Isolation and characterization of *ex vivo* expanded mesenchymal stem cells obtained from a surgical patient

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**Abstract.** The aim of the present study was to investigate the morphological characteristics and pluripotent differentiation potential of human bone marrow mesenchymal stem cells (hBMMSCs) *in vitro* and *in vivo*. Bone marrow cells were isolated from a rib fragment of an adult surgical patient, hBMMSCs were isolated based on plastic adherence and expanded *ex vivo* and phenotyping was performed. Pluripotent differentiation assays for adipogenesis, myogenesis and osteogenesis were conducted. Hematopoietic reconstruction of sublethally irradiated nude mice was performed by infusion of hBMMSCs. The gene expression profiles of early and late hBMMSCs were examined. The rate of CD31-positive cells was 31.1% in passage (P)4 hBMMSCs and 18.6% in P10 hBMMSCs. CD105 and CD106 were expressed in 99 and 95% of P25 hBMMSCs, respectively. Lipid droplets appeared at day 18 post induction. For osteogenesis, palpable masses were grossly observed from day 35 post inoculation of hBMMSCs. Hematoxylin and eosin staining further revealed chondrocytes and bone tissues. For myogenesis, at day six post subcutaneous inoculation, hBMMSCs differentiated into myocytes and were positive for myoglobin and MyoD1. In irradiated nude mice reconstituted with hBMMSCs, the white blood cell count briefly decreased following irradiation; however, it gradually recovered. In the irradiated nude mice reconstituted with hBMMSCs, CD45- and CD34-positive cells were detected 72 h post induction. Gene microarray analysis of P7 and P57 hBMMSCs demonstrated that 20 genes were upregulated >2 fold and 40 genes were downregulated >2 fold in P57 hBMMSCs. In conclusion, the isolated HBMMSCs possessed pluripotent differentiation potential and it was feasible and safe to use hBMMSCs within 30 passages.

**Introduction**

Tissue-specific stem cells are present in numerous human tissues and have the potential to differentiate into one or multiple mature cell types. Tissue-specific stem cells represent an intermediate between pluripotent cells and fully committed mature cells, and are excellent models for studying cellular differentiation and tissue regeneration. Human bone marrow mesenchymal stem cells (hBMMSCs) are derived from bone marrow pluripotent stem cells and exhibit the homologous properties of stem cells, including self-renewal and the capacity to develop into multiple lineages (1-3). The isolation of hBMMSCs is simple due to their plastic adherence and ability to expand in culture (4-7). It has been reported that hBMMSCs have considerable therapeutic potential in several malignancies, including cardiovascular disease, cellular replacement therapy and tissue engineering (8-11).

hBMMSCs express numerous surface markers, including SH2, SH3, CD90, CD105 and CD106, but do not express hematopoietic stem cell markers, such as CD14, CD34 and CD45. hBMMSCs are stable and preserve their differentiation potential following long-term *ex vivo* culture and cryopreservation. hBMMSCs have been demonstrated to differentiate into myocytes, hepatocytes, osteoblasts, chondrocytes, fibroblasts and adipocytes (12), but also differentiate into hematopoietic cells and matrix cells, and under specific conditions, form myotubes and tendon (13-15). Furthermore, hBMMSC transplantation does not elicit immune rejection. Therefore, they may become a new source for tissue repair and regeneration. hBMMSCs are readily obtained from human bone marrow and expanded *ex vivo*, and are then transplanted back into patients following *in vitro* induction (16,17). Therefore, hBMMSCs have potential clinical utility for the use of stem cells for personalized medicine.

Even though hBMMSCs are efficiently recovered from bone marrow aspirates of healthy individuals and from those of patients suffering from severe diseases and injuries, they are an uncommon cell type in the bone marrow, accounting for <0.1% of nucleated cells in bone marrow aspirates. Therefore, expansion of hBMMSCs to obtain a stable source
of hBMMSCs without losing the pluripotential of hBMMSCs is important. In the present study, hBMMSCs were obtained from a human subject, grown to passage (P)65 and the morphological characteristics as well as pluripotential differentiation potential of these hBMMSCs were investigated in vitro and in vivo.

Materials and methods

Isolation and expansion of bone marrow cells. The study was approved by the ethics committee of Shanghai Chest Hospital, (Shanghai, China). Bone marrow cells were isolated from the rib fragment from an adult surgical patient at the Department of Thoracic Surgery, Shanghai Chest Hospital, Shanghai Jiaotong University (Shanghai, China). Cells (1.5x10^8) were plated in gelatin-coated T175 culture flasks and the mesenchymal cell population was isolated based on plastic adherence. The cells were cultured in Dulbecco's modified Eagle's medium (DMEM; high glucose; Gibco BRL, Grand Island, NY, USA) containing 10% fetal bovine serum (FBS), 50 µg/ml thymidine phosphorylase (ECGF), 50 µg/ml heparin, penicillin 100 U/ml and streptomycin 100 mg/ml (Invitrogen Life Technologies, Carlsbad, CA, USA) at 37°C in a humidified atmosphere containing 5% CO₂ for 24 h. For expansion of the mesenchymal cell population, the cells were incubated under standard culture conditions. On day three, non-adherent cells were removed by changing the medium. Thereafter, the medium was replaced twice a week. Following reaching confluence, the cells were trypsinized (0.25% v/v trypsin EDTA; Invitrogen Life Technologies), re-suspended in culture media and seeded at 1x10⁶ cells/cm² [passage (P)1]. P10 to P57 cells were used in the present study. Prior to administration, the cells were resuspended in 250 µl serum-free DMEM. For the cellular proliferation assays, hBMMSCs were grown in 24-well plates at a density of 0.5x10⁵ cells/ml and were counted at different time intervals for plotting the growth curve and calculating the proliferation index.

Transmission electron microscopy. For transmission electron microscopy, hBMMSCs (2x10⁶) were harvested and fixed with 2.5% electron microscopy-grade glutaraldehyde, post-fixed in 1% osmium tetroxide with 0.1% potassium ferricyanide, dehydrated in gradient ethanol (30 -90%) and embedded in Epon. Ultrathin sections (65 nm) were cut, stained with 2% uranyl acetate and examined under a Hitachi H-600 transmission electron microscope (Hitachi, Tokyo, Japan).

Flow cytometric analysis. To verify the presentation of hBMC markers, phenotyping was routinely performed by flow cytometry on culture-expanded hBMMSCs. Cells of P2 were collected from confluent layers following incubation with 0.25% trypsin-EDTA for 5 min. The single-cell suspensions were washed with phosphate-buffered saline (PBS)/0.5% bovine serum albumin (BSA) prior to the staining. For direct staining, the cells were centrifuged (250 g, 5 min) and re-suspended in cold PBS/0.5% BSA. A total of 1x10⁶ cells were incubated for 15 min on ice in the dark in cold PBS/0.5% BSA with titrated concentrations of R-phycocerythrin (PE)-conjugated monoclonal mouse anti-human CD29, -CD31, -CD38, -CD44, -CD59, -CD80, -CD86, -CD90, -CD105 and -CD106 antibodies or monoclonal fluorescein isothiocyanate (FITC) conjugated mouse anti-human CD9, -CD14 and -CD34 antibodies. The cells were then washed twice by centrifugation (250 x g, 5 min) and re-suspended with cold PBS/0.5% BSA prior to proceeding to flow cytometry. Dead cells and debris were stained with propidium iodide (100 µg/ml) and excluded from the measurements. Acquisitions were performed on a FACScan Calibur flow cytometer (Becton-Dickinson Bioscience, Franklin Lakes, NJ, USA). Data analysis was conducted with FCS Express V2 software (version 2, De Novo Software, Los Angeles, CA, USA) following gating for the designated population.

In vitro multipotent differentiation assays. The multi-lineage differentiation potential of human MSCs (n=3, P3) was analyzed by applying the standard procedures used by Pittenger et al (12). For adipogenesis, 2x10⁵ cells/cm² were seeded. Five days after reaching confluence, the hBMMSCs were treated for three days with induction media consisting of α-MEM (Gibco Laboratories, Gaithersburg, MD, USA) supplemented with 10% FBS, 1.0x10⁻³ M dexamethasone (Sigma, St. Louis, MO, USA), 1.0x10⁻³ M insulin, 0.5 mM 1.0x10⁻³ M ascorbic acid and 7x10⁻³ M sodium β-glycerophosphate for 18 days at 37°C in a humidified atmosphere containing 5% CO₂, and then for two days with maintenance media consisting of α-MEM, FBS and 1.0x10⁻⁶ M insulin. Sudan black B staining of the lipid droplets was performed as previously described (12). Sudan black B concentrations were calculated by comparison with a Sudan black B dye standard curve and expressed as nmol/ml following normalization against the total cellular protein, and is expressed as nmol/mg protein. The above experiments were performed at least three times independently and each experiment was conducted in quadruplicate.

For osteogenesis, hBMMSCs were seeded at a density of 2x10⁵ cells/cm² and grown under osteogenic induction conditions in DMEM (Gibco Laboratories) supplemented with 1.0x10⁻³ M dexamethasone, 1.0x10⁻³ M ascorbic acid and 7x10⁻³ M sodium β-glycerophosphate sodium for seven days at 37°C in a humidified atmosphere containing 5% CO₂. The cells were collected following incubation with 0.25% trypsin-EDTA for 5 min. Following centrifugation, the cells were suspended in 100 ml normal saline and frozen and thawed three times at -200°C. The suspension was centrifuged at 250 x g for 10 min and osteocalcin contents were determined using the enzyme dynamics method.

In vivo multipotent differentiation assays. For osteogenesis, five nude mice were inoculated subcutaneously with P15 hBMMSCs (2.5x10⁵) mixed with an equal volume of Matrigel®, and osteogenesis was observed as described previously (16). Myogenesis was studied as described by Caterson et al (16). For the controls, six nude mice were injected in the hind leg with absolute alcohol (n=3) or Dil-labeled hBMMSCs (2x10⁵) (n=3). For the treatment group, six nude mice were injected with absolute alcohol followed 2 h later by Dil-labeled hBMMSCs (2x10⁵). The tissue sections of leg muscles were prepared and incubated with the monoclonal antibody against myoglobin at day three and with the monoclonal antibody against MyoD1 at day 12 and were examined under a fluorescent microscope (CK40/BK51, Olympus Corporation, Tokyo, Japan).
Hematopoietic reconstitution. The nude mice (6 to 8-week old males), were obtained from Shanghai Super-B&K laboratory animal Corp., Ltd (Shanghai, China). The mice were handled and housed according to protocols approved by the Shanghai Medical Experimental Animal Care Commission. A total of 4 h after the nude mice were sublethally (650 cGy) irradiated, each mouse was infused via the tail vein with 2x10^6 hBMMSCs. In addition, 0.5 µg granulocyte colony-stimulating factor was administered daily for three days. The control nude mice were infused with normal saline. The mice were sacrificed at different time-points for analysis. Peripheral blood samples were collected 48-144 h following infusion of hBMMSCs for leukocyte count and smear. The cells were also removed from bilateral femurs by flushing with PBS. The firmly adhered cells of the endosteal region were recovered by digesting the crushed bone with collagenase type IV (0.03%) and dispase (2 U/ml). The bone marrow cells were pooled in a tube and the erythrocytes were lysed by treatment with Grey's solution. Mononuclear cells were collected and prepared for smears. The smears were then fixed in acetone and stained with PE-conjugated anti-human CD45 antibody and FITC-conjugated anti-human CD34 antibody, examined under a fluorescent microscope (Olympus Corporation) and the images were captured accordingly.

RNA extraction and gene expression profiling. Total cellular RNA was extracted from hBMMSCs of P7 and P65 using the TRIzol reagent as instructed by the manufacturer (Invitrogen Life Technologies). RNA (1 µg; RIN value >6) was used for generation of second-strand cDNA, and cRNA was amplified with the Oligo dT primer, then biotinylated and fragmented with One-Cycle Target Labeling and control reagents (Affymetrix, Inc., Santa Clara, CA, USA), followed by hybridization to U133 Plus 2.0 array overnight (17 h) according to the manufacturer's instructions. Finally, the hybridized DNA microarray was fluorescence stained with GeneChipFluidics Station 450 (Affymetrix) and scanned with a GeneChip Scanner 3000 (Affymetrix). GCOS1.2 Affymetrix GeneChip Command Console (TGCC) was employed to extract the data in the microarray followed by analysis with the Robust Multi-Array Average (RMA) method. The relative gene expression was calculated. A difference of >2 or <0.5-fold and reliability (P<0.05) was considered to indicate significant differences in gene expression.

Results

Morphological characteristics of cultured hBMMSCs. The majority of hBMMSCs were elliptical following one week of culture with abundant cytoplasms and prominent nuclei. Light microscopy demonstrated that the cells resembled fibroblasts in shape and were arranged in parallel or whorls (Fig. 1A-D). Electron microscopy of cultured hBMMSCs
revealed that the nuclei were large and irregular in shape with 2-3 nucleoli and scant nuceloplasm (Fig. 2A). The cytoplasm were rich in mitochondria and rough endoplasmic reticula (Fig. 2B) with gap junctions (Fig. 2C). Transmission electron microscopy further demonstrated that the cultured hBMMSCs were elongated or polygonal (Fig. 3A) with short microvilli (Fig. 3B) and projections (Fig. 3C). No apparent changes in cell morphology were observed for cells up to P10. The doubling time for P10, P20 and P40 hBMMSCs was 32, 36 and 32 h, respectively.

Flow cytometric studies revealed that the positive rate of CD31 was 31.1% in P4 hBMMSCs and 18.6% in
Figure 5. (A) Bone tissue formation. (B) Hematoxylin and eosin staining further revealed chondrocytes and the formation of bone tissues. Magnification, x200. (C-F) Hematopoietic reconstitution by hBMMSCs. hBMMSCs, human bone marrow mesenchymal stem cells. Magnification, x200.

Figure 6. Gene expression profile changes in early and late hBMMSCs. (A) White blood cell counts in the peripheral blood (1x10⁶/dl); (B) CD34-positive cells were detected; magnification, x100. (C) CD45-positive cells were detected. hBMMSCs, human bone marrow mesenchymal stem cells; magnification, x100.
P10 hBMMSCs, CD105 and CD106 were expressed in 99 and 95% of P25 hBMMSCs, respectively (Fig. 3D-F).

An in vivo osteogenesis test demonstrated subcutaneous bony tissue formation on the back of the nude mice 35 days post-hBMMSCs inoculation (Fig. 4A). Histology analysis showed a predominant endochondral bone formation process (Fig. 4B) in in vivo bone tissue formation (Fig. 4C). In adipogenesis, lipid droplets appeared at day 18 post induction of adipogenesis, which increased in size and occupied the entire cell (Fig. 4D). In osteogenesis, it was identified that the induced hBMMSCs were elongated, contained numerous particles and were positive for osteocalcin (Fig. 4B). The osteocalcin content was 12±0.5 mg/ml for induced P10 hBMMSCs and 12±0.5 mg/ml for induced P25 hBMMSCs, which was ~3x higher than that of the unstimulated cells. Furthermore, no expression of osteocalcin was observed in the induced P38 and P57 hBMMSCs.

For osteogenesis, palpable masses were detected from day 35 post inoculation of hBMMSCs, and bone tissue formation was observed (Fig. 5A). Hematoxylin and eosin (H&E) staining further revealed chondrocytes and the formation of bone tissues (Fig. 5B). For myogenesis, at day six after subcutaneous inoculation, hBMMSCs differentiated to myocytes and were positive for myoglobin (Fig. 5C and D). At day 12, H&E staining demonstrated striations in the cytoplasm of differentiated hBMMSCs at day 12 post inoculation (Fig. 5E) and the cells were positive for MyoD1 (Fig. 5F). The control nude mice revealed no formation of muscle cells and were negative for myoglobin and MyoD1.

White blood cell counts in the peripheral blood of control mice irradiated at sublethal doses gradually decreased and did not recover to normal up to 144 h following irradiation (Fig. 6A). In irradiated nude mice reconstituted by hBMMSCs, the white blood cell count briefly dropped following irradiation but gradually recovered. CD45- and CD34- positive cells were not detected in the peripheral blood and bone marrow of the control nude mice. In irradiated nude mice reconstituted by hBMMSCs, CD45- and CD34-positive cells were detected 72 h and 144 h post induction (Fig. 6C-D).

The gene microarray analysis of P7 and P57 hBMMSCs demonstrated that 20 genes were upregulated >2-fold and 40 genes were downregulated >2-fold in the P57 hBMMSCs. The 10 most upregulated and 10 most downregulated genes are summarized in Table I.

### Table I. Ten most upregulated and downregulated genes in cultured late human bone marrow mesenchymal stem cells.

**A. 10 most upregulated genes**

| Probe set ID | Gene symbol | Chromosomal location | HBHSC-60 vs HBmSc-Signal |
|--------------|-------------|----------------------|-------------------------|
| 201242_s_at  | ATP1B1      | chr1q24              | 2.4                     |
| 219567_s_at  | FLJ21144    | chr1p34.2            | 2.3                     |
| 241940_at    | ---         | ---                  | 2.2                     |
| 237566_at    | ---         | ---                  | 2.1                     |
| 204298_s_at  | LOX         | chr5q23.2            | 1.8                     |
| 209427_at    | SMTN        | chr22q12.2           | 1.7                     |
| 219778_at    | ZFPM2       | chr8q23              | 1.6                     |
| 204881_s_at  | UGCG        | chr9q31              | 1.5                     |
| 209283_at    | CRYAB       | chr11q22.3-q23.1     | 1.5                     |
| 201110_s_at  | THBS1       | chr15q15             | 1.5                     |

**B. 10 most downregulated genes**

| Probe set ID | Gene symbol | Chromosomal location | HBHSC-60 vs HBmSc-Signal |
|--------------|-------------|----------------------|-------------------------|
| 220822_at    | ---         | ---                  | -3.5                    |
| 226677_at    | ZNF521      | chr1q11.2            | -3.5                    |
| 202227_s_at  | BRD8        | chr5q31              | -3.2                    |
| 230030_at    | HS6ST2      | chrXq26.2            | -2.9                    |
| 202213_s_at  | CUL4B       | chrXq23              | -2.8                    |
| 208612_at    | GRP58       | chr15q15             | -2.5                    |
| 201444_s_at  | ATP6AP2     | chrXq21              | -1.9                    |
| 217572_at    | ---         | ---                  | -1.9                    |
| 201310_s_at  | C5orf13     | chr5q22.1            | -1.8                    |
| 205350_at    | CRABP1      | chr15q24             | -1.8                    |
Discussion

In the present study, hBMSCs were isolated from a surgical patient and stably expanded ex vivo until P65. Flow cytometric analysis of P25 hBMSCs demonstrated that the cells expressed CD105 and CD106 but not CD14, CD34 and CD45, and exhibited apparent contact inhibition. Furthermore, these cells were able to form cartilage and osteoid tissues in nude mice. In addition, bone marrow cells were observed in the osteoid tissue and formation of erythrocytes was also noted, suggesting there was ongoing erythropoiesis in the osteoid tissue. Myogenesis in nude mice was also observed following inoculation of hBMSCs. H&E staining revealed typical striations in the newly formed skeletal muscles. These findings indicated that hBMSCs are able to differentiate into blood and muscle cells. Early infusion of hBMSCs allows hematopoiesis in the early stage of bone marrow failure, which provides time for recovery of the bone marrow from the infusion of autologous hematopoietic stem cells. This is consistent with the microenvironment induction theory, stating that stem cells form tissue-specific cells depending on the microenvironment (18).

The gene expression profiles of P7 and P57 hBMSCs were investigated and it was identified that 20 genes were upregulated >2 fold and 40 genes were downregulated >2 fold. These genes are involved in angiogenesis, cell cycle control and the regulation of proliferation and apoptosis. Furthermore, the late passages of hBMSCs were associated with ploidy compared with the early passages of hBMSCs (data not presented). These findings indicated that the passage of hBMSCs may be associated with gene mutations and gene expression changes. Therefore, early passages of hBMSCs should be used for stem cell therapy. These findings are consistent with those by Maitra et al (17).

Mesenchymal stem cells possess pluripotent potential and are induced to differentiate into cells of various types for organ regeneration, including osteoblasts, chondrocytes, cardiomyocytes, myocytes, adipocytes and hematopoietic cells. As a result, they hold significant potential for broad clinical applications in the treatment of numerous malignancies. The present study found that it is feasible to isolate and long-term culture hBMSCs from patients, and that it is safe to use hBMSCs within 30 passages. An hBMSC cell line was established which may be used for further studying the biological properties of hBMSCs for tissue engineering.

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