1 Estimation of the reproduction number

In the early stages of an epidemic, when the effect of increasing incidence on the depletion of susceptibles is small, the growth of the epidemic is exponential in nature, with rate \( r \). Assuming the classical SEIR (susceptible-infectious-recovered) transmission model, the reproduction number, \( R_0 \), is determined from

\[
R_0 = \left(1 + \frac{r}{\gamma}\right) \left(1 + \frac{r}{\kappa}\right),
\]

where \( 1/\kappa \) and \( 1/\gamma \) are the latent and infectious periods, respectively.

Given \( M \) incidence measurements, \( y_{i}^{\text{data}} \), at time points, \( t_i \), separated by \( \Delta t \) (i = 1, ..., M), the best fit exponential rise \( r \) is determined by minimizing the Poisson negative log likelihood\[5\]:

\[
-\log L = -\sum_{i=1}^{M} \left( y_{i}^{\text{data}} \log(y_{i}^{\text{pred}}) - y_{i}^{\text{pred}} \right),
\]

where

\[
y_{i}^{\text{pred}} = \frac{e^{rt_i} (e^{r\Delta t} - 1)}{(e^{rt_M} - e^{rt_1})}.
\]

The \( s \) standard deviation upper and lower limits on \( r \) are determined from the values of \( r \) that yield

\[
-\log L(r) = -\log L_{\text{min}} + \frac{s^2}{2},
\]

where \( -\log L_{\text{min}} \) is the minimum value of \( -\log L[5] \).
1.1 Determination of exponential growth phase

The standard deviation width of an epidemic curve consisting of $N$ incidence measurements, $y_{i}^{\text{data}}$, at $t_i$ different time points ($i = 1, ..., N$) is

$$\sigma_t = \sqrt{\frac{\sum_{i=1}^{N} (t_i - \bar{t})^2 y_{i}^{\text{data}}}{\sum_{i=1}^{N} y_{i}^{\text{data}}}},$$

(5)

where

$$\bar{t} = \frac{\sum_{i=1}^{N} t_i y_{i}^{\text{data}}}{\sum_{i=1}^{N} y_{i}^{\text{data}}}. \quad (6)$$

In this analysis we select the exponential rise portion of the epidemic curve by identifying incidence data points at the beginning of the epidemic that are sufficiently many standard deviations away from the time of peak incidence (denoted by $t_{\text{peak}}$) that a fit of an exponential curve to simulated data in that region provides unbiased estimates of the true exponential rise. The exponential rise region is thus the region where $t_i < (t_{\text{peak}} - f \sigma_t)$.

In order to determine the optimal cut off value, $f$, we perform exponential rise fits to simulated data incidence curves from an SEIR (susceptible-exposed-infectious-recovered) model as explained below. Then we choose the value of $f$ that provides unbiased estimates of the true exponential rise.

We carry out a simulation study to generate synthetic data incidence curves from the SEIR transmission model. That is, to estimate the time variation of the incidence, $y^{\text{pred}}(t)$, we use a compartmental model that simulates the number of susceptible ($S$), exposed ($E$), infectious ($I$), and recovered ($R$) individuals in the population using the
coupled deterministic ordinary non-linear differential equations ([1]):

\[ S' = -\frac{\beta SI}{N} \]
\[ E' = \frac{\beta SI}{N} - \kappa E \]
\[ I' = \kappa E - \gamma I \]
\[ R' = \gamma I, \]

where 1/\kappa and 1/\gamma are the average latent and infectious periods, respectively, \( \beta = \mathcal{R}_0 \gamma \) is the transmission rate, and population size is given by \( N = S + E + I + R \). We assume that 1/\gamma = 1.5 days and 1/\kappa = 1.5 days, which are within the range of mean estimates for the 2009 influenza pandemic [6, 7, 8, 9].

We simulate the incidence curve, \( \sum_t y^\text{pred}(t) \), under various \( \mathcal{R}_0 \) hypotheses from 1.1 to 2.0 in steps of 0.1, and then scale \( \sum_t y^\text{pred}(t) \) to simulate 1,000 cases detected during the epidemic. We then obtain the simulated data epidemic incidence curve by random Poisson variation of the number of detected cases around the average within each time bin.

The exponential growth phase consists of data points at the beginning of the epidemic incidence curve that are at least \( f \) standard deviations away from the epidemic peak. Values of \( f \) between 0.5 to 2.0 in increments of 0.25 are examined, and the data simulation and fitting procedure is repeated 1000 times for each value of \( f \). The optimal value of \( f \) is the one that is as low as possible, while still providing an unbiased estimate of the initial exponential growth rate, \( r \). The estimated \( \mathcal{R}_0 \) is determined from the \( r \) estimate using Equation 1.

We found that \( f \geq 1.0 \) provides estimates of the true \( \mathcal{R}_0 \) unbiased to within one
standard deviation, and within 5% of the true $R_0$.

In this analysis, we thus determine the exponential rise portion of the epidemic curve by selecting points that are at least 1.0 standard deviation from the epidemic peak.

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