Sinomenine hydrochloride ameliorates dextran sulfate sodium-induced colitis in mice by modulating the gut microbiota composition whilst suppressing the activation of the NLRP3 inflammasome

YAN ZHOU1,2, SHUAI CHEN2, WENXIAN GU3, XIAO SUN1, LINXIAO WANG1 and LIMING TANG2

1Central Laboratory; Departments of 2Gastrointestinal Surgery and 3Pathology, The Affiliated Hospital of Nanjing Medical University, Changzhou No. 2 People's Hospital, Changzhou, Jiangsu 213003, P.R. China

Received January 27, 2021; Accepted July 2, 2021

DOI: 10.3892/etm.2021.10722

Abstract. Sinomenine is a pure alkaloid that can be isolated from the root of Sinomenium acutum and has been found to exert anti-inflammatory and immunosuppressive effects. The present study investigated the effects of sinomenine hydrochloride (SIN) on inflammation and the gut microbiota composition in the colon of mouse models of dextran sulfate sodium (DSS)-induced colitis. DSS-induced mice colitis was established by treating the mice with drinking water containing 3% (w/v) DSS for 7 days. The disease activity index of each mouse was calculated on a daily basis. All mice were sacrificed on day 11, then the weight of their spleen and length of their colons were measured. The histological analysis was measured by hematoxylin-eosin staining. Oral administration of SIN (100 mg/kg/day) attenuated the DSS-induced increases in the disease activity indices and spleen indices, DSS-induced shortening of the colon length and histological damage. In addition, reverse transcription-quantitative PCR data showed that SIN treatment effectively regulated the expression of inflammatory mediators, specifically by suppressing the expression of proinflammatory gene (TNF-α, IL-6 and inducible nitric oxide synthase) whilst increasing those associated with inhibiting inflammation (IL-10 and arginine 1). Gut microbiota analysis was conducted using 16S ribosomal DNA sequencing. The results revealed that SIN improved bacterial community homeostasis and diversity, which were damaged by DSS. Furthermore, western blotting showed that the activation of the NOD-, LRR- and pyrin domain-containing protein 3 (NLRP3) inflammasome was markedly suppressed by SIN treatment. In conclusion, these results indicated that SIN may ameliorate experimental colitis by modulating the gut microbiota composition and suppressing the activation of the NLRP3 inflammasome in mice. Overall, these findings suggested a broad protective effect of SIN in treating inflammatory gut diseases, including ulcerative colitis.

Introduction

Ulcerative colitis (UC) is a complex, chronic and non-specific inflammatory condition of the gastrointestinal tract (1). It is one of the most common subtypes of inflammatory bowel disease (2). The etiology of UC remains unclear, although it is considered to involve genetic, environmental and immunological factors, all of which contribute to the disease at least in part by interacting with the gut microbiota (3,4). In particular, the composition and function of the gut microbiota have been increasingly reported to influence the immune system and physiological functions in the colon (5). In fact, treatment options that are currently available for UC primarily focus on preventing colonic inflammation by restoring the composition of the gut microbiota (6,7).

The NOD-, LRR- and pyrin domain-containing protein 3 (NLRP3) inflammasome is a multi-protein complex comprising NLRP3, PYD and CARD domains that contain pro-caspase-1, which has been found to serve a role in UC (8). The NLRP3 inflammasome is stimulated by a diverse series of agonists (such as ATP and UV radiation, and pattern-associated molecular patterns derived from bacteria, virus, fungus, and protozoa) (9), before activates caspase-1, which results in the maturation of the proinflammatory cytokine IL-1β (10). It was previously reported that the activation of NLRP3 inflammasome served an inflammatory role in dextran sulfate sodium (DSS)-induced colitis (11).
Sinomenine (CAS: 115-53-7) is a pure alkaloid that was originally extracted from the Chinese herb, *Sinomenium acutum* (Rehder and Wilson) of the *Menispermaceae* family (12). Sinomenine hydrochloride (SIN) is a hydrochloride form of sinomenine that has attracted the interest of researchers due to its reported safety and potent anti-inflammatory and immunoregulatory effects both in vitro and in vivo (13,14). It has been reported that SIN demonstrated notable therapeutic efficacy for treating collagen-induced arthritis in a rat model (15). However, little is currently known of the potential effects of SIN on human UC. To date, several sinomenine derivatives or *Sinomenium acutum* extracts have been applied to treat rheumatoid arthritis in the clinic, such as Sinomone hydrochloride enteric-coated tablets (16). In addition, several pharmacokinetic studies of sinomenine have been performed, which suggested that sinomenine can be metabolized in humans and rats in vivo (17,18). In addition, sinomenine can be metabolized by human microsomal proteins in vitro (17,18). Liu et al (19) previously found that oral administration of sinomenine may be applicable for future clinical studies, because at a dosage of 90 mg/kg in rats, it achieved ~80% in terms of bioavailability. A previous study also demonstrated that SIN alleviated dextran sulfate sodium (DSS)-induced colitis in mice, by decreasing the levels of oxidative stress in the colon (20). However, to the best of our knowledge, whether SIN exerts effects on the composition of the gut microbiota remains to be investigated.

UC has been reported to be partially caused by disruptions in the balance between the immune system and the gut microbiota (21). Consequently, the present study aimed to assess the effects of SIN on colonic inflammation and the composition of gut microbiota in a mouse model of DSS-induced colitis. The present results may provide novel insights into the possible application of SIN as a therapeutic agent for regulating microbial homeostasis in UC.

Materials and methods

Reagents. SIN (cat. no. S105956) was purchased from Shanghai Aladdin Biochemical Technology Co., Ltd. and was dissolved in 0.9% NaCl. DSS (cat. no. 0216011080; molecular weight, 36,000-50,000 Da) was purchased from MP Biomedicals, LLC.

Animals and study design. In total, 15 female C57BL/6 mice (age, 6–8 weeks; body weight, 18-22 g) were purchased from Caven's Laboratory Animal Co., Ltd. (Changzhou, China). All animal experiments were approved by the Ethics Committee of Changzhou No. 2 People's Hospital [approval no. SCXX (SU) 2016-0010; Changzhou, China] and animal protocols were strictly conducted in accordance with the Animal Research: Reporting of in vivo Experiments guidelines (22). All mice were housed in pathogen-free animal facilities under a standard 12-h light/dark cycle at 25°C and 40-50% humidity. All mice were group-housed in a standard rodent unit with free access to food and water.

The 15 animals were randomized into the following three groups (5 mice per group): i) Control; ii) DSS model; and iii) DSS + SIN (100 mg/kg) groups. Colitis was not induced in the control group and these mice were fed with standard food and water during the whole experiment. Mice in the DSS and DSS + SIN groups were treated with 3% DSS, which was supplemented in drinking water, for 7 days and then provided with normal drinking water for 3 days for recovery (23). By contrast, mice in the DSS + SIN group were provided with 100 mg/kg SIN by oral gavage from days 1 to 10 daily. On day 11, all the mice were sacrificed by CO2 suffocation. The air replacement rate of CO2 was 10-30% of the container volume per min, which lasted for ~5 min.

During the experiment, body weight, stool consistency and fecal bleeding scores of each animal were observed to calculate the disease activity index (DAI) (15,24) every day. The scoring system for the DAI is presented in Table I. Following sacrifice, the spleens were obtained from each mice and weighed. Spleen index (%) = Spleen weight (mg)/body weight on day 11 (g) x 10. In addition, after the mice were sacrificed, the colons were removed from each mouse and the colon length was measured. The dissected colon tissues were then washed with cold PBS before one section of the distal colon was stored at -80°C for subsequent biochemical examination. The remaining tissue was fixed in 4% paraformaldehyde at room temperature for 24 h for further histopathological analysis.

Histological analysis. The fixed colon sections were dehydrated with an ascending ethanol gradient (70-100%) and embedded in paraffin before 4-µm colon sections were obtained and stained with the Hematoxylin-Eosin Staining Kit (cat. no. G1120; Beijing Solarbio Science & Technology Co., Ltd.) according to the manufacturer’s protocol (25). Briefly, the sections were deparaffinized in xylene at room temperature, rehydrated with a decreasing concentration of ethanol (100-70%) and washed with distilled water. The sections were incubated with hematoxylin solution for 10 min and eosin solution for 2 min, both at room temperature before being washed with water. The stained sections were dehydrated in an ascending ethanol gradient (90-100%), cleared with xylene and observed using a light microscope (magnifications, x40, x100 and x200; Olympus BX51; Olympus Corporation).

Measurement of colonic inflammatory cytokines. The mRNA expression levels of TNF-α, IL-6, IL-10, inducible nitric oxide synthase (iNOS) and arginase 1 (Arg1) in the colon tissues of mice were determined using reverse transcription-quantitative PCR (RT-qPCR). Total RNA was extracted from colon tissues using a RNAsimple Total RNA kit (cat. no. DP419; Tiangen Biotech Co., Ltd.) according to the manufacturer's protocol. Total RNA was reverse transcribed into cDNA using a PrimeScript™ RT reagent kit with gDNA Eraser (Perfect Real-time; cat. no. RR047A; Takara Bio, Inc.) at 37°C for 5 min and 85°C for 5 sec before the samples were cooled to 4°C. qPCR was subsequently performed using an AceQ® qPCR SYBR® Green Master mix (Low ROX Premixed; cat. no. Q313-02; Vazyme Biotech Co., Ltd.) on an ABI 7500 Real-time PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.). The following thermocycling conditions were used for the qPCR: Initial denaturation at 95°C for 5 min; followed by 40 cycles at 95°C for 10 sec and 60°C for 30 sec. The fold changes in the expression levels of each gene were calculated using the 2-ΔΔCt method (26). The
mRNA expression levels for each target gene were normalized to the expression levels of GAPDH. The primers used for the qPCR are listed in Table II.

**Gut microbiota 16S ribosomal (r)DNA analysis.** Murine fecal samples were collected between days 8 and 11 and then stored at -80°C for use in subsequent experiments. Bacterial DNA was isolated from the samples using an E.Z.N.A.™ stool DNA kit (cat. no. D5625-01; Omega Bio-Tek, Inc.) according to the manufacturer's protocol. Determination of DNA quality and 16S rDNA analysis were conducted by Guangzhou RiboBio Co., Ltd. DNA integrity was detected by 1% agarose gel electrophoresis, and was amplified using NEBNext® Ultra™ II Q5 Master Mix (cat. no. M0544L 250rxn; New England Biolabs, Inc.) for 15 cycles with a specific primer set containing the RiboBio® barcode (Guangzhou RiboBio Co., Ltd.). The products were verified using an Agilent 2200 Bioanalyzer (Agilent Technologies, Inc.). Bacterial 16S rRNA gene sequences (V3-V4 region) were performed using a MiSeq Reagent Kit v3 (600 cycle) (cat. no. MS-102-3003; Illumina, Inc.) on a Illumina HiSeq 2500 platform (Illumina Inc.) and 250 bp paired-end reads were obtained. The DNA loading concentration was 10 pmol, which measured using Qubit 2.0. The paired-end reads were merged using Fast Length Adjustment of SHort reads (27) and then assigned to each sample based on their unique barcodes conducted by QIIME software (version 1.7; QIIME development team; https://qiime.org/). Within-sample microbiota diversity (α-diversity) was evaluated using Chao1 and Shannon (28), which measured gut microbiota richness and evenness. Additional α-diversity assessment was performed with PD Whole Tree, which measure species phylogeny (29). All α-diversity indices were calculated with QIIME (version 1.7; QIIME development team). Principal component analysis (PCA) and principal coordinate analysis (PCoA) was measured at the operational taxonomic units (OTU) level and hierarchical clustering tree on Genus level to compare the differences among microbial communities (30). The community structure was based on the weighted UniFrac distance (31). In this study, the OTUs were clustered with a similarity cutoff value of 97% using UPARSE software (version 7.0) (32).

**Western blotting.** Total protein was extracted from colon samples using Western & IP cell lysis buffer (cat. no. P0013; Beyotime Institute of Biotechnology) supplemented with the PMSF protease inhibitor (Beyotime Institute of Biotechnology) according to the manufacturer's protocol. Protein concentration was determined using an Enhanced BCA Protein Assay kit (cat. no. P0010; Beyotime Institute of Biotechnology). Protein extracts were stored at -70°C until required for further experimentation. Proteins (40 µg/lane) were separated via 12% SDS-PAGE, transferred onto PVDF membranes (cat. no. IPVH00010; EMD Millipore) and blocked using blocking buffer (cat. no. P0023A-100 ml; Beyotime Institute of Biotechnology) for 2 h at 37°C. The membranes were then incubated with the following primary antibodies overnight at 4°C: Anti-NLRP3 (1:1,000; cat. no. ab210491; rabbit monoclonal; Abcam), anti-caspase-1 (1:1,000; cat. no. ab207802; rabbit monoclonal; Abcam) and anti-β-actin (1:1,000; cat. no. 4970T; rabbit monoclonal; Cell Signaling Technology, Inc.). Following primary antibody incubation, the membranes were washed with TBS-Tween 20 (0.05%) and incubated with an HRP-conjugated Affini-pure goat anti-rabbit IgG (H + L) secondary antibody (1:7,500; cat. no. BA1054; Boster Biological Technology) for 1.5 h at room temperature. All antibodies were diluted in the primary antibody dilution buffer (cat. no. P0023A-100 ml; Beyotime Institute of Biotechnology).

**Table II. Primer sequences for reverse transcription-PCR.**

| Gene | Sequences (5'-3') |
|------|-----------------|
| TNF-α | F: CATCTTCTCAAATTGAGTGCAC  R: TGGAGGTAGACAAGGTAACCC |
| IL-6 | F: GCTGGTGACAAACCCAGGCCCT  R: AGCCCTCACTTGTGGAATGTT |
| IL-10 | F: AGATGACACTCTTTGGGCTC  R: AGATGATGACCCTTTGGGCTC |
| iNOS | F: CCAACCTGAGGTCTCCGATG  R: GTCCATGACAACTGCGTGGAAC |
| Arg1 | F: GAACCAACTCCTTTGGGAGAC  R: GGAGAAGGCGTTTGCTGATTT |
| GAPDH | F: AAGGTCCGAGTCACAAGGATT  R: AGATGATGACCCTTTGGGCTC |

iNOS, inducible nitric oxide synthase; Arg1, arginine 1.

---

Table I. Disease activity index scoring system*.  

| Score | Weight loss (%)a | Stool consistency | Blood in stool |
|-------|------------------|-------------------|---------------|
| 0     | None             | Well-formed stools| Negative      |
| 1     | 1-5%             | Well-formed stools| Negative      |
| 2     | 6-10%            | Pasty stools that did not adhere to the anus | Hemoccult positive |
| 3     | 11-15%           | Pasty stools that did not adhere to the anus | Hemoccult positive |
| 4     | >15%             | Liquid stools that adhered to the anus | Gross bleeding |

*aThe disease activity index score=sum of the scores for weight loss, stool consistency and blood in stool/3.  
bBody weight change (%)=(Weight change at day X)-(Weight at day 1)/(Weight at day 1) x100.
Statistical analysis. All data are presented as the mean ± SEM. Statistical differences among groups were determined using Kruskal-Wallis followed by Dunn's test, one-way ANOVA and Sidak's multiple comparison test with GraphPad Prism 5 software (GraphPad Software, Inc.). P<0.05 was considered to indicate a statistically significant difference.

Results

SIN alleviates DSS-induced colitis in mice. Mice treated with 3% DSS developed severe colitis, which exhibited significantly higher DAI scores compared with those in control mice from day 6 (P<0.01; Fig. 1A). Notably, the DAI score of DSS + SIN group was decreased compared with that in the DSS group from day 4, though there was no statistical difference (Fig. 1A). SIN supplementation significantly reduced the DAI scores spleen indices compared with those in the untreated DSS-induced mice (Fig. 1B). DSS-induced colonic shortening

Protein bands were visualized using SuperSignal West Pico Chemiluminescent substrate (cat. no. 34077; Thermo Fisher Scientific, Inc.) and immunoblots were quantified using ImageJ version 1.8 software (National Institutes of Health).
was also significantly improved by SIN administration (Fig. 1C). Pathologically, the colons of mice in the control group had an intact structure (Fig. 1D). As the arrows indicated, gland defects, mucosal ulcerations and inflammatory cell infiltration were observed in the colons of DSS-induced mice, whilst SIN supplementation attenuated this histological damage (Fig. 1D).

**SIN regulates the expression levels of inflammatory cytokines in the colon.** As presented in Fig. 2A-C, the mRNA expression levels of TNF-α, IL-6 and iNOS were found to be significantly upregulated in the colon tissues of mice treated with DSS, whilst the combined treatment of DSS with SIN significantly suppressed the increased expression. DSS treatment significantly downregulated IL-10 and Arg1 mRNA expression levels in the colon compared with those in the control group, which were significantly reversed by SIN treatment (Fig. 2D and E).

**SIN moderates the gut microbiota composition in the colons of mice.** The species abundance and community composition of the gut microbiota in mice from the different treatment groups were analyzed using 16S rDNA sequencing. On the phylum level, the relative abundance of Bacteroidetes in mice was markedly reduced following DSS treatment, which was partially reversed following SIN treatment (Fig. 3A). Conversely, the relative abundance of Firmicutes and Proteobacteria was increased in DSS group compared with...
that in the control group (Fig. 3A). In the DSS + SIN group, the abundance of Proteobacteria was markedly decreased compared with that in the DSS-only group (Fig. 3A). On a class level, Bacteroidia, Clostridia and γ-proteobacteria were the dominant species present (Fig. 3B). Following DSS treatment, the abundance of Bacteroidia was decreased, whereas the abundance of Clostridia and γ-proteobacteria was increased compared with that in the control group (Fig. 3B). SIN treatment markedly reduced the abundance of γ-proteobacteria whilst increasing the abundance of Bacteroidia compared with that in the DSS-only group. However, no differences were observed in the abundance of Clostridia between the DSS and DSS + SIN groups (Fig. 3B).

Subsequently, comparisons of the α-diversity of different groups were performed using the Chao1 (29), Shannon (33) and PD-Whole tree indices (30). DSS treatment significantly decreased the α-diversity of gut microbiota community compared with that in the control group (Fig. 3C-E). Although those in the DSS + SIN group exhibited markedly increased Shannon and PD-Whole tree indices, the differences were not significant (Fig. 3D and E). A marked difference was identified in the microbial β-diversity based on principal coordinate and principal component analyzes between the DSS and control groups, whilst the microbial β-diversity in the DSS + SIN group appeared to be closer to that of the control group (Fig. 3F and G).
**SIN inhibits the activation of the NLRP3 inflammasome.**

The results in Fig. 4 revealed that activation of the NLRP3 inflammasome and cleaved caspase-1 expression levels were significantly increased following DSS treatment, whilst treatment with SIN markedly decreased both the activation of the NLRP3 inflammasome and downregulated the expression levels of cleaved caspase-1. However, no significance was observed in NLRP3 expression between the DSS and DSS + SIN groups. The expression levels of pro-caspase-1 remained unchanged following the different treatments (Fig. 4).

**Discussion**

Anti-inflammatory and immunosuppressive drugs are commonly used for treating UC in the clinic, with examples including glucocorticoids, azathioprine, biological agents, janus kinase inhibitors (TNF antibodies, ustekinumab, vedolizumab, and tofacitinib) and calcineurin inhibitors (34). However, these drugs can cause numerous side effects, such as Sweet's syndrome (35). Traditional Chinese herbal medicine has attracted interest due to its reported effects in preventing and controlling digestive diseases (36,37). Park et al (36) reported that pristimerin attenuated tumorigenesis in a mouse model of experimental colitis-associated colon cancer. In another study, Zheng et al (37) revealed that silibinin administration ameliorated colitis and inhibited colitis-associated tumorigenesis in a mouse model. Sinomenine can be extracted from the herb *Sinomenium acutum*, such that SIN is its form of hydrochloride (12). Given that there were few reports about the effects of SIN on diseases in the digestive system (20,38), the present study aimed to determine the possible effects and underlying mechanism of SIN on a mouse model of DSS-induced colitis, which has been previously found to successfully mimic the clinical symptoms of UC (39). Consistent with the findings of previous studies (20,38), the results of the present study revealed that the DAI and spleen indices were markedly increased, and colon length was shortened in DSS-treated mice compared with those in the control group. Notably, SIN treatment significantly attenuated the DSS-induced effects on the DAI, spleen index and colon length. Histological analysis revealed that SIN prevented crypt destruction and inflammatory cell infiltration caused by DSS treatment. These findings suggest that SIN may exert protective effects against UC in the colon of mice.

Recent studies suggested that inflammatory cytokines and mediators serve important roles in facilitating mucosal immune responses (40,41). High levels of inflammatory cytokines, including TNF, IFN-γ and IL-6 can cause intestinal dysfunction, which is associated with the severity of UC (42). Macrophages are abundant within the intestine, where its polarization occurs during the development of UC (43). M1 macrophages are characterized by the high expression levels of iNOS, which produce a wide range of proinflammatory cytokines, including TNF-α and IL-6, to aggravate UC (32,33). By contrast, M2 macrophages release anti-inflammatory mediators, including Arg1 and IL-10, to reduce UC symptoms (44,45). The present results...
revealed that SIN treatment significantly downregulated the DSS-induced upregulation of TNF-α, IL-6 and iNOS expression. Moreover, SIN treatment increased the production of IL-10 and Arg1, which were initially decreased by DSS.

Changes in the gut microbiota profile is considered to be one of the key factors associated with UC (46). The colonic immune system can be activated by gut microbiota (47). Loss of diversity in the species of flora in the gut can affect the host's gut immune responses, leading to increased risk of inflammation and pathological damage (48-50). The results of the present study demonstrated that SIN may exert an anti-colitis effect by modulating the gut microbiota composition. The loss of phylum Bacteroidetes (class Bacteroidia) species diversity in patients with UC was previously found, which was in accordance with the endoscopic index of severity (51,52). In the present study, DSS treatment decreased the phylum Bacteroidetes (class Bacteroidia) abundance, whilst SIN treatment increased the abundance compared with that in the DSS-only group. During gut inflammation, Enterobacteriaceae family (phylum Proteobacteria) has previously exhibited a dysbiotic expansion (53). The present study also observed that the phylum Proteobacteria and class γ-proteobacteria were expanded after DSS treatment, whilst SIN administration suppressed their abundance, compared with that in the DSS-only group. However, the mechanism through which SIN regulated the composition of the gut microbiota in this mouse model of colitis requires further investigation.

The NLRP3 inflammasome is a large multimeric protein complex (8). Activation of the NLRP3 inflammasome has been found to promote colon inflammation and DSS-induced UC by activating caspase-1 (54). In the present study, the expression levels of NLRP3 and caspase-1 in colonic tissues were analyzed, and the results demonstrated that SIN treatment inhibited the activation of the NLRP3 inflammasome in DSS-induced colitis.

In conclusion, the present results demonstrated that SIN treatment alleviated DSS-induced colitis not only by regulating the gut microbiota composition, but also by inhibiting the activation of the NLRP3 inflammasome. These beneficial effects may provide novel preclinical evidence for the potential application of SIN for treating UC.

Acknowledgements

Not applicable.

Funding

The present study was supported by grants from the National Natural Science Foundation of China (grant no. 81803498), China Postdoctoral Science Foundation (grant no. 2020M670012ZX), Jiangsu Natural Science Foundation (grant no. BK20181155), Jiangsu Planned Projects for Postdoctoral Research Funds (grant no. 2019K157), Changzhou Sci&Tech Program (grant no. CJ20200090), Young Science & Technology Project of Changzhou Health Commission (grant no. QN202032) and Funding from Young Talent Development Plan of Changzhou Health Commission (grant nos. CZQM2020071 and CZQM2020063).

Availability of data and materials

The datasets generated and/or analyzed during the current study are available in the Sequence Read Archive repository; https://www.ncbi.nlm.nih.gov/bioproject/739479.

Authors’ contributions

YZ designed the study and wrote the manuscript. YZ, SC, XS and WG conducted the experiments and performed the statistical analysis. YZ, LW and LT supervised the experiments, analyzed the data and revised the manuscript. YZ and LW confirm the authenticity of all the raw data. All authors have read and approved the final manuscript.

Ethics approval and consent for participation

Research involving animals was approved by the Ethics Committee of the Affiliated Changzhou No. 2 People’s Hospital of Nanjing Medical University (Changzhou, China). All animal protocols performed in this study were conducted strictly based on the guidelines of the Jiangsu Committee on Animal Care.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

References

1. Null KD, Xu Y, Pasquale MK, Su C, Marren A, Harnett J, Mardekian J, Manuichehri A and Healey P: Ulcerative colitis treatment patterns and cost of care. Value Health 20: 752-761, 2017.
2. van den Brink G, van Gaalen MAC, de Ridder L, van der Woude CJ and Escher JC: Health care transition outcomes in inflammatory bowel disease: A multinational delphi study. J Crohns Colitis 13: 1163-1172, 2019.
3. Munyaka PM, Rabbi MF, Khafipour E and Ghia JE: Acute dextran sulfate sodium (DSS)-induced colitis promotes gut microbial dysbiosis in mice. J Basic Microbiol 56: 986-998, 2016.
4. Alavala S, Sagaraju R, Nalbain N, Sahu BD, Jerald MK, Kilari EK and Sistla R: Stevioside, a diterpenoid glycoside, shows anti-inflammatory property against dextran sulphate sodium-induced ulcerative colitis in mice. Eur J Pharmacol 855: 192-201, 2019.
5. Klimesova K, Kverka M, Zakostelska Z, Hudcovic T, Hrncir T, Stepkova R, Rossmann P, Ridl J, Kostovicik M, Mracek J, et al: Altered gut microbiota promotes colitis-associated cancer in IL-1 receptor-associated kinase M-deficient mice. Inflamm Bowel Dis 19: 1266-1277, 2013.
6. Wang K, Jin X, You M, Tian W, Le Lou RK, Topping DL, Conlon MA, Wu L and Hu F: Dietary propolis ameliorates dextran sulfate sodium-induced colitis and modulates the gut microbiota in rats fed a western diet. Nutrients 9: 875, 2017.
7. Yeom Y, Kim BS, Kim SJ and Kim Y: Sasa quelpaertensis leaf extract regulates microbial dysbiosis by modulating the composition and diversity of the microbiota in dextran sulfate sodium-induced colitis mice. BMC Complement Altern Med 16: 481, 2016.
8. He R, Li Y, Han C, Lin R, Qian W and Hou X: L-Fucose ameliorates DSS-induced acute colitis via inhibiting macrophage M1 polarization and inhibiting NLRP3 inflammasome and NF-κB activation. Int Immunopharmacol 73: 379-388, 2019.
9. Davis BK, Wen H and Ting JP: The inflammasome NLRs in immunity, inflammation, and associated diseases. Annu Rev Immunol 29: 707-735, 2011.

10. Liu PJ, Zhang JM and He JJ: MAPK signaling mediates simonecine hydroxide-induced human breast cancer cell death via both reactive oxygen species-dependent and -independent pathways: An in vitro and in vivo study. Cell Death Dis 5: e1356, 2014.

11. Tong B, Yu J, Wang T, Dou Y, Wu X, Kong L, Dai Y and Xia Y: Simonecine suppresses colonitis-induced alterations by reciprocal modulation of regulatory T cells and Th17 cells in gut-associated lymphoid tissues. Mol Immunol 65: 94-103, 2015.

12. Huang RY, Pan HD, Wu QJ, Zhou H, Li ZG, Qiu P, Zhou YY, Chen XM, Xie ZX, Xiao Y, et al.: Comparison of combination therapy with methotrexate and simonecine or lenofumide for active rheumatoid arthritis: A randomized controlled clinical trial. Phytomedicine 57: 403-410, 2019.

13. Zhang M, Sun K, Wu Y, Yang Y, Tso P and Wu Z: Interactions between simonecine and Neisseria meningitidis lpxL1 mutant induces less pro-inflammatory cytokines than the wild type, and IL‑10 regulates the Neisseria meningitidis lpxL1 mutant-induced inflammatory response. Proc Natl Acad Sci USA 115: E2960-E2969, 2018.

14. Zhao L, Wang Y, Lin Y, Gao X, Cao Q, Cheng Y, Zhao D, Wang Z, Yang H, Wu Q, You L, Wang Y, Lin Y, et al.: Chronic stress promotes colitis by decreasing oxidative stress and inflammatory response via regulating TGF-β/Smad pathway in vitro and in vivo. Drug Des Devel Ther 14: 2393-2403, 2020.

15. Li X, Wang K, Wen Y, Zhang L, Tang XJ, Zhang HM, Zhao CQ, Liu PJ, Zhang JM and He JJ: MAPK signaling mediates simonecine hydroxide-induced human breast cancer cell death via both reactive oxygen species-dependent and -independent pathways: An in vitro and in vivo study. Cell Death Dis 5: e1356, 2014.

16. Long LH, Wu PF, Chen XL, Zhang Z, Chen Y, Li YY, Yin Y, Chen JG and Wang F: HPLC and LC-MS analysis of simonecine and its application in pharmacokinetic studies in rats. Acta Pharmacol Sin 31: 1508-1514, 2010.

17. Liu QZ, Chen K, Zhou H, Jiang ZH, Wong YF, Xu HX and Liu L: The pharmacokinetics and tissue distribution of simonecine in rats and its protein binding ability in vitro. Life Sci 77: 1997-2002, 2005.

18. Zhou Y, Liu H, Song J, Cao L, Tang L and Qi C: Simonecine alleviates dextran sulfate sodium-induced colitis via the Nrf2/NQO1 signaling pathway. Mol Med Rep 18: 2027-2036.e3, 2018.

19. Zhou X, Li W, Wang S, Zhang P, Wang Q, Xiao J, Zhang C, Zheng X, Xue J, Xue S, et al.: Dynamic changes and functions of macrophages and M1/M2 subpopulations during ulcerative colitis-associated carcinogenesis in an AOM/DSS mouse model. Cell Death Dis 9: 1239, 2018.

20. You L, Wang Y, Lin Y, Gao X, Cao Q, Cheng Y, Zhao D, Wang Z, Yang H, Wu Q, You L, Wang Y, Lin Y, et al.: Chronic stress promotes colitis by decreasing oxidative stress and inflammatory response via regulating TGF-β/Smad pathway in vitro and in vivo. Drug Des Devel Ther 14: 2393-2403, 2020.
51. Ishikawa D, Sasaki T, Osada T, Kuwahara-Arai K, Haga K, Shibuya T, Hiramatsu K and Watanabe S: Changes in intestinal microbiota following combination therapy with fecal microbial transplantation and antibiotics for ulcerative colitis. Inflamm Bowel Dis 23: 116-125, 2017.

52. Ishikawa D, Sasaki T, Takahashi M, Kuwahara-Arai K, Haga K, Ito S, Okahara K, Nakajima A, Shibuya T, Osada T, et al: The microbial composition of bacteroidetes species in ulcerative colitis is effectively improved by combination therapy with fecal microbiota transplantation and antibiotics. Inflamm Bowel Dis 24: 2590-2598, 2018.

53. Zhu W, Winter MG, Byndloss MX, Spiga L, Duerkop BA, Hughes ER, Büttner L, de Lima Romão E, Behrendt CL, Lopez CA, et al: Precision editing of the gut microbiota ameliorates colitis. Nature 553: 208-211, 2018.

54. Rathinam VAK and Chan FK: Inflammasome, inflammation, and tissue homeostasis. Trends Mol Med 24: 304-318, 2018.