Long-term Safety and Efficacy of Latanoprostene Bunod 0.024% in Japanese Subjects with Open-Angle Glaucoma or Ocular Hypertension: The JUPITER Study

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Received: June 14, 2016 / Published online: July 25, 2016 © The Author(s) 2016. This article is published with open access at Springerlink.com

ABSTRACT

Introduction: Latanoprostene bunod (LBN) is a novel nitric oxide (NO)-donating prostaglandin F2α analog. We evaluated the long-term safety and intraocular pressure (IOP)-lowering efficacy of LBN ophthalmic solution 0.024% over 1 year in Japanese subjects with open-angle glaucoma (OAG) or ocular hypertension (OHT).

Methods: This was a single-arm, multicenter, open-label, clinical study. Subjects aged 20 years and older with a diagnosis of OAG or OHT instilled 1 drop of LBN ophthalmic solution 0.024% in the affected eye(s) once daily in the evening for 52 weeks and were evaluated every 4 weeks. Safety assessments included vital signs, comprehensive ophthalmic exams, and treatment-emergent adverse events (AEs). Absolute and percent reductions from baseline in IOP were also determined.

Results: Of 130 subjects enrolled, 121 (93.1%) completed the study. Mean age was 62.5 years, and mean (standard deviation) baseline IOP was 19.6 (2.9) and 18.7 (2.6) mmHg in study eyes and treated fellow eyes, respectively. Overall, 76/130 (58.5%) and 78/126 (61.9%) subjects experienced ≥1 AEs in study eyes and treated fellow eyes, respectively. In both study eyes and treated fellow eyes, the most common AEs were conjunctival hyperemia, growth of eyelashes, eye irritation, and eye pain. At 52 weeks, 9% of treated eyes had an increase in iris pigmentation compared with baseline based on iris photographs. No safety concerns emerged based on vital signs or other ocular assessments. Mean reductions from baseline in IOP of 22.0% and 19.5% were achieved by week 4 in study and treated fellow eyes, respectively.

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Adv Ther (2016) 33:1612–1627 DOI 10.1007/s12325-016-0385-7
These reductions were maintained through week 52 ($P < 0.001$ vs. baseline at all visits).

**Conclusion:** Once daily LBN ophthalmic solution 0.024% was safe and well-tolerated in Japanese subjects with OAG or OHT when used for up to 1 year. Long-term treatment with LBN ophthalmic solution 0.024% provided significant and sustained IOP reduction.

**Trial registration:** ClinicalTrials.gov identifier, NCT01895972.

**Funding:** Bausch & Lomb, Inc. a division of Valeant Pharmaceuticals International Inc.

**Keywords:** Intraocular pressure; Nitric oxide; Ocular hypertension; Open-angle glaucoma; Ophthalmology; Prostaglandin

INTRODUCTION

Open-angle glaucoma (OAG) is associated with progressive visual field damage and visual function loss that can lead to disability and adversely affect health-related quality of life [1–4]. Ocular hypertension (OHT) is considered a key risk factor for primary OAG, and reducing intraocular pressure (IOP) and maintaining target IOP can delay or prevent the onset of primary OAG in patients with OHT and slow disease progression in patients with glaucoma [5–10]. Accordingly, recommended goals of treatment for patients with OAG and those with OHT at risk of developing OAG include maintaining IOP within a target range and achieving stability of the optic nerve/retinal nerve fiber layer status and of visual fields [11, 12]. A desirable IOP range should be determined for each patient based on a goal of minimizing the impact of visual field loss on quality of life; the upper limit of this range is considered the “target pressure” for achieving the sought after clinical goals. Lowering of IOP by 25% is a well-documented benchmark for slowing the progression of primary OAG, but even more aggressive targets may be appropriate in some patients depending on disease severity and other risk factors [11–13].

Topical prostaglandin analogs are potent ocular hypotensive agents with good IOP-lowering efficacy and a favorable safety profile [14, 15]. Common ocular side effects of topical prostaglandin receptor agonists include conjunctival hyperemia, elongation and darkening of eyelashes, iris pigmentation changes, and periorcular skin hyperpigmentation [16–19]. While these agents are considered first-line interventions for pharmaceutical lowering of IOP in OAG and OHT, it is not uncommon for patients to require add-on therapy to reach target IOP [20].

Latanoprostene bunod (LBN; BOL-303259-X, Bausch & Lomb, Inc.) is a novel IOP-lowering compound with a dual mechanism of action. Following ocular instillation, LBN is rapidly metabolized into latanoprost acid, a prostaglandin F2α analog, and butanediol mononitrate, a nitric oxide (NO)-donating moiety, which is subsequently reduced to 1,4 butanediol, an inactive metabolite, and NO (Fig. 1) [21, 22]. Latanoprost reduces IOP primarily by increasing uveoscleral outflow via long-term remodeling of the extracellular matrices in the ciliary body (“non-conventional outflow”) [23–28], whereas NO donors appear to induce relaxation of the trabecular meshwork and Schlemm’s canal leading to increased aqueous outflow (“conventional outflow”) [29, 30]. Preclinical and clinical studies suggest that both active moieties of LBN (latanoprost acid and NO) contribute to its potent IOP-lowering effect [21, 22, 29]. In animal models of OHT or glaucoma, LBN produced significantly greater reductions in IOP than equimolar...
concentrations of latanoprost [21]. In a study using prostanoid FP-receptor knockout mice, LBN administration lowered IOP from 0.45 to 1.23 mmHg, while latanoprost had no effect, providing evidence to support a distinct pharmacologic activity of NO [31]. Clinically, LBN 0.024% was shown to have a greater IOP-lowering effect compared with latanoprost 0.005% in a phase 2, randomized, investigator-masked, parallel-group dose-ranging study in 413 patients with OAG or OHT (the VOYAGER study [22]; ClinicalTrials.gov identifier, NCT01223378). Furthermore, a study comparing the effects of LBN and latanoprost on human trabecular meshwork cell (HTMC) contractility showed that LBN produces significantly greater HTMC relaxation than latanoprost suggesting that increased conventional outflow facility may contribute to the additional IOP-lowering effects of LBN compared with latanoprost [21, 29].

A previous single-center, open-label clinical study in healthy Japanese male volunteers (the KRONUS study [32]; ClinicalTrials.gov identifier, NCT01895985) demonstrated that LBN 0.024% administered once daily (QD) in the evening significantly lowered IOP throughout the day in this population. The current study was designed to evaluate the clinical safety of LBN ophthalmic solution 0.024% (hereafter referred to as LBN 0.024%) over a 1-year treatment period in a Japanese population with OAG or OHT. The ability of LBN 0.024% to maintain lowered IOP over this time frame was also evaluated.

METHODS

Study Design

The JUPITER study (ClinicalTrials.gov identifier, NCT01895972) was a single-arm, open-label, clinical study conducted at 12 investigational sites in Japan between July 5, 2013 and April 2, 2015. The protocol was approved by the Institutional Review Board at each site prior to the initiation of the study. The study was conducted in accordance with Good Clinical Practice, as described in the International Conference on Harmonisation Harmonized Tripartite Guidelines for Good Clinical Practice; the United States Code of Federal Regulations; and the ethical principles in the Declaration of Helsinki. All subjects provided written informed consent before any study-specific procedures were performed. Eligible subjects instilled LBN 0.024% QD in the evening (approximately 8 PM) for 52 weeks and were evaluated every 4 weeks.
Subjects

The study enrolled males and females, ≥20 years of age, with a diagnosis of OAG (including normal-tension glaucoma [NTG], pigmentary, or pseudoexfoliative glaucoma), or OHT in one or both eyes. Eligible subjects were required to have a mean/median IOP ≥15 mmHg and ≤36 mmHg at 10 AM in at least 1 eye, and IOP ≤36 mmHg in both eyes at Visit 3 (Day 0/baseline), which occurred after a washout period in those subjects on topical hypotensive treatment at the time of enrollment. Eligible subjects also must have had corrected decimal visual acuity (VA) or best-corrected decimal visual acuity (BCVA) ≥0.5 in both eyes and central corneal thickness ≤600 μm.

Subjects were ineligible for study participation if they had participated in another clinical trial within 30 days of Visit 3, or within 30 days of Visit 1 (screening) for subjects requiring a washout period; had a known hypersensitivity or contraindication to any of the ingredients of the study treatments; were unable to discontinue contact lens use or other eye drop medications (e.g., artificial tears) during and 15 min after instillation of study drug and during study visits; had any condition that prevented reliable applanation tonometry; had advanced glaucoma (mean deviation ≤−12 dB or split fixation) or other significant ophthalmic disease; or had very narrow angles (three quadrants with less than Grade 2), a history of or current angle closure, or congenital or secondary glaucoma. The study also excluded subjects who required treatment with ocular or systemic corticosteroids, or were in need of or expected to require additional topical or systemic treatment for OAG or OHT, or subjects with an anticipated need to initiate or modify medication known to affect IOP (e.g., β-adrenergic antagonists, α-adrenergic agonists, calcium channel blockers, angiotensin-converting enzyme inhibitors, and angiotensin II receptor blockers) during the study.

Study Treatments and Assessments

Baseline data were recorded at Visit 1. Subjects undergoing treatment with an IOP-lowering medication were required to undergo a washout period, with the length of the washout dependent on the type of medication used (a minimum of 5 days for miotics and oral/topical carbonic anhydrase inhibitors, 14 days for sympathomimetics, and 28 days for topical prostaglandin analogs, β-blockers, and combination drugs with β-blockers). A mid-washout visit (Visit 2) was scheduled for those requiring washout longer than 2 weeks. Any subject with a mean/median IOP exceeding 36 mmHg in either eye at any point during the washout period was withdrawn from the study.

All subjects were assigned to treatment with LBN ophthalmic solution 0.024% QD. Each subject was instructed to instill one drop in the affected eye(s) QD in the evening (approximately 8 PM) beginning in the evening of Visit 3 and continuing to the evening before Visit 16 (week 52). The study eye was the eye that qualified per inclusion criteria at Visit 3. If both eyes qualified, then the study eye was the eye with the higher IOP at Visit 3, or the right eye if both eyes had the same IOP. If both eyes of a subject had a diagnosis of OAG or OHT, then both eyes were treated for the duration of the study, even if only one eye qualified at baseline. After the baseline visit, subjects completed a total of 13 visits, with visits occurring every 4 weeks from Visit 4 (week 4 ± 3 days) through Visit 16 (week 52 ± 7 days). A diary card for recording LBN
administration was dispensed at baseline and collected at the last study visit.

Safety assessments included treatment-emergent adverse events (AEs), vital signs, corrected decimal VA, conjunctival hyperemia assessment, slit-lamp examination findings, ophthalmoscopy findings, photographs of the irides, eyelids, and eyelashes, visual field assessment, gonioscopy, and pachymetry. VA was measured at baseline and all study visits using a decimal VA chart. The investigator graded conjunctival hyperemia prior to slit-lamp examination and IOP measurement on a scale of 1–4 using photographic standards (1 = none, 4 = severe). Photographs were taken using a slit-lamp mounted digital camera at Visits 3 (Day 0) and 16 (week 52), and were evaluated at the end of the study to assess any changes. Iris pigmentation was graded using four categories (1 = no increase, 2 = undecided, 3 = possible increase, and 4 = clear increase) by an independent reviewer, whereas any change in eyelid pigmentation or eyelashes was evaluated by the investigator and reported as an AE.

IOP was assessed at screening, the mid-washout visit (if applicable), baseline, and at each post-baseline study visit in both eyes at 10 AM ± 30 min using a Goldman applanation tonometer. For each patient, IOP was measured by the same operator using the same tonometer at each visit whenever possible.

Endpoints

Efficacy endpoints were absolute IOP values and reduction from baseline (RFB) in IOP. Safety endpoints included AEs, vital signs, corrected decimal VA, conjunctival hyperemia assessment, slit-lamp examination, ophthalmoscopy, photographs, visual field assessment, gonioscopy, and pachymetry.

Statistical Analysis

The sample size of 130 subjects was not based on power considerations for testing any hypothesis and was assumed to provide sufficient data to study the safety profile of LBN 0.024% QD over 52 weeks using descriptive statistics.

Treatment adherence was defined as the percentage of prescribed instillations received (based on diary card entries).

Safety analyses were based on the safety population, which included all subjects who received at least one dose of study drug. Treatment-emergent AEs were coded using Medical Dictionary for Regulatory Activities, version 16.0 and summarized by severity and relationship to study drug. Treatment-emergent ocular AEs were summarized for study eyes and treated fellow eyes, and treatment-emergent non-ocular AEs were summarized at the subject level by system organ class and preferred term.

Vital sign measurements and visual acuity were summarized using descriptive statistics. Conjunctival hyperemia was categorized as none, mild, moderate, and severe, with the number and percentage of subjects in each category presented by visit. The number and percentage of subjects having ≥1 hyperemia and ≥1 moderate or severe hyperemia were also presented by visit. Iris photographs from Visits 3 and 16 were evaluated for pigmentation changes. A subject was identified as having a possible or clear increase in iris pigmentation for a given eye if baseline/post-baseline photograph pairs had a final pair grade of 3 or 4.

Efficacy analyses were based on the safety population (all subjects who received at least 1 dose of study drug). The absolute IOP, RFB in IOP, and mean percent change from week 4 through week 52 were summarized for study
eyes and treated fellow eyes at each visit using descriptive statistics and discrete summaries (proportion of subjects with RFB in IOP ≥5 and ≥10 mmHg; proportion of subjects with RFB in IOP at each visit categorized into: ≤−5, −4 to 0, 1–4, 5–9, 10–14, and ≥15 mmHg). In addition, a paired t test was performed on the RFB at each visit.

In general, continuous variables were summarized by sample size, mean, standard deviation (SD), median, minimum, and maximum. Summaries for discrete variables included the tabulation of frequencies and percentages. All statistical analyses were performed using the SAS software (SAS Institute, Cary, NC, USA) version 9.2 or higher.

RESULTS

Subjects

A total of 151 subjects were screened. Of these, 130 subjects were enrolled and 121 (93.1%) completed the study. Reasons for study discontinuation included AEs (n = 4), withdrawal of consent (n = 4), and investigator decision (n = 1).

The mean (SD) age of the study population was 62.5 (18.9) years (range 39–81 years); the median age was 64.0 years. A slightly higher percentage of subjects was female than male (56.9% vs. 43.1%), and all subjects were Japanese. The majority of subjects (90.0%) were on prior IOP-lowering medication at screening and required a washout. In all but four subjects, both eyes qualified for treatment. Hence, 130 study eyes and 126 fellow eyes qualified for treatment. Mean [SD] corneal thickness at baseline was similar between study eyes (546.1 [31.2] μm) and treated fellow eyes (544.4 [31.1] μm). Mean (SD) baseline IOP was 19.6 (2.9) mmHg (range 15.0–30.0 mmHg) for study eyes and 18.7 (2.6) mmHg (range 14.5–27.0 mmHg) for treated fellow eyes. The majority of study eyes (74.6%) and treated fellow eyes (85.7%) and all non-treated fellow eyes had a baseline IOP within 15–21 mmHg; baseline IOP was between 22 and 29 mmHg in 24.6% of study eyes and 14.3% of treated fellow eyes. One study eye had a baseline IOP between 30 and 36 mmHg. All eyes had brown iris color.

The mean (SD) duration of exposure to LBN ophthalmic solution 0.024% was 351.5 (59.30) days, and the median (range) duration of exposure was 364.0 (28–371) days. Based on diaries, compliance with dosing instructions was excellent (81–120% for all subjects).

Safety

At least 1 ocular AE was reported for 76 (58.5%) study eyes and 78 (61.9%) treated fellow eyes (Table 1). Ocular AEs considered treatment-related were reported in a similar percentage (48%) of study eyes and treated fellow eyes. The most frequently reported ocular AEs in study eyes and treated fellow eyes were conjunctival hyperemia (17.7% and 16.7%, respectively), growth of eyelashes (16.2% and 16.7%), eye irritation (11.5% and 11.9%), and eye pain (10.0% and 10.3%). Ocular AEs were considered mild to moderate in severity; no severe ocular AEs were reported.

There were four study discontinuations secondary to AEs, including three subjects with serious AEs (malignant lung neoplasm, lung adenocarcinoma, and gastric cancer), and one subject who experienced a non-serious AE of cataract in the treated fellow eye, none of which were considered related to study treatment.

Overall, 67 (51.5%) subjects experienced at least 1 non-ocular AE. The most commonly
Non-ocular adverse events included nasopharyngitis (42 [32.3%] subjects), influenza (5 [3.8%] subjects), eczema (4 [3.1%] subjects), and osteoporosis (3 [2.3%] subjects). All other non-ocular AEs occurred in one or two subjects each. None of the non-ocular AEs were considered related to study drug.

Eight subjects experienced ten non-ocular serious AEs (road traffic accident, fibula fracture, and tibia fracture [all in one subject]; breast cancer; lung adenocarcinoma; large intestine polyp; gallbladder stones; malignant lung neoplasm; gastric cancer; and vestibular neuronitis), three of which (gallbladder stones, 

| Table 1 | Incidence of ocular treatment-emergent adverse events occurring in at least 1% of subjects in the study eye or the treated fellow eye (safety population) |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| **Study eye (N = 130) n (%)** | **Treated fellow eye (N = 126) n (%)** |
| ≥1 ocular AE | 76 (58.5) | 78 (61.9) |
| ≥1 treatment-related ocular AE | 62 (47.7) | 61 (48.4) |
| **Eye disorders** | | |
| Conjunctival hyperemia | 23 (17.7) | 21 (16.7) |
| Growth of eyelashes | 21 (16.2) | 21 (16.7) |
| Eye irritation | 15 (11.5) | 15 (11.9) |
| Eye pain | 13 (10.0) | 13 (10.3) |
| Iris hyperpigmentation | 5 (3.8) | 5 (4.0) |
| Blepharal pigmentation | 4 (3.1) | 4 (3.2) |
| Blepharitis | 3 (2.3) | 3 (2.4) |
| Eye pruritus | 3 (2.3) | 3 (2.4) |
| Asthenopia | 3 (2.3) | 2 (1.6) |
| Conjunctival hemorrhage | 2 (1.5) | 3 (2.4) |
| Punctate keratitis | 3 (2.3) | 2 (1.6) |
| Trichiasis | 3 (2.3) | 2 (1.6) |
| Cataract | 1 (0.8) | 3 (2.4) |
| Hordeolum | 1 (0.8) | 3 (2.4) |
| Foreign body sensation in eyes | 2 (1.5) | 1 (0.8) |
| Visual impairment | 1 (0.8) | 2 (1.6) |
| Vitreous floaters | 1 (0.8) | 2 (1.6) |
| Chalazion | 0 (0.0) | 2 (1.6) |

Treatment-related ocular AEs were those categorized as possibly, probably, or definitely related to treatment. 

AE, treatment-emergent adverse event; LBN, latanoprostene bunod 

* Reported as an AE (see Table 2 for investigator assessments of hyperemia)
large intestine polyp, breast cancer) were classified after the subject ended study participation. The serious AE of vestibular neuronitis was considered severe in intensity, whereas all other serious AEs were considered mild or moderate in severity. None of the serious AEs were considered by the investigator to be related to study treatment.

No treatment-related changes in blood pressure or heart rate were observed from baseline through week 52. Two subjects had vital sign measurements that were associated with AEs (mild hypertension) considered to be not or unlikely related to study drug.

Mean decimal VA at baseline was 1.11 in the study eye and 1.13 in the treated fellow eye. For all post-baseline study visits, the mean decimal VA ranged from 1.10 to 1.13 for the study eye and 1.10–1.15 for the treated fellow eye.

The incidence of conjunctival hyperemia as assessed by investigators is summarized in Table 2 by visit and severity. At baseline, prior to treatment, mild hyperemia was present in 20 (15.4%) study eyes and 18 (14.3%) treated fellow eyes. At the week 4 and week 8 visits, mild hyperemia was noted in additional 6 or 7 eyes in each group. The proportion of eyes with hyperemia remained low; at the 52 week visit,
the number of eyes with hyperemia was only 2 higher than at baseline in both the study eye and treated fellow eye groups. From week 12 on, there were 1 or 2 eyes in each group with moderate hyperemia; all other cases were mild. No subjects had severe conjunctival hyperemia at any visit during the study.

Abnormal biomicroscopy findings for the lid, conjunctiva bulbi, the conjunctiva palpebrae, the cornea, and the anterior chamber were rare in both study eyes and treated fellow eyes and showed no consistent patterns. The number of eyes with abnormal findings for these assessments either stayed the same or increased or decreased by 1 or 2 subjects at each study visit. The number of study and treated fellow eyes with abnormal iris findings showed a gradual increase starting at week 20. Other ocular assessments (anterior chamber cells, anterior flare, posterior synchiae, anterior vitreous haze, and number of subjects with an open or absent posterior lens capsule) were unremarkable.

Based on the analysis of iris photographs taken at week 52 in comparison with those taken at baseline, 10.0% (13/130) of study eyes and 8.8% of (11/125) of treated fellow eyes were judged as having a clear iris pigmentation increase from baseline; and an additional 14.6% (19/130) of study eyes and 13.6% (17/125) of treated fellow eyes were judged as having a possible iris pigmentation increase from baseline.

Ophthalmoscopy findings indicated no changes in the number of subjects with abnormalities in the vitreous body, the retina, the macula, the choroid, the optic nerve, or the mean cup/disc vertical ratio in the study eye or the treated fellow eye after 52 weeks of treatment with LBN 0.024%. At baseline, optic disc hemorrhage was evident in one study eye and two treated fellow eyes; at week 4, the presence of optic disc hemorrhage was unchanged among study eyes and decreased by one subject at week 4 in treated fellow eyes. Missing assessments precluded evaluation of optic disc hemorrhage at subsequent visits. At baseline, rim loss was noted in 19 (14.6%) of study eyes and 13 (10.3%) of treated fellow eyes, and retinal nerve fiber layer defects were observed in 13 (10.0%) of study eyes and 6 (4.8%) of treated fellow eyes. There were no changes in the number of eyes with these findings at any study visit, and no notable results from visual field assessment, gonioscopy, or pachymetry.

**Efficacy**

The mean (SD) IOP at each visit from baseline to week 52 for the study eye and the treated fellow eye for all subjects is shown in Fig. 2, and the RFB in IOP from baseline to each study visit is shown in Fig. 3. In the study eye, a 22.0% reduction in IOP to 15.3 (3.0) mmHg was achieved by week 4, and reductions greater than 22% were observed at every subsequent visit. Similarly, a 19.5% reduction in IOP to 15.0 (2.8) mmHg was achieved by week 4 in the treated fellow eye, and reductions of more than 20% were seen at every visit after week 4. At week 52, the percent reductions in IOP were 26.3% and 23.0% in study eyes and treated fellow eyes, respectively, to 14.4 (2.7) mmHg in both eyes. For both the study eye and the treated fellow eye, the reductions from baseline were statistically significant ($P < 0.001$) at every study visit from week 4 through week 52.

At weeks 4 and 8, 42.3% and 48.1%, respectively, of subjects had an RFB in IOP of $\geq 5$ mmHg for the study eye. Between 52.3% and 64.2% of subjects had a reduction in IOP of $\geq 5$ mmHg for the study eye from week 12 to week 52. From weeks 8 to 20, between 42.4%
and 47.5% of subjects had a reduction in IOP of ≥5 mmHg in the treated fellow eye. Reductions in IOP of ≥5 mmHg were observed in the treated fellow eye for 50.0–54.2% of subjects at weeks 24 and 28 and weeks 36–48, whereas at week 52, 48.7% of subjects had a reduction in IOP of ≥5 mmHg in the treated fellow eye.

**DISCUSSION**

This multicenter, open-label study in Japanese subjects with OAG or OHT was designed to evaluate the long-term safety and IOP-lowering efficacy of LBN ophthalmic solution 0.24% QD. The study treatment duration of 12 months is
the longest reported with LBN 0.024% to date, and adds to a growing body of clinical data with this novel compound [22, 32–35]. Safety was assessed regularly throughout the study using a comprehensive battery of prospective ocular and non-ocular clinical evaluations along with AE monitoring. The combined findings of the safety evaluations confirmed the long-term safety and tolerability of LBN 0.024%. Over the one-year treatment period, there were no discontinuations due to AEs. The most common AEs were cosmetic and typical of topical prostaglandin analog use [36, 37], including conjunctival hyperemia and eyelash growth. Conjunctival hyperemia, mostly mild, was reported as an AE in 17–18% of treated eyes and was consistent with the rates of hyperemia determined by proactive investigator assessments at each study visit using photographic standards (range 17–20% of treated eyes). It should be noted that investigator-identified hyperemia was present before treatment initiation in about one of every six eyes. After the first 4 weeks of LBN treatment, the prevalence of investigator-identified hyperemia increased to 1 out of every five eyes, but remained generally stable, even showing a slight decline over the remaining 48 weeks. Iris hyperpigmentation is another well-recognized side effect of topical prostaglandin analogs [18, 38] with apparently cosmetic-only implications, based on current understanding [19, 39]. In the current study, iris hyperpigmentation was another well-recognized side effect of topical prostaglandin analogs [18, 38] with apparently cosmetic-only implications, based on current understanding [19, 39]. In the current study, iris hyperpigmentation was reported as an AE in 4% of treated eyes, and, at 1 year, an increase in iris pigmentation was noted in 9% of treated eyes and a possible increase was noted in another 14% based on iris photographs. Iridial pigmentation changes have also been reported with latanoprost in clinical studies with Japanese subjects [40–43]. These studies found the incidence of iris pigmentation to increase in proportion to duration of latanoprost treatment, with reported frequencies at 1 year ranging from 51.6% [42] to 58.2% [43] based on slit-lamp biomicroscopy, a rate much higher than that found in the current study with LBN. However, another 1-year study of latanoprost in 124 Japanese patients with primary OAG or OHT reported iris hyperpigmentation in only ten patients [44].

Reducing IOP is the primary modifiable factor in managing patients with, or at risk for, glaucoma. Expert consensus guidelines suggest that gold standard pharmacologic glaucoma therapy is defined by the long-term control of IOP with no induction of tachyphylaxis or tolerance [45]. Tachyphylaxis, or diminished responsiveness to therapy over time, necessitates therapy modification, often in the form of adjunctive IOP-lowering agents [20, 46] which can increase treatment costs and lessen adherence in some patients [47]. Thus, the ideal treatment paradigm would be a monotherapy regimen that is simple to use, with good tolerability and sustained IOP-lowering activity over time.

Most long-term, prospective clinical research studies with prostaglandin analogs have described effective and sustained IOP-lowering over multi-year treatment periods with no apparent tachyphylaxis [48–52]. However, a number of studies based on claims data and reflective of “real world” experience suggest that up to one-half of patients started on prostaglandin analog monotherapy require adjunctive IOP-lowering medication within 2 years [20, 53]. It remains to be investigated whether the dual mechanism of action of LBN will translate to practical clinical benefits, including a reduced need for adjunctive therapy over time, whether due to sustained efficacy or improved patient adherence.
In the current study, significant IOP reduction with LBN treatment was observed quickly, evidenced by a mean reduction of 4.3 mmHg or 22% from baseline in study eye IOP at week 4. The IOP-lowering effect was sustained over the entire 52 weeks of the study, and appeared to show a trend suggestive of continued, progressive lowering over the 1-year study period. At 52 weeks, the mean reduction in IOP was 5.3 mmHg or greater than 25% from baseline in the study eye, which corresponds with the degree of IOP reduction shown to minimize disease severity or progression in OAG [5–9]. Garway-Heath et al. [10] recently published findings from the United Kingdom Glaucoma Treatment Study (UKGTS; Controlled-trials.com identifier, ISRCTN96423140) demonstrating not only IOP lowering, but also clinical benefits in the form of visual field preservation with the use of latanoprost therapy compared with placebo in patients with OAG. Mean IOP reduction in the UKGTS was 3.8 mmHg in patients treated with latanoprost, compared with 0.9 mmHg in the placebo group. In our study, the mean IOP reduction with LBN 0.024% was typically between 4 and 5 mmHg at each study visit. Of note, there were also no apparent visual field changes after 1 year of treatment with LBN 0.024%, nor were there any changes in safety parameters that could be indicative of glaucoma progression (i.e., optic nerve changes, mean cup/disc vertical ratio, and rim loss).

Japanese populations are known to have lower IOPs compared with non-Asian groups, and NTG is a common finding [54]. The current study population included subjects with NTG, and the majority of eyes had a baseline IOP between 15 and 21 mmHg. As in high-pressure glaucoma, the reduction of IOP has been shown to slow visual field damage in NTG [9, 55] and may minimize progression of the disease [56–58]. A prior study of LBN 0.024% in healthy male Japanese volunteers demonstrated a robust 27% reduction in IOP after 2 weeks of treatment, despite a mean baseline IOP of 13.6 mmHg in the study group [32]. Other prostaglandin analogs have shown IOP-lowering efficacy in the short-term studies conducted in subjects with NTG [59–62]. Further studies of LBN 0.024% in patients with NTG are, therefore, warranted given the positive findings of the current study in Japanese subjects. Interestingly, even though most subjects in the current study had a baseline IOP ≤21 mmHg, LBN produced an IOP reduction similar to that reported in a previous open-label study of latanoprost 0.005% in Japanese subjects with OAG or OHT which excluded subjects with baseline IOP ≤20 mmHg and thus had higher baseline IOPs (mean, 23.5 [2.2] mmHg) [44]. The mean (SD) IOP reduction at week 52 in the latter study was 5.4 (2.9) mmHg from 23.5 (2.2) mmHg at baseline [44].

Although findings of this study suggest a promising role for LBN in the long-term management of patients requiring IOP reduction, interpretation of the results is limited by the open-label design and lack of an active comparator. However, LBN administered QD in the evening has been evaluated in two large randomized clinical studies of primarily non-Asian patients with OAG or OHT (the APOLLO [33] and LUNAR [35] studies; ClinicalTrials.gov identifiers, NCT01749904 and NCT01749930, respectively) of long duration. Each of these studies consisted of a 3-month double-masked efficacy phase in which subjects were randomized to either LBN QD in the evening or timolol instilled twice daily followed by an open-label safety extension phase lasting up to 1 year in which all subjects received LBN 0.024%. In both studies, LBN was associated with significantly greater diurnal IOP reductions compared with timolol over the
3-months of double-masked treatment [33, 35]. Furthermore, the IOP lowering with LBN was maintained through the open-label phase of these studies [63].

**CONCLUSION**

The results of this single-arm, multicenter, open-label, clinical study suggest that LBN ophthalmic solution 0.024% QD was safe and well-tolerated, with no significant AEs in Japanese subjects when used for up to 1 year. In addition, the results demonstrated that the long-term treatment with LBN ophthalmic solution 0.024% provided significant and sustained reduction of IOP in Japanese subjects with a diagnosis of OAG or OHT.

**ACKNOWLEDGMENTS**

Sponsorship, article processing charges, and the open access charge for this study were funded by Bausch & Lomb, Inc. a division of Valeant Pharmaceuticals International Inc. All named authors meet the International Committee of Medical Journal Editors (ICMJE) criteria for authorship for this manuscript, take responsibility for the integrity of the work as a whole, and have given final approval to the version to be published. All authors had full access to all the data in this study and take complete responsibility for the integrity of the data and accuracy of the data analysis. Editorial assistance was provided by Churchill Communications (Maplewood, NJ) and funded by Bausch & Lomb, Inc.

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**Disclosures.** Kazuhide Kawase has no conflicts of interest to declare relative to this work. Makoto Araie is a paid consultant for Bausch & Lomb, Inc. Jason Vittitow is an employee of Bausch & Lomb, Inc. Robert N. Weinreb has served as a paid consultant for Bausch & Lomb, Inc., Alcon, and Allergan, and has received grants from Genentech, Heidelberg Engineering, Quark, Nidek, National Eye Institute, Aerie, Topcon, and Aquesys.

**Compliance with Ethics Guidelines.** The protocol was approved by the Institutional Review Board at each site prior to initiation of the study. The study was conducted in accordance with Good Clinical Practice, as described in the International Conference on Harmonisation Harmonized Tripartite Guidelines for Good Clinical Practice; the United States Code of Federal Regulations; and the ethical principles in the Declaration of Helsinki. All subjects provided written informed consent before any study-specific procedures were performed.

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