Insecticide resistance intensity and efficacy of synergists with pyrethroids in *Anopheles gambiae* (Diptera: Culicidae) from Southern Togo

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**Abstract**

**Background:** This study was designed to provide insecticide resistance data for decision-making in terms of resistance management plans in Togo.

**Methods:** The susceptibility status of *Anopheles gambiae sensu lato* (s.l.) to insecticides used in public health was assessed using the WHO tube test protocol. Pyrethroid resistance intensity bioassays were performed following the CDC bottle test protocol. The activity of detoxification enzymes was tested using the synergists piperonyl butoxide, S.S.S-tributlyphosphorotrithioate and ethacrinic acid. Species-specific identification of *An. gambiae* s.l. and *kdr* mutation genotyping were performed using PCR techniques.

**Results:** Local populations of *An. gambiae* s.l. showed full susceptibility to pirimiphos methyl at Lomé, Kovié, Anié, and Kpèlè Toutou. At Baguida, mortality was 90%, indicating possible resistance to pirimiphos methyl. Resistance was recorded to DDT, bendiocarb, and propoxur at all sites. A high intensity of pyrethroid resistance was recorded and the detoxification enzymes contributing to resistance were oxidases, esterases, and glutathione-s-transferases based on the synergist tests. *Anopheles gambiae sensu stricto* (s.s.) and *Anopheles coluzzii* were the main species identified. High *kdr* L1014F and low *kdr* L1014S allele frequencies were detected at all localities.

**Conclusion:** This study suggests the need to reinforce current insecticide-based malaria control interventions (IRS and LLINs) with complementary tools.

**Keywords:** Malaria, *Anopheles gambiae*, Vector control, Intensity resistance, Togo
various West African countries including Benin, Burkina Faso, Mali [3–5] and particularly in Togo [6, 7]. Recent studies showed that the use of synergists and combination of insecticide formulations can increase the susceptibility of malaria vectors in areas with high pyrethroid resistance [8, 9]. To support the sustainability of control strategies, it is essential to consider that resistance management should be systematically integrated into any vector control policy [2]. The implementation of resistance management plans should be supported by the confirmation of resistance in any given country [10]. According to the World Health Organization (WHO) guidelines [10], resistance management involves the implementation of a three-step protocol including (1) assessment of insecticide susceptibility status of vectors, (2) characterization of resistance intensity, and (3) assessment of physiological resistance mechanisms with a focus on the efficacy of the synergist piperonyl butoxide (PBO). In Togo, the first step (i.e., evaluation of the susceptibility status of malaria vectors to insecticides) is carried out every 2 to 3 years at the National Malaria Control Programme (NMCP) sentinel sites. The last two steps (i.e., intensity of resistance and efficacy of the synergists piperonyl butoxide (PBO), S,S,S-tributyl phosphorotrithioate (DEF), and ethacrynic acid (EA)), are not yet widely conducted.

The present study aimed to address these three aspects to provide the NMCP with reliable data for decision-making regarding resistance management in Togo.

**Methods**

**Study area**

The present study was carried out at NMCP sentinel sites selected in three health regions in Southern Togo from June to September 2021 (Fig. 1). According to geographical (different health regions) and ecological characteristics (vector abundance, permanent larval breeding sites), five NMCP surveillance sites were selected for monitoring. The sites were Lomé, Baguida, Kovié, Anié, and Kpèlè Toutou (Table 1).

**Mosquito collection and rearing**

*Anopheles* larvae were collected from a minimum of 10 breeding sites located at least 150 m from each other at each sentinel site. Larvae were collected using methods described by Silver [11], pooled in 1.5 L plastic bottles and brought back to the Laboratory of Ecology and Ecotoxicology (LaEE)/Togo insectarium and reared under controlled conditions (temperature 25±2 °C, Relative humidity 75±2% and 12 L:12 D photoperiodicity) until adult emergence. Emerging adults were fed with 10% glucose solution.

**Insecticide susceptibility tests**

Insecticide susceptibility tests were assessed on 3–5-day old females morphologically identified as *Anopheles*
gambiae sensu lato (s.l.) using four classes of insecticides following the WHO standard protocol [10]. The tests were done with papers impregnated with three pyrethroids (deltamethrin 0.05%, permethrin 0.75%, and alphacypermethrin 0.05%), one organochlorine (DDT 4%), two carbamates (bendiocarb 0.1% and propoxur 0.1%), and one organophosphate (pirimiphos-methyl 0.25%). For each insecticide paper, four replicates of 20–25 unfed females were exposed for one hour. Anopheles gambiae “Kisumu” strain was used as a reference susceptible control strain in each bioassay. Mortality was recorded 24 h after exposure.

**CDC bottle intensity assays**

Resistance intensity of An. gambiae to insecticides was performed using the CDC bottle bioassay protocol [12]. Three pyrethroids were tested at the following doses: deltamethrin (12.5 µg, 25 µg, 62.5 and 125 µg), permethrin (21.5 µg, 43 µg, 107.5 and 215 µg) and alphacypermethrin (12.5 µg, 25 µg, 62.5 and 125 µg). Approximately 20 unfed females aged 3 to 5 days old were introduced into a CDC bottle. The CDC bottle (250 ml) was previously impregnated with 1 ml of the insecticide solution to be evaluated and dried under laboratory conditions for 24 h. Mosquitoes were exposed for 60 min. Mortality was recorded every 15 min for one hour. Four bottles were used for each concentration of insecticide. Control bottles were impregnated with ethanol.

**Synergist tests**

Papers impregnated with the synergist piperonyl butoxide (PBO 4%) and bottles impregnated with S.S.S-tributlyphosphorotrithioate (DEF 125 µg) and ethacrynic acid (EA 80 µg) were used for the synergist tests. For synergist testing with PBO, mosquitoes were pre-exposed to PBO papers for one hour before being exposed to pyrethroids (deltamethrin, permethrin and alphacypermethrin) using the WHO tube testing protocol [10]. Mosquitoes were exposed to DEF synergist for one hour before exposure to organophosphates (malathion 50 µg and fenitrothion 50 µg) and carbamates (bendiocarb 12.5 µg) and EA for 1 hour before exposure to organochlorines (DDT 100 µg) using the CDC bottle testing protocol [12]. After bioassay testing, mosquitoes were preserved in Eppendorf tubes containing silica gel and stored at −20 °C for molecular analyses.

**Molecular analysis**

Molecular analysis was performed on a subsample of 50 females randomly selected per site at the IRSS laboratory / Burkina Faso. DNA was extracted from head-thorax of An. gambiae with 2% Cetyl Trimethyl Ammonium Bromide (2% CTAB). Members of the An. gambiae complex were identified using the PCR-SINE 200X (Short INterspersed Elements) technique of Santolamazza et al. [13]. Detection of the West (kdr-w) and East African kdr (kdr-e) mutations were performed following the protocols of Martinez-Torres et al. [14] and Ranson et al. [15], respectively.

**Data analysis**

Data were entered using Microsoft Office Excel 2016 software. Allelic frequencies for each kdr mutation were compared between sites for each species using the “G-test” [16] performed in Genepop 4.7 and run with R software (version 4.0.3) [17]. Resistance intensity at 5 x and 10 x diagnostic doses was interpreted according to CDC criteria whereby
mosquitoes were categorized as ‘dead’ if they were immobilized by the effect of the insecticide, and unable to stand or fly. The diagnostic time for all insecticides used was 30 min except for DDT which is 45 min [10]. Mortality rates were calculated and interpreted according to the following thresholds and criteria [10]:

- Mortality < 90%: Resistant.
- 90% ≤ mortality ≤ 97%: Probable Resistant.
- Mortality ≥ 98%: Susceptible.

Results

Susceptibility status of An. gambiae to insecticides
Mortality rates of the Kisumu strain of An. gambiae was 100% with all insecticides tested (Fig. 2). Local populations of An. gambiae showed full susceptibility to pirimiphos methyl at four (4) localities (Lomé, Kové, Anié and Kpélè Toutou) with mortality rates of 100%. At Baguida, mortality was 90%, indicating possible resistance to pirimiphos methyl.

Susceptibility tests showed resistance to DDT (mortality ranging between 2% and 20.5%), bendiocarb (15–62.5%), propoxur (19.25–51.75%), deltamethrin (16.25–59.25%), permethrin (6–46%), and alphacypermethrin (1–38.75%) across all study sites (Fig. 2).

Resistance intensity of An. gambiae s.l. to pyrethroids
Resistance intensity tests of local populations of An. gambiae exposed to pyrethroids (deltamethrin, permethrin and alphacypermethrin) showed mortality rates of less than 98% at the 5 x and 10 x diagnostic doses after 30 min. The highest mortality rates were 90.3% at Kpélè Toutou (Table 2), 90.7% at Anié (Table 3) and 90.8% at Baguida (Table 4) for deltamethrin, permethrin and alphacypermethrin, respectively. These results reflect a high resistance intensity of An. gambiae to pyrethroids at all localities surveyed.
Local populations of *An. gambiae* were resistant to deltamethrin, permethrin and alphacypermethrin with mortality rates ranging from 1 to 60% at all sites. The use of the synergist PBO partially restored the susceptibility of *An. gambiae* to pyrethroids with mortality rates ranging from 16.8 to 83.5% across all sites (Fig. 3). Mortality rates were less than 98% for local populations of *An. gambiae* across all sites for DDT, fenitrothion, malathion and bendiocarb. Using the synergist EA, partial restoration of susceptibility was obtained to DDT at all sites with mortality ranging from 8 to 40.3%. The synergist DEF partially restored the susceptibility of *An. gambiae* to bendiocarb in Lomé, Baguida and Kpèlè Toutou (mortality: 91–95%), but not as much at Anié and Kovié where mortality rates were 81.5% and 61.5%, respectively (Fig. 4). The synergist DEF partially restored the susceptibility of *An. gambiae* to organophosphates (fenitrothion and malathion) at all sites except at Anié with mortalities ranging from 70.75 to 74.25%.

Species composition of *An. gambiae (s.l.)*
A total of 250 *An. gambiae (s.l.)* were analysed by PCR for species identification of the *An. gambiae* complex. The successfully identified species were *An. gambiae sensu stricto* (s.s.) (26.4%, *n* = 64) and *An. coluzzii* (73.6%, *n* = 178) in varying proportions depending on the locality (Fig. 5). Eight (8) mosquitoes from Kovié were PCR negative (i.e., undetermined species). *Anopheles coluzzii* was the predominant species in Lomé, Baguida, Kovié and Kpèlè Toutou with proportions varying from 78 to 100% (Fig. 5) whereas *An. gambiae s.s.* predominated in Anié with a proportion of 88%.

### Kdr-west (1014 F) and kdr-east (1014 S) allele frequencies
Molecular analyses detected the *kdr* L1014F mutation in *An. gambiae s.s.* and *An. coluzzii* (Table 5). The frequencies of this *kdr* mutation were relatively high (> 0.70) at all sites except Anié where a lower frequency of 0.50 was observed in *An. coluzzii*. In contrast, the *kdr* L1014S mutation was found only in *An. coluzzii* with low frequencies in Lomé (0.08), Kovié (0.02) and Kpèlè Toutou (0.01) (Table 5). When comparing the frequencies of the *kdr*
Fig. 3  Susceptibility status of *Anopheles gambiae* s.l. to pyrethroids with pre-exposure to PBO Delta deltamethrin, Perm permethrin, Alpha alphacypermethrin, PBO Piperonyl Butoxide

Fig. 4  Susceptibility status of *An. gambiae* s.l. to DDT with pre-exposure to EA and to bendiocarb, malathion, and fenitrothion with pre-exposure to DEF. Bendio bendiocarb, Mal malathion, Fen fenitrothion, EA ethacrinic acid, DEF S,S,S-tributlyphosphorotrithioate
L1014F mutation between the populations of *An. coluzzii* and *An. gambiae s.s.*, no statistically significant difference was detected between the different study sites (G exact test; \( p > 0.12 \)). The low frequencies of the *kdr* L1014S mutation did not allow comparison between study sites and between species.

### Discussion

This study was conducted to update the insecticide resistance status of *An. gambiae s.l.* in key populations in Togo. The susceptibility tests showed that all local strains of *An. gambiae s.l.* were resistant to the insecticides tested except to pirimiphos methyl, where susceptibility was detected except for the strain from Baguida.
which showed possible resistance. The widespread use of insecticide provides a selection pressure for resistance in malaria vectors across Africa. Elsewhere in West Africa, evidence of a relationship between insecticide use in agriculture and the emergence of insecticide resistance in malaria vectors has been reported by several authors [18, 19]. These authors showed that mortality to deltamethrin was particularly low in market gardening areas [19]. In this study, the resistance was also high at Baguida, also a market gardening area. In the same area, there was probable resistance to pirimiphos methyl; this could be due to the introduction and regular use of organophosphates as an alternative to pyrethroids, the only WHO recommended class of insecticides used in market gardening. In addition, high levels of resistance to pyrethroids (deltamethrin, permethrin, and alphacypermethrin) were recorded in all localities.

Managing insecticide resistance remains the major challenge to achieving effective malaria vector control [2]. National and regional efforts through insecticide rotation and the introduction of new insecticide classes appear to be unsuccessful because of the intensity and progression of pyrethroid resistance [20]. Pyrethroids, DDT, bendiocarb, and propoxur induced low mortality rates at all localities tested, suggesting cross resistance and the presence of multiple resistance mechanisms. Resistance mechanisms, especially those involved in pyrethroid resistance, could have been selected by the large-scale use of long-lasting insecticide-treated nets (LLINs) throughout the country, as reported by Protopopoff et al. [21]. In urban areas, the use of spirals and aerosols could also contribute to insecticide resistance, as it is the case with market gardening practices [22]. Studies by Agboyi et al. [23] and Mondedji et al. [24] in Togo showed that farmers oversew synthetic pesticides for plant protection against pests. According to Agboyi et al. [23], while DDT and its derivatives are banned, they are still used by farmers in cotton and vegetable fields. Insecticide residues accumulate in the soil so that during the rainy season, breeding sites become contaminated. The exploitation of hydro-agricultural developments following the creation of agropoles could favour the introduction of new insecticide groups. In Ghana, Pwalia et al. [25] also reported a high intensity of resistance to multiple insecticides (deltamethrin, permethrin, DDT, bendiocarb, propoxur and pirimiphos methyl) using CDC bottle bioassays.

High frequencies of kdr-west alleles varying from 0.5 to 1 were detected. The L1014S allele (kdr-east) was detected at very low frequencies and was present in Lomé, Kovié and Kpelé Toutou at proportions ranging from 0.01 to 0.08% in An. coluzzii only. Amoudj et al. [7] reported high L1014F allele frequencies (~0.9) at Baguida, Kovié and Kolokopé and low frequencies of L1014S allele (~0.02). These two alleles contribute to cross-resistance to organochlorines and pyrethroids. These results are consistent with reports by Diabaté et al. [26] and Yadouleton et al. [27] in Burkina Faso and Benin, respectively, which showed that 1014 F allele frequency in An. gambiae s.l. is higher in cash crop areas usually subjected to insecticide treatments than in rural areas where farmers only grow food crops or products for local consumption. No individual An. gambiae s.s. was homozygous SS for the kdr-west genotype. However, the proportions of heterozygous RS and homozygous RR individuals were high, suggesting strong selection pressure.

In this study, three groups of detoxification enzymes were indirectly incriminated through the testing with PBO, DEF and EA. The use of the synergists PBO with pyrethroids, EA with DDT and DEF with organophosphates and carbamates, restored partially the susceptibility of the tested mosquito populations. This is an indication of the overproduction of oxidases, glutathione-s-transferases and esterases, respectively. Similar findings were reported by Namountougou et al. [28]. It should be noted that ethacrynic acid is a synergist for GSTs with peroxidase activity specifically. This may explain the partial susceptibility restoration observed.

The use of LLINs that contain PBO can be encouraged for resistance management based on our results. Hien et al. [9] and Ahadjj-Dabla et al. [29] showed that PBO partially restored the susceptibility of An. gambiae s.l. to deltamethrin, alphacypermethrin and permethrin in Burkina Faso and Togo, respectively. Moreover, recent report by Ketoh et al. [8] showed the efficacy of PBO LLINs in an area with pyrethroid resistant vector populations. Similarly, DEF and EA could be recommended as adjuvants. A study by Aizoun et al. [30] showed that PBO, DEF and EA partially restored the susceptibility of An. gambiae s.l. to deltamethrin, permethrin and DDT in southern Benin. According to these authors, a combination of PBO and DEF better restored the susceptibility than these synergists used individually.

Two species of the An. gambiae complex (An. gambiae s.s. and An. coluzzii) were identified in different proportions according to the locality. The predominant species were An. coluzzii in Lomé, Baguida, Kpelé Toutou and Kovié and An. gambiae s.s in Anié. This situation could be the result of the adaptability to suitable environmental conditions. In addition, the predominance of An. coluzzii in the four localities mentioned above could also be explained by the presence of irrigated perimeters and permanent water bodies in rice and vegetable-growing areas. Recently, Toglo et al. [31] reported that An. coluzzii was the only species found in Kovié.

In Anié which is primarily a cotton-growing area, most of the breeding sites were temporary and were
colony. Similar findings were reported by Della Torre et al. [32] and Costantini et al. [33]. In Burkina Faso, Diabaté et al. [34] found that An. coluzzii was the primary species found in areas with permanent breeding sites, while An. gambiae s.s. was found in areas with temporary breeding sites. Anopheles arabiensis, classically considered a dryland or dry season species, was not detected in this study; however, it was previously identified at low proportions at Baguida, Kovié and Kolokopé by Amoudji et al. [7]. Unfavourable environmental conditions could affect the development of this species as reported by Duvallet et al. [35].

**Conclusion**

This study revealed the existence of resistance to multiple key public health insecticides in the local populations of An. gambiae s.l. in southern Togo, except for pirimiphos methyl. High intensity pyrethroid resistance was observed at the study localities with probable involvement of detoxification enzymes (oxidases, esterases and glutathione-s-transferases). The kdr L1014F mutation was detected with variable but high allele frequencies (>0.50) in the two sibling species of An. gambiae s.s. and An. coluzzii whereas the kdr L1014S mutation was present at very low frequencies and only in An. coluzzii. The synergists PBO and EA partially restored the susceptibility to pyrethrins and organochlorines, respectively, at all localities and DEF improved the susceptibility to carbamates and organophosphates at all localities except Anié. These data may help the NMCP of Togo in developing more effective strategies to control malaria vectors.

Further investigations are needed to extend the resistance intensity in all the NMCP sentinel sites, (2) test the efficacy of new public health insecticides such as chlorfenapyr (pyrrole) and clothianidin (neonicotinoid), (3) explore other resistance mechanisms (ace-1 and kdr N1575Y) and (4) assess the impact of resistance on the efficiency of vector control tools to prevent malaria in Togo, especially LLINs and IRS.

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**Author contributions**

YA, KMAD, DDS, RKD and GKK participated in the design of the study and data analysis. YA, KMAD, ADA, KIA and EC carried out the larval collection and bioassays. YA, DDS, RB, KLN and SM participated in the molecular and data analyses. YA, KMAD and DDS drafted the manuscript. RLVC, AL supplied reagents and critical reviewed the manuscript. RKD, AD, AMD, RTA and GKK critical reviewed the manuscript. All authors read and approved the final manuscript.

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**Availability of data and materials**

All data generated or analysed during this study are included in this manuscript.

**Declarations**

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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