Autochthonous Dengue Fever, Tokyo, Japan, 2014

Satoshi Kutsuna, Yasuyuki Kato, Meng Ling Moi, Akira Kotaki, Masayuki Ota, Koh Shinohara, Tetsuro Kobayashi, Kei Yamamoto, Yoshiiro Fujiiya, Momoko Mawatari, Tastuya Sato, Junwa Kunimatsu, Nozomi Takeshita, Kayoko Hayakawa, Shuzo Kanagawa, Tomohiko Takasaki, Norio Ohmagari

After 70 years with no confirmed autochthonous cases of dengue fever in Japan, 19 cases were reported during August–September 2014. Dengue virus serotype 1 was detected in 18 patients. Phylogenetic analysis of the envelope protein genome sequence from 3 patients revealed 100% identity with the strain from the first patient (2014) in Japan.

Although ≈200 imported cases of dengue fever have recently been reported in Japan (1), an autochthonous case had not been confirmed there for 70 years (2). However, on August 26, 2014, an autochthonous case of dengue fever in a patient with no history of overseas travel was reported in Tokyo, and as of October 31, 2014, a total of 160 autochthonous cases in Japan had been confirmed (3).

The Cases

We report 19 cases of confirmed autochthonous dengue fever treated at the National Center for Global Health and Medicine in Tokyo, Japan, during August 26–September 22, 2014 (Tables 1, 2; online Technical Appendix Table, http://wwwnc.cdc.gov/EID/article/21/3/14-1662-Techapp1.pdf). Because the National Center for Global Health and Medicine is located close to the epicenter of this outbreak, 19 (12%) of the 160 cases of this outbreak were confirmed at this Center. Informed consent for participation in this study was obtained from all 19 patients. Of these 19 patients, the median age was 33.0 years (range 6–64 years), and 10 (55.6%) were men. None of the patients had any underlying illness except for hypertension (2 patients) and asthma (1 patient). One patient had a history of having contracted dengue fever while in the Philippines in 2006. None of the patients had traveled overseas during the 3 months before the outbreak of dengue virus type 1 (DENV-1) in Japan.

Places of exposures were assessed for all patients; 15 patients had recently visited Yoyogi Park and were bitten by mosquitoes while there; the remaining 4 patients had visited Shinjuku Central Park, Meiji Jingu Shrine, Meiji-gaen, and Ueno Park. All of these parks have been reported as affected regions in this outbreak (3) (Figure 1). The day of exposure was estimated for 9 patients for whom the day of visitation and mosquito bites while in the parks could be confirmed. Among these 9 patients, the median incubation period was 6 (range 3–9) days. For the other 10 patients, the incubation period was not determined because they had visited the parks over several days or because they lived near these parks. The dates of symptom onset ranged from August 12, 2014, through September 22, 2014; peak incidence occurred in the beginning of September.

Of the 19 patients, 16 were admitted to the National Center for Global Health and Medicine and discharged without sequelae; the other 3 received outpatient treatment and recovered. The patient with a history of dengue fever (patient 19 in the online Technical Appendix Table) experienced fever lasting 7 days, pleural effusion, spontaneous petechiae, and thrombocytopenia (15 × 10^3 cells/μL on day 8 after illness onset); dengue hemorrhagic fever was diagnosed for this patient by using the World Health Organization guidelines (4). On the day of illness onset for this patient, serum was positive for DENV nonstructural protein 1 (NS1) antigen and IgG but negative for DENV IgM.

These results demonstrated that this DENV infection was secondary. Epidemiologic studies have also shown that the risk for dengue hemorrhagic fever is significantly higher in Japan.
for patients with secondary rather than primary DENV infection (3).

Of the 19 cases, 18 were confirmed as DENV-1 infection by real-time PCR (TaqMan; Life Technologies, Grand Island, NY, USA) (6), and samples were positive for NS1 antigen (Platelia Dengue NS1 Antigen assay; Bio-Rad Laboratories, Marnes-la-Coquette, France). The remaining case (case 11) was confirmed positive for IgM and IgG against DENV by dengue IgM ELISA (Focus Diagnostics, Inc., Cypress, CA, USA) and dengue IgG ELISA (Vircell, Granada, Spain), respectively. The serotype of the DENV in the other 18 patients was confirmed to be serotype 1. Nucleotide sequences were determined by using BigDye Terminator version 3.1 (Applied Biosystems, Foster City, CA, USA). Phylogenetic analysis of the DENV envelope (E) protein genome sequence obtained from serum from patient 2 (GenBank accession no. LC006123) demonstrated that the E protein shared 100% homology with the sequence of a DENV-1 strain from the first patient in this outbreak in Japan (GenBank accession no. LC002828). The sequence from patient 2 shared 99.7% identity with the sequence of a DENV strain isolated in Guangzhou, China, in 2013 (GenBank accession no. KJ545459) and 99.3% identity with the sequence of a DENV strain isolated in Indonesia in 2010 (GenBank accession no. JN415489) (Figure 2). The sequence of the E protein from another 2 patients (patients 4 and 10) shared 100% homology with that of patient 2.

Conclusions

Our results suggest that a single strain may have caused most of the DENV cases in Tokyo. A similar outbreak of dengue fever had been reported in Ningbo, China (68 cases) (7), and in Hawaii, USA (122 cases) (8).

DENV is transmitted mainly through the bite of the Aedes aegypti mosquito, which is distributed in tropical and subtropical regions. In Japan, the distribution of Ae. aegypti mosquitoes is limited, and as of 2013, these mosquitoes had been found only at the Narita International Airport (9), which is located ≈60 km from the site of the DENV outbreak in Tokyo. In contrast, the distribution of Ae. Albopictus mosquitoes, another vector of DENV, extends from western regions to northern regions of

---

**Table 2.** Laboratory findings for 19 patients with dengue fever, Tokyo, Japan, August 26, 2014—September 22, 2014

| Laboratory finding at first visit | Reference range | Patient median (interquartile range) |
|----------------------------------|-----------------|-------------------------------------|
| Leukocytes, cells/mm³ ^3         | 3,500–8,500     | 2,600 (2,385–3,540)                 |
| Hematocrit, %                   | M 40–50, F 35–45 | 41.8 (38.5–42.9)                    |
| Platelets, ×10^3/μL             | 150–350         | 115 (79–150)                        |
| Aspartate transaminase, IU/L     | 13–33           | 35 (22–41)                          |
| Alanine transaminase, IU/L       | 8–42            | 20 (14–26)                          |
| Lactate dehydrogenase, IU/L      | 119–229         | 227 (166–261)                       |
| C-reactive protein, mg/L         | 0–0.3           | 6.1 (2.2–16.1)                      |

---

**Figure 1.** Locations of presumptive exposure to dengue virus mosquito vectors for 19 patients, Tokyo, Japan, August 26—September 22, 2014. Numbers in circles indicate numbers of cases contracted at each location.
Japan, including Tokyo. *Ae. albopictus* mosquitoes are also expanding into the northern regions of the main island because of global warming (10). Tokyo is one of the most heavily populated cities in the world, and Yoyogi Park is located at the center of the Shinjuku-Shibuya area in Tokyo.

The population density of *Ae. albopictus* mosquitoes in Tokyo is higher than that in suburban areas (11). It is possible that high human and mosquito population densities contributed to this outbreak. All 19 patients had been bitten by a mosquito while in Tokyo, mainly in Yoyogi Park, where most of the 160 patients with autochthonous dengue cases had also been (12).

Recently, a case of dengue fever imported to England from Japan was found to be associated with this outbreak (13). Previous investigators speculated that the virus may have been spread from infected visitors by mosquitoes in the park (13). The outbreak, however, coincides with a period during which several tropical-themed festivals and activities were hosted, July–August 2014. These activities attracted a high number of local and international visitors to the park.

Before this 2014 outbreak, dengue fever was diagnosed for a German traveler who had returned from Japan in 2013 (14). Neutralization tests confirmed that the traveler’s infection was caused by DENV-2. She was reportedly bitten by mosquitoes when in Fuefuki, but she had also traveled to Tokyo and Kyoto during her trip to Japan. No local DENV cases were reported in 2013, although cases may have been underreported because of the lack of local dengue outbreaks in Japan for the past 70 years.

Because adult *Ae. albopictus* mosquitoes cannot survive the winter in Japan, only eggs overwinter (15). Thus, the outbreak of autochthonous dengue fever is expected to end as mosquito activity decreases during autumn. The Japanese government is currently strengthening vector control measures and increasing awareness among residents to prevent similar outbreaks.

This work was partly supported by funding from the Research on Emerging and Re-emerging Infectious Diseases grant by the Ministry of Health, Labour and Welfare, Japan (H24-shinkou-ippan-013 and H26-shinkou-jitsuyouka-007). The funders had no role in the study’s design, data collection, data analysis, decision to publish, or preparation of the manuscript.

Dr. Kustuna is a medical doctor at the National Center for Global Health and Medicine, Disease Control Prevention Center. His primary research interest is tropical infectious diseases.

**References**

1. Takasaki T. Imported dengue fever/dengue hemorrhagic fever cases in Japan. Trop Med Health. 2011;39:S13–5. http://dx.doi.org/10.2149/tmh.2011-S07

2. Hotta S. Dengue vector mosquitoes in Japan: the role of *Aedes albopictus* and *Aedes aegypti* in the 1942–1944 dengue epidemics of Japanese Main Islands. Medical Entomology and Zoology. 1998;49:267–74.

3. Ministry of Health, Labour and Welfare of Japan. Dengue fever [cited 2014 Oct 31]. http://www.mhlw.go.jp/jp/bunya/kenkou/kekaku-kansenshou19/dl/20141031-01.pdf

4. World Health Organization. Dengue haemorrhagic fever: diagnosis, treatment, prevention and control. 2nd ed. Geneva: The Organization; 1997.

5. Guzmán MG, Kouri G, Martínez E, Bravo J, Riverón R, Soler M, et al. Clinical and serologic study of Cuban children with dengue hemorrhagic fever/dengue shock syndrome (DHF/DSS). Bull Pan Am Health Organ. 1987;21:270.

6. Moi ML, Lim CK, Kotaki A, Takasaki T, Kurane I. Detection of higher levels of dengue viremia using FcγR-expressing BHK-21

---

**Figure 2.** Phylogenetic analysis of a dengue virus (DENV) sequence derived from a patient with confirmed autochthonous dengue fever (patient 2), Tokyo, Japan, contracted during August 26–September 22, 2014. Phylogenetic tree is based on the envelope protein genome sequence of selected dengue virus type-1 (DENV-1) strains. DENV-2, DENV-3, and DENV-4 serotypes were used as outgroups. Percentages of successful bootstrap replication are indicated at the nodes. DENV-1 genotypes are indicated on the right. The DENV-1 National Institute of Infectious Diseases (NIID) strain 14-106 (GenBank accession no. LC006123) is indicated with an arrowhead. Virus strains are indicated by GenBank accession number, place, and date of isolation. Scale bar indicates number of nucleotide substitutions per site.
cells than FcγR-negative cells in secondary infection but not in primary infection. J Infect Dis. 2011;203:1405–14. http://dx.doi.org/10.1093/infdis/jir053

7. Xu G, Dong H, Shi N, Liu S, Zhou A, Cheng Z, et al. An outbreak of dengue virus serotype 1 infection in Cixi, Ningbo, People’s Republic of China, 2004, associated with a traveler from Thailand and high density of Aedes albopictus. Am J Trop Med Hyg. 2007;76:1182–8.

8. Effer PV, Pang L, Kitisutani P, Vordam V, Nakata M, Ayers T, et al. Dengue fever, Hawaii, 2001–2002. Emerg Infect Dis. 2005;11:742–9. http://dx.doi.org/10.3201/eid1105.041063

9. Sukehiro N, Kida N, Umezawa M, Murakami T, Arai N, Jinnai T, et al. First report on invasion of yellow fever mosquito, Aedes aegypti, at Narita International Airport, Japan in August 2012. Jpn J Infect Dis. 2013;66:189–94. http://dx.doi.org/10.7883/yoken.66.189

10. Nihei N, Komagata O, Mochizuki K, Kobayashi M. Geospatial analysis of invasion of the Asian tiger mosquito Aedes albopictus: competition with Aedes japonicus japonicus in its northern limit area in Japan. Geospat Health. 2014;8:417–27.

11. Kobayashi M, Komagata O, Yonejima M, Maekawa Y, Hirabayashi K, Hayashi T, et al. Retrospective search for dengue vector mosquito Aedes albopictus in areas visited by a German traveler who contracted dengue in Japan. Int J Infect Dis. 2014;26:135–7. http://dx.doi.org/10.1016/j.ijid.2014.06.005

12. Arima Y, Matsui T, Shimada T, Ishikane M, Kawabata K, Sunagawa T, et al. Ongoing local transmission of dengue in Japan, August to September 2014. Western Pacific Surveillance and Response Journal. 2014:5 [cited 2014 Nov 19]. http://ojs.wpro.who.int/ojs/index.php/wpsar/article/view/285/419

13. Kojima G. Autochthonous dengue fever imported to England from Japan, 2014. Emerg Infect Dis. 2015:21 [cited 2014 Nov 19]. http://dx.doi.org/10.3201/eid2101.141581

14. Schmidt-Chanasit J, Emmerich P, Tappe D, Gunther S, Schmidt S, Wolff D, et al. Autochthonous dengue virus infection in Japan imported into Germany, September 2013. Euro Surveill. 2014;19:20681.

15. Mori A, Oda T, Wada Y. Studies on the egg diapause and overwintering of Aedes albopictus in Nagasaki [in Japanese]. Tropical Medicine. 1981;23:79–90.

Address for correspondence: Satoshi Kutsuna, National Center for Global Health and Medicine, Disease Control and Prevention Center, 1-21-1 Toyama, Shinjuku-ku, Tokyo 162-8655, Japan; email: sonare.since1192@gmail.com
# Dengue Fever, Tokyo, Japan, 2014

## Technical Appendix

### Appendix Table. Clinical and laboratory values for 19 patients with dengue fever, Tokyo, Japan, August 26, 2014—September 22, 2014

| Case | Age | Gender | Underlying Illness | Past History | Date of First Presentation to NCCGM | Duration of Fever | Date of Onset | Date of Exposure | Date of Onset to First Presentation | Date of Exposure | Date of Onset to First Presentation | Clinical Symptoms | Laboratory Findings at the First Presentation | ELISA | RT-PCR (RNA copies/mL) |
|------|-----|--------|-------------------|--------------|------------------------------------|------------------|--------------|----------------|----------------------------------|-----------------|---------------------------------|------------------|---------------------------------------------|--------|-----------------------|
| 1    | 16  | M      | Unrelated         |              | 8/26/18                            | 8/18             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 2    | 23  | M      | Ueno              |              | 8/27/24                            | 8/8              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 3    | 34  | F      | Ueno              |              | 8/29/23                           | 8/18             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 4    | 56  | M      | Ueno              |              | 8/29/25                            | 8/25             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 5    | 20  | M      | Ueno              |              | 8/29/25                            | 8/25             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 6    | 48  | F      | Ueno              |              | 8/29/20                            | 8/25             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 7    | 55  | M      | Unrelated         |              | 9/3/30                             | 9/2              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 8    | 42  | F      | Unrelated         |              | 9/1/31                            | 9/1              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 9    | 28  | F      | Unrelated         |              | 9/2/1                              | 8/28             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 10   | 64  | M      | Meiji Jingu Giken |              | 9/4/9                              | 8/29             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 11   | 46  | M      | Ueno              |              | 9/4/12                             | 8/26             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 12   | 6   | M      | Asthma            |              | 9/5/1                              | 9/5              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 13   | 20  | F      | Yoyogi Park       |              | 9/6/1                              | 8/27             |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 14   | 51  | F      | Unrelated         |              | 9/6/1                              | 9/5              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 15   | 28  | F      | Meiji Jingu       |              | 9/9/1                              | 9/9              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 16   | 33  | M      | Yoyogi Park       |              | 9/11/35                            | 9/5              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 17   | 23  | F      | Shinkansen Park   |              | 9/14/7                             | 9/7              |              |               |                                 |                 |                                 |                  |                             |        |                       |
| 18   | 23  | F      | Ueno              |              | 9/17/3                             | 9/3              |              |               |                                 |                 |                                 |                  |                             |        |                       |

- **Clinical Symptoms**: Headache, arthralgia, myalgia, nausea, vomiting, diarrhea
- **Laboratory Findings at the First Presentation**: WBC (mm$^3$), Ht (%), AST (IU/L), ALT (IU/L), LDH (IU/L), CRP (mg/dl), NS1 IgM, IgG
- **RT-PCR (RNA copies/mL)**: DENV-1 (1.7E5), DENV-1 (5.1E8), DENV-1 (7.9E5), DENV-1 (1.8E8)
| Case | Age (y) | Sex | Underlying illness / past history | Date of first presentation to NCGM | Date of onset | Days from onset to first presentation | Date of exposure | Presumptive incubation period | Travel history of overseas | Clinical Symptoms | Laboratory Findings at the first presentation | ELISA |
|------|--------|-----|----------------------------------|------------------------------------|--------------|-------------------------------------|-----------------|-------------------------------|---------------------|------------------|--------------------------------------------|-------|
| 18   | 44     | M   | Dengue fever                     | 9/19                               | 9/13         | 7                                   | 9/4             | 7                             | Yoyogi Park          | 7                | Fever, Headache, Arthralgia, Myalgia, Nausea, Vomita | 4000  |
|      |        |     |                                  |                                    |              |                                     |                 |                               |                     |                               | ELISA: Dengue virus, RT-PCR, NS1 |       |

M: Male, F: Female, NA: Not Available, HT: Hypertension, DENV: Dengue Virus, WBC: White Blood Cells (standard value: 3500-8500/mm³), Ht: Hematocrit (Male: 40-50%, Female: 35-45%), Plt: Platelet (150-350 × 10⁹/μL), AST: Aspartate Transaminase (13-33 IU/L), ALT: Alanine Transaminase (8-42 IU/L), LDH: Lactate Dehydrogenase (119-229 IU/L), CRP: C-reactive Protein (0-0.3 mg/dl), ELISA: Enzyme-Linked ImmunoSorbent Assay, NS1: The Non-Structural Protein 1 Antigen, IgM: Immunoglobulin M, IgG: Immunoglobulin G, RT-PCR: Real-Time Polymerase Chain Reaction
Abnormal values are bolded.