Probing seismic solar analogues through observations with the NASA 
Kepler space telescope and HERMES high-resolution spectrograph

P. G. Beck,1 D. Salabert,1 R. A. Garcia,1 J. do Nascimento, Jr,2,3 T. S. S. Duarte,2 S. Mathis,1 C. Regulo,4,5, J. Ballot,6,7, R. Egeland,8,9 M. Castro,2 F. Pérez-Herranz,4,5, O. Creevey,10 A. Tkachenko,11 T. van Reeth,11 L. Bigot,10 E. Corsaro,1,4,5 T. Metcalfe,12 S. Mathur,12 P. L. Palle,4,5 C. Allende Prieto,4,5 D. Montes,13 C. Johnston,11 M. F. Andersen,4,14 H. van Winckel11

1 Laboratoire AIM, CEA/DRF - CNRS - Univ. Paris Diderot - IRFU/SAp, Centre de Saclay, 91191 Gif-sur-Yvette Cedex, France
2 Departamento de Física, Universidade Federal do Rio Grande do Norte, 59072-970 Natal, RN, Brazil
3 Harvard-Smithsonian Center for Astrophysics, Cambridge, MA 02138, USA
4 Instituto de Astrofísica de Canarias, E-38200 La Laguna, Tenerife, Spain
5 Departamento de Astrofísica, Universidad de La Laguna, E-38206 La Laguna, Tenerife, Spain
6 CNRS, Institut de Recherche en Astrophysique et Planétologie, 14 avenue Edouard Belin, 31400 Toulouse, France
7 Université de Toulouse, UPS-OMP, IRAP 31400, Toulouse, France
8 Department of Physics, Montana State University, Bozeman, MT 59717-3840, USA
9 High Altitude Observatory, National Center for Atmospheric Research, P.O. Box 3000, Boulder, CO 80307-3000, USA
10 Laboratoire Lagrange, Université de Nice Sophia-Antipolis, UMR 7293, CNRS, Observatoire de la Côte d’Azur, Nice, France
11 Instituut voor Sterrenkunde, KU Leuven, B-3001 Leuven, Belgium
12 Center for Extrasolar Planetary Systems, Space Science Institute, 4750 Walnut street Suite 205, Boulder, CO 80301, USA
13 Dpto. Astrofísica, Facultad de CC. Físicas, Universidad Complutense de Madrid, E-28040 Madrid, Spain
14 Stellar Astrophysics Centre, Aarhus University, Ny Munkegade 120, 8000 Aarhus C, Denmark

Abstract
Stars similar to the Sun, known as solar analogues, provide an excellent opportunity to study the preceding and following evolutionary phases of our host star. The unprecedented quality of photometric data collected by the Kepler NASA mission allows us to characterise solar-like stars through asteroseismology and study diagnostics of stellar evolution, such as variation of magnetic activity, rotation and the surface lithium abundance. In this project, presented in a series of papers by Salabert et al. (2016a,b) and Beck et al. (2016a,b), we investigate the link between stellar activity, rotation, lithium abundance and oscillations in a group of 18 solar-analogue stars through space photometry, obtained with the NASA Kepler space telescope and from currently 50+ hours of ground-based, high-resolution spectroscopy with the HERMES instrument. In these proceedings, we first discuss the selection of the stars in the sample, observations and calibrations and then summarise the main results of the project. By investigating the chromospheric and photospheric activity of the solar analogues in this sample, it was shown that for a large fraction of these stars the measured activity levels are compatible to levels of the 11-year solar activity cycle 23. A clear correlation between the lithium abundance and surface rotation was found for rotation periods shorter than the solar value. Comparing the lithium abundance measured in the solar analogues to evolutionary models with the Toulouse-Geneva Evolutionary Code (TGEC), we found that the solar models calibrated to the Sun also correctly describe the set of solar/stellar analogs showing that they share the same internal mixing physics. Finally, the star KIC 3241581 and KIC 10644353 are discussed in more detail.

1 Introduction
Solar-like oscillations are driven by the turbulent motions in the stellar convective envelope of cool stars (Aerts et al., 2010, and references therein). On the main sequence, these stochastic oscillations are found in stars in the spectral type range from late F to K, spanning a mass range of roughly 1.5 solar masses. (e.g. Chaplin et al., 2011b, 2014; Huber et al., 2011). In recent years, asteroseismic quantities were consequently used as a new tool to study and identify solar analogues in addition to the classical criteria. In the classical definition of Cayrel de Strobel (1996) solar analogues are seen as stars within ±10% of the solar mass, ±0.3 dex of the solar metallicity and ±150 K of the effective temperature of the Sun. The reason for the only quite recent inclusion of seismology as a criterion to search for and characterise solar-analogue stars is that high-quality and quasi-uninterrupted time-resolved data is needed to derive seismic parameters of solar-like stars.

Before the advent of the photometric space missions, such as CoRoT (Convection, Rotation, and planetary Transits Baglin et al., 2006), and Kepler (Borucki et al., 2010) such data could be only acquired from the ground through high-resolution spectrographs, with simultaneous wavelength calibration that allows us to reach meter-per-second precision (e.g. HARPS mounted on the 3.6 m ESO telescope at La Silla, Chile). Up to now, for only a few targets such ob-
servations could deliver rich oscillation spectra (e.g. 18 Sco 
Bazot et al., 2012), while CoRoT and Kepler are providing 
us with vast amounts of unprecedented photometric data, 
allowing us to study various forms of variability through- 
the Hertzsprung-Russell Diagram (HRD; for a complete 
overview of modern seismology see the monographs of 
Aerts et al., 2010; Tong & Garcia, 2014; Catelan & Smith, 
2015). Through these space missions, the number of solar-
like oscillating main-sequence stars vastly increased to hun-
dreds and were characterised by means of asteroseismol-
ogy in numerous studies (e.g. Chaplin et al., 2011b, 2014; 
Huber et al., 2011).

However, only a few stars that are closely matching with 
our Sun were found. Prime examples of seismic anal-
ysis of analogues are 16 Cyg A&B (e.g. Metcalfe et al., 2012; 
do Nascimento et al., 2014; Davies et al., 2015; Roxburgh, 
2016) and CoRoT 102684698 (do Nascimento et al., 2013). 
In addition, from the 197 096 stars observed by Kepler 
(Mathur et al., 2016), Salabert et al. (2016a) selected 18 ad-
ditional analogues, which fulfilled the criteria for solar analogues of Cayrel de Strobel (1996) for detailed studies. Figure 1 depicts the power spectral density (PSD) of KIC 6116048, a solar analogue studied in this project.

In his fundamental paper, Skumanich (1972) has shown 
from observations and the combined analysis of solar-like 
stars in the Hyades, Pleiades, Ursa Major and the Sun that 
stellar rotation, chromospheric activity and the sur-
face abundance A(Li) of lithium (Li) evolve with stellar 
age. However, such studies are typically bound to stars 
in open clusters, as for field stars the mass is a very chal-
lenging parameter to be determined accurately. This lim-
itation can now be overcome through asteroseismology, 
based on high-precision photometric time series obtained by 
the Kepler satellite (e.g. Kallinger et al., 2010; Chaplin et al., 
2011b). Further studies have refined the gyrochronologi-
cal expressions (e.g. Barnes, 2007; García et al., 2014), stellar 
activity (e.g. Pace et al., 2012) and the lithium abundance 
(e.g. Rebolo & Beckman, 1988; King et al., 2000; Clarke et al., 
2004; Castro et al., 2016). Another typical challenge is that 
either the angular velocity or the projected surface velocity 
can be measured from photometry or activity variations and 
the rotational broadening, respectively. This observational 
limitation can be solved by using the asteroseismic radius 
(e.g. Beck et al., 2016a).

In this work, we are presenting the combined analy-
sis of these 18 solar analogues in the series of papers by 
Salabert et al. (2016a,b) and Beck et al. (2016a,b). In Section 2, 
we are describing the selection of the stars in the sample, 
and discuss the different methods to determine the radius, 
mass and age that were used. An overview over the obser-
vations and calibrations is given in Section 3. The results 
of Salabert et al. (2016a) on photospheric and chromospheric activity are discussed in Section 4. In Section 5, we sum-
marise the findings of Beck et al. (2016a) on rotation, stellar 
age and lithium, showing the strength of combining space 
asteroseismology with ground-based, high-resolution spec-
troscopy. Two of the most interesting stars, KIC 3241581 
(Beck et al., 2016b) and KIC 10644253 (Salabert et al., 2016b) 
are discussed in Section 6. Finally, the project is summarised 
in Section 7.

2 The sample of 18 solar analogues

Starting from the sample of ∼500 main-sequence solar-
like pulsating stars found in the Kepler data by Chaplin et al. 
(2011b), García et al. (2014) were able to derived surface ro-
tational periods (P_rot) for ∼300 stars from the analysis of their 
light curves. Because the photometric time series, obtained by 
Kepler contain the composite signals of stellar oscillations, 
convection, rotational modulation and instrumental effects, 
García et al. (2014), developed a combined approach of 
Morlet wavelet decomposition and autocorrelation tech-
niques (a complete description of the methodology can be 
found in Ceillier et al. (2016).)

The rotation period, measured from the stellar activity is 
independent of the inclination of the rotation axis. From the 
list of stars with determined rotation periods, Salabert et al. 
(2016a) compiled a list of 18 stars, which satisfy the crite-
ria for solar analogues of Cayrel de Strobel (1996), based on
the values published in the literature. By selecting targets from a sample of Kepler stars with known rotation periods obtained from the surface variation ensures that these stars also exhibit magnetic activity - another characteristic of our host star and not too active, because we measure oscillations (Chaplin et al., 2011a,b; Mosser et al., 2009; García et al., 2010). To account for the typical uncertainty of the seismic mass estimates from individual frequencies of about 5%, the authors expanded the mass range towards ±15% of the solar mass.

In the classical approach, stellar masses, and radii are obtained through asteroseismic scaling relations (e.g. Kjeldsen & Bedding, 1995) using the centre frequency of the excess of oscillation power, \( \nu_{\text{max}} \), and the large-frequency separation, between two modes of the same spherical degree \( \ell \) but consecutive orders, \( \Delta \nu \). Both quantities are illustrated in Figure 1. Ages can be estimated from comparison of these global seismic parameters to isochrones, calculated for the corresponding stellar metallicity. For 13 stars in the sample, the masses and ages, were computed by Chaplin et al. (2014) from modelling the global seismic parameters and with constraints on temperature and metallicity from multi-colour photometry.

Stars with particularly good signal-to-noise ratios (S/N) in the oscillation spectrum (KIC 3656476, KIC 4914923, KIC 5184732, KIC 6116048, KIC 7680114, KIC 9098294, KIC 10644253, and KIC 3241581; Mathur et al., 2012, Metcalfe et al. (2014), Creevey et al. (2016), Garcia et al. (in prep., see also Beck et al., 2016b); also see Figure 1) were modelled with the Asteroseismic Modeling Portal (AMP, Metcalfe et al., 2009) or with Modules for Experiments in Stellar Astrophysics (MESA, Paxton et al., 2013, and references therein), by using individual frequencies, frequency ratios and input parameters from high-resolution spectroscopy. This approach was critically tested and discussed by Lebreton & Goupil (2014) who found that the realistic uncertainties of such detailed seismic modelling are \( \sim 7\% \) and \( \sim 10\% \) for the mass and age of the star, respectively.

3 Space photometry & ground-based spectroscopy

To study the magnetic activity of the 18 solar analogues, Salabert et al. (2016a) combined the analysis of the photometric and spectroscopic observations. The long-cadence photometric observations collected by the space-based Kepler telescope were analysed over the entire duration of the mission. All the corresponding light curves were calibrated with the Kepler Asteroseismic Data Analysis and Calibration Software (KADACS, García et al., 2011).

To complement space photometry, ground-based, high-resolution spectroscopic observations of these stars were obtained. In five dedicated observing runs in 2015 and 2016, we collected \( \sim 53 \) hrs worth of observing time for these targets with the HERMES spectrograph (Raskin et al., 2011; Raskin, 2011), mounted to the 1.2m MERCATOR telescope on LaPalma, Canary Island, Spain. The HERMES spectra cover a wavelength range between 375 and 900 nm with a spectral resolution of R\( \sim 85000 \). Observations for a given target were always split into several separated integrations, spread over at least 260 days. By combining the individual spectra of each star, we typically obtain a final signal-to-noise, \( 80 \leq \text{S/N} \leq 200 \). To be able to perform differential spectroscopic observations, a solar spectrum (S/N\( \geq 400 \)) was obtained with the HERMES spectrum during the observing run from the solar light reflected by the Jovian moon Europa (Beck et al., 2016b). We refer to Beck et al. (2016a,b) for the details of the observations.

Radial Velocities (RV) were derived for each individual observation by using the optimised line list for solar-like stars, observed with the HERMES instrument (Raskin et al., 2011). The total time span covered by our observations is typically around 300 to 350 days. The star with the longest monitoring time base is KIC 3241581 with 700 days, which was found to be a binary by Beck et al. (2016b). Using one month of observations in 2015, Salabert et al. (2016a) reported that KIC 4914923, KIC 7296438 and KIC 9098294 were binary candidates. After obtaining more spectra in 2016, Beck et al. (2016a) confirmed the previous finding and further reported KIC 10130724 and KIC 7700968 as new binary systems. Be-
cause the periods are much longer than the current time span covered by our observations, no indication of the orbital period or orbital eccentricity could be inferred from the existing spectroscopy. Several stars have RV-scatter between 200 and 300 m/s over the time span of about a year, but without any clear trend. In principle those could be very long-periodic or plane-on binary systems. Our dataset is currently not suited to detect planets as this would require simultaneous wavelength calibration. In this special observing mode HERMES is capable of a precision of 4 m/s (Beck et al., 2015) but offers a lower resolution.

4 Photospheric & chromospheric activity

Studying solar analogues at various ages allows us to study how activity is changing along stellar evolution. For the Sun, this is only possible for about \(10^4\) years from the variation of the concentration of cosmogenic isotopes (e.g. \(^{10}\)Be in the ice layers of the terrestrial Arctic, see Hanslmeier et al., 2013). These isotopes indicate the presence of solar activity modulation with a quasi-period of about 1000 years, in addition to the modulation from direct observations of spots and solar activity.

The study of Salabert et al. (2016a) quantified the properties of the magnetic activity of these 18 seismic solar analogues using the observations collected by the photometric Kepler satellite and by the ground-based, high-resolution HERMES spectrograph. That work aimed to test if the typical activity level of the Sun is representative for solar analogues. Such a comparison can also draw constraints on the strength of the surface magnetism and the underlying dynamo models. The photospheric and chromospheric levels of stellar activity were measured through the \(S_{\text{ph}}\) and \(S\)-index respectively. The \(S_{\text{ph}}\)-index, which quantifies the mean variance of the light curve over subseries of length equal to five times the size of the rotation period of the star, was introduced by Mathur et al. (2014) adapted from the star spot proxy proposed by Garcia et al. (2010). The \(S\)-index, derived from spectroscopic observations, measures the strength of the emission in the core of the CaII H&K lines in the near ultra-violet. The strength of the emission feature is proportional to the strength of the temperature inversion between the chromosphere and the photosphere. The calculation of the \(S\)-index is illustrated and described in Figure 2. The extensive observing program from the Mount Wilson Observatory (MWO, Duncan et al., 1991) constitutes today the reference for the dimensionless \(S\) proxy. Indeed, the value of \(S\) is instrument and spectral-type-dependent and thus requires a careful calibration for each instrument and object class. For the HERMES instrument, Beck et al. (2016b) determined the conversion factor to scale observations of solar-like stars into the MWO standard.

Based on the photometric and spectroscopic data set, Salabert et al. (2016a) studied the relation between the photospheric \(S_{\text{ph}}\) and chromospheric \(S\) magnetic activity proxies and showed that they are complementary. Moreover, these two proxies provide a measure of the activity in different layers of the stellar atmosphere. They concluded that the \(S_{\text{ph}}\) index can be used to provide a suitable magnetic activity proxy that can be easily estimated from existing photometric observations for a large number of stars. Furthermore, they showed that the activity of this set of solar analogues is comparable to the solar activity within the temporal variations between minimum and maximum of the 11-year solar activity cycle (Figure 3). Furthermore, Salabert et al. (2016a) explored further the relation between the \(S_{\text{ph}}\) and \(S\) proxies in the case of the Sun. The photospheric \(S_{\text{ph}}\) was calculated from the photometric observations collected by the VIRGO/SPM instrument (Fröhlich et al., 1995) onboard the SoHO spacecraft (Domingo et al., 1995), while the Ca K-line emission index measured at Sacramento Peak/National Solar Observatory was used to track the chromospheric activity. The comparison performed over one 11-year solar cycle indicates that the relation is not linear but present an hysteresis pattern (see their Figure 5).

Such hystereses have been observed in a wide range of solar observations between photospheric and chromospheric activity proxies (Osztic et al., 2012, and references therein). Nonetheless, this confirms the complementarity between \(S_{\text{ph}}\) and \(S\) derived for the solar analogues. The \(S_{\text{ph}}\) index thus provides an advantageous alternative to measure the stellar activity of thousands of stars without the need of investing spectroscopic observing time. However, \(S_{\text{ph}}\) needs to be taken as a lower limit of stellar activity as it is dependent on the inclination angle of the rotation axis with respect to the line of sight, but it depends on the position and width of the active latitudes of the star. For an in-depth discussion of the astrophysical implications of this result, we refer to Salabert et al. (2016a).

5 Lithium abundance in context

From studying isochrones in the mass-A(Li) plane for stars on the main sequence in the Hyades and other clusters, several works identified different, mass-dependent behaviours (e.g. Wallerstein et al., 1965; Talon & Charbonnel, 1998; Castro et al., 2016, and references therein). While
a continuous increase of the lithium abundance is observed with rising effective temperature until $T_{\text{eff}} \lesssim 6400 \text{ K}$, it plateaus to a value close to the primordial $A(Li)$ value that hardly changes during main-sequence phase for stars with $6400 \text{ K} \lesssim T_{\text{eff}} \lesssim 6600 \text{ K}$. These temperature ranges correspond to main-sequence stars with masses of $M \leq 1.1 M_{\odot}$ and $1.1 \lesssim M/M_{\odot} \lesssim 1.3$, respectively. Between $6600 \text{ K} \lesssim T_{\text{eff}} < 6900 \text{ K}$ ($1.3 \lesssim M/M_{\odot} \lesssim 1.5$) the so-called Li-dip (Wallerstein et al., 1965) is found, as the measured $A(Li)$ drops towards a minimum around stars with $1.4 M_{\odot}$, before it reaches a local maximum for $6900 \text{ K} \lesssim T_{\text{eff}}$ and slowly declines towards higher temperatures and masses.

Theoretical studies identified different physical mixing processes that are expected to work in these different temperature regimes and predict $A(Li)$ using stellar evolution codes including rotation and macroscopic transport processes (e.g. Talon & Charbonnel, 1998, 2005; Castro et al., 2016). For stars with $M \leq 1.1 M_{\odot}$, $A(Li)$ is mainly a function of mass. The angular momentum is efficiently transported through physical processes such as internal gravity waves, which are dependent on the depth of the outer convective envelope, and/or magnetic field that modify the mixing of chemicals (Talon & Charbonnel, 2005; Strugarek et al., 2011; Castro et al., 2016). Furthermore, it was noticed by Boesgaard (1987) that the sharp drop in the surface rotation velocities around $1.5 M_{\odot}$, known as the Kraft brake (Kraft, 1967), coincides with the position of the Li dip, pointing towards rotation as key parameter governing the abundance of Li (Boesgaard, 1987). As a conclusion, the rotationally induced mixing and internal gravity waves have a crucial role in governing the surface lithium abundance. (e.g. Zahn, 1992; Schatzman, 1996; Mathis & Zahn, 2004; Charbonnel & Talon, 2005; Castro et al., 2016; Brun et al., 1999, respectively).

By choosing a sample of stars within the very narrow mass range of $1.0 \pm 0.10 M_{\odot}$ allows us to narrow down the sensitivity of specific effects on the mass. Indeed, Carlos et al. (2016) found evidence for a much stronger correlations between Li and age if instead of a wide mass range only stars close to the solar mass were analysed. However, for stars outside clusters or double-lined binaries with an accurately known inclination, a good mass estimate is a very challenging parameter to obtain. Although the stars shown in Figure 4 are field stars, asteroseismology provides very precise masses.

5.1 Li versus surface rotation and binarity

Because for the 18 solar analogues the information on mass and radius is derived through asteroseismology and the surface rotation is measured from Kepler photometry, they constitute a good sample to study the behaviour and dependencies of $A(Li)$. Beck et al. (2016a) studied the dependence between surface rotation, stellar age and the Li abundance. Comparing the surface rotation period with the lithium abundance shows a strong correlation between the two parameters for surface rotation rates, faster than the Sun (left panel of Figure 4). This behaviour is in agreement with what numerous studies have found for the relation between rotation and $A(Li)$ in clusters (Skumanich, 1972; Rebolo & Beckman, 1988; King et al., 2000; Clarke et al., 2004; Bouvier, 2008; Bouvier et al., 2016).

The Li abundance can be modified by binarity. Zahn (1994) showed that synchronised binaries have different lithium abundances due to their modified history of angular-momentum evolution. Furthermore, a double-lined spectroscopic binary, unnoticed due to sparse sampling, could also change the flux ratio and therefore influence the determined $A(Li)$. Marking the binary stars, which were identified from the measured RV variation (filled symbols in Figure 4), allows us to explain all stars that appear to be outliers in Figure 4. For a complete characterisation of the systems and understanding their $A(Li)$, we would need the orbital parameters, among which the orbital period. Because the observations do not provide a good phase coverage for the binaries in the sample yet and the stars do not show indication of
binarity in their Kepler light curve these parameters remain currently unknown.

While the rotation periods, derived from space photometry are independent of the inclination of the rotation axis, we are still facing the problem that two stars with the same rotation period do not need to have the same rotation velocity, if they have different radii. Using the value of the radius from seismology, this can be overcome by converting the rotation period into the actual rotation velocity, unaffected by projection effects along the line of sight (right panel of Figure 4). It should be noted, that by using the asteroseismic radius estimate, we are introducing assumption on the physics of the models used to derive radius and mass such as the scaling relations or the stellar evolution code.

From the comparison of clusters and models it is known that the strongest decrease of the lithium abundance happens in the early phases of the main-sequence phase (Castro et al., 2016, and references therein). In parallel, the surface rotation is slowing down as the star is evolving along the main-sequence (e.g. Barnes, 2007; Gallet & Bouvier, 2013, 2015). In a recent study, van Saders et al. (2016) showed from stellar modelling and constraints from Kepler observations that stars at the age of the Sun or older are not braking as much as predicted by gyrochronology. This last result does not affect the found correlation between high A(Li) and fast rotation as depicted in Figure 4, which shows that the gyrochronology principle is still valid for stars younger than the Sun.

5.2 Li versus the stellar age from asteroseismology

Because these stars are not located in clusters, their age is another challenging parameter to determine. As described in Section 2, asteroseismology also provides ways to determine the stellar age. In a further analysis, Beck et al. (2016a) focused on the four stars from the sample of the 18 that were confirmed to be single and had modelling of the individual frequency pattern available. For these stars accurate masses and ages were known from the analysis with the AMP code, performed by Creevey et al. (2016).

Of the four solar analogues, three formed a sequence of ‘massive’ solar analogues (M/M⊙∼1.1) with a stellar metallicity of [Fe/H]∼0.2 dex. Their ages range from 1 to 8 Gyr. The fourth one has a mass of ∼1.05 M⊙, but a sub-solar metallicity of [Fe/H]∼−0.2 dex. Furthermore, a representative grid of models predicting the temporal evolution of A(Li) due to rotation-induced mixing was calculated, using the Toulouse-Geneva stellar Evolution Code (TGEC, Hui-Bon-Hoa, 2008; do Nascimento et al., 2009). These models were calibrated onto the solar case by Castro et al. (2016). For a detailed description of the grid of models we refer the reader to Beck et al. (2016b).

We compare stellar ages coming from seismology and from lithium abundances with the predicted evolution of Li from the TGEC models. It shows a good agreement within the realistic uncertainties of stellar mass and age. Although internal gravity waves were not explicitly included in the input physics of the grid of models, the calibration of the non-standard mixing onto the solar case accounted for such additional effects in a parameterised way. Such good consensus between theory and observations shows that in these four solar analogues, the same physical processes are driving internal mixing.

6 Single case studies of KIC 3241581 and KIC 10644253

Finally, we want to highlight two stars, that were investigated in more detail and were presented in individual papers, KIC 324158 and KIC 10644253. The spectroscopic time series cover ∼700 days and ∼400 days, respectively.

The star KIC 3241581 was selected for a detailed study by Beck et al. (2016b), because it showed one of the closest match to the solar global seismic parameters among the sample of ∼500 Kepler stars analysed by Chaplin et al. (2011b). Also the averaged rotation period of this star is ∼26 days (Garcia et al., 2014), which implies that this star would be at around half of its main-sequence evolution, assuming general gyrochronology relations. To perform a detailed spectroscopic differential analysis of KIC 3241581 with respect to the solar spectrum, we also obtained reference spectra, by observing the solar light, reflected by the Jovian moon Europa with the HERMES spectrograph, during the monitoring of the target star. The question which motivated this detailed analysis was, if a star that resembles the Sun in terms of rotation period and seismic parameters can it also be a spectroscopic solar analogue. From a spectroscopic analysis and the S-index (see Figure 2), Beck et al. (2016b) found that KIC 3241581 is a metal rich solar analogue and exhibits a typical solar activity level. This study also reported that KIC 3241581 is a binary with an orbital period of at least 1.5 years. Although monitoring continued, Beck et al. (2016a) could not resolve the orbit from nearly two years, indicating an orbital period, at least of 3 years.

As discussed before, spots indicate magnetic fields, which is known to also be shifting the frequency of the oscillation modes at a level of a few tens of a µHz with respect to the mean mode frequency (Salabert et al., 2015), demonstrating that seismology is sensitive to sub-surface solar activity. With the exception of the Sun (e.g. Salabert et al., 2015) and HD49933 (Garcia et al., 2010), no such temporal frequency variation was found in solar-like oscillators. In a detailed study of the young solar analogue KIC 10644253, Salabert et al. (2016b) could prove the variation of the frequency of radial and non-radial modes with a timescale of about 1.5 years and generally follows the variation of the Sµ, −index. Spectroscopy shows that this star has indeed a high level of chromospheric activity and a high surface abundance of lithium. In the meantime, further detections of the seismic signature of ongoing magnetic variations were reported in additional stars (Régulo et al., 2016; Kiefer et al., 2016).

7 Discussion & Conclusions

The aim of the project on our solar-analogue stars observed with the NASA Kepler satellite is to test, if the Sun is a typical 1 M⊙ star. Aspects of stellar structure, dynamics and evolution, such as surface rotation, stellar activity, binarity and the lithium abundance are discussed in a series of papers by Beck et al. (2016a,b), and Salabert et al. (2016a,b), for which the main results were summarised in these proceedings. For field stars this sample is unique in the sense that we combine the existing information about the rotation period, lithium abundance, seismic masses, and binarity status. Including high-precision asteroseismology is a tool of great help to this investigation, as it provides us with accurate es-
timates on several parameters (mass and age) that otherwise are only accessible for stars in well studied clusters.

The main results of the presented studies are that most of the stars exhibit solar-like activity levels. Also the new photometric activity index $S_{ph}$ is a valid alternative to the $S$-index to gauge the magnetic activity level. It was also shown that for stars younger than the Sun, a clear correlation between the abundance of lithium and the rotation rate exists. By comparing the measured A(Li) from spectroscopy and derived stellar age from seismology to the prediction of the evolution of lithium by a model calibrated to the solar case and calculated for the mass and metallicity of well studied solar analogues, it was shown that these stars share the same internal mixing physics than the Sun. This suggests that, the value of the solar lithium is not peculiar. Yet the number of stars, well characterised through photometry, spectroscopy and asteroseismology is small. New targets will be provided by space photometry through the ongoing K2 mission (Howell et al., 2014), the forthcoming missions TESS (Ricker et al., 2010) and PLATO (Catala et al., 2011; Rauer et al., 2014) or from ground-based high-resolution spectroscopy with the SONG-network (Grundahl et al., 2011). A larger number of such well constraint targets will be needed on the way to better constrain the solar-stellar connection (Brun et al., 2015).

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