Discrete Breathers in a Mass-in-Mass Chain with Hertzian Local Resonators

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We report on the existence of discrete breathers in a one-dimensional, mass-in-mass chain with linear intersite coupling and nonlinear Hertzian local resonators, which is motivated by recent studies of the dynamics of microspheres adhered to elastic substrates. After predicting theoretically the existence of the discrete breathers in the continuum and anticontinuum limits of intersite coupling, we use numerical continuation to compute a family of breathers interpolating between the two regimes in a finite chain, where the displacement profiles of the breathers are localized around one or two lattice sites. We then analyze the frequency-amplitude dependence of the breathers by performing numerical continuation on a linear eigenmode (vanishing amplitude) solution of the system near the upper band gap edge. Finally, we use direct numerical integration of the equations of motion to demonstrate the formation and evolution of the identified localized modes, including within settings that may be relevant to future experimental studies.

I. INTRODUCTION

Materials bearing local resonators are known to support unique dynamic phenomena, such as negative, highly anisotropic, and extreme effective properties [12]. Systems exhibiting these phenomena are commonly referred to as “locally resonant metamaterials,” and are often described using linear dynamical models. One well-known model is a chain of “mass-in-mass” unit cells, which consists of a lattice of interconnected lumped masses, each with coupled local resonators [3]. By incorporating nonlinearity into locally resonant metamaterials, their dynamics become more complex. For example, metamaterials for both acoustic [2] and electromagnetic [4] waves have demonstrated numerous nonlinear phenomena, including tunability, harmonic generation, and the existence of nonlinear localized modes.

A promising means to create nonlinear acoustic metamaterials is provided by granular media, which consist of closely packed systems of particles that interact elastically. Granular media have been shown to support a wide range of nonlinear dynamic phenomena not encountered in conventional materials [5–8]. In granular materials, the microstructural geometric nonlinearity that stems from the shape of particles in contact (commonly modeled using Hertzian contact mechanics [9]) results in an effective macroscopic nonlinear material response. Previous works on granular media have demonstrated numerous nonlinear effects, including solitary waves, shocks, discrete breathers, tunable band gaps, frequency conversion, and non-reciprocal wave propagation [5–8].

Recent theoretical and experimental works have combined the concepts of locally resonant metamaterials with granular media. Relevant contexts include, but are not limited to, frequency shifting, harmonic generation, and localized band gap modes [10], traveling waves, including ones with non-vanishing tails [11, 12], wave interaction [13], and localized and extended modes [14], as well as temporally periodic breathing states [15, 16] (to which we will return in what follows). In each of these examples, the granular media provided a nonlinear intersite coupling, while the local resonators were linear. Less attention has been paid to cases in which granular particles play the role of nonlinear local resonators.

In this work, we consider a one-dimensional, mass-in-mass system with linear intersite coupling and nonlinear local resonators that follow the Hertzian contact model. One motivation for considering this model is its relevance in describing a granular metamaterial consisting of a monolayer of microscale spheres adhered to a substrate, wherein surface localized elastic waves, such as Rayleigh surface acoustic waves (SAWs) and Lamb modes, have been shown to hybridize with the contact resonances of the microspheres in thick [17, 18] and thin [19] substrates, respectively. Within this context, we imagine the portion of the substrate through which the localized elastic wave is traveling as a linearly coupled chain that is locally coupled to an array of nonlinear resonators representing the microspheres.

Systems similar to the one-dimensional, linearly coupled chain with nonlinear local resonators considered here have been previously explored. For example, amplitude-dependent band-gaps have been studied in a one-dimensional linear chain with local resonators containing a cubic nonlinearity [20]. Other relevant works have also considered linear chains with nonlinear coupling to a rigid foundation [21], or a nonlinear local attachment [22], demonstrating heavily enriched dynamics caused by small nonlinear perturbations.

The structure of interest in the present work is the discrete breather (DB). Discrete breathers are solutions that are periodically oscillating in time and exponentially localized in space [23, 24] that have been studied theoretically and experimentally in many settings, involving a wide array of physical mechanisms [25–27]. More recently, DBs have been demonstrated in theoretical [27, 28] and experimental [29–31] studies of ordered granular chains without local resonators, and theoreti-
cally in the presence of linear local resonators \[15 \ 16\], as well as in nonlinear, locally resonant magnetic metamaterials \[32 \ 34\] and systems of electromechanical resonators \[35\].

We use our model to describe a locally resonant granular metamaterial for Rayleigh SAWs, consisting of a monolayer of microspheres adhered to a thick elastic substrate. The two independent model parameters are fit to an experimental system used in past work \[17\], so as to provide realistic parameter values to the model wherever possible. We predict the existence of DBs in the extreme limits of vanishing and strong intersite coupling, and numerically compute a family of DBs connecting the two limits of vanishing and strong intersite coupling, and numerically compute a family of DBs connecting the two regimes. Furthermore, we examine the frequency-energy dependence of the DBs along the relevant branch of solutions. We study the formation and evolution of the discrete breathers via direct numerical simulations, including within contexts that may be relevant to future experimental studies.

II. MODEL

A. Physical Setup

Our motivating physical scenario is shown in the schematic of Fig. 1(a), which describes sagittally-polarized, plane SAWs traveling along the surface of a thick substrate. Rayleigh SAWs are surface localized elastic waves that travel along a solid surface (represented as an elastic half space in theoretical descriptions), and have both in- and out-of-plane (with respect to the sample surface plane) displacement components \[37\]. Previous studies on monolayers of microspheres adhered to thick substrates have shown that Rayleigh SAWs in the substrate hybridize with, and excite, microsphere contact resonances having translational out-of-plane \[17\] and coupled, in-plane, translational and rotational motion \[18 \ 38\]. The hybridization with each of these resonances leads to classic “avoided crossing” phenomena \[36\] characteristic of locally resonant metamaterials and mass-in-mass chains. For the analysis herein, we focus on the avoided crossing with the contact resonance having solely out-of-plane motion \[17 \ 18 \ 38\]. Because a plane SAW is confined to the surface of the medium, it can be considered as traveling in one dimension, and as such, we represent the portion of the substrate through which the SAW is traveling as an infinite lattice of lumped masses \( m_1 \) connected by springs with linear stiffness \( k_1 \). Because the contact-based modes of the microspheres \[17 \ 18 \ 39 \ 40\] have frequencies much lower than the intrinsic spheroidal vibrational frequencies of the isolated spheres \[31\] (e.g. for the microspheres studied in Ref. \[17\], the out-of-plane contact resonance was measured to be 215 MHz, while the spheroidal resonance was predicted to be 2.9 GHz), we model the microspheres as point masses (of mass \( m_2 \)) connected to the main chain by nonlinear springs modeling Hertzian contact with a static adhesive load. The resulting discrete model of our locally resonant granular metamaterial is shown in Fig. 1(b). As can seen in Fig. 1(b), the chain elements are both drawn such that their motion is in the horizontal direction. We note that this depiction simply represents the coupling between a substrate (or chain) and a resonator, each having a single degree of freedom with the same, albeit arbitrary, direction of motion. Within the context of the previously described physical scenario, this degree of freedom represents out-of-plane motion of the substrate and the microsphere, as the SAWs propagate along the sample surface indexed by \( j \).

![Figure 1](image_url)

FIG. 1. (a) Granular metamaterial composed of a monolayer of spheres on an elastic halfspace. (b) Schematic of the 1D, discrete granular metamaterial model.

B. 1D Discrete Model

In dimensionless form, the associated equations of motion of this system read

\[
\begin{align*}
M \ddot{u}_j + K \left( -u_{j+1} + 2u_j - u_{j-1} \right) + \frac{2}{3} \left( [u_j - v_j + 1]_+^{3/2} - 1 \right) &= 0 \\
\ddot{v}_j - \frac{2}{3} \left( [u_j - v_j + 1]_+^{3/2} - 1 \right) &= 0,
\end{align*}
\]

where \( u_j \) and \( v_j \) are, respectively, the displacements from equilibrium of the main chain and resonators, \( M = \frac{m_1}{m_2} \), \( K = \frac{k_1}{3(2)^{3/2} \sqrt{\delta_0}} \) characterizes the relative strength of the elastic and Hertzian terms, where the Hertzian coefficient \( A \) depends on the geometry and material properties of the particles in contact \[39\], and \( \delta_0 \) is the static overlap induced by the adhesive force at equilibrium. The dimensionless time variable \( \tau \) is defined in terms of the physical time \( t \) by \( \tau = \omega_0^h t \), where \( \omega_0^h = \sqrt{(3/2)A\sqrt{\delta_0/m_2}} \) is the resonant frequency of the local oscillator on the elastic halfspace, and the displacements \( u_j \) and \( v_j \) are normalized to \( \delta_0 \). The subscript \([ \cdot ]_+ \) indicates that the contact force vanishes for resonators that lose contact with the main chain, i.e. when the relative displacement \( v_j - u_j \)


exceeds the static overlap. The Hamiltonian (energy) corresponding to Eqs. (1) and (2)

\[ H = \sum_j \left[ M \frac{u_j^2}{2} + \frac{v_j^2}{2} + \frac{K}{2} (u_{j+1} - 2u_j + u_{j-1})^2 + \right. \\
\left. \frac{2}{3} \left( \frac{2}{5} [u_j - v_j + 1] \right)^{5/2} - (u_j - v_j) \right] - \frac{4}{15}. \]  

Upon linearization, this system is identical to the one-dimensional mass-in-mass chain discussed in 3. Its dispersion relation is given by

\[ M \left( \frac{\omega}{\omega_0} \right)^4 - 2K(1 - \cos (kD)) + M + 1 \left( \frac{\omega}{\omega_0} \right)^2 + 2K(1 - \cos (kD)) = 0, \]  

where \( k \) is the Bloch wave number, \( \omega \) is the angular frequency, and \( D \) is the unit cell width, taken from the physical system as the width of the granular particles.

C. Parameter Fitting

The resulting model, as can be inferred from Eqs. (1)-(2), possesses two effective lumped parameters, namely \( M \) and \( K \). We now attempt to fit these discrete model parameters to describe the granular metamaterial of Ref. [17], using the material and geometric properties specified therein. We are intending for the model to provide an adequate representation of dynamical evolution for wavelengths significantly larger than the sphere diameter, such that the dispersion relations of the continuous and discrete models are in close agreement, and effects found at the Brillouin zone boundary are avoided. The dispersion relations for a continuous substrate (from Eq. (2) of Ref. [17]) and the discrete model of Eqs. (1) and (2) are superimposed in Fig. 2. The values of \( M \) and \( K \) used to plot the curves for the discrete model shown in Fig. 2 are chosen to match the dispersion curves in the small wavenumber regime. More specifically, we first choose the ratio \( K/M \) such that the long-wavelength sound speed of the discrete lattice, given by \( D\sqrt{K/M} \), matches the speed of Rayleigh waves in the substrate for the model from Ref. [17]. This can be seen graphically in Fig. 2 as the lower branches of the two dispersion relations have equal slopes at the origin. Second, making use of the analytical expression for the dispersion relation of the continuous system in Ref. [17], we select \( K \) such that the dispersion relations coincide at the intersection with the line of slope \( c_T \), where \( c_T \) is the transverse sound speed of the substrate material. Using these two criteria, we find the approximate fitted values \( M = 30 \) and \( K = 160 \).

The physical significance of these parameter values, \( M \) and \( K \), is as follows. For large mass ratios (\( M >> 1 \)), waves in the main chain (corresponding to Rayleigh SAWs in the substrate) are only perturbed at frequencies very close to the local resonance; this is confirmed in Fig. 2 by the relatively narrow band gap encompassing \( \omega/\omega_0^{hs} = 1 \). The large stiffness ratio (\( K >> 1 \)) indicates strong coupling between lattice sites, compared to the coupling between the main chain and the resonators. Intuitively, parameters much greater than unity are indeed expected for this system. This is because the spheres are much smaller and less massive than the region of the substrate beneath them that is influenced by Rayleigh waves, whose displacements decay exponentially from the surface with a characteristic decay length on the order of one wavelength. Similarly, the effective stiffness for the region of bulk material of the substrate influenced by the Rayleigh wave can be thought to have a significantly greater effective stiffness than the relatively soft microsphere-substrate Hertzian contact. While the fitted constants depend on material and geometric properties, a simple estimate can be used to show that \( M \) and \( K \) are generally larger than unity when considering long waves in realistic materials, as described in Appendices A and B.

Both of the dispersion relations shown in Fig. 2 are split, as a result of the hybridization with the local resonance, into two branches: the lower (“acoustic”) branch, in which the vertical motions of the substrate surface and the spheres are in phase, and the upper (“optical”) branch, in which the motions are out of phase. The two branches of the discrete model are separated by a band...
gap of width $\Delta \omega$, given by
\begin{equation}
\Delta \omega = \sqrt{\frac{1 + M}{M} - \frac{4K + M + 1 - \sqrt{(4K + M + 1)^2 - 16KM}}{2M}}.
\end{equation}

For the parameters values $M$ and $K$ used herein, this band gap results in an upper cutoff frequency of the acoustic branch 0.08% below $\omega_0^{hs}$ and a lower cutoff frequency of the optical branch 1.65% above $\omega_0^{hs}$. In the continuous model, for phase velocities greater than the sound speed of transverse bulk waves ($c_T$) in the substrate, the optical branch terminates; this is because the modes above that phase velocity are so-called “leaky” modes. Such leaky modes have complex frequency, which represents the radiation of energy into the bulk. Despite this, the one-dimensional, discrete model used in this work was chosen over continuous and/or higher-dimensional models because it captures many of the important features of the dispersion relation (linear dispersion at long wavelengths and a band gap created by a local resonance), and facilitates theoretical prediction of discrete breathers, and their numerical computation.

III. THEORY

A. Anticontinuum Limit

We start our analysis by considering the so-called anticontinuum (AC) limit of vanishing coupling. This approach, pioneered by MacKay and Aubry in [13], is based on the limit $K \to 0$, corresponding to uncoupled oscillators. While this limit is of limited physical relevance for our considerations herein, it is a particularly useful mathematical tool as a starting point for considering different breather-type configurations. This enables a natural starting point to seed continuation algorithms, which are then continued in the parameter $K$ in order to identify solutions for different values of the relevant parameter. In the AC limit our system has the form
\begin{equation}
M \ddot{u}_j = -\frac{2}{3} \left( [u_j - v_j + 1]^{3/2}_+ - 1 \right),
\end{equation}
\begin{equation}
\ddot{v}_j = \frac{2}{3} \left( [u_j - v_j + 1]^{3/2}_+ - 1 \right).
\end{equation}

We obtain a single oscillator by defining $z = u_j - v_j$, where
\begin{equation}
\ddot{z} = -\frac{2}{3} \omega_0^2 \left( [z + 1]^{3/2}_+ - 1 \right), \quad \omega_0^2 = \frac{1 + M}{M}.
\end{equation}

In addition to the trivial solution $z = 0$, there are non-trivial solutions of Eq. (8) which are the level curves of the energy $E(z, \dot{z}) = \frac{1}{2} \dot{z}^2 + \frac{2[1 + M]}{15M} \left( [1 + z]^{3/2}_+ - \frac{3}{5} z \right)$. To construct a solution along the infinite lattice, each node is given as $z = 0$ or the periodic function (say with frequency $\omega_h$) satisfying (8). In this paper, we consider the simplest such configuration, namely the one consisting of zeros at every node with the exception of one (see Fig. 3 a)). Due to Ref. [13], we know this solution will persist for nonzero $K$ as long as the so-called non-resonance condition $\omega_h^* \neq n\omega_0^*, n \in \mathbb{Z}$ is satisfied, where $\omega_0^* \in \{0, \omega_0\}$ is the frequency of solutions of the linearized equations at $K = 0$. While any such value of $\omega_h$ will yield a persistent breather solution, we chose $0 < \omega_h < \omega_0$. Note that the two branches of the dispersion curves given by Eq. (4) bifurcate from 0 and $\omega_0$ as the coupling $K$ becomes nonzero. Thus, by choosing $0 < \omega_h < \omega_0$ we are able to construct a band-gap breather. The numerical continuation (see Sec. IV) suggests that the solution constructed in the AC limit persists to the opposite limit $K \to \infty$. In this limit, other analytical techniques are available for the analysis of the solutions, which we explore next.

B. Continuum Limit and NLS Approximation

For the purposes of the analysis, we consider small amplitude solutions (i.e. $|u_j - v_j| \ll 1$). Thus, it is reasonable to expand the nonlinearity in a Taylor series
\begin{equation}
[1 + x]^{3/2} = 1 + \frac{3}{2} x + \frac{3}{8} x^2 - \frac{3}{48} x^3 + h.o.t.
\end{equation}

In addition, if we formally consider $K = 1/D^2$ where $D$ is the lattice spacing and we let $D \to 0$, then Eqs. (1) and (2) become
\begin{align}
M \partial_{tt} u - \partial_{xx} u + (u - v) + \frac{1}{4} (u - v)^2 - \frac{1}{24} (u - v)^3 = 0 \quad (9)
\partial_{tt} v - (u - v) - \frac{1}{4} (u - v)^2 + \frac{1}{24} (u - v)^3 = 0. \quad (10)
\end{align}

We approximate solutions of the above set of equations with the ansatz,
\begin{equation}
u^{an} = \varepsilon A(X,T) E(x,t) + c.c. + h.o.t.,
\end{equation}
where $X = \varepsilon (x - ct)$, $T = \varepsilon^2 t$, $A = A(X,T)$ and $E = E(x,t) = e^{i(kx + \omega/\omega_0^*)t}$ with $\varepsilon$ being some small, positive parameter. Substitution of the ansatz into Eqs. (9) and (10) and equating the various orders of $\varepsilon$ yields a hierarchy of solvability conditions. The particular choice of ansatz is well known to yield a Nonlinear Schrödinger (NLS) equation for the envelope function $A(X,T)$ in the theory of nonlinear waves [44]. For our system, in order to derive the NLS equation we need several higher order terms:
\begin{align}
u^{an} = & \varepsilon A E + \varepsilon^2 a_2 A_1 E^2 + \varepsilon^3 a_4 A_1^2 E^3 + \varepsilon^3 a_6 A_5 + \\
& \varepsilon^3 a_8 A_7 E^2 + \varepsilon^3 a_{10} A_9 E + c.c. \quad (11)
\end{align}
\begin{align}
u^{an} = & \varepsilon a_1 A E + \varepsilon^2 a_3 A_2 E^2 + \varepsilon^3 a_5 A_3 E^3 + \varepsilon^3 a_7 A_5 + \\
& \varepsilon^3 a_9 A_7 E^2 + \varepsilon^3 a_{11} A_9 E + c.c. + \varepsilon^2 a_{12} A A, \quad (12)
\end{align}
where each \( A_i = A_i(X, T) \) and the \( a_i \) are real or complex coefficients. In particular, we will use the following,

\[
A_1 = A^2 = A_2, \quad A_3 = A^2 = A_4, \quad A_5 = \tilde{A} \partial_X A, \quad A_6 = \partial_X A, \quad A_7 = A \partial_X A = A_8, \quad A_9 = \partial_T A, \quad A_{10} = \partial^2_X A.
\]

These relations are obtained through the solvability conditions, which can be found in Appendix C. We highlight here that at \( \mathcal{O}(\varepsilon E) \) the solvability condition is the dispersion relation,

\[
M(\omega/\omega_0^{hs})^4 - [k^2 + M + 1] (\omega/\omega_0^{hs})^2 + k^2 = 0, \quad (13)
\]

where \( k \) is the Bloch wave number and \( \omega \) is the angular frequency. The connection between this dispersion relation and the one in Eq. (4) can be seen by Taylor expanding the cosine terms of Eq. (4). The Nonlinear Schrödinger (NLS) equation appears at \( \mathcal{O}(\varepsilon^3 E) \),

\[
\left((M\omega^2 - k^2 - 1)a_{10} - 2iM\omega\right) \partial_T A = \\
(M\omega^2 - a_{11} - 1) \partial_X^2 A + \\
\left(\frac{1 - a_1}{2}(a_2 - a_3 - a_{12}) + \frac{(1 - a_1)^3}{8}\right) |A|^2 A. \quad (14)
\]

Closed form analytical solutions of the NLS equation (14) can be found via the inverse scattering transform [44]. One well known solution is the so-called bright soliton, and is given by

\[
A(X, T) = \sqrt{\gamma} \alpha \sech(\sqrt{\gamma} \beta X) e^{-i\gamma T}, \quad (15)
\]

where \( \alpha \) and \( \beta \) are \( \epsilon \) independent coefficients that depend on the coefficients of the NLS equation (14) (see Appendix C) and \( \gamma > 0 \) is an arbitrary parameter. Such solutions arise when the coefficient of the dispersion term and that of the nonlinearity have the same sign, which is the case for the parameter values chosen here. Thus, at first order, we have the following approximation

\[
u(x, t) \approx \epsilon \sqrt{\gamma} \alpha \sech(\sqrt{\gamma} \beta X) e^{-i\gamma T} e^{i(kx + \omega t)} + c.c.,
\]

which is traveling plane wave that is modulated by a small amplitude, long wavelength and slowly varying localized function. For \( k = 0 \), this approximation reduces to

\[
u(x, t) \approx \epsilon \sqrt{\gamma} \alpha \sech(\beta \sqrt{\gamma} X) e^{i(\omega_0 - \gamma^2)t} + c.c., \quad (16)
\]

which represents a standing breather with frequency \( \omega_b = \omega_0 - \gamma^2 \), as in Fig. 3(b). Here \( \omega_0^2 = (M + 1)/M \) represents the lower cutoff of the optical branch of the dispersion (see Eq. (4) with \( k = 0 \)). Since \( \epsilon \) is a small parameter, the breather frequency \( \omega_b \) is near the lower cutoff of the optical branch, but within the gap. Note the amplitude and width of the breather are both \( \mathcal{O}(\epsilon/\sqrt{\gamma}) \). Hence smaller amplitude and wider breathers are found closer to the optical branch band edge. Recalling the results of the previous section on the AC limit, we were able to construct a breather solution with frequency \( \omega_b < \omega_0 \). If we define \( \gamma^2 = \omega_0 - \omega_b \), then our NLS approximation

![FIG. 3. (a) Single site solution in the AC limit with \( \omega_0 = 1.01\omega_0^{hs} \). (b) Breather profiles of frequency \( \omega_0 = 1.01\omega_0^{hs} \) from NLS ansatz (black solid curve) and numerical solution (red circle markers) with \( K = 160 \). Here, we use \( M = 30 \).

\[P([u_0, v_0]; T) = \left[\begin{array}{c} u(0; u_0, v_0) \\ v(0; u_0, v_0) \end{array}\right] - \left[\begin{array}{c} u(T; u_0, v_0) \\ v(T; u_0, v_0) \end{array}\right] \quad (17)\]

where \( u(t; u_0, v_0) = \{u_n(t)\}_{n \in [0, N]} \) and \( v(t; u_0, v_0) = \{v_n(t)\}_{n \in [0, N]} \) is the solution to Eqs. (1) and (2) with initial condition \( u(0) = u_0 \) and \( v(0) = v_0 \). Therefore, a periodic solution with period \( T \) of Eqs. (1) and (2) will be a root to (17). A Newton-Raphson algorithm is used to approximate the roots of \( P \) [24]. The Jacobian is \( J = I - V(T) \), where \( V(T) \) is the monodromy matrix. The eigenvalues of \( V(T) \) are the Floquet multipliers of the periodic solution. The breather is considered (spectrally) stable if all Floquet multipliers lie on the unit circle. Since the system is Hamiltonian, any Floquet multiplier lying off the unit circle signals instability.
The solution for a frequency \( \omega = 1.01\omega_0^{hs} \) is found for \( K \) close to 0 (here \( K = 0.01 \)). Parameter continuation in \( K \) is performed and is plotted against the Hamiltonian energy of Eq. (3), as is shown in Fig. 4. In this way, we are able to trace out a branch of solutions that emanates from the AC limit and approaches the continuum limit solution, which is well described by the NLS approximation of Eq. (16) (see black dashed-line of Fig. 4). Here, we terminate the continuation at \( K = 160 \), which corresponds to the stiffness parameter extracted by fitting the discrete model to the locally resonant half space model from Ref. [17] (see Sec. II C). The numerical computations were performed on a system of 201 unit cells. This solution was spectrally stable for all values of \( K \) considered.

The continuation in \( K \) of the previous section was terminated at the parameter value \( K = 160 \) (note \( M = 30 \) and \( \omega_0 = 1.01\omega_0^{hs} \)). We now fix \( M = 30 \) and \( K = 160 \) and vary the breather frequency \( \omega_b \) using a pseudo-arclength continuation procedure [16, 47]. This allows us to visualize the energy-frequency dependence of the breathers, as may be studied in an experiment with varied excitation amplitude.

As a seed for the continuation, we use the eigenmode of the linearized system nearest the lowest optical band edge, which is a time-periodic solution of the full nonlinear equations of motion under conditions of vanishing amplitude. We have included a check in our computations to detect a loss of contact between the main chain and resonators, and continue the solution branch until this point.

As shown in Fig. 5, the continuation reveals a family of DBs that extends from the linear eigenmode at vanishing amplitude and traverses the band gap (and into the passband). In Fig. 5(a), we show the maximum magnitudes of the Floquet multipliers of the branch. This family of DBs exhibits behavior similar to those found in previous studies of diatomic granular chains [27], where the DBs are linearly stable for frequencies very close to the lower cut-off frequency of the optical branch. As the frequency decreases, the breather profiles become progressively more localized in space, as can be seen in Fig. 5(b-d). The Floquet multipliers corresponding to the modes shown in Fig. 5(b-d) are shown in Fig. 6(b-d), with small deviations from the unit circle emphasized in the latter panel. Below the band gap, interactions with the acoustic band generate oscillating tails, as is shown in Fig. 5(e), and Floquet multipliers depart from the unit circle along the real axis, as shown in Fig. 6(e). We note that boundary effects are significant in the presence of oscillating tails, so the finite-length DBs do not accurately approximate the case of an infinite lattice. As an aside, we also point out that contrary, e.g., to what is the case in the work of [27, 29] for a granular crystal, here the dependence of the energy (Hamiltonian) on the frequency is monotonic, hence in accordance with the recent criterion of [48], no instability arises from changes of monotonicity in this dependence.

### V. NUMERICAL SIMULATIONS

To explore the dynamics of DBs in our model, we simulate a lattice with 201 unit cells via direct numerical integration of the equations of motion given by Eqs. (1) and (2).

We consider initial conditions in two shapes: the profile of the DB with frequency \( \omega/\omega_0^{hs} = 1.01 \) and maximum Floquet multiplier magnitude \( |\lambda_{i0}| = 1.001 \) (as is shown in Fig. 3(b) and denoted by the star in Fig. 3(a)), as well as the profile of the seeding eigenmode used in

![Fig. 4](image-url)
Sec. IV. B.

For each of these shapes, we scale the amplitude in two ways. In the case of the DB shape, we consider the exact breather shape computed via continuation (high), and then consider a rescaled DB shape, such that the initial displacement \( v_{101} \) of the local resonator at the central lattice site is equal to one-hundredth of that of the exact solution (low). Similarly, we consider the shape of the seeding eigenmode scaled such that the initial displacement \( v_{101} \) of the local resonator at the central lattice site is matched to the low-amplitude, rescaled DB shape (low), and then finally consider a rescaled eigenmode shape, such that the initial displacement \( v_{101} \) of the local resonator at the central lattice site is equal to that of the exact DB solution (low). Thus, there are four sets of initial conditions: the DB shape with high amplitude (Fig. 7(d)), which results in an exact periodic solution of Eqs. (1) and (2); the eigenmode shape with low amplitude (Fig. 7(a)), which closely approximates a
The simulations suggest that discrete breathers may be observed in experiments on microscale granular metamaterials by generating a long-wavelength SAW at high amplitude, and detecting its breakup into many small DBs. We expect this work to aid in future studies of nonlinear, microscale granular systems, as well as to the more general class of media composed of a linear material with local nonlinear resonant attachments. Indeed, the dynamics and interactions of discrete breathers (as well as their potential filamentation and dispersion) in one- to three-dimensional analogs of such systems, may yield numerous topics that could be both theoretically intriguing, as well as experimentally accessible for further study. Also, it should be borne in mind that here we only explored the self-defocusing case may also be interesting and equally accessible in different parametric regimes.

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Appendix A: Estimation of the Mass Ratio, $M$

The local resonator mass is taken to be the mass of a single microsphere, given by $m_2 = 4/3\pi(D/2)^3\rho_2$, where $\rho_2$ is the density of the microsphere material. We estimate the main chain mass as that of a rectangular region of the substrate beneath a single microsphere. Since Rayleigh SAWs have a characteristic decay length on the order of the wavelength $\lambda$ [37], this region has mass $m_1 = \lambda D^2\rho_1$, where $\rho_1$ is the density of the substrate material.

VI. CONCLUSION

In this work, we have demonstrated the existence of discrete breathers in a mass-in-mass chain that models a locally resonant, microscale granular metamaterial composed of microspheres adhered to a substrate. This chain consists of a linearly-coupled main chain (representing the substrate) with nonlinear local resonators that follow the Hertzian contact law (representing the microspheres). After fitting the two independent model parameters to a system studied in previous works, we analyze the resulting energy trapping, in the form of discrete breathers, theoretically, in the anti-continuum and continuum limits of intersite coupling, as well as numerically, by using the intersite coupling stiffness and oscillation frequency as continuation parameters. Finally, we simulate the formation and filamentation—in the form of discrete breathers—of single-humped wavepackets using direct numerical integration of the equations of motion. The simulations suggest that discrete breathers may be observed in experiments on microscale granular metamaterials by generating a long-wavelength SAW at high amplitude, and detecting its breakup into many small DBs.

FIG. 7. Spatiotemporal plots of the relative displacements $v_j - u_j$ of the simulated lattice for high and low amplitude excitations, using eigenmode and DB profiles as initial shapes. Side panels contain spatial profiles of $v_j - u_j$ at the final time step, normalized to the maximum value. (a) Eigenmode shape with low amplitude (approximate periodic solution). (b) DB shape rescaled to low amplitude. (c) Eigenmode shape rescaled to high amplitude. (d) DB shape with high amplitude (exact periodic solution).

As shown in the right column of Fig. 7, the breather shape spreads out from the central lattice sites at low amplitude, but remains highly localized when initiated with the energy of the exact solution. Conversely, as shown in the left column of Fig. 7, the eigenmode shape shows no noticeable distortion at low amplitude, but self-localizes and eventually breaks up at high amplitude. In this break-up, many smaller DBs are formed, a process arguably reminiscent of multiple filamentation in nonlinear optics [49], which also move in space. Thus, in future experiments on this system (e.g. using photoacoustic techniques, as in [17]), DBs could be detected by impulsively exciting a large spot on the substrate surface, and observing the formation of smaller, highly localized wave packets. However, we note that we expect that losses, such as may be caused by dissipation and radiation into the substrate, may play an important role in this case, and should be considered in future models.
The mass ratio is then given by
\[ M = \frac{m_1}{m_2} = \left( \frac{6 \rho_1}{\pi \rho_2} \right) \frac{\lambda}{D}, \]  
\tag{A1}
where the quantity in parentheses is expected to be of order \( \sim 1 \) for most material combinations, and the quantity \( \lambda/D \) is at least of order \( \sim 10^4 \), since we consider long wavelengths. Therefore, we estimate \( M \sim 10^4 \).

**Appendix B: Estimation of the Stiffness Ratio, \( K \)**

The local resonator stiffness is taken from Hertzian contact theory [9], linearized about the static overlap distance \( \delta_0 \) due to adhesion, using the same model as Ref. [17]. This stiffness is given by \( k_2 = (3/2)A\sqrt{\delta_0} \). Here, \( A = (4/3)E^* \sqrt{D/2} \), with \( E^* = [(1 - \nu_2^2)/E_2 + (1 - \nu_1^2)/E_1]^{-1} \), where \( E_1,2 \) and \( \nu_1,2 \) are the Young’s modulus and Poisson’s ratio, respectively, with subscripts corresponding to the substrate and sphere materials [9]. The static overlap is \( \delta_0 = (F_{DMT}/A)^{2/3} \), where \( F_{DMT} = \pi w D \) is the force due to adhesion as per the Derjaguin-Muller-Toporov (DMT) adhesive elastic contact model [50], and \( w \) is the work of adhesion between the sphere and substrate materials.

The main chain stiffness is estimated in a similar manner to the mass \( m_1 \), using an element of the substrate with length \( D \) in the direction of SAW propagation, and cross-sectional area \( \lambda D \). The estimated stiffness is then
\[ k_1 = E_1 \lambda. \]

After algebraic manipulation, the stiffness ratio can be written as
\[ K = k_1/k_2 \approx \left( \frac{8(1 - \nu_2^2)^2}{3\pi} \right)^{1/3} \left( \frac{E_1 D}{2w} \right)^{1/3} \frac{\lambda}{D}. \]  
\tag{B1}
For simplicity, we have chosen to use identical sphere and substrate materials (so that \( E_2 = E_1 \) and \( \nu_2 = \nu_1 \)); this approximation does not affect the generality of this rough estimate. The first term in parentheses is of order \( \sim 10^{-1} \) for realistic values of Poisson’s ratio, i.e. \( 0 \leq \nu_1 \leq 0.5 \), and the second term in parentheses is of order \( \sim 10^2 \), for realistic values \( E_1 \sim 10^{10} \) and \( w \sim 10^{-2} \), with \( D \sim 10^{-6} \), using SI units. Since quantity \( \lambda/D \sim 10^4 \), we estimate \( K \sim 10^2 \).

**Appendix C: Details of NLS derivation**

Define the residuals as
\[ \text{res}(u) = -M\partial_t u \]
\[ + \partial_{xx} u - (u - v) - \frac{1}{4}(u - v)^2 + \frac{1}{24}(u - v)^3 \]  
\tag{C1}
\[ \text{res}(v) = -\partial_t v \]
\[ + (u - v) + \frac{1}{4}(u - v)^2 - \frac{1}{24}(u - v)^3. \]  
\tag{C2}
Substituting \( u^{an} \) and \( v^{an} \) of Eqs. (11) and (12), we obtain the following residuals organized by orders of \( \varepsilon \):
\[ \text{res}(u^{an}) = \]  
\[ \text{res}(v^{an}) = \]  
\tag{C3}
If we set each order of \( \varepsilon \) to 0, we can define the coefficients, \( a_i \) and parameters, \( \omega \) and \( c \), such that \( \text{res}(u), \text{res}(v) = \varepsilon^4 \), which should yield an accurate approximate solution to our original equations of motion. We now list the hierarchy of solvability conditions:
\[ \mathcal{O}(\varepsilon AE) : \]  
the dispersion relation,
\[ M\omega^4 - [1 + k^2 + M] \omega^2 + k^2 = 0 \]
\[ a_1 = 1 + k^2 - M\omega^2 \]  
\[ \mathcal{O}(\varepsilon^2 A^2E^2) : \]  
\[ a_2 = -\frac{\omega^2(1 - a_1)^2}{1 + (1 - \omega^2)(4\omega^2 M - 4k^2 - 1)} \]
\[ a_3 = \frac{1}{4}(1 - a_1)^2 - (4\omega^2 M - 4k^2 - 1)a_2 \]  
\[ \mathcal{O}(\varepsilon^2 \partial_X A E) : \]
Finally, with these coefficients, we are left with two NLS equations at $O(\varepsilon^2 E)$ of both $\text{res}(u)$ and $\text{res}(v)$. In $\text{res}(u)$, we have:

\[
(-2i\omega M + (\omega^2 M - k^2 - 1)a_{10})\frac{\partial T}{\partial A} = -\left(1 - Mc^2 + a_{11}\right)\frac{\partial^2}{\partial X^2} A + \left(\frac{1 - a_1}{2} (a_2 - a_3 - a_{12}) - \frac{(1 - a_1)^3}{8}\right) |A|^2 A \quad (C5)
\]

and in $\text{res}(v)$, we have:

\[
-(2i\omega a_1 + a_{10})\frac{\partial T}{\partial A} = \left(2ic\omega a_7 + \omega^2 a_{11} - a_{11} - c^2 a_1\right)\frac{\partial^2}{\partial X^2} A + \left(\frac{(1 - a_1)^3}{8} - \frac{1 - a_1}{2} (a_2 - a_3 - a_{12})\right) |A|^2 A \quad (C6)
\]

In order for both NLS equations to be satisfied, the coefficients in each must match. Thus, we require that

\[
a_{10} = \frac{2i\omega(a_1 + \omega M)}{\omega^2 M - k^2 - 1} \quad \text{and} \quad a_{11} = \frac{Mc^2 - 1 - 2ic\omega a_7 + c^2 a_1}{\omega^2 M - k^2 - 1}
\]

so that we obtain a single NLS equation. This equation has the solution

\[
A(X, T) = \sqrt{\gamma} \alpha \text{sech}(\sqrt{\gamma} \beta X) e^{-i\gamma T}
\]

with

\[
\gamma \beta^2 = \frac{2\omega M + (\omega^2 M - k^2 - 1)a_{10}i}{1 - Mc^2 + a_{11}} \quad (C7)
\]

\[
\gamma \alpha^2 = \frac{4\omega M + 2(\omega^2 M - k^2 - 1)a_{10}i}{\frac{1}{2} (1 - a_1)^3 - \frac{1}{2} (1 - a_1)(a_2 - a_3 - a_{12})} \quad (C8)
\]

and $\gamma$ a free parameter.
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