Characteristics of lytic phage vB_EcoM-ECP26 and reduction of shiga-toxin producing Escherichia coli on produce romaine

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Abstract
Foodborne Shiga toxin-producing Escherichia coli (STEC) cause severe diarrhea and hemolytic uremic syndrome (HUS) in humans. However, traditional methods for STEC sterilization are difficult to apply to fresh food. To control the pathogen, phage infecting E. coli O157:H7 were isolated and characterized. The isolated phage vB_EcoM-ECP26 had an icosahedral head and a contractile tail, and was classified as belonging to the Myoviridae family. The phage showed a broad host range against STEC and exhibited a large burst size of 1914 PFU/cell. The phage was highly stable at high temperatures (65 °C) and wide ranges of pH (4–10). The genome of vB_EcoM-ECP26 consists of 136,993 nucleotides, 214 open reading frames, and does not contain lysogenicity-related genes. Phylogenetic analysis showed that vB_EcoM-ECP26 is a V5-like species. STEC O157 growth was inhibited by vB_EcoM-ECP26 for 8 h. Furthermore, this phage not only significantly decreased the STEC population (p < 0.05), but also persisted in fresh lettuce at 4 °C for 5 days. Therefore, these results reveal that the novel lytic phage vB_EcoM-ECP26 could be a useful agent for the control of foodborne STEC.

Keywords: Shiga toxin-producing E. coli (STEC), Bacteriophage, Lytic, Food biocontrol, Stability

Introduction
Escherichia coli is a Gram-negative, rod-shaped bacteria that is commonly found in the gut of mammals, including humans [44]. Most strains of E. coli are not only harmless but also play an important role in intestinal health [24]. However, some pathogenic E. coli strains can cause severe illness. Pathogenic E. coli can be classified based on their virulence factors; the most problematic type may be Shiga toxin-producing Escherichia coli (STEC) which cause severe diarrhea and hemolytic uremic syndrome (HUS) in humans and livestock [10, 35]. Most infections caused by STEC are foodborne and caught by consuming unheated food. Since STEC is destroyed at 70 °C, infections can be prevented by sufficient heating [45]. However, fresh fruits and leafy vegetables used in ready-to-eat (RTE) salads which are not heated or sterilized during the food preparation process often carry STEC [9].

Specifically, leafy vegetable-associated food poisoning by STEC is a problem worldwide. In the United States, the number of STEC related outbreaks are increasing and STEC were linked to 18% of leafy vegetable-associated outbreaks between 1973 and 2012 [26]. In 2011, 3950 people were infected by STEC in Germany, 855 of whom had HUS and 53 of whom died [8]. In 2016, 165 cases of STEC were reported in the UK, with 66 patients requiring hospitalization and 9 patients developing HUS [22]. For these reasons, several attempts have been made to use biological compounds such as antimicrobial peptides (AMPs) or essential oils to sterilize fresh food [23, 30]. However, due to their low efficiency and negative effects on food, commercial food applications have been difficult [40]. Bacteriophages, viruses that infect bacteria, could be an alternative strategy to specifically target...
STEC in various foods [36, 47]. Several phage products have been approved and commercialized for food safety and protection such as LISTEX\textsuperscript{TM}, EcoShield\textsuperscript{TM} and SalmoFresh\textsuperscript{TM} [3, 51, 53]. However, there are still some challenges with phage application % or food safety. Temperate phages infect bacteria via both lysogenic and lytic cycles, and can be problematic because they do not lyse the bacterial cell in the prophase stage [54]. This could eventually lead to superinfection [14]. Moreover, the temperate phage can transfer toxin-associated genes like Shiga toxin and Botulinum toxin or antibiotic resistance genes through specialized transduction [13, 31]. Therefore, the use of temperate phage should be considered carefully. Lytic phages, on the other hand, only infect using the lytic cycle and are rarely capable of horizontal gene transfer; thus, lytic phages can be a reasonable vehicle for the bio-control of STEC [18, 37].

As noted above, lytic phage could be a good candidate for foodborne STEC control. The aim of this study was to exploit more efficient lytic phage that targets foodborne STEC, we isolated and analyzed various characters of the putative lytic E. coli phage including environmental stability and growth inhibition activity. Bioinformatic studies were performed to identify the potential genetic risks of the phage genome. Furthermore, assessment of phage bactericidal activity on romaine lettuce was also investigated. These data will be useful in the study of lytic phages for the control of foodborne STEC.

**Materials and methods**

**Phage host bacteria preparation and phage isolation**

*Escherichia coli* NCCP 13,930 was used as the host bacteria for phage isolation. Host bacteria was grown at 37 °C on Luria–Bertani agar and broth (Difco, Detroit, MI, USA) supplemented with 10 mM CaCl\textsubscript{2} (LBC). A sewage sample from Seongnam Water Reclamation Center (Gyeonggi, South Korea) was used as the source for the isolation of the phage. The sewage sample was centrifuged at 8000 rpm for 5 min and the supernatant was purified using a 0.22 μm filter system (Millipore, USA). 100 μL of the 24 h enrichment host culture and filtered samples were added to 5 mL of LBC soft agar (LBC broth with 0.8% agar) and overlaid on LBC agar. After incubation overnight at 37 °C, the number of plaques was counted and expressed as plaque-forming units per milliliter (PFU/mL), and a single plaque was selected and resuspended in 1 × SM buffer (100 mM NaCl, 10 mM MgSO\textsubscript{4}, 50 mM Tris–HCl, pH 7.5). Resuspended phage was filtered through a 0.22 μm filter to remove bacterial debris. Subsequently, isolated phage was stored at -80 °C in LBC broth containing 20% glycerol until further use [34, 11].

**Morphological analysis of isolated phage**

To visualize phage morphology, phage particles were concentrated in 20% polyethylene glycol (PEG) 8000 (Sigma, St Louis, MO, USA) and 2 M NaCl [4]. Concentrated phage particles (approximately 10\textsuperscript{10}–10\textsuperscript{11} PFU/mL) were washed twice using 0.1 M ammonium acetate and suspended in 1x SM buffer. Partially purified phage was stained with 2% (w/v) uranyl acetate on a carbon-coated grid and then observed using a transmission electron microscopy (TEM) (H-7600, HITACHI, Tokyo, Japan) operated at 80 kV [4].

**Host range determination**

The lytic activity of the phage was tested against 35 *E. coli* strains by the spot method [33]. The *E. coli* strains were grown overnight in LBC broth and 100 μL of strain culture was added to 5 mL of LBC soft agar and overlaid on LBC agar. Then, 10 μL of diluted phage lysates (approximately 10\textsuperscript{6} PFU/mL) were spotted onto the lawn of bacteria and incubated overnight at 37 °C. The lysis zone indicated the sensitivity of the bacteria to the phage.

**One-step growth curve analysis**

One-step growth curve analysis of the phage was performed with the host *E. coli* [34]. For adsorption, 1 mL of the diluted host and 1 mL of the diluted phage solution were inculcated in 8 mL of LBC broth and incubated at 37 °C for 10 min. Then, the suspension was centrifuged at 10,000×g for 10 min and infected cells were resuspended with fresh LBC broth. The samples were collected at intervals of 5 min while being incubated at 37 °C and phages were counted immediately by the plaque assay using a double layer agar method. The overlaid LBC agar plates were incubated at 37 °C overnight and the formed plaque was counted. Latent period and burst size were calculated from the one-step growth curve.

**Phage genome sequencing and bioinformatic analysis**

Genomic phage DNA extraction was carried out using a Phage DNA Isolation Kit (Norgen Biotek Corporation, Thorold, Ontario, Canada) as per the manufacturer’s instructions. The sequencing library was prepared by random fragmentation of the DNA sample, followed by 5’ and 3’ adapter ligation [25]. Sequencing was carried out at Macrogen Inc. (Seoul, Korea) using an Illumina Hiseq 2500 sequencer with paired-end reads. The reads were filtered using FastQC before assembly such that for a pair of PE reads, more than 90% of the bases had a base quality greater or equal to Q20 in each read (http://bioinformatics.babraham.ac.uk/projects/fastqc/). A single contig was assembled using the SOAPdenovo2 software Luo et al. [38]. The predictive open reading frame
frames (ORFs) and possible tRNAs were predicted using Prokka [50]. NCBI BLAST was used for the identification of putative protein functions and homologous phage genomes based on the e-value (<1E-05) [5]. The genome sequence of vB_EcoM-ECP26 was deposited in the GenBank database under accession no. MK373780.1. Phylogenetic analysis of major capsid protein and DNA polymerase based on amino acid sequence between vB_EcoM-ECP26 and other Myoviridae phages was carried out using MEGA7 [32].

**Thermal and pH stability of vB_EcoM-ECP26**

The stability of the phage at high temperatures was analyzed by exposing the phage to heat for 30 min. The phage solution was exposed for 30 min to two different temperatures of 65 and 70 °C, and phage titer was determined using the spot assay on the lawn of LBC agar at 5 min intervals [12]. For the analysis of pH stability, the phage was incubated in 1x SM buffer adjusted to a pH of 2, 4, 7, or 10. The mixtures were incubated for 1 h at room temperature and the survival rate of each treated phage was determined using the spot assay on the lawn of LBC agar [29]. All overlaid plates were incubated at 37 °C overnight.

**Phage control effect on E. coli O157:H7 in culture media**

To evaluate the effect of the phage on the growth of E. coli O157:H7, we carried out a modified method of a previous report [46]. 10 μL of exponential host bacterial cultures of E. coli NCCP 13930 and 10 μL of vB_EcoM-ECP26 were inoculated in a 96-well plate with 180 μL of LBC broth. The mixtures were incubated at 37 °C for 10 h and optical density was measured at 600 nm using a spectrophotometer.

**Evaluation of the antimicrobial effect of phage on fresh lettuce**

Evaluation of the antimicrobial activity of the phage on fresh food was carried out using a modified method from previous reports [19, 48]. Romaine lettuce was purchased from a local grocery store and kept at 4 °C. The lettuce was rinsed with 70% ethanol and washed with distilled water twice, then the leaves were cut into pieces. The lettuce leaves were exposed to UV light in a laminar flow hood for 1 h. The lettuce leaves were then submerged into a 10^6 CFU/mL E. coli NCCP 13930 solution for 30 min. After 30 min, lettuce leaves were washed twice with distilled water to discard planktonic bacteria. The lettuce leaves were then submerged into a 10^6 PFU/mL vB_EcoM-ECP26 solution or in phosphate buffer solution (PBS) for 5 min. Phage solution or PBS was then washed off the lettuce and the leaves were dried for 30 min in a laminar flow hood. Lettuce leaves were stored in a plastic dish sealed with Petri film for up to 5 days at 4 °C. After the appropriate duration of time, 10 g of lettuce leaves were added to 90 mL of PBS in a sterile stomacher bag and processed using a stomacher for 5 min. The homogenate was centrifuged for 10 min at 8000 rpm, and cell pellets were resuspended in PBS. The bacteria were enumerated after serial dilutions and spread plated on SMAC agar (Oxoid, Basingstoke, Hampshire, UK) at 37 °C for 24 h. Colony counts were converted to log CFU/g. Supernatant was serially diluted and mixed with LBC soft agar with cultures of E. coli NCCP 13930. Soft agar was poured into LBC agar and plates were incubated at 37 °C for 24 h. Plaques resulting from phage lysis on the bacterial lawn were counted and titers were converted to log PFU/g.

**Statistical analysis**

The experiments were replicated three times and the experimental results are expressed as mean±standard deviation (SD). Thermal and pH stability of phage were evaluated using Duncan’s multiple range test. The population of E. coli on the lettuce treated with the phage and the control were evaluated using a one-tailed t test. The data were analyzed using SPSS ver. 25 (SPSS Inc., Chicago, IL, USA).

**Results and discussion**

**Isolation and morphological analysis of phage vB_EcoM-ECP26**

*Escherichia coli* specific phage vB_EcoM-ECP26 was isolated from a sewage sample. Phage vB_EcoM-ECP26 formed relatively clear and small (0.5–1 mm) plaques against E. coli O157:H7 NCCP 13930 (Fig. 1a). Transmission electron microscopy (TEM) analysis revealed that vB_EcoM-ECP26 belonged to the Myoviridae family with a contractile-tailed phage group (Fig. 1b). The phage head and tail size were approximately 72 nm and 104 nm, respectively. Plaque morphology could be a consequence of...
of lytic activity [20]. Lytic phages typically produce clear plaques but temperate phages produce turbid plaques caused by their lysogenic ability [28]. In this light, phage vB_EcoM-ECP26 may be considered a lytic phage.

Host range determination of vB_EcoM-ECP26
Since the host range of the phage may be a key factor for controlling pathogenic E. coli, we carried out a spot method assay with 35 E. coli strains. These E. coli strains were mostly STEC pathotypes (32/35). Phage vB_EcoM-ECP26 produced a lysis zone on 33 of the 35 (94.28%) strains tested (Table 1). Specifically, vB_EcoM-ECP26 formed lysis zone on all O157 strains. Bacteriophages might recognize host surface components using their receptor binding protein (RBP) [27]. Lipopolysaccharides (LPS) of the outer membrane in gram-negative bacteria is one of the well-known receptors of RBP. LPS can be classified into two types: the smooth type (S-type) which is the most common type and the rough type (R-type) with lipid A and a core, but no O-antigen [52]. Bacteriophages recognizing R-type LPS have a broad host range since the LPS core structure is conserved in various Gram-negative bacteria [49]. Moreover, many coliphages can recognize more than one surface receptor, such as OmpC [55]. Phage vB_EcoM-ECP26 was able to form lysis zones on E. coli NCCP 13893 (O antigen-negative) with a broad host spectrum. These results suggest that vB_EcoM-ECP26 may recognize R-type LPS and could be a potential biocontrol agent.

One-step growth curve analysis
The one-step growth curve analysis was used to assess vB_EcoM-ECP26 growth kinetics including the latent period and burst size. The calculated latent period was approximately 55 min and the burst size was 1914 PFU/cell (data not shown). Burst size is influenced by various factors such as host bacteria type, metabolism, and environmental conditions [2]. Burst size is an important factor of phage application since large burst size could contribute to the efficient propagation of the phage [6]. Therefore, the large burst size of the vB_EcoM-ECP26 could be an advantage when used as a biocontrol agent.

Bioinformatic analysis of vB_EcoM-ECP26 genome
The phage vB_EcoM-ECP26 genome consisted of 136,993 nucleotides with a mol % G+C content of 43.59. Analysis of the complete genome of phage vB_EcoM-ECP26 based on the query cover of NCBI BLASTn showed a high homology with V5-like phages. A maximum similarity of 92.68% was seen with Escherichia phage vB_EcoM_HdK5 (Genbank accession MK373780.1).

Phage vB_EcoM-ECP26 encoded 214 putative ORFs and five tRNAs. Among the predicted 214 ORFs, 59 (27.5%) ORFs revealed protein functions. The 59 ORFs were classified into four groups based on their functions: (i) structure (tail fiber, tail sheath, baseplate, tape measure, head, and structural proteins), (ii) replication and regulation (polymerase, helicase, anti-sigma factor, terminase, transcriptional regulator, nuclease, kinase,

| Table 1 Host range assessment of phage vB_EcoM-ECP26 by spot testing |
|----------------------------------|------------------|---------------|
| Escherichia coli strain         | Serotype         | Lysis zone |
| Non-O157 strain                 |                  | 1017         |
| Escherichia coli NCCP 13916     | O117             |              |
| Escherichia coli NCCP 13937     | O103             | +            |
| Escherichia coli NCCP 14018     | O91              | +            |
| Escherichia coli NCCP 13970     | O111             | +            |
| Escherichia coli NCCP 13927     | O55              | +            |
| Escherichia coli NCCP 13934     | O179             | +            |
| Escherichia coli NCCP 13987     | O55              | +            |
| Escherichia coli NCCP 13979     | O104             | +            |
| Escherichia coli NCCP 13988     | O104             | +            |
| Escherichia coli NCCP 13999     | O104             | +            |
| Escherichia coli NCCP 15961     | O26              | +            |
| Escherichia coli NCCP 15960     | O55              | +            |
| Escherichia coli NCCP 15959     | O5               | +            |
| Escherichia coli NCCP 15962     | O21              | +            |
| Escherichia coli NCCP 15958     | O22              | +            |
| Escherichia coli NCCP 15957     | O91              | +            |
| Escherichia coli NCCP 15956     | O103             | +            |
| Escherichia coli NCCP 14540     | O111             | +            |
| Escherichia coli NCCP 15955     | O113             | –            |
| Escherichia coli NCCP 15954     | O145             | +            |
| Escherichia coli NCCP 15953     | O174             | +            |
| Escherichia coli NCCP 13893     | O117             | –            |
| Escherichia coli NCCP 14010     | O25              | +            |
| Escherichia coli KCCM 41290     | O55              | +            |
| O157:H7 strain                 |                  | 1017         |
| Escherichia coli WT 93          | O157:H7          | +            |
| Escherichia coli ATCC 43888     | O157:H7          | +            |
| Escherichia coli WT 50          | O157:H7          | +            |
| Escherichia coli NCTC 12079     | O157:H7          | +            |
| Escherichia coli WT 20          | O157:H7          | +            |
| Escherichia coli ATCC 15597     | O157:H7          | +            |
| Escherichia coli KCCM 41290     | O157:H7          | +            |
| Escherichia coli NCCP 13899     | O157:H7          | +            |
| Escherichia coli NCCP 13919     | O157:H7          | +            |
| Escherichia coli NCCP 13921     | O157:H7          | +            |
| Escherichia coli NCCP 13930     | O157:H7          | +            |

Notes: O157:H7 Type: 11/11, Non-O157:H7 Type: 22/24, Total: 33/35

Symbols: +: lysis, −: not lysis
ATCC, American type culture collection, NCCP, National culture collection for pathogens, KCCM, Korean culture center of microorganisms, WTK, Wild type
ligase), (iii) host lysis (cell wall hydrolase, spanins, and lysozyme), and (iv) additional functions (nucleotide metabolism, host recognition associated proteins). Functional ORFs, hypothetical ORF positions, homology, and accession number information are summarized in Additional file 1: Table S1. Notably, like other V5 like phages, none of the ORFs of vB_EcoM-ECP26 showed homology to the holin involved in permeabilizing the host cytoplasmic membrane [49]. However, a hypothetical gene (nt 88483-88689) which was located next to the endolysin gene might be a putative holin because of its high transmembrane probability and small size. In addition, genes associated with lysogeny such as integrase or anti-repressor and virulence-associated genes were not found. These results suggest a high possibility of applying vB_EcoM-ECP26 as a tool for controlling foodborne pathogenic E. coli, because the possibility of phage-mediated gene transfer was excluded.

Phylogenetic analysis of essential and conserved protein sequences has been used for demonstrating the
evolutionary relationships between phages [21, 49]. To deduce the homology and evolutionary relationship between vB_EcoM-ECP26 and other Myoviridae phages, we analyzed their DNA polymerase and major capsid protein (MCP) amino acid sequences. According to the phylogenetic analysis, vB_EcoM-ECP26 and V5-like phages were contained in the same group (Fig. 2). These results suggest that vB_EcoM-ECP26 belongs to the group of V5-like species. In addition, V5-like species might be distinct from T4-like phages which are known as the representative E. coli infecting lytic phages.

**Thermal and pH stability of vB_EcoM-ECP26**

To characterize phage vB_EcoM-ECP26, thermal and pH stability tests were performed. Heat treatment at 65 °C for 30 min did not significantly reduce the titer of the phage (p > 0.05). However, at 70 °C, the phage showing reduction only 0.8 log PFU/mL after 5 min (p > 0.05) and lost activity after 10 min (p < 0.05) (Fig. 3a). Exposure of vB_EcoM-ECP26 to pH 4, 7, and 10 had no significant effect on titers, showing low reduction from 0.32 log PFU/mL to maximum log 0.6 PFU/mL (p > 0.05), but exposure to a pH 2 solution induced loss of phage activity (p < 0.05) (Fig. 3b). Kim et al. [29] reported that broad host range bacteriophages are relatively stable at pH 3–10 but unstable at 70 °C and Park et al. [43] reported that phage SFP10 was highly stable at pH 4–10, but completely inactivated under pH 2. These data reveal that vB_EcoM-ECP26 has a moderate heat and pH resistance. Therefore, the high tolerance to environmental stress of vB_EcoM-ECP26 would be advantageous for the application of biocontrol agents.

**Growth inhibition assay**

To evaluate the ability of vB_EcoM-ECP26 to lyse host bacteria in culture media, we carried out a host growth inhibition assay. After infection of E. coli NCCP 13930 with vB_EcoM-ECP26 (MOI of 1), the host bacterial growth was inhibited after 1 h and this inhibition lasted for 8 h. The inhibition activity was also similar in the MOI 0.1 treatment group (Fig. 4a). These results show that phage infection with a MOI of 0.1 can effectively control E. coli O157:H7. However, after 10 h of infection, resistance was observed despite vB_EcoM-ECP26 being a lytic phage. This phenomenon might be due to the emergence of bacteriophage insensitive mutants (BIMs) by methods such as the restriction-modification system or CRISPR-Cas immunity [15, 39]. BIM also can induced by altering the LPS or cell envelope structures [41]. To overcome BIM emergence, phage cocktail techniques or a combination with other natural antibacterial agents could be used [16]. Endersen et al. [17] reported that a combined-phage preparation possessed a strong bactericidal effect on Cronobacter sakazakii. Therefore, for more efficient control of pathogenic E. coli, lytic phages with a broad host spectrum should be screened and used as a cocktail with vB_EcoM-ECP26.

**Evaluation of the phage antimicrobial effect on romaine lettuce**

The effectiveness of the phage vB_EcoM-ECP26 against STEC was measured on romaine lettuce for 5 days. When bacteria inoculated lettuce leaves were exposed to the phage solution for 5 min, the reduction activity was 0.9 log CFU/g compared to the PBS (p < 0.05) (Fig. 4b). Storage of the phage-treated romaine leaves at 4 °C revealed a time-dependent E. coli O157:H7 decrease (Fig. 4b). On day 1, the E. coli O157:H7 population showed a non-significant decrease of 0.3 log CFU/g compared to day 0 (p > 0.05). However, on day 3, E. coli O157:H7 populations showed a significant decrease of 1.2 log CFU/g compared to day 0 (p < 0.05). On day 5, E. coli O157:H7 populations...
were reduced to undetectable levels in phage-treated lettuce. Moreover, we observed phage persistence on lettuce coupons at 4 °C without phage treatment. Phage populations were maintained in the lettuce and were in the range of 4.2–4.8 log PFU/g for 5 days (p > 0.05) (Fig. 4b). These data showed that phage vB_EcoM-ECP26 not only could control the STEC present in fresh foods but also could maintain its activity at low temperatures. Generally, E. coli could survive at low temperatures but could not grow, so its phage could not propagate at low temperatures. Nevertheless, the phage could lye bacteria because of its lysis from without (LO) mechanism [1]. LO has been most studied in T-even phages where LO is mediated by the tail-associated lysozyme of the phage [7]. Ferguson et al. [19] reported that the LO of the E. coli phage cocktail could control the E. coli O157:H7 contaminated fresh-cut lettuce at low temperatures. Oliveira et al. [42] also revealed that fresh foods contaminated with Listeria monocytogenes could be controlled at low temperatures through a phage cocktail, and that phage persistence was maintained at low temperatures. The most crucial factors in the application of bacteriophage in fresh food are its stability and lytic ability in food. Therefore, it could be concluded that the lytic phage vB_EcoM-ECP26 is a novel phage which remains stable and does not lose its lytic activity on fresh food at low temperatures.

Supplementary information

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Authors’ contributions

JHP designed the experiments, reviewed the results, and supervised the whole project. DWP and DYL conducted the experiments and processed the data. DWP and YDL wrote the manuscript. All authors read and approved the final manuscript.

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Availability of data and materials

The dataset supporting the conclusion of the research are included within this manuscript.

Competing interests

The authors declare that they have no competing interests.

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