## Narrative Review Checklist

| Section/Topic      | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|--------------------|---------|----------------------------------------------------------------------|-------------------------------------|-------------------------------|
| **TITLE**          |         |                                                                      |                                     |                               |
| Title              | 1       | Identify the report as a Narrative Review of …                      |                                     |                               |
| **ABSTRACT**       |         |                                                                      |                                     |                               |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. |                                     |                               |
| **INTRODUCTION**   |         |                                                                      |                                     |                               |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. |                                     |                               |
| Objectives         | 4       | Specify the key question(s) identified for the review topic.         |                                     |                               |
| **METHODS**        |         |                                                                      |                                     |                               |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). |                                     |                               |
| **DISCUSSION/SUMMARY** |       |                                                                      |                                     |                               |
| Narrative          | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. |                                     |                               |
| Summary            | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. |                                     |                               |