Confined Catalysis: Progress and Prospects in Energy Conversion

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Space confined catalysis has emerged as viable strategy for achieving potent and efficient catalysts in various important reactions. It offers a means of creating unique nanoscale chemical environments partitioned from the surrounding bulk space. This gives rise to the phenomena of nanoconfinement, where the energetics and kinetics of catalytic reactions can be modulated upon confining the catalysts in a particular site. Various scaffolds have been reported so far for confinement. Among these, void spaces under the cover of 2D materials, van der Waals (vdW) gaps of layered 2D materials, nanotubes, and porous surfaces have recently won copious attention. In this review, the concept of space confinement with respect to its effect on the electronic and structural properties of a catalyst is discussed. Emphasis is devoted to the catalysis of water splitting and CO₂ reduction reactions. The progress in the design and applications of space confined catalysts is then traced. Finally, a discussion of emerging issues yet to be explored for this strategy to achieve a high efficiency, and future directions with the potential to become a new hotspots are presented.

1. Introduction

Nowadays, there is a significant drive to relinquish our dependence on fossil fuels and minimize the emission of carbon dioxide.[1,2] The production of hydrogen (H₂) via water splitting and the reduction of CO₂ to value added organic compounds are significant research directions to ensuring the greenest route for powering the globe.[3,4] However, these two important reactions are thermodynamically challenging, requiring rational design of efficient catalysts entirely based on Earth abundant elements. Scientists are making considerable efforts in this regard. Plethora of materials such as Earth abundant (E-A) transition metals,[5,6] their oxides,[7,8] chalcogenides,[9] nitrides,[10] phosphides,[11] carbides,[12] and metal free catalysts (graphene, graphitic-C₃N₄) have been investigated so far. Apart from exploring their intrinsic properties, various strategies including doping,[15,16] heterostructuring,[17–19] edge engineering,[20] phase modulation,[21,22] etc., have also been followed to optimize the energetics and kinetics of the catalyst-adsorbate interaction. These strategies are believed to result in at least one of the three goals, which ultimately lead to enhanced performance: i) increasing the number of active sites, ii) improving the intrinsic active sites, and iii) enhancing the electrical conductivity. Interestingly, some families of materials exhibit unique and intriguing properties offering great opportunities for boosting the catalytic performance in electro(photo) chemical reactions. For instance, the layered feature of transition metal dichalcogenides,[23] the Pt-resemblance of transition metal carbides and nitrides,[24,25] the exceptional role of P in transition metal phosphides,[11,26] can be mentioned. Likewise, there are materials with cavities in their structure, which stimulated the intensive exploration from various research groups.[27–31] These cavities can be the van der Waals (vdW) gaps in layered 2D materials (2D vdW gaps), spaces under 2D covers, channels in nanotubes (1D channels), porous sites (0D pores), etc. They create a pocket providing intimate contacts and favorable intermolecular interactions with the adsorbates. In addition to their prominent role as a physical nanoreactor, leading to well defined shape and size of the reaction product, confined spaces also provide specific microenvironment for the confined nucleation, growth and stabilization of intermediates or products.[32,33] Chemical reactions in such a confined environment behave significantly differently from the ones observed in bulk solutions.[27,28,34] It is also believed that nanoconfined fluids in 2D layered materials guarantee high power and energy densities, while maintaining high volumetric capacity in pursuit of developing efficient energy storage devices.[31] In catalysis, space confinement has been the focus of latest research. Nanostructured materials attracted copious attention owing to their surface abundant catalytically active sites.[35] However, down-sizing metal nanoparticles to expose most of their active sites may also induce instability at ambient conditions as ultrahigh amount of surface atoms are exposed.[36] This may degrade the catalytic activity after repeated cycles and
must be confronted to prevent the deterioration of surface exposed atoms. One of the most promising ways is isolating these active catalysts in confined regions such that the catalysts can directly catalyze the desired reaction and the molecules that are likely poisoning the surface of the catalysts are blocked from entering the isolated microenvironment. This can be considered as “nature inspired nanotechnology” as it mimics the host-guest interactions of enzymes by assembling nanoreactors of predefined shape and size.[37] As compared to conventional heterostructures, where the catalyst is kept in open surface and vulnerable to be corroded or leached away, the stability and selectivity of confined catalysts are greatly enhanced. The confined space should be appropriate to accommodate the ion and electron transport in the catalytic reaction, unless pressure may build up and deteriorate the kinetics. A strategy to confront this problem lies on the rational design of scaffolds with cracks, voids, edges, etc., that would serve as channels to facilitate pressure release and prevent the build-up of pressure in catalytic reaction.[38] Figure 1 schematically depicts how a catalyst is confined in a separate environment, i.e., the cavity, and partitioned from the surrounding bulk space.

The catalytic performance in such cases is usually enhanced. This phenomenon is called confined catalysis and has recently become an emerging trend in various reaction types. It has gone through considerable developments deserving a comprehensive outlook and plausible forecasts, mainly due to the outstanding catalytic functionality in comparison to catalysts based on noble metals, which gives this new concept a potential breakthrough in the field. In this review, we first discuss the various categories of space confinement and the structural/electronic properties derived from it. We then summarize the research developments made so far in connection to catalysis, pointing out the challenges and opportunities. Eventually, we offer direction worth of investigation that would transform this emerging research trend a significant step forward.

Figure 1. Different ways of nanoconfinement: a) Under 2D cover. b) vdW gaps of 2D layered materials. c) Nanotube channels. d) Porous sites. Reproduced with permission.[39] Copyright 2017, Macmillan Publishers Limited, part of Springer Nature.
Reactivity is enhanced in confined systems due to the confinement of the whole or parts of the catalyst and adsorbates, resulting in the modification of the relevant electronic states. The combined effect of surface area and Coulombic interaction in confined catalysis plays a pivotal role in tailoring the catalytic activity. In fact, the favorable interaction (the attraction between electrostatically opposite charges) of the incoming nanoparticle and the functional groups of the confining framework would assist the self-assembly of nanoparticles in the desired space.[40] The difference in electronic structures and spatial confinement results in stronger strains and deformations. Xiao et al.,[41] have realized the downshift of d-band states of the confined Fe clusters in carbon nanotube (CNT) channel. Similarly, broader d-bands and lower density of states (DOS) at the Fermi level have been realized in a system of a Ti monolayer over Pt, when interacting with another Pt surface at distances $<6$ Å, suggesting the remarkable impact of confinement on the electronic states.[42] The best descriptors in evaluating the catalytic performances are the adsorption energies and energy barriers of adsorbate and the functional groups of the confining framework would assist the self-assembly of nanoparticles in the desired space.[40] The difference in electronic structures and spatial confinement results in stronger strains and deformations. Ramirez-Caballero and Balbuena elucidated the variation in adsorption energy of O$_2$ molecule confined between two Pt slabs with respect to the size of confinement. The O$_2$ molecule is located above one Pt-surface and beneath the other one. The electronic density plot depicted in Figure 2a shows the overlap of electronic states among both Pt surfaces and the oxygen atom, which weakens the adsorption strength of oxygen atom. When the Pt-Pt distance increases ($>5.5$ Å), the condition resembles open surface and hence the electronic interaction phenomena in the confined system diminishes (Figure 2b).[43] It is important to define a term “confinement energy” here, as it is the one responsible for the advent of new properties. It is the difference in energy of adsorption (between the reaction intermediates and the catalyst) with and without confinement. For instance, in the work by Li et al.,[44] they defined the confinement energy ($E_{\text{con}}$) in the system of Pt under graphene (Gr) cover, as:
\[
E_{\text{con}} = E_{\text{ad}}(w/Gr) - E_{\text{ad}}(wo/Gr)
\]
where, $E_{\text{con}}$ is the confinement energy, $E_{\text{ad}}$ is the adsorption energy with (w/Gr) and without (wo/Gr) confinement. $E_{\text{con}}$ was computed to be 0.44 eV for CO adsorption, meaning that the $E_{\text{ad}}$(CO) decreases from $-1.94$ eV on the bare Pt(111) surface to $-1.50$ eV in the space between Gr and Pt(111) (i.e., under 2D cover). The C=O bond in CO is weakened by the electronic interaction between the top graphene overlayer and the molecules of confined CO, promoting the CO oxidation. This hints the effective tunability of various catalytic reactions in confined environment.[44] What is even more unique in this setup is the
easy modification of the surface potential. Confining metal surfaces under graphene can effectively tune the surface potential and it is controllable by varying the distance between graphene and the metal. It is believed that this effect is similar to applying an external electric field onto a solid electrode, highly resembling what is happening in electrocatalysis. Figure 2c compares the energy profiles of CO catalytic oxidation on bare Pt(111) and Pt(111) covered by graphene Gr/Pt(111). The energy barrier in the confined system is reduced to 0.51 eV (as compared to 0.66 eV in bare Pt), meaning that the graphene overlayer decreases the binding energy between the catalyst and the adsorbate; and so the reaction proceeds via a smaller reaction barrier. Bao’s group has reported relatively stronger interaction between the metal and the 2D cover in the case of Pt covered by h-BN. The polar h-BN sheet may interact more strongly with the metal, than the nonpolar graphene, contributing to a better electronic interaction. For this reason, the extent of interaction depends on the interface materials properties, which in turn tune the reactivity in the confined zone. Moreover, the energetics and kinetics of hydrogen adsorption on various metal surfaces under graphene have also been studied computationally.

The graphene layer generally weakens the H binding energy by different amounts for different metals. It is noteworthy that there is an improvement in the charge transfer efficiency in the confined space due to the induced confinement field, which in turn enhances the electrochemical capacitance. Thus, smaller applied voltage is needed to produce the same amount of current in electrocatalysis in the case of a confined system. As shown in Figure 2d, the Heyrovsky step in hydrogen evolution reaction proceeds through a more favorable energetic scheme and with a lower kinetic barrier in a confined environment. The Ni atom under graphene cover is theoretically computed to demonstrate hydrogen evolution reaction (HER) catalysis peaked at volcano plot comparable to the precious bare Pt. Normally, Ni surface in open environment shows moderate HER activity (Figure 2e). After being confined under the graphene layer, the high mobility of H on bare Ni(111) is remarkably restricted. That is, H prefers to stay in the confined zone rather than to diffuse into the exterior surfaces. In general, confined environment considerably alters the chemical reactions due to the changes in adsorption, geometrical constraints, surface potential energy, etc. It is, therefore, noteworthy that catalysis under confinement can bring a versatile platform to tune the energetics and kinetics of catalytic reactions. In the subsequent section, we discuss the various confinement modes and the advances made therein.

### 2. Platforms for Confinement

A geometrically separate and well-defined environment should be set to bring a space confinement phenomenon into action. This concept has been experimented for catalysis using various scaffolds as a confining boundary. Most frequently utilized platforms are vdW gaps in layered 2D materials, spaces under 2D cover, channels in nanotubes (1D) and porous sites (0D) in zeolite or metal organic frameworks. In the context of this review, the denotations 0D, 1D, and 2D indicate that the reaction molecules are confined in three, two, and one dimension, respectively.

#### 2.1. 2D Materials

The discovery of graphene in 2004 has stimulated the widespread investigation of many other 2D materials. Particularly, the intriguing structural and electronic properties of layered 2D materials have prompted intense exploration in search for efficient catalysts. Their band structure changes drastically as they are thinned to monolayer thickness, substantiating the ease of electronic tunability via exfoliation. They can be optimized to possess high surface area and maximal exposure of active sites through various controllable synthesis methods. Very recently, layered 2D materials such as graphitic-C₃N₄, rGO, transition metal dichalcogenides (TMDs), metal phosphorus trichalcogenides (MPX₃) have emerged as promising candidates for catalysis of water splitting and CO₂ reduction reactions. In addition to being catalysts themselves, they also serve as suitable hosts to confine other catalysts in various forms and further boost the catalytic performance. The strategy of confining single atom catalysts on these platforms has been duly reviewed elsewhere. The unique geometric and electronic structures of 2D materials can tune the catalytic performance of the confined single atoms. Correspondingly, the confined single atoms can in turn affect the intrinsic catalytic activity of the 2D host. Our focus in this particular topic aims at highlighting space confinements based on 2D materials that have recently become an emerging trend, allowing the confinement of nanostructured catalysts other than single atoms. In this context, confined catalysis based on 2D materials can be considered either in the space under a 2D cover (Figure 1a) or in the vdW gaps between two individual layers (Figure 1b).

#### 2.1.1. Spaces under a 2D Cover

Spaces under a 2D cover refer to the confined zone between a 2D material and the surface of an underlying support. The 2D materials are known to have strong in-plane covalent bonding, but weak out-of-plane vdW interaction. A case of interest for catalytic purposes is the decoration of a metallic substrate with a 2D monolayer. When an adlayer of 2D atomic crystals covers a metal surface, adsorbates can intercalate the 2D cover owing to its weak interaction with the metal. The distance between the 2D overlayers and the metal surfaces typically falls in the sub-nanometer range. The inserted molecule in this interface will have direct interaction with both the 2D cover (above it) and the metal surface (below it). This paves the way for fine tuning the catalytic reaction taking place in the confined zone. The presence of defects such as islands, domain boundaries and wrinkles on the 2D cover play crucial roles in further altering the interaction of adsorbates in the confined space. It is, therefore, important to controllably introduce defects during the synthesis of the desired 2D covers. The case of graphene islands with wrinkles on Pt (111) surface has been studied by R. Mu et al., who conducted direct visualization of CO reaction in the space between graphene and Pt (111) surface. Figure 3a–e collects the snapshot of the video recorded during CO insertion in the confined space. Observation on the image contrast elucidate that the graphene island becomes darker through time with exposure of CO. Moreover, no obvious change was noticed.
when Pt (111) surface was entirely covered by graphene, further solidifying the prominent role of defects. Similarly, defects significantly contribute to the intercalation of CO in the space between h-BN and Pt (111) surface.

Bao’s group\cite{46} employed ultrahigh vacuum chemical vapor deposition to overlay h-BN sheet on Pt (111) surface. They realized the initial nucleation of h-BN islands at a few surface sites, which eventually expanded anisotropically on the surface. The domain boundaries and vacancies in the h-BN structure are evident from the image of scanning tunneling microscopy in Figure 3f. Upon exposure to CO gas \((5.0 \times 10^{-8} \text{ Torr})\) at room temperature, a significant contrast change occurs when the islanded h-BN covers the Pt (111), in which the adsorption starts from the island edges and then propagates to the island center. In situ microscopic study via low energy electron microscope (LEEM) revealed the direct imaging of this phenomenon (Figure 3g–i). The extent of h-BN coverage has significant impact on the reactivity of CO at the interface. For instance, only \(10^{-8} \text{ Torr}\) CO was required to intercalate the nanoislands of h-BN on the Pt surface. When the h-BN entirely covers the Pt surface, intercalation does not occur below 0.1 Torr CO. This can be noticed from the in situ X-ray photoelectron spectroscopy (XPS) study on the alteration of the Pt electronic states. Figure 3j evidences the advent of two new peaks (72.2 and 71.6 eV) only at higher CO pressure, related to Pt surface atoms onto which CO is adsorbed.\cite{64} Thus, entrapping CO in the confined space between h-BN and Pt can be impeded by the full coverage of the h-BN. In addition to graphene and h-BN, g-C\(_3\)N\(_4\) has also been suggested as a promising candidate to serve as a 2D cover.\cite{65} When the 2D material is g-C\(_3\)N\(_4\), there is an important advantageous feature, which is not present in graphene or h-BN. In fact, g-C\(_3\)N\(_4\) has inherent triangular pores formed by six edge nitrogen atoms, which could serve as favorable sites for the intercalation of adsorbates. By employing first-principles calculations, S. Lin\cite{65} group has recently simulated the oxidation of CO confined between Pt (111) and g-C\(_3\)N\(_4\). The gas molecules (CO and O\(_2\)) in the confined system can intercalate through the triangular pores of g-C\(_3\)N\(_4\) to adsorb on Pt(111) and thereby enhancing the metal catalyzed reaction.

2.1.2. Van der Waal Gaps in Layered 2D Materials

Owing to their weak vDW bonds, layered materials can be thinned down to monolayer/few layers, to exploit the intrinsic properties of their 2D assembly, which are inherently different from their unexfoliated counterparts.\cite{46} This topic has been extensively studied in various families of layered materials for different applications.\cite{50} Nowadays, the vDW gaps have become interesting sites to confining a catalyst and tuning the

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Figure 3. a–e) Snapshots of the video recorded at different times for reactions of CO confined between Pt and graphene as studied by in situ real-time low-energy electron microscopy (LEEM) with starting voltage of 1.8 V. The dashed lines represent the wrinkles. Reproduced with permission.\cite{63} Copyright 2012, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim. f) STM image of the Pt(111) surface covered by h-BN with distinguishable grain boundary and vacancies. g–i) In situ LEEM images (starting voltage = 2.25 V) acquired for oxidation of CO confined between Pt(111) and h-BN/Pt(111) at various times of CO gas exposure. j) In situ AP-XPS of Pt 4f in 1 ML h-BN/Pt(111) surface when \(1 \times 10^{-6}, 0.001, 0.01, 0.1, \) and \(0.5 \text{ Torr}\) of CO are fed into the confined region at room temperature. Reproduced with permission.\cite{46} Copyright 2015, American Chemical Society.
energetics and kinetics of catalysis. Layered materials such as graphene and transition metal dichalcogenides have so far been employed as hosts to exploit these advantages. They possess enough space in their vDW gaps so that the adsorbate species can freely diffuse into/out of the confined domain (Figure 4a). This setup favors the enhancement of catalytic performance particularly for those catalysts that are vulnerable to instabilities in an open environment. Figure 4b shows the cross-sectional high-resolution transmission electron microscopy (HRTEM) image for SnO\textsubscript{2} nanoparticles entrapped in the void space of graphene layer with thickness of 2.2 nm (about six graphene monolayers). The diffraction ring related to (002) graphene is evidenced in the selected area electron diffraction pattern to appear on top and bottom (110) ring of SnO\textsubscript{2} (Figure 4c). These results suggest the possibility of confining metal oxides such as SnO\textsubscript{2} in the graphene framework.

Reduction of SnO\textsubscript{2} to metallic Sn is also possible in the confined space. Confining Sn in graphene sheet can effectively solve the problem associated with the deterioration of catalytic activity in ultrathin Sn metal on open surface. Xie’s group elucidated the successful insertion of Sn quantum sheets in between graphene layers. A temperature programmed calcination of ultrathin SnO\textsubscript{2} layers in glucose (carbon source) assisted the spatially confined reduction of SnO\textsubscript{2} to Sn in between layers of graphene. The interplanar spacing of 0.299 and 0.277 nm in HRTEM image of Figure 4e corroborate the existence of tetragonal Sn encapsulated in graphene sheet. This is a clear demonstration that the oxidation of highly reactive metals can be protected through application of 2D protective layers, making them available for long-term catalysis. As for the vDW gaps in layered transition metal dichalcogenides, confining a catalyst usually involves the prior intercalation by Li ions followed by exchange of the intercalated Li with the desired catalysts, which ultimately directs the catalysts in the vDW gaps. The first intercalation step results in the distortion of lattice and generation of 1T phase (1T-Li\textsubscript{x}MX\textsubscript{2}) with strong reducing ability to confine zerovalent transition metals. The precious metal, Pt, has been confined in the vDW gaps of MoS\textsubscript{2} and demonstrated superior catalytic activity with lower Pt loading. This strategy can also be extended to confine other transition metals such as Ru, Au, Pd, as can be seen from the scheme in Figure 4d. In some cases, the hydrated metal precursors may induce the formation of an alkaline environment during the exchange step due to the slow concomitant reaction of Li with water. This favors the formation of metal hydroxide nanoparticles in the vDW gap instead of zerovalent metals. In either case, the crystalline feature of the host is significantly affected during confinement. Figure 4f shows the short-range ordering on MoS\textsubscript{2} after confinement of Co(OH)\textsubscript{2} nanoparticles in the interlayer vDW gaps. The d-spacing of the prominent (002) plane in MoS\textsubscript{2} owned different spacings (I, II, III, IV, V, and VI). These short-range crystalline features are caused by lithium intercalation and subsequent Co\textsuperscript{2+} exchange. The exfoliated MoS\textsubscript{2} nanosheet without lithium is reported to have a uniform and sharp lattice plane spacing distribution of 0.62 ± 0.02 nm, while a broader range of lattice spacing (0.64 ± 0.20 nm) is present after Co(OH)\textsubscript{2} confinement in the vDW gaps of MoS\textsubscript{2}. In fact, a certain amount of disorder is desirable to maximize the density of active sites and to facilitate electron transfer on the basal planes of MoS\textsubscript{2}. A phase transition back from 1T to 2H occurs after Li ion exchange. The transition metals do not have electron donating role like Li and hence cannot induce phase changes if they are kept in the vDW gaps of TMDs. In general, the layer to layer distance can be tuned from tenths to several nanometers, allowing...
the space to be a convenient platform to confine various active species such as atoms, ions, molecules, etc., and to boost the catalytic activity of the composite system.

### 2.2. 1D Channels (Nanotubes)

Nanotubes can also be used as scaffolds with well-defined hollow interiors for physical confinement of nano-objects (Figure 1c). Alumina[76] and titania[77] nanotubes were used in the past to confine catalysts in them. However, the most common platform with a 1D channel for confined catalysis are CNTs,[78,79] with tubular shape and variable number of walls (single, double, or multiwall), depending on the number of wrapped layers. Apart from spatial restriction, the reactivity of the confined species is modified by the interaction with the interior wall of the CNT. Bao’s group[80,81] has studied the redox properties of iron oxide with and without confinement inside a CNT (Figure 5a–d). They monitored the redox status of Fe$_2$O$_3$ nanoparticles by in situ X-ray diffraction (XRD) (Figure 5c,d) and the location of the particles (inside/outside the CNT) through transmission electron microscopy (TEM) (Figure 5a,b). With increasing temperature, Fe$_2$O$_3$ transforms to FeO, then eventually to Fe in H$_2$ atmosphere. This step-wise phase transformation occurs at lower temperature if confined inside the CNT channel as compared to those attached to the exterior surface (~80–100 °C lower inside the CNT than outside). The degree of confinement, and hence the extent of alteration of the chemical reaction, greatly depends on the diameter of the confined region, such that the reduction temperature can even be much lower when decreasing the inner diameter of the tube.[82]

The research effort in this scientific arena is, therefore, devoted to synthesizing smaller tube diameter to realize stronger space confinement due to larger curvature and more distorted sp$^2$ hybridization.[32] In fact, it has been computationally predicted that there is an optimum diameter, beyond which the catalytic activity is negatively affected.[83] If the diameter is too small, the binding energy is extremely weakened and hence it is difficult to activate the catalytic reactions, according to the Sabetier principle.[84] In line with this, the size of the nanoparticles to be confined should also be small enough to be accommodated in the small diameter channel. In addition to the diameter, the length of the CNT is also a determining factor. Several micrometer long channels may induce transport resistance of ions or molecules, which hinders the filling and retards the catalytic reaction. Various methods such as atomic force microscopy (AFM) tips,[85] electron beam,[86] ball milling,[87] oxidation with Ag, NiO or mixture of concentrated acid[88] have been adopted so far to cut the long tubes into smaller pieces. As-synthesized CNTs often have closed ends and various impurity residues are left on their surface. Opening the tube and removing such impurities are important prerequisites for filling the desired catalysts into the tube channel and realizing enhanced catalysis. The most common practice is treating the CNTs with concentrated nitric acid, which opens the tube ends and washes impurities away from the surface of CNTs.[89] There are important points to

![Figure 5. TEM images of the activated Fe confined in a) CNTs and distributed on the exterior surface of b) the CNT. In situ XRD patterns for Fe$_2$O$_3$ undergoing a temperature-programmed reduction confined in c) CNT channels and kept on the outside surface of d) the CNT. T1, T2, and T3 represent the temperatures at which FeO emerges, Fe appears, and FeO disappears, respectively. Reproduced with permission.[80] Copyright 2008, American Chemical Society. TEM image of Ru nanoparticles filled in CNT channels via wet chemistry method e) without and f) with ultrasonic treatment and extended stirring. Reproduced with permission.[95] Copyright 2008, The Royal Society of Chemistry. g) Scheme of the template assisted method for filling Ni nanoparticles in Al$_2$O$_3$ nanotube. Reproduced with permission.[76] Copyright 2015, Wiley-VCH.
be taken into account in an effort to fill the nanotubes with the catalyst to be confined.\cite{90} It was theoretically predicted that open nanotubes may be filled by the surrounding fluids through capillary suction.\cite{90} Experimental observation by P. Majayan and S. Lijima\cite{91} reveals that heating the CNT with liquid lead gave rise to opening of the tube ends and subsequent fillings with molten lead. There should be a pressure difference across the curved meniscus of the liquid in the cavities, which would initiate capillary rise. The insertion of active components inside the tube channel depends on wettability of the substance and capillary forces of the tube. Based on these premises, incipient wetness impregnation method has been employed by many research groups. It involves the insertion of desired metals from their precursor solution into oxidized CNTs by capillarity.\cite{92} In some cases, the metal precursor may percolate into the cavity of the tube and leave part of the nanoparticles on the exterior surface of the CNT (unconfined).\cite{93} These approaches require additional washing steps to remove the metal deposited on the external surfaces. Thus, they suffer from the limitation that significant amount of precursor is lost during the synthesis as only a small fraction of the nanoparticles is inserted into the tube, while the rest are attached on the external surface and are eventually washed out. Ultrasonic treatment and stirring can assist the capillary force to draw the desired components from the solution.\cite{94} Figure 5e shows the TEM image related to an attempt to fill the CNT by Ru particles through simple stirring. On top of nonhomogeneous distribution, there is still considerable amount of Ru particles attached on the outer surface of the tube. Stirring and ultrasonication significantly assist the capillary action by facilitating the expulsion of air and by allowing the migration of the solution into the tube channel. Moreover, solvents (like acetone, for instance) will evaporate during stirring and sonication, originating a concentration gradient for the precursor of the nanoparticles to diffuse away from the solution toward the tube channel. Thus, after prolonged stirring and ultrasonic treatment, more Ru particles are introduced into the channel (Figure 5f), demonstrating the effectiveness of extended stirring and ultrasonication in accelerating the filling of open channels.\cite{95} Another method is a multistep, template assisted route. It involves prior synthesis of CNTs inside anodic aluminum oxide membrane, followed by filling the resulting template with the desired nanoparticles and eventually dissolving the aluminum oxide membrane.\cite{96} Template assisted method can also work for filling catalysts in the nanotube channels other than CNTs. The work by Z. Gao et al.\cite{76} deals with entrapping Ni nanoparticles in the Al₂O₃ nanotubes. They employed a carbon nanocoil template, which can be easily removed with low temperature treatments after directing the Ni nanoparticles into the tube channel (Figure 5g). Apart from being confined in the tube channels, the Ni nanoparticles are also entrapped in the cavities of the interior wall of Al₂O₃ after the template is removed, ensuring multiple confinement. This route may stimulate the exploration of tubular morphologies beyond CNTs in the quest for enhanced catalysis.

2.3. 0D Pores

Microporous and mesoporous materials such as zeolites, metal organic frameworks, etc., are convenient platforms to be used as host for a 0D space confinement (Figure 1d). In an effort to synthesize nanosized particles (or even single atoms), these platforms have been employed as a support to prevent uncontrollable particle size sintering/agglomeration, enabling fine tuning of the size and shape of the resulting nanoparticles. This strategy is called confined synthesis, laying a foundation for confined catalysis.\cite{13} Zeolites have drawn the attention of many researchers due to their fascinating physical-chemical features such as well-defined channels, tunable acidity and basicity, high chemical and thermal stability.\cite{97} The pores, into which the diffusion, adsorption, and reactions are facilitated, are selective enough to entrap molecules.\cite{98} While confining the nanoparticle into the particular porous site, one should avoid large and nonuniform nanoparticles as well as poor dispersion (uneven distribution). Various methods such as ion exchange,\cite{99} ligand stabilization,\cite{100} etc., have been employed so far to confine nanoparticles in porous sites. Recently, an in situ approach has been reported\cite{101,102} to confine metal nanoparticles in zeolites directly through the hydrothermal method. Organic additives were used for stabilizing the metal species during zeolite crystallization to prevent the metal aggregation into larger clusters. This route of in situ encapsulation guarantees uniform dispersion of small nanoparticles into the confining region. However, the use of organic additives may still produce metal nanoparticles, whose diameters do not fit the cavity of the zeolite pores. Motivated by this, J. Zhang et al.\cite{103} reported a general approach to confine metal nanoparticles of controlled size into zeolite pores without the use of organic additives. The most important finding in their work was to employ seeds of zeolites containing the metal nanoparticles to be confined. The size of metal nanoparticles on the zeolite seeds can be adjusted. After placing the seed into alumino-silicate or silicate for crystallization of zeolite at the vicinity of the metal-containing seeds, metal nanoparticles with size ranging from 0.8 to 3.6 nm were obtained. The amorphous alumino-silicate gel entirely covers the metal nanoparticles on the surface of zeolite seed, preventing aggregation during the crystallization process. This route worked for platinum, palladium, rhodium and silver nanoparticles. The case of Pt is schematically depicted as an instance in Figure 6a, visualizing that the nanoparticles are firmly fixed within the zeolite crystals, as confirmed by scanning transmission electron microscopy (Figure 6d). The pre-seeding step plays a crucial role in confining the metal nanoparticles. Without this step, the process would result in the random attachment of the nanoparticles on external surface of zeolite (Figure 6b,c). It is clear from these results that designing the seeding step for catalysts other than noble metals is important to further develop and exploit this approach.

Another intriguing scaffold for 0D confinement are the porous sites on different kinds of zeolitic metal azolate frameworks (a subclass of metal organic frameworks, MOFs). MOFs endow strong metal-support interaction between metallic nanoparticles and organic chelates/metal-oxo clusters in the confinement site.\cite{104} These platforms have cage-like pores with continuous and permeable channels, through which reactants and products are easily transported in them.\cite{105} Of particular interests are those containing Zn ion and 2-methylimidazolate linkers with high content of nitrogen atoms.
Thermal treatment of this composition results in the simultaneous nitrogen doping of the carbon shell that would help stabilizing a small cluster of confined metal nanoparticles.\(^{[106,107]}\) Figure 6c schematically illustrates the route for confinement of red \(\text{P} \) in nitrogen-doped carbon framework derived from zeolitic imidazolate framework. Heating at programmed temperature results in carbonizing the framework, and acid treatment eliminates the Zn content to eventually yield nitrogen-doped carbon cages with well-defined pore size (<1 nm). The red \(\text{P} \) can then be vaporized and condensed into the porous sites, and confined there. It is noteworthy that the incoming material to be confined is isolated and incorporated into these sites, in a way that prevents agglomeration and formation of big clusters during thermal treatment. This approach also works for the confinement of metal carbide. Recently, Y. T. Xu and co-workers\(^{[108]}\) have successfully confined a very small-sized (2 nm) WC nanoparticles into nitrogen-doped porous carbon derived from zeolitic imidazolate framework. As can be seen in Figure 6f, the ultrasmall WC nanoparticles are homogeneously embedded in the nanoporous carbon cage. The host (i.e., the nitrogen-doped graphitic carbon cage) and the guest (WC) are observable from their distinct interplanar spacing (Figure 6g). The advantage in this procedure lies on the isolation of the W precursor, W(CO)\(_6\), within the cage of the MOF. Upon thermal treatment, the precursor releases W atom inside the cage, which reacts with C atom from the host framework, eventually resulting in the formation of WC in confined zone. Thus, nitrogen-doped porous carbon frameworks are convenient 0D platforms for confining metal carbides. They can also be derived from in situ polymerization in presence of metal precursor, as has been observed by X. Feng’s group.\(^{[109]}\) They anchored Mo\(_4\)O\(_{13}\)^{2-} as Mo precursors on polyaniline (PANI) sheet, which yields Mo\(_2\)C confined in N-doped porous carbon after pyrolysis. In general, the strategies for 0D confinement rely on confined synthesis to yield a confined catalyst. Unlike most of the cases in 2D or 1D confinement, where the catalysts are filled in the desired space, 0D involves the synthesis of the catalysts in the porous sites or cages and keeping them for undergoing confined catalysis. This helps in realizing ultrasmall nanoparticles with enhanced catalytic activity.

3. Catalytic Applications

In connection to the development of active and stable catalysts, various synthesis methods have been developed to expose abundant active sites on the surface.\(^{[110]}\) Given the exposed active surfaces, confinement guarantees long-term application of the catalysts, in addition to enhancing their intrinsic activity. The following subsections highlight the progresses so far in applying space confined catalysis for different kinds of reactions.

3.1. Water Splitting Reactions

The splitting of a water molecule into its constituent parts leads to the greenest route for powering our planet without the risk of global warming. It comprises HER and oxygen evolution reaction (OER), both of which require specific thermodynamic and kinetic conditions. The fundamentals of HER and OER in
different pH solutions are well-documented.\textsuperscript{111} We will here review the recent progresses made so far in confining catalysts in various platforms to boost the catalytic activities for HER and OER. The HER counterpart can be considered as a model reaction for confined systems owing to the small hydrated radius and fast diffusion kinetics of H$^+$\textsuperscript{11}. Many attempts have been made so far in confining a catalyst to enhance its performance.\textsuperscript{38,72,73,108,112,113} In this regard, the work of Z. Chen et al.\textsuperscript{38} illustrates the general approach (Figure 4d) to confine zerovalent metals in vdW gaps of layered 2D MoS\textsubscript{2} and elucidates their enhanced electrocatalytic activities toward HER in 0.5 m H\textsubscript{2}SO\textsubscript{4} solution.

Figure 7a reports the linear sweep voltammetry curves for Pt, Ru, Pd, Au confined in vdW gaps of MoS\textsubscript{2}. As compared to the 40% commercial Pt/C, Pt in MoS\textsubscript{2} (the content of Pt is 10.4\%) performs almost equally, but with significantly enhanced stability. The activity of commercial Pt/C diminishes after stability test owing to the dissociation/aggregation of Pt nanoparticles and corrosion of the carbon support. Space confinement solves this problem. The issue of stability is of particular importance in designing efficient HER catalysts in alkaline electrolytes. Motivated by this, B. Liu et al.\textsuperscript{72} has confined earth abundant Co(OH)\textsubscript{2} nanoparticles in vdW gaps of MoS\textsubscript{2} and realized superior HER performance (89 mV overpotential at a current density of 10 mA cm\textsuperscript{-2} and Tafel slope of 53 mV dec\textsuperscript{-1}) in 1 m KOH solution with excellent stability. The unconfined Co(OH)\textsubscript{2} requires an overpotential of 0.9 V to achieve a current density of 10 mA cm\textsuperscript{-2} in OER. Confining the Co\textsubscript{3}O\textsubscript{4} catalysts reduces this overpotential to 0.73 V, substantiating the pivotal role of confinement. Moreover, the employed template, along with the hydroxy group (Si-OH) at silica surface, improved the dispersibility of Co\textsubscript{3}O\textsubscript{4} in porous sites, ensuring long-term catalysis.
with enhanced activity. The performance enhancement can be associated to the well-ordered assembly of the catalysts into the confined space, demonstrating once again that space confinement is an appealing strategy to boost the performance of water splitting catalysts.

### 3.2. CO₂ Reduction/Syngas Conversion

Carbon dioxide is not a benign component to the environment. In our technological era, its concentration in the atmosphere has reached unprecedented levels and continues to rise due to the combustion of fossil fuels. The reduction of CO₂ is challenging as it requires multistep reactions with more than one electron involved. Various products (such as CH₄, CH₃OH, C₂H₅OH, etc.) are expected in the reduction process demanding stringent selectivity of the catalyst toward the desired product. Different strategies have been explored to control selectivity, to reduce overpotentials, and to increase energy efficiency. Recently, space confinement has become a frontier tool for the purpose. It plays a pivotal role in assisting the conversion of CO₂ into valuable organic compounds by providing larger number of under coordinated active sites that do not deteriorate through time. The CO₂ reduction ability of Sn quantum sheets confined between the layers of graphene is illustrated in Figure 8a. It is evident that there is a significant improvement in performance as compared to the one kept in open surface and other control samples. A current density of 21.1 mA cm⁻² is recorded at a potential of 1.8 V versus saturated calomel electrode (SCE) in the case of confined Sn in graphene layers. The unconfined Sn on graphene surface, instead, requires ≈3.6 V versus SCE to achieve the same current density. The comparison of the Faradaic efficiency and of the Tafel slope corroborate the conclusion that the confined catalyst performs with higher Faradaic efficiency (1.45 times higher) and improved kinetics (83 vs 150 mV dec⁻¹), compared to the unconfined system.

The enhanced performance can be associated to inhibition of the oxidation processes for confined Sn thin sheets, and to a higher electrochemical active surface, with maximized exposure of active sites for catalysis. Industrial scale reduction of CO₂ (methanol synthesis) can be obtained through the ternary Cu/ZnOₓ/Al₂O₃ catalyst. In this system, the critical role of the interface between Cu and ZnOₓ is believed to contribute to the creation of active sites. The grand challenge, however, is to inhibit the aggregation of the Cu nanoparticles through time, which separate from the ZnOₓ part, eventually degrading the interface properties. This leaves the Cu surface un-interfaced, which results in the production of CO rather than CH₃OH. Confinement has been employed as a substantial tool to solve the problems associated with interface degradation and hence selectivity issues. Figure 8b illustrates the result obtained upon confining Cu/ZnOₓ matrix in Zr based MOF. As
compared to Al2O3 support, the Zr containing MOF interacts more strongly with Cu, leading to more dispersed nanoparticles and intimate contact with the ZnOx. Hence, the space confinement helps the interface persisting longer, guaranteeing good selectively for CH3OH over CO production. Obtaining multi carbon products (C2+) from CO2 reduction is highly desirable. This requires careful design of catalysts that favor C−C coupling instead of hydrogenation or methanation. In this regard, successful selectivity toward C2+ product was investigated by F. Jiao’s group117 through directing the C−C coupling reaction in confined zone. They reported a catalyst consisting of partially reduced mixed metal oxide, ZnCrOx, and mesoporous zeolite with acidic pores. Uncontrollable hydrogenation is prevented in such a way that the ZnCrOx activates the CO and H2, and the C−C coupling takes place in the confined zeolitic pores. As shown in Figure 8c, the conversion of CO and selective production of C2+ organic compounds are realized from the catalyst system containing ZnCrOx and mesoporous zeolite. The porous sites in zeolite play a crucial role in assisting C−C coupling reactions. Thus, the issue of selectivity, which is the most serious concern in CO2 reduction technology, can be solved by carefully designing space confined catalytic systems.

3.3. Other Reactions

Confined catalysis also finds substantial applications in reactions other than the ones mentioned above. Owing to the enhanced activity, selectivity and stability, this concept has been employed in energy storage devices,118 and also acknowledged for accelerating reactions such as the hydrogenation of organic compounds76,119 and oxidation of CO.45,46 As an anode material, the critical role of confined phosphorus in 0D pores of zeolitic imidazolate framework-8 has been reported120 to exhibit long-term sodiation–desodiation cycling in sodium ion battery. The electrolytes can diffuse very rapidly in the pores where the red P is encapsulated, giving rise to enhanced conductivity and hence electrochemical performance. This setup exhibited a highly reversible specific capacity of ~600 mA h g−1 at 0.15 A g−1 with almost 100% Coulombic efficiency and negligible fading in cycling (Figure 8d). It is important to note that the confining host buffers the volume change of red P during repeated cycling, which was a grand problem in unconfined red P observed in other reports.120

Another important sector, where space confinement got widespread application, is in the hydrogenation of organic compounds. Figure 8e illustrates the significantly improved formaldehyde hydrogenation by Ni nanoparticles confined inside the nanotube channel of Al2O3. Nearly 100% conversion was obtained within 7 h reaction in the case of space confinement, by far exceeding the unconfined Ni nanoparticles. In fact, the size of the confining cavity should be able to accommodate the incoming organic compounds, realizing the positive effect of space confinement, and enhancing the activity. As reported by A. Corma’s group,39 sub-nanometric Pt species (single atoms and clusters) confined within purely siliceous zeolite demonstrated improved performance in hydrogenation of propylene as compared to Pt impregnated on the surface of zeolite (Figure 8f). For isobutene, this enhancement does not hold due to the molecular sieving effect (Figure 8g). The catalysis in this case can only be attributable to those Pt species on the external cups of zeolites and hence the effect of confinement is ruled out. This give rise to size-selective hydrogenation of alkene: bigger molecules, in fact, would not be accessible to the confined catalysts. In another report,120 computational studies on confined and open systems reveal that the CO−CO coupling reaction is indeed suppressed in the case of confinement. It has been revealed that the Econf obtained in spaces under graphene for *CO (0.45 eV) is significantly larger than *H (0.1 eV), further supporting the importance of size matching. Upon proper design of the confining platform, this strategy can serve as an indispensable tool to accelerate various kinds of chemical reactions.

4. Conclusions and Prospects

Space confinement affects the physics and chemistry of the adsorbates/reaction intermediates because of the geometric constraints and the confinement field. Various confinement modes, such as spaces under 2D materials, vdW gaps between layers in 2D materials, and 0D pores in porous materials have been investigated so far as convenient platforms for confining a catalyst. Optimum design of catalysts in these platforms endows enormous potential in the next-generation catalysis. The molecular adsorption on catalysts can be tuned by altering the type of confinement, and the structure and composition of the scaffold. The confined zone provides an excellent opportunity to undergo selective catalysis as some molecules diffuse in the confined zone more easily than others do. In addition to ensuring selectivity, superior stability is also expected in confined systems, owing to the fact that the catalyst is prevented from surface deterioration and particle aggregation. The experimental validation of phenomena speculated only theoretically is critically important. The rational design of Ni nanoparticles covered by graphene was theoretically demonstrated to be crucial to obtain superior electrocatalytic performance of HER from Earth abundant materials. The same design for Cu and its alloys was proved promising for enhanced CO2 reduction with superb selectivity. Another outstanding example is g-C3N4: it has inherent triangular pores formed by six edge nitrogen atoms, which can serve as favorable sites for the intercalation of adsorbates. The spaces under g-C3N4 are vital for confining catalysts. Confining catalysts in vdW gaps has been studied by applying graphene and TMDs as layered materials. In principle, this can be extended to other types of layered materials such as transition metal phosphorus trichalcogenides, MXenes, black phosphorus, etc. Particularly, newly emerging layered materials known as transition metal phosphorus trichalcogenides have been proposed as promising catalysts in energy conversion reactions. They have wider vdW gaps as compared to both graphene and TMDs. It is, therefore, envisioned that these materials can be convenient platforms to confine diversified groups of catalysts. Future interest may also lie on materials possessing multiple confinement platforms, like graphene aerogels with high surface area and interconnected porosity. They could guarantee multiple confinements of catalysts owing to their 0D (porosity) and 2D features. The choice of materials
to be confined should be conducted based on activity, durability, and robustness to allow the realization of desired performances (i.e., bifunctional catalysis in overall water splitting reactions and C2+ products in CO2 reduction). The functional properties recently recorded from Earth abundant materials, having comparable performance with those of benchmarking precious metals, would find a more fascinating scenario under confinement with a transformational vision in the field of catalysis. This strategy, however, suffers from challenges in developing facile and controllable technique to directly place the catalysts in the confined space. More attention should be devoted to the rational design of synthesis techniques to confine catalysts. Future work should also focus on gaining further insight into the identification of active sites and the mechanism of confined catalysis. We believe that with facile synthesis, adequate characterization and in-depth mechanism study, confined catalysis could find a significant part in the next-generation catalytic systems for various reactions.

Acknowledgements
The authors acknowledge the Kempe Foundation (JCK1505, JCK1703, SMK1839), the Knut och Alice Wallenberg Foundation (grant number KAW 2016.346), the ÅFORSK Foundation, and the Luleå University of Technology for financial support.

Conflict of Interest
The authors declare no conflict of interest.

Keywords
CO2 reduction, confined catalysis, pore filling, van der Waals gaps, water splitting

Received: July 16, 2019
Revised: August 9, 2019
Published online: September 9, 2019

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