A Review on Mix Design of Self-Compacting Concrete

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ABSTRACT

In recent years, the use of self-compacting concrete in structures has increased significantly around the world. Many studies have been carried out on the characteristics of this type of concrete with the urgent need to design concrete mix and to find the material ratios used in this type of concrete so far there are no standard mix design self-compacting concrete methods, but there are many types of research to design mixes. Hence the need to review and compare these methods is of considered interest. The review of these studies helps researchers to choose the appropriate method of designing the mixtures of self-compacting concrete and their requirements, whether the strength or workability requirements.

Keywords:  
Self-compacting concrete; mix design; strength requirements; workability requirements.

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1. INTRODUCTION

Self-compacting concrete SCC was developed firstly in Japan in 1988 [1]. It is a special type of concrete with high flowability and workability and resistance to segregation, this helps to fill the formwork and pass through the heavy reinforcement without using mechanical vibrations. The water/cement ratio and superplasticizer dosages were being one of the main key parameters in the proportioning of SCC mixtures [2]. SCC has a high performance and ability to flow and compact under its own weight without bleeding and segregation [3,4]. The curing conditions have a significant effect on the degree of hydration of cement and there are significant differences between conventional vibrated concrete and SCC especially during curing [5]. Some guidelines have been appointed to get mix proportions of self-compacting concrete consist of:

1- Reducing the ratio of aggregate volume to powder materials.  
2- Reducing the content and the size of coarse aggregate particles and increasing the content of the fine particles.  
3- Reducing water to powder ratio.  
4- Using superplasticizer to reduce the water content and to get a high flowability.  

Because of the low content of coarse aggregate, the elasticity modulus of self-compacting concrete was low compared to normal concrete, which affects the characteristics deformation of member and a high creep and shrinkage which increase long term deflection [6].

The mix design of self-compacting concrete comparison with conventional concrete required adding pozzolanic materials, superplasticizer dosages and sometimes, viscosity modifying agents [7,8].

The factors affected the properties of SCC (strength, shrinkage, and durability) are the characteristic of the percentage of powder materials [9], superplasticizer, packing density, water to powder ratio, fine and coarse aggregate and methods of design [10,11,12].
2. LITERATURE REVIEW

The design of SCC according to the Japanese concept depends on a suggestion method by Okamura and Ozawa [13] in 1995. The authors had produced a simple system of mix-proportioning assuming commonality supply from the ready mixture concrete. The contents of fine and coarse aggregate are fixed then the water/powder ratio and the dosage of superplasticizer are adjusted to get self-compatability easily. The mixture design as proposed is:

- the content of coarse aggregate is specified as 50% of the total volume;
- the content of fine aggregate is specified as 40% of the mortar volume;
- assumed water/powder ratio in volume as 0.9 to 1.0 depending on the properties of the powder; and
- the dosage of superplasticizer and the final water/powder ratio are adjusted to get the self-compatability.

Domone et al. [14] in 1999 achieved the mortar properties of SCC by using four types of superplasticizers and different types of powders like pulverized fuel ash (PFA), Portland cement, limestone powder, ground granulated blast furnace slag (GGBS), and silica fume. The sand proportion was constant at 45% by volume. The water to cementitious material ratio was 0.945 and 1.26 by volume.

Bui et al. [15] in 2002 proposed a model depending on the rheological criteria of paste. Which depends on the volume of aggregate, the shape aggregate, the distribution of particle size of coarse and fine aggregates, the fine to coarse aggregate ratio, the surface characteristics of aggregate, the difference of density between the paste and aggregate, as depicted in Fig. (1). All procedure of mix design is shown in Fig. (2).

Okamura’s method [13] was improved by Edamatsu et al. [16] in 2003 by limiting the water to powder ratio, the superplasticizer dosage, and the fine aggregate ratio. This method used aggregates and cementitious materials of different qualities.

Su and Miao [17] suggested a mix design method as shown in Fig. (3). In this method, low content of cement was used to get a flowing concrete with medium strength. First determining the packing factor, the workability was achieved by filling the void between the aggregate with GGBS and fly ash the paste volumes were 290–320 L/m³ to obtain medium strength concretes. This method produced an eco-friendly and economical flowing concrete with low cement content 200 kg/m³.

Hwang and Hung [18] suggested a lightweight concrete mix design method as shown in Fig. (4), it used a densified mixture design algorithm.
(DMDA) to design lightweight SCC, there were two phases, aggregate phase and paste phase. The lightweight coarse aggregate, fine aggregate (normal weight), and fly ash represent the aggregate phase, whereas cement, slag, superplasticizer, and water represent the paste phase. The algorithm of (DMDA) is to minimize the porosity \(V_v\) by filling the porosity between the coarse particles with fine particles. The concrete workability was attained by filling pores and lubricating. The hardened characteristics based on cement paste and lightweight aggregate properties. The result of workability showed that the SCLWC (self-compacting lightweight concrete) achieved a good flowability and high strength and durability by using the DMDA method.

Aggarwal et al. [19] in 2008 presented a self-compacting concrete mix design of experimental procedure. The results of workability tests to get characteristics of self-compacting concrete like J-ring, slump flow, L-Box, and V-funnel are presented. Further, compressive strength was determined at 7, 28, and 90 days. Different trial mixes were adopted. The content of coarse aggregates is 50 percent of total concrete by volume and the contents of fine aggregates are 40 percent of mortar in concrete by volume and variation in water to cement ratio and superplasticizer was carried out to attain SCC mixes. In the case of further trials, the content of coarse and fine aggregate was varied with variation in water to cement ratio to achieve the characteristics of SCC.

Domone [20] suggested the UCL method for the mix design of SCC, shown in Fig. (5). A trial mixes were used to evaluate the dosage of superplasticizer and the water to powder ratio and test the workability by The flow and V-funnel tests.

Kheder and Al-Jadiri [21] proposed a mix design method for SCC illustrated in Fig (6). The new method concentrated on compressive strength. In this method, two mix proportions were used. The first method was ACI 211.1 [22] for normal concrete and the second method was EFNARC [23] methods for SCC. These methods were combined with certain modifications, in the present method the strengths range was from 15 to 75 MPa with w/c ratios from 0.80 to 0.29 respectively. The required compressive strength was obtained by specifying the water to powder ratios.

Dinakar [24] in 2012 was the first who proposed a methodology for designing the self-compacting concrete containing the fly ash for determinant strength and different replacement ratios for the fly ash. The methodology concluded that the replacement of 70% produced 30 MPa and 30% produced 90 MPa self-compacting concrete strength.

Jawahar et al. [25] in 2012 proposed a simple tool to design self-compacting concrete (SCC) mixture, this tool evaluated with a SCC mix having 28% of the content of coarse aggregate, class F fly ash of 35% replacement of cement, water/binder ratio is 0.36 by weight and volume.

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**Fig. (4)** Mix design procedure of SCC [18].

**Fig. (5)** Mix design procedure of SCC [20].
of paste is 388 liter/m3. The size of crushed granite stones is 20 mm and 10 mm are to be used with 60:40 a blending by percentage weight of total coarse aggregate.

The steps for designing concrete mixtures were as follows:

* The content of the air is assumed based on a percentage of the volume of the concrete.
* The coarse aggregate blending took as a percent of the total weight of the coarse aggregate.
* The volume of the coarse aggregate from the total volume of the concrete is calculated by the percentage of the dry-rod unit weight of coarse aggregate.
* The percentage of fine aggregate is adjusted from the volume of mortar and then the volume of the paste and water/binder ratio is found.
* The replacement percent by weight of fly ash is entered from cementitious material.
* The doses of the superplasticizer is calculated as a percentage of binder weight.
* The binder content is adjusted to get the paste requirement.

![Fig. (6) Mix design procedure of SCC](image)

Dinakar et al. [26] in 2013 suggested a mix design of SCC by using a powder material from ground granulated blast furnace slag (GGBS), which is Fixed and the efficiency of slag is calculated, Third Step: calculate the water content of SCC. Fourth Step: determine the fine and coarse aggregate contents, Fifth step: calculate the dosage of superplasticizer (SP), Sixth Step: a trial mix is adopted and test the fresh properties of SCC, Seventh Step: the mixture proportions are adjusted.

It was noticed that the levels of replacement range from 20% to 80%, gives a range of strengths from 30 to 100 MPa. When the replacements of GGBS reached 80%, at 90 Days verified the same results of normal concrete after 28 days. However, the strength at 7 days of SCC was lower when compared with normal concrete.

![Fig. (7) Mix design procedure of SCC](image)

Deeb and Karihaloo [27] in 2013 suggested a variant method depending on computational simulations of mix proportioning of high performance and ultra-high performance SCC with and without steel fibers. The aggregates that used in conventional methods weren’t used in the suggested method. Silica fume used in high performance SCC to improve the workability, the dosage of superplasticizer was increased and water to powder ratio was decreased to 0.23.

The range of compressive strength was 35 MPa to 160 MPa.

Kanadasan and Razak [28] in 2014 proposed a mix design method depending on the concept of particle packing as shown in Fig. (8). The SCC that contained palm oil clinker (POC) aggregate which also used as a binder; achieved the
hardened properties and workability. The fresh requirements of SCC of EFNARC [23] were satisfied by this mix design. The promotes sustainability and natural resources were preserved when the waste materials used.

Fig. (8) Mix design procedure of SCC [28].

Dinakar and Manu [29] in 2014 suggested a methodology which depends on easy calculations as shown in Fig. (9). It can be obtained in 5 steps. In Step 1, the full powder content is installed. Step 2, then dependence on the requirements of strength, the metakaolin percentage, and the factor of efficiency (K) are specified. In Step 3, the water content that was required for the self-compacting concrete is determined, and in Step 4 the quantity of fine and coarse aggregate is found by utilization the curve of aggregate grading of DIN standards [30]. And finally, the properties of soft concrete are found through the test of flowability by V-funnel and the slump flow, and the ability of passing by L-Box. The self-compacting concrete that designed by using the suggested methodology gets the strength that was expected (80, 100 and 120 MPa) and by proportions of metakaolin (7.5%, 15%, 22.5%) with 550 kg/m3 powder contents.

Kunar [31] in 2015 studied the design of concrete mixtures of self-compacting concrete by taking some trial mixtures. Fine and coarse aggregate content has been identified, self-compacting capability can be easily obtained by modifying the water to powder materials ratio and the doses of the superplasticizer. In traditional concrete, the ratio of water to cement is constant to obtain the required strength. In self-compacting concrete, the strength is not controlled by this ratio because it is low enough to obtain the required strength. The research concluded that there is no specific way to design self-compacting concrete but to adopt trial mixes obtained from the design methods of traditional concrete and adapted to get self-compacting concrete.

Ahlawat et al. [32] proposed SCC mix design. The fine and coarse aggregate content were adjusting so that the fine aggregate is about (50-60) % of the total aggregate with or without viscosity modifying agent, when using superplasticizer the water content was reduced, the coarse aggregate size was controlled the
results of L-Box so that when the size of aggregate was greater the flowability was less through the heavy reinforcement.

Indu and Elangovan [33] in the paper used SYSTAT software to find out an optimum proportional mix of self compacted concrete with high strength for different grades (30MPa - 80MPa). Several trial mixes were adopted including Fly Ash as mineral admixtures. The strength was increased when the water-cement ratio was reduced and adding the mineral admixture. Also by using chemical admixtures, the workability was improved and the segregation was minimized. After casting the compressive strength, flexural strength and split tensile strength at 1, 7, 14, 28, 56 and 90th days respectively are tested. From the results, an empirical relationship was obtained by using SYSTAT software. Hence for any assumed mix proportion of SCC can predict the strength with 90% to 95% accuracy.

Dhaheer et al. [34] proposed a simple mix design method for SCC. The design charts are dependent on rheological properties typified by compressive strength targeted and concrete plastic viscosity.

Thejas et al. [35] used MATLAB to formulate the relationships between input variables like the volume of paste, water-cement ratio, cement content, water content, and water-powder content and output parameters like compressive strength at 7, 28, 60 and 90 days, slump flow, L-box, V-funnel, U-box, and J-ring. The experimental results from many literature surveys were used.

Ismail and Shahidan [36] proposed a simple mix design method that depended on a volumetric ratio to calculate amounts of materials; cement, aggregate, sand, and ADW (Asphalt Dust Waste) by percentage from the required of total volume. The cement content in each mix was fixing 25% of the total volume. The amounts of granular varying with 0.3 water to binder ratio and 2% superplasticizer. The flowchart of mix proportion and the volumetric mix design is shown in Fig. (10).

In India no certain mix design process is adopted, SCC mix design procedure was investigated by Basu et al. [37] according to Indian Standard Code IS: 10262 [38] and Indian Standard Code of Reinforced Concrete Structure IS: 456 [39], a trial mix was adopted to get a SCC then testing the fresh concrete when the results were accepted then casting the final specimen to check the mechanical properties, compressive strength, flexure strength and splitting tensile strength and durability properties and microstructure properties. The flowchart in Fig. (11) shows the process of mix design.

| Authors, year | summary |
|---------------|---------|
| Okamura       | The contents of fine and coarse |
and Ozawa [13], 1995

Domone et al. [14], 1999

Edamatsu et al. [16], 2003

Su and Miao [17], 2003

Hwang and Hung [18], 2005

Aggarwal et al. [19], 2008

Domone [20], 2009

Kheder and Al-Jadiri [21], 2010

Jawahar et al. [25], 2012

Dinakar et al. [26], 2013

Deeb and Karihaloo [27], 2013

Dinakar and Manu [29], 2014

Kunar [31], 2015

Ahlawat et al. [32], 2015

Indu and Elangovan [33], 2016

Thejas et al. [35], 2017

Ismail and Shahidan [36], 2017

Basu et al. [37], 2018

**Table:**

| Reference | Year | Methodology |
|-----------|------|-------------|
| Aljubory et al. [26], 2014 | The full powder content is 550 kg/m³. The water content that was required for the self-compacting concrete is determined, the quantity of fine and coarse aggregate is found by utilization the curve of aggregate grading of DIN standards [30]. |
| Kunar [31], 2015 | Fine and coarse aggregate content has been identified. Self-compacting capability can be easily obtained by modifying the water to powder materials ratio and the doses of the superplasticizer. |
| Ahlawat et al. [32], 2015 | The fine and coarse aggregate contents were adjusted, the fine aggregate is about (50-60) % of the total aggregate with or without viscosity modifying agent when using superplasticizer the water content was reduced. |
| Indu and Elangovan [33], 2016 | SYSTAT software used to find out an optimum proportional mix of self compacted concrete with high strength for different grades (30MPa–80MPa). |
| Thejas et al. [35], 2017 | MATLAB used to formulate the relationships between input variables like the volume of paste, water-cement ratio, cement content, water content, and water-powder content and output parameters like compressive strength at 7, 28, 60 and 90 days, slump flow, L-box, V-funnel, U-box, and J-ring. |
| Ismail and Shahidan [36], 2017 | The cement content in each mix was fixing 25% of the total volume. The amounts of granular varying with 0.3 water to binder ratio and 2% superplasticizer. |
| Basu et al. [37], 2018 | According to Indian Standard Code IS: 10262 [38] and Indian Standard Code of Reinforced Concrete Structure IS: 456 [39], a trial mix was adopted to get a SCC then testing the fresh concrete |
3. DISCUSSIONS

Through a review of self compacting concrete mix design researches and studies, it can be noted that the following elements must be implemented; the mix design principles, the initial mix composition and the adjustment of the mix.

3.1 Mix Design Principles

1- Choosing the right method for designing mixtures of SCC depends on the desired requirements whether they are strength requirements or workability requirements and also depends on the type of powder materials and their chemical properties.
2- Trial mixes must be made in all methods to achieve the workability requirements set out in EFNARC [23].
3- Reducing the content of coarse aggregate in most researches to obtain the required workability and to prevent segregation.
4- Increasing powder materials to reduce spaces around coarse aggregate and get flowability of self compacting concrete.
5- Reducing water content by reducing the amount of water to powder ratios and this at the same time requires increasing superplasticizer dosages to obtain the required workability.

3.2 Initial Mix Composition:

It is most useful in the mix design to consider the relative proportions of the key components by volume rather than by mass.
1- Total powder content; 160 to 240 litres/m$^3$ (400-600 kg/m$^3$).
2- Water/cement ratio; typically water content does not exceed 200 litre/m$^3$.
3- Water/powder ratio by volume of 0.80 to 1.10.
4- Coarse aggregate content; normally 28 to 35 percent by volume of the mix.
5- The sand content balances the volume of the other constituents.

3.3 Adjustment of the mix

Laboratory trials mix must be used to check the properties of the initial composition of the mixture. If necessary, the mix composition should then be adjusted.
1- The cement/powder ratio and the water/powder ratio adjusted depending on the flow test and other properties of the paste.
2- A different types of powder used (if possible).
3- Adjust the proportions of the fine aggregate and the dosage of superplasticizer.
4- Viscosity modifying agent used to reduce the sensitivity of the mix.
5- Adjust the grading and/or proportion of the coarse aggregate.

4. CONCLUSIONS

By reviewing the previous studies in the field of self compacting concrete mix design, it can be concluded that there is no standard method for designing SCC and all methods mentioned are hypotheses based on the properties of this type of concrete.

The specialty of this type of concrete makes it difficult to design the mixtures as, in addition to the required strength, there are some additional properties required like flowability, passing ability and no segregation, this leads to the need to make multiple trial mixes. This type of concrete contains powder materials and needs superplasticizer, in addition to the main components of traditional concrete from cement, fine aggregate, coarse aggregate, and water. The variety of types of superplasticizer, types of powder materials, and their different properties directly affect the design of the self compacting concrete mixtures.

From all previous studies, it can be concluded that the typical range of components in SCC by weight and by volume is:

1. The Powder content is (380-600) kg/m$^3$.
2. The paste content is (300-380) kg/m$^3$.
3. The water content is (150-210) kg/m$^3$.
4. The coarse aggregate content is (750-1000) kg/m$^3$,(270-360) litres/m$^3$.
5. The fine aggregate content balances the volume of the other constituents, typically (48 – 55%) of the total aggregate weight.
6. Water/Powder ratio by Vol. is (0.85 – 1.10) litres/m$^3$.

These ratios are by no means limitation, and there are many SCC mixtures outside them.

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**الملخص**

في السنوات الأخيرة ازداد استخدام الخرسانة ذاتية الرص في المنشآت بصورة كبيرة حول العالم وأجريت العديد من الدراسات حول خصائص هذا النوع من الخرسانة مع الحاجة الملحة لتصميم الخلطات الخرسانية وإيجاد نسب المواد المستخدمة في هذا النوع من الخرسانة. وفي الآن لا توجد مواصات لإيجاد الخلطات الخرسانية ذاتية الرص، ولكن توجد العديد من الدراسات لتصميم الخلطات من هذا نجاح الحاجة لعمل مراجعة لهذه الطرق والمقارنة بينها. وهذه المراجعة تساعده الباحثين على اختيار الطريقة المناسبة لتصميم الخلطات الخرسانية وحسب المتطلبات إن كانت متطلبات مقاومة أو متطلبات تشغيلية.

**الكلمات الدالة :**

الخرسانة ذاتية الرص, تصميم الخلطات, متطلبات مقاومة, متطلبات تشغيلية.