Resting zone of the growth plate houses a unique class of skeletal stem cells

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Skeletal stem cells regulate bone growth and homeostasis by generating diverse cell types, including chondrocytes, osteoblasts and marrow stromal cells. The emerging concept postulates that there exists a distinct type of skeletal stem cell that is closely associated with the growth plate1-4, which is a type of cartilaginous tissue that has critical roles in bone elongation5. The resting zone maintains the growth plate by expressing parathyroid hormone-related protein (PTHrP), which interacts with Indian hedgehog (Ihh) that is released from the hypertrophic zone6-10, and provides a source of other chondrocytes11. However, the identity of skeletal stem cells and how they are maintained in the growth plate are unknown. Here we show, in a mouse model, that skeletal stem cells are formed among PTHrP-positive chondrocytes within the resting zone of the postnatal growth plate. PTHrP-positive chondrocytes expressed a panel of markers for skeletal stem and progenitor cells, and uniquely possessed the properties of skeletal stem cells in cultured conditions. Cell-lineage analysis revealed that PTHrP-positive chondrocytes in the resting zone continued to form columnar chondrocytes in the long term; these chondrocytes underwent hypertrophy, and became osteoblasts and marrow stromal cells beneath the growth plate. Transit-amplifying chondrocytes in the proliferating zone—which was concordantly maintained by a forward signal from undifferentiated cells (PTHrP) and a reverse signal from hypertrophic cells (Ihh)—provided instructive cues to maintain the cell fates of PTHrP-positive chondrocytes in the resting zone. Our findings unravel a type of somatic stem cell that is initially unipotent and acquires multipotency at the post-mitotic stage, underscoring the malleable nature of the skeletal cell lineage. This system provides a model in which functionally dedicated stem cells and their niches are specified postnatally, and maintained throughout tissue growth by a tight feedback regulation system.

We first defined the formation of PTHrP+ chondrocytes in the growth plate using a Pthrp-mCherry (Pthrp is also known as Phthlhi) knock-in reporter allele (Extended Data Fig. 1a, see also Supplementary Information). During the fetal stage, PTHrP–mCherry+ cells were mitotically active and localized within the Sox9+ perichondrial region (Extended Data Fig. 1b). Although this pattern continued at birth (Fig. 1a), a distinct group of PTHrP–mCherry+ chondrocytes appeared in the central area of the growth plate that is devoid of proliferation at postnatal day (P)3 (Extended Data Fig. 1c). These PTHrP–mCherry+ chondrocytes increased markedly in number between P6 and P9, and occupied a well-defined zone in the growth plate (Fig. 1b–d, Extended Data Fig. 1c); these chondrocytes were less proliferative than their counterparts in the proliferating zone (Edu+; 6.1 ± 2.3% of mCherry+ cells versus 30.5 ± 3.2% of proliferating chondrocytes at P9, n = 3 mice). Therefore, PTHrP–mCherry+ chondrocytes in the resting zone (‘resting chondrocytes’) develop in the postnatal growth plate, which is closely associated with the formation of secondary ossification centres. Flow cytometry analysis revealed that PTHrP–mCherry+ cells were exclusively found in the CD45neg cell population in the growth plate (Fig. 1e), and were completely absent in the CD45neg population in bone and bone marrow cells (Extended Data Fig. 2a). PTHrP–mCherry+ cells in the growth plate did not express Col1a1(2.3kb)-GFP (Extended Data Fig. 2b), which indicates that PTHrP–mCherry is specifically expressed by growth-plate chondrocytes but not by osteoblasts or bone marrow stromal cells. We next asked whether PTHrP–mCherry+ resting chondrocytes express a panel of cell-surface markers for transplantable skeletal stem and progenitor cells—particularly three subsets of skeletal stem and progenitor populations (integrin alpha V (CD51)1 Thy-1 (CD90)); mouse skeletal stem cells (mSSCs); CD105+ CD200+), pre-bone, cartilage and stromal progenitors (pre-BCSPs) (CD105+ CD200+), and bone, cartilage and stromal progenitors (BCSPs) (CD105+). A large majority of CD45 Ter119 CD31+ growth-plate cells—including both mCherry+ and mCherry− fractions—were in a CD51+ CD90+ skeletal stem and progenitor population (Fig. 1f, left panels). Among CD45+ Ter119+ CD31+ CD51+ CD90+ mCherry+ cells, 49.2 ± 8.4%, 23.4 ± 8.4% and 27.4 ± 16.5% were CD105+ CD200+ (mSSCs), CD105+ CD200− (pre-BCSPs) and CD105− (BCSPs), respectively (Fig. 1f, right panels; see also Extended Data Fig. 2c, d). Conversely, 41.6 ± 4.4%, 31.7 ± 6.2% and 53.4 ± 16.9% of mSSCs, pre-BCSPs and BCSPs, respectively, were positive for PTHrP–mCherry (Extended Data Fig. 2e). Therefore, PTHrP–mCherry+ resting chondrocytes represent a substantial subset of immunophenotypically defined skeletal stem and progenitor cells in the growth plate. We next determined whether PTHrP+ resting chondrocytes behave as stem cells in vivo, by using a Pthrp-creER bacterial artificial chromosome transgenic line (L909, Extended Data Fig. 3a; see also Supplementary Information, Supplementary Methods and Extended Data Fig. 10 for establishment of this system and validation of tamoxifen-negative controls). Analysis of PthrpcreERcreR26RZsGreen mice revealed that ZsGreen+ cells largely overlapped with mCherry+ cells shortly after a tamoxifen pulse at P6 (Extended Data Fig. 3b–d). The percentage of CD105+ cells within the ZsGreen+ cell population was significantly lower than that within the mCherry+ cell population (Extended Data Fig. 3e), which indicates that Pthrp-creER preferentially marks an immature subset of PTHrP–mCherry+ cells. An EdU label-exclusion assay of Pthrp-creERcreR26RZsGreen mice pulsed with tamoxifen at P6 revealed that a large majority of tdTomato+ cells were resistant to EdU incorporation (Extended Data Fig. 3f, EdU+; 7.7 ± 2.0% of tdTomato+7.7 ± 2.0% of tdTomato+ cells versus 61.1 ± 11.5% of proliferating-zone chondrocytes, n = 3 mice), which demonstrates that Pthrp-creER specifically marks resting chondrocytes (Extended Data Fig. 3g). These PTHrP+ resting chondrocytes did not express Greml1 (Extended Data Fig. 3h). Subsequently, we traced the fate of PTHrP+ resting chondrocytes labelled on P6 (hereafter, PTHrP-creER-P6 cells) in vivo. After remaining within the resting zone at P12 (Fig. 2a; see also Extended Data Fig. 3g), PTHrP-creER-P6 cells first formed short columns (composed of <10 cells) (Fig. 2b, arrowhead) and subsequently formed longer columns (composed of >10 cells) that originated from the
resting zone, at around P18 (Fig. 2c, arrows). After a month of chase, PThrp\textsuperscript{P6}–P6 cells constituted the entire column from the resting zone to the hypertrophic zone (Fig. 2d). The number of tdTomato\textsuperscript{+} resting chondrocytes transiently increased during the first week of chase and decreased thereafter, owing to the formation of columnar chondrocytes (Fig. 2e). The number of short tdTomato\textsuperscript{+} columns peaked at P18 and decreased thereafter, whereas long tdTomato\textsuperscript{+} columns appeared at P18 and continued to increase until P36 (Fig. 2f). Thus, PThrp\textsuperscript{creER}\textsuperscript{+} resting chondrocytes stay within the resting zone for the first week, and establish columnar chondrocytes starting from the second week of chase. Analysis of PThrp\textsuperscript{creER};R26R tdTomato mice revealed that single PThrp\textsuperscript{creER}\textsuperscript{+} resting chondrocytes can give rise to multiple types of chondrocytes. Additional analysis of Col2a1-creER;R26R\textsuperscript{Confetti} mice further supported the existence of clonal cell populations (Extended Data Fig. 4a). Together, these findings support the notion that individual PThrp\textsuperscript{+} resting chondrocytes are multipotent and can clonally establish columnar chondrocytes in the growth plate.

To investigate whether PThrp\textsuperscript{creER}\textsuperscript{+} resting chondrocytes undergo self-renewing asymmetric divisions, we performed an EdU label-retention assay. Analysis of PThrp\textsuperscript{P6}–P6 cells with serial pulses of EdU revealed that, after three weeks of chase, these cells gradually diluted the EdU signal as they differentiated towards the hypertrophic zone (Fig. 2h). Further, PThrp\textsuperscript{PCE}–P6 cells in the resting zone expressed PThrp–mCherry, whereas those in the proliferating zone lost this expression (Fig. 2i). Therefore, PThrp\textsuperscript{creER}\textsuperscript{+} chondrocytes maintain themselves in the resting zone as PThrp\textsuperscript{+} cells and become the source of columnar chondrocytes in the growth plate, by providing the transit-amplifying progeny. Analysis of PThrp\textsuperscript{creER};R26R\textsuperscript{tdTomato} mice after being pulsed at various preceding pre-natal and early postnatal time points revealed that PThrp\textsuperscript{creER}\textsuperscript{+} chondrocytes started to be formed within the resting zone at embryonic day (E)17.5 (Extended Data Fig. 4b–e); a tamoxifen pulse on a later day laterally expanded the domain of tdTomato\textsuperscript{+} cells. However, once they were marked, tdTomato\textsuperscript{+} cells did not expand laterally upon further chase (Extended Data Fig. 4f,g), which indicates that PThrp\textsuperscript{+} resting chondrocytes are dedicated—at least to some degree—to making columnar chondrocytes longitudinally. Additional analysis of Dlx5-creER;R26R\textsuperscript{tdTomato} mice revealed that chondrocytes in the proliferating and hypertrophic zone could only form short columns (<10 cells) that eventually disappeared from the growth plate (Extended Data Fig. 5a–d), indicating that Dlx5\textsuperscript{creER}\textsuperscript{+} proliferating chondrocytes are not the source of columnar chondrocytes in the growth plate.

During an extended chase period, PThrp\textsuperscript{PCE}–P6 cells continued to form columnar chondrocytes within the growth plate for at least a year after the pulse (Fig. 3a–c for Col1a1(2.3kb)-GFP; Extended Data Fig. 6a–d for Cxcl12-GFP\textsuperscript{12}); the number of tdTomato\textsuperscript{+} columns in the growth plate gradually decreased until six months after the pulse, and reached a plateau thereafter (Fig. 3d). A majority of tdTomato\textsuperscript{+} columns extended beyond the hypertrophic layer and continued into the primary spongiosa and the metaphyseal bone marrow, an area beneath primary spongiosa and the metaphyseal bone marrow, an area beneath the primary ossification centre (Fig. 3e). These chondrocytes became Cxcl12–GFP\textsuperscript{+} cells. However, once they were marked, tdTomato\textsuperscript{+} columns extended beyond the hypertrophic layer and continued into the primary spongiosa and the metaphyseal bone marrow, an area beneath primary spongiosa and the metaphyseal bone marrow, an area beneath the primary ossification centre

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Fig. 2 | \(\text{Pthrp-creER}^+\) resting chondrocytes are the source of columnar chondrocytes. **a-d.** Cell-fate analysis of \(\text{Pthrp-creER}^+\) resting chondrocytes. \(\text{Col1a1(2.3kb)-GFP;Pthrp-creER;R26RtdTomato}\) (pulsed on P6) distal-femur growth plates. Arrowhead, short column (<10 cells); arrows, long columns (>10 cells). Scale bars, 200 μm. **f.** Quantification of \(\text{tdTomato}^+\) cells in resting zone (red line) (\(\text{e}\)) and columns in growth plate, short columns (<10 cells, green line) and long columns (>10 cells, blue line) (\(\text{f}\)). \(n=5\) (P9), \(n=3\) (P12–P36) mice per group; data are presented as mean \(\pm\) s.d. **g.** In vivo clonal analysis of \(\text{Pthrp-creER}^+\) resting chondrocytes. \(\text{Pthrp-creER;R26RConfetti}\) distal-femur growth plates (pulsed on P6, P7 and P8). 4-OHT, 4-hydroxytamoxifen. Scale bars, 50 μm. 

We next performed a colony-forming assay to test whether \(\text{Pthrp-creER}^+\) resting chondrocytes behave as skeletal stem cells in cultured conditions\(^{14,15}\). \(\text{PTHrPCE-P6}\) cells formed distinct and large \(\text{tdTomato}^+\) osteoblasts increased for the first three months of chase; subsequently, the number of \(\text{Col1a1(2.3kb)-GFP}^+\) \(\text{tdTomato}^+\) osteoblasts decreased, whereas the number of \(\text{Cxcl12}^+\) \(\text{GFP}^+\) \(\text{tdTomato}^+\) stromal cells reached a plateau (Fig. 3e). These cells did not become bone marrow adipocytes in the presence of a high-fat diet that contained a PPAR-\(\gamma\) agonist rosiglitazone (LipidTOX, Fig. 3f). Therefore, a subset of \(\text{Pthrp-creER}^+\) resting chondrocytes can continue to reproduce themselves within the resting zone in the long term; their descendants first differentiate into hypertrophic chondrocytes within the growth plate, and then become multiple types of cells beyond the growth plate, such as osteoblasts and bone marrow stromal cells—but not adipocytes—in vivo. 

Lastly, we set out to investigate the functional importance of \(\text{PTHrP}^+\) resting chondrocytes. Inducible cell ablation experiments using \(\text{Pthrp-creER;R26tdTomato}^+\) (control) and \(\text{Pthrp-creER;R26tdTomato}^+\text{dtTA}\) (hereafter, DTA) littermates revealed that \(\text{Pthrp-creER}^+\) cells were only incompletely ablated; \(\text{tdTomato}^+\) resting chondrocytes and columns were still observed in the induced tissue of DTA mice (Fig. 5a). Nonetheless, the height of each layer of the growth plate was altered in the induced tissue of DTA mice, in which the proliferating zone was significantly reduced in association with the
significant expansion of the hypertrophic and resting zones (Fig. 5c). Therefore, partial loss of PTHrP+ cells in the resting zone is sufficient to alter the integrity of the growth plate by inducing premature hypertrophic differentiation of chondrocytes in the proliferating zone.

Moreover, global manipulation of Hedgehog (Hh) signalling using Smo agonist (SAG) and antagonist (LDE225) in Pthrp-creER;R26RtdTomato mice pulsed on P6 revealed that these regimens predominantly affected chondrocytes in the proliferating zone, without directly affecting PTHrP+P6 cells in the resting zone (Extended Data Fig. 8a–c). Both regimens resulted in a significantly reduced number of tdTomato+ columns (Fig. 5d; see also Extended Data Fig. 8d–k), indicating that uninterrupted Hh signalling is essential to maintaining the proper cell fates of PTHrP+ resting chondrocytes. Pthrp-creER+ cells directly differentiated into Col1a1(2.3kb)–GFP+ osteoblasts in response to micro-perforation injury (Extended Data Fig. 8l, m), which indicates that PTHrP+ skeletal stem cells lose their physiological fate in the absence of an intact proliferating zone.

Here we identified that the resting zone of the growth plate houses a unique class of skeletal stem cells, the transit-amplifying progeny of which are lineage-restricted as chondrocytes that exhibit multipotency longitudinally, and appear to derive from PTHrP+ cells (Extended Data Fig. 9a, b). Both these stem cells are highly hierarchical; approximately 2–3% of these cells acquire a unique class of skeletal stem cells, the transit-amplifying progeny of which are lineage-restricted as chondrocytes that exhibit multipotency longitudinally, and appear to derive from PTHrP+ cells (Extended Data Fig. 9a, b). Both these stem cells are highly hierarchical; approximately 2–3% of these cells acquire

Fig. 3 | Pthrp-creER+ resting chondrocytes behave as skeletal stem cells in vivo. a–c, Long-chase analysis of Pthrp-creER+ resting chondrocytes. Col1a1(2.3kb)–GFP;Pthrp-creER;R26RtdTomato distal femurs (pulsed on P6). In a, b, the bottom panel shows a magnified view of marrow space (white box in top panel). Arrowheads, Col1a1(2.3kb)–GFP+tdTomato+ osteoblasts; asterisks, tdTomato+ reticular stromal cells. Grey, DAPI and DIC. Scale bars, 500 μm (top panels), 50 μm (bottom panels). n = 3 mice per group, except in b, n = 1 mouse. d, Quantification of tdTomato+ columns in growth plate (red line) during the chase. n = 8 (1 month, 2 months), n = 6 (3 months, 6 months), n = 11 (12 months) mice per group, data are presented as mean ± s.d. e, Quantification of Col1a1(2.3kb)–GFP+tdTomato+ osteoblasts (blue line) and Cxcl12–GFP+tdTomato+ stromal cells (green line) in distal bone and bone marrow (dBM, up to 3 mm from the growth plate) during the chase. n = 3 (1 month, 2 months, 3 months for Col1a1(2.3kb)–GFP and Cxcl12–GFP, 6 months for Cxcl12–GFP), n = 2 (12 months for Cxcl12–GFP) mice per group, data are presented as mean ± s.d., n = 1 (6 months for Col1a1(2.3kb)–GFP).

Fig. 4 | Skeletal stem cell activities of Pthrp-creER+ resting chondrocytes ex vivo. a, Colony-forming assay and subsequent passaging of individual PTHrPCE–tdTomato+ colonies. Inset, magnified view of single colony. Red, tdTomato. Scale bars, 5 mm, 1 mm (inset). LT-SSCs, long-term skeletal stem cells. n = 98 independent experiments. b, Trilineage differentiation of PTHrPCE–tdTomato+ clones (passage 4 to 7). Chondrogenic (left), osteogenic (centre) and adipogenic (right) differentiation conditions. Insets, differentiation-medium negative controls. ITS, insulin–transferrin–selenium, OM, osteogenic differentiation medium. Four independent clones were tested. c, Subcutaneous transplantation of PTHrPCE–tdTomato+ clones into immunodeficient mice. Dotted line, contour of the plug. Grey, DIC. Scale bars, 1 mm. n = 8 mice.
plate, which implies a reciprocal interaction between the stem cells and their progeny. We assume that PTHrP−/− short-term precursors are the principal driver for extensive bone growth that occurs during postnatal development, reminiscent of a model proposed for haematopoietic stem cells. It is possible that PTHrP+ skeletal stem cells are mainly involved in the long-term maintenance of skeletal integrity, although further details need to be clarified.

**Data availability**

Source Data are provided in the online version of the paper. The datasets generated during and/or analysed during the current study are available in Dryad Digital Repository (https://doi.org/10.5061/dryad.3qq5bm7).

**Online content**

Any methods, additional references, Nature Research reporting summaries, source data, statements of data availability and associated accession codes are available at https://doi.org/10.1038/s41586-018-0662-5.

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**Author contributions** K.M. and N.O. conceived the project and designed the experiments; K.M. and N.O. performed the mouse genetic experiments with assistance from W.O., N.S. and A.T., who performed genotyping; K.M. performed cell culture experiments; K.M. and N.O. performed flow cytometry experiments and imaging analysis; K.M. and N.O. performed histological experiments and imaging analysis; Y.M. performed the surgery and cell transplantation; K.M. and N.O. analysed the data; N.O. supervised the project; T.L.S. generated the mice; T.N. performed cell culture experiments; T.N. and H.M.K. provided the mice; K.M. and N.O. wrote the manuscript; T.N., W.O. and H.M.K. analysed the data; N.O. supervised the project; T.L.S. generated the mice; T.N. performed cell culture experiments; K.M. and N.O. performed the mouse genetic experiments with assistance from W.O., N.S. and A.T., who performed genotyping; K.M. performed cell culture experiments; K.M. and N.O. performed flow cytometry experiments and imaging analysis; Y.M. performed the surgery and cell transplantation; K.M. and N.O. analysed the data; N.O. supervised the project; T.L.S. generated the mice; T.N. provided the mice; K.M. and N.O. wrote the manuscript; T.N., W.O. and H.M.K. reviewed the manuscript.

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**Additional information**

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Extended Data Fig. 1 | Generation and characterization of Pthrp-mCherry knock-in allele. a, CRISPR–Cas9 generation of Pthrp-mCherry knock-in allele. Structure of the genomic Pthrp locus, targeting vector and knock-in allele after homologous recombination. White boxes, untranslated region; black boxes, coding region; ex, exon. Blue bars, homology arms; red bars, guide RNAs (gRNAs) as part of CRISPR–Cas9 reagents; red boxes, Kozak-mCherry-bGHpA cassette replacing the native start codon. Half arrows, primers; wild-type forward (289), wild-type reverse (290) and mutant reverse (291). Bottom, PCR genotyping using 289, 290 and 291 primer mix; wild-type (WT) allele, 185 bp; knock-in (KI) allele, 385 bp. At least $n = 100$ independent experiments with similar results. b, Pthrp$^{mCherry/+}$ fetal distal femurs with EdU administration shortly before analysis (3 h). Bottom panels show magnified views of perichondrium. Dotted lines, borders of bone anlage. Grey, DAPI and DIC. Scale bars, 200 μm (top panels), 100 μm (bottom panels). $n = 2$ (E13.5, E15.5) mice, $n = 1$ (α-Sox9) mouse. c, Pthrp$^{mCherry/+}$ distal-femur growth plates with EdU administration shortly before analysis (3 h). Bottom panels show magnified views of central growth plates. Arrowheads, mCherry$^+$ cells. Grey, DAPI and DIC. Scale bars, 200 μm (top panels), 50 μm (bottom panels).
Extended Data Fig. 2 | Skeletal stem and progenitor cell-marker expression in PTHrP–mCherry+ resting chondrocytes. a, Flow cytometry analysis of Pthrp<sup>mCherry+</sup> growth-plate cells (top panels) and bone-marrow cells (bottom panels). n = 8 mice for Pthrp<sup>mCherry+</sup> and n = 3 mice for Pthrp<sup>+/-</sup>, data are presented as mean ± s.d. b, Flow cytometry analysis of Col1a1(2.3kb)-GFP;Pthrp<sup>mCherry+</sup> growth-plate cells. n = 5 mice per group, data are presented as mean ± s.d. c, Skeletal stem and progenitor cell-surface-marker analysis of Pthrp<sup>mCherry+</sup> growth-plate cells. Unstained, Pthrp<sup>+/-</sup> cells only stained for CD45, Ter119 and CD31; mCherry<sup>-</sup>, mCherry<sup>-</sup> fraction of Pthrp<sup>mCherry+</sup> cells; mCherry<sup>+</sup>, mCherry<sup>+</sup> fraction of Pthrp<sup>mCherry+</sup> cells. Magenta box, CD45<sup>-</sup>Ter119<sup>-</sup>CD31<sup>-</sup>CD51<sup>-</sup>CD90<sup>-</sup>mCherry<sup>+</sup> fraction. n = 3 mice for Pthrp<sup>mCherry+</sup>, data are presented as mean ± s.d. d, Composition of CD45<sup>-</sup>Ter119<sup>-</sup>CD31<sup>-</sup>mCherry<sup>+</sup> growth-plate cells. n = 3 mice per group, data are presented as mean ± s.d. e, Percentage of mCherry<sup>+</sup> cells among mSSCs (left, CD105<sup>-</sup>CD200<sup>-</sup>), pre-BCSPs (centre, CD105<sup>-</sup>CD200<sup>-</sup>) and BCSPs (right, CD105<sup>-</sup>) gated under CD45<sup>-</sup>Ter119<sup>-</sup>CD31<sup>-</sup>CD51<sup>-</sup>CD90<sup>-</sup> fraction. n = 3 mice per group, data are presented as mean ± s.d.
Extended Data Fig. 3 | See next page for caption.
Extended Data Fig. 3 | Generation and characterization of Pthrp-creER bacterial artificial chromosome transgenic line. a, Generation of Pthrp-creER bacterial artificial chromosome (BAC) transgenic mice. Structure of the Pthrp-creER-WPRE-rGHpA BAC construct. Kozak-Pthrp-creER-WPRE-rGHpA-frt-NeoR-frt cassette containing 62-bp homology arms was recombineered into a BAC clone RP23-27F7 containing 131-kb upstream and 82-kb downstream genomic sequences of the Pthrp gene. NeoR and backbone lox sites were removed before pronuclear injection. Half arrows, forward (62) and reverse (63) primers. Right, PCR genotyping using 62 and 63 primer mix; transgenic (Tg), 373 bp. White boxes, exons; black boxes, introns. At least n = 100 independent experiments with similar results. b, Short-chase analysis of Pthrp-creER;R26R R26RZsGreen;PthrpmCherry distal-femur growth plates (pulsed on P6). Scale bars, 50 μm. n = 3 mice. c–e, Short-chase flow cytometry analysis of Pthrp-creER;R26R ZsGreen;PthrpmCherry growth-plate cells, with tamoxifen injection at 72 h (c, e) or 22 h (d) in advance. Red lines, ZsGreen+ cells; blue lines, control cells without PTHrP–mCherry. n = 5 mice (72 h) or n = 3 mice (22 h) per group. f, Percentage of CD105+ cells within mCherry+ (red) and ZsGreen+ (green) cells. n = 5 mice per group, data are presented as mean ± s.d., *P = 0.012, Mann–Whitney’s U-test, two-tailed. f, Pthrp-creER;R26R tdTomato distal-femur growth plates (pulsed on P6) at P9. EdU (50 μg) was serially injected 9 times at 8-h intervals between P6 and P9. Grey, DIC. Scale bars: 50 μm. n = 3 mice. g, Scanning of Pthrp-creER;R26R tdTomato whole femur (pulsed on P6) at P12. Arrow, tdTomato+ cells localized within the resting zone of distal femur. Grey, DAPI and DIC. Scale bars, 1 mm. n = 3 mice. h, High sensitivity in situ hybridization (RNAscope) analysis of Pthrp-creER;R26R tdTomato distal-femur growth plates (pulsed on P6) at P12. Top and bottom panels represent the identical section, before (bottom panels) and after (top panels) hybridization. Left panels, Col2a1 (positive control); centre panels, Grem1; right panels, negative control. Grey, DAPI and DIC. Scale bars, 200 μm. n = 3 independent experiments.
Extended Data Fig. 4 | PTHrP+ resting chondrocytes are functionally dedicated to columnar chondrocyte formation. a, In vivo clonal analysis of Col2a1-creER+ growth-plate chondrocytes. Col2a1-creER;R26RConfetti distal-femur growth plates (pulsed on P6, P7 and P8). Scale bars, 50 μm. n = 2 mice. b–e, Col1a1(2.3kb)-GFP;Pthrp-creER;R26RtdTomato distal-femur growth plates, shown at P9 after being pulsed at various preceding time points. Yellow double-headed arrows, tdTomato+ domain within the resting zone. Grey, DAPI and DIC. Scale bars, 200 μm. n = 3 mice per group. f, g, Cxcl12-GFP;Pthrp-creER;R26RtdTomato distal-femur growth plates, shown at P36 after being pulsed on P0 (f) and P6 (g). Yellow double-headed arrows in f, g indicate the same width as those shown in d, e. Grey, DAPI and DIC. Scale bars, 200 μm. n = 3 mice per group.

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Extended Data Fig. 5 | Dlx5-creER\(^{+}\) proliferating chondrocytes are not the source of columnar chondrocytes. a–d, Cell-fate analysis of Dlx5-creER\(^{+}\) proliferating chondrocytes. Dlx5-creER;R26\(^{R}\)tdTomato\(^{\text{int}}\) distal-femur growth plates (pulsed on P7). b, EdU (200 \(\mu\)g) was serially injected 6 times at 8-h intervals, between P7 and P9. Arrows, EdU\(^{+}\)tdTomato\(^{+}\) cells; arrowheads, short columns (<10 cells). Grey, DAPI and DIC. Scale bars, 200 \(\mu\)m (left panels), 50 \(\mu\)m (right panel). \(n=3\) mice at each time point.
Extended Data Fig. 6 | Pthrp-creER<sup>+</sup> resting chondrocytes are precursors for bone marrow reticular stromal cells. Cxcl12-GFP, Pthrp-creER, R26R<sup>tdTomato</sup> distal femurs (pulsed on P6). a–d, Bottom panels show magnified views of the dotted areas beneath growth plates. Arrows, Cxcl12<sup>+</sup>GFP<sup>+</sup>tdTomato<sup>+</sup> reticular stromal cells. e, Magnified view of the junction between hypertrophic layer and primary spongiosa. Arrow, Cxcl12<sup>+</sup>GFP<sup>+</sup>tdTomato<sup>+</sup> reticular stromal cells immediately below the hypertrophic zone. 1°S: primary spongiosa. f, Magnified view of the metaphyseal bone marrow. Mice were fed with high-fat diet containing rosiglitazone between P56 and P97. Grey, DAPI and DIC. Scale bars, 500 μm (a–d, f), 100 μm (e), 50 μm (bottom panels of a–c), 20 μm (bottom panel of d, right panel of e). n = 3 mice for each group, except n = 2 mice for P365.
Extended Data Fig. 7 | Pthrp-creER+ resting chondrocytes uniquely possess colony-forming capabilities ex vivo. a, Diagram of colony-forming assay. Growth-plate cells were isolated from Pthrp-creER;R26RtdTomato (pulsed on P6) or Dlx5-creER;R26RtdTomato (pulsed on P7) mice at P9, and cultured at a clonal density (~1,000 cells per cm²) for 10–14 days to initiate colony formation. BM, bone marrow. b, Colony-forming assay. Left top, Pthrp-creER;R26RtdTomato; right, Dlx5-creER;R26RtdTomato. Insets 1, 2 and 3 show magnified views of the corresponding areas (labelled with 1, 2, 3). Bottom left, Sox9 staining of primary Pthrp-creERtdTomato+ colonies. Red, tdTomato. Scale bars, 5 mm (top panels), 1 mm (top panel insets), 200 μm (bottom panel). n = 88 mice for Pthrp-creER;R26RtdTomato, n = 5 for Dlx5-creER;R26RtdTomato. c, Quantification of tdTomato+ colonies (>50 cells) established from Pthrp-creER;R26RtdTomato (n = 88) and Dlx5-creER;R26RtdTomato (n = 5) mice. Data are presented as mean ± s.d. d, Diagram of colony-forming assay and subsequent analyses on self-renewal, trilineage differentiation and transplantation of individual colony-forming cells. e, Isolation of single PTHrPCE–tdTomato+ colonies and subsequent subculture of isolated clones. A, exhausting clone; B, self-renewing clone establishing secondary colonies. Right, clone B did not proliferate at passage 2 upon bulk culture. Red, tdTomato. Scale bars, 5 mm. n = 518 independent experiments. f, Subcutaneous transplantation of PTHrPCE–tdTomato+ clones into immunodeficient mice. n = 8 mice.
Extended Data Fig. 8 | See next page for caption.
Extended Data Fig. 8 | *Pthrp-creER*<sup>+</sup> resting chondrocytes form columnar chondrocytes in a Hedgehog-responsive, niche-dependent manner. 

**a–i.** Pharmacological manipulation of Hedgehog signalling. *Pthrp-creER;R26R<sup>tdTomato</sup>* distal-femur growth plates (pulsed on P6). Left panels, vehicle control; centre panels, SAG (Hh agonist)-treated samples; right panels, LDE225 (Hh antagonist)-treated samples. Grey, DAPI and DIC. Scale bars, 200 μm. 

**j, k.** Quantification of tdTomato<sup>+</sup> columns in *Pthrp-creER;R26R<sup>tdTomato</sup>* distal-femur growth plates (pulsed on P6). P17, *n* = 5 (control), *n* = 5 (SAG), *n* = 4 (LDE225) mice per group. P28, *n* = 4 (control), *n* = 3 (LDE225) mice per group. Data are presented as mean ± s.d. P17 control versus SAG, mean difference = 67.8, 95% confidence interval (37.5, 98.1); P17 control versus LDE225, mean difference = 66.0, 95% confidence interval (33.9, 98.0); P17 SAG versus LDE225, mean difference = −1.85, 95% confidence interval (−33.9, 30.2); P28 control versus LDE225, mean difference = 134.5, 95% confidence interval (108.7, 160.3). One-way ANOVA followed by Tukey’s multiple comparison test. **l, m.** Micro-perforation injury of growth plates. *Col1a1(2.3kb)-GFP;Pthrp-creER;R26R<sup>tdTomato</sup>* distal femurs (pulsed on P6) at P28. Micro-perforation surgery was performed at P21. **l,** Left femur growth plate (control). **m,** Right femur growth plate (micro-perforated). Dotted line, micro-perforated area. Grey, DAPI and DIC. Scale bars, 100 μm. *n* = 3 mice.
Extended Data Fig. 9 | Resting zone of the growth plate contains a unique class of skeletal stem cells. **a**, Formation of PTHrP $^+$ skeletal stem cells within the growth plate. A small subset of PTHrP $^+$ chondrocytes in the resting zone acquire properties as long-term skeletal stem cells in conjunction with the formation of the highly vascularized secondary ossification centre. **b**, PTHrP $^+$ skeletal stem cells are heterogeneously composed of long-term, short-term and transient populations, and undergo asymmetric divisions and maintain themselves within the resting zone. These cells may be supplemented by PTHrP $^-$ cells. PTHrP $^+$ cells perform two different functions: (1) these cells differentiate into proliferating chondrocytes, hypertrophic chondrocytes and eventually become osteoblasts and bone marrow stromal cells at the post-mitotic stage. (2) These cells send a forward signal (PTHRP) to control chondrocyte proliferation and differentiation. Indian hedgehog (Ihh) secreted by hypertrophic chondrocytes maintains the proliferation of chondrocytes and formation of columnar chondrocytes.
Extended Data Fig. 10 | Absence of tamoxifen-independent recombination in Pthrp-creER line. a, No tamoxifen controls of Pthrp-creER;R26RtdTomato mice at 6 months (left) and 1 year (right) of age. Red, tdTomato; blue, DAPI; grey, DIC. Scale bars, 500 μm. n = 3 mice per group. b, No tamoxifen controls of primary colonies (passage 0) isolated from Pthrp-creER;R26RtdTomato mice at P12 without tamoxifen injection. Left, methylene blue (MB) staining; right, red tdTomato (TOM). Scale bar, 5 mm. n = 3 mice. c, Dose–response curve of recombination based on Pthrp-creER. Quantification of tdTomato+ cells in resting zone at P9 in Pthrp-creER;R26RtdTomato mice upon a single dose of tamoxifen at P6. x axis, dose of tamoxifen (μg); y axis, the number of tdTomato+ cells per 1-mm thickness. n = 3 (0, 31.3 and 62.5 μg), n = 4 (15.6, 125, 250 and 500 μg) mice per group, data are presented as mean ± s.d. d, Tamoxifen-induced recombination in growth plates pulsed on P9. Pthrp-creER;R26RtdTomato distal-femur growth plates at P12 (left) and Col1a1(2.3kb)-GFP; Pthrp-creER;R26RtdTomato mice at P21 (right). Tamoxifen (500 μg) was injected at P9. Green, Col1a1(2.3kb)–GFP; red, tdTomato; grey, DAPI and DIC. Scale bars, 200 μm. n = 3 mice.
Reporting Summary

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Statistical parameters

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- An indication of whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
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- State explicitly what error bars represent (e.g. SD, SE, CI)

Our web collection on statistics for biologists may be useful.

Software and code

Policy information about availability of computer code

Data collection: ZEN 2 (blue edition, ZEISS), FACSDiva v8.0.1 (BD)

Data analysis: Image J (NIH), FlowJo 9.3.3 (TreeStar), GraphPad Prism 5.0

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors/reviewers upon request. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research guidelines for submitting code & software for further information.

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Policy information about availability of data

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:
- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

The figure source data were provided in the supplementary information file. The datasets generated during and/or analyzed during the current study are available in Dryad Digital Repository (https://datadryad.org) with the identifier doi:10.5061/dryad.3qq5bm7.
Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

**Sample size**
No statistical method was used to predetermine sample size. We chose the numbers of mice to study based on our prior experience that give good standard errors of the mean and good statistics to make it unlikely that we miss a biologically important difference between groups.

**Data exclusions**
Some of the data were excluded from the study because of the pre-established criteria such as problems or failures in identifying correct genotypes or birth dates, and issues unrelated to the intervention of the study such as spontaneous malnutrition. In any case, we consistently used littermate controls with corresponding genotypes in analysis.

**Replication**
For all data presented in the manuscript, we examined at least three independent biological samples (three different mice) to ensure the reproducibility. For each series of the experiments, all attempts at replication were successful.

**Randomization**
The experiments were not randomized. We used all the available mice of the desired genotypes. Mice were allocated to particular groups based on results of PCR-genotyping typically performed around one week after birth. Covariates were controlled by considering multiple factors, such as genotypes and general phenotypical data (i.e. body weight). On principle, we did not observe any particular difference among groups.

**Blinding**
The investigators were not blinded to allocation during experiments and outcome assessment because it was impossible due to following reasons: samples were allocated to particular groups before experiments were initiated based on genotyping results, and given unique identifiers highlighting groups throughout experiments i.e. housing in cages, tissue collections, sample preparation and data acquisition. However, we did not pay particular attention to groups when we were measuring and counting.

Reporting for specific materials, systems and methods

**Materials & experimental systems**

| n/a | Involved in the study |
|-----|-----------------------|
|     | Unique biological materials |
|     | Antibodies |
|     | Eukaryotic cell lines |
|     | Palaeontology |
|     | Animals and other organisms |
|     | Human research participants |

**Methods**

| n/a | Involved in the study |
|-----|-----------------------|
|     | ChIP-seq |
|     | Flow cytometry |
|     | MRI-based neuroimaging |

**Unique biological materials**

Policy information about availability of materials

Obtaining unique materials

There is no restriction on availability of unique materials (genetically engineered mice) used for this study. These mice will be deposited at a repository upon publication.

**Antibodies**

| Antibodies used |
|-----------------|
| Thermofisher/eBioscience |
| eFlour450-conjugated CD31 (390, Cat# 48-0311-82, Lot# 4301770) |
| eFlour450-conjugated CD45 (30F-11, Cat# 48-0451-82, Lot # 4295770) |
| eFlour450-conjugated Ter119 (TER-119, Cat# 48-5921-82, Lot# 4295840) |
| Fluorescein isothiocyanate (FITC)-conjugated CD90.2 (30-H12, Cat# 11-0903-81, Lot# E00428-1634) |
| Phycoerythrin (PE)-conjugated CD51 (RMV-7, Cat# 12-0512-81, Lot# E01293-1633) |
| Allophycocyanin (APC)-conjugated CD105 (MJ7/18, Cat# 17-1051-80, Lot# 24407-101) |
| Peridinin chlorophyll protein complex (PerCP)-eFlour710-conjugated CD200 (OX90, Cat# 46-5200-80, Lot# 4298110). |
**Validation**

More detailed information about these antibodies is available on these manufacturers’ websites.

**Animals and other organisms**

Policy information about studies involving animals: ARRIVE guidelines recommended for reporting animal research

**Laboratory animals**

We used genetically modified mice (Mus musculus) for this study. Most of the mouse lines have been backcrossed to a C57/BL6 background. We used female breeder mice in a FVB/N background. Mice with both sexes were used throughout their lifespan (up to 2 years of age). Mouse strains used in the study were as follows: PTHrP-creERT2-WPRE, PTHrP-mCherry/null, Cxcl12-GFP/null, Col1a1(2.3kb)-GFP (JAX011314), Dlx5-creERT2 (JAX006774), Rosa26-CAG-loxP-stop-loxP-tmTomato (A14: R26R-tmTomato, JAX007914), Rosa26-CAG-loxP-stop-loxP-ZsGreen (A6b: R26R-ZsGreen, JAX007906), Rosa26-SA-loxP-stop-loxP-DTA (ROSA-DTA, JAX009669) and Rosa26-CAG-loxP-stop-loxP-Confetti (R26R-Confetti, JAX013731), NOD scid gamma (NSG) (JAX005557).

**Wild animals**

N/A

**Field-collected samples**

N/A

**Flow Cytometry**

**Plots**

- The axis labels state the marker and fluorochrome used (e.g. CD4-FITC).
- The axis scales are clearly visible. Include numbers along axes only for bottom left plot of group (a ‘group’ is an analysis of identical markers).
- All plots are contour plots with outliers or pseudocolor plots.
- A numerical value for number of cells or percentage (with statistics) is provided.

**Methodology**

**Sample preparation**

Distal epiphyses of femurs were manually dislodged, and attached soft tissues and woven bones were carefully removed using forceps. Dissected epiphyses were incubated with 2 Wunsch units of Liberase TM (Roche) in 3ml Ca2+, Mg2+-free Hank’s Balanced Salt Solution (HBSS, Sigma H6648) at 37°C for 60 min on a shaking incubator (ThermomixerR, Eppendorf). After this initial digestion, remaining surrounding soft tissues, including perichondrium and hypertrophic layers, were removed by rolling epiphyses over sterile paper towels (Scott C-fold towels, Kimberly-Clark) for several times. Articular cartilage and secondary ossification centers were subsequently removed. Dissected growth plates were minced using a disposable scalpel (No.15, Graham-Field), and further incubated with Liberase TM at 37°C for 60 min on a shaking incubator. Cells were mechanically triturated using an 18-gauge needle and a 1ml Luer-Lok syringe (BD), and filtered through a 70μm cell strainer (BD) into a 50ml tube on ice to single cell suspension. After washing, tissue remnants were incubated with Liberase TM at 37°C for 60 min on a shaking incubator, and cells were filtered into the same tube. Cells were pelleted and resuspended in appropriate medium for flow cytometry.

**Instrument**

BD LSR Fortessa (BD Biosciences)

**Software**

FACSDiva v8.0.1 (BD) & FlowJo 9.3.3 (TreeStar) software

**Cell population abundance**

N/A

**Gating strategy**

Single cells were first gated using FSC and SSC denominators. Only CD45 negative fraction was gated and analyzed. Negative ‘unstained’ control samples were always used as a reference to determine the demarcation between the positive and negative populations.

Tick this box to confirm that a figure exemplifying the gating strategy is provided in the Supplementary Information.