Graphical Depiction of Intervention Compared to Control Group

| Timeline       | Intervention                  | Control Usual Care |
|---------------|-------------------------------|--------------------|
| Training      | A                             |                    |
| Recruitment   | D                             | D                  |
| Baseline (T₁) | E                             | E                  |
| Randomization | F                             | F                  |
| 1 Month       | G H I J                       | H                  |
| 2 Months      | H I J                         | H                  |
| 3 Months      | G H I J                       | H                  |
| 4 Months      | H I J                         | H                  |
| 5 Months      | G H I J                       | H                  |
| 6 Months      | H I J                         | H                  |
| 6 Month (T₂)  | K                             | K                  |

**LEGEND:**
- **A**: Training of the Research Assistants (RA)
- **B**: Training of the Intervention Team
- **C**: Training of Recruiter
- **D**: Recruiter identifies interested and eligible clients
- **E**: RA conducts in-home interviews to explain, screen, consent and administer baseline survey. The family caregiver is invited to complete a questionnaire and return in person or by mail.
- **F**: Randomization
- **G**: In-home or clinic visit [maximum of 3 and minimum of 1, tailored to client needs]
- **H**: Usual diabetes care
- **I**: Group wellness session [maximum of 6 and minimum of 1, tailored to group needs]
- **J**: Monthly case-conference [client care plan and progress review, group wellness session planning]
- **K**: RA administers 6-month survey for clients and family caregivers.

(Adapted from Perera et al. 2007)[49]