Clostridium difficile Spore-Macrophage Interactions: Spore Survival

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Abstract

**Background:** Clostridium difficile is the main cause of nosocomial infections including antibiotic associated diarrhea, pseudomembranous colitis and toxic megacolon. During the course of Clostridium difficile infections (CDI), C. difficile undergoes sporulation and releases spores to the colonic environment. The elevated relapse rates of CDI suggest that C. difficile has a mechanism(s) to efficiently persist in the host colonic environment.

**Methodology/Principal Findings:** In this work, we provide evidence that C. difficile spores are well suited to survive the host’s innate immune system. Electron microscopy results show that C. difficile spores are recognized by discrete patchy regions on the surface of macrophage Raw 264.7 cells, and phagocytosis was actin polymerization dependent. Fluorescence microscopy results show that >80% of Raw 264.7 cells had at least one C. difficile spore adhered, and that ~60% of C. difficile spores were phagocytosed by Raw 264.7 cells. Strikingly, presence of complement decreased Raw 264.7 cells’ ability to phagocytose C. difficile spores. Due to the ability of C. difficile spores to remain dormant inside Raw 264.7 cells, they were able to survive up to 72 h of macrophage infection. Interestingly, transmission electron micrographs showed interactions between the surface proteins of C. difficile spores and the phagosome membrane of Raw 264.7 cells. In addition, infection of Raw 264.7 cells with C. difficile spores for 48 h produced significant Raw 264.7 cell death as demonstrated by trypan blue assay, and nuclei staining by ethidium homodimer-1.

**Conclusions/Significance:** These results demonstrate that despite efficient recognition and phagocytosis of C. difficile spores by Raw 264.7 cells, spores remain dormant and are able to survive and produce cytotoxic effects on Raw 264.7 cells.

Introduction

Clostridium difficile is a Gram-positive, anaerobic bacterial pathogen, responsible for ~20% of antibiotic-associated diarrheas, pseudomembranous colitis and toxic megacolon [1,2]. Onset of Clostridium difficile infections (CDI) typically occur during or after antibiotic treatment of hospitalized patients depending on whether the infected C. difficile isolate exhibits resistance to the antibiotic being administered [2]. Antibiotics disrupt the normal colonic flora, which normally suppresses C. difficile growth, therefore allowing C. difficile to colonize empty niches and secrete two major toxins, TcdA and TcdB producing massive intestinal epithelium damage [2]. In addition, both toxins trigger the release of various cytokines and chemokines that lead to an intensive immune response resulting in the recruitment of neutrophils and macrophages from the systemic system [2]. During the onset of CDI, C. difficile begins a sporulation cycle in the colon [1,3] leading to persistence of spores in the colonic tract which can be shedded to the environment for up to 1 to 4 weeks after CDI treatment [4]. Indeed, in vitro work has demonstrated that C. difficile spores adhere particularly well to intestinal epithelial cells in culture [5]. Dormant C. difficile spores are impermeable to all known antibiotic treatments [6,7]. These persistent spores then germinate, colonize and produce recurrent CDI episodes [7]. C. difficile spores germinate in presence of cholates and its derivatives [8,9] but germination is more efficient in the presence of certain amino acids that act as co-germinants [10]. The massive macrophage and neutrophil recruitment during the course of CDI suggests that there must be some sort of interaction between C. difficile and the innate immune system. Indeed, recent studies have demonstrated that Toll-like receptor 4 and the nucleotide-binding oligomerization domain 1 (Nod1) recognizes the C. difficile vegetative cells and mediates protection against CDI [11,12].

Once phagocytosed, the fate of bacterial spores will vary depending on their specific virulence traits that will enable them to either escape of or to modulate the host innate immune system.
For example, depending on the germination ability of *Clostridium perfringens* spores their fate is significantly different [13]. Isolates with germination proficient spores were efficiently inactivated during macrophage infection, while those that germinated poorly were able to survive for extended periods of time inside macrophages [13]. The main factors involved in resistance of *C. perfringens* spores are: i) the spore maturation proteins that regulate spore water content [14]; ii) α/β-type small acid soluble proteins (SASPs) that bind and saturate the spores' DNA [15–17]; and iii) the SpoVA proteins, which are involved in uptake of diphosphonic acid (DPA) and reduction of the spore core water content [18]. However, *C. perfringens* spores deficient in either of these factors were able to survive similarly as wild-type spores during infection with macrophages, suggesting that other ultrastructural properties of *C. perfringens* spores are involved in macrophage resistance [13]. Indeed, studies [19–21] demonstrated that *Bacillus anthracis* wild-type spores are efficiently phagocytosed and upon germination inside the phagolysosome they were efficiently killed by macrophages. However, *B. anthracis* germination deficient (AgerH) spores were able to survive longer periods of time than germination proficient wild-type spores, indicating that spore survival inside macrophages is dependent on the ability of spores to remain dormant [22].

The ability of *C. difficile* spores to germinate mainly in presence of the co-germinants taurocholate and glycine or other amino acids [8,10], suggests that since at least cholates are not part of the phagolysosomes environment, the fate of *C. difficile* spores during macrophage infection might be significantly different than that reported for spores of *C. perfringens* and *B. anthracis*. Therefore, in this study, we evaluated the interactions of *C. difficile* spores with Raw 264.7 macrophages. By using electron microscopy, fluorescence microscopy and cell viability assays we show that *C. difficile* spores are efficiently recognized and phagocytosed by Raw 264.7 cells. However, *C. difficile* spores do not germinate inside macrophages and are able to survive, and produce cytotoxic effects to Raw 264.7 cells. These findings indicate that *C. difficile* spores survive attacks of phagocytic cells.

### Materials and Methods

#### Bacterial Strains, Cell Lines, and Chemical Reagents

*C. difficile* strains 630 (tcdA+, tcdB+, tcdC, tcdA-, and tcdB-) [23] and Pit177 (tcdA+, tcdB+, tcdC, tcdA+, and tcdB+) are described elsewhere [24,25]. *C. difficile* strain Pit177 was isolated from patients presenting clinical symptoms of CDI in a tertiary care hospital in Pittsburg, U.S.A. [25]. Raw 264.7 murine macrophages (ATCC, USA) were routinely grown in Dulbecco's modified Eagle’s minimum essential medium (DMEM) (Invitrogen) supplemented with 10% (V/V) fetal bovine serum (ATCC, Manassas) and incubated at 37°C in 5% CO₂ humidified atmosphere. *B. subtilis* strain PS832 wild-type [26] was kindly provided by Dr. Peter Setlow.

#### Spore Preparation, Purification and Sonication

*C. difficile* spores were prepared as previously described [8]. Briefly, Brain Heart Infusion broth (Difco) supplemented with 0.5% yeast extract (Difco) (BHI) was inoculated with *C. difficile* and incubated overnight under anaerobic conditions at 37°C. Overnight cultures were diluted to an OD₆₀₀ of 0.2, plated onto BHI agar and incubated under anaerobic conditions at 37°C for 10 days [8]. BHI agar plates were flooded with 10 ml of ice cold sterile distilled water, washed by repeated centrifugation and resuspension followed by purification through 50% HistoDenz and washed five times to eliminate traces of HistoDenz. Spore suspensions were >99% free of vegetative cells, sporulating cells and cell debris as determined by phase contrast microscopy. Spore suspensions were stored at −80°C until use. *B. subtilis* spores were prepared by growing for ~72 h at 37°C on BHI agar plates under aerobic conditions, and spores were purified as described [27].

To remove the *C. difficile* spore exosporium layer, *C. difficile* spores were resuspended in 50 mM Tris-HCl 0.5 mM EDTA buffer (pH 7.5) and sonicated with maximum power (20 Watts) for 10 1-min burst separated by 3 min of cooling on ice-cold water as previously described [5]. This sonication protocol has been previously shown by transmission electron microscopy to remove spore surface material affecting the *C. difficile* spore’s surface hydrophobicity by ~60% and their ability to adhere to epithelial cells [5]. As a marker for the removal of the spores’ exosporium material we measured the change of the spore’s surface hydrophobicity, which was ~60 and 25% in untreated and sonicated spores, respectively. These results were similar to those reported previously [5]. Sonicated *C. difficile* spores were stored at −20°C until use.

### Infection of Raw 264.7 Cells with *C. difficile* Spores

For electron microscopy experiments, Raw 264.7 cells (~6×10⁵ cells/well) were seeded onto cover slips coated with poly-lysine (BD, USA) on 24-well culture plates for 24-h, rinsed 3 times with Dulbecco’s PBS (DPBS) (Lonza) and infected at a multiplicity of infection (MOI) of 10 for 30 min with 100 µl of DMEM containing *C. difficile* spores (~6×10⁶ spores). Unbound spores were rinsed off with three washes of DPBS, and some samples of infected macrophages further incubated for 24 h at 37°C with 5% CO₂. Samples were fixed with freshly prepared 2.5% glutaraldehyde-1% paraformaldehyde in 0.1 M cacodylate buffer (pH 7.2) for overnight at 4°C. Secondary fixation was performed with 1% osmium tetroxide-0.1 M cacodylate buffer (pH 7.2), rinsed in cacodylate buffer and stained for 30 min with 1% tannic acid. Samples were dehydrated with a step-wise acetone gradient of 30% (stained with 2% uranyl acetate at this stage) for 30 min, 50% for 30 min, 70% for overnight, 90% for 30 min, and twice with 100% acetone. Dehydrated samples were embedded in spurs at a ratio of acetone:spurs of 3:1, 1:1 and 1:3 for 40 min each and finally resuspended in spurs for 4 h and baked overnight at 65°C. Thin sections were obtained using a microtome and were placed on a glow discharge carbon-coated grids for negative staining and double lead stained with 2% uranyl acetate and lead citrate. Samples were analyzed at 80 KV with a Philips EM300 transmission electron microscopy (TEM) at the Electron Microscopy Facility at Oregon State University and with a Philips Tecnai 12 Bio Twin at the Electron Microscopy facility at Pontificia Universidad Católica de Chile.

For scanning electron microscopy (SEM), Raw 264.7 cells were infected as described above and fixed with 2.5% glutaraldehyde-1% paraformaldehyde in 0.1 M cacodylate buffer, and serially dehydrated with acetone: 30% for 20 min, 50% for 20 min, 75% for 20 min, 90% for 20 min and twice with 100% for 20 min. Dehydrated samples were subjected to critical point drying and coated with gold and palladium and analyzed with a FEI Quanta 600 PEG at the electron microscopy facility of Oregon State University.

### Fluorescent Labeling of *C. difficile* Spores

Purified *C. difficile* spores were labeled with Alexa Fluor 488 protein labeling kit (Molecular Probes) according to the manufacturer’s specification. Briefly, 1 ml of a spore suspension with a calculated OD₆₀₀ 50 was resuspended in 1 ml of 0.1 M sodium bicarbonate (pH ~8.5), mixed well with 200 µl of 0.1 M sodium
bicarbonate-0.02 μg/ml Alexa Fluor 488 dye and incubated at room temperature for 30 min. Unconjugated dye was removed by centrifugation and the labeled spores were washed five times with sterile distilled water. Alexa Fluor 488-labeled spores were biotin labeled by resuspending the spore suspension in 0.1 M sodium bicarbonate buffer (pH 8.2)–0.5 mg/ml of Sulfo-NHS-LC-Biotin (Molecular Probes, Invitrogen, U.S.A.) and incubated for 45 min at room temperature. Biotin- Alexa Fluor 488-labeled C. difficile spores were washed, counted, with a Heber Bacteria Counting Chamber Z300 (Hawksley, UK) and stored at −20°C until use. The fluorescent labeling did not decrease spore viability (data not shown).

Visualization of Labeled Spores by Fluorescence Microscopy

To quantify adherence and phagocytosis of C. difficile spores by Raw 264.7 cells, macrophages were seeded at a concentration of 6×10⁵ cells/well onto 8 well culture slides (FD Falcon) and incubated at 37°C for 24 h. Raw 264.7 cells were washed twice with DPBS (Gibco), and incubated with 100 μl of DMEM containing biotin- and Alexa Fluor 488-labeled C. difficile spores at an MOI of 4 for 30 min at 37°C. Wells were rinsed twice with DPBS to remove any unbound spores, and fixed for 15 min at room temperature with 200 μl of freshly prepared 4% paraformaldehyde. Fixed macrophages were rinsed twice with DPBS and extracellular C. difficile spores were labeled at room temperature for 50 min with streptavidin-Alexa350 (Molecular Probes, Invitrogen, CA) diluted 1:100 in DPBS-1% Bovine Serum Albumin (Sigma-Aldrich), and rinsed three times with DPBS. Cells were permeabilized with 0.06% Triton X-100 in DPBS for 15 min at room temperature, rinsed three times with DPBS, stained for F-actin with 1 U of Alexa Fluor 568-phalloidin (Molecular Probes) for 30 min and rinsed three times with DPBS. Samples were air dried, sealed with nail polish and analyzed in a DM4000B fluorescence microscope (Leica, Wetzler, Germany). Internalized spores were identified as green spores that were not labeled blue by streptavidin-Alexa350, while extracellular or adherent spores were identified as green spores that superimpose with the macrophage’s F-actin cytoskeleton and that were stained blue by streptavidin-Alexa350. For each test conditions, pictures were taken for at least ~3000 spores in 100 fields, and photomicrographs were prepared with Adobe Photoshop and Microsoft Picture Manager Software and extracellular and internalized spores counted in by eye. All experiments were performed at least three times.

To evaluate if C. difficile spores were internalized through an actin polymerization dependent mechanism by Raw 264.7 cells, 10 μM of cytochalasin D was added to each well prior to the infection, and maintained for the duration of the experiment. Infected macrophages were washed and treated for fluorescence microscopy analysis as described above. To evaluate the effect of complement on binding and phagocytosis, C. difficile spores were incubated with DMEM-10% untreated or heat inactivated fetal bovine serum (FBS) (Gibco, U.S.A.) or with DMEM-10% heat inactivated FBS supplemented with 3-4 week rabbit complement (diluted 1:50 in heat inactivated FBS) 30 min prior to infection. Infected cells were washed and treated for fluorescence microscopy as described above.

Killing of C. difficile Spores by Raw 264.7 Cells

To quantify killing of C. difficile spores, macrophages were seeded 24 h prior to infection in 24-well plates. Macrophages were rinsed with DPBS and incubated with 200 μl of DMEM containing C. difficile spores at various MOI’s. After 30 min of incubation at 37°C, infected macrophages were washed three times with DMEM, resuspended in 400 μl of DMEM in absence of FBS and incubated for various periods of time under aerobic conditions at 37°C in 5% CO₂. Viability of C. difficile spores was determined at 0.5, 5, and 24 h after infection by lysing infected macrophages with 0.01% Triton X-100, serially diluting into DPBS and plated onto BHI agar plates (Difco) supplemented with 0.1% sodium taurocholate (ST) and incubated for 24 hrs anaerobically at 37°C for colony counts, no additional colonies were observed upon further incubation periods. In some experiments, C. difficile spores were pre-incubated with or without 1.0% ST, 0.1% ST-5 mM L-glycine (STG), 50% human serum (HS) in DMEM, or with 50% HS-STG for 30 min before infecting Raw 264.7 cells. Initial spore counts were quantified by plating serially diluted aliquots onto BHI agar plates.

To evaluate outgrowth of STG-treated C. difficile spores during infection of macrophages, Raw 264.7 cells were infected for 30 min with STG-treated spores incubated for 24 h under either aerobic with 5%-CO₂ or anaerobic conditions in a anaerobic chamber Bactron III-2 (OR, U.S.A.), fixed with paraformaldehyde as described above, stained with DAPI and examined by fluorescence microscopy.

Killing of C. difficile Vegetative Cells by Raw 264.7 Cells

To quantify killing of C. difficile vegetative cells by Raw 264.7 cells, C. difficile cells were quantified in overnight cultures (~18 h) with a Heber Bacteria Counting Chamber Z300 (Hawksley, UK) and used to infect at an MOI of 10 as described above. Infection under aerobic conditions was done with 5%-CO₂, while for anaerobic conditions, Raw 264.7 cells were preincubated for 1 h in an anaerobic chamber (Bactron III-2, Shellab, OR, U.S.A.) in DMEM medium that had been previously reduced for 72 h under anaerobic conditions, and infected with C. difficile cells resuspended in pre-reduced DMEM medium. All manipulations requiring anaerobic conditions were done inside a Bactron III-2 anaerobic workstation (Shellab, OR, U.S.A.). Initial cell counts were quantified by plating serially diluted aliquots onto BHI agar plates.

Live/dead Assay of Raw 264.7 Cells

To evaluate the cytotoxic effects of C. difficile spores on Raw 264.7 cells during the course of infection, Raw 264.7 cells (~5×10⁵) seeded in 96 well plates were infected with C. difficile spores at various MOI for 30 min. Raw 264.7 cells were washed twice with DPBS to remove unbound cells and infected monolayers of Raw 264.7 cells were incubated in DMEM in absence of FBS under aerobic conditions with 5% CO₂ for 24 and 48 hrs. Cytotoxicity was evaluated using the LIVE/DEAD Viability/Cytotoxicity Kit for mammalian cells (Molecular Probes, OR, U.S.A.). Live cells are distinguished by the enzymatic production of intensively fluorescent calcine (Ex/Em 494/517 nm) from non-fluorescent cell-permeant calcine AM through intracellular esterase activity. Dead cells are detected with ethidium homodimer-1 (Ex/Em 528/617 nm) that enters cells with damaged membranes and binds to nucleic acids increasing 40-fold its fluorescence intensity, producing a bright red fluorescence in dead cells. In live cells, ethidium homodimer-1 is excluded by the intact plasma membrane. Inherently low levels of background fluorescence were detected in control treatments (data not shown). Dead Raw 264.7 cell control were Raw 264.7 cells treated with 0.06% Triton 100×10 min prior to addition of ethidium homodimer-1, while live Raw 264.7 cell control were monolayers of Raw 264.7 cells incubated for 24 and 48 h in absence of C. difficile spores. Fluorescence was measured in an Infinite 200 PRO (Tecan, U.S.A.) using
appropriate filters for ethidium homodimer-1 (filter with excitation at 535 nm and emission at 620 nm) and calcein (filter with excitation at 405 nm and emission at 535 nm). The percentage of dead cells was calculated using the following formula: % Dead Cells = [[F(620 nm)sample–F(620 nm)minimum]/[F(620 nm)maximum–F(620 nm)minimum]] × 100%; where F(620 nm) is fluorescence intensity at a wavelength of 620 nm, F(620 nm)sample is fluorescence of Raw 264.7 cells infected with spores, F(620 nm)maximum is fluorescence of Raw 264.7 cells with no spores, F(620 nm)minimum is fluorescence of Raw 264.7 cells treated with 0.06% Triton 100X. The percentage of live cells was calculated using the following formula: % Live Cells = [[F(535 nm)sample–F(535 nm)minimum]/[F(535 nm)maximum–F(535 nm)minimum]] × 100%; where F(535 nm) is fluorescence intensity at a wavelength of 535 nm, F(535 nm)sample is fluorescence of Raw 264.7 cells infected with spores, F(535 nm)minimum is fluorescence of Raw 264.7 cells treated with 0.06% Triton 100X, F(535 nm)maximum is fluorescence of Raw 264.7 cells with no spores. All experiment were done in triplicate and repeated at least three times.

Statistical Analysis

All experiments were repeated at least three times. Error bars represent standard error from the mean. Statistical analysis in some experiments involved Student’s t test, used to identify significant difference between groups, or pairwise comparison with Least Significant Difference. Statistical difference was considered with a p<0.05. Statistical analysis was done with Statgraphics Centurion XVI (StatPoint Technologies, Inc).

Results

Characterization of Internalization of C. difficile Spores by Raw 264.7 Cells

To investigate binding and phagocytosis of C. difficile spores by Raw 264.7 cells, C. difficile spores were labeled with Alexa Fluor 488 and biotin and then used to infect Raw 264.7 cells. The spore interaction to and spore internalization by Raw 264.7 cells was evaluated by fluorescence microscopy (Fig. 1), with green C. difficile spores stained blue corresponding to extracellular spores. Our preliminary results demonstrated that Alexa-488 and biotin labeling did not affect Raw 264.7 cells to recognize C. difficile spores, and Raw 264.7 cells were able to adhere and phagocytose C. difficile spores better than THP-1 and J937 macrophage-like cell lines (data not shown). Therefore, Raw 264.7 cells were used in all subsequent experiments.

Infection of Raw 264.7 cells with C. difficile strain 630 spores in DMEM and absence of serum showed that 83% of macrophages attached to at least one spores (Fig. 2A), with each Raw 264.7 cell binding to an average of 2.5 spores (Fig. 2B). Interestingly, 59% of all C. difficile 630 spores attached to Raw 264.7 cells were efficiently internalized after 30 min of incubation (Fig. 2C). Incubation for up to 3 h did not increase adherence and internalization of C. difficile spores by Raw 264.7 cells (data not shown). When Raw 264.7 cells were infected with spores of C. difficile strain Pitt177, only 40% of Raw 264.7 cells (Fig. 2A) were attached to at least one spore, with an average ~1.5 spores per Raw 264.7 cell (Fig. 2B), results that were significantly (p<0.01) lower than those observed with C. difficile strain 630 spores (Fig. 2A,B). Similar to C. difficile strain 630 spores, 50% of adhered C. difficile strain Pitt177 spores had been internalized by Raw 264.7 cells (Fig. 2C).

Interestingly, no effects of cytochalasin D, an actin polymerization inhibitor [28], on adherence of spores of C. difficile strain 630 to Raw 264.7 cell was observed (Fig. 2D, E). Although there was no significant decrease in the percentage of Raw 264.7 cells with at least one spore of C. difficile strain Pitt177 (Fig. 2D), there was a slight, but significant (p<0.05) decrease in the number of Pitt177 spores per macrophage-spore complex (Fig. 2E). However, a significant (p<0.001) decrease in internalization of spores by Raw 264.7 cell was observed (Fig. 2F), indicating that the internalization of C. difficile spores by Raw 264.7 cells is dependent on actin polymerization.

Complement Decreases Internalization of C. difficile Spores by Raw 264.7 Cells

Complement proteins are constitutively present in the serum and can opsonize bacteria nonspecifically contributing to pathogen clearance [29]. Therefore, we evaluated if complement might play a role in recognition and phagocytosis of C. difficile spores by Raw 264.7 cells. Surprisingly, although the adherence of C. difficile spores to Raw 264.7 cells was not significantly affected by the presence of fetal bovine serum (FBS) than in absence of FBS (Fig. 3A), it was significantly (p<0.05) less in presence of heat-inactivated FBS (absence of complement) than in absence of FBS (Fig. 3A). The number of average spores per Raw 264.7 cell in presence of FBS significantly (p 0.01) decreased for spores of C. difficile strain 630 but not for spores of C. difficile strain Pitt177 (Fig. 3B). Heat-inactivated FBS produced a slight decrease in the number of average spores per Raw 264.7 cells for both C. difficile strains 630 and Pitt177 than that in DMEM alone (Fig. 3B). It was also striking to note that the presence of FBS or heat inactivated FBS also decreased the percentage of spore internalization by Raw 264.7 cells (Fig. 3C).

Addition of complement did not restore the adherence and internalization of spores of both C. difficile strains 630 and Pitt177 by Raw 264.7 cells (Fig. 3A,B,C), indicating that Raw 264.7 cells are less able to recognize and internalize C. difficile spores through complement-mediated phagocytosis.

Sonication Effects on Adherence and Internalization of C. difficile Spores by Raw 264.7 Cells

Several species, such as B. anthracis and B. cereus, have a balloon-like structure that overlays the coats, called the exosporium [30]. Indeed, C. difficile seems to have an exosporium-like structure [5,31]. Therefore, to evaluate if this structure might have motifs recognized by Raw 264.7 cells, C. difficile spores were sonicated, treatment that removes at least some of the exosporium material [5], and tested for adherence. There was no significant decrease in adherence of sonicated spores of C. difficile strains 630 and Pitt177 to Raw 264.7 cells (Fig. 4A). The number of spores that adhered to Raw 264.7 cells was not affected by sonication (Fig. 4B). Furthermore, there was no significant decrease in internalization of spores of C. difficile strains 630 and Pitt177 by Raw 264.7 cells (Fig. 4C). These results suggest that the motifs recognized by Raw 264.7 cells to bind and internalize C. difficile spores are not localized in the spores’ outermost layer that is affected by sonication; or alternatively, and most likely, the remaining exosporium structure contained sufficient conserved motifs recognized by Raw 264.7 cells.

Raw 264.7 Cells Efficiently Recognize and Phagocytose C. difficile Spores

Scanning electron micrographs (SEM) confirmed our above observations that Raw 264.7 cells can bind more than one C. difficile spores (Fig. 5A). During the first 30 min of infection, Raw 264.7 cells actively phagocytosed spores, and this seems to be associated in part by an actin-dependent mechanism that produces
membrane ruffling (Fig. 5B, C). In addition, some spores are being entrapped by Raw 264.7 cells' membrane through a mechanism similar to coiling phagocytosis (Fig. 5D,E) [32]. Transmission electron microscopy (TEM) of spore-infected Raw 264.7 cells showed that the site of adherence of C. difficile spores to Raw 264.7 cells can also occur at the end of protrusions from the surface of Raw 264.7 cytoplasmic membrane (Fig. 5F). Collectively, these results suggest that phagocytosis of C. difficile spores by Raw 264.7 cells might be mediated through various phagocytic pathways [33].

**C. difficile Spores Survive Inside Raw 264.7 Cells**

Since C. difficile spores were efficiently recognized and internalized by Raw 264.7 cells, we evaluated if these spores could survive inside Raw 264.7 cells under aerobic conditions. Results demonstrate that no significant reduction in spore viability, measured by spores' colony forming ability, was observed after 5 h of infection with Raw 264.7 cells at an MOI of 10 (Fig. 6A). Extension of infection periods to 24 h showed a slight but significant (p<0.05) reduction in colony forming ability (Fig. 6A). Strikingly, extending the length of infection up to 48–72 h at an MOI of 10 did not produce a further decrease in spore viability (Fig. 6A). Similar results were observed when Raw 264.7 cells were infected with C. difficile spores at an MOI of 1 (data not shown). These results suggest that C. difficile spores are well suited to survive inside phagocytic cells.

Next, we evaluated the survival of C. difficile vegetative cells during macrophage infection for comparative purposes. More than three decimal reductions of vegetative cells of C. difficile strain 630 were observed during the first 30 min of infection with Raw 264.7 cells under aerobic conditions and no viable counts were detected after 5 h of infection. This killing was due to presence of oxygen rather than Raw 264.7 cells, since in absence of Raw 264.7 cells similar degree of killing of vegetative cells of C. difficile strain 630 was observed (data not shown). Since C. difficile is a strictly anaerobic bacterium that lacks most defense mechanisms against reactive oxygen species [34], infection experiments were repeated under anaerobic conditions. Macrophages have been previously reported to be able to survive up to 48 h under anaerobic conditions [35]. Prior to infection, Raw 264.7 cells and DMEM medium were prereduced for 1 and 72 h, respectively. After 24 h of incubation under anaerobic condition, more than 95% of Raw 264.7 cells remained viable as determined by trypan blue viability assay (data not shown). Interestingly, a significant (p<0.01) decrease on viability of C. difficile strain 630 vegetative cells was observed after 30 min of infection (Fig. 6B). After 5 h of incubation under anaerobic conditions, there was a slight increase in viable cell counts (Fig. 6B). Extending the infection time to 24 h demonstrated that C. difficile cells were able to out-grow Raw 264.7 cells (Fig. 6B). These results suggest that: i) under aerobic conditions, C. difficile cells are easily killed by Raw 264.7 cells; ii) under anaerobic conditions, although there is significant killing of C. difficile cells, the surviving cells are able to grow.

**C. difficile Spores Remain Intact Inside the Phagosome of Raw 264.7 Cells**

To understand better the fate of C. difficile spores once inside the macrophage, TEM images were obtained after infection of Raw 264.7 cells with C. difficile spores. Raw 264.7 cells were able to efficiently phagocytose several C. difficile strain 630 spores and keep them inside the phagosomes (Fig. 7A). Furthermore, lysosomes fused to the phagosomes containing C. difficile spores (Fig. 7B),
suggesting that mature phagolysosome were formed and that the spores were attacked by the antimicrobial machinery of Raw 264.7 cells. Although it seems as if some surface layers might be detaching from C. difficile spores (Fig. 7B), it was most striking that the ultrastructure of spores remained intact even after 24 h of infection with Raw 264.7 cells (Fig. 7C), indicating that C. difficile spores were able to survive inside macrophages during infection. Most notably, from a total of 30 spores analyzed after 0.5 and 24 h of infection with Raw 264.7 cells, no germinated spore was detected (data not shown), suggesting that C. difficile spores remained dormant inside macrophages.

Since C. difficile strain 630 spores are able to survive inside the macrophage’s phagolysosome, we hypothesized that these spores might be modulating the phagolysosome’s activity through direct interaction with spore’s surface proteins. Indeed, once phagocytosed, the fate of pathogenic bacteria varies depending on their ability to escape the phagosome. For example, B. anthracis spores localize to the late phagolysosome [21], whereas C. perfringens vegetative cells escape from the phagosome by degrading the phagosome membrane [35]. Therefore, to gain more insight into the fate of C. difficile spores during macrophages infection, we analyzed TEM images of phagocytosed C. difficile strain 630 spores after 30 min of infection. As a control, we infected Raw 264.7 cells with B. subtilis PS832 wild-type spores, and observed that B. subtilis spores remained inside the phagosome with no disruption of the phagosome’s membrane (Fig. 7D). In contrast, in Raw 264.7 cells infected with C. difficile spores, several phagosomes containing C. difficile spores had a disrupted membrane (Fig. 7E and data not shown). A closer examination revealed that the surface of C. difficile spores is closely interacting with the phagosome’s membrane (Fig. 7F). Collectively, these results clearly indicate that at least some C. difficile spore-containing phagosome lose their membrane integrity and that C. difficile spore surface interacts with the phagosome’s membrane.

Figure 2. Adherence and internalization of C. difficile spores by Raw 264.7 cells. Monolayers of Raw 264.7 cells were infected at an MOI of 10 with Alexa- and biotin-labeled C. difficile spores of strains 630 and Pitt177, unbound spores washed, and samples prepared for fluorescence microscopy. Percentage of raw macrophages with at least one spore (A), number of spores per macrophage complex (B), and percentage of intracellular spores (C) were quantified as described in Methods section. D, E, F) The effect of cytochalasin D on the relative binding of spores to Raw 264.7 cells (D), relative number of spores per Raw-spore complex (E), and relative percentage of internalization (F) was evaluated without (white bars) and with 1 μM cytochalasin D (grey bars). Relative values refer to the relative percentage of Raw 264.7 cells with at least one spore (D), relative number of spores per Raw-spore complex (E), and relative percentage of internalization (F) in presence of cytochalasin D normalized to the culture medium control. Results are combined from at least three independent experiments and error bars are standard error of the mean. Asterisks (*) denote statistical difference at p<0.05 and double asterisks (**) denote statistical difference at p<0.01 compared to culture medium control. doi:10.1371/journal.pone.0043635.g002
Factors Affecting the Survival of *C. difficile* Spores During Infection of Raw 264.7 Cells

The ability of bacterial spores to survive inside macrophages depends on their germination capabilities inside the macrophage environment [13,22]. In addition, host factors with muramidase activity have been reported to trigger germination of *C. perfringens* and *B. anthracis* spores lacking the PG cortex hydrolysis machinery [24,36,37]. In this context, we evaluated the survival of spores after infecting Raw 264.7 cells with germinant- and/or human serum-treated *C. difficile* spores. Initial experiments demonstrated that when Raw 264.7 cells were incubated with DMEM in absence of FBS for 24 h under either aerobic or anaerobic conditions, there was no decrease in viability of Raw 264.7 cells as determined by trypan blue viability assay (data not shown). As expected, during infection of Raw 264.7 cells with untreated...
C. difficile spores, no significant inactivation of spores was observed (Fig. 8A). However, when Raw 264.7 cells were infected with ST treated spores, a significant \( p < 0.05 \) increase in spore killing was observed under aerobic and anaerobic conditions (Fig. 8A), indicating that germinated spores are easily killed by Raw 264.7 cells. The amount of spore killing in anaerobic condition was lower than under aerobic conditions but higher than in absence of ST (Fig. 8A), supporting the fact that the killing of ST-treated spores is due to Raw 264.7 cells and that absence of oxygen might allow some extracellular germinated C. difficile spores to survive during macrophage infection and increase number of viable cells. Addition of the co-germinant L-glycine increased the amount of spore killing during infection of Raw 264.7 cells under anaerobic conditions (Fig. 8A). Fluorescence microscopy of infected Raw 264.7 cells with ST-treated C. difficile spores demonstrated significant spore outgrowth only during anaerobic incubation (Fig. 8C,D), supporting the fact that at least some ST-treated C. difficile spores are able to outgrow during macrophage infection under anaerobic conditions. Collectively, these results suggest that C. difficile spores treated with ST are easily killed by Raw 264.7 cells.

Next, experiments were carried out with reduced concentration of ST (0.1%) in presence of 5 mM of L-glycine (STG) to unmask the effect of other potential factors such as human serum (HS). Significant killing was observed when Raw 264.7 cells were infected with STG treated spores (Fig. 8B). Strikingly, when C. difficile spores were pre-incubated with HS prior to infection of Raw 264.7 cells, there was also a significant \( p < 0.05 \) increase in spore killing (Fig. 8B). Pretreatment of spores with HS and STG produced a slight but not significant increase in spore killing by Raw 264.7 cells (Fig. 8B). Heat treatment activates bacterial spore’s germinant receptors to initiate the nonreversible germination process [38]. Therefore, experiments were repeated with heat-activated spores incubated with HS and STG prior infection. There was a slight difference \( p = 0.06 \) in the amount of spore killing between heat-activated versus non heat activated spores incubated with STG and HS. However, this difference became significant \( p < 0.01 \) when killing of heat-activated spores incubated with STG and HS was compared to that of non-heat activated spores incubated with HS (Fig. 8B). These results indicate that germination factors sensitize C. difficile spores to macrophage mediated killing.

C. difficile Spores are Cytotoxic to Raw 264.7 Cells

Since above results suggest that C. difficile spores are able to survive and also interact with the phagosome’s membrane, we hypothesized that C. difficile spores might be cytotoxic to Raw 264.7 cells. When monolayers of Raw 264.7 cells were infected with C. difficile spores at an MOI of 1, some macrophage cell death was observed after 24 h of infection; however, cell death did not
increase after 48 h of infection. 24 h of infection of Raw 264.7 cells with C. difficile spores at an MOI of 10 produced ~50% of Raw 264.7 cell death (Fig. 9A). Also a significant loss of Raw 264.7 cell’s membrane integrity was observed (Fig. 9A) and this loss continued to increase until 48 h of incubation (Fig. 9A). Interestingly, when Raw 264.7 cells were infected with C. difficile spores at an MOI of 1 or 10, similar levels of reduction in Raw 264.7 cell viability were observed as measured by esterase activity. For example, after 24 h of infection, viability of Raw 264.7 cells decreased only by ~30% and after 48 h by ~50% (Fig. 9B). When results were confirmed by trypan blue exclusion assay, we observed that in concordance with above results, the majority of uninfected Raw 264.7 cells remained viable even after 48 h of incubation, however, significant cell death was observed on monolayers of Raw 264.7 cells infected with C. difficile spores at an MOI of 10 (Fig. 9C). Similar results were observed at an MOI of 1 (data not shown). Raw 264.7 cells alone incubated for up to 48 h had high levels of calcine fluorescence, and minimal levels of fluorescence due to ethidium homodimer-1 (data not shown) meaning that Raw 264.7 cells remained viable in absence of FBS. Collectively, these results indicate that C. difficile spores not only survive inside macrophages, but are also cytotoxic to Raw 264.7 cells over extended periods of infection.

Discussion

Successful clearance of bacterial infections requires that the host’s immune system be able to recognize, phagocytose and kill pathogenic cells in host tissues. Although C. difficile is an enteric pathogen, during the course of CDI the enterotoxin TcdA and the cytotoxin TcdB not only induce epithelial damage but also the expression of numerous pro-inflammatory cytokines and chemokines, producing a massive recruitment of macrophages and neutrophils and the formation of pseudo-membranes [2]. Even though CDI is an enteric infection, and rarely systemic, macrophages do play a major role in host defense. Several studies have shown that the TLR4 and the Nod1 phagocytic receptors are essential for protection of CDI in mouse [11,12], indicating that C. difficile cells and spores encounter phagocytic cells in the colonic environment. In this context, our current study provides numerous findings on the early stages of interactions between C. difficile spores and Raw 264.7 cells.

While the nature of phagocytic receptors [39] mediating C. difficile spore recognition by Raw 264.7 cells was not addressed in this work, we did observe that in absence of serum C. difficile spores were efficiently recognized by Raw 264.7 cells. It was most striking that more than half of C. difficile spores that adhered to Raw 264.7 cells were internalized. Our scanning electron micrographs suggest the uptake of C. difficile spores by Raw 264.7 cells might follow various phagocytic strategies which include membrane ruffling and coiling phagocytosis [32]. Although further studies will be required to fully characterize these pathways, they provide evidence that C. difficile spores are actively internalized by remodeling of the macrophages surface membrane through an actin mediated process [33,39]. The significant reduction in internalization of C. difficile spores by Raw 264.7 cells in the presence of the actin polymerization inhibitor, cytochalasin D, supports that internalization is an actin-polymerization dependent process. It is worth noting that even in presence of cytochalasin D, ~6–7% of adhered C. difficile spores were internalized, indicating that a small fraction of C. difficile spores enter Raw 264.7 cells through a phagocytosis-independent pathway. To the best of our knowledge, there are no reports of internalization of bacterial spores into phagocytic cells through a phagocytosis-independent pathway, thus the precise nature of this actin-polymerization independent internalization pathway is unknown and clearly requires further research.

Sonication treatment of C. difficile spores, which removes the majority (>60%) of the outermost exosporium-like structure (this study) including two ~40-kDa protein species reported to have a role in adherence [5], did not affect the ability of Raw 264.7 cells to recognize and phagocytose C. difficile spores. This is presumably
because remnants of the exosporium-like structure hold sufficient motifs recognized by Raw 264.7 cells to phagocytose *C. difficile* spores. Therefore, in an *in vivo* situation in the absence of some exosporium material, activated primary macrophages localized in the lamina propria, might efficiently recognize and phagocytose *C. difficile* spores. In addition, it was quite surprising to note that the percentage of *C. difficile* spore adherence of and phagocytosis by Raw 264.7 cells were lower for a clinical isolate Pitt177 than for the domesticated strain 630, suggesting that some sort of antigenic variation might have occurred on the surface of Pitt177 spores allowing it to evade attacks from the innate immune system. Unfortunately, our knowledge of the spore surface proteins is limited, and further studies on the identification of spore surface antigens will help uncover the reason for these differences.

Complement also plays a role in recognition and opsonization of bacterial pathogens [40]. Our current results showed that in presence of untreated or heat inactivated fetal bovine serum supplemented with complement there was a significant decrease of spore phagocytosis, suggesting that *C. difficile* spores might be able to modulate components of complement to evade the innate immune system. This phenomenon has been previously reported in numerous bacterial pathogens including *B. anthracis* [41–45]. Notably, *B. anthracis* spores’ surface a-enolase and Elongation factor Tu can bind plasminogen which in turn degrades deposited C3b resulting in a decrease in phagocytosis [41]. Although not yet proven, this raises the possibility that a similar mechanism might be applicable for *C. difficile* spores’ phagocytosis.

Once phagocytosed, survival of pathogenic bacteria is dependent on their ability to survive or escape the phagosome and/or inhibit the maturation of phagolysosome. Our results clearly suggest that *C. difficile* spores are unable to germinate during macrophage infection in absence of germinants. It was most

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**Figure 7.** *C. difficile* spores remain intact inside the phagosome of Raw 264.7 cells. TEM images of Raw 264.7 cells infected with *C. difficile* spores under aerobic conditions (A–C, E, F) and with *B. subtilis* spores (D). TEM micrographs were taken after 30 min (A,B and D–F) and 24 h of infection. A) TEM shows that *C. difficile* spores are efficiently phagocytosed by Raw 264.7 cells. B) Phagosome containing *C. difficile* spores fuses with lysosomes, white arrows denotes fusion of lysosomes with the phagosome. C) *C. difficile* spores remain intact after 24 h of infection with Raw 264.7 macrophages. D) TEM micrograph of phagocytosed *B. subtilis* spores by Raw 264.7 cells. Phagosome’s membrane remains intact. E) TEM image showing phagocytosed *C. difficile* spore in a phagosome with membrane damage, white arrows denote disrupted phagosome membrane. F) TEM image rendering direct interactions between the surface of *C. difficile* spores and the phagosome’s membrane. White scale bar is 500 nm for panels A–C, and 100 m, for panels D–F.

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interesting to note that C. difficile spores are well suited to survive inside Raw 264.7 murine-like macrophages for up to 72 h under aerobic conditions, which is due in part to their ability to remain dormant. It can be argued that survival of C. difficile spores during infection of Raw 264.7 cells could be due to macrophage cell death. While this was observed at an MOI of 10, where 49% of Raw 264.7 cells were dead after 48 h of infection, however, at an MOI of 1, only 12% of Raw 264.7 cells were dead, indicating that C. difficile spores’ survival ability is due to their intrinsic properties. In fact, no alterations in the spore ultrastructure was observed after 24 h of infection, indicating that C. difficile spores are able to resist successive attacks from the phagolysosome’s antimicrobial machinery. The ability of C. difficile spores to survive inside the macrophage environment is most likely to the lack of germination, since the macrophage environment lacks the co-germinants ST and L-glycine. Indeed, a recent study demonstrated that B. anthracis spores with mutations in the main gerA receptors were able to survive inside Raw 264.7 macrophages primarily due to their ability to remain dormant during infection of Raw 264.7 cells [46]. Germination-dependent survival has also been observed in C. perfringens, with spores of isolates that are able to germinate during macrophage infection being more easily killed by macrophages than with spores of isolates that are less able to germinate during infection [13]. Similar spore killing became evident when C. difficile

Figure 8. Factors affecting survival of C. difficile spores inside Raw 264.7 cells. A) Monolayers of Raw 264.7 cells were infected at an MOI of 10 with dormant C. difficile spores; and with spores incubated for 30 min with 1% sodium taurocholate (ST) in DMEM and 1% sodium taurocholate-5 mM L-glycine (STG) in DMEM. After 30 min of infection, unbound spores were washed, and Raw 264.7 cells were incubated in DMEM with no FBS under: Aer, aerobic conditions-5% CO₂ for 24 h; Ana, anaerobic conditions for 24 h. Loss of spore viability was determined as described in Methods section. B) Monolayers of Raw 264.7 cells were infected with non-heat activated C. difficile spores treated for 30 min with: C, DMEM; 0.1-STG, 0.1% sodium taurocholate-5 mM L-glycine in DMEM; HS, 50% human serum in DMEM; HS 0.1-STG, 0.1% sodium taurocholate-5 mM L-glycine-50% human serum in DMEM; HA HS 0.1-STG, with heat activated C. difficile spores treated for 30 min with 0.1% sodium taurocholate-5 mM L-glycine-50% human serum in DMEM. Infected monolayers of Raw 264.7 cells were incubated for 24 h and viable spores were determined by plating aliquots of lysed Raw 264.7 cells onto BHIS agar plates as described in Methods section. Treatment C corresponds to data from Fig. 7A and is shown for comparative purposes. C, D) Fluorescence micrographs of Raw 264.7 cells infected with 1.0%-STG C. difficile spores. Infected Raw 264.7 cells were incubated for 24 h under aerobic (panel C) and anaerobic (panel D) conditions, fixed and DNA material of either Raw 264.7 cells and C. difficile vegetative cells were stained with DAPI as described in Methods section. White arrows denote growing C. difficile vegetative cells. Results are the average of at least three independent experiments and error bars are standard error of the mean.

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Spores were pre-incubated with STG or HS prior to infecting Raw 264.7 cells. HS increased the killing of *C. difficile* spores by Raw 264.7 cells. Serum lysozyme has been previously shown to trigger germination of *C. perfringens* spores through spore’s PG cortex hydrolysis [36], suggesting that similarly, HS lysozyme might be sensitizing *C. difficile* spores to macrophage killing, most likely by degrading the spore’s PG cortex. Since the environment inside the phagosome is cholate free, untreated *C. difficile* spores remain

**Figure 9.** *C. difficile* spores affect viability of Raw 264.7 cells. Monolayers of Raw 264.7 cells were infected for 24 (grey bars) and 48 h (black bars) with *C. difficile* spores at MOIs of 1 and 10 and effects on Raw 264.7 cells was measured by quantification of: A) dead Raw 264.7 cells with ethidium homodimer-1; or B) live Raw 264.7 cells with calcein AM. Results were also confirmed with: C) cell viability assay with the membrane impermeable trypan blue as described in Methods section. Dark cells indicate disruption of the plasma membrane. Double asterisk indicate statistical significant difference (p<0.05) between treatments highlighted by brackets. Results are the average of at least three independent experiments and error bars are standard error of the mean.

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dormant and therefore are likely to persist even after macrophage death. It is worth noting that C. difficile vegetative cells were efficiently inactivated by Raw 264.7 cells under aerobic conditions, environment typically found in the sub-mucosal intestinal layers. However, although under anaerobic conditions C. difficile vegetative cells were first efficiently killed by a fixed number of Raw 264.7 cells, C. difficile cell counts increased over 24 h incubation. It can be speculated that this might be the case in the mucosal environment and towards the colonic lumen; however, the constant infiltration of macrophages might produce a more host favorable outcome than the in vitro results shown in this work. Regardless of the fate of C. difficile vegetative cells, C. difficile spores were particularly resistant to macrophage killing under aerobic conditions. Collectively, these results provide support to the hypothesis that C. difficile spore survival inside macrophages is primarily due to their ability to remain dormant. The extent of inactivation of C. difficile spores by Raw 264.7 cells after 72 h of incubation (i.e., ~0.6 decimal reduction), from a host perspective, is not effective in terms of pathogen-clearance by the innate immune system, and in the case of CDI, it might hold implications in persistence and high relapse episodes of CDI. Indeed, it might be possible that C. difficile isolates with high sprotulation efficiencies persist in the host’s colonic tract due to the virtue of the C. difficile spore’s elevated resistance to the hosts’ immune system. Recent developments of animal models suited to study the role of C. difficile spores in the initiation and persistence of CDI [47] will facilitate our future investigation in this direction.

Another contribution of this work is that C. difficile spores seem to directly interact with the phagosome’s membrane of Raw 264.7 cells and presumably induce membrane disruption and cell death. The precise nature of this interaction is unclear but is likely to involve interactions between the spore surface proteins and the phagosome’s membrane and/or membrane embedded proteins. It is also unclear if these interactions might have any implication in the survival of C. difficile spores during infection of macrophages or in macrophage death, but these interactions have been shown to occur between C. perfringens vegetative cells and the membrane phagosome of J779 cells [33], as well as between the hair-like nap of B. anthracis spores and the phagosome’s membrane [21]. Our current results demonstrated that during extended incubation, C. difficile spores were able to induce permanent damage to Raw 264.7 cells leading to disruption of the plasma membrane and loss of viability of Raw 264.7 cells as judged by the penetration of ethidium homodimer-1 and trypan blue. Despite the membrane damage, Raw 264.7 cells retained significant esterase activity as shown by fluorescence of calcein dye. In conclusion, our work provides evidence that C. difficile spores are recognized by phagocytic cells but remain impermeable to attacks by their antimicrobial components and are able to exert cytotoxic effects to Raw 264.7 cells. The implications of these findings clearly suggest that C. difficile spores are able to subvert attacks of host’s immune system avoiding spore clearance and persist in the colonic tract.

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Author Contributions

Conceived and designed the experiments: DPS. Performed the experiments: DPS GCA MPG CBS. Analyzed the data: DPS GCA MRS. Contributed reagents/materials/analysis tools: DPS MRS. Wrote the paper: DPS MRS.

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