Long-Term Survival of a Lynch Syndrome Patient With Eight Primary Tumors: A Case Report

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With the modern technological developments in the diagnosis and treatment of cancer, the survival rate of cancer patients has increased. On the other hand, the incidence of multiple primary tumors is increasing annually. Lynch syndrome (LS), an autosomal dominant disorder with germline mutations in DNA mismatch repair genes, increases the risk of cancer in patients carrying those mutations. In this report, we present an extremely rare case of an 81-year-old male patient with eight primary malignancies and LS. The patient is still alive having survived for more than 41 years since the initial discovery of the first tumor. The eighth and most recently diagnosed primary cancer was a malignant peripheral nerve sheath tumor. Although there have been numerous reports of malignancies in LS, malignant peripheral nerve sheath tumors have not been reported previously with LS. Here, we report, to the best of our knowledge, the first case of a malignant peripheral nerve sheath tumor with LS.

Keywords: multiple primary tumors, lynch syndrome, prostatic carcinoma, malignant peripheral nerve sheath tumor, long-term survival

INTRODUCTION

Multiple primary tumors refer to the simultaneous or metachronous occurrence of two or more primary tumors in one or more tissues and organs in the same individual (1). With the development of cancer screening, diagnosis, and treatment modalities, the survival rate of patients with a first primary tumor has improved, but the incidence of multiple primary tumors is increasing. The incidence of multiple primary cancers is approximately 2–17% among cancer patients (2). A population-based study from the Netherlands reported that 6.5% of patients with multiple primary cancers had two primary cancers, 0.5% had three primary cancers, and 0.05% had four or more primary cancers (3). The current incidence of multiple primary tumors is still rare in clinical practice, especially the cases of three or more tumors.

Lynch syndrome (LS) is an autosomal dominant cancer-predisposing syndrome caused by germline mutations in the DNA mismatch repair (MMR) genes MLH1, MSH2, MSH6, and MSH2, and...
EPCAM, and is characterized by microsatellite instability (MSI) in tumors. Carriers of pathogenic mutations in these genes, have an increased risk of colorectal cancer and other malignancies over their lifetime compared to the general population (4). LS is a high-risk factor for multiple primary tumors.

In this study, we present an extremely rare clinical case of a patient with LS who had eight primary tumors and survived for 41 years.

**CASE DESCRIPTION**

The patient is an 81-year-old male with multiple primary tumors (Table 1). The patient visited our hospital in December 2021 because of left colon carcinoma 40 years after surgery, carcinoma of the rectum 30 years after surgery, gastric carcinoma 23 years after surgery, transverse colonic carcinoma 12 years after surgery, nasal borderline tumor 11 years after surgery, skin carcinoma 10 years after surgery, diagnosis of prostatic carcinoma for 3 years, and a right inguinal mass for more than 3 months.

The patient was a retired professional technician living in Hangzhou, Zhejiang Province, and had good living conditions. The patient had no history of smoking or drinking, and no history of excessive sun exposure. He was married at 27 years old and has a son in good health. He has a harmonious family relationship and has no bad psychological problems since his illness. His wife was diagnosed with malignant melanoma of the perineum in December 2021. In terms of the patient’s family history, his father suffered from colon cancer at the age of 60, his mother was diagnosed with colon cancer in the same year, and both of them passed away. One younger brother and one younger sister suffered from colon cancer in their 50s. Furthermore, this younger sister also suffered from transverse colon carcinoma at the age of 57. In addition, a son of one of his sisters was also diagnosed with colon cancer, and a daughter of one of his brothers was also diagnosed with ovarian cancer at 40, and breast carcinoma at 47 (Figure 1).

In 1981, our patient presented to the First Affiliated Hospital of Zhejiang University with an abdominal discomfort. Gastrointestinal endoscopy revealed left semicolon cancer. The patient underwent radical left hemicolectomy combined with splenectomy, and the postoperative pathological diagnosis was moderately differentiated adenocarcinoma of the colon. In 1991, he was diagnosed with a rectal mass on gastrointestinal endoscopy. The patient underwent Mile’s radical resection for rectal cancer, and postoperative pathology revealed poorly differentiated adenocarcinoma of rectum. No further treatment was administered. Since then, he has undergone annual regular gastrointestinal endoscopy. In 1997, a gastric space-occupying mass was found during a regular gastrointestinal endoscopy. The patient underwent radical gastrectomy for gastric cancer, and postoperative pathology revealed gastric ulcer type poorly differentiated adenocarcinoma. In 2009, the patient underwent radical resection of transverse colon cancer and ascending colostomy. Postoperative pathology showed poorly differentiated adenocarcinoma of transverse colon. One year later, due to poor nasal ventilation, the patient took nasal endoscopy. Nasal endoscopy revealed the right nasal vestibule vegetation. He underwent nasal mucosal augmentation resection. Postoperative pathology revealed a borderline tumor of the nasal mucosa. In 2011, a skin biopsy was performed as rough protrusion of the abdominal skin with pigment changes were observed. He was diagnosed with squamous cell carcinoma in situ, and surgical resection was performed.

In February 2018, the patient presented to our hospital with complaints of poor urination. On routine ultrasonography, the urologist detected a lump in the patient’s prostate. The total serum prostate-specific antigen (PSA) level was 40 ng/mL, and needle core biopsy was performed. Histopathology revealed high-grade prostatic adenocarcinoma (Figures 2A, B), and Gleason Score 4 + 5 = 9. The tumor was immunohistochemically positive for P504S and negative for CK (34Be12), P63, and Syn. In terms of treatment, he first received endocrine therapy (goserelin acetate sustained-release depot combined with bicalutamide tablets) and then external radiotherapy was applied. At the initial stage of

| Year | Age at diagnosis | Localization | Operation | Pathological type | MMR |
|------|-----------------|--------------|-----------|------------------|-----|
| 1981 | 40              | Left colon   | Radical left hemicolectomy combined with splenectomy | Adenocarcinoma | No data |
| 1991 | 50              | Rectum       | Mile’s radical resection | Adenocarcinoma | No data |
| 1997 | 56              | Stomach      | radical gastrectomy | Adenocarcinoma | No data |
| 2009 | 68              | Transverse colon | radical resection of transverse colon cancer and ascending colostomy | Adenocarcinoma | No data |
| 2010 | 69              | Nasal cavity | nasal mucosal augmentation resection | Borderline tumor of the nasal mucosa | No data |
| 2011 | 70              | Abdominal skin | skin tumor resection | Squamous cell carcinoma | No data |
| 2018 | 77              | Prostate     | None       | Adenocarcinoma | MSH2/MSH6(-) |
| 2022 | 81              | right inguinal | None | spindle-cell tumors | MSH2/MSH6(-) |

MMR, mismatch repair.
treatment, there was a significant reduction in the tumor focus, and urination became unobstructed. In September of the same year, the patient’s serum PSA level increased again. Considering the resistance to first-line endocrine therapy, the patient was given second-line endocrine therapy (abiraterone acetate combined with prednisone). After 5 months of treatment, the serum PSA level increased again. The patient was considered to be resistant to endocrine therapy for prostate cancer. Consequently, the patient underwent four rounds of chemotherapy (docetaxel combined with prednisone); however, the disease progressed again. The patient had significant edema of the left lower extremity caused by tumor compression in the pelvic cavity; thus, pelvic radiotherapy was repeated. Using targeted next-generation sequencing (NGS) technology, quantitative paired plasma and leukocyte samples from the patient were sequenced with a specific 425-gene panel. The 425 cancer-related genes included genes with Food and Drug Administration (FDA)-approved targeted medicine and Chemotherapeutic medicine, and National Comprehensive Cancer Network (NCCN) guideline recommendations. Genetic risk-related mutated genes were also included in the test. The captured samples were then subjected to the Illumina HiSeq 4000 platform (Illumina, San Diego, CA) for sequencing, with a mean depth of 500× for FFPE samples and 3,000× for ctDNA samples from CSF or plasma. Copy number variations (CNVs) were detected using CNV Kit. CNV gain and loss were identified if depth ratio were above 1.6 or below 0.6, respectively. And gene feature information was obtained from the Clinical Testing Center (Nanjing Geneseeq Technology Inc., China). NGS revealed that the patient had 128 tumor-specific mutations in peripheral blood genes, including mutations in the MMR genes MLH1 and MLH3, in addition to mutations in BRCA1 and TP53, and a germline deletion in exon 12 of MSH2, with a high tumor mutational burden of 139.1 mutations/MB. Based on the NGS results of a germline deletion in MSH2 combined with the patient’s previous cancer history and family cancer history, the patient was diagnosed with LS. Genetic counseling was recommended for his relatives at the same time.

To further define the relationship between prostate cancer and LS, we performed MMR protein-related immunohistochemistry. Immunohistochemistry for prostate cancer was positive for MLH1 and PMS2, but negative for MSH2 and MSH6 (Figures 2C–F). These results confirmed LS-associated prostate cancer. According to the clinical treatment guidelines, the patient was given intravenous infusions of the PD1 inhibitor, pembrolizumab (200 mg every 3 weeks) (Merck & Co., Inc.), combined with oral anlotinib hydrochloride (8 mg once daily, Days 1–14, 1 cycle every 3 weeks) (Jiangsu Chitai Tianqing Medicine Co., Ltd). The serum PSA level was within the normal range during treatment, and computed tomography (CT) showed no significant enlargement of the prostate tumor.

In September 2021, CT showed a new-onset mass in the right groin area of the patient, but the PSA level was within the normal range. We recommend regular CT examination to observe changes in the size of the mass. On November 29, CT (Figure 3) revealed that the right inguinal mass was larger than before, and the size of the mass was approximately 6.3 cm × 3.1 cm × 2.0 cm. Needle-core biopsy of the right inguinal mass was performed a week later. Pathological examination revealed spindle-cell tumors (Figure 4). The results of immunohistochemistry indicated CD34 (+), CD99 (+), H3K27Me3 (partial deletion), CD117 (-), DOG-1 (-), STAT6 (-), SMA (-), Desmin (-), HMB45 (-), D2-40 (-), MyoD1 (-), S-100 (-), SOX10 (-), PSA (-), Bcl-2 (+), P53 (90% +), and Ki67 (25% +). There were no SS18 gene rearrangements in the tumor tissues as detected by fluorescence in situ hybridization. Additionally, both tumor and blood specimens were collected and prepared for targeted NGS sequencing. The results revealed 41 tumor-specific mutations, including NF1 and TP53 mutations, loss of CDKN2A expression, and a germline deletion in exon 12 of MSH2, with a high tumor mutational burden of 30.9 mutations/
MB. Based on these results, malignant peripheral nerve sheath tumor was identified as the patient’s eighth primary malignant tumor. To further define the relationship between malignant peripheral nerve sheath tumors and LS, MMR protein-related immunohistochemistry was performed. Immunohistochemistry of the malignant peripheral nerve sheath tumor was positive for MLH1 and PMS2 but negative for MSH2 and MSH6 (Figures 2G–J). The results confirmed the presence of LS-associated malignant peripheral nerve sheath tumor. Owing to the old age of the patient and his poor physical ability, surgery was not recommended, and oral medication was indicated. Based on the clinical treatment guidelines, the recommended treatment was intravenous infusion of pembrolizumab combined with oral administration of pazopanib tablets.

**DISCUSSION**

The patient was diagnosed with 8 types of multiple primary tumors. After the first tumor was diagnosed, the patient survived for over 41 years and is still alive. To the best of our knowledge, this is the first literature report of malignant peripheral neurilemmoma with LS.

The earliest understanding of multiple primary cancers can be traced back to a report published in 1921. In a survey of 3000 malignant tumors, it was found that approximately 4.7% of patients with tumors have multiple primary cancers (1). Currently, there is no standard reference guide for the diagnostic criteria of multiple primary cancers in clinical practice. The most commonly used diagnostic criteria are...
provided by the Surveillance Epidemiology and End Results Project (SEER), International Cancer Registration Association, and International Agency for Research on Cancer (IACR/IARC) (5). Epidemiological investigation shows that the incidence of the first primary tumor is increasing year by year due to the aging population, environmental pollution, food safety and other factors. At the same time, the improvement of diagnostic technology, the progress of cancer screening methods and the diversification of anti-tumor treatment methods have affected the incidence of the second primary tumor (1, 6). The exact etiology of most primary tumors is unknown; however, some of the potential risk factors include genetic susceptibility (LS, Li-Fraumeni), immunodeficiency (HIV), chronic infection (hepatitis B), lifestyle (smoking and drinking), and carcinogenic effects of antitumor therapy (1, 2, 7). The diagnosis and differential diagnosis of multiple primary cancers are key conditions to identify the disease. In general, two cancers that are occurring within 6 months are considered simultaneous multiple primary cancers, while those occurring more than 6 months apart are regarded as metachronous multiple primary cancers (1). For the differential diagnosis of multiple primary cancers, pathological, immunohistochemical, and gene detection

FIGURE 3 | Computed tomography (CT) demonstrated a malignant tumor in the right groin area, and the size of the mass was approximately 6.3 cm x 3.1 cm x 2.0 cm. (A) Imaging in the coronal section. (B) Tomography scan in the transverse section of the lesion.

FIGURE 4 | The needle core biopsies of the malignant peripheral nerve sheath tumor. (A) Medium-power image of the tumor area shows spindle-cell tumors with dense arrangement and fascicular hyperplasia (hematoxylin–eosin×200). (B) High-power image of the tumor area shows that the nuclei of the tumor cells are deeply stained, irregular in shape, tadpole-like at the ends, and mitotic figures are readily apparent. (C) The tumor cells showed pleomorphism, and large pleomorphic cells were observed in some areas. (D) In the sparse cell area, the cell morphology was mostly elongated and wavy. (B–D, hematoxylin–eosin×400).
techniques can be used to identify primary or metastatic secondary cancers. The treatment modality of multiple primary cancers varies according to the case. If there are simultaneous multiple primary cancers, the treatment strategy needs to be discussed at a multidisciplinary meeting to formulate the best treatment plan for the disease at this stage taking into account the other co-existing tumor. However, if it is a metachronous disease and there is only one clinical manifestation of the tumor, an appropriate treatment scheme can be formulated for the existing tumor according to the treatment guidelines of the National Comprehensive Cancer Network. Nevertheless, if the previous primary tumor is still progressing or the clinical symptoms are still obvious, the selection of treatment scheme needs to be discussed at multidisciplinary meetings (8, 9).

Through the analysis of this patient’s disease history, family history and personal history, we considered Lynch syndrome as the risk factor for this patient’s multiple primary cancers. LS, also known as hereditary nonpolyposis colorectal cancer, accounts for approximately 5–8% of all colorectal cancers (10). LS is divided into class I and class II according to the complications by extraintestinal tumors (11). Class I refers to colorectal cancer being the only malignant tumor in the family (12), while class II refers to the occurrence of extraintestinal tumors in addition to colorectal cancer (13). Because of the DNA MMR gene mutations, patients with LS are more likely to suffer from all types of cancers than the general population. According to the literature, the extraintestinal tumors are endometrial cancer, ovarian cancer, gastric cancer, cholangiocarcinoma, pancreatic cancer, urothelial carcinoma, bladder cancer, and prostate cancer (14–21). Currently, the screening of LS is a diagnostic standard based on family history and tumor disease history. This mainly follows the Amsterdam and Bethesda criteria, which have different specificities and sensitivities (22). Second, the screening of LS can be also done through the detection of tumor tissues, including the immunohistochemical detection of MMR proteins, polymerase chain reaction, detection of MSI, and MLH1 methylation analysis. However, the final diagnosis should be confirmed by genetic diagnosis of mutations in germline MMR-related genes (including MLH1, MSH2, MSH6, PMS2, and EPCAM genes) (23). Due to the high cost of genetic testing, misdiagnosis and missed diagnosis rates of LS are extremely high.

Because of the patient’s history of multiple tumors and the drug resistance in prostate cancer after multi-line treatment, NGS examination was suggested to further clarify the underlying causes of multiple tumors and identify new therapeutic targets. Results of the NGS test revealed that the patient had a pathogenic variant of germline deletion in the MSH2 gene, which confirmed the diagnosis of LS. Previous studies reported that approximately 70–90% of LS cases are due to the deletion of MLH1 and MSH2 genes, and 10–30% are due to the deletion of MSH6 and PMS2 genes (24, 25). Individuals with MLH1 or MSH2 mutations have a high risk of LS type II. Males with MSH2 mutations have the highest risk of developing various tumors (26). The results of genetic testing showed that the patient in this case report was a high-risk individual with multiple primary tumors. The results of NGS examination showed that a germline deletion in the MSH2 gene, a high tumor mutational burden of 139.1 mutations/MB, and a TP53 mutation were positive regulatory predictors related to the resistance to the immune checkpoint inhibitor treatment (3). Our alternative treatment plan was administering an immune checkpoint inhibitor combined with anti-vascular-targeted drugs.

In September 2021, during the treatment of prostate cancer, CT examination of the patient revealed a new mass in the right groin. To confirm whether the mass was a metastatic tumor of prostate cancer or a new primary cancer, we performed a needle core biopsy of the right inguinal mass. The tissue was seen as densely arranged, fascicular proliferation of spindle cell tumors under a pathological microscope. Immunohistochemistry results indicated CD34 (+), CD99 (+), and a partial deletion of H3K27Me3. Malignant peripheral nerve sheath tumors are highly malignant, locally aggressive soft tissue sarcomas with nerve sheathe differentiation and a high propensity to metastasize. They are rare in the general population, with an approximate lifetime incidence of 0.001% (1/100,000). Up to 50% of all malignant peripheral nerve sheath tumors occur in neurofibromatosis type 1 (NFL1) (27). They may occur anywhere in the body, but are most often axial in location and are diagnosed based on the histopathologically demonstrated peripheral nerve sheath differentiation (28). One potential model for malignant peripheral nerve sheath tumors development proposes that the loss of biallelic NFL1 in nerve sheath precursor cells results in benign neurofibroma formation. Subsequently, loss of CDKN2A promotes the development of an atypical neurofibroma, followed by additional mutations in EGFR, SUZ12, and/or TP53, causing transformation into malignant peripheral nerve sheath tumors (29). The diagnosis of malignant peripheral nerve sheath tumor is difficult. Molecular detection and gene detection are helpful for a definite diagnosis. The NGS results of the tumor tissue of the reported patient showed a deletion of CDKN2A and mutations in the tumor-specific genes NFL1 and TP53, which were consistent with the diagnosis of malignant peripheral nerve sheath tumor. During diagnosis, we also confirmed the diagnosis of the tumors as LS-associated extraintestinal malignancies by Immunohistochemical results of MMR protein expression in tissue sections of the prostate and malignant peripheral nerve sheath tumors. The most common tumors in LS are colorectal tumors and endometrial tumors. However, patients with LS and MMR gene mutations have a higher risk of developing multiple extraintestinal tumors than the general population. The pathogenesis of multiple extraintestinal tumors can be further clarified by detecting MMR protein expression in tumor tissues. Owing to the long history of the case and the lack of preservation of pathological tissues in other hospitals, we could not perform MMR gene-related tests for the nasal tumors and skin cancer.

Studies have reported that patients with LS have a very low probability of developing colon cancer before the age of 25 (30, 31). However, progression from colonic adenomas to cancer is more rapid in patients with LS than in the general population. Therefore, surveillance colonoscopy is recommended every 1-2 years in patients with a family history of colon cancer (32). The patient reported in this case report was highly concerned about
his health. Since his parents had a history of colon cancer, he actively requested gastrointestinal endoscopy during his first visit when he was complaining of abdominal discomfort. After the first diagnosis of colon cancer, the patient underwent regular gastroenterological endoscopy examinations every year. Gastroenterological endoscopy is the only monitoring program that has proven effective in reducing the mortality of LS-related colorectal cancer (33). When a germline mutation of the MSH2 gene was found in the first NGS gene examination and the diagnosis of LS was confirmed, it was strongly recommended that the relatives of the patient undergo gene examination and regular gastroenterological endoscopy (34, 35). Unfortunately, clinicians pay less attention to extraintestinal tumors of LS. The patient had an advanced prostate cancer at the time of diagnosis and had poor treatment outcomes. Therefore, we suggest that patients with LS undergo a general physical examination in addition to colonoscopy monitoring and visit the doctor whenever they feel uncomfortable. Upon regular systemic examination and monitoring of this patient, we detected a new lesion early and it was promptly diagnosed. Currently, we do not consider a strong treatment protocol for this patient, and consider the will of the patient and his family to choose a treatment that is based on prolonging the patient’s survival and improving his quality of life.

CONCLUSION

In conclusion, this is the first report of a malignant peripheral nerve sheath tumor in LS. Through follow-up and investigation of this case, we consider that the main risk factor for the multiple primary tumors in this patient was LS. More attention should be given by clinicians to LS-associated extracolonic tumors. At the same time, this case highlights the importance of clinical periodic general physical examination in patients with multiple primary tumors with LS. For patients with LS, we recommend that multiple primary tumors undergo MMR gene-related testing to identify the underlying cause of the tumor. Because of the high incidence of tumors in patients with LS, regular general physical checkups, early detection, early diagnosis, and modest treatment instead of overtreatment are important for patients with LS to improve their survival rate.

DATA AVAILABILITY STATEMENT

The datasets presented in this article are not publicly available because of privacy or ethical restrictions. Requests to access the datasets should be directed to the corresponding author upon reasonable request.

ETHICS STATEMENT

Written informed consent was obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article.

AUTHOR CONTRIBUTIONS

JJ, TH, XL, XY, LH, ZY and LT collected the clinical information, diagnostic information, therapeutic information, and images of the patients. XR, JL, MK and LL described the pathological diagnosis. JJ, XL and YZ wrote the article. JJ, MX and YC translated the article. JHL, YZZ and ZL revised the article. SL identified the case and proofread the article. JJ, TH and XL have contributed equally to this work. All authors contributed to the article and approved the submitted version.

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