The changes in ENSO-induced tropical Pacific precipitation variability in the past warm and cold climates from the EC-Earth simulations

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Abstract

The El Niño-Southern Oscillation (ENSO) is one of the most significant climate variability signals. Studying the changes in ENSO-induced precipitation variability (ENSO precipitation) in the past climate offers a possibility to a better understanding of how they may change under future climate conditions. This study uses simulations performed with the European community Earth-System Model (EC-Earth) to investigate the relative contributions of dynamic effect (the circulation anomalies together with the climatological specific humidity) and thermodynamic effect (the specific humidity anomalies together with the climatological circulation) on the changes in ENSO precipitation in the past warm and cold climates, represented by the Pliocene and the Last Glacial Maximum (LGM), respectively. The results show that the changes in ENSO precipitation are intensified (weakened) over the tropical western Pacific but weakened (intensified) over the tropical central Pacific in Pliocene (LGM) compared with the pre-industrial (PI) simulation. Based on the decomposed moisture budget equation, these changes in ENSO precipitation patterns are highly related to the dynamic effect. The mechanism can be understood as follows: the zonal gradient of the mean sea surface temperature (SST) over the tropical Indo-Pacific is increased (reduced) during the Pliocene (LGM), leading to the strengthening (weakening) of Pacific Walker Circulation as well as a westward (eastward) shift. In the Pliocene, the westward shift of Walker Circulation results in an increased (decreased) ENSO-induced low-level vertical velocity variability in the tropical western Pacific (central Pacific), and, in turn, favoring convergent (divergent) moisture transport through a dynamic process, and then causing intensified (weakened) ENSO precipitation there. The opposite mechanism exists in LGM. These results suggest that changes in the zonal SST gradient over tropical Indo-Pacific under different climate conditions determine the changes in ENSO precipitation through a dynamic process.

Keywords El Niño-Southern Oscillation · Precipitation variability · The Pliocene · The Last Glacial Maximum · Dynamic and thermodynamic contribution · Zonal SST gradient · Walker circulation
1 Introduction

El Niño-Southern Oscillation (ENSO), developed through atmosphere–ocean interactions in the tropical Pacific Ocean, is one of the strongest climate variabilities on inter-annual timescales (McPhaden et al. 2006; Collins 2010). The large regional precipitation anomalies associated with the evolution of ENSO have been extensively studied (e.g., Kiladis and Diaz 1989; Vecchi and Wittenberg 2010; Huang and Xie 2015; Lu et al. 2016). Zhou et al. (2014) indicate that the ENSO-induced teleconnections shift eastward over North America and North Pacific in a warmer climate. Bonfils et al. (2015) illustrate that these anomalous teleconnections are owing to the eastward movement of ENSO-driven precipitation variability (ENSO precipitation). Note that the ENSO-driven large-scale atmospheric teleconnections can not only lead to considerable damages to economies, agriculture, and ecosystems, but also cause severe climatic disasters worldwide (Philander 1990; McPhaden et al. 2006; Deser et al. 2010).

Recent studies suggest that the changes in ENSO precipitation may be large under global warming, even if the sea surface temperature (SST) and sea level pressure (SLP) changes remain uncertain (Seager et al. 2012; Chung et al. 2014; Cai 2015). That is, the changes in ENSO precipitation are projected to increase over the equatorial Pacific in phases 3 and 5 of the Coupled Model Intercomparison Project (CMIP3 and CMIP5). Specifically, Power et al. (2013) demonstrate that the projected ENSO precipitation will be reduced (increased) over western (central-eastern) Pacific in the future warmer climate. They suggest that the nonlinear response of atmospheric circulation to surface warming plays a crucial role. Huang and Xie (2015) further study the nonlinear process of changes in ENSO precipitation in CMIP5 data by using the moisture budget decomposition method. They show that both dynamic (reflected by the changes in circulation) and thermodynamic (reflected by the changes in specific humidity) components contribute to the changes in the ENSO precipitation pattern. Besides, Huang (2016) finds that the enhanced ENSO precipitation shifts eastward steadily under global warming. This eastward shift is related to the circulation anomalies in response to global warming (Seager et al. 2012; Chung et al. 2014; Chung and Power 2014). Most previous studies predict a weakening and eastward shift of the Walker Circulation under global warming (Vecchi et al. 2006; Vecchi and Soden 2007; Power and Kociuba 2011; Bayr et al. 2014) because of the decreased zonal SST gradient over tropics (Ma and Xie 2012; He and Soden 2015), which plays a crucial role in changes in precipitation in tropics and subtropics.

While considerable efforts have been devoted to examining the changes in the ENSO precipitation under current global warming, less attention has been given to exploring the changes in ENSO precipitation in the past climate. The ENSO precipitation changes under different climate conditions can help us to understand the underlying mechanisms and provide the validation of future climate simulations. Reconstructions show that the Pliocene (3.264 to 3.025 million years before present day) is the most recent period in the past with atmospheric CO₂ concentration similar to the anthropogenically forced levels seen present-day (Raymo et al. 1996; Dowsett et al. 2012; Fedorov et al. 2013; Herbert et al. 2016; Martínez et al. 2015) and the continental configuration is similar to the modern climate (Dowsett 2007). The global temperatures are 2–3 °C warmer than that in the present (Ravelo et al. 2004; Dowsett and Robinson 2009). This period is regarded as a potential analog to future climate scenario (Robinson et al. 2008). Reconstructions of SST from Mg/Ca paleothermometry and δ¹⁸O records suggest that the zonal SST gradient is reduced over the tropical Pacific during this period (Wara et al. 2005; Dekens et al. 2007). However, Rickaby and Halloran (2005) provide strong evidence that the eastern equatorial Pacific has a La Nina-like state by the Pliocene paleothermometer, leading to an increase in the zonal SST gradient in tropics. Therefore, there is much debate for the ENSO characteristics since it has been found a "permanent El Niño" in the tropical Pacific (Molnar and Cane 2002; Fedorov et al. 2006; Scroxtan et al. 2011; Watanabe et al. 2011) or with variability (Haywood et al. 2007; Bonham et al. 2009; Jochum et al. 2009; Galeotti et al. 2010; Von der Heydt et al. 2011).

Another cold period in the past, the Last Glacial Maximum (LGM, ~21 Ka BP), is the most recent glacial interval with CO₂ concentration around 180 ppm, with global mean temperature is about 5 °C colder than the present-day (Clark et al. 2009). The evidence for ENSO variability during LGM still exists a substantial discrepancy in the paleoclimate records. Some oxygen isotope reconstructions indicate a weaker ENSO than that of the pre-industrial (PI) (Leduc et al. 2009), while others suggest a stronger ENSO (Koutavas and Joaúides 2012; Sadakov et al. 2013). Some climate modelling studies suggest a stronger ENSO variability with a weakened zonal SST gradient in tropics (Otto-Bliesner et al. 2003; An et al. 2004), some suggest the occurrence of opposite situation (Peltier 2004). These limitations by only considering cold or warm climate motivate this study to systematically investigate ENSO variations and their impacts on the large-scale hydrological cycle in both past warm and cold climates.

In this paper, two experiments with different past periods, i.e. Pliocene and LGM are compared with the reference of the PI simulation using the European community Earth-System Model EC-Earth. We focus on the response of ENSO precipitation in these two climate periods. Because the precipitation anomaly is highly associated with the processes involved in the atmospheric moisture budget, and the changes in moisture content are mainly driven by the anomalous dynamic...
and thermodynamic impacts (Seager et al. 2010; Seager and Vecchi 2010; Huang and Xie 2015; Han et al. 2019). Thus, we further examine the linearized moisture budget components to investigate the potential mechanisms of precipitation changes in response to past warm and cold conditions. The paper is structured as follows. The EC-Earth model and experimental design are briefly described in Sect. 2. In Sect. 3, we present the changes in simulated ENSO precipitation based on the moisture budget analysis. The corresponding physical mechanisms are discussed in Sect. 4. The conclusions and discussion are summarized in Sect. 5.

2 Model and methods

2.1 Model description and experimental design

We use the global coupled climate model EC-Earth 3.1 (Hazeleger et al. 2012) in this study. The atmospheric component is the Integrated Forecast System (IFS, version cycle 36r4) of the European Centre for Medium-Range Weather Forecasts (ECMWF), which includes the land model H-TESSEL (Balsamo et al. 2009). The IFS is run at T159 horizontal resolution, approximately equivalent to a 125 km (or ~1.125°), and there are 62 vertical levels. The atmospheric model is coupled to the ocean component according to the Nucleus for European Modelling of the Ocean (NEMO, version 3.3, Madec 2008) and the version 3 of the Louvain-la-Neuve sea-ice Model LIM3 (Vancoppenolle et al. 2009). The resolution for NEMO is about 1° and 46 vertical levels. The Ocean–Atmosphere Sea Ice Soil coupler (version 3.0) OASIS3 (Valcke 2006) is used to couple the atmosphere, land and ocean/sea ice. EC-Earth is widely used to explore the past, present and future climate change, e.g. the Arctic amplification during mid-Pliocene (Zheng et al. 2019), the Northern Hemisphere land monsoon precipitation during the mid-Holocene (Sun et al. 2019). EC-Earth also contribute to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change (IPCC AR5) (Hazeleger et al. 2012; Collins et al. 2013; Flato et al. 2013) and the Paleoclimate Modelling Intercomparison Project Phase3 (PMIP3) (Bosmans et al. 2012). The model simulates ENSO variability reasonably well (Sterl et al. 2012; Hazeleger et al. 2010), the ENSO related atmospheric circulation, such as the Walker circulation changes, is correctly represented during mid-Holocene (Pausata et al. 2017). In the current study, we apply this model to examine the Pliocene and LGM climates, focusing on the ENSO-driven variability of precipitation over tropics as well as the corresponding mechanisms.

Three simulation data with EC-Earth 3.1 are analysed. One is the PI experiment with the CO₂ level as 284.725 ppm, used as the control simulation. Another one is the Pliocene in which the CO₂ level is set to 400 ppm. The Pliocene simulation follows the protocol of the Pliocene Model Intercomparison Project phase 2 (PlioMIP2, Haywood et al. 2016). In this simulation, other trace gases, N₂O and CH₄, and aerosols are set the same as in PI run. And the boundary conditions are provided by the Interpretation and Synoptic Mapping group (Dowsett et al. 2016), include the orography, land-sea mask, ice-sheet, soil, vegetation, and bathymetry. The orbital forcing is the same as the PI run. The third one is the Last Glacial Maximum (LGM) experiment, which follows the Paleoclimate Modelling Intercomparison Project Project Phase 3 (PMIP3) protocol. The concentration of trace gases CO₂, N₂O and CH₄ are set to 185 ppm, 200 ppb, and 350 ppb, respectively. The orbital parameters of obliquity, eccentricity, and longitude of perihelion are set to 22.949°, 0.018994, and 180° + 114.42°, respectively. The boundary conditions, e.g. the ice sheet cover, the topography (land-sea mask and the change of the surface elevation data), and bathymetry, are following the PMIP3 protocol (https://pmip3.lsce.ipsl.fr). The initial condition for Pliocene is from the PI control, and the initial condition for LGM is from a cold ocean state from Zhang et al. (2013). In this study, all experiments are integrated for another 300 years after the equilibrium, and the data from last 100 years are post-processed for analysis.

The monthly mean SST and precipitation data from the Met Office HadISST version 1.1 (Rayner et al. 2003), with a spatial resolution of 1°×1° from 1901 to 2000. In addition, the precipitation is from Global Precipitation Climatology Project (GPCP) Version 2.3 (Adler et al. 2003), with a spatial resolution of 2.5°×2.5° from 1979 to 2000.

2.2 Moisture budget decomposition

According to the decomposed moisture budget equation, the changes in precipitation (δP) are mainly dominated by the mean circulation dynamic (δMCD), thermodynamic (δTH), evaporation (δE) and transient eddy convergence terms (δTE) (Peng and Zhou 2017; Han et al. 2019; Chen et al. 2019). Here, we use the simplified method to decompose the moisture budget terms that is described in details by Seager et al. (2012),

\[
\delta \overline{P} \approx \delta \overline{E} - \delta \frac{1}{\rho_0 g} \int_{0}^{\overline{P}} [\nabla \cdot (\overline{u_r} \overline{q_T})] dp - \delta \frac{1}{\rho_0 g} \int_{0}^{\overline{P}} [\nabla \cdot (\overline{u_r} \overline{q_T})] dp - \delta \frac{1}{\rho_0 g} \int_{0}^{\overline{P}} [\nabla \cdot (\overline{u_r} \overline{q_T})] dp - \delta \frac{1}{\rho_0 g} \int_{0}^{\overline{P}} [\nabla \cdot (\overline{u_r} \overline{q_T})] dp.
\]
where $\rho_w$ is the water density, $u$ is the horizontal wind and $q$ is the specific humidity. The single overbars represent the monthly means, the double overbars indicate the climatological means. The hat represents the monthly variables departure from the climatological monthly mean, and the primes indicate the variables departure from the monthly means. Note that the $E$, $P$, $u$, and $q$ are directly derived from model output, whereas $\delta TE$ is calculated by the difference between $\delta P$ and the sum of the $\delta E$, $\delta TH$ and $\delta MCD$ terms.

In this study, the difference $\delta$ is represented by

$$\delta(\cdot) = [\cdot]_{El} - [\cdot]_{La}$$

where the subscripts El and La refer to the time averaging of variables over months with El Niño or La Niña events. We use the empirical orthogonal function (EOF) analysis of the monthly SST anomaly (SSTA) over tropical Pacific (120°E–80°W; 20°S–20°N) to extract the ENSO pattern in each experiment, after remove the long-term trends. We define El Niño (La Niña) months when PC1 exceeds (below) one standard deviation. In this study, the ENSO-induced variability, e.g. ENSO-driven SST variability (ENSO SST), ENSO-driven precipitation (ENSO precipitation), is determined by calculating the differences of SST and other variables (e.g. precipitation, circulation, vertical velocity) between composites in El Niño and La Niña months. And the changes in ENSO variables are determined by the differences between ENSO variables in Pliocene or LGM simulation compare with ENSO variables in PI.

The changes in ENSO precipitation can be further decomposed in several components as follows:

$$\Delta[p] = \Delta[\delta E] + \Delta[\delta TH] + \Delta[\delta MCD] + \Delta[\delta TE].$$

where $\Delta[\cdot]$ represents the difference of variables between the sensitivity experiments and the control experiment.

3 Results

3.1 Changes in ENSO variability

We first use the EOF analysis on SST to extract the ENSO pattern (see Sect. 2.2). Figure 1 shows the spatial patterns of the leading EOF mode of SST in HadISST and model simulations. The total variance for the PI, Pliocene, and

Fig. 1 Spatial patterns of the leading EOF mode for monthly SST anomaly (SSTA) over the tropical Pacific Ocean (120°E–80°W, 20°S–20°N). The SST derived from Met Office HadISST (a), PI (b), Pliocene (c) and LGM (d) simulation. Before using the EOF, the SSTa are detrended to remove the long-term trends. The corresponding percentages of explained variances are given in the upper right corner. Units: °C

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LGM are 31.8%, 35.4%, and 41.4%, respectively, and these are smaller than the results of observational SST (55.1%). In the HadISST, the warm SSTs occur in broad equatorial central-east Pacific, extending northward along the North American coastal region, and contrast with a cold SST in the "horseshoe" pattern in the western Pacific (Fig. 1a). In addition, the corresponding time series of EOF1 show obvious interannual variability (Fig. 2a–d). According to the definition in Sect. 2.2, there are 190 (194) El Niño (La Niña) months in HadISST during 1901–2000. In EC-Earth 100-year simulation for PI, Pliocene and LGM, there are 174 (189) in PI, 189 (190) in Pliocene and 157 (175) in LGM, respectively. The EC-Earth simulations well capture the spatial distribution of ENSO variability (Fig. 1b–d), except that the warm SST areas extend too far to the west compared to HadISST (Hazeleger et al. 2012; Pausata et al. 2017). This bias is also shown in other model simulations (Vecchi and Wittenberg 2010; Capotondi et al. 2015). Power et al. (2013) demonstrate that the changes in ENSO precipitation are mainly caused by a nonlinear response to robust changes in background SST due to climate conditions (e.g. global warming), and unchanged ENSO SST in 21st century, but not uncertain changes in ENSO SST. Previous studies (e.g. Huang and Xie 2015; Huang 2016) suggest that this kind of bias does not influence the discussion of the changes in ENSO precipitation. The power spectral of PC1 of the SST observation shows that the dominant period of ENSO is around 2–6 years, which is captured by our PI simulation. The reasonable agreement of PC1 of the tropical Pacific SST between observation and simulation suggests that the EC-Earth model can well reproduce the ENSO periodicity. Note that the ENSO period does not change much in the three sensitivity simulations (Fig. 2e).

Fig. 2 The normalized time series of EOF 1 for a HadISST during 1901–2000, b PI, c Pliocene and d LGM simulations. e The power spectrum of the PC1s, with 95% confidence levels (dashed lines). The PC1s are first smoothed with a 5–85 month band-pass filter.
3.2 Changes in ENSO precipitation in past warm and cold climate

Figure 3b shows that the ENSO precipitation pattern in the PI simulation is positive across the tropical Pacific, and negative along the northern edge of the intertropical convergence zone (ITCZ), with the maximum value located around 155°E. A similar pattern is also found in Pliocene and LGM (Figures not shown). The positive ENSO precipitation is understood as the response to the warming SST. Relative to La Niña, during the El Niño events, due to the weakened easterlies, the upwelling over the east Pacific decreases through the ocean–atmosphere interactions, inducing further warming over the tropical eastern Pacific. And the reduced zonal SST gradient further decreases the easterlies, resulting in the Bjerknes feedback (Bjerknes 1969). The anomalous warm water appears in the central and eastern equatorial Pacific (Fig. 1a), inducing the convergence zone over the Maritime continent to migrate eastward (Cai et al. 2010). The ENSO precipitation is sensitive to an eastward shift of the convection center, resulting from the weakened and eastward movement of the Walker Circulation (Dai and Wigley 2000). The reduced ENSO precipitation along the northern edge of the ITCZ might be caused by the equatorward shift of ITCZ over the tropical eastern Pacific (Rasmusson and Carpenter 1982). Compare to the observation, the ENSO precipitation in our simulation is apparently located farther west (Fig. 3a, b), which is caused by the west extent of warm SST over the tropical Pacific (Fig. 1b–d). Compared to PI, the most striking features in Pliocene are enhanced ENSO precipitation over the western Pacific with the maximum value at around 120°E–150°E but weakened over the central Pacific and no obvious changes in eastern Pacific (Fig. 3b). A roughly opposite phenomenon occurs in LGM, with weakened ENSO precipitation over the western Pacific but enhanced ENSO precipitation over the central Pacific (Fig. 3c). In addition, we observe larger precipitation variability in winter over the tropical Pacific Ocean where ENSO originates (not shown). Results indicate that the changes in the tropical Pacific precipitation variability are dominated by the anomalies in wintertime (not shown).

The major forcing in the two sensitivity experiments for Pliocene and LGM is the CO$_2$ level, one with higher CO$_2$ and one is lower. These forcings result in the opposite changes in some regions but the similar changes in another region in ENSO precipitation, indicating the physical mechanism might be different when increase or decrease the CO$_2$ forcing. Below we further investigate which factor is the major contributor to the changes in ENSO precipitation by analyzing the moisture budget decomposition.

3.3 Changes in dynamic and thermodynamic mechanisms

Figure 4a–d shows the decomposed moisture budget components of the ENSO precipitation for PI simulation according to Eq. (1). Here, we calculate the pattern correlation coefficient (PCC), which means the coefficient of linear

![Figure 3](image.png)

Fig. 3 The ENSO precipitation in a GPCP observation, b PI simulation, and changes in ENSO precipitation during b Pliocene and c LGM simulations compared to PI (unit: mm day$^{-1}$). The solid black contours represent zero lines. The stippling in a, b indicates a statistical significance at 95% level by using the Mann–Kendall trend test.
correlation between two variables on two different maps, and here, the positive (negative) values indicate the same (opposite) anomaly between two variables. The mean circulation dynamic $\delta\text{MCD}$ term (Fig. 4a) exhibit a similar pattern and amplitude to the ENSO precipitation (Fig. 1a) with a PCC of 0.93. Compared with the $\delta\text{MCD}$ term, the contribution from the thermodynamic $\delta\text{TH}$ to ENSO precipitation is much less with PCC of −0.3, showing a slightly enhanced (weakened) precipitation over the western (central-eastern) Pacific. These changes are consistent with the results of Seager et al. (2012). This physical process can be modulated through the Clausius-Clapeyron relationship linked to the near-surface temperature changes (Held and Soden 2006).

In equatorial Pacific cold tongue, there are mean low-level divergent winds, i.e., $\nabla \cdot \vec{u} > 0$. During the El Niño (La Niña), the anomalous positive (negative) specific humidity, i.e., $\bar{q}_p > 0$ ($\bar{q}_p < 0$), occurs in this region caused by the positive (negative) SST anomalies. These two factors lead to a negative thermodynamic effect, i.e., $-\delta \frac{1}{\rho_w g} \int_0^{P_s} [\bar{u} \bar{q}] dp < 0$.

As the mean low-level winds show convergence over the western Pacific, i.e., $\nabla \cdot \vec{u} > 0$, $\delta\text{TH}$ contribution shows a positive effect, i.e., $-\delta \frac{1}{\rho_w g} \int_0^{P_s} [\bar{u} \bar{q}] dp > 0$. These features favor more ENSO precipitation over tropical western Pacific and less ENSO precipitation over tropical eastern Pacific, leading to an increase and offset the $\delta\text{MCD}$ contribution, respectively. The $\delta\text{E}$ in Fig. 3c shows the least contribution to ENSO precipitation, leading to decreased (increased) precipitation over western (eastern) Pacific. The transient eddy convergence term $\delta\text{TE}$ (Fig. 3d) mainly reflects the storm tracks located in the mid-to-high latitudes (Seager et al. 2014; Chang et al. 2002). Therefore, $\delta\text{TE}$ shows a relatively weaker impact on the ENSO precipitation especially compared to the first-order contribution term ($\delta\text{MCD}$) over the tropical Pacific.

Thus, the first-order changes in ENSO precipitation are a consequence of the change in circulation together with the climatological humidity ($\delta\text{MCD}$ term). The same results are also shown in the other two sensitive experiments (figure not shown) despite the different climate forcing. The changes in moisture budget components in sensitivity simulations compared to the PI simulation are shown in Fig. 4e–l. For the Pliocene and LGM, the changes in ENSO precipitation (Fig. 3b, c) are mainly contributed by the changes in dynamic process $\delta\text{MCD}$, with the PCCs of 0.86 and 0.76 for Pliocene and LGM, respectively (Fig. 4e, i). The thermodynamic term $\delta\text{TH}$ (Fig. 4f, g) plays a secondary role, with the PCCs of 0.44 and 0.58 for Pliocene and LGM, respectively. Comparing to these two terms, other terms ($\delta\text{E}$ and $\delta\text{TE}$) are very small and can be neglected (Fig. 4g, h, k, l).

In general, the ENSO precipitation changes during Pliocene and LGM are mainly controlled by the dynamic term $\delta\text{MCD}$, and the second contribution comes from the $\delta\text{TH}$ term, which is shown in Fig. 5. The changes in $\delta\text{MCD}$ explain the largest portion of precipitation anomalies over the western and central Pacific under different climate.
conditions. Relatively, the meridional mean of the change in $\delta TH$ is much smaller than the change in $\delta MCD$. The $\delta E$ term even shows the opposite contribution to ENSO precipitation. This might because the change in ocean evaporation is not only influenced by temperature, but also other variables, i.e. the near-surface wind, the humidity gradient between the ocean and near-surface atmospheric, and the atmospheric stability (Liu et al. 1979; Yu 2007). All of these make the change in ocean evaporation more complex.

The $\delta MCD$ contribution can be further broken down into two terms (Seager et al. 2012),

$$\Delta(\delta MCD) \approx -\frac{1}{\rho_o g} \int_0^\pi \nabla \cdot (\Delta \vec{u}_{PI}) dp - \frac{1}{\rho_o g} \int_0^\pi \nabla \cdot (\vec{u}_{PI} \Delta \vec{q}) dp.$$

The first term on the right-hand side is caused by the change in circulation variability ($\Delta \vec{u}$) but no changed mean humidity ($\vec{q}_{PI}$). The second term is caused by the change in mean specific humidity ($\Delta \vec{q}$) but no changed circulation variability. The subscripts PI refer to the time averaging of variables over months in the PI simulation.

Figure 6 shows the changes in these two terms. The second term, which reflects the impact of mean specific humidity anomaly ($\vec{q}_{PI}$) but no changed mean humidity (\vec{q}$_{\mu}$), shows the opposite patterns of changes in ENSO precipitation in Pliocene and LGM. This pattern is similar to the $\delta MCD$ pattern (Fig. 4e, i) over the tropical Pacific, with the PCCs of 0.84 and 0.83 during Pliocene and LGM, respectively. That suggests that the anomalous circulation dominates the changes in ENSO precipitation in both in Pliocene and LGM. Thus, based on the moisture budget decomposition, the opposite patterns of changes in ENSO precipitation in Pliocene and LGM mainly results from the dynamic effect (circulation anomalies) rather than the thermodynamic effect (specific humidity anomalies).

### 3.4 Changes in ENSO-driven vertical velocity variability

As discussed above, the changes in ENSO precipitation is mainly driven by the term that reflects the circulation anomalies combined with unchanged specific humidity for Pliocene and LGM. According to previous studies (Seager et al. 2012; Peng and Zhou 2017; Han et al. 2019), the dynamical term is highly related to the changes in vertical motion at the low-level atmosphere, which induces anomalous horizontal moisture divergence/convergence.

Figure 7a shows the ENSO-driven vertical velocity variability for the PI simulation, which resembles the observed patterns (Seager et al. 2012; Adames and Wallace 2017). During the El Niño events, there is pronounced ascending anomaly along the equatorial Pacific Ocean compared with that in La Niña, with a descending anomaly in the ITCZ to the south Pacific convergence zone (SPCZ). These patterns are similar to ENSO precipitation in Fig. 3b, suggesting the importance of the vertical motion at low-level troposphere in determining the precipitation anomaly. The changes in vertical velocity variability during Pliocene show increased amplitude over the Maritime Continent but reduced over the central Pacific with a negative center at about 160°E. The opposite features occur in LGM simulation, showing the
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weakened vertical motion variability in SPCZ, but enhanced variability in the central Pacific with a positive center at around 180°. The spatial distribution of changes in ENSO vertical velocity is highly similar to that of the $\Delta(\delta MCD)$ term (Fig. 6a, c), suggesting that the latter is tightly driven by the former.

3.5 Changes in ENSO-driven Walker circulation variability

A question arises as to which factor affects the vertical velocity anomaly at the low-level atmosphere during the past warm and cold periods. The corresponding changes in ENSO vertical velocity in Fig. 6 feature the westward (eastward) shift in Pliocene (LGM) compared with PI simulation, which implies the linkage to the changes in Walker Circulation (Tokinaga et al. 2012; Shi et al. 2018). Therefore, we apply the zonal mass stream function (ZMS) to analyze the changes in Walker Circulation (Yu et al. 2012; Schwendike et al. 2014; Bayr et al. 2014).

Figure 8 is the climate mean ZMS along the tropical Indo-Pacific (10°S–10°N) in different simulations, overlaid by the corresponding ENSO-forced Walker Circulation variability. During the PI simulation, the center of mean tropical Pacific Walker Circulation (PWC; contours in Fig. 8a) locates in the mid-troposphere (500 hPa) over the central Pacific, with the western edge (shown by zero bold lines) is at around 140°E. Although the climate mean ZMS during Pliocene (LGM) has similar patterns to PI, obvious differences also exist: the western edge of ZMS over the Pacific show westward and eastward shift to around 130°E and 170°E during Pliocene and LGM, respectively (Fig. 8b, c). As for the ENSO-driven Walker Circulation, they show positive ZMS anomalies over the Indian Ocean, and negative anomalies roughly across the whole Pacific in these three experiments (shading in Fig. 8), indicating a weakening and eastward shift of the Pacific Walker Circulation. Previous studies (Bayr et al. 2014; Ma and Zhou 2016) suggest that the significant negative ZMS anomaly in the western Pacific can induce anomalous ascending motion. However, because of the movement of climate mean Walker Circulation mentioned above, these maximum negative anomalies over the western Pacific also show relatively shift. In particular, the center of a maximum negative anomaly in PI is at around 140°E (shading in Fig. 7a), it shifts westward by ~15° in Pliocene and eastward by ~25° in LGM (shading in Fig. 8b and c).

To demonstrate the relationship between the shift of Walker Circulation and the changes in ENSO-driven vertical velocity, we show the zonal mean of vertical integrated ZMS and changes in vertical velocity at 700 hPa in Fig. 9. The westward shift of ENSO-driven Walker Circulation does exist in the Pliocene experiment, and the eastward shift

Fig. 6 The contribution of the change in $\delta MCD$ linked to the changes in circulation variability (left), and mean specific humidity (right) for Pliocene in a, b and LGM in c, d. The solid black curves represent zero lines.
occurs in the LGM experiment (Fig. 9a, red vs. blue). Correspondingly, the ENSO-induced ascending motion shows the similar movements controlled by the shift of Walker Circulation, the maximum positive anomaly shifts westward in the Pliocene and eastward in LGM (Fig. 9b, red vs. blue). The differences between the sensitivity experiments and PI simulation in Fig. 9b are further shown in Fig. 9c. In general, the westward shift of Walker Circulation in Pliocene trigger anomalous ascending (descending) motion over the western (central) Pacific, while the opposite patterns are found in the LGM (Fig. 9c). These are consistent with the results in Fig. 7.

Many studies (Tokinaga et al. 2012; Sohn et al. 2016; Chung et al. 2019) show that the changes in zonal SST gradient along the equatorial Indo-Pacific Ocean cause the Walker Circulation anomalies. Indeed, the universal warmer SST in Pliocene (Fig. 10a) and cooler SST in LGM (Fig. 10c) are consistent with previous studies (Clark et al. 2009; Burls and Fedorov 2017). Interestingly, our simulations show significant warming (cooling) signals over the tropical Indian Ocean during Pliocene (LGM), where the SLP roughly lower (higher) than in the tropical central-eastern Pacific (Fig. 10b, d), and resulting in an increased (reduced) zonal SLP gradient. As a result, the enhanced (weakened) zonal SST gradient exists in Pliocene (LGM), inducing the anomalous easterly (westerly) winds in the central Pacific at around 170°E (vectors in Fig. 10b, c). Note that the winds anomalies are the lower portion of Walker Circulation, also suggesting the strengthening and westward shift (weakening and eastward shift) of Walker Circulation in Pliocene (LGM).
Overall, the EC-Earth simulations show that the shift of climatological Walker Circulation mainly controls the changes in ENSO-forced vertical velocity variability, and then the changes in ENSO precipitation, which is owing to the changes in zonal SST gradient along the equatorial Indo-Pacific under past warm and cold periods. The changes in the zonal SST gradient might be related to the CO₂ concentration. For instance, Luo et al. (2012) suggest that the enhanced tropical Indian Ocean warming favors stronger trade winds in the western Pacific, resulting in stronger east–west Walker circulation. Cane et al. (1997) and Seager et al. (2019) argue that some of the added heat could be diverted away from the cold tongue in response to increasing greenhouse gases (GHGs), resulting from the upwelling and shallower thermocline. Therefore, the eastern Pacific becomes less warm than the West Pacific warm pool, this process can be further amplified by Bjerknes feedbacks. These features can lead to a stronger zonal SST gradient that shoal the thermocline and cause stronger trades. As mentioned above, the major forcing in the two sensitivity experiment for Pliocene and LGM is the CO₂ level, the opposite changes in past warm/cold climates suggest that the change in CO₂ level may be one of the crucial external forcings in driving the tropical zonal SST gradient in the Pliocene and LGM.

4 Summary and discussion

In this study, we investigate the changes in ENSO-driven precipitation variability according to the EC-Earth coupled model simulations for the past warm (Pliocene) and cold (LGM) climates. The main conclusions are summarized as follows.

The simulated ENSO-driven precipitation variability is strengthened over the western Pacific but weakened over the central Pacific during Pliocene. The opposite results exhibit in LGM, showing weakened ENSO precipitation over the western Pacific, but increased over the central Pacific. The corresponding mechanisms of precipitation anomaly are explored based on the decomposed moisture budget equation. The results illustrate that the changes in ENSO precipitation are overwhelmingly controlled by the effect of the dynamic component under different climate conditions, which reflects the circulation anomalies. In more detail, the increased ENSO precipitation during Pliocene is caused by the anomalous ascending variability at the low-level troposphere, which is caused by the strengthened and westward shift of climatological Pacific Walker Circulation. The westward shift of Pacific Walker Circulation favors convergent (divergent) circulation anomalies over western (central) Pacific, and thus results in a positive (negative) contribution to intensify (weaken) the changes in ENSO precipitation. The mechanisms also apply in LGM but with roughly opposite changes: the weakened ENSO precipitation over the western Pacific is caused by the weakened and eastward shift of climatological Pacific Walker Circulation. In this study, the inhomogeneous warming (cooling) over the tropical Indo-Pacific ocean induces a greater (smaller) zonal SST gradient and drives easterly (westerly) wind anomalies over the tropical western-central Pacific, leading to the enhanced (weakened) climate mean Pacific Walker Circulation along with a westward (eastward) shift during Pliocene (LGM).

Our work provides a relatively complete understanding of the changes in ENSO precipitation under past warm and cold climates. We highlight that the thermal gradient over the tropical Indo-Pacific is the key factor to determine the ENSO precipitation through circulation anomalies in response to external forcings. Our results show that warm (cold) climate favors a stronger (weaker) zonal SST gradient over the tropical Indo-Pacific Ocean compared to PI simulation. Rickaby
and Halloran (2005) provide strong evidence that the eastern equatorial Pacific has a La Niña-like state suggested by the Pliocene paleothermometer, leading to an increase in the zonal SST gradient in the tropics. The recent work by Seager et al. (2019) demonstrates that the anomalous warming over the central-eastern Pacific under global warming in the state-of-the-art models is due to the too-cold cold tongue bias. Their research highlight that the stronger zonal SST gradient in response to rising GHGs. However, some other studies indicate stronger warming signals over the equatorial central-eastern Pacific compared to the western Pacific under global warming (Meehl et al. 2007; Coats and Karnauskas 2017). A “permanent El Niño” in the tropical Pacific is suggested in Pliocene (Molnar and Cane 2002; Fedorov et al. 2006; Scroxton et al. 2011; Watanabe et al. 2011). These studies imply that the reduced zonal SST gradient may occur in a warmer climate. The similar dispute also exist in the LGM cold climate. Koutavas et al. (2002) suggest a persistent El Niño-like pattern exist in the tropical Pacific by using a reconstructed SST record near Galápagos Islands, implying a relaxation of tropical temperature gradients. Ford et al. (2018) further indicate that this reduced SST gradient is caused by the deeper thermocline during LGM in the eastern equatorial Pacific region. In the meantime, there are substantial studies suggest a La Niña-like cooling. Trend and Prell (2002) reconstruct the SST by using a database of 292 planktonic foraminiferal samples, and they find a marked cooling in the central to eastern tropical Pacific, resulting in an increased east–west SST gradient. The earlier SST reconstruction according the Mg/Ca and δ18O in Pacific also exhibit an increased eastern cooling (Pisias and Rea 1988). Thus, whether the zonal SST gradient in tropics become stronger or weaker remains controversial during past warm and cold climate. Much more works are needed in the future.

The anomalous precipitation changes in tropics also show implications for the teleconnections changes in mid-to-high latitudes (Bonfils et al. 2015). Accompanied with the shift patterns of ENSO precipitation in the tropics (Fig. 2), the Aleutian low shifts slightly westward (eastward) in the Pliocene (LGM) as shown in Fig. 11a, b. In addition, the ENSO-related 500-hPa geopotential height (HGT) anomalies over the North Pacific and North America indicate the Pacific-North American (PNA) teleconnection pattern (Barnston and Livezey 1987) response. This teleconnection pattern changes show movements in different experiments similar to those of SLP [i.e., westward (eastward) for the Pliocene (LGM); Fig. 11c, d], especially during the boreal wintertime (not shown). Zhou et al. (2014) indicate that these teleconnections anomalies can affect the surface temperature and precipitation. Their results suggest that the eastward movement of the SLP over North Pacific causes Alaska cooling, Japan and the South China Sea warming, and also induce

![Fig. 10](image_url)
increased rainfall over U.S. West Coast. Thus, the impact of the teleconnections in mid-to-high latitudes, affected by changes in ENSO precipitation, on nearby continents need further study in the future work.

As this study focuses on the anomalous climate in tropics, the relationship between extra-tropical regions and tropics is not discussed thoroughly. In fact, the Walker Circulation can be also indirectly influenced by the other factors in subtropics, e.g. western North Pacific (WNP) monsoon (Zhang and Li 2017), land-sea temperature gradient (Yim et al. 2017). Focusing on the high latitude, the extent and volume of sea ice and land ice play a crucial role in low latitude climate change. Lu et al. (2016) indicate that the cooling in North Atlantic and Pacific, induced by the retreat of Laurentide ice-sheet, can impact the ENSO variability through the jet stream in the Northern Hemisphere. In this study, we focus on the zonal SST gradient under different CO₂ forcings. On the other hand, Liu et al. (2005) have investigated the meridional SST gradient in response to increased atmospheric CO₂ concentration and found a robust equatorial warming relative to the subtropics under global warming. This meridional SST gradient can further affect the atmospheric circulation and tropical physics. However, in our simulation, the evident trade wind response and the slight SST meridional gradient during the LGM suggest this ocean response mechanism to external forcings may not be dominant, especially in a cold climate state. These comprehensive remote forcing mechanisms in mid to high latitude under different climate states are beyond the scope of this study and will be investigated in future work.

For the warm climate state, indeed the simulated equatorial warming is a dominant/consistent signal as a response to the global warming compared to the zonal contrast change of SST. However, it should be noted that there are many differences in our model set-up compared to the CO₂ forcing experiments in Liu et al. (2005) and Pliocene simulation. In fact, the reduced meridional SST gradient in Pliocene has been validated in observations and other model simulations (Yan et al. 2011; Contoux et al. 2012; Chandler et al. 2013). Many studies have tried to improve the understanding the SST pattern formation and maintenance in the pre-Quaternary through high latitude (thermohaline circulation and ice-albedo feedback; e.g., Crowley 1996; Robinson 2009; Steph et al. 2010; Etourneau et al. 2010) and tropical perspectives (ocean upwelling and air-sea interaction; e.g., Philander and Fedorov 2003; Fedorov et al. 2006; Ravelo 2010). The reduced meridional SST gradient is a robust phenomenon in Pliocene compared with PI, although the mechanisms

Fig. 11 The ENSO-induced SLP (hPa) and 500-hPa geopotential height (m) variability for a, c Pliocene (shading) and b, d LGM (shading) in Pacific overlaid with PI simulation [contours, solid (dashed) lines are positive (negative) values]
are still under debate. This SST pattern results in weaker Hadley circulation (not shown). Like many studies, without sensitivity experiments we can not answer which mechanism is responsible for the reduced SST meridional gradient in Pliocene, and it is beyond the scope of this study. Further effort in improving the understanding of the control factors for mid-Pliocene sea surface condition will be in our future work. Additionally, Lacagnina and Selten (2014) indicate that the EC-Earth shows the large cloud biases in the tropics, resulting in underestimates the total cloud cover. Burls and Fedorov (2014) demonstrate that the meridional cloud albedo plays an important role in sustaining the changes in meridional and zonal SST gradients by using a range of hypothetical modified clouds albedo experiments, leading to anomalous overturning circulation at low latitude. Thus, these cloud biases in EC-Earth might influence the tropical circulation anomalies, and we should examine the role of cloud cover, especially the change in cloud albedo, through sensitivity experiments in the future work. Note also that our studies are based on the simulations with an individual model EC-Earth, and the results could be model-dependent. Especially, it is well-known that simulation of ENSO has large diversity among different models. A series of sensitivity experiments in response to different external forcing and their direct or indirect influences over the tropics are further needed. Particularly, we need to compare our results with other PMIP simulations.

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