Evaluation of Three Medium Throughput Flow Cytometers for Monitoring People Living with HIV in Resources Limited Laboratories: How to Choose?

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Abstract

Objective: Absolute and percentage CD4+ T-lymphocytes counts are useful in monitoring people living with HIV. In spite of point-of-care development, CD4 testing in some laboratories of resource-limited countries still use flow cytometers from many manufacturers. We evaluated three flow cytometers (FACSCOUNT CD4/CD4%, GUAVA Auto CD4/CD4%, CYFLOW Counter® CD4/CD4%) and brought out choice criteria according to laboratory resources. Methods: CD4 percent and absolute count obtained with 180 HIV-infected patients (adults and children) with evaluated platforms (FACSCOUNT CD4/CD4%, GUAVA Auto CD4/CD4%, CYFLOW Counter CD4/CD4%) were compared with those provided by FACSCalibur TruCount®. Agreement was analyzed using Bland-Altman analysis. We also carried out a Comparative analysis of technical and operational characteristics to identify strengths and weaknesses of each tested cytometer. Results: The median CD4 percentage and absolute count obtained with FACSCOUNT and CYFLOW were similar to those of FACSCALIBUR. By contrast, GUAVA showed higher values. Bland-Altman analysis did not show measurement error. However, GUAVA and CYFLOW gave a relative high bias with mean difference respectively -69 and +27CD4 cells/μl. The overall bias of CD4 percentage were >5% for the evaluated cytometers. There was a good interclass agreement (Kappa ≥ 0.78) and good measurement precision (coefficient of variation <10%) with the 3 cytometers. Only FACSCOUNT showed good stability (CV<5%) even for stained and unstained samples within 24 and 48 hours after blood collection. FACSCOUNT, GUAVA and CYFLOW have good technical performances. Conclusion: Though we found differences in their operational characteristics, it appears very important to know how to use these kinds of cytometers before making a choice for peripheral laboratory in limited-resources countries.

Keywords: HIV; CD4; Flow cytometer; FACSCount; Guava; CyFlow

Introduction

Human Immunodeficiency Virus (HIV) and Acquired Immunodeficiency Syndrome (AIDS) pandemic have severely affected the health and deteriorated improvement in life expectancy in the world; particularly in countries with high prevalence of infection. The highest number of people living with HIV (PLWH) is in sub-Saharan Africa with 24.7 million (23.5 million–26.1 million) people. Next are Asia and Pacific with 4.8 million (4.1 million–5.5 million) PLWH [1]. HIV gradually destroys immune system cells (including CD4 cells, a type of lymphocyte), weakening the immune system and resulting in AIDS and death from cancer or opportunistic infections [2].

Like developed countries, many efforts are undertaken in countries with limited resources to improve access to antiretroviral therapy for people living with HIV. Successful management of health care of people infected with HIV in resource-limited countries is possible only if ART program is associated with affordable laboratory servicing particularly CD4 lymphocyte monitoring [3,4]. Indeed, absolute count and CD4 percentage and viral load are the fundamentals and independent markers in the decision to initiate antiretroviral therapy (ART) for HIV-positive people [5,6]. It also assesses the effectiveness of ART whose medium-term objective is to restore the immune system. The high cost of viral load monitoring has led sub-Saharan practitioners, to consider this marker as non-essential for initiation of ART but useful in case of immunological failure in the treatment process.

During past decade many manufacturers have provided Point-of-Care (POC) technologies for CD4 and viral load and some of them have been evaluated and used in many resource- limited countries [7-9]. These POC have been dedicated to the clinical team, especially when the number of patients is not too high [10-12].

Despite the development of POC, CD4 enumeration has always been done by conventional flow cytometer (FCM) technology because of its precision, accuracy, reproducibility and easy use in laboratory [13-15]. Many flow cytometers have been tested [16-24]. However, some of this first generation has a few limitations: (i) it was not possible to get...
CD4 percentage which is very important in children monitoring or (ii) the use of FCM software requires good computer skills by the operator.

In response to these concerns, flow cytometers manufacturers have developed new technologies, already tested in some countries [14,25,26].

Therefore, this study aimed at assessing these new platforms, comparing the absolute and percentage values of CD4+ T-lymphocytes count obtained on these FCM with those of a reference flow Cytometer, and their technical and operational characteristics.

Material and Methods

Blood samples

This study was carried out from January to October 2009. We used one hundred and eighty (180) tubes of blood collected from HIV-positive adults and paediatrics patients, aging from 9 months to 67 years. Blood samples were the remaining routine specimens kept at room temperature and drawn within 8 h. Specimen have been selected from three centers (96 from the General Hospital of Koumassi, 89 General Hospital of Port-Bouet and 18 from the Pediatrics Service of the University Hospital of Treichville, Abidjan), in order to have at least 50 subjects in each category of CDC classification: (<200 cells/mm$^3$, 200 ≤ CD4<500 cells/mm$^3$, ≥ 500 cells/mm$^3$) [27]. Samples were carried from the clinical center to the laboratory in a cooler condition with icepack to maintain temperature between 18 and 22°C.

We did not include: samples which provided absolute CD4 more than 3,000 cells/mm$^3$ on FACSCALIBUR (Becton Dickinson, San Jose, USA) or samples untested on at least one of the 3 evaluated flow cytometers.

Each patient or his legal representative signed a consent form to approve their participation to the study after reading an information form. As the study did not require additional phlebotomy, we only got the agreement of scientific committee of the Pharmacy school because the study was part of students' memoires.

Cytometer and platform evaluated

The 3 evaluated cytometers were FACSCount CD4/CD4% (Becton Dickinson, San Jose, USA), GUAVA Auto CD4/CD4% (Millipore USA; previously Guava Technologies, Hayward, CA, USA), Cyflow Counter CD4/CD4% (Sysmex Germany, previously Partec GmbH, Munster, Germany). Table 1 shows the main characteristics of the three evaluated flow cytometers. FACSCalibur (Becton Dickinson, San Jose, USA) was used as reference cytometer.

| Characteristics                  | FACSCOUNT | GUAVA       | CYFLOW     |
|----------------------------------|-----------|-------------|------------|
| Numbers of PMT                   | 2         | 2           | 2          |
| Laser                            | Convection-cooled Laser | Green diode Laser | Green solide laser |
| Optics parameters                | FSC/FL1 et FL2 | FSC/FL1 et FL2 | SSC/FL1et FL2 |
| Software                         | FACSCount CD4/3 Software Version 1.0 | Cytosoft 6.1 | CyView-1.7 |
| Software using                   | Simple/automatic « gating » | Simple/automatic « gating » | Simple/manual « gating » |
| Panel                            | CD4-PE/CD14-PE-Cy5/CD15 PE-Cy5 | CD4 PE/CD3-CD56 CD16-CD19 PECy5 | CD4-PE/CD45-PE-Dy647 |
| Training days required           | 2         | 2           | 2          |
| Absolute count Technic           | Beads     | Volumetric  | Volumetric |
| Open System                      | No        | Yes         | Yes        |
| Number of tests made for reagent (showed 100 tests) | 100      | 95          | 95         |
| Incubation time (min)            | 30        | 45          | 15         |
| Processing time for a test (min) | 35-50     | 50-60       | 25-30      |
| CD4 result                       | absolute CD4/CD4% | absolute CD4/CD4% | absolute CD4/CD4% |
| Analysis modes                   | Automatic | Automatic or manual | Manual     |
| Controls data archiving           | Yes       | Yes         | Yes        |
| Archiving of test data           | 100 last tests | Yes (no limit) | 125000 last tests |
| Number of test for one operator per day | 75        | 60          | 50         |

Table 1: Technical and operational characteristics of evaluated flow cytometers.

**FACSCount® (Becton Dickinson, San Jose, USA):** It is a single platform Flow cytometer for CD4+T lymphocytes counting, a closed system using 2 color-monoconal Antibodies (mAb) reagents in a twin tube containing reference beads. Additional control beads are available.
The optical and electronic systems of FACScount can analyze 2 fluorescences in addition to Forward Scatter (FSC).

**Guava** (Millipore, previously Guava Technologies, Hayward, CA, USA): The Guava is a single platform cytometer with a system for volumetric enumeration of T lymphocytes CD4+ in the absence of sheath liquid and beads. The optical and electronic systems of Guava analyse 2 fluorescences in addition to Forward Scatter (FSC). Control beads Guava Check® are used for daily quality control.

**Cyflow® Counter** (Sysmex Germany, previously Partec GmbH, Munster, Germany): The Cyflow® Counter is a single platform flow cytometer equipped with a system for volumetric enumeration of CD4+ T lymphocytes in the absence of beads. The optical and electronic systems of the Cyflow Counter® could analyze both fluorescences (orange and red) in addition to the morphological characteristics of granularity (SSC). The built-in software of the new Cyflow Counter® is CyView-1.7 software.

**FACScalibur system** (Becton Dickinson, San Jose, USA): Conventional multicolor flow cytometer for CD4+ T cell counting either in single platform using reference beads or double platform with hematology analyzer. The optical and electronic FACScalibur® systems can analyze 3 or 4 different fluorescences in addition to cell size (FSC) and granularity (SSC).

**CD4 T cell measurements**

All the blood samples were tested simultaneously for CD4 counting on evaluated cytometers (Guava®, Cyflow Counter®, FACScount®) and reference flow cytometer (FACScalibur®) according to the operating procedures required by the manufacturers. Each sample was tested once on each device to evaluate the performance compared to FACScalibur® cytometer.

For FACScount evaluation we used the "BD FACScount CD4 Reagents kit". In brief 50 µl of EDTA whole blood was added to the FACScount® reagent tubes containing a mixture of monoclonal antibody (CD4-PE, CD14-PECy5, CD15-PECy5) with a fluorescent dye core, sample diluents and reference beads. The samples were vortexed and incubated in the dark for 30 min at room temperature. Then, 50 µl of fixative solution was added to each tube and both were incubated for 5 min in the dark at room temperature. Then samples were run on the FACScount® after vortexing.

The built-in software dedicated to this kit (FACScount CD4/3 Software Version 1.0 06/07) was used for data analysis. The measuring range is from 50 to 2,000 CD4/µl. CD4 T cell count was expressed in percentage and absolute values of CD4 per µl.

For Guava evaluation, the Guava Auto CD4/CD4% kit was used. It contains: (i) a mixture of anti-human lymphocyte antibody (CD3/CD56/CD16/CD19) conjugated to the tandem PE-Cy5 fluorochrome for lymphocytes (NK+T+B) recognizing, (ii) a CD4 monoclonal antibody conjugated to phycoerythrin dye. We distributed 10 µl of the Guava® Auto CD4/CD4% reagent cocktail ([CD3+CD56/ CD19+CD16]-PECy5+CD4-PE) and 10 µl of the total blood were distributed in microfuge tubes. The mixture was vortexed for 2 to 3 seconds. After incubation for 30 min at room temperature in the dark, 380 µl of Lysis solution 1 X Guava® were added making a total sample volume of 400 µl. The tube was vortexed and incubated again for 15 min. The samples were finally run on Guava and CD4 T cell count was obtained in absolute number and in percentage.

The analysis on the Guava flow cytometer is performed by the built-in AFTF software CytoSoft Autogating 6.1 which has an automatic and manual gating. The flow cytometer control on the Guava was achieved with the Guava® CHECK control beads.

For CD4+ T-lymphocytes count on Cyflow Counter®, we used the CD4% easy count reagent kit (PE/PE-Dy647) containing CD4-PE/ CD45-PE-Dy647 antibody panel for this assessment. For internal quality control, count check green beads of a known concentration were run every day to make sure that the laser was properly aligned and the analyzer was functioning optimally. Thus, 10 µl of reagent 1 (CD4-PE), 10 µl of reagent 2 (CD45-PE-Dy647) and 20 µl of the total blood were distributed in each tubes. The samples were gently mixed and incubated for 15 minutes at room temperature in the dark and then 800 µl dilution buffer 1 and 800 µl dilution buffers 2 were added and finally samples were read in 10 mn on the Cyflow CyView-7 software which has a complete manual gating. The results were expressed in percentage and absolute values of CD4 per µl.

The FACScalibur was used as predicate instrument for CD4 T cell counting in the study by single-platform. The BD TRITEST CD3- FITC/CD4-PE/CD45-PerCP kit with Trucount BD tubes (catalog no 342444) were used for CD4 count. For this, 50 µl of the whole blood was added into Trucount tubes containing a fixed number of polystyrene reference beads and 10 µl of monoclonal antibody cocktail containing CD3-FITC, CD4-PE and CD45-PerCP. After 15 mn of incubation at room temperature, red blood cells were lysed by adding 500 µl RBC lysing solution (Becton Dickinson). The samples were run on the FACScalibur® and the data were analysed using MultiSet® Version 1.0.1 software. The Calibrate beads” of Becton Dickinson were used for voltage setting and fluorescence compensation with FACSCOMP® software.

We used four operators, one for each FCM in three laboratories: the General Hospital of Koumassi for Guava®, the General Hospital of Port-Bouet for FACScount® and CeDReS for Cyflow® and FACScalibur®. These operators have been trained by FCM suppliers and these laboratories participate to external control quality of QASI. In addition, CeDReS also participate to UK NEQAS program; which certifies the use of FACScalibur® as reference system.

**Assessment of the precision of CD4 T cell counting and aged blood stability**

For this purpose, we selected 3 blood samples in each of the 3 immunological different categories previously described.

To assess the Intra-run precision of the 3 cytometers, each of the 9 specimens was acquired 10 times successively and average coefficients of variations (%CVs) were calculated. The precision was expressed as the coefficient of variance (CV) obtained by dividing the standard deviation (SD) of all the measurements by the mean (CV%=SD × 100/ mean).

To assess the stability of preparations (unstained or stained samples), 3 blood samples in each of the 3 immunological different categories samples were tested on the day of collection. The stained and remaining samples were stored at 4°C and tested again after 24 h and 48 h.
Statistical analysis

Whereas, CD4+ T-cell counts values do not follow a normal distribution according to Agostino-Pearson test; nonparametric statistical tests were used.

The agreement between an evaluated and the reference methods as proposed by Bland and Altman [28,29] was illustrated by plotting the average of CD4+ T-lymphocytes counts from the evaluated and reference methods displayed on X; against the difference between the two methods shown on Y. The average difference between the two methods, referred to as “bias”, is marked on the graph by horizontal line and Limits of Agreement (LOA) with 95% Confidence Interval (CI) were also calculated.

The kappa test, using concordance kappa coefficient permits to evaluate the accuracy of the classification of CD4+ T-lymphocytes in the different categories by the Cytometer studied from the reference Cytometer (interclass agreement). The kappa value was determined according to the classification suggested by LANDIS and KOCH [30].

The Coefficient of Variation (CV) was calculated and used to define agreement between each evaluated method. The method was accurate if CV<10%.

To evaluate the stability of the different evaluated methods and preparation, we calculated the relative bias. Stability was considered as satisfactory when the mean relative biases expressed in percentage is less than or equal to 10% between Day 1 and Day 0 (phlebotomy Day) and less than or equal to 15% between D0 and D2.

For each sample, relative bias in percentage between the results obtained at Di (i=1 or 2) and the results obtained on the day of blood sampling (D0) was equal to 100x [(Di-D0)/D0].

We finally compared Performance Scores (technical and operational) of evaluated cytometers.

Results

Globally, we used 180 blood samples from 35 children (<15 years) and 145 adults for the assessment. The sex-ratio of this population was 0.43.

During assessment with Guava®, automatic gating did not give result for 29 samples (16.1%) and the generated message indicating that the number of total lymphocytes was low. The lymphocyte number of these samples was effectively lower than 1,000 cells/mm³. However, the results were obtained by manual gating under the administrator profile. Also FACSCount® did not provide CD4 percentages for 10.6% of samples (19/180).

The median percentage and absolute CD4 T-lymphocyte values obtained with FACSCount® and Cy flow® systems were similar to those of FACSCalibur® (Figure 1). By contrast, Guava gave higher values in comparison to reference cytometer.

For the absolute CD4 count, Guava® and Cyflow® gave a relative high bias with respectively -69 and 27 CD4 cell per µl. The bias of CD4 percentage was relatively low and less than 2% for the 3 cytometers on the whole and in each CD4 strata. But Cyflow® gave a mean bias of 3% for CD4 percentage greater than 15%.

Interclass agreement of absolute values was good with Guava® (kappa=0.78) and very good with Cyflow® (kappa=0.83) and FACSCount® (kappa=0.88). Compared to FACSCalibur®, the percentage of correctly classified subjects was 91% for the FACSCount®, 82% for the Guava® and 86% for the Cyflow®. Overall, the inter-class agreement of CD4 percentage was very good with the 3 evaluated flow cytometers (kappa=0.80) and the percentage of subjects properly classified was 88%, 91% and 86% respectively for FACSCount®, Guava® and Cyflow®.

The results of the precision study of the three evaluated cytometers are reported in Table 2. The Coefficient variation was good (below 10%) for GUAVA® and Cyflow® and very good (below 5%) for FACSCount®. The blood stability study results are shown in Table 3.
For FACSCount®, stained and unstained preparation was stable 24 and 48 h after blood collection (mean relative bias below 5%) both for CD4 absolute count and percentages.

| T-CD4+ Category | CV (%) |
|-----------------|--------|
|                 | FACSCount | Guava | Cyflow |
| Absolute value  | ≤ 200 3.98 | 9.25 | 4.9 |
|                 | (200-500) 4.19 | 5.36 | 6.9 |
|                 | ≥ 500 4.06 | 4.11 | 8.98 |
| Percentage      | ≤ 15 1.61 | 6.07 | 3.29 |
|                 | (15-25) 2.58 | 5.38 | 2.08 |
|                 | ≥ 25 1.41 | 2.28 | 3.13 |

Table 2: Coefficients of Variation (CV) of the precision study of the evaluated flow cytometers

| Samples       | Days | Absolute T-CD4+ | Percent T-CD4+ |
|---------------|------|-----------------|----------------|
|               |      | FACSCount | GUAVA | Cyflow | FACSCount | GUAVA | Cyflow |
| Stained samples | D0-D1 | 1.17 | -1.45 | -3.21 | 1.96 | -4.32 | -18.68 |
|               | D0-D2 | 0.64 | 32.02 | 1.64 | 1.10 | -10.11 | -38.28 |
| Unstained samples | D0-D1 | -0.97 | 11.81 | -6.86 | 1.42 | 4.52 | -1.67 |
|               | D0-D2 | -0.56 | 4.60 | -4.97 | 1.70 | 9.48 | 2.14 |

Table 3: Stability of samples with evaluated flow cytometers

The stability of stained samples was unsatisfactory with Cyflow® for CD4 percentages at 24 h and 48 h. For Guava®, samples were not stable only at 48 h for CD4 absolute count and percentage.

The stability of unlabelled samples was satisfactory for Cyflow® (bias below 10% for D1 and D2) for both CD4 absolute count and percentage. This stability was unsatisfactory for Guava® early for CD4 count at 24 h.

Technical and operational performances score of the 3 evaluated cytometers were compared in Table 4.

Discussion

Since the introduction of Antiretroviral Therapy (ART) in developing countries, the need for alternative technologies of CD4+ T-lymphocytes count has significantly increased. Many simplified and affordable flow cytometers have been produced and manufacturers regularly brought innovations to address some concerns on their technical performances and operational characteristics.

In this study, we assessed and compared the CD4 absolute count and percentages of three flow cytometers platforms; FACSCount® CD4/CD4%, Guava Auto CD4/CD4%® and Cyflow Counter CD4/CD4%®. The technical and operational performances of the 3 evaluated cytometers showed that results provided by the 3 flow cytometers are similar to FACSCalibur® results.

The agreement between FACSCount® and FACSCalibur® was satisfactory as shown by no anomaly in Bland Altman graph and good inter-class agreement for CD4 absolute count and percentage. FACSCount® had a very satisfactory precision for absolute and percentage values with coefficients of variations less than 5%.

In our context where incidents can occur on sites (power shutdown, delayed delivery of samples or equipment breakdown), it's important to study the stability of the preparation. Our results showed that FACSCount® provided satisfactory results even if stained preparations are kept for 24 h and 48 h with bias lower than 5%. The same performance was obtained for the sample stability. Delaying the CD4 test might be an exception to solve problems but priority will be given to the resolution of the incident.

For Guava, the Bland Altman agreement graph shows tendency to overestimate the absolute results when the values of CD4 increase. In addition, absolute bias increases between Guava® and FACSCalibur® from low to higher strata. Our results confirmed previous studies reporting that Guava® is less accurate at CD4 counts above 500 cells/μl [16,20,21,31]. This difference could be caused by the way of separating monocyte and lymphocyte count which share CD4 on cell surface. Even all the three FCM evaluated used “lymphogating” it’s not the same strategy. Guava® used CD3/CD56/CD16/CD19 while Cyflow® and FACSCount® used respectively CD45 and CD14/CD15/Anti DNA.
Table 4: Scores of technical and operational performances of evaluated flow cytometers.

| Indicators | Scores | FACSCount | Guava | Cyflow |
|------------|--------|-----------|-------|--------|
|            |        | count | % | Total | count | % | Total | count | % | Total |
| TECHNICALS PERFORMANCES | | | | | | | | | | |
| Correlation | <0.90 (1) | 3 | 3 | 6 | 3 | 3 | 6 | 3 | 3 | 6 |
|             | 0.90-0.94 (2) | 3 | 3 | 6 | 3 | 3 | 6 | 3 | 3 | 6 |
|             | 0.95-1 (3) | 3 | 3 | 6 | 3 | 3 | 6 | 3 | 3 | 6 |
| Interclass Agreement | <0.60 (1) | 3 | 3 | 6 | 2 | 3 | 5 | 3 | 3 | 6 |
|             | 0.6-0.80 (2) | 3 | 3 | 6 | 2 | 3 | 5 | 3 | 3 | 6 |
|             | 0.81-1 (3) | 3 | 3 | 6 | 2 | 3 | 5 | 3 | 3 | 6 |
| Precision | >10% (0) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | 5-10% (1) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | ≤ 5% (2) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| Preparation Stability 24h | >10% (0) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | 5-10% (1) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | ≤ 5% (2) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| Preparation Stability 48h | >10% (0) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | 5-10% (1) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | ≤ 5% (2) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| Sample Stability 24h | >10% (0) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | 5-10% (1) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | ≤ 5% (2) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| Sample Stability 48h | >10% (0) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | 5-10% (1) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
|             | ≤ 5% (2) | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| SUBTOTAL/32 | | 32 | 22 | 25 |
| OPERATIONALS PERFORMANCES | | | | | | | | | | |
| Results archiving | Limited (1) | 1 | 1 | 2 | 2 | 2 | 2 |
|             | Unlimited (2) | 1 | 1 | 2 | 2 | 2 | 2 |
| Number of step | >5 (1) | 2 | 2 | 2 | 2 | 1 | 1 |
|             | ≤ 5 (2) | 2 | 2 | 2 | 2 | 1 | 1 |
| Autogating | No (0) | 1 | 1 | 1 | 1 | 0 | 0 |
|             | Yes (1) | 1 | 1 | 1 | 1 | 0 | 0 |
| Reanalysis possibility | No (0) | 0 | 0 | 1 | 1 | 1 | 1 |
|             | Yes (1) | 0 | 0 | 1 | 1 | 1 | 1 |
| Results providing | <100% (1) | 3 | 1 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| 100% after re-analysis (2) | 3 | 1 | 4 | 2 | 2 | 4 | 2 | 2 | 4 |
| 100% without re-analysis (3) | 1 | 1 | 0 | 0 | 1 | 1 |
| Robustness against electrical variation | No (0) | 1 | 1 | 0 | 0 | 1 | 1 |
|             | Yes (1) | 1 | 1 | 0 | 0 | 1 | 1 |
| SUBTOTAL/13 | | 10 | 11 | 10 |
| TOTAL/45 | | 42 | 33 | 35 |
Interclass agreement between Guava® and FACSCount® was good for CD4 absolute count (Kappa=0.78) and CD4 percent (Kappa=0.88). However, only 82% and 91% of patients were well classified by the Guava® respectively for CD4 absolute count and CD4 percent. Even Guava® precision was satisfactory (CV<10%), the stability study showed that stained preparations kept for 48 h cannot be used to determine CD4 values. Thus, sample must be stained the day of phlebotomy since it cannot be stored.

There was a good agreement between Cyflow® and FACSCount® as shown by Bland Altman graphs. In addition, the means bias was lower than 30 CD4/µl for absolute values and lower than 2% for CD4%. Our findings are similar to those reported by Manasa et al. who also found a satisfactory agreement with a mean bias of -18 cell/µl [32]. The interclass agreement between Cyflow® and FACSCount® was very good for both absolute count (K=0.83) and percentage (K=0.81), which means that Cyflow® could fairly classify patients in the same categories like FACSCount®.

Cyflow® showed satisfactory accuracy in all categories for CD4 percentage and absolute count, even for CD4 >200 cells/µl, precision was less good.

With Cyflow®, the preparation stability was good with unlabelled samples. This result shows that in case of incident or delayed delivery of samples, preparations labelled can be made from samples stored up to 48 h. However, the labelled preparations are not stable and do not have to be used despite the manufacturer’s recommendations.

Operational characteristics

The operational score of the 3 evaluated flow cytometers are not too different. They have many similarities but also some notable differences. FACSCount® is a closed system using fully automated software. The software of the new platform of Guava® also provides an automatic gating with the possibility to return to administrator profile to (i) refine the results when it does not give them in automatic mode or (ii) to reanalyse data acquired to get good results. However, the gating of the Cyflow® is totally manual; requiring expertise in flow cytometry and computer science.

The number of samples that could be run per day is different for each evaluated cytometer but is sufficient for the operation of the sites to receive these equipments. More tests could be done with FACSCount®. This information is useful for the choice of a cytometer when there is only one operator per day.

The unit packaging of the FACSCount reagent and automatic pipetting allows to achieve the optimal number of the test in the reagent kit. Guava® and Cyflow® do not have unit packaging of reagent per test, we noticed losses of 5 to 10% of reagent; which led to an increase in reagent supply.

FACSCount®must increase his results archiving as it is limited to the 100 latest results and thermal paper print used degrades over time. On Cyflow®, there is no possibility to store reanalysed data. Therefore, to reprint a result, the operator has to do a new analysis on the original result, which can lead to differences, even minimal results delivered by the laboratory.

FACSCount® and Cyflow® are robust and resistant to voltage variations unlike Guava which is more sensitive and gives aberrant results.

Guava® didn’t provide 16% of results in automatic mode for sample with low total lymphocyte count. FACSCount® didn’t provide CD4 percent for 19 patients (10.5%). These difficulties could be cause by the automatic software of these cytometers which must be improved by manufacturers.

Conclusion

The Evaluation of three platforms of flow cytometers FACSCount CD4/CD4%, Guava Auto CD4/CD4% and Cyflow Counter CD4/CD4% allowed to validate them in resource-limited settings. All these flow cytometers showed satisfactory performances but some technical and operational deficiencies. To choose a cytometer for a laboratory, preferences may be based on comparison between benefits and limits related to: the stability of the power supply, referral specimen management, delay of samples analysis, training of the operator and number of samples to process per day.

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