Quasi-matter domination parameters in bouncing cosmologies

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Abstract

For bouncing cosmologies, a fine set of parameters is introduced in order to describe the nearly matter dominated phase, and which play the same role that the usual slow-roll parameters play in inflationary cosmology. It is shown that, as in the inflation case, the spectral index and the running parameter for scalar perturbations in bouncing cosmologies can be best expressed in terms of these small parameters. Further, they explicitly exhibit the duality which exists between a nearly matter dominated Universe in its contracting phase and the quasi de Sitter regime in the expanding one. The results obtained also confirm and extend the known evidence that the spectral index for a matter dominated Universe in the contracting phase is, in fact, the same as the spectral index for an exact Sitter regime in the expanding phase. Finally, in both the inflationary and the matter bounce scenarios, the theoretical values of the spectral index and of the running parameter are compared with their experimental counterparts, obtained from the most recent PLANCK data, with the result that the bouncing models here discussed do fit well accurate astronomical observations.

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1 Introduction

Matter bounce scenarios \cite{1} are characterized by the Universe being matter dominated at very early times in the contracting phase and evolving towards a bounce, to enter into an expanding regime, where it matches the behavior of the standard hot Friedmann Universe. They constitute a viable alternative to the inflationary paradigm.

It is also well-known that matter domination in the contracting phase leads to the same spectral index, \( n_s \), as for the case of the de Sitter regime in the expanding universe, namely \( n_s = 1 \) \cite{2}. This value does not agree with the experimental one, \( n_s = 0.9603 \pm 0.0073 \), which has been obtained from the most recent PLANCK data \cite{3}. In contrast, this observational value can actually be accounted for in inflationary cosmology, because the Universe does not inflate following an exactly de Sitter regime. Instead, the inflaton field slow-roll in its potential drives the Universe to a quasi de Sitter stage. In such slow-roll regime, the leading perturbative term of the spectral index depends on two small parameters, so-called slow-roll parameters \cite{4}, which are obtained explicitly as functions of the potential and its derivatives. By conveniently fitting these parameters one is able to match the theoretical value of the spectral index with the corresponding experimental one.

Following the inflationary paradigm, in order to obtain a correct theoretical value of the spectral index in a matter bounce scenario—when we consider a single scalar field only—we will introduce at very early times in the contracting phase some dimensionless parameters, which we will call quasi-matter domination parameters. When these parameters are less than 1, the Universe will be nearly matter dominated in the contracting phase, in exact analogy with the inflationary Universe case, where a small value of the slow-roll parameters leads to a Universe in the expanding phase, near the de Sitter regime.

The aim of the present work is to construct viable bouncing cosmologies where the matter part of the Lagrangian is composed of a scalar field and, therefore, have to go beyond General Relativity, since GR forbids bounces when one deals with a single field. Hence, theories such as holonomy corrected Loop Quantum Cosmology \cite{5}, where a big bounce appears owing to the discrete structure of space-time \cite{6}, teleparallelism \cite{7}, or modified \( F(R) \) gravity \cite{8} must be taken into account. When dealing with these theories, in order to obtain a theoretical value of the spectral index that may fit well with current experimental data, a quasi-matter dominated regime in the contracting phase has to be introduced, which is conveniently fixed by the quasi-matter domination parameters. Moreover, in slow roll inflation one also considers the running of the spectral index corresponding to \( N \) e-folds before the end of the inflation, which in general, is of the order of \( N^{-2} \). This value turns out to be very small, when one substitutes for \( N \) the minimum number of e-folds which are needed to solve the horizon and flatness problem in inflationary cosmology (\( N > 50 \)), as compared with its corresponding observational value \(-0.0134 \pm 0.009\) coming from the most recent PLANCK data \cite{3}, what shows that these slow roll models are less favored by observations. In contrast, in matter
bounce scenarios the number of e-folds before the end of the quasi-matter domination regime can be relatively small, for the horizon problem does not exist in bouncing cosmologies and the flatness problem is neutral [9]. This gives ground for the viability of such models, making thus possible that for certain matter bounce scenarios the theoretical values of the spectral index and of the running parameter do agree well with PLANCK observations.

2 Quasi-matter domination parameters

In General Relativity, for a flat Friedmann-Lemaître-Robertson-Walker (FLRW) geometry the Friedmann and conservation equations for a single scalar field are

\[ H^2 = \frac{1}{3} \left( \frac{\dot{\phi}^2}{2} + V \right); \quad \ddot{\phi} + 3H \dot{\phi} + V_\phi = 0. \]  

(1)

Assuming, in the contracting phase, quasi-matter domination at early times, i.e., \( \dot{\phi}^2 \approx 2V \Rightarrow \dot{\phi} \approx V_\phi \), these equations become

\[
\begin{cases}
H^2 = \frac{2}{3} V \\
3H \dot{\phi} + 2V_\phi = 0
\end{cases}
\quad \iff \quad
\begin{cases}
\mathcal{H}^2 = \frac{2}{3} a^2 V \\
3\mathcal{H} \dot{\phi} + 2a^2 V_\phi = 0.
\end{cases}
\]

(2)

Now, in complete analogy to the slow-roll regime in inflationary cosmology, we define our quasi-matter domination parameters as

\[
\bar{\epsilon} = -1 - \frac{2}{3} \frac{\dot{H}}{H^2} = -\frac{2}{3} \left( \frac{1}{2} + \frac{\mathcal{H}^2}{\mathcal{H}^2} \right) \approx -\frac{1}{3} \left( \frac{V_\phi}{V} \right)^2 - 1,
\]

(3)

\[
\bar{\delta}^2 = \frac{\dot{\bar{\epsilon}}}{2H(1 + \bar{\epsilon})} \approx -\left( \frac{V_\phi}{V} \right) \phi,
\]

(4)

and

\[
\bar{\xi}^3 = -\frac{1}{H} \frac{d\bar{\delta}^2}{dt} \approx -\frac{V_\phi}{V} \left( \frac{V_\phi}{V} \right) \phi \phi,
\]

(5)

which characterize this regime through the condition that \( |\bar{\epsilon}| \ll 1 \).

In view of subsequent calculations, it is important to obtain the evolution of the parameters \( \bar{\epsilon} \) and \( \bar{\delta}^2 \), which is given by

\[
\dot{\bar{\epsilon}} \approx 2H \bar{\delta}^2, \quad \frac{d\bar{\delta}^2}{dt} = -H \bar{\xi}^3.
\]

(6)

Since a potential of the form \( e^{-\sqrt{3} |\phi|} \) generates exact matter-domination, we will re-express our potential \( V \), for negative values of the field, as \( V(\phi) = e^{\sqrt{3} \phi} W(\phi) \), thus obtaining

\[
\bar{\epsilon} = \frac{2}{\sqrt{3}} \frac{W_\phi}{V}, \quad \bar{\delta}^2 \approx -\left( \frac{W_\phi}{W} \right) \phi, \quad \bar{\xi}^3 \approx -\sqrt{3} \left( \frac{W_\phi}{W} \right) \phi \phi,
\]

(7)
what means that, for a very flat potential $W$, these parameters are very small and nearly constant. In fact, since the expressions in (7) resemble those of the slow-roll parameters, we conclude that we can choose $W$ as the new potential, namely the same potential as is used in slow-roll inflation. Note also that, from (7) one gets the following hierarchy $|\xi^3| \ll |\delta^2| \ll |\bar{\epsilon}|$.

As an example, for the potential $W(\phi) = \lambda \phi^{2n}$ one has

$$\bar{\epsilon} = \frac{4n}{\sqrt{3} \phi} + \frac{n^2}{3 \phi^2} \approx \frac{4n}{\sqrt{3} \phi}, \quad \bar{\delta}^2 = -\frac{2n}{\phi^2}, \quad \bar{\xi}^3 = \frac{4\sqrt{3}n}{\phi^3}. \quad (8)$$

One can also introduce, in the same way as in the inflation setup, the number of e-folds before the end of the quasi-matter domination period, as follows $a(N) = e^N a_f$, where $a_f$ is the value of the scale factor at the end of this regime.

With this definition, in the quasi-matter approximation the number of e-folds can be calculated as

$$N = -\int_{1_f}^{t_f} H(t) dt \approx \int_{\phi(N)}^{\phi_f} \frac{V}{V_\phi} d\phi, \quad (9)$$

which, in terms of the potential $W$, becomes

$$N \approx \int_{\phi(N)}^{\phi_f} \frac{1}{\sqrt{3} + \frac{W_{\phi}}{W}} d\phi. \quad (10)$$

For the particular case of the potential $W(\phi) = \lambda \phi^{2n}$, for instance, one has

$$N \approx -\frac{\phi(N)}{\sqrt{3}} + \frac{2n}{3} \ln \left| \phi(N) + \frac{2n}{\sqrt{3}} \right|. \quad (11)$$

### 2.1 The spectral index in bouncing cosmologies

It is well-known that when one considers a scalar field only, General Relativity forbids bounces from the contracting to the expanding phase, what is best seen by looking to the Raychaudury equation $\dot{H} = -\frac{1}{2} \dot{\phi}^2 < 0$: as the Hubble parameter always decreases, it is absolutely impossible to pass from negative to positive values. For this reason, when the matter part of the Lagrangian is given in terms of a single scalar field, one is led to use cosmologies beyond the realm of General Relativity as, e.g., Loop Quantum Cosmology, teleparallel $F(T)$ gravity, or $F(R)$ gravities.

Common to all these cases is the Mukhanov-Sasaki [10] equation for scalar perturbations, in Fourier space, which can be expressed as

$$v_k'' + \left( k^2 - \frac{z''}{z} \right) v_k = 0, \quad (12)$$

where, for very low energy densities and curvatures, $z = a \frac{\dot{a}}{a} = a \frac{\ddot{\phi}}{\dot{\phi}}$. The explicit expressions for $z$ in the cases of $F(T)$ and $F(R)$ gravities have been obtained, respectively, in [11] [12].


To derive the expression of $z''/z$ in the contracting phase, during the quasi-matter domination happening at very low energy densities and curvatures, first we calculate

$$\frac{z'}{Hz} = 1 + \delta^2. \quad (13)$$

Now, using the same method as in [13] (pgs. 54-55), and the second formula of (6), we obtain

$$\frac{z''}{z} = H \frac{z'}{Hz} + H^2 \left( \frac{z'}{Hz} \right)^2 \approx -H^2 \xi + H'(1 + \delta^2) + H^2(1 + 2\delta^2). \quad (14)$$

Finally, solving the equation (3) for $\bar{\epsilon}$ constant (because $d\bar{\epsilon}/dN = \dot{\bar{\epsilon}} H \approx 2\delta^2 \ll \bar{\epsilon}$), i.e., taking $H = \frac{2}{\eta(1+3\bar{\epsilon})} \approx \frac{2}{\eta}(1 - 3\bar{\epsilon})$ and replacing this expression in (15), we get, up to first order,

$$\frac{z''}{z} \approx \frac{2}{\eta^2}(1 - 9\bar{\epsilon}). \quad (15)$$

It is clear from this result that the Mukhanov-Sasaki equation (12), during the quasi-matter domination epoch, can be approximated by

$$v''_k + \left( k^2 - \frac{1}{\eta^2} \left( \nu^2 - \frac{1}{4} \right) \right) v_k = 0 \quad \text{where} \quad \nu \equiv \frac{3}{2} - 6\bar{\epsilon}. \quad (16)$$

Then, in order to obtain the adiabatic Bunch-Davies vacuum, one has to choose as a solution of (16)

$$v_k = C_1(k)|\eta|^{\frac{1}{2} + \nu} + C_2(k)|\eta|^{\frac{1}{2} - \nu} \approx C_2(k)|\eta|^{\frac{1}{2} - \nu}. \quad (17)$$

For modes well outside of the Hubble radius $k|\eta| \ll 1$, (16) becomes

$$v''_k + \frac{1}{\eta^2} \left( \nu^2 - \frac{1}{4} \right) v_k = 0, \quad (18)$$

which solution is given by

$$v_k = C_1(k)|\eta|^{\frac{1}{2} + \nu} + C_2(k)|\eta|^{\frac{1}{2} - \nu} \approx C_2(k)|\eta|^{\frac{1}{2} - \nu}. \quad (19)$$

On the other hand, if one chooses as a scale factor in the quasi-matter domination period $a(t) \approx t^{2/3} \implies a \approx \eta^{2/3} \implies z \approx \frac{\eta^2}{3\sqrt{3}}$, the solution (19) can be written as follows

$$v_k \approx \sqrt{3}C_2(k) \left( z(\eta) \int_{-\infty}^\eta \frac{d\tilde{\eta}}{z^2(\tilde{\eta})} \right) |\eta|^{\frac{3}{2} - \nu}. \quad (20)$$
For modes well outside of the Hubble radius the solution (17) should match (20). Using the small argument approximation in the Hankel function and the expression (19), we get for these modes
\[ v_k \approx -i \frac{\sqrt{3}}{2} k^{-3/2} e^{i(1+\nu)x} \frac{\Gamma(\nu)}{\Gamma(3/2)} \left( z(\eta) \int_{-\infty}^{\eta} \frac{d\eta}{\bar{z}^2(\eta)} \right) \left( \frac{k|\eta|}{2} \right)^{3-\nu}. \] (21)

Such modes will re-enter the Hubble radius at late times in the contracting phase, when the Universe is matter dominated. Then, the power spectrum is given by
\[ P(k) = \frac{3}{4\pi^2} \left( \int_{-\infty}^{+\infty} \frac{d\eta}{\bar{z}^2(\eta)} \right)^2 \left( \frac{k}{aH} \right)^{3-2\nu}, \] (22)

where we have used the matter-domination condition, i.e., the relation \( aH = \frac{2}{\tilde{\eta}} \).

Evaluating this quantity at the re-entry time \( aH = k \) and taking into account that this happens at very late times, we obtain the final formula for the power spectrum corresponding to scalar perturbations:
\[ P(k) = \frac{3}{4\pi^2} \left( \int_{-\infty}^{+\infty} \frac{d\eta}{\bar{z}^2(\eta)} \right)^2 \left( \frac{k}{aH} \right)^{3-2\nu}, \] (23)

where the approximation \( \Gamma(\nu) \approx \Gamma(3/2) \) has been performed.

In our case, the spectral index for scalar perturbations, namely \( n_s \), is obtained from (22) giving as result
\[ n_s - 1 \equiv \frac{\ln P(k)}{\ln k} = 3 - 2\nu = 12\bar{\epsilon}. \] (24)

We can also calculate the running of the spectral tilt
\[ \alpha_s \equiv \left( \frac{dn_s}{d\ln k} \right)_{k=aH} = \frac{n_s'}{(\ln aH)'} = -\frac{2n_s'}{H} = -\frac{24\bar{\epsilon}'}{H} = -48\bar{\delta}^2, \] (25)

where we have used the matter domination \( aH = \frac{2}{\tilde{\eta}} \) and the first formula of (6).

In terms of the pressure and energy density, \( P \) and \( \rho \), respectively, one has
\[ \bar{\epsilon} = \frac{P}{\rho}, \quad \bar{\delta}^2 = \frac{1}{2H} \frac{d}{dt} \ln \left( 1 + \frac{P}{\rho} \right) \] (26)

which leads to the equivalent expression for the spectral index and the running parameter
\[ n_s - 1 = 12\frac{P}{\rho}, \quad \alpha_s = -\frac{24}{H} \frac{d}{dt} \ln \left( 1 + \frac{P}{\rho} \right). \] (27)

In the same way, for tensor perturbations one obtains the following power spectrum
\[ P_T(k) = \frac{1}{4\pi^2} \left( \int_{-\infty}^{+\infty} \frac{d\eta}{\bar{z}^2(\eta)} \right)^2 \left( \frac{k}{aH} \right)^{3-2\nu}, \] (28)
where, for very low energy densities and curvatures, \( z_T = a \). The exact expression of \( z_T \) in holonomy corrected Loop Quantum Cosmology was obtained in [14], in teleparallel \( F(T) \) gravity in [11], and in modified \( F(R) \) gravity in [15], respectively.

The ratio of tensor to scalar perturbations is given by

\[
 r = \frac{1}{3} \left( \frac{\int_{-\infty}^{+\infty} \frac{d\eta}{z_T(\eta)}}{\int_{-\infty}^{+\infty} \frac{d\eta}{z^2(\eta)}} \right)^2 k = aH .
\]

Finally, it is instructive to compare these parameters with the slow-roll ones commonly used in inflation:

\[
\bar{\epsilon}_{sr} = - \frac{\dot{H}}{H^2} \approx \frac{1}{2} \left( \frac{V_{,\phi}}{V} \right)^2, \quad \bar{\eta}_{sr} = 2\epsilon_{sr} - \frac{\dot{\epsilon}_{sr}}{2H\epsilon_{sr}} \approx \frac{V_{,\phi\phi}}{V} .
\]

In slow-roll inflation, the spectral index is given by

\[
 n_s - 1 = 2\bar{\eta}_{sr} - 6\bar{\epsilon}_{sr} .
\]

Moreover, in inflationary cosmology, the scalar/tensor ratio is related with the slow-roll parameter \( \bar{\epsilon}_{sr} \), in the way

\[
r = 16\bar{\epsilon}_{sr} ,
\]

what does not happen in the matter bounce scenario, because there the tensor/scalar ratio depends on the whole background dynamics, and not solely on those corresponding to quasi-matter domination.

### 2.2 Power law expansion

As an example, we will choose the following potential [16]

\[
V(\phi) = V_0 e^{-\sqrt{3(1+\omega)}|\phi|} ,
\]

which leads to the power law expansion

\[
a \propto t^{\frac{2}{3(1+\omega)}} .
\]

An easy calculation yields, for the matter bounce scenario,

\[
n_s - 1 = 12\omega .
\]

On the contrary, in the case of slow-roll inflation, for the same potential [33], one gets

\[
n_s - 1 = -3(1 + \omega) \quad \text{and} \quad r = 24(1 + \omega) .
\]

For any of these theories, matter bounce scenario and inflation, to be viable they have to match more and more accurate astronomical data. Focussing, in particular, on PLANCK data, the resulting spectral index is given by \( n_s = 0.9603 \pm 0.0073 \), what specifically means that:
1. In the matter bounce scenario, in order for the potential (33) to match with observations, one needs to choose $\omega = -0.0033 \pm 0.0006$.

2. In power law inflation, the potential (33) turns out to be in agreement with the observational value of the spectral index provided $\omega = -0.9867 \pm 0.0024$. Moreover, since the tensor/scalar ratio is given by $r = 24(1 + \omega)$, for this potential to fit well with PLANCK data one has to impose $\omega \leq -0.9954$, which is not compatible with the previous number $\omega = -0.9867 \pm 0.0024$. On the other hand, to match the ratio of tensor to scalar perturbations with the BICEP2 data, one has to choose $\omega \in [-0.9937, -0.9887]$, what, together with the condition $\omega = -0.9867 \pm 0.0024$, restricts the value of the parameter $\omega$ to be $\omega = -0.9890 \pm 0.0001$.

This calculation clearly shows that, in order to match with current observational data, the parameter $\omega$ which appears in both theories, must be conveniently tuned.

Finally, the power law expansion given by the potential (33) has no running, which is in contradiction with the very last PLANCK data [3], which provides the following experimental value $\alpha_s = -0.0134 \pm 0.009$. For this reason, some other models must be alternatively considered.

3 Quasi-matter domination potentials obtained from the equation of state

We now continue, once again with the parametrization of the scale factor in the contracting phase given by $a(N) = a_f e^{N}$, where $a_f$ is the value of the scale factor at the end of the quasi-matter domination period. Assuming, as in inflation [17], an equation of state (EoS) of the form $P = \frac{\beta}{\rho (N+1)^\alpha}$ where $\alpha > 0$ and $\beta < 0$ (the fluid has negative pressure) are both of order 1, the conservation equation reads

$$\frac{d \ln \rho}{dN} = -3 \left( 1 + \frac{P}{\rho} \right) = -3 - \frac{3\beta}{(N+1)^\alpha}. \quad (37)$$

The solution of this equation is given by

$$\rho(N) = \begin{cases} 
\rho_f e^{-3N(N+1)^{-\beta}}, & \alpha = 1, \\
\rho_0 e^{-3N e^{-(\alpha-1)(N+1)^{-\beta}}}, & \alpha \neq 1.
\end{cases} \quad (38)$$

On the other hand, in the contracting phase

$$\frac{d \varphi}{dN} = \frac{\dot{\varphi}}{H} = -\sqrt{3} \sqrt{1 + \frac{P}{\rho}} = -\sqrt{3} \sqrt{1 + \frac{\beta}{(N+1)^\alpha}}, \quad (39)$$

where we have used that $\dot{\varphi}^2 = \rho + P$. This equation could be explicitly integrated for $\alpha = 1, 2$, for example, when $\alpha = 1$, one has

$$\varphi(N) = -\sqrt{3} \left( 1 + \frac{\beta}{(N+1)} \right)^2 \ln \left( \frac{1 + \frac{\beta}{(N+1)}}{1 + \frac{\beta}{(N+1)}} \right) + \frac{\sqrt{3} \beta}{2} \ln \left( \frac{1 + \frac{\beta}{(N+1)}}{1 + \frac{\beta}{(N+1)}} - 1 \right). \quad (40)$$
But here we will do the approximation $\sqrt{1 + \frac{\beta}{(N+1)^{\alpha}}} = 1 + \frac{\beta}{2(N+1)^{\alpha}}$, for large values of $N$. Then, one gets

$$\varphi(N) \cong \begin{cases} 
-\sqrt{3} \left( N + \ln(N + 1) \right)^{\beta}, & \alpha = 1, \\
-\sqrt{3} \left( N - \frac{\beta}{2(\alpha - 1)(N+1)^{\alpha - 1}} \right), & \alpha \neq 1 
\end{cases}$$

(41)

Finally, introducing the approximation of quasi-matter domination, $\rho(N) \cong 2V(N)$, we obtain that, for $N \geq 1 \iff \varphi \to -\infty$,

$$V(\varphi) \cong \begin{cases} V_0 e^{\sqrt{3} \varphi (N(\varphi) + 1)^{-\frac{3\beta}{2}}}, & \alpha = 1 \\
V_0 e^{\sqrt{3} \varphi e^{\frac{3\beta}{2(\alpha - 1)(N(\varphi) + 1)^{\alpha - 1}}}}, & \alpha \neq 1, 
\end{cases}$$

(42)

where $N(\varphi)$ is got by solving for $N$ in (41).

### 3.1 Viability of the models

The spectral index and the running parameter for the EoS $P = \frac{\beta}{(N+1)^{\alpha}}$, and thus for potentials of the form (42), can be easily obtained from Eq. (27) by using the relation $\frac{d}{dt} = \frac{d}{dN}$, what yields

$$n_s - 1 = \frac{12\beta}{(N+1)^{\alpha}}, \quad \alpha_s \cong \frac{24\alpha\beta}{(N+1)^{\alpha+1}}.$$  

(43)

Note that, in the matter bounce scenario, the ratio of tensor to scalar perturbations is not related with the quasi-matter domination parameters and has to be calculated using Eq. (29). This calculation can be carried out numerically for the solution of the conservation equation

$$\ddot{\varphi} + 3H(\varphi)\dot{\varphi} + V_\varphi = 0,$$

(44)

corresponding to a Universe that takes $N$ e-folds to leave the quasi-matter domination epoch, i.e., for the solution which satisfies the initial conditions:

$$\varphi_i = \varphi(N), \quad \dot{\varphi}_i = H \frac{d\varphi}{dN} = \sqrt{\rho(N)} \sqrt{1 + \frac{\beta}{(N+1)^{\alpha}}},$$

(45)

where $\varphi(N)$ and $\rho(N)$ are given by (41) and (38), respectively.

These theoretical results must be then compared with the astronomical ones (e.g., from PLANCK or BICEP2) to test the viability of the models.

#### 3.1.1 Example 1.

As a first example, we can compare our results relative to the matter bounce scenario with those for chaotic inflation given by the potential $V(\varphi) = \lambda \varphi^{2n}$. In this case, one has [18]

$$n_s - 1 = -\frac{2(n+1)}{2N + n}, \quad r = \frac{16n}{2N + n}.$$  

(46)
We can see that, for the same number of e-folds, one obtains the same spectral index in both the matter bounce scenario and chaotic inflation, after choosing in the matter bounce scenario $\alpha = 1$ and $\beta = -\frac{1}{4}$, and a quartic potential for inflation. That is, for these parameters $\alpha = 1$, $\beta = -\frac{1}{4}$ and $n = 2$, for modes which leave the Hubble radius about a number $N$ of e-folds before the end of the corresponding period (quasi-matter domination in bouncing cosmologies and the slow-roll phase in inflation), one obtains the same spectral index.

From (46) we can see that in order to achieve the observed value of the spectral index one has to choose $N \in [62.829, 91.592]$. On the other hand, in slow roll inflation one also has the constrain $r = \frac{10}{N+1}$, what compared with the PLANCK constrain $r \leq 0.11$ implies $N \geq 144.454$. But this means that the chaotic quartic potential is ruled out by PLANCK data. However, if one considers the BICEP2 data $r = 0.20^{+0.07}_{-0.05}$, one obtains that for $N \in [58.259, 105.666]$ what means that the quartic potential fits well with BICEP2 data for $N \in [62.829, 91.592]$.

For our bouncing model, with the aim to obtain the theoretical value of the tensor/scalar ratio one has to use the formula (29). Thus, one needs to calculate this quantity for the solution of the conservation equation with initial conditions

$$\varphi_i = \varphi(N), \quad \dot{\varphi}_i = H \frac{d\varphi}{dN} = \sqrt{\rho(N)} \sqrt{1 - \frac{1}{4(N+1)}}, \quad (47)$$

where $\varphi(N)$ is given by (40), $\rho(N)$ by (38) and $N \in [62.829, 91.592]$. Finally, to check the viability of the model one again has to compare these results with PLANCK and BICEP2 data.

### 3.1.2 Example 2.

As a second example we will deal with $R^2$ gravity, where

$$n_s - 1 = -\frac{2}{N}, \quad r = \frac{12}{N^2}. \quad (48)$$

The same spectral index could be obtained from (43) choosing $\alpha = 1$, $\beta = -\frac{1}{6}$ and considering $N - 1$ e-folds, instead of $N$. In this case the correct power spectrum is obtained by choosing $N \in [42.553, 61.728]$.

In inflationary cosmology the model matches correctly with PLANCK data, because the constrain $r \leq 0.11$ is equivalent to $N \geq 10.44$. However, the model is incompatible with the BICEP2 data, because it implies $N \in [6.66, 8.94]$.

### 3.2 Compatibility between the spectral index and the running parameter

Here we will compare the compatibility of the spectral index and the running parameter in both the inflation and matter bounce scenarios. In the slow-roll regime,
both the spectral index and the running parameter for a perfect fluid can be easily calculated from the equations

\[ n_s - 1 = -3 \left(1 + \frac{P}{\rho}\right) + \frac{d}{dN} \ln \left(1 + \frac{P}{\rho}\right), \quad \alpha_s = \frac{\dot{n}_s}{H} = -\frac{dn_s}{dN}, \quad (49) \]

and if one considers a fluid satisfying the condition

\[ \left| \frac{d}{dN} \ln(\rho + P) \right| \ll \left| 1 + \frac{P}{\rho} \right|, \quad (50) \]

one gets \[20\]

\[ n_s - 1 \approx -6 \left(1 + \frac{P}{\rho}\right), \quad \alpha_s \approx -18 \left(1 + \frac{P}{\rho}\right)^2. \quad (51) \]

From these equations one obtains the relation \( \alpha_s = -\frac{1}{2} (1 - n_s)^2 \). Now, inserting the observed value for the spectral index, \( n_s = 0.9603 \pm 0.0073 \), this yields \( \alpha_s \in (-5.2 \times 10^{-4}, -1.1 \times 10^{-3}) \) which is in clear contradiction with the observed value \( \alpha_s = -0.0134 \pm 0.009 \). As a consequence, inflation corresponding to this kind of perfect fluid is less favored by the current observational data.

For a fluid with an EoS \( 1 + \frac{P}{\rho} = \frac{\beta}{(N + 1)^\alpha} \), with both \( \alpha \) and \( \beta \) positive and of order 1 \[17\], which does not satisfy the condition (50), one has

\[ \alpha_s = \begin{cases} 
-\frac{1}{2} (n_s - 1)^2 & \alpha > 1 \\
-\frac{1}{3\beta + 1} (n_s - 1)^2 & \alpha = 1 \\
\frac{\alpha}{N + 1} (n_s - 1) & \alpha < 1. 
\end{cases} \quad (52) \]

Then,

1. for \( \alpha \geq 1 \) one has

\[ |\alpha_s| \leq (n_s - 1)^2 = (0.0397 \pm 0.0073)^2 < | -0.0134 \pm 0.009|, \]

ruling out this kind of models.

2. for \( \alpha < 1 \), to match the theoretical values with the experimental ones, the parameters must satisfy

\[ 2\alpha \leq N + 1 \leq 11\alpha \quad \text{and} \quad -\frac{3\beta}{(N + 1)^\alpha} = -0.0397 \pm 0.0073. \]

However, those bounds are never obtained for \( N \geq 50 \) (the minimum number of e-folds needed to solve both the horizon and flatness problems in General Relativity). In fact, for \( N = 50 \) one has \( \alpha \geq 4.63 \), and consequently \(-\frac{3\beta}{(N + 1)^\alpha} \leq 4.2 \times 10^{-7}\beta \). Then, since \( \beta \) is of order 1, the value \(-0.0397 \pm 0.0073 \) is never reached, what again means that this kind of models are less favored by present observational data.
The problem with slow-roll inflation is that, in general, the spectral index is of the order $N^{-1}$, while the running parameter is of order $N^{-2}$ and, consequently, one has $\alpha_s \sim (1 - n_s)^2$, which in most cases is incompatible with PLANCK data, because the observed value of the running is not small enough [21]. A way to solve this problem is to break the slow-roll approximation for a short while, as due, for example, to the inclusion of a quickly oscillating term in the potential. In this case the theoretical value of the running parameter gets larger and could match well with experimental data [22].

On the other hand, in the matter bounce scenario, when dealing with a perfect fluid with EoS $\frac{P}{\rho} = \frac{\beta}{(N + 1)^\alpha}$, one obtains from (43) the following relation

$$\alpha_s = \frac{2\alpha}{N + 1} (n_s - 1)$$

which is perfectly compatible with the experimental data. In fact, for instance, if one takes $\alpha = 2$ and $N = 12$ (note that in bouncing cosmologies a large number of e-folds is not required, because the horizon problem does not exist, since at the bounce all parts of the Universe are already in causal contact, and also the flatness problem gets improved [9]), one obtains, for $n_s = 0.9603 \pm 0.0073$, the following value for the running parameter: $\alpha_s = 0.0122 \pm 0.0022$, which is compatible with the PLANCK data. Effectively, for these values of $\alpha$ and $N$ one gets $n_s - 1 = \frac{12}{13} \beta \cong 0.071\beta$, which is indeed compatible with its observed value, by choosing $\beta \cong -\frac{1}{2}$.

4 Conclusions

In this paper we have introduced, at the early times in the contracting phase of bouncing cosmologies, a quasi-matter domination regime controlled by some convenient small parameters which we have defined here. This has allowed us to obtain theoretical values of the spectral index and of the running parameter which are in perfect agreement with the most recent and accurate observational data from the PLANCK satellite.

We have shown in detail, and with the help of several simple examples, the viability of our bouncing models for isotropic fluids with an equation of state which depends on the number of e-folds occurring before the end of the quasi-matter domination epoch. We have also demonstrated that, in contrast to these results, slow-roll inflationary models are generically less favored by the most recent PLANCK observational data due, in particular, to the rather small value of the running parameter predicted by all these slow-roll theories.

We expect that more precise unified PLANCK-BICEP2 data (the B2P collaboration), which are going to be issued soon, may even fit better the bouncing cosmologies under consideration here.

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