Patch Antenna for Measuring the Internal Temperature of Biological Objects Using the Near-Field Microwave Radiometric Method

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Abstract. The near-field microwave antenna with central frequency of 2.23 GHz has been designed and manufactured to be used as a part of the medical microwave radiometric system. Experimental studies of the reflection coefficient in different parts of the human body were conducted using the developed antenna. The experimental studies were carried out in a group of volunteers with normal somatic growth. The results of the experiments were used to perform the analysis of the potential errors in the measurements obtained via the developed antenna.

1. Introduction
One of the most important tasks in early medical diagnosis is to determine an internal temperature of the biological tissue. Invasive methods of temperature measuring, not to mention the additional pain, are not effective and cause significant measurement errors. Widely used non-invasive methods are infrared and microwave imaging \cite{1}. Infrared imaging is commonly used in medical practice; however, this method allows measuring only near-surface temperature. Therefore, it is impossible to fully determine the internal thermal processes. The internal temperature distribution with the accuracy level adequate for medical practice can be measured by methods based on microwave imaging \cite{2}.

The most widely used technique is the near-field microwave radiometry. In this case (figure 1), antenna $A$ is in a direct contact with the human body, as a result, resolution increases, the reflection coefficient of the antenna-medium complex can be estimated, and the influence of the radio interference decreases. The accuracy in comparison with remote radiometric methods increases as well.

2. Antenna designing
The accuracy of the results obtained via the near-field microwave imaging depends both on the biological tissue structure under study and the absolute accuracy (and sensitivity) of the measuring device – microwave radiometer. Among different types of microwave radiometers \cite{3–7} widely-spread in medical diagnosis, the microwave radiometer based on the modified zero measuring method is most advantageous \cite{5}. This microwave radiometer allows measuring the internal temperature of biological objects and the reflection coefficient with no effect of the main destabilizing factors...
inherent in other types of radiometers. The main feature of the near-field microwave radiometric method is the need of impedance matching the antenna with the biological tissue.

![Figure 1](image1.png)

**Figure 1.** Biological tissue structure and the near-field radiometer for internal temperature measurement.

In [9], a comparative analysis of microwave antennas for the near-field radiometric method is provided. According to [9], waveguide antennas with regard to their main technical characteristics have a number of advantages (operating frequency range, matching with a layered medium), as compared to patch antennas. Technologically, patch antennas are most simple for manufacturing.

In [10–15], the authors consider various configurations of the radiating elements to achieve the required parameters: matching at the operating frequency range (reflection coefficient module is less than 0.5) [8], operating frequency width is at least 100 MHz.

Near-field patch antennas with circular radiating element are widespread. The design of these near-field antennas provides shielding, small size and ease of implementation by using a subtractive manufacturing technology in comparison with waveguide antennas. The technique of designing an antenna with a circular radiating element for the far zone is presented in [16]. A brief description of the methodology for development of the near-field antenna with a circular radiating element is as follows: dielectric substrates with low dielectric permittivity \( \varepsilon = 2...3.8 \) are used, thickness of dielectric substrates is at least 1 mm, location of the feeder in the radiating element is determined by the required impedance value.

A near-field patch antenna with a circular radiating element has been designed. The development of the mathematical model and structural modeling of the antenna were carried out to meet the requirements of the impedance matching of the antenna-feeder path with the biological tissue of the "skin - adipose tissue - muscle tissue" type.

The developed antennas are made of microwave dielectric material “FLAN” \( \varepsilon = 2.2 \), the substrate thickness is about 1 mm, the transverse dimension is about 13×13 mm, the central frequency is 2.23 GHz, and the 3 dB level bandwidth is 500 MHz.

![Figure 2](image2.png)

**Figure 2.** Designed models of the near-field antennas and the scalar network analyzer R2M-3200.

Variations in the biological tissue structure in the near-field measurements lead to antenna impedance mismatch. The influence of the biological tissue parameter variation (thicknesses of the skin, adipose and muscle tissue) on antenna matching has been evaluated at the design stage by using
the computer-aided design CST Microwave Studio 2010. Some of the simulation results are shown in figure 3.

The results to study the reflection coefficient module of the biological medium were performed by using the designed antenna. The measurements were carried out in a group of volunteers with a normal somatic growth on particular parts of the body. The measurement results obtained using the scalar network analyzer R2M-3200 produced by JSC "Micran" are presented in Table 1.

Table 1. The results of the reflection coefficient module measurements in the frequency range from 2.18 to 2.28 GHz

| Body area               | No.1  | No.2  | No.3  | No.4  | No.5  | No.6  | No.7  | No.8  | No.9  |
|-------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| The inner side of forearm | 0.107 | 0.075 | 0.184 | 0.110 | 0.200 | 0.104 | 0.110 | 0.095 | 0.101 |
| The shoulder (outside)  | 0.158 | 0.127 | 0.135 | 0.127 | 0.170 | 0.115 | 0.124 | 0.117 | 0.130 |
| The shoulder (inside)   | 0.193 | 0.188 | 0.190 | 0.178 | 0.202 | 0.098 | 0.175 | 0.198 | 0.180 |
| The front surface of abdomen | 0.316 | 0.124 | 0.191 | 0.210 | 0.305 | 0.256 | 0.180 | 0.230 | 0.185 |
| The side surface of abdomen | 0.101 | 0.03  | 0.120 | 0.130 | 0.280 | 0.090 | 0.129 | 0.189 | 0.123 |
| The inner surface of thigh | 0.203 | 0.185 | 0.212 | 0.199 | 0.253 | 0.150 | 0.207 | 0.200 | 0.175 |
| The rear surface of lower leg | 0.050 | 0.048 | 0.098 | 0.026 | 0.150 | 0.033 | 0.037 | 0.058 | 0.035 |
| The larynx              | 0.079 | 0.084 | 0.070 | 0.090 | 0.124 | 0.050 | 0.048 | 0.073 | 0.034 |
| The left half of chest  | 0.141 | 0.090 | 0.134 | 0.152 | 0.203 | 0.112 | 0.127 | 0.112 | 0.120 |
| The right half of chest | 0.125 | 0.085 | 0.147 | 0.167 | 0.234 | 0.090 | 0.130 | 0.124 | 0.110 |
| The cheek area          | 0.251 | 0.199 | 0.208 | 0.203 | 0.280 | 0.199 | 0.153 | 0.235 | 0.205 |
| The top of head area    | 0.177 | 0.162 | 0.180 | 0.170 | 0.180 | 0.165 | 0.179 | 0.150 | 0.139 |

There are two major factors affecting the accuracy of the biological tissue temperature profile measuring: the first factor is the efficiency of algorithms for inverse problem solving and the second one is absolute accuracy of the microwave radiometer used for measurements [17].

A mathematical model of the zero-type analog radiometer considered in [3] is limited to an ideal case with no insertion loss and with full reflection of the energy in the microwave switch. This model
does not consider the impact of losses in the antenna-feeding path. In practice, the development of the microwave components with the parameters close to ideal ones is difficult.

The analysis shows that the influence of these factors decreases the accuracy of the measurement results, and at the level of the reflection coefficient module \( R \geq 0.1 \) (see Table 1) it causes significant errors.

To evaluate the efficiency of the developed antenna, the analysis of the errors in the noise temperature measurements of the biological tissue using the radiometer [5] based on the modified zero method measurements was performed. The input unit of the microwave radiometer [5] implemented in the block diagram is shown in figure 4.

![Figure 4. Block diagram of the input unit of the microwave radiometer: the tested object with temperature \( T_0 \), antenna \( A \), microwave reflective switch \( S \), directional coupler \( DC \), circulator \( C \) and low noise amplifier \( LNA \).](image)

Figure 5 shows the timing diagram of the radiometer [18]. The pulse amplitude modulation signal \( t_{APM} \) (see figure 5) controls the switch (see figure 4) – in the time domain of the logical high signal \( t_{APM} \), the switch is opened and the antenna is connected to the input of the \( LNA \), in the time domain of the logical low signal \( t_{APM} \), the switch is closed and the \( LNA \) receives signals \( T_{ML} \) and \( T_{NG} \) considering reflections in the closed switch [19]. The power transmission \( T_{NG} \) control is carried out by the pulse-width modulation signal \( t_{PWM} \). The transfer of the signal \( T_{NG} \) occurs in the time domain of the logical high pulse-width modulation signal in the antenna waveguide towards the receiver, in the time domain of the logical zero, the signal \( T_{NG} \) is travels to the reflective switch. The pulse-width duration is changing until the condition of the equality of volt-second areas is fulfilled [5, 20, 21].

![Figure 5. Timing diagrams of the zero-type radiometer: a) timing diagram of the logical signal at the input of the low noise amplifier at "c" point (see figure 4), the direction of the \( T_{NG} \) signal is indicated by arrows, b) timing diagram of the amplitude-pulse modulation signal, c) timing diagram of the pulse-width modulation signal.](image)

In the following analysis, the efficiency of the near-field antenna is not considered. The near-field antenna together with the biological medium is characterized by the module of the power reflection coefficient \( R \), the reflective switch is characterized by the transmission coefficient \( l_{SW} \) and by the module of the power reflection coefficient in a closed state \( R_{SW} \), the transmission of the signal \( T_{NG} \) to
the antenna waveguide is carried out by the directional coupler, and the matching load of the circulator (isolator operating mode) generates the \( T_{ML} \) signal.

In the above block diagram (see figure 4), the case of complete removal of the effect of antenna mismatching with the tested medium is realized only with full reflection from the closed switch disregarding the insertion loss in it. In practice, it is impossible to realize lossless switch and/or with full reflection of the signal from the closed input.

In the timing diagram a) (see figure 5), the levels of the signals are shown taking into account the imperfections of the reflective switch:

\[
A \sim T_0 \cdot (1 - R) \cdot l_{SW} + R \cdot l_{SW}^2 \cdot T_{NG} + R \cdot l_{ML}^2 \cdot T_{ML} + (1 - l_{SW}) \cdot T_{ML} \\
B \sim T_0 \cdot (1 - R) \cdot l_{SW} + T_{NG} + R \cdot l_{SW}^2 \cdot T_{ML} + (1 - l_{SW}) \cdot T_{ML} \\
C \sim R_{SW} \cdot l_{SW} \cdot (T_{NG} + T_{ML}) ,
\]

\[
A \sim T_0 \cdot (1 - R) \cdot l_{SW} + R \cdot l_{SW}^2 \cdot T_{NG} + R \cdot l_{ML}^2 \cdot T_{ML} + (1 - l_{SW}) \cdot T_{ML} \\
B \sim T_0 \cdot (1 - R) \cdot l_{SW} + T_{NG} + R \cdot l_{NG}^2 \cdot T_{ML} + (1 - l_{SW}) \cdot T_{ML} \\
C \sim R_{ML} \cdot l_{ML} \cdot (T_{NG} + T_{ML}) 
\]

where \( l_{SW} \) is the insertion loss in the reflective switch, \( R \) is reflection from the "object-antenna" border, \( T_{NG} \) is the noise temperature of the noise generator added to the antenna noise temperature \( T_A \), \( T_{ML} \) is the noise temperature of the matching load (see figure 1 and figure 4).

Let us write the expression to find the dependence of the pulse-width modulation signal on the medium noise temperature considering the data and the values of \( A, B, C \) levels provided in [7]

\[
T_0 = \frac{(1 + R) \cdot T_{ML} \cdot (l_{SW} - 1) - (R - R_{SW}) \cdot l_{SW}^2 \cdot T_{ML} + R_{SW} \cdot T_{NG} \cdot l_{SW}^2}{(R - 1) \cdot l_{SW}} \\
\]

\[
T_0 = \frac{t_{PWM} \cdot T_{NG} \cdot (1 + R \cdot l_{SW}}{t_{APM} \cdot (R - 1) \cdot l_{SW}}. 
\]

For the case of an ideal reflective switch \( (R_{SW}=1, l_{SW}=1) \), the expression (1) takes the form

\[
T_0 = T_{ML} + T_{NG} \frac{t_{PWM}}{t_{APM}} \cdot T_{NG} .
\]  

Expression (2) is consistent with the data in [5] for idealized elements.

The modern microwave reflection switch has an insertion loss level of 0.01...0.1 and the reflection coefficient of 0.9...0.99 at the shortwave region of the S-range. Taking into account the data range of the reflection coefficient module (see Table 1 – the maximum antenna reflection coefficient \( R_{MAX}=0.316 \)) and the range of the input module imperfections (insertion loss and not full reflection in the switch), determine the possible measurement error by using expression (1). In solving the inequality (3) obtained by (1) taking into account the range of values \( 0.9 \leq l_{SW} \leq 0.99 \), \( 0.9 \leq R_{SW} \leq 0.99 \) and \( 0 \leq R_{MAX} \leq 0.316 \) for the dynamic measurement range of 10 K at the range boundaries \( l_{SW}, R_{SW}, R_{MAX} \), the errors exceed the desired accuracy by more than one order of magnitude.

\[
\Delta T = \frac{(1 + R_{MAX}) \cdot T_{ML} \cdot (l_{SW} - 1) - (R_{MAX} - R_{SW}) \cdot l_{SW}^2 \cdot T_{ML} + R_{SW} \cdot T_{NG} \cdot l_{SW}^2}{(R_{MAX} - 1) \cdot l_{SW}} \\
- \frac{t_{PWM} \cdot T_{NG} \cdot (1 + R \cdot l_{SW}}{t_{APM} \cdot (R_{MAX} - 1) \cdot l_{SW}}.
\]  

The measurement accuracy \( \Delta T=0.05 \) K is provided for the range of values of the antenna reflection coefficient module within the limits \( 0 \leq R \leq 0.316 \) under the condition of \( 0.98 \leq l_{SW} \leq 0.99 \), \( 0.98 \leq R_{SW} \leq 0.99 \).
3. Conclusion
Thus, the developed antenna can be used for testing the biological tissue by the near-field microwave radiometer in case of using the microwave input unit with the reflection switch characteristics close to ideal parameters. If the input module characteristics do not provide the desired accuracy, it is necessary to use antennas that comply with the requirements for matching of the tested tissue (body area).

A single antenna can also be used if both the noise temperature and the reflection coefficient module are measured simultaneously with subsequent correction of the measurement results taking into account the influence of the reflection coefficient module.

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