Resource Sorting and Thinking Design of Ideological and Political Courses in Colleges and Universities

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Abstract. through the effective sorting of the ideological and political resources of the university curriculum, this paper puts forward the design ideas for the ideological and political resources of the curriculum in practice to avoid rote copying, such as highlighting the problem-oriented consciousness, focusing on the educational entry point, and powerfully mining the educational elements, in order to provide reference for the implementation and carrying out of the ideological and political resources of the curriculum in the teaching process.

As the main palace of talent training, how to break the "islated island effect" between Ideological and political education and professional education for a long time, carry out morality cultivation in the whole process, all-round and all staff of college classroom teaching, deeply understand the connotation and reality of "curriculum ideological and political" education, accurately grasp the core elements of "curriculum ideological and political" education, and comprehensively establish the operation of "curriculum ideological and political" mechanism is one of the most important tasks for Chinese universities.

The core meaning of "curriculum ideological and political education" is that the professional curriculum, through in-depth excavation of Ideological and political education resources contained in the discipline, gives full play to the educational function of each course and the educational responsibility of each teacher, and promotes the professional course and ideological and political course to work together and educate people in coordination. At the present stage, the realization of "ideological and political education in curriculum" must pay attention to three key links: Teachers' acceptance of the concept of "ideological and political education in curriculum" is the premise of forming synergy effect, strengthening curriculum construction is the cornerstone of the implementation of "ideological and political education in Curriculum", and students' sense of acquisition is the test standard of the effect of "Ideological and political education in curriculum". [1] HOW to do a good job in the teaching of curriculum ideological and political education? According to Herbart's theory of teaching structure, methods, contents and purposes constitute the three-dimensional structure of teaching process. To implement the teaching of "ideological and political education in curriculum" is to integrate ideological and political education resources into the purpose, contents and methods of professional courses. [2]

1. Sorting out Ideological and Political Resources of Courses

To ensure the effective operation of "ideological and political education in curriculum", it is the first task to deeply explore the ideological and political elements contained in professional courses. It is worth mentioning that the ideological and political elements here refer to the knowledge elements that can be integrated with some value of ideological and political education in professional courses, so as to achieve better ideological and political education. On the one hand, the professional knowledge itself has obvious value tendency and patriotic feeling of country; on the other hand, teachers can further expand and develop on the basis of existing ideological and political elements through deep excavation.
Therefore, we can first sort out the value elements of Ideological and Political Education, and take "Ideological and Moral Cultivation and Legal Basis" as an example. Through combing and analyzing, its ideological and political values mainly include: prosperity, democracy, civilization, harmony, freedom, equality, justice, rule of law, patriotism, dedication, integrity, friendship, belief in Marxism, common ideal of socialism with Chinese characteristics, communism lofty ideals, serving the people, contributing to the society, loving the motherland, loving our own flesh and blood compatriots, loving the splendid culture of the motherland, loving our own country, creating spirit, striving spirit, unity spirit, dream spirit, breaking through the stereotypes, boldly exploring and daring to create, unwilling to lag behind, striving for the first, pursuing progress, perseverance, self-improvement, determined to forge ahead, people first People oriented, fair and just, honest and friendly, honest and honest, dedicated, indifferent to fame and wealth, willing to contribute, emancipating the mind, realistic and pragmatic, active exploration, innovation, self-improvement, hard work, indomitable struggle, victory, civilization and courtesy, helping others, caring for public property, protecting the environment, abiding by laws and disciplines, dedicated, honest and trustworthy, fair and obedient, to serve the masses, to be equal in personality, to bear responsibilities, to love each other, to respect the old and the young, to be equal between men and women, to be harmonious between husband and wife, to be diligent and thrifty in running a family, to unite neighbors, to be patriotic and dedicated, to be polite and law-abiding, to be kind and honest, to be diligent and brave, to believe in the law, to obey the law, to uphold the law, to safeguard national unity and national unity, to abide by the Constitution and the law, to keep state secrets Protect public property, abide by labor discipline, abide by public order, abide by social morality, safeguard honor and interests of national security, defend the motherland, resist aggression, perform military service according to law, pay taxes according to law, love labor, support minor children and support parents. The above ideological and political elements can be selectively integrated into the teaching content. When designing the specific teaching plan of "curriculum ideological and political" education, the sorted ideological and political elements will be classified, and appropriate entry points will be found. Then, the overall hierarchical design will form a practical and effective teaching plan. The integration of ideological and political elements cannot only be greedy for quantity, but must be reasonable and effective.

2. Design of Ideological and Political Curriculum

The basic design principle of the ideological and political course is to fully explore the integration point of ideological and political education closely around the training goal of professional talents and the teaching content of the course, so as to avoid copying mechanically and achieve the effect of "moistening things silently" and imperceptibly. It should be noted that ideological and political education is not a simple "course" education plus "ideological and political education", nor is it to separate several classes to teach ideological and political education in professional courses. The design ideas are as follows:

2.1 Highlight the Problem Oriented Awareness

Ideological and political education is to solve problems. In the professional teaching of colleges and universities, we will face many students' ideological problems. For example, lacking of interesting of the future career, the students’ professional thought is not stable, the professionalism is not enough. The students are lack of rational thinking and correct judgment to the major events and hot issues in the professional field and own weak professional ethics awareness.

2.2 Pay Attention to the Starting Point of Education

The first is to accurately grasp the ideological trends of students in combination with the social hot issues they are concerned about, introduce ideological and political content from students' thoughts,
social hot issues, international and domestic situations, practical issues, professional issues, etc. From the aspect of students, clarify the truth from a professional perspective, and improve the value judgment and rational thinking of students, such as the selected reading course of Chinese and foreign current and literature at Shanghai Foreign Studies University, set up special topics, and organize students Read and discuss domestic and foreign reports on China's hot issues, guide students understand the different cultural backgrounds and political positions of China and Western countries, and cultivate students' rational thinking and patriotic position; second, starting with the important issues ignored by students, and interpreting their values and significance through majors, such as Human Anatomy of Shanghai University of traditional Chinese medicine, which is a "cold" course, the teacher introduced the story behind the donation of remains, led the students to participate in the activities of the Red Cross, understood the spirit of the Red Cross, interviewed the donors of remains, and let the students understand why they donated the remains. These ordinary people have a strong sense of social responsibility in their hearts, and guided the students to respect life. Thirdly, according to the requirements of professional posts, such as course Introduction To Civil Engineering of Shanghai University of Applied Technology, in this course, some scholars take the Introduction To Robotics as an example to carry out ideological and political teaching in professional courses. By infiltrating the national industrial policy system and the patriotic feelings of country in the classroom teaching, they strengthen and cultivate the education of team cooperation and innovation and entrepreneurship practice awareness, and strengthen ideological and political education and value guidance in the course of professional course classroom teaching.

The purpose of integrating ideological and political education into professional teaching is to solve the "two skins" phenomenon of the disconnection between professional teaching and ideological and political education in Colleges and universities. In the process of promoting ideological and political education to be effectively integrated into professional teaching, we should avoid formalism such as "labeling" the students, and do some empty ideological and political education departing from the reality of professional teaching, so as to form a new formalism and "two skins" phenomenon.

2.3 Excavate the Elements of Education

Learn to sort out the ideological and political education elements and functions contained in each professional course, integrate into each link of classroom teaching, and realize the effective unity of ideological and political education and knowledge system education. The contents that have nothing to do with the professional knowledge system should not appear in the teaching process of "Ideological and Political Courses". Otherwise, there will be "labeling" formalism, which will not achieve good results.

How to achieve the same direction of professional teaching and ideological and political courses teaching in Colleges and universities? It does not require the teachers of professional courses to elaborate the concept and principle of Ideological and Political Education in theory. It is hoped that the professional course teachers will integrate the relevant ideological and political elements into the teaching, guide the students' ideas and values formation imperceptibly, and let the students also understand and accept the requirements of "being a man and making sense", understand the requirement of "socialist core values" and recognize the ideals and responsibilities of national rejuvenation in the professional teaching.

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