A library of induced pluripotent stem cells from clinically well-characterized, diverse healthy human individuals

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SUMMARY

A library of well-characterized human induced pluripotent stem cells (hiPSC) lines from clinically healthy human subjects could serve as a useful resource of normal controls for in vitro human development, disease modeling, genotype-phenotype association studies, and drug response evaluation. We report generation and extensive characterization of a gender-balanced, racially/ethnically diverse library of hiPSC lines from 40 clinically healthy human individuals who range in age from 22 to 61 years. The hiPSCs match the karyotype and responses. However, such studies are often hampered by the small number of hiPSC lines or respective controls used for comparative analysis, reported somatic variability of derived hiPSCs, and heterogeneity of differentiated cells (International Stem Cell Initiative et al., 2011; Dubois et al., 2011; Fusaki et al., 2009; Nazor et al., 2012; Witty et al., 2014). In recent years, several groups reported on the establishment of various hiPSC libraries with a wide range in the number of hiPSC lines (Carcamo-Orive et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017;
Park et al., 2017; Streeter et al., 2017). These libraries included mostly disease-specific hiPSCs and controls. The control hiPSC lines were derived from subjects without the specific diseases studied, either relatives or non-related individuals (Carcamo-Orive et al., 2017; Panopoulos et al., 2017), who were self-declared healthy, or individuals with no medical disease history (Kilpinen et al., 2017; Panopoulos et al., 2017; Rouhani et al., 2014). However, in these studies, a clinical health evaluation was not explicitly performed and no official documentation of health status reported. Nevertheless, such libraries have been used for the study of how genetic variants associated with complex genomic traits and phenotypes drive molecular and physiological variation in hiPSCs and their differentiated cells (Carcamo-Orive et al., 2017; D’Antonio-Chronowska et al., 2019; DeBeyer et al., 2017; Karch et al., 2019; Kaserman et al., 2020; Kilpinen et al., 2017; Panopoulos et al., 2017; Park et al., 2017; Rouhani et al., 2014). Larger-scale comparative and effective disease modeling, drug discovery and evaluation, and genotype-phenotype association studies suffer from the limited availability and inclusion of hiPSC lines from clinically screened, healthy individuals of various racial and ethnic backgrounds and age. Here, as part of the NIH-Common Fund Library of Integrated Network-Based Cellular Signatures (LINCS) program (Keenan et al., 2018), we report the creation of a hiPSC library from 40 selected individuals of diverse racial/ethnic backgrounds and ages who passed a rigorous clinical health evaluation. We provide the clinical characteristics of each of the participants from whom hiPSCs were derived, cytogenetics reports, short tandem repeat (STR) authentication, and pluripotency analyses for all 40 hiPSC lines, as well as whole-genome sequencing data, genomic ancestry determination, and mendelian disease gene and risk assessment.

Several studies have suggested an impact of donor cell source, cellular heterogeneity of established hiPSCs, as well as sex on cellular differentiation and physiological behavior (D’Antonio-Chronowska et al., 2019; Hu et al., 2016; Pianezzi et al., 2020; Sanchez-Freire et al., 2014). Variability in measured physiological parameters might be affected by the lack of cellular homogeneity in differentiated hiPSCs. It remains unclear, however, whether cells differentiated from multiple hiPSC clones from the same healthy subject will behave physiologically the same. Therefore, we studied the characteristics of ventricular and atrial cardiomyocytes (CMs) differentiated from independent hiPSC clones from the same individual and from hiPSC clones from different individuals.

In summary, our diverse hiPSCs library from 40 clinically well-characterized healthy human individuals contributes a valuable resource to the scientific community for a broad variety of biomedical and pharmacological research.

RESULTS

Recruitment, health evaluation, and characterization of individuals in the Mount Sinai library of hiPSC lines derived from diverse, clinically healthy subjects

Potential healthy volunteers were recruited through Institutional Review Board (IRB)-approved advertisements, and were pre-screened for potential inclusion in the study. Ninety-six men and women who satisfied the initial pre-screening consented (documents S1 and S2), and their sex, age, and race/ethnicity were recorded through an enrollment questionnaire (Figure 1A). Eighty-five underwent a formal and thorough evaluation by a screening study physician. Formal screening involved a full medical history; measurement of weight, height, waist and hip circumference, heart rate, blood pressure, respiratory rate, and oxygen saturation; a physical examination; and an electrocardiogram (ECG). Blood was drawn for analysis of clinically relevant parameters. A pregnancy test was included for female participants. All blood draws and pregnancy tests were sent to a certified clinical laboratory for analysis. The more than 20 exclusion criteria included abnormal ECG, family history of any cardiovascular disorder excluding hypertension in any first- or second-degree relative at age <50 years, family history of non-ischemic cardiomyopathy in any first- or second-degree relative at any age, prior organ transplantation, HIV-positive status, history of myopathy, obesity, renal impairment, autoimmune disease, abnormal blood test results including brain natriuretic peptide, body mass index of ≥30 kg/m², lifetime smoking of >2 pack-years, or abnormality on physical examination. Data were entered onto a clinical report form (document S3) and a final assessment of study eligibility was then made by consensus of two senior study physicians (J.C.K. and D.T.) and the screening study physician. If eligibility was approved, the subject then underwent skin biopsy and formally became one of the included study subjects. Of the 85 subjects who were screened, 42 (48.3%) were deemed eligible for final inclusion. Reasons for a screened subject’s exclusion from further participation are summarized in Figure 1B. Of the 42 eligible individuals, a skin biopsy was scheduled and performed on 40. Table S1 lists their clinical parameters. The 40 healthy male (22) and female (18) individuals ranged in age from 22 to 61 years.

These observations demonstrate that an inclusive health evaluation and strict selection criteria will produce more stringent definition of health status than simply relying on a participant’s self-declaration or medical history.
Figure 1. Description of subject selection for the Mount Sinai clinically healthy hiPSC library

(A) Flow chart for subject selection and hiPSC generation and characterization. See Table S1 for the summary characterizations performed for all 40 selected, clinically healthy subjects and derived hiPSCs.

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**Generation, authentication, and characterization of hiPSC clones**

We derived fibroblast lines from skin biopsy samples taken from the 40 eligible healthy subjects. We used integration-free reprogramming (mRNA with microRNA boost [R], Warren et al., 2010; and/or Sendai virus [S], Fusaki et al., 2009) to generate hiPSCs and establish multiple clones from all 40 fibroblast lines. Our present resource consists of one hiPSC clone per individual plus two additional clones each for two hiPSC lines (Table S2). All data, as well as linked associated metadata, can also be found on the searchable LINCS data portal (Koleti et al., 2018; Statthias et al., 2020). All hiPSCs in our library match the karyotype of the parental fibroblast line. In all cases except one, the karyotype was normal (Figure 2A; Table S3). The abnormal karyotype, a t(1;17)(p34;q23) translocation, was observed for MSN24. We analyzed the karyotypes of five independent MSN24 hiPSC clones. All carried the t(1;17)(p34;q23) translocation. It is not uncommon that a karyotype is abnormal (International Stem Cell Initiative et al., 2011; Mayshar et al., 2010; Peterson and Loring, 2014; Taapken et al., 2011); however, a frequency of 100% abnormal hiPSC clones is very unusual. Thus, we karyotyped the parental fibroblasts. Surprisingly, the parental fibroblasts already carried this abnormality. Hence, this may represent a case of a healthy individual who is the carrier of a balanced translocation for which no report exists. Of 84 hiPSC clones we karyotyped, 26 (in addition to the five analyzed MSN24 hiPSC clones) showed an abnormal karyotype (31%). This is consistent with published reports of abnormal karyotypes in up to one-third of derived human embryonic stem cells (ESCs) and hiPSCs (International Stem Cell Initiative et al., 2011; Mayshar et al., 2010; Peterson and Loring, 2014; Taapken et al., 2011). All hiPSC clones in our library are negative for Sendai virus (Tables S2 and S4) and are authenticated by STR analysis to match the profile of their respective parental fibroblast line (STR table available at dbGaP under accession dbGaP: phs002088.v2.p1). This is an important and necessary quality control measure to ensure the origin and authenticity of the derived hiPSC clones.

One karyotypically normal (with the exception of MSN24) and authenticated hiPSC clone generated from each of the 40 clinically healthy individuals was further characterized by immunocytochemistry for expression of NANO-G, OCT4, SOX2, TRA-1-60, and SSEA4 (Figures 2B and S1). We also conducted a PluriTest assay based on RNA sequencing (RNA-seq) (Table S4) (Papopoulos et al., 2017) as an additional measure of the pluripotent status (Figures 2C and S2; Table S4). We included the pluripotency and novelty scores retrieved from fibroblasts of 66 individuals (Hagai et al., 2018), from which Kilpinen et al. (2017) derived hiPSC lines, as comparative reference. We next compared the gene expression profiles of the 40 hiPSC lines with 77 randomly chosen hiPSC lines described by Kilpinen and colleagues as well as these same 66 human fibroblast lines. Pairwise Pearson correlation and principal component analysis (PCA) demonstrate that the two sets of hiPSC lines are similar to each other and very distinct from the profiles of the fibroblast lines (Figure 3; Tables S5A–SSC). Lastly, we assessed pluripotency of a selection of hiPSC lines/clones by in vitro tri-lineage differentiation (Figure S3). All assayed hiPSC lines/clones differentiated efficiently to cells representing (neuro)ectoderm (NESTIN*), endoderm (SOX17*) and mesoderm (BRACHYURY*) demonstrating their pluripotency.

**Clinically healthy individuals can be carriers of genetic variants with disease risks**

Although all 40 individuals represented in the hiPSC library were determined to be clinically healthy, we next assessed whether they carry potential genetic disease risks. To assess this, we interrogated the whole-genome sequenc ing information from all 40 hiPSC lines (Table S6). This analysis provided confirmation of the authenticity of the hiPSC lines. In addition, it reflected the diverse nature of the subjects’ racial and ethnic backgrounds. The selected individuals have origins in East Africa, West Africa, East Asia, the central India subcontinent, the southern India subcontinent, eastern Mediterranean, northeast Europe, northern and central Europe, southwest Europe, and the Anatolia/Caucasus/Iranian Plateau region.

These data support our conclusion that we established a gender-balanced, racially/ethnically diverse library of well-characterized hiPSCs from 40 clinically healthy individuals who range in age from 22 to 61 years.

See also Tables S1–S7.
Figure 2. Characterization of two representative hiPSC lines/clones
(A) G-banded karyotypes for female hiPSC clone MSN07-07S and male hiPSC clone MS34-05S. See Table S3 for the cytogenetics of all 40 fibroblast lines and one associated derived hiPSC clone.
(B) Immunocytochemistry of pluripotency markers, NANOG, OCT4, SOX2, TRA-1-60, and SSEA4 in representative hiPSC clones, MSN07-07S and MS34-05S. DAPI is used to stain nuclei. Bar, 400 μm. See Figure S1 for the immunocytochemistry of one representative hiPSC clone derived from each of the 40 fibroblast lines.
(C) PluriTest summary plot of RNA-seq-based transcriptomic analyses performed in duplicate for one hiPSC clone per clinically healthy individual (colored circles). As a reference, the PluriTest results of transcriptomic data of fibroblasts from 66 individuals (Hagai et al., 2018) are plotted in black/gray. See Figure S2 for the PluriTest plots of one representative hiPSC clone derived from each of the 40 fibroblast lines. See also Figures S1–S3 and Tables S2–S4.
with defined assertion criteria were annotated using Anno-
var. For nine individuals (22.5%), zero pathogenic or likely pathogenic variants were detected. Two subjects (5%) car-
ried one likely pathogenic variant, seven individuals (17.5%) carried one to two pathogenic variants, three sub-
jects (7.5%) carried one pathogenic/likely pathogenic variant, and 19 (47.5%) were carriers of a combination of pathogenic and/or likely pathogenic and/or pathogenic/likely pathogenic variants (Table S7). The maximum of pathogenic and/or likely pathogenic variants per subjects detected was six. Variants were reviewed by a board-certified medical geneticist (S.I.B.). Variants associated with domi-
nant diseases are noted in Figure 4A. These variants are consistent with the history of coming from a healthy adult as they can result in mild common phenotypes or disorders with later onset and incomplete penetrance. These findings highlight that clinically well-characterized healthy human individuals can harbor genetic variants with disease risks, a fact that may not be surprising but should to be considered when using control hiPSCs, including those from our li-
brary, as controls in specific disease modeling and/or drug evaluation/toxicity studies where certain variants might affect the results and their interpretation.

**hiPSC gene signature is independent of age or sex of individuals from whom hiPSCs are derived**

To assess whether age or sex of included individuals could segregate derived hiPSC lines based on global gene expres-
sion, we determined pairwise correlations between bulk mRNA sequencing raw read counts of duplicate samples of all 40 lines followed by hierarchical clustering. The re-
sulting dendrogram shows a high similarity both between duplicate samples and across the 40 lines (Figure 4B). Similar to pluripotency marker expression (Figures 2B and S1) and PluriTest scores (Figures 2C and S2), we observed no significant influence of age or sex on global gene expres-
sion. These results indicate that global gene expression, within the wide age range we studied, is independent of age and sex of clinically well-characterized healthy human subjects from whom hiPSC lines are derived.

**Similar functional characteristics of CMs derived from multiple hiPSC lines**

A recent report determined that that sex affects cardiac ven-
tricular and atrial differentiation outcomes, whereas in-
herited genetic variation does not (D’Antonio-Chronowska et al., 2019). It remains unknown, however, whether hiPSCs derived from different healthy individuals will exhibit comparable molecular and physiological characteristics when differentiated using similar protocols. We sought to answer this question by performing both molecular and physiological analysis on CMs. For this, we differ-
etiated several age-matched, male and female hiPSC lines into cardiac mesoderm (kinase insert domain receptor [KDR]+/platelet-derived growth factor receptor alpha [PDGFRα]+) and ventricular CMs (signal regulatory protein alpha [SIRPA]+/CD90+) (Dubois et al., 2011; Kattman et al., 2011) followed by purification using metabolic selection.
The vast majority of cells in our differentiation cultures post selection were beating. We then measured calcium transients and compared several features between the different hiPSC lines (Figure S4A; Table S8A). We also conducted bulk and single-cell RNA-seq experiments to interrogate global transcriptomes at the population and single-cell levels (Figures S4B–S4G). High-level comparisons of both the physiological and RNA-seq data failed to reveal obvious differences between CMs differentiated from the various hiPSC lines (Figures S4A–S4G) aside from some heterogeneity in relative cluster distribution (Figures S4D and S4E).

For more in-depth comparison, we also performed experiments in CMs differentiated from multiple hiPSC clones from two individuals. We differentiated three independent, karyotypically normal hiPSC clones derived from two age-matched males into atrial and ventricular cardiac mesoderm (KDR+/PDGFRA+) and CMs (SIRPA+/CD90+/CD105-)(Devalla et al., 2015; Dubois et al., 2011; Kattman et al., 2011; Lee et al., 2017; Zhang et al., 2011)(Figure 5). As expected, we observed some variability in the differentiation efficiency between both experimental replicates (separate differentiations) and between the two hiPSC lines, both for cardiac mesoderm and differentiated CMs (Figure 5). Similar variability was present in both atrial and ventricular differentiations. We again measured intracellular calcium waveforms in preparations purified by metabolic selection (Tohyama et al., 2013)(Figure 6; Table S8B). As expected, atrial preparations tended to exhibit shorter calcium waveforms and faster beating rates than ventricular preparations (Figure 6A). We quantified various metrics (see supplemental experimental procedures) and performed PCA on the collected results (Figure 6B; Table S8B). The results suggest that clear differences in physiological metrics can be seen between atrial and ventricular preparations, but not between cells from the two donors, or between the different clones tested. An examination of selected metrics (beating rate and calcium transient duration) is consistent with this impression, as significant differences were observed between atrial and ventricular cells, but were difficult to detect between donors or between clones (Figures 6C–6E). Overall, these results suggest that CMs differentiated from hiPSCs originally derived from different clinically healthy individuals, or independent clones from the same individual, exhibit similar characteristics, at least when differentiated under well-controlled conditions.

**DISCUSSION**

Previous efforts to create hiPSC libraries have focused on diseases and associated controls that included unaffected...
relatives or non-related individuals, self-declared healthy subjects, or persons with no medical disease record (Carcamo-Orive et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017; Park et al., 2017; Streeter et al., 2017). To our knowledge, no gender-balanced, racially/ethnically diverse hiPSC library of well-characterized, clinically screened, healthy individuals exists. We have created such a library consisting of well-characterized hiPSC lines that were established using integration-free reprogramming methods from 40 healthy male and female individuals of diverse racial/ethnic backgrounds who passed a rigorous health evaluation. As was done for other studies that generated control hiPSCs (Carcamo-Orive et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017; Park et al., 2017; Streeter et al., 2017), our subjects had to complete a health questionnaire and had their medical histories evaluated. However, and in contrast to these other studies, the individuals who were selected for a skin biopsy in our study underwent a detailed health screen conducted by an internal medicine physician, and their results were evaluated by a three-member clinical panel. This screen included the measurement of general parameters, analysis of clinically
Figure 6. Calcium transient analysis of hiPSC-derived CMs from two racially/ethnically distinct, age-matched males
(A) Representative calcium transient analysis traces of ventricular (red trace) and atrial (blue trace) hiPSC-derived CMs. hiPSC-CMs were lactate purified at day 20 of differentiation and analyzed at day 30 of differentiation.
(B) PCA of multiple features measured from calcium transients recorded from atrial (blue) and ventricular (red) cell types differentiated from independent hiPSC clones established from each of two racially/ethnically distinct, male, clinically healthy subjects (MSN14, orange; MSN25, blue) at day 30 of differentiation after lactate selection at day 20. The data are accrued from two to three independent differentiations for each hiPSC line and clone.

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relevant parameters present in the blood, a physical examination of the respiratory and gastrointestinal/abdominal systems, a neurological examination, and a cardiac examination, including an ECG.

While all our hiPSC lines were distinct from human fibroblast lines in the RNA-seq-based PluriTest assay (Figures 2D and S2), pluripotency and novelty scores of certain hiPSC lines and even of certain duplicate samples (Table S4) were inexplicably different and beyond the threshold set by Panopoulos et al. (2017), who first applied the RNA-seq-based PluriTest. However, comparative whole-transcriptome analysis of the 40 hiPSC lines with 77 randomly chosen hiPSC lines (Kilpinen et al., 2017) and 66 human fibroblast lines (Hagai et al., 2018) and PCA clearly showed that the two sets of hiPSC lines are similar to each other and very distinct from the fibroblasts (Figure 3). This finding together with expression of five pluripotency markers for all hiPSC lines and clones (Figures 2 and S1) and demonstrated in vitro tri-lineage differentiation potential of a selection of lines/clones (Figure S3) provides confidence in the pluripotency of our hiPSC library.

It is well established that race and ethnicity, which are used as a way of categorizing people of shared ancestry and physical traits (Sankar et al., 2004), as well as sex (Soldin and Mattison, 2009), are contributing factors to interindividual differences in drug exposure and/or response (Ramamoorthy et al., 2015; Wilson et al., 2001). These are important factors to consider during drug development and evaluation of drug responses as they imply diverse risk-benefit ratios in specific populations. Therefore, any hiPSC library, if it is not a library of lines derived from individuals with a disorder that is preferentially associated with a particular racial/ethnic group, should be gender balanced and racially/ethnically diverse. Our hiPSC library with 18 females and 22 males fulfills these criteria.

While our hiPSC library was derived from well-characterized clinically healthy individuals, whole-genome sequencing analysis revealed that several individuals were carriers of genetic variants associated with recessive and dominant pathogenic disease risk. This is important and useful information, particularly when using the lines as controls for modeling a particular disease/disorder, or for evaluating the response to drugs. Several expression quantitative trait loci (eQTL) hiPSC studies have shown that genetic variations account for many gene expression differences between lines (Carcamo-Orive et al., 2017; De-Boever et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017; Rouhani et al., 2014). While we did not investigate eQTL on global gene expression in hiPSCs, we found that age and sex had no impact (Figure 4B). This is in agreement with Kilpinen et al. (2017), who showed that neither sex nor cell passage number substantially influenced gene and protein expression.

If hiPSCs from healthy individuals were to be used as controls for any study, then ideally the molecular and physiological functions of differentiated cells should be similar. We tested this possibility using multiple age-matched, male and female hiPSC lines differentiated into CMs. Physiological function and molecular profiles were assessed using calcium transient measurements and RNA-seq, respectively. Although small differences between groups could be seen when dozens of samples from each hiPSC line were assessed (e.g., Figure S4), which might be attributed to differences in proportions of cell sub-populations, there was always substantial overlap between the lines in all the measurements performed.

Detailed analyses of three independent clones each from two hiPSC lines under conditions where the atrial and ventricular CMs showed clearly observable differences did not reveal significant differences between either the independent clones or between the two lines (Figures 4 and S). This may have practical and financial implications, especially for large-scale studies, where use of a single hiPSC clone per subject rather than multiple clones would curtail costs and reduce potential technical variability. Although our observations suggest that there are unlikely to be large differences between multiple hiPSC lines from healthy individuals, the general applicability and drawing firm generalized conclusions will require studies with tens or hundreds of independent hiPSC lines conducted under standardized conditions. Additionally, these conclusions from CMs may not be applicable to other cell types or organoids.

The possibility of differences between lines should be considered when planning to test drug responses across

(C) Comparison of calcium transient duration (left) and beat frequency (right) between VCM (light gray) and ACM (dark gray) differentiated from three hiPSC clones derived from two patients (MSN14, orange; MSN25, blue). The data are accrued from two to three independent differentiations. *p ≤ 0.01 from unpaired Mann-Whitney test.

(D) Comparison of calcium transient duration and frequency between two patient lines (MSN14 and MSN25) for atrial cells alone. The data are accrued from two to three independent differentiations for each hiPSC line/clone. *p ≤ 0.01 from unpaired Mann-Whitney test was considered significant; n.s. (p > 0.01), non-significant.

(E) Comparison of calcium transient duration and frequency between two patient lines from ventricular cells alone. The data are accrued from two to three independent differentiations for each hiPSC line/clone. *p ≤ 0.01 from unpaired Mann-Whitney test; n.s. (p > 0.01), non-significant.

See also Figure S4 and Table S8.
cell types differentiated from hiPSCs derived from a range of racially/ethnically diverse, clinically well-characterized healthy male and female individuals. One could potentially expect different responses to the drugs investigated based on racial/ethnic background as well as genetic variants (pharmacogenomics). In this context, it is noteworthy that a recent drug screening report of 10 control human pluripotent stem cell lines in an engineered heart tissue format found that, while there was great variability in baseline contractile parameters across the different lines, the variability appeared less relevant for drug screening (Mannhardt et al., 2020). A number of constraints precluded us from testing every hiPSC line in our library for each of the conditions and assays. Hence, further studies will be required to unequivocally establish all of the conclusions of this study. These limitations notwithstanding, we provide a gender-balanced, racially/ethnically diverse library of hiPSCs from 40 clinically well-characterized healthy human individuals ranging in age from 22 to 61 years. The library is accompanied by comprehensive quality control characterization of karyotype, STR-matching to each individual (authentication), pluripotency analysis, whole-genome sequencing, ancestry determination, and disease gene and risk analysis. This hiPSC library can be useful to investigators looking for appropriate controls to study normal human development or to investigate drug responses or specific diseases.

EXPERIMENTAL PROCEDURES

Subject recruitment and health screening

Subjects of diverse racial/ethnic background (as per NIH standards described in NOT-OD-15-089) were recruited and consented under Mount Sinai Institutional Review Board-approved protocol (HS#14-00530) (documents S1 and S2). Consented subjects were evaluated for their health status at the Mount Sinai Clinical Research Unit by internal medicine physicians. Screen involved completion of a health questionnaire, clinical history, and measurement of weight, height, waist and hip circumference, heart rate, blood pressure, respiratory rate, and oxygen saturation. Blood was drawn for determination of glucose levels was not limited to a specific state [fasting/non-fasting] or supplemented with 2 mM L-glutamine, 2 mM sodium pyruvate (all from Thermo Fisher Scientific), and 100 μM 2-mercaptoethanol (MP Biomedicals, Cat# 19470S) in a humidified incubator at 5% CO₂, 37°C. Fibroblasts were harvested using TrypLE Express (Thermo Fisher Scientific, Cat# 12605010) and passaged at a 1:4 split ratio. Fibroblast lines were cryopreserved in 40% DMEM, 50% FBS and 10% DMSO (Millipore Sigma, Cat# D2438).

Biopsy punch, derivation, and culture of fibroblasts

Our detailed standard operating procedure (SOP) can be found in supplementary experimental procedures. Briefly, a skin sample was taken from each of the 40 clinically healthy subjects using a 3-mm sterile disposable biopsy punch (Integra Miltex, catalog number [Cat#] 98PUN3-11) after a second visit at the Clinical Research Unit. Each sample was cut into pieces and placed into gelatin-coated dishes in DMEM, 20% FBS, penicillin/streptomycin, non-essential amino acids, 2 mM L-glutamine, 2 mM sodium pyruvate (all from Thermo Fisher Scientific), and 100 μM 2-mercaptoethanol (MP Biomedicals, Cat# 19470S) in a humidified incubator at 5% CO₂, 37°C. Fibroblasts were harvested using TrypLE Express (Thermo Fisher Scientific, Cat# 12605010) and passed at a 1:4 split ratio. Fibroblast lines were cryopreserved in 40% DMEM, 50% FBS and 10% DMSO (Millipore Sigma, Cat# D2438).

Reprogramming fibroblasts to hiPSCs

Mycoplasma-free fibroblasts at passage number 3–5 were reprogrammed using the mRNA reprogramming kit (Stemgent, Cat # 00-0071) in combination with the microRNA Booster Kit (Stemgent, Cat# 00-0073) and/or the CytoTune-iPS 2.0 Sendai Reprogramming Kit (Thermo Fisher Scientific, Cat# A16517) according to our SOPs (see supplementary experimental procedures).

Human iPSC culture

Human iPSCs were cultured on Matrigel (Corning, Cat# 254248)-coated plates in mTeSR (STEMCELL Technologies, Cat# 05850) in a humidified incubator at 5% CO₂, 37°C. Cells were passaged using ReLeSR (STEMCELL Technologies, Cat# 05872) according to the manufacturer’s instructions and grown for 16–24 h in mTeSR supplemented with 2 μM Thiazovivin (Millipore Sigma, Cat# 420220).

Human iPSC-CM differentiation

Human iPSCs were maintained in E8 medium and passaged every 4 days onto Matrigel-coated plates before differentiation. On day 0 (start of differentiation), hiPSCs were treated with 1 mg/mL Collagenase B (Roche, Cat# 11088807001) for 1 h, or until cells dissociated from plates, to generate embryoid bodies (EBs). Cells were collected and centrifuged at 300 relative centrifugal force (rcf) for 3 min, and resuspended as small clusters of 50–100 cells by gentle pipetting in CM differentiation medium composed of RPMI 1640 (Thermo Fisher Scientific, Cat# 11875085) containing...
Lactate metabolic selection
EBs were dissociated on day 20 of CM differentiation and replated on Matrigel-coated six-well plates at 1 × 10⁶ cells/well in CM differentiation medium supplemented with 1 μM Thiazovolin (Millipore Sigma, Cat# 420220). Medium was removed the following day and replaced with CM differentiation medium. After 3 days, CM differentiation medium was replaced with lactate medium (stock solution, 1 M lactate, 1 M Na-HEPES in distilled water; working solution, 4 mM lactate in DMEM, no glucose) for 4 days. From days 5–8, lactate medium was titrated down in the following lactate to CM differentiation medium ratios: day 5: 3:1; day 6, 1:1; day 7: 1:3; day 8, 0:4 (Tohyama et al., 2013).

Data and software availability
All hiPSC RNA-seq data files have been deposited at the Gene Expression Omnibus (GEO) under accession number GEO: GSE156384. The bulk and single-cell RNA-seq data files of CMs differentiated from hiPSCs were deposited at GEO under accession numbers GEO: GSE174773 and GEO: GSE175761, respectively. The whole-genome sequencing data, enhanced carrier screen vcf files, subjects’ clinical examination parameters, and STR data have been deposited at the Database of Genotypes and Phenotypes (dbGaP) under accession number dbGaP: phs002088.v2.p1. These data are restricted to requestors from not-for-profit organizations and are available through controlled access requiring provision of the requestor’s local IRB approval documentation as required by the Genomic Data Sharing (GDS) Extramural Institutional Certification agreement between Mount Sinai and NIH (NHGRI). Requesters must agree to make any results of studies using these data available to the larger scientific community.

SUPPLEMENTAL INFORMATION
Supplemental information can be found online at https://doi.org/10.1016/j.stemcr.2021.10.005.

AUTHOR CONTRIBUTIONS
C.S. recruited, enrolled, scheduled health evaluations and biopsies, and de-identified and coded samples. C.L., K.M., N.T., and H.W. conducted clinical health evaluations and biopsies. J.C.K. conceived the clinical health evaluation. D.T. and J.C.K. supervised clinical health evaluations, assessed clinical data, and made final determination on health pass/fail decisions. A.S.Y. performed clinical health data extraction, processing, and analysis. C.S., P.D., and T.R. established fibroblast lines. C.S., P.D., T.R., B.H., and S.L.D. generated hiPSCs. B.H. performed the tri-lineage differentiation. P.D., D.M.G., and N.C.D. differentiated hiPSCs to CMs and performed the physiology experiments. D.M.G., R.D., E.A.S., and N.C.D. analyzed the physiology experiments. C.S., P.D., T.R., and G.J. performed immunostaining and imaging. B.H. and G.J. generated CMs using these data available to the larger scientific community.

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