Effects of erythropoietin and methylprednisolone on AQP4 expression in astrocytes

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Abstract. Methylprednisolone sodium succinate (MPSS) has been suggested as a treatment for spinal cord injury (SCI), but its use has been limited due to its adverse effects. Erythropoietin (EPO) has been suggested as a promising candidate for limiting SCI in mammals. The aim of the present study was to investigate the effects of EPO in combination with MPSS on astrocytes following ischemic injury in vitro. Astrocytes were isolated from the cerebral cortex of postnatal day 3 Sprague-Dawley rats and cultured in vitro. Astrocyte ischemic injury was induced by oxygen and glucose deprivation for 4 h, and reperfusion was simulated by subsequent culture under normoxic conditions. The effects of EPO and MPSS on the expression of aquaporin-4 (AQP4) were investigated. Ischemic astrocytes were treated with EPO (10 U/ml), MPSS (10 µg/ml), or EPO (10 U/ml) in combination with MPSS (10 µg/ml) during reperfusion. The cell viability of astrocytes was assessed using an MTT assay. The mRNA and protein expression levels of AQP4 were determined using reverse transcription-quantitative polymerase chain reaction and western blot analysis, respectively. The role of the protein kinase C (PKC) signaling pathway in the molecular mechanisms underlying the effects of EPO and MPSS was also investigated. The present results demonstrated that following treatment with EPO and MPSS, the mRNA expression levels of AQP4 were upregulated and cell viability was enhanced. EPO and MPSS effectively inhibited the oxygen and glucose deprivation-mediated downregulation of AQP4 following reperfusion. In addition, the combined treatment with EPO and MPSS exhibited higher AQP4 expression levels and cell viability compared with each treatment alone. Finally, the effects of EPO and MPSS on AQP4 expression were partially reversed by pretreatment with the PKC inhibitor Ro 31-8220.

Introduction

Central nervous system (CNS) ischemic injury is a major cause of morbidity and mortality. Reperfusion injury is caused by the recovery of blood supply to the tissues following a period of ischemia. The shortage of blood supply creates a condition of nutrient and oxygen insufficiency, and the restoration of blood circulation results in oxidative damage in the tissues (1). Astrocytes are glial cells in the CNS and serve important roles in numerous CNS functions, including neuronal regeneration, apoptosis regulation, blood-brain barrier (BBB) maintenance and extracellular ion homeostasis (2).

Edema is among the most prominent features in spinal cord injury (SCI) and has been attributed to astrocyte dysfunction (3). Under conditions of cellular edema, astrocytes have been reported to fail to exert their physiological functions to support neuronal activity (4). Following SCI in humans, the recovery process has been demonstrated to involve the rapid transition of astrocytes from an aquaporin-4 (AQP4)-positive to an AQP4-negative state, which has been associated with the development of spinal cord edema (5). AQP4 is expressed by astrocytic end-processes that encircle microvessels along the BBB and the brain-cerebrospinal fluid interface (6). AQP4 is a water channel that is functionally enriched on astrocytic end-processes at the perivascular space and the subpial surface of the glia limitans (7). AQP4 selectively conducts water molecules in and out of astrocytes during edema formation and resolution, while preventing the passage of ions and other solutes (8). Enhanced AQP4 expression has been associated with increased CNS water contents and the development of edema following ischemia (9). However, contradictory reports have demonstrated that AQP4 mitigates the damage and suppresses the retrograde degeneration of rubrospinal neurons, via promoting the resolution of edema following SCI (10). AQP4 has also been reported to facilitate the clearance of excess water following contusion-induced SCI (11). The regulation of AQP4 expression is critical for tissue water transport during repair processes in the CNS following ischemic injury, in the maintenance of the BBB and in the release and uptake of neurotransmitters (12).
Methylprednisolone sodium succinate (MPSS) has been used as a treatment for acute SCI (13); however, high doses of MPSS have been associated with deleterious adverse effects (14), such as enhancing the avascular necrosis of nerve fibers (15). The use of MPSS in the clinical treatment of acute SCI was prompted by its protective effects on neurological damage (16). However, high doses of MPSS have been associated with adverse effects, including infections, sepsis, respiratory complications and an increase in mortality (17). Reduction of the administered MPSS dose, or its substitution with alternative neuroprotective agents, may have potential as strategies to avoid the adverse effects of MPSS during the treatment of SCI (18).

Ischemia-reperfusion (IR) injury causes edema that further limits the blood supply to the tissues and results in hypoxia (19). Under hypoxic conditions, the synthesis of erythropoietin (EPO) by interstitial cells of the renal cortex is potentiated. EPO has been reported to exert neuroprotective effects against SCI (20); however, EPO has been associated with adverse effects, such as increases in hematocrit and blood viscosity, and thrombosis. EPO has been identified as a novel neuroprotective agent against neurological injury (21). EPO and its receptor (EPO-R) are expressed throughout the CNS, including astrocytes, and have been reported to exert neuroprotection in cell lines and animal models of CNS disorders (22). Previous studies demonstrated that intravenous administration of EPO within 8 h following non-hemorrhagic cerebral infarction significantly improved prognosis in rats (23). Notably, Gorio et al (24) suggested that MPSS combined with EPO may suppress the protective effects of EPO against neuronal injury, via blocking the EPO-R, increasing vascular EPO clearance and inhibiting the EPO-mediated synthesis of neurotrophic factors. However, contradictory reports demonstrated that combination treatment with EPO and MPSS following nerve injury potentiated the recovery of neurological function and improved tissue pathology (25). The present study aimed to investigate the effects of the combination of EPO with MPSS in the treatment of SCI, via assessing their effects on AQP4 expression in astrocytes following ischemia and reperfusion in vitro.

Materials and methods

Primary astrocyte culture. The present study obtained ethical approval by the Soochow University Ethics Committee (Suzhou, China). Newborn female Sprague-Dawley rats (age, 1-3 days) were purchased from the Laboratory Animal Center of Soochow University and housed under controlled conditions of temperature (22°C), humidity, and light (light/dark cycle, 14/10 h). Rats were exclusively breastfed until treated. Postnatal day (P) 3 female Sprague-Dawley rats were sacrificed by decapitation. The hypothalamus was isolated, minced and washed with PBS to remove the meninges and then seeded through a 30-µm nylon mesh, and then seeded onto poly-L-lysine (10 µg/ml; Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) pretreated 75-cm² culture dishes. Cells were cultured in Dulbecco’s modified Eagle’s medium/Nutrient Mixture F-12 (DMEM/F12; Gibco; Thermo Fisher Scientific, Inc.) supplemented with 10% fetal bovine serum (FBS; Hangzhou Sijiqing Biological Engineering Materials Co., Ltd.) and maintained at 37°C in a 5% CO₂ incubator. The culture medium was replaced every 2-3 days, until the cells achieved the desired confluence following ~2 weeks in culture, as previously described (26). Microglial cells and oligodendrocyte progenitors were dissociated following agitation in a 37°C incubator at 260 rpm for 2 h and at 200 rpm overnight. The microglial cells and oligodendrocytes grow on the surface of the astrocytes and were easier to detach by agitation; the astrocytes remained attached to the plate. Cells of the 3rd passage were prepared for testing and cells were purified after 2-3 passages.

Characterization of astrocytes. Astrocytes were identified by immunocytochemical examination using anti-glial fibrillary acidic protein (GFAP) antibody, which revealed obvious astrocytic morphology. Cell nuclei were counterstained with DAPI. Astrocyte purity was assessed based on the % of GFAP-positive cells to DAPI-positive cells and was revealed to be >95%.

Briefly, cells were seeded (1-5x10⁶ cells/ml) into 6-well plates, fixed with 4% paraformaldehyde at 22°C for 20 min, permeabilized with 0.01% Triton X-100 and blocked in 5% goat serum (G9023, Sigma-Aldrich; Merck KGaA) for 2 h at 4°C. Cells were then incubated with rat anti-GFAP primary antibody overnight at 4°C (1:1,000; sc-9065; Santa Cruz Biotechnology, Inc., Dallas, TX, USA), and with sheep anti-rat Cyanine 3-conjugated secondary antibody [1:100; D111042; Sangon Biotech (Shanghai) Co., Ltd., Shanghai, China] at 24°C for 1 h. Cells were counterstained with the fluorescent dye DAPI for 15 min, and then dehydrated by graded concentrations of ethanol. Stained cells were observed under an epifluorescence microscope (Olympus Corporation, Tokyo, Japan) and photomicrographs were captured. Three randomly selected fields of view/slide were used for cell counting by Image Pro Plus 6.0 (National Institutes of Health, Bethesda, MD, USA).

IR injury. IR injury includes two phases: An acute phase of ischemic injury, and a delayed phase of reperfusion injury. To simulate ischemic conditions, primary astrocyte cultures were transiently deprived of oxygen and glucose. The medium was replaced with oxygen-depleted, glucose-, serum- and phenol red-free DMEM (Gibco; Thermo Fisher Scientific, Inc.) and the cells were incubated in a 92% N₂, 5% CO₂ and 1% O₂ incubator at 37°C. Following 4 h of oxygen and glucose deprivation, reperfusion was simulated. The medium was restored to DMEM/F12 supplemented with 10% FBS and cells were cultured in a normoxic incubator (5% CO₂) at 37°C, as previously described (27). Normal cells were not subjected to oxygen and glucose deprivation and were maintained in a normoxic incubator at 37°C.

Experimental groups. The following treatment groups were used in the present study: Normal group, untreated astrocytes maintained in normoxic conditions; Control group, cultured astrocytes that were subjected to 4 h of oxygen and glucose deprivation, and subsequently cultured in regular medium
under normoxic conditions; EPO group, cultured astrocytes that were subjected to 4 h of oxygen and glucose deprivation, followed by reperfusion in the presence of 10 U/ml EPO (Kirin brewery Company, Ltd., Tokyo, Japan); MPSS group, cultured astrocytes that were subjected to 4 h of oxygen and glucose deprivation, followed by reperfusion in the presence of 10 µg/ml MPSS (Pfizer Inc., New York, NY, USA); EPO + MPSS group, cultured astrocytes that were subjected to 4 h of oxygen and glucose deprivation, followed by reperfusion in the presence of 10 U/ml EPO and 10 µg/ml MPSS.

**MTT assay.** The MTT assay was used to determine the viability of astrocytes according to the measured absorbance or optical density (OD) value. Cells were seeded (5x10^4 cells/ml) into 96-well plates in culture medium (200 µl/well). A total of 20 µl MTT solution was added to each well and cells were incubated for an additional 4 h. Subsequently, 150 µl dimethyl sulfoxide were added to each well and plates were agitated gently for 10 min to fully solubilize the formazan crystals. The absorbance of each well was measured at 490 nm.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR).** Total RNA was extracted from cells using TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc.). The concentration and purity of RNA was evaluated by spectrometry at 260 and 280 nm. Total RNA was reverse transcribed into cDNA using a SYBR Green Real-Time PCR Master Mix (Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. The amplification conditions were as follows: AQP4, 45 sec at 94˚C followed by 30 cycles of 30 sec at 94˚C, 30 sec at 52˚C and 60 sec at 72˚C; β-actin, 45 sec at 94˚C followed by 30 cycles of 30 sec at 94˚C, 30 sec at 58˚C and 60 sec at 72˚C. Primers sequences, designed by Primer-Express V3.0 (Thermo Fisher Scientific, Inc.), were as follows: AQP4 forward, 5′-TGGGACCAATCATAGGCACGC-3′ and reverse, 5′-GGTCATAAGGAGATCAGATC-3′ (product, 213 bp); β-actin forward, 5′-GAGAGGGGAATCGTGCGTGAC-3′ and reverse, 5′-CATCCTGCTAGGGAGCTGAC-3′ (product, 457 bp). The experiments were performed in triplicate and the comparative Cq method (28) was used to perform relative quantification. Differential expression was calculated by analysis of the target gene amplification following normalization to the rat β-actin endogenous reference.

**Western blot analysis.** Cells from the various treatment groups were collected and lysed using Western/IP Cell Lysis Buffer (Beyotime Institute of Biotechnology, Haimen, China) for 1 h at 0˚C. Protein concentration was measured by bicinchoninic acid assay. Equal amounts of extracted protein samples (50 µg) were separated by 10% SDS-PAGE and transferred onto polyvinylidene difluoride membranes. The membranes were blocked with 2% skimmed milk and TBS-0.1% Tween-20 (TBST). Primary polyclonal antibodies against AQP4 (sc-9888; Santa Cruz Biotechnology, Inc., Dallas, TX, USA) diluted (1:500) in TBST were used. Membranes were incubated with the primary antibodies at 4˚C overnight, or with anti-GAPDH (1:1,000; AB10016; Sangon Biotech (Shanghai) Co., Ltd.) at 4˚C for 2 h. Blots were subsequently incubated with horse-radish peroxidase-conjugated rabbit anti-goat IgG secondary antibodies [1:1,000; D111047; Sangon (Shanghai) Biotech Co., Ltd.] for 2 h at 4˚C. Protein bands were visualized on X-ray film using enhanced chemiluminescence (luminol chemiluminescence substrate, SF-2; Jiangsu Sunlant Bioengineering Co., Ltd.). Developed films were digitized and semi-quantified by densitometry using a gel imaging system (Smartview-2001 Version 5; Shanghai Furi Science & Technology Co., Ltd., Shanghai, China).

**Statistical analysis.** Data are expressed the mean ± standard deviation. Statistical analysis was performed with one-way analysis of variance and the Student-Newman-Keuls post hoc test were performed using SPSS software version 16.0 (SPSS, Inc., Chicago, IL, USA). P<0.05 was considered to indicate a statistically significant difference.

**Results**

**Astrocyte characterization.** Astrocytes of the third passage were observed by microscopy. Astrocytes exhibited vascular processes, which connected them to the outer surface of the capillary walls in close proximity. Astrocytic processes were revealed to envelope neuronal synapses. Individual synapses were viewed as slender structures that were interwoven into a mesh. Astrocytes were demonstrated to extend processes in order to form the glial limiting membrane. Following immunostaining for GFAP, an astrocyte marker, cells exhibited a characteristic astrocytic morphology and GFAP-positive staining (Fig. 1). DAPI was used to counterstain the nuclei of living cells (Fig. 1). The purity of the cultures was calculated as the % of GFAP-positive cells over the total number of cells (based on DAPI staining). Astrocytes were revealed to amount for ~95% of the culture.

**Astrocyte viability.** The cell viability of astrocytes in the five experimental groups tested in the present study was evaluated by MTT assay. The total numbers of viable cells were significantly increased in all the drug intervention groups (Fig. 2). The results demonstrated that treatment with EPO, MPSS or their combination significantly promoted viability of astrocytes compared with the control (Fig. 2). Of note, the cell viability of the EPO + MPSS group, was significantly increased compared with EPO or MPSS groups alone (Fig. 2).

**AQP4 mRNA expression levels.** To analyze the changes of AQP4 gene expression as a function of time, RT-qPCR analysis was performed. A time effect curve was constructed from results up to 18 h following reperfusion (Fig. 3). AQP4 mRNA levels had the most obvious changes at 0.5 h following reperfusion, and therefore this time point was chosen for RT-qPCR analysis of all the five experimental groups (Fig. 4). Notably, AQP4 expression following EPO or MPSS intervention was significantly upregulated at 0.5 h, compared with the control group (Fig. 4). In addition, the EPO + MPSS group had significantly higher AQP4 mRNA expression levels compared with the control group, and compared with either intervention alone (Fig. 4), indicating a synergistic action of the two drugs in upregulating AQP4 expression.

**AQP4 protein expression levels.** Western blot analysis was used in order to examine the time effect curve of AQP4
Protein expression levels for 15 h following reperfusion. Levels of AQP4 protein were upregulated beginning at 12 h following reperfusion with drug interventions (Fig. 5). Thus, the time of 12 h after drug intervention was selected for further analysis of the five experimental groups (Fig. 6). Compared with the normal group, astrocyte AQP4 protein expression levels in the control group decreased significantly following oxygen and glucose deprivation (Fig. 6). Following reperfusion, AQP4 protein levels increased significantly by treatment with EPO, MPSS or their combination, compared with control (Fig. 6). Notably, the AQP4 protein levels were significantly higher in the EPO + MPSS group compared with either drug alone (Fig. 6), confirming a synergistic action between EPO and MPSS in the regulation of AQP4 expression.

Ro 31-8220 inhibits the EPO and MPSS-mediated AQP4 upregulation. Cultured astrocytes were subjected to oxygen and glucose deprivation for 4 h, and then pretreated with the protein kinase C (PKC) inhibitor Ro 31-8220 (100 nM, Medchemexpress) for 10 min followed by reperfusion. Western blot analysis demonstrated that the protein expression levels of AQP4 were significantly decreased in the control compared with the normal group (P<0.05; Fig. 6), and PKC inhibition had no effect in the control group. However, in the EPO and the MPSS groups, Ro 31-8220 pretreatment significantly decreased the AQP4 protein expression levels, compared with cells treated with EPO or MPSS alone (P<0.01; Fig. 6). Finally, the EPO + MPSS group exhibited the highest protein expression levels for AQP4 following reperfusion, and PKC inhibition partially but significantly inhibited this AQP4 upregulation (P<0.05; Fig. 6).

Discussion

In the present study, primary astrocyte cultures were established following the isolation of astrocytes from the rat cerebral cortex; P3 rats were used, as the yield of viable neurons in cell suspension is the highest at this stage. Astrocytes isolated from female rats have been reported to be more resistant to oxygen and glucose deprivation compared with male astrocytes (29). In the present study, astrocytes were obtained from P3 female rats and were subjected to oxygen and glucose deprivation followed by reperfusion, in accordance with a widely-used model to imitate ischemic conditions in vitro (30).
In the present study, EPO and MPSS in combination attenuated the ischemia-induced downregulation of AQP4 expression, and were revealed to be more effective compared with the administration of EPO or MPSS therapy alone. The mRNA expression levels of AQP4 were significantly downregulated in astrocytes following ischemia, thus suggesting that the decreased expression of AQP4 may limit water influx so as to maintain the physiological morphology and preserve the viability of astrocytes under ischemic conditions.

In the early stages of cytotoxic edema, AQP4 expression is rapidly increased, leading to water influx following reperfusion, and the development of cytotoxic edema. The upregulation in AQP4 expression causes excess water influx into the cells, thus resulting in cell swelling and elevated pressure (31). In the present study, the results demonstrated that in the initial 30 min of reperfusion, the oxygen and glucose deprivation-mediated downregulation in AQP4 expression was inhibited by EPO or MPSS administration. In addition, the mRNA and protein expression levels of AQP4 in the EPO + MPSS group were significantly higher compared with the control group. The present results were in accordance with previous animal studies using experimental models of SCI, which reported that when EPO was administered 30 min post-injury, it could improve the neurological outcome (32).

The upregulation of AQP4 expression has been observed in hypoxic-ischemic neonatal rats following treatment with EPO (33). Conversely, EPO was demonstrated to significantly attenuate the upregulation in AQP4 expression induced by oxygen-glucose deprivation followed by reoxygenation (34). The protective effects of EPO in astrocytes may be mediated through the activation of c-Jun N-terminal kinase, mitogen-activated protein kinase and phosphatidylinositol-4,5-bisphosphate 3-kinase/Akt signaling pathways (35,36). EPO treatment has been demonstrated to preserve the neurological function and to attenuate neuronal cell damage in a mouse model of spinal cord IR injury (37), and it has been reported to significantly suppress edema formation and prevent neurological injury following spinal cord ischemia in rats (38). Furthermore, EPO administration has been reported to protect the integrity of the BBB, and its beneficial effects during BBB disruption have been associated with increased levels of AQP4 (39-41).

In the present study, the mRNA expression levels of AQP4 were significantly increased following treatment with MPSS compared with the control group. EPO inhibited the rapid increase in AQP4 expression more potently compared with MPSS. By contrast, MPSS inhibited the rapid decrease more effectively than did EPO. Previous studies have reported that the inhibition of the initial upregulation of AQP4 prevents the development of cellular edema (42). The AQP4 mRNA level is biphasic following reperfusion. Triggered by SCI, an early upregulation of AQP4 expression has been reported, suggested to facilitate edema formation, followed by a later downregulation after the onset of edema (43). The present study demonstrated that EPO and MPSS displayed protection within 30 min.

PKC has been reported to regulate AQP4 protein expression, and PKC activation by EPO can alter plasma membrane water permeability (34). Low doses of MPSS have been demonstrated to elicit a biological response through the activation of the same signaling pathway (44). The activation of PKC causes a decrease in AQP4 expression, thus reducing cellular water...
permeability and alleviating ischemia-induced swelling (34). In the present study, in order to investigate the roles of PKC in the mechanisms underlying the effects of EPO and MPSS on IR injury, astrocytes were pretreated with the PKC inhibitor Ro 31-8220 prior to reperfusion. The present results revealed that PKC inhibition partly counteracted the effects of EPO on AQP4 expression following ischemia. Notably, Ro 31-8220 significantly inhibited the MPSS-induced AQP4 upregulation, thus suggesting that EPO and MPSS may act through a common mechanism implicating the PKC pathway. However, it is possible that other pathways may also be implicated in the regulation of osmotic pressure in astrocytes, and further studies are required to fully elucidate the molecular mechanisms of EPO and MPSS action.

The results of the present study suggested that the combination of EPO with MPSS may have a therapeutic effect on traumatic SCI. EPO and MPSS alone and in combination significantly upregulated the mRNA and protein expression of AQP4 in astrocytes, which was decreased following oxygen and glucose deprivation. In addition, MPSS alone and in combination with EPO enhanced the viability of astrocytes following IR. The effects of EPO and MPSS on AQP4 protein expression were mitigated by blocking PKC signaling, thus suggesting that EPO and MPSS may modulate the expression of AQP4 through PKC-dependent pathways.

The concentration of EPO in the brain is closely related to hypoxia (45). In the present study, western blot analysis demonstrated that treatment with EPO or MPSS alone or in combination following ischemia, resulted in significantly enhanced AQP4 protein expression 12 h following reperfusion. These results suggested that EPO and MPSS may modulate water transport across the cell membrane, through the regulation of AQP4 expression, and thus prevent the onset of edema. Furthermore, EPO in combination with MPSS was revealed to protect cortical astrocytes against IR injury, as suggested by the results of the MTT assay, which indicated an increase in cell viability. The present study demonstrated that routine recommended clinical doses had a clear effect on protein expression of AQP4. The findings suggested that combination therapy of IR injury with EPO and MPSS may have potential as a novel approach to reduce the administered doses of MPSS, and thus prevent the appearance of adverse effects. However, further studies are required to investigate the efficacy and safety of the EPO + MPSS combination therapy in eliminating edema following SCI.

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