Case Report

An Unusual Case of Perirenal Abscess Caused by *Campylobacter* and *Peptostreptococcus* Species

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1. Introduction

Intra-abdominal abscesses mostly derive from the intra-abdominal viscera. Gut flora including members of the *Enterobacteriaceae* family, viridans streptococcus group, and *Enterococcus* spp. and anaerobes such as *Bacteroides* spp. and *Candida* spp. have been frequently isolated from such cultures [1]. *Campylobacter* species are Gram-negative, spiral-shaped rods that usually colonize the oral cavity [2, 3]. Although diarrheal illnesses are known to be caused by *Campylobacter* spp., extra-intestinal infections resulting in abscesses have been observed and/or reported only in rare instances [2].

We report a case of perinephric abscess caused by *Campylobacter rectus* (*C. rectus*) and *Peptostreptococcus* spp. and review potential sources of this organism based on previous literature.

2. Case Report

A 40-year-old female with no significant past medical history presented with three-day history of left lower quadrant abdominal pain. The pain began in her left flank and subsequently radiated to her abdomen. It was associated with nausea, fever, and chills, and she denied having any diarrhea. She was febrile at 38.2°C. Laboratory findings showed leukocytosis of 16.9 K/MM3. Urinalysis was normal. Computed tomography (CT) scan of the abdomen and pelvis revealed an inflammatory process originating from the posterior left kidney with extensive expansion into the left retroperitoneum, psoas muscle, and possibly even the left posterior abdominal wall with multiple loculated abscesses (Figure 1). Piperacillin-tazobactam was empirically started for initial management. The patient underwent interventional radiology (IR) guided drainage on hospital day 2 (D2). A pigtail catheter was placed which drained purulent fluid, and culture revealed heavy growth of *Campylobacter rectus* and moderate growth of *Peptostreptococcus*. Antimicrobials were then changed to ampicillin-sulbactam and azithromycin. After six days of treatment, a repeat CT scan of the abdomen and pelvis was obtained which revealed a significant reduction in the size of the abscess. The multiloculated left perirenal abscess was...
now smaller in size but still extended into the left retroperitoneum and along the margin of the left psoas muscle. A colonoscopy was also performed which did not exhibit any intestinal abscess. After 10 days of hospitalization, the patient showed clinical improvement with resolution of flank pain, fever, and leukocytosis. The pigtail drain was removed on day 10. She was advised to take oral amoxicillin-clavulanate and azithromycin for 4 more days, completing a 14-day course of antibiotics. Unfortunately, the patient was lost to follow-up after discharge and was unable to participate in longitudinal care.

3. Discussion

The potential source and development of this patient’s *Campylobacter* infection remain unclear. A study in New Zealand suggested that person-to-person (fetal-oral) transmission was responsible for 4% of campylobacteriosis cases [3]. Unpasteurized dairy milk has also been found as an etiology of campylobacteriosis outbreaks [3]. In addition, other sources such as insects have also been proposed as reservoirs of *Campylobacter* species [3]. *C. rectus* has been isolated from the oral flora and is a well-known causative agent for periodontitis.
In fact, a large-scale study from Finland found the presence of *C. rectus* in the saliva of 31.3% of healthy individuals [9].

*Peptostreptococcus* species are also anaerobic bacteria but are Gram-positive cocci. Although they are commonly found in the normal flora of the skin and gastrointestinal or genitourinary tract, these species have also been isolated as part of the normal flora of the oral cavity [10]. Perinephric abscesses can complicate urologic infections accounting for 75% of cases; however, they can also be due to hematogenous spread of infection to the kidney [11]. In our case, the patient’s urinalysis and blood cultures were unremarkable, making primary urologic source very unlikely.

Risk factors associated with the development of extra-oral infections with *C. rectus* include poor dental hygiene, periodontal disease, dental abscess, and/or underlying comorbidities including diabetes, alcohol abuse, immunosuppression, and underlying malignancy [12]. Our patient was not known to have any of these listed risk factors and also denied any recent surgeries aside from a cesarean section several years prior.

The most likely source of the abscess here is a bowel microperforation. However, colonoscopy did not reveal any obvious bowel wall defect. Given the presence of both *Campylobacter* and *Peptostreptococcus* in the oral cavity, it is plausible that the patient developed the perinephric abscess via hematogenous spread from the oral cavity despite negative blood cultures.

A literature review in 2018 listed extra-oral infections caused by *C. rectus* which include abscesses in the brain, breast, palate, thoracic wall, and vertebra [12]. Reports of subdural empyema, sacroiliitis, necrotizing soft tissue infection of the thigh, septic cavernous sinus thrombosis, left acute otitis media, and mastoiditis have also been documented [12]. So far, there has been no reported case of perinephric abscess caused by *C. rectus*. We have listed a review of all reported abscesses associated with *C. rectus* in Table 1 [12].

### 4. Conclusion

We are reporting a case of a perinephric abscess caused by *Campylobacter rectus* and *Peptostreptococcus* species. *C. rectus* has been reported to cause extra-oral abscesses in various locations; however, this is the first case report of perinephric abscess development. Either undetected bowel microperforations or hematogenous spread from the oral cavity as in this case could be the potential pathogenesis behind extra-oral abscess formation, similarly hypothesized in other case reports. *C. rectus* should not be disregarded and underestimated as a potential causative agent for extra-oral infections such as invasive abscess formations.

### Data Availability

The data used to support the findings of this study are included within the article.

### Conflicts of Interest

The authors declare that they have no conflicts of interest.

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