Dietary astaxanthin modulated the performance, gastrointestinal histology, and antioxidant and immune responses and enhanced the resistance of *Litopenaeus vannamei* against *Vibrio harveyi* infection

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**Abstract**

Astaxanthin (AX) is one of the commonly used feed supplements to enhance the growth performance and provide antioxidant and immune functions of several aquatic animals. In the current study, juveniles of white-leg shrimp (*Litopenaeus vannamei*) with mean initial weight of $0.340 \pm 0.041$ g were fed with diets supplemented with 0 (control), 25, 50, 100, and 200 mg/kg feed for 8 weeks. At the end of the feeding trial, shrimps were exposed to *Vibrio harveyi*, and their mortality rates were observed for additional 10 days. The growth indices in the AX-fed groups were significantly ($P < 0.05$) higher than what were observed in shrimps in the control group. Dietary AX stimulated the final weight, weight gain, and specific growth rate and optimum growth levels were achieved at 100–200 mg AX/kg feed. Furthermore, the AX-enriched diets significantly enhanced feed intake more than the control diet, and the amount of AX had no effects on feed conversion ratios. In comparison to the control group, the AX-fed animals had significantly ($P < 0.05$) higher villi length, villi width, and absorption area and their optimum values were observed at 100–200 mg AX/kg feed treatments. Moreover, the intestinal morphometry especially villi and its crypt, both internal and external tunica muscularis, and submucosal tissues did not show any inflammatory and/or degenerative changes in AX-fed shrimp. Furthermore, the dietary AX at escalating levels linearly and quadratically enhanced ($P < 0.05$) the activities of serum superoxide dismutase (SOD), catalase (CAT), glutathione peroxidase (GPx), and increased levels of total antioxidant capacity and reduced glutathione. In addition, malondialdehyde levels decreased significantly in AX-fed animals, and the highest levels were observed in the control group (without AX). The expression levels of *cMn-SOD*, *CAT*, and *GPx* genes were significantly upregulated in the hepatopancreas of *L. vannamei* fed with AX-enriched diets (especially in the 200-mg/kg feed treatment) as compared with the control diet. The immunity indices of the AX treatments (hematocyte count, total protein, lysozyme, phagocytic activity, and phenoloxidase) of *L. vannamei* were linearly ($P < 0.05$) and quadratically ($P < 0.05$) increased. This study revealed the
antibacterial activity of AX against *V. harveyi* abundance. After the bacterial challenge, feeding *L. vannamei* with dietary AX significantly increased ($P<0.05$) the relative percentage of survival, especially in the treatment of 200-mg/kg diet (82.7%). The findings of the current study demonstrate that dietary AX (100–200 mg/kg feed) was effective in enhancing the growth, antioxidant status, immune response, and increasing the resistance of *L. vannamei* against *V. harveyi* infection.

**Keywords** Dietary astaxanthin · White-leg shrimp · Growth performance · Antioxidant and immune responses · *Vibrio harveyi*

**Introduction**

Shrimps are widely distributed throughout the world and its aquaculture constitutes a substantial proportion of the aquaculture economy in numerous countries. One of the most profitable shrimp species, white-leg shrimp (*Litopenaeus vannamei*), is widely distributed and has become a highly valuable commodity (FAO 2020). However, intensive farming of this shrimp species often involves high-stress environments and is, therefore, impeded by occurrences such as bacterial infections, for example, *Vibrio harveyi*. Luminous disease, caused primarily by *V. harveyi*, constitutes a severe threat to penaeid shrimp farming, because it frequently leads to quick and substantial shrimp mortality (Teo et al. 2000; Austin and Zhang 2006). To prevent economic losses, protecting shrimp against bacterial infections is crucial. Traditionally, antibiotics/chemotherapeutics are commonly used to control vibriosis (Laganà et al. 2011; Yano et al. 2014). However, its usage in aquaculture has been criticized, because of emergence of antibiotic-resistant bacterial strains, residual effects, inducement of adverse health in consumers, and environment (Maron et al. 2013; Adel et al. 2017; Santos and Ramos 2018). Therefore, finding effective, safe, and eco-friendly alternatives to antibiotics has become increasingly important. Among various possible treatments, natural disease-controlling supplements in aquafeeds are the most promising alternatives to prophylactic antibiotics. Various natural substances stimulate growth, increase antioxidants, and improve the immunity of aquatic animals. In addition, because of their bioactive compounds, they could control bacterial infections in many aquatic organisms (Van Hai 2015; Dawood et al. 2018, 2020; Alagawany et al. 2020) including vibrosis (Yilmaz et al. 2022).

Various plants, microalgae, and microbes are capable of synthesizing a bright-red carotenoid called astaxanthin (AX) (Ho et al. 2018; Jin et al. 2018) which has been approved by the United States Food and Drug Administration as a food colorant in animal and fish feeds (Pashkow et al. 2008). In aquaculture, it has valuable applications as a feed supplement because of its biological functions including skin and flesh pigmentation, antioxidant activity, immune enhancement, stress alleviation, growth stimulation, and mortality reduction (Li et al. 2020; Wang et al. 2020; Lim et al. 2021). The development of shrimps’ aquaculture continues to increase the demand for dietary AX (Chew 1995). Because AX aids in enhancing the growth indices and supporting antioxidant capacity and innate immunity, its use in aquafeeds could promote sustainable development of shrimp aquaculture. Therefore, the present study investigated the impacts of dietary AX on the growth indices, antioxidant status, immune response, and disease resistance of white-leg shrimp (*L. vannamei*) to *V. harveyi*. 
Materials and methods

Antibacterial activity of AX against *V. harveyi*.

AX (C\(_{40}\)H\(_{52}\)O\(_4\); MW = 483.51) was purchased as Carophyll ® pink 10% DSM (Vita lucantin pink 10%, Bangkok, Thailand). The disk diffusion method was used to test the antagonistic activity of AX against *V. harveyi*. A 24-h inoculum suspension of *V. harveyi* was uniformly swabbed on solidified thiosulfate-citrate-bile salt-sucrose agar media (TCBS) (Merck, Darmstadt, Germany). The bacteria inoculum was allowed to dry for 5 min. Filter-paper disks (6 mm) were made using a hole punch and placed on an agar. Aliquots of 10 mL from AX were added to sterilized petri dishes. Then, filter-paper disks were soaked in various concentrations of AX for 15 min, transferred to the seeded medium, and allowed to remain on the bench for sufficient diffusion. All samples were prepared in triplicates to obtain means. After 24-h incubation at 28 °C, the resulted inhibition zones were measured in millimeters.

Diet formulation and preparation

The experimental diets (40% crude protein) were prepared, and AX was added at levels of 0.0 (control), 25, 50, 100, and 200 mg/kg to the diet. For each diet, the respective proportion of AX was mixed with soybean oil and subsequently mixed with the remaining feed ingredients; then, water was added (100 mL per kg diet) and well mixed for 30 min. All these steps involved thorough mixing of the ingredients. Finally, the diets were pelletized (approximately 0.5-mm diameter), dried in the dark, and stored at −4 °C. This is to prevent degradation of AX in the feed. The formulation and proximate composition of the control diet is provided in Table 1.

Shrimp rearing

White-leg shrimps (mean initial weight = 0.340 ± 0.041 g) were acquired from a shrimp hatchery in the Ghalioun Project, Egypt, and then acclimated to the subsequent culture environment in oxygenated seawater (32‰ salinity) for 2 weeks. During this period, the shrimp were fed with the control diet (40% CP). Healthy shrimps were randomly divided into 15 1-m\(^3\) cylindrical fiberglass tanks where each tank contained 300 individuals and each treatment was replicated three times. Shrimps were given the experimental diets to apparent satiety at 8:00, 12:30, 16:00, and 20:00 h for 8 weeks. Every 2 days, feces were removed together with 50% of the water using a siphon tube, and the removed water was replaced with new seawater.

The water quality was monitored daily. Water pH (7.8–8.2), salinity (22–23‰), temperature (28–31 °C), ammonia–nitrogen (0.06–0.08 mg/L), and dissolved oxygen (6.5–6.8 mg/L) were recorded weekly throughout the experimental period in accordance with the APHA standard methods (APHA 1998).

After the feeding trial, all the shrimps in each tank were harvested, counted, and weighed. Parameters of growth and feed utilization were calculated according to the following formulae:

- Weight gain (%) = 100 \(\frac{\text{final weight (g)} - \text{initial weight (g)}}{\text{initial weight (g)}}\);
- Specific growth rate (SGR; %/day) = \(100 \times \frac{\ln \text{final weight} - \ln \text{initial weight}}{\text{experimental days}}\).
Feed conversion ratio (FCR) = feed intake (g) / weight gain (g);
Animal survival (%) = \(100 \times \frac{\text{animal number at the final} - \text{animal number at the start}}{\text{animal number at the start}}\).

### Hemolymph and tissue sampling

After 8 weeks, 10 animals from each tank (30 animals per treatment) were removed and fasted for 24 h. Hemolymph was collected from the ventral sinus, allowed to coagulate, kept at 4 °C for 24 h, and then repeatedly centrifuged at 2000 × g to obtain the serum, which was aliquotted and stored at −20 °C until further use. Another part was withdrawn using a syringe containing 750 μL of precooled (4 °C) anticoagulant (0.114 M trisodium citrate, 450 mM NaCl, 10 mM KCl, and 10 mM HEPES at pH 7.4). After hemolymph sampling, animals were dissected, and hepatopancreas tissues were removed and stored in liquid nitrogen (−80 °C) for future analysis and determination of the genes expression.

### Intestinal morphometric analysis

The intestinal tract of 10 animals/tank from the different groups were collected at the end of the experiment (8 weeks). The samples were first fixed in 4% buffered formalin for 24 h, then the tissues were dehydrated by immersing them in 70%, 85%, and 98% alcohol, before finally embedding them in paraffin. Histological Sections 4–5 μm thick were sliced using a microtome (Leica, Germany), and sections were stained with hematoxylin and eosin.
to observe the general morphology of the samples. Images were photographed using an Olympus BX50 microscope (Japan) (Roberts and Smail 2001).

Antioxidant activity and lipid peroxidation

Commercial assay kits from Biodiagnostic Co., Cairo, Egypt were used to measure the levels of enzymes activity and lipid peroxidation. The SOD activity was measured following the method of McCord and Fridovich (1969). Following the addition of 10 μL of serum to the kits reagent, catalase (CAT) activity was measured from the decrease in H₂O₂ concentration (Aebi 1984). Glutathione peroxidase (GPx) activity was measured following the method of Flohé and Günzler (1984). The reduced GSH was measured according to the method of Browne and Armstrong (1998). The level of malondialdehyde (MDA) during oxidizing of fatty acids was used to determine the lipid peroxidation levels according to Ohkawa et al. (1979). The total antioxidant capacity (TAC) of serum was determined using the ferric-reducing antioxidant power (FRAP) method (Benzie and Strain 1996).

Antioxidant gene expression

The expression levels of cytosolic manganese superoxide dismutase (cMn-SOD), catalase (CAT), and glutathione peroxidase (GPx) were measured in hepatopancreatic tissue of L. vannamei fed with different levels of AX over the 8-week feeding trial. The hepatopancreas samples were centrifuged at 3000 × g for 10 min at 4 °C and the supernatant immediately stored at –80 °C for later assay of gene expression. Total RNA was extracted from samples using TRizol reagents (Invitrogen, UK) according to the manufacturer’s instructions. The RNA was reverse transcribed by RT-PCR using a SYBR Green method in an iQ5 iCycler thermal cycler (Bio-Rad, Hercules, CA, USA). The reactions were performed in a 96-well plate, with each reaction containing 1 μL of diluted (1/20) cDNA, 5 μL of concentrated iQ TM SYBR Green Supermix (Bio-Rad) as a fluorescent intercalating agent, 0.3 μM forward primer, and 0.3 μM of the reverse primer. The sequences of each primer used in the present study were designed based on the published L. vannamei cDNA sequence (Table 2) using primer 3 software. The β-actin was used as the housekeeping gene. The real-time PCR program consisted of the following steps: 95 °C for 1 min, followed by 40 cycles at 95 °C for 15 s, 60 °C for 15 s, 72 °C for 45 s, and one step of 95 °C for 10 s. Melting curves were generated by increasing the temperature from 65 to 95 °C at a rate of 0.5 °C/s to denature the double-stranded DNA. The relative mRNA expression levels of genes were calculated using the comparative CT method (2−ΔΔCT). The values are presented as mean n-fold differences compared to the control (Livak and Schmittgen 2001).

Immune response parameters

Addition of hemolymph to anticoagulant solution using Neubauer chamber was used to determine total hemocyte counts (THCs). The anticoagulant solution was made up of 1:2, 0.45 M NaCl, 0.1 M glucose, 30 mM sodium citrate, 26 mM citric acid, and 10 mM EDTA at pH 4.6 (Söderhäll and Smith 1983). The method of Bradford (1976) was used to measure the total protein concentration in the sera while bovine serum albumin served as the protein standard. The lysozyme (LYZ) activity was determined using a spectrophotometer with a lysozyme-detection kit according to Ellis (1990). The phenoloxidase (PO) activity was
determined spectrophotometrically (490 nm) according to Perazzolo and Barracco (1997). The phagocytic activity was assayed in accordance with the procedures of Selvin et al. (2004).

**Bacterial challenge**

After the feeding experiment, the *V. harveyi* bacterium was provided by Department of Poultry and Fish Diseases, Faculty of Veterinary Medicine, Alexandria University, Egypt. The *V. harveyi* isolates were previously isolated from naturally diseased shrimp and identified by traditional methods as well as molecular analysis. *V. harveyi* isolate was grown on tryptic soy broth (TSB with 1.5% NaCl, pH 7.5 at 30 °C for 48 h) (Joshi et al. 2014).

Fifteen (15) shrimps (*V. harveyi* free) from each tank were then allotted to a new 15-L water glass tanks (three tanks per treatment). *V. harveyi* was added into each tank to obtain a final concentration of $1 \times 10^{5}$ CFU/mL for 2 h (Robertson et al. 1998). During the challenge trials, animals continued to be fed on their corresponding experimental diets as in the feeding experiment four times per day for additional 10 days (Robertson et al. 1998). Salinity, dissolved oxygen, and water temperature were maintained at the same levels as in the feeding experiment. Leftover feed and feces were siphoned off every 2 days. The mortality and any abnormal signs of animals were recorded. The relative percent of survival (RPS) was calculated in the 10-day post-challenge (Amend 1981) as follows:

$$\text{RPS} = 100 \left[ 1 - \left( \frac{\% \text{ mortality in treated fish}}{\% \text{ mortality in the control fish}} \right) \right]$$

**Statistical analysis**

One-way analysis of variance was used to analyze the data obtained and to determine any significant differences among shrimp fed graded levels of dietary AX. The polynomial

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**Table 2** Primes for real-time quantitative RT-PCR

| Gene name | Primer sequence (5′-3′) | Annealing temperature (°C) | Product (bp) | Accession no |
|-----------|------------------------|----------------------------|--------------|--------------|
| cMn-SOD   | Forward primer: 5′-ATCAGTACGGACTG GTTCC-3′  
Reverse primer: 5′-GAGGACAAGGCCTT GTGAC-3′ | 59 | 219 | DQ005531 |
| CAT       | Forward primer: 5′-GCCCGTACAAGGAAC TACCA-3′  
Reverse primer: 5′-TGACGTTCCTCATTTC TAC-3′ | 58.5 | 230 | AY518322 |
| GPx       | Forward primer: 5′-CGTGCAAAAGGACC TTGGG-3′  
Reverse primer: 5′-ATACGCATGCCCCT AACAC-3′ | 54.5 | 231 | AY973252 |
| β-actin   | Forward primer: 5′-GTTCCATCGAG GGATA-3′  
Reverse primer: 5′-TAGGACTTCGCCG GAGGA-3′ | 56.5 | 233 | AF300705 |

cMn-SOD cytolic manganese superoxide dismutase, CAT catalase, GPx glutathione peroxidase, β-actin beta actin (a housekeeping gene)
contrast procedure was employed to test the polynomial trend or relationship (linear or quadratic response) that exists between pairs of means in the presence of a significant interaction effect. This method enabled statistical evaluation of whether the observed effects were linear, in other words, directly proportional to the graded levels of supplemental AX, or quadratic (deviating from linearity), in other words, dose-dependent. Differences among means were deemed as statistically significant at $P < 0.05$ using the Duncan test as a post hoc test. All data were analyzed with SPSS software version 20 for Windows according to Dytham (2011).

**Results**

**Antibacterial activity of astaxanthin against *V. harveyi***.

The growth of *V. harveyi* was prevented by adding AX to its culture medium, indicating the antibacterial activity of AX against *V. harveyi* (Fig. 1).

**Growth indices**

The growth performance and feed utilization of white-leg shrimp (*L. vannamei*) fed with different levels of AX for 8 weeks are shown in Table 3. The growth indices (final weight, % weight gain, and specific growth rate) of the control group were significantly lower than those of the AX-fed animal groups. Among the AX-fed groups, the growth indices from the 100- and 200-mg AX/kg feed treatments did not differ significantly ($P > 0.05$). Similarly, all the AX-fed shrimp consumed more feed than the control group, and we observed no significant ($P > 0.05$) difference between the 100- and 200-mg AX/kg feed treatments. FCR values ranged from 1.68 to 1.82, and we observed no significant ($P > 0.05$) differences among different AX treatments. Shrimp survival during the experimental period ranged from 83.3 to 87.7% with no significant ($P > 0.05$) differences among different treatments (Table 3).

**Fig. 1** Antibacterial activity of astaxanthin (AX) against *V. harveyi*.
Antioxidant activity and lipid peroxidation

The antioxidant enzyme activities in sera of *L. vannamei* fed on the experimental diets are presented in Table 4. Compared to the control group, SOD, CAT, and GPx activities, as well as GSH levels, were significantly (*P* < 0.05) higher in *L. vannamei* fed with diets enriched with AX up to 100 mg/kg feed, with no significant (*P* > 0.05) difference observed between 100- and 200-mg AX/kg feed treatments (Table 4). Similarly, shrimp fed with diets supplemented with AX up to 200-mg/kg diet had TAC levels that were significantly (*P* < 0.05) higher than those of the control. In contrast, the MDA levels of shrimp fed with AX-enriched diets were significantly (*P* < 0.05) lower than that of those fed with the control diet, which had the highest MDA level (Table 4).

The mRNA expression levels of *cMn-SOD*, *CAT*, and *GPx* in the hepatopancreas of white-leg shrimp were both linearly and quadratically (*P* < 0.05) upregulated in response to 8 weeks of the dietary supplementation of AX (Fig. 2). The maximum expression levels

### Table 3 Growth characteristics and feed utilization of white-leg shrimp (L. vannamei) fed on different levels of astaxanthin (AX) for 8 weeks

| AX levels (mg/kg feed) | Pooled SEM | *P* value |
|------------------------|------------|-----------|
|                        | Linear     | Quadratic |
| 0.0 (control)          |            |           |
| Initial weight (g)     |            |           |
| 0.34                   | 0.32       | 0.33      |
| Final weight (g)       |            |           |
| 9.25 d                 | 9.94 c     | 10.73 b   |
| Weight gain (g)        |            |           |
| 8.91 d                 | 9.62 c     | 10.40 b   |
| SGR (%/day)            |            |           |
| 5.90                   | 6.14       | 6.22      |
| Feed intake (g feed/animal) | 16.2 c | 16.9 c | 18.3 b |
| Feed conversion ratio  |            |           |
| 1.82                   | 1.76       | 1.76      |
| Survival rate (%)      | 83.3       | 84.0      |

Means having the same letter in the same row are not significantly different at *P* ≤ 0.05

### Table 4 Antioxidant parameters of white-leg shrimp (L. vannamei) fed on different levels of astaxanthin (AX) for 8 weeks

| AX levels (mg/kg feed) | Pooled SEM | *P* value |
|------------------------|------------|-----------|
|                        | Linear     | Quadratic |
| 0.0 (control)          |            |           |
| SOD (unit/mg protein)  | 59.2 d     | 73.4 c    | 86.5 b   | 91.5 a   | 93.5 a  | 3.56 | < 0.001   | < 0.001 |
| CAT (unit/mg protein)  | 2.11 d     | 2.63 c    | 3.30 b   | 3.63 a   | 3.71 a  | 0.182 | < 0.001   | < 0.001 |
| GPx (unit/mg protein)  | 52.6 d     | 56.3 c    | 63.4 b   | 75.5 a   | 78.9 a  | 2.83  | < 0.001   | < 0.001 |
| GSH (µg/mg protein)    | 2.85 d     | 3.40 c    | 3.81 b   | 4.21 a   | 4.23 a  | 0.143 | < 0.001   | < 0.001 |
| TAC (U/mL)             | 3.58 e     | 4.29 d    | 4.81 c   | 5.08 b   | 5.45 a  | 0.17  | < 0.001   | < 0.001 |
| MDA (nmol/mg protein)  | 4.53 a     | 3.89 b    | 3.56 c   | 3.27 d   | 3.22 d  | 0.126 | < 0.001   | < 0.001 |

*SOD* superoxide dismutase, *CAT* catalase, *GPx* glutathione peroxidase, *GSH* reduced glutathione, *TAC* total antioxidant capacity, *MDA* malondialdehyde

Means having the same letter in the same row are not significantly different at *P* ≤ 0.05
of these genes were observed in the 200-mg AX/kg feed treatment. In the case of GPx, the expression levels in the 100- and 200-mg AX/kg feed treatments did not differ significantly ($P > 0.05$; Fig. 2).

**Intestinal morphometry**

The results of morphometric analysis of the gastrointestinal tract of *L. vannamei* fed with different levels of AX are shown in Fig. 3. Compared to the control group, villi length, villi width, and absorption area were significantly increased in shrimp supplemented with AX for 8 weeks (Fig. 3). Moreover, the intestinal villi and its associated crypt, tunica muscularis (internal and external muscular layers), and submucosal tissues were free of inflammatory and/or degenerative changes in AX-fed shrimp. These shrimp also displayed properly arranged columnar epithelia and goblet cells. Interestingly, the thickness of both layers of tunica muscularis in the control and AX-fed groups did not differ significantly.

**Immunological parameters**

Feeding *L. vannamei* with distinct AX-containing diets was associated with significant linear ($P < 0.05$) and quadratic ($P < 0.05$) increases in the THC, total protein (TP), LYZ,
phagocytic activity (PA), and phenoloxidase (PO) values, and the highest values were recorded in the 200-mg AX/kg diet (Table 5). Animals fed with the control diet exhibited significantly ($P < 0.05$) lower THC, TP, LYZ, PA, and PO values.

![Fig. 3 Differences in villi length, villi width (µm), and absorption area (mm²) in intestines of white-leg shrimp (L. vannamei) fed on different levels of astaxanthin (AX) for 8 weeks. Different letters above the bars indicate significant differences at $P < 0.05$.](image)

**Table 5** Immunological parameters of white-leg shrimp fed graded levels of astaxanthin (AX) for 8 weeks

| AX levels (mg/kg diet) | 0.0 (control) | 25  | 50  | 100 | 200 | Pooled SEM | $P$ value | Linear | Quadratic |
|------------------------|--------------|-----|-----|-----|-----|------------|-----------|--------|-----------|
| THC ($\times 10^7$ cells/mL) | 0.81 e | 1.06 d | 1.28 c | 1.42 b | 1.65 a | 0.078 | $<0.001$ | $<0.001$ |
| Total protein (g/dL) | 11.4 e | 17.8 d | 22.7 c | 30.4 b | 40.4 a | 2.71 | $<0.001$ | $<0.001$ |
| Lysozyme activity (U/mL) | 0.84 d | 1.23 c | 1.45 b | 1.86 a | 1.95 a | 0.114 | $<0.001$ | $<0.001$ |
| Phagocytosis activity % | 19.4 e | 23.4 d | 32.4 c | 38.6 b | 42.3 a | 2.35 | $<0.001$ | $<0.001$ |
| Phenol oxide (O.D. at 490 nm) | 0.25 e | 0.43 d | 0.57 c | 0.76 b | 0.84 a | 0.056 | $<0.001$ | $<0.001$ |

$THC$ total hemocyte count

Means with the same letter in the same row are not significantly different ($P \leq 0.05$)
Bacterial challenge

Significant effects of dietary AX on the survival of *L. vannamei* after the exposure to *V. harveyi* were observed. Animals fed the 25-, 50-, 100-, and 200-mg AX/kg diet exhibited significant increases in their survival rate compared to those fed the control diet (Fig. 4). The dietary AX significantly increased \((P < 0.05)\) the relative percentage of survival of *L. vannamei*, especially at the treatment of 200-mg/kg diet (82.7%).

Discussion

Growth indices

Astaxanthin has attracted wide attention because of its various physiological functions in aquatic animals (Lim et al. 2018; Lu et al. 2021). Here, feeding AX-enriched diets to *L. vannamei* significantly enhanced its growth characteristics and feed intake than the control group, where the highest shrimp growth taking place in the 100–200-mg AX/kg feed treatments. These results can be attributed to the influence of dietary AX on intestinal morphometry, specifically, to the expanded gut surface area (reflected by increased villi width, villi height, and absorption area) that resulted in improved nutrient absorption (Figs. 3 and 4). Furthermore, addition of AX to shrimps feed resulted in the increased secretion of digestive enzymes resulting in increased digestion, absorption, and utilization of nutrients, leading to enhanced feed intake, as we found in the current study. In a similar study, Zhang et al. (2013) showed that *L. vannamei* fed with diets containing 0-, 25-, 50-, 75-, 100-, 125-, and 150-mg AX/kg feed for 56 days resulted in significantly improved growth performance with optimum AX levels of 125–150-mg/kg diet. In another study, Wang et al. (2018) fed juvenile kuruma shrimp (*Marsupenaeus japonicus*) diets with 0-, 200-, 400-, 800-, 1200-, and 1600-mg AX/kg feed for 56 days, resulting in better growth performance in the AX-fed animals compared to the control group, with the best performance exhibited by shrimp fed the diet with 400-mg AX/kg feed. Wang et al. (2020) reported that *L. vannamei* fed with diets containing 0-, 50-, and 100-mg AX/kg feed for 4 weeks resulted in

**Fig. 4** Changes in relative percent of survival (%) of white-leg shrimp fed graded levels of astaxanthin (AX) for 8 weeks and post-challenged by *V. harveyi* infection for 10 days. Bars labeled with different letters are significantly different \((P < 0.05)\).
Antioxidant activity and lipid peroxidation

Development of defense mechanisms by various organisms have helped them in neutralizing the harmful effects of reactive oxygen species (ROS; Lesser 2006; Hoseinifar et al. 2021). These mechanisms are in forms of enzymatic and non-enzymatic antioxidants of endogenous and exogenous origins. Structurally, AX is particularly interesting as a non-enzymatic antioxidant because it is able to act by reducing singlet oxygen and scavenging free radicals to obstruct chain reactions, and thereby thwarting oxidative damage to cellular macromolecules (Hussein et al. 2006; Liu and Osawa 2007).

Usually, the best option for evaluating the oxidative stress status is by measuring the levels or activities of several biomarkers. Here, feeding L. vannamei with AX-supplemented diets resulted in significantly increased activities of SOD, CAT, and GPX and increased levels of GSH and TAC. Furthermore, dietary AX significantly upregulated the expression of cMN-SOD, CAT, and GPx genes. These findings suggest that dietary AX improves the capacity of the shrimp’s antioxidant system, ultimately protecting L. vannamei from oxidative damage. Due to their molecular structure, carotenoid pigments, including AX, have several positive effects on biological systems, and these are directly linked to these pigments’ antioxidant properties and their very high scavenging affinity for toxic oxygen radicals (Ambati et al. 2014). Yang et al. (2010) found that feeding white shrimp with carotenoid-rich red yeast (Rhodosporidium paludigenum) resulted in significant increases in SOD, CAT, and GPx activities. In contrast, Zhang et al. (2013) reported that increasing dietary AX levels significantly reduces SOD and CAT activities, which is accompanied by the downregulation of cMn-SOD and CAT genes in L. vannamei. Wang et al. (2015) suggested that dietary AX promotes the expression of antioxidant-related mRNA for enzymes in the hepatopancreas of L. vannamei. Rahman et al. (2016) reported that rainbow trout AX-containing diets upregulated the antioxidant activity of rainbow trout compared to that fed with no AX.

The byproduct of unsaturated fatty acid peroxidation is MDA, which is commonly evaluated by TBARS analysis (Lin and Shiau 2005). It is known that the accumulation of MDA in cells depends on the level of ROS scavenging properties in an inverse manner. Here, L. vannamei fed with AX-supplemented diets had significantly lower MDA levels compared to the control group, which may be because the dietary AX is susceptible to ROS (as are many carotenoids) due to the presence of conjugated double bonds in their molecules. Thus, the MDA levels of shrimp (Penaeus monodon) fed with β-carotene and AX-supplemented diets were significantly lower than those of shrimp fed with the control diet (without carotenoids) (Niu et al. 2014). Similar results have been observed after feeding white-leg shrimp and rainbow trout diets that contained red yeast (Yang et al. 2010) and lycopene (Sahin et al. 2014), respectively.

Intestinal morpohometry

Most of the nutrient absorption is taking place in the animals’ intestine. Here, nutrients are transported into and out of the intestinal enterocytes through specific transporters located at the brush-border and basolateral membranes (Nicholson et al. 2012; Abdel-Tawwab et al. 2018, 2021; Adeshina et al. 2019; Abdel-Latif et al. 2020). Histomorphometric analysis
of the intestine of all experimental groups in the present study showed no inflammation in the intestinal tissues. Indeed, dietary AX significantly enhanced the villi length, villi width, and the absorption area of the gastrointestinal tract of *L. vannamei* in the order of the dosages. These findings suggest that dietary AX is beneficial for gut health and nutrient absorption, which have positive impacts on the growth of *L. vannamei*. However, long villi are usually associated a healthy gut and efficient nutrient absorption, resulting in improved the growth performance (Sklan et al. 2004; Trushenski 2015; Huerta-Aguirre et al. 2019). Shrimps’ growth is positively related to villus height/width ratio and absorption area because these properties increase nutrient uptake in the gut, which improves the feed utilization and growth performance of numerous fish species (Abdel-Tawwab et al. 2018, 2021; Adeshina et al. 2019; Abdel-Latif et al. 2020).

**Immune responses**

Serum proteins are vital elements for sustaining a healthy immune system in aquatic animals (Shiu et. al. 2017; Lim et al. 2021; Abdel-Tawwab et al. 2022). The results of this study reveal significant increase in the serum TP of AX-fed animals, which are indicative of rising antibody production and an enhanced immune response. The raised serum TP may also assist in repairing damaged tissues and eliminating bacteria (Gerwich et al. 2002; Laith et al. 2017). These results are consistent with those of Jagruthi et al. (2014) and Lim et al. (2021), who reported that dietary AX was capable of increasing serum TP levels in common carp and Asian seabass, respectively.

Innate immunity is the pivotal defense mechanism against invading pathogenic organisms (Romo et al. 2016). Phagocytes provide innate immunity through engulfing, terminating, and digesting foreign microbes (Abarike et al. 2018). LYZ is a bacteriolytic component of the immune system that catalyzes the hydrolysis of the bacterial cell wall, in addition to increasing the capacity for activating the complement system (Magnadóttir 2006; Ragland and Criss 2017). Phagocytic cells are the primary producers of LYZ (Grayfer et al. 2018). The secretion of LYZ by phagocytes is a marker of PA, whereby both its secretion and the activity increase simultaneously during the onset and progress of an infection. Diets supplemented with AX considerably improved phagocytic and serum LYZ activities, which directly enhanced the resistance of the shrimp to vibriosis. A markedly lower secretion and decreased activity indicate immune suppression in the control shrimp caused by the infection, presumably due to an absence of the stimulatory effect of dietary AX. The intensification of phagocytosis and serum LYZ activity could be associated with the higher THC count of the AX-fed animals. These results are consistent with those of previous studies (Ali et al. 2018; Lim et al. 2019a, b; Lim et al. 2021). The enhancement of phagocytic and serum LYZ activities in shrimp in this study might be also related to macrophage activation and stimulation of other humoral factors (Tang et al. 2010; Laith et al. 2017), resulted from dietary AX supplementation. Similar results were reported by Jagruthi et al. (2014), Li et al. (2020), and Lim et al. (2021), who revealed that dietary AX was capable of enhancing phagocytic and serum LYZ activities in common carp, snakehead (*Channa argus*), and Asian seabass, respectively.

**Antibacterial activity**

The ultimate goal of providing *L. vannamei* with immunostimulating diets is to improve its protection against infectious bacteria and thus its overall disease resistance. This study
demonstrated that feeding *L. vannamei* with AX-enriched diets allowed effectively controlling the occurrence of *V. harveyi* infection. This result is attributed to the antibacterial activity that was demonstrated in this study (Fig. 1). The higher survival and disease tolerance of AX-fed shrimp against pathogenic *V. harveyi* are the outcome of the complex interactions between enhanced biochemical and innate immune defense mechanisms. In addition, dietary AX may have activated the antioxidant response mechanism for optimum cellular functions and physiological improvements (Xie et al. 2017; Lim et al. 2019a, b). The beneficial effects of dietary AX from various sources on the survival of aquatic animals have been widely reported (Jagruthi et al. 2014; Liu et al. 2016; Lim et al. 2019a, b; Lim et al. 2021). In a similar study, Jagruthi et al. (2014) fed common carp (*Cyprinus carpio*) with 0-, 25-, 50-, and 100-mg AX/kg diet and investigated the immune response and disease resistance against *Aeromonas hydrophila* infection. Wang et al. (2015) fed *L. vannamei* with 0.0- and 80-mg AX/kg diet for 4 weeks and evaluated their effects on the immune response and resistance to the white spot syndrome virus. Their results revealed that the mortality of the AX-fed group 11 days after infection was 76.3%, whereas that of the control group was 100%. Xie et al. (2018) reported that dietary AX increased the survival of *L. vannamei* and its tolerance to *V. parahaemolyticus* infection. Lim et al. (2021) fed Asian seabass with 0.0-, 50-, 100-, and 150-mg AX/kg diet for 90 days and artificially infected with *V. alginolyticus* at the end of the feeding period. They reported that supplementary feeding of AX was effective in reinforcing fish immunity and disease resistance against *V. alginolyticus* infection. Another study reported that when albino Oscar fish (*Astronotus ocellatus*) infected with pathogenic *Aeromonas hydrophila* were fed with 0.0- and 200-mg AX/kg diet, the cumulative mortality reached 76.7% and 56.7%, respectively (Alishahi et al. 2015). In addition, the increase of disease resistance by feeding fish with AX was also observed in olive flounders (*Paralichthys olivaceus*) infected with *Edwardsiella tarda* (Kim et al. 2012). Thus, the improvement of disease resistance and increase of survival in white-leg shrimp (*L. vannamei*) by feeding AX-enriched diets appears as a promising tool for more eco-friendly shrimp aquaculture.

**Conclusions**

We have shown that the inclusion of AX to diets for white-leg shrimp results in improved growth indices, feed utilization, and intestinal histomorphometry. The results obtained indicate that dietary AX at levels of 100–200-mg/kg diet acts as a natural antioxidant that can enhance the antioxidant status of white-leg shrimp via modulating the antioxidant-related genes along with reducing the levels of lipid peroxidation. Additionally, the dietary AX modulated the immunity and promoted the protection of white-leg shrimp (*L. vannamei*) against *V. harveyi* infection. These results suggest the effectiveness of using dietary AX in aquafeeds at levels of 100-mg/kg diet to enhance the growth, antioxidant status, and immune response of white-leg shrimp and increase its resistance to possible bacterial infections.

**Author contribution**  
Elayed A. A. Eldessouki: conceptualization, investigation, methodology; Amany M. Diab: conceptualization, investigation, methodology; Talal A. M. Abo Selema: conceptualization, investigation, methodology; Nader M. Sabry: conceptualization, investigation, methodology; Mahmoud M. Abotaleb: conceptualization, investigation, methodology; Riad H. Khalil: conceptualization, investigation, methodology; Nasser El-Sabbagh: conceptualization, investigation, methodology; Nehal A. Younis:
conceptualization, investigation, methodology; Mohsen Abdel-Tawwab: conceptualization, supervision, data curation, writing — original draft, writing — review and editing.

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**Data availability** Data of the present article are available under request.

**Code availability** Not applicable.

**Declarations**

**Ethics approval** All applicable international, national, and/or institutional guidelines for the care and use of fish were followed by the authors.

**Consent for publication** Not applicable.

**Conflict of interest** The authors declare no competing interests.

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