Asterosaponins: Structures, Taxonomic Distribution, Biogenesis and Biological Activities

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Abstract: Asterosaponins are a class of steroid oligoglycosides isolated from starfish with characteristic structures and diverse biological activities. In this review, we have attempted to combine the most important data concerning asterosaponins and give a list of these secondary metabolites with their structural peculiarities. The purpose of this review is to provide a brief but as complete as possible principal information about their chemical structures, taxonomic distribution in the marine environment, distribution in different geographical areas and depths, some properties, biological activities, and functions. Some other rare steroid metabolites from starfish, closely related in structures and probably biogenesis to asterosaponins, are also discussed.

Keywords: asterosaponins; structures; taxonomic distribution of producers; distribution in deep and shallow waters species; biological activities; biological functions; biosynthesis

1. Introduction

Asterosaponins are one of the most famous classes of marine polar steroids, discovered by Japanese chemists Y. Hashimoto and T. Yasumoto in 1960 [1]. Like some saponins of terrestrial origin, these compounds have a glycoside nature and represent a class of steroid oligoglycosides, giving foaming aqueous solutions. Asterosaponins are characteristic of one of the living classes of the phylum Echinodermata (echinoderms), namely Asteroidea (starfish or sea stars). Following Japanese scientists, a group led by an outstanding chemist Prof. L. Minale from Naples (Italy) has made a great contribution to the studies of asterosaponins [2–4]. Later, several teams of Russian and Chinese researchers, as well as scientists from some other countries, joined the search for and structural analysis of these secondary metabolites. Asterosaponins exhibit the characteristic hemolytic activity of saponins but differ from all other groups of saponins in their chemical structures. They demonstrate also other activities of interest in medicine.

Earlier, reviews [2–12] were published on marine polar steroids, including asterosaponins as one of their groups, but these articles did not contain complete information about the main features and properties of asterosaponins, accumulated to the present time, and often concerned only with specific time periods and only some aspects of their investigation.

The purpose of this review is to give a list of all these natural products known to date with their structures, taxonomic positions of producers, and places of collections. We intended to discuss the regularities in their distribution in the World Ocean, some chemical and biological properties, including biological activities, and other aspects of the investigation. We would also like to indicate new and/or such areas of the studies that should be strengthened.
2. Producers of Asterosaponins

Starfish are, as a rule, brightly colored marine invertebrates with a central disc and five or more arms often covered by spines. According to fossil records, starfish appeared not less than 450 million years ago. Taxonomically, the class Asteroidea (about 1900 species, inhabiting different areas from intertidal zone down to 6000 m abyssal settings in tropic, temperate, and polar waters) is difficult for analysis and many times revised. There are discrepancies and contradictions between systems based only on morphological characters and on the use of molecular genetic data. Nevertheless, classification with separation of three superorders Forcipulatacea (orders Forcipulatida and Brisingida), Spinulosacea (order Spinulosida), and Valvatacea (orders Valvatida, Paxillosida, and Notomyotida), and order Velatida are used in several taxonomic systems, including recent one [13,14]. The debate about the phylogenetic classification of the status of the infraclass Concentricycloidea (order Peripodida) continues.

Currently, the World Asteroidea Database contains about 1890 species [13]. Among these are two orders of the superorder Forcipulatacea. The order Forcipulatida is more numerous from them with more than 280 in majority predatory species, including many well-known species from temperate regions and a few cold-water and abyssal invertebrates. Animals belonging to both this order and order Brisingida (110 species) have so-called pedicellariae, particular wrench- or claw-shaped organs capable of responding to the environment, which probably keeps clear the body surface of starfish. Representatives of Brisingida live almost exclusively in deep-sea habitats, although a few species were found in cold shallow Antarctic waters. The corresponding starfish use the suspension-feeding and tend to have softer bodies when compared with Forcipulatida.

Three orders Valvatida, Paxillosida, and Notomyotida comprise another superorder, Valvatacea. The order Paxillosida (about 440 species) is considered by taxonomists as a primitive group. The order Valvatida includes a maximal number of species, about 760. Asterosaponins from the starfish belonging to orders Valvatida and Forcipulatida were first studied in comparison with those from other orders. The order Spinulosida (more than 130 species) contains starfish without pedicellariae and with short spines on the aboral (upper) surface. The order Velatida (about 140 species) is mostly deep-sea and cold-water starfish often of global distribution. The infraclass Concentricycloidea with 3 known species is a very small and rare group.

3. General Formula of Asterosaponins, Their Constituents, Some Chemical Properties

Chemically, classical asterosaponins are oligoglycosides with aglycons, which are $\Delta^{9(11)}$-sterol derivatives oxidized in side chains and at C-6 with sulfate group at 3β-position. Carbohydrate chains, consisting of 3–6 monosaccharides, are attached to C-6 (Figure 1). The majority of them have 5 or 6 monosaccharide residues. All these sugars are of D-series (beside arabinose) and attached to each other and aglycon by β-glycosidic bonds. Arabinose forms α-glycosidic bond with a neighboring sugar unit. The general formula of asterosaponins (1) is given below.

![General formula of asterosaponins](image)

Figure 1. General formula of asterosaponins.

where $R = $ side chain, $X = $ carbohydrate chain.
D-Fucopyranose (D-Fucp), D-quinovopyranose (D-Quip), D-xylopyranose (D-Xyp), D-glucopyranose (D-Glcp), D-galactopyranose (D-Galp), L-arabinopyranose (L-Arap), L-arabinofuranose (L-Araf), methylated D-quinovopyranose (3-OMe-D-Quip), and hydrate of 6-deoxy- D-xylo-4-hexulose (DXHU) were found in carbohydrate chains of classical asterosaponins as sugar units. A total of 38 types of side chains in aglycon moieties were detected in them and related non-classical asterosaponins (Figure 2).

Side chains in asterosapogenins contain 7, 8, 9, or 10 carbon atoms as in 24- or 26-nor-cholestane, cholane, cholestane, ergostane, and stigmastane series of sterols, respectively, and additional oxygen atoms in hydroxy, ketone, or epoxide fragments. In some cases, these structural fragments include one or rarely two double bonds.

Like other oligoglycosides, asterosaponins are hydrolyzed by acids or enzymatically with glycosidases to give either genuine aglycons or artificial genins (asterogenols) in dependence on the chemical structure of aglycons and conditions of hydrolysis along with sugar mixtures. A wide distributed aglycon, known as 3β-O-sulfate of thornasterol A (2), has the side chain, designated as A (Figure 2). It contains 20-hydroxy-23-oxo-fragment and is converted into pregnane derivative...
Asterone (3a) as a result of retroaldol reaction with cleavage of C (20)–C (22) bond in the conditions of acid hydrolysis. Asterone (3a) and its epimer, isoasterone (3b), were identified in hydrolysates of many asterosaponins. Glycosides with 3β-O-sulfate of asterone as aglycon are considered artificial compounds in asterosaponin fractions. However, there is no complete certainty that such compounds are 100% cleavage products of native glycosides. In reality, glycosides, containing sulfated asterone, frequently but not always present in glycoside fractions of starfishes before their isolation and separation into individual asterosaponins and may be detected by mass spectrometry. Moreover, some species contain glycosides with biochemically transformed asterone aglycons having a hydroxy group at C-20 of pregnane skeleton system. Further analyses in milder conditions of extraction or using some enzymes should establish details of the origin of pregnane series asterosaponins in some or other starfish [15]. It seems that some species, which do not contain asterosaponins with side chain A (Figure 2) also contain asterosaponins with pregnane aglycons, suggesting that in these starfish glycosides containing asterone could be genuine natural products, probably formed from 20,22-dioxygenated precursors in the same manner as pregnane steroid hormones are biosynthesized in higher animals.

Another retroaldol type cleavage is observed, when the distributed aglycon, known as sulfate of marthasterone (4) with side chain J, present in asterosaponins. In such cases, cholane asterogenol (5) are formed at hydrolysis (Figure 3) [15]. We will discuss, along with classical asterosaponins, the structures and properties of numerous glycosides isolated from different starfish with presumably artificial genins since their structures and biological activity also may be of interest.

**Figure 3.** Chemical transformation of native aglycons from some asterosaponin in conditions of acid hydrolysis.

**4. Structures and Taxonomic Distribution of Classical Asterosaponins**

Structures of classical oligoglycoside asterosaponins, sulfated at C-3 of aglycon, and their taxonomic distributions were analyzed according to the affiliation of their producers in main orders and families of the class Asteroidea. Some information about collections of the corresponding animals is also given in the corresponding Tables.

Diverse in respect of their chemical structures, asterosaponins were isolated from the starfish belonging to the order Valvatida with a maximal number of species in the class Asteroidea. Table 1 shows the list of these natural products, their structures, species from which they were isolated for the first time, and localities of collections of the corresponding producers.
Table 1. Structures and taxonomic distribution of asterosaponins from starfish of the order Valvatida.

| №  | Name                                      | Side Chain (R) | Carbohydrate Chain (X)                                      | Collection                      | References |
|----|-------------------------------------------|----------------|-----------------------------------------------------------|---------------------------------|------------|
|    | **Family Acanthasteridae**                |                |                                                          |                                 |            |
|    | **Acanthaster planic**                     |                |                                                          |                                 |            |
| 6  | Thornasteroside A (=Ophidianoside E)      | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  | Okinawa, Japan, shallow waters  | [16]       |
| 7  | Acanthaglycoside A                         | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  | Okinawa, Japan, shallow waters  | [17]       |
| 8  | Acanthaglycoside B                         | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  | Okinawa, Japan, shallow waters  | [18]       |
| 9  | Acanthaglycoside C                         | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  |                                 | [18]       |
| 10 | Acanthaglycoside D                         | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  |                                 | [18]       |
| 11 | Acanthaglycoside F                         | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  |                                 | [18]       |
| 12 | Without name (=Asterone analog of thornasteroside A) | O  | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  |                                 | [19]       |
| 13 | Acanthaglycoside G                         | K              | 1,2 1,4 1,3 1,6 Fucp-Quip-Quip-Agl                       | Van Phong Bay, Vietnam, depth of 5–10 m | [20]       |
|    | **Family Archasteridae**                  |                |                                                          |                                 |            |
|    | **Archaster typicus**                      |                |                                                          |                                 |            |
| 14 | Archasteroside A                           | CH             | 1,2 1,4 1,3 1,6 Fucp-Quip-Galp-Xylp-Agl                  | Quang Ninh, Vietnam, shallow waters | [21]     |
| 15 | Archasteroside B (16β-hydroxy)            | CH             | 1,2 1,4 1,3 1,6 Fucp-Quip-Galp-Xylp-Agl                  |                                 | [21]       |
| 16 | Archasteroside C                           | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  |                                 | [22]       |
|    | **Family Asterinidae**                    |                |                                                          |                                 |            |
|    | *Patiria pectinifera* (Asterina pectinifera) |                |                                                          |                                 |            |
| 17 | Pectinoside A                              | CH             | 1,2 1,4 1,3 1,6 Fucp-Galp-Xylp-Quip-Agl                  | Fukuoka, Japan, shallow waters  | [23]       |
### Table 1. Cont.

| No | Name                        | Side Chain (R) | Carbohydrate Chain (X) | Collection | References |
|----|-----------------------------|----------------|------------------------|------------|------------|
| 18 | Pectinioside B              |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [23]       |
| 19 | Pectinioside C              |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [24]       |
| 20 | Pectinioside D (Asterone analog of pectinioside A) | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [24]       |
| 21 | Pectinioside E              |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [25]       |
| 22 | Pectinioside F              |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [25]       |
| 23 | Pectinioside G              |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [26]       |
|    | **Patiria miniatia**        |                |                        |            |            |
| 24 | Patirioside A               |                | Ar<sub>5</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | Gulf of California, shallow waters | [27] |
| 25 | Patirioside B               |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [27]       |
|    | **Family Asteropseidae**    |                |                        |            |            |
| 26 | Asteropsiside A             |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | Van Fong Bay, Vietnam, shallow waters | [28] |
|    | **Family Goniasteridae**    |                |                        |            |            |
| 27 | Hippasterioside A           |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | Matua Isl., Sea of Okhotsk, depth of 100 m | [29] |
| 28 | Hippasterioside B           |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [29]       |
| 29 | Hippasterioside C           |                | Fu<sub>6</sub> Gl<sub>4</sub> Xy<sub>1</sub> Qu<sub>1</sub> Ag<sub>1</sub> | ——— | [29]       |
Table 1. Cont.

| No | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection                        | References |
|----|-----------------------|----------------|------------------------|-----------------------------------|------------|
| 28 | Novaeguinoside I      |                | 1.2                    | Sanya Bay, China, depth 2–15 m    | [33]       |
| 29 | Novaeguinoside II     |                | 1.2                    |                                   | [33]       |
| 30 | Hippasterioside D     |                | 1.2, 1.4, 1.3, 1.6     |                                   | [29]       |
| 31 | Laevigatoside         |                | 1.2, 1.3, 1.6          |                                   | [30]       |
| 32 | Ophidianoside B       |                | 1.2, 1.4, 1.3, 1.6     | Bay of Naples, Italy, shallow waters | [31]       |
| 33 | Ophidianoside C       |                | 1.2, 1.4, 1.3, 1.6     |                                   | [31]       |
| 34 | Ophidianoside F       |                | 1.2, 1.4, 1.3, 1.6     |                                   | [31]       |
| 35 | Regularioside A       |                | 1.2, 1.4, 1.3, 1.6     | New Caledonia, shallow waters     | [32]       |
| 36 | Regularioside B       |                | 1.2, 1.4, 1.3, 1.6     |                                   | [32]       |
| 37 | Without name (Asterosaponin 1) |          | 1.2, 1.4, 1.3, 1.6     |                                   | [34]       |
| 38 | Without name          |                | 1.2, 1.4, 1.3, 1.6     |                                   | [34]       |
In some cases, the third sugar in the main chain is attached to S2 by 1,4-bond. Terminal sugar units are connected with 1,3 bond and always bear quinovose residue, attached by 1,3 bond and always bears quinovose residue, attached by 1,3 bond and always bears quinovose residue, attached by 1,3 bond and always bears quinovose residue, attached by 1,3 bond and always bears quinovose residue.

More rare carbohydrate moieties with glucose as the first monosaccharide unit were also found in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar in some species. More rare carbohydrate moieties with glucose as the first monosaccharide unit were also found in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar in some species.

In the literature under this name, glycosides are given without name, β-glucoside, and NaO3S. In a carbohydrate chain consisting of six sugars with five sugars in the main chain, a more rare carbohydrate moieties with glucose as the first monosaccharide unit were also found in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar in some species.

**Table 1. Cont.**

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection               | References |
|----|-----------------------|----------------|------------------------|--------------------------|------------|
| 41 | Without name          |                | 1,2- Fu₆p- Xy₁₂p- Qu₁₃p- Agl₁₆p | ——  | [34] |
| 42 | Without name          |                | 1,2- Fu₁₄p- Qu₁₃p- Gl₁₆p | ——  | [35] |
| 43 | Novaeguinoside A      |                | 1,2- Fu₁₄p- Xy₁₂p- Qu₁₃p- Agl₁₆p | Sanya Bay, China, depth was not reported | [36] |
| 44 | Novaeguinoside C      |                | 3-O-Me-Ou₁₃p- Xy₁₂p- Gl₁₆p | Sanya Bay, China, depth 2–20 m | [37] |
| 45 | Novaeguinoside D      |                | 3-O-Me-Ou₁₃p- Xy₁₂p- Gl₁₆p | ——  | [37] |
| 46 | Without name          |                | 1,2- Fu₁₄p- Xy₁₂p- Qu₁₃p- Agl₁₆p | ——  | [38] |
| 47 | Reticulatoside A      |                | 1,2- Fu₁₄p- Xy₁₂p- Qu₁₃p- Agl₁₆p | Grand Bahama Isl., Bahamas, depth was not reported | [39] |
| 48 | Reticulatoside B      |                | 1,2- Fu₁₄p- Xy₁₂p- Qu₁₃p- Agl₁₆p | ——  | [39] |
| 49 | Asterone analog of ophidianoside F | | 1,2- Fu₁₄p- Xy₁₂p- Qu₁₃p- Agl₁₆p | ——  | [39] |
| 50 | Pentareguloside A (16β-hydroxy) | | 1,2- Fu₁₄p- Gl₁₃p- Qu₁₃p- Agl₁₆p | Cham Isls., Vietnam depth of 5–20 m | [40] |
| 51 | Pentareguloside D     |                | 1,2- Fu₁₄p- Qu₁₃p- Xy₁₂p- Agl₁₆p | ——  | [40] |
| 52 | Pentareguloside E     |                | 1,2- Fu₁₄p- Qu₁₃p- Xy₁₂p- Agl₁₆p | ——  | [40] |
| 53 | Pentareguloside F     |                | 1,2- Fu₁₄p- Qu₁₃p- Xy₁₂p- Agl₁₆p | ——  | [40] |
| 54 | Pentareguloside G     |                | 1,2- Fu₁₄p- Qu₁₃p- Xy₁₂p- Agl₁₆p | ——  | [40] |
Carbohydrate moieties show many structural features common to all compounds in this class (Figure 4). The first sugar unit (S1), attached to C-6 hydroxy group in aglycon, is quinovose in most cases. More rare carbohydrate moieties with glucose as the first monosaccharide unit were also found in some species. Next monosaccharide unit (S2) (usually quinovose or xylose) is linked to this sugar by 1,3 bond and always bears quinovose residue, attached by β-1,2-bond in this branching point. The third sugar in the main chain is attached to S2 by 1,4-bond. Terminal sugar units are connected with S3 by 1,2-bond. In a carbohydrate chain consisting of six sugars with five sugars in the main chain, a terminal sugar unit is linked with S4 by 1,3-bond (type ii). In hexasaccharide carbohydrate chains with two branchings, the second terminal sugar unit is linked with S3 by 1,4-bond (type iii). The main types of architecture of carbohydrate chains of asterosaponins from Valvatida and other starfish orders are given below:

![Carbohydrate Chains of Asterosaponins](image)

**Figure 4.** Main types of architecture of carbohydrate chains of asterosaponins.

It is of interest from chemotaxonomic point of view that rare carbohydrate chains with two branching points (type iii) were so far found in Valvatida only in representatives of the family Asterinidae. In contrast with the majority of asterosaponins, some oligoglycosides from starfish, belonging to the families Oreasteridae and Ophidiasteridae, contain glucose instead of quinovose as S1 unit in their carbohydrate moieties. Moreover, minor asterosaponins having only three sugars (44–46) with glucose as the first sugar were found in Oreasteridae. The loss of hydrophilicity in them is compensated by the greater polarity of aglycons.

In their skeleton systems, the aglycon moiety of these glycosides varies from C_{26} to C_{29} compounds, although C_{27} aglycons predominate in the majority of cases, suggesting the participation of C_{27} sterols or sterol sulfates in their biosynthesis. Biotransformations, leading to these aglycons, were not studied and probably occur under the action of desaturases and oxidoreductases similar to cytochromes P_{450} in higher animals. Double bonds in 22(23)- and 24(25)-positions were indicated along with rare 20(22)- and 23(24)-double bonds. Sometimes, precursors with 22(23)-double bond give the corresponding epoxides. Characteristic patterns of oxidation at C-6, C-20, C-22, and/or C-23 were indicated in aglycons.

The scientific field concerning the biosynthesis of asterosaponins and related metabolites is poorly understood, although the variety of enzymes that implement the biosynthesis of asterosaponins is significant, and some of them can be used in the biotechnology of highly oxidized steroids.

A portion of aglycons does not contain C-23 ketone group, characteristic of many asterosaponins. Solasteroside A (56) with less oxidized aglycon, containing only hydroxy group at C-20 but without the
ketone in the side chain, was found in *Solaster borealis* (family Solasteridae). In addition, archasteroside B (15) from *Archaster typicus* (family Archasteridae) and pentareguloside A (50) from *Pentaceraster regulus* (family Oreasteridae) have one more oxygen atom in the steroid nucleus (16β-hydroxy group). Moreover, two unprecedented oligosaccharides (57,58) from this starfish species belong to the furostane type, with 58 having a 27-nor-ergostane skeleton system of aglycon (Figure 5) [40].

![Figure 5. Structures of pentaregulosides B and C from the starfish *Pentaceraster regulus*.](image)

Thus, to the best of our knowledge, 53 classical asterosaponins (together with compounds 57 and 58) were so far isolated from starfishes belonging to the order Valvatida.

Almost all species producers of asterosaponins were found in shallow water starfish, inhabiting moderate, subtropical, and tropical areas of the Northern Hemisphere. At that, representatives of many deep-sea families either were not studied or asterosaponins were not found in them.

The results of the studies on asterosaponins from representatives of the order Forcipulatida are given in Table 2.

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection                                      | References |
|----|-----------------------|----------------|------------------------|-------------------------------------------------|------------|
|    |                       |                |                        | Family Asteriidae                                |            |
|    | Anasteroside A        |                |                        | *Anasterias minuta*                              |            |
| 59 |                       |                | 1,2-Fucp—1,4-GlcP—1,3-Quip—1,6—Quip—1,3—Agl | Argentine Patagonian coast, depth was not reported | [45]       |
| 60 | Anasteroside B        |                |                        |                                                  |            |
|    |                       |                | 1,2-Fucp—1,4-GlcP—1,3-Quip—1,6—Quip—1,3—Agl |                                                  | [45]       |
|    |                       |                |                        | Family Aphelastrias                                |            |
|    | Aphelasteroside F     |                | 1,2-Fucp—1,4-GlcP—1,3-Quip—1,6—Quip—1,3—Agl | Posyet Bay, Sea of Japan, Russia, depth of 3–10 m | [44]       |
|    |                       |                |                        | Family Asterias amurensis                          |            |
| 61 | Glycoside B2 (=Forbeside B) |            | 1,2-Quip—1,4-GlcP—1,3-Quip—1,6—Quip—1,3—Agl | Pacific coast of Hokkaido, Japan, depth was not reported | [45]       |

Table 2. Structures and taxonomic distribution of asterosaponins from starfish belonging to the order Forcipulatida.
| №  | Name                           | Side Chain (R) | Carbohydrate Chain (X) | Collection | References |
|----|-------------------------------|----------------|-------------------------|------------|------------|
| 63 | Ovarian asterosaponin-1 (=Forbeside C) | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Fu<sub>5</sub> - 1.3 Qu<sub>1</sub> - DXHU (hydrate form) | —          | [46]       |
| 64 | Co-ARIS II                    | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Fu<sub>5</sub> - 1.3 DXHU - 1.6 Agl | —          | [47]       |
| 65 | Ovarian asterosaponin-4 (=Co-Aris III) | ![Structure](attachment) | 1.2 Qu<sub>1</sub> - Glc<sub>1</sub> - Xyl<sub>2</sub> - Qu<sub>1</sub> - Agl | —          | [48]       |
| 66 | Asteroside A                  | ![Structure](attachment) | 1.2 Qu<sub>1</sub> - Gal<sub>1</sub> - Xyl<sub>2</sub> - Qu<sub>1</sub> - Agl | Pacific coast of Hokkaido, Japan, depth was not reported | [49]       |
| 67 | Asteroside B                  | ![Structure](attachment) | 1.2 Qu<sub>1</sub> - Gal<sub>1</sub> - Xyl<sub>2</sub> - Qu<sub>1</sub> - Agl | —          | [49]       |
| 68 | Asteroside C                  | ![Structure](attachment) | 1.2 Qu<sub>1</sub> - Gal<sub>1</sub> - Xyl<sub>2</sub> - Qu<sub>1</sub> - Agl | —          | [49]       |
| 69 | Asteroside D                  | ![Structure](attachment) | 1.2 Qu<sub>1</sub> - Gal<sub>1</sub> - Xyl<sub>2</sub> - Qu<sub>1</sub> - Agl | —          | [49]       |
| 70 | Without name                  | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | Coast of Pohang, Korea, depth was not reported | [50]       |
| 71 | Without name                  | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | —          | [50]       |
| 72 | Without name                  | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | —          | [50]       |
| 73 | Versicoside A (=Forbeside A)  | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | Nagasaki Prefecture, Japan, offshore of Shimabara | [51]       |
| 74 | Versicoside B                 | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | —          | [52]       |
| 75 | Versicoside C                 | ![Structure](attachment) | 1.2 Fu<sub>5</sub> - 1.4 Gal<sub>1</sub> - 1.3 Qu<sub>1</sub> - Agl | —          | [52]       |
### Table 2. Cont.

| No | Name               | Side Chain (R) | Carbohydrate Chain (X) | Collection                             | References |
|----|--------------------|----------------|-------------------------|----------------------------------------|------------|
| 76 | Forbeside D        |                | Fucp[1,2] → Fuqp[1,2] → Arqp[1,2] → Quqp[1,2] → Agl[1,2] | Passamaquoddy Bay, Canada              | [53]       |
| 77 | Forbeside F        |                | Fucp[1,2] → Quqp[1,2] → DXHU[1,2] → Agl[1,2] | ——                                      | [54]       |
| 78 | Forbeside G        |                | Quqp[1,2] → DXHU[1,2] → Agl[1,2] | ——                                      | [54]       |
| 79 | Forbeside H        |                | Quqp[1,2] → Xybp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [54]       |

#### Asterias forbesi

| 80 | Ruberoside A       |                | Fucp[1,2] → Fuqp[1,2] → Quqp[1,2] → DXHU[1,2] → Agl[1,2] | Fredericia, Denmark, Baltic Sea, depth was not reported | [55,56] |
| 81 | Ruberoside B       |                | Fucp[1,2] → Quqp[1,2] → DXHU[1,2] → Agl[1,2] | ——                                      | [55,56] |
| 82 | Ruberoside C       |                | Fuqp[1,2] → Xybp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [55,56] |
| 83 | Ruberoside D       |                | Quqp[1,2] → Xybp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [55,56] |
| 84 | Ruberoside E       |                | Quqp[1,2] → Xybp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [56,57] |
| 85 | Ruberoside F       |                | Quqp[1,2] → Xybp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [56,57] |
| 86 | Ruberoside G       |                | Fucp[1,2] → Fuqp[1,2] → Quqp[1,2] → DXHU[1,2] → Agl[1,2] | ——                                      | [56]       |
| 87 | Without name       |                | Quqp[1,2] → Quqp[1,2] → Quqp[1,2] → Agl[1,2] | ——                                      | [53,56] |

#### Unidentified species of the family Asteridae

| 88 | Asteriidoside A    |                | Fucp[1,2] → Galp[1,2] → Quqp[1,2] → Agl[1,2] | Tethys Bay, Antarctica, depth was not reported | [58]       |
| №   | Name                   | Side Chain (R) | Carbohydrate Chain (X) | Collection | References |
|-----|------------------------|----------------|------------------------|------------|------------|
| 89  | Asteriidoside B        |                | \(\text{Fuc}_\text{p}\text{Fruc}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [58]       |
| 90  | Asteriidoside C        |                | \(\text{Fuc}_\text{p}\text{Fruc}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [58]       |
| 91  | Asteriidoside D        |                | \(\text{Ar}_\text{p}\text{Fuc}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [58]       |
| 92  | Asteriidoside E        |                | \(\text{Ar}_\text{p}\text{Fuc}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [58]       |

**Coscinasterias tenuispina**

| №   | Name                    | Side Chain (R) | Carbohydrate Chain (X) | Collection                  | References |
|-----|-------------------------|----------------|------------------------|----------------------------|------------|
| 93  | Tenuispinoside A        |                | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) | Bay of Naples, Italy,      | [59]       |
|     |                         |                |                        | depth was not reported      |            |
| 94  | Tenuispinoside B        |                | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [59]       |
| 95  | Tenuispinoside C(12α-hydroxy) |              | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [59]       |
| 96  | Asterone analog of      |                | \(\text{Fuc}_\text{p}\text{Fruc}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) |            | [59]       |
|     | regularoside B          |                |                        | Terra Nova Bay,            |            |
|     |                         |                |                        | Antarctica, depth          | [60]       |
|     |                         |                |                        | was not reported           |            |

**Diplasterias brucei**

| №   | Name                    | Side Chain (R) | Carbohydrate Chain (X) | Collection                  | References |
|-----|-------------------------|----------------|------------------------|----------------------------|------------|
| 97  | Diplasterioside A       |                | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Qu}_\text{b}\text{Agl}\) | Terra Nova Bay,            | [60]       |
|     |                         |                |                        | Antarctica, depth          |            |
|     |                         |                |                        | was not reported           |            |
| 98  | Diplasterioside B       |                | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Qu}_\text{b}\text{Agl}\) |            | [60]       |

**Distolasterias nipon**

| №   | Name                    | Side Chain (R) | Carbohydrate Chain (X) | Collection                  | References |
|-----|-------------------------|----------------|------------------------|----------------------------|------------|
| 99  | Nipoglycoside A         |                | \(\text{Fuc}_\text{p}\text{Gal}_\text{p}\text{Xyl}_\text{b}\text{Qu}_\text{b}\text{Agl}\) | Mutsu Bay, Japan,          | [61]       |
|     |                         |                |                        | depth was not reported      |            |
| 100 | Nipoglycoside B         |                | \(\text{Fuc}_\text{p}\text{Glc}_\text{p}\text{Qu}_\text{b}\text{Agl}\) |            | [61]       |
| 101 | Nipoglycoside C         |                | \(\text{Fuc}_\text{p}\text{Glc}_\text{p}\text{Qu}_\text{b}\text{Agl}\) |            | [61]       |
### Table 2. Cont.

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection | References |
|----|-----------------------|----------------|-------------------------|------------|------------|
| 102| Nipoglycoside D       |                | 1.2 Fu₅p-Gl₆p-Qu₄p-Agl |            | [61]       |
| 103| Leptasterioside A     |                | 1.2 Fu₅p-Fu₄p-Xyl₄p-Qu₄p-Agl | Isl. Bolshoy Shantar, Sea of Okhotsk, depth 20–40 m | [62]       |
| 104| Leptasterioside B     |                | 1.2 Fu₅p-Fu₄p-Xyl₄p-Qu₄p-Agl |            | [62]       |
| 105| Leptasterioside C     |                | 1.2 Fu₅p-Fu₄p-Gl₆p-Qu₄p-Agl |            | [62]       |
| 106| Leptasterioside D     |                | 1.2 Fu₅p-Fu₄p-Gl₆p-Qu₄p-Agl |            | [62]       |
| 107| Leptasterioside E     |                | 1.2 Fu₅p-Fu₄p-Gl₆p-Qu₄p-Agl |            | [62]       |
| 108| Leptasterioside F     |                | 1.2 Fu₅p-Fu₄p-Gl₆p-Qu₄p-Agl |            | [62]       |
| 109| Hylodoside A          |                | 1.2 Qu₄p-Gl₆p-Qu₄p-Agl | Sea of Okhotsk, depth 50–100 m | [63]       |
| 110| Lethasterioside A     |                | 1.2 Fu₅p-Gal₅p-Xyl₄p-Qu₄p-Agl | Posyet Bay, Sea of Japan, Russia, depth 5–10 m | [64]       |
| 111| Lethasterioside B     |                | 1.2 Fu₅p-Gal₅p-Xyl₄p-Qu₄p-Agl |            | [64]       |
| 112| Marthasteroside A₁     |                | 1.2 Fu₅p-Gal₅p-Xyl₄p-Qu₄p-Agl | Bay of Naples, Italy, depth was not reported | [65]       |
| 113| Marthasteroside A₂     |                | 1.2 Fu₅p-Gal₅p-Xyl₄p-Qu₄p-Agl |            | [65]       |
The order Forcipulatida unites the most common species of the class Asteroidea. Many studied starfish were collected in the Mediterranean and other European waters, in the Far Eastern Pacific waters, and even in cold water areas adjacent to Antarctica. Thus, samples of starfish belonging to this order from both Northern and Southern Hemispheres were studied. The majority of the studied species were collected from shallow waters, although several species inhabiting depths 50–100 m were also examined and, although did not demonstrate the principal difference in structures of their

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection          | References |
|----|-----------------------|----------------|------------------------|---------------------|------------|
| 114| Marthasteroside B     |                | 1.2 Fu<sub>p</sub>−Fu<sub>p</sub>−Qu<sub>p</sub>−Glc<sub>p</sub>−Agl | ——                  | [65]       |
| 115| Marthasteroside C     |                | 1.2 Fu<sub>p</sub>−Fu<sub>p</sub>−Qu<sub>p</sub>−Glc<sub>p</sub>−Agl | ——                  | [65]       |
| 116| Labidiasteroside A    |                | 1.2 Fu<sub>p</sub>−Qu<sub>p</sub>−Glc<sub>p</sub>−Glc<sub>p</sub>−Agl | Antarctic waters    | [66]       |
| 117| Cosmasteroside A      |                | 1.2 Fu<sub>p</sub>−Xyl<sub>p</sub>−Xyl<sub>p</sub>−Qu<sub>p</sub>−Agl | Argentine          | [67]       |
| 118| Cosmasteroside B      |                | 1.2 Fu<sub>p</sub>−Xyl<sub>p</sub>−Xyl<sub>p</sub>−Qu<sub>p</sub>−Agl | ——                  | [67]       |
| 119| Cosmasteroside C      |                | 1.2 Xyl<sub>p</sub>−Xyl<sub>p</sub>−Qu<sub>p</sub>−Agl           | ——                  | [67]       |
| 120| Cosmasteroside D      |                | 1.2 Xyl<sub>p</sub>−Xyl<sub>p</sub>−Glc<sub>p</sub>−Agl           | ——                  | [67]       |

**Family Zoroasteridae**

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection          | References |
|----|-----------------------|----------------|------------------------|---------------------|------------|
| 121| Santiagoside          |                | 1.4 Fu<sub>p</sub>−Qu<sub>p</sub>−Glc<sub>p</sub>−Agl | Greenwich Isl., Santiago, Chile, depth 35 m | [68]       |

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection          | References |
|----|-----------------------|----------------|------------------------|---------------------|------------|
| 122| Myxodermoside A       |                | 1.4 Ga<sub>p</sub>−Xyl<sub>p</sub>−Qu<sub>p</sub>−Agl | Gulf of California, depth not reported | [69]       |
asterosaponins in comparison with those of Valvatida, they often contained new variants of aglycons. A few species collected from the depths of 20–100 m contained asterosaponins with unsaturated side chains in aglycon moiety.

In the majority of cases, carbohydrate chains belong mainly to (i) and (ii) types (see Figure 4). A peculiarity of carbohydrate moieties in some asterosaponins from the corresponding starfishes consists in the presence of 6-deoxy-xylo-hex-4-ulose (DXHU) hydrate sugar unit, derived from quinovose. This sugar contains a ketone group in hydrate form and always occupies the first position in the carbohydrate chain. Atypical tetrasaccharide chains were found in some species of families Stichasteridae and Zoroasteridae, as well as one tetraside and two trisides were isolated from the starfish Asterias forbesi (family Asteriidae).

However, only further analysis should clarify in detail the influence of deep-water environment on structures of asterosaponins. A total of 64 asterosaponins were found in the studied starfish of this order (Table 2).

The results of the studies on asterosaponins from representatives of the order Paxillosida are given in Table 3.

**Table 3.** Structures and taxonomic distribution of asterosaponins from starfish belonging to the order Paxillosida.

| №  | Name           | Side Chain (R) | Carbohydrate Chain (X)                           | Collection                      | References |
|----|----------------|----------------|--------------------------------------------------|---------------------------------|------------|
|    |                |                | Family Astrepectinidae                           |                                 |            |
|    |                |                | Astropectinidae <i>Astropecten monacanthus</i>   |                                 |            |
|    |                |                |                                                  |                                 |            |
| 123| Astrosterioside A |    | 1,2 1,4 1,3 1,6                                   | Cat Ba, Haiphong, Vietnam, depth | [70]       |
|    |                |                |                                                   | was not reported                |            |
| 124| Astrosterioside B |    | 1,2 1,4 1,3 1,6                                   | ——                              | [70]       |
|    |                |                |                                                   |                                 |            |
| 125| Astrosterioside C |    | 1,2 1,4 1,3 1,6                                   | ——                              | [70]       |
|    |                |                |                                                   |                                 |            |
| 126| Astrosterioside D |    | 1,2 1,4 1,3 1,6                                   | ——                              | [70]       |
|    |                |                |                                                   |                                 |            |
|    |                |                | Psilaster cassiope                                |                                 |            |
| 127| Psilasteroside  |    | 1,2 1,4 1,3 1,6                                   | Northern Gulf of Mexico, offshore | [71]       |
|    |                |                |                                                   | waters                          |            |
|    |                |                |                                                   |                                 |            |
|    |                |                | Family Luidiidae                                  |                                 |            |
|    |                |                | <i>Luidia quinaria</i>                            |                                 |            |
| 128| Luidiaquinoside |    | 1,2 1,4 1,3 1,6                                   | Sendai, Japan, depth was not      | [71]       |
|    |                |                |                                                   | reported                        |            |
Starfishes belonging to the order Paxillosida often contain the characteristic of many starfish species aglycon with 20-hydroxy-23-oxo-side chain. Some of them, representatives of the families Astropectinidae and Goniopectinidae, have unusual carbohydrate moieties with rare arabinofuranose and 3-O-methyl-quino-pyranose sugar units and oxidized at C-20 and C-22 aglycons. Totally, 13 asterosaponins were found in starfish belonging to this order (Table 3).

The results of the studies on asterosaponins from species of the orders Spinulosida and Brisingida are given in Table 4.
The studied starfish of the order Spinulosida do not show significant differences in structures of their asterosaponins when compared with representatives of other orders. However, it does not concern two asterosaponins, collected from a significant depth (about 600 m) using a submersible. The corresponding oligoglycosides (142, 143) contain very rare, oxidized only at C-20, aglycons and carbohydrate chains with two branchings. Thus, it was confirmed that deep-sea starfish may be producers of new variants of asterosaponins. It is of particular interest because only polyhydroxysteroids containing sulfate groups, but not asterosaponins, were so far found in many starfish from similar depths. To the best of our knowledge, along with 8 asterosaponins, found in Spinulosida and Brisingida, a total of 138 classical asterosaponins were isolated from starfish.

Thus, this class of secondary metabolites is characterized in Asteroidea by uniform constituents with strictly organized, numerous oligoglycoside carbohydrate moieties and diverse side chains in aglycons with a predominance of those containing both 20-hydroxy and 23-ketone functionalities. However, deep-sea species with their asterosaponins with uncommon steroid aglycons are of significant interest from point of view of the search for new variants of asterosaponins.

5. Structures and Distribution of Non-Classical Asterosaponins

Several mono- and biosides, closely related to classical asterosaponins (we call them non-classical asterosaponins), were found in the starfish. One of these groups (“shortened” asterosaponins) contains only one sugar in carbohydrate moiety when compared with classical asterosaponins, but this sugar...
bears an additional sulfate group that partly compensates the loss in hydrophilicity. Novaeguinosides A and B and asterosapponin without a name (144–146) have 4-O-sulfate of quinovopyranose unit and aglycons with side chain also bearing polar substituents, as in trisaccharide asterosaponins 44–46 from the same starfish Culcita novaeguinea [37,38]. Novaeguinosides A (144) is the first asterosapponin with three sulfate groups (Figure 6).

![Diagram of Novaeguinosides A and B](image)

(A) Novaeguinoside A (144) *  (B) Novaeguinoside B (145)  (C) Without name (146)

Figure 6. Structures of non-classical asterosaponins with one monosaccharide residue in carbohydrate chains from the starfish Culcita novaeguinea. (A) Novaeguinoside A (144) * [37]; (B) Novaeguinoside B (145) [37]; (C) Without name (146) [38]. * Two different glycosides are given in the literature under this name.

Another group of closely related metabolites is monosides from the starfish (147–149), characterized by the presence of pregnane aglycons, which could not be resulted from retro-aldol cleavage from asterosaponins with 20-hydroxy and 23-oxo groups because it contains hydroxy group in the side chain of pregnane aglycons instead of carbonyl. However, co-isolated compound 150 and compound 151 have asterone (3a) as aglycon, but their origin from other compounds through retro-aldol reaction is questionable. Aphelasteroside C (152) from Aphelasterias japonica and latespinosides A-C (153–155) from Astrepecten latespinosus contain aglycons with side chains earlier found in some classical asterosaponins, while latespinoside D (156) is the first glycoside from starfish with androstane type of aglycon (Table 5).

Table 5. Structures and taxonomic distribution of non-classical asterosaponins with one monosaccharide residue in carbohydrate chains.

| №  | Name                  | Side Chain (R) | Carbohydrate Chain (X) | Collection          | References |
|----|-----------------------|----------------|------------------------|---------------------|------------|
| 147| Forbeside E           |                | 4-O-sulfate-Quip       | Indian Point, Bay of Fundy, Canada, depth was not reported | [79]       |
| 148| Forbeside E1          |                | Quip                   |                     | [80]       |
| 149| Forbeside E2 (without sulfate group at C-3) |                | 4-O-sulfate-Quip       |                     | [80]       |
| 150| Forbeside E3          |                | Quip                   |                     | [80]       |
| 151| Cheliferosis L1       |                | 4-O-sulfate-Quip       | Isl. Shiashkotan, Kuril Islands, 100–150 m | [81]       |
were isolated from the starfish Henricia downeyae. A structural similarity to asterosaponins and has the same type of possessing carbohydrate residues attached to C-6 through phosphate bridge, from a «living fossil» steroid aglycons, but in the contrast with classical asterosaponins, carbohydrate moiety in them is characterized by the presence of pregnane aglycons, which could not be resulted from retro-aldol cleavage from asterosaponins with 20-hydroxy and 23-oxo groups because it contains hydroxy group.

These polar steroids were isolated from representatives of all the studied orders of the class Chelicerata, the northern Gulf of Mexico at the depth of 90 m. These glycoside sulfates also contain a monosaccharide residue in carbohydrate chains.

Another group of closely related metabolites is monosides from the starfish, Latespinoside A–C (Table 5).

Structures of downeyosides A–L from the starfish Henricia downeyae (Figure 7) have additional oxidation at C-16 in the ring D. Downeyosides J (166) and L (168) are 9(11)-dihydro derivatives.

Table 5. Cont.

| No | Name               | Side Chain (R) | Carbohydrate Chain (X) | Collection                  | References |
|----|--------------------|----------------|------------------------|-----------------------------|------------|
| 152| Aphelasteroside C   |                | 4-O-sulfate-Quip_     | Posyet Bay, Sea of Japan, Russia, depth was not reported | [82]       |
| 153| Latespinoside A     |                | 4-O-sulfate-Quip_     | Hiramomijigai, Japan, depth was not reported | [83]       |
| 154| Latespinoside B     |                | 4-O-sulfate-Quip_     |                            | [83]       |
| 155| Latespinoside C     |                | 4-O-sulfate-Quip_     |                            | [83]       |
| 156| Latespinoside D     |                | 4-O-sulfate-Quip_     |                            | [83]       |

Table 5. Cont. Continued.

One more group of starfish polar steroids, downeyosides A–L (157–168), also possesses the structural similarity to asterosaponins and has the same type of Δ11,15-disubstituted 3β,6α-dihydroxy steroid aglycons, but in the contrast with classical asterosaponins, carbohydrate moiety in them is attached to C-3 and a sulfate group is located at C-6 (Figure 7) [84,85]. These steroid metabolites were isolated from the starfish Henricia downeyae (order Spinulosida, family Echinasteridae), collected in the northern Gulf of Mexico at the depth of 90 m. These glycoside sulfates also contain a monosaccharide with a polar substituent, namely glucuronic acid. Some of downeyosides are monosides, but downeyosides H and I (164,165) contain an additional L-arabinose unit. Downeyosides A (157) and B (158) contain the fifth ring in the steroid nucleus, in which C-16 and C-22 are linked through ethereal oxygen. Downeyosides K (167) and L (168) have additional oxidation at C-16 in the ring D. Downeyosides J (166) and L (168) are 9(11)-dihydro derivatives [84,85].

Figure 7. Structures of downeyosides A–L from the starfish Henricia downeyae.
Thus, more than 160 asterosaponins and closely related metabolites were found from starfish. These polar steroids were isolated from representatives of all the studied orders of the class Asteroidea, collected in the majority of cases in shallow waters of the World Ocean. Deep-sea species were rarely analyzed [86,87] and classical, but unusual asterosaponins (142,143) were isolated from Novodinia antillensis [78], collected from a depth of 587 m, while asterosaponin-like compounds (157–168) were found in Henricia downeyae from a depth of 90 m [84,85]. On the other hand, polyhydroxylated steroid sulfates seem to be more characteristic metabolites of deep-sea starfish. There are several unique polar steroids among them such as similar to asterogenol disulfates 169 and 170, containing sulfate groups at the both 3β- and 6α-positions, and tremasterols A-C (171–173), possessing carbohydrate residues attached to C-6 through phosphate bridge, from a «living fossil» starfish Tremaster novaecaledoniae (order Valvatida, family Asterinidae) (Figure 8) [88,89]. Further studies of polar steroids from deep-sea starfish are one of the promising directions of the search for new asterosaponins and other bioactive marine steroids.

![Figure 8. Structures of disulfates and tremasterols A-C from the starfish Tremaster novaecaledoniae.](image)

6. Biogenesis and Biological Functions of Asterosaponins

The processes of the biosynthesis of asterosaponins are still extremely poorly understood, despite the fact that the first attempts to clarify it were made in the seventies of the last century. The first question, concerning with principles of their biogenesis, is whether de novo biosynthesis of sterols, precursors of aglycons of these compounds in starfish, is possible or these aglycons are formed in starfish from sterols obtained by these invertebrates from the diet. In 1977, Mackie et al. carried out labeling experiments with [2,14C]-mevalonic acid and [4-14C]-cholesterol and established that the starfish Marthasterias glacialis can synthesize asterosaponins both de novo and from dietary sterols, although the incorporation was very low, particularly from cholesterol [90]. Later, similar results were obtained by Australian biochemists at the studies on asterosaponins from the starfish Patiria heterosticha [91]. They have also shown that this animal can synthesize steroidal saponins from both [2,14C]-mevalonic acid and [4-14C]-cholesterol, therefore, through biosynthesis de novo and transformation of dietary sterols into these metabolites.

Another important discovery was the finding that cholesterol is converted in the starfish Asterias rubens into cholest-7-enol (a principal free sterol in starfish and holothurians) through cholestanol. Moreover, conversion of cholest-7-enol into the corresponding epoxide was also indicated [92]. This process could lead to some polar steroids of starfish, particularly to mono- and biosides of polyhydroxysteroids. It was also found that Asterias rubens is able to introduce a double bond at C-22 in both cholesterol and cholest-7-enol [93]. Derivatives, containing 22(23)-double bond and the corresponding epoxides [94], were many times found among asterosaponins (see Tables 1–4).

It was shown that sterols in Asteroidea and Holothuroidea, whose representative contain oligoglycosides, and on less level in other classes of Echinodermata, are converted into steryl sulfates. C27-components predominate among sulfated metabolites of starfish and in asterosaponins, even when C28- and C29-compounds are present as the major free sterols of a starfish [94,95].
Such sulfated metabolites are very likely suggested as biosynthetic precursors of asterosaponins, although experimental confirmations are absent at the present time.

Cytochrome P450 monoxygenases are obligate biochemical systems providing steroid metabolites with hydroxyl groups in steroid nucleus and side chains. Participation of these enzymes in the biosynthesis of polar steroids in starfish seems to be very probable. It is of interest that the results of a limited number of studies on echinoderms have provided evidence for the presence of a cytochrome P450 monoxygenase system in starfish [96].

Thus, the scientific field concerning the biosynthesis of asterosaponins is waiting for main discoveries in the next future. First of all, it is necessary to find out: (i) whether free sterols or their 3-O-sulfates are the main biosynthetic precursors of asterosaponins, (ii) how hydroxy group is introduced into C-6 of their molecules, (iii) what enzymes are involved in side chain transformations, and (iv) in what organs and body parts this biosynthesis occurs.

Recently, Ivanchina et al. [97], using deuterium-labeled precursors in feeding experiments, have shown that the conversion of free cholesterol and its 3β-O-sulfate into polyhydroxylated steroids, containing 6α-hydroxy group, proceeds via cholest-4(5)-en-3-one intermediate in the starfish *Patiria (=Asterina) pectinifera*. However, it is not known whether the same sequence of transformations is realized in the biosynthesis of asterosaponins.

Biological functions attracted attention right away after the discovery of asterosaponins. Three main properties were particularly attractive: (1) participation in chemical protection of these invertebrates against predators, (2) influence on the maturation of sexual products before the breeding season, (3) their solubilizing role in relation to rich in lipids and sterols diet.

Asterosaponin-containing extracts proved to be highly ichthyotoxic and hemolytic. Toxicity against fish, mollusks, annelids, and arthropods was described [98–100]. The high content of saponins in such body constituents as body walls and stomach also suggest their protective role (particularly taking into attention that in many species during hunting the stomach extends beyond the body to digest the victim and itself becomes vulnerable to predators). Additionally, these compounds were reported as protectors of their producers against parasites and microbial pathogens. Moreover, these toxins are sometimes active in catching prey [101]. Recently, it was demonstrated that saponins are located not only inside the body wall of the animals but also within the mucus layer that probably protects the animal against external aggressions [102]. Thus, the most probable biological function of these metabolites in many cases is the protective one.

On the other hand, the majority of starfish are themselves predators and their victims (mollusks and other small animals) are able to perceive the increasing concentration of asterosaponins as they approach and respond to this with characteristic avoidance reactions quickly moving away from a predator. Mackie et al. have studied this «escape reaction» caused by some asterosaponins particularly against dietary mollusks [103].

Another hypothesis suggests that asterosaponins act as spawning inhibitors in the ovary of starfish. Synchronization of egg maturation has a great significance for the successful reproduction of starfish species. It was shown that levels of asterosaponins demonstrate dynamics connected with the breeding season in the starfish *Asterias amurensis*. The content of these metabolites is higher in summer than in winter [104]. Moreover, these toxins inhibit the maturation of oocytes [105]. That is why it was suggested that asterosaponins could synchronize the maturation of oocytes before fertilization. However, in contrast with *A. amurensis*, the breeding season of which started in February-March, when the level of asterosaponins is lower, in some other starfish such as *A. vulgaris, A. rubens, and Marthasterias glacialis*, high levels of asterosaponins were detected during the breeding season. Therefore, the primary functions of asterosaponins cannot be spawning inhibition in all starfish species [106].

Nevertheless, the important role of asterosaponins in the reproduction of starfish was also confirmed by other data. In the middle of the last century, American scientist Dan carried out a research program on the fertilization of marine invertebrates at Misaki Marine Biological Station and discovered the biological significance of the changes, which introduced the term “acrosome
reaction.” The acrosome reaction is the mechanism for spermatozoa to ensure a spatio-temporally matched exposure of devices essential for penetration through the egg coat and for subsequent fusion with egg plasma membrane [107]. Spawned eggs of starfish have two layers of acellular coats. A transparent and gelatinous outer layer (jelly coat) consists of highly sulfated glycoproteins named as acrosome reaction-inducing substance (ARIS), as well as of a group of sulfated steroidal glycosides (asterosaponins) named as Co-ARIS, and sperm-activating peptides (SAP). Co-ARIS glycosides proved to be asterosaponins. These compounds, containing the hydrated form of 6-deoxy-D-xylono-4-hexulose in carbohydrate moiety, act as co-factors for ARIS to induce along with SAP acrosome reaction and, therefore, play an important role in fertilization.

Other polar steroids such as monoglycosides of polyhydroxysteroids showed a high and fairly constant composition in digestive tissues of the starfish *P. pectinifera* in spite of small seasonal variations in the relative concentrations of individual compounds [108,109]. Glycosides of polyhydroxysteroids prevailed in pyloric caeca of this starfish as well as of *Lethasterias fusca*, suggesting that this group of steroid metabolites, rather than asterosaponins, may participate in the assimilation of rich in lipids diet of these animals [110].

7. About Biological Activities of Asterosaponins

The aim of this short part of our review is an attempt to focus on more promising types of asterosaponin activities and on such directions of further investigation, which, in our opinion, could be prospective to find new useful properties and applications. Recently, several reviews [12,111,112] were published about the biological activities of polar steroids from starfish, including asterosaponins.

7.1. Cytotoxic and Cytostatic Actions

The majority of the studies on different biological activities of asterosaponins were carried out, first of all, in relation to their cytotoxic properties against cancer cells. In many cases, only slight or moderated effects were found with IC₅₀ values ranged from several dozen µM down to 5 µM. However, there were several cases when more potent cytotoxicity against different lines of cancer cell lines was indicated. High activity was connected either with structural peculiarities in side chains of aglycons or structures of carbohydrate moieties of asterosaponins. For example, leptasterioside A (103) [62], having a 20-hydroxy group in 24-methylene-containing side chain in its aglycon, demonstrated IC₅₀ value of 2 µM against T-47D tumor cells. Antarcticosides A–C (137–139), containing hexasaccharide carbohydrate chains with two branches (type ii, Figure 4) from a starfish of the family Echinasteridae collected in the Antarctic Sea, was cytotoxic against human bronchopulmonary non-small-cell lung carcinoma at IC₅₀ less than 3.3 mg/mL [77]. A list of asterosaponins that showed promising activity against tumor cells is given in Reference [111]. Some interesting examples of the anticancer action of asterosaponins were also reported in the review of Katanaev et al. [112].

Molecular mechanisms of cytotoxic effects were studied in several cases. Novaeguinosides A–D (144,145,44,45) showed the promotion of tubulin polymerization in tumor cells and cytotoxicity against human leukemia K-562 and human hepatoma BEL-7402 cells [37]. Archasterosides A and B (14,15) from the starfish *Archaster typicus* induced P53- and AP-1 (activating protein-1)-independent apoptosis of tumor cells [21]. Astrostereoside D (126) showed induction of apoptosis via the inactivation of P38/AKT and ERK 1/2 MAPK signal pathways and down-regulation of the protein C-myc [70,111]. Cytostatic action was established against eggs and sperm of sea urchins (as a rule, embryos of the sea urchin *Strongylocentrotus intermedius* were used as a model system). Asterosaponins, like holostane glycosides from sea cucumbers, exhibit the blocking of the embryo’s development and inhibit fertilization by sperm of this sea urchin [12].

In many cases, asterosaponins not only suppress cell proliferation but also inhibit colony formation in tumor cells acting at non-toxic or low toxic concentrations [12]. For example, lethasterioside A (110) from *Lethasterias fusca* strongly suppresses colony formation of T-47D, RPMI-7951, and HCT-116 tumor cells in soft agar clonogenic assay at a concentration of 20 µM [64]. Hippasterioside D (30) from
the starfish *Hippasteria kurilensis* shows inhibition of colony formation of the HT-29 tumor cells [29]. This compound at the dose of 60 µg/mL suppressed the size of colonies, although colony numbers were only moderately suppressed [29,112]. Acanthaglycoside A (7) and luidiglycoside B (130) effectively inhibited colony formation of tumor cells at non-cytotoxic concentrations and prevented migration HT-29 and MDA-MB-231 cells [20]. These results suggested that asterosaponins might be prospective in vivo studies on tumors with the application of combinations of known antitumor drugs and asterosaponins as potential inhibitors of metastasis.

7.2. Antimicrobial Action

Some asterosaponins demonstrate antifungal action against the plant pathogenic fungus *Cladosporium cucumerinum*. For example, anasteroside A (59) and versicoside A (73) showed perceptible inhibition zones on this fungus at a concentration of 10 µg of a tested compound in a spot. Desulfation of versicoside A by solvolysis in dioxane/pyridine (1:1) gave a totally inactive saponin [43]. Antifungal activities of some other asterosaponins were also reported [113]. Ethanolic extracts of the starfish *Henricia downeyae*, which contain non-classical asterosaponins with glucuronic acid in their carbohydrate moieties, such as 157–168 [84,85], caused growth inhibition of bacteria and fungi, and potent antifouling activity. However, it is unknown whether purified glycosides can exhibit this biological action.

7.3. Anti-Inflammatory Action

There are numerous reports concerning with capability of asterosaponins to induce the production of different pro-inflammatory or anti-inflammatory cytokines. Macrophages RAW 264.7 were frequently used in the search for asterosaponins with anti-inflammatory properties [12]. The studied asterosaponins either increased the production of reactive oxygen species (ROS) by these macrophages, stimulating their activity, or decreased the level of ROS after stimulation of the macrophages by lipopolysaccharide from *E. coli*, thus decreasing hyperstimulation. Other model cells were also used. For example, astrosteriosides A, D (123,126), anti-inflammatory asterosaponins from the starfish *Astropecten monacanthus*, the edible species collected in Vietnamese waters, and marthasteroside B (114) demonstrated potent anti-inflammatory activity comparable with positive control with treatment by SB 203,580 at measuring the production of pro-inflammatory cytokines interleukin-12 (IL-12 p40), interleukin-6 (IL-6), and tumor necrosis factor-α (TNFα) in lipopolysaccharide-stimulated bone marrow-derived dendritic cells [70].

8. Conclusions

To the best of our knowledge, as a result of sixty years of the studies, 128 classical asterosaponins, being oligoglycosides with 3β-O-sulfated 9(11)-unsaturated steroid aglycons of cholestanе, 24- or 26-nor-cholestanе, cholanе, ergostanе, or stigmastanе series, and 10 related, possibly artificial compounds with pregnane aglycons, were isolated from representatives of five orders of the class Asteroidea. These species were collected mainly in shallow waters, but several deep-sea starfish were also studied. In addition, 28 closely related compounds called as non-classical asterosaponins were also isolated and differed from the majority of the saponins in shortened carbohydrate moieties or even in sulfation at C-6 and glycosylation at C-3 in 9(11)-unsaturated steroid aglycons. Asterosaponins are a compact group of metabolites with predominated 20-oxy and 23-oxo functions in the side chain and three types of architecture of carbohydrate chains usually consisting of 5 or 6 monosaccharide units. These compounds carry out important biological functions connected with protection against predators and parasites, participation in reproductive processes, and probably facilitating ingestion. Biosynthesis of these marine natural products is poorly studied, and the main enzymes catalyzing the corresponding processes and consequences of biosynthetic transformations are unknown. There are many taxa of Asteroidea, particularly among deep-sea inhabitants, which were not so far investigated. It promises the discovery of new structural variants of asterosaponins, because first attempts to study such species seem to show more saturated side chains in aglycons. Moreover, other polar steroids from
deep-sea starfish usually contain additional sulfates and such unusual steroids group as phosphate. Although Chinese folk medicine postulates tonic, anticancer, and anti-inflammatory properties of bioactive metabolites from starfish, the corresponding bioactivities of asterosaponins remain to be unstudied on in vivo level.

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