W–Cu composites with submicron- and nanostructures: progress and challenges

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Abstract

W–Cu composite materials are widely used in civilian industries and aerospace fields owing to their integrated properties of high hardness, wear and arc resistance, electrical and thermal conductivities, and low coefficient of thermal expansion. The recently developed submicron- and nanostructured W–Cu composites exhibit superior performance compared to their conventional coarse-grained counterparts and are expected to further expand applications of this group of materials. This review is focused on recent important progress in the preparation, characterization, and mechanical and physical properties of W–Cu composites with refined structures. We summarize the technologies that are capable of refining component structures and evaluate their advantages and limitations. Furthermore, the effects of component refinement and additives such as alloying elements and dispersed particles on the comprehensive performance of W–Cu composites are demonstrated. At the end of the review, we propose potential research issues and directions worthy of attention for the future development of W–Cu composites.

Introduction

As a typical bimetal composite, W–Cu is called a “pseudoalloy”, in which W and Cu components do not form a solution or intermetallic compounds. Due to its integrated properties of high hardness and strength, a low thermal expansion coefficient, good arc-resistance arising from W, and high electrical and thermal conductivity from Cu, W–Cu composites offer excellent thermal, electrical, and mechanical performance. This group of materials has been widely applied in civilian industrial fields such as high-voltage electric contact parts, welding electrodes, electronic packaging, and thermal sinks and are also especially demanded in aerospace industries1–4. To give full play to their respective advantages and improve the overall performance of the W–Cu composite, the ideal microstructure should be composed of interpenetrating W and Cu networks with high homogeneity and a high densification degree, as shown by the schematic diagrams in Fig. 15.

The mutual insolubility between W and Cu arises from a high positive heat of mixing of 35.5 kJ mol⁻¹6. This insolubility is due to their distinct intrinsic features. First, they have different crystal structures: W is BCC with an atomic radius of 2.02 Å, and Cu is FCC with an atomic radius of 1.57 Å. The difference between their atomic radii is as high as 22%. Second, the electronegativity of W (2.36) is 24% higher than that of Cu (1.9); thus, W–Cu composites cannot be fabricated by traditional metal-casting processes and must be fabricated by powder metallurgy technologies such as liquid phase sintering and infiltration. Unfortunately, due to the poor solubility and wettability between W and Cu, it remains difficult to obtain the desired W–Cu composites with full densification and a homogenous microstructure, which are essential for desirable high integrative performance.

To enhance the sinterability of W and Cu powders, the introduction of active elements such as Fe, Co, and Ni has been investigated7,8. Nevertheless, those elements lead to deterioration of the electrical and thermal performance. Alternatively, it is also possible to decrease the particle size of W and Cu powders to the nanoscale. The nanosized powders have higher surface energy and thus high
activity for sintering densification. In addition, during the process of liquid phase sintering, a higher capillary force can be provided by the rearrangement of W nanoparticles, which further promotes the densification of the powder. Apart from improvement of the relative density, W–Cu bulk materials prepared by nanopowders have the advantages of a finer and more homogeneous microstructure and thus exhibit significantly improved performance. Recently, a number of new technologies have been developed to prepare W–Cu composites with submicron- and nanostructures. Moreover, to optimize their comprehensive properties, strategies including the introduction of alloying elements and dispersed particles have been explored for W–Cu composite materials.

![Fig. 1 Three-dimensional reconstruction image of a W–Cu composite; the images on the top-right, bottom-left and bottom-right show the W, Cu, and the Cu distribution with high resolution, respectively.](image)

Here, we review recent progress in submicron- and nanostructured W–Cu composites, including fabrication technologies, characterizations of microstructures and various properties. Additionally, modification of the microstructures and properties by the addition of alloying elements and dispersed particles, as well as their influencing mechanisms, is analyzed. This review is expected to provide a systematic summary and evaluation of the important progress in the field of W–Cu composites and is considered to be helpful for the future development of advanced W–Cu composite materials for high-end applications.

The review is constructed as follows: first, the applications and desired properties of W–Cu composites are introduced; second, the fabrication technologies developed for submicron- and nanostructured W–Cu composites and the effects of structure refinement on the performance are demonstrated; then, the addition of alloying elements and dispersed particles in the W–Cu system, as well as the mechanisms of their effects, is analyzed; and finally, along with a summary, some issues regarding the prospects of and suggested items of interest for the future development of W–Cu composites are proposed.

**Properties required in applications**

**For electrical contact**

W–Cu composites have been widely used as electrical contact materials in applications such as contactors, switchgears, and breakers. When a switch is connected or disconnected, the electrical contact material suffers from sharp changes in current, arc erosion, and high temperature. Cu has a high heat of evaporation of 4770 J/g. At temperatures higher than its boiling point, Cu evaporates and takes a large amount of heat, generating a cooling effect on the W skeleton, which is one of the most important advantages of the W–Cu composite. However, after a number of switching cycles, Cu depletion is likely to occur at the contact surface. Thus, the erosion process will change, and the W skeleton may be densified at high temperatures. With the increasing demand for high-capability electric power systems and extending grids of electric power transmission networks, it is important to develop contact materials that can bear ultrahigh voltages and have long lifetimes. That is, the W–Cu composites should have high-voltage arc resistance and high-temperature strength and wear resistance while maintaining good electrical and thermal conductivity.

**For electronic packaging**

The purpose of electronic packaging is to arrange and assemble components of the integrated circuits to prevent them from the external environment. Owing to the good thermal conductivity, W–Cu composites have been used in large-scale integrated circuits and high-power microwave devices as substrates and heat-sinking components. Moreover, a suitable thermal expansion coefficient of W–Cu composites, which is adjustable by composition, ensures good thermal matching with semiconductor components such as Si and GaAs in microelectronic devices, thus avoiding the thermal fatigue failure caused by thermal stress. At present, integrated circuitry is developed towards high integration and miniaturization. This means that more concentrated heat needs to be dissipated; thus, there is an increasing requirement for high thermal conductivity of W–Cu composites used as electronic packaging materials.

**For aerospace industries**

W–Cu composites can be applied in aerospace fields, such as parts used in rocket and missile nozzles. W–Cu composites can bear high-temperature loadings where other materials generally lose function. To ensure high
precision and high reliability in aerospace applications, the strength and ablative resistance of W–Cu composites at high temperatures must be improved, in addition to their high electrical conductivity and high arc and wear resistance. Actually, this is a key point to extending high-temperature applications of W–Cu composite materials.

**Preparation and properties**

**Conventional fabrication technologies**

Infiltration and liquid phase sintering are conventional methods of preparing W–Cu composite bulk materials. The liquid phase sintering can be further classified as high-temperature liquid phase sintering and activated liquid phase sintering according to whether or not the elements that facilitate sintering densification are used.

**Infiltration**

Infiltration is a predominant conventional technique for preparing W–Cu bulk materials because of the relatively high densification degree. In general, the infiltration process contains two steps: prepressing and presintering the micron-scale W powder into a porous W skeleton; then, the molten Cu is allowed to infiltrate and fills in the pores of the W skeleton due to the capillary force.15,18. Because of the challenges in obtaining the open porosity and uniformity of the skeleton structure, it is difficult to achieve full densification and sufficient homogeneity of the microstructure in the W–Cu bulk. As a result, the performance of the material is badly influenced. In addition, infiltration is a time-consuming process, and the bulk materials prepared by infiltration need to be machined to remove the surface Cu-rich layer, which reduces efficiency and increases preparation costs.6,15. For the infiltration processing of W–Cu composites, recent studies have focused on the development of techniques to prepare porous W skeletons with fine structures, highly connected ligaments and open porosity.

**Liquid phase sintering**

Liquid phase sintering is an alternative conventional method to prepare W–Cu bulk materials, particularly for higher Cu contents. Generally, liquid phase sintering has three steps: mixing of W and Cu powders, cold compression, and sintering at a temperature higher than the melting point of Cu. Compared with infiltration, the advantages of this technique are the simple process and feasible control of the composition. However, the densification degree of liquid phase sintering is generally lower than that of infiltration, e.g., 90–95% of the theoretical density. Thus, to improve the relative density, subsequent thermal processing is often needed.19.

Except for additional thermal processing, another effective method to enhance the densification of liquid phase sintering is to introduce some elements (e.g., Co and Ni) as sintering activators to improve the sinterability of the powders, due to which the method is called activated liquid phase sintering.9. Adding an appropriate amount of these sintering activators is beneficial to improving the mechanical properties of the W–Cu bulks; however, it reduces the thermal and electrical conductivity of the materials.

Alternatively, taking advantage of the large surface area and high surface energy, decreasing the particle size to nanoscale has been shown to be an effective way to enhance the sinterability of the powders and the density of the resultant W–Cu bulks. In addition, considering that the particle rearrangement during sintering depends on the balance between the capillary and bonding forces of W particles, Johnson et al. investigated sintering densification as a function of the particle size (Fig. 2)10. It was found that smaller W particles increase particle rearrangement, hence the as-sintered density, because of the increase in capillary force with the decrease in particle size. The nanopowders facilitate refining the microstructure of sintered bulk materials, thus improving the mechanical properties and arc resistance compared with the traditional coarse-grained W–Cu counterparts. Therefore, much effort has been made recently to prepare nanopowders and submicron and nanoscale structures of W–Cu composites.

**Technologies developed for microstructure refinement**

**Submicron- and nanoporous W**

For the fabrication of W–Cu composites by infiltration, the feature size and connectivity of ligaments and pores in the porous W skeleton are very important for the microstructure and properties of the final bulk material. When the particle size of W is reduced to the nanoscale, closed pores are likely to form in the porous W skeleton. In the subsequent infiltration process, the closed pores cannot be filled with liquid Cu; consequently, the density of the prepared composite bulk is lower. However, the preparation of porous W skeletons with a fine structure and open porosity has been a challenge for years. Shen et al. fabricated porous W with a pore size of ~1 μm by tape-casting and subsequent sintering. A homogeneous porous structure can be obtained by introducing dispersant and binder, which have the advantages of keeping W powder decentralized in the tape-casting slurry and making the slurry stable and ordered. Furthermore, by introducing NaCl as a space holder, larger pores of 3–6 μm can be created to form a bimodal distribution of pores in the porous W.

How then can one decrease the feature size of porous W to the nanoscale? It is known that dealloying is an effective method for preparing nanoporous metals. During the dealloying process, chemically active components will be removed from the alloy by the corrosive medium, while
the remaining component forms a nanoporous structure by atomic diffusion and self-assembly at the solid/liquid interfaces. To date, nanoporous Au, Pt, Ag, and Cu have been successfully prepared by this strategy\(^2\). Recently, we prepared nanoporous W with ligament and pore sizes of \(~30\,\text{nm}\) by a method combining mechanical alloying and chemical dealloying\(^2\). It was found that by adjusting the temperature and duration of the subsequent heat treatment, the feature size of porous W can be modulated to \(300\,\text{nm}\) (Fig. 3). Porous W, with a submicron or nanoscale feature size and a high fraction of open porosity, may provide new opportunities for preparing submicron- and nanostructured W–Cu composites by infiltration.

**Nanoscale W–Cu composite powder**

In recent years, to refine and homogenize the microstructure of W–Cu composites prepared by liquid phase sintering, several methods have been developed to prepare nanoscale W and Cu metal powders or W–Cu nanocomposite powder as the sintering material. The effect of W particle size on the microstructure and properties of W–Cu composites has been investigated\(^2\). It was found that with decreasing W particle size, the contiguity of W grains increased, and the relative density and hardness of the W–Cu composite increased due to the improved particle rearrangement and amount of adjacent W grains. Nevertheless, the proximity of Cu and thus the electrical conductivity of the composite material decreased slightly. Compared with the W–Cu composite prepared using \(8\,\mu\text{m}\) W powder, the hardness of the W–Cu composite prepared by \(400\,\text{nm}\) W powder was increased by \(84\%\), with a slight sacrifice of its electrical conductivity (an \(11.6\%\) loss), exhibiting good comprehensive properties in terms of relative density (\(98.9\%\)), hardness (230 HB), and electrical conductivity (48.7% IACS). Moreover, the dielectric breakdown strength of the submicron-grained W–Cu composite was increased by \(24\%\) compared with that of the coarse-grained counterpart owing to stronger arc isolation and higher strength of the W skeleton. The high contiguity of the W skeleton in the ultrafine-grained W–Cu composite can be maintained at high temperatures, which is beneficial to its high-temperature performance\(^2\). A W–25 wt.% Cu composite with an ultrafine structure was shown to have higher stability, hardness (\(~230\,\text{HB}\)), and compressive strength during thermal cycling (Fig. 4) and improved wear resistance at higher temperatures compared with the coarse-grained composites. In addition to refining the particle size of the raw powders, there are other methods used for the preparation of W–Cu nanocomposite powders, such as mechanical alloying, the mechanical-chemical method, spray drying, sol–gel, and so on.

Mechanical alloying is an effective way to prepare alloys in which the components are not mutually soluble or there exists a large difference between their melting points. In the process of mechanical alloying, Cu particles suffer from constant flattening and cold welding, while W particles are continuously broken. The grain size decreases, and the interface area increases, which causes the diffusion between W and Cu to form W–Cu composite powders. Mechanical alloying can promote the solid solubility of Cu in W because of the production of a large number of crystal defects (vacancies, dislocations, and stacking faults) in W during high-energy ball-milling. Through diffusion assisted by these crystal defects, a metastable solid solution of Cu with a certain concentration may be obtained. Moreover, the solid-state sintering activity of the W–Cu nanocomposite powders can be improved by mechanical alloying\(^2\). The sintering shrinkage rates of W–Cu powders prepared by simple mixing and mechanical alloying have also been
compared\textsuperscript{26}. There is only one peak at temperatures close to the Cu melting point in the powder sample prepared by simple mixing of W and Cu powders, corresponding to the increased densification due to the rearrangement of W particles in the molten Cu. By contrast, the sintering curve of the W–Cu nanocomposite powder prepared by mechanical alloying has two peaks, one at 950 °C and another at 1080 °C. This indicates that solid-state sintering, along with liquid phase sintering, plays an important or even dominant role in the sintering densification of the W–Cu nanocomposite powder. The enhanced sinterability of the W–Cu nanocomposite powder has been attributed to the coupling effect from inside and outside the powder\textsuperscript{26}. The interior densification of the individual powder occurred with significant grain growth of the W nanoparticles (\textasciitilde 20 nm). Simultaneously, Cu diffused out onto the surface of individual particles, leading to bonding between the composite grains\textsuperscript{26}. Taking advantage of the enhanced solid-state sintering, near-fully densified ultrafine W–20 wt.% Cu and W–30 wt.% Cu bulk materials were prepared at a lower temperature of 1100 °C\textsuperscript{27}. Nevertheless, the flattening and cold welding of Cu during mechanical alloying has adverse effects on the dispersion of Cu in the composite, and a longer processing time is required.

To solve this problem, a mechanical-chemical method has been proposed. This method contains mechanical milling of W and Cu oxides followed by thermal hydrogen reduction. Due to the brittleness of oxides, a homogenous distribution of W and Cu components can be obtained by milling. The dispersion of W and Cu particles has a significant influence on the sinterability of the powders, hence the microstructure of the sintered composite bulk\textsuperscript{28}. Ball milling over a long time can lead to a microstructure of Cu-coated W nanoparticles. Because of the difference in the dispersion state of Cu, the composite powders exhibited different sintering behaviors. The Cu-coated W nanopowder has good sintering characteristics in both solid- and liquid-state sintering. It can reach full density at 1100 °C. However, by liquid-state sintering of the mixed powder with Cu microparticles, a relative density of 98.9% was obtained at an even higher temperature of 1200 °C. Although W–Cu composites with fine structures can be prepared by mechanical alloying and mechanical-chemical methods, impurities, such as Fe and Co, are easily introduced in the processing, which causes deterioration of the thermal and electrical properties of the composite material. These impurities limit the application of these methods.

Wet-chemical processes, such as spray-drying, sol–gel, and co-precipitation, were proposed to overcome the contamination problem\textsuperscript{29–32}. In the wet-chemical processes, soluble W and Cu salts were used as raw materials to synthesize precursors, which were then converted to a W–Cu composite powder by calcination and thermal hydrogen reduction. The particle size of the synthesized W–Cu composite powder is less than 200 nm, and the grain size of W is as small as \textasciitilde 35 nm. By liquid phase sintering of this kind of powder, a fine-grained W–Cu composite can be obtained; however, the relative density is slightly lower (e.g., 94\%\textsuperscript{33}). It was argued that the composite powders made from spray-drying were not homogeneous because of the different precipitation rates of W and Cu salts during drying. The Cu content gradually decreased from the outside to the inside of the particle. To solve the problem of non-simultaneous precipitation of W and Cu salts, an additional ball-milling treatment was proposed\textsuperscript{16}. Furthermore, additional ball milling is also conducive to reducing the temperature for reduction due to the increase in surface area of composite particles and thus improvement of the sinterability\textsuperscript{39}. In addition, to control the particle size of the composite powder, a method of freeze-drying has been developed to prepare nanoscale W–Cu composite powder. The freeze-drying precursors contain tungstate, sulfate, water of
crystallization, and ammonia with an amorphous structure. After a two-stage thermal reduction, W–Cu nanocomposite powder, with a particle size of 10–20 nm, can be produced. The sol–gel method can further improve the uniformity of W and Cu in composite powders by introducing complex agents, such as citric acid, which ensure the gradual formation of homogenous gel by hydrolysis and polymerization during the evaporation of water. Using this method, W–Cu nanocomposite powder with particle sizes of 100–400 nm and a homogeneous distribution of composition at the nanoscale can be obtained.

Sintering densification

For traditional methods of sintering W–Cu powders, although some processing optimizations have been developed, it is still challenging to achieve a high density while maintaining a nanostructure. In this respect, pressure-sintering and field-assisted sintering techniques have been applied to prepare dense W–Cu bulk materials with fine microstructures.

Because hot-press sintering is assisted by pressure, its sintering temperature can be reduced to near the melting point of Cu, and the sintered density can be improved significantly. Additionally, hot-press sintering can also avoid obvious deformation of W–Cu composite bulks caused by traditional liquid phase sintering without pressure. Qiu et al. studied the coupling effect of temperature and pressure on the density and hardness of the W–Cu bulks prepared by hot-press sintering; the powder made by mechanical alloying was also studied. Under a pressure of 50 MPa, the density of the sintered composite increases with the sintering temperature. Given a further increase in the temperature to values higher than the melting point of Cu, liquid Cu may be extruded from the mold, and the density of the composite will be reduced, as shown in Fig. 5a. At a specific temperature of 1050 °C, the pressure plays an important role in the densification, as shown in Fig. 5b, and the relative density increases from 86.2% without pressure to 99.2% at a pressure of 40 MPa. Eventually, the density remains nearly unchanged when the pressure is further increased. At the above optimized conditions, the prepared W–20 wt.% Cu bulk has fewer pores and a microstructure consisting of ultrafine W grains (with a mean size of 500 nm) and a continuous Cu network (Fig. 5c), and the hardness reaches 310 HV, which is more favorable than that prepared by the mixed W and Cu powders under less optimized conditions (Fig. 5d).

To further increase the sintering densification while inhibiting rapid grain growth during sintering, field-assisted sintering methods, which offer the advantages of faster heating and cooling, a lower sintering temperature, and a shorter processing duration, have been developed. Because metal powder can absorb microwave radiation effectively and use eddy current loss for autogenous heating, microwave sintering has been applied to densify different kinds of metal powders. It has been shown that microwave sintering promoted the densification of W–Cu compacts at a heating rate of 40 °C/min, and a near-theoretical density was realized. In addition, a homogeneous microstructure was formed in the W–Cu composite prepared by microwave sintering, compared with W aggregation and large Cu pools formed in the conventional liquid-phase-sintered counterparts. By microwave sintering, Zhou et al. prepared W–15 wt.% Cu bulks using nanocomposite powder synthesized by the sol–gel method. The W–Cu composites sintered at 1200 °C had an average W grain size of 600 nm and a relative density higher than 97%. Their hardness and thermal conductivity were 347 HV and 187 W/mK, respectively. A more compact distribution of W and higher density may be achieved by applying pressure during microwave sintering.

Spark plasma sintering (SPS) has been considered one of the most popular fast thermal densification methods. In the SPS process, the particle surfaces are activated, and the sintering temperature can be significantly reduced. Elsayed et al. compared the effects of SPS and conventional liquid phase sintering on the microstructure and properties of prepared W–Cu bulk materials. It was found that the W–Cu samples sintered by SPS had better mechanical properties because of the finer microstructure and stronger combination of W particles; however, the maximum relative density of the SPS samples was only 90%. Later, in a work on a spark-plasma-sintered W-30 wt.% Cu bulk sample, a mean W grain size of less than 400 nm and a maximum relative density of 97.3% were obtained at a sintering temperature of 950 °C and a pressure of 120 MPa, as shown in Fig. 6. The nanocomposite powder synthesized by the sol–gel method was used as the sintering material. At temperatures below 990 °C, the relative density and homogeneity of the as-sintered composites increased with increasing temperature and pressure. The prepared material had a thermal conductivity of 235.48 W/(m K) and a relatively lower thermal expansion coefficient (CTE) of 9.27 × ppm K⁻¹.

Severe plastic deformation

The method of severe plastic deformation has been used to refine the microstructures of coarse-grained W–Cu bulk materials. Sabirov et al. prepared a W–25 wt.% Cu material with a mean grain size of 10–20 nm by applying high-pressure torsion to coarse-grained W–Cu composites with grain sizes of 2–10 μm. With increasing load, the grain structure of the W–Cu composites can be refined; moreover, the temperature in the torsion process played a significant role in the microstructure evolution of
the composite. Increasing the temperature at which torsion is performed can lead to coarsening of the W–Cu nanocrystalline structure; thus, strong plastic deformation and low deformation temperature are dominant for a nanostructure.

Evaluation of methods for microstructure refinement

Table 1 summarizes the results of W–Cu composites with 15–30 wt.% Cu content that have been reported in the literature, including the fabrication methods, grain size of W, and mechanical and physical properties. Compared with the coarse-grained counterparts, in general, the fine-grained W–Cu composites have superior hardness; however, there are few evident advantages in their physical properties. Nevertheless, there are some inspiring results showing comparable or even better physical properties of the composites with finer grain size relative to their coarse-grained counterparts. For example, the W–15 wt.% Cu bulks with a mean grain size of 800 nm and a relative density of 98% prepared by SPS using the spray-dried composite powder as the sintering material, or with a mean grain size of 600 nm and a relative density of 97% prepared by the sol–gel method and microwave sintering, exhibit a higher thermal conductivity (e.g., ~190 W (mK)^{-1}). The W–30 wt.% Cu composite, with a mean grain size of 350–400 nm and a relative density of 97.3% prepared by the sol–gel method and field-assisted sintering, had a lower CTE of 9.27 ppm K^{-1}. Therefore, there is potential to optimize the processing and microstructure, especially in terms of the mutual distribution and connectivity of W and Cu in the composite, which is very important for the achievement of excellent physical properties.

As mentioned above, a variety of techniques have been developed for refining the microstructure of W–Cu composites. The application of the nanocrystalline W–Cu obtained by severe plastic deformation is limited by the dimensions and shape of the operation facility. Moreover, the crystal defects introduced by the deformation process have negative effects on the mechanical and physical properties of the nanocrystalline W–Cu bulk materials. For W–Cu composites fabricated by infiltration, techniques for preparing submicron- or nanoscale porous W with open channels have been developed. How then to fill the refined pores with Cu and avoiding coarsening of the W skeleton during infiltration are key directions for future
research. For liquid phase sintering, to prepare submicron- and nanostructured W–Cu composites, coordination between the synthesis of W–Cu nanocomposite powders and sintering densification with control of the grain growth is strongly needed.

Modulation of microstructures and properties by additives

In the section “Preparation and properties”, the technologies of preparing W–Cu composites, particularly the submicron- and nanostructured W–Cu bulk materials, were reviewed, together with the microstructures and mechanical and physical properties of the resultant materials. In that section, attention was paid to the fabrication methods, and the mentioned materials were basically binary W–Cu composites. In this section, various additives used in the W–Cu-based composites, as well as their effects on the modulation of microstructures and performance of the prepared bulk materials, are reviewed in according to the type of additive.

Alloying elements

Interaction with Cu

The effects of alloying elements on W–Cu composites can be divided into three categories according to their influences on W, Cu, and the interfaces between them. Some elements, such as Zn and Ag, which are insoluble in W, can act as sintering activators by forming a solid solution or compound with Cu to decrease the temperature for sintering densification and increase the fluidity of the liquid phase, leading to improvement of the relative density and properties of the sintered composite bulks. It was reported by Chen et al.\textsuperscript{46,47} that with increasing amounts of Zn addition, Cu–Zn intermetallic compounds formed instead of Zn dissolution in Cu. The relative density of the composite bulk increased gradually, e.g., at a Zn content of 2 wt.%, the relative density of the W–Cu–Zn bulk alloy reached 97.9%. The change in the Vickers hardness of the bulk alloy was consistent with the change in the relative density. As shown in Fig. 7, with the increase in Zn content, the hardness of the alloy bulk first increased and then remained at a certain level and increased significantly only when the Zn addition was larger than 14 wt.%. At the non-densification stage (area I), the hardness increased with the Zn content. At steady stage (II), the hardness remained at 250 HV because the material reached near-full densification.

When the Zn content was above 14% (stage III), the hardness increased to 361 HV owing to the formation of Cu–Zn intermetallic compounds. Moreover, the room temperature bending strength of the W–Cu–Zn alloy increased with the addition of Zn and decreased only slightly when the Zn content was much higher. The maximum bending strength of 960 MPa was obtained when the Zn content reached the maximum solid solubility in Cu. It was proposed that the addition of Zn could modulate the interface between W and Cu from physical contact to chemical combination, thus changing the fracture mechanism of the composite bulk\textsuperscript{46,47}. Without Zn addition, the mode of fracture was W particles breaking off from Cu. With Zn addition, the mode of fracture was mainly transgranular fracture of W and ductile fracture of Cu. The effects of Zn on the physical properties of W–Cu composites have also been studied. It was found that due to addition of Zn, distortion of the Cu lattice may occur, leading to more scattering of electrons and phonons; thus, the thermal...
| Composition | Preparation of powder | Sintering | Grain size (μm) | Relative density | Hardness | Electrical conductivity | Thermal conductivity (W (mK)⁻¹) | CTE (ppm K⁻¹) | Reference |
|-------------|-----------------------|-----------|---------------|-----------------|----------|------------------------|--------------------------------|-------------|-----------|
| 15 wt.% Cu  | –                     | Micron    | ≥97.6%        | 230–280 HV10    | 26%–38%  | 130–160               | –                             | –            | 13        |
| –           | –                     | –         | ≥96.6%        | ≥240 HB        | ≥30%     | –                      | –                             | –            | 81        |
| –           | Infiltration          | 250       | 98.9%         | –               | –        | –180                  | –                             | –6.5         | 18        |
| –           | Infiltration          | ~20       | ~62%          | 32 HV          | 28.93%   | –                      | –                             | 10.6153     | 82        |
| Blend       | Infiltration          | 65.2      | 98.2%         | –               | 33.28%   | –                      | –                             | 7.27         | 15        |
| Commercial  | Infiltration          | 23.2      | 97.9%         | –               | 31.64%   | –                      | –                             | 7.11         |           |
| Commercial  | Infiltration          | 8.7       | 95.7%         | –               | –        | –                      | –                             | –            |           |
| Spray-drying| Liquid sintering      | 2         | 98%           | 260 HV0.49     | –        | 175                   | –                             | –            | 43        |
| Spray-drying| Liquid sintering      | 0.8       | 98%           | 379 HV0.49     | –        | 189                   | –                             | –            |           |
| Sol–gel     | Microwave sintering   | 0.6       | 97%           | 347 HV0.1      | –        | 187                   | –                             | –            | 37        |
| 20 wt.% Cu  | –                     | Micron    | ≥97.5%        | 200–260 HV10    | 28%–41%  | 135–170               | –                             | –            | 13        |
| –           | –                     | –         | ≥96.62        | ≥220 HB        | ≥34%     | –                      | –                             | –            | 81        |
| –           | Infiltration          | 250       | 98.2%         | –               | –        | –218                  | –                             | –8.8         | 18        |
| –           | Microwave infiltration| Micron    | 98.7%         | 217 HBS        | 32.15%   | –                      | –                             | –            | 40        |
| –           | Infiltration          | Micron    | 99.0%         | 211 HBS        | 31.52%   | –                      | –                             | –            |           |
| Blend       | Liquid sintering      | ~10       | 90.74%        | 203 HBS        | –        | –                      | –                             | –            | 42        |
| Blend       | Microwave pressure-less sintering | ~10 | 93.16% | 209 HBS | – | – | – | – | |
| Blend       | Microwave hot-press sintering | ~10 | 98.32% | 222 HBS | – | – | – | – | |
| Sol–gel     | Liquid sintering      | 2–3       | 98.51%        | 278 HV         | 40.13%   | –                      | –                             | –            | 33        |
| Thermo-mechanical | Liquid sintering   | ~1       | 99.5%         | –               | –        | –205                  | –                             | –            | 35        |
| Mechanical alloying | Hot-press sintering | 0.5   | 99.2%         | 310 HV         | –        | –                      | –                             | –            | 39        |
| Spray-drying| Liquid sintering      | Submicron | 98.50% | – | – | 239 | – | – | |
| Chemical precipitation | Liquid sintering   | Submicron | 97.70% | 359 HV | – | – | – | – | |
| 25 wt.% Cu  | –                     | Micron    | ≥98.0%        | 170–240 HV10    | 31%–43%  | 140–185               | –                             | –            | 13        |
| –           | –                     | –         | ≥96.86%       | ≥195 HB        | ≥38      | –                      | –                             | –            | 81        |
and electrical conductivity will be decreased. However, the thermal expansion coefficient decreased from 9.56 × ppm to 8.75 × ppm K\(^{-1}\) with the addition of Zn owing to the increase in density.

Azar et al.\(^{32,49}\) used a chemical precipitation method that introduced Ag into the W–Cu composite in a homogenous manner and found that the addition of Ag was beneficial to the improvement in sinterability due to the dissolution of Ag in Cu. The relative density of the composite bulk reached 98.2% with 1 wt.% addition of Ag and further increased to 99.6% when the Ag addition was increased to 10 wt.%. However, because the hardness of Ag is less than that of Cu, and adding Ag can reduce the hardness of the composite. In their work, the hardness of the W–Cu–Ag bulk reduced to 255 HV with a Ag content of 10 wt.% from 359 HV without Ag.

### Interaction with W/Cu interface

Some elements have certain solubility in both W and Cu. These elements can also diffuse into and act at the W/Cu interfaces. In the material in which Zr was introduced by infiltrating CuZr into the sintered W skeleton,\(^{50}\) it was found that Zr diffused from CuZr to W during infiltration, and the remaining Zr precipitated in Cu during the subsequent aging treatment. The mass transfer and precipitation of Zr were beneficial to strengthening both the W/Cu interfaces and Cu phase, while the high electrical conductivity of the Cu phase was retained. Moreover, the introduction of Zr can effectively improve the resistance against arc ablation in a vacuum. The effects of Zr on the improvement in bonding strength and stability of the interfaces were also confirmed by first-principles calculations.\(^{51}\)
**Interaction with W**

The interactions between alloying elements and W may have distinctly different behaviors. For elements that have solubility in W, e.g., Co, Ni, Fe, and Pd, the diffusion and sintering densification of W can be enhanced by their additions. In particular, Co and Fe can form intermetallic compounds with W, which may act as an atomic diffusion channel that significantly enhances the diffusion of W. As a result, the sintering density, hardness, and strength of the composite bulk will be increased. However, elements such as Ni and Pd, which are more readily dissolved in Cu, decrease the solubility of W in Cu during the sintering process and thus cannot effectively increase the sintering densification and properties of the bulk material at some concentrations.52,53

Although a variety of technologies have been developed for refining the microstructure of W–Cu composites, apart from severe plastic deformation, the nanostructures of the raw powders can hardly be maintained after sintering, and the grain structure of W eventually coarsens to the submicron- or even micron-scale. To inhibit grain growth of the W matrix, some elements that have a strong tendency of segregation at W grain boundaries were studied by both experiments and calculations. Schuh and his colleagues developed a hybrid model combining thermodynamic calculations and Monte Carlo simulations to describe the thermal stability of nanostructured alloys.54–56 Based on their model, a nanostructure stability map of W-based alloys as a function of their segregation and mixing enthalpies was proposed (Fig. 8a), which was used to screen out doping elements that tend to segregate at W grain boundaries and hence stabilize the nanograin structure.57 Experimentally, they proved that the addition of Ti can maintain a nanograin structure of ~22 nm in a W-6 wt.% Ti alloy at 1100 °C for as long as one week, exhibiting a superhigh thermal stability (Fig. 8b). The segregation effect of Ti in the annealed W–Ti alloy was confirmed by its distribution, obtained from both simulations and experiments (Fig. 9)58, indicating that the thermal stability of the nanograin structure can be significantly enhanced by solute segregation of specific atoms at the grain boundaries.

Ren et al. studied the effect of Ti addition on the densification and grain growth of W powders in the sintering process.59 The results showed that with 1 wt.% Ti addition, the mean grain size of W was decreased by 63% compared with that without Ti but with the same sintering density. They found that the sintering atmosphere also had an important effect on the densification and grain size of W–Ti powders. Sintering W-1 wt.% Ti nanopowder in Ar improved densification with less grain growth compared with sintering the same powder in a H2 atmosphere. The diffusion mechanisms in the process of sintering turned from concurrent volume diffusion and grain boundary diffusion in Ar to vapor transport and volume diffusion in H2.60 In addition, Ti plays a role not only in inhibiting grain growth but also in adsorbing oxygen existing in W powder.

Taking advantage of the effect of Ti segregation at W grain boundaries, a W–Cu composite with nanocrystalline W was recently developed in our work, as the microstructures shown in Fig. 10. The W(Ti)–Cu composite powder was prepared by mechanical alloying of W and Ti powders, followed by mixing the W(Ti) powder with Cu particles. Within the W grains, it is observed that the Ti-rich phase distributes at the grain boundaries (Fig. 10c–e), which effectively inhibits the growth of the W grains.

Based on previous modeling studies on the thermal and phase stabilities of nanocrystalline alloys, we proposed
a model coupling the first-principles and thermodynamics to describe the mechanisms for the stabilization of doped W nanocrystalline alloys. The segregation behavior of doping elements at grain boundaries was quantified, i.e., the segregation enthalpy (Fig. 11a), grain-boundary formation energy (Fig. 11b), and change in the system Gibbs free energy (Fig. 11c) were described as a function of the solute concentration, grain size, and temperature, respectively. It was predicted that to achieve stabilization of the nanograin structure at a certain high temperature,
an appropriate matching of the solute concentration and initial grain size is required for the solid solution alloy system. The lower the solute concentration, the narrower the critical range of the initial grain size for the structure stabilization at a given temperature should be (Fig. 11c). The model calculations were confirmed quantitatively by the experimental results (Fig. 11d), where a nanocrystalline W-2.6 wt.% Sc alloy with a highly stable nanograin structure in a broad range from room temperature to 1600 K was prepared.

The elements that segregate at the W grain boundaries, on the one hand, inhibit grain growth; on the other hand, they may affect the strength of the grain boundaries. The influences of various transition metals on the strength of different W boundaries were evaluated by first-principles calculations. Figure 12 illustrates the dependence of the strengthening energy ($\Delta E_{\text{SE}}$) on the atomic radius of the alloying element at its most favorable site occupation for different types of W grain boundaries. The positive/
negative $\Delta E_{SE}$ implies the weakening/strengthening of the alloying element on the W grain boundary. It is shown that the strengthening of the W grain boundaries is determined by both the segregating element and the grain boundary structure. The calculations suggested that smaller solute atoms act as cohesion enhancers, while larger atoms can be embrittlers of the grain boundaries, probably due to the reduction or increase in the strain in the grain boundary region.

**Dispersed particles**

Except for the alloying elements, the particles dispersed in the matrix can also inhibit grain growth effectively by hindering the migration of grain boundaries and dislocation movement. As a result, they can refine the microstructures of W–Cu composites and improve their strength. Recently, it was demonstrated that in addition to improving the mechanical properties, dispersed nanoparticles can also enhance the irradiation tolerance. A series of compound particles with high hardness, strength, and thermal stability have been used to fabricate W–Cu-based composites with fine-grained structures and enhanced mechanical properties. The added hard-phase particles include oxides, carbides, nitrides, and borides. Compared with the oxides, the carbides have advantages in terms of a better combination of strength, toughness, and thermal and electrical conductivity. In addition, carbides can adsorb free oxygen and thus reduce the oxygen content in the composites, which decreases the brittleness of the material by purifying the interfaces.

**Introduction of particles**

Depending on the type of processing, the introduction of particles can be classified into three categories: solid–solid, solid–liquid, and liquid–liquid. The solid–solid method, such as high-energy ball milling, has been widely used to introduce dispersed particles. Studies on the effects of WC and CeO$_2$ on the microstructure and properties of W–Cu composites indicated that the addition of these two types of particles with proper amounts can lead to an increase in hardness because of the decrease in grain size of the matrix. At the same time, the thermal and electrical conductivity can also be improved due to the increased densification. However, an excessive addition thereof will affect the dispensability of these particles, leading to a decrease in hardness and electrical conductivity. From a series of W–30 wt.% Cu composites with different TiN contents prepared by blending Cu-coated W powder and TiN, it was found that a small amount of TiN can prevent the growth of W grains in the sintering process. The composite exhibited increased hardness and strength but a slight decrease in the electrical conductivity.

Coaddition of the alloying element Cr and the ZrC nanoparticles was carried out by the authors, and a notable effect on control of the W grain growth was obtained in the sintered W–Cu composite bulk. It was confirmed that the addition of Cr in W can refine the grain structure owing to the effect of phase separation. As shown in Fig. 13a, in the prepared W–Cu composite with the coaddition of Cr and ZrC, the mean grain size of W was decreased significantly (as fine as 40 nm) compared with materials reported previously with the same matrix. A detailed examination shows that the Cr- and Zr-rich phases tend to concentrate at the grain boundaries and triple junctions, as shown in Fig. 13b–e.

The solid–solid method requires a longer time to generate a homogeneous distribution of the particles in the W–Cu matrix. To reduce the process duration and improve the dispersion of the particles, some progress has been made in the solid–liquid method. A type of W–Cu composite with a WC interface transition layer was developed (Fig. 14); the layer was formed in situ by coating C and Cu onto W powder in turn. The effect of WC on the physical properties of the composite was further studied. The results showed that for the W–20 wt.% Cu composite with the WC transition layer, the thermal conductivity was increased by ~20% (from 235 to 287.5 W (mK)$^{-1}$), while the thermal expansion coefficient was decreased from 7.38 to 4.40 ppm K$^{-1}$. The improvement in the physical properties can be attributed to a good Cu network and enhanced bonding of the W–Cu interfaces by WC. This method seems to be effective regarding the introduction of particles at the interface.

Recently, a novel technique in the scope of solid–solid methods was proposed by us to synthesize nanoscale W–Cu composite powders with highly dispersive WC nanoparticles and an adjustable composition. The strategy is based on low-temperature solid-state in situ reactions, where controllable partial decarburization of WC occurs, assisted by oxides of W and Cu. As a result, a W–Cu–WC nanocomposite powder with high purity, a homogeneous microstructure and a narrow particle size distribution can be obtained at a temperature as low as 850 °C. In principle, this method is applicable to synthesizing a variety of W-based nanoscale composite powders containing nanoparticles, such as carbides and nitrides. Its advantage is that the bulk composite material prepared by sintering this kind of in situ synthesized nanocomposite powder can have a nanocrystalline structure with a homogeneous distribution of different phases, as shown in Fig. 15. Particularly, the strengthening particles formed by in situ reactions may have a crystallographic orientation relationship with the matrix, which is beneficial to the mechanical properties of bulk composites. If there is a certain proportion of coherent and semicoherent phase...
boundaries that form in the composites, significant enhancement in the fracture strength and toughness can be obtained simultaneously\(^{75,76}\).

In the liquid-liquid method, a composite powder with nanoscale particles and a disperse distribution can be prepared by mixing the components in the liquid phase. As reported, a W–25 wt.% Cu-La\(\text{2O}_3\) composite powder was prepared by this method\(^{69}\), where La\(\text{2O}_3\) nanoparticles with sizes of 15–30 nm existed at the surfaces of the W and Cu particles and were also distributed within the Cu (Fig. 16). At a La\(\text{2O}_3\) content of 2 wt.%, the electrical conductivity, hardness, and tensile strength of the prepared composite bulk were 52.5% IACS, 288 HB, and 375.9 MPa, respectively. At present, the liquid–liquid method is limited to introducing oxides into the W–Cu composite. How to introduce other kinds of particles, such as carbides, nitrides, and borides, and make them highly dispersed in the W–Cu matrix are still challenging questions for the liquid–liquid method.

### Distribution of particles

The distribution of the introduced particles in the grain interiors or at grain boundaries can have different effects on the properties of the W–Cu composites. Fine oxide particles dispersed in W grains are beneficial, enabling achieving both high strength and plasticity. It is considered that when the hard-phase particles are distributed in the grain interiors, the plasticity increases, while the strength is maintained. However, if the hard-phase particles are distributed mainly at the grain boundaries, the stress concentration will accumulate, which may lead to the formation of a crack source and thus a decrease in the plasticity. Huang et al.\(^{77}\) applied a high-pressure SPS technique to produce W oxide particles (~144 nm) inside the W grains (~1 μm). They found that the compressive properties of the composite bulk were enhanced significantly, showing high strength, high plasticity and even some work-hardening. The strengthening effect of the highly dispersed W oxide particles inside the W grains is obviously stronger than that by grain refinement, which was performed by processing, such as hot isostatic pressing (HIP), equal channel angular
pressing (ECAP) and ECAP + cold rolling (ECAP + CR) with comparable relative density (Fig. 17a). The excellent properties of the composite bulk can be attributed to the well-connected interfaces between the oxides and the matrix grains. The oxide particles can effectively pin dislocations and prevent dislocation motion, forming a microcrack source at the grain boundary (Fig. 17b). Estimated by the calculations, the contribution from the dispersed particles in the grain interiors is ~2.5 times higher than that of the particles distributing at the grain boundaries. For a W-0.1 wt.% TiC composite bulk, which was fabricated by combining the wet-chemical method and SPS densification, it was shown that the addition of polyvinylpyrrolidone (PVP) effectively improved the dispersion state of TiC nanoparticles in the W grain interior. Thus, the composite with TiC distributed homogeneously inside the W grains had much better mechanical properties than those with TiC mainly distributed at the grain boundaries.

**Evaluation of additive effects on microstructures and properties**

Figure 18 provides a summary diagram showing changes in the hardness of W–Cu composite materials with the content of various alloying elements. There is a lack of research that aims to determine the influence of alloying elements on the comprehensive properties of W–Cu composites. For the physical properties, the existing results show that alloying is generally detrimental. The mechanical properties, taking hardness as an example, can be improved by alloying, except for the addition of Ag. In terms of the existing state, the alloying elements can be divided into two groups: one forms solid solutions, and the other forms compounds with the matrix metals. Elements such as Zn (lower content), Zr, Pd, and Ni dissolve in Cu and form a solid solution, which increases the hardness of the composite. Meanwhile, Fe, Co, and Zn (higher content) can interact with W or Cu and form certain intermetallic compounds, leading to stronger enhancement of the hardness (more than 1.5 times as high as that of the matrix).

The effects of various types of particles on the hardness and electrical conductivity are compared in Fig. 19. This figure indicates that the same type of particle may have different effects on the properties, depending on the content and distribution state, which is caused by the preparation method. First, there is an optimum content for each kind of particle and a specific doping approach. At lower concentrations, the particles can hinder grain growth and have a dispersion strengthening effect. With increasing content, excessive particles may lead to a reduction in the sintering density. Second, highly dispersed fine particles are beneficial for achieving enhanced hardness and electrical conductivity simultaneously. For example, the La2O3 nanoparticles with high dispersion and fine size, which were introduced by liquid-liquid doping, had a superior effect on the comprehensive performance of the W–Cu composites compared with that introduced by the traditional method of mixing and milling. Last, the particles distributed in the W matrix have less decreasing effect on the electrical conductivity of the composite. The composites with CeO2 and WC particles
distributed mainly in the W skeleton exhibit concurrent improvement of hardness and electrical conductivity within a suitable concentration range.

As analyzed above, both the alloying elements and the introduced particles have significant effects on the microstructure, mechanical properties, and physical properties of the W–Cu composites. Because the mechanical and physical properties of W–Cu composites are jointly determined by the W skeleton, Cu network, and W/Cu interface, it is important to increase the strength of both the W skeleton and W/Cu interface while retaining the thermal and electrical conductivities of the Cu phase, which may contain alloying elements and/or dispersed particles. To achieve excellent comprehensive performance of the composites, the existing state of the alloying elements (solid solution, interfacial segregation, or precipitation) and the distribution of the introduced particles (inside W or Cu grains, at the grain boundaries, or at the W/Cu interfaces) should be taken into account carefully and used as factors to modulate the mechanical and physical properties. In particular, the carbides, nitrides, and borides of refractory metals have superior hardness and toughness over metal oxides, especially at high temperatures. Therefore, it is very promising to explore the practicability of introducing these particles into the W–Cu matrix to enhance the mechanical properties at high temperatures.

**Summary and outlook**

In the present article, the preparation technologies, characteristic microstructures, and additives, as well as their effects on the mechanical and physical properties of the submicron- and nanostructured W–Cu composite materials, are reviewed and analyzed. In particular, the methods and principles for the refinement of component structures are evaluated in detail. Discussions are focused on the mechanisms of the effects of additives on the mechanical and physical properties of the composites.

As reviewed, great progress has been made in the development of submicron- and nanostructured W–Cu
composites. However, there are new challenges and important opportunities for future research in the field of W–Cu composites. The following promising research issues and directions are proposed.

(1) Scalable technologies for preparing nanostructured W–Cu-based composites. Although a variety of techniques have been developed for the synthesis of W–Cu nanopowders and their sintering densification, scalable methods are highly demanded in practical use. Introducing additives by in situ reactions has been proved to be an effective way for W-based alloys to control grain growth, while investigation of the application of this strategy to W–Cu-based composites is lacking. The scalable technology to prepare nanoscale W–Cu-based composite powders should be adjustable in terms of the composition (including additives), existing state of phases, size and distribution of both the matrix particles and additives. Comprehensive optimization of the sintering parameters is still a common issue for the densification of nanocomposite powders to achieve high relative density while maintaining the initial nanostructure of the particles.

(2) Systematic characterizations of comprehensive performance. Different from materials aimed at typical mechanical properties, the desirable W–Cu composites need to be characterized by excellent mechanical and physical features. Therefore, tests and evaluations of the comprehensive performance of W–Cu composite materials are necessary to extend its applications. With the formation of a database of W–Cu composite materials, in which information such as the composition, processing, microstructure, and performance are included, researchers in this field will be benefited in searching for factors that dominate certain properties. Furthermore, it will be helpful to build principles of composition design and processing optimization to obtain advanced composite materials with high comprehensive performance.

(3) Property evaluation under service conditions. Because W–Cu composites are attractive for working at high temperatures, the properties measured at room temperature may not be used to evaluate their real performance at service temperatures. Therefore, future studies should pay more attention to the evolution laws of the nanostructure and mechanical and physical performance of W–Cu composites with temperature. The factors that may improve the thermal stabilities of the grain structure and comprehensive performance of the composites should be taken into account in the material design. Joint efforts are required to establish the relationship between the composition, processing, and service performance of the W–Cu composites.

(4) Cooperative effect of additives on the properties. The effects of alloying elements and introduced particles on the thermal stabilities of the microstructures and mechanical and physical properties require deeper examination. The features of the additives, such as the existing state, size and homogeneity, morphology, and dispersion degree, should be combined to analyze their effect on the microstructure and performance of the composites. In addition, the combination state between the additive and the matrix requires more attention to understand the cooperative effect of the additive on the mechanical and physical properties of the W-Cu-based composites.

(5) Mechanisms on multiscale for comprehensive performance. Along with experimental investigations, models and simulations must be developed on a multiscale to disclose mechanisms for determining the comprehensive performance of the W–Cu composites. As a large majority of experimental studies have been conducted on the microscale for W–Cu composites, examinations with insights at the scale of atoms and electrons are especially needed for both experiments and simulations. Modeling assisted by coupling the first-principles with thermodynamic calculations may facilitate a more precise description of the composition effect in the multicomponent system. The molecular dynamics and Monte Carlo simulations may help in understanding the correlation between the microstructural evolution and performance of the composites. Experimentally, detailed characterizations, e.g., using in situ transmission electron microscopy to examine the mechanical behavior, are particularly useful in disclosing the failure mechanisms of the composites, in which the effects of crystal defects on the formation and propagation of microcracks can be distinguished.

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Conflict of interest
The authors declare that they have no conflict of interest.

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