Development and Evaluation of a Real-Time Reverse Transcription-PCR Assay for Quantification of Gamma Interferon mRNA To Diagnose Tuberculosis in Multiple Animal Species

Noel P. Harrington,1,2* Om P. Surujballi,1 W. Ray Waters,3 and John F. Prescott2

Canadian Food Inspection Agency, Ottawa Laboratory Fallowfield, Ottawa, Ontario, Canada1; Department of Pathobiology, University of Guelph, Guelph, Ontario, Canada2; and National Animal Disease Center, United States Department of Agriculture, Ames, Iowa3

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Tuberculosis of free-ranging and captive wildlife, including species implicated in the maintenance and transmission of Mycobacterium bovis, is a difficult disease to diagnose and control. Historically, diagnosis of tuberculosis has relied largely upon assays of cell-mediated immunity (CMI), such as tuberculin skin testing. This approach, however, is problematic or impractical for use with many wildlife species. Increasingly, in vitro diagnostic tests, including gamma interferon (IFN-γ)-based assays, are replacing or complementing skin testing of cattle and humans. Analogue assays are unavailable for most wildlife because of a lack of species-specific immunological reagents. This report describes the development and validation of a whole-blood assay to quantify antigen-specific IFN-γ mRNA expression by quantitative real-time reverse transcription-PCR. Oligonucleotide primers and probes were designed and tested for reactivity towards several susceptible species of interest with respect to tuberculosis infection. The assay was subsequently optimized to quantify the IFN-γ mRNA expression in elk and red deer (Cervus elaphus) and was evaluated for its ability to detect mycobacterial antigen-specific responses of experimentally tuberculosis-infected animals. The assay was a simple, rapid, and sensitive measure of antigen-specific CMI. The IFN-γ mRNA responses correlated well with IFN-γ protein production and showed performance in determining an animal’s infection status superior to that of either lymphocyte proliferation or IFN-γ protein enzyme-linked immunosorbent assay methods. An additional advantage is the ease with which the assay can be modified to reliably quantify IFN-γ expression by using consensus sequences of closely related species or of other species for which IFN-γ sequence information is available.

Mycobacterium bovis, the etiological agent of bovine tuberculosis (TB), has an extraordinarily broad mammalian host range that includes humans, domestic livestock, and wildlife. Globally, several wildlife species have been implicated in the maintenance and transmission of M. bovis: the badger (Meles meles) in Great Britain and Ireland (1), the brush-tailed possum (Trichosurus vulpecula) in New Zealand (2), white-tailed deer (Odocoileus virginianus) in Michigan (28), elk (Cervus elaphus) in Manitoba, Canada (17), and buffalo (Syncerus caffer) and kudu (Tragelaphus strepsiceros) in southern Africa (15). These wildlife hosts are difficult to control, and the transmission of M. bovis to domestic livestock may result in regulatory action, movement restrictions, or isolation of infected individuals and may become a significant barrier to the success of national eradication and control programs. Transmission among free-ranging and captive wildlife also creates problems in the management of zoological collections; the risk of infection to other valuable animals is increased, directly affecting the value of the collection, and in some cases, the value of tourism or related economic benefits to a country (15).

New control strategies that address wildlife reservoirs are required to eradicate bovine TB worldwide. An accurate assay for the antemortem detection of M. bovis-infected wildlife would serve as a useful surveillance tool for establishing disease prevalence in free-ranging as well as captive wildlife and would be beneficial for any future eradication or vaccination programs. Historically, the tuberculin skin test, which involves intradermal injection of M. bovis tuberculin purified protein derivative (PPD), with the subsequent detection of swelling delayed-type hypersensitivity at the site of injection 3 days later has been the standard method of TB detection for domestic cattle, but it has numerous disadvantages (16) and is impractical for wildlife.

To overcome limitations associated with skin testing, efforts have been directed at developing alternative blood-based in vitro assays for TB detection. Although serological assays have advantages in terms of logistics, lower cost, and ease of application, to date, no assay detecting circulating antibody to M. bovis has shown adequate sensitivity or specificity suitable for routine diagnostic use (3). Since M. bovis is an intracellular pathogen, diagnostic assays based on the conserved cell-mediated immune (CMI) response have shown greater promise for detecting a spectrum of M. bovis-infected animals. The lymphocyte proliferation assay (LPA) was the first-reported in vitro correlate of the in vivo delayed-type hypersensitivity response from M. bovis-infected animals (20) and was shown to be more sensitive than serological assays for a variety of species (31). Such proliferation assays, however, are generally re-
garded as unsuitable outside research applications because of requirements for expensive equipment, long incubation periods in complex tissue culture media, and the use of radioactive nucleotides and because they may also measure B-lymphocyte proliferation.

The discovery of the role of T-lymphocytes and gamma interferon (IFN-γ) in the immune response to TB has led to the development of cytokine assays for reactivity of cattle and humans to *M. bovis* (25) and *Mycobacterium tuberculosis* (5), respectively. The IFN-γ cytokine produced by sensitized T-lymphocytes is an essential component of the immune response to many intracellular pathogens via its effect on macrophage activation, inducing the release of mycobactericidal nitric oxide synthase and increasing the expression of major histocompatibility complex class I and class II molecules (6).

Current IFN-γ assays are based on the detection and quantification of IFN-γ protein (by enzyme-linked immunosorbent assay [ELISA] (35) or enzyme-linked immunospot assay (12)] that is released from antigen-sensitized lymphocytes following overnight incubation with mycobacterial antigen (e.g., PPD). Importantly, IFN-γ is not consumed during short-term culture and its production correlates with results of lymphocyte blastogenesis assays and tuberculin skin tests (10). The IFN-γ assays, having undergone extensive trials worldwide, are replacing or complementing skin testing in cattle and humans (4, 21).

Analogous assays to detect cytokine expression at the protein level for many nonagricultural animal species are unavailable because of a lack of species-specific immunological reagents. Consequently, cytokine research and associated applications have been severely hampered for wildlife and non-traditional domestic species and, thus, new cellular and molecular immunological approaches are required. The detection of mRNA is an alternative method of demonstrating cytokine induction. Recently, the reverse transcription (RT) of mRNA has become the method of choice for the rapid analysis and quantified RT-PCR (qRT-PCR) of cytokine mRNA for humans and other mammalian species (18). This technique requires only knowledge of the gene sequence, and specific reagents (primers/probes) can be made rapidly in the laboratory or purchased. Several genes, including IFN-γ gene, have been cloned and sequenced for a variety of nontraditional domestic and wildlife species (29). The quantification of IFN-γ mRNA levels therefore provides an alternative approach to IFN-γ protein-based assays for the detection of *M. bovis*-infected animals (27). Such an in vitro assay would be particularly useful for wildlife species, as it would require only a single handling event.

This report describes the development and validation of a simple, rapid, and reliable whole-blood assay to quantify antigen-specific IFN-γ mRNA expression from several TB-susceptible target species by qRT-PCR. The ability of the assay to detect mycobacterial antigen-specific responses of experimentally TB-infected *Cervus elaphus*, a significant reservoir host species for *M. bovis* in Canada (17), was subsequently evaluated. Diagnostic performance was compared with the LPA and a recently available commercial ELISA for cervid IFN-γ protein. A secondary objective was to evaluate the kinetics of, and the effect of skin testing on, the cervid CMI response as tested by current diagnostic tests. These findings may lead to modifications in current testing protocols that improve the detection efficiency for infected wildlife.

**MATERIALS AND METHODS**

**Experimental design, blood collection, and animals.** The first objective of this study was to develop a qRT-PCR assay of IFN-γ mRNA expression that could be used for several species of interest with respect to detecting TB infection, including cattle (*Bos taurus*), sheep (*Ovis aries*), goat (*Capra hircus*), white-tailed deer (*Odocoileus virginianus*), reindeer (*Rangifer tarandus*), mule deer (*Odocoileus hemionus*), red deer (*Cervus elaphus elaphus*), elk (*Cervus elaphus canadensis*), llama (*Lama glama*), and bison (*Bison bison*). For this purpose, blood samples were collected in a heparinized Vacutainer (Becton Dickinson, Oakville, Ontario, Canada), transported at approximately 20°C, and processed within 24 h from the time of collection. Cow, sheep, goat, red deer, and llama blood samples were obtained from control animals housed at the Ottawa Laboratory Fallowfield, Canadian Food Inspection Agency (OLF-CFIA; Ottawa, Ontario, Canada). Blood from elk, white-tailed deer, and bison was obtained from animals captured by net gun from December 2003 to February 2004 as part of a multiagency disease surveillance project in the Pembina Valley, Manitoba, Canada. The project was sponsored by Parks Canada Agency. Blood from reindeer was collected and kindly provided by staff of the Toronto Zoo (Toronto, Ontario, Canada).

Subsequently, and as a proof of principle for using IFN-γ mRNA as an indicator of TB infection, the qRT-PCR assay was validated for use with a single target species experimentally infected with *M. bovis*. Fifteen healthy red deer (*Cervus elaphus elaphus*) and elk (*Cervus elaphus canadensis*) hybrids of approximately 4 weeks of age were obtained from a herd with no history of TB and moved to the OLF-CFIA (Ottawa, Ontario, Canada). Prior to our beginning the infection study, an outline of all procedures was approved by a CFIA Institutional Animal Care and Use Committee and was in accordance with humane animal treatment requirements of the Canadian Council on Animal Care. At 8 months of age, and prior to the experimental infection, animals were screened using a LPA against *M. bovis*, *Mycobacterium avium*, and *M. avium* subsp. paratuberculosis tuberculin (PPD-bovis, PPD-avium, and PPD-Johnin, respectively; Biologics Production Unit, OLF-CFIA, Ottawa, Ontario, Canada) to confirm their bovine TB-free status. For the duration of the study, 10 *M. bovis*-inoculated animals were housed in temperature- and humidity-controlled rooms (two to three animals per room) within a biosafety level 3 confinement facility. For the same duration, five untreated control animals were housed in a biosafety level 2 confinement facility and were treated similarly. Prior to inoculation, all animals were allowed to acclimate to their new environment for 2 weeks. Blood samples were collected from control and infected animals at regular intervals from preinfection to 32 weeks postinfection (p.i.) and were used for the setup of in vitro assays to detect IFN-γ mRNA, IFN-γ protein, and lymphocyte proliferation.

**Experimental infection and necropsy.** Ten experimental red deer × elk hybrids were inoculated with a field strain of *M. bovis* (02/1007, CFIA designation), originally isolated from a beef cow in the Grandview, Manitoba, Canada, area adjacent to RMNP, with a spoligotype strain pattern identical to that reported for TB-infected wild elk from within RMNP. The challenge inoculum consisted of 10^7 CFU of mid-log-phase *M. bovis* grown in Middlebrook 7H9 medium supplemented with 10% oleic acid-albumin-dextrose complex (Becton Dickenson, Mississauga, Ontario, Canada). To harvest tubercle bacilli from culture medium, cells were pelleted by centrifugation at 750 × g, washed twice with 1 ml of phosphate-buffered saline (PBS), pH 7.2, and diluted to the appropriate cell density in 2 ml of PBS. The challenge inoculum was instilled directly into the tonsillar crypts of anesthetized deer. At postmortem examination, specimens were collected for bacteriological culture that included tonsil, lung, liver, spleen, kidney, and mandibular, parotid, medial retropharyngeal, lateral retropharyngeal, superficial cervical, tracheobronchial, mediastinal, mesenteric, hepatic, iliac, supramammary, and prefemoral lymph nodes. All inoculated animals were confirmed as having tuberculous lesions, and *M. bovis* was isolated by mycobacteriological culture using standard methods (23).

**Mononuclear cell culture and antigens.** Peripheral blood mononuclear cells (PBMCs) were separated by density gradient centrifugation using Ficoll-Paque (density, 1.077; Amersham Biosciences, Piscataway, NJ) and washed twice with RPMI 1640 medium (Invitrogen, Burlington, Ontario, Canada). PBMCs were cultured to 5 × 10^6 cells per milliliter in RPMI 1640 containing 10% fetal calf serum (Invitrogen) and supplemented with penicillin G and streptomycin (100 U/ml and 80 μg/ml, respectively; Invitrogen). Concanaavalin A (ConA; Sigma-Aldrich, Oakville, Ontario, Canada), or bovine tuberculin (PPD-bovis; Biologicals Production Unit, OLF-CFIA, Ottawa, Ontario, Canada) was added to cell sus-
pensions at a concentration of 10 μg/mL. Medium was added to suspensions acting as no-treatment controls. A 200-μl volume of each cell suspension was placed into four wells of a 96-well, round-bottom microtitre plate (Corning, Acton, MA) and incubated from 2 to 96 h in a humidified tissue culture incubator (WVR Scientific, Mississauga, Ontario, Canada) at 37°C and 5% (vol/vol) CO2 and 95% (vol/vol) air.

Total RNA isolation and cDNA synthesis. Total RNA was extracted from PBMCs following in vitro culture using the RNeasy kit (QIAGEN, Mississauga, Ontario, Canada) according to the manufacturer's instructions. This incorporated an extended DNase treatment with DNase I (QIAGEN) to remove any genomic DNA contamination. Total RNA was eluted with 40 μl of RNase-free water and quantified by spectrophotometry (optical density at 260 nm (OD260)) and by low-mass gel electrophoresis (Invitrogen). Total RNA was reverse transcribed to cDNA with the Omniscript cDNA synthesis kit (QIAGEN) following the manufacturer's instructions. Briefly, approximately 0.2 μg of total RNA was reverse transcribed in a final volume of 20 μl reaction mixture containing the following components: 1 × RT buffer, deoxynucleotide triphosphate mix (5 mM each), RNase inhibitor (10 U/μl RNase Out; Invitrogen), and 4 U of Omniscript RT. The samples were incubated at 37°C for 60 min. The resulting cDNA was stored frozen (−70°C) until assayed by real-time PCR.

Design of specific oligonucleotide primers and probes for PCR. Oligonucleotide primers and fluorogenic probes of the IFN-γ target gene and the normalization beta 2-microglobulin (B2M) housekeeping gene were designed using Primer3 software (26). The primers and probes were designed for use in multiplex reactions for mycobacterium microtitre plates (Corning) and incubated under the manufacturer's instructions. Subsequent cDNA synthesis, real-time PCR, and mRNA quantification were performed as described elsewhere in Materials and Methods. Plates destined for ELISA were centrifuged (500 × g, 5 min), and plasma supernatants were harvested from each well and stored at −80°C until analyzed by ELISA.

IFN-γ ELISA. Plasma supernatants were assayed in duplicate by sandwich ELISA using a commercial diagnostic kit (Covigam; Prionics Ag, Schlieren, Switzerland) according to the manufacturer's instructions. Absorbencies of test samples were read at 450 nm by using an ELISA plate reader (Molecular Devices, Menlo Park, CA). Individual treatments were analyzed in duplicate, and the absorbance was read if the duplicate responses were inconsistent. The results were expressed as the increase in mean OD readings at 450 nm in the presence of antigen compared to the OD in the PBS nonstimulated supernatants resulting in a delta (Δ) OD value. A sample was considered positive when the ΔOD of the PPD-avium stimulated sample was 0.05 U greater than the values for the control nonstimulated sample and the PPD-avium sample.

LPA. The LPA was performed as described previously (21). Briefly, mononuclear cells were isolated from the buffy coat fraction of peripheral blood and cultured without or with antigen as described above. Cells were stimulated by the
addition of antigens PPD-bovis (10 μg/ml), PPD-avium (10 μg/ml), ConA mitogen-positive control (10 μg/ml), or nonstimulated control. Cells were cultured for 5 days in a humidified tissue culture incubator as described above. Cellular proliferation was assessed by the addition of 1 μCi of [3H]thymidine (ICN Biochemicals, Costa Mesa, CA) in 20 μl of medium over the final 18 h of culture. The well contents were harvested onto glass fiber filter mats (Micromate 196 Harvester; Packard Instrument Co., Meriden, CT). The filters were washed with water, dried, and placed into a scintillation cocktail. The incorporated radioactivity for each well was measured in counts per minute (cpm) using a direct beta counter (Matrix 96 Direct Beta Counter; Packard Instrument Co.). Treatments were run in triplicate, and stimulation index (SI) (SI = mean cpm of antigen or mitogen/mean cpm of negative control) and Δcpm (mean cpm of antigen or mitogen – mean cpm of negative control) values were calculated for each sample. 

Quantitative and statistical analysis. Quantification of IFN-γ mRNA levels and tests of statistical difference in mRNA expression were analyzed by the Relative Expression Software Tool (REST) for real-time PCR (24) which is based upon the comparative Ct [2^(-ΔΔCt)] method as described previously (14). To assess the effect of PPD stimulation on IFN-γ mRNA expression by this method, values were expressed relative to a reference sample (the control nonstimulation sample) and an endogenous β2M housekeeping gene was used to normalize for differences in the quantity and quality of total nucleic acid added to each reaction and the efficiency of the RT step. All samples are reported as relative transcription or the n-fold difference between the reference nonstimulated sample and the PPD-bovis- or mitogen-stimulated samples. Statistical evaluations of the calculated relative expression variations were analyzed for significant differences by pair-wise fixed reallocation randomization test (24).

SI values for lymphocyte blastogenesis and OD values for IFN-γ protein by ELISA of M. bovis-infected and control deer were compared by Student’s t-test. Differences were considered significant if P values of <0.05 were obtained.

Receiver operating characteristics (ROC) curve analysis (MedCalc Software, Mariakerke, Belgium) was performed on the qRT-PCR results to determine the optimal cutoff point (the relative mRNA expression level at which the sum of the sensitivity and specificity values was maximal) for distinguishing between positive and negative test results. Sensitivity was defined as the proportion of M. bovis culture-positive animals that were categorized as positive by the real-time RT-PCR assay. Specificity was defined as the proportion of M. bovis culture-negative animals that were classified as negative by the real-time RT-PCR assay. The area under the ROC curve was calculated as a measure of the accuracy of the test. Performance of the qRT-PCR assay was assessed by comparison with the current gold standard (M. bovis culture from postmortem tissues) and with the LPA and IFN-γ ELISA immunological tests. The level of agreement beyond chance between tests was determined by a calculation of kappa values.

RESULTS

Confirmation of primer/probe specificity and application in multiple species. Specific oligonucleotide primers and fluorogenic probes were designed using consensus sequences from several target species, both domestic and free ranging, to assess the cross-species application of the method. Primers and probes were tested for their abilities to detect IFN-γ mRNA from PBMCs stimulated with ConA mitogen. High-resolution gel electrophoresis of IFN-γ qRT-PCR products resulted in a single PCR product of the expected size (98 bp), and melting curve analysis demonstrated no primer-dimer formation during the 40 real-time PCR amplification cycles (data not shown). Sequence analysis of PCR products showed identity with the published sequences. The respective, real-time, probe-based assay was subsequently positive for IFN-γ mRNA detection for cattle, sheep, goats, reindeer, white-tailed deer, red deer, elk, and bison (Fig. 1). In some cases (cattle, sheep, and bison), although 100% sequence identity was not possible in a primer/probe design with mismatches of 1 to 2 bp, there was still positive reactivity for the respective primer/probe set. For other species (white-tailed deer and reindeer) for which the IFN-γ mRNA sequence was unknown, the positive cross-reactivity presumably reflected phylogenetic homology for the IFN-γ mRNA sequence among these species. Only for llama samples (Llama glama) were the primers found to be cross-reactive, whereas the primer/probe set was not.

Real-time PCR assay amplification efficiencies, reproducibility, and dynamic range. The efficiency, reproducibility, and dynamic range of the qRT-PCR assays for elk IFN-γ and β2M were determined by constructing standard curves using serial
TABLE 2. Characteristics and validation parameters of quantitative real-time RT-PCR for cervid IFN-γ and β2M

| Target | Detection limit | Quantification range (test linearity [r]) | PCR efficiency | Intra-assay variation | Interassay variation |
|--------|----------------|------------------------------------------|----------------|-----------------------|---------------------|
| β2M    | 10             | 10^1–10^9 (0.998)                       | 2.01           | 3.45                  | 1.5                 |
| IFN-γ  | 10             | 10^1–10^9 (0.991)                       | 1.98           | 1.34                  | 4.0                 |

a Values are expressed as molecules per reaction.
b Values are given in molecules per reaction. Assay variation was determined in four repeats (n = 4) over the complete quantification range.
c The values for PCR efficiency were calculated according to the following equation: E = 10^(−1/slope).
d Determination of variation is based on crossing point variation. Values are coefficients of variation expressed as percentages.
e Values are coefficients of variation expressed as percentages.

Kinetics of IFN-γ mRNA expression after antigen stimulation. To determine whether the qRT-PCR method was suitable for the analysis of cervid mononuclear cell responses, a kinetic study of IFN-γ mRNA expression was performed. The PBMCs isolated from six of the M. bovis-infected elk × red deer hybrids at 57 days p.i. were stimulated with a well-established recall antigen (PPB-bovis). PBMCs were also tested from the five control animals that were not infected with M. bovis and that should therefore not respond to PPD-bovis with IFN-γ mRNA induction. Figure 2 illustrates the capacity of this system to quantify IFN-γ mRNA expression. There was a rapid and transient induction of IFN-γ mRNA after the incubation of PBMCs from the M. bovis-infected animals but not from the noninfected deer. The IFN-γ mRNA expression reached a peak at 16 to 24 h poststimulation, whereas expression was unchanged between groups before cultivation. Comparable kinetics and levels of IFN-γ mRNA expression in response to PPD-bovis antigen stimulation were noted between PBMC and whole-blood assay formats (data not shown).

PBMC proliferation and whole-blood IFN-γ responses toward PPD-bovis. Heparinized blood was collected from M. bovis-inoculated and control animals over the 7-month infection study, and CMI responses (IFN-γ mRNA, IFN-γ protein, and lymphoproliferation) to stimulation with PPD-bovis were evaluated. The response kinetics of the assays are illustrated in Fig. 3. In general, the CMI responses displayed similar patterns of reactivity to PPD-bovis stimulation. Recall responses were evident by 30 to 44 days postinoculation, and group mean responses grew stronger and peaked by 86 to 114 days p.i. (P < 0.05). This result was followed by a progressive decline in the group mean responses through 171 days p.i. The subsequent administration of mycobacterial antigens through tuberculin skin testing resulted in significantly boosted (P < 0.01) responses. This effect was noted for all assays at 7 days post-skin test and remained elevated for the 4 weeks of testing post-skin test (the time was 192, 199, 206, and 213 days p.i.).

Infected deer also showed some responsiveness to the similar antigen preparation for M. avium (data not shown), owing to antigenic cross-reactivity between these organisms. The response to homologous PPD-bovis, however, was consistently much greater. In control animals, PPD-bovis induced comparatively little activity in any of the assays (Fig. 3). Adequate viability of the cultured PBMCs was confirmed by high thymidine uptake or IFN-γ production in response to mitogen stimulation.

CMI-based assay comparison. Although CMI-based assays have been useful for the detection of intracellular infective agents, associations among lymphocyte proliferation, IFN-γ mRNA, and IFN-γ protein recall responses in deer following ex vivo mycobacterial antigen stimulation have not previously been examined. The minimum and maximum values of whisker box plots of Fig. 3 illustrate the broad spectrum of CMI responses of the M. bovis-infected deer. In spite of this variation, however, deer that were strong IFN-γ responders as measured by ELISA were also strong IFN-γ mRNA responders as measured by qRT-PCR. Correlation analysis of the CMI response data demonstrated a strong positive association between antigen-specific IFN-γ protein and IFN-γ mRNA responses (r = 0.613; P < 0.01). Pairwise comparison of immunoassay (lymphoproliferation, IFN-γ secretion, and IFN-γ mRNA) responses of M. bovis-infected cervids to mycobacterial antigen (PPD-bovis) stimulation were as follows. For LPA versus
culture, and IFN-γ mRNA was quantified by qRT-PCR. The association of the IFN-γ assays with lymphocyte proliferation was more modest (r values were 0.214 and 0.177 for IFN-γ protein and IFN-γ mRNA, respectively). No associations were detected for these responses to no antigen stimulation (data not shown).

**Diagnostic classification by CMI assays.** The diagnostic performance results of the CMI-based assays were examined over the course of the *M. bovis* infection study relative to one another and relative to the infection status of the experimental animals (Table 3). For this purpose, deer were classified as *M. bovis* reactors based on test interpretation criteria previously described for the LPA (7) and as recommended by the manufacturer of the IFN-γ Cervigam ELISA. For the qRT-PCR assay, a ROC curve analysis of the data from the present infection study recommended an optimal IFN-γ mRNA expression ratio cutoff point of 7.84. The area under the ROC curve value of 0.881 (P < 0.0001; 95% confidence interval, 0.816 to 0.929) indicated that the qRT-PCR assay for IFN-γ mRNA was able to distinguish between *M. bovis*-infected and noninfected deer. At this cutoff point, the sensitivity estimate of the qRT-PCR assay over the entire infection study was 78.6%. By comparison, the diagnostic sensitivity values of the LPA and the IFN-γ ELISA were 65.7% and 70.0%, respectively. All assays demonstrated high levels (>90%) of specificity for this infection study. The kappa statistic was determined to quantify the level of agreement between the classification result of each CMI assay and the animal’s true infection status (Table 3). Correlating with the sensitivity results, qRT-PCR for IFN-γ mRNA showed the highest agreement with mycobacterial culture results (kappa = 0.72). This was followed by the IFN-γ ELISA and LPA, with kappa values of 0.65 and 0.53, respectively.

The CMI-based assays were performed 11 times over the course of the 7-month infection study. For each assay, the number of deer classified as *M. bovis* positive mirrored the magnitude of the respective CMI response (Fig. 4). No deer were classified as reactors prior to *M. bovis* inoculation. By 30 days p.i., 2 of 10 or 3 of 10 inoculated deer were classified as *M. bovis* reactors. This increased to a maximal sensitivity of at least 8 of 10 deer for all assays at 112 days p.i. As the CMI responses declined at 4 to 6 months p.i., so did the number of culture reactors based on test interpretation criteria previously described for the LPA (7) and as recommended by the manufacturer of the IFN-γ Cervigam ELISA. For the qRT-PCR assay, a ROC curve analysis of the data from the present infection study recommended an optimal IFN-γ mRNA expression ratio cutoff point of 7.84. The area under the ROC curve value of 0.881 (P < 0.0001; 95% confidence interval, 0.816 to 0.929) indicated that the qRT-PCR assay for IFN-γ mRNA was able to distinguish between *M. bovis*-infected and noninfected deer. At this cutoff point, the sensitivity estimate of the qRT-PCR assay over the entire infection study was 78.6%. By comparison, the diagnostic sensitivity values of the LPA and the IFN-γ ELISA were 65.7% and 70.0%, respectively. All assays demonstrated high levels (>90%) of specificity for this infection study. The kappa statistic was determined to quantify the level of agreement between the classification result of each CMI assay and the animal’s true infection status (Table 3). Correlating with the sensitivity results, qRT-PCR for IFN-γ mRNA showed the highest agreement with mycobacterial culture results (kappa = 0.72). This was followed by the IFN-γ ELISA and LPA, with kappa values of 0.65 and 0.53, respectively.

**FIG. 3.** Lymphocyte proliferation (A), IFN-γ protein (B), and IFN-γ mRNA (C) responses to PPD-bovis. Infected cervids (n = 10) were inoculated by intratonsillar instillation of 1.5 × 10^6 CFU of *M. bovis*, whereas control deer (n = 5) received no inoculation. Heparinized blood samples were obtained at the indicated time points, and isolated PBMCs (lymphoproliferation) or whole-blood cells (IFN-γ assays) were stimulated with mycobacterial antigen (PPD-bovis) or received no stimulation. The LPA sample was incubated for 5 days, and the blood cultures were incubated for 16 h and 48 h for qRT-PCR and ELISA, respectively. Shown are the medians (solid lines in boxes), 25 to 75% response ranges (top and bottom lines of boxes), and minima and maxima (whiskers). CCT indicates skin testing performed at 184 days p.i. Asterisks indicate responses by *M. bovis*-infected deer that differ (P < 0.05) from the respective responses of noninfected control deer. Double asterisks indicate that responses of *M. bovis*-infected deer post-CCT were greater (P < 0.05) than the respective responses of noninfected control deer and greater than the immediate pre-CCT response (171 days p.i.).

| Assay       | Cutoff      | Sensitivity (%) | Specificity (%) | Kappa |
|-------------|-------------|----------------|-----------------|-------|
| LPA         | >1.10^a     | 65.7           | 92.5            | 0.53  |
| ELISA for IFN-γ | >0.05^b     | 70.0           | 100             | 0.65  |
| qRT-PCR for IFN-γ | >7.84^c     | 78.6           | 97.5            | 0.72  |

^a_ Cutoff level of LPA developed by Griffen et al. (7), where cpm values for PPD-bovis/PPD-avium of >1.1 were classified as positive.

^b_ Cutoff developed by the manufacturer of the Cervigam kit, where PPD-bovis-stimulated blood plasma having an OD value greater than 0.050 above that of PPD-avium- and PBS-stimulated plasma was classified as positive.

^c_ Cutoff determined by ROC analysis of this study, where relative mRNA expression values of >7.84 were classified as positive.

^d_ Sensitivity indicates the proportion of animals that were *M. bovis* infected (culture positive) and test positive.

^e_ Specificity indicates the proportion of animals that were not *M. bovis* infected (culture negative) and test negative.

^f_ Kappa indicates the level of agreement between the outcome of each assay and *M. bovis* culture result.
animals classified as reactors (down to 6 of 10 by 171 days p.i. for all assays). Subsequent administration of the tuberculin skin test produced, in addition to boosted CMI responses, a corresponding increase in the proportion of deer (8 of 10 deer to 10 of 10 deer) classified as positive reactors for *M. bovis*.

**DISCUSSION**

This study describes the development and evaluation of a real-time RT-PCR assay for the quantification of IFN-γ mRNA as a means of detecting a spectrum of TB-infected domestic and wildlife species. This approach is particularly relevant for species for which protein-based reagents are not yet available, and it should facilitate disease diagnosis. When used in conjunction with a whole-blood culture system, the result was a simple, rapid, and sensitive measure of antigen-specific, cell-mediated immunity. The IFN-γ mRNA expression of whole blood from red deer × elk hybrids in response to ex vivo PPD-bovis stimulation correlated well with the IFN-γ protein and showed performance for determining infection status superior to that of either the lymphocyte proliferation or the IFN-γ ELISA method. An additional advantage of the qRT-PCR assay is the ease with which it can be modified to reliably quantify the IFN-γ expression of other species using consensus sequences of closely related species or of other species for which sequence information is available. In contrast to tuberculin skin testing, this blood-based qRT-PCR assay allows testing without handling the animals twice, produces results within 24 h, and does not compromise the immune status of the animal, allowing for repeat testing if necessary.

Diagnostic tests for TB are used as tools for achieving disease control objectives. The LPA is currently used as an in vitro diagnostic tool for TB surveillance of captive and free-ranging cervids in several countries (3). This study assessed the value of qRT-PCR of IFN-γ mRNA expression as a means to detect *M. bovis*-infected animals and allowed for a comparison with the LPA and a newly available commercial ELISA (Cervigam) designed to detect cervine IFN-γ. Although the sensitivities and specificities reported in this study do not reflect the field performance of a particular assay, they do provide a useful interassay comparison of relative performance over a controlled infection study period. As a result, the relative inherent value of each test could be judged and selected or rejected accordingly. All three assays displayed high levels of diagnostic specificity (few false positives) at greater than 90%.

The qRT-PCR assay showed the highest overall sensitivity (79%), followed by the Cervigam ELISA and the LPA with 70% and 66%, respectively. Taken together, these results indicate that IFN-γ-based assays (qRT-PCR or ELISA) not only are easier and quicker to perform than LPAs but also have greater diagnostic accuracy. This result is consistent with what has previously been shown for humans, primates, and cattle and is not surprising since lymphocyte proliferation, unlike cytotoxicity or IFN-γ, is an indirect measure of T-cell effector function.

The commercial Cervigam IFN-γ ELISA was developed using monoclonal antibodies to IFN-γ from red deer (29) and was recently demonstrated to cross-react with IFN-γ produced by white-tailed deer (22) and reindeer (33). The release of IFN-γ in response to ex vivo PPD-bovis stimulation was found to correlate with an animal’s infection status. However, the diagnostic performance of the IFN-γ ELISA in field samples or its diagnostic utility compared to other in vitro or in vivo tests has not previously been reported for *Cervus elaphus*. Although the present study confirmed the reactivity of the IFN-γ ELISA for red deer × elk hybrids, the qRT-PCR measure of IFN-γ mRNA showed greater overall diagnostic sensitivity (79% versus 70% for ELISA). This result was likely due to the greater analytical sensitivity that can be achieved with qRT-PCR. The easy detection of cytokine mRNA transcripts from a limited number of antigen-specific cells from which the corresponding protein can barely be measured is a well-established advantage of the technique. Similarly, the qRT-PCR assay showed the highest level of agreement (kappa) with positive and negative test results compared to the reference standard of mycobacterial culture. Although the sensitivity and kappa values were a composite over the entire infection study, they remain a useful tool for comparing the assays relative to one another.

Although this study demonstrated that qRT-PCR can identify deer experimentally inoculated with *M. bovis*, this fact is not sufficient evidence to validate this method as a diagnostic test. According to guidelines from the World Organization for Animal Health, estimates of diagnostic sensitivity should be made on populations of animals that are as close as possible to the population on which the test will be used (19); in this particular instance, the population was free-ranging wildlife. This is a significant challenge for developing any new test for the detection of TB in North American wildlife, where it is difficult to test a sufficient number of infected animals to provide a robust estimate of diagnostic sensitivity. Future studies with the qRT-PCR assay could be applied to locations with much greater prevalence of infected wildlife, such as Great Britain, New Zealand, or South Africa.

The amplification of cervine IFN-γ was linear over a wide range of input copies (10^2 to >10^6) and sensitive to as few as 10 molecules. The specificity of the assay for IFN-γ was virtu-
ally guaranteed by the use of three oligonucleotides, including a fluorogenic-bound oligonucleotide complementary to the sequence of the PCR product and localized between two primers that defined the endpoints of the amplicon. When the reproducibility of the real-time RT-PCR protocol was evaluated, the interrun and intrarun coefficients of variation were averaged over the whole range of calibration curve to reflect realistic variation over the complete quantification range. The CVs for the C<sub>r</sub> data were negligible (<4% [Table 2]), which is consistent with the results of previous studies and significantly better than the 14% reported for conventional RT-PCR (36).

For appropriate gene expression analysis as a reflection of biological processes and comparison of expression between samples, differences in the input RNA quantity and in the efficiency of cDNA synthesis are corrected by normalization to appropriate endogenous reference or maintenance genes. Recent reports of variation in supposedly stable housekeeping genes, such as glyceraldehyde 3-phosphate-dehydrogenase (GAPDH) indicate that no reference gene should be assumed to be suitable for any given set of conditions (9). Some authors suggest that the use of a single gene to normalize expression is no longer sufficient, whereas others argue that it is preferable to normalize to one gene that shows minimum variation in expression (32). Although using a normalization factor derived from multiple reference genes may be beneficial when a suitable single reference gene cannot be found, there is a financial consideration of using multiple reference genes over a large data set which, depending on the experimental system, may not be necessary. The choice of the B2M housekeeping gene for this study was based on invariance demonstrated in previous studies (8) and verified in our experimental system, with an average change of less than twofold.

The initial assay development and validation was performed using mRNA extracted from mitogen-stimulated PBMCs. To reduce the time, cost, and labor involved with the isolation of PMBCs, a whole-blood assay format was subsequently adopted. Whole-blood aliquots were incubated with PPD-bovis antigen overnight, followed by RNA extraction using a blood-specific RNA extraction kit. In this format, the assay was completed within 24 h and has the potential to become largely automated for testing large numbers of samples. The expression of IFN-γ mRNA was readily detectable from <i>M. bovis</i>-infected deer as early as 4 h following PPD-bovis stimulation of blood, with peak production occurring by 16 to 24 h. These results are consistent with previous reports of IFN-γ expression kinetics (30) and supported measuring IFN-γ mRNA responses after 16 to 24 h of PPD-bovis stimulation of blood culture as a promising indicator of mycobacterial sensitization.

During the induction or in vitro recall of a CMI response, antigenic stimulation results in the clonal expansion of antigen-specific lymphocytes and the elaboration of type-1 cytokines, including interleukin-2, IFN-γ, and tumor necrosis factor alpha. These associations are well characterized for mice, humans, and cattle, but are not clear for the response of cervid PBMCs to <i>M. bovis</i> antigen stimulation. The temporal kinetics of recall IFN-γ mRNA and protein production and lymphocyte proliferation in response to mycobacterial antigen stimulation were compared during the 7-month <i>M. bovis</i> infection study. Recall responses of inoculated deer were detected by 30 to 44 days p.i., implying that recently infected deer, i.e., those infected for less than 4 weeks, would not be detected by these CMI assays. Responses reached a peak at approximately 3 months p.i., followed by a generalized reduction in CMI responsiveness at 4 to 6 months p.i. A moderate level of correlation (r = 0.214) was noted between lymphocyte blastogenesis and the IFN-γ-based assays. This correlation may not have been greater because as an effector cytokine, IFN-γ is not directly associated with lymphoproliferation. This is in contrast with interleukin-2, which stimulates the proliferation of lymphocytes through auto- and paracrine effects following antigen stimulation (11). Additionally, it is likely that as the LPA assay runs for 5 days, other cell populations that are not IFN-γ producers (such as B cells) are induced to proliferate, reducing the association between proliferation and IFN-γ mRNA and protein production, which were measured at 16 and 48 h, respectively.

In contrast, a higher correlation (r = 0.613) was noted between IFN-γ mRNA transcripts and the release of IFN-γ protein in response to ex vivo PPD-bovis stimulation. Because gene expression is controlled at both the transcriptional and posttranscriptional levels, the expression of mRNA does not guarantee that mRNA levels will correspond to protein expression. The association between IFN-γ mRNA and protein noted in this study, however, is consistent with others reporting a correlation between cytokine mRNA expression and protein production or biological activity (13).

Despite alterations in immune responsiveness observed over time, skin testing produced a significant enhancement or boost of lymphocyte proliferation, IFN-γ mRNA, and IFN-γ protein recall responses during the 1- to 4-week period post-skin test. This phenomenon, in which the inoculation of mycobacterial antigens affects the subsequent reactivity to the same antigens has been known for more than a century. Both experimentally and naturally infected animals have demonstrated such anamnestic responses. This phenomenon may be exploited to enhance the separation between the response of infected and noninfected subpopulations and thus improve the accuracy of testing (35). Further studies are required to characterize the full duration of the effect in cervids, whether it occurs throughout the disease process, and whether it also occurs in naturally infected animals.

The kinetics of CMI-based reactivity over the course of the infection study impacted the diagnostic performance of all assays. The reduced CMI responses at 4 to 6 months p.i. translated into the failure of the LPA and IFN-γ assays to consistently classify infected deer as positive reactors during this period. This finding is consistent with the well-recognized observation that there is a failure of animals with advanced infection to respond to CMI-based assays (34). Such an alteration in the nature of the immune response is an inherent limitation of CMI-based assays that may impact the diagnosis and control of the infection in the field. If CMI-based assays are combined with serological tests, however, infected animals in which CMI is waning could be identified. This waning effect was abrogated in this study during the post-skin testing period, where analogous to the increased magnitude of the CMI responses, there was improved detection of <i>M. bovis</i>-infected deer.

Given the central importance of robust IFN-γ production to the antimycobacterial immune response, it is not surprising
that diagnostic assays for TB have exploited this aspect of the immune response. This study demonstrates the broad potential application of IFN-γ mRNA analysis to TB diagnosis. The exposure of wildlife to *M. avium* and other nontuberculous *Mycobacterium* spp., however, may induce cross-reactive sensitization to *M. bovis* antigens, impacting the specificity of the test. Further studies are necessary to assess positive test interpretation based upon increased IFN-γ responses with *M. bovis* tuberculosis relative to that observed with *M. avium* tuberculosis analogous to commercial bovine TB ELISA assays. Actual application to any particular species requires confirmation by independent study as was recently performed for European badgers (27). Ultimately, the main usage of such tests may be to monitor the prevalence of disease in various wildlife populations, to screen animals prior to entry into disease-free herds, or to monitor the spread of infection in zoological parks.

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