Li⁺ INFLUX AND BINDING, AND Li⁺/Mg²⁺ COMPETITION IN BOVINE CHROMAFFIN CELL SUSPENSIONS AS STUDIED BY ⁷Li NMR AND FLUORESCENCE SPECTROSCOPY

Carla P. Fonseca¹², Liliana P. Montezinho¹², Graça Baltazar², Brian Layden³, Duarte M. Freitas³, Carlos F. G. C. Geraldes¹² and M. Margarida C. A. Castro¹²

¹Department of Biochemistry and ²Center for Neuroscience, University of Coimbra, P.O. Box 3126, 3000 Coimbra, Portugal
³Chemistry Department, Loyola University of Chicago, Chicago IL 60626, USA

ABSTRACT

Li⁺ influx by bovine chromaffin cells, obtained from bovine adrenal medulla, was studied in intact cell suspensions using ⁷Li NMR spectroscopy with the shift reagent [Tm(HDOTP)]⁴⁺. The influx rate constants, kᵢ, were determined in the absence and in the presence of two Na⁺ membrane transport inhibitors. The values obtained indicate that both voltage sensitive Na⁺ channels and (Na⁺/K⁺)-ATPase play an important role in Li⁺ uptake by these cells. ⁷Li NMR T₁ and T₂ relaxation times for intracellular Li⁺ in bovine chromaffin cells provided a T₁/T₂ ratio of 305, showing that Li⁺ is highly immobilized due to strong binding to intracellular structures. Using fluorescence spectroscopy and the Mg²⁺ fluorescent probe, furaptra, the free intracellular Mg²⁺ concentration in the bovine chromaffin cells incubated with 15mM LiCl was found to increase by about 1mM after the intracellular Li⁺ concentration reached a steady state. Therefore, once inside the cell, Li⁺ is able to displace Mg²⁺ from its binding sites.

INTRODUCTION

The molecular and cellular mechanisms underlying the clinical use of lithium salts in the treatment of manic-depression (also called bipolar disease) as well as other psychiatric and non-psychiatric conditions are still poorly understood [1-3]. Several interrelated hypotheses have been formulated to clarify the action of Li⁺. Among these are: 1) Li⁺ inhibition of the enzymes inositol-1-monophosphatase and adenylate cyclase, causing depletion in brain inositol and cyclic AMP (cAMP) levels [4-7]; and 2) competition between Li⁺ and Mg²⁺ ions for Mg²⁺ binding sites in biomolecules, particularly guanine-nucleotide binding proteins which are involved in the signal transduction cascade [8-9]. It is possible that the pharmacological action of Li⁺ cannot be explained by one single mode of action. In an attempt to contribute towards a better understanding of this problem, at the cellular and molecular levels, recent studies using fluorescence spectroscopy with the Mg²⁺ indicator furaptra [10] as well as ⁷Li and ⁴⁰P NMR spectroscopy [11] have been undertaken. These techniques proved to be useful to investigate Li⁺ transport [12], Li⁺ binding [13] and Li⁺/Mg²⁺ competition [11,14]. Li⁺/Mg²⁺ competition was demonstrated for the phosphate groups of small phosphorylated molecules involved in second messenger systems, such as ATP/ADP, GTP/GDP and IP₃ [11,15,16]; for the phosphate groups of erythrocyte membrane phospholipids [17]; in Li⁺-loaded human erythrocytes [10,18] and in human SH-SY5Y neuroblastoma cells [14].

Chromaffin cells from the adrenal gland medulla are excitable endocrine cells which can be used as good neuronal models [19,20] and whose neurotransmitter release has been found to be stimulated by Li⁺ loading [21-23]. Therefore, in this study we used ⁷Li NMR and fluorescence spectroscopic methods to examine Li⁺ uptake, intracellular Li⁺ binding and competition between Li⁺ and Mg²⁺ ions in bovine chromaffin cells in suspension. The results obtained were compared with those previously obtained with other cell types. These studies aim to establish the generality of the ionic competition model described and may also contribute to the understanding of the pharmacological action of Li⁺ at the molecular level.

MATERIALS AND METHODS

Materials

Collagenase (type B) was purchased from Boehringer Mannheim (Mannheim, Germany). Furaptra and fura-2 (salt and ester forms) and Pluronic® F-127 were obtained from Molecular Probes (Eugene, OR). Percoll was supplied by Pharmacia Biotech AB (Uppsala, Sweden), fetal calf serum by Seromed Biochrom (Berlin, Germany) and the shift reagent Na₃H₂Tm(DOTP).3NaCl by Macrocyclics (Richardson, Texas, USA). All other biochemicals were purchased from Sigma Chemical Company (St.Louis, MO) and inorganic salts and glucose from Merck (Darmstadt, Germany).

Isolation of bovine chromaffin cells

Chromaffin cells were isolated from bovine adrenal medulla as described by Brocklehurst and Pollard [24] and were purified by centrifugation in a continuous Percoll gradient. The Neutral Red dye test [25] indicated that 65-80% of the cell preparation contained chromaffin cells. Cell viability was tested by the
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Trypan Blue dye exclusion method [26]. The cells were maintained in a 1:1 mixture of Dulbecco's Modified Eagle's Medium / Ham's Nutrient Mixture F-12 (DMEM/F-12) (1.56%) containing 5% of heat-inactivated fetal calf serum, penicillin (10,000 units/ml), streptomycin (100 mg/ml), amphotericin B (25 μg/ml) and 10 μM of cytosine β-D-arabinofuranoside, at 37°C, in a humidified CO₂ (5%) and air (95%) atmosphere. The cells were cultured up to a density of 10⁶ cells /ml in 100 mm Petri dishes, 2-4 days before use for NMR and fluorescence experiments. For the fluorescence experiments, the cell preparation was further purified by differential plating in order to reduce contamination by endothelial cells.

NMR experiments
To study Li⁺ influx in bovine chromaffin cells, 10⁶ cells were suspended in a modified Krebs medium (in mM: NaCl 125, LiCl 15, KCl 5, CaCl₂ 2, MgCl₂ 1, glucose 10, HEPES 20, pH=7.35) containing 7mM of the shift reagent [Tm(HDOTP)]⁺ (total volume of 1.5ml) and placed in a 10 mm NMR tube (control experiment). To determine if voltage-sensitive Na⁺/Ca²⁺ channels and (Na⁺,K⁺)-ATPase contribute to the uptake of Li⁺, two inhibitors were studied. A specific blocker of the voltage-sensitive Na⁺ channels, tetrodotoxin (TTX) (1 μM) was used with a preincubation time of 3-4 minutes. To block (Na⁺,K⁺)-ATPase, ouabain (50 μM) was used with a preincubation time of 4-5 minutes.

The NMR experiments were performed with a Varian-Unity 500 NMR spectrometer equipped with a multinuclear 10 mm broad-band probe and a controlled temperature unit. ⁷Li NMR spectra were acquired at 194.3 MHz at 25°C ± 0.5°C. The samples were spun at 16 Hz to prevent cell sedimentation. ⁷Li NMR spectra were obtained from 64 transients (total accumulation time of 11 minutes), a spectral width of 5500 Hz, a pulse width of 15 μs, an interpulse delay of 10 s and an acquisition time of 0.362 s. The signal-to-noise ratio was enhanced by exponential multiplication with a line broadening of 30 Hz. ⁷Li T₁ and T₂ relaxation measurements for intracellular Li⁺ were conducted by use of inversion-recovery and Carl-Purcell-Meilboom-Gill (CPMG) pulse sequences, respectively, after the intracellular Li⁺ concentration reached a steady state at the end of the influx experiments.

The kinetics of Li⁺ influx is defined by the equation

\[ A_t - A_{∞} = A_{∞} \times e^{-k_i t} \]  

where \( A_t \) and \( A_{∞} \) are, respectively, the integrals of the intracellular Li⁺ signal at time (t) and when the Li⁺ concentration inside the cells reaches the steady state. Thus, the apparent influx rate constants, \( k_i \), were determined using a graphical representation of time dependence of the percent of intracellular Li⁺ from plots of areas of intracellular Li⁺ signal (\( A_t \)) over the total area (\( A_t + A_e \)) (\( A_e \) is the area of extracellular Li⁺ signal), \( [A_t/(A_t + A_e)] \) vs. time [12]. The integrals of the NMR signals were calculated using a signal deconvolution program.

Calculation of total intracellular \([\text{Li}⁺]_i\), from \(^7\text{Li} NMR spectroscopy
Li NMR spectroscopy was used to determine the total intracellular Li⁺ concentration

\[ [\text{Li}⁺]_i = ([\text{Li}⁺]_T - (1-C_e) A_e)/(C_e (A_t + A_e)) \]  

where \([\text{Li}⁺]_i\) and \([\text{Li}⁺]_T\) are the total intracellular lithium concentrations within the cell and added to the sample, respectively, and \( A_t \) and \( A_e \) are the areas of the intracellular and extracellular NMR resonances taken at various times. \( C_e \) is the cytocrit, i.e., the total percentage volume of cells in the sample used. The volume of cells can be calculated from a cell count and the known volume of a chromaffin cell. In this study, the sample volume was 1.5 ml with a cell concentration of 10⁶. Since these cells are spherical in shape [27] and the diameter is 21.7 μm [27], the volume can be estimated to be ~5400 μm³.

Fluorescence Spectroscopy experiments
The fluorescence experiments were performed on a SPEX FluoroMax fluorimeter, at 30°C, using the Mg²⁺ fluorescent dye furaptra.

The free fluorescent probe furaptra has an excitation λmax at 370 nm and, as free Mg²⁺ concentration increases, an induced shift to lower frequencies is observed. The excitation λmax for the furaptra-Mg²⁺ complex is at 330 nm. The fluorescence intensities were measured at 335 nm and 370 nm and were monitored simultaneously over time with the emission wavelength fixed at 500 nm.

Similar studies were carried out using chromaffin cells permeabilized with digitonin (final concentration 0.2 mM) at 30°C, in a Krebs medium without Ca²⁺ and Mg²⁺ (in mM: NaCl 140, KCl 5, glucose 10, HEPES 20, pH=7.35); increasing concentrations of Mg²⁺ and Ca²⁺ were added to investigate the behavior of furaptra in these conditions.

For the experiments with intact chromaffin cells, 3-4x10⁷ cells were incubated in a Krebs medium (in mM: NaCl 140, KCl 5, CaCl₂ 2, MgCl₂ 1, glucose 10, HEPES 20, pH 7.35) containing 1% BSA and 5 μM of the probe in the acetoxymethylester form (furaptra/AM) at 37°C in a humidified CO₂ (5%) / air (95%) atmosphere over 30-40 minutes to allow probe loading. Before addition to the cells, Pluronic F-127 (0.1%) was added to the previous medium and sonicated over 3 minutes. This detergent was used to help dispersion of the fluorescent indicator in the loading medium [28]. After probe loading, the cells were diluted with Krebs medium with 1% BSA and incubated at 37°C for 30 minutes to allow ester hydrolysis. The cells were then washed in a Krebs medium with 0.1% BSA and finally resuspended in Krebs medium without BSA.

The intracellular free Mg²⁺ concentrations, \([\text{Mg}²⁺]_i\), were determined through the equation [29]:

\[ [\text{Mg}²⁺]_i = β \times K_d \times (R-R_{mn})/(R_{max}-R) \]  

(3)
where $K_d$ is the dissociation constant of the furaptra/Mg$^{2+}$ complex (1.5 mM at 37 °C [29]; 1.9 mM at 25°C [14]), $R$, $R_{\text{min}}$ and $R_{\text{max}}$ are the ratios of fluorescence intensities at the two wavelengths (335nm/370nm) for the experimental sample, for uncomplexed furaptra (absence of ions) and for furaptra saturated with Mg$^{2+}$, respectively. $\beta$ is the ratio $(F_{\text{min}}/F_{\text{max}})$ of the fluorescence intensity at 370 nm for furaptra free of ions ($F_{\text{min}}$) and for furaptra saturated with Mg$^{2+}$ ($F_{\text{max}}$). The $R_{\text{min}}$ and $F_{\text{min}}$ parameters were determined in a Mg$^{2+}$-free and Ca$^{2+}$-free solution (in mM: KCl 120, NaCl 20, HEPES 10, EGTA 1, pH 7.35) containing 2 μM of furaptra (salt form). The $R_{\text{max}}$ and $F_{\text{max}}$ parameters were determined by adding the salt form of furaptra (2 μM) to a Mg$^{2+}$-saturated solution (in mM: MgCl$_2$ 70, KCl 15, NaCl 20, HEPES 10, pH 7.35).

RESULTS AND DISCUSSION

Li$^+$ transport across the chromaffin cell membrane

The influx of Li$^+$ into chromaffin cells was studied using $^7$Li NMR spectroscopy. The paramagnetic shift reagent $[\text{Tm(HDOTP)}]^4^+$ [12] was used to separate $^7$Li NMR signals corresponding to Li$^+$ inside and outside the cells. Due to its negative charge, this compound is impermeable to cell membranes and shifts the resonance of the extracellular Li$^+$ to higher frequencies relative to the resonance of the intracellular Li$^+$. Fig. 1A shows $^7$Li NMR spectra from an influx experiment with 10$^6$ cells, suspended in a modified Krebs medium containing 15 mM LiCl and 7 mM $[\text{Tm(HDOTP)}]^4^+$. The signal corresponding to the intracellular Li$^+$ increases with time and reaches a steady state after 60-80 minutes. A graphical representation of the increase in the percent of intracellular $^7$Li resonance area, $A_i$, relative to the total area of intra and extracellular $^7$Li resonances, $A_i + A_e$ (100 x $A_i/(A_i + A_e)$) over time is shown in Fig. 1B.

A)
Figure 1. A) $^7$Li NMR spectra are represented over time in an influx experiment with $10^8$ chromaffin cells suspended in a modified Krebs medium containing 15 mM LiCl and 7 mM [Tm(HDOTP)]$^{4-}$. The start of the experiment ($t = 0$ min) indicates the time when the Li$^+$-free cells were mixed with the Li$^+$-incubation medium. Each spectrum represents the average of the total accumulation time of 11 minutes; B) Graphical representation of the time dependence of the percent of intracellular $^7$Li$^+$ ($((100 \times A_i/(A_i + A_e))$ vs. time) in the control experiment.

Similar $^7$Li NMR experiments were performed in the presence of 1 μM of tetrodotoxin (TTX) and 50 μM of ouabain. Table I shows the $k_i$ values determined for the control experiments and for the studies with the two inhibitors.

Table I: Li$^+$ influx rate constants, $k_i$, at 25°C, in the absence (control) and in the presence of inhibitors, and respective percent (%) inhibition relative to the control situation. The errors are the standard deviations (SD) of the mean.

| Experimental condition | $k_i$ (min$^{-1}$) (± SD) | % inhibition (relative to the control) |
|------------------------|--------------------------|---------------------------------------|
| Control                | 0.040 ± 0.003 (n=4)      | -                                     |
| TTX                    | 0.027 ± 0.009 (n=2)      | 33                                    |
| Ouabain                | 0.027 ± 0.003 (n=3)      | 33                                    |

The results with TTX indicate that voltage-sensitive Na$^+$ channels are involved in the uptake of Li$^+$ by these cells, confirming the results already obtained with other types of cells [12,30,31]. In the presence of ouabain, an inhibitor of (Na$^+$,K$^+$)-ATPase, an inhibition of 33% in Li$^+$ influx was observed. In human erythrocytes, Li$^+$ is not transported by (Na$^+$,K$^+$)-ATPase under physiological conditions [30]; in these cells Li$^+$ influx is only detected through this pump in the absence of extracellular Na$^+$. However, Li$^+$ influx is detected through (Na$^+$,K$^+$)-ATPase under physiological conditions in some other cell types such as neuroblastoma x glioma hybrid cells [32]. Therefore, the results obtained in this work could be due to a direct or an indirect effect on (Na$^+$,K$^+$)-ATPase. An indirect effect of this inhibitor could occur by changing the Na$^+$ equilibrium or the membrane potential, and therefore indirectly causing a change in Li$^+$ influx. Thus, it should be further investigated if (Na$^+$,K$^+$)-ATPase has a direct or an indirect role in the Li$^+$ transport in this cell type.

To qualitatively compare the amount of Li$^+$ accumulated by this cell type as compared to other cells, we used previously reported studies on human erythrocytes and human neuroblastoma cells. For a meaningful comparison, the cytocrit, the extracellular Li$^+$ concentration and the periods of incubation should be approximately equal. In this study, bovine chromaffin cells at 25% cytocrit after 80 min accumulate an
intracellular Li⁺ concentration of 1.67 ± 0.43 mM with an extracellular Li⁺ concentration of 15 mM LiCl as obtained by equation (2). With human neuroblastoma cells (10-15% cytocrit), an intracellular Li⁺ concentration of 3.1 ± 0.1 mM was obtained with an extracellular Li⁺ concentration of 15 mM at 90 min [33]. Unfortunately, no studies with an extracellular Li⁺ concentration of 15 mM and a similar hematocrit have been performed on human erythrocytes. However, in one study, an extracellular Li⁺ concentration of 150 mM resulted in an intracellular Li⁺ concentration of 3 mM after 75 min (10% hematocrit) [13]. Even though the experimental conditions were different in our study as compared to the other two [13,33], it is apparent that human erythrocytes accumulate the least amount of Li⁺; human neuroblastoma cells and bovine chromaffin cells are more similar in the amount of Li⁺ accumulated.

**Intracellular Li⁺ binding**

At the end of the Li⁺ influx experiments, when the Li⁺ concentration inside the cell reached the equilibrium, ⁷Li NMR T₁ and T₂ relaxation times for the Li⁺ resonance were determined using the inversion-recovery and CPMG pulse sequences, respectively. Because ⁷Li NMR T₁/T₂ ratio is a measure of the relative degree of immobilization of the Li⁺ ion, the higher the value of this ratio is, the lower the mobility of Li⁺ [13]. Therefore, ⁷Li NMR relaxation measurements give information about the physical state of the ion inside the cell. A comparison of the ⁷Li NMR T₁/T₂ ratios obtained in this work with those for other types of cells and some of their components is shown in Table II. From these values which were obtained with similar intracellular Li⁺ concentrations [12,13,33], it is possible to conclude that Li⁺ is more immobilized within chromaffin cells than in other cellular systems already studied [12,13], which is in agreement with the higher degree of complexity of these cells. Li⁺ is strongly bound to the membrane, intracellular structures in the cytosol and probably inside the chromaffin granules. The high ⁷Li NMR T₁/T₂ ratio of the plasma membrane of the human neuroblastoma cells and human erythrocytes as compared to LiCl free in solution (Table II) indicates that these are major Li⁺ binding sites. A more detailed study with various chromaffin cell components, in particular plasma membrane suspensions, could be useful to better define which are the most probable Li⁺ binding sites in these cells.

**Table II:** ⁷Li NMR T₁, T₂ and T₁/T₂ values for intracellular Li⁺ in chromaffin cells, compared with other types of cells and their components.

| Sample                           | T₁ (s) (± SD) | T₂ (s) (± SD) | T₁/T₂ |
|----------------------------------|--------------|--------------|-------|
| Bovine chromaffin cells          | 6.1 ± 0.2 (n=5) | 0.02 ± 0.002 (n=5) | 305   |
| Neuroblastoma Cells [12]         | 5.1 ± 0.8 (n=4) | 0.05 ± 0.020 (n=4) | 100   |
| Human erythrocytes [13]          | 6.5 ± 0.2 (n=4) | 0.46 ± 0.010 (n=4) | 14    |
| Neuroblastoma Plasma Membranes [12]| 7.2 ± 0.3 (n=4) | 0.17 ± 0.010 (n=4) | 42    |
| Erythrocytes Plasma Membranes [13]| 4.2 ± 0.1 (n=4) | 0.08 ± 0.010 (n=4) | 52    |
| LiCl aq. (viscosity adjusted) [13]| 3.9 ± 0.4    | 3.6 ± 0.6    | 1.1   |

**Li⁺/Mg²⁺ competition within chromaffin cells**

Competition between Li⁺ and Mg²⁺ for Mg²⁺ binding sites in chromaffin cells was studied by fluorescence spectroscopy using the fluorescent probe furaptra. To examine if Li⁺/Mg²⁺ competition occurs in Li⁺-loaded chromaffin cells, Li⁺ influx experiments were carried out with 2 x 10⁶ cells, previously loaded with the acetoxyethyl ester form of furaptra (furaptra/AM), and suspended in a modified Krebs medium containing 15 mM LiCl. The fluorescence excitation spectra in Fig 2A, obtained over time during Li⁺ influx, show an increase in the fluorescence intensity ratio R(335/370) which is related to an increase in the intracellular free Mg²⁺ concentration during Li⁺ loading. Due to some release of the fluorescent indicator from the cells with time, and its binding to divalent cations present in the extracellular medium, a control experiment was made in the same conditions but with the cells suspended in a Krebs medium without Li⁺ (data not shown). The fluorescence changes observed during this control experiment were taken into account and subtracted to the Li⁺-loaded cells data. The fluorescence data was converted into intracellular free Mg²⁺ concentrations through equation (3), using a value of 1.9 mM for K_d (furaptra-Mg²⁺) [14], and the result is represented in Fig. 2B.
Figure 2. A) Fluorescence excitation spectra obtained at 30 °C with $2 \times 10^6$ chromaffin cells preincubated with furaptra/AM and suspended in a modified Krebs medium containing 15 mM LiCl (in mM: NaCl 125, LiCl 15, KCl 5, CaCl$_2$ 2, MgCl$_2$ 1, glucose 10, HEPES 20, pH 7.35). The emission wavelength was fixed at 500 nm. B) Graphical representation of the time dependence of the intracellular free Mg$^{2+}$ concentration in chromaffin cells, during the influx experiment described in A). The intracellular free Mg$^{2+}$ concentrations were calculated using eq. 3 and a value of 1.9 mM for $K_d$ (furaptra-Mg$^{2+}$) [14].

As shown in Fig. 2B, there is an increase in the intracellular free Mg$^{2+}$ concentration with time, from its basal value of 1.1 ± 0.20 mM (n=3), determined in the absence of Li$^+$, to 2.1 ± 0.14 mM (n=2), after the incubation of the cells in a 15 mM LiCl modified Krebs medium for 60 minutes.

As the intracellular space of the Li$^+$-loaded cells contains Mg$^{2+}$, Ca$^{2+}$ and Li$^+$, their binding to the dye has to be taken into account. In vitro studies of the excitation fluorescence spectra of furaptra, in its salt form, in the presence of different concentrations of Mg$^{2+}$ (in the absence of Ca$^{2+}$), and of different concentrations of Ca$^{2+}$ (in the absence of Mg$^{2+}$) have been described in the literature [29,34]. The behavior of the probe in the

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presence of Ca\textsuperscript{2+} or Mg\textsuperscript{2+} is very similar, with an excitation \( \lambda_{\text{max}} \) for the furaptra-Ca\textsuperscript{2+} complex also at 330 nm and the dissociation constants \( K_{d} \) for furaptra-Ca\textsuperscript{2+} and furaptra-Mg\textsuperscript{2+} complexes are 53 \( \mu \text{M} \) [29,34] and 1.5 mM [29] (or 1.9 mM [14]), respectively. Fluorescence excitation spectra obtained with \( 2 \times 10^{6} \) chromaffin cells previously incubated with furaptra/AM, suspended in a free-Ca\textsuperscript{2+} and free-Mg\textsuperscript{2+} Krebs medium and then permeabilized with digitonin, were found to be very similar to those obtained in solution, when increasing amounts of Ca\textsuperscript{2+} and Mg\textsuperscript{2+} were added (data not shown). Thus, the fluorescent probe has the same photophysical properties inside the cells and free in solution.

Ca\textsuperscript{2+} has a higher affinity to furaptra than Mg\textsuperscript{2+} according to the respective \( K_{d} \) values [29,34]. However, it was observed that the intracellular free Ca\textsuperscript{2+} levels during Li\textsuperscript{+}-loading experiments with chromaffin cells using the Ca\textsuperscript{2+} sensitive fluorescent probe fura-2, increase slowly from its basal value (100-200 nM) up to around 600 nM (data not shown). Once the induced shift of furaptra to lower frequencies occurs when Ca\textsuperscript{2+} concentration is higher than 1\( \mu \text{M} \) [29], this ion do not interfere with the spectroscopic properties of this probe.

Since Li\textsuperscript{+} has also been shown to bind furaptra (\( K_{d} = 250 \text{ mM} \) at 25 °C and 237 mM at 37 °C [10]) it was necessary to determine if the contribution of Li\textsuperscript{+} binding to the dye was significant and if a correction in eq. 3 was necessary [11]. In this study it was already mentioned that the intracellular Li\textsuperscript{+} concentration was estimated to be 1.67 ± 0.43 mM. This amount of Li\textsuperscript{+} would only affect furaptra fluorescent properties by 0.7% (1.67 mM/250 mM), which can not account for the changes shown in Fig. 2B.

These data show that the increase in the ratio of fluorescence intensities \( R(335/370) \) of furaptra observed when Li\textsuperscript{+} goes into the cells is due to an increase in the intracellular free Mg\textsuperscript{2+} concentration, without interference of cytosolic Ca\textsuperscript{2+} or Li\textsuperscript{+} in the fluorescent properties of this probe, confirming the ability of Li\textsuperscript{+} to displace Mg\textsuperscript{2+} from its binding sites within the cells.

**CONCLUSIONS**

The present study investigates Li\textsuperscript{+} influx pathways in bovine chromaffin cell suspensions by \( ^{7}\text{Li} \) NMR methods. The data indicate that voltage-sensitive Na\textsuperscript{+} channels, which have been shown to be active in Li\textsuperscript{+} influx in human neuroblastoma SH-SY5Y cells [12] and other cells [30,31], play an important role in Li\textsuperscript{+} uptake by this cellular system. Also, (Na\textsuperscript{+},K\textsuperscript{+})-ATPase affects Li\textsuperscript{+} influx rates when inhibited by ouabain. However, the exact role of this pathway for Li\textsuperscript{+} should be further explored with this cell type. Comparing the total accumulation of Li\textsuperscript{+} under similar conditions, it is apparent that human erythrocytes accumulate much less Li\textsuperscript{+} than human neuroblastoma and chromaffin cells. \( ^{7}\text{Li} \) NMR \( T_{1}/T_{2} \) ratios for intracellular Li\textsuperscript{+} in chromaffin cells show that Li\textsuperscript{+} is highly immobilized due to strong binding to intracellular structures as compared to other cell types. A more detailed study of the Li\textsuperscript{+} binding sites will help elucidate the location of major Li\textsuperscript{+} binding sites in bovine chromaffin cells. Once inside the cell, Li\textsuperscript{+} is able to displace Mg\textsuperscript{2+} from its binding sites. Thus, in this work, we confirm that Li\textsuperscript{+}/Mg\textsuperscript{2+} competition also occurs in bovine chromaffin cells, in agreement with previous results published in the literature with other cellular systems [14,18], which is one of the hypotheses to explain the therapeutic action of Li\textsuperscript{+} at the molecular and cellular levels.

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