Selection of promissory crops of wild cherry-type tomatoes using physicochemical parameters and antioxidant contents

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ABSTRACT: Tomato is considered a fruit with a high food demand across the world due to its high antioxidant capacity. Lycopene content in tomato has been widely studied, particularly in cherry-type tomatoes which are considered a high source of lycopene for humans. The aim of this study was to analyze the differences in terms of concentration and variation of diverse physicochemical parameters of quality (acidity, vitamin C, pH, °Brix, color coordinates L*, a* and b*) and antioxidants like β-carotene and lycopene in 11 accessions of cherry-type tomatoes, considering the advantages of antioxidants for human health. Multicriteria analysis and other tests showed substantial differences among the accessions. IAC401 was associated with the best physicochemical characteristics of a promissory cherry-type tomato for cultivation due to its association with functional food, followed by IAC426R and IAC1624. This study allowed an innovative association of physicochemical characteristics and antioxidant contents of cherry-type tomatoes through multicriteria analyses which enable the analysis, elimination, and proposal of promising accessions for their use in future crops which will promote the best intrinsic features of tomato to be used in the studied region. In this case accessions with the highest scores offer not only optimum amounts of antioxidants and highest levels of organic acids and sugars.

Key words: lycopene, β-carotene, vitamin C, soluble solids, Solanum lycopersicum var. cerasiforme.

INTRODUCTION

Cherry-type tomato (Solanum lycopersicum) represents one of the most prized fruits across the world due to its properties and physicochemical attributes, especially because of its high antioxidant content and vitamin C (Tian et al. 2016). Main carotenoids synthesized from tomato are phytoene, phytofluene, lutein, β-carotene, and lycopene (Coyago-Cruz et al. 2018), which are tetraterpenes. Lycopene and β-carotene act as natural lipophilic antioxidants, which are widely known for their activity in cancer prevention, heart disease and immunological system protection (Tian et al. 2016).

In tomato, lycopene concentrations oscillate between 8 to 40 mg of lycopene/kg (Giudice et al. 2017). It is the primary cause of the red pigment in tomato (Ayala-Zavala et al. 2008). Besides, lycopene is a strong sequester of...
singlet oxygen twice times more powerful than β-carotene (Teixeira et al. 2009). β-carotene is the most powerful precursor of vitamin A (Lucini et al. 2012). These antioxidants are associated with intrinsic properties and physicochemical parameters (i.e. acidity, pH, soluble solids) of tomato. They also have strengthened the concept of the quality of tomato beyond its external features (weight, shape, color, size) (Coyago-Cruz et al. 2018). This set of characteristics must be considered when consumers need a fruit with optimal nutraceutical, appetizing and functional properties. Tomato intake helps to prevent cardiovascular diseases and cancer because of the benefits provided by the lycopene to human health (Thies et al. 2016). One of the most special mechanisms in the cancer-cell description is the “Warburg effect” (Corbet et al. 2016), which makes cancer cells extracellular microenvironment acid by the conversion of pyruvate in lactic acid which activates the glycolysis even in the presence of oxygen. Cancer cells adapt to pH and proliferate; however, normal cells suffer from failed programming which may trigger mutations due to the acidic condition. Also, they inhibit the function of natural killers and T cells, which oversee tumor suppression (Rabiee et al. 2018).

Cherry-type tomato is valuable because it contains interesting lycopene concentrations than other tomato cultivars, such as the chonto-type tomato (Aguirre and Cabrera 2012). Cherry wild tomato genotypes keep this trait and have a higher content of sugars at a maximum ripening stage (Aldrich et al. 2010), a condition which makes cherry-type tomato sweeter and thus appetizing, intensifying flavor and aroma of this fruit. This situation has triggered information related to extraction, separation and quantification methods in this matrix.

Choosing carotenoids extraction techniques is the most critical criterion for effective extraction and mainly depends on the carotenoid composition. Acetone/hexane extraction is generally used for polar and nonpolar antioxidants (Poojary and Passamonti 2015; Giudice et al. 2017). However, there are some other types of clean extraction methods, different from the conventional methods, which offer an advantage because they do not use toxic solvents (Zanfini et al. 2017; Coyago-Cruz et al. 2017; Schweiggert et al. 2017; Melfi et al. 2018; Coyago-Cruz et al. 2018).

To contribute to the strengthening of the productive local chains, this study aimed to analyze the variation of physicochemical parameters of quality and the differences in concentration of antioxidants, β-carotene and lycopene, in 11 accessions of wild cherry-type tomatoes. This work proposes promissory material for commercialization using decisional multicriteria analysis based on nutritional requirements to be also considered as a functional food.

MATERIAL AND METHODS

Plant material

Wild cherry-type tomatoes analyzed belong to Agronomic Institute of Campinas, Brazil (IAC1621, IAC1624, IAC391, IAC401, IAC412, IAC426 and, its variant named IAC426R), and accessions from the Tomato Genetics Resources Center (TGRC) of the University of California, Davis (LA1480, LA1705, LA2076, and LA2692). The fruits were collected from intermediate infructescence of crops cultivated under hydroponic conditions. The selected accessions were considered as promissory according to morphoagronomic parameters proposed by Agudelo et al. (2011). The analyzed tomato accessions, color, shape, fruit weight and origin are shown in Table 1.

Samples preparation

Tomato fruits were selected at full ripening stage. For red common tomato, fruit was selected at five stage with more than 90% of its surface showing the red color according to NTC 1103-1. Yellow and pink tomatoes were collected with a stable and uniform color at ripening. One hundred grams of fruit were homogenized for 60 s at 25 °C according to Servili et al. (1998). Tests were performed with fresh homogenized juice without the addition of any other components. Samples were analyzed by triplicate.
Assessment of the physicochemical parameters

Titratable acidity (TTA) expressed as the percentage of citric acid 100·g⁻¹ was determined using 7 g of tomato juice dissolved in 100 ml of distilled water by titration with NaOH 0.1 N and phenolphthalein, according to the methodology used by Fabro et al. (2006), which is also specified in NTC 4623 (ICONTEC 1999 a). The content of the TTA in the sample was determined based on Eq. 1:

\[
\text{TTA} (\%) = \frac{(V \text{ NaOH} \times N \text{ NaOH} \times 0.064 \times 100)}{V \text{ sample}}
\]  

Vitamin C was achieved with 15 g of tomato juice dissolved in 15 ml of distilled water for titration with iodine solution in 24.1 mmol·L⁻¹ and starch at 1% and HCl at 15% as previously used by Aguirre and Cabrera (2012) and specified in NTC 440 (ICONTEC 1996).

The pH of the fruit was analyzed with pHmeter type HI-9126 (Hanna Instruments, Romania, Europe). Soluble solids (SS) content expressed as °Brix, (at 20 °C) was analyzed in ABBE refractometer type WYA-2S (Optic Ivymen System, China) according to NTC 4624 (ICONTEC 1999 b). Finally, fruit color was analyzed measuring in the middle point between the base and the calyx area of each tomato with colorimeter type WR-10 (FRU, China), analyzing L*, a* and b* coordinates.

Extraction and quantification of antioxidants

β-carotene and lycopene were determined according to the method previously used by Aguirre and Cabrera (2012). Extraction was performed with 0.6 g of tomato juice. Five milliliters of acetone:hexane solution (4:6) were added and centrifuged at 5000 rpm for 5 min at 4 °C. The supernatant was analyzed and measured in a visible light spectrophotometer at four different wavelengths: 453, 505, 645 and 663 nm. Lycopene and β-carotene concentrations were obtained using Eqs. 1 and 2, respectively (Nagata and Yamashita 1992):

\[
\text{Lycopene (µg·ml⁻¹)} = 0.0458*A663 + 0.204*A645 + 0.372*A505 - 0.0806*A453
\]  

\[
\text{β-carotene (µg·ml⁻¹)} = 0.216*A663 - 1.220 *A645 - 0.304 *A505 + 0.452*A453
\]  

Table 1. Analyzed accessions of wild cherry-type tomatoes.

| Code   | Country of origin | Fruit Color | Fruit Shape | Average fruit Weight (g) |
|--------|-------------------|-------------|-------------|--------------------------|
| LA1480 | Ecuador           | Red         | Round       | 19.9                     |
| IAC1621| Brazil            | Red         | Round       | 20.1                     |
| IAC1624| Brazil            | Red         | Round       | 24.1                     |
| LA1705 | Mexico            | Yellow      | Round       | 16.2                     |
| LA2076 | Bolivia           | Red         | Round       | 12.7                     |
| LA2692 | Peru              | Red         | Round       | 16.29                    |
| IAC391 | Brazil            | Red         | Round       | 26.4                     |
| IAC401 | Brazil            | Red         | Round       | 11.4                     |
| IAC412 | Brazil            | Pink        | Round       | 21.6                     |
| IAC426 | Brazil            | Red         | Oval        | 16.4                     |
| IAC426R| Brazil            | Red         | Round       | 18.5                     |

IAC: Accessions from the Agronomic Institute of Campinas, Brazil; LA: Accessions from the Tomato Genetics Resources Center (TGRC) of the University of California, Davis.
Statistical analysis

Data collected were processed in the SPSS program v.24 (IBM Corp, 2016). Assumptions of normality and homoscedasticity were verified (Shapiro–Wilk test and Levene’s test). To analyze the differences between accessions, an ANOVA or a Kruskall–Wallis test was applied (depending on Shapiro–Wilk and Levene’s tests). The analysis was simultaneously complemented with the Duncan’s or Dunn’s tests, respectively, with differences at p < 0.05. Multivariate analysis (PCA) and heat map containing the effect of all variables were performed in the 11 accessions.

A multicriteria decision making (MCDM) was performed with highlighted accessions in at least one of the physicochemical parameters of interest. For this analysis, the data were first standardized due to the diversity of the measurement scales.

After that, an assignment mechanism of appropriate weightings was performed for decision criteria. Due to the relatively unexplored nature of this methodological application within this field of science, the attainment of a combined weighting was used between a subjective and objective strategies.

On the first strategy, four experts were asked to prioritize the variables (pH, lycopene, β -carotene, acidity, °Brix, and vitamin C), according to their relevance for the selection of the most promissory accession. Weights obtained were averaged among the diverse assessments generated by experts. The entropy criterion methodology was used for the attainment of objective weightings, which is based on the amount of intrinsic information provided by the data themselves, by assessing their variability and weighting their occurrence probabilities (Amorocho-Daza et al. 2019). Under this perspective the preferential weightings resulting from the combination of both procedures were averaged. Preference ranking organization method for enrichment evaluation (PROMETHEE) was used as a MCDM method, which makes use of the over-ranking scores for a set of alternatives to be prioritized and then selects among multiple peer-to-peer criteria that oppose each other (Polat 2015). This method finally shows an over-ranking netflow (ϕ) where accession with the highest score is considered outranking in this study, according to physicochemical parameters and antioxidants contents.

RESULTS AND DISCUSSION

Physicochemical parameters and concentration of antioxidants from the 11 accessions of wild cherry-type tomatoes confirmed high variability, which can be mostly given by genetic variability or specific crop conditions as the irrigation deficit, available nitrogen concentration, among others (Coyago-Cruz et al. 2018).

Physicochemical parameters

Cherry tomato accumulates glucose and fructose, phenols, minerals and organic acids that make part of the SS and contribute to fruit flavor. The content of SS increases with some crop environmental conditions and ripening stages (Agius and Tucher 2018). Studies in this type of tomato indicate that the content of SS increases with the irrigation deficit on the crops which intensifies its flavor and therefore, the quality of the fruit (Coyago-Cruz et al. 2018). According to Ayala-Zavala et al. (2008), tomato fruit counts with 4.35 ± 0.07 °Brix. Besides, Carbonell-Barrachina et al. (2006) found values of soluble solids (SS) in traditional varieties of tomato with ranges approximately between 3 to 5 °Brix. In this study, ANOVA for SS showed significant differences ranging from 3.87 °Brix in IAC412 to 8.10 °Brix in IAC1621 (Fig. 1a). SS values was highest in IAC1621, IAC401, LA2076, IAC426, IAC391, and LA2692 (8.10 to 6.80), and lowest in IAC1624, IAC426R, LA1480, LA1705, and IAC412 (5.70 to 3.87). High values of SS are a desirable feature mainly on the cherry-type tomato (Carbonell-Barrachina et al. 2006).

Optimum pH for microorganism’s growth is close to neutrality at around 7.8 (Ramos and Zúñiga 2008). For this reason, low pH values in fruits can be used as an intrinsic defense mechanism against the colonization of microorganisms. However, there are microorganisms that grow in lower pH conditions than the optimum. The pH of each accession was quite variable as
it was grouped in three sets which represent different ranges (Fig. 1b). The first group constituted by LA1480, IAC1621, IAC1624, LA1705, LA2076, LA2692 and IAC412 with the low pH values, the lowest value was 3.85 in IAC412. The second group was composed by IAC426, and IAC426R. A pH of 4.38 and 4.35 was found for IAC391 and IAC401 respectively in the third group. The authors of this work conclude that pH in the cherry-type tomato is mildly acidic. This value is related to the total acidity concentration that a tomato can exhibit.

Vitamin C is one of the water-soluble antioxidants in tomato which significantly reduces the adverse effects of the oxygen and the reactive nitrogen (Bhandari and Lee 2016), contributing to the prevention of diseases as a lipophilic antioxidant (García-Valverde et al. 2013). For vitamin C and TTA, three groups among the accessions were differentiated. The first group corresponds to lowest concentration of vitamin C (LA1480, LA1705, IAC426, and IAC426R), which is also the group with the lowest concentration of titratable acidity of cherry tomato analyzed, containing 10 mg·kg⁻¹ or less (Fig. 1c). The second group is related to IAC391, IAC1621, IAC1624, IAC412, and LA2692. The third group was constituted by IAC401, which presented levels of ascorbic acid of 50 mg·kg⁻¹.

The acidity values are associated with vitamin C content and other organic acids. IAC401 presented the highest percentage with 1.09% of citric acid·100 g⁻¹ of LA1705 presented the lowest percentage with an acidity of 0.49% of citric acid·100 g⁻¹ (Fig. 1d). Aguirre and Cabrera (2012) found values of ascorbic acid for cherry tomatoes from 33 to 73 mg·100 g⁻¹ for IAC426, LA1705, and LA1480. (Nour et al. 2013) found values higher than 91.9 mg·kg⁻¹ in tomato. For this reason, IAC401 among the assessed fruit can be used as a natural source of vitamin C. The suggested percentage of ascorbic acid in a daily intake for an adult is 75–90 mg per day (FAO and WHO 2001). In this sense, by consuming some fruits of IAC401, a person obtains approximately 100 mg·kg⁻¹ of vitamin C.

Color parameters indicate the ripening degree of a fruit (Fernández-Ruiz et al. 2010). Regarding the color of wild cherry tomato accessions, the distribution of L* value (Fig. 2a) that corresponds to the brightness of the color was higher in LA1705 (54.433) and lower in IAC1621 (30.24). The a* value (Fig. 2b), that indicates redness, was highest in IAC1624 fruits and lowest in IAC412 and LA1705. The value b* (Fig. 2c) indicates yellowness and was higher in LA1705 (36.18).
and lower in IAC412 (12.74). These values could be associated with concentrations of lycopene, as the conditions of the crop take part of the proper ripeness of the fruit of the conventional tomato, specially the temperature which also has an impact on its development. This antioxidant increases on the last stage of ripening and provides the characteristic red color of tomato (Nour et al. 2013).

**Antioxidants concentration**

β-carotene, α-carotene, and lycopene are the most active and important carotenoids for humans (Teixeira et al. 2009). β-carotene is the second most known antioxidant in the cherry-type tomato after lycopene. It has been related along with vitamin C in the prevention of cardiovascular diseases (Cortés-Olmos et al. 2014). β-carotene is the main precursor of vitamin A (Giudice et al. 2017), which is important for the human vision. β-carotene concentrations in this study were higher in IAC426R, IAC412, followed by IAC1624, LA1705, IAC401, LA1480, IAC1621 and, LA2076, and lower in IAC391, LA2692, and IAC426. The accession IAC426R presented the highest value of β-carotene with 0.00825 µg·mL⁻¹ and the lowest value for IAC426 with 0.00069 µg·mL⁻¹ (Fig. 2e). Studies performed by García-Valverde et al. (2013) related values of β-carotene ranging from 0.76 mg·kg⁻¹ on the green ‘Ronaldo’ tomato to 5.44 mg·kg⁻¹ fresh weight (pink pear tomato).
In addition, Aguirre and Cabrera (2012) reported values from 0.008 to 0.027 µg·mL⁻¹ for tomato. In a recent study, Coyago-Cruz et al. (2018) reported this antioxidant ranging from 1.8 to 37.9 mg·100 g⁻¹ fresh weight.

According to Tukey’s test, IAC426, IAC401, LA1480, IAC426R, LA2692, IAC1621, and IAC1624 presented the highest concentrations of lycopene (Fig. 2d), while IAC391, LA1705, IAC412, and LA2076 presented the lowest concentrations. IAC426 contained 0.01166 µg·mL⁻¹ of lycopene, the pink fruit IAC412 and LA2076 showed the lowest values of this antioxidant. Therefore, and according to the results, a relation with the content of antioxidants, such as lycopene and red pigment in tomato, could be established. Similar relations were estimated with L⁰, a* and b* values, which indicate ripening and, thus, relate the lycopene content (Fernández-Ruiz et al. 2010). Concentrations of lycopene depends on the tomato genotype, ripening stage and its interaction with the environment. Coyago-Cruz et al. (2018) found lycopene levels between 3.1 and 259.5 mg·100 g⁻¹ of dry weight in samples of diverse tomatoes cultivars, being higher at maximum ripening stage than in other stages (Bhandari and Lee 2016). The intensity of sunlight favors the biosynthesis of carotenoids (especially lycopene) (Aguirre and Cabrera 2012), as well as the temperature which the plants are established (Dumas et al. 2002).

The difference in lycopene concentrations in this study is explained by the genotype. Nevertheless, the general average values of antioxidants are significantly lower than that obtained with same accessions analyzed under field conditions by Aguirre and Cabrera (2012). The intensity of light is probably the factor that generated this difference.

In this sense, the values obtained can also differ depending on the type of extraction and quantification. The method used for this study through a spectrophotometry is considered easy, economical and fast (D’Souza et al. 1992; Aguirre and Cabrera 2012; Kavitha et al. 2014; Porto et al. 2016; Del Giudice et al. 2017), and is generally useful when associated with other parameters for a group analysis. Nevertheless, these measurements can be done through diverse techniques, many of them reported for tomato or related subproducts.

For PCA (Fig. 3a), the three first components presented a total of 79.2% of the data total variability. The graphic representation of the two first components summarizes to a large extent the fundamental differences existing among the accessions.

In synthesis, the average promissory fruits for growing are associated in the core of PCA (red circle). The accessions which are not selected as promissory due do their physicochemical characteristics are inside the black circle; and IAC401 is inside the green circle, which presented the highest level of acidity and vitamin C.

The heat map (Fig. 3b) confirm above mentioned. Accessions LA1705 and LA2692 had less intense colors, making them uninteresting in this analysis. It would be interesting to confront the physicochemical values of accessions, such as IAC401, with sensorial attributes, since they can be affected with unwanted bitter tastes (Tandon et al. 2003).

To perform the multicriteria decision analysis (Table 2), several aspects were considered. The first aspect was to exclude accessions with low values for the parameters of interest (IAC391, LA1705, LA2692). Once the study was performed, IAC401 with a ø (a) of 0.50 can be considered the most promissory to be taken as a functional food crop. In this order, the positive values of ø (a) were also obtained for IAC426 and IAC1624.

**CONCLUSION**

Physicochemical parameters of the cherry-type tomatoes reveal the differences regarding its genotype, since the accessions were cultivated under the same conditions and collected at ripening for subsequent analysis. Additionally, the Brazilian red accession IAC426 and IAC426R, belonging to the same accession, differ by the oval-round shape of the fruit respectively at a qualitative level. At a quantitative level, they showed a similar pH of 4.1 and differences on the total acidity, antioxidants concentration, and vitamin C content, in which IAC426R has the highest value.

Tomatoes present changing sizes and shapes, however, in terms of color, the accessions that were not red (LA1705 and IAC412) presented significant differences in physicochemical parameters, especially in color and in antioxidant contents.
The International Life Science Institute defines as a functional the food whose physiologically active components represent a benefit for human health beyond their basic benefits (Navarro-González and Periago 2016). *Solanum lycopersicum* var. *cerasiforme* tomato can be considered healthy and a functional food, due to its components.

In cooperation with all performed analysis and based on the multicriteria decision making, IAC401 and IAC1624 can be considered promissory for commercial seeding and for establishing as a functional food, due to the fact they present a low pH level, considerable levels of vitamin C, SS average values, and a higher lycopene and β-carotene content among the analyzed accessions.

Table 2. Multicriteria decision analysis by using the PROMETHEE method for the selection of the wild cherry-type tomatoes accession by means of physicochemical parameters and the antioxidants content.

| Accession | LA1480 | IAC1621 | IAC1624 | LA2076 | IAC401 | IAC412 | IAC426 | IAC426R |
|-----------|--------|---------|---------|--------|--------|--------|--------|---------|
| ϕ (a)     | 0.2787 | 0.4321  | 0.5244  | 0.3113 | 0.7164 | 0.3369 | 0.3918 | 0.5273  |
| ϕ (a)     | 0.5137 | 0.4690  | 0.3403  | 0.5625 | 0.2154 | 0.5283 | 0.5587 | 0.3310  |
| ϕ+ (a)    | -0.2349| -0.0369 | 0.1841  | -0.2512| 0.5010 | -0.1914| -0.1669| 0.1963  |

Figure 3. Comparison between accessions according physicochemical parameters A. PCA of the interaction of the studied physicochemical variables and wild cherry tomato accessions. B. Heat map based on the concentrations of the physicochemical variables evaluated in 11 accessions of wild cherry-type tomatoes.
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AUTHOR’S CONTRIBUTION

Conceptualization, Corpas E., Taborda G. and Londoño L. M.; Methodology, Tapasco O. and Baena A.; Investigation, Gonzalez J., Baena A. M., Tapasco O. and Londoño L. M.; Writing – Original Draft, Gonzalez J. and Londoño L. M.; Writing – Review and Editing, Gonzalez J., Londoño L. M. and Baena A. M.; Funding Acquisition, Corpas E. J. and Taborda G.; Resources, Corpas E. J. and Taborda G.; Supervision, Londoño L. M.

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