## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|-------------------------------|
| **TITLE**     |         |      |                                    |                               |
| Title         | 1       | Identify the report as a Narrative Review of … | Page1/Line3-5 | Title Page |
| **ABSTRACT**  |         |      |                                    |                               |
| Unstructured summary | 2     | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page2/Line4-30 | Abstract |
| **INTRODUCTION** |     |      |                                    |                               |
| Rationale/background | 3     | Describe the rationale for the review in the context of what is already known. | Page3/Line4-19 | Introduction/Paragraph1 |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page5/Line7-12 | Introduction/Paragraph6 |
| **METHODS**   |         |      |                                    |                               |
| Research selection | 5     | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page5/Line13-15 | Introduction/Paragraph7 |
| **DISCUSSION/SUMMARY** | | | | |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page19/22-33 | Conclusions |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page19/22-33 | Conclusions |

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*