Combining Seed Dressing and Foliar Applications of Phosphorus Fertilizer Can Give Similar Crop Growth and Yield Benefits to Soil Applications Together With Greater Recovery Rates

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Phosphorus (P) fertilizers have a dramatic effect on agricultural productivity, but conventional methods of application result in only limited recovery of the applied P. Given the increasing volatility in rock phosphate prices, more efficient strategies for P fertilizer use would be of economic and environmental benefit in the drive for sustainable intensification. This study used a combination of controlled-environment experiments and radioisotopic labeling to investigate the fertilizer use efficiency of a combination of seed (grain) dressing and foliar applications of P to spring wheat (Triticum aestivum L.). Radioisotopic labeling showed that the application of foliar P in the presence of photosynthetic light substantially increased both P-uptake into the leaf and P-mobilization within the plant, especially when an adjuvant was used. When compared with soil application of inorganic P buried into the rooting zone, a combination of a 3 µmol seed dressing and three successive 46.3 µmol plant−1 foliar applications were far more efficient at providing P fertilization benefits in P-limiting conditions. We conclude that a combination of seed dressing and foliar applications of P is potentially a better alternative to conventional soil-based application, offering greater efficiency in use of applied P both in terms of P-uptake rate and grain yield. Further work is required to evaluate whether these results can be obtained under a range of field conditions.

Keywords: crop nutrition, foliar feeding, food security, integrated nutrient management, precision agriculture, fertilizer management, phosphorus use efficiency (PUE)
INTRODUCTION

Due to its low mobility in soil phosphorus (P) availability to plants is often limited, with corresponding constraints upon growth and yield. Low P availability can also negatively affect root growth (Drew, 1975; Li et al., 2020), with concurrent consequences for the acquisition of water and other nutrients (Takahashi and Anwar, 2007). Agriculture has compensated for this by applying high quantities of soluble inorganic P fertilizers, which has produced a significant positive effect on agricultural productivity, but often results in a negative effect on environmental quality (Zhang et al., 2015; Withers et al., 2020). This is particularly prevalent in wheat production systems where over fertilization of the soil leads to excessive P losses to surface and groundwater via surface run-off and leaching (Dodd and Sharpley, 2015). Strategies are therefore needed to use P fertilizer more efficiently in wheat cropping systems and to retain P in the soil after removal of the crop, for example, through the use of cover crops and residue management (Liu et al., 2019).

Conventional P-fertilizer strategies aim to maintain high levels of plant-available P in soil, ensuring that P does not become limiting during crop growth and development (Tunney et al., 1997; Moody, 2007; Valkama et al., 2011). This entails the application of the entire predicted plant P-offtake in a single dose before sowing to ensure that the soil P content is maintained above critical levels during all stages of crop growth (Syers et al., 2008). However, due in part to the ability of crop plants to acquire native and residual soil P, less than half of the applied fertilizer P is typically acquired by the current season’s crop (Wang et al., 2016). The remainder is either immobilized in the soil (Stutter et al., 2012) or lost to the environment through leaching or run-off (Withers et al., 2001a, 2014). Whilst rock P prices remained low this inefficiency was not a significant issue for agriculture, however, with rock P prices both increasing and becoming far more volatile in recent years, this current approach to P fertilizer use appears to be unsustainable (Lyon et al., 2020). An alternative strategy of targeted P-fertilization has been proposed, whereby smaller quantities of P are applied with greater precision to meet crop demand (Simpson et al., 2011; Withers et al., 2014). Maximizing the recovery of residual or legacy soil P also helps to reduce the losses both to the soil and watercourses, thus improving the financial efficiency of the process, while reducing the risk of pollution.

One method of P fertilization that has exhibited potentially large gains in recovery of applied P within the crop over conventional soil fertilization is direct application to the leaf (Silberstein and Wittwer, 1951; Bindraban et al., 2020). The temporal flexibility of foliar P application relative to incorporating or placing P in the soil at the time of sowing offers the potential for P to be more accurately matched to the plant’s increasing demand for P later in the growing season (Sutton et al., 1983; Allison et al., 2002). The benefits of foliar feeding, however, remain controversial, especially in terms of its impact on final grain yield (McBeath et al., 2020).

Foliar applied P is proposed to enter the leaf through direct stomatal penetration and through cuticular pores, although opinion differs as to their relative contributions (Noack et al., 2010). Stomatal entry requires that plant water status and atmospheric conditions maintain stomatal opening, but potentially promoted rapid P uptake. Movement though cuticular pores is a more complex process, with aqueous pores of <1 nm diameter formed around trichomes and cuticular ledges allowing the limited exchange of water and dissolved salts the environment (Schönherr, 2006). This process is far slower than stomatal penetration (Schönherr, 2006; Xie et al., 2020). The formulation of the foliar P product (especially pH, counter-ion, and adjuvant content) also has a major effect on its rate of uptake into the plant. Low solution pH increases the potential uptake rate achievable by reducing ionization of the orthophosphate molecule (pKa1 2.12; pKa2 7.21; pKa3 12.67), thus increasing its capacity to penetrate the leaf (Bouma, 1969). The identity of the cation used as the counter-ion to the P form has been suggested to affect the P uptake potential by altering the ability of the formulation to retain moisture (Koontz and Biddulph, 1957). Increasing the amount of time that the P is in solution on the leaf surface has been considered key to improving the rate of P uptake by changes in formulation of foliar P fertilizers (Koontz and Biddulph, 1957; Fernández and Brown, 2013). The major strategy for this has been the use of different types of adjuvants to increase the spread of droplets and increase retention of moisture; they may also have the benefit of increasing the permeability of the cuticle to P (Holloway, 1994). While these adjuvants have been shown to greatly increase foliar uptake of P, their phytotoxicity in high concentrations means care is required for their optimal use (Stein and Storey, 1986; Appah et al., 2020).

Having entered the leaf, foliar applied P is mobile throughout the plant, albeit to a lesser extent than that taken up by roots (Bastani and Hajiboland, 2017). Typically 30–40% translocated from the leaf to which it was applied (Barrier and Loomis, 1957; Koontz and Biddulph, 1957). Of particular importance is the translocation of foliar applied P to the meristematic tissues in both shoots and roots where high levels of nutrient consumption are essential for continued growth and development of the plant (Gordon-Weeks et al., 2003).

One difficulty in applying sufficient foliar P to satisfy plant demand is that all crop species are limited in the amount that can be applied in a single dose without scorching the leaf. This can reduce the plant’s photosynthetic capacity and has particularly serious consequences in early growth stages (Gray, 1977; Barel and Black, 1979a,b; Noack et al., 2010). Winter wheat grown without any soil P-fertilizer has been shown to have optimum foliar dose rates of 2 kg ha−1 P at GS32 (stem elongation), and 4 kg ha−1 P at GS39 (flag leaf emerged), with foliar fertilization above these rates found to cause crop yield to decline to untreated control levels (Mosal et al., 2006). The benefit of repeated foliar applications of small amounts of P has also been demonstrated in other crops (Sohair et al., 2018).

Another major reason for past reluctance to use foliar P as a replacement for soil-applied P has been its failure, at the dosages used, to supply sufficient P at early growth stages to maximize a crop’s yield potential. Such early supply of P to a crop has been shown to be essential to maximize both early growth and final yield (Grant et al., 2001). This negative effect can be compounded by low surface cover of the crop during early growth leading to a
large proportion of applied foliar P falling straight onto the soil surface (Noack et al., 2010).

An approach to P that specifically addresses the need to supply P for early growth is the application of small quantities of P to the seed (grain) surface prior to sowing. This P is released very close to the developing root system, thus maximizing the capture of the applied P by the plant. However, the seed surface can only be coated with limited quantities of P, meaning that such treatments have not always been shown to be beneficial to final yields (Peske et al., 2009; Valluru et al., 2010). Greater success has been found by combining seed treatment with other, more substantial P application methods (e.g., conventional soil-based P fertilization). The application to the seed surface disproportionately reduces the plant’s requirement for additional P-fertilizer and so significantly improves the overall efficiency of use (Sekiya and Yano, 2009).

The primary aim of this study was to evaluate whether P-fertilizer recovery and crop yield could be improved by replacing conventional soil-fertilizer use with a combined fertilization strategy that uses early and later growth stage P application, with minimum fertilizer contact with the soil: a combination of seed dressing and foliar application. Our second aim was to investigate the optimal timing and dose of seed dressing and foliar applications to maximize its contribution to plant P uptake.

MATERIALS AND METHODS

Seed Dressing of P Fertilizer

For the seed dressing trial, wheat (Triticum aestivum L., cv. Paragon; bread wheat) was grown in 8 cm diameter opaque pots filled with 300 g of sandy loam textured soil (Eutric Cambisol; FAO, 2015). The pots had aeration holes in the base. The soil was collected from the Henfaes Experimental Station, Aberystwyth, UK (53°14’21.3”N, 4°0’50.3”W; 10 m above sea level), and had a 0.5 M NaHCO₃ (pH 8.5) extractable P concentration (Olsen P) of 10 mg l⁻¹ (Olsen et al., 1954). This is a potentially limiting level of plant available P in the soil according to the current UK soil assessment system for arable crops (Index 1 classification; AHDB, 2019). The same soil and wheat variety was used for all trials. Further details of the soil chemical, biological and physical properties can be found in Sánchez-Rodríguez et al. (2018). Seed dressings were applied to the seed coat using a micro-pipette and then air dried at 20°C for 2 h before planting. For this experiment, seeds were dressed with varying quantities (1, 2, 3, or 4 µmol P seed⁻¹; 31–62 µg P seed⁻¹) of a commercial potassium phosphate seed dressing solution (OMEX Agriculture Ltd., Lincoln, UK). In total 1.6 µl was added to the surface of each seed. The amount of K in each treatment was kept constant by adding the corresponding amount of KCl (for each K₃PO₄ dose) so that each seed received 4.6 µmol K in total. Based on sowing density of 350 seeds m⁻² (HGCA, 2000), this equates to a P application dose of 0.43 kg P ha⁻¹. For the positive controls, the readily soluble P-fertilizers diammonium phosphate (DAP) or triple super phosphate (TSP) were applied at 885 µmol P per pot based on 35 kg P ha⁻¹ equivalent as per UK government recommendations for this soil (AHDB, 2019). The dose was scaled down to a 10 cm diameter circle to ensure standardization of fertilizer input per plant with the other experiments where the pot diameter was different (see below). This fertilizer was placed in the soil at 3 cm below the depth of the planted seeds, and offset from the seed laterally by 1 cm. Three seeds were planted in each pot at 1 cm depth, and at emergence two seedlings were removed to leave only the largest seedling per pot. The pots were kept in a climate-controlled glasshouse with artificial lighting (light intensity = 260 µmol m⁻² s⁻¹ PAR) set to 20°C and minimum 16 h day length. Soil water holding capacity was measured according to the saturation-drainage method of Verheijen et al. (2019). The pots were placed in a completely randomized design (n = 4) and maintained at 80% of their water holding capacity by weighing the pots three times a week (Mon, Wed, Fri), measuring the weight loss due to evaporation and transpiration and then replacing the water lost. To ensure that P was the only limiting macronutrient, the equivalent of 60 kg ha⁻¹ N (as NH₄NO₃) and 60 kg ha⁻¹ K₂O (as KCl) were applied in solution form to each pot at seedling emergence. Other nutrients were controlled by the weekly application of 10 ml of a modified Hoagland’s nutrient solution containing: 5 mM Ca; 3.87 mM Fe; 3.87 mM Mn; 2 mM SO₄; 320 nM Cu; 46.3 nM B; 500 µM Mo; 9.1 nM Mn; 18 µM Cl; 38.7 µM EDTA (Talboys et al., 2014). At 25 d after planting, the whole plant was extracted from the pot, and the root systems washed free from soil using a stainless steel mesh and a stream of deionised-water (Paudel et al., 2018). The soil-free root systems were then floated in water-filled transparent plastic trays, and scanned using a flatbed scanner (Perfection 4990 Photo; Epson Electronics America Inc., San Jose, CA, USA). The resulting image was processed using WinRhizo® software (Regent Instruments Inc., Chemin Ste-Foy, Quebec, Canada) to determine the length of seminal and lateral root for each plant. The boundary conditions used by the software were that roots ≥0.350 mm in diameter were classified as seminal roots, and <0.350 mm were classed as lateral roots (Heppell et al., 2014). The plants were then dried at 85°C overnight, weighed, and dry-ashed (550°C, 16 h). The residue was dissolved in 0.5 M HCl and then their P content determined using the ascorbate/molybdate blue method of Murphy and Riley (1962).

Foliar Application of Radioisotopically Labeled P Fertilizer

Wheat seedlings were grown in the same growth conditions as described above, but with no seed dressing. The pots were placed in a completely randomized design (n = 5). Once they had three leaves (GS13) they were laid horizontally with one leaf lightly affixed to a clean bench surface using electrical tape. A 16 mm² square was then marked out using petroleum jelly on either the underside or the top leaf surface. 3 µl of a commercial ammonium phosphate fertilizer (L6.62 M P; OMEX Agriculture Ltd.) labeled with 22.2 MBq m⁻¹ P (American Radiolabeled Chemicals Inc., St Louis, MO, USA) was then applied to the leaf surface, either mixed with 0.1% (v/v) of the adjuvant IA-500 (Interagro Ltd., Braintree, UK) or without, and left for 16 h with artificial illumination (light intensity =...
260 \mu mol m^{-2} s^{-1} \text{ PAR representative of a cloudy day in the UK summer). Experiments to assess the effect of daylight were conducted in the same manner, but all treatments had 0.1% (v/v) IA-500 and dark treatments were covered to eliminate the presence of light and the level of replication was \( n = 3 \). After 16 h, the seedlings were dried at 80°C and the \(^{33}\text{P}\) distribution in the plant imaged using a Cyclone Plus phosphor imaging system (Perkin-Elmer Inc., Waltham, MA, USA) with an exposure time of 15 min. The dried plants were then dry-ashed (550°C, 16 h), the residue dissolved in 0.5 M HCl and the \(^{33}\text{P}\) content of the resulting solution quantified using a Wallac 1404 scintillation counter (Perkin-Elmer Inc.).

**Effects of Seed and Foliar P Fertilization of Plants Grown to Maturity**

For an experiment in which wheat plants were grown to mature grain harvest, seeds were planted in either 11 cm diameter, 30 cm deep pots containing 3 kg of sandy loam textured soil (as described previously but with an Olsen \( P \)-value of 29 mg l\(^{-1}\); national Index 3; AHDB, 2019), or in 10 cm diameter pots, 8.5 cm deep pots containing 500 g of the original sandy loam soil (Olsen \( P 10 \text{ mg l}^{-1}\); national Index 1; AHDB, 2019). Based on the Olsen \( P \)-values and national guidelines (AHDB, 2019), these two experiments provided both extreme \( P \) limiting (500 g pots) and \( P \)-sufficient (3 kg pots) environmental conditions. For the seed dressing treatment, potassium phosphate (3.0 \( \mu \text{mol P seed}^{-1}\); OMEX Agriculture Ltd.) was applied to the seed coat as described above. In all other treatments, the seeds received KCl so that the addition of K was the same (3.45 \( \mu \text{mol K seed}^{-1}\)) for both the \( P \)-treated and \( P \)-untreated seeds. For the positive controls, diammonium phosphate (DAP) or triple super phosphate (TSP) was applied at 885 \( \mu \text{mol P per pot at a rate equivalent to 35 kg P ha}^{-1}\). The fertilizer addition and plant growth conditions are as described in section Seed Dressing of P Fertilizer. To ensure that \( P \) was the only limiting macronutrient, the equivalent of 60 kg ha\(^{-1}\) \( N \) (as \( \text{NH}_4\text{NO}_3\)) and 100 kg ha\(^{-1}\) \( K_2\text{O} \) (as KCl) was applied in liquid form to each pot at seedling emergence, with another 60 kg ha\(^{-1}\) \( N \) applied at the stem extension growth stage (GS30). Micronutrients were controlled by the weekly application of 10 ml of Hoagland’s solution as used in the seed dressing experiments detailed above. The pots were placed in a completely randomized design (\( n = 4 \)) and maintained on a self-watering bench with capillary matting to ensure that soil moisture was never limiting.

Foliar applications were performed at Zadoks growth stages GS13 (three leaf), GS31 (stem extension) and GS39 (flag leaf) (Zadoks et al., 1974). These applications were pipetted onto the leaves of each plant using a micro-pipette, and manually spread such that they covered as much leaf as possible. A spray was not used so that we could be certain that all the applied \( P \) dose remained on the surface of the leaves. Equal quantities were applied to the top and bottom of the leaf, and applications were conducted in the morning so that there was a minimum of 8 h of photosynthetic light directly afterwards to maximize initial uptake rates. Treatments were either the ammonium phosphate solution described above (OMEX Agriculture Ltd.) for the \( P \) treatments or an \( \text{NH}_4\text{Cl} \) solution control for all other plants to ensure equal application of foliar \( \text{NH}_4^+ \), both mixed with 0.1% (v/v) of the adjuvant IA-500 (Interagro Ltd.). Each dose consisted of 70 \( \mu \text{mol N plant}^{-1}\) and for the \( P \) treatments 46.3 \( \mu \text{mol P plant}^{-1}\) with the amount applied following commercial recommendations (Omex, 2020). Based on a final field establishment of 275 plants m\(^{-2}\) (HGCA, 2000), this equates to a \( P \) dose of 4 kg P ha\(^{-1}\). Once the grains had hardened, they were judged mature, and the entire aerial portion of each plant was harvested and the grain removed. The fresh weight of the grain yield and total biomass were then determined before drying at 85°C overnight. The dried tissue was then re-weighed, dry-ashed (550°C, 16 h), the residue dissolved in 0.5 M HCl and then their \( P \) content determined using the ascorbate/molybdate blue method of Murphy and Riley (1962). In the results section all mass values are quoted as dry weight.

**Statistical Analysis**

\( P \) recovery (% of \( P \) applied) was calculated as plant \( P \) content of the treated plants minus the average \( P \) content of the control (zero \( P \)) plants, divided by the amount of fertilizer \( P \) applied. All the growth and fertilizer experiments had a completely randomized design and replicated at \( n = 3 \) or greater. Statistical testing was performed using Student’s unpaired \( t \)-test in Microsoft Excel (Microsoft Corp., Redwood City, CA) or by one-way or two-way ANOVA with Tukey post-hoc pairwise comparisons using Minitab v17 (Minitab Inc., State College, PA). \( p < 0.05 \) was used as the cut-off value for statistical significance.

**RESULTS**

**Seed Dressing With \( P \) Is an Efficient Way to Promote Early Growth and Uptake**

Seed dressing with 2, 3, or 4 \( \mu \text{mol P per seed showed significant benefits in total P uptake by 25 d (of 59–108%) over control plants that had received no P addition (Figure 1A). For the 3 and 4 \( \mu \text{mol P dosages there was no significant difference in P uptake compared with plants grown in soil to which 885 \( \mu \text{mol P (35 kg P ha}^{-1}\) had been added in the form of TSP or DAP. Seed dressing at rates of 1, 3, and 4 \( \mu \text{mol P seed}^{-1}\) also produced significantly greater total lateral root length (by 52–79%) over no-\( P \) controls, although data for 2 \( \mu \text{mol P dosages were not significant (Figure 1B). All four seed treatment doses produced lateral root lengths that did not differ significantly from the soil DAP/TSP treatments (they ranged from 14 to 28% lower than the average of the TSP and DSP treatments). For seminal root lengths, only the soil DAP/TSP treatments produced significant increases over the controls. As a consequence of the much lower \( P \) doses per plant applied in the seed dressings than the soil application treatments, the rate of recovery of applied \( P \) was much greater in the seed coat treatments; it did not show a linear response with dose: 90% for 1 \( \mu \text{mol}, 207% \) for 2 \( \mu \text{mol}, 252% \) for 3 \( \mu \text{mol}, and 185% \) for 4 \( \mu \text{mol} \) (compared with 1.23% for TSP and 1.16% for DAP). These recovery rates suggest considerable soil immobilization of fertilizer \( P \) in the TSP and DAP treatments.**
Foliar P Entry is Enhanced by Adjuvant and Photosynthetic Activity

The amendment of the foliar P solution with the adjuvant IA-500 resulted in a significant increase in the rate at which P was capable of entering the plant through the top surface of the leaf for plants grown for 16 h in the light (Figure 2). There was, however, no significant difference in the entry rate of P applied to the leaf underside when using IA-500 compared to when it was absent. Grain yield in t ha$^{-1}$ was estimated by scaling up the pots to the field scale according to HGCA (2000).

Illumination of seedlings with 260 μmol m$^{-2}$ s$^{-1}$ PAR for 16 h, following application of foliar P formulations incorporating the adjuvant IA-500 to the leaf underside, significantly increased both the uptake of P through the lower leaf surface into the whole plant (Figure 3A), and the subsequent translocation of the applied P through the plant (Figures 3B,C), compared with seedlings incubated in the dark.

Combining Seed Dressing and Foliar Applications Can Replicate the P-Uptake and Grain Yield Achieved With Placed Soil Fertilization and Improve P Recovery

In the two pot experiments in which the wheat plants were grown to grain yield maturity, the use of the two forms of readily soluble, soil-applied P-fertilizers (TSP and DAP, respectively) at a rate equivalent to 35 kg P ha$^{-1}$ produced significant increases (by ≥79%) in total plant P uptake over the no-P addition controls (Figures 4A, 5A). In comparison to the control, an increase in P-uptake (by ≥104%) was also observed in both experiments when P seed dressings of 3 μmol seed$^{-1}$ were combined with three foliar applications of 46.3 μmol plant$^{-1}$; this treatment also produced uptake rates not significantly different from the soil applied P treatment in both experiments (Figures 4A, 5A).

In the experiment using a smaller soil volume (and less intrinsic soil P), there was also a significant increase (by 119%) in P uptake over the no-P controls for the treatment with the three foliar P applications without seed P dressing (Figure 4A), whereas this was not the case for the experiment using the larger soil volume with a greater soil P concentration (Figure 5A).

In the smaller soil volume, grain yield was significantly greater than the no-P controls for the treatments using soil applied P (TSP), seed dressing combined with three foliar applications and three foliar applications alone, respectively (Figure 4B). There were no significant differences in grain yield for any of the treatments in the larger soil volume. Applications of foliar P at a single growth stage produced no significant increases in P uptake or grain yield over the no-P controls in either experiment.

In both experiments, the recovery rate of P in the whole plant as a percentage of the amount of applied P was much greater (by ≥240%) in both the treatments with three foliar P applications alone and with seed dressing combined with the three foliar applications over the soil applied P treatments (Figures 4C, 5C).

In the smaller soil volume the seed dressing combined with three foliar applications treatment produced a significantly greater P recovery rate (by 87%) than the three foliar applications alone treatment, whereas this difference was not significant in the larger soil volume.

DISCUSSION

Evidence From $^{33}$P Labeling Allows Optimisation of Foliar P Application Strategy

Most previous studies on P foliar fertilizers have relied on increases in growth and leaf $^{31}$P content to measure the success of different foliar treatments. Using a combination of $^{31}$P and $^{33}$P isotopes, this study has provided direct evidence that the use of an adjuvant in foliar P formulations causes an increase in P uptake following application to the upper leaf surface, confirming its value for promoting P uptake rates into the leaf (Noack et al., 2010). We also showed that the applied P has...
the ability to penetrate the cuticle of the upper leaf surface, and especially the lower leaf surface, even without amendment with an adjuvant. Our result contrasts strongly with that of Peirce et al. (2014) who found that more P uptake occurred when fertilizer was applied to the leaf surface. In our case, we attribute foliar entry to the presence of stomata which are present on both sides of *T. aestivum* leaves at similar densities (Zhu et al., 2018). Trichomes are a significant barrier to leaf surface penetration, reducing the contact area of droplets with the leaf surface (Brewer et al., 1991). The increased uptake rates on the lower side of the leaf we observed can be attributed to *T. aestivum* leaves having a lower density of trichomes here compared to the upper surface (Fernández et al., 2014). In addition, our results are consistent with photosynthesis and transpiration rates being higher in stomata on the underside of cereal leaves (Driscoll et al., 2006). The important role of stomatal conductance in transfer of foliar applied P into the plant can also be inferred from the positive effect of growing plants in photosynthetic light (compared with the dark); stomata are known to open in response to light (Dietrich, 2001). Growing plants in photosynthetic light also increased the mobility of the foliar applied P within the plant, which is likely to be linked to the increased flux of organic compounds into the phloem observed during active photosynthesis (Giaquinta, 1978). Phosphorus could be carried into the phloem this way either via increased esterification of applied P or through simple mass flow delivering the P to the vicinity of vascular tissues. It is unclear whether the increased P mobilization from the leaf enhances the rate of P entry into the leaf tissue through maintaining a stronger concentration gradient, or vice versa. Nonetheless, given that foliar scorch has been attributed to high nutrient imbalance at the area of foliar fertilizer application (Marschner, 1995), high mobilization rates of foliar P from the leaf may enable higher dosage applications. Our results also indicate that foliar sprays may work better when applied in the early morning to maximize uptake, although clearly this needs further testing at the field scale. It should be noted that there is no overall consensus in the literature on the optimal timing for foliar applications with the optimal response window in the day being dependent on crop type, prevailing weather conditions and nutrient (Fageria et al., 2009). However, results with other nutrients (e.g., N, Se) have indicated maximal uptake rates in the morning or evening in comparison to the middle of the day (Kyllingsbaek, 1980; Liu et al., 2012).

### Uptake Efficiency of a Combination of Seed Dressing and Foliar Applications Is Greater Than for Soil Applied P Fertilizer

Application of P as a seed dressing at any of the doses used in the experiment increased lateral root production to a similar extent as did its application in the soil at \( \geq 221 \) times the dose rate. However, seed application tended not to have the same magnitude of benefit to soil application in seminal root growth. The enhancement of lateral root growth is likely to be particularly important in enabling the exploitation of reserves of P and other mineral nutrients in a larger soil volume (Zhu and Lynch, 2004). This benefit is likely to be especially important for uptake of P because of its low mobility in the soil, and given the increase in P uptake over controls is greater than the quantity applied as a seed dressing, a high proportion of P taken up by the plants in the experiment is likely to have come from soil reserves. These effects of enhanced early root production, and concurrent enhancements in P uptake are consistent with the findings of previous studies in other plant species (Valluru et al., 2010), and point to
seed dressings being a valuable tool in increasing P-fertilizer use efficiency.

The combination of a P seed dressing and three subsequent foliar applications resulted in high rates of P uptake (equivalent to those achieved with much larger doses of soil applied fertilizer) in both pot experiments. The added advantage of combining seed with foliar application was, however, not consistent between the two experiments. The benefit over foliar application alone was clear when plants were grown in a smaller soil volume (500 g per plant) with low intrinsic soil P reserves. However, when plants were grown in a larger soil volume with a much higher available P reserves, the combined seed and foliar application was better than the seed-only application but did not lead to a significantly greater P uptake than the foliar-only treatment. When *T. aestivum* seedlings are grown under severe P stress, they have been shown to have a markedly reduced ability to acquire P from foliar applications (Fernández et al., 2014). This could possibly explain our results, where seed dressing P was required to maintain the plants' ability to uptake foliar P when grown in small soil volumes, but in larger soil volumes, P supply was maintained by the higher soil P status regardless of seed treatments.

The effectiveness of seed plus foliar or foliar applications alone was greatly enhanced in the P-limiting conditions of a small volume of low P soil (Figure 4) compared to the P-sufficient conditions of a large volume of high P soil (Figure 5). In P-sufficient conditions, foliar applications enhanced total plant uptake of P (Figure 5A) with greater efficiency than soil fertilization (Figure 5C), but consistent with other studies in high P soils (Bai et al., 2013), there was no effect of P application on grain yield (Figure 5B) (McBeath et al., 2020). We attribute this to the P in the high P soil becoming available progressively during the growing period due to the mineralization of organic P reserves in the soil and greater exploitation of native soil P reserves as the root system develops.

The pot experiments were all performed using foliar P loading rates of 46.3 µmol plant⁻¹ for each application at GS13, GS31, and GS39. Previous work by Mosali et al. (2006) has shown that under field conditions, winter wheat had higher optimal dose rates at an equivalent to our experiments of 50.7 µmol plant⁻¹ dosage⁻¹ at GS32 and 101.3 µmol plant⁻¹ dosage⁻¹ at GS39. These applications did not include an adjuvant in the formulation. The total quantity of foliar P applied per plant combining all three applications in our experiments (138.9 µmol) is just 8.6% less than the optimal dose for two applications found by Mosali et al. (2006) in their field experiment (152.0 µmol). In reality, the quantity applied to the leaf surface is likely to have been much greater in our experiment as all of the foliar P was applied directly to the leaves together with an adjuvant, rather than being sprayed onto the crop where a proportion can fall onto the soil without contacting the crop. Our plants showed no negative effects of applying such quantities of P early in the growing season. This indicates that our combination of adjuvant supplementation and application of foliar P at the beginning of the day, to maximize initial uptake rates, appeared to prevent any negative effects related to foliar scorch. In addition, the addition of IA-500 into the formulation will have considerably reduced the ability of leaf trichomes to suspend droplets above the leaf surface. This presumably also reduced the already limited possibilities for optically produced foliar scorch, as this is caused by such droplets rather than the solution in contact with the leaf surface (Egri et al., 2010).

Limits to the level of P-fertilization possible though foliar application, due to the constraints of foliar scorch, have previously limited their usefulness to situations where other factors such as environmental conditions have depressed yields to sub-optimal levels, with crop P demand reduced concurrently to a level that foliar P can satisfy (Mosali et al., 2006; Noack et al., 2010). That we have demonstrated the capacity to apply larger quantities of P to leaves resulting in grain yields not significantly different from those obtained by conventional soil fertilization illustrates that foliar application of P may be a more versatile strategy than previously thought.
In our experiments, a much higher dose of soil applied P fertilizer produced no advantage over the other treatments in terms of grain yield. Important evidence to explain this result is that the rate of recovery in the plant of applied P was significantly much larger in the foliar, and especially the combined seed with foliar, applications than for the soil application. When correcting for the amount of P uptake by untreated control plants, the rate of fertilizer recovery for the seed dressings with foliar applications is consistently close to 100% in both experiments. It is also notable that the combination of seed and foliar application produced a higher mean P recovery rate than foliar application alone in both experiments, significantly so in the larger-soil volume experiment. The advantage of direct and precise application of much smaller doses of P to the seed and leaves over conventional soil application is a reduction in the quantity of P immobilized in the soil for long periods of time. This advantage of this precision is likely to be both spatial and temporal: the specific targeting of P application to times of greatest plant demand is expected to have enhanced the ability of the plant to take up and utilize it (Withers et al., 2014).

**FIGURE 4** | Combining foliar P application with seed P dressing can produce comparable yields of *Triticum aestivum* to soil P fertilization with greater P recovery rates over the untreated control in P-limiting conditions. Panel (A): Total P content of soil grown wheat plants grown to maturity with P-fertilization regimes of untreated control; triple super phosphate (TSP) granules placed in soil (885 µmol P plant⁻¹); single or triple applications of foliar P (46.3 µmol P plant⁻¹ application⁻¹); and seed dressing (3 µmol P plant⁻¹) combined with three foliar applications (46.3 µmol P plant⁻¹ application⁻¹). Panel (B): Grain yields scaled to t ha⁻¹ for the treatments reported in (A). Panel (C): Recovery rates of all the applied P in the whole plant for the treatments that produced significant differences to the control in (A). Values represent means ± SEM (n = 4) with lowercase letters showing significant differences between treatments (p < 0.05; one-way ANOVA).
FIGURE 5 | Combining foliar P application with seed P dressing can produce comparable yields of *Triticum aestivum* to soil P fertilization with greater P recovery rates over the untreated control in P-sufficient conditions. Panel (A): Total P content of wheat plants grown to maturity in 3 kg sandy loam soil. P-fertilization treatments were untreated controls, di-ammonium phosphate (DAP) granules placed in soil (885 µmol P plant\(^{-1}\)); single or triple applications of foliar P (46.3 µmol P plant\(^{-1}\) application\(^{-1}\)); seed dressings (3 µmol P plant\(^{-1}\)) combined with three foliar applications (46.3 µmol P plant\(^{-1}\) application\(^{-1}\)). Panel (B): Grain yields scaled to t ha\(^{-1}\) for the treatments reported in (A). Panel (C): Recovery rates of the applied P in the whole plant for the treatments that produced significant differences to the control in (A). Values represent means ± SEM (n = 4) with lowercase letters showing significant differences between treatments (p < 0.05; one-way ANOVA).

The capacity of crops to take up larger quantities of P than that applied in fertilizer during the current growing season, which was demonstrated by this study, is important for strategies to increase the sustainability of food production. The study demonstrated that precise application of small quantities of P fertilizer to seed and leaves led to a much greater magnitude of P uptake from
soil P reserves. While we have no evidence about the chemical form of soil P accessed by the plants, their enhanced rate of lateral root growth is likely to have been important for this outcome. Direct effects of organic acids exuded from these roots (Ström et al., 2002) or indirect effects via rhizosphere microbes (Rodriguez and Fraga, 1999) or mycorrhizal fungi (Smith et al., 2011) can play an important role in enabling plant uptake of insoluble forms of P that have been immobilized in the soil matrix (Withers et al., 2014). Through such mechanisms, these soil P reserves can maintain a gradually diminishing supply of plant-available P for over a century (Blake et al., 2003). The importance of such a low dose seed and foliar P fertilization strategy for more sustainable production over the medium-term is particularly important in countries such as the UK, where high levels of historical P fertilizer application to agricultural soils have built up large P reserves in excess of immediate crop nutritional requirements (Withers et al., 2001b). Even when this eventually reduces soil P reserves, or if novel crop varieties are produced that have a greater P demand, this strategy has the potential to be adapted to increase the rate of P supply. This could be achieved by increasing the number of P foliar applications per growing season, or by its combination with application of more sustainable sources of slow-release P fertilizer to the soil, such as struvite (Massey et al., 2009).

CONCLUSION

This study provides evidence that a combination of seed dressing and foliar applications could be an effective alternative P-fertilization strategy for spring wheat. The combination of a seed dressing dosage that promotes early vigor with foliar P applications which include an adjutant produced a P nutrition response comparable to conventional soil P fertilization at much smaller (≤16%) rates of P application. This approach minimizes the contact of fertilizer P with the soil, and thus minimizes soil immobilization into less available forms of P, with potential benefit for increased fertilizer P-use efficiency and reduced risk of pollution. In addition, it promotes crop use of intrinsic soil P reserves. This strategy therefore has the potential to increase the efficiency of both future use of fertilizer P resources and the exploitation of the soil legacy of past P fertilization in agriculture, and so can play an important role in the sustainable intensification of food production. Further work is now required to evaluate whether these results can be obtained under a range of field conditions (e.g., soil, crop, and weather combinations).

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

PT, JH, PW, and DJ designed the research. PT conducted the research. PT and DJ collected and analyzed the data. PT wrote the first draft of the manuscript. All authors contributed to the final version of the manuscript.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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