ARTICLE

PK/PD modeling based on NO-ET homeostasis for improving management of sunitinib-induced hypertension in rats

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Sunitinib is an oral small molecule multitargeted tyrosine kinase inhibitor, which is currently used to treat severe cancers. Clinical research has shown that patients treated with sunitinib develop hypertension. As soon as sunitinib-induced hypertension appears, it is usual to administer anti-hypertension agent. However, randomized controlled trials on the treatment of sunitinib-induced hypertension are not available, and no clear recommendation for a particular antihypertensive agent or class agents can be given [5]. The clinical use of sunitinib may be compromised without a suitable antihypertensive strategy. To address this challenge, preclinical studies on antihypertensive treatment was ignored in these studies. In the previous studies, sunitinib and antihypertensive agents were administered simultaneously, which may have yielded dramatic fluctuations in blood pressure; e.g., the antihypertensive treatment proposed by Witte et al. doubled blood pressure fluctuation levels compared to that in subjects that did not receive antihypertensive treatment. The treatment protocol reported by Lankhorst et al. resulted in a similar fluctuation, but such a fluctuation was not observed in subjects that did not receive antihypertensive treatment [3, 8]. Previous studies have revealed that blood pressure variability increases cardiac, vascular, and renal damage [9, 10]. Therefore, the high blood pressure variability induced by antihypertensive treatment may limit the benefits provided by lowering blood pressure. The aim of this study was to develop a mechanism-based pharmacokinetics-pharmacodynamic (PK/PD) model for proposing an optimized antihypertensive management method that can lower both blood pressure and its fluctuation in rats.

In this study, a mechanism-based PK-PD model was developed based on animal experiments. Then this model was used to perform simulations, thus to propose an anti-hypertension indication, according to which the anti-hypertension agent may yield low-level AUC and fluctuation of blood pressure when relative ET-1 level ranges from −15% to 5% and relative NO level is more than 10% compared to control group. Finally, animal experiments were conducted to verify the simulation results. Macitentan (30 mg/kg) was administered based on the above anti-hypertension indication. Compared with the untreated group, the optimized treatment significantly reduced the AUC of blood pressure; meanwhile the fluctuation of blood pressure in optimized treatment group was 70% less than that in immediate treatment group. This work provides a novel model with potential translational value for managing sunitinib-induced hypertension.

Keywords: sunitinib; hypertension; blood pressure fluctuation; PK/PD modeling; simulation; macitentan

INTRODUCTION

Sunitinib, an oral small-molecule multitargeted tyrosine kinase inhibitor, is currently approved for the treatment of metastatic renal cell carcinoma, imatinib-resistant gastrointestinal stromal tumor (GIST), and pancreatic neuroendocrine tumor [1]. Previous clinical research has shown that patients treated with sunitinib develop hypertension [2]. Hypertension induced by sunitinib is associated with serious cardiovascular complications, such as coronary artery disease (CAD) and heart failure, and the use of anti-angiogenesis inhibition-induced hypertension may be compromised in cancer patients who develop hypertension [3, 4]. Improving the management of hypertension caused by sunitinib may be helpful in preventing severe cardiotoxicity. However, randomized controlled trials on the treatment of angiogenesis inhibition-induced hypertension are not available, and no clear recommendation for a particular antihypertensive agent or class agents can be given [5]. The clinical use of sunitinib may be compromised without a suitable antihypertensive strategy. To address this challenge, preclinical studies on suitable antihypertensive strategies should be performed.

Previous preclinical studies have investigated the use of antihypertensive therapy for hypertension induced by sunitinib [3, 6–8]. These studies identified treatments for inhibiting hypertension induced by sunitinib, but the fluctuation of blood pressure during antihypertensive treatment was ignored in these studies. In the previous studies, sunitinib and antihypertensive agents were administered simultaneously, which may have yielded dramatic fluctuations in blood pressure; e.g., the antihypertensive treatment proposed by Witte et al. doubled blood pressure fluctuation levels compared to that in subjects that did not receive antihypertensive treatment. The treatment protocol reported by Lankhorst et al. resulted in a similar fluctuation, but such a fluctuation was not observed in subjects that did not receive antihypertensive treatment [3, 8]. Previous studies have revealed that blood pressure variability increases cardiac, vascular, and renal damage [9, 10]. Therefore, the high blood pressure variability induced by antihypertensive treatment may limit the benefits provided by lowering blood pressure. The aim of this study was to develop a mechanism-based pharmacokinetics-pharmacodynamic (PK/PD) model for proposing an optimized antihypertensive management method that can lower both blood pressure and its fluctuation in rats.
targets of sunitinib, the VEGF pathway is frequently associated with the development of severe hypertension [5]. Sunitinib can decrease NO production by inhibiting the VEGF pathway, which plays a key role in blood pressure regulation [5]. Moreover, previous studies have reported that sunitinib can elevate the plasma level of endothelin-1 (ET-1), the most potent vasoconstrictor identified thus far [5, 7, 12]. In summary, the mechanism of hypertension induced by sunitinib mainly involves two pathways. First, sunitinib inhibits vasodilation by decreasing NO production. Second, sunitinib induces vasoconstriction by elevating ET-1 levels.

In this study, based on the mechanisms mentioned above, a mechanism-based PK-PD model was developed. The present study was performed in four parts. First, animal experiments were performed to collect data for PK-PD modeling. Second, a mechanism-based PK-PD that can provide insight into the relationship between the plasma concentration of sunitinib and blood pressure was developed. Third, simulations based on the PK-PD model and progression analysis were performed according to the proposed hypothesis that the effect of antihypertensive treatment on blood pressure and its fluctuation are affected by variations in NO-ET homeostasis. The simulations demonstrated the different effects of antihypertensive treatment on blood pressure and its fluctuation under different states of NO-ET homeostasis. Fourth, animal experiments were performed to verify the antihypertensive treatment proposed by the PK-PD model. Our study provides a mechanism-based model to optimize an antihypertensive treatment for hypertension induced by sunitinib that not only inhibits hypertension but also reduces blood pressure fluctuations in rats.

**MATERIALS AND METHODS**

**Animal experiments**

Male Wistar Kyoto rats (220–250 g), obtained from Super-B&K Laboratory Animal Center (Shanghai, China), were housed at 22 ± 5 °C on a 12-h dark/light cycle and given access to standard laboratory rat chow and water ad libitum. All animal experiments were approved by the Animal Ethics Committee of China Pharmaceutical University. All experiments were performed in accordance with relevant guidelines and regulations.

In this study, an animal experiment was performed to obtain data for the development of a PK-PD model. In this experiment, rats were randomly administered sunitinib (26.7 mg/kg per day; n = 6) or vehicle (n = 6) by oral gavage for 10 days. The dosage of sunitinib was based on previous experimental studies that investigated hypertension induced by sunitinib [3, 7, 13, 14]. The protocol for systolic blood pressure (SBP) measurement was designed based on the method described by Whitesall et al. and Kubota et al. [15, 16]. All rats were acclimated to restraint, tail-cuff inflation and heating the day before the start of the experiment. The rats were placed in plastic restrainers with heating pads set to 33–34 °C. The instrument (ALC-NIBP, ALCBIO; Shanghai, China) automatically took ten 30-s measurements. SBP values were recorded when more than five consecutive stable readings were available. The highest and lowest readings were discarded, and the remaining readings were averaged to obtain one data point. SBP was measured daily. Blood samples were collected in tubes containing ethylene diamine tetraacetic acid (EDTA) daily. Samples were collected at the same time on each sampling day. Plasma was prepared by centrifugation at 4000 × g and 4 °C for 10 min. The prepared plasma samples were stored at −70 °C until analysis.

**Drug analysis**

The plasma concentration of sunitinib was determined by LC-MS/MS according to the method described in previous studies with slight modifications [17, 18]. A total of 30 μL of plasma was mixed with 5 μL IS working solution (100 ng·mL⁻¹ paliperidone in water). After vortex-mixing, 1 mL of acetonitrile was added to the mixture to precipitate the proteins. Then, the mixture was centrifuged for 10 min at 15 000 r/min at 4 °C. A total of 50 μL of the supernatant was diluted with 100 μL of water for analysis.

The prepared samples were injected into a Shimadzu ODS column (5.0 μm, 150 mm × 2.0 mm). The mobile phase consisted of acetonitrile containing 0.1% formic acid (phase A) and water containing 0.1% formic acid (phase B). The flow rate of the mobile phase was 0.2 mL·min⁻¹, and gradient elution was used (0–1.0 min, 80% phase B; 1.0–2.2 min, 90%–45% phase B; 2.2–5.3 min, 45% phase B; 5.3–6.5 min, 45%–80% phase B; 6.5–9.0 min, 80% B). The injection volume was 5 μL. The column oven was set to +40 °C. A TSQ Quantum triple quadrupole mass spectrometer (Thermo Fisher, American) using selected reaction monitoring (SRM) mode and an electrospray ionization source (ESI) in positive ion mode was utilized to obtain mass spectra at a voltage of 4000 V. The sheath gas pressure and auxiliary gas pressure were maintained at 30 L·min⁻¹ and 20 L·min⁻¹, respectively. The capillary temperature was maintained at 380 °C throughout the run. The collision energy for the analyte and IS was 26 eV. The precursor to product ion transition (Q1 to Q3) for the quantitation (m/z) of sunitinib and IS were programmed in the spectrometer as 399.1 to 283.0 and 427.2 to 207.1, respectively.

**Biomarker analysis**

Plasma endothelin-1 (ET-1) was measured using radioimmunoassay with a commercial kit obtained from Beijing North Institute of Biological Technology (Beijing, China). Plasma NO levels are difficult to determine. Therefore, the levels of the stable end products of NO radicals, nitrite and nitrate, were determined to measure the production of NO radicals based on the method described in a report of Han Moshage [19]. Fifty microliters of plasma was diluted with 25 μL of distilled water. Then, 15 μL of nitrate reductase, 10 μL of NADPH, and 2 μL of FAD were added to the samples to yield final concentrations of 200 U/L, 50 μmol/L and 5 μmol/L, respectively. The samples were subsequently incubated for 20 min at 37 °C and then mixed with 10 μL of lactate dehydrogenase at a final concentration of 10 mg/L and 10 μL of sodium pyruvate at a final concentration of 10 mmol/L. The samples were further incubated for 5 min at 37 °C to oxidize NADPH. Ten microliters of zinc sulfate solution (0.38 g/mL) was mixed with the samples. After vortex-mixing, the mixture was centrifuged for 5 min at 10 000 r/min. Then, 100 μL of the supernatant and 100 μL of Griess reagent (1 g/L sulfanilamide, 25 g/L phosphoric acid, and 0.1 g/L N-1-naphthylethlenediamine) were added to a microtiter plate well. After 10 min of color development at room temperature, the absorbance was measured on a microplate reader at a wavelength of 540 nm.

Creatinine was measured with a commercial kit obtained from Nanjing Jiancheng Bioengineering Institute (Nanjing, China).

**Model development**

The process of model development is shown in Fig. 1. First, a mechanism-based PK-PD model was developed based on animal experiments. Second, based on the PK-PD model, simulations were performed to investigate the potential appropriate anti-hypertensive methods. Finally, the results of the simulations were verified by animal experiments.

**PK-PD model**

The PK parameters of sunitinib were estimated based on a single-dose PK profile reported by Speed et al. [20]. In this study, rats were administered sunitinib (6 mg/kg or 15 mg/kg) by oral gavage, and then the plasma concentration was determined 1, 3, 6, 8, 24, 48, and 72 h after oral administration. Then, the
The mechanism-based pharmacodynamics model was described as follows. Sunitinib plasma concentration was simulated based on the above parameters after multi-dose administration. Eq. 1 was used to estimate the time course of sunitinib concentration in the plasma. \( V_{\text{sunitinib}} \) represents the apparent volume of distribution, \( x_0 \) represents the dose of sunitinib, and \( k_{\text{out}} \) represents the elimination rate constant. The basal turnover of NO was determined by a zero-order production rate \((k_{\text{in}}^{\text{NO}})\) and a first-order degradation rate \((k_{\text{out}}^{\text{NO}})\). In this system, the production of NO may be affected by ET-1 and sunitinib. On one hand, sunitinib may decrease NO production by reducing the expression of endothelial nitric oxide synthase (eNOS) and neuronal nitric oxide synthase (nNOS) [5, 21, 22]. In this study, the inhibition of NO production induced by sunitinib was assumed to be linear and concentration-dependent and was described by parameter \( k_a \). On the other hand, ET-1 may indirectly decrease the thick ascending limb of the loop of Henle (TALH) by activating ETB receptors, increasing intracellular calcium concentration, and stimulating NO release [23]. In this study, the effect of ET-1 on stimulating NO release was assumed to be constant \((E_{\text{ET}})\). The basal turnover of ET-1 was determined by a zero-order production rate \((k_{\text{in}}^{\text{ET}})\) and a first-order degradation rate \((k_{\text{out}}^{\text{ET}})\). Sunitinib may elevate ET-1 [5]. In this study, the sunitinib-induced increase in ET-1 was assumed to be linear and concentration-dependent and was described by parameter \( k_3 \). The basal turnover of SBP was determined by a zero-order production rate \((k_{\text{in}}^{\text{SBP}})\) and a first-order degradation rate \((k_{\text{out}}^{\text{SBP}})\). Both ET-1 and NO play important roles in blood pressure. ET-1 may induce vasoconstriction and elevate blood pressure. The effect of ET-1 on blood pressure was assumed to be linear and concentration-dependent and was described by parameter \( k_a \). NO may induce vasodilatation and reduce blood pressure. The effect of NO on blood pressure was assumed to be linear and concentration-dependent and was described by parameter \( k_a \). All the assumptions of the PK/PD model were proposed based on the experimental data used to acquire a parsimonious model with relatively good fitness.

Simulations
Previous research has demonstrated that amlodipine and macitentan can help reduce blood pressure [3]. In this study, amlodipine and macitentan were considered candidate agents. The simulations were performed based on the PK-PD model. The equation system used for the simulations contained three equations. The first two equations in this system were the same as Eqs. 2, 3. As the anti-hypertension mechanisms of amlodipine and macitentan are different, the third equations for amlodipine and macitentan were different and were as follows:

\[
\frac{dE_{\text{amlodipine}}}{dt} = \frac{C_{\text{amlodipine}}}{\Theta_{\text{amlodipine}}} \left( \frac{\Theta_{\text{macitentan}}}{\Theta_{\text{amlodipine}}} \right)^{-\frac{1}{\Theta_{\text{amlodipine}}}} e^{-\frac{t}{\Theta_{\text{amlodipine}}}}
\]

\[
\frac{dE_{\text{macitentan}}}{dt} = \frac{C_{\text{macitentan}}}{\Theta_{\text{macitentan}}} \left( \frac{\Theta_{\text{macitentan}}}{\Theta_{\text{amlodipine}}} \right)^{-\frac{1}{\Theta_{\text{amlodipine}}}} e^{-\frac{t}{\Theta_{\text{macitentan}}}}
\]
Equations 5, 6 were used to simulate the effect of amlodipine. \( E_{\text{amlodipine}} \) represents the effect of amlodipine. \( c_{\text{amlodipine}} \) is the plasma concentration of amlodipine. \( c_{\text{amlodipine}} \) was obtained by simulating the multidose administration of amlodipine based on a first-order absorption one-compartment model whose parameters are estimated according to the data extracted from a previous experimental report [24]. \( n_{\text{amlodipine}} \) is the number of transit compartments of amlodipine. \( T_{\text{amlodipine}} \) stands for a transit rate constant between transit compartments of amlodipine. \( n_{\text{amlodipine}} \) and \( T_{\text{amlodipine}} \) were estimated based on the data extracted from a previous experimental report [3]. Equations 7, 8 were used to simulate the effect of macitentan. \( E_{\text{macitentan}} \) represents the effect of macitentan. \( c_{\text{macitentan}} \) is the plasma concentration of macitentan. \( c_{\text{macitentan}} \) was obtained by simulating the multidose administration of macitentan based on a first-order absorption one-compartment model whose parameters are estimated according to the data extracted from a previous experimental report [25]. \( n_{\text{macitentan}} \) is the number of transit compartments of macitentan. \( T_{\text{macitentan}} \) stands for a transit rate constant between transit compartments of macitentan. \( n_{\text{macitentan}} \) and \( T_{\text{macitentan}} \) were estimated based on the data extracted from a previous experimental report [3]. Parameters \( n_{\text{amlodipine}}, T_{\text{amlodipine}}, n_{\text{macitentan}}, T_{\text{macitentan}} \) and the pharmacokinetic parameters of amlodipine and macitentan are listed in Table 1.

In the simulation, the antihypertensive effect was represented by the area under the curve (AUC) of blood pressure, and the average real variability (ARV) was used to measure the fluctuation of blood pressure (Eq. 9) [26]. In Eq. 9, \( N \) denotes the number of valid blood pressure (BP) measurements. To avoid bias based on background variation in the simulation, the percentage change in the ARV compared to that of the control group (\( \Delta \text{ARV} \), Eq. 10) was used in the simulation. The simulation was performed based on three scenarios. The aim of scenario I was to choose a suitable antihypertensive agent. Therefore, amlodipine and macitentan were administered at different time points (day 0 to day 9, 9 time points in total) after sunitinib was administered. Then, the AUC of blood pressure and \( \Delta \text{ARV} \) yielded by amlodipine and macitentan treatment were compared to find a suitable antihypertensive agent. The dose of amlodipine was set to 1 mg/kg (equivalent to the maximum tolerated dose in humans), and the dose of macitentan was set to 30 mg/kg (equivalent to a high but well tolerated dose in humans) [27, 28]. The aim of scenario II was to find the appropriate dose of the selected antihypertensive agent. For this purpose, different doses of selected antihypertensive agents were administered. Then, the AUC of blood pressure and \( \Delta \text{ARV} \) were calculated. The aim of scenario III was to investigate the indication for antihypertensive treatment. For this purpose, the proposed antihypertensive agent was administered under different levels of ET and NO. Then, the AUC of blood pressure and \( \Delta \text{ARV} \) were calculated. The relative levels of both NO and ET in the control group changed from −50 to 50%. A total of 2500 situations were simulated. The dose of sunitinib was 26.5 mg/kg, and the dose of macitentan was selected according to scenario II.

\[
\text{ARV} = \frac{1}{N} \sum_{k=1}^{N-1} |\text{BP}_{k+1} - \text{BP}_k|
\]

\[
\Delta \text{ARV} = \frac{\text{ARV}_{\text{Treated}} - \text{ARV}_{\text{Control}}}{\text{ARV}_{\text{Control}}}
\]

Validation of modeling and simulation

The PK model was validated by two pieces of data. First, it was validated by the plasma concentration after a single dose of sunitinib (6 mg/kg) was administered [20]. Second, it was validated by the trough concentration after multiple doses of sunitinib (26.5 mg/kg and 10 mg/kg) were administered.

An animal experiment was performed as an experimental validation for the PK/PD model. In this experiment, rats were randomly administered low-dose sunitinib (10 mg/kg; once daily; \( n = 6 \)) or vehicle (\( n = 6 \)) by oral gavage for 10 days. The protocol of blood pressure measurement was the same as that used in the first experiment. Blood samples were collected in tubes containing EDTA on days 0, 2, 4, 6, 8, and 9. The protocols for blood sample preparation and storage were the same as those used in the first experiment.

The proposed antihypertensive method was also verified by another animal experiment. In this animal experiment, 30 male Wistar Kyoto rats (220–250 g) were randomly divided into five groups. The first group was the control group (given vehicle; \( n = 6 \)). The second group (the sunitinib group) was orally administered sunitinib (26.7 mg/kg; \( n = 6 \)) once daily for 10 days. The third group (the low-dose immediate treatment group; \( n = 6 \)) was orally and simultaneously administered sunitinib (26.7 mg/kg) and macitentan (10 mg/kg). The fourth group (the high-dose immediate treatment group; \( n = 6 \)) was orally and simultaneously administered sunitinib (26.7 mg/kg) and macitentan (30 mg/kg). The fifth group (the low-dose optimized treatment group; \( n = 6 \)) was orally administered sunitinib (26.7 mg/kg), and then macitentan (10 mg/kg) was given until the NO and ET levels reached their critical values. The sixth group (the high-dose optimized treatment group; \( n = 6 \)) was orally administered sunitinib (26.7 mg/kg), and then macitentan (30 mg/kg) was given until the NO and ET levels reached their critical values. The antihypertensive agent, the dosage of macitentan and the critical values of ET and NO levels were selected according to the simulation based on the PK-PD model. The detailed selection procedure are described in the “Materials and methods” and “Results” sections. The protocols for the measurements of SBP, NO and ET were the same as those used in the first experiment. Macitentan was dissolved in vehicle containing 0.5% methylcellulose aqueous solution and 1% Tween 80.

### RESULTS

**Biomarker variation**

The results of the animal experiments are shown in Fig. 2. The SBP level increased rapidly after sunitinib administration in the high-dose group. The SBP level in the low-dose group was elevated 1 day after sunitinib administration. The variation in the SBP level was dose-dependent. The level of NO increased from day 0 to day 2 and decreased from day 3 to day 10 in the high-dose group. In the low-dose group, NO was elevated at 2 days. The ET level increased continuously and dose-dependently in both the high-dose group and the low-dose group.

**PK-PD model fitting**

The PK-PD parameters were estimated based on the experiment that used high-dose sunitinib (the first experiment). In this

| Table 1. PK-PD parameters of amlodipine and macitentan for simulation. |
|------------------------|-----------------|-----------------|-------------|------------------|---|
| \( k_a \) (h\(^{-1}\)) | \( V \) (L) | \( k_{out} \) (h\(^{-1}\)) | \( n \) | \( T_r \) (h) |
| Amlodipine | 13.92 | 4.39 | 0.022 | 1 | 0.32 |
| Macitentan | 0.22 | 426628.85 | 0.044 | 1 | 0.45 |

\( k_a \): first-order absorption rate constant, \( V \): apparent volume of distribution, \( k_{out} \): elimination rate constant, \( n \): number of transit compartments, \( T_r \): transit rate constant between transit compartments
Table 2. PK-PD model parameters and bootstrap validation.

| Parameters | Estimate | CV (%) | CI | Bootstrap |
|------------|----------|--------|----|-----------|
| $k_{\text{inin}}$ | 1.14 | 44.74% | 0.63 | 1.65 | – |
| $V_{\text{inin}}$ | 87821.75 | 0.78% | 87134.05 | 88509.45 | – |
| $k_{\text{inin}}$ | 0.019 | 5.26% | 0.018 | 0.02 | – |
| $\Delta k_{\text{inin}}$ | 0.0047 | 10.64% | 0.0042 | 0.0051 | 0.0045 |
| $\Delta k_{\text{ET}}$ | 93.38 | 1.25% | 92.21 | 94.55 | 92.76 |
| $\Delta k_{\text{NO}}$ | 250.04 | 0.18% | 249.6 | 250.48 | 251.41 |
| $\Delta k_{\text{ET}}$ | 0.44 | 15.91% | 0.37 | 0.5 | 0.41 |
| $\Delta k_{\text{NO}}$ | 9.71 × 10^{-5} | 35.75% | 6.24 × 10^{-5} | 1.31 × 10^{-4} | 1.79 × 10^{-4} |
| $\Delta k_{\text{ET}}$ | 1349.4 | 5.34% | 1277.39 | 1421.46 | 1349.4 |
| $\Delta k_{\text{ET}}$ | 0.13 | 84.62% | 0.02 | 0.25 | 0.28 |
| $\Delta k_{\text{ET}}$ | 10.84 | 4.89% | 10.31 | 11.36 | 10.72 |
| $\Delta k_{\text{ET}}$ | 0.23 | 4.35% | 0.22 | 0.24 | 0.23 |
| $\Delta k_{\text{ET}}$ | 0.23 | 4.35% | 0.22 | 0.24 | 0.23 |
| $\Delta k_{\text{ET}}$ | 9.69 | 4.64% | 9.24 | 10.13 | 9.59 |

The experiment, rats were randomly administered sunitinib (26.7 mg/kg; once daily; $n = 6$) or vehicle ($n = 6$) by oral gavage for 10 days. The estimated PK-PD model parameters are listed in Table 2. Random effects for parameters $\Delta k_{\text{ET}}$, $k_1$, $k_2$, and $\Delta k_{\text{NO}}$ were induced. The bootstrapping values of these parameters remained near the final parameter estimation with a relatively low coefficient of variance (CV). Goodness-of-fit plots of the final model are shown in Fig. 3a–c and suggest that the errors of both population and individual profiles were acceptable. The visual predictive check (VPC) for the PK-PD model is shown in Fig. 3c. The VPC plots show that the observed average data fell within the 95% prediction confidence interval. Moreover, a low-dose experiment was performed as an external verification of the PK-PD model. In this experiment, rats were randomly administered sunitinib (10 mg/kg; once daily; $n = 6$) or vehicle ($n = 6$) by oral gavage for 10 days. The experiment was used to simulate changes in NO, ET, and SBP to verify the PK-PD model, and the simulation results were compared with the experimental data. The results are shown in Fig. 4a, b. The results suggest that the error was acceptable and that the PK-PD model fit the low-dose experiment data. Furthermore, as sunitinib may induce renal damage, which may affect SBP and bias the PK-PD model, creatinine levels in the low-dose group, high-dose group and control group were measured to determine whether the model was biased by renal damage. The results are shown in Fig. 4c. The results show that creatinine levels were not significantly different among these three groups at any of the time points ($P > 0.05$, based on one-way ANOVA), suggesting that no significant renal damage occurred during the experiment. Therefore, the goodness of fit of the PK-PD model was satisfactory, and the model was not biased by the renal damage induced by sunitinib.

Simulation

The results of scenario I simulation are shown in Fig. 5a, b. The simulation suggested that macitentan yielded similar blood pressure fluctuations but lower AUC of blood pressure compared to those induced by amiodipine. Therefore, macitentan was chosen as the antihypertensive agent. The results of scenario II simulation are shown in Fig. 5c. The simulation suggested that the blood pressure fluctuation decreased until the dose of macitentan increased to 40 mg/kg and that if the dose of macitentan exceeded 40 mg/kg, blood pressure fluctuation increased. The AUC of blood pressure decreased as the dose of macitentan increased. Thus, 40 mg/kg macitentan should be selected for hypertension treatment. However, 40 mg/kg macitentan may not be well tolerated (the maximum tolerated dose of macitentan is equivalent to 30 mg/kg in rats.) [28]. Therefore, 30 mg/kg macitentan rather than 40 mg/kg macitentan was selected for hypertension treatment.

The results of scenario III simulation are shown in Fig. 6a–c. We defined low-level AUC as an AUC of blood pressure in the treated group lower than 70% of that in untreated the group (AUCTreated/AUCUntreated ≤ 70%) and low-level ΔARV as a fluctuation of blood pressure in the treated group lower than that in the untreated group (ΔARV{Treated} < ΔARV{Untreated}). According to the response to the antihypertensive agent, there were four states of NO-ET homeostasis. The first state, termed the uncompensatory unbalanced state (Fig. 6c), was defined as an ET level relative to that of the control group of less than –15%. The second state, termed the weak balance state, was defined as a relative ET level ranging from –15% to 5% and a relative NO level greater than 10%. The third state, termed the pathological balance state, was defined as a relative ET level ranging from 5% to 35% and a relative NO level greater than 10%. The fourth state, termed the pathological unbalanced state, was defined as a relative ET level greater than 35%. If NO-ET homeostasis is in the compensatory unbalanced state, antihypertensive treatment may yield low-level AUC and high-level ΔARV. If NO-ET homeostasis is in the weak balance zone, antihypertensive treatment may yield low-level AUC and low-level ΔARV. If NO-ET homeostasis is in the pathological balance zone, antihypertensive treatment may yield high-level AUC and low-level ΔARV. Therefore, it is recommended to administer antihypertensive treatment in the weak balance state.

Simulation verification

The results of experimental verification of the antihypertensive method are shown in Fig. 7. According to the treatment indication (Fig. 7a), macitentan should be given on the 4th day after sunitinib is administered. The high- and low-dose optimized treatment...
Fig. 3  Goodness-of-fit plots of the PK-PD model and the time course of sunitinib plasma concentration. a Scatter plots of observed values versus predicted values for NO, ET-1, and SBP. The line in each figure is a reference of perfect correlation (predicted value exactly equal to the observed value). b Scatter plots of predicted residuals vs. time for NO, ET-1, and SBP. c Visual predicted check (VPC) for NO, ET-1, and SBP. The shaded area represents the 95% confidence interval of the simulated median value. The line represents the median value of the observed value. d Single dose plasma concentration-time profiles of sunitinib e Multidose plasma concentration-time profiles of sunitinib.
Fig. 4  **External validation of the PK-PD model.** a Simulated and observed time courses of NO, ET, and SBP. The circles represent the observed data for the low-dose group (sunitinib 10 mg/kg). The line represents the simulation data for the PK-PD model. b Scatter plots of PK-PD model predicted residuals vs. time for NO, ET-1, and SBP of the low-dose group. c The creatinine level of the high-dose group (sunitinib 26.5 mg/kg), low-dose group (sunitinib 10 mg/kg) and control group (vehicle). The creatinine level was not significantly different among these three groups at any of the time points ($P > 0.05$, based on one-way ANOVA).

Fig. 5  **Simulation results for scenarios I and II.** ARV = average real variability. a The fluctuation of blood pressure (represented by relative ARV ($\Delta$ARV)) yielded by amlodipine and macitentan treatment at different time points. b The AUC of blood pressure yielded by amlodipine and macitentan treatment at different time points. c The AUC and fluctuation of blood pressure (represented by relative ARV ($\Delta$ARV)) yielded by treatment with different doses of amlodipine and macitentan.
groups should be given 30 mg/kg macitentan and 10 mg/kg macitentan, respectively, at this time. The optimized treatment can lower AUC and blood pressure fluctuation dose-dependently (Fig. 7b). Compared with immediate antihypertensive treatment, optimized treatment can decrease 70% of blood pressure fluctuation.

DISCUSSION
In this study, a mechanism-based PK/PD model was developed to propose a method for the management of hypertension induced by sunitinib.

Previous studies have proposed that the mechanism of hypertension-induced sunitinib involves variations in NO-ET homeostasis. The NO system works in balance with the ET system, but sunitinib may decrease NO, which makes NO unable to balance the vasoconstrictor ET \[29 – 31\]. Our study suggested that the balance between NO and ET may also affect the response of hypertension induced by sunitinib to antihypertensive agents. According to our experiment, from day 0 to day 3 after sunitinib administration, NO-ET homeostasis is in the compensatory unbalanced state. Previous research has shown that sunitinib may decrease NO, but our study showed that NO increased from day 0 to day 2 and then decreased \[5\]. The increase in ET-1 may stimulate NO release to balance the vasoconstrictive effect of ET-1 \[23\]. These results suggest that the system may still maintain NO-ET homeostasis in the compensatory unbalanced state. Subjects in this state may be highly sensitive to antihypertensive treatment. Our experiments and previous reports suggest that in the compensatory unbalanced state, antihypertensive treatment may lower blood pressure AUC \(\frac{AUC_{\text{Treated}}}{AUC_{\text{Untreated}}} \leq 70\%\) and may cause acute blood pressure fluctuation \(\Delta ARV_{\text{Treated}} > \Delta ARV_{\text{Untreated}}\) \[3, 6 – 8\]. Therefore, it is not recommended to administer any antihypertensive treatment in the compensatory unbalanced state because of the potential cardiovascular risk caused by blood pressure fluctuations. NO-ET homeostasis may enter the weak balance state on day 4. In this state, the elevated sunitinib plasma concentration may enhance the inhibition of NO release, which may cause NO to decrease and limit the ability of NO-ET homeostasis to maintain blood pressure. Subjects in the
weak balance state may be moderately sensitive to antihypertensive treatment. Our simulations and experiments suggested that in this state, antihypertensive treatment can significantly lower AUC and blood pressure fluctuations ($P < 0.01$). Therefore, it is recommended to administer antihypertensive treatment in a weak balance state to reduce potential cardiovascular risk. From day 5 to day 9 after sunitinib administration, NO-ET homeostasis is in the pathological balance state. Compared with that in the weak balance state, sensitivity to antihypertensive agents decreases in this state. Our simulations showed that the effect of antihypertensive treatment in lowering blood pressure AUC may be limited but that it is still helpful in managing blood pressure fluctuations. In the pathological unbalanced state, SBP and ET-1 were markedly increased and NO decreased continuously. In this state, hypertension may be related to multiple other mechanisms because both the simulations and the previous research showed that the effect of the ET receptor antagonist macitentan is limited, which suggests that NO-ET homeostasis disorder may not be the sole causative factor of hypertension [3]. Apart from NO-ET homeostasis dysfunction, previous studies have proposed other hypotheses suggesting that decreased VEGF function leads to remodeling of capillary beds and endothelial dysfunction [31, 32]. As the mechanisms related to hypertension may be very complex, they remain to be further investigated. The potential translational value of the proposed model, after it is improved and validated by clinical data in the future, lies in providing a new method for optimizing the management of the hypertension induced by sunitinib.

CONCLUSION

In this study, a mechanism-based PK/PD model was developed to investigate a management method for hypertension induced by sunitinib. Our research suggested that it is recommended to use the state of the balance between ET and NO as an indicator for hypertension management. In this study, a novel mechanism-
based model with potential translational value was developed for managing hypertension induced by sunitinib.

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AUTHOR CONTRIBUTIONS HCJ, XTZ, QXL, and HH designed the experiments. HCJ, XTZ, and YSZ conducted the animal experiments. XTZ analyzed the samples. HCJ developed the mathematical model and wrote the manuscript.

ADDITIONAL INFORMATION Competing interests: The authors declare no competing interests.

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