Intensive mobility for a national cohort of New Zealand-born children by area socioeconomic deprivation level and ethnic group

Oliver Robertson,1 Kim Nathan,1 Philippa Howden-Chapman,1 Michael George Baker,1 Polly Atatoa Carr,2 Nevil Pierse1

ABSTRACT

Objectives The aims of this study are to describe area deprivation levels and changes that occur during residential moves involving New Zealand children from birth to their fourth birthday, and to assess whether these changes vary by ethnicity.

Design Longitudinal administrative data.

Setting Children born in New Zealand from 2004 to 2018.

Participants All (565 689) children born in New Zealand with at least one recorded residential move.

Outcome measures A longitudinal data set was created containing lifetime address histories for our cohort. This was linked to the New Zealand Deprivation Index, a measure of small area deprivation. Counts of moves from each deprivation level to each other deprivation level were used to construct transition matrices.

Results Children most commonly moved to an area with the same level of deprivation. This was especially pronounced in the most and least deprived areas. The number of moves observed also increased with deprivation. Māori and Pasifika children were less likely to move to, or remain in low-deprivation areas, and more likely to move to high-deprivation areas. They also had disproportionately high numbers of moves.

Conclusion While there was evidence of mobility between deprivation levels, the most common outcome of a move was no change in area deprivation. The most deprived areas had the highest number of moves. Māori and Pasifika children were over-represented in high-deprivation areas and under-represented in low-deprivation areas. They also moved more frequently than the overall population of 0 to 3-year-olds.

INTRODUCTION

Changes of home address and frequent residential mobility can have negative impacts on young children, with possible long-term consequences for their physical and mental health, and social outcomes.1–4 However, there are also potential benefits from mobility in some instances. For example, families may be upwardly mobile and move to areas with better access to jobs and higher quality housing, reflecting increasing socioeconomic resources and opportunities.5 Understanding the broad trends in moves and differentiating between moves to areas which are likely to be associated with either ‘positive’ or ‘negative’ consequences are therefore important questions in the residential mobility literature, with implications for public policy and children’s health and well-being.5 Moreover, understanding the patterns of movement of patients, and especially children, is a challenge for clinicians and has important implications for both primary and secondary healthcare.

Neighbourhood economic and social contexts, physical environments and availability of resources such as health amenities have implications for health.7 Suggested pathways by which area deprivation affects child health and well-being include limited access to resources such as health and social services, witnessing violence, and experiencing ‘chaos, disorder and isolation’ along with parental stress.8 Blair and colleagues also suggested environmental factors such as a lack of safe play areas, poor schools and exposure to pollutants.9

Specifically, neighbourhood or area-level socioeconomic deprivation is associated with...
several child health outcomes, including increased risk for asthma, obesity, influenza hospitalisations, antisocial behaviour, poor sleep and injury. In New Zealand, socioeconomic deprivation is also a known driver of health inequalities, with increased rates of acute rheumatic fever and potentially avoidable hospitalisations for populations living in areas of deprivation compared with those in areas of socioeconomic advantage.

There is also evidence that living in socioeconomically advantaged neighbourhoods promotes positive outcomes. For example, Bruckner, Kane and Gailey found that mothers’ upward mobility decreased the likelihood of preterm birth. While Moving to Opportunity shows a potentially positive effect on future earnings for children who moved before 13 years of age, it and other initiatives that facilitate moves to lower deprivation neighbourhoods have had generally mixed results. Increased probabilities of residential mobility and moving to, or staying in, areas of high socioeconomic deprivation, have been associated with ethnicity both internationally and in New Zealand. In New Zealand, Māori and Pasifika populations face economic disadvantage, with lower average incomes and employment rates, and lower rates of home ownership. They also face discrimination in the rental market, move frequently within high-deprivation areas, and are more likely to live in cold or damp housing, with stark and persistent health inequalities.

New Zealand has a highly mobile population, with 39% of people residing at a different address in the 2013 Census compared with the 2006 Census and annual internal migration rates from 2008 to 2016 of between 4.5% and 4.8%. Children under the age of 5 years have one of the highest mobility rates. In a recent study of early childhood mobility, more than two-thirds (69%) of New Zealand children (n=3,131,614) had moved at least once by the age of four and 12% had experienced four or more moves. Among the Growing Up in New Zealand longitudinal study of over 6000 New Zealand children, 33% were living in high-deprivation areas at 4 years of age as measured by the New Zealand Deprivation Index (NZDep).

Current study
Our study focusses on the patterns of moves made by children from birth to their fourth birthday, to and from areas of varying socioeconomic deprivation. Many previous studies in this area have made use of longitudinal surveys and census data. Although important, these only capture address data at particular time points, potentially missing high-frequency, short-duration moves. Our population of interest will also be missing from any analysis using data collected too far apart, such as 5 yearly census data. In this descriptive analysis, we use the Integrated Data Infrastructure (IDI), a set of linked government administrative data sets compiled by Statistics New Zealand, to construct a longitudinal address data set containing lifetime address histories for our cohort.

The current descriptive study grew out of work on health and social outcomes associated with residential mobility in early childhood. Taking a developmental approach, the prior study focussed on the first 4 years of life based on both the importance of this period for healthy child development and the frequency with which young children move. Whereas this earlier work focussed on child outcomes associated with mobility, the current study examines the patterns and transitions of the moves themselves, using a similar cohort. This study provides a descriptive analysis of the movement patterns of children born in New Zealand between 2004 and 2018, from birth to their fourth birthday.

The population patterns of movement are also presented for Pasifika and Māori children. This ethnic breakdown is of interest as these populations have significant health and income inequities, lower rates of home ownership, and high rates of residential mobility. By focussing on the level of deprivation in the areas moved from (the origin), and the level of deprivation in the areas moved to (the destination), we show the extent to which moves represent transitions between deprivation areas, and the proportion of moves that are towards areas of similar, greater, or lesser socioeconomic deprivation.

To summarise, the aims of this study are to describe levels of neighbourhood deprivation and changes that occur during residential moves involving New Zealand children 0 to 3 years of age, and to assess whether these changes vary by ethnicity.

METHODS
Our data set of addresses is created using the full address notification table within the IDI. The NZDep2013 is used as the small area measure of socioeconomic deprivation at each address. Our cohort is all children born in New Zealand from 2004 to 2018, and we use all address data that is recorded before their fourth birthday, up to February 2019.

The IDI is a collection of primarily government data sets, including birth records, hospitalisations and census data, that have been de-identified and linked at the individual level by Statistics New Zealand. In identifying the ethnicities of our cohort, we have used the source ranked ethnicity table within the IDI. This combines ethnicity data from a number of different sources and ranks their estimated reliability in selecting each individual’s ethnicities. In our analysis, we have used total response ethnicity, enabling each individual to identify with more than one ethnic group.

Address data within the IDI are sourced from six government agencies, the Ministry of Health, Ministry of Social Development, Ministry of Education, Accident Compensation Corporation, Inland Revenue Department, and Statistics New Zealand. The address notification table is updated any time an individual interacts with one of these organisations and their address information has changed. This is logged as an entry in the full address notification table.
table, containing the unique property ID, the date the address change was provided, and information on the meshblock and territorial authority where the address is located. A meshblock is the smallest geographic unit used by Statistics New Zealand. Meshblock sizes vary, but they usually have 30 to 60 dwellings and approximately 60 to 120 residents. The meshblock information associated with each address allows us to link it to its area deprivation level, as reported in NZDep2013.

The address table contains repeated data, where the same address appears multiple times for an individual. Given the frequency with which this occurs, it seems likely that most of these updates are not real moves but are instead artefacts of the administrative system used to generate the table. Therefore, multiple moves to the same address were excluded, while keeping the earliest occurrence of each address ID for individuals.

NZDep is a small area socioeconomic deprivation index created using census data. As described by Atkinson, Salmond and Crampton, individual or small groups of meshblocks are ranked in terms of area deprivation and then given a decile-based NZDep score from one to ten. For NZDep2013 the deprivation rankings are based on nine variables: access to the internet, benefit receipt, income level, employment status, education, owning their dwelling, living in a single-parent family, household crowding and access to a car. A meshblock with an NZDep score of 1 is in the 10% of least deprived areas, and a meshblock with an NZDep score of 10 is in the 10% of most deprived areas.

While there are versions of NZDep based on the 2006 and 2018 Censuses, we have chosen to solely use NZDep2013 across all our analyses. It sits roughly in the middle of our data and, as each version of NZDep uses different variables in measuring deprivation and is based on potentially different meshblock boundaries, using only NZDep 2013 allows us to maintain a consistent metric over the period of the study.

There are some meshblocks in our address table that have no associated NZDep2013 decile. This occurred when there were insufficient individuals living in that particular meshblock and the neighbouring meshblocks to generate the metric, or if there were no residents when the census was conducted in 2013. Moves to or from meshblocks that have no known NZDep decile have been removed from our data set. Figure 1 illustrates this process, showing what data have been removed, are missing and the resulting sample sizes.

To construct the transition matrices, we counted the number of moves from each area deprivation level to each other area deprivation level. As we are looking at the number of moves and not the number of individuals, individuals can be counted multiple times if they are frequent movers. Total response ethnicity is used in all analyses, enabling individuals to identify as multiple ethnicities.

**Patient and public involvement**

There was no patient involvement. The data used were de-identified government administrative data.

**RESULTS**

**Study population**

Demographic information for the children in our cohort, non-moving children from the IDI, and the same age group from the 2013 Census, is shown in table 1. In our cohort of movers, 33.5% identify as Māori, and 17.0% as Pasifika, both larger proportions than reported in the 2013 Census (24.4% and 13.0%, respectively). However, the non-moving group has a smaller proportion identifying as either Māori or Pasifika, so at least some of the observed difference is due to Māori and Pasifika children being over-represented in the population that move, and under-represented in the non-mover population.

In table 1, we also see that in the IDI cohort that move, both Māori and Pasifika move more frequently than the cohort as a whole. If we include the non-mover population, these differences increase further due to the over-representation of Māori and Pasifika in the mover population. Including the non-movers, the population as a whole has 1.33 moves per child, while Māori move 1.84 times and Pasifika move 1.53 times.

**Residential moves for child population**

Table 2 is the transition matrix for all children in our cohort, with the left column indicating the NZDep decile of the origin address, and the top row indicating the NZDep decile of the destination address. The cells show
the percentage of moves from each origin deprivation level to each destination level. The move count column shows the number of moves from meshblocks, and movers is the number of individuals that contributed moves, to each level of deprivation in our data set. The non-movers column shows the number of children who lived in an area of that level of deprivation and did not move. The rightmost column, census population, shows the number of children living in each deprivation level on the night of the 2013 Census. This is included to show the distribution of children over deprivation levels at a moment in time.

Table 2 shows that the count of moves and movers by origin deprivation level is strictly increasing with the level of deprivation, with NZDep 10 having the largest number of both moves and movers. It also has the highest level of churn, with 1.25 moves per potential mover (moves divided by movers plus non-movers). Examining the highlighted diagonal of the transition matrix in table 2, we can see that for every origin level of deprivation, the most frequent outcome is a move to an area within the same deprivation decile. This is especially prominent in the most-deprived and least-deprived areas, which have the largest percentage of moves to meshblocks of the same deprivation decile. The population of non-moving children is relatively evenly distributed over the different levels of deprivation. However, movers and children on the night of the 2013 Census increase with the level of deprivation. A χ² test of the distribution of non-moving children with the census night population shows a statistically significant difference (p<0.001). This indicates that the non-mover population is systematically different from the population as a whole.

Residential moves stratified by ethnicity

Table 3 is the transition matrix for Māori children in our cohort and table 4 contains the transitions for Pasifika children. For the Māori population, moves from the six

| Table 1 | Demographic information for movers and non-movers compared with 0 to 3 year olds from the 2013 Census. Individuals can identify as multiple ethnicities |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| IDI movers | IDI non-movers | 2013 Census |
| Population | 565689 | 341667 | 292041 |
| Male | 51.6% | 51.0% | 51.1% |
| Female | 48.4% | 49.0% | 48.9% |
| Māori | 33.5% | 20.4% | 24.3% |
| Pasifika | 17.0% | 12.8% | 13.0% |
| Moves per child | 2.15 | – | – |
| Moves per child (Māori) | 2.52 | – | – |
| Moves per child (Pasifika) | 2.24 | – | – |

IDI, Integrated Data Infrastructure.
The percentage of moves from addresses with the origin deprivation level, to addresses with the destination deprivation level for Māori children before their fourth birthday

| Destination deprivation | Dep 1 | Dep 2 | Dep 3 | Dep 4 | Dep 5 | Dep 6 | Dep 7 | Dep 8 | Dep 9 | Dep 10 | Move count | Movers | Non-movers | Census population |
|-------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------------|--------|------------|------------------|
| Origin deprivation      |       |       |       |       |       |       |       |       |       |        |             |        |            |                  |
| Dep 1                   | 20    | 10    | 10    | 9     | 8     | 9     | 8     | 8     | 8     | 8      | 10392       | 9297   | 3087       | 1923             |
| Dep 2                   | 8     | 15    | 9     | 10    | 9     | 10    | 9     | 10    | 9     | 10     | 15219       | 13704  | 3819       | 2451             |
| Dep 3                   | 6     | 8     | 9     | 10    | 10    | 10    | 9     | 10    | 11    | 11     | 18438       | 16458  | 4224       | 2832             |
| Dep 4                   | 4     | 6     | 7     | 9     | 10    | 10    | 10    | 10    | 11    | 12     | 24483       | 21465  | 4710       | 3306             |
| Dep 5                   | 4     | 5     | 6     | 7     | 8     | 10    | 10    | 11    | 13    | 14     | 30882       | 26760  | 5592       | 4215             |
| Dep 6                   | 3     | 5     | 6     | 9     | 10    | 10    | 10    | 10    | 15    | 16     | 38746       | 32907  | 6279       | 4821             |
| Dep 7                   | 2     | 3     | 4     | 5     | 7     | 9     | 10    | 10    | 16    | 16     | 47679       | 39453  | 7035       | 5730             |
| Dep 8                   | 2     | 3     | 3     | 5     | 8     | 9     | 11    | 12    | 19    | 23     | 64083       | 51048  | 8340       | 7014             |
| Dep 9                   | 1     | 2     | 2     | 4     | 5     | 7     | 9     | 14    | 26    | 30     | 88017       | 65535  | 10869      | 9549             |
| Dep 10                  | 1     | 1     | 2     | 2     | 3     | 5     | 7     | 11    | 19    | 50     | 140601      | 83574  | 15678      | 13698            |

The diagonal is highlighted, showing the percentage of moves to an area with the same level of deprivation.
DISCUSSION

Main findings

Our results show some important patterns in the mobility of NZ-born children, which have important consequences for social mobility and health. By definition, each of the deprivation deciles have approximately equal numbers of people living in them. However, our results show that mobility increases steadily with deprivation. Our results are broadly similar to those in Flouri, Mavroveli and Midouhas, and Morrison and Nissen, with more moves occurring from higher deprivation areas, and more children living in these areas. However, our study shows a distinct increase at each level of deprivation, and while these previous studies also observed a similar trend, in our results the relationship is much clearer. This difference is due to our use of detailed administrative data, which allows us to capture a larger number of the moves made, and to show that there is greater neighbour churn at higher levels of deprivation. Lower home ownership and insecure rental leases in higher deprivation areas are likely to contribute to this.

For the full cohort of children, the most likely NZDep destination is the same as the origin. As most residential moves are of a short distance, and NZDep is spatially correlated with similar levels of deprivation in neighbouring meshblocks, this is not a surprising result. However, this result is especially marked when looking at both the most and least deprived areas. The percentage of moves from NZDep 1 (the least deprived) to another NZDep 1 meshblock is the second highest at 29%, while the highest occurs for moves from and to NZDep 10, at 47%. In comparison, 10% of moves from and to NZDep 3-7 are to an area with the same level of deprivation, implying that there are other underlying factors that contribute to the high rates of same decile moves for the most and least deprived areas.

For Maori and Pasifika children moving from less deprived areas (NZDep 1 to 6), the most likely outcome is moving to an area with the same level of deprivation. However, if they are moving from a more deprived area (NZDep 7 to 10), their most likely outcome is moving to one of the most deprived area (NZDep 10). For Pasifika children, only 21% of moves are to an area with the same level of deprivation, their most likely destination is the same as the origin. As most residential moves are of a short distance, and NZDep is spatially correlated with similar levels of deprivation in neighbouring meshblocks, this is not a surprising result. However, this result is especially marked when looking at both the most and least deprived areas. The percentage of moves from NZDep 1 meshblock is the second highest at 29%, while the highest occurs for moves from and to NZDep 10, at 47%. In comparison, 10% of moves from and to NZDep 3-7 are to an area with the same level of deprivation, implying that there are other underlying factors that contribute to the high rates of same decile moves for the most and least deprived areas.

Looking at the counts of unique individuals that live in each level of deprivation, we see a similar pattern, that is, Maori and Pasifika children are over-represented in the highly deprived areas and under-represented in low-deprivation areas. While the non-moving population as a whole was evenly distributed, the number of non-moving Maori and Pasifika increased with the level of deprivation. This trend is due to our use of detailed administrative data, which allows us to capture a larger number of the moves made, and to show that there is greater neighbour churn at higher levels of deprivation. Lower home ownership and insecure rental leases in higher deprivation areas are likely to contribute to this.

Table 4: The percentage of moves from addresses with the origin deprivation level, to addresses with the destination deprivation level for Pasifika children before their fourth birthday

| Destination deprivation | Dep 1 | Dep 2 | Dep 3 | Dep 4 | Dep 5 | Dep 6 | Dep 7 | Dep 8 | Dep 9 | Move count | Movers | Non-movers | Census population |
|--------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------------|--------|-------------|-------------------|
| Origin deprivation       |       |       |       |       |       |       |       |       |       |             |        |             |                   |
| Dep 1                    | 17    | 9     | 10    | 8     | 8     | 9     | 9     | 9     | 12    | 3327        | 3024   | 984         | 525               |
| Dep 2                    | 7     | 13    | 8     | 9     | 9     | 10    | 11    | 14    | 4782   | 4359        | 1347   | 714         |                   |
| Dep 3                    | 5     | 7     | 13    | 8     | 9     | 10    | 11    | 12    | 15    | 6438        | 5799   | 1554        | 906               |
| Dep 4                    | 4     | 5     | 6     | 14    | 8     | 10    | 12    | 14    | 16    | 8604        | 7713   | 1920        | 1230              |
| Dep 5                    | 3     | 4     | 5     | 7     | 15    | 10    | 12    | 15    | 18    | 10641       | 9420   | 2358        | 1554              |
| Dep 6                    | 2     | 3     | 4     | 6     | 7     | 16    | 11    | 13    | 20    | 14193       | 12390  | 2727        | 1932              |
| Dep 7                    | 2     | 3     | 4     | 5     | 6     | 9     | 18    | 14    | 23    | 18684       | 15939  | 3483        | 2535              |
| Dep 8                    | 1     | 2     | 3     | 4     | 5     | 7     | 10    | 21    | 27    | 27166       | 22476  | 5010        | 3660              |
| Dep 9                    | 1     | 1     | 2     | 3     | 4     | 5     | 8     | 13    | 36    | 43221       | 33408  | 8487        | 6114              |
| Dep 10                   | 1     | 1     | 1     | 2     | 3     | 4     | 6     | 10    | 54    | 78612       | 49515  | 15885       | 10713             |

The diagonal is highlighted, showing the percentage of moves to an area with the same level of deprivation.
deprivation; once in very deprived areas, it is less likely that they will leave them. This is of concern as these communities already have lower income, worse health, and poorer education outcomes. A number of factors contribute to the high rates of mobility among Māori and Pasifika, including low rates of home ownership and lower levels of income. In the 2018 Census, 69% of Māori and 79% of Pasifika lived in households that did not own their dwelling, compared with 48.2% for the entire population, and the Ministry of Social Development found that in 2018, the median household income in New Zealand was $39,900, while for Māori it was $32,200 and for Pasifika $30,400.

While residential mobility and living in deprived areas have been shown to have negative health impacts, there are also distinct inequalities in health outcomes for Māori and Pasifika compared with the wider population. From 2004 to 2008, Māori and Pasifika were shown to have higher rates of infectious disease, with rate ratios of 2.15 and 2.35, respectively. They are also dramatically over-represented in the population that develop acute rheumatic fever, with 51.7% of cases in those younger than 20 years being Māori, and 43.4% being Pasifika.

As of 2019, the Labour coalition government’s policy is to improve the homes and communities in socioeconomically deprived areas. A number of progressive home ownership schemes, as well as policies that improve rental standards and lighten the rules for terminating tenancies, have been announced.

Limitations and further research needs
An issue with the address notification data, along with much of the administrative data contained in the IDI, is that addresses are only observed for an individual when they interact with one of the six agencies described above and provide new address details. Differences in the rates with which different groups interact with government agencies could lead to systematic differences and biases that are difficult or impossible to observe and control for using the data available.

Statistics New Zealand found that there was a 79% match between address meshblock information in the 2013 Census and an individual’s most up-to-date IDI address. We expect this to be the minimum level of accuracy for our study, as the Census data only captures address updates to a point in time, whereas the IDI will record if they ever update at a particular address.

As our cohort is defined as children born in New Zealand, we are missing the residential mobility experienced by young refugees, immigrants, and New Zealanders born overseas. Analysis of the movement patterns of these groups would make a worthwhile extension of this project. It is also possible that different patterns of moves may occur among older children and adolescents, and we plan to address this in the future.

CONCLUSION
The implications of household moves for children remain an important question in the residential mobility literature—are moves good or bad? Moves towards economic opportunity, family connections or greater amenities are likely to have positive impacts on children and families. On the other hand, moves can also disrupt existing social support networks, or be to more deprived areas with potentially fewer amenities and less access to resources. While many of these factors cannot be accurately measured using government administrative data, we can assess the level of deprivation in the origin and destination meshblocks. This does not capture all of the subtleties associated with the quality of a move, but it does give us some information on whether moves are positive, that is, moving to or staying in low-deprivation areas, or negative, that is, staying in or moving to highly deprived meshblocks.

Our results show that while there is a reasonable amount of mobility in terms of area deprivation, the most likely outcome of a move is to an area with the same level of deprivation. This is especially true for the most deprived areas, meaning that children are most likely to remain in high levels of deprivation (NZDep 8 to 10). Areas of high deprivation also have the highest levels of churn, and children living there are more likely to remain in these areas.

The results in this paper show that Māori and Pasifika children, on average, move more frequently than the group of all children aged 0 to 3 years and have lower levels of upward residential mobility than the cohort of all children. They are more likely to move into, and to remain in, areas of high deprivation, and are especially likely to move to the most deprived areas. Māori and Pasifika children are over-represented in high-deprivation areas, and under-represented in the low-deprivation areas, given the sizes of their respective cohorts.

Overall, these findings on patterns of residential moves among New Zealand children indicate that residential moves predominantly occur within areas of similar deprivation and highlight the unequal proportion of moves into, and within, high-deprivation areas for Māori and Pasifika children. This study suggests that policy interventions that promote stability, particularly in Māori and Pasifika families, should be considered.

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Data availability statement Data may be obtained from a third party and are not publicly available. Our data is deidentified administrative data stored within the Integrated Data Infrastructure. This database is managed by Statistics New Zealand, and can be accessed from within databases run by them. Access is provided by Statistics New Zealand after an application process. For information on how to access this data see:https://www.stats.govt.nz/integrated-data/integrated-data-infrastructure/or email access2miscdata@stats.govt.nz.

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ORCID iDs
Oliver Robertson http://orcid.org/0000-0001-6807-8865

Nathan http://orcid.org/0000-0002-0503-0263

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