Evaluation of serum cardiac troponin-I concentrations for diagnosis of infective endocarditis in dogs

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Abstract

Background: Infective endocarditis (IE) in dogs is associated with severe disease and a high case fatality rate but often presents with nonspecific clinical signs.

Hypothesis/Objectives: Serum concentration of cardiac troponin-I (cTnI) is elevated in dogs with IE and can differentiate dogs with IE from dogs with other diseases with similar clinical features. Concentration of serum cTnI is negatively correlated with survival time in dogs with IE.

Animals: Seventy-two client-owned dogs; 29 with IE, 27 with stage-B myxomatous mitral valve disease (MMVD), and 16 with immune-mediated disease (IMD).

Methods: Retrospective clinical cohort study. Concentration of serum cTnI was measured in all dogs at time of diagnosis. Clinical findings and echocardiographic interpretation were also recorded. Statistical analyses included Kruskal-Wallis test, pairwise Mann-Whitney U tests, receiver operator characteristic, and Cox proportional hazards.

Results: Serum concentration of cTnI was significantly higher in the IE group (0.69 ng/mL [0.03-80.8]) than in the MMVD (0.05 ng/mL [0.02-0.11], P < .001) and IMD groups (0.05 ng/mL [0.03-0.57], P < .001). Increased cTnI was a moderately accurate predictor of IE (area under the curve 0.857 (95% confidence interval [CI] 0.745-0.968, P < .001). A cTnI cutoff of 0.625 ng/mL had 100% specificity (95% CI 90%-100%) and 52% sensitivity (95% CI 33%-70%) in this study sample. There was no association between cTnI concentration and survival time in dogs with IE (hazard ratio 1.013, 95% CI 0.993-1.034, P = .2).

Conclusions and Clinical Importance: Cardiac troponin-I concentrations are higher in dogs with IE compared to dogs with preclinical MMVD or IMD. In dogs with a compatible clinical presentation, serum cTnI concentrations >0.625 ng/mL are supportive of IE.

KEYWORDS
cardiac biomarkers, clinical pathology, echocardiography, general practice, inflammation

Abbreviations: cTnI, cardiac troponin-I; IE, infective endocarditis; IMD, immune-mediated disease; IMHA, immune-mediated hemolytic anemia; ITP, immune-mediated thrombocytopenia; MMVD, myxomatous mitral valve disease; ROC, receiver operator characteristic; SRMA, steroid-responsive meningitis arteritis.

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INTRODUCTION

Infective endocarditis (IE) is a microbial infection causing inflammation of the endothelial surface of at least 1 of the heart valves or the endocardial layer of the heart chambers (Figure 1). Despite the severe disease and high case fatality rate associated with IE in dogs, a definitive diagnosis can often be challenging antemortem because of nonspecific clinical signs, although gross and histopathologic examination of the affected tissue can prove conclusive. Antemortem diagnosis commonly relies upon satisfaction of the modified Duke criteria, a scoring system that has been adapted from human medicine and consists of major and minor criteria. Depending on which criteria are met, the diagnosis of IE is classified as definitive, possible, or rejected.

Although the modified Duke criteria represent a practical and reasonable approach to the diagnosis of IE in dogs, there are inevitable limitations. For instance, 1 of the major criteria, novel valve insufficiency, has poor specificity, in part because of the high prevalence of myxomatous mitral valve disease (MMVD) in dogs. The presence of MMVD can also make an echocardiographic diagnosis more challenging, as subtle IE lesions can be confused with or obscured by myxomatous changes. Additionally, the minor criteria mostly consist of systemic clinical signs, including pyrexia, and evidence of thromboembolic disease. These signs are nonspecific and can be present in many noncardiac diseases, most notably immune-mediated disease (IMD), which is itself a minor criterion. Thus, making an antemortem diagnosis of IE is challenging, particularly as the clinical findings overlap considerably with those of MMVD and IMD.

The circulating serum concentration of cardiac troponin-I (cTnI) often increases with myocardial inflammation and necrosis and to a lesser extent with acquired heart diseases such as MMVD and dilated cardiomyopathy. Other possible causes of abnormally high serum cTnI concentration in dogs include azotemia and systemic diseases that might result in secondary myocardial injury, such as gastric dilatation volvulus, pyometra, and adder envenomation.

Increases in circulating cTnI concentrations are common in humans with IE, in whom abnormal cTnI concentrations are also associated with poor outcomes. However, the potential utility of cTnI as a diagnostic or prognostic marker in dogs with IE has not been reported.

The primary aim of this retrospective study was to determine whether the serum concentration of cTnI could differentiate dogs with IE from 2 control groups, 1 with MMVD and another with IMD. A secondary objective was to determine whether serum concentration of cTnI in dogs with IE was associated with survival time. We hypothesized that serum cTnI concentration would be significantly higher in dogs with IE than those in either control group, and that increased cTnI concentration would be associated with a shorter survival time in dogs with IE.

METHODS

Computerized records from 2 veterinary teaching hospitals (Langford Vets, University of Bristol, UK; Department of Small Animal Clinical Science, School of Veterinary Science, University of Liverpool, UK) were retrospectively searched to identify dogs diagnosed with IE, on the basis of either the modified Duke criteria (Table 1) or the opinion and experience of the attending cardiology diplomate. Dogs with MMVD or IMD were all recruited from a single center. Dogs from all groups were
eligible for inclusion if they had either serum cTnI measured at the time of diagnosis, or if they had a blood sample taken at diagnosis which was stored and available for subsequent analysis. Dogs were excluded if the blood sample was taken more than 7 days before or after diagnosis. Stored serum samples were kept at −80°C. In the MMVD group, dogs with current or previous signs of congestive heart failure were excluded. Other exclusion criteria across all groups were a concurrent diagnosis of neoplasia, azotemia (creatinine >1.40 mg/dL), or any other known disease which could affect cTnI concentration.

Diagnoses of IE or MMVD were made by a cardiology diplomate, or resident under supervision, and echocardiography was performed in all patients. Dogs in the IMD group were only included if their clinical signs subsequently responded to steroid treatment. They did not need to have undergone an echocardiogram in order to be included.

**TABLE 1** Suggested modified Duke criteria for diagnosis of infective endocarditis in dogs (adapted from MacDonald et al). A definitive diagnosis can be made if 2 major or 1 major and 2 minor criteria are fulfilled. Diagnosis is classified as possible if 1 major and 1 minor criteria are met, or if 3 minor criteria are met, or rejected if a firm alternative explanation of clinical signs are made or clinical signs resolve with fewer than 4 days of treatment.

| Criteria | Specific findings |
|----------|------------------|
| Major 1 | Echocardiographic valve lesion with typical characteristics of endocarditis: |
| | Oscillates independently of valve motion |
| | Associated with atrial aspect of mitral valve or ventricular aspect of aortic valve |
| 2 | Positive blood cultures: |
| | ≥2 positive blood cultures |
| | ≤3 with common skin contaminant |
| 3 | Evidence of new valve insufficiency |
| Minor | Pyrexia of unknown origin |
| | Subaortic stenosis |
| | Evidence of embolic signs |
| | Evidence of systemic immuno-mediated disease |
| | Medium to large breed dog (weight >15 kg) |
| | Positive blood cultures not meeting major criteria |
| | Bartonella spp serology ≥1:1024 |

However, IMD patients were excluded if they had clinical signs that were subsequently found to be caused by cardiac disease. Each diagnosis of IMD was made by an internal medicine diplomate or resident under supervision.

The serum concentration of cTnI was measured using 1 of 2 assays (IMMULITE 2000 Troponin I, a two-site chemiluminescent immunoassay developed for cTnI measurement from Siemens Healthcare Diagnostics Inc, Tarrytown, NY, USA; AIA-900 troponin-I, a second-generation immunoassay from Tosoh Bioscience, Tessenderlo, Belgium), depending on which center the patient was recruited from. Both assays used chemiluminescent immuno-assay technology, and the reference interval for each center was considered <0.1 ng/mL.

Data recorded included patient body weight (classified as >15 kg yes/no), age, breed, sex, concurrent disease, the presence of pyrexia (rectal temperature >39.4°C) and echocardiographic interpretation (MMVD, IE, or normal). For the IE group, endocarditis lesion location, predisposing factors identified (immunosuppressive treatment, congenital disease of the aortic valve, or left ventricular outflow tract), the presence of a novel heart murmur, results of blood culture and Bartonella henselae antibody titers (normal <1:120), and the presence of immunologic phenomena or thromboembolic disease were also recorded where available, as were date of last contact and status (alive or dead) in order to calculate survival time after diagnosis.

**TABLE 2** Sample characteristics and basic clinical variables for the study sample consisting of dogs with IE (n = 29), MMVD (n = 27), and IMD (n = 16)

| Criteria | IE | MMVD | IMD | P value |
|----------|----|------|-----|---------|
| Number of dogs | 29 | 27 | 16 |   |
| Male (%) | 15 (52%) | 21 (78%) | 8 (50%) | .08 |
| Age (years) | 7.05 (1.86-12.01) | 7.84 (3.07-13.59) | 4.47 (1.01-12.24) | .007 |
| BW (>15 kg) | 21 (72.4%) | 3 (11/1%) | 9 (56.3%) | <.001 |
| Temperature >39.4°C (%) | 18 (62%) | 0 (0%) | 8 (50%) | <.001 |
| cTnI (ng/mL) | 0.69 (0.03-80.8) | 0.05 (0.02-0.11) | 0.05 (0.03-0.57) | <.001 |

Abbreviations: BW, body weight; cTnI, serum cardiac troponin-I; IE, infective endocarditis; IMD, immune mediated disease; MMVD, myxomatous mitral valve disease; RT, rectal temperature.
RESULTS

The study included 29 dogs with endocarditis, 27 dogs with MMVD, and 16 dogs with IMD; a total of 72 dogs comprised of 17 different breeds (Table 2). The MMVD group consisted of patients with immunemediated hemolytic anemia (IMHA; n = 5), steroid-responsive meningitis arteritis (SRMA; n = 5), immune-mediated thrombocytopenia (ITP; n = 3), or a combination of IMHA and ITP (n = 3). Within the MMVD group, 16 patients were stage B1 and 11 were stage B2.7 Fifteen MMVD patients had no concurrent disease and the remainder included those with neurological (n = 4), endocrine (n = 3) orthopedic (n = 3), dermatological (n = 1), and gastrointestinal (n = 1) disease.

In the IE group, 14/29 dogs (48%) had isolated mitral valve lesions, 7/29 dogs (24%) had isolated aortic valve lesions, 5/29 dogs (17%) had both aortic and mitral valve lesions, and 3/29 dogs (10%) had a mural lesion. Twenty-six of the 29 dogs met the modified Duke criteria, for a definitive diagnosis of IE. The remaining 3 dogs were diagnosed with IE by the attending cardiology diplomate. Two of these dogs had mural lesions which were considered unlikely to be a thrombus based on changes in appearance over time and evidence of erosion. The third dog had a mitral lesion in the absence of mitral regurgitation. There was no significant difference in serum cTnI concentrations based on IE lesion location (P = .47). None of the dogs in the IE group had experienced congestive heart failure.

Blood cultures were obtained in 17/29 dogs diagnosed with IE, of which 5 dogs (29%) had a positive blood culture with 4 meeting the major modified Duke criterion and 1 meeting the minor criterion. The organisms cultured were Actinomyces odontolyticus, Gram-negative bacilli, Corynebacterium spp, Pasteurella multocida, and Streptococcus spp.

Dogs in the MMVD group were older than those with IMD (7.84 [3.07-13.59] years vs 4.47 [1.01-12.24] years, respectively; P = .01). Fewer dogs weighing >15 kg were present in the MMVD group (11%) compared to the IE group (72%, P < .001) and IMD group (56%, P = .002). No difference in proportion of dogs presenting with pyrexia was detected between the dogs in IE and IMD groups (62% IE vs 50% IMD, P = .27).

Significant differences in serum cTnI concentrations were detected between the 3 groups (P ≤ .001) with cTnI concentrations being higher in dogs with IE than in those with MMVD (0.69 ng/mL [0.03-80.8] vs 0.05 ng/mL [0.02-0.11], P < .001) or those with IMD (0.69 ng/mL [0.03-80.8] vs 0.05 ng/mL [0.03-0.57], P < .001). Additionally, serum cTnI concentration was also significantly higher in dogs with IE when compared to dogs with stage B2 MMVD (n = 11) only (0.69 ng/mL [0.03-80.8] vs 0.05 ng/mL [0.04-0.11], P < .05). Cardiac troponin-I concentrations were not significantly different between the 2 control groups (P = .28; Figure 2).

Serum concentration of cTnI exceeded the reference interval (<0.1 ng/mL) in 23/29 (79%) dogs with IE, a proportion that was

| TABLE 3 | Frequency with which clinical findings were met for each of the modified Duke criteria in the group of 29 dogs with endocarditis, in addition to the 2 proposed cutoffs for cardiac troponin-I concentrations (the upper reference limit of the assays at >0.1 ng/mL, and the suggested cut-off of >0.625 ng/mL) |
| --- | --- |
| Modified Duke criteria | Number of dogs with IE |
| Echocardiographic evidence | 29 (100%) |
| Novel valve insufficiency | 22 (76%) |
| Major blood culture | 6 of 17 (35%) |
| Temperature >39.4°C | 18 (62%) |
| Weight >15 kg | 21 (72%) |
| Predisposing factor | 7 (24%) |
| Thromboembolic disease | 10 (36%) |
| Immune-mediated disease | 7 (24%) |
| Minor blood culture | 3 of 17 (18%) |
| Bartonella serology | 1 of 5 (20%) |
| cTnI (>0.1 ng/mL) | 23 (79%) |
| cTnI (>0.625 ng/mL) | 15 (52%) |

Abbreviations: cTnI, serum cardiac troponin-I; IE, infective endocarditis.
higher than that observed for any of the individual major or minor modified Duke criteria other than “typical echocardiographic lesion” (Table 3). Of the combined control group dogs (n = 43), serum cTnI concentrations were >0.1 ng/mL in 4 animals: 1 from the MMVD group and 3 from the IMD group.

Receiver operator characteristic curve analysis demonstrated that elevated serum cTnI was a moderately accurate predictor of endocarditis in this sample (area under the curve 0.857 [95% confidence interval (CI) 0.745-0.968], P < .001; Figure 3). A serum cTnI concentration of ≥0.125 ng/mL yielded the highest combined sensitivity (79%; 95% CI 60%-91%) and specificity (98%; 95% CI 86%-100%). A serum cTnI concentration cutoff of 0.625 ng/mL yielded a sensitivity of 52% (95% CI 33%-70%) and a specificity of 100% (95% CI 90%-100%).

Median follow-up time for dogs in the present study was 47 days (0-1370 days). At the time of follow-up, 20/29 (69%) of the patients with endocarditis had died, with euthanasia prompted by clinical signs the cause of death in all cases. All dogs with MMVD and IMD were alive at time of follow-up. Median follow-up times for MMVD and IMD patients were 182 days (0-1143 days) and 47 days (3-139 days), respectively. Median survival time for dogs in the IE group was 63 days (0-1370 days). Cox proportional hazards analysis revealed no significant association between survival time and serum cTnI concentration in patients with endocarditis (hazard ratio 1.013, 95% CI 0.993-1.034, P = .2).

4 | DISCUSSION

In this sample of dogs, cTnI proved to be a useful tool to help distinguish dogs with IE when compared to control groups of dogs with other echocardiographic valve lesions (MMVD) and dogs with systemic inflammatory disease (IMD). Specifically, a cutoff value of 0.625 ng/mL had 100% specificity in this study sample. There was no association between serum cTnI concentrations and survival time in dogs with IE.

Since the diagnosis of IE is predominantly based on a scoring system—the modified Duke criteria—any additional tests which may assist in adding weight to a diagnosis of IE are valuable, especially for vets with limited experience of this disease. In this study, we selected 2 control groups in an attempt to mimic clinical scenarios in which IE might be considered a differential diagnosis. For example, heart murmurs are commonly reported in dogs with IE,1,22,23 IMHA,24 and ITP25 and are an essential component of stage-B MMVD.7 Other commonly shared clinical features of IE and IMD include pyrexia,2,24,26 and embolic disease,2,22,27,28 which were both observed in IE patients in this study (Table 3).

In a clinical scenario, echocardiography is indicated in a dog presenting with pyrexia of unknown origin, thromboembolic signs, and evidence of IMD to further investigate the possibility of IE; in this case, all 3 signs are minor components of the modified Duke criteria, but are also common in dogs with noncardiac disease. Since echocardiographic differentiation of vegetative and myxomatous lesions is dependent on operator experience and the quality of the ultrasound image obtained (training and machine factors), we propose that the addition of serum cTnI measurement—a widely available and objective assay—could provide valuable further support for a diagnosis of IE, especially if >0.625 ng/mL.

The results of the ROC curve analysis demonstrated that serum cTnI concentrations differentiated dogs with IE from the control groups with moderate accuracy. Furthermore, a high proportion of dogs with IE exhibited increased serum cTnI concentration (23/29, 79%) and 100% specificity was observed when using a cutoff of >0.625 ng/mL. Therefore, we propose that serum cTnI concentration >0.625 ng/mL could be considered as a minor Duke criterion in dogs. However, the low sensitivity (52%) of this cutoff indicates that a serum cTnI concentration below 0.625 ng/mL does not exclude IE from the list of differentials.

A number of disorders can cause increased serum concentrations of cTnI, including primary cardiac disease,8,10,11,29 azotemia and systemic disease,12 pyometra,14 and gastric dilatation and volvulus.13 In this study, no dog with IE had to be excluded because of azotemia (defined as creatinine >1.40 mg/dL) and none had evidence of systemic disease that was not secondary to IE. Indeed, no alternative cause for increases in cTnI could be identified in any dog with IE. The
pathophysiologic basis of increases in cTnI in dogs with IE remains unclear. As cTnI is an intracellular myocardial protein, its increases might be because of a localized myocarditis caused by inflammatory mediators, septic or thrombotic coronary emboli, or myocardial involvement of the infection itself; all of which have been proposed as possible mechanisms in humans. However, as the cause disease-lifestyle associations; for example, IE in humans is commonly associated with SRMA and IMHA can also cause an increase in cTnI concentrations which often normalize after the treatment of the primary condition. In our study, although 1/27 dogs with MMVD and 3/16 dogs with IMD had elevated serum cTnI concentrations, significant differences remained detectable between these groups and dogs with IE. Furthermore, the difference in serum cTnI concentration between IE and MMVD groups remained significant when only stage B2 dogs were included, indicating that cTnI is useful in differentiating dogs with IE from more advanced preclinical valvular disease. Concentrations overlapped between all groups and to maximize the predictive value of serum cTnI measurement in the diagnosis of IE, we recommend a cutoff value >0.625 ng/mL as a practically useful tool, as this did not yield any false-positive results in this study sample.

The diagnostic utility of serum cTnI measurement in our study reflects the results of studies on IE in humans. However, unlike these studies, we did not find any association between serum cTnI concentration and outcome. This difference might be because of species differences in host immune response, differences in available treatments, different causative infectious agents associated with IE, or different disease-lifestyle associations; for example, IE in humans is commonly associated with IV use of recreational drugs. However, as the cause of death in all our IE dogs was euthanasia, we must also consider the influence of financial and emotional factors in determining outcome.

Limitations of this study were typical for its retrospective design. Results were obtained from dogs diagnosed in referral centers in 1 country, and therefore sample demographics and the results of survival analysis may not be generalizable to general practice or different geographic regions. However, our sample of dogs represented an authentic selection of naturally occurring cases of IE with no apparent selection bias other than the final diagnosis being made in the referral setting. The IMD group was small and heterogeneous, with only 16 dogs and 3 different diagnoses. Group sizes are relatively small, but the number of dogs with IE is reasonable in the context of the published literature.

To maximize the number of cases within the IE group, dogs were enrolled from 2 centers. Because these centers were located within 200 miles of one another, the differences in the background population were likely to be minimal and therefore comparison with a control group from only 1 center should not affect our analysis. Recruiting IE cases from 2 institutions also meant that 2 different assays for cTnI were used for measurements in the IE group. Although the sample handling and analysis technique were similar, the numbers might not be directly comparable and so our cutoff values established should be considered as estimates rather than a definitive number. As with any test result, veterinarians must contextualize the measurement within the overall clinical picture of the animal under their care. In addition, increased bilirubin concentration can interfere with the measurement of cTnI when using 1 of these 2 assays. In this study, none of the IE dogs were hyperbilirubinemic and, although dogs with IMHA often have an increased concentration of bilirubin, cTnI from all dogs with IMD was measured using the other assay, which does not suffer from the same interference.

Cardiac troponin-I has a half-life of just under 2 hours in the dog. In the current study, we chose a time period of 7-days before or after diagnosis in which a sample could be obtained for inclusion in the study. We chose this relatively wide window because IE is not an acute insult, but likely to be associated with more chronic inflammation, over several days or weeks, rather than an acute event, unlike a myocardial infarction in humans, where cTnI would wane within hours of a single insult. Additionally, the clinical signs of IE can be nonspecific, and it is common for dogs to remain undiagnosed for days or weeks before investigation by an experienced clinician. Therefore, we propose that our 2-week window was reasonable and reflective of using the test in general practice.

We chose not to include dogs with stage-C MMVD in our study. This was because we wanted to investigate whether the measurement of serum cTnI concentration would prove useful in differentiating dogs with IE and dogs with earlier MMVD that had more subtle valve lesions than tend to be present in stage C. Also, overt signs of heart failure might allow more straightforward localization of disease to the heart. This means that we have not accounted for how congestive heart failure might increase serum cTnI concentration in dogs with MMVD and those with IE causing severe enough valve dysfunction to cause congestive signs. However, since none of the dogs within the IE group had presented with signs of congestive heart failure, stage-B MMVD served as an appropriate comparison.

Despite these limitations, these data suggest that measurement of serum cTnI concentration might be helpful in the diagnosis of IE. Further studies in a wider sample of dogs would be helpful to validate our findings, especially if carried out prospectively using a single assay and standardized sample-handling technique. It would also be worth investigating if serum cTnI concentration improved diagnostic confidence for IE. This could be performed using a case-scenario questionnaire to evaluate the decision-making of veterinarians.

In conclusion, the results of this study demonstrate that serum cTnI concentrations are significantly higher in dogs with IE compared to control samples of dogs with preclinical MMVD or IMD. Care should be taken not to infer a diagnosis of IE based solely on cTnI concentration. However, based on these results, we propose that in dogs with a compatible clinical presentation, serum cTnI concentrations >0.625 ng/mL are supportive of a diagnosis of IE.

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