Migratory Foreign Body – An Unusual Cause of Vesical Calculus

Abstract
Migratory foreign bodies of the urinary bladder are rare. However there is always a possibility of longstanding foreign bodies in adjacent structures to erode and perforate into the bladder. Once inside the bladder these foreign bodies act as nidus for stone formation. A Forgotten Copper T Intrauterine device placed about 16 years back has migrated into the bladder resulting in formation of large vesical calculus and patient presented with lower urinary tract symptoms. Imaging studies (Ultrasound, X-ray, and CT scan) showed the Copper T embedded in the stone, which was removed by open cystolithotomy. Clear instruction to the patients and periodic follow up of patients in whom foreign devices are used for therapeutic purposes will avoid to a major extent the complication due to these devices.

Keywords: Bladder Stone; Vesical Calculus; Foreign Body

Background
Foreign bodies such as Double J Stent, Copper T, Prolene mesh, orthopedic screws are used for various therapeutic purposes in and around bladder. These devices when left for prolonged duration of time have a tendency to erode and perforate into the bladder. Normally the urine has to be supersaturated for stone formation to occur, but in the presence of foreign body stone formation occurs in normal unsaturated urine itself with foreign body acting as nucleus around which stone is formed. Hence it is prudent to have a diligent follow up of these patients. We present one such case of forgotten foreign body.

Case Presentation
41 year old lady presented increased frequency of urination, nocturia and dysuria for 6 months. Significant past history being, in spite of Copper T insertion 16 years back, patient had a successful term pregnancy 2 years after Copper T insertion. There is no history of Copper T removal till now.

Investigations
On initial evaluation with ultrasound (Figure 1) revealed a vesical calculus. On further evaluation with X-ray KUB (Figure 2) and CT Scan (Figure 3&4) showed large laminated vesical calculus and Copper T seen outside the uterus with horizontal portion in the vesicouterine pouch, long vertical portion seen protruding into the urinary bladder lumen through the posterior wall partly encased in the vesical calculus.

Management
In view of large stone with Copper T and one limb of Copper T outside the bladder, Cystoscopy and open cystolithotomy (Figure 5) was performed. Intraop findings were consistent with CT scan. Postoperative course was uneventful and patient was relieved of symptoms.

Discussion
The usage of synthetic foreign devices for therapeutic purposes is associated with various adverse events. One such adverse event due to long standing foreign body around the bladder is migration into bladder and vesical calculus formation. The Mechanism by which these foreign bodies migrate is by erosion and perforation. Various migratory foreign bodies found in bladder include Intrauterine Contraceptive devices [1-3], Fish bone [4], Vascular Graft [5], Vaginal pessary [6], Mesh [7], Weck clips [8], Staples [9] and Artificial Urinary Sphincter. These foreign bodies once inside the bladder predispose to stone formation by acting as nucleus around which stone formation in normal unsaturated urine. The resultant stone or the foreign body itself cause lower urinary tract symptoms and predispose to recurrent urinary tract infection causing great morbidity.
The diagnosis of the migration is usually by either an ultrasonography or Plain X-ray KUB region. CT scan helps to clearly delineate the exact location of the foreign body as in the present case. Cystoscopy is useful in case of radiolucent foreign body such as Mesh.

Treatment options include minimally invasive methods like cystoscopic removal, cystolitholapaxy or percutaneous cystolithotomy and open or laparoscopic cystolithotomy [10]. Open procedure is preferred when the foreign body is only partially inside the bladder lumen or embedded in the bladder wall.
Clear instruction to the patients and periodic follow up of patients in whom foreign devices are used for therapeutic purposes will avoid to a major extent the complication due to these devices.

**Learning Points**

- Long Standing Foreign bodies around bladder can migrate into bladder by erosion and perforation.
- Foreign bodies inside bladder act as nidus around which stone formation occurs even in unsaturated urine
- Clear instruction to the patients and periodic follow up of patients in whom foreign devices are used for therapeutic purposes will avoid to a major extent the complication due to these devices.

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