**Narrative Review Checklist**

| Section/Topic       | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------|---------|----------------------------------------------------------------------|------------------------------------|------------------------------|
| **TITLE**           |         |                                                                      |                                    |                              |
| Title               | 1       | Identify the report as a Narrative Review of …                      | Page1/line1-2                     | Title                        |
| **ABSTRACT**        |         |                                                                      |                                    |                              |
| Unstructured summary| 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page2/line28-45                  | Abstract/Para1               |
| **INTRODUCTION**    |         |                                                                      |                                    |                              |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | Page3-4/line56-85                | Introduction/Para1-2         |
| Objectives          | 4       | Specify the key question(s) identified for the review topic.        | Page4/line86-94                   | Introduction/Para3           |
| **METHODS**         |         |                                                                      |                                    |                              |
| Research selection  | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page4/line97-105                 | Methods/Para1                |
| **DISCUSSION/SUMMARY** |       |                                                                      |                                    |                              |
| Narrative           | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 1)Page9/line237-252 2)Page9-10/line253-264 3)Page10/line765-776 | 1)Discussion/Para1 2)Discussion/Para2 3)Discussion/Para3 |
| Summary             | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page10/line279-285              | Conclusion/Para1             |

*Article information: [http://dx.doi.org/10.21037/tan-20-1046](http://dx.doi.org/10.21037/tan-20-1046)*

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

Updated on May 11, 2020