Abstract: In this work, structural and thermoluminescence (TL) characteristics for ZnB$_2$O$_4$:xTb$^3+$ (x = 0.01, 0.02, 0.03, 0.04, 0.05, and 0.10 mole) phosphors were investigated. The phosphors were prepared via synthesis of nitric acid. The X-ray diffraction (XRD) studies show that the synthesized samples can be indexed to nearly single-phase cubic ZnB$_2$O$_4$. The TL characteristics following $^{90}$Sr beta irradiation (40 mCi) were studied. TL intensity is found to depend on Tb concentration. The optimal concentration of the doped Tb$^{3+}$ is 0.03 mol in TL measurements. TL dose responses of the phosphors to beta doses of 0.143, 0.715, 1.43, 15, 30 and 60 Gy showed fairly linear behavior. The minimum detectable dose (MDD) value for ZnB$_2$O$_4$:0.04Tb$^{3+}$ was found to be 87 mGy. The kinetic parameters of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample were estimated by the glow curve deconvolution, the initial rise, the curve fitting, and the peak shape methods. The results indicate that these phosphors are thought to be promising candidates as TL materials. The results provide valuable knowledge of the characteristics of Tb-doped ZnB$_2$O$_4$ for use in dosimetry research.

Keywords: thermoluminescence; terbium; zinc borate; dosimetry

1. Introduction

Zinc borate (ZnB$_2$O$_4$) is a boron-based inorganic material. In general, this material has low toxicity, wide-band-gap, excellent luminescence efficiency, good thermal stability, and low cost [1–4]. Over the past decade, zinc borates doped with different rare earth ions have been widely used by many research groups as host materials for luminescence applications. Examples include ZnB$_2$O$_4$:Eu$^{3+}$ [4], ZnB$_2$O$_4$:Ce$^{3+}$,La$^{3+}$ [5], ZnB$_2$O$_4$:Eu$^{3+}$ [6], ZnB$_2$O$_4$:Tb$^{3+}$ [7], ZnB$_2$O$_4$:Dy$^{3+}$ [8], ZnB$_2$O$_4$:Bi$^{3+}$,Eu$^{3+}$ [9], ZnB$_2$O$_4$:Sm$^{3+}$ [10], ZnB$_2$O$_4$:Pr$^{3+}$ [11], ZnB$_2$O$_4$:Mn$^{2+}$ [12]. Various methods have been used to prepare the abovementioned luminescence materials. For instance, Zheng et al. produced a series of Bi$^{3+}$- and Gd$^{3+}$-doped ZnB$_2$O$_4$ phosphors via the co-precipitation method [4]. Li et al. prepared ZnB$_2$O$_4$:Tb$^{3+}$ phosphors at 950 °C for 7 h via solid-state reactions [7]. The concentrations of doped Tb$^{3+}$ ions in ZnB$_2$O$_4$ were taken as 1, 2, 4, 8 and 12 mol%. In this study, the photoluminescence (PL), thermoluminescence (TL) and dosimetric characteristics of ZnB$_2$O$_4$:Tb$^{3+}$ phosphors exposed to a $^{60}$Co gamma-source were investigated. It is stated that the TL glow peak of the ZnB$_2$O$_4$:0.04Tb$^{3+}$ sample is integrated in 408–513 K temperature range. TL-dose responses at 1–100 Gy gamma dose range for the samples were reported to be linear. In recent years, Rosario et al. prepared ZnB$_2$O$_4$:Tb$^{3+}$ phosphors at 800 °C for 16 h via solvent evaporation [13]. The concentrations of doped Tb$^{3+}$ ions in ZnB$_2$O$_4$ were taken as 0.5, 1, 2, 4 and 8 mol%. In this study, ZnB$_2$O$_4$:Tb$^{3+}$ TL and radioluminescence (RL) properties were investigated following gamma irradiation and beta irradiation, respectively. It is stated that the glow curves of the samples consist of overlapping glow peaks. The TL intensity was reported to be dependent on both the impurity concentration and the heat treatment. Moreover, the samples were reported to have a linear dose-response between 0.022–27.7 Gy for beta and 0.5–50 Gy for gamma.
To the best of our knowledge, the TL characteristics (i.e., glow curves, linear dose response and minimum detectable dose) for beta-irradiated ZnB$_2$O$_4$·Tb$^{3+}$ phosphors have not been reported to date. In this study, ZnB$_2$O$_4$·xTb$^{3+}$ (x = 0.01, 0.02, 0.03, 0.04, 0.05, 0.10 mol) phosphors were produced via synthesis of nitric acid. TL properties and MDD results of beta-irradiated ZnB$_2$O$_4$·Tb$^{3+}$ phosphors were reported. Furthermore, the kinetic parameters of ZnB$_2$O$_4$·0.03Tb$^{3+}$ were estimated by the glow curve deconvolution, the initial rise, the curve fitting, and the peak shape methods.

2. Materials and Methods

ZnB$_2$O$_4$·xTb$^{3+}$ (x = 0.01, 0.02, 0.03, 0.04, 0.05, 0.10 mol) phosphors were synthesized with a nitric-acid method as follows [14–16]: Suitable quantities of ZnO (99.99%) (Thermo Fisher Scientific, Kandel, Germany), H$_3$BO$_3$ (99.99%) (Thermo Fisher Scientific, Kandel, Germany) and Tb$_4$O$_7$ (99.9%) (Thermo Fisher Scientific, Kandel, Germany) powder materials were placed in a glass beaker. The solution of 1M HNO$_3$ (nitric acid) (Thermo Fisher Scientific, Kandel, Germany) used as catalyst was poured into the mixture. The combination was mixed for about 4 hours using a magnetic stirrer (Cleaver Scientific Ltd, Warwickshire, United Kingdom) working at a temperature of about 80 °C. Upon completion of stirring, a dry matter was obtained. The agate mortar was then used to grind the dry matter. The matter was ground until it achieved a fine powder form and was calcined in an alumina crucible in a tube oven (Protherm, Ankara, Turkey), at 450 °C for 5 hours to remove possible organic compounds. The calcined matter was once again milled in an agate mortar. The powder matter obtained was pressed and placed in porcelain combustion tanks and annealed in a tube oven at 900 °C for 2 hours and naturally cooled to room temperature. The annealed matter was once again milled in an agate mortar and transferred in Eppendorf tubes.

XRD patterns of the phosphors prepared at various Tb concentration were performed using a Rigaku Ultima IV X-ray diffractometer (Rigaku, Toronto, Canada) using Cu-K$_\alpha$ (λ = 1.5405 Å) radiation. The XRD patterns were collected with a diffraction angle (2θ) ranging from 10° to 90° and compared with the XRD ICDD file of the International Centre for Diffraction Data using X-powder diffraction software (PDF Card No. 39-1126). The Rietveld refinement method with the FullProf Software was used to purify the XRD patterns obtained. A LEO 1430 VP scanning electron microscope (SEM) (Zeiss, Düsseldorf, Germany) was used to examine the microstructure. In addition, energy-dispersive X-ray (EDX) spectroscopy (Zeiss, Düsseldorf, Germany) was used to examine the elemental composition of the samples.

TL measurements were carried out on 10 mg samples using an automated Risø TL/OSL DA-20 reader (DTU Nutech, Roskilde, Denmark) with Corning 7/59 and Schott BG/39 optical filters in a nitrogen atmosphere. The TL measurement system has an internal $^{90}$Sr/$^{90}$Y β-source with a dose rate of 0.143 Gy·s$^{-1}$. During measurements of all the samples, readings were taken up to 450 °C/s for the heating rate of 5 °C/s. TL peak intensities from the areas under dosimetric peaks were determined. The background corrections were made in TL glow curves for each sample.

3. Results and Discussion

Obtained powder samples were subject to X-ray powder diffraction (XRD) in order to check their phase purity. Furthermore, the standard XRD pattern of ZnB$_2$O$_4$ (PDF Card No. 39-1126) was selected for comparison. Powder XRD patterns of ZnB$_2$O$_4$ doped with various concentrations of Tb$^{3+}$ ions are illustrated in Figure 1a. Powder XRD patterns showed intense and sharp peaks at almost the same angle position. This is a strong indication that the samples have high crystallinity. These diffraction patterns are in good agreement with the standard JCPDS card No. 39–1126, which represents the pure phase of ZnB$_2$O$_4$. No additional signal was observed in the XRD patterns of other phosphors, except for the ZnB$_2$O$_4$·0.10Tb$^{3+}$ phosphor. The decrease in crystallization of Tb-doped ZnB$_2$O$_4$ with increased quantities of Tb-dopant was seen in the XRD patterns of ZnB$_2$O$_4$·0.10Tb$^{3+}$ phosphor. This can be attributed to the change in dopant loads leading to defect formation in the cage. In general, it can be concluded from these data that the structure of the samples does not change after doping with Tb$^{3+}$. 

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The effective ionic radii of dopant and host ions are given as follows: Zn$^{2+} = 0.60$ Å (Coordination IV), B$^{3+} = 0.21$ Å (Coordination IV), Tb$^{3+} = 0.92$ Å (Coordination VI) [17]. Tb$^{3+}$ doping ions cannot replace the B$^{3+}$ ions site in the ZnB$_2$O$_4$ host lattice due to their different ionic radii. This can be linked to the smaller ionic radius of B$^{3+}$ compared to that of Zn$^{2+}$. For this reason, it is more likely for Tb$^{3+}$ ions to replace Zn$^{2+}$ ions in the host lattice. The concentration of the impurity phases is so small that even though the concentration of Tb$^{3+}$ doping is as high as 10 mol%, Tb$^{3+}$ has no effect on the crystal structure of ZnB$_2$O$_4$. It should be remembered that replacing Zn$^{2+}$ ions with Tb$^{3+}$ causes not only a charge imbalance but also a volume imbalance. This leads to crystal lattice expansion because the Tb$^{3+}$ radius is greater than that of the altered Zn$^{2+}$. However, the recorded XRD results are consistent with the literature reports [1,10,11].

![Figure 1](image1.png)

**Figure 1.** (a) XRD patterns for ZnB$_2$O$_4$:Tb$^{3+}$ phosphors. The standard XRD pattern of ZnB$_2$O$_4$ is taken from JCPDS Card No. 39-1126. (b) The refined XRD pattern of ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample.

After refining XRD patterns using FullProf software, lattice parameters were calculated. The refined XRD of ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample is seen in Figure 1b. In this figure, the observed pattern, the calculated pattern and the difference between the observed–calculated patterns are represented by red circles, a thick black line and a thin black line, respectively. ZnB$_2$O$_4$:Tb$^{3+}$ samples exhibit a cubic structure with the space group I-43m. It can be said that the crystal structure remains the same with the addition of Tb and that the lattice parameters undergo small changes. The maximum increase in lattice parameter "a" is 0.028% for 3% Tb. When the amount of Tb doping increases by 3%, the lattice parameter "a" and unit cell volume slowly increase as the atomic radius of Tb is greater than that of Zn. When the doping amount is above 3%, the lattice parameter "a" and unit cell volume are reduced due to lattice distortion or migration of the doping ions to the interstitial positions [18]. In addition, the diffraction pattern of the ZnB$_2$O$_4$:0.10Tb$^{3+}$ sample indicates the presence of small impurity phases, which are H$_3$BO$_3$ and B$_2$O$_3$. The parameters obtained for ZnB$_2$O$_4$:Tb$^{3+}$ samples are given in Table 1.

Table 1. Phases Content, Cubic (I-43m), Lattice Parameter (Å), and Volume (Å$^3$) for ZnB$_2$O$_4$:Tb$^{3+}$ Samples

| Tb Concentration | Phase Content | Lattice Parameter (Å) | Volume (Å$^3$) | χ$^2$ |
|------------------|---------------|-----------------------|----------------|-------|
| 0%               | Cubic (I-43m) | 5.048                 | 93.36          |       |
| 1%               | Cubic (I-43m) | 5.049                 | 93.42          |       |
| 2%               | Cubic (I-43m) | 5.051                 | 93.63          |       |
| 3%               | Cubic (I-43m) | 5.054                 | 93.75          |       |

Figure 2 shows an SEM image of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample. It is observed that the particles in the zinc borate are slightly agglomerated and thus result in an inhomogeneous structure. SEM-EDX analysis was performed to determine the chemical composition of the sample in an area of 10 × 10 μm$^2$. Table 2 shows the atomic ratios of Zn/O, Tb/Zn and Tb/O. The results show that the nominal ratios of zinc borate are consistent with the EDX results.
Table 1. The parameters calculated from the XRD patterns of ZnB$_2$O$_4$:Tb$^{3+}$ samples.

| Phase Content | Cubic (I-43m) Lattice Para. (Å) | V (Å$^3$) | $\chi^2$ |
|---------------|---------------------------------|-----------|----------|
| 1% Tb         | A = 7.4722                       | 417.196   | 0.70     |
| 2% Tb         | A = 7.4737                       | 417.452   | 5.39     |
| 3% Tb         | A = 7.4743                       | 417.554   | 4.70     |
| 4% Tb         | A = 7.4725                       | 417.253   | 3.20     |
| 5% Tb         | A = 7.4722                       | 417.203   | 5.20     |
| 10% Tb        | A = 7.4723                       | 417.218   | 5.18     |

Figure 2. SEM micrographs of ZnB$_2$O$_4$:0.03Tb$^{3+}$.

Table 2. The atomic ratios of the ZnB$_2$O$_4$:0.03 Tb$^{3+}$ obtained from the EDX results.

|               | Zn/O Atomic Ratio | Tb/Zn Atomic Ratio | Tb/O Atomic Ratio |
|---------------|-------------------|--------------------|-------------------|
| Nominal       | 0.2425            | 0.0309             | 0.0075            |
| 3% Tb         | 0.2317            | 0.0332             | 0.0067            |

Figure 3 shows the TL glow curves for the selected ZnB$_2$O$_4$:xTb$^{3+}$ (x = 0.01, 0.03, and 0.05 mol) phosphors. As seen from Figure 3, the TL glow curves showed a dosimetric peak at about 200 °C for ZnB$_2$O$_4$:0.01Tb$^{3+}$ and about 210 °C for ZnB$_2$O$_4$:0.03Tb$^{3+}$ and ZnB$_2$O$_4$:0.05Tb$^{3+}$. In addition, as the beta dose irradiation increases, a low-severity shoulder is seen in the temperature range of 260–300 °C. No significant shifts were observed in the maximum peak temperature of the main glow peak with increasing beta dose irradiation for all the phosphors produced. Additionally, the increase in the beta dose irradiation caused an increase in the intensity of the TL. It is known that the dependence of the TL responses on the beta dose irradiation provides important information about the trapping of trapped electrons and holes. Thus, it can be assumed that more charge carriers are trapped as the beta dose irradiation increases. Subsequent heating releases some of the trapped electrons with an associated emission of light in the form of glow curves [19]. This result shows that there are strong interactions between internal defects and dopant. For the 30 Gy beta dose, the glow peak intensities of ZnB$_2$O$_4$:0.01Tb$^{3+}$, ZnB$_2$O$_4$:0.03Tb$^{3+}$ and ZnB$_2$O$_4$:0.05Tb$^{3+}$ phosphors increased by about 19, 46 and 21 times compared to the 1.43 Gy beta dose.
The atomic ratios of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ obtained from the EDX results.

Table 2.

| Tb Concentration | Zn/O | Tb/Zn | Tb/O |
|------------------|------|-------|------|
| 1%               | 1.41 | 0.01  | 1.41 |
| 2%               | 1.42 | 0.01  | 1.42 |
| 3%               | 1.43 | 0.01  | 1.43 |

Figure 3. Experimental TL glow curves of ZnB$_2$O$_4$:$x$Tb$^{3+}$ (a1–a2) $x = 0.01$, (b1–b2) $x = 0.03$ and (c1–c2) $x = 0.05$.

Figure 4 shows the TL glow curves of all the phosphors exposed to the 30 Gy beta dose. According to this figure, it has been observed that all the phosphors have different TL intensities and there are very few differences in the peak structures. The low-intensity shoulder observed at 260–290 °C can be said to vary with beta dose irradiation. It is clear that the main TL peak intensity of ZnB$_2$O$_4$:0.03Tb$^{3+}$ phosphor is much more severe than that of the other phosphors. As seen from Figure 3, the TL glow curves showed a dosimetric peak at about 200 °C for different TL intensities and there are very few differences in the peak structures. The low-intensity shoulder observed at 260–290 °C.

Due to the Tb-concentration quenching effect, the TL intensity initially increases with increasing Tb concentration, and then reaches the maximum value at the optimum concentration level [5]. The Tb$^{3+}$ ions surrounded by the host lattice form the luminescence centers in the sample. At a high Tb$^{3+}$ concentration, stability of luminescence centers and lattice structure can be disrupting and this will lead to an increased interaction between the periodicity of the lattice and luminescence center. This will cause a decrease of the luminescence intensity [20]. Furthermore, the peak temperature of the main glow peak appears to shift slightly as the Tb-concentration level increases. Thus, it can be deduced that the distributions of the traps produced by beta dose irradiation can be changed by changing the concentrations of Tb$^{3+}$ ion added to zinc borate.
Phosphors. TL = \( t \) is the best fit equation for the line passing through the data points \([14,21]\). TL dose–response curves were found to be linear in the 0.143–60 Gy beta dose range. The \( k \) values of phosphors are in the range of 0.864 to 1.050. MDD values for \( \text{ZnB}_2\text{O}_4:\text{Tb}^{3+} \) phosphors were reported as 0.189, 0.135, 0.101, 0.140 and 0.105 Gy, respectively. For \( \text{ZnB}_2\text{O}_4:\text{Tb}^{3+} \) phosphors, maximum peak temperature \( (T_m) \) and background counts, values of \( k \) with standard error \( (\Delta k) \) and MDD values are given in Table 3.

### Table 3. Dose responses and MDD values of \( \text{ZnB}_2\text{O}_4:\text{Tb}^{3+} \) samples.

| Sample         | \( T_m \) (°C) | Background Counts | \( k \pm \Delta k \) | MDD (Gy)  |
|----------------|---------------|-------------------|----------------------|-----------|
| \( \text{ZnB}_2\text{O}_4:0.01\text{Tb}^{3+} \) | 200           | 2500              | 0.960 ± 0.086        | 0.189 ± 0.038 |
| \( \text{ZnB}_2\text{O}_4:0.02\text{Tb}^{3+} \) | 205           | 2729              | 1.002 ± 0.013        | 0.135 ± 0.006 |
| \( \text{ZnB}_2\text{O}_4:0.03\text{Tb}^{3+} \) | 210           | 3524              | 1.050 ± 0.042        | 0.101 ± 0.010 |
| \( \text{ZnB}_2\text{O}_4:0.04\text{Tb}^{3+} \) | 205           | 477               | 0.883 ± 0.066        | 0.087 ± 0.056 |
| \( \text{ZnB}_2\text{O}_4:0.05\text{Tb}^{3+} \) | 210           | 1392              | 0.972 ± 0.025        | 0.140 ± 0.031 |
| \( \text{ZnB}_2\text{O}_4:0.10\text{Tb}^{3+} \) | 210           | 691               | 0.864 ± 0.096        | 0.105 ± 0.010 |

Figure 4. TL glow curves of \( \text{ZnB}_2\text{O}_4:\text{Tb}^{3+} \) phosphors for a 30 Gy beta dose.

Figure 5 shows TL dose–response curves of the selected \( \text{ZnB}_2\text{O}_4:0.02\text{Tb}^{3+} \) and \( \text{ZnB}_2\text{O}_4:0.05\text{Tb}^{3+} \) phosphors. The linear fit dose response is indicated by a solid line.
Kinetic parameters provide important information regarding the TL mechanism of the material. Well-known kinetic parameters increase the reliability of dosimetric studies. Therefore, the kinetic parameters of ZnB$_2$O$_4$:0.03Tb$^{3+}$ were determined using the glow curve deconvolution, the initial rise, the curve fitting, and the peak shape methods. The glow curve deconvolution method has great advantages over experimental methods [24]. It can be used to simultaneously determine the kinetic parameters of TL peaks without additional thermal treatments and experimental repetitions. In addition, this method uses all the data points in the glow curve during curve fitting procedures [19]. Maximum peak temperature for a constant heating rate should not be influenced by other experimental parameters. It was noted that the peak maximum positions did not change with dose increase for first-order kinetics. However, the peak shifts to the lower-temperature zone as the dose increases for general-order kinetics ($1 < b < 2$). As shown in Figure 3, the peak temperature of the luminescence peak at about 200 °C does not shift with dose increase, and this point indicates that this peak has first-order kinetics [21–23]. In this study, decomposition was made with GlowFit software on the TL glow curve of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample selected for a 30 Gy beta dose. Figure 6a shows the analyzed glow curve of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample. As can be seen, this TL glow curve consists of five separated peaks. The TL glow curves of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample exhibit one prominent glow peak at around 215 °C (peak 2), two less dominant glow peaks at around 201 °C (peak 1) and around 235 °C (peak 3), one low-intensity peak at around 265 °C, and one shoulder peak at around 358 °C (peak 5). The accuracy of these values is supported by the FOM (figure of merit) value. A parameter set is acceptable if the FOM is less than 5% [12]. The FOM value of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample was found to be 2.32%.

![Figure 6.](image)

The kinetic parameters obtained by the glow curve deconvolution method are given in Table 4, together with $T_m$ values. $E_a$ is the activation energy and $s$ is the frequency factor. The activation energies and the frequency factors of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample were determined as 1.49 eV and $2.79 \times 10^{15}$ s$^{-1}$ for the first peak, 1.27 eV and $3.88 \times 10^{12}$ s$^{-1}$ for the second peak, 1.20 eV and $2.20 \times 10^{11}$ s$^{-1}$ for the third peak, 0.71 eV and $6.20 \times 10^{5}$ s$^{-1}$ for the fourth peak, and 0.50 eV and $7.24 \times 10^{2}$ s$^{-1}$ for the fifth peak, respectively.

The initial rise method—a powerful technique independent from the order of kinetics in the TL processes—was also used to calculate the activation energy. The TL intensity in the initial portion (~10% of its maximum intensity) of the glow curve is proportional to $\exp(-E_a/kT)$ [25]. This relation gives an opportunity to evaluate the $E_a$ value from the slope of the $\ln(I_{TL})$ vs. $1/T$ graph. Figure 6b presents the corresponding plots (open shapes) and their linear fits (solid lines). The values of $E_a$ obtained by this method for the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample are as obtained 1.17 eV (Table 4).
The curve fitting method is based on the fitting of the observed glow curve to the theoretical expressions. The details of this method were reported in reference [26]. The fitting process has been carried using the equations given in Reference [26] for different values of the parameter, b. The best fitting was achieved for b = 1.1, which states the presence of first order kinetics. The activation energy obtained from the fitted curve was 1.20 eV and is given in Table 4.

The peak shape method is generally called Chen’s method, which is used to determine the kinetic parameters of the main glow peak of the TL materials [27]. This method is mainly based on the temperatures $T_m$, $T_1$ and $T_2$, which are the peak temperatures, the temperatures at half of the maximum intensity, on the ascending and descending parts of the peak, respectively. Geometrical shape parameters (i.e., $T_m$, $T_1$, $T_2$, $\tau$, $\delta$ and $\omega$) were initially determined with the help of the TL glow curves. Where $\omega = T_2 - T_1$ is the total peak width at half of the maximum intensity, $\tau = T_m - T_1$ is the lower-temperature half-width, $\delta = T_2 - T_m$ is the upper-temperature half-width, and $\mu_\omega = \delta/\omega$ is the symmetry factor. Then, the peak shape method was applied to ZnB$_2$O$_4$:0.03Tb$^{3+}$ phosphor for 30 Gy. The mean values of $E_a$ and $s$ obtained by this method for the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample were determined as 1.25 eV and 8.32 x 10$^{15}$ s$^{-1}$ for the first peak, 1.29 eV and 1.33 x 10$^{12}$ s$^{-1}$ for the second peak, 1.21 eV and 2.19 x 10$^{11}$ s$^{-1}$ for the third peak, 0.73 eV and 2.13 x 10$^{5}$ s$^{-1}$ for the fourth peak, and 0.51 eV and 1.02 x 10$^{2}$ s$^{-1}$ for the fifth peak, respectively (Table 4). As seen from Table 4, there is a good agreement between all the results.

| Peak | $T_m$ (°C) | Initial Rise | Curve Fitting | Peak Shape |
|------|------------|--------------|---------------|------------|
|      |            | $E_a$ (eV)   | $s$ ($s^{-1}$) | $E_a$ (eV) | $E_a$ (eV) | $\mu_\omega$ | $s$ ($s^{-1}$) |
| 1    | 201        | 1.49         | 2.79 x 10$^{15}$ | 1.17       | 1.20 |
| 2    | 215        | 1.27         | 3.88 x 10$^{12}$ | 1.25       | 0.50 | 8.32 x 10$^{15}$ |
| 3    | 235        | 1.20         | 2.20 x 10$^{11}$ | 1.29       | 0.51 | 1.33 x 10$^{12}$ |
| 4    | 265        | 0.71         | 6.20 x 10$^{5}$  | 0.73       | 0.50 | 2.13 x 10$^{5}$ |
| 5    | 358        | 0.50         | 7.24 x 10$^{2}$  | 0.51       | 0.49 | 1.02 x 10$^{2}$ |

Mean:1.03 Mean:1.00

4. Conclusions

ZnB$_2$O$_4$:Tb$^{3+}$ phosphors were successfully prepared using a nitric acid synthesis method. The results of the XRD analysis showed that the synthesized phosphors could be indexed to a pure, cubic phase of ZnB$_2$O$_4$. The TL properties and dependence on the dose of beta irradiation of the phosphors have been investigated by the TL technique. The TL peaks of the samples are present at around 200–210 °C. It has been found that the TL intensity of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample is much stronger than that of the other samples. The dose responses to beta irradiation of all the powder samples showed good linearity in the dose range between 0.143–60 Gy. The MDD value for ZnB$_2$O$_4$:0.04Tb$^{3+}$ sample was found to be 87 mGy. MDD values for ZnB$_2$O$_4$:0.01Tb$^{3+}$, ZnB$_2$O$_4$:0.02Tb$^{3+}$, ZnB$_2$O$_4$:0.03Tb$^{3+}$, ZnB$_2$O$_4$:0.05Tb$^{3+}$ and ZnB$_2$O$_4$:0.10Tb$^{3+}$ samples were reported as 0.189, 0.135, 0.101, 0.140 and 0.105 Gy, respectively. The kinetic parameters of the ZnB$_2$O$_4$:0.03Tb$^{3+}$ sample were calculated by the glow curve deconvolution, the initial rise, the curve fitting, and the peak shape methods. In conclusion, ZnB$_2$O$_4$:0.03Tb$^{3+}$ phosphor could be a promising material for dosimetric applications.

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