Invasive Haemophilus influenzae Serotype e and f Disease, England and Wales

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Release date: April 16, 2012; Expiration date: April 16, 2013

Learning Objectives
Upon completion of this activity, participants will be able to:

• Analyze the epidemiology of Hie and Hif
• Distinguish the risk for mortality associated with invasive cases of Hie and Hif
• Evaluate invasive infection with Hie and Hif among children
• Evaluate invasive infection with Hie and Hif among older adults.

CME Editor
Shannon O’Connor, Technical Writer/Editor, Emerging Infectious Diseases. Disclosure: Shannon O’Connor has disclosed no relevant financial relationships.

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Disclosures: Shamez N. Ladhani, MRCPCH, PhD, has disclosed the following relevant financial relationships: served as an advisor or consultant for GSK, Pfizer, SPMSD, Baxter; served as a speaker or a member of a speakers bureau for GSK, Pfizer, SPMSD, Baxter (all on behalf of St. George’s University of London, but has not received any personal remuneration for these activities). Sarah Collins; Anna Vickers, MD; Carina Crawford; and Mary E. Ramsay, FFPHM, have disclosed no relevant financial relationships. David J. Litt has disclosed the following relevant financial relationships: received grants for clinical research from GSK. Mary P.E. Slack, FRCPATH, has disclosed the following relevant financial relationships: served as a speaker or a member of a speakers’ bureau for GSK, Pfizer; received grants for clinical research from GSK, Pfizer; received support for travel to scientific meetings from GSK, Pfizer, Merck.

Haemophilus influenzae infection causes serious invasive disease, but incidence of the most virulent serotype, Hib, has dropped since introduction of routine Hib vaccination. In England and Wales, the incidence of 2 other serotypes, Hie and Hif, is increasing; during 2001–2010, there was an 11.0% year-on-year increase in Hif and a 7.4% increase in Hie. In 2009–2010, Hif incidence was 0.090/100,000 persons and Hie incidence 0.030/100,000, with higher rates among infants and older adults. Hie had a more severe clinical course; although outcome at 6 months was comparable for the 2 serotypes, case-fatality rate within 7 days of diagnosis was higher for Hie, even after adjustment for age and comorbidities. Multilocus sequence typing revealed a single major circulating clone for both Hif (sequence type 124; 89/99 isolates, 90%) and Hie (sequence type 18; 21/33, 64%), but no association between type and clinical disease or outcome was found.

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DOI: http://dx.doi.org/10.3201/eid1805.111738
**Research**

**Haemophilus influenzae** is a gram-negative cocobacillus that inhabits the human upper respiratory tract and causes serious invasive infections. The organism can be nonencapsulated (ncHi) or classified into 1 of 6 serotypes (Hia–Hif) on the basis of capsular polysaccharide characteristics. Hib is the most virulent serotype; before routine vaccination was implemented, Hib was responsible for >80% of all invasive *H. influenzae* infections, mainly in children <5 years of age (1). Routine immunization with Hib conjugate vaccines, however, has greatly reduced the incidence of invasive Hib disease worldwide (1). As a consequence, invasive infections caused by other *H. influenzae* serotypes have become relatively more common.

The United Kingdom introduced the Hib conjugate vaccine in 1992 as a 3-dose infant schedule alongside a 12-month catch-up campaign for all children <5 years of age (2). This campaign resulted in a rapid reduction in invasive Hib disease across all age groups (2). After 1999, however, Hib disease increased, particularly among toddlers (3). Potential explanations for this increase include a greater than expected decline in Hib antibodies after primary immunization, waning of herd immunity after the initial catch-up campaign, and the use of a less immunogenic Hib combination vaccine with diphtheria, tetanus, and acellular pertussis (DTaP-Hib) in 2000–2001 (3). This resurgence led to establishment of several control measures—re-introduction of a whole-cell pertussis–containing Hib vaccine (DTwp-Hib) in 2002, an Hib booster campaign for toddlers in 2003, and a routine 12-month Hib booster in 2006—that resulted in rapid control of Hib disease (3).

Because conjugate vaccines also reduce pharyngeal carriage (4), concerns have been raised that other *H. influenzae* strains could fill the ecologic niche and result in invasive disease (serotype replacement) (5), although no studies have demonstrated increased carriage rates of other *H. influenzae* serotypes after routine Hib vaccination (6). Some countries have reported small but significant increases in invasive ncHi disease after routine Hib vaccination (7–10); others have not (11,12). Increases in invasive Hif disease have also been reported, albeit with a small number of cases over years (8,13–16).

In England and Wales, the Health Protection Agency (HPA) has conducted enhanced national *H. influenzae* surveillance (encompassing a denominator population of ≥55 million persons) for >2 decades. The continuing decline in invasive Hib disease meant that in 2009, for the first time, other encapsulated *H. influenzae* serotypes overtook Hib as the most prevalent causes of invasive *H. influenzae* disease (17). During 2009–2010, therefore, the HPA investigated the clinical, epidemiologic, and microbiologic characteristics of invasive encapsulated *H. influenzae* disease.

**Methods**

The Health and Social Care Act 2001 authorizes the HPA to process confidential patient information for public health purposes ([www.legislation.hmso.gov.uk/si/si2002/200201438.htm](http://www.legislation.hmso.gov.uk/si/si2002/200201438.htm)). HPA provides a national identification and serotyping service for invasive clinical *H. influenzae* isolates for all National Health Service hospital microbiology laboratories in England and Wales through its Haemophilus Reference Unit and conducts enhanced national surveillance through a combination of isolate submission, routine laboratory reporting, and clinical reporting schemes (3,18). Clinicians, microbiologists, and public health physicians are encouraged to report invasive *H. influenzae* cases to the HPA and submit isolates for species confirmation and serotyping (19). The HPA also receives electronic reports of clinically significant invasive pathogens from microbiologists in >400 National Health Service laboratories who are routinely contacted to submit isolates to the HPA if not already done, as well as notifications of all *H. influenzae*-related deaths from the Office for National Statistics (ONS) ([www.statistics.gov.uk](http://www.statistics.gov.uk)) (18).

We defined invasive *H. influenzae* disease as isolation of the organism from a normally sterile site. Localized infections such as pneumonia were included if accompanied by a sterile site isolate. Isolates were confirmed as *H. influenzae* by growth requirement for X and V factors (20) and ompP2-specific PCR positivity (21). Capsulation status was determined by PCR by using bexA-specific primers (22). Capsular type was confirmed by capsule-specific PCR by using primers for types Hia–Hif (23) and slide agglutination (20).

Laboratory-confirmed Hif and Hie infections diagnosed during 2009–2010 were followed up 3 months after diagnosis by sending a questionnaire to the patient’s general practitioner ([www.hpa.org.uk/Topics/Infectious-Diseases/InfectionsAZ/HaemophilusInfluenzaeTypeB/EnhancedSurveillanceHaemophilusInfluenzae](http://www.hpa.org.uk/Topics/Infectious-Diseases/InfectionsAZ/HaemophilusInfluenzaeTypeB/EnhancedSurveillanceHaemophilusInfluenzae)) and requesting a copy of the hospital discharge summary. A reminder letter was sent to nonresponders after 8 weeks; missing or outstanding information was obtained 1 month later by telephone. Postmortem reports were obtained for all fatal cases that were referred to a coroner. In July 2011, the final outcomes of all patients were confirmed, and causes of death were obtained from the ONS death registrations dataset. Hie/Hif-attributable death was defined as isolation of a pure growth of Hie/Hif from a normally sterile site with clear clinical, radiologic, or histopathologic evidence of invasive bacterial infection and appropriate exclusion of other diagnoses.

Multilocus sequence typing (MLST) was performed according to methods previously described (24). Sequence types (STs) were assigned by using an online reference da-
gression model was fitted for the annual number of Hie/Hif cases. Yearly changes in population and proportion of total H. influenzae isolates serotyped were included in the model as offsets.

**Results**

**Epidemiology**

During 2001–2010, incidence of invasive Hib disease rose and then declined, while Hif and Hie incidence remained stable (Figure 1). Hif incidence increased 11.0% (95% CI 8.3%–13.8%; p <0.0001) year-on-year, and Hif incidence increased 7.4% (95% CI 0.9%–14.2%; p = 0.024) over the 10 years. Only 6 Hia cases and 2 each of Hic and Hid were reported; none were reported during 2009–2010. In 2009, for the first time, Hif incidence exceeded that of Hib (Figure 1).

In 2009–2010, a total of 1,275 invasive H. influenzae infections were reported, including 715 (56.1%) ncHi, 69 (5.4%) Hib, 99 (7.8%) Hif, and 33 (2.6%) Hie. In 359 cases (28.2%), the serotype was not known because the isolate was not submitted to the reference laboratory or because the isolate died in transit. Annual incidence of invasive disease was 0.090 (95% CI 0.073–1.10) per 100,000 population for Hif and 0.030 (95% CI 0.021–0.042) per 100,000 for Hie; incidence was highest among infants and older adults (Figure 2).

**Clinical Cases During 2009–2010**

Clinical questionnaires were completed for all case-patients at a median of 6.8 (IQR 4.4–9.6) months after disease onset. Of the 99 Hif and 33 Hie infections, half (66/132, 50%) occurred in adults ≥65 years of age (Table). Most case-patients were white (121, 91.7%); 6 were Pakistani, 2 Black African, 2 Indian, and 1 Chinese. Underlying conditions (comorbidities) were present in 105/132 (79.6%) case-patients; these were more prevalent in adults (95/107 [88.8%]) than in children (10/25 [40.0%]; \( \chi^2 = 29.6; p<0.001 \)) and increased with age: 0/10 (0.0%) infants, 10/15 (66.7%) 1–14-year-olds, 7/10 (70.0%) 15–44-year-olds, 25/31 (79.6%) 45–64-year-olds, and 63/66 (95.5%) ≥65-year-olds (\( \chi^2 \) for trend 41.5; p<0.0001). The prevalence of ≥2 comorbidities also increased with age, from 0 among infants to 40/66 (60.6%) among ≥65-year-olds. The overall case-fatality rate (CFR) was 47/132 (35.6%) and also increased with age (1/10 [10.0%], 1/15 [6.7%], 2/10 [20.0%], 8/23 [25.8%] and 35/66 [53.0%], respectively). CFR varied by clinical diagnosis and was highest for pneumonia (36/78, 46.2%) and septicemia (7/18, 38.9%) and lower for other clinical presentations (3/19, 15.9%) and meningitis (1/17, 5.9%).

Patients with Hif and Hie infections did not differ significantly by sex, age distribution, or presence or number of comorbidities, although malignancy/immunosuppression was overrepresented among Hif infections (Table). In particular, 27/99 (27.3%) patients with Hif infection had malignancy: 10 (37.0%) with solid organ tumors, 9 (33.3%) with myeloma, and 8 (29.6%) with other hematologic malignancies. By comparison, 1 Hie patient had a solid organ tumor (1/33, 3.0%; \( \chi^2 = 8.7; p = 0.003 \)). In 1 patient, Hif infection was the initial indication of myeloma. Initial signs and symptoms for Hif versus Hie were also similar, except for hepatobiliary infection, which was more prevalent among Hie case-patients (Table). Also, meningitis was ≥2× more common among patients with Hif, although this finding was not statistically significant. Among case-patients with meningitis, 5/7 (71.4%) Hie were previously healthy; 1/7 (14.3%) died, and half the survivors (3/6) had long-term sequelae. In contrast, only 3/10 (30.0%) Hif meningitis patients were previously healthy; all recovered without complications.

CFRs were similar for patients with Hif and Hie overall and for those with comorbidities but significantly lower for previously healthy patients with Hif versus Hie (0.0% vs. 0.0% vs. 0.0% [33.3%]; \( \chi^2 = 6.75; p = 0.009 \)). Among Hif
case-patients, CFR increased with the number of comorbidities: 0 for no comorbidities, 11/32 (34.4%) for 1 comorbidity, and 23/49 (46.9%) for >2 comorbidities ($\chi^2 = 11.7; p = 0.002$). This trend was not observed for Hie case-patients (3/9 [33.3%], 4/9 [55.5%], and 5/15 [33.3%], respectively).

After adjustment for age and comorbidity, patients who had Hie had a 2.6× greater risk for death than did those who had Hif (hazard ratio 2.63, 95% CI 1.14–6.10; $p = 0.024$). Moreover, the interval between diagnosis and death was significantly shorter for Hie (Table), even after adjustment for age and comorbidities (Figure 3). Among case-patients with pneumonia, CFR within 7 days after infection was higher for those with Hie than Hif (Table); this difference remained significant even after adjusting for age and comorbidity (OR 5.1, 95% CI 1.4–18.6; $p = 0.014$).

### Infections in Children

Children <15 years of age accounted for 25/132 (18.9%) Hie/Hif infections. Ten cases (7 Hif, 3 Hie) occurred in the first year of life, with patient age evenly distributed from 1 to 10 months of age and no cases among neonates. None of the infants had been born prematurely or had comorbidities; 9/10 had meningitis, and 1 had Hif septic arthritis. All Hif case-patients recovered uneventfully, but all 3 Hie case-patients had meningitis and either died of purulent meningitis (1 patient) or had long-term sequelae (bilateral sensorineural deafness [1] or seizures [1]).

Among children 1–4 years of age, 8 had Hif and 5 had Hie infection. Of the 8 Hif case-patients, 6 had comorbidities: malignancy/immunosuppression (4 patients) or chronic lung disease of prematurity (2; pneumonia developed in both). There were 2 other cases of pneumonia, 1 of meningitis in a previously healthy child, 2 of septicemia, and 1 of cellulitis; none of the patients needed intensive care, and all survived. Two of the Hie case-patients had comorbidities, 1 with multiple complications of extreme prematurity who developed meningitis and 1 with complex congenital heart disease who developed endocarditis. Three previously healthy toddlers developed cellulitis (recovered without complications), meningitis (bilateral sensorineural deafness developed), and pneumonia (died).

Among older children 5–14 years of age, only 2 had Hie/Hif infections: 1 Hif septicemia case in a child with malignancy, and 1 Hie meningitis case after otitis media in a previously healthy child. Both patients recovered uneventfully.

### Adults 15–64 Years of Age

Among 15–44-year-olds, 8 Hif and 2 Hie infections occurred. Comorbidities were present in 5/8 Hif case-patients. Pneumonia was the most common diagnosis (4 patients), followed by septicemia (3) and septic arthritis (1). Two Hif septicemia cases occurred in pregnant women at 8 and 25 weeks’ gestation: 1 infection resulted in septic abortion. One man who had a comorbid malignancy died within 7 days after infection. Both Hie case-patients had comorbidities: 1 had chronic liver disease, had septicemia develop, and died >1 month later of the underlying disease; 1 had HIV, had pneumonia develop, and survived.

Among 45–64-year-olds, 23 had Hif and 8 had Hie infection. Most Hif cases had comorbidities (20/23, 87.0%) and an initial diagnosis of pneumonia (14/23, 60.9%); 3 cases each had an initial diagnosis of meningitis and septicemia. Of the 6/23 (26.1%) case-patients who died, 1 with chronic obstructive pulmonary disease died of pneumonia within 7 days, and 5 died of an underlying malignancy >3 months later. The 3 previously healthy Hif case-patients had pneumonia (2 patients) and septic arthritis (1) and recovered uneventfully. Hie case-patients had pneumonia (5), meningitis (1), cholangitis (1), and cholecystitis (1); 6/8 had comorbidities. Two Hie case-patients with comorbidities died, 1 within 7 days after multiorgan failure, and 1 after 3 months of underlying malignancy.

### Adults >65 Years of Age

Half the infections (52 Hif, 14 Hie) occurred in this age group. Fifty (96.2%) Hif case-patients had comorbidities (11 with malignancy), and most had pneumonia (35 patients) or septicemia (9). CFR was highest in this age group (27/50, 54.0%), although only 6 (12.0%) case-patients died within 7 days and an additional 13 (26.0%) within 28 days. The 2 previously healthy Hif case-patients had initial diagnoses of pneumonia and supraglottitis but recovered uneventfully. Of the 14 Hie infections, 13 had comorbidities (only 2 had malignancy). Pneumonia (10 patient) was the most common clinical presentation; 1 case each of supraglottitis, urogenital septicemia, cholangitis, and cholecystitis occurred. Eight of 14 (57.1%) Hie case-patients died; 6 with pneumonia and 1 with biliary
Characterization of clinical isolates by MLST showed 2 distinct phylogenetic clusters around a dominant ST within each serotype (Figure 4). Twenty-one (64%) Hie isolates were ST18, while other isolates diverged from this ST at 1 (single-locus variant) or 2 (double-locus variant) of 7 genomic MLST loci. Among Hif isolates, 89 (90%) were ST124; 4 STs were single- or double-locus variants of this ST, and the remaining 2 differed from ST124 at 3 (ST968) and 4 (ST16) loci. STs 966–970 and 973 are previously unreported types assigned as a result of this study. Except for ST16 (which shared its atpG allele with all Hie isolates) and ST66 (which shared its fucK allele with most Hif isolates), the 2 serotype clusters did not share any individual MLST alleles in common. Similarly, apart from occasional shared fucK alleles, neither cluster had alleles in common with contemporary Hib isolates (data not shown). A minimum-evolution tree constructed from concatenated DNA sequences from the 7 MLST loci suggested that the Hie and Hif isolates in this study were evolutionarily closely related to each other but distantly related to 64 Hib isolates from the same period (data not shown).

**Discussion**

In England and Wales, encapsulated *H. influenzae* other than Hib rarely cause invasive disease; among those, Hie and Hif are most common. These serotypes are similar to ncHi in that they cause invasive disease mainly in older adults, who often have comorbidities and present with pneumonia. However, although Hie is 3× less common than Hif, it appears to be more virulent, with more complications of meningitis and higher infection-attributable CFR, even after adjustment for age and comorbidities.
RESEARCH

The HPA national reference service for *H. influenzae* species confirmation and serotyping provides a rich source of epidemiologic and molecular surveillance data, and the consistently high proportion of serotyped isolates with data enhancement from multiple sources further strengthens the quality and completeness of the surveillance program (18). This data source enables more accurate interpretation of trends in disease rates and pathogens over time, as demonstrated by the relatively stable trends in the rare *H. influenzae* serotypes over the past decade. Despite the small number of cases, our results show small but gradual annual increases in invasive Hie and Hif disease. These increases are most likely to be a consequence of 1) the expansion of at-risk populations in industrialized countries resulting from increased survival rates among those at the extremes of age, who often have long-term comorbidities; 2) better survival prognosis among patients with malignancy; and 3) increased use of immunosuppressive therapy for immunologic and rheumatologic conditions.

Other countries have also reported an increase in invasive Hif disease since routine Hib vaccination was introduced. In 1 surveillance study involving multiple states in the United States, Hif incidence increased from 0.14/100,000 population in 1989 to 1.9/100,000 in 1994 (13); in Utah, Hif incidence increased from 0.14/100,000 person-years during 1998–2008 to 0.48/100,000 during 2007–2008 (8). The US Active Bacterial Core surveillance also recently reported an increase in invasive Hif disease, from 0.06 cases/100,000 population in 1989 to 0.25/100,000 in 2008 (16). In Sweden, invasive Hif disease increased 2.3% annually during 1997–2009 (10); however, other studies, including a recent study in Europe involving national surveillance data from 14 countries over 11 years, did not show any changes in Hif incidence (7,26). In relation to Hie, perhaps because of the small number of invasive cases caused by this serotype, we identified only the recent US Active Bacterial Core surveillance study that reported a small increase in disease incidence over 2 decades (16).

In addition to national epidemiologic surveillance, we prospectively collected clinical information for all laboratory-confirmed infections. Most published reports of Hie and Hif infection are in the form of individual cases, with few studies reporting a sufficient number of cases focusing on clinical aspects of specific *H. influenzae* serotypes (10,13,27). Our results indicate that Hie and Hif share many features characteristic of invasive ncHi disease, such as patient age distribution, higher risk for infection among vulnerable populations, and higher CFR compared with Hib (7). Certain features that were previously attributed primarily to ncHi, such as causing hepatobiliary disease (28,29) and disease during pregnancy (30), were also observed among Hie and Hif case-patients, respectively, in our study. The proportion of case-patients with comorbidities in our cohort was similar to previous smaller studies (60%–80%) (13,27,31–34) and to that among ncHi case-patients (13,26,33,35–37). Several Hif case-patients had...
disorders of B-cell immunity, such as chronic lymphocytic leukemia and multiple myeloma, which have also been reported among persons with invasive ncHi; this finding suggests a major role for humoral immunity (10). Declining B-cell function has also been speculated to explain the increasing incidence with age (10). The finding that none of the infants in this study had any reported comorbidities at infection, however, is intriguing. Most children and adults outside this age group had comorbidities, which suggests that some of these infants might have as-yet-undetected subtle immunologic abnormalities that made them vulnerable to opportunistic infections.

Although Hie and Hif should be compared with caution because of the relatively small number of cases, our results suggest that Hie causes more severe clinical disease. This observation is supported by recent population-based studies that have reported a worse outcome for patients with Hie than for those with Hif, including a CFR of 24% versus 10.0% (p = 0.003) in a study in Europe (7) and 32% versus 6% (p = 0.002) in a US study (38). One possible reason that Hie has a lower incidence but it is more fatal than Hif could be that this serotype is less pathogenic and infects persons who are older and/or in much poorer health and who, therefore, are more likely to die. This hypothesis, however, is not supported by our study because the median age at disease onset and the prevalence of any or multiple comorbidities were similar, and the 7-day CFR remained significant even after adjusting for these risk factors. However, the 6-month CFR for the 2 serotypes was similar, which suggests that these pathogens can infect highly vulnerable persons who, even if they survived the infection, subsequently succumbed to their underlying illness; this finding has been also observed for invasive ncHi disease (10,35). For example, a recent study in Sweden reported that the 28-day CFR for invasive ncHi disease was 8%, but 1-year CFR increased to 29% (10).

MLST analysis of the clinical isolates revealed dominant Hie (ST18) and Hif (ST124) types that have been reported among bacterial strains from Europe and North America (http://haemophilus.mlst.net) (24). In 2 recent independent studies in Canada, ST124 was also the dominant Hif type, and the Hie types detected differed from ST18 at only a single MLST locus (9,39). None of the Hie or Hif MLST types in our study have been reported outside of their respective serotypes. These observations, combined with phylogenetic analysis of MLST sequences across capsulated and noncapsulated H. influenzae isolates in our and other studies (24,40), suggest that any increase in Hie and Hif disease is not due to genetic capsule switching events between these serotypes and Hib.

In conclusion, invasive Hie and Hif infections are rare in England and Wales, but their incidence is increasing slowly. The clinical features are similar to ncHi, although Hie appears to be associated with more severe disease and worse infection-attributable outcome. Given that most infections occur among persons with comorbidities, it would be prudent to investigate all previously healthy persons in whom Hie/Hif infections develop for possible underlying immune deficiency, malignancy, or other undiagnosed conditions. Phylogenetic analysis of clinical isolates showed no evidence of serotype replacement by capsule switching between Hie or Hif and Hib and no association between sequence types and clinical disease or outcome.

Dr Ladhani is a pediatric infectious disease consultant with the HPA, London, UK. His research interests include vaccine-preventable diseases.

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