XMM-Newton observations of Nova LMC 2000*

J. Greiner¹, M. Orio²,³, and N. Schartel⁴

¹ Max-Planck-Institut für extraterrestrische Physik, 85741 Garching, Germany
² INAF - National Institute for Astrophysics, Osservatorio Astronomico di Torino, Strada Osservatorio 20, 10025 Pino Torinese, Italy
³ Department of Astronomy, 475 N. Charter Str., Madison WI 53706, USA
⁴ XMM-Newton Science Operations Centre, ESA, Villafranca del Castillo, P.O. Box 50727, 28080 Madrid, Spain

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Abstract. We report on three X-ray observations of Nova LMC 2000 with XMM-Newton at 17, 51 and 294 days after the maximum, respectively. X-ray spectral fits show a concordant decrease of the absorbing column and the X-ray luminosity. No supersoft X-ray emission is detected. The mass of the ejected shell is determined to be (less than) \(7.5 \times 10^{-5} \, \text{M}_\odot\). Though data are sparse, one interesting correlation becomes visible: sources with a long-duration supersoft X-ray phase have shorter orbital periods than those with short or no supersoft X-ray phase. This can be understood considering that (i) enough matter has to be accreted in order to ignite the H burning, and (ii) that H burning ceases when the mass of the remaining material (after shell ejection and burning) drops below a certain limit under which the temperature at the bottom of the envelope is too low for the shell burning to compensate the energy loss from the surface.

Key words. Stars: individual: N LMC 2000 – Stars: mass loss – novae, cataclysmic variables – X rays: stars – binaries: close

1. Introduction

Nova LMC 2000 was discovered in mid-July 2000 (Liller 2000). Early observations between June 29.68 and July 1.68 have detected the nova, but no brightness estimates are available (Bond & Kilmartin 2000), since all images except the first one on June 29.68 show the nova to be saturated (Bond, priv. comm.). This leaves the exact time and magnitude of the maximum unknown except for the constraint that it was still rising on June 29.68 (Bond, priv. comm.). But even if the observed \(m_V = 11.2\) mag on 12 July 2000 was the maximum, with a corresponding to \(M_V = -7.5\) mag, Nova LMC 2000 was among the 20% brightest novae.

Optical spectroscopy on 15 July 2000 shows emission lines of the Balmer series, several Fe multiplets and Na I D, suggesting a “Fe II” nova about one week after maximum (Duerbeck & Pompei 2000). If this time estimate is correct, the maximum of the nova could have been \(m_V = 10.5\) mag (backwards extrapolation to 8 July 2000) corresponding to \(M_V = -8.2\) mag.

Spectroscopy of this ONeMg nova (Shore 2002) also revealed weak absorption components in the Balmer lines at 1900 km/s on July 15 (Duerbeck & Pompei 2000), and a FWZI of the Balmer lines on July 14 and 15 of 2200±250 km/s (Hearnshaw & Yan Tse 2000). Spectra obtained with HST on August 19/20, 2000, strongly resemble those of the fast nova V382 Vel \((t_3 = 9\) days; Della Valle et al. 2002) at 2 months after visual maximum (Shore et al. 2000).

Only 4 out of about 100 classical novae observed with ROSAT have been found to exhibit a supersoft phase (see Orio & Greiner 1999, Orio et al. 2002). However, theoretically one expects that each nova should pass through a phase of soft X-ray emission during the later stages of decline (e.g. MacDonald et al. 1985): During the post-maximum stage, at constant bolometric luminosity, the photosphere progressively retreats as the residual hydrogen envelope is depleted, and the effective temperature rises up to the soft X-ray region. It is pretty much unclear yet what determines the appearance of supersoft X-ray emission. It has been argued (Truran 2002) that the onset of the supersoft phase is the same for all novae, about 6-8 months, and that the duration of the supersoft X-ray phase is the burning timescale of the white dwarf, i.e. proportional to the mass of the white dwarf (Truran & Glasner 1995, Vanlandingham et al. 2001). While the first two supersoft novae, GQ Mus (Ögelman et al. 1993) and V1974 Cyg (Krautter et al. 1996), are consistent with this suggestion, observations of other recent novae imply that the picture is more complicated.
Here we report the results of a sequence of XMM-Newton observations of Nova LMC 2000 aimed at finding and characterizing the supersoft X-ray component. We also report a contemporaneous optical observation.

2. Observations and Results

2.1. XMM-Newton observations

Observations of Nova LMC 2000 were performed at three occasions (see Tab. 1), about 17, 51 and 294 days after the likely maximum on 8 July 2000.

Throughout all observations the thin blocking filter was used. In the following, we primarily deal with EPIC-pn (Strüder et al.2001) part of the X-ray data, and the optical monitor (OM; Mason et al. 2001) data.

2.1.1. XMM-Newton EPIC-pn data

After a first inspection of the X-ray data, a source detection run was done in the 0.5–7 keV band, as well as in narrow bands to derive hardness ratios. These hardness ratios, the count rates in the full band and the 3σ upper limit for the non-detection during the March 2001 observation are given in Tab. 1 and show the strong intensity and spectral variability of the X-ray emission of Nova LMC 2000.

For the spectral analysis, single and double events away from the edges of the CCD or bad pixels were extracted in a source region of 19″, and a background region of outer diameter of 30″.

Because of the larger number of collected photons we first fitted the X-ray spectrum obtained on 28 August 2000. Before the extraction of source and background photons, a time interval of ~2 ksec was excluded because of high background. Since the spectrum lacks any soft component, we applied a bremsstrahlung and a Raymond-Smith model to the data. Both models give satisfactory fits, and the fit parameters are given in Tab. 2. During the observation on 28 August 2000, the unabsorbed X-ray luminosity was $2 \times 10^{34}$ erg/s (0.01–20 keV; assuming a distance of 55 kpc). Note that despite the (best-fit) absorbing column of $(2–3) \times 10^{21}$ cm$^{-2}$, a supersoft component with a characteristic temperature of 30–50 eV and a luminosity of $10^{36}–10^{38}$ erg/s would have been easily detectable.

We then used the same models to also fit the July 25/26 observation. However, due to the smaller number of counts, the temperature in both models is not constrained. Thus, in a second iteration, we fixed the temperature to the value as derived from the August 28, 2000 observation. The best-fit parameters of both fits are also given in Tab. 2. The unabsorbed bolometric luminosity of Nova LMC 2000 during the July 25/26, 2000 observation was $(5.0 \pm 0.3) \times 10^{34}$ (D/55 kpc)$^2$ erg/s, where the error includes also the difference between the two models. In a third iteration we tested a fit with the absorbing column fixed to the value of the July 2000 observation in order to check whether a temperature change could mimic the variation in absorbing column. However, this does not provide an acceptable fit (reduced $\chi^2$ of 2.5).

For the X-ray non-detection on 29 March 2001, assuming the same spectral models and no intrinsic absorption through the ejected nova shell we derive a $3\sigma$ upper limit for the luminosity of $L < 1.1 \times 10^{33}$ (D/55 kpc)$^2$ erg/s for the case of only galactic foreground absorption $(7 \times 10^{20}$ cm$^{-2}$) or $L < 1.4 \times 10^{33}$ (D/55 kpc)$^2$ erg/s for the case of galactic foreground plus total LMC absorption $(15 \times 10^{20}$ cm$^{-2}$; Lukš 1994).

2.1.2. XMM-Newton Optical Monitor data

The OM was used with a variety of filters, and also the grism was used in two occasions. In particular, we obtained (i) two 5 ksec grism 2 (visual spectrum) exposures, a sequence of 5 exposures with the UVW1 filter, and a sequence of 4 exposures with the UVW2 filter, each with 940 sec) in the first XMM-Newton observation of Nova LMC 2000 (revolution 115); (ii) a sequence of 5 exposures with the V band filter with 1 ksec each, followed by a 5 ksec grism 2 exposure (second XMM-Newton observation; rev. 132); (iii) a sequence of 5 exposures of 1 ksec with the U band filter in the last XMM-Newton observation (rev. 239).

Unfortunately, the grism data are hardly usable since the window of the CCD was set too small. The photometry in the different filters is summarized in Tab. 3. The central wavelengths for the UV filters are 2910 Å for the UVW1 and 2120 Å for the UVW2, respectively.

2.2. Optical photometry

On 4 December 2000 we obtained three V band exposures with 90 sec exposure time each using DFOSC at

| Observation Interval (UT) | Time after Max. (days) | Exp.-Time (ksec) | Rev. | Count rate (cts/ksec) | HR1 | HR2 | HR3 |
|--------------------------|------------------------|-----------------|------|-----------------------|-----|-----|-----|
| 2000-07-25 22:48 – 2000-07-26 03:19 | 17                    | 16.26           | 115  | 5.0±0.6              | 1.00±2.00 | 0.00±0.11 |
| 2000-08-28 13:53 – 2000-08-28 16:40 | 51                    | 10.00           | 132  | 21.0±1.6             | 0.70±0.07 | -0.56±0.06 | -0.66±0.16 |
| 2001-03-29 19:10 – 2001-03-29 21:22 | 294                   | 10.54           | 239  | <1.0                 | -     | -    | -    |

(1) The hardness ratios are defined as $HR_1 = (B - A)/(B + A)$, $HR_2 = (C - B)/(B + C)$ and $HR_3 = (D - C)/(D + C)$, where $A(0.2–0.5$ keV), $B(0.5–2.0$ keV), $C(2.0–4.5$ keV), $D(4.5–7.5$ keV), are the counts in the given energy range.
Fig. 1. X-ray spectrum of Nova LMC 2000 as observed with XMM-Newton on 28 August 2000, modelled with a bremsstrahlung (left) and Raymond-Smith model (right). The top panel shows the count rate spectrum and the residuals, while the lower panels show the unfolded photon spectrum.

Table 2. Spectral fit results of the July and August 2000 observations

| Date            | \(N_0\)  \((10^{22} \text{ cm}^{-2})\) | \(kT\)  \((\text{keV})\) | Normalization  \((\text{ph keV}^{-1} \text{ cm}^{-2} \text{s}^{-1})\) | Flux (bolometric)  \((\text{erg cm}^{-2} \text{s}^{-1})\) | \(\chi^2 / \text{dof}\) |
|-----------------|--------------------------------------|--------------------------|-------------------------------------------------|-------------------------------------------------|--------------------------|
| bremsstrahlung model |                                      |                          |                                                 |                                                 |                          |
| 25/26 Jul 2000  | 3.23±1.23                            | 199±100                  | 1.1E-05                                         | 7.5E-14                                         | 0.78                     |
| 25/26 Jul 2000  | 7.00±2.57                            | 1.6 fixed                | 3.6E-05                                         | 13.0E-14                                        | 1.28                     |
| 28 Aug 2000     | 0.29±0.19                            | 1.6±1.2                  | 1.6E-05                                         | 5.5E-14                                         | 0.94                     |
| Raymond-Smith model |                                    |                          |                                                 |                                                 |                          |
| 25/26 Jul 2000  | 3.40±1.10                            | 64±50.0                  | 2.4E-05                                         | 6.9E-14                                         | 0.79                     |
| 25/26 Jul 2000  | 7.65±2.33                            | 2.1 fixed                | 7.5E-05                                         | 14.4E-14                                        | 1.00                     |
| 28 Aug 2000     | 0.20±0.15                            | 2.1±1.0                  | 2.3E-05                                         | 4.5E-14                                         | 0.92                     |

the 1.5 m Danish telescope at La Silla (ESO, Chile). The MAT/EEV 44-82 CCD chip with 15 \(\mu\)m pixels has a plate scale of 0\(\prime\).4/pixel. The seeing was 1\(\prime\). The photometric standard RU 149, observed at nearly the same airmass as N LMC 2000, was used for the absolute flux calibration. Due to the brightness of the nova and the relatively crowding-free surrounding (see Fig. 2), aperture photometry was done within the MIDAS package after standard flatfield and bias correction. We measure \(V = 16.20\pm0.03\) mag independently in each of the three images for Nova LMC 2000. After adding this to the early measurements by VSNET observers (Fig. 3), a comparison with light curve models of Hachisu & Kato suggests that Nova LMC 2000 was possibly still in the plateau phase during our optical observation on 4 December 2000.

A crude estimate of the decay rate based on the VSNET data gives \(t_2 \sim 9.0\) days and \(t_3 \sim 22\) days, with an error of ±2 days depending on the actual occurrence of the not observed optical maximum (where \(t_2\) and \(t_3\) are
Fig. 2. Finding chart of N LMC 2000 in the V band (left; marked with two dashes near the image center) and at 2120 Å (right). The V band image was taken on 2000 Dec. 4 with DFOSC at the 1.5 m Danish telescope at La Silla (ESO). We measure RA = 5°25′01″ and Decl. = -70°14′17″ (equinox 2000.0) with an error radius of 2″. The field size is 1.7×1.7. The right image is the sum of 4 images with 1000 sec exposure each, taken by the OM onboard XMM in the UVW2 filter on 25/26 July 2000, where the nova is the by far brightest object in the image. The field size is 2′3×2′3. North is up and East to the left.

Table 3. XMM/OM photometry

| Date     | filter | countrate | brightness | flux             |
|----------|--------|-----------|------------|------------------|
| 2000-07-25 | UVW1  | 201.4     | 11.41±0.01 | 1.04E-13         |
|          | UVW2   | 16.0      | 11.62±0.01 | 1.24E-13         |
| 2000-08-28 | V     | 10.6      | 15.24±0.02 | 3.05E-15         |
| 2001-03-29 | U     | 9.5       | 15.70±0.02 | 2.24E-15         |

(1) Brightness and flux are given without correction for galactic, LMC and nova-intrinsic extinction, since the latter two values have uncertainties much larger than the measurement error.

3. Discussion

3.1. Luminosity and absorption change

The 0.1–10 keV X-ray emission observed from Nova LMC 2000 at 17 and 51 days after the explosion is well described by a bremsstrahlung or Raymond-Smith model. Spectral fitting reveals that during the first observation the absorbing column was much larger, indicating intrinsic absorption due to the ejected shell. This is independent of the model used in the fitting. Despite the smaller count rate in the first observation with respect to the second, the derived luminosity was largest in the first observation.

3.2. The mass of the ejected envelope

The large excess absorption determined from the first observation can be used to estimate the mass of the ejected shell, assuming no clumpiness (and a filling factor of 1 though this is likely an overestimate), i.e. that the measured column density is representative for all spatial directions around the nova system. At the time of the first observation, the expansion velocity was ~2000 km/s (Duerbeck & Pompei 2000, Hearnshe & Yan Tse 2000), and thus the shell radius was \( R \sim 3 \times 10^9 \) km, if no substantial deceleration has occurred during the first 17 days after the nova explosion. Using a mean column density of neutral hydrogen of \( 5 \times 10^{22} \) cm\(^{-2} \) (see Tab. 2), a mass of the shell of \( \Delta M_{ej} = 7.5 \times 10^{-5} \) M\(_\odot \) is obtained. As a kind of consistency check one can also consider the later decrease of the absorbing column between the first and second XMM-Newton observation. Since the time difference, and thus the radius difference, is a factor of 3, the absorbing column should have reduced by a factor of 9 if the shell had expanded with constant velocity. This is, within the errors, consistent with the measured change in column density (see Tab. 2).

An independent estimate of the ejected shell mass can be derived from the measured decay time \( t_2 \) and the relation \( \log \Delta M_{ej} = 0.274 \times \log t_2 - 4.355 \) (Della Valle et al. 2002; note that their formula as well as their figure miss a factor of \( 10^{-5} \) in \( \Delta M_{ej} \)). This yields \( \Delta M_{ej} = 8 \times 10^{-5} \) M\(_\odot \), in good agreement with the above estimate from the mea-
Fig. 3. Light curve of Nova LMC 2000 as measured by various observers and provided to VSNET (filled circles). Our ground-based observation from Dec. 2000 is marked by a filled triangle, and the XMM/OM observation in August 2000 by a filled lozenge. The cross marks the possible maximum as determined by a backwards extrapolation (see Introduction). Vertical dashes at the top mark the times of the XMM-Newton observations. The dashed line visualizes the decay curve of the recurrent nova CI Aql (see Greiner & Di Stefano 2002), scaled to the LMC distance. While the early decay of N LMC 2000 was substantially faster, the optical brightness in Dec. 2000 is consistent with the nova still being in the plateau phase. For comparison purposes also overplotted (with small dots) is the VSNET light curve of nova V1494 Aql (scaled in brightness) which has very similar \( t_2 \) and \( t_3 \) times.

In an attempt to understand the reason for the largely varying duration of the supersoft X-ray phase in different novae we have compiled some information on novae with observed supersoft X-ray phase or very constraining observational limits (Tab. 4).

3.3. The supersoft X-ray phase in novae

No supersoft X-ray phase has been found for Nova LMC 2000: while on 25/26 July 2000 the ejected shell was still too optically thick to allow soft X-rays to penetrate, the shell had thinned considerably over the next 4 weeks (until Aug. 28) to allow the detection of supersoft emission, if it had been present. Thus, the supersoft X-ray phase in Nova LMC 2000 must have been shorter than 7 weeks, or \( 6 \times t_2 \). In view of the fact that an HST STIS spectrum taken Aug. 19/20, i.e. 9 days before the second XMM-Newton observation shows a 1150–3120 Å flux of \( 1.6 \times 10^{39} \) erg/s (Shore et al. 2000), the shell burning should either have switched off during those 9 days, or the effective temperature was below \( \sim 10 \) eV in order not to be observable in our XMM-Newton exposure.

The detectability of supersoft X-ray emission from novae depends on several factors, the three most important ones (probably) being the existence/duration of such a supersoft X-ray phase in the first place, the amount of matter ejected during the thermonuclear runaway and that blown away later during a wind phase, both of which hide the supersoft X-ray emission during the early phase after a nova until the shell has become optically thin. It is therefore interesting to ask how these factors relate to other observable parameters of a nova?

The ignition of the thermonuclear runaway of accreted hydrogen is primarily determined by the pressure at the base of the accreted envelope, which in turn depends on the mass and radius of the white dwarf and the mass of the envelope (Fujimoto 1982a). It has been argued that the \( t_3 \)-time primarily depends on the mass of the white dwarf (eq. 12 in Livio 1992). Furthermore, since also the maximum absolute magnitude of a nova correlates with the mass of the white dwarf as well as the decline rate, Della Valle et al. (2002) have recently found a correlation between the shell mass and the \( t_2 \)-time (note that Shore 2002 has proposed an alternative relation using the same quantities). If the duration of the supersoft X-ray phase depended on the amount of mass which is left over after the ejection of the nova.
Table 4. Details on novae with detected supersoft X-ray emission (top 5 lines), N LMC 2000, and recent recurrent novae (RN; last three lines).

| Nova Name | $t_2$ (days) | $t_3$ (days) | $M_{\text{WD}}$ (M$_\odot$) | log $\Delta M_{\text{ej}}$ | $V_{\text{expa}}$ (km/s) | $P_{\text{orb}}$ (days) | log $\Delta M_{\text{ign}}$ | Limits on supersoft phase | Refs. |
|-----------|--------------|--------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-------|
| GQ Mus    | 23.0         | 45           | 0.87           | -3.98           | 800             | 0.0593          | 3.4             | 10 yrs          | 1-3   |
| N Cyg 1992| 16.0         | 42           | 0.90           | -4.02           | 2000            | 0.0812          | -3.8            | turnoff at days 32–38×$t_2$ | 4-6   |
| N LMC 1995| 12(e)        | 16(e)        | 1.23           | -4.22           | 900             | -              | >6 yrs and continuing | at 44×$t_2$; none at 60×$t_2$ | 7-9   |
| V382 Vel  | 4.5          | 9            | 1.17           | -4.18           | 2700            | 0.1461          | -4.8            | none $\lesssim 28\times t_2$, but at 38–45×$t_2$ | 10    |
| V1494 Aql | 6.6(f)       | 16(f)        | 1.09           | -4.13           | 2800            | 0.1346          | -4.6            | less than 5.5×$t_2$ | 11, 12 |
| N LMC 2000| 9.0          | 22           | 1.02           | -4.09           | 2200            | -              | less than 5.5×$t_2$ | 15, 16 |
| U Sco (RN)| 5.0          | 7            | 1.20           | -5.99(s)        | 4500            | 1.230           | -5.3            | at 4×$t_2$ | 13    |
| IM Nor (RN)| 20.5(b)     | 47(b)        | 0.85           | -3.99           | 1150            | -              | none at 1.1×$t_2$ | 12, 14 |
| CI Aql (RN)| 30.0         | 36           | 0.94           | -3.95           | 2400            | 0.6184          | -5.2            | less than 14×$t_2$ | (d)   |

(a) According to the $t_3-M_{\text{WD}}$ relation (Livio 1992).
(b) According to log $\Delta M_{\text{ej}} = 0.274 \times \log t_2 - 4.355$ (Della Valle et al. 2002).
(c) Usually derived for the H line. For V382 Vel, lacking an estimate based on Hα, we used the number given for UV lines and divide by a factor 2 (Shore 2002).
(d) References: (1) Ögelman et al. 1993, (2) Pequignot et al. 1993, (3) Shanley et al. 1995, (4) Krautter et al. 1996, (5) Chochoh et al. 1993, (6) Balman et al. 1998, (7) Della Valle et al. 1995, (8) Orio & Greiner 1999, (9) Orio et al. 1993, (10) Orio et al. 2002, (11) Venturini et al. 2000, (12) Starrfield et al. 2002, (13) Iijima 2002, (14) Duerbeck et al. 2002, (15) Greiner & Di Stefano 2002, (16) Kiss et al. 2001.
(e) Instead of the prediction we used the value as measured by Della Valle et al. (2002).
(f) Of the prediction we used the value as measured by Della Valle et al. (2002).
(g) Of the prediction we used the value as measured by Della Valle et al. (2002).

of the shell, i.e. the difference between the mass necessary to ignite the thermonuclear explosion and the mass of the matter ejected into the expanding shell, it could be expected that the supersoft X-ray phase would correlate with the $t_2$- or $t_3$-time. We have collected the relevant data (see Tab. 1 for the five novae with detected supersoft X-ray emission, plus a few cases with stringent limits (including the present case Nova LMC 2000). Comparing the decay times (columns 2 and 3) and the implied envelope mass (col. 4) according to Della Valle et al. (2002) with the duration of the supersoft X-ray phase (col. 8) does not show any obvious correlation, however (though we note that envelope mass estimates are typically very uncertain). Thus, the supersoft X-ray phase is not necessarily directly correlated to the brightness decay rate and/or the mass of the white dwarf. This also argues against the simple scenario of Truran & Glasner (1995) and Vanlandingham et al. (2001): for instance, N LMC 1995 with a rather short decline time and a white dwarf mass of $\sim 1.2$ M$_\odot$ according to the $t_3-M_{\text{WD}}$ relation would have an expected supersoft X-ray phase of less than 1 yr, but is observed as supersoft X-ray source for over 6 years now (Orio et al. 2003).

We have also considered the expansion velocities of the nova shells (col. 6 in Tab. 1), since it is proportional to the pressure at the base of the accreted shell. There is an interesting correlation with the duration of the supersoft X-ray phase in 8 sources except for Nova LMC 2000 which falls off completely (Fig. 3). Thus, either this correlation is chance coincidence due to the small number statistics, or the non-detection the supersoft X-ray phase is caused by a much higher than estimated absorbing column for which we have no other evidence. One could imagine that the (hard) X-ray emission which is seen on 28 August 2000 originates outside the expelled envelope, and therefore the small absorbing column derived from the fit of that emission is not representative of the column which blocks the supersoft emission from the white dwarf. A third alternative is that the burning continued much longer, but at such low temperature ($<10$ eV) that it made it impossible to be detected by XMM-Newton.

A somewhat surprising correlation is found when plotting the orbital period over the X-ray turn-off time (Fig. 3): systems with a short orbital period have a long H shell burning period. One possible explanation would be the higher irradiation of the companion star in short orbital period binaries, which in turn may increase the mass transfer rate to the white dwarf. But even without considering irradiation, the orbital period is strongly correlated to the mass transfer rate in cataclysmic binaries (e.g. Patterson 1984), and therefore can be expected to be a dominant factor in the evolution of a nova through a supersoft X-ray phase (see below).

A different way to consider the problem of the supersoft X-ray phase duration is to remember that the H shell burning may cease before all material is consumed. As has first been argued by Fujimoto (1982b), burning will cease when the mass of the shell becomes less than a critical value $M_{\text{ext}}$, below which the temperature at the bottom of the envelope is too low for the shell burning to compensate the energy loss from the surface. Thus, the important factor is not the absolute value of the matter left after the shell has been expelled, but the difference of this left-over matter and the critical mass $M_{\text{ext}}$. In evaluating this suggested correlation (Fujimoto 1982b), we have (i) derived...
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Fig. 5. Correlation between the orbital periods and the turn-off times of novae (see Tab. 4). Symbols and limits as in Fig. 4.

Fig. 6. Correlation between the turn-off times of novae (see Tab. 4) and the ratio of left-over mass to the critical mass where H shell burning will cease. Symbols and limits as in Fig. 4.

the accretion rate from the orbital period using the “master equation of binary evolution” for the case of rotational braking (eq. 38 in Patterson 1984), (ii) deduced the white dwarf mass from the $t_3$ time (eq. 13 in Livio 1992), (iii) by using the accretion rate and white dwarf masses determined the mass ($\Delta M_{\text{ign}}$) necessary to ignite the shell burning depending on the white dwarf mass and accretion rate (Fig. 7 from Fujimoto 1982b; see column 8 in Tab. 4), (iv) derived the ejected shell mass from the $t_2$ time (Della Valle et al. 2002; see column 5 in Tab. 4), (v) compared the difference of the total shell mass ($\Delta M_{\text{ign}}$) and the ejected mass ($\Delta M_{\text{ej}}$) with the critical mass ($\Delta M_{\text{ex}}$) which varies between $\sim 5 \times 10^{-5} \, M_\odot$ for a $0.8 \, M_\odot$ white dwarf mass down to $\sim 10^{-6} \, M_\odot$ for a $1.2 \, M_\odot$ white dwarf mass.

Fig. 6 shows this ratio in dependence of the X-ray turn-off time for the six novae for which the relevant data ($t_2$, $t_3$, $P_{\text{orb}}$) are available. We find that three sources have substantial mass above the critical $\Delta M_{\text{ex}}$: GQ Mus has by far the largest mass excess, consistent with its $\sim 10$ yr supersoft X-ray phase, as well as N Cyg 1992 and V1494 Aql. The other three systems, V382 Vel, CI Aql and U Sco happen to fall very near their $\Delta M_{\text{ex}}$ values, and according to the suggestion of Fujimoto (1982b) would turn off very rapidly after the explosion. This is consistent with the observations.

Of course, there are several limitations to this simple picture, and additional factors are thought to also influence the duration of the supersoft X-ray phase, but were ignored here: (i) Metallicity is certainly an important factor which determines the appearance of supersoft X-rays. With Nova LMC 2000 having the same metallicity and additionally a very similar environment (less than 20 arcmin offset) as the supersoft Nova LMC 1995 (Orio & Greiner 1999), one could have hoped for a similar X-ray behaviour. But obviously the limits on the supersoft phase in Nova LMC 2000 imply a much shorter duration than the more than 6 years (and continuing) of Nova LMC 1995 (Orio et al. 2003). (ii) It is generally agreed upon that there is a continuous, long-lasting loss of matter (wind) after the possible ejection at the time of the thermonuclear runaway. Wind-driven mass loss is expected to be strongly mass dependent, i.e. the radiation pressure grows for larger white dwarf mass. This would imply a shorter supersoft X-ray phase for novae with larger white dwarf masses (e.g. Starrfield et al. 1991, Yungelson et al. 1996).

Unfortunately, no statement can be made concerning N LMC 2000. It would be interesting to determine the orbital periods of N LMC 2000 and N LMC 1995 to determine their location relative to $\Delta M_{\text{ex}}$, and thus to test the above hypothesis that the duration of the supersoft X-ray phase is determined by the ratio of the left-over mass to the critical mass $\Delta M_{\text{ex}}$ for shell burning. If the above relations hold, we would infer orbital periods in the range of 0.5–1 day for Nova LMC 2000 and 2 hrs for Nova LMC 1995.

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