New Technique of Intracorporeal Anastomosis and Transvaginal Specimen Extraction for Laparoscopic Sigmoid Colectomy

Zheng Wang, Xing-Mao Zhang, Hai-Tao Zhou, Jian-Wei Liang, Zhi-Xiang Zhou*

Abstract

Background: Despite the growing acceptance of laparoscopic colon surgery, an abdominal incision is needed to remove the specimen and perform an anastomosis. Recently, natural orifice specimen extraction (NOSE) and intracorporeal anastomosis have been proposed to minimize abdominal wall trauma and improve the quality of laparoscopic colon resections. Objective: To evaluate the feasibility and safety of a new approach combining intracorporeal delta-shaped anastomosis and transvaginal specimen extraction for totally laparoscopic sigmoid colectomy. Materials and Methods: Mobilization of bowel and dissection of lymph nodes were performed laparoscopically. After both proximal and distal incisal edges about 10.0 cm distance from sigmoid neoplasm were transected with an Endoscopic Linear Cutter-Straight, a small incision about 1.0 cm was created on the each colon wall of the contralateral side of the mesentery. Then anvils of an Endoscopic Linear Cutter-Straight were inserted into each colon through the small incisions, and incision and anastomosis between the walls of each colon were performed with a linear stapler. A V-shaped anastomosis was made on the wall and the remnant openings was reclosed with the Endoscopic Linear Cutter-Straight. The culdotomy was enlarged with laparoscopic ultrasound dissector. Transvaginal extraction of specimens was accomplished through a wound protector. Results: Surgery was performed for 11 patients with sigmoid cancer. No intraoperative complications or conversions occurred. The mean operating time was 132 min. All the patients were treated laparoscopically without any postoperative complications. Conclusions: The procedures of intracorporeal delta-shaped anastomosis and transvaginal specimen extraction are safe and oncologically acceptable for selected colon cancer cases.

Keywords: Totally laparoscopic sigmoid colectomy - intracorporeal delta-shaped anastomosis - transvaginal extraction
cancer underwent this procedure. All procedures were performed or supervised by surgeons experienced in both laparoscopic and colorectal surgery. Institutional review board approval was obtained before conducting this study. Patients gave their written informed consent to these procedures with intracorporeally delta-shaped anastomosis and transvaginal specimens extraction.

Operative techniques

The patients were placed in the modified lithotomy position, and the abdomen was then insufflated to 12 mmHg. A four-port technique was used, and the following ports were placed: a 12-mm blunt-tip port beside the navel, 5-mm ports in the upper right and lower left abdominal quadrants, and a 12-mm port in the right lower quadrant.

The small bowel was displaced from the pelvis with Trendelenburg and right tilt applied. The sigmoid colon was retracted towards the abdominal wall and the foot of the sigmoid mesocolon entered via a medial to lateral dissection. The inferior mesenteric artery and vein were defined and transected with laparoscopic linear staplers. The lateral colonic attachments were then freed along the line of Toldt to completely mobilize the sigmoid, distal part of the descending colon and the upper rectum. Splenic flexure mobilization was required in one case in which the lesion was located near the descending colon. The ureters, the hypogastric nerves, and the pelvic parasympathetic plexus were safeguarded. After both proximal and distal incisal edge about 10.0 cm distance from sigmoid neoplasm were transected by Endoscopic Linear Cutter-Straight, a small incision about 1.0 cm was created on the each colon wall of the contralateral side of mesentery. Then the upper and lower anvils of an Endoscopic Linear Cutter-Straight were inserted into each colon through the small incision respectively, and incision and anastomosis between the walls of each colon were performed by the linear stapler (Figure 1). A V-shaped anastomosis was made on the wall (Figure 2). The remanent openings were reclosed by an Endoscopic Linear Cutter-Straight (Figure 3, 4). The culdotomy was enlarged with laparoscopic ultrasound dissector. Transvaginal extraction of specimens was accomplished through a wound protector (Figure 5). The culdotomy was closed laparoscopically with a running suture. After the pelvic cavity has been irrigated with 1 liters saline, a pelvic drain was inserted through the incision in the right lower quadrant.

Results

For eleven patients, totally laparoscopic sigmoid colectomy with intracorporeally delta-shaped anastomosis and transvaginal specimens extraction was attempted.
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Figure 5. Transvaginal Extraction of Specimens was Accomplished Through A Wound Protector

Table 1. Patient Characteristics

| Case | Age (years) | BMI (kg/m²) | Tumor size (cm) | Stage | Operation time (min) | Blood loss (ml) | No. of lymph nodes harvested | POHS |
|------|-------------|-------------|-----------------|-------|----------------------|----------------|-----------------------------|------|
| 1    | 54          | 21.5        | 2.5             | T2N0  | 125                  | 20             | 18                          | 8    |
| 2    | 58          | 25          | 4               | T2N0  | 140                  | 10             | 15                          | 9    |
| 3    | 60          | 30          | 3.4             | T2N1  | 135                  | 12             | 17                          | 7    |
| 4    | 70          | 27.6        | 3.5             | T3N1  | 143                  | 15             | 14                          | 8    |
| 5    | 46          | 28          | 3.6             | T2N1  | 130                  | 25             | 15                          | 8    |
| 6    | 56          | 25.8        | 4               | T2N0  | 120                  | 23             | 14                          | 8    |
| 7    | 52          | 25.1        | 2.5             | T2N1  | 123                  | 15             | 12                          | 7    |
| 8    | 49          | 23.5        | 2.8             | T2NO  | 113                  | 25             | 15                          | 7    |
| 9    | 65          | 24.5        | 3               | T1N1  | 120                  | 30             | 15                          | 8    |
| 10   | 70          | 25.5        | 3.5             | T2N1  | 125                  | 24             | 16                          | 9    |
| 11   | 63          | 27.3        | 2.4             | T1N1  | 115                  | 15             | 13                          | 7    |

*BMI: body mass index; POHS: postoperative hospital stay

and completed successfully (Table 1). The operations were completed laparoscopically without any serious perioperative complications. No intraoperative vaginal injuries were encountered. The average operation time was 126 min (range 113–143 min), and the average blood loss was 19.4 ml (range 10–30 ml). The median number of harvested lymph nodes was 15 (range 12–18). Clear liquids were resumed on postoperative day 2, and a soft diet was allowed on postoperative day 3.

No major complications (e.g., anastomotic leakage, stenosis, or abdominal abscess) occurred. The average postoperative hospital stay was 8 days (range, 7-9 days), and no mortality occurred in this series. The follow-up period ranged from 3 to 15 months. Seven patient underwent postoperative chemotherapy. There was no evidence of metastasis.

Discussion

Laparoscopic surgery has had a major impact on the practice of colon surgery. Laparoscopically assisted colon resection for cancer has clear advantages in terms of earlier return of bowel function, decreased postoperative pain, decreased length of stay and morbidity, when compared to open resection. However, laparoscopically assisted colectomy still involves externalization of the bowel for resection and anastomosis, using the open access for specimen extraction.

Intracorporeal anastomosis procedures can now be performed because of advances in equipment and surgical techniques. The aim of intracorporeal anastomosis is to reduce the extension of the abdominal incision and minimizing wound-related complications, such as wound infection and incisional hernia. However, end to end colorectal reconstruction after laparoscopic sigmoid colectomy is commonly performed extraabdominally because of the complexity of intracorporeal colorectal anastomotic procedure using a circular stapler (Bergamaschi et al., 1997). We have developed a new method of intracorporeally delta-shaped anastomosis using only endoscopic linear staplers. It is a simple, easy, and time-saving technique. Technique of delta-shaped anastomosis which was used for the gastric cancer surgery was reported firstly in 2002 and our report described the details of totally laparoscopic resection with delta-shaped anastomosis for colon cancer surgery. Our initial results reveal that our technique for colorectal anastomosis is a safe procedure.

To maximize the benefits of minimal access colonic procedures, the natural orifice specimen extraction (NOSE), which does not involve extraction minilaparotomy, has been developed. Some limitations have been associated with transanal specimen extraction procedure, and the procedure may not be possible in patients with bulky tumors, a thick mesentery, a narrow rectum, or anal stenosis. In addition, the risk of damage to the function of the anal sphincter has not been fully investigated. So the vagina has been established as one of the preferred routes for specimen extraction in NOSE because of its improved healing and elasticity (Franklin et al., 2008; McKenzie et al., 2010). Breda et al. (Breda et al., 1993) in 1993 first performed transvaginal NOSE for a patient with a small, nonfunctional tuberculous kidney. Wilson et al. (Wilson et al., 2007) in 2007 used the transvaginal route after right hemicolectomy for right colon cancer. Dozois EJ et al (Dozois et al., 2008) in 2008 described a total colectomy with transvaginal extraction for hereditary nonpolyposis colon cancer.

We attempted to perform the procedure of intracorporeally delta-shaped anastomosis combined with the technique of transvaginal specimens extraction for sigmoid colon cancer and obtained good results. There is little data on this new technique previously. The benefits of this new technique include: reduced tissue trauma; absent abdominal incision for specimen extraction; less wound related complications. All these advantages lead to less pain, earlier return of bowel function and shorter hospital stay. This technique is therefore considered to be a more feasible and safe procedure for patients with sigmoid colon cancer. Intraabdominal opening of the bowel may increase the risk of abdominal abscess and vaginal metastasis, we used a protective barrier to reduce the incidence of these problems, although there are no reported cases in the literature; and there are no reports as well of complications related to the culdotomy. However, further prospective investigations are necessary to establish its superiority over the conventional laparoscopically assisted approach and other NOSE approach.

In our opinion, the use of intracorporeally delta-shaped anastomosis and transvaginal specimen extraction may
allow a sigmoid colectomy without complications in suitable patients. However, we believe that it should be performed by an experienced expert surgeon. In the future, this method would be an ideal choice for the suitable patients.

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