Characterization of dual nano-size effects of ACC-cellulose nanofibrils on crystallization behavior of hydrophilic poly(vinyl alcohol)

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Abstract
This study attempts to clarify thermodynamic quantification on interaction between poly(vinyl alcohol) (PVA) and wood-derived cellulose nanofibrils (CNFs) obtained by aqueous counter collision (ACC) method. Aqueous mixtures of PVA/ACC-CNFS with various fiber widths were cast as the target materials. The interfacial interactions between the two components were characterized through thermodynamic evaluation of the crystalline PVA component as a probe in the cast mixture. As the result, surface properties of the ACC-CNFS found to reflect on the crystallization behavior of the interacted PVA component, resulting in dual nano-size effects of either diluent or nucleating agent. Melting point depression behaviors of the PVA component indicated that ACC-CNFS with thinner widths induced nucleation effects on PVA crystallization, whereas ACC-CNFS with ca. 100 nm in width encouraged diluent effects on PVA components. It is noted that this trend found to be reverse to the case for PVA/ACC-CNFS of bacterial nanocellulose previously reported.

Keywords: Janus amphiphilic nanocellulose, Melting point depression, Nano-size effect, Aqueous counter collision, Poly(vinyl alcohol)

Introduction
In the last two decades, nanocellulose, which is in general categorized into cellulose nanocrystals (CNCs) and cellulose nanofibrils (CNFs), of width less than 50 nm and with an aspect ratio greater than 100, have attracted increasing attention in both basic and applied fields, e.g., in composites [1–6], paper and board [7], medicine [8], coatings [9–11], aerogels [12, 13], filtration [14], electronics [15], and rheological modifiers [16]. Nanocellulose has the following advantages: (1) it is produced from the most abundant sustainable natural source; (2) thermal stability in the range –200 to 200 °C [17], (3) a high crystalline elastic modulus and a low specific density [18], and (4) a desirable refractive index similar to those of common resins, enabling production of transparent nanocomposites. Acid hydrolysis and 2,2,6,6-tetramethylpiperidine-1-oxyl (TEMPO)-mediated oxidation are typical chemical processes that provide CNCs [19] and TEMPO-oxidized cellulose nanofibrils (TOCNs) [20, 21], respectively. In contrast, a grinding method [22, 23], which is a mechanical process, and the aqueous counter collision (ACC) method [24–26], which is a physicochemical process provide their characteristic CNFs.

Recently, it has been shown that the characteristics of the nanocellulose surface depend on the preparation process. Most nanocellulose generally possesses hydrophilic surfaces [27], but the ACC process can create more hydrophobic planes on nanocellulose surfaces [25, 28, 29].

The ACC process, which was developed by Kondo et al. [24–26] involves repeated cycles of counter collisions using dual aqueous suspension jets containing samples under a high pressure (Fig. 1). The energy generated from collisions, typically at an ejection pressure of 200 MPa,
can be propagated as shock waves along elastic region in target samples, inducing destruction and/or continuous disruption of weak molecular interactions, such as van der Waals forces, and thus micro samples are pulverized to nanoscale samples. The destruction of interactions and the subsequent miniaturizing depend on the ejection pressure of the ACC water jets [26].

Native cellulose fibers have a hierarchical structure built on various interactions. A combination of hydrogen bonding and van der Waals forces stabilizes micro-sized cellulose fibers (=pulp). In particular, hydrogen bonding among the equatorial hydroxy groups in individual anhydroglucose units provides glucan sheets with hydrophobic (=water-hating) faces. Then, macrofibers are fabricated by van der Waals interactions between the water-hating faces [= (200) crystalline plane] of the glucan sheets. Destruction and disruption of the weaker van der Waals forces in microfibers produced by ACC expose the inherent water-hating faces on the resulting nanosized cellulose surfaces (see Fig. 1). In this way, the ACC process creates “amphiphilic CNFs with a Janus-type surface” having both hydrophobic and hydrophilic planes in a single nanofiber (ACC-CNF: see Fig. 1), and this enables their use to further extend towards surface modifiers, surfactants, emulsifiers, and dispersers [25, 30, 31].

Recently, the Janus-type ACC-CNFs have been studied for usage of nanocomposites; for example, ACC-CNFs can be dispersed in a hydrophobic polypropylene polymer matrix [32, 33]. Here, clarification of the interfacial interactions between the filler and matrix is extremely necessary for the design of improved nanocomposites. In terms of the nano-size effect, it has generally been thought that smaller particles give better nanocomposite properties by increasing the surface area of the filler. The relationship between the mechanical properties and nanocomposite filler size has been extensively studied [34, 35]. However, there have been few studies of the nano-size effect in nanocellulose composites, except in the case of ACC-CNFs [36, 37].

Advantages of ACC method are capable of providing CNFs of a desirable width from various cellulose sources, e.g. bacterial nanocellulose (BNC) [25, 36, 37]. Kose and
Kondo reported nano-size effects of the ACC-BNCs in crystallization process of poly(lactic acid) (PLA) [36]. They pointed out that ACC-BNCs having widths within a certain nanoscale range were more effective nucleating agents than microfibers. Furthermore, in the nanoscale range in width, the ACC-BNCs with a smaller width found to exhibit a lower effect as nucleating agents for PLA; PLA crystallization in the presence of ACC-BNCs with 60 nm width was better than that in other systems with smaller ACC-BNCs. However, there was a certain problem that PLA does not always exhibit better interfacial miscibility to CNFs under directly mixing [38]. In our previous report [37], similar nano-size effect of ACC-BNCs on polymer crystallization was also observed at system of PVA/ACC-BNCs nanocomposite, and then interfacial interaction can be discussed quantitatively.

The aim of the current study was to quantitatively characterize the nano-size effects of ACC-CNFS from wood-biomass, not from bacterial source, by focusing on thermodynamic interactions [37], which gives some suggestions to use ACC-CNFS in applications as mentioned above. The interfacial interaction has been investigated by combination of wood ACC-CNFS and poly(vinyl alcohol) (PVA), which is crystalline polymer and expected to interact with cellulose molecules by hydrogen bonding [39, 40]. Namely, PVA crystallization behavior is employed as a probe for clarifying the effect with dependence on different fiber width at the nanoscale. Then, thermodynamic analyses have been carried out to investigate crystallization behavior of PVA components interfaced with the ACC-CNFS. The present results have shown that the ACC-CNFS surface has a dual nano-size effect on PVA crystallization, but the reversal trend to ACC-bacterial CNFs reported previously [37]. It also corresponds to kinetic interpretation in crystallization process of the PVA component of the surface of ACC-CNFS.

### Materials and methods

#### Preparation of ACC-CNFS from microcrystalline cellulose

Through this article, microcrystalline cellulose (MCC) (FUNACEL II®, Funakoshi Co., Ltd., Tokyo, Japan) from wood pulp, which was suspended in water, was used directly without purification for ACC treatments. Namely, ACC-CNFS are indicated here as ACC-CNFS from wood pulp. The MCC was dispersed in ultrapure water at 0.4 wt%. The number of collisions is expressed as a pass number (Pass). The ACC treatment conditions were 120 MPa with 30 Pass, and 240 MPa with 30 Pass. The suspensions obtained by ACC treatments were selectively fractionated to a fraction containing fibers with a defined width by centrifugation for 10 min at 25 °C under 400 g for the suspension obtained at 120 MPa, and under 51.1 kg for the suspension treated at 240 MPa, respectively. High-speed centrifugation of 51.1 kg for suspension treated at 240 MPa was carried out under the purpose of preparation of more fine samples (see Additional file 1: Scheme S1).

#### Transmission electron microscopy (TEM) for ACC-CNFS

ACC-treated cellulose aqueous suspensions were dropped onto copper grids covered with formvar. The samples were negatively stained with 2% of uranyl acetate aqueous solution and air-dried before examination using TEM to determine the shapes and sizes of the fibers obtained by ACC treatments. For the observation, JEM1010 (JEOL Ltd., Tokyo, Japan) apparatus was used at 80 kV of the accelerating voltage. After taking TEM images, according to previous research [25], the films were scanned and digitized to evaluate the average sizes of 50 cellulose fiber specimens in the images.

#### Preparation of nanocomposites of ACC-CNFS with PVA

Prior to mixing, PVA was saponified with 0.1 mol/L sodium hydroxide aqueous solution to remove residual acetates. The saponification of PVA was 99.9%. Aqueous suspensions of ACC-CNFS and PVA aqueous solution were prepared separately (see Additional file 1: Text S1). A PVA solution (1.2 wt%) was mixed with an aqueous suspension of ACC-CNFS by stirring overnight. The weight fraction of the treated cellulose in the mixture was controlled in the range 5–25%. When added over 25%, the endothermic peak was hard to be experimentally observed in differential scanning calorimetry. The mixture was poured into polyethylene cups, and degassed using a water aspirator in a warm bath at 50 °C for overnight. The suspension was dried in an oven at 50 °C for casting.

#### Measurement of nanocomposite film density

The specific density (d) of the cast film was measured to determine the volume fraction of cellulose fibers in the composite using pycnometry [40, 41]. Density measurements were performed at 25 °C using p-xylene (0.86 g/cm³, Wako Pure Chemical Industries, Ltd., Tokyo, Japan) and tetrachloromethane (1.59 g/cm³).

#### Volume fraction of ACC-CNFS surface components [37]

To investigate the effects of ACC-CNFS surface interactions with PVA, the skin volume of the CNF components (V_{CNFSkin}) was used as a thermodynamic index. The treated cellulose fibers were assumed to be “n-sided prisms” (Fig. 2) for investigating the effect of the cross-sectional shape of the cellulose fibers produced by ACC treatment, whose schematic diagram is already shown in Fig. 1.
Pre-derivation of the following Eq. (1): as a single ACC-CNFs is assumed to have a polygonal cross-section, volume of n-sided prism is calculated as follows:

\[ V_{\text{CNF}} = \frac{lR^2 n}{2} \sin \frac{2\pi}{n}, \]  

(1)

Here, \( l \) is length of nanofiber and \( R \) is radius of \( n \)-polygon. When the thickness of a nanofibril skin is \( t \), the surface skin volume is described by subtracting the inner volume from the entire volume of \( n \)-sided prism. Therefore,

\[ V_{\text{CNF-sur}} = \frac{lR^2 n}{2} \sin \frac{2\pi}{n} - (l - 2t)(R - t)^2 \frac{n}{2} \sin \frac{2\pi}{n}. \]  

(2)

Then, the surface skin volume fraction, \( V_{\text{CNF-sur}}/V_{\text{com}} \), was estimated using Eq. (3), i.e., \( \frac{\text{CNF number}}{\text{total volume of nanocomposite}} \times (\text{surface skin volume of single CNF})/\text{total volume of nanocomposite}: \)

\[ V_{\text{CNF-sur}}/V_{\text{com}} = \text{CNF number} \times \left\{ \frac{IR^2 n}{2} \sin \frac{2\pi}{n} - (l - 2t)(R - t)^2 \frac{n}{2} \sin \frac{2\pi}{n} \right\} / V_{\text{com}}, \]  

(3)

where \( V_{\text{com}} \) is the total volume of nanocomposite, \( l \) is the nanocellulose length, \( R \) is the cross-sectional radius, and \( t \) is the effective surface thickness. The number of CNFs in a composite film, i.e., the CNF number, is assumed to be proportional to the volume fraction of CNF components. Based on this assumption, the CNF number can be given as

\[ \text{CNF number} = k \frac{V_{\text{cell}}}{V_{\text{com}}}. \]  

(4)

The parameter \( k \) is the ratio of the weight of the composite body to that of a single CNF. When \( W_{\text{com}} \) is the weight of the nanocomposite film, the volume fraction of the ACC-CNF surface can be obtained from Eqs. (3) and (4) as

\[ \frac{V_{\text{CNF-sur}}}{W_{\text{com}}} = \frac{kV_{\text{cell}}}{W_{\text{com}}} \times \left\{ \frac{IR^2}{2} - (l - 2t)(R - t)^2 \right\} \frac{n}{2} \sin \frac{2\pi}{n} / V_{\text{com}}. \]  

(5)

Then, dividing both sides by the parameter \( k \), and subsequently transforming \( V_{\text{cell}} \) and \( V_{\text{com}} \) using their weights and densities, gives

\[ \frac{V_{\text{CNF-sur}}}{kW_{\text{com}}} = \left\{ \frac{IR^2}{2} - (l - 2t)(R - t)^2 \right\} \frac{n}{2} \sin \frac{2\pi}{n} \times \frac{f W_{\text{com}}}{d_{\text{cell}}^2}. \]  

(6)

Here, \( f \) is the weight fraction of ACC-CNFs in the nanocomposite and \( d_{\text{cell}} \) is the density of microcrystalline cellulose as 1.50 g/cm³; Eq. (7) is finally obtained:

\[ \frac{V_{\text{CNF-sur}}}{kW_{\text{com}}} = \left\{ \frac{IR^2}{2} - (l - 2t)(R - t)^2 \right\} \frac{n}{2} \sin \frac{2\pi}{n} \times \frac{f W_{\text{com}}}{d_{\text{cell}}^2}. \]  

(7)

**Thermodynamic measurements to obtain equilibrium melting points**

Differential scanning calorimetry (DSC) was used to investigate the interfacial interactions between ACC-CNFs and PVA. DSC for the nanocomposites was performed under a nitrogen atmosphere using a PerkinElmer DSC-7 instrument (PerkinElmer, Inc., Waltham, MA, USA). The instrument was calibrated with an indium standard. The equilibrium melting point of the PVA component mixed with ACC-CNFs was determined from the DSC measurements as follows: film specimens (5.00–6.67 mg) were placed in aluminum sample pans and heated to 235 °C; this temperature was maintained for 5 min to eliminate any PVA crystalline residues. The samples were quenched to the selected isothermal crystallization temperature and the temperature was held for 7 h to allow complete crystallization. During this step, the heat flow occurred by the crystallization of PVA.
component in the nanocomposite was measured. The samples were then cooled to 20 °C. After isothermal crystallization of the sample, the melting point was measured using a heating rate of 10 °C/min. Hoffman–Weeks plots of the obtained melting points [42] were used to determine the equilibrium melting points of the films.

**Results and discussion**

**ACC-CNFs with different nanoscale widths**

The starting micro-sized wood-derived MCC samples were fractured into various nano-objects, depending on the ACC ejection pressure, which regulates collision energy to selectively cleave non-covalent bond in the microfibril under the purpose to control the width-size at the nanoscale. The pass number was needed to reduce amount of poorly-collided micro-targets for minimization of the nano-object distribution. TEM images of the ACC-treated MCC samples after centrifugation are shown in Fig. 3. The average ACC widths and lengths are listed in Table 1.

Figure 3 and the data in Table 1 show that three types of CNFs with different sizes were successfully prepared by ACC treatments and subsequent centrifugation [26]. Generally, for colloidal particles or proteins, the sedimentation time ($T$) for centrifugation of spheres of diameter, $diam$, can be described by the Stokes equation [43]

$$
V = \frac{\text{diam}^2 \times (\rho_p - \rho_f) \cdot S \cdot g}{18\eta},
$$

(8)

$$
V = \pi r^2 L,
$$

(9)

$$
S = \pi r^2,
$$

(10)

where $V$ is the sedimentation volume, $\rho_p$ is the particle density, $\rho_f$ is the fluid density, $S$ is the sedimentation area, $g$ is the gravitational acceleration constant (980.7 cm/s²), $\eta$ is the fluid viscosity, $L$ is the length of the centrifugation tube (10.7 cm), and $r$ is the tube diameter (2.8 cm). If the ACC-CNF can be regarded as a fine particle with the same density as that of microcrystalline cellulose in the aqueous phase, under centrifugation at $F$ [G], Eq. (8) can be transformed as follows:

$$
diam^2 = \frac{3.93 \times 10^{-3} T \times F}{T \times F}.
$$

(11)

The Stokes equation assumes sedimentation of ideal spherical particles, but asymmetric specimens do not necessarily follow this equation. However, these diam values are reasonable based on the average lengths in Table 1, which were obtained from TEM images. It should be noted here that Eq. (11), based on the Stokes equation, can be roughly applied in this case because of the anticipated sizes of the ACC-CNFs fractionated by centrifugation forces [26].

**Nano-size effects in kinetics of isothermal crystallization for PVA components mixed with ACC-CNFs**

PVA crystallinity after isothermal crystallization

PVA crystallinity ($X_c$) of the components after isothermal crystallization process on DSC was estimated using enthalpy of the fusion:

$$
X_c = \frac{\Delta H_{obs}}{\Delta H_{100}},
$$

(12)

where $\Delta H_{obs}$ is observed enthalpy of melting and $\Delta H_{100}$ is melting enthalpy of the perfect crystal which was estimated from enthalpy of the fusion for the repeating unit 1.64 (kcal/mol) [40].

Following by Eq. (12), crystallinity of neat PVA exhibited ca. 30–40%. Both ACC-CNF-12 and ACC-CNF-51 contributed to enhancement on crystallinity of PVA up to ca. 55%, which indicates that the two thinner ACC-CNFs actually worked as a nucleating agent in the
nanocomposite system (Fig. 4). In contrast, PVA crystallinity for the sample with the thickest ACC-CNFs, ACC-CNF-99, displayed below 40%. This suggests that the surface of ACC-CNF-99 has few potentials as nucleating agent.

Fig. 4 PVA crystallinity versus isothermal crystallization temperature for PVA/ACC-CNFs with different width sizes on the nanoscale

**Crystallization behavior of PVA in nanocomposites**
Crystallization behavior of PVA components in nanocomposites of ACC-CNFs with different widths at the nanoscale was examined from kinetic viewpoints. Namely, the relative crystallinity of PVA \(X(t)\) was evaluated as a function of isothermal crystallization time \(t\):

\[
X(t) = \frac{A_t}{A_\infty} \times 100, \quad (13)
\]

where \(A_t\) is the exothermic areas under DSC thermograms from \(t=A\) to \(t=t\), while \(A_\infty\) is the total areas surrounded by the thermograms and the baseline. Half time of crystallization \(t_{1/2}\) was also defined as the time to reach \(X(t)=50\%\). Table 2 lists a set of representative \(t_{1/2}\) data of the PVA/ACC-CNFs composites (=95/5 in weight), whose PVA component was isothermally crystallized at the different crystallization temperatures.

To compare values of the crystallization rate and the crystallization mechanism of the PVA component in the ACC-CNFs nanocomposites, Avrami theory was applied to the present isothermal crystallization processes. In the theory, relative crystallinity \(X(t)\) was described as follows:

\[
1 - X(t) = \exp \left(-Kt^n\right), \quad (14)
\]

\[
\ln \left(-\ln \left(1 - X(t)\right)\right) = n \ln t + \ln K, \quad (15)
\]

where \(K\) is the overall kinetic rate constant, and \(n\) is the Avrami exponent. These parameters are considered to be diagnostic to the mechanism of crystallization, because the two parameters, \(K\) and \(n\), are related to the crystallization rate and to the type of nucleation together with the geometry of the crystal growth, respectively. Here, Avrami parameters as listed in Table 2 were calculated

| Sample | \(T_c\) (°C) | \(n\) | \(t_{1/2}\) (min) | \(-\ln K\) (min\(^{-1}\)) |
|--------|-------------|------|----------------|---------------------|
| PVA/ACC-CNF-12 (95/5 in weight) | 190 | 2.123 | 181.93±0.01 | 11.5 |
| | 196 | 2.137 | 174.29±0.01 | 11.3 |
| | 197 | 2.143 | 175.59±0.01 | 11.3 |
| | 198 | 2.122 | 164.02±0.01 | 11.1 |
| | 199 | 2.129 | 155.65±0.01 | 11.0 |
| PVA/ACC-CNF-51 (95/5 in weight) | 190 | 2.121 | 165.06±0.01 | 11.1 |
| | 192 | 2.123 | 166.53±0.01 | 11.1 |
| | 194 | 2.142 | 175.53±0.01 | 11.3 |
| | 196 | 2.139 | 173.96±0.02 | 11.3 |
| | 198 | 2.160 | 181.03±0.01 | 11.5 |
| PVA/ACC-CNF-99 (95/5 in weight) | 195 | 2.225 | 195.23±0.02 | 12.0 |
| | 196 | 2.201 | 173.96±0.02 | 11.8 |
| | 197 | 2.168 | 183.19±0.01 | 11.5 |
| | 198 | 2.164 | 182.28±0.02 | 11.5 |
| | 199 | 2.144 | 176.08±0.01 | 11.3 |
| neat PVA | 198 | 2.312 | 196.10±0.01 | 12.0 |
according to the Eqs. (14) and (15). The Avrami exponents of all samples are ranged in 2.1 < n < 2.3, which reflected that crystal growth was confined in 2-D during the isothermal crystallization. The kinetic parameters in the system of PVA/ACC-CNFs nanocomposites indicated that, in each system of ACC-CNFs nanocomposites, PVA component crystallized faster than neat PVA. Namely, crystallization rate of PVA was accelerated by adding ACC-CNFs. In particular, ACC-CNF-12 and ACC-CNF-51 enhanced the PVA crystallization rate much faster than the thickest ACC-CNF-99 as shown in Table 2. As described above, ACC-CNF-12 and ACC-CNF-51 contributes not only to enhancement on crystallinity of PVA, but to the PVA crystallization rate.

Interactions between ACC-CNFs and PVA in nanocomposites

PVA melting point depression as a probe

The nano-size effects of ACC-CNFs on the PVA components were also quantitatively investigated from the viewpoints of thermodynamic interactions. If a thermodynamic interaction occurs between the two components, the equilibrium melting point ($T_m^{eq}$) of the crystalline PVA component mixed with ACC-CNFs would be depressed.

In Fig. 5a, the $T_m^{eq}$ values of the individual samples were obtained from Hoffman–Weeks plots [41] for isothermally crystallized PVA. Changes in the $T_m^{eq}$ values compared with that of neat PVA were clearly observed. The $T_m^{eq}$ for the individual composite samples were plotted against the cellulose volume fractions, as described in “Materials and methods” section.

The changing behaviors of the melting points observed using the samples of different widths, except in the case of ACC-CNF-99, did not show the changes typically observed for molecular blend systems [40–42]. Only increasing addition of ACC-CNF-99 resulted in increasing depression of $T_m^{eq}$ compared with that of neat PVA (Fig. 5b), indicating good miscibility between the two components and thus a diluent effect of the ACC-CNFs component. The opposite behavior was observed in the other two cases. The more ACC-CNF was added to the nanocomposites, the more the melting point was increased, resulting in increased melting temperatures. This indicates that these ACC-CNFs samples acted as nucleating agents, which agrees well to crystallization behavior as shown in Fig. 4. This is presumably because only the surfaces, and not the inner domains, of the individual ACC-CNFs components interacted with PVA. Therefore, Fig. 5a needs to be modified using “volume fraction parameter” [37] excluding interior volumes in the fibers.

Equation (3) was used to modify the volume fractions of the CNFs components [37]. The parameter $k$ was introduced to calculate the entire volume of the nanocomposite (Eq. 4). The parameter $k$ indicates the volume ratio of a single ACC-CNF compared with the entire nanocomposite body volume. The calculated $k$ values were nearly constant, indicating that $k$ does not necessarily depend on the ACC-CNF size. The volume fractions of the ACC-CNFs components were therefore modified by Eq. (7) using $k$. Additionally, the parameter $n$ represents

![Fig. 5 a Equilibrium melting point ($T_m^{eq}$) of PVA components as function of cellulose volume fractions. b Relationship between the $T_m^{eq}$ depression and cellulose volume fraction to be applied to Eq. (17)](image)
the cross section of a CNF as \( n \)-sided polygon. Recently, Tsuji et al. [29] reported that cross section of ACC-CNFs can be grasped in fact as trapezoid \((n = 4)\), and thereafter \( n = 4 \) can be used for Eqs. (3)–(7) to draw Fig. 6. Here, in Fig. 6, the horizontal axis shows the surface index on trapezoid \((n = 4)\), which represents the surface skin volume fractions of the ACC-CNFs in the nanocomposites. Then, Fig. 6 exhibits that the changes in the melting point of PVA were clearly categorized into two behaviors corresponding to Fig. 5a, which depends on the ACC-CNFs width. The \( T_m^{eq} \) values of the PVA components mixed with ACC-CNF-12 and ACC-CNF-51 increased greatly with increasing in CNF surface volume fraction. In contrast, \( T_m^{eq} \) decreased proportionally with increasing in total surface amounts of ACC-CNF-99 in the PVA matrix.

The cross sections of a single ACC-CNF were assumed to tetragon \([n = 4 \text{ for Eq. (7)}] \) [29].

This change depending on the fiber width can be explained as follows: the melting point changes of isothermally crystallized PVA samples suggest interfacial interactions among the components in the nanocomposites. Although amphiphilic Janus-type ACC-CNFs have hydrophobic planes, hydrophobic interaction never occurs without presence of water molecules. When considering about crystallization behavior for this PVA/ACC-CNFs system, depression of \( T_m^{eq} \) for PVA reflected attractive interaction between PVA and hydrophilic plane of ACC-CNFs. For the two thinner samples, i.e., ACC-CNF-12 and ACC-CNF-51, with PVA, the \( T_m^{eq} \) increased with increasing surface skin volume fraction of ACC-CNFs (see Fig. 6). This behavior is considered to be the result of a nucleating effect. Namely, the surfaces of ACC-CNF-12 and ACC-CNF-51 provide scaffolds for forming critical nucleus of hydrophilic PVA with lower free energy than the crystallization of neat system [44]. Hence, the thinner ACC-CNFs acted as “relatively” hydrophilic CNF. In contrast, increasing the surface volume fraction of the thicker ACC-CNF-99 enhanced the interactions between ACC-CNFs and PVA, resulting in \( T_m^{eq} \) depression. The effect of the ACC-CNF-99 surface is assumed to be similar to a diluent effect.

These two conflicting results indicate that the surface characteristics of ACC-CNFs in contact with PVA differ depending on the width of the amphiphilic Janus-type ACC-CNFs [25, 28]. In other words, the ACC-CNFs exhibit a unique dual nano-size effect on PVA, depending on its width and amphiphilic properties. Here, it should be noted that our previous study on ACC-treated bacterial nanocellulose (ACC-BNC) [37], which was derived from bacterial pellicle, composited with PVA exhibited the totally opposite phenomenon. Namely, thinner ACC-BNC displayed a diluent effect in the nanocomposites, whereas thicker one worked as a nucleating agent. This result indicated that, with increasing the width of ACC-BNC, free energy of forming critical nucleus of hydrophilic PVA on ACC-BNC became higher. In other words, ACC-BNC showed more “hydrophobic” potential than ACC-CNFs. This tendency was corresponded to other recent research of ACC-CNFs [29].

Another previous studies [40, 41] on cellulosic molecular blends showed that hydrophilic intermolecular interactions, such as hydrogen bonding, which occurred also between PVA and CNFs [37] and so on nanocomposites of TEMPO-oxidized cellulose nanofibrils (TOCNs) [45]. Additionally, in the case of the ACC-CNFs, hydrophobic planes are exposed on the surface, which have few contributions on hydrogen bonding with PVA. The more detailed understanding on the coexistent effects of hydrophilicity and hydrophobicity on interactions with PVA components is required to clarify the mechanism of the unique nano-size effects of Janus-type amphiphilic ACC-CNFs.

In terms of the diluent effect, a cellulose molecule, i.e., the smallest cellulose component is miscible with PVA [40, 41]. In the present study, ACC-CNF-99 functioned in the same way as a cellulose molecule. The thinner ACC-MCC-12 and ACC-CNF-51 mainly acted as nucleating agents for PVA. Therefore, the width range indicates the nano-pulverization in ACC.
decreases hydrophilicity to some extent and increases the nucleating ability.

**Interaction parameters of ACC-CNFs as a diluent for PVA**

Unlike ACC-CNF-12 and ACC-CNF-51 exhibiting nucleating effects, ACC-CNF-99 acts as a diluent for PVA. To further understand this type of interaction between ACC-CNCF-99 and PVA, the interaction parameter, \( \chi_{12} \), was used, in an extension of the Flory–Huggins approximation [46]. Scott proposed an equation for the thermodynamic depression of the melting point caused by a diluent [47]:

\[
1/T_m - 1/T_m^0 = -R \frac{V_{2u}}{\Delta H_{2u}} \left( \ln \frac{V_2}{V_1} + \left( \frac{1}{V_2} - \frac{1}{V_1} \right) + \frac{Bv^2}{RT_m} \right),
\]

where \( T_m^0 \) is the melting point of neat PVA (=513.26 K); \( T_m \) is the observed \( T_m^{eq} \) for PVA mixed with a diluent; \( R \) is the gas constant [1.987 cal/(mol K)]; “1” and “2” refer to the non-crystallizable component and the crystalline component, respectively; \( V_1 \) and \( V_2 \) are the volume fractions; \( V_1 \) and \( V_2 \) are the molar volumes; \( V_{2u} \) is the molar volume of a repeating unit of 2; and \( \Delta H_{2u} \) is the enthalpy of fusion per mole of repeating unit of 2.

When ACC-CNFS and PVA are assumed to be the non-crystallizable component and crystalline component, Eq. (16) can be applied. Here, when \( V_1 \) and \( V_2 \) are \( 1 \times 10^6 \) cm³/mol to \( 1 \times 10^6 \) cm³/mol, the entropy term in Eq. (16) can be entirely neglected [48]. The degree of polymerization of cellulose molecules in ACC-CNFS was estimated to be 200–250 because covalent bonds in the starting material (FUNACEL II®) cannot be cleaved by the provided ACC energy; \( V_1 \) was estimated to be ca. \( 2 \times 10^6 \) cm³/mol. The \( M_w \) of PVA was 31,000–50,000 and \( V_2 \) was ca. \( 3 \times 10^6 \) cm³/mol. Eq. (16) can therefore be rearranged to Eq. (17), and the enthalpic contribution to the melting point depression can be evaluated:

\[
\Delta T_m^{eq} = -T_m^{0} \frac{V_{2u}}{\Delta H_{2u}} Bv^2,
\]

\[
\Delta H_{2u}/V_{2u} \text{ for the PVA component was calculated to be 45.4 cal/cm}^3 \text{ [39]. Equation (17) is related to the interaction energy density characteristics of the two components. The interaction parameter, } \chi_{12} \text{, is described as}
\]

\[
\chi_{12} = \frac{Bv_{1u}}{RT}.
\]

In the case of the ACC-CNF-99/PVA nanocomposite, the volume fraction of the nanocellulose component, \( v_1 \), is considered to be the ratio of the cellulose volume to the entire composite volume. The nanocellulose

| Interaction energy density, \( B \) (cal/cm³) | Interaction parameter, \( \chi_{12} \) |
|---------------------------------------------|---------------------------|
| ACC-CNF-99/PVA                             | −12.15                    |
| ACC-BNC (less than 15 nm)/PVA [37]         | −0.17                     |
| Cellulose/PVA molecular blend (at 513 K, [40]) | −0.99                    |

Width size of CNF corresponds to diluent effect as the surface property. In Eq. (18), \( V_{1u} = 10^2 \) cm³/mol and 512.36 K was employed.

**Conclusion**

Three types of CNFs with different widths were successfully prepared from microcrystalline cellulose by ACC treatments and subsequent centrifugation, without any chemical reaction.

The dual nano-size effects of ACC-CNFS were further investigated thermodynamically using PVA/CNF green composites. Namely, the ACC-CNF, which is assumed to have Janus-type of amphiphilicity, was mixed with PVA and the composite films were cast. The nano-size effects of ACC-CNFS on PVA in the nanocomposites were investigated thermodynamically based on the interfacial interactions between the two components. It was expected that the interactions would depress the equilibrium melting points, \( T_m^{eq} \), which were obtained from Hoffman–Weeks plots, of isothermally crystallized PVA. However, the changes in \( T_m^{eq} \) with increasing surface volume fraction of the ACC-CNFS differed, depending on the width of the ACC-CNFS. The thinner ACC-CNFS
acted as nucleating agents, but the thickest one, of width close to 100 nm, acted as a PVA diluent. The results of dual nano-size effects indicated that there is an optimum size for achieving a nucleating effect at the nanoscale. In addition, the diluent effect of ACC-CNPs with amphiphilic planes is expected to promise a new design for a sort of miscible polymer matrices in their nanocomposites.

**Abbreviations**

ACC: Aqueous counter collision; BNC: Bacterial nanocellulose; CNCs: Cellulose nanocrystals; CNFs: Cellulose nanofibrils; DSC: Differential scanning calorimetry; MCC: Microcrystalline cellulose; PLA: Poly(lactic acid); PVA: Poly(vinyl alcohol); TEM: Transmission electron microscopy.

**Supplementary Information**

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**Additional file 1:** Scheme S1. Preparation for ACC-CNPs having different widths at nanoscale.

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**Authors’ contributions**

GI: mainly performed entire experiments and preparation of the paper. TK: received research plan through the study and preparation of the paper. Both authors read and approved the final manuscript.

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**Declarations**

**Competing interests**

The authors declare that they have no competing interests.

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