Costs and Resource Use Among Patients with Cervical Cancer, Cervical Intraepithelial Neoplasia, and Genital Warts in Algeria

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ARTICLE INFORMATION

BACKGROUND: Cervical cancer rates in North Africa have risen in the last 10 years, suggesting that this region might benefit from cervical cancer screening and HPV vaccination programs. To assess the potential benefits of cervical cancer screening and HPV vaccination in North African countries, country-specific data on the prevalence and burden of HPV-related conditions are needed.

OBJECTIVES: To describe the patterns and estimate the costs of management of cervical cancer, cervical intraepithelial neoplasia (CIN), and genital warts in Algeria.

METHODS: This was a descriptive analysis of questionnaire data obtained from a panel of 15 oncologists, gynecologists, and dermatologists (n=5 each). Data on diagnostic and treatment patterns, recurrence, and healthcare resource use (HCRU) were obtained. The costs (in Algerian dinars) associated with diagnosis, treatment, and recurrence were estimated.

RESULTS: Diagnosis of CIN was obtained by cytology tests or lesion biopsies; for cervical cancer, lesion biopsies, MRI, and CT scans were the most common diagnostic tests. For CIN, 70% of gynecologists and oncologists regularly or always used conization as a treatment. Treatments used regularly or always for cervical cancer included chemotherapy (80%), hysterectomy (70%), and radiation (70%). Annual HCRU per institution included 20 outpatient visits and 15 hospitalizations for CIN, and 50 outpatient visits and 11 hospitalizations for cervical cancer. For genital warts, diagnostic tests performed regularly or always included assays for hepatitis B, hepatitis C, HIV, and syphilis; cervical cytology; and colposcopy. Cryotherapy was the universal first-line treatment. Median per-patient costs associated with diagnosis, treatment, and recurrence were 6750, 19 750, and 77 750, respectively, for CIN; 53 750, 650 000, and 431 250, respectively, for cervical cancer; and 16 075, 15 500, and 9250, respectively, for genital warts.

DISCUSSION: These results give an estimate of the HCRU and cost of cervical cancer, CIN, and genital warts and highlight the need to assess more precisely the epidemiology of these diseases in Algeria.

CONCLUSIONS: This study investigated the management of patients with cervical cancer, CIN, or genital warts in Algeria and provided the first estimates of diagnosis and treatment patterns, HCRU, and costs associated with these conditions. These resource use and cost estimates highlight the need to develop prevention strategies for HPV-related pathologies.

INTRODUCTION

Human papillomavirus (HPV) is a sexually transmitted virus that infects >10% of women and ≥19% of men globally.1 High-risk HPV genotypes 16 and 18 are the cause of approximately 70% of cervical cancers, and low-risk genotypes 6 and 11 are associated with 90% of genital warts cases.2 Programs for cervical cancer screening and vaccination against HPV have been shown to reduce population levels of cervical cancer and genital warts.3,4
The specific questions used to calculate the costs are shown in Supplementary Table S1. As the numbers of patients at each institution were not available, cost analyses were performed for a single hypothetical case at each institution and averaged across all participating institutions. For questionnaire items with 4 possible answers, the following frequencies were assumed: never, zero patients; sometimes, 25% of patients; regularly, 50% of patients; always, 100% of patients. Therefore, the cost per patient of each diagnostic test and treatment was adjusted by the number and the percentage of answers in each category, with the latter presented in the text.
Figure 1. Diagnostic Tests for (A) CIN, (B) Cervical Cancer, and (C) Genital Warts

Abbreviations: CIN, cervical intraepithelial neoplasia; CT, computed tomography; HBV, hepatitis B virus; HCV, hepatitis C virus; HIV, human immunodeficiency virus; HPV, human papillomavirus; MRI, magnetic resonance imaging; PCR, polymerase chain reaction; PET, positron emission tomography.

Figure 2. Treatments for (A) CIN and (B) Cervical Cancer

Abbreviations: CIN, cervical intraepithelial neoplasia; TCA, trichloroacetic acid.
RESULTS

Participant Characteristics
All 15 experts agreed to participate in the study. The median (range) age of panel participants was 54 (40-74) years. Eleven panelists were male (73%), and 4 were female (27%). Specialties included gynecology, oncology, and dermatology (n=5 each, 33%). The median (range) time in medical practice was 30 (12-48) years.

Practice Characteristics
Among gynecologists and oncologists, it was estimated that 11% of their monthly caseload involved patients with CIN/cervical cancer (Table 1). Panelists estimated that 18% of the CIN patients were at stage 1, 28% were at stage 2, and 23% were at stage 3. The median duration of care for a single patient with CIN/cervical cancer was 10 years. Among CIN patients, 10% were under age 30, and among cervical cancer patients, 18% were under age 40. Panelists estimated the incidence of cervical cancer in Algeria to be 2800 cases per year.

Among dermatologists, it was estimated that 4% of their monthly caseload involved patients with genital warts (Table 1). The median time in clinical practice treating patients with genital warts was 25 years. Among patients with genital warts, an estimated 65% were men and 35% were women, and 13% were under age 20. A median of 70% of patients were presenting with genital warts for the first time. Panelists estimated the prevalence of genital warts at their institution to range from 2% to 8% in men and 2% to 3% in women.

Diagnostic Tests
Among gynecologists and oncologists, 60% reported that cytology tests were performed regularly or always for the diagnosis of CIN, and 40% said the same about lesion biopsies (Figure 1A). For the diagnosis of cervical cancer, lesion biopsies, magnetic resonance imaging (MRI), and computed tomography (CT) scans were the most common diagnostic tests, according to the percentage of panelists ranking them as being performed regularly or always (Figure 1B). Forty percent of panelists reported that systematic screening for CIN/cervical cancer was performed regularly or always (not shown). Systematic screening typically occurred 2-3 times per year in women of median age 25 (IQR, 25-35).

Among dermatologists, diagnostic tests reported to be performed regularly or always in patients with genital warts included assays for hepatitis B, hepatitis C, HIV, and syphilis; anoscopy; and, in women, cervical cytology tests and colposcopy (Figure 1C). Most panelists reported that revision (ie, a control visit) was conducted (80%) and laboratory tests were requested (60%) regularly or always for the sexual partners of patients with genital warts (not shown).

Availability of Treatment Guidelines and Resources
Most gynecologists and oncologists (60%) reported the availability of treatment guidelines for CIN/cervical cancer at their institution, and 80% reported the availability of all resources needed to treat CIN/cervical cancer according to the guidelines. In contrast, most dermatologists (80%) reported that treatment guidelines for genital warts were not available at their institution, with 3 of 4 reporting that at least some resources for treating genital warts were lacking.

Outpatient Visits and Hospitalizations
Gynecologists and oncologists estimated an institution-wide total of 20 outpatient visits (to oncologists or similar health care providers) per year for CIN and 50 outpatient visits per year for cervical cancer (Table 2). The number of hospitalizations per year was estimated at 15 for CIN and 11 for cervical cancer. The estimated length of hospitalization was 1 day for CIN and 7 days for cervical cancer. Panelists reported an average of 4 follow-up visits for CIN/cervical cancer per patient per year.

Among dermatologists, the majority (60%) reported that patients with genital warts were never admitted to the hospital for treatment, although 2 panelists reported that hospitalization occurred sometimes

| Table 1. Practice Characteristics* |
|-----------------------------------|
| Characteristics                  | n=10 |
| Cervical cancer, CIN             |     |
| Percentage of total patients per month | 11% (10-20) |
| CIN stage                        |     |
| 1                                |     |
| 18% (15-50)                      |     |
| 2                                |     |
| 28% (15-40)                      |     |
| 3                                |     |
| 23% (10-30)                      |     |
| Duration of follow-up per case, years | 10 (5-24) |
| Age distribution                 |     |
| CIN patients <30 years           |     |
| 10% (5-20)                       |     |
| Cervical cancer patients <40 years | 18% (10-25) |
| Physician-estimated incidence of cervical cancer, cases per year | 2800 (1500-4000) |
| Genital warts                    | n=5 |
| Percentage of total patients per month | 4% (2-5) |
| Duration of medical practice treating patients with genital warts, years | 25 (17-38) |
| Distribution of patients         |     |
| Male                             |     |
| 65% (60-66)                      |     |
| Female                           |     |
| 35% (34-40)                      |     |
| Aged <20 years                   |     |
| 13% (10-20)                      |     |
| First presentation               |     |
| 70% (50-90)                      |     |

Abbreviation: CIN, cervical intraepithelial neoplasia.
*Values are presented as median (interquartile range).
(n=1) or always (n=1). Panelists estimated that patients with genital warts had an average of 12 follow-up visits per year.

### Table 2. Outpatient Visits and Hospitalizations for Cervical Cancer or CIN

| Health Care Resource Use               | (n=10)         |
|---------------------------------------|----------------|
| Outpatient visits to oncologists per year | 20 (0-20)     |
| Cervical cancer                       | 50 (15-150)   |
| Hospitalizations per year             | 15 (0-50)     |
| Cervical cancer                       | 11 (10-80)    |
| Length of hospital stay, days         | 1 (0-3)       |
| Cervical cancer                       | 7 (4-10)      |

Abbreviation: CIN, cervical intraepithelial neoplasia.

*Values are presented as median (interquartile range).

### Treatments for Initial and Recurring Cases

For CIN, 70% of gynecologists and oncologists reported that conization was regularly or always used as a treatment (Figure 2A). The majority of panelists reported that large loop excision of the transformation zone (60%), trichloroacetic acid (70%), and laser surgery (90%) were never used as treatments for CIN. Treatments used regularly or always for cervical cancer included chemotherapy (80%), hysterectomy (70%), and radiation (70%) (Figure 2B). According to 80% of panelists, complications of treatment for CIN/cervical cancer occurred “sometimes.” Complications occurring sometimes or regularly included bleeding (90%) and infection (100%). Recurrence of disease after treatment for CIN/cervical cancer occurred sometimes (80%) or regularly (10%). For recurrence of CIN, conization (40%) and hysterectomy (40%) were the treatments used regularly or always (Supplementary Figure S1A). For recurrence of cervical cancer, hysterectomy, chemotherapy, and radiation became less frequent than during initial treatment but were still used by the majority of panelists at least sometimes (Supplementary Figure S1B).

For genital warts, 100% of dermatologists reported cryotherapy to be the first-line treatment of choice (regularly or always; Figure 3A). Cryotherapy remained in routine use as a second-line therapy (20% regularly, 20% sometimes), but excision and laser surgery became second-line options for regular use by 25% and 20% of panelists, respectively (Figure 3B). According to 60% of panelists, complications occurred sometimes or regularly in patients treated for genital warts. Complications included bleeding (40% regularly), infection (60% sometimes), and deformity (40% sometimes). Recurrence after treatment for genital warts was reported to occur sometimes (40%) or regularly (40%). All panelists reported using cryotherapy (40% regularly, 60% always) for recurring cases of genital warts (Supplementary Figure S1C).

### Referrals

According to gynecologists/oncologists, patients with CIN/cervical cancer are referred to other specialties sometimes (70%) or always (20%). Specialties to which these panelists refer patients with CIN/cervical cancer regularly or always include surgeons (10%), gynecologists (50%, all from oncologists), and psychologists (40%). All dermatologists sometimes (80%) or regularly (20%) referred patients with genital warts to other specialists, generally to other dermatologists or to gynecologists.

### Costs

The estimated costs for diagnosis, treatment, and recurrence of CIN/cervical cancer and genital warts are shown in Table 3. Overall, costs for cervical cancer were higher than for the other diseases with median (IQR) costs of 53,750 DZD (31,500-74,750) for cervical cancer, 67,500 DZD (47,500-115,000) for CIN, and 160,750 DZD (14,350-163,250) for genital warts. Initial treatment costs were higher than recurrence costs for cervical cancer (650,000 DZD versus 431,250 DZD), whereas recurrence incurred higher costs than initial treatment for CIN (77,750 DZD vs 19,750) and genital warts (92,500 DZD vs 7500-8000 DZD). Hospitalization contributed the bulk of annual costs for cervical cancer (975,000 DZD), whereas outpatient visits represented a larger proportion of the annual costs of CIN (60,000 DZD).

### DISCUSSION

This study gives a first estimation of the diagnosis and treatment patterns, HCRU, and costs associated with cervical cancer, CIN, and genital warts in Algeria. Diagnosis and treatment patterns and HCRU estimates were obtained from a panel of experts practicing in Algeria, and total costs were calculated by synthesizing panelist responses with public and private data sources on individual cost line items.

The diagnosis and treatment patterns reported by the panelists in this study were generally in line with international recommendations. The European Society for Medical Oncology’s guidelines on the diagnosis, treatment, and follow-up of cervical cancer state that colposcopy, biopsy, or excisional procedures are appropriate responses to an abnormal cytology result or a positive HPV test. Upon histological confirmation of cancer, first-line treatment options are conization, simple hysterectomy, or radical hysterectomy; MRI and CT are among the techniques used to visualize the tumor. Radiation and chemotherapy are available as adjuvants to surgery in specific cases. In the current study, a majority of the panelists reported using

| Table 3. Costs Associated With Cervical Cancer, CIN, and Genital Warts in Algeria |
|----------------------------------------|-----------------|-----------------|-----------------|
|                                       | Cervical Cancer | CIN             | Genital Warts   |
| Diagnosis, per patient                | 53,750 (31,500-74,750) | 67,500 (47,500-115,000) | 160,750 (14,350-163,250) |
| Initial treatment, per patient        | 650,000 (350,000-1,050,000) | 19,750 (0.00-35,000) | First line: 8000 (77,500-11,125) |
| Second line: 7000 (6000-8375)         |                 |                 | Second line: 7000 (6000-8375) |
| Treatment for recurrence, per patient | 431,250 (312,500-550,000) | 77,750 (87,500-117,500) | 9250 (87,500-11,125) |
| Outpatient visits, per year           | 150,000 (45,000-450,000) | 60,000 (0-60,000) | — |
| Hospitalizations, per year            | 975,000 (525,000-1,500,000) | 50,000 (0-150,000) | — |

Abbreviation: CIN, cervical intraepithelial neoplasia.

* Costs are reported as median (interquartile range) in DZD.
biopsy, MRI, and CT regularly or always for the diagnosis of cervical cancer, in accordance with the guidelines. Similarly, hysterectomy, chemotherapy, and radiation were all used regularly or always by a majority of panelists to treat cervical cancer.

The 2019 International Union Against Sexually Transmitted Infections (IUSTI)-Europe guideline for the management of anogenital warts recommends visual inspection as the best method for diagnosis, stating that biopsy and HPV testing are not necessary. The practices of the panelists in the current study were in line with these recommendations; no physicians used biopsy and HPV testing more than “sometimes,” and diagnostic tests generally focused on a broader assessment of sexually transmitted and other infections. For treatment, the IUSTI-Europe guideline recommends topical agents and surgical removal. Cryotherapy is another recommended treatment, with clearance rates equal to or better than chemical agents. In the current study, cryotherapy was the most frequently used treatment for genital warts.

In estimates of HCRU for genital warts in Algeria, most panelists reported that patients with genital warts were never admitted to the hospital and that each case of genital warts required an average of 12 follow-up visits per year. A systematic review of studies published through 2010 found that physician visits per genital warts episode ranged from 2.8 to 4.7. Several publications thereafter confirm this range.

The total estimated cost per patient with genital warts in Algeria (diagnosis, first- and second-line treatment, and recurrence combined) was 40,825 DZD, which is equivalent to US $308 (using an online currency converter on April 13, 2021). The systematic review mentioned above reported a range of costs per episode of genital warts in different countries, from $168 to $1,196 (in 2009 US dollars).

The panelists in this study provided estimates of the incidence of cervical cancer and the prevalence of genital warts in Algeria. Other sources of data on cervical cancer in Algeria include the HPV Information Centre and the GLOBOCAN series of analyses. Based on the GLOBOCAN 2020 fact sheet, a total of 1,663 new cases of cervical cancer were observed in 2020, with a 5-year prevalence of 4,499 across all age groups. The incidence estimate given by the panelists in this study (2,800 cases per year) falls within these two values, suggesting that the participating physicians had an accurate view of the annual caseload. According to the HPV Information Centre, the incidence of cervical cancer in Algeria peaks in women aged 50-60, which is consistent with the panelists’ estimates of age in the current study (10% of CIN patients under age 30, 18% of cervical cancer patients under age 40). To our knowledge, there are no extant data on genital warts in Algeria, but the estimate of 2% to 8% prevalence in men and 2% to 3% prevalence in women is consistent with reported values from other African countries.

According to the HPV Information Centre, Algeria has a national cervical cancer screening program. In this program, screening is conducted every 3 years starting at age 25 or 30, and cytology is the primary diagnostic test used. Responses from the panelists in the current study suggest that this screening program is not being implemented to

Figure 3. (A) First-line and (B) Second-line Treatments for Genital Warts

Abbreviation: TCA, trichloroacetic acid.

\( n=4 \) for excision as second-line treatment.
its full extent, since just 40% reported that systematic screening for CIN/cervical cancer was performed regularly or always. However, this is an improvement over data from 2001-2007 showing that screening coverage was at just 2% of the target population. In addition, the median age at screening reported by the panelists in the current study (25 years) matches the program’s specifications, and 60% of panelists agreed that cytology tests were performed regularly or always for the diagnosis of CIN.

Algeria does not have a formal HPV vaccination program. However, like most North African countries, it has vaccination programs for communicable diseases including tuberculosis, diphtheria, pertussis, tetanus, polio and measles. Algeria also vaccinates against influenza (in the elderly) and hepatitis B. Thus, there is potential for HPV vaccination to be implemented along with current vaccination strategies. Barriers to HPV vaccination include lack of awareness or acceptance of the vaccine, and limited financial and infrastructural resources.

Considering the scarcity of data from Algeria on the management of HPV-related diseases, the current study provides valuable new and novel information on the prevalence of genital warts and the management of cervical cancer, CIN, and genital warts. The panelists’ answers offer insight into the current diagnosis and treatment patterns for cervical cancer, CIN, and genital warts in Algeria, as well as estimates of the resource use associated with each condition.

Despite these strengths, this study has several limitations. First and foremost, the results are based on answers to a questionnaire that, due to lack of other data, could not be compared or verified against other sources such as electronic medical records or health insurance databases. However, we note that previous studies of the HCRU and costs associated with warts in other countries have used expert opinion as a data source. In addition, the results reported here are from a panel of 15 oncologists, gynecologists, and dermatologists so the results may not be representative of trends observed in the entire country. Second, this study did not calculate the actual economic burden of HPV-related diseases in Algeria but rather estimated the costs based on the answers to the questionnaire plus local cost data. It is highly likely that the costs were underestimated, as costs related to laboratory tests and nursing were not included. The estimated costs reported here likely represent the minimum of anticipated costs. Third, the study design is prone to bias via the selection of experts who could underestimate or overestimate the quantity of cervical cancer, CIN, and genital warts in Algeria, or report management practices that are influenced by their field of specialty. To minimize this bias, we selected experts in their field of specialty. To minimize this bias, we selected experts in their field of specialty. To minimize this bias, we selected experts in their field of specialty.

In conclusion, this study investigated the management of patients with cervical cancer, CIN, or genital warts in Algeria and provided the first estimates of diagnosis and treatment patterns, HCRU, and costs associated with these conditions. These resource use and cost estimates highlight the need to develop prevention strategies for HPV-related pathologies.

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