Prenatal methotrexate injection increases behaviors possibly associated with depression and/or autism in rat offspring; A new animal model for mental disorder, based on folate metabolism deficit during pregnancy

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Abstract

Background: Deficiency of folate, an essential vitamin for DNA synthesis and methylation, is reported as a risk factor for mental disorders. Considering a possibility that folate metabolism deficit during pregnancy may disturb CNS development and increase mental disorders in offspring, we treated pregnant rats with methotrexate (MTX), an inhibitor of folate metabolic enzyme, and evaluated offspring behaviors.

Methods: Saline or MTX was intraperitoneally administered to female SD rats on gestational day 17. Offspring behaviors were evaluated during approximately 6–9 weeks old; prepulse inhibition (PPI), social interaction (SI), locomotor activity (LA), and forced swimming test (FST) for evaluation of schizophrenia, depression, and autism related behaviors; the elevated plus maze (EPM) and the light–dark box (LD) test for evaluation of anxiety.

Results: Compared to saline-treated group, MTX-treated group showed decrease of SI and increase of immobility time in FST. In addition, increases of time spent in the light box and shuttling between the light–dark boxes were observed in LD test. On the other hand, no changes were confirmed in EPM, LA, and PPI.

Conclusion: Decrease of SI and increase of immobility time in FST may suggest association of this animal model with depression and/or autism. Increase of time spent in the light box and shuttling between the light–dark boxes may indicate changes in anxiety or cognitive level to environment, or repetitive behaviors in autism. Although further studies are warranted to characterize this animal model, at least we can say that prenatal MTX exposure, possibly causing folate metabolism deficit, affects offspring behaviors.

Keywords

autism, depression, folate, methotrexate, psychiatric disorders
1 | INTRODUCTION

Chemically induced acute animal models (e.g., hyperlocomotion and impairment of prepulse inhibition induced by MK-801, amphetamine, and etc) are often used for evaluation/selection of novel compounds for treatment of psychiatric disorders because these are high-throughput screening models. However, these are mostly animal models reflecting a facet (symptom) of a disease and behavioral changes are normally acute. Therefore, disease models, spontaneously exhibiting multifaceted phenotypes of a disease, are needed especially for evaluation of disease-modifying drugs as well as pathological investigation of psychiatric disorders. For this reason, we tried to establish a novel animal model of psychiatric disorder.

It has been known that nutritional deficiencies in early gestation due to exposure to famines in Netherlands and China in the mid-20th century increased a risk of schizophrenia, approximately 2-fold, in offspring. Folate was suggested to be one of candidate micronutrients lost during the famines, which increased the risk of schizophrenia. Indeed, maternal folate deficiency and hyperhomocystinemia are suggested as potential prenatal risk factors of schizophrenia. Moreover, meta-analyses revealed decreased serum/plasma levels of folate in patients with schizophrenia. Folate concentration was inversely correlated with the Scale for Assessment of Negative Symptom total score in schizophrenic patients. Supplementation of folate and vitamin B12 improved negative symptoms of schizophrenia. To date, aberrant blood levels of folate, homocysteine, and vitamin B12 have been reported not only in schizophrenia, but also in other psychiatric disorders such as major depressive disorder (MDD), bipolar disorder, and obsessive compulsive disorder. In addition, urinary metabolite analysis revealed changes associated with folate and vitamin B12 deficiency and homocysteine accumulation in children with autism spectrum disorder (ASD). It has been reported that folate receptor alpha autoantibodies were found in offspring. Based on this theory, in this study, we tried to generate a new animal model of schizophrenia for which we treated methotrexate (MTX), a DHFR inhibitor, to pregnant rats to inhibit folate metabolism and evaluated offspring behaviors as secondary outcomes.

Taken together, there is a possibility that folate deficiency and/or insufficient folate metabolism during pregnancy decreases neural stem cell proliferation and differentiation in embryos, subsequently this in turn disturbs normal central nervous system (CNS) development and may increase susceptibility to mental disorders such as schizophrenia in offspring. Based on this theory, in this study, we tried to generate a new animal model of schizophrenia for which we treated methotrexate (MTX), a DHFR inhibitor, to pregnant rats to inhibit folate metabolism and evaluated offspring behaviors associated with schizophrenia (prepulse inhibition, social interaction, and locomotor activity; as primary outcomes in this study). In addition, we conducted other behavioral tests for exploratory purpose (forced swim test, elevated plus maze, and light-dark test; as secondary outcomes).

2 | METHODS

2.1 | Animals and treatment

Six female pregnant Sprague-Dawley rats (Japan SLC, Inc., Japan) were used. Two rats were intraperitoneally (i.p.) injected with saline and 4 rats were i.p. injected with MTX (5 mg/kg; Takeda Pharmaceutical Co., Ltd., Japan) on gestational day (GD) 17 (Figure 1). The reason why the injection timing was decided is that neurogenesis in rat medulla and spinal cord, those regions necessary for basic bio-functions such as respiration, nearly finishes by GD17, but still neurogenesis in other brain regions including neocortex and hippocampus is occurring on GD17, and also neuronal differentiation and migration are ongoing. Therefore, MTX exposure on GD17 would affect neuronal development in the forebrain.

Pups of one of MTX-treated rats were found dead after birth. All other offspring were alive and used for behavioral evaluation. Offspring rats were weaned at approximately 4 weeks old and started housing female and male separately from 5 weeks old. Thereafter, offspring behaviors were evaluated during approximately 6–9 weeks old (Figure 1). Animals were group housed in cages with water and food (Oriental Yeast Co, Ltd) supplied ad libitum, and maintained under artificial lighting between 7:00 am to 7:00 pm. The room temperature and humidity were maintained at 23 ± 2 °C and 60 ± 10%, respectively.
### 2.2 | Prepulse inhibition

Measurement of acoustic startle response and prepulse inhibition (PPI) was conducted according to Futamura et al. Acoustic startle response was measured in a startle chamber (SR-Lab Systems, San Diego Instruments, San Diego, CA, USA) adapted for rats. Acoustic stimuli of 120 dB, a single prepulse interval (100 ms), and three different prepulse intensities (5, 10, and 15 dB above background noise [white noise, 70 dB]) were used. Each rat was placed in the startle chamber and initially acclimatized for 5 minutes with background noise alone. The rat was then subjected to 40 startle trials, each trial consisting of one of five conditions: (i) a 40-ms 120-dB noise burst presented alone; (ii)–(iv) a 40-ms 120-dB noise burst following prepulses by 100 ms (20-ms noise burst) that were 5, 10, or 15 dB above background noise (i.e., 75-, 80-, or 85-dB prepulse, respectively); or (v) no stimulus (background noise alone), which was used to measure baseline movement in the chamber. These five trial types (i)–(v) were each repeated eight times in a pseudorandom order to give 40 trials. The intertrial interval was 15 s. Each trial type was presented once within a block of five trials. Analysis was based on the mean of the seven trials (ignoring the first trial) for each trial type. The percentage PPI of a startle response was calculated as: 100 – ([startle response on prepulse–pulse stimulus trials−no stimulus trials]/(pulse-alone trials−no stimulus trials)) × 100).

### 2.3 | Social interaction

The index for social interaction (SI) of rodents was measured according to Futamura et al. In brief, each test rat was placed in an open field box for 10 minutes with a stranger rat (partner) that was housed in a different cage, and was age, body weight, and gender-matched. Testing was performed under high light level (1200 lux) and unfamiliar condition. Duration of SI was measured based on sniffing behaviors, defined as active chasing of the partner, shaking the nose near the partner, and contacting the partner with the nose.

### 2.4 | Elevated plus maze

The apparatus of the elevated plus maze (EPM; Yamashita Giken Co., Tokushima, Japan) consisted of two opposite open arms without walls (50 cm × 10 cm) and two enclosed arms (closed arm: 50 cm × 10 cm) with 25 cm height side and end walls, extending from a platform of central square (10 cm × 10 cm). The entire apparatus was elevated 50 cm above the floor. The EPM test was conducted in a dimly room and the apparatus was lit by two stand lights. At the start of each trial, each rat was placed at the center of maze, facing toward one of closed arms. Time spent in open arms and entries to open and closed arms were counted for 5 minutes per animal.

### 2.5 | Light dark box test

Each rat was placed in the dark box of a light-dark (LD) test apparatus (Yamashita Giken Co., Tokushima, Japan). The light box was lit at 400 lux. Time spent in the light box, and entries to the light box and the dark box were counted for 5 minutes per animal. When a rat put all four limbs onto the floor of the light or dark box, it was defined as animal entry to the box.

### 2.6 | Locomotor activity

Locomotor activity (LA) was measured using a LA meter (Yamashita Giken Co., Tokushima, Japan) with a method described by Mori et al. Each rat was placed in a plastic circular chamber (30 cm diameter and 30 cm height) and LA was measured for 30 minutes. In the LA meter, a pivot was fixed at the center of each chamber, where the
animal was placed, and six micro-switches were fitted beneath the perimeter. Locomotor movement of the animals generated a pulse by switching the micro-switch and electrically charging a magnetic counter.

### 2.7 Forced swimming test

The forced swimming test (FST) was conducted, with slight modification, according to Tottori et al.\(^29\) To induce conditioned immobility (training session), rats were placed in a clear plastic cylinder (17 cm diameter and 40 cm height) filled with water maintained at room temperature for 5 minutes on the day before the test. On the testing day (test session), each rat was placed in the water again and swimming time was measured for 5 minutes using an auto-activity analysis system with infrared rays (SCANET MV-10 AQ, Toyo Sangyo Co., Ltd., Japan).

### 2.8 Statistical analysis

The values of the behavioral test results were expressed as mean±SEM. All statistical analyses were performed using SAS Software for Windows, Release 9.4 (SAS Institute Japan Ltd.). The differences were considered statistically significant, when \(P\) value was <0.05.

For PPI, SI, LA, EPM, and LD tests, data were analyzed for the overall measurement time of each test, and the differences in individual parameters were analyzed between saline-treated group and MTX-treated group using a two-tailed t-test.

For FST, swimming time (mobility time) was tallied per minute (0–1, 1–2, 2–3, 3–4, and 4–5 minute) and the data were compared between saline-treated group and MTX-treated group over the time course (0 to 5 minutes) by a mixed-effect model for repeated measures (MMRM) method using compound symmetric variance covariance structure. Once confirming there was a significant difference in the main effect (group difference over the time course), an unpaired t-test with a time-by-drug interaction was conducted on swimming time at each time point using a closed test procedure (procedure to control the experimentwise or multiple type I error rate when multiple hypotheses have to be tested).

The difference in total immobility time for the overall measurement time (5 minutes) was analyzed by a two-tailed t-test.

Weekly body weights were compared between the two groups using the same procedures mentioned for swimming time (the MMRM method and the closed testing procedure).

Considering that multiple adjustment is applied to primary outcomes,\(^30\) \(P\)-values of the three primary outcomes (PPI, SI, and LA) were adjusted by Bonferroni correction.

### 3 RESULTS

MTX-treated group showed significantly less SI time compared to saline-treated group (\(p = 0.0495\), adjusted by Bonferroni correction; Figure 2A), indicating less sociability in MTX-treated animals. Despite the SI reduction in MTX-treated group, no significant difference was found in LA between saline-group and MTX-treated group (\(p = 1.0000\), adjusted by Bonferroni correction; Figure 2B), indicating that the SI reduction in MTX-treated group was not caused by animal activity change.

There were no clear differences in startle amplitude (SA) and PPI between saline-treated group and MTX-treated group on all test days. Considering data from PD41, PD48, and PD54 (or 55) were all similar, only the results from PD48 are shown as data example in Figure 3 (SA at 120 dB pulse: \(p = 1.0000\), SA at 75 dB prepulse +120 dB pulse: \(p = 0.8334\), SA at 80 dB prepulse +120 dB pulse: \(p = 1.0000\), SA at 85 dB prepulse +120 dB pulse: \(p = 0.3777\), PPI by 75 dB prepulse: \(p = 0.6597\), PPI by 80 dB prepulse: \(p = 1.0000\), PPI by 85 dB prepulse: \(p = 0.1977\), adjusted by Bonferroni correction).

In the LD test, MTX-treated group showed significantly higher entry numbers to both the light and the dark boxes compared to saline group (Saline: \(n = 21\), MTX: \(n = 26\)).

![Figure 2](https://example.com/figure2.png)

**Figure 2** Results of social interaction and locomotor activity. (A) Social interaction (SI) result. Significantly less SI time was confirmed in MTX group compared to saline group, analyzed by a two-tailed t-test (*: \(p < 0.05\)). (B) Locomotor activity (LA) result. No significant LA difference was found between saline and MTX groups, analyzed by a two-tailed t-test. Data are expressed as mean±SEM. The number of animals was \(n = 21\) and \(n = 26\) for saline group and MTX group, respectively.
saline-treated group ($P = 0.0107$ and $P = 0.0188$, respectively; Figure 4A). Time spent in the light box was significantly higher in MTX-treated group than in saline-treated group ($P = 0.0031$; Figure 4B).

In the FST test, in order to see time course changes in swimming time, data were tallied per minute and difference in overall means between the two groups was compared over the time course using the data by a MMRM method. There was a significant difference in swimming time between saline-treated group and MTX-treated group over the time course ($P = 0.0046$; Figure 5A). Therefore, data (group-by-time interaction) were then analyzed per minute with the closed testing procedure, and significantly less swimming time was confirmed in MTX-treated group compared to saline-treated group from 1 minute after placed in water (0–1 minute: $P = 0.5482$, 1–2 minute: $P = 0.0199$, 2–3 minute: $P = 0.0459$, 3–4 minute: $P = 0.0030$, and 4–5 minute: $P = 0.0025$; Figure 5A). In addition, immobility time was calculated for the total measurement time (5 minutes). Compared to saline-treated group, significantly longer immobility time was confirmed in MTX-treated group ($P = 0.0046$; Figure 5B).

In the EPM test, no significant differences in open and closed arm entry numbers ($P = 0.5482$ and $P = 0.7649$, respectively; Figure 6A) and time spent in the open arms ($P = 0.5720$; Figure 6B) were seen between saline- and MTX-treated groups. This may implicate no general anxiety level change in MTX-treated animals compared to saline-treated animals.

In addition to behavioral tests, weekly body weights (at 5, 6, 7, 8, and 9 weeks old) were compared per gender over the time course between saline-treated group and MTX-treated group using a MMRM method. No significant difference was found in the body weight for each gender between the two groups over the time course ($P = 0.1252$ and $P = 0.8104$ for male and female, respectively; Figure 7A, B). For this body weight comparison, the closed testing procedure was not applicable because there was no significant difference in the main effect (group difference over the time course).

**FIGURE 3** Results of prepulse inhibition test. (A) Startle amplitude. (B) Prepulse inhibition (PPI). There were no significant differences in startle amplitude and PPI between saline group and MTX group, analyzed by a two-tailed t-test. Data are expressed as mean ± SEM. The number of animals was $n = 21$ and $n = 26$ for saline group and MTX group, respectively. P120: Pulse 120 dB, PP75: Prepulse 75 dB, PP80: Prepulse 80 dB, PP85: Prepulse 85 dB

**FIGURE 4** Results of the light and dark box test. (A) Entries to the light and the dark boxes. Significantly higher entry numbers to both the light and the dark boxes were confirmed in MTX group compared to saline group, analyzed by a two-tailed t-test (*: $P < 0.05$). (B) Time spent in the light box. MTX group rats spent significantly longer time in the light box than saline group, analyzed by a two-tailed t-test (**: $P < 0.01$). Data are expressed as mean ± SEM. The number of animals was $n = 21$ and $n = 26$ for saline group and MTX group, respectively
4 | DISCUSSION

Rat offspring treated with MTX, an inhibitor of folate metabolic enzyme DHFR, showed reduction of social interaction. On the other hand, MTX-treated offspring did not show change in locomotor activity and impairment of PPI. PPI is impaired in patients with schizophrenia and used as a translational paradigm in schizophrenia research in rodents. Therefore, this animal model may not be associated with schizophrenia, and the primary hypothesis, establishment of a new schizophrenia animal model based on folate metabolic deficiency, was not achieved.

However, MTX-treated offspring showed increase of immobility time in FST. Importantly, these results are not attributable to animal activity change because MTX-treated rats did not differ in locomotor activity from saline-treated rats. Arm entry numbers in the EPM test were not different between saline-treated group and MTX-treated group which also implies that MTX-treated rats had normal motor activity. Moreover, there were no significant body weight changes in both male and female rats between saline-treated group and MTX-treated group, indicating that MTX-treated animals grew normally similar to saline-treated animals. In addition, we did not record any other observation of clear physical body changes, although anatomical, histological, and biochemical analyses are needed for more understanding of MTX-treatment’s influence on general health condition of rats. Impairment of social interaction is known as a main feature of ASD. Social impairments (eg, decreased interest in social interaction) are also seen in MDD patients. In addition, FST is a popular behavioral test to evaluate depression-like behavior and antidepressant efficacy in rodents, in which immobility is thought to reflect behavioral despair in rodents. These, accordingly, suggest that MTX-treated rat offspring may be exhibiting MDD or ASD related phenotypes. Moreover, MTX-treated offspring showed increases in time spent in the light box and number of shuttling between the light-dark boxes. These, especially increased shuttling, may indicate changes in anxiety or cognitive levels to environment in this animal model, or phenotypes related to repetitive behaviors seen in ASD patients which is one of core ASD features. No behavioral changes were, however, found in the EPM test which may imply that the increased shuttling was not a result of changes in anxiety levels. There might also be a
different interpretation that the increased immobility time in FST and the increased shuttling in the LD test might be, for example, behaviors associated with catatonia which is seen in psychiatric disorders such as ASD.\textsuperscript{35}

To date, associations between folate deficiency and MDD or ASD have been reported by many researchers.\textsuperscript{14,36–40} Importance of neurogenesis has recently been suggested in intervention of MDD.\textsuperscript{41} Although it is unclear if folate deficiency causes inefficient neurogenesis in MDD, deficiency of folate and vitamin B12 has been reported in MDD patients.\textsuperscript{10,42,43} In addition, it has been reported that MDD patients with low serum folate levels were less likely to respond fluoxetine, an antidepressant, compared to patients with normal folate levels.\textsuperscript{38,39} These indicate involvement of folate deficiency in MDD. It has been reported that periconceptional folate deficiency in Wistar rats evoked ASD-related behaviors in offspring.\textsuperscript{44} Folate supplementation during preconception or pregnancy has been known to reduce risk of offspring to develop ASD in humans.\textsuperscript{19,45,46} Prenatal exposure to valproic acid has been known to cause ASD-like behaviors (eg, impaired social interaction and repetitive behavior) and neurodevelopmental delay in rat offspring.\textsuperscript{67,48} In this animal model, maternal folate supplementation prevented development of the ASD-like behaviors in rats prenatally exposed with valproate.\textsuperscript{48} Therefore, folate deficiency during periconception and pregnancy is likely involved in occurrence of ASD in offspring. Furthermore, gene polymorphism in DHFR and MTHFR, folate metabolic enzymes, is reported in patients with ASD.\textsuperscript{39,50} MTX, an anticancer drug, is an analogue of folate and a DHFR inhibitor.\textsuperscript{51,52} It has also been reported that MTX treatment developed characteristics of ASD in children with acute lymphoblastic leukemia who had not been diagnosed with ASD at the time of their cancer diagnoses.\textsuperscript{52} Therefore, folate deficiency and/or folate metabolism deficit seem to play an important role in etiology of psychiatric disorders such as MDD and ASD.

Considering that folate promotes neural stem cell proliferation and neurogenesis\textsuperscript{24,25} and that its supplementation prevents neural tube defects,\textsuperscript{22,23} inhibition of folate metabolism by prenatal MTX treatment may have affected normal CNS development and formation of neural networks in rat fetuses, and subsequently caused behavioral changes related to MDD and/or ASD in MTX-treated rat offspring. Although still there is a limitation to consider MTX-treated rats as a MDD or ASD model, and further investigations of this animal model are needed for face validity, construct validity, and predictive validity (eg, conduction of additional behavioral assays, measurement of plasma levels of folate and related molecules, examination of effects on neural stem cell proliferation and neurogenesis, validation for optimal timing and dose selection of MTX treatment, histological and biochemical assays, and gene/protein expression analyses to determine levels of molecules involved in MDD and ASD), at least we can say that prenatal exposure of MTX, an inhibitor of folate metabolic enzyme, affects offspring behaviors.

Finally, this prenatal MTX exposure model may be useful tool to investigate pathology and to evaluate candidate compounds for treatment of MDD and ASD.

5 | CONCLUSIONS

Our findings at least demonstrated that prenatal MTX treatment caused behavioral changes in rat offspring, which may be associated with MDD and/or ASD, although our primary hypothesis for establishment of an animal model of schizophrenia was not achieved.

AUTHOR CONTRIBUTIONS

NA conceived and designed the study, performed experiments, analyzed data, wrote the paper. TF reviewed the paper. YK was responsible for statistics. KM conceived and designed the study, performed experiments, analyzed data, reviewed the paper. All authors contributed to finalizing of the paper and had final responsibility for the decision to submit for publication, took part in either drafting and/or revising the paper, and approved the final version of the paper.

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CONFLICT OF INTEREST
All the authors are employees and own stock of Otsuka Pharmaceutical Co., Ltd.

DATA AVAILABILITY STATEMENT
All data are available in the Supporting Information data files.

APPROVAL OF THE RESEARCH PROTOCOL BY AN INSTITUTIONAL REVIEW BOARD
The experimental procedures in this study were approved and conducted in accordance with Guidelines for Animal Care and Use in Otsuka Pharmaceutical Co, Ltd.

INFORMED CONSENT
Not applicable.

REGISTRY AND THE REGISTRATION NO. OF THE STUDY/TRIAL
Not applicable.

ANIMAL STUDIES
The care and handling of the animals was in accordance with “Guidelines for Animal Care and Use in Otsuka Pharmaceutical Co, Ltd.”

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