# Narrative Review Checklist

| Section/Topic          | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|------------------------|---------|----------------------------------------------------------------------|------------------------------------|------------------------------|
| **Title**              |         |                                                                        |                                    |                              |
| Title                  | 1       | Identify the report as a Narrative Review of …                        | P1 L2, 3                           | title page                   |
| **Abstract**           |         |                                                                        |                                    |                              |
| Unstructured summary   | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | P2 L21-37                         | abstract                     |
| **Introduction**       |         |                                                                        |                                    |                              |
| Rationale/background   | 3       | Describe the rationale for the review in the context of what is already known. | P3 L44- P3 L56                    | introduction                 |
| Objectives             | 4       | Specify the key question(s) identified for the review topic.          | P3 L56- P4 L62                    | introduction                 |
| **Methods**            |         |                                                                        |                                    |                              |
| Research selection     | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | P4 L64- P5 L89                    | methods                      |
| **Discussion/Summary** |         |                                                                        |                                    |                              |
| Narrative              | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | P20 L357- P23 L405                | discussion                   |
| Summary                | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | P23 L407-412                      | conclusions                  |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*