Emissions of volatile and semivolatile organic compounds from various kinds of polymer sheets during thermal degradation process were determined by the passive flux sampling method. The polymer sheets used were commercial products made of: polyethylene (PE), ethylene-vinyl acetate (EVA), polypropylene (PP), polyacetal (POM), polycarbonate (PC), and polymer sheet samples: poly(methyl methacrylate) (PMMA), polyethylene terephthalate (PET), polystyrene (PS) and four types of poly vinyl chloride (PVC) with different contents of additives; (bis(2-ethylhexyl)phthalate (DEHP)), and triphenylphosphine (TPP)). The emission fluxes from the polymer sheets were measured for up to 30 days stored under a constant temperature (25–75°C). Emission of various kinds of chemicals were observed from PVC sheets including and products of polymer degradation, while emission of hydrocarbons were dominant from PE, PP and EVA, and the emission of an additive (DEP) only was observed from PMMA, PET, POM and PC. The TVOC (total VOC) emission rates from PVC sheets with DEHP and TPP (soft PVCs) were in the range of 30–120 mg m⁻² h⁻¹ at 50°C, which were much higher than the TVOC emission rates from other polymers. The emission rates for these chemicals for the same sampling period increased dramatically as the temperature increased. The temperature-dependences of the emission rates from the soft PVC sheet for a given sampling period could be expressed using an Arrhenius-type equation, and the apparent emission activation energy \( E_A \), correlated well with the enthalpy of vaporization \( \Delta H_{\text{VAP}} \) by the following empirical equation.

\[
E_A = 2.27 \Delta H_{\text{VAP}} - 115
\]

We also found that the emission rates of chemicals changed with time with different changing characters, and the activation energy decreased with the progress of the polymer degradation.

1. Introduction

Polymeric materials are widely used in consumer products such as clothes, tableware, and building materials. Polymeric materials used in consumer products can emit volatile organic compounds (VOCs) and semivolatile organic compounds (SVOCs) during use [1, 2, 3, 4, 5, 6, 7]. Toxic VOCs and SVOCs in the atmosphere can cause adverse health effects (e.g., asthma and allergy [8, 9, 10], endocrine disruption [11], reproductive system diseases [12, 13, 14], developmental toxicity [15, 16, 17]) in humans. Numerous studies of VOC and SVOC emissions from polymers have been published. Most have been focused on emissions of plasticizers and flame retardants that are added to polymers to improve the properties of the polymers [1, 2, 3, 4]. Emissions of phthalates (e.g., bis(2-ethylhexyl)phthalate (DEHP)), which are added to poly(vinyl chloride) (PVC) to act as plasticizers, have been studied more intensively than emissions of other species from polymers. DEHP has a relatively high boiling point (~385°C), but DEHP emissions from PVC cannot be ignored, particularly at relatively high temperatures. It is suspected that DEHP can cause health effects, including endocrine disrupting effects, in humans (particularly infants) [6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 26, 27, 28, 29].

Emissions of VOCs and SVOCs from polymers are still not fully understood despite the number of studies that have been performed. VOC and SVOC emissions will change during the lifetime of a polymer because...
of degradation of the polymer through, for example, thermal stress and UV irradiation, even under ambient conditions. Various chemicals can be produced when a polymer degrades. Polymer chains can degrade and generate monomer and oligomer fragments [18, 19, 20, 21, 22, 23]. These components have lower molecular weights and lower boiling points than the original polymer. Lower molecular weight compounds will have higher emission rates than higher molecular weight compounds. The monomers and oligomers released from some polymers are toxic. For example, styrene monomer can be released from polystyrene, which is recognized as highly toxic [24]. The rate at which a chemical added to a polymer is emitted will be affected by interactions between the additive and the polymer molecules. Some additives can chemically react with active chemicals (e.g., ozone and OH radicals) in the environment to form lower molecular-weight compounds that are more volatile than the original additives. These degradation products may be more toxic than the original additives and cause health effects in humans. Changes in VOC and SVOC emission rates during the lifetime of a polymer need to be investigated to determine whether they are caused by conditions within the polymer or external to the polymer. The degradation of a polymer will depend on various factors, including thermal stress (i.e., the temperature and changes in the temperature) and UV irradiation. In this study, we investigated the relationship between the temperature and VOC and SVOC emissions from polymers used in commercial products caused by chemical and physical changes within the polymers. Although the chemistry of polymer chain degradation reactions and the steady state emission characteristics of additives used in polymeric materials have been intensively studied, little information is available in the literature on the emission characteristics of the degradation products both from polymers and additives of degrading polymers. In this study, we conducted the emission measurements for various kinds of polymer sheets under different temperature conditions, i.e. thermal stress to induce thermal degradation.

2. Materials and methods

2.1. Polymers

Polymer samples used in this study were summarized in Table 1. The polymers were PVC, PE, polypropylene, ethylene-vinyl acetate, poly (methyl methacrylate), polyethylene terephthalate, polycetal, and polycarbonate. They are categorized two types: polymers used in commercial products and polymer sheet samples provided by manufacturers. The samples of PE-1 to PE-3, EVA, PP, POM were polymers used as commercially-available consumer products, which were purchased less than one month before being used in the experiments, although the accurate production dates and history were unknown. The samples of PMMA, PET, PS, PVC-4 (hard PVC) were polymer sheets provided by Daiei Chemical Co. (Saitama, Japan). The soft PVC samples (PVC-1, 2, and 3) were provided by Achilles Co. (Tokyo, Japan), which contained DEHP as a plasticizer and triphenylphosphine (TPP) as a flame retardant at different mass ratios. The polymer samples were directly provided by the manufacturers without use history for products.

2.2. The measurement of emission flux with the passive flux sampling method [25]

The polymer samples were used for the emission measurement without further treatment. The preparation of polymeric samples was as follows. A disk about 30 mm in diameter was cut from a polymer sheet, and set to the passive flux sampling device. The passive flux sampler is a Pyrex glass petri-dish (30 mm outer diameter, 22 mm inner diameter, 3 mm inner height) (Figure 1). A known amount of Tenax GR (GL Sciences, Tokyo, Japan) was placed in the bottom of the sampler to sorb VOCs and SVOCs emitted from a polymer disk sample, which was placed on the open top of the sampler. The sampler was placed in a temperature-

![Figure 1. Schematic and image of the passive flux sampling equipment.](image)

| ID  | Material                        | Additives         | Thickness and features                      |
|-----|---------------------------------|-------------------|---------------------------------------------|
| PE-1| polyethylene                    | unknown           | 0.08 mm, as a plastic bag *1                |
| PE-2| polyethylene                    | unknown           | 2.0 mm, as foamed sheet *3                  |
| PE-3| polyethylene                    | unknown           | 1.0 mm, as foamed sheet *3                  |
| EVA | polyethylene/polyvinyl alcohol copolymer | unknown | 0.05 mm, as a raincoat *3                   |
| PP  | polypropylene                   | unknown           | 0.1 mm, stationary sheet *3                 |
| POM | polycetal                       | unknown           | 2.0 mm, foamed sheet *3                     |
| PC  | polycarbonate                   | unknown           | 2.0 mm, transparent sheet *3                |
| PMMA| poly(methyl methacrylate)       | unknown           | 2.0 mm, transparent sheet *3                |
| PET | polyethylene terephthalate      | unknown           | 2.0 mm, transparent sheet *1, PET content > 80% |
| PS  | polystyrene                     | carbon black < 10%| black sheet *2, PS content > 89%           |
| PVC-1| soft PVC                        | DEHP 32.3%        | 2.0 mm, transparent sheet sample *2         |
| PVC-2| soft PVC                        | DEHP 5.1%, TPP 5.1% | 1.0 mm, transparent sheet *3               |
| PVC-3| soft PVC                        | DEHP 15.0%, TPP 8.5% | 0.5 mm, transparent sheet *3              |
| PVC-4| hard PVC                        | unknown           | 2.0 mm, transparent sheet *2               |

*1 Polymer used as a consumer product.
*2 Polymer samples provided by Daiei Chemical Co.
*3 Polymer samples provided by Achilles Corporation.
controlled chamber for a specified period of between 1 and 30 d. Experiments were performed at temperatures between 25 °C (room temperature) and 75 °C. An emission measurement was made by storing a sampler for 24 h at the specified temperature (from 25 to 75 °C), then determining the VOC and SVOC concentrations in the Tenax GR (GL Sciences Co. Ltd., Tokyo, Japan) to allow the amounts of VOCs and SVOCs emitted by the polymer to be determined. The VOCs and SVOCs emitted by the polymer will have diffused through the gas phase in the sampler and been captured by the Tenax GR. The VOCs and SVOCs trapped by the Tenax GR were thermally desorbed by a desorption instrument (Turbomax ATD 650, Perkin Elmer, Waltham, Massachusetts, USA) to be analyzed by gas chromatography mass spectrometry (using an Agilent 6890 gas chromatograph coupled to an Agilent 5973 mass spectrometer; Agilent Technologies, Santa Clara, CA, USA). The analytical conditions are shown in Table 2.

The emission rate \( E \) was calculated, assuming that steady state had been reached, using Eq. (1).

\[
E = \frac{\Delta m}{A \Delta t}
\]

In Eq. (1), \( \Delta m \) is the amount of a chemical collected, \( \Delta t \) is the sampling period, and \( A \) is the cross-sectional area of the sampler. The measurements were repeated at least three times for a condition. No contaminations from ambient air were confirmed by the emission measurement from a glass plate: no chemicals were detected.

3. Results and discussion

3.1. VOC emissions from the polymers

Figure 2(a)–(m) show the typical chromatograms of GC-MS for the chemicals emitted through the passive flux sampler from the polymer samples. The polymer samples were stored at 50 °C for 24 h, and the polymer samples were placed on the passive flux sampler with Tenax GR as an adsorbent at 50 °C for 24 h. The captured chemicals on the Tenax GR were desorbed by the ATD method, and injected to GC-MS, and the chromatogram was obtained.

The PE bag sample PE-1 (Figure 2(a)) emitted aliphatic compounds including pentadecane and oxygenated hydrocarbons. The PE sheet sample PE-2 (Figure 2(b)) emitted \( C_5-C_{17} \) aliphatic hydrocarbons. These compounds would have been produced because of the polyethylene chains degrading and oxidation reactions occurring. The PE sheet sample PE-3 (Figure 2(c)) emitted aliphatic compounds (but at lower emission rates than found for samples PE-1 and PE-2) and also diethyl phosphate (DEP). The aliphatic compounds would have been produced through PE degradation, and the DEP would have been added to the PE to act as a plasticizer.

The ethylene-vinyl acetate sheet (Figure 2(d)) emitted aliphatic compounds including octadecane and tetradecane. The polypropylene sheet (intended for use as stationery) (Figure 2(e)) emitted DEP and aliphatic compounds. The poly(methyl methacrylate), polystyrene, terephthalate, polycrystal, and polycarbonate samples (Figure 2(f)–(i)) emitted DEP and also some other compounds at very low emission rates.

Many more compounds were emitted by the PVC sheets than by the other polymers, as shown in Figure 2(j)–(m). The main compounds emitted by the soft PVC sheets were phenol, 2-ethylhexanol, butoxymethanol, benzoic acid, aliphatic compounds, TPP, DEHP, and 2-ethylhexyl adipic acid ester. Only the emission of DEP was observed from the hard PVC sample (PVC-4), which contained no DEHP. Aliphatic compounds such as phenol, benzoic acid, and 2-ethylhexanol may be products of the degradation of DEHP. Some aliphatic compounds would also be products of the degradation of PVC chains [18–21]. The No chemicals containing chlorine were detected, which can be expected to be produced by the polymer chain dissociations. VOCs and SVOCs emitted from the polymer sheets were clearly not only additives. The other compounds that were emitted were mainly degradation products. Thus, a variety of chemical compounds were emitted from the polymer sheet including additives and their degradation products, and hydrocarbons originated from polymer chains.

The total VOC (TVOC) emission rates for a 24 h sampling period at 50 °C are shown in Figure 3. The TVOC emission rate was defined as the sum of the amounts found of the VOCs that were analyzed normalized to the toluene emission rate. The TVOC emission rates for samples PVC-1, PVC-2, and PVC-3 were 30,000–120,000 μg m⁻² h⁻¹ (30–120 mg m⁻² h⁻¹), which were much higher than the TVOC emission rates for the other polymers. The highest TVOC emission rate was observed for PVC-3 among three types of soft PVC samples. Although the additive content was the highest for PVC-1 with 32.3% DEHP, and the emission rate of DEHP was the highest among three PVC samples, the emission rate of TVOC was lower than that of PVC-3. This is because the degradation products of PVC and phenol would be migrated through the polymers more quickly in PVC-3 due to the lower thickness (0.5 mm) than PVC-1 (2.0 mm). The lowest emission rate for PVC-2 was because of the lower contents of DEHP leads to the higher hardness of polymer structure and reduce the diffusion rates of chemicals through the sheet. Note DEHP is a plasticizer and the higher content of DEHP would make the polymer structure more flexible. Later, we will focus on emissions from PVC-3, which contained 15.0% DEHP and 8.5% TPP and had the highest TVOC emission rate (120 mg m⁻² h⁻¹).

3.2. Temporal changes in the emission rates for sample PVC-3

Chromatograms of the compounds emitted by sample PVC-3 kept for 1 d at between 25 and 75 °C are shown in Figure 4. Each PVC-3 sample was stored at the desired temperature for a specified time and then VOC and SVOC emissions over a 24 h period at the same temperature were measured. Only trace amounts of phenol, 2-ethylhexanol, and hydrocarbons (e.g., octadecane) were emitted by PVC-3 at 25 °C. The emission rates of these compounds increased dramatically as the temperature increased, and TPP and DEHP were found to be emitted only at the higher temperatures.

Temporal changes in the 2-ethylhexanol, phenol, TPP, and DEHP emission rates at the different test temperatures are shown in Figure 5(a)–(d). Two contrasting patterns of temporal emission rate changes were found. The 2-ethylhexanol and phenol emission rates decreased strongly after 1 d. The TPP and DEHP emission rates increased with time when the sample was kept at 50 °C but gradually decreased with time when the sample was kept at 75 °C.

Emissions of these compounds could be explained as described next. Phenol was presumably used as a solvent for additives such as DEHP and TPP, but would have remained in the prepared PVC sheet. Phenol would have been emitted gradually from the sheet because of its relatively low boiling point (181.7 °C). Phenol will not have been produced through degradation of the PVC, so the phenol emission rate would have decreased over time as the amount of phenol remaining in the PVC decreased. In contrast, 2-ethylhexanol (boiling point ~180 °C) would have been a product of the degradation of DEHP in the PVC, so would
Figure 2. Chromatograms of the chemicals emitted by the polymer sheets during a 1 d sampling period at 50 °C. (a) polyethylene-1 (PE-1), (b) PE-2, (c) PE-3, (d) ethylene-vinyl acetate (EVA), (e) polypropylene (PP), (f) poly(methyl methacrylate) (PMMA), (g) polyethylene terephthalate (PET), (h) polyacetal (POM), (i) polycarbonate (PC), (j) poly(vinyl chloride)-1 (PVC-1), (k) PVC-2, (l) PVC-3, and (m) PVC-4. DEHP = bis(2-ethylhexyl)phthalate, DEP = diethylphosphate, TPP = triphenylphosphine.
Figure 2. (continued).
The rate at which DEHP is emitted from PVC has been found to be temperature-dependent in several previous studies [26, 27, 28, 29]. Ekelund et al. [26] found that the DEHP emission activation energy was 89 kJ mol\(^{-1}\) at 100 °C, at which temperature the emission rate was controlled by DEHP volatilization from the surface. This activation energy was similar to the enthalpy of vaporization for DEHP on a glass plate (98 ± 2 kJ mol\(^{-1}\)). Clausen et al. [27] studied the temperature-dependence of the concentration \(y_0\), defined as the DEHP concentration immediately adjacent to the PVC surface, and found that \(y_0\) was almost the same as expected from the vapor pressure of DEHP. The temperature-dependence of the vapor pressure of DEHP is described by an Arrhenius-type equation, and the vaporization enthalpy of DEHP \(\Delta H_{\text{vap}}\) was found to be 95 ± 1 kJ mol\(^{-1}\). Liang and Xu [28] found enthalpies of phase change between PVC and air, \(\Delta H_{\text{pa}}\), of 123–401 kJ mol\(^{-1}\) from the temperature-dependences of \(y_0\) for various compounds. In this study, the apparent DEHP emission activation energy for the first 24 h was 110 kJ mol\(^{-1}\), which was similar to the activation energies found in previous studies.

The apparent activation energies are plotted against the enthalpies of vaporization in Figure 7. The apparent activation energy and enthalpy of vaporization correlated well, and the equation describing the relationship is shown in Eq. (3).

\[
E_A = 2.27\Delta H_{\text{vap}} - 115 \quad R^2 = 0.94381
\]  

(3)

This suggests that the VOC and SVOC emission rates are controlled by the vaporization process, i.e., transfer from the surface to the atmosphere immediately adjacent to the polymer sheet. The temperature-dependence of the emission rate of a compound with a known enthalpy of vaporization could therefore be estimated using Eq. (3).

Temporal changes in the apparent activation energy (determined using the Arrhenius equation) are shown in Figure 8. The apparent activation energy gradually decreased over time for all the compounds that were studied. This would have been because diffusion of the compounds within the PVC sheet would have become an important factor controlling the emission rate. The order in which the activation energies decreased was the same at any time point. Ekelund et al. [26] found an emission activation energy for DEHP during degradation of 55 kJ mol\(^{-1}\), which is similar to the activation energy found after 30 d in this study. The observed values of the activation energy in this study were in the same range of the literature data. In addition, we have obtained the activation energy of the chemicals generated by the degradation process of polymers. We also found that the activation
energy of these chemicals changes with time, which has not been reported elsewhere.

The steady-state emission rate in a passive flux sample can be expressed as shown in Eq. (4) [15].

\[
r = \frac{AD_G}{L} \left( y^* - y_0 \right) = \frac{AD_G}{L} y^*
\]  

(4)

In Eq. (4), \(D_G\) is the diffusion coefficient in the gas phase, \(L\) is the diffusion length, \(A\) is the cross-sectional area of the sampler, \(y^*\) is the concentration in the gas phase in the vicinity of the polymer sheet, and \(y_0\) is the concentration in the gas phase in the vicinity of the sorbent on the opposite side of the sampler [30, 31, 32]. The sorbent strongly sorbs the compound of interest, so concentration \(y_0\) will be negligible compared to concentration \(y^*\). The emission equilibrium at the surface of the PVC sheet can be expressed as the Henry's-law-type equation

\[
y^* = K_H C^*;
\]  

(5)

where \(K_H\) is the Henry's law constant and \(C^*\) is the concentration at the PVC sheet surface. The Henry's law constant for emission can be expressed using an exponential temperature function as

\[
K_H = K_{H0} \exp \left( -\frac{\Delta H_{em}}{RT} \right).
\]  

(6)

where \(K_{H0}\) is a pre-exponential factor that is not strongly temperature-dependent and \(\Delta H_{em}\) is the enthalpy for emission. The emission rate can therefore be expressed as

\[
r \approx \frac{AD_G K_{H0}}{L} \exp \left( -\frac{\Delta H_{em}}{RT} \right).
\]  

(7)
Figure 5. Emission rates for (a) 2-ethylhexanol, (b) phenol, (c) triphenylphosphine (TPP), and (d) bis(2-ethylhexyl)phthalate (DEHP) for sample PVC-3 kept at different temperatures for different periods of time.

Figure 6. Arrhenius plots for the emission rates of phenol, bis(2-ethylhexyl)phthalate (DEHP), 2-ethylhexanol, triphenylphosphine (TPP), and octadecene emitted from sample PVC-3 for 1 d at different temperatures.

Figure 7. Apparent emission activation energy plotted against the enthalpy of vaporization.

Table 3. Emission activation energies.

| compound         | Activation energy [kJ/mol] | Enthalpy of evaporation* [kJ/mol] |
|------------------|----------------------------|-----------------------------------|
| DEHP             | 110.1                      | 102.5                             |
| TPP              | 86.7                       | 81.4                              |
| Octadecane       | 90.6                       | 90                                |
| Phenol           | 16.1                       | 58.8                              |
| 2-Ethylhexanol   | 27.0                       | 65.4                              |

DEHP = bis (2-ethylhexyl) phthalate, TPP = triphenylphosphine.
* Data from reference [34].
By comparing Eqs. (2) and (7) it can be seen that the apparent emission activation energy $E_A$ is equivalent to the enthalpy change for emission $\Delta H_{em}$. Emission of a VOC from a polymer sheet surface is similar to vaporization, so it is reasonable that the enthalpy of vaporization $\Delta H_{vap}$ is related to the enthalpy change for emission $\Delta H_{em}$ [26, 27, 28]. This explains the correlation between the apparent activation energy $E_A$ and the enthalpy of vaporization $\Delta H_{vap}$ shown in Eq. (3). This can be extended to emissions of other VOCs from polymers. Eq. (3) will be different for different VOCs and polymers because it depends on interactions between the VOC and polymer.

4. Conclusions

Emissions of VOCs from various polymers used in commercial products were assessed at various temperatures, and temporal changes in the emission rates were investigated. Emissions of various chemicals, including aliphatic and aromatic hydrocarbons, oxygenated hydrocarbons, additives and their dissociation products were observed from polymers. The TVOC emission rates for soft PVC sheets containing TPP and DEHP were 30–120 mg m$^{-2}$ h$^{-1}$ at 50 °C after kept under 50 °C for 1 d, which were much higher than the TVOC emission rates from other polymers. The main chemicals emitted from the PVC sheets were phenol, 2-ethylhexanol, octadecene, TPP, and DEHP, and the emission rates were strongly dependent on the storage time and temperature. The apparent emission activation energy was well correlated with the enthalpy of vaporization by the following empirical equation.

$$E_A = 2.27 \Delta H_{vap} - 115, \quad R^2 = 0.94381$$

The time dependences of the emission rates depended on the type of chemicals, namely, additives and degradation products.

**Declarations**

**Author contribution statement**

Akihiro Yamasaki, Miyuki Noguchi: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

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**Competing interest statement**

The authors declare no conflict of interest.

**Additional information**

No additional information is available for this paper.

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**Figure 8.** Temporal changes in the apparent emission activation energies for phenol, bis(2-ethylhexyl)phthalate (DEHP), 2-ethylhexanol, triphenylphosphine (TPP), and octadecene.
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