Excess Risk of Lung Cancer Among Agriculture and Construction Workers in Indonesia

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ABSTRACT

Background: In Indonesia, many occupations and industries involve a variety of hazardous and toxic materials. The ILO estimates that about 21.1% of the tracheal, bronchial, and lung cancer deaths among men were attributable to workplace hazardous substances. This study investigated the relationship between occupations or workplace exposure and the risk of lung cancer in the country. The results will help determine how Indonesia can best mitigate the risk for its workers.

Objectives: This case-control study utilizes the Indonesian Standard of Industrial Classification (IndSIC) 2015 with the aim of exploring the risk of lung cancer among Indonesian workers.

Methods: The study included patients aged 35 years old or older receiving thoracic CT at the radiology department of Persahabatan Hospital. The cases were histological-confirmed primary lung cancers, while the controls were negative thoracic CT scan for lung cancer. The subjects’ job titles and industries were classified according to IndSIC 2015 and blind to the patient’s grouping as a case or control. Logistic regression was used to determine the odds ratios for lung cancer among all sections and some divisions or groups of IndSIC 2015.

Findings: The mean age was 58.1 (±10.23) years for lung cancer patients and 54.5 (±10.23) years for controls. The majority of subjects (19.6%) worked in Section G (Wholesale and retail trade; repair of motor vehicles and motorcycle). After adjusting for age, gender, level of education, and smoking habit, the risk of lung cancer was nearly three-times higher...
INTRODUCTION

The International Agency for Research on Cancer has listed 19 substances with sufficient evidence for lung carcinogenicity in humans (Group 1) [1, 2]. Many occupations and industries in Indonesia involve a variety of carcinogenic materials, such as asbestos and silica in construction and renovation work, welding fumes in steel processing industries, and diesel exhaust for truck drivers and operators of machine engines [2, 3]. Epidemiological studies have reported the increased risk of lung cancer development in several occupations [4–6]. According to the global estimates of occupational accidents and work-related illnesses reported in 2017, about 21.1% of the tracheal, bronchial, and lung cancer deaths among men were attributable to workplace hazardous substances including dust, vapors, and fumes [7].

The number of lung cancer incidents in Indonesia has increased over time and occurs at a younger age compared to other countries [8]. In 2018, the WHO reported 30,023 new cases of lung cancer in Indonesia and 26,095 deaths, making up around 2.6% of Indonesia’s total deaths [9]. Unfortunately, a limited number of studies have been conducted regarding the relationship between occupations or workplace exposure and the risk of lung cancer in the country [10, 11]. Until 2020, occupational lung cancer had not been reported to the Indonesian government, and the occupational risks for lung cancer among Indonesian workers remained unclear [12].

Approaching the relationship between workplace exposure and lung cancer is very challenging. The most notable intricacies in recognizing the relationship is the long latency period of lung cancer and strong confounding factors, like smoking. Indonesia also lacks data on occupational exposure. This further complicates identifying the relationship between occupational agents and lung cancer.

The International Standard Industrial Classification (ISIC) is the system established by the United Nations to classify economic activities [13]. In 1977, Indonesia adopted a system called the “Indonesian Standard Industrial Classification” (IndSIC) or “Klasifikasi Baku Lapangan Usaha Indonesia” (KBLI) [14]. The extensive use of the classification has made it a tool for when studying the economic phenomena as well as employment, health data, and other matters [13, 15]. Amid limited occupational exposure data, IndSIC can be used as a proxy for different exposures for each classification [16]. When implementing the ISIC, many studies have successfully discovered the risk of lung cancer among workers in many countries [3, 17].

This study set out to determine the association between occupational exposure proxied by IndSIC and the risk of developing lung cancer among Indonesian workers. Having health information based on the economic activities’ classification may bring new insight into occupational health research and cancer prevention programs in Indonesia.

MATERIALS AND METHODS

We conducted this study with the review and approval of the Ethical Committee of Persahabatan Hospital, Indonesia, (number 18/KEPK-RSUPP/03/2018) and the Ethical Committee at the medical facility, Ludwig-Maximilians University in Munich, Germany (number 18–632). All subjects signed an informed consent form after receiving the participants’ information on all aspects of the study.
STUDY POPULATION

For 17 months between May 2018 and September 2019, we performed a case-control study at the National Respiratory Hospital in Jakarta, Indonesia. The recruitment of cases and controls in this study followed a protocol similar to what was utilized in a previously published study by the same authors on asbestos-related lung cancer in a hospital-based case-control study in Indonesia [18]. The study population consisted of all patients aged 35 years old or older who received a thoracic computerized tomography (CT) scan for a range of indications including lung infection, mediastinal mass, lung nodule or mass, trauma, and evaluation of pleural diseases. The cut off age of the subjects, 35 years, was chosen based on the assumption that the youngest working-age in Indonesia is 15 years old and the average latency period for developing lung cancer is around 20 years; therefore, it is estimated that the youngest occupational lung cancer develops around the age of 35 years [19, 20].

The cases were primary lung cancers that were confirmed by histology, and the controls were recruited from the same as those who had the thoracic CT scan but returned images with no evidence of lung cancer. The CT scans were interpreted by a thoracic radiologist, and the histological information was obtained from the hospital’s pathology department.

Trained interviewers carried out the interviews using a standardized questionnaire adapted from Cancer Research UK [21] and were translated by a certified translator into Bahasa, Indonesia. We obtained the information on demographic data, smoking habits, and lifetime occupational history including industry category, job titles, and the start and end dates of each job episode.

The occupational physician classified job titles and industries according to IndSIC 2015 were blind to the patient’s grouping as a case or as a control. Subjects who worked in more than one of IndSIC’s sections were grouped into the section that reflected the longest period of work.

INDONESIAN STANDARD OF INDUSTRIAL CLASSIFICATION (INDSIC)
2015 VERSION

The original version of ISIC was developed in 1948, and since that time, the majority of countries around the world have used ISIC as their national activity classification or have developed a national classification derived from ISIC [22]. The latest version of ISIC is ISIC revision four (ISIC rev.4), which comprises of 21 sections, 88 divisions, 238 groups, and 419 classes [8].

The “Indonesian Standard of Industrial Classification” IndSIC was developed by the Centre of Statistical Bureau, or Badan Pusat Statistik (BPS) of Indonesia, which was derived from the ISIC rev. 4. This study used the IndSIC 2015 version which consists of 21 sections (A to U), 88 divisions, 240 groups, 520 subgroups, and 1573 classes. Each item is coded as one letter plus five digits. For example, the code A 01111 can be interpreted as follows: A represents Section A (agriculture, forestry, and fishing), A 01 indicates Division A 01 (crop and animal production, hunting and related service activities), A 011 indicates Group A 011 (crowing of non-perennial crops), A 0111 indicates subgroups A 0111 (growing of cereals (except rice), leguminous crops and oil seeds), and A 01111 indicates Class A 01111 (corn farming) [15].

Among the 21 sections of IndSIC, some sections include a variety of work processes, materials, and substances among their divisions or groups; whereas, in some other sections, they are almost similar. For example, Section C (manufacturing) has 33 divisions such as cement, plastic, chemical, and food industries that are very different when it comes to work processes and exposures, while Section F (construction) has only three nearly similar divisions. These differences can lead to different lung cancer risks among workers in the different divisions of the manufacturing section [16].

STATISTICAL ANALYSIS

The differences in the proportions of demographic characteristics between cases and controls were evaluated using the chi-square test. We calculated the odds ratio (OR) to investigate the association between different occupational sections of IndSIC 2015 and lung cancer. To control the confounding factors, a multivariate unconditional logistic regression was performed to obtain
odds ratio estimates together with 95% confidence intervals (CI) that were adjusted for gender, age, level of education, and smoking habits.

We employed three analysis models to verify the appropriateness of assumptions made in this study and to validate study findings. “Model 1” analysis discovered the ORs among all IndSIC sections using “housewife” as “Reference 1” and Section S (Other services as member of organization, repair of household) as “Reference 2”. Housewives, the “Reference 1”, were considered to have the most similar tasks in all settings, less probability of contact to workplace exposures, the majority of them being non-smokers, and them being at a lower risk of lung cancer compared to other occupations [24–28]. The limitation of this reference group is that they were not part of IndSIC and that they were all females. Section S (Other services as member of organization, repair of household) was chosen to be “Reference 2” because it had the most similar OR to “Reference 1”.

“Model 2” analysis was developed to discover the possible hidden risk of lung cancers in some divisions or groups. We subdivided Sections A (Agriculture, forestry and fishing), B (Mining and quarrying), C (Manufacturing), G (Wholesale and retail trade; repair of motor vehicles and motorcycle), H (Transportation and storage), and Q (Human health and social work activities) into divisions or groups. The remaining sections were not redivided into divisions because most of their divisions are not so different in terms of workplace exposure or work processes. The new classification consisted of the combinations of the sections and divisions or groups. The investigation of ORs was similar to the “Model 1” analysis.

Following the “Model 1” and “Model 2” analysis, sections with significantly increased lung cancer odds ratios were compared to other sections in a third model (“Model 3”). A one-way ANOVA was conducted to compare the mean of ORs among the three models of analyses.

We calculated the population attributable fraction (PAF) for any section or division that had significant OR to estimate the proportion of lung cancer cases that would be prevented if the risk factor was eliminated [23]. Our estimate was made by using the formula, PAF = P(EC) × (OR-1)/OR where OR is the adjusted odds ratio and P(EC) is the proportion of exposed cases [6]. All test decisions were performed at a significance level of 5%. IBM SPSS Statistic for Windows, version 25.0 (IBM Corp., Armonk, NY, USA) was used to analyze the data.

RESULTS

For 17 months between May 2018 and August 2019, 710 subjects were interviewed, of which 340 subjects were eligible for cases and 370 were eligible for controls. The mean age for lung cancer patients was 58.1 (10.23) years, and the mean age for the controls was 54.5 (10.23) years. The proportion of male smokers who had a smoking history of more than ten pack-years and of workers who had worked for more than ten years was higher in the cases than in the controls. Among the cases, adenocarcinoma dominated the histological cell type (55.9%), and, among controls, tuberculosis (54.6%) was the most prominent diagnosis (Table 1).

| Age            | CASES (N = 340) | CONTROLS (N = 370) | P VALUE* |
|----------------|-----------------|--------------------|----------|
| NO. OF SUBJECTS (%) | NO. OF SUBJECTS (%) |                     |          |
| Mean (SD)      | 58.1 (10.23)    | 54.8 (10.23)       | 0.00     |
| Age categories |                 |                    |          |
| <45 years      | 35 (10.3)       | 82 (22.2)          | 0.00     |
| 45–55 years    | 97 (28.5)       | 106 (28.6)         |          |
| 56–65 years    | 126 (37.1)      | 117 (31.6)         |          |
| 66–75 years    | 68 (20)         | 52 (14.1)          |          |
| >75 years      | 14 (4.1)        | 13 (3.5)           |          |

Table 1 Characteristics of subjects.
* The t test was used for continues variables and χ² test for categorical variables.
In total, 1,095 work histories were collected. Table 2 shows the distribution of subjects for each section of IndSIC, housewife, and unemployment, all of which were stratified by gender. The highest proportion of all subjects was working in Section G (wholesale and retail trade; repair of motor vehicles and motorcycle), followed by Section C (manufacturing). Among female subjects, the highest proportion was in housewives. In almost all sections of IndSIC 2015, the proportion of males was dominant except for Section C (manufacturing), Section K (financial and insurance activities), Section P (education), and Section T (activities of a household as employers; undifferentiated goods and services-producing activities of households for own use).

|                  | CASES (N = 340) | CONTROLS (N = 370) | P VALUE* |
|------------------|-----------------|--------------------|----------|
| **Gender**       |                 |                    |          |
| Female           | 128 (37.8)      | 164 (44.3)         | 0.08     |
| Male             | 212 (62.2)      | 206 (55.7)         |          |
| **Duration of work** |              |                    |          |
| <10 years        | 49 (14.4)       | 87 (23.5)          | 0.003    |
| 10–30 years      | 156 (45.9)      | 168 (45.4)         |          |
| >30 years        | 135 (39.7)      | 115 (31.1)         |          |
| **Education**    |                 |                    |          |
| Illiterate       | 10 (2.9)        | 10 (2.7)           | 0.09     |
| Elementary       | 77 (22.6)       | 67 (18.1)          |          |
| Junior High School | 32 (9.4)     | 40 (10.8)          |          |
| Senior High School | 132 (38.8)  | 177 (47.8)         |          |
| Bachelor         | 78 (22.9)       | 71 (19.2)          |          |
| Postgraduate     | 11 (3.2)        | 5 (1.4)            |          |
| **Smoking**      |                 |                    |          |
| 0 to 10 pack-years | 174 (51.2)   | 240 (64.9)         | 0.001    |
| >10 to 40 pack-years | 107 (31.5) | 85 (23.0)          |          |
| >40 pack-years   | 59 (17.4)       | 45 (12.2)          |          |
| **Histological cell type** |           |                    |          |
| Adenocarcinoma   | 190 (55.9)      |                    |          |
| Large cell       | 16 (4.7)        |                    |          |
| Squamous cell    | 73 (21.5)       |                    |          |
| Unidentified     | 3 (0.9)         |                    |          |
| Small cell       | 13 (3.8)        |                    |          |
| Others           | 45 (13.2)       |                    |          |
| **Diagnoses of controls** |         |                    |          |
| No abnormality   | 30 (8.1)        |                    |          |
| Tuberculosis and other lung infections | 202 (54.6) |                    |          |
| Chronic lung diseases | 66 (17.8) |                    |          |
| Mediastinal mass and other malignancies | 40 (10.8) |                    |          |
| Other diseases   | 32 (8.6)        |                    |          |
“Model 1” analysis found that, compared to “Reference 1”, the adjusted OR for workers in Section A (agriculture, forestry, and fishing) was 3.8 (95% CI = 1.42–10.6), and Section F (Construction) was 2.9 (95% CI = 1.27–6.54). In comparison to “Reference 2”, the adjusted OR for workers in Section A (Agriculture, forestry, and fishing) was 3.6 (95% CI = 1.20–10.43), and Section F (Construction) was 2.6 (95% CI = 1.06–6.20) (Table 3).

**Table 2** Distribution of gender in each section of Indonesian Standard of Industrial Classification 2015.
When several sections were subdivided into divisions or groups in “Model 2”, subjects who had worked in Division A01 (crop, animal production, and hunting) (OR = 3.9, 95% CI = 1.36–11.25), Division C20 (chemical and chemical product) (OR = 4.8, 95% CI = 1.09–21.60), and Section F (construction) (OR = 2.8, 95% CI = 1.20–6.37) had a significantly higher chance of developing lung cancer compared to “Reference 1”. Division A 02 and 03 (forestry and fishing) of Section A did not show an increased chance of developing lung cancer. Compared to “Reference 2”, subjects in Division A01 (crop, animal production, and hunting) (OR = 3.7, 95% CI = 1.20–11.32) and Section F (construction) (OR = 2.6, 95% CI = 1.07–6.14) maintained a higher chance of developing lung cancer, while subjects working in Division C20 (chemical and chemical product) did not show a statistically significant odds ratio (Table 4).

**Table 3** Adjusted odds ratio of the association between occupational backgrounds in sections of the Indonesian Standard of Industrial Classification 2015 and lung cancer.

The OR was calculated using logistic regression adjusted for age, gender, education, and smoking.

# Reference group: “Housewife”.
## Reference group: Section S (Membership organization, repair computer and household, and other personal services).
* Statistically significant, i.e. $p \leq 0.05$.

| INDIC 2015 | CASES (340) | CONTROLS (370) | ADJUSTED OR (95% CI)* | ADJUSTED OR (95% CI)** |
|------------|-------------|----------------|-----------------------|------------------------|
| E: Water supply; sewage, waste management, material recovery | N (%): 2 (0.6) | N (%): 1 (0.3) | 4.2 (0.33–54.53) | 3.8 (0.29–48.75) |
| F: Construction | N (%): 35 (10.3) | N (%): 20 (5.4) | 2.9 (1.27–6.54) * | 2.6 (1.06–6.20) * |
| G: Wholesale and retail trade; repair of motor vehicles and motorcycle | N (%): 61 (17.9) | N (%): 79 (21.4) | 1.4 (0.75–2.67) | 1.3 (0.60–2.67) |
| H: Transportation and storage | N (%): 32 (9.4) | N (%): 33 (8.9) | 1.7 (0.75–3.78) | 1.5 (0.65–3.44) |
| I: Accommodation and food service activity | N (%): 7 (2.1) | N (%): 10 (2.7) | 1.2 (0.39–3.82) | 1.1 (0.33–3.59) |
| J: Information and communication | N (%): 4 (1.2) | N (%): 7 (1.9) | 1.3 (0.33–5.16) | 1.2 (0.28–4.93) |
| K: Financial and insurance activities | N (%): 12 (3.5) | N (%): 8 (2.2) | 2.8 (0.98–8.28) | 2.6 (0.82–8.10) |
| L: Real estate activities | N (%): 0 (0) | N (%): 3 (0.8) | 0 | 0 |
| M: Professional, scientific and technical activities | N (%): 2 (0.6) | N (%): 4 (1.1) | 0.5 (0.09–4.02) | 0.5 (0.08–3.83) |
| O: Public administration and defense; compulsory social security | N (%): 25 (7.4) | N (%): 21 (5.7) | 1.7 (0.71–3.95) | 1.5 (0.61–3.86) |
| P: Education | N (%): 17 (5.0) | N (%): 18 (4.9) | 1.3 (0.53–3.43) | 1.2 (0.44–3.40) |
| Q: Human health and social work activities | N (%): 15 (4.4) | N (%): 8 (2.2) | 2.8 (0.89–8.5) | 2.8 (0.89–8.51) |
| R: Arts, sports and recreation related services | N (%): 5 (1.5) | N (%): 4 (1.1) | 2.5 (0.58–11.13) | 2.3 (0.51–10.35) |
| S: Membership organization, repair computer and household, and other personal services | N (%): 15 (4.4) | N (%): 25 (6.8) | 1.1 (0.48–2.62) | Reference |
| T: Activities of household as employers; undifferentiated goods-and services-producing activities of households for own use | N (%): 6 (1.8) | N (%): 6 (1.6) | 1.8 (0.53–6.51) | 1.7 (0.41–6.55) |

When several sections were subdivided into divisions or groups in “Model 2”, subjects who had worked in Division A01 (crop, animal production, and hunting) (OR = 3.9, 95% CI = 1.36–11.25), Division C20 (chemical and chemical product) (OR = 4.8, 95% CI = 1.09–21.60), and Section F (construction) (OR = 2.8, 95% CI = 1.20–6.37) had a significantly higher chance of developing lung cancer compared to “Reference 1”. Division A 02 and 03 (forestry and fishing) of Section A did not show an increased chance of developing lung cancer. Compared to “Reference 2”, subjects in Division A01 (crop, animal production, and hunting) (OR = 3.7, 95% CI = 1.20–11.32) and Section F (construction) (OR = 2.6, 95% CI = 1.07–6.14) maintained a higher chance of developing lung cancer, while subjects working in Division C20 (chemical and chemical product) did not show a statistically significant odds ratio (Table 4).

**Table 4** Adjusted odds ratios of the association between occupational backgrounds classified in sections, divisions, or groups based on the Indonesian Standard of Industrial Classification 2015 and lung cancer.

The OR was calculated using logistic regression “adjusted for age, gender, education, and smoking.”

# Reference group: “Housewife”.
## Reference group: Section S (Membership organization, repair computer and household, and other personal services).
~ is infinite.
* Statistically significant, i.e. $p \leq 0.05$.

| INDIC 2015 | CASES (340) | CONTROLS (370) | ADJUSTED OR (95% CI)* | ADJUSTED OR (95% CI)** |
|------------|-------------|----------------|-----------------------|------------------------|
| Housewife | N (%): 31 (9.1) | N (%): 52 (14.1) | Reference | Not included |
| Unemployed | N (%): 1 (0.3) | N (%): 4 (1.1) | 0.6 (0.05–5.86) | Not included |
| A: Agriculture, forestry and fishing | N (%): 19 (5.6) | N (%): 7 (1.9) | 3.9 (1.36–11.25) * | 3.7 (1.20–11.31) * |
| A 01: Crop, animal production and hunting | N (%): 2 (0.6) | N (%): 1 (0.3) | 2.8 (0.22–35.52) | 2.5 (0.20–32.35) |
| A 02 & 03: Forestry and fishing | N (%): 0 | N (%): 3 (0.8) | 0 | 0 |

(Contd.)
| INDIC 2015 | CASES (340) | CONTROLS (370) | ADJUSTED OR (95%CI)* | ADJUSTED OR (95% CI)** |
|-----------|------------|---------------|----------------------|------------------------|
| B: Mining and quarrying | | | | |
| B 610: Oil and gas mining | 4 (1.2) | 0 (0.0) | ~ | ~ |
| B 510: Coal and lignite mining | 1 (0.3) | 4 (1.1) | 0.5 (0.05–4.80) | 0.4 (0.04–4.53) |
| C: Manufacturing | | | | |
| C 10: Food industry | 5 (1.4) | 5 (1.4) | 2.5 (0.63–9.80) | 2.3 (0.54–9.65) |
| C 14: Manufacture of wearing apparel | 12 (3.5) | 17 (4.6) | 1.6 (0.67–4.06) | 1.5 (0.54–4.10) |
| C 15: Industry of leather, synthetic, footwear | 1 (0.3) | 4 (1.2) | 0.7 (0.07–6.98) | 0.7 (0.07–6.58) |
| C 17: Industry of pulp, paper, paper board | 4 (1.2) | 0 (0.0) | ~ | ~ |
| C 20: Chemical and chemical product | 7 (2.1) | 3 (0.8) | 4.8 (1.09–21.60) * | 4.5 (0.96–20.73) |
| C 21: Pharmaceuticals, medicinal chemical and botanical products | 3 (0.9) | 0 (0.0) | ~ | ~ |
| C 23: Non-metal mining goods | 3 (0.9) | 4 (1.2) | 1.7 (0.32–8.50) | 1.6 (0.29–8.39) |
| C 24: Industry of iron and steel | 4 (1.2) | 5 (1.4) | 1.8 (0.41–8.30) | 1.7 (0.37–7.81) |
| C 26: Computer, electronic and optic industry, semiconductor, and other electronic components | 1 (0.3) | 4 (1.2) | 0.5 (0.05–4.52) | 0.4 (0.04–4.36) |
| C 2910: Four Wheels vehicle industry | 4 (1.2) | 0 (0.0) | 0 | 0 |
| C 31: Furniture industry | 1 (0.3) | 3 (0.8) | 0.6 (0.06–6.80) | 0.6 (0.05–0.38) |
| C 32: Other industries | 1 (0.3) | 3 (0.8) | 0.9 (0.09–9.73) | 0.8 (0.07–9.02) |
| D: Electricity, gas, steam and AC supply | 2 (0.6) | 3 (0.8) | 1.2 (0.18–8.68) | 1.1 (0.16–7.82) |
| E: Water supply; sewage, waste management, material recovery | 2 (0.6) | 1 (0.3) | 4.2 (0.34–53.69) | 3.8 (0.29–49.51) |
| F: Construction | 35 (10.3) | 20 (5.4) | 2.8 (1.20–6.37) * | 2.6 (1.07–6.14) * |
| G: Wholesale and retail trade; repair of motor vehicles and motorcycle | | | | |
| G 45: Repair of motor vehicles | 9 (2.6) | 9 (2.4) | 1.8 (0.57–5.52) | 1.6 (0.51–5.23) |
| G 47: Retail trade | 52 (15.3) | 70 (18.9) | 1.3 (0.60–2.54) | 1.2 (0.57–2.59) |
| H: Transportation and storage | | | | |
| H 49: Railroad transportation | 25 (7.4) | 23 (6.2) | 1.8 (0.75–4.23) | 1.6 (0.66–3.94) |
| H 501: Sea and air transport and warehouse, transportation support | 7 (2.1) | 10 (2.7) | 1.3 (0.39–4.20) | 1.1 (0.34–3.83) |
| I: Accommodation and food service activity | 7 (2.1) | 10 (2.7) | 1.2 (0.37–4.01) | 1.1 (0.33–3.56) |
| J: Information and communication | 4 (1.2) | 7 (1.9) | 1.3 (0.32–5.07) | 1.2 (0.28–4.95) |
| K: Financial and insurance activities | 12 (3.5) | 8 (2.2) | 2.8 (0.95–8.13) | 2.5 (0.81–8.11) |
| L: Real estate activities | 0 (0) | 3 (0.8) | 0 | 0 |
| M: Professional, scientific and technical activities | 2 (0.6) | 4 (1.2) | 0.6 (0.08–3.86) | 0.5 (0.07–3.75) |
| O: Public administration and defense; compulsory social security | 25 (7.4) | 21 (5.7) | 1.6 (0.66–3.78) | 1.5 (0.59–3.78) |
| P: Education | 17 (5.0) | 18 (4.9) | 1.3 (0.50–3.36) | 1.2 (0.43–3.39) |

(Contd.)
Table 5 shows the association between occupational backgrounds in Division A01, Division C20, Section F, and the remaining sections of IndSIC 2015 and lung cancer (“Model 3”). The chance of workers developing lung cancer in Division A01 (crop, animal production, and hunting) (OR = 2.7, 95% CI = 1.05–6.76) and Section F (construction) (OR = 1.9, 95% CI = 1.03–3.40) was consistently higher compared to workers of the remaining sections.

The ANOVA showed that there was no statistically significant difference of the mean of ORs among the three models (F (4,103) = 0.44, p = 0.78). The PAF for workers in Division A01 (crop, animal production, and hunting) was 3.9% and for workers in Section F (construction) was 5.4%. Two divisions in Section C (C17: pulp, paper, and paper products and C21: pharmaceuticals, medicinal chemical, and botanical products) and a division in Section B (B610: oil and gas mining) were the only divisions that had cases without controls.

**DISCUSSION**

The present study succeeds in bringing evidence of the excess risk of lung cancer for workers that can be classified under the IndSIC’s Division A01 (Crop, animal production and hunting) and Section F (Construction). The PAF for crop, animal, and hunting workers was 3.9% and construction workers was 5.2%, showing that the contribution of occupational carcinogens contributed to the lung cancer burden in Indonesia. Applying the PAF to the 30,023 incident cases of lung cancer in Indonesia in 2018, we estimated that 1,170 cases were attributable to occupation in crop, animal, and hunting division and 1,561 cases were attributable to occupations in the construction section in 2018 [9]. The increased risk of lung cancer for agriculture and construction workers was similar to a study performed by Baser, et al. in Turkey. They identified the increased risk of lung cancer among agriculture workers (OR = 1.89, 95% CI = 1.17–2.98) and workers exposed to inorganic dust (ceramic and pottery workers, construction, and mining) (OR = 1.81, 95% CI = 1.0–3.25) compared to office workers. They also discovered that the elevated risk for agriculture workers was associated with pesticide use [29]. The odds ratio in our study was slightly higher than in the Baser study but comparable with a cohort study by Alavanja et al [30]. Many other studies have proved that pesticides are associated with an increased risk of lung cancer in agriculture workers [30–34].
Tse et al., after applying the ISIC rev.4 to investigate the risk of lung cancer in Chinese workers, reported that construction workers have a significantly increased risk of having lung cancer compared to workers from other sections (OR = 1.37, 95% CI: 1.01–1.89). Tse et al. further identified that occupational carcinogens associated with the development of lung cancer were caused by silica dust (1.75, 95% CI: 1.16–2.62), welding fumes (1.74, 95% CI: 1.13–2.68), diesel exhaust (2.18, 95% CI: 1.23–3.84), and man-made mineral fibers (7.45, 95% CI: 1.63–34.00) [3]. In addition to the increased risk of lung cancer, a study in California by Calvert et al. indicated that lung cancer in construction workers was diagnosed at an earlier age, at a more advanced stage, and had significantly lower survival rates by three years compared to non-construction workers. The odds ratio in this study was comparable with Calvert et al.’s findings [17].

Bianco and Demers, in a publication about trends in compensation for occupational cancer in Ontario, Canada, noted that lung cancer was the most frequently compensated occupational cancer, especially in the construction, manufacturing, and mining industries [35]. Occupational lung cancer in Korea, reported by Yeon-Soon Ahn and Kyong Sook Jeong, was primarily associated with manufacturing and construction work and were the most common occupations compensating for lung cancer [19]. Both studies indicated that asbestos was responsible for the elevated risks of lung cancer, especially among construction workers.

It is common knowledge that construction workers face a lack of protection and have a high rate of occupational accidents, especially in developing countries. An inspection report in 2018 revealed that up to 80% of construction projects in Jakarta, the capital of Indonesia, did not have health and safety regulations in place and that there were a lack of trained workers [36]. On the other hand, most agriculture workers are informal workers who do not have enough knowledge and resources to protect themselves. Several studies have reported a high prevalence of chronic pesticide intoxication in farmers [37], and other researchers reported that most agricultural workers in Indonesia have been working without personal protective equipment when using pesticides [38].

Siemiatycki et al. and Loomis et al. listed lung carcinogens (Group A) with the occupations or industries in which the carcinogen substances are found [1, 39]. This study only identified the elevated risks of lung cancer for Division A01 (crop, animal production, and hunting) and Section F (construction) and could not discover potential increased risk for other occupations or industries that have occupational carcinogens. However, we can observe possible increased risks coming from Division C17 (pulp, paper, and paper products), Division C21 (pharmaceuticals, medicinal chemical, and botanical products), and Division B (oil and gas). Unfortunately, the number of subjects was not sufficient to obtain enough controls. This meant that those divisions did not have controls, only some cases. Therefore, we could not indicate the OR. We were also careful with the increased OR for chemical and chemical product divisions compared to the housewife as a reference. The increased OR was not significant when the reference was from Section S and the other remaining sections. Further research should be conducted to investigate the risks of lung cancer by having a sufficient number of subjects.

There are some limitations in this study, especially of methodological nature. A major limitation is the explorative character of this case-control study, such as the lack of conducting multiple tests for different subgroups. As there are limited studies and data on the risks of lung cancer in Indonesia available, this explorative research has nonetheless added an important first insight into this public health issue, proving that further research in this area is indispensable. Unmatched subjects, possible misclassification of the subjects’ occupations, and recall bias were other limitations of this study. However, the increased chances for agriculture and construction workers to develop lung cancer found in this study were comparable to other previous studies of other countries and indicated no substantial effect of the limitations. Selection bias was also a concern for the hospital-based case-control study. However, almost all of the proportioning of subjects in each section of IndSIC were comparable with the proportion of Indonesian workers based on IndSIC, and this allowed us to assume that the subjects represented the Indonesian population [20, 40]. Moreover, the study’s location was the national referral hospital for respiratory diseases and the most prominent center for lung cancer management in Indonesia. This allowed us to assume that we had obtained a representative sample of the lung cancer patients of Indonesia for our study’s aim.
As far as we know, this is the first study in Indonesia to approach occupational lung cancer through the IndSIC classification system. This approach is most convenient since the country has insufficient data on the effects of exposure. For more detailed information, further investigations, to the level of division or even classes that may identify risk that had not appeared at the section level, should be performed. The approach could be extended further by increasing the number of subjects or directly investigating the occupational agents causing lung cancer by using a job exposure matrix.

CONCLUSIONS

This study filled in the gap of knowledge by bringing significant evidence of how occupational roles correlate with the development of lung cancer among Indonesian workers. It shows the excess risk of lung cancer among workers in Section F (construction) and Division A01 (crop, animal husbandry, and hunting) which could be an early hint of association of some carcinogens with lung cancer development among Indonesian workers. This study confirms the need for improved policy, monitoring, and control of occupational exposure for primary cancer prevention and workers’ compensation purposes. It is needed to ensure that people with work-related lung cancer are diagnosed. Therefore, more training about workplace exposures risk to workers at high risk and training on diagnosing occupational lung cancer need to be provided to health care professionals. Our study results demand further investigations to unravel the possibility that there are even more risk factors for lung cancer among workers in Indonesia in existence. Moreover, this study succeeded in employing IndSIC 2015 as the proxy of occupational exposure to discover occupational disease which can be applied in future occupational health research in Indonesia.

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COMPETING INTERESTS

The authors, whose names are listed immediately below, certify that there is no competing interest to declare:

1. Anna Suraya
2. Astrid Sulistomo
3. Aziza Ghanie Icksan
4. Ursula Berger
5. Elisna Syahruddin
6. Stephan Boese O’Reilly

The following authors have affiliations with organizations with direct or indirect financial interest in the subject matter discussed in the manuscript:

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AUTHOR CONTRIBUTIONS

Conceptualization and methodology A.S., D.N., S.B.O., and A.W.S.; software, A.S.; validation, S.B.O., U.B., and D.N.; formal analysis, A.S., U.B., S.B.O. and D.N.; investigation, A.S., A.G.I. and E.S.; resources, A.G.I. and E.S.; writing—original draft preparation, A.S.; writing—review and editing, D.N., S.B.O. U.B., A.W.S.; supervision, A.W.S., D.N., and S.B.O.; project administration, A.S.

All authors have participated in (a) conception and design, or analysis and interpretation of the data; (b) drafting the article or revising it critically for important intellectual content; and (c) approval of the final version.

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