Applications of Simple Nanoparticle Zeolitic Imidazolate Framework-8 in Biomedicine

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Introduction

Zeolitic imidazolate frameworks (ZIFs) are a new and special class of porous crystals with extended tetrahedral topologies consist of M-Im-M (where M stands for Zn, Co cation and Im stands for imidazolate anions) formed by a self-assembly approach, with the M-Im-M angle around 145°.[1-4] ZIFs possess diverse tetrahedral topologies structures (e.g., ZIF-3, ZIF-8, ZIF-20, ZIF-67, Figure 1). Due to their intrinsic porous characteristics, abundant functionalities as well as exceptional thermal and chemical stability, ZIFs have widely applications in gas separation, catalysis, sensing and electronic devices, and drug delivery.[5-10]

ZIF-8 has proven to be an efficient nanocarrier for medical imaging and drug delivery. In order to achieve the desired physicochemical properties, ZIF-8 can be produced with controllable sizes and shapes.[11-15] Moreover, with the large specific surface area and high porosity, ZIF-8 can achieve a relative high drug loading capacity. Afterwards, weak coordination bonds between Zn and Im ensure that the ZIF-8 is easily biodegradable in tumor microenvironment. The unique frame structure provides ZIF-8 with exceptional thermal stability.[16] It is worth noting that in the micro-acid environment of the tumor, the pH sensitivity of ZIF-8 further satisfies the requirement for rapid release of loading drugs from nanomedicine carriers.[17-20] Utilizing these advantages, ZIF-8 nanoparticles are widely used as drug nanocarriers for delivering proteins and small-molecule chemicals (Table 1).[21-33] In addition, ZIF-8 drug delivery systems are good candidates to construct the multifunctional nanoplatforms for diagnosis and treatments, and further exert its great potential in the biomedical field such as easily modified composite carriers and medical imaging. In summary, these desirable characteristics enable ZIF-8 to be promising platforms for drug delivery, clinical tumor therapy, and other disease treatments.[34-36]

This review will highlight developments of ZIF-8 in the fields of drug delivery, multifunctional cancer therapy, and medical imaging, including the scope of drug loading and different structural granules. The prospects and challenges of ZIF-8 in drug therapy, photothermal therapy and photodynamic therapy are also addressed. Finally, the challenges of using ZIF-8 for better cancer treatment and addressing future clinical application are discussed (Figure 2). Compared with other excellent reviews that discuss the various applications of MOFs, the
Table 1  Examples of ZIF-8 as drug nanocarriers

| Other important components | Drug/cargo | Loading percentage/wt% | Targeted cell lines | Ref. |
|---------------------------|------------|------------------------|---------------------|------|
| PVP                       | BSA, β-Gal, caspase 3, HSA | –                     | HeLa, Hacat, Skvo3   | [21] |
| Ara                       | IR820      | 61.2                   | 4T1                 | [22] |
| PEG-PUSeSe-PEG            | DOX        | 47.2                   | MDA-MB-231          | [23] |
| Indocyanine Green (ICG)   | DOX        | –                     | L929                | [24] |
| EGCG, Fe(III)             | DOX, H$_2$O$_2$ | –                     | B16, BEL-7402, SMC  | [25] |
| CD, PdNS,                 | PAA, DOX   | –                     | HepG-2, A549, MCF-7 | [26] |
| MnO$_2$                   | C$_2$N$_2$, DOX | –                     | 4T1                 | [27] |
| Cell membrane             | CAT, DOX   | –                     | B16F10, HepG2, COS7 | [28] |
| Erythrocyte               | GOx, TPZ   | –                     | CT26, Macrophages   | [29] |
| –                         | 3-MA       | 19.798                 | Hela                | [30] |
| –                         | CRISPR/Cas 9 | 17.0            | CHO cells           | [31] |
| –                         | ZnPc       | –                     | HepG-2 cells        | [32] |
| CpG ODNs                  | OVA        | –                     | RAW264.7            | [33] |

* The main component is Zn$^{2+}$ and 2-methylimidazole (MIM).

Figure 2  Schematic illustration of ZIF-8-based system for drug delivery and application.

difference in this evaluation is that it will focus on the bio-application of ZIF-8, from drug carriers to different structural cancer treatment platforms, and the development of ZIF-8 in medical imaging and its potential clinical application.$^{[37-39]}$

**Delivery and Controlled Release of Different Cargos**

The rapid development of nanomaterials provides an opportunity to overcome challenges of drug delivery in the medical field. Inspired by the large surface areas, well-defined structures, and highly ordered porosities, Sun et al. found that ZIF-8 was suitable candidate to be used as an effective drug delivery vehicle.$^{[40]}$ Therefore, the interactions between ZIF-8 and biomacromolecule and organisms are firstly explored to elucidate the biocompatibility and protectivity of ZIF-8.

Biomacromolecules and living organisms are sensitive to their surrounding environments, and easily to be biologically inactivated to subtle changes of salinity, pH, temperature, pressure, moisture and nutrients. Strategies were proposed to design bioactive nanocoatings to maintain activity, for example, polymers, mesoporous silica, liposome and MOF. Lyu et al. established a cytochrome c/ZIF-8/Cyt c/ZIF-8 composite through one-pot synthesis, and discovered the peroxidase activity of Cyt c embedded in ZIF-8 10 times higher than that of free Cyt c. This work demonstrated the fireworks formed by ZIF-8 and enzyme creating a suitable microenvironment for enzyme catalysis with an increased affinity towards substrate.$^{[41]}$

Furthermore, tabacco mosaic virus (TMV) was coated with ZIF-8 MOF to construct size and morphology tunable TMV@ZIF NPs, resulting in extended stability in extreme environments without losing its surface functionalizability. Afterwards, Falcaro et al. synthesized a β-galactosidase (β-gal)/ZIF-8 shell to coat yeast cells, and discovered bioactive exogenous enzymes could provide cells with nutrients to survive in the environments of toxic agents and UV irradiation.$^{[42]}$ These works confirmed the potential of ZIF-8 MOFs applying for biominalization, supplying supportable microenvironments to alleviate damages caused by external factors.

Having evaluated the active conservation of biomolecules supported by ZIF-8 MOFs, we then focus on their ability of protein delivery and controlled release. Efficient delivery of functional proteins in living cells remains a huge challenge in protein therapy for native protein are prone to degradation by cellular enzymes.$^{[43-45]}$ To solve this problem, Chen et al. reported a highly efficient protein delivery platform for controlled protein release based on the ZIF-8 nanoparticles. They encapsulated proteins in ZIF-8 nanocarrier and modified the nanoparticles using a polyvinylpyrrolidone (PVP) coating to offer nanocarriers sufficient stability in cell culture medium (Figure 3A).$^{[21]}$ In vitro results indicated the nanoparticles with a high loading of proteins could maintain protein activity for several months, and protect proteins from enzyme-mediated degradation. Furthermore, the nanocarriers were effective in releasing proteins and escaping from internal lysosomes, and maintaining protein activity in living cells (Figure 3B). Interestingly, this work afforded a useful strategy of protein-encap-
Drug delivery systems (DDSs) with controlled release to targeted cancer cells have attracted widespread attention and developing safer and accurate DDSs without interfering with normal cells have become a research hot-spot. Tumor acidic microenvironment has been used as a trigger to direct drug release. More importantly, pH sensitivity of ZIF-8 plays an important role in stimulating drug release.\[50-52\] Zhou and co-workers developed a simple and environmentally friendly strategy, in which selenium-containing polymers were encapsulated in ZIF-8 along with doxorubicin (DOX).\[23\] 2-Methyllumidazole was mixed with DOX@P, and then coordinated with Zn²⁺ ions to form ZIF-8 on the surface of the micelle, denoted as P@ZIF-8. SEM and TEM analysis (Figure 5A) indicated that P@ZIF-8 NPs were dodecahedral shapes and the average diameter was about 200 nm. Moreover, P@ZIF-8 was observed with no obvious core-shell structure. Drug release was achieved through slowly diffusing of cellular redox agent into MOF channel, interacting with micelles of selenium-containing polymer and inducing the decomposition of the micelles, then destroying the core-shell nanostructures and expanding the DOX release. In addition, ZIF-8 degraded in cellular accluisous environment, allowing further relesae of drugs and exhibiting varied drug release pathways towards different external stimulants. \textit{In vitro} results demonstrated excellent drug-loading and release ability of the prepared P@ZIF-8, and the nanocarrier was suitable for storage and release as an intelligent DDS (Figure 5B). This drug system is highly promising for achieving controlled drug delivery in tumor tissue. The pH sensitivity of ZIF-8 paves the way for the use of multi-target drug delivery in diagnostics and therapy. Other attempts also have been made to encapsulate drugs in the delivery and controlled release of the above special materials. For example, Feng group proposed a rapid coating strategy based on ZIF-8 to effecttively protect antibodies from the impact of outside interference environment.\[53\] Here, the broad combined use of ZIF-8 and biopharmaceuticals increases the stability and effective release of drug.

**Figure 3** A) Illustration of biomineralized MOF NPs for protein delivery in living cells. B) Delivery and endo-lysosomal escape in HeLa cells of FITC-labeled BSA in PVP-coated ZIF-8 NPs.

Sultating MOFs for effective protein delivery, rapid release, escaping from lysosome and enzyme-mediated degradation. Loading of various drugs in ZIF-8 were also explored. ZIF-8 achieved high-load loading of some drugs with unique functional groups, drugs with unique functional groups (COOH, SO₄²⁻, C=O, etc.) could strongly interact with ZIF-8 and easily be in-situ encapsulated.\[41,46,47\] For example, ZIF-8 has been proven high loading efficiency of anti-cancer drugs doxorubicin hydrochloride (DOX), 5-fluorouracil (5-FU), hydroxyurea and mercaptopurine.\[48-49\] However, it is also critical to achieve satisfactory drug loading and drug release behavior for drugs without these functional groups.

Recently, Zhang and co-workers proposed a prodrug strategy to solve the problem that loaded drugs without related functional groups (Figures 4A and 4B).\[22\] The cytarabine (Ara) was selected as a model drug, as Ara was difficult to load into ZIF-8 vector due to the leakage resulted from its small molecular structure and weak interaction with ZIF-8. Indocyanine green (IR820) was used to bind to Ara for the formation of prodrug (Ara-IR820). Furthermore, sulfonic groups enhanced strong interaction between the prodrug and ZIF-8, and this prodrug loaded ZIF-8 is further functionalized with hyaluronic acid (HA) to produce active targeting HA/Ara-IR820@ZIF-8 nanoparticles (Figures 4A and 4B). \textit{In vitro} and \textit{in vivo} results of the nanomedicine demonstrated effective targeting ability and pH responsive drug release behavior, combined with imaging-directed photothermal therapy to cancer treatment. HA/Ara-IR820@ZIF-8 nanoparticle could accumulate at the tumor area of tumor bearing mice in 1 h, which was more quickly than Ara-IR820@ZIF-8 (Figures 4C and 4D). This strategy addressed a new approach of loading common drugs without strong interaction with MOFs based on the ZIF-8 vector and expands the potential of ZIF-8 as universal drug carriers.

**Figure 4** Illustration of prodrug-loaded ZIF-8 for cancer therapy: A) construction of HA/Ara-IR820@ZIF-8 and B) tumor-targeted chemo-photothermal therapy. C) The distribution of IR820, Ara-IR820@ZIF-8, and HA/Ara-IR820@ZIF-8 in tumor-bearing mice at different times after the intravenous injection. D) Fluorescence imaging of isolated organs and tumors at 24 h after the treatment with IR820, Ara-IR820 @ZIF-8, and HA/Ara-IR820@ZIF-8.

Construction of Multifunctional Nano-platform for Cancer Theranostics

Although cancer diagnosis and treatment methods have been systematic studied, single diagnostic and treatment strategy is greatly limited by its therapeutic effect, and its anti-tumor effect has room for improvement. In order to achieve the desired diagnostic and treatment results, considerable efforts have been made to build multifunctional nanomedicine platforms.\[54-56\] Among them, ZIF-8-based multifunctional diagnostic and treatment system has significantly increased curative effect of cancer, mainly by combining precise treatment, chemotherapy, photothermal therapy and medical imaging to...
maximize its therapeutic potential. In this section, we will focus on multi-functional nano-platforms based on ZIF-8 nanocarriers, including novel composite structures, cell membrane coatings (precise treatment), and medical imaging.

Adding effective functions is the requisite element for constructing a multifunctional nanocomposite structure. In this way, ZIF-8 NPs have been considered as an ideal choice due to simple synthesis and easy functionalization, especially as a carrier for drugs of different physicochemical properties. Zhang and co-workers reported a unidentified flying object (UFO)-like cycloextrin-palladium nanosheet/ZIF-8 Janus nanoparticle (CD-PdNS/ZIF-8 JNP) for synergistic dual-drug chemotherapy and photothermal therapy.[26] The novel UFO-like CD-PdNS/ZIF-8 JNPs prepared via a selective coating of polyacrylic acid (PAA) on one of the flat surfaces of 2D PdNS followed by further formation of ZIF-8 on a PAA template, and alternative modification of CDs on exposed PdNS surface are designed. Figure 6A illustrates the preparation and application of the UFO-like CD-PdNS/ZIF-8 JNPs. Polyacrylic acid (PAA), aqueous ammonium hydroxide (NH₄OH), and isopropanol (IPA) were added into the obtained PdNS solution in order to form a template for ZIF-8 growth, then carrying the hydrophilic drugs. The CDs carries a lot of hydroxyl groups and possess well-defined hydrophobic microenvironment inside of the cup, which allow to package hydrophobic drugs in their chambers. TEM and SEM images show that the CD-PdNS/ZIF-8 JNPs possess unique composite structures, reasonably sized and uniform (Figure 6B). In vitro and in vivo results indicate that the dual-drug loaded particles are further used synergistic hydrophobic and hydrophilic drug chemotherapy and photothermal cancer therapy (combination index = 0.65). The dual drug-loaded JNP in the laser irradiation group has the highest cancer treatment efficiency. The good performance is due to the synergistic chemotherapy and photothermal therapy in NIR-II biowindow. This work significantly broadens the application of ZIF-8 by rationally designing their compositions and discovering the key properties between them.

Local hypoxia of tumors is an important indicator of tumor growth, which is the result of imbalance of oxygen supply and demand, resulting in extremely low oxygen content in local tumor areas.[27,28] In the course of cancer treatment, local hypoxia of the tumor has a negative impact on the effects of oxygen-dependent chemotherapy. To improve the tumor-killing effect, Zhang group has uncovered an all-in-one nano-platform for efficient chemo-photodynamic therapy of local hypoxia in tumors.[27] This multifunctional nanoplatform mounts MnO₂ nanodots onto a ZIF-8 carrier that has encapsulated g-C₃N₄ and doxorubicin hydrochloride, donated as FMZ/DC (Figure 7). The loaded MnO₂ nanodots react with endogenous acidic H₂O₂ to increase the dissolved oxygen concentration for overcoming the hypoxia-caused resistance in cancer therapy, significantly improving the therapeutic efficacy of chemo-photodynamic therapy for hypoxic cancer combined with DOX and C₂N₄. As a new nanoplatform for oxygen generation and pH-responsive drug delivery systems, it has excellent dispersibility and satisfactory biocompatibility. Meanwhile, the pH sensitivity of ZIF-8 allows quick release of the encapsulated drug in acidic H₂O₂ environment, avoiding side effects caused by nonspecific drug release of DOX. In vitro cytotoxicity experiments have shown that the designed nano-platform has a higher therapeutic effect than that without MnO₂ nanodots under hypoxic conditions, or chemical and photo dynamic therapy alone with the presence of MnO₂ nanodots. In vivo experiments have also demonstrated that 4T1 tumors can be very effectively eliminated by the designed nanoplatform under light irradiation. In summary, the experimental results based on the MnO₂ nanodots-based nanoplatform increased the oxygen concentration in the tumor microenvironment, and the vector minimized systemic toxicity, which is expected to improve the possibility of future cancer cure.

**Figure 6** A) Schematic diagram of preparing UFO-like CD-PdNS/ZIF-8 JNPs for in vitro and in vivo pH and NIR-II (1064 nm) dual-triggered synergistic, dual-drug chemotherapy, and photothermal therapy in NIR-II biowindow. B) TEM images of PdNS with edge length of B1) 50 nm and B4) 20 nm, PdNS/PAA JNPs (B2) 50 nm PdNS and B5) 20 nm PdNS, PdNS/ZIF-8 JNPs (B3) 50 nm PdNS and B6) 20 nm PdNS. Inset in (B3) is the corresponding SEM image of a PdNS/ZIF-8 JNP. Inset in (B4) is the enlarged HR-TEM image of circled area of a PdNS. Insets in (B5) and (B6) are the corresponding enlarged PdNS/PAA JNP and PdNS/ZIF-8 JNP, respectively.

**Figure 7** A) Schematic illustration of the fabrication of FMZ/DC nanocomposites. The diagram is not drawn to scale. B) Schematic illustration of FMZ/DC with oxygen generation enhancing the chemo-photodynamic therapy under 660 nm light irradiation.

Recently, biomimetic nanoplatform (precise treatment) have attracted wide attention for delivery of drugs through camouflage such as targeting and immune response.[59,60] In the process of targeting tumor sites, camouflage membranes can protect drug carriers from damage caused by human immune system, prolong drug life in the blood stream and selectively target to tumors. For instance, Zou group reported a multifunc-
tional biomimetic core-shell nanoplatform for improving synergistic chemotherapies and immunotherapies, and ZIF-8 carriers wrapped in cell membranes with good adaptability and flexible modification.\(^9\) ZIF-8 was used to load catalase (CAT) and doxorubicin (DOX) to construct the core for oxygen generation and drug storage (Figure 8A). The combination of the two drugs will bring about the change of $H_2O_2$ content, leading to the reduction of HIF-1α and the increase of the effect of chemotherapy. Subsequently, the core ZIF-8 vector was encapsulated in the mouse melanoma cell membrane to improve the ability of targeting and immune escape which induced by the abundance of antigens. The morphology and size of the mZCD were observed by TEM and SEM (Figure 8B), and the average size is 130 nm. In vivo and in vitro experiments show that this bionic core-shell nanoplatform with oxygen generation can partially accumulate in tumors. Meanwhile, with the release of drug molecule, the level of oxygen increases that further improves the efficacy of chemotherapy. Moreover, the nanocarrier has a strong effect in prolonging the recurrence time and inhibiting the metastasis of tumors. In addition, the biomimetic strategy provides these two drug molecules with protection of ZIF-8 and cell membrane, which exert potential synergistic chemotherapy and immunotherapy for feasible, accurate and efficient diagnosis of cancer.

In order to reduce the removal of nanoparticles by the immune system, different cell membranes have been widely used to coat nanoparticles, especially erythrocyte membrane.\(^8\) Using the enhanced permeability and retention (EPR) effect of target tumor tissues, the combination of nanoparticles and cell membranes solve the problems caused by inefficiency of drug delivery and poor therapeutic effect. Zhang and co-workers reported a biomimetic nanoreactor-TGZ@eM (TPZ-GOx-ZIF-8@eM), encapsulating ZIF-8 with erythrocyte membrane (eM) as core-shell structure (Figure 9A). ZIF-8 was used as nanocarrier to encapsulate GOx and prodrg telazanin (TPZ).\(^8\) Among them, glucose oxidase (GOx) can effectively consume endogenous glucose and oxygen, which further starves tumor cells. The anoxic microenvironment caused by oxygen consumption can transform prodrg TPZ into cytotoxic free radicals, inducing cancer cell death. Interestingly, the erythrocyte membrane shows good biomimetic properties of the outer coating, and TGZ@eM has a good modification effect, which can effectively accumulate in tumor tissues. In vivo experiments show that TGZ@eM has good selectivity and a high therapeutic effect. Importantly, it can be degraded in vivo and show sustainable release of drug molecules. The CLSM images exhibit obvious green fluorescence in the internal and edge of MCTS after treatments of GZ@eM and TGZ@eM due to the continuous $O_2$ consumption by GOx (Figure 9B). More importantly, this nanoparticle-based chemical curative strategy has no obvious side effect on normal organs and has great potential in the treatment of cancer in vivo. In conclusion, biomimetic nanoreactor not only explores the starvation of cancer cells caused by the loss of endogenous glucose and oxygen, but also creates a potential clinical application of colon cancer treatment strategy.

![Figure 9](image9.png)
The demand for bio-compatible, biodegradability and stability of ZIF-8. Firstly, the biotoxicity of nanocomposites is a basic concern for clinical applications. The prepared nanocarrier should be safe without harming normal cells and tissues, as well as body metabolism. Meanwhile, the immune response and tissue repair process in the body is very complicated. The fabricated nano-medicine should escape from the guard of immune systems and achieving long-time blood circulation. Therefore, the bio-description of ZIF-8 nanoparticles should be clear not only the nature of the material itself, but also the interaction between the nanoparticles and the local environment. Problems with the interaction with the body environment require further systematic investigation. In addition, the biodegradability and stability of ZIF-8 is a dynamic process in all types of environments, not static. Although researchers have discussed the degradation process and stability of ZIF-8 under different conditions, the fundamental picture of metabolic pathway of nanomedicine has still been masked. Therefore, a large number of studies should be carried out under simulated physiological conditions, especially, simulating how the drug-loading platform delivers various types of drugs to the target area and further monitor the drug release process in the body.

Despite significant advances and potential clinical applications in cancer treatment, the use of ZIF-8 for clinical applications remains a long-term challenge in the development of nanomedicine. Simultaneously, considering the excellent performance of synergistic effect of different treatment strategies, the ZIF-8-based multi-functional treatment platform has also been one of the main directions for future efforts.

**Author Contributions**

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

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