ABSTRACT

Introduction: The safety profile of tocilizumab (TCZ) in patients with rheumatoid arthritis (RA) is well established. TCZ was approved to treat giant cell arteritis (GCA) in 2017 in the USA and Europe, and its safety profile in patients with GCA continues to be defined. The objective of this analysis was to examine incidence rates (IRs) of adverse events of special interest (AESI) occurring during the TCZ clinical development program and in healthcare claims data in patients with GCA or RA.

Methods: TCZ-naïve patients with GCA or RA were identified in the MarketScan administrative healthcare claims database. TCZ-treated patients with GCA from the GiACTA trial and TCZ-treated patients with RA from pooled clinical trial data were analyzed. The IRs of AESI (AESI IRs) were calculated for all cohorts. In the claims cohorts, risks of AESI were estimated using Poisson regression.

Results: TCZ-naïve claims cohorts comprised 4804 patients with GCA [mean (standard deviation) age 73.4 (9.8) years; follow-up 3.9 (3.1) years] and 15,164 patients with RA [age 60.3 (8.2) years; follow-up, 4.5 (2.8) years]. TCZ-treated clinical trial cohorts comprised 149 patients with GCA [age 69.5 (8.4) years; exposure approx. 138 patient-years (PY)] and 7647 with RA [age 52 (12.6) years; exposure approx. 22,394 PY]. The IRs of infections, stroke, malignancies, myocardial infarction, and gastrointestinal perforations in the GCA claims cohort exceeded those in the RA claims cohort; the risk of AESI (adjusted for age and glucocorticoid use) was higher in patients with GCA than in those with RA. Similar patterns to the claims cohorts in terms of the AESI IRs were observed in clinical trial cohorts, although the number of events was limited in the GCA trial cohort.

Conclusion: Higher IRs of AESI were observed in patients with GCA versus those with RA in both TCZ-naïve and -treated cohorts. Differences in underlying disease, age, and glucocorticoid use may influence AESI incidence, irrespective of intervention.

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Plain Language Summary: Plain language summary is available for this article.

Keywords: Giant cell arteritis; Rheumatoid arthritis; Rheumatology; Safety; Tocilizumab

PLAIN LANGUAGE SUMMARY

This analysis characterizes the safety profile of tocilizumab (TCZ) in patients with giant cell arteritis (GCA) by comparing the incidence rates (IRs) of adverse events of special interest (AESI) between cohorts of patients with GCA and cohorts of patients with rheumatoid arthritis (RA). Four cohorts of patients were evaluated: (1) TCZ-naive patients with GCA in a US healthcare claims database, (2) TCZ-naive patients with RA in a US healthcare claims database, (3) TCZ-treated patients with GCA from the GiACTA trial, and (4) TCZ-treated patients with RA from a pooled trial population. In the TCZ-naive patient cohorts, patients with GCA were at greater risk of AESI than patients with RA. Similar patterns were found in the TCZ-treated patients cohorts, although the number of events was limited by the smaller number of patients with GCA from the GiACTA trial compared with the number of patients with RA in the pooled clinical trial population. These findings highlight that differences in the underlying disease, age, and glucocorticoid use may influence the occurrence of safety events in patients with GCA versus those with RA, whether or not they receive TCZ.

INTRODUCTION

Giant cell arteritis (GCA) is the most common form of systemic vasculitis, occurring most frequently in women, people of Northern European descent, and individuals aged ≥ 50 years [1–5]. Symptoms of GCA comprise headache, jaw and limb claudication, scalp and tongue necrosis, polymyalgia rheumatica, visual impairment, and elevated markers of inflammation, including erythrocyte sedimentation rate and C-reactive protein [1, 2]. Permanent vision loss in one or both eyes is the most feared complication of this disease, but stroke and complications of large-vessel vasculitis (e.g., aortic aneurysm) can also occur in GCA [6].

Standard treatment for GCA involves immediate initiation of high-dose glucocorticoids (40–60 mg/day) to provide prompt relief of symptoms and avoid permanent visual impairment, followed by slow tapering of doses over many months [7–9]. Relapse is frequent, occurring in up to 82% of patients in the first year of treatment even if glucocorticoids are tapered over 52 weeks [10–13]. Disease relapse generally requires the reinstitution of high doses of glucocorticoids.

Tocilizumab (TCZ) is a humanized monoclonal antibody blocker of interleukin 6 signaling. It was approved for the treatment of rheumatoid arthritis (RA) in Europe in 2009 and in the USA in 2010 and has been approved in both intravenous and subcutaneous formulations. Recent clinical trial findings that demonstrated the efficacy of subcutaneous TCZ for treating GCA in combination with glucocorticoids led to its approval for the treatment of GCA in the USA and Europe in 2017 [13]. In the Giant-Cell Arteritis Actemra (GiACTA) trial, significantly greater proportions of patients receiving subcutaneous TCZ 162 mg weekly or every other week concomitant with a 26-week glucocorticoid taper sustained remission after 52 weeks of treatment compared with patients receiving placebo concomitant with either a 26- or 52-week glucocorticoid taper [13].

Although the safety profile of TCZ in patients with RA is well characterized, its safety profile in patients with GCA continues to be defined. The safety profile of TCZ in patients with GCA may differ from that observed in patients with RA due to differences in the underlying disease and the patient populations as well as the higher glucocorticoid doses used to treat GCA compared with RA. Conditions associated with long-term glucocorticoid exposure, including osteoporosis, infections, cardiovascular disease, diabetes mellitus, cataracts, and glaucoma, are frequent comorbidities in patients with GCA [10, 14–17]. Thus, glucocorticoid use in patients with either GCA or RA is associated with increased risk of glucocorticoid-associated comorbidities [18, 19]. One-half to
two-thirds of patients with RA receive glucocorticoids \([20, 21]\); however, only approximately one-third of patients with RA have persistent long-term use (\(> 5\) years) \([20, 21]\). In contrast, per treatment guidelines, all patients with GCA are likely to receive a cumulative dose of glucocorticoids exceeding 1000 mg during their first 4 weeks of treatment, with cumulative glucocorticoid exposure increasing as the dose is slowly tapered during periods of disease control and increased in the event of relapse \([7–9]\).

Direct comparisons of adverse events in RA and GCA patient populations are needed to contextualize the safety profile of TCZ in patients with GCA. In this study we describe the incidence rates (IRs) of adverse events of special interest (AESI) in TCZ-naïve patients with GCA or RA in a general healthcare claims database, with the aim to examine differences in the underlying disease and glucocorticoid regimens. We also describe the IRs of AESI (AESI IRs) over a 1-year period in TCZ-treated patients with GCA or RA in the clinical development program to further define the safety profile of TCZ in GCA.

**METHODS**

**Data Source: Clinical Trial Populations**

The AESI IRs over a 1-year period (52 weeks) were calculated for patients with GCA who received TCZ in the GiACTA clinical trial (ClinicalTrials.gov number NCT01791153) and for a pooled population of patients with RA who received TCZ in 12 clinical trials (ClinicalTrials.gov numbers NCT00106548, NCT00106522, NCT00106574, NCT00106535, NCT00109408, NCT01007435, NCT01119859, NCT00810199, NCT01232569, NCT01194414, NCT01662063, NCT00720798) \([13, 22–32]\). AESI refer to identified and potential risks observed during the TCZ clinical trial program and include infections, hepatic events, gastrointestinal (GI) perforations, demyelinating disorders, cardiovascular events, bleeding events, and malignancies.

Patients enrolled in GiACTA met the following criteria: age \(\geq 50\) years, diagnosis of new-onset or relapsing GCA, and GCA diagnosis confirmed by temporal artery biopsy and/or cross-sectional imaging. Patients enrolled in the TCZ clinical trials in RA met the following criteria: age \(\geq 18\) years and active RA with \(\geq 4\) swollen and \(\geq 4\) tender joints.

This article is based on previously conducted studies and does not contain any studies with human participants or animals performed by any of the authors. The clinical trials from which data were included were conducted with informed written consent from participating patients, with the approval of the ethics committee or institutional review board for each participating study site and in accordance with the Helsinki Declaration of 1964, as revised in 2013. The healthcare claims databases from which data were included were based on previously conducted studies that used only de-identified patient data; therefore, informed consent for this analysis was not needed.

**Data Source: Healthcare Claims Cohorts**

The AESI IRs in TCZ-naïve adult patients with GCA or RA were estimated from the US-based MarketScan administrative healthcare claims database from January 1, 2001, to June 30, 2015.

Patients with GCA met the following criteria: \(\geq 1\) inpatient claim or \(\geq 2\) outpatient claims (separated by \(\geq 7\) and \(\leq 365\) days) with a GCA diagnosis (International Classification of Diseases, Ninth Revision, Clinical Modification [ICD-9-CM] code 446.5); age \(\geq 50\) years at the index date; \(\geq 2\) prescription claims for oral glucocorticoids (the first claim \(\leq 6\) months after diagnosis; the second claim \(\leq 6\) months after the first); \(\geq 1\) diagnostic workup claim (\(\leq 1\) year pre- or post-index) for temporal artery biopsy (Current Procedural Terminology code 37609), magnetic resonance angiography–computed tomography angiography, or positron emission tomography–computed tomography; no prior claims with a GCA diagnosis (\(\leq 1\) year pre-index); \(\geq 1\) claim with a GCA diagnosis after the diagnostic workup claim; continuous medical and pharmacy coverage and data available for \(\geq 365\) days (30-day gap permitted only in the pre-index period); \(\geq 365\) days of
eligibility prior to the index date; no TCZ exposure within the patient’s enrollment in the database; and ≥ 365 days of follow-up after the index date and after the date of the first glucocorticoid prescription. The index date was defined as the first date of GCA diagnosis.

Patients with RA met the following criteria: ≥ 2 outpatient confirmatory claims (separated by ≥ 7 and ≤ 365 days) with an RA diagnosis or ≥ 1 inpatient confirmatory claim; age ≥ 50 years at the index date; continuous medical and pharmacy coverage and data available for ≥ 365 days (30-day gap permitted only in the pre-index period); ≥ 1 prescription claim for a conventional synthetic disease-modifying antirheumatic drug or biologic disease-modifying antirheumatic drug (adalimumab, certolizumab, etanercept, golimumab, infliximab, abatacept, tocilizumab) after the index date and during the continuous enrollment period; no concomitant rheumatologic or other immunologic conditions or GCA (defined as ≥ 2 outpatient claims [separated by ≥ 7 and ≤ 365 days] or ≥ 1 inpatient claim) before the end of the continuous enrollment period; and no TCZ exposure within the patient’s enrollment in the database. The index date was defined as the first date of RA diagnosis.

Statistical Analysis

Risks for AESI among patients with GCA versus those with RA in the claims database were estimated using Poisson regression. AESI risks were adjusted for age and oral glucocorticoid use. Age was included in models as a categorical variable (with categories of 50 to < 55, 55–59, 60–64, 65–69, 70–74, 75–79, 80–84, and > 84 years). Oral glucocorticoid use was measured as the total cumulative dose from index to the end of follow-up and included in the models as a continuous variable. Age was explored as a continuous variable and a continuous variable squared to allow for a nonlinear form in post hoc analyses, but the adjusted risk ratios shifted the outcomes for only the AESI with large confidence intervals (CI).

RESULTS

Study Populations

From the clinical trials, 149 TCZ-treated patients with GCA and 7647 TCZ-treated patients with RA were included in this analysis (Table 1). From the healthcare claims database, 4804 TCZ-naive patients with GCA and 15,164 TCZ-naive patients with RA were included (Table 1). In both the clinical trials and claims-based populations, patients with GCA were older than patients with RA. The mean [standard deviation (SD)] age at baseline of patients with GCA was 69.5 (8.4) years in the GiACTA trial and 73.4 (9.8) years in the claims cohort; the mean (SD) age at baseline in patients with RA was 52.0 (12.6) and 60.3 (8.2) years in the clinical trial and claims cohorts, respectively. In the claims cohorts, 100% of patients with GCA were receiving glucocorticoids at baseline versus 84% of patients with RA, and the mean glucocorticoid dose at baseline was higher in patients with GCA than in patients with RA (46.9 vs. 19.0 mg/day, respectively).

AESI in TCZ-Naïve Patients With GCA or RA

In the healthcare claims data, the AESI IRs in TCZ-naive patients with GCA exceeded those in TCZ-naive patients with RA (Table 2). The most frequent AESI in both the GCA and RA cohorts was serious infections, with an IR (95% CI) of 28.86 (27.19–30.61) per 100 patient-years (PY) in the GCA cohort and 8.48 (8.00–8.98) per 100 PY in the RA cohort. The next most frequent AESI in the GCA cohort were stroke, malignancies, opportunistic infections, and myocardial infarction. All of these occurred at higher frequencies in the GCA cohort than in the RA cohort.

AESI in TCZ-Treated Patients With GCA or RA

The AESI IRs in TCZ-treated patients with GCA (n = 149; approx. 138 PY) in the GiACTA
clinical trial were different from those in TCZ-treated patients with RA (n = 7647; approx. 22,394 PY) in the pooled RA clinical trial population (Table 3). TCZ-treated patients in the GiACTA trial had greater IRs (95% CI) of serious infections [7.94 (3.97–14.22) vs. 4.33 (3.86–4.84) per 100 PY] and opportunistic infections [1.44 (0.17–5.22) vs. 0.30 (0.18–0.45) per 100 PY] than did TCZ-treated patients in the pooled RA clinical trial population over 1 year. This finding was consistent with findings from the claims data on the TCZ-naive patients with GCA versus those with RA, although the IRs in the GiACTA clinical trial population were calculated based on a limited number of events.

### Risk of AESI in TCZ-Naive Patients With GCA versus RA

In the US claims data, after adjusting for age and oral glucocorticoid dose, TCZ-naive patients with GCA were at higher risk for all AESI (with sufficient data, including serious infections, opportunistic infections, GI perforations, malignancies, myocardial infarction, and stroke) compared with TCZ-naive patients with RA (Fig. 1). The greatest increase in risk was

### Table 1 Patient demographics and clinical characteristics

| Characteristic                      | GiACTA clinical trial | TCZ clinical trial database | Healthcare claims analysis |
|-------------------------------------|-----------------------|-----------------------------|---------------------------|
|                                     | Patients with GCA     | Patients with RA            | Patients with GCA         | Patients with RA          |
|                                     | (n = 149)             | (n = 7647)                  | (n = 4804)                | (n = 15,164)              |
| TCZ exposure                        | Yes                   | Yes                         | No                        | No                        |
| Age, mean (SD), years               | 69.5 (8.4)            | 52.0 (12.6)                 | 73.4 (9.8)                | 60.3 (8.2)                |
| < 65 years, n (%)                   | 49 (33)               | 6438 (84)                   | 1096 (23)                 | 11,411 (75)               |
| ≥ 65 years, n (%)                   | 100 (67)              | 1209 (16)                   | 3708 (77)                 | 3753 (25)                 |
| Female, n (%)                       | 112 (85)              | 6240 (84)                   | 3425 (71)                 | 10,721 (71)               |
| Disease duration, mean (SD), years  | 0.8 (1.5)             | 8.1 (8.4)                   | 1.9 (2.1)                 | 4.3 (2.9)                 |
| Follow-up, mean (SD), years         | 0.9 (0.2)             | 2.9 (1.9)                   | 3.9 (3.1)                 | 4.5 (2.8)                 |
| Patients receiving GCs, n (%)       | 149 (100)             | 4161 (54)                   | 4804 (100)                | 12,705 (84)               |
| Baseline GC dose, mean (SD), mg/day | 35.0 (13.5)           | 8.6 (55.5)                  | 46.9 (34.8)               | 19.0 (56.1)               |
| Cumulative GC dose, mean (SD), mg   | 2213 (1467)           | NA                          | 2480 (4569)               | 1329 (4382)               |
| < 1000 mg, n (%)                    | 28 (19)               | NA                          | 228 (5)                   | 6366 (42)                 |
| ≥ 1000 mg, n (%)                    | 121 (81)              | NA                          | 4576 (95)                 | 8798 (58)                 |

GC Glucocorticoid, GCA giant cell arteritis, NA not available, RA rheumatoid arthritis, TCZ tocilizumab

a For claims cohorts, duration was defined as the time from the index date to the last claim with a diagnosis of the disease

b For the GiACTA cohort, cumulative GC dose comprised on-study GC use (not prior GC use). For the RA clinical trials cohort, GC dose information was not fully captured in long-term extension studies. For the claims cohorts, cumulative GC dose was calculated from the index date throughout the entire follow-up period.
observed for stroke and GI perforations in TCZ-naïve patients with GCA versus those with RA, with risk ratios (95% CI) of 5.41 (3.65–8.01) and 4.44 (1.61–12.24), respectively.

### Table 2

| AESI                  | Patients with GCA | Patients with RA |
|-----------------------|-------------------|------------------|
|                       | (\(n = 4804\); approx. 4804 PY) | (\(n = 15,164\); approx. 15,164 PY) |
| Serious infections    |                   |                  |
| No. of events         | 1113              | 1174             |
| Rate per 100 PY (95% CI) | 28.86 (27.19–30.61) | 8.48 (8.00–8.98) |
| Opportunistic infections |                 |                  |
| No. of events         | 163               | 143              |
| Rate per 100 PY (95% CI) | 3.49 (2.97–4.07)  | 0.96 (0.81–1.13) |
| Serious hepatic events |                  |                  |
| No. of events         | 6                 | 15               |
| Rate per 100 PY (95% CI) | 0.13 (0.05–0.27)  | 0.10 (0.06–0.16) |
| Demyelinating disorders |                |                  |
| No. of events         | 31                | 3                |
| Rate per 100 PY (95% CI) | 0.65 (0.44–0.93)  | 0.02 (0.004–0.06) |
| GI perforations       |                   |                  |
| No. of events         | 26                | 16               |
| Rate per 100 PY (95% CI) | 0.55 (0.36–0.80)  | 0.11 (0.06–0.17) |
| Malignancies\(^b\)    |                   |                  |
| No. of events         | 176               | 223              |
| Rate per 100 PY (95% CI) | 4.07 (3.49–4.72)  | 1.54 (1.35–1.76) |
| Myocardial infarction  |                   |                  |
| No. of events         | 113               | 124              |
| Rate per 100 PY (95% CI) | 2.41 (1.99–2.90)  | 0.83 (0.69–0.99) |
| Stroke                |                   |                  |
| No. of events         | 211               | 77               |
| Rate per 100 PY (95% CI) | 4.63 (4.02–5.30)  | 0.51 (0.40–0.64) |

\(AESI\) adverse events of special interest, \(GI\) gastrointestinal, \(PY\) patient-years, \(RA\) rheumatoid arthritis
\(^a\) Includes acute hepatic failure and hepatic transplant
\(^b\) Includes non-melanoma skin cancer

### DISCUSSION

Our analysis showed that tocilizumab-naïve patients with GCA from the healthcare claims database had higher AESI IRs than did TCZ-
## Table 3 Incidence rates of adverse events of special interest in tocilizumab-treated patients with giant cell arteritis or rheumatoid arthritis in clinical trial populations over 1 year

| AESI adverse events of special interest | GiACTA clinical trial patients with GCA (n = 149; 138 PY) | TCZ pooled clinical trial population with RA (n = 7647; 7071 PY) |
|----------------------------------------|----------------------------------------------------------|---------------------------------------------------------------|
| **Serious infections**                 |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 9 (6.0)                                                  | 277 (3.6)                                                     |
| Rate per 100 PY (95% CI)               | 7.94 (3.97–14.22)                                        | 4.33 (3.86–4.84)                                             |
| **Opportunistic infections**           |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 1 (0.7)                                                  | 21 (0.3)                                                     |
| Rate per 100 PY (95% CI)               | 1.44 (0.17–5.22)                                         | 0.30 (0.18–0.45)                                            |
| **Serious hepatic events**             |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 0                                                        | 1 (0.0)                                                      |
| Rate per 100 PY (95% CI)               | 0.00 (0.00–2.66)                                         | 0.01 (0.02–0.08)                                            |
| **Demyelinating disorders**            |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 0                                                        | 1 (0.0)                                                      |
| Rate per 100 PY (95% CI)               | 0.00 (0.00–2.66)                                         | 0.01 (0.00–0.08)                                            |
| **GI perforations**                    |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 0                                                        | 9 (0.1)                                                      |
| Rate per 100 PY (95% CI)               | 0.00 (0.00–2.66)                                         | 0.14 (0.07–0.26)                                            |
| **Malignancies**                       |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 1 (0.7)                                                  | 75 (1.0)                                                     |
| Rate per 100 PY (95% CI)               | 0.72 (0.02–4.02)                                         | 1.09 (0.86–1.36)                                            |
| **Myocardial infarction**              |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 0                                                        | 29 (0.4)                                                     |
| Rate per 100 PY (95% CI)               | 0.00 (0.00–2.66)                                         | 0.41 (0.27–0.59)                                            |
| **Stroke**                             |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 1 (0.7)                                                  |                                                               |
| Rate per 100 PY (95% CI)               | 0.72 (0.02–4.02)                                         |                                                               |
| **Serious bleeding events**            |                                                          |                                                               |
| Patients with ≥ 1 event, n (%)         | 0                                                        |                                                               |
| Rate per 100 PY (95% CI)               | 0.00 (0.00–2.66)                                         |                                                               |

*AESI* adverse events of special interest, *GCA* giant cell arteritis, *GI* gastrointestinal, *PY* patient-years, *RA* rheumatoid arthritis, *TCZ* tocilizumab

*Includes serious hepatic events with preferred terms contained in the Hepatic Failure, Fibrosis, and Cirrhosis and Other Liver Damage–Related Conditions Standardized MedDRA Queries (SMQ) Wide and Hepatitis, Non-Infectious SMQ Wide

*Events of malignancies and GI perforations were medically confirmed

*Includes non-melanoma skin cancer
naïve patients with RA. Analysis of the claims data revealed that the IRs for serious infections, opportunistic infections, demyelinating disorders, GI perforations, malignancies, myocardial infarction, and stroke were at least threefold greater in patients with GCA than in patients with RA. Serious hepatic events occurred with similar IRs in both claims cohorts; however, the low number of events limited any comparison. Clinical trial data for TCZ in patients with RA or GCA reflect these findings, although the number of events and exposure in TCZ-treated patients with GCA are limited. Together, these findings suggest differences in the underlying disease burden associated with RA versus GCA.

The use of higher doses and longer courses of glucocorticoids in patients with GCA versus those with RA appears to influence the AESI IRs in both TCZ-naïve and TCZ-treated patients. These results reflect the finding that patients with GCA have an increased risk of glucocorticoid-related adverse events with each 1-g increase in glucocorticoid exposure [18, 33]. Similarly, nested case–control analyses indicate that patients with GCA receiving high average daily doses of oral prednisolone (30 mg/day) are at increased risk of glucocorticoid-related adverse events compared with those receiving low average daily doses (5 mg/day) [16]. Consistent with the known burden of comorbidities associated with long-term glucocorticoid exposure, in this study we observed greater risks of serious and opportunistic infections, myocardial infarction, and stroke in TCZ-naïve patients with GCA versus TCZ-naïve patients with RA [10, 14–17].

Patients with GCA or RA alike are at increased risk of cardiovascular disease compared with the age-matched general population [34–37]. In the healthcare claims cohorts, an elevated risk of myocardial infarction was observed in TCZ-naïve patients with GCA compared with patients with RA. This finding was consistent with a claims-based study of Canadian patients with GCA that found a significantly greater incidence of myocardial infarction in their patient population than in the age- and sex-matched general population [38]. A major risk factor for cardiovascular disease is age, and patients with GCA identified in the claims data or enrolled in the GIACITA trial were notably older than patients with RA in either the claims or clinical trial cohorts (mean age 69.5–73.4 vs. 52.0–60.3 years, respectively). The use of oral glucocorticoids is also a risk factor for cardiovascular disease [39, 40]. In the claims cohorts, patients with GCA had a nearly twofold greater cumulative glucocorticoid dose than patients with RA over the full study follow-up period. Prospective studies on patients with

Fig. 1 Risk of adverse events of special interest (AESI) in tocilizumab-naïve patients with giant cell arteritis (GCA) versus those with rheumatoid arthritis (RA) followed for 1 year after index date in healthcare claims analyses. Filled squares represent the risk ratio, bars represent the 95% confidence interval (CI). GI Gastrointestinal. aRisk ratios were not calculated for the AESI of hepatic events, demyelinating disorders, or serious bleeding events due to insufficient data (≤10 events in 1 group). bIncludes non-melanoma skin cancer. cAdjusted for age and oral glucocorticoid dose.
GCA are needed to distinguish the contributions of age, glucocorticoid exposure, and underlying inflammatory disease state on cardiovascular risks in this patient population.

In the GiACTA trial, AESI IRs were similar between the TCZ and placebo groups [13]. Together with the findings of this study, this result supports the hypothesis that the risk of AESI in TCZ-treated patients with GCA is more strongly influenced by the disease itself and treatment with glucocorticoids than it is by TCZ treatment.

This study has some important limitations. Data in patients with GCA treated with TCZ were available from a single trial (GiACTA), representing a smaller population and lower total exposure (in PY) compared with the TCZ-treated RA cohort. TCZ was approved to treat GCA only recently, in 2017; thus, postmarketing data are not yet available in sufficient quantity for analysis, but these will be a focus of future real-world studies. Claims data provide an incomplete picture of health research: clinical data points are not typically collected, few patient demographic variables are available, and outcomes important for reimbursement are likely to be overrepresented due to the databases’ design to function for medical billing. The MarketScan data comprise commercially insured individuals only and only claims from large employers, creating a non-random sample of patients who have access to commercial insurance. The time periods and duration of the total follow-up were different in the clinical trial and claims data included in this analysis; however, both claims cohorts overlapped in time with the clinical trials. Therefore, these findings should be interpreted cautiously.

CONCLUSIONS

In clinical practice, the expectation may exist that the pattern of TCZ-related adverse events will be different in patients with GCA than in those with RA. In this study, the frequencies of AESI were indeed different, but the observed differences largely align with the expected differences based on the increased age and greater glucocorticoid exposure in patients with GCA versus those with RA. Future analyses are needed to determine how differences in patient demographics may further differentiate the safety profile of TCZ between patients with RA and those with GCA. Long-term prospective studies will provide additional characterization of TCZ’s safety in the GCA population.

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Compliance with Ethics Guidelines. This article is based on previously conducted studies and does not contain any studies with human participants or animals performed by any of the authors. The clinical trials from which data were included were conducted with informed written consent from participating patients, with the approval of the ethics committee or institutional review board for each participating study site and in accordance with the Helsinki Declaration of 1964, as revised in 2013. The healthcare claims databases from which data were included were based on previously conducted studies and used only de-identified patient data; therefore, informed consent for this analysis was not needed.

Data Availability. The datasets analyzed in this study are available from the corresponding author on reasonable request.

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