New insights into the genetic mechanism of IQ in autism spectrum disorders

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INTRODUCTION

Autism gained recognition in the 1940s as a mental disorder characterized by social deficits, communication difficulties, and other abnormalities. Since then, scientists have increasingly recognized that autism is not one but a family of conditions that share certain clinical characteristics. Currently, classical autism, Asperger’s syndrome, Rett’s syndrome, childhood disintegrative disorder, and pervasive developmental disorder not otherwise specified (PDD-NOS) are grouped together as autism spectrum disorders (ASD). However, the recent revision of the Diagnostic and Statistical Manual of Mental Disorders version 5 replaced this categorization with a continuous scale of severity (Halfon and Koo, 2013).

There is considerable evidence for the role of inheritance in the etiology of autism and related disorders. Studies have consistently reported that the prevalence of autism in siblings of autistic children is approximately 15–30 times greater than the rate in the general population (Szatmari, 1999). More recently, identified genetic variants include inherited mutations, de novo mutations, single point mutations, and copy number variants (CNVs). In particular, researchers reported hundreds of ASD risk factors, ranging from single nucleotide polymorphisms (SNPs) and CNVs to single point mutations (Anney et al., 2012).

Some variants found to be associated with ASD were discovered only when researchers restricted the study subjects to a specific population. The distinction by IQ may be particularly relevant in ASD research, helping to separate Asperger’s syndrome, an ASD sub-type which spares language development, from autism, which does not. For example, in a recent study, Anney et al. (2012) identified a variant, rs1718101, which was strongly associated with ASD only in Europeans with high-IQ.

In the current study, we hypothesized that the genetic etiology of ASD may be different based on IQ status. To test this hypothesis, we compared genotypic frequencies in high-IQ ASD probands with those of the low-IQ probands. We analyzed both common and rare variant. Specifically, we used the sequence kernel association test (SKAT) developed by Wu et al. (2011) to analyze the rare variants with minor allele frequency (MAF) less than 0.05.

MATERIALS AND METHODS

DATA DESCRIPTION

The study was conducted using a genome-wide association study (GWAS) data set of ASD families evaluated by the Autism Genome Project (AGP) consortium [provided by dbGaP (database of Genotypes and Phenotypes); Anney et al., 2012]. The AGP consortium represented more than 50 centers in North America and Europe. The centers collected clinical information from 2705 ASD families for the combined stage 1 and 2 study. Autism Diagnostic Interview-Revised (ADI-R) (2) and Autism Diagnostic Observation Schedule (ADOS) (3) were used for research diagnostic evaluation. Individuals were classified into “strict” or “spectrum” (i.e., includes strict) disorders, based on ADI-R and ADOS classification. Individuals with known karyotypic abnormalities, fragile X mutations, or other genetic disorders were excluded. Genotyping was performed by using the Illumina Human 1M-single Infinium BeadChip array (Anney et al., 2012). This resulted in 2665 ASD families (7880 individuals). We checked for Mendelian errors using PedCheck, and found none (O’Connell and Weeks, 1998). We further checked for per-individual genotyping missing rate, and removed those with more than 50%, leaving 7769 individuals within 2604 pedigrees. Because our research aim was...
to investigate the role of genetic variants associated with IQ difference in IQ in ASD patients, we focused on the probands and excluded their parents from this study.

**ANALYTICAL METHODS**

High-IQ probands in the AGP data set were defined by the AGP committee as those with IQ greater than 80, while low-IQ probands were defined as those with IQ of between 25 and 70. Using this definition, out of 2095 probands with non-missing IQ statuses included in the data, 1034 were classified as high-IQ, 623 as low-IQ, and 438 as normal-IQ. Probands with missing IQ statuses were not included in the analyses. In this paper, we compared the 1034 high-IQ probands to the 623 low-IQ probands for a total of 1657 individuals. Of these 1657 individuals, 918 high-IQ individuals and 511 low-IQ individuals for a total of 1429 were Caucasian. This required us to account for population stratification in this study.

Our approach differed for common and rare variants. We used MAF of 0.05 as the threshold to differentiate between the two types of variants. For common variants, we used PLINK's (v1.07) built-in function to account for population stratification. We first calculated the pair-wise identity by state (IBS) matrix, and then performed a multidimensional scaling (MDS) analysis using two dimensions. We then used the two-dimensional MDS statistics along with sex as covariates to perform a logistic regression for each individual common single nucleotide polymorphism (SNP).

The analysis of rare variants is more complicated since, given the low numbers of informative individuals, association results for single rare variants tend to be unreliable. For this study, we used the SKAT (Wu et al., 2011). As with many other methods designed for rare variant analysis, SKAT analyzes multiple variants together as a unit. This remedied the lack of power for single rare variants by combining the effects of multiple variants. However, unlike the burden tests such as collapsing methods, which aggregate variants into a single variable before performing statistical regression, SKAT combines individual variant-test statistics after analyzing each variant independently. This is advantageous compared to collapsing methods when large numbers of variants affect the phenotype to increase or decrease the risk, and also when a large fraction of variants is non-causal. We used a gene-based method in our approach to rare variants, in which rare variants outside of known genes were not included in our analysis and the rest analyzed collectively via SKAT on a gene-by-gene basis.

Dealing with population stratification via MDS analysis was not satisfactory for rare variants; thus, we included only Caucasian probands in this analysis.

**RESULTS**

**POPULATION STRATIFICATION**

Of 1657 probands, 1429 are of Caucasian descent. The MDS plot obtained during the common variant analysis process is shown in Figure 1. Population stratification is significant for the sample. The Caucasian probands were relatively close genetically, while non-Caucasian individuals showed wide genetic differences among themselves. Specifically, non-Caucasians seemed to group themselves into two clusters. These could be different non-Caucasian ethnicities, but data were not available for proper identification. We presented a QQ-plot with the p-value of our adjusted analysis (Figure 2).

**COMMON VARIANTS**

We analyzed a total of 878,930 SNPs. Fifteen SNPs had associations with p-value lower than $10^{-5}$, and 82 with p-values lower than $10^{-4}$ (data not shown). Forty-eight of the variants found in the high-IQ vs. low-IQ comparison have odds-ratio of less than 1, indicating an association with low-IQ, while the remainders are associated with high-IQ. We probed into the biological relevance of all SNPs with p-values lower than $10^{-4}$ in the NCBI SNP database, by analyzing genes that contain or are situated close to the SNP. Seventeen SNPs out of 192 in the high-IQ vs. low-IQ analysis fell...
within or near genes that have a significant role in the nervous system and neurodevelopment. The details are listed in Table 1.

**Table 1** Common variant analysis results of high-IQ vs. low-IQ.

| CHR | SNP | BP     | Risk allele | TEST | Sample size | OR     | STAT     | p-Value | Gene        |
|-----|-----|--------|-------------|------|-------------|--------|----------|---------|-------------|
| 6   | rs9268880 | 32539336 | A          | ADD  | 1657        | 0.7089 | -4.443   | 8.85 x 10^{-5} | HLA-DRB1 |
| 6   | rs9803608 | 32536263 | G          | ADD  | 1656        | 0.7121 | -4.391   | 1.13 x 10^{-5} | HLA-DRB1 |
| 6   | rs6923504 | 32536164 | C          | ADD  | 1656        | 0.7135 | -4.365   | 1.27 x 10^{-5} | HLA-DRB1 |
| 4   | rs1702930 | 8880710 | A          | ADD  | 1650        | 0.6437 | -4.242   | 2.22 x 10^{-5} | SPARCL1 |
| 6   | rs4715737 | 1362276 | G          | ADD  | 1656        | 1.809  | 4.176    | 2.97 x 10^{-1} | GFOD1   |
| 2   | rs10190416 | 34605311 | G          | ADD  | 1652        | 1.41   | 4.141    | 3.46 x 10^{-1} | CRIM1   |
| 18  | rs238129  | 12247291 | A          | ADD  | 1653        | 1.449  | 4.032    | 5.52 x 10^{-5} | IQUB    |
| 6   | rs6903608 | 32536263 | G          | ADD  | 1656        | 1.359  | 4.131    | 3.62 x 10^{-5} | DlgAPI  |
| 13  | rs6923504 | 32536164 | C          | ADD  | 1656        | 0.7135 | -4.365   | 1.27 x 10^{-5} | HLA-DRB1 |
| 4   | rs1702930 | 8880710 | A          | ADD  | 1650        | 0.6437 | -4.242   | 2.22 x 10^{-5} | SPARCL1 |

RARE VARIANTS

We used the hg19 database as the standard for gene annotation. Excluding genes that do not have rare variants, we analyzed 8060 genes for high-IQ vs. low-IQ comparisons. The top 15 ranked genes are presented in Table 2. Genes that are functionally relevant to the nervous system and neurodevelopment are discussed below.

**Table 2** Rare variant results of high-IQ vs. low-IQ.

| Gene | p-Value | N. marker test |
|------|---------|----------------|
| LTA4H | 0.00032 | 1              |
| STEAP2 | 0.00030 | 2              |
| ALK   | 0.00035 | 5              |
| LINC00550 | 0.00036 | 1             |
| FKTN  | 0.00040 | 2              |
| KIAA0318L | 0.00053 | 4             |
| TROF2E | 0.00069 | 1              |
| NRD1  | 0.00069 | 1              |
| SEMA6A | 0.00069 | 2              |
| ACAD11 | 0.00079 | 1              |
| UBAS  | 0.00079 | 1              |
| SLC16A4 | 0.00079 | 2             |
| RAB3B | 0.00091 | 1              |

Among the remaining genes, there are three general categories. The first category includes genes related to neurodevelopment. One of these is the gene DCCDC2C, a member of the doublecortin gene family, which has been implicated in neuronal migration, neurogenesis, and retina development through regulation of cytoskeletal structure and microtubule-based transport. Mutations in genes of this family have been implicated in epilepsy...
and developmental dyslexia, among other disorders (Dijkmans et al., 2010). Another gene of this class is GAP43, named growth associated protein 43 because it is expressed at high levels in neuronal growth cones during development and axonal regeneration, and considered a crucial component of regenerative response in neural growth cones during development and axonal regeneration, associated protein 43 because it is expressed at high levels in neuronal inputs. All evidence suggests that spinophilin may serve as a neuronal targeting subunit for PP1 and might be responsive to neuronal inputs.

The third category contains genes linked to neurological conditions via bioinformatic methods, but has not yet been verified by biological experiments. These include GFODI1, which is associated with attention deficit hyperactivity disorder (ADHD), DLGAP1 which is associated with schizophrenia, DOCK9 associated with bipolar disorder, and SORC51 which is associated with memory (Docherty et al., 2010). Interestingly, the SNP rs805803 is in close proximity (75 kb) to rs7791660, which was shown to be associated with mathematical ability (Docherty et al., 2010).

Considering rare variants, three genes are noteworthy. The first is ALK, which is an oncogene whose mutation also disrupts CNS development (de Pontual et al., 2011). The second is KIAA0319L located on chromosome 1, which has been identified as a candidate for dyslexia. This gene is expressed in the brain and, based on its structural similarities to the gene KIAA0319, has been suggested to play a role in neuronal migration (Couto et al., 2008). The third gene SEMA6A is expressed in developing neural tissue and is required for proper development of the thalamocortical projection (Leighton et al., 2001).

CONCLUSION

In this study, we used a case–control approach to investigate the association of genetic variants with IQ in the ASD population. We analyzed common variants and rare variants separately and in different ways, using a standard case–control association test implemented in PLINK for common variants, and the SKAT for rare variants. Considering their previously reported biological roles, we were able to identify several genes that are plausible candidates for involvement in brain development in ASD patients. To our knowledge, this is among the first studies that addresses this issue.

These genes are biologically relevant to CNS and neurodevelopment based on published literature, the most prominent examples being the genes KIAA0319L and HLA-DRB1. These genes warrant further investigation of their properties, both in regard to their connection with intelligence and relationship to ASD.

We acknowledge that the findings reported are preliminary, and it is possible that at least some of the associated genes are false positives. Thus, further molecular validations are warranted.

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