Detailed bladder cancer immunoprofiling reveals new clues for immunotherapeutic strategies

Nicole Viveiros 1, Bianca CT Flores 1, João Lobo 1,2,3, Cláudia Martins-Lima 1,4, Mariana Cantante 1,2, Paula Lopes 1,2, Cecilia Deantonio 5, Cintia Palu 1,2, Richard CA Sainson 5, Rui Henrique 1,2,3 & Carmen Jerónimo 1,3

1Cancer Biology and Epigenetics Group, Research Center of IPO Porto (CI-IPOP)/RISE@CI-IPOP (Health Research Network), Portuguese Oncology Institute of Porto (IPO Porto)/Porto Comprehensive Cancer Center ( Porto.CCC), Porto, Portugal
2Department of Pathology, Portuguese Oncology Institute of Porto (IPO Porto), Porto, Portugal
3Department of Pathology and Molecular Immunology, School of Medicine and Biomedical Sciences– University of Porto (ICBAS-UP), Porto, Portugal
4Department of Precision Medicine, University of Campania “Luigi Vanvitelli”, Naples, Italy
5Kymab, a Sanofi Company, Cambridge, UK

Abstract

Objectives. Bladder cancer (BLCa) is the tenth most frequent malignancy worldwide and the costliest to treat and monitor. Muscle-invasive BLCa (MIBC) has a dismal prognosis, entailing the need for alternative therapies for the standard radical cystectomy. Checkpoint blockade immunotherapy has been approved for high-grade non-muscle-invasive BLCa (HG NMIBC) and metastatic disease, but its effectiveness in localised MIBC remains under scrutiny. Herein, we sought to characterise and compare the immune infiltrate of HG NMIBC and MIBC samples, including ICOS expression, a targetable immune checkpoint associated with regulatory T cell(Treg)-mediated immunosuppression.

Methods. Immunohistochemistry for CD83, CD20, CD68, CD163, CD3, CD8, CD4, FoxP3/ICOS and PD-L1 was performed in HG NMIBC and MIBC samples (n = 206), and positive staining was quantified in the peritumoral and/or intratumoral tissue compartments with QuPath imaging software.

Results. CD20+ B cells, CD68+ and CD163+ tumor-associated macrophages were significantly increased in MIBCs and associated with poor prognosis. In turn, higher infiltration of T cells was associated with prolonged survival, with exception of the CD4+ helper subset. Intratumoral expression of CD3 and CD8 was independent prognostic factors for increased disease-free survival (DFS) in multivariable analysis. Remarkably, Tregs (FoxP3+/FoxP3+ICOS+) were found differentially distributed between tissue compartments. PD-L1 immunoexpression independently predicted a shorter DFS and associated with higher infiltration of FoxP3+ICOS+ Tregs.

Conclusions. Immune infiltrates of HG NMIBC and MIBC display significant differences that may help selecting patients for immunotherapies. Considering ICOS immunoexpression results, it might constitute a relevant...
INTRODUCTION

Bladder cancer (BlCa) is the tenth most common malignancy worldwide, accounting for 573,278 new cases and 212,536 deaths in 2020. The high recurrence and progression rates often raise the need for lifelong monitoring and care, endowing BlCa with the highest cost per patient of all cancer types. Histologically, 90% of cases correspond to urothelial carcinoma, and approximately 70–80% of patients are diagnosed with non-muscle invasive tumors (NMIBC) of which 50–70% end up recurring and 15–25% of the latter progress to muscle-invasive BlCa (MIBC). MIBC has a substantial risk of metastatic dissemination (about 50%), with a dismal prognosis. Over the years, limited improvements in BlCa survival rates were recorded, especially for MIBC, a scenario that has recently improved after approval of immune checkpoint inhibitors (ICIs)-based immunotherapy.

Immunotherapy relies on the activation of the host immune system to destroy cancer cells and has revolutionised the oncology field, improving patients’ outcomes in multiple malignancies. ICIs have particularly attracted researchers, because of their ability to unleash an antitumor T-cell response, through blockage of inhibitory molecules expressed in the surface of T cells after excessive stimulation or their ligands, including cytotoxic T lymphocyte-associated molecule-4 (CTLA-4), programmed cell death receptor-1 (PD-1) and programmed cell death receptor-1 ligand (PD-L1). Remarkably, over 6000 active clinical trials are testing the efficacy of immuno-oncology drugs, including ICIs and other immunomodulators.

BlCa is known to be immunotherapy-responsive since the 1970s when Bacillus Calmette-Guérin intravesical instillations proved to reduce recurrence and progression rates. Because of its efficacy, Bacillus Calmette-Guérin remains the standard of care therapy for intermediate- and high-risk NMIBC after endoscopic resection. Moreover, since 2016, five ICIs targeting the PD-1/PD-L1 axis have been approved by the Food and Drug Administration for BlCa management. These agents were first indicated for the treatment of locally advanced/metastatic urothelial carcinoma, either as second-line therapy for cisplatin-refractory patients or as first-line treatment in PD-L1+ tumors of patients ineligible for cisplatin-based therapy. In January 2020, pembrolizumab was also approved for Bacillus Calmette-Guérin-unresponsive high-risk NMIBC, stepping the foot outside the metastatic BlCa setting. Notwithstanding the clinical benefits provided by ICIs, no immunotherapeutic options are available for localised MIBC, yet. Indeed, first-line therapy and standard of care is radical cystectomy, a complex surgical procedure that substantially increases cancer-related morbidity, but still represents the best hypothesis for patients to achieve long-term survival. Cisplatin-based neoadjuvant chemotherapy may also be offered, as it has been shown to improve 5- and 10-year survival by 8% and 30–36%, respectively. However, many patients are not eligible or sensitive to chemotherapy, and high rates of severe adverse events have been reported, entailing the need for effective alternatives. Mounting evidence suggests that neoadjuvant immunotherapy may benefit patients with localised MIBC but further investigation is required to support this hypothesis.

Simultaneously, a rising number of new targets are under investigation to broaden the applicability and efficacy of existing ICIs, such as Inducible Co-Stimulator (ICOS) and its ligand, ICOS-L. Despite belonging to the B7/Cluster of Differentiation (CD)28 superfamily, similarly to Cytotoxic T lymphocyte-associated molecule-4 and PD-1, ICOS is a costimulatory molecule that enhances T cells function. Thus, ICOS endures both anti- and pro-tumor activities, depending on the T-cell subpopulation. The role of this immune checkpoint in cancer is not fully understood at present, but it seems to constitute a promising therapeutic target.

Herein, we aimed to characterise and compare the immune infiltrate of high-grade (HG) NMIBC and MIBC samples, looking for profiles which might anticipate response to systemic therapeutic target, eventually in combination with anti-PD-1/PD-L1 therapies, for certain BlCa patient subsets.

Keywords: bladder cancer, digital pathology, ICOS, immune infiltrate, muscle-invasive, non-muscle invasive
immunotherapies. Thus, we quantitatively evaluated the expression of several immune markers, representative of distinct immune cell populations, as well as PD-L1, a known biomarker predictive of response to immunotherapy, and ICOS. Immunohistochemistry quantification was performed using QuPath, an innovative digital pathology software\(^{18}\) that allows a more consistent, accurate and reproducible analysis.

**RESULTS**

**Clinical and pathological data**

Clinicopathological features of the BlCa patient cohort are depicted in Table 1. Two hundred and six patients with primary BlCa were included in this study, with a median age of 69 years old, from which approximately 80% were male patients. At diagnosis, 93 individuals exhibited HG NMIBC and 113 displayed MIBC. Patients’ follow-up time ranged from 1 to 267 months, with an overall 49.0% cancer-related mortality rate.

**Characterisation of the immune tumor microenvironment**

**Dendritic cells (DCs)**

Mature DCs (CD83\(^+\)) were not abundant in most tumors. In fact, CD83 expression was absent inside the tumor area of all analysed samples and, for that reason, just CD83\(^+\) cells in the peritumoral stroma were considered. CD83 counts were similar in HG NMIBC and MIBC (Supplementary figure 1). No associations were established between CD83 immunoexpression and BlCa prognosis.

**B lymphocytes**

Similar to DCs, infiltration of B lymphocytes, assessed by CD20 immunostaining, was rarely observed inside tumors. Therefore, only peritumoral B cells were considered for the analysis. Of note, only one sample lacked this immune cell population. Herein, CD20 expression was significantly increased in MIBC than in HG NMIBC \((P < 0.0001\); Figure 1a and b). Furthermore, Kaplan–Meier analysis revealed a significant association between higher CD20\(^+\) cells density and worse disease-specific survival (DSS; \(P = 0.0136\); Figure 1c); although the same trend was observed for overall survival (OS) and disease-free survival (DFS), no statistical significance was achieved \((P = 0.0752\) and \(P = 0.1694\), respectively; Supplementary figure 2a and b).

Importantly, higher CD20 levels were observed in BlCa samples from male individuals \((P = 0.0046\); Supplementary figure 2c). It should be noted that no gender-related differences were disclosed for the remaining immune markers.

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### Table 1. Clinical and pathological features of BlCa patients

| Variables | Patient cohort \((n = 206)\) |
|-----------|-------------------------------|
| Age, years [median (range)] | 69 (1891) |
| Gender | |
| Male (%) | 162 (78.6) |
| Female (%) | 44 (21.4) |
| Primary Tumor \((T)\) | |
| HG NMIBC \((\leq pT1)\), (%) | 93 (45.1) |
| Ta (%) | 7/93 (7.6) |
| T1 (%) | 19/93 (20.4) |
| MIBC \((\geq pT2)\), (%) | 113 (54.9) |
| Tx (%) | 9/113 (8.0) |
| T2 (%) | 51/113 (45.1) |
| T3 (%) | 29/113 (25.7) |
| T4 (%) | 24/113 (21.2) |
| Regional lymph nodes \((N)\) | |
| Nx (%) | 161 (78.1) |
| N0 (%) | 41 (19.9) |
| N1 (%) | 2 (1.0) |
| N2 (%) | 2 (1.0) |
| N3 (%) | 0 (0.0) |
| Distant metastasis \((M)\) | |
| M0 (%) | 199 (96.6) |
| M1 (%) | 7 (3.4) |
| Treatment | |
| Intravesical | 50 |
| BCG (%) | 18/50 (36.0) |
| Mitomycin (%) | 32/50 (64.0) |
| Systemic Chemotherapy | 36 |
| Smoking history | |
| No (%) | 80 (38.8) |
| Yes (%) | 62 (30.1) |
| Unknown (%) | 64 (31.1) |
| Vital status at last follow-up | |
| A-NED (%) | 33 (16.0) |
| AWD (%) | 2 (1.0) |
| D-NED (%) | 69 (33.5) |
| DWD (%) | 1 (0.5) |
| DFD (%) | 101 (49.0) |

A-NED, alive with no evidence of disease; AWD, alive with disease; BCG, Bacillus Calmette-Guérin; D-NED, died with no evidence of disease; DWD, died with disease; DFD, died from disease; HG NMIBC, high-grade non-muscle invasive bladder cancer; MIBC, muscle-invasive bladder cancer.
Tumor-associated macrophages (TAMs)

CD68 and CD163 immunoexpression was observed in all tumor samples, both peri- and intratumorally. Indeed, they exhibited the same expression pattern, with a highly increased positivity in patients with MIBC, both in peritumoral (CD68 – \( P < 0.0001; \) CD163 – \( P = 0.0005 \)) and in intratumoral (CD68 and CD163 – \( P < 0.0001 \)) regions (Figure 2). Moreover, CD68 and CD163 immunoexpression positively correlated in the evaluated compartments (\( P < 0.0001 \) for both; Spearman’s rho \( = 0.7147 \) and 0.7211 for peritumoral and intratumoral TAMs, respectively), confirming that most TAMs exhibit an M2-like phenotype.

Higher counts of peritumoral CD68\(^+\) TAMs were strongly associated with a poorer DSS (\( P = 0.0370; \) Figure 3a), while high levels of the intratumoral counterparts also negatively correlated with DSS (\( P = 0.0082 \)) and OS (\( P = 0.0204; \) Figure 3b). Regarding CD163\(^+\) TAMs, dense infiltration was also associated with worse DSS (\( P = 0.0476 \)) and OS (\( P = 0.0186 \)), but only when considering CD163 global expression (Figure 3c).

Additionally, intratumoral CD163\(^+\) TAMs were augmented in the group of non-responders to intravesical chemotherapy (mitomycin; \( P = 0.0121; \) Figure 3d). Interestingly, no other immune cell subset was significantly associated, either negatively or positively, with response to this therapy.

T lymphocytes

Although T cells (CD3\(^+\) immune cells) were abundant in most tumors, intratumoral expression was absent in 13 samples. Peritumoral CD3\(^+\) cells were similarly expressed in HG NMIBC and MIBC. Nonetheless, a significant enrichment of intratumoral T cells was observed in MIBC (\( P < 0.0001 \); Supplementary figure 3a and b).

Importantly, higher counts of intratumoral T cells were associated with longer DFS (\( P = 0.0393; \) Supplementary figure 3c), whilst peritumoral T cells did not have a significant impact on OS, DSS.
Further characterisation of the CD3$^+$ cells population was conducted, concerning CD8$^+$ cytotoxic T cells and CD4$^+$ helper T cells, with an emphasis on regulatory T cells (T\text{reg}s).

**CD8$^+$ cytotoxic T cells**

The predominance of CD8$^+$ cytotoxic T cells subset within the general T-cell population was verified in most tumors, with CD4/CD8 ratio > 1 in only five cases. CD8 immunoeexpression varied similarly to CD3, in both in peri- and in intratumoral areas.

Thus, intratumoral CD8$^+$ T-cell counts were higher in MIBC ($P < 0.0001$), but no differences were noticed at the peritumoral level (Figure 4a and b).

Moreover, higher intratumoral CD8 expression was significantly associated with increased DFS ($P = 0.0150$; Figure 4c). The same trend was observed for peritumoral CD8, but without statistical significance ($P = 0.0713$; Figure 4d). In parallel, a stratified survival analysis was conducted separately for HG NMIBC and MIBC. Herein, intratumoral CD8 expression was significantly associated with longer DFS ($P = 0.0351$) and OS ($P = 0.0398$) in patients with MIBC, but not with HG NMIBC (Figure 4e).
CD4⁺ helper T cells

CD4⁺ T cells were much less abundant than the CD8⁺ subpopulation. Indeed, 31 cases completely lacked this T-cell subset. At the peritumoral level, CD4⁺ T cells were more abundant in HG NMIBC ($P = 0.0052$); contrarily, increased CD4 immunoeexpression was observed intratumorally in MIBC ($P = 0.0355$; Supplementary figure 5a and b).

Globally, no prognostic significance was initially assigned to this immune cell subset. Nonetheless, in patients with HG NMIBC, intratumoral CD4⁺ cells were significantly associated with shorter DFS ($P = 0.0146$; Supplementary figure 5c).

Regulatory T cells and related immune checkpoints

Forkhead Box P3 (FoxP3)⁺ T lymphocytes were found within most tumors, although more prevalent in the peritumoral region. Overall, this well-known Treg marker was absent in 21 cases. Although no differences were apparent between HG NMIBC and MIBC, regarding FoxP3 immunoeexpression, when patients were stratified based on pT stage, at the peritumoral level, this subpopulation was significantly diminished in pT3 and pT4 than in pTa-pT1 and pT2 tumors ($P = 0.0189$ and $P = 0.0470$, respectively). Intratumorally, FoxP3⁺ cell counts were significantly higher in pT2 than in pTa-pT1 stages ($P = 0.0248$), although no differences were apparent for pT3-pT4 tumors (Supplementary figure 6a). Furthermore, in patients with HG NMIBC, higher intratumoral FoxP3⁺ cell counts were associated with shorter OS and DSS ($P = 0.0115$ and $P = 0.0145$, respectively; Supplementary figure 6b).

FoxP3 and ICOS immunoeexpressions were simultaneously evaluated as the latter is a potentially targetable immune checkpoint present on the surface of T cells and particularly...
overexpressed in Tregs (Supplementary figure 7). ICOS positivity was similar in peritumoral stroma of both HG NMIBC and MIBC, but intratumorally increased in MIBC ($P = 0.0142$; Figure 5a). Patients with higher counts of ICOS$^+$ peritumoral cells tended to exhibit longer OS and
Figure 5. Intratumoral ICOS expression increases in MIBC and tends to associate with prolonged survival. FoxP3+ICOS+ cells exhibit different distribution patterns, according to spatial location. (a) Distribution of ICOS+ cells density in HG NMIBC (n = 93) and MIBC (n = 113) samples. (b) Kaplan–Meier estimates of OS and DSS in BlCa patients stratified by peritumoral ICOS single expression. Dichotomisation into low and high expression was based on the percentile 75. (c) Distribution of FoxP3+ICOS+ cells density in pTx (n = 16), pTa-pT1 (n = 86), pT2 (n = 51) and pT3-pT4 (n = 53) neoplasms. (d) Distribution of intratumoral FoxP3+ICOS+ cells density across pT stages: pTa (n = 19), pT1 (n = 63), pT2 (n = 51), pT3 (n = 29) and pT4 (n = 24). (e) Kaplan–Meier estimates of DSS in BlCa patients stratified by peritumoral FoxP3/ICOS expression. Dichotomisation into low and high expression was based on the median value. P-values were calculated by the non-parametric Mann–Whitney U-test are depicted in a, c and d; only significant associations (P < 0.05) are denoted for simplification purposes in c and d – *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001. P-values denoted in b and e were calculated by the log-rank test. ‘Merge’ refers to the whole-slide evaluation, considering peritumoral and intratumoral regions together. HG NMIBC, high-grade non-muscle invasive bladder cancer; MIBC, muscle-invasive bladder cancer.
DSS, although statistical significance was not achieved \( (P = 0.0597 \text{ and } P = 0.0895, \text{ respectively; Figure 5b}) \).

Overall, the absolute number of FoxP3/ICOS double-positive cells was lower than single FoxP3+ cells. In fact, no double-stained cells were observed in 41 cases. Nevertheless, a strong positive correlation was found between the FoxP3+ population and the FoxP3+ICOS+ subset, both peri- and intratumorally (\( P < 0.0001 \) for both; Spearman’s rho = 0.821 and 0.743, respectively). Consistently, a similar distribution pattern was observed for double-stained cells (Figure 5c). Specifically, peritumoral FoxP3+ICOS+ cells density gradually decreased from pTa-pT1 to pT3-pT4 stages \( (P = 0.0004) \). At the intratumoral level, FoxP3+ICOS+ cells were increased in pT1, pT2 and pT3 stages than in superficial pTa tumors \( (P = 0.0416, P = 0.0125 \text{ and } P = 0.0264, \text{ respectively}) \), but no significant differences were found between pTa and pT4 (Figure 5d). Importantly, high levels of peritumoral double-positive cells were associated with better DSS \( (P = 0.0205; \text{Figure 5e}) \), whilst no prognostic significance was attributable to tumor-infiltrating FoxP3+ICOS+ cells.

Because anti-PD-L1 therapies are already approved for specific BICa settings, PD-L1 expression was also evaluated. PD-L1 positivity was generally low and limited to immune cells, with only two samples surpassing the 5% mark. Indeed, 14 cases completely lacked PD-L1 expression. Moreover, no differences were depicted between HG NMIBC and MIBC (Figure 6a and b). Nonetheless, higher PD-L1 expression was significantly associated with shorter DFS \( (P = 0.0008) \) (Figure 6c). Patients’ stratification according to the tumor type (‘HG NMIBC vs MIBC’) showed that high PD-L1 expression was associated with increased probability of cancer recurrence and cancer-related death in patients with HG NMIBC \( (P < 0.0001, \text{ for both}) \) (Figure 6d).

Remarkably, patients with higher PD-L1 positivity depicted significantly increased FoxP3+ICOS+ cells density both in peritumoral and in intratumoral compartments \( (P = 0.0004 \text{ and } P = 0.0085, \text{ respectively}) \) (Figure 6e).

**Multivariable analyses**

Cox-regression models were computed to identify independent factors with influence on OS, DSS and DFS (Supplementary tables 1, 2 and 3, respectively).

Using median values as cut-off, high intratumoral CD68 and merged CD163 levels were found to significantly associate with shorter OS, but this association did not remain significant in a multivariable analysis adjusted for ‘HG NMIBC vs MIBC’. Nevertheless, merged ICOS expression was shown to significantly increase OS in the multivariable model (Supplementary table 1).

Regarding DSS, increased counts of CD20+, CD68+ (peritumoral, intratumoral and merge) and CD163+ (merge) cells significantly correlated with poor prognosis. Contrarily, a higher abundance of peritumoral FoxP3+ICOS+ cells disclosed a significant protective effect. However, neither of these associations were retained when adjusting for bladder wall invasion level. As for OS, merged ICOS positively impacted on DSS and the same was observed for high intratumoral CD3 expression (Supplementary table 2).

Finally, augmented levels of intratumoral CD3+ and intratumoral/merged CD8+ cells, as well as PD-L1, independently predicted increased DFS (Supplementary table 3).

**DISCUSSION**

Systemic immunotherapy has revolutionised cancer treatment and improved patient outcome in multiple malignancies, including BICa. Nonetheless, and despite associated morbidity, radical cystectomy remains the gold-standard therapeutic option for patients with localised MIBC, as it is a key step towards symptoms relief and long-term survival. Chemotherapy in the neo-adjuvant setting has showed survival benefit, although at the cost of high toxicity. BICa prognosis has not further improved over the last decades, and neo-adjuvant immunotherapy could open a new avenue in this field, building the path for novel organ-sparing protocols with a more attractive safety profile than chemotherapy. With that in mind, we aimed to characterise and compare the immune infiltrate of HG NMIBC and MIBC, looking for clues that might broaden the spectrum of indications for immunotherapy in BICa.

In this study, several immune cell populations were addressed through appropriate immunohistochemical markers, selected from the literature. More precisely, CD83 was used for mature DCs, CD20 for B cells, CD68 for TAMs in general, CD163 for M2-like TAMs, CD3 for general T cells, CD8 for cytotoxic T cells, CD4 for
Figure 6. Higher PD-L1 expression negatively impacts disease outcome, especially in HG NMIBC patients, and is associated with increased FoxP3\(^+\)ICOS\(^+\) cell density. (a) Representative examples of PD-L1 staining in HG NMIBC and MIBC tissue specimens. Notice the dot-ant-like staining pattern. Scale bar = 50 μm. (b) Distribution of PD-L1 positive percentage in HG NMIBC (n = 93) and MIBC (n = 113) samples. Pixel positivity was assessed with QuPath’s Pixel Classification tool. (c) Kaplan-Meier estimates of DFS in BlCa patients stratified by PD-L1 expression; (d) Stratified Kaplan-Meier analyses of DFS and DSS according to PD-L1 expression and ‘HG NMIBC vs MIBC’ classification. (a) Comparison between ‘HG NMIBC Low’ and ‘HG NMIBC High’; (b) Comparison between ‘MIBC Low’ and ‘MIBC High’. Dichotomisation into low and high expression was based on the median value. (e) Distribution of FoxP3\(^+\)ICOS\(^+\) cells density based on PD-L1-positive percentage. P-values calculated by the non-parametric Mann–Whitney U-test are depicted in b and e; only significant associations (P < 0.05) are denoted for simplification purposes - *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001. P-values denoted in c and d were calculated by the log-rank test. HG NMIBC, high-grade non-muscle invasive bladder cancer; MIBC, muscle-invasive bladder cancer.
helper T cells and FoxP3 for Tregs. Immune checkpoints were also investigated, namely through PD-L1 and ICOS expression, as they constitute relevant immunotherapeutic targets that may be tackled either individually or in synergy. Identification of a biomarker panel for therapy selection using immunohistochemistry (IHC) is particularly advantageous, as this technique is well-established, readily available and of relatively low cost. Importantly, immunoexpression of each biomarker was quantified using QuPath, which constitutes an important methodological difference from previous works, granting a faster, more precise and reproducible analysis when compared with the traditional manual analysis performed by pathologists, used in other studies focussing on BlCa microenvironment. In fact, educated algorithms were applied across all samples, considering each antibody's intensity and staining pattern, which significantly minimised observer-inherent bias. Further validation and implementation of this technique may deeply benefit routine pathological assessment of biomarkers and improve diagnostic quality, contributing for enactment of Precision Medicine. In the present study, spatial distribution of the aforementioned immune markers was also addressed, which is an essential component for assessment of the tumor immune status. A detailed discussion of each immune cell population follows.

Mature DCs, known as efficient antigen-presenting cells, were not generally abundant. This is in line with previous studies that report the predominance of phenotypically immature DCs, suggesting a maturity blockade by BlCa cells. In our study, CD83+ DCs were found to be similarly expressed in HG NMIBC and MIBC cases. Furthermore, no prognostic significance was disclosed. Previously, an association between the absence of CD83+ DCs and disease recurrence was reported in NMIBC; however, a high CD83 score seemed to increase the risk of progression to MIBC. Methodological differences, especially concerning the scoring system used, impair a direct comparison with our data. Indeed, those authors considered several tissue structures for CD83 scoring, including distant lymphoid aggregates, which we avoided as these are probably less relevant for antitumor immune response.

B cells are essential drivers of humoral immunity and play an important role in antitumor response, although most studies focus on T cells because of their higher prevalence. In BlCa, controversial data exist concerning this immune cell population and its influence on patients' prognosis. A correlation was found between a higher density of CD20+ B cells within lymphoid aggregates and a prolonged time to recurrence. Similarly, high levels of CD19+ B cells were significantly associated with longer OS in MIBC patients. Albeit CD19 and CD20 are both B-cell lineage-specific, the former's expression starts at the pre-B cell stage, whereas CD20 is expressed somewhat later in B-cell development, being a more specific marker of mature B cells. Thus, comparisons with our data must be made with caution. Interestingly, IL-10 producing regulatory B cells, an immunosuppressive subset, seemed to negatively affect survival. As a very small cohort of MIBC patients (n = 31) was used, further validation would be required. Finally, in vitro experiments revealed that B cells in the BlCa microenvironment promote metastasis via upregulation of matrix metalloproteinases. In accordance, we found that CD20 was significantly increased in MIBC and associated with a worse DSS. Contrarily to the aforementioned studies, peritumoral B cells, but not lymphoid aggregates, were included in the analysis. Thus, we are tempted to speculate whether the spatial location of B lymphocytes determines their functionality and, thus, detailed functional characterisation is required to accurately decipher the behaviour of this population and the consequent impact on BlCa outcome. Remarkably, CD20 was also found to be differentially expressed between genders, showing increased levels in men. Nevertheless, it should be noted that just 44 women are being compared with 162 men and, thus, the reach of this observation may be limited. Distinct genomic subtypes with gender-related molecular disparities have been described in NMIBC, and additional efforts to understand the factors underlying gender bias might help improve quality of care of BlCa patients.

TAMs are the most frequent innate immune cells in the tumor microenvironment, known for their phenotypic plasticity and role as antigen-presenting cells. In tumors, TAMs are usually polarised towards an immunosuppressive M2 phenotype, promoting tumor growth and metastasis. The tumorigenic role of TAMs has been widely described in BlCa. Already in 2000, TAMs (CD68+) counts were found to be
with previous studies, as CD68+ TAMs with worse DSS in MIBC\(^2\) and with recurrence in NMIBC.\(^3\) Our findings are consistent with previous studies, as CD68\(^+\) and CD163\(^+\) cells were increased in MIBC, both in the peritumoral stroma and within the tumor, negatively correlating with survival. Thus, TAMs (mainly M2 polarised) seem to contribute to tumor growth and consequent deep invasion of the bladder wall, acting on the invasive margin and in direct contact with tumor cells. Furthermore, our work highlights that TAMs may be used to identify patients who might benefit from intravesical mitomycin, as previously suggested regarding patients who might benefit from intravesical Bacillus Calmette-Guérin\(^4\) and adjuvant chemotherapy.\(^4\)

T lymphocytes are a major focus of immunoncology research, because of their central role in antitumor immunity and association with clinical outcomes. T cells are highly heterogeneous, and a particular immune response reflects a fine balance between distinct subpopulations. Hence, we first characterised this population using a general T-cell marker (CD3) and then addressed two broad classes: CD8\(^+\) cytotoxic and CD4\(^+\) helper T cells. Cytotoxic T cells are the main effectors of the immune system and were found to be predominant in the overall T-cell population.\(^4\)

Accordingly, we found that CD3 and CD8 expression exhibited an identical distribution pattern and prognostic significance. Both markers were similarly expressed in the peritumoral stroma of HG NMIBC and MIBC; nonetheless, significantly higher expression within the tumor was observed in MIBC.\(^3\) Furthermore, increased counts of intratumoral CD3\(^+\) and CD8\(^+\) cells independently and positively impacted DFS. This observation is in line with prior studies conducted on several cancer types, including BlCa,\(^4\)\(^3\)\(^\text{44}\) supporting the hypothesis that infiltrating T cells have a protective effect, especially the CD8\(^+\) subset, because of their ability to induce tumor cell apoptosis through cytolytic mediators, such as perforin and granzyme. Remarkably, the spatial location of CD8\(^+\) T cells within the tissue was found relevant as tumor infiltration per se was associated with a favorable outcome.\(^2\)

Helper T cells (CD4\(^+\)) simultaneously integrate different stimuli from the environment and consequently acquire a multitude of functional phenotypes, either with tumoricidal or with tumorigenic activity.\(^4\) In our study, CD4\(^+\) T cells were found in most tumors, but in lower frequency than the cytotoxic class. Curiously, CD4 expression was higher in the peritumoral stroma of HG NMIBC, but augmented in the intratumoral compartment of MIBC, demonstrating a more efficient infiltration in the latter group. High CD4\(^+\) T-cell density was previously found to correlate with poor prognosis in NMIBC.\(^4\)

Likewise, a gene expression-based study found a correlation between a high CD3/CD4 ratio and better survival in MIBC.\(^4\) These observations may reflect the predominance of immunosuppressive CD4\(^+\) subsets, although the aforementioned studies lack deeper functional phenotyping. Recently, cytotoxic CD4\(^+\) T cell states directly involved in tumor cell killing were identified in MIBC,\(^4\) highlighting the importance of more precise identification of T-cell subtypes within the tumor microenvironment for a better understanding of tumor immunity, and its clinical manipulation.

In this study, we further characterised CD4\(^+\) T cells focussing on T\(_{\text{regs}}\), well-known for their tumor-promoting activity in various cancer types.\(^4\) However, the role of this immune cell population in BlCa remains unclear, considering the contradictory findings reported. Various studies associated increased infiltration of FoxP3\(^+\) T cells with poor prognosis, both in NMIBC and in MIBC.\(^4\)\(^\text{49\text{-}51}\) Contrarily, other studies correlated FoxP3\(^+\) lymphocytes with improved OS\(^5\) and time to recurrence.\(^2\) FoxP3\(^+\) T\(_{\text{regs}}\), located at the invasive margin seemed to have a positive impact, through inhibition of MMP2, a key factor for tumor invasion.\(^5\) These findings demonstrated that the prognostic value may depend on the relative spatial location of T\(_{\text{regs}}\) within the tumor. Our results further sustain this hypothesis, as peritumoral FoxP3\(^+\) cells were decreased at advanced disease stages, although not correlated with prognosis, whereas their intratumoral counterparts disclosed the reverse distribution pattern and negatively impacted on prognosis, particularly in NMIBC. T\(_{\text{regs}}\) may exhibit multiple phenotypes with defined functional activity,\(^5\)\(^4\)\(^\text{55}\) and, thus, it is also possible that a FoxP3-based characterisation is too simplistic and additional markers are needed to fully phenotype T\(_{\text{regs}}\) and understand their prognostic significance in BlCa.

In this regard, it is also important to highlight that FoxP3 was found expressed in the absence of...
CD4 in a few samples, indicating the presence of a FoxP3-expressing subset other than Tregs. Previous studies have reported a temporary expression of this transcriptional regulator during the activation process of CD4+ and CD8+ effector T cells, which is insufficient to induce an immunosuppressive phenotype, characterised by the ability to limit proinflammatory factors, such as interferon-γ. This is consistent with the lymphoid morphology of the observed FoxP3 stained cells and further sustains the hypothesis that additional markers are needed for accurate Tregs characterisation.

Thus, we also investigated the role of ICOS, as evidence suggests its highest expression on the surface of Tregs being pivotal for their homeostasis, survival and suppressive activity. Indeed, ICOS+ Tregs correlated with an increased production of the anti-inflammatory cytokine IL-10, making them particularly immunosuppressive. Hence, ICOS constitutes a relevant immunotherapeutic target for Tregs depletion, as a strategy to enhance antitumor immunity. Regarding ICOS assessment, intratumoral single-positive cells were increased in MIBC, but no differences were observed at the peritumoral level, than in HG NMIBC. Therefore, ICOS and CD8 shared an identical distribution pattern, which allows us to conclude that most ICOS single-positive cells are, indeed, CD8+ effector T cells. ICOS interaction with its ligand, ICOS-L, constitutes a costimulatory signal that induces the production of a wide range of cytokines, either pro- or anti-inflammatory. Likewise, CD8+ICOS+ T cells exhibit enhanced proliferation and antitumor response, which might justify the longer survival trend observed in patients with increased ICOS single-positive cells. When looking into FoxP3+ICOS+ T cells, a differential behaviour according to the spatial location was observed, favoring, once more, the hypothesis that Tregs role in BlCa likely depends on its spatial location within the tumor landscape. Indeed, peritumoral Tregs positive for ICOS gradually decreased in advanced pT stages and were found to positively impact on DSS. Contrarily, in the intratumoral region, this subpopulation tended to increase in density, and no significant impact was disclosed on patient survival.

PD-L1 expression was also investigated and correlated with ICOS to address whether a combinatorial therapeutic approach would eventually benefit BlCa patients. PD-L1 is a well-known immune checkpoint molecule involved in T-cell exhaustion, and its expression has been widely correlated with poor prognosis in several human cancers, including BlCa. However, inconsistent results have been recently reported, suggesting a positive impact of PD-L1 on survival, particularly if expressed by immune cells. In our cohort, PD-L1 positivity was generally low and even absent in some cases; furthermore, no differences were observed between HG NMIBC and MIBC, which is in accordance with a previous study. Interestingly, high PD-L1 expression was significantly associated with shorter DFS, including in a multivariable model adjusted for the degree of bladder wall invasion (‘HG NMIBC vs MIBC’). Of note, PD-L1 pixel positivity was quantified according to the SP142 scoring algorithm for urothelial carcinoma, which reflects the proportion of tumor area (including stroma) covered by positive immune cells. SP142 is known to detect fewer urothelial tumor cells than other clones and, accordingly, practically all the staining in our samples matched immune cells. A median value cut-off was considered as there was an extremely low representativity of patients with a PD-L1 expression level ≥ 5%. Conflicting data on PD-L1 prognostic value may be explained by differences in anti-PD-L1 antibodies, scoring algorithms, prognostic cut-off values and preanalytical variables. Standardised criteria for the evaluation of PD-L1 positivity are needed if an accurate interpretation of its prognostic value is desired.

Remarkably, we found that patients with higher PD-L1 expression exhibited higher levels of ICOS+ Tregu, both peri- and intratumorally. As the same patients were reported to have and increased likelihood of disease recurrence, a complementary therapeutic strategy involving Treg abrogation might be of benefit. Nonetheless, this topic requires further explorations, preferably in a more heterogeneous cohort that includes patients with higher PD-L1 positivity, which would be eligible for treatment with Atezolizumab (assessed by the SP142 assay). Also, an in-depth understanding of how this ICI affects the BlCa microenvironment, particularly FoxP3+ICOS+ Tregu, may provide valuable information about a potential combinatorial therapy.

Our findings, in line with the few already published studies, support the clinical relevance of immune markers in BlCa prognostication. BlCa is a well-known inflamed tumor, densely populated by distinct immune cells, and, to the best of our
knowledge, we are the first to provide such a detailed insight into BlCa immune microenvironment. Significant differences were detected between the immunoprofile of HG NMIBC and MIBC that may be used for the selection of a biomarker panel with potential to identify patients suitable for treatment with immunotherapy, and appropriate targets. For instance, MIBC was undoubtedly enriched in TAMs, B cells and CD8+ T cells and, thus, therapeutic strategies that inhibit or enhance these populations (as appropriate) are potentially beneficial for patients with invasive disease. In turn, PD-L1 immunoexpression was identical in both types of tumors, suggesting that anti-PD-L1 ICIs might be considered in localised MIBC, eventually in combination with other immunotherapeutic agents, in an attempt to increase the still minority of BlCa patients (about 20%) which benefit from these immunotherapies.

Limitations of our work include its retrospective design, as well as the known limitations of IHC, although the computerised quantification of staining significantly decreased the inherent subjectivity. It should be noted that the small number of patients within groups may also be limiting, having a negative impact on the multivariable analyses results. Moreover, molecular classification of BlCa, which is known to influence immune infiltration,70–72 was not addressed in this study. Efforts are being made, including by our group,73 to translate BlCa molecular subtypes acknowledged by transcriptomic analyses to routine practice using IHC evaluation. Investigating additional predictive biomarkers of response to immunotherapy would be advantageous, as a strategy to improve predictive power. Tumor mutational burden and microsatellite instability status are promising candidates, as suggested in the literature.74,75

CONCLUSION

Immunoprofiling of HG NMIBC and MIBC unravelled important differences, but also relevant similarities, between the immune infiltrate composition of both BlCa types. Our results suggest that immunotherapy may be beneficial in the management of patients with localised MIBC, although the most appropriate target molecules/immune cell populations may differ from those tackled in HG NMIBC. Emphasis on TAMs, B cells and CD8+ cytotoxic T cells seems reasonable considering they are particularly abundant in MIBC. Furthermore, we also identified ICOS as a potential immunotherapeutic target in BlCa (although further validation is needed) which, through Treg depletion, may increase the efficacy of existing immunotherapies.

METHODS

Patients and samples

The study cohort included 206 patients diagnosed with urothelial carcinoma of the bladder (HG NMIBC or MIBC) between 1996 and 2007 at the Portuguese Oncology Institute of Porto (lPO Porto), Portugal. For each case, the most representative block (higher ratio of tumor cells, less necrosis and enough tissue for the study) of therapy-naive, formalin-fixed paraffin-embedded tissue specimen obtained either from transurethral resection or from cystectomy was selected from the archives of the Department of Pathology by a dedicated uropathologist. Histological classification and tumor staging were re-coded in accordance with the 2016 World Health Organisation Classification of Tumors of the Urinary System and Male Genital Organs4 and the 8th edition of the American Joint Committee on Cancer staging manual, respectively.76 From the selected samples, 4 μm-thick consecutive sections were performed for IHC assays. Relevant clinical data were retrieved from clinical files. All samples derived from routinely archived material (formalin-fixed paraffin-embedded tissues of surgical specimens) which were used after anonymisation. Thus, consent to use the samples was waived according to Portuguese Law, through approval by the Institutional Review Board (Comissão de Ética para a Saúde) of IPO Porto (CES-IPOP-06R1/019).

Immunohistochemistry

Expression of a set of immune biomarkers in BlCa tissues was assessed by IHC, comprising CD83, CD20, CD68, CD163, CD3, CD8, CD4, FoxP3, ICOS and PD-L1. Details on antibodies used, respective clones, dilutions, positive controls and vendors are depicted in Supplementary table 1. First, all tissue sections were deparaffinised in xylene (Sigma Aldrich, Steinheim, Germany) and rehydrated in a graded alcohol series. Then, antigens were retrieved with previously standardised conditions (Supplementary table 1). For CD8, CD4, ICOS and PD-L1, each chromogen reaction was fully automated, using BenchMark ULTRA Slide Staining System (Roche, Basel, Switzerland). An appropriate positive control was included in each slide. The remaining markers were manually stained using a routine protocol which was adapted for the usage of reagents from the UltraView Universal Diaminobenzidine (DAB) Detection Kit (Roche). Briefly, after antigen retrieval, tissue sections were delimated with a hydrophobic pen (Dako, Glostrup, Denmark) and incubated for 5 min with UltraView Universal DAB Inhibitor (Roche), a 3% H2O2 solution, to block endogenous peroxidase activity, followed by a 5-min incubation with Protein Block (Leica Biosystems, Wetzlar, Germany) to
reduce non-specific background staining. Subsequently, primary antibodies were incubated for 1 h, at room temperature, as appropriate (Supplementary table 1). One positive control was included in each IHC run. Thereafter, slides were incubated with ultraView Universal HRP Multimer (Roche), a cocktail of enzyme-labelled secondary antibodies, for 10 min. Washes between steps were performed with Tris-buffered saline-Tween 20 1×. DAB (Sigma Aldrich), diluted in 1x phosphate-buffered saline, was the chromogen used and tissues were counterstained with haematoxylin (Leica Biosystems) for 1 min. Finally, samples were dehydrated, diaphanised and mounted with Entellan (Merck-Millipore, Darmstadt, Germany).

**Evaluation of immunohistochemical staining – digital image analysis**

**QuPath software**

QuPath (https://qupath.github.io) is an open-source, user-friendly software for digital pathology and whole-slide imaging analysis.18 Briefly, the software was written using Java 8 and includes a graphic interface for annotation and whole-slide visualisation. Moreover, a wide range of novel built-in algorithms is available, and interactive machine learning tools, such as object and pixel classification, allowing for workflow customisation. Image analyses in this study were performed using QuPath version 0.2.3 on a Macbook Pro (2.9 GHz, Intel Core i5, 8 GB RAM).

**Immune biomarkers spatial analysis**

Following IHC staining, all slides were scanned in a Ventana DP200 slide scanner (Roche) at x20 magnification. Whole-slide images were imported to QuPath’s application, and separate projects were created for each immune biomarker. Ten regions of interest per slide were defined, five in the peritumoral stroma contiguous to the tumor and five inside the area occupied by viable tumor cells. Peritumoral and intratumoral protein quantification was performed either individually or in combination (‘merge’ = the sum of peritumoral and intratumoral positivity divided by the total area of the 10 selected regions of interest).

Three distinct image analysis protocols were optimised, according to staining-intrinsic characteristics. More precisely, CD83, CD20, CD3, CD8 and CD4 were single-stained with DAB and exhibited a clear membrane staining. Thus, positive cells were evaluated using the following path: Analyse → Cell Detection → Positive Cell Detection. A threshold was manually refined, in accordance with the staining intensity of each antibody and immune cells dimension. All regions of interest were analysed and the number of positive cells per mm² was calculated, based on the absolute number of positive cells and area detected.

![Figure 7](https://example.com/figure7.png)

**Figure 7.** Schematic representation of experimental methodology and image analysis workflow. IHC staining of HG NMIBC and MIBC samples and subsequent whole-slide image analysis with QuPath. BlCa, bladder cancer; DAB, Diaminobenzidine; HRP, horseradish peroxidase; ROIs, regions of interest.
Conversely, CD68, CD163 and PD-L1 displayed a diffuse and scattered staining pattern. Hence, pixel positivity was evaluated instead, reflecting the area covered by DAB’s brown staining within defined regions of interest. For this type of analysis, an interactive machine learning tool (Classify → Pixel Classification → Train Pixel Classifier) allowed classifier training using representative areas, positive/negative for staining. PD-L1 immunoexpression was scored according to the established Ventana’s SP142 scoring algorithm for urothelial carcinoma.64

Finally, FoxP3 and ICOS were double-stained using DAB and Fast Red/Naphthol chromogens, respectively. Consequently, there was a need to distinguish single FoxP3-positive, single-ICOS-positive, double-positive, and negative cells. Initially, cells within regions of interest were automatically detected with appropriate criteria (Analyze → Cell Detection → Cell Detection). Then, the Counting tool was used to manually select and classify cells belonging to each of the four mentioned groups. Again, an interactive machine learning approach (Classify → Object Classification → Train Object Classifier) was applied to train the classifier, gradually improving its sensitivity. The final measurement was the number of positive cells of each class per area (mm²).

Once the threshold was defined, regardless of the path, it was consistently applied across all samples. Importantly, positive cells detection (both in single and in double staining) was manually confirmed in all images, and corrections were made, if necessary.

A summary of IHC quantification strategies is illustrated in Figure 7.

Statistical analyses

Statistical analyses were performed using IBM SPSS Statistics version 28.0 for Macintosh (Armonk, NY, USA) and GraphPad Prism 7.3 (GraphPad Software, La Jolla, California, USA). The non-parametric Mann-Whitney U-test was used to compare distributions of immunological markers’ expression (continuous variables) between pairs of groups. Investigation of interrelationships between continuous variables was performed with Spearman’s non-parametric correlation test. For survival analyses, expression data were dichotomised into ‘low’ and ‘high’ categories, using median or percentile 75 (ICOS immunoexpression) values as the cut-off. Kaplan–Meier survival curves were generated, and the log-rank test (comparison of pairs of curves, as appropriate) was applied to assess differences in OS, DSS and DFS according to each marker’s expression, either individually or in combination with the ‘HG NMIBC vs MIBC’ classification of samples. OS was defined as the time from diagnosis to death or last follow-up; DSS as time from diagnosis to cancer-related death or last follow-up/death from other causes, and DFS as time from diagnosis to the date of disease recurrence (biopsy or imaging confirmation) or death/last follow-up. Cox-regression analyses were used to evaluate the impact of the studied biomarkers on OS, DSS and DFS, through estimation of the respective hazard ratio with 95% confidence intervals. Multivariable analysis was also computed, adjusted for ‘HG NMIBC vs MIBC’ status. P-values < 0.05 were considered statistically significant for all tests.

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AUTHOR CONTRIBUTIONS

Nicole Viveiros: Data curation; formal analysis; methodology; writing – original draft. Bianca CT Flores: Supervision. João Lobo: Data curation; formal analysis. Cláudia Martins-Lima: Methodology. Mariana Cantante: Methodology. Paula Lopes: Methodology. Cecília Deantonio: Writing – review and editing. Cintia Palu: Writing – review and editing. Richard CA Sainson: Writing – review and editing. Rui Henrique: Supervision; writing – review and editing. Carmen Jerónimo: Supervision; writing – review and editing.

CONFLICT OF INTEREST

CD and CP are employees of Kymab Ltd, a Sanofi Company. All the remaining authors declare that they have no competing interests.

ETHICS APPROVAL

This study was approved by the Ethics Committee (CES-IPOP-06R1/019) of Portuguese Oncology Institute of Porto, Portugal. All procedures performed in tasks involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

DATA AVAILABILITY STATEMENT

All data generated or analysed during this study are included in this published article and its Supplementary Information files.

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**Supporting Information**

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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In this study, we characterised and compared the immune infiltrate of two subtypes of bladder cancer (BICa): high-grade-non-muscle invasive BICa (HG NMIBC) and muscle-invasive BICa (MIBA). A total of 206 tissue samples were immunohistochemically stained for ten immune biomarkers, and positive staining was quantified using a digital pathology software, what granted a more precise and reproducible analysis, besides allowing for workflow customisation (education of adequate algorithms). Immune infiltrates of HG NMIBC and MIBC were found to display significant differences that may help selecting patients for treatment with immunotherapies. Moreover, ICOS, a costimulatory immune checkpoint, was identified as a potential therapeutic target for certain BICa patient subsets.