Postnatal maternal separation modifies the response to an obesogenic diet in adulthood in rats

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SUMMARY
An early-life adverse environment has been implicated in the susceptibility to different diseases in adulthood, such as mental disorders, diabetes and obesity. We analyzed the effects of a high-fat sucrose (HFS) diet for 35 days in adult female rats that had experienced 180 minutes daily of maternal separation (MS) during lactancy. Changes in the obesity phenotype, biochemical profile, levels of glucocorticoid metabolism biomarkers, and the expression of different obesity- and glucocorticoid-metabolism-related genes were analyzed in periovaric adipose tissue. HFS intake increased body weight, adiposity and serum leptin levels, whereas MS decreased fat pad masses but only in rats fed an HFS diet. MS reduced insulin resistance markers but only in chow-fed rats. Corticosterone and estradiol serum levels did not change in this experimental model. A multiple gene expression analysis revealed that the expression of adiponutrin (Adpn) was increased owing to MS, and an interaction between HFS diet intake and MS was observed in the mRNA levels of leptin (Lep) and peroxisome proliferator-activated receptor gamma coactivator 1 alpha (Ppargc1a). These results revealed that early-life stress affects the response to an HFS diet later in life, and that this response can lead to phenotype and transcriptomic changes.

INTRODUCTION
Obesity is defined as a disproportionate accumulation of body fat mass, which is normally accompanied by an excessive increase in body weight, making this chronic disease one of the most serious public health problems around the world (Martí et al., 2008). The rapid increase in the prevalence of obesity is not only attributable to genetic causes (Moleres et al., 2009) or to adult lifestyle factors such as lack of physical exercise and consumption of high fat and high glycemic index diets (Astrup et al., 2008), but also to early-life determinants and epigenetic marks that are increasingly recognized as being of great importance (Cagampang et al., 2011).

The postnatal environment plays a relevant role in neurodevelopment and behavioral responses later in life (Maniam and Morris, 2010). Indeed, several animal studies and human epidemiological data support the notion that fetal programming and neonatal events can have long-term or permanent effects. These become characteristic of the individual (Loizzo et al., 2006), because a stressor acting in critical periods during early life can alter structure, physiology and metabolism, causing permanent dysfunctions (Goddrey and Barker, 2001). Moreover, an adverse early-life environment has been postulated to be involved in the susceptibility to different diseases in adulthood, such as mental disorders, cancer, diabetes mellitus and obesity (Burdge et al., 2009).

In this context, maternal separation (MS) is a well-known animal paradigm (Levine, 2002; O’Mahony et al., 2009), resulting in animals with behavioral and neuroendocrine signs of elevated stress reactivity as adults (Aisa et al., 2007; Ladd et al., 2000; Solas et al., 2010).

Furthermore, it has been described that stress can reduce body weight in rodents (Garcia-Diaz et al., 2007; Lin et al., 2005; Marin et al., 2007; Paternain et al., 2011), but there are controversial results in experimental studies combining a hypercaloric diet and stress (Garcia-Diaz et al., 2007; Isingrini et al., 2010; Kamara et al., 1998; Kuo et al., 2008; Kuo et al., 2007; Levin et al., 2000; Pecoraro et al., 2006; Tamashiro et al., 2007). These contrasting outcomes might be caused by the paradigms used, but also might depend on the species and strains or the type and composition of the diet. In this sense, it has been extensively reported that adverse behavioral actions and obesity are related to hypothalamic metabolism (Torres and Nowson, 2007), but little is known about the peripheral processes by which these factors affect adiposity and insulin resistance (Kuo et al., 2007). Based on this background, in the present work we have evaluated the peripheral effects of high-fat sucrose (HFS) diet intake on adult female rats that had experienced MS.

RESULTS
Effects of an HFS diet and MS on body weight gain and other corporal measurements
In adult rats, HFS diet intake induced the expected overweight model and this effect was reflected in a higher body weight gain (F_{3,33}=49.04, P<0.001; n=6-11), final body weight (F_{3,33}=16.112, P<0.001; n=6-11), food intake (F_{3,9}=12.436, P<0.05; n=2-3) and energy efficiency (F_{3,33}=23.182, P<0.001; n=6-11) (Table 1). Regarding adiposity, there were significant increases in visceral fat (calculated as the sum of periovaric, retroperitoneal and mesenteric fat pads; F_{3,33}=26.279, P<0.001; n=6-11) and total fat (calculated as the sum of visceral and subcutaneous fat pads; F_{3,33}=27.069, P<0.001; n=6-11), including all the analyzed depots separately [retroperitoneal white adipose tissue (WAT), F_{3,33}=50.754, P<0.001; n=6-11; subcutaneous WAT, F_{3,33}=26.861, P<0.001; n=6-11; mesenteric WAT, F_{3,33}=32.222, P<0.05; n=5-11; periovaric WAT,
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Effects of an HFS diet and an early-life stress on biochemical overweight biomarkers

Biochemical measurements at the end of the dietary treatment confirmed that the HFS diet induced different abnormalities leading to the common features associated with obesity and metabolic syndrome in rats, such as higher serum leptin levels ($F_{3,32}=27.231$, $P<0.001$; $n=6-11$) and glucose levels ($F_{3,32}=8.142$, $P<0.001$; $n=6-11$), and lower serum triglyceride ($F_{3,32}=12.870$, $P<0.005$; $n=6-11$), cholesterol ($F_{3,32}=17.853$, $P<0.001$; $n=6-11$), high-density lipoprotein (HDL; $F_{3,32}=22.114$, $P<0.001$; $n=6-11$) and free fatty acid (FFA; $F_{3,32}=15.479$, $P<0.001$; $n=5$) levels (Table 2).

With regard to insulin resistance biomarkers, there was an interaction between the dietary treatment and MS paradigm in serum insulin levels ($F_{3,30}=9.376$, $P<0.01$; $n=5-11$), as well as in the homeostasis model assessment (HOMA) index ($F_{3,30}=6.685$, $P<0.05$; $n=5-11$). Further analysis revealed a significant decrease in insulin resistance markers in chow-fed rats only. Finally, neither HFS diet intake nor MS protocol induced significant changes during fasting state on serum corticosterone levels and estradiol levels, measured as biomarkers of the hypothalamic adrenocortical axis, or in serum MCP-1 levels, assessed as an inflammation marker.

Effects of an HFS diet and MS on gene expression in periovaric WAT

The analysis using a fold-change cut-off of 1.5 of the reverse-transcriptase PCR (RT-PCR) array in a small sample ($n=20$) showed up to 9 of 52 mRNA values as relevant in the study (supplementary material Table S1). However, after the validation of these 9 genes in the whole sample ($n=34$), up to 3 of 9 mRNA values were considered as differentially expressed due to an HFS diet, MS or both together (Table 3). Thus, the HFS diet in rats over 5 weeks induced an increase of $Ppargel$ ($F_{3,30}=16.678$, $P<0.001$; $n=6-11$) with regard to insulin resistance biomarkers, there was an interaction between the dietary treatment and MS paradigm in serum insulin levels ($F_{3,30}=9.376$, $P<0.01$; $n=5-11$), as well as in the homeostasis model assessment (HOMA) index ($F_{3,30}=6.685$, $P<0.05$; $n=5-11$). Further analysis revealed a significant decrease in insulin resistance markers in chow-fed rats only. Finally, neither HFS diet intake nor MS protocol induced significant changes during fasting state on serum corticosterone levels and estradiol levels, measured as biomarkers of the hypothalamic adrenocortical axis, or in serum MCP-1 levels, assessed as an inflammation marker.

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and Lep (F3,32=22.941, P<0.001; n=6–11) mRNA levels (Table 3). Furthermore, a statistically significant increase due to MS was observed in Adipon (F3,35=5.585, P<0.05; n=6–11), and a decrease in Pparc1a (F3,30=11.937, P<0.01; n=6–11). Moreover, statistical interactions were observed between an HFS diet and MS in Lep mRNA levels (F3,32=5.585, P<0.05; n=6–11) in association with the fat pad masses, and Pparc1a (F3,30=13.170, P<0.01; n=6–11).

**DISCUSSION**

In the current trial, we evaluated the peripheral effects of an HFS diet in adult female rats that had experienced an MS paradigm. Gender is one major variable that appears to confer differential vulnerability to stress. As Verbruggen (Verbrugg, 1985) and Frankenhaeuser et al. (Frankenhaeuser et al., 1976) reported, men and women differ in physiological and behavioral responses to stressors and in epidemiological patterns of stress-related illness. Despite the knowledge that women are more susceptible than men to stress-related mental illnesses such as major depression (Lewinsohn et al., 1998; Swaab and Hofman, 1995; Weinstock, 1999), many of the relevant studies in this field have been conducted in males, and less information is available on the response of female rodents to stressors. Sex differences in sensitivity to stress have also been documented in animals (Brown et al., 1996; Taylor et al., 2000) and there is no doubt that females are affected by some early environmental manipulations (Nunez et al., 1995). As expected, the intake of the hypercaloric diet induced changes in various obesity-related phenotypic and biochemical parameters (Milagro et al., 2006). Thus, increases in body weight and food intake in HFS-diet-fed groups were observed, together with higher fat pad mass and lower serum triglyceride, HDL and FFA levels. These results are in agreement with other studies, which have shown that the decrease in the lipid profile observed is characteristic of the rat models (Boque et al., 2009; Lomba et al., 2010). Moreover, serum leptin, an accurate obesity biomarker (Martí et al., 1999), was increased owing to the diet. Remarkably, the dietary treatment did not affect adiponectin, MCP-1 (one of the key factors involved in the initiation of obesity-related inflammation) (Melgarejo et al., 2009) or insulin resistance biomarkers. However, some studies (Galipeau et al., 2002; Horton et al., 1997) have reported that female rats are protected against the metabolic defects typically produced by high-carbohydrate feeding, which is also in agreement with previous work published by our group (Lomba et al., 2010).

In the present work, the nutrigenomic study involving the analysis of the expression of S2 genes in perivascular WAT and the subsequent validation highlighted some mechanisms related to diet-induced obesity. Interestingly, only two genes were significantly affected by the HFS diet: Pparc1a and Lep. The small number of

### Table 2. Biochemical measurements and statistical analysis of the four groups

| Measurement | Group C (n=6) | MS (n=10) | HFS (n=7) | HFS-MS (n=11) | Diet | MS | Interaction |
|-------------|---------------|-----------|-----------|---------------|------|----|-------------|
| Glucose (mmol/l) | 5.2±0.25 | 5.2±0.18 | 5.8±0.23 | 5.9±0.21 | <0.01 | ns | ns |
| Triglycerides (mg/dl) | 52.1±4.81 | 44.3±2.88 | 37.6±2.77 | 37.3±2.08 | <0.05 | ns | ns |
| Cholesterol (mg/dl) | 73.7±5.54 | 76.6±4.77 | 56.4±4.35 | 59.0±2.37 | <0.001 | ns | ns |
| HDL (mg/dl) | 26.8±1.51 | 26.8±1.24 | 21.3±1.14 | 21.2±0.81 | <0.001 | ns | ns |
| FFA (mg/dl) | 0.7±0.05 | 0.6±0.05 | 0.5±0.04 | 0.5±0.03 | <0.001 | ns | ns |
| Insulin (µU/ml) | 8.9±1.57 | 3.9±0.44 | 6.5±1.20 | 9.1±1.30 | <0.001 | ns | <0.01 |
| HOMA | 2.0±0.36 | 0.9±0.12 | 1.7±0.30 | 2.4±0.39 | <0.001 | ns | <0.05 |
| HOMA | 199.2±69.21 | 50.0±7.58 | 102.0±44.66 | 84.3±15.50 | <0.05 | 0.03 |
| QUICKI | 1.6±0.15 | 1.0±0.07 | 1.4±0.15 | 1.4±0.07 | <0.001 | ns | <0.05 |
| Leptin (ng/ml) | 0.8±0.29 | 0.8±0.18 | 3.3±0.52 | 2.6±0.45 | <0.001 | ns | ns |
| Adiponectin (ng/ml) | 4733±291.51 | 5812±435.04 | 5213±312.69 | 5800±518.94 | ns | ns | ns |
| MCP-1 (µg/ml) | 237.9±60.96 | 288.9±61.26 | 156.6±22.45 | 177.5±15.19 | ns | ns | ns |
| Corticosterone (ng/ml) | 245.0±101.62 | 217.4±75.16 | 268.3±49.22 | 185.2±85.05 | ns | ns | ns |
| Estradiol (pg/ml) | 479.7±4.63 | 53.7±6.50 | 43.5±3.36 | 43.3±2.27 | ns | ns | ns |

Results are expressed by mean ± s.e.m. **Significant differences between groups of at least P<0.05. C, control; MS, maternal separation; HFS, high-fat sucrose; HFS-MS, high-fat-sucrose–maternal separation; WAT, white adipose tissue; ns, not significant; 1, increase of mRNA level; ↓, decrease of mRNA level. The full names of the genes are shown in supplementary material Table S2.

### Table 3. Differentially expressed genes in perivascular WAT

| Genes | Group | Two-way ANOVA (P-value) | Variation (%) |
|-------|-------|--------------------------|---------------|
|       | C (n=6) | MS (n=10) | HFS (n=7) | HFS-MS (n=11) | Diet | MS | Interaction | Diet | MS |
| Adipon | 1.0±0.17 | 1.4±0.16 | 1.3±0.23 | 2.0±0.30 | ns | <0.05 | ns | 147 | 100 |
| Lep | 1.0±0.25 | 1.3±0.11** | 2.6±0.18 | 1.8±0.10 | <0.001 | ns | <0.05 | ↑131 | – |
| Pparc1a | 1.0±0.26 | 0.2±0.07 | 0.1±0.01 | 0.2±0.00 | <0.001 | <0.01 | <0.001 | ↑169 | 166 |

Gene expression is shown in fold change in respect to the control group. Results are expressed by mean ± s.e.m. **Significant differences between groups of at least P<0.05. C, control; MS, maternal separation; HFS, high-fat sucrose; HFS-MS, high-fat-sucrose–maternal separation; WAT, white adipose tissue; ns, not significant; ↑, increase of mRNA level; ↓, decrease of mRNA level. The full names of the genes are shown in supplementary material Table S2.
changed genes could be explained by the animals’ adaptation to the diet, as Fearnside et al. suggested (Fearnside et al., 2008).

As expected (Roberts et al., 2002), owing to the diet, Lepr mRNA levels were increased in periovicaric WAT, although no changes were observed in either Ccl2 or Adipoq mRNA levels. Ppargc1a, encoding a molecule involved in thermogenesis (Yudkin et al., 1999), was decreased by an HFS diet, which is in agreement with Arçari et al. (Arçari et al., 2009), who described that PGC-1α is downregulated by a high-fat diet.

In the scientific literature, there are contradictory results on the effect of a high-fat diet on the expression level of genes related to the metabolism of glucocorticoids in WAT. Thus, some studies have reported no changes in the levels of 11βHSD-1 or glucocorticoid receptor (GR) (Drake et al., 2005), some a decrease in 11βHSD-1 expression and activity (Livingstone et al., 2000) and another an increase (Walker, 2007). In this study, no changes were observed in any of the genes that we studied related to the metabolism of glucocorticoids. For blood corticosterone after a high-fat diet, the same conflicting outcomes have been reported, such as a lack of effect, as in this trial (Campion and Martínez, 2004; Maniam and Morris, 2010) or a decrease in the circulating levels of this hormone (Drake et al., 2005). Despite these differences, Maniam and Morris found that glucocorticoid response is blunted by the high-fat diet in rodents (Maniam and Morris, 2010), suggesting alterations in the hypothalamic-pituitary-adrenal (HPA) axis. Thus, Drake et al. have described that a high-fat diet reduces glucocorticoid concentrations, and that this is a key mechanism protecting against the metabolic complications of obesity (Drake et al., 2005).

The MS model in rats is considered a robust model of enhanced stress responsiveness (Aïsa et al., 2007; Ladd et al., 2000; Levine, 2002; O’Mahony et al., 2009; Solas et al., 2010). This model has been associated with the development of anxiety-like behavior and learning impairments in adult rats. Moreover, different clinical and experimental studies have demonstrated that there is a clear relationship between the fetal environment and the risk of developing insulin resistance (Gluckman and Hanson, 2004). Furthermore, experiments in several animal species have shown an induction of insulin resistance and other manifestations of the metabolic syndrome by manipulating maternal nutrition or exposing the mother to synthetic glucocorticoids (Gluckman and Hanson, 2004). The MS paradigm decreased several fat pad masses and had a particularly remarkable effect in periovicaric and subcutaneous WAT, suggesting that a neonatal adverse experience could lead to a different response to a hypercaloric diet intake in adulthood, compared with the control group. Curiously, no changes were found in food intake due to MS, indicating that the decrease in WAT weights could be due to previous modifications in peripheral tissues during lactation (De Moura and Passos, 2005). Thus, stress has been linked to obesity mainly through hypothalamic effects on food intake or peripherally through β-adrenergic (Troisi et al., 1991), glucocorticoid (Rosmond et al., 1998) or parasympathetic (Bartness et al., 2005) activity. As Kuo et al. stated (Kuo et al., 2007), in response to a stressor, some people lose weight, mainly via the β-adrenergic-mediated lipolytic pathway, whereas others gain weight, increasing the adipose tissue levels of cortisol, which could upregulate the expression level of neuropeptide Y (NPY) in the sympathetic nerves, stimulating the proliferation, differentiation and lipid filling of adipocytes. Moreover, the developmental plasticity, which is an adaptive process enabling an organism to respond to environmental insults acting in early life, could be reinforced by epigenetic mechanisms, such as DNA methylation and histone modifications (Cordero et al., 2011; Gluckman, 2011).

There is no consensus in the literature concerning the effect of neonatal manipulations on baseline corticosterone levels. Thus, some studies have found no differences (Kim et al., 2005; Ladd et al., 2004; Maniam and Morris, 2010), whereas others report decreased (Panagiotaropoulos et al., 2004; Papaiannonou et al., 2002) or increased (Kawakami et al., 2007) corticosterone levels. In this sense, we did not observe any change in serum corticosterone levels; this lack of response could be attributed to the alteration by MS of the responsivity of the HPA axis to fasting (Kim et al., 2005). However, Aïsa et al. reported a depressive-like behavior and increased axis responsiveness to acute stressors in female rats subjected to exactly the same MS paradigm (Aïsa et al., 2008). Moreover, the behavioral test of males from the same litter of our rats demonstrated a hyperactivation of the HPA axis (Martisova et al., 2012), indicating that the rats of this trial might also have an altered HPA axis.

Regarding the effects of MS on the serum biochemical measures, all insulin resistance biomarkers were decreased owing to MS, but only in chow-fed rats, in accordance with previous studies (Delaunay et al., 1997; Lamillotte et al., 1997; Solas et al., 2010), which reported that glucocorticoids inhibit insulin secretion from pancreatic β-cells. The nutrigenomic study showed a significant increase due to MS in Adpn, which is an adipose-specific transmembrane protein regulated by energy balance (Baulande et al., 2001) and which has been postulated to be part of the adipose-specific energy homeostasis sensor (Johansson et al., 2006), and a decrease in Ppargc1a (Carbone et al., 2012). Glucocorticoids are widely mentioned as triggering both lipolysis and adipogenesis, depending on the concentration, duration and type of glucocorticoid investigated, as well as the experimental model used (Kershaw et al., 2006; Masuzaki et al., 2001; Xu et al., 2009). Moreover, Yu et al. (Yu et al., 2010) and Campbell et al. (Campbell et al., 2011) reported that glucocorticoids could stimulate adipogenesis by acting on preadipocytes, and concomitantly could increase lipolysis through actions on mature adipocytes. Estrogens might alter or interact with the HPA axis in regulating corticosterone release and in influencing cognitive function, and it has been suggested that estrogen in females might protect against the effects of corticosterone (Luine, 2002). However, in this study we did not observe any statistical change between the groups.

Our results suggest that early adverse events can lead to biological changes in the pups that persist into adulthood, inducing a different response to an HFS diet in later life involving alterations in the lipolysis and lipogenesis pathways. These changes could be explained via epigenetics, because DNA methylation and histone code could be modified during MS (Franklin et al., 2010) and these could be responsible for the different outcome induced by the HFS diet in this trial.

**METHODS**

**Animals and experimental design**

Timed-pregnant Wistar rats on gestation day 16, supplied by Charles River Laboratories (Barcelona, Spain), were individually...
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Serum measurements
Circulating glucose was measured with an HK-CP kit (ABX Diagnostic, Montpellier, France) in automated COBAS MIRA equipment (Roche, Basel, Switzerland). Serum leptin (Linco Research, St Charles, MO), adiponectin (Linco Research, St Charles, MO), insulin (Merckod AB, Uppsala, Sweden) and MCP-1 (Invitrogen, Carlsbad, CA) levels were determined by ELISA using automated TRITURUS equipment (Grifols International S.A., Barcelona, Spain; C group, \( n = 6 \) and MS group, \( n = 10 \)) and HFS diet \( [20\% \text{ protein, } 35\% \text{ carbohydrate, of which } 17\% \text{ was sucrose, } 45\% \text{ fat, from Research Diets, Inc. (D12451); HFS, } n = 7 \text{ and HFS-MS group, } n = 11 \] Animals were randomized to ensure that, in most cases, in each dietary treatment there were only three rats from each litter. Animals had ad libitum access to water and food during the experimental trial (35 days), and body weight was recorded three times a week. After animals were sacrificed by decapitation, blood and tissue samples were immediately collected and frozen (\(-80^\circ \text{C}\)) for further analysis. All procedures were performed according to national and institutional guidelines of the Animal Care and Use Committee at the University of Navarra.

Real-time PCR
Total RNA was isolated from periorvaric WAT from the whole sample (\( n = 35 \)), according to Trizol manufacturer’s instructions (Invitrogen, Carlsbad, CA), followed by an additional purification step using the RNA easy kit (Qiagen, Germantown, MD). cDNA was synthesized using the RT\(^2\) First Strand Kit (Qiagen, Germantown, MD).

From the 35 animals included in the study, 20 (\( n = 4 \) per experimental group) underwent analysis using a quantitative real-time PCR array (RT-PCR array) of 52 recognized genes related to obesity and glucocorticoid metabolism (supplementary material Table S2) following the manufacturer’s recommendations using the ABI PRISM 7900 HT Fast Real-Time PCR System (Applied Biosystems, Austin, TX). Obesity-related genes were analyzed with RT\(^2\) qPCR Primer Assay (Qiagen, Germanstown, MD), whereas glucocorticoid metabolism genes were examined with Taqman probes for rats (Applied Biosystems, Austin, TX).

For the validation of the RT-PCR array, nine genes were selected and analyzed in the whole sample (\( n = 35 \)) using ABI PRISM 7900 HT Fast Real-Time PCR System (Applied Biosystems, Austin, TX) and Taqman probes for rats (Applied Biosystems, Austin, TX): Adpn (Rn 01502361_m1), Ccl2 (Rn 00580555_m1), Cd36 (Rn 00580728_m1), Lep (Rn 565158_m1), Lipe (Rn 00563444_m1), Megl

TRANSLATIONAL IMPACT

Clinical issue
Postnatal exposure to stress is thought to increase the level of hormones and affect metabolic pathways that alter physiology, metabolism and brain structure, potentially causing permanent dysfunction. Increasing evidence indicates that such changes can influence the development of diseases – including metabolic diseases such as obesity and diabetes, as well as mental illnesses such as depression and anxiety – in adulthood, reducing quality of life and life expectancy.

Results
In this paper, the authors tested the effect of postnatal stress (maternal separation) on the susceptibility of adult rats to diet-induced metabolic dysfunction. They find that rats that experience maternal separation during the lactating period show a differential response to a high-fat sucrose (HFS) diet in adulthood, compared with controls. Postnatal maternal separation reduced the weight of certain adipose depots, but only in rats fed an HFS diet. Postnatal maternal separation reduced serum insulin levels and the HOMA index (a measure of insulin resistance), but only in rats fed a normal diet. Analyses of 52 genes related to obesity and glucocorticoid metabolism revealed altered expression of three key metabolic genes: adiponutrin (Adpn) was increased by maternal separation, whereas alterations in leptin (Lep) and peroxisome proliferator-activated receptor gamma coactivator 1-alpha (Pparc1a) were affected by the combined effect of maternal separation and an HFS diet.

Implications and future directions
This study reinforces the idea that a stressful early-life environment can critically affect adult health. The results provide candidate genes that are influenced by the postnatal environment and that are involved in the response to an obesogenic diet in later life. Future studies should analyze the regulation of additional genes related to obesity metabolism in greater detail, as well as investigate potential epigenetic changes caused by maternal separation and a hypercaloric diet. A greater understanding of how early-life stress affects metabolism might help to develop nutritional strategies that overcome the negative effects of early-life stress in adulthood.
Statistical analysis

All results are expressed as mean ± standard error of the mean (s.e.m.). Data and interactions were evaluated by two-way factorial ANOVA (Diet, MS, Interaction) followed by Bonferroni test for multiple comparisons. Repeated-measures ANOVA was applied for analysis of food intake. The level of probability was set at P<0.05 as statistically significant. All analyses were performed using SPSS 15.0 packages of Windows (Chicago, IL).

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COMPETING INTERESTS

The authors declare that they do not have any competing or financial interests.

AUTHOR CONTRIBUTIONS

J.C. designed the study and contributed to the writing of the manuscript. J.A.M. designed the maternal separation model and reviewed the manuscript. M.J.R. designed the study and contributed to the writing of the manuscript. All authors contributed to and have approved the final manuscript.

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Supplementary Table 1. Differentially expressed genes in periovaric WAT related to obesity and glucocorticoid metabolism in RT-PCR array

| Genes       | C   | MS  | HFS | HFS-MS | Diet | MS | Interaction | Variation (%) |
|-------------|-----|-----|-----|--------|------|----|-------------|---------------|
| (Arbitrary units) | n = 4 | n = 4 | n = 4 | n = 4 |      |    |             |               |
| Adpn        | 0.9 ± 0.03 | 1.5 ± 0.26 | 1.3 ± 0.18 | 3.0 ± 0.48 | <0.01 | <0.01 | ns | ↑75  ↑100   |
| Ccl2        | 1.6 ± 0.27 | 4.7 ± 0.88 | 3.5 ± 1.02 | 4.2 ± 1.11 | ns   | <0.05 | ns | ↑76   |
| Cd36        | 1.3 ± 0.17 | 1.8 ± 0.08 | 0.9 ± 0.17 | 1.7 ± 0.18 | ns   | <0.01 | ns | ↑55   |
| Lep         | 1.2 ± 0.36 | 0.8 ± 0.28 | 3.4 ± 0.75 | 2.1 ± 0.12 | <0.05 | ns   | ns | ↑84   |
| Lipe        | 1.3 ± 0.22 | 1.8 ± 0.09 | 0.9 ± 0.19 | 1.7 ± 0.10 | ns   | <0.01 | ns | ↑61   |
| Mgll        | 1.4 ± 0.16 | 2.1 ± 0.18 | 1.4 ± 0.22 | 2.5 ± 0.21 | ns   | <0.01 | ns | ↑60   |
| MR          | 1.0 ± 0.20 | 1.4 ± 0.40 | 0.6 ± 0.03 | 0.6 ± 0.08 | <0.05 | ns   | ns | ↓52   |
| Plin        | 1.3 ± 0.16 | 1.8 ± 0.17 | 0.9 ± 0.08 | 1.7 ± 0.13 | ns   | <0.01 | ns | ↑56   |
| Ppargc1a    | 1.0 ± 0.33 | 0.3 ± 0.11 | 0.2 ± 0.09 | 0.2 ± 0.06 | <0.05 | ns   | ns | ↓65   |

Results are expressed by mean ± SEM. C, Control; MS, Maternal separation; HFS, High fat sucrose; HFS-MS, High fat sucrose-Maternal separation; WAT, white adipose tissue; ns, not significant; ↑, increase of mRNA level; ↓, decrease of mRNA level. The complete names of the genes are shown in Supplementary Table 2.
| GEN NAME | SYMBOL | RefSeq | Probes type | Pathway |
|----------|--------|--------|-------------|---------|
| Acyl-coenzyme A carboxylase alpha | Acaca | NM_022193 | SYBR green | Lipogenesis |
| ATP citrate lyase | Acly | NM_016987 | SYBR green | Lipogenesis |
| Adipose differentiation related protein | Adip | NM_001007144 | SYBR green | Lipogenesis/Lipolysis |
| Adiponectin, C1Q and collagen domain containing | Adipoq | NM_144744 | SYBR green | Inflammation/Glucocorticoid metabolism |
| Adiponutrin | Adpn | NM_144432 | SYBR green | Adipogenesis |
| AIE binding protein 1 | Aebp1 | XM_223583 | SYBR green | Adipogenesis |
| Angiotensinogen (serpin peptidase inhibitor, clade A, member 8) | Agt | NM_134432 | SYBR green | Adipogenesis |
| Apelin | Aph | NM_031612 | SYBR green | Inflammation/Glucocorticoid metabolism |
| Aquaporin 7 | Aqp7 | NM_019157 | SYBR green | Glucocorticoids/Lipolysis/Lipogenesis |
| Caveolin 1, caveolar protein | Cav1 | NM_031556 | SYBR green | Glucose metabolism/Lipogenesis |
| Chemokine (C-C motif) ligand 2 | Ccl2 | NM_031530 | SYBR green | Inflammation |
| CD36 molecule (thrombospondin receptor) | Cldn | NM_031561 | SYBR green | Inflammation/FA transport |
| Cyclic-dependent kinase inhibitor 1A (p21, Cip1) | Cdkn1a | NM_008782 | SYBR green | Adipogenesis |
| Cyclic-dependent kinase inhibitor 1B | Cdkn1b | NM_031762 | SYBR green | Adipogenesis |
| Cyclic-dependent kinase inhibitor 1C (P57) | Cdkn1c | NM_182735 | SYBR green | Adipogenesis |
| C/EBP, alpha | Cebpa | NM_012524 | SYBR green | Adipogenesis |
| C/EBP, alpha | Cebpb | NM_024125 | SYBR green | Adipogenesis |
| Diacylglycerol O-acyltransferase homolog 1 (mouse) | Dgat1 | NM_033437 | SYBR green | Lipogenesis |
| Fatty acid binding protein 4, adipocyte | Fabp4 | NM_033365 | SYBR green | Adipogenesis |
| Fatty acid synthase | Fasn | NM_017332 | SYBR green | Lipogenesis |
| G protein-coupled receptor 77 | Gpr77 | NM_001003710 | SYBR green | Lipogenesis |
| Hexokinase 2 | Hk2 | NM_012735 | SYBR green | Glucose metabolism |
| Heat shock protein 5 | Hspa5 | NM_013083 | SYBR green | Inflammation |
| Interleukin 6 | Il6 | NM_012589 | SYBR green | Inflammation |
| Leptin | Lep | NM_031076 | SYBR green | EE/Inflammation/Lipolysis |
| Lipase, hormone sensitive | Lipe | NM_012859 | SYBR green | Lipolysis |
| Lipoprotein lipase | Lpl | NM_012598 | SYBR green | Lipolysis |
| Monoglyceride lipase | Mgll | NM_138502 | SYBR green | Lipolysis |
| Nicotinamide phosphoribosyltransferase | Nampt | NM_177928 | SYBR green | Inflammation |
| Nuclear receptor interacting protein 1 | Nripi | XM_221724 | SYBR green | Lipolysis |
| Phosphoenolpyruvate carboxykinase 1 (soluble) | Pck1 | NM_198780 | SYBR green | Glucose metabolism |
| Pyruvate dehydrogenase kinase, isozyme 4 | Pdk4 | NM_033551 | SYBR green | Glucose metabolism |
| Perilipin | Plin | NM_013094 | SYBR green | Lipolysis |
| Peroxisome proliferator-activated receptor gamma | Pparg | NM_031124 | SYBR green | FA oxidation |
| Peroxisome proliferator-activated receptor gamma, coactivator 1 alpha | Ppara | NM_031347 | SYBR green | EE/FA oxidation |
| Protein tyrosine phosphatase, non-receptor type 1 | Ptpn1 | NM_012637 | SYBR green | Glucose metabolism |
| Resistin | Retn | NM_144741 | SYBR green | Inflammation |
| Stearoyl-Coenzyme A desaturase 1 | SCD1 | NM_139192 | SYBR green | Lipogenesis |
| Sirtuin (silent mating type information regulation 2 homolog) 1 (S. cerevisiae) | Sirt1 | XM_228146 | SYBR green | Adipogenesis/Lipolysis |
| Sterol regulatory element binding transcription factor 1 | Srebf1 | XM_213329 | SYBR green | Adipogenesis/Lipolysis |
| Tumor necrosis factor (TNF superfamily, member 2) | Tnfsf2 | NM_002675 | SYBR green | Inflammation |
| Uncoupling protein 2 (mitochondrial, proton carrier) | Ucp2 | NM_019354 | SYBR green | EE/FA oxidation/Glucocorticoid metabolism |
| 11β hydroxysteroid dehydrogenase-1 | 11β-HSD-1 | NM_017080.2 | Taqman (Rn 00056716_ml) | Glucocorticoids |
| 11β hydroxysteroid dehydrogenase-2 | 11β-HSD-2 | NM_017081.1 | Taqman (Rn 00049239_ml) | Glucocorticoids |
| Glucocorticoid receptor | Nrc1 | NM_012576 | Taqman (Rn 00561369_ml) | Glucocorticoids |
| Mineralocorticoid receptor | Nrc2 | NM_013131 | Taqman (Rn 00565562_ml) | Glucocorticoids |
| ACTR, beta | Acrb | NM_031144 | SYBR green | Housekeeping |
| Peptidylprolyl isomerase A (cyclophilin A) | Ppi | NM_017101 | SYBR green | Housekeeping |
| Ubiquitin C | Ubci | NM_017314 | SYBR green | Housekeeping |
| Glyceraldehyde-3-phosphate dehydrogenase | Gapdh | NM_017008 | SYBR green | Housekeeping |

FA, Fatty acids; EE, Energy expenditure; HSK, Housekeeping; GDC, Genomic DNA control