Diagnostic analysis of a regional heavy snowfall event over the Tibetan Plateau using NCEP reanalysis data and WRF

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Abstract
Snowstorms frequently occur in spring over the heterogeneous underlying surface of the Tibetan Plateau, causing both economic and societal damage. What the intensity of factors triggering snowstorms remains poorly understood. This study quantitatively diagnoses water vapor, the thermodynamic and dynamic conditions of a large-scale heavy snowfall event over the Tibetan Plateau using reanalysis data. Here we show, a cold vortex, the Southern Branch Trough and a meridional shear line are favorable synoptic systems. The snowfall is characterized by low-layer (−8.3 × 10−7 g s−1 hPa−1 cm−2) and whole-layer (−4.5 × 10−4 g s−1 cm−2) moisture convergence, low-level atmospheric convergence and high-level divergence (±3 × 10−4 s−1), low-level positive vorticity (4.8 × 10−4 s−1) and strong vertical velocity (−4 Pa s−1). Although the convectively-stable stratification acted to suppress snowfall, the abundant water vapor and strong orographic uplift of Himalayas and the downhill wind speed convergence overcome this to trigger the heavy snowfall event witnessed in March 2017. These diagnostic results are well consistent with those from WRF simulation. Our study acknowledges the importance of WRF in diagnostic analysis, deepens the understanding of evolution mechanisms and provides theoretical references for accurate forecasting of such events over the Tibetan Plateau. It would aid the development of effective strategies for sustainable livestock, and the mitigation and prevention of snow disasters in this region.

Keywords Tibetan Plateau · Snowfall · Water vapor · Dynamic mechanism · WRF

1 Introduction
Snow plays an important role in the water cycle, causing large variations in snow water storage and subsequent melt-water release (Liu and Qian 2005). Snow also provides a material basis for the growth of mountain glaciers. Known as the Asian water tower, the Tibetan Plateau contains the headwaters of many large rivers in Asia, supplying them with snow and glacier meltwater (Immerzeel et al. 2010). These rivers are crucial to people’s daily life in the downstream areas, and questions around snow on the Tibetan Plateau are the focus of a large body of literature (Sato 2001; Zhang et al. 2004; Qin et al. 2006; Li et al. 2009; Wang et al. 2017).

As well as providing a vital water source, snow can also have a negative impact, and as a large proportion of China’s pastoral communities inhabit the Tibetan Plateau, snowstorms can create large disruption (Shang et al. 2012; Qin et al. 2015). Snowstorms are the most destructive natural disasters in the region, when considering impacts on people and livestock (Liu et al. 2014; Wang et al. 2014). According to statistical results, snow-related disasters occur once to two times per year at the eastern edge of the Tibetan Plateau and the southern Himalayas, causing disastrous losses for animal husbandry (Gao and Qiu 2011). Animal husbandry in the eastern and central Tibetan Plateau is particularly vulnerable to severe snowfall (Wei et al. 2017). Heavy snowfall is a major threat to the economic development of a region, as well as to people’s daily life. Therefore, it is urgent to study, in detail, the initialization and evolution of heavy snowfall on the Tibetan Plateau, in order to improve the accuracy
of snow forecasts and mitigate the damage that occurs to animal husbandry during these events.

To improve the accuracy of predictions of heavy snowfall events and support an improved disaster service response in pastoral areas, the China Meteorological Administration (CMA) hosted the first national symposium on meteorological services for snow disasters in pastoral areas in September 1996, in the Xining Qinghai province of China. It was the first time that researchers had come together to conduct scientific analyses and in-depth discussions on the synoptic systems and influencing factors of, and prediction services for, snow disasters. Since this meeting, there has been increased interest in the spatial distribution, circulation patterns, physical element diagnoses, prediction and disaster assessment of heavy snowfall over the Tibetan Plateau. Jiang et al. (2016) found, in general, that there was comparatively high snowfall over the southern and eastern Tibetan Plateau, but due to a significant increase in air temperature over the eastern and northern Tibetan Plateau, snowfall over the northern Tibetan Plateau has significantly decreased (Lan et al. 2013). Likewise, the number of snowfall days and the snow depth over the eastern Tibetan Plateau have both decreased since the late 1990s (You et al. 2011; Zhu et al. 2015). In contrast to these observations, there has been a significant increase in heavy snowfall and the trend of snow-related disasters (Dong et al. 2001). Atmospheric teleconnections and local large-scale circulation anomalies are contributors to snow anomalies over the Tibetan Plateau (Li 2005; Lü et al. 2008; Yuan et al. 2009, 2012; Mao 2010; You et al. 2011; Lan et al. 2013; Jiang et al. 2019).

Heavy snowfall over the Tibetan Plateau predominantly occurs in the transition seasons for winter and summer general circulation (Zou and Cao 1989), when atmospheric circulation patterns are considered to be more important (Deng et al. 2017). It is understood that the general circulation and depression systems are the large-scale influencing factors of snowfall over the Tibetan Plateau (Zou and Cao 1991). The synoptic circulation of snowfall over the Tibetan Plateau has been classified by many researchers. Low vortex shear, low-pressure troughs, low latitude depressions and middle latitude low-pressure vortices have been identified as synoptic-scale systems that lead to heavy snowfall events, with the Southern Branch Trough playing a particularly important role (Zou and Cao 1989; Liang et al. 2002; Ueno 2005; Lin et al. 2014). Bao and You (2019) investigated the linkages between the westerly jet streams and snow depth on the Tibetan Plateau and found that the intensity of the variation and meridional shifts of the westerly jets greatly influenced snow depth by triggering cold low-pressure vortices, and the ascending motion of secondary circulations.

In order to explore the initialization and evolution mechanisms of local heavy snowfall over the Tibetan Plateau, a lot of research has been focused on water vapor and the thermodynamic and dynamic conditions (Zhang et al. 2004; Dong et al. 2018); cold and warm airflow convergence, low-level strong cyclonic vorticity, high-level divergence concurrent with low-level convergence, water vapor transportation and upward motion each play significant roles (Zou and Cao 1991; Shaman and Tziperman 2005; Dong et al. 2018; Wang et al. 2018). Additional to these atmospheric considerations, local topography strongly influences topographic snowfall (Zou and Cao 1991), and further study has been suggested on the energy and water vapor exchanges caused by complex terrain uplift (Fu et al. 2020). These dynamic and thermodynamic factors need to be considered in concert to diagnose and analyze the evolution of heavy snowfall events; this understanding is foundational to the prediction and early warning of any local heavy snowfall event over the Tibetan Plateau.

There is a strong body of literature that offers data on local heavy snowfall events over the Tibetan Plateau, however, there is a dearth of information available about the comprehensive diagnose of the initialization and evolution mechanisms of regional snowfall events. Based on previous studies, this paper uses snow-related observations from CMA stations, meteorological data from the Meteorological Information Comprehensive Analysis and Process System (MICAPS) and the highest resolution National Centers for Environmental Prediction (NCEP) reanalysis dataset to diagnose and analyze the synoptic circulation, jet configuration, water vapor, thermodynamic and dynamic conditions of a large-scale severe snowfall event which occurred in mid-March 2017 over a large proportion of the Tibetan Plateau. This work explores the initialization and development mechanisms of this large-scale heavy snowfall event, in order to provide a theoretical basis and scientific evidence to assist in short-term forecasting of such events, and contribute to disaster prevention and mitigation in the future.

2 Data

Data on snowfall amount and snow depth used in this study come from CMA ground observations. Snow depth is recorded at a 3-h interval. Precipitation is classified as snow when the air temperature is less than 0 °C, and using this classification, data on accumulated daily snowfall amount is reported. Meteorological elements (air temperature, dew-point temperature, precipitation, wind speed and direction) at the CMA’s Nyalam station come from the MICAPS dataset, which is collected every 3 h. We used these ground meteorological observations to clarify changes of the snowfall intensity and meteorological elements during the large-scale heavy snowfall event.
To analyze the circulation situation and diagnose the related elements, we used the NCEP Final Operational Global Analysis dataset. This product is produced using the Global Data Assimilation System. We chose a horizontal resolution of 0.25° with a 6-h interval, which is available from the website https://rda.ucar.edu/datasets/ds083.3/. We used the geopotential height, temperature and wind field from NCEP Final Analysis dataset to analyze synoptic systems (i.e. depression, cold vortex, trough, jet stream and shear line). We also used NCEP Final Analysis dataset to diagnose water vapor (i.e. specific humidity, water vapor flux and its divergence), dynamic (i.e. divergence, vorticity and vertical velocity) and thermal (i.e. temperature advection and pseudo-equivalent potential temperature) conditions. To verify the NCEP analysis results, we conducted a numerical experiment around the Tibetan Plateau using the Weather Research and Forecasting (WRF) model version 3.7.1. WRF is a state-of-the-art mesoscale numerical weather prediction system designed not only for atmospheric research, but also for operational forecasting applications (Skamarock et al. 2008). The configuration and design of the WRF experiment in our current study was described thereinafter.

3 Description of the severe snow event

Spring snow anomalies on the Tibetan Plateau can be associated with summer monsoonal precipitation in East Asia (Xiao and Duan 2016). A particularly heavy spring snowfall occurred over a large proportion of the Tibetan Plateau in mid-March 2017. The intensity of this snowfall event was variable, from light snow in some areas, to heavy snow seen in the eastern, middle and southern edge of the Tibetan Plateau. This was an extreme event with ground snow depth observations never recorded before in the eastern Tibetan Plateau i.e. Minyang, and in the top 4 percentile in the eastern and southern Tibetan Plateau i.e. Nyalam and Songpan by our historical statistics of ground snow depth observations for more than 50 years.

We collected ground observations of daily precipitation on the Tibetan Plateau and the surrounding areas. The distribution of ground stations and the daily snowfall amount (including snowstorms) observed by CMA ground stations are showed in Fig. 1. It can be seen that the area of snowfall is slowly moving northeastwards. A large-scale, narrow and long snow belt appeared on March 11, covering parts of the eastern, central and southern regions of the Tibetan Plateau. This snow belt was about 2000 km long and 250 km wide. Heavy snowfall moved to the eastern Tibetan Plateau on March 12, but weakened to light snow on March 13 (Fig. 1b). From March 10 to 12, eight CMA stations in the eastern and southern edges of the Tibetan Plateau recorded severe snowstorms (Fig. 1c). The maximum daily snowfall over these days for each of the eight stations was 63.3 mm at Nyalam, 18.6 mm at Pagri, 15.8 mm at Cona, 15.2 mm at Daqaidam, 13.8 mm at Minyang, 13.7 mm at Ngawa, 10.7 mm at Qiongxia and 10.2 mm at Songpan. The severe snowfall at Nyalam station lasted for 2 days, with the accumulated snowfall reaching 114.3 mm. According to CMA ground observations of snow depth, deep snow appeared in the southern edge of the Tibetan Plateau, with 77 cm at Nyalam, 47 cm at Pagri and 33 cm at Cona. The large amount, strong intensity, wide extent and thick depth of the snowfall during this event are rare in the observational record of this area.

The continuous occurrence of severe snowstorm at Nyalam station is related to its geographical location. Nyalam County is located on the south slope of the Himalayas, with an average altitude of 4300 m, which is easily affected by steep Himalayas uplifting the southwestern warm moist airflow and as a result, leading to frequent and heavy precipitation recorded at Nyalam County. In the middle of March 2017, the average snow depth exceeded 1 m in Nyalam County, and the county suffered through its largest blizzard for recent 30 years. Based on the observations of meteorological elements i.e. air temperature, dew-point temperature, precipitation, wind speed and direction from Nyalam station (Fig. 2), prior to the blizzard there was a gradual decrease in air temperature and a significant increase in dew-point temperature, followed by a considerable drop in the depression of the dew-point temperature and gradual increase in humidity. During the blizzard period, both air and the depression of the dew-point temperature were consistently low; air temperature stayed around −4 °C, and the depression of the dew-point temperature reached a minimum of 1.2 °C at 08:00 Beijing standard time (BST) on March 11 (Fig. 2a). Humid and cold air dominated, and southeasterly winds prevailed at Nyalam station, with wind speeds sharply increasing from 5 to 18 m s−1 (Fig. 2b). After the snowstorm, both the air and dew-point temperature rapidly decreased further, after which the depression of the dew point recovered. Simultaneously, dry, cold air dominated and the wind speed gradually decreased.

4 The synoptic situation

4.1 Circulation at 500 hPa

Favorable synoptic conditions play an important role in the occurrence of a severe snowfall (Wang et al. 2015), and the mid-latitude circulation anomalies tend to produce snowfall in the central Tibetan Plateau (Ueno 2005). In order to investigate the role of circulations on the initialization and evolution of the heavy snow event, we analyze the circulation at 500 hPa before and after this snow event as shown.
in Fig. 3. On March 9, 2017, the Asian circulation pattern in the middle and high latitudes presented as a multi-trough and multi-ridge type, and Lake Balkhash was under the control of southwesterly flow in front of the trough (Fig. 3a). With the thermal trough lagging behind the pressure trough, a backward-tilting trough was generated around Lake Balkhash. The pressure trough nearby continued to rotate, and on March 11, developed into a tilted trough extending to the southwest (Fig. 3b). The southwesterly flow in front of the tilted trough cut off the southward movement of cold air, resulting in cold air piling up near the low-pressure center and forming a cold vortex above Lake Balkhash, with a center temperature less than $-32 \, ^\circ C$. In addition, the Southern Branch Trough moved eastward and deepened. A large proportion of the Tibetan Plateau was controlled by the strong southwesterly flow in front of the Southern Branch Trough, which was conducive to water vapor transportation from Bay of Bengal to the Tibetan Plateau. Under the control of a small high-pressure system, a long meridional shear line was generated in the northern edge of the Tibetan Plateau.

Fig. 1 Topography of a 3 arc-seconds Shuttle Radar Topography Mission (SRTM), with the distribution of the meteorological stations in black solid circles (a), the distribution of daily snowfall amount (b) and its values at stations where a snowstorm occurred (c) during the snowfall event. Points A and B are the locations of Nyalam and Wushaoling stations respectively.
The cold vortex stabilized above Lake Balkhash on March 12. The tilted trough extended to the northwestern border of the Tibetan Plateau, which was conducive to the transportation of cold air to the northwest. The Southern Branch
Trough moved eastward and gradually weakened, and split, in step-like way, when climbing up to the western border. The southern and eastern Tibetan Plateau was controlled by the strong southwesterly flow in front of the Southern Branch Trough, leading to continuous water vapor transportation from the Bay of Bengal to these regions. The eastern boundary of the meridional shear line moved northward by about two degrees of latitude, maintaining snowfall over the Tibetan Plateau and the northward expansion of snowfall over the eastern regions (Fig. 3c). Lake Balkhash cold vortex weakened with the central index value increase to 548 dagpm. The Tibetan Plateau was controlled by the westerly flow with small troughs moving eastward. The long meridional shear line in the northern Plateau disappeared, and the northern Plateau was controlled by the southward of low-pressure in the eastern Lake Balkhash (Fig. 3d).

4.2 Upper and lower jet configuration

During periods of the severe snowfall event, the lower southwesterly jet sat to the south of the entire Plateau, which allowed for the development of convergence and a rising of the near surface airflow. This supported the generation and strengthening of precipitation over the Plateau.

The divergence field from secondary circulations of the upper westerly jet provided a pathway for the near surface airflow to rise and, therefore, the development and evolution of the conditions for snowfall (Bao and You 2019). In order to investigate the role of upper jet on this severe snowfall event, the horizontal current and wind speed at 200 hPa are displayed in Fig. 4. Clearly, over the period of the event, the axis of the upper jet moved eastward over the southern Tibetan Plateau (Fig. 4). At 08:00 BST on March 11, the exit region for the upper jet was located to the southeast of the Plateau (Fig. 4a), causing divergent airflow dominating the eastern Plateau. In combination with the development and evolution of the lower jet, the eastern region was affected by the synergy of upper divergence and lower convergence, triggering strong upward movement and enhanced snowfall intensity. At 08:00 BST on March 12, The entrance region for the upper jet sat to the south of the central Himalayas, leading to the central Himalayas being characterized by a negative vorticity advection and a convergence current, and, being controlled by the sinking branch of the direct circulation brought about by the upper jet, which acted to suppress snowfall in the central Himalayas (Fig. 4b).

5 Diagnostic analysis

5.1 Water vapor

Apart from the favorable synoptic systems, an abundant supply of water vapor is also important for the occurrence and maintenance of snowfall (Dong et al. 2018). In order to analyze the water vapor condition of the whole layer, a vertical cross section of specific humidity along the narrow snow belt is displayed in Fig. 5. It is clear that the water vapor focuses on the near surface. At 20:00 BST on March 10, the specific humidity at surface was about 1.5 g kg$^{-1}$ in the southern and central Plateau, while about 3.5 g kg$^{-1}$ in the lower topographic eastern Plateau (Fig. 5a); this is favorable to provide humid mass for solid precipitation in eastern region. At night on March 11, specific humidity at
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Surface doubled in the central region, but decreased in the southern mountain region, while kept high values in the eastern Plateau. Two-thirds of the snow belt was controlled by surface specific humidity higher than 2.5 g kg$^{-1}$ with a maximum specific humidity of 3.5 g kg$^{-1}$ in the central and eastern region. Remarkably, the air column along the snow belt became extremely wet and deep especially in the central region (Fig. 5b), which provides considerable water vapor condition for the formation of the large-scale snow belt over the Tibetan Plateau. However, at 20:00 BST on March 12, the air column along the snow belt appeared relatively dry and shallow with surface specific humidity less than 1 g kg$^{-1}$ in the southern region and about 2 g kg$^{-1}$ in the central and eastern region (Fig. 5c); such the insufficient water vapor suppresses the continuation of the snow belt, and is a non-ignorable factor causing snowfall intensity to weaken and the narrow snow belt to disappear.

The boundary specific humidity at Nyalam station appeared to be high from March 9 to 11, reaching 3 g kg$^{-1}$. Simultaneously, the moisture column along Nyalam station appeared relatively deep. At night from March 10 to 11, this station was controlled by a thick high specific humidity layer coupled with strong upward motion. The thick wet air moved upward from the near surface to 350 hPa, and the strongest upward motion occurred in the near surface, with an upward velocity more than 4 Pa s$^{-1}$ (Fig. 5d). These illustrate the favorable moisture and dynamic conditions that lead to the two-day severe snowstorm experienced at Nyalam station.

Fig. 5 Profile of specific humidity along line AB at 20:00 BST from March 10 to 12 in blue shaded and isoline at 0.5 g kg$^{-1}$ interval (a–c). Black shadow is the 3 arc-seconds SRTM elevation along line AB. For a description of points A and B, see Fig. 1. The specific humidity profile is shaded and the isoline is the vertical velocity in a pressure coordinate system, with units of Pa s$^{-1}$ at Nyalam station (d).
Due to lower specific humidity on March 12, the snowfall grade at Nyalam station changed from snowstorm to light snow, corresponding to a daily snowfall of only 2.3 mm (Fig. 1c).

Water vapor flux determines the source and transport intensity of water vapor. Because of water vapor concentrating in the lower layer, we calculated the water vapor flux and its divergence at 500 hPa as shown in Fig. 6 to specify water vapor source and transportation in the Tibetan Plateau. It can be seen that at 20:00 BST on March 10, water vapor in northern India was transported to the northeast with a maximum water vapor flux of $5 \text{ g s}^{-1} \text{ hPa}^{-1} \text{ cm}^{-1}$. After water vapor entered the Tibetan Plateau, an obvious water vapor flux convergence belt formed on the Plateau, with a maximum water vapor flux convergence of $-6.1 \times 10^{-7} \text{ g s}^{-1} \text{ hPa}^{-1} \text{ cm}^{-2}$, providing a key condition for heavy snowfall in Nyalam. The water vapor transport was characterized by weak convergence in the eastern Tibetan Plateau, leading to the occurrence of light snowfall (Fig. 6a). At 08:00 BST on March 11, the water vapor transport channel expanded and the transport intensity increased to $10 \text{ g s}^{-1} \text{ hPa}^{-1} \text{ cm}^{-1}$. Water vapor converged at the southern border of the Plateau, resulting in heavy snowfall in the southern Himalayas, including Nyalam, and a significant increase in specific humidity. After the water vapor crossed over the high topographic Himalayas, the transport intensity weakened, but a long and narrow water vapor flux convergence belt formed from the eastern to central Plateau (Fig. 6b). Subsequently, the water vapor transport channel moved eastward to the Bay of Bengal and the transport intensity increased, while partial

![Fig. 6](image_url)
water vapor entered the eastern Plateau. At night on March 11, wet air in the southern Plateau resulting from the heavy snowfall was transported northward by the southerly, and the water vapor strongly converged in the central Plateau, with a convergence intensity as high as $-7.5 \times 10^{-7} \text{ g s}^{-1} \text{ hPa}^{-1} \text{ cm}^{-2}$ (Fig. 6c). The water vapor convergence belt was situated close to the snow belt, an important condition for the appearance of the large-scale narrow snow belt on March 11. At 02:00 BST on March 12, the water vapor transport channel expanded eastward, and the water vapor from the Bay of Bengal was transported to the southern and eastern Tibetan Plateau, forming an inverted V-shaped strong water vapor convergence belt in these regions, with convergence intensity increasing to $-8.3 \times 10^{-7} \text{ g s}^{-1} \text{ hPa}^{-1} \text{ cm}^{-2}$ (Fig. 6d). This provided very favorable water vapor conditions for the occurrence of heavy snowfall and even snowstorms in the central and eastern Tibetan Plateau. However, there was no obvious water vapor flux convergence around Nyalam at this time, which was a key reason why the heavy snowfall at Nyalam reduced to only a light snowfall.

Water vapor showed weak divergence above 200 hPa. The water vapor flux of the full layer was characterized by a long and narrow convergence belt over the central Tibetan Plateau, from the night of March 10 to March 11, with the convergence intensity reaching a maximum of $-3.5 \times 10^{-4} \text{ g s}^{-1} \text{ cm}^{-2}$. Afterwards, the strong whole layer water vapor flux convergence occurred mainly over the eastern Plateau, where convergence intensity increased to $-4.5 \times 10^{-4} \text{ g s}^{-1} \text{ cm}^{-2}$. Taken together, these water vapor conditions lead to the enhancement of snowfall, and even the formation of snowstorms over the central and eastern Tibetan Plateau.

5.2 Dynamic conditions

5.2.1 Vorticity

Local vorticity variations affect the occurrence and development of synoptic systems. Positive vorticity advection is conducive to the enhancement of ascending motion and the development of cyclonic circulation through increases in local vorticity. On the contrary, negative vorticity advection is conducive to the development of anticyclonic circulation by the reduction of local vorticity. The profile of vertical relative vorticity along the narrow snow belt is displayed in Fig. 7. It can be seen that low-level positive and negative vorticity closely arranged along the snow belt during the period of the snowfall event (Fig. 7). Due to ascending motion and the low-level southwesterly flow, positive vorticity advection occurs in the vertical and horizontal directions along the snow belt. The denser the vorticity isolines, the larger the vorticity gradient, leading to stronger positive vorticity advection, which is very conducive to the development and enhancement of local upward movement. These are important dynamic factors for the large-scale snow belt formation and snowfall enhancement that was seen over the central and eastern Tibetan Plateau. During the heavy snowfall event, the low-level positive vorticity increased continuously. Before dawn of March 12, the maximum positive vorticity appeared in the central and eastern Plateau, with the maximum as high as $4.8 \times 10^{-4} \text{ s}^{-1}$. Positive vorticity advection was very strong to the east of this maximum, shown by dense isovorticity lines (Fig. 7d).

During the severe snowfall, the positive vorticity over Nyalam spread from the lower layers to almost the entire vertical profile. With the outbreak of the snowstorm, the vorticity over Nyalam was characterized by upper negative and lower positive values (Fig. 7a), which was conducive to generating the positive vorticity advection and the enhancement of the local ascending motion and snowfall intensity. With an increase of the high-level vorticity over Nyalam (Fig. 7b-d), the vorticity difference between the high and low levels decreased significantly, causing attenuation of the positive vorticity advection and a weakening in the snowfall intensity.

5.2.2 Vertical velocity

Positive vorticity advection, lower wind convergence and upper wind divergence all enhance ascending motion, and strong ascending motion is closely related to heavy snowfall. The cross section of the 3-D wind vectors along the narrow snow belt as shown in Fig. 8 indicates that the ascending and descending motions on the snow belt are distributed alternately, and that the strong ascending motion (vertical velocity $< -1 \text{ Pa s}^{-1}$) develops eastwards, with the strong ascending center generally below 400 hPa during the heavy snowfall event. In addition, the intensity of the ascending movement over Nyalam gradually decreased over the duration of the event, and decreased considerably from the night of March 11 to March 12, with the vertical velocity dropping from $-3$ to $-1 \text{ Pa s}^{-1}$ (Fig. 8c, d). The Nyalam surroundings were characterized by descending motion, and these conditions lead to the rapid weakening of snowfall intensity at Nyalam after the two-day snowstorm.

Overall, the intensity of the ascending motion in the snow belt was relatively weak, with the strong ascending motion only affecting a small region at 20:00 BST on March 10 when weak snowfall was present (Fig. 8a). On March 11, two-thirds of the snow belt was controlled by locally strong ascending motion with a maximum vertical velocity of $-2.3 \text{ Pa s}^{-1}$ (Fig. 8b, c); this was an important condition for the formation of the large-scale snow belt over the Tibetan Plateau. At 02:00 BST on March 12, the central and eastern Plateau were controlled by strong ascending motion from the near surface to 300 hPa, with a maximum vertical velocity of $-4 \text{ Pa s}^{-1}$ (Fig. 8d), which presented much stronger upward
movement than the diagnostic results from Shou and Zhu (1993); this strong ascending motion then extended to cover a wider area, with clear regional variations. This provided the favorable conditions that lead to the heavy snowfall experienced over the central and eastern Tibetan Plateau.

5.3 Thermal conditions

Temperature advection directly influences the thermal structure of the atmosphere, which determines the occurrence and development of synoptic systems. On March 11, weak temperature advection sat below 400 hPa, while strong warm advection dominated above 300 hPa. Many warm advection centers appeared above the snow belt, with the strongest warm advection being $2.5 \times 10^{-3}$ K s$^{-1}$ at 250–300 hPa above the southern Plateau. With this thermal structure, strong warm advection in the upper layer and weak cold advection in the lower layer, the lapse rate of temperature reduces and stable stratification occurs, suppressing the onset and/or development of severe snowfall events.

The change of pseudo-equivalent potential temperature with height is one of the criteria for convective stability. During the heavy snowfall event of March 2017, the pseudo-equivalent potential temperature increased with height, indicating that the atmosphere was convectively stable. Thus, it was not conducive to the occurrence of heavy snowfall. However, heavy snowfall can also take

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**Fig. 7** Profile of vertical relative vorticity along line AB at 20:00 BST on March 10 (a), 08:00 BST (b) and 20:00 BST (c) on March 11, and 02:00 BST on March 12 (d) in color shaded and isoline at $5 \times 10^{-5}$ s$^{-1}$ interval. For a description of points A and B, see Fig. 1. For a description of black shadow, see Fig. 5.
place under the condition of strong dynamic force and abundant water vapor. The 330 K pseudo-equivalent potential temperature isotherm in the southern Tibetan Plateau declined from 300 hPa on the night of March 10 to 350 hPa in the early morning of March 12. Meanwhile, the low-layer pseudo-equivalent potential temperature in the central Tibetan Plateau increased by 5 K, while in the southern Plateau near Nyalam it decreased by 10 K, due to energy gradually being released after the severe snowfall. Therefore, the atmospheric stratification stability weakened in the central Tibetan Plateau but strengthened around Nyalam.

5.4 Mechanism of severe snowfall on southern Tibetan Plateau

Severe snowfall took place in the southern Tibetan Plateau where the maximum snow water equivalent and depth were recorded at Nyalam, and a clear narrow snow belt came into being from eastern to southern Tibetan Plateau on March 11 (Fig. 1b). On one hand, orographic forces warm and humid airflow uplift movement along the south slope of Himalayas, which is favorable to trigger precipitation in the south slope. On the other hand, convergence of warm and humid airflow uplifted by Himalayas and cold airflow over the bulk of the Tibetan Plateau is able to strengthen precipitation. In order to investigate the significance of the above two mechanisms in this severe snowfall on southern Plateau, we analyzed the

Fig. 8 Same as Fig. 7, but the profile of wind vectors as arrows in units of m s\(^{-1}\) in the horizontal axis and in units of \(10^{-1}\) Pa s\(^{-1}\) in the vertical axis, and vertical speed shaded in units of \(10^{-1}\) Pa s\(^{-1}\)
profiles of the conventional meteorological elements i.e. air temperature, specific humidity and 3-D wind on March 11 along line P1P2 from India to central Plateau and line P4P3 from north to south Tibet, as shown in Fig. 9.

The location of lines P1P2 and P4P3 is showed in Fig. 9a, which are chosen according to synoptic situation at 500 hPa. The profile of the conventional meteorological elements along line P1P2 is used to illustrate the role of orographic uplift, and the profile along line P4P3 is used to check the role of cold and warm humid airflow convergence. It is clear that the warm and humid airflow on the windward slope is strongly uplifted by the Himalayan terrain to a height of 300 hPa at 08:00 BST on March 11 (Fig. 9b), which is conducive to the occurrence of heavy precipitation in the windward slope. With the horizontal current in the upper troposphere, the warm and humid airflow successfully crossed the Himalayas, and produced strong downward movement on the leeward slope. The strong downhill airflow was blocked and uplifted by the inner mountain range of the Tibetan Plateau, or merged with the weak southwest airflow to generate the southwest wind speed convergence and strong ascending movement (Fig. 9b). Simultaneously, northwest wind speed convergence occurred in the central Plateau, resulting in strong upward movement (Fig. 9c). All these are conducive to the initialization of heavy precipitation in the southern Plateau.

The northwest wind speed convergence and ascending movement continued in the central and southern Plateau. At

Fig. 9 Topography of the Tibetan Plateau and the surrounding region (a), same as Fig. 1a, and points P1–P4 are used in profile analysis of the conventional meteorological elements. Profile analysis along line P1P2 at 08:00 BST (b), along line P4P3 at 08:00 BST (c) and 20:00 BST (d) on March 11. Air temperature in red dotted isoline at 4 °C interval, specific humidity in green solid isoline at 1 g kg⁻¹ interval, wind vectors as arrows in units of m s⁻¹ in the horizontal axis and in units of −10⁻¹ Pa s⁻¹ in the vertical axis, and vertical speed in color shaded in units of −10⁻¹ Pa s⁻¹. Black shadow is the elevation along line P1P2 or P4P3.
20:00 BST on March 11, the northwest wind in the central Plateau weakly converged with southerly warm and humid airflow which crossed the southern boundary of the Tibetan Plateau from the bay of Bengal (Fig. 9d). All these are conducive to strengthening the snowfall in the southern Plateau. In a word, the strong orographic uplift of Himalayas and the downhill wind speed converged with horizontal current from inner Plateau are the most favorable dynamic mechanism for this severe snowfall on the southern Tibetan Plateau.

6 WRF simulation

The accuracy of snowstorms forecast depends primarily on the numerical simulation of atmospheric dynamics in the whole levels, and the meteorologist’s capacity to detect the small-scale states that will contribute to snowfalls. It is pointed out that WRF coupled with the Community Land Model (CLM) is suitable for simulating snowfall over the Tibetan Plateau (Liu et al. 2019). In this study, the non-hydrostatic WRF model version 3.7.1 coupled with CLM was used to simulate this severe snow event.

The numerical experiment was configured for a single large domain, with an upper right boundary at 41° N and 110° E, and a lower left boundary at 15° N and 65° E, and the horizontal resolution was 25 km. The model was configured to use CLM to describe all land–atmosphere interactions; the Lin scheme to represent microphysical processes; the Dudhia scheme to represent shortwave radiation, the RRTM scheme to describe longwave radiation; the YSU scheme to describe the planetary boundary layer; and the Kain-Fritsch cumulus parameterization scheme for clouds. The NCEP Final Analysis dataset with spatial resolution 0.25-degree and temporal resolution 6 h was used to provide initial and boundary conditions for the experiment. We conducted a 10-days simulation and the NCEP Final Analysis data at 08:00 BST on March 5, 2017 was chosen for initialization. The model results were output at a 6-h interval. The first day was used for the model spin-up.

The WRF simulated dynamic and water vapor conditions at 20:00 BST on March 11 when snowfall strengthened in the central snow belt is showed in Fig. 10. The strongest configuration of low-level convergence and high-level divergence appeared in the central snow belt, with the divergence increase to $3.5 \times 10^{-4}$ s$^{-1}$ above 300 hPa and convergence increase to $-3.5 \times 10^{-4}$ s$^{-1}$ around 450 hPa (Fig. 10a). The favorable configuration of the whole layer horizontal divergence was also estimated in the eastern snow belt. Such these divergence configurations led to nearly whole layer upward motion prevailing over the central and eastern snow belt. The strongest upward motion areas were estimated in the central snow belt, which corresponded perfectly to the most favorable configuration areas of divergence. The maximum value of upward velocity was estimated around 300 hPa and 0.9 m s$^{-1}$ (Fig. 10c). Large positive vorticity was modeled in the central snow belt with several positive vorticity centers between 350 and 450 hPa, and the maximum value was estimated to be around $5 \times 10^{-4}$ s$^{-1}$ (Fig. 10b). An apparent negative vorticity center located in the southern 400 hPa. Under the condition of horizontal (vertical) velocity above the southern (central) snow belt, negative (positive) vorticity advection dominated above the southern (central) areas, which resulted in the suppression (enhancement) of cyclonic vorticity above the southern (central) snow belt. These dynamic factors from WRF estimates were significance to the maintenance and enhancement of the snowfall in the central and eastern Tibetan Plateau (Fig. 10a–c).

Water vapor condition was favorable to the appearance of the snowfall from WRF estimates (Fig. 10d). Water vapor from the low-latitude regions was lifted by high topographic Himalayas and then successfully crossed the high mountains. Quite a lot of the water vapor was transported northward to the central Plateau, and some was transported to the eastern Plateau. The maximum value of water vapor flux was located in the central Plateau and slightly larger than 10 g s$^{-1}$ hPa$^{-1}$ cm$^{-1}$. And a clear water vapor convergence belt was located across the Tibetan Plateau. The remarkable water vapor convergence appeared in the central Plateau with rather high intensity higher than $-1 \times 10^{-6}$ g s$^{-1}$ hPa$^{-1}$ cm$^{-2}$. These provided sufficient water vapor for the heavy snowfall in the central and eastern Tibetan Plateau.

The dynamic and water vapor conditions in WRF simulation were well consistent with those in the reanalysis data. In other words, not only the WRF model but also the NCEP reanalysis data could be trusted in the diagnostic analysis of dynamic and thermodynamic effects on the occurrence, development and evolution of snow events in the high topographic Tibetan Plateau.

7 Meteorological elements that lead to the heavy snowfall

The initialization and strengthening of heavy snowfalls are under favorable synoptic circulation, dynamic and thermodynamic conditions. The development and evolution of this heavy snowfall process is not an exception, although the stable atmospheric stratification is not conducive to the continuation of this heavy snowfall. We combined the favorable synoptic situation, the related meteorological elements that lead to the heavy snowfall and the snowfall area covered by the event, which is showed in Fig. 11. It illustrates that the large-scale heavy snowfall developed under a favorable synoptic circulation. The large-scale snow belt appeared between the northeastern lower jet and the meridional shear line, with a specific humidity of around 2 g kg$^{-1}$ and a
temperature of −16 °C at 500 hPa. The snow belt reached from the northeast to the southwest, affecting the eastern, central and southern Tibetan Plateau. The eastern and southern Plateau particularly suffered from the heavy snowfall event. The cold vortex trough extending to northwestern Plateau provided the cold air. The Southern Branch Trough in the western Tibetan Plateau was deep, providing sufficient warm water vapor through the strong southwest warm and humid airflow in front of the trough. The main body of the water vapor transport channel was located in south of the Plateau, and the water vapor from the Bay of Bengal was transported northward and northeastward. Orographically forced snowfall has been confirmed to be important in Himalayas (Lang and Barros 2004). Due to the high-elevation Himalayas blocking transport and forcing uplift, a large proportion of the water vapor was gathered in the south slope of Himalayas, resulting in heavy snowfall. The topographic height of the southeastern Tibetan Plateau is relatively low, so the warm and humid airflow from the Bay of Bengal was easily transported to the eastern Plateau. Under the control

Fig. 10 WRF estimates of the profile of horizontal divergence (a) and vertical relative vorticity (b) in color shaded and isoline at 10×10^{-5} s^{-1} interval, vertical velocity in color shaded and wind vectors as arrows in units of m s^{-1} in the horizontal axis and in units of 10^{-1} m s^{-1} in the vertical axis (c) along line AB, and the water vapor flux at 500 hPa in units of g s^{-1} hPa^{-1} cm^{-1} and its convergence in shaded in units of 10^{-8} g s^{-1} hPa^{-1} cm^{-2} (d) at 20:00 BST on March 11. Black shadow is the model elevation along line AB. The thick arrow shows the water vapor transport channel. The red line is water vapor flux value of 8 g s^{-1} hPa^{-1} cm^{-1}. For a description of points A and B, see Fig. 1

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of the strong ascending branch of secondary circulation on the north of the upper jet exit region, as well as rather low environmental temperature (−16 to −20 °C), a snowstorm was easily initiated in the eastern Tibetan Plateau.

8 Conclusions and discussions

It is demonstrated that excessive snowfall over the Tibetan Plateau typically appears under the conditions of the deep Indian trough, the intensified westerly jet and ascending motion, and the abundant moisture supplied by the Bay of Bengal or Indian Ocean (Zhang et al. 2004). Based on comprehensive diagnosis of various meteorological elements, this study offers a systematical analysis of a severe snowfall event through assessing the synoptic systems, upper and lower jet configurations, water vapor distribution, and dynamic and thermal conditions that lead to and persisted throughout the heavy snowfall event. The diagnostic results of the dynamic and moisture conditions from reanalysis data were well consistent with those from a WRF numerical experiment. Hereafter, the diagnostic results from reanalysis data were concluded and discussed.

Different from dynamical coupling between an upper trough and a Indian monsoon low-pressure system triggering a late summer snowstorm (Dong et al. 2018), the favorable synoptic system in our current study was characterized by the north vortex and Southern Branch Trough pattern. The cold vortex above Lake Balkhash, the Southern Branch Trough, the meridional shear line and favorable upper and lower jet configurations were the important trigger mechanisms of the formation and evolution of the large-scale snow belt. The structure of the jet streams has great influences on the local circulations. The remarkable horizontal gradient of wind speed near the jets is typically balanced by vertical circulations, which influences the local weather of adjacent regions (Blackmon et al. 1977; Schiemann et al. 2009). The secondary circulation of the westerly jet intensified ascending motion above the snow belt, confirming the positive effect of the westerly jet on the winter snow over the Tibetan Plateau (Bao and You 2019).

Moisture could be effectively transported to the high topographic Tibetan Plateau by circulation systems. Typically, moisture transport is closely related to synoptic-scale circulations in mid-latitudes when the moisture source is located in the north or the west (Zhang et al. 2004; You et al. 2011), and to the tropical low-pressure systems near India when the moisture is from the south (Dong et al. 2017, 2018). It has been investigated that abundant moisture can be delivered by Indian low-pressure systems via both upslope flow along the Himalayan southern slope and up-and-over transport pathways to the southwestern Tibetan Plateau (Dong et al. 2017, 2018). Statistics show that the local specific humidity before heavy snowfalls in the Tibetan Plateau increases significantly, generally above 3 g kg⁻¹ (Zou and Cao 1991). Not only moisture channel but also transport intensity was investigated in the current work. Our study indicates that the Bay of Bengal was the main source of the water vapor transported to the Tibetan Plateau. The water vapor flux at 500 hPa above the snow belt was as high as

![Fig. 11 Synoptic situation and favorable meteorological elements during the heavy snowfall over the Tibetan Plateau and its surroundings. The brown solid, red solid, black double dotted and blue dotted lines indicate the trough, isotherm, wind shear and specific humidity at 500 hPa respectively. The red arrow denotes the upper jet, the rosy red arrow denotes the lower jet, the blue arrow indicates the water vapor transport channel, and the elliptical zone is the location of the snow belt. The black arrows denote the secondary circulation near the exit region of the upper jet. The yellow line is the boundary of the Tibetan Plateau.](image)
10 g s$^{-1}$ hPa$^{-1}$ cm$^{-2}$, and its maximum convergence reached $-8.3 \times 10^{-7}$ g s$^{-1}$ hPa$^{-1}$ cm$^{-2}$. The convergence intensity of water vapor flux over the whole layer reached a maximum of $-4.5 \times 10^{-4}$ g s$^{-1}$ cm$^{-2}$. The large-scale heavy snowfall was located closely to the strong water vapor flux convergence area, with the low-layer specific humidity in the snow belt consistently greater than 2 g kg$^{-1}$. Such an abundant supply of moisture is favorable for this heavy snowfall event.

Enhanced ascending motion is an essentially dynamic factor for snow increase (Wang et al. 2015, 2018). Shou and Zhu (1993) quantitatively diagnosed the vertical velocity and divergence in relation to a snowstorm in the central and eastern China. This study also quantitatively diagnoses the dynamic and thermodynamic elements during a heavy snowfall over the Tibetan Plateau. The wind field was characterized by low-level convergence and high-level divergence, upper negative and lower positive vorticity, and regionally strong ascending motion controlling two-thirds of the snow belt. The maximum vertical velocity observed was $-4$ Pa s$^{-1}$, three times that from Shou and Zhu (1993). The absolute values of strong convergence and strong divergence did not fall below $3 \times 10^{-4}$ s$^{-1}$, which was close to the diagnosis results of a mountainous heavy snowfall from Gascón et al. (2015), but more than four times the absolute values from Shou and Zhu (1993), and low-level positive vorticity reached $4.8 \times 10^{-4}$ s$^{-1}$. The upper and lower vorticity configuration, combined with the strong ascending motion, caused positive vorticity advection above the snow belt, conducive to enhancing upward motion. These describe the favorable dynamic factors that lead to the occurrence, development and continuation of the large-scale heavy snowfall over the Tibetan Plateau.

Wichansky and Harnack (2000) diagnosed the physical and dynamical variables most closely linked with a sample of snowstorms, and found the thermal advection at lower and upper tropospheric levels to be one of the best correlated variables near the conclusion of snowstorms. In our study, we also quantitatively diagnosed thermal conditions, i.e. temperature advection and atmospheric stratification. During the heavy snowfall over the Tibetan Plateau, the pseudo-equivalent potential temperature increased with height, illustrating convectively-stable stratification. This was further strengthened by warm advection in the upper layer and cold advection in the lower layer. Different from favorable temperature stratification structure of Shou and Zhu (1993), although stratification situation in this study is unfavorable for heavy snowfall, the event still occurred due to the conditions of abundant water vapor, and dynamic forced uplift over terrain.

As suggested by Fu et al. (2020), the weather systems such as the shear line and low vortex, moisture as well as atmospheric stability especially before and after a precipitation should be focused in the future researches. Such the work could be seen from our current study. Our diagnostic analysis results deepen the understanding of the occurrence and development mechanisms of severe snowfalls over the Tibetan Plateau. In discussing the causes of the heavy snowfall event, this study provides a theoretical reference and improved scientific understanding of the short-term prediction of heavy snowfall. The current study will assist in more accurate heavy snowfall forecasts for the high altitudes of the Tibetan Plateau, and will contribute to disaster prevention and mitigation in the future.

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