The multikinase inhibitor Sorafenib displays significant antiproliferative effects and induces apoptosis via caspase 3, 7 and PARP in B- and T-lymphoblastic cells

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Abstract

Background: Targeted therapy approaches have been successfully introduced into the treatment of several cancers. The multikinase inhibitor Sorafenib has antitumor activity in solid tumors and its effects on acute lymphoblastic leukemia (ALL) cells are still unclear.

Methods: ALL cell lines (SEM, RS4;11 and Jurkat) were treated with Sorafenib alone or in combination with cytarabine, doxorubicin or RAD001. Cell count, apoptosis and necrosis rates, cell cycle distribution, protein phosphorylation and metabolic activity were determined.

Results: Sorafenib inhibited the proliferation of ALL cells by cell cycle arrest accompanied by down-regulation of CyclinD3 and CDK4. Furthermore, Sorafenib initiated apoptosis by cleavage of caspases 3, 7 and PARP. Apoptosis and necrosis rates increased significantly with most pronounced effects after 96 h. Antiproliferative effects of Sorafenib were associated with a decreased phosphorylation of Akt (Ser473 and Thr308), FoxO3A (Thr32) and 4EBP-1 (Ser65 and Thr70) as early as 0.5 h after treatment. Synergistic effects were seen when Sorafenib was combined with other cytotoxic drugs or a mTOR inhibitor emphasizing the Sorafenib effect.

Conclusion: Sorafenib displays significant antileukemic activity in vitro by inducing cell cycle arrest and apoptosis. Furthermore, it influences PI3K/Akt/mTOR signaling in ALL cells.

Background

Acute lymphoblastic leukemias (ALL) can occur during childhood and more rarely during adulthood. Especially adult patients still have a grave prognosis following conventional chemotherapies despite progress in the treatment during recent years. Therefore, risk adapted therapy approaches have been developed including allogenic stem cell transplantation as well as targeted therapies. In particular, CD20 antibody treatment has been successfully introduced in B-ALL [1]. In addition, signal transduction inhibitors such as the tyrosine kinase inhibitor Imatinib have been used in BCR-ABL positive ALL patients leading to improved response rates [2,3]. Investigation of further targeted therapy approaches e.g. inhibition of signaling pathways is aiming at inhibiting other dysregulated tyrosine kinases or transcription factors.

Sorafenib is a multikinase inhibitor targeting Raf serine/threonine kinases as well as different receptor tyrosine kinases including c-Kit, FLT-3, vascular endothelial growth factor receptor (VEGFR) and platelet-derived growth factor receptor (PDGFR) [4,5]. Sorafenib has previously been shown to induce apoptosis and necrosis in various types of cancer such as renal cell carcinoma, breast cancer, lung cancer, colon cancer, chronic myelogenous leukemia (CML), chronic lymphocytic leukemia (CLL) and acute myeloid leukemia (AML) [6-8].

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lines from different solid tumors have been tested previously for their response to Sorafenib. It was shown that Sorafenib inhibits cell growth of renal cell carcinoma cells, pancreatic tumor cells, colon cancer, breast tumor cells and melanoma tumor cells [9,6]. Sorafenib has recently been approved for the clinical treatment of hepatocellular carcinoma and renal cell carcinoma [10]. Furthermore it is under clinical investigation in FLT3 positive acute myeloid leukemia (AML) patients [8,11]. In the present study we investigated the effect of the multikinase inhibitor Sorafenib on B- and T-ALL cells. Our results demonstrate that Sorafenib inhibits proliferation and induces apoptosis as well as necrosis in ALL cells. In addition, we could demonstrate the inhibitory effect of Sorafenib on the PI3K/Akt pathway.

Methods

Cell lines

ALL cell lines with different cytogenticis and phenotypes were used. The human ALL cell lines SEM, RS4;11 (both B-ALL) and Jurkat (T-ALL) were purchased from DSMZ (Braunschweig, Germany) and cultured according to manufacturer’s protocol. The media were supplemented with 10% heat-inactivated fetal bovine serum (PAA, Pasching, Austria) and 1% penicillin and streptomycin (Biochrom AG, Berlin, Germany). All cells were grown in a 37°C and 5% CO2 humidified atmosphere-incubator.

Inhibitors and cytostatics

Sorafenib was a kind gift from Bayer Healthcare (Leverkusen, Germany). The mTOR inhibitor RAD001 was kindly provided from Novartis (Basel, Switzerland). Inhibitors were dissolved in dimethyl sulfoxide (DMSO) and stored as stock solution at -20°C. Cytarabine and doxorubicin were purchased from cell pharm GmbH (Bad Vilbel, Germany) and dissolved in 5% NaCl (B. Braun Melsungen AG, Melsungen, Germany). For experimental use drugs were prepared freshly from stock solution. Control cells were cultured in their medium containing the same concentration of DMSO as the experimental treated cells. Drug concentrations were chosen in accordance with serum concentration that can be achieved in clinical settings.

Inhibition experiments and drug combination studies

Cells (5 x 10⁵/well) were seeded in 24 well plates (Nunc, Langenselbold, Germany) and treated with inhibitors for up to 96 h. Sorafenib was investigated as single drug and in combination with conventional cytostatics cytarabine and doxorubicin. In addition, the mTOR inhibitor RAD001 was combined with Sorafenib. Cells were incubated with sub-IC50 concentration of cytostatics cytarabine (250 nM), doxorubicin (25 nM) or RAD001 (1 nM and 10 nM) and with Sorafenib (0.73 μM and 7.3 μM) alone and in combination. Sub-IC50 concentrations of cytostatics were used to detect synergistic effects easier. IC-50 values of each drug had been determined in previous experiments. Inhibitors were added once at the time of cell seeding. Samples of cells were harvested after 0.5, 2.5, 4.0, 24, 48, 72 and 96 h and used for analyses.

Analyses of apoptosis and necrosis

Apoptosis and necrosis were determined using Annexin V FITC (BD Biosciences, Heidelberg, Germany) and propidium iodide (PI) (Sigma Aldrich, St. Louis, USA) labeling technique and flow cytometry analyses. Briefly, 5 x 10⁵ cells were harvested and washed twice (180 g, 10 min, 4°C) with PBS at indicated points in time. Each cell pellet was resuspended in 100 μl of binding buffer (1 x) and 5 μl Annexin V FITC were added. After an incubation time of 10 min at room temperature, additional 400 μl of binding buffer were added for a final volume of 500 μl. Cells were stained with PI (0.6 μg/ml) immediately before measurement. Unstained and single stained controls were included in each experiment. Flow cytometry analyses were performed using FACSCalibur (Becton and Dickinson, Heidelberg, Germany) and data thus obtained were analysed with CellQuest software (Becton and Dickinson, Heidelberg, Germany).

Proliferation studies

Cell counts were determined using the trypan blue staining. Metabolic activity was determined using tetrazolium compound (4-[3-(4-Iodophenyl)-2-(4-nitrophenyl)-2H-5-tetrazolio]-1,3-benzene disulfonate) [WST-1, Roche, Mannheim, Germany] according to the manufacturers protocol. In brief, cells (5 x 10⁵/well) were seeded on 96 well plates in triplicates and incubated with 15 μl WST-1 for 4 h. The assay is based on the reduction of tetrazolium salt WST-1 to soluble formazan by mitochondrial dehydrogenases of the cells. The amount of formazan dye directly correlates to the number of metabolically active cells and was detected by the absorbance at 450 nm and a reference wavelength at 620 nm by an ELISA Reader (Anthos, Krefeld, Germany). The absorbance of culture medium plus WST-1 in the absence of cells was used as background control.

Cell cycle analysis

After treatment SEM and Jurkat cells were harvested and washed twice in PBS. Cells were fixed with 70% ethanol and incubated with 1 mg/ml Ribonuclease A (Sigma-Aldrich, St. Louis, USA) for 30 min at 37°C. Subsequently, cells were washed twice in PBS and stained with PI. DNA content was analyzed by flow cytometry on a FACSCalibur Cytometer (Becton and
Dickinson, Heidelberg, Germany). Data analysis was performed using CellQuest software (Becton and Dickinson, Heidelberg, Germany).

Western blot

For protein extraction 1 × 10⁶ cells were washed twice in PBS and lysed with RIPA buffer (50 mM Tris HCl pH 7.4; 150 mM NaCl; 0.1% SDS and 1% NP40) including protease and phosphatase inhibitors (Roche Applied Science, Mannheim, Germany). Equal amounts of protein samples were separated by SDS-polyacrylamid gel (8% or 15%) electrophoresis and transferred onto a PVDF membrane (Amersham Biosciences, Buckinghamshire, UK). Membranes were blocked in 5% milk or 5% BSA and incubated at 4°C overnight with the following polyclonal antibodies: rabbit anti-cleaved caspase 3, rabbit anti-caspase 3, rabbit anti-cleaved PARP, rabbit anti-cleaved caspase 7, rabbit anti-caspase 7, rabbit anti-pErk1/2 (Thr202/Tyr204), rabbit anti-Erk, rabbit anti-pAktThr308, rabbit anti-akt, rabbit anti-p15INK4, rabbit anti-caspase 3, rabbit anti-caspase 7, rabbit anti-cleaved caspase 7, rabbit anti-p-p27KIP1, mouse anti-CDK4, mouse anti-CyclinD3 (all Cell Signaling Frankfurt/Main, Germany), rabbit anti-pFoxO3AThr32 and rabbit anti-FoxO3A (both Upstate, Temecula, USA). Blots were incubated with mouse anti-α-tubulin antibody or mouse anti-GAPDH (both Invitrogen, Carlsbad, USA) as loading control. Specific horseradish peroxidase-conjugated secondary antibodies (anti-mouse or anti-rabbit) were used. Blots were re-probed using Restore Plus Western Blot stripping buffer (Pierce, Rockford, USA). Signals were detected with ECL Plus reagent (Amersham Biosciences; Buckinghamshire, UK) and a CCD camera (Kodak Digital Science Image Station 440CF, Rochester, USA).

Statistical analysis

Experiments were conducted in triplicates and results within each experiment were described using mean ± standard deviation (SD). Significant effects (*) between treatment groups, or between treatment groups and control was accomplished by using the two-sample Student’s t-test. For more than two independent samples, the total significance level \( \alpha = 0.05 \) was Bonferroni adjusted for each pairwise test (\( \alpha_{adj} \)). All p-values resulted from two-sided tests. The nature of interaction between Sorafenib and other drugs was characterized using Bliss additivity model [12-14].

Results

Sorafenib inhibits proliferation and induces apoptosis in ALL cells

The influence of the multikinase inhibitor Sorafenib on proliferation in ALL cell lines SEM, RS4;11 and Jurkat was analyzed. Cells were incubated with two different concentrations of Sorafenib (0.73 μM and 7.3 μM). Results are summarized in Figure 1. Cell proliferation of all investigated ALL cell lines was significantly inhibited at a Sorafenib concentration of 7.3 μM. Proliferation inhibition was seen as early as 24 h after first exposure. The most pronounced effects were achieved at 96 h. Treatment with 0.73 μM Sorafenib also inhibited the proliferation in SEM cells, but not in RS4;11 and Jurkat cells.

Sorafenib induced apoptosis and necrosis in ALL cells. Highest mean apoptosis and necrosis rates with 7.3 μM Sorafenib were 30.8%, 26.8%, 43.4% and 72.9%, 70.4%, 60.5% for SEM, RS4;11 and Jurkat, respectively. Analyses for apoptosis and necrosis using Annexin FITC and Propidiumiodid staining are presented in Figure 2A. Dot plots are shown for SEM cells after Sorafenib exposure at 24 h and 48 h.

We then investigated the effects of Sorafenib on apoptosis induction in SEM and Jurkat cells in more detail. Treatment with Sorafenib induced apoptosis by cleavage of caspases 3, 7 and PARP that was observed already 24 h after treatment with 7.3 μM Sorafenib. Results are displayed in Figure 2.

Sorafenib induces cell cycle arrest

Sorafenib inhibited cell cycle progression thereby leading to a decreased cell proliferation. Cell cycle analysis exhibited an increase of SEM and Jurkat cells in G0/G1 phase which was accompanied by a reduction of cells in S- and M phase from 20.4%, 32.2% (DMSO) to 10.1%, 31.4% (0.73 μM) and 6.8%, 17.1% (7.3 μM) at 96 h respectively. Cell cycle analyses of SEM cells are displayed in Figure 3A. Results for both cell lines are summarized in table 1. In addition, G0/G1 arrest was confirmed by western blot analysis in SEM and Jurkat cells (Figure 3B). Downregulation of CDK4 and CyclinD3 were detected 24 h after Sorafenib treatment at 7.3 μM. The protein levels of the CDK4 inhibitor p15INK4 increases, but in contrast the protein expression of CDK2 inhibitor p27KIP1 decrease in SEM cells, whereas Sorafenib did not affected the CDK inhibitors in Jurkat cells.

Furthermore, we evaluated metabolic activity by measuring mitochondrial dehydrogenases activity in cells using WST-1 assay. Incubating the cells with 7.3 μM Sorafenib resulted in a significant decrease of mitochondrial dehydrogenases activity in SEM, RS4;11 and Jurkat.
cells. Treatment with 0.73 μM Sorafenib induced a significant inhibition of metabolic activity in SEM cells but not in RS4;11 and Jurkat. Results of WST-1 assay after treatment with Sorafenib in SEM, RS4;11 and Jurkat after 48 h are shown in Figure 3C.

**Sorafenib inhibits Erk, mTOR and Akt**
Based on the observation that Sorafenib inhibits proliferation, we performed western blot analyses for Erk, 4-EBP-1, Akt and FoxO3A to characterize the effects of Sorafenib on Raf/Mek/Erk pathway and PI3K/Akt/mTOR pathway (Figure 4). Sorafenib induced a decrease in phosphorylated Erk1/2 (Thr202 and Tyr204) with 0.73 μM and 7.3 μM at 4 h and 24 h in SEM cells (Figure 4A). To investigate further the Sorafenib inhibition on the PI3K/Akt pathway, we examined downstream signaling of mTOR by analyzing the phosphorylation status of 4EBP-1. As shown in Figure 4B, treatment of 0.73 μM and 7.3 μM resulted in a suppression of p-4EBP-1 on both phosphorylation sites (Ser65 and Thr70) in SEM cells. In Jurkat cells mTOR signaling was exhibited by reduced phosphorylation of p-4EBP-1 on Ser65 and not modulated on Thr70 with 7.3 μM Sorafenib. Furthermore, incubation with Sorafenib for 0.5 h led to decreased levels of pAkt at both phosphorylation sites in SEM, RS4;11 and Jurkat cells. In line, pFOXO3AThr32 decreased. Whereas the inhibition of Akt were pronounced in SEM and RS4;11, they were less explicit in Jurkat cells (Figure 4C).

**Sorafenib acts synergistically in combination with cytostatics**
In order to detect and classify the effects of Sorafenib in combination with other cytostatics, a series of experiments were performed. Sorafenib (0.73 μM and 7.3 μM) was used in a total of eight simultaneous combinations with either 250 nM cytarabine, 12.5 nM doxorubicin, 1 nM or 10 nM RAD001 for up to 96 h. As treatment...
Effects started to become apparent from time point 72 h (see Figure 1), a more detailed analysis for SEM at 72 h is presented (Figure 5). Inhibition of cell proliferation of each of the combinations (Sorafenib + 2nd Drug) compared to DMSO control reached statistical significance. Inhibition effects of single agent treatments vs. DMSO control, as well as combinations vs. single agents were detected, but did not reach statistical significance. In addition, inhibitory treatment effects of all eight combinations on proliferation were classified to become

Figure 2 Sorafenib induces apoptosis via cleavage of caspases (A) Apoptotic (Annexin V FITC+ and Propidium iodide−) and necrotic cells (Annexin V FITC− and Propidium iodide+) were detected by flow cytometry analysis at 24 h and 48 h following Sorafenib treatment. Results are displayed for SEM cells treated with DMSO or 7.3 μM Sorafenib. (B) Cells were treated as described in Figure 1. Total cell lysates (25 μg) were analyzed by Western blot to detect the cleavage of Caspase 3, 7 and PARP. GAPDH was used as control for equal loading.
“Bliss synergistic” ones with increasing concentrations of Sorafenib (the Bliss analyses are summarized in the additional file 1). This emphasizes a percentage increase in maximal inhibition and is above the expected strictly “Bliss additive” in nature effect, attributed just to the impact of Sorafenib-co-treatment with cytostatics. Further treatment effects on proliferation, apoptosis and necrosis are noticeable, but not verifiable, reflecting the feature of synergistic effects that mixture toxicities are detectable at low, statistically non-significantly acting concentrations of the single compounds.

Discussion

Targeted therapy of leukemias with specific inhibitors has been shown to be effective and clinically well tolerated. In the present study, we have investigated the effect of the multikinase inhibitor Sorafenib in regards to influence on proliferation, apoptosis and necrosis in B- and T-lymphoblastic cells. Significant antiproliferative effects of Sorafenib were observed with 7.3 μM (a clinically achievable serum concentration) in all investigated cell lines. Inhibition of proliferation was also inducible with lower concentration (0.73 μM) in SEM cells. We could further demonstrate that Sorafenib induces caspase activation by cleavage of caspases 3 and 7 which results in cleavage of the nuclear protein PARP. Sorafenib has been previously shown to activate apoptosis and necrosis in various types of cancer [6,7,15-17]. In AML it was shown that treatment with Sorafenib activates the intrinsic apoptotic pathway by up-regulation of Bim associated with an
increase of Bad, Bax and Bak proteins [8]. Further, it was demonstrated that Sorafenib-induced apoptosis resulted in down-regulation of Mcl-1, caspase activation and cytochrome c release in different cancer cells [6,18].

Whereas the effects of Sorafenib on Raf, Mek, Erk inhibition are well established in a variety of different cancers, its effects on the Akt signaling pathway is less clear. Since we and other have shown earlier, that the Akt pathway is activated in ALL cells, we aimed to detect Sorafenib effects on the PI3K/Akt/mTOR pathway. We demonstrated an inactivation of Akt after treatment with Sorafenib in SEM and RS4;11 achieving a complete disappearance of phosphorylated Akt. In Jurkat cells, that harbor a PTEN deletion, a marked decrease of pAkt levels (pAktSer473 and pAktThr308) occurred. In previous studies with several cancers, Sorafenib has not been shown to inhibit Akt phosphorylation [10,19,20]. Furthermore, it was demonstrated with biochemical assays, that Sorafenib is not a direct inhibitor of Akt [9]. In contrast, different studies indicated that Sorafenib induced an inhibition of STAT3 (phosphorylated signaltransducers and activators of transcription 3) that were associated with decreased levels of pAkt in glioblastoma cells, pancreatic cancer cell lines and neuroblastoma cells [16,21,22]. Moreover, we analyzed glioblastoma cells, pancreatic cancer cell lines and neuroblastoma cells that were associated with decreased levels of pAkt in related signaltransducers and activators of transcription 3) [16,21,22].

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In order to enhance antiproliferative effects, combination of cytostatic drugs is commonly a reasonable approach. Successful combination therapy might enhance the impact of inhibitors, allowing lower doses of cytostatic drugs and thereby reducing side effects. Different studies in patients with melanoma, hepatocellular carcinoma or non-small-cell lung cancer suggest that Sorafenib has the potential to be combined with a variety of cytotoxic drugs and targeted agents [35-37]. Here, we treated cells with 0.73 \( \mu \text{M} \) Sorafenib in combination with sub-IC50 concentrations of cytarabine, doxorubicin and the mTOR inhibitor RAD001. Our studies demonstrate that the in vitro effect of co-treatment with Sorafenib and cytostatics is “Bliss synergistic” in B-ALL cells regarding proliferation, apoptosis and necrosis as well. These results indicate that simultaneous application of Sorafenib with the tested conventional cytotoxic drugs might lead to synergistic impact, exceeding the expected pure “additive” effect of individual compounds with independent action. The results obtained indicate that the effects of the mixtures of Sorafenib and cytostatics can be studied experimentally, even at low concentrations of the single components.

We suppose that pre-treatment with cytarabine might potentate the in vitro effect of Sorafenib and maximize apoptosis and necrosis rates. Integration of cytarabine is restricted and occurs mainly during the S-phase of cells. In our study, we demonstrated that Sorafenib induced cell cycle arrest by decreasing the proportion of cells in the S and M phase hindering the efficacy of cytarabine. Auclair et al. reported that Sorafenib induces G0/G1 arrest in AML cells [7]. Levis et al. elucidated that pre-treatment with chemotherapy induce synergistic interactions, whereas treatment of cells with the FLT3 inhibitor

**Figure 4** Treatment with Sorafenib inhibits the Ras/Raf/Erk and PI3K/Akt/mTOR pathway. Western blot experiments for several target proteins are displayed. ALL cell lines were treated with Sorafenib for the indicated time periods. Total cell lysates (25 \( \mu \text{g} \)) were separated by electrophoresis on an 8% SDS-Page gel. Membranes were incubated with the indicated antibodies against Erk1/2 and PI3K/AKT/mTOR signaling pathway-related proteins. GAPDH was used as control for equal loading. (A) Sorafenib induced down-regulation of pErk1/2 (Thr202 and Thr204) in SEM cells at 4 h and 24 h after treatment. (B) Inhibition of mTOR was detectable as a decrease of p-4EBP-1 (Thr70 and Ser65) protein in B- and T-ALL cells with 7.3 \( \mu \text{M} \) Sorafenib. (C) Sorafenib down-regulated the phosphorylation of Akt (Thr308 and Ser473) and reduced the phosphorylation of FoxO3A (Thr32) in SEM, RS4;11 and Jurkat cells.
CEP-701 followed by cytarabine administration results in antagonistic effect in FLT3/ITD expressing leukemia cell lines [38]. In contrast, Zhang et al. demonstrated that combination of Sorafenib with cytarabine synergistically inhibits in vitro growth in AML cells [8]. Further studies are warranted to show whether or not pre-treatment of cytostatic drugs potentate synergistic effects in Sorafenib treated ALL cells.

Additionally, we investigated antiproliferative effects of Sorafenib in combination with RAD001, a mTOR inhibitor to enhance toxicity in ALL cells. It has been shown, that inhibition of the Ras/Raf/Mek/Erk and PI3K/Akt/mTOR pathways is more effective and induces synergistically effects [36,39]. Combination of Sorafenib with RAD001 was associated with a significant inhibition of ALL cell growth. Previous studies demonstrated that RAD001 caused G1 cell cycle arrest and did not induce apoptosis in different cancer cell lines [40-42]. Furthermore, it was reported that combination of RAD001 with the new RAF inhibitor LBT613 led to a significant decreased proliferation in glioblastoma cells [43]. Treatment with RAD001 and Sunitinib synergistically inhibited the proliferation of leukemia cells [44]. A previous report by Tamburini et al., 2008 demonstrated that RAD001 induced an up-regulation of phosphorylated Akt levels in AML cells [45]. These data suggest that rather a pre-treatment than concomitant treatment with RAD001 may enhance Sorafenib antiproliferative effects on ALL cells. However, additional studies are needed to evaluate the efficacy of combination treatments with Sorafenib and anticancer drugs in ALL.

**Conclusion**

This study shows that the multit kinase inhibitor Sorafenib blocks cell proliferation and induces apoptosis by cleavage of caspases 3, 7 and PARP in ALL cells. In addition, we could demonstrate that Sorafenib significantly inhibits...
the PI3K/Akt/mTOR pathway, which might be an important action mode besides the well-known effects on the Ras/Raf/Mek/Erk pathway. Given that Sorafenib displays significant antileukemic activity in vitro, it might be a potential drug for a target therapy approach in ALL.

Additional material

Additional file 1: Bliss analyses of Sorafenib and 2nd Drug effects on SEM cells. Analyses of synergism interaction effect of two mixed substances (Sorafenib and a cytostatic) using Bliss additivity model for effect classification into “synergistic”/“antagonistic”/“additive” is displayed. The difference (delta) between a theoretical expected (white bar) and the experimental measured (grey bar) inhibition effect of the mixture on proliferation is > 0, reflecting a synergistic, above the expected Bliss-additive in nature effect. Sorafenib demonstrates synergistic effects on proliferation inhibition when combined with cytarabine, doxorubicin and RAD001.

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Authors’ contributions
CS designed experiments, performed and analyzed data and wrote the manuscript; MD participated in the study design, data interpretation and edited the manuscript; SR participated in the study design and data interpretation. MS carried out some experiments; FA carried out some experiments; SL participated in the design of experiments and edited the manuscript; DE served as a collaborator and assisted with experimental design; AG performed statistical analysis and edited the manuscript; GF served as a collaborator and edited the manuscript; SB performed statistical analysis and edited the manuscript; OW served as a collaborator and edited the manuscript; LMN served as a collaborator and assisted with experimental design; MF contributed to experimental design and organization; CJ designed experiments, analyzed data and participated in the design of the paper and critically revised it.

All authors read and approved the final manuscript.

Competing interests
The research project was in part supported financially by BayerHealthcare, Leverkusen, Germany. There are no other financial or non-financial competing interests.

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