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Response to the letter to the editor

Dear Editor,

We have read the “Letter to the Editor” responded to our study “Comparing ICU admission rates of mild/moderate COVID-19 patients treated with hydroxychloroquine, favipiravir, and hydroxychloroquine plus favipiravir” with careful consideration. Since the author/authors mention several points, we will clarify in detail why and how our research findings are valid based on literature to prevent further misunderstandings.

Comment 1: “Power calculation was not presented. It would have helped to evaluate the limitations and implications of the study.”

Retrospective power analysis is controversial as is evidenced by several papers in the literature such as the papers of Zhang et al. [1], Reed and Blaustein [2], and Hayes and Steidl [3]. As mentioned in Zhang et al., retrospective power analysis is misleading since post-hoc power estimates vary in range and can differ from the true power. Hence, we do not present post-hoc power calculation.

On the other hand, we calculated the required sample size for the study as suggested in Powell and Sweeting [4] as the sample size should be based on the anticipated outcomes. Furthermore, as suggested by Röhrig et al. [5] required sample size can be calculated before the study using information gathered from the literature. Therefore, we used the confidence interval approach to calculate the required sample size before the study where ICU admission rate was our primary outcome. The admission rate had been reported as 9.4% to 45.9% in different studies at the planning stage of our study [6,7]. Moreover, the ICU admission rate was not uniform among different patient groups [8–11]. Since there are different ICU admission rates reported in the literature, we estimated the required sample size using Population ICU admission rate as P = 0.50 where it produces the largest sample size for estimation of the confidence interval using 95% alpha level and 5% precision for proportion where it was 385 patients overall. However, we aimed to evaluate all patient records which met inclusion criteria.

Comment 2: “The inclusion rate was too low and difficult to relate to the exclusion criteria. A flowchart depicting eligible subjects and the reason for excluding them should have been provided”

As mentioned in the article, only mild and moderate patients were included, as the severe patient group received different treatments for cytokine storm. To be able to comment on the efficacy of the drugs used, patients who died within 72 h after the admission and pregnant patients who would not be able to use the evaluated drugs were not included.

Comment 3: “Factors related to poor prognosis were more common in favipiravir treatment groups than hydroxychloroquine only group, including older age, male sex, comorbidities (diabetes mellitus, hypertension, malignancy, etc.), inflammatory markers, radiological signs of more severe pulmonary disease, and higher SOFA scores. Propensity score matching should have been used for the adjustment.”

There are several different methods for adjusting the effects of confounding and/or baseline variables in the literature that are suitable when there are more than two treatment groups. Inverse Probability Treatment Weighting (IPTW) is used to balance/adjust the covariate/confounding effects to estimate the Average Treatment Effect. IPTW is especially useful where there are several confounding/covariate effects to adjust, and the researcher/researchers can’t afford to lose any patients who could not be matched due to a small study population. There is a wide range of resources on the method itself since the work of Rosenbaum [12–15], and the method is commonly used in studies related with COVID-19 [16,17] in the literature. On the other hand, we should emphasize that the multiple-group propensity score studies shouldn’t be evaluated by only considering the studies on two-group propensity score methods. The authors of the letter base their criticism on such studies. It is obvious that there are three treatment groups in our study and there are a small number of subjects who required intensive care. Hence, the matching approach is no longer practical to use for covariate adjustment since we can’t afford to lose any observations where the overall ICU admission rate was approximately 3%. As mentioned in Leite [18], there are three methods that have the same three assumptions to estimate the unbiased effects of multiple treatments. When the assumptions are satisfied, the choice of the method depends on the study and when the propensity score model was correctly specified, the results of the matching and weighting approaches are similar [19]. Furthermore, IPTW estimates are generalizable to the entire population from which the observed sample was taken [15].

As mentioned in Yoshida et al. [20], simultaneous matching where there are multiple treatment groups is computationally challenging and often causes excluding too many patients. Furthermore, in a good covariate overlap setting, covariate balance was achieved better in IPTW than three-way matching according to Yoshida et al. [20]. However, we should note that no study evaluates the performance of IPTW in estimating Odds Ratio when there are three treatment groups. Additionally, we evaluate the validity of our results as suggested by Leite [18] by trimming the 99th percentile of the weights. Since it could be an indicator of poor common support or misspecified propensity score model [18], we evaluate if there is any substantial change in the estimations after the trimming as a part of sensitivity analysis. As a result, we showed that our results are valid since there was no substantial difference between the results after the trimming. As mentioned in Leite [18], there is no clear guideline to evaluate what magnitude of the weights are too large to consider for stabilization of the weights. We concluded that there are no extreme weights in our propensity score model as we follow the steps suggested by Leite [18]. As can be seen in findings on IPTW application of our original research, the covariate balance was evaluated using standardized difference where no covariate’s value exceeded 0.10 as suggested by Leite [18].
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Comment 4. “In propensity models, standardized differences with a threshold of 10% were chosen to define imbalance. This threshold signified a wide caliper problem, which could cause substantial bias for such imbalanced data. Tighter caliper and closer matches would be preferred to modifying the propensity score, as mentioned above [2].”

The covariate balance can be evaluated using several diagnostic approaches when there are two treatment groups. One of the methods is evaluating standardized differences as mentioned by the author/authors of the letter in their reference to the study of Lunt [21]. However, the aforementioned study does not include the scenario where there are more than two treatment groups and therefore, it is unfortunate to generalize the study findings to include multiple group scenarios. In our study, there are three treatment groups. As mentioned in the paper of Austin [13], “although there is no universally agreed-upon criterion as to what threshold of the standardized difference can be used to indicate an important imbalance, a standard difference that is less than 0.1 has been taken to indicate a negligible difference in the mean or prevalence of a covariate between treatment groups”. In addition, there are several studies using 0.1 as the maximum standardized difference to indicate poor covariate balance. However, those studies were constructed with two treatment arms, therefore, cannot be generalized for multiple groups setting. On the other hand, there are several researches on multiple groups propensity score methods where the conventional 0.10 is used as the threshold [18,22]. To the best of our knowledge, a study that provides simulation results on the optimal threshold for IPTW in multiple treatment groups doesn’t exist.

Comment 5. “Analysis with trimming could have introduced selection bias.”

Trimming is a method where if the method is applied correctly the first level of trimming (here, 1%) improves precision by eliminating subjects with high weights who inflate the variance of estimates as concluded by Conover et al. [23]. There are different trimming strategies where researchers should carefully consider which one is suitable for their study [24] when there are two treatment groups. On the other hand, we must inform the readers that the extension of these methods for multiple groups setting is an active research area [25].

In contrast to the author/authors, trimming could reduce bias [25] or produce similar results in certain settings [26]. Even though it is a controversial topic, we use the trimming method only to determine whether some patients effect our results i.e. robustness of our model.

Comment 6. “Synthetic Minority Oversampling Technique (SMOTE) is an approach for classification of data in case of an imbalance [3]. However, the imbalance between treatment groups in that study had an impact on the outcome, but not on classification.”

As the author/authors pointed out, we use SMOTE to balance the ICU admission groups. The aim was to achieve classification (i.e. ICU admitted and not admitted) despite the imbalance in the data at a ratio of 1:40 as mentioned in our study findings: “The need for ICU follow-up was observed in 3 (0.5%) patients in HCG group, 7 (7%) in favipiravir group, and 13 (10.8%) in HCG plus favipiravir group” among 824 eligible patients. SMOTE is one of the several methods suggested to overcome such high imbalances and was employed to validate our model results in combination with the Bootstrap sampling technique.

Comment 7. “Sub-group analysis is a common variation of sensitivity analysis, which is relevant for this study comparing the treatment outcomes but was not performed in the analysis [4].”

Unfortunately, due to the high imbalance in the data, we can't conduct a sub-group analysis. However, we constructed a sensitivity analysis which aimed “assessing how sensitive the model is to fluctuations in the parameters and data on which it is built” [27] by examining whether some patients (whose weights are high in the IPTW) could be highly effective in our findings. Therefore, we used trimming as a tool to assess the robustness of our model by comparing our preliminary findings with trimmed results.

Comment 8. “Data about the duration of hospitalization, treatment decision, and drug-related adverse events were not given. The study used patient data between March 15 and June 1, 2020. During this period Turkish Ministry of Health released four documents on the treatment algorithm and criteria for hospitalization of COVID-19 patients [5]. Favipiravir was mainly reserved for more severe disease, which was evident in the higher frequency of more severe COVID-19 patients receiving favipiravir treatment. Thus, time matching should have been added to adjust for these differences due to changes in the treatment algorithm.”

Treatment algorithm changes in the study period are implicitly accounted for when patient’s situation is considered by adjusting the effects of clinical and laboratory findings using IPTW which is also the suggested method for adjusting time-varying covariates [28]. Furthermore, a pre-analysis evaluation of the admission date revealed that it wasn’t significant.

Briefly, due to the requirements of the nature of highly imbalanced data, it is necessary to adjust the effects of confounding factors and the baseline characteristics with IPTW. We employed IPTW to balance the effects of covariates and possible confounding factors, evaluated the common support (i.e. the covariate balance) using suggested approaches in Leite [18], and utilized SMOTE in combination with bootstrap approach for validation of the model. From a statistical standpoint, the results are valid. It must also be noted that more research is needed to evaluate the effectiveness of these treatment regimens.

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