Case Report

Pilocytic astrocytoma: A rare presentation as intraventricular tumor

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Abstract

Background: Pilocytic astrocytoma (PA) is the most prevalent central nervous system (CNS) tumor in pediatric population and accounts for an approximate of 5–6% of all gliomas. This neoplasm can occur at all levels of the neuraxis, with majority (67%) arising in the cerebellum and optic pathway. PAs are World Health Organization Grade I tumors and are the most benign of all astrocytomas characterized by an excellent prognosis. Other differentials include subependymal giant cell astrocytoma (SEGA), ependymoma, meningioma, and low-grade gliomas such as pilocytic or diffuse astrocytoma; calcification is more commonly regarded as a feature of benign or slow-growing tumors.

Case Description: We present a case of a 17-year-old female presenting with an unusual cause of hydrocephalus, a rare case of a calcified pilocytic astrocytoma as an intraventricular tumor.

Conclusion: PA rarely presents as an intraventricular tumor and should be included in the differential diagnosis of a large mass with massive intratumoral calcification.

Key Words: Intraventricular tumor, pilocytic astrocytoma, slow-growing tumors

INTRODUCTION

The central nervous system (CNS) is the most common site of primary solid tumors in pediatric population. Among pediatric patients (age 0–19 years), pilocytic astrocytoma (PA) is the most prevalent CNS tumor, representing 19.7% of all cases and accounting for an approximate of 5–6% of all gliomas.[12] This neoplasm can occur at all levels of the neuraxis, with majority (67%) arising in the cerebellum and optic pathway.[14] PAs are World Health Organization Grade I tumors and are the most benign of all astrocytomas characterized by an excellent prognosis.[1,4]

Calcification is a subtle and an infrequent finding, seldom seen in the optic nerve or hypothalamic/thalamic tumors or in superficially located cerebral tumors.[12] Although calcification is more commonly regarded as a feature of benign or slow-growing tumors, the precise mechanism remains unclear. Commonly, calcified brain tumors include oligodendrogliomas, low-grade astrocytomas, craniopharyngiomas, meningiomas, pineal gland tumors, and ependymomas.[9,13] Intraventricular tumors that can show calcification include ependymomas, choroid plexus tumors, central neurocytomas, and metastatic tumors.[17]

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We present a case of a 17-year-old female presenting with an unusual cause of hydrocephalus, a rare case of a calcified PA as an intraventricular tumor.

**CASE REPORT**

A 17-year-old female, with no known comorbidities, presented with complaints of headache off and on for 1 month, which increased over a period of few days, associated with nonbilious, nonprojectile vomiting for 2 weeks. She presented to the emergency department and was referred to the neurosurgery service for further management upon evaluation of symptomatology. On examination, the patient was alert, awake, and oriented in time place and person. She denied any history of seizures, focal deficit, numbness, or any episode of unconsciousness. General physical examination was unremarkable with normal blood pressure and pulse rate. Motor examination was unremarkable, sensory examination was normal, no cerebellar signs could be elicited, and no gait abnormality was identified. Direct ophthalmoscopy was suggestive of mild papilledema with no evidence of disc cupping or atrophic changes and no blurring of vision. Visual acuity was within normal limits with normal color vision.

On investigation, blood profile was normal. Radiological imaging consisting of magnetic resonance imaging (MRI) of the brain with and without contrast; on T1-weighted postcontrast images, a heterogeneously enhancing mass lesion identified within the lateral ventricles in the proximity of the foramina of Monro [Figure 1]. T2-weighted sequence showed isointense to hyperintense lesion containing abnormal signals, suggestive of calcification and mildly enhancing cysts of variable sizes. There was significant dilatation of the lateral ventricles bilaterally, with an interval increment in size. The rest of the brain parenchyma was normal with gray and white matter differentiation. No acute infarction or intracranial hemorrhage was seen. Major vessels showed normal flow voids and basal cisterns were preserved [Figure 2].

Anesthesia evaluation was done, and after a written and informed consent, the patient underwent neuronavigation-guided (NNG) right-sided frontal craniotomy with excision of space occupying lesion (SOL) and left-sided frontal short tunnel extraventricular drain (EVD) placement.

A linear incision was made. Intraoperative findings were of a grossly large intraventricular tumor which was moderately vascular containing cystic and necrotic components. The tumor was found to be occupying the septum pellucidum and extending into the lateral ventricles bilaterally. It was obliterating the foramen of Monro and third ventricle and causing biventricular hydrocephalus.

Postoperatively, the patient was uneventfully extubated; however, later in the recovery room patient had two episodes of generalized tonic-clonic seizure which were managed with intravenous antiepileptic medication.

Postoperative CT scan was done which was suggestive of pneumocephalus and postsurgical changes. Bilateral subdural collections were noted. Scan also showed diffuse cerebral edema with hydrocephalus and small intraventricular hemorrhage.

Patient was stepped down while EVD was removed on the fifth postoperative day after a successful challenge. Patient had an uneventful course during the hospital stay and was discharged with an early follow-up.

Histopathology showed multiple fragments of a neoplastic lesion comprising spindle-to-stellate-shaped cells arranged in alternating compact and loose areas [Figure 3]. The background was diffuse fibrillary. Individual tumor cells

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**Figure 1:** MRI brain post-contrast showing a heterogeneously enhancing space occupying lesion in the lateral ventricles with extension into the foramen of Monro with obstructive hydrocephalus

**Figure 2:** MRI Brain T1 Weighted coronal images suggestive of a hyperintense lesion occupying the lateral ventricles and extending into the third ventricle. Hydrocephalus also evident
had elongated cytoplasmic processes and bland looking nuclei. Some areas exhibited multinucleation. There were associated thick walled, hyalinized blood vessels in the stroma along with areas exhibiting Rosenthal fibers and hyaline globules [Figure 4]. Other areas exhibited chicken wire type of capillary network with intervening round-to-oval cells having clear cytoplasm and rounded nuclei. Focal areas showed fragments of native glial tissue with admixed ganglion cells. Immunohistochemically, the tumor cells were diffusely positive for glial fibrillary acidic protein (GFAP) [Figure 5]. Synaptophysin stain was noncontributory. Proliferative index (Ki67 (Mib-1) was low (up to 1–2%). Features were consistent with PA, WHO grade I.

On follow-up in the clinic, the patient presented with left-sided hemiparesis with power of 4/5, backache, and generalized lower limb tenderness. Follow-up CT scan showed interval decrease in hydrocephalus with the bifrontal diameter measuring 42 mm which was previously 55 mm in size. There was an interval reduction in the intraventricular hemorrhage; however, a slight interval increase in bilateral subdural collections was noted. Interval resolution of pneumocephalus with interval decrease in cerebral edema was also noted. Patient was followed up with serial MRI brain scans which showed progressive betterment supported by clinical condition.

**DISCUSSION**

This is a rare presentation of PA as an intraventricular tumor. Intraventricular neoplasms originate from cells forming the ependymal lining or the subependymal plate of the ventricular wall, choroid plexus, and glial lined structures such as septum pellucidum.\(^5\)

Tumors localized in the lateral ventricles of the cerebral hemispheres account for less than 1% of all intracranial tumors,\(^1\) but are relatively more frequent in pediatric population. Intraventricular tumors are relatively symptomless until they enlarge and obstruct the pathways of CSF, producing obstructing hydrocephalus and leading to an increased intracranial pressure. Zuccaro and Sosa in a case series of 54 intraventricular tumors in children reported that 38 were benign or low-grade and 16 were anaplastic.\(^2\) The WHO classification of neuroepithelial tumors of the CNS consists of astrocytic tumors, oligodendrogial tumors, oligoastrocytic tumors, ependymal tumors, choroid plexus tumors, and other neuroepithelial tumors; astrocytic tumors are subclassified as invasive or noninvasive, the noninvasive tumor types including PA is categorized as WHO grade I tumor, of which other differentials include subependymal giant cell astrocytoma (SEGA), ependymoma, meningioma, and low-grade gliomas such as pilocytic or diffuse astrocytoma.\(^1\) The most frequent tumor types histologically reported were SEGA, choroid plexus papillomas, ependymomas, and astrocytomas.\(^1\) Most tumors arising within the lateral ventricles were benign or of low-grade malignancy, which is similar to our findings.\(^1\)
Pilocytic and diffuse astrocytomas were considered as our main differential diagnosis. Kim in his case report elucidated the histology of the viable tumor tissue that showed the presence of Rosenthal fibers and biphasic, compact, spongy pattern of PA, which is in lieu with our findings. Furthermore, degenerative atypia and regressive changes of PA were reported in a study by Tibbetts, similar to our findings; these changes included markedly hyalinized ectatic blood vessels, intratumoral hemorrhage, and calcification, this was a similar finding to ours. Nuclear pleomorphisms of tumors cells with frequent multinucleation, smudgy chromatin, and intranuclear cytoplasmic inclusions have been frequently reported. Degenerative atypia is considered as characteristic of PA also was significant in our case. Based on these histological findings, a final diagnosis of PA was made. Fisher in his study on prognostic factor for low-grade glioma discussed the significance of the Ki-67 labeling index, which was less than 2%, this was significant to our case. Further, Fisher stated it to be only borderline significant for progression-free survival. Glialomas that calcify tend to be benign or slow growing; thus, calcification tends to develop over a long period of time, reflecting tumor chronicity or degenerative changes; therefore, our findings were reciprocative, any form of calcium deposition requires a considerable period of time to develop. Therefore, its presence on radiological evidence, a feature of this case, indicated that the tumor grew rather slowly. The diffuse low-grade astrocytomas are the most common glial neoplasms demonstrating calcifications. This tumor was a low-grade glioma with intraventricular location. The tumor was histologically diagnosed as PA (WHO grade I).

As illustrated by the WHO, PA is classified as grade I neoplasms and typically have an excellent prognosis. In this regard, tumors amenable to gross total resection (GTR) are considered “cured,” with low risk of tumor recurrence following resection. However, PAs arising in the optic pathway, brainstem, and diencephalon are not usually amenable to GTR.

A GTR was achieved in our case with subsequent regression of symptoms and interval decrease in intraventricular hemorrhage. Patient was followed with serial MRI brain for recurrence and long term management.

**CONCLUSION**

PA rarely presents as intraventricular tumor and should be included in the differential diagnosis of a large mass with massive intratumoral calcification.

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**Conflicts of interest**

There are no conflicts of interest.

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