Statistical mechanics of Fofonoff flows in an oceanic basin

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We study the minimization of potential enstrophy at fixed circulation and energy in an oceanic basin with arbitrary topography. For illustration, we consider a rectangular basin and a linear topography \( h = bh \) which represents either a real bottom topography or the \( \beta \)-effect appropriate to oceanic situations. Our minimum enstrophy principle is motivated by different arguments of statistical mechanics reviewed in the article. It leads to steady states of the quasigeostrophic (QG) equations characterized by a linear relationship between potential vorticity \( q \) and stream function \( \psi \). For low values of the energy, we recover Fofonoff flows [J. Mar. Res. 13, 254 (1954)] that display a strong westward jet. For large values of the energy, we obtain geometry induced phase transitions between monopoles and dipoles similar to those found by Chavanis & Sommeria [J. Fluid Mech. 314, 267 (1996)] in the absence of topography. In the presence of topography, we recover and confirm the results obtained by Venaille & Bouchet [Phys. Rev. Lett. 102, 104501 (2009)] using a different formalism. In addition, we introduce relaxation equations towards minimum potential enstrophy states and perform numerical simulations to illustrate the phase transitions in a rectangular oceanic basin with linear topography (or \( \beta \)-effect).

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I. INTRODUCTION

The dynamics of the oceans is extremely complex due to nonlinear coupling across many scales of motion and the interplay between mean and fluctuating fields [1]. Although the oceans can be considered as “turbulent” in a classical sense, their dynamics also involves wave-like phenomena and coherent structures (vortices) like monopoles, dipoles or modons, tripoles... Furthermore, despite the permanent action of forcing (e.g. induced by the wind) and dissipation, the oceans present a form of global organization. This is revealed in the existence of strong jets like the Gulf Stream or the Kuroshio Current and in the observation of a large-scale oceanic circulation. In order to understand the dynamics of the oceans, one possibility is to develop numerical codes with increasing complexity. However, the results can be affected by the method used to parameterize the small scales. Furthermore, numerical simulations alone do not explain the phenomena observed. Therefore, in order to understand the physical output of such numerical simulations it can be useful to consider in parallel simple mathematical models that can be studied in great detail. These academic models can serve as a basis to develop general methods (e.g. statistical mechanics, kinetic theories) that can be relevant in more complicated situations.

Early models of wind-induced oceanic circulation have been developed by Stommel [2] and Munk [3] but they are based on linearized equations and on an artificial concept of eddy viscosity. Alternatively, in a seminal paper, Fofonoff [4] neglects forcing and dissipation and studies the case of a steady free circulation in a closed ocean. He considers quasi geostrophic (QG) flows on the \( \beta \)-plane, a common starting point for many dynamical studies in meteorology and oceanography. He furthermore assumes that the ocean has reached a steady state characterized by a linear relationship between potential vorticity \( q = \omega + h \) and stream function \( \psi \) (here, \( h \) denotes the topography and the ordinary \( \beta \)-effect corresponds to \( h = bh \)). Finally, he considers an asymptotic regime of low energy and provides a simple analytical solution representing a westward jet with a recirculation at the boundary. This solution is now called Fofonoff flow [5]. Numerical simulations starting from a random initial condition, in forced and unforced situations, show that the system can spontaneously generate a Fofonoff flow characterized by a linear \( q - \psi \) relationship [6–10]. However, such a linear relationship is not expected to be
general and more complex flows with nonlinear $q - \psi$ relationships can also be observed. We must keep in mind that Fofonoff flows provide just an academic model of oceanic circulation with limited applications.

On the theoretical side, several researchers have tried to justify the relevance of Fofonoff flows. In real oceans, the flows are forced by the wind and dissipated at small scales. Niler [11] and Marshall & Nurser [12] have argued that forcing and dissipation could equilibrate each other in average and determine a quasi-stationary state (QSS) that is a steady state of the ideal QG equations (with forcing and dissipation switched off). In these approaches, the $q - \psi$ relationship is selected by the properties of forcing and dissipation and the conditions to have a linear relationship are sought. In the case of unforced oceans, the justification of a linear $q - \psi$ relationship has been first sought in a phenomenological minimum enstrophy principle. Bretherton & Haidvogel [13] argue that potential enstrophy decays due to viscous effects (see, however, Appendix A) while the energy and the circulation remain approximately conserved (in the limit of small viscosity). They propose therefore that the system should reach a state that minimizes potential enstrophy at fixed energy and circulation. This leads to a linear $q - \psi$ relationship like for Fofonoff flows.

A linear $q - \psi$ relationship can also be justified from statistical mechanics. A statistical theory of 2D turbulence was first developed by Kraichnan [14] in spectral space. It is based on the truncated 2D Euler equations which conserve only energy and enstrophy (quadratic constraints). In the presence of a topography, Salmon, Holloway & Hendershott [15] show that this approach predicts a mean flow characterized by a linear relationship between the averaged potential vorticity ($q$) and the averaged stream function ($\psi$). Another statistical approach has been developed by Miller [16] and Robert & Sommeria [17] in real space. This theory takes into account all the conservation laws (energy and Casimirs) of the 2D Euler equation and predicts various $q - \psi$ relationships depending on the initial conditions. However, in real situations where the system undergoes forcing and dissipation, the conservation of all the Casimirs is abusive and has been criticized by Ellis, Haven & Turkington [18] and by Chavanis [19, 20]. In a recent paper [21], we have proposed to conserve only a few microscopic moments of the vorticity among the infinite class of Casimirs. These relevant constraints could be selected by the properties of forcing and dissipation. For example, if we maximize the Miller–Robert–Sommeria (MRS) entropy at fixed energy $E$, circulation $\Gamma$ and microscopic potential enstrophy $\Gamma^1_2$, we get a mean flow characterized by a linear $q - \psi$ relationship leading to Fofonoff flows. This statistical approach also predicts Gaussian fluctuations around this mean flow. Furthermore, we have shown that the maximization of MRS entropy at fixed energy, circulation and microscopic potential enstrophy $\Gamma^1_2$ is equivalent to the minimization of macroscopic potential enstrophy $\Gamma^2_2$ at fixed energy and circulation. This justifies an inviscid minimum potential enstrophy principle, and Fofonoff flows, when only the microscopic enstrophy (quadratic) is conserved among the infinite class of Casimirs.

The asymptotic limit treated by Fofonoff [4] corresponds to small energies $E$, a limit relevant to oceanic situations. In the statistical theory, this corresponds to a regime of large positive inverse temperatures $\beta \gg 1$. In that case, the Fofonoff solution is the unique (global) entropy maximum at fixed circulation and energy. On the other hand, Chavanis & Sommeria [22] studied the case of a linear $q - \psi$ relationship in a rectangular domain without topography. For large energies $E$, corresponding to sufficiently negative $\beta$, they report the existence of multiple solutions. This leads to interesting phase transitions between monopoles and dipoles depending on the value of a single control parameter $\Gamma / \sqrt{E}$ and on the geometry of the domain (for example, the aspect ratio $\tau$ of a rectangular domain). For $\Gamma = 0$, the maximum entropy state is a monopole if $\tau < \tau_c = 1.12$ and a dipole if $\tau > \tau_c$. For $\Gamma \neq 0$, when $\tau < \tau_c$, the maximum entropy state is always a monopole and when $\tau > \tau_c$, the maximum entropy state is a dipole for small values of $\Gamma^2 / E$ and a monopole for large values of $\Gamma^2 / E$. The approach of Chavanis & Sommeria [22] has been completed recently by Venaille & Bouchet [23, 24] who used a different theoretical formalism and provided a detailed discussion of phase transitions and ensemble inequivalence in QG flows with and without topography. For low values of the energy, they recover Fofonoff flows [4] and for large values of the energy, they obtain geometry induced phase transitions between monopoles and dipoles similar to those found by Chavanis & Sommeria [22]. They also emphasize the notions of bicritical point and azeotropy. Their approach is well-suited for statistical mechanics but it may appear a bit abstract to fluid mechanicians. By contrast, the approach of Chavanis & Sommeria [22] is simpler. In the present paper, we shall extend the formalism of [22] to the case of flows with a topography and study how the series of equilibria is modified in this more general context. We first consider an antisymmetric linear topography $h = by$ in a rectangular domain (like in Fofonoff’s classical study) and then generalize the results to the case of an arbitrary topography in an arbitrary domain. We recover and confirm the main results of Venaille & Bouchet [23, 24] and illustrate them with explicit calculations and with synthetic phase diagrams. We compute the full series of equilibria (containing all the critical points of entropy at fixed energy and circulations) while Venaille & Bouchet [23, 24] focus on global entropy maxima. The full series of equilibria is useful to show the relative position of the stable and unstable branches. Furthermore, for systems with long-range interactions, metastable states (local entropy maxima), and even saddle points of entropy, can be long-lived and therefore relevant in the dynamics [21]. It is therefore important to take them into account. We also give a special attention to the existence of a second order phase
transition that exists only for a particular value of the circulation $\Gamma_\ast$ (with $\Gamma_\ast = 0$ for an antisymmetric topography) and study how this phase transition takes birth as $\Gamma \to \Gamma_\ast$, through the formation of a “spike”. Finally, we introduce simple relaxation equations that converge towards the minimum potential enstrophy state at fixed circulation and energy and solve these equations numerically to illustrate the phase transitions in a rectangular oceanic basin with linear topography (or $\beta$-effect). Numerical integration of these equations with a nonlinear topography have been previously performed in [25] and the present paper develops the theory required to interpret the results.

II. THE QUASIGEOSTROPHIC EQUATIONS

A. A maximization problem

We consider a 2D incompressible flow over a topography described by the quasigeostrophic (QG) equations

$$\frac{\partial q}{\partial t} + u \cdot \nabla q = 0, \quad q = -\Delta \psi + \frac{1}{R^2} \psi + h,$$

where $q = \omega + \psi/R^2 + h$ is the potential vorticity, $h$ the topography, $R$ the Rossby radius, $\omega \mathbf{z} = \nabla \times \mathbf{u}$ the vorticity, $\psi$ the stream function and $\mathbf{u} = - \mathbf{z} \times \nabla \psi$ the velocity field ($\mathbf{z}$ is a unit vector normal to the flow). For illustration and explicit calculations, we shall consider a linear topography of the form $h = by$. This term can equivalently be interpreted as a “$\beta$-effect” in the oceans due to the Earth’s sphericity.

The QG equations admit an infinite number of steady states of the form

$$q = f(\psi),$$

where $f$ is an arbitrary function. They are obtained by solving the differential equation

$$-\Delta \psi + \frac{1}{R^2} \psi + h = f(\psi),$$

with $\psi = 0$ on the domain boundary. The QG equations conserve the energy

$$E = \frac{1}{2} \int (q - h) \psi d\mathbf{r} = \frac{1}{2} \int \left[ (\nabla \psi)^2 + \frac{\psi^2}{R^2} \right] d\mathbf{r},$$

and an infinite number of integral constraints that are the Casimirs

$$I_g = \int g(q) d\mathbf{r},$$

where $g$ is an arbitrary function. In particular, all the moments of the potential vorticity $\Gamma_n = \int q^n d\mathbf{r}$ are conserved. The first moment $\Gamma = \int q d\mathbf{r}$ is the potential circulation and the second moment $\Gamma_2 = \int q^2 d\mathbf{r}$ is the potential enstrophy.

Let us consider the maximization problem

$$\max_q \{ S[q] \mid E[q] = E, \Gamma[q] = \Gamma \},$$

where $E$ and $\Gamma$ are the energy and the circulation and $S$ is a functional of the form

$$S = -\int C(q) d\mathbf{r},$$

where $C$ is an arbitrary convex function (i.e. $C'' \geq 0$). The critical points of $S$ at fixed $E$ and $\Gamma$ are given by the variational principle $\delta S - \beta \delta E - \alpha \delta \Gamma = 0$ where $\beta$ and $\alpha$ are Lagrange multipliers. This gives $C'(q) = -\beta \psi - \alpha$. Since $C$ is convex, we can inverse this relation to obtain $q = F(\beta \psi + \alpha) = f(\psi)$ where $F(x) = (C''(x))^{-1}(-x)$. We note that $q(\psi) = -\beta/C''(\psi)$. Therefore, a critical point of $S$ at fixed $E$ and $\Gamma$ determines a steady state of the QG equations with a monotonic $q - \psi$ relationship that is increasing for $\beta < 0$ and decreasing for $\beta > 0$. On the other hand, this state is a (local) maximum of $S$ at fixed $E$ and $\Gamma$ if

$$-\frac{1}{2} \int C''(q)(\delta q)^2 d\mathbf{r} - \frac{1}{2} \beta \int \delta q \delta \psi d\mathbf{r} < 0,$$

for all perturbations $\delta q$ that conserve energy and circulation at first order.

B. Its different interpretations

The maximization problem (6) can be given several interpretations (see [26] for a more detailed discussion):

(i) It determines a steady state of the QG equations that is nonlinearly dynamically stable according to the stability criterion of Ellis et al. [18]. In that case, $S$ will be refered to as a “pseudo entropy” [26]. This criterion is more refined than the well-known Arnol’d theorems [27] that provide only sufficient conditions of nonlinear dynamical stability. We note, however, that the criterion (6) provides itself just a sufficient condition of nonlinear dynamical stability. An even more refined criterion of nonlinear dynamical stability is given by the Kelvin-Arnol’d principle [28, 29]. The connections between these different criteria of dynamical stability are reviewed in [26]. For the particular choice $S = -(1/2) \int q^2 d\mathbf{r}$ (neg-enstrophy), the maximization problem (6) determines steady states of the QG equations with a linear $q - \psi$ relationship that are nonlinearly dynamically stable.

(ii) The maximization problem (6) can be viewed as a phenomenological selective decay principle (for $-S$) due to viscosity [26, 30]. In the presence of a small viscosity $\nu \to 0$, the fragile integrals $-S$ decay (see, however, Appendix A) while the robust integrals $E$ and $\Gamma$ remain approximately conserved. This suggests that the system will reach a steady state that is a maximum of a certain functional $S$ at fixed $E$ and $\Gamma$. If we assume that this functional is $S = -(1/2) \int q^2 d\mathbf{r}$, we recover the ordinary
minimum enstrophy principle introduced by Bretherton & Haidvogel [13] (however, these authors mention in their Appendix that other functionals $-S$ of the form (7), that they call generalized enstrophies, could be minimized as well). We can also justify an inviscid selective decay principle due to coarse-graining [22, 26]. For an ideal evolution (no viscosity), the integrals $S[g] = - \int C(q) \, dq$ of the fine-grained PV are conserved by the QG equations (they are particular Casimirs) while the integrals $\mathcal{S} = - \int C(\mathcal{q}) \, d\mathcal{q}$ of the coarse-grained PV increase (see Appendix A of [31]). These functionals are called generalized $H$-functions [31, 32]. This suggests that the system will reach a steady state that is a maximum of a “generalized entropy” $\mathcal{S}$. We can also justify an inviscid minimum enstrophy principle due to coarse-graining [22]. However, other generalized $H$ functions could be maximized as well [26]. It is important to emphasize that these principles are purely phenomenological and that they are not based on rigorous arguments. As such, they are not always true [26, 33].

(iii) The maximization problem (6) provides a necessary and sufficient condition of thermodynamical stability in the Ellis-Haven-Turkington (EHT) approach [18] where the Casimir constraints (fragile) are treated canonically so that they are replaced by the specification of a prior vorticity distribution $\chi(\sigma)$ encoding small-scale turbulence. Indeed, a vorticity distribution $\rho(\mathbf{r}, \sigma)$ is a maximum of relative entropy $S_\chi[\rho]$ at fixed circulation and energy (EHT thermodynamical stability) iff the corresponding coarse-grained PV field $\overline{\rho}(\mathbf{r})$ is a maximum of a “generalized entropy” $\mathcal{S}[\overline{\rho}]$ at fixed $E$ and $\Gamma$. In that case, the generalized entropy $\mathcal{S}[\overline{\rho}]$ is determined by the prior $\chi(\sigma)$. For a Gaussian prior, we find that the generalized entropy $\mathcal{S}[\overline{\rho}] = -(1/2) \int \overline{\rho}^2 \, d\mathbf{r}$ is proportional to minus the macroscopic coarse-grained enstrophy, justifying a minimum potential enstrophy principle in that context.

(iv) Since the solution of a variational problem is always solution of a more constrained dual variational problem (but not the converse) [34], the maximization problem (6) provides a sufficient condition of thermodynamical stability in the Miller-Robert-Sommeria (MRS) approach [16, 17] where all the Casimirs are conserved. Indeed, a vorticity distribution $\rho(\mathbf{r}, \sigma)$ is a maximum of MRS entropy $S[\rho]$ at fixed energy, circulation and Casimirs (MRS thermodynamical stability) if it is a maximum of $S_\chi[\rho]$ at fixed energy and circulation. However, the converse is wrong since the Casimir constraints have been treated canonically. According to (iii), we conclude that a vorticity distribution $\rho(\mathbf{r}, \sigma)$ is a maximum of MRS entropy $S[\rho]$ at fixed energy, circulation and Casimirs if the corresponding coarse-grained PV field $\overline{\rho}(\mathbf{r})$ is a maximum of $\mathcal{S}[\overline{\rho}]$ at fixed $E$ and $\Gamma$ (but not the converse) [35]. In that case, the generalized entropy $\mathcal{S}[\overline{\rho}]$ is determined by the initial condition [26]. For initial conditions that lead to a Gaussian PV distribution at statistical equilibrium, we find that $\mathcal{S}[\overline{\rho}] = -(1/2) \int \overline{\rho}^2 \, d\mathbf{r}$. Therefore a minimum of coarse-grained potential enstrophy at fixed circulation and energy is a MRS thermodynamical equilibrium but the converse is wrong in case of ensemble inequivalence. In the MRS approach, a minimum enstrophy principle can be justified only if the microcanonical and grand microcanonical ensembles are equivalent [26].

(v) The maximization problem (6) provides a sufficient condition of thermodynamical stability in the Naso-Chavanis-Dubrulle (NCD) approach [21] where only a few Casimirs are conserved (the reason is the same as in (iv)). In that case, the generalized entropy $\mathcal{S}[\overline{\rho}]$ is determined by the set of conserved Casimirs. For example, if we only conserve the microscopic potential enstrophy $\Gamma_0^{\rho, \varphi} = \int q^2 \, dq$, we find that $\mathcal{S}[\overline{\rho}] = -(1/2) \int \overline{\rho}^2 \, d\mathbf{r}$. In that case, the generalized entropy is proportional to minus the coarse-grained enstrophy $\nabla^2 \overline{\rho} - \int \overline{\rho}^2 \, d\mathbf{r}$. Furthermore, in this specific case where the constraints are linear or quadratic (energy-entrophy-circulation statistical mechanics), it can be proven that the maximization of MRS entropy at fixed energy, circulation and microscopic potential enstrophy $\Gamma_0^{\rho, \varphi}$ (NCD thermodynamical stability) is equivalent to the minimization of macroscopic potential enstrophy $\Gamma_0^{\rho, \varphi}$ at fixed energy and circulation [21]. This justifies an inviscid minimum potential enstrophy principle, and Fofonoff flows, when only the microscopic enstrophy is conserved among the infinite class of Casimirs.

C. Relaxation equations

Some relaxation equations associated with the maximization problem (6) have been introduced in [26]. They can serve as numerical algorithms to solve this maximization problem. They also provide not trivial dynamical systems whose study is interesting in its own right.

(i) The first type of equations is of the form

$$\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = \nabla \cdot \left[D \left( \nabla q + \frac{\beta(t)}{C''(q)} \nabla \psi \right) \right], \quad (9)$$

$$\beta(t) = \frac{\int D \nabla q \cdot \nabla \psi \, d\mathbf{r}}{\int D \nabla \psi \, d\mathbf{r}}, \quad (10)$$

where $D(\mathbf{r}, t) \geq 0$ is the diffusion coefficient. The boundary conditions are $\mathbf{J} \cdot \mathbf{n} = 0$ where $\mathbf{J} = -D(\nabla q + \frac{\beta(t)}{C''(q)} \nabla \psi)$ is the current and $\mathbf{n}$ is a unit vector normal to the boundary. With these boundary conditions, the circulation is clearly conserved. On the other hand, the inverse “temperature” $\beta(t)$ evolves in time according to Eq. (10) so as to conserve energy ($\dot{E} = 0$). Easy calculations lead to the $H$-theorem:

$$\dot{\mathcal{S}} = \int D C''(q) \left( \nabla q + \frac{\beta(t)}{C''(q)} \nabla \psi \right)^2 \, d\mathbf{r} \geq 0. \quad (11)$$

Therefore, the relaxation equations (9)-(10) relax towards a (local) maximum of $\mathcal{S}$ at fixed $E$ and $\Gamma$ (see [26] for a more precise statement).
Example: If we take \( S \) to be the opposite of the potential enstrophy \( S = -(1/2) \int q^2 \, d\mathbf{r} \), we get

\[
\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = \nabla \cdot [D (\nabla q + \beta(t) \nabla \psi)],
\]

\[
\beta(t) = -\frac{\int D \nabla q \cdot \nabla \psi \, d\mathbf{r}}{\int (D \nabla \psi)^2 \, d\mathbf{r}}.
\]  

This equation monotonically dissipates the potential enstrophy \( (\Gamma_2 = -2 \dot{S} = -2 \int D (\nabla q + \beta(t) \nabla \psi)^2 \, d\mathbf{r} \leq 0) \) at fixed energy and circulation \( (\Gamma = E = 0) \) until the minimum potential enstrophy state is reached. If we take \( D \) constant and \( R = \infty \) (for simplicity), the foregoing equations reduce to

\[
\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = D [\Delta q - \beta(t) (q - h)],
\]

\[
\beta(t) = \frac{S(t) + \frac{1}{2} \langle qh \rangle}{E} = -\frac{\Gamma_2(t) + \langle qh \rangle}{2E},
\]

where we have used an integration by parts in Eq. (13) to obtain Eq. (15). In particular, for \( h = 0 \), we have \( \beta(t) = S(t)/E = -\Gamma_2(t)/2E \). As shown in Appendix B, these relaxation equations are compatible with the “Neptune effect” discovered by Holloway [36] and playing an important role in oceanic modeling.

(ii) The second type of relaxation equations is of the form

\[
\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = -D(C'(q) + \beta(t) \psi + \alpha(t)),
\]

where \( \beta(t) \) and \( \alpha(t) \) evolve in time according to

\[
\langle C'(q) \psi \rangle + \beta(t) \langle \psi^2 \rangle + \alpha(t) \langle \psi \rangle = 0,
\]

\[
\langle C'(q) \rangle + \beta(t) \langle \psi \rangle + \alpha(t) A = 0,
\]

in order to satisfy the conservation of energy and circulation \( (A \) is the domain area, \( \langle X \rangle = \int X \, d\mathbf{r} \) and we have assumed \( D \) constant for simplicity). We shall consider boundary conditions of the form \( C'(q) + \alpha(t) = 0 \) on the boundary so as to be consistent with the steady state for which \( C'(q) + \beta \psi + \alpha = 0 \) in the whole domain (recall that \( \psi = 0 \) on the boundary). Easy calculations lead to the \( H \) theorem:

\[
\dot{S} = D \int (C'(q) + \beta(t) \psi + \alpha(t))^2 \, d\mathbf{r} \geq 0.
\]  

Therefore, the relaxation equations (16)-(18) relax towards a (local) maximum of \( S \) at fixed \( E \) and \( \Gamma \) (see [26] for a more precise statement).

Example: If we take \( S \) to be the opposite of the potential enstrophy \( S = -(1/2) \int q^2 \, d\mathbf{r} \), the relaxation equations reduce to

\[
\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = -D [q + \beta(t) \psi + \alpha(t)]
\]

with

\[
\beta(t) = \frac{\Gamma(\psi) - A(2E + \langle \psi \rangle)}{A(\psi^2) - \langle \psi \rangle^2},
\]

\[
\alpha(t) = -\frac{\Gamma(\psi^2) - \langle \psi \rangle(2E + \langle \psi \rangle)}{A(\psi^2) - \langle \psi \rangle^2}.
\]

These equations monotonically dissipate the potential enstrophy \( (\Gamma_2 = -2 \dot{S} = -2D \int (q + \beta \psi + \alpha)^2 \, d\mathbf{r} \leq 0) \) at fixed energy and circulation \( (\dot{E} = \Gamma = 0) \) until the minimum potential enstrophy state is reached.

III. THERMODYNAMICS OF FOFONOFF FLOWS

A. The maximization problem

We shall study the maximization problem

\[
\max_q \{ S[q] \mid E[q] = E, \Gamma[q] = \Gamma \},
\]

with

\[
S = -\frac{1}{2} \int q^2 \, d\mathbf{r},
\]

\[
E = \frac{1}{2} \int (q - h) \psi \, d\mathbf{r} = \frac{1}{2} \int (\nabla \psi)^2 \, d\mathbf{r},
\]

\[
\Gamma = \int q \, d\mathbf{r},
\]

\[
q = -\Delta \psi + h.
\]

For simplicity, we assume \( R \to +\infty \) but the case of finite Rossby radius can be treated similarly and the main results are unchanged. As discussed in Sec. II B, the maximization problem (23) can be interpreted as a refined condition of nonlinear dynamical stability (in that case \( S \) is a Casimir or a pseudo entropy), as a sufficient condition of thermodynamical stability in the MRS approach, or as a necessary and sufficient condition of thermodynamical stability in the EHT and NCD approaches (in these cases \( S \) is a generalized entropy). Noting that \( S \) is proportional to the opposite of the potential enstrophy \( \Gamma_2 = \int q^2 \, d\mathbf{r} \), the maximization problem (23) is also equivalent to the phenomenological minimum potential enstrophy principle. In the following, to simplify the terminology, \( S \) will be called the “entropy”.

The critical points of entropy at fixed circulation and energy are given by the variational principle

\[
\delta S - \beta \delta E - \alpha \delta \Gamma = 0,
\]
where $\beta$ and $\alpha$ are Lagrange multipliers that will be called “inverse temperature” and “chemical potential”. This yields
\[ q = -\beta \psi - \alpha. \] (29)

We consider a domain of unit area $A = 1$ and we define $\langle X \rangle = \int X \, d\mathbf{r}$. Then, we have $\alpha = -\Gamma - \beta \langle \psi \rangle$ and we can rewrite the previous relation as
\[ q = -\beta (\psi - \langle \psi \rangle) + \Gamma. \] (30)

Substituting this relation in Eq. (27), we obtain
\[ -\Delta \psi + \beta \psi = \Gamma + \beta \langle \psi \rangle - h, \] (31)

with $\psi = 0$ on the domain boundary. This is the fundamental differential equation of the problem. It has the form of an inhomogeneous Helmholtz equation.

Using Eq. (30), the energy and the entropy can be written
\[ E = \frac{1}{2} \beta (\langle \psi^2 \rangle - \langle \psi \rangle^2) + \frac{1}{2} \Gamma \langle \psi \rangle - \frac{1}{2} \langle h \psi \rangle, \] (32)
\[ S = -\frac{1}{2} \beta^2 (\langle \psi^2 \rangle - \langle \psi \rangle^2) - \frac{1}{2} \Gamma^2. \] (33)

Using Eq. (32), an equivalent expression of the entropy is
\[ S = \beta E - \frac{1}{2} \beta \Gamma \langle \psi \rangle + \frac{1}{2} \beta \langle h \psi \rangle - \frac{1}{2} \Gamma^2. \] (34)

The last term in Eqs. (33) and (34) will be ignored in the following since it is just an unimportant additional constant (for fixed $\Gamma$).

**B. The solution of the differential equation and the equation of state**

To study the maximization problem (23), we shall follow the general methodology developed by Chavanis & Sommeria [22]. The main novelty with respect to their study is the presence of the topography $h$. We shall write the topography in the form $h(x, y) = b H(x, y)$ where $H$ is dimensionless.

To study the differential equation
\[ -\Delta \psi + \beta \psi = \Gamma + \beta \langle \psi \rangle - b H, \] (35)

we first assume that $\Gamma + \beta \langle \psi \rangle \neq 0$ (i.e. $\alpha \neq 0$) and we define
\[ \phi = \frac{\psi}{\Gamma + \beta \langle \psi \rangle}, \] (36)
and
\[ c = \frac{b}{\Gamma + \beta \langle \psi \rangle}. \] (37)

We note that $c = -b/\alpha$ so that $c$ plays the role of the inverse of the chemical potential (see Sec. III C). Therefore, the condition $\alpha \neq 0$ is equivalent to $c$ finite. With these notations, the differential equation (35) becomes
\[ -\Delta \phi + \beta \phi = 1 - c H, \] (38)

with $\phi = 0$ on the domain boundary. The solution of this equation can be written
\[ \phi = \phi_1 + c \phi_2, \] (39)

where $\phi_1$ and $\phi_2$ are the solutions of
\[ -\Delta \phi_1 + \beta \phi_1 = 1, \] (40)
\[ -\Delta \phi_2 + \beta \phi_2 = -H, \] (41)

with $\phi_1 = 0$ and $\phi_2 = 0$ on the domain boundary. For given $\beta$, the functions $\phi_1$ and $\phi_2$ can be obtained by solving the differential equation numerically or by decomposing the solutions on the modes of the Laplacian operator (cf Appendix C). For the moment, we assume that $\beta$ is not equal to an eigenvalue $\beta_n$ of the Laplacian so that the solutions of Eqs. (40) and (41) are unique and finite. The cases $\beta = \beta_n$ must be studied specifically (see following sections).

Taking the average of Eq. (36) and solving for $\langle \psi \rangle$, we obtain
\[ \langle \psi \rangle = \frac{\Gamma \langle \phi \rangle}{1 - \beta \langle \phi \rangle}. \] (42)

Using Eqs. (36) and (42), the solution of Eq. (35) is
\[ \psi = \frac{\Gamma \phi}{1 - \beta \langle \phi \rangle}. \] (43)

Using Eqs. (37) and (42), the constant $c$ is given by
\[ c = \frac{b}{\Gamma} (1 - \beta \langle \phi \rangle), \] (44)

where $\langle \phi \rangle$ itself depends on $c$. Substituting Eq. (39) in Eq. (44), we finally obtain
\[ c = \frac{1 - \beta \langle \phi_1 \rangle}{b + \beta \langle \phi_2 \rangle}. \] (45)

For a given normalized circulation $\Gamma/b$, this relation completely determines $c$ as a function of $\beta$. Therefore, the solution of Eq. (35) is given by Eq. (43) where $\phi$ is determined by Eqs. (39) and (45). We have thus completely solved the differential equation (35) for $\beta \neq \beta_n$. We must now relate $\beta$ to the energy. Substituting Eq. (43) in the energy constraint (32), we get
\[ (1 - \beta \langle \phi \rangle)^2 = \frac{\Gamma^2}{2E} (\langle \phi \rangle - \beta \langle \phi^2 \rangle - c \langle \phi H \rangle). \] (46)
Similarly, the entropy (33) can be written
\[ \frac{2S}{\Gamma^2} = -\frac{\beta^2}{(1 - \beta(\phi))^2} (\langle \phi^2 \rangle - \langle \phi \rangle^2). \]  
(47)

In the absence of topography \((b = c = 0)\), we recover the equations of Chavanis & Sommeria [22]. In that case, there is a single control parameter \(\Lambda = \Gamma/\sqrt{2E}\).

In the present case, there are two control parameters: \(\Lambda = \Gamma/\sqrt{2E}\) and \(\mu = \Gamma/b\). In order to have a well-defined limit \(\Gamma \to 0\), it is more convenient to take \(E = 2E/b^2 = \mu^2/\Lambda^2\) and \(\mu = \Gamma/b\) as independent control parameters. Using Eq. (44), we find that the equations of the problem are given in a very compact form by
\[ \frac{2E}{b^2} = \frac{1}{c^2} (\langle \phi \rangle - \beta \langle \phi^2 \rangle - c \langle \phi H \rangle), \]  
(48)
\[ \frac{2E}{\Gamma^2} = -\frac{\beta^2}{c^2} (\langle \phi^2 \rangle - \langle \phi \rangle^2), \]  
(49)
where \(\phi\) is given by Eq. (39) and \(c\) by Eq. (45).

Note that the r.h.s. of Eqs. (48) and (49) are functions of \(\beta\) which can be easily computed numerically. There are two control parameters: the energy \(E = 2E/b^2\) and the circulation \(\mu = \Gamma/b\) (normalized by the \(\beta\)-effect parameter \(b\) or by the amplitude of the topography). For the sake of simplicity we will denote, in the figures and in the discussion, \(E\) and \(\Gamma\) the energy and the circulation thus normalized (while \(b\) will be explicitly written in the formulae). For given \(\Gamma\), Eq. (48) determines \(\beta\) as a function of \(E\), i.e. the caloric curve \(\beta(E)\). Of course, it is easier to proceed the other way round. We first fix \(\Gamma\). Then, for each \(\beta\) we can determine \(c\) by Eq. (45) and \(E\) by Eq. (48) to obtain \(E(\beta)\). Inverting this relation we get \(\beta(E)\) for fixed \(\Gamma\).

We now consider the case \(\Gamma + \beta(\psi) = 0\) (i.e. \(\alpha = 0\)). Equation (35) then becomes
\[ -\Delta \psi + \beta \psi = -bH, \]  
(50)
and the solution is
\[ \psi = b \phi_2. \]  
(51)
Substituting this relation in Eqs. (32) and (33) and using \(\Gamma + \beta(\phi_2) = 0\), we find that the energy and the entropy are given by
\[ \frac{2E}{b^2} = -\beta \langle \phi_2^2 \rangle - \langle \phi_2 H \rangle, \]  
(52)
\[ \frac{2S}{\Gamma^2} = -\beta^2 (\langle \phi_2^2 \rangle - \langle \phi_2 \rangle^2). \]  
(53)
We can check that these equations are limit cases of the general equations (48), (49) and (39) when \(c \to +\infty\).

Indeed, the condition \(\alpha \to 0\) is equivalent to \(c \to +\infty\).

**Particular limits:** It is interesting to mention the connection with previous works. For \(c \to 0\), we recover the results of Chavanis & Sommeria [22]. This corresponds to a limit of large energies \(1/E \to 0\). We expect geometry induced phase transitions between monopoles and dipoles. On the other hand, for \(\beta \to +\infty\), we recover the results of Fofonoff [4]. This corresponds to a limit of small energies \(1/E \to +\infty\). In that case, the equilibrium state is unique and corresponds to a westward jet (in an antisymmetric domain with \(\beta\)-effect \(H = y\)).

### C. The chemical potential

The chemical potential is defined by
\[ \alpha = -\beta \langle \psi \rangle - \Gamma. \]  
(54)
If \(\beta(\psi) + \Gamma = 0\), then
\[ \alpha = 0. \]  
(55)
If \(\beta(\psi) + \Gamma \neq 0\), according to Eq. (37), we have
\[ \frac{\alpha}{b} = -\frac{1}{c}. \]  
(56)
Therefore, up to a normalization constant, the chemical potential is equal to \(-1/c\). This gives to the parameter \(c\) a clear physical meaning.

For a given value of the energy \(E\), we can obtain the chemical potential curve \(\alpha(\Gamma)\) in parametric form in the following manner. Fixing \(E\), we find from Eqs. (48) and (39) that \(c\) is related to \(\beta\) by a second degree equation
\[ \left( \frac{2E}{b^2} + \beta \langle \phi_2^2 \rangle + \langle \phi_2 H \rangle \right) c^2 + (\langle \phi_1 H \rangle - \langle \phi_2 \rangle + 2\beta \langle \phi_1 \phi_2 \rangle)c + \beta \langle \phi_2^2 \rangle - \langle \phi_1 \rangle = 0. \]  
(57)
This determines \(c = c(E, \beta)\). On the other hand, according to Eq. (45), the circulation \(\Gamma/b\) is related to \(\beta\) by
\[ \frac{\Gamma}{b} = \frac{1}{c(E, \beta)} (1 - \beta \langle \phi_1 \rangle) - \beta \langle \phi_2 \rangle. \]  
(58)
This determines \(\Gamma = \Gamma(E, \beta)\). Therefore, for given \(E\), these equations allow us to obtain \(c\) as a function of \(\Gamma/b\) in parametric form with running parameter \(\beta\). This yields the chemical potential curve \(\alpha(\Gamma)\). Then, we have to account for the particular cases where \(\beta\) is an eigenvalue \(\beta_n\) of the Laplacian (see below).

### D. A critical circulation

According to Eq. (45), we note that the expression of \(c\) (related to the chemical potential \(\alpha\)), involves the important function:
\[ F(\beta) \equiv \beta \langle \phi_1 \rangle - 1. \]  
(59)
We shall call $\beta^{(k)}$ the solutions of $F(\beta^{(k)}) = 0$ and we shall denote simply $\beta_* = \beta^{(1)}_*$ the largest solution. The function $F(\beta)$ and the inverse temperature $\beta_*$ were introduced by Chavanis & Sommeria [22]. We will see that the temperature $\beta_*$ plays an important role in the problem. For $\beta = \beta_*$, we find that $c = 0$ except if $\Gamma = \Gamma_*$ where $\Gamma_*$ is a critical circulation given by [42]:

$$\frac{\Gamma_*}{b} = -\beta_*(\phi_2)'.$$

(60)

We will have to distinguish the cases $\Gamma = \Gamma_*$ and $\Gamma \neq \Gamma_*$. 

E. The program

We shall successively consider the case of an antisymmetric and a non-symmetric topography. It will be shown that the mathematical expressions simplify greatly for an antisymmetric topography so that it is natural to treat this case first. To be specific, we will consider a rectangular domain and a topography of the form $h = by$. This corresponds to the situation studied by Fofonoff [4] in his seminal paper. It should therefore be given particular attention. Then, we will consider a non-symmetric topography of the form $h = b(y - y_0)$ in a rectangular domain. Finally, it will be shown in Secs. V and VI how the results can be generalized to an arbitrary domain and an arbitrary topography.

The inverse temperature $\beta$ is the Lagrange multiplier associated with the conservation of the energy $E$ and the chemical potential $\alpha$ is the Lagrange multiplier associated with the conservation of the circulation $\Gamma$. Thus, $\beta = (\partial S/\partial E)_1$ and $\alpha = (\partial S/\partial \Gamma)_E$. We shall first study the caloric curve $\beta(E)$ for a given value of the circulation $\Gamma$, then the chemical potential $\alpha(\Gamma)$ for a given value of the energy $E$.

IV. THE CASE OF AN ANTISYMMETRIC LINEAR TOPOGRAPHY (FOFONOFOFF CASE)

We consider a complete oceanic basin as in the study of Fofonoff [4]. The domain is rectangular with $-\sqrt{\tau}/2 \leq x \leq \sqrt{\tau}/2$ and $-1/(2\sqrt{\tau}) \leq y \leq 1/(2\sqrt{\tau})$ where $\tau = L_x/L_y$ is the aspect ratio. The topography $h = by$ (i.e. $H = y$) is linear and antisymmetric with respect to $y = 0$. This linear topography can also represent the $\beta$-effect. The eigenvalues of the Laplacian in a rectangular domain will be called $\beta_{nn}$ (see Appendix C). Assuming $\beta \neq \beta_{nn}$, it is easy to show from considerations of symmetry that $\phi_2$ is odd and $\phi_1$ is even with respect to $y$. Therefore,

$$\langle \phi_2 \rangle = \langle \phi_1 y \rangle = \langle \phi_1 \phi_2 \rangle = 0.$$

(61)

When $\Gamma + \beta(\psi) \neq 0$ ($\alpha \neq 0, c$ finite), the equations of the problem become

$$\psi = \frac{b}{c} \phi, \quad (\phi = \phi_1 + c\phi_2)$$

(62)

c = \frac{b}{c} (1 - \beta(\phi_1)),

(63)

$$\frac{2E}{b^2} = \frac{1}{c^3} \left( (\phi_1)^2 - \beta(\phi_2^2) - \langle \phi_2 y \rangle \right),$$

(64)

$$\frac{2S}{b^2} = -\frac{\beta^2}{c^4} \langle \phi_2 \rangle - \langle \phi_2 \rangle - \beta^2 \langle \phi_2^2 \rangle.$$

(65)

When $\Gamma + \beta(\psi) = 0$ ($\alpha = 0, c \to \infty$), the equations of the problem become

$$\psi = b\phi_2,$$

(66)

$$\frac{2E}{b^2} = -\beta\langle \phi_2^2 \rangle - \langle \phi_2 y \rangle,$$

(67)

$$\frac{2S}{b^2} = -\beta^2 \langle \phi_2^2 \rangle.$$  

(68)

Finally, since $\langle \phi_2 \rangle = 0$, we find that $\Gamma_* = 0$. We thus need to distinguish two cases depending on whether $\Gamma = 0$ or $\Gamma \neq 0$.

A. The caloric curve $\beta(E)$ for $\Gamma = 0$

We shall first discuss the caloric curve $\beta(E)$ for $\Gamma = \Gamma_* = 0$. Details on the construction of this curve can be found in Appendix F 1. Since the multiple solutions occur for large values of $E$, it appears more convenient to plot $\beta$ as a function of $1/E$ like in the study of Chavanis & Sommeria [22]. The corresponding curve $\beta(E)$ can be deduced easily.

For small energies, there exists only one solution of Eq. (35) and it is a global entropy maximum at fixed circulation and energy. On the other hand, for large energies, there exists an infinite number of solutions of Eq. (35), i.e. there exists an infinite number of critical points of entropy at fixed circulation and energy. In order to select the most probable structure, we need to compare their entropies. For $1/E = 0$ we have $S/E = \beta$ so we just need to compare their inverse temperature $\beta$. More generally, it can be shown that the entropy is a monotonic function of $\beta$ (for given $E$ and $\Gamma$) so, in the following, we shall select the solution with the largest $\beta$. For large energies, there is a competition between the solution with inverse temperature $\beta_*$, the solution with inverse temperature $\beta_{21}$ (where $\beta_{21}$ is the largest eigenvalue with zero average value $\langle \psi_{21} \rangle = 0$ and $\langle \psi_{21} y \rangle = 0$) and the solution with inverse temperature $\beta_{12}$ (where $\beta_{12}$ is the largest eigenvalue with zero average value $\langle \psi_{12} \rangle = 0$ and $\langle \psi_{12} y \rangle \neq 0$). In the region where the solutions are in competition, the solution with the highest entropy is the one with $\beta = \max \{ \beta_*, \beta_{21}, \beta_{12} \}$. The selection depends on the aspect ratio of the domain. In a rectangular domain elongated in the horizontal direction ($\tau > 1$), $\beta_{21} > \beta_{12}$.
In a rectangular domain elongated in the vertical direction ($\tau < 1$), $\beta_{12} > \beta_{21}$. On the other hand, as shown by Chavanis & Sommeria [22], there exists a critical aspect ratio $\tau_c = 1.12$ such that: $\max\{\beta_1, \beta_{21}, \beta_{12}\} = \beta_1$ for $1/\tau_c < \tau < \tau_c$, $\max\{\beta_1, \beta_{21}, \beta_{12}\} = \beta_{21}$ for $\tau > \tau_c$ and $\max\{\beta_1, \beta_{21}, \beta_{12}\} = \beta_{12}$ for $\tau < 1/\tau_c$. To describe the phase transitions, we must therefore consider these three cases successively.

- $1/\tau_c < \tau < \tau_c$, as in Figs. 1 and 2. For small energies there exists only one solution of Eq. (35) and it is a global entropy maximum. For $E \to 0$, leading to $\beta \to +\infty$, we recover the classical Fofonoff solution (see Fig. 3). Far from the boundaries, the Laplacian term in Eq. (35) can be neglected, which leads to $\beta \psi = \Gamma + \beta (\psi - b y)$ and $u = b/\beta$, representing a westward jet of velocity $u = b/\beta$. The eastward recirculation can be obtained from a boundary layer approximation [4]. For intermediate energies with $\beta > 0$, the flow involves two symmetric gyres: the gyre at $y > 0$ has positive PV and the gyre at $y < 0$ has negative PV. For intermediate energies and $\beta < 0$, the situation is reversed: the gyre at $y > 0$ has negative PV and the gyre at $y < 0$ has positive PV. All these solutions, forming the upper branch of the main curve, will be called Fofonoff flows [43]. They will be labeled (FP) and (FN) respectively. On the other hand, for large energies, there is a competition between several solutions of Eq. (35). When $1/\tau_c < \tau < \tau_c$, the maximum entropy state is the solution with $\beta = \beta_1$. The solution with $\beta = \beta_2$ and $1/E = 0$ is a pure monopole as in the study of Chavanis & Sommeria [22]. It can rotate in either direction since the dipole (DP) with positive PV on the left and the dipole (DN) with negative PV on the left have the same entropy. For $\beta = \beta_2$ and $1/E > 0$ the monopole is mixed with a Fofonoff flow. It will be called mixed monopole/Fofonoff flow. For a fixed value of $E$, there exists two different solutions depending on the sign of $c$ (see Fig. 4). The caloric curve $\beta(E)$ displays a second order phase transition marked by the discontinuity of $\partial \beta / \partial E$ at $E = E_0(\tau)$. In conclusion, for $1/E > 1/E_0(\tau)$ we have Fofonoff flows (with $\alpha(E) = 0$), for $0 < 1/E < 1/E_0(\tau)$ we have mixed monopole/Fofonoff flows (with $\pm \alpha(E) \neq 0$) and for $1/E = 0$ we have a pure monopole (with $\alpha(E) \to \pm \infty$).

FIG. 1: Relationship between $\beta$ and $1/E$ in a square domain $[-0.5, 0.5] \times [-0.5, 0.5]$ for $\Gamma = 0$ ($1/\tau_c < \tau = 1 < \tau_c$). The potential vorticity $q$ is shown for several values of $\beta$. For small energies we get Fofonoff flows. For large energies and $1/\tau_c < \tau < \tau_c$, the maximum entropy state is the monopole. There exists a second order phase transition between Fofonoff flows and monopoles (see zoom in Fig. 2). Note that this second order phase transition exists only for $\Gamma = 0$.

- $\tau > \tau_c = 1.12$ (horizontally elongated domains), as in Fig 5. For small and moderate energies, the situation is similar to that described previously (Fofonoff flows). On the other hand, for large energies, the situation is different. When $\tau > \tau_c$, the maximum entropy state is the solution with $\beta = \beta_{21}$. The solution with $\beta = \beta_{21}$ and $1/E = 0$ is a pure horizontal dipole as in the study of Chavanis & Sommeria [22]. It can rotate in either direction since the dipole (DP) with positive PV on the left and the dipole (DN) with negative PV on the left have the same entropy. For $\beta = \beta_{21}$ and $1/E > 0$ the dipole is mixed with a Fofonoff flow. It will be called mixed horizontal dipole/Fofonoff flow. The caloric curve $\beta(E)$ displays a second order phase transition marked by the discontinuity of $\partial \beta / \partial E$ at $E = E_{21}(\Gamma = 0, \tau)$. In conclusion, for $1/E > 1/E_{21}(\Gamma = 0, \tau)$ we have Fofonoff flows.

FIG. 2: Zoom of Fig. 1 in the region of second order phase transition.

FIG. 3: Potential vorticity $q$ in a square domain $[-0.5, 0.5] \times [-0.5, 0.5]$ for $\Gamma = 0$ and $\beta = 10^4$. This corresponds to the so-called Fofonoff flow.
with $\alpha(E) = 0$, for $0 < 1/E < 1/E_21(\Gamma = 0, \tau)$ we have mixed horizontal dipole/Fofonoff flows (with $\alpha(E) = 0$ and $\pm \chi(E)$) and for $1/E = 0$ we have a pure horizontal dipole (with $\alpha(E) = 0$ and $\chi \to \pm \infty$).

For large energies and $\tau > \tau_c$, the maximum entropy state is the horizontal dipole. There exists a second order phase transition between Fofonoff flows and horizontal dipoles.

- $\tau \leq 1/\tau_c = 0.893$ (vertically elongated domains), as in Fig. 6. For $1/E > 0$ we recover Fofonoff flows as discussed previously. On the other hand, for $1/E = 0$, when $\tau \leq 1/\tau_c$, the maximum entropy state is the pure vertical dipole with $\beta = \beta_{12}$. In that case, there is no phase transition: the Fofonoff flows continuously form a vertical dipole for $1/E = 0$. This can be explained by the fact that the vertical dipole does not break the symmetry of Fofonoff flows contrary to the monopoles and the horizontal dipoles in the previous cases. In conclusion, for $1/E > 0$ we have Fofonoff flows (with $\alpha(E) = 0$) and for $1/E \to 0$ we have a pure vertical dipole (with $\alpha(E) = 0$).

In Fig. 7, we plot the phase diagram in the $(\tau, E)$ plane for $\Gamma = 0$. Concerning the curve $\beta(E)$ at $\Gamma = 0$, there is a second order phase transition between Fofonoff flows and horizontal dipoles for $\tau > \tau_c$, a second order phase transition between Fofonoff flows and monopoles for $1/\tau_c < \tau < \tau_c$, and no phase transitions for $\tau < 1/\tau_c$ (the passage from Fofonoff flows to vertical dipoles is regular).

### B. The caloric curve $\beta(E)$ for $\Gamma \neq 0$

We describe here the caloric curve $\beta(E)$ for $\Gamma \neq 0$. Details on the construction of this curve can be found in Appendix F 2. Three cases must be considered.

- $1/\tau_c < \tau < \tau_c$, as in Figs. 8, 9 and 10. For $1/E > 0$, the maximum entropy state is an asymmetric Fofonoff flow and for $1/E = 0$, the maximum entropy state is the monopole $\beta_*$. Since there is no plateau, the caloric curve $\beta(E)$ does not display any phase transition: for $\Gamma \neq 0$, $\beta(E)$ and $\beta_E(E)$ are continuous. This is different from the case $\Gamma = 0$. In conclusion, for $1/E > 0$ we have asymmetric Fofonoff flows (with $\alpha(E) \neq 0$) and for $1/E = 0$ we have a pure monopole (with $\alpha(E) = \infty$) rotating in either direction. Interestingly, when $\Gamma \to 0$ (see Fig. 10), the main curve is more and more “pinched” near the point $(1/E = 0, \beta = \beta_*)$. This is consistent with the formation of a plateau (second order phase transition) when $\Gamma = 0$.

- $\tau > \tau_c$ (horizontally elongated domains), as in Figs. 11 and 12. For small energies, the maximum entropy state is an asymmetric Fofonoff flow. For $1/E = 0$, the maximum entropy state is the horizontal dipole $\beta_{21}$.  

![FIG. 4: Potential vorticity $q$ in a square domain $[-0.5, 0.5] \times [-0.5, 0.5]$ for $\Gamma = 0$, $\beta = \beta^{(1)}_c$ and (a) $c = 0.5$, (b) $c = -0.5$, (c) $c = 1$ and (d) $c = -1$. Increasing values from blue to red.](image1)

![FIG. 5: Relationship between $\beta$ and $1/E$ in a rectangular domain $[-\sqrt{2}, \sqrt{2}] \times [-1/(2\sqrt{2}), 1/(2\sqrt{2})]$ of aspect ratio $\tau = 2 > \tau_c$ for $\Gamma = 0$. For small energies we get Fofonoff flows. For large energies and $\tau > \tau_c$, the maximum entropy state is the horizontal dipole. There exists a second order phase transition between Fofonoff flows and horizontal dipoles.](image2)

![FIG. 6: Relationship between $\beta$ and $1/E$ in a rectangular domain $[-1/(2\sqrt{2}), 1/(2\sqrt{2})] \times [-1/\sqrt{2}, 1/\sqrt{2}]$ of aspect ratio $\tau > \tau_c$ for $\Gamma = 0$. For $1/E > 0$ we get Fofonoff flows.](image3)
FIG. 7: Phase diagram for an antisymmetric topography in the \((\tau, E)\) plane when \(\Gamma = 0\). Second order phase transitions arise, from monopoles to Fofonoff flows on the curve \(E = E_\tau(\tau)\), and from horizontal dipoles to Fofonoff flows on the curve \(E = E_{21}(\tau)\). For \(1/E = 0\), the monopoles and the dipoles can rotate in either direction (the solution is degenerate). The line \(E_0(\tau)\), corresponding to \(\beta = 0\), is not plotted because it occurs for too high values of \(1/E\). This line separates the Fofonoff flows (FP) for \(\beta > 0\) to the Fofonoff flows (FN) for \(\beta < 0\).

FIG. 8: Relationship between \(\beta\) and \(1/E\) in a square domain \([-0.5, 0.5] \times [-0.5, 0.5]\) with \(\Gamma = 1\). For \(1/E > 0\), we get asymmetric Fofonoff flows. For \(1/E = 0\) and \(1/\tau_c < \tau < \tau_c\), the maximum entropy state is the monopole. Note that there is no plateau at \(\beta = \beta_*\) contrary to the case \(\Gamma = 0\). Thus, for \(\Gamma \neq 0\), there is no phase transition.

For intermediate energies, the maximum entropy state is a mixed horizontal dipole/asymmetric Fofonoff solution. These solutions form a plateau \(\beta = \beta_{21}\). In that case, the caloric curve \(\beta(E)\) displays a second order phase transition marked by the discontinuity of \(\partial_\beta E_2(E)\) at \(E = E_{21}(\Gamma, \tau)\). In conclusion, for \(1/E > 1/E_{21}(\Gamma, \tau)\) we have asymmetric Fofonoff flows (with \(\alpha(E) \neq 0\)), for \(0 < 1/E < 1/E_{21}(\Gamma, \tau)\) we have mixed horizontal dipoles/asymmetric Fofonoff flows (with \(\alpha(E) \neq 0\) and \(\pm \chi(E)\)) and for \(1/E = 0\) we have a pure horizontal dipole (with \(\alpha(E) \neq 0\) and \(\chi \to +\infty\)) rotating in either direction.

• \(\tau < 1/\tau_c\) (vertically elongated domains), as in Figs. 13 and 14. For \(1/E > 0\), the maximum entropy state is an asymmetric Fofonoff flow and for \(1/E = 0\), the maximum entropy state is the vertical dipole \(\beta_{12}\). Since there is no plateau, there is no phase transition in that case. In conclusion, for \(1/E > 0\) we have asymmetric Fofonoff flows (with \(\alpha(E) \neq 0\)) and for \(1/E = 0\) we have a vertical dipole (with \(\alpha(E) \neq 0\)).

In Fig. 15, we plot the phase diagram in the \((\tau, E)\) plane for different values of \(\Gamma \neq 0\). Concerning the curve \(\beta(E)\) at fixed \(\Gamma \neq 0\), there is a second order phase transition between Fofonoff flows and horizontal dipoles for \(\tau > \tau_c\) and no phase transitions for \(\tau < \tau_c\) (the passage from Fofonoff flows to monopoles and vertical dipoles is regular).
FIG. 11: Relationship between $\beta$ and $1/E$ in a rectangular domain $[-1/\sqrt{2}, 1/\sqrt{2}] \times [-1/(2\sqrt{2}), 1/(2\sqrt{2})]$ of aspect ratio $\tau = 2 > \tau_c$ with $\Gamma = 1$. For small energies, we get asymmetric Fofonoff flows. For large energies and $\tau > \tau_c$, the maximum entropy state is the horizontal dipole. There exists a second order phase transition between Fofonoff flows and horizontal dipoles.

In that case, it is very easy to obtain the chemical potential curve $\alpha(\Gamma)$ for fixed $E$, parameterized by $\beta$. This curve is antisymmetric with respect to $\Gamma \rightarrow -\Gamma$. As in Secs. IV A and IV B, three cases must be considered.

- $1/\tau_c < \tau < \tau_c$, as in Figs. 16 and 17. For $\Gamma = 0$ and $1/E < 1/E_*(\tau)$, we are on the plateau $\beta = \beta_e$ of mixed monopoles/Fofonoff flows. There exists two solutions for each energy that have two symmetric values of the chemical potential $\pm \alpha(E) \neq 0$ (see Fig. 4). Their values are given by Eqs. (56) and (57) replacing $\beta$ by $\beta_e$. At the end of the plateau, for $1/E = 1/E_*(\tau)$, we get $\pm \alpha = 0$. For $\Gamma = 0$ and $1/E > 1/E_*(\tau)$, we are on the main branch and the chemical potential is equal to $\alpha(E) = 0$ for each energy. For $\Gamma \neq 0$ there is a unique solution $\alpha(E)$ for each energy. In conclusion, for $1/E < 1/E_*(\tau)$, the chemical potential curve displays a first order phase transition at $\Gamma = 0$ marked by the discontinuity of $\alpha(\Gamma)$.

C. The chemical potential curve $\alpha(\Gamma)$ for fixed $E$

In the previous sections, we have studied the caloric curve $\beta(E)$ for a fixed circulation $\Gamma$. We shall now study the chemical potential curve $\alpha(\Gamma)$ for a fixed energy $E$. The general equations determining the chemical potential are given by Eqs. (57) and (58). For an antisymmetric topography, using Eq. (61), the term in factor of $c$ in Eq. (57) vanishes and the foregoing equations reduce to

\[
\frac{\alpha^2}{b^2} = \frac{1}{c^2} = \frac{2E \beta \langle \phi_2^2 \rangle + \langle \phi_2 y \rangle}{\langle \phi_1 \rangle - \beta \langle \phi_1^2 \rangle},
\]

(69)

and

\[
\Gamma = \frac{1}{c(E, \beta)} (1 - \beta \langle \phi_1 \rangle).
\]

(70)
behavior in systems with long range interactions was evidenced by Venaille & Bouchet [23, 24] for Euler and geophysical systems. The possible existence of these phase transitions appears simultaneously from nothing (see Fig. 18 and 19). The possible existence of these behaviors in systems with long range interactions was predicted by Bouchet & Barré [37]. It was evidenced by Venaille & Bouchet [23, 24] for Euler and geophysical systems.

This corresponds to the transition from the monopole (MP) for $\Gamma = 0^+$ to the monopole (MN) for $\Gamma = 0^-$. For $1/E > 1/E_*(\tau)$, the curve $\alpha(\Gamma)$ is continuous and differentiable so there is no phase transition.

**FIG. 15:** Phase diagram for an antisymmetric topography in the $(\tau, E)$ plane for different values of $\Gamma \neq 0$. Second order phase transitions arise, from horizontal dipoles to Fofonoff flows, on the curve $E = E_{21}(\Gamma, \tau)$. For $1/E = 0$, the monopoles and the dipoles can rotate in either direction (the solution is degenerate). The line $E_0(\tau)$, corresponding to $\beta = 0$, is not plotted because it occurs for too high values of $1/E$. This line separates the Fofonoff flows (FP) for $\beta > 0$ to the Fofonoff flows (FN) for $\beta < 0$.

**FIG. 16:** Chemical potential as a function of the circulation in a square domain ($1/\tau_c < \tau < 1/\tau_e$). For $1/E < 1/E_*(\tau)$, there is a first order phase transition between positive and negative monopoles (here $1/E = 2$ and $1/E_*(\tau) = 1 \approx 4.56$).

- $\tau > \tau_c$, as in Figs. 18 and 19. For any $\Gamma$ and $1/E \leq 1/E_{21}(\Gamma, \tau)$, we are on the plateau $\beta = \beta_{21}$ of mixed horizontal dipole/Fofonoff flows. There exists two solutions for each energy (with $\pm \chi(E)$), but they have the same value of chemical potential $\alpha(E)$. For $1/E > 1/E_{21}(\Gamma, \tau)$, we are on the main branch and the chemical potential takes a unique value $\alpha(E)$, corresponding to a unique solution, for each energy. For $\Gamma = 0$, we always have $\alpha(E) = 0$. Since $E_{21}(\Gamma, \tau)$ is a parabola of the form $E_{21}(\Gamma, \tau) = a(\tau)\Gamma^2 + c(\tau)$ with $a \geq 0$, its minimum value is $E_{21}^{\min}(\tau) = E_{21}(\Gamma = 0, \tau)$ obtained for $\Gamma = 0$. Let us now assume $1/E < 1/E_{21}^{\min}(\tau)$. Then, as long as $|\Gamma| < \Gamma_{21}(E)$ (so that $1/E < 1/E_{21}(\Gamma)$), we are on the plateau $\beta = \beta_{21}$ and the chemical potential $\alpha(\Gamma)$ is a linear function of the circulation given by Eqs. (56) and (58) where $\beta$ is replaced by $\beta_{21}$. For $|\Gamma| > \Gamma_{21}(E)$, we are on the main branch and $\alpha(\Gamma)$ is given by Eqs. (56), (57) and (58).

**FIG. 17:** Chemical potential as a function of the circulation in a square domain ($1/\tau_c < \tau < 1/\tau_e$). For $1/E > 1/E_*(\tau)$, there is no phase transition (here $1/E = 8$ and $1/E_*(\tau) = 1 \approx 4.56$).

In conclusion, there is no phase transition.

- $\tau < 1/\tau_c$, as in Fig. 20. For any $\Gamma$, we are on the main branch and the chemical potential takes a unique value $\alpha(E)$ for each energy. For $\Gamma = 0$, we always have $\alpha(E) = 0$. Furthermore the curve $\alpha(\Gamma)$ is continuous and differentiable. In conclusion, there is no phase transition.

It is interesting to mention the existence of particular points in the phase diagram. (i) For $1/\tau_c < \tau < \tau_e$, $E = E_*(\tau)$ is a critical point at which a first order phase transition appears (see Figs. 16 and 17). (ii) For energies such that $1/E < 1/E_{21}(\Gamma = 0, \tau_e) = 1/E_*(\tau_e)$, $(\tau = \tau_e, \Gamma = 0)$ is a bicritical point: for fixed energy, the system exhibits a bifurcation from a first order phase transition (see Fig. 16) to two second order phase transitions (see Fig. 18) when increasing the aspect ratio of the domain. (iii) For $\tau > \tau_e$, a second order azeotropy arises at $E = E_{21}(\Gamma = 0, \tau)$, where two second order phase transitions appear simultaneously from nothing (see Fig. 18 and 19). The possible existence of these behaviors in systems with long range interactions was predicted by Bouchet & Barré [37]. It was evidenced by Venaille & Bouchet [23, 24] for Euler and geophysical systems.
V. THE CASE OF A NON-SYMMETRIC LINEAR TOPOGRAPHY

In the previous section, we have considered the case of a linear topography \( h = by \) that is antisymmetric with respect to the middle axis \( y = 0 \) of a rectangular domain (these results remain valid for more general antisymmetric topographies of the form \( h = bH(y) \)). We now consider the case of a linear topography \( h = b(y - y_0) \), i.e. \( H = y - y_0 \), with \( y_0 \neq 0 \) that is non-symmetric (the following results remain valid for more general non-symmetric topographies of the form \( h = bH(y) \)). We shall see that the details of calculations are a bit different while the structure of the main curves remains finally unchanged.

For a non-symmetric topography, there is no particular simplification of the equations of the problem. Therefore, we must use the general equations of Sec. III B. It has been shown in Sec. III B that there exists a critical circulation \( \Gamma^* \). This critical circulation depends on the aspect ratio \( \tau \) of the domain [44] and on the form of the topography. We shall consider successively the cases \( \Gamma \neq \Gamma^*(\tau) \) and \( \Gamma = \Gamma^*(\tau) \).

A. The caloric curve \( \beta(E) \) for \( \Gamma \neq \Gamma^* \)

The series of equilibria for a non-symmetric topography when \( \Gamma \neq \Gamma^* \) are similar to the ones obtained in Sec. IVB for an antisymmetric topography when \( \Gamma \neq 0 \) (recall that \( \Gamma^*_s = 0 \) in an antisymmetric domain). Details on their construction are given in Appendix F 3.

- 1st case: \( 1/\tau_c < \tau < \tau_c \). For \( 1/E > 0 \) we have asymmetric Fofonoff flows (with \( \alpha(E) \neq 0 \)) and for \( 1/E = 0 \) we have a pure monopole (with \( \alpha(E) = \infty \)). The caloric curve \( \beta(E) \) does not display any phase transition.

- 2nd case: \( \tau > \tau_c \). For \( 1/E > 1/E_{21}(\Gamma, \tau) \) we have asymmetric Fofonoff flows (with \( \alpha(E) \neq 0 \)), for \( 0 < 1/E < 1/E_{21}(\Gamma, \tau) \) we have mixed horizontal dipoles/Fofonoff flows (with \( \alpha(E) \neq 0 \) and \( \chi_{1,2}(E) \)) and for \( 1/E = 0 \) we have a pure horizontal dipole (with \( \alpha(E) \neq 0 \) and \( \chi \rightarrow +\infty \)). The caloric curve \( \beta(E) \) displays a second order phase transition at the energy \( E_{21}(\Gamma, \tau) \).

- 3rd case: \( \tau < 1/\tau_c \). For \( 1/E > 0 \), we have asym-

FIG. 18: Chemical potential as a function of the circulation in a rectangular domain of aspect ratio \( \tau = 2 > \tau_c \). For \( 1/E < 1/E_{21}^{\text{min}}(\tau) \), there are two second order phase transitions between horizontal dipoles and Fofonoff flows (here \( 1/E = 500 \) and \( 1/E_{21}^{\text{min}}(\tau = 2) \approx 1045 \)).

FIG. 19: Chemical potential as a function of the circulation in a rectangular domain of aspect ratio \( \tau = 2 > \tau_c \). For \( 1/E > 1/E_{21}^{\text{min}}(\tau) \), there is no phase transition (here \( 1/E = 2000 \) and \( 1/E_{21}^{\text{min}}(\tau = 2) \approx 1045 \)).

FIG. 20: Chemical potential as a function of the circulation in a rectangular domain of aspect ratio \( \tau = 1/2 < 1/\tau_c \). There is no phase transition (here \( 1/E = 50 \)).
metric Fofonoff flows (with $\alpha(E) \neq 0$) and for $1/E = 0$ we have a vertical dipole (with $\alpha(E) \neq 0$). There is no phase transition.

**B. The caloric curve $\beta(E)$ for $\Gamma = \Gamma_*$**

The series of equilibria in a non-symmetric domain when $\Gamma = \Gamma_*$ are similar to the ones obtained in Sec. IV A for an antisymmetric domain when $\Gamma = 0$ (recall that $\Gamma_* = 0$ in an antisymmetric domain). Details on their construction are given in Appendix F 4. They can also be understood from the curves $\Gamma \neq \Gamma_*$ of Sec. VA by considering the limit $\Gamma \to \Gamma_*$. When $\Gamma \to \Gamma_*$, the main curve is more and more “pinched” near the point $(1/E = 0, \beta = \beta_*)$ and for $\Gamma = \Gamma_*$ a plateau appears at temperature $\beta = \beta_*$ between $1/E = 0$ and $1/E = 1/E_*(\tau)$.

- If $1/\tau_c < \tau < \tau_c$: for $1/E > 1/E_*(\tau)$ we have Fofonoff flows (with $\alpha(E) \neq 0$), for $0 < 1/E < 1/E_*(\tau)$ we have mixed monopoles/Fofonoff flows (with $\alpha_{1,2}(E) \neq 0$) and for $1/E = 0$ we have a pure monopole (with $\alpha_{1,2}(E) \to \pm \infty$). The caloric curve $\beta(E)$ displays a second order phase transition at the energy $E_*(\tau)$.
- If $\tau > \tau_c$: for $1/E > 1/E_{21}(\Gamma_*, \tau)$ we have Fofonoff flows (with $\alpha(E) \neq 0$), for $0 < 1/E < 1/E_{21}(\Gamma_*, \tau)$ we have mixed horizontal dipoles/Fofonoff flows (with $\alpha(E) \neq 0$ and $\chi_{1,2}(E)$) and for $1/E = 0$ we have a pure horizontal dipole (with $\alpha(E) \neq 0$ and $\chi \to +\infty$). The caloric curve $\beta(E)$ displays a second order phase transition at the energy $E_{21}(\Gamma_*, \tau)$.
- If $\tau < 1/\tau_c$: for $1/E > 0$ we have Fofonoff flows (with $\alpha(E) \neq 0$) and for $1/E = 0$ we have a vertical dipole (with $\alpha(E) \neq 0$). There is no phase transition.

**C. The chemical potential curve $\alpha(\Gamma)$ for fixed $E$**

In a non-symmetric domain, the results are similar to those obtained in Sec. IV C even if the general equations are a little more complicated and the curve $\alpha(\Gamma)$ is non-symmetric.

- If $1/\tau_c < \tau < \tau_c$: for $1/E < 1/E_{21}(\Gamma_*, \tau)$, there is a first order phase transition at $\Gamma = \Gamma_*$ marked by the discontinuity of $\alpha(\Gamma)$; for $1/E > 1/E_{21}(\Gamma_*, \tau)$ the curve $\alpha(\Gamma)$ is continuous and differentiable so there is no phase transition.
- If $\tau > \tau_c$: for $1/E < 1/E_{21}^{\text{min}}(\tau)$, there are two second order phase transitions at $\Gamma = \Gamma_{21}(E)$ and $\Gamma = \Gamma_{21}^a(E)$ marked by the discontinuity of $\partial^2 \chi_{1,2}(\Gamma)$. If $1/E > 1/E_{21}^{\text{min}}(\tau)$, there is no phase transition.
- If $\tau < 1/\tau_c$: there is no phase transition.

In conclusion: (i) for $1/\tau_c < \tau < \tau_c$, $E_*(\tau)$ is a critical point; (ii) $(\tau = \tau_c, \Gamma = \Gamma_c(\tau_c))$ is a birectical point; (iii) a second order azeotropy arises for $\tau > \tau_c$ at $E = E_{21}^{\text{min}}(\tau)$.

**VI. SUMMARY AND GENERALIZATIONS**

We shall now generalize the previous results to the case of an arbitrary domain and an arbitrary topography $h(x, y) = bH(x, y)$. Some illustrations of phase transitions in geophysical flows with different topographies are given in [25]. We here develop the theory needed to interpret them.

In the series of equilibria containing all the critical points of entropy at fixed circulation and energy, we must distinguish:

- The main curve $\beta(E)$: each point of this curve corresponds to a unique solution with a unique value of the chemical potential $\alpha$. For $1/E \to +\infty$ (small energies), leading to $\beta \to +\infty$, we obtain Fofonoff flows with an arbitrary topography. Far from the boundaries, we can neglect the Laplacian term in Eq. (35) leading to a stream function $\psi = \Gamma + \beta\langle \psi \rangle - bH$ and a velocity field $u = \frac{b}{\tau}z \times \nabla H$. The recirculation at the boundary can be obtained from a boundary layer approximation.

- The inverse temperature $\beta = \beta_*$: for $\Gamma \neq \Gamma_*$, there is only one solution with $\beta = \beta_*$ that exists at $1/E = 0$. This is a limit point of the main curve. For $\Gamma = \Gamma_*$, the solutions with $\beta = \beta_*$ form at plateau going from $1/E = 0$ to $1/E_*$. On this plateau, each value of the energy $1/E$ determines two solutions with the same temperature $\beta_*$ but with different chemical potentials $\alpha_1(E)$ and $\alpha_2(E)$.

- The inverse temperature $\beta = \beta_a^0$ (largest eigenvalue with $\langle \psi^0_a \rangle \neq 0$): this is a particular point of the main curve that corresponds to $1/E^0_a(\Gamma)$ where $E^0_a(\Gamma)$ is a parabola. This point marks the domain of inequivalence between the grand canonical ensemble on the one hand and the canonical and microcanonical ensembles on the other hand (see [23, 24] and Sec. VI C).

- The inverse temperature $\beta = \beta_{1a}$ (largest eigenvalue with $\langle \psi_{1a} \rangle = 0$ and $\langle H\psi_{1a} \rangle = 0$; eigenmode with zero mean orthogonal to the topography): these solutions form a plateau going from $1/E = 0$ to $1/E_{1a}^0(\Gamma)$ where $E_{1a}^0(\Gamma)$ is a parabola. On this plateau, each value of the energy $1/E$ determines two solutions with the same temperature $\beta_{1a}$, the same chemical potential $\alpha(E)$ but with different mixing coefficients $\chi_1(E)$ and $\chi_2(E)$.

- The inverse temperature $\beta = \beta_{1b}$ (largest eigenvalue with $\langle \psi_{1b} \rangle = 0$ and $\langle H\psi_{1b} \rangle \neq 0$; eigenmode with zero mean non orthogonal to the topography): it exists only at $1/E = 0$. This is a limit point of the main curve.

The series of equilibria showing these different solutions is represented schematically in Fig. 21 for $\Gamma = \Gamma_*$ and in Fig. 22 for $\Gamma \neq \Gamma_*$. In the domain of competition, where there exists several solutions for the same energy, we must select the solution with the largest $\beta$, which is the maximum entropy state. Thus, in this range, $\beta = \max\{\beta_*, \beta_{1a}^0, \beta_{1b}^0\}$. Note that the value of $\max\{\beta_*, \beta_{1a}^0, \beta_{1b}^0\}$ only depends on the geometry of the domain and on the form of the topography.
A. The caloric curve $\beta(E)$

Let us first describe the caloric curve $\beta(E)$ for a given value of $E$. We need to distinguish three cases:

1. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_*$: (i) If $\Gamma = \Gamma_*$, we have a second order phase transition since $\frac{\partial \beta}{\partial E}(E)$ is discontinuous at $1/E = 1/E_*$, (ii) If $\Gamma \neq \Gamma_*$, there is no phase transition.

2. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_{1a}'$: we have a second order phase transition since $\frac{\partial \beta}{\partial E}(E)$ is discontinuous at $E_{1a}'(\Gamma)$. This is because $\psi_{1a}'$ is orthogonal to the topography leading to a symmetry breaking. However, this situation is not generic (see the remark at the end of VI B).

3. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_{1b}'$: there is no phase transition. This is because $\psi_{1b}'$ is not orthogonal to the topography, so that there is no symmetry breaking.

B. The chemical potential curve $\alpha(\Gamma)$

Let us now describe the chemical potential curve $\alpha(\Gamma)$ for a given value of $E$. We need to distinguish three cases:

1. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_*$: if $1/E < 1/E_*$, there is a first order phase transition at $\Gamma = \Gamma_*$, since $\alpha(\Gamma)$ is discontinuous at $\Gamma = \Gamma_*$. For $1/E > 1/E_*$, there is no phase transition.

2. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_{1a}'$: if $1/E < 1/(E_{1a}'(\Gamma))$, there are two second order phase transitions at $\Gamma = \Gamma_{1a}'(\Gamma)$ and $\Gamma = \Gamma_{21}(E)$. For $1/E > 1/(E_{1a}'(\Gamma))$, there is no phase transition.

3. If $\max\{\beta_*, \beta_{1a}', \beta_{1b}'\} = \beta_{1b}'$: there is no phase transition.

All these results are fully consistent with those obtained by Venaille & Bouchet [23, 24] using a different theoretical treatment.

Remark: in general, the topography (e.g. in the oceans) is very complex and is generically not orthogonal to an eigenmode of the Laplacian, so that $\psi_{1a}'$ does not exist (note also that zero mean eigenmodes $\psi_0'$ exist only if the domain has specific symmetries which is generally not the case in the oceans). In addition, in generic situations, $\Gamma \neq \Gamma_*$. Therefore, in typical caloric curves $\beta(E)$, there are no plateaus at $\beta_*$ and $\beta_{1a}'$ (see, e.g., [25]). Consequently, the interesting phase transitions (second order, bicritical points, azeotropy,...) described in [23, 24] and in this paper do not generically exist in geophysical flows (with complex topographies). One notorious exception of physical interest is the case of a rectangular basin with a linear topography (treated explicitly in Secs. IV and V) corresponding to the $\beta$-effect, or the case of topographies of the form $h = b \mathcal{H}(x)$ or $h = b \mathcal{H}(y)$. However, for more complex topographies there is no phase transition in the strict sense. Nevertheless, there always exists at least a “smooth” transition from a monopole to a dipole when we stretch the domain (at fixed high energy), and a “smooth” transition from a monopole to a dipole to a Fofonoff flow when we lower the energy (at fixed domain shape). On the other hand, $(\Gamma = \Gamma_*, \tau = \tau_*)$ is always at least a critical point at which a first order phase transition appears (for sufficiently high energies).

C. Thermodynamical stability

In the previous sections, when several solutions were in competition for the same values of $E$ and $\Gamma$, we have compared their entropies to select the maximum entropy state. It turns out that the maximum entropy state is the solution with the highest inverse temperature $\beta$. Therefore, if we consider fully stable states (global entropy maxima at fixed energy and circulation), the strict caloric curve corresponds to $\beta \geq \max\{\beta_*, \beta_{1a}', \beta_{1b}'\}$. We can also study the thermodynamical stability of the solutions by determining whether they are (local) entropy maxima or saddle points of entropy. Complementary stability results have been obtained by Chavanis & Somme-
ria \[22\], Venaille & Bouchet \[23, 24\] and Naso et al. \[21\]. We shall briefly recall their results and refer to the corresponding papers for more details.

Chavanis & Sommeria \[22\] and Naso et al. \[21\] have obtained sufficient conditions of microcanonical instability by considering the effect of “dangerous” perturbations on the equilibrium states. Using their methods, it can be shown that the solutions with $\beta < \beta'_1$ are unstable in the microcanonical ensemble. On the other hand, when $\beta'_1 < \beta$, it can be shown that the solution $\psi_1$ corresponding to $\beta = \beta'_1$ and $1/E = 0$ is unstable in the microcanonical ensemble. By continuity, all the plateau $\beta = \beta'_1$ should be unstable (since the two extremities of this plateau are unstable).

Venaille & Bouchet \[23, 24\] have shown that the solutions with $\beta \geq \text{max}\{\beta_s, \beta'_{1a}, \beta'_{1b}\}$ are stable in the canonical ensemble (hence in the microcanonical ensemble) while the other solutions are unstable in the canonical ensemble. However, as discussed by Chavanis & Sommeria \[22\] and Naso et al. \[21\], some of these solutions can be metastable (local entropy maxima) in the microcanonical ensemble.

For $\beta > \beta''_1$, the solutions are stable in the grand canonical ensemble (hence in the canonical and microcanonical ensembles) \[23, 24\]. This is related to the Arnold theorem (see, e.g., \[26\]). For $\text{max}\{\beta_s, \beta''_{1a}, \beta''_{1b}\} < \beta < \beta''_1$, the solutions are stable in the canonical (hence microcanonical) ensemble but not in the grand microcanonical ensemble. This corresponds to a situation of ensemble inequivalence \[23, 24\].

VII. NUMERICAL SIMULATIONS

We shall now perform numerical simulations to illustrate the phase transitions described in the previous sections. To that purpose, we use the relaxation equations of Sec. II C that can serve as numerical algorithms to compute maximum entropy states with relevant constraints. We shall first integrate numerically Eq. (20), with the constraints (21,22), in an antisymmetric square domain with a linear topography and two different initial conditions such that $\Gamma = 0$. We use as boundary conditions:

$$\psi|_{\partial D} = 0,$$  \hspace{1cm} (71)

$$q|_{\partial D} = -\alpha(t),$$  \hspace{1cm} (72)

where $\partial D$ is the domain boundary. The first condition enforces free-slip on the boundary, while the second one is necessary for consistency of the steady state, characterized by Eq. (29).

We first integrate the relaxation equations with an initial condition, $q(x, y, t = 0)$, written as the sum of sine functions with random amplitudes and wave numbers ranging from 1 to 9 (see Fig. 23(a)). With such a field, $\Gamma = 0$ and the energy is rather low: $1/E \approx 1050$. The coefficient $D$ is set to 0.3. The resulting density of potential vorticity at different times is plotted in Fig. 23.

As expected with such a low value of the energy (see Fig. 1), the relaxation equation converges to a Fofonoff state. The inverse temperature $\beta$ and the enstrophy are plotted as a function of time in Fig. 24. As expected, $\Gamma$ monotonically decreases in time (equivalently, the entropy increases). On the other hand, the inverse temperature monotonically increases during the simulation. Both quantities remain constant once the steady state (Fofonoff flow, maximum of entropy) has been reached.

These results can be compared with those of Wang & Vallis \[9\]. In this study, the authors integrate the quasi-geostrophic equation with linear topography in an antisymmetric square domain, with initial conditions (random eddies) and boundary conditions (free-slip) similar to ours. After about 10 eddy turnover times, the time averaged flow converges to a state close to the Fofonoff solution. Comparing our Fig. 23 with Fig. 4 of \[9\], it is clear that the dynamical behavior of the coarse-grained potential vorticity $q$ solution of the relaxation equation is reminiscent of that of the time averaged $q$ solution of the quasigeostrophic equation. In both cases, the eddies are first pushed to the western boundary, then two gyres form. These structures grow and fill out the northern and southern parts of the domain. Therefore, even if the relaxation equations are not supposed to provide a realistic parametrization of 2D turbulence, they may however give an idea of the true evolution of the flow towards statistical equilibrium. It is worth noticing that, with the relaxation equations, the steady state has been reached after about 8000 time steps, while it took more than several ten thousands time steps for the quasigeostrophic equation to reach the statistically steady state. Indeed, by construction, the relaxation equations “push” the system in the direction of the statistical equilibrium state.

We then impose an initial condition of high energy, $1/E \approx 1.3.10^{-5}$ (see Fig. 25(a)) and integrate numeri-
FIG. 24: Time evolutions of the inverse temperature $\beta$ and of the enstrophy $\Gamma_2$, for $\Gamma = 0$ and $1/E \simeq 1050$ (low energy) in a square domain, corresponding to Fig. 23.

cally Eq. (20), with the constraints (21,22). Since we are only interested in the final state, and not in the way the system converges towards it, we do not implement the advection term. The coefficient $D$ is set to 1. The $q$ density is plotted at different times in Fig. 25, and the time evolutions of the inverse temperature and of the enstrophy are shown in Fig. 26. We find that the system first relaxes spontaneously towards a horizontal dipole (see Fig. 25(b) and first plateaus of Fig. 26). In the absence of external perturbation, the system remains in this state for a long time, even if it is predicted to be unstable (see Fig. 2). It can be noticed that the value of the inverse temperature is slightly smaller than $\beta_{12}$, confirming that the system is on the lower branch of Fig. 2. As already shown in the case of the 2D Euler equations [21], we illustrate here that saddle points can be very long-lived. Inspired by the stability analysis performed in [21], we add to the system, at $t = 10$, a perturbation of the form $\delta q = 1 - \beta \phi_{1,*}$, where $\phi_{1,*}$ is the solution of Eq. (40) for $\beta = \beta_*$ (see [21]). As expected (see Fig. 2), the system is then immediately destabilized, and relaxes towards the monopole which is the maximum entropy state (Fig. 25(c-d) and second plateau of Fig. 26). Depending on the sign of the perturbation, the system can relax towards the direct or towards the inverse monopole.

To summarize, we have illustrated the fact that in an antisymmetric square domain with linear topography, if $\Gamma = 0$, the stable state is strongly correlated to the topography at low energy (Figs. 23 and 24), but is not influenced by it at high energy (Figs. 25 and 26). At high energy, it is influenced by the domain geometry: in a square domain, we get a monopole whereas in a rectangle sufficiently elongated in the $x$ direction ($\tau > \tau_c = 1.12$), we get a dipole. To illustrate this remark, we integrate numerically Eq. (20), with the constraints (21,22), in an antisymmetric rectangular domain of aspect ratio $\tau = 2$, starting from an initial condition of zero circulation and of high energy ($1/E \simeq 1.6.10^{-5}$). The resulting potential vorticity density is plotted at different times in Fig. 27. The system first converges towards the vertical dipole (saddle point), with $\beta \simeq \beta_{12}$ (see Fig. 27(b) and first plateaus of Fig. 28). It then destabilizes spontaneously, and converges towards the horizontal dipole (stable state) (see Fig. 27(d) and second plateaus of Fig. 28), with $\beta \simeq \beta_{21}$. These results can be compared to Fig. 5.

Other numerical simulations of the relaxation equations illustrating phase transitions in geophysical flows with nonlinear topography are reported in [25]. Interestingly, the initial conditions of high energy that we have considered in the present paper are similar to those used in Fig. 7(c) (square domain) and 8 (rectangular domain of aspect ratio $\tau = 2$) of [25]: $q(t = 0)$ is proportional to $\psi_{44}$ and the energies are identical. We find that the final states are the same with both topographies. This is to be expected since the topography should not influence the maximum entropy state in the limit of high energy. However, we observe that the relaxation equations with the nonlinear topography of [25] directly converge towards the equilibrium state whereas, with the linear topography, the system first converges towards the vertical dipole (saddle point). Therefore, at very high energy, while the topography does not influence the stable states, it seems to play a role in the dynamics of the relaxation. Of course, this conclusion is reached on the basis of our relaxation equations. It would be interesting to know

FIG. 25: Potential vorticity at $t = 0, 10, 90, 140$, for $\Gamma = 0$ and $1/E \simeq 1.3.10^{-5}$ (high energy) in a square domain. The system first relaxes towards the dipole (saddle point). At $t = 10$, the optimal perturbation is applied to the system. It then converges towards the monopole (stable steady state). In that case, the stable state is not influenced by the topography.

FIG. 26: Time evolutions of the inverse temperature $\beta$ and of the enstrophy $\Gamma_2$, for $\Gamma = 0$ and $1/E \simeq 1.3.10^{-5}$ (high energy) in a square domain, corresponding to Fig. 25. At $t = 10$ (indicated by the arrows), the optimal perturbation is applied to the system.
FIG. 27: Potential vorticity at \( t = 0, 10, 21, 60 \), for \( \Gamma = 0 \) and \( 1/E \simeq 1.6 \times 10^{-5} \) (high energy) in a rectangular domain of aspect ratio \( \tau = 2 \). The system first relaxes towards the vertical dipole (saddle point). It then destabilizes spontaneously and converges towards the horizontal dipole (stable steady state). In that case, the stable state is not influenced by the topography.

FIG. 28: Time evolutions of the inverse temperature \( \beta \) and of the enstrophy \( \Gamma_2 \), for \( \Gamma = 0 \) and \( 1/E \simeq 1.6 \times 10^{-5} \) (high energy) in a rectangular domain of aspect ratio \( \tau = 2 \), corresponding to Fig. 27.

whether it remains valid for more realistic parameterizations.

VIII. CONCLUSION

In this paper, we have studied the nature of phase transitions in simple models of oceanic circulation described by the QG equations with an arbitrary topography \( h \). We have assumed a linear relationship between potential vorticity and stream function corresponding to minimum potential enstrophy states. We have given several interpretations of this minimum potential enstrophy principle in connection with statistical mechanics, phenomenological selective decay principles, and nonlinear dynamical stability. We have explicitly treated the case of a rectangular basin and an antisymmetric linear topography \( h = by \) like in Fofonoff’s classical paper. For small energies, we recover Fofonoff’s westward jet solution. In that case, the flow is strongly influenced by the topography and only weakly by the domain geometry. For large energies, we obtain geometry induced phase transitions between monopoles and dipoles like in the study of Chavanis & Sommeria [22]. In that case, the flow is strongly influenced by the domain geometry and only weakly by the topography. In rectangular domains elongated in the \( x \) direction \((\tau > \tau_c)\), as we decrease the energy of the flow, we describe symmetry breaking phase transitions between horizontal dipoles and Fofonoff flows. Alternatively, in rectangular domains elongated in the \( y \) direction \((\tau < 1/\tau_c)\), the smooth transitions between vertical dipoles and Fofonoff flows occur without symmetry breaking. This phenomenology, illustrated in a rectangular domain with a linear topography, has been generalized to arbitrary domains and arbitrary topography.

Our study returns and confirms the results previously obtained by Venaille & Bouchet [23, 24] by a different method. These authors provide a very detailed statistical analysis of the problem, emphasizing the notions of bicritical points, azeotropy and ensemble inequivalence. Our approach, that is less abstract and illustrated by several explicit calculations, provides a useful complement to their study. It gives another way of describing the complicated and rich bifurcations that occur in geophysical flows. Our theoretical results extend the work of Chavanis & Sommeria [22] to the case of geophysical flows (with a topography) and allow to interpret the phase transitions studied numerically by Chavanis et al. [25] in the case of complex topographies.

Appendix A: Minimum potential enstrophy principle

We shall here discuss the difficulty to justify a minimum potential enstrophy principle based on the viscosity. In the presence of viscosity, the QG equations become

\[
\frac{\partial q}{\partial t} + u \cdot \nabla q = \nu \Delta \omega, \tag{A1}
\]

where \( q = \omega + h \). We emphasize that the quantity dissipated by viscosity is the vorticity \( \omega \), not the potential vorticity \( q \). Therefore, the rate of change of potential enstrophy \( \Gamma_2 = \int q^2 \, d\mathbf{r} \) is

\[
\dot{\Gamma}_2 = 2\nu \int q \Delta \omega \, d\mathbf{r} = 2\nu \int q \Delta (q - h) \, d\mathbf{r}. \tag{A2}
\]

For the 2D Navier-Stokes equation \((h = 0)\), we obtain after an integration by parts

\[
\dot{\Gamma}_2 = -2\nu \int (\nabla \omega)^2 \, d\mathbf{r} \leq 0, \tag{A3}
\]

so that the enstrophy decreases monotonically under the effect of viscosity. However, for the viscous QG equations, we do not have a monotonic decay of potential enstrophy. Following Bretherton & Haidvogel [13], we must assume \( h \ll q \) in Eq. (A2) in order to have a monotonic decay of potential enstrophy. In more
general cases, the phenomenological minimum potential enstrophy principle is not clearly justified. These remarks also apply to the functionals (7). Indeed, while these functionals increase monotonically under the effect of viscosity for the 2D Navier-Stokes equations since \( S = \nu \int C''(\omega)(\nabla \omega)^2 \, d\mathbf{r} \geq 0 \), their monotonic increase is not guaranteed for the QG equations unless \( h \ll q \).

Therefore it is difficult to justify a principle of the form (6) for the viscous QG equations. By contrast, the interpretations of this principle that we have given in the framework of the inviscid QG equations are valid.

Appendix B: Link with the Neptune effect

In this Appendix, we show that the relaxation equations of Sec. II C are consistent with the Neptune effect of Holloway [36]. This discussion is related to the one given by Kazantsev et al. [10] but the justification of the relaxation equations that we consider is different.

Let us first consider the case \( h = 0 \) and \( R = \infty \) and derive the relaxation equation for the velocity field. We start from the equation for the vorticity field (9) that becomes

\[
\frac{\partial \omega}{\partial t} + \mathbf{u} \cdot \nabla \omega = \nabla \cdot \left[ D \left( \nabla \omega + \frac{\beta(t)}{C''(\omega)} \nabla \psi \right) \right],
\]

where we recall that \( D \) can depend on position and time.

For a 2D field, we have the identity \( \nabla \times (\mathbf{z} \times \mathbf{a}) = (\mathbf{\nabla} \cdot \mathbf{a}) \mathbf{z} \).

Therefore, we can rewrite the foregoing equation as

\[
\left( \frac{\partial \omega}{\partial t} + \mathbf{u} \cdot \nabla \omega \right) \mathbf{z} = \nabla \times \left[ \mathbf{z} \times D \left( \nabla \omega + \frac{\beta(t)}{C''(\omega)} \nabla \psi \right) \right].
\]

The corresponding equation for the velocity field is

\[
\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\frac{1}{\rho} \nabla p + \mathbf{z} \times D \left( \nabla \omega + \frac{\beta(t)}{C''(\omega)} \nabla \psi \right),
\]

where \( p \) is the pressure and \( \rho \) the density. To pass from Eq. (B2) to Eq. (B3), we have used the identity \( \mathbf{u} \cdot \nabla \mathbf{u} = \nabla (\mathbf{u}^2/2) - \mathbf{u} \times \omega \mathbf{z} \) and the identity \( \nabla \times (\mathbf{u} \times \omega \mathbf{z}) = -\left( \mathbf{u} \cdot \nabla \right) \mathbf{w} \mathbf{z} \) that is valid for a 2D incompressible flow, so that finally \( \nabla \times (\mathbf{u} \cdot \nabla) \mathbf{u} = (\mathbf{u} \cdot \nabla) \omega \mathbf{z} \). Now, using \( \mathbf{u} = -\mathbf{z} \times \nabla \psi \) and the identity

\[
\Delta \mathbf{u} = \nabla (\nabla \cdot \mathbf{u}) - \nabla \times (\nabla \times \mathbf{u})
= -\nabla \times (\omega \mathbf{z}) = \mathbf{z} \times \nabla \omega
\]

valid for a 2D incompressible flow, we finally obtain

\[
\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\frac{1}{\rho} \nabla p + D \left( \Delta \mathbf{u} - \frac{\beta(t)}{C''(\omega)} \mathbf{u} \right).
\]

We see that the drift term in the equation for the vorticity takes the form of a friction in the equation for the velocity. Furthermore, the friction coefficient is given by an Einstein-type formula \( \xi = D\beta(t) \) involving the diffusion coefficient and the inverse temperature. At equilibrium,

\[
\Delta \mathbf{u} = \frac{\beta}{C''(\omega)} \mathbf{u}.
\]

This equation can be directly derived from the relation \( C''(\omega) = -\beta \psi - \alpha \) determining the steady states of Eq. (B1). Combining \( \Delta \mathbf{u} = \mathbf{z} \times \nabla \omega, \nabla \omega = \omega'(\psi) \nabla \psi \) and \( C''(\omega) = -\beta/\omega'(\psi) \), we recover Eq. (B6). In particular, if \( S \) is the opposite of the enstrophy \( S = -(1/2) \int \omega^2 \, d\mathbf{r} \), the relaxation equation (B5) becomes

\[
\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\frac{1}{\rho} \nabla p + D \left( \Delta \mathbf{u} - \beta(t) \mathbf{u} \right).
\]

At equilibrium, \( \Delta \mathbf{u} = \beta \mathbf{u} \).

Let us now consider the relaxation equation (9) including a topography \( h \). It can be rewritten

\[
\frac{\partial \omega}{\partial t} + \mathbf{u} \cdot \nabla \omega = \mathbf{z} \times \nabla \mathbf{h} \cdot \mathbf{u} = -\frac{1}{\rho} \nabla p + D \left( \Delta \mathbf{u} + \mathbf{z} \times \nabla \mathbf{h} - \beta(t) \mathbf{u} \right),
\]

where we have used \( \nabla \times (\mathbf{z} \times \mathbf{h}) = (\mathbf{\nabla} \cdot (\mathbf{h} \mathbf{u})) \mathbf{z} = (\mathbf{u} \cdot \nabla) \mathbf{h} \mathbf{z} \) for a 2D incompressible velocity field. In particular, if \( S \) is the opposite of the potential enstrophy \( S = -(1/2) \int q^2 \, d\mathbf{r} \), the relaxation equations (B8) and (B9) become

\[
\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} + \mathbf{h} \mathbf{z} \times \mathbf{u} = -\frac{1}{\rho} \nabla p + D \left( \Delta \mathbf{u} + \mathbf{z} \times \nabla \mathbf{h} - \beta(t) \mathbf{u} \right).
\]

Inspired by the original idea of Holloway [36], we introduce a velocity field based on the topography

\[
\mathbf{u}_* = \frac{1}{\beta(t)} \mathbf{z} \times \nabla \mathbf{h}, \quad \psi_* = -\frac{h}{\beta(t)}, \quad \omega_* = \frac{\Delta h}{\beta(t)}.
\]

With these notations, the equation for the velocity field can be rewritten

\[
\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} + \mathbf{h} \mathbf{z} \times \mathbf{u} = -\frac{1}{\rho} \nabla p + D \left( \Delta \mathbf{u} - D\beta(t)(\mathbf{u} - \mathbf{u}_*) \right).
\]

It involves a turbulent viscosity and a friction force proportional to the difference between the velocity field
\( \mathbf{u} \) and the velocity field \( \mathbf{u}_* \) based on the topography. The friction coefficient is given by an Einstein relation \( \xi = D \beta \). This term "pushes" the flow towards the topographic flow \( \mathbf{u}_* \). This corresponds to the so-called "Neptune effect" of Holloway [36]. On the other hand, the diffusion term allows some deviation with respect to the topographic flow. At equilibrium
\[
\Delta \mathbf{u} = \beta (\mathbf{u} - \mathbf{u}_*). \tag{B14}
\]
If \( D \) is constant, the equation (B10) for the vorticity can be written
\[
\frac{\partial \omega}{\partial t} + \mathbf{u} \cdot \nabla q = D\Delta \omega - D\beta(t)(\omega - \omega_*). \tag{B15}
\]
At equilibrium,
\[
\Delta \omega = \beta(\omega - \omega_*). \tag{B16}
\]
If we neglect the Laplacian, we get \( \omega = \omega_* \). This is valid in the limit \( \beta \to +\infty \). This is equivalent to neglecting the Laplacian in the fundamental differential equation \(-\Delta \psi + h = -\beta \psi - \alpha \). This leads to \( \psi = -\frac{1}{\beta}(h + \alpha) \), equivalent to \( \mathbf{u} = \mathbf{u}_* \) and \( \omega = \omega_* \). As we have seen, this corresponds to the standard Fofonoff [4] flows that are completely determined by the topography (far from the boundaries). More generally, Eq. (B16) takes into account finite temperature effects that can induce deviations to the standard Fofonoff flows. These finite temperature effects (corresponding to sufficiently high energies) are precisely those that have been described in this paper.

In conclusion, the relaxation equation (9) derived from the Maximum Entropy Production Principle (MEPP) [26] is relatively consistent with the oceanographic parametrization of Holloway [36], especially when the (generalized) entropy is the neg-entrrophy. This is interesting because the parametrization of Holloway [36] has been used in realistic oceanic modeling where the Neptune effect was shown to play a significant role. This suggests that our parametrization can be of relevance also in the physics of the oceans.

**Appendix C: Modal decomposition**

We define the eigenfunctions and eigenvalues of the Laplacian by
\[
\Delta \psi_n = \beta_n \psi_n, \tag{C1}
\]
with \( \psi_n = 0 \) on the domain boundary. These eigenfunctions are orthogonal and normalized such that \( \langle \psi_n \psi_m \rangle = \delta_{nm} \). Since \( -\int (\nabla \psi_n)^2 \, dr = \beta_n \int \psi_n^2 \, dr \), we note that \( \beta_n < 0 \). Following Chavanis & Sommeria [22], we distinguish two types of eigenmodes: the odd eigenmodes \( \psi_n' \) such that \( \langle \psi_n' \rangle = 0 \) and the even eigenmodes \( \psi_n'' \) such that \( \langle \psi_n'' \rangle \neq 0 \). We note \( \beta_n' \) and \( \beta_n'' \) the corresponding eigenvalues.

In a rectangular domain of unit area whose sides are denoted \( a = \sqrt{\tau} \) and \( b = 1/\sqrt{\tau} \) (where \( \tau = a/b \) is the aspect ratio), the eigenmodes and eigenvalues are
\[
\psi_{mn} = 2 \sin(m\pi x/(\sqrt{\tau} + 1/2)) \sin(n\pi (\sqrt{\tau} y + 1/2)), \tag{C2}
\]
where the origin of the Cartesian frame is taken at the center of the domain. The integer \( m \geq 1 \) gives the number of vortices along the \( x \)-axis and \( n \geq 1 \) the number of vortices along the \( y \)-axis. We have \( \langle \psi_{mn} \rangle = 0 \) if \( m \) or \( n \) is even and \( \langle \psi_{mn} \rangle \neq 0 \) if \( m \) and \( n \) are odd. The largest eigenvalue with non zero mean is \( \beta_{11} \). The largest eigenvalue with zero mean is \( \beta_{21} \) for \( \tau > 1 \) and \( \beta_{12} \) for \( \tau < 1 \).

We want to solve the differential equations
\[
-\Delta \phi_1 + \beta_1 \phi_1 = 1, \tag{C4}
\]
and
\[
-\Delta \phi_2 + \beta_2 \phi_2 = -H, \tag{C5}
\]
with \( \phi_1 = 0 \) and \( \phi_2 = 0 \) on the domain boundary. This can be done by decomposing the solutions on the eigenmodes of the Laplacian using \( f = \sum_{mn} (f \psi_{mn}) \psi_{mn} \).

For \( \beta \neq \beta_{mn} \), the solution of Eq. (C4) is unique and given by
\[
\phi_1 = \sum_{mn} \frac{\langle \psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}. \tag{C6}
\]
From this relation, we obtain
\[
\langle \phi_1 \rangle = \sum_{mn} \frac{\langle \psi_{mn} \rangle^2}{\beta - \beta_{mn}}, \tag{C7}
\]
\[
\langle \phi_1^2 \rangle = \sum_{mn} \frac{\langle \psi_{mn} \rangle^2}{(\beta - \beta_{mn})^2} = -\frac{d\langle \phi_1 \rangle}{d\beta}, \tag{C8}
\]
\[
\langle \phi_1 H \rangle = \sum_{mn} \frac{\langle H \psi_{mn} \rangle}{\beta - \beta_{mn}}. \tag{C9}
\]
For \( \beta \neq \beta_{mn} \), the solution of Eq. (C5) is unique and given by
\[
\phi_2 = -\sum_{mn} \frac{\langle H \psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}. \tag{C10}
\]
From this relation, we obtain
\[
\langle \phi_2 H \rangle = -\sum_{mn} \frac{\langle H \psi_{mn} \rangle^2}{\beta - \beta_{mn}}, \tag{C11}
\]
\[
\langle \phi_2^2 \rangle = \sum_{mn} \frac{\langle H \psi_{mn} \rangle^2}{(\beta - \beta_{mn})^2} = -\frac{d\langle \phi_2 H \rangle}{d\beta}, \tag{C12}
\]
\[ \langle \phi_2 \rangle = - \sum_{mn} \frac{\langle H \psi_{mn} \rangle \langle \psi_{mn} \rangle}{\beta - \beta_{mn}}. \] (C13)

We also have
\[ \langle \phi_1 \phi_2 \rangle = - \sum_{mn} \frac{\langle H \psi_{mn} \rangle \langle \psi_{mn} \rangle}{(\beta - \beta_{mn})^2}. \] (C14)

Finally, we remark that
\[ \langle \phi_1 H \rangle = - \langle \phi_2 \rangle. \] (C15)

On the other hand, if the topography is antisymmetric with respect to \( y = 0 \) (as in the case of a linear topography \( H = y \)), we have \( \langle H \psi_{mn} \rangle \langle \psi_{mn} \rangle = 0 \) implying
\[ \langle \phi_1 H \rangle = \langle \phi_2 \rangle = \langle \phi_1 \phi_2 \rangle = 0. \] (C16)

In that case, \( \phi_1 \) is even and \( \phi_2 \) is odd with respect to the variable \( y \). This can be directly seen at the level of the differential equations (C4) and (C5).

**Appendix D: The case \( \beta = 0 \)**

It can be interesting to consider the case \( \beta = 0 \) specifically. This regime of infinite temperatures corresponds to uniform potential vorticity \( q = -\alpha \). The differential equation (35) reduces to
\[ - \Delta \psi = \Gamma - b H. \] (D1)

The solution is \( \psi = \Gamma \phi_1 + b \phi_2 \) where \( \phi_1 \) and \( \phi_2 \) are the solutions of Eqs. (40) and (41) with \( \beta = 0 \). The equation for the energy (48) can be written
\[ \frac{2E}{b^2} = \langle \phi_1 \rangle \left( \frac{\Gamma}{b} \right)^2 + \langle \phi_2 \rangle - \langle \phi_1 H \rangle \frac{\Gamma}{b} - \langle \phi_2 H \rangle, \] (D2)

where we have used \( c = b/\Gamma \) according to Eq. (45). For given \( \Gamma \), Eq. (D2) determines the energy \( E(\Gamma) \) for which \( \beta = 0 \) (i.e. \( q \) is uniform). It is given by a parabola. If the topography is antisymmetric with respect to \( y = 0 \), using Eq. (C16), the foregoing equation reduces to
\[ \frac{2E}{b^2} = \langle \phi_1 \rangle \frac{\Gamma^2}{b^2} - \langle \phi_2 H \rangle. \] (D3)

**Appendix E: The low energy limit**

In the limit \( \beta \to +\infty \), a boundary layer approximation can be made. As a first approximation, the Laplacian can be neglected in the differential equations (40) and (41), everywhere in the domain except close to the boundary. To leading order, the function \( \phi_1 \) is given by \( \phi_1 \approx 1/\beta \). The correction, close to the boundary, behaves like \( A e^{-\sqrt{\beta} \zeta} \), where \( \zeta \) is a coordinate perpendicular to the boundary pointing towards the inside of the domain. The constant \( A \) is determined by the condition \( \phi_1 \to 0 \) on the boundary. Similarly, to leading order, the function \( \phi_2 \) is given by \( \phi_2 = -y/\beta \) with a correction scaling like \( A e^{-\sqrt{\beta} \zeta} \) close to the boundary.

In this limit, we obtain
\[ \langle \phi_1 \rangle = 1 - 2 \left( \sqrt{\tau} + \frac{1}{\sqrt{\tau}} \right). \] (E1)

\[ \langle \phi_2 \rangle = - \frac{d\langle \phi_1 \rangle}{d\beta} = 1 - \frac{3}{\beta^{3/2} \sqrt{\beta}}. \] (E2)

Finally, substituting these results in the energy equation (64), we obtain for \( \beta \to +\infty \):
\[ \frac{2E}{b^2} = \left( \frac{\Gamma}{b} \right)^2 \frac{1}{4 \sqrt{\tau} + \frac{1}{\sqrt{\tau}}} + \frac{1}{12 \beta^{3/2}} \left( \frac{1}{\tau^{3/2}} + \frac{3}{\sqrt{\tau}} \right). \] (E5)

**Appendix F: Technical construction of the caloric curves**

1. **Antisymmetric linear topography and \( \Gamma = 0 \)**

Several cases must be considered in order to construct the caloric curve. In the first one, \( \Gamma = 0 \) and \( \langle \psi \rangle = 0 \) (i.e. \( \alpha = 0 \), \( c = \infty \)). Since \( \psi = b \phi_2 \) with \( \langle \phi_2 \rangle = 0 \), these solutions exist for any value of \( \beta \). The curve (64) relating their temperature to the energy is given by Eq. (67). This forms the main curve (see Figs. 1, 2, 5 and 6). The entropy of these solutions is given by Eq. (68).

Another possible situation is \( \Gamma = 0 \) and \( \langle \psi \rangle \neq 0 \) (i.e. \( \alpha \neq 0 \), \( c \) finite). According to Eq. (63), we see that \( c \) is finite iff \( 1 - \beta \langle \phi_1 \rangle = 0 \), i.e. \( \beta = \beta^{(k)} \). Therefore, the temperatures of these solutions take only discrete values. The value of \( c \) is determined by the energy \( E \) according to Eq. (64) with \( \beta \) replaced by \( \beta^{(k)} \). This determines two solutions \( \pm c(E) \) (i.e. \( \pm \alpha(E) \)) for each value of the energy (see for instance Fig. 4). The ensemble of these solutions form a plateau \( \beta = \beta^{(k)} \) (see Figs. 1, 2, 5 and 6) starting at \( 1/E = 0 \) (\( c = 0 \), \( \alpha = \infty \)) and connecting the main curve at \( 1/E = 1/E^{(k)}(\tau) \) (\( c = \infty \), \( \alpha = 0 \)). When \( 1/E = 0 \), we find \( S/E = \beta^{(k)} \). On the other hand, \( E^{(k)}(\tau) \) is given by Eq. (67) with \( \beta \) replaced by \( \beta^{(k)} \). The evolution of \( E^{(k)}(\tau) \) with \( \tau \) is shown in Fig. 7.
Finally, it will be assumed that $\beta$ is equal to an eigenvalue $\beta_{mn}$ of the Laplacian. In that case, $\langle \psi \rangle$ is necessarily equal to 0 (i.e. $\alpha = 0$, $c \to \infty$), which corresponds to $\psi = b\phi_2$. Four cases must be distinguished:

- Case 1: $\beta = \beta_{mn}$ with $(y\psi_{mn}) \neq 0$ and $(\psi_{mn}) \neq 0$. This is not possible for an antisymmetric topography.
- Case 2: $\beta = \beta_{mn}$ with $(y\psi_{mn}) \neq 0$ and $(\psi_{mn}) = 0$ ($m$ odd and $n$ even) like $\beta_{12}$. In that case, Eq. (41) has no solution for $\beta = \beta_{mn}$ and $\phi_2$ diverges like $\phi_2 \sim -\frac{\langle y\psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}$, \hspace{1cm} (F1)

for $\beta \to \beta_{mn}$. Then, we find from Eqs. (67) and (68) that $1/E \to 0$ and $S/E \to \beta_{mn}$. This is a limit case of the main curve. Note that the sign of $\phi_2$ (hence $q$) changes as we pass from $\beta_{mn}^+$ to $\beta_{mn}^-$.

- Case 3: $\beta = \beta_{mn}$ with $(y\psi_{mn}) = 0$ and $(\psi_{mn}) = 0$ ($m$ even and $n$ arbitrary) like $\beta_{21}$. In that case, the solution of Eq. (41) with $\beta = \beta_{mn}$ is not unique. To the solution (C11) of Eq. (41) with $\beta = \beta_{mn}$ we can always superpose the eigenmode $\psi_{mn}$ with an amplitude $\chi$. This corresponds to a “mixed solution” $\phi_2 \to \phi_2 + \chi\psi_{mn}$, \hspace{1cm} (F2)

which has zero average as required. The amplitude $\chi$ is determined by the energy constraint (67) with $\beta$ replaced by $\beta_{mn}$. This determines two solutions $\pm \chi(E)$ for each value of the energy (note that these two distinct solutions have the same value of the chemical potential $\alpha = 0$).

The ensemble of these mixed solutions form a plateau $\beta = \beta_{mn}$ (see Figs. 1, 2, 5 and 6) starting from $1/E = 0$ ($\chi = \pm \infty$) and connecting the main curve at $1/E = 1/E_{mn}(\Gamma = 0, \tau)$ ($\chi = 0$). For $1/E = 0$, we find $S/E \to \beta_{mn}$. On the other hand, $E_{mn}(\Gamma = 0, \tau)$ is given by Eq. (67) with $\beta$ replaced by $\beta_{mn}$. The evolution of $E_{21}(\Gamma = 0, \tau)$ with $\tau$ is shown in Fig. 7. Note that in a square domain ($\tau = 1$), since $\beta_{mn} = \beta_{mn}$ by symmetry, we find that $1/E = 0$ for $m$ even and $n$ odd according to Case 2 (see Figs. 1 and 2). In that case, the plateau reduces to a point.

- Case 4: $\beta = \beta_{mn}$ with $(y\psi_{mn}) = 0$ and $(\psi_{mn}) \neq 0$ ($m$ odd and $n$ odd) like $\beta_{11}$. In that case, the solution of Eq. (41) with $\beta = \beta_{mn}$ is not unique and we expect a mixed solution of the form $\phi_2 \to \phi_2 + \chi\psi_{mn}$. However, $\psi = b\phi_2$ has a zero average value (as required) only for $\chi = 0$. Hence, we are just left with a limit case of the main curve. It corresponds to the energy $E_{mn}(\Gamma = 0, \tau)$ given by Eq. (67) with $\beta$ replaced by $\beta_{mn}$.

2. Antisymmetric linear topography and $\Gamma \neq 0$

Once more, several cases must be considered. It can be first assumed that $\Gamma \neq 0$ and $\Gamma + \beta(\psi) = 0$ (i.e. $\alpha = 0$, $c \to \infty$), which corresponds to $\psi = b\phi_2$. Since $(\phi_2) = 0$, there are no such solutions for $\Gamma \neq 0$ and $\beta \neq \beta_{mn}$.

Another possibility is $\Gamma \neq 0$ and $\Gamma + \beta(\psi) \neq 0$ (i.e. $\alpha \neq 0$, $c \text{ finite}$). These solutions exist for any value of $\beta$. The curve $\beta(E)$ relating their temperature to their energy is given by Eqs. (63) and (64). This forms the main curve (see Figs. 8-14). Their entropy is given by Eq. (65). For $\beta = \beta_{c(k)}$, we have $c = 0$ leading to $1/E = 0$. In that case, $S/E = \beta_{c(k)}$. The caloric curve $\beta(E)$ is unchanged when $\Gamma + \beta(\psi) \neq 0$ (i.e. $\alpha \neq 0$, $c \text{ finite}$). We see that Eq. (41) has no solution for $\beta = \beta_{mn}$ and that $\phi_2$ diverges like $\phi_2 \sim -\frac{\langle y\psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}$, \hspace{1cm} (F3)

when $\beta \to \beta_{mn}$. In that case $1/E \to 0$ and $S/E \to \beta_{mn}$. This is just a limit case of the main curve. Note that the sign of $\phi_2$ (hence $q$) changes as we pass from $\beta_{mn}^+$ to $\beta_{mn}^-$.

- Case 3: $\beta = \beta_{mn}$ with $(y\psi_{mn}) = 0$ and $(\psi_{mn}) = 0$ ($m$ even and $n$ arbitrary) like $\beta_{21}$. We are necessarily in the case $\Gamma + \beta(\psi) \neq 0$ (i.e. $\alpha \neq 0$, $c \text{ finite}$). The solutions of Eqs. (40) and (41) are not unique since we can always superpose to Eqs. (C6) and (C10) an eigenfunction $\psi_{mn}$ of the Laplacian. Thus $\phi_2 \to \phi_2 + \chi\psi_{mn}$, \hspace{1cm} (F4)

$\phi_2 \to \phi_2 + \chi\psi_{mn}$. \hspace{1cm} (F5)

The amplitude $\chi$ is determined by the energy constraint (64) with $\beta_{mn}$ replacing $\beta$. This determines two solutions $\pm \chi(E)$ for each value of $E$ (note that these two distinct solutions have the same value of the chemical potential $\alpha(E)$, hence of $\alpha(E)$, given by Eq. (63)). The ensemble of these mixed solutions form a plateau $\beta = \beta_{mn}$ (see Figs. 8-14) starting from $1/E = 0$ ($\chi \to +\infty$) and reaching the main curve at $1/E = 1/E_{mn}(\Gamma, \tau)$ ($\chi = 0$). For $1/E = 0$, we find $S/E \to \beta_{mn}$. On the other hand, $E_{mn}(\Gamma, \tau)$ is given by Eqs. (63) and (64) replacing $\beta$ by $\beta_{mn}$. It corresponds to a parabola of the form $E_{mn}(\Gamma, \tau) = a(\tau)\Gamma^2 + c(\tau)$ with $a > 0$ (since $(\phi_1) = \beta(\phi_2) \geq 0$ [22]). The evolution of $E_{21}(\Gamma, \tau)$ with $\tau$ is shown in Fig. 15 for different values of $\Gamma$. Note that in a square domain ($\tau = 1$), since $\beta_{mn} = \beta_{mn}$ by symmetry, we find that $1/E = 0$ for $m$ even and $n$ odd according to Case 2 (see Figs. 8-10). In that case, the plateau is reduced to a point.

- Case 4: $\beta = \beta_{mn}$ with $(y\psi_{mn}) = 0$ and $(\psi_{mn}) \neq 0$ ($m$ odd and $n$ odd) like $\beta_{11}$. If we consider $\Gamma + \beta(\psi) \neq 0$ (i.e. $\alpha \neq 0$, $c \text{ finite}$), we see that Eq. (40) has no solution for $\beta = \beta_{mn}$ and that $\phi_1$ diverges like $\phi_1 \sim \frac{\langle \psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}$, \hspace{1cm} (F6)
for $\beta \to \beta_{mn}$. Then we find that $c \sim -(b/\Gamma)\beta^2/(\beta - \beta_{mn}) \to \infty$ and that $E$ tends to a finite value

$$2E/b^2 = \frac{1}{\beta\langle \psi_{mn} \rangle^2} - \frac{\Gamma^2}{b^2} - \beta \langle \phi_2^2 \rangle - \langle \phi_2 y \rangle, \quad (F7)$$

with $\beta = \beta_{mn}$. It corresponds to a parabola of the form $E_{mn}(\Gamma, \tau) = a(\tau)\Gamma^2 + c(\tau)$. This is just a limit case of the main curve. If we consider $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha = 0, c$ infinite) so that $\psi = b\phi_2$, we see that the solution of Eq. (41) is not unique for $\beta = \beta_{mn}$ since we can always superpose to Eq. (C10) an eigenfunction $\psi_{mn}$ of the Laplacian. Thus

$$\phi_2 \to \phi_2 + \chi \psi_{mn}. \quad (F8)$$

The condition $\Gamma + \beta \langle \psi \rangle = 0$, reducing to $\Gamma/b + \beta \langle \psi_{mn} \rangle = 0$, determines the value of $\chi$. Then, using Eq. (67), we find that this solution exists for a unique value of the energy $E_{mn}(\Gamma, \tau)$ given by Eq. (F7). This is to be expected since $c \to +\infty$ when $\beta \to \beta_{mn}$. In conclusion, the case $\beta \to \beta_{mn}$ or $\beta = \beta_{mn}$ with $m$ and $n$ odd is just a limit case of the main curve.

### 3. Non-symmetric linear topography and $\Gamma \neq \Gamma_*$

The first case that will be treated is the one for which $\Gamma \neq \Gamma_*$ and $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha \neq 0, c$ finite). These solutions exist for any value of $\beta$. The curve $\beta(E)$ relating their temperature to their energy is given by Eqs. (48), (39) and (45). This forms the main curve. Their entropy is given by Eq. (47). For $\beta = \beta_{*k}$ we have $c = 0$ leading to $1/E = 0$. In that case, $S/E = \beta_{*k}$.

Another possibility is $\Gamma \neq \Gamma_*$ and $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha = 0, c \to \infty$). In that case $\psi = b\phi_2$ which implies $\Gamma + \beta b \langle \phi_2 \rangle = 0$. Therefore, this solution exists for a very particular value of the inverse temperature that will be denoted $\beta_0$. The corresponding energy is given by Eq. (52) where $\beta$ is replaced by $\beta_0$. It turns out that this is just a particular point of the main branch corresponding to $c \to +\infty$ so that it does not bring any new solution.

In the case where $\beta$ is equal to an eigenvalue $\beta_{mn}$ of the Laplacian, four cases must be distinguished.

- Case 1: $\beta = \beta_{mn}$ with $\langle H\psi_{mn} \rangle \neq 0$ and $\langle \psi_{mn} \rangle \neq 0$ (odd $m$ and $n$ even) like $\beta_{12}$. In that case, Eqs. (40) and (41) do not have any solution for $\beta = \beta_{mn}$ and the functions $\phi_1$ and $\phi_2$ behave like

$$\phi_1 \sim \frac{\langle \psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}, \quad (F9)$$

$$\phi_2 \sim -\frac{\langle H\psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}, \quad (F10)$$

when $\beta \to \beta_{mn}$. We are in the case $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha = 0, c$ finite). Substituting the asymptotic expansions (F9) and (F10) in Eqs. (39) and (45), we find that

$$c \sim \frac{\langle \psi_{mn} \rangle}{\langle H\psi_{mn} \rangle} + \frac{1}{\beta_{mn}\langle H\psi_{mn} \rangle}$$

$$\times \left( \frac{\Gamma}{b\langle H\psi_{mn} \rangle} - 1 \right) \left( \beta - \beta_{mn} \right), \quad (F11)$$

and

$$\phi \sim -\frac{1}{\beta_{mn}} \left( \frac{\Gamma}{b\langle H\psi_{mn} \rangle} - 1 \right) \frac{\langle \psi_{mn} \rangle}{\langle \psi_{mn} \rangle}. \quad (F12)$$

Therefore $c$ and $\phi$ are finite as $\beta \to \beta_{mn}$. Substituting these results in Eq. (48), we obtain a finite energy

$$2E/b^2 = -\frac{1}{\langle \psi_{mn} \rangle^2} \frac{1}{\beta_{mn}} \left( \frac{\Gamma}{b\langle H\psi_{mn} \rangle} - 1 \right) \langle H\psi_{mn} \rangle^2. \quad (F13)$$

This solution is a particular case of the main curve. We note that the energy (F13) is of the form $E_{mn}(\Gamma, \tau) = a(\tau)\Gamma^2 + b(\tau)\Gamma + c(\tau)$ with $a > 0$ so that it forms a parabola. The minimum value of this parabola is $E_{mn} = 0$ reached for $\Gamma = \Gamma_{mn}^{\min}(\tau)$ with

$$\frac{\Gamma_{mn}^{\min}(\tau)}{b} = \frac{\langle H\psi_{mn} \rangle}{\langle \psi_{mn} \rangle}. \quad (F14)$$

- Case 2: $\beta = \beta_{mn}$ with $\langle H\psi_{mn} \rangle \neq 0$ and $\langle \psi_{mn} \rangle = 0$ (m even and n even) like $\beta_{12}$. In that case, Eq. (41) does not have any solution for $\beta = \beta_{mn}$ and $\phi_2$ diverges like

$$\phi_2 \sim -\frac{\langle H\psi_{mn} \rangle}{\beta - \beta_{mn}} \psi_{mn}, \quad (F15)$$

when $\beta \to \beta_{mn}$. We note that $\langle \phi_2 \rangle = 0$. Therefore, if $\Gamma \neq 0$, we are in the case $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha \neq 0$). Then, $c$ is finite and $\langle \phi_2^2 \rangle \to +\infty$ so that $1/E \to 0$ according to Eq. (48). If $\Gamma = 0$, we are in the case $\Gamma + \beta \langle \psi \rangle = 0$ (i.e. $\alpha = 0$). Then, $1/E \to 0$ according to Eq. (52). This is a limit case of the main curve.

- Case 3: $\beta = \beta_{mn}$ with $\langle H\psi_{mn} \rangle = 0$ and $\langle \psi_{mn} \rangle = 0$ (m odd and n even) like $\beta_{21}$. The solutions of Eqs. (40) and (41) are not unique since we can always superpose to Eqs. (C6) and (C10) an eigenfunction $\psi_{mn}$ of the Laplacian. Thus

$$\phi_1 \to \phi_1 + \chi \psi_{mn}, \quad (F16)$$

$$\phi_2 \to \phi_2 + \chi \psi_{mn}. \quad (F17)$$

The amplitude $\chi$ is determined by the energy constraint (48), replacing $\beta$ by $\beta_{mn}$ and introducing Eqs. (F16) and (F17). This determines two types of solutions $\chi_1(E)$ and $\chi_2(E)$ for each value of the energy $E$ (note that these two distinct solutions have the same value of $c(E)$, hence the same value of $\alpha(E)$, given by Eq. (45)). The ensemble of these mixed solutions form a plateau $\beta = \beta_{mn}$ starting from $1/E = 0$ ($\chi \to +\infty$) and reaching the main curve at $1/E = 1/E_{mn}(\Gamma, \tau)$ ($\chi = 0$). For $1/E = 0$,
we find $S/E \rightarrow \beta_{mn}$. On the other hand, $E_{mn}(\Gamma, \tau)$ is
given by Eqs. (48), (39) and (45) replacing $\beta$ by $\beta_{mn}$ and
and taking $\chi = 0$. It corresponds to a parabola of the form
$E_{mn}(\Gamma, \tau) = a(\tau) \Gamma^2 + b(\tau) \Gamma + c(\tau)$ with $a > 0$. We shall
denote by $E_{mn}^{\min}(\tau)$ the minimum value of this parabola
reached for $\Gamma = \Gamma_{mn}^{\min}(\tau)$. The expressions of these quantities
can easily be obtained from Eqs. (48), (39) and (45) but they are not particularly simple so we shall not give
them explicitly. Note that in a square domain ($\tau = 1$),
since $\beta_{mn} = \beta_{mn}$ by symmetry, we find that $1/E = 0$ for
$m$ even and $n$ odd according to Case 2. In that case, the
plateau reduces to a point.

- Case 4: $\beta = \beta_{mn}$ with $\langle H \psi_{mn} \rangle = 0$ and $\langle \psi_{mn} \rangle \neq 0$.
This is not possible for a topography of the form $h = b(y - y_0)$ with $y_0 \neq 0$.

4. Non-symmetric linear topography and $\Gamma = \Gamma_*$

It will be first assumed that $\Gamma = \Gamma_*$ and $\Gamma + \beta \langle \psi \rangle \neq 0$ (i.e. $\alpha \neq 0, c$ finite). These solutions exist for any
value of $\beta$. For $\beta = \beta(k)$, the curve $\beta(E)$ relating their
temperature to their energy is given by Eqs. (48), (39) and (45). This forms the main curve. Their entropy is
given by Eq. (49). For $\beta = \beta(k)$, the situation is different
because Eq. (45) takes in indeterminate form. In that
case, $c$ is determined by the energy constraint (48) with
$\beta$ replaced by $\beta(k)$. This yields two solutions $c_1(E)$ and$c_2(E)$ (and, correspondingly, two values of the chemical
potential $\alpha_1(E)$ and $\alpha_2(E)$) for each value of the energy.
The ensemble of these solutions form a plateau $\beta = \beta(k)$
starting from $1/E = 0$ ($c = 0, \alpha = \infty$) and reaching
the main curve at $1/E = 1/E_{\min}^{\kappa}(\tau)$ ($c = \infty, \alpha = 0$).
When $1/E = 0$, we find $S/E = \beta(k)$. On the other hand,
$E_{\min}^{\kappa}(\tau)$ is given by Eq. (52) with $\beta$ replaced by $\beta(k)$.

A second possibility is $\Gamma = \Gamma_*$ and $\Gamma + \beta \langle \psi \rangle = 0$ (i.e.
$\alpha = 0, c \rightarrow \infty$). In that case $\psi = b \phi_2$, which implies
$\Gamma_* + \beta \langle \phi_2 \rangle = 0$. These solutions exist for $\beta$ such that
$\beta(\phi_2) = \beta_* \langle \phi_2 \rangle$. Except in an antisymmetric domain
where they exist for any $\beta$ (see Sec. IV A), in a non-
symmetric domain they exist only for $\beta = \beta_*$ and for
the corresponding value of the energy $E_*(\tau)$. This is just
a particular point of the main curve corresponding to
$c \rightarrow +\infty$ so this case does not bring any new solution.

The study of the eigenvalues $\beta = \beta_{mn}$ leads to the
same results as in the previous section.

Appendix G: Interest of the relaxation equations

Relaxation equations for two-dimensional flows have
been introduced by Robert & Sommeria [38] in the con-
text of the MRS statistical theory and extended by Chas-
vanis [26] to more general situations. These relaxation
equations are relatively ad hoc since they are solely based
on general “principles” similar to the first and second
principles of thermodynamics: conservation of energy
(and possibly other constraints) and increase of an “en-
tropic” functional. Contrary to the Boltzmann equation,
the relaxation equations are not derived from first prin-
ciples but just assumed[45]. This is the reason why they
exist in different forms. There is no general consensus
about the importance and interest of these relaxation
equations. Some researchers argue that they are useless
and that they have no physical relevance. Other workers,
on the other hand, consider that they are interesting for
the following reasons:

(i) They can be used as numerical algorithms to solve
maximization problems of the form (6) with a general
“entropic functional” of the form (7). This maximization
problem can have various interpretations (as explained
in Section II B and in [26]) related to thermodynamical
and/or nonlinear dynamical stability of 2D Euler flows.
Although the case of a quadratic functional (24) can be
treated analytically (as done in our paper), the general
maximization problem (6)-(7) is more complex and the
relaxation equations can be a way (among others) to solve
it. Indeed, it is generally difficult to directly solve the
Euler-Lagrange equations associated with (6)-(7) and be
sure that the critical points are entropy maxima. By con-
trast, the relaxation equations guarantee (by construc-
tion) that the relaxed state is an entropy maximum with
appropriate constraints. Furthermore, when several en-
tropy maxima (metastable states) exist for the same val-
ues of the constraints, the relaxation equations can tell
which (local) maximum will be reached by a given initial
condition, thus unveiling its basin of attraction. Finally,
by introducing in the relaxation equations a variable dif-
fusion coefficient (related to the local fluctuations of vor-
ticity), we can take into account the important effects of
incomplete relaxation and lack of ergodicity [40, 41]. This
is not possible if we consider just equilibrium statistical
mechanics.

(ii) They provide non trivial dynamical systems, con-
sistent with the equilibrium states, whose mathematical
study is interesting in its own right. For example, we
have observed that the system can remain blocked for
a long time in an unstable state before finally reaching
the maximum entropy state. Although this effect might
be an artefact of the relaxation equations, the same phe-
nomenon could also occur in more realistic parametriza-
tions. Therefore, the study of the relaxation equations
can suggest interesting ideas and developments.

(iii) The discussion of Appendix B shows that the re-
lexation equations are remarkably consistent with the
parametrization of Holloway [36] based on relatively dif-
erent arguments. This is a hint that our parametriza-
tion may contain ingredients that capture some features
of real oceanic circulation. For example, Holloway has
shown that the Neptune effect plays some role in the
dynamics of the oceans. Therefore, making contact be-
tween the two approaches is of interest. Furthermore, it
is possible to include other geophysical effects in the re-

laxation equations such as wind forcing like in Kazantsev et al. [10].

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