Impact of Microplastic Fibers from the Degradation of Nonwoven Synthetic Textiles to the Magdalena River Water Column and River Sediments by the City of Neiva, Huila (Colombia)

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Abstract: Magdalena River surface water and shoreline sediments were sampled for microplastic particles at three locations in the city of Neiva, Colombia: upstream, city center, and downstream of the raw wastewater outflow. The absence of an industrial and manufacturing sector in Neiva provided an opportunity to assess the impact of upstream agricultural practices, as well as municipal activities such as wastewater outflow and laundry washing, on the quantity, polymer composition, and morphology of microplastic particles produced per capita and entering a river system. Microplastic particle concentrations increased with downstream distance, with microfiber concentrations ranging from 0.097 to 0.135 fibers/L in the river water and 25.5 to 102.4 fibers/kg in shoreline sediment. Microplastic fragment concentrations were 0.013–0.028 fragments/L in surface water and 10.4–12.7 fragments/kg of sediment. Raman microscope and scanning electron microscopy identified the relative composition of the polymers comprising the microplastic particles was similar regardless of sampling site or whether the sample was collected from the surface water or shoreline sediments, with polypropylene and polyethylene comprising at least 75% of the total polymers in all samples. Average fiber widths of < 20 µm in all but one sample, along with the lack of acrylic and polyester fibers used predominantly in woven synthetic textiles, indicated that the degradation of nonwoven synthetic textiles is the predominant origin of these microplastic fibers in the Magdalena River.

Keywords: microplastics; water column; sediments; nonwoven fibers

1. Introduction

Microplastics are plastic particles with a diameter less than 5 mm and are categorized into two classes according to their origin: primary or secondary. Primary microplastics are those specifically manufactured at a microscale size for use in cosmetics, exfoliating scrubs, and dental paste, while secondary microplastics are those that form through degradation of plastic materials and synthetic textiles [1–3]. Depending on the research focus, microplastics are also categorized according to their size, shape, color, and polymeric composition [4]. Environmental inputs of microplastic particles include release of treated or raw sewage [2], degradation of plastic debris and packaging, particle runoff from roads, and most recently discovered, wind transport [5–7]. Microplastics are of special concern given their small size, their potential for environmental dispersal, their impacts on biota, and their ability to absorb hydrophobic pollutants [8,9]. While initial microplastic particle research focused on
characterizing contamination of marine environments e.g., [10], later research demonstrated that most plastic debris found in the oceans originated from large populated areas with rivers being one of the most important transport mechanisms for microplastic particles to the ocean [11–15]. Despite the importance of river transport of microplastic particles, the comprehensive studies of microplastic particle origins, concentrations, and fate in river water and sediments is still in its early stage. Over the past two years, studies of global river systems have shown that microplastic particle concentrations range from $10^{-1}$ to $10^3$ particles/L in water columns and 10 to $10^5$ particles/kg in sediments [16–36] regardless of population density, land use (i.e., agriculture, industrial, municipal, rural), climatology, hydrology, or geography. The lack of clear, consistent correlations between microplastic particle behavior and environmental parameters challenges efforts to mitigate and control microplastic pollution in surface waters and the open oceans.

The objective of this study was to sample the reach of the Magdalena River that flows through Neiva, Colombia to measure the microplastic concentrations in the river water and sediments and characterize the origins of these particles. Neiva is a metropolis of nearly 336,000 people and located on the Magdalena River high basin in the southern Colombian Andes. Neiva does not have industrial or manufacturing sectors, acting mostly as a commerce and distribution center for agricultural products produced in the surrounding rural areas, notably upstream of Neiva. Thus, Neiva represents a modestly sized urban sampling site that is predominantly impacted by microplastic particle inputs from wastewater, laundry washing, surface runoff, and upstream agricultural practices. By comparing upstream and downstream water and sediment microplastic concentrations, morphology and polymer compositions, an estimation of the amount and type of microplastic particles produced per capita can be developed. These findings will provide an understanding of the type of microplastic particle pollution produced by people without interferences from microplastic particles produced by industry and manufacturing.

2. Materials and Methods

2.1. Sampling

Sampling was done along the Magdalena River in Neiva, Colombia. Neiva is located in the valley between the Cordillera Central and Cordillera Oriental mountains at an elevation of 442 m. The headwaters of the Magdalena River are at an elevation of 3800 m and located 263 km south of Neiva. Figure 1 provides a map of the three sampling sites selected along the Magdalena River in the city of Neiva, Colombia. The southernmost site (Site 1) was upstream of Neiva, located at 2°91′54″ N and 75°29′04″ W between Neiva and the Betania hydroelectric reservoir. The second site (Site 2) was at the main fish market in central Neiva located at 2°92′91″ N and 75°29′74″ W and the third site (Site 3) was immediately downstream of the raw municipal waste water and sewage water discharge located at 2°94′56″ N and 75°30′93″ W. Sampling occurred during August 18–20, 2018. Surface water samples were collected using a Neuston net of 20 μm mesh size, filtering the surface water to the depth of the neuston net mouth (0.3 m) for 30 min at a speed of 2 knots [33,37–40] so that the sampled water volume was ≈1 m$^3$ [41,42]. Sediment samples were collected on the shore along a horizontal transect at the waterline [37–39,42,43] by obtaining approximately 1 kg of sediment using a metal shovel to a depth of 5 cm. Three sediment sample replicates (1 kg each) were collected and combined into a single sample for each site [9]. Sediment and water samples were transported in glass containers to the laboratory.
2.2. Microplastic Particle Isolation

Sediment samples were air dried and sieved with a 2 mm metallic mesh. Microplastic particles were isolated from sediment and water samples using a saturated sodium chloride solution (1.202 g/cm$^3$) [44,45]. This procedure was repeated three times to remove low density microplastic particles [46]. Isolated sediment samples and water samples were filtered with 0.45 µm pore glass fiber Whatman filters [44–47]. To avoid loss of microplastic particles due to adherence, the walls of the glassware were rinsed repeatedly during the filtration process [43]. The efficiency of the sodium chloride density separation was evaluated using an aqueous solution with known concentrations of polystyrene (PS), polyethylene (PE), polypropylene (PP), polyvinyl chloride (PVC), and polyethylene terephthalates (PET) microplastic particles. Microplastic particles were produced by filing plastic samples of known polymer composition. The recovery of each individual polymer was measured by producing a 250 mL test solution with 50 particles. After three extractions, the efficiency for low density microplastics was 93% (PS, PE and PP) and the efficiency for high density microplastics (PVC and PET) was 79%.

Figure 1. Map showing sampling sites in Neiva, Colombia, along the Magdalena River.
2.3. Microplastic Particle Characterization

Optical microscopy (Olympus CX33, Bogota, Colombia, 100X magnification) was used to quantify the number of pellets, fragments, and fibers collected on the filters. Microplastic particle shapes were classified as pellets (spherical primary microplastics), fragments (irregular shapes presumably derived from the physical degradation of larger plastic debris), and fibers (from fishing lines, nets, clothing, and non-woven textiles) [48,49]. A Renishaw confocal Raman microscope (inVia Qontor, Renshaw, West Dundee, IL, USA) was used to characterize the microplastic particle polymer composition. Microplastic particles were characterized using 20× and 50× objectives with a 532 nm laser and 1200 scanning counts. Laser intensity, exposure time, and number of integrations were set individually for each particle or fiber depending on the background fluorescence observed [50,51]. Calibration used the 520.7 cm⁻¹ peak of a pure silicon wafer and the spectrum of a clean filter was subtracted from sample analyses. Raman spectra of polymers (PP, PE, PS, PVC, and Nylon) collected from consumer materials and Raman spectra from the literature were used as a reference data base for polymer identification [52–58].

Scanning electron microscopy (SEM) was used to obtain high resolution images of the samples and to improve particle counting, considering that microplastics can be distinguished from other organic or inorganic materials by examining the high-resolution images of their surface morphology [37–39]. Samples were rinsed with nanopure water for several minutes and filtered again with glass fiber filters. Samples on the glass fiber filters were air-dried for 24 h and gold-sputter coated in a Hummer VI sputtering system. Micrographs were collected on a Zeiss Neon 40 EsB Scanning Electron Microscope (Oberkochen, Germany) with an accelerating voltage of 2.0 kV and a secondary electron detector. The entire filter area was analyzed completely (5 cm² per filter), collecting images of 0.5 cm² and greater magnified images where microplastics were found (1 mm²) in order to have a better image for the analysis. The images obtained were used to obtain the particle size distribution [49]. The surface area of microplastic particles and microspheres as well as the length and width of microfibers were measured using ImageJ [58,59], a free distribution software for image analysis. Particle area and fiber length and width data were processed using the software SPSS, applying a Kruskal–Wallis test with a level of confidence of 95.5% to identify any significant difference in the quantity of microplastics and their geometry among sampling sites [36,59,60].

3. Results

Figure 2 illustrates that at all three sampling sites, fibers constituted the majority of microplastic particles found in both the river surface water and the shoreline sediments, followed by fragments, and a small number of pellets present only in the shoreline sediment samples. Totally, 999 microplastic particles were characterized from all three sites combined, with 84% identified as fibers, 15% as fragments, and 1% as pellets. Additionally, the concentration of fibers and fragments in the river surface water (# particles/L) and the shoreline sediments (# particles/kg) increased with downstream distance.
Figure 2. Number of microplastic particles (Graphic a. Shows # particles/L, Graphic b. Shows # particles/kg for sediments) found in each site according to their shape.

Figure 3 shows that the relative composition of the polymers comprising the microplastic particles was very similar regardless of sampling site or whether the sample was collected from the surface water or shoreline sediments. In all samples, the fiber composition consisted of $\approx50\%$ polypropylene (PP), $\approx33\%$ polyethylene (PE), $\approx10\%$ nylon, and $\approx5\%$ polystyrene (PS). Blank tests with laboratory distilled water demonstrated Neuston net fibers (comprised of PP and PET) were not contaminating the surface water samples. With regards to microplastic fragments, their composition consisted of $\approx50$–$60\%$ polyethylene terephthalate (PET), $\approx25$–$30\%$ PP, and $\approx10$–$20\%$ PE. The pellet composition in all three sediment samples was 100% PE.
Figure 3. Microplastic concentrations and compositions found in shoreline sediments and surface water for each site. Polystyrene (PS), polyethylene terephthalate (PET), polypropylene (PP), polyethylene (PE). Graphic a shows the results for sediments, graphic b shows the results for water.

Figure 4 presents the range of particle areas ($\mu m^2$) for the fragments and pellets found in each sample. The average area for particles in the water samples ranged from 3.03 to 9.22 $\mu m^2$, and for particles in the sediment samples, it ranged from 2.55 to 17.96 $\mu m^2$. There is no statistical difference in the average particle areas of fragments and pellets among the six samples (with a significance of $p = 0.05$). However, the shoreline sediments at sampling site 3 (SS3) contained the greatest variation of particle areas, as well as several fragments with uniquely large areas.
Figure 4. Area (µm\(^2\)) of microplastic fragments and pellets found in all six samples. Box plots depict range of particle areas with top whisker equal to the 90th percentile of areas, top of the box equal to the 75th percentile, bar at middle of box equal to the 50th percentile, bottom of box equal to the 25th percentile, and bottom whisker equal to the 10th percentile. Dots above the top of the whisker represent large area values that occur outside the quartiles represented, showing that the biggest fragments occur at Site 3. The number of microplastic particles in each sample are Water Site 1 (WZ1: nine fragments), Water Site 2 (WZ2: 17 fragments), Water Site 3 (WZ3: 23 fragments), Sediment Site 1 (SZ1: 22 fragments, four pellets), Sediment Site 2 (SZ2: 10 fragments, zero pellets), and Sediment Site 3 (SZ3: 19 fragments, three pellets). The X inside the boxes represents the average data (WZ1: 3.03 µm\(^2\), WZ2: 6.45 µm\(^2\), WZ3: 9.22 µm\(^2\), SZ1: 10.29 µm\(^2\), SZ2: 2.55 µm\(^2\), SZ3: 17.96 µm\(^2\)).

Figure 5 shows the range of width (µm) and length (µm) for fibers found in each sample. The average width and length for microplastic fibers in water samples ranged from 10 to 14 µm and 300 to 400 µm, respectively. For sediment samples, the average width and length of microplastic fibers ranged from 14 to 24 µm and 300 to 600 µm, respectively. Using the Kruskal–Wallis test, at the level of 0.05 of significance, all six samples are different with the probability of them being identical in composition much lower than 0.01% in both cases (4.28 × 10\(^{-28}\) for width and 9.58 × 10\(^{-10}\) for length). Figure 5 also shows for all six samples that the fiber width and length distributions are asymmetrical, given that the middle bar of the boxes is not in the middle of all four quartiles. Most samples have values outside the quartiles showing wide variability of fiber sizes, especially sediments from Site 3, that exhibits the highest average and the highest variation of values.
Figure 5. Width and length of microplastic fibers in µm found in all six samples. Box plots depict range of width or length with top whisker equal to the 90th percentile, top of the box equal to the 75th percentile, bar at middle of box equal to the 50th percentile, bottom of box equal to the 25th percentile, and bottom whisker equal to the 10th percentile. Dots above the top of the whisker represent large width or length values that occur outside the quartiles represented, in which we can see fibers up to 45 µm of width and up to 2000 µm long. The number of microplastic fibers in each sample are Water Site 1 (WZ1: 53), Water Site 2 (WZ2: 31), Water Site 3 (WZ3: 72), Sediment Site 1 (SZ1: 82), Sediment Site 2 (SZ2: 36), and Sediment Site 3 (SZ3: 114). The X inside the boxes shows the average data for width (WZ1 14 µm, WZ2 10 µm, WZ3 11 µm, SS1 14 µm, SZ2 17 µm, SS3 24 µm) and length (WZ1 400 µm, WZ2 300 µm, WZ3 300 µm, SS1 300 µm, SZ2 400 µm, SZ3 600 µm). Graphic a shows the width of fibers, Graphic b shows the length of fibers.

4. Discussion

Neiva, Colombia represents a unique sampling site to address the questions of what type of microplastic particles and how many microplastic particles are produced per person in an urban environment absent of heavy industrial and manufacturing processes.
urban environment absent of heavy industrial and manufacturing processes. Neiva is the capital of the Department of Huila that has an economy consisting primarily of agriculture, livestock, and aquaculture [61]. The Magdalena River watershed upstream of Neiva consists of numerous small towns with diverse agricultural economies. The assumption made in this study is that microplastic particles produced during machining, grinding, milling, and fabrication processes associated with heavy industry are significantly different from microplastic particles generated by an urban populace using synthetic woven and nonwoven fabrics, plastic packaging and containers, and plastic consumer goods.

Figure 2 illustrates an increasing concentration of microplastic particles in water and sediment samples as a function of downstream distance, and by inference, increasing population. What is remarkable about these results are the similarities for the relative amounts of fragments, fibers and pellets (Figure 2) and for the relative concentrations of the polymer compositions for fragments, fibers, and pellets (Figure 3) in water and sediment samples regardless of sampling site location. These results suggest similar origins for microplastic particles whether they are produced in the upstream, rural area or in the urban, highly populous area. They also indicate the absence of preferential deposition of microplastic morphology and/or polymer composition over the sampled reach of the Magdalena River. It is hypothesized that the lower concentration of microplastic particles in sediment #2 is because its texture is a dense clay that does not entrap particles efficiently while the texture of sediments #1 and #3 is sandy and can easily collect large particles.

In the region upstream of urban Neiva, microplastic particle inputs can originate from agricultural practices and the release of raw sewage and laundry wash water. Agricultural practices generating microplastic particles are the use of sludge-based fertilizers [62,63] and plastic mulches [63–67]. These agricultural practices produce microplastic particles that are predominantly black-colored and transparent fragments and films comprised mostly of polypropylene and polyethylene, along with a lesser amount of fibers [68,69]. Raw sewage contains microplastic particles with diverse morphology and polymer composition, however for many raw sewage influents, microplastic fibers typically comprise between 60% and 90% of the total microplastic particles [70–76]. Moreover, these fibers are typically comprised of acrylic, polyester, or polyamide polymers, presumably originating from washing clothing made of woven synthetic textiles [77–80].

Microplastic fragments comprised of PET, PP, and PE were identified in the water and sediment samples collected at all three sampling sites (Figure 3). A rubber fragment found in the sediment at Site 1 presumably originates from tire degradation [81,82]. PET, PP, and PE polymers are widely used for consumer packaging, grocery bags, food containers and drinking water bottles, so the hypothesized origin of these fragments is the mechanical degradation of these polymeric materials after their disposal. Moreover, in Site 1, the physical degradation of plastic mulches and crop covers used for agriculture upstream of Neiva could contribute to the microplastic fragment content. The microplastic fragments found in Site 3 illustrates preferential deposition of larger fragments presumably influenced by sewage outflow.

The microplastic fibers identified in water and sediment samples from all three sites contained similar relative compositions of PP, PE, Nylon, and PS (Figure 3). The absence of acrylic and polyester fibers used in woven synthetic textiles suggests a minimal contribution of microplastic fibers from laundry wash water [78–80]. This is a surprising finding for Site 3 considering it is not far downstream of raw sewage outflow. Figure 5 shows that the average width of these fibers for the water samples ranges between 10 and 14 µm, and for the sediment samples ranges from 14 to 24 µm, which is a width thinner than fibers typically used for woven synthetic textiles such as 17.2–44 µm for PE, 18–50 µm for PP, and 18.8–26.6 for Nylon 6.6 [83–85]. Both the polymer composition and the thin fiber width indicate that these fibers originate from degradation of nonwoven textiles. Nonwoven textiles are a rapidly growing global market with sales of $44.37 billion in 2017 to an estimated sales amount of $98.78 billion by 2026 [86]. These textiles can be designed to offer precise functions such as absorbency, straining, resilience, stretch, strength, flame retardancy, wash ability, softness, bacterial barrier, and sterility [87–90]. Nonwoven textiles are used in a wide range of disposable products.
including healthcare products, filters, cleaning and medical wipes, personal hygiene products, diapers and absorbent pads, and water-resistant packaging, as well as bags, tarps, and textiles for clothing and upholstery [87]. Nonwoven textiles are a fabric organized from long polymer fibers, bonded collectively by mechanical, thermal, or solvent treatment to produce smooth, porous, and highly durable sheets consisting of thin fibers with widths ranging from 10 to 17 µm [90]. Figure 6D shows an image of microplastic particle, found in a sediment sample, of a nonwoven textile consisting of an aggregated cluster of 10–15 µm wide fibers. Typical polymers used for nonwoven textiles are PE, PP, PS, and Nylon although other polymers are utilized [90]. Moving downstream from Site 1 to Site 3, Figure 3 shows that these fibers accumulate in the sediments. Additionally, Figure 5 shows that moving downstream, the average width of the fibers increases, indicating additional contributions of thicker fibers used in woven textiles. The average fiber length found in the water and sediment samples from all three sampling sites was between 300 and 600 µm (Figure 5).

Figure 6. Micrography of the microplastics found. (a) Microsphere; (b) PET fragment; (c) fiber from clothing; (d) nonwoven fiber from packaging materials.

Since all water samples were collected within a two-day period during which the Magdalena River maintained a constant hydrological flow (i.e., no hydrological events such as rainfall), and assuming the concentration of microplastic particles in the surface water is representative of the average annual surface water concentration, the estimated average annual outflow of microplastic fibers and fragments per person can be calculated. Neiva’s population in the urban region (urban area = 45.94 km²) directly adjacent to the three sampling sites in this study is 335,994 [91] resulting in an urban population density of 7317 people/km². Defining the amount of microplastic particles outflow produced per person by Neiva’s urban population as the difference in microplastic particles collected between the water surface upstream and downstream sampling sites (Figure 2; Sites 1 and 3, respectively) giving values of 0.038 fibers/L and 0.015 fragments/L, and an average flow rate for the Magdalena River of 300 m³/s [92], it is
calculated that Neiva’s annual per capita outflow of fibers and fragments is $1.07 \times 10^6$ fibers/person/year and $0.42 \times 10^6$ fragments/person/year, respectively. Upstream of urban Neiva, the watershed area of the Magdalena River is 32,800 km$^2$ [93] with a population density of 5.9 people/km$^2$ [94], giving an estimated population of 193,600 people. With measured values of 0.097 fibers/L and 0.0133 fragments/L at Site 1, this calculates to an annual per capita outflow of $4.74 \times 10^6$ fibers/person/year and $0.65 \times 10^6$ fragments/person/year. Although these values suggest a four- to five-fold increase in fiber outflow per person in the upstream agricultural region, it is difficult to determine based upon one sample if this difference is meaningful without a more comprehensive spatial and temporal sampling effort. Regardless of this difference, these values do illustrate that there is minimal difference (i.e., not an order of magnitude difference) in the annual production of fibers and fragments per capita whether from the agricultural upstream region or from the urban area. This finding supports our hypothesis that the microplastic particles observed in the Magdalena River water and sediments are mostly produced by consumer and household activities without much, if any, industrial or manufacturing input.

Twenty one detailed studies of microplastic particles in river water and sediments [17–36,95,96] present microplastic particle concentrations in the surface water ranging from $10^{-1}$ to $10^{2}$ particles/L with no apparent correlation to population density, geographical location, or land use. However, in all but one study [21], fibers constituted 50–90% of the total microplastic particles. Moreover, in the six studies [21,22,26,30,31,62] that characterized the microplastic particle composition, five found that 50% or more of the particles were comprised of PE or PP, with PET, PS, and Nylon making up the remainder. Only one study detected polyester fibers [26] and another identified acrylic, rayon, and polyester fibers [96]. These findings, along with those from the Magdalena River, indicate that fibers are the most prevalent microplastic particles present in global river waters and sediments. Moreover, these fibers are not from synthetic woven textiles but rather appear to originate from degradation of nonwoven synthetic textiles. However, addressing this hypothesis will require more detailed analyses of microplastic fibers polymeric composition and width. Whether PE and PP microfibers are not adequately removed by wastewater treatment processes or if other transport mechanisms exist, such as atmospheric transport [95,97], needs to be explored in more detail.

5. Conclusions

The origin, transport, and fate of microplastic particles in rivers is a complex, dynamic process that is determined by land use, waste disposal methods, population density, surface hydrology, climate, and geography. Due to the absence of an industrial and manufacturing sector in the city of Neiva, this study utilized Neiva to characterize the contribution of raw wastewater outflow and household activities in a midsized urban environment on the amount and type of microplastic particles deposited into the river water and sediments. Approximately 15% of the total microplastic particle input from Neiva into the Magdalena River is due to fragments comprised of PP, PE, and PET from upstream agricultural practices as well as presumably the degradation of PET-based drinking water bottles and consumer packaging. The remaining 84% input is from PE, PP, PS, and nylon microplastic fibers. The observation of fiber widths of < 20 µm in this study, along with the lack of acrylic and polyester fibers that are used predominantly in woven synthetic textiles, indicated that the degradation of nonwoven synthetic textiles is the dominant origin of these microplastic fibers. This study is the first the authors know of that clearly indicates the impact of microplastic fibers originating from nonwoven synthetic textiles. Without detailed analysis of the polymeric composition of the microplastic fibers, as well as the extensive measurement of fiber widths, this conclusion would not be possible. This is an important finding because microplastic fibers are often assumed to originate from the washing of woven synthetic textiles. Therefore, it is our recommendation that studies of microplastic fibers take special consideration of polymer composition and morphology to ensure accurate characterization and identification of their origin.
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