Natural and disease-specific autoantibodies in chronic obstructive pulmonary disease

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Summary

Autoimmunity may contribute to the pathogenesis of chronic obstructive pulmonary disease (COPD). Studies have identified disease-specific autoantibodies (DSAAb) in COPD patients, but natural autoantibodies (NAAb) may also play a role. Previous studies have concentrated on circulating autoantibodies, but lung-associated autoantibodies may be most important. Our aim was to investigate NAAb and DSAAb in the circulation and lungs of COPD smoking (CS) patients compared to smokers (S) without airway obstruction and subjects who have never smoked (NS). Immunoglobulin (Ig)G antibodies that bind to lung tissue components were significantly lower in the circulation of CS patients than NS (with intermediate levels in S), as detected by enzyme-linked immunosorbent assay (ELISA). The levels of antibodies to collagen-1 (the major lung collagen) detected by ELISA were also reduced significantly in CS patients’ sera compared to NS. The detection of these antibodies in NS subjects indicates that they are NAAb. The occurrence of DSAAb in some CS patients and S subjects was indicated by high levels of serum IgG antibodies to cytokeratin-18 and collagen-5; furthermore, antibodies to collagen-5 eluted from homogenized lung tissue exposed to low pH (0·1 M glycine, pH 2·8) were raised significantly in CS compared to S and NS. Thus, this study supports a role in COPD for both NAAb and DSAAb.

Keywords: autoantibodies, autoimmunity, lung

Introduction

Chronic obstructive pulmonary disease (COPD), involving chronic bronchitis and emphysema, is characterized by progressive airflow limitation that is not fully reversible; it is a major and increasing cause of morbidity and mortality worldwide [1,2]. Although tobacco smoke is the major aetiological factor, only 15–20% of smokers develop clinically significant COPD but, once disease is established, it is progressive, regardless of smoking cessation.

Immune mechanisms are central to the pathogenesis of COPD, with contributions of both innate and adaptive immunity [3–14], and the possible involvement of autoimmunity in COPD has been increasingly recognized [15]. An association of lung pathology with a variety of well-characterized autoimmune diseases is evident [16,17], and cigarette smoking is a risk factor for several recognized autoimmune diseases [18]. Antibodies specific to a variety of autoantigens have been described in pulmonary fibrosis [19–21]. Animal experiments demonstrate that COPD-like pathology can be generated by autoimmune mechanisms [22].

More direct evidence for autoimmunity in COPD patients is provided by reports of autoantibodies (AAb) and T cells specific for elastin [23,24], although other studies were unable to confirm this [25–28]. Antibodies to cytokeratin-18 have also been reported in COPD [29] and in non-allergic asthma [30]. It has also been proposed that a broad range of tissue components may serve as autoantigens in COPD, thereby giving rise to a variety of AAb whose production differs between patients [25]. This concept is supported by the demonstration, in differing proportions of COPD patients, of AAb to pulmonary and other tissues [31,32] including endothelium [33], carbonyl-modified proteins [34] and a broad range of tissue-specific and systemic autoantigens [35,36].

The studies cited above focus on the occurrence of disease-specific autoantibodies (DSAAb) in COPD, i.e. AAb...
that are detectable in patients but rarely, if at all, in healthy individuals. A further consideration is the potential involvement of natural autoantibodies (NAAb) that are present in everyone, but which may take on particular relevance in disease situations. NAAb are thought to have a variety of physiological roles, including first line of defence against infection, clearance of ageing cells and their constituents, antigen presentation, anti-tumour and anti-inflammatory activities and immune homeostasis [37]. They show high ‘connectivity’ through idiotype/anti-idiotype interactions that may account for the fact that, unlike DSAAb, the levels of detectable NAAb are significantly higher in IgG purified from serum than they are in whole serum [38,39].

Previous studies have also concentrated on the detection of circulating AAb in COPD patients, but it could be argued that AAb sequestered to the lung are most relevant to the disease process. Thus, the aim of the present study was to investigate the occurrence of both NAAb and DSAAb in the circulation and in lung tissue of COPD patients compared to smokers and non-smokers without COPD.

**Materials and methods**

**Study population**

The Nottingham Local Research Ethics Committee (REC) as well as Nottingham University Hospitals Research and Development (R&D) approved the study protocol. Written informed consent was obtained from the participants. Serum samples were obtained from smokers with moderate-to-severe COPD (CS) (GOLD stages II–III, BODE index 2–9), smokers without airway obstruction (S) and never smokers (NS). COPD diagnosis was defined according to the American Thoracic Society guidelines, including spirometry criteria of a forced expiratory volume in 1 s (FEV₁) below 80% of predicted with a FEV₁/FVC (forced vital capacity) ratio of <70% and reversibility of inhaled beta-2-agonist of <10% or <200 ml absolute improvement; all were current smokers (Table 1). S and NS participants underwent pulmonary function tests, which revealed normal spirometry results (Table 1). Individuals who had α1-anti-trypsin deficiency, a history of physician-diagnosed asthma or had a positive skin prick test in response to the allergens grass pollen, house dust mite, cat dander or dog hair (ALK-Abello’, Reading, UK) were excluded from the study. CS patients were also excluded if they had experienced an exacerbation of disease within the previous 6 weeks.

**Lung samples**

Lung samples were obtained from CS patients, S and NS subjects (five of each). Samples were either donated generously by GlaxoSmithKline (GSK, Stevenage, UK) or obtained from Nottingham University Hospitals NHS Trust. Ethical approval was obtained through GSK and Nottingham University Hospitals R&D. Patients in Nottingham were informed and consented before entering the study. Lung samples were obtained from Nottingham patients with COPD who had undergone bullectomy or lung volume reduction surgery as a part of the management of severe emphysema. S and NS Nottingham participants were lung cancer patients who underwent lung biopsy or surgery in the course of the case management. Normal lung tissue distal to the tumour, as judged by the pathologist, was used from these patients’ samples. Lung samples were snap-frozen in liquid nitrogen and stored at −80°C. The lung samples provided by GSK were autopsy specimens from CS, S and NS individuals and were obtained within the normal framework of autopsy procedures.

**Table 1.** Demographic characteristic of the study participants who provided serum samples.

| Number of patients | CS  | S   | NS  |
|--------------------|-----|-----|-----|
| Gender             | Male/female | 3/3 | 1/5 | 1/5 |
| Age (years)        | Mean 63-67† | 51-83 | 50-83 |
| Median FEV₁        | Mean 54-72† | 49-5 (43-63) | 51-5 (45-57) |
| (%) Pred FEV₁      | Median 53-71† | 100-5 (81-119) | 110 (103-140) |
| Median FVC         | Mean 83-50 | 106-8 | 122-2 |
| (%)                | Median 44-135 | 108 (81-128) | 115-5 (112-144) |
| FEV₁/FVC (%)       | Mean 61-54*† | 92-61 | 94-60 |
| Smoking            | Mean 47-86 | 29-52 | 0 |
| (pack/year)        | Median 57-50 (23-8-62-2) | 29-38 (15-42) | 0 |

CS = smokers with chronic obstructive pulmonary disease; S = smokers without airway obstruction; NS = never smokers; FEV₁ = forced expiratory volume in 1 s; FVC = forced vital capacity; Pred = predicted value. †Indicates significant difference between CS and S (P < 0.001). *Indicates significant difference between CS and NS (P < 0.001).
Homogenization of human lung tissue samples and elution of lung-bound antibodies

Lung tissue samples – previously snap-frozen in liquid nitrogen from CS, S and NS subjects – were defrosted, adjusted to approximately 0·52 g of tissue and placed on ice. Samples were cut into small pieces (about 3–4 mm in diameter) and added to 10 ml of ice-cold 10 mM Tris-HCl buffer pH 7·5 (Sigma Aldrich, Poole, UK) containing one tablet of complete protease inhibitor cocktail (Roche Diagnostics, Lewes, UK). Cell disruption was performed using a 2-ml screw-cap vial filled to three-quarters with 1·0-mm-diameter glass beads. The remaining vial volume was filled with preprepared lung tissue pieces and the cap was secured. Three cycles of tissue disruption were performed using the Mini-Bead Beater Type BX-4 Cell Disrupter (Glen Mills Inc., Clifton, NJ, USA), for 30 s each, at 5000 rpm. Samples were cooled on ice between runs to avoid warming. Disrupted lung samples were microcentrifuged for 2–4 h, at 17 968 g at 4°C to separate soluble material of the lung homogenates from the insoluble pellets. Homogenates and pellets were stored at –20°C to be used in enzyme-linked immunosorbent assay (ELISA).

For each lung sample fraction, the protein concentration was determined using a NanoDrop \textsuperscript{®} ND-1000 Spectrophotometer (NanoDrop Technologies, Wilmington, DE, USA). Antibodies were eluted from the pellets using elution buffer consisting of cold 0·1 M glycine, pH 2·8 (Sigma Aldrich) and 0·5 M NaCl. Pellet-supernatants were pipetted several times to mix well and incubated on ice for 1 h with intermittent mixing every 10 min. The pH of the supernatants was neutralized by the addition of 1 M Tris pH 8 (Sigma Aldrich) and centrifuged. The protein concentration was measured by Nanodrop and the protein concentrations were standardized to 1 mg/ml. Samples were diluted 1 : 4 and tested by ELISA for quantitative measurement of eluted antibodies.

| Antigen                  | Source                  | Concentration (µg/ml) | Company                                      |
|--------------------------|-------------------------|-----------------------|----------------------------------------------|
| Collagen-1               | Human lung              | 10                    | Sigma, Aldrich, Poole, UK                    |
| Collagen-2               | Human cartilage         | 1                     | Chemicon International, Watford, UK          |
| Collagen-3               | Human placenta          | 10                    | Sigma, Aldrich, Poole, UK                    |
| Collagen-4               | Human placenta          | 10                    | Sigma, Aldrich, Poole, UK                    |
| Collagen-5               | Human placenta          | 10                    | Sigma, Aldrich, Poole, UK                    |
| Fibronectin              | Human plasma            | 10                    | Sigma, Aldrich, Poole, UK                    |
| Laminin                  | Human plasma            | 10                    | Sigma, Aldrich, Poole, UK                    |
| Elastin peptides         | Human lung elastin peptides | 25                  | Elastin product company, Owensville, MO, USA. |
| Vitronectin              | Human plasma            | 1                     | Sigma, Aldrich, Poole, UK                    |
| Vimentin                 | Human recombinant protein | 1                  | Progen Biotechnik, Heidelberg, Germany       |
| Cytokeratin-8            | Human recombinant protein | 1                  | GenWay Biotech, San Diego, CA, USA           |
| Cytokeratin-18           | Human recombinant protein | 1                  | GenWay Biotech, San Diego, CA, USA           |
| Thyroglobulin            | Purified human          | 10                    | Sigma, Aldrich, Poole, UK                    |
| Bovine serum albumin (BSA)| Bovine serum            | 10 000                | Sigma, Aldrich, Poole, UK                    |

Table 2. Candidate antigens – the source, the concentration used and the manufacturing company.

ELISA

ELISA was used for the detection of serum antibodies to lung tissue or specific candidate antigens. Duplicate wells of Nunc Maxi-Sorb 96-well plates (Scientific Laboratory Supplies Ltd, Nottingham, UK) were coated with 100 µl of diluted antigen preparation, using whole lung homogenate soluble fractions (10 µg total protein/ml) or the individual candidate protein antigens shown in Table 2. The plates were incubated overnight at room temperature. In order to determine background binding, duplicate wells were coated overnight with 1% bovine serum albumin (BSA) in phosphate-buffered saline (PBS) (both from Sigma Aldrich). The plates were washed three times with wash buffer containing 0·05% Tween-20 (Sigma Aldrich) in PBS and then blocked with 300 µl of reagent diluent (1% BSA in PBS) and incubated for 1 h at room temperature. The washing step was then repeated. Participants’ serum samples were diluted to 1 : 40 with reagent diluent. One hundred µl of diluted serum sample and controls were added to the wells in duplicate and the plate was incubated for 2 h at room temperature. The plate was washed three times as before. One hundred µl of the appropriate biotinylated secondary antibody: goat anti-human immunoglobulin (Ig)A, IgG, IgM or polyclonal Igs (Biosource International, Nivelles, Belgium) diluted to 1 : 5000 in reagent diluent was added to each well and incubated for 2 h at room temperature. The plate was washed as before. One hundred µl of streptavidin–alkaline phosphatase (Sigma Aldrich) (1 : 500 dilution in reagent diluent) was added to each well. The plate was incubated for 20 min at room temperature then washed three times. One hundred µl of the alkaline phosphatase yellow p-nitrophenyl phosphate (pNPP) liquid substrate (Sigma Aldrich) was added to each well and the plate was incubated for 20 min at room temperature. The optical density (OD) was measured after 30 min at 405 nm using a Vmax
microplate reader (Molecular Devices, Wokingham, UK). The data are presented as ODs, as it was not possible to generate a standard curve for specific antibody levels.

Statistics

Differences between groups were assessed by Mann–Whitney U-test or Student’s t-test using spss version 15·0 and Prism version 3·0 software. P-values ≤ 0·05 were considered to be significant.

Results

Serum autoantibodies reactive with human lung tissue antigens

Human lung samples were homogenized, as described in Materials and methods, and used in ELISA as the target antigen preparation for detecting IgG autoantibodies in sera from COPD patients who smoke (CS), smokers without airway obstruction (S) and never smokers (NS) (Fig. 1). The lung samples and the sera were obtained from different subjects. Six homogenates were used as antigen preparations: two each from the lung tissues of CS patients (Fig. 1a,b), S subjects (Fig. 1c,d) and NS subjects (Fig. 1e,f). The results in Fig. 1 show that, regardless of the source of the lung antigen preparations, the sera from CS patients showed significantly and reproducibly lower levels of IgG antibody binding to lung antigens than the sera from NS individuals. In all cases, the median levels of IgG anti-lung antibodies in the sera of S individuals were between the medians for the NS sera and the CS sera, but were not significantly different from either.

The finding that the level of IgG anti-lung antibodies is highest in the NS sera suggests that these are ‘natural autoantibodies’ rather than disease-specific autoantibodies, and that their circulating levels are reduced significantly in CS patients. An alternative explanation could be that there is non-specific binding of IgG immunoglobulins to the lung homogenates, and that the lower levels of IgG binding

Fig. 1. Detecting serum immunoglobulin (Ig)G autoantibodies that bind to constituents of human lung tissue. Sera from smokers with chronic obstructive pulmonary disease (CS), smokers (S) and non-smokers (NS) were analysed by enzyme-linked immunosorbent assay (ELISA) for IgG antibodies that bind to human lung tissue homogenates. The sources of the lung tissue were as follows: (a,b) CS patients; (c,d) S subjects; (e,f) NS subjects. Each point represents an individual serum sample, and the horizontal line is the median optical density (OD) value of the group; statistical comparisons between groups were performed using the Mann–Whitney U-test. The lung samples and the sera were obtained from different subjects.
observed with CS sera are due to a general reduction of circulating levels of IgG in CS patients. The total levels of serum IgG were therefore determined by nephelometry in the CS, S and NS sera; the results in Fig. 2 show that there were no significant differences between the three groups, indicating that non-specific IgG binding to the lung homogenates is not the explanation for the differences observed between groups.

Serum autoantibody reactivity with specific candidate antigens

Having demonstrated a generalized decrease in IgG autoantibodies showing reactivity with lung tissue in sera from CS patients compared to S and NS controls, the reactivity of these sera with a series of potential candidate antigens relevant to lung was investigated. The purified proteins employed (Table 2) were chosen as candidate antigens on the basis of previous evidence of their immunogenicity in various lung diseases and/or their major representation within lung tissue. BSA was used as the blocking agent in the ELISA, and the ODs given for binding of serum IgG to BSA alone were subtracted from the ODs for all candidate antigens; there was no significant difference in binding to BSA by IgG in CS, S and NS sera. By contrast, the reactivity of serum IgG antibodies with collagen-1 (a major extracellular matrix component of lung tissue) mirrored the findings for antibody binding to lung homogenates described above. Thus, the CS sera showed significantly lower levels of IgG autoantibodies to collagen-1 than the NS sera, with the S sera showing intermediate levels (Fig. 3a).

None of the other candidate antigens showed this pattern of reactivity with the sera, with the exception of elastin, to which overall levels of IgG binding were very low (data not shown).

Several of the candidate antigens showed high reactivity with IgG in individual CS and/or S sera; in these cases, positive binding was defined by sera giving an OD that was at least 1.5 times the upper limit of the range of ODs given by the NS sera (indicated by the dotted lines in Fig. 3b,c). Thus, individual CS and S sera showed strong IgG binding to cytokeratin-18 and/or collagen-5 (Fig. 3b,c); one S serum also showed IgG reactivity with collagen-4 (data not shown).

Autoantibodies sequestered to the lung in COPD

Lung tissue homogenates from CS, S and NS individuals were treated with glycine-HCl buffer to elute tissue-associated antibodies, as described in Materials and methods. These eluates were investigated in ELISA for IgG autoantibody reactivity with the purified candidate antigens used previously to detect serum IgG autoantibodies, as described above. In order to compare the levels of antibodies eluted from different lung specimens, the OD values generated for IgG binding to candidate lung antigens were standardized by expressing them as ratios to the OD values of the same eluates for binding to the negative control antigen, thyroglobulin. Figure 3d shows that the standardized levels of IgG antibodies specific for collagen-5 were higher in the eluates from CS lung tissue than from S or NS lung tissue. No significant differences were found for eluted antibodies specific for the other candidate antigens tested (collagen-1, collagen-3, cytokeratin-18, elastin, fibronectin, vimentin, vitronectin), although this may be at least partly a consequence of the small number of lung samples available for elution of antibodies, which is a clear limitation of the present study. Larger numbers of samples will be required to determine whether eluted antibodies specific for some of these other candidate antigens are, in fact, raised in CS lungs.

Discussion

In this study we show that detectable levels of IgG antibodies that bind to lung tissue components are lower in the circulation of CS patients than in NS subjects. The fact that such antibodies are detectable (and, indeed, highest) in the NS group indicates that these are NAAbs that occur naturally in everyone. The same phenomenon was seen for antibodies that bind to collagen-1 specifically; i.e. their detectable levels were reduced significantly in the sera of CS patients compared to NS subjects. Collagen-1 is the major type of collagen in lung tissue [40], and our findings suggest that collagen-1 is a significant target of the lung-reactive NAAbs in human sera. Interestingly, a similar observation was reported by Wood et al. with respect to antibodies to elastin; i.e. higher levels were detected in NS controls than in CS patients [28]. Indeed, we also observed significantly lower levels of IgG antibodies to elastin peptides in CS...
patients’ sera than in NS subjects, but the levels of anti-
elastin detected in our ELISA were generally very low (data
not shown).

A possible explanation of our finding of reduced levels of
lung-reactive NAAbs in CS patients’ sera is that, in COPD,
NAAbs that can bind to a variety of lung constituents
(including collagen-1) are sequestered to the lung from the
circulation. Other explanations for the apparent reduction
of lung-reactive NAAbs in CS patients’ sera are also possi-
bile. For example, binding of circulating antibodies to tissue
constituents released into the bloodstream from inflamed,
damaged lungs in COPD could reduce detection of these
antibodies in ELISA due to their involvement in immune
complex formation. Another possibility is that circulating
NAAbs show higher connectivity in COPD than is normally
the case; i.e. they are more connected into idiotype/anti-
idiotype networks, thereby reducing their availability for
binding to antigens [38,39].

If NAAs are involved in COPD this leaves open the
question of their role in the disease, which could be either
protective or pathogenic. A physiological anti-inflammatory
function of NAAs is thought to involve binding to
damaged and senescent cells, thereby promoting their clear-
ance from tissues; an example is the proposed anti-
atherogenic role of NAAs by binding to oxidized tissue
components [41]. Conversely, NAAs have been shown to
promote intestinal ischaemia/reperfusion injury through
binding to the damaged tissues and activating complement
[42,43]. Such effects may be tissue-specific [42], and further
studies are required to determine whether NAAs may
inhibit or promote damage to the lungs in COPD. Thera-
peutic intravenous immunoglobulin (IVIG) preparations
are known to contain NAAs [44] that may account, at least
in part, for the beneficial effects of treatment with IVIG in
certain autoimmune and inflammatory diseases [45,46].
Thus, if NAAs are shown to be protective to the lung in
COPD, the possibility of IVIG administration is raised as a
potential therapy for this disease.

It is of note that the results in this study for smokers
without COPD were intermediate between those for
smokers with COPD and never smokers – i.e. serum anti-
bodies of S individuals gave a level of binding to lung tissue
intermediate between those of NS subjects and CS patients (which was not significantly different from either) (Fig. 1). This suggests that smokers without overt COPD may have subclinical features of the disease, and our findings are consistent with the increase in bronchus-associated lymphoid tissue in smokers compared to never smokers [47].

Our results also support the occurrence of DSAAbs in some CS and S subjects, although the number of subjects in this study was too low for statistical significance. Even so, the observation of individual CS and S sera with high levels of IgG antibodies to cytokeratin-18 and collagen-5 (and also to cytokeratin-8 and collagen-4), compared to NS sera, is consistent with others’ findings in COPD or other inflammatory lung diseases [19,29,40,48]. For example, others have reported the occurrence of antibodies to cytokeratin-18 in both COPD [29] and in non-allergic asthma [30]. It is also particularly interesting that we found antibodies to collagen-5 eluted from lung tissue to be raised significantly in CS patients compared to S and NS subjects. Immunity to collagen-5 is also associated with lung transplant dysfunction and bronchiolitis obliterans syndrome [40,49–51], lung cancer [52] and experimental scleroderma [53]. Collagen-5 is a minor collagen in the lung, where it is sequestered within the major collagen-1 fibrils [40]; thus, it may be its exposure during inflammation and damage to lung tissues that permits collagen-5 to be recognized as an autoantigen.

This raises the issue of whether autoimmunity in COPD is a primary or secondary event in the disease pathogenesis; it has been argued that autoimmunity in COPD may be secondary to the release of tissue components from damaged lung parenchyma rather than autoimmunity initiating this damage [54]. Even if it were the case that the initial smoke-induced events involve antigen non-specific inflammation and tissue damage, this would not necessarily diminish the potential importance of autoimmunity in the propagation and transition to a self-perpetuating, smoke-independent process (which could explain why COPD persists after cessation of smoking). This would be consistent with a mechanism of induction of autoimmunity in COPD that involves smoke-induced tissue damage and exposure of sequestered lung autoantigens, as proposed above for collagen-5. This could be analogous to statin-induced autoimmune myopathy that involves autoimmunity to HMGCoA-reductase that is up-regulated in muscle tissue as a consequence of the inhibition of this enzyme by statins; but, once established, the autoimmune reaction continues, despite statin withdrawal [55].

A further consideration is whether autoantibodies that are associated with lung tissue itself (as demonstrated for anti-collagen-5 in this study) are produced in conventional lymphoid tissues and sequestered to the lung from the circulation, or whether they are produced by lymphoid structures that develop within the lung during COPD. This latter possibility seems highly likely, given the clearly documented development of lymphoid follicles within the lungs in COPD [13,14]. These follicles have B cell cores that may be a source of lung-reactive autoantibodies [56]. It would therefore be very interesting to investigate the specificity of antibodies produced by these lung follicular B cells.

A limitation of our study is the relatively small number of subjects studied, and the results reported here need to be confirmed in larger cohorts of participants. In addition, the panel of autoantigens investigated should be expanded in order to ensure that the profile of autoantibodies detected is as comprehensive as possible. We are currently aiming to fulfill these criteria using reverse-phase protein microarray technology. Direct identification of target antigens within lung homogenates by Western blotting would also provide further valuable information.

In summary, this study is consistent with a role for both NAAb and DSAAbs (that bind to lung antigens) in the pathogenesis of COPD. Whether NAAb ameliorate or exacerbate the inflammation and tissue damage remains to be determined.

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Disclosure

The authors have no commercial or financial conflicts of interest to declare.

Author contributions

N. I. D. performed the experiments; I.T., L. C. F. and J. M. C. conceived and designed the study; all authors contributed to interpretation of data and to preparation and review of the manuscript.

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