Detection of CO in the inner part of M 31’s bulge

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ABSTRACT
We report the first detection of CO in M 31’s bulge. The $^{12}$CO (1-0) and (2-1) lines are both detected in the dust complex D395A/393/384, at $1'3$ (∼0.35 kpc) from the centre. From these data and from visual extinction data, we derive a CO-luminosity to reddening ratio (and a CO-luminosity to H$_2$ column density ratio) quite similar to that observed in the local Galactic clouds. The (2-1) to (1-0) line intensity ratio points to a CO rotational temperature and a gas kinetic temperature > 10 K. The molecular mass of the complex, inside a 25'' (100 pc) region, is 1.5 $10^4$ M$_\odot$.

Key words: ISM: clouds – (ISM:) dust, extinction – Galaxies: individual: M 31 – Radio lines: galaxies – Methods: observational

1 INTRODUCTION
The bulk of gas of M 31 lies between 6 and 18 kpc and follows a pattern of thin spiral arms (e.g. Dame et al. 1993, Neininger et al. 1998). Despite the presence of dust lanes, massive stars, and evolved stars (e.g. O’Connell et al. 1992; Davidge et al. 1997), there is little HI atomic gas in the inner disc of M 31, that its excitation temperature barely exceeds the cosmic background temperature. They thus suggested that CO may be so cold in the Galactic Giant Molecular Clouds, these authors concluded that CO may be so cold in the inner disc of M 31, that its excitation temperature barely exceeds the cosmic background temperature. Thus suggested that although molecular gas and CO could be abundant, the CO mm lines are so weak that they escape detection.

In order to better understand the gas budget at the centre of M 31, we have embarked on a reanalysis of the optical data. We found that the positions observed by Loinard, Allen & Lequeux (1996) were not centred on the darkest dust patches, which prompted us, taking advantage of the installation of a new generation mm-wave receivers on the IRAM 30-m telescope, to make new CO observations.

2 OBSERVATIONS
2.1 Distribution of the extinction in the bulge
We used a compilation of optical images of M 31 with resolutions (FWHM) close to 1 arc-sec to locate regions with significant absorption in the bulge of M 31: (1) a B frame ($0'9$/pixel) covering a field of 22'9 × 17'9 obtained during the course of a 5 yr nova search by Ciardullo et al. (1988); (2) $B$ and $R$ images ($0'3$/pixel), covering a field of 12' × 9', collected during an intensive monitoring of M 31’s bulge aimed at micro-lensing detections (Ansari et al. 1997, 1999), hereafter the AGAPE data; (3) $BVRI$ images from J. Tonry covering a 4' × 4' field (Metzger, Tonry & Luppino 1993).

The astrometry (M. Aurére, private communication) of the optical data presents small (∼1 arcsec) distortions on the degree scale; this is insignificant given the size of the beam of the radio telescope (21" at 115 GHz and 11" at 230 GHz). We model the photometry of M 31’s bulge with elliptical annuli using the standard surface photometry algorithm developed for IRAF (Jedrzejewski 1987). This model intends to reproduce the light profile along M 31’s bulge without extinction. Hence, the ellipse geometry parameters (centre, ellipticity, position angle) are fitted in this procedure. In addition, to avoid possible perturbations of the fit due to extincted areas, only the median intensity over the elliptical annulus sectors is used. The observed extinction is then defined as $A_\lambda = -2.5 \log_{10}(\phi_{obs}/\phi_{model})$ where $\phi_{obs}$ is the

* We assume a distance to M 31 of 780 kpc (e.g. Holland 1998; Stanek & Garnavich 1998), i.e. 1''=3.8pc.
Figure 1. The $A_B$ extinction obtained from the data of Ciardullo et al. (1988) is shown in grey-scale. The black contour levels correspond to 0.1, 0.2 and 0.3 mag in $A_B$ scale. The two straight segments intersect at the centre of M 31. Their lengths correspond to 1 kpc along the major and minor axis. The circle shows the ON position toward the dust complex D395A(393/384). Its diameter is the telescope HPBW at 115 GHz. The small crosses display the OFF positions used during the observations. The red contour levels give the possible contamination level in the OFF position at 115 GHz, assuming CO emission is proportional to visual extinction (first 0.05 per cent, second 0.10 per cent, third 0.15 per cent).

observed brightness and $\phi_{\text{model}}$ the brightness in the model. This derivation of $A_\lambda$, which assumes that the dusty cloud is in front of the bulge, provides a lower bound of the true internal extinction.

The comparison of 3 completely independent $B$ data sets shows that no significant observational artifacts are introduced in the extinction maps. The nominal centre of M 31 is taken as the optical nucleus at $\alpha_{J2000.0} = 00^h 42^m 44^s.371$ and $\delta_{J2000.0} = 41^\circ 16' 08''.34$ following Crane, Dickel & Cowan (1992). Figure shows the extinction obtained in $B$, centred on the dust patch D395A/393. All the structures seen here are well correlated with those seen in $B - R$. We note that the procedure defining the ellipses tends to remove any smooth structures within 10 arcsec from the centre. The structure in the north-western part is the edge of a much larger extinction pattern; the most prominent structure de-
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Figure 2. The telescope HPBW at 115 GHz and 230 GHz during ON scans (\(\alpha_{\text{J}2000.0} = 0\hbox{h}20\hbox{m}42\hbox{s}\).10 and \(\delta_{\text{J}2000.0} = 41\degree17'24''\)), superimposed on the A_B extinction map derived from the AGAPE data. The small circle on the left marks the position observed by Loinard et al. (1996).

2.2 Radio observations

The observations were carried out on 1999 June 13-14 with the IRAM 30-m telescope. Most of the observing was made in the symmetrical wobbler switching mode where the secondary mirror nutates up to a maximum limit of \(\pm 240''\) in azimuth. The beam throw was determined as a function of the hour angle in such a way that OFF positions lie in extinction-free regions (see Fig. 1). Near transit, we had to use position switching mode, taking an extinction-free OFF position located at 122''321'' from the nucleus. Figure 2 shows the areas covered by the telescope beam (HPBW) in the ON position at 115 and 230 GHz. The beam is centred as best as possible on the dust complex, and encompasses most of D395A (and also, at 115 GHz, parts of D393 and D384). The telescope pointing was checked every hour on nearby quasars and found to be accurate within 3 arcsec.

We used four receivers simultaneously, two for \(^{12}\text{CO}(1-0)\) at 115 GHz and two for \(^{12}\text{CO}(2-1)\) at 230 GHz. Each 115 GHz receiver was connected to two autocorrelator sub-bands, shifted by 40 MHz from each other. Each sub-band consisted of 225 channels separated by 1.25 MHz. A very simple algorithm, combining such a pair of settings, was used to remove occasional "platforming" between the 80 MHz wide units which compose the sub-bands. 230 GHz receiver was connected to a filter-bank consisting of 512 1-MHz-wide channels. Linear baselines were fitted and subtracted from the spectra registered every 60 s, after the platforming correction for the data at 115 GHz. Some spectra were flagged, especially for one of the receivers at 230 GHz, due to temporary instabilities. The spectra were then combined, using inverse variance weights, which correspond to the residuals about the baselines.

The resulting spectra are displayed in Fig. 3 and the lines parameters are summarised in Table 1. We estimate that even if the gas in the OFF positions had the same velocity as in the ON position and if the CO luminosity was proportional to \(A_B\), we would have decreased at most by 6 per cent the 115 GHz line intensity (see the red contours in Fig. 1). The uncertainties on the line intensities quoted in Table 1 account for the r.m.s. noise and for baseline uncertainties; they do not include calibration uncertainties which, according to a check on the standard source DR21, should be \(\leq 10\) per cent. (We adopted a \(T_A^*\) flux scale corresponding to integrated \(^{12}\text{CO}(1-0)\) and \(^{12}\text{CO}(2-1)\) emissions of respectively 410 K km s\(^{-1}\) and 360 K km s\(^{-1}\) at the centre of DR21 — see Mauersberger et al. 1989). We note that, although the spectra of Fig. 3 were observed only 15'' away from those of Loinard, Allen & Lequeux (1996), the line intensities are much weaker and the velocities completely different from those reported by Sofue & Yoshida (1993). Hence, our detection is more in agreement with the former authors, given their level of sensitivity.

3 DISCUSSION

3.1 Characteristics of the CO emission

The spectra displayed in Fig. 3 show that the \(^{12}\text{CO}(1-0)\) and \(^{12}\text{CO}(2-1)\) emission is detected in the heliocentric velocity...
range $V_{\text{Helioc}} = -130, -190$ km s$^{-1}$. The measured centroid velocities are in good agreement with the velocities of the ionised gas published by Boulesteix et al. (1987). This suggests that the molecular clouds lie in the same plane as the ionised gas; the latter is thought to be inclined by 45° in the region of interest (see the discussion by Ciardullo et al. 1988). At the position observed, the ionised gas presents a velocity gradient of $\sim 30$ km s$^{-1}$ over the 21 cm-wide telescope beam. This is consistent with the FWHM of the CO(1-0) line profile (31 km s$^{-1}$) measured for the molecular complex. This suggests that we are observing not one single, but several clouds distributed across the telescope beam.

The comparison of the intensities expressed as the $^{12}$CO(2-1) to (1-0) line ratio R is not straightforward as the beams are different and the geometry of the emitting regions is a priori unknown. If the emitting regions were uniform and much larger than the beams, the line intensity ratio would simply be $R = T_A^{(2-1)}/T_A^{(1-0)} = 0.6$. We adopt the more realistic assumption suggested above that the dust follows the gas distribution. Integrating the extinction distribution (Fig. 2) over the telescope beam and taking into account the difference in telescope beam shapes and efficiencies between 115 and 230 GHz (Greve, Kramer & Wild 1998), we arrive at a ratio $R = 0.5$. This value is typical of those observed in M31’s molecular arms (Neininger et al. 1998) but is larger than those observed by Loinard et al. (1996).

### 3.2 The extinction curve for D395A/393/394

The extinction curve is determined by comparing the extinction in $B$, $V$, $R$ and $I$ on a pixel basis. Figure 2 shows that the $A_V/E(B-V)$ ratio $R_V$ is closer to 2.0 than to the canonical value of 3.1. This cannot be accounted for by the geometry of the dust distribution (see Walterbos & Kennicutt (1988) for a comprehensive review). If dust and stars are uniformly mixed along the line of sight, the true extinction would then be increased by a factor of 2, but the extinction curve would still present the same $R_V$. If the dust is located in a thin layer, which is rather plausible if associated with the molecular and ionised gases, the observed extinction, as defined in Sect. 2.1, then corresponds to $-2.5 \log_{10}(x + (1 - x) \times \exp(-\tau))$, where $\tau$ is the real optical depth at a given wavelength and $x$ the fraction of light in front of the dust. As observed extinctions as large as 0.49 mag are measured in $B$, the fraction of foreground light $x$ has to be smaller than 0.6. This fraction is 0.3 and 0.02 if the dust patch lies in a plane inclined by 45° and 77° respectively, when using Galactic bulge and disc models from Binney, Gerhard & Spergel (1997). Similar deviations from the average $R_V$ have already been reported in a few lines of sight across M31’s disc (Massey et al. 1995, and references therein): like what is observed in the Galaxy (e.g. Szomoru & Guhathakurta 1999), local fluctuations are also present in M31.

For $x = 0$, we estimate the extinction $A_V = 0.06$ mag beam$^{-1}$ when averaged over the 115 GHz beam, corresponding to $E(B-V) = 0.0285$ mag beam$^{-1}$. Given the arguments discussed above, the uncertainties affecting these values are negligible for the following.

### 3.3 The gas-dust connection

Although it is very dubious to interpret the observed CO luminosity in terms of mass of molecular hydrogen, the $I_{CO}/E(B-V) = 9.8$ K km s$^{-1}$ mag$^{-1}$ ratio measured here is remarkably similar to the value observed for the molecular clouds in our Galaxy. Hence, the most direct method to get the order of magnitude for the mass of the gas in this complex is to assume a standard dust-to-gas mass ratio, $N_H/E(B-V) = 5.8 \times 10^{21}$ atoms cm$^{-2}$ mag$^{-1}$ (Bohlin, Savage & Drake, 1978). Integrating directly over the distribution of extinction, we derive a mass of $1.5 \times 10^4 M_\odot$ ($10^4 M_\odot$ in the main solid angle of the beam at 115 GHz). This mass could be overestimated if the metallicity is larger than 1 in the central region of M31. Continuing, based on the optical extinction map, we find that the size of this complex is about 60 pc; this is typical for a giant molecular complex. However, its average volume density ($\sim 1$ cm$^{-3}$) is extremely low: two orders of magnitude lower than the typical densities in giant molecular clouds. For this reason, this complex must be highly clumped as supported by the detection of these CO lines.

If these clumps are gravitationally bound together, we estimate a virial mass $M_{\text{vir}}/M_\odot \sim 200 r/(\text{pc})(\sigma_{\text{FWHM}}/(\text{km/s}))^2$, i.e. $M_{\text{vir}} \sim 1.6 \times 10^7 M_\odot$. The difference of three orders of magnitude compared to the above result based on the optical extinction is so large that either these clumps are not bound together or the mass is not dominated by the gaseous com-
ponent. For the very same reason, this complex does not follow the velocity line-width versus diameter relationship found by Solomon et al. (1987) for Galactic molecular clouds near virial equilibrium, but presents similar characteristics to the clouds studied by Oka et al. (1998) in the Galactic centre.

4 CONCLUSIONS

Emission of the (1-0) and (2-1) lines of the $^{12}$CO molecule has been detected near the centre of M31 at 15σ and 10σ respectively. The CO centroid velocity of $-155 \text{ km s}^{-1}$ suggests that this molecular gas could be located in the ionised gas disc detected in these regions. The observed velocity dispersion of the molecular gas in the beam is compatible with the velocity gradient of the ionised gas. Together with the patchy appearance of the extinction map, this indicates the presence of several clouds distributed over the beam. The $\text{I}_\text{CO}/E(B-V)$ ratio is remarkably similar to the values observed in molecular clouds in the Galaxy and M31’s disc. Based on a standard gas-to-dust ratio, the mass of the molecular complex is of order $10^4 \text{ M}_\odot$. In order to reach densities compatible with the excitation of the CO lines, the complex must be highly clumped. As previous studies with poorer resolution have shown, the mass inferred is small compared to the mass content of the Galactic centre (Morris & Serabyn 1996). With such a mass the line-width of the CO line is by far too broad for a gravitationally bound complex, which explains previous inconsistencies based on this assumption.

Accordingly, we modelled the extinction with a random distribution of small spherical clumps, all identical with a size $r$ and density $\rho$. They all lie in a sphere of radius 13″, tracing a total mass of $10^4 \text{ M}_\odot$. Models with $\sim250$ clumps reproduce the main features of the histogram of measured extinctions. With the previous assumption of a common location for the molecular, ionised gas and the dust, the configuration $(r, \rho)$ which reproduces best the measured extinction correspond to clumps with $r \sim 2.6''$ and $\rho \sim 400 \text{ H cm}^{-3}$. Following the LVG homogeneous cloud models of García-Burillo, Guélin & Cernicharo (1993), the measured line ratio corresponds to CO (1-0) and (2-1) line excitation temperatures and to a kinetic temperature all $\geq 10 \text{ K}$. This modelling will be further discussed in a subsequent paper.

The “standard” CO-luminosity to visual extinction ratio and the relatively high CO (1-0) excitation temperature seem to rule out the presence of large amounts of hidden CO and H$_2$ in the inner bulge of M31, in apparent disagreement with the result of Loinard et al. (1996) in the inner disc.

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