Preparatory neural networks are impaired in adults with attention-deficit/hyperactivity disorder during the antisaccade task

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ABSTRACT

Adults with attention-deficit/hyperactivity disorder (ADHD) often display executive function impairments, particularly in inhibitory control. The antisaccade task, which measures inhibitory control, requires one to suppress an automatic prosaccade toward a salient visual stimulus and voluntarily make an antisaccade in the opposite direction. ADHD patients not only have longer saccadic reaction times, but also make more direction errors (i.e., a prosaccade was executed toward the stimulus) during antisaccade trials. These deficits may stem from pathology in several brain areas that are important for executive control. Using functional MRI with a rapid event-related design, adults with combined subtype of ADHD (coexistence of attention and hyperactivity problems), who abstained from taking stimulant medication 20 h prior to experiment onset, and age-match controls performed pro- and antisaccade trials that were interleaved with pro- and anti-catch trials (i.e., instruction was presented but no target appeared, requiring no response). This method allowed us to examine brain activation patterns when participants either prepared (during instruction) or executed (after target appearance) correct pro or antisaccades. Behaviorally, ADHD adults displayed several antisaccade deficits, including longer and more variable reaction times and more direction errors, but saccade metrics (i.e., duration, velocity, and amplitude) were normal. When preparing to execute an antisaccade, ADHD adults showed less activation in frontal, supplementary, and parietal eye fields, compared to controls. However, activation in these areas was normal in the ADHD group during the execution of a correct antisaccade. Interestingly, unlike controls, adults with ADHD produced greater activation than controls in dorsolateral prefrontal cortex during antisaccade execution, perhaps as part of compensatory mechanisms to optimize antisaccade production. Overall, these data suggest that the saccade deficits observed in adults with ADHD do not result from an inability to execute a correct antisaccade but rather the failure to properly prepare (i.e., form the appropriate task set) for the antisaccade trial. The data support the view that the executive impairments, including inhibitory control, in ADHD adults are related to poor response preparation.

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deficits are particularly widespread in ADHD. Many behavioral and brain imaging studies have assessed inhibitory control in children with ADHD (see Doyle, 2006; Quay, 1997; Willcutt et al., 2005; for review); however, very few studies have been conducted examining the impact of inhibitory control deficits in adults with ADHD (see Ossmann and Mulligan, 2003; Schneider et al., 2006; Seidman, 2006).

Here, we used interleaved pro and antisaccade tasks (described below), combined with simultaneous eye-tracking and blood oxygen-level dependent (BOLD) functional magnetic resonance imaging (fMRI), to investigate specific inhibitory control deficits in adults with ADHD and their underlying neural correlates. The antisaccade task is a simple, yet elegant tool to measure inhibitory control because it requires participants to first inhibit an automatic, visually-guided eye movement toward a suddenly appearing target (a prosaccade), and instead produce a voluntary saccade in the opposite direction of the target (an antisaccade) (Hallet, 1978; Munoz and Everling, 2004). Therefore, to properly perform an antisaccade, participants are required not only to execute a saccade in the correct direction, but they must also sufficiently prepare themselves to inhibit the unwanted prosaccade during the instruction period (i.e., establish a task set), prior to target appearance. The antisaccade task therefore enables investigation of processes relating to response preparation and execution, and how they specifically contribute to deficits in inhibitory control.

The cortical and subcortical regions that are involved in the suppression and/or generation of saccadic eye movements include regions in the parietal and frontal cortices, basal ganglia, and superior colliculus (SC) based on research using monkey neurophysiology (Wurtz and Goldberg, 1989; Munoz and Everling, 2004; Leigh and Zee, 2006; Watanabe and Munoz, 2011a). Briefly, when a target appears in the visual field, many saccade-related neurons in both the frontal eye fields (FEF) and SC (on the contralateral side of the brain relative to target location) discharge a burst of action potentials (Mohler and Wurtz, 1976; Bruce and Goldberg, 1985). These same neurons then discharge a motor burst to drive the eyes to the visual target. During antisaccade trials, the excitability of these neurons must be suppressed, prior to target onset, so that the visual response does not trigger a saccade. Instead, saccade neurons in the FEF and SC on the other side of the brain, ipsilateral to the target, need to be activated to drive the voluntary antisaccade (Everling et al., 1999; Everling and Munoz, 2000). Accumulator models can be used to explain the neural contributions of the oculomotor network during antisaccade trials (Munoz and Everling, 2004; Munoz et al., 2007). During antisaccade trials (Fig. 1A), two processes race toward a threshold, and a saccade is triggered once neuronal activity surpasses this threshold. The first process is set into action by the appearance of the target, initiating a rise in activation (contralateral to the target) that is associated with a movement toward that target (i.e., an automatic prosaccade), while the other process is initiated (on the ipsilateral side of the brain) by the inversion of the target vector to initiate a voluntary antisaccade. To perform an antisaccade correctly, processes

![Figure 1](https://example.com/fig1.png)

Fig. 1. (A) Accumulator model of antisaccade task performance. When neural activity crosses the saccade threshold, a saccade is triggered. Neural activity of saccade-related neurons in superior colliculus on correct antisaccade trials (solid red line) and antisaccade direction error trials (dashed gray line). On correct trials, activity is reduced prior to target onset to prevent target-evoked activity from crossing the threshold. During error trials, this reduction is absent, resulting in target-evoked activity to cross the threshold. FP = fixation point. IC = instruction cue. T = target. (B) Illustration of stimuli and timing of events for the 4 trial types.
related to the initiation of the automatic prosaccade (Fig. 1A; dashed gray line) must be inhibited to allow time for the voluntary antisaccade response (Fig. 1A; solid red line) to accumulate toward the threshold. Therefore, saccade-related neurons that specifically code automatic prosaccades must be inhibited prior to target onset to prevent the initiation of direction errors. Mechanisms for this pre-target inhibition are present in several structures, including FEF (Everling and Munoz, 2000), supplementary eye fields (SEF; Amador et al., 2004; Schlag-Rey et al., 1997), dorsolateral prefrontal cortex (DLPFC; Johnston and Everling, 2006), and caudate nucleus (CN; Watanabe and Munoz, 2010a, 2011a) of the basal ganglia. The parietal eye fields (PEF) and anterior cingulate cortex (ACC) are also involved in antisaccade production, particularly in the transformation of sensory signals to motor signals and error detection and/or monitoring, respectively (Gottlieb and Goldberg, 1999; Zhang and Barash, 2000; Medendorp et al., 2005; Johnston et al., 2007; Nyffeler et al., 2007).

Studies examining antisaccade control in humans have reported differential activation of key oculomotor areas between antisaccade and prosaccade generation (Sweeney et al., 1996; Matsuda et al., 2004; Ettinger et al., 2008). Furthermore, recent event-related fMRI experiments have demonstrated increased BOLD activity during the preparatory, pre-target phase of the antisaccade task, as compared to the prosaccade task, in FEF, SEF, DLPFC, and ACC (Connolly et al., 2002, 2005; Ford et al., 2005; Brown et al., 2007), suggesting that components of the oculomotor network are recruited differently when preparing for either an antisaccade or prosaccade, with more preparatory activity requirements during antisaccade trials.

Adults with ADHD have difficulties exerting voluntary control over saccade generation; they not only have slower and more variable saccadic reaction times (SRTs), but also make more direction errors during antisaccade trials (i.e., a prosaccade was erroneously executed toward the target), more anticipatory eye movements (reaction times >90 ms), and more express saccades (reaction times between 90 and 140 ms) (Munoz et al., 2003; Feifel et al., 2004; Carr et al., 2006). Yet saccade metrics (i.e., duration, peak velocity, and amplitude) in this group are typically normal to near-normal (Munoz et al., 2003; Feifel et al., 2004), suggesting that saccade deficits in ADHD participants stem from an inability to establish the appropriate task set rather than the execution of the saccadic motor response itself. This hypothesis has never been explicitly investigated and is the aim of the current study. We predict that antisaccade deficits produced by ADHD adults may arise from reduced activity of fronto-striatal areas that are responsible for suppressing saccade-related neurons prior to target onset.

2. Methods

All experiments were approved by the Research Ethics Board of Queen’s University and were conducted in accordance with the principles of the Canadian Tri-council Policy Statement on Ethical Conduct for Research Involving Humans.

2.1. Participants

A total of 49 adult participants (28 ADHD and 21 controls) with normal or corrected-to-normal vision were recruited for this study via newspaper advertisements and posters displayed in doctor’s offices. Twenty participants were subsequently excluded for several reasons. Twelve participants (8 ADHD and 4 control) were excluded because of excessive movement in the MRI scanner (>3 mm movement in any of the 3 translational dimensions and/or >3 deg movement in any of the 3 rotational dimensions), 6 participants (4 ADHD and 2 control) because the eye tracking was unable to reliably detect the pupil, one control participant because of an incidental finding, one ADHD participant because she took stimulant medication within 20 h of the MRI appointment, and one ADHD participant because of dental artifacts. Approximately 1.5 times more adults with ADHD were excluded due to motion artifacts compared to controls (30% of adults with ADHD and 19% of adult controls), which was expected, particularly when ADHD participants were off medication during the scanning session. The final group of participants included 14 adults diagnosed with the combined subtype of ADHD (9 males, mean age 29.5 ± 9.4 years) and 14 age- and gender-matched controls (mean age 29.6 years ± 9.6 years). Participants with ADHD provided documentation of a recent diagnosis (within 5 years) meeting DSM-IV criteria for ADHD, combined subtype. The documentation was provided by a licensed professional (either a psychologist or psychiatrist). Relying on ADHD diagnoses from community practitioners only is not ideal; however, we are confident that all participants in our ADHD group have been given an accurate diagnosis, given that the behavioral deficits exhibited by this group are in-line with those observed in other studies (Munoz et al., 2003; Feifel et al., 2004; Carr et al., 2006). Upon screening for neurological, developmental and current or past psychiatric disorders, two ADHD participants, who were included in the study, reported a current diagnosis of depression. ADHD participants were asked to abstain from taking stimulant medication for at least 20 h before the MRI session. Table 1 outlines the pharmacological treatments for each participant. Control subjects were screened (via telephone interview and a follow-up questionnaire) for absence of neurological, developmental, and previously diagnosed psychiatric disorders, and no family history of ADHD. All participants gave their written and informed consent and received free parking and $20/h as compensation for their participation.

2.2. Paradigm

An interleaved, rapid event-related design was employed for two reasons. First, trials were randomly interleaved to increase the difficulty of the task, eliciting higher antisaccade error rates. Secondly, trials were presented at a rapid rate to enable the presentation of different trial types in a reasonable time period. Two-thirds of all trials consisted of full pro or antisaccade trials aimed at examining both the preparatory and execution components of saccades (Fig. 1B, top 2 rows), and one-third of all trials consisted of ‘preparation’ only trials (i.e., catch trials) that exclusively measured preparatory actions (Fig. 1B, bottom 2 rows). Participants were asked to fixate on a central fixation stimulus (a ‘gold coin’) that appeared for 1000 ms at the center of the screen to start each trial. The symbol used as a fixation

| Patients | Sex | Age (years) | Medication |
|----------|-----|-------------|------------|
| 1        | M   | 39          |            |
| 2a       | F   | 23          |            |
| 3        | M   | 38          |            |
| 4a       | F   | 19          |            |
| 5        | M   | 27          |            |
| 6        | M   | 19          | Ritalin    |
| 7        | M   | 20          | Ritalin    |
| 8        | M   | 27          |            |
| 9        | F   | 19          | Concerta, Ritalin |
| 10       | M   | 28          | Ritalin    |
| 11       | M   | 20          | Ritalin    |
| 12       | F   | 32          |            |
| 13       | M   | 24          | Strattera  |
| 14       | F   | 32          | Ritalin    |

M = male; F = female.

a Patients with an additional diagnosis of depression.
stimulus, and its color, was then changed to indicate either the instruction to make a pro or an antisaccade. The symbols used were colored cartoon images: a green turtle indicating that a prosaccade was required or a red crab indicating that an antisaccade was required. Colored cartoon symbols were chosen because the experiment was conducted across various patient groups that included child-aged participants, and this made the task easier for children to learn.

Following presentation of the instructional cue, which remained present for 1300 ms, a 200 ms gap period occurred in which the participant was presented with a black screen. The gap period was introduced to enable participants to generate more 'automatic' saccades, inducing shorter SRTs and more antisaccade direction errors and express prosaccades (Munoz and Cornell, 1995; Fischer and Weber, 1997; Munoz et al., 1998). On saccade trials, a peripheral target (gold coin) was then flashed for 100 ms to the left or right of central fixation, at eccentricities of either 6° or 7° in separate trials. Participants were instructed to execute a prosaccade (look toward the target location) or antisaccade (look away from the target in the opposite direction) based on the colored instruction cue. The central fixation stimulus (gold coin) reappeared 1400 ms later, and participants were required to re-establish central fixation to initiate the next trial. On catch trials, the instruction cue was presented and disappeared to initiate the gap period, but the peripheral target did not appear to signal a saccade; subjects were instead required to maintain central fixation for 1700 ms without generating a saccade response. Since participants did not know whether or not the peripheral target would appear, the instruction cue would always elicit preparation for a pro or antisaccade. Full saccade and catch trials were therefore both 4500 ms in length. The inter-trial interval was jittered, using fixation periods that spanned 1 repetition time (TR) (1.5 s; 8 times), 2 TR (3.0 s; 4 times) and 3 TR (4.5 s; 4 times) to increase the statistical efficiency and power in the rapid event-related design (Dale, 1999). Prior to commencing the task, participants were instructed to make a correction saccade if they generated errors.

Runs consisted of 48 trials that included 8 pro-catch trials, 8 anti-catch trials, 16 prosaccade trials, and 16 antisaccade trials (Fig. 1B). Each participant performed 5–9 runs (depending on eye tracking success), with each run lasting 277.5 s. Each run started with an additional fixation period of 3 s, while MR images were acquired, to allow the MR signal to reach a steady-state, and ended with a 16.5 s fixation period to allow the hemodynamic response to return toward baseline. Trial types were pseudorandomly interleaved, and pro and antisaccade trials were balanced for right and left presentation in each run. Both groups did not differ in terms of the number of completed runs: the mean number of runs administered to the control and ADHD groups was 6.5 (±1.4) and 6.1 ±1 (1.4), respectively; groups did not differ in terms of the number of runs they completed (one-way ANOVA: F(1, 26) = 0.66, p = .42).

2.3. Visual display and eye tracking

Visual stimuli were generated and controlled using E-PRIME software (Psychology Software Tools Inc., Pittsburgh, PA, USA) on a personal computer. Images were back-projected onto a high-contrast rear projection screen (DA-LITE), positioned at the head end of the MRI system, using a NEC LT265 DLP video projector (Tokyo, Japan) with a refresh rate of 60 Hz and resolution of 1024 × 768. Participants viewed the screen via a mirror attached to the head coil (described below). Using DQW software v1.10X, the right eye was tracked using an ISCAN ETI-400 camera (Burlington, MA, USA) that sampled eye position at 120 Hz. To ensure synchronization, the MRI sequences directly triggered the E-PRIME software using a trigger signal from the scanner. An infrared fiber-optic illuminator, which was fixed to the head coil, was used to illuminate the right eye for tracking. After the anatomical scan, the eye tracker was calibrated using a nine-point array that covered most of the visual field. Analysis of the eye movement data was performed off-line using custom-made MATLAB programs.

2.4. Imaging protocol

All imaging data were acquired using a Siemens 3 T Magnetom Trio system (Erlangen, Germany) fitted with a 12-channel receive-only head coil located at the Queen’s University MRI facility. High-resolution T1-weighted whole-brain structural scans were performed on each participant using a MPRAGE sequence (TR = 1760 ms, TE = 2.2 ms, flip angle = 9°, 256 × 256 mm field-of-view, and 256 × 256 matrix size providing 1 mm isotropic voxels). Functional data were collected using a T2*-weighted EPI acquisition (TR = 1500 ms, TE = 30 ms, flip angle = 72°, 211 × 211 mm field-of-view, 64 × 64 matrix size, 3.3 mm isotropic voxel resolution, 185 volumes) for blood oxygenation-level dependent (BOLD)-based imaging ( Ogawa et al., 1990). Twenty-four slices were acquired, positioned to include all regions of interest (ROI: PEF, SEF, PEF, DLPFC, ACC, and CN) extending from the top of the brain to the ventral striatum.

2.5. MRI pre-processing

All functional imaging runs were preprocessed using Brain Voyager QX (Maastricht, the Netherlands). The first two volumes of each functional time series were removed before any pre-preprocessing to allow the MR signal to reach a steady state. To correct for between-scan movements, all volumes were realigned to the first volume of each functional run. Slice scan time correction was conducted to adjust for time differences due to multi-slice imaging acquisition using cubic spline interpolation based on the TR and order of slice scanning (ascending interleaved). 3D spatial smoothing was then performed using a 4 mm full-width at half-maximum Gaussian filter on the volumes, and each run was filtered to remove linear drift using a high-pass filter with the upper cut-off frequency corresponding to 3 cycles over the run’s length. Finally, all functional data were superimposed onto 3D anatomical images, resampled into 3 × 3 × 3 mm cubic voxels, aligned to the anterior commissure–posterior commissure axis, and transformed into Talairach space (Talairach and Tournoux, 1988).

To ensure that there were no significant between-group movement differences, which may have led to apparent BOLD contrast differences, we compared the groups’ average displacement from the mean head position in six dimensions (translation in x, y, and z, and rotation around the x, y, and z axes) for the 14 participants selected per group. The total absolute movement of the ADHD group was 0.104 mm, 0.096 mm, and 0.175 mm for translation in the x, y, and z axes, respectively and 0.119 deg, 0.050 deg, and 0.082 deg for rotation in the x, y, and z axes, respectively. For the control group, it was 0.074 mm, 0.088 mm, and 0.135 mm for translation in the x, y, and z axes, respectively and 0.097 deg, 0.039 deg, and 0.065 deg for rotation in the x, y, and z axes, respectively. Adults with ADHD did not significantly differ from control participants on any translational or rotational measure (t-test, p > .05 for all measures).

2.6. Statistics and data analyses

2.6.1. Behavioral analyses

Behavioral data were analyzed using custom-written scripts in MATLAB 7.4 (The MathWorks Inc., Natick, MA, USA). Saccadic reaction time (SRT) was measured as the first saccade away from fixation after stimulus onset, when the velocity exceeded the mean +3 × the SD of the background velocity. The velocity had to remain above this threshold for 5 sample points for it to be classified as a saccade. Saccades with SRT <110 ms were considered anticipatory and thus were excluded from analysis. This value was selected because it was the point at which errors in prosaccade trials were no longer executed at chance (50% correct: incorrect). Therefore, 110 ms was the earliest
time at which detection of the visual target could influence behavior. Express saccades, which are the shortest visually-triggered saccades, have typically been calculated as saccades with SRTs between 90 and 135 ms (Fischer et al., 1993; Munoz et al., 1998); however, the boundaries of this epoch change according to the participant age and stimulus conditions (Bell et al., 2006; Pelsch et al., 2011). In the current study, the express saccade epoch was measured between 110 and 140 ms, where 140 ms was the latency at which both groups made more correct responses than errors during antisaccade trials (data not shown). Prosaccade direction errors corresponded to saccades executed away from the target in prosaccade trials; antisaccade direction errors were prosaccades executed toward the target location during antisaccade trials. ADHD participants made 12.03% prosaccade errors and 23.08% antisaccade errors, while control participants made 5.21% prosaccade errors and 6.25% antisaccade errors. To ensure that direction errors were attributable to insufficient inhibitory control, rather than to inattention, distraction, or guessing of the cue location, we only examined errors that were corrected by the participants. ADHD participants corrected 69.8% of prosaccade and 75.8% of antisaccade errors, while control participants corrected 80.3% of prosaccade and 90.6% of antisaccade errors; group differences in prosaccade (F(1, 26)=0.75, p=.39, d=−0.32) and antisaccade (F(1, 26)=2.37, p=.14, d=−0.56) error correction were not significant. Direction error rate was calculated by dividing the total number of errors by the total number of valid trials (error+correct). Intra-subject variability for SRT was calculated using the coefficient of variation (CV) for correct trials (SD/mean×100).

Valid trials consisted of all trials except for those that included: 1) failure to fixate during fixation trials; 2) failure to fixate during the instruction period of a full pro or antisaccade trial; 3) failure to execute a saccade during the response period; 4) execution of multiple saccades during the response period; 5) saccades executed during catch trials; 6) antisaccades executed during prosaccade trials; 7) failure to correct an antisaccade direction error; and 8) trials in which eye-tracking was unsuccessful. These aforementioned excluded trials were modeled separately as 'invalid trials' in the functional MRI analysis described below. Importantly the proportion of valid trials that were analyzed was similar between the two groups. The range of valid trials for ADHD participants was 22–63 for anti-catch trials, 18–64 for pro-catch trials, 33–108 for correct antisaccade trials, 21–128 for correct prosaccade trials, and 5–47 for antisaccade error trials. For control participants, valid trials ranged from 22 to 64 for anti-catch trials, 31 to 64 for pro-catch trials, 38 to 122 for correct antisaccade trials, 56 to 125 for correct prosaccade trials, and 5 to 18 for antisaccade error trials.

Independent-measures ANOVAs were conducted to examine ‘preparatory’ differences in behavior between the control and ADHD groups for mean SRTs, SRT coefficient of variation, mean percentage of express saccades, and mean percentage of direction errors in anti and prosaccade trials. Group differences on saccade measures were not observed for leftward versus rightward saccades and 6° versus 7° eccentricities (p>.05); therefore, these responses were pooled together. Furthermore, one-way ANOVAs were also used to measure between-group differences of saccade metrics, including pro and antisaccade duration, amplitude, and velocity. Paired t-tests (non-directional) were conducted to compare behavior within each experimental group. The effect sizes for all comparisons were measured using Cohen’s d.

2.6.2. fMRI analyses

In the rapid event-related design we employed, events occurred in rapid succession so that the BOLD signal recorded at any given point in time was the sum of the BOLD response from several preceding task events. Consequently, the measured BOLD time-series for each voxel was deconvolved with the canonical hemodynamic response function (HRF) in order to estimate the underlying time-course of neural activity. The HRF was modeled with a 13-point time-series with a temporal resolution of 1.54 s. The result of this process demonstrates the responses to each individual trial, without overlap in time. Events were modeled separately in the design matrix and pertained to trial type, including: 1) correct anti-catch trials; 2) correct pro-catch trials; 3) correct antisaccade trials; 4) correct prosaccade trials; 5) corrected antisaccade direction errors; and 6) invalid trials. Fixation trials were used as an implicit baseline.

Several statistical parametric maps were computed for each group, with the statistics reflecting the significance of the consistent response of each voxel to each trial type, as defined above. First, to ensure that the saccade task recruited all of our ROIs, we looked at full antisaccade trials and full prosaccade trials over time points 5–7 (7.7, 9.3, and 10.8 s from trial onset, Fig. 3B) that spanned the time interval from the presentation of the instruction cue to the execution of the saccade. Further, we computed contrast maps looking at both antisaccade preparatory (anti-catch minus fixation) and prosaccade preparatory (pro-catch minus fixation) activations (Fig. 4A), taken from time points 5 and 6 after trial onset (Fig. 5B). This interval was chosen as it corresponded to the peak of the hemodynamic response curve. To examine brain areas related to the execution of a saccade, contrasts examining antisaccade execution (full antisaccade minus anti-catch) and prosaccade execution (full prosaccade minus pro-catch) (Fig. 4B) were computed for the 6th and 7th time points after trial onset (Fig. 6B). Time points for the execution contrast were shifted by 1.5 s to include the 6th and 7th time points because the onset of the peripheral target occurred 1.5 s (one time point) after the appearance of the instruction cue. Finally, we computed contrast maps examining correct antisaccade trials (antisaccade minus fixation) versus erroneous antisaccade trials (corrected antisaccade direction errors minus fixation), taken from the 5th to the 7th time point after trial onset (Fig. 7). We were unable to examine differences in preparation or execution during erroneous saccades because there were no saccades on catch trials; thus, we were unable to separate catch trials into those that led to correct versus erroneous antisaccades.

We used a mixed-effects analysis based on studies conducted by Brown et al. (2007). More precisely, group analysis was conducted using a fixed-effects general linear model (GLM) with separate subject predictors. This method was chosen (rather than constructing a single map for all participants using a random-effects analysis) as it ensures that every ROI was activated by both groups. Each statistical parametric map was Bonferroni corrected for multiple comparisons at p<.05 and cluster-size corrected at p<.05 (using a cluster threshold of nine contiguous voxels). Beta weight values (estimates of the BOLD signal change) were extracted from each individual after correcting for serial correlations, and then averaged across subjects in each ROI, defined as all the voxels within a 7×7×7 cubic cluster centered on the peak of activation, corrected for multiple comparisons. Beta weight values for bilateral structures (i.e., FEF, PEF, DLPFC, and CN) were extracted for both left and right locations and then averaged. ROIs were identified based on previous studies examining the neural correlates of saccades (Ford et al., 2005; Brown et al., 2007; Alvarez et al., 2010). One-way ANOVAs were then conducted between groups examining differences in mean beta weight values for all ROIs at each contrast described above.

3. Results

3.1. Behavior

Sample eye position traces recorded from a control participant, illustrating two correct antisaccades and one direction error that is corrected, are shown in Fig. 2A. Consistent with previous studies (Munoz et al., 2003; Feifer et al., 2004; Carr et al., 2006), adults with ADHD were slower to initiate correct antisaccades compared to controls (F(1, 26)=9.58, p<.005, d=1.20; Fig. 2B), produced more variable SRTs for both prosaccades (F(1, 26)=7.39, p<.05, d=1.05; Fig. 2C) and antisaccades (F(1, 26)=4.97, p<.05, d=0.84; Fig. 2C), ensuring that every ROI was activated by
and executed a higher percentage of direction errors on antisaccade trials than controls (\(F(1, 26) = 9.22, p < .005, d = 1.18\); Fig. 2D). ADHD participants also made more direction errors than control participants on prosaccade trials, although the difference did not reach significance (\(F(1, 26) = 3.36, p = .08, d = .67\)). ADHD participants tended to make more express saccades during prosaccade trials than controls, although the difference did not reach significance (\(F(1, 26) = 2.66, p = .115, d = .59\); Fig. 2E). Both groups did not differ in terms of correct prosaccade SRT (\(F(1, 26) = 0.31, p = .58, d = .22\); Fig. 2B). Furthermore, to ensure that there were not any fatigue or time-on-task effects on task performance, we correlated the number of runs with several behavioral measures of saccade performance. There were no significant correlations between the number of runs and anti SRT (\(r(26) = .01, p = .95\)), pro SRT (\(r(26) = .21, p = .28\)), antisaccade direction errors (\(r(26) = .01, p = .95\)), pro SRT (\(r(26) = -.14, p = .49\)), prosaccade direction errors (\(r(26) = -.09, p = .64\)), or express prosaccades (\(r(26) = -.08, p = .68\)). Finally, group differences were not observed for saccade metrics, including prosaccade duration (\(F(1, 26) = 1.79, p = .28, d = .62\)), velocity (\(F(1, 26) = .74, p = .40, d = -.04\)), and amplitude (\(F(1, 26) = .14, p = .71, d = .52\)) or antisaccade duration (\(F(1, 26) = .96, p = .34, d = .68\)), velocity (\(F(1, 26) = .30, p = .59, d = -.46\)), and amplitude (\(F(1, 26) = .13, p = .72, d = .59\)). Overall, adults with ADHD showed several impairments in saccade control—they made more direction errors during antisaccade trials, produced longer mean antisaccade SRTs, and had more variable SRTs. These findings suggest that the saccade deficits produced by adults with ADHD were not based on a general inability to execute a saccade (because saccade metrics were normal), but rather arose from an inability to ‘reset’ the oculomotor network optimally prior to target onset (Fig. 1A), which subsequently led to higher variability in SRT and more direction errors.

### 3.2. fMRI

#### 3.2.1. The saccade network

The behavioral deficits (Fig. 2B–E) may have occurred because ADHD participants did not recruit key areas of the oculomotor network optimally for saccade control, including SEF, FEF, DLPFC, ACC, and CN (Connolly et al., 2002, 2005; Ford et al., 2005; Brown et al., 2007). Fig. 3A depicts the most relevant slices for saccade (i.e., antisaccade plus prosaccade) generation, and Table 2 lists the Talairach locations of peak activation for all key regions of interest. We found that both groups recruited all pre-defined ROIs, suggesting that the observed behavioral deficits in the ADHD group likely were attributed to critical differences in sub-processes of pro and antisaccade control (i.e., saccade preparation or execution).

#### 3.2.2. Preparatory findings

We hypothesized that increased direction errors during antisaccade trials in the ADHD group was attributed to insufficient preparation of the oculomotor network (i.e., inhibition of saccade-related neurons in FEF and SC before the peripheral target appeared; Everling et al., 1998; Everling and Munoz, 2000). For instance, the ADHD group could have made more direction errors in the antisaccade task because they were unable to prepare properly to suppress the automatic prosaccade during the pre-target period. Slices of the statistical map built from the preparation contrasts are displayed in Fig. 4A; ‘hot colored’ regions (i.e., orange/yellow) are those that produced a higher BOLD signal change for pro-catch or anti-catch trials, compared to fixation. Group comparisons of peak beta weight values at all regions of interest are shown in Fig. 5A–B and Talairach locations of the peak activation for each ROI are shown in Table 3. Critically, during the preparatory phase, ADHD adults exhibited less activation (hipoactivation) than controls in all ROIs analyzed. This was most pronounced during antisaccade preparation where significant group differences in SEF (\(F(1, 26) = 7.78, p < .01, d = -1.11\)), FEF (\(F(1, 26) = 7.75, p < .01, d = -1.01\)), and PEF (\(F(1, 26) = 4.30, p < .05, d = -0.83\)) emerged, with the control group showing greater activation in these areas. Finally, compared to ADHD participants, controls displayed greater activation in CN during prosaccade preparation (\(F(1, 26) = 11.59, p < .01, d = -1.39\)).

#### 3.2.3. Execution findings

Although we hypothesized that antisaccade deficits in the ADHD group likely arise from poor preparation, it was necessary to also examine group differences in activity during saccade execution. Subsequent analyses explored activation patterns related only to the response components of pro or antisaccades. Slices of the statistical map built from the execution contrasts are depicted in Fig. 4B. ‘Hot colored’ areas are those that produced more BOLD activation during saccade execution than preparation. Group comparisons of peak beta weight values for each ROI are shown in Fig. 6A–B, and Talairach locations of the peak activation for each ROI are listed in Table 4. Overall, there were no differences in execution-related activation between ADHD and control participants. The only difference we observed was in the DLPFC, where ADHD participants exhibited significantly greater execution-related activation (hyperactivation) compared to controls for both prosaccades (\(F(1, 26) = 26.15, p < .001, d = 1.64\)) and antisaccades (\(F(1, 26) = 15.38, p < .001, d = 2.06\)). This enhanced DLPFC recruitment may serve as a compensatory mechanism to facilitate or enhance correct saccade execution, given the reduced activation during the preparatory phase.

#### 3.2.4. Correct versus incorrect antisaccade trials

Overall, the imaging data suggest that the biggest between-group differences at the contrast level for correct pro- and antisaccade processes occurred at the preparation level, particularly for the antisaccade task. Next, we investigated oculomotor function during
trials in which an antisaccade direction error was produced. Based on accumulator models (Fig. 1A), we hypothesized that the increased antisaccade error rate produced by ADHD adults resulted from reduced activity of fronto-striatal areas that are responsible for suppressing saccade-related neurons, prior to target onset. Furthermore, inhibitory deficits in ADHD have been linked to deficient ACC activation (see Fassbender and Schweitzer, 2006 for review); therefore, we expected to see reduced ACC activity during error trials in this group. Group comparisons of peak beta weight values, for activation related to correct versus antisaccade direction error trials, are shown in Fig. 7, and Talairach locations of the peak activation for each ROI are shown in Table 5. Between-group differences were only observed in two ROIs: controls displayed higher activation in CN (F(1, 26) = 4.10, p < .05, d = −0.81) and DLPFC (F(1, 26) = 4.57, p < .05, d = −0.85) during antisaccade errors compared to ADHD participants. Furthermore, two-tailed paired-samples t-tests revealed that both control and ADHD participants showed greater activation in PEF (Control: t(13) = 2.29, p < .05, d = 0.51; ADHD: t(13) = 2.48, p < .05, d = 0.59) when performing correct antisaccades, while greater activity in FEF (t(13) = 2.94, p < .05) and DLPFC (t(13) = 2.18, p < .05, d = 0.46) during correct antisaccade trials was only observed in the ADHD group. Finally, control participants exhibited more activation in ACC (t(13) = −2.77, p < .05, d = 0.88) and SEF (t(13) = −2.13, p < .05, d = 0.75) during antisaccade error trials versus correct antisaccade trials. This enhanced activation on error trials was absent in ADHD subjects.

3.2.5. Correlations with antisaccade performance

To examine whether differences in the magnitude of antisaccade preparation activation across subjects correlated to antisaccade performance, post-hoc analyses were conducted to examine the relationship between behavior (anti SRT and percentage of direction errors) and activation in FEF, SEF, and PEF, areas that were hypoactive in ADHD adults during antisaccade preparation. Significant correlations were only observed when both groups’ scores were combined. During antisaccade preparation, activity in FEF (r(26) = −0.44, p < .05), SEF (r(26) = −0.47, p < .05), and PEF (r(26) = −0.38, p < .05) correlated negatively with antisaccade direction errors (Fig. 8A–C). Furthermore, anti SRT correlated negatively with activity in SEF (r(26) = −0.44, p < .05) (Fig. 8D). Based on our findings that ADHD participants additionally

### Table 2

| Group and region | Saccade: prosaccade plus antisaccade |
|------------------|-------------------------------------|
|                  | X  | Y  | Z  | t   | Vol |
| ADHD             |    |    |    |     |     |
| SEF              | −3 | −7 | 55 | 28.52 | 1460 |
| Right FEF       | 27 | −10| 52 | 25.97 | 890  |
| Left FEF        | −27| −16| 49 | 25.08 | 739  |
| Right PEF       | 21 | −64| 49 | 29.75 | 1455 |
| Left PEF        | −24| −61| 45 | 33.97 | 2177 |
| Right DLPFC     | 30 | 40 | 34 | 13.40 | 241  |
| Left DLPFC      | −33| 38 | 31 | 12.21 | 1459 |
| ACC             | −  | −  | −  | −    | −    |
| Right CN        | 12 | 11 | 16 | 13.60 | 32   |
| Left CN         | 10 | 5  | 14 | 10.41 | 19   |
| Control         |    |    |    |     |     |
| SEF             | 0  | −4 | 55 | 36.44 | 1575 |
| Right FEF       | 24 | −10| 55 | 31.08 | 861  |
| Left FEF        | −27| −10| 49 | 36.04 | 1206 |
| Right PEF       | 15 | −70| 46 | 42.62 | 1758 |
| Left PEF        | −18| −67| 46 | 49.44 | 2649 |
| Right DLPFC     | 36 | 35 | 40 | 11.52 | 202  |
| Left DLPFC      | −36| 32 | 34 | 11.45 | 184  |
| ACC             | 1  | 18 | 30 | 14.52 | 394  |
| Right CN        | 11 | 7  | 12 | 10.49 | 35   |
| Left CN         | −14| 10 | 12 | 9.96  | 27   |

SEF, FEF, PEF, supplementary, frontal, parietal eye fields; DLPFC, dorsolateral prefrontal cortex; ACC, anterior cingulate cortex; CN, caudate nucleus. t = t-value; Vol = volume of cluster (voxel).
recruited DLPFC during the antisaccade response epoch, we also correlated antisaccade execution activation with antisaccade direction errors and reaction times. In general, when both groups were combined, antisaccade response activation positively correlated with antisaccade direction errors (Fig. 8E; r(26) = .42, p < .05) and anti SRT (Fig. 8F; r(26) = .41, p < .05).

Fig. 4. Saccade preparation (A) and saccade execution (B) contrast maps. (A) Contrast map of pro-catch trials or anti-catch trials subtracted from fixation trials, cluster size corrected at p < .05 (9 contiguous voxels). The 5th and 6th time points, relative to trial onset, were used in subtraction. Locations of oculomotor ROIs are identified. (B) Contrast map of full pro or antisaccade trials subtracted from pro-catch and anti-catch trials, respectively. The 6th and 7th time points were used in subtractions. Activations are overlaid on a representative control brain. R = right; L = left.
4. Discussion

We demonstrated that inhibitory control deficits in adults with ADHD, as measured by the antisaccade task, likely arise from poor preparation rather than difficulties with saccadic execution. We used an interleaved pro and antisaccade task with simultaneous fMRI and eye-tracking to examine the neural substrates of inhibitory control in adults with ADHD. Behaviorally, ADHD adults showed impairments in inhibitory control — they had longer antisaccade SRTs, made more direction errors during antisaccade trials, and produced more variable SRTs for both pro and antisaccade trials (Fig. 2B–E), all of which are suggestive of poor preparation. Importantly, the ADHD adults did not differ from controls in terms of the execution of pro or antisaccades because group differences in saccade metrics were not significant. These results suggest that saccade impairments in the ADHD group likely arise from deficits in saccade preparation (i.e., an inability to establish the appropriate task set) rather than the execution of the saccadic motor response. The imaging data support this conclusion: adults with ADHD produced less activity in all ROIs (FEF, SEF, PEF, DLPFC, CN) when preparing a correct antisaccade. Importantly, this hypoactivation was not observed in ADHD adults during antisaccade execution. Instead, they produced greater activation than controls in DLPFC when executing correct antisaccades, perhaps as part of a compensatory mechanism to cope with the challenge produced in the antisaccade task with inadequate preparatory set. Our data suggest that the deficits observed in ADHD adults do not result from an inability to execute an antisaccade but rather stem from the failure to properly prepare for the antisaccade trial, which requires global top-down inhibition to suppress the automatic prosaccade (Munoz and Everling, 2004). Additionally, unlike control participants, adults with ADHD did not produce elevated ACC activation during antisaccade error trials, suggesting that they made more antisaccade errors because they were not efficiently recruiting the ACC, which is a key structure involved in processing and/or monitoring errors (Johnston et al., 2007). Taken together, our results suggest that the antisaccade deficits in ADHD adults stem from poor preparation for inhibiting unwanted responses and/or a reduced ability to adjust behavior based on previously made mistakes.

Table 3

Talairach coordinates (X, Y, Z) of peak activation in GLM contrast maps for the prosaccade and antisaccade preparation contrasts (Fig. 4A).

| Group and region | X   | Y   | Z   | r   | Vol | X   | Y   | Z   | r   | Vol |
|------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| ADHD SEF         | 6   | 2   | 52  | 11.49| 330 | 6   | 2   | 52  | 13.65| 464 |
| Right FEF Left   | 27  | −7  | 52  | 12.00| 235 | 27  | −7  | 49  | 12.44| 386 |
| Left FEF         | −30 | −16 | 49  | 11.44| 149 | −30 | −7  | 49  | 12.17| 187 |
| Right PEF Left   | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| Left DLPFC       | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| Right DLPFC      | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| ACC              | 3   | 14  | 34  | 6.55 | 14  | 6   | 14  | 40  | 9.01 | 12  |
| Right CN         | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| Left CN          | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| Control SEF      | −3  | −4  | 55  | 17.32| 799 | −3  | −4  | 55  | 21.15| 1115|
| Right FEF Left   | 36  | −10 | 49  | 14.80| 539 | 21  | −7  | 55  | 18.61| 767 |
| Left FEF         | −27 | −67 | 43  | 16.69| 677 | −24 | −64 | 46  | 19.73| 637 |
| Right PEF Left   | −24 | −64 | 46  | 21.10| 823 | −24 | −64 | 46  | 24.70| 1132|
| Left DLPFC       | 33  | 32  | 40  | 7.51 | 41  | 33  | 32  | 43  | 11.99| 187 |
| Right DLPFC      | −27 | 38  | 28  | 5.61 | 50  | −30 | 38  | 36  | 7.13 | 24  |
| ACC              | −3  | 16  | 41  | 10.94| 215 | 4   | 14  | 41  | 12.22| 193 |
| Right CN         | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  | −3  |
| Left CN          | −13 | −8  | 12  | 7.45 | 12  | −13 | −8  | 12  | 7.66 | 19  |

SEF, FEF, PEF; supplementary, frontal, parietal eye fields; DLPFC, dorsolateral prefrontal cortex; ACC, anterior cingulate cortex; CN, caudate nucleus. *p < 0.05.
4.1. Behavioral deficits in ADHD

We first confirmed that adults with ADHD showed antisaccade impairments in the MRI environment. In particular, they had slower and more variable SRTs and made more direction errors, thereby replicating several behavioral studies measuring antisaccade performance in ADHD adults (Munoz et al., 2003; Feifel et al., 2004; Carr et al., 2006). Importantly, antisaccade deficits in adults with ADHD parallel those observed in other tasks measuring inhibitory control (Aron et al., 2003; Ossmann and Mulligan, 2003; Bekker et al., 2005; Lampe et al., 2007; Dibbets et al., 2009; McLoughlin et al., 2010; Schneider et al., 2010). For example, when required to inhibit an automatic response in a Go/NoGo task, ADHD adults not only produced more commission errors during trials in which no response was required, but also had longer and more variable reaction times during trials in which a response was required (Lampe et al., 2007; Dibbets et al., 2009). Given the extensive literature on inhibitory control deficits in ADHD, studies that link these deficits to brain function are important.

4.2. Hypoactivation of oculomotor network during preparation in ADHD

Both control and ADHD participants recruited a similar neural network during the saccade task (including SEF, FEF, PEF, ACC, DLPFC, and CN). Thus, the antisaccade impairments observed in ADHD adults are not due to an inability to recruit key frontostriatal areas of the oculomotor network, but instead an inability to employ these areas optimally for specific task processes (i.e., preparation versus execution of the saccade).

Successful antisaccade performance requires that recruitment of several cortical and sub-cortical brain regions, including DLPFC (Guitton et al., 1985; Pierrot-Deseilligny et al., 2003), FEF, PEF, and SEF (Connolly et al., 2002; Curtis and D’Esposito, 2003; DeSouza et al., 2009; Ford et al., 2005; Brown et al., 2007) and the basal ganglia (Ford and Everling, 2009; Watanabe and Munoz, 2009, 2010a, b; Munoz et al., 2003; Feifel et al., 2004; Carr et al., 2006). Importantly, antisaccade deficits in adults with ADHD parallel those observed in adults (Munoz et al., 2003; Feifel et al., 2004; Carr et al., 2006). Impor-

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Table 4

Talairach coordinates (X, Y, Z) of peak activation in GLM contrast maps for the prosaccade and antisaccade execution contrasts (Fig. 4B).

| Group and region | Prosaccade execution | Antisaccade execution |
|------------------|----------------------|-----------------------|
|                  | X  | Y  | Z  | t   | Vol | X  | Y  | Z  | t   | Vol |
| ADHD             |    |    |    |     |     |    |    |    |     |     |
| SEF              | 3  | −7 | 55 | 8.67 | 238 | −3 | −10 | 55 | 7.92 | 253 |
| Right FEF        | 27 | −13| 52 | 7.67 | 40  | 27 | −10 | 55 | 10.27| 165 |
| Left FEF         | −24| −16| 49 | 9.22 | 167 | −24| −16 | 49 | 12.35| 263 |
| Right PEF        | 21 | −67| 49 | 8.85 | 117 | 21 | −67 | 49 | 14.93| 294 |
| Left PEF         | −18| −67| 52 | 10.32| 393 | −21| −67 | 49 | 15.76| 1189|
| Right DLPFC      |    |    |    |     |     |    |    |    |     |     |
| Left DLPFC       |    |    |    |     |     |    |    |    |     |     |
| ACC              | 3  | 8  | 34 | 6.99 | 57  | 0 | 14  | 31 | 7.39 | 85 |
| Right CN         |    |    |    |     |     | 10| 8   | 12 | 8.71 | 65 |
| Left CN          |    |    |    |     |     |    |    |    |     |     |
| Control          |    |    |    |     |     |    |    |    |     |     |
| SEF              | 0  | −10| 55 | 7.80 | 61  | 0 | −4  | 55 | 8.10 | 55 |
| Right FEF        | 21 | −10| 55 | 8.45 | 79  | 24 | −13 | 55 | 12.27| 151 |
| Left FEF         | −30| −10| 51 | 10.40| 309 | −24| −10 | 55 | 12.37| 343 |
| Right PEF        | 12 | −73| 46 | 12.49| 309 | 15 | −70 | 46 | 18.87| 342 |
| Left PEF         | −9 | −73| 46 | 15.43| 762 | −18| −70 | 46 | 19.47| 892 |
| Right DLPFC      |    |    |    |     |     |    |    |    |     |     |
| Left DLPFC       |    |    |    |     |     |    |    |    |     |     |
| ACC              |    |    |    |     |     |    |    |    |     |     |
| Right CN         | 9  | 5  | 10 | 6.84 | 39  | 9 | 6   | 9  | 6.41 | 99 |
| Left CN          |    |    |    |     |     |    |    |    |     |     |

SEF, FEF, PEF, supplementary, frontal, parietal eye fields; DLPFC, dorsolateral prefrontal cortex; ACC, anterior cingulate cortex; CN, caudate nucleus; negative t-value denotes catch > saccade. t = t-value; Vol = volume of cluster (voxel).
DLPFC during antisaccade preparation. Failure of the ADHD adults to activate these regions to the same degree as control subjects, particularly FEF, SEF and PEF where differences were statistically significant, likely indicates core deficits in the ability to preset frontoparietal circuits critical for optimal task performance.

Anatomical and functional imaging studies examining brain areas associated with inhibitory control in adults with ADHD are limited. There are reports of volume and cortical thickness reductions in several areas involved in inhibitory control, including frontal cortex and parietal lobes (Seidman et al., 2006; Makris et al., 2007). The hypoactivation of frontal and parietal areas in the ADHD group in the present study replicates and extends previous imaging studies that have found abnormal (usually less) activity in these brain regions in adults with ADHD when performing tasks that assess executive function (Hale et al., 2007; Cubillo et al., 2010; Karch et al., 2010; McLoughlin et al., 2010). Furthermore, the few studies that examined the neural correlates of inhibitory control in ADHD adults specifically have found hypoactivation in frontal and parietal areas (Cubillo et al., 2010; McLoughlin et al., 2010), yet hyperactivation in these brain regions has also been reported (Dibbets et al., 2009; Dillo et al., 2010). These conflicting results may be attributed to task difficulty, as studies that reported hyperactivation of frontal and parietal regions used a relatively easier task (Go/NoGo task) that involved selective attention, which is less impaired in ADHD patients than motor response inhibition (van Mourik et al., 2005). Although dysfunctional brain activation during preparation has been observed using event-related potentials (ERP; McLoughlin et al., 2010), we are the first to report, using fMRI, that inhibitory control deficits in adults with ADHD likely arise from hypoactivation of specific frontal and parietal structures during task preparation, namely, the FEF, SEF, and PEF. This result is not due to motion artifacts because: 1) both groups did not differ in terms of total motion during the MRI session; and 2) hypoactivity was not observed during the execution epoch.

The FEF and SEF are both involved in voluntary saccade generation. Humans with lesions to FEF have longer antisaccade reaction times (Gaymard et al., 1999), and human fMRI (Connolly et al., 2005) and monkey neurophysiology (Everling and Munoz, 2000) studies found that activity in FEF correlates with antisaccade reaction time. The SEF is involved in successful antisaccade performance; for example, Amador et al. (2004) reported that SEF neuronal activity predicted antisaccade success: monkeys generated greater activity before successful antisaccades than motor response inhibition (van Mourik et al., 2005). Although dysfunctional brain activation during preparation has been observed using event-related potentials (ERP; McLoughlin et al., 2010), we are the first to report, using fMRI, that inhibitory control deficits in adults with ADHD likely arise from hypoactivation of specific frontal and parietal structures during task preparation, namely, the FEF, SEF, and PEF. This result is not due to motion artifacts because: 1) both groups did not differ in terms of total motion during the MRI session; and 2) hypoactivity was not observed during the execution epoch.

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This increased activation was observed prior to saccade generation (Connolly et al., 2002; DeSouza et al., 2003; Ford et al., 2005; McDowell et al., 2005). It is important to note that human studies using fMRI report increased FEF activation during antisaccade preparation; conversely, saccade neurons in layer V of the FEF in monkeys are less activate during antisaccade preparation (Everling and Munoz, 2000). Recently however, Ford et al. (2009) showed that monkeys had increased BOLD-related activation for antisaccades, implying that the discrepancy with human fMRI activation reports may be related to methodological differences between fMRI and extracellular single cell recording rather than differences between species.

Consistent with the accumulator model (Fig. 1A), the data indicate that the signal to generate a voluntary antisaccade (red solid line, Fig. 1A) races with the signal to generate the automatic prosaccade (gray dashed line, Fig. 1A), and that increased FEF and SEF BOLD signal prior to antisaccade execution offsets the tendency to produce an automatic prosaccade (i.e., direction error) toward the target. The increased occurrence of direction errors in ADHD adults likely results from compromised pre-target suppression signals in FEF and SEF, resulting in the unwanted automatic prosaccade command to reach threshold first. For correct antisaccade responses, the prosaccade signal must be sufficiently suppressed to allow the antisaccade signal time to reach threshold first. Overall, the reduced activity in FEF and SEF during antisaccade preparation may partially account for the longer anti SRTs in the ADHD group. Furthermore, the CN is also involved in motivational aspects of prosaccade behavior (Watanabe and Hikosaka, 2005; Ding and Hikosaka, 2006; Hikosaka, 2007; Kobayashi et al., 2007). CN activity increased during prosaccade preparation when the expectancy of a reward was high (Watanabe and Hikosaka, 2005); moreover, injection of a dopamine antagonist into the CN greatly influenced the reward modulation of saccade behavior by reducing SRTs following a high-reward trial (Hikosaka, 2007). Several studies have linked the behavioral deficits of ADHD to a dopamine deficiency (see del Campo et al., 2011; Krause, 2008; Tripp and Wickens, 2009 for review). Therefore, the increased occurrence of prosaccade direction errors in the ADHD is perhaps related to poor motivation for the task, which may be explained by reduced activation in the CN during prosaccade preparation.

### 4.3. Adaptive mechanisms

Because ADHD adults exhibited normal saccade metrics, we did not expect to see group differences in activation during the saccade execution period of pro and antisaccade trials. Group differences during execution were only observed in DLPC. When executing a correct pro or
antisaccade, ADHD adults exhibited greater activation in DLPFC compared to controls. This may reflect some type of adaptive mechanism to deal with the antisaccade conflict, given the deficit during the preparatory epoch. The DLPFC may provide a supplementary, albeit less efficient (i.e., occurs post-target) signal to help reduce the production of the unwanted prosaccade during antisaccade trials.

Humans with lesions to the DLPFC produce more direction errors in the antisaccade task (Guitton et al., 1985; Pierrot-Deseilligny et al., 2003). Several functional neuroimaging studies have reported greater DLPFC activity during antisaccades compared to prosaccades (e.g., DeSouza et al., 2003; Matsuda et al., 2004; Ettinger et al., 2008) and this enhanced activation of DLPFC during antisaccade trials occurs during preparation, prior to antisaccade generation (DeSouza et al., 2003; Ford et al., 2005; McDowell et al., 2005; Brown et al., 2007). Together, these data suggest that the DLPFC is critically involved in suppressing reflexive saccades during the antisaccade task. However studies that used an interleaved, rather than a block, design did not see greater DLPFC activity during antisaccade trials compared to prosaccade trials (Raemaekers et al., 2002, 2006; O’Driscoll et al., 2005). McDowell et al. (2008) posit that in cases such as these, the DLPFC may instead produce tonic activity during the entire task due to the increased difficulty and more complex response selection requirements during the interleaved design. Based on this theory, we may not have seen differences in DLPFC activity between pros and antisaccades because we used an interleaved design.

The observation that adults with ADHD generated greater BOLD activity in DLPFC during saccade execution can be interpreted in two ways. First, ADHD participants recruited DLPFC for successful pros and antisaccade execution, perhaps as an ‘adaptive strategy’ to inhibit unwanted automatic saccades (i.e., direction errors during antisaccade trials or express saccades during prosaccade trials). In this case, their longer SRTs may reflect the additional processing time required to recruit the DLPFC. Our correlational analysis (Fig. 8F) supports this view as post-target activity in DLPFC correlated positively with anti SRT. Second, brain activation for pros and antisaccade execution was measured by subtracting activation occurring during the saccade preparation epoch from the saccade response epoch. Therefore, it is at least possible that control participants recruited the DLPFC more so during preparation, while ADHD participants recruited the DLPFC more so during execution. As such, saccade deficits in the ADHD group may result from a reduced suppression signal from the DLPFC during the preparation stage, leading to a reduced ability to inhibit prosaccades during antisaccade trials and more express saccades during prosaccade trials. This second suggestion
was also supported by our data in that execution-related activity in DLIFPC correlated positively with percentage of direction errors (Fig. 8E).

4.4. Saccade error monitoring

During error trials, participants generated two saccades (a direction error and a correction saccade), while during correct trials, only one saccade was generated. Therefore, differences in activation between correct and error trials may have arisen not only from the generation of the error itself, but also from differences in the motoric response (i.e., one versus two saccades). As such, we limit this discussion to findings in the ACC, an area that has been shown consistently to be involved in monitoring antisaccade performance (Polli et al., 2005) and signaling the likelihood and actual occurrence of antisaccade errors (Nieuwenhuis et al., 2001; Ford et al., 2005; Brown et al., 2006; Endrass et al., 2007). For example, Ford et al. (2005) found greater activation in ACC for correct antisaccades as opposed to incorrect antisaccades during antisaccade preparation; however, greater activation during incorrect antisaccade trials was observed during the execution period. These findings suggest that the ACC could act as some type of ‘learning tool’ or ‘performance evaluation’ of error responses that effect changes in future response selection based on feedback from previous responses. We found that controls had greater activation in ACC when generating incorrect antisaccades versus correct antisaccades, but this was not evident in ADHD adults (Fig. 7). This finding could not be attributed to group differences in the percentage of corrected antisaccade errors because this analysis only included trials in which antisaccade direction errors were corrected. Disturbed ACC functioning in adult ADHD is supported by a growing body of evidence. First, adults with ADHD have significantly smaller ACC volumes than normal adults (Seidman et al., 2006; Amico et al., 2011) and recently, decreased functional connectivity between the ACC and right inferior prefrontal cortex has been noted in ADHD (Cubillo et al., 2010). Second, studies using magnetic resonance spectroscopic imaging, reported abnormal metabolism in ACC in adults with ADHD (Colla et al., 2008; Kronenberg et al., 2008). Finally, reduced ACC activation during tasks that measure inhibitory control has been reported in adults with ADHD (Bush et al., 1999; Fallgatter et al., 2005; Cubillo et al., 2010; but see Dillo et al., 2010 for an alternative).

Overall, the reduced activation in ACC during antisaccade errors in ADHD adults may indicate that they were not processing antisaccade errors, which thus led to increased direction errors.

One must be careful when interpreting these findings as activations relating to preparation versus execution during correct versus incorrect antisaccade trials were not separated. Therefore, to more aptly examine the neural correlates of antisaccade errors in adults with ADHD, future studies should use a design that can separate activity related to preparation versus execution of antisaccade errors, like that employed by Ford et al. (2005), who used an extended pre-target period that allowed the separation of pre- versus post-target activations during individual trials in which an antisaccade error was generated. However, such a design may not be feasible when studying ADHD because they have difficulties maintaining fixation for prolonged periods (Munoz et al., 2003).

4.5. Limitations of the study

It is important to address concerns that the behavioral and brain activation differences in the ADHD group may result from the use of stimulant medication or illicit drugs on the testing day. To ensure that this did not occur, we asked each participant of their drug use using several verbal interviews prior to and on the day of testing. Despite these precautions, future studies should administer toxicity-screening to all participants, ensuring that they have not taken any medication or illicit drugs that may affect eye movements or BOLD activity. Another limitation of this study concerns the low number of participants in each group (n = 14), which limited our analysis of the fMRI data to the use of a fixed-effects design rather than a random-effects design. Future studies will need to be conducted with more participants, allowing the findings to be generalized to a population.

4.6. Conclusions

We have shown that antisaccade deficits in ADHD persist into adulthood and that these impairments do not result from an inability to execute an antisaccade but rather stem from the failure to properly prepare for the antisaccade. This novel pathophysiological inference that inhibitory control deficits in adults ADHD may arise from an overall inability to ‘preset’ critical brain areas involved in inhibitory control needs to be examined further. Studies examining preparatory mechanisms in other tasks that assess inhibitory control or the effect of stimulant medications on preparatory actions would be beneficial.

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