Knowledge and attitude of women towards the legalization of abortion in the selected town of Ethiopia: a cross sectional study

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Abstract

Background: Unsafe abortion contributes to maternal deaths 13% globally and 25–35% of Ethiopia. By considering the problem of unsafe abortion, Ethiopia amended a law that permits abortion under certain circumstances. However, the country liberalized the service, women are still not using it. Therefore, the possible reason might be a lack of knowledge and attitude is a barrier that hinders women to use safe abortion.

Methods: A community-based cross-sectional study was conducted in Arba Minch town from January 02 to 17, 2017. Women in the reproductive age groups (15–49) who reside in the town for more than six months were included in the study. The sample size was determined using a single population proportion formula. Five kebeles were selected using the lottery method from 11 kebeles. The proportional allocation of the sample was done for each kebele. Data were collected using a structured questionnaire. Binary and multiple logistic analyses were carried out to identify factors associated with knowledge & attitude toward legalization of abortion.

Result: A total of 576 women were responded to the question. The finding of our study showed that only 23.4% of women have knowledge about the legalization of abortion. Of all the respondents 323(56%) prefer abortion on demand to be legalized while about 241 (41.9%) do not prefer to be legalized. Again about 57% of women believe that women can use it but the rest 43% believe even if allowed women do not use it. From all participants, 59% don’t want to use by themselves and also, 53.3% don’t think that women would have the right to use the service or terminate their pregnancy even if the pregnancy fulfill the criteria. Ethnicity, marital status, and family size were the factors significantly associated with knowledge. Again, educational status, marital status and having knowledge about the legalization of abortion were a statistically significant association with the attitude.

Conclusion: The study indicated that knowledge of women toward the legalization of abortion was low but more than half of respondents prefer abortion on demand to be legalized.

Keywords: Abortion, Legalization, Women in reproductive age, Ethiopia

Plain English summary

Unsafe abortion contributes about 13% of the global burden of maternal mortality and up to 25–35% of maternal deaths in Ethiopia. Sixty nine percent of Ethiopian women who experienced termination of pregnancy used unsafe abortion practices.

The aim of this study was to assess the knowledge and attitude of women towards legalization of abortion and its associated factors. The data were collected voluntarily and women who were critically ill, unable to talk or listen were excluded from the study. To measure knowledge; first, we asked whether women were aware the current abortion law of Ethiopia; if they answered yes, we continued to ask the legal prerequisites in Ethiopia to interrupt pregnancy. Knowledge of women toward the legalization of abortion was measured by seven closed-ended questions. The answers for the seven questions were aggregated out of seven. Those respondents who score above the median knowledge level (median knowledge score = 4) were considered as having good knowledge.

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knowledge and those who score less than the median score were classified as having poor knowledge toward abortion legislation.

The attitude of women toward abortion legislation was measured by asking five closed-ended questions with both positive and negative responses. Those women who agreed or answer positively, considered as positive attitude and those respondents disagreed or negatively responded were considered as a negative attitude.

Of the 576 respondents: only 23.4% of women have good knowledge and 56% prefer abortion on demand to be legalized. Forty-three percent of women do not want to use the service even if it was legalized. And, 53.3% of women don’t think that women would have the right to use the service even if the pregnancy fulfills the legal criteria. Knowledge of abortion legislation differs among ethnic group, marital status, and households with different family size. Again, level of education, marital status, and knowledge of women about legislation of abortion were the associated factors for the attitude of women.

In conclusion, knowledge of women toward the legalization of abortion was low but more than half of respondents prefer abortion on demand to be legalized.

**Background**

Maternal mortality is a public health problem in the world, especially in developing countries. Each year more than half a million maternal death happen in the world. From this, 99% occur in developing countries [1]. Sub Saharan Africa and South Asian alone accounts for 84% global maternal deaths [2, 3]. There are many factors contributing to maternal deaths, from these hemorrhages, infection during and after delivery and also unsafe abortion are among the leading cause of maternal death [4]. Unsafe abortion alone contributes about 13% of the global burden of maternal mortality [5]. According to World Health Organization, every year greater than 42 million pregnancies are terminated due to various reasons; from that, approximately 20 million are due to unsafe abortions and it is estimated about 80, 000 worldwide deaths from it [6, 7].

In Ethiopia, the number of maternal deaths associated with complication of pregnancy and delivery is among the highest in the world [5]. In Ethiopia, the ratio of maternal mortality (MMR) is 412 per 100,000 live births [8]. Several studies indicate that unsafe abortion accounts for up to 25–35% of maternal deaths in Ethiopia [9, 10]. Unsafe abortion complication found to be significant public health problems in Ethiopia, accounting for the higher proportion of maternal morbidity, mortality and gynaecological admissions [7]. It can be prevented and reduced by expanding and improving family planning services and choices. With a low modern contraceptive prevalence rate (4.8%) and a high total fertility rate (6.8–7%), a large number of Ethiopian women faced unwanted pregnancies [5]. Sixty nine percent of Ethiopian women who experienced termination of pregnancy used unsafe abortion practices rather than medically supervised abortion [2, 5]. The reason behind might be the lack of knowledge and attitude of women toward the legalization of abortion.

Ethiopia amended abortion law in May 2005 under certain conditions. Abortion is now legal in cases of rape, incest or fetal impairment. In addition, a woman can legally terminate a pregnancy if her life or physical health is in danger, if she has physical or mental disabilities, or if she is a minor who is physically or mentally unprepared for childbirth [9, 11, 12].

Knowledge about abortion law among women is very important because it has implications for access to legal abortion services [13]. As outlined in the WHO guideline on safe abortion, the proportion of women with correct knowledge of the legal status of abortion are both indicators for measuring access to information about safe abortion [14]. Even when safe, legal abortion services are available, women who lack accurate information about the law may seek unsafe abortion because they do not know that they are eligible for the service or do not know the legal requirements for obtaining an abortion [15]. Knowledge alone is not guarantee to use any service; but the attitude determines.

Research on knowledge of abortion law and attitude of women towards the law may help to inform policy makers and education planners in Ethiopia. Unfortunately, not much research has been conducted in this area among the women in the country. The aim of this study was to investigate knowledge and attitude of women toward the abortion law. Furthermore this study also identifies the associated factors influencing knowledge and attitude of women toward the legalization abortion.

**Methods**

**Study design and setting**

A community based cross-sectional study design was conduct from January 02 to 17, 2017 in Arba Minch town. The Town is found 465 km from Addis Ababa (the capital city of Ethiopia) to the south. The town has 11 kebeles (the lower administrative unit of Ethiopia). According to population projection of the 2007 national census conducted by the central statistics agency of Ethiopia (CSA), there was an estimated population of 110,104 of whom 53,951 were men and 56,153 were women. From this, 21,360 were reproductive age women. There were 19,000 households in the town during the data collection period.
Study participants
The study population was women in reproductive-age who were living in the town for more than six months in the randomly selected kebeles of the town. The data were collected voluntarily and women who were critically ill, unable to talk or listen were excluded from the study.

Sample size and sampling method
The required sample size was determined using a single population proportion formula. The assumptions considered were; proportion (p) of 50%, a margin error of 5%, a design effect of 1.5 and none response rate of 10%. Accordingly, the sample size was: \( n = (1.96)^2 \times 0.5 \times (1-0.5)/ (0.05)^2; \) \( n = 384, \) and by considering 10% no response rate and a design effect of 1.5 the total sample size was 633. A multistage sampling technique was used. Five kebeles out of 11 kebeles were randomly selected using the lottery method. List of reproductive age women was extracted from a community-based intervention for action (CBIA) data in the selected kebeles which were collected by health extension workers. The calculated sample size was proportionally allocated to each kebele. To have individual study subjects, systematic sampling method was employed during data collection with K value of 4 \( (N = 2591 \text{ and } n = 633 \text{ i.e. every 4th from the registration}). \) The first woman was selected by lottery method.

Data collection procedure
Data were collected using field-tested structured questionnaire. The questionnaire was developed after reviewing related literatures. The questionnaire has different sessions such as socio-demographic characteristics of respondents, 7 abortion history items, 5 attitude items and 7 items on knowledge questions. The questionnaire prepared in English was translated to Amharic (local language) and back to English in order to maintain consistency. Five data collectors those speak the local language (Amharic) collected the data with two supervisors.

Data analysis
Data were entered into EpiData v3.1, exported to SPSS version 21 and cleaned to check for completeness and missing values. Descriptive statistics such as frequencies and summary statistics were used to describe the study population in relation to relevant variables. In binary logistic regression, both bivariate and multivariate analyses were carried out. All variables were entered into the bivariate analysis to identify the association between dependent and independent variables. Those explanatory variables with a \( p \)-value < 0.25 in the crude analysis had been used for multivariate analysis. In multivariate analysis, those variables with the \( p \)-value < 0.05 were considered as predictors of the legalization of abortion care.

Measurements
Knowledge of abortion legalization was measured by asking seven abortion legislation questions. Questions were developed based on reviewing the Ethiopian legislation for abortion and other similar studies [10, 16–18]. First, women asked whether they aware about the current abortion law of Ethiopia; if the woman answered yes, we continued to ask the legal prerequisites in Ethiopia to interrupt pregnancy to know their knowledge level. To assess knowledge of the abortion law, seven closed-ended questions were used. The answers for these seven questions were aggregated out of seven. Those respondents who score above the median knowledge level (median knowledge score = 4) were considered as having good knowledge and those who score less than the mean score were classified as having poor knowledge of abortion legislation.

Data quality management
The questionnaires were pretested outside the study area. After the pretest, the questionnaire was reviewed for appropriateness of wording; clarity of both contents and whether instructions elicited is going with responses. Data collectors were trained for one day to be familiar with the data collection tool. Editing and sorting of the questionnaires were done to determine the completeness and consistency of data every day during the data collection. The completed questionnaires were cross-checked and made a correction on daily basis.

Results
Socio-demographic characteristics
A total of 576 women were interviewed from five kebeles. The overall response rate was 91%. One hundred sixty seven (29%) of the respondents were in the age group of 35–39 with the mean age of 34.48 ± 5.43. Forty-five percent of women were Gamo in ethnicity while 27.9% were Konso. One hundred sixty six (28.9%) of study participants were attended primary school. Two hundred sixty two (45.6%) and 246 (42.7%) were followers of protestant and Orthodox religions, respectively. Two hundred forty seven (69%) of the mothers are currently living with their husband. One hundred seventy-three (30%) of the study participants were
government workers. Two hundred thirty two (40.4%) of the respondents earn monthly income of greater than 1500 Ethiopian Birr (27 Ethiopian Birr = 1 USD). Three hundred eighteen (55.2%) of the respondents had family size of 3–6 (Table 1).

### Abortion history
Among women included in the study 476(82.6%) had ever pregnant while 159(27.6%) had the history of unwanted pregnancy. One hundred twenty five (21.6%) of respondents have had induced abortion. From the total study participants about ninety two (73.5%) use private health institution as the place of abortion. Two hundred seventy one (47.1%) of women want to continue if they had unwanted pregnancy; while 158 (27.6%) women desire to terminate. Among the respondents, 372 (64.6%) were using family planning (Table 2).

### The attitude of women toward legalization of abortion
Among women included in the study 323(56%) prefer abortion on demand to be legalized while 241 (41.9%) do not prefer to be legalized. Out of the respondents 327 (56.8%) were think that if abortion is legally allowed people can use the service. Three hundred forty (59%) of respondents do not use the service by themselves if abortion is legally allowed and 308(53.4%) also do not think that woman have the right to terminate their pregnancy. Two hundred seventy (46.8%) do not agree if women decided for some reason to terminate their pregnancy (Table 3).

### Knowledge of respondents toward legalization of abortion
Among the women included in the study 187 (32.5%) had ever heard about safe abortion while 389(67.5%) had none. Out of respondents who had ever heard about save abortion 107(19%) were heard from their friends. Three hundred ninety six (69%) of respondents didn’t know about the complication of abortion while only 180(31%) knew. From the respondents only 135(23.4%) of women knew whether abortion was legal in Ethiopia but, majorities (67%) of respondents did not knew. From those respondents who knew about legalization of abortion in Ethiopia, 108(80%), 80(59%), 114(84.4%) and 18(13%) mentioned that abortion is legal if it is by incest, has a problem on mother; by rape and mother didn’t want respectively. One hundred seventeen (86.7%) of respondents believe that abortion was decided by women themselves while 18(13.3%) of them by doctor /health professionals. According to 93(69%) of respondents the time of abortion was before 3 months of pregnancy (Table 4).

### Table 1 Socio-demographic characteristics of the respondents of knowledge and attitude towards legalization of abortion, in Arba Minch town 2017 (n = 576)

| Characteristic          | Frequency(n) | Percent (%) |
|-------------------------|--------------|-------------|
| Age in year             |              |             |
| 15–19                   | 9            | 1.6         |
| 20–24                   | 21           | 3.6         |
| 25–29                   | 86           | 15          |
| 30–34                   | 112          | 19.4        |
| 35–39                   | 162          | 29          |
| 40–44                   | 94           | 16.3        |
| 45–49                   | 87           | 15.1        |
| Religion                |              |             |
| Protestant              | 262          | 45.6        |
| Orthodox                | 246          | 42.7        |
| Muslim                  | 53           | 9.1         |
| Others                  | 15           | 2.6         |
| Marital status          |              |             |
| Married                 | 247          | 69          |
| Single                  | 77           | 13.3        |
| Divorced                | 40           | 7           |
| Widowed                 | 62           | 10.7        |
| Ethnicity**             |              |             |
| Gamo                    | 256          | 44.5        |
| Goffa                   | 59           | 10.2        |
| Wolaita                 | 87           | 15          |
| Konso                   | 161          | 28          |
| Others                  | 13           | 2.3         |
| Educational status      |              |             |
| Not educated            | 62           | 10.7        |
| Able to write & read    | 132          | 22.9        |
| Primary school          | 166          | 29          |
| Secondary school        | 26           | 4.4         |
| Higher education        | 190          | 33          |
| Occupation              |              |             |
| Government workers      | 173          | 29.9        |
| Merchant                | 150          | 26          |
| House wife              | 151          | 26.3        |
| Student                 | 58           | 10.2        |
| Daily laborer           | 36           | 6.3         |
| Private worker          | 8            | 1.3         |
| Monthly income in Ethiopian Birr. | | |
| Less than 500           | 43           | 7.3         |
| 500–1500                | 172          | 29.9        |
| Greater than 1500       | 232          | 40.4        |
| Not known               | 129          | 22.4        |
| Family size             |              |             |
| Less than 3             | 183          | 31.8        |
| 3–6                     | 318          | 55.2        |
| Greater than 6          | 75           | 13          |

**Gurage, Zeyis, and Burji** the respective frequencies were 4 for Gurage, 7 for Zeyis and 2 for Burji

### Factors associated with attitude toward legalization of abortion
All predictors of attitude toward legalization of abortion were entered into a logistic regression model and the final associated factors were identified. From those
entered into the model, marital status, educational, pregnancy termination history and knowledge were statistically significant that affect the attitude of women toward legalization of abortion. The study revealed that single women and divorced were 81.9 and 93.1% times less likely had a good attitude as compared to married (Adjusted Odds Ratio (AOR) = .181, 95% Confidence Interval (CI): 0.377–0.087) and (Adjusted Odds Ratio (AOR) = 0.069, 95% Confidence Interval (CI): 0.062–0.460) respectively.

The attitude toward legalization of abortion among women who attend primary school was 3.666 times (AOR = 3.666, 95% CI: 1.772–7.581) and 3.431 times (AOR = 3.431, 95% CI: 1.083–10.87) more likely compare to those who attended higher education. Again,
those who were illiterate and read & write were 4.804 and 11.258 times more likely good attitude than higher education (AOR = 4.804 and 11.26, 95% CI: 1.453, 15.881 and 4.49, 28.227) respectively. Knowledge is a factor for attitude toward legalization of abortion. Those who answer, currently abortion on demand is illegal in Ethiopia 77.6% times (AOR = 0.224, 95% CI: .123–.409) less likely had a good attitude than those who answered I don’t know. But those who know abortion on demand is legal in Ethiopia were 1.84 times (AOR = 1.84, 95% CI: 1.137–2.976) more likely good attitude than those who don’t know (Table 5).

Factors associated with knowledge toward legalization of abortion

All predictors of knowledge toward legalization of abortion were entered into a logistic regression model and the final associated factors were identified. From those entered into the model, marital status, ethnicity and family size were statistically significant for knowledge. The knowledge of women who were Konso, Wolaita and those who were other in ethnicity was 93, 86 and 95.3% less likely more knowledgeable about the legalization of abortion compared to women who were Gamo in ethnicity respectively. The study revealed that single women were about 95.5% times (AOR = .045, 95% CI: .013–.158) less likely good knowledge as compared to married women and also the knowledge among divorced were 99.2% times (AOR = 0.008, 95% CI: 0.002–0.040) less likely compared to who married. Similarly, women who have less than 3 and more than 6 children were about 71.5 and 59.6% times (AOR = 0.285, 95% CI: 0.145–0.561) and (AOR = 0.404, 95% CI: 0.174–0.939) less likely had knowledge than those who have 3–6 children respectively (Table 6).

Discussion

The finding of our study showed that knowledge of women toward legalization of abortion was 23.4% which is low. The result was lower than study done in other part of the country. The study from Harari town revealed that about 35.7% of female students have knowledge towards the legislation of abortion. Again, the finding was much lower than the study done in Debra Markos hospital which was 92% [1]. Also, lower than the study conducted in other countries. The result was lower than study result in South Africa and Armenia which was 32% in South Africa [19] and 31% of women knew that, abortion is legal under any condition in Armenia [13]. The possible difference might be the difference in socio economic condition. But, the finding of this study was higher than study done in Zambia and Nepal. In Zambia the result was 16% [11]. In Nepal, from 1100 rural married women, only 15% knew about abortion law [13]. These findings clearly showed that the majority of women did not get information on their own affairs. Lack of knowledge is the result of lack of information. The causes of lower knowledge in the study area might be due to poor information dissemination to the target community. The result of systematic review showed that women who have knowledge of the legal status of abortion were less than 50% [20]. But, a study done in Latvia showed that more than half (53%) of women knew about the legalization of abortion [10, 19, 21]. In contradiction,

| Table 5 Factors associated with the attitude of respondents of attitude towards legalization of abortion, in Arba Minch town 2017 |
|-----------------------------------------------|
| **Attitude toward legalization of abortion** | **B** | **Sig.** | **AOR** | **95% CI. for AOR** |
| Positive | Negative |  |  | Lower | Upper |
| Marital status | Married | 93 | 172 | .000 |  |  |
| Single | 26 | 25 | −1.707 | .000 | .181 | .087 | .377 |
| Divorced | 22 | 5 | −1.778 | .000 | .169 | .062 | .460 |
| Widowed | 16 | 25 | −.051 | .879 | .950 | .489 | 1.844 |
| Educational level | College & above | 64 | 63 | .000 |  |  |
| Illiterate | 4 | 37 | 1.569 | .010 | 4.804 | 1.453 | 15.881 |
| Read and write | 26 | 62 | 2.421 | .000 | 11.26 | 4.490 | 28.227 |
| Primary school | 53 | 58 | 1.299 | .000 | 3.666 | 1.772 | 7.581 |
| Secondary school | 10 | 7 | 1.233 | .036 | 3.431 | 1.083 | 10.869 |
| Pregnancy terminated | Yes | 54 | 45 | −1.717 | .000 | .180 | .095 | .339 |
| No | 103 | 182 | .033 | .773 | 1.034 |  |  |
| Don’t know | 62 | 107 | .000 |  |  |  |
| Illegal | 38 | 87 | −1.494 | .000 | .224 | .123 | .409 |
| Legal | 57 | 33 | .609 | .013 | 1.839 | 1.137 | 2.976 |  |  |
this result was much higher than study done in Mizan Aman town of Ethiopia which was only 5.7% knew about the legalization of abortion [22]. This might be due to information dissemination problem throughout the country.

From those women who have good knowledge on the legalization of abortion majorities (84%) and (80%) of them believe it is legal if pregnancy was from rape/incest and from relative respectively. More than half (59%) of women, believes abortion is legal if it has problem on mothers as well as only 13% believe it is legally allowed for the mother if she don’t want.

Concerning the attitude of women; more than half of the respondents had a good attitude toward the abortion legalization while 42% do not. The result was consistent with the study done in the Mizan Aman town in which the attitude of women toward the legalization of abortion was 54.4% [22]. But, the result was somewhat higher than study done in Armenia and Debra Markos hospital which was 30 and 23% respectively [1, 13]. This difference might be due to the reality of the problem in the community. In Ethiopia, act of abortion has condemned almost by all religion and cultures. But, condemnation alone might not bring solution. More than half (57%) of the participants believe if service become legal, women can use the service but, 59% of women don’t think they will use by themselves even if abortion would be legal in Ethiopia. Almost half (53.3%) of respondents don’t think that women would have the right to terminate their pregnancy if the pregnancy fulfills the criteria. Again about 47% do not agree if women decided to terminate their pregnancy in any case. Therefore, the result showed that the majority (56%) of women had a positive attitude toward the legalization of abortion; but still large proportion of women have negative attitude toward the

| Variables       | Knowledge Legal | Knowledge Illegal | Sig. | AOR   | 95% CI for AOR Lower | 95% CI for AOR Upper |
|-----------------|-----------------|--------------------|------|-------|----------------------|----------------------|
| Constant        | 2.045           | .000               | 7.732|
| Ethnicity       |                 |                    |      |       |                      |                      |
| Gamo            | 31              | 140                | .000 | .014  | .009                 | .302                 |
| Wolaita         | 17              | 41                 | .001 | .140  | .045                 | .438                 |
| Konso           | 37              | 70                 | .000 | .071  | .029                 | .174                 |
| Others          | 5               | 43                 | .001 | .047  | .007                 | .302                 |
| Marital status  |                 |                    |      |       |                      |                      |
| Married         | 50              | 215                | .000 |       |                      |                      |
| Single          | 15              | 36                 | .000 | .045  | .013                 | .158                 |
| Divorced        | 19              | 8                  | .000 | .008  | .002                 | .040                 |
| Widowed         | 6               | 35                 | .428 | .568  | .141                 | 2.296                |
| Number of children |               |                    |      |       |                      |                      |
| 3–6 children    | 55              | 157                | .009 |       |                      |                      |
| Less than 3     | 29              | 93                 | .000 | .285  | .145                 | .561                 |
| More than 6     | 6               | 44                 | .035 | .404  | .174                 | .939                 |

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Nearly 40 years after India legalized abortion, Indian women continue to be unaware that safe abortion service was given at public health facilities or was unable to access it. Although abortion has been legal in India for decades, unsafe abortions were estimated to be 90% [18]. The underlying reason might be the attitude related to the issue. In our case, East Africa, in particular, has one of the world’s highest rates of maternal mortality linked to complications from unsafe abortions. Over 50% of all women seeking abortions in Ethiopia do so outside the reach of trained medical professionals and outside of health facilities even after the legalization of safe abortion service [6]. The reason might be due to stigma and the wrong belief of the community toward abortion which enforces women to choose secrecy over safety.

In our study, ethnicity, marital status and family size were the socio demographic factors significantly associated with knowledge. For attitude, marital statuses, level of education as well as knowledge were associated factors. The same with the study done in Debra Markos hospital and Mizan Aman town where the knowledge was the associated factors [1, 22]. This result was in line with the study done in Harari and Zambia; where age,
religion and marital status were a factor, but in our study age and religion were not significant [11, 21]. But, accessibility to abortion service was a factor for legalization of abortion in Zambia but not in our case [11]. Again study done in Mizan Aman town, the preference of termination was a factor for the knowledge of abortion; but here in our study it was not an associated factor [22].

The study showed that educational status, marital status and having knowledge about the legalization of abortion has a statistically significant association with an attitude. The result was in line with the study conducted in Mizan Aman town and Yirgalem south nation nationality of Ethiopia and other parts of Africa [11, 12, 19].

Conclusion
In conclusion, our study indicated that knowledge of women about the legalization of abortion was low and more than half of women had positive attitude to the legalization of abortion. But, still immense proportion of women (42%) have negative attitude toward the legalization of abortion. Moreover, Ethnicity, marital status, and the number of children were strong predictors of knowledge while education, history of pregnancy termination and knowledge were the predictor of attitude toward legalization of abortion. Thus, it was recommended that the concerned body should give attention to awareness creation and give comprehensive health education and information should be given on a local basis.

Acknowledgments
We are grateful to acknowledge our study participants for providing the necessary information and the data collectors for collecting the data carefully.

Funding
The data collection process of this study was funded by the Arba Minch University for the support of the data collection. The funding body only followed the process to confirm whether the fund allocated was used for the proposed research.

Availability of data and materials
The data collected for this study can be obtained from the first or last author based on a reasonable request.

Authors’ contributions
Both authors involved in the study proposal writing, design, data analysis, write-up, and drafted the first version of the manuscript, and participated in all phases of the project. All authors read and approved the final manuscript.

Ethics approval and consent to participate
An ethical approval for the study was obtained from the Ethical Review Committee of the College of Medicine and Health Science of Arba Minch University. Permission letter was obtained from the town health department and was presented to selected households: Oral consent was taken from each participant before the start of data collection. Confidentiality was assured that their responses will not in any way be linked to them. In addition, they were told they have the right not to participate and withdraw from the study.

Consent for publication
Not applicable.

Competing interests
There is no competing conflict of interest with the presented data as external data collectors collected it. There was no financial interest between the funder and the research area community and the authors. We, the researchers, have no any form of competing for financial and non-financial interest between ourselves.

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Received: 28 August 2018 Accepted: 28 October 2018
Published online: 21 November 2018

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