Testing macroscopic realism through high-mass interferometry

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(Dated: August 7, 2014)

We define a quantum witness for high-mass matter-wave interferometers that allows us to test fundamental assumptions of macroscopic realism. We propose an experimental realisation using absorptive laser gratings and show that such systems can strongly violate a macrorealistic quantum-witness equality. The measurement of the witness can therefore provide clear evidence of physics beyond macrorealism for macromolecules and nanoparticles.

PACS numbers: 03.75.Dg, 03.75.-b, 03.65.Ta, 03.65.Ud

Are quantum superpositions of macroscopic objects possible, or does macroscopic realism — the principle that a system exists in a macroscopically-distinct state at all times — inevitably hold sway above a certain mass or size scale?

Interferometry with massive objects provides a promising route to address this question and probe the macroscopic limits of quantum coherence. Multi-slit diffraction has been demonstrated with molecules composed of more than 100 atoms. However, the collimation requirements in such experiments are stringent. Despite significant progress in the development of cold nanoparticle sources in the mass range $10^6-10^{10}$ AMU, it is Talbot-Lau interferometry that currently provides evidence for quantum interference using the most massive particles. Here, diffraction at each slit of a grating prepares the spatial coherence required to cover at least two neighbouring slits in a second mask. For gratings with the same period, separated by the Talbot distance $\xi_T$, an interference pattern of equal period arises at a distance $\xi_T$ further down stream. Talbot-Lau interferometers were first demonstrated using atoms, before being extended to hot molecules and molecular clusters. Most recently quantum interference with molecules composed of more than 800 atoms and a total mass exceeding $10^9$ AMU has been observed.

In practice, matter-wave experiments with high-mass particles require small grating periods because the de Broglie wavelength $\lambda_B = h/mv$ is inversely proportional to the particle mass, $m$. Here $v$ is the velocity and $h$ is Planck’s constant. If a grating is cut into a solid material, the small grating period result in high particle-surface interactions. In particular local patch potentials and charges on the surface are very difficult to control. In contrast, gratings made from standing light waves have well controlled particle interactions and both phase and absorption gratings have been adapted to Talbot-Lau interferometry.

The interference patterns from the above experiments agree well with quantum-mechanical predictions, thus eliminating classical ballistic models. However, the observation of interference itself does not rule out all possible macrorealist explanations. Take, for example, the famous double-slit experiment for electrons. Only by comparing the two-slit diffraction pattern with the sum of single-slit patterns is the quantum, wave-like, nature of the particles exposed, and a macrorealist interpretation in terms of well-defined trajectories rejected. In this Letter we propose a rigorous test to close this macrorealist loophole for high-mass particles in an all-optical Talbot-Lau interferometer.

Fig. 1 illustrates an interferometer with three photo-depletion gratings, where the absorption of light removes particles that pass close to the antinodes. Gratings $G^{(1)}$, $G^{(2)}$ and $G^{(3)}$ are formed by the standing wave of three retro-reflected lasers of wavelength $\lambda_L$. Absorptive optical gratings have been realized with continuous lasers for atoms and with pulsed lasers for molecular clusters. Figs. 1a, 1b, and 1c show the additional two experiments required for a test of macrorealism. Here the middle grating is supplemented by a second depletion laser, of wavelength $2\lambda_L$, to form a grating that blocks every second node in $G^{(2)}$. We designate the combined grating as $G^{(2)}_+$ when all “even” nodes are blocked and $G^{(2)}_-$ when the second laser is shifted to block all the “odd” nodes.

We characterise the difference in intensity distributions for the setting $G^{(2)}_+$ and the sum of the signals in the settings $G^{(2)}_+$ and $G^{(2)}_-$ with a quantum witness, $W$. In analogy with entanglement witnesses, non-zero values of $W$ can be interpreted as witnessing quantum coherence. Whereas, if macrorealism holds, $W = 0$. The witness measurements should, from a macrorealist viewpoint, appear non-invasive. Therefore, switching from the one-colour to the two-colour setting should have no influence on the molecules other than blocking their paths. In practice realising non-invasive, ideal negative measurements is extremely challenging. Here we quantify the invasivity of our measurement and find that it decreases with increasing values of $W$, enabling the witness to be attributed to a violation of macrorealism.
Within the eikonal approximation, a wave function $\psi(x)$ impinging on grating $G_0^{(3)}$ undergoes the transformation $\psi(x) \rightarrow t_0^{(3)}(x)\psi(x)$, where the transmission function $[18]$ of the three gratings in Fig. 1 is given by

$$t_0^{(i)}(x) = \exp \left[ \left( -\frac{n_0^{(i)}}{2} + i\phi_0^{(i)} \right) \cos^2 (kx) \right],$$

with $i = 1, 2, 3$ and $k = 2\pi/\lambda_L$. Here, $n_0^{(i)}$ and $\phi_0^{(i)}$ are the mean number of absorbed photons and the dipole induced phase shift at the anti-nodes respectively. These are related to the absorption cross section $\sigma_{abs}(\lambda_L)$ and optical polarizability $\alpha(\lambda_L)$ through $n_0^{(i)}/\phi_0^{(i)} = \beta(\lambda_L) = \lambda_L\sigma_{abs}(\lambda_L)/4\pi^2\alpha(\lambda_L)$.

In Fig. 1, a, b, and c we show the complementary configurations created by adding a second absorptive laser of wavelength $2\lambda_L$ to block every second opening of $G_0^{(2)}$. The transmission functions of these composite gratings, $G_{\pm}^{(2)}$, read

$$i_0^{(2)}(x) = \exp \left[ \left( -\frac{n_0^{(2a)}}{2} + i\phi_0^{(2a)} \right) \cos^2 (kx) \right] \times \exp \left[ \left( -\frac{n_0^{(2b)}}{2} + i\phi_0^{(2b)} \right) \cos^2 \left( \frac{kx}{2} + \frac{\pi}{4} \right) \right],$$

with $\phi_0^{(2a)} = \beta(\lambda_L)n_0^{(2a)}$ and $\phi_0^{(2b)} = \beta(2\lambda_L)n_0^{(2b)}$. Fig. 2 shows the mean number of absorbed photons and the transmission probability at the second grating. The grating $G_0^{(2)}$ has openings in the unit cell at $x = \pm \lambda_L/4$, whereas $G_{+}^{(2)}$ has a single opening at $x = -\lambda_L/4$, and $G_{-}^{(2)}$ an opening at $x = +\lambda_L/4$. In order to minimize the difference in electric field experienced by molecules that pass through $G_0^{(2)}$ and those that pass through $G_{\pm}^{(2)}$, we set

$$n_0^{(2a)} = n_0^{(2)} - \frac{1}{4}n_0^{(2b)}. \quad (3)$$

This means that for large photon absorption, $n_0^{(2)} \approx n_0^{(2b)} \gg 1$, we have to a good approximation

$$|t_0^{(2)}(x)|^2 = |t^{(2)}(x)|^2 + |t^{(2)}(x)|^2. \quad (4)$$

At the position of $G_0^{(3)}$ we define a dichotomic variable $Q$ such that those particles that pass through are assigned a value $Q = +1$, whilst those blocked are assigned a value $Q = -1$. The intensities recorded by a detector behind $G_0^{(3)}$ for the different grating settings of $G_0^{(2)}$ are denoted by $I_{s_1,s_2}$. Here $s_2 = (0, +, -)$ refers to the three possible settings of $G_0^{(2)}$ and $s_3 = (Y, N)$ describes the presence (Y) or absence (N) of the grating $G_0^{(3)}$ in the beam path. With grating $G_0^{(2)}$ in place, the fraction of molecules with $Q = +1$ can be obtained from the measured intensity ratio $I_{Y,0}/I_{N,0}$. The expectation value of $Q$ is therefore

$$\langle Q \rangle = 2 \frac{I_{Y,0}}{I_{N,0}} - 1. \quad (5)$$

Under a macrorealist, non-invasive description of the system the distribution of particles arriving at the detector when the second grating is in setting $G_0^{(2)}$ should equal the sum of intensities for the settings $G_{+}^{(2)}$ and $G_{-}^{(2)}$. We therefore define a second expectation value $\langle Q \rangle_m$ which relates to settings $G_{\pm}^{(2)}$,

$$\langle Q \rangle_m = \frac{2I_{Y,0} + I_{Y,-} + I_{Y,+} - I_{N,-} - I_{N,+}}{I_{N,-} + I_{N,+}} - 1. \quad (6)$$

Finally, we combine $\langle Q \rangle$ and $\langle Q \rangle_m$ to define the quantum witness $[20]$,

$$W \equiv |\langle Q \rangle - \langle Q \rangle_m|. \quad (7)$$

For ideal non-invasive gratings, the condition $W = 0$ defines a macroreal state. Finite values of $W$ describe the degree of quantum coherence present in a system with an algebraic bound $W \leq W_{\text{lim}} = 2$. We note that this is similar to the no-signalling in time measure $[29]$.

To calculate the quantum-mechanical value of $W$, we employ the Wigner-function method developed in
Refs. [30, 31]. For simplicity, we set $n^{(1)}_0 = n^{(2b)}_0 = \frac{4}{3}n^{(2a)}_0 = n^{(2)}_0 \gg 1$. Eq. (4) is satisfied and grating $G^{(+)}_2$ has a transmission like that of $G^{(2)}_0$ but with every other “hole” closed. Eq. (4) holds only approximately, they would conclude that the differences are finite because molecules can pass $G^{(2)}_0$ that would be blocked by the combination of $G^{(+)}_2$ and $G^{(2)}$. Observing that $0 \leq \delta_Y \leq \delta_N$, a macrorealist would expect the witness to obey the revised bound

$$W \leq W_\delta = \frac{2|\delta_N|}{I_{N,0} - \delta_N}.$$  

Here $W_\delta$ may be obtained experimentally from the position-integrated intensities measured without $G^{(3)}_0$. In Fig. 4, we plot $W_\delta$ for a range of parameters and find that for $n^{(2)}_0 \gtrsim 5$ it does not compromise the quantum witness violation.

A macrorealist would also argue that small differences between the gratings result in the witness being measured invasively. However, the difference, and thus the potential for invasivity, decreases with increasing laser power. For example, the difference in the number of photons absorbed by a molecule passing through $G^{(+)}_2$ compared to $G^{(2)}$ is $\Delta(x) = n^{(2)}_0 \left[ \cos^2(kx/2 - \pi/4) - \frac{1}{2} \cos^2(kx) \right]$. At the center of an opening in $G^{(+)}_2$, $\Delta(x)$ is zero but increases as $(x + \lambda_l/4)^4$ close to this point. If we define the width of the opening by the points where the transmission has dropped to a value $T_w$, we find that the maximum difference experienced by particles traveling through the opening is $\Delta_{\text{max}} \approx (\ln T_w)^2/16n^{(2)}_0 \sim 1/n^{(2)}_0$. Therefore, as the laser intensity increases the difference between the potentials experienced by the transmitted particles decreases and with it any invasivity. The increasing quantum witness violation for decreasing values

![Fig. 2](image1.png)

**FIG. 2.** (a) Mean number of photons $n(x)$ absorbed by a particle at position $x$ in the one-colour grating $G^{(2)}_0$. (b) The same for the two-colour grating $G^{(2)}$. Here, the total photon-number (black solid line) has contributions with period $\lambda_l/2$ (green dashed) and $\lambda_l$ (blue dot-dashed). (c) and (d) show the corresponding transmission probabilities. With intensities chosen such that $n^{(2b)}_0 = \frac{4}{3}n^{(2a)}_0 = n^{(2)}_0 \gg 1$, Eq. (4) is satisfied and grating $G^{(+)}_2$ has a transmission like that of $G^{(2)}_0$ but with every other “hole” closed.

![Fig. 3](image2.png)

**FIG. 3.** The expectation values $\langle Q \rangle$, $\langle Q \rangle_m$, and quantum witness $W$ as a function of the ratio between grating separation $\xi$ and Talbot length $\xi_T = \lambda_l^2/4\lambda_{dB}$. The peaks in $\langle Q \rangle$ and $\langle Q \rangle_m$ are a consequence of Talbot revivals. It is the wave nature of this phenomenon that results in differences between $\langle Q \rangle$ and $\langle Q \rangle_m$. As a consequence, the witness develops strong peaks at $\xi \approx (2q - 1)\xi_T$, which become sharper and taller with increasing $n^{(2)}_0$. The parameters used here are $n^{(3)}_0 = 2$, $\beta(\lambda_l) = \beta(2\lambda_l) = 1$ and $n^{(2)}_0 = 10, 50$. One might be concerned that deviations from the exact equality in Eq. (4) can yield a macrorealistic explanation of finite values of $W$. These deviations, however, can be included in our analysis as a new macrorealistic upper bound for the witness. Let us define the difference in intensities $\delta_{s_3} = I_{s_3} - I_{s_3+} - I_{s_3-}$. If Eq. (4) holds, a macrorealist would concur that $\delta_{s_3} = 0$. However, if

$$\delta_{s_3} = I_{s_3} - I_{s_3+} - I_{s_3-}.$$
of $\Delta_w$ makes an explanation for violations in terms of non-invasivity contrived.

A measurement of the quantum witness using a Talbot-Lau interferometer requires low-velocity particles which absorb sufficiently at $\lambda_L$ and $2\lambda_L$. In practice $G^{(3)}_0$ and $G^{(3)}_0$ may be replaced by material masks. However, $G^{(2)}_0$ and $G^{(2)}_x$ must be realised using absorptive optical gratings using photoionization [32], photofragmentation [24] or any other technique which removes particles passing through the antinodes from detection. Caesium clusters with a mass exceeding $10^5$ AMU can be created in great abundance using cold aggregation sources [34] and can be ionised in a $G^{(2)}_x$, formed from 266 nm and 532 nm continuous-wave lasers of modest power. Aggregation sources can also be adapted for use in a pulsed nanoparticle interferometer, operating in the time-domain, with velocities of less than 100 m/s [37]. Here, fluorine lasers with a wavelength of $\lambda_L = 157$ nm can be combined with a frequency-doubled parametric oscillator to form $G^{(2)}_{\pm}$ with pulse energies in the mJ range. In addition to metal clusters, this enables semiconductor nanocrystals and polypeptides and tryptophan clusters to be ionised [38, 59].

In summary, we have presented a test of macrorealism for high-mass Talbot-Lau matter-wave interferometers. We have described an experiment that predicts significant values of the quantum witness and which can be realised in the near future using alkali metal clusters. This will enable the exclusion all macrorealistic, non-invasively-measurable theories for particles with a mass exceeding those of existing tests [22] by several orders of magnitude [10]. Looking to the future, the development of single-photon depletion gratings for nanobiomatter [38] will extend interferometry to antibiotics, proteins and beyond. Photo-activatable, mass-selected, fluorescent proteins are particularly appealing for this, as they can store which-path information in their internal structure. This will enable a post-selected measurement of the witness through real-time fluorescence detection and allows the interplay between conformational state and decoherence to be explored [11].

We are grateful to N. Dörre, S. Eibenberger, P. Haslinger, N. Lambert, M. Mayor, J. Rodewald, and U. Sezer for fruitful discussions. We thank the European Research Council project No. 320694 for financial support. JPC is supported by a VCQ fellowship.

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