STABILITY OF A SPHERICAL ACCRETION SHOCK WITH NUCLEAR DISSOCIATION

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ABSTRACT

We examine the stability of a standing shock wave within a spherical accretion flow onto a gravitating star, in the context of core-collapse supernova explosions. Our focus is on the effect of nuclear dissociation below the shock on the linear growth, and nonlinear saturation, of nonradial oscillations of the shocked fluid. We combine two-dimensional, time-dependent hydrodynamic simulations using FLASH2.5 with a solution to the linear eigenvalue problem, and demonstrate the consistency of the two approaches. Previous studies of this “standing accretion shock instability” (SASI) have focused either on zero-energy accretion flows without nuclear dissociation, or made use of a detailed finite-temperature nuclear equation of state and included strong neutrino heating. Our main goal in this and subsequent papers is to introduce equations of state of increasing complexity, in order to isolate the various competing effects. In this work, we employ an ideal gas equation of state with a constant rate of nuclear dissociation below the shock, and do not include neutrino heating. We find that a negative Bernoulli parameter below the shock significantly lowers the real frequency, growth rate, and saturation amplitude of the SASI. A decrease in the adiabatic index has similar effects. The nonlinear development of the instability is characterized by an expansion of the shock driven by turbulent kinetic energy at nearly constant internal energy. Our results also provide further insight into the instability mechanism: the rate of growth of a particular mode is fastest when the radial advection time from the shock to the accretor overlaps with the period of a standing lateral sound wave. The fastest-growing mode can therefore be modified by nuclear dissociation.

Key words: hydrodynamics – instabilities – nuclear reactions, nucleosynthesis, abundances – shock waves – supernovae: general

Online-only material: color figures, avi animations

1. INTRODUCTION

The explosion of a massive star involves the formation of a shock wave surrounding its collapsed core. The dynamics of this shock wave, and the settling flow beneath it, are central to the explosion mechanism. A critical rate of neutrino heating below the shock will drive a purely spherical explosion (Bethe & Wilson 1985; Burrows & Goshy 1993). In practice, this threshold may be reached only for low-mass cores (progenitor masses \( \lesssim 12 M_\odot \); Kitaura et al. 2006). A successful spherical explosion does not develop in more massive stars that form iron cores (Liebendorfer et al. 2001).

For this reason, it has been generally believed that nonspherical effects are crucial to the explosion mechanism, at least in the case of progenitor stars more massive than \( \sim 12 M_\odot \). Several related instabilities of this flow have been identified. The first to be discovered was a convective instability below the shock wave that is driven by neutrino heating (Herant et al. 1992; see also Epstein 1979). There are also double-diffusive instabilities associated with the transport of energy and lepton number at or below the neutrinosphere (Wilson & Mayle 1988; Bruenn et al. 1995).

The material which flows through the shock (predominantly iron, silicon, and oxygen) is only weakly bound to the forming neutron star, but loses roughly half of its kinetic energy to nuclear dissociation. The Bernoulli parameter of the shocked material with this dissociation energy subtracted becomes substantially negative. Much of this dissociation energy can be restored if protons and neutrons recombine into alpha particles, but this generally requires an outward expansion of the shock from the radius of \( \sim 100–150 \text{ km} \) at which it typically stalls. The successful expansion of the shock does not, however, require imparting positive energy to the entire postshock fluid: buoyancy forces will drive a global finite-amplitude instability in the presence of large-scale density inhomogeneities. The stability analysis given in Thompson (2000) shows that a nonspherical breakout of the shock is then possible.

Recent two-dimensional (2D) studies of the core-collapse problem have revealed a persistent, dipolar oscillation of the standing shock as an important degree of freedom in the collapse problem. In some circumstances, it has been shown that low-order spherical harmonic perturbations (especially \( \ell = 1 \) and 2) are linearly unstable while the flow below the shock is still laminar. A strong instability was uncovered in an axially symmetric hydrodynamic simulation of a standing shock, in the case where the fluid has an ideal, polytropic equation of state and the flow upstream of the shock is hypersonic (Blondin et al. 2003; Blondin & Mezzacappa 2006). This corresponds to the case where the settling flow below the shock has essentially zero energy. A linear stability analysis by Foglizzo et al. (2007), which assumed the same ideal equation of state, revealed high-frequency modes of this instability to involve a feedback between ingoing entropy and vortex perturbations and an outgoing sound wave which further perturbs the shock. We provide further evidence for this interpretation in our paper, particularly for fundamental, low-order modes.

Interest in the shock stability problem arises, in good part, from the prominence of the dipolar oscillation that is observed along the axis of symmetry in the most complete 2D core-collapse simulations (Buras et al. 2006b, 2006a; Burrows et al. 2007; Marek & Janka 2009). The association of such an oscillation with a linearly unstable mode (the standing accretion
shock instability or SASI) should, however, be treated with caution when both nuclear dissociation and neutrino heating effects are present. A dipolar oscillation can be excited by convective motions (Fernández & Thompson 2008, hereafter Paper II), and convection generally is present below the shock near the critical heating rate for an explosion in the case of more massive progenitors.

Given the number of competing effects that enter into the full core-collapse problem, we have designed a set of hydrodynamic simulations of a standing accretion shock which employ equations of state of increasing complexity. In this paper, we use an equation of state in which the fluid flow is nearly ideal, with a fixed specific energy removed from the flow immediately below the shock (so as to mimic the most important effect of nuclear dissociation). The cooling rate is a strong increasing function of density and becomes significant only at some finite distance below the shock, which is freely adjustable. In the calculations reported in this paper, we do not include neutrino heating, with the aim of separating the shock instability from the forcing effect of convection.

We simulate the time evolution of the perturbed shock using the FLASH2.5 code (Fryxell et al. 2000). In the linear regime, we demonstrate detailed agreement between hydrodynamic simulations and the solution to the differential eigenvalue system of Foglizzo et al. (2007). The linear growth rate is reduced dramatically as the ratio of the dissociation energy to the gravitational binding energy at the shock is increased, but we still find growing modes with several radial overtones. A similar gravitational binding energy at the shock is increased, but we also significantly reduced with increasing dissociation energy.

We employ a simplified model with no heating, similar to that used by Blondin & Mezzacappa (2006) and Foglizzo et al. (2007), with an ideal gas equation of state of adiabatic index $\gamma$, the gravity of a point mass $M$ located at the origin, and a constant mass accretion rate $\dot{M}$. We differ from these authors in the inclusion of an energy sink that represents the (partial) dissociation of nuclei downstream of the shock.

In what follows, we describe our initial conditions and issues associated with a time-dependent calculation.

### 2.1. Initial Conditions

The initial state of our simulations is a steady and spherically symmetric flow, with a net rate of mass transfer $\dot{M} = 4\pi r^2 \rho |v_1|$ from the outer boundary to the center. A standing shock is present at $r = r_{\text{sh}}$, and the flow outside this shock has a vanishing Bernoulli parameter

$$ b \equiv \frac{1}{2} v_1^2 + \frac{\gamma}{(\gamma - 1)} \frac{p}{\rho} - \frac{GM}{r} = 0 \quad (r > r_{\text{sh}}), $$

which ensures a vanishing energy flux through the shock. In the above, $v_1$, $p$, and $\rho$ are the radial velocity, pressure, and density of the fluid, $M = 1.3 M_{1.3} M_\odot$ is the gravitating mass, and $G$ is Newton’s constant.

The flow upstream of the shock has a finite pressure $p_1$ and Mach number $M_1 = |v_1|/\gamma_1 = |v_1|/(\gamma p_1/\rho_1)^{-1/2}$, which are related to the upstream density by $p_1 = (\rho_1/|\gamma M_1^2|)(M/(4\pi \rho_1 r_{\text{sh}}^2))^2$. There is no cooling or nuclear dissociation above the shock, hence the conditions $M = \text{constant}$, $b = 0$, and the equation of state completely determine the initial flow for $r > r_{\text{sh}}$.

The initial flow downstream of the shock is obtained by solving the time-independent continuity, Euler, and energy equations in spherical symmetry. The effect of cooling is included as a source term in the energy equation. The upstream and downstream solutions are connected through the Rankine–Hugoniot shock jump conditions that conserve the flux of mass, energy, and momentum across the shock (e.g., Landau & Lifshitz 1987). We assume that nuclear dissociation is a nearly instantaneous process below the shock. When $r_{\text{sh}} \sim 150$ km, the gravitational binding energy per nucleon at the shock is $\sim 12 M_{1.3} (150 \text{ km}/r_{\text{sh}}) \text{ MeV}$, higher than the $\sim 8.8 \text{ MeV}$ binding energy of $^{56}\text{Fe}$ (e.g., Audi et al. 2003). In our simplified model, the effect of dissociation is parameterized by a constant dissociation energy per unit mass $\varepsilon$. Specific internal energy equal to $\varepsilon$ is removed from the fluid upon crossing the shock.

To account for this process during initialization, the equation of energy conservation across the shock at $r = r_{\text{sh}}$ is modified to read

$$ \frac{1}{2} v_1^2 + \frac{\gamma}{(\gamma - 1)} \frac{p_1}{\rho_1} = \frac{1}{2} v_2^2 + \frac{\gamma}{(\gamma - 1)} \frac{p_2}{\rho_2} + \varepsilon. $$

Here, the subscripts 1 and 2 label the upstream and downstream flow variables. This yields a compression factor (Thompson 2000)

$$ \kappa \equiv \frac{\rho_2}{\rho_1} = (\gamma + 1) \left[ (\gamma + M_1^2) \right]^{-1} \left[ \left(1 - M_1^{-2}\right)^2 + (\gamma^2 - 1) \frac{2\varepsilon}{v_1^2} \right]^{-1}, $$

which reduces to $\kappa \to (\gamma + 1)/(\gamma - 1)$ for $M_1 \to \infty$ and $\varepsilon = 0$. Increasing $\varepsilon$ increases the compression factor
and decreases the postshock Mach number. For example, the complete dissociation of iron into nucleons costs an energy

\[ \frac{\epsilon}{\nu_f^2} \simeq 0.37 M_{1.3}^{-1} \left( \frac{r_{s0}}{150 \text{ km}} \right), \]

where \( \nu_f^2 = 2GM/r_{s0} \) is the free-fall speed.

The rate of release of internal energy per unit volume has the basic form

\[ L_0 = A p^\alpha \rho^{\beta - \sigma}. \]

To make contact with previous calculations, we have adopted the same parameterization as used by Blondin & Mezzacappa (2006), \( \alpha = 1.5, \beta = 2.5 \). This choice of exponents is consistent with cooling by the capture of nondegenerate \( e^+ \) and \( e^- \) on free nucleons when the pressure is dominated by relativistic particles (\( L_0 \propto \rho T^b \propto \rho \rho_p^{3/2} \)). The rate of cooling due to the capture of degenerate, relativistic electrons on protons is similarly a strong function of the pressure, \( L \propto Y_e \rho \mu_\infty^{3/2} \rho \rho_p^{3/2} \), where \( \mu_\infty \propto n_e^{1/3} \propto \rho^{1/4} \) is the electron chemical potential (the last relation assumes that the pressure is dominated by degenerate electrons). For simplicity, we use only a single cooling function in this work. The constant normalization factor \( A \) determines the radius \( r_s \) at which the flow stagnates, and thus the ratio \( r_s/r_{s0} \). In assessing the effects of nuclear dissociation on the stability of the flow, we keep this ratio constant and vary the normalization of the cooling function.

Most of the energy loss is concentrated in a thin layer just outside the boundary of the accretor at \( r = r_s \). For the adopted scaling of \( L_0 \) with \( p \) and \( \rho \), the ratio of cooling time to flow time decreases with decreasing entropy. The postshock fluid then undergoes runaway cooling in time-dependent simulations, and the shock collapses within a few sound crossing times. We have therefore implemented a cutoff in entropy in the cooling rate,

\[ L = L_0 \exp \left[ -\left( s/s_{\text{min}} \right)^2 \right], \]

where \( L_0 \) is the cooling function without cutoff (Equation (5)), \( s = (\gamma - 1)^{-1} \ln (p/\rho^\gamma) \) an entropy function, and \( s_{\text{min}} \) the value of \( s \) at \( r = r_s \) that is obtained by evolving the flow using the cooling function \( L = L_0 \). The result is that the accreted fluid accumulates in the first few computational cells outside \( r_s \), with a minimal modification in the outer postshock flow structure. The steady state flow so obtained is similar in structure to that calculated by Houck & Chevalier (1992) for hyper-Eddington accretion onto a neutron star. For our choice of cooling exponents, and for fixed \( r_s/r_{s0} \) and \( \gamma \), the main effects of increasing \( \varepsilon \) are an increase in the compression factor, a smaller postshock Mach number, and a steepening of the density profile (see Figure 1). In going from \( \varepsilon = 0 \) to \( \varepsilon = 0.25 \nu_f^2 \), the normalization of the cooling function is decreased by a factor of 127 (keeping \( r_s/r_{s0} \) and \( \gamma = 4/3 \) fixed).

We normalize the radius to the initial shock radius \( r_{s0} \), all velocities to the free-fall velocity at this radius, \( v_{hi}(r_{s0}) = (2GM/(r_{s0})^{1/2} \), the time to the free-fall time \( r_{s0}/v_{hi}(r_{s0}) \), and the density to the initial upstream density \( \rho_1 \). Numerical values appropriate for the stalled shock phase of a core collapse are \( r_{s0} \sim 150 \text{ km}, v_{hi}(r_{s0}) \sim 4.8 \times 10^9 M_{1.3}^{1/2} (r_{s0}/150 \text{ km})^{-1/2} \text{ cm s}^{-1}, t_{hi} \equiv r_{s0}/v_{hi} \sim 3.1 M_{1.3}^{1/2} (r_{s0}/150 \text{ km})^{3/2} \text{ ms}, \) and \( \rho_1 \sim 4.4 \times 10^7 M_{0.3} M_{1.3}^{1/2} (r_{s0}/150 \text{ km})^{-3/2} \text{ g cm}^{-3} \) (assuming a strong shock). Here, the mass accretion rate has been normalized to \( M = 0.3 M_{0.3} M_\odot \text{ s}^{-1} \).

[Figure 1. Sample initial density profiles normalized to the postshock density \( \rho_2 \) (upper panel), and normalized radial velocity gradient (lower panel), for dissociation energies in the range \( \varepsilon/\nu_f^2 = [0, 0.25] \). Higher curves represent larger \( \varepsilon \). Increasing the dissociation energy steepens the density profile as well as strengthening the shock compression. The velocity gradient also becomes stronger just above the cooling layer (white circles denote the radius of maximum sound speed). In this particular sequence, the normalization of the cooling function \( A \) is smaller by a factor of 127 when \( \varepsilon = 0.25 \nu_f^2 \) than when \( \varepsilon = 0 \).]

### 2.2. Time-Dependent Evolution

Our computational domain employs spherical polar coordinates, and the grid is uniformly spaced in both \( r \) and \( \theta \). Two-dimensional calculations make use of the full range of polar angles, \( \theta = [0, \pi] \). We employ a baseline resolution \( \Delta r_{\text{base}} = r_{s0}/320 \) and \( \Delta \theta_{\text{base}} = \pi/192 \). To better resolve the cooling layer, one extra level of mesh refinement is added to all blocks satisfying \( r < r_s + 0.1(r_{s0} - r_s) \). To avoid excessively large gradients in this region and enhanced cooling due to discreteness effects, we adjust the normalization \( A \) of the cooling function to satisfy

\[ \sum_i L_{0,i} V_i \simeq 0.995 \left( \frac{GM}{r_s} - \varepsilon \right) M, \]

where \( V_i \) is the volume of the \( i \)th cell, \( L_0 \) is evaluated at the lower end of the cell, and the sum is performed over the postshock domain. The numerical factor on the right-hand side is obtained empirically and depends on the radial resolution. This results in an initial Mach number \( \sim 10^{-3} \) at the inner boundary. The default FLASH2.5 Riemann solver is used, which we find can support high upstream Mach numbers \( M_1 \lesssim 10^2 \). We have not witnessed the appearance of the odd–even decoupling instability at the shock (Quirk 1994), which allows us to avoid using a hybrid Riemann solver. (We find that the hybrid solver in FLASH2.5 has problems for \( M_1 \gtrsim 10 \) in our setup.)

In all simulations reported in this paper, we use a reflecting inner boundary in the radial direction. The flow at the outer
radial boundary (situated at $2–4 \, r_\odot$) is given by the upstream steady state solution. The angular boundaries at $\theta = 0$ and $\pi$ are also reflecting in 2D simulations.

Our choice of a static and reflecting inner boundary is made for computational simplicity. In a real core collapse, the radius of the neutrinosphere decreases with time. The effect of such a dynamic inner boundary on the linear growth of shock perturbations has been examined by Scheck et al. (2008) in a semirealistic collapse simulation. They found that it facilitated growth by increasing the strength of the velocity gradient above the neutrinosphere. In addition, Burrows et al. (2006) reported evidence for a transient SASI instability in the first 100 ms of their full 2D collapse simulations. The analysis of the SASI by Scheck et al. (2008), like ours, used a reflecting inner boundary, albeit one positioned inside the neutrinosphere. Our results provide strong evidence that linear growth depends on the structure of the flow between the shock and the cooling layer, which suggests (but does not prove) that a more realistic mass distribution below the cooling layer will not have a large impact on the growth of linear perturbations above the cooling layer. Yamasaki & Yamada (2007) find that a zero-gradient inner boundary condition ($d \delta v_r/dr = 0$) has a quantitative but not a qualitative effect on the form of the linear eigenmodes.

At our baseline resolution, the accretion flow in 2D remains spherically symmetric for several tens or even hundreds of dynamical times at the shock. To excite specific modes of the flow, we introduce an overdense shell in the flow upstream of the shock, with an angular dependence given by a Legendre polynomial of a single order $\ell$. In the absence of this perturbation, the flow still experiences a small startup error that is composed of two spherically symmetric transients: an outgoing sound wave due to the finite (albeit small) Mach number at the inner reflecting boundary and an ingoing entropy wave due to the initial discontinuity at the shock (see, e.g., Leveque 1998). Since these initial transients do not affect nonspherical modes, we made no attempt to suppress them by increasing the numerical dissipation (as is done by Blondin et al. 2003 and Blondin & Mezzacappa 2006), and instead use PPM in its default FLASH2.5 configuration (see Colella & Woodward 1984; Fryxell et al. 2000 for details). The spherical transients can be minimized (but never completely eliminated) by locally increasing the resolution at the shock, and by simultaneously decreasing the innermost Mach number and increasing resolution at the inner boundary.

To account for nuclear dissociation at the shock, we use the fuel+ash nuclear burning module in FLASH. In the unmodified code, fluid labeled as fuel is completely transformed into ash whenever certain bounds on density and temperature are exceeded. A fixed energy $\epsilon_{\text{nuc}}$ per unit mass is released and added to the internal energy of the fluid in an operator split way. In our implementation, the fuel and ash components both have the same ideal gas equation of state and are separated by a negative energy decrement $\epsilon_{\text{nuc}} = -\epsilon$. We aim to choose a threshold for “burning” (that is, nuclear dissociation) which maintains a composition of nearly 100% fuel upstream of the shock and 100% ash downstream. The composition of the fluid is divided this way in the initial condition, with all fluid injected at later times through the outer radial boundary being entirely fuel. Details of our implementation of nuclear burning and modifications to the original FLASH2.5 module are discussed in Appendix A.

Potential numerical instabilities result from a combination of a high cooling rate and a low Mach number in the cooling layer. We find that the time integration is stable when the cutoff (Equation (6)) is imposed on $\mathcal{L}$, because the cooling time is never smaller than the Courant time. (FLASH2.5 automatically restricts the time step so as to satisfy the Courant–Friedrichs–Lever condition.) Our implementation of nuclear dissociation also avoids introducing instabilities, since the energy extracted from the flow in one time step is kept smaller than the internal energy (Appendix A).

The hydrodynamics module in FLASH has undergone extensive testing (Calder et al. 2002), and so we focus our efforts on verifying our setup and on the interaction of the different physics modules with the hydrodynamic solver. The most basic and complete test we can think of is the reproduction of the linear growth rates of the SASI. The results are given in the next section.

3. LINEAR EVOLUTION

We now take a look at the linear growth of perturbations of the accretion flow below the shock. We find a strong reduction in the growth rate when nuclear dissociation is allowed to take place in the postshock flow. The time evolution of the perturbed flow is calculated with a direct hydrodynamical simulation. We have also modified the linear stability analysis of Foglizzo et al. (2007) to include the effect of nuclear dissociation at the shock. The real and imaginary frequencies that are obtained by the two methods are compared. The detailed agreement that is obtained for a variety of modes provides a stringent test of both the numerical simulation and the solution to the eigenvalue problem.

3.1. Comparison of Hydrodynamical Simulation and the Solution to the Eigenvalue Problem

Our method for generating a perturbation and measuring its growth in a hydrodynamical simulation is described in Appendix B; and our method for calculating the linear eigenmodes of the accretion flow is summarized in Appendix C. The three basic parameters of the flow are the ratio $r_\odot/r_s$ of cooling radius to shock radius, the adiabatic index $\gamma$, and the dissociation energy $\epsilon/\nu_\tau^2$.

It is possible to make a clean measurement of an individual SASI mode in a hydrodynamical simulation when the fundamental is the only unstable mode (at a given $\ell$). We have run simulations both in regions of parameter space where this condition is satisfied—as predicted by linear stability analysis—and where it is not. The presence of unstable overtones can be gleaned from the time evolution of a particular coefficient in the Legendre expansion of the shock radius, which deviates from a sinusoid of exponentially increasing amplitude.

First, we reconsider the stability of the zero-energy accretion flow ($\epsilon = 0$) and specialize to an adiabatic index $\gamma = 4/3$. In the parameter range relevant to core-collapse supernovae, we find that the most unstable modes are $\ell = 1$ and 2, in agreement with the work of Blondin & Mezzacappa (2006) and Foglizzo et al. (2007). The eigenvalue analysis of Foglizzo et al. (2007) correctly predicts the location of critical stability points of the fundamental and first radial overtone, for $\ell = 0–3$. We have also solved the differential system of Houck & Chevalier (1992), finding that not only the critical stability points but also the growth rates do not agree with what we measure in our simulations (although results for $\ell = 0$ are identical to those of Foglizzo et al. 2007). In the remainder of this subsection, we refer to simulation results for which only the fundamental is unstable.
The left panels of Figure 2 show growth rates and oscillation frequencies\(^3\) for the modes \(\ell = 1, 2, 3\), in the case where the flow upstream of the shock has a high Mach number \(M_1 \approx 87\). There is very good agreement between the calculated eigenfrequencies and the output of the hydrodynamic simulation: 1%–3%, 1%–2%, and 1%–2% for the real frequencies of the \(\ell = 1, 2, 3\) modes, respectively, and 2%–4%, 2%–8%, and 5%–8% for the growth rates. Our method for estimating the uncertainty in the measured mode frequencies is detailed in Appendix B. The most important systematic errors arise from the discreteness of the mesh, the discrete summation involved in the Legendre projection, and the discrete time sampling. The error bars are comparable to or smaller than the size of the symbols in Figure 2, typically \(\delta \omega / t_{ff} \sim 5 \times 10^{-3}\).

The agreement between the two methods of calculating the growth rates becomes worse at larger \(\ell\). We attribute this to the better sampling of the lower-\(\ell\) modes by the grid, which results in weaker numerical dissipation. (The effects of numerical dissipation in PPM typically depend on the ratio of cell width to wavelength: Porter & Woodward 1994.)

When the dissociation energy is increased to \(\varepsilon = 0.25 v_{ff}^2\), the agreement between the two calculation methods is reduced a bit, to 4%–5% for the oscillation frequencies for both \(\ell = 1\) and \(\ell = 2\), and 18%–30% and 20%–42% for the growth rates, respectively.\(^4\) A more extensive exploration of the influence of finite \(\varepsilon\) and a reduced upstream Mach number on the mode frequencies is made in the next subsection. For now, we emphasize the good agreement between analytics and numerics.

We have also checked the effects of resolution. Figure 3 shows results for \(r_s/r_{sf} = 0.7\) and \(\ell = 3\) (see panels (a) and (b) of Figure 2). The growth rates show the expected behavior, with increasing agreement between the two methods with increasing resolution.

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\(^3\) We plot eigenfrequencies in units of the inverse free-fall time \(t_{ff}\) at radius \(r_{sf}\).

\(^4\) The absolute value of the discrepancy between the two sets of growth rates is similar to that found for \(\varepsilon = 0\), namely \((10^{-3} \sim 10^{-2}) v_{ff}^{-1}\).

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**Figure 2.** Growth rates \(\omega_{\text{grow}}\) (upper panels) and oscillation frequencies \(\omega_{\text{osc}}\) (lower panels) of the SASI, in units of inverse free-fall time at the shock, vs. the ratio of stellar radius to shock radius \(r_*/r_{sf}\). In the left panels, the unperturbed flow has vanishing energy flux \((\varepsilon = 0)\) and upstream Mach number \(M_1 \approx 87\). The right panels show the effect of neglecting the cutoff in the cooling function (Equation (6); see Appendix C for details.) Symbols show the eigenfrequencies obtained from time-dependent hydrodynamic simulations: for \(\ell = 1\) (down triangles), \(\ell = 2\) (squares), and \(\ell = 3\) (up triangles). Uncertainties in the fitted parameters are smaller than the symbol size (see Appendix B for details).

(A color version of this figure is available in the online journal.)

**Figure 3.** Growth rates (left) and oscillation frequencies (right) as a function of resolution, for the \(\ell = 3\) mode in a flow with \(r_s/r_{sf} = 0.7\) (see panels (a) and (b) of Figure 2). The dotted line in each panel shows the best power-law fit to the dependence of growth rate error on resolution increase: \(\Delta \omega_{\text{grow}} \propto (\Delta r)^{-0.75\pm0.10}\).

(A color version of this figure is available in the online journal.)
oscillation frequencies and growth rates. As is observed in the rate when the dissociation energy is raised to $\epsilon$.

In disagreement in the real frequencies stays nearly constant within in the two sets of growth rates from 7% to 0 width. The real frequencies show a much weaker trend. In $M$ (and the Mach number upstream of the shock is reduced to $r_*/r_{s0}$), a fourfold decrease in radial and angular resolution. We observe a greater sensitivity to the angular width $\Delta \theta$ of the grid cells than to their radial width. The real frequencies show a much weaker trend. In sum, a fourfold decrease in $\Delta r$ and $\Delta \theta$ improves the agreement in the two sets of growth rates from 7% to 0.8%, while the disagreement in the real frequencies stays nearly constant within uncertainties at 1.5%.

### 3.2. Dependence of Eigenfrequencies on Nuclear Dissociation and Adiabatic Index

We now turn to the effect of nuclear dissociation on the oscillation frequencies and growth rates. As is observed in the right panels of Figure 2, there is a substantial reduction in growth rate when the dissociation energy is raised to $\epsilon = 0.25v_\text{H}^2$ (and the Mach number upstream of the shock is reduced to $M_1 = 5$). One also observes a significant drop in the real frequency. This effect is further illustrated in Figures 4(a) and (b) for the fundamental $\ell = 1$ and 2 modes, as the rate of nuclear dissociation is gradually increased.

Both trends can be partially explained in terms of an increase in the advection time below the shock. A finite nuclear dissociation energy at the shock increases the compression factor $\kappa$ (Equation (3)) and decreases the postshock Mach number

$$M_2 = \left[ \kappa \left( \gamma + \frac{1}{M_1^2} \right) - \gamma \right]^{-1/2}.$$ (8)

The advection time scales as $r_{s0}/v_2 \propto \kappa$, whereas the lateral sound-travel time has a weak dependence on $\kappa$. As a result, the advection time increases relative to the lateral sound-travel time. The growth rate of a mode of fixed $\ell$ peaks when the advection time is comparable to the period of a lateral sound wave within the settling zone between the shock and the surface of the accretor (see Section 5). This makes it more difficult for the pressure perturbation at diametrically opposite points on the shock to maintain the correct relative phase. The peak growth rate therefore moves to higher $r_*/r_{s0}$ for fixed $\ell$, or to a lower Legendre index for fixed $r_*/r_{s0}$, as $\epsilon$ is increased. This can be observed in Figures 2, 4(a) and (c).

The advective–acoustic cycle yields a WKB growth rate scaling as $\omega_{\text{grow}} \sim \ln |Q|/t_0$, where $Q$ is the efficiency of the cycle and $t_0 \sim 2\pi/\omega_{\text{osc}}$ its duration (Foglizzo et al. 2007). For larger dissociation energies, $t_0$ is dominated by the advection time, and $t_0$ increases somewhat faster than linearly in $\kappa$. The oscillation frequencies depend mainly on the flow time, as can be seen by scaling them to $|v_2|/(r_{s0} - r_*)$ (Figure 4(d)). On the other hand, Figure 4(c) shows that the growth rates decrease with increasing $\epsilon$ even after this first-order effect is removed.

The growth rate also depends on the coefficients for the conversion of an outgoing sound wave to an ingoing entropy or vortex wave at the shock and for the linear excitation of an outgoing sound wave by the ingoing mode. As is shown

5 For large values of $\epsilon$, the density profile steepens relative to $\rho \sim r^{-3}$ and thus the velocity decreases faster than linearly with radius. The advection time (Equation (12)) is then dominated by the innermost part of the flow.
in Appendix D, the first coefficient increases with increasing dissociation energy. In the case of a strong shock, it is given by Equation (9)

$$\frac{\delta \rho_0}{\delta \rho} = -\frac{2(\gamma - 1)(1 - M_2^2)}{M_2(1 + \gamma M_2)} \sim \gamma^{1/2}(\gamma - 1)^{1/2}. \quad (9)$$

We therefore conclude that the reduction in growth rate signals a decreasing efficiency for the conversion of an ingoing entropy–vortex perturbation into a sound wave.

We also observe that the velocity gradient at the base of the settling flow becomes stronger with increasing shock compression: the gradient scale $v_1/(dv_1/dr)$ is reduced by a factor of $\sim 2$ as $\varepsilon$ is raised from 0 to 0.25 $v_1^2$. We suspect that this second effect has a weaker influence on the growth rate, given our observation that that rapid growth depends on an approximate equality between the radial flow time and the lateral sound-travel time in between the cooling layer and the shock (see Section 5).

The fundamental mode can be stabilized for sufficiently high $\varepsilon$, as is apparent in Figure 4. Nonetheless, an unstable mode can always be found among the higher radial overtones. Figure 5 shows the growth rates of the first 11 overtones of the $\ell = 1$ mode as a function of $\varepsilon$, for $r_s/r_0 = 0.4$.

Our ability to find linearly unstable modes stands in contrast to the analysis of Yamasaki & Yamada (2007), which employed a single, more realistic equation of state, and found no unstable modes in the absence of neutrino heating. But the comparison between both studies is made difficult by the fact that we are keeping the ratio $r_s/r_0$ fixed, whereas in the absence of heating Yamasaki & Yamada (2007) obtain a very small shock radius. It should also be emphasized that our unstable modes undergo a weak nonlinear development: the position of the shock is perturbed only slightly when $\varepsilon \gtrsim 0.15 v_1^2$ (see Section 4). Neutrino heating therefore plays a crucial role in maintaining large-amplitude oscillations of the shock for realistic values of the dissociation energy $\varepsilon$ (Paper II).

A reduction in the upstream Mach number has a measurable effect on the frequency and growth rate of the SASI (see Figure 6). When $M_1 > 1$, one reaches the asymptotic, strong-shock regime, and the eigenfrequencies are essentially constant.

Lower values of $M_1$ push up the postshock velocity and the real frequency of the mode (at fixed value of $r_s/r_0$). Growth is substantially reduced for a weak shock when $\varepsilon$ is close to zero, but is only modestly affected when $\varepsilon$ is large.

The dependence of the growth rate ($\ell = 1$) on the adiabatic index $\gamma$ is shown in Figure 7 for $\varepsilon = 0$ and $0.25 v_1^2$, in units of $t_\text{ff}^{-1}$ as well as $|v_2|/(r_0 - r_s)$. Reducing $\gamma$ has some similar effects to increasing $\varepsilon$ at fixed $\gamma$: the flow slows down below the shock, and the density profile steepens. The growth rate is therefore reduced, and the peak growth rate is found at higher radial overtones (see Section 5). When the radius of the shock is allowed to vary, the peak growth rate moves to a higher value of $r_s/r_0$ as $\gamma$ is decreased. We emphasize that nuclear dissociation still causes strong reductions in growth rate even when the density profile below the shock is similar to the profile for $\gamma = 4/3$ and $\varepsilon = 0.1$.

4. NONLINEAR DEVELOPMENT IN AXISYMMETRY

The nonlinear development of the SASI is addressed in this section. Our hydrodynamical simulations enforce axisymmetry and ignore the effects of neutrino heating. Our main interest is in how nuclear dissociation limits the growth of the SASI. We first discuss the transition from a laminar accretion flow to a turbulent, quasi-steady state. We then explore some time-averaged properties of this state and the global energetics of the flow below the shock.

4.1. From Linear Instability to Saturation

The oscillation of the shock, and the fluid below it, remains coherent during the initial linear phase. Consider the $\ell = 1$ SASI mode. The shocked fluid in the expanding pole has an increased energy density relative to the surrounding fluid. As a result, the expanding pole is the source of a sound wave that propagates laterally to the other pole. When the radial advection time is comparable to this lateral sound-travel time, this pressure enhancement reaches the opposite pole just as the phase of the oscillation has reversed, thereby reinforcing the outward expansion of the shock. The standing wave observed by Blondin & Mezzacappa (2006) can be interpreted in this way (instead
of the purely acoustic phenomenon proposed by these authors). Another visualization of the effect (for \( \varepsilon = 0 \)) can be seen in Movie 1 in the online material.

The nonlinear development of the SASI, in the absence of nuclear dissociation or in the presence of neutrino heating, involves relatively large shock deformations that generate non-radial flows (e.g., Blondin & Mezzacappa 2006; Scheck et al. 2008). On the other hand, when nuclear dissociation takes a significant fraction of the accretion kinetic energy and the SASI is not forced by convection, shock oscillations saturate at a much lower amplitude and shock kinks do not form. Nevertheless, nonlinear coupling between different modes still takes place and the shock thus acts as a generator of vorticity. The transition to the nonlinear saturated state for three different values of \( \varepsilon \) is shown in Movie 2 in the online material.

In the longer term, the axisymmetric flow reaches a quasi-steady state, with a broad range of oscillation frequencies. One could draw a parallel between this behavior and that of confined 2D turbulence, which reaches a quasi-steady state in which the vorticity accumulates on the largest spatial scales, decaying on the very long viscous timescale (Davidson 2004). The saturation properties of the SASI have been studied in 2D by Ohnishi et al. (2006) and in 3D by Iwakami et al. (2008). Both of these studies include a number of effects, among them neutrino heating and a particular semirealistic equation of state. We defer an examination of the effects of heating to Paper II, and focus here on the effects of nuclear dissociation on this quasi-steady state.

4.2. Time-Averaged Properties

Since none of our simulated flows explode, we are able to average the properties of the fluid over a fairly long period of time (\( T \sim 10^{2}–10^{3} \) dynamical times at the unperturbed position of the shock). In a turbulent system that displays a quasi-steady state behavior, a time average is equivalent to an ensemble average (e.g., Davidson 2004). The mean and rms fluctuation of a quantity \( f(r, \theta, t) \) are defined in the usual way,

\[
\langle f(r, \theta) \rangle \equiv \frac{1}{T} \int_{0}^{T} f(r, \theta, t) \, dt, \tag{10}
\]

and

\[
\Delta f(r, \theta) \equiv \left( \langle f^{2} \rangle - \langle f \rangle^{2} \right)^{1/2}. \tag{11}
\]

Figure 8 shows the velocity field and sound speed, averaged over time and angle \( \theta \), in accretion flows with \( \varepsilon = 0 \) and \( 0.25 \varepsilon_{\text{ff}}^{2} \). At any given moment, one can define minimum and maximum shock radii, which allows the construction of time averages \( \langle r_{s, \text{min}} \rangle, \langle r_{s, \text{max}} \rangle \) and fluctuations \( \Delta r_{s, \text{min}}, \Delta r_{s, \text{max}} \). One can distinguish four different zones in the flow, from the inside out: (1) the cooling layer, extending from the inner boundary to roughly the point of maximum of \( \langle c_{s} \rangle \); (2) the adiabatic envelope, which is bounded above approximately by \( \langle r_{s, \text{min}} \rangle - \Delta r_{s, \text{min}} \); (3) the shock oscillation zone, extending from this radius out to \( \langle r_{s, \text{max}} \rangle + \Delta r_{s, \text{max}} \); and (4) the supersonic accretion flow. It is immediately evident that, as expected from the quasi-steady state behavior, accretion proceeds almost the same as in the

![Figure 7. Radial overtones of the \( \ell = 1 \) mode as a function of adiabatic index \( \gamma \), for a zero-energy accretion flow (\( \varepsilon = 0 \), panels (a) and (c)) and a flow with internal energy \( \varepsilon = 0.25 \varepsilon_{\text{ff}}^{2} \) removed below the shock (panels (b) and (d)). The upper row shows results in units of the inverse free-fall time \( t_{\text{ff}} \), whereas the lower row shows eigenfrequencies in units of the inverse of the time required to traverse the shock cavity at the postshock velocity, \((r_{s0} - r_{s})/|v_{2}|\). The bold line denotes the fundamental mode, the thin lines the first five (a and c) and 11 (b and d) overtones. Growth rates generally decrease toward smaller \( \gamma \), but there is always an unstable overtone. This qualitative result is independent of the size of the density jump at the shock. Other parameters are \( r_{s}/r_{s0} = 0.4, \varepsilon = 0, \) and \( M_{1} \rightarrow \infty. \) (A color version of this figure is available in the online journal.)](image-url)
unperturbed case, with $\langle u_t \rangle$ and $\langle u_\theta \rangle$ closely following the unperturbed velocity profile. The fluctuations $\Delta v_t$ and $\Delta v_\theta$ are comparable in magnitude and much larger than the mean flow, although they remain below $c_s$. As expected, the angle average of $\langle u_\theta \rangle$ vanishes. Notice also that the sound speed in the mean flow is everywhere lower than in the initial configuration, a point that we explore below.

A dramatic feature of Figure 8 is the reduction in the amplitude of the shock oscillation as the effect of nuclear dissociation is introduced into the flow. It is important to understand the extent to which the oscillations seen in core-collapse simulations are the result of an intrinsic fluid instability, as opposed to a coupling of the shock to the convective motions that are maintained by neutrino heating. To this end, we have run a series of simulations with $\varepsilon$ increasing from $0$ to $0.25 v^2_{\text{ff}}$, and analyzed the change in the character of the turbulence. Since the growth rate of the SASI is strongly reduced by nuclear dissociation, we have chosen a ratio of accretion radius to shock radius for which the growth rate of the fundamental peaks when $\varepsilon = 0$ (namely $r_s/R_{\text{sh}} = 0.4$). This is also compatible with our choice for studies of explosion hydrodynamics when neutrino heating is included (Paper II). A fraction $1 - 2\varepsilon/v^2_{\text{ff}}$ of the accretion energy at the shock is available for exciting turbulent motions below the shock. This corresponds to 50–100% of the accretion energy for the flows that we are examining.

The results of this study are summarized in Figures 9 and 10 and Table 1. The first figure shows the amplitude of the $\ell = 0$, $1$ Legendre coefficients $a_{0,1}$ of the shock radius, as a function of time, for a few runs. Their amplitude drops dramatically as $\varepsilon$ increases above $0.15 v^2_{\text{ff}}$. Some configurations display significant intermittency in the oscillations, as exemplified by the case $\varepsilon = 0.1 v^2_{\text{ff}}$.

The following figure shows the time average $\langle a_{0,1} \rangle$ and rms $\Delta a_{0,1}$ of the Legendre coefficients $\langle a_{0,1} \rangle \approx 0$. These quantities have been normalized to the time average of the steady shock position for a 1D run with the same parameters. This procedure allows us to remove a small offset from $r_{\text{sh}}$ in $\langle a_{0,1} \rangle$ that is caused by the finite initial velocity at the inner boundary of the simulations, as can be seen in the upper panels of Figure 9. The $\ell = 0$ mode, being stable, settles to a steady value within a few oscillation cycles. For the lower values of $\varepsilon$, a modest monopole shift in the shock radius remains in 2D, as compared with 1D, but this becomes insignificant for $\varepsilon \gtrsim 0.15 v^2_{\text{ff}}$. The time-averaged $\ell = 1$ coefficient nearly vanishes when half of the accretion energy is removed by dissociation ($\varepsilon = 0.25 v^2_{\text{ff}}$).

In a real core collapse, the protoneutron star contracts by more than a factor of 2 in radius while the shock is still stalled. We have therefore run a series of simulations with different $r_s/R_{\text{sh}}$, to check whether the envelope size has a significant influence on the properties of the saturated state. Figure 11 shows the $\ell = 0, 1$ Legendre coefficients for these runs, which have vanishing dissociation energy. As the envelope size increases by a factor of 2, the fractional $\ell = 0$ expansion of the shock nearly doubles, increasing from $1.15(r_{\text{sh}})^{1D}$ to $1.29(r_{\text{sh}})^{1D}$, where $(r_{\text{sh}})^{1D}$ is the steady shock position in 1D. On the other hand, the rms amplitude of the $\ell = 1$ oscillations only increases by $\sim 20\%$.

The partitioning of the energy of the fluid below the shock into different components is explored in the lower panels of Figures 10 and 11. Since our 1D runs do not display any growing mode, and settle into a well-defined steady state configuration,
we use them to calculate reference values of the kinetic, internal, and gravitational potential energies. These quantities are denoted by \( E_{\text{kin},1D} \), \( E_{\text{int},1D} \), and \( E_{\text{grav},1D} \), respectively, with the spatial integral being carried out between the radius at which \( c_s \) peaks and \( (r_s)^{1D} \). The analogous quantities \( \langle E_{\text{kin},2D} \rangle \), \( \langle E_{\text{int},2D} \rangle \), and \( \langle E_{\text{grav},2D} \rangle \) are obtained by integrating over volume and averaging over time.\(^6\) Table 1 displays the time-averaged energies and their rms fluctuations for both sequences of runs. By increasing \( \epsilon \) and thus the shock compression factor \( k_s \), the mass in the adiabatic layer increases and so does the gravitational binding energy. The internal energy also increases with increasing dissociation energy, because approximate hydrostatic equilibrium needs to be maintained.

\(^6\) The integration over volume is performed from the radius at which the angle and time average of \( c_s \) peaks to the instantaneous shock surface.

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Figure 10. Time-averaged properties of the shocked flow. Horizontal axis labels the fraction of the gravitational energy that is available for exciting oscillations of the shock. Upper panel: rms fluctuation of the \( \ell = 0 \) and 1 components of the shock radius, with points denoting mean values. Radius has been scaled to the equilibrium shock radius in the 1D solution (which is stable). Middle panel: various components of the energy of the 2D flow below the shock, averaged over time, relative to the 1D flow. Black symbols denote internal energy and red symbols denote ratio of internal to gravitational energy. Error bars represent the rms fluctuation. Lower panel: time average of the fluid kinetic energy, with a smaller net change in internal energy. Dissociation energy. The system expands mainly as a result of the growth of the shock. Upper panel: rms fluctuation of the fraction of the gravitational energy that is available for exciting oscillations (black symbols). Notice the dramatic drop in these ratios with increasing dissipation energy. The system expands mainly as a result of the growth of turbulent kinetic energy, with a smaller net change in internal energy.

Figure 11. Same as Figure 10, but now varying \( r_s/r_s^0 \) for fixed \( \epsilon = 0 \).

(A color version of this figure is available in the online journal.)

| \( r_s/r_s^0 \) | \( \epsilon / v_{ff}^2 \) | \( \langle E_{\text{grav}} \rangle \) | \( \langle E_{\text{int}} \rangle \) | \( \langle E_{\text{kin}} \rangle \) | \( \langle E_{\text{kin},a} \rangle \) |
|---|---|---|---|---|---|
| 0.04 | 0 | 62 ± 4 | 40 ± 3 | 1.8 ± 0.6 | 1.7 ± 0.5 |
| 0.05 | 74 ± 3 | 45 ± 2 | 1.6 ± 0.7 | 1.7 ± 0.6 |
| 0.1 | 95 ± 3 | 55 ± 2 | 1.4 ± 0.7 | 1.4 ± 0.7 |
| 0.15 | 129.1 ± 0.9 | 74 ± 1 | 0.4 ± 0.2 | 0.4 ± 0.2 |
| 0.2 | 200.0 ± 0.7 | 107.6 ± 0.6 | 0.2 ± 0.1 | 0.1 ± 0.1 |
| 0.25 | 320.3 ± 0.7 | 159.6 ± 0.3 | 0.21 ± 0.02 | 0.13 ± 0.03 |
| 0.5 | 0 | 39 ± 3 | 26 ± 2 | 1.2 ± 0.5 | 1.1 ± 0.4 |
| 0.375 | 0 | 70 ± 6 | 46 ± 4 | 1.8 ± 0.7 | 1.6 ± 0.5 |
| 0.25 | 0 | 123 ± 7 | 80 ± 4 | 3.1 ± 1.0 | 2.5 ± 0.7 |

Note. Energies are measured in units of \( \rho_1 v_{ff}^2 r_s^0 \approx 3.4 \times 10^{48} M_{0.3} M_{1.1}^{1/2} (r_s^0/150 \text{ km})^{1/2} \text{ erg} \). Error bars denote the rms fluctuation.

The internal energy measured in the 2D simulations generally overlaps that in the 1D flow, with some increase for \( \epsilon = 0 \) and 0.2. Its ratio to the gravitational energy, however, drops by about 10% relative to the 1D flow for \( \epsilon = 0.2 v_{ff}^2 \), which is compensated by the increase in kinetic energy (see also Table 1). So our results point to a scenario in which the postshock envelope expands as a result of the onset of turbulence, keeping its internal energy nearly constant. The fraction of
the accretion energy that is converted to turbulent kinetic energy decreases with increasing $\varepsilon$, from $\sim10\%$ of the internal energy for $\varepsilon = 0$ to about $0.1\%$ for $\varepsilon = 0.2v_\infty^2$. As regards the dependence on $r_*/r_{s0}$, we note that the fraction of the internal energy going to turbulence decreases with increasing envelope size, but the absolute value of the turbulent kinetic energy more than doubles.

5. ON THE LINEAR INSTABILITY MECHANISM

The nature of the linear instability mechanism has been clearly demonstrated in the WKB regime (Foglizzo et al. 2007): the growth of higher radial overtones is due to the “advective–acoustic” cycle first described by Foglizzo & Tagger (2000). This cycle involves a nonspherical deformation of the shock, which creates entropy and vortex waves in the downstream flow. These perturbations become partly compressive as they are advected toward the star, thereby creating an outgoing sound wave that interacts with the shock. There is growth if the secondary shock oscillation is larger in amplitude than the initial perturbation. The instability is aided if the flow is strongly decelerated somewhere below the shock. There is no purely acoustic instability.

The linear stability analysis of Foglizzo et al. (2007) found approximate agreement with the real frequencies and growth rates measured in the hydrodynamical simulation of Blondin & Mezzacappa (2006)—which involve low-order modes of the shock—and good agreement for the $\ell = 0$ modes in particular. Yamazaki & Yamada (2007) solved the eigenvalue problem in an accretion flow with a realistic equation of state and strong neutrino heating. They also found that the eigenfrequencies most closely matched the advective–acoustic cycle. Hydrodynamical simulations show that the oscillation period scales with the advection time at moderate to large shock radius (Ohnishi et al. 2006; Scheck et al. 2008).

Here, we provide further insight into the mechanism driving the fastest-growing, low-frequency modes of a spherical shock. We show that growth involves the radial advection of entropy and vortex perturbations, and the lateral propagation of sound waves in the settling flow below the shock. This explains the observation by Blondin & Mezzacappa (2006) that the communication of pressure perturbations by lateral sound waves plays a role in the SASI, but disagrees with their inference that the mechanism may be purely acoustic.

To this end, we calculate the growth rate as a function of the size of the settling region by solving the eigenvalue problem as formulated by Foglizzo et al. (2007) for several spherical harmonics in a zero-energy accretion flow ($\varepsilon = 0$). The basic configuration of the flow is the same as described in Section 2. By changing the ratio of $r_*$ to $r_{s0}$, we are able to change the radial advection time relative to the time for a sound wave to propagate laterally within the flow.

The upper panel of Figure 12 shows the growth rates of the fundamental (thick lines) and first radial overtone (thin lines) of the $\ell = 1$–4 modes, as a function of $r_*/r_{s0}$. The lower panel compares the advection time of the flow from the (unperturbed) shock in to $r_*$,

$$t_{\text{adv}} = \int_{r_*}^{r_{s0}} \frac{dr}{|v_2|},$$

with the period of a meridional sound wave of Legendre index $\ell$. The acoustic period is plotted at two different radii: right below the shock,

$$t_{\text{max},\ell} = \frac{2\pi r_{s0}}{c_{s2,\ell}},$$

and at the base of the settling flow,

$$t_{\text{min},\ell} = \frac{2\pi r_*}{c_{s*,\ell}} \approx t_{\text{max},\ell} \left(\frac{r_*}{r_{s0}}\right)^{3/2}.$$  

Here, $c_{s2,\ell}$ is the sound speed downstream of the shock, and $c_{s*,\ell} = c_{s2}(r_{s0}/r_*)^{1/2}$ is a good approximation to the sound speed at the top of the cooling layer. The self-gravity of the accreting material is assumed negligible, and most of the postshock region is essentially adiabatic for the chosen cooling function. Hence, $t_{\text{max},\ell}$ corresponds to the longest possible period of a lateral sound wave of spherical harmonic $\ell$ outside the cooling layer. The shortest acoustic period ($\sim t_{\text{min},\ell}$) is found at the base of the settling flow.

For any given $\ell$, the peak of the growth rate of the fundamental mode is always found where $t_{\text{min},\ell} < t_{\text{adv}} < t_{\text{max},\ell}$; the growth rate of the first radial overtone peaks where $t_{\text{min},\ell} < t_{\text{adv}}/2 < t_{\text{max},\ell}$. The basic result does not depend on whether one uses the radial advection timescale, or the sum of the advection time
and the radial sound-travel time (which is significantly shorter). Figure 13 focuses on the radial overtones of \( \ell = 1 \) at large \( r_{ad}/r_s \). We denote by \( f, n_1, n_2, n_3, \) and \( n_4 \) the fundamental and first four overtones, respectively. Other quantities have the same meaning as in Figure 12.

The main conclusion that we draw from Figures 12 and 13 is that the radial flow time controls the overtone of the fastest-growing mode, while the period of the meridional sound wave controls the angular order. This interplay between the two timescales points to the advective–acoustic cycle as the mechanism driving the instability.

The \( \ell = 0 \) mode deserves special comment. We find that its oscillation period is nearly twice the duration of the advective–acoustic cycle, \( 2(t_{adv} + t_{s,up}) \), where \( t_{s,up} \) is the time taken for a sound wave to travel radially from \( r_s \) to \( r_{ad} \). This is demonstrated for a wide range of shock radii in Figure 14. A purely spherical perturbation of the shock will excite a downgoing entropy wave. When the shock oscillation reaches its maximum or minimum radius, the sign of the pressure perturbation below the shock is generally opposite to that of the entropy perturbation, as may be seen by combining Equations (D3), (D4), (D5), and (D9).

When the entropy wave reaches the cooling later, the sign of the change in the neutrino emissivity (Equation (5)) is the same as the sign of the entropy perturbation (at constant pressure), \( \delta L_0/L_0 = -[\gamma - 1]/\gamma \beta - \alpha \). As a result, a positive pressure perturbation at the shock generates an increase in the cooling rate at the base of the settling flow, and therefore a negative pressure perturbation that is communicated back to the shock on the radial acoustic time. This secondary pressure perturbation is in phase with the pressure perturbation at the shock if the mode period is twice the period of the advective–acoustic cycle. This analysis of the \( \ell = 0 \) mode helps to explain the importance of lateral acoustic waves in the growth of nonradial perturbations.

6. SUMMARY

We have investigated the linear stability, and nonlinear evolution, of a standing shock in a spherical accretion flow onto a compact star, in the context of core-collapse supernovae. Our analysis combines two-dimensional, time-dependent hydrodynamic simulations with a linear stability analysis. The equation of state used in these calculations allows for a loss of internal energy to nuclear dissociation below the shock, but is otherwise that of an ideal gas. We do not include heating effects associated with charged-current absorption of neutrinos on protons and neutrons, or the recombination of alpha particles. A companion paper explores how the threshold for an explosion is influenced by these additional effects (Paper II).

Our main results are as follows:

1. The growth rate of the SASI is significantly reduced when \( \sim 20%–50% \) of the gravitational binding energy of the flow is absorbed by nuclear dissociation. A lowering of the adiabatic index of the flow (or, equivalently, a steepening of the density profile above \( \rho \sim r^{-\gamma} \)) has a similar effect. Introducing dissociation to the flow causes a strong reduction in growth rates even for relatively large adiabatic indices \( \gamma \sim 1.4–1.45 \). The lower growth rates appear to result from a weaker coupling between the ingoing entropy–vortex wave and a sound wave that acts back on the shock. This reduced coupling is caused, in part, by a lengthening of the radial flow time in comparison with the time for a sound wave to propagate laterally below the shock. Increasing the dissociation energy also pushes the strongest instability to lower \( \ell \) at fixed \( r_s/r_{ad} \) and to higher \( n \) at fixed \( \ell \).

2. By solving the eigenvalue problem, we do find some unstable modes for all values of \( \varepsilon \). By contrast, the linear stability analysis of Yamasaki & Yamada (2007) found no unstable modes for radial overtones \( n \leq 2 \) at vanishing neutrino luminosity (but evidence for very strong growth of \( n = 3 \) modes, which we do not find), albeit with small shock radii since their cooling function was fixed.

3. The nonlinear development of the SASI in two dimensions is characterized by a quasi-steady state that is reached

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7. As measured at its unperturbed position.
after the linear modes have saturated. As the dissociation energy is increased, the fluctuations of the shock about its unperturbed position are greatly reduced in amplitude. We infer that strong neutrino heating is needed to drive large-amplitude, dipolar oscillations of the shock in a realistic core-collapse environment.

4. The expansion of the shock that we observe appears to be driven mainly (but not entirely) by the action of turbulent pressure; we observe a smaller absolute positive change in the internal energy of the flow below the shock. The turbulent kinetic energy saturates at \( \lesssim 10\% \) of the internal energy. A large expansion of the shock therefore is possible only if the flow has nearly vanishing total energy.

5. The strongest growth of shock perturbations of spherical harmonic \( \ell \) and radial overtone \( n \) is encountered when the radial flow time across a distance \( \sim (r - r_\text{s})/(n + 1) \) equals the period \( 2\pi r/c_s(r) \) of a lateral sound wave, at some radius \( r \) in between the cooling layer and the shock. This provides a compelling argument as to why the linear instability involves a feedback between a radially propagating entropy–vortex perturbation and a laterally propagating acoustic perturbation.

6. The period of a spherical (\( \ell = 0 \)) mode is nearly twice the radial flow time, that is, approximately double the period of the fundamental nonradial modes. This is due to a change in sign between the pressure perturbation at the shock and the pressure perturbation that is induced in the cooling layer at the base of the accretion flow by the advected entropy perturbation.

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APPENDIX A

NUMERICAL TREATMENT OF NUCLEAR DISSOCIATION IN FLASH2.5

Nuclear dissociation is implemented by means of the \texttt{fuel+ash} nuclear burning module in FLASH2.5 (Fryxell et al. 2000). To prevent undesired dissociation effects upstream of the shock, we replace the density and temperature thresholds for burning in the default version of the code with a threshold in Mach number: burning takes place so long as the fluid has a Mach number lower than \( M_{\text{burn}} = 2 \). This has the effect of localizing the nuclear dissociation right behind the shock. We find a very limited amount of incomplete burning whenever the shock is strongly deformed, so that it runs nearly parallel to the upstream flow. Of course, a similar phenomenon is expected in the full collapse problem (incomplete dissociation behind a strongly oblique shock leading to the formation of cold and fast accretion plumes), so we have made no attempt to completely eliminate this effect.

In principle, all of the kinetic energy of accretion can be absorbed by nuclear dissociation downstream of a shock: the Riemann problem has a limiting solution \( \rho_2 \to \infty \) and \( v_2 \to 0 \), with \( \rho_2 v_2 = \rho_1 v_1 \), which for a strong-shock yields \( \varepsilon \to v_1^2/2 \). However, the numerical evolution of the problem in discrete time steps limits the dissociation energy to be smaller in magnitude than the specific internal energy of the fluid, otherwise negative pressure results. In particular, since we want to maintain a steady shock as background flow for stability calculations, the maximum dissociation energy that can be removed in a single time step at \( r = r_0 \) is the internal energy of the postshock flow after dissociation has been subtracted. That is, if we allow for the density contrast \( \kappa \) to increase according to Equation (3), then we require

\[
\varepsilon < \frac{v_1^2}{\gamma(\gamma - 1)M_2^2 \kappa^2},
\]

where \( M_2 \) is the postshock Mach number, Equation (8). The maximum single-step dissociation energy \( \varepsilon_{\text{max}} \) is obtained by equating the two sides of Equation (A1). One finds \( \varepsilon_{\text{max}} \approx 0.213 v_1^2 \gamma \) for \( \gamma = 4/3 \) and \( M_2 \to \infty \).

In reality, burning of the shocked fluid occurs within a layer of a finite width. To relax the above limit on \( \varepsilon \), we have modified the default \texttt{fuel+ash} submodule of FLASH2.5 to allow nuclear dissociation to occur in stages: instead of burning all the \texttt{fuel} into \texttt{ash} in a single step, we only allow the burning of a fraction \( 1/n_{\text{burn}} \) at a time. The value of \( n_{\text{burn}} \) is adjusted empirically so as to avoid numerical problems at large expansions of the shock, where \( \varepsilon \) may approach the local value\(^8 \) of \( v_1^2/2 \). In most cases, the burning is spread across \( \sim n_{\text{burn}} \) cells behind the shock.

We have checked that the mode frequencies of the flow are insensitive to the particular choice, as long as the single-step constraint is met.

APPENDIX B

PROCEDURE FOR OBTAINING EIGENFREQUENCIES FROM A HYDRODYNAMICAL SIMULATION

Here, we describe the procedure to obtain linear eigenfrequencies from our time-dependent numerical simulations and the associated error. To excite a particular mode in our simulations, we add an overdense shell upstream of the shock with the desired angular dependence and a sinusoidal radial profile (amplitude \( \sim 10\% \), width \( \sim 0.2 r_0 \)). This generates an initial shock displacement with very small amplitude (negligible compared with the spherically symmetric displacement described in Section 2.2), followed by a growth of the SASI mode on the advection timescale.

To measure the growth rate \( \omega_{\text{grow}} \) and oscillation frequency \( \omega_{\text{osc}} \) of a mode associated with a given Legendre \( \ell \), we project the shock surface onto the corresponding Legendre polynomial, obtaining a time-dependent Legendre coefficient,

\[
\alpha(t) = \frac{2\ell + 1}{2} \int_0^{\pi} R_s(\theta, t) P_\ell(\theta) \sin \theta \, d\theta,
\]

where \( P_\ell \) is the Legendre polynomial and \( R_s(\theta, t) \) is the shock surface, defined as the locus of points with pressure \( p_{\text{shock}} = \sqrt{P_1 P_2} \). For the strong-shock simulations, this has a numerical value \( p_{\text{shock}} \approx 0.01 \rho_1 v_1^2 \).

\(^8\) As we discuss in Section 4, the shock oscillations saturate at a low amplitude when \( \varepsilon > 0.15 v_1^2 \), which means that this effect is negligible for the simulations reported in this paper.
The time-dependent Legendre coefficient is then fitted with the functional form

\[ a_\ell(t) = c_1 + c_2 \exp(W t) \sin(\omega_{\text{osc}} t + c_3) + c_4 t, \]  

(B2)

where \( \omega_{\text{grow}} \) is the growth rate, \( \omega_{\text{osc}} \) the oscillation frequency, and the \( c_i \) are constants. This fitting function works well whenever there is only a single unstable harmonic, usually the fundamental, for a given \( \ell \) (see, e.g., lower-left panel in Figure 9 during the first ~100h). The fitting is performed with a Levenberg–Marquardt algorithm (Press et al. 2006).

For the fitting, we choose a temporal range that begins when the Legendre coefficient starts a clean sinusoidal oscillation, and which ends when \( a_\ell(t) = (r_{s0} - r_s)/10 \) for \( \ell \geq 1 \), corresponding to a shock displacement of 10% of the unperturbed value at the poles. Our temporal sampling interval is \( t_{\text{fit}}/2 \), about a quarter of the radial sound crossing time from \( r_s \) to \( r_{s0} \).

To estimate the uncertainty in the fitted eigenfrequencies, we assign a “measurement error” to \( a_\ell(t) \), which we compute as follows. The error in \( R_s(\theta, t) \) is taken to be one-half the size of the baseline resolution, \( \Delta R_{\text{base}}/2 \). The size of the angular cell \( \Delta \theta_{\text{base}} \) enters through the computation of the integral in Equation (B1) as a discrete sum. Errors adding up in quadrature then yield

\[ \delta a_\ell = \frac{2\ell + 1}{4} \Delta R_{\text{base}} \Delta \theta_{\text{base}} \sum_i P_i^2(\theta_i) \sin^2 \theta_i, \]  

(B3)

where the sum is performed over all the angular cells. This result is then used as the input error in the Levenberg–Marquardt algorithm. The error bars shown in Figure 3 are the 1σ errors that output from the fitting routine, multiplied by 3.

APPENDIX C

LINEAR STABILITY ANALYSIS WITH NUCLEAR DISSOCIATION DOWNSTREAM OF THE SHOCK

We outline our approach to calculating linear perturbations of a spherical accretion flow with a standing shock wave. The surface of the star imposes a hard inner boundary to the flow, and therefore introduces a free parameter \( r_s/r_{s0} \), the ratio of the stellar radius to unperturbed shock radius. The structure of the flow is further defined by the equation of state and the cooling function. We generalize the ideal gas equation of state to include a finite, uniform dissociation energy \( \varepsilon \) downstream of the shock, as described in Section 2.1. We explicitly account for the low-entropy cutoff in the cooling function (Equation (6)).

Foglizzo et al. (2007) formulate this eigenvalue problem assuming a constant-\( \gamma \) ideal gas equation of state. Generalizing this formalism to account for a constant dissociation energy \( \varepsilon \) is straightforward when thermal energy is removed from the flow only immediately below the shock. The background flow solution is modified, but the algebraic form of the perturbation equations is not. We therefore use the differential system given in Equations (10)–(13) of Foglizzo et al. (2007), which employs the variables \( f = v_{\delta} \delta v_t + 2c_s \delta c_{\nu}/(\gamma - 1) \), \( h = \delta (\rho v_{\delta})/\rho v_{\delta} \), \( \delta S = (\delta p/\rho - \gamma \delta p/\rho)/(\gamma - 1) \), and \( \delta K = r^2 v \cdot (\nabla \times \omega) + \ell(\ell + 1)(c_s^2/\gamma)\delta S \), where \( \omega = \nabla \times v \). All quantities are projected onto spherical harmonics \( Y_{\ell m} \). A complex eigenvalue \( \omega \equiv \omega_{\text{osc}} + i \omega_{\text{grow}} \) is obtained by enforcing \( \delta v_t = 0 \) at \( r = r_s + 10^{-3}(r_{s0} - r_s) \). The eigenfrequencies obtained are nearly insensitive to the radius at which this boundary conditions is applied, so long as it lies inside the cooling layer.

A subtlety in the treatment of the boundary conditions at the shock is worth discussing. When the shock is perturbed to a position \( r_{s0} + \Delta r \) and velocity \( \Delta v \), the equation of energy conservation across the discontinuity becomes

\[ \frac{1}{2}(v_1 - \Delta v)^2 + \frac{c_s^2}{2} = \frac{1}{2}(v_2 + \delta v_t - \Delta v)^2 + \frac{\gamma}{2} \left( \frac{p_2}{\rho_2} + \frac{\delta p_2}{\rho_2} \right) - \frac{p_1}{\rho_1} \frac{\delta p_2}{\rho_2} \left( \frac{\delta \rho_2}{\rho_2} \right) + \frac{\delta \varepsilon}{\rho} \frac{\delta \rho_2}{\rho_2} + \frac{\delta \varepsilon}{\delta p} \frac{\delta p_2}{\rho_2}. \]  

(C1)

Here, as before, 1 and 2 label the upstream and downstream flows in the frame of the accretor. When \( \varepsilon = \text{constant} \), the algebraic form of this equation is unchanged from the case \( \varepsilon = 0 \). Although the Bernoulli parameter \( b \) of the background flow below the shock is reduced, the perturbation \( f = \delta b \) does not receive additional terms. The boundary conditions on \( f, h, \delta S \), and \( \delta K \) therefore have the same algebraic form as Equations (B10)–(B12), (A6), and (B15) of Foglizzo et al. (2007). By contrast, the shock boundary conditions on the perturbation variables \( \delta \rho_2, \delta p_2, \) and \( \delta v_t \) do acquire additional terms resulting from the changing compression ratio \( \kappa \) (Equation (3)). We have checked that these additional terms cancel out in the boundary conditions on \( f, h, \delta S \), and \( \delta K \).

To account for our entropy cutoff (Equation (6)) in the linear stability calculation, one needs to add an additional term to the perturbation to the cooling term in the energy equation,

\[ \delta \left( \frac{\varepsilon}{\rho v} \right) = \left( \frac{\varepsilon}{\rho v} \right) \left[ \beta - 1 \right] \delta \rho \rho + \alpha \frac{\delta c^2}{c^2} - \lambda \frac{\delta v_t}{v_t} - \frac{2}{s_{\text{min}}} \].

(C2)

The precise analytic eigenfrequencies are somewhat sensitive \( s_{\text{min}} \), so this parameter needs to be the same in both linear stability and simulation for proper comparison. The difference between including and excluding the entropy cutoff in the linear stability can be seen from Figure 2, where results obtained without entropy cutoff are shown as dashed lines.

APPENDIX D

COEFFICIENT RELATING THE AMPLITUDE OF AN INGOING ENTROPY WAVE TO AN OUTGOING SOUND WAVE AT A STANDING SHOCK: EFFECTS OF NUCLEAR DISSOCIATION

We focus here on the WKB limit, where the wavelength of the excited modes is small compared with the density scale height below the shock. The perturbed equations of mass, momentum, and energy conservation across the shock are

\[ \rho_1(v_1 - \Delta v) = (\rho_2 + \delta \rho_2)(v_2 + \delta v_t - \Delta v), \]  

(D1)

\[ \rho_1(v_1 - \Delta v)^2 + \rho_1 = (\rho_2 + \delta \rho_2)(v_2 + \delta v_t - \Delta v)^2 + p_2 + \delta p_2, \]  

(D2)

and Equation (C1) with \( \delta s/\delta \rho = \delta s/\delta P = 0 \). Since the end result becomes fairly complicated in the case of nonvanishing dissociation energy, we now simplify the discussion by taking the limit \( M_1 \to \infty \). Working to linear order in the perturbation variables, we divide up these contributions from an outgoing sound wave (–) moving oppositely to the background...
flow), an ingoing sound wave (+), and an entropy perturbation
(S). Then

\[ \delta p_2^\pm = c_s^2 \delta \rho_2^\pm; \quad \delta v_t^\pm = \mp c_s \frac{\delta \rho_2^\pm}{\rho_2}; \] (D3)

\[ \delta S_2 = -\frac{\gamma}{\gamma - 1} \frac{\delta \rho_2^S}{\rho_2}; \quad \delta \rho_2^S = \delta v_t^S = 0. \] (D4)

Equation (D2) becomes

\[ \frac{\delta \rho_2^S}{\delta \rho_2^S} = -\frac{(c_s + v_2)\rho_2^S}{(c_s - v_2)^2 \delta \rho_2^S} - \frac{v_2^2}{(c_s - v_2)^2 \delta \rho_2^S} \]

\[ = \frac{1 - \mathcal{M}_2^2}{(1 + \mathcal{M}_2)^2 \delta \rho_2^S}, \] (D5)

where \( \mathcal{M}_2 = |v_2|/c_s = 1/\sqrt{\gamma(\kappa - 1)}. \) Substituting for \( \delta \rho_2^S, \)

Equations (C1) and (D1) become

\[ - (\rho_2 - \rho_1) \Delta v = 2 \frac{(1 - \mathcal{M}_2^2)}{(1 + \mathcal{M}_2^2)} \frac{\rho_2^S}{\delta \rho_2^S} \]

\[ - \frac{1 + \mathcal{M}_2 + (\gamma - 1)\mathcal{M}_2^2}{(1 + \mathcal{M}_2)} \frac{c_s^2}{\gamma - 1} \delta \rho_2^S, \] (D6)

and

\[ (\rho_2 - \rho_1) \Delta v = 2 \frac{(1 - \mathcal{M}_2^2)}{(1 + \mathcal{M}_2^2)} c_s^2 \delta \rho_2^S - \frac{\mathcal{M}_2}{(1 + \mathcal{M}_2)} c_s^2 \delta \rho_2^S, \] (D7)

respectively. One also has

\[ v_t = -c_s \left( \mathcal{M}_2 + \frac{1}{\gamma \mathcal{M}_2} \right), \] (D8)

for arbitrary \( \kappa > 1. \) Combining these equations gives

\[ \frac{\delta \rho_2^S}{\delta \rho_2^S} = -\frac{2(\gamma - 1)(1 - \mathcal{M}_2^2)}{\mathcal{M}_2(1 + \gamma \mathcal{M}_2)}. \] (D9)

This result can be expressed in terms of the perturbed Bernoulli variable \( f_S = -(\gamma - 1)^{-1} c_s^2 \delta \rho_2^S / \rho_2; \)

\[ f_S = (1 + \mathcal{M}_2)c_s^2 \delta \rho_2^S / \rho_2, \]

\[ \frac{f_S}{f_{S \pm}} = -\frac{2}{\mathcal{M}_2(1 + \gamma \mathcal{M}_2)}. \] (D10)

When the dissociation energy vanishes, \( \mathcal{M}_2 = [(\gamma - 1)/2 \gamma]^{1/2} \) and Equation (D9) reduces to

\[ \frac{\delta \rho_2^S}{\delta \rho_2^S} = -\frac{4 \mathcal{M}_2}{1 + 2 \mathcal{M}_2}. \] (D11)

In this particular case, we find agreement with the coefficient derived in Foglizzo et al. (2005) (their Equation (F11)). That previous result cannot, however, be used when \( \varepsilon \neq 0, \) because its derivation depends on the Hugoniot adiabatic (Landau & Lifshitz 1987). One can also show that, in the absence of dissociation, \( \delta \rho_2 = \delta \rho_2^S + \delta \rho_2^S + \delta \rho_2^S = 0. \) This is no longer the case when \( \varepsilon \neq 0, \) because a net density perturbation arises due to the change in the compression rate (Equation (3)), \( \delta \rho_2 = \rho_1 \delta \kappa, \)

\[ \delta \kappa = -\frac{\partial \kappa}{\partial v_t} \Delta v. \] (D12)

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