Thermohaline instability and rotation-induced mixing. I - Low- and intermediate-mass solar metallicity stars up to the end of the AGB

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ABSTRACT

Context. Numerous spectroscopic observations provide compelling evidence for non-canonical processes that modify the surface abundances of low- and intermediate-mass stars beyond the predictions of standard stellar theory.

Aims. We study the effects of thermohaline instability and rotation-induced mixing in the 1-4 M$_\odot$ range at solar metallicity.

Methods. We present evolutionary models by considering both thermohaline and rotation-induced mixing in stellar interior. We discuss the effects of these processes on the chemical properties of stars from the zero age main sequence up to the end of the second dredge-up on the early-AGB for intermediate-mass stars and up to the AGB tip for low-mass stars. Model predictions are compared to observational data for lithium, $^{12}$C/$^{13}$C, [N/C], Na/Fe, $^{16}$O/$^{17}$O, and $^{18}$O/$^{16}$O in Galactic open clusters and in field stars with well-defined evolutionary status, as well as in planetary nebulae.

Results. Thermohaline mixing simultaneously accounts for the observed behaviour of $^{12}$C/$^{13}$C, [N/C], and lithium in low-mass stars that are more luminous than the RGB bump, and its efficiency is increasing with decreasing initial stellar mass. On the TP-AGB, thermohaline mixing leads to lithium production, although the $^7$Li yields remain negative. Although the $^3$He stellar yields are much reduced thanks to this process, we find that solar-metallicity, low-mass stars remain net $^3$He producers. Rotation-induced mixing is found to change the stellar structure so that in the mass range between $\sim$ 1.5 and 2.2 M$_\odot$ the thermohaline instability occurs earlier on the red giant branch than in non-rotating models. Finally rotation accounts for the observed star-to-star abundance variations at a given evolutionary status, and is necessary to explain the features of CN-processed material in intermediate-mass stars.

Conclusions. Overall, the present models account for the observational constraints very well over the whole mass range presently investigated.

Key words. instabilities – stars: abundances – stars: interiors – stars:rotation – hydrodynamics

1. Introduction

At all stages of their evolution, low- and intermediate-mass stars (LIMS) exhibit the signatures of complex physical processes that require challenging modelling beyond canonical (or standard) stellar theory$^1$. The combined effects of rotation-induced mixing, atomic diffusion, and internal gravity waves, have been extensively studied and were shown to account self-consistently for observational patterns of light elements such as lithium and beryllium in main sequence and subgiant LIMS (see e.g. Charbonnel & Talon 2008, Smiljanic et al. 2009, and references therein). During the first dredge-up (1DUP; Iben 1967), the stellar surface chemical composition is further modified when the deepening convective envelope mixes the external layers with hydrogen-processed material. Dilution then changes the surface abundances of helium-3, lithium, beryllium, boron, carbon, nitrogen, and eventually sodium, with modification amplitudes that strongly depend on the initial stellar mass and metallicity (e.g. Sweigart et al. 1989, Charbonnel 1994, Boothroyd & Sackmann 1999). After the completion of the first dredge-up, both standard and recent rotating models (Chamamé et al. 2005, Palacios et al. 2006) predict no further variations in the surface abundance patterns until the stars start climbing the asymptotic giant branch (AGB).

Numerous observations provide, however, compelling evidence of a non-canonical mixing process that occurs when low-mass stars reach the so-called bump in the luminosity function on the red giant branch (RGB). At that phase, indeed, the surface carbon isotopic ratio drops, together with the abundances of lithium and carbon, while that of nitrogen increases slightly (Gilrov & Brown 1991, Luck 1994, Charbonnel 1994, Charbonnel et al. 1998, Charbonnel & Do Nascimento 1998, Gratton et al. 2000, Tautvaišienė et al. 2000, Tautvaišienė et al. 2005, Smith et al. 2002, Shetrone 2003, Pilachowski et al. 2003, Geisler et al. 2005, Spitler et al. 2006, Recio-Blanco & de Laveryn 2007, Smiljanic et al. 2009). Based on lithium observations, Charbonnel & Balachandran (2000) proposed that intermediate-mass stars suffer from a similar extra-mixing episode when they reach the equivalent of the bump on the early-AGB phase, after helium exhaustion.

Thermohaline mixing has recently been identified as the mechanism that governs the photospheric composition of low-mass bright giants (Charbonnel & Zahn 2007). In such stars, this double diffusive instability is in-

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$^1$ By canonical we refer to the modelling of non-rotating, non-magnetic stars, in which convection is the only mechanism that drives mixing in stellar interiors.

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$^2$ “Bright” refers here to stars that are more evolved than the RGB bump.
duced by the molecular weight inversion created by the $^{3}\text{He}(^{4}\text{He},2p)^{4}\text{He}$ reaction in the external wing of the hydrogen-burning shell. Indeed this peculiar reaction converts two particles into three and thus decreases the mean molecular weight, as already pointed out by Ulrich (1971) although in a different stellar context. The thermohaline instability is expected to set in after the first dredge-up when the star reaches the RGB luminosity bump. In terms of stellar structure, the RGB bump corresponds to the moment when the hydrogen-burning shell (hereafter HBS) encounters the chemical discontinuity created inside the star by the convective envelope at its maximum extent during the first dredge-up. When the source shell (which provides the stellar luminosity on the RGB) reaches the border of the H-rich previously mixed zone, the corresponding decrease in molecular weight of the H-burning layers induces a drop in the total stellar luminosity, thereby creating a bump in the luminosity function since stars spend a relatively long time at this location (i.e., Fusi Pecci et al. 1990; Charbonnel 1994; Charbonnel et al. 1998). Afterwards H-burning occurs in a region of uniform composition, allowing for the molecular weight inversion due to $^{3}\text{He}$ burning to show up and thus enabling the thermohaline instability to set in.

Actually it was Eggleton et al. (2006) who first drew attention to the destabilizing role of the mu-inversion due to $^{3}\text{He}$-burning in a red giant. Their claim was based on a 3D simulation aimed at studying the core helium flash of low-mass red giants with the hydrodynamic code “Djehuty” and performed with a mu-profile drawn from a 1D evolutionary sequence (Dearborn et al. 2006), which fortuitously demonstrated what the authors called an “unexpected mixing”: they ascribed it to the well-known Rayleigh-Taylor instability (Eggleton et al. 2006, 2007). However, CZ07 pointed out that in a star, as the inverse mu-gradient is gradually building up, the first instability to occur and to modify the mu-profile is the double-diffusive instability known in the literature under the generic name of thermohaline instability (Sierro 1960). This important precision on the actual nature of the physical process operating in the star was acknowledged by Eggleton et al. (2008) see also Denissenkov & Pinsonneault 2008 and Cantiello & Langer 2010; it is not just a question of semantics, since these two instabilities - one dynamical and the other double diffusive - proceed on much different timescales. It is important to note that thermohaline instability has long been known to develop in other stellar situations whenever inverted molecular-weight gradients are built. This is the case for instance when helium- or carbon-rich material is deposited at the surface of a star in a mass-transferring binary (Sotiers & Simon 1963; Stanchilfe et al. 2007), when a star accretes heavy elements during planet formation (Vauclair 2004), or after the ignition of $^{4}\text{He}$ burning in a degenerate shell (i.e., core helium flash; see Thomas 1967, 1970), which occurs in stars that have kept a magnetic field. Indeed Charbonnel & Zahn (2007a) examined the effect of a magnetic field on the thermohaline instability, and concluded that in a large fraction of the descendants of Ap stars thermohaline mixing should not occur. The relative number of such stars with respect to non-magnetic objects that undergo thermohaline mixing is very low (less than 5%, see J. Wolf 1968; North 1993; Power et al. 2007) and consistent with the statistical constraint coming from observations of the carbon isotopic ratio in evolved stars as estimated by Charbonnel & Do Nascimento (1998). It also reconciles the measurements of $^{4}\text{He}/^{2}\text{He}$ in Galactic HII regions with high values of $^{4}\text{He}$ observed in a couple of planetary nebulae (for more details see Charbonnel & Zahn 2007a).

However, the impact of thermohaline mixing on the stellar chemical properties appears to depend on the initial stellar mass and metallicity, as suggested by the observations of the carbon isotopic ratio (which is the most reliable signature of this mechanism) in giant stars over broad ranges in mass and metallicity (see references above). Until now, the theoretical background for these correlations is not firmly established (e.g., the mass range where thermohaline convection actually modifies the stellar surface composition), and the influence of other quantities such as the rotation history has never been investigated.

This is the aim of this series of papers where we investigate the occurrence and the impact of thermohaline mixing in stars of various initial masses and metallicities with non-canonical models, i.e., taking into account self-consistently this mechanism together with rotation-induced mixing. Here we focus on the solar metallicity case, with the main observational constraints coming from abundance determinations in evolved stars with well defined evolutionary status up to the early-AGB and belonging to open clusters with turnoff masses between $\sim 1$ and $4\, \text{M}_\odot$ or to the field. We also use as observational constraints lithium abundance determinations in low-mass oxygen-rich AGB variables and carbon isotopic ratios in planetary nebulae. In $\S$ 2 we present the input physics of our models. In $\S$ 3 we discuss the
predictions of our models computed with thermohaline mixing only, and then of our models that also include rotation-induced mixing. Theoretical predictions are compared to observations in § 4 before we conclude in § 5.

2. Input physics for the stellar models

We present models computed with the code STAREVOL (Siess et al. 2000; Palacios et al. 2003, 2006) at solar metallicity (with Asplund et al. 2005 chemical composition except for Ne for which we use the value derived by Cunha et al. 2006) for a range of initial stellar masses between 1 and 4 M⊙. In order to quantify precisely the impact of each transport process at the various evolutionary phases, we will show predictions for models computed with the following assumptions: (1) Standard models (no mixing mechanism other than convection); (2) Models including thermohaline mixing only (rotation velocity v=0); (3) Models including thermohaline mixing and rotation-induced processes for different initial rotation velocities. All the models are computed up to the end of the second dredge-up on the early-AGB. Some of the low-mass models are followed along the TP-AGB up to the AGB tip.

2.1. Microphysics

We use the OPAL opacity tables (Iglesias & Rogers 1996) for T > 8000 K that account for C and O enrichments, and the Ferguson et al. (2005) data at lower temperatures. In both cases tables consistent with the assumed initial composition have been generated. We follow the evolution of 53 chemical species from 1H to 37Cl using the nominal NACRE nuclear reaction rates (Angulo et al. 1999), by default and those given in Appendix A otherwise. The equation of state is described in details in Siess et al. (2000) and accounts for the non-ideal effects due to Coulomb interactions and pressure ionisation. The treatment of convection is based on the classical mixing length formalism with αMLT = 1.6, and no convective overshoot is included. The mass loss rates are computed with Reimers (1975) formula (with η= 0.5) up to the early-AGB phase, and with Vassiliadis & Wood (1993) prescription on the TP-AGB.

2.2. Thermohaline mixing

The thermohaline instability occurs in a stable stratification that satisfies the Ledoux criterion for convective instability:

\[ \nabla \rho - \nabla + \left( \frac{\varphi}{\delta} \right) \nabla \mu > 0, \]

but where the molecular weight decreases with depth:

\[ \frac{d \ln \mu}{d \ln P} < 0, \]

with the classical notations for \( V = (\partial \ln T/\partial \ln P) \), \( \varphi = (\partial \ln \rho/\partial \ln \mu)_{P,T} \) and \( \delta = -(\partial \ln \rho/\partial \ln T)_{P,\mu} \) respectively the molecular weight gradient and the adiabatic gradient.

For the turbulent diffusivity produced by the thermohaline instability we use the prescription advocated by CZ07 based on Ulrich (1972) arguments for the aspect ratio \( \alpha \) (length/width) of the salt fingers as supported by laboratory experiments

3. Theoretical predictions

We first consider the case of low-mass stars that ignite helium-burning by a flash at the tip of the RGB well above (in terms
of luminosity) the bump. With the considered metallicity and input physics this corresponds to stars with initial masses below \( \sim 2.2 \, M_\odot \). We present detailed predictions for a 1.25 \( M_\odot \) model computed without and with rotation (but with thermohaline mixing in both cases) in § 3.1 and 3.2 respectively, and discuss the uncertainties on the thermohaline diffusivity in § 3.3, § 3.4 is devoted to the case of stars in the mass range 1.5–2.2 \( M_\odot \). Then in § 3.5 we shortly discuss the predictions for intermediate-mass stars.

### Table 2. Surface values of \(^{12}\)C/\(^{13}\)C, [C/Fe], [N/Fe], [Na/Fe], N(Li) and N(Be) at the end of the first and second dredge-up (1DUP and 2DUP respectively) and at the RGB tip (RGB) for models computed under different assumptions: Standard (st, no thermohaline nor rotation-induced mixing), with both thermohaline and rotation-induced mixing (th+rot).

| M (\( M_\odot \)) | \( V_{\text{turn}} \) (km s\(^{-1}\)) | B min (\( L_\odot \)) | B max (\( L_\odot \)) | L th (\( L_\odot \)) | L tip (\( L_\odot \)) |
|---|---|---|---|---|---|
| 1.25 | 20.48 20.48 19.94 | 0.19 0.21 0.22 | 0.20 0.20 0.20 | 0.20 0.20 0.20 | 0.20 0.20 0.20 |
| 2.0 | 70 74 77 | 59 60 61 | 59 60 61 | 59 60 61 | 59 60 61 |

### 3.1. 1.25 \( M_\odot \) model with thermohaline mixing only

Figure 1 presents the evolutionary track in the Hertzsprung-Russell diagram (HRD) of the 1.25 \( M_\odot \) model computed with thermohaline mixing only (no rotation). Several points are selected along the track in order to discuss the evolution of some relevant stellar properties. \( A_1 \) corresponds to the turnoff, when the hydrogen mass fraction in the stellar core is below \( 0.65 \). Deeper inside the star the deuterium abundance peaks at \( D_1 \) and \( E_1 \) are close to and at the tip of the RGB (the mass of the helium core is 0.428 and 0.486 \( M_\odot \), respectively, for a total stellar mass of 1.14 and 1.03 \( M_\odot \)).

#### 3.1.1. Main sequence and subgiant branch

Figure 2 depicts the chemical structure of a 1.25 \( M_\odot \) star at the end of central hydrogen-burning (point \( A_1 \)). The most fragile elements lithium, beryllium, and boron, which burn at relatively low-temperatures and are preserved only in the most external stellar layers, are not shown here. On the pre-main sequence, pristine deuterium is converted to \(^3\)He, while on the main sequence H-burning through the pp-chains builds up \(^7\)Be, stable against \( \beta \)-decay. The stability of \(^7\)Be stands at \( \sim 25 \) kyr. On the main sequence, pristine deuterium is converted to \(^3\)He, while on the main sequence H-burning through the pp-chains builds up \(^7\)Be, stable against \( \beta \)-decay. The stability of \(^7\)Be stands at \( \sim 25 \) kyr. On the main sequence, pristine deuterium is converted to \(^3\)He, while on the main sequence H-burning through the pp-chains builds up \(^7\)Be, stable against \( \beta \)-decay. The stability of \(^7\)Be stands at \( \sim 25 \) kyr.
peak. In the very central regions, $^{21}\text{Na}$ is produced through proton capture by $^{22}\text{Ne}$.

When the star moves towards the RGB its convective envelope deepens and engulfs most of the regions that have been nuclearly processed (1DUP). In Fig. 1, the maximum depth reached by the convective envelope is indicated by the vertical arrow. The so-called first dredge-up results in severe changes in the surface chemical properties of the star (see Fig. 6) since surface material is diluted with matter enriched in chemical properties of the star (see Fig. 6) since surface material is diluted with matter enriched in $^{13}\text{C}$, $^{14}\text{N}$, but depleted in $^{12}\text{C}$ and $^{18}\text{O}$. In the standard models the surface abundances are not predicted to change anymore after the end of the first dredge-up until the star reaches the early-AGB. However, as we shall see below, thermohaline mixing induces a second modification of the stellar chemical appearance on the upper end of the RGB.

3.1.2. Predictions up to the RGB tip

As discussed in § 1, the thermohaline instability induced by the $^{3}\text{He}({}^{4}\text{He},2p)^{4}\text{He}$ reaction is able to set in on the RGB only after the star has reached the luminosity bump, when the HBS crosses the molecular weight barrier left behind by the convective envelope when it reached its maximum extent. In the case where thermohaline mixing is the only transport process considered within radiative regions (i.e., rotation-induced mixing being neglected), we find that for solar metallicity stars with initial mass lower or equal to 1.5 $M_{\odot}$, the thermohaline instability soon extends between the external wing of the HBS and the base of the convective envelope (see Table 1). This is shown for the 1.25 $M_{\odot}$ model in Fig. 2 where the thermohaline region is indicated in blue. For this model, the bump is located between $L_{b,\text{min}}=37$ $L_{\odot}$ and $L_{b,\text{max}}=45$ $L_{\odot}$, and the thermohaline instability contacts the convective envelope when the stellar luminosity is $L_{\text{c,th}} \sim 94$ $L_{\odot}$. As far as timescales are concerned, the 1.25 $M_{\odot}$ model spends $3.9 \times 10^7$ years in the bump (i.e., in the luminosity interval between $L_{b,\text{min}}$ and $L_{b,\text{max}}$, see Fig. 1), and then reaches $L_{\text{c,th}}$ after $2.65 \times 10^7$ years.

Figure 4 depicts the temporal evolution along the RGB of the abundance profiles of $H$, $^{3}\text{He}$, of the carbon isotopic ratio, and of the thermohaline diffusion coefficient $D_{\text{th}}$. The variable $\delta M$ is a relative mass coordinate allowing for a blow-up of the radiative region above the HBS. Namely,

$$\delta M = \frac{M_c - M_{\text{HBS}}}{M_{\text{BCE}} - M_{\text{HBS}}}.$$

It is equal to 1 at the base of the convective envelope $M_{\text{BCE}}$ and to 0 at the base of the HBS $M_{\text{HBS}}$ (which is defined as the depth where the hydrogen mass fraction equals $10^{-10}$). On each graph the black solid lines correspond to the evolution point $B_{1,25}$ on the HRD when the thermohaline region is still quenched in a very tiny region, while the other curves correspond to later times (points $C_{1,25}$, $D_{1,25}$, and $E_{1,25}$) when the thermohaline instability has extended up to the base of the convective envelope. The maximum depth of the thermohaline unstable region corresponds to the layer where the $^{3}\text{He}({}^{4}\text{He},2p)^{4}\text{He}$ reaction becomes faster than $^{3}\text{He}({}^{4}\text{He},2p)^{4}\text{He}$ ($\delta M \sim 0.2$; see upper panel in Fig. 5). There the hydrogen profile shows a peak which maxi-
Fig. 3. Kippenhahn diagram for the 1.25 M⊙ star computed with thermohaline mixing (no rotation-induced processes). Here we focus on the evolution phase around the RGB luminosity bump (located at a total stellar luminosity of \( \sim 45 \, L_\odot \) as indicated by the left arrow). Hatched area is the convective envelope. Green dotted lines delimit the hydrogen-burning shell above the degenerate helium core. The zone where the thermohaline instability develops is shown in hatched blue. The right arrow indicates the total stellar luminosity \( (L_{\text{e,th}} \sim 94 \, L_\odot) \) at which the thermohaline region extends up to the convective envelope and thus when the surface chemical composition starts changing.

Fig. 4. Profiles of the abundances (in mass fraction) of H, \(^3\)He, of the carbon isotopic ratio, and of the thermohaline diffusion coefficient at various evolution points on the RGB (see Fig. 1): Slightly above the bump (point B\(_{1.25}\), black solid line), at the luminosity of the contact (point C\(_{1.25}\), red dashed line), close from the RGB tip (point D\(_{1.25}\), magenta long dashed line), and at the RGB tip (point F\(_{1.25}\), black dot-dashed line). The absissa is the scaled mass coordinate \( \delta M \) that allows a blow up of the region of interest (\( \delta M=0 \) at the base of the HBS and \( \delta M=1 \) at the base of the convective envelope).

The evolution of the surface abundances from the zero age main sequence up to the RGB tip is shown on Fig. 5 (left panels for the present case without rotation-induced mixing). One sees clearly the signatures of the first dredge-up at \( \log(L/L_\odot) \sim 0.6 \) that leads to an increase of the surface abundances of \(^3\)He, \(^{12}\)C, \(^{14}\)N, and \(^{17}\)O, and of the \(^{16}\)O/\(^{18}\)O ratio, and to a decrease of \(^{12}\)C, \(^{18}\)O, of the \(^{12}\)C/\(^{13}\)C and \(^{16}\)O/\(^{17}\)O ratios as the convective envelope digs into the regions that have been nuclearily processed on the main sequence (see Fig. 2). Then all surface abundances level off while the star ascends the RGB up to the bump. At \( \log(L/L_\odot) \sim 2 \), thermohaline mixing does lead to a second change in the stellar surface composition. It induces in particular a second drop of the carbon isotopic ratio and efficiently destroys \(^3\)He and \(^7\)Li (see Fig. 10) while \(^{14}\)N and \(^{16}\)O/\(^{17}\)O slightly increase. We note that the \(^3\)He surface abundance at the tip of the RGB is much reduced compared to its value after the first dredge-up, although it remains higher than the initial value the star is born with. This is due to the combination of several factors related to the thermohaline diffusion timescale on one hand, and to the compactness of the HBS. More specifically, the final \(^3\)He surface abundance can in principle decrease down to the value of \(^3\)He at the bottom of the thermohaline unstable region (i.e., at \( \delta M \sim 0.3 \) in the 1.25 M⊙ case; see Fig. 9). However, the timescale for thermohaline diffusion in this model is such that the surface \(^3\)He at the RGB tip saturates at a higher value. In the case of low-mass, low-metallicity stars presented in CZ07, the thermohaline unstable region is more compact and has a steeper temperature gradient, resulting in a more efficient decrease of the surface \(^3\)He abundance than in the present case. The same reasoning applies to the surface abundance changes in \(^{12}\)C and \(^{14}\)C so that the carbon isotopic ratio at the tip of the RGB saturates here to a value.

\[^4\text{N(Li)}=\text{log}[n(\text{Li})/n(\text{H})]+12\]

\[^5\text{In the standard case without thermohaline mixing, the abundances obtained at the end of the first dredge-up remain unchanged until the convective envelope deepens for the second time on the early-AGB.\]
of the order of 10, while lower ratios closer from the equilibrium value are reached in low-mass, low-metallicity stars (see Fig. 3 and 4 of CZ07).

3.1.3. Predictions on the AGB

After helium ignition at the RGB tip, the total stellar luminosity drops down to the location of the clump (at Log(L/L⊙) ~ 1.7 for the 1.25 M⊙ model discussed here). A very modest decrease of the surface 7Li and 12C/13C occurs when the star starts ascending the early-AGB due to a second deepening of the convective envelope (see Table 2). Also, 4He (in mass fraction) decreases very slightly from 3.7 x 10^-4 to 3.3 x 10^-3. In other words, some 4He remains in the external convective layers when the star enters the thermal pulse phase on the AGB (TP-AGB) and is available to drive thermohaline mixing further as discussed below.

This 1.25 M⊙ model was computed until the end of the superwind phase (at that point the total stellar mass is 0.567M⊙, and the mass of the envelope is 0.017M⊙). Meanwhile it has undergone five thermal pulses. In the present study we assume no convectively induced extra-mixing below the convective envelope as usually required to induce the third dredge-up in low-mass TP-AGB models (Herwig et al. 1997; Herwig 2000; Herwig et al. 2007; Mowlavi 1999; Karakas et al. 2002; Karakas 2010). Consequently we do not expect our models to mimic carbon-rich stars (but see § 3.4). Such a study is out of the scope of the present work and TP-AGB predictions based on the present computations but including also different overshoot prescriptions will be presented in a future paper.

Let us note, however, that we find that with the present assumptions thermohaline mixing is active during each interpulse and modifies the surface abundances as can be seen on Fig. 6. As on the RGB, thermohaline mixing changes, but in a very modest way, the abundances of 3He, 12C, 13C, 14N, 16O, and 18O, while heavier elements are unaffected.

Also and in contrast with what happened on the RGB, the surface abundance of 7Li now increases (see Table 3). This is due to the mixing efficiency that allows the transport of fresh 7Be outwards to regions cool enough for 7Li to survive. In the present case the production of 7Li is significant, and the surface N(Li) reaches a value of ~0.9 (then the star has a total luminosity Log(L/L⊙) between ~3.0 and 3.6). We thus confirm, but this time at solar metallicity, the finding by Stancliffe (2010) that thermohaline mixing does increase the surface Li abundance in low-mass TP-AGB stars. Whether these Li-rich objects can simultaneously be carbon-rich will require further investigation of the TP-AGB phase including parametric convective overshoot as mentioned before. As can be seen in Table 3 the total stellar yields for lithium remain negative.

3.2. 1.25 M⊙ model with thermohaline and rotation-induced mixing

Let us now discuss the case of a 1.25 M⊙ model that does take into account both thermohaline instability and rotation-induced mixing as described in § 2.2 and 2.3.
3.2.1. Main sequence and subgiant branch

As described above, the thermohaline instability induced by $^3$He-burning sets in only on the RGB after the bump. Before a star reaches that phase, the modifications of its internal and surface chemical abundances are thus driven by rotation-induced mixing on the main sequence and convective dilution during the first dredge-up episode on the subgiant branch and early-RGB. The predictions of our rotating models up to that phase have been extensively tested in previous papers. They account nicely for the behaviour of lithium and beryllium at the surface of Population I main-sequence and subgiant stars (see § 4.1; Talon & Charbonnel 1998, 2010; Charbonnel & Talon 1999; Palacios et al. 2003; Pasquini et al. 2004; Smiljanic et al. 2009; Charbonnel & Lagarde 2010).

Rotation-induced mixing has also an impact on the internal abundance profiles of heavier chemicals involved in hydrogen-burning at higher temperatures than the fragile Li and Be. This can be seen at the moment of the turnoff in Fig. 2 for the 1.25 $M_\odot$ star computed for different initial rotation velocities. They account nicely for the behaviour of lithium and beryllium at the surface of Population I main-sequence and subgiant stars (see § 4.1; Talon & Charbonnel 1998, 2010; Charbonnel & Talon 1999; Palacios et al. 2003; Pasquini et al. 2004; Smiljanic et al. 2009; Charbonnel & Lagarde 2010).

In the rotating models, the abundance gradients are smoothed out compared to the standard case: $^3$He, $^{13}$C, $^{14}$N, and $^{17}$O diffuse outwards, while $^{12}$C and $^{18}$O diffuse inwards. However, rotation-induced mixing is not efficient enough to noticeably change the surface abundances of these elements while on the main sequence for the 1.25 $M_\odot$ model computed with different initial rotation velocities.

In particular the surface abundance variations during the first dredge-up are slightly strengthened when rotation-induced mixing is accounted for, as shown in Fig. 6. For example, more $^3$He is brought into the stellar envelope, and the post dredge-up $^{12}$C/$^{13}$C and $^{16}$O/$^{17}$O ratios are lower than in the non-rotating case. We note, however, that neither $^{16}$O nor $^{23}$Na are affected, and that no $^{23}$Na enhancement is expected at the surface of such a low-mass star during the first dredge-up.

3.2.2. Red giant branch

The modifications of the internal abundances due to rotation-induced mixing that we just discussed for the 1.25 $M_\odot$ model do induce slight variations of the overall stellar structure and of the evolutionary track. In the case of such a low-mass star, the impact on the effective temperature and luminosity along the RGB is relatively modest as can be seen in Fig. 8. We note that in the case of the computation without rotation (black full line) the drop in luminosity at the RGB bump (that is associated with a slight increase in $T_{\text{eff}}$ at $\sim 5.8 \times 10^9$ years) is clearly noticeable. In the rotating case the inflexion in luminosity at the bump is less pronounced and occurs at slightly lower luminosity. Consequently, the stellar luminosity at which the thermohaline instability reaches the convective envelope is also slightly lower in the rotating case (see Table 1).

Figure 9 shows, at the evolution point $C_{1.25}$ for the 1.25 $M_\odot$ model computed with an initial rotation velocity of 110 km.s$^{-1}$, the diffusion coefficient associated to the thermohaline instability, $D_{\text{thc}}$ (Eq. 1 for $C_1 = 1000$), and the total diffusion coefficient associated to rotation, $D_{\text{rot}}$, that characterizes the transport of chemicals through the interaction of meridional circulation and shear turbulence (Zahn 1992; see e.g. Eqs. 5, 7 and 8 in Palacios et al. 2006). $D_{\text{thc}}$ is five to six orders of magni-

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The only exception is $^7$Li which is strongly depleted in the rotating case.
This confirms the finding by Cantiello & Langer (2008, 2010) that in the relevant layers thermohaline mixing has much higher diffusion coefficients than rotational and magnetic instabilities. It is also perfectly consistent with the results of Palacios et al. (2006), see also Chanamé et al. (2005) who studied the impact of rotation-induced mixing on the RGB for low-mass stars and showed that it cannot (with the present assumptions) account for the abundance anomalies observed in bright giants. These authors noted that assuming differential rotation (i.e., uniform specific angular momentum) instead of solid body rotation (i.e., uniform angular velocity) in the convective envelope along the RGB (see, i.e., Brun & Palacios 2009) does lead to higher efficiency of the rotation-induced processes below the convective envelope. However, even in that case, Palacios and collaborators showed that the total transport coefficient associated to rotation does not rise above $10^5$ cm$^2$ s$^{-1}$ in the outer HBS, which is still much lower than the thermohaline diffusion coefficient.

Thermohaline mixing thus governs the surface abundance variations on the upper half of the RGB as already discussed by CZ07. The corresponding predictions for the 1.25 $M_\odot$ model computed with an initial rotation velocity of 110 km s$^{-1}$ can be seen in Fig. 6(right panels).

3.2.3. AGB

The 1.25 $M_\odot$ model with an initial rotation velocity of 110 km s$^{-1}$ was computed until the end of the superwind phase (total stellar mass and mass of the envelope being respectively equal to 0.566 $M_\odot$ and 0.014 $M_\odot$), and has undergone four thermal pulses. During the TP-AGB the behaviour of the surface abundances is similar to that discussed in § 3.1.2. In the present case, the maximum N(Li) value reached at the end of the TP-AGB is $\sim 0.8$ (instead of 0.9 in the 1.25 $M_\odot$ non-rotating model discussed in § 3.1; see also Table 3). Again, predictions for carbon at that phase must be taken with caution since the impact of parametric convectively induced extra-mixing is not taken into account.

### 3.3. Uncertainties on the thermohaline diffusion coefficient

3.3.1. Size and shape of the thermohaline cells

CZ07 performed computations for various values of the coefficient $C_1$ and discussed the uncertainties on the efficiency of the thermohaline mixing that are basically related to the size and shape of the thermohaline cells. Their preferred value for the aspect ratio $\alpha=5$ (see § 2.2) also used in the present computations corresponds to “fingers” rather than “blobs” whose shorter mixing length would translate into smaller value (by a factor of $\sim 50$) for the coefficient $C_1$. Crude as it may be, this choice first advocated by Ulrich (1972) is supported by laboratory experiments where the instability takes the form of salt fingers (Krishnamurti 2003). Also and contrary to the “blob assumption”, the “finger prescription” leads to a very good description of the surface abundances in low-metallicity stars as shown in CZ07, as well as in solar-metallicity stars as will be discussed in § 4. Unfortunately and as mentioned by Eggleton et al. (2007), the 3D simulation by Eggleton et al. (2006) did not have the resolution to give clues on the aspect ratio of the fingers.

As a test we have however run a 1.25 $M_\odot$ model without rotation-induced mixing but with $C_1 = 10^3$ instead of the value of $10^4$ used in all the other computations presented in the present paper. The predictions for the evolution of the surface abundances up to the RGB tip are shown in Fig. 6 (red lines in left panels) and 10. As expected, increasing the thermohaline diffusion coefficient by a factor of 10 leads to faster and substantially stronger processing of material on the RGB: At the RGB tip, the surface abundances of $^3$He and of $^7$Li are reduced respectively by a factor of 2 and by $\sim 1.5$ dex compared to the $C_1 = 10^3$ assumption. The impact on the carbon and oxygen isotopic ratios and on the surface abundance of $^{14}$N is more moderate.

Even in that case there remains enough $^3$He to drive thermohaline mixing when the star is on the TP-AGB. The Li production during that phase is higher than in the $C_1 = 10^3$ case, with the final surface abundance N(Li)=2 instead of 0.9. The final $^3$He abundance and carbon isotopic ratio are $1.8 \times 10^{-4}$ (in mass fraction) and 8 respectively (instead of $3.15 \times 10^{-4}$ and 9.65).

3.3.2. Atomic diffusion

In the present computations we have not included the effects of atomic diffusion. In particular we do not consider radiative levitation that may lead to accumulation of heavy elements and thus to thermohaline instability in the outer layers of peculiar, slowly-rotating main sequence A-type stars (see Théado et al. 2009). This simplification has no effect on our conclusions, since the thermohaline instability induced by iron accumulation affects...
only the very external regions of these atypical main sequence stars and has no direct impact on the nuclear burning occurring much deeper inside the star, nor on the RGB chemical properties.

We do not consider either the effect of atomic diffusion on the RGB, although Michaud et al. (2010) pointed out that at that phase $^4$He gravitational settling may eventually lead to a larger $\mu$-inversion than $^3$He-burning on the outskirts of the HBS. In their computations, however, thermohaline mixing is not taken into account. Consequently the effects of concentration variations on $\mu$ they get from pure atomic diffusion are maximum compared to reality where thermohaline mixing (induced by $^3$He-burning and eventually by $^4$He-settling) counteracts atomic diffusion. Michaud and collaborators have estimated that a value of $D_{\text{thc}}$ of the order of $10^7$ cm$^2$ s$^{-1}$ is able to substantially reduce (by a factor of 10) the small gradients of He caused by atomic diffusion on the RGB for a 0.95M$_\odot$ Z=0.004 model. Given that this number is smaller than $D_{\text{thc}}$ obtained in our RGB models (see Fig. 4 and 9), we can safely assume that the effects of atomic diffusion must be wiped out by turbulence and that $^3$He-burning is the dominating process inducing thermohaline instability between the HBS and the convective envelope in RGB stars. We are aware that some $^4$He settling may remain even under the counteracting action of thermohaline mixing, although this should be confirmed by computations that are out of the scope of the present paper. One may note, however, that this should simply slightly re-enforce the $\mu$-inversion induced by $^3$He-burning (although to a much lower extent than in Michaud’s computations), and thus strengthen the thermohaline transport compared to the present models.

3.4. Low-mass stars more massive than $\sim 1.5$ M$_\odot$

Table 1 gives the luminosity of the bump as well as the luminosity $L_{\text{c,th}}$ at which the thermohaline instability “contacts” the base of the convective envelope for all the low-mass stellar models computed both without and with rotation for the present study. As we have just seen, for RGB stars less massive than $\sim 1.5$ M$_\odot$, thermohaline mixing starts changing the surface abundances soon after the bump. However, for RGB stars with initial mass higher than 1.5 M$_\odot$ computed without rotation-induced mixing, the thermohaline instability is long quenched into a very thin region, and is able to connect the external wing of the HBS with the convective envelope only when the star reaches already very high luminosity, close from the RGB tip. This is consistent with the finding by Cantiello & Langer (2008, 2010) of an upper mass limit for efficient thermohaline mixing in non-rotating low-mass RGB stars. However, as we shall see below, this conclusion does not hold anymore when one considers the impact of stellar rotation.

Let us now discuss indeed the case of a 2.0 M$_\odot$ star which interior chemical structure at the turnoff is shown in Fig. 11 for different initial rotation velocities. As for the 1.25 M$_\odot$ models discussed before, rotation-induced mixing smoothes the abundance profiles inside the star and in the present case it already leads to variations of the surface abundances on the main sequence that are stronger for higher initial rotation velocities (this can be seen by looking at the abundance values at $M_r/M_\ast=1$ in the various panels of Fig. 11 (see also e.g. Meynet & Maeder 2002)). Note also that the maximum value of $^3$He at the peak is much lower than in the 1.25 M$_\odot$, because on the main sequence the 2.0 M$_\odot$ burns hydrogen mainly through the CNO cycle rather than through the
pp-chains. The more massive star thus dredges less $^3$He on the subgiant branch as can be seen by comparing Fig. 6 and 12. Model including thermohaline mixing only. (Right) Models including thermohaline and rotation-induced mixing for different initial rotation velocities (110 and 250 km s$^{-1}$, solid black and dashed blue lines respectively). In all cases $C_t = 10^3$.

Fig. 12. Evolution of the surface abundances of $^3$He, $^7$Li, $^{14}$N, and of the carbon and oxygen isotopic ratios for the 2.0 M$_\odot$ star from the zero age main sequence up to the RGB tip. (Left) Model including thermohaline mixing only. (Right) Models including thermohaline and rotation-induced mixing for different initial rotation velocities (110 and 250 km s$^{-1}$, solid black and dashed blue lines respectively). In all cases $C_t = 10^3$.

In this mass range thermohaline mixing also leads to Li production during the TP-AGB (see Table 3). In the 2.0 M$_\odot$ model computed with an initial rotation velocity of 110 km s$^{-1}$, N(Li) increases from a value of 0.1 on the early AGB up to $\sim$ 1.5 at the end of the TP-AGB (the envelope mass is then $\sim$ 0.14 M$_\odot$, and the star has undergone 11 thermal pulses). Meanwhile the $^3$He surface abundance has slightly decreased from $2.74 \times 10^{-4}$ to $2.67 \times 10^{-4}$.

We wish to emphasize an interesting result obtained for the 2.0 M$_\odot$ model that was computed up to the AGB tip with thermohaline mixing but without rotation. This model did undergo 11 thermal pulses in total. After the 9th thermal pulse third dredge-up occurred, that slightly increased the $^{12}$C surface abundance as well as the carbon isotopic ratio. During the following interpulse phase this ratio was slightly lowered under the effect of thermohaline mixing. Quantitatively, the carbon isotopic ratio increased from 19.6 to 21.33 between the end of the second dredge-up and the AGB tip (see also Fig. 18 and discussion in § 4.2). This could indicate that thermohaline mixing does favour the occurrence of third dredge-up. This will be investigated further in a future paper.

3.5. Theoretical predictions for intermediate-mass stars

By definition, intermediate-mass stars are objects that ignite central helium-burning in a non-degenerate core at relatively low luminosity on the RGB, well before the HBS reaches the mean molecular weight discontinuity caused by the first dredge-up. In other words, these objects do not go through a bump on their
short ascend of the RGB, and thus do not undergo thermohaline mixing at that phase.

We should note, however, that as in the previous cases, rotation-induced mixing cannot be neglected from the whole picture. We refer to [Eugenberger et al. 2010] for a discussion of the global effects of rotation on the evolution and astrosismic properties of intermediate-mass red giants (see also e.g. Meynet & Maeder 2002). Its impact on the chemical structure of a 4.0 $\text{M}_\odot$ star at turnoff can be seen in Fig. 13. Note that in this mass range the base of the convective envelope reaches the $^{23}$Na plateau during the first dredge-up, leading to an increase of the surface abundance of this element both in the non-rotating and rotating cases.

Overall rotation-induced mixing leads to stronger modifications of the stellar chemical properties when the star becomes a giant as its convective envelope dredges-up nuclearly processed material. At the end of the dredge-up for the 4 $\text{M}_\odot$ models, the surface $^3\text{He}$ abundance is $1.1 \times 10^{-2}$ and $8.4 \times 10^{-5}$ in the non-rotating and rotating (initial rotation velocity of 300 km s$^{-1}$) models respectively, while the carbon isotopic ratio is 20.5 or 14 respectively, and N(Li) is 1.3 or -1.8.

We computed the first 11 thermal pulses for the 4 $\text{M}_\odot$ models without and with rotation-induced mixing, including thermohaline mixing in both cases. A strong Li increase at the stellar surface is obtained during the first thermal pulses, and then lithium production levels off at a value of the order of N(Li)=2.2. This agrees with [Stanchfield 2010] predictions. Again, a detailed exploration of the TP-AGB phase for intermediate-mass stars is postponed to a further paper.

### 4. Comparison with observations

We now test the theoretical predictions of our models with respect to observations of relevant chemical elements in stars at different evolution stages. In Table 2 we give the surface carbon isotope ratio as well as surface abundances of $^7\text{Li}$, $^9\text{Be}$, $[\text{C/Fe}]$, $[\text{N/Fe}]$, and $[\text{Na/Fe}]$, at the end of the first dredge-up, at the RGB tip, and at the end of the second dredge-up, for each of the models we have computed. In this table and in the following figures all the predictions correspond to models computed with a value of $C_1=10^3$ for thermohaline mixing (without or with rotation-induced mixing). As underlined in § 3, we did not include parametric convectively induced extra-mixing during the TP-AGB phase so that our models are not expected to undergo third dredge-up and to mimic carbon-rich stars.

#### 4.1. Lithium behaviour

##### 4.1.1. Lithium destruction

As already mentioned the predictions of the present rotating models have been successfully compared to Li and Be observations along the whole evolutionary sequence of the Galactic open cluster IC 4651 (turnoff mass 1.8 $\text{M}_\odot$) by Smiljanic et al. 2010, see their Fig. 10 to 14. They account very nicely for all the Li and Be features observed in this cluster.

Here we use as additional constraints Li observations that we performed for a large sample of field red giant stars (subgiant, RGB, and early-AGB stars) with metallicities around solar. All sample stars have Hipparcos parallaxes so that their mass and evolutionary status could be relatively well determined (Charbonnel et al. in preparation).

Let us consider first the stars with initial masses lower than 2 $\text{M}_\odot$, whose Li properties are compared with predictions for the 1.5 and 2 $\text{M}_\odot$ models (left panel of Fig. 14). The theoretical Li behaviour is relatively straightforward. On the main sequence and on the early-RGB, rotation-induced mixing leads to stronger Li depletion than in the standard case (compare e.g. the red curve with the black one);

in this mass range indeed standard models predict no Li depletion on the main sequence and a N(Li) of the order of 1.5 at the end of the first dredge-up, which is at odds with the data. After the end of the first dredge-up (Teff $\sim 4800$ K), the theoretical Li abundance remains temporarily constant as the convective envelope withdraws in mass. When thermohaline mixing becomes efficient (Teff $\sim 4200$ K), the theoretical Li abundance drops again in drastic manner (while it would stay constant in the standard case). After the star has reached the RGB tip its effective temperature increases (up to $\sim 4800$ K) as it settles on the clump, before decreasing again when the star starts climbing the early-AGB. The second dredge-up that occurs then leads to a final decrease of N(Li). On this graph we do not plot the Li increase that is predicted to occur during the TP-AGB phase at a Teff of $\sim 3200$ K due to thermohaline mixing, and which is discussed in § 4.1.2. As can be seen in Fig. 14 the present predictions are in perfect agreement with the data all along the evolutionary sequence and explain very well the upper limits observed for the brightest giant sample stars. The observed Li dispersion at a given effective temperature reflects dispersion in the initial rotation velocity and in the initial stellar mass (see also

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**Fig. 14. Lithium data for field evolved stars from the sample by Charbonnel et al. (in prep., see the text) that are segregated according to their mass (left and right panels include respectively sample stars with masses lower and higher than 2 $\text{M}_\odot$; Li detections and upper limits are shown as circles and triangles respectively). Theoretical lithium evolution is shown from the ZAMS up to the end of the early-AGB. Various lines correspond to predictions for stellar models of different masses computed without or with rotation as indicated, and with thermohaline mixing in all cases (with $C_1=10^3$).**
4.1.2. Lithium production

In all the models that we have computed along the TP-AGB, non negligible fresh lithium production is obtained, although the total stellar yields remain negative. Table 3 gives the final N(Li) value and the total Li yield for those models. In all cases thermohaline transport is responsible for this strong Li enrichment.

The evolution of the surface abundance along the TP-AGB is shown as a function of effective temperature and bolometric magnitude in Fig. 15. Lithium observations in Uttenthaler & Lebzelter (2010) of oxygen-rich variables belonging to the Galactic disk are shown (circles and triangles are for abundance determinations and upper limits respectively) as a function of effective temperature and bolometric magnitude. Typical error bars are indicated. The star with the highest Li abundance is V441 Cyg (see text). Theoretical lithium evolution is shown from the early-AGB up to the end of the TP-AGB. Various lines correspond to predictions for stellar models of different masses computed without or with rotation as indicated, and with thermohaline mixing in all cases (with C1 = 103).

Table 3. Surface lithium abundance after the second dredge-up and at the end of the TP-AGB, phase, and total lithium yield.

| M (M⊙) | V_{susy} (km.s⁻¹) | N(Li) | N(Li) | Yield (M⊙) |
|--------|--------------------|-------|-------|------------|
| th     | 1.8                | -1.86 | -0.3  | -5.17 × 10⁻⁹ |
| th     | 1.1                | -0.97 | 0.25  | -5.81 × 10⁻⁹ |
| th+rot | 1.25               | 0.25  | 0.87  | -6.75 × 10⁻⁹ |
| th     | 1.5                | -3.93 | 0.46  | -6.79 × 10⁻⁹ |
| th+rot | 1.9                | -3.91 | 0.85  | -6.79 × 10⁻⁹ |
| th+rot | 2.0                | -1.0  | 1.49  | -8.25 × 10⁻⁹ |
| th     | 2.31               | -0.8  | 1.04  | -8.35 × 10⁻⁹ |
| th+rot | 1.9                | 1.05  | 1.8   | -1.0 × 10⁻⁹  |
| th     | 2.0                | 1.1   | 1.8   | -1.12 × 10⁻⁸ |
| th+rot | 2.31               | 0.16  | 1.52  | -1.14 × 10⁻⁸ |

Table 4. References for the abundance studies in Galactic open clusters used in the comparisons with model predictions. Brown (1987): B87; Gilroy (1989): G89; Gilroy & Brown (1991): GB91; Hamdan et al. (2000): H00; Jacobson et al. (2007, 2008, 2009): J07, J08, J09, J10; Mikolaitis et al. (2010): M10; Smiljanic et al. (2009): S09; Yong et al. (2005): Y05. The red turnoff masses given in the second column were estimated using the WEBDA database and Geneva isochrones (see text). Listed in the last column are the symbol colours used in Fig. 17 and Fig. 19 to 21.

| Cluster | M_{redTO} (M⊙) | [12/C] | [13/C] | N/C | Na | Symbol colour |
|---------|----------------|--------|--------|-----|----|---------------|
| NGC 752 | 2.0            | GB91   | B87    | Y05 | black | black         |
| NGC 6939| 1.5            | G89    | –      | –   | merlot | light green   |
| NGC 7142| 1.7            | –      | –      | –   | yellow | yellow        |
| NGC 3680| 1.7            | –      | –      | S09 | pink  | pink          |
| NGC 2360| 1.7            | –      | –      | –   | J09   | J09           |
| NGC 2158| 1.98           | S09    | S09    | S09 | cyan  | cyan          |
| NGC 1883| 2.04           | –      | –      | J09 | lime  | lime          |
| NGC 5822| 2.14           | S09    | S09    | S09 | orange | orange        |
| IC 4756 | 2.31           | S09    | S09    | J07 | green | green         |
| NGC 6134| 2.31           | S09, M10| S09 | S09, M10 | red | red          |
| NGC 2447| 2.74           | S09    | S09    | S09 | olive | olive         |
| NGC 6633| 2.74           | S09    | S09    | H00 | light blue | light blue    |
| NGC 1817| 2.82           | S09    | S09    | J09 | brown | brown         |
| IC 2714 | 2.85           | S09    | S09    | S09 | blue purple | blue purple   |
| NGC 3532| 2.96           | S09    | S09    | S09 | blue | blue          |
| NGC 6281| 3.09           | S09    | S09    | S09 | magenta | magenta      |
Evolution of the surface $^{12}\text{C}/^{13}\text{C}$ value as a function of stellar luminosity for the 1.25M$_{\odot}$ models including thermohaline instability and rotation-induced mixing (for initial rotation velocities of 50, 80, and 110 km s$^{-1}$ shown as solid red, dashed green, and dotted blue lines respectively). The non rotating case is also shown (black solid line). Observations along the evolutionary sequence of the open cluster M67 are from Gilroy & Brown (1991). The data are compared to the predictions of our 1.25M$_{\odot}$ models computed for three different initial velocities and including thermohaline mixing (the non-rotating case is also shown). We see that the theoretical and observational behaviours are in complete agreement all along the evolutionary sequence. The dispersion for stars that have not yet reached the RGB bump (see Fig. 16), which explains why squares at M$_T$ = 1.5 M$_{\odot}$ correspond to the M67 stars that have not yet reached the RGB bump (i.e., with $\log(L/L_{\odot})$ between ∼ 0.7 and 1.8) reflects only the dispersion in the initial rotation velocity, explaining the data for more evolved stars requires the occurrence of thermohaline mixing as predicted by the models.

We now compare the predictions of our models over the 1.0-4.0 M$_{\odot}$ range with carbon isotopic ratios in open clusters of different turnoff masses. The data shown in Fig. 17 are from Gilroy & Brown (1991) for M67, from Gilroy (1989) for her open clusters with turnoff masses below 1.7 M$_{\odot}$ (i.e., NGC 752), from the more recent study by Smiljanic et al. (2009) for nine pen clusters with turnoff masses above 1.7 M$_{\odot}$ (IC 2714, IC 4756, NGC 2360, NGC 2447, NGC 3532, NGC 5822, NGC 6134, NGC 6281, NGC 6633), and from Mikolaitis et al. (2010) for NGC 6134. Individual stars are attributed the red turnoff mass of their host cluster determined as described above (see Table 4). Indications on their evolutionary status, when available, are given in the plot (squares, circles, and asterisks are for RGB, clump, early-AGB stars respectively, while diamonds are for stars with uncertain evolutionary status). Model predictions are shown both at the tip of the RGB and at the end of the second dredge-up (black and blue lines respectively) for different assumptions. Dotted lines correspond to models computed with thermohaline mixing only. They reproduce very well the $^{12}\text{C}/^{13}\text{C}$ behaviour for stars with initial masses lower than ∼ 1.7 M$_{\odot}$. In this mass range rotation-induced mixing leads only to slightly lower values as shown by the long-dashed lines for an initial velocity of 110 km s$^{-1}$. Note that the squares at M$_{\text{turnoff}}$ = 1.5 M$_{\odot}$ correspond to the M67 stars that have not yet reached the RGB bump (see Fig. 16), which explains why they lie between the standard and the thermohaline curves. For stars with masses between ∼ 1.7 and 2.2 M$_{\odot}$ both thermohaline
Fig. 18. Observations of $^{12}$C/$^{13}$C in planetary nebulae as a function of the progenitor mass (Palla et al. 2000). Squares and triangles are respectively for actual determinations and lower limits of the carbon isotopic ratio. Black and blue theoretical lines have the same meaning as in Fig. 17 while red curves show the model predictions at the AGB tip for the low-mass models that were computed up to that phase (solid and dashed red curves are respectively for the models with thermohaline mixing only and for the models with thermohaline and rotation-induced mixing).

and rotation-induced mixing are required to fit the data. For more massive stars thermohaline mixing plays no role but the observational uncertainties allow the data to be well accounted for when rotation-induced mixing is taken into account (dot-dashed and dashed lines for initial velocities of 250 and 300 km s$^{-1}$ respectively).

Finally we compare in Fig. 18 our predictions for the carbon isotopic ratio to its determination in a sample of planetary nebulae obtained by means of millimeter wave observations of $^{12}$CO and $^{13}$CO (Palla et al. 2000). The abcissa is the progenitor mass derived by Palla and collaborators; this quantity is highly uncertain as shown by the error bars. Since the formation of the planetary nebula occurs at the AGB tip, the data should be compared to the model predictions at the end of the superwind phase as plotted in red. As explained in § 3 only some of our low-mass models (with initial mass $\lesssim 2 M_\odot$) were computed up to that phase. For these objects thermohaline mixing was found to slightly lower the carbon isotopic ratio during the thermal pulse phase, except in the $2 M_\odot$ model with thermohaline mixing and no rotation that has undergone third dredge-up from the 9th pulse on (see § 3.4); in that case the carbon isotopic ratio at the AGB tip is slightly higher than at the end of the second dredge-up. Overall the comparison between the models and the data turns out to be quite satisfactory. Two of the planetary nebulae with low-mass progenitors (namely NGC 6781 and M 1-17) actually exhibit relatively high carbon isotopic ratio. Although the uncertainty on the initial stellar mass of these objects allows the data to be well accounted for by the thermohaline models (both with and without rotation), it could also be that in this couple of stars thermohaline mixing was inhibited by strong fossil magnetic fields as suggested by Charbonnel & Zahn (2007a). In this context it would be extremely valuable to look for magnetic fields in these two possible “thermohaline deviant stars”. On the other hand, computations are now needed to estimate the combined effect of third dredge-up, hot bottom burning, and thermohaline mixing during the TP-AGB phase for stars more massive than 2 $M_\odot$. This is work in progress.

4.3. Nitrogen, sodium, and oxygen isotopes

$\text{[N/C]}$ data for the open cluster sample listed in Table 4 is shown as a function of the cluster red turnoff mass and as a function of $^{12}$C/$^{13}$C in Fig. 19 and 20 respectively.

During the first dredge-up, the convective envelope of intermediate mass-stars reaches the regions where $^{16}$O has been partially converted into $^{14}$N while the star was on the main sequence, while in the case of low-mass stars it reaches only the first $^{14}$N step due to $^{13}$C-burning (compare the position of the vertical arrows in Fig. 11 and 13). Models thus predict an increase of the post dredge-up $\text{[N/C]}$ value with initial stellar mass, in agreement with the observed behaviour. We note, however, that the lower envelope of the observational data lies slightly below the standard predictions, which might indicate that the models overestimate the first dredge-up. On the other hand, the corresponding offset may well be related to observational uncertainties. Over the whole mass range thermohaline mixing on one hand, and rotation-induced mixing on the other hand, lead to additional transport of CNO-cycled material, and thus further increase the $\text{[N/C]}$ ratio with respect to the standard predictions. Given the observational error bars, one can conclude from Fig. 19 and 20 that the models account nicely for the observational constraints on C and N.
Fig. 20. $^{12}$C/$^{13}$C as a function of [N/C]. See Table 4 for references. Symbols are the same as in Fig. 17.

Fig. 21. [Na/Fe] ratio as a function of turn-off mass for the sample of Galactic open clusters listed in Table 4. Symbols and lines are the same as in Fig. 17. The green diamonds are the mean [Na/Fe] values given by Jacobson et al. (2007) for IC 4756 and NGC 6939.

In figure 21 we plot the [Na/Fe] ratio for the open cluster sample listed in Table 4 as a function of cluster turnoff mass. Note that the observational data were reported to the solar Na value from Asplund et al. (2005) we assume in the initial computations.

As a matter of fact, very different observational Na abundances for giant stars have been reported in the literature. As can be seen in Fig. 21 some studies present [Na/Fe] values as high as +0.6 dex (Jacobson et al. 2007), some only a mild overabundance of +0.2 dex (Hamdani et al. 2000, see Fig. 21), and other solar values (Sestito et al. 2007). We refer to Smiljanic et al. (2009) for a discussion on the possible causes of these discrepancies. The present predictions for the stars more massive than 2 M$_\odot$ are actually in better agreement with the mild overabundance of [Na/Fe] measured by Hamdani et al. (2000).

Finally we show in Fig. 22 the $^{16}$O/$^{17}$O vs $^{16}$O/$^{18}$O for the G and K giants by Harris & Lambert (1984) and Harris et al. (1988). Included in the figure are our predictions. As discussed in § 3, thermohaline mixing affects only slightly the $^{16}$O/$^{18}$O ratio, and leaves $^{16}$O/$^{17}$O unaffected; on the other hand, rotation-induced mixing lowers the $^{16}$O/$^{17}$O ratio, and helps account for the lowest $^{16}$O/$^{18}$O values. Given the large observational uncertainty, both the predictions and observations show a positive correlation between [Na/Fe] values and stellar mass. Rotation-induced mixing leads to an increase of the amount of Na processed to the surface and allows an explanation for the observed dispersion. There is however an offset of about 0.1 dex between the data and the predictions as was already noticed by Smiljanic et al. (2009) who compared their observations with standard model predictions by Mowlavi (1999).

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tainties, the predictions are reasonably consistent with the O isotopic ratios measured in RGB stars.

5. Conclusions

In the present paper we have investigated the effects of the thermohaline instability induced by 3He-burning that sets in above the RGB bump and of rotation-induced mixing on the evolution and chemical properties of low- and intermediate-mass stars (1 to 4 M⊙) at solar metallicity. All the stellar models were computed up to the end of the second dredge-up on the early-AGB, and some of them up to the end of the TP-AGB phase. Predictions are compared to data for lithium, 12C/13C, [N/Fe], [Na/Fe], 16O/17O, and 18O/18O in giant stars with well-defined masses and evolutionary status on the RGB, clump, early-AGB, and planetary nebulae phases.

We find that the theoretical and observational behaviours for these species are in very good agreement over the whole scrutinized mass range. Thermohaline mixing is confirmed to be the main physical process governing the surface abundances of 3He, 7Li, C, and N for stars more evolved than the RGB bump in all the models with initial masses below 2.2 M⊙, although its efficiency is increasing with decreasing initial stellar mass. In all cases 3He decreases by a large fraction in the stellar yields compared to the standard models, although we find that low-mass stars remain net producers of 3He (3He yields for stellar models over a broad range in both mass and metallicity will be published in a future paper). It is also found that thermohaline mixing leads to lithium production on the TP-AGB phase, as first shown by Stancilfe (2010) in the case of low-metallicity stars. However, the Li yields remain negative, and these stars are not expected to contribute to Galactic Li enrichment. In one 2.0 M⊙ model computed up to the AGB tip thermohaline mixing was found to help initiating the occurrence of the third dredge-up during the TP-AGB phase.

On the other hand, rotation-induced mixing modifies the internal chemical structure of main sequence stars, although its signatures are revealed only later in the evolution when the first dredge-up occurs. It favours the occurrence of thermohaline mixing in RGB stars in the mass range between ~1.5 and 2.2 M⊙. It accounts for the observed dispersion of abundances in stars of similar mass and evolutionary status, and is necessary to explain the features of CN-processed material in intermediate-mass stars.

These results were obtained using the prescription for the turbulent diffusivity related to the thermohaline instability advocated first by Ulrich (1972) that is supported by laboratory experiments Krishnamurti (2003). The same prescription was shown by Charbonnel & Zahn (2007b) to nicely account for the photospheric composition of low-mass, low-metallicity giant stars.

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Appendix A: Nuclear reaction rates

All reactions for hydrogen burning are computed with nominal NACRE reaction rates (Angulo et al. 1999), with the exception of: 14C(p,γ)15N (Mukhamedzhanov et al. 2003); 21Ne(p,γ)22Na, 22Na(α,γ)23Na, 23Na(p,α)20Ne, and 23Na(p,γ)24Mg (Liayli et al. 2001); 22Ne(p,γ)23Na (Hale et al. 2002).

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