Improvement of Pavement Subgrade by Adding Cement and Fly Ash to Natural Desert Sand

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Abstract: Soil characteristics are paramount to design pavements and to assess the economic viability of a road. In the desert, such as that found in southern Libya, the very poor quality of soils leads to important pavement distress such as cracks, rutting, potholes, and lateral shear failure on the edges. To improve the strength of desert sand, an innovative approach is proposed, consisting of adding manufactured sand, ordinary Portland cement (OPC), and fly ash (FA) as a binder. OPC and FA improve the characteristics of mixes of crushed fine aggregate (CFA) and natural desert sand (NDS). These results are based on a gradation of two sand sources to determine the particle distribution and X-ray fluorescence (XRF) to determine their chemical and physical properties, respectively. This research assesses the effect of cement and fly ash on the geotechnical behavior of two mixtures of fine desert and manufactured sands (30:70% and 50:50%). The mix composed of 26% of CFA, 62% of NDS, 5% of OPC, and 7% of FA shows optimal results in terms of strength, compaction, and bearing capacity characteristics.

Keywords: cement; fly ash; pavement construction; UCS; soil stabilization; CBR

1. Introduction

Transportation network efficiency is crucial for the functioning of the world economy. Roads are some of the oldest and most popular modes of transportation [1]. The pavement materials used in the building of roads fall into two broad categories of rigid and flexible, respectively. The cement concrete layer in rigid pavement is primarily load bearing, while the asphalt layer in flexible pavement is the wearing course [2,3]. Pavement design must account for the increase in road use and technological innovation that gives vehicles greater load-bearing capacity, since road structural integrity can be compromised from the corresponding increase in stress [4,5]. Road structure is typically made up of four layers, which include the wearing course, base course, subbase course, and subgrade. The effective transfer of design axle load from the top to the adjacent layers of the pavement depends on the materials, mechanical properties, and thickness of the respective layers [6]. The subgrade layer has the lowest California-Bearing Ratio (CBR) and maximum dry density (MDD) of all other layers, and it is also the most plastic with the highest plasticity index (PI). As well, environmental conditions including high groundwater table can significantly weaken subgrade soil [7]. Pavement design accounts for these environmental issues by using thicker above subgrade road layers, a more robust material in lieu of subgrade, or overall stronger, more rigid pavement [8].

The characteristics of a soil for road construction is critical in a feasibility study: the poor quality of soils, especially in desert areas, challenges the pavement design and the economic viability of a road project. In deserts, the absence of water explains the formation of soils through the effects of erosion, heavily blowing winds, sedimentation, and important temperature changes between day and night, which results in the breakdown of the rocks into sand or gravel [9]. The fine-grained, round-shaped, and smooth nature of desert sands leads to poor strength. The typical round shape of desert sand grain affects the
mechanical interlock between aggregates, and after adding cement, that affects the stability of the mixture and the fresh concrete properties [10]. Therefore, desert sand does not often meet the technical requirements to be used as a pavement subgrade if untreated [11]. The use of desert sand for construction purposes has recently gained attention as it improves the physical and chemical properties of mortar [12]. The strength of the desert sand concrete (DSC) is equivalent to that of the ordinary concrete [13–15]. However, the physical and mineral composition of desert sands varies depending on regions where they are formed [16].

Cost can be a significant barrier to implementing the above strategies, and it is best to exhaust all available options for improving the existing subgrade properties before replacing it. Subgrade can be stabilized using a variety of pozzolanic and industrial materials including lime, fly ash, silica fume, cement, and bentonite, among others [17]. Additionally, sourcing usable road-building materials from construction waste can be an effective waste management strategy. Coal consumption produces large amounts of fly ash, which is a low-cost and reusable construction material [18]. Despite its common use in construction, fly ash remains an under-researched material and source of potentially useful compounds with interesting properties. One study uses the combination of cement, polymers, enzymes, and fly ash for the stabilization of subgrade soil. The bearing capacity of soil was found to be improved using a mixture of fly ash, cement and enzymes, consequently reducing the overall road layer thickness [19].

The process of stabilizing the desert soil with cement decreases its compressibility and its permeability, and it further increases its strength, its bearing capacity, and its durability. It also reduces construction cost by utilizing local materials [20,21]. Furthermore, the use of cement to improve the engineering properties of soils has already been adopted [22–25], and this is mainly due to the hardening of cement in the presence of moisture and during the curing period [26]. Previous study on the effect of demolition waste on the compaction properties and unconfined compressive strength of weak soil [27] showed that the addition of waste particles decreases the optimum water content and increases the dry unit weight of clay, while the unconfined compressive strength increased quite significantly with the addition of concrete particles.

Cement–lime has been used with good results to stabilize fine and granular soils as well as fine aggregates. Indeed, the lime (i.e., calcium hydroxide) interacts and modifies the clay found in the soil [28]. At the same time, fly ash creates a bond between the particles, limiting the expansion and contraction of the material and therefore the expansion in volume of plastic soils. This phenomenon is similar to the Portland cement effect, which limits the fluctuation in concrete mixes. The main objectives of this study are as follows: (1) protect the environment by using the cement–fly ash with NDS from quarry materials in engineering projects, (2) investigate the effect of using a combination of fly ash–cement as a stabilizer on the engineering properties of the subbase and base layers, and (3) develop useful and practical relationships between strength, compaction, and the California bearing ratio (CBR) of the treated desert sand materials for practical use in the construction industry.

2. Laboratory Investigation

A laboratory testing program was undertaken to achieve the objectives of the study. Laboratory tests were conducted on untreated and treated soil with a cement–fly ash admixture. These soil mixtures stabilized with varying percentages of fly ash (i.e., 3, 5, and 7%) with a constant cement content 5%. The samples were investigated to determine their influence on engineering properties.

2.1. Materials Used

The sand used in the following tests comes from a Libya desert where the sand is abundant and even inhibits construction activities because of its characteristics. The sand was prepared in two forms: the natural desert sand and the crushed sand. Table 1 shows the results of XRF for natural desert sand (NDS) and crushed fine aggregate (CFA). The
sands were mixed in ratios of 30:70 and 50:50 for crushed sand to natural desert sand, respectively. Ordinary Portland cement (OPC) and fly ash (FA) were secured for use in this laboratory exercise. The OPC was used at a constant percentage of 5% to modify the desert sands, while FA was applied in the proportions of 0, 3, 5, and 7% by weight of treated sand. The OPC satisfied the conditions of ASTM C150 (1978) while FA satisfied the pozzolana conditions according to ASTM C618 (1978).

Table 1. XRF results of natural desert sand (NFS) and crushed fine aggregate (CFA).

| Chemical Composition | NFS (%) | CFA (%) |
|----------------------|---------|---------|
| Silica (SiO₂)        | 83.12   | 87.10   |
| Aluminum (Al₂O₃)     | 11.51   | 8.04    |
| Iron (Fe₂O₃)         | 2.53    | 1.31    |
| Potassium (K₂O)      | 0.34    | 0.12    |
| Titanium (TiO₂)      | 0.51    | 0.18    |
| Calcium (CaO)        | 0.23    | 0.08    |
| Magnesium (MgO)      | 0.11    | 2.16    |
| Sulfur (SO₃)         | 1.33    | 0.08    |
| Sodium (Na₂O)        | 0.12    | 0.93    |
| Barium (BaO)         | 0.13    | -       |
| Manganese (MnO)      | 0.07    | -       |

2.2. Testing Procedures

The addition of these materials to the different properties of sand was investigated via the following experiments: the modified proctor test for evaluating OMC and MDD; CBR; as well as the unconfined compression test of the modified desert sands. In the modified proctor test, the weight of the hammer used was 4.54 kg, and its height of fall was 203 mm. The internal diameter and effective height of the mold were 152.4 mm and 177.8 mm, respectively. The sample layers were compacted individually, after which point the OMC and MDD were calculated. In order to perform the CBR test, water of equal volume to the OMC was added to the soil samples. After compaction, the samples were placed in the CBR testing machine, and the test was verified according to ASTM D1883. To conduct the UCS test, the samples were prepared according to ASTM D2216 in a cylindrical metal mold with an internal diameter of 50 mm and a height of 100 mm. Then, the samples were subjected to an axial load as per the relevant ASTM. Then, the treated specimens were cured for 7, 14, and 28 h. Figure 1 shows all the materials and experimental procedure.
3. Results and Discussion

The compaction characteristics as well as the UCS and CBR values were determined for all soil samples. The results are analyzed and discussed below:

3.1. General Classification of Test Materials

The results of the particle size distribution in Table 2 and Figure 2 showed that an equal percentage of both mixtures at 30:70% and 50:50% passed through sieve no. 10, and variations were observed in percentage passing through the other sieves until a uniform percentage of 0.2 passed through sieve no. 0.080. According to the AASHTO system of soil classification, this soil mix is classified as A-3 (fine sand that would make a good plastering or construction material or modified mortar). Desert sands are classified as having similar consistency to dune sands or river sand with no plasticity. Table 3 presents the composition of the chemical oxide of the binding materials, which were cement utilized at a fixed 5% proportion by weight of treated desert sand. Table 3 shows that fly ash is predominantly more rich in aluminosilicates than cement, which is predominantly rich in calcium oxide. According to the requirements for pozzolanas in American Standard for Testing and Materials ASTM C618-19, FA is considered a pozzolanic material; the sum of the composition of silica, alumina, and ferrite is more than 70%, as presented in Table 3. This property makes FA a good environmentally friendly supplementary cementitious material (SCM) with special properties to resist shrinkage potentials, cracking effect, high temperatures, sulfate attacks, etc., unlike the OPC, which is prone to cracking, sulfate attacks, and temperature effects.

3.2. Compaction Behavior of FA-Treated Desert Sand

The influence of a fixed percentage of the cement modified desert soil, mixed with the ratio of 30:70% and 50:50% for crushed and natural desert sands and treated with FA at proportions of 3, 5, and 7% respectively by weight, on the dry density and moisture content of the soil mixture are shown in Figures 3 and 4. The maximum dry density (MDD) of both mixtures increases with an observed increase in fly ash content (i.e., 0 to 7%). It was found that the 30:70 mix specimen increased substantially with increased fly ash dosages, although a greater increase was observed in the 50:50 mixture. In addition, it was found that the MDD increased from 1.8 to 2.10 gr/cm$^3$, while the optimum moisture content (OMC) decreased from 5.09% to 4.45% with a proportional increase of 7% in FA for the mixture of 30:70. The same trend was found for the 50:50 mixture. Furthermore, the MDD improved at an index of 3.96% in the 30:70 mix specimen treated with fly ash,
while it improved at an index of 3.16% with the 50:50 mix specimen. The results show that natural desert sand, which is higher in the 30:70 mix specimen, played a substantial role in the significant improvement recorded. It can be assumed that desert sand in its natural state will be better than crushed sand. This is due to the loss of textural strength and particle-to-particle intergranular force during the crushing of desert sand. Furthermore, it was concluded that the cation exchange reaction responsible for densification will be greater in the 30:70 mix with a higher proportion of natural desert sand than in the 50:50 mix specimen. A hydration reaction resulted in an overall reduction in the use of the available moisture. This was because moisture was needed to chemically break down the materials into Ca$^{2+}$ and OH$^{-}$ ions, thereby facilitating an exchange reaction and producing more Ca$^{2+}$ [29]. The results show that the use of OPC in the stabilized mix has played a major role in the improvement of the achieved CBR values. A similar result was also offered by [30], where samples with 4% cement content (5% FA content) proved to be much more viable than 2% cement content samples, where there was no significant improvement after 14 days of curing.

Table 2. Particle size distribution of test sands.

| Diameter (mm) | Mixture 30:70% | Mixture 50:50% |
|---------------|----------------|----------------|
| 28.00         | 100            | 100            |
| 20.00         | 100            | 100            |
| 14.00         | 100            | 100            |
| 10.00         | 98.4           | 98.4           |
| 5.00          | 41.8           | 59.7           |
| 2.50          | 24.7           | 43.6           |
| 1.25          | 7.2            | 7.6            |
| 0.63          | 5.3            | 4.5            |
| 0.32          | 2.8            | 1.9            |
| 0.16          | 1.6            | 1.0            |
| 0.080         | 0.2            | 0.2            |

Figure 2. Gradation curves for two mixtures of sand (30:70% and 50:50%).
CBR showed regular improvement; this might be because enough calcium is freed when ment in the CBR due to the higher proportion of fines in the crushed sand. With added FA, performance than the values of the 50:50 mix. The first mix showed substantial improve-
5. The CBR values of mix 30:70 at both 2.5 mm and 5 mm penetration have shown better
5, and 7% and cement kept at a constant proportion of 5% are shown in Table 4 and Figure
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3.3. Strenght Behavior of FA Treated Desert Sand
Figure 4. Effect of FA on the compaction of cement-modified desert soil (50:50).

Figure 3. Effect of FA on the compaction of cement-modified desert soil (30:70).

Table 3. Chemical composition of OPC and FA.

| Compound | OPC % Composition | FA % Composition |
|----------|------------------|------------------|
| SiO₂     | 18.20            | 62.04            |
| CaO      | 59.03            | 9.10             |
| MgO      | 1.80             | 1.03             |
| Al₂O₃    | 5.09             | 17.21            |
| Fe₂O₃    | 3.15             | 4.10             |
| Na₂O     | 0.18             | 0.03             |
| K₂O      | 0.29             | 1.21             |
| SO₃      | 2.65             | 3.88             |
| Loss on Ignition (LOI) | 7.91 | 0.43 |
| Un-solvent materials | 1.02 | - |

The CBR test results for samples 30:70 and 50:50 treated with FA at the ratios of 0, 3, 5, and 7% and cement kept at a constant proportion of 5% are shown in Table 4 and Figure 5. The CBR values of mix 30:70 at both 2.5 mm and 5 mm penetration have shown
better performance than the values of the 50:50 mix. The first mix showed substantial improvement in the CBR due to the higher proportion of fines in the crushed sand. With added FA, CBR showed regular improvement; this might be because enough calcium is freed when calcium aluminate (CA) and hydrated calcium silicate (CS) are formed. It is well established that these are the compounds that result in improved strength. It should be noted that the greatest CBR values (30:70) were found when the soils were treated with a 7% addition of FA for both penetrations at 2.5 mm and 5 mm. This result suggests that an increase in FA amount in cement-modified desert soil produces a better stabilization result in terms of CBR values, and this improvement may be attributed to the change of soil structure from dispersed to flocculated.

Table 4. Effect of fly ash on the CBR of cement-modified desert soil.

| Penetration (mm) | CFA/NDS Ratio 30:70 with 5% OPC | CFA/NDS Ratio 50:50 with 5% OPC |
|-----------------|-------------------------------|-------------------------------|
|                 | 0    | 3    | 5    | 7    | 0    | 3    | 5    | 7    |
| 2.5 mm          |      |      |      |      |      |      |      |      |
| CBR (%)         | 82.20 | 83.20 | 84.80 | 86.30 | 52.17 | 52.1 | 52.75 | 53.81 |
| 5 mm            |      |      |      |      |      |      |      |      |
| CBR (%)         | 62.40 | 63.40 | 64.10 | 64.70 | 49.32 | 49.11 | 49.87 | 50.04 |

Figure 5. Effect of FA on the CBR of cement modified desert sand: (a): 30:70%, (b): 50:50%.
3.4. Compression Behavior of FA-Treated Desert Sand

Figures 6 and 7 show the UCS results test. The increase in FA and the resulting cement hydration result in improved bonding strength, indicating an interdependence within the mixture where the air voids are filled. This makes the structure more rigid due to a greater number of bonds in the material. Following a 28-day curing period, the USC was found to be markedly better, going from 0.88 to 4.740 MPa and 0.88 to 4.250 MPa, when the FA percentage was raised from 3% to 7% in both the 30:70 and in the 50:50 mixes, respectively. Nonetheless, the highest UCS value, 4.74 MPa, was found using a ratio of 30:70 and 7% FA, when the sample was given 28 days to cure, which was about seven times more than the soil before treatment.

Figure 6. Effect of FA on the UCS and different curing time (7, 14, and 28 days) for the 30:70 treat mixtures.

Figure 7. Effect of FA on the UCS and different curing time (7, 14, and 28 days) for the 50:50 treat mixtures.
3.5. Structural Analysis

The increase in the CBR of the natural sand from 23% to 86.3%, as a result of the addition of 30% coarse aggregates (30%:70%) with 7% FA and 5% OPC, has a meaningful impact on the structural design of the pavement.

Considering that the modulus of resilience of the base and subbase courses can be estimated with the equation: 
\[ M_r = 10.34 \times \text{CBR} \] [31], then we can safely assume a three-fold increase of the modulus from 230 to 890 MPa. As a result, Figure 8 compares the tensile strain at the bottom of a 50 mm thick asphalt concrete surface with a conventional modulus of 1000 MPa resting on a base course with a modulus of 230 MPa (strain Y of 476 microns) vs. 890 MPa (strain Y of 161 microns). The reduction in the maximum tensile strain at the bottom of the asphalt concrete, which controls wheel path cracking, from 476 microns down to 161 microns, has a substantial impact on the amount of equivalent single axle loads (ESAL) the pavement can withstand before such cracking occurs. This substantial extension of the pavement structural life is due to the logarithmic nature of the ESAL vs. tensile strain relationship.

The Asphalt Institute (1982) relationship [32] between tensile strain at the bottom of the asphalt concrete (AC) under one single axle load and the number of repetitions of the axle load until fatigue failure of the AC occurs is as follows:

\[ N_f = 0.0796 \left( \varepsilon_t \right)^{−3.291} \left( E \right)^{−0.854} \] (1)

where

- \( N_f \): Number of 8-ton axle load applications to failure, i.e., cracking occurs at bottom of AC;
- \( \varepsilon_t \): Horizontal tensile strain at the bottom of asphalt layer \( (476 \times 10^{-6} \text{ or } 161 \times 10^{-6}) \);
- \( E \): Elastic modulus of the AC \( (1000 \text{ MPa or } 145,000 \text{ psi}) \).

Therefore, the reduction of the tensile strain in the AC from 476 microns to 161 microns results in an increase in the structural life of the pavement from 267,000 8-ton axle loads to 9,472,000 8-ton axle loads or over thirty-five times (35X), which is in accordance with the Asphalt Institute formula \( (E \text{ in psi}) \), before fatigue cracking is developed in the AC wheel paths.

3.6. Cost Analysis

An assessment of the economic benefits was conducted on data obtained from the Libyan Ministry of Bridges and Roads on a proposed 120 km road in the south of Libya with varying subgrade soil conditions. A section of about 6 km, between the cities of Sabha and Al Mrugah, with subgrade soil properties similar to those of the control soil in this study was selected as a basis for comparison. From the comparison between the untreated base pavement and Figure 8, the asphaltic layer thickness was decreased from 100 mm for untreated subgrade to 50 mm in case of treated subgrade. In addition, the base thickness was decreased from 400 to 300 mm for the untreated and treated base course, respectively. The thickness reduction of these layers can, substantially, reduce the overall cost of the project without any adverse effects on the structural properties of the pavements system.

In the Sahar desert in Libya, one square meter of asphaltic mixture and granular base with a thickness of 10 mm costs about $3 and $0.25, respectively, while the cost of cement is 110$/ton. Therefore, the savings amount to 15$/m² for the asphalt as a result of the reduction of thickness from 100 to 50mm, and an additional saving of 2.5$/m² for the aggregate as a result of the reduction of thickness from 400 to 300mm. The cost of cement to stabilize 300 mm at a OPC of 5% equates to about 4$/m² for the cement and 3.5$/m² for mixing for a net saving of about 10$/m² if the base is modified by the optimum FA dose and 5% OPC. Therefore, the initial cost of 40$/m² is reduced to 30$/m² or 25%, as shown in Figure 9.
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The Asphalt Institute (1982) relationship [32] between tensile strain at the bottom of the asphalt concrete (AC) under one single axle load and the number of repetitions of the axle load until fatigue failure of the AC occurs is as follows:

\[
N_{\text{fatigue}} = 0.0796 \times 10^{\frac{-3.695 \times (E)-0.79}{\varepsilon_{\text{tensile}}}}
\]

where

- \( N_{\text{fatigue}} \): Number of 8-ton axle load applications to failure, i.e., cracking occurs at bottom of AC;
- \( \varepsilon_{\text{tensile}} \): Horizontal tensile strain at the bottom of asphalt layer (476 \times 10^{-6} or 161 \times 10^{-6});
- \( E \): Elastic modulus of the AC (1000 MPa or 145,000 psi).

Therefore, the reduction of the tensile strain in the AC from 476 microns to 161 microns results in an increase in the structural life of the pavement from 267,000 8-ton axle loads to 9,472,000 8-ton axle loads or over thirty-five times (35X), which is in accordance with the Asphalt Institute formula (E in psi), before fatigue cracking is developed in the AC wheel paths.

Figure 8. Comparative structural analysis (100%; 0%) on top of figure vs. (30%:70%) and 7% FA + 5% OPC at bottom of figure.

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4. Conclusions

Based on the results of the different laboratory tests performed on the cement-modified desert sand treated with fly ash, the following conclusions can be drawn:

(i) Desert sand can be used as a reliable construction material if improved with cement to meet the strength requirements, and the thickness of both the base and asphalt layers may be substantially reduced (50% for the asphalt and 25% for the base) for a net saving of approximately 25% of the cost of the road.

(ii) The unconfined compressive strength and bearing resistance of the treated sand was found to increase with the increase in fly ash content and curing time. Using the high amount of FA (about 7%) can significantly improve the engineering properties of the natural sand.

(iii) The use of local and available material such as desert sand reduces the polluting emissions of the production and the transportation.

(iv) Stabilized based using mixed cement and fly ash effectively improves the pavement properties. This causes a considerable increase in the number of permissible equivalent wheel load and consequently increases the lifetime of the road, respectively.

(v) This technique will be also more competitive in coal-producing countries (which have a great amount of fly ash to dispose) and with a lack of calcareous materials for cement production.

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