Expression of Histone Deacetylases in Diffuse Large B-cell Lymphoma and Its Clinical Significance

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Abstract

Background: Histone deacetylase inhibitors are a new class of drugs used in treatment of malignant tumors. Diffuse large B-cell lymphoma (DLBCL) is the most common type of B-cell lymphoma, and it accounts for more than 40% of all B-cell lymphomas. In this study, we aimed to determine the expression patterns of histone deacetylases (HDACs) in DLBCL, to examine whether HDAC expression patterns differ among cases, and to assess whether these findings have clinical significance.

Materials and methods: We selected 91 cases of DLBCL diagnosed at St. Vincent Hospital, The Catholic University of Korea, from 2001–2012. We performed a pathology slide review and collected clinical data including age, sex, tumor site, survival time, and mortality. Immunohistochemical analysis was performed using primary antibodies for HDACs, including HDAC1 and 2 of class I, HDAC4 and 5 of class IIa, and HDAC6 of class IIb. Expression site was determined to be nuclear, cytoplasmic, or both. Staining intensities were graded as low and high. We assessed correlations between HDAC expression levels and clinical data and survival analysis.

Results: Of the 91 cases examined, 46 (50.5%) were men and 45 (49.5%) were women. Most of the patients were elderly, and 74 (81.3%) cases were older than 46 y. Forty-six (50.5%) cases showed lymph node involvement, and 45 (49.5%) cases showed lymphoma at extranodal sites. In nodal lymphoma, staining was strongly positive for HDAC2, whereas staining was weak or negative for HDAC4; however, there was no significant correlation with survival. But nodal lymphoma cases with high nuclear expression of HDAC2 and nodal lymphoma cases with high nuclear expression of HDAC4 showed significantly shorter survival times compared with other cases.

Conclusions: High nuclear expression of HDAC2 may play an important role in survival of DLBCL patients, especially in those with nodal lymphoma, which is associated with a shorter survival time. Our results may have important implications for treatment of DLBCL by epigenetic regulation.

Key words: Diffuse large B-cell lymphoma; Histone deacetylase; Epigenetic; Nodal lymphoma; Survival

Introduction

Epigenetic dysregulation affects gene expression, including methylation, histone modification, and small silent RNAs (siRNAs) [1, 2]. These epigenetic alterations can serve as targets for various drugs, which can normalize gene transcription [1]. Histones are most commonly modified by acetylation, which
determines the chromatin structure and influences gene transcription. Acetylation is known to stimulate gene transcription, and deacetylation is known to inhibit gene transcription because it produces more a compact chromatin structure [3]. Acetylation of histones is regulated by the antagonistic actions of two groups of enzymes, known as histone acetyltransferases (HATs) and histone deacetylases (HDACs); it is well known that HDACs have highly specific functions in gene regulation [3]. The HDAC superfamily is known to be composed of 11 proteins, which can be classified as follows: class I HDACs are ubiquitous and include HDAC1, 2, 3, and 8; class IIa includes HDAC4, 5, 7, and 9; and class IIb includes HDAC6 and 10. [2, 3, 4-6]. Additional deacetylases, including SIRTUINS 1-7, are sometimes grouped as class III, but they are dealt differently with HDACs [2].

Histone deacetylase inhibitors are newly introduced agents for the treatment of hematologic malignancies, and their principal mechanisms of action involve functional modification of neoplastic cells via their effects on the acetylation of histones and non-histone proteins [7-10]. Their precise mechanisms of action are not fully understood, but several hypotheses have been proposed, and generally, these hypotheses suggest blocking of gene expression and inhibition of the growth in neoplastic cells [3, 7]. These inhibitors act on histone and non-histone proteins and regulate gene expression and cellular functions through various pathways [2, 3]. These inhibitors are particularly involved in regulation of the cell cycle, inhibition of cell growth, apoptosis, and angiogenesis [1, 2, 5, 11]. For example, romidepsin, a histone deacetylase inhibitor, causes arrest of the cell cycle between the G1 and G2/M phases, stimulation of cellular differentiation, increased expression of p21 and c-myc, stimulation of apoptosis, and inhibition of phosphorylation of the Rb gene [1]. Collectively, HDACs are closely and primarily related to factors involved in the regulation of the cell cycle and apoptosis such as p53, various cyclins, and Bcl-6 [11-13]. Therefore, we suggest that HDAC inhibitors have an indirect effect on these factors. Although HDACs typically inhibit transcription, in certain situations they activate transcription and act on non-histone proteins located in the cellular matrix. In addition, many other factors are involved in the acetylation and deacetylation process. How these factors regulate gene expression is an important question [3].

Because various histone deacetylase inhibitors are a novel and effective class of drugs for the treatment of malignant tumors, determining the expression patterns of HDACs in malignant lymphomas may facilitate development of more effective treatments. B-cell lymphomas are the most common type of lymphoma, and diffuse large B-cell lymphoma (DLBCL) is the most common type of B-cell lymphoma accounting for more than 40% of all B-cell lymphomas [14]. DLBCL is an aggressive form of non-Hodgkin lymphoma, and it commonly arises in the lymph nodes; however, extranodal DLBCL is also frequent. In addition, there are various histologic subtypes of DLBCL, and their subclassification is becoming increasingly complex [14]. This study aimed to determine the expression patterns of HDACs in DLBCL, to assess whether HDAC expression patterns differ among cases, and to examine whether these findings have clinical significance.

Materials and methods

For this study, we selected 91 cases of DLBCL diagnosed from 2001-2012 at St. Vincent’s Hospital, The Catholic University of Korea, which had well-preserved paraffin blocks and in which auxiliary immunohistochemical studies were performed to establish the diagnosis of DLBCL. We performed a pathology slide review of both the HE and immunohistochemistry slides. Clinical data including sex, age, tumor site, survival time, and mortality were collected from the clinical records. For analysis, we arbitrarily classified patient age as younger or older than 45 y, and tumor site as nodal or extranodal lymphoma. Immunohistochemical analysis was performed using primary antibodies for the HDACs, including HDAC1 (monoclonal; 1:800; SantaCruz, TX, USA) and HDAC2 (monoclonal; 1:400; SantaCruz, TX, USA) of class I, HDAC4 (monoclonal; 1:100; SantaCruz, TX, USA) and HDAC5 (monoclonal; 1:800; SantaCruz, TX, USA) of class IIa, and HDAC6 (monoclonal; 1:25; SantaCruz, TX, USA) of class IIb. Using control tissue such as lymph nodes, we determined the optimal dilution of these antibodies. The procedures used for the immunohistochemical analysis were as follows: Using a formalin-fixed paraffin-embedded tissue block, we used a 2.0-mm sample from each to construct a tissue microarray (TMA). After deparaffinization of TMA slides using heat and xylene, samples were rehydrated by serial ethanol soaking. Antigen retrieval was performed by boiling in retrieval solution, and inactivation of endogenous peroxidase using 3% hydrogen peroxide was performed in sequence. The primary antibodies mentioned above were applied and a secondary antibody reaction was performed. EnVision (Dako, Glostrup, Denmark) and DAB were used as the secondary antibody system and the chromogen, respectively. After counterstaining with Mayer’s hematoxylin, slides were mounted.

We determined whether the various HDACs were expressed in the nucleus or the cytoplasm. As
described in the Results below, the expression of the HDACs used in this study showed an all or nothing pattern, i.e. the degree of expression was homogenous and could not be estimated using percentages. Therefore, we divided the degree of expressions into 4 grades based on staining intensity: Grade 0 when none of the cells were stained, Grade 1 when only a few cells were stained, Grade 2 when most of the cells were stained but the intensity was weak, and Grade 3 when most of the cells were stained with strong intensity. This grading system was applied to both the nuclear and cytoplasmic staining. We classified Grades 0 and 1 as low staining intensity, and Grades 2 and 3 as high (Fig. 1, 2). After analysis, correlations with clinical data such as sex, age, tumor site, and survival analysis were determined. We used the chi-square test and Kaplan-Meier survival analysis to analyze the statistical significance of the results, using SAS software (version 8; SAS Inc., Cary, NC, USA). A p-value of <0.05 was considered significant. This study was approved by the Clinical Study Medical Ethics Committee (VC11SISI0087).

Results

Of the 91 cases, 46 (50.5%) were men and 45 (49.5%) were women. Most of the patients (74 cases, 81.3%) were older than 46 y. Seventeen (18.7%) of the cases were younger than 45 y. Forty-six (50.5%) cases showed lymph node involvement and 45 (49.5%) cases showed lymphoma at extranodal sites. The most common extranodal sites were the small intestine, stomach, soft tissue, and testis (Table 1). In general, DLBCL was more common in the elderly, and showed similar proportions in men and women. Proportions of nodal and extranodal DLBCL were also similar.

HDAC1 was faintly expressed in the nucleus in normal lymph node tissue used as a control. In the cases studied, HDAC1 was expressed in nucleus in only 12 (13.2%) cases with faint staining intensity. HDAC1 staining was not observed in the cytoplasm (Fig. 1, A–C). HDAC2 was expressed exclusively in the nucleus both in control tissue and in the cases studied. High nuclear expression was found in 62 (68.1%) cases, and the remaining 29 (31.9%) cases showed low nuclear expression. HDAC2 staining was not observed in the cytoplasm (Fig. 1, D–H). HDAC4, 5, and 6 were expressed in both the nucleus and cytoplasm at varying intensities not only in control tissues but also in the cases studied. HDAC4 showed high expression in the nucleus and the cytoplasm in 34 (37.4%) and 56 (61.5%) cases, respectively, and low expression in the nucleus and the cytoplasm in 18 (19.8%) and 38 (41.8%) cases, respectively (Fig. 2, F–J). HDAC6 showed high expression in the nucleus and the cytoplasm in 37 (40.7%) and 81 (89.0%) cases, respectively, and low expression in the nucleus and the cytoplasm in 54 (59.3%) and 10 (11.0%) cases, respectively (Fig. 2, K–O). In general, HDAC4 showed similar patterns of expression pattern in the nucleus and cytoplasm, but HDAC5 and HDAC6 were preferentially expressed in the nucleus and cytoplasm, respectively (Table 2).

Table 1. Clinical characteristics of the cases studied

| Sex | Proportion (%) | Total |
|-----|----------------|-------|
| M   | 46 (50.5)      | 91    |
| F   | 45 (49.5)      |       |

| Age | Proportion (%) | Total |
|-----|----------------|-------|
| ≤45 | 17 (18.7)      | 91    |
| ≥46 | 74 (81.3)      |       |

| Site           | Proportion (%) | Total |
|----------------|----------------|-------|
| Nodal          | 46 (50.5)      | 91    |
| Extranodal     | 45 (49.5)      |       |
| Bone           | 1              |       |
| Brain          | 2              |       |
| Breast         | 2              |       |
| Colon          | 2              |       |
| Kidney         | 1              |       |
| Mediastinum    | 1              |       |
| Nasal cavity   | 2              |       |
| Ovary          | 2              |       |
| Parotid gland  | 1              |       |
| Small intestine| 8              |       |
| Soft tissue    | 5              |       |
| Stomach        | 5              |       |
| Testis         | 4              |       |
| Thyroid gland  | 1              |       |
| Tongue         | 1              |       |
| Tonsil         | 4              |       |
| Urinary bladder| 2              |       |
| Uterus         | 1              |       |

Table 2. Expression patterns of HDACs

| HDAC | Expression site | Low     | High    | Total |
|------|----------------|---------|---------|-------|
| 1    | Nucleus        | 12 (13.2)| 0       | 12 (13.2) |
|      | Cytoplasm      | 0       | 0       | 0     |
| 2    | Nucleus        | 29 (31.9)| 62 (68.1)| 91 (100) |
|      | Cytoplasm      | 0       | 0       | 0     |
| 4    | Nucleus        | 57 (62.6)| 34 (37.4)| 91 (100) |
|      | Cytoplasm      | 35 (38.5)| 56 (61.5)| 91 (100) |
| 5    | Nucleus        | 18 (19.8)| 73 (80.2)| 91 (100) |
|      | Cytoplasm      | 38 (41.8)| 53 (58.2)| 91 (100) |
| 6    | Nucleus        | 54 (59.3)| 37 (40.7)| 91 (100) |
|      | Cytoplasm      | 10 (11.0)| 81 (89.0)| 91 (100) |
Fig. 1. Expression patterns of HDAC1 (A–C) and HDAC2 (D–H), which showed exclusively nuclear staining. HDAC1 showed faint staining in the nucleus of normal lymphocytes in control tissue (A) and a few lymphoma cells (B). Most tumor cells were negative for HDAC1 (C). HDAC2 showed strong nuclear staining in lymphocytes of control tissue (D). Nuclear staining in the lymphoma cells was graded as Grade 0 (E), Grade 1 (F), Grade 2 (G), and Grade 3 (H) according to the intensity of nuclear staining.

Fig. 2. Expression patterns of HDAC4 (A–E), HDAC5 (F–J), and HDAC6 (K–O) which showed both nuclear and cytoplasmic staining. Normal lymphocytes in control tissue showed nuclear and cytoplasmic staining for HDAC4 (A), HDAC5 (F) and HDAC6 (K). For each HDAC, staining intensity was graded as Grade 0–3. Grade 0: HDAC4 (B), HDAC5 (G), and HDAC6 (L); Grade 1: HDAC4 (C), HDAC5 (H), and HDAC6 (M); Grade 2: HDAC4 (D), HDAC5 (I), and HDAC6 (N); and Grade 3: HDAC4 (E), HDAC5 (J), and HDAC6 (O).

Analysis of correlations with clinical characteristics showed that HDAC2 was expressed similarly in men and women. High cytoplasmic expression of HDAC4 \( (p = 0.022) \) and high nuclear \( (p = 0.016) \) and cytoplasmic \( (p = 0.042) \) expression of HDAC5 were more frequently observed in women, but the clinical significance is uncertain. HDAC expression did not show a significant correlation with age. Expression patterns differed slightly between nodal and extranodal lymphomas. In nodal lymphomas, there was a strong nuclear positivity for HDAC2 \( (p = 0.011) \), whereas there was negativity or a weak nuclear positivity for HDAC4 \( (p = 0.000) \). Significant differences were not observed between HDAC1, 5, and 6 (Table 3). HDAC expression may differ somewhat between nodal and extranodal DLBCL.

Survival analysis showed no differences with respect to age or sex. Survival duration differed between nodal and extranodal DLBCL, at 55.531 ± 6.906 and 72.134 ± 6.359 months, respectively, but the result was not statistically significant \( (p = 0.132) \). When survival analysis was made with respect to the expression patterns of HDACs, cases of nodal lymphomas with a high nuclear expression of HDAC2 and a low nuclear expression of HDAC4, which showed a statistical significance in relation to the expression patterns, were not significantly correlated with the results of the survival analysis, although these cases may show a marginally shorter survival period (Table 4 and Fig. 3). Nor were expression patterns of HDAC5 and 6 significantly correlated with survival times. However, analysis of correlations between tumor site and HDAC expression patterns showed that in nodal lymphoma cases with high nuclear expression of HDAC2 and in nodal lymphoma cases with both high nuclear HDAC2 and low nuclear HDAC4 expression...
survival time was significantly shorter than in other cases ($p = 0.018$ and $0.006$, respectively). Nodal lymphoma cases with low nuclear HDAC4 expression showed a tendency toward a shorter survival time, but this result was not statistically significant ($p = 0.092$) (Table 4 and Fig. 4).

### Table 3. Correlations between HDAC expression and clinical characteristics

| HDACs | Nuclear | Cytoplasm | p-value<sup>a</sup> | p-value<sup>b</sup> |
|-------|---------|-----------|---------------------|---------------------|
|       | Low     | High      | Low     | High      |         |         |
| 1     | Sex     | M         | 5       | 0        | 0       | 0       |
|       | F       | 7         | 0       | 0        | 0       | 0       |
| 2     | M       | 15        | 31      | 0.878    | 0        | 0       |
|       | F       | 14        | 31      | 0        | 0       | 0       |
| 4     | M       | 33        | 13      | 0.070    | 23       | 23      | 0.022  |
|       | F       | 24        | 21      | 0        | 12       | 33      |         |
| 5     | M       | 14        | 32      | 0.016    | 24       | 22      | 0.042  |
|       | F       | 4         | 41      | 0        | 14       | 31      |         |
| 6     | M       | 27        | 19      | 0.899    | 4        | 42      | 0.522  |
|       | F       | 27        | 18      | 0        | 6        | 39      |         |
| 1     | Age     | ≤ 45      | 4       | 0        | 0        | 0       |         |
|       |         | ≥ 46      | 8       | 0        | 0        | 0       |         |
| 2     | ≤ 45    | 8         | 9       | 0.136    | 0        | 0       |         |
|       | ≥ 46    | 21        | 53      | 0        | 0        | 0       |         |
| 4     | ≤ 45    | 13        | 4       | 0.268<sup>b</sup> | 9        | 8       | 0.174  |
|       | ≥ 46    | 44        | 30      | 0        | 26       | 48      |         |
| 5     | ≤ 45    | 5         | 12      | 0.269    | 9        | 8       | 0.300  |
|       | ≥ 46    | 13        | 61      | 0        | 29       | 45      |         |
| 6     | ≤ 45    | 13        | 4       | 0.170<sup>b</sup> | 4        | 13      | 0.087  |
|       | ≥ 46    | 41        | 33      | 0        | 6        | 68      |         |
| 1     | Site    | Nodal     | 9       | 0        | 0        | 0       |         |
|       |         | Extranodal| 3       | 0        | 0        | 0       |         |
| 2     | Nodal   | 9         | 37      | 0.011    | 0        | 0       |         |
|       | Extranodal| 20      | 25      | 0        | 0        | 0       |         |
| 4     | Nodal   | 38        | 8       | 0.000    | 16       | 30      | 0.466  |
|       | Extranodal| 19      | 26      | 0        | 19       | 26      |         |
| 5     | Nodal   | 8         | 38      | 0.563    | 17       | 29      | 0.348  |
|       | Extranodal| 10      | 35      | 0        | 21       | 24      |         |
| 6     | Nodal   | 31        | 15      | 0.114    | 3        | 43      | 0.138<sup>b</sup> |
|       | Extranodal| 23      | 22      | 0        | 7        | 38      |         |

<sup>a</sup> Pearson’s chi-square test  
<sup>b</sup> Fisher’s exact test

### Discussion

In this study we concluded that high nuclear expression of HDAC2 may play an important role in survival of DLBCL patients, especially in those with nodal lymphoma, which is associated with a shorter survival time. Our results may have important implications for treatment of DLBCL by epigenetic regulation. It is well known that HDACs, which are the primary subject of this study, have highly specific functions in gene regulation [3].

Several studies reported on the clinical applications of HDAC are in treatment of lymphomas. HDAC6 is the HDAC most commonly expressed in various lymphomas [2]. Available treatments for lymphomas include CHOP, monoclonal antibodies, radiotherapy, immune regulators, and proteasome inhibitors; in addition, several new experimental agents have been introduced and applied in clinical practice. Among them, histone deacetylase inhibitors are considered to be promising agents [2, 5, 6, 8]. At present, several inhibitors, including SAHA and romidepsin, are used for treatment of cutaneous T-cell lymphoma [1, 3, 11]. In addition, several trials for B-cell lymphomas have been reported, but these treatments are in the early stages of development compared with those for T-cell lymphomas [2, 15]. In this study, we attempted to determine the expression patterns of HDACs in DLBCL, the most common and probably the most divergent lymphoma, and to examine whether these findings have clinical significance. For the selection of HDACs we referred to previous reports that dealt with the relationship between HDACs and lymphomas. These studies most frequently examined HDAC1, 2, 3, and 6 [16-18]. In this study, we selected well-studied HDACs including HDAC1, 2, and 6. Because the role of class IIa HDACs in lymphoma has not been studied sufficiently, we also included HDAC4 and 5. To gain a more complete understanding of the contributions made by HDACs in DLBCL, it will be necessary to perform additional studies examining other types of HDACs.

### Table 4. Correlations between survival analysis and clinical parameters and expression of various HDACs

| HDACs | Mean survival (mo) ± SD | p-value<sup>a</sup> |
|-------|-------------------------|---------------------|
| Sex   | M           | 67.754 ± 6.707 | 63.987 ± 6.867 | 0.941  |
|       | F           | 64.246 ± 8.166 | 62.865 ± 5.602 | 0.328  |
| Age   | ≤ 45        | 70.203 ± 9.970 | 62.865 ± 5.602 | 0.328  |
|       | ≥ 46        | 65.602 ± 10.827 | 62.865 ± 5.602 | 0.765  |
| Sites | Low         | 75.269 ± 7.571 | 58.715 ± 5.793 | 0.232  |
|       | High        | 61.845 ± 6.511 | 71.074 ± 6.521 | 0.225  |
|       | Others      | 62.171 ± 8.017 | 67.174 ± 5.579 | 0.382  |
|       | Others      | 65.602 ± 10.827 | 64.001 ± 5.069 | 0.765  |
|       | Others      | 62.837 ± 7.151 | 66.675 ± 6.526 | 0.800  |
|       | Others      | 63.646 ± 5.806 | 64.246 ± 8.166 | 0.834  |
|       | Others      | 68.488 ± 11.110 | 66.641 ± 5.536 | 0.909  |

<sup>a</sup> Log Rank  
b. Nodal lymphoma cases showing high nuclear expression of HDAC2.  
c. Nodal lymphoma cases showing low nuclear expression of HDAC4.  
d. Nodal lymphoma cases showing high nuclear expression of HDAC2 but low nuclear expression of HDAC4.
The sex ratio in cases of DLBCL in this study was nearly equal. We observed that DLBCL was more frequent in elderly patients, as is already well known [14]. DLBCL was equally involved in the lymph nodes and extranodal sites. HDACs of class I, especially HDAC2, appear to be important in DLBCL. In this study, high nuclear expression of HDAC2 was more frequent in nodal lymphomas, and nodal lymphomas with high nuclear expression of HDAC2 were associated with a shorter survival time. Although it was not statistically significant, nodal lymphomas showed a tendency towards a poorer prognosis than extranodal lymphomas; however, when HDAC2 expression was assessed, the clinical significance became clear. Thus, it appears that there are different epigenetic mechanisms especially for the expression of HDACs between nodal and extranodal lymphomas. We supposed that class I HDACs are restrictively expressed in DLBCL, but high nuclear expression of class I HDACs is associated with a shorter survival time. HDACs of other classes appeared to be expressed more frequently than class I HDACs, but their clinical significance appeared to be limited. In this study, low nuclear expression of HDAC4 was more frequent in nodal lymphomas, but nodal lymphoma cases with low nuclear HDAC4 expression did not show a statistically significant difference in survival, although a tendency towards shorter survival time was observed. Other HDACs of class IIa and IIb were insignificant not only in their expression patterns but also in functions relevant for survival. Comparison of nodal lymphomas with both high nuclear expression of HDAC2 and low nuclear expression of HDAC4 with other cases showed that survival time of the former cases was significantly shorter. However, it is unclear whether this result was obtained because of HDAC2 or HDAC4. It may reasonable to conclude that HDAC2 of class I plays an important role in DLBCL with respect to survival, and that HDACs of other classes play accessory roles. The role of HDAC2 in malignant tumors has not been sufficiently studied. HDAC2 is known to be associated with hematologic malignancies such as classical Hodgkin’s lymphoma, cutaneous T-cell lymphoma, and DLBCL [16,18,19]. Associations with non-hematologic malignancies such as breast cancer, hepatocellular carcinoma, and gallbladder cancer have also been reported [20-22].

Collectively, high nuclear expression of HDAC2 was more frequent in nodal lymphomas than in extranodal lymphoma cases (A), between nuclear expression of HDAC2 at low (2NL) and high (2NH) intensity (B), and between nuclear expression of HDAC4 at high (4NH) and low (4NL) intensity (C).
tranodal lymphomas, and nodal lymphoma with high nuclear expression of HDAC2 was associated with shorter survival than in other cases. The importance of other HDACs in survival was unclear, with the exception of HDAC4. Currently, histone deacetylase inhibitors are used for treating certain types of T-cell lymphomas, but on the basis of our study, these inhibitors may also be useful for the treatment of DLBCL, especially the nodal type. Some studies have reported on the role of HDAC2 in DLBCL, but to the best of our knowledge, this is the first study to report prognostic differences on the basis of the level and site (nodal or extranodal) of HDAC2 expression. Therefore, although HDAC2 has been well studied in the field of lymphoma, the results of this study provide novel, basic information important to future study of DLBCL, the most important and divergent type of lymphoma. These findings reflect the diversity of DLBCL. As in T-cell lymphoma, these HDACs and their inhibitors may also play a role in cell cycle regulation and apoptosis [23]. HDACs have also been suggested to be closely related to MHC class II expression [24]. Further study of the relationship between HDACs and factors involved in cell cycle regulation and apoptosis in DLBCL is required for development of effective treatments.

Competing Interests

The authors have declared that no competing interest exists.

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