490 nm) in the disordered phase with water molecules penetrating the membrane. By measuring the blue and green intensity of the Laurdan emission spectrum we calculate the
Generalized polarization (GP) (Fig. 1c) as a measure of the membrane state [13]. To determine the respective intensities we fit the spectral data by two lognormal functions as proposed by Bacalum et al. [14].

**Materials and Methods**

*Spectrum acquisition* was performed by use of the Ocean optics QEPro spectrometer and an optical fiber connected to the custom-made temperature control setup that is depicted in figure 1a. 600µl of sample suspension containing the membrane of interest were analyzed in the glass capillary embedded in an aluminum block. A stir bar prevented sedimentation and ensured a homogenous temperature distribution within the sample. The temperature was measured with a Pt100 sensor placed in the suspension and regulated in a range from -40 to 95 °C by a peltier element cooled by a water bath. Laurdan was excited at 360nm by an ultraviolet LED with UV-bandpass. The emitted light was captured after an UV-band-stop-filter by an optical fiber without any focusing optical elements. Data points were taken in steps of 1°C. The scan rate was 2°C per minute.

*Multilamellar phospholipid vesicles* were prepared in glass bottles by drying Laurdan (Sigma-Aldrich Chemie GmbH, Munich, Germany) and lipids (Avanti Polar lipids, AL, USA) dissolved in chloroform under nitrogen flow followed by vacuum exposure for at least 60 min. Vesicle swelling in ultra-pure water was promoted by ultrasonication 15K above the melting transition of the respective lipid species. The final concentration of lipids and Laurdan were 1mM and 10µM.

*HeLa cells* (ATCC® CCL-2™) and *B35 cells* (ATCC® CRL-2754™) were cultured in 25 cm² NuncTM cell culture flasks (ThermoFisher Scientific, MA, USA) at 37 °C in saturated atmosphere. The culture media were DMEM for HeLa cells and DMEM with high glucose content (Bio&SELL GmbH, Nürnberg, Germany) for B35 cells, both supplemented with 10 % fetal bovine serum (FBS Superior) and 1 % Pen/Strep (Biochrom GmbH, Berlin, Germany). Membranes were stained in culture medium after addition of Laurdan dissolved in DMSO for 2h at 37°C. The final concentration of Laurdan and DMSO in the staining solution were 28µM and 141mM (11mg/l). After the staining procedure the cells were rinsed three times with PBS buffer, trypsinated with 1ml of 0,05% trypsin/EDTA (Biochrom GmbH, Berlin, Germany) and analyzed without further treatment.

*Cholesterol depleted HeLa cells* were prepared by addition of 5mM Methyl-beta-cyclodextrin after staining and trypsination in the above-described manner. After 1h treatment time without stirring at 37°C the suspension was centrifuged at 300 g for 3 min and the supernatant was replaced by fresh PBS buffer. Before optical analysis the cells pellet was resuspended by vortexing. In contrast to the temperature scan the cholesterol depletion kinetics were analyzed under steady stirring.

*HeLa cell adaptation* was introduced by lowering the culture temperature by 1°K per week. After reaching the final temperature of 30°C no cell division took place for about one month. Over a period of further 3 month the cell’s growth rate increased up to one division per week. After the adaptation phase the cells were analyzed as described above.

*B35 cells with octanol* were prepared by using a trypsin solution with 1mM octanol for trypsination after staining. The sample was directly afterwards analyzed.

*Differentiated B35 cells* were obtained after incubation of a confluenctly grown cell flask in a 2mM DcAMP culture medium solution at 37°C for 24h.

*Red blood cell ghosts* were prepared following the procedure of Himbert et al. [15]: 300µl of venous blood (friendly supplied by University Hospital Augsburg) were diluted with 1700µl PBS buffer followed by centrifugation for 3min at 600g and subsequent removal of the
supernatant. After repeating this washing procedure three times the cells were ruptured by exposure to hypotonic buffer (1.6ml PBS buffer and 48.4ml ultra-pure water buffered with sodium hydroxide at pH8) for 30min in an ice bath. The sample was centrifuged at 18000g for 30 min followed by buffer exchange. The following three washing steps were performed at 18000g for 15min. The ghosts were stained in the hypotonic buffer containing 28µM Laurdan and 141mM DMSO for 2h at 37°C. Then the sample was again centrifuged at 18000g for 15min and the staining solution was replaced by buffer adjusted with monopotassium phosphate and disodium phosphate adjusted to the pH values 5,6 and 7. This solution was analyzed after resuspending the ghost by vortexing.

**Multilamellar HeLa and B35 membrane vesicles** were prepared by following the lipid extraction protocol of Folch et al. [16]. After trypsination about 2mio cells were centrifuged after trypsination at 300 g for 3 min followed by supernatant removal. The pellet was transferred into 2 ml of a chloroform/methanol solution (2:1) and lyzed by sonication for 30 min at 70 °C. After addition of 400µl ultra-pure water and vortexing for 30 sec the solution was centrifuged at 100 g for 15min. The lower part of the resulting biphasic solution, containing mainly chloroform and lipids, was transferred into another glass vial and Laurdan dissolved in chloroform was added. After drying under nitrogen flow and vacuum exposure for at least 60 min the lipids were hydrated with 1 ml of PBS buffer and vesicle swelling was induced by ultrasonication at 70°C for 30 min. The final concentration of Laurdan was 10 µM. The lipid content can be estimated using the findings of Delgado et al. who measured for mouse embryonic fibroblasts that lipids account for 13 percent of 500pg dry mass per cell [17]. If we use these values for our cell lines it leads to 130pg of lipids per sample. With a rough guess for the mean molecular lipid weight of about 500 g/mol we estimate the final lipid concentration to be 260 µM.

**Statistics** The data points of the shown GP temperature scans of cellular membranes represent the mean value of three independent measurements. The error bars show the standard deviation or in case of the ∆GP curves the pooled standard deviations. We performed two tailed t-tests with 4 degrees of freedom to test for 5% statistical significance between GP values. The fit parameters of the Boltzmann sigmoid function were compared by two tailed t-tests on 5% statistical significance as well. The data of three independent sample downscans (130 data points per scan from 90°C to -40°C, 390 points in summary, 4 fit parameters and therefore 386 degrees of freedom) were approximated by one function. The number of degrees of freedom for comparison of two fit parameters were 772 for a scan from 90°C to -40°C.

**Results and Discussion**

**Calorimetric and optical analysis of phospholipid vesicles**

First, we examined the possibility of measuring the phase state of synthetic lipid membranes optically in a temperature range from T=-40°C to T=95°C. Therefore, we compared calorimetric data of five different vesicle suspensions with temperature scans of the GP value and its derivative with respect to temperature (Fig. 2). These measurements were performed in a temperature controlled glass capillary that is schematically shown in figure 1a. Our data proves that we are in case of 13:0PC, 14:0PC, 15:0PC and 15:0PC with 10% cholesterol not only able to detect the correct location of phase transitions in lipid membranes but also peak width and height show similar behavior in both data sets. According to literature DOPC shows a phase transition as measured by DSC at T=- 16.5 °C, T=-17.3°C and T=-21 °C [18–20]. Thus, it is suited to examine if there are still Laurdan dynamics in membranes surrounded by frozen water. Figure 2 show that even though we see a drop in the derivate of the GP curve at T=0°C (Fig. 2a inset) indicating that the GP value is
In the following, we compare such phase state measurements on synthetic and biological membranes. For the latter we always analyzed the down scan since the GP changes stay reversible after the first heating (Supplementary Fig. 1a). The deviations between the first upscan and all following scans can be attributed to denaturation processes. Figure 3 shows the temperature dependent Laurdan emission spectra of 14:0PC multilamellar vesicles (MLV) and HeLa cell membranes. In both cases close to $T=25\, ^\circ C$ the emission shifts from blue to green indicating a change from an ordered to a disordered state. The difference lies in the steepness of the transition indicating differences in cooperativity. The peak in the derivative with respect to temperature of the 14:0PC MLV sample is 20 times higher than the one of the HeLa cells. The small peak height meaning low cooperativity might be the reason why we were not able to measure the transition by DSC and may be attributed amongst others to the variability of cell membranes and high cholesterol content in eukaryotic cell membranes. When we investigated phase state changes during the trypsination process of HeLa cells we found a variation of GP values at constant temperature of $\Delta GP \approx 0.02$ (Supplementary Fig. 1 b, c). During this measurement about 100 cells were in the focus range of the spectrometer. Therefore, one can conclude that the variability of single cells is even higher and the presented temperature scans including millions of cells in suspension are a sum of various slightly different melting events resulting in a broad transition. As shown in figure 2, cholesterol reduces the cooperativity in synthetic membranes. This and the fact that bacteria are not able to synthesize cholesterol [21] might be the reason why we could not identify phase transitions on HeLa cells using DSC.

To examine the effect of cholesterol content on the phase state of HeLa membranes we depleted the membranes by exposure to methyl-beta-cyclodextrin. Figure 4 shows GP as function of temperature for wild type, somehow affected by water freezing it is still possible to detect the phase transition optically since our data shows peaks at $T= -16.5^\circ C$ in the up-scan and at $T= -19.4^\circ C$ in the down scan (SI).

**HeLa cell membrane state, adaptation and cholesterol depletion**
growth temperature adapted, cholesterol depleted HeLa cells and lipid extracts from these cells. Figure 4a shows that cholesterol depletion caused a shift of the GP curve especially at around \( T = 30 \) °C towards lower values meaning increased disorder in the membrane. Consequently, the transition becomes steeper and the cooperativity determined by the steepness of a Boltzmann sigmoid fit function at the inflection point increases by 23%, as shown in figure 4b. The other fit parameters namely the span and inflection point corresponding to melting enthalpy \( \Delta H \) and melting Temperature \( T_m \) are affected as well and decreased by \( \Delta H/H = -4\% \) and \( \Delta T_m \approx -2.4 \) K. The inset in Figure 4a shows the GP values in a physiological temperature regime. A linear approximation of GP as function of temperature for the reference HeLa cells in a temperature regime from 20°C to 40°C gives a slope of 5.3 K per 0.1 GP. Using this slope, we can convert GP changes into equivalent temperature changes \( \Delta T \), as this might be more intuitive than bare changes in membrane (dis)order. Figure 4c shows these equivalent temperature changes \( \Delta T \). Following this concept, the cholesterol depletion induces a decrease in lipid order that corresponds to an increase in temperature of \( \Delta T = +7 \) K to \( \Delta T = +11 \) K (Fig. 4c).

Heimburg et al. measured phase transitions in the lysate of *Escherichia coli* bacteria which contain much less cholesterol in their membranes by DSC. They found a transition slightly below the culture temperature. Furthermore, this transition shifted towards lower temperatures after culture below physiological temperatures [22]. Inspired by these findings we decreased the culture temperature of HeLa cells from \( T = 37 \) °C to \( T = 30 \) °C (temperature ramp -1K/week) and kept it at \( T = 30 \) °C over a period of about 5 months before we measured membrane order as function of temperature (Fig. 4a, “30°C culture”). In accordance with bacteria data the GP values of these eukaryotic cells decreased by \( \Delta T = 2.5 \) K temperature equivalent (Fig. 4c) due to adaptation meaning that the cells compensate the increased order caused by the lower temperature by adjusting the membrane composition to reduce order again. The position of the derivative peak is almost not affected but a 3% increase of slope C as measure for the cooperativity is seen (Fig. 4b). This could indicate a change
of cholesterol content during adaptation. To examine whether the GP change is caused by alteration of lipids or protein we applied the Folch method to split a cell lysate into a water soluble part containing most of the proteins and an unpolar part with all the materials.
lipid molecules of the cells [16]. The latter was dried and rehydrated to obtain HeLa cell membrane multilamellar vesicles. The comparison of the temperature dependent GP values of regular HeLa cells with their lipid extracts and lipid extracts of adapted HeLa cells is shown in figure 4d. The lipid extract transition differs strongly in melting temperature, cooperativity and enthalpy from the transition of the intact HeLa cell samples not only because of the lack of proteins but in this experiment lipids of all cell organelles are probed, not only the outer membrane. The comparison of the lipid extracts of reference and adapted cells again show that adaptation decreases lipid order, but the effect is weaker, especially in the physiological temperature range. Figure 4f shows that no $\Delta$GP value differs from 0 with a p value lower than 0.05 but a trend towards negative $\Delta$GP values as observed for the whole cells is visible. The derivative of GP with respect to temperature of the adapted cells show a peak shifted for $\Delta T$=-0.6K towards lower temperatures. In contrast to adaptation processes measured in figure 4b the cooperativity and melting enthalpy of the adapted HeLa cell lipids are lower than the reference lipid extract.

The lipid extracts contain lipids from the whole lipid membrane reservoir in the cell interacting with only few proteins, while the intact cell analysis only probes the outer membrane interacting with the membrane proteins. This can explain why the adaptation effect is decreased in lipid extracts and clearly show the advantage of analyzing intact cells. Since both samples show differences between adapted and reference cells, we conclude that the lipid composition indeed is altered but we cannot exclude adaptation of protein expression as well. However, following the idea of determination of phase diagrams of intact cells to correlate these with cellular function somehow move this detail out of focus.

Neuroblastoma cell membrane after differentiation and anaesthetic exposure

To contribute to the discussion whether phase transitions in biological membranes play a role in the signaling mechanism of nerve cells [3,23,24] we analyzed B35 neuroblastoma cells and how their membrane order-disorder-transition is affected by differentiation and exposure to an anaesthetic. Applying the same concept as shown in figure 4 for HeLa cells, figure 5 shows GP as function of temperature, it’s derivative with respect to temperature in absence and presence of octanol and differentiated as well as undifferentiated. It is known for lipid vesicles that the phase transition temperature is lowered after incorporation of an anaesthetic meaning that the disordered phase expands [25]. In figure 5a we see that the same applies for B35 Neuroblastoma membranes when they get exposed to 1mM octanol. We see a GP change equivalent to about $\Delta T$=-2K to $\Delta T$=-5K left shift in the physiological regime (Fig. 3c) and a global peak shift of $\Delta T$ = -3K (Fig. 3b). While the melting enthalpy of the transition is almost not affected by octanol addition, the cooperativity is decreased by 3%. The effect of anaesthetic exposure was examined by the use of undifferentiated B35 cells, which do not form neurites. We treated these cells for 24h with Dibutyryl-adenosine 3’,5’-cyclic monophosphate sodium salt (DcAMP) to promote neurite outgrowth and examined the phase state of these differentiated cells. The measured GP change after differentiation corresponds to a shift of up to $\Delta T$=- 4K towards lower temperatures (Fig. 5c) accompanied by a movement of the melting transition by $\Delta T_{m}$=-1.4K in the same direction. Furthermore, the melting enthalpy and cooperativity are reduced by differentiation (Fig. 5b). We performed measurements on the lipid extracts of differentiated and undifferentiated B35 cells and find again by comparison of whole cell analysis and lipid extracts that the transition of the lipid extracts becomes more narrow (Fig. 4e and 5e). However, comparing lipid
extracts of differentiated and undifferentiated cells reveal a small positive shift $\Delta T$ in contrast to whole cells. This could indicate that the lipid composition of cell organelles is altered in a different way upon differentiation than the outer membrane. The latter is for example more affected by increased membrane tension due to outgrowth of microtubuli than inner membranes.

**Red blood cell ghosts at different pH levels**

To stress the multidimensionality of membrane phase diagrams, in the following we analyze order disorder transitions in red blood cells that are sensitive for pH changes. It is known that red blood cells (RBC) show protonation dependent membrane properties e.g. permeability [26] that can be understood by charge effects in

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Figure 5 Phase state analysis of B35 Neuroblastoma cell membranes and their lipid extracts under varying conditions. a,d Temperature dependent GP values of untreated, differentiated and octanol (1mM) exposed cell membranes and their lipid extracts. Data point representation, error bars and fit values in a-f are treated as described in figure 4.
lipid head groups. RBC are exposed to varying pH levels in the human body depending on whether they are located in healthy tissue or in inflamed regions, where the pH can drop down to about pH 6 [27]. We here study red blood cell ghosts as the absorbance of hemoglobin interferes with the Laurdan fluorescence signal. Figure 6a shows the temperature dependent GP of RBC at the pH levels 5, 6 and 7. The GP curve shifts for pH 6 slightly, for pH 5 more pronounced towards higher temperatures meaning an expansion of the ordered phase due to protonation shown in the inset of figure 6a for a constant temperature of $T=37^\circ C$. Therefore, RBC membranes react to pH changes as it is known for synthetic membranes containing charged headgroups. The transition calculated by data fitting and building the derivative with respect to temperature in figure 6b shows the same behavior. While there is almost no change from pH 7 to pH 6 the melting temperature $T_m$ shifts at pH 5 by $\Delta T_m = +1.5K$ to the right compared to pH 7. Cooperativity and melting enthalpy are reduced by protonation. The pH dependent shift in the physiological temperature regime depicted in the upper inset again can be translated in a $\Delta GP$ with corresponding equivalent temperature change $\Delta T$ (Fig. 6c). For pH7 lipid order is increased as it would be after a temperature reduction of $\Delta T = -4K$ to $\Delta T = -6K$.

**Conclusions**

In summary we have not only shown the presence of broad order/disorder phase transitions in biological membranes but also that they are affected by cholesterol, anaesthetic and pH in the same way as it is known for sharp transitions in synthetic membranes. Even though the transition itself is not visible in the physiological temperature regime where lipid order changes only linearly with temperature, the knowledge about the underlying physics of this effect allows for prediction how membrane order reacts to environmental changes. This approach could prove itself useful since our findings that lipid order is affected by adaptation processes and morphological changes during differentiation or trypsination suggest that cellular functionality is indeed connected to membrane state. Exciting studies based on these results may include but are not limited to in-depth studies on substance and signal transport across and along the membrane.
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Data availability

All data that support our findings are available from the corresponding authors upon reasonable request. There are no restrictions on data availability.

Author contributions

N.F. and C.W. designed research; N.F. and C.W. performed research; N.F. analyzed data and implemented experimental tools; N.F. and C.W. wrote the paper.

Competing interests

The authors declare no competing interests.

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Figure 1

Experimental setup and data analysis. a For optical analysis the sample suspension is placed in a glass capillary that can be temperature controlled in a broad temperature range. The fluorescence emission is recorded by a spectrometer attached to an optical fiber. b The membrane embedded dye Laurdan allows
for determination of the phase state of lipid membrane samples due to its polarity sensitive emission spectrum. The fluorescence intensities originating from ordered/disordered lipid domains are determined by data fitting to calculate the generalized polarization as measure for the membrane phase state.

Figure 2
Phospholipid vesicle analysis. a Temperature dependent generalized polarization of various phospholipid multilamellar vesicles measured during heating. The inset shows the derivative with respect to temperature of DOPC vesicles with a peak at $T=16.5^\circ$C indicating the ordered/disordered phase transition. b Derivative with respect to temperature of various lipid vesicles showing the same ordered/disordered phase transitions as their heat capacity profiles measured by DSC in c.
Comparison of phospholipid vesicles and HeLa cell membranes. a, b Normalized emission spectra of 14:0PC multilamellar vesicles/HeLa cells as a function of temperature and fluorescence microscopy images of the samples (field of view about 420 x 320 μm²). c GP of 14:0PC multilamellar vesicles/HeLa cells as a function of temperature and their corresponding derivatives after temperature at two differently scaled axes.
Phase state analysis of HeLa cell membranes and their lipid extracts under varying conditions. a,d Temperature dependent GP values of untreated, cholesterol depleted and low temperature (30°C) adapted HeLa cell membranes and their lipid extracts. Each data point represents the mean value with standard deviation of at least 3 independent samples. For visibility only every fourth point is shown. The data is approximated by a Boltzmann sigmoid function which allows for determination of the point of inflection or Tm, its steepness as a measure for cooperativity C and the span corresponding to a melting enthalpy ΔH. The inset shows GP values in a physiologically relevant temperature interval and the 95% confidence intervals of the according fit functions. b,e Derivatives after temperature of GP graphs pictured in A and D. The changes of melting temperature ΔTm, cooperativity ΔC and melting enthalpy ΔΔH due to adaptation, cholesterol depletion and lipid extraction are calculated by comparison of the Boltzmann sigmoid fit parameters. c,f Temperature dependent GP changes induced by adaptation, cholesterol depletion and lipid extraction. Data points with a P-value larger than 5% are represented by hollow symbols. The equivalent temperature changes are calculated by the use of a linear approximation of untreated HeLa cells in the temperature regime from 20°C to 40°C.
Figure 5

Phase state analysis of B35 Neuroblastoma cell membranes and their lipid extracts under varying conditions. a,d Temperature dependent GP values of untreated, differentiated and octanol (1mM) exposed cell membranes and their lipid extracts. Data point representation, error bars and fit values in a-f are treated as described in figure 4.
Figure 6

Phase state analysis of red blood cell ghosts under varying pH levels. a Temperature dependent GP values of red blood cell ghosts at pH 7, pH 6 and pH 5. Data point representation, error bars and fit values in a-c are treated as described in figure 4.

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