Chapter 1

Quark deconfinement in compact stars through sexaquark condensation

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Abstract

In this contribution, we present for the first time a scenario according to which early quark deconfinement in compact stars is triggered by the Bose-Einstein condensation (BEC) of a light sexaquark (S) with a mass $m_S < 2054 \text{ MeV}$, that has been suggested as a candidate particle to explain the baryonic dark matter in the Universe. The onset of S BEC marks the maximum mass of hadronic neutron stars and it occurs when the condition for the baryon chemical potential $\mu_b = m_S/2$ is fulfilled in the center of the star, corresponding to $M_{\text{onset}} \lesssim 0.7 \, M_\odot$. In the gravitational field of the star the density of the BEC of the S increases until a new state of the matter is attained, where each of the S-states got dissociated into a triplet of color-flavor-locked (CFL) diquark states. These diquarks are the Cooper pairs in the color superconducting CFL phase of quark matter, so that the developed scenario corresponds to a BEC-BCS transition in strongly interacting matter. For the description of the CFL phase, we develop here for the first time the three-flavor extension of the density-functional formulation of a chirally symmetric Lagrangian model of quark matter where confining properties are encoded in a divergence of the scalar...
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self-energy at low densities and temperatures.

1.1 Introduction

The discussion of quark matter in compact stars has a long history. It started with the early works by Ivanenko and Kurdgelaidze (1965) and Itoh (1970) but a proper foundation for the necessity of quark deconfinement in QCD existed only after asymptotic freedom was proven. Based on this argument, Baym and Chin (1976) developed the concept of a thermodynamic bag model in order to describe macroscopic volumes of deconfined quark matter, for instance inside neutron stars. At that time also the idea of a third family of compact stars was already formulated by Gerlach (1968) but found practically no resonance at that time.

Another idea was that of “collapsed nuclei” (Bodmer, 1971), namely that much smaller and deeper bound nuclei, possibly electrically neutral due to their hypercharge, could exist in nature, separated from ordinary nuclei by a sufficiently high barrier to guarantee stability of the latter on cosmological time scales.

After the MIT bag model was conceived [Chodos et al. (1974b)] and used to explain the structure of baryons [Chodos et al. (1974a)], a hypothetical hypernucleus with baryon number 6 and strangeness $-6$ (hexalambda) was proposed by Terazawa (1979) within the MIT bag model.

The idea of an absolutely stable strange quark matter state with astrophysical applications was formulated by Witten as “Cosmic Separation of Phases” (Witten, 1984) and immediately developed further by Farhi and Jaffe (1984) as “Strange Matter”. Despite intense searches for remnants of strange matter at different length scales, in the Cosmos and in Laboratory experiments, no conclusive evidence for the existence of strange quark matter nuggets has been found yet.

About a decade ago it was even argued that strangeness is likely absent from neutron star interiors [Blaschke et al. (2010)]. The reasoning for this was based on the fact that a standard solution for the hyperon puzzle was early quark deconfinement [Baldo et al. (2003); Burgio et al. (2002)] (for a recent update fulfilling the $2 M_\odot$ constraint, see [Shahrbaf et al. (2020a,b)]) which eliminated the appearance of hyperons as scenario for compact star interiors. When for the quark matter phase a Nambu–Jona-Lasinio (NJL) type model with its sequential occurrence of quark flavors [Blaschke et al. (2009)] was adopted, then after the possible one- and two-flavor color superconducting phases, the occurrence of the strange quark flavor in the
CFL color superconducting phase was accompanied with the gravitational instability of the corresponding hybrid star configurations, see also [Klähn et al. (2007); Klähn et al. (2013)]. With this line of reasoning and the demonstration of numerous examples, there was no place for strangeness in compact stars, neither in the hadronic nor in the quark matter phase.

Concerning the idea of absolutely stable strange quark matter [Bodmer (1971); Witten (1984); Farhi and Jaffe (1984)] and its realization in the form of strange stars [Alcock et al. (1986); Haensel et al. (1986)], one could even formulate a "No-Go" conjecture for the absolute stability of strange quark matter, at least for a description within NJL-type models [Klähn and Blaschke (2018)].

In our contribution to this book we want to reopen the chapter of strange quark matter in compact stars, based on the new, multi-messenger phenomenology of compact stars and the possibility of a light sexaquark as a dark matter particle that evaded detection in laboratory experiments due to its stability against decays on cosmological timescales. This new perspective is made possible by a recent development of a density functional approach to quark matter in compact stars which allows to address confining effects [Kaltenborn et al. (2017)] that were absent in the formulation using NJL models of quark matter. In [Ivanytskyi et al. (2021, 2022)], this approach was refined so that its Lagrangian was manifestly chirally symmetric and the important diquark interactions resulting in color superconducting phases were added. In the present contribution, for the first time, this approach will be generalized to three quark flavors and we will show that the light sexaquark acts as a trigger for entering the CFL quark matter phase at an onset mass below $0.7 \, M_\odot$, while fulfilling the modern mass-radius constraints on pulsars.

1.2 Bose-Einstein condensation of sexaquarks as a trigger for strange quark matter in compact stars

The discussion of a light and compact sexaquark (S) state with the quark content (uuddss) and the consequences for neutron star phenomenology that follow from its possible existence is of much interest in nuclear physics, particle physics as well as astrophysics. The S is an electrically neutral spinless boson with baryon number $B_S = 2$ and strangeness $S_S = -2$ in a flavor-singlet state. For $m_S \leq 2(m_p + m_e) = 1877.966$ MeV, due to baryon number conservation the S is stable, while for $m_S \leq m_p + m_e + m_\Lambda = 2054.466$ MeV, it should decay with a lifetime exceeding the age of the universe [Farrar and
In a recent work by Shahrbaf et al. [Shahrbaf et al. (2022)] it was shown that the existence of a light S in the mass range $1885 \text{ MeV} < m_S < 2054 \text{ MeV}$ leads to S BEC in neutron stars. For the upper bound of this mass range, i.e. $m_S = 2054 \text{ MeV}$, the condensation happens at masses as low as $M \approx 0.7 M_\odot$ limiting thus the maximum mass of neutron stars. It was also shown that a plausible positive mass shift with increasing density allows for a stable sequence of neutron stars with sexaquark enriched matter in their cores that eventually undergoes a deconfinement transition to color superconducting (two-flavor) quark matter.

Such hybrid stars with cores of deconfined, color superconducting quark matter would then populate the mass range from the typical neutron star masses $\sim 1.4 M_\odot$ up to the maximum mass $M_{\text{max}} > 2 M_\odot$. The precise value of the maximum mass and the radius where it is reached depend on the details of the choice of parameters for the quark matter model.

Here we will examine a new scenario where the S does not undergo a mass shift and therefore its BEC at a low star mass is inevitable and leads to a collapse of the hadronic neutron star which gets stopped by quark deconfinement and the formation of a hybrid star. This new, stable hybrid star sequence will fulfill the recent constraints on neutron star radii at $1.4 M_\odot$ from the gravitational wave signal of the binary neutron star merger GW170817 by the LIGO-Virgo Collaboration [Abbott et al. (2018)] and at $2.0 M_\odot$ by the recent NICER measurement on PSR J0740+6620 [Miller et al. (2021); Riley et al. (2021)].

This new scenario is built on the existence of the S as a deeply bound state with low enough mass to be stable on cosmological time scales (age of the Universe) and is therefore a dark matter (DM) candidate. The observed DM to baryon ratio is $\Omega_{\text{DM}}/\Omega_B = 5.3 \pm 0.1$ [Ade et al. (2016); Tanabashi et al. (2018)] and a successful model for DM has to reproduce this value. An abundance of S DM (SDM) in agreement with this observation has been obtained within a statistical model on the basis of assumptions for the quark masses and an effective temperature $T_{\text{eff}} = 156 \text{ MeV}$ of the transition from the quark-gluon plasma to the hadronic phase when $m_S = 1860 \text{ MeV}$ [Farrar et al. (2020)]. When $m_S = 2m_p = 1876.54 \text{ MeV}$, the observed ratio $\Omega_{S\text{DM}}/\Omega_B = 5.3$ is obtained for $T_{\text{eff}} = 150 \text{ MeV}$. It was first proposed in [Farrar (2003)] that S is a candidate of DM and this idea

\[T_{\text{c}} = 156.5 \pm 1.5 \text{ MeV}\] for the pseudocritical temperature obtained in lattice QCD simulations [Bazavov et al. (2019)].
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was followed during the next years as well [Farrar (2017, 2018a,b); Farrar et al. (2020)].

The fact that the light S cannot decay and that it is electrically neutral explains why it has so far evaded detection in laboratory experiments [Farrar et al. (2020)].

In the present contribution, the mass of the S is considered to be constant and set equal to the upper bound of its stability range, \( m_S = 2054 \) MeV. At this mass, the S is light enough to be metastable on cosmological scales so as to serve as a DM candidate, and sufficiently heavy on the other hand to not disturb the stability of nuclei [Farrar and Zaharijas (2003, 2004); Gross et al. (2018)].

We want to consider the possible relevance of S for the properties of neutron stars based on the recent multi-messenger observations that constrain their regions of accessibility in the mass-radius diagram. When the S is found in cold dense baryonic matter in neutron stars, it may undergo BEC as soon as the baryochemical potential in the center of the star fulfills \( \mu_B = m_S / 2 \). For \( m_S = 2054 \) MeV this occurs for a star with \( M = 0.7 \, M_\odot \) and, due to a saturation of the pressure with the BEC, this value marks the maximum mass that can be reached. This would be in clear contradiction with the observation of pulsars as massive as \( 2 \, M_\odot \) like PSR J0740+6620 [Fonseca et al. (2021)] or PSR J0348+0432 [Antoniadis et al. (2013)]. Therefore, we introduce the sexaquark dilemma in this section and its solution by quark deconfinement.

The EoS of hadronic matter is obtained from a generalized relativistic density functional (GRDF) with baryon-meson couplings that depend on the total baryon density of the system. The original density functional for nucleonic matter considers the isoscalar \( \sigma \) and \( \omega \) mesons and the isovector \( \rho \) meson as exchange particles that describe the effective in-medium interaction. The density dependence of the couplings is adjusted to describe properties of atomic nuclei [Typel and Wolter (1999); Typel (2005)]. It has been confirmed that such GRDFs are successful in reproducing the properties of nuclear matter around nuclear saturation [Klähn et al. (2006)].

GRDFs with different parameterization of the density dependent couplings have been studied in [Typel (2018)]. In the present work the parameterization DD2 [Typel et al. (2010)] is used for the \( \sigma \), \( \omega \), and \( \rho \) couplings. It predicts characteristic nuclear matter parameters that are consistent with recent constraints [Oertel et al. (2017)] and leads to a rather stiff EoS at high baryon densities with a maximum neutron star mass of \( 2.4 \, M_\odot \) in a pure nucleonic scenario of the strongly interacting system without hyper-
ons.

In the description of neutron-star matter one has to consider that new baryonic degrees of freedom can become active with increasing density as the chemical potentials rise. Neglecting any interaction, a new species appears when the corresponding chemical potential crosses the particle mass.

With the GDRF for hadronic matter at hand it is possible to explore the EoS and corresponding properties of neutron stars. There are different scenarios to be distinguished in the following. The most simple case with only nucleons and leptons corresponds to the original DD2 model as presented in [Typel et al. (2010)]. Adding hyperons the model is called DD2Y-T to distinguish it from the similar model DD2Y introduced in [Marques et al. (2017)]. The DD2Y-T predictions were compared already to other EoS models with hyperons in [Stone et al. (2021)].

Finally, after including also the sexaquark, there is the full model which will be denoted DD2Y-T+S\textsubscript{2054} in the following. When the mass of the S is \( m_S = 2054 \text{ MeV} \), the onset of the S occurs at \( n_\text{onset,S} = 0.25 \text{ fm}^{-3} \) (corresponding to more than 1.5 times the saturation density) with an immediate appearance of the BEC and a collapse of the neutron star because with increasing central density the pressure remains constant.

To show that the sexaquark onset triggers a first-order phase transition to a color superconducting quark matter, we need the EoS for quark matter. There is a phenomenological formulation of the EoS of quark matter in use which has been introduced and motivated in Ref. [Alford et al. (2005)]. In that work, the EoS of symmetric quark matter consists of the first three terms of a series in even powers of the quark chemical potential

\[
\Omega_{QM} = -\frac{3}{4\pi^2} a_4 \mu^4 + \frac{3}{4\pi^2} a_2 \mu^2 + B_{\text{eff}},
\]  

(1.1)

where \( a_4, a_2, \) and \( B_{\text{eff}} \) are coefficients independent of \( \mu \).

The quartic coefficient \( a_4 = 1 - c \) is well defined for an ideal massless gas for which \( c = 0 \). Perturbative QCD corrections in lowest order, i.e. \( O(\alpha_s) \) for massless quark matter lead to a reduction of \( a_4 \), e.g., accounted for by \( c = 0.3 \) so that \( a_4 = 0.7 \). The quadratic \( \mu^2 \) term arises from an expansion in the finite strange quark mass \( m_s \) and the diquark pairing gap \( \Delta \), so that \( a_2 = m_s^2 - 4\Delta^2 \). In CFL quark matter, they are almost in the same order of about 100 MeV so that the coefficient \( a_2 \) is almost zero and this corresponds to a constant speed of sound \( c_s^2 = 1/3 \), the conformal limit [Alford et al. (2005)]. For simplicity we set \( m_s = 0 \), providing electric neutrality of the considered quark matter EoS without leptons. The values of coefficients in (1.1) which are used in this work are taken from [Antić et al. (2021)] and
amount to $a_4 = 0.22$, $a_2 = -(299.6 \text{ MeV})^2$, $B_{\text{eff}}^{1/4} = 174.2 \text{ MeV}$.

In the present work, devoted to the application to neutron stars, we can restrict ourselves to the case of matter at zero temperature. At densities below saturation there are no hyperons or sexaquarks and the unified crust EoS of the original GRDF-DD2 model with clusters is used. It contains the well-known sequence of nuclei in a body-centered cubic lattice with a uniform background of electrons and a neutron gas above the neutron drip line. The transition to homogeneous matter just below the nuclear saturation density is described consistently within the same approach. The main modification is to include the new degrees of freedom at supersaturation densities in the GRDF model. We show the energy per particle $\varepsilon/n_b - m$, where $m$ is the nucleon mass, as a function of baryon density $n_b$ for different scenarios in hadronic matter as well as a used quark matter EoS in Fig. 1.1.

The pressure $P = -\Omega_{QM}$ as a function of baryonic chemical potential $\mu_b = 3\mu$ and energy density for DD2, DD2Y-T, DD2Y-T+S2054 as well as the deconfined quark matter are shown in Fig. 1.2. The corresponding mass-radius and mass-density curves are shown in Fig. 1.3. We recognize the instability of the hadronic model that includes the S by the fact that the square of the eigenmode of radial oscillations of the spherical star, given

![Energy per particle $\varepsilon/n_b - m$ as a function of baryon density $n_b$ for DD2, DD2Y-T, DD2Y-T+S2054. The red solid line shows the hybrid EoS resulting from a Maxwell construction between DD2 and the used quark matter EoS.](image)
Fig. 1.2 Pressure $P$ for DD2, DD2Y-T and DD2Y-T+S2054 as a function of the baryochemical potential $\mu_b$ (left panel) and as a function of energy density $\varepsilon = \mu_b n_b - P$ (right panel), where we emphasize that the region between highest energy densities in neutron stars and applicability of perturbative QCD can not be probed with neutron stars. Line styles as in Fig. 1.1. The red solid line corresponds to a hybrid EoS for which the sexaquark onset triggers a first-order phase transition to a color superconducting quark matter that is fitted to CFL phase [Shahrbaf et al. (2022)]. We show as grey hatched region the EoS constraint from [Hebeler et al. (2013)] and by black dashed lines the one from [Miller et al. (2020)].

by $\omega^2 = dM/dn_c^b$, is negative for $n_b^c > n_b^{onset,S}$. Here $M$ denotes the mass of the star, $n_c^b$ is the baryon density at its center and $n_b^{onset,S}$ is the baryon density at the sexaquark onset. The red solid line in Figs. 1.2 and 1.3 corresponds to a hybrid EoS for which the sexaquark onset triggers a first-order phase transition to a color superconducting quark matter phase that is fitted by a CSS form of EoS [Shahrbaf et al. (2022)]. In the next section, we will consider a new density functional approach to color superconducting strange quark matter which is capable of addressing quark confinement by a divergent scalar self-energy (quark mass) following from the suggested chirally symmetric energy density functional model.

1.3 Density functional approach to strange quark matter deconfinement

Here we present the 3-flavor extension of the density functional approach to confining quark matter that was initiated by [Kaltenborn et al. (2017)] and then generalized to a chirally-symmetric Lagrangian formulation in [Ivanytskyi et al. (2021, 2022)], where also the effect of color superconductivity was included. The confining aspect of quark matter is introduced to the consideration via a fast growth of the quark self-energy already at
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Fig. 1.3 Mass vs radius (left panel) and mass vs. baryon density (right panel) for compact stars in which the sexaquark $S$ particle is assumed with a constant mass $m_S = 2054$ MeV (solid orange line). The black solid line corresponds to the hadronic EoS model without sexaquark while the black dashed line stands for the hadronic model without hyperons. The red solid line corresponds to a hybrid EoS for which the sexaquark onset triggers a first-order phase transition to a color superconducting quark matter that is fitted to CFL phase EoS [Shahrbaf et al. (2022)]. For a comparison the new $1.0\sigma$ mass-radius constraints from the NICER analysis of observations of the massive pulsar PSR J0740+6620 [Fonseca et al. (2021)] are indicated in red [Riley et al. (2021)] and blue [Miller et al. (2021)] regions. Additionally, the magenta bars mark the excluded regions for a lower limit [Bauswein et al. (2017)] and an upper limit [Annala et al. (2018)] on the radius deduced from the gravitational wave observation GW170817. The light blue region is from the NICER mass-radius measurement on PSR J0030+0451 [Miller et al. (2019)].

the mean-field level. This simple mechanism provides an efficient suppression of quark degrees of freedom in the confined region of phase diagram. In principle, the approach allows even divergence of the quark-self energy, which corresponds to an absolute “confinement”. However, the analysis performed in Ref. [Ivanytskyi et al. (2021)] as well as in [Ivanytskyi et al. (2022)] suggests quite high but finite values of the mean-field self-energy of confined quarks.

The mathematical formulation of the density functional approach to three-flavor three-color quark matter is based on the Lagrangian

$$\mathcal{L} = \overline{q}(i\gamma^\mu \partial_\mu - m)q + \mathcal{L}_V + \mathcal{L}_D - \mathcal{U}, \tag{1.2}$$

written for three-component flavor spinor of quarks $q^T = (u, d, s)$. The diagonal matrix $m = \text{diag}(m_u, m_d, m_s)$ acts in the flavor space and represents current quark masses. The second term in Eq. (1.2) generates the vector
repulsion

\[ \mathcal{L}_V = -G_V (\overline{q}_\mu q)^2. \]  

(1.3)

Its strength is controlled by the coupling constant \( G_V \). This repulsive interaction can be motivated by the non-perturbative gluon exchange [Song et al. (2019)] and is phenomenologically important in order to provide enough stiffness of dense quark matter needed to support existence of hybrid quark-hadron stars of two solar masses. The third term in Eq. (1.2) stands for scalar color-flavor antitriplet attractive interaction among quarks

\[ \mathcal{L}_D = G_D \sum_{a,b=2,5,7} (\overline{q} i\gamma_5 T_a \lambda_b q)(\overline{q}^c i\gamma_5 T_a \lambda_b q), \]  

(1.4)

where \( G_D \) is coupling constant of the color antitriplet scalar diquark channel, where the charge conjugate quark field is defined as \( q^c = i \gamma_2 \gamma_0 q^T \), while eight flavor \( T_a \) and eight color \( \lambda_b \) Gell-Mann matrices are connected to the generators of the corresponding SU(3) groups. For further convenience we also introduce \( T_0 = \sqrt{\frac{2}{3}} \). We note that the summation in Eq. (1.4) is performed only over the antisymmetric generators with indices \( a, b = 2, 5, 7 \). The quark interaction in this channel is responsible for the diquark pairing and formation of the color superconducting phases of quark matter.

The energy density functional \( U \) models the effects related to dynamical restoration or breaking of chiral symmetry of quark matter. Following the symmetries of the QCD Lagrangian we require \( U \) to be chirally symmetric. The most obvious way to fulfill this requirement corresponds to choosing the argument of \( U \) to be chirally symmetric itself. The first part of such argument is

\[ \mathcal{O}_1 = \frac{1}{2} \sum_{a=0}^{8} \left( (\overline{q} T_a q)^2 + (\overline{q} i\gamma_5 T_a q)^2 \right). \]  

(1.5)

We also introduce the instanton induced term of the ’t Hooft form

\[ \mathcal{O}_2 = \zeta \left( \det (\overline{q} (1 + \gamma_5) q) + \det (\overline{q} (1 - \gamma_5) q) \right), \]  

(1.6)

with \( \zeta \) being a constant discussed below and determinant carried in the flavor space. Thus, similar to the two-flavor case [Ivanytskyi et al. (2021, 2022)] we define the chirally symmetric density functional as

\[ U = D_0 \left[ X - \mathcal{O}_1 - \mathcal{O}_2 \right]^{\frac{1}{3}}, \]  

(1.7)

where \( D_0 \) and \( X \) are constants. The form of this potential is motivated by the string flip model [Horowitz et al. (1985); Röpke et al. (1986)].
The present consideration is limited to the mean-field case, when expectation values of the operators are
\[
\langle \bar{f} f' \rangle = \langle \bar{f} f \rangle \delta_{ff'}, \quad (1.8)
\]
\[
\langle \bar{f} i\gamma_5 T_a f' \rangle = 0. \quad (1.9)
\]
Hereafter \( f = u, d, s \) is the quark flavor index. Within this approximation flavor matrices \( \bar{q}(1 \pm \gamma_5)q \) become diagonal, i.e.
\[
\langle \bar{q}(1 \pm \gamma_5)q \rangle = \text{diag}(\langle uu \rangle, \langle dd \rangle, \langle ss \rangle). \quad (1.10)
\]
Using Eqs. (1.8) - (1.10) we find the mean-field interaction potential (1.7)
\[
U^{(0)}(0) = D_0 \left[ X - \sum_f (\langle f \rangle)^2 - 2\zeta \prod_f (\langle f \rangle) \right]^{\frac{1}{3}}. \quad (1.11)
\]
Let us analyze this expression in the two-flavor case. For this the strange quark mass should be approached to infinity \( m_s \to \infty \) leading to \( \langle ss \rangle = \langle ss \rangle_0 \) and
\[
U^{(0)}_{m_s \to \infty} = D_0 \left[ X - \langle ss \rangle_0^2 - (\langle uu \rangle_0 + \langle dd \rangle_0)^2 + 2(\langle uu \rangle_0 + \langle dd \rangle_0) \cdot \zeta \langle ss \rangle_0 \right]^{\frac{1}{3}}. \quad (1.12)
\]
Hereafter the subscript index “0” denotes the quantities defined in the vacuum. Obviously, the potential given by Eq. (1.12) should coincide with the two-flavor one from Ref. [Ivanytskyi et al. (2021, 2022)]
\[
U^{(0)}_{N_f=2} = D_0 \left[ (1 + \alpha) \left( \langle uu \rangle_0 + \langle dd \rangle_0 \right)^2 - \left( \langle uu \rangle_0 + \langle dd \rangle_0 \right)^2 \right]^{\frac{1}{3}}, \quad (1.13)
\]
with \( \alpha = \text{const.} \) From this we immediately express the parameters of the tree-flavor potential through the ones of the two-flavor potential
\[
X = (1 + \alpha) \left( \langle uu \rangle_0 + \langle dd \rangle_0 \right) - \langle ss \rangle_0^2, \quad (1.14)
\]
\[
\zeta = \frac{1}{\langle ss \rangle_0}. \quad (1.15)
\]
Having the chirally symmetric interaction potential defined we can analyze the modification of the single quark properties caused by the interaction described by \( \mathcal{U} \). For this we follow the strategy of Ref. [Kaltenborn et al. (2017)] and perform the first order expansion around the mean-field expectation values of scalar operators \( \bar{f} f \). We point out that the expansion around the expectation values of the pseudoscalar operators \( \bar{q} i\gamma_5 T_a q \) produces non-vanishing terms starting from the second order only [Ivanytskyi
et al. (2021, 2022)]. The first order terms include derivatives of the mean-field potential with respect to chiral condensates of different flavors, which are nothing else as the flavor matrix of the mean-field self-energy of quarks

$$\Sigma^{(0)} = \text{diag}(\Sigma_{u}^{(0)}, \Sigma_{d}^{(0)}, \Sigma_{s}^{(0)}), \quad \Sigma_{f}^{(0)} = \frac{\partial U^{(0)}}{\partial (\bar{f} f)}.$$  \hspace{1cm} (1.16)

With this notation the first-order expanded interaction potential and the corresponding Lagrangian become

$$U^{(1)} = U^{(0)} + \bar{q} \Sigma^{(0)} q - \langle \bar{q} \Sigma^{(0)} q \rangle,$$  \hspace{1cm} (1.17)

$$L^{(1)} = \bar{q} (i \gamma_\mu m^* q) + L_V + L_D - U^{(0)} + \langle \bar{q} \Sigma^{(0)} q \rangle.$$  \hspace{1cm} (1.18)

The latter includes the matrix of medium-dependent quark masses

$$m^* = m + \Sigma^{(0)}.$$  \hspace{1cm} (1.19)

In the region of small temperatures and densities, the mean-field value of the argument of the interaction potential (1.7) can be approximated as

$$X - O_1 - O_2 \sim \langle \bar{q} q \rangle.$$  

It is interesting to consider the effective quark mass in the vacuum

$$m_f^* = m_f - \frac{2 D_0 \alpha^{-2}}{3 \left[ \langle \bar{u} u \rangle_0 + \langle \bar{d} d \rangle_0 \right]^{\frac{1}{2}}} \left[ \langle \bar{f} f \rangle_0 + \frac{1}{\langle \bar{s} s \rangle_0} \prod_{f' \neq f} \langle \bar{f}' f' \rangle_0 \right].$$  \hspace{1cm} (1.20)

From this expression it becomes clear that a vanishing $\alpha$ leads to a divergent effective mass of quarks at $\langle \bar{f} f \rangle = \langle \bar{f} f \rangle_0$ and, consequently, to an absolute suppression of quarks in the confining region. A small but finite value of $\alpha$ leads to a large $m_f^*$, which is sufficient for an efficient suppression of quarks at low temperatures and densities. Below, however, we consider the limiting case of $\alpha = 0$, which allows us to demonstrate the confining mechanism of the present approach in the most radical way.

Mean-field treatment of the vector and diquark pairing channels corresponds to the linearization of the Lagrangian around the expectation values of operators $\bar{q} \gamma_\mu q$ and $\bar{q} i \gamma_5 T_a \lambda_b q$. Only the $\mu = 0$ component of the first of them yields a non-vanishing expectation value $\langle q^+ q \rangle$ being the quark number density. The diquark pairing operators generate three non-vanishing condensates

$$\langle \bar{f} i \gamma_5 T_2 \lambda_2 q \rangle, \quad \langle \bar{f} i \gamma_5 T_5 \lambda_5 q \rangle, \quad \langle \bar{f} i \gamma_5 T_7 \lambda_7 q \rangle.$$  \hspace{1cm} (1.21)

They correspond to the formation of the following diquark pairs: $(u_r, d_g)$ with $(u_g, d_r)$, $(d_g, s_b)$ with $(d_b, s_g)$, and $(s_b, u_r)$ with $(s_r, u_b)$, respectively.
Here the subscript index running over \((r,g,b)\) represents the color state of quarks. The resulting mean-field Lagrangian is

\[
L_{MF} + q^+ \mu q = \bar{Q} S^{-1} Q + G_V (q^+ q)^2 - \sum_{a=2,5,7} |(\bar{q} i \gamma_5 T_a \lambda_a q)|^2 - U^{(0)} + \langle \bar{q} \Sigma^{(0)} q \rangle.
\]

It is written through the Nambu-Gorkov bispinor \(Q = \frac{1}{\sqrt{2}} \left( q \ q^c \right) \) and the propagator

\[
S^{-1} = \begin{pmatrix}
    i\partial - m^* + \mu^* \gamma_0 & \sum_{a=2,5,7} i \gamma_5 T_a \lambda_a (\bar{q} i \gamma_5 T_a \lambda_a q)^* \\
    \sum_{a=2,5,7} i \gamma_5 T_a \lambda_a (\bar{q} i \gamma_5 T_a \lambda_a q)^* & i\partial - m^* - \mu^* \gamma_0
\end{pmatrix}.
\]

We note that the vector repulsion renormalizes the quark chemical potentials as

\[
\mu^* = \text{diag}(\mu_u, \mu_d, \mu_c) - 2G_V (q^+ q).
\]

The Lagrangian (1.22) is quadratic in the quark fields allowing their functional integration and leading to the thermodynamic potential

\[
\Omega = -\frac{T}{2V} \text{Tr} \ln(\beta S^{-1})
- G_V (q^+ q)^2 + G_D \sum_{a=2,5,7} |(\bar{q} i \gamma_5 T_a \lambda_a q)|^2 + U^{(0)} - \langle \bar{q} \Sigma^{(0)} q \rangle.
\]

where \(\beta = \frac{1}{T}\) is the inverse temperature, \(V\) stands for the system volume and the trace is performed over the Nambu-Gorkov, Dirac, color, flavor, momentum and Matsubara indices. The latter appear since quark propagator in Eq. (1.25) is given in the momentum representation. Solving this trace requires eigenvalues of \(S^{-1}\), which in the Nambu-Gorkov-Dirac-color-flavor space is a \(72 \times 72\) matrix. In the case of equal current quark masses and chemical potentials these eigenvalues are highly degenerate provided the fact that the effective quark masses, the chiral condensates of three quark flavors and the three non-vanishing diquark condensates coincide.

For simplicity, we consider below such a regime of the present model. In order to make the consideration as introductory as possible we also neglect current quark masses at all. This leads to the effective quark mass

\[
m^* = \sigma \cdot \left( \frac{D_0}{\sigma_0^2} \right)^{\frac{2}{3}} \cdot \frac{2 \left[ 1 + \frac{\sigma}{\sigma_0} \right]}{3 \left[ 5 - \frac{3\sigma^2}{\sigma_0^2} - \frac{2\sigma^3}{\sigma_0^3} \right]^{\frac{3}{2}}}.
\]
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expressed through the reduced mass parameter

$$\sigma \equiv -\frac{\langle uu \rangle}{D_0} = -\frac{\langle dd \rangle}{D_0} = -\frac{\langle ss \rangle}{D_0}. \quad (1.27)$$

In the color-flavor space the eigenvalues of the inverse Nambu-Gorkov propagator split into an octet and a singlet. They are

$$\omega^{\pm}_{\text{oct}} = \sqrt{(\omega^\pm)^2 + \Delta^2}, \quad (1.28)$$

$$\omega^{\pm}_{\text{sing}} = \sqrt{(\omega^\pm)^2 + (2\Delta)^2}, \quad (1.29)$$

where $$\omega^\pm = \omega \pm \mu^*, \quad \omega = \sqrt{k^2 + m^2},$$ is the quark momentum, $$\mu^* = \mu^*_u = \mu^*_d = \mu^*_s,$$ and the diquark pairing gap is defined as

$$\Delta \equiv 2G_D|\langle q\gamma_5 T_2 \lambda q \rangle| = 2G_D|\langle q\gamma_5 T_5 \lambda q \rangle| = 2G_D|\langle q\gamma_5 T_7 \lambda q \rangle|. \quad (1.30)$$

Hereafter the index $$f$$ is suppressed in order to stress the degeneracy of flavors. In the considered case

$$\frac{T}{2V} \text{Tr} \ln(\beta S^{-1}) = T \sum_n \int \frac{dk}{(2\pi)^3} \left[ 8 \left( \frac{\omega_n^2 + (\omega^+_{\text{oct}})^2}{T^2} + \ln \frac{\omega_n^2 + (\omega^+_{\text{oct}})^2}{T^2} \right) \right.$$ 

$$\left. + \ln \frac{\omega_n^2 + (\omega^+_{\text{sing}})^2}{T^2} + \ln \frac{\omega_n^2 + (\omega^-_{\text{sing}})^2}{T^2} \right]. \quad (1.31)$$

Here $$\omega_n = \pi T(2n + 1)$$ is a fermionic Matsubara frequency. Performing the summation over the corresponding index and taking the limit $$T \to 0$$, which is of interest for the astrophysical applications, we arrive at the zero temperature thermodynamic potential of the CFL phase of massless interacting quark matter

$$\Omega = \Omega_q - \frac{G_V}{4G_D} \langle \bar{q} q \rangle^2 + \frac{3\Delta^2}{4G_D} + U^{(0)} - \langle \bar{q} \Sigma^{(0)} q \rangle, \quad (1.32)$$

with

$$\Omega_q = -\int \frac{dk}{(2\pi)^3} \left[ 8 \left( \omega^+_{\text{oct}} + \omega^-_{\text{oct}} \right) + \omega^+_{\text{sing}} + \omega^-_{\text{sing}} \right] \quad (1.33)$$

being a quark part. The momentum integrals in Eq. (1.33) are regularized by a sharp cutoff $$\Lambda$$. The definitions of the quark self-energy $$\Sigma^{(0)}$$ and the diquark gap $$\Delta$$ provide stationarity of the thermodynamic potential, which is equivalent to the gap equations

$$3\sigma = \frac{1}{D_0} \int \frac{dk}{(2\pi)^3} \left[ 8 \left( \frac{\omega + \mu^*}{\omega^+_{\text{oct}}} + \frac{\omega - \mu^*}{\omega^-_{\text{oct}}} \right) + \frac{\omega + \mu^*}{\omega^+_{\text{sing}}} + \frac{\omega - \mu^*}{\omega^-_{\text{sing}}} \right] \frac{m^*}{\omega}, \quad (1.34)$$

$$3\Delta = 4G_D \Delta \int \frac{dk}{(2\pi)^3} \left[ 8 \left( \frac{1}{\omega^+_{\text{oct}}} + \frac{1}{\omega^-_{\text{oct}}} \right) + 4 \left( \frac{1}{\omega^+_{\text{sing}}} + \frac{1}{\omega^-_{\text{sing}}} \right) \right]. \quad (1.35)$$
Let us first analyze the equation for the reduced mass parameter. Since $m^* \propto \sigma$, then it obviously has a trivial solution representing the chirally restored CFL phase. For another one the reduced mass parameter has its vacuum value. In this case effective quark mass diverges and the integrand in Eq. (1.34) simplifies to 18. This solution corresponds to the chirally broken normal phase. Thus

$$\sigma_{\chi_{SB}} = \sigma_0, \quad \sigma_{CFL} = 0. \quad (1.36)$$

Note that $\sigma_0 = -(\langle f \rangle_0/D_0$ is connected to the vacuum value of a single flavor chiral condensate $\langle f \rangle_0$ which defines the momentum cutoff by the relation

$$\sigma_0 = 6 \frac{D_0}{D_0} \left( \frac{\Lambda^3}{\pi^2} \right). \quad (1.37)$$

We used $\langle f \rangle_0 = -(251 \text{ MeV})^3$, which yields $\Lambda = 538 \text{ MeV}$. This value of the momentum cutoff is used in order to parametrize vector and diquark couplings by $\eta_V = G_V \Lambda^2$ and $\eta_D = G_D \Lambda^2$. The models considered below are labelled by pairs of numbers $(\eta_V, \eta_D)$. For example, $(1.0, 2.0)$ corresponds to $G_V = \Lambda^{-2}$ and $G_D = 2\Lambda^{-2}$.

The effective quark mass and, consequently, $\omega_{\text{oct}}^\pm$ and $\omega_{\text{sing}}^\pm$ diverge in the phase with broken chiral symmetry, leading to a vanishing diquark pairing gap. In the CFL phase quarks are massless and this pairing gap becomes finite. Thus

$$\Delta_{\chi_{SB}} = 0, \quad (1.38)$$

$$3 = \int \frac{dk}{(2\pi)^3} \left[ \frac{32G_D}{\omega_{\text{oct}}^+} + \frac{32G_D}{\omega_{\text{oct}}^-} + \frac{16G_D}{\omega_{\text{sing}}^+} + \frac{16G_D}{\omega_{\text{sing}}^-} \right]_{m^* = 0, \Delta = \Delta_{\text{CFL}}} \quad (1.39)$$

The divergence of $m^*$ in the chirally broken phase leads to $\Omega_q = \langle \overline{q} \Sigma^{(0)} q \rangle = -3D_0 \sigma m^*$, while $U^{(0)} = 0$ due to $\sigma = \sigma_0$. The quark number density and the diquark gap also vanish in this phase. Therefore, its pressure $P$ being the negative of the thermodynamic potential vanishes. In the CFL phase quarks are massless, which is equivalent to $\Sigma^{(0)} = 0$. Therefore, the pressure of two phases

$$P_{\chi_{SB}} = 0, \quad (1.40)$$

$$P_{\text{CFL}} = -\Omega_q |_{m^* = 0, \Delta = \Delta_{\text{CFL}}} + G_V \langle q^+ q \rangle^2 - \frac{3\Delta_{\text{CFL}}^2}{4G_D} - U^{(0)}_{\sigma = 0}. \quad (1.41)$$

It is worth mentioning that the last term in the previous expression is constant and negative. Therefore, it can be related to the effective bag pressure

$$B \equiv U^{(0)}_{\sigma = 0} = D_0^\frac{3}{2} (5\sigma_0^2)^\frac{1}{2}. \quad (1.42)$$
The quark number density of the CFL phase should be self-consistently found according to
\[
\langle q^+q \rangle_{\text{CFL}} = -\frac{\partial \Omega}{\partial \mu} \bigg|_{m^* = 0, \Delta = \Delta_{\text{CFL}}},
\]  
(1.43)
This number density is related to the baryonic charge density \( n_b \) as \( \langle q^+q \rangle = 3n_b \), while the chemical potential of the baryonic charge is \( \mu_b = 3\mu \). It is also important to note that equality of masses and chemical potentials for the three quark flavors leads to the equality of their partial number densities. As a result, the quark matter is electrically and color neutral.

Two solutions of the present model should be merged at \( \mu_b \) providing \( P_{\chi_{SB}} = P_{\text{CFL}} \). At low chemical potentials the solution corresponding to the CFL phase has negative pressure \( P_{\text{CFL}} < 0 \) signalling that superconducting chirally symmetric quark matter is disfavoured in that region. At a certain \( \mu_b \) the pressure \( P_{\text{CFL}} \) attains a zero value and gets positive at larger chemical potentials. That region corresponds to the chirally symmetric CFL phase of quark matter.

The dependence of the diquark pairing gap on the baryonic charge chemical potential is shown in the left panel of Fig. 1.4. With this solution we evaluate the present model pressure as a function of baryonic chemical potential shown on the right panel of Fig. 1.4.

We utilize the present model in order to construct the hybrid quark-hadron EoS by means of the Maxwell construction. For the hadron part we use the DD2Y-T+S EoS discussed in the previous section. As it was mentioned, the curve of this EoS terminates in the \( \mu_b - P \) plane when chemical
Quark deconfinement in compact stars through sexaquark condensation

Fig. 1.5 Illustration of the transition from a BEC of sexaquarks as 3-diquark bound state (left panel) to a BCS condensate of diquarks in the CFL phase (right panel).

potential reaches the half of the sexaquark mass $m_S$. This manifests the onset of BEC of sexaquarks.

While having a vanishing incompressibility $K = 9 \partial P/\partial n_b$, this condensate is dynamically unstable against gravitational compression. A sufficient increase of the condensate density leads to the Mott dissociation of sexaquarks into three diquarks. This opens a window for the transition from the BEC of sexaquarks to the BCS phase with diquark condensation in CFL phase quark matter (see Fig. 1.5). The condition of switching between these two regimes of strongly interacting matter is given by the Gibbs criterion of phase equilibrium formulated as

$$
\mu_b = \frac{m_S}{2},
$$

(1.44)

We adjust the coupling $D_0$ in order to provide this condition. Below the transition point, the matter exists in the hadronic phase, while above the transition the matter is converted to the CFL phase of quark matter.

The hybrid quark-hadron EoS is shown on Fig. 1.6. As is seen from the left panel, location of the transition point in the $\mu_b - P$ plane is not affected by the values of the vector and diquark couplings of quark matter provided by a proper choice of $D_0$. The right panel of Fig. 1.6 demonstrates that the limiting baryon density of hadron matter also remains unchanged under the variation of $\eta_V$ and $\eta_D$. At the same time, the baryonic density exhibits a discontinuous jump along the transition point signalling the first order phase transition. The onset density of quark matter decreases with the growth of the vector coupling.

A larger $\eta_V$ also leads to a stiffening of the quark matter branch of
the hybrid EoS. This is reflected in the increase of the maximum mass of compact stars with quark cores. The corresponding mass-radius diagram is shown on Fig. 1.7. Quark and hadron branches split at the mass of star for which in the center the conditions for the appearance of the sexaquark and thus its BEC are met. The purely hadronic solution (thin black curve) becomes unstable after that, thus limiting the maximum stellar mass to about 0.7 $M_\odot$. Switching to the quark branches stiffens the EoS providing stability of the stellar matter against the gravitational collapse. As a result the quark branches of the solution (colored curves) lead to much larger maximum stellar masses, which increase with the value of the vector coupling. For $\eta_D = 2.0$, the maximum mass reaches the two solar mass limit at $\eta_V$ slightly below one. As can be seen in Fig. 1.7, the present model is in a reasonable agreement with the astrophysical constraints discussed in the previous section and presented by the colored bands.

Tidal deformability $\Lambda$ is another important characteristic of compact stars quantifying its response to an external gravitational field [Peters and Mathews (1963); Abbott et al. (2017, 2018)]. This $\Lambda$ is fully determined by the properties of stellar matter and, therefore, can be found for a given mass of the star $M$ if its EoS is known. Fig. 1.8 shows dependence of the tidal deformability of compact quark-hadron star on its mass. The general trend is that $\Lambda$ decreases with $M$ since heavier stars are more compact and, therefore, are less deformable by external gravitational field. Analysis of the gravitational wave signal GW 170817 implies that tidal deformability of the
Fig. 1.7 Mass-radius relation of hybrid star with the quark-hadron EoS presented on Fig. 1.6. The empty circle on the hadronic curve indicates the hyperon onset. Quark and hadron branches split at the sexaquark onset mass of about 0.7 $M_\odot$. The astrophysical constraints depicted by the colored bends and shaded areas are discussed in the text.

1.4$M_\odot$ compact stars does not exceed 580, i.e. $\Lambda_{1.4} \leq 580$ [Abbott et al. (2018)]. At $\eta_D = 2.0$ this constraint limits $\eta_V$ from above by the value slightly above two. Note, the DD2Y-T EoS does not fit this constraint, while DD2Y-T+S EoS does not even reach 1.4 $M_\odot$ compact stars.

The gravitational wave signal GW 170817 was produced by the merger of two compact objects with masses $M_1 \geq M_2$. Analysis of the observational data does not give the values of these masses but implies that they are related through the chirp mass [Peters and Mathews (1963)]

$$\mathcal{M} = \frac{(M_1 M_2)^{3/5}}{(M_1 + M_2)^{1/5}}. \quad (1.45)$$

The best measured combination of the masses from GW 170817 yields $\mathcal{M} = 1.188^{+0.004}_{-0.002} M_\odot$ [Abbott et al. (2017)], which is used below. For each $M_1$ and $M_2$ providing this value of the chirp mass we calculated tidal deformabilities $\Lambda_1$ and $\Lambda_2$. Relation between them is shown on the right panel of Fig. 1.8, which also depicts the areas corresponding to 50% and 90% confidence intervals [Abbott et al. (2018)]. At $\eta_D = 2.0$ agreement with
Fig. 1.8  Tidal deformability $\Lambda$ as a function of stellar mass $M$ (left panel) and tidal deformability of the low mass component of the compact star merger $\Lambda_2$ as a function of the corresponding parameter $\Lambda_1$ of the high mass one found for the chirp mass $M = 1.188 \, M_\odot$ (right panel). The calculations are performed for hybrid stars with the quark-hadron EoS presented on Fig. 1.6 (color curves) and compared to the results obtained for purely hadronic star with the DD2Y-T EoS (black curves). Dark and light green shaded areas on the right panel demonstrate the regions falling into the 50 % and 90 % confidence levels, while filled circles represent the configurations with equal masses of two components $M_1 = M_2 = 1.3646 \, M_\odot$.

the observational data at the 90 % confidence level is provided by $\eta_V \leq 2.0$. Purely hadronic DD2Y-T EoS lies well beyond the corresponding interval. Agreement at the 50 % confidence level requires $\eta_V \leq 1.0$, which, however, contradicts to the constraints on the mass-radius relation.

1.4 Conclusions

In this contribution, we present for the first time a scenario according to which early quark deconfinement in compact stars is triggered by the BEC of a light sexaquark ($m_S < 2054$ MeV) that has been suggested as a candidate particle to explain the baryonic DM in the Universe. The BEC onset of S marks the maximum mass of hadronic neutron stars and it occurs when the condition for the baryon chemical potential $\mu_b = m_S/2$ is fulfilled in the center of the star, corresponding to $M_{\text{onset}} < 0.7 \, M_\odot$. In the gravitational field of the star the density of BEC of S increases until a new state of the matter is attained which consists of dissociated S states, the CFL phase with a diquark condensate, thus presenting a form of BEC-BCS transition in strongly interacting matter. For the description of the CFL
phase, we have developed here for the first time the three-flavor extension of the density-functional formulation of a chirally symmetric Lagrangian model of quark matter with confining properties encoded in a divergence of the scalar selfenergy at low densities and temperatures. As this density functional model does not show sequential but rather simultaneous deconfinement of quark flavors, the "No-Go" theorem of the NJL model against the possibility of absolutely stable strange quark matter does not apply here. However, since we had to make several approximations in this first evaluation of the three-flavor version of the density-functional model, we leave a discussion of the possibility of absolutely stable strange quark matter to a subsequent work.

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