Dexmedetomidine attenuates oxidative/nitrative stress in lung tissues of septic mice partly via activating heme oxygenase-1

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Abstract. Excessive reactive oxygen/nitrogen species are considered to be one of the primary events that cause lung injury during sepsis. The present study aimed to determine whether dexmedetomidine (Dex) exhibits antioxidative and antinitrative effects on sepsis-induced lung injury and its effect on heme oxygenase-1 (HO-1) activation. The cecal ligation and puncture (CLP) mouse model was used, where male C57BL/6J mice were randomized into groups: Sham, CLP, Dex and Dex + zinc protoporphyrin (ZnPP). Following CLP or sham operation, intraperitoneal injections of 40 µg/kg Dex or saline were administered in the Dex + ZnPP group, intraperitoneal injections of ZnPP (40 mg/kg) were administered 1 h prior to the CLP operation. Subsequently, histopathological examination of the lungs and measurement of HO-1 activity in the lung, as well as oxidative and nitrative stress were determined 24 h following CLP. Dex significantly decreased the levels of oxidative and nitrative stress, as demonstrated by the decreased levels of malondialdehyde and nitrotyrosine, and the protein expression of inducible nitric oxide synthase, as well as increased superoxide dismutase in lung tissues. Also Dex inhibited the elevation of serum interleukin-6 and tumor necrosis factor-α and increased lung HO-1 activity. Furthermore, the effects of Dex were partially reverted by the HO-1 inhibitor ZnPP. In conclusion, Dex inhibited oxidative/nitrative stress in sepsis and attenuated sepsis-induced acute lung injury partially by increasing HO-1 activity.

Introduction

The third International Consensus defines sepsis as a life-threatening organ dysfunction caused by a dysregulated host response to infection (1). Sepsis-induced injury and dysfunction of multiple organs remain the major cause of death in septic patients. One of the main organ complications of sepsis is the acute lung injury (ALI), which is characterized by alveolar edema, acute hypoxemic respiratory failure and enhanced inflammatory response in the lungs (2).

Although sepsis is a systemic inflammation response syndrome, overwhelming evidence implicates the underlying role of oxidative stress in the pathogenesis of multiple organ failure in septic patients (3). Oxidative stress influences the molecular mechanisms that control inflammation and directly cause tissue damage (4,5). The lung is the primary organ that is affected initially and most severely in sepsis (6). Under normal physiological conditions, there is a balance between the levels of antioxidants and oxidants in the lungs, and a disruption in this balance is considered to be one of the primary events that causes an inflammatory response in the lungs during septic infection (6,7). Furthermore, oxidative stress further activates cytokines and leukocytes, potentially leading to the overexpression of nitric oxide (NO), an excess of which reacts with O₂⁻ to produce ONOO⁻, which mediates nitrative stress in sepsis (8). A clinical study detected a large quantity of nitric oxide derived from inducible NO synthase (iNOS) in septic patients, which indicated that nitrative stress is involved in septic-mediated injury (9).

Dexmedetomidine (Dex), a selective agonist of the α₂-adrenergic receptor, is an effective sedative, anxiolytic and analgesic agent for critically ill patients. Dex has been reported to exert beneficial effects on respiration during sedation (10). Recent studies on septic animal models revealed that Dex attenuates lung injury (11). However, these studies primarily focused on the effects of Dex on the inflammatory response. To the best of our knowledge, the effects of Dex on oxidative stress and nitrative stress in lung injury have not been reported. Other studies demonstrated that Dex exerted antioxidant effects (12,13). Thus, it was hypothesized that Dex may exert antioxidant and anti-nitrative effects during septic-induced lung injury.

Heme oxygenase-1 (HO-1) is a stress-inducible enzyme that can catalyze the conversion of heme to ferrous iron, carbon monoxide and biliverdin. HO-1 is among the most critical protective mechanisms activated during cellular stress and it is thought to serve a key role in maintaining anti-oxidant/oxidant balance. A previous study revealed that the stimulation of HO-1 was able to exert protective effects against cellular oxidative

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stress (14). Conversely, HO-1 deficient mice presented with major pro-oxidant and pro-inflammatory pathologies (15), and suffered higher mortality rates compared with wild-type mice (16). Furthermore, lung protection by HO-1 was demonstrated in vitro and in vivo in several models of experimental ALI and sepsis (17,18).

The present study was based on the hypothesis that Dex attenuates lung injury and oxidative and nitrative stress in septic mice by activating HO-1.

**Materials and methods**

**Cecal ligation and puncture (CLP) to induce sepsis in mice.** A total of 56 male wild-type mice (20-25 g) were obtained from the Experimental Centre of Wuhan University (Wuhan, China). The mice were housed in the conditions of 18-22°C room temperature and 50-60% humidity and given free access to standard laboratory diet and drinking water on a 12-h light/dark cycle.

A CLP model was used for the induction of polymicrobial sepsis in mice. As described in a previous study (19), the mice were anesthetized by administering intraperitoneal ketamine hydrochloride (120 mg/kg) and xylazine hydrochloride (5 mg/kg). The abdominal area was shaved and disinfected. A laparotomy was performed and the cecum was ligated from the top and punctured twice by piercing the cecum with an 18-gauge needle. A small amount of feces from the bowel was expelled from the puncture hole and the cecum was returned into the peritoneal cavity gently. Sham-operated mice underwent the same procedure but with no ligation and perforation of the cecum. Pre-warmed saline (0.5 ml/100 g body weight) was injected subcutaneously following surgery. Postoperative pain control was managed with one subcutaneous injection of bupivacaine (3 mg/kg). All experimental procedures utilizing animals were approved by the Experimental Animal Centre Review Board of Renmin Hospital of Wuhan University (no. WDRM 2018).

**Experimental protocol.** Mice were randomly divided into four groups: Sham group, CLP group, Dex group (CLP + Dex) and Dex + zinc protoporphyrin (CLP + Dex + ZnPP). Following CLP or sham surgery, intraperitoneal injections of 40 µg/kg Dex or saline were immediately administered once. Znpp IX (40 mg/kg) as stated above. Postoperative pain control was managed with subcutaneous injection of bupivacaine (3 mg/kg; Shandong Hualu Pharmaceutical Co., Ltd.) immediately post-operation once per day. All animals were monitored after the operation and administrations. The time when an animal died from septic infection was recorded as 1 and the time when no death occurred was recorded as 0. SPSS-15.0 software was used to analyze the mortality rate within 96 h. Following 96-h, all experimental animals were euthanized using 100% CO₂ anesthesia using an air displacement rate of 20% of the chamber volume/min. Preemptive euthanasia was performed for humane reasons if mice showed any of the following signs: Emaciated, gasping, no response to touch or the anal temperature <25°C.

**Histopathological assessment of pulmonary tissue.** Following 24 h post-CLP surgery, animals were anesthetized by administering intraperitoneal ketamine hydrochloride (120 mg/kg) and xylazine hydrochloride (5 mg/kg). The lung tissues were perfused under controlled pressure with PBS at room temperature. The right lung was fixed in 4% paraformaldehyde at room temperature for 30 min and then embedded in paraffin, cut into 4 µm sections and stained with hematoxylin and eosin respectively for 5 min at room temperature. The slides were scored under a light microscope (magnification, x200) by two blinded pathologists with expertise in lung pathology. The criteria for scoring lung injury was as follows (22): 0-5, normal to minimal inflammation; 6-10, mild inflammatory change; 11-15, moderate inflammatory; 16-20, severe inflammatory injury.

**Measurement of tissue myeloperoxidase (MPO) activity.** MPO is a marker of neutrophil accumulation and activation. MPO activity in lung tissue was measured by using a MPO detection assay kit according to the manufacturer's protocol (Nanjing Jiancheng Bioengineering Institute). Following homogenization and sonication (25 kHz; 4x30 sec) of lung tissue at 0°C, 100 µl of supernatant was added to 2.9 ml of o-Dianisidine dihydrochloride and hydrogen peroxide solution for 5 min at room temperature and then stopped by adding 0.1 ml of hydrochloric acid. Absorbance was measured spectrophotometrically at 400 nm and MPO activity was expressed as U/mg tissue.

**Measurement of superoxide dismutase (SOD) activity, malondialdehyde (MDA) levels and total NO production in lung tissue.** Following 24 h post-operation, SOD activity in the lung was measured using a SOD activity assay kit (Nanjing Jiancheng Bioengineering Institute Co., Ltd.; cat. no. A001-3-2) as previously described (14). SOD activity was expressed as U/mg protein.

MDA serves as an index of membrane lipid peroxidation. MDA levels in the tissue was determined using a MDA assay kit (Nanjing Jiancheng Bioengineering Institute Co., Ltd.; cat. no. A003-1-2) as previously described (14). The level of MDA was expressed as U/mg protein. The content of lung NO was detected with a commercially available NO assay kit (Nanjing Jiancheng Bioengineering Institute Co., Ltd.; cat. no. A012-1-2) according to manufacturer's protocol.

**Quantitation of tissue nitrotyrosine content.** Lung tissues were homogenized in cold saline. The nitrotyrosine content of lung tissues, a footprint of in vivo NOONO⁻ formation and an index of nitrative stress, was evaluated using a nitrotyrosine ELISA kit (cat. no. ab113848; Abcam) according to the manufacturer's protocol.

**Measurement of serum cytokines.** Following 24 h post-CLP surgery, 200 µl blood was harvested from the heart for the serum interleukin (IL)-6 and tumor necrosis factor (TNF)-α levels.
error. Each experiment was repeated for three times. SPSS-15.0 software (SPSS, Inc.) was used for data analysis. Statistical significance was estimated via one-way analysis of variance followed by the Student-Newman-Keul post hoc test. The mortality rates among groups were compared using the Kaplan Meier method, followed by a post hoc test (Bonferroni’s method). P<0.05 was considered to indicate a statistically significant difference.

Results

General characteristics of septic mice. As presented in Table 1, at 24 h following surgery, CLP mice exhibited severe hypotension with a 58% decrease in mean blood pressure and hypothermia, which indicated that the CLP model was successfully established.

Pretreatment with Dex improves survival in experimental sepsis. As presented in Fig. 1, the survival rates of mice at 96 h following surgery were 100, 34.4, 55 and 31.3% for the sham, CLP, CLP + Dex and CLP + Dex + ZnPP groups, respectively. Compared with the sham group, the mortality rate in the CLP group significantly increased. Dex pretreatment markedly decreased the elevated mortality rate induced by CLP. However, ZnPP reverted the effects of Dex. Therefore, ZnPP partially revert the effects of Dex. The inflammation scores of lung injury are presented in Fig. 2B. The lung injury score of the CLP + Dex group was significantly lower than that in the CLP group.

Western blot analysis. Protein extraction and western blot analysis was performed as described previously (14). HO-1 activity was expressed as ng/mg protein.

HO-1 activity. HO-1 activity was measured 24 h post-CLP surgery by quantitatively determining biliverdin reductase using a commercial assay kit (Gnmed Scientifics, Inc.) as previously described (14). HO-1 activity was expressed as ng/mg protein.

Statistical analysis. Data were expressed as the mean ± standard error. Each experiment was repeated for three times. SPSS-15.0 software (SPSS, Inc.) was used for data analysis. Statistical significance was estimated via one-way analysis of variance followed by the Student-Newman-Keul post hoc test. The mortality rates among groups were compared using the Kaplan Meier method, followed by a post hoc test (Bonferroni’s method). P<0.05 was considered to indicate a statistically significant difference.

Table I. General characteristics of septic mice.

A, Sham group

| Characteristics         | Baseline  | 24 h    |
|-------------------------|-----------|---------|
| Weight (g)              | 23.2±2.1  | 20.3±1.8|
| Mean blood pressure (mmHg) | 82.0±1.0  | 83.0±6.0|
| Temperature (°C)        | 37.0±0.5  | 37.1±0.2|

B, CLP group

| Characteristics         | Baseline  | 24 h    |
|-------------------------|-----------|---------|
| Weight (g)              | 23.6±0.7  | 21.1±0.8|
| Mean blood pressure (mmHg) | 84.0±2.0  | 35.0±6.0a|
| Temperature (°C)        | 37.1±0.1  | 30.1±0.2a|

*p<0.05 vs. baseline. CLP, cecum ligation and puncture.

Dex treatment attenuates lung histological injury in sepsis. Representative lung morphological changes are presented in Fig. 2A. Lung tissue sections in sham group showed normal alveolar architecture. In contrast, septic mice exhibited severe lung damage in the CLP group, evidenced by abundant inflammatory cells infiltration, alveolar wall edema and congestion. However, compared with the CLP group, only mild damage in lung tissue sections was observed in the CLP + Dex group, while ZnPP partly revert the effects of Dex. The inflammation scores of lung injury are presented in Fig. 2B. The lung injury score of the CLP + Dex group was significantly lower than that in the CLP group.

Wet/dry weight ratio and MPO activity. The wet/dry weight ratio and MPO activity in the lung tissues of the sham group was low. However, the wet/dry weight ratio and MPO activity of CLP group was significantly higher than those of the sham group (Fig. 3). Pretreatment with Dex significantly inhibited the increase of wet/dry weight ratio and MPO activity in septic mice. However, ZnPP partially reverted the effects of Dex.

Dex reduces CLP-induced pulmonary oxidative injury. A reduction in SOD activity was also observed in septic mice at 24 h following CLP surgery compared with sham-operated mice (Fig. 4A). MDA content in murine pulmonary tissue was also significantly increased in septic mice compared with sham-operated mice (Fig. 4B). Additionally, Dex treatment significantly decreased pulmonary MDA content and increased pulmonary SOD activity in septic mice. However, ZnPP reverted the effects of Dex (Fig. 4).

Dex decreases serum levels of proinflammatory cytokines in septic mice. ELISA assays were performed to evaluate the serum levels of IL-6 and TNF-α. Serum levels of TNF-α and IL-6 in septic mice, induced by CLP surgery, were significantly increased compared with those in the sham group. Dex markedly inhibited the sepsis-induced upregulation of TNF-α and IL-6 production, whilst ZnPP reversed the effects of Dex (Fig. 5).
Figure 1. Effect of Dex on the survival rate of septic mice induced by CLP. Sham, sham operation group; CLP, cecal ligation and puncture operation group; CLP + Dex, Dex (40 µg/kg) treatment group; CLP + Dex + ZnPP, CLP with Dex plus ZnPP pre-treatment. *P<0.05 vs. sham, †P<0.05 vs. CLP and ‡P<0.05 vs. CLP + Dex. Dex, dexmedetomidine; ZnPP, zinc protoporphyrin.

Figure 2. Histological evaluation of lung in septic mice. (A) Representative images of hematoxylin and eosin staining of lung sections from mice in the sham group, CLP group, CLP + Dex group and CLP + Dex + ZnPP group (magnification, x200). (B) Lung tissue injury scores of mice in the sham, CLP, CLP + Dex and CLP + Dex + ZnPP groups. Data are presented the mean ± standard deviation (n=6 per group). *P<0.05 vs. sham, †P<0.05 vs. CLP and ‡P<0.05 vs. CLP + Dex. CLP, cecal ligation and puncture; Dex, dexmedetomidine; ZnPP, zinc protoporphyrin.

Figure 3. Pulmonary wet/dry weight ratio and MPO activity. (A) Pulmonary wet/dry weight ratio (B) and MPO activity in lung tissues harvested from mice of the sham, CLP, CLP with Dex (CLP + Dex) and CLP with Dex plus ZnPP pretreatment (CLP + Dex + ZnPP) groups. *P<0.05 vs. sham, †P<0.05 vs. CLP and ‡P<0.05 vs. CLP + Dex. Dex, dexmedetomidine; MPO, myeloperoxidase; CLP, cecal ligation and puncture; ZnPP, zinc protoporphyrin.

Figure 4. Effect of Dex on lung tissue oxidative stress measured 24 h after CLP (n=10). (A) SOD activity and (B) MDA levels were determined. CLP, cecal ligation and puncture; CLP + Dex, CLP with Dex treatment; CLP + Dex + ZnPP, CLP with Dex plus ZnPP pretreatment. *P<0.05 vs. sham, †P<0.05 vs. CLP and ‡P<0.05 vs. CLP + Dex. Dex, dexmedetomidine; CLP, cecal ligation and puncture; SOD, superoxide dismutase; MDA, malondialdehyde; ZnPP, zinc protoporphyrin.
Dex decreases CLP-induced pulmonary nitrative injury. Lung tissue nitrotyrosine content was significantly increased in CLP mice compared with the sham-operated group (Fig. 6B). This augmentation was significantly decreased in Dex-treated mice when compared with the CLP group (Fig. 6B). However, ZnPP partially reversed the effects of Dex (Fig. 6B).

NO production was implicated during inflammation, mainly due to the inducible NO synthase (iNOS). NO production and iNOS expression were significantly increased in lung tissues of septic mice (Fig. 6A and C). Dex treatment significantly decreased NO production and attenuated the elevated iNOS expression in CLP mice (Fig. 6A and C).

**Discussion**

The present study revealed that sepsis-induced lung injury was associated with increased oxidative stress and nitrative...
stress, as indicated by a significant increase in lung tissue levels of MDA and nitrotyrosine content. Enhanced levels of oxidative stress were accompanied by compromised plasma SOD activity. Furthermore, Dex prevented septic-induced oxidative/nitrative stress and increased HO-1 activity with concomitant decreased lung levels of MDA, nitrotyrosine and NO content as well as iNOS expression. However, HO-1 inhibitor ZnPP reversed the effects of Dex. The results support the hypothesis that Dex exerts antioxidant and anti-nitrative effects on septic-induced lung injury partially by increasing HO-1 activity. A hypothetical diagram of this mechanism is presented in Fig. 8.

In sepsis, decreased endogenous antioxidant capacity may lead to the excess production of reactive oxygen species (ROS) (4,5), which have been assumed to serve an important role in the induction of many pro-inflammatory cytokines and mediators to trigger acute inflammatory responses in lung tissue. The antioxidant, N-acetylcysteine, decreases pro-inflammatory cytokine levels and ameliorates sepsis-associated lung injury by suppressing intracellular ROS production (23). Consistent with other reports (5,6) the present study demonstrated that sepsis induced an oxidant-anti-oxidant imbalance, evidenced by significantly increased lung MDA levels and the decreased activity of the antioxidant enzyme, SOD, in septic mice. An increased serum IL-6 and TNF-α expression and an enhanced lung MPO activity were also observed, which indicated that a large number of inflammatory cells were infiltrating lung tissues. Dex treatment decreased MDA levels, inhibited the expression of IL-6 and TNF-α, and decreased inflammatory cell infiltration, which implied that Dex exerted protective effects on sepsis-induced lung injury by inhibiting oxidative stress. However, the HO-1 ZnPP inhibitor partially reverted the anti-oxidant effects of Dex. The protective effects of Dex against sepsis-induced lung injury was associated with its anti-oxidant property, by directly inhibiting superoxides, but also by indirectly enhancing the activity of anti-oxidant enzyme HO-1.

Sepsis induces lung vascular injury by increasing nitrative stress, which is mediated by an increased NO production, and the formation of strong oxidizing ROS, such as nitrotyrosine (8,9). In the normal lung, NO is mainly produced by endothelial NO synthase, while during inflammation, NO is mainly induced by iNOS (24). Zhang et al (25) reported that resveratrol, which has anti-nitrative property, decreased endotoxemia-induced acute lung injury by decreasing iNOS expression, NO and nitrotyrosine production. In the present study, the data revealed that septic lungs exhibited a marked increase in nitrative stress, evidenced by the significantly increased NO content and nitrotyrosine production, paralleled with an increased protein expression of iNOS. Dex caused a decreased expression of nitrotyrosine, indicating that Dex attenuates sepsis-induced nitrative stress in lung tissue. However, these effects of Dex were partially reverted by the HO-1 inhibitor ZnPP, suggesting that Dex may exert its anti-nitrative effects by activating the HO-1 pathway.

Enhancing HO-1 activity, leading to the inhibition of oxidative stress/nitrative stress, may be the underlying mechanism whereby Dex attenuates sepsis-induced acute lung injury. HO-1 is a rate-limiting enzyme involved in heme catabolism possessing potent anti-oxidant effects. A number of studies suggested that enhancing HO-1 expression in lung tissue alleviates lung injury induced by sepsis (26-28). Gao et al (29) reported that Dex increased HO-1 expression in lung tissue and decreased oxidative stress during one-lung ventilation. Consistent with this report, the present study determined that Dex significantly increased HO-1 activity, accompanied with decreased MDA levels in the lung tissues of septic mice. However, a previous report has indicated that treatment with an adenoviral vector over-expressing HO-1 inhibits the protein expression of iNOS in the cerebrum and blocks the toxic formation of ONOO during cerebral ischemia, implying that HO-1 attenuates nitrative stress (8). In the present study, it was demonstrated that Dex markedly activated HO-1 and decreased superoxide anion production and nitrotyrosine content as well as iNOS expression in the lung tissue of septic mice. The HO-1 activity inhibitor partially reverted the effects of Dex, indicating that Dex inhibits sepsis-induced oxidative/nitrative stress to attenuate sepsis-induced lung injury partly by activating HO-1.

In conclusion, Dex was demonstrated to attenuate sepsis-induced acute lung injury by attenuating oxidative/nitrative stress, partially by increasing HO-1 activity. The present results provide further basis for the use of dexmedetomidine to decrease sepsis mortality.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors’ contributions

GY made substantial contributions to conception and design. SL contributed to acquisition of data, analysis and interpretation of data. JX built the model and analyzed data, and was a major contributor in writing the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All experimental procedures utilizing animals were approved by the Experimental Animal Centre Review Board of Renmin Hospital of Wuhan University.

Patient consent for publication

Not applicable.
Competing interests

The authors declare that they have no competing interests.

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