Data analysis and graphing in an introductory physics laboratory: spreadsheet versus statistics suite

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Abstract

Two methods of data analysis are compared: spreadsheet software and a statistics software suite. Their use is compared analysing data collected in three selected experiments taken from an introductory physics laboratory, which include a linear dependence, a nonlinear dependence and a histogram. The merits of each method are compared.

Online supplementary data available from stacks.iop.org/EJP/31/919/mmedia

1. Introduction

An experiment is not completed when experimental data are collected. Usually, the data require some processing, an analysis and possibly some sort of visualization. The three most commonly encountered approaches to data analysis and graphing are

- manual method using grid paper,
- general purpose spreadsheet software and
- statistics software suite.

The manual method involving grid paper and a pencil often still seems to be the one favoured by the teachers. Indeed it has a certain pedagogical merit, for it does not hide anything in black boxes: the student has to work through all the steps him- or herself. It is also the preferred option in environments where students cannot be expected to own a personal computer. However, an increasing proportion of students does have access to a computer, either on their own initiative or as part of an organized initiative (e.g. [1]), and they find the...
method tedious, painstaking and old-fashioned. In all honesty, their teachers do not use this method in their own research work.

General purpose spreadsheet software such as Excel (Microsoft), Quattro Pro (formerly Borland, Inc. now Corel, Inc.) or the freely available OpenOffice Calc (formerly Sun Microsystems, Inc., now Oracle Corporation) contains most functions required for data analysis and graphing. They are commonly available and the students are generally well-versed in their use. However, spreadsheets have their drawbacks. They are difficult to debug, and they often require an educated operator in order to produce a visually satisfying graph without visual distractions.

Due to volume academic licenses, statistical software suites such as SPSS (formerly SPSS, Inc., now IBM), SAS (SAS Institute, Inc.), Stata (StataCorp, Inc.), Statistica (StatSoft, Inc.), Minitab (Minitab, Inc.) or S-PLUS (TIBCO Software, Inc.) have also become a viable option. They usually allow both a spreadsheet-like access and programming using a scripting language, and generally produce an excellent graphical output.

Finally, one also needs to mention the fourth group: specialized software for scientific graphing such as Origin (formerly MicroCal, Inc., now OriginLab), SigmaPlot (formerly Jandel Scientific, now Aspire Software International), IGOR Pro (Wavemetrics, Inc.) or Prism (GraphPad Software). This is usually the preferred option in a research laboratory, but with a price of around 1000 EUR per license; it is usually considered too expensive for classroom or student laboratory use.

In this paper, we illustrate two methods, one involving a spreadsheet and the other a statistics software suite, on a set of three problems taken from the laboratory course prepared for first year students of medicine, dental medicine and veterinary medicine [2]. Two of them involve bivariate data (illustrating a linear and a nonlinear dependence) and one involves univariate data (a histogram of radioactive decay). As typical examples of each class, two programs were selected: Microsoft Excel (version 12, included in Microsoft Office 2007) and R (version 2.10.1). Even though one is a commercial software product and the other is a free one, we consider them the most popular representatives of their respective groups, which justifies their comparison. Furthermore, the features presented in R work unchanged in S-Plus, the commercial implementation of S, while the spreadsheet examples work, except where noted, besides in Excel also in the freely available OpenOffice Calc.

Microsoft first introduced Excel for Apple Macintosh in 1985, while the version for Microsoft Windows followed two years later. It started to outsell its then main competitor, Lotus 1-2-3, as early as 1988, and the introduction of Microsoft Windows 3.0 in 1990 cemented its position as the leading spreadsheet product with a graphical user interface (GUI). Microsoft Excel is now available for Microsoft Windows and the MacOS X environments.

R [3, 4] is both a language and an environment for data manipulation, statistical computing and scientific graphing. R is founded on the S language and environment [5] which was developed at Bell Laboratories (formerly AT&T, now Lucent Technologies) by John Chambers, Richard Becker and coworkers. S strove to provide an interactive environment for statistics, data manipulation and graphics. Throughout the years, S evolved into a powerful object-oriented language [6, 7]. Nowadays, two descendants exist which build on its legacy: S-Plus, a commercial package developed by TIBCO Software, Inc., and the freely available GNU R. Its primary source is the Comprehensive R Archive Network (CRAN), http://cran.r-project.org/.

In the rest of the paper, we first compare Excel and R on three cases taken from an introductory physics laboratory: a linear and a nonlinear regression, and a histogram. We then discuss the positive and the negative aspects of using either approach, and finally present the main conclusions.
Figure 1. Using the ‘Add trendline’ feature, linear dependence between the electrolyte concentration and its conductivity in a dilute electrolyte is easily determined with a spreadsheet.

2. Comparison

2.1. Case 1: linear dependence

Let us start with a simple example, in which the linear dependence between the concentration and the conductivity of a dilute electrolyte is examined. At five different concentrations of electrolyte, the student takes the measurement of the resistance of a beaker filled with electrolyte to the mark, with a pair of electrodes immersed and connected into a Wheatstone bridge. Using one known value for conductivity, the student calculates the rest of conductivities from the resistances, plots the points into a scatterplot, fits the best line through the data points and, measuring its resistance, finally determines the unknown concentration of an additional sample.

The spreadsheet solution is straightforward: data points can be plotted as a scatterplot, then with a right-hand click on any data point, ‘Add trendline’ is selected (figure 1). In order to learn the slope and the intercept of the straight line, one can choose ‘Display equation on chart’ in the ‘Options’ tab. Alternatively, one can find the slope, the intercept and the correlation coefficient through built-in functions \texttt{SLOPE()}, \texttt{INTERCEPT()} and \texttt{CORREL()}. More statistical parameters can be obtained through a matrix function \texttt{LINEST()}. Individual cells from within the result of a matrix function can be extracted by embedding \texttt{LINEST()} inside a \texttt{INDEX()} function. A fully worked example is given in the on-line supplementary material (available from stacks.iop.org/EJP/31/919/mmedia).

In R, the task can be achieved with a simple script, shown in appendix A. The resulting graph is shown in figure 2. The example shows a few features of R which we want to comment on.

- Since we only have five data points, the data were entered directly into the program rather than being read from an external data file. The \texttt{c()} function is used to concatenate data into a vector.
- R encourages programming with vectors. In the expression \( \frac{k}{\text{resistance}} \), each element of the resulting vector is computed as a reciprocal value of the element of the original vector, multiplied by \( k \).
Inspired by the TeX typesetting system, R offers a capable method of entering mathematical expressions into graph labels using the `expression()` function [8].

- The `plot()` function is the generic function for plotting objects in R. Here we used it to produce a scatterplot.
- The `lm()` function is used to fit any of several linear models [9]; we used it to perform a simple bivariate regression. R is not overly talkative, and `lm()` does not produce any output on screen; it merely creates the object `cond.fit`, which we can later manipulate at will. In the example we used `abline(cond.fit)` to plot the regression line atop the data points. If we want to print the coefficients, we can use `coef(cond.fit)`.

In a simple case like linear dependence, spreadsheet offers a somewhat simpler solution. R, however, gives more control over its graphical output and generally produces a visually more pleasing output.

### 2.2. Case 2: nonlinear dependence

Not all dependences are linear. Sometimes, they can be linearized by an appropriate transformation (e.g. logarithmic), which reduces the task of finding the optimal fitted curve back to the linear case. With a computer at hand, however, this is not necessary. In this example, we examine the time dependence of voltage in a circuit with two capacitors (figure 3). The student first charges the capacitor $C_1$ and then monitors the voltage as $C_1$ discharges. The voltage $U(t)$ can be written as a sum of two exponentials:

$$U(t) = Ae^{-t/\tau_1} + Be^{-t/\tau_2}.$$  

(1)

The task is to determine the two amplitudes $A$ and $B$ and both relaxation times $\tau_1$ and $\tau_2$.

Solving the problem with a spreadsheet, one first learns that the otherwise convenient ‘Add trendline’ feature cannot be applied to this case—while it offers a few functions beyond linear (polynomial, logarithmic, exponential, power and running average), a sum of several exponential functions is not among them. Instead, we present two other solutions in Excel. The first one emulates the manual graphical method, while the second one uses the built-in ‘Solver’ tool.
Figure 3. A circuit scheme with two capacitors. In the experimental setup, $C_1 = C_2$ and $R_2 \gg R_1$. $C_2$ is discharged at the beginning of the experiment. The voltage $U$ on $C_1$ is recorded as a function of time $t$.

Figure 4. Logarithm of the dimensionless voltage $u = U/1\ \text{V}$ on the capacitor $C_1$ (figure 3) as a function of time $t$; after $\approx 200$ s the fast component dies away and only the slow component remains, yielding $B$ and $\tau_2$.

The first solution (Supplementary Material, supplement1.xls, worksheet ‘2exp log’, available from stacks.iop.org/EJP/31/919/mmedia) takes into account the properties of the exponential function. After a certain period—this threshold value can be most easily obtained graphically (figure 4) by plotting $\ln U$ (column C) versus $t$—the fast component, $A e^{-t/\tau_1}$, dies away, and only the slow component remains:

$$U(t) \approx B e^{-t/\tau_2}.$$  

Taking the logarithm of (2) one obtains $\ln B$ as the intercept (D13) and $-1/\tau_2$ as the slope (D12). $\tau_2 = 410$ s and $B = 8.0$ V are computed in D16 and D17, respectively. Once the slow component is determined, one can compute the fast component (column F) by subtracting the slow component from the whole:

$$U_h(t) = U(t) - B e^{-t/\tau_2}.$$  

From (1) one can see that $U_h(t) = A e^{-t/\tau_1}$; therefore, by taking the logarithm of (3), one obtains $\ln A$ as the intercept (H13) and $-1/\tau_1$ as the slope (H12), yielding $A = 3.7$ V and $\tau_1 = 43$ s. This solution retraces the same steps one would take if equipped only with a grid paper and a pocket calculator; the spreadsheet only makes it slightly more convenient.

While the linearized solution certainly possesses certain pedagogical merits, one needs to realize that the transformation needed to linearize the data inevitably distorts the experimental error and alters the relationship between the $x$- and $y$-values, yielding an incorrect final result. Instead, one can use the built-in ‘Solver’ tool (the ‘Solver’ included in the recent (3.1.1)
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release of OpenOffice Calc is restricted to linear models and thus inappropriate for the task) to maximize the coefficient of determination,

\[ R^2 = 1 - \frac{\sum (y - y_{\text{fit}})^2}{\sum (y - \bar{y})^2}. \] (4)

The spreadsheet solution is given in the Supplementary Material (supplement1.xls, worksheet ‘2exp nonlin’, available from stacks.iop.org/EJP/31/919/mmedia). As before, column A contains the independent variable \( t \) and column B the dependent variable \( U \). Column C contains the model curve (1), with the cells J3...J6 containing the coefficients \( A \), \( B \), \( \tau_1 \) and \( \tau_2 \), respectively. Column D contains the squared difference between the experimental values of the dependent variable and the model curve, and column E the squared difference between the individual values of the dependent variable and their average value, the average value itself being saved in cell J7. Finally, cell J10 contains the coefficient of determination (4).

We fill the cells J3...J6 with the initial guesses for the parameters and start the Solver tool (Tools → Solver). We want to maximize the coefficient of determination [10]; therefore, we set J10 as our target cell, and set the ‘Equal to’ option to ‘Max’. We enter the range J3:J6 into ‘By changing cells’ option and start the optimizer by clicking ‘Solve’. After the solver has finished, we are asked whether we want the optimized values of parameters to be written into the given cell range J3:J6.

The solution in R is shown in appendix B. It assumes that the data are saved in a CSV format:

"t" [s];"U [V]" 2,3;12,0 8,7;11,0 ...

The resulting graph is shown in figure 5. A few features of R used in the example need some comment:

- `read.table()` returns the object of a class `data.frame`; we may visualize it as a table. Individual columns in the table are addressed as `table$column`. Column names are constructed from the table header, with all illegal characters being replaced by dots. For easier manipulation, two vectors, \( t \) and \( U \), were created from the appropriate columns of the table.
- The actual nonlinear fitting is performed by the `nls()` function, which returns an object of the `nls` class. Apart from the formula, we also supplied the initial guesses for the fitting parameters. The values of the coefficients can be extracted by `coef(U.nls)`, yielding \( A = 4.0 \) V, \( B = 8.2 \) V, \( \tau_1 = 35 \) s and \( \tau_2 = 403 \) s. The command `summary(U.nls)` produces an even more informative report.
- An object of the `nls` class also provides methods for the `predict()` function, which we used to plot a piecewise linear curve, which appears as a smooth curve due to the small step used.

In this case, the solution in R appears no more complex than the linear case—the considerably more difficult mathematics of the nonlinear regression are hidden from the user. On the other hand, a spreadsheet like Excel has no direct support for nonlinear regression, and subsequently the user has to work through some of the necessary steps manually.

2.3. Case 3: histogram

Our third example examines the statistics of radioactive decay. Using a Geiger counter, the student is required to record the number of decays detected in a period of time (in our case,
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Figure 5. The voltage $U$ on the capacitor $C_1$ (figure 3) as a function of time $t$; measured data (◦) and a fitted curve.

Figure 6. Lacking the support for histograms, one needs to resort to bar charts to plot a histogram of radioactive decay with a spreadsheet.

10 s), and repeat the measurement 100 times. After subtracting the base activity, the student computes the mean value $\bar{x}$, the standard deviation $\sigma_x$ and plots a histogram.

In a histogram, one plots the frequencies of the cases falling into each of several categories, where the categories are usually specified as non-overlapping intervals of the variable in question. In a spreadsheet, the FREQUENCY() function can be used to compute the frequencies. This is a matrix function, which takes two ranges of cells as input—the data array and the bins array—and returns as output an array of the same length as the bins array. While calculating the frequencies is supported, neither Excel nor OpenOffice Calc provides direct support for histogram plotting. Since the bins were chosen to be of the same size in our example, we can emulate them with bar charts (figure 6). While one can eliminate the gaps between bars in the
chart setting, label positions reveal the fact that we are dealing with a bar chart rather than a histogram.

The script shown in appendix C demonstrates computing and plotting the histogram in R. The final result is shown in figure 7. Again, a few comments are as follows.

- Since the format of the input data file is very simple (one figure—the number of detected decays per 10 s—per line), we have used the \texttt{scan()} function instead of \texttt{read.table()}; \texttt{x} is thus a vector rather than a data frame.
- The histogram is plotted using the \texttt{hist()} function. The \texttt{breaks} option is used to specify bin size and boundaries. By default, R uses Sturges’ formula for distributing \( n \) samples into \( k \) bins:

\[
k = \lceil \log_2 n + 1 \rceil.
\]

- The normal probability distribution function \texttt{dnorm()} is plotted over the histogram with the \texttt{curve()} function and \texttt{add = TRUE} option.

With direct support for histograms, R is clearly the preferred solution over a spreadsheet in this case, a fact which would become even more apparent if the nature of the problem required histograms with unequal bin widths.

\section*{3. Discussion}

The amount of information a working physicist—or most any scientist—has to cope with often exceeds the human capacity of processing in a tabular form and requires some visualization technique. A certain degree of graphic or visual literacy is therefore required. As a result, a fair amount of emphasis is given to teaching this skill in the course of a physics curriculum [11–13]. Producing graphs manually involves some processing of data with a pocket calculator, determining the minimal and the maximal values of data in the \( x \) and \( y \)-direction, choosing the appropriate scales on the \( x \)- and \( y \)-axes, plotting the data points, drawing the best-fit line and possibly using it in the subsequent analysis. In the case of histogram plotting, the student has to choose the bin size and manually arrange the samples into bins. It is instructive to perform this whole process once or possibly a few times in order to get familiar with all the steps required. However, we cannot overlook the fact that the processes involved in a manual
production of a graph are time-consuming, error-prone and do not contribute significantly to a better understanding of the problem studied. In this respect, we have to agree with the earlier studies [14] that if the purpose of the graph is data analysis rather than acquiring the skill of plotting a graph, the time spent with manual graph plotting is better spent discussing its meaning.

By employing the ‘variable equals spreadsheet cell’ paradigm where users can see their variables and contents on screen, spreadsheets have been extremely successful in bringing data processing power to the profile of users who would have otherwise not embraced a traditional approach to computer programming. The usefulness of spreadsheets in education in general (cf [15] and the references therein) and for teaching physics in particular [16–18], including laboratory courses [19, 20], was recognized early on.

However, the approach taken by spreadsheets also has its drawbacks. By placing emphasis on visualizing the data itself, the relations between data are less emphasized than in traditional computer programs, and it is generally more difficult to debug a spreadsheet than a traditional computer program of comparable complexity (cf [21] and the references therein). The fact that the variables are referred to by their grid address rather than by some more meaningful name is an additional hindrance factor. Leaving aside the questioned validity of some of the statistics functions built into Excel [22–25], which is outside the scope of this paper, we wish to deal with another sort of criticism concerning the graphical output of spreadsheet programs. While a skilled user can produce clear, precise and efficient graphs with Excel (cf [26] and the references therein), it is perceived [27] that less skilled users are easily misled into excessive use of various embellishments (dubbed as ‘chartjunk’, [28]) that do not add to the information content. Telling good graphs from bad ones is not merely a subject of aesthetics, there exists an extensive body of work in this area (cf [28–33]).

Where does R stand in comparison? As expected from a statistics suite, R outperforms Excel in terms of statistical accuracy [34]. R also does a much better job at graphing. Except for the obvious required modifications like axes labels, the default settings are often already satisfactory. We have nevertheless demonstrated in figure 2 how features like grid lines can be added, if they are considered necessary. Excel charts, on the other hand, come by default with an obtrusive grey background and horizontal grid lines (as seen in figure 6), which do not convey any information (‘non-data ink’, in Edward Tufte’s terminology). In terms of ease-of-use, Excel excels if the relationship between the data assumes any of the four pre-defined possibilities: linear, polynomial, exponential or logarithmic. Aside from these, more or less clever techniques need to be adopted in order to use Excel for data analysis, most of them being too complex for the students to be expected to invent on their own. In R, even the linear modelling requires a few lines of code. On the other hand, however, nonlinear modelling is hardly more complex than linear modelling for the end user, and is considerably easier than in Excel. The same is also true for plotting histograms.

The potential of R in a classroom environment has already been examined in various disciplines, e.g. statistics [35], econometrics [36] and computational biology [37]. The extent of its use in student laboratories throughout the world is, however, hard to estimate. On the other hand, we can observe that R receives an explosive growth of use in research laboratories, where one would actually expect slower adoption due to the additional competition it faces both from the commercial scientific graphing software and from the commercial statistical software suites. Thomson Reuters ISI Web of Science® shows that the R manual [4] has accumulated over 10,000 citations since 1999, over 4000 of these in the year 2009 alone.

The main obstacle preventing its more widespread adoption is the fact that students entering the laboratory course usually have no previous experience with R, while they usually do have previous experience with spreadsheets. Even though spreadsheet users essentially
engage in functional programming [38], they generally do not perceive it as programming. Experience shows [37] that the students can not be expected to self-learn R even in the case of graduate students of computational biology and that a quick introduction course is recommended. The best synergy might be achieved when students take an introductory course in statistics before the physics laboratory course or simultaneously with it.

Before we conclude, we would like to mention another weak aspect of the spreadsheet paradigm: collaboration in spreadsheet authoring is inherently difficult. The changes are introduced to the spreadsheet on the level of spreadsheet cells, and a minor change, replicated across hundreds or thousands of cells, renders traditional revision control systems practically useless, meaning it is very difficult to determine who changed what and when the change occurred. R scripts are ASCII text, and revision control systems either as basic as RCS [39] or arbitrarily more complex (CVS, Subversion, BitKeeper, etc) can be easily employed. By running scripts in a batch mode rather than using R interactively, reproducible research techniques [40] are encouraged. One further step in this direction is Sweave [41], which allows creating integrated script/text documents.

4. Conclusions

In the paper, two methods of data analysis and graphing were compared: spreadsheet software, represented by Microsoft Excel, and a statistics software suite, represented by GNU R. Both methods were tried on three typical tasks taken from an introductory physics laboratory; similar tasks can be, however, encountered in any science laboratory course. The tasks encompass linear dependence, nonlinear dependence and histogram. It has been determined that spreadsheet offers an easier approach when the data model is simple (in our case, linear dependence). Beyond a few simple models, R offers a more user-friendly solution. Histogram plotting, considered one of the basic tools for data analysis, is also inadequately supported in Excel (the same is true also for other popular spreadsheet software such as OpenOffice Calc and Apple Numbers). Using default settings, R produces charts with a higher ratio of data conveying information to data conveying no information.

Spreadsheets are often the only software solution for data analysis that students encounter during their education. We believe the described shortcomings of spreadsheets make it worth exposing them to other existing solutions as well. A statistical software suite is a solution which can most easily replace a spreadsheet in data analysis and graphing tasks, and in particular their use should be encouraged in situations where they can be reused in a statistics course. Among the statistical software, we emphasized R. It is free; students can install a copy at home. Using R, well-designed publication-quality plots can be produced with ease. It is an object-oriented matrix language, which encourages thinking on a more abstract level. The extent of utilization that R has recently experienced in various scientific disciplines signifies that it is more than a marginal phenomenon, making it more likely that students who acquire a certain degree of proficiency with R/S-Plus in the course of their studies will be able to make use of this skill later in their careers.

Appendix A. Linear dependence

1. concentration <- c(1.e-3, 2.5e-3, 5.e-3, 7.5e-3, 1.e-2)
2. resistance <- c(5.31, 2.66, 1.40, 0.92, 0.78)
3.
4. # calculate the conductivity
5. \( k \leftarrow 1.0 \times 10^{-4} \times \text{resistance}[1] \)
6. \( \text{conductivity} \leftarrow k / \text{resistance} \)

7. # define the labels on the x- and y-axis
8. \( \text{xlabel} \leftarrow \text{expression(italic(c), " [mol/L]"))} \)
9. \( \text{ylabel} \leftarrow \text{expression(paste(italic(U), " [V]"))} \)

10. # plot the data
11. \( \text{plot(concentration, conductivity, xlab = xlabel, ylab = ylabel, xaxs = "i", yaxs = "i", xlim = c(0, 0.012), ylim = c(0, 8.0 \times 10^{-4} ))} \)
12. \( \text{grid(col = "darkgray")} \)

13. # calculate the best-fit line
14. \( \text{cond.fit} \leftarrow \text{lm(conductivity \sim concentration, data = data.frame(concentration, conductivity))} \)
15. # plot the best-fit line
16. \( \text{abline(cond.fit)} \)

Appendix B. Nonlinear dependence

1. \( \text{C1} \leftarrow \text{read.table("capacitor.csv", dec="", sep=";", header = TRUE)} \)
2. \( \text{U} \leftarrow \text{C1$U..V.} \)
3. \( \text{t} \leftarrow \text{C1$t..s.} \)
4. \( \text{U.nls} \leftarrow \text{nls(U A*exp(-t/t1) + B*exp(-t/t2), start = list(A = 5, B = 5, t1 = 10, t2 = 100))} \)
5. \( \text{plot(C1, xlab = expression(paste(italic(t), " [s]")), ylab = expression(paste(italic(U), " [V]")), xlim = c(0,600))} \)
6. \( \text{lines(0:600, predict(U.nls, list(t = 0:600)))} \)

Appendix C. Histogram

1. # detected decays per 10 s
2. \( \text{x} \leftarrow \text{scan("decay.txt")} \)
3. # subtract the base (normalized per 10 s)
4. \( \text{x} \leftarrow \text{x - 2.68} \)
5. \( \text{avg} \leftarrow \text{mean(x)} \)
6. \( \text{stdev} \leftarrow \text{sd(x)} \)
7. # draw the histogram
8. \( \text{hist(x, breaks = seq(floor(min(x)), ceiling(max(x))),} \)

12. `xlab = "decays / 10 s", ylab = "frequency")`
13.
14. # overlay the probability density function
15. `curve(length(x)*dnorm(x, mean = avg, sd = stdev), add = TRUE)`

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