Macrotubule, which is a lysosomal pathway for the turnover of organelles and long-lived proteins, is a key determinant of cell survival and longevity. In this study, we show that neuronal macroautophagy is induced early in Alzheimer’s disease (AD) and before β-amyloid (Aβ) deposits extracellularly in the presenilin (PS) 1/Aβ precursor protein (APP) mouse model of β-amyloidosis. Subsequently, autophagosomes and late autophagic vacuoles (AVs) accumulate markedly in dystrophic dendrites, implying an impaired maturation of AVs to lysosomes. Immunolabeling identifies AVs in the brain as a major reservoir of intracellular Aβ. Purified AVs contain APP and β-cleaved APP and are highly enriched in PS1, nicastrin, and PS-dependent γ-secretase activity. Inducing or inhibiting macroautophagy in neuronal and nonneuronal cells by modulating mammalian target of rapamycin kinase elicits parallel changes in AV proliferation and Aβ production. Our results, therefore, link β-amyloidogenic and cell survival pathways through macroautophagy, which is activated and is abnormal in AD.

Introduction

Macroautophagy is a constitutive mechanism for the turnover of cytoplasmic constituents that is activated under conditions of trophic stress or nutritional deprivation (Mortimore and Schworer, 1977). Its activation reduces the size of cells, thereby decreasing their metabolic burden while generating new substrates for energy and cellular remodeling (Mortimore and Schworer, 1977; Seglen et al., 1986). The better understood form of autophagy, macroautophagy, is initiated when an “isolation” membrane is created under the direction of multiple proteins, including microtubule-associated light chain 3-II (LC3-II), that, together, orchestrate membrane elongation and sequestration of a region of cytoplasm and organelles into a double membrane–limited autophagic vacuole (AV) or autophagosome (Asanuma et al., 2003). This sequestration process is controlled by the mammalian target of rapamycin (mTOR) kinase pathway, which is regulated by insulin via the PI3 kinase–Akt (protein kinase B) pathway and by specific amino acids (e.g., Leu or His) via AMP kinase (Petiot et al., 2000). Autophagosomes mature to single membrane autophagolysosomes (Dunn, 1990b) by fusing with lysosomes or other mature AVs, whereupon they acidify and acquire proteolytic enzymes (Meijer and Codogno, 2004). In addition, endocytosed constituents can also enter the autophagic pathway when late endosomes fuse with autophagosomes to generate an amphisome and may be retained in the cell without complete digestion of the compartment’s contents (Gordon and Seglen, 1988).

As a system that is induced by nutritional stress or cell injury, macroautophagy may be activated in pathologic states (Rubinsztein et al., 2005). Macroautophagy may protect cells from apoptosis (Boya et al., 2005), probably by eliminating damaged mitochondria (Brunk and Terman, 2002), and is re-
quired for supranormal longevity in Caenorhabditis elegans (Melendez et al., 2003). Moreover, macroautophagy is involved in degrading mutated and aggregated proteins that are implicated in neurodegenerative diseases, including Parkinson’s (Cuervo et al., 2004) and Huntington’s disease (Ravikumar et al., 2004). Defective removal of these proteins has been linked to disease progression in these disorders, and stimulating macroautophagy in a model of Huntington’s disease reduced abnormal protein aggregation and improved neurological function (Ravikumar et al., 2004). Although macroautophagy appears to be neuroprotective in these settings, sustained overactivity during embryonic development (Clarke, 1990), response to ER stress, exposure to toxins (Kanzawa et al., 2004), or dysfunction of the autophagic pathway in pathological states mediate a caspase-independent form of cell death that shares certain features with apoptosis (Bursch, 2001; Gozuacik and Kimchi, 2004). Despite the importance of the macroautophagy pathway in cell survival and its connections to other protein-trafficking pathways that are implicated in Alzheimer’s disease (AD; Nixon et al., 2000), the involvement of macroautophagy in AD has received limited attention. Recent immuno-EM (IEM) analyses, however, have shown that autophagosomes and late AVs appear in neurons in the AD brain and accumulate markedly within dystrophic neurites, suggesting a progressive dysfunction of macroautophagy-mediated protein turnover (Nixon et al., 2005).

In AD, extensive neuronal atrophy and loss is preceded by the intraneuronal formation of neurofibrillary tangles, which is composed mainly of aggregated tau protein, and by the extracellular deposition of β-amyloid (Aβ) peptide. Aβ is generated predominantly as a 40–42-amino acid peptide from β- and γ-secretase cleavage of the Aβ precursor protein (APP; Cupers et al., 2001). Both β-site APP cleaving enzyme and γ-secretase, which is a protein complex containing presenilin (PS), nicasrin, PEN2, and Aph-1 (Edlbauer et al., 2003), reside in one or more compartments of the central vacuolar apparatus, which includes the ER–Golgi, plasma membrane, endosomes, and lysosomes (Cupers et al., 2001; Pasternak et al., 2003). We recently identified APP, the β-cleaved APP product (β-carboxy-terminal fragment [βCTF]), PS1, and nicastrin in purified AVs from livers of wild-type APP yeast artificial chromosome mice (Yu et al., 2004), raising the possibility that AVs may also be able to generate Aβ.

In this study, we demonstrate that macroautophagy is induced in the brain at early stages of sporadic AD and in an animal model of AD pathology, the PS1/APP transgenic mouse (Holcomb et al., 1998). In the PS1/APP model, macroautophagy induction is evident in vulnerable neuronal populations before the extracellular deposition of Aβ, and, as in AD, AVs of varying types accumulate abnormally within dystrophic neurites, indicating a progressive impairment of AV maturation to lysosomes. We also show that AVs are highly enriched in both the components and enzyme activity of the γ-secretase complex, contain APP and βCTF, and are a major source of intracellular Aβ in the AD brain. Finally, we demonstrate in both neuronal and nonneuronal cell lines that macroautophagy is a previously unrecognized pathway for Aβ generation under conditions in which AVs accumulate. The early and persistent induction of macroautophagy and the later pathological accumulation of AVs in AD and related mouse models, therefore, potentially link β-amyloidogenic and neurodegenerative mechanisms in AD.

**Results**

**Macroautophagic induction and pathological AV accumulation in AD and PS1/APP mouse brain**

AVs are rare in neurons of the normal adult brain (Nixon et al., 2005). In AD, however, AVs appear in neocortical and hippocampal pyramidal neurons and accumulate markedly within the dendritic arbors of these affected cells (Nixon et al., 2005). We observed similar pathological AV accumulation in PS1/APP animals, which is a mouse model of AD that expresses human mutant PS1 and the Swedish variant of Aβ (Duff et al., 1996). PS1/APP mice begin to deposit Aβ after 10 wk of age and progressively develop many neuritic plaques that mainly consist of Aβ and grossly swollen dendrites and axons (Holcomb et al., 1998). AVs were rarely found in the neuropil of nontransgenic (NTg) mice (Fig. 1A). In contrast, the numbers of AVs were at least 23-fold higher in the neurons of 9-mo-old PS1/APP mice (13.17 ± 1.91 SEM) compared with age-matched NTg controls (0.57 ± 0.08 SEM) based on ultrastructural morphometric analyses of AV numbers in a series of 100 EM images. AV pathology in 9-mo-old mice (Fig. 1B–D), like that in AD brains (Fig. 1B, inset), ranged from small numbers of AVs in relatively normal-appearing dendrites (Fig. 1D) to striking pathologic accumulation of AVs within dystrophic neurites, where AVs were usually the predominant organelles (Fig. 1B and C). A significant proportion of AVs met the morphologic criteria for autophagosomes, including a size >0.5 μm in diameter, a double limiting membrane, and the presence within a single vacuole of multiple membranous organelle-derived structures (Fig. 1B; Dunn, 1990a). Other AVs included translucent and dense multivesicular and multilamellar bodies with single or double outer membranes (Fig. 1C), reflecting later stages of macroautophagy. In AD brain, we identified these AVs as autophagolysosomes (“late” AVs; Dunn, 1990b), which contain acid hydrolases but are distinct from lysosomal dense bodies that are small (<0.3 μm) and uniformly dense (Nixon et al., 2005). Therefore, we documented a robust accumulation of both early and late AVs in AD and PS1/APP brains, reflecting marked macroautophagic induction, failed maturation of AVs to lysosomes, or both (Nixon et al., 2005).

We also used an antibody against the AV marker protein, LC3, to identify the specific subpopulation of autophagosomes, which is the earliest compartment of macroautophagy. LC3-II, a phosphatidylethanolamine-modified isoform of the microtubule-associated protein LC3-I, is generated and translocated to nascent autophagosomes when macroautophagy is induced, and its presence, therefore, is a putative index of macroautophagy induction (Mizushima et al., 2004). Very low levels of LC3-II were detected by Western blot analysis in cortical gray matter of normal control human brains. LC3-II levels were significantly elevated at early stages of AD and, to a greater extent, at a mild/
matched NTg mice (Fig. 1 F, top) in the frontal cortex as compared with age-matched nearly twofold higher levels of LC3-II but not LC3-I, indicating an induction of macroautophagy in early AD. This biochemical change implied the brain at much higher amounts than LC3-II, rose modestly respectively; Fig. 1 E). The level of LC3-I, which was present in plaques (Fig. 1 H). Dystrophic neurites close to Aβ deposits (arrows) and multilamellar bodies (arrowhead). In normal dendrites of PS1/APP mice, multiple AVs are frequently seen (D, arrowheads). (E and F) LC3 quantification analyzed from immunoblots of LC3-I and LC3-II (top) in preclinical AD (AD-ES), and moderate AD (AD-MS; E), and from brains of 18–22-mo-old PS1/APP (PA) mice (n = 3; f) compared with nontransgenic (NTg) controls (n = 3; *, P < 0.01). Error bars represent SEM. (G–L) LC3 immunofluorescence in 9-mo-old PS1/APP mice can be seen mainly as puncta in dystrophic dendrites of the cortex (G, arrows) and along adjacent dendrites. LC3 (H, arrow) is strong in dystrophic neurites in the periphery (asterisks) of a thioflavin S–labeled plaque core (H, inset) but is less so in neurites closest (H, arrowheads) to the Aβ deposit. LC3 is diffuse and uniform in neurons of NTg mice (I and J) but is predominantly vesicular and distributed more to the dendrites (arrows) than the cell soma (arrowheads) in 9-mo-old PS1/APP cortex (K and L).

Macroautophagy is induced very early in AD and PS1/APP mice
Elevation of LC3-II in AD brains at preclinical stages of AD (Fig. 1 E) suggested that macroautophagic induction is an early response in the disease process. To investigate early induction in PS1/APP mice, we also analyzed LC3-II levels in these mice at an age (8–9 wk) that precedes known neuropathology, including Aβ deposition (“predepositing” mice; Matsuoka et al., 2001). AVs were visible in the cell bodies and neurites of predepositing PS1/APP mice (Fig. 2, A and B) but were significantly less frequent in NTg animals (Fig. 2 C). Based on the EM fields that were surveyed from NTg and PS1/APP mice at 8–9 wk, >95% of images from NTg mice had zero or one AV present, whereas >80% of EM images from PS1/APP mice had at least one AV per field (Fig. 2 C). Quantitative ultrastructural analyses confirmed an increased incidence of AVs in the neocortex of these predepositing PS1/APP mice, where AVs were fivefold more numerous (n = 3 each; P < 0.001) than in age-matched NTg mice (Fig. 2 D). LC3-II levels in predepositing PS1/APP brains, as determined by Western blot analysis, were modestly yet significantly elevated (n = 6; P < 0.05) in the absence of a significant change in LC3-I levels (Fig. 2 E). Furthermore, LC3 immunoreactivity, which was present predominantly in neuronal cell bodies in NTg mice (Fig. 2, F and I), was distributed to both hippocampal cell bodies and dendrites in 9-mo- (Fig. 2, G and H) and 9-wk-old (Fig. 2, J and K) PS1/APP mice. The staining pattern for LC3 in many dendrites was more frequently punctate in PS1/APP than in NTg mice (Fig. 2, I and J), although less so than in older PS1/APP mice (Fig. 2, compare H with K). Collectively, these observations demonstrate that macroautophagy is induced at a prepathological stage of disease in PS1/APP mice and that, in addition, different subtypes of AVs accumulate pathologically as neuritic dystrophy develops in older mice, as in AD.
Modulation of macroautophagy markedly influences Aβ production

Multiple tubulovesicular compartments that were implicated in APP metabolism, such as the ER–Golgi and endosomes, become components of AVs either as substrates or by contributing to the limiting membrane of autophagosomes (Dunn, 1990a). Moreover, APP, β-site APP cleaving enzyme, and PS1 are reported to be abundant within neuritic plaques (Leuba et al., 2005), raising the possibility that these components are localized in AVs. We confirmed that neuritic plaques of PS1/APP mice are intensely labeled with a monoclonal antibody to PS1 (Fig. 3, A and B). Based on IEM, AVs were the principle immunoreactive structures within the dystrophic neurite, accounting for >90% of PS1 immunolabeling (Fig. 3, C–F). In the brains of both PS1/APP mice (Fig. 3, C and D) and AD patients (Fig. 3, E and F), PS1 antibody predominantly decorated the double-limiting membranes of AVs or single or double membranes within AVs (Fig. 3, arrows). Tubulovesicular membranes in the adjacent normal neurites were the only other immunolabeled structures that were detected in the neuropil (Fig. 3 D, arrowheads), which is consistent with the expected contribution of PS1-rich smooth ER to AV formation (Culvenor et al., 1997). Mitochondria, plasma membranes, small vesicles, and cytoplasm were essentially devoid of gold, underscoring the specificity of immunolocalization.

In light of these observations, we further investigated the possibilities that macroautophagy is a pathway capable of producing Aβ and that AVs are a site of Aβ generation. We used murine fibroblast-like L cells that were stably transfected with APP_{695} (murine L cell type + wild-type human alkaline phosphatase [L/APP]), human (SH-SY5Y), and murine (N2a) neuroblastoma cell lines to determine the effect of macroautophagy on APP metabolism. In both nonneuronal (Fig. 4 A, top, L/APP) and neuronal (Fig. 4 A, bottom, SH-SY5Y; N2a, not depicted) cell models, inducing macroautophagy via the mTOR kinase pathway (Seglen et al., 1996; Petiot et al., 2000; Kadowaki and Kanazawa, 2003) by treating cells with rapamycin, which is a specific inhibitor of mTOR phosphorylation and an inducer of macroautophagy (Noda and Ohsumi, 1998), or by depriving them of Leu and/or His (Kanazawa et al., 2003) substantially increased the number of AVs (Fig. 4 A, right), including autophagosomes (Fig. 4 B) relative to that in cells cultured under baseline conditions (10% serum; Fig. 4 A, left). Monodansylcadaverine, a fluorescent compound that preferentially accumulates in multilayer membranous structures such as AVs (Biederbick et al., 1995), was localized in large vacuolar structures after the deprivation of Leu, His, or both (Fig. 4 C, bottom left). Similarly, as expected with macroautophagy induction, LC3 immunofluorescence redistributed from the cytoplasm of untreated cells (Fig. 4 C, top middle) to a population of large vacuoles in Leu/His-deprived L/APP cells (Fig. 4 C, bottom middle) and serum-deprived SH-SY5Y cells (Fig. 4 C, bottom right), confirming our ultrastructural evidence of autophagosome generation (Fig. 4, A and B). Cells that were cultured in complete medium are shown in the top panels (Fig. 4 C). Serum or specific amino acid (Leu or His) deprivation induce autophagy through the AMP kinase pathway (Kadowaki and Kanazawa, 2003). We found a similar induction of autophagy in all of the cell lines (L/APP, N2a, and SH-SY5Y) after Leu/His deprivation or 10 nM rapamycin.
treatment (Fig. 4 D). Both treatments elevated levels of LC3-II (Fig. 4 D) and reduced levels of phosphorylated mTOR but not total mTOR relative to the values measured in untreated or 3-methyladenine (3MA)–treated cells as expected (Shigemitsu et al., 1999). A relationship between macroautophagy induction and Aβ generation (Fig. 5, A and B) was established when we observed that suppressing macroautophagy in L/APP cells for 6 h with either 5 mM 3MA or 4:1 mM Leu/His decreased Aβ40 secretion into the medium by 39 (n = 6 each; P < 0.01) and 26–41% (n = 6 each; P < 0.05) relative to untreated cells, respectively, as measured by sandwich ELISA and standardized to total protein. Conversely, inducing macroautophagy by depriving L/APP cells of Leu or His stimulated Aβ40 secretion by 22 and 39%, respectively (n = 6 each; P < 0.05) compared with untreated cells (Fig. 5 A) and 70–90% over the levels in macroautophagy-suppressed cells. An analysis of covariance revealed a highly significant relationship between macroautophagy suppression by amino acid supplementation and reduction in Aβ levels (Aβ40, P < 0.01; Aβ42, P < 0.0001) and between macroautophagy induction by Leu/His deprivation and increased Aβ production (Aβ40, P < 0.01; Aβ42, P < 0.0001). These results were confirmed with a second method of macroautophagy induction by Leu and His deprivation or 10 nM rapamycin (Rap) and macroautophagy inhibition by 5 mM 3MA in L/APP, N2a, and SH-SYSY cells. Immunoblots for LC3 in SH-SYSY cells and P2481 mTOR in L/APP cells have been spliced but are derived from the same blot.
Autophagy modulators on Aβ40 and Aβ42 generation in the neuronal cell lines SH-SY5Y (Fig. 5, E and F) and N2a (Fig. 5, G and H). Inducing macroautophagy with rapamycin or Leu/His deprivation significantly increased Aβ40 in both cell lines (52–132%; \(P<0.01\); Fig. 5, E and G) and Aβ42 in N2a cells (98%; \(P<0.05\); Fig. 5 H), whereas suppressing macroautophagy with 3MA or Leu and His supplementation decreased Aβ levels by 12–54% (\(P<0.05\); Fig. 5 H).

Ultrastructural localization of Aβ and γ-secretase complex components

Using immunogold labeling and EM in Leu- and His-deprived L/APP cells, we observed that Aβ and γ-secretase components were preferentially localized to AVs in situ and, as previously described (Cupers et al., 2001), were localized to tubulovesicular compartments corresponding morphologically to ER/Golgi/endosomes. Immunolabeling for Aβ40 or Aβ42 using COOH-terminal–specific antibodies (Mathews et al., 2002) preferentially decorated the same compartments (Fig. 6, A and B, respectively). PS1 and nicastrin antibodies directed against endogenously expressed proteins also principally decorated both internal and limiting membrane components of AVs in L/APP cells (Fig. 6, C and D, respectively). Quantitative analysis of gold particles showed high proportions of immunogold staining for Aβ40, Aβ42, PS1, and nicastrin that were associated with AVs (43, 35, 48, and 35%, respectively) and tubulovesicular compartments (31, 37, 33, and 35%, respectively; Fig. 6 F). We found that the AV and tubulovesicular compartments comprise 27.0 ± 11.0 and 19.2 ± 7.2%, respectively, of the total cell area, indicating that PS1 signal in these organelles was five times higher than in other subcellular compartments and was similar to the organellar distribution in the PS1/APP brain (Fig. 3, C and D). Immunolabeling of brains from 9-month old PS1/APP mice with Aβ40 antibody also indicated a significant localization of Aβ40 in AVs (Fig. 6, G and H).

Enrichment of γ-secretase activity and protein components in isolated AVs

In further studies, we assayed for the protein components and the γ-secretase activity that are needed for Aβ generation in highly purified fractions of AVs from serum-deprived L/APP cells. The AV and lysosome fractions were isolated, and the identity and purity of AV and lysosome fractions were confirmed by EM.
(Fig. 7 A) and by immunoblotting using antibodies to LC3-II and rab24, which is a ras-related GTPase that is associated with macroautophagy (Fig. 7 B; Munafó and Colombo, 2002). Consistent with the immunogold studies of L/APP cells in Fig. 6, AV fractions were highly enriched in levels of PS1 and nicastrin relative to the other subcellular fractions. Purified AVs also contained significant levels of APP and βCTF (Fig. 7 B). APP was enriched in the ER/endoosome/Golgi fraction as well as the AV isolates in cells that were treated with media lacking Leu and His and cells grown in serum. In uninduced cells, the total amount of AVs recovered was considerably lower. PS1 was most abundant in the AV (A2) fraction after macroautophagic induction by serum deprivation, with lesser amounts in the A1 and lysosome fractions and in the ER/endoosome/Golgi.

By using a fluorogenic synthetic polypeptide substrate to measure γ-secretase activity after inducing macroautophagy in L/APP cells (serum or Leu + His deprivation), we found that in L/APP cells, AV-enriched fractions contained the highest γ-secretase activity of all fractions analyzed on a per protein basis (Fig. 7 C). Lysosome, Golgi, and microsome (ER: ER/endoosome/H9253/H9253) fractions and in the AV isoforms after macroautophagic induction by serum deprivation, with lesser amounts in the A1 and lysosome fractions (Fig. 7 C). Based on the γ-secretase activity per total recovered amount of each compartment, AVs accounted for 20–25% of the total γ-secretase activity recovered from L/APP cells that were deprived of serum (Fig. 7 D). Microsomes (ER and endosome) and Golgi fractions showed less (per protein basis) γ-secretase activity than AVs (19%), but, because these organelles are more abundant in the cell, they accounted for slightly higher proportions (28 and 20%, respectively) of the total recovered γ-secretase activity in these cells. Similar findings were made in L/APP cells that were grown in −Leu/−His media (Fig. 7 E). In contrast to conditions of macroautophagy induction, total AV yields in noninduced L/APP cells were much lower but exhibited similar properties to those seen in induced cells (unpublished data). In noninduced cells, the γ-secretase activity in AVs was ~10% of the total cell activity, whereas that in the mixed microsome fraction increased to >60% (Fig. 7 E). In both induced and noninduced conditions, tubulovesicular compartments and AV fractions contained 60–70% of the total γ-secretase activity, suggesting that this activity shifts from tubulovesicular compartments to AVs when macroautophagy is induced.

Mass spectroscopic analysis indicated that the predominant cleavage of the model fluorogenic substrate in AVs occurred at the Aβ42 site (Fig. 7 F), reflecting similar findings of preference for Aβ42 cleavage over Aβ40 with this substrate in other compartments. This Aβ-specific cleavage product did not undergo further cleavage in AVs even after incubating the substrate in AV isolates for 24 h, indicating that the product is not a transient proteolytic intermediate. This is in contrast to the Aβ-specific cleavage product in lysosomal fractions, where the γ-cleaved product was further cleaved to smaller products when the incubation time was extended or when the pH was lowered (Table S1, available at http://www.jcb.org/cgi/content/full/jcb.200505082/DC1).

γ Cleavage in AVs is PS dependent

γ-Cleavage of the fluorogenic substrate cleavage was PS1 specific, we assayed its activity in AVs that were isolated from different cleavage products is displayed. Numbers in graph refer to the cleavage/ amino acid site from the Aβ peptide. (G) γ-Secretase activity in AV and lysosome fractions from mice blastocysts in which the PS1 and PS2 genes were deleted (PS KO; BDB/PS1). Numbers on x axis are in minutes. (H) Aβ40 and Aβ42 levels in medium from these cells as detected by sandwich ELISA. Values are given as means ± SEM (error bars).

Figure 7. Evidence for the enrichment of PS1-dependent γ-secretase activity in AVs. (A and B) Ultrastructure of AVs (A1 and A2) and lysosomes in subcellular fractions from serum-deprived L/APP cells (A) and Western blot analysis (B) for LC3-II, rab24, APP, βCTF, PS1 [PS1 amino-terminal fragment], and nicastrin [NCT] in L/APP subcellular fractions. AVs, A1 and A2; L, lysosomes; E, tubulovesicular compartments [Golgi/ER/endoosomes]; P, postnuclear pellet; C, cytosol; M, mitochondria. Empty lanes in the original blot have been removed from the figure and noted with a white line. (C) Rates of cleavage of the fluorogenic substrate in subcellular fractions from L/APP cells grown in serum media (left) or −Leu/−His media (right). PNP, postnuclear pellet. (D and E) Proportions of the total recovered γ-secretase activity in different subcellular fractions after serum deprivation (D) or in uninduced (+ serum) or induced (−Leu/−His) cells (E). Comparison of + serum versus −Leu and −His conditions shows the redistribution of γ-secretase activity from the tubulovesicular to AV fractions after macroautophagic induction. G: Golgi; A, AV. (F) Liquid chromatography/mass spectrometry analysis of the fluorogenic substrate after incubation with purified AVs. Selected ion chromatogram corresponding to
PS1 + PS2 knockout (PS KO) blastocysts (BD8; Lai et al., 2003) and BD8 blastocysts that were transfected with human PS1 (BD8/hPS1). Cleavage of the γ substrate was 60–65% lower in AVs from the BD8 cells compared with AVs from PS1-rescued BD8/hPS1 cells (Fig. 7 G), which is comparable with studies in human brain showing that 50% of total substrate activity is inhibited by using specific γ-secretase inhibitors. Although there was some residual cleavage of the substrate in the BD8 double PS KO blastocysts, these cells generated no detectable murine Aβ, whereas the BD8/hPS1 cells produced abundant Aβ40 and Aβ42 (Fig. 7 H). Consistent with these results, a 5-μM IC50 concentration of the selective γ-secretase inhibitor L685,458 inhibited 29.6–66.6% of the secretase activity in AV fractions of hPS1-rescued cells (unpublished data). The lower levels of γ-secretase cleavage that were measured in lysosomal fractions were much less affected by PS deletion (25%) than were the AV fractions, indicating that lysosomes (and to a lesser extent AVs) contain PS-independent protease activity that is capable of γ cleavage of the model substrate. This activity, however, does not support Aβ generation in intact cells based on the negligible Aβ production in double PS KO blastocysts.

**Discussion**

Our data provide strong evidence that Aβ is generated in AVs during macroautophagy. Moreover, macroautophagy is both induced and impaired in AD brain and PS1/APP mice, leading to the pathological accumulation of Aβ-containing AVs within affected neurons. Macroautophagy induction was evidenced by an appearance of autophagosomes, which are only rarely detectable in normal brain (Nixon et al., 2005), and by elevated levels and cytosol-to-vesicle translocation of LC3-II, which is a specific marker of autophagosome formation. These changes are evident at the earliest stage of AD and in 8–9-wk-old PS1/APP mice before Aβ deposition, which suggests that macroautophagy induction is an early response in disease development, although it is not necessarily independent of Aβ influences. The specific pathologic events that induce macroautophagy in predepositing PS1/APP mice are not known, but sources of oxidative stress, including intracellular forms of Aβ (Billings et al., 2003), are possible factors contributing to macroautophagy induction or to later dysfunction of the pathway. The induction of macroautophagy at early stages of AD is consistent with the expected need for increased protein/organellar turnover in injured and regenerating neurites as well as for protection against apoptotic stimuli, such as damaged mitochondria, that are turned over by macroautophagy (Brunk and Terman, 2002).

The most striking feature of the macroautophagy-related pathology in PS1/APP mouse brains was a grossly abnormal accumulation of autophagosomes and other AV subtypes in dystrophic neurites of the cortex and hippocampus, as also seen in AD brain (Nixon et al., 2005). Lysosome-related multilamellar and dense bodies have been described previously in neurodegenerative states (Suzuki and Terry, 1967; Masliah et al., 1993) and, in part, represent late stages of macroautophagic activity and lysosomal digestion (Nixon et al., 2005). In contrast, we found that dystrophic neurites contain very high proportions of autophagosomes and other immature AVs, implying impairment in the normal maturation of these nascent AVs to lysosomes. During normal neurite outgrowth or regeneration, immature AVs move retrogradely and fuse with lysosomes in the neurite or are more likely near or within the cell body (Hollenbeck, 1993). After this fusion event, the contents of the AV are rapidly degraded, and the AV becomes a lysosome (Overly and Hollenbeck, 1996). This process is normally highly efficient, with little evidence of AV buildup. In dystrophic neurites, however, the striking buildup of autophagosomes and late AVs implies a defect in AV transport, maturation to lysosomes, or both, which is likely to impede lysosomal degradation through this pathway (Nixon et al., 2005).

Our data provide strong evidence that Aβ is generated in one or more subtypes of AVs that build up abnormally in affected neurons. AVs not only contain immunoreactive Aβ and βCTF but are also enriched in PS-dependent γ-secretase activity. Senile plaques in AD and PS1/APP mouse brains are also abundantly immunoreactive for these components. Our data confirm findings that PS1 and nicastrin are enriched in lysosomes (Pasternak et al., 2003) and indicate that AVs, which were not distinguished from lysosomes in these earlier studies, are a more concentrated source of these γ-secretase components. Our findings also explain and are supported by observations that inclusion body myositis, which is the only known condition in which Aβ deposits occur outside the nervous system, involves the accumulation of macroautophagy-related “rimmed” vacuoles containing elevated APP, Aβ, and PS1 (Askanas et al., 1998). Previous studies have identified intracellular Aβ accumulation in endosomes (Cataldo et al., 2004a) and multivesicular bodies (Takahashi et al., 2002) in AD and Down syndrome (Gyure et al., 2001). Macroautophagy could substantially increase pools of intracellular Aβ and contribute to the formation of Aβ oligomers and protofibrils, which is a process that is promoted in the acidic environment of lysosome-related organelles (Vassar and Citron, 2000).

We have also demonstrated, for the first time, that Aβ is generated during macroautophagy. Aβ production rises when macroautophagy is acutely stimulated, and AVs proliferate and fall when macroautophagy is inhibited. AVs are depleted by blocking either of the two independent signaling pathways for macroautophagy that converge on mTOR kinase activity: amino acid–mediated signaling and the PI3-kinase–dependent pathway. Conditions that either stimulate AV production and delay or impair maturation of AVs to lysosomes might be expected to increase the number of AVs and raise intracellular Aβ levels (Fig. 8). Aβ is believed to be generated at several sites within neurons, including endosomes, Golgi, and ER (Cataldo et al., 2004a), and this multiplicity of APP processing routes would account for our observations that considerable Aβ is still secreted from L/APP, SH-SY5Y, and N2a cells when macroautophagy is inhibited. Endocytic and autophagic pathways communicate extensively, and both Golgi and ER are turned over by macroautophagy (Dunn, 1990a), raising the possibility that each of these organelles could contribute to Aβ generation, in part, via macroautophagy. This communication...
Collectively, these studies identify AVs as Aβ-generating compartments that accumulate pathologically in AD brain (Nixon et al., 2005), accounting for a significant source of intracellular Aβ in AD. Macrautophagy, as a pathway for Aβ generation and a mediator of both cell survival and degenerative phenomena (Nixon et al., 2001), represents a new direction for investigations into the pathogenesis and possible therapy of AD.

Materials and methods

Tissues

We examined biopsy specimens from the temporal or frontal cortices of 10 patients, which were collected to confirm the suspected diagnosis of encephalopathy. Seven of these cases (aged 71–86 yr) were studied at 8–9 wk, 9 mo, and 18–22 mo postmortem intervals for all cases that were used were 17 h or less. Using the Consortium to Establish a Registry for AD and Reagan guidelines (Mirra et al., 1991; Newell et al., 1999), Braak staging (Braak and Braak, 1991), and the criteria proposed for 16 age-matched cases met the criteria for mild/moderate stage AD (moderate plaque numbers in the transentorhinal, entorhinal/hippocampal cortices and slightly fewer in the neocortex; Braak stages III–V). A third group consisting of 13 age-matched cases that were determined to be neuropathologically normal (isocortex and entorhinal cortex/hippocampus were devoid of plaques and neurofibrillar tangles) were used as controls. The tissues were obtained from the Boston Veterans Administration Medical Center and the Harvard Brain Tissue Resource Center at McLean Hospital. The magnitude of neuropathology was confirmed by histopathological inspection using Nissl stain, hematoxylin and eosin staining, Bielschowsky silver stain, and thioflavin S histofluorescence. Transgenic mice expressing the Swedish mutation of human APP (APPK670M/N671L) and mutant human PS1 (PS1M146L; Duff et al., 1996) were studied at 8–9 wk, 9 mo, and 18–22 mo of age together with age-matched controls.

Antibodies and reagents

The antibodies used for Aβ ELISAs had been previously described (Mathews et al., 2002) and were a gift from Johnson and Johnson Pharmaceutical Research and Development/Janssen Pharmaceutica (Beerse, Belgium). NT1 was used to identify PS1 in PS1/APP mice. Ab14, which is an Aβ-reconverting reagent designed for use in transgenic mice (Cataldo et al., 2004b).

Figure 8. Proposed models of AV accumulation leading to elevated Aβ levels. The schematic of macroautophagy depicts (A) the usual progression from autophagosomes (AP) to autophagolysosomes (APL) to lysosomes (L). Conditions that result in AV buildup (B and C) are expected to promote Aβ generation and accumulation, including impaired or delayed maturation of autophagosomes to lysosomes (B) or acute maximum induction of macroautophagy (C). Within neurons, AVs normally progress to lysosomes efficiently and are rarely seen in neurons (D). In AD, the disrupted retrograde transport of AVs in dendrites represents one of several possible mechanisms that impede the maturation of AVs to lysosomes, leading to Aβ generation in AVs and its delayed degradation in lysosomes (E).
protein (JC34; Kabeya et al., 2000, 2004; Mizushima et al., 2004). 500 μg/ml monodansylcadaverine was added to living cells for 30 min to accumulate in AVs (Biederbick et al., 1995).

Modulation of macroautophagy
Cell maintenance and human wild-type APP695 expression in L/APP cells has been previously described (Mathews et al., 2002). Upon the induction of APP expression, L/APP cells were treated with various agents to modulate macroautophagy for 6 h. SH-SY5Y and N2a cells were maintained in DME + 10% FBS. PS-null and human PS1–transfected PS-null blastocysts (a gift from A. Bernstein, Mount Sinai Hospital, Toronto, Canada) were cultured in DME + 15% FBS with 10 nM β-mercaptoethanol. Media were prepared as listed by Invitrogen for DME and were supplemented with sodium pyruvate, vitamins, and 10% FBS dialyzed at 10 kD (all were obtained from Invitrogen). In some experiments, the media either lacked one amino acid of interest or contained viable excess of this amino acid from Sigma-Aldrich. 10 mM rapamycin was used to induce macroautophagy, whereas 5 mM 3MA (Sigma-Aldrich) was used to inhibit AV formation (Seglen and Gordon, 1984).

After treatment, cells that were used for immunofluorescence analyses were fixed in 2% PFA (Electron Microscopy Sciences) in PBS, pH 7.4, and were washed with PBS. Cells intended for EM were fixed in 4% PFA/1% glutaraldehyde in 0.1 M sodium cacodylate buffer.

Immunohistochemical analyses
Immunochemical analyses, IEM formation (Seglen and Gordon, 1984).

After treatment, cells that were used for immunofluorescence analyses were fixed in 2% PFA (Electron Microscopy Sciences) in PBS, pH 7.4, and were washed with PBS. Cells intended for EM were fixed in 4% PFA/1% glutaraldehyde in 0.1 M sodium cacodylate buffer.

Preparation of AVs
For each cell line (L/APP, PS KO–BD8, or hPS1–BD8/HPS1), 500 million cells were seeded overnight to induce autophagic activity (Fuertes et al., 2003). In addition to these experiments, AVs were isolated from L/APP cells with normal serum and media lacking Leu and His. By using a protocol that was modified from Marzella et al. (1982), the cells were harvested, disrupted by nitrogen cavitation, homogenized, and separated by differential centrifugation to first produce a (low speed) pellet containing the nuclear fraction and (up to 30%) unbroken cells (postnuclear pellet) and a second (supernatant in higher speed) pellet that was enriched in AVs, lysosomes, and mitochondria. From the AV/lysosome/mitochondrial fraction, lysosomes were separated from the two AV fractions by using a discontinuous metrizamide gradient (A1, 10%, metrizamide; A2, 20%, metrizamide). A cytosol fraction was obtained by centrifuging the supernatant from the AV/lysosome/mitochondrial fraction at 100,000 × g for 1 h at 4°C. The pellet from this centrifugation yielded an enriched microsome fraction that predominantly contained ER but also contained small proportions of endosomes. Fractions were pelleted and either immersed in a ccdylate fixation buffer for EM or analyzed directly by Western blot or enzyme as described below. To isolate liver AVs, three C57BL/6 mice were starved for 12 h and injected intraperitoneally with 5 mg/100 g of body weight of vinblastine in normal saline (0.9% NaCl) 3 h before killing (Marzella et al., 1982). Livers were harvested, minced, and homogenized using a poltron Teflon homogenizer before differential and density gradient centrifugation as described above for the isolation of AVs from individual cell lines.

γ-Secretase assay and mass spectrometry
A 50-μl aliquot of protein from each subcellular fraction was plated onto an opaque 96-well microplate. Samples were diluted to a final concentration of 50 mM Tris, pH 6.5, 2 mM EDTA, and 0.25% CHAPS (Sigma-Aldrich). In tandem, another set of samples was pretreated with 5 μM of the selective γ-secretase inhibitor L685,458 (Bachem) for 15 min. A fluorogenic γ-secretase substrate [Nma-GVVIAVK(DNP)-rrr-NH2; Farmery et al., 2003] was added at a 100 μM final concentration to the plate, and the samples were read in a fluorescent plate reader (Wallac Victor2; Perkin-Elmer) using a 355-nm excitation filter and a 440-nm emission filter over a period of 4 h. γ-Secretase activity was measured as increased fluorescence, which is achieved only when the fluorogen is cleaved (Farmery et al., 2003). Using liquid chromatography mass spectrometry, samples from the secretase assay containing solubilized membranes and peptide precursors were injected onto a liquid chromatography packing reverse phase column (model 75 ID C18; Dionex). Samples were eluted over 30 min with distilled water/0.2% formic acid, and 0.2% formic acid/acetonitrile (10–40% gradient) was used as the mobile phase. The column was coupled online to an electrospray ion trap mass spectrometer (model 1100 SL; Agilent Technologies). As a control, samples were also prepared in the absence of incubation.

Online supplemental material
Table S1 details the percentage of peptide product for original peptide, non-Aβ, and Aβ–specific cleavage as determined by mass spectrometry after incubation of the fluorogenic peptide in autophagic and lysosomal isolates at pH 6.8 and 4.5 for 1 or 24 h in the presence of the γ-secretase inhibitor L685,458. Online supplemental material is available at http://www.jcb.org/cgi/content/full/jcb.200505082/DC1.

We would like to thank J. N. Peterson, N. B. Terio, and O. Grbovic for technical assistance and L. Goldberg, H. McAuliff, H. Braunstein, and G. Lardi for manuscript preparation.

This research was supported by the Alzheimer Association (grant TLL-99-1877), National Institutes of Health (grants AG17617-05 and AG021904 to A.M. Cuervo), the Howard Hughes Medical Institutes (grant to A.M. Cuervo), and the Canadian Institute of Health Research (grant to V. H. Yü).

Submitted: 16 May 2005
Accepted: 1 September 2005

Quantitative analysis of AVs from EM images
For 9-wk-old PS1/APP and NTg mice images (n = 3 each), 30 randomly selected EM images per animal were captured at a final magnification of 10,500 ×, and the number of AVs in each captured field was counted by visual inspection using criteria for identification that were previously established (Dunn, 1990b; Nixon et al., 2003). For 9-mo-old mice, the same procedure was applied, but 50 fields/mouse with two mice per group were used.

Preparation of AVs
For each cell line (L/APP, PS KO–BD8, or hPS1–BD8/HPS1), 500 million cells were seeded overnight to induce autophagic activity (Fuertes et al., 2003). In additional experiments, AVs were isolated from L/APP cells with normal serum and media lacking Leu and His. By using a protocol that was modified from Marzella et al. (1982), the cells were harvested, disrupted by nitrogen cavitation, homogenized, and separated by differential centrifugation to first produce a (low speed) pellet containing the nuclear fraction and (up to 30%) unbroken cells (postnuclear pellet) and a second (supernatant in higher speed) pellet that was enriched in AVs, lysosomes, and mitochondria. From the AV/lysosome/mitochondrial fraction, lysosomes were separated from the two AV fractions by using a discontinuous metrizamide gradient (A1, 10%, metrizamide; A2, 20%, metrizamide). A cytosol fraction was obtained by centrifuging the supernatant from the AV/lysosome/mitochondrial fraction at 100,000 × g for 1 h at 4°C. The pellet from this centrifugation yielded an enriched microsome fraction that predominantly contained ER but also contained small proportions of endosomes. Fractions were pelleted and either immersed in a ccdylate fixation buffer for EM or analyzed directly by Western blot or enzyme as described below. To isolate liver AVs, three C57BL/6 mice were starved for 12 h and injected intraperitoneally with 5 mg/100 g of body weight of vinblastine in normal saline (0.9% NaCl) 3 h before killing (Marzella et al., 1982). Livers were harvested, minced, and homogenized using a poltron Teflon homogenizer before differential and density gradient centrifugation as described above for the isolation of AVs from individual cell lines.

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