Elucidation mechanism of different biological responses to multi-walled carbon nanotubes using four cell lines

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Abstract: We examined differences in cellular responses to multi-walled carbon nanotubes (MWCNTs) using malignant pleural mesothelioma cells (MESO-1), bronchial epithelial cells (BEAS-2B), neuroblastoma cells (IMR-32), and monoblastic cells (THP-1), before and after differentiation. MESO-1, BEAS-2B and differentiated THP-1 cells actively endocytosed MWCNTs, resulting in cytotoxicity with lysosomal injury. However, cytotoxicity did not occur in IMR-32 or undifferentiated THP-1 cells. Both differentiated and undifferentiated THP-1 cells exhibited an inflammatory response. Carbon blacks were endocytosed by the same cell types without lysosomal damage and caused cytokine secretion, but they did not cause cytotoxicity. These results indicate that the cytotoxicity of MWCNTs requires not only cellular uptake but also lysosomal injury. Furthermore, it seems that membrane permeability or cytokine secretion without cytotoxicity results from several active mechanisms. Clarification of the cellular recognition mechanism for MWCNTs is important for developing safer MWCNTs.

Keywords: multi-walled carbon nanotubes, cytotoxicity, endocytosis, cytokine secretion, reactive oxygen species

Introduction
Carbon nanotubes (CNTs) exhibiting nanometer scale and extraordinary physico-chemical properties have numerous potential applications in medical devices, electronic devices, supercapacitors, batteries, the automotive and aerospace industries, and other important commercial processes.¹-³ Industrial production of CNTs is expanding continuously, and at present, several hundred tons of CNTs are currently available.¹ The probability of occupational and public exposure to CNTs has significantly increased.

Although the biocompatibility of carbon materials is known to be good, CNTs possess asbestos-like features (ie, a nanoscale size and an aspect ratio above 100). Thus, CNTs may pose extraordinary hazards to human health.⁴-⁶ Although many studies on the safety of CNTs have been conducted, a clear conclusion cannot be drawn.⁷-¹⁰ A wide range of results from in vitro studies have been reported; some studies reported that CNTs cause cytotoxicity and cytokine production,¹¹-¹⁵ while other studies reported the absence of osteogenic acceleration effects.¹⁶-¹⁹ Such different results are probably caused by variations both in the specific characteristics of the CNTs tested (single versus multi; length and diameter; concentration; and impurities) and the type of cells used.²⁰ Our group has previously reported that some types of cells internalize MWCNTs, while other types of cells do not.²¹ We found that the internalization of MWCNTs causes cytotoxicity, while
the adhesion of MWCNTs only leads to altered protein expression levels without cell growth inhibition. These results led us to hypothesize that the cytotoxic properties of MWCNTs are correlated with the endocytic ability of cells. Therefore, systematic evaluation of cell responses to MWCNTs is essential for understanding the exact mechanism of MWCNT toxicity. The purpose of this study was to clarify the mechanisms underlying the differences in cytotoxicity and the relationships between MWCNTs and other biological responses, using four cell lines, in order to develop safer MWCNTs.

Materials and methods
Carbon materials
We used a commercial MWCNT material (VGCF; Showa Denko, Tokyo, Japan). VGCF is manufactured by a chemical vapor deposition method, with an average diameter and length of 150 nm and 8 µm, respectively. The carbon purity is ca 99.9% and the amount of entrapped metal is less than the detection limit. Sterilization conditions were 121°C for 15 minutes by autoclave. MWCNTs were vortexed for 1 minute in phosphate buffered saline (Ca2+, Mg2+ free; PBS(-)) containing 0.1% gelatin (Nacalai tesque, Kyoto, Japan) and sonicated for 30 minutes. The dispersed VGCF were characterized in detail (see Table 1, and Figures Supplement 2–6 in our previous paper).22 VGCF were diluted if necessary, and the volume of 1/100 was added to cell culture fluid in the following exposure experiments.

We used Sumi black (SB), a tattoo ink, as a negative control as described in a previous paper.25 It was autoclaved and dispersed in the same manner as the VGCF.

| Table 1 Basic properties of VGCF in PBS containing 0.1% gelatin |
|------------------|------------------|
| Diameter (nm)   | 80–130           |
| Length (µm)     | 7–10             |
| d_{002} (Å)     | 3.85             |
| R value (I/I₀)  | 0.088            |
| Specific surface area (m²/g) | 15          |
| Real density (g/cm³) | 2.1          |
| Zeta potential (mV) | 1.18 ± 1.66 |
| Agglomerate diameter (nm) | 1442         |

**Notes:** *R refers to the intensity of D band over the intensity of G band; *phase-shift analysis for electrophoretic light scattering; *dynamic light scattering technique.

**Abbreviations:** VGCF, vapor-grown carbon fibers; PBS, phosphate buffered saline; FE-SEM, field emission scanning electron microscope.

Cell culture
The MESO-1 human malignant pleural mesothelioma cell line and the THP-1 human monoblastic cell line were purchased from Riken (Ibaraki, Japan). The BEAS-2B normal human bronchial epithelial cell line and the IMR-32 human neuroblastoma cell line were purchased from the American Type Culture Collection (Manassas, VA, USA). MESO-1 and THP-1 cells were cultured in RPMI1640 supplemented with 10% fetal bovine serum. To allow THP-1 cells to differentiate into macrophages, 50 ng/mL phorbol 12-myristate 13-acetate was added to the culture medium, and cells were allowed to adhere for 48 hours. BEAS-2B cells were cultured in Ham’s nutrient mixture F-12 with 10% fetal bovine serum. IMR-32 cells were cultured in minimum essential medium eagle alpha modification with 10% fetal bovine serum, ×1 non-essential amino acid solution and 4 mM L-glutamine. All cell lines were cultured at 37°C in a 5% CO₂ humidified incubator and passaged twice in a week. For each study, cells were seeded at a density of 5 × 10⁴ cells/mL (MESO-1 and BEAS-2B), 2 × 10⁵ cells/mL (THP-1) and 3 × 10⁵ cells/mL (IMR-32). MESO-1, BEAS-2B and IMR-32 cells were allowed to adhere for 24 hours.

Alamar blue (AB) assay
Cell viability after exposure to VGCF was determined by an Alamar blue assay (Invitrogen, Carlsbad, CA) performed according to the manufacturer’s instructions. Cells grown in 96-well plates were incubated for 24 hours at 37°C in the culture medium added VGCF or PBS(-) containing 0.1% gelatin (DM). Viable cells metabolized the dye, resulting in increased fluorescence measured with a fluorescence multiplate reader (PowerScan 4, DS Pharma Biomedical, Osaka, Japan) with excitation/emission at 550/600 nm.

Lactate dehydrogenase (LDH) release assay
Cells grown on 24-well plates were incubated for 24 hours at 37°C in the presence or absence of VGCF. LDH activity was measured in the culture medium by using an LDH Cytotoxicity Assay Kit (Cayman Chemical Co, Ann Arbor, MI) according to the manufacturer’s instructions. The red formazan product was measured at 490 nm by using a multiplate reader (VERSA max, Molecular Devices, Sunnyvale, CA). Experiments were performed in triplicate.

Assessment of cellular uptake of VGCF
Cells grown on 12-well plates were incubated for 24 hours at 37°C in the presence or absence of VGCF. The cells were
visualized by phase-contrast and bright-field microscopy with an IX71 microscope (Olympus, Tokyo, Japan). To confirm VGCF uptake by endocytosis, the cells were pretreated for 60 minutes with 2 µg/mL cytochalasin D (CytoD; an inhibitor of actin microfilament function) before VGCF exposure.

**Time-lapse confocal imaging of VGCF uptake**

MESO-1, BEAS-2B and macrophage-like THP-1 cells were cultured in the presence of VGCF for 24 hours in a glass-bottom dish. The dish was placed on the stage of an LSM510 NLO laser-scanning confocal microscope (LSM; Zeiss, Jena, Germany) in a 5% CO₂ chamber at 37°C. Time-lapse confocal imaging with blue diode laser was monitored every 30 minutes for 15 or 18 hours by using a ×20 PlanFluor objective. The images were converted to a movie file at 10 frames/sec.

**Assessment of VGCF uptake by transmission electronic microscopy (TEM)**

MESO-1, BEAS-2B and macrophage-like THP-1 cells grown on a cover glass in a culture dish were exposed to VGCF for 24 hours. The cells were washed in PBS twice, fixed with 2.5% glutaraldehyde, postfixed in 1% osmic acid, and embedded in Epon. Cell slices were cut at 60 nm, stained with uranyl acetate and lead citrate, and observed under a JEM1400 TEM (Hitachi, Ibaraki, Japan) at 80 keV.

**Cytokine assays**

Cytokines were measured by a BD cytometric beads array set system (BD Biosciences, San Jose, CA) according to the manufacturer’s protocol. Briefly, THP-1 cells that had differentiated into macrophage-like cells and undifferentiated THP-1 cells were exposed to VGCF or lipopolysaccharides (LPS) (L2880, Sigma-Aldrich, MO) for 24 hours, and then cytokine capture beads (for IL-12, TNF-α, IL-10, IL-6, IL-1β and IL-8) were added to the samples or cytokine standards. The mixtures were vortexed, and antibody for fluorescence detection was added to each tube. The samples were incubated at room temperature for 3 hours. Beads were pelleted by centrifugation, washed once, and resuspended prior to reading with FACSCalibur™ (BD Biosciences, Sparks, MD).

**Determination of reactive oxygen species (ROS)**

The ROS assay was performed according to the manufacturer’s instructions. Briefly, each type of cell was seeded in 12-well plates and incubated at 37°C for 24 hours. Then, the culture medium was aspirated, and 1 mL of fresh culture medium with or without 10 µM carboxy-dichlorofluorescein diacetate (DCFDA) (C-400, Molecular Probes, CA) dissolved in dimethyl sulfoxide (DMSO) was added to each well. After cells were incubated for 15 minutes in a CO₂ incubator, 10 µL of test solution was added to the cells. Hydrogen peroxide (H₂O₂) was used as a positive control stimulus. Following exposure for 60 minutes, the cells were washed with PBS once and harvested with trypsin containing ethylenediaminetetraacetic acid (EDTA). Finally, the cells were suspended with 0.3 mL of 10% fetal bovine serum in PBS and passed through nylon mesh. Cells were immediately analyzed on the fluorescein isothiocyanate channel until 10,000 events were collected by FACSCalibur™.

**Statistical analysis**

Data are presented as mean ± SE. Values were compared and analyzed by using Student’s *t*-test. We considered *P* < 0.05 statistically significant.

**Results**

**Cellular uptake**

Cells exposed to VGCF were studied by light microscopy, laser microscopy, and TEM. We observed that VGCF-dispersed medium was not found to induce the morphological change in the tested four cell lines (Figure 1(A) a, d, g, j and m; Figure 2A, D and G). BEAS-2B cells were only exposed to VGCF at 1 µg/mL concentration because VGCF at 10 µg/mL caused many cell deaths in BEAS-2B cells. The differentiated THP-1 cells phagocytosed VGCF, and the MESO-1 and BEAS-2B cells actively migrated and endocytosed VGCF without distinguishing single fibers or aggregates (Figure 1(A) c, f and l; Movies 1–3). The internalized VGCF were accumulated around the nuclei and have been indicated using arrows. The MESO-1 and BEAS-2B cells that internalized VGCF could undergo cell division. Cellular uptake of VGCF was suppressed by Cyto D, an endocytosis inhibitor (Figure 1(B) c, f and i). No VGCF accumulation was observed around the nuclei, and the VGCF merely adhered to the cells or accumulated around the cells. Three types of cells also endocytosed SB, and this SB endocytosis was also inhibited by CytoD (Figure 1(B)b, e and h). TEM images showed that internalized VGCF and SB had a perinuclear localization without nuclear import (Figure 2B, C, E, F, H and I). SB settled in the lysosomes and vacuoles, while VGCF broke through the lysosomes and vacuoles. On the other hand, IMR-32 and undifferentiated THP-1 cells seemed to internalize little VGCF (Figure 1(A)
i and o). The VGCF that was not internalized by the IMR-32 and undifferentiated THP-1 cells agglutinated in the culture media during a 24-hour period, and this agglutinated VGCF adhered to the cells. SB, the negative control, also became agglutinated and was not internalized by IMR-32 or undifferentiated THP-1 cells (Figure 1(A)h and n).

**Cytotoxicity**

We used two types of assays for cytotoxicity: a cell viability assay with Alamar blue; and a plasma membrane permeability assay with LDH. The viability of MESO-1, BEAS-2B and differentiated THP-1 cells exposed to more than 50 µg/mL of VGCF was less than 50% as compared with cells exposed to DM (Figure 3A, B and D). Undifferentiated THP-1 cells and IMR-32 cells maintained more than 50% of viability even at 100 µg/mL of VGCF (Figure 3C and E). The viability of SB-exposed cells remained at more than 80% for all cell types, even if the cells were treated with an SB concentration equivalent to a cytotoxic concentration of VGCF. Results of the LDH assay were slightly different from

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**Figure 1** Light microscopy image of cells exposed to VGCF. Images from the bright-field mode, in which VGCF or SB can be easily seen, are merged with images from the phase-contrast mode, in which the cells can be clearly seen. (A) Cells were exposed to varying concentrations of VGCF for 24 hours. (a, d, g, j and m) DM only. (b, h, k and n) 10 µg/mL SB. (c, i and o) 10 µg/mL VGCF. (e) 1 µg/mL SB. (f) 1 µg/mL VGCF. Arrow indicates accumulated VGCF around the nuclei. (B) Cells pretreated with CytoD were exposed to varying concentration of VGCF for 24 hours. (a, d and g) DM only. (b and h) 10 µg/mL SB. (c and i) 10 µg/mL VGCF. (e) 1 µg/mL SB. (f) 1 µg/mL VGCF.

**Note:** Scale bar indicates 50 µm.

**Abbreviations:** VGCF, vapor-grown carbon fiber; SB, Sumi black; DM, dispersion medium.
those of the Alamar blue assay (Figure 3F–J). All cell types, except IMR-32 cells, had approximately 50% plasma membrane permeability after exposure to VGCF at the dosage of maximum concentration as compared with DM exposure for each cell type. The IMR-32 cells leaked only a small amount of LDH even at the maximum concentration of VGCF. SB at the same concentration as the maximum VGCF concentration clearly resulted in less membrane permeability than VGCF for all cell types, but the SB-induced permeability increased with statistical significance in the MESO-1 cells and both types of THP-1 cells.

Cytokine production

The cytokine production of differentiated and undifferentiated THP-1 cells exposed to VGCF or SB was measured. In response to VGCF exposure, the levels of TNF and IL-1β secreted into the culture medium by differentiated THP-1 cells were increased (Figure 4A–C). In response to SB exposure, IL-1β secretion was increased, but TNF secretion was decreased. LPS, which was used as the positive control, increased the secretion of IL-1β and TNF in the same manner as VGCF; however, the amounts of cytokines secreted were different. The IL-1β concentration induced by VGCF was higher than that induced by LPS, but the TNF concentration induced by LPS was markedly greater than that induced by VGCF. Furthermore, LPS also significantly induced the secretion of IL-6, but VGCF and SB did not (data not shown). The levels of IL-10 and IL-12 were less than the detection limit for all treated differentiated THP-1 cells. Interestingly, the IL-8 secretion by undifferentiated THP-1 cells was very low after exposure to DM but was increased after exposure to VGCF, SB and LPS (Figure 4D); while differentiated THP-1 cells secreted IL-8 at similar levels (ng/mL) after exposure to DM, VGCF or SB. Other cytokines were not secreted at significant levels by undifferentiated THP-1 cells.

Cellular ROS production

We investigated whether VGCF causes cellular ROS production by using carboxy-DCFDA as a reporter for intracellular oxidant production. ROS production was decreased significantly for all cells (except IMR-32 cells) after 1 hour of exposure to VGCF in comparison with DM (Figure 5). SB also decreased ROS production by MESO-1 and differentiated THP-1 cells.

Discussion

There have been some reports on the toxicity of CNTs using different cell types where biological responses, such as cell viability, morphology change and DNA content, were reported to be different according to the types of cells. Recently, we found that the differences in the sensitivity to MWCNTs were caused by the volume ratio between cell and MWCNTs. However, our previous study revealed that U937 human monoblastic leukemia cells do not show a significant cytotoxic response to purified MWCNTs. Therefore, in the present study, we examined four different cell lines in order to investigate the difference in biological responses to...
MWCNTs. The neuroblast was added in order to evaluate neurotoxicity because carbon particles able to cross the blood–brain barrier are known to affect the central nervous system and MWCNTs are known to influence a protein associated with neurons. We also examined the effect of MWCNTs on cells at different states of differentiation, and the relationship between cytotoxicity and the cellular uptake of MWCNTs.

Our results indicate that MWCNTs uptake is involved in cytotoxicity. We used two colorimetric assays to evaluate

Figure 3 Cytotoxicity of VGCF in each cell line. The cells were exposed to varying concentrations of VGCF for 24 hours. (A–E) Cell viability by Alamar blue assay (n = 8). The data are compared to DM. (F–J) Plasma membrane permeability by LDH assay (n = 3). PC: 0.01% Triton X-100.

Notes: LDH activity = (Experimental value – DM value)/(PC value – DM value) × 10 × 100%. Mean ± SE, *P < 0.05, **P < 0.01, ***P < 0.001.

Abbreviations: VGCF, vapor-grown carbon fiber; SB, Sumi black; LDH, lactate dehydrogenase; DM, dispersion medium.
the cytotoxicity. Casey et al reported that CNTs could absorb the dye, interfering in cytotoxicity measurements. We also confirmed that the cell viability was observed to be about 30% at 100 $\mu$g/mL of MWCNTs using the alamar blue assay. However, there was no large difference in LDH assay and alamar blue assay at levels under 50 $\mu$g/mL of MWCNTs. The internalization of MWCNTs to MESO-1, BEAS-2B and differentiated THP-1 cells was marked by less than 50% viability and more than 50% plasma membrane permeability after exposure to less than 50 $\mu$g/mL of MWCNTs. At that time, these cells internalized large amounts of MWCNTs and peeled off from the dish. We found that the amount of MWCNTs in the cytoplasm was closely related to the decrease in cell viability. However, the cells that endocytosed MWCNTs could divide when the amount of MWCNTs in the cell was small. These cells also internalized SB but did not show any cytotoxicity. It is reported that the internalized carbon nanomaterials aggregate in the lysosomes and vacuoles. SB also aggregates in the lysosomes. However, MWCNTs damaged the lysosomes, but SB did not. Disruption of the lysosome may influence these cytotoxic difference between VGCF and SB and the volume pressure of VGCF which were not enclosed in the lysosome, might cause cell death.

According to a review by Raffa et al, the internalization of mainly single-walled CNTs can occur by phagocytosis, endocytosis or diffusion. There are three crucial parameters influencing the CNTs interaction with cells: the degree of dispersion, the formation of supramolecular complexes and the nanotube length. Time-lapse microscopy in the present study showed that the degree of MWCNT dispersion did not seem to influence the internalization of MWCNTs by macrophage-like differentiated THP-1 cells by phagocytosis or mesothelioma origin MESO-1 cells or pulmonary epithelium origin BEAS-2B cells by endocytosis. We used CytoD, an actin barbed-end capping molecule, to inhibit phagocytosis and endocytosis. CytoD inhibited the internalization of not only MWCNTs but also SB, which has a particle size of less than 1 $\mu$m. Thus, the results of the present study do not support the theory of MWCNT internalization by diffusion. Because the definition of endocytosis generally includes phagocytosis and we could not differentiate between endocytosis and

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**Figure 4** Cytokine production. Differentiated or undifferentiated THP-1 cells were exposed to VGCF for 24 hours. The supernatant of the culture medium was assayed for cytokine production. (A and B) Differentiated THP-1 cells exposed to 50 $\mu$g/mL of VGCF or CB secreted TNF and IL-1$\beta$. (C) Undifferentiated THP-1 cells exposed to 100 $\mu$g/mL of VGCF or CB secreted IL-8. Note: $n = 3$, mean ± SE, *$P < 0.05$, **$P < 0.01$, ***$P < 0.001$.

**Abbreviations:** VGCF, vapor-grown carbon fiber; SB, Sumi black; DM, dispersion medium.
phagocytosis, we assume that the cells internalized MWCNTs via endocytosis in the present study.

The IMR-32 cells and undifferentiated THP-1 cells maintained more than 50% cell viability and they were not injured at 100 µg/mL of MWCNTs. At this concentration, we observed many MWCNT agglomerates on the bottom of the wells, and the IMR-32 and undifferentiated THP-1 cells were adhered to the aggregated MWCNTs rather than to single MWCNT molecules or thin bundled MWCNTs. In particular, the undifferentiated THP-1 cells adhere to VGCF agglomerates, although they are naturally non-adhesive cells, and secreted IL-8. Rosales and Juliano reported that integrin-mediated adhesion induces a set of immediate early genes that are characteristic of monocytic differentiation containing IL-8. In fact, THP-1 cells differentiated by PMA secreted IL-8 in our study. Also, considering the fact that the doubling

Figure 5 Cellular ROS production. Cells were exposed to varying VGCF concentrations for 24 hours. Notes: PC; 100 µM H2O2 (n = 3, mean ± SE, *P < 0.05, **P < 0.01, ***P < 0.001). Abbreviations: VGCF, vapor-grown carbon fiber; ROS, reactive oxygen species.
time of IMR-32 cells and undifferentiated THP-1 cells is about 40 hours and 18 hours, respectively, the biological responses of these cells exposed to MWCNTs might not be cytotoxicity, but active responses including cell differentiation and enhancement of the plasma membrane permeability. Recently, we reported that MWCNTs exhibited differential inducibility on C2C12 cells. On the other hand, the reasons why these cells adhered in the aggregated SB were an observed slight decrease in cell permeability and increased IL-8 secretion. It may be that the agglomeration of SB was entirely small and had little effect. However, SB slightly increased the permeability of differentiated THP-1 cells. This biological response may be the same mechanism as in the case of the increased plasma membrane permeability of undifferentiated THP-1 cells exposed to MWCNTs. Walker et al reported that carbon black increased the release of LDH by human aortic endothelial cells without a loss of cell viability. It appears that the assessment of cytotoxicity by measurement of cell permeability is not suitable when using carbon materials.

We examined whether intracellular ROS production is involved in biological responses (including cytotoxicity) to MWCNTs. Some studies have reported that the production of ROS is critical in the hazardous effects of CNTs, while other studies have not supported this relationship. Our results were different for each type of cell, but the production of intracellular ROS did not increase; instead, a scavenger effect for intracellular ROS was observed. Iron is used during the catalytic production of CNTs. This iron remains in CNTs as a residue, and the Fenton reaction is elicited, which is said to cause oxidative stress. However, because the iron content in the VGCf that we used in this study was very low, only a small amount of ROS was produced, and the scavenger effect of the CNTs themselves may have appeared. We also assayed the LPS-induced cytokine production by THP-1 cells. LPS induces nuclear factor-κB, which is induced by ROS, and it represents a cytokine secretion pattern unlike the VGCf-induced effects on differentiated THP-1 cells. Hence, the MWCNTs-induced secretion of cytokines is not caused by ROS.

We investigated the cytotoxic effects of MWCNTs by examining the differences in the biological responses of different cell lines to MWCNTs. We found that the biological responses to MWCNTs were different in different cell lines, and even the same cell line exhibited different responses according to its differentiation state. Our results indicate that other biological responses (ie, enhancement of cell membrane permeability and increased cytokine production) may be due to direct contact with MWCNTs, and that endocytosis of MWCNTs is the main reason (or onset mechanism) for MWCNTs cytotoxicity. Since the biological responses apart from the cytotoxicity of MWCNTs are active responses, MWCNTs may possibly be used as biomaterials if used appropriately and with caution. In addition, we confirmed that SB as a negative control in the present study did not cause cytotoxicity. These observations suggest that the key to the safe use of CNTs is avoiding endocytosis and subsequent lysosomal and vacuolar injury.

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Disclosure
There are no conflicts of interest to declare.

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Different responses to MWCNT by four cell lines

Supplementary data

**Movie S1** Time-lapse confocal imaging of MESO-1 cells exposed to 10 μg/mL of VGCF. The cells were monitored every 10 minutes for 24 hours by using laser-scanning confocal microscopy with a ×20 PlanFluor objective. The images were converted to a movie file at 10 frames/second.

*Abbreviation:* VGCF, vapor-grown carbon fiber.

**Movie S2** Time-lapse confocal imaging of the BEAS-1 cells exposed to 1 μg/mL of VGCF. The cells were monitored every 10 minutes for 24 hours by using laser-scanning confocal microscopy with a ×20 PlanFluor objective. The images were converted to a movie file at 10 frames/second.

*Abbreviation:* VGCF, vapor-grown carbon fiber.

**Movie S3** Time-lapse confocal imaging of the differentiated THP-1 cells exposed to 10 μg/mL of VGCF. The cells were monitored every 10 minutes for 24 hours by using laser-scanning confocal microscopy with a ×20 PlanFluor objective. The images were converted to a movie file at 10 frames/second.

*Abbreviation:* VGCF, vapor-grown carbon fiber.