A concise review of microfluidic particle manipulation methods

Shuaizhong Zhang1· Ye Wang1 · Patrick Onck2 · Jaap den Toonder1

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Abstract
Particle manipulation is often required in many applications such as bioanalysis, disease diagnostics, drug delivery and self-cleaning surfaces. The fast progress in micro- and nano-engineering has contributed to the rapid development of a variety of technologies to manipulate particles including more established methods based on microfluidics, as well as recently proposed innovative methods that still are in the initial phases of development, based on self-driven microbots and artificial cilia. Here, we review these techniques with respect to their operation principles and main applications. We summarize the shortcomings and give perspectives on the future development of particle manipulation techniques. Rather than offering an in-depth, detailed, and complete account of all the methods, this review aims to provide a broad but concise overview that helps to understand the overall progress and current status of the diverse particle manipulation methods. The two novel developments, self-driven microbots and artificial cilia-based manipulation, are highlighted in more detail.

Keywords Microfluidics · Particle manipulation · Self-driven microbots · Artificial cilia

1 Introduction

Controlled manipulation of particles (both synthetic and biological, e.g., cells) is desirable in both fundamental research and applications such as biomedical and biochemical research (Pamme 2007; Ateya et al. 2008; Nilsson et al. 2009; Xuan et al. 2010; Karimi et al. 2013), disease diagnostics and therapeutics (Gossett et al. 2010; Puri and Ganguly 2013), drug discovery and delivery systems (Dittrich and Manz 2006; Kang et al. 2008; Nguyen et al. 2013), and self-cleaning and antifouling technologies (Callow and Callow 2011; Kirschner and Brennan 2012; Nir and Reches 2016). For example, in bio-microfluidics, manipulation of a single particle or cell enables the revelation of subtle differences among individual cells not seen at population level. Microfluidics, where fluids are manipulated in microchannels (Whitesides 2006), is a promising technology to realize biomedical and biochemical devices for diagnostics and therapeutics, due to its unique advantages over conventional technologies including (i) reduced reagent consumption and thus low cost, (ii) high precision and throughput, (iii) flexible spatial and temporal control over fluid flow, (iv) in situ real-time observation, and last but not least (v) the possibility of diverse function integration by exploiting the full capability offered by microengineering (Whitesides 2006; Bhatia and Inger 2014; Kim et al. 2019). To date, microfluidic technologies offer a wide range of possibilities for particle manipulation including transportation, separation, trapping, and enrichment, based on hydrodynamic, acoustic, electrical, optical and magnetic techniques (Laurell et al. 2007; Lenshof and Laurell 2010; Pratt et al. 2011; Sajeesh and Sen 2014; Lu et al. 2017; Ozcelik et al. 2018).

Recent advancement in micro- and nano-engineering offers us another tool to manipulate particles, namely through self-driven micro-robots in fuel solutions, such as hydrogen peroxide (Patra et al. 2013; Kim et al. 2018). This technique, which is still in its early stages of development, has been demonstrated to be able to capture, transport and release particles and cargo such as medicines, with the potential to realize these tasks on demand.

Another particle manipulation method which has been recently proposed, finds its inspiration in nature, where non-reciprocally beating cilia (slender microscopic hair-like protrusions of cells) act to transport fluids and particles in
many biological systems (Clifford 1932; Blake and Sleigh 1974; Enuka et al. 2012; den Toonder and Onck 2013a). Two specific examples are the transportation of egg cells to the uterus by motile cilia lining the inner walls of the fallopian tubes (Fauci and Dillon 2005; Enuka et al. 2012), and the transportation of mucus and infectious agents out of the respiratory tract by motile cilia in the mammalian lung and windpipe (Sleigh 1989; Enuka et al. 2012). Motivated by these examples, researchers have used simulations to study the capability of artificial cilia to manipulate fluids and particles and repel fouling agents from the ciliated surface (Khaderi et al. 2010, 2012; Masoud and Alexeev 2011; Semmler and Alexeev 2011; Dayal et al. 2012; Balazs et al. 2014; Tripathi et al. 2014). Recently, experimental works have shown the possibility to manipulate particles and water droplets using artificial cilia (Kim et al. 2015; Ben et al. 2018; Lin et al. 2018; Yang et al. 2018; Zhang et al. 2019).

This article aims to review and discuss the basic working principles of these particle manipulation methods, including a discussion of pros and cons of each method. The intended scope of the paper is to provide a broad but concise overview that helps to understand the overall progress and current status of the diverse particle manipulation methods, rather than offering an in-depth and detailed account of all the methods. Also, we do not claim to be complete in all the diverse aspects of the methods, but we provide the interested reader with references to more detailed review articles about particular methods. The two novel developments, self-driven microbots and artificial cilia-based manipulation, are highlighted in more detail. We first discuss particle handling in microfluidic systems, followed by cargo delivery with self-driven microbots. Then, we discuss particle manipulation examples by cilia in nature, which has inspired the numerical modelling work on artificial cilia to manipulate particles. Following these, we review the recent developments in experimental works on artificial cilia for particle manipulation. To conclude, we give a brief summary of these methods, as well as recommendations for future development of particle manipulation platforms.

2 Microfluidic methods for particle manipulation

2.1 Hydrodynamic methods

Hydrodynamic methods for particle manipulation utilize sophisticated microchannel networks to control particles primarily through balancing opposing transverse forces acting on the particles moving along a microfluidic channel. Detailed reviews of these methods can be found in Karimi et al. (2013) and Di Carlo et al. (2007). Examples of hydrodynamic forces are (1) the wall repulsion force ($F_{\text{wall}}$) originating from the asymmetry of the vorticity around the particles, pushing the particles away from the wall, and (2) the shear-gradient lift force ($F_{\text{shear}}$) originating from the curvature of the shear flow profile, which leads the particles to migrate away from the central axis (Karimi et al. 2013). Due to the competition between these two forces, particles suspended in the fluid migrate across streamlines when flowing downstream, and finally equilibrate at a specific location in the channel’s cross section (Fig. 1a). The lateral equilibrium positions of the particles depend on the particle properties (size and deformability), channel size, flow rate and fluid properties (mass density and viscosity).

One representative hydrodynamic particle manipulation example is given by Bhagat et al. (2011). As shown in Fig. 1b, by designing the microfluidic device featured with two contraction–expansion regions, they successfully isolated rare cells from a whole blood sample with a throughput of $\sim 10^8$ cells/min and a collection efficiency of $\sim 80\%$. The device works like this: in the first contraction–expansion region, all the cells equilibrate efficiently along the channel sidewalls under the influence of shear forces (Fig. 1b_X); in the second contraction–expansion region, the rare cells are aligned along the channel center by the pinching channel that is slightly smaller than the rare cells, while other cells remain close to the sidewalls because they are much smaller than the channel (Fig. 1b_Y); finally, rare cells are separated from the whole blood after a channel expansion (Fig. 1b_Z).

Amongst the studies using hydrodynamic methods to manipulate particles, the majority rely on fluidic inertial effects in addition to the wall repulsion force and the shear-gradient lift force. The generally used one is the so-called Dean flow that can occur in a channel with curved geometry. The formation of Dean flow in a curved channel can be summarized as follows (Bhagat et al. 2008; Karimi et al. 2013): due to inertial effects, the curvature of the channel induces two symmetric vortices in the top and bottom halves of the channel’s cross section, leading to the formation of a pressure gradient in the radial direction (Fig. 1c). Particles present within the channel will experience a shear lift force, a wall repulsion force, as well as a Dean drag force, and thus they equilibrate at specific cross-sectional positions within the channel determined by the balance of these forces, which depends on the channel geometry, flow rate and particle size. By creating Dean flows in a serpentine channel, Di Carlo et al. (2007) succeeded in particle and cell-focusing with no discernable damage to cells (Fig. 1d). Much depending on cell type, cells may be damaged or affected by high shear rates—the circulating blood cells used by Di Carlo et al. (2007) were shown to remain viable up to a typical shear rate of $10^3$ s$^{-1}$. However, their total channel network occupies a large surface area. In this regard, spiral-shaped channels
are often used as they yield a sufficiently long channel while occupying a relatively small surface area (Bhagat et al. 2008; Kuntaegowdanahalli et al. 2009).

Other hydrodynamic methods rely on the presence of micro-structures or micro-patterns in the channel to spatially redirect particles or cells of specific size or stiffness, for example posts, ridges and grooves, by introducing particular flow patterns. The approach that makes use of specifically designed arrays of micropillars within microchannels to sort particles based on their size is called “Deterministic Lateral Displacement” (DLD), first proposed by Huang et al. (2004). A difference with the methods discussed above is that DLD operates at low Reynolds numbers and does not rely on inertial effects. Recent reviews of DLD can be found in McGrath et al. (2014) and Salafi et al. (2019). Examples of approaches in which particle stiffness is utilized to sort the particles can be found in Wang et al. (2013) and Islam et al. (2017). Finally, adhesion-based sorting has been applied, in particular for cells, in which the target cells selectively bind to specific ligands or other functional coatings applied to the microfluidic channel walls, see, for example, Didar and Tabrizian (2010).

These techniques enable particle manipulation with high throughput and efficiency. However, they are mainly limited by the narrow range of working flow rate, and the strong dependence on channel structures and particle concentration. Moreover, the high shear rate in the inertial approaches may impact cell viability. Finally, some of the microfluidic devices, especially those with sophisticated channel structures and multiple constrictions at the outlets, are prone to clogging problems.

### 2.2 Acoustic method

The acoustic method for the manipulation of particles, termed acoustic tweezers, offers a non-contact mode of particle handling (reviewed by Laurell et al. 2007; Ozcelik et al. 2018). Figure 2a shows a typical standing-wave-based acoustic tweezer (Ozcelik et al. 2018), where the transducer converts electrical signals into acoustic waves.
The interference between waves reflected back and forth by the reflection and matching layer form standing waves and establish a pressure distribution in the fluid. Through adjustment of the frequency with respect to the distance between the matching layer and the reflection layer, the number of pressure nodes and antinodes in the channel can be tailored (Ozcelik et al. 2018). (Reproduced with permission, Copyright 2018, Springer Nature America). 

**Fig. 2** Particle manipulation by acoustic methods. 

- **a** A typical standing-wave-based acoustic tweezer. Acoustic waves reflected from the reflection layer form standing waves and establish a pressure distribution in the fluid. Through adjustment of the frequency with respect to the distance between the matching layer and the reflection layer, the number of pressure nodes and antinodes in the channel can be tailored (Ozcelik et al. 2018). (Reproduced with permission, Copyright 2018, Springer Nature America). 
- **b** Schematics of particle manipulation using acoustic tweezers: $F_{Ax}$ is the axial component of the acoustic radiation force, $F_{Tr}$ is the transverse component and $F_B$ is the interparticle force. At time $T_1$, the acoustic forces are initiated to act on the particles, and by time $T_2$, a steady state has been reached (Laurell et al. 2007). 
- **c** Illustration of acoustically separating lipids (white) from red blood cells (black). The lipid particles are collected at side outlets, while the red blood cells are collected at the central outlet (Laurell et al. 2007). 
- **d** Schematic illustration of an acoustic medium exchange/particle washing principle. In laminar flow conditions, the particles exit through the side outlets when the ultrasound is off, and they exit through the central outlet when the ultrasound is on (Laurell et al. 2007) (b–d are reprinted with permission from Laurell et al. 2007, Copyright 2007, Royal Society of Chemistry). 
- **e** Schematic depiction of 2D single-cell patterning with one cell per acoustic pressure node using four interdigitated acoustic transducers (Collins et al. 2015) (Reprinted with permission, Copyright 2015, Macmillan Publishers Limited: Nature Communication).
ability to handle fluidic throughputs ranging from 1 nL/min to 100 mL/min (Ozcelik et al. 2018). Representative applications of particle manipulation by acoustic standing waves are: (1) continuous particle separation in a streaming channel with multiple outlets based on that particles with different acoustic properties have different equilibrium positions within ultrasonic standing waves, for example, red blood cells tend to gather at the pressure nodes while lipids move away from the pressure nodes, as exemplified in Fig. 2c (Petersson et al. 2004); (2) medium exchange or particle washing by laminating different media and manipulating the position of particles with respect to different media layers under laminar flow conditions, (Fig. 2d) (Hawkes et al. 2004; Petersson et al. 2005); and (3) particle patterning (Fig. 2e) (Collins et al. 2015). Finally, acoustic holograms can be created using discrete and independently driven ultrasound sources, or by combining a patterned acoustic lens with a single transducer, to controllably and simultaneously manipulate multiple particles along specific paths in a fluid (Melde et al. 2016).

Nonetheless, there are also limitations of acoustic particle manipulation. For example, the design and fabrication of acoustic systems is a tedious and complex task, rendering the acoustic systems to be costly. Moreover, it is only efficient for suspended particles, and even though the principle is suitable for a wide range of particle sizes and flow rates, the effect is quite dependent on the specific device design and therefore, specific device configurations can only be designed for a narrow range of particle concentration and size, as well as flow rate.

### 2.3 Electrical methods

Particles can be manipulated in microfluidic device using electrical fields in various ways. We will briefly discuss here electrophoresis, electro-osmosis, and dielectrophoresis. An in-depth review of these is given by Xuan (2019).

Electrophoresis (EP) is the movement of an electrically charged surface relative to a stationary liquid, induced by an applied electric field. This effect can be used to transport, sort, or trap charged particles within a liquid. It only works if the conductivity of the liquid is relatively low, implying a low presence of ions that otherwise would accumulate around the charged particle and (partly) neutralize its charge, an effect known as electrical screening. This poses limitations to the application of EP, both on the particles and on the fluid. A major application that uses the mechanism is that of electrophoretic displays (i.e., electronic paper), that contain microfluidic pixels in which oppositely charged particles with different optical properties are transported and trapped to switch the pixel, see Fig. 3A.

Electro-osmosis (EO) is the movement of a liquid relative to a charged (AC electro-osmosis, ACEO) or polarizable (Induced-Charge Electro-osmosis, ICEO) surface (for example of a microchannel) induced by an electric field. In both ACEO and ICEO, an electrical double layer (EDL) is established at the liquid–solid interface. The counter-ions in the liquid phase of the EDL can be set into motion by applying an electric field parallel to the wall. The mobile ions drag bulk liquid in the direction of the electric force. ACEO can generate strong liquid flow when using well-designed electrode patterns on the surface (Huang et al. 2010), and this flow can be used to manipulate particles (Xuan 2019). Wu

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**Fig. 3** Particle manipulation by electrophoresis and electro-osmosis. A (a) Schematic illustration of microencapsulated electrophoretic image display (white and black microparticles system). The top transparent electrode becomes positively charged, resulting in negatively charged white microparticles migrating towards it. Oppositely charged black microparticles move towards the bottom electrode. (b) Photomicrograph of an individual microcapsule addressed with a positive and negative field (Comiskey et al. 1998). (Reprinted with permission, Copyright 1998, Nature, Macmillan Publishers Ltd). B Induced-charge electro-osmosis (ICEO) can be used to trap particles on arrays of floating electrodes: initially randomly distributed particles are focused to the center of the floating electrodes and immobilized by the interaction between ICEO flow and gravitational force (Wu et al. 2016) (Reprinted with permission, Copyright 2016, American Chemical Society)
et al. (2016) have shown that ICEO in combination with a rotating electrical field can be used to trap cells and particles on an electrode array when the electrodes are well designed, as illustrated in Fig. 3B.

Dielectrophoresis (DEP) was first investigated by Herbert Pohl in the 1950s (Pohl 1951). In DEP, a non-charged dielectric particle is subjected to a dielectric force in a non-uniform (often Alternating Current) electric field. The strength of the force depends on the dielectric properties of both the surrounding medium and the particle, on particle shape and size, and on the frequency of the applied electric field (Lenshof and Laurell 2010). This force moves the particle towards or away from the stronger electric field (Fig. 4a) (Lenshof and Laurell 2010): (i) when particles have higher permittivity than the surrounding fluid they are pushed towards the stronger electric field, and this is called positive dielectrophoresis (pDEP); (ii) when having lower permittivity than the fluid the particles are repelled from the higher electric field, which is consequently called negative dielectrophoresis (nDEP). Dielectrophoresis is extensively used for particle/cell trapping (Cummings and Singh 2003; Gadish and Voldman 2006), separation (Fig. 4b) (Adams et al. 2008) and exchange or washing (Fig. 4c) (Tornay et al. 2008). Advantages of dielectrophoresis are that it works for non-charged particles as long as they are polarizable, and that it offers flexibility in setting particle sorting thresholds (e.g., particle size) simply by adjusting the electric field frequency. However, this technology is highly dependent on particle or

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**Fig. 4** Particle manipulation by dielectrophoresis. **a** Schematics of the dielectric force on a dielectric particle in both positive dielectrophoresis (pDEP) and negative dielectrophoresis (nDEP) (Lenshof and Laurell 2010). (Reprinted with permission, Copyright 2010, Royal Society of Chemistry) **b** Schematics of multi-target cell sorting procedure using DEP with two sets of electrodes that are positioned at different glancing angles. Target A cells labeled with tag A are separated at electrode set A and exit through outlet A. Target B cells labeled with tag B are selected at electrode set B and exit through outlet B. The unlabeled, non-target cells are not deflected by either electrode set, and they exit through the waste outlet. Target B cells are not selected at electrode set A because the dielectric force applied on them is too low to counter the hydrodynamic force by the flow (Adams et al. 2008). (Reprinted with permission, Copyright 2008, American Chemical Society). **c** Particle exchanger using DEP in a microfluidic channel network featured with three functional regions: (i) the pre-focusing region, where particles are pushed close to the inner wall of the particle channel to reduce the exchanging distance in (ii) the exchange region, where the particles are pushed into the reagent and exit in (iii) the extraction region, where the two liquids are split again (Tornay et al. 2008) (Reprinted with permission, Copyright 2008, Royal Society of Chemistry)
cell polarizability and generally requires low-conductivity media, which limits its use in cell related applications.

An interesting extension of DEP-based particle manipulation has lead to “optoelectronic tweezers” (OET) (Wu 2011). An OET device contains a photosensitive layer of which the electrical conductivity can be sensitively controlled by illumination. Hence, local illumination by a light beam allows to switch on an off ‘virtual electrodes’ in desired patterns, creating electrical field gradients inside microfluidic devices that can be used to perform DEP-based particle manipulation. OET combines the advantages of two particle manipulation techniques: electrode-based DEP and optical tweezers (see the next section). An advantage of OET is its elegance in electrical field control, without the need for complex electrode patterns, and the method does not require high optical intensities like optical tweezers do.

2.4 Optical tweezers

Optical tweezers were pioneered by Ashkin et al. (1986). They comprise the use of a tightly focused laser beam to trap and manipulate particles or cells with very high precision (see the review by Lenshof and Laurell 2010). The basic mechanism is as follows: the laser beam with a Gaussian intensity profile carries momentum that is partially transferred to the particle/cell when the beam hits the object, and this generates a net force on the object towards the center of the beam; thus, the object is trapped by the beam and follows the motion of the beam (Molloy and Padgett 2002; Dholakia et al. 2008; Lenshof and Laurell 2010). Figure 5a shows an example of high-precision molecule manipulation with dual-beam optical tweezers where molecular knots were successfully tied in nano-filaments of actin (Arai et al. 1999). Another example of particle manipulation using optical tweezers is given by MacDonald et al. (2003) where a three-dimensional optical lattice selectively deflects one species of particle into the upper flow field, creating particle-size-based fractionation (Fig. 5b). By using a liquid–crystal spatial light modulator, a time-dependent hologram can be generated that produces a dynamic optical landscape with multiple traps, so that multiple particles can be independently transported along complex trajectories (Grier and Roichman 2006). Despite being a powerful tool for force spectroscopy and biomolecular manipulation, traditional optical tweezers require complex optics, including high-powered lasers and high-numerical aperture objectives, and they are potentially damaging to biological samples.

2.5 Magnetic methods

With magnetic methods, use is made of a magnetic field generated either by a permanent magnet or by electromagnets to manipulate particles, see the detailed reviews of Van Reenen et al. 2014 and Puri and Ganguly 2013. In a non-uniform magnetic field, a magnetic or magnetically labelled particle/cell is attracted towards the higher magnetic field. The magnetic force depends on the magnetic field gradient and also on the size and magnetic properties of the particle/cell. One typical application is the continuous particle separation based on particle size as particles with the largest magnetic volume experience the strongest magnetic forces and consequently end up in an outlet closer to the magnet (Fig. 6A) (Pamme and Manz 2004). However, the spatial resolution of this technique is relatively low and it requires a strong magnetic field gradient and therefore the working distance is limited.

Being able to manipulate magnetic particles also enables microfluidic mixing (Van Reenen et al. 2014) which

![Fig. 5](image)

**Fig. 5** Particle manipulation by optical tweezers. **a** Knotting an actin nanofilament using a dual-beam optical tweezers. To each end of the filament, a myosin-coated polystyrene bead is attached that can be manipulated by the optical tweezers. While keeping one optical trap fixed, the other one moves the polystyrene bead so as to tie a knot on the filament. The scale bar is 10 μm (Arai et al. 1999). (Reprinted with permission, Copyright 1999, Macmillan Publishers Ltd: Nature). **b** Particle sorting based on particle size and optical properties using a three-dimensional optical lattice—a body-centered tetragonal (b.c.t.) lattice in a fractionation chamber (FC). The array of laser beams deflects one species of particles towards the center of a laser beam iteratively, and finally pushes these particles into the upper fluid stream. Scale bar, 40 μm (MacDonald et al. 2003) (Reprinted by permission from MacDonald et al. (2003), Copyright 2003, Nature Publishing Group)
is an essential step for biochemistry analysis, drug delivery and sequencing or synthesis of nucleic acids (Nguyen and Wu 2005). One representative example is shown in Fig. 6B, where two parallel streams are mixed (95% mixing efficiency) within a mixing length of only 400 μm at a flow velocity on the order of 0.5 cm/s (Rida and Gijs 2004). The efficient fluid mixing was attributed to the chaotic splitting of fluid streams through the dynamic and randomly porous structure of the particle aggregate and the relative motion of the fluid with respect to the magnetic particles. Fundamental advances in the development of magnetic particles have been driving the increasing popularity of the magnetic method. To date, biofunctionalized magnetic particles with, e.g., antibodies have been used for capture and detection of analytes (Van Reenen et al. 2014), for drug discovery, as well as to provide personalized therapy (Puri and Ganguly 2013). As shown in Fig. 6C, magnetic manipulation of magnetic nanoparticles coated with detection antibodies clearly had a positive effect on the obtained dose–response curve, and led to detection limits within the picomolar range (Wang et al. 2011). However, it is necessary to pretreat the magnetic particles, such as coating with antibodies, so as to perform a specific task, and these functionalized magnetic particles have limited applications since the coated labels only respond to specific targets.

The shape of the magnetic particles can be tuned to enhance the controllability of the particle manipulation. For example, helical magnetic microstructures have been developed with controllable transportation direction induced by a rotating magnetic field (Tottori et al. 2012). Also, collective behavior of magnetic microparticles can be exploited to induce swarm-like behavior with control over transportation and navigation in fluids (Yu et al. 2019).
3 Self-driven microbots as particle transporters

Advances in micro/nanotechnologies have made it possible to fabricate self-driven micro/nano-robots to transport and release particles/cargos on demand for various applications including drug delivery and biochemical sensing (for more detailed reviews, see Patra et al. 2013 and Kim et al. 2018). Micro/nano-robots are often bio-inspired, such as hybrid bio-synthetic nanomotors that incorporate motor proteins [e.g., kinesin (Block and Schnitzer 1997), myosin (Kitamura et al. 2005), RNA polymerase (Block et al. 1998), $F_1$—adenosine triphosphate synthase (Soong et al. 2000)] or living organisms [Mycoplasma mobile bacteria (Hiratsuka et al. 2006), flagellated cells (Darnton et al. 2004; Magdanz et al. 2013)] into synthetic systems. Towards real-life applications, particle manipulation in a more controlled manner is in high favor for, e.g., targeted drug delivery. In this regard, catalytic reaction-powered microbots, moving in fuel solutions such as hydrogen peroxide, have been intensively studied (Patra et al. 2013; Kim et al. 2018). The predominant driving force originates from bubbles generated during the catalytic reaction. One representative case is the Au–Pt bimetallic nanorod devised by Sen et al. (Fig. 7A) (Paxton et al. 2004), where the two ends of the nanorod were coated with gold and platinum, respectively. The method is based on the feature that platinum is an active hydrogen peroxide decomposition catalyst while gold is not. Thus, oxygen is generated only at the Pt end, which creates a proton gradient along the axis of the rod from the Pt to Au, and this drives the nanorod at a speed of up to 20 μm/s with the platinum end facing forward. This nanomotor was demonstrated to be capable of transporting (Sen et al. 2008) and releasing colloidal cargos (Sundararajan et al. 2010). Wang et al. improved this design by introducing magnetic carbon nanotube (Au/Ni/Au/PtCNT) nanoshuttles (Fig. 7b) which had the ability to pick-up, transport and release magnetic cargo (Kagan et al. 2010). However, the efficiency of successful cargo pick-up relies strongly on the subtle magnetic attraction between the nanomotor and the cargo. Moreover, the cargo release extremely depends on the competition of the magnetic attraction and the shear drag force imposed on the cargo originating from the fast reversal in the direction of the nanomotor, which is very difficult to control.

Microtubular jet engines fabricated by rolling-up polymer films are another type of self-propelled micro/nano-robots (Mei et al. 2011). Schmidt and coworkers are the pioneers of this approach, and they fabricated the first version of the rolled up microtube which consists of (i) a catalyst layer, usually Pt, (ii) a magnetic layer, Fe, for magnetic manipulation, and (iii) a Ti/Au layer for good adhesion between layers (Fig. 8a) (Solovev et al. 2009). When immersed in aqueous hydrogen peroxide solutions, the microjet engines continuously generate oxygen microbubbles inside the cavity of the tubes that are released from one opening. Aided by a magnetic field acting on the Fe layer, this results in directional propulsion of the microjet engines at a speed of up to ≈2 mm/s (approximately 50 body lengths per second). Moreover, cargo loading and drop-off were demonstrated by such microtubular engines through catalytic reaction-induced inward flow and a rapid turning of the magnetic field, respectively (Fig. 8b) (Solovev et al. 2010). Wang’s group is another pioneer of microtubular motors; they fabricated bilayer polyaniline (PANI)/platinum microtubes using an electrochemical growth method within conically shaped pores of a polycarbonate template membrane (Fig. 9A, B) (Gao et al. 2011). These mass-produced microjets are self-propelled at an ultrafast speed (> 350 body lengths per second), and can operate in very low fuel levels (down to 0.2% hydrogen peroxide). Such type of microjets was later on demonstrated to be capable of bacterial isolation by functionalizing the microjets with Concanavalin A lectin transport (through thrusts powered by catalytic reaction-generated bubbles) and release (attributed to the hydrodynamic drag forces imposed on the cargos) (Kagan et al. 2010) (Reprinted with permission, Copyright 2010, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim).

![Fig. 7](image-url)
bioreceptors (Fig. 9C) (Campuzano et al. 2012). Wang et al. advanced this concept further by developing a polyaniline/Zn microrocket which self-propelled at a speed of 100 body lengths/s in strong acidic media by continuous generation of hydrogen bubbles at the inner zinc layer (Fig. 10A) (Gao et al. 2012). Such acid-powered microrockets were used

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Fig. 8 a (i) Schematics of a rolled up microtube consisting of Pt/Au/Fe/Ti multilayers on a photoresist sacrificial layer. (ii) Optical microscopy and (iii) SEM images of a rolled up Pt/Au/Fe/Ti microtube (Solovev et al. 2009). (Reprinted with permission, Copyright 2009, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim) b Schematics of rolled up microtubes (golden) for loading, transporting, delivery and assembly of microparticles and nanoplates in fuel solution under wireless control by a magnet (Solovev et al. 2010) (Reprinted with permission, Copyright 2010, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim)

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Fig. 9 A Schematics of fabrication of bilayer polyaniline (PANI)/Pt microjets using a cone-shaped polycarbonate template. B SEM images of the fabricated microjets: (a) side view and (b) cross view (Gao et al. 2011). (Reprinted with permission, Copyright 2010, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim). C Schematics of a lectin functionalized microjet for targeted bacterial capture and transport in hydrogen peroxide (Campuzano et al. 2012) (Reprinted with permission,Copyright 2011, American Chemical Society)

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Fig. 10 A Schematic of acid-driven PANI–Zn microrocket: motion in an acidic environment (a); SEM images of the top view of two PANI–Zn microrockets (b) (Gao et al. 2012) (Reprinted with permission, Copyright 2011, American Chemical Society). B Schematic of the in vivo propulsion and tissue penetration of the zinc-based microrockets in a mouse stomach (Gao et al. 2015) (Reprinted with permission, Copyright 2014, American Chemical Society)
for cargo payloads delivery and drop-off in a live mouse stomach, which is one of the pioneering works demonstrating in vivo applications of microbots (Fig. 10B) (Gao et al. 2015).

Even though substantial progress has been made by micro/nano-robots in in vitro and in vivo studies, the research on micro/nano-robots is still in an early stage. Convincing proof-of-principle concepts have been demonstrated but the particle manipulation process is still time consuming and difficult to control. In addition, several specific challenges still need to be addressed for real-life applications. One fundamental challenge is the biocompatibility of the micro/nano-robot for in vivo applications. Another one is the fuel source for the self-driven robots, which for the moment are limited to hydrogen peroxide or strong acids, while they should be extended to organic molecules such as glucose present in living systems.

4 Particle manipulation by artificial cilia

Nature, after millions of years’ evolution, offers us a rich source of inspiration to solve engineering and scientific problems. One nature-inspired method to manipulate particles is the use of artificial cilia—a general review of artificial cilia in microfluidic applications is given in den Toonder and Onck (2013a, b). Biological cilia are slender microscopic hair-like protrusions of cells with a typical length between 2 and 15 μm, which were first reported by Antony van Leeuwenhoek in 1675 (Clifford 1932), and have been found to exist ubiquitously in nature (den Toonder and Onck 2013a). This organelle has evolved to possess versatile functionalities including sensing (Blake and Sleigh 1974), pumping (Blake and Sleigh 1974), particle manipulation such as cell and food transportation and antifouling (Sleigh 1989; Fauci and Dillon 2005; Enuka et al. 2012; Strathmann et al. 1972; LaBarbera 1981, 1984; Taghon 1982; Fritz et al. 1984; Stafford-Smith and Ormond 1992; Wahl et al. 1998; Riisgard and Larsen 2001; Ruppert et al. 2004; Romero et al. 2010). Specific examples are (1) active cilia covering the outer surfaces of mollusks and coral can generate local currents, shielding away sand and preventing settlement of a wide variety of marine fouling organisms (Stafford-Smith and Ormond 1992; Wahl et al. 1998; Ruppert et al. 2004); (2) motile cilia line the windpipe and the lungs of the human body, helping to clean up mucus and dust out of the respiratory tract (Sleigh 1989; Enuka et al. 2012); (3) motile cilia line the inner walls of the fallopian tubes, transporting egg cells to the uterus (Fauci and Dillon 2005; Enuka et al. 2012); (4) cilia grow in the mouth of some marine suspension microorganisms, facilitating feeding (Strathmann et al. 1972; Riisgard and Larsen 2001; Romero et al. 2010). All of these favorable functionalities are dominated by the substantial local flow generated by the asymmetric motion of cilia in combination with the direct contacting forces applied on the particles by cilia beating.

Inspired by the impressive versatility of biological cilia in manipulating surrounding particulates and generating fluid flows, researchers have mimicked the biological function of natural cilia to create self-cleaning and antifouling surfaces. Via computational and theoretical models, the group of Balazs and co-workers have laid a foundation for future research on particle manipulation by cilia (Masoud and Alexeev 2011; Semmler and Alexeev 2011; Dayal et al. 2012; Balazs et al. 2014; Tripathi et al. 2014). Firstly, by performing a tilted conical motion, active adhesive cilia were proven to be able to regulate the motion of both rigid and soft microscopic particles (Fig. 11a, b) (Bhattacharya et al. 2012; Bhattacharya and Balazs 2013): (1) trapping particulates when the cilia–particle adhesion strength is relatively high, (2) propelling particulates at intermediate cilia–particle adhesion strength, (3) repelling or releasing particulates when the cilia–particle adhesion strength is relatively low. Secondly, active cilia were found to be effective in separating microscopic particles by both stiffness (because the traveling speed of rigid and compliant particles are different at both lower and higher cilia–particle adhesion) (Bhattacharya and Balazs 2013) and size (due to a higher critical adhesion strength required to capture larger particles, Fig. 11c) (Tripathi et al. 2013). Moreover, active cilia can also be used to drive away model swimming micro-organisms primarily due to their ability to generate powerful local flow (Fig. 11d) (Shum et al. 2013). Moreover, passive (rather than active) cilia were also demonstrated to be capable of repelling sticky particles away from the ciliated surface when the cilia are driven to undulate by an oscillatory shear flow (Fig. 11e) (Tripathi et al. 2014). All of these indicate the possibility to harness artificial cilia to manipulate particles and to create self-cleaning/antifouling surfaces.

Inspired by these fascinating modelling findings and insights, Zhang et al. (2018) fabricated magnetic artificial cilia (MAC) made of a polydimethylsiloxane (PDMS)—superparamagnetic particle (carbonyl iron powder, CIP) composite material. These MAC were demonstrated to be capable of generating versatile water flows in a microfluidic channel network by performing a tilted conical motion under the actuation of a rotating magnet, mimicking the motion of embryonic nodal cilia (Nonaka et al. 2005; Yoshiha et al. 2012; Zhang et al. 2018). The reason why this type of asymmetric motion can effectively induce fluid flows is that one cilium carries a larger volume of liquid when it beats more straight (effective stroke) than when it passes near the substrate (recovery stroke), thus generating a net flow in the same direction as the effective stroke in a complete beating cycle (Zhang et al. 2018). Subsequently, these MAC were employed to create self-cleaning
Two types of self-cleaning surfaces were reported: fully ciliated surfaces encompassing orthogonally arranged MAC, and partially ciliated surfaces composed of a central unciliated square region surrounded by 3 rows of MAC on each side. Both types of ciliated surfaces were able to remove microparticles out of the ciliated area due to the generation of substantial flow in combination with direct pushing forces acting on the particles (Fig. 12) (Zhang et al. 2019). Specifically, the fully ciliated surface is capable of removing the vast majority of a large size range (30 to 500 μm) of particles, except for particles that have a diameter close to the cilia pitch and particles that are much smaller than the cilia pitch (Fig. 12d). Moreover, the fully ciliated surface could also repel irregular-shaped sand grains in both water and air. Besides the self-cleaning capability, there is also a possibility to use these ciliated surfaces to sort particles by size since particles of different sizes are repelled along different directions. This was the first proof-of-principle study that showed the promising possibility to harness artificial cilia to create self-cleaning surfaces. Another experimental study demonstrated that MAC can be used to directionally transport a viscoelastic particle in air primarily due to the gravity induced energy transfer from gravitational potential energy to kinetic energy (Ben et al. 2018). Even though the transportation was found to be slow (~ 90 μm/s), this experimentally proved the feasibility to transport particles with artificial cilia. Moreover, MAC were found to be able to transport water droplets (Kim et al. 2015; Lin et al. 2018; Yang et al. 2018).

Although artificial cilia may offer a promising tool to manipulate particles, more effort needs to be devoted to this topic including miniaturization of artificial cilia, anti-fouling capability studies using real fouling agents, controllability of the particle transporting direction, and cell viability in the case of transporting cells.
5 Conclusions and perspectives

This review covers the major areas of research that targets particle/cell manipulation in a microfluidic environment for applications including bioanalysis, drug delivery, self-cleaning and antifouling. The review includes established methods based on microfluidics, as well as recently proposed innovative methods that still are in the initial phases of development, based on self-propelling microbots and artificial cilia. Rather than going into details for each method, the review offers a broad but still concise overview, explanation, and evaluation of the methods; novel methods based on chemical propulsion and artificial cilia-based manipulation are particularly highlighted. Depending on the specific application, each method has its own advantages and shortcomings that must be balanced against each other depending on the particular application for which it should be used. For example, acoustic tweezers have a wide variety of applications including circulating tumor cell (CTC) isolation (Li et al. 2015), 2D and 3D cell array formation (Shi et al. 2009; Guo et al. 2016), and inter-cellular communication (Guo et al. 2015), but the design of these acoustic tweezers is tedious and the fabrication is costly. Direct magnetic particle manipulation is straightforward, but it requires strong magnetic field gradients so that the effective local working space is small, and it requires biofunctionalized magnetic beads. Notably, different mechanisms can also be combined to achieve better control; for example, hydrodynamic and electrokinetic manipulation can be combined to controllably trap and separate particles in microfluidic devices (Jellem et al. 2009) Self-driven robots are capable of drug delivery without external energy input, at the expense that it can only work in a fuel-containing solvent. Artificial cilia have been demonstrated both numerically and experimentally to be able to manipulate particles and to offer a potential solution to create self-cleaning and antifouling surfaces, but nevertheless, the study of manipulation of particles using artificial cilia is still at the proof-of-principle stage. Table 1 concisely summarizes the operating mechanisms and parameters, applications, resolutions, and system requirements of all the reviewed techniques. Table 2, additionally, shows the primary equation for the force acting on a particle for each manipulation technique, reflecting the dependence on particle properties such as size, density, charge, magnetic susceptibility, and refractive index. These tables combined can be used as an initial guideline for choosing a particle manipulation technique for a specific application.

Other factors must be considered as well. One of those is the maturity of the technique. All microfluidics-based methods are more mature and are being applied in practice. In particular, hydrodynamic methods and magnetic particle manipulation are used in a number of commercial products (Ateya et al. 2008; Puri and Ganguly 2013). The self-driven microbots and the artificial cilia-based methods, on the other hand, are still in early stages of development. Another relevant factor is that, in general, most adopted approaches
| Technique | Mechanism | Main applications | Parameters on which operation is based | Spatial resolution | System requirements |
|-----------|-----------|-------------------|----------------------------------------|-------------------|---------------------|
| Hydrodynamic methods (Karimi et al. 2013; Bhagat et al. 2008, 2011; Di Carlo et al. 2007; Kuntaegowdanahalli et al. 2009; Wang et al. 2013; Islam et al. 2017; Huang et al. 2004; McGrath et al. 2014; Salafi et al. 2019; Didar and Tabrizian 2010) | Rely on channel shape and structure; the combination of shear forces, inertial effects, and/or boundary effects, results in one or more lateral equilibrium positions of suspended particles, often depending on particle size, shape, deformability or adhesion | Trapping, sorting, enrichment | Size, deformability, shape > 1 μm | Flow-control devices, multiple pressure regulators, integrated microscopic geometrical features, and/or surface functionalization |
| Acoustic tweezers (including holographic acoustic tweezers) (Petersson et al. 2004, 2005; Hawkes et al. 2004; Collins et al. 2015; Melde et al. 2016) | Suspended particles gather at either the pressure nodes or the antinodes of acoustic waves under the impact of acoustic radiation forces. Using holography, multiple of such traps can be created dynamically | Sorting, washing, patterning | Size, density, compressibility  > 1 μm | Acoustic sources, Patterned acoustic lens (for holography) |
| Electrophoresis (Comiskey et al. 1998; Xuan 2019) | Charged particles experience an electrical force, moving the particle within the electrical field depending on charge | Focusing, sorting, trapping, separation | Size, charge, liquid conductivity > 0.1 μm | Prepatterned electrodes, low-conductivity media |
| Electro-osmosis (Huang et al. 2010; Xuan 2019; Wu et al. 2016) | Mobile charges in the liquid are set in motion by applying an electric field, creating flow, which transports particles | Focusing, sorting, trapping, separation | Size, liquid conductivity > 1 μm | Prepatterned electrodes, liquid with mobile charge carriers |
| Dielectrophoresis (Cummings and Singh 2003; Gadish and Voldman 2006; Adams et al. 2008) | A dielectric particle is subjected to a force in a non-uniform electric field, which moves the particle towards or away from the higher electric field | Sorting, trapping, washing | Size, permittivity > 0.1 μm | Prepatterned electrodes, low-conductivity media |
| Optoelectronic tweezers (Wu 2011) | A photosensitive layer is illuminated with light patterns, creating virtual electrodes that induce a local electrical field, resulting in a controlled DEP force | Sorting, trapping, transporting | Size, permittivity > 0.1 μm | Photosensitive layer, patterned light source, low-conductivity media |
| Optical tweezers (including holographic optical tweezers) (Arai et al. 1999; MacDonald et al. 2003; Grier and Roichman, 2006) | A laser beam with a Gaussian profile carries momentum that is transferred to the particle; this generates a net force on the particle towards the center of the beam. Using holography, multiple of such traps can be created dynamically | Trapping, separation | Size, refractive index  > 0.1 nm | High-power laser, high-numerical aperture lens, transparent buffers, LC spatial light modulator (for holography) |
| Technique                                      | Mechanism                                                                 | Main applications                        | Parameters on which operation is based | Spatial resolution | System requirements                                      |
|------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|----------------------------------------|-------------------|----------------------------------------------------------|
| Magnetic tweezers (Pamme and Manz 2004; Rida and Gijs 2004; Wang et al. 2011) | In a non-uniform magnetic field, a magnetic or magnetically labelled particle is attracted towards the higher magnetic field | Separation                               | Size, intrinsic magnetic susceptibility | > 1 μm           | Permanent magnet or electromagnets, functionalized magnetic beads |
| Catalytic reaction powered robots (Paxton et al. 2004; Sen et al. 2008; Sundaranajan et al. 2010; Kagan et al. 2010; Mei et al. 2011; Solovev et al. 2009, 2010; Gao et al. 2011, 2012, 2015; Campuzano et al. 2012) | Catalytic reaction generates bubbles at one end of the robot that propel the robot directionally in fuel solutions such as hydrogen peroxide | Pick-up, transport, release              | –                        | ~1 μm           | Fuel solutions                                             |
| Artificial cilia (Khaderi et al. 2010, 2012; Masoud and Alexeev 2011; Semmler and Alexeev 2011; Dayal et al. 2012; Balazs et al. 2014; Tripathi et al. 2014; Kim et al. 2015; Ben et al. 2018; Lin et al. 2018; Yang et al. 2018; Zhang et al. 2019) | Asymmetric motion of cilia induces local flow, resulting in hydrodynamic forces on the particle. This, in combination with the adhesive forces between the cilia and the particle, enables the cilia to manipulate particles in a controlled manner | Self-cleaning, antifouling, sorting, transport | Size, adhesion strength                                | ~30 μm           | Actuation setup such as a rotating permanent magnet       |
Table 2  Equations for the force on a particle for each particle manipulation technique

| Technique                        | Equation/comment | Symbols | References |
|----------------------------------|------------------|---------|------------|
| Hydrodynamic methods             |                  |         |            |
| Stokes drag:                     |                  |         |            |
| \[ F_S = 3\pi \mu a v_p \]      |                  | \( a \) particle diameter | Karimi et al. (2013) |
| Lift force in channel flow:      |                  | \( \rho_l \) liquid density |            |
| Near the wall:                   |                  | \( \mu \) liquid viscosity |            |
| \[ F_{Lw} = C_1 \frac{\rho_l U^2 a_0}{H^4} \] |                  | \( U \) mean liquid velocity |            |
| Near the centerline:             |                  | \( v_p \) particle velocity |            |
| \[ F_{Lc} = C_1 \frac{\rho_l U^2 a_0}{R_c^4} \] |                  | \( C_1 \) lift coefficient |            |
| Dean force:                      |                  | \( H \) channel height |            |
| \[ F_D \sim \rho U^2 a D_h^2/R_c \] |                  | \( D_h \) hydraulic diameter |            |
| Acoustic tweezers                |                  | \( \phi(\beta, \rho) \) acoustic contrast factor | Laurell et al. (2007) |
| Primary radiation force:         |                  |         |            |
| \[ F_t = -\left( \frac{4\pi \rho_l \Delta \phi}{2k} \right) \cdot \phi(\beta, \rho) \cdot \sin(2\kappa x) \] |                  | \( \rho_l \) liquid compressibility |            |
| \[ \phi(\beta, \rho) = \frac{5\beta^2 \rho - 2\beta \rho}{2\beta^2 + \rho} \] |                  | \( \beta \) liquid density |            |
| \( \beta_p \) particle compressibility |                  | \( \rho_p \) particle density |            |
| \( \lambda \) acoustic wavelength |                  | \( k = 2\pi / \lambda \) acoustic wave number |            |
| \( s \) distance to pressure node |                  | \( \phi(\beta, \rho) \) acoustic contrast factor |            |
| Electrophoresis                  | \( F_{KP} = ZeE \) | \( Ze \) charge of particle | Bruus (2008) |
| Electro-osmosis                  | \( F_{EO} \sim \mu a \mu_{EO} E \) | \( a \) particle diameter | Bruus (2008) |
| Dielectrophoresis/optoelectronic |                  |         | Lenshof and Laurell (2010) |
| tweezers                         | \( F_{DEP} = 2\pi r^2 \text{Re}(f_{CM})\Delta E^2 \) | \( a \) particle diameter |            |
| \[ f_{CM} = \frac{\epsilon_p^* - \epsilon_m^*}{\epsilon_p^* + 2\epsilon_m^*} \] |                  | \( \epsilon_m \) complex permittivity of the liquid |            |
| Magnetic tweezers                | \( F_{mag} = \frac{V_p \Delta x}{\mu_0} \left( \nabla \cdot B \right) \cdot B \) | \( V_p \) particle volume | Pame and Manz (2004) |
| Catalytic reaction-powered robots| Not described by a specific formula: |         |            |
| Artificial cilia                 | Not described by a specific formula: |         |            |

...to manipulate particles either need large peripherals, such as electrical control systems or syringe pumps, or they are expensive and/or cumbersome to integrate. Moreover, most of the methods cannot control a single targeted particle among a large population, which is required for some applications such as rare cell investigation in big heterogeneous populations such as CTC analysis. An exception is the use of optical tweezers and, when appropriately adapted,
dielectrophoresis. Last but not least, particle manipulation is mostly just one basic function within a device, and the creation and exploitation of fully integrated portable devices such as point-of-care devices still needs to overcome such challenges as incorporating various assay steps from sample preparation to detection into a single microfluidic chip, the applicability to a diversity of samples and reagents, and ease-of-use.

Even though a vast variety of challenges still need to be tackled, the current research efforts on the manipulation of particles have already led to many promising results and methods, some of which are currently used in practice, and these efforts will in the future further enable compact and portable particle manipulation devices for applications like self-cleaning/antifouling, personalized health care and diagnostics.

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