Research Article

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Prognostic role of SIRT6 in gastrointestinal cancers: a meta-analysis

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Abstract: Sirtuin 6 (SIRT6) plays a critical role in the progression and development of gastrointestinal cancers. However, the association between SIRT6 expression and clinicopathological parameters and prognosis in gastrointestinal cancer patients remains inconclusive. Consequently, we conducted this meta-analysis to evaluate the importance of SIRT6 expression in various types of gastrointestinal cancers. PubMed, EMBASE, and Web of Science databases were systematically searched to screen the relevant literature. The reported or estimated hazard ratio (HR) and odds ratio (OR) and their corresponding 95% confidence interval (CI) were pooled to assess the strength of the association. Nine studies involving 867 patients were included in the meta-analysis. Overall analysis showed that high SIRT6 expression was related to better overall survival in gastrointestinal cancers (HR = 0.62, 95% CI = 0.47–0.82). High SIRT6 expression was also related to a favorable tumor node metastasis (TNM) stage (OR = 0.44, 95% CI = 0.28–0.70) among gastrointestinal cancer patients. Our meta-analysis revealed that high SIRT6 expression might be a potential biomarker predicting better prognosis in gastrointestinal cancers, which may offer options for gastrointestinal cancer treatment.

Keywords: SIRT6, gastrointestinal cancers, overall survival, prognosis, meta-analysis

1 Introduction

Cancers of the digestive system are one of the most common types in aggressive malignancies worldwide.

In 2019, almost 3,28,030 new cancer cases and 1,65,460 cancer deaths of the digestive system were assumed to occur in the United States according to the International Agency for Research on Cancer [1]. The development of therapeutic methods including surgery, radiotherapy, and chemotherapy is of potential benefit to gastrointestinal cancer patients; however, the prognosis and overall survival (OS) of gastrointestinal cancer patients remain poor. Thus, it is of great significance to discover a promising biomarker to improve the prognosis and quality of life of gastrointestinal cancer patients.

Epigenetic alterations including DNA methylation, chromatin remodeling, histone modifications, and non-coding RNAs are a hallmark of gastrointestinal cancers [2]. Among these, histone acetylation has become a research hotspot in recent years. Sirtuins (SIRTs) are class III histone deacetylases and SIRTs using NAD+ as a co-substrate for their enzymatic activities have seven different members (SIRT1–SIRT7) in mammals [3]. SIRT1, SIRT6, and SIRT7 are localized in the nucleus. SIRT2 is cytoplasmic, and SIRT3, SIRT4, and SIRT5 are mitochondrial [4]. SIRT1, the most extensively studied member of mammalian SIRTs, deacetylates not only histone but also nonhistone proteins to regulate many biological processes, such as cell stress response, apoptosis, senescence, and DNA repair [5]. In addition, SIRT1 is regarded as a prognostic marker for OS in gastrointestinal cancers [6]. In addition, SIRT6 and SIRT1 have similar functions, and SIRT6 modulates various physiological processes, including aging, metabolism, telomere maintenance, and genomic DNA stability and repair [7–9]. Recently, the role of SIRT6 in tumor development has been partly studied. SIRT6 expression was abnormal in various gastrointestinal tumor tissues, including colorectal cancer [10–14], gastric cancer (GC) [15], pancreatic cancer [16,17], and hepatocellular carcinoma (HCC) [18,19]. However, the prognostic role of SIRT6 in gastrointestinal cancers remains inconsistent and controversial according to the available evidence [10–12,15,17,18]. Hence, it is necessary to perform this meta-analysis to systematically evaluate the relationship between SIRT6 expression and...
OS and clinicopathological parameters in gastrointestinal cancers through the collection of published evidence.

2 Materials and methods

2.1 Search strategy

Published literature on SIRT6 and gastrointestinal cancer was systematically searched in PubMed, EMBASE, and Web of Science databases by two independent authors (up to March 2020). The following terms were used for the search: “sirtuin 6” OR “SIRT6” AND “cancer” OR “tumor” OR “carcinoma”. Furthermore, “cancer” was replaced by the name of each gastrointestinal cancer (such as GC) to identify any missed papers. In addition, references were also screened in case articles were missed. The search was done with no limitation on country and race.

2.2 Inclusion and exclusion criteria

The included studies had to meet the following criteria: (1) the published papers were in English; (2) explore the prognostic role of SIRT6 in gastrointestinal cancer patients; (3) group the SIRT6 high or positive expression and SIRT6 low or negative expression; (4) provide the association between clinicopathological features and SIRT6 expression; (5) contain the relationship between SIRT6 expression and OS in gastrointestinal cancer patients; and (6) report the sufficient data to obtain the hazard ratio (HR). The exclusion criteria involve (1) studies with unusable or insufficient data; (2) meeting abstracts, reviews, or letters; (3) animal or cell studies; and (4) overlapping publications.

2.3 Data extraction and quality assessment

The following data from eligible studies were respectively collected by two authors: author name, publication year, patient source, tumor type, total number, method, and clinicopathological parameters such as HR and corresponding 95% confidence interval (CI) for OS. Multivariate analysis was considered if both multivariate analysis and univariate analysis were provided. The Newcastle–Ottawa scale score was calculated to assess the quality of the studies. The total scores ranged from 0 to 9, and a score of 6 or more was deemed to be a high-quality study [20].

2.4 Statistical methods

The relationship between the expression of SIRT6 and OS in gastrointestinal cancer patients was assessed by using HR and 95% CI, but the odds ratio (OR) and 95% CI were utilized to evaluate the association between SIRT6 expression and clinical parameters. The HR and 95% CI for OS were estimated by the Kaplan–Meier curve with the help of the Engauge Digitizer 10.8 software [21]. The heterogeneity test was performed by $I^2$ test ($I^2 < 50\%$ for the fixed-effects model; $I^2 \geq 50\%$ for the random-effects model) [22]. Sensitivity analysis was conducted to assess the robustness and reliability of the results. The publication bias was evaluated through Begg’s test and Egger’s test. STATA 11.2 software was utilized to perform all statistical analyses. Two-tailed $P < 0.05$ was regarded as statistically significant.

3 Results

3.1 Study characteristics

A total of 1,083 records were identified from PubMed ($n = 230$), EMBASE ($n = 325$), and Web of Science ($n = 528$); 511 studies were deemed duplicate publications and thus removed, and 551 were excluded based on their titles and abstracts. Thereafter, 12 of the remaining 21 studies were excluded during full-text review because they did not meet the inclusion criteria. Finally, a total of nine studies with 867 cases (Figure 1) met the inclusion criteria and thus were included in this study. Among these studies, five explored colorectal cancer (CRC) and one each explored esophageal squamous cell carcinoma, GC, pancreatic ductal adenocarcinoma (PDAC), and HCC. The characteristics of these included studies are indicated in Table 1.

3.2 Relationship between SIRT6 expression and OS

Six of the included studies with 501 patients were used to investigate the relationship between high SIRT6 expression
Figure 1: Flow diagram of study search and selection process.

Table 1: Characteristics of the studies included in this meta-analysis

| Study            | Year | Patient source | Tumor type | Total number | Method | Outcome | Clinicopathological factors | NOS score |
|------------------|------|----------------|------------|--------------|--------|---------|----------------------------|-----------|
| Zhang et al. [10]| 2019 | China          | CRC        | 50           | IHC    | OS      | NA                         | 6         |
| Geng et al. [13] | 2018 | China          | CRC        | 196          | IHC    | NA      | Tumor size, LNM, differentiation | 6         |
| Li et al. [12]   | 2018 | China          | CRC        | 97           | IHC    | OS      | TNM                        | 8         |
| Qi et al. [14]   | 2018 | China          | CRC        | 113          | IHC    | NA      | Tumor size, LNM, differentiation, distant metastasis, TNM | 7         |
| Tian and Yuan [11]| 2018 | China          | CRC        | 90           | IHC    | OS      | TNM                        | 6         |
| Huang et al. [23]| 2017 | China          | ESCC       | 80           | IHC    | NA      | LNM, differentiation, TNM   | 5         |
| Zhou et al. [15] | 2017 | China          | GC         | 68           | IHC    | OS      | Distant metastasis, TNM     | 6         |
| Kugel et al. [17]| 2016 | USA            | PDAC       | 120          | IHC    | OS      | NA                         | 6         |
| Ran et al. [18]  | 2016 | China          | HCC        | 53           | WB     | OS      | NA                         | 6         |

Abbreviations: CRC, colorectal cancer; ESCC, esophageal squamous cell carcinoma; GC, gastric cancer; PDAC, pancreatic ductal adenocarcinoma; HCC, hepatocellular carcinoma; OS, overall survival; IHC, immunohistochemistry; WB: western blotting; LNM: lymph node metastasis; TNM: tumor node metastasis; NA, not applicable; and NOS, Newcastle–Ottawa scale.
and OS in gastrointestinal cancers [10–12,15,17,18]. The pooled HR for OS showed that high SIRT6 expression was related to better OS in gastrointestinal cancers (HR = 0.62, 95% CI = 0.47–0.82, $P = 0.001$; $I^2 = 0.0\%$, $P = 0.863$, fixed-effects model) (Figure 2).

**Figure 2:** Forest plot for the association between SIRT6 expression and OS in gastrointestinal cancers. Solid diamonds: the HR of each study; squares: weight of each study; horizontal line: the 95% CI of each study; dotted line: the pooled HR; and unfilled diamond: the pooled results for all studies.

| Study     | HR (95% CI) | Weight |
|-----------|-------------|--------|
| Zhang (2019) | 2.12 (0.26, 16.99) | 1.69   |
| Li (2018)  | 0.53 (0.30, 0.94)   | 22.89  |
| Tian (2018) | 0.69 (0.36, 1.32)   | 17.45  |
| Zhou (2017) | 0.71 (0.25, 2.01)   | 6.78   |
| Kugel (2016) | 0.60 (0.41, 0.89)   | 49.04  |
| Ran (2016)  | 0.82 (0.13, 5.27)   | 2.15   |
| Overall (I–squared = 0.0%, $p = 0.863$) | 0.62 (0.47, 0.82) | 100.00 |

**Figure 3:** Forest plot for the association between SIRT6 expression and TNM stage in gastrointestinal cancers. Solid diamonds: the OR of each study; squares: weight of each study; horizontal line: the 95% CI of each study; dotted line: the pooled odd ratio; and unfilled diamond: the pooled results for all studies.

| Study     | OR (95% CI) | Weight |
|-----------|-------------|--------|
| Li (2018)  | 0.60 (0.26, 1.38) | 26.20  |
| Qi (2018)  | 0.36 (0.13, 0.99) | 25.24  |
| Tian (2018) | 0.26 (0.08, 0.85) | 23.43  |
| Huang (2017) | 1.62 (0.36, 7.31) | 4.99   |
| Zhou (2017) | 0.24 (0.07, 0.80) | 20.14  |
| Overall (I–squared = 23.7%, $p = 0.263$) | 0.44 (0.28, 0.70) | 100.00 |
3.3 Relationship between SIRT6 expression and clinicopathological features

Six of the included studies with 644 patients were used to analyze the relationship between high SIRT6 expression and clinical parameters [11–15,23]. The results showed that high SIRT6 expression was related to a favorable tumor node metastasis (TNM) stage (OR = 0.44, 95% CI = 0.28–0.70, P = 0.001; $I^2 = 23.7\%$, $P = 0.263$, fixed-effects model) (Figure 3 and Table 2). However, there was no significant association between SIRT6 expression and tumor size, differentiation, distant metastasis, or lymph node metastasis (Table 2).

3.4 Sensitivity analysis and publication bias

Sensitivity analysis was conducted to evaluate the robustness and reliability of the results. The sensitivity analysis indicated that our results were stable (Figure 4). Begg’s test and Egger’s test were used to assess the publication bias. Both tests (OS: $P = 0.133$; TNM: $P = 0.806$ and OS: $P = 0.073$; TNM: $P = 0.846$, respectively) showed that no publication bias existed in any analyses (Figure 5).

4 Discussion

SIRT6 is a nuclear protein possessing deacetylase and ADP-ribosyltransferase activity [24]. SIRT6 is closely related to chromatin, deacetylates H3K9 and H3K56, and regulates glucose metabolism, inflammation, gene expression, and genomic stability [25–30], which is associated with tumor survival. In this study, we performed a meta-analysis of nine studies including 867 cancer patients and found that high expression of SIRT6 was significantly related to longer OS time in gastrointestinal

| Characteristics | Studies | Case number | Pooled OR (95% CI) | $P$ value | Heterogeneity $I^2$ (%) | Model | Begg’s test (P value) | Egger’s test (P value) |
|-----------------|---------|-------------|--------------------|-----------|------------------------|-------|----------------------|-----------------------|
| Tumor size (>3 cm vs ≤3 cm) | 2       | 309         | 1.12 (0.30–4.24)   | 0.865     | 83.9                   | Random 1 | —                    | —                     |
| Lymph node metastasis (yes vs no) | 3       | 389         | 0.75 (0.12–4.57)   | 0.752     | 88.6                   | Random 1 | 0.265                | —                     |
| Differentiation (well/moderate vs poor) | 3       | 386         | 0.94 (0.56–1.58)   | 0.806     | 0.0                    | 96.6   | Random 1             | 0.764                 |
| Distant metastasis (yes vs no) | 2       | 181         | 1.19 (0.14–9.93)   | 0.872     | 78                     | 0.033  | Random 1             | —                     |
| Tumor node metastasis (III + IV vs I + II) | 5       | 443         | 0.44 (0.28–0.70)   | 0.001     | 23.7                   | Fixed 1 | 0.806                | 0.846                 |
cancers including CRC, GC, PDAC, and HCC. In addition, we explored the relationship between SIRT6 expression and TNM stage. We found that more positive sections were detected in stage I/II patients compared with stage III/IV patients among gastrointestinal cancers, which suggested that high SIRT6 expression was related to favorable gastrointestinal cancer features.

There are several underlying mechanisms involved in the tumor suppressor role of SIRT6. In human colon cancer, USP10 and SIRT6 protein expressions were reduced, and USP10 antagonized c-Myc transcriptional activity through SIRT6 and p53 to inhibit cell cycle progression, cancer cell growth, and tumor formation [31]. SIRT6 suppressed HCC cell growth via inhibition of the extracellular signal-regulated kinase signaling pathway [32]. SIRT6 suppressed pancreatic cancer through the control of Lin-28b [17]. Liu et al. showed that knockdown of SIRT6 promoted invasion of hepatoma HepG2 and HuH7 cells in vitro [33]. Tian and Yuan reported that overexpression of SIRT6 inhibited migration and invasion in colon cancer cells in vitro [11]. Bhardwaj and Das indicated that the ectopic expression of SIRT6 inhibited the migratory and invasive ability of hepatoma HepG2 cells in vitro [34]. These studies argued for a cancer-inhibiting function of SIRT6 in these cancers.

TNM stage is mainly influenced by proliferation and apoptosis. Previously published studies in animals and human cells supported the results of our study. SIRT6 deficiency could increase the incidence of invasive colonic adenocarcinoma in a mouse model expressing an adenomatosis polyposis coli mutation [35]. Overexpression of SIRT6 induced apoptosis in HCC cells and could also reduce tumor formation and tumor growth of HCC cells in in vitro and in vivo experiments [19,32]. Furthermore, SIRT6 affected cancer cell proliferation by suppressing the transcriptional activity of c-Myc [31].

The potential role of epigenetic biomarkers in prognosis is crucial for the treatment of gastrointestinal cancers. Recently, the findings from emerging studies have indicated that several prognostic biomarkers including BCL6B, CDKN2A, and BORIS may play a significant role in gastrointestinal cancer treatment. However, few of them have been used in the clinical applications [2]. Regarding SIRT6, it is involved in regulating the energy metabolism of tumors as a tumor suppressor. Zhong et al. indicated that SIRT6-deficient
cells revealed increased HIF1α activity and glucose uptake [28]. In addition, SIRT6 could kill cancer cells. Zhang and Qin showed that knockdown of SIRT6 promoted growth of the HepG2 cells, while SIRT6 overexpression inhibited its growth [32]. Also, SIRT6 could inhibit signaling pathways associated with tumorigenesis. Min et al. reported that c-Fos induced SIRT6 transcription inhibiting survivin through the reduction of histone H3K9 acetylation and NF-kB activation [36]. Finally, SIRT6 could increase the sensitivity to tumor treatment. Marquardt et al. exhibited that SIRT6 overexpression in HepG2 cells increased apoptosis sensitivity to CD95 stimulation or chemotherapy treatment [37]. Although the role of SIRT6 in tumorigenesis and development still have many unanswered questions, SIRT6 would be utilized for cancer prevention and site-specific treatment, especially for cancer nanomedicine [38].

To our knowledge, our study was the first meta-analysis to assess the clinical value of the SIRT6 expression level in gastrointestinal cancer patients. However, there are some limitations in this study. First, we could not adequately analyze the association between SIRT6 expression and each gastrointestinal cancer type and specific clinical parameters because of the limited publications and the lack of significant data. Second, we had to estimate HR and 95% CI for OS by the Kaplan–Meier curve when we could not directly extract data from the study. Again, the method and cut-off value grouping high or low expression of SIRT6 varied among these studies, which may result in potential bias. Finally, the populations of most of the included studies are in China, and the results acquired may be carefully generalizable outside this population. More studies and larger sample sizes are needed to resolve these limitations.

In conclusion, our findings demonstrated that high SIRT6 expression was associated with longer OS time in gastrointestinal cancers and favorable TNM stage. More large-scale and well-matched studies are warranted to identify the role of SIRT6 in different gastrointestinal cancer type prognoses and clinical applications.

**Abbreviations**

| Abbreviation | Definition |
|--------------|------------|
| CRC          | colorectal cancer |
| CI           | confidence interval |
| ESCC         | esophageal squamous cell carcinoma |
| GC           | gastric cancer |
| HCC          | hepatocellular carcinoma |
| HR           | hazard ratio |
| IHC          | immunohistochemistry |
| LNM          | lymph node metastasis |
| NOS          | Newcastle–Ottawa scale |
| NA           | not applicable |
| OS           | overall survival |
| OR           | odds ratio |
| PDAC         | pancreatic ductal adenocarcinoma |
| SIRT6        | sirtuin 6 |
| TNM          | tumor node metastasis |
| WB           | western blotting |

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**Author contributions:** Li Shi collected, extracted, and analyzed the information and data of included studies and wrote the manuscript; Ying Wang took part in data extraction; Timothy Bonney Oppong helped to revise the manuscript; Xiaoli Fu and Haiyan Yang designed the study; and Yadong Wang contributed to data extraction and statistical analysis. Each author has read and approved the final manuscript.

**Conflicts of interest:** All authors declare that they have no competing interests.

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