INTRODUCTION

Antioxidants play an important role in health-protecting factor. Antioxidants are compounds that have the ability to protect cells and tissues from damage caused by the threat of the presence of free radicals that are reactive [1]. At a time, one antioxidant molecule can react with single free radicals and is capable to neutralize free radicals by donating one of their own electrons, ending the carbon-stealing reaction. Cells produce defense against excessive free radicals by their preventative mechanisms, repair mechanisms, physical defenses, and antioxidant defenses. Antioxidants cause protective effects by neutralizing free radicals which are toxic byproducts of natural cell metabolism [2].

Many plants contain antioxidant compounds; epidemiological studies indicated the relationship between the plant antioxidants and reduction of chronic diseases. Antioxidant phytochemicals can be found in many foods and medicinal plants and play an important role in the prevention and treatment of chronic diseases caused by oxidative stress. They often possess strong antioxidant and free radical scavenging abilities, as well as anti-inflammatory action, which are also the basis of other bioactivities and health benefits such as anticancer, antiaging, and protective action for cardiovascular diseases, diabetes mellitus, obesity, and neurodegenerative diseases [3,4].

Macaranga is one of the largest genera of the family Euphorbiaceae, comprising about 300 species. In addition to, in Indonesia found in parts of Africa, Madagascar, Asia, the east coast of Australia, and the Pacific islands [5]. Mahang damar (Macaranga triloba) leaves are one of the plants known by the people of Central Kalimantan as a medicinal plant for diabetes. Based on literature review, Macaranga species has long been used traditional medicine system such as Macaranga gigantea and M. triloba used to treat fungal infections and leaf decoction, stomachaches, and potential as an antioxidant [5,6]. Otherwise, Macaranga hypoleuca can be used a febrifuge, expectorant, and antispasmodic and also has potential as an antioxidant, antibacterial, and antidiabetic [7]. The objective of this research was to evaluate the antioxidant activity of ethyl acetate fraction M. triloba leaves in Central Kalimantan by 1,1-diphenyl-2-picrylhydrazyl (DPPH) scavenging method.

METHODS

Preparation of extract

M. triloba leaves (Mahang damar) were collected from the local areas of Bukit Rawi, Central Kalimantan. The part used in this study is the leaves that have been dried in direct sunlight after going through the process of weighing, sorting, and washing.

Extraction

Dried leaves of this plant were pulverized and about 50 g of powdered leaves were extracted with increasing order of polarity solvents series starting from n-hexane, ethyl acetate, and methanol by maceration. At last, all extracts were concentrated in a rotary evaporator. In this research used ethyl acetate fraction.

Phytochemicals screening results

Phytochemical screening was conducted on a sample M. triloba to determine the content of secondary metabolites which includes identification of alkaloids and identification flavonoids.
Evaluation of antioxidant activity by DPPH radical scavenging method

Free radical scavenging activity of ethyl acetate fraction *M. triloba* leaves was measured by DPPH. In brief, 0.4 mM solution of DPPH was prepared. This solution (1 ml) was added to 4 ml of ethyl acetate fraction at different concentrations (20, 40, 60, and 80 ppm). The mixture was shaken vigorously and allowed to stand at room temperature for 30 min. Then, absorbance was measured at 516 nm using spectrophotometer (ultraviolet (UV)-Vis. Shimadzu). Reference standard compound being used was quercetin and experiment was done in duplicate. The inhibition concentration 50 (IC$_{50}$) of the sample, which is the concentration of sample required to inhibit 50% of the DPPH free radical, was calculated using log dose inhibition curve. A lower absorbance of the reaction mixture indicated higher free radical activity [8]. The percent DPPH scavenging effect was calculated using following equation:

\[
\text{DPPH scavenging effect (\%) or percent inhibition } = \left( \frac{A_0 - A_1}{A_0} \right) \times 100
\]

Where, $A_0$ was the absorbance of control reaction and $A_1$ was the absorbance in the presence of test or standard sample.

**RESULTS AND DISCUSSION**

**Phytochemical screening**

Many natural herbs contain antioxidant compounds which protect the cell against the damaging effects of ROS. Although our body is safeguarded by the natural antioxidant defense, there is always a demand for antioxidants from external natural source. In addition, secondary metabolites such as phenolic compounds, flavonoids, alkaloids, and tannins are widely distributed in plants and are reported to exert multiple biological effects including antioxidant, free radical scavenging abilities, anti-inflammatory, and anticarcinogenic [9].

Phytochemical analyze of ethyl acetate fraction of *M. triloba* leaves revealed the presence of alkaloid and flavonoid. Most recent researches have focused on the health aspects of flavonoids for humans. Many flavonoids are shown to have antioxidative activity, free radical scavenging capacity, coronary heart disease prevention, hepatoprotective, anti-inflammatory, and anticancer activities, while some flavonoids exhibit potential antiviral activities. In plant systems, flavonoids help in combating oxidative stress and act as growth regulators [10]. Flavonoids have been shown to be highly effective scavengers of the most oxidizing molecules including singlet oxygen and various free radicals implicated in several diseases [11-13]. The present study reports the in vitro antioxidant and antidiabetic activities of the major alkaloids isolated from *Catharanthus roseus* (Table 1) [14].

**Screening for antioxidant activity by DPPH method**

DPPH is a stable nitrogen-centered free radical and has been extensively used to characterize an antioxidant. The reduction of DPPH radical serves as a quick and simple method to detect the antioxidant potential of compounds, especially those with phenol group. It is known that DPPH reacts rapidly with a compound containing weak N-H or O-H bonds. Electron transport is also an important mechanism for its reduction. It is reversible, reduced and due to its unpaired electron, densely colored. This property makes it suitable for spectrophotometric studies [15].

The principle of this antioxidant activity test method is to the measurement of the quantitative antioxidant activity by the measurement of DPPH radical scavenging by a compound having antioxidant activity using UV-Vis spectrophotometry so that it will be known that the value of free radical scavenging activity is expressed by IC$_{50}$ value. IC$_{50}$ value of *M. triloba* leaves obtained from the calculation of the linear regression equation which is done in two replication (duplicate) (Fig. 1).

**Table 1: Result of chemical test of ethyl acetate fraction of *M. triloba* leaves**

| Sample                        | Flavonoid | Alkaloid |
|-------------------------------|-----------|----------|
| Ethyl acetate fraction of *M. triloba* | +         | +        |

Linear regression of ethyl acetate fraction of *M. triloba* leaves is $y=0.6651x+13.073$ (r=0.9714) for EAF of MT leaves I with IC$_{50}$=55.52 ppm and $y=0.7844x+4.2431$ (r=0.9897) for EAF of MT leaves II with IC$_{50}$=58.33 ppm. IC$_{50}$ value average of ethyl acetate fraction of *M. triloba* leaves is 56.93 ppm. A positive control was used in this study quercetin with IC$_{50}$=4.46 ppm more than ethyl acetate fraction of *M. triloba* leaves. Used of positive controls on this antioxidant activity test to determine the antioxidant potential present in ethyl acetate fraction of *M. triloba* leaves when compared with quercetin. If the IC$_{50}$ value of the sample is equal to near the IC$_{50}$ value of positive control, it can be said that the sample has potential as one of the most powerful antioxidant alternatives.

Antioxidant activity of ethyl acetate fraction of *M. triloba* leaves (IC$_{50}$=56.93 ppm) is lower than quercetin (IC$_{50}$=4.46 ppm) but still has potential as an antioxidant. A substance has potent antioxidant activity when the IC$_{50}$ value ranging between 50 and 100 ppm, where the substance has potential as antioxidants (Fig. 2) [16].

**CONCLUSION**

Based on this research, it is known that ethyl acetate fraction of *M. triloba* leaves has antioxidant activity with the ability to neutralize free radicals DPPH. Antioxidant activity of *M. triloba* leaves is shown by ethyl acetate fraction with the IC$_{50}$ value of 56.93 ppm while quercetin has IC$_{50}$=4.46 ppm (very strong), but the IC$_{50}$ value of ethyl acetate fraction of *M. triloba* leaves still in range value of strong antioxidant activity (50–100 ppm). Further, research is needed to test the antioxidant activity of *M. triloba* leaves using other methods.
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