Review Article

Prostate cancer stem cells: The case for model systems

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Abstract

Advanced prostate cancers are treated with androgen deprivation therapy, which usually leads to a rapid and significant reduction in tumor burden but subsequent development of castration-resistant and metastatic disease almost always occurs. The source of tumor heterogeneity and the accompanying mechanisms leading to treatment resistance are major areas of prostate cancer research. Although our understanding of tumor heterogeneity is evolving, the functional isolation of tumor propagating populations, also known as cancer stem cells (CSCs), is fundamental to the identification and molecular characterization of castration-resistant prostate cancer cells. Of clinical importance, knowledge of prostate CSCs has implications for design of next generation-targeted therapies aimed at both eradicating primary tumor mass and preventing castration-resistant disease. The inability to routinely transplant fractionated primary human prostate tumors has prevented progress in analyzing the source of heterogeneous and treatment-resistant populations in prostate cancer. Here, we briefly overview the mechanisms of castration resistance, including the hypothesis for the existence of androgen-independent prostate CSCs. Finally, we discuss the interpretation of preclinical models and their utility for characterizing prostate CSCs in androgen-replete and androgen-deprived conditions.

Keywords: Animal models, cancer stem cells, castration resistance, prostate cancer

INTRODUCTION

Prostate cancer is the second leading cause of cancer death in men, and is predicted to account for the highest number, approximately 30%, of newly diagnosed male cancer cases in 2011.[1] Prostate cancer-related deaths occur predominantly as a result of metastatic disease that is resistant to androgen deprivation therapy (ADT), usually referred to as castration resistance. Major clinical challenges exist for identifying aggressive prostate cancers that are likely to metastasize and for targeting treatment to non-androgen receptor (AR) pathways. Understanding the mechanisms underlying castration-resistant progression is an important area of basic research in prostate tumor biology. Fundamental to investigating castration-resistant mechanisms is the definition of cell populations capable of propagating prostate tumor growth and metastasis in androgen-replete and androgen-deprived conditions.

The ability of subsets of tumor cells upon transplantation to self-renew and recapitulate the heterogeneity of the original tumor is at present the major criteria for defining cancer stem cells (CSCs). Tumor cell subpopulations with such capacity, also called tumor-propagating cells or tumor-initiating cells, have been identified in a variety of malignancies and vary greatly in their frequencies.[2,3] In some cancers, nearly every cell has tumor-propagating ability.[4] In addition, the quantification of CSCs is not an absolute but, instead,
depends on the specifications of the assay. Nevertheless, the quantification and molecular characterizations of CSC populations from primary tumors have been useful in gauging tumor aggressiveness and heterogeneity.[5,6]

The search for CSCs within human prostate cancer is ongoing. Currently, a major obstacle in the field is the inability to routinely grow freshly dissociated human prostate cells in mouse transplant recipients. Here, we discuss the utility of identifying CSCs in prostate cancers, review the current models for prostate cancer cell of origin and the relationship to CSCs and pose what we believe to be the significant value of preclinical models to begin addressing the heterogeneity of prostate tumors and the molecular characterization of tumor propagating subpopulations.

**PROSTATE CELL LINEAGES AND REGENERATIVE POTENTIAL**

Human and mouse prostates have a glandular structure composed of three epithelial cell types: basal, luminal and neuroendocrine cells, embedded within a fibromuscular matrix.[7] Basal cells rest on basement membranes and are characterized by the expression of markers such as cytokeratin 5 (CK5), CK14 and p63. In addition, they express heterogeneous, low levels of AR. Cylindrical luminal epithelial cells reside above the basal cells and express CK8, CK18, Nkx3.1, high levels of AR and, in the case of human cells, prostate-specific antigen (PSA). Luminal cells are androgen dependent and, on castration, most luminal cells apoptose, although in the mouse, a single layer of attenuated, cuboidal luminal cells survives above the basal layer. Finally, rare androgen-independent neuroendocrine cells are marked by the expression of synaptophysin, chromogranin A or beta-3 tubulin.

The existence of epithelial stem cells in the adult prostate is implied by the ability of the prostate to undergo multiple rounds of castration-induced regression followed by full regeneration upon restoration of androgen.[8,9] Following cell surface labeling and fluorescence-activated cell sorting (FACS), cells that fractionate with the basal compartment have been shown to self-renew and are capable of generating basal and luminal cells.[10,11] Fractionation and transplantation assays have demonstrated that a single Lin–Sca-1+ CD133+CD44+ CD117+ cell, within the basal fraction, can give rise to luminal, basal and neuroendocrine cell types in the mouse prostate.[12] In addition, there also exist in the mouse castration-resistant Nkx3.1+ luminal cells, termed CARNs, with bipotential regenerative activity.[13]

**PROSTATE CANCER PATHOLOGY**

Prostate adenocarcinoma is believed to develop from early precursor lesions known as prostatic intraepithelial neoplasia (PIN).[14] Prostate glands undergo numerous changes during the course of progression, including the loss of basal cells and the hyperproliferation and morphological transformation of luminal cells.[15] These cellular changes result in the majority of prostate cancers having a pronounced luminal phenotype and being classified histologically as acinar adenocarcinomas. A noteworthy feature of prostate cancer is the rare occurrence of other histopathological subtypes.[16,17] Possible interpretations of this observation are that: (1) a predominant cell compartment in the prostate is susceptible to transformation and/or (2) transformation of various cells within a related lineage leads to the expression of a similar differentiated phenotype. One characteristic of adenocarcinoma is a lack of basal cells. By contrast, the accepted precursor lesion of adenocarcinoma, high-grade PIN (HGPIN), retains some evidence of basal cells. Thus, HGPIN lesions are useful entities defined within a tumor progression paradigm to evaluate cell populations harboring mutations. Importantly, a variety of cancer-associated markers are expressed in luminal but not basal phenotyped cells of HGPIN.[18-20] The most direct interpretation of these data is that transforming mutations do not occur in histologically defined basal cells.

**MECHANISMS OF CASTRATION RESISTANCE**

Progressive prostate cancer, including primary disease and disease that occurs outside the prostate, is usually treated with ADT.[21] ADT almost always leads to reduced tumor burden, but ultimately the disease recurs in most cases. Accumulating evidence suggests that castration resistance can arise from one of many possible mechanisms, that maintain AR signaling.[22-24] AR-dependent mechanisms encompass approximately one-third of castration resistant prostate cancer (CRPC) and include gene amplifications or somatic mutations to AR and other pathway constituents. Such genetic changes usually occur in response to ADT, although rare pre-existing mutations have also been observed.[25,26] An intrinsic mechanism of reduced androgen dependence following PTEN loss results from a self-reinforcing loop of depressed AR signaling and enhanced survival signaling.[27,28] PTEN loss is associated with castration-resistant growth in mouse models and an increased probability of CRPC in patients.[29] Significant improvements have recently been incorporated into treatments that inhibit AR-dependent signaling, including the high-affinity AR antagonists MDV3100 and inhibitors of steroidal synthesis,
such as abiraterone. Nevertheless, it appears that over 50% of the patients do not respond or have partial responses to such enhanced ADT.

Lethal prostate cancers are heterogeneous and can include a range of AR expression, including cells that lack detectable expression. The initial hormone sensitivity of prostate cancers implies that androgen-independent cells are contained within a minor population. The scope of mechanisms that contribute to tumor re-growth is not clearly understood. Mechanisms that act independently of the androgen receptor might also play important roles. Because castration-resistant regenerative stem/progenitor cells exist within normal prostates, one hypothesis is that phenotypically similar cells are present in progressive prostate cancer. An androgen-independent subpopulation within a heterogeneous prostate tumor could reflect the retained phenotype of a normal cell counterpart or, alternatively, could represent an acquired phenotype secondary to genetic changes. Thus, one approach to analyzing mechanisms of castration resistance includes isolating and characterizing the hormone dependence and lineage phenotype of CSCs before and after ADT.

**TUMOR PROPAGATING CELLS**

The enrichment and molecular characterization of prostate cancer CSCs within heterogeneous tumor populations have significant translational potential. The identification of CSC-specific markers would allow histopathological analyses and correlation with clinical outcomes and might, ultimately, have prognostic utility. It has been proposed that combining standard debulking tumor therapy with CSC-directed therapy may improve the probability of avoiding therapy-resistant cancer. The characterization of CSC signaling pathways, especially those mediating a survival function, could serve as effective therapeutic targets. Likewise, it is possible that CSCs represent a lineage-specific immature or “dedifferentiated” cell population and, therefore, targeted differentiation may provide a novel therapeutic approach. Finally, characterizing CSC populations before and after ADT would provide insight into the mechanisms of pre-existing and/or acquired androgen independence (Figure 1).

The currently accepted assay for delineating CSCs is based upon the ability of fractionated suspensions of tumor cells to form tumors of the appropriate histology following transplantation into immunocompromised mice. As mentioned earlier, a major obstacle is the current inability to routinely grow freshly dissociated human prostate cells in the mouse. By contrast, the fractionation and transplantation of established human prostate cancer cell lines such as DU145 and PC3 have revealed the presence of subpopulations with enhanced tumor promoting activity. While useful, caution should be exercised when attempting to correlate data derived from such systems with candidate CSCs directly isolated from primary human tissue, as it is highly likely that substantial changes have occurred during adaption to and maintenance in tissue culture.

**Figure 1: Hypothetical models for the evolution of a castration-resistant cancer stem cell (CSC). (a) Androgen independence may be a pre-existing feature of a subset of tumor cells including a CSC population. (b) Alternatively, CSCs may acquire castration resistance following additional genetic/epigenetic events. (a) and (b) are not mutually exclusive.**
It is unclear as to why it has not been possible to perform CSC assays using primary prostate tumors. The frequently indolent or highly differentiated nature of bulk prostate cancer cells may contribute to weak transplantation ability. However, it is likely that various technical challenges contribute as well. A number of factors should be considered in this regard: the stage of tumor progression, the general health and viability of the cells used for transplantation, the length of time between surgical excision of the tumor and transplantation, and the protocol used to prepare the cells for transplantation. More difficult to determine, but still feasible, is the possibility that an important component of the human microenvironment is absent upon transplantation into the mouse. Nonetheless, efforts to address this significant problem are ongoing and should be encouraged, particularly given the recent compelling evidence demonstrating that alterations in tumor initiation assay conditions may have a major influence in the outcome of such studies. Overcoming this issue is of critical importance to addressing the functional heterogeneity of human prostate cancer cell populations.

An alternative approach is to use model systems to investigate key questions concerning prostate cancer CSCs. Importantly, model systems begin to address the question of CSC frequencies. CSC markers discovered using model systems can be further investigated and validated with clinical samples. Newly identified cell surface markers have the potential to define additional subpopulations in both tumors and normal prostates. One model system that has recently been reported upon is serially transplanted human prostate xenograft tumors, CWR22 OT. CSCs defined by TRA-1-60, CD151 and CD166 expression were characterized as immature AR-negative cells with an intermediate cytokeratin profile and lacking in the definitive basal marker, TP63. These data support the presence of multipotent CSCs in human prostate cancers and suggest that it will be worthwhile to investigate additional primary prostate cancer xenografts.

A complimentary system takes advantage of genetically engineered mouse models (GEMMs) of prostate cancer. The availability of fresh tumor tissue and the ability to readily manipulate the hormone environment of tumor-bearing mice are of obvious benefit. Data using mouse models are still limited. Using the PbCre4; Pten<sup>fl/fl</sup> model, Mulholland et al. demonstrated that a primary tumor fraction enriched for basal cells produced upon renal graft transplantation neoplastic glands containing basal and luminal cells. It is unclear how closely related the CSC described here is to an adenocarcinoma CSC. The identification and evaluation of models giving rise to transplantable adenocarcinoma are of obvious interest.

Figure 2: Contribution of cell type and oncogenic events in dictating tumor and cancer stem cell (CSC) phenotype. (a) Separate oncogenic events dictate tumor and CSC phenotype. (b) Transformation of distinct cell lineages influences tumor/CSC phenotype. (c) A combination of oncogenic events and the targeted cell lineage impacts tumor and CSC phenotype.

Key factors in the optimal use of GEMMs are evaluating the pathologically comparable features of the mouse and human tumors and interpreting the modeling strategy. The combination of genetic changes comprising the oncogenic stimulus and the cellular populations in which the genetic changes occur (i.e., the cells of origin) are significant factors in relating mechanisms of transformation between the two species [Figure 2]. As has been shown in the hematopoietic and mammary systems previously, the oncogenic event itself may dictate the cell type transformed. More recently, in a study of lung cancer GEMMs, Curtis et al. determined that the cell surface phenotype of the lung CSCs responsible for adenocarcinogenesis was dependent on the combination of genetic changes driving the malignancy. Below, we briefly discuss the current understanding of prostate cancer cells of origin, and we highlight the considerations regarding modeling genetic changes.

**CELL OF ORIGIN**

The defining property of a candidate cell of origin is its susceptibility to oncogenic transformation. The cell of origin is considered to be a normal cell within a tissue that receives the first cancer promoting mutation(s). As such, it may differ significantly from the cell or subset of cells responsible for sustaining tumor growth, namely the CSC [Figure 2]. Two
major approaches have been used to identify cells of origin: cell type-specific promoters driving an oncogenic stimulus or FACS isolation of cell populations followed by ex vivo genetic alterations and transplantation of the cells.

Mouse models
The data collected from mouse modeling studies are consistent with the initiating mutations for prostate adenocarcinoma occurring in either the luminal or the multipotent stem/progenitor compartments. Comparisons between models have been possible because of the effects of a common mutation, deletion of floxed Pten alleles, were initiated by promoter-specific cre-recombinase (CRE) expression. Transgenic CRE expression driven by a composite probasin promoter, PB-Cre4, resulted in PIN lesions containing proliferating basal cells and their differentiating intermediate cell progeny. Adenocarcinoma was observed temporally following PIN development, suggesting progression. These data imply that lesions developed from multipotent progenitors that ultimately differentiated to a luminal phenotype. This interpretation is supported by PB-Cre4-dependent deletion of Pten and TP53. In this model, clonal multipotent progenitor cell lines that give rise to adenocarcinoma were isolated from prostate tumors. Although probasin is generally expressed in luminal cells, it appears that in the Pb-Cre4 transgenic line, sufficient CRE expression occurs to establish Pten deletion in self-renewing cells with the plasticity to produce both luminal and TP63+ basal cells. In a different model, Ma and colleagues used PSA promoter-driven Cre recombinase deletion of Pten, which was limited to luminal cells. There was development of PIN and adenocarcinoma, which differed from PB-Cre4-initiated disease in having a slower time course and no obvious involvement of transformed basal cells. Therefore, luminal lineage cells can be targets for adenocarcinoma development. In another luminal cell model, castration-resistant luminal cells with regenerative potential, referred to as CARNs, have been shown to initiate PIN/adenocarcinoma following Pten deletion. Of the various mouse models, CARNs and their progeny are the only cells marked using genetic lineage tracing and, thus, formally shown to be targets of transformation. Outstanding questions with respect to CARNs are whether they exist within non-castrated prostates and, if so, whether they can serve as a cell of origin in such an environment?

Cell fractionation
A second strategy for investigating transformation targets in prostate epithelial cells utilizes cell surface markers and flow cytometry to separate cell populations, followed by ex vivo infection with lentiviruses encoding oncogenic stimuli. Minimally cultured, infected cells are subsequently transplanted in the presence of mesenchyme to evaluate the neoplastic characteristics of the outgrowths that develop. Overall, this approach identified cells within the basal/stem cell fraction as giving rise to PIN/adenocarcinoma. Studies from Owen Witte’s laboratory have shown that transformation of basal/stem-enriched cell fractions with constitutively active AKT in mouse cells or AKT and ERG in human cells led to PIN-like growths. Because developing glandular structures have been shown to be clonal in origin, these data imply that PIN develops from an initiating cell with the capacity to produce basal and luminal cells. Interestingly, the addition of ectopic AR expression in the above transformants led to adenocarcinomas with loss of basal cells. This suggests the interesting possibility that AR signaling stimulates differentiation to a transformation-susceptible cell that has lost basal differentiation capacity. Alternatively, increased AR signaling may be an early step in the transformation process, and ectopic expression enhances the efficiency of progression, i.e. adenocarcinoma development. Finally, although the fractionation approach has demonstrated that transformation of a basal/stem cell can lead to adenocarcinoma, the absence of activity within the luminal fraction is harder to interpret because a negative result may be due to technical problems.

CELLS OF ORIGIN AND CANCER STEM CELLS
Taken together, the approaches described above suggest that transformation of luminal or multipotent progenitors are capable of giving rise to adenocarcinomas. Transformation of luminal cells gives rise to disease that more closely resembles the pathology of clinically relevant, human prostate cancer. On the other hand, the rapid, polyclonal nature of prostate cancer development in models such as PB-Cre4-induced Pten deletion may amplify occurrences, such as multipotent progenitor proliferation, which represent early, rare, subclinical transformation events in humans. A significant question is whether adenocarcinomas initiated from distinct cells of origin converge on a common CSC [Figure 2]. Future studies aimed at systematic comparisons of the prostate CSCs in mouse models will determine how genetic alterations and cell of origin targeting influence their phenotype, including castration resistance. Oncogenotype regulation of CSC populations may have implications for tailoring treatment in human prostate cancer patients.

THE FUTURE OF CELL SURFACE MARKERS IN PROSTATE CSC RESEARCH
The use of cell surface markers coupled with FACS has proved a central tool for the isolation of multiple candidate CSC populations. Interestingly, many CSC populations express similar markers (for example CD133) even when isolated from different tissues. However, increasing
evidence suggests that surface markers presently used may not be exclusive to CSC populations. This may require a reassessment of our expectations with respect to the use of such markers. To date, few markers have been identified that are exclusive to CSC populations. As cell surface markers will undoubtedly remain a mainstay of CSC research, it may be more practical to look at CSC surface marker expression in terms of level of expression and in combination with multiple other markers, rather than simply presence or absence. The significant advances in multicolor flow cytometry now allows for multiple markers to be assessed simultaneously, which in turn will allow a cumulative profile of multiple markers to be generated for each CSC population. The combined use of markers has been effective in isolating hematopoietic cell lineages. There is a paucity of characterized surface markers to isolate prostate epithelial populations, which has resulted in enriched but significantly heterogeneous cell fractions. Future efforts to identify and characterize additional surface markers and experimental approaches to purify populations are crucial for optimal progress.

With respect to prostate cancer, the ongoing debate regarding the phenotype of cells responsible for cancer initiation and tumor propagation is predicated on a handful of intracellular differentiation markers, including CK5, p63, CK8 and Nkx3.1. It is possible that the current markers do not reveal every individual prostate cell lineage, especially following oncogenic events. Also, multiple intermediate/progenitor cells may go undetected if their marker expression is transient. As our ability to more finely tag and parse the prostate cells may go undetected if their marker expression is transient. As our ability to more finely tag and parse the prostate differentiation markers, including CK5, p63, CK8 and Nkx3.1. It is possible that the current markers do not reveal every individual prostate cell lineage, especially following oncogenic events. Also, multiple intermediate/progenitor cells may go undetected if their marker expression is transient. As our ability to more finely tag and parse the prostate epithelial cell compartment improves, it is likely that more subpopulations of cells relative to prostate cancer will appear. We need only look at the progression of the lineage map of the hematopoietic system to be reminded of the complexity of differentiating biological systems.

CONCLUSIONS AND FUTURE DIRECTIONS

The development of concepts and techniques to address tumor heterogeneity in various cancers has refined our thinking about the need to identify prognostic subpopulations of tumor cells and about treatment paradigms to co-target cells of different differentiation status in tumors. Although transplantation conditions for primary human prostate cancers have not been developed to date, model systems are available to begin analyzing fundamental questions concerning the phenotype of prostate CSCs. Do adenocarcinomas contain a definable subpopulation of CSCs? If so, what are their unique molecular markers? Are such cells capable of surviving castration and propagating castration-resistant disease. Are murine CSCs across all models created equal? Does the oncogenotype affect the cell responsible for tumor initiation? The answers to these and other related questions are certain to influence basic and translation research into the diagnosis and treatment of prostate cancer.

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