Diauxic lags explain unexpected coexistence in multi-resource environments

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Abstract

How the coexistence of species is affected by the presence of multiple resources is a major question in microbial ecology. We experimentally demonstrate that differences in diauxic lags, which occur when species deplete their own environments and adapt their metabolisms, allow slow-growing microbes to stably coexist with faster-growing species in multi-resource environments despite being excluded in single-resource environments. In our focal example, an Acinetobacter species (AcI2) competitively excludes Pseudomonas aurantiaca (Pa) on alanine and on glutamate. However, they coexist on the combination of both resources. Experiments reveal that AcI2 grows faster but Pa has shorter diauxic lags. We establish a tradeoff between AcI2’s fast growth and Pa’s short lags as their mechanism for coexistence. We model this tradeoff to accurately predict how environmental changes affect community composition. We extend our work by surveying a large set of competitions and observe coexistence nearly four times as frequently when the slow-grower is the fast-switcher. Our work illustrates a simple mechanism, based entirely on supplied-resource growth dynamics, for the emergence of multi-resource coexistence.

Keywords: coexistence; community assembly; diauxie; fitness tradeoffs; resource competition

Subject Categories: Evolution & Ecology; Microbiology; Virology & Host Pathogen Interaction

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Introduction

Explaining the rich biodiversity observed in nature and the mechanisms by which species coexist are central questions in microbial ecology (Gauss, 1934; Hardin, 1960; Hutchinson, 1961; Friedman et al., 2017). Microbes exist in complex environments and often have multiple resources to choose between. It is therefore important to study coexistance from the perspective of how microbes interact with their environments, including which resources they consume and how they consume them (You et al., 2013; Adkar et al., 2017; Posfai et al., 2017; Goyal et al., 2018; Wang et al., 2019, 2021; Fu et al., 2020; Dal Bello et al., 2021; Estrela et al., 2022). Previous research has suggested communities grown on a single carbon resource can be used to predict multi-resource communities (Tilman, 1982; Enke et al., 2019; Fu et al., 2020; Pacheco et al., 2021). There are, however, frequent exceptions, such as a species being excluded in single-resource communities but coexisting in multi-resource communities (Tuncil et al., 2017; Fu et al., 2020). These exceptions suggest dynamics specific to multi-resource environments must be considered to fully understand community assembly.

Diauxic lags can have a significant impact on interspecies competition. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event. Two microbes often have very different lags after the same consumption event.
resource depletion (Friesen et al., 2004; Spencer et al., 2007; Wang et al., 2015). Some experiments have even shown correlations between growth rate and lag time such that slow-growers are more likely to be fast-switchers (Acar et al., 2008; New et al., 2014; Chu & Barnes, 2016; Basan et al., 2020; Balakrishnan et al., 2021). In co-culture, this tradeoff can create a back-and-forth in which a fast-grower outpaces a slow-grower before a resource depletion, but the slow-grower, by being the fast-switcher, catches up to and even outpaces the fast-grower after the resource depletion (Friesen et al., 2004; New et al., 2014; Wang et al., 2015). Alternating resource supplies can also drive species to evolve shorter diauxic lags, often producing distinct slow-switcher and fast-switcher phenotypes (Friesen et al., 2004; Spencer et al., 2007; Sandberg et al., 2017). These results suggest diauxic lags could be a common source of stable coexistence.

We provide an experimental demonstration of a tradeoff between growth and diauxic lag producing stable coexistence between two species. We investigate the case of an Acinetobacter species (AcI2) and Pseudomonas aurantiaca (Pa) growing on alanine and glutamate. Despite being the slow-grower and being competitively excluded by AcI2 in both single-resource environments, Pa stably coexisted with AcI2 in the two-resource environment. We discover that, while AcI2 is the fast-grower, Pa is the fast-switcher. Through modeling and additional experiments, we confirm the tradeoff between growth and diauxic lag as the mechanism for coexistence. We extend our work by surveying additional species and resources and see that coexistence is nearly four times as likely to occur when the slow-grower is the fast-switcher. Our research establishes a mechanism for the otherwise unexpected coexistence of species based entirely on growth dynamics on supplied resources and simple tradeoffs between growth and diauxic lag and highlights the importance of diauxic lags in interspecies competition.

**Results**

**Pa unexpectedly coexists with AcI2 in a multi-resource environment**

To understand community assembly in multi-resource environments, we cocultured an Acinetobacter species (AcI2) and Pseudomonas aurantiaca (Pa) in three environments under batch culture with daily dilution. When AcI2 and Pa were cocultured in an environment containing alanine as the only carbon source, AcI2 competitively excluded Pa (Fig 1A). When cocultured with glutamate as the only carbon source, AcI2 again competitively excluded Pa (Fig 1B). If two-resource communities were a simple sum of single-resource communities (Fu et al., 2020; Pacheco et al., 2021), one would expect AcI2 to competitively exclude Pa in an environment containing alanine and glutamate. Contrary to this expectation, when AcI2 and Pa were cocultured on an equal mix of alanine and glutamate, they stably coexisted (Fig 1C). Across eight replicates Pa had a population fraction between 0.34 and 0.42 that was independent of the starting fraction (Fig 1C). This was an intriguing result with the potential to illuminate mechanisms for coexistence unique to multi-resource environments.

We began our investigation into the coexistence of AcI2 and Pa by ruling out one of the simplest explanations. Species generally grow faster as the number of available resources increases (Hermsen et al., 2015; Taheri-Araghi et al., 2015). We hypothesized that AcI2 might be the fast-grower in both single-resource environments while Pa might be the fast-grower in the two-resource environment. We measured growth rates and saw that AcI2 was the fast-grower in both single-resource environments (Fig EV1A), which explained why AcI2 excluded Pa in those cocultures. However, we also saw that AcI2 was the fast-grower in the two-resource environment, with a growth rate 31% faster than Pa’s (0.88 ± 0.01/h versus 0.67 ± 0.03/h) (Fig 2A and Appendix Fig S1). That AcI2 was the consistent fast-grower made it even more surprising that Pa had coexisted with AcI2 in the alanine-glutamate environment.

**AcI2 is the fast-grower, but Pa is the fast-switcher**

The growth rate experiments did, however, contain a hint toward another explanation. AcI2 had a several-hour diauxic lag around half-

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**Figure 1.** Pa stably coexists with AcI2 when co-cultured on alanine and glutamate despite being competitively excluded when co-cultured on either resource alone.

A Pa (Pseudomonas aurantiaca) and AcI2 (Acinetobacter sp.) were co-cultured with a 10^4 dilution every 24 h and 0.1% w/v alanine supplied as the only carbon source. Two biological replicates were performed for each of four initial Pa fractions: 0.1, 0.25, 0.75%, and 0.9. Population sizes were measured via colony counting after the first, third, fifth, and seventh days (Materials and Methods). With only alanine supplied, AcI2 competitively excluded Pa.

B An identical experiment was performed with 0.1% w/v glutamate supplied as the only carbon source. AcI2 again competitively excluded Pa.

C A third experiment was performed with both 0.05% w/v alanine and 0.05% w/v glutamate supplied. Pa coexisted with AcI2 and reached a population fraction between 0.34 and 0.42 independent of initial starting fraction. Two-resource coexistence was unexpected given the single-resource competitive exclusions.
between these properties could be the source of coexistence. We hypothesized that a tradeoff between these properties could be the source of coexistence.

![Diagram](image)

**Figure 2.** Monoculture growth dynamics reveal Aci2 is a fast-grower but slow-switcher whereas Pa is a slow-grower but fast-switcher.

A. Aci2 and Pa were both grown in monoculture in the two-resource environment. The same data is shown in both plots. The left plot shows the average of eight technical replicates on a log scale, while the right plot shows each of the replicates on a linear scale. Overlaid on the left plot are growth rate fits of \( g_{\text{Aci2}} = 0.89 \text{ hr}^{-1} \) and \( g_{\text{Pa}} = 0.67 \text{ hr}^{-1} \).

B. Aci2 was grown with alanine and glutamate supplied at 25 different ratios from 1:16 to 16:1 with the total supply kept constant at 0.1% w/v (Materials and Methods).

C. The population size at which Aci2's diauxic shift occurred is linearly correlated to the alanine supply, indicating that Aci2 initially consumes almost entirely alanine.

D. Instantaneous growth rates were extracted from the Aci2 monoculture data (Materials and Methods). A variation in Aci2's lag time is clearly visible in this representation. An alternative visualization in Appendix S6 plots growth rate on a z-axis to provide a better visualization of the shape of the growth rate recoveries as functions of time.

E. The same monoculture experiments were performed for Pa. The appearance of Pa having a long initial lag is primarily due to the growth that it needs to accomplish before its population size becomes significant on a linear scale as well as a small optical density artifact (Appendix Fig S5).

F. Pa's population size at the onset of its diauxic shift correlates to the supply concentration of whichever resource is supplied in a more limiting amount, indicating catabolization.

G. Instantaneous growth rates extracted from the Pa monoculture data.

H. Diauxic lag times were fit from the monoculture data (Materials and Methods) and are plotted as circles. Lag times could not be fit for conditions with too little growth on the remaining glutamate. The lag times used in the modeling are shown as lines through the data.

Data Information: More detail on the Pa growth rate fit is provided in Fig EV1C. Data in A were collected at 400 nm. Data in B–C were collected at 600 nm. Example lag time fits are shown in Fig EV2A, and the full set in Appendix Figs S3 and S4.

Source data are available online for this figure.
The population density at which Aci2 displayed its diauxic shift was proportional to the alanine supply concentration (Fig 2B and C), such that the amount Aci2 could grow before its diauxic shift directly matched the amount of alanine available, indicating that Aci2 first consumes almost entirely alanine.

In contrast to Aci2’s initial single-resource consumption, Pa’s dynamics showed clear signs of co-utilization. At a low supply fraction of glutamate, Pa had a diauxic lag that occurred at larger population sizes with increasing glutamate supply. But at a low alanine supply, Pa’s lag occurred at larger population sizes with increasing alanine supply (Fig 2E and F). As a supply ratio of 2:3 alanine-glutamate was approached, the population density at which Pa’s diauxic shift occurred converged toward the saturation density, such that near a 2:3 supply ratio Pa simply saturated with no diauxic shift. These observations indicated that Pa consumed alanine and glutamate in a fixed ratio of approximately 2:3 when growing in the two-resource environment.

These monoculture experiments also yielded additional information about the diauxic lag times of each species. Notably, Aci2’s diauxic lag time varied considerably with resource supply ratio. For fitting, we assumed growth rates recovered proportional to the square of the time since the resource depletion (Materials and Methods). This recovery shape was chosen for having a better empirical fit to Aci2’s monoculture growth curves than other shapes considered (Appendix Fig S2) while maintaining a simple, single-parameter functional form. When mostly glutamate was supplied Aci2’s lag time was the shortest (~2 h), and as the supply of alanine increased Aci2’s lag time became longer (up to ~12 h) (Figs 2D and H, and EV2). We observed no variation with initial population size but note that Aci2’s lag time could be a function of either resource supply or its population size at the onset of its diauxic shift (Appendix Fig S8; Materials and Methods). Examples of variable diauxic lag times have been studied (Solopova et al, 2014; Venturelli et al, 2015; Wang et al, 2015; Vermeersch et al, 2019). One particularly similar example concluded that larger supplies of the preferred resource and larger population sizes just before the resource depletion increased the overall rate of resource consumption and suddenness of the depletion, giving the population less time to prepare and a longer diauxic lag (Solopova et al, 2014). This explanation could be applicable here, but we did not investigate further, as our focus was on the ecological consequences, not the origins, of the species’ diauxic lags.

Simple growth-lag model reproduces monoculture dynamics

With an understanding of each species’ growth dynamics, we developed a minimal growth-lag model in which the only tradeoff would be between growth rate and diauxic lag time. We used a single exponential growth rate for each species that applied to all environments to eliminate any tradeoff between two-resource and single-resource growth rates (Fig 3A). The model used the experimentally determined two-resource growth rates: 0.88/h for Aci2 and 0.67/h for Pa (Fig 2A). Lag times were interpolated from experimentally determined values (Fig 2H), including the dependence of Aci2’s lag time on resource supply ratios, and growth rate recoveries were modeled as having the same quadratic shape as used for fitting lag times (Materials and Methods). No additional complexities were included in order to have a minimal model with which we could later test the ability of a growth-lag tradeoff to explain coexistence and predict qualitative trends in community assembly without the need to invoke other, more complicated interactions.

The growth-lag model reproduced the key features of Aci2’s monoculture dynamics (Fig 3B in comparison to Fig 2D). Aci2 initially consumed only alanine, so in both model and experiment, Aci2’s diauxic shift occurred later the more alanine was supplied. Saturation, meanwhile, occurred latest at roughly equal resource supply ratios. Quick saturation at low alanine supply fractions was the result of Aci2’s shorter diauxic lag. Quick saturation at high alanine supply fractions was achieved despite Aci2’s long lag because Aci2 did not need to significantly recover its growth rate to complete the small amount of remaining growth (Fig 3B and D). The reproduction of these features indicates that our simple model was accurately capturing Aci2’s growth and resource consumption behavior.

The growth-lag model for Pa contained the same elements as for Aci2, but defining Pa as initially co-utilizing alanine and glutamate and giving Pa a shorter, constant lag produced distinct dynamics. These dynamics were again a close match between model and experiment (Fig 3C in comparison to Fig 2G). The onset of Pa’s diauxic shift occurred as a result of alanine running out at small alanine supply and as a result of glutamate running out at small glutamate supply. Pa’s short and constant diauxic lag meant it saturated at the same time for most resource supply ratios. When the supply ratio matched Pa’s consumption ratio, alanine and glutamate ran out at the same time so Pa had no diauxic shift and saturated slightly earlier. These features of Pa’s growth dynamics all agreed between model and experiment. The timing of Pa’s diauxic shift was, however, approximately 2 h earlier in the modeling than in the experiments. One hour of this offset is accounted for by the small initial lag that Pa displayed in the experiments (Fig 2A). The remaining hour could be explained by a variety of hypotheticals, such as a slightly density-dependent growth rate (Fig EV3C).

Further exploration and additional modeling complexity could have produced a closer fit, but the most significant features are already captured by the presented model and any additional complexity would have diminished interpretability of later results. The growth-lag model therefore reproduced the distinct growth and resource-consumption dynamics of both Aci2 and Pa.

Tradeoff between growth rate and lag time is sufficient for coexistence

With a growth-lag model developed and shown to accurately reproduce the monoculture dynamics, we were ready to test whether the tradeoff between growth rate and lag time was sufficient for the experimentally observed coexistence. In competition, the two species maintained the same resource consumption dynamics as in monoculture but now competed for the same resource pool. Each time the species depleted both resources, their populations were divided by the dilution factor and resource concentrations were returned to the supply concentrations (Fig 4A; Materials and Methods). We used this model to predict the species’ population fractions over seven dilution cycles (as was done experimentally in Fig 1C).

Our model successfully reproduced stable coexistence of Aci2 and Pa on alanine and glutamate with the same steady state being reached regardless of initial starting fractions (Fig 4B). At steady
state, population dynamics were driven by diauxic resource consumption, with two distinct periods of growth causing population fractions to vary considerably over the course of a day. Aci2 initially grew faster, causing Pa’s population fraction to decrease significantly over the first ~10 h until alanine was depleted. After alanine depletion, Pa’s growth rate quickly recovered while Aci2 suffered a long lag, allowing Pa to catch back (Fig 4C). The balance of these two growth phases allowed the model to reproduce coexistence of the two species.

Coexistence was stable due to negative frequency-dependent selection mediated by changes to the resource depletion times. If Pa’s population fraction were increased above its steady-state (and Aci2’s presence of the two species.

Accurate prediction of response to environmental changes validates growth-lag model

Our model predicted community composition would vary considerably with changes to resource supply ratios (Fig 4F), so we decided to test whether the tradeoff between growth rate and lag time could be used to accurately predict the response to environmental changes. We chose a 54-condition parameter grid of nine resource supply ratios and six dilution factors, calculated the model’s steady-state predictions (Fig 5B), and performed the coculture competitions (Fig 5A and C and Appendix Fig S9).

The model and experiment agreed on several notable features (Fig 5C in comparison to Fig 5B). First, both featured a broad region of coexistence that covered more than half the conditions tested (Fig 5A and C and Appendix Fig S9). Second, Aci2 competitively excluded Pa at large dilution factors regardless of resource supply ratio due to species spending more time in the initial growth phase, during which Aci2 had an advantage. Aci2 also

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Figure 3. Growth-lag model reproduces monoculture growth dynamics.

A A simple model of growth and lag phases. (i) Species initially grow exponentially with Aci2 initially consumes only alanine and Pa consuming alanine and glutamate in a fixed 2:3 ratio. (ii) When a resource is depleted, both species experience a diauxic lag. Aci2’s lag time is long and varies with resource supply. Pa’s lag is short and constant at 1 h. Growth rates recover with a quadratic time dependence. (iii) Once recovered from its diauxic lag, each species grows on the remaining resource at its initial growth rate. (Modeling details in Materials and Methods.)

B Model predictions for Aci2’s monoculture growth for different resource supply ratios when started at a 10^6 dilution from carrying capacity. Each row of pixels is the calculation for a separate condition.

C The equivalent predictions for Pa’s growth.

D Comparison of the monoculture growth calculations at 8:1, 1:1, and 1:8 resource supply ratios. The appearance of initial lag is due to the growth that needs to happen before population sizes become significant on a linear scale. Population sizes are presented in dimensionless units (Materials and Methods).

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excluded or nearly excluded Pa at intermediate dilution factors and large supply fractions of either alanine or glutamate. This trend centered the region of coexistence on roughly equal resource supply ratios (Fig 5B and C).

Third, the model accurately predicted that Pa would achieve its largest population fractions at low dilution factors and large glutamate supply fractions. This exclusion was the result of relatively little growth occurring before alanine ran out and more growth occurring during AcI2’s diauxic lag when Pa had a strong but temporary advantage. The model predicted four conditions at which Pa would even competitively exclude AcI2 (Fig 5B). This competitive exclusion was not observed experimentally, but there were four conditions at which Pa obtained population fractions greater than 0.83 (Fig 5C). That the slow-grower could become the majority of the population at specific conditions was a surprising and nontrivial result of both the model and experiment.

The model did not, however, capture all the experimental observations. In particular, at high alanine supply fractions and low to intermediate dilution factors, the model predicted exclusion or near-exclusion of Pa whereas the experimental observation was coexistence. This discrepancy was also present to a lesser degree at high glutamate supply fractions and notably at low dilution factors in single-resource competitions (Appendix Fig S9). There are several possible explanations. For example, modeling AcI2’s lag time as dependent on its population size at the time of the diauxic shift rather than the initial resource supply ratio would predict coexistence at some conditions in which exclusion is falsely predicted under the presented model (Fig EV4). Dynamics occurring during the stationary phase, a slight density-dependence of Pa’s growth rate, and crossfeeding are all alternative possible explanations. But, without reason to pursue any explanation in particular and a possibility of a number of factors each playing a small role, we were satisfied with how many of the key features had been accurately predicted.

Overall, across all conditions tested the root-mean-square error between the model prediction and the experimental observation was a species fraction of 0.24 (Appendix Fig S10). This error could have been reduced by adding additional model complexities or fitting parameters to competitive outcomes unconstrained by the monoculture characterizations. For example, one complexity would be to use the species’ single-resource growth rates for post-shift growth instead of having a single growth rate for each species, but this addition would change the modeling prediction surprisingly little (Appendix Fig S11). The goal of our modeling was not, however, to obtain the closest possible empirical fit, but to instead show that a simple model with a minimal number of
elements could predict qualitative features over a wide range of environmental conditions. Reducing the model to an even simpler form, it was observed that many of the key features were preserved even when Aci2 was assigned a constant lag time (Fig EV3B). The predictions also varied surprisingly little if Pa were modeled as a specialist instead of as a co-utilizer (Appendix Fig S12), confirming that it was indeed the lag time difference and not the resource preference difference that yielded coexistence. We took these results as confirmation that the competitive dynamics between Aci2 and Pa are primarily driven by the tradeoff between Aci2’s fast growth and Pa’s short diauxic lags.

Coexistence is more likely when slow-growers are fast-switchers

Having established the fitness tradeoff between Aci2’s fast growth and Pa’s fast diauxic shift as the mechanism by which they coexisted, we proceeded to explore whether this fitness tradeoff could be a common mechanism for coexistence between species. We added Pseudomonas putida (Pp), Klebsiella aerogenes (Ka), and an Arthrobacter species (Arth) to our set of species and fructose, glucose, citrate, and aspartate to our set of resources (Fig 6A). We performed coculture competitions for each species pair in each two-resource environment (Fig 6 Source Data). We then determined initial growth rates and diauxic lag times for each species in each two-resource environment (Fig 6 Source Data) and calculated differences in growth rates and lag times for each species pair in each two-resource environment. We excluded some cases in which we could not fit growth rates and lag times, such as when a species did not grow on both resources. There were 22 competitions in which the slow-grower was the fast-switcher and 22 competitions in which it was not. When we compared these categorizations to the competitive outcomes, we saw that coexistence occurred 3.8 times more frequently when the slow-grower had been the fast-switcher (P = 0.002, Fisher’s exact test), occurring in 68 ± 8% of cases compared to just 18 ± 8% of cases (Fig 6B). These results do not prove that the tradeoff between growth rate and diauxic lag time

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**Figure 5.** Diauxic-lag model successfully predicts how community composition responds to changes in the dilution factor and resource supply.

A In order to validate the modeling and test its predictive power, we repeated the competition experiments between Aci2 and Pa across a 54-condition grid of resource supply ratios and dilution factors (Materials and Methods). Shown is the fraction Pa on Days 1, 3, 5, and 7 for eight total replicates of each condition (two biological replicates, each with four technical replicates started at different initial species fractions; Materials and Methods).

B We used the model to predict steady-state population fractions for each condition.

C We calculated mean final population fractions from the experimental data and compared these fractions to the model predictions.

Source data are available online for this figure.
caused coexistence in each of these cases, but they do argue that such tradeoffs may be a significant factor supporting the coexistence of species in multi-resource environments.

Surprisingly, there were five cases in which the slow-grower was the slow-switcher but actually excluded the fast-grower. In four of these cases, the excluded fast-grower was Arth, which tended to have long initial lags and slow post-shift growth rates. These unexpected exclusions highlight how other elements of species’ monoculture growth dynamics can also be important determinants of competitive fitness. The relative importance of initial and diauxic lags and single- and two-resource growth rates on determining competitive outcomes is explored in the Appendix, but the higher-dimensional complexity of these tradeoffs meant a thorough, integrated study needed to be left for future work.

The data also contained examples of species being the slow-switcher in some scenarios but the fast-switcher in others. The competitions between Pp and Arth are one set of examples. There were two environments (fructose and citrate and fructose and alanine) in which Pp was the fast-grower but slow-switcher and one environment (fructose and aspartate) in which Arth was the fast-grower but slow-switcher. In all three of these environments, the two species coexisted. There were also three environments (glucose and citrate, alanine and glutamate, and alanine and aspartate) in which Pp was both the fast-grower and the fast-switcher, and in all three of these environments, Pp excluded Arth (see Fig 6 Source Data for details). These examples highlight the importance of the specific environment to the growth dynamics of species and assembly of ecological communities, as well as the power of a single growth-lag characterization to predict community assembly across a wide range of environments.

Discussion

In this paper, we began by investigating a case of unexpected coexistence in a two-resource environment with Pa surviving on the combination of alanine and glutamate despite being competitively excluded on either resource alone and despite being the consistent slow-grower. We discovered that, while Pa was the slow-grower compared to Aci2, Pa was the fast-switcher. We developed a model based on the tradeoff between Aci2’s fast growth and Pa’s short diauxic lag and showed that this tradeoff was sufficient to explain the coexistence result. The model even predicted how the community composition would respond to environmental changes. We finished by showing that across a set of 44 two-species two-resource competitions, the slow-grower being the fast-switcher made coexistence nearly four times as likely to occur. Our results establish the power of diauxic lags to effect coexistence and suggest such a mechanism may be common.

Previous studies have identified metabolic tradeoffs whereby fast-growers optimize their growth strategies for their current environment at the expense of being able to quickly adapt after resource depletions (New et al, 2014; Solopova et al, 2014; Chu & Barnes, 2016; Balakrishnan et al, 2021). When such a tradeoff exists, slow-growers will tend to be fast-switchers while fast-growers will be slow-switchers. In our focal example of Aci2 and Pa, a tradeoff between Aci2’s fast growth and Pa’s short diauxic lag produced stable coexistence. We also showed that slow-growers are more likely to coexist with fast-growers when the slow-growers are fast-switchers. We did not investigate whether such a tradeoff was indeed responsible for coexistence in each of the cases we identified. A similar tradeoff has, however, been seen between different strains of E. coli growing on glucose and acetate (Friesen et al, 2004; Spencer et al, 2007), establishing that Aci2 and Pa on alanine and glutamate is not the only case in which coexistence is the demonstrable result of a tradeoff between growth and lag. The combination of previous results and those presented here suggests tradeoffs between growth rate and diauxic lag time may be a common mechanism for the coexistence of species, although future work is needed to establish a mechanistic connection in more cases.

Figure 6. Slow-growers are more likely to coexist with fast-growers when the slow-growers are fast-switchers.

A) We selected six resources and five species for additional experiments. Species are shown with a phylogenetic tree with connections in the correct order but not to scale.

B) Monoculture experiments were performed to determine species’ growth rates and lag times for each two-resource environment. Each pair of species, coculture competition experiments were performed in each two-resource environment, and qualitative competitive outcomes were determined (Materials and Methods). There were 44 competitions in which both species could be assigned growth rates and lag times (Fig 6 Source Data). Each point represents one competition. Pie charts summarize the competitive outcomes for cases in which the slow-grower was the fast-switcher (above the Δt∗ = 0 line) and in which the slow-grower was not the slow-switcher (on and below Δt∗ = 0).

Data Information: All monoculture data with growth rate and lag time fits, all competition data, and notes on specific competitions are available in the source data.

Source data are available online for this figure.
The relevancy of tradeoffs between growth rate and lag time will also depend on the extension to more natural communities and environments. We considered the case of two species growing on two resources whereas natural ecosystems contain many species and resources. With more than two resources supplied, species may undergo multiple diauxic shifts, which could help larger numbers of species coexist. But, in the many-resource limit, a diauxic lag with every resource depletion would leave species ultimately trapped in lag phases, suggesting that this framework may lose realism in some cases. A recent theoretical study has, however, shown that even short diauxic lags can accelerate an ecosystem’s convergence to a coexistence steady-state (Wang et al., 2021), consistent with our modeling results that diauxic lags make random species more likely to coexist (Appendix). Understanding when discrete growth and lag phases are an accurate picture of microbial growth will be a necessary step in applying tradeoffs between growth rate and lag time to more complex environments.

Cross-feeding is thought to be one of the most important factors in the assembly of natural communities but is not an interaction we sought to study in this paper. There are, however, interesting connections between diauxic lags and cross-feeding. Diauxic lags can occur when a microbe switches from a supplied resource to one of its own byproducts (Lemoigne et al., 1954; De Deken, 1966; Wolfe, 2005). In the case of a primary degrader eating a supplied resource and producing a byproduct and a cross-feeder eating that byproduct, if the primary degrader consumes the byproduct after the supplied resource runs out and grows faster on both resources than the cross-feeder on the byproduct, then in the absence of lags the primary degrader will always be growing faster and always increasing its population fraction relative to the cross-feeder. But if the primary degrader has a diauxic lag, the cross-feeder will have a chance to catch up and maintain its population fraction. These intersections between diauxic lags and cross-feeding may turn out to be some of the cases in which tradeoffs between growth rates and diauxic lag times are the most ecologically relevant. But, that diauxic lags alone can produce stable coexistence shouldn’t be overlooked as our results highlight how simple models that don’t attempt to capture every detail can still explain and predict surprising results in community assembly.

In addition to diauxic lags, microbes often display initial lags, which occur when previously stationary species are presented with fresh resources. Diauxic and initial lags are similar phenomena: a microbe requiring time to reach its maximum growth rate when presented with a new environment. Diauxic lags do, however, allow for coexistence in ways that initial lags do not, primarily because diauxic lags divide the growth phase into two subphases with distinct frequency-dependent dynamics while initial lags only affect a single growth phase. Recent theoretical work has, however, shown that tradeoffs between growth rate and initial lag can be a source of coexistence with only a single growth phase (Manhart & Shakhnovich, 2018; Manhart et al., 2018), but for this coexistence to be possible without parameter fine-tuning a density-dependent dilution factor is necessary. In the Appendix, we explore the effects of adding initial or diauxic lags in a variety of scenarios including already-biphasic growth and conclude that diauxic lags have a greater tendency to produce coexistence than initial lags do. Regardless of their relative potency, both initial and diauxic lags are ubiquitous phenomena with considerable ecological relevancy that warrant ongoing theoretical and ecological study, ideally from a unifying approach.

Our work adds to a growing body of research exploring the cases in which the fastest-growing species is not necessarily the strongest competitor in an ecosystem. Previous work has shown that decreasing the dilution factor or mortality rate favors slower-growing species. This universal property was originally derived from a Lotka-Volterra model and demonstrated experimentally (Abreu et al., 2019). Our focal example of Aci2 and Pa on alanine and glutamate maintained this property, and additional modeling in the Appendix explores various scenarios in which diauxic lags allow a slow-growing species to coexist with, or even exclude, a faster-growing competitor as well as a scenario in three species stably coexist on two resources. In spatially structured ecosystems, it is known that a slow-grower can outcompete a fast-grower by being the fast-disperser and colonizing new locations before the fast-grower can arrive (Nadell & Bassler, 2011; Yawata et al., 2014; Lee et al., 2022). The tradeoff between growth rate and dispersal is a parallel to the tradeoff between growth rate and lag time: Aci2 could be loosely thought of as outcompeting Pa on the original two-resource island while Pa survives by dispersing to the post-shift single-resource island faster. Future research can continue to elucidate the various roles of diauxic and diauxic lags in supporting the coexistence of diverse communities in multi-resource environments.

Materials and Methods

Species and media

Aci2 and Arth were previously isolated from soil and identified as an Actinobacter species and an Arthrobacter species (Lax 2020). Pa, Pp, and Ka were obtained from ATCC. Pa is Pseudomonas aurantiaca (ATCC 33663), Pp Pseudomonas putida (ATCC 12633), and Ka Klebsiella aerogenes (ATCC 13048). Species were streaked from glycerol freezer stocks onto agar plates and single colonies were picked for each experiment. Agar plates contained 15 g/l agar, 5 g/l peptone, and 3 g/l yeast extract. This recipe was also used for the colony counting plates in competition experiments. Aci2 and Arth are available upon request.

All experiments were performed in an M9 media. The media contained final concentrations of 11.28 g/l Sigma-Aldrich M9 Minimal Salts (3 g/l KH2PO4, 0.5 g/l NaCl, 6.78 g/l Na2HPO4, 1 g/l NH4Cl), 1.9 mM MgSO4, 0.95 mM CaCl2, 3.8 mg/l FeSO4-7H2O, 3.8 mg/l MnCl2-4H2O, 2.1 mg/l CuSO4-5H2O, 1.2 mg/l ZnSO4-7H2O, 240 μg/l NaMoO4-2H2O, 240 μg/l CoCl2-6H2O, 9.5 mg/l Na2EDTA, and a total of 0.1% w/v supplied carbon source. Fructose was supplied as D-(-)-fructose, glucose as D-(-)-glucose, citrate as citric acid, alanine as l-alanine, glutamate as l-glutamic acid monosodium salt, and aspartate as l-aspartic acid monopotassium salt. Weight per volume calculations excluded the weight of any metal ions. The pH was not adjusted after preparing the solutions, but all competition media consistently had pH 6.9 ± 0.1 with the exception of citrate media, which had pH 6.5 ± 0.3.

Coculture competitions

Two days before the start of the competitions experiments individual colonies were picked off agar plates and grown in monoculture for 24 h in LB media. The day before the start of the experiments,
the monocultures were diluted 1:1,000 and transferred into M9 media containing equal parts alanine and glutamate when experiments related to the case of Aci2 and Pa on alanine and glutamate were being run and into M9 media containing equal parts fructose, glucose, citrate, alanine, glutamate, and aspartate when the survey of additional species and resources was being run. These monocultures were grown for an additional 24 h before being used to inoculate the experiments. To initialize the coculture experiments, monocultures were mixed at 90:10, 75:25, 25:75, and 10:90 ratios, and the resulting mixtures were diluted by factors matching the experimental daily dilution factors and used to inoculate the competition media. 75:25 and 25:75 inoculum ratios were only used for experiments involving Aci2 and Pa on alanine and/or glutamate.

Competitions were incubated at 25°C on 96-well plates with 200 µl in each well and orbital shaking at 350 rpm. Every 24 h, the cocultures were diluted by a factor corresponding to the experimental condition. At the first, third, fifth, and seventh dilutions, the media was diluted by a factor of 10² and 10µL droplets were plated onto agar plates. Between five and ten replicates of the plating were performed. This yielded 100–200 total colonies from most wells. These colonies were counted to determine species’ population fractions. All colonies were easily distinguishable (Appendix Fig S13). For the survey of additional species and resources, competitions were only run for 5 days, so no Day 7 plating was performed.

In the survey of additional species and resources, uncertainties on the fractions of competitions that produced coexistence came from a beta distribution with

\[
\sigma = \sqrt{\frac{(N_{\text{Cocex}} + 1)(N_{\text{Excl}} + 1)}{(N_{\text{Cocex}} + N_{\text{Excl}} + 2)^2(N_{\text{Cocex}} + N_{\text{Excl}} + 3)}}
\]

while categorization into exclusion and coexistence outcomes was done using a Day 5 species fraction of 0.02 as an approximate cutoff, although whether species fractions were stable or decreasing from Day 3 to Day 5 also influenced these categorizations. Notes on all borderline categorizations are included in the Fig 6 Source Data.

**Monoculture experiments**

The monoculture experiments began with the same two-step starter-culture procedure as in the coculture experiments. Monoculture experiments involving Aci2 and Pa on alanine and/or glutamate were inoculated with a 10⁻⁴ dilution. The other experiments were inoculated at 2*10⁻⁴ or 5*10⁻⁴. (These dilution factors were used instead of 10⁻⁴ due to the slower growth rates of some species.) Population size was measured as optical density at either 400 or 600 nm every 5 min, using a Tecan Infinite M200 Pro multiplate reader. Which wavelength was used for each experiment is provided in the corresponding figure caption or axis label. The noise level on our machine was approximately ± 0.001 OD, and all data presented in the Main Text remained within the linear range. Plates were kept at 25°C with orbital shaking in between OD measurements. For each well, the minimum OD value after median filtering with a bin width of seven measurements was used as a background value and subtracted from the measured values.

For the experiments in which the alanine:glutamate ratio was varied between 25 different ratios (Fig 2B–G), those ratios were defined by 1:2ⁿ for n ranging with −4 to 4 with a step size of 1/3. For the survey of additional species and resources (Fig 6), the resource supply ratios were 4:1, 1:1, and 1:4. The resource supply combinations used in the data shown in Appendix Fig S8 are defined in Appendix Fig S8A.

**Growth rate measurements**

Two methods of growth rate measurement were used in this paper: one for determining steady-state growth rates when a single value was desired (e.g., reporting values in the text and determining values to be used in modeling) and one for calculating instantaneous growth rates over time (e.g., Fig 2D and G).

To calculate steady-state growth rate values, optical density data were collected and background-corrected as described above. For Aci2 and Pa on alanine and/or glutamate optical density data to be used for this purpose was collected at 400 nm. We defined 4.5-h windows when optical density was above the noise level of our machine but no diauxic shifts had begun and when growth appeared as close to linear on a log-linear plot as available in the data. We then used a Thiel-Sen estimator in which a slope was fit through every pair of points, and the median slope was used as the reported growth rate. The reported uncertainty is the standard deviation of the set of slopes. The Pa monoculture data contained some minor optical density artifacts (Appendix Fig S5), but the obtained rate value of 0.67/h was a good overall fit to the data (Fig EV1C).

To extract instantaneous growth rates over time, a linear least square fit was performed on population sizes from a 30-min rolling window (7 measurements) and the slope of this fit was divided by the population size at the center of the window. When plotting, replicates were median filtered to have a single growth rate time series for each condition.

For the survey of additional species and resources, growth rates were determined by manually fitting a line through the data on a log-linear plot. These fits are provided in the Fig 6 Source Data. In some cases, a reliable growth rate could not be obtained (usually due to there not being a sufficient period of steady-state exponential growth to work with), and the data and corresponding competitions were excluded from the analysis.

**Lag time measurements**

Lag times were fit using a growth rate recovery shape in which growth rate recovered proportional to the square of the time since the resource depletion,

\[
g(t) = g_{SS}\left(\frac{t - t_{lag}}{t_{lag}}\right)^2 \text{ if } t < t_{lag}, \text{ else } g(t) = g_{SS},
\]

where \(g_{SS}\) is the steady-state growth rate, \(t_{0}\) is the resource depletion time, and \(t_{lag}\) is the species lag time. This recovery shape was used because it was a single-parameter fit that was a close empirical match to post-shift recoveries observed in the monoculture data, particularly in comparison to other recovery shapes considered (Appendix Figs S2 and S6). In the Main Text, lag times are reported as a function of resource supply ratio. Lag times were also fit for different initial dilution factors but no variation was observed (Appendix Fig S8).
Integrating the quadratic growth rate recovery yielded a simple cubic form for log-scaled population size as a function of time:

$$\log n(t) = \frac{g_{SS}}{3} \left( t - t_{lag} \right)^3 \quad \text{if} \quad t < t_{lag}, \quad \text{else} \quad \log n(t) = \frac{2}{3} g_{SS} \left( t - \frac{2}{3} t_{lag} \right).$$

For fitting Aci2 and Pa lag times on alanine and glutamate, $g_{SS}$ was fixed as the species' two-resource growth rates ($0.88/h$ and 0.67/h; Fig 2A). (Fitting lag times using the species' single-resource growth rates had only a minor impact on the results (Appendix Fig S7.) Because $g_{SS}$ was fixed, the lag time fit was a single-parameter fit. Lag time fits were performed manually. First, the onset of the diauxic shift was defined on a log-linear plot of optically density over time. Second, the value of $t_{lag}$ was adjusted until the best empirical was obtained. Upper and lower bound estimates were obtained by determining the maximum and minimum values of $t_{lag}$ that produced remotely reasonable fits. All fits, including upper and lower bound estimates, are presented in Appendix Figs S3 and S4.

Pa has small spikes in optical density at the onset of its diauxic shift and at saturation (Appendix Fig S5). These spikes were ignored when fitting the Pa lag times such that lag times correspond to the time it takes Pa to reach its steady-state growth rate not the maximum observed growth rate as this is believed to be an artifact. We did not engage in a mechanistic study of these spikes in optical density, but Pseudomonas have been previously observed to rapidly increase per capita optical density under environmental changes due to morphological changes (Bernheim, 1963).

For the survey of additional species and resources, lag times were fit to data from whichever of the three resource ratios (4:1, 1:1, 1:4) produced the earliest-occurring diauxic shift (to maximize post-shift growth available for fitting). For these fits, $g_{SS}$ was not fixed and was manually adjusted in parallel to $t_{lag}$ being adjusted. These fits are all shown in the Fig 6 Source Data. The Aci2 and Pa lag times were refit for this comparison with $g_{SS}$ unfixed so as to be subject to the same biases (if any) as the other species’ fits. In some cases, a reliable lag time fit could not be obtained. In these cases, the data and corresponding competitions were excluded from the analysis. Notes on specific fits are provided in the Fig 6 Source Data.

Modeling

Modeling was done using dimensionless resource concentrations and population sizes but with an explicit time dimension (hours). Monoculture and coculture simulations followed the same set of equations. The total resource supply was set to 1 (i.e., $s_{Ala} + s_{Glu} = 1$ where $s_{Ala}$ is the alanine supply concentration and $s_{Glu}$ is the glutamate supply concentration), and all yields were implicitly set to 1.

For competition simulations, the system was initiated with the resource concentrations, $c_{Ala}(t)$ and $c_{Glu}(t)$, equal to the supply concentrations and the total population sizes normalized to the carrying capacity divided by the dilution factor $DF$ (which range from 10 to 10$^6$ in our modeling and experiments),

$$n_{Aci2}(0) + n_{Pa}(0) = \frac{1}{DF - 1},$$

where $\frac{1}{DF}$ appears instead of $\frac{1}{DF}$ due to the carry capacity being $\frac{1}{DF}$ after correcting for the day-to-day population carryover (Appendix).

For monoculture simulations, the system was initiated with the resource concentrations equal to the supply concentrations and $n(0) = 10^{-4}$ for the species being simulated and $n(0) = 0$ for the other species.

Before a resource depletion (i.e., while $c_{Ala}(t) > 0$ and $c_{Glu}(t) > 0$) the system evolved according to:

$$n'_{Aci2}(t) = (0.88 \text{ h}^{-1}) n_{Aci2}(t)$$
$$n'_{Pa}(t) = (0.67 \text{ h}^{-1}) n_{Pa}(t)$$
$$c'_{Ala}(t) = -n'_{Aci2}(t) - \frac{2}{5} n'_{Pa}(t)$$
$$c'_{Glu}(t) = -\frac{3}{5} n'_{Pa}(t)$$

until either $c_{Ala}(t) = 0$ or $c_{Glu}(t) = 0$.

After the first-resource depletion, the system evolved according to the same growth rate recovery shape as used in fitting the lag times and with yields still implicitly set to 1,

$$n'_i(t) = g_{i}(t) n_i(t) \text{ with } g_i(t) = g_{SS,i} \left( \frac{t - t_{lag,i}}{t_{lag,i}} \right)^2$$

if $t < t_{lag,i}$, else $g_i(t) = g_{SS,i}$.

$$c'_i(t) = -n'_{Aci2}(t) - n'_{Pa}(t)$$

where $i$ indicates each species and $i$ is the remaining resource. Post-switch steady-state growth rates were the same as the pre-switch growth rates $g_{SS,Aci2} = 0.88/h$ and $g_{SS,Pa} = 0.67/h$ to avoid a tradeoff between two-resource and single-resource growth rates complicating the interpretation of the results and because the effect of using the measured single-resource growth rates for post-shift $g_{SS}$ was minor (Appendix Fig S11). Pa’s lag time was 1 h in all cases. Aci2’s lag time was zero if glutamate was depleted first and function of the resource supply ratio if alanine was depleted first. This function of resource supply ratio was a linear interpolation through the following points, which were taken from the monoculture lag time fits (Fig 2H, Appendix Fig S3):

| Resource Supply Ratio (A:G) | 1:16 | 1:8 | 1:4 | 1:2 | 1:1 | 2:1 | 4:1 | 8:1 | 16:1 |
|-----------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Aci2 Lag                    | 12.0| 12.0| 12.0| 11.7| 10.8| 9.38| 7.88| 6.00| 2.48|
| Time (hours)                |     |     |     |     |     |     |     |     |     |

From monoculture experiments, it could not be determined whether Aci2’s lag time was a function of the alanine supply concentration (equivalent to being a function of resource supply ratio with the total concentration constant) or of its population size at the onset of its diauxic shift (Appendix Fig S8). Modeling predictions if Aci2’s lag time were a function of its population size were also determined and seen to be similar (Fig EV4). Other researchers
have suggested variable lag times may be the result of larger populations consuming resources more quickly and having less time to prepare for the switch to the next resource (Solopova et al, 2014). If this is the case here, lag times would be approximate functions of the resource supply ratio because both Aci2 and Pa contribute to the coculture-wide resource consumption rate and the total population size at alanine depletion is closely linked to the alanine supply concentration.

After the second resource depletion, the population sizes were divided by the dilution factor DF and resource concentrations were reset to the supply concentrations. No dynamics during the stationary phase (between the second resource depletion and the start of the next day) were modeled. All reported species fractions, except those explicitly labeled as being functions of time within a day, are end-of-day population fractions.

Simulations were performed by directly solving a sum-of-exponentials equation for the time at which resources would be depleted and then calculating species population sizes using that value, so no numerical integration of differential equations was required.

For the frequency-dependent relative fitness of Pa against Aci2 on alanine and glutamate (Fig 4E), populations were initiated with \( n_{\text{Aci}}(0) = \frac{1}{k_0} \) and \( n_{\text{Pa}}(0) = \frac{1}{k_0} \) and grown for one dilution cycle. The relative fitness of Pa was calculated as \( \frac{n_{\text{Aci}}(\text{sat})/n_{\text{Pa}}(0)}{n_{\text{Pa}}(\text{sat})/n_{\text{Aci}}(0)} \).

Data availability

This study includes no data deposited in external repositories. All essential data are available as Source Data (see Source Data for Figs 2, 5 and 6).

Expanded View for this article is available online.

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Author contributions

**Blox Bloomham**: Conceptualization; Formal analysis; Investigation; Visualization; Methodology; Writing—original draft; Writing—review & editing; BB conceptualized and designed the experiments, performed the experiments, performed mathematical modeling, analyzed the data, and wrote the manuscript. **Hyunseok Lee**: Conceptualization; Methodology; Writing—original draft; Writing—review & editing; HL conceptualized and designed the experiments, analyzed the data, and wrote the manuscript. **Jeff Gore**: Conceptualization; Supervision; Funding acquisition; Methodology; Writing—original draft; Writing—review & editing; JG acquired funding, conceptualized and designed the experiments, analyzed the data, and wrote the manuscript.

In addition to the CRediT author contributions listed above, the contributions in detail are:

BB, HL, and JG conceptualized and designed the experiments. BB performed the experiments. BB performed mathematical modeling. BB, HL, and JG analyzed the data. BB, HL, and JG wrote the manuscript. JG acquired funding.

Disclosure and competing interests statement

The authors declare that they have no conflict of interest.

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