Prices, Costs, and Affordability of New Medicines for Hepatitis C in 30 Countries: An Economic Analysis

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Abstract

Introduction

New hepatitis C virus (HCV) medicines have markedly improved treatment efficacy and regimen tolerability. However, their high prices have limited access, prompting wide debate about fair and affordable prices. This study systematically compared the price and affordability of sofosbuvir and ledipasvir/sofosbuvir across 30 countries to assess affordability to health systems and patients.

Methods and Findings

Published 2015 ex-factory prices for a 12-wk course of treatment were provided by the Pharma Price Information (PPI) service of the Austrian public health institute Gesundheit Österreich GmbH or were obtained from national government or drug reimbursement authorities and recent press releases, where necessary. Prices in Organisation for Economic Co-operation and Development (OECD) member countries and select low- and middle-income countries were converted to US dollars using period average exchange rates and were adjusted for purchasing power parity (PPP). We analysed prices compared to national economic performance and estimated market size and the cost of these drugs in terms of countries’ annual total pharmaceutical expenditure (TPE) and in terms of the duration of time an individual would need to work to pay for treatment out of pocket. Patient affordability was calculated using 2014 OECD average annual wages, supplemented with International Labour Organization median wage data where necessary. All data were compiled between 17 July 2015 and 25 January 2016. For the base case analysis, we assumed a 23% rebate/discount on the published price in all countries, except for countries with special pricing arrangements or generic licensing agreements.

The median nominal ex-factory price of a 12-wk course of sofosbuvir across 26 OECD countries was US$42,017, ranging from US$37,729 in Japan to US$64,680 in the US. Central and Eastern European countries had higher PPP-adjusted prices than other countries: prices of sofosbuvir in Poland and Turkey (PPP$101,063 and PPP$70,331)
and of ledipasvir/sofosbuvir in Poland (PPP$118,754) were at least 1.09 and 1.63 times higher, respectively than in the US (PPP$64,680 and PPP$72,765). Based on PPP-adjusted TPE and without the cost of ribavirin and other treatment costs, treating the entire HCV viraemic population with these regimens at the PPP-adjusted prices with a 23% price reduction would amount to at least one-tenth of current TPE across the countries included in this study, ranging from 10.5% of TPE in the Netherlands to 190.5% of TPE in Poland. In 12 countries, the price of a course of sofosbuvir without other costs was equivalent to 1 y or more of the average annual wage of individuals, ranging from 0.21 y in Egypt to 5.28 y in Turkey. This analysis relies on the accuracy of price information and infection prevalence estimates. It does not include the costs of diagnostic testing, supplementary treatments, treatment for patients with reinfection or cirrhosis, or associated health service costs.

Conclusions
Current prices of these medicines are variable and unaffordable globally. These prices threaten the sustainability of health systems in many countries and prevent large-scale provision of treatment. Stakeholders should implement a fairer pricing framework to deliver lower prices that take account of affordability. Without lower prices, countries are unlikely to be able to increase investment to minimise the burden of hepatitis C.

Author Summary

Why Was This Study Done?
- New medicines for hepatitis C are very effective but also very expensive, prompting debates about pricing and affordability and limited access.
- Our study is a global analysis to compare public information about the prices of sofosbuvir and ledipasvir/sofosbuvir, taking account of probable confidential discounts on prices, in order to calculate the potential total cost of these medicines for different national health systems and individual patients in 30 countries.

What Did the Researchers Do and Find?
- We obtained 2015 prices for a 12-week course of treatment with sofosbuvir and ledipasvir/sofosbuvir for as many countries as possible. We used three sources: the Pharma Price Information service of the Austrian public health institute Gesundheit Österreich GmbH, national government and drug reimbursement authority websites, and press releases.
- We estimated how many patients in each country are infected with hepatitis C, based on existing studies.
- We analysed and compared the medicine prices, adjusting for currency differences, the confidential price discount that might be negotiated by purchasers in each country and...
the national wealth of countries. We then calculated the likely total cost to each country of treating all of their patients infected with hepatitis C. We compared this to the annual total expenditure on medicines for each country, and we also calculated how long a person would need to work in each country to pay for treatment out of pocket, based on each country’s average wage.

- We found the following:
  - The prices of the medicines for hepatitis C vary significantly across countries, particularly when adjusted for national wealth. Poorer countries may be paying higher adjusted prices than richer countries.
  - The total cost of treating all patients with hepatitis C would be equal to at least a tenth of the current annual cost for all medicines in all of the countries studied. In some countries where prices are high and the burden of disease is large, the total cost of treating all infected patients would be more than the cost of all other medicines put together.
  - If a patient had to pay for the treatment out of pocket, the total cost of a full course of sofosbuvir alone would be equivalent to one year or more of average earnings for individuals in 12 of the 30 countries analysed.

What Do These Findings Mean?

- Paying for sofosbuvir and ledipasvir/sofosbuvir in national health systems would consume large proportions of their total pharmaceutical budget. The potential total cost of treatment presents a financial and ethical dilemma for payers and physicians. Some national health systems have therefore restricted access to these medicines to small groups of patients, despite the fact that almost all patients with chronic hepatitis C infection are likely to benefit from treatment with these medicines.

- Our analysis is limited by the accuracy of the price information that was accessible, which may be inaccurate because of confidentiality agreements between manufacturers and purchasers. The estimates of the numbers of people infected with hepatitis C are also uncertain. Also, we have considered only the costs of the medicines themselves and not the costs of other parts of the treatment for hepatitis C, so we have most likely underestimated the true total cost.

- If countries are to try to pay for treating all patients with hepatitis C, governments and industry stakeholders will need to jointly develop and implement fairer pricing frameworks that lead to lower and more affordable prices.

Introduction

Hepatitis C virus (HCV) infection is a significant global public health problem. Although the precise prevalence is uncertain, a recent analysis estimated that 80 million people globally were living with HCV viraemia (also known as chronic HCV infection), with a range of 64–103...
million people [1]. If left untreated, chronic HCV infection can cause liver cirrhosis and cancer, leading to an estimated 700,000 deaths per year worldwide [2].

Until recently, standard guidelines for treating HCV infection recommended combination therapy with pegylated interferon and ribavirin. While resulting in sustained virological response (SVR) in 54% to 63% of clinical trial participants [3], this combination requires 24 to 48 wk of therapy and has severe side effects such as haemolytic anaemia and flu-like symptoms [4]. Recently developed direct-acting antivirals (DAAs) have markedly improved treatment efficacy and shortened and simplified the treatment regimen. In late 2013, sofosbuvir was approved in the United States (US) as the first once-daily orally administered therapy for HCV without interferon. Clinical trials showed SVR in up to 93% of trial participants following 12 wk of treatment with sofosbuvir [5]. In 2014, a combination product of ledipasvir/sofosbuvir was approved in the US based on evidence of a SVR rate of up to 99% after 12 wk of treatment [6]. Since then, other DAA regimens have gained regulatory approval, but sofosbuvir and ledipasvir/sofosbuvir dominate the market [7].

The initial published list prices in the US for 12-wk courses of treatment with sofosbuvir and ledipasvir/sofosbuvir were US$84,000 and US$94,500, respectively. The manufacturer claimed the new regimen was equal to or less expensive than prior standard of care regimens because the new regimen had much higher cure rates and would reduce the total treatment costs of HCV, including the costs of medications, side effects, complications, and additional health services required [8,9]. A number of published economic studies from high-income countries supported the cost-effectiveness of sofosbuvir at the proposed price, although the budget impact was substantial [10,11]. A recent study estimated the cost of production of sofosbuvir to be US$68–US$136 for a 12-wk course of treatment based on the same manufacturing methods used in the large-scale generic production of HIV/AIDS medicines [12], and its findings have not been challenged. The difference between the estimated cost of production and the marketed prices raises questions about the fairness of pricing medicines of public health importance like sofosbuvir and ledipasvir/sofosbuvir [13], echoing similar discussion about new cancer medicines [14–16].

As a consequence of the high prices of the new HCV medicines, payers in high-income countries have been restricting coverage (e.g., United States) [17], negotiating public deals and private discounts and rebates with the manufacturer (e.g., France and Germany [18]), or delaying reimbursement until a reasonable price has been negotiated (e.g., Australia [19]).

A recent report suggested that 73% of people with chronic HCV live in middle-income countries [20]. For some low- and medium-income countries (LMICs), tiered pricing agreements have been negotiated. As a result, countries such as Mongolia, Egypt, and Pakistan have published prices of about US$900 per 12-wk course of sofosbuvir. Voluntary licensing agreements have been established with 11 India-based generic pharmaceutical manufacturers for production and distribution of the medicines in 101 countries [21]. The Indian licensees are selling generic sofosbuvir at prices between US$161 and US$312 per 28-tablet pack [22]. However, the license agreement does not include 39 middle-income countries, including Brazil, China, Mexico, and Turkey [21,23].

This study seeks to systematically compare the prices of sofosbuvir and ledipasvir/sofosbuvir across countries, including generic versions where prices are available. We assessed the affordability and budgetary impact of these treatments, both to health systems and to individual patients paying for the treatment fully out of pocket in the absence of reimbursement from public or private health insurance. We did not include other DAAs (e.g., daclatasvir, simeprevir, and combination products by other manufacturers) in this analysis because they are still only available in a small number of countries.
Methods

Study Design

We conducted a comparative study of the published prices of sofosbuvir and ledipasvir/sofosbuvir in countries where published price information was available. Ex-factory prices were used because prices paid by the consumer include different amounts of taxes, mark-ups, and distribution costs that make them difficult to compare. We included Organisation for Economic Co-operation and Development (OECD) member countries and LMICs for which we had access to reliable, publicly available price information. If price information was unavailable for a country, the country was not included in the analysis. In the case of some European countries, this was usually because the medicines had not yet been marketed, or prices were not publicly disclosed. In India, the ex-factory price was "commercial in confidence", and we used the publicly listed retail price without further adjustments.

In order to compare prices between countries, we converted prices in national currencies to US dollars using OECD 2014 period average exchange rates [24], without and with adjustment for purchasing power parity (PPP) [24]. We report these as the "nominal price" (US dollars) and the "PPP-adjusted price" (PPP dollars), respectively. PPP adjustment is important when comparing the prices of goods across countries to account for the differences in national income levels and purchasing power in buying goods and services [25,26]. The theory of PPP, based on the "law of one price", states that, after accounting for transaction costs and trade barriers, identical goods will be sold for the same price in trading countries when their prices are expressed in a common currency [27,28]. Accordingly, the price of a medicine in different countries should in theory be the same when expressed in a common currency (e.g., US dollars) using the PPP exchange rates. S1 Text lists the prices and rates used in the analysis where prices in national currency were divided by the corresponding period average or PPP exchange rate of the national currency per US dollar published by the OECD.

We ranked the nominal and PPP-adjusted prices for all countries. We compared the PPP price for each country according to gross domestic product (GDP) per capita published by OECD [29] and, for Egypt and Mongolia, published by the World Bank [30].

We then estimated the total budget impact of sofosbuvir and ledipasvir/sofosbuvir, allowing for different levels of treatment coverage. To estimate the population requiring HCV treatment, we used the prevalence estimates of viraemic HCV infection by Gower and colleagues [1] rather than the number of persons with anti-HCV antibodies [31] because approximately 25% of persons who acquire HCV clear the infection spontaneously [32]. Based on the WHO treatment guidelines [33], we assumed in our base case analysis that all adults with viraemic HCV infection were eligible for treatment, and patients would receive a 12-wk treatment regimen of sofosbuvir or ledipasvir/sofosbuvir because a majority of patients have non–genotype 3 HCV. Patients with genotype 3 infections were assumed to receive 24 wk of treatment with sofosbuvir in sensitivity analysis.

We compared the total estimated budget impact of sofosbuvir and ledipasvir/sofosbuvir treatment with the country’s total expenditure on pharmaceuticals, based on the reported PPP-adjusted total pharmaceutical expenditure (TPE) per capita [34] multiplied by the population size [35]. For consistency in adjustments, we used the PPP-adjusted prices instead of the nominal prices of medicines when estimating budget impact. For the countries with negotiated tiered prices, we assumed no further rebate.

To assess the affordability of sofosbuvir and ledipasvir/sofosbuvir for individual patients without insurance coverage, we estimated the duration of time that an individual would need to work—earning the average wage of the general population—to obtain sufficient income to pay for a full course of treatment fully out of pocket. We performed a sensitivity analysis using minimum wage because people with HCV infection may have incomes below population
average wages due to illness and socioeconomic status [36,37]. Previous studies [38–40] have measured the affordability of medicines using minimum wage as an indicator of patient income.

Data Sources
For the European Union (EU) member states, Norway, and Switzerland, published ex-factory prices for a 12-wk course of treatment were provided by the Pharma Price Information (PPI) service of the Austrian public health institute Gesundheit Österreich GmbH. The PPI service offers medicine price data for all price types (ex-factory price, pharmacy purchasing price, and net and gross pharmacy retail price) for all 28 EU member states, Norway, and Switzerland based on data collection from official national databases. The PPI service provided data for sofosbuvir as of July 2015, and for ledipasvir/sofosbuvir as of September 2015. To validate the collected data and to complete the dataset in other countries, we sought additional information from national government or drug reimbursement authorities and recent press releases (S1 Text).

Insurance agencies and reimbursement organisations often negotiate purchase prices lower than drugs’ published prices (list prices). These arrangements may take the form of confidential discounts, rebates, or refunds after purchase [41]. To account for the impact of these undisclosed agreements on prices, in our base case analysis, we assumed a 23% price reduction from the published price in all countries, except for the countries with a negotiated tiered price as noted above. This price reduction estimate was based on the legislated rebate obtained by the US Centers for Medicare & Medicaid Services [17]. To ensure the appropriateness of the estimated budget impact of sofosbuvir and ledipasvir/sofosbuvir, we conducted two sensitivity analyses assuming (1) no price reduction and (2) a 50% price reduction based on the rebate received by the US Department of Veterans Affairs [42].

Relevant demographic and economic statistics for each country were extracted from the OECD database: population [35], pharmaceutical expenditure per capita [34], GDP per capita [29], currency exchange rates [24], and average annual wages in 2014 PPP dollars (constant price) per full-time- and full-year-equivalent employee [43]. The OECD dataset contained wage information for all countries of interest except for Brazil, Egypt, Iceland, and Turkey. For these countries, we used the median nominal monthly earnings (converted to annual earnings) of employees reported in the United Nations International Labour Organization Global Wage Database [44], with linear extrapolation of historical data to 2014 values and with PPP adjustments.

Statistical Analysis
All descriptive statistical analyses and data visualisation were performed in Microsoft Excel 2010 (version 14.0).

Assumptions and Uncertainty
Table 1 lists the main assumptions used in the analysis and their rationale, data sources, estimates of uncertainty, and likely impact on the outcomes of the analysis.

As noted above, there are confidential agreements between manufacturers and insurance agencies/reimbursement organisations, leading to the published prices being higher than the actual prices. We applied a 23% price reduction to estimate the impact of this uncertainty and undertook a sensitivity analysis using a 50% price reduction (S2 Text). The levels of supply chain remuneration and taxes also differ between countries, affecting the pharmacy retail prices. To ensure a conservative approach and to exclude possible bias due to different levels of
We used ex-factory prices for all analyses. This underestimates the total expenditure and costs to the patient. We estimated TPE based on the mean and range of values of prevalence of hepatitis C viraemia presented in Gower et al. [1].

We also carried out an analysis to adjust the total expenditure on sofosbuvir and ledipasvir/sofosbuvir for the proportion of patients in each country infected with genotype 3 HCV, based on the genotype distribution estimated by Gower et al. [1] and assuming that this group of patients would receive the recommended 24-wk treatment with sofosbuvir (S3 Text). Other factors influencing the duration of treatment are primarily the presence or absence of cirrhosis [33], but reliable data for this factor are not yet available from all countries in our analysis. However, adjusting for this factor would increase the estimates for total expenditure on sofosbuvir and ledipasvir/sofosbuvir because the recommended duration of treatment for patients with cirrhosis is longer (24 wk).

### Table 1. Assumptions, data sources, uncertainty estimates, impacts on outcomes, and sensitivity analyses.

| Base Case Assumption | Rationale | Main Data Source | Impact SA |
|----------------------|-----------|------------------|-----------|
| **Price and economic parameters** | | | |
| Published ex-factory prices were used. | Pharmacy retail prices contain taxes and elements of distribution remuneration, which would limit comparability. | PPI service | Impact: underestimates total expenditure. SA: not applicable. |
| Purchasers in all countries received a 23% price reduction, except for countries with a negotiated tiered price. | Levels of rebate/discounts were mostly confidential; we applied the disclosed rebate obtained by the US Centers for Medicare & Medicaid Services (i.e., 23%). | [17] | Impact: underestimates total expenditure because not all countries would receive such large discounts. SA: tested 50% rebate according to Pollack [42] and 0% rebate (S2 Text). |
| Average or median wages were used as an indicator of income among the population with HCV infection. | People with HCV infection were assumed to have the same income as the general population. This is a conservative assumption because intravenous drug users are most at risk of HCV infection and typically have low incomes, low employment, and low education levels [36,37]. | [43,44] | Impact: likely underestimates out-of-pocket expenditure. SA: assumed HCV population had minimum wage based on *Country Reports on Human Rights Practices for 2014* [45], for comparability with previous studies [38–40] (S2 Text). |
| Patients were assumed to pay 100% of the cost of treatment in the affordability analysis. | Coverage of HCV medicines and level of co-payment vary by country. | [17–19] | Impact: applicable for individuals without adequate insurance coverage or whose coverage does not include HCV medicines. The financial impact of HCV treatment on these individuals is underestimated because ex-factory prices (not retail prices) were used. SA: not applicable. |
| **Demographic, epidemiological, and treatment parameters** | | | |
| All patients received 12-wk treatment. | 12-wk treatment is recommended for all HCV genotypes, except for genotype 3 (24-wk treatment recommended). Most patients have non–genotype 3 HCV. | [33] | Impact: underestimates cost of 24 wk of treatment. SA: assumed patients with genotype 3 HCV received 24-wk treatment (S3 Text). |
| Treatment price did not include ribavirin or other supplementary therapies. | Supplementary therapies are dependent on patient characteristics, and global data on these characteristics were largely unavailable. | [33] | Impact: underestimates the overall cost of HCV treatment. SA: not applicable. |
| Point estimates for prevalence of viraemic HCV were used. | Prevalence estimates based on anti-HCV antibodies overestimate the demand for treatment because ~25% of persons who acquire HCV clear the infection spontaneously. | [1,31,32] | Impact: may overestimate treated population. SA: ranges of estimates of viraemic populations are presented. |

SA, sensitivity analysis.

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There are two sources of uncertainty when estimating the duration of full-time paid employment required for a patient to pay for a full course of treatment: the income level of HCV patients and the level of out-of-pocket payment. We used the published average or median wage in different countries as the indicator of patient income, assuming that people with HCV infection have the same income as the general population. This is a conservative assumption because some HCV patients are intravenous drug users who typically have low incomes, low employment, and low levels of education [36,37]. To test this assumption, and also for comparability with previous studies on medicine affordability [38–40], we performed a sensitivity analysis using the minimum wage data reported in Country Reports on Human Rights Practices for 2014 [45].

For this analysis of the patient affordability sofosbuvir and ledipasvir/sofosbuvir, we assumed that patients would pay for the treatment fully out of pocket because the level of coverage and co-payments varies considerably across health systems, types of insurance and benefits packages, and characteristics of HCV patients. It could be expected that in high-income countries with universal health coverage, such as European OECD countries, prices of HCV medicines would be fully covered by public payers if the eligibility criteria for reimbursement were met. However, while information from the PPI service showed that some European high-income countries provided full coverage, national price data sources indicated no coverage in other countries. This suggests either full out-of-pocket payments or some specific coverage arrangements beyond regular reimbursement.

We did not include in this analysis the prices of other medicines used in various HCV treatment regimens, the cost of diagnostic tests, and other health service costs. This, again, is a conservative assumption.

Results

Prices of sofosbuvir were obtained for 26 OECD countries and 4 LMICs: Brazil, India, Egypt, and Mongolia (Fig 1A). Ledipasvir/sofosbuvir prices were available in 21 OECD countries, India, Egypt, and Mongolia (Fig 1B). The prices in India were the retail prices of generic products.

Price Comparison

Assuming a 23% price reduction on the list ex-factory price, the median nominal price of sofosbuvir for a 12-wk course across all OECD countries was US$42,017, with the price ranging from US$37,729 in Japan to US$64,680 in the US. The 23% reduction was not applied in Brazil, Egypt, India, and Mongolia, where there were special pricing arrangements or generic licensing agreements. The nominal prices of sofosbuvir in Brazil (US$6,875), Egypt (US$932), Mongolia (US$900), and India (US$539) were up to 120 times lower than the nominal price in the US (US$64,680) due to negotiated pricing arrangements and licensing agreements.

In countries with stronger purchasing power, PPP adjustment resulted in lower prices. For example, as illustrated in Fig 1A, the PPP-adjusted price in Norway was 0.67 times less than its nominal price (US$42,148, PPP$28,092). In contrast, countries with weaker purchasing power had a significant increase in price with PPP adjustment. For example, the PPP-adjusted price of sofosbuvir in India (PPP$1,861) was 3.45 times more than the nominal price (US$539). In the OECD, the PPP-adjusted prices were higher in Poland (PPP$101,063), Turkey (PPP $70,331), Slovakia (PPP$63,815), Portugal (PPP$57,384) than in higher-income European economies, particularly the Nordic countries (i.e., Norway, Sweden, Denmark, and Finland). The PPP-adjusted prices for sofosbuvir in Brazil, Egypt, Mongolia, and India were PPP$9,708,
(a) sofosbuvir price

- **USD FOREX**
  - with 23% rebate
  - no rebate

| Country      | USD FOREX with 23% rebate | USD FOREX no rebate |
|--------------|---------------------------|---------------------|
| Poland       | $56,740                   | $76,077             |
| Turkey       | $60,150                   | $84,000             |
| United States| $58,300                   | $84,000             |
| Slovak Republic | $54,600                | $72,000             |
| Portugal     | $47,750                   | $68,000             |
| Slovenia     | $43,885                   | $56,000             |
| Greece       | $42,857                   | $55,000             |
| Spain        | $42,090                   | $55,000             |
| Italy        | $41,924                   | $52,000             |
| Ireland      | $39,835                   | $52,000             |
| Germany      | $44,600                   | $57,796             |
| New Zealand  | $61,107                   | $66,366             |
| Iceland      | $61,686                   | $61,902             |
| France       | $54,396                   | $54,396             |
| Japan        | $48,272                   | $48,999             |
| Austria      | $41,886                   | $45,000             |
| Belgium      | $41,886                   | $45,000             |
| Netherlands  | $50,000                   | $50,000             |
| Luxembourg   | $49,396                   | $54,397             |
| Canada       | $49,285                   | $49,724             |
| Finland      | $54,109                   | $54,051             |
| United Kingdom| $58,283                 | $50,306             |
| Switzerland  | $60,570                   | $60,580             |
| Denmark      | $54,061                   | $54,061             |
| Sweden       | $51,821                   | $51,821             |
| Norway       | $54,148                   | $54,738             |
| Brazil       | $6,875                    | $6,875              |
| Egypt        | $952                      | $952                |
| Mongolia     | $900                      | $900                |
| India        | $590                      | $590                |

- **USD PPP**
  - with 23% rebate
  - no rebate

| Country      | USD PPP with 23% rebate | USD PPP no rebate |
|--------------|-------------------------|-------------------|
| Poland       | $131,250                | $130,000          |
| Turkey       | $91,139                 | $90,839           |
| United States| $84,000                 | $84,000           |
| Slovak Republic | $82,377                | $82,377           |
| Portugal     | $74,525                 | $74,525           |
| Slovenia     | $67,913                 | $67,913           |
| Greece       | $66,830                 | $66,830           |
| Spain        | $60,170                 | $60,170           |
| Italy        | $59,357                 | $59,357           |
| Ireland      | $56,342                 | $56,342           |
| Germany      | $55,355                 | $55,355           |
| New Zealand  | $54,465                 | $54,465           |
| Iceland      | $51,545                 | $51,545           |
| France       | $40,451                 | $40,451           |
| Japan        | $40,312                 | $40,312           |
| Austria      | $49,117                 | $49,117           |
| Belgium      | $48,912                 | $48,912           |
| Netherlands  | $45,537                 | $45,537           |
| Luxembourg   | $43,809                 | $43,809           |
| Canada       | $43,373                 | $43,373           |
| Finland      | $43,226                 | $43,226           |
| United Kingdom| $40,508                | $40,508           |
| Switzerland  | $39,959                 | $39,959           |
| Denmark      | $39,727                 | $39,727           |
| Sweden       | $36,483                 | $36,483           |
| Norway       | $3,117                  | $3,117            |
| Brazil       | $2,804                  | $2,804            |
| Egypt        | $1,861                  | $1,861            |

(b) ledipasvir/sofosbuvir price

- **USD FOREX**
  - with 23% rebate
  - no rebate

| Country      | USD FOREX with 23% rebate | USD FOREX no rebate |
|--------------|---------------------------|---------------------|
| Poland       | $68,834                   | $89,395             |
| United States| $72,765                   | $94,500             |
| Portugal     | $55,518                   | $72,101             |
| Slovenia     | $55,518                   | $72,101             |
| Spain        | $46,014                   | $62,566             |
| Germany      | $55,518                   | $72,101             |
| Italy        | $61,079                   | $69,336             |
| Japan        | $46,945                   | $63,565             |
| Netherlands  | $52,396                   | $68,047             |
| Denmark      | $59,223                   | $90,609             |
| Iceland      | $55,284                   | $71,797             |
| Luxembourg   | $52,887                   | $68,658             |
| France       | $46,993                   | $61,030             |
| Austria      | $46,993                   | $61,030             |
| Canada       | $46,641                   | $60,573             |
| New Zealand  | $49,824                   | $64,707             |
| Finland      | $48,754                   | $63,317             |
| United Kingdom| $43,215                 | $56,123             |
| Sweden       | $47,011                   | $61,054             |
| Switzerland  | $50,631                   | $65,625             |
| Norway       | $46,834                   | $60,902             |
| Egypt        | $1,200                    | $1,200              |
| Mongolia     | $1,200                    | $1,200              |
| India        | $655                      | $655                |

- **USD PPP**
  - with 23% rebate
  - no rebate

| Country      | USD PPP with 23% rebate | USD PPP no rebate |
|--------------|-------------------------|-------------------|
| Poland       | $154,227                | $154,227          |
| United States| $94,500                 | $94,500           |
| Portugal     | $89,496                 | $89,496           |
| Slovenia     | $90,018                 | $90,018           |
| Spain        | $69,571                 | $69,571           |
| Germany      | $69,056                 | $69,056           |
| Italy        | $66,952                 | $66,952           |
| Japan        | $63,972                 | $63,972           |
| Netherlands  | $62,166                 | $62,166           |
| Denmark      | $59,789                 | $59,789           |
| Iceland      | $59,765                 | $59,765           |
| Luxembourg   | $57,475                 | $57,475           |
| France       | $55,481                 | $55,481           |
| Austria      | $55,107                 | $55,107           |
| Canada       | $53,123                 | $53,123           |
| New Zealand  | $53,103                 | $53,103           |
| Finland      | $50,808                 | $50,808           |
| United Kingdom| $48,165                | $48,165           |
| Sweden       | $46,804                 | $46,804           |
| Norway       | $43,882                 | $43,882           |
| Egypt        | $40,591                 | $40,591           |
| Mongolia     | $40,591                 | $40,591           |
| India        | $2,608                   | $2,608             |

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PPP$3,117, PPP$2,604, and PPP$1,861, compared to the nominal prices of US$6,875, US$932, US$900, and US$539, respectively.

The nominal price of ledipasvir/sofosbuvir was the highest in the US (US$72,765 with 23% price reduction) and lowest in the UK (US$43,215) among the OECD countries. Assuming no price reduction, the nominal price of ledipasvir/sofosbuvir in Egypt and Mongolia (US$1,200) was 47 times lower than in the United Kingdom (US$56,123) due to negotiated tiered pricing. The nominal price of ledipasvir/sofosbuvir in India (US$655) was 1.2% of the price in the United Kingdom. The price in Norway was the lowest after adjustment for PPP (PPP$31,255), reflecting the stronger purchasing power of its currency. The PPP-adjusted price of a 12-wk course of ledipasvir/sofosbuvir was again higher in Poland (PPP$118,754) than in other countries, with the price being 3.8 times higher than the price in Norway (PPP$31,255).

Relationship of Price with the Standard of Living

Fig 2 shows the relationship between PPP-adjusted price, GDP per capita, and estimated market size. Prices do not increase, and in some cases decrease, with increased standard of living. This pattern is not seen in Brazil, Egypt, India, and Mongolia, however, where prices of sofosbuvir were low because of existing pricing arrangements. In the US, prices of both products were much higher than in countries with comparable GDP per capita.

There was no observable relationship between the PPP-adjusted price and potential market size (Fig 2). For example, Nordic countries had fewer people requiring HCV treatment (based on point estimates reported by Gower et al. [1]) and had higher GDP per capita than countries such as Japan, Italy, and Spain, but the PPP-adjusted prices of sofosbuvir and ledipasvir/sofosbuvir were much lower. Although the GDP per capita in Turkey was only about $3,000 higher than in Brazil, the PPP-adjusted price of sofosbuvir in Turkey (PPP$70,331) was 7.2-fold higher than in Brazil (PPP$9,708). Luxembourg had the smallest estimated HCV population and the highest GDP per capita, but its price for sofosbuvir was less than the price in half of the other OECD countries.

Financial Impact for National Budgets

Fig 3 and Table 2 show the budget impact of treating all infected patients with sofosbuvir or ledipasvir/sofosbuvir for a 12-wk course of treatment, at the PPP-adjusted prices with a 23% reduction, based on the point estimates and range estimates for HCV prevalence from Gower et al. [1]. The budget impact estimates vary from PPP$100.9 million (UI: PPP$56.7 million, PPP$174.1 million) in Luxembourg to PPP$166.6 billion (UI: PPP$153.7 billion, PPP$307.5 billion) in the US. As noted, these estimates do not include the costs of diagnostic testing, ribavirin or other medicines, or other associated health service costs. Fifteen of the 30 countries analysed would require more than PPP$5 billion to provide treatment coverage for the entire infected patient population of their country (Fig 3A). For Poland, Turkey, Spain, and Italy, the point estimates of total budget impact vary from PPP$20 billion to PPP$35 billion. For Japan, the point estimate of the total budget impact of providing treatment for 1.25 million people with HCV viraemia is close to PPP$50 billion. The PPP-adjusted expenditure for treating 2.58 million people with HCV viraemia (point estimate) in the US would be PPP$166.6 billion.
These estimates do not include the cost of retreatment for patients who fail treatment or become reinfected. A similar level of financial impact is observed across countries for ledipasvir/sofosbuvir (Fig 3B).

Compared to the PPP-adjusted TPE in each country, treating the entire HCV viraemic population (based on point estimates reported by Gower et al. [1]) with sofosbuvir at the PPP-adjusted price with a 23% price reduction would amount to at least one-tenth of the current TPE in all countries (Table 3). In Poland, treating the whole HCV viraemic population would amount to as much as 1.6 times the current TPE. If only 10% of the HCV viraemic population were treated, the expenditure on sofosbuvir would still be high in proportion to the TPE in Poland (16.2%; UI: 11.1%, 40.6%), New Zealand (15.5%; UI: 8.9%, 26.8%), Portugal (13.3%; UI: 8.7%, 23.0%), Italy (11.1%; UI: 7.5%, 21.4%), and Spain (10.0%; UI: 5.4%, 16.7%) because these countries have relatively high sofosbuvir prices and HCV prevalence. In contrast, in the Netherlands, it would cost an amount equal to 1% (UI: 0.4%, 1.8%) of its current TPE to provide sofosbuvir to 10% of its infected population—even though the price of sofosbuvir is
similar to in other OECD countries—because the estimated number of people with hepatitis C is relatively low. The analyses of prices of ledipasvir/sofosbuvir produced similar results, where the expenditure on ledipasvir/sofosbuvir would cost an amount equal to a considerable proportion of the country’s current TPE, particularly in Poland (19.1%; UI: 13.0%, 45.1%), Portugal (16.5%; UI: 9.9%, 28.5%), New Zealand (15.1%; UI: 9.3%, 26.1%), Italy (12.3%; UI: 8.5%, 25.2%), and Spain (11.2%; UI: 5.4%, 17.0%) (Table 3).

Financial Impact for Individuals

The PPP-adjusted price of a full course of sofosbuvir alone would be equivalent to at least 1 y (365 d) of the PPP-adjusted average earnings for individuals in 12 of the 30 countries analysed (Fig 4A). In Poland, Slovakia, Portugal, and Turkey, a course of sofosbuvir alone would cost at least 2 y of average annual wages. This analysis is conservative because prices were ex-factory prices with an assumed 23% price reduction, and did not include supply chain mark-ups and other costs such as the cost of diagnosis, daclatasvir, ribavirin, and health service costs. We also assumed that all wages were disposable for purchasing these medicines. Assuming no price...
Table 2. PPP-adjusted financial impact of treatment coverage for all patients with viraemic HCV infection (for point estimates and uncertainty intervals) with sofosbuvir or ledipasvir/sofosbuvir.

| Country         | Adult Population Infected with Viraemic HCV | Cost of Treatment Coverage (in Millions of PPP Dollars) |
|-----------------|--------------------------------------------|--------------------------------------------------------|
|                 | Point Estimate    | Lower Estimate | Upper Estimate | Point Estimate | Lower Estimate | Upper Estimate | Point Estimate | Lower Estimate | Upper Estimate |
| United States   | 2,575,000         | 2,377,000      | 4,754,000      | $166,551       | $153,744       | $307,489       | $187,370       | $172,962       | $345,925       |
| Japan           | 1,252,000         | 423,000        | 1,899,000      | $47,539        | $16,062        | $72,106        | $61,672        | $20,836        | $93,542        |
| Italy           | 768,000           | 615,000        | 2,805,000      | $35,101        | $28,108        | $128,202       | $39,001        | $31,232        | $142,447       |
| Turkey          | 434,000           | 274,000        | 959,000        | $30,524        | $19,271        | $67,448        | $23,276        | $15,913        | $30,757        |
| Spain           | 472,000           | 109,000        | 719,000        | $22,595        | $5,218         | $34,149        | $25,285        | $5,839         | $38,516        |
| Poland          | 196,000           | 134,000        | 259,000        | $19,808        | $13,542        | $26,175        | $23,276        | $15,913        | $30,757        |
| Brazil          | 1,939,000         | 1,371,000      | 2,008,000      | $18,824        | $13,310        | $19,494        | Price not available |
| Egypt           | 5,623,000         | 3,940,000      | 6,885,000      | $17,524        | $12,279        | $21,457        | $22,558        | $15,807        | $27,621        |
| Germany         | 267,000           | 144,000        | 432,000        | $11,380        | $6,138         | $18,413        | $14,197        | $7,657         | $22,971        |
| India           | 6,026,000         | 3,157,000      | 7,174,000      | $11,215        | $5,876         | $18,352        | $13,618        | $7,134         | $16,212        |
| Canada          | 245,000           | 133,000        | 291,000        | $8,227         | $4,466         | $19,771        | $10,022        | $5,440         | $11,903        |
| France          | 197,000           | 152,000        | 376,000        | $7,501         | $5,788         | $14,317        | $8,416         | $6,494         | $16,063        |
| United Kingdom  | 210,000           | 125,000        | 428,000        | $6,990         | $4,160         | $14,245        | $7,788         | $4,636         | $15,873        |
| Portugal        | 117,963           | 66,285         | 203,545        | $6,769         | $3,804         | $11,680        | $8,402         | $4,721         | $14,497        |
| Greece          | 128,033           | 71,943         | 220,921        | $6,588         | $3,702         | $11,368        | Price not available |
| Belgium         | 69,000            | 9,000          | 91,000         | $2,599         | $339           | $3,427         | Price not available |
| Switzerland     | 75,525            | 42,438         | 130,318        | $2,356         | $1,324         | $4,065         | $2,552         | $1,434         | $4,403         |
| Slovakia        | 32,000            | 20,000         | 45,000         | $2,042         | $1,276         | $2,872         | Price not available |
| New Zealand     | 48,192            | 27,080         | 83,156         | $2,021         | $1,136         | $3,487         | $1,971         | $1,107         | $3,400         |
| Ireland         | 30,000            | 18,000         | 44,000         | $1,301         | $781           | $1,909         | Price not available |
| Sweden          | 41,000            | 29,000         | 42,000         | $1,254         | $887           | $1,285         | $1,478         | $1,045         | $1,514         |
| Austria         | 27,000            | 5,000          | 37,000         | $1,021         | $189           | $1,399         | $1,146         | $212           | $1,570         |
| Netherlands     | 22,298            | 12,529         | 38,475         | $798           | $448           | $1,377         | $1,067         | $600           | $1,842         |
| Finland         | 22,298            | 12,529         | 38,475         | $745           | $418           | $1,285         | $872           | $490           | $1,505         |
| Denmark         | 21,000            | 14,000         | 21,000         | $647           | $431           | $647           | $967           | $645           | $967           |
| Norway          | 23,000            | 20,000         | 29,000         | $646           | $562           | $815           | $719           | $625           | $906           |
| Mongolia        | 155,000           | 125,000        | 224,000        | $404           | $325           | $583           | $538           | $434           | $778           |
| Luxembourg      | 2,877             | 1,617          | 4,965          | $101           | $57            | $174           | $127           | $72            | $220           |

Uncertainty intervals (UIs) refer to the lower and upper estimates of cost of treatment coverage and are based on the ranges of adult viraemic prevalence, as published in Gower et al. [1].

*Adult viraemic populations not reported in Gower et al. [1].

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reduction, a HCV patient in Poland would have to spend 5.55 y and 6.52 y of earnings on a 12-wk course of treatment with sofosbuvir and ledipasvir/sofosbuvir, respectively. Similarly, in ten of the 21 countries where annual wage data and ledipasvir/sofosbuvir prices were available,
Table 3. The cost of treatment coverage with sofosbuvir or ledipasvir/sofosbuvir of different proportions of patients with viraemic HCV infection (for point estimates and uncertainty intervals) as a proportion of PPP-adjusted current total pharmaceutical expenditure.

| Country     | Proportion of TPE (UI) | 10%    | 50%    | 75%    | 100%    |
|-------------|------------------------|--------|--------|--------|--------|
|             |                        | 10%    | 50%    | 75%    | 100%    |
|             | Sofosbuvir Treatment Coverage |        |        |        |        |
| Poland      | 16.2% (11.1%, 40.6%)   | 81.1% (55.4%, 203.0%) | 121.6% (83.1%, 304.5%) | 162.2% (110.9%, 406.9%) |
| New Zealand | 15.5% (8.9%, 26.8%)    | 77.5% (44.5%, 133.8%) | 116.3% (68.6%, 200.6%) | 155.0% (89.0%, 267.5%) |
| Portugal    | 13.3% (8.7%, 23.0%)    | 66.6% (43.6%, 114.9%) | 99.9% (65.3%, 172.3%) | 133.2% (87.1%, 229.8%) |
| Italy       | 11.1% (7.5%, 21.4%)    | 55.6% (37.4%, 107.1%) | 83.4% (56.1%, 160.7%) | 111.1% (74.8%, 214.3%) |
| Spain       | 10.0% (5.4%, 16.7%)    | 50.0% (27.1%, 83.3%) | 75.0% (40.7%, 125.0%) | 100.0% (54.3%, 166.7%) |
| Greece      | 9.7% (4.8%, 15.2%)     | 48.3% (23.9%, 76.2%) | 72.4% (45.5%, 114.3%) | 96.6% (47.7%, 152.4%) |
| Slovakia    | 7.0% (4.1%, 9.9%)      | 35.2% (22.0%, 49.5%) | 52.8% (33.0%, 74.3%) | 70.4% (44.0%, 99.0%) |
| Japan       | 5.2% (2.9%, 9.5%)      | 26.1% (14.6%, 47.7%) | 39.1% (21.9%, 71.6%) | 52.1% (29.2%, 95.5%) |
| Switzerland | 5.2% (2.9%, 9.0%)      | 20.0% (14.3%, 44.8%) | 30.0% (21.1%, 67.2%) | 50.7% (28.6%, 97.6%) |
| United States | 5.2% (2.6%, 8.8%)    | 25.9% (13.2%, 43.9%) | 38.8% (19.8%, 65.9%) | 51.7% (26.4%, 87.6%) |
| Luxembourg  | 5.1% (2.6%, 7.9%)      | 25.5% (13.1%, 39.5%) | 38.2% (19.6%, 59.3%) | 50.9% (26.1%, 79.7%) |
| Ireland     | 4.2% (2.5%, 6.2%)      | 21.2% (12.7%, 31.1%) | 31.8% (19.1%, 46.6%) | 42.4% (25.4%, 62.2%) |
| Denmark     | 3.9% (2.3%, 6.1%)      | 19.6% (11.5%, 30.2%) | 29.4% (17.3%, 45.4%) | 38.2% (21.3%, 60.6%) |
| Belgium     | 3.1% (1.9%, 5.0%)      | 15.6% (9.6%, 24.9%) | 23.5% (14.3%, 37.3%) | 31.3% (19.1%, 49.8%) |
| Norway      | 3.0% (1.8%, 4.1%)      | 15.2% (8.8%, 20.6%) | 22.8% (13.3%, 30.9%) | 30.4% (17.7%, 41.2%) |
| Canada      | 3.0% (1.8%, 3.9%)      | 14.9% (8.8%, 19.6%) | 22.4% (13.2%, 29.4%) | 29.9% (17.6%, 39.2%) |
| United Kingdom | 3.0% (1.6%, 3.8%)   | 14.9% (8.1%, 19.2%) | 22.3% (12.2%, 28.8%) | 29.7% (16.2%, 38.3%) |
| Finland     | 2.9% (1.6%, 3.5%)      | 14.4% (8.1%, 17.7%) | 21.6% (12.2%, 26.8%) | 28.8% (16.2%, 35.9%) |
| Sweden      | 2.7% (1.4%, 3.4%)      | 13.5% (8.9%, 17.1%) | 20.3% (10.4%, 25.6%) | 27.0% (13.8%, 34.2%) |
| Austria     | 2.1% (1.1%, 3.4%)      | 10.7% (5.7%, 17.0%) | 15.1% (8.5%, 25.5%) | 21.4% (11.4%, 34.1%) |
| Germany     | 2.1% (0.6%, 2.9%)      | 10.5% (2.9%, 14.7%) | 15.8% (4.4%, 22.0%) | 21.1% (5.9%, 29.4%) |
| France      | 1.8% (0.4%, 2.8%)      | 9.0% (0.0%, 13.9%) | 13.4% (5.1%, 20.8%) | 17.9% (6.1%, 27.7%) |
| Netherlands | 1.0% (0.4%, 1.8%)      | 5.2% (2.0%, 9.0%) | 7.9% (3.0%, 13.6%) | 10.5% (4.0%, 18.1%) |

UIs of treatment coverage are based on the ranges of adult viraemic prevalence published in Gower et al. [1] and restated in Table 2.

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Table 3. Prices and Budgetary Impact of New Hepatitis C Treatments
a person who earned an average wage would need at least 1 y of income to afford a course of ledipasvir/sofosbuvir if no subsidy were offered (Fig 4B). Due to the availability of tiered prices for ledipasvir/sofosbuvir, less than 1 y’s median wage earnings are required in Egypt to pay for treatment. The duration of time that an individual would need to work to pay for a course of treatment out of pocket would be higher with less conservative assumptions.

Sensitivity Analyses

S2 Text lists the findings of univariate sensitivity analyses assuming 0% and 50% rebates on the prices of sofosbuvir and ledipasvir/sofosbuvir. Based on these assumptions, the estimated percentages of current TPE that would be required for countries to provide treatment for different percentages of the HCV-infected population were within the corresponding range of the values presented in Table 3. The estimated number of years individuals would need to work to pay for a full course of treatment using the minimum wage is an average of 1.55-fold (SA range: 0.8; 2.7) longer compared to the base case findings using average/median wage.
S3 Text shows the findings assuming that patients with genotype 3 HCV would receive the recommended 24 wk of treatment with sofosbuvir. Under this scenario, the estimated percentages of current TPE at different levels of treatment coverage and the number of equivalent income years required to pay for full treatment increased by an average of 1.26-fold (SA range: 1.00; 1.54) compared to the base case estimates.

Discussion

Our analyses show significant price variation for sofosbuvir and ledipasvir/sofosbuvir across countries, especially when accounting for local purchasing power. The lowest and highest nominal prices of sofosbuvir and ledipasvir/sofosbuvir in OECD countries varied, respectively, by 1.71 times between Japan and the US and 1.68 times between the United Kingdom and the US. If the prices in LMICs under tiered pricing arrangements or licensing agreements are included, the prices vary by more than 100-fold. Our analysis also shows that the PPP-adjusted prices of these medicines in Central and Eastern European countries are considerably and consistently higher than in other OECD countries, particularly compared to Nordic countries. Countries that benefit from tiered pricing arrangements and are included in licensing agreements (such as Egypt, Mongolia, and India) have lower prices, which are more affordable compared to their average/median wages. Assuming minimal transaction costs and trade barriers, these are substantial price disparities for goods that are identical in all markets.

We are aware of four recent publications that have also analysed the budget impact and price variation of new HCV medicines [22,46–48]. The studies of budget impact [46–48] were specific to the US and Ireland only, whereas our analysis provides budget impact estimates for a significantly larger sample of countries. Our estimates of budget impact for the US are comparable to those in these studies, given the difference in populations used in each study. Médecins Sans Frontières (MSF) undertook a survey on the prices of six DAAs, including sofosbuvir and ledipasvir/sofosbuvir [22], although our study differs from the MSF study in a number of ways. Our analysis includes a larger range of high-income countries, while the MSF study included a larger range of LMICs. The MSF study obtained price data from key informants, while we obtained our price information from publicly accessible sources. We also obtained data in local currency and then adjusted for exchange rate, purchasing power, and potential price reductions using consistent methods. However, the MSF study found similar variability in prices among high-income countries, “with little correlation between drug prices and gross national income” [22]. Additionally, price disparities in relation to national wealth indicators also occurred among LMICs. The prices of sofosbuvir and ledipasvir/sofosbuvir were higher in Malaysia than in some high-income countries, and the originator version of sofosbuvir in India was less expensive than generic sofosbuvir in Côte d’Ivoire. The MSF study also found that the availability of most DAAs in low-income countries was low at the time of the survey, with the exception of sofosbuvir. For countries included in both studies, foreign exchange rates, time of data collection, and differences in sources are the primary reasons for the differences in prices. Notwithstanding these differences, we concur with the MSF authors in noting that having access to updated and reliable information on prices is essential to allow decision-makers to negotiate prices.

The price disparities in OECD countries may be explained partly by the pharmaceutical price-setting policies used in different countries. For example, some countries set prices according to explicit cost-effectiveness thresholds based on GDP per capita [49], average monthly wage [50], or comparative assessment [51] against interferon-based therapy. These thresholds signal the purchasers’ willingness to pay and may result in the highest possible price that satisfies the threshold, without consideration of budget impact. Another policy for price
setting used by many OECD countries is external reference pricing. This is the practice of using the prices of a medicine in one or several countries in order to derive a benchmark, or reference, price for the purpose of setting or negotiating the price. However, the methods used may not explicitly incorporate local purchasing power and status of economic development. For example, the reference countries used by Turkey are France, Greece, Portugal, and Spain, which are selected on the basis of similar “product variety, communicable and common diseases, population and age distribution, and health/disease status” [52,53]. The nominal price of sofosbuvir in Turkey, assuming a 23% price reduction, was lower (US$38,518) than in its reference countries—France, Greece, Spain, and Portugal (ranging from US$41,885 to US$44,731). However, the PPP-adjusted price of sofosbuvir in Turkey (PPP$70,331) was 1.8 times higher than the price in France (PPP$38,077). Turkey’s GDP per capita (US$19,363) is more comparable to Brazil (US$16,320) than its current reference countries, but the nominal and PPP-adjusted prices of sofosbuvir in Turkey were 5.6 and 7.2 times higher, respectively, than the prices in Brazil. Similarly, Slovenia, Poland, and Slovakia use reference prices from countries with mostly richer economies. In the case of sofosbuvir, the nominal price in Norway is comparable to that in most of the other countries it references (i.e., Austria, Belgium, Germany, Denmark, Finland, Ireland, Netherlands, Sweden, and the UK). However, because Norway has greater purchasing power, PPP-adjusted prices indicate that the medicine may be more affordable for Norwegians in comparison to other countries in the OECD. This highlights the challenges of external reference pricing, which include the need to select comparable countries and to consider local purchasing power during price negotiation. There may also be differences between list prices and actual prices that may be hidden due to confidentiality agreements.

Our analysis suggests that sofosbuvir and ledipasvir/sofosbuvir are not “affordable” for most OECD countries at the nominal and PPP-adjusted prices, with Central and Eastern European countries being the most affected. While determining what is affordable or not is a value judgement, funding these treatments in these national health systems would consume large proportions of their TPE and increase pressure on existing budgets. We calculated that even funding treatment for only 10% of the potential population requiring sofosbuvir treatment would amount to at least 1% (UI: 1%, 16.2%) of current TPE in all countries analysed. However, treating only 10% of the infected population is unlikely to be ethically defensible or acceptable to the patient community. The cost of treatment increases substantially if treatment uptake is higher than 10%; if half of the eligible patient population is treated, five countries would spend an amount equivalent to more than half of their current TPE on sofosbuvir. Thus, the potential total cost of treatment presents a dilemma for payers and physicians, with some systems currently restricting access to these medicines to small groups of patients, despite the fact that almost all patients with chronic HCV infection are likely to benefit [17].

Where patients do not have access to subsidised treatment, individuals are unlikely to be able to pay for the medicines out of pocket. Based on ex-factory prices, the price of a 12-wk course of sofosbuvir would be equivalent to at least 1 y of income for the average income earner in 12 of the 30 countries analysed. It is not surprising that, given the price differences, HCV patients in high-income countries have been reported to import sofosbuvir at lower prices or even devise plans to receive treatment in India [54,55]. Assuming a 23% price reduction of nominal prices in both countries, consumers in the US pay US$64,680 for 12 wk of treatment, but if they instead obtained 12 wk of treatment of sofosbuvir in India, inclusive of airfare, hotels, and travel insurance (based on searches in common travel sites), they would pay only approximately US$6,000–US$7,000–10% of the price paid in the US.

Our analysis is limited by the accuracy of the estimates of the numbers of people infected and of the price information that was accessible. We have also not included all likely costs, such as the costs of combination treatment with ribavirin, other health care services, and
increases in the duration of treatment in patients with cirrhosis; thus, our budget impact estimates are underestimates of the cost of treatment. We are also aware that in some countries, the prices are probably lower than the publicly accessible prices because of confidential discounts or rebates negotiated with the manufacturer. To minimise overestimation of price and budgetary impact, we made a conservative assumption that all countries, except for countries with special pricing arrangements, had the same price reduction as two of the largest payers—the US Centers for Medicare & Medicaid Services and the US Department of Veterans Affairs. However, neither this price reduction nor the sensitivity analysis using a 50% price reduction changes our overall conclusions about total expenditure on these HCV drugs in relation to TPE. There are also different types of discounts being offered that we have not included, such as rebate schemes that provide the medicines for free after 12-wk of treatment. We also did not attempt to adjust the estimates for pricing agreements based on treating only subgroups of patients. For example, in Portugal, the government has agreed to pay US$28,287 per patient treated irrespective of the duration of treatment. However, this arrangement is limited to less than 10% of the total eligible patient population over 3 y [56,57].

We have analysed the current situation for medicines for hepatitis C, but they are not the only group of medicines where high prices have affected or are affecting patient access. When the antiretrovirals were first launched for HIV, there were similar problems with price and affordability, due to the high price of medicines and the burden of disease. A combination of strategies and interventions—including global purchasing mechanisms, use of voluntary licensing agreements, compulsory licenses, price reduction through tiered pricing, and the rapid development of many high-quality generic products—contributed to improving the situation [58,59]. However, an analysis by Wirtz et al. [60] found persisting and substantial variability in antiretroviral prices in Latin American and Caribbean countries. They suggested that those middle-income countries with comparatively higher prices could afford to treat more patients if prices were lower. They also suggested the need to ensure effective procurement and price negotiation by procurement agencies. Currently, however, there is no global procurement or funding mechanism for hepatitis C medicines. This has limited the potential economies of scale that could be achieved by large-scale generic production. Existing licensing agreements, similar to those that are in place for antiretrovirals, exclude the upper-middle income and OECD countries that are currently paying the highest prices. Perhaps in contrast to the HIV epidemic, the burden of disease due to hepatitis C is more evenly distributed across countries, and the expectations about the outcome of treatment—a cure—are much higher, leading to much greater demand and expectations for access. The argument raised by Wirtz et al. [60] about the need for effective negotiation of prices therefore applies particularly to the medicines for hepatitis C, as there are still not enough alternative treatment options to allow for effective competition.

Setting prices and effective price negotiation is complex. Ramani and Urias [61] used economic game theory to evaluate when compulsory licenses can be effective in price negotiation in developing countries and emphasised the impact that having complete information (or not) about the product can have on negotiation outcomes. Purchasers usually do not have complete information on pharmaceutical products when they set prices. In particular, they usually do not have information about the costs of production or costs of research and development that have been claimed to contribute to the price set by manufacturers [61]. In the case of hepatitis C medicines, the confidential agreements on prices also make it difficult to compare prices accurately across countries, should a purchaser wish to define a “fair price”, for example, by adjusting prices by PPP. Differential or tiered pricing based on the national wealth of countries has been suggested as an approach to setting fair prices, but, to date, there has been no agreement on how to set the tiers [62].
The World Health Organization currently recommends that all patients with chronic HCV should be assessed for treatment [33], but the challenge is clearly how to provide treatment at a total cost that health systems and patients can afford. We had to exclude several countries from the analysis due to the unavailability of price data because, in most cases, the medicines were not publicly funded or not marketed at all. Moreover, as illustrated in our analysis, affordable prices could not be achieved in many OECD countries, even if they have price control systems, which suggests a need for an updated pricing system. While generic competition is likely to reduce prices in countries that are included in voluntary licensing agreements or that will issue compulsory licences, the impact of these strategies is unlikely to impact prices in OECD countries. Tiered pricing agreements are in use for these medicines, but are unlikely to be sufficient to increase access to the medicines for all countries. In order for countries to increase investment and minimise the burden of hepatitis C, governments and industry stakeholders will need to jointly develop and implement fairer pricing frameworks that deliver lower and more affordable prices.

Supporting Information

S1 Text. Prices of sofosbuvir and ledipasvir/sofosbuvir.
(DOCX)

S2 Text. Sensitivity analysis with 0% and 50% rebates/discounts on the prices of sofosbuvir and ledipasvir/sofosbuvir.
(DOCX)

S3 Text. Sensitivity analysis assuming patients with genotype 3 HCV receive 24 wk of treatment with sofosbuvir and patients with non-genotype 3 HCV receive 12 wk of treatment with sofosbuvir.
(DOCX)

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Author Contributions

Conceived and designed the experiments: SI KTT PB SW KdJ SH. Performed the experiments: SI KTT PB SH. Analyzed the data: SI KTT SV. Contributed reagents/materials/analysis tools: SI KTT SV SH. Wrote the first draft of the manuscript: SI KTT SH. Contributed to the writing of the manuscript: SI KTT SV PB SW KdJ SH. Agree with the manuscript’s results and conclusions: SI KTT SV PB SW KdJ SH. All authors have read, and confirm that they meet, ICMJE criteria for authorship.

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