Impacts of UV Filters in *Mytilus galloprovincialis*: Preliminary Data on the Acute Effects Induced by Environmentally Relevant Concentrations

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Abstract: Ultraviolet (UV) filters are present in a broad range of personal hygiene products, which may be transported via aquatic environments and domestic wastewaters due to inefficient treating station sewage removal and direct human contact. The aim of the present study was to evaluate the potential effects of a UV filter, in particular benzophenone-3 (BP3) (also known as oxybenzone) on the mussel species *Mytilus galloprovincialis*. Mussels were exposed to this organic substance for 96 h in environmentally relevant concentrations (10, 100, and 1000 ng/L). After exposure, biomarkers related with the mussels’ metabolism and oxidative stress were evaluated. The results revealed significantly higher activity of electron transport system and energy reserves (glycogen and protein (PROT)) at the intermediate concentration of 100 ng/L, suggesting that at lower concentrations mussels’ metabolism was not activated due to low stress. Conversely, at the highest concentration (1000 ng/L), mussels were no longer able to continue to increase their metabolic activity. Higher metabolic capacity was accompanied by increased PROT content associated with increased enzyme production to activate their antioxidant system. Nevertheless, at the highest concentration, cellular damage occurred as a consequence of ineffective activation of antioxidant and biotransformation enzymes. The results of the present study address uncertainties that are fundamental to the environmental risk assessment and management of these economically important near-shore bivalves and other marine species. Although an acute exposure was performed, alterations observed indicate the negative impacts of BP3 towards marine bivalves, which could be enhanced after longer exposure periods or if mussels are simultaneously exposed to other stressors (e.g., other pollutants or climate change related factors). The present study may thus contribute to the definition of fundamental knowledge for the establishment of appropriate regulatory guidelines and practices that ensure the preservation and sustainability of biological resources, allowing for prediction and mitigation of the impacts from these compounds.

Keywords: mussels; oxybenzone; benzophenone-3 (BP3); metabolism; oxidative stress; energy reserves

1. Introduction

The rising concern regarding ultraviolet (UV) rays exposure is mainly associated with the risk of developing skin cancer, erythema, and photoaging, with an increasing awareness about protecting...
human bodies with photoprotective clothing and, principally, sunscreen [1]. Sunscreens contain inorganic compounds capable of reflecting UV rays and organic compounds that reflect UV A (315 to 400 nm) and UV B rays (280 to 315 nm) [2,3]. Benzophenone-3 (BP3) (also known as Oxybenzone) and 2-ethylhexyl-4-methoxycinnamate are among these organic compounds. These chemicals can be found in several personal hygiene products such as face creams, shampoos, color stabilizers for lipsticks, or hair dyes, as well as in plastic mixtures and hand/dish soaps [4–6]. Personal care products containing these filters are used on a daily basis, which greatly increases the chance of these compounds to be released into domestic waters [7]. Calafat et al. [8] showed evidences that BP3 was present in 96.8% of 2517 urine samples, containing a range from 0.4 to 21.700 µg/L. Furthermore, it has been proven that wastewater treatment plants (WWTPs) do not effectively remove compounds such as UV filters, resulting in their transportation towards aquatic systems [9–12]. Ultraviolet filters can therefore reach rivers and marine coastal areas through this route or during recreational activities, such as swimming [13]. Thus, the concentration of these compounds can gradually increase with the wider use of these products.

Benzophenone-3 is an organic UV filter with a molecular weight of 228.25 g/mol and a solubility of 68.56 mg/L [14]. It is reported to have resistance to photodegradation and to be bioaccumulative [15]. The maximum concentrations of BP3 permitted by law in sunscreens are 10, 6 and 5 g/100 g in Europe, USA and Japan, respectively [16]. However, low concentrations of these substances have been reported in coastal systems, which is the case for BP3 concentrations found in Ria de Aveiro (Portugal), ranging from 53.6 to 577.5 ng/L [9]. Benzophenone-3 was also detected in a WWTP effluent in Oslo (Norway), varying from 81 to 998 ng/L with a concentration lower than 10 ng/g (DW, dry weight) found in its sludge. In Majorca Island’s (Spain), BP3 was detected in surface coastal waters at a concentration ranging from 53.6 to 577.5 ng/L [17,18]. According to Juliano and Magrini [19], the environmental concentrations of this compound depend mainly on the population of a place, investment and quality of removal on sewage treatment stations, and mostly on the season, since there are more people frequenting beaches during warmer and sunnier summer days.

Bivalves are known for bioaccumulating chemical pollutants in their soft tissues, since these are sessile filter-feeding organisms. Among bivalves, mussels are well-known bioindicator species, including Mytilus galloprovincialis, due to their wide geographical distribution and abundance [20,21]. To our knowledge, scarce information is available regarding concentration levels and effects induced in bivalves due to BP3 exposure. Vidal-Liñán et al. [22] demonstrated that M. galloprovincialis specimens accumulated low concentrations of BP3 in their soft tissues (about 80 µg/kg DW), which remained relatively constant along the experimental exposure period (30 days) and decreased after a 20-days depuration period. In another study, 35.4 ± 1.5 ng/g DW of BP3 was measured in the tissues of the mussel species Ischadium recurvum [23]. He et al. [24] measured a concentration of 118.0 ng/g DW of BP3 in the oyster Crassostrea virginica and suggested a similar bioaccumulation of UV filters in shellfish.

It has been widely recognized that the accumulation of pollutants by wildlife, including marine bivalves, generates negative effects, with physiological and biochemical impairments being frequently demonstrated. Similarly, harmful effects have been described in different aquatic organisms such as fish, bivalves, and corals after exposure to UV filters [25]. In particular, studies already demonstrated that the fish species Carassius auratus exposed for 7, 14 and 28 days to the UV filters benzophenone-1, benzophenone-2, benzophenone-3, and benzophenone-4 (at concentrations of 0.5 and 5 ng/L, for each chemical compound), may increase the reactive oxygen species (ROS) production, leading to oxidative stress by altering the antioxidant defense system [26]. Kim et al. [27] observed that reproduction of the fish species Oryzias latipes decreased, having a hatchability of 88.3% following 28 days of exposure to 26 µg/L of BP3, affecting the endocrine balance as well. Moreover, studies with the clam species Scrobicularia plana revealed the induction of oxidative stress after exposure for 7 days to 1 mg/L of microplastics adsorbed with 82 ng/g of BP3 [28]. Zhong et al. [29] reported that concentrations as low as 22.8 ng/g of BP3 caused a significant inhibition of growth and chlorophyll synthesis of the algae Arthospira sp. and Chlorella sp. after 20 days of exposure. The bleaching of pigment following 7 days
of exposure to higher concentrations than 2.28 mg/L had the same result, whereas concentrations of 0.228 mg/L or higher inhibited photosynthesis as well as respiration, and led to the accumulation of ROS. Almeida et al. [30] reported effects of acute exposure (96 h) to BP3 at environmentally relevant concentrations (10, 100, and 1000 ng/L) in the fish species *Poecilia reticulata*, where both 100 and 1000 ng/L caused DNA damage of erythrocytes along with an increased number of nuclear abnormalities of these cells, suggesting this compound’s genotoxic and mutagenic effects. Paredes et al. [31] determined the concentration of the UV filter BP3 responsible for EC50, identified as a 50% reduction in the percentage of normal D-larvae in *M. galloprovincialis*, which corresponded to 3472.59 µg/L.

Therefore, considering the literature available and the lack of knowledge regarding the effects of BP3 on the biochemical performance of bivalves, especially at environmentally relevant concentrations, the present study aimed to evaluate the metabolic and oxidative stress alterations induced in the mussel *M. galloprovincialis*. Biological alterations were assessed after an acute exposure (96 h) to a range of increasing concentrations of BP3 (Control-0, 10, 100 and 1000 ng/L). For this, mussels’ energy reserves content, metabolic capacity, cellular damage, and antioxidant and biotransformation defenses were measured in mussels’ whole soft tissues.

### 2. Material and Methods

#### 2.1. Experimental Conditions

In September 2019, mussels of the species *Mytilus galloprovincialis* were collected during low tide at the Ria de Aveiro coastal lagoon (Portugal) and transported to a laboratory. In the laboratory, mussels with a similar size (10.7 ± 3.0 g fresh weight) were maintained during one week in artificial seawater at 17 °C with a salinity of 30 (prepared by mixing filtered freshwater with commercial sea salt, Tropic Marin® SEA SALT), with a 12:12 Light: Darkness photoperiod. During the first 3 days, the mussels were not fed after which it was given Algamac protein plus (150,000 cells/animal) every other day. During this period water was renewed every two days.

After acclimation, mussels were distributed in different aquaria (6 individuals per aquarium), containing 6 L of seawater (salinity 30 and temperature 17 °C). Three aquaria were used in the following conditions: control-0 ng/L, 10 ng/L, 100 ng/L, and 1000 ng/L of benzophenone-3 (BP3) and dimethyl sulfoxide (DMSO) (the solvent used to prepare BP3 stock solution). A stock solution of 1 mg/L of BP3 in DMSO (1%) was prepared using distilled water. Benzophenone-3 used in the experiment was obtained from Sigma-Aldrich (chemical purity ≥ 98%).

During the exposure period (96 h), aquaria were continuously aerated, temperature (17 °C) and salinity were checked daily and adjusted if necessary, and mussels were fed with Algamac protein plus (150,000 cells/animal) every other day. Mussels feces were removed when identified in the aquaria to guarantee water quality.

Mortality was checked every day and organisms were considered dead when their shells gaped and failed to shut again after external stimulus. At the end of the experiment, mussels were immediately frozen (−80 °C) until further analyses.

#### 2.2. Biochemical Markers

Biochemical markers related with metabolic capacity, energy reserves, and oxidative stress were measured in mussels exposed to different BP3 concentrations (CTL-0, 10, 100, and 1000 ng/L of BP3) and DMSO (≤0.001%). Graphical representations were obtained considering the mean and standard deviation values of the 3 aquaria/condition. From each aquarium, a mean of two mussels was used.

For biochemical analyses mussels’ whole soft tissues were homogenized manually using liquid nitrogen with a mortar and pestle. Homogenized tissues were divided in different aliquots containing 0.5 g fresh weight (FW) to determine the following biomarkers: electron transport system activity (ETS); total protein content (PROT); glycogen content (GLY); the activity of the antioxidant and
biotransformation enzymes catalase (CAT); glutathione peroxidase (GPx) and glutathione S-transferases (GSTs); and lipid peroxidation (LPO) levels.

Specific buffers were used depending on the biochemical parameter: (i) 20% (v/v) trichloroacetic acid solution (TCA) with a 1:2 proportion in order to extract the supernatants for the LPO assay; (ii) to extract the supernatants for PROT, GLY, GPx, GSTs, and CAT assays, it was used the potassium phosphate 50 mM KH2PO4 (pH7.0); EDTA 1 mM, Triton X-100 1% (v/v); PVP 1 mM DTT) buffer; (iii) the extraction for the quantification of ETS was made with a BSS buffer, consisting of 0.13 M Tris-HCl, 0.3% (v/v) Triton X-100 with pH 8.5. The samples were sonicated with a TissueLyser II with a frequency of 20 1/s, for 1 min and 30 s, at 4 °C. After cooling down, these were centrifuged was at 10,000 g (3000 g for ETS) for 20 min, at 4 °C. Afterwards, extractions for biochemical analyses were made using a microplate reader (BioTek Synergy, Winooski, VT, USA) and the samples were preserved at a temperature of −80 °C.

2.2.1. Metabolic Capacity and Energy-Related Markers

The activity of ETS was assessed following King and Packard [32] method with modifications performed by De Coen and Janssen [33]. Samples were measured at an absorbance of 490 nm during 10 min with intervals of 25 s. For the calculation of formazan, the extinction coefficient $\varepsilon = 15,900$ M$^{-1}$cm$^{-1}$ was used and results were expressed in nmol/min/g FW.

The PROT content was determined according to the method developed by Robinson and Hodgen [34]. A BSA solution (40 mg/mL) was used to prepare standards (0 to 40 mg/mL). The absorbance was read at 540 nm and the results were expressed in mg/g FW.

The GLY content was quantified in accordance with Dubois et al. [35]. Glucose standards were prepared (0 to 5 mg/mL) and the absorbance was read at 492 nm after incubation for 30 min at room temperature. Results were expressed in mg/g FW.

2.2.2. Oxidative Stress Markers

The activity of CAT was determined as described by Johansson and Borg [36] with adaptations by Carregosa et al. [37], where formaldehyde was used as the standard (0–150 µM). Samples were read at an absorbance of 540 nm and results were expressed in U/mg FW, where U represents the amount of enzyme that caused the formation of 1.0 nmol formaldehyde per min at 25 °C.

The activity of GPx was determined following Paglia and Valentine [38]. The absorbance was measured at 340 nm in 10 s intervals during 5 min and the enzymatic activity was determined using $\varepsilon = 6.22$ mM$^{-1}$cm$^{-1}$. The results were expressed in U/g FW, where U represents the amount of enzyme that caused the formation of 1.0 µmol NADPH oxidized per min.

Following the method described in Habig et al. [39] with alterations by Carregosa et al. [37], the GSTs activity was measured at an absorbance of 340 nm for 5 min with an interval of 15 s, using $\varepsilon = 9.6$ mM$^{-1}$cm$^{-1}$. The concentration was expressed in U/g FW, where U represents the amount of enzyme that catalyzes the formation of 1 µmol of dinitrophenyl thioether per min.

Following Buege and Aust [40], LPO levels were measured at an absorbance of 532 nm, determining the content of malondialdehyde (MDA). The results were obtained using the equation $A = \varepsilon \times b \times C$, where $\varepsilon$ corresponds to the MDA extinction coefficient ($\varepsilon = 1.56 \times 105$ M$^{-1}$cm$^{-1}$), and expressed in nmol of MDA/g FW.

2.3. Data Analyses

The results for ETS, PROT, GLY, LPO, CAT, GPx, and GSTs were statistically verified using the routine PERMANOVA + add-on from the software PRIMER v6 [41]. The null hypothesis tested was that for each biochemical marker, no significant differences were found among conditions (CTL-0; 10, 100 and 1000 ng/L of BP3). For each biomarker in the figures, different lowercase letters represent statistical differences ($p < 0.05$) among the conditions.
3. Results

3.1. Mortality

After the exposure period (96 h), no mortality was observed regardless of the condition.

3.2. Biochemical Responses

Since no significant differences were observed between organisms exposed to control (CTL) and DMSO conditions, results corresponding to organisms exposed to the solvent were not included in this section. Metabolic capacity, energy reserves, and oxidative stress parameters are given for each BP3 exposure concentration (CTL-0, 10, 100, and 1000 ng/L).

3.2.1. Metabolic Capacity and Energy-Related Markers

The activity of ETS was significantly higher in mussels exposed to 100 ng/L of BP3 in comparison with the remaining conditions. No significant differences were observed among mussels exposed to CTL, 10 ng/L and 1000 ng/L (Figure 1A).

![Graphs showing ETS, PROT, and GLY](image)

Figure 1. (A): Electron transport system activity (ETS), (B): protein content (PROT), (C): glycogen content (GLY), in *Mytilus galloprovincialis* exposed to different concentrations of Benzophenone-3 (CTL-0, 10, 100, and 1000 ng/L), during 96 h. Results are means with standard deviation. Different letters represent significant differences ($p < 0.05$) among concentrations.
Similar to ETS results, the PROT content was significantly higher in mussels exposed to 100 ng/L of BP3 in comparison with the remaining conditions. No significant differences were observed among mussels exposed to CTL, 10 ng/L and 1000 ng/L (Figure 1B).

The GLY content was significantly higher in mussels exposed to 100 ng/L in comparison with CTL and 10 ng/L of BP3. No significant differences were observed among mussels exposed to CTL, 10 ng/L and 1000 ng/L (Figure 1C).

3.2.2. Oxidative Stress Markers

In terms of CAT and GPx activity, no significant differences were observed among the tested conditions (Figure 2A,B).

The activity of GSTs was significantly lower in mussels exposed to 10 ng/L of BP3 in comparison to mussels exposed to 100 and 1000 ng/L exposure concentrations. No significant differences were observed between CTL and contaminated mussels (Figure 2C).

LPO levels were significantly higher in mussels exposed to the highest concentration in comparison to CTL and 10 ng/L exposed mussels. The lowest LPO levels were observed at 10 ng/L of BP3, with significant differences to the remaining conditions (Figure 2D).

4. Discussion

Benzophenone-3 penetrates human skin directly with dermal application of sunscreens [42,43]. This chemical compound may also be absorbed into human organism via consumption of aquatic species that have been exposed to this compound and consequently incorporated it. Different studies already highlighted that organic compounds may be biomagnified along the food web, resulting in
higher concentrations accumulated by higher trophic levels [44]. In order to study the pharmacokinetics of BP3 in male Sprague Dawley rats, Kadry et al. [45] administrated 100 mg per kg body weight of this compound via oral way. It was observed that BP3 is eliminated through two phases: phase α, which takes about 0.88 h corresponding to absorption, and phase β, which takes 15.9 h where elimination occurs. This study revealed that after 5 min this filter was already incorporated in the bloodstream, having therefore fast chemical absorption in the gastrointestinal tract due to its two aromatic rings, which make this compound more lipophilic, thus binding easily with plasma proteins. Afterwards, BP3 is metabolized and may conjugate with other molecules namely glucuronic acid, originating the oxidative metabolites 2,4-dihydroxybenzophenone (DHB), 2,2′-dihydroxy-4-methoxybenzophenone (DHMB), and 2,3,4-trihydroxybenzophenone (THB). These metabolites and the remaining BP3 may be distributed for several tissues, mainly liver and kidneys or excreted in urine or feces, where BP3 original form is represented by less than 60% [45–47]. In humans, Wang and Kannan [48] concluded that, as other xenobiotics, BP3 is metabolized at phases I and II by cytochrome P450 enzymatic system, where demethylation is the main route. Nakagawa and Suzuki [49] demonstrated that the incubation of rat hepatocytes with 0.25 to 1.0 mM of BP3 reduced ATP content and led to cellular morphological damage and its metabolites, DHMB and THB, induced the proliferation of human MCF-7 breast cancer cells and generated cytotoxic effects in these cells.

Although the information regarding the effects of UV filters (namely BP3) in humans, the knowledge concerning the toxic effects of BP3 on marine species is very scarce. A study with the coral species *Stylophora pistillata* indicated that BP3 is a genotoxic UV filter, with evidences of DNA damages, leading to the disruption of endocrine system and consequently reducing planulae mobility by inducing its ossification [50]. Meng et al. [51] demonstrated that concentrations ranging from 4 to 20 µM BP3 affected not only estradiol biosynthesis and sex differentiation of the fish *Danio rerio* larvae, but also affected endocrine system and upregulated the expression of cytochrome P450 and glutathione metabolism related genes.

Considering the aforementioned studies and the lack of information regarding the impacts of BP3 in marine bivalves, the present study evaluated the effects caused by environmentally relevant concentrations of BP3 in the mussel species *Mytilus galloprovincialis*, assessing metabolic capacity, energy reserves content and oxidative stress status in organisms exposed to this compound for 96 h. Regarding mussels’ metabolic capacity, the results obtained showed a significant enhance of their electron transport system (ETS) activity only at intermediate concentration (100 ng/L), which may indicate that the lowest concentration (10 ng/L) was not high enough to increase mussels’ metabolism, while the highest concentration (1000 ng/L) was probably too stressful and limited mussels’ metabolic capacity. According to Choi et al. [52], the increase of metabolic capacity is usually related to the necessity of energy for defense mechanisms, namely detoxification. The ETS activity is commonly used as a proxy to the measurement of activity levels of macroenzymes metabolized as response to the organism’s respiratory requirements, as stated by Fanslow et al. [53]. The response observed in the present study may thus indicate the ineffectiveness of organisms to increase their metabolic capacity at the highest BP3 concentrations or may point to an hormesis behavior, which is interpreted as the biological processes in response to extreme environmental or challenging conditions that occur in organisms leading to improvements at a molecular or cellular level aiming adaptation, making possible their survival and maintenance along the generations [54]. However, especially regarding the hypothesis of hormesis behavior, due to the short exposure period, these results should be considered with precaution and further research should be conducted on this topic.

At higher energy demands, the expenditure of an organism’s energy reserves may increase. Patrick et al. [55] reported that GLY is one of the first energy reserves used under stress conditions. Proteins provide essential resources for structural elements although being the last energetic reserves being degraded for the acquisition of energy [56]. Nevertheless, GLY and PROT content may increase if production exceed their use. In fact, in the present study, higher PROT and GLY content at 100 ng/L of BP3 relatively to CTL may correspond to increased energy production to fuel activation
of defense mechanisms and, in the case of PROT, can be associated with higher enzymes production. Coppola et al. [57] assessing arsenic (1 mg/L) effects along with warming (21 °C) and control (17 °C) temperatures, demonstrated that after 14 days of exposure, PROT and GLY levels increased significantly, although ETS did not show any significant differences among treatments and CTL, which can confirm that these organisms may increase the levels GLY and PROT up to certain stress levels. Therefore, the observed higher levels of energy reserves at intermediate concentration may reflect mussels’ response to the concentration 100 ng/L of BP3 by increasing metabolic pathway activity, aiming to obtain enough energy to enhance PROT production, such as antioxidant enzymes, to activate biological defenses. O’Donovan et al. [28] also demonstrated that the acute exposure (7 days) of Scrobicularia plana to 1 mg/L of microplastics contaminated with 82 ng/g of BP3 led to a significant increase in PROT reserves in relation to microplastics acting alone.

The exposure to pollutants and endogenous processes, such as electrons transport chain occurring in the mitochondria, may induce greater production of reactive oxygen species (ROS) in organisms, which are responsible for oxidative cellular damage in membranes [58]. In order to minimize these adverse effects triggered by ROS, namely peroxidation of cellular membranes, organisms are able to increase the activity of antioxidant enzymes and scavengers’ content, in order to enhance their defense responses [59]. Lipid peroxidation (LPO) is a process characterized by the reaction of ROS with biological membranes, resulting in the oxidative damage of polyunsaturated fatty acids [60]. The present study demonstrated that up to 100 ng/L of BP3 no cellular damage occurred, indicating lower ROS production due to low exposure concentrations or, on the other hand, high antioxidant capacity that prevent LPO occurrence. However, at 1000 ng/L, LPO was significantly higher than mussels under lower concentrations, indicating that the stress caused at this concentration may have led to an increase of ROS, inducing cellular damage. Several studies assessing the effects of pollutants in bivalves also revealed that LPO only occurred at the highest exposure concentration as a result of low levels of stress induced (normally associated with low exposure concentration) or high antioxidant capacity to eliminate ROS excess. For example, Almeida et al. [61] demonstrated that the acute exposure of the clam species Ruditapes philippinarum to carbamazepine for 96 h induced significantly higher levels of LPO only at the highest concentration, 9 µg/L. Moreover, Liu et al. [62] verified that the clam species Corbicula fluminea exposed to silver nanoparticles for 14 days only had significantly higher LPO levels at the highest concentration 2 mg/L.

Catalase (CAT) is an antioxidant enzyme that promotes the degradation of hydrogen peroxide into water and oxygen. It is able to remove ROS and thus prevent cellular damage when organisms are under stress conditions, increasing its activity levels [63]. Glutathione peroxidase (GPx) enzymes also play an important antioxidant role by catalyzing hydrogen peroxide into water with GSH (reduced glutathione) oxidation, preventing oxidative cellular damage by the removal of free radicals of oxygen that may derive from ROS [60,64]. The results obtained here revealed a slight increase in CAT activity at 100 ng/L, which may be associated with higher protein content at this condition, corroborating the hypothesis that increased PROT content was associated with enzymes’ production. Nevertheless, in terms of CAT and GPx activity, no significant differences were observed among conditions, which may once again indicate that concentrations tested were not high enough to induce the activity of these enzymes, or other enzymes (not measured here) were activated, and/or the exposure period was not long enough to induce stress in mussels and to activate their antioxidant capacity. O’Donovan et al. [28] showed that the CAT levels in gills of the clam S. plana exposed to 1 mg/L of microplastics adsorbed with 82 ng/g of BP3 for two weeks were not significantly different, which is in agreement with the results obtained in the present study, suggesting that the range of BP3 concentrations tested does not affect antioxidant enzymes.

When organisms are exposed to xenobiotics, glutathione S-transferases (GSTs) enzymes may significantly increase their activity, as they are responsible for conjugating toxic chemicals with an endogenous substrate, most likely reduced glutathione (GSH), during phase II of enzymatic detoxification. This promotes ROS removal, which thus protects organisms against them [65]. In the
present study, GSTs activity observed in mussels exposed to BP3 remained unaltered among conditions that, again, corroborate the hypothesis that concentrations tested were not high enough to induce activation of defense mechanisms or the short exposure period was not enough to activate organism’s defenses. These results are in agreement with data from Campos et al. [66], where Chironomus riparius was exposed to the concentrations 0.25, 2.5 and 25 mg/Kg of BP3 for 48 h and no alterations on GSTs activity were observed. In this way, higher LPO levels at the highest exposure concentration may be explained by the lack of antioxidant and biotransformation defenses, with CAT, GPx, and GSTs activities remaining unaltered regardless of BP3 concentration and, therefore, with no elimination of ROS and no protection against their detrimental cellular effects. Thus, we can hypothesize that the stress induced was not high enough to increase enzymes activity and for this reason LPO occurred.

5. Conclusions

Herein, low BP3 concentrations, that resembled environmental concentrations, revealed to induce low oxidative stress in mussels with no activation of defense mechanisms and the occurrence of cellular damage only at the highest concentration (1000 µg/L). However, alterations on mussels’ metabolism and energy reserves were observed at lower concentration (100 µg/L). Nevertheless, overall limited biochemical alterations were observed, which resulted not only from the fact that concentrations were low but also due to short exposure period (96 h). In some cases, this may not mimic exposure conditions in the field. Therefore, the results reinforced the need for further research on this topic but also the need for the development of more effective sewage treatments with higher removal capacity of these compounds. Considering that bivalve populations are widely exposed to these compounds, especially along sandy beaches, there is an urgent need to further investigate the impacts of UV filters in these organisms. Moreover, because several bivalve species are economically relevant due to their high human consumption, it is imperative to ensure populations sustainability, prevent loss of biodiversity, and guarantee safety for human consumption.

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