Effects of Resveratrol and Essential Oils on Growth Performance, Immunity, Digestibility and Fecal Microbial Shedding in Challenged Piglets

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ABSTRACT: A study was conducted to evaluate the effects of resveratrol and essential oils from medicinal plants on the growth performance, immunity, digestibility, and fecal microbial shedding of weaned piglets. A total of 48 weaned piglets (8 kg initial weight, 28-d-old) were randomly allotted to four dietary treatments with 3 replications of 4 piglets each. The dietary treatments were NC (negative control; basal diet), PC (positive control; basal diet+0.002% apramycin), T1 (basal diet+0.2% resveratrol), and T2 (basal diet+0.125% essential oil blend). All piglets were orally challenged with 5 ml culture fluid containing 2.3×10⁸ cfu/ml of Escherichia coli KCTC 2571 and 5.9×10⁸ cfu/ml Salmonella enterica serovar Typhimurium. The PC group (p<0.05) showed the highest average daily gain (ADG) and average daily feed intake (ADFI) throughout the experimental period, although feed conversion ratio (FCR) was improved in the T1 group (p<0.05). Serum IgG level was increased in the T1 group, whereas TNF-α levels were reduced in the supplemented groups compared to control (p<0.05). The PC diet improved the dry matter (DM) digestibility, whereas PC and T2 diets improved nitrogen (N) digestibility compared to NC and T1 diets (p<0.05). Fecal Salmonella and E. coli counts were reduced in all treatment groups compared to control (p<0.05). Fecal Lactobacillus spp. count was increased in the T2 group compared to others (p<0.05). Dietary treatments had no significant effect on fecal Bacillus spp. count throughout the entire experimental period. Based on these results, resveratrol showed strong potential as antibiotic alternatives for reversing the adverse effects of weaning stress on growth performance, immunity and microbial environment in E. coli and Salmonella-challenged piglets. (Key Words: Resveratrol, Essential Oil Blend, Growth, Immunity, Microorganism, Challenged Piglets)

INTRODUCTION

Salmonella typhimurium and Escherichia coli are two of the most frequently isolated pathogens from pig farms, inducing poor performance in the post-weaning period (Bhandari et al., 2008) and food-borne illnesses in humans (Rugbjerg et al., 2004). Generally, antibiotics are used at sub-therapeutic levels to treat Salmonella and E. coli infection as well as to protect host animals from weaning stress such as poor growth, reduced immunity, and an imbalanced microbial ecosystem. However, due to the appearance of resistant bacteria and residues in animal products, the use of antibiotics has been prohibited by the European Union (Regulation (EC) No. 1831/2003). This ban is expected to result in reduced livestock performance as well as higher incidence of intestinal disorders due to increased proliferation of gut pathogens (Hughes et al., 2005). Therefore, a natural, safe, and inexpensive alternative with activities similar to antibiotics should be developed in order to improve the health and performance of animals.

Phytotherapies, a relatively new class of feed additives, comprise a wide variety of herbs, spices, and products derived thereof, such as essential oils, polyphenols (resveratrol), etc. The possible mechanisms of action of herbal extracts in animals are related to alteration of the intestinal microbiota, increased digestibility and absorbance of nutrients (Hernandez et al., 2004), as well as antioxidative and immunomodulatory activities (Chang et al., 1995). The rapid metabolism and short half-life of bioactive compounds suggest a minimum risk of accumulation and cross-resistance in tissues (Kohlert et al., 2000). However, experimental research on the addition of synthetic antimicrobials and vegetable extracts to swine
diets has shown conflicting results. In this study, two commercial products, ResPiG® (containing resveratrol from mulberry and Japanese knotweed) and Biomin® PEP (containing oregano, anise, orange peel, and chicory essential oils), were used as phytopathogenic feed additives. Resveratrol (trans-3,5,4’-trihydroxystilbene) is a stilbenoid, a type of natural polyphenol and aromatic phytoalexin found predominantly in grapes, berries (mulberries), and Japanese knotweed. Trans-resveratrol is found to be stable under 75% humidity and 40°C in the presence of air (Baur et al., 2006). It is thought to possess strong antimicrobial activity (Paulo et al., 2010) and has gained widespread attention due to its ability to inhibit various animal diseases (Baur et al., 2006). On the other hand, essential oils are volatile, oily liquids that have been used to replace antibiotic supplements in weanling pigs without affecting performance (Cho et al., 2006). Some essential oils display strong antimicrobial activity, selectivity against Gram-negative over Gram-positive bacteria (Lin et al., 2000). De Souza et al. (2008) found no significant interference on the essential oil antimicrobial activity and chemical composition under different heating treatments (room temp. to 120°C). Further, most essential oils are classified as Generally Recognized as Safe (GRAS; FDA, 2004). Both of the phytoalexins assumed to improve livestock performance as well as may be added to the set of non-antibiotic growth promoters. Therefore, this study evaluated the effects of resveratrol and an essential oil blend made from medicinal plants on growth performance, immunity, nutrient digestibility, and fecal microbial shedding in E. coli and Salmonella enterica serover Typhimurium challenged piglets.

**MATERIAL AND METHODS**

**Animal and experimental design**

A 4-wk experiment was conducted with a total of 48 newly weaned piglets (crossbred ((Landrace×Yorkshire)× Duroc), mean body weight 8 kg, 28 d of age) in order to evaluate the effects of the resveratrol and an essential oil blend as alternatives to antimicrobial feed additives such as apramycin. The piglets were allotted to one of the four dietary treatments in a completely randomized design based on their initial body weight. Each treatment had three replicate pens with four pigs per pen. The dietary treatments included NC (negative control; basal diet), PC (positive control; basal diet+0.002% apramycin), T1 (basal diet+0.2% ResPiG®; containing resveratrol), and T2 (basal diet+0.0125% Biomin® PEP; containing essential oil blend). A commercial pellet pig starter diet (Table 1) was used as a basal diet formulated to meet the nutrient requirements recommended by the NRC (1998). Molasses was added at 4.3% level to help in the manufacture of pellets. The piglets were allowed ad libitum access to feed and water. All other managements were carried out in accordance with the general practice.

**Oral challenge**

All piglets (32 d of age) were orally challenged with 5 ml of culture fluid containing 2.3×10⁸ cfu/ml of E. coli KCTC 2571 and 5.9×10⁸ cfu/ml of Salmonella enterica serover Typhimurium at the back of the oral cavity using a micropipette tip. The bacteria-rich solution was slowly dribbled into each piglet’s throat in order to trigger the swallowing reflex and minimize the passage of inoculants into the lungs.

**Test materials**

The plant extract ResPiG® (Merck Animal Health, Korea) used in this study was composed of resveratrol from mulberry and Japanese knotweed. The essential oil blend Biomin® PEP (Biomin Inc., San Antonio, TX) was composed of oregano (Origanum vulgare), anise (Pimpinella anismus), orange peel (Citrus sinensis), and chicory (Chichorium intybus) essential oils. As main ingredients, the essential oil blend contained the phenolic monoterpene carvacrol, anethol, and flavonoids. The

| Item                  | ME (kcal/kg) | Crude protein (%) | Cu (%) | Available phosphorus (%) | Lysine (%) | Methionine (%) |
|-----------------------|-------------|------------------|-------|--------------------------|------------|----------------|
| Yellow corn           | 3,265.00    | 18.00            | 0.70  | 0.55                     | 0.95       | 0.30           |

1 Vitamin and mineral premix provided the following nutrients per kg of complete diet: vitamin A, 6,000 IU; vitamin D₃, 800 IU; vitamin E, 20 IU; vitamin K₃, 2 mg; thiamin, 2 mg; riboflavin, 4 mg; vitamin B₆, 2 mg; vitamin B₁₂, 1 mg; pantothenic acid, 11 mg; niacin, 10 mg; biotin, 0.02 mg; Cu (copper sulfate), 21 mg; Fe (ferrous sulfate), 100 mg; Zn (zinc sulfate), 60 mg; Mn (manganese sulfate), 90 mg; I (calcium iodate), 1.0 mg; Co (cobalt nitrate), 0.3 mg; Se (sodium selenite), 0.3 mg.

2 Calculated values.
Ahmed et al. (2013) Asian Australas. J. Anim. Sci. 26:683-690

The structural formula of resveratrol and main bioactive components of the essential oils blend are shown in Figure 1. Apramycin (Advacare Pharma) is an aminoglycoside-type antibiotic containing the active ingredient apramycin sulfate.

**Measurement and analysis**

Body weight and feed intake were measured at 0, 2, and 4 wks, and ADG, ADFI and FCR (feed/gain) were also calculated. Chromic oxide (Cr₂O₃) was added at a concentration of 0.2% as an indigestible index, and fresh samples of feed and feces were collected from each pen at the end of the experiment. The samples were then dried in a hot oven dryer at 70°C for 72 h, ground, and passed through a 1-mm sieve. Feed and feces samples were analyzed for dry matter (DM) and nitrogen (N) concentrations (AOAC, 2000). Chromium content was determined by atomic absorption spectrophotometry (AA-6200, Shimadzu Corp., Japan), and apparent digestibilities of DM and N were calculated by indirect methods. For immunological analysis, blood samples were collected from individual pigs from the jugular vein at the end of the experiment and sera were separated from blood samples by centrifugation (4°C, 1,610 g). Immunoglobulins (IgG, IgA, and IgM) and TNF-α were determined using a commercial ELISA kit (BETHYL Laboratories Inc., USA) and an ELISA reader (Thermo Lab Systems, Finland).

For microbiological analysis, fecal samples were collected from each group on the 1st, 2nd, 3rd, and 4th week post-challenge. Samples were then serially diluted in sterile saline (0.9%) in a 1:10 dilution and cultured on agar media in duplicate. The culture media for *S. typhimurium*, *E. coli*, *Lactobacillus* spp., and *Bacillus* spp. were Salmonella-Shigella (SS), MacConkey (MAC), Mann, Rogosa and Sharpe (MRS), and Mannitol Egg Yolk Polymyxin (MYP) agar, respectively. After incubation for 24 h at 37°C, colonies were counted. Microflora enumerations were expressed as log₁₀ cfu/ml.

**Statistical analysis**

For all of the statistical analysis for this experiment, the pen served as the experimental unit. All data were analyzed as CRD using the GLM Procedure of SAS (SAS, 2003). Duncan’s multiple range tests (Duncan, 1955) were used to test the significant differences between treatments. Variability in the data was expressed as standard error (SE) and a probability level of p<0.05 was considered as statistically significant, whereas a trend was expressed when p<0.10.

**RESULTS**

**Growth performance parameters**

In this study average daily gain (ADG), average daily feed intake (ADFI) and feed conversion ratio (FCR) were considered as growth performance parameters. Piglets fed PC diet showed numerically higher ADG, ADFI (p<0.05), as well as a slightly reduced FCR (p>0.05) compared to control throughout the experimental period (Table 2). Over the entire experimental period, the T1 group showed increased ADG and ADFI compared to the NC and T2 groups (p<0.05). However, FCR was improved in the T1 group compared to the other groups during the overall experimental period (p>0.05).

**Digestibility of nutrients**

In our study we measured the digestibility of dry matter (DM) and nitrogen (N) to evaluate the effect of dietary treatments. Digestibility of DM were improved by PC, T2 and T1 compared to NC diet (p<0.05). On the other hand,

**Figure 1.** Basic structural formula of resveratrol and the main bioactive components of essential oils blend.
Serum immunoglobulin and cytokine profile

Among the different immunoglobulins and cytokines IgG, IgM, IgA and TNF-α are the most important profile for immunity. Table 3 shows that the serum IgG level of pigs fed T1 diet increased compared to those fed NC diet, whereas it remained intermediate in the T2 and PC groups (p<0.05). Although there were no statistical differences in serum IgM and IgA levels among the treatments (p>0.05), concentrations were slightly higher in the T2 group. The TNF-α level was highest in the NC group, lowest in the PC group and intermediate in the T1 and T2 groups (p<0.10).

Table 2. Effects of resveratrol and essential oils blend on growth performance and nutrient digestibility of challenged piglets

| Items                           | Treatments2 | SE3 | p-value |
|---------------------------------|-------------|-----|---------|
|                                 | NC         | PC  | T1     | T2     |
| Initial body weight (kg)        | 8.03       | 8.09| 7.96   | 8.02   |
| Average daily gain (g/d)        |             |     |        |        |
| 0 to 2 wk                       | 291b       | 400d| 295b   | 246b   |
| 2 to 4 wk                       | 176b       | 317a| 294a   | 206b   |
| 0 to 4 wk                       | 234c       | 358a| 294b   | 226c   |
| Average daily feed intake (g/d) |             |     |        |        |
| 0 to 2 wk                       | 440b       | 521a| 410c   | 499a   |
| 2 to 4 wk                       | 516c       | 866a| 714b   | 470d   |
| 0 to 4 wk                       | 478c       | 694a| 562b   | 484c   |
| Feed conversion ratio (feed/gain)|           |     |        |        |
| 0 to 2 wk                       | 1.52b      | 1.35b| 1.45b  | 2.10a  |
| 2 to 4 wk                       | 2.94       | 2.81| 2.44   | 2.42   |
| 0 to 4 wk                       | 2.05       | 1.97| 1.92   | 2.17   |
| Digestibility of nutrients (%)  |             |     |        |        |
| Dry matter                      | 74.7c      | 88.0a| 77.4bc | 78.7b  |
| Nitrogen                        | 67.6b      | 78.4a| 70.6b  | 77.6a  |

a-c Means in a row with no common superscripts significantly differ (p<0.05).

1 Values represent the means of three pens with four pigs per pen.
2 NC (Negative control), basal diet; PC (Positive control), basal diet+0.002% Apramycin; T1, basal diet+0.2% Respig (containing resveratrol); T2, basal diet+0.0125% Biomin PEP; (essential oils blend).
3 Pooled standard error.

Table 3. Effects of resveratrol and essential oils blend on serum levels of immunoglobulins (mg/mL) and TNF-α (pg/mL) of challenged piglets

| Items      | Treatments2 | SE3 | p-value |
|------------|-------------|-----|---------|
|            | NC          | PC  | T1     | T2     |
| IgG (mg/ml)| 304c        | 366b| 466c   | 409b   |
| IgM (mg/ml)| 30.2        | 29.9| 30.0   | 30.3   | 0.64  | 0.90 |
| IgA (mg/ml)| 6.33        | 5.80| 6.85   | 6.87   | 0.83  | 0.04 |
| TNF-α (pg/mL)| 136c     | 99.0b| 115ab  | 108ab  | 17.7  | 0.09 |

a-c Means in a row with no common superscripts significantly differ (p<0.05) or tend to differ (p<0.10).

1 Values represent the means of three pens with four pigs per pen.
2 NC (Negative control), basal diet; PC (Positive control), basal diet+0.002% Apramycin; T1, basal diet+0.2% Respig (containing resveratrol); T2, basal diet+0.0125% Biomin PEP; (essential oils blend).
3 Pooled standard error.

Fecal microbial shedding

S. typhimurium and E. coli are the most abundant pathogenic microorganisms, whereas Bacillus spp. and Lactobacillus spp. are most important beneficial microorganisms in pig’s GI tract. Table 4 shows that the dietary treatments had no significant effects on fecal shedding of S. typhimurium, E. coli, and Bacillus spp. at 1st week (p>0.05). Lactobacillus spp. count was higher in the T1 and NC groups (p<0.05) compared to the PC group, whereas it did not significantly differ from that of the T2 group (p>0.05). During 2nd week pigs fed PC diet showed lower fecal S. typhimurium (p<0.05) and E. coli (p<0.05) counts than any other dietary treatment. Accordingly, there were no significant differences in Lactobacillus spp. and Bacillus spp. counts among the treatments (p>0.05).

At 3rd week post challenge, the PC group showed the
lowest shedding of *S. typhimurium* compared to control (p<0.05), whereas *E. coli* shedding was reduced by all dietary treatments (p<0.05). *Lactobacillus* spp. (p<0.10) and *Bacillus* spp. (p>0.05) counts both increased upon administration of T2 diet compared to others. At 4th week post challenge, the PC group showed the lowest *S. typhimurium* counts, the NC diet group the highest counts, and the T1 and T2 groups intermediate counts (p<0.05). The NC group also showed the highest *E. coli* shedding compared to other treatments (p<0.05). Both *Lactobacillus* spp. and *Bacillus* spp. counts increased in the T2 group, although *Bacillus* spp. count did not significantly differ among the groups (p>0.05).

**DISCUSSION**

In the present study, we evaluated whether or not resveratrol and an essential oils blend can influence growth performance, humoral immune function, nutrient digestibility, as well as fecal shedding of microorganisms as alternatives to antibiotics in challenged weaned piglets. The results of our study showed that PC diet significantly improved ADG and ADFI during the post-weaning period in piglets, consistent with the findings of Cromwell (1991) and Oetting et al. (2006). An improved FCR was found in T1 group, whereas the growth performance of T2 group was poor. Antibiotic growth promoters exert positive effects on animal growth performance by reducing the pathogenic microbial load, thereby increasing nutrient utilization in the gastrointestinal tract (Cromwell, 2001). The observed decrease in feed intake in T1 group during 0 to 2 wks period may be due to the aversive palatability of resveratrol leading to an immediate reduction in feed intake (Alexandre et al., 2010). The improved FCR in piglets fed T1 diet could be attributed to the effects of resveratrol, which mediated reduction of pathogenic microbes (*E. coli* and *Salmonella*) and improved utilization of nutrients in the digestive tract. Similar improvements in FCR have been observed upon treatment with resveratrol (Paulo et al., 2010) to pigs or concentrated grape pomace containing resveratrol (Viveros et al., 2011) to broilers. The poor growth performance in T2 group can be explained as low feed intake by the effect of strong flavor of essential oil which reduced the palatability of resveratrol.
compared to antibiotic and negative control. The oral challenge of pigs with pathogenic \textit{E. coli} 2571 and \textit{Salmonella} has been used widely as a model of postweaning lag phase (Wellock et al., 2008). The feed intake and growth rate responses have proven to be useful measures of the clinical manifestations in pigs with enteric disease (Balaji et al., 2000). The poor growth performance in this experiment compared to the target performance of pigs of the same age (ADG: 234 g vs 460 g; ADFI: 478 g vs 620 g; FCR: 2.05 vs 1.35) can be explained as the effect of challenging with pathogenic \textit{E. coli} and Salmonella (Close, 2002).

Further, we observed improved DM and N digestibility in the PC and T2 groups compared to the NC and T1 groups. Similar improvement in digestibility has been shown in pigs fed an essential oils blend (Huang et al., 2010). The antibiotic effects of essential oil supplementation may influence the formation of intestinal bacterial colonies as well as promote production of digestive enzymes, which could influence DM and N digestibility (Stoni et al., 2006). However, Cho et al. (2006) found negative effect of essential oils on N digestibility.

Plasma IgG is the major serum immunoglobulin that protects extra vascular compartments against pathogenic microorganisms, resulting in long-lasting immunity. In this study, resveratrol and essential oils blend showed the ability to boost IgG levels in weaned piglets under challenged conditions (p<0.05). Similar increases in IgG concentration upon treatment with resveratrol or different plant extracts such as cinnamon, thyme, and oregano have been confirmed in mice and pigs (Liu et al., 2003; Namkung et al., 2004). In contrast, the IgG level in pigs remained the same as control following treatment with oregano oil mixed with anis and citrus oils (Kommera et al., 2006). The mechanism by which phytoecigenic feed additives increase IgG levels is largely unknown and should be elucidated. It is possible that active molecules from phytogenics (polyphenols, essential oils, etc.) act as additional ligands of Fc receptors, which bind to IgG and stimulate the immune response (Nimmerjahn and Ravetch, 2010). Cytokines such as IL-1β and TNF-α, which are known to mediate the inflammatory response (Dinarello, 1988), have been linked to alterations in nutrient uptake and utilization (Spurlock, 1997). In our results, the TNF-α level was higher in the NC group compared to the PC group, whereas it was intermediate in the T1 and T2 groups, consistent with the findings of Trevisi et al. (2007).

Pathogenic microorganisms reduce the growth rate and health status of pigs by producing toxins, utilizing the nutrients within host animals (Gaggia et al., 2010), and suppressing microbes that synthesize vitamins or other growth factors (Falaki et al., 2010). To evaluate the effects of various dietary treatments on fecal shedding of microorganisms (\textit{S. typhimurium}, \textit{E. coli}, \textit{Lactobacillus} spp., and \textit{Bacillus} spp.), bacterial concentrations were determined at 1st, 2nd, 3rd, and 4th week post challenge. The order of inhibitory effects of the dietary treatments on fecal shedding of microorganisms was: \textit{S. typhimurium}; PC>T1>T2>NC, \textit{E. coli}; PC>T2>T1>NC, \textit{Lactobacillus} spp.; T1>NC>PC>T2, \textit{Bacillus} spp.; T1>NC>PC>T2.

The PC diet showed the highest inhibitory effect on \textit{S. typhimurium} and \textit{E. coli} which is likely due to the bactericidal action of Apramycin. The T1 diet showed the highest inhibitory effect on \textit{Lactobacillus} spp. and \textit{Bacillus} spp., in contrast T2 diet increased their number. Manzanilla et al. (2004) and Castillo et al. (2006) also found an increase in the number of \textit{Lactobacillus} spp. upon supplementation with mixed essential oils. The main bioactive compound of the essential oil blend used in this study was the phenolic carvacrol. Si et al. (2006) reported that carvacrol is less active against \textit{Lactobacilli} and \textit{Bifidobacteria} in comparison to pathogenic bacteria such as \textit{E. coli} and \textit{S. typhimurium}, which is partially consistent with our observations. Resveratrol is a phytoalexin of low molecular weight that has been shown to possess bacteriostatic activity specifically against Gram-positive bacteria such as \textit{Bacillus} spp. (Paulo et al., 2010) rather than Gram-negative bacteria such as \textit{S. typhimurium} and \textit{E. coli}.

Although it is generally accepted that antibiotics administered at growth-promoting doses reduce the number of bacteria in the gut, the response in the literature is not always consistent, depending on the type of antibiotic and dosage. Indeed, resistance against aminoglycoside type antibiotics may be responsible for the increased fecal shedding of \textit{Lactobacillus} spp. observed in our study (Zhou et al., 2005; Castillo et al., 2006).

\section*{IMPLICATIONS}

In total, the above findings suggest that supplementing resveratrol to weaned piglets could have beneficial effects on growth performance, immune function and the microbial ecosystem following challenge. The growth performance parameters investigated in this study were not positively affected by the essential oil blend. Further feeding trials using resveratrol and essential oils at different inclusion rates are required in order to better understand the effects of such additives as antibiotic alternatives as well as to elucidate their mechanisms of action.

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