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Nonlinear Lattices Generated from Harmonic Lattices with Geometric Constraints

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Geometrical constraints imposed on higher dimensional harmonic lattices generally lead to nonlinear dynamical lattice models. Helical lattices obtained by such a procedure are shown to be described by sine- plus linear-lattice equations. The interplay between sinusoidal and quadratic potential terms in such models is shown to yield localized nonlinear modes identified as intrinsic resonant modes.

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I. INTRODUCTION

Recent developments in the physics of intrinsic localized modes (ILM) have shown that the ILMs are not only conceptually important in theoretical and mathematical physics as ubiquitous fundamental modes in nonlinear, discrete physical systems but also possess innovative potential applications in fundamental science and technology in addition to their experimental observation. Areas of such applications cover coupled Josephson junctions, photonic crystals, optical lattices in Bose-Einstein condensates, all-optical logic and switching devices, targeted breaking of chemical bonds, and so on.

Very recently, the interplay between nonlinear dynamics and geometry has attracted particular attention in ILM problems. Historically, such an observation was first made when formulating model Hamiltonians for the dynamics of bases in DNA to take care of helical structure, to the best of the authors’ knowledge. The latter problem gave rise to the intuitive introduction of the so-called sine-lattice (SL) model in which intersite interactions along a given strand are taken to be sinusoidal rather than the conventional quadratic ones. The SL model later turned out to yield a novel type of ILM, referred to as an intrinsic rotating mode (IRM), also termed a roto-breather. An example of transition from oscillation to such rotation modes in simulations of molecular crystals can be found in. Another example of this type is given by curved or bent chains and long-range interactions on a fixed curved substrate.

Geometric constraints naturally appear in crystalline bodies consisting of relatively rigid atomic clusters. An important example of this class of materials are the polymorphs of silica (SiO2), where the structural units, i.e., SiO4 tetrahedra are corner-linked by oxygen atoms, and the energy cost of deformation of the tetrahedra is much greater than the cost of their mutual rotations. Atoms in the almost rigid clusters move as if they were subjected to a geometrical constraint. To describe the position of a finite-size molecular cluster, one has to introduce not only translational but also rotational degrees of freedom. It has been demonstrated that the rotational degrees of freedom can be responsible for the incommensurate phase in quartz, negative Poisson’s ratio of cristobalite and quartz, and negative thermal expansion of beta-quartz. Similar effects can be observed in other materials with microscopic rotations, such as perovskites (e.g., SrTiO3) containing corner-linked TiO6 octahedra, the KH2PO4 (KDP) family of crystals with comparatively rigid PO4 tetrahedra, among others.

Motivated by these investigations, we proposed in a previous paper a mechanical model in which a set of masses on a linear chain are re-arranged to slide on fixed rings. Such a model was shown to contain rich nonlinear dynamics, exhibiting various types of nonlinear modes ranging from kinks to IRMs. The method employed there amounts to applying a specific geometrical constraint to a purely harmonic lattice, leading eventually to equations having the form of a extended version of the SL equations.

It is our purpose here to propose a method for studying the above-mentioned interplay between nonlinearity and geometry in a more general and transparent way. The basic point of our method is to take three-dimensional (3D) harmonic lattices as a starting point on which geometrical constraints are imposed. Since linear systems constitute a basis for studying physics and mathematics in general, we expect the present method will give much more insight into the problem. The work is composed of two parts: the first presents a general scheme of geometrical constraints, while the second complements it with a detailed study of the ILMs in sine- plus linear- lattices resulting from the helical constraints that we impose on the original 3D harmonic lattice.
This paper is organized as follows: in the next section, we present a simple 3D harmonic lattice model and consider a general scheme of the geometrical constraint applied to it. In Section III, we introduce the helical constraints as an application of the general method to arrive at helical lattices described by sine-linear-lattice (SLL) equations interpolating between SL and linear lattice. Section IV is devoted to the study of some properties of the SLL equations. Generalization of the SLL model is made in Section V to include the effect of an on-site potential, giving rise to the ILMs. The last section is devoted to concluding remarks.

II. THE LINEAR LATTICE MODEL AND A GEOMETRIC CONSTRAINT

We consider a three-dimensional lattice governed by the Lagrangian

\[ L = T - V = \sum_n \frac{m_n}{2} \left[ \dot{x}_n^2 + \dot{y}_n^2 + \dot{z}_n^2 \right] \]

\[ + \frac{K}{2} \sum_n \left[ (x_{n+1} - x_n)^2 + (y_{n+1} - y_n)^2 + (z_{n+1} - z_n)^2 \right] \]  

(1)

where \( T \) and \( U \) are the kinetic energy and the potential energy of the system, respectively. The quantities \( x_n, y_n, z_n \) are the dynamical variables associated with the \( n \)th atom of atomic mass \( m_n \). Then, the Euler-Lagrange equations assume the form

\[ m_n \ddot{x}_n = K(x_{n+1} + x_{n-1} - 2x_n), \]

\[ m_n \ddot{y}_n = K(y_{n+1} + y_{n-1} - 2y_n), \]

\[ m_n \ddot{z}_n = K(z_{n+1} + z_{n-1} - 2z_n). \]  

(2)

Physically, Eqs. (2) are equations of motion for harmonic lattice vibrations of a simplified version of a simple cubic lattice, in which \( x_n, y_n, z_n \) represent the \( x-, y-, z- \) components of the displacement vector \( \vec{r}_n \) of the \( n \)th atom from its equilibrium position.

Suppose now that there exists a single variable \( s \) such that

\[ x_n = f(s_n), \quad y_n = g(s_n), \quad z_n = h(s_n), \]  

(3)

where \( f(s), g(s) \) and \( h(s) \) are functions of \( s \). The Lagrangian of the system is then written as

\[ L = \frac{1}{2} \sum_n m_n \left[ f'(s_n)^2 + g'(s_n)^2 + h'(s_n)^2 \right] \dot{s}_n^2 \]

\[ - \frac{K}{2} \sum_n \left[ (f(s_{n+1}) - f(s_n))^2 + (g(s_{n+1}) - g(s_n))^2 + (h(s_{n+1}) - h(s_n))^2 \right]. \]  

(4)

Then, the Euler-Lagrange equations takes the form

\[ m_n \left[ f'(s_n)^2 + g'(s_n)^2 + h'(s_n)^2 \right] \ddot{s}_n \]

\[ + \frac{m_n}{2} \left( \frac{d}{ds} \left[ f'(s_n)^2 + g'(s_n)^2 + h'(s_n)^2 \right] \right) \dot{s}_n^2 \]

\[ = K[f(s_{n+1}) + f(s_{n-1}) - 2f(s_n)]f'(s_n) \]

\[ + K[g(s_{n+1}) + g(s_{n-1}) - 2g(s_n)]g'(s_n) \]

\[ + K[h(s_{n+1}) + h(s_{n-1}) - 2h(s_n)]h'(s_n), \]  

(5)

where \( A'(s) \equiv (d/ds)A(s) \) with \( A = f, g, h \). It can hence be seen from Eqs. (4) and (5) that the geometric constraint of Eqs. (3) transforms the original linear lattice equations into nonlinear ones. Thus, depending on the choice of \( f, g \), and \( h \), we can obtain various nonlinear equations from the linear lattice model through the one-parameter geometric constraint. Equations (3) can be generalized to the case in which, e.g., the quantities \( x_n, y_n \) are parametrized by two variables, \((s_1n, s_2n)\).

III. HELICAL CONSTRAINT AND THE SINE-LINEAR LATTICE

We illustrate the above method by considering situations in which the constraint functions \( f, g, h \) are of the form

\[ f(s_n) = a_n \cos(cs_n) \equiv a_n \cos(\theta_n), \]

\[ g(s_n) = a_n \sin(cs_n) \equiv a_n \sin(\theta_n), \]

\[ z_n = v_n s_n \equiv b_n \theta_n, \]  

(6)

where \( c, a_n, v_n \) are constants depending on the site index \( n \) and \( b_n = v_n/c \). Inserting Eqs. (6) into Eq. (4), we obtain the Lagrangian of the system in the form

\[ L = T - U = \sum_n \left[ \frac{m_n}{2} (a_n^2 + b_n^2) \dot{\theta}_n^2 \right] \]

\[ - \sum_n \frac{K}{2} [a_n^2 + a_{n+1}^2 - 2a_n a_{n+1} \cos(\theta_{n+1} - \theta_n)] \]

\[ + (b_n \theta_{n+1} - b_{n-1} \theta_n)^2]. \]  

(7)

Then, the Euler-Lagrange equations are given by

\[ \ddot{\theta}_n = C_n \left[ a_n a_{n+1} \sin(\theta_{n+1} - \theta_n) \right. \]

\[ - a_n a_{n-1} \sin(\theta_n - \theta_{n-1}) \]

\[ + C_n \left[ b_{n+1} b_n \theta_{n+1} + b_n b_{n-1} \theta_{n-1} - 2b_n^2 \theta_n \right], \]  

(8)

where

\[ C_n = \frac{K}{m_n(a_n^2 + b_n^2)}. \]  

(9)

Equations (8) interpolate between a generalized version of the linear lattice

\[ \ddot{\theta}_n = C_n \left[ b_{n+1} b_n \theta_{n+1} + b_n b_{n-1} \theta_{n-1} - 2b_n^2 \theta_n \right], \]  

(10)
and that of the sine-lattice equation
\[\ddot{\theta}_n = C_n[a_{n+1}a_n\sin(\theta_{n+1} - \theta_n) - a_n a_{n-1}\sin(\theta_n - \theta_{n-1})],\]  
where the coefficients of the right-hand side are all site-dependent. Eq. (8) are referred to as sine-linear-lattice (SLL) equations.

### IV. A PERFECT HELICAL LATTICE

Here we restrict ourselves to the simplest situations in which all the coefficients are site-independent. Then, dropping the subscript \(n\) attached to the coefficients in Eq. (8) leads to
\[\ddot{\theta}_n = J\left[\sin(\theta_{n+1} - \theta_n) - \sin(\theta_n - \theta_{n-1}) + \epsilon(\theta_{n+1} + \theta_{n-1} - 2\theta_n)\right],\]  
where
\[J = Ca^2, \quad \epsilon = b^2/a^2.\]  
The non-integrable equation (12) can be considered as relevant to helical-lattices in which the helicity is determined by the factor \(\epsilon\). Alternatively, Eqs. (12) may be considered as a modified version of the discrete sine-Gordon equation [26] in which the conventional on-site term \(\sin(\theta_n)\) is replaced by the first term in the right hand side of Eq. (12).

#### A. Steady state structures

Equation (12) can be rewritten in the form
\[\ddot{\theta}_n = J(D_n - D_{n-1}),\]
\[D_n = \sin(\delta_n) + \epsilon \delta_n, \quad \delta_n = \theta_{n+1} - \theta_n.\]  
Equilibrium solutions to Eq. (14) can be found from \(D_n = D_{n-1}\), which is particularly satisfied when
\[D_n = 0,\]  
for all \(n\). Stable equilibria are subjected to an additional condition, \(D'_n(\delta_n) = \cos(\delta_n) + \epsilon > 0.\)

To study the physical properties of Eq. (12) which represents the competition between the linearity and the helicity, let us consider the potential function \(V(\delta_n)\) associated with \(D_n(\delta_n),\)
\[V(\delta_n) = 1 - \cos(\delta_n) + \frac{\epsilon \delta_n^2}{2}, \quad \epsilon > 0.\]  
We pay particular attention to its minimum points. For sufficiently large \(\epsilon\) (weak helicity), the potential \(V\) has only one minimum at \(\delta_n = 0\) and the only stable state of the SLL is the ground state, \(\theta_n = \text{const}.\) However, with decrease of \(\epsilon\), new minima appear in the potential \(V(\delta_n)\), the \(l\)th minimum appearing at
\[\epsilon_l \approx (4l - 1)\frac{\pi}{2} - \sqrt{(4l - 1)^2\frac{\pi^2}{4} - 2}, \quad l > 0.\]  
For example, \(\epsilon_1 \approx 0.2172, \epsilon_2 \approx 0.09133, \epsilon_3 \approx 0.05797.\) The potential \(V(\delta_n)\) is shown in Fig. 1 for these values of \(\epsilon\) and also for a larger magnitude, \(\epsilon = 0.4,\) when there is only one minimum. In the limiting case \(\epsilon \to 0,\) the SLL Eq. (13) degenerates to the SL equation with energetically indistinguishable minima situated at \(\delta_n = 2\pi l.\)

As the number of minima on the potential \(V(\delta_n)\) increases, the variety of the stable structures of the SLL Eq. (12) also increases. For \(\epsilon_{l+1} < \epsilon < \epsilon_l, \delta_n\) can obtain \(2(l-1)\) values (positive or negative) in addition to \(\delta_n = 0,\) which is allowed for any \(\epsilon\).

For the particular class of equilibrium solutions expressed by Eq. (15), configuration of the \(n\)th bond, \(\delta_n = \theta_{n+1} - \theta_n,\) is not affected by the adjacent bonds, and one can easily create various compacton-like localized defects. For example, for \(\epsilon = 0.2, V(\delta_n)\) has minima at \(\delta_n = 0\) and \(\delta_n = \pm 4.9063.\) In Fig. 2 we show several stable configurations of SLL at \(\epsilon = 0.2\) and \(J = 1.\) Shown are (a) a kink-type structure, (b) a point defect in a ground state structure, (c) a zigzag periodic structure, and (d) a point defect in the zigzag structure. The defects in periodic structures presented in Fig. 2 can be regarded as discrete compactons [17] because they are sharply localized and do not have exponential tails.

#### B. Perturbation Induced Dynamical Structures

A vibration mode can be excited on the defect in zigzag structure presented in Fig. 2(d). The mode is (practically) localized on three particles and it is presented in Fig. 3. The existence of this mode can be easily understood. The 0th particle in Fig. 2(d) oscillates with a frequency close to the upper edge of the ground state spectrum which, however, is outside of the frequency band of the zigzag structure.

Due to translational invariance, the SLL model of Eq. (12) admits solutions with \(\theta_n = \varphi\) for arbitrary \(\varphi = \text{const}.\) Domain walls separating two domains with \(\varphi_1 \neq \varphi_2\) can also be formed. Here we consider the case when the difference \(|\varphi_1 - \varphi_2|\) is not equal to the distance between the minima of the potential \(V(\delta_n)\) Eq. (16) and which can give rise to moving kinks. There are many possibilities to initiate such moving kink-like structures; one is presented in Fig. 4 for \(J = 1, \epsilon = 0.2.\) Here the kinks were initiated by applying initial conditions \(\theta_0(0) = 0, \quad \bar{\theta}_0(0) = 3,\) with zero initial conditions for all other particles. The height of the kinks is \(|\varphi_2 - \varphi_2| \approx 0.9 \pi\) and it increases by increasing the initial velocity of the 0th particle. Here we use periodic boundary conditions to demonstrate that the kinks survive collisions and hence are relatively robust objects.
C. An approximate analytical solution: nonlinear resonant modes (NRM)

Let us consider situation in which an atom located at the site 0 makes a large excursion around one of the minimum points \( \lambda \) of the potential, while the others only perform small amplitude oscillatory motion. This means that

\[
|\theta_0| >> |\theta_n| \quad \text{for} \quad |n| \geq 1. \tag{18}
\]

As we expect a highly localized solution, we preserve the full nonlinearity of the equations for the central site only, while the other equations are linearized around the equilibrium position. Such a procedure leads to

\[
\dot{\theta}_0 = J(-2[\sin(\theta_0) + \epsilon \theta_0] + [\cos(\theta_0) + \epsilon](\theta_1 + \theta_{-1})), \tag{19}
\]

\[
\dot{\theta}_{\pm 1} = J[-[\cos(\theta_0) + 1 + 2\epsilon]\theta_{\pm 1} + (1 + \epsilon)\theta_{\pm 2} + \sin(\theta_0) + \epsilon \theta_0], \tag{20}
\]

\[
\dot{\theta}_n = J(1 + \epsilon)(\theta_{n+1} + \theta_{n-1} - 2\theta_n), \quad \text{for} \quad |n| \geq 2. \tag{21}
\]

We now seek solutions to this set of equations in the form

\[
\theta_0 = \alpha + u_0, \quad \text{with} \quad \sin(\alpha) + \alpha = 0,
\]

\[
\theta_n = u_n, \quad \text{for} \quad |n| \geq 1. \tag{22}
\]

When, in Eq. \( \alpha = 0 \), all particles oscillate near one well of the potential \( V(\delta_n) \), while for \( \alpha \neq 0 \) the 0th particle oscillates in a different well.

Inserting Eq. \( \alpha = 0 \) into Eqs. \( \dot{\theta}_0 = \dot{\theta}_{\pm 1} = 0 \) and \( \dot{\theta}_n = 2\theta_n \), we arrive at a set of equations which are of the same form as those appearing in one-impurity problems in harmonic lattice vibrations. Thus, setting

\[
u_n = v_n \exp(-i\omega t),
\]

where \( v_n \) is time-independent and \( \omega \) is a constant, we reduce the above set of equations to the form

\[
(L^{(0)} - \omega^2)v_n = L'v_n, \tag{24}
\]

with

\[
L^{(0)}v_n = J(1 + \epsilon)(2v_n - v_{n+1} - v_{n-1}),
\]

\[
L'v_0 = J[1 - \cos(\alpha)](2v_0 - v_1 - v_{-1}),
\]

\[
L'v_{\pm 1} = J[1 - \cos(\alpha)](v_{\pm 1} - v_0),
\]

\[
L'v_n = 0 \quad \text{for} \quad n \neq 0, \pm 1. \tag{25}
\]

From the above equations, the ILMs we are seeking are presumed to exist within the frequency band \( \omega(k)^2 = 2J(1 + \epsilon)[1 - \cos(k)] \) of the perfect harmonic lattice characterized by wavenumber \( k \). Such a nonlinear localized in-band modes are referred to as (intrinsic) nonlinear resonant modes (NRM). Then, Eqs. \( g(n) \) and \( \Delta_n \) can be handled by introducing lattice Green’s functions

\[
g(n) = 1 \sum_k \frac{\exp(ikn)}{2J(1 + \epsilon)[1 - \cos(k)] - \omega^2 - i\gamma},
\]

\[
\gamma \rightarrow 0^+. \tag{26}
\]

Analytical expressions for the lattice Green’s functions \( g(n) \) can be obtained by replacing the sum with respect to \( k \) by an integral over the first Brillouin zone as follows

\[
g(n) = \frac{1}{2J(1 + \epsilon)} \int_0^\pi \frac{\cos(nx)dx}{y - \cos(x) - i\gamma}
\]

\[
= \frac{i^{n+1}}{2J(1 + \epsilon)} [C_n(y) - iS_n(y)], \tag{27}
\]

where

\[
C_n(y) = \int_0^\infty \cos(yt)J_n(t)dt,
\]

\[
S_n(y) = \int_0^\infty \sin(yt)J_n(t)dt,
\]

\[
\text{with} \quad y = 1 - \frac{\omega^2}{2J(1 + \epsilon)}, \tag{28}
\]

in which \( J_n(t) \) is the Bessel function of the \( n \)th order. We note that the quantity

\[
C_0(y) = \frac{1}{\sqrt{1 - y^2}},
\]

with \( S_0(y) = 0 \) for \( 0 < y < 1 \), \( \tag{29} \)

represents the density of states of the band. In terms of the \( g_n \)s so obtained, Eqs. \( \dot{\theta}_0 = \dot{\theta}_{\pm 1} = 0 \) and \( \dot{\theta}_n = 2\theta_n \) are rewritten as

\[
u_n = J[(1 - \cos(k))\{g(n)(2v_0 - v_1 - v_{-1})
\]

\[
+ g(n - 1)(v_1 - v_0) + g(n + 1)(v_{-1} - v_0)] \tag{30}
\]

We pay particular attention to an s-like mode having the symmetry property

\[
v_1 = v_{-1}, \tag{31}
\]

and use the identity relation,

\[
J(1 + \epsilon)[2g(n) - g(n + 1) - g(n - 1)]
\]

\[
- \omega^2g(n) = \Delta_n, \tag{32}
\]

to obtain

\[
u_n = \lambda[\omega^2g(n) + \Delta_n](v_0 - v_1), \tag{33}
\]

where

\[
\lambda = \frac{1 - \cos(\alpha)}{1 + \epsilon}. \tag{34}
\]
and \( \Delta_n \) are Kronecker’s delta.

In terms of the dimensionless frequency \( \xi = \omega^2 / 2J(1 + \epsilon) \), an equation giving the eigenfrequency of the NRM is obtained from Eqs. (32), (33), and (34) as follows:

\[
1 - \lambda - \lambda \xi - i \Delta_n \xi^2 C_0(y) = 0.
\]  

(35)

The dimensionless squared eigenfrequency \( \xi \) is therefore obtained as

\[
\xi = \frac{1 - \lambda}{\lambda} + i \xi_0 \sqrt{\frac{\xi_0}{2 - \xi_0}}.
\]  

(36)

The localization of the NRM is given by the equation

\[
v_n = \lambda \omega^2 g(n)(v_0 - v_1), \quad n \neq 0.
\]  

(37)

As mentioned before, here the localized mode around the local minimum point of the potential function is of resonant type, the eigenfrequency which appears close to the bottom of the frequency band \( \omega(k)^2 = 2J(1 + \epsilon)[1 - \cos(k)] \). Apart from the factor \( \alpha \), which is the position of the local minimum, the localization properties of the NRM are essentially different from those of the ILM in that it exhibits oscillatory slow decay, contrary to what is the case for the ILM. This point will be examined in detail below.

We have attempted to excite NRMs in SLL of Eqs. (12). Such a numerical calculation is presented in Fig. 6. Here we set \( J = 1, \epsilon = 0.2 \) and for the initial conditions, \( \theta_0(0) = 4.88, \dot{\theta}_0(0) = 0 \), with zero initial conditions for all other particles. For this choice of \( \epsilon \), the potential \( V(\delta_n) \) has minima at \( \delta_n = 0 \) and \( \delta_n \approx \pm 4.9063 \). One can see that the 0th particle oscillates near the minimum of \( V(\delta_n) \) situated at \( \delta_n \approx 4.9063 \), while the remaining particles oscillate near the minimum at \( \delta_n = 0 \). Due to the rather strong interaction with the linear excitations of the lattice, the energy of the NRM is rapidly imparted to the lattice (after a few oscillations). The lifetime of the excitation does not increase much, either by changing the initial deviation of the 0th particle from the potential minimum or by changing \( \epsilon \).

V. INCLUSION OF THE ON-SITE POTENTIAL

A. Derivation of the model

It is of interest to see what happens if we include on-site potentials in our original lattice. This is done by generalizing Eq. (11) in the form

\[
L = \sum_n \frac{m_n}{2} (\dot{x}_n^2 + \dot{y}_n^2 + \dot{z}_n^2) - \frac{K}{2} \sum_n [(x_{n+1} - x_n)^2 + (y_{n+1} - y_n)^2 + (z_{n+1} - z_n)^2 + \frac{\kappa_1}{2} x_n^2 + \frac{\kappa_2}{2} y_n^2],
\]  

(38)

where \( \kappa_1 \) and \( \kappa_2 \) are constants. Applying the helical constraint, Eq. (4) leads to

\[
L = K - U = \sum_n \left[ \frac{m_n}{2} (a_n^2 + b_n^2) \dot{\theta}_n^2 \right] - \sum_n \frac{K}{2} \left[ a_{n+1}^2 + a_n^2 + 2a_{n+1} a_n \cos(\theta_{n+1} - \theta_n) \right]
\]

\[+ (b_{n+1} \theta_{n+1} - b_n \theta_n)^2 + \frac{a_n^2 (\kappa_2 - \kappa_1)}{4} \cos(1 - \cos(2\theta_n))].
\]  

(39)

It is seen that such a procedure adds a sine-Gordon type on-site potential \( 1 - \cos(2\theta_n) \) to the Lagrangian. The equations of motion for \( \theta_n \) then assume the form

\[
\ddot{\theta}_n = L_n \left[ a_n a_{n-1} \sin(\theta_{n+1} - \theta_n) - a_n a_{n-1} \sin(\theta_n - \theta_{n-1}) - \lambda a_n^2 \sin(2\theta_n) \right]
\]

\[+ L_n \left[ (b_{n+1} b_n \theta_{n+1} + b_n b_{n-1} \theta_{n-1} - (b_{n+1} + b_n) \theta_n) \right],
\]  

(40)

where \( \lambda = (\kappa_2 - \kappa_1)/2 \). When all the coefficients are site-independent, the above equations reduce to

\[
\ddot{\theta}_n = J \left[ \sin(\theta_{n+1} - \theta_n) - \sin(\theta_n - \theta_{n-1}) - \lambda \sin(2\theta_n) + \epsilon (\theta_{n+1} + \theta_{n-1} - 2\theta_n) \right].
\]  

(41)

The presence of the on-site potential here can be speculated to induce the existence of localized modes with longer lifetime than that of the case of Eq. (12). In the following, we demonstrate the existence of ILMs in the model of Eq. (11).

B. Intrinsic localized modes

The linear spectrum of the SLL with the on-site potential, Eq. (11), is given by

\[
\omega^2 = J[4(1 + \epsilon) \sin^2(k/2) + 2\lambda],
\]  

(42)

with

\[
\omega_{\text{min}} = \sqrt{2J\lambda}, \quad \omega_{\text{max}} = \sqrt{J[4(1 + \epsilon) + 2\lambda]}.
\]  

(43)

When \( \omega_{\text{max}}/2 < \omega_{\text{min}} \), i.e., \( \lambda > (2/3)(1 + \epsilon) \), one can look for an ILM oscillating with frequency \( \omega_{\text{max}}/2 < \omega < \omega_{\text{min}} \) so that all higher harmonics \( \omega_l \), with an integer \( l > 1 \), lie above \( \omega_{\text{max}} \). In this situation the ILM would not interact with the lattice preserving its identity.

1. ILM with all particles in one potential well

As an example, we take \( J = 1, \epsilon = 0.2 \), and \( \lambda = 5 \), with \( \omega_{\text{min}} = \sqrt{16} \approx 3.662 \), and \( \omega_{\text{max}} = \sqrt{14.8} \approx 3.847 \) so that the necessary condition of the existence of ILM,
$\omega_{\text{max}} < 2\omega_{\text{min}}$, is fulfilled. A large-amplitude localized mode can be excited by choosing the initial deviation and/or initial velocity of a particle. As an example, we initialize the 0th particle with $\theta_{0}(0) = 1.5, \theta_{0}(0) = 0$ with zero initial conditions for other particles and, after some stabilization period, a steady oscillatory motion is observed (see Fig. 6). One can see that the ILM is highly localized. The mode has a frequency $\omega \approx 2.15$, which is considerably lower than the bottom edge of the linear spectrum, $\omega_{\text{min}}$, with all higher harmonics lying above the upper edge, $\omega_{\text{max}}$.

The ILM can be expressed analytically assuming that

\[
\begin{align*}
\theta_{0}(t) &= A_{1} \sin(\omega_{0}t) + A_{3} \sin(3\omega t), \\
\theta_{i}(t) &= \theta_{-1}(t) = B_{1} \sin(\omega t), \quad \theta_{n}(t) \equiv 0 \quad \text{for} \quad |n| > 1,
\end{align*}
\]

with $A_{3} \ll A_{1}$ and $B_{1} \ll A_{1}$. Parameters of the approximate solution Eq. (44) can be expressed in terms of the ILM amplitude, $A_{1}$:

\[
\begin{align*}
\omega^{2} &= J \left[ 2(1 + \epsilon + \lambda) - \frac{1}{4} (1 + 4\lambda) A_{1}^{2} \right], \\
A_{3} &= \frac{(1 + 4\lambda) A_{1}^{4}}{12 \left[ 9 \omega^{2} - 2(1 + \epsilon + \lambda) \right]}, \\
B_{1} &= \frac{(1 + \epsilon) A_{1} - \frac{1}{8} A_{1}^{3}}{2(1 + \epsilon + \lambda) - \omega^{2}}.
\end{align*}
\]

Let us analyze the obtained solution. First of all we note that the ILM frequency, $\omega$, cannot be greater than $\omega_{\text{min}}$, i.e., we can only look for a mode with frequency below $\omega_{\text{min}}$ [see Eq. (13)], which is possible only for ILMs with sufficiently large amplitude,

\[
A_{1} > \sqrt{\frac{8(1 + \epsilon)}{1 + 5\lambda}}.
\]

For example, for $\epsilon = 0.2$, and $\lambda = 5$, one has $A_{1} > 0.68$. We have confirmed numerically that, for this choice of parameters, our solution can be used for $A_{1} \approx 1$.

For larger amplitudes the ILM is highly localized (see Fig. 6) but the solution Eq. (13), (15) becomes inaccurate because it takes into account only cubic anharmonicity. The ILM in Fig. 6 has amplitude $A_{1} \approx 3.71$ and frequency $\omega \approx 0.607$, which is significantly lower than the upper edge of the linear spectrum, $\omega_{\text{min}} \approx 3.162$. The mode radiates energy extremely slowly due to the interaction of higher harmonics with the linear spectrum. Note the difference in the ordinate scale for the middle panel.

For small ILM amplitudes, approaching the allowed limit, Eq. (50), the solution profile becomes wider and our assumption that it is localized on three particles becomes invalid. Estimation for the limiting amplitude, Eq. (50), is also valid only for a highly localized ILM. In fact, it is possible to excite an ILM with a very small amplitude but the width of such ILM increases considerably and its frequency approaches $\omega_{\text{min}}$ from below. The smooth transformation of the ILM from a highly localized (as the amplitude decreases) into a very broad one is not surprising because for smooth solutions, $(\theta_{n+1} - \theta_{n}) < 1$, one has $\sin(\theta_{n+1} - \theta_{n}) \approx (\theta_{n+1} - \theta_{n})$ and the SLL with the on-site potential, Eq. (11), can be approximated by the well-known continuum sine-Gordon equation. The ILM is, then, nothing but the analog of breather solution to the sine-Gordon equation. Using the Lorentz invariance of the sine-Gordon equation one can create a moving small-amplitude breather.

We also note that, when $\epsilon \gg 1$ and $\lambda \gg 1$, the first two terms in the right hand side of Eq. (11) can be neglected. In this situation, when $\epsilon$ and $\lambda$ are of the same order of magnitude, our solution, Eqs. (44) and (45), describes a highly localized ILM in the Frenkel-Kontorova model [26].

2. ILM with one particle in a different potential well

The SLL lattice with on-site potential supports localized modes of another type, when one particle is trapped in a potential well different from the well occupied by the other particles. To demonstrate this mode, we take $J = 1, \epsilon = 0.05$, and $\lambda = 1$, with $\omega_{\text{min}} = \sqrt{2} \approx 1.414$, and $\omega_{\text{max}} = \sqrt{6.2} \approx 2.490$ so that the necessary condition, $\omega_{\text{max}} < 2\omega_{\text{min}}$, is fulfilled. Setting $\theta_{0}(0) = 2.9, \theta_{0}(0) = 0$ with zero initial conditions for other particles, after some time a steady oscillatory motion presented in Fig. 5 was observed. The 0th particle was found to oscillate with $\omega \approx 1.35$ which is below the linear vibration band but all higher harmonics are above the band. One can see that the ILM is not highly localized. The 0th particle oscillates with the amplitude $A(\theta_{0}) \approx 0.6$ near the coordinate shifted by roughly $2\pi$ with respect to the neutral position of all other particles [shown in Fig. 5(b)]. Its nearest neighbors oscillate with nearly the same amplitude, $A(\theta_{\pm 1}) \approx 0.52$, and the amplitudes decrease rather slowly with deviation from the 0th particle [see Fig. 5(a)].

VI. CONCLUDING REMARKS

In this paper, we have outlined a general scheme to apply geometrical constraints to a simplified version of the 3D harmonic lattice with or without an on-site potential to obtain nonlinear dynamical lattice equations. Depending on the type of the constraints, we arrive at various nonlinear equations, being interested in the coherent structures that arise in them.

We then studied, more specifically, a helical constraint by which the original 3D harmonic lattice was shown to reduce to 1D sine-plus-linear lattice equations or helical lattice equations. This formulation revealed several interesting features:

1. It provides us with a systematic derivation of the
sine-lattice equations which were derived heuristically in earlier works.

2. Physically, applying the helical constraint amounts to transforming the original harmonic lattices (possessing the hard potential) to a nonlinear dynamical lattice that supports resonant and multi-kink modes. Seeking other kinds of nonlinear modes will be an interesting topic for future study.

3. The method developed here may be relevant to the study of nonlinear excitations in biomolecules with helical structure such as DNA and proteins. There are several areas of condensed matter physics where the existence of a complex energy landscape with a number of local minima in the potential function is presumed to play a crucial role in determining their properties. Such examples can, for instance, be found in the study of glasses and proteins. Application of the techniques employed here to these problems would be another topic warranting further investigation.

4. Finally, another relevant generalization would be to consider geometric constraints different than the helical one, and derive and study the ensuing (reduced) dynamical models.

These topics are currently under study and will be reported elsewhere.

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FIG. 1: The potential $V(\delta_n)$ of Eq. (16) is shown as a function of $\delta_n$ for different magnitudes of $\epsilon$. Curves 1 to 4 correspond to $\epsilon = 0.4$, $\epsilon_1 \approx 0.2172$, $\epsilon_2 \approx 0.09133$, and $\epsilon_3 \approx 0.05797$. The magnitudes $\epsilon_l$, at which $l$th minimum of the potential function appears, are given by Eq. (17).

FIG. 2: Examples of stable equilibrium structures in SLL with $J = 1$, $\epsilon = 0.2$. (a) Kink-like structure, (b) point defect in the ground state structure, (c) zigzag structure, (d) point defect in the zigzag structure.
FIG. 3: Vibration mode excited for zigzag metastable structure with a defect present in Fig. 2(d). The mode is localized on (practically only) three particles. \( J = 1, \epsilon = 0.2 \).

FIG. 4: Moving kinks initiated by the initial condition \( \theta_0(0) = 0, \theta_0(0) = 3 \), and zero initial conditions for all other particles, presented by the set of plots \( \theta \) vs. \( n \) for different times. The height of the kinks is \( |\varphi_1 - \varphi_2| \approx 0.9\pi \) and it increases with increase in initial velocity of 0th particle. Periodic boundary conditions are used here to demonstrate the kinks’ robustness against collisions. \( J = 1, \epsilon = 0.2 \).
FIG. 5: An attempt to excite a NRM in a SLL lattice Eqs. (12) by means of initial conditions \( \dot{\theta}_0(0) = 4.88, \dot{\theta}_0(0) = 0 \), with zero initial conditions for all other particles. \( J = 1, \epsilon = 0.2 \). The 0th particle oscillates near the minimum of \( V(\delta_n) \) situated at \( \delta_n \approx 4.9063 \), while other particles oscillate near the minimum at \( \delta_n = 0 \). Due to the rather strong interaction with the lattice, the energy of excitation is “dissipated” to the lattice after only a few oscillations.
FIG. 6: ILM with all particles oscillating in one well of the on-site potential. The mode has amplitude $A_1 \approx 1.37$ and frequency $\omega \approx 2.15$, which is considerably lower than the bottom edge of the linear spectrum, $\omega_{\text{min}} \approx 3.162$ with all higher harmonics lying above the upper edge, $\omega_{\text{max}} \approx 3.847$. $J = 1$, $\epsilon = 0.2$, and $\lambda = 5$. 
FIG. 7: Same as in Fig. 6 but for larger amplitude, $A_1 \approx 3.71$. The ILM has frequency $\omega \approx 0.607$ which is significantly lower than the bottom edge of the linear spectrum, $\omega_{\text{min}} \approx 3.162$. The mode radiates energy extremely slowly due to the interaction of higher harmonics with the linear spectrum. Note the difference in the ordinate scale for the middle panel.

$J = 1$, $\epsilon = 0.2$, and $\lambda = 5$. 

FIG. 8: ILM with one particle oscillating in a potential well different from that where other particles are located. (a) Plots $\theta$ vs. $n$ for different times showing the dynamics of particles (the 0th particle is not shown here because its coordinate differs from coordinates of other particles significantly, by roughly $2\pi$). (b) Dynamics of 0th particle. The ILM is rather broad. The 0th particle oscillates with the amplitude $A(\theta_0) \approx 0.6$ while its nearest neighbors have nearly the same amplitude, $A(\theta_{\pm1}) \approx 0.52$, and the amplitudes decrease rather slowly with deviation from 0th particle. $J = 1$, $\epsilon = 0.05$, and $\lambda = 1$. 