Two-dimensional speckle-tracking echocardiographic assessment of left ventricular mechanical synchrony in clinically normal cats

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Abstract: Ventricular heterogeneity and synchrony are associated with hypertrophic cardiomyopathy in humans. Hypertrophic cardiomyopathy is commonly observed in cats. The aim of this study was to determine the presence and normal range of left ventricular mechanical heterogeneity and synchrony in clinically healthy cats using two-dimensional speckle-tracking echocardiography. Thirty-four clinically healthy cats were included in this prospective study. Two-dimensional echocardiography and two-dimensional speckle-tracking echocardiography were performed on all cats. Echocardiographic parameters, including circumferential, radial, and longitudinal strain and strain rate, heterogeneity, and synchrony, were measured. Segmental heterogeneity values in the circumferential, radial, and longitudinal directions were 13.1%±5.9%, 19.1%±10.3%, and 15.4%±6.8%, respectively. Transmural heterogeneity was −14.3%±4.6% in the circumferential direction. Left ventricular synchrony values in the circumferential, radial, and longitudinal directions were 11.7±4.2, 16.5±13.4, and 19.4±8.5 ms, respectively. Inter-ventricular synchrony was −3.9±13.2 ms. Left ventricular heterogeneity and synchrony were noted in clinically healthy cats; segmental heterogeneity, which is characterized as longitudinal, progressively increased from the apical to the basal segments, while transmural heterogeneity, which is characterized as circumferential, progressively decreased from the endocardium to the epicardium.

Keywords: feline, ventricular heterogeneity, synchrony

Introduction

Ventricular contraction normally occurs in a highly coordinated process. This nonuniform electromechanical activation in different areas of the myocardium is known as mechanical synchrony. Electromechanical activity typically spreads from the endocardium to the epicardium and from the apex to the base of the heart. In humans, electromechanical activity occurs simultaneously in all regions of the left ventricle (LV).1

A poorly synchronized LV exhibits regional differences in the amount of work that each cardiac muscle fiber performs.2 Fibers in early-activated regions contract against a lower pressure, whereas those in late-activated regions contract against a higher pressure. This condition ultimately leads to hypertrophy in late-activated regions, which exacerbates LV dysfunction and worsens the synchrony.3 In a recent study of human patients with hypertrophic cardiomyopathy (HCM), heterogeneity of LV myocardial properties resulted in delayed relaxation and significant regional heterogeneity in systolic synchronicity.4 Individuals with LV dysynchrony-associated HCM may have an increased risk of sudden cardiac death. In fact, LV dyssynchrony is a powerful predictor of sudden cardiac death, and noninvasive assessment of such synchrony has gained increasing importance.4
HCM is the most common heart disease in cats. Studies regarding parameters of heterogeneity and inter-/intra-ventricular synchrony in cats are very limited. Lack of normal ranges of LV mechanical synchrony and segmental heterogeneity in cats has hindered investigations regarding the presence and significance of inter-/intra-ventricular mechanical synchrony in cat cardiovascular disease. Thus, an essential step in the assessment of these properties in cats with cardiomyopathy involves generating normal ranges for ventricular mechanical heterogeneity and synchrony.

Two-dimensional speckle-tracking echocardiography (2D-STE) is a noninvasive method for evaluating regional mechanical strain in the LV. This technique enables the investigator to quantify the parameters of LV heterogeneity and synchrony. We hypothesized that mechanical heterogeneity and synchrony may also be present in the LV of clinically healthy cats. The aim of this study was to determine the presence and normal ranges of LV mechanical heterogeneity and synchrony in clinically healthy cats using 2D-STE.

Materials and methods

Animals

Thirty-four client-owned cats admitted to the National Taiwan University Veterinary Hospital were included in this prospective study. All the cats were assessed as clinically healthy based on the history, physical examination, auscultation, blood pressure (BP) measurements, routine blood work (complete blood counts and biochemical profiles), chest radiographs, and 2D and M-mode echocardiography. Cats presenting with a history or clinical signs of respiratory, cardiac, or any systemic disease were excluded from the study. Cats presenting with cardiac murmurs during physical examination or exhibiting any abnormalities on chest radiography or conventional echocardiography were also excluded. All the clients provided oral informed consent, and the study was performed in accordance with the code of the Research Ethics Office of the National Taiwan University, following the best practice of veterinary care.

Systolic BP measurement

Systemic BP was measured by a Doppler flow detector (Model 811-B, Parks Medical Electronics Inc., Aloha, Oregon, USA) and a sphygmomanometer attached to an inflatable cuff (2.5–4 cm). The sphygmomanometer was wrapped around the middle part of the antebrachium and an inflatable cuff (2.5–4 cm). The sphygmomanometer was positioned over the palmar area to detect blood flow in the digitalis palmaris communis artery. To minimize procedural stress, all the cats were allowed to assume a comfortable position, with only gentle restraint by their owners. Each cat remained in the same position throughout the systemic BP measurement, and a series of five readings was obtained. These five readings were averaged to obtain a mean systemic BP value.

Conventional echocardiography

The ultrasound examinations were performed without sedation on gently restrained, laterally recumbent cats using an ultrasound unit equipped with a 5.5–7.5 MHz phased-array transducer (MyLabTM50 XVision, Esaote, Genova, Italy). General parameters derived from B-mode echocardiographic examinations included the LV diastolic dimension (LVDD), LV systolic dimension (LVSD), left atrium-to-aortic diameter ratio (LA/Ao), inter-ventricular septal thickness in diastole, and LV free wall thickness in diastole, which were obtained from the right parasternal short-axis view.

The LV systolic function parameters derived from M-mode imaging from the right parasternal short-axis view included end-posterior E point to septal separation, percentage thickening of the inter-ventricular septum and LV free wall, and fractional shortening. Parameters of LV diastolic function derived from pulsed-wave Doppler imaging included mitral peak velocity of early (E) and late (A) diastolic inflow (MEVp, and MAVp, respectively), tricuspid peak velocity of early and late diastolic inflow (TEVp and TAVp, respectively), MEVp to MAVp ratio, TEVp to TAVp ratio, and isovolumic relaxation time. The myocardial performance index (or Tei index) was quantified by pulsed-wave Doppler in the left parasternal apical four chamber.

Measurement of ventricular strain using 2D-STE

Next, a 2D-STE was performed using the same ultrasonographic unit as described in the above section “Conventional echocardiography”. The 2D-STE parameters included circumferential/radial/longitudinal peak systolic strain (CS/RS/LS), circumferential/radial/longitudinal peak systolic strain rate (CSR/RSR/LSR), circumferential/radial/longitudinal peak early diastolic strain rate (CSR_early/RSR_early/LSR_early), and circumferential/radial/longitudinal peak late diastolic strain rate (CSR_late/RSR_late/LSR_late).

Measurements of LV longitudinal strain and strain rate were obtained from the left parasternal apical view. Measurements of circumferential/radial strain and strain rate were obtained from the right parasternal short-axis view at the level of the papillary muscle. All the images were acquired...
in cine loops of three cardiac cycles recorded at a frame rate of 60–111 frames per second, saved in the digital format, and analyzed by offline software (XStrain™ software for MyLabTM50 XVision, Esaote SPA, Genoa, Italy). All the echocardiographic studies and off-line analyses described above were performed by the same investigator.

For quantification of the circumferential and radial strains and strain rates, six segments (anteroseptal, anterior, lateral, posterior, inferior, and septal; Figure 1) of the endocardium were semiautomatically selected by aided heart segmentation (AHS, MyLabTM50 XVision) for analysis. For quantification of the LV longitudinal strain and strain rate, six segments (basal septal, mid septal, apical septal, apical lateral, mid lateral, and basal lateral; Figure 2) of the endocardium were semiautomatically selected by the AHS tool for analysis. Global circumferential/radial/longitudinal peak systolic strain (CS\(_g\)/RS\(_g\)/LS\(_g\)), systolic strain rate (CSR\(_g\)/RSR\(_g\)/LSR\(_g\)), early diastolic strain rate (CSR\(_E\)/RSR\(_E\)/LSR\(_E\)), and late diastolic strain rate (CSR\(_A\)/RSR\(_A\)/LSR\(_A\)) were calculated by obtaining the average strain or strain rate of all the six segments in the circumferential, radial, and longitudinal directions, respectively. Images not providing adequate visualization of one or more segments of the endocardium were excluded.

**Measurement of left ventricular heterogeneity and mechanical synchrony**

Segmental heterogeneity (SH-\(\epsilon\)), defined as the range of the peak strain of the six segments in the longitudinal (SH-I\(\epsilon\)-L), radial (SH-I\(\epsilon\)-R), and circumferential (SH-I\(\epsilon\)-C) directions (Figure 3), and transmural heterogeneity (TH-C\(\epsilon\)), defined as the difference in peak circumferential strain between the endocardium and epicardium, were calculated.\(^9\)

Inter-ventricular mechanical synchrony, defined as the time difference between the mean pulmonary and aortic pre-ejection time (Q\(P\)-A\(o\)), was calculated from conventional pulsed-wave Doppler data obtained from the right
parasternal short-axis view (for measuring the pre-ejection time of pulmonary artery blood flow) and the left parasternal four-chamber view (for measuring the pre-ejection time of aortic blood flow).\(^{10}\) Intra-ventricular mechanical synchrony, defined as the range (RT-ε) and standard deviation of time required to reach peak strain (SDT-ε) in the longitudinal (RT-le and SDT-le), circumferential (RT-ce and SDT-ce), and radial (RT-re and SDT-re) directions (Figure 4).\(^{4,10}\)

### Statistical analysis

All statistical analyses were performed with commercial statistics software SPSS version 16.0 (SPSS Inc., Chicago, IL, USA). Data are expressed as the mean ± standard deviation (SD). Comparisons of the systolic and diastolic strain and strain rate among the six segments were performed by one-way analysis of variance. The pairwise comparisons were made using the Scheffe’s method for post hoc analysis (if testing of homogeneity revealed equality of variances) or the Brown–Forsythe and Robust tests and the Games–Howell method for post hoc analysis (if testing of homogeneity did not reveal equality of variances). Spearman’s correlation was used to examine the linear association between continuous variables, and a two-tailed \(P\)-value ≤0.05 was considered statistically significant.

### Measurement reliability

All the echocardiographic studies were performed by the same investigator. The intra-observer coefficient of variation (CV) was calculated from data obtained from three different examinations of each cat in one day by the same investigator. Five clinical healthy cats were included to assess the repeatability of the measurements in this study.

### Results

#### Animals

The mean age of the 34 cats (18 males, 16 females) included in this study was 3.1±2.2 years (range: 16 months to 8 years), and the mean body weight was 4.3±1.3 kg. The represented breeds included 19 Domestic Shorthair, seven Persian, six American Shorthair, one Bengal, and one British Blue. The mean systemic BP was 119.5±15.5 mmHg. The mean systemic BP of each included cat was within the normal range of 90–130 mmHg.\(^{11}\) As presented in Table 1, the values of the 2D and M-mode echocardiographic parameters were within respective reference ranges.\(^{12,13}\)

#### Left ventricular strain and strain rate

Based on the myocardial motion vector, the circumferential and longitudinal systolic strain and strain rate values were negative, and the radial systolic strain and strain rate values were positive for all the cats (Table 2). In general, the circumferential, radial, and longitudinal strain and strain rate values were not affected by age, body weight, heart rate, or BP, except LSR, which was negatively correlated with heart rate (Spearman’s \(P=-0.591, P=0.020\)). CS, and RS were reduced in males compared with females (\(P=0.015\) and \(P=0.018\), respectively).

#### Description of ventricular heterogeneity and mechanical synchrony

LV heterogeneity was observed in this cohort of cats. SH-ce, SH-re, and SH-le were 13.1±5.9%, 19.1±10.3%, and 15.4±6.8%, respectively (Table 3). SH-le progressively increased from the apical to the basal segments. Transmural heterogeneity (TH-ce) was −14.3±4.6% and progressively
decreased from the endocardium to the epicardium. TH-ce was negatively correlated with body weight \((P=0.471, P=0.027)\). TH-ce was positively correlated with CS_g \((r=-0.817, P<0.001)\) and CSR \((r=0.816, P<0.001)\).

In addition, LV mechanical synchrony was observed in all the three directions in this cohort of cats. As presented in Table 3, RT-ce, RT-re, and RT-le were 32.5±9.3, 40.2±28.7, and 44.2±22.6 ms, respectively. SDT-ce, SDT-re, and SDT-le were 11.7±4.2, 16.5±13.4, and 19.4±8.5 ms, respectively. These parameters of LV mechanical synchrony occurred independently of age, body weight, heart rate, or systemic BP, except SDT-le, which was negatively correlated with heart rate \((r=-0.433, P=0.044)\). Q_P-Ao was −3.9±13.2 ms.

### Measurement reliability

The intra-observer CV values for the 2D-STE variables were all less than 20%, except RSR_Ap for which the intra-observer CV value was 25.39% (Table 4).

### Table 1

The descriptive statistics of two-dimensional and M-mode echocardiographic parameters of 34 clinically healthy cats

| Parameter               | Value, mean ± SD |
|-------------------------|------------------|
| **Two-dimensional indices** |                  |
| IVSd (mm)               | 4.08±0.61        |
| LVFWd (mm)              | 4.17±0.65        |
| LVDa (mm)               | 14.98±1.63       |
| LVDs (mm)               | 6.81±1.58        |
| LA/Ao                   | 1.35±0.16        |
| **M-mode indices**      |                  |
| EPSS (mm)               | 0.43±0.25        |
| IVS% (%)                | 69.66±17.84      |
| LVFW% (%)               | 63.19±15.24      |
| FS (%)                  | 54.74±8.01       |
| **Pulse-wave Doppler indices** |            |
| MEVp (m/s)              | 0.82±0.14        |
| MAVp (m/s)              | 0.68±0.16        |
| M_{Ea} (m/s)            | 1.25±0.27        |
| TEP (m/s)               | 0.65±0.15        |
| TAVp (m/s)              | 0.52±0.14        |
| T_{Ea} (m/s)            | 1.29±0.27        |
| IVRT (ms)               | 44.17±7.42       |
| Tei index               | 0.51±0.09        |
| Q_{P-Ao} (ms)           | −3.90±13.22      |

**Abbreviations:** EF_ea, ejection fraction derived from M-mode; EPSS, E point to septal separation; ESVI, end systolic volume index; FS, fractional shortening; IVRT, isovolumic relaxation time; IVS5, percentage thickening of the inter-ventricular septum; IVSd, inter-ventricular septum thickness in end-diastole; LA/Ao, the ratio of left atrium and aortic diameter; LVDa, left ventricular dimension in end-diastole; LVDs, left ventricular dimension in end-systole; LVFW%, percentage thickening of the left ventricular free wall; LVFWd, left ventricular free wall thickness in end-diastole; M_{Ea}, early and late mitral inflow ratio; MAVp, peak late mitral inflow velocity; MEVp, peak early mitral inflow velocity; Q_{P-Ao}, difference between pulmonary pre-ejection time and aortic pre-ejection time; TEP, early and late tricuspid inflow ratio; TAVp, peak late tricuspid inflow velocity; Tei index, myocardial performance index; TEP, peak early tricuspid inflow velocity.

**Discussion**

In this study, we found segmental and transmural heterogeneity in the LV of clinically healthy cats. Segmental heterogeneity was most prominent with respect to longitudinal strain, which progressively increased from the apical to the basal segment. This pattern of segmental heterogeneity in the longitudinal direction was similar to that observed in human subjects during systole. Clinically, human patients with HCM exhibit significantly reduced regional and global peak longitudinal systolic strain compared with controls and other forms of HCM, such as hypertensive HCM. While segmental heterogeneity in the longitudinal direction was increased in HCM compared with controls as well as those with hypertensive HCM. Differentiating various causes of HCM using conventional echocardiography can be challenging in cats. Evaluation of longitudinal segmental heterogeneity using 2D-STE can be a valuable tool for differentiating HCM of various etiologies in cats.

The circumferential strain, which is related to transmural heterogeneity, progressively decreased from the endocardium to the epicardium. The characteristics of transmural heterogeneity in cats are similar to those observed in human subjects. The difference of TH-ce between the endocardium and epicardium in this cohort was −64% (TH-ce/CS_g ×100%) in contrast to 36% in human subjects. In this study, TH-ce was positively correlated with global circumferential strain and strain rate. Circumferential strain is reduced in human patients with HCM. Even with apparently normal left ventricular systolic function in the early stage of the disease, circumferential strain is significantly reduced in HCM. A marked variation in segmental heterogeneity reflects a regional variation in the myocardial disarray and fibrosis that is characteristic of human HCM. Even with apparently normal left ventricular systolic function in the early stage of the disease, circumferential strain is significantly reduced in HCM. A marked variation in segmental heterogeneity is also an indicator of increased left ventricular end-diastolic pressure in human patients with HCM. This phenomenon has not been observed in human patients with HCM associated with aortic stenosis. Application of circumferential strain and transmural heterogeneity is clinically important in differentiating HCM of different etiologies in human patients. The disarrangement of muscle fibers has also been reported in cats with HCM. A disruption of the myocardial macrostructure may result in reduced cardiac pumping efficacy. Collectively, decreased global circumferential strain along with increased variation of transmural or segmental heterogeneity can be anticipated in cats with HCM. The evaluation of transmural or segmental heterogeneity may play an important role in determining the timing of medication. Further studies of transmural and...
Table 2  Segmental and global circumferential, radial, and longitudinal strain and strain rate values determined using two-dimensional speckle-tracking echocardiography of the left ventricle in 34 clinically healthy cats

| CS (%) | CSR (s⁻¹) | CSRₐ (s⁻¹) | CSRₐ (s⁻¹) |
|--------|-----------|-------------|-------------|
| CS₁ | -21.87±6.69 | CSR₁ | -2.60±0.78 | CSR₁,₂(=) | ±1.33 | CSR₁,₂ (±0.38) |
| CS₂ | -21.83±6.40 | CSR₂ | -2.73±0.97 | CSR₂,₂(=) | ±1.09 | CSR₂,₂ (±0.23) |
| CS₃ | -21.82±5.97 | CSR₃ | -2.77±1.05 | CSR₃,₂(=) | ±1.00 | CSR₃,₂ (±0.51) |
| CS₄ | -21.98±7.81 | CSR₄ | -2.75±2.12 | CSR₄,₂(=) | ±2.41 | CSR₄,₂ (±0.14) |
| CS₅ | -21.90±8.52 | CSR₅ | -2.73±1.17 | CSR₅,₂(=) | ±1.39 | CSR₅,₂ (±0.63) |
| CS₆ | -23.03±7.15 | CSR₆ | -2.61±0.87 | CSR₆,₂(=) | ±0.91 | CSR₆,₂ (±0.48) |
| P=0.997 | P=0.996 | P=0.920 | P=0.536 |

Table 3  Echocardiographic parameters of left ventricular heterogeneity and synchrony in 34 clinically healthy cats

| Segmental heterogeneity (%) | Circumference | Radiation | Longitude |
|-----------------------------|---------------|-----------|-----------|
| SH-cc | 13.05±15.86 | SH-Rc | 19.06±10.34 | SH-Lc | 15.38±16.81 |

| Transmural heterogeneity (%) | TH-cc | -14.28±4.60 |
|-------------------------------|-------|-------------|

| Intra-ventricular synchrony (ms) | Circumference | Radiation | Longitude |
|---------------------------------|---------------|-----------|-----------|
| RT-cc | 32.49±19.32 | RT-Rc | 40.21±28.72 | RT-Lc | 44.24±22.62 |
| SDT-cc | 11.74±14.16 | SDT-Rc | 16.48±13.41 | SDT-Lc | 19.38±8.52 |

| Inter-ventricular synchrony (ms) | Q₉₀,₅₀ | -3.9±13.22 |
|---------------------------------|-------|-------------|

Notes: Data presented as mean ± SD. *LS/LSR was significantly different from LS/LSR₁(=) (P<0.05). **LSR was significantly different from LS₁ (P<0.05) in post hoc pairwise comparison by Games–Howell.

Abbreviations: Cₛ, antero-septal; C₃, anterior; C₄, lateral; C₅, posterior; C₆, inferior; Cₛ, global; CS, peak circumferential strain; CSR, peak circumferential strain rate; CSRₛ, peak circumferential early diastolic strain rate; CSRₐ, peak circumferential late diastolic strain rate; Lₛ, basal septa; L₃, mid septal; L₅, apical septal; L₆, global; LS, peak longitudinal strain; LSR, peak longitudinal strain rate; LSRₛ, peak longitudinal early diastolic strain rate; LSRₐ, peak longitudinal late diastolic strain rate; Rs, peak radial strain; Rₛ, peak radial strain rate; Rₛ, peak radial late diastolic strain rate.

segmental heterogeneity in cats with asymptomatic HCM are warranted.

In this study, the range of intra-ventricular mechanical synchrony in clinically normal cats was similar to that observed in studies of healthy dogs and human subjects.9,21–24 Longitudinal mechanical synchrony was more prominent compared with the other two directions. With the exception of longitudinal intra-ventricular synchrony, parameters of ventricular mechanical synchrony were not affected by confounding factors, such as age, body weight, or systemic BP. These findings are consistent with the results of a study in dogs, in which no effect of age or body weight was observed on the parameters of intra-/inter-ventricular mechanical synchrony.22 Clinically, the impairment of intra-ventricular systolic synchrony is strongly related to increased septal thickness and LV outflow-tract gradient in human patients with HCM.25 Asymmetric HCM accounts for a significant proportion of the HCM pattern in cats.26 Further investigations are warranted to establish the association between intra-ventricular synchrony and septal thickness in cats with HCM.
The intra-observer CV values derived from the parameters measured using two-dimensional speckle-tracking echocardiography

| Intra-observer CV (%) | Intra-observer CV (%) | Intra-observer CV (%) |
|-----------------------|-----------------------|-----------------------|
| CSG 6.43              | RSG 10.24             | LSG 4.56              |
| CSRg 5.92             | RSRg 14.91            | LSRg 9.16             |
| CSR -eg 12.37         | RSR -eg 9.55          | LSR -eg 18.08         |
| CSR -ag 18.58         | RSR -ag 25.39         | LSR -ag 12.26         |

Abbreviations: CSG, global peak circumferential strain; CSRg, global peak circumferential late diastolic strain rate; CSR -eg, global peak circumferential early diastolic strain rate; CSR -ag, global peak circumferential systolic strain rate; CV, coefficient of variance; LSG, global peak longitudinal strain; LSR -eg, global peak longitudinal late diastolic strain rate; LSR -ag, global peak longitudinal early diastolic strain rate; LSR -ag, global peak radial systolic strain rate; RSR -ag, global peak radial late diastolic strain rate; RSR, global peak radial systolic strain rate.

The findings from this study must be interpreted in light of a few limitations. The currently available frame rate of 2D-STE imaging remains low. This low frame rate potentially affected the overall accuracy of the measurements of time to peak strain. Inadequate border recognition is another factor that potentially limits the assessment of strain. These limitations may be improved with the use of the recently introduced three-dimensional speckle-tracking method.26

Conclusion
This study demonstrated the presence of LV mechanical heterogeneity and synchrony in clinically normal cats using 2D-STE. Normal ranges of echocardiographic parameters used to assess ventricular heterogeneity and synchrony were determined in this cohort. Further investigation is warranted to establish the clinical relevance of these two physiological properties in cats with cardiomyopathies. In addition, echocardiographic evaluations of LV mechanical heterogeneity and synchrony in cats with HCM are necessary to assess the clinical utility of the normal ranges generated in this study.

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Disclosure
The authors report no conflicts of interest in this work.

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