Rectal administration of a chlamydial subunit vaccine protects against genital infection and upper reproductive tract pathology in mice

Roshan Pais¹, Yusuf Omosun¹, Qing He¹, Uriel Blas-Machado², Carolyn Black³, Joseph U. Igietseme³, Kohtaro Fujihashi⁴, Francis O. Eko¹*

¹ Department of Microbiology, Biochemistry and Immunology, Morehouse School of Medicine, Atlanta, Georgia, United States of America, ² Veterinary Diagnostic Laboratory, College of Veterinary Medicine, The University of Georgia, Athens, Georgia, United States of America, ³ Centers for Disease Control and Prevention (CDC), Atlanta, Georgia, United States of America, ⁴ Department of Pediatric Dentistry, Immunobiology Vaccine Center, The University of Alabama at Birmingham, Birmingham Alabama, United States of America

* feko@msm.edu

Abstract

In this study, we tested the hypothesis that rectal immunization with a VCG-based chlamydial vaccine would cross-protect mice against heterologous genital Chlamydia trachomatis infection and Chlamydia-induced upper genital tract pathologies in mice. Female mice were immunized with a C. trachomatis serovar D-derived subunit vaccine or control or live serovar D elementary bodies (EBs) and the antigen-specific mucosal and systemic immune responses were characterized. Vaccine efficacy was determined by evaluating the intensity and duration of genital chlamydial shedding following intravaginal challenge with live serovar E chlamydiae. Protection against upper genital tract pathology was determined by assessing infertility and tubal inflammation. Rectal immunization elicited high levels of chlamydial-specific IFN-gamma-producing CD4 T cells and humoral immune responses in mucosal and systemic tissues. The elicited immune effectors cross-reacted with the serovar E chlamydial antigen and reduced the length and intensity of genital chlamydial shedding. Furthermore, immunization with the VCG-vaccine but not the rVCG-gD2 control reduced the incidence of tubal inflammation and protected mice against Chlamydia-induced infertility. These results highlight the potential of rectal immunization as a viable mucosal route for inducing protective immunity in the female genital tract.

Introduction

The majority of C. trachomatis genital infections worldwide are caused by serovars D, E, and F [1–3] and most infections are asymptomatic. If untreated, Chlamydia can ascend to and infect the upper genital tract leading to upper genital tract pathology [4]. Genital C. trachomatis has been recognized as the most common cause of pelvic inflammatory disease (PID) leading to severe tubal damage, salpingitis, hydrosalpinx and tubal factor infertility (TFI) [5–7]. There is
currently no licensed chlamydial vaccine. An effective vaccine should protect against the predominant serovars and prevent development of upper reproductive tract pathology. The severe sequelae associated with chlamydial infection are the consequence of repeated infections caused by poor immunological memory to previous infection. Thus, a vaccine capable of protecting against infection and inducing long lasting immunity is desirable.

We previously showed that intramuscular immunization with a VCG-based chlamydial vaccine expressing the evolutionarily conserved polymorphic outer membrane protein D (PmpD) and porin B (PorB) proteins [8–10] induced long-term, cross protective immune responses in mice [11, 12]. However, the ability of this vaccine to protect against upper genital tract pathology was not evaluated. Mucosal immunization that exploits the tenets of the common mucosal immune system to target immune effectors from one mucosal inductive site to other mucosal effector sites is a practical approach to vaccination against mucosal pathogens like C. trachomatis. For example, intranasal immunization has been established to provide an effective mucosal route of vaccine delivery against genitally acquired microbial pathogens [13]. However, subunit vaccines often require adjuvants and there are unmitigated concerns about the reactivity of some nasally administered adjuvants that may potentially cause neurological side effects in humans [14]. To overcome this challenge, the rectal route has been proposed as an alternative mucosal route for immunization against diverse microbial pathogens, including Human papilloma virus (HPV) [15], Hepatitis A virus [16], and human immunodeficiency virus (HIV) [17–19]. Moreover, rectal immunization with a Chlamydial ghost-based vaccine was very effective in inducing immunity against enterohaemorrhagic Escherichia coli (EHEC) O157:H7 following heterologous challenge [20].

In this study, we tested the hypothesis that rectal (IR) immunization with a subunit chlamydial vaccine would cross-protect mice against heterologous Chlamydia genital infection and prevent Chlamydia-induced infertility. The results show IR immunization induced cross-reactive immune responses in mucosal and systemic tissues that reduced the length and intensity of genital chlamydial shedding and prevented Chlamydia-induced infertility. These results highlight the potential of rectal immunization as a viable route for inducing protective immunity in the female genital tract.

**Materials and methods**

**Ethics statement**

This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. The Institutional Animal Care and Use Committee (IACUC) of Morehouse School of Medicine approved the study protocol (Protocol Number: 16–15). All immunizations, challenge and surgery were performed under ketamine/xylazine anesthesia, and all efforts were made to minimize suffering. Five-week-old female C57BL/6 mice obtained from The Jackson Laboratory (Bar Harbor, ME) were used in this study and were allowed to acclimate for 10 days in the animal facility of Morehouse School of Medicine prior to experimentation.

**Vaccines, Chlamydia stocks and antigens**

The vaccine candidate used in this study consisted of recombinant VCG expressing the porin B (PorB) and N-terminal portion of polymorphic membrane protein D (PmpD) proteins (rVCG-PmpD/PorB) from C. trachomatis serovar D. An rVCG construct expressing glycoprotein D from HSV-2, representing a chlamydial irrelevant antigen (rVCG-gD2) was used as antigen control. The rVCG vaccines were produced by protein E-mediated lysis essentially as described previously [21], lyophilized and stored at room temperature until use. In stock
preparations of *C. trachomatis* serovars D and E used in this study were previously titrated on HeLa cell monolayers followed by purification of elementary bodies (EBs) over renografin gradients and stored at -70°C. Chlamydial antigens were prepared by UV-inactivation of EBs for 3 h and stored at -70°C until used.

**Experimental design for vaccination and challenge**

Groups of mice (10/group) were IR immunized with 50 microliter PBS containing 2 mg of lyophilized rVCG-PmpD/PorB vaccine or rVCG-gD2 control on weeks 0, 2 and 4 as previously described [22] or a single intravaginal inoculation with live *C. trachomatis* serovar D EBs (live EB) (1 x 10^6 IFU/mouse) on week 4. All immunizations were administered while under ketamine (75 mg/kg Ketaset, Zoetis, Florham Park, NJ)/xylazine (15 mg/kg Anased, Lloyd, Shenandoah, IA) anesthesia. One week prior to challenge infection, each mouse was injected with 2.5 mg medroxyprogesterone (Depo Provera; Pharmacia UpJohn Co., Kalamazoo, MI) subcutaneously to synchronize the estrous cycle and increase mouse susceptibility to infection. This treatment is key to a successful mouse model of chlamydial genital infection using human chlamydial strains [23–26]. Mice were then challenged intravaginally with 1.0 x 10^7 inclusion forming units (IFUs) of *C. trachomatis* serovar E to assess cross protection. To evaluate long-term protection, mice were rechallenged intravaginally 10 weeks after the primary challenge infection. Serovar E was chosen for these studies because like serovar D, it is one of the most predominant serovars in human cervical isolates [27]. Mice were observed daily to monitor health status and the level of infection was assessed by enumerating the number of chlamydial inclusion forming units (IFU) from cervicovaginal swabs by indirect immunofluorescence [28] and the mean number of IFU at each time point was calculated.

**Assessment of antigen-specific cellular immune responses**

Two weeks after the last immunization, T cells were purified from spleens (SPL) of immunized mice using the gentleMACS Dissociator in combination with the Midi magnetic bead-activated cell sorting (MidiMACS) purification system and CD4-specific MACS microbeads (Miltenyi Biotech, Auburn, CA). *Chlamydia*-specific Th1/Th2 and IL-17 cytokine production by splenic T cells was assessed as described previously [11] using the Bio-Plex cytokine assay kit in combination with the Bio-Plex Manager software (Bio-Rad, Hercules, CA). The concentration of the cytokines in each sample was obtained by extrapolation from a standard calibration curve generated simultaneously. Data were calculated as the mean values (± S.D.) for triplicate cultures for each experiment. The ability of immune CD4 T cells to proliferate in response to *in vitro* restimulation in culture with and without (internal control) chlamydial antigen was assessed using the 5-Bromo-2’-deoxy-uridine (BrdU) T cell proliferation assay and the stimulation index (SI) calculated as described previously [11].

**Assessment of antigen-specific humoral immune responses**

The amount of chlamydial PmpD-specific antibodies (IgG2c and IgA) in pooled serum and vaginal wash samples collected 2 weeks postimmunization was measured by a standard ELISA procedure described previously [29]. Briefly, Maxisorb 96-well plates (Costar) were coated overnight with 10 microgram/ml of a synthesized 15-amino acid conserved PmpD peptide (Syd Labs, Malden, MA) in PBS. For generating a standard calibration curve, wells were similarly coated in triplicate with IgA or IgG2c standards (0.0, 12.5, 25, 50, 100, 250, 500 and 1,000 ng/ml). Plates were blocked with 1% bovine serum albumin containing 5% goat serum in PBS and then incubated with 100 microliter of serum or 50 microliter of vaginal wash in twofold serial dilutions. This was followed by incubation with 100 microliter of horseradish
peroxidase-conjugated goat anti-mouse IgA or IgG2c (Southern Biotechnology Associates, Birmingham, AL) for 1 h and developed with 2,2'-azino-bis (3-ethylbenzthiazoline-6-sulfonic acid) (ABTS). The optical density was measured at 490 nm on a Spectra Max 250 Microplate Autoreader (Molecular Devices Corp., Sunnyvale, CA). Results, generated simultaneously with the standard curve, display data sets corresponding to absorbance values as mean concentrations (ng/ml) ± standard deviations and represent the mean values from triplicate experiments.

Fertility assessment

For fertility studies, a separate experiment was performed in which 10 mice/group were similarly immunized with rVCG-PmpD/PorB or rVCG-gD2 control on weeks 0, 2 and 4 and challenged as described above. Ten weeks after the initial primary challenge (12 weeks postimmunization), a time when mice vaginally infected with live chlamydiae are usually susceptible to reinfection, mice were rechallenged with 1.0 x 10⁷ IFU of serovar E per mouse. One week prior to rechallenge, mice received subcutaneous injection of 2.5 mg Depo Provera to synchronize the estrous cycle and increase mouse susceptibility to infection. Four weeks after reinfection, a group of naive uninfected age-matched control and rechallenged mice were mated with proven-fertile males. The mice were visually checked, palpated and weighed daily by the attending veterinary technician to determine pregnancy. Pregnant mice (determined by 3 days of consistent weight gain after caging with males) were sacrificed to evaluate number of embryos. Non-pregnant mice were reintroduced to a different first round proven-breeder male and monitored further and were deemed infertile if this second round mating was unproductive. Subsequently, the total number of pregnant mice and mean number of embryos per group was evaluated.

Histopathology

Non-pregnant mice from each experimental group above were euthanized and in situ gross examination of the genital tract was performed by visual inspection for evidence of upper genital tract pathology. The entire genital tract from the vagina to the ovary was harvested for acquisition of digitized images as described previously [30]. This was fixed in 10% neutral formalin, embedded in paraffin, and serially sectioned longitudinally (5 microns/section) to include the cervix, uterine horns, oviducts and ovaries as well as the luminal structures. Sections were stained with hematoxylin and eosin (H&E) and scored for severity and distribution of pathologies as well as inflammation, edema, fibrosis, and luminal distension. Pathology severity scores were based on the following scoring system: 0, no significant tissue alterations; 1, minimal; 2, mild; 3, moderate; and 4, severe tissue alterations and distribution scores were based on the following scoring system: 1, focal; 2, multifocal; and 3, diffuse. Sectioning, staining and pathology assessment was performed by a licensed anatomic pathologist (UGA, Athens) who was initially blinded to the identity of the different groups.

Statistical analysis

Statistical analysis was performed using GraphPad Prism 5.0 software (GraphPad Software, Inc., La Jolla, CA) on a MAC computer. Analysis of variance (ANOVA) was used for all group comparisons. Differences between 2 groups were compared by an unpaired Student t test and Fisher’s exact test was used to compare percentages of fertile mice. Differences between groups were considered statistically significant if P-values were ≤ 0.05.
Results

IR immunization induces cross protection against challenge with live serovar E chlamydiae

Vaccine efficacy was evaluated by challenging rectally immunized animals intravaginally with live chlamydiae two weeks after the last immunization according to the experimental protocol shown in Fig 1A. Infections were monitored by weekly cervicovaginal swabbing of individual animals and numbers of inclusions were visualized and enumerated in HeLa cell monolayers.
by indirect immunofluorescence. Fig 1B shows that IR immunization with rVCG-PmpD/PorB or live chlamydial EBs resulted in significant reduction in the number of mice shedding chlamydiae and a lower intensity and duration of chlamydial shedding compared to controls. By day 14 postchallenge, all the live EB-immunized mice and all but one rVCG-PmpD/PorB-immunized mouse had resolved the infection whereas 80% of the controls still shed large numbers of chlamydiae at this time point (Fig 1B).

**Induction of antigen-specific Th1/Th2 cytokine responses induced by rVCG-PmpD/PorB**

To assess specific Th1/Th2 cell responses induced by the vaccine candidates, CD4+ T cells were purified from the spleens of immunized mice 2 weeks postimmunization and analyzed for Th1/Th2 cytokine secretion upon restimulation with *C. trachomatis* serovar E antigen (UV-irradiated serovar E EBs). Significantly higher (*p* < 0.05) amounts of the Th1 cytokines, IFN-gamma, TNF-alpha and IL-2, and IL-17 were produced by immune CD4 T cells from live EB- and rVCG-PmpD/PorB-immunized mice compared to those from gD2 control mice (Fig 2A). Although significantly higher (*p* < 0.05) amounts of the Th2 cytokine, IL-10 were secreted by vaccine-induced immune T cells, there was no difference in the levels of IL-5 (Th2 cytokine) produced by T cells from vaccine and control immunized mice. Taken together, the results specify a cross-reactive antigen-specific Th1-type immune response. Immune CD4 T cells

![Fig 2. Antigen-specific T cell-mediated immune responses.](https://doi.org/10.1371/journal.pone.0178537.g002)
were also assessed for their ability to proliferate in response to in vitro restimulation in culture with serovar E chlamydial antigen. As expected, immune CD4 T cells from live *Chlamydia*- and rVCG-PmpD/PorB-immunized mice proliferated in response to serovar E EBs. Fig 2B shows the SI value of T cells from live EB-immunized mice was significantly higher (p < 0.05) than that of T cells from rVCG-PmpD/PorB-immunized mice. However, immune CD4 T cells from gD2-immunized mice did not proliferate in response to serovar E EBs. The results suggest IR immunization activated T cells to proliferate in response to restimulation with serovar E chlamydial antigen with the live chlamydial EBs showing an immunogenic advantage.

**Induction of cross-reactive PmpD-specific antibody responses**

PmpD-specific antibody responses elicited 2 weeks after immunization were measured by antibody ELISA assay. IR immunization with rVCG-PmpD/PorB and live *Chlamydia* EBs induced significant (P < 0.05) PmpD-specific IgG2c and IgA antibodies in both serum (Fig 3A) and vaginal secretions (Fig 3B) compared to controls, with *Chlamydia* EB-elicited levels being significantly higher (p < 0.05). In both serum and genital secretions, IgG2c levels were significantly higher (p < 0.05) compared to IgA levels. The results indicate that IR immunization induces anti-chlamydial antibodies in both systemic and mucosal tissues, with IgG2c being consistently higher compared to IgA in both compartments.

**IR immunization confers long lasting cross protection against reinfection with live serovar E chlamydiae**

Following resolution of the primary genital tract infection, vaccine- and control-immunized mice were rechallenged intravaginally 10 weeks after the primary challenge infection. Chlamydial

**Fig 3. Rectal immunization with rVCG-PmpD/PorB vaccine elicits chlamydial PmpD-specific IgA and IgG2c antibody responses 2 weeks postimmunization.** The concentration of elicited antibodies in each immunized group was assessed from pooled serum and vaginal lavage samples obtained 2 weeks postimmunization by antibody ELISA. Results generated simultaneously with a standard curve, display data sets corresponding to absorbance values as mean concentrations (ng/ml) ± SD of triplicate cultures for each experiment. The results are from two independent experiments and show chlamydial PmpD-specific IgA and IgG2c antibody responses from serum (A) and vaginal wash samples (B). *Statistically significant (p < 0.05) differences between vaccinated groups.

https://doi.org/10.1371/journal.pone.0178537.g003
Clearance was monitored by enumeration of chlamydiae from cervico-vaginal swabs. The result showed a significant ($p < 0.05$) reduction in the number of mice shedding chlamydiae as well as in the intensity (numbers of IFUs shed) and duration of chlamydial shedding in both immunized and control groups following rechallenge (Fig 4). By day 9 after rechallenge, all rVCG-PmpD/PorB- and live EB (serovar D)-immunized mice had completely cleared the infection. By day 15 post rechallenge, even the gD2-immunized mice had completely cleared the challenge infection.

Fig 4. Rectal immunization with rVCG-PmpD/PorB vaccine protects against reinfection with live serovar E chlamydiae. Protection against heterologous reinfection with live serovar E chlamydiae was evaluated 10 weeks after primary challenge. Chlamydial burden was monitored by enumeration of chlamydiae from cervico-vaginal swabs every three days and the number of IFUs/ml recovered from genital swabs of mice was calculated. Each data point represents the mean ± SD of the individual number of recoverable IFUs from each mouse/group of 10 animals collected at the indicated time points expressed as log$_{10}$ IFU/ml ± S.D. Numbers in parentheses are percentages of animals with positive cultures at each time point.

https://doi.org/10.1371/journal.pone.0178537.g004
These results indicate that IR immunization with rVCG-PmpD/PorB induces immune memory that results in faster clearance of infection following rechallenge.

**IR immunization with rVCG-PmpD/PorB protects mice against Chlamydia-induced infertility**

To assess Chlamydia-induced infertility in immunized and challenged mice, the number of mice pregnant and the mean number of embryos per group (fertility rate) were compared with those of uninfected age-matched control mice. The results revealed that the rVCG-PmpD/PorB-immunized mice retained significant fertility; six (60%) of the mice were pregnant with a fertility rate of 8 compared to nine (90%) of age-matched uninfected mice with a fertility rate of 10 (Fig 5). In contrast, the rVCG-gD2 control group showed significant loss of fertility, with two (20%) of mice pregnant and a fertility rate of 4. Representative reproductive tracts of pregnant mice from the rVCG-PmpD/PorB and uninfected control groups, shows multiple embryos (S1 Fig).

**IR immunization with rVCG-PmpD/PorB protects against Chlamydia-induced tubal pathology**

All non-pregnant mice from vaccinated and control groups were evaluated for the development of tubal pathologies. Microscopically, lesions were recorded as either absent or present. If absent (i.e., histologically normal), a score of 0 was assigned. If present, the severity of the lesions was recorded as minimal, mild, moderate, or severe, with pathology lesion severity scores of 1 through 4 for all animals (S1 Table). The group pathological lesion distribution was recorded as focal, multifocal, or diffuse, with distribution scores of 1, 2, or 3, respectively (S2 Table). The calculated total group severity and distribution scores were 40 for rVCG-PmpD/PorB and 151 for rVCG-gD2 while the mean group severity and distribution scores were 20 for rVCG-PmpD/PorB and 37.8 for rVCG-gD2 groups (S2 Fig). Severe uterine horn lumenal distension and glandular duct dilation were observed in the rVCG-gD2 infected group compared to none of the age-matched uninfected and rVCG-PmpD/PorB groups (Fig 6A–6C). However, none of the non-pregnant mice from both vaccinated and control groups of mice examined showed oviduct dilation or swelling (hydrosalpinx).

Microscopic evaluation of H&E-stained uterine tissue from the rVCG-gD2-immunized mice confirmed the uterine horn lumenal distension and glandular duct dilation observed by visual examination. Sections showed multiple dilated glandular ducts of varying severity that have pushed into the uterine horn lumen resulting in uterine horn lumenal blockades at multiple sites (Fig 6C).

**Histopathology of reproductive tissues**

The H&E-stained sections of excised reproductive tract tissues were evaluated microscopically for distribution of inflammation and pathologic lesions. The H&E-stained sections of ovarian tissues of vaccinated and control mice reinfected with live serovar E chlamydiae are shown in Fig 7. The ovarian tissues of rVCG-PmpD/PorB-immunized mice appeared normal with multiple follicles comparable with those of age-matched uninfected control mice (Fig 7A and 7B). No inflammatory infiltrates were found in the oviduct tissues of these mice. In contrast, non-pregnant rVCG-gD2 control-immunized mice showed chronic inflammation in the periovarian region characterized by a densely cellular collection of lymphocytes within the mesovarium (Fig 7C). The micrographs in Fig 8A–8C show representative examples of the oviduct tissues of infected and age-matched uninfected control mice. The oviduct tissues of rVCG-PmpD/
PorB-immunized and age-matched uninfected control mice had normal villi with abundant cilia (Fig 8A and 8B). In contrast, there was moderate multifocal atrophy of villi, with segmental loss of apical cilia and vacuolar (fatty) degeneration in all the non-pregnant rVCG-gD2-immunized mice (Fig 8C). Except for the presence of minimal to mild acute uterine inflammation, the uteri in rVCG-PmpD/PorB-immunized mice were comparable to that of age-matched uninfected mice (Fig 9A and 9B). In contrast, the endometrium in rVCG-

**Fig 5. Protection against Chlamydia-induced infertility in immunized mice reinfectedit with live serovar E chlamydiae.** Immunized mice were mated with proven fertile males four weeks after reinfection with live serovar E chlamydiae. The number of mice pregnant and the number of embryos recovered from each mouse/group was recorded, and the fertility rates were calculated. The data shows the percentage number of mice pregnant and the fertility rate, the mean number of embryos recovered from pregnant mice in each vaccinated group. Statistical significance was assessed by the Fisher exact test (in GraphPad Prism 5) in comparison with controls.

https://doi.org/10.1371/journal.pone.0178537.g005
gD2-immunized mice was diffusely hypercellular, with foci of lymphocytic exocytosis and increased numbers of lymphocytes and apoptotic cells in the lamina propria (Fig 9C). Taken together, these results show that in addition to inducing protection against Chlamydia-induced infertility, rectal immunization could also significantly reduce the induction of tubal pathology in mice.

Discussion
The route of vaccine administration plays an important role in the induction of immune effectors and their homing to the site of infection. Chlamydia immunity is dependent upon both T
cell-mediated and humoral immune effectors. Therefore, a potentially effective route of vaccine administration will result in the induction of immune responses in both mucosal and systemic tissues. We tested the hypothesis that rectal mucosal immunization with a subunit vaccine delivered on the VCG platform would cross-protect mice against heterologous genital *Chlamydia* infection and upper genital tract pathologies. The rectal route of vaccine administration is attractive for vaccinating against genital chlamydial infection because it offers mucosal immunization that may exploit the common mucosal immune system to target immune

**Fig 8.** Histopathology of oviduct tissues from vaccinated and control mice reinfected with live serovar E chlamydiae. The H&E-stained sections of excised oviduct tissues were evaluated microscopically for distribution of inflammation and pathologic lesions. Representative images of oviducts from (a) Uninfected control mice with normal oviducts (arrows); insert shows enlarged section of villi with abundant cilia (thin arrows), (b) rVCG-PmpD/PorB vaccine-immunized mice showing intact normal villi with abundant cilia (arrows) but with numerous vacuoles (arrowhead), and (c) rVCG-gD2-immunized mice showing diffusely attenuated villi (arrow); there is villus atrophy and most of the cilia from the apical surfaces of the lining epithelia are absent (arrowhead). Scale bar, 50 microns.

https://doi.org/10.1371/journal.pone.0178537.g008

**Fig 9.** Histopathology of uterine tissues from vaccinated and control mice reinfected with live serovar E chlamydiae. The H&E-stained sections of excised uterine tissues were evaluated microscopically for distribution of inflammation and pathologic lesions. Representative images of uteri from (a) Uninfected control mice showing normal tissues, including an intact uterine lumen (arrow), (b) rVCG-PmpD/PorB vaccine-immunized mice showing mild inflammation characterized by a collection of lymphocytes which obscure the endometrium focally (arrow) and in the lumenal surface (arrowhead), and (c) rVCG-gD2 control-immunized mice showing diffusely hypercellular endometrium and lymphocytes in the lamina propria (arrow); arrowhead depicts an apoptotic cell within the thickened lamina epithelialis mucosa. Scale bar, 50 microns.

https://doi.org/10.1371/journal.pone.0178537.g009
effectors to mucosal pathogens like *C. trachomatis*. In addition, the rectal route obviates the concerns about the reactivity of some nasally administered adjuvants that may potentially cause neurological side effects in humans [14]. Thus, the rectal route has been proposed as an alternative mucosal route for immunization against diverse microbial pathogens [15–19]. Moreover, rectal immunization with a Chlamydial ghost-based vaccine was very effective in inducing immunity against enterohaemorrhagic *Escherichia coli* (EHEC) O157:H7 following heterologous challenge [20].

In the present study, immunologic evaluation revealed that rectal immunization of mice with rVCG-PmpD/PorB induced a cellular immune response characterized by high levels of chlamydial-specific CD4+ T cells that secreted IFN-gamma, TNF-alpha, IL-2 and IL-10 as well as IL-17. Also, the immune T cells proliferated significantly in response to *in vitro* restimulation with the heterologous *C. trachomatis* serovar E antigen. CD4+ T cells have been demonstrated in both human clinical and experimental animal model studies to play a key role in *C. trachomatis* immunity [31, 32]. IL-17 secreting Th17 cells have previously been shown to play a role in protection against *C. muridarum* respiratory infections [33] and other intracellular pathogens [34]. A recent study showed that although IL-17 promotes vaginal chlamydial clearance, it also promotes immunopathological tissue damage [35, 36]. However, other studies strongly suggest that IL-17 impairs chlamydial clearance and plays a role in the induction of upper genital tract pathology [35, 36]. In another study [37], IL17a knockout mice were shown to have significantly less chlamydial burden and less pathology compared to wild type mice. Our results also show that IR immunization elicited significant cross-reactive local mucosal and systemic IgA and IgG2c antibody responses that were detectable in serum and vaginal secretions. Although the precise role of antibodies in the resolution of primary *Chlamydia* infection remains incompletely understood [38, 39], the induction of the Th1-associated IgG2a (the BALB/c homolog of IgG2c) isotype has previously been shown to be associated with protection against *Chlamydia* [40]. The higher magnitude of specific Th1-associated IgG2c antibodies in genital secretions compared to IgA is consistent with findings in humans showing that the dominant immunoglobulin isotype found in the cervico-vaginal fluid of the female genital tract is IgG rather than secretory IgA [41, 42]. Thus, the humoral immune effectors that mediate chlamydial clearance in the genital tract likely originate from immune inductive sites in the systemic circulation rather than the genital tract.

Vaccine efficacy analysis showed that IR immunization with rVCG-PmpD/PorB vaccine resulted in a significant reduction in the number of mice shedding chlamydiae that was comparable to mice previously infected with live chlamydiae. In addition, rVCG-PmpD/PorB vaccine recipient mice exhibited a lower intensity and duration of chlamydial shedding compared to rVCG-gD2 controls. We previously showed intramuscular (systemic) immunization with a VCG-based chlamydial vaccine induced protective immunity in mice against genital challenge with *C. muridarum* and *C. trachomatis* serovar D [11, 12]. The significant reduction in the intensity and duration of infection in rVCG-PmpD/PorB vaccine-immunized mice observed in the current study highlights the potential of rectal mucosal immunization in the induction of protective immunity in the female genital tract.

In addition to inducing broad-based protective immunity against multiple serovars, an efficacious chlamydial vaccine should also protect against development of upper genital tract pathology, particularly infertility. Infertility is the most significant outcome of *Chlamydia* genital infection in humans and is one of the quantitative measures used to assess protection against upper genital tract disease. A previous study demonstrated that a single intravaginal inoculation with 10^7 IFU of *C. trachomatis* serovar E induced upper genital tract pathology in C57BL/6 mice [24] although the authors did not investigate infertility. In another study, Ramsey, KH and colleagues reported that repeat infection of mice with 1 x 10^7 IFUs of *C.
trachomatis serovar E resulted in an increased pathological outcome, with 60% of the mice becoming infertile [26]. Since recurrent chlamydial infections have been reported to increase the risks for upper genital tract pathology, such as ectopic pregnancy and pelvic inflammatory disease [43–45], we used repeat intravaginal inoculation with a high dose of C. trachomatis serovar E to stimulate upper genital tract pathology. Our study showed Chlamydia-specific immune effectors elicited by either a previous infection or vaccination induced a significant degree of protective immunity marked by a lower intensity and shortened duration of infection. It is noteworthy, however that vaccinated mice were protected from infertility (fertility rate, 8) whereas control-immunized mice were not (fertility rate, 2). These results confirm our previous findings indicating that vaccine- but not infection-induced immunity protects against Chlamydia-induced upper tract pathology [46, 47]. The implication of all these results is that although a live Chlamydia infection results in significant clearance of chlamydiae in the lower genital tract, this does not lead to protection against upper genital tract disease.

Another significant finding in the current study is the occurrence of uterine horn lumenal dilation or distension and mucosal edema that were commonly observed in the rVCG-gD2 control mice, which were immunized with a chlamydia irrelevant antigen and reinfected with C. trachomatis serovar E. Our results confirm the findings of a previous study that reported destruction of the uterine horn epithelium with marked mucosal edema and distinct distention of the uterine horns following intravaginal infection of BL6 mice with C. trachomatis serovar E [24]. The uterine horn lumenal dilation correlated with the glandular duct dilation detected microscopically. The uterine horn dilation was chronic and therefore likely caused by glandular duct dilation, which may occur first, pushing into the uterine horn lumen causing uterine horn lumenal blockades at multiple sites and leading to extensive uterine horn lumenal dilation as previously reported following C. muridarum infection [48]. Although hydrosalpinx is an important pathologic marker of Chlamydia-induced infertility in mice [6, 48–50], none of the immunized and control mice in the studies reported here developed any overt hydrosalpinx as assessed by visual examination. It must be noted however, that directly comparing the incidence of Chlamydia-induced upper genital tract pathology in mouse models to that of natural infection of women is potentially problematic. This is because a number of confounding variables, including host genetic factors, hormonal secretions and antibiotic treatment at the early stages of infection greatly influence the progression of chlamydial disease in both humans and animal models. Although C. trachomatis genital tract infection of mice, like C. muridarum, is not a perfect model of human chlamydia genital infection, it is a reasonable model for the study of Chlamydia-host interactions and together with the C. muridarum model has contributed to our expanding knowledge of chlamydial disease in humans.

Interestingly, while rVCG-PmpD/PorB vaccine-derived immune effectors prevented oviduct and uterine inflammation, rVCG-gD2 control-immunized mice were not protected. This clearly indicates that chlamydial burdens in the lower genital tract do not correlate with upper genital tract disease status in mice infected with live Chlamydia. In general, tissue alterations in in rVCG-PmpD/PorB vaccine-immunized mice where present, were minimal and of lower incidence and severity with an average severity-and-distribution score of 20, which is almost 50% lower than that of rVCG-gD2 control-immunized mice (37.5). Oviduct and uterine horn pathology involving acute inflammatory response, induced by primary infection with C. trachomatis serovar E have previously been reported [24]. That study suggested a role for the acute inflammatory response in the development of tissue damage. More recently, intravaginal infection of mice with C. trachomatis serovar D was shown to induce endometrial leukocyte infiltration that was significantly (p < 0.05) more intense on day 7 compared to day 90 postinfection [35]. Moreover, repetitive genital exposure of mice to C. trachomatis serovar D induced cystic changes and profound uterine lumen distension not detected in uninfected, age-matched
controls [35] as observed in our studies with serovar E. Inflammation is thought to be the major cause of chronic fallopian tube tissue damage seen in infertile women infected with *C. trachomatis* [31]. Studies in animal models also suggest CD8 T cells and other immune mechanisms play a major role in *Chlamydia*-induced upper tract pathology, including infertility [47, 52].

**Conclusions**

This study demonstrates that IR immunization elicited immune effectors that mediate chlamydial clearance in the genital tract, indicating cooperation between the rectal and genital mucosae functioning as mucosal inductive and effector sites, respectively, according to the compartmentalization within the common mucosal immune system. Our study also confirmed that infection- and vaccine-induced immunity are functionally distinct in their ability to prevent the sequelae of chlamydial infection such as infertility and upper genital tract inflammation. Taken together, these results highlight the potential of rectal delivery as a viable mucosal route for eliciting protective immunity in the female genital tract.

**Supporting information**

**S1 Fig. Reproductive tracts of pregnant mice.** Representative reproductive tracts of pregnant mice from the rVCG-PmpD/PorB and the aged-matched uninfected control groups showing multiple embryos.

**(TIF)**

**S2 Fig. Protection against uterine inflammation in rVCG-gD2-immunized mice reinfected with live serovar E chlamydiae.** rVCG-gD2-immunized mice reinfected with serovar E chlamydiae were not protected from genital tract inflammation, such as uterine lumenal dilation (A) and mucosal edema (B). Mean lesion severity and distribution scores (C) were significantly higher ($p \geq 0.05$) in mice immunized with rVCG-gD2 than those immunized with rVCG-PmpD/PorB.

**(TIF)**

**S1 Table. Number of animals with tubal pathology lesions.** Lesion diagnosis in the ovaries, oviducts and uteri of mice immunized with rVCG-PmpD/PorB or rVCG-gD2 control after reinfection with serovar E chlamydiae.

**(TIFF)**

**S2 Table. Pathological lesion severity and distribution scores.** Severity and distribution of pathological lesions in the ovaries, oviducts and uteri of mice immunized with rVCG-PmpD/PorB or rVCG-gD2 control after reinfection with serovar E chlamydiae.

**(TIF)**

**Acknowledgments**

We are grateful to Debra Ellerson and Kahaliah Joseph at the CDC for technical support and Dr. Guangming Zhong for helpful comments.

**Author Contributions**

**Conceptualization:** FOE RP.

**Formal analysis:** FOE RP.

**Funding acquisition:** FOE.
Investigation: RP YO.
Methodology: FOE RP YO UB-M QH.
Project administration: FOE.
Resources: JUI CMB KF.
Validation: YO.
Visualization: FOE JUI UB-M QH.
Writing – original draft: FOE.
Writing – review & editing: FOE.

References

1. Singh V, Salhan S, Das BC, Mittal A. Predominance of Chlamydia trachomatis Serovars Associated with Urogenital Infections in Females in New Delhi, India. J Clin Microbiol. 2003; 41(6):2700–2. https://doi.org/10.1128/JCM.41.6.2700-2702.2003 PMID: 12791909

2. Gao X, Chen X-S, Yin Y-P, Zhong M-Y, Shi M-Q, Wei W-H, et al. Distribution Study of Chlamydia trachomatis Serovars among High-Risk Women in China Performed Using PCR-Restriction Fragment Length Polymorphism Genotyping. J Clin Microbiol. 2007; 45(4):1185–9. https://doi.org/10.1128/JCM.02076-06 PMID: 17301282

3. Petrovay F, Balla E, Nemeth I, Gonczol E. Genotyping of Chlamydia trachomatis from the endocervical specimens of high-risk women in Hungary. J Med Microbiol. 2009; 58(6):760–4.

4. Brunham RC. Human immunity to Chlamydiae, in Chlamydia: Intracellular Biology, Pathogenesis, and Immunity. Stephens RS, editor. Washington DC: American Society for Microbiology Press 1999. 211–38 p.

5. WHO. Tubal infertility: serologic relationship to past chlamydial and gonococcal infection. Sex Transm Dis. 1995; 22(2):71–7. Epub 1995/03/01. PMID: 7624815

6. Ajonuma LC, Chan PK, Ng EH, Fok KL, Wong CH, Tsang LL, et al. Involvement of cystic fibrosis transmembrane conductance regulator (CFTR) in the pathogenesis of hydrosalpinx induced by Chlamydia trachomatis infection. The journal of obstetrics and gynaecology research. 2008; 34(6):923–30. Epub 2008/11/18. https://doi.org/10.1111/j.1447-0756.2008.00826.x PMID: 19102987

7. ESHRE. Infertility revisited: the state of the art today and tomorrow. Hum Reprod. 1996; 11(8):1779–807. Epub 1996/08/01. PMID: 8921132

8. Brunham RC, Peeling RW. Chlamydia trachomatis antigens: role in immunity and pathogenesis. Infect Agents Dis. 1994; 3:218–33. PMID: 7866655

9. Crane DD, Carlson JH, Fischer ER, Bavoil P, Hsia R-c, Tan C, et al. From the Cover: Chlamydia trachomatis polymorphic membrane protein D is a species-common pan-neutralizing antigen. PNAS. 2006; 103(6):1894–9. https://doi.org/10.1073/pnas.0508983103 PMID: 16446444

10. Kubo A, Stephens RS. Characterization and functional analysis of PorB, a Chlamydia porin and neutralizing target. Molecular Microbiology. 2000; 38(4):772–80. PMID: 11115112

11. Eko F, Ekong E, Okenu D, He Q, Ananaba G, Black C, et al. Induction of immune memory by a multisubunit chlamydial vaccine Vaccine. 2011; 29 (7):1472–80. https://doi.org/10.1016/j.vaccine.2010.12.024 PMID: 21184858

12. Eko FO, Okenu DN, Singh UP, He Q, Black C, Igietseme JU. Evaluation of a broadly protective Chlamydia-cholera combination vaccine candidate. Vaccine. 2011; 29(21):3802–10. Epub 2011/03/23. PubMed Central PMCID: PMC3084325. https://doi.org/10.1016/j.vaccine.2011.03.027 PMID: 21421002

13. Brandtzaeg P, Farstad IN, Haraldsen G. Regional specialization in the mucosal immune system: primed cells do not always home along the same track. Immunol Today. 1999; 20(6):267–77. Epub 1999/06/04. PMID: 1035452

14. Fujihashi K, Koga T, van Ginkel FW, Hagiwara Y, McGhee JR. A dilemma for mucosal vaccination: efficacy versus toxicity using enterotoxin-based adjuvants. Vaccine. 2002; 20(19–20):2431–8. Epub 2002/06/12. PMID: 12057597

15. Fraillery D, Zosso N, Nardelli-Haefliger D. Rectal and vaginal immunization of mice with human papillomavirus L1 virus-like particles. Vaccine. 2009; 27(17):2326–34. Epub 2009/05/12. https://doi.org/10.1016/j.vaccine.2009.02.029 PMID: 19428847
16. Mitchell LA, Galun E. Rectal immunization of mice with hepatitis A vaccine induces stronger systemic and local immune responses than parenteral immunization. Vaccine. 2003; 21(13–14):1527–38. Epub 2003/03/05. PMID: 12615450

17. Vajdy M, Gardner J, Neidleman J, Cuadra L, Greer C, Perri S, et al. Human immunodeficiency virus type 1 Gag-specific vaginal immunity and protection after local immunizations with sindbis virus-based replicon particles. J Infect Dis. 2001; 184(12):1613–6. Epub 2001/12/12. https://doi.org/10.1086/324581 PMID: 11740739

18. Hamajima K, Hoshino Y, Xin K, Hayashi F, Tadokoro K, Okuda K. Systemic and mucosal immune responses in mice after rectal and vaginal immunization with HIV-DNA vaccine. Clin Immunol. 2002 102(1):12–8. https://doi.org/10.1006/clim.2001.5141 PMID: 11781062

19. Belyakov IM, Hel Z, Kelsall B, Kuznetsov VA, Ahlers JD, Nacsa J, et al. Mucosal AIDS vaccine reduces disease and viral load in gut reservoir and blood after mucosal infection of macaques. Nat Med. 2001; 7(12):1320–6. Epub 2001/12/01. https://doi.org/10.1038/nm1201-1320 PMID: 11726972

20. Mayr UB, Kudela P, Atrasheuska A, Bukin E, Ignatyev G, Lubitz W. Rectal single dose immunization of mice with *Escherichia coli* O157:H7 bacterial ghosts induces efficient humoral and cellular immune responses and protects against the lethal heterologous challenge. Microb Biotechnol. 2012; 5(2):283–94. Epub 2011/11/23. PubMed Central PMCID: PMC3815788. https://doi.org/10.1111/j.1751-7915.2011.00316.x PMID: 22103953

21. Eko FO, Lubitz W, McMillan L, Ramey K, Moore T, Ananaba GA, et al. Reombinant *Vibrio cholerae* ghosts as a delivery vehicle for vaccinating against *Chlamydia trachomatis*. Vaccine. 2003; 21:1694–703. PMID: 12639492

22. Eko FO, He Q, Brown T, McMillan L, Ifere GO, Ananaba GA, et al. A Novel Recombinant Multisubunit Vaccine against *Chlamydia*. J Immunol. 2004; 173(5):3375–82. PMID: 15322201

23. Tuffrey M, Taylor-Robinson D. Progesterone as a key factor in the development of a mouse model for genital-tract infection with *Chlamydia trachomatis*. FEMS Microbiol Lett. 1981; 12:111–5.

24. Darville T, Andrews J, C. W, Laffoon KK, Shymasani W, Kishen LR, Rank RG. Mouse strain-dependent variation in the course and outcome of chlamydial genital tract infection is associated with differences in host response. Infect Immun. 1997; 65(8):3065–73. PMID: 9234755

25. Ramsey KH, Cotter TW, Salyer RD, Miranpuri GS, Yanez MA, Poulsen CE, et al. Prior genital infection with a murine or human biovar of *Chlamydia trachomatis* protects mice against heterotypic chlamydial challenge infection. Infect Immun. 1999; 67(6):3019–25. PMID: 10338514

26. Ramsey KH, DeWolfe JL, Salyer RD. Disease outcome subsequent to primary and secondary urogenital infection with murine or human biovars of *Chlamydia trachomatis*. Infect Immun. 2000; 68(12):7186–9. Epub 2000/11/18. PubMed Central PMCID: PMC297838. PMID: 11083853

27. Hafner L, Beagle J, Timms P. *Chlamydia trachomatis* infection: host immune responses and potential vaccines. Mucosal Immunol. 2008; 1(2):116–30. Epub 2008/12/17. https://doi.org/10.1038/ml.2007.19 PMID: 19079169

28. Su H, Parnell M, Caldwell HD. Protective efficacy of a parenterally administered MOMP-derived synthetic oligopeptide vaccine in a murine model of *Chlamydia trachomatis* genital tract infection: serum neutralizing IgG antibodies do not protect against genital tract infection. Vaccine. 1995; 13(1):102–8. Epub 1995/03/23. PubMed Central PMCID: PMCPMC97838. https://doi.org/10.1111/j.1574-695X.2006.00165.x PMID: 17094789

29. Macmillan L, Ifere G, He Q, Igietseme J, Kellar K, Okenu D, et al. A recombinant multivalent combination vaccine protects against *Chlamydia* and genital herpes. FEMS Immunol Med Microbiol 2007; 49:46–55. https://doi.org/10.1111/j.1574-698X.2006.00165.x PMID: 17094799

30. Shah A, Schripserna JH, Imtiaz MT, Sagar IM, Kasimos J, Matos PG, et al. Histopathologic changes related to fibrotic oviduct occlusion after genital tract infection of mice with *Chlamydia muridarum*. Sex Transm Dis. 2005; 32(1):49–56. Epub 2004/12/23. PMID: 15614121

31. Igietseme JU, Eko FO, Black CM. Contemporary approaches to designing and evaluating vaccines against *Chlamydia*. Expert Rev Vaccines. 2003; 2(1):129–46. https://doi.org/10.1586/14760584.2.1.129 PMID: 12901604

32. Murthy AK, Chambers JP, Meier PA, Zhong G, Arulanandam BP. Intranasal Vaccination with a Secreted Chlamydial Protein Enhances Resolution of Genital Chlamydia muridarum Infection, Protects against Oviduct Pathology, and Is Highly Dependent upon Endogenous Gamma Interferon Production. Infect Immun. 2007; 75(2):666–76. https://doi.org/10.1128/IAI.01280-06 PMID: 17118987

33. Zhang X, Gao L, Li L, Zhong Y, Dube P, Berton MT, et al. A MyD88-dependent early IL-17 production protects mice against airway infection with the obligate intracellular pathogen *Chlamydia muridarum*. J Immunol. 2009; 183(2):1291–300. Epub 2009/06/23. PubMed Central PMCID: PMC2810512. https://doi.org/10.4049/jimmunol.0803075 PMID: 19542374
34. Pitta MGR, Romano A, Cabantous S, Henri S, Hammad A, Kouriba B, et al. IL-17 and IL-22 are associated with protection against human kala azar caused by Leishmania donovani. The Journal of Clinical Investigation. 2009; 119(8):2379–87. https://doi.org/10.1172/JCI38813 PMID: 19620772

35. Vicetti Miguel RD, Quispe Calla NE, Pavelko SD, Cherpes TL. Intravaginal Chlamydia trachomatis Challenge Infection Elicits TH1 and TH17 Immune Responses in Mice That Promote Pathogen Clearance and Genital Tract Damage. PLoS One. 2016; 11(9):e0162445. Epub 2016/09/09. PubMed Central PMCID: PMCPMC5015975. https://doi.org/10.1371/journal.pone.0162445 PMID: 27606424

36. O’Meara CP, Armitage CW, Harvie MC, Andrew DW, Cochrane M, Schripsema JH, Ramsey KH, et al. The duration of immunity against a live attenuated Chlamydia trachomatis vaccine in women. J Infect Dis. 2009; 200(6):926–34. Epub 2009/08/07. PubMed Central PMCID: PMCPMC2847800. https://doi.org/10.1086/605411 PMID: 19660067

37. Agrawal T, Vats V, Salhan S, Mittal A. The mucosal immune response to Chlamydia trachomatis infection of the reproductive tract in women. J R Immunol. 2009.

38. Hillis SD, Owens LM, Marchbanks PA, Amsterdam LF, Mac Kenzie WR. Recurrent chlamydial infections increase the risks of hospitalization for ectopic pregnancy and pelvic inflammatory disease. Am J Obstet Gynecol. 1997; 176(1 Pt 1):103–7. Epub 1997/01/01.

39. Kimani J, Maclean IW, Bwayo JJ, Oyugi J, Matha GM, et al. Risk factors for Chlamydia trachomatis pelvic inflammatory disease among sex workers in Nairobi, Kenya. J Infect Dis. 1996; 173(6):1437–44. Epub 1996/06/01. PMID: 8648217

40. Ifere G, He Q, Oyugi J, Matha GM, et al. Role of T lymphocytes in the pathogenesis of Chlamydia disease. J Infect Dis. 2009; 200(6):926–34. Epub 2009/08/07. PubMed Central PMCID: PMCPMC2847800. https://doi.org/10.1086/605411 PMID: 19660067

41. Igietseseme JU, Eko FO, He Q, Oyugi J, Matha GM, et al. Immunogenicity and protection against genital Chlamydia infection and its complications by a multisubunit candidate vaccine. J Microbiol Immunol Infect 2007; 40:188–200. PMID: 17639158

42. Ifere G, He Q, Oyugi J, Matha GM, et al. Role of T lymphocytes in the pathogenesis of Chlamydia disease. J Infect Dis. 2009; 200(6):926–34. Epub 2009/08/07. PubMed Central PMCID: PMCPMC2847800. https://doi.org/10.1086/605411 PMID: 19660067

43. Agrawal T, Vats V, Salhan S, Mittal A. The mucosal immune response to Chlamydia trachomatis infection of the reproductive tract in women. J R Immunol. 2009.

44. Hillis SD, Owens LM, Marchbanks PA, Amsterdam LF, Mac Kenzie WR. Recurrent chlamydial infections increase the risks of hospitalization for ectopic pregnancy and pelvic inflammatory disease. Am J Obstet Gynecol. 1997; 176(1 Pt 1):103–7. Epub 1997/01/01.

45. Kimani J, Maclean IW, Bwayo JJ, Oyugi J, Matha GM, et al. Risk factors for Chlamydia trachomatis pelvic inflammatory disease among sex workers in Nairobi, Kenya. J Infect Dis. 1996; 173(6):1437–44. Epub 1996/06/01. PMID: 8648217

46. Ifere G, He Q, Oyugi J, Matha GM, et al. Role of T lymphocytes in the pathogenesis of Chlamydia disease. J Infect Dis. 2009; 200(6):926–34. Epub 2009/08/07. PubMed Central PMCID: PMCPMC2847800. https://doi.org/10.1086/605411 PMID: 19660067

47. Igietseseme JU, Eko FO, He Q, Oyugi J, Matha GM, et al. Immunogenicity and protection against genital Chlamydia infection and its complications by a multisubunit candidate vaccine. J Microbiol Immunol Infect 2007; 40:188–200. PMID: 17639158