Quantitative study of the response of a single NV defect in diamond to magnetic noise

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The nitrogen-vacancy (NV) defect in diamond is an efficient quantum sensor of randomly fluctuating signals via relaxometry measurements. In particular, the longitudinal spin relaxation of the NV defect accelerates in the presence of magnetic noise with a spectral component at its electron spin resonance frequency. We look into this effect quantitatively by applying a calibrated and tunable magnetic noise on a single NV defect. We show that an increase of the longitudinal spin relaxation rate translates into a reduction of the photoluminescence (PL) signal emitted under continuous optical illumination, which can be explained using a simplified three-level model of the NV defect. This PL quenching mechanism offers a simple, all-optical method to detect magnetic noise sources at the nanoscale.

Quantum sensors take advantage of the extreme sensitivity of quantum systems to external perturbations to accurately measure a broad range of physical quantities such as acceleration, rotation, magnetic and electric fields, or temperature1. Among a wide variety of quantum systems employed for sensing purposes, the nitrogen-vacancy (NV) defect in diamond has garnered considerable attention in the last decade for the development of highly sensitive magnetometers2–5. Besides the detection of static magnetic fields, the NV defect can also be employed for magnetic noise sensing by recording variations of its longitudinal spin relaxation time $T_1^\text{NV}$6. This technique, called relaxometry, is a powerful tool for detecting the magnetic noise produced by thermal fluctuations of charges or spins in solids, which are closely linked to their intrinsic physical properties like conductivity, magnetic resonance or spin wave dispersion7. In recent years, NV-based relaxometry was successfully applied to the characterization of Johnson noise in conductors8,9, the observation of electronic instabilities in graphene10, the detection of paramagnetic molecules11–17, the measurement of pH and redox potential in microfluidic channels18–20, the study of spin waves in magnetic materials21–23 and nanoscale imaging of non-collinear spin textures in synthetic antiferromagnets24.

Given the large range of applications of single spin relaxometry, the purpose of the present work is to provide a quantitative study of the response of a single NV defect in diamond to magnetic noise. To this end, we apply a calibrated and tunable magnetic noise on a single NV defect and measure its effect both on the longitudinal spin relaxation time $T_1$ and on the photoluminescence (PL) signal emitted under continuous optical illumination. We show that a reduction of the relaxation time $T_1$ results in an overall decrease of the PL signal, providing a practically and conceptually simple mechanism to detect magnetic noise. The evolution of the magnetic-noise-induced PL quenching is then studied as a function of the optical pumping power. All the experimental results are well described by a simplified closed three-level model of the NV defect, from which we infer a shot noise limited sensitivity to magnetic noise $\eta_{\text{cw}} \sim 1 \mu T^3 \text{MHz}^{-1}/\sqrt{\text{Hz}}$.

The principle of the experiment is sketched in Fig. 1(a). Individual NV defects hosted in a ultrapure, bulk diamond crystal are optically isolated at room temperature using a scanning confocal microscope operating under green laser illumination. A tunable noise signal is obtained by mixing a low frequency white noise source with a microwave carrier frequency and filtering out the DC
component. As shown in Fig. 1(b), the resulting noise spectrum exhibits a roughly constant power spectral density over a frequency window of adjustable width $\Delta f$ and center position $f_c$. This noise signal is sent through a copper microwire directly spanned on the diamond surface, thus converting noise current into a fluctuating Oersted field. Assuming that the noise power is constant over the frequency window $\Delta f$, the field spectral density $S_B$ at a distance $d$ from the microwire is given by

$$S_B = \begin{cases} 
\frac{\mu_0 P_n}{4\pi^2 d^2 R \Delta f} & \text{for } f \in [f_c - \Delta f/2, f_c + \Delta f/2] \\
0 & \text{for } f \notin [f_c - \Delta f/2, f_c + \Delta f/2].
\end{cases}$$  \hspace{1cm} (1)

Here $P_n$ is the total noise power measured at the end of the microwire with a calibrated diode and the resistance $R$ is set to 50 $\Omega$. In the following, the noise frequency window is fixed to $\Delta f = 50$ MHz with a center frequency $f_c = f_{NV} = 2.87$ GHz, which corresponds to the zero-field splitting between the electron spin sublevels $m_s = 0$ and $m_s = \pm 1$ in the ground state of the NV defect [Fig. 1(a)]. All the experiments are performed on a single NV defect localized at a distance $d = 28 \pm 4 \mu$m from the edge of the microwire without applying external static magnetic fields.

We first calibrate precisely the impact of magnetic noise on the longitudinal spin relaxation time $T_1$ of the NV defect by using the measurement sequence shown in Fig. 2(a). After initialization in the $m_s = 0$ spin sublevel by optical pumping with a first green laser pulse, the NV defect relaxes in the dark during a variable time $\tau$ through the two-way transition rate $\Gamma_1$ that couples the $m_s = 0$ and $m_s = \pm 1$ sublevels [Fig. 1(a)]. A second laser pulse is then used to probe the final spin population in $m_s = 0$ by recording the spin-dependent PL signal, which decays exponentially with a characteristic lifetime $T_1 = 1/\Gamma_1$. Without applying magnetic noise, we measure an intrinsic spin relaxation time $T_1^0 = 5.5 \pm 0.5$ ms, a value commonly obtained for single NV defects hosted in ultrapure bulk diamond crystals at room temperature.

Turning on the magnetic noise at the maximum available power, which corresponds to a field spectral density $S_B^{\max} \sim 3 \mu$T$^2$ MHz$^{-1}$ at the position of the studied NV defect, the spin relaxation time drops by three orders of magnitude, reaching $T_1 = 5.6 \pm 0.2 \mu$s [Fig. 2(b)].

In the presence of a magnetic noise with a spectral component at the NV defect’s electron spin resonance frequency $f_{NV}$, the longitudinal spin relaxation rate is given by

$$\frac{1}{T_1} = \frac{1}{T_1^0} + 3\gamma^2 S_{B_\perp}(f_{NV}),$$  \hspace{1cm} (2)

where $\gamma = 28$ GHz T$^{-1}$ is the electron gyromagnetic ratio and $S_{B_\perp}(f_{NV})$ is the field spectral density perpendicular to the NV defect quantization axis. In our experiment, the direction of the fluctuating Oersted field is fixed with respect to the microwire such that

$$S_{B_\perp}(f_{NV}) = S_B(f_{NV}) \sin^2 \theta,$$  \hspace{1cm} (3)

where $\theta$ is the angle between the field direction and the quantization axis of the NV defect, as illustrated in Fig. 1(a). The plot in Fig. 2(c) shows the evolution of the
spin relaxation rate with the field spectral density $S_B$, which is tuned by varying the total noise power $P_n$ sent through the microwire [see Eq. (1)]. Despite large error bars originating from the uncertainty on the distance $d$ between the NV center and the microwire, the data displays the expected linear behavior. Data fitting with Eq. (2) using the angle $\theta$ as only free parameter, leads to $\theta = 48^\circ$, a value compatible with the geometry of our setup. Next, this calibration measurement is used to tune $T_1$ in a quantitative fashion by varying $P_n$.

We now investigate the effect of magnetic noise on the PL signal emitted under continuous optical illumination. To this end, the NV defect is described by a closed three-level system corresponding to the $m_s = 0$ and $m_s = \pm 1$ spin sublevels in the ground state, as sketched in Fig. 3(a). Under optical excitation with a power $P$, the steady state spin populations $(n_0^s, n_{1s}^s, n_{-1s}^s)$ result from the competition between the two-way transition rate $\Gamma_1$ and optically-induced spin polarization in the $m_s = 0$ spin sublevel with a rate $\Gamma_p$ that depends on the rate of optical cycles. Denoting $P_{\text{sat}}$ the saturation power of the optical transition, the spin polarization rate is expressed as

\[
\Gamma_p = \Gamma_p^\infty \frac{P}{P + P_{\text{sat}}},
\]

where $\Gamma_p^\infty \approx 5 \times 10^6 \text{s}^{-1}$ is the polarization rate at saturation, which is fixed by the lifetime of the metastable state ($\sim 200 \text{ns}$) involved in the optically-induced spin polarization process.

Using this three-level model, the PL rate $R_{cw}$ of the NV defect can be written as

\[
R_{cw} = R_0 (n_0^s + n_{-1}^s (n_{+1}^s + n_{-1}^s)),
\]

where $R_0$ and $R_{\pm 1}$ are the PL rates associated with the spin populations in $m_s = 0$ and $m_s = \pm 1$, respectively. The spin-dependent PL response of the NV defect is then phenomenologically introduced by considering that $R_1 = \beta R_0$, with $\beta < 1$. By solving the rate equations at the steady state in the three-level system, the PL rate finally reads

\[
R_{cw} = R_0 \frac{1 + 2\beta \Gamma_1 + \Gamma_p}{3 \Gamma_1 + \Gamma_p},
\]

with

\[
R_0 = R_0^\infty \frac{P}{P + P_{\text{sat}}}.
\]

Here $R_0^\infty$ denotes the PL rate at saturation of the optical transition. In our experiments $R_0^\infty \sim 1 \times 10^5 \text{s}^{-1}$ and $P_{\text{sat}} \sim 300 \mu\text{W}$. In the limit $\Gamma_1 \ll \Gamma_p$, the NV defect is efficiently polarized in the $m_s = 0$ spin sublevel, leading to a maximal PL rate $R_0$. Conversely, when $\Gamma_1 \gg \Gamma_p$, spin polarization becomes inefficient and the PL signal drops to $R_0 (1 + 2\beta) / \beta$.

The variations of the PL signal with magnetic noise is measured by using a sequence of two ms-long laser pulses, as sketched in Fig 3(b). During the first pulse, no magnetic noise is applied such that $T_1 = T_1^0$. In this case, the condition $\Gamma_1 \ll \Gamma_p$ is always fulfilled in our experiment, leading to a reference PL rate $R_0$. During the second pulse, the magnetic noise is switched on at different noise powers $P_n$, which leads to a reduction of the spin relaxation time $T_1 = 1/\delta r_1$, according to the calibration measurement shown in Fig. 2(c). The PL rate measured in the presence of noise $R_{cw}$ is normalized to $R_0$ and plotted as a function of $T_1$ for various optical excitation powers in Fig 3(b). As expected, a significant drop of the PL signal is observed when $T_1$ becomes shorter. Moreover, the characteristic value of $T_1$ at which the PL starts to drop is reduced when the optical power, and therefore the spin polarization rate $\Gamma_p$, is increased. The whole set
of data is in good agreement with the predictions of the three-level model for $\beta = 0.72$ [dashed lines in Fig. 2(c)]. A reduction of $T_1$ therefore results in a quenching of the PL signal under continuous optical illumination, providing a simple mechanism to detect magnetic noise. Moreover, our results indicate that tiny deviations from $T_1^{\text{cw}}$ can only be detected for low excitation power.

To estimate the sensitivity of the measurement, we consider a single NV defect in the absence of magnetic field noise, i.e. $T_1 = T_1^{\text{cw}}$, and we apply an infinitesimal field spectral density $\delta S_{B_{\perp}}(f_{\text{NV}})$. This magnetic noise results in a reduction of the electron spin relaxation time by $\delta T_1 = 3T_1^{\text{cw}}\delta S_{B_{\perp}}(f_{\text{NV}})$, which is converted into a variation $\delta N_s$ of the number of detected photons. Assuming that the detection is limited by photon shot noise $\delta N_s$, the signal to noise ratio (SNR) reads

$$\text{SNR} = \frac{\delta N}{\delta N_s} = \frac{\sqrt{\frac{\delta T_1}{\delta S_{B_{\perp}}}}}{\sqrt{\frac{\delta N_s}{\delta T_1}}}$$

where $\Delta t$ is the acquisition time. Inserting Eq. (6) into Eq. (8), the SNR is maximized for an optical power $P_{\text{opt}}$ which verifies

$$\frac{P_{\text{opt}}}{P_{\text{opt}} + P_{\text{sat}}} = \frac{1 + \sqrt{2(1 + \beta)}}{\Gamma_p T_1^{\text{cw}}}$$

Using this optimized optical power, the sensitivity $\eta_{\text{cw}}$ is then defined as the minimal variation $\delta S_{B_{\perp}}(f_{\text{NV}})$ than can be detected for a SNR equal to unity, leading to

$$\eta_{\text{cw}} = \delta S_{B_{\perp}}(f_{\text{NV}}) = \frac{\Theta_{\text{cw}}}{2\gamma \sqrt{T_1}}$$

with

$$\Theta_{\text{cw}} = \frac{\sqrt{4 + 2\beta + \alpha}}{2\sqrt{3(1 - \beta)}} \left( \frac{2 + \alpha}{1 + \alpha} \right) \sqrt{\frac{\Gamma_p}{3R_0^2}}$$

where we have set $\alpha = \sqrt{2(1 + \beta)}$. Using $\beta = 0.72$, we obtain $\Theta_{\text{cw}} \approx 40$, leading to a shot-noise limited sensitivity $\eta_{\text{cw}} \sim 1\mu T_1^2 \text{MHz}^{-1}/\sqrt{\text{Hz}}$.

In order to better qualify the performances of this method, we compare it to a more commonly used relaxation technique, which consists in repeating the pulse sequence shown in Fig. 2(a) with a fixed time delay $\tau$. For such a single-$\tau$ sensing procedure, the spin readout contrast is optimized for laser pulses with a typical duration $T_\tau \sim 300$ ns$^{27}$ and an optical power saturating the transition, i.e. $P = P_{\text{sat}}$. In this case, the rate of detected photons is limited by the duty cycle of the laser pulses. Within the simplified three-level model used in this work, the resulting PL rate can be expressed as

$$R_{\text{pulse}} = \frac{R_0}{2\tau} \left[ 1 + \frac{2(1 - \beta)}{1 + 2\beta} e^{-\tau/T_1} \right],$$

where we assume that $T_L \ll \tau$. Using a single-$\tau$ sensing procedure, the SNR is optimized for a delay $\tau_{\text{opt}} = T_1^{\text{cw}}/2$, leading to a shot noise limited sensitivity

$$\eta_{\text{pulse}} = \delta S_{B_{\perp}}(f_{\text{NV}}) \sqrt{\Delta t} = \frac{\Theta_{\text{pulse}}}{\gamma \sqrt{T_1}}$$

where

$$\Theta_{\text{pulse}} = \frac{1 + 2\beta}{1 - \beta} \sqrt{\frac{\epsilon}{3R_0^2 T_L}} \approx 50.$$

This analysis indicates that the two methods are equivalent in terms of sensitivity, $\eta_{\text{cw}} \sim \eta_{\text{pulse}}$. However, besides being practically very simple to implement, relaxation based on PL quenching under continuous optical illumination offers optimal performances at low optical excitation power, which could be advantageous for applications in cellular environments$^{14,18}$ and might enable to mitigate optically-induced charge-state conversion of the NV defect$^{29}$. In addition, this relaxation method is well suited for studying compensated magnetic materials, such as antiferromagnets, in which static stray fields are vanishingly small but thermal magnons producing magnetic noise are amply present$^{30}$. This capability is best exemplified by the recent all-optical imaging of non collinear spin textures in synthetic antiferromagnets by use of noise-induced PL quenching$^{24}$. As such, it is a complementary imaging mechanism to the one relying on PL quenching induced by large off-axis magnetic fields$^{31}$, which can be used for studying the physics of spin textures in ferromagnetic systems$^{32,33}$.

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