Interacting Dirac fermions under spatially alternating pseudo-magnetic field: Realization of spontaneous quantum Hall effect

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Both topological crystalline insulators surfaces and graphene host multi-valley massless Dirac fermions which are not pinned to a high-symmetry point of the Brillouin zone. Strain couples to the low-energy electrons as a time-reversal invariant gauge field, leading to the formation of pseudo-Landau levels (PLL). Here we study periodic pseudo-magnetic fields originating from strain superlattices. We study the low-energy Dirac PLL spectrum induced by the strain superlattice and analyze the effect of various polarized states. Through self-consistent Hartree-Fock calculations we establish that, due to the strain superlattice and PLL electronic structure, a valley-ordered state spontaneously breaking time-reversal and realizing a quantum Hall phase is favored, while others are suppressed. Our analysis applies to both topological crystalline insulators and graphene.

I. INTRODUCTION

The discovery of graphene and topological insulators has significantly boosted the ubiquity of condensed matter realizations of Dirac fermions as emergent electronic excitations at low-energy [1–3]. Dirac electrons in condensed matter systems have enjoyed an enormous amount of interest both from a fundamental and technological application perspective [4]. A key difference between graphene and topological insulators is the number of species, or valleys, of Dirac fermions and their locations in momentum space. Topological insulators (TI) protected by time reversal symmetry host a single-valley Dirac fermion, which is pinned to a time-reversal-invariant (TRI) momentum in the surface Brillouin zone [5]. In contrast, graphene hosts two valleys of Dirac fermions located at non-TRI momenta [6,7], each valley having an additional spin degeneracy. More recently, a new type of Dirac fermions was discovered on the surface of topological crystalline insulators (TCI) SnTe, (Sn,Pb)Se and (Sn,Pb)Te [8–12], which are protected by mirror symmetry of the crystal [8,13,15]. These Dirac fermions exhibit spin-momentum locking as in TIs; however, there is an even number of Dirac cones at non-TRI momenta, a feature similar to graphene.

In general, when Dirac points are located at non-TRI momenta, nonmagnetic perturbations such as strain are able to move Dirac points in momentum space, thereby acting as an effective gauge field on Dirac fermions. For example, strain induces opposite gauge fields for the two Dirac valleys in graphene, and spatially inhomogeneous strain gives rise to effective magnetic fields that are opposite in two valleys, preserving time reversal symmetry [17–19]. In the presence of such a pseudo-magnetic field $B$, the low-energy electronic structure takes the form of pseudo-Landau levels (PLLs) with energies characteristic of Dirac electrons in magnetic fields, i.e. $\sim \sqrt{nB}$, where $n$ is the Landau level (LL) index. Key signatures of pseudo-magnetic fields have been experimentally observed in graphene [20,21].

The PLLs have a large single-particle degeneracy, which makes them susceptible to many-body instabilities in a manner similar to magnetic-field induced LLs [22]. Electronic interactions are expected to lift the degeneracy and drive the system into various gapped states. Two primary examples are spin-polarized and valley-polarized states of PLLs in graphene [23,24].

In this work we consider interacting Dirac electrons under periodically modulated pseudo-magnetic fields, where regions of positive and negative fields alternate in space, forming a superlattice. This field profile leads to a novel electronic structure markedly different from uniform pseudo-magnetic fields [29,30]. There are various ways in which periodic pseudo-magnetic fields can arise, one prominent way being a strain superlattice in graphene or TCI. Such spatially periodic strain fields are particularly relevant, as they were experimentally found to develop at interfaces of heterostructures built from TCIs (e.g., SnTe) and trivial insulators (e.g., PbTe) [31–33]. At these interfaces, the lattice constant mismatch causes dislocations which self-organize into a periodic array and therefore produce a natural realization of periodic strain fields. The key characteristic of the corresponding periodic pseudo-magnetic fields is that they can exist over macroscopic regions. In contrast, uniform pseudo-magnetic fields cannot exist in the thermodynamic limit, owing to the boundedness of strain (=pseudo-gauge field) [34], unlike a real magnetic field. Apart from strain superlattices, periodic pseudo-magnetic fields can arise as a result of incommensurate electrostatic potentials originating from, for instance, from lattice-mismatched substrates with a twist angle [34,35,36].

Starting from the strain-induced pseudo-magnetic superlattice, we address the effect of electron-electron interactions. Spatially alternating pseudo-magnetic fields change the low-energy electronic structure close to the Dirac points. Most strikingly, the energy-momentum dispersion in the vicinity of each Dirac point becomes nearly flat, leading to a segment of flat band with a twofold degeneracy. These flat bands arise from the zeroth PLL in regions with strong pseudo-magnetic fields; and the twofold degeneracy corresponds to Landau orbitals that...
reside in different spatial regions of opposite fields and have opposite Dirac spinor components \cite{36}, a novel feature that is absent in the case of uniform magnetic fields. Counting the two valleys, the flat bands have fourfold degeneracy. The presence of flat bands leads to a diverging density of states, in contrast to the vanishing density of states at the Dirac point of massless Dirac fermions. Consequently, periodic strain fields provide a feasible and effective way of engineering density of states, i.e., electronic compressibility, at zero energy.

At charge neutrality, the degenerate flat bands are mainly responsible for driving the spontaneous formation of ordered states. We discuss the various possibilities for degeneracy lifting in the flat band and discriminate between energetically favorable and unfavorable states. Two prominent candidate ordered states are the charge-ordered state, where charge is redistributed from the region of positive (negative) to negative (positive) pseudo-magnetic field, and the valley-ordered state, where in each spatial region the valley degeneracy is lifted. We show that the valley-ordered state in graphene and TCI spontaneously breaks time-reversal symmetry and realizes an integer quantum Hall effect similar to the Haldane state \cite{7}, but with the important difference of being driven by electron interactions without any external time-reversal-breaking field.

We determine the mean-field ground state by self-consistently solving the full gap equation of interacting Dirac fermions under a periodically alternating pseudo-magnetic field. The continuum Hamiltonian is microscopically implemented using a lattice model with a strain superlattice. Our analysis shows that the support of the flat band wavefunctions is of great importance. Flat bands in any spatial region only have a twofold valley degeneracy, protected by the time reversal symmetry. Therefore lifting this degeneracy by interactions implies time reversal symmetry breaking. For this reason, we find the valley-ordered quantum Hall state is greatly favored over the charged-ordered state under generic forms of electron interactions. We show that the order parameters corresponding to the ordered states follow the strain profile, highlighting the crucial role of the pseudo-magnetic field.

The present setup for a spontaneous time-reversal symmetry breaking quantum Hall state relying on a strain-induced flat band should be contrasted with the proposed Haldane mass generation for interacting massless Dirac fermions in graphene \cite{43,44}. Exact diagonalization and DMRG studies \cite{48,49,50,51} seem to have failed to find the interaction-driven Haldane phase in models so far proposed, in contradiction to Hartree-Fock results. It is believed that the absence of the Haldane phase in ED and DMRG phase diagrams stems from the vanishing density of states at the Dirac point, and the resulting absence of a weak-coupling instability. In contrast, the quantum Hall state in our setup already occurs spontaneously at weak coupling, owing to the strain-induced flat band.

II. DIRAC FERMIONS IN TWO DIMENSIONS

We set out to study the coupling of time-reversal invariant pseudo-gauge fields to Dirac electrons. With two specific realizations in mind, graphene and TCI surface states, we focus on Dirac electrons in two dimensions. Let us start by stating the essential features of Dirac electrons coupled to pseudo-gauge fields, independent of specific context.

Any two dimensional system respecting time-reversal invariance and having Dirac fermions not pinned to a particular time-reversal invariant momentum, will consist of two species of Dirac fermions. Labeling the two species by + and −, the Dirac Hamiltonian describing the two species takes the general form

$$\hat{\mathcal{H}}_{\pm} = \pm \hbar v_F \hat{\Psi}_{\pm}^\dagger (-i\tau^x \partial_x - i\tau^y \partial_y) \hat{\Psi}_{\pm}$$

where $\tau^i$ is a set of Pauli matrices acting on the pseudospin degree of freedom of the Dirac fermions. Time-reversal symmetry relates the two species by exchanging $\hat{\Psi}_+ \leftrightarrow \hat{\Psi}_-$.

Pseudo-gauge fields couple to the Dirac fermions in a manner similar to real electromagnetic gauge fields, with one crucial difference, however. In order to respect time-reversal invariance, the pseudo-gauge field must couple to the fermions in such a way that the two species see opposite fields. As a result, in the presence of a pseudo-gauge field given by $A_{\mu}(\mu = x, y)$, the Dirac Hamiltonian becomes

$$\hat{\mathcal{H}}_{\pm} = \pm v_F \hat{\Psi}_{\pm}^\dagger \tau^\mu (\hat{p}_{\mu} \pm A_{\mu}) \hat{\Psi}_{\pm}.$$  \hspace{1cm} (2)

This Hamiltonian (with $\hat{p}_{\mu} = -i\partial_{\mu}$) describes the generic Dirac electrons coupled to pseudo-gauge fields. Pseudo-Landau level quantization will occur when the gauge field $A_{\mu}$ acquires spatial dependence, i.e., $A_{\mu} = A_{\mu}(r)$.

The interpretation of the Dirac fermion pseudospin and valley degrees of freedom will depend on the particular realization of pseudo-magnetic field coupling in a given material. In this work we will discuss two examples of low-energy Dirac electrons coupled to time-reversal invariant gauge fields, which we introduce in the remainder of this section. First we consider the case of graphene, and then we consider surface states of TCIs. Whereas in graphene the Dirac pseudospin degree of freedom derives from the two sublattices \cite{6}, the pseudospin of the TCI surface state is more complicated due to intrinsic spin-orbit coupling, as we will discuss below. Importantly, in case of the latter, spin-orbit coupling leads to spin-momentum locking in the surface state Dirac theory.

In both cases, graphene and TCI, the emphasis will be on strain-induced pseudo-magnetic field coupling. However, we will use the case of graphene to point out that pseudo-magnetic fields can have a physical origin different from strain, giving way to an even wider application of our results.
A. Dirac fermions in graphene

The low-energy theory of graphene at charge neutrality is one of the hallmark examples of a 2D Dirac theory [36,37]. The two species of nodal Dirac fermions are located at the two inequivalent BZ corners, i.e., the Dirac points or valleys, and are labeled by $K_+$ and $K_-\$ corresponding to the momenta $\vec{K}_+ = (4\pi/3, 0)$ and $\vec{K}_- = -(4\pi/3, 0)$. The Dirac Hamiltonian is obtained by expanding the band structure around the Dirac points $K$ and $K'$ in small momenta $\vec{q}$ relative to the Dirac points [36]. It is given by

$$H(q) = \hbar v_F \nu^i(q_x \tau^x + q_y \tau^y) \equiv \hbar v_F q_\mu \Gamma_\mu$$ (3)

(where $v_F = \sqrt{3}a/(2\hbar)$). The set of Pauli matrices $\tau^i$ acts on the sublattice degree of freedom $(A/B)$ and the set of matrices $\nu^i$ acts on the valley degree of freedom ($K_+/K_-$). In addition, we have defined the Dirac matrices $\Gamma_x = \nu^x \tau^x$ and $\Gamma_y = \nu^y \tau^y$. The Hamiltonian acts on the Dirac spinor $\hat{\Psi}(\vec{q})$ defined by

$$\hat{\Psi}(\vec{q}) = \begin{bmatrix} \hat{\psi}_{A+}(\vec{q}) & \hat{\psi}_{B+}(\vec{q}) & \hat{\psi}_{B-}(\vec{q}) & \hat{\psi}_{A-}(\vec{q}) \end{bmatrix}^T.$$ (4)

Note that we choose the basis so that the $A$ and $B$ lattice are exchanged in the $K_-$ valley, meaning that we are working in the chiral representation (i.e., $H_{\pm} = \pm \vec{q} \cdot \vec{r}$ for valley $K_{\pm}$).

Starting from the low-energy Dirac Hamiltonian of Eq. (3), we introduce a generalized time-reversal invariant pseudo-gauge field by coupling the Dirac fermions to the field

$$\vec{A} = (A_x^i, A_y^i),$$ (5)

which consists of three components $i = 1, 2, 3$. The coupling to the fermions has the same form as ordinary minimal coupling, but with different gauge charges $\Omega^i$ expressed as

$$H(\vec{q}) = \hbar v_F \Gamma_\mu(q_\mu + A_\mu^i \Omega^i).$$ (6)

The gauge charge matrices $\Omega^i$ encode the distinct nature of the pseudo-gauge field as compared to the ordinary gauge field, and are given by $\Omega^i = (\nu^x \tau^z, \nu^y \tau^z, \nu^z)$. The third gauge charge matrix $\Omega^3 = \nu^z$ is diagonal in valley space and assigns opposite sign to the two valleys. Therefore, the component $A_\mu^3 \Omega^3$ realizes the general Hamiltonian of Eq. (2) in graphene. In graphene, this is the pseudo-gauge field component that arises in the presence of strain and plays a central role in this work. The presence of a field $\vec{A}$ coupling to $\Omega^3$ leads to a moving of the Dirac points away from $K_+$ and $K_-$, in opposite directions. This is shown in Fig. 1 (left), where the bold blue dots denote the Dirac points moving towards the zone center.

The following properties of the gauge field charges will be important for our analysis. The charges $\Omega^i$ realize a pseudospin $SU(2)$ algebra, expressed as $[\Omega^i, \Omega^j] = 2i\epsilon^{ijk} \Omega^k$. The matrices $\Omega^i$ commute with the Hamiltonian in the absence of fields, and as a consequence generate a continuous $SU(2)$ symmetry of the low-energy graphene Hamiltonian. This symmetry is broken when mass terms are introduced to the Hamiltonian, i.e., when the Dirac electrons are gapped out. In particular, the set of mass matrices $\Gamma_i = (\Gamma_1, \Gamma_2, \Gamma_3) = (\nu^x, \nu^y, \nu^z)$ describes masses that anti-commute with the Hamiltonian and between themselves. They constitute a set of compatible masses, the physical nature of which is well-known. Specifically, the mass $\Gamma_3 = \nu^z \tau^z$ corresponds to an electrostatic potential making the two honeycomb sublattices inequivalent and breaking inversion symmetry. Such term is diagonal in valley-space, i.e., it does not couple the two Dirac points. The other two masses, $\Gamma_1$ and $\Gamma_2$, which are off-diagonal in valley space, are known as Kekulé masses and correspond to modulations of the tight-binding nearest-neighbor hopping parameter $t$ with tripled unit cell [38]. The breaking of translational invariance and the modulations over small distances (large momenta) couple the Dirac points.

The gauge charges $\Omega^i$ act as generators of rotations within the space of masses, which follows from the commutation relation $[\Omega^i, \Gamma_j] = 2i\epsilon^{ijk} \Gamma_k$. In addition to the mass terms $\Gamma^i$, there is a mass term $\tau^z$, the time-reversal odd Haldane mass [7], which anti-commutes with the Hamiltonian [3], but commutes with both the $\Gamma_i$ and the $\Omega^i$. Hence, whereas $\Gamma^i$ is a vector under the transformations generated by $\Omega^i$, $\tau^z$ is a scalar.

The two remaining gauge charge operators $\Omega^1 = \nu^x \tau^z$ and $\Omega^2 = \nu^y \tau^z$ are off-diagonal in valley space but diagonal in sublattice space. The former implies translational symmetry breaking and the latter implies that these terms arise due to charge density modulations. Consequently, charge density waves (CDWs) with a six-site unit cell, which we will refer to as valley-coupling CDWs, lead to a pseudo-gauge coupling in the same way as strain [34]. The $SU(2)$ structure of the gauge charges $\Omega^i$ implies that within the low-energy theory, the pseudo-gauge field components are unitarily equivalent to each other.

B. TCI surface state Dirac fermions

Topological insulator materials are bulk insulators hosting gapless Dirac fermions at their surfaces [1,2]. The spin-momentum locked surface Dirac fermions are protected by time-reversal symmetry, and as a result they are pinned at the time-reversal invariant momenta (TRIM). Due to this symmetry-protected pinning, the surface states of topological insulators do not allow for time-reversal invariant pseudo-gauge field coupling. In particular, strain is not able to move the Kramer’s doublet away from the TRIM.

In contrast, the TCIs are topological materials protected by crystalline symmetries [8,16], which host surface Dirac fermions not pinned to the TRIM [15,30,39]. As a result, strain can couple to the low-energy Dirac
fermions as a pseudo-gauge field and can move the Dirac points in momentum space, in a way that depends on the symmetry of the strain tensor [15] [30].

In this work we specifically focus on the SnTe material class [8] and its mirror symmetry-protected surface Dirac fermions appearing on the (001) surface. The surface Brillouin zone of the (001) surface is shown in Fig. 1 (right), where bold blue and red dots denote the Dirac points in the vicinity of the X_1 point, there are no two dimensional representations which directly imply pseudo-gauge coupling. However, since the symmetric terms \( \nu^x \) and \( \sigma^x \nu^y \) displace the Dirac points in momentum space, any perturbation coupling to them, will have the effect of a pseudo-gauge field. Looking for other terms both even under time-reversal and inversion (as expected for strain), one finds another Dirac bilinear given by \( \sigma^y \nu^y \). We will show in the next section, when we discuss strain and strain superlattices, that components of the strain tensor couple to these terms. The effect of these terms is shown schematically in Fig. 1 (right), where bold blue and red dots denote the Dirac points in the vicinity of X_1 and X_2, respectively, shifting towards the zone center as a result of strain.

### III. PERIODIC STRAIN SUPERLATTICES

In the previous section we introduced pseudo-gauge field coupling in the context of graphene and TCI surface states, and argued that strain realizes such coupling. We now turn to a more detailed discussion of strain, and more specifically periodic pseudo-magnetic fields arising due to periodically varying strain, i.e., a strain superlattice.

Elastic deformations of the crystal lattice, i.e., strain fields, are described by the strain tensor \( u_{ij} \) given by

\[
\mathbf{u} = \frac{1}{2} (\partial_i u_j + \partial_j u_i),
\]

where \( u_i (i = x, y) \) is the displacement field. Given the symmetry of the crystal lattice, the strain tensor can be decomposed into components transforming as distinct...
representations of the symmetry group. From this decomposition one can read off which lattice deformations couple as (pseudo-)gauge fields to the Dirac fermions.

In case of hexagonal symmetry, applicable to graphene, there are two d-wave strain components \( (u_{xx} - u_{yy}, -2u_{xy}) \) \(~\sim\~\) \((d_{x2-y2}, d_{xy})\), which couple to the Dirac fermions as the valley-Dirac field \( \delta A^3 \) of Eq. (6) (let us omit the label 3, i.e. \( \delta A = \delta A^3 \), for the moment) [40]. Note that assuming full hexagonal symmetry implies a single coupling constant,

\[
\left( \begin{array}{c} \delta A_x \\ \delta A_y \end{array} \right) = \alpha \left( \begin{array}{c} u_{xx} - u_{yy} \\ -2u_{xy} \end{array} \right).
\]

(10)

For illustration purposes, the effect of finite and constant \( \delta A_x \) is shown graphically in Fig. 1 (left), where the Dirac points \( K_+ \) and \( K_- \) move along the \( k_x \) axis. In case of the square symmetry, which applies to the \( (001) \) surface states of TCIs, the d-wave components \( d_{x2-y2} \) an \( d_{x1x2} \) are not degenerate, and one finds at \( X_1 \) [30].

\[
\left( \begin{array}{c} \delta A_x \\ \delta A_y \end{array} \right) \sim \alpha_1 \left( \begin{array}{c} u_{xx} - u_{yy} \\ -2u_{xy} \end{array} \right).
\]

(11)

In addition, in the previous section we observed that a perturbation respecting all symmetries can move the Dirac points in momentum space, implying that \( u_{xx} + u_{yy} \) enters the expression for \( \delta A_x \) as well, with an independent coupling. It is the latter strain component, \( u_{xx} + u_{yy} \), the effect of which is shown in Fig. 1 (right).

Let us now come to the case of periodic strain fields with wavelength \( \lambda \). More specifically, we consider \( u_{ij} \rightarrow u_{ij}(\vec{r}) \) and consequently \( \delta \rightarrow \delta A(\vec{r}) \). The periodicity of \( \delta \rightarrow \delta A(\vec{r}) \) is directly reflected in the periodicity of the pseudo-magnetic field \( \mathcal{B} = \nabla \times \delta \rightarrow \delta A(\vec{r}) = \mathcal{B}(\vec{r}) \), which should be compared to and contrasted with uniform pseudo-magnetic field \( \mathcal{B} \). In order to implement the strain superlattice in a tight-binding setting, we take the graphene lattice as a simple regularization of the continuum theory. To solve the superlattice Hamiltonian, we establish a connection between the strain components and the change in overlap integrals \( \delta t_n \), where \( n = 1, 2, 3 \) labels the three nearest neighbor vectors \( \{ \delta_n \} \). The overlap integral change is expressed in terms of the strain tensor \( u_{ij} \) as \( \delta t_n = \sum_n \delta_n \delta_i \delta_j u_{ij} \), which becomes

\[
\left( \begin{array}{c} u_{xx} - u_{yy} \\ -2u_{xy} \end{array} \right) \sim \frac{2\delta t_1 - \delta t_2 - \delta t_3}{\sqrt{3}(\delta t_2 - \delta t_3)}.
\]

(12)

This expresses the pseudo-gauge field in terms of the modulation of the hopping \( t_n \rightarrow t + \delta t_n \).

We proceed to consider a single-propagation vector pseudo-gauge field modulation and obtain the electronic spectrum. A particularly convenient choice is the propagation vector \( \delta \vec{G} = \vec{G}/\lambda \), where \( \vec{G} = (0, 4\pi/\sqrt{3}) \) is a reciprocal lattice vector. Then \( \lambda \) is the superlattice wave length, given in terms of graphene unit cells, i.e. \( \lambda = 700 \) leads to a superlattice unit cell containing 700 graphene unit cells. The pseudo-gauge field \( \delta A \) and corresponding pseudo-magnetic field are given by

\[
\delta A_x(\vec{r}) = A \cos(\delta \vec{M} \cdot \vec{r})
\]

\[
\delta B(\vec{r}) = -\partial_y A_x = \delta M_y A \sin(\delta \vec{M} \cdot \vec{r}),
\]

while \( \delta A_y = 0 \), since we are only interested in the transverse component. \( A \) denotes the amplitude of the strain field, i.e., the maximal change in overlap \( \delta \Delta t \).

The spectra in the presence of the strain superlattice for some values of \( A \) are shown in Fig. 2. We observe that for increasing \( A \), implying increasing pseudo-magnetic field strength, a flat zero-energy band forms at the Dirac points, in addition to higher energy dispersive but doubly degenerate bands. This specific reorganization of the low-energy electronic spectrum resembles the Landau level structure of external magnetic fields. We will establish a detailed connection between Landau level physics and periodic strain in the next section. A key feature we wish to stress here, is that the formation of the zero-energy flat band, the degeneracy of which is related to the strength of the pseudo-magnetic field, leads to a finite and considerable density of states (DOS) at the charge neutrality point. In stark constrast, in the unstrained case Dirac electrons have linearly vanishing DOS at the charge neutrality point.

Instead of the propagation vector \( \delta \vec{G} \), we can take the propagation vector \( \delta \vec{K} = \vec{K}/\lambda \), where \( \vec{K} \) is the Dirac point vector defined above. This may be viewed as a simple rotation of \( \delta \vec{G} \), which will result in modified Moiré pattern. We then have for the spatially dependent pseudo-gauge field

\[
\delta A_x(\vec{r}) = A \cos(\delta \vec{K} \cdot \vec{r})
\]

\[
\delta B(\vec{r}) = -\partial_y A_x = \delta K_y A \sin(\delta \vec{K} \cdot \vec{r})
\]

(14)

where it is important to choose \( \vec{K} \) such that the field has a nonzero transverse component. For given \( \lambda \) the strain superlattice unit cell contains \( 3\lambda \) graphene unit cells, which has the benefit that it is commensurate with any perturbation modulated by \( \vec{K} \) coupling the Dirac points. This allows to treat valley-diagonal and valley-off diagonal perturbations on the same footing.

We recall that the low-energy Dirac Hamiltonian in the presence of strain reads \( \mathcal{H} = \hbar v_F \Gamma \mu_n (-i\partial_{\mu} + \delta A_{\mu}(\vec{r}) \Omega^\mu) \). As noted above, a unitary matrix \( U \) can be used to rotate to another gauge field component, \( U^\dagger \mathcal{H} U = \hbar v_F \Gamma \mu_n (-i\partial_{\mu} + \delta A_{\mu}(\vec{r}) \Omega^\mu) \). Clearly, this does not change the spectrum and therefore electrostatic potential superlattices, which would couple to the gauge field components \( \Omega^1 \) and \( \Omega^2 \) [41, 42], are equivalent to strain superlattices. Therefore, even though we focus on strain in this work, we highlight that in the context of graphene spatially modulated valley-coupling CDWs induce periodic time-reversal invariant pseudo-magnetic fields in the same way as strain.
Fig. 4 (top). In particular, we may, for the sake of argument, think of intuition for the case of periodic pseudo-magnetic fields. But we can use the results for the former to develop an ally modulated fields induced by the strain superlattice, by considering a spatially uniform field induced by strain. Uniform fields are fundamentally different from periodicizations (given by $A \sim 2\delta t_1 - 2\delta t_2 - 2\delta t_3$; see main text). The modulation wavelength $\lambda$ is chosen to be 700 graphene unit cells and the propagation vector is $\delta \Gamma = (0, 4\pi/\sqrt{3})/\lambda$. The amplitudes are (a) $A = 0.01t$, (b) $A = 0.03t$, (c) $A = 0.05t$. Note that the plots show $K'$ folded onto the $k_{s}$-axis.

IV. FLAT BAND PSEUDO-LANDAU LEVELS INDUCED BY STRAIN

In this section we address the spectral properties of Dirac electrons in the presence of a time-reversal invariant pseudo-magnetic field. As in the previous section, we particularize to the case of graphene (i.e., our lattice regularization of the continuum theory), and start by considering a spatially uniform field induced by strain. Uniform fields are fundamentally different from periodically modulated fields induced by the strain superlattice, but we can use the results for the former to develop an intuition for the case of periodic pseudo-magnetic fields.

A. Uniform pseudo-magnetic fields and PLLs

The Hamiltonian is given by Eq. (5), for which we only retain the strain component $\mathcal{A} \equiv \mathcal{A}^3$,

$$\mathcal{H}(\mathcal{q}) = \hbar v_F \Gamma_x (q_x + \mathcal{A}_x \Omega^3) + \hbar v_F \Gamma_y (q_y + \mathcal{A}_y \Omega^3),$$

and $\mathcal{A} = \mathcal{A}(\mathcal{q})$ is taken so as to describe a constant field. The mathematical structure of the Hamiltonian is equivalent to that of a real electromagnetic field and we can use known techniques to solve it. For completeness we briefly review the essentials here, leaving more details to Appendix A. We first introduce dynamical momenta $\hat{\Pi}_x^\pm$ and $\hat{\Pi}_y^\pm$ for each valley $\nu = \pm$, reflecting the fact the sign of the pseudo-magnetic field is opposite for the valleys (recall that $\Omega^3 = \nu^2$). The Hamiltonian for each of the valleys reads

$$\mathcal{H}_\pm(\mathcal{q}) = \pm v_F \left( \hat{\Pi}_x^\pm - i \hat{\Pi}_y^\pm \right).$$

and the dynamical momenta obey the commutation relations

$$[\hat{\Pi}_x^\pm, \hat{\Pi}_y^\mp] = \mp \hbar^2 l_B^2.$$

These commutation relations can be used to define raising and lowering operators in the standard way (see App. A), in terms of which the Hamiltonian takes the form

$$\mathcal{H}_{\pm} = \pm \left( \sqrt{2\xi} \hat{a}^\dagger_{\pm} \right).$$

Here we have defined $\xi^2 = v_F^2 \hbar^2 / l_B^2$, and the the raising and lowering operators obey the commutation relation $[\hat{a}_+, \hat{a}^\dagger_-] = \pm 1$. This commutation relation is a key feature of time-reversal invariant pseudo-magnetic fields, since it reflects anti-parallel field alignment in the two valleys. The operation of raising and lowering is interchanged for the two valleys, which has important consequences for the structure of the eigenstates. In particular, the eigenstates of the PLL zero modes are localized on the same sublattice, instead of on opposite sublattices. More specifically one finds

$$|\Psi_0^+\rangle = \begin{pmatrix} 0 \\ |\varphi_{0,k}\rangle \end{pmatrix}, \quad |\Psi_0^-\rangle = \begin{pmatrix} |\varphi_{0,k}\rangle \\ 0 \end{pmatrix}. \quad (19)$$

We stress that this implies localization on the same sublattice, given the choice of basis in Eq. (4). Time-reversal symmetry is preserved by counterpropagation of Landau orbitals in the two valleys (i.e., $|\varphi_{0,k}\rangle = |\varphi_{0,-k}\rangle$). The $n = 0$ PLL has energy $E = 0$. Eigenstates corresponding to $n \neq 0$ PLLs take the form

$$|\Psi_{n,\pm}\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} |\varphi_{n-k}\rangle \\ \mp |\varphi_{n,k}\rangle \end{pmatrix}, \quad |\Psi_{n,\mp}\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} |\varphi_{n,k}\rangle \\ \mp |\varphi_{n-1,k}\rangle \end{pmatrix}. \quad (20)$$
and they have energies $E_\pm(n) = \pm \sqrt{2\xi^2 n}$ for each valley.

In order to gain insight into the effect of perturbations on periodic strain superlattices, we review the effect of such perturbations on the PLL spectra for uniform pseudo-magnetic field we just presented. Consider the $n=0$ PLL, the eigenstates of which are given in Eq. \[19\]. Let us first comment on the mass gap terms $\nu^2 \tau^z$ and $\tau^z$. The effect of the sublattice CDW $\nu^2 \tau^z$ and the TRS breaking Haldane term $\nu^2 \tau^z$ is reversed as compared to real magnetic fields \[22\]. The sublattice polarized CDW simply shifts the energy of zero modes but does not break their degeneracy, whereas the Haldane mass $\tau^z$ energetically splits the zero modes in a symmetric way. This is an immediate consequence of the sublattice structure of the PLL zero modes. The two Kekulé masses $\nu^2$ and $\nu y$ do not affect the zero modes at all, they are neither split nor shifted, since they are off-diagonal in sublattice space.

Perturbations that do split the zero modes in a fashion similar to the Haldane term are charge density waves with tripled unit cell, i.e., charge density waves that couple the valleys $K_+$ and $K_-$. \[24\]. These charge density waves couple to the Dirac matrices $\nu^1 \tau^1$, $\nu^1 \tau^2$, $\nu^2 \tau^1$ and $\nu^2 \tau^2$. Projecting these into the PLL zero mode subspace, one finds effective Pauli matrices $\tau^x$ and $\tau^y$, which anticommute with the Haldane mass projected into the zero mode space, $\tau^z \rightarrow \tilde{\tau}^z$. This leads to the counterintuitive situation of anticommuting masses only one of which is TRS breaking and nontrivial \[22\]. We note that these charge density waves with tripled unit cell correspond to the other gauge field components of the $SU(2)$ gauge field, i.e., they enter as $A^1_{\xi}, A^1_y, A^2_{\xi}$, and $A^2_y$ in Eq. \[23\]. Yet another perturbation that splits the zeroth PLL is the valley mass, given by $\nu^2$, making the valleys inequivalent, but acting as the identity in sublattice space. Its spectral effect is equivalent to that of the Haldane term, meaning a symmetric splitting of the zero modes.

Understanding the spectral effect of these Dirac fermion bilinears on the zeroth PLL gives a first idea of the ways in which their spontaneous formation can lower the energy for charge neutral systems. For a more refined understanding of the energetics it is necessary to consider the effect of perturbations on higher PLLs (i.e., $n \neq 0$). For both the CDW term $\nu^2 \tau^z$ and the Haldane term $\tau^z$ all PLLs with $n \neq 0$ get pushed up or down in energy depending on whether they have energies $\pm \sqrt{2\xi^2 n}$, i.e., positive (negative) solutions get pushed up (down). This is different for the valley mass $\nu^2$, which pushes all PLLs of valley $K_+$ up and of valley $K_-$ down, effectively splitting all PLLs, even the $n=0$ levels, leaving do degeneracies behind. The charge density waves with enlarged unit cell (i.e., coupling the valleys) both split and shift the higher order PLLs, which may be seen straightforwardly by using perturbation theory up to second order. Based on these considerations we obtain an intuition for the spontaneous generation of Dirac fermion bilinears due to interactions, depending on the location of the Fermi level.

B. Alternating pseudo-magnetic fields and superlattice PLLs

The assumption of uniform pseudo-magnetic field is a useful first step towards understanding the physics of superlattice PLLs. As a next step we consider the case of alternating pseudo-magnetic field, which for simplicity we will take as a periodic arrangement of regions of positive and negative constant field. This will provide valuable insight in the case of periodic harmonic pseudo-magnetic fields. Schematically this field arrangement is shown in the top row of Fig. \[3\]. Figure \[4\] shows how we can think of the a periodically alternating field as a strain superlattice with effective “two-site” unit cell (i.e., positive and negative field), reminiscent of an antiferromagnet, leading to a doubling of the PLL degeneracies. For instance, the space of zero mode PLLs is doubled, since we have the spatial degeneracy in addition to valley degeneracy. For each valley there is a zero mode localized in the positive field region, meaning on the $A$ sublattice, and a zero mode localized in the negative field region, on the $B$ sublattice.

The additional degree of freedom originating from the periodicity of the pseudo-magnetic field gives rise to a
We now establish a connection between the simplified description of alternating pseudo-magnetic fields in terms of continuum PLLs, and the periodic strain (super)lattice model introduced in the previous section. In order to do so we take the unidirectional periodic strain profile compatible with an enlarged six-site unit cell (i.e., Dirac valleys folded onto Γ) defined in Eq. (14). Solving the tight-binding Hamiltonian in the presence of the strain superlattice yields the spectrum shown in Fig. 3 (upper left). The connection is made by interpreting this spectrum in terms of PLLs.

Let us first study the wave function support of the zero energy solutions and compare that to the zeroth PLL. The right column of Fig. 3 shows the wave function support $|\psi_{n=0,k}|^2$ of the wave functions $\psi_{n=0,k}$ corresponding to zero energy solutions ($n = 0$) labeled by $k$ ($k$ should be identified with $k_y$). Black arrows explicitly indicate which $k$ corresponds to which $|\psi_{n=0,k}|^2$ profile. Since there are two valleys and the strain superlattice unit cell consists of two distinct regions with opposite pseudo-magnetic field, there is a fourfold degeneracy at each $k$. This is reflected in Fig. 3 where two pseudo-magnetic Landau-like orbitals are localized on the $A$-sublattice (lower right) and two localized on the $B$-sublattice. The wave function support clearly shows the spatial separation of solutions living on distinct sublattices. In the region of positive field (see Fig. 3 lower left) “zero modes” are localized on the $A$-sublattice, and on the $B$-sublattice in the region of negative field. In addition, we observe that for $k$ moving away from $\Gamma$ (following the blue arrow) the two Landau orbitals in each region move away from the position of maximum field towards the position of vanishing field. In particular, they move away in opposite directions, which is a direct consequence of their different valley index. As the two valleys effective see opposite fields, and the spatial position of a Landau orbital is given by $x \propto \text{sgn}(B)k_y$, the Landau orbitals are expected to spatially move in opposite directions. With increasing $k$ ($\sim k_y$) Landau orbitals of different spatial regions and the same valley start to overlap, eventually leading to the splitting observed in spectrum indicated by the most right black arrow in the upper left panel of Fig. 3. Hence, at the junctions between regions of positive and negative field, the Landau orbitals acquire a dispersion and form a series of snake states.

Next, we ask what the spectral effect is of the perturbations that are expected to split degeneracies, in particular the flat band degeneracies as depicted in Fig. 3. To this end, we solve the strain superlattice Hamiltonian in the presence of various perturbations, which for the moment we take to be spatially uniform, i.e., not follow the superlattice envelope, in accordance with the schematic picture of alternating regions of constant field (Fig. 3). Figure 7 shows the low-energy spectrum in the vicinity of $\Gamma$. The
FIG. 5. Spectra of graphene in the presence of periodic strain and in the presence of additional perturbations splitting or lifting PLL energies. Spectra are obtained for strain superlattice unit cells containing $\lambda = 600$ graphene unit cells and $A = 0.08t$. (a) Free graphene (b) CDW (c) Haldane term (d) valley mass term (e) CDW$_1$ with tripled unit cell (f) CDW$_2$ with tripled unit cell.

From this analysis we conclude that in the presence of the strain superlattice, the low-energy electronic structure can be approximated by sets of PLLs for the two distinct regions of the superlattice unit cell. In addition, based on their effect on the degenerate low-energy PLLs, we expect the charge-ordered and anti-ferro-valley-ordered states to be the dominant instabilities in the presence of the pseudo-magnetic field superlattice.

We end this section with two remarks. First, we note that the analysis presented here is based on the assumption of a strain-induced pseudo-magnetic field, i.e., $\vec{A} = \vec{A}^z$ in Eq. (6). As mentioned in Section II, a unitary matrix can rotate to another component, e.g. $\vec{A}^1$ or $\vec{A}^2$. This is does not change the (low-energy) spectrum, but it does change the nature of the eigenstates. In addition, it also changes the nature of the perturbations, since the unitary matrix rotates within the space of masses represented by $\vec{I}$ as well. In particular, this implies that a sublattice polarized term $\nu^z\tau^z$ will be rotated into one of the Kekule terms. Interestingly, the Haldane term is a scalar under these unitary rotations and hence is invariant. To summarize, the analysis of this section still applies, but in a rotated basis.

The second remark concerns the applicability of our analysis to TCI surface states. The arguments put forward in the present section build on the specific example of graphene PLL physics. They remain valid in the context of TCI surface states. Most importantly, in the presence of a uniform pseudo-magnetic field, the TCI surface $n = 0$ PLLs are localized on the TCI pseudospin de-
gree of freedom in such a way that the time-reversal invariant ferroelectric distortion of the crystal lattice only shifts them, whereas a time-reversal breaking Zeeman-type spin-coupling splits them in energy. As a result, there is a one-to-one correspondence between the valley-ordered quantum Hall state and charge-ordered state in graphene, and Zeeman term and ferroelectric distortion of TCI surface states.

V. INTERACTING ELECTRONS IN A STRAIN SUPERLATTICE

In order to systematically investigate the patterns of symmetry breaking and PLL splitting, as a consequence of interacting flat band electron, we have studied an interacting Hamiltonian on the graphene honeycomb lattice and performed extensive self-consistent Hartree Fock calculations. We report the results in this section.

Based on the intuitive picture of the PLLs in the two spatially separated regions we anticipate both the formation of a charge-ordered state with ferroelectric polarization, corresponding to a redistribution of charge between the regions of positive and negative pseudo-magnetic field, and the formation of a valley-ordered quantum Hall ground state. Interactions which may lead to the formation of these states in a graphene lattice model are the nearest neighbor (NN) and next-nearest neighbor (NNN) density-density interactions, respectively, as will be demonstrated below. We therefore consider the interacting Hamiltonian $\hat{H} = \hat{H}_0 + \hat{H}_A + \hat{H}_{\text{int}}$ where the interacting part $\hat{H}_{\text{int}}$ is given by

$$\hat{H}_{\text{int}} = V_1 \sum_{\langle rr' \rangle} \hat{n}_r \hat{n}_{r'} + V_2 \sum_{\langle \langle rr' \rangle \rangle} \hat{n}_r \hat{n}_{r'}.$$  \hspace{1cm} (21)

Here $V_1$ is the NN interaction strength and $V_2$ the NNN interaction strength, and $\hat{n}_r$ is the number operator at site $r$. The sums over $\langle rr' \rangle$ and $\langle \langle rr' \rangle \rangle$ are over NN and NNN, respectively.

The spatially modulated strain is implemented in the way described above, meaning that we take $\hat{H}_A$ to contain $\hat{A} = (A_x, 0)$, where the $A_x$ component of the strain-induced gauge field originates from hopping amplitude modulations $A_x \sim 2\delta t_1 - \delta t_2 - \delta t_3$, which are given a spatial dependence $\delta t_n \to \delta t_n(\vec{r})$. A schematic representation of the way we set up the calculations is given in Fig. 6 which is a generalization of the approach of Ref. [14] to the case of strain superlattices (more details in Appendix B). In order to allow for charge density waves that couple the Dirac points $K_+$ and $K_-$ we work with a tripled (6-site) unit cell (red dashed hexagons in Fig. 6). The corresponding lattice vectors are $\vec{\delta}_1 = 2\vec{\alpha}_2 + \vec{\alpha}_1$ and $\vec{\delta}_2 = \vec{\alpha}_1 - \vec{\alpha}_2$ in terms of the graphene lattice vectors $\vec{\alpha}_i$. We take the strain-induced gauge field to be

$$A_x(\vec{r}) = A \cos\left(\frac{\vec{K}_{\lambda} \cdot \vec{r}}{\lambda/3}\right)$$  \hspace{1cm} (22)

where $\vec{r}$ denotes the position of an elementary graphene unit cell, $\vec{K}$ is the $K_-$ wave vector as shown in Fig. 6 and $\lambda$ equals the number of graphene unit cells in the periodic strain superlattice unit cell. The number of 6-site unit cells in the superlattice unit cell is therefore $\lambda/3$.

The lattice vectors of the superlattice are $\vec{\delta}_1$ and $\lambda \vec{\delta}_2$. We stress that we consider a fully periodic system with wavelength $\sim \lambda$ set by the periodic strain superlattice.

Spinless electrons on the graphene honeycomb lattice serve as a model system for strain-induced PLLs. We therefore first present Hartree-Fock results for spinless electrons and then briefly comment on the spin degree of freedom, recalling that the case of TCI surface states is similar to spinless graphene electrons.

A. Spinless electrons

Within the framework of standard Hartree-Fock theory we decouple the interactions both in diagonal (Hartree) and off-diagonal (Fock) channels. The diagonal (or charge density) order parameter at a given site in the superlattice unit cell is labeled by $(\alpha, i, l)$, and is defined as

$$\rho_{\alpha i}(l) = \frac{1}{N} \sum_\vec{k} \langle \hat{\psi}_{\alpha i}(l, \vec{k}) \hat{\psi}^\dagger_{\alpha i}(l, \vec{k}) \rangle,$$  \hspace{1cm} (23)
where $\alpha = A, B; i = 1, 2, 3; l$ labels the 6-site cell in the superlattice cell, and $N$ is the total number of superlattice unit cells. We define $\rho_\alpha(l)$ as the average over $i$ within cell $l$,

$$\rho_\alpha(l) = \frac{1}{3} \sum_{i=1}^{3} \rho_{\alpha i}(l). \quad (24)$$

Based on previous considerations we are interested in possible local sublattice imbalances $\Delta_{\rho^-(l)}$ expressed as

$$\Delta_{\rho^-(l)} = \rho_A(l) - \rho_B(l), \quad (25)$$

and possible ferroelectric redistribution of charges between regions of positive and negative pseudomagnetic field, which can be expressed as

$$\Delta_{\rho^+(l)} = \rho_A(l) + \rho_B(l) - 1. \quad (26)$$

In addition to the charge density order parameter, in order to detect the valley-ordered Haldane state, we study the quantum Hall (QH) order parameter originating from spontaneously generated next-nearest neighbor tunneling with complex amplitude. Decoupling in the off-diagonal Fock channel leads to

$$\chi^\alpha_{il,jl'} = \frac{1}{N} \sum_{k} Q^\alpha_{il,jl'}(k) \langle \hat{\psi}^\dagger_{\alpha i}(l, k) \psi_{\alpha j}(l', k) \rangle, \quad (27)$$

where the phase factors $Q^\alpha_{il,jl'}(k)$ are defined in Appendix [B] and from these we extract the QH order parameter $\Delta_{QH}(l)$ as

$$\Delta_{QH}(l) = \sum_{ijl' \in C_{NNN}(l)} \eta_{\alpha} \text{Im} \chi^\alpha_{il,jl'}. \quad (28)$$

The sum is over all NNN pairs which belong to cell $l$ and $\eta_A = -\eta_B = 1$ since in the QH state fluxes on the $A$ and $B$ sublattices have opposite sign.

The results of self-consistent HF calculations we present here were performed for spinless electrons on lattices of size $N = 16 \times 16$ and $\lambda = 3 \times 40 = 120$. In the following we map out the phase diagram as function of $V_1$ and $V_2$ by discussing the results for three specific regimes separately. First we will focus on $(V_1 = 0, V_2 \neq 0)$ to show that the QH state is stabilized for the smallest values of $V_2$ as a result of the strain induced flat PLL-like bands. Second, we will look at the case $(V_1 \neq 0, V_2 = 0)$ to show that a NN interaction will induce the ferroelectric charge ordered state. Third and last we will focus on selected cases of $(V_1 \neq 0, V_2 \neq 0)$ to show that the ferroelectric charge density wave is strongly suppressed as compared to the valley-ordered QH state, precisely due to the localization of the low-energy states flat band states on a single sublattice.

Figure 7 shows the HF results for various values of NNN interaction $V_2$ while keeping $V_1 = 0$. Panels (b)-(c) show the QH order parameter $\Delta_{QH}(l)$ defined in Eq. (28) as function of then tripled cell index $l$. Black and red curves correspond to $A$ and $B$ sublattice, respectively, and the strength of the tunneling amplitude variation $A$ is $A = 0.10 \ (b), A = 0.15 \ (c), \ A = 0.20 \ (c)$. It is apparent from these figures that the QH order parameter follows the profile of the effective pseudo-magnetic field. In the spatial region where the flat band states are localized on the $A$ sublattice, the QH order parameter develops predominantly on the $A$ sublattice, and vice versa for the $B$ sublattice region. Ordinarily, in the honeycomb lattice QH state, the spontaneously induced magnetic fluxes are opposite on the $A$ and $B$ sublattice, averaging to zero over an elementary unit cell [7]. In the present case the localization of flat band states on a single sublattice leads to finite fluxes in regions of positive and negative pseudo-magnetic field, which average to zero only over the larger strain superlattice unit cell.

In addition to the locking of the QH order parameter $\Delta_{QH}(l)$ to the sublattice structure of the flat band zero modes, we observe that the strain-induced reorganization of the low-energy electronic structure into PLLs, fundamentally changes the impact of interactions. Figure 7(a) shows the dependence of the QH order $\Delta_{QH}(l_{\text{max}})$, where $l_{\text{max}}$ is the cell index where the QH order is strongest, on the strength of the interaction $V_2$ for various values of the pseudo-magnetic field strength (i.e., $A$). Whereas for the unstrained honeycomb lattice a finite interaction $V_2 \sim 1.3$ is needed to stabilize the QH state (within HF theory) [43][45] due to the vanishing density of states at half filling, here we find that the QH state is induced already for small interactions, in particular in regions where the effective field is strongest. For perfectly flat
bands such as PLLs one expects the interaction-induced order to scale linearly with interaction for weak coupling \cite{10,11}. This is reflected in Fig. 7(a) which shows that for increasing pseudo-magnetic field, setting the PLL band flatness, the QH is more robust and its dependence on the interaction is approximately linear, with deviations at very small values of $V_2$.

Next, we turn to the case of finite NN interaction $V_1$ while keeping $V_2 = 0$. In the absence of strain the unfrustrated NN interaction will favor a CDW characterized by translational symmetry preserving sublattice charge imbalance \cite{12,13}. On the contrary, in the presence of strain, adopting the PLL picture for the low-energy electrons and focusing on the zeroth PLL, the effect of the NN interaction is expected to be suppressed, as the zeroth PLL states live exclusively on one sublattice. Nevertheless, since the NN has the potential to cause charge asymmetry between the sublattices (i.e., the regions of positive and negative pseudo-magnetic field), and higher PLLs may be relevant to the energetics, we anticipate the system to develop a charge density wave of ferroelectric type (i.e., $\rho_\pm$), with excess charge in regions where the pseudo-magnetic field is positive, and defect charge where it is negative, or vice versa. In addition, in the previous section we observed that under the assumption of a uniform CDW the strain-induced PLL spectrum is gapped out.

In Fig. 8 we show results for both $\Delta_{\rho_+}(l)$ and $\Delta_{\rho_-}(l)$, defined in Eqs. (26) and (25), for different values of the interaction $V_1$ and strain $A$. As expected, we find the CDW order parameter $\Delta_{\rho_-}(l)$ (shown in red) to become finite in regions where the pseudo-magnetic field is strongest, but to have the same sign in both positive and negative regions. The sign of concomitant ferroelectric polarization depends on the sign of the pseudo-magnetic field. In the region where the field is positive the flat band states are localized on the $A$ sublattice and pushing them down in energy, signaled by positive $\Delta_{\rho_+}(l)$, leads to excess charge in that region at the expense of charge in the region of negative field. At the same time we observe that the FP is more pronounced for stronger strains, and that it is very weak for small interaction. The latter may be attributed to the fact that NN interactions have no effect in the zeroth PLL.

We proceed to consider the case of both finite $V_1$ and $V_2$. We have seen that both of these interaction individually favor different gapped ground states. At the same time we argued that as a consequence of the different nature of these interactions, i.e. $V_1$ being inter-sublattice and $V_2$ being intra-sublattice, they have different impact on the low-energy flat band electrons. Due to the spatial separation of states localized on different sublattices, it is expected that the effect of $V_1$ is suppressed. One therefore expects the QH state to survive even for $V_2 < V_1$, which corresponds to the physically relevant regime.

In Fig. 9 we present results for various $V_1$ with finite $V_2 = 0.2$ and for $A = 0.20$. We plot both the ferroelectric order parameter $\Delta_{\rho_+}(l)$ and the QH order parameter $\Delta_{QH}(l)$ for the $A$ sublattice. The key observation is that even for small $V_2 = 0.2$ the QH survives up to NN interactions $V_1 \sim 1.0$. The therefore conclude that the effect of interactions on periodic strain induced flat bands follows from their PLL character. In particular, the sublattice structure of the low-energy flat bands is the decisive factor in determining which order is spontaneously generated by interactions.

**B. Remarks on spinful electrons**

We close this section with a number of remarks on the electron spin. The numerical calculations have been performed for spinless electrons in graphene. Taking spin into account gives rise to a richer structure of polarized states, specifically the ferromagnetically (FM) and antiferromagnetically (AFM) polarized states should then be considered, in addition to the Quantum Spin Hall polarized state. Moreover, the argument for the suppression of the NN interactions does not apply to the onsite Hubbard...
interaction, $\hat{H}_U = U \sum n_{r\uparrow} n_{r\downarrow}$, which must be included in the interacting Hamiltonian.

The results for spinless electrons in graphene do, however, directly apply to TCI surface, which do not have an additional degenerate spin degree of freedom. Instead, as a consequence of spin-orbit coupling, spin is already part of the low-energy Dirac structure. In particular, our results imply that on the surface of a TCI and in the presence of periodic strain, interactions will lead to the formation of the QH state.

As a first step towards understanding the polarization of spinful strain superlattice-induced PLLs in graphene, we have performed numerical Hartree-Fock calculations with an interacting Hamiltonian given by $H_U$. We find that the mean-field ground is a superlattice antiferromagnet. The superlattice anti-ferromagnet exhibits anti-ferromagnetic order, as expected on a bipartite honeycomb lattice, however, since the flat band states are localized on one sublattice only, in each of the two regions of the strain superlattice an effective magnetization develops. Hence, as a consequence of the particular structure of the zeroth PLL states, the anti-ferromagnetic order is transferred to the superlattice.

A similar result was reported in Ref. 28, which found anti-ferromagnetic order induced by non-periodic strain, where the bulk and the sample boundary have an effective but opposite magnetization.

VI. DISCUSSION AND CONCLUSION

We have shown that in the presence of a strain superlattice, a periodic modulation of elastic lattice deformations, a system of low-energy Dirac electrons exhibits a fourfold degenerate zero energy flat band, reminiscent of a zeroth PLL. The PLL structure originates from the pseudo-magnetic field, generated by nonuniform strain. The strain superlattice unit cell consists of two spatially distinct regions, one in which electrons see a positive pseudo-magnetic field and one in which they see a negative field. The single-particle states of the degenerate flat band have a special and important localization property: in each of the two regions their wavefunction has support only on one of the Dirac pseudospin species.

Periodic pseudo-magnetic fields can occur both in graphene and on the surface of a TCI, which hosts pairs of Dirac fermions at opposite momenta related by time-reversal symmetry. The important fact that Dirac fermions are unpinned to time-reversal-invariant momenta in the BZ allow for pseudo-gauge field under time-reversal invariant perturbations such as strain.

Interactions between electrons in continuum PLLs are expected to lead to the formation of polarized states splitting the degeneracies of PLLs. We have investigated PLL polarization for the case of lattice PLLs corresponding to periodic pseudo-magnetic fields. Two polarized states were shown to fully lift the zero energy flat band degeneracy while at the same time pushing all occupied (unoccupied) lattice PLLs down (up). The first state is the sublattice polarized charge-ordered state, which can be pictured as a spatially polarized state with all PLLs of the positive (or negative) field region occupied. The second is the anti-ferro-valley ordered state, or spontaneous quantum Hall state, for which all PLL states effectively seeing a positive (or negative) field are occupied, implying time-reversal symmetry breaking. We found that other polarized states, even though they have similar characteristics in the continuum, do not fully lift the lattice flat band PLL degeneracies.

Using self-consistent Hartree-Fock calculations we have studied an interacting honeycomb lattice model with periodic strain-induced lattice PLLs. Our results demonstrate that the strain-induced reconstruction of low-energy electronic structure, in particular the presence of a zero energy flat band, determines the impact of interactions. Three key results highlight this conclusion. First, the mean-field order parameters clearly reflect the periodicity of the pseudo-magnetic field, showing that the amplitude of the order parameter is tied to the strength of pseudo-magnetic field.

Second, as a consequence of the characteristic wavefunction support of the flat band single-particle states, the effect of interactions that favor time-reversal invariant pseudo-spin order is suppressed. This effectively enhances interactions that favor time-reversal symmetry breaking valley order with associated spontaneous quantum Hall effect. We have established this result in the context of the graphene lattice model, where the pseudo-spin corresponds to the sublattice degree of freedom. The NN interactions are inter-sublattice interactions, and therefore suppressed, as the flat band single-particle states have support on one of the sublattices only, in each positive or negative field region. The result, however, is general and applies equally to TCI surface states. The physical interpretation of pseudo-spin and valley are different, as explained in Sec. II yet the effect of interactions favoring time-reversal symmetry breaking remains strongly enhanced.

Third, the valley-ordered spontaneous quantum Hall state already occurs for small interactions when the PLLs are well-developed. The PLL structure is a way to significantly enhance density of states near the charge neutral point. We conclude that in the presence of periodic strain and interactions, a system of unpinned Dirac electrons has a generic instability towards a spontaneous quantum Hall phase.

The emphasis of the numerical calculations we report, has been on spinless electrons in graphene. In TCI surface states, however, no additional spin degeneracy is present. Due to spin-orbit coupling the electron spin is an intrinsic part of the low-energy Dirac structure. In particular, this implies that there are no purely spin-polarized phases, such as the global anti-ferromagnet, competing with the spontaneous quantum Hall phase, favoring the latter as ground state.

Whereas uniform strain-induced pseudo-magnetic
fields suffer from implementation limitations, particularly beyond the nano-scale, periodic strain can potentially be realized in macroscopic sample sizes. In fact, such periodic strain fields and induced pseudo-magnetic fields were demonstrated in TCI heterostructure [22, 23], making TCI surface states the prime candidate to exhibit spontaneous formation of nontrivial electronic states.

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Appendix A: Landau levels for Dirac electrons

For the purpose of being self-contained we collect some standard results of Dirac fermions in a constant magnetic field in this Appendix. These may be directly applied to the case of time-reversal invariant pseudo-magnetic fields, bearing in mind the key characteristic of opposite sign of the pseudo-magnetic field in the two valleys.

In the presence of a magnetic field we define the dynamical momenta using the Peierls substitution

\[ \hat{p}_\alpha \to \hat{\Pi}_\alpha = \hat{p}_\alpha - eA_\alpha(\hat{r}) = -i\hbar \partial_\alpha + |e|A_\alpha(\hat{r}), \]

where \( \hat{p}_\alpha \) is the momentum operator and \( \alpha = x, y \) (we restrict the description to two dimensions). \( \hat{r}_\alpha \) are the position operators obeying \( [\hat{r}_\alpha, \hat{r}_\beta] = i\hbar \) and \( A_\alpha(\hat{r}) \) is the electromagnetic gauge field. In a magnetic field the momentum operators \( \hat{\Pi}_\alpha \) do not commute but instead obey the canonical commutation relation

\[ [\hat{\Pi}_\alpha, \hat{\Pi}_\beta] = [e]|\hat{p}_\alpha, A_\beta(\hat{r})] + [e]|A_\alpha(\hat{r}), \hat{p}_\beta] = -i\hbar |e|F_{\alpha\beta}, \]

where \( F_{\alpha\beta} = \partial_\alpha A_\beta - \partial_\beta A_\alpha \) is the field strength. Assuming a uniform field strength in the \( z \) direction the magnetic field is given by \( \hat{B}_\lambda = e\lambda_{\mu\nu}F_{\mu\nu}/2 \), implying that \( F_{\mu\nu} = e_{\mu\nu\lambda}B_\lambda \). In particular we have for a uniform field \( \hat{B} \equiv B_z \) in the \( z \) direction

\[ [\hat{\Pi}_\alpha, \hat{\Pi}_\beta] = -i\hbar |e|\text{sgn}(B)B\epsilon_{\alpha\beta z}. \]  

(A1)

In this expression we have explicitly separated the sign of the magnetic field from its strength \( B = |B| \) so as to make dependencies on the sign of the field transparent. Defining the fundamental characteristic length scale in the system, the magnetic length, as \( l_B = \sqrt{\hbar/(|e|B)} \), we can write \( [\hat{\Pi}_\alpha, \hat{\Pi}_\beta] = -i\hbar^2\text{sgn}(B)\epsilon_{\alpha\beta z}/l_B^2 \). This implies a canonical commutation relation between the dynamical momenta and inspires to define creation and annihilation operators in the usual way as

\[ \hat{a}^\dagger = \frac{l_B}{\sqrt{2\hbar}}(\hat{\Pi}_x + i\text{sgn}(B)\hat{\Pi}_y), \]

\[ \hat{a} = \frac{l_B}{\sqrt{2\hbar}}(\hat{\Pi}_x - i\text{sgn}(B)\hat{\Pi}_y), \]  

(A2)

which obey \( [\hat{a}, \hat{a}^\dagger] = 1 \). Note that the definition of these operators depends on the sign of the \( B \)-field, which is a direct consequence of Eq. (A1). We note in passing that all of the above did not require specifying a gauge for \( A_\alpha \).

The Landau level spectrum of a Dirac Hamiltonian of the form

\[ \mathcal{H} = \hbar v_F(\Gamma_x q_x + \Gamma_y q_y) \]

is then straightforwardly obtained by making the substitution \( \hbar q_\mu \to \hat{\Pi}_\mu \). Squaring the Hamiltonian yields

\[ \mathcal{H}^2 = v_F^2(\hat{\Pi}_x^2 + \hat{\Pi}_y^2) + v_F^2[\hat{\Pi}_x, \hat{\Pi}_y]\Gamma_x\Gamma_y \]

\[ = v_F^2\hbar^2/2(\hat{a}^\dagger \hat{a} - 1 + \text{sgn}(B)\tau_z) \]

We use that \( \hat{a}^\dagger \hat{a} = n \) for standard oscillator wave functions \( \varphi_n \), i.e., \( \hat{a}^\dagger \hat{a} \varphi_n = n \varphi_n \), \( \hat{a} \varphi_n = \sqrt{n+1} \varphi_{n+1} \) and \( \hat{a}^\dagger \varphi_n = \sqrt{n+1} \varphi_{n+1} \). One therefore obtains the Landau level energies

\[ E_\pm(n) = \pm \sqrt{2|\xi|^2 n}, \quad n = 1, 2, \ldots, \]

\[ \xi^2 = v_F^2\hbar^2/2l_B^2 \]  

(A3)

Each of the \( E_\pm(n) \) is two-fold degenerate because of the valley degree of freedom, in addition to an \( N_\nu = A/2\pi l_B^2 \) degeneracy where \( A \) is the area of the system.

We find the corresponding eigenstates by taking a closer look at the explicit expression for the Hamiltonian in each valley. Writing \( H_\nu \) for the Hamiltonian in valley \( \nu = \pm \) we have

\[ H_\nu = \nu \left( \sqrt{2\xi^2} \hat{a}^\dagger \right) \]

The eigenstates belonging to the eigenvalues \( E_\pm(n) \) of Eq. (A2) are easily obtained as

\[ |\Psi_{n\nu \pm}\rangle = \frac{1}{\sqrt{2}} \left( |\varphi_{n-1, k}\rangle \pm \nu|\varphi_{n, k}\rangle \right), \]

(A4)

In addition to the states \( |\Psi_{n\nu \pm}\rangle \) \((n = 1, 2, \ldots)\) there are also zero mode states \( |\Psi_{0\nu}\rangle \), one for each valley, which have zero energy \( (E_0 = 0) \). Inspecting of Eq. (18) reveals that these states are given in each of the valleys as

\[ |\Psi_{0\nu}\rangle = \left( \begin{array}{c} 0 \\ |\varphi_{0, k}\rangle \end{array} \right). \]  

(A5)
We stress that this implies the zero modes are localized on opposite sublattices for the two valleys, as we had exchanged sublattices for the $K$ valley.

We proceed to consider the effect of symmetry breaking terms on the Landau level spectrum. Specifically, we consider first the set of time-reversal symmetry invariant masses $\tilde{m}$ which enter the Hamiltonian as

$$\mathcal{H}_{\tilde{m}} = \tilde{m} \cdot \mathbf{\hat{\Gamma}} = m_1 \nu x + m_2 \nu y + m_3 \nu^2 \tau z$$

For small masses we may use perturbation theory to study the splitting or shifting of Landau levels. It turns out however that the exact energies can be obtained in the presence of $\mathcal{H}_{\tilde{m}}$. The energies are found by squaring the Hamiltonian $\mathcal{H} = \mathcal{H}_0 + \mathcal{H}_{\tilde{m}}$, which gives

$$\mathcal{H}^2 = v_F^2 (\mathbf{\Pi}^2 + \mathbf{\Pi}^2_j) + v_F^2 (\mathbf{\Pi}_x, \mathbf{\Pi}_y) \Gamma_x \Gamma_y + m^2$$

$$= v_F^2 \frac{h^2}{l_0^2} \left( 2\tilde{m} a - 1 + \text{sgn}(B) \tau_z \right) + m^2, $$

where we use the anticommutation relations of the $\Gamma$-matrices. We directly find the energies

$$E_{\pm}(n) = \pm \sqrt{2 \xi^2 n + m^2}, \quad n = 1, 2, \ldots$$

Expanding the square root $\sqrt{2 \xi^2 n + 1 + m^2 / 2 \xi^2 n}$ in small $m^2 / 2 \xi^2 n$ yields the same result as second order perturbation theory.

The Landau level spectrum in the presence of masses can alternatively obtained by using the relation $\mathbf{[\mathbf{\Pi}_i, \mathbf{\Pi}_j]} = 2i \epsilon_{ijk} \Gamma_k$ to construct a unitary matrix $\mathbf{U}$ which rotates the vector $\tilde{m}$ so that one has $U^\dagger \tilde{m} \cdot \mathbf{\hat{\Gamma}} U = m \Gamma_3$, with $m = |\tilde{m}|$. Such transformation block diagonalizes the Hamiltonian and we obtain the energies in a more direct way. In particular, we can employ the unitary rotation to find the energies of the zero modes for the case of massive Dirac fermions. In the rotated basis we can construct zero mode states in the same way as before, which will have energies

$$E_{0\nu} = -\nu m$$

where $\nu = \pm$ represents the valley degree of freedom.

We conclude by taking into account the time-reversal symmetry breaking but chiral symmetry preserving mass $\eta$ entering as $\mathcal{H}_\eta = \eta \tau^z$. Since such this term is a scalar under chiral rotations generated by $\mathbf{\Omega}$ we may consider $\mathcal{H} = \mathcal{H}_0 + \mathcal{H}_{\tilde{m}} + \mathcal{H}_\eta$ and use the chiral rotation $\mathbf{U}$ to block diagonalize the Hamiltonian. The total mass term then is $m\nu^2 \tau^z + \eta \tau^z$, which directly leads to the energies

$$E_{\nu\pm}(n) = \pm \sqrt{2 \xi^2 n + (\nu m + \eta)^2}$$

for the Landau levels $n = 1, 2, \ldots$. The presence of both of these masses leads to a splitting of Landau levels, whereas the presence of either only shifts the energies. The presence of a time-reversal breaking mass breaks particle-hole symmetry in the $n = 0$ Landau level. Specifically, the zero mode energies become

$$E_{0\nu} = -\nu m - \eta.$$

### Appendix B: Setup of Hartree-Fock calculations

Our Hartree-Fock calculations in the presence of the strain superlattice and with interacting Hamiltonian \cite{21} follow the scheme of Ref.\cite{44}. In particular, we choose the unit cell of the unstrained lattice such that it contains six honeycomb lattice sites, as shown in Fig.\[6\] of the main text. This allows intra-sublattice mean-field structures to form, corresponding to modulation vectors $K_{\pm}$, which connect the Dirac points of the honeycomb lattice. In terms of the elementary graphene lattice vectors

$$\tilde{a}_1 = a(1, \sqrt{2}/2), \quad \tilde{a}_2 = a(1, -\sqrt{2}/2),$$

the lattice vectors of the six-site unit cell are given by

$$\tilde{b}_1 = 2\tilde{a}_1 + \tilde{a}_2, \quad \tilde{b}_2 = \tilde{a}_1 - \tilde{a}_2.$$

They are shown in Fig.\[6\], together with the folded BZ. Figure\[9\] also shows how, in the presence of the periodic strain superlattice, the superlattice unit cell is defined. The superlattice vectors are $\tilde{b}_1$ and $\lambda \tilde{b}_2$, in terms of the superlattice wave length $\lambda$.

The electronic Hamiltonian is expressed in terms of the fermion annihilation (and corresponding creation) operators $\hat{\psi}_{\alpha i l}(l, \vec{x})$. Here $\alpha$ labels th sublattice ($A/B$), $i = 1, 2, 3$ labels the three sites of each sublattice species in the six-site unit cell, and $l = 1, \ldots, \lambda$ lables the (six-site) unit cells in the superlattice unit cell, and $\vec{x}$ is a position index for the superlattice unit cell. The Fourier transforms is defined as

$$\hat{\psi}_{\alpha i l}(l, \vec{k}) = \frac{1}{\sqrt{N}} \sum_{\vec{x}} \hat{\psi}_{\alpha i l}(l, \vec{x}) \text{e}^{-i \vec{x} \cdot \vec{k}}.$$

The interacting Hamiltonian of Eq.\[21\] consists of two terms: the NN interaction and the NNN interaction. In momentum space the NN interaction $\hat{H}_{V_{1}}$ is given by

$$\hat{H}_{V_{1}} = \frac{V_1}{N} \sum_{\vec{k} \vec{k'} \vec{q}} \hat{\psi}_{A i l}(l, \vec{k}) \hat{\psi}_{A i l}(l, \vec{k} - \vec{q}) \chi_{l, l'}(\vec{q})$$

$$\times \hat{\psi}_{B j l'}(l', \vec{k'}) \hat{\psi}_{B j l'}(l', \vec{k'} + \vec{q}),$$

where repeated indices are summed. The matrix function $\chi(\vec{q})$ connects NNs, and it is convenient to decompose it in the following way

$$\chi_{l, l'}(\vec{q}) = \chi_{l, l'}^{-}(\vec{q}) \delta_{l, l'-1} + \chi_{l, l'}^{0}(\vec{q}) \delta_{l, l'} + \chi_{l, l'}^{+}(\vec{q}) \delta_{l, l'+1}. $$

Clearly, $\chi_{l, l'}^{0}(\vec{q})$ connects sites within the same (six-site) unit cell, and it is explicitly given by

$$\chi_{l, l'}^{0}(\vec{q}) = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 0 & 1 \\ 1 & 1 & 0 \\ 1 & 1 & 1 \end{pmatrix}. $$

The functions $\chi_{l, l'}^{\pm}(\vec{q})$ connect sites in different (six-site) unit cells and each only have a single nonzero entry. They are given by $\chi_{l, l'}^{+}(\vec{q}) = \text{e}^{i(\vec{b}_1 + \vec{b}_2) \cdot \vec{q}}$ and $\chi_{l, l'}^{-}(\vec{q}) = \text{e}^{i\vec{b}_2 \cdot \vec{q}}$.  

The functions $\chi_{l, l'}^{\pm}(\vec{q})$ connect sites in different (six-site) unit cells and each only have a single nonzero entry. They are given by $\chi_{l, l'}^{+}(\vec{q}) = \text{e}^{i(\vec{b}_1 + \vec{b}_2) \cdot \vec{q}}$ and $\chi_{l, l'}^{-}(\vec{q}) = \text{e}^{i\vec{b}_2 \cdot \vec{q}}$.  


Similarly, the NNN interaction Hamiltonian is given by

\[ \hat{H}_{V_2} = \frac{V_2}{2N} \sum_{\vec{k}' \vec{q}} \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \chi_{il,jl}^\alpha(\vec{k}, -\vec{k}') \times \hat{\psi}^\dagger_{\alpha \alpha}(l', \vec{k}') \hat{\psi}_{\alpha \alpha}(l', \vec{k}' + \vec{q}) \]  

(B3)

The functions \( \chi_{il,jl}^\alpha(\vec{k}, -\vec{k}') \) connect NNNs on each sublattice \( \alpha \). They are directly obtained from Ref. [14] taking into account the additional superlattice index \( l \) (in the same way as for \( X(\vec{q}) \)).

The quartic interactions of the interacting Hamiltonians, schematically written as \( \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \), are decoupled in the standard mean-field way as (written schematically)

\[ \rightarrow \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) + \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \rangle \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \rangle, \]

\[ \rightarrow -\hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) - \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \rangle \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k} - \vec{q}) \rangle, \]

the first line representing charge density order and the second bond density order.

In terms of the actual superlattice electrons, the charge density order parameter is defined as

\[ \rho_{\alpha \alpha}(l) = \frac{1}{N} \sum_{k} \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l, \vec{k}) \rangle. \]  

(B4)

Bond order parameters are defined as straightforward generalizations of Ref. [14]. Of particular interest in our case is the QH order parameter, constructed from NNN bond order and defined by Eqs. (27) and (28). To obtain Eq. (27) we decompose \( \chi_{il,jl}^\alpha(\vec{k}, -\vec{k}') \), which arises due to the reordering of (B3), as

\[ \chi_{il,jl}^\alpha(\vec{k}, -\vec{k}') = \sum_{\mu=1}^{3} Q_{il,jl}^{\alpha \mu}(\vec{k}) Q_{il,jl}^{\alpha \mu}( -\vec{k}'). \]  

(B5)

The sum over \( \mu \) follows from the three ways in which NNN sites may be connected. Note that \( Q_{il,jl}^{\alpha \mu}( -\vec{k}) = Q_{il,jl}^{\alpha \mu}(\vec{k}) \). We can now NNN bond order parameters used to construct the QH order parameter of Eq. (28). The NNN bond order mean-fields are defined by

\[ \chi_{il,jl}^\alpha = \frac{1}{N} \sum_{k} Q_{il,jl}^{\alpha \mu}(\vec{k}) \langle \hat{\psi}^\dagger_{\alpha \alpha}(l, \vec{k}) \hat{\psi}_{\alpha \alpha}(l', \vec{k}) \rangle. \]  

(B6)

The QH order parameter \( \Delta_{QH}(l) \) is defined so that each unit cell labeled by \( l \) is associated with \( 2 \times 9 \) NNN bonds.

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