Role of matrix behavior in compressive fracture of bovine cortical bone

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In compressive fracture of dry plexiform bone, we examine the individual roles of overall mean porosity, the connectivity of the porosity network, and the elastic as well as the failure properties of the nonporous matrix, using a random spring network model (RSNM). Porosity network structure is shown to reduce the compressive strength by up to 30%. However, the load-bearing capacity increases with an increase in either of the matrix properties—the elastic modulus or the failure strain threshold. To validate the porosity-based RSNM model with available experimental data, bone-specific failure strain thresholds for the ideal matrix of similar elastic properties were estimated to be within 60% of each other. Further, we observe the avalanche size exponents to be independent of the bone-dependent parameters as well as the structure of the porosity network.

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I. INTRODUCTION

The compressive failure of brittle materials with a preexisting porosity network, such as wood, rock, bone, etc., is a complex process that involves a series of failure events, well separated in time [1,2]. The fracture behavior of such materials is typically characterized by using experimental data of the macroscopic response, fracture paths, as well as avalanche size distribution evaluated from the acoustic emissions. The power law observed in the acoustic emission statistics implies the process is “scale-free,” thus drawing analogies with critical phenomena and self-organized criticality [3]. For predictive modeling of large events or final failure of such materials, it is of significance to understand the specific roles of the porosity network, the heterogeneity of the matrix, etc., in the signatures of the fracture data. Cortical or compact bone, found in the midshaft of load-bearing bones such as femurs and tibias, is such a brittle, porous biomaterial. Being a living tissue, the local microstructure and porosity network of the cortical bone evolves in response to the mechanical stresses to which the bone is subjected, and this in turn modifies the local mechanical properties. Understanding the relationship between microstructure and mechanical properties is crucial for applications such as the extraction of bone grafts [4,5], as failure strength, elastic modulus, fracture paths, etc. Such models, if general enough, would also be of use in understanding failure behavior of a wider class of brittle materials with a well-defined porosity network, such as wood, rock [16,17], etc.

Compared to the detailed experimental characterization of the microstructure-property relationship of the different microstructures [18–31], the number of predictive microscopic models that are able to reproduce characteristic features of the complex fracture processes involved are few in number. This is primarily because the fracture process in complex heterogeneous quasibrittle materials such as bone involves multiple pores and microcracks that interact and evolve stochastically prior to final failure [32], which is difficult to capture using deterministic models. Thus, modeling such materials using classical fracture mechanics theory or the standard finite-element method restricts the scope mostly to finding effective elastic behavior or to finding the resistance to growth of a single macroscopic crack [33–35]. Statistical models such as the random spring network model (RSNM), which approximates the continuum using a network of springs with statistically distributed characteristics, are much better suited for studying fracture in such systems. The RSNM has been successful in providing insight into the role of disorder in the fracture behavior of heterogeneous material systems with no preexisting crack [3], reproducing features such as transition from brittle to nonbrittle macroscopic response [36], avalanche size distributions [37], and qualitative [38,39] and quantitative [40] features of the fracture of composite materials. In the context of bone, simple one-dimensional models of parallel springs with statistically distributed properties have been used to simulate the characteristic quasibrittle softening seen in tension and bending [41] as well as in compression of cortical bone [42]. Including spatial effects, the three-dimensional RSNM has been used to model cancellous bone, i.e., spongier bone found near joints, to account for percolation effects in the power-law variation of strength with porosity [43,44]. However, none of these studies takes into account the role of the structure of the porosity network. This is of particular importance since the structure of the porosity network, and not merely the mean porosity, is known to be important. Microstructures with larger mean porosity have sometimes higher compressive strengths than those with lower porosity [29,31,45].

Cortical bone has predominantly two distinct microstructures—plexiform bone, which is brick-shaped and has woven bone and vasculature sandwiched within
regular lamellae, and Haversian bone, which has cylindrical secondary osteons that run along the length of the bone [46]. Under compression it has been found that mechanisms of failure are noticeably different between the microstructures. In plexiform bone, damage is localized on weak radial planes resulting in prismatic fracture surfaces, while in Haversian bone the presence of osteons deflects the crack paths and leads to meandering crack paths [31].

To model the splitting fracture of plexiform bone under compression, recently we developed a RSNM model that incorporates the details of the porosity network of the bone [47]. In our porosity-based RSNM (see Sec. II for more details), the local spring constants were determined based on the experimentally obtained porosity network of the plexiform bone. The effect of the porosity network on the macroscopic compressive response of the bones was examined under the simplifying assumption that material properties such as Young’s modulus, Poisson’s ratio, and compressive strength are independent of the bone. While the model reproduced the overall force deflection curves, qualitative fracture paths, and avalanche exponents reasonably well, the correlation between the predicted and observed compressive strengths was not good. However, material properties are expected to be dependent on the bone, as well as the history of loading, and the discrepancy between model predictions and experimental data was attributed to ignoring bone-dependent material properties. In this paper, we introduce bone-dependent material properties into the model by performing a detailed parametric study of the model by varying the model parameters systematically. From experimental energy-dispersive spectroscopy, we find that the elastic modulus is more or less independent of the bone. However, to obtain the experimental macroscopic response, we have to use sample-dependent strain thresholds. We conclude that samples with similar mean porosity and mineralization perhaps have different material organization, leading to variations in load-bearing capacity. Further, the role of the porosity network is examined by comparing the predictions with results from the homogenized distribution of equivalent porosities. While homogenization leads to an alteration of the failure paths and strengths, it leaves the avalanche exponents largely unchanged.

The remainder of the paper is organized as follows. In Sec. II, we describe in detail the model and how the porosity-based RSNM is obtained from the experimental CT scan images. In Sec. III, results from parametric studies of the model parameters are discussed in terms of their effect on failure paths and load-bearing capacity. Bone-specific properties are iteratively estimated to match with experiments, and predictions are compared with simulations using bone-independent parameters. The exponents of avalanche size distributions are also presented for networked and homogenized porosity.

II. MODEL

In this section, we describe the formulation of the two-dimensional spring network model for plexiform bone [47], and the generalizations that will be studied in this paper. The incorporation of the experimentally obtained CT scan images into a porosity-based two-dimensional RSNM involves several steps that are summarized in the flowchart shown in Fig. 1. We describe each of the steps below.

We use the experimental data, reported earlier in Mayya et al. [47], in which cubical samples from the anterior section of the mid-diaphysis of a bovine femur [see Fig. 2(a)] were tested in compression along the length of the bone. CT scan images of the samples were obtained before and after compression failure [47]. Sample CT scan images of the pre- and postcompression samples are reproduced in Figs. 2(c) and 2(d). The samples were chosen from regions that have a plexiform microstructure, as is evident from the brick-shaped layered structure seen in the optical micrograph shown in Fig. 2(b).
The CT scan produces 500 slices, each slice corresponding to 10 μm. The grayscale image in each slice is converted to a binary image (0 or 1) by setting a threshold determined from the valleys of the probability distribution function of the grayscale. Here 1 corresponds to a pore and 0 to a nonpore. The 500 slices are now divided into 10 representative volumes, each consisting of 50 slices, corresponding to 500 μm thickness in the tangential direction [see Fig. 3(a)].

A typical representative volume, shown in Fig. 3(c), is fairly dense, having mean porosity lower than 5%, and it consists of fine pores that are evenly distributed and extend across the height of the bone sample while being slightly inclined to the longitudinal direction. The two-dimensional porosity network, thus obtained from the CT scans, is an input for the RSNM model constructed in the following manner.

A representative volume is modeled using a (150 × 150)-sized square lattice where the nearest- and next-nearest-neighbor pairs of particles are connected by linear springs (see Fig. 4). In addition to the energy due to extension of the springs, we associate a bending energy for any deviation of the angle between two adjacent linear springs [see θ\textsubscript{ijk} shown in Fig. 4(b)] from the initial value of π/4. The potential energy of the network, \( V \), has contributions from an extension of springs,

\[
V = \sum_{ij} \frac{k_{ij}}{2} δr_{ij}^2 + \sum_{ijk} \frac{c_{ijk}}{2} δθ_{ijk}^2 + \alpha \sum_{mn} (d - r_{mn})^2 θ(d - r_{mn}), \tag{1}
\]

where \((ij)\) denotes those pairs of particles that are connected by linear springs, the spring constant being \(k_{ij}\) and the extension being \(δr_{ij}\). \(c_{ijk}\) is the spring constant that resists the distortion in angle, \(δθ_{ijk}\), between a triad of particles, \((ijk)\). The contact between any two particles \(m\) and \(n\) is initiated by a Heaviside function, \(Θ(δ)\), only when the interparticle distance, \(r_{mn}\), is less than the particle diameter, \(d\). The elastic contact force parameter \(α\) is a material constant [48]. If the spring constants of the horizontal or vertical, diagonal, and torsional springs are \(2k\), \(k\), and \(c\), respectively, then the system is isotropic with an elastic modulus, \(E\), and Poisson’s ratio, \(ν\), given by [49]

\[
E = \frac{8k(k + ca^{-2})}{3k + ca^{-2}}, \quad ν = \frac{k - ca^{-2}}{3k + ca^{-2}}, \tag{2}
\]

where \(a\) is the lattice spacing. We account for the elastic compliance of the testing machine by connecting the sites in the top and bottom rows of the spring network to springs whose compliance matches with that of the machine used in experiments. In the simulations, the displacements are applied incrementally from the top. For every increment, the system is equilibrated to its minimum-energy configuration by numerically integrating the equations of motion in terms of the position vectors, \(r_i\):

\[
\frac{d^2r_i}{dt^2} = -\nabla_{r_i} V - \gamma \frac{dr_i}{dt}, \tag{3}
\]

using the velocity-Verlet algorithm [50]. The damping coefficient \(γ\) dissipates energy as well as any transient elastic waves that may be generated during breakage, and it brings the system to its minimum-energy configuration [37]. For each increment in the applied downward displacement, after equilibration, if any spring is stretched beyond its corresponding threshold strain \(ε_f\), it and the bending springs associated with it are broken. The system is reequilibrated until no further breakage takes place within the increment.

FIG. 3. (a) Stack of representative domains, each spanning over 500 μm in the tangential direction, obtained from porosity analysis. (b) Spring stiffness is based on the % porosity at the node (pixel). (c) A typical representative domain and (d) corresponding homogenized configuration for sample III.
To incorporate the experimentally obtained porosity network into the model, the spring constants and breaking strain thresholds are assigned in accordance with the local porosity. To find the porosity-dependent material behavior, first, the effective behavior of a porous network that has homogeneous matrix properties is evaluated. The response is evaluated under tension as the bone samples experience tensile transverse strains that lead to splitting under longitudinal compression. A RSNM of given porosity, $P$, is constructed by removing voids (of size $50\,\mu m$ for $0 \leq P \leq 5\%$ and $100\,\mu m$ for $5\% \leq P \leq 20\%)$ at random from a homogeneous matrix. From the macroscopic response of such porous networks, $E(P), \nu(P)$, and $\epsilon_f(P)$ are obtained. The scaling of these curves depends on the values of the spring constants and breaking thresholds of the homogeneous matrix. These values are chosen such that at $4\%$ porosity, the known experimental macroscopic response of bone is reproduced [29]. Next, for a simulation of fracture in bone samples, the individual spring characteristics of the RSNM are assigned on the basis of the local porosity data from experiments using the corresponding calibrated $E(P), \nu(P)$, and $\epsilon_f(P)$ in Eq. (2) to achieve a porosity-dependent RSNM.

To simulate the fracture process under compression loads, in a previous work we developed a random spring network model in which the matrix properties were taken to be independent of bone and the failure was predicted accounting for only the structure of the porosity network [47]. While the porosity-based RSNM was shown to capture the characteristic features of the quantitative macroscopic response as well as the qualitative failure paths during the fracture process, quantitative correlations were poor. To improve the predictive capability of the model, here we evaluate the use of matrix properties that are specific to a bone. For validation, we use experimental data [47] on a total of six samples that were harvested from three different bovine femurs. They are referred to in the remainder of the paper as samples I and II from bovine-1, samples III and IV from bovine-2, and samples V and VI from bovine-3.

### III. RESULTS AND DISCUSSION

Initially, a parametric study is performed to evaluate the sensitivity of the predictions to the model parameters—elastic modulus and failure strain. In the study, the matrix properties of the homogeneous porous network are varied by $\pm 10\%$ of the bone-independent parameters used in Mayya et al. [47], which are considered here as base values. Based on each combination of matrix properties, the porosity-dependent elastic modulus, Poisson’s ratio, and the failure strain, as shown in Fig. 5, are evaluated from a porous network, as described in Sec II, for a range of overall porosity. For the cases when there is a $10\%$ increase in $E$ and $10\%$ $\epsilon_f$ from the base value, as expected, a stiffer matrix results in a stiffer macroscopic response, and it affects only the effective elastic behavior. In contrast, a change in the failure threshold has an effect only on the effective limiting strain and not on the elastic behavior. We note that, for thermodynamic stability, the spring constants $k$ and $c$ must be positive in Eq. (2), which bounds the Poisson’s ratio from above by $1/3$.

Using a porosity-dependent RSNM, the effect of the model parameters, i.e., elastic modulus and failure strain, on the macroscopic response is shown for a typical sample (sample III) in Fig. 6. For clarity, only the predictions based on the base value and a $10\%$ independent increase in each of the model parameters is shown. The increase in $E$ as well as $\epsilon_f$ is shown to increase the overall load-bearing capacity, obtained from the macroscopic response of the sample that has been averaged over the 10 representative domains, by approximately $8\%$. Most of the individual sets exhibit a similar increase in load-bearing capacity, as is evident in Fig. 6(b), which

![FIG. 5. Variation of (a) the elastic modulus, (b) Poisson’s ratio, and (c) failure strain with porosity for a different modulus and failure strain of the matrix.](image)

![FIG. 6. (a) Macroscopic response of sample III and (b) for a typical representative domain. The corresponding failure paths at the first load drop with (c) base values, (d) $10\%$ $E$, and (e) $10\%$ failure strain as input parameters.](image)
shows the macroscopic response of a typical representative domain. The corresponding failure paths are presented in Figs. 6(c)–6(e). The first bonds to fail for any combination of parameters are from the regions of relatively higher porosity (10–20%), and they form the primary failure paths. An increase in the failure threshold results in minimal changes in the failure path as it involves no change in the load distribution, and thus the most critical zones remain unchanged. However, an increase in $E$ could introduce differences in load-transfer paths and could thereby lead to some variations in the splitting paths. On rare occasions (one representative domain out of the 10 considered here), the damage at the critical defect localizes in a manner leading to the formation of a large single crack resulting in a splitting fracture at lower strains.

B. Effect on macroscopic response

To develop a comprehensive understanding of the effect of model parameters on the macroscopic response under compression, simulations were performed for all six samples using the structure of their respective porosity networks. Figure 7(a) shows the predicted load-bearing capacity for the elastic modulus ranging between ±10% of the base value as a function of the overall porosity of the sample. Also, for each sample a corresponding homogenized network is developed that has the equivalent porosity that is randomly distributed in the domain. The data generated are presented in Fig. 7(b). Irrespective of the inherent differences in the structure of the porosity network between samples, the load-bearing capacity as predicted by the model decreases with increasing overall porosity. Also, for the same porosities and model parameters, the load-bearing capacity of the homogenized network is approximately 28% higher than the corresponding networked porosity. Varying the elastic modulus from $-10\%$ to $+10\%$ of base value scales the predicted peak force, on average, by 27%, as shown in Fig. 7(a). Similar variations of the failure strain have a relatively lower influence on the load-bearing capacity—on average by 17%, as shown in Fig. 8(a). This significant increase can be attributed to changes in the load transfer paths that may occur as a result of an increase in the elastic modulus, thereby resulting in differences in crack paths, as discussed earlier. Homogenization of a porosity network results in an overall increase in predictions of peak force values, as shown in Figs. 7(b) and 8(b). As expected, the increase in the load-bearing capacity of a homogeneously porous network is more comparable for the increase in either parameter: 22% for an increase in $E$ and 18% for an increase in $\epsilon_f$.

C. Use of bone-specific properties

To determine the appropriate bone-specific matrix properties for each bone, we first examine the elastic behavior
obtained for each bone, shown in Fig. 9, are bell-shaped curves that are harvested. The probability density of calcium counts are grouped on the basis of the bovine femurs from which they are mounted simultaneously. The sample measurements were performed by a Quanta-200 FEI scanning electron microscope on samples of all the bones is taken to be the base value.

To incorporate the differences in the fracture behavior of bone matrix, the threshold failure strain for each bone was estimated iteratively until it compared well with the experimental data, and it is presented in Table I.

For a given sample, five random realizations for each of the 10 representative networks were performed. The strain threshold for each bond was taken from a Gaussian distribution with mean as in Table I and 5% standard deviation to account for heterogeneity at length scales much smaller than the lattice parameter. The macroscopic response, averaged over all 50 simulations per sample, is compared with the experimental data in Fig. 10. The characteristic features of the macroscopic response, such as the initial linear elasticity, the maximum load-bearing capacity, multiple smaller events prior to final failure, etc., are well reproduced. It is remarkable that for each bone of the two samples tested, the same model parameters are effective in predicting response that compares closely with experimental data for both the samples.

A comparative summary of the maximum load taken by any sample as per simulation based on bone-specific properties, base values, and from experimental data is presented in Fig. 11(a). Maximum loads as predicted using base values for all samples, as seen earlier, tend to have a monotonic decrease with increasing porosity, which is in contradiction to the experimental data, in which there is no such consistent trend with respect to porosity. While the samples from bovine-2, bovine-1, and bovine-3 appear to be in order of increasing porosity, the load taken by them has no direct porosity dependence. In fact, the highest load is taken by the most porous of the samples. However, when the bone-specific properties are incorporated in the simulations, a significant improvement in predictions is seen for both samples of each bone, as illustrated in Fig. 11(b). The concordance correlation coefficients from the simulations with bone-specific parameters (0.79) are also significant as compared to base values (~0.12). The differences in load-bearing capacity between samples within a bone that are extracted from the same anatomical site can be attributed primarily to the inherent differences in the porosity network. However, between samples from different bones with apparently similar elastic behavior, as per the model of the present study, the fracture behavior prediction requires a 60–70 % difference in matrix failure strain threshold. These inferences require validation through detailed characterization of failure properties at smaller length scales.

D. Avalanche size distribution

One of the quantities that has been used in the literature to characterize fracture in heterogeneous media is the avalanche size distribution, which measures the incremental response of the system to incremental increases in external loading. In experiments, the response is measured through the energy of acoustic emissions, \( E \), that occur during the fracture process. In simulations, it is measured by the number of events (broken springs), \( s \), that occur per increment of strain. The probability distributions for these quantities are known to be power laws, implying the absence of a typical avalanche size that is independent of system size. The exponents characterizing the acoustic emission and avalanche size distribution may be related to each other. Let \( P_E(E) \) and \( P_s(s) \) denote the respective distributions. Asymptotically, they behave as \( P_E(E) \sim E^{-\tau_E} \) and \( P_s(s) \sim s^{-\tau_s} \). However, it is known that \( E \sim s^2 \) [37]. Using the relation \( P_E(E)dE = P_s(s)ds \), arising from the conservation of probability, it is straightforward to obtain \( \tau_E = (1 + \tau_s)/2 \). Remarkably, these exponents are quite universal and independent of details of material or modeling. For

\[
\begin{array}{lll}
\text{Bone} & \text{Sample no.} & \text{Parameter for simulations} \\
\hline
\text{bovine-1} & I & E \text{ and } 1.13 \times \epsilon_f \\
 & II & \\
\text{bovine-2} & III & E \text{ and } 0.9 \times \epsilon_f \\
 & IV & \\
\text{bovine-3} & V & E \text{ and } 1.68 \times \epsilon_f \\
 & VI & \\
\hline
\end{array}
\]

* Base values: \( E = 18 \) GPa and \( \epsilon_f = 0.0122 \)
example, $\tau_E$ is known to be 1.3–2.0 for many brittle materials such as synthetic plaster [55], wood [1,56], fiberglass [57], cellular glass [58], and rocks [59]. For bone under compressive loading, it has recently been reported for porcine bone that $\tau_E = 1.3–1.7$ [2]. For comparison with the experimental data on porcine bone, in the determination of the avalanche size distribution, we use the integrated data over the entire range of strain. We also confirm that the distribution is independent of the range of strain that is used. We now measure $\tau_s$ from our simulations, and we ask whether and how the exponent $\tau_s$ depends on the choice of bone-dependent material properties, or the porosity network.

The avalanche size distribution for a typical sample is shown in Fig. 12. For each of the representative domains, for all five realizations, avalanche sizes are obtained for all increments in displacement. As can be seen from Fig. 12, the distribution is insensitive to whether the bone-specific

![FIG. 10. Comparison of macroscopic response from simulations and experiments of bovine samples, where (a) is for sample I, (b) is for sample II, and so on.](image)

![FIG. 11. Load-bearing capacity from experiments and simulations: (a) variation with porosity and (b) correlation between experiment and simulations.](image)

![FIG. 12. Avalanche distribution $P(s)$ for sample III from simulations.](image)
parameters or base values are used. This is understandable, as the bone-specific parameters involve only a change in $\epsilon_f$, and this does not appreciably change the load distribution in the network during compression. We determine the avalanche exponents using the maximum-likelihood method [60] for avalanches in the range 100–5000. For the sample shown in Fig. 12, we find $\tau_s \approx 1.91$ corresponding to $\tau_E = 1.46$. For the other samples, the exponents that we obtain are shown in Table II. The mean exponent values for $\tau_E$ lie in the range 1.4–1.55, consistent with the values of 1.3–1.7 obtained experimentally for porcine bone [2]. We also do not detect any significant correlation of the values of the exponent with the porosity of the sample. In Fig. 12, we also present the avalanche size distribution associated with an equivalent homogenized porous network. Surprisingly, the avalanche exponent does not change noticeably. However, the distribution for small avalanche sizes is different, reflecting the contrast in the network at small scales. We also observe an anomalous bump in the avalanche size distribution for large avalanches that correspond to the near failure events. This overestimation of probability is an artifact of simulating the fracture process of a three-dimensional solid with ten independent representative volumes. If the representative volumes were not independent, then the final catastrophic failure would be just one event with not only a significantly larger avalanche size but with much lower probability. However, nucleation and subcritical growth of microcracks, corresponding to smaller avalanches, would still remain largely unaffected with unchanged probabilities. Thus, since the distribution near the bump is nonuniversal, we have excluded these events in the estimation of the exponents.

### IV. SUMMARY AND CONCLUSIONS

Complex fracture processes in porous brittle materials are controlled by several factors. Using a porosity-dependent RSNM, in the present study we examine the individual roles of overall mean porosity, the networking of the porosity, the elastic behavior of a nonporous matrix, and the failure behavior of the nonporous matrix on the compressive strength of dry plexiform bone. As per the model, increasing mean porosity results in reduced compressive strength. Porosity network structure, as seen in plexiform bone, reduces the compressive strength further by up to 30%. While the initiation of the fracture process is typically at regions of highest porosity, the crack pathways are predominantly controlled by the connectivity of the porosity network. Among the multiple competing porosity pathways, the damage localizes in only a few of them, as driven by the load distribution, which in turn is influenced by the elastic properties of the model matrix and not by the failure strain threshold of the matrix. However, the load-bearing capacity increases with increase in either the elastic modulus or the failure strain threshold of the matrix.

To validate the porosity-based RSNM model with available experimental data, bone-specific properties were applied. Of the six samples (two each from three different bones), the elastic properties were found to differ minimally, as reflected in the mineral composition determined by EDS. Assuming elastic similarity, bone-specific failure strain thresholds for the ideal matrix were estimated to be within 60% of each other. It should be noted that the compressive strengths differ between the two samples of the same bone, and yet identical bone-specific model parameters achieve excellent concordance correlation between experiment and simulations for both samples of each bone. To provide an accurate input for the model, it would therefore be of importance to develop an experimental scheme that characterizes the strain threshold of the matrix at small length scales.

We find that the avalanche size exponents are independent of the bone-dependent parameters and in the range of the experimental values obtained for porcine bone [2]. Surprisingly, the exponent is also independent of the structure of the porosity network as the avalanche size distribution exponent for the equivalent homogenized network has a similar value. This may be the reason why the avalanche exponent is universal and has a similar numerical value for many different kinds of material. In particular, the avalanche exponents from recent experiments on wood [1] match very closely with that for porcine bone [2]. The avalanche exponents obtained in this paper are for the reduced two-dimensional model, and it is possible that the results could change for a three-dimensional model. However, the fracture paths are prismatic, i.e., they run through the tangential direction, and the pores lie in the radial longitudinal plane, making the problem essentially two-dimensional. Since the fracture paths and stress-strains curves compare well with the experimental data, it can be concluded that the interactions between the different representative volumes are weak. Thus, we would expect that the avalanche exponents will not change significantly even if a three-dimensional model was constructed. We also note that the exponents obtained in this paper for the avalanche size distribution (1.8–2.12) are significantly different from that for a homogeneous RSNM under tension ($\sim 2.5$) [37]. Whether this difference is due to the difference in the nature of loading, or to the strong correlation between the values for the spring constant and its strain threshold, as in the current study, remains to be answered.

It should be noted that the inferences drawn from the RSNM-based simulations of compressive failure of plexiform bone obtained in this paper are also applicable to a wider class of problems pertaining to the failure of brittle, porous material with organized porosity structure, such as rock, wood, geological material, other biological material, etc. While the avalanche exponents appear to be universal to the extent that they are independent of the correlations in the porosity network, the fracture paths and the bulk mechanical
response require pore- as well as material-specific details incorporated in the model. Extending this model to describe fracture of other brittle materials is a promising area for future study.

It would also be interesting to study the predictions of the model for Haversian bone, which has a distinctly different microstructure from plexiform bone. Unlike layered plexiform bone, both the porosity network characteristics and the material constitution are different, which may influence the load-bearing capacity. A similar analysis for Haversian bone is part of ongoing studies.

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