Microscopic removal of type III dens invaginatus and preparation of apical barrier with mineral trioxide aggregate in a maxillary lateral incisor: A case report and review of literature

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Abstract

BACKGROUND
Invaginated teeth pose greater challenges in clinical management because of their complex configuration. With advancements in equipment and materials, such as the dental operation microscope, cone-beam computed tomography and mineral trioxide aggregate, the preservation rate of type III dens invaginatus could be greatly increased.

CASE SUMMARY
This case report presented a 31-year-old woman with complaints of spontaneous swelling and pain in the right maxillary lateral tooth. With the aid of cone-beam computed tomography, type III dens invaginatus with apical periodontitis was diagnosed and confirmed. Three-visit endodontic treatment was performed. In the first visit, the invagination was carefully removed under the dental operation microscope, and chemomechanical preparation was done. In the second visit, mineral trioxide aggregate apical barrier surgery was performed in this tooth. In the third visit, the canal was finally obturated with thermoplastic gutta-percha to recover the crown morphology. A 26-mo follow-up revealed a satisfied outcome both in the radiographic and oral examinations.

CONCLUSION
In this case, removal of the entire abnormal structure provided great convenience for the follow-up treatment. When confronted with the same clinical case in the future, we can take a similar approach to address it.
INTRODUCTION

Dens invaginatus (DI) is a developmental variation resulting from an infolding of the outer enamel surface of a tooth into the interior[1]. It is caused by deepening or invagination of the enamel organ into the dental papilla before biological mineralization takes place[1]. After the tooth erupts, a cystic deep cavity can appear on the tooth surface. It usually occurs in maxillary lateral incisors and occasionally in maxillary central incisors or canines[1,3]. According to the depth of the invagination and anatomic variation, it can be divided into the deformed lingual sulcus, deformed root sulcus, malformed lingual tip, and dens in dente. Dens in dente is rare but the most severe condition in clinical practice[1]. The classification advised by Oehlers is the most commonly used, which classifies DI into three types on the basis of penetration depth and communication with periapical tissue[4]. Type I: Invagination confined inside the crown and not extending beyond the cementoenamel junction. Type II: Invagination extending beyond the cementoenamel junction but does not reach periapical tissue and remains as a blind sac. It may or may not communicate with the pulp. Type III: Invagination penetrates through the entire root, perforating the apical area and having a second foramen in the apical or periodontal area; there is no immediate connection with the pulp. A study on the proportion of various Oehlers types found that type I accounted for 81.25%, type II accounted for 6.25% and type III accounted for 12.5%. This article reports and discusses a case of non-surgical treatment of a maxillary lateral incisor diagnosed as type III DI with apical periodontitis. Treatment was performed with the guidance of cone-beam computed tomography (CBCT) imaging by removing the invagination with ultrasonic equipment and preparing an apical barrier with mineral trioxide aggregate (MTA) under a dental operation microscope (DOM).

CASE PRESENTATION

Chief complaint
A 31-year-old woman presented to the Department of Conservative Dentistry and Endodontics with complaints of spontaneous swelling and pain in an upper right anterior tooth for several days.

History of present illness
The patient felt spontaneous swelling and pain in an upper right anterior tooth for several days. The tooth was insensitive to cold and heat, but the patient felt uncomfortable when chewing. The tooth and its periodontal tissue had swollen before.

History of past illness
The patient recalled that the tooth had swelled before, and it was relieved after oral anti-inflammatory drugs.

**Physical examination upon admission**

Intra-oral examination disclosed the upper right lateral incisor with unusual morphological features, in which a deep sulcus of the palatal aspect was presented (Figure 1A). The crown also had a little change in color when compared to the adjacent tooth (Figure 1B). The tooth did not respond to thermal and cold tests, but it was sensitive to percussion. There was a swelling in the apical mucosa area, and no obvious fluctuation was detected. The electric pulp vitality test indicated pulp necrosis.

**Imaging examinations**

A preoperative radiographic examination (Figure 1C) showed the presence of dens invagination in the upper right lateral incisor and a large periapical radiolucency appearing around the apex. Because there was an aberrant anatomic structure and a periapical radiolucency of the tooth, a CBCT scan was taken as a complementary examination (Figure 2). The CBCT showed that the distal, mesial and palatal portions of the upper-middle section of the invagination was connected to the external teeth, and the lower section was separated from the external teeth.

**FINAL DIAGNOSIS**

Based on the subjective, objective and radiographic finding, a diagnosis of DI with apical periodontitis was made in the right maxillary lateral incisor.

**TREATMENT**

The proposed treatment protocol was as follows: The first protocol was extracting the tooth and planting; the second protocol was doing apical surgery after inflammatory control; and the third protocol was trying to remove the invaginated tooth and making an apical barrier under the DOM and deciding whether to perform apical surgery, depending on the apical healing situation.

After consideration of the advantages, disadvantages, prognosis, and cost of every treatment protocol, the patient chose the third protocol, which tried to remove the invaginated tooth and prepare an MTA apical barrier under the DOM. The difficulty of the operation was evaluated preoperatively and the possibility of extracting the invagination was assessed by CBCT images. The informed consent of treatment was provided for the patient.

At the first appointment, local anesthesia consisting of articaine with 1:100,000 epinephrine was administered, and access to the cavity was gained under rubber dam isolation. Using the DOM (OPMI PROergo, Carl Zeiss Meditec AG, Jena, Germany), the root canal of the invagination was visualized, just as shown by CBCT, and the labial side was separated from the external tooth. The abnormally invaginated tissue was carefully removed from the root trunk using ET20 and ET40 ultrasonic tips until completely separated (Figure 3A) and removed by medical forceps (Figure 3B). Afterwards, an intraoperative film was taken to confirm that the invagination had been completely removed (Figure 3C and 3D). Then, an ultrasonic tip was used to activate the canal soaked with sodium hypochlorite (Figure 3E). After drying with a sterile absorbent paper point, the canal was filled with calcium hydroxide paste and sealed temporarily. The patient was given a prescription for anti-inflammatory drugs with instructions to take for pain only if needed and to inform the doctor immediately if there was any discomfort. The patient was scheduled for MTA apical barrier surgery 1 wk later.

At the second appointment, the pain of the upper right lateral tooth had been significantly relieved. The examination found that the tooth was not sensitive to percussion, and no tenderness but slight bulging was present in the labial apical mucosa. Under rubber dam isolation, the calcium hydroxide in the root canal was removed by ultrasound. Then, 1% sodium hypochlorite was flushed into the canal and activated with ultrasonic tips, saline was used in the final irrigation (Figure 3F), and the canal was dried with absorbent paper points (Figure 3G). The working length was determined by an electronic apex locator and confirmed radiographically (Figure 3H). An apical barrier of 4 mm in thickness was created with MTA (Figure 3I and 3J), where a wet cotton pellet was placed above. Then the tooth was sealed with Ceivitron (GC Corporation, Tokyo, Japan).
Figure 1  The intraoral examination before treatment. A: The lingual view: the tooth has unusual morphologic features; B: The labial view: the upper right lateral tooth is slightly discolored; C: A preoperative radiograph of the tooth showed a type III dens invaginatus and an associated large apical radiolucency.

At the third appointment, which was set for 1 wk after the second appointment, the patient felt better. There was no obvious discomfort in the upper right lateral tooth, and the apical bulging in the labial mucosa was reduced. Rubber dam isolation was carried out to remove the temporary materials and cotton pellet of the root canal. Under the DOM, the barrier was probed firmly with a DG-16 probe (Hu-Friedy, Chicago, IL, United States) to confirm that the MTA was completely coagulated. The remaining space was then obturated with thermoplastic gutta-percha (SybronEndo, Orange, CA, United States) and AH-Plus (Dentsply Sirona, York, PA, United States) sealer, using a vertical condensation technique (Figure 3K). Thereafter, the access cavity was sealed with composite resin (ESPE Z350; 3M Science, Maplewood, MN, United States) (Figure 3L).

OUTCOME AND FOLLOW-UP

At the 9-, 15- and 26-mo follow-up appointments, the tooth remained asymptomatic. Chewing function could be exercised normally. However, the color of the crown did not significantly change until 26 mo (Figure 4A-C). There was no tenderness or obvious bulging in the labial apical mucosa. Radiographic examination at 9-, 15- and 26-mo postoperatively (Figure 4D-F) showed ongoing periapical repair, in which the apical radiolucency had been reduced and the bone trabecular structure was visible.

DISCUSSION

Dens in dente is the most serious type of dens invagination[1]. It has been reported that the incidence of DI ranges from 0.04% to 10%, with the maxillary lateral incisors most susceptible to involvement[6-8]. Depending on the severity of the infection and the complexity of its anatomy, several treatment methods for the invagination have been described. They included filling treatment, endodontic treatment[9], apical surgery[6,11], intentional reimplantation[12], and finally extraction. A case of invagination removal had also been reported in other literature[13].

In this case, after careful preoperative CBCT analysis, it was decided to use the method of removing the invagination and preparing the MTA apical barrier under a DOM to preserve the tooth. According to American Association of Endodontists commendations, CBCT should be considered the preferred treatment of teeth with the potential of suspected complex canal morphology or dental anomalies[14]. As a non-invasive diagnostic tool, CBCT has the advantages of increased accuracy and higher resolution. Moreover, CBCT offers significant scan-time reduction, radiation dose reduction, and reduced cost for the patient[15-17]. Compared with traditional 2-dimensional radiographs, CBCT produces undistorted three-dimensional information, which clearly displays images of the facial skeleton and the teeth and their surrounding tissues[18]. The induction and widespread adoption of the DOM is the
Figure 2 Cone-beam computed tomography images of dens invaginatus. A: The axial image; B: The sagittal image; C: The coronal sections image. A type III dens invaginatus tooth with apical periodontitis based on Oehlers classification can easily be seen in the images.

most revolutionary in non-surgical and surgical endodontic treatment, which offers various high- and low-power magnifications. DOM offers homogeneous illumination without shadows and a 3-dimensional view, which combine to make the examination site clearer[19,20].

Despite the help of CBCT and the DOM, there were still some challenges in this case. One of the difficulties was how to successfully remove the invagination and reduce the damage to the main root canal wall. We were inspired by orthognathic surgery to place the ultrasound tip in the root canal of the invaginated tooth. It was expected that the force of ultrasonic vibration would be conducted to the joint between the invagination and external tooth so that the invagination could be removed. Finally, the invagination was taken out in two steps, which basically conformed to the preoperative plan.

Another difficulty was the preparation of the MTA apical barrier. The tooth was characterized by absorption of the apex and destruction of the apical foramen. An apical barrier is used in teeth with necrotic pulps, open apices, periapical radiolucencies and root resorption [21]. Materials including collagen, calcium-enriched mixture cement, Biodentine and Portland cement have been reportedly used to make apical barriers [21]. However, several studies with varying follow-up periods revealed that MTA as an apical barrier has a high success rate in teeth with necrotic pulps, open apices, and apical lesions [22-26]. MTA is characterized by hard tissue conductivity [27] and biocompatibility [28] and has been recognized as a bioactive material. The main components of MTA are tricalcium silicate, tricalcium aluminate, calcium silicate, and tetracalcium aluminoferrite [29]. MTA is a type of hydraulic cement. Its powder contains small hydrophilic particles, which can interact with the natural fluids present in tissues [30]. The MTA barrier also has the advantages of reducing clinical time cost and early safe tooth restoration [21]. In this case, we chose MTA as the apical barrier material. The pulsatile exudation of the apex could be seen under the DOM, which made placement of the MTA apical barrier difficult. During the apical barrier operation, the exudation liquid was aspirated with a syringe while filling the MTA. Finally, the material was compacted by ultrasonic vibration to improve the sealing performance. At the same time, the depth of the thermoplastic gutta-percha was controlled at the level of the alveolar ridge, to leave enough depth and space for the resin to make up for the loss of dentin. Therefore, the resistance of the tooth could be improved. The follow-up examinations demonstrated that the treatment of the invagination was successful because radiographs showed that the apical radiolucency had been reduced and the bone trabecular structure was visible.

CONCLUSION

The article reported a type III DI treated by removing the invagination combined with an MTA apical barrier. A follow-up of 26 mo revealed satisfactory healing of the soft tissue and bone of the periapical lesion, but the long-term efficacy still should be observed.
Figure 3 Non-surgical treatment process. A: Invaginated tooth seen under the dental operation microscope; B: Partially invaginated tooth taken out for the first step; C: Intraoperative film confirmed that the invaginated tooth was completely removed; D: In vitro photo of a complete invaginated tooth; E: The canal was prepared with ultrasonic tip; F: The canal was irrigated with 1% sodium hypochlorite and saline; G: The canal was dried with absorbent paper points; H: Working length was confirmed with the X-ray dental pictures; I: Mineral trioxide aggregate was seen under the dental operation microscope; J: A radiographic image showed the apical third root was obturated with 4 mm mineral trioxide aggregate; K: The remaining pulp space was obturated with thermoplastic gutta-percha, and the access cavity was sealed with a composite resin; L: Radiograph taken immediately after the treatment.
Follow-up images at different periods. A-C: The labial view of the invaginated tooth during 9-, 15- and 26-mo follow-up examinations; D-F: Periapical radiographs taken at the 9-, 15- and 26-mo follow-up examinations. The apical radiolucency was significantly reduced.

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