1.1 Interview Guide - Young Transgender/Non-Binary Persons

This interview is a semi structured interview. Interviewees will be asked to talk about their experiences and opinions. The interviewer may probe for further information on certain topics. If questions have already been covered in a previous section the interviewer will note that and ask the interviewee if they have anything else to add.

| Domain                | Question                                                                                                                                                                                                                                                                                                                                 | Potential follow-up questions                                                                 |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Setting the scene/Background | • Can you tell me a little bit about yourself? (Name, pronoun, what you are doing right now?).  
  • What does the term “gender-affirming care” mean to you?  
  • In your experience, what is your understanding of the structure of gender services in Ireland?                                                                                                                                                                                                                                                   | • What are your thoughts on the structure of gender clinics with wrap around supports?  
  • Are there any differences between under 18 and over 18?  
  • Are there any requirements you have to meet before being referred? |
| Barriers and Enablers  | • What gender-affirming care have you received so far, if any?  
  • What age and how long was the way?  
  • Is there any gender care that you want but haven’t received yet? Why so                                                                                                                                                                                                                                           | • What were the first steps you had to take to receive gender-care?  
  • Did you face any difficulties accessing gender care?  
  • Was there anything that made it easier to access or helped along the way?  
  • In your opinion, are there any factors that you think are specific (unique) to Ireland that hinder/help access?  
  • Before attending services, do you think there are any pre-fixed beliefs or opinions (stereotypes) about gender services among trans community? Why do you think this is the case? Where do these come from? Did you find them to be true?  
  • Waiting times are a frequent theme that arises, what are your thoughts on waiting times?  
  • Information – how do people get access to information about trans care? |
| Social environments | Provider/healthcare environments | Change making | Closing statement |
|---------------------|---------------------------------|--------------|------------------|
| Can you tell me about your families’ role in your journey (if any)? Can you tell me about your friends’ role in your journey (if any)? Can you tell me your thoughts on social transitioning before looking for access to health care services? | Please tell me about where you live and how that might have influenced how your experience of accessing gender care? | What is your feelings on the care that you have received from the HCPs you have met so far? What has the experience been like meeting with providers who have the power to make decisions about your health care needs and access? | Have you any suggestions for how to improve access to gender services? Have you any suggestions for how to improve gender services? Any advice that you would give to people starting out with healthcare navigating? |
| If no, what would you change? If yes, what specifically? | | | Is there anything that we haven’t talked about that you would like to share to help us understand healthcare access for trans and non-binary people in Ireland? |
1.2 Interview Guide – Parents/Caregivers

This interview is a semi-structured interview. Interviewees will be asked to talk about their experiences and opinions and the interviewer may probe for further information on certain topics. If questions have already been covered in a previous section the interviewer will note that and ask the interviewee if they have anything else to add.

| Domain                        | Question                                                                 | Potential follow-up questions                                                                 |
|-------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Setting the scene/Background  | • Can you tell me a little bit about yourself and your child? (Name, age, pronoun, gender identity). | • What are your thoughts on the structure of gender clinics with wrap around supports?             |
|                               | • What does the term “gender-affirming care” mean to you?                 | • Are there any differences between under 18 and over 18?                                       |
|                               | • In your experience, what is your understanding of the structure of gender services in Ireland? | • Are there any requirements you have to meet before being referred?                              |
| Barriers and Enablers         | • What gender-affirming care has your child received so far, if any?      | • What were the first steps you had to take to receive gender-care for your child?                |
|                               | • What age and how long was the way?                                     | • Did you face any difficulties accessing gender care?                                            |
|                               | • Is there any gender care that you want but haven’t received yet? Why so | • Was there anything that made it easier to access or helped along the way?                      |
|                               |                                                                          | • In your opinion, are there any factors that you think are specific (unique) to Ireland that hinder/help access? |
|                               |                                                                          | • Before attending services, do you think there are any pre-fixed beliefs or opinions (stereotypes) about gender services among parents/caregivers? Why do you think this is the case? Where do these come from? Did you find them to be true? |
|                               |                                                                          | • Waiting times are a frequent theme that arises, do you think there is any benefit to having to wait some time? |
|                               |                                                                          | • Information – how do people get access to information about trans care?                        |
| Social environments | • What have you felt your role to be in supporting your child to access gender care?  
• What supports do you feel you needed/need as a family unit?  
• Can you tell me your thoughts on social transitioning before looking for access to health care services?  
| • Please tell me about where you live and how that might have influenced how your experience of accessing gender care? |
| Provider/healthcare environments | • Are you happy with the treatment that your child has received from the HCPs you have met so far?  
• What has the experience been like meeting with providers who have the power to make decisions about your child’s health care needs and access?  
| • If no, what would you change? If yes, what specifically? |
| Change making | • Have you any suggestions for how to improve access to gender services?  
• Have you any suggestions for how to improve gender services?  
• Any advice that you would give to caregivers starting out with healthcare navigating? |
| Closing statement | • Is there anything that we haven’t talked about that you would like to share to help us understand healthcare access for trans and non-binary people in Ireland? |
1.3 Interview Guide – Healthcare professionals (HCP's)

This interview is a semi-structured interview. Interviewees will be asked to talk about their experiences and opinions and the interviewer may probe for further information on certain topics. If questions have already been covered in a previous section the interviewer will note that and ask the interviewee if they have anything else to add.

| Domain                      | Question                                                                 | Potential follow-up questions                                                                 |
|-----------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Setting the scene/Background| • Could you please describe to me your role and your experience working with trans and non-binary young adults? | • What does the term “gender-affirming care” mean to you?                                                                                     |
|                             |                                                                          | • In your experience, what is your understanding of the different structure of gender services in Ireland?                   |
|                             |                                                                          | • What are the requirements to access care?                                                                                                 |
|                             |                                                                          | • With regards to the pediatric services what is your understanding of the current status of healthcare delivery?          |
| Barriers and Enablers       | • What do you believe are the first steps that a person takes to gaining access to gender care in Ireland?                   | • How do you perceive youth obtain information about healthcare in Ireland?                                                                 |
|                             |                                                                          | • In your opinion what factors make it difficult for trans people to access gender care?                                                       |
|                             |                                                                          | • Is there anything that makes it easier to access or helps along the way?                                                                     |
|                             |                                                                          | • In your opinion, are there any factors that you think are specific (unique) to Ireland that hinder/help access?                      |
|                             |                                                                          | • Before attending services, do you think there are any pre-fixed beliefs or opinions (stereotypes) about gender services among the trans community? Why do you think this is the case? Where do these come from? Do you think there is any validity behind these? |
|                             |                                                                          | • Waiting times are a frequent theme that arises, do you think there is any benefit to having to                                        |
wait some time? What can/should a person do while they wait?

| Social environments | What are your thoughts on the role of the family in supporting transition for young trans adults? |
|---------------------|-------------------------------------------------------------------------------------------------|
|                     | What supports do you feel are needed for the family?                                             |
|                     | Do you think these exist in Ireland?                                                             |
|                     | Can you tell me your thoughts on social transitioning before looking for access to healthcare services? |
|                     | Do you think where a person lives or their background has impact on access? If yes, how so?        |

| Provider/healthcare environments | What characteristics would you attribute to a healthcare professional who provides excellent quality of care to this population? |
|----------------------------------|--------------------------------------------------------------------------------------------------------------------------|
|                                  | Why do you do the work you do? What motivates you?                                                                         |
|                                  | Any key learnings or memories that you have that shaped your perspective or practice?                                      |

| Change making | Have you any suggestions for how to improve specifically access to gender services? |
|---------------|---------------------------------------------------------------------------------|
|               | Have you any suggestions for how to improve gender services generally?          |

| Advice | As a HCP, what advice would you give to people starting out on navigating care? |

| Closing statement | Is there anything that we haven’t talked about that you would like to share to help us understand healthcare access for trans and non-binary people in Ireland? |