Combined effects of heatwaves and micropollutants on freshwater ecosystems: Towards an integrated assessment of extreme events in multiple stressors research

Francesco Polazzo1 | Sabrina K. Roth2 | Markus Hermann3 | Annika Mangold-Döring3 | Andreu Rico1,4 | Anna Sobek2 | Paul J. Van den Brink3,5 | Michelle C. Jackson6

1IMDEA Water Institute, Science and Technology Campus of the University of Alcalá, Alcalá de Henares, Spain
2Department of Environmental Science, Stockholm University, Stockholm, Sweden
3Aquatic Ecology and Water Quality Management Group, Wageningen University, Wageningen, The Netherlands
4Cavanilles Institute of Biodiversity and Evolutionary Biology, University of Valencia, Valencia, Spain
5Wageningen Environmental Research, Wageningen, The Netherlands
6Department of Zoology, University of Oxford, Oxford, UK

Abstract
Freshwater ecosystems are strongly influenced by weather extremes such as heatwaves (HWs), which are predicted to increase in frequency and magnitude in the future. In addition to these climate extremes, the freshwater realm is impacted by the exposure to various classes of chemicals emitted by anthropogenic activities. Currently, there is limited knowledge on how the combined exposure to HWs and chemicals affects the structure and functioning of freshwater ecosystems. Here, we review the available literature describing the single and combined effects of HWs and chemicals on different levels of biological organization, to obtain a holistic view of their potential interactive effects. We only found a few studies (13 out of the 61 studies included in this review) that investigated the biological effects of HWs in combination with chemical pollution. The reported interactive effects of HWs and chemicals varied largely not only within the different trophic levels but also depending on the studied endpoints for populations or individuals. Hence, owing also to the little number of studies available, no consistent interactive effects could be highlighted at any level of biological organization. Moreover, we found an imbalance towards single species and population experiments, with only five studies using a multitrophic approach. This results in a knowledge gap for relevant community and ecosystem level endpoints, which prevents the exploration of important indirect effects that can compromise food web stability. Moreover, this knowledge gap impairs the validity of chemical risk assessments and our ability to protect ecosystems. Finally, we highlight the urgency of integrating extreme events into multiple stressors studies and provide specific recommendations to guide further experimental research in this regard.

Keywords
chemicals, combined effects, community, extreme events, freshwater, heatwave, micropollutants, multiple stressors

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Multiple anthropogenic disturbances drive the so-called global change (Schlesinger, 2006), which is leading to various, and still unpredictable, changes in biodiversity, species interactions and ecosystem functioning (Cardinale et al., 2012). Among the several drivers of global change, Climate change is one of the key and most concerning ones (Parry et al., 2001). Climate change is composed of different processes and phenomena (IPCC, 2013), including extreme weather events such as heavy precipitations or heatwaves (HWs; Jentsch et al., 2007). HWs are characterized by a short-term, rapid increase in temperature, which can impact all trophic levels, from microorganisms (Szymczak et al., 2020) to large predators (de Mira-Mendes et al., 2019), across all ecosystem types (Stillman, 2019). HWs are of particular concern because their magnitude and frequency are predicted to increase in the future (Meehl & Tebaldi, 2004; Woolway et al., 2021).

A growing amount of literature has described the effects of HWs on freshwater ecosystems (Bartosiewicz et al., 2016; Huber et al., 2010; Ledger & Milner, 2015; Mazouzi et al., 2008; Weisse et al., 2016; Woodward et al., 2016) and show that they can lead to high mortality rates (Mouthon & Daufresne, 2006; Strydom et al., 2020). This is particularly relevant for ectotherm animals (Brown et al., 2004; Ceréja, 2020), which represent the vast majority (>95%) of species in aquatic ecosystems (Willmer et al., 2000). Temperature directly controls the metabolic rate of cells and their size (Gillooly et al., 2001). It also affects carbon allocation (García-Carreras et al., 2018), population growth (Savage et al., 2004), carrying capacity (Fussmann et al., 2014) and ecosystem respiration (Yvon-Durocher et al., 2010). Generally, ectotherm plants and animals show increased metabolism but reduced size at elevated temperature (Brown et al., 2004; Yvon-Durocher et al., 2011; Zohary et al., 2021).

Extreme weather events are not the only disturbances affecting aquatic ecosystems. Among the large number of stressors affecting the freshwater realm (Birk et al., 2020), a serious, yet somewhat overlooked, dimension of global change is chemical pollution (Mazor et al., 2018; Rockström et al., 2009; Steffen et al., 2015). A review by Bernhardt et al. (2017) showed that chemicals are only partially considered as drivers of global change. Yet, the global annual application of pesticides grows constantly (Food and Agriculture Organization of the United Nations—FAOSTAT, 2020), and pharmaceuticals and personal care products are increasingly traced in freshwater ecosystems worldwide (Danner et al., 2019; Ebele et al., 2017). Micropollutants reaching water bodies act as selective stressors targeting different organisms based on their physicochemical properties and toxicological mode of action, leading to non-random effects on communities (De Laender et al., 2016). Synthetic chemicals are known to reduce diversity (Bray et al., 2019) cause trophic interaction shifts (Schräma et al., 2017), affect ecosystem functioning (Spaak et al., 2017), and have been found to limit the overall ecological status of European rivers (Posthuma et al., 2020).

Heatwaves are predicted to increase more in their frequency, duration, and intensity particularly in spring and summer (Woolway et al., 2021). Spring and summer are the seasons when higher amounts of pesticides are generally applied (Phillips & Bode, 2004; Scheyer et al., 2007), whereas the emission of other micropollutants (e.g. pharmaceuticals and metals) is less time-bound (Danner et al., 2019; Ebele et al., 2017). Surface water contamination by micropollutants has already been reported worldwide (Hughes et al., 2013; Sharma et al., 2019). Additionally, pesticide application (Kattwinkel et al., 2011) and pharmaceutical consumption is predicted to rise (Hughes et al., 2013). Shallow aquatic systems, such as shallow lakes, ponds, ditches, intermittent rivers and streams are expected to be the most impacted from the combined exposure of HWs and chemicals. In larger freshwater ecosystems, the concentration of chemicals may be lower due to dilution, whereas they are expected to experience less intense HWs due to their large thermal inertia (Woolway et al., 2021).

Multiple stressors research has received increasing attention in recent years (Orr et al., 2020), following the need for a more realistic and comprehensive assessment of the multiple drivers of global change across the different levels of biological organization. However, most research on climate change in a multiple stressor context focuses on warming under constant elevated temperature regimes (Arenas-Sánchez et al., 2019; Piggott, Salis, et al., 2015; Piggott, Townsend, et al., 2015). The significance of increasing temperature on freshwater biota has been recognized long ago (Schindler, 1997), and the effects of elevated and constant temperatures have been largely studied in isolation (Döll et al., 2018) but occasionally also in combination with chemical stressors (Heugens et al., 2001; Holmstrup et al., 2010). Similarly, the relevance of extreme weather events as drivers of detrimental effects on biological systems was recognized more than a decade ago (Jentsch et al., 2007). Since then, scientists have made calls to drive the attention on extreme weather events, rather than on trends (Thompson et al., 2013; Woodward et al., 2016), and extreme temperature fluctuations have been shown to pose a greater risk to alter species performance than elevated mean temperature (Vasseur et al., 2014). Yet, we still lack a comprehensive understanding of the combined effects of extreme weather events and other stressors, such as chemical pollution, as well as of the mechanisms underpinning those effects in environmentally realistic species assemblages.

Understanding the combined effects of HWs and chemicals is pressing not only because they can interact resulting in effects larger then (synergestism) or smaller than (antagonism) additive effects but also because their interactions are known to be dependent on the application order (Dinh et al., 2016). The toxicity of many micropollutants may increase for organisms previously exposed to warming, following the “climate change induced toxicant sensitivity” (CITS) concept (Hooper et al., 2013; Moe et al., 2013). Conversely, micropollutants can reduce the heat tolerance of organisms, according to the “toxicant induced climate change sensitivity” (TICS) concept (Hooper et al., 2013; Moe et al., 2013). Consequently, disentangling the processes causing these effects requires systematic testing of different exposure orders at different levels of organization.
The aim of this work was to critically evaluate the state of knowledge on the combined effects of HWs and chemicals with different physicochemical properties and toxicological modes of action, highlighting knowledge gaps. Here, we first develop predictions on how HWs and micropollutants may affect and interact on multiple endpoints spanning different organism groups and levels of organization (Figure 1). Then, we review laboratory, semi-field and field studies assessing the effects of HWs alone and in combination with micropollutants on different trophic levels of freshwater ecosystems and used a food web approach to identify possible indirect effects that may be propagated across the different trophic levels. Finally, we provide recommendations for a better integration of HWs into multiple stressor’s research and chemical risk assessment.

2 | MATERIALS AND METHODS

We performed a scoping review (Munn et al., 2018) and discussed the available information regarding the impact of HWs alone and in combination with micropollutants on different trophic levels. This allowed us to focus on the combined effects of HWs and the class of micropollutants that is expected to have the largest direct impact on the trophic level under investigation. This included, antibiotics for bacteria, herbicides for primary producers (phytoplankton, cyanobacteria and macrophytes), and insecticides for arthropods (micro- and macro-crustacea and insects) and all of the above for vertebrate predators. We defined HW following The World Meteorological Association as “five or more consecutive days of prolonged heat in which the daily maximum temperature is higher than the average maximum temperature by 5°C (9°F) or more”. We also include a maximum based on Woolway et al. (2021), who projected maximum HWs of 27 days in the future (IPCC scenario RCP 2.6). These criteria were used to select studies, and we report HW’s characteristics in parentheses in the main text (i.e. duration, C: temperature of controls [reported only for laboratory studies], H: treatment temperature). Many of the studies we included aimed to investigate the effects of climate change but, because they used sudden increases of temperature larger than 5°C, they fit our criteria of a HW (rather than the more gradual temperature increases associated with Climate Change; IPCC, 2013). However, we excluded all experiments that included long (>1 week) acclimatization periods at high temperatures before chemical exposure and not testing the CITS or TICS phenomena, as they may have allowed adaptation and species

**FIGURE 1** Predicted single and combined effects of heatwaves (HWs) and micropollutants on the different trophic levels (a, primary producers; b, consumers; c, microbial communities and d vertebrate predators) based on available literature (61 articles). Within each trophic level, the rows represent different types of endpoints. Columns show the effect of HWs and the chemical stressor that is projected to have the largest negative effects on the organism groups under consideration. Note that because micropollutants are expected to have mainly a negative direct effect on the different endpoints, we classified the possible synergism only as negative. The individual positive effects of HWs are related to the individual temperature-stimulated increase in metabolism, which may result in increased population growth.
recombination prior to the temperature increase. The complete report of the databases used for the literature search, the key words used for each trophic level as well as the complete list of the papers reviewed, are reported in Supporting Information (SI1, Table S1 and SI2, Table S1).

3 | RESULTS

Our literature search resulted in 61 studies fitting our HW definition. Of these studies, 13 assessed the combined effects of HWs and chemicals. Only 21 studies explicitly tested the effects of HWs, whereas the others were conceived as conventional temperature raise studies, but their features suited our HW definition.

Studies assessing the combined effects of HW and chemical pollution included only one trophic level and were unequally spread between trophic levels: microbial communities (n = 0), primary producers (n = 3), primary consumers (n = 6) and predators (n = 4; Figure 2). No study assessed the combined effects of HWs and micropollutants on multitrophic systems.

In the following subsections, we report the results of the literature review divided by trophic levels. Each subsection deals with one single trophic level. We first discuss the direct effects of HWs on each level and continue with the combined effects of HWs and micropollutants.

3.1 | Microbes

3.1.1 | Direct effects of HWs on microbial communities

Microbial communities comprise bacteria, fungi, protozoa, viruses and nematodes (Margulis et al., 1986). Aligning with the species-sorting model (Leibold et al., 2004), microbial communities are shaped by the local environmental conditions (Logue & Lindström, 2010), such as temperature (Ziegler et al., 2019), salinity (Herlemann et al., 2011), resource availability (Pradeep Ram et al., 2020) or environmental degradation processes (Mykrä et al., 2017). Although some soil microbial communities are relatively tolerant (e.g. no significant changes in biomass or respiration) to HWs (de Oliveira et al., 2020; Pérez-Guzmán et al., 2020), microbial communities in freshwater ecosystems have been found to have a higher sensitivity towards warmer temperature or HWs. This is due to faster conduction of temperature through water than terrestrial media (Singh & Devid, 2000; van Rooyen & Winterkorn, 1957). HWs may have an effect on the metabolism, biomass, composition and the stoichiometry of freshwater bacteria, as shown in experiments (10–30°C) where elevated temperature increased nutrient cycling on suspended bacteria from oligotrophic lakes (Phillips et al., 2017; Figure 3). The changes in stoichiometry are more pronounced when access to nutrients, particularly phosphorus, is lacking, thus resulting in larger effects.

3.1.2 | Combined effects of HWs and micropollutants on microbial communities

The combined effects of HWs and micropollutants on microbial communities have been studied in few studies (n = 4), which focused on primary consumers. These studies investigated the effects of HWs and micropollutants on microbial communities from different ecosystems, including lakes, rivers, and marine environments. The results showed that the combined effects of HWs and micropollutants can lead to significant changes in microbial community structure and function. For example, increases in water temperature can lead to changes in microbial diversity, which can further be influenced by the presence of micropollutants. The combined effects of these stressors can lead to shifts in microbial communities, with potential implications for the overall ecosystem function.

FIGURE 2 Alluvial plot showing the studies available dealing with heatwaves (HWs) only and HWs in combination with other stressors and the level of biological organization and trophic levels evaluated. The band width is proportional to the number of studies evaluated (total number of studies included = 61)
of HWs in oligotrophic ecosystems compared with more eutrophic ones (Phillips et al., 2017). Further studies demonstrated that elevated temperatures in freshwater systems enhance both the growth rate and the leaf litter decomposition by aquatic fungi (Duarte et al., 2013), which promotes the organic nitrogen concentration in leaf litter (Kaushik & Hynes, 1971), and, in turn, stimulates microbial respiration rates (Stelzer et al., 2003; Figure 4). The biomass of freshwater microbial communities increases with temperature, which leads to an increased rate of leaf litter decomposition (Donnelly et al., 1990; Fernandes et al., 2012; Stelzer et al., 2003). This can enhance nutrient cycling, at least during short-term periods.

Some microbial communities prosper with temperature increases, for example, functional groups such as ammonia-oxidizing (Zeng et al., 2014) or biocalcifying (Zamarreño et al., 2009) bacteria. Consequently, bacteria growing faster under HW conditions may outcompete slower-growing bacteria, leading to changes in community structure (Fetzer et al., 2015). The assembly of microbial community changes due to changing environmental conditions (Langenheder & Lindström, 2019). This can alter biogeological fluxes and the availability of key elements for the ecosystem (Zhao et al., 2017; Figure 4). For instance, increased bacterial growth promoted by higher temperatures may lead to a phosphorus depletion for
phytoplankton (Currie, 1990) and to food scarcity for herbivores. Conversely, a substantial increase in the bacterial abundance can, depending on the microbial community, facilitate the remineralization of nitrogen (Berthelot et al., 2019; Hayes et al., 2019) and phosphorus (Klausmeier et al., 2004), which precedes an increase in phytoplankton biomass that would, otherwise, function as a self-limited nutrient sink (Pomeroy & Wiebe, 1988).

The ability of microbial communities to resist and recover from extreme climate events is still understudied but needed to help the characterization of ecosystem response to important ecological functions after extreme events (Bardgett & Caruso, 2020).

3.1.2 Combined effects of HWs and chemicals on microbial communities

Microbes living in freshwater habitats are exposed to micropollutants that form complex mixtures (Escher et al., 2020). Yet, it remains unknown how microbial communities might take up, degrade or metabolize micropollutants when simultaneously exposed to HWs and chronic chemical stress, as no studies were found investigating this (Figure 2).

Although lake microbial communities have been shown to be highly resilient to long-term warming (i.e. composition was recovered within 1 week after the warming was interrupted; Shade et al., 2012), we do not know whether a simultaneous exposure to micropollutants may impair the recovery capacity. Similarly, it is unknown whether the shift in community composition resulting from HW (albeit short-term) may increase the sensitivity towards chemicals.

Freshwater microbial organisms are capable of degrading pesticides and other synthetic chemicals (Mishra et al., 2020). Microbial degradation of micropollutants, thus, directly impact the exposure of other organism groups, which may benefit from an increased microbial degradation of toxic substances. Microbial communities repeatedly exposed to chemicals may enhance their biodegradative activity and reduce micropollutant persistence (Barra Caracciolo et al., 2015). However, this is only true when microbial populations able to degrade specific micropollutants are present in the environment (Barra Caracciolo et al., 2015; Coll et al., 2020). If such populations are removed by a disturbance (e.g. HWs), the biotransformation and degradation of chemicals may be impaired.

3.2 Primary producers

3.2.1 Direct effects of HWs on primary producers

Although metabolic theory (López-Urrutia et al., 2006; O’Connor et al., 2011) and empirical data (O’Connor et al., 2009) indicate that respiration-limited (heterotrophic) metabolism is more sensitive to changing temperature than photosynthesis-limited (autotrophic) metabolism and production, negative effects of HWs have also been reported for primary producers (Eggers et al., 2012; Weisse et al., 2016). HWs have been shown to promote a

FIGURE 4 Conceptual overview of the potential combined effects of heatwaves and chemicals on microbial communities. Black upward or downward arrows indicate an increase or decrease of the respective processes. Grey arrows indicate direct and indirect effects on other processes. The thermometer symbol indicates an effect related to temperature only, whereas the symbols of the thermometer and of the chemical together indicate a combined effect of both. (1) Bighiu & Goedkoop (2021), (2) Zeng et al. (2014), (3) Zamarreño et al. (2009), (4) Höfle (1979), (5) White et al. (1991), (6) Berthelot et al. (2019), (7) Hayes et al. (2019), (8) Klausmeier et al. (2004), (9) Duarte et al. (2013), (10) Donnelly et al. (1990), (11) Stelzer et al. (2003), (12) Fernandes et al. (2012), (13) Phillips et al. (2017), (14) Kaushik and Hynes (1971), (15) Pomeroy and Wiebe (1988), (16) Delnat et al. (2021), (17) Wickham et al. (2020), and (18) Arias Font et al. (2021)
shift in community composition, both in experimental systems and field studies (Bergkemper & Weisse, 2017; Blenczner et al., 2007; Maazouzi et al., 2008; Weisse et al., 2016). Generally, those compositional changes are linked to a reduction in phytoplankton diversity in microcosm experiments (Eggers et al., 2012; Remy et al., 2017; Weisse et al., 2016) as well as in field studies (Bergkemper & Weisse, 2017; Maazouzi et al., 2008; Figure 3). The reduction in species number is commonly driven by a decline of thermal sensitive species (Urrutia-Cordero et al., 2017), which in turn allows more tolerant species to thrive and to increase their abundance (Eggers et al., 2012). Although a decline in richness is often reported as a consequence of a HW, some studies do not highlight a net decrease in species number, but rather a species turnover driven by the different species’ thermal sensitivities (Hansson et al., 2020; Li et al., 2017). Several studies show that compositional changes caused by HWs often promote cyanobacteria dominance, even in nutrient- and light-deficient aquatic environments (Calderó-Pascual et al., 2020). HWs can also promote cyanobacteria blooms by inducing a seasonal advancement and increasing their recruitment rates from sediments (Bergkemper & Weisse, 2017; Richardson et al., 2019; Urrutia-Cordero et al., 2020). A common consequence of these blooms is the alteration of ecosystem functions, such as biomass production and chlorophyll-a concentration, as well as toxicity through the release of cyanotoxins (Eggers et al., 2012; Remy et al., 2017).

Macrophytes have been shown to be sensitive to HWs, too. As for phytoplankton, their response to heat stress is species-specific. Li et al. (2017) showed that Carya tomentosa exposed to extreme temperature fluctuations (+8°C, different durations) increased the mortality rate up to 60%. Oppositely, HWs tolerant species, such as Myriophyllum spicatum, exhibit opposite responses, by increasing their total abundance and biomass under HW (+8°C, different durations, Hansson et al., 2020). Nevertheless, when exposed to HWs, M. spicatum showed impaired sexual reproduction expressed as severe reduction in the number of flowers produced during the vegetative season, suggesting that the balance between vegetative and generative reproduction under HWs is shifted towards more asexual reproduction (Li et al., 2017).

The majority of the experimental set-ups investigating the effects of HWs on primary producers have not included other trophic levels. The only experiment testing HW (+8°C, 7 days) effects on a freshwater food web (phytoplankton and zooplankton) reported reduced primary producer biomass as a result of an increased grazing activity from zooplankton (Velthuis et al., 2017). The same effects have been found by a similar study investigating a marine bi-trophic community (+6°C, 8 days, O’Connor et al., 2009). Other studies have shown that HWs can influence the competition between algae and macrophytes. For instance, Bertani et al. (2016) found that after a natural HW, a shallow lake shifted from a phytoplankton-dominating stage to a macrophyte-dominating one. Such bottom-up interactions triggered cascading effects at higher trophic levels, resulting in a decline in planktonic herbivores (Bertani et al., 2016).

Temperature can directly affect plant palatability. Zhang et al. (2019) showed that some aquatic macrophytes were less palatable to consumers (e.g. the aquatic gastropod Lymnaea stagnalis) when grown under constant elevated temperature. A reduction in plant palatability directly leads to decreased biomass, abundance and lower fitness of consumers (Zhang et al., 2019). Potentially, this could lead to a general decreased top-down control also under HW stress, which may lead to unforeseen effects on ecosystem functioning.

### 3.2.2 Combined effects of HWs and micropollutants on primary producers

All the studies (n = 3) available on the combined effects of herbicides and HW on primary producers are single-species laboratory tests (Delorenzo et al., 2013; Tasmin et al., 2014; Wilkinson et al., 2017). These show consistent trends for some endpoints and opposite trends for others. When the freshwater algae Pseudokirchneriella subcapitata was simultaneously exposed to high temperature and the herbicide diuron for six consecutive days, the acute toxicity of the herbicide decreased (6 days, C: 20°C, H: 30°C; Tasmin et al., 2014). The species’ growth was less reduced by diuron at high temperature compared to colder temperatures, and the photosynthetic activity was less impaired by the herbicide when undergoing the HW treatment (Figure 5; Tasmin et al., 2014). Delorenzo et al. (2013) studied the effects of increasing temperature and salinity on the toxicity of herbicides (irgarol, diuron, atrazine and ametryn, tested individually) to the phytoplankton species Dunaliella tertiolecta. The authors found that a HW exposure (5 days, C: 25°C, H: 35°C) generally decreased the negative effects of the herbicides on the chlorophyll-a concentration, lipid content and starch content (Figure 5). However, opposite to Tasmin et al. (2014), under simultaneous exposure to HW and herbicides, growth rate and cell density were generally decreased compared with the treatment containing only herbicides (Figure 5; Delorenzo et al., 2013).

The lower sensitivity of primary producers to herbicides, when simultaneously exposed to rapid temperature increase, is a frequently observed response across ecosystems (Gomes & Juneau, 2017). Wilkinson et al. (2017) observed that the decrease in photosynthetic activity in the seagrass Halophila ovalis exposed to diuron was reduced when exposed to extreme temperatures (3 days, C: 25°C, HW: 35°C).

The available studies highlight that herbicides and HWs have mostly an antagonistic (i.e. less than additive) effect on the photosynthetic efficiency and algal growth of primary producers (Delorenzo et al., 2013; Gomes & Juneau, 2017; Tasmin et al., 2014). The same trend has also been found by a recent review summarizing the combined effects of elevated temperature and herbicides on primary producers (Gomes & Juneau, 2017). Nevertheless, the sensitivity range of photosynthetic aquatic organisms to extreme temperature fluctuations and herbicides is wide, and further investigations are needed on the combined effects of HWs and herbicides on realistic species assemblages and on higher trophic levels. Potentially, the reduction in primary producers’ biomass caused by herbicides coupled
with the shift to cyanobacteria dominance driven by HWs could reduce the availability of food source for consumers. Cyanobacteria are relatively tolerant to some classes of herbicides, particularly to the globally most applied phosphonate herbicide glyphosate (Annett et al., 2014; Forlani et al., 2008). The combined effects of HWs and herbicides could promote cyanobacteria blooms and reduce the portion of palatable phytoplankton and macrophytes for consumers. Such an effect could reduce consumers’ ability to carry out detoxification processes from cyanotoxins, leading to an overall biomass decline across the food web (Figure 3).

3.3 | Primary consumers

3.3.1 | Direct effects of HWs

Temperature plays a key role in ectotherms’ physiology, as their body temperature changes with the temperature of the environment. Thus, for ectotherms, changes in temperature result in alterations of the rate of all physiological and metabolic reactions (Brown et al., 2004). As a consequence, temperature drives the selection of specific individual traits as well as behavioural alterations. A recent mesocosm study on zooplankton community dynamics showed that under warming (sampling over 3 years, C: 11.7°C, HW: 19.7°C) smaller body size and asexual (parthenogenetic) reproduction dominated (Johnsen et al., 2020). Responses of tropical zooplankton to a HW (12 days, C: 26°C, HW: 34°C) revealed a faster development but a reduced body size, clutch size, hatching success and nauplii production for copepods (Nguyen et al., 2020). Similar warming-driven selections were predicted under future climate models for shallow, eutrophic lakes in which copepod’s biomass and abundance are projected to increase (Cremona et al., 2020). Under the same projections; however, cladoceras are expected to reduce their biomass, but not their abundance (Cremona et al., 2020).

The features of a HW, including duration and the speed of temperature increase over time, determines the magnitude of the adverse impact as investigated on the filtration capacity of *Daphnia magna* (Müller et al., 2018). Individuals showed an immediate negative response with rapid temperature changes (up to 20 days, T-range: 11–29°C). More severe responses were noticed at higher temperatures and faster temperature changes, although quasi-acclimatization with higher filtration capacities was reported (ca. 7 days, T-range: 11–25°C; Müller et al., 2018).

Freshwater gastropods exposed to a HW showed thermal sensitivity through significantly higher mortality rates at high temperatures (10 days, C: 20°C, HW: 35 and 30°C; DeWhatley & Alexander, 2018). Similar observations were reported after a HW in 2003, when the snail populations of two European rivers strongly declined (Mouthon & Daufresne, 2008). HW effects were noticed also in the
following years (2004, 2005), with the snail populations showing smaller cohorts (Mouthon & Daufresne, 2008).

Heatwaves effects can differ depending on the life-history trait under investigation. For instance, hatching success of laid eggs not only increased with high temperature (7 days, C: 15°C, HW: 25°C), but also caused reduction in the size of eggs, egg survival rate and the number of hatched juveniles. However, the surviving offspring showed an increased developmental rate and growth (Leicht & Seppälä, 2019). The duration and speed of temperature increase of these extreme events appear to be crucial for the response direction of the organism’s trait. Supporting this, two experimental HWs (1 and 7 weeks, C: 20°C, HW: 25°C) with identical magnitude but different duration have been found to increase snails’ food assimilation and growth rate, with only minor negative effects on reproduction (Carreira et al., 2020). Yet, responses on these endpoints were dependent on the HW duration, as the short HW caused a relatively stronger response (Carreira et al., 2020). Similar time-dependent effects were reported for prolonged HWs (7, 9 or 11 days, C: 15°C, HW: 25°C) compared with short ones (1, 3, 5 days) with increased growth and reproduction only in the first week of observation and reduced levels of immune function only under prolonged HWs (Leicht et al., 2013).

To maintain higher metabolic rates at elevated temperatures, omnivorous ectotherms seem to change their diet by increasing herbivory instead of carnivory, which is also observed in other aquatic taxa, for example, zooplankton and fish. These temperature-induced diet shifts may cascade through the aquatic food web, increasing top-down pressures on primary producers (Zhang et al., 2020; Figure 3).

HW effects on benthic organisms and insects are poorly documented in freshwater research, and only a few publications studied their sensitivity towards such extreme events. Under laboratory conditions (15 days, C: 15°C, HW: 25°C), the amphipod Gammarus pulex showed behavioural alterations, consisting in vertical immigration to potential refuge areas (i.e. hyporheic zone; Vander Vorste et al., 2017). These tries of avoiding heat stress, came along with decreases in survival, leaf consumption and energy recourses. HWs may also favour the dominance of more resistant invasive species. In an experimental study, the allochthonous gammarid Dikerogammarus villosus was found to be less sensitive to HWs compared to the native G. pulex (Truhlár et al., 2014). This lower thermal sensitivity of the invasive species led to a rapid shift in macroinvertebrates’ community structure, which was linked to changes in nutrients dynamics (Mazouzi et al., 2011; Truhlár et al., 2014). Such changes in community structure after HWs have also been reported consistently in field studies (Daufresne et al., 2007), including the loss of the more sensitive Ephemeroptera, Plecoptera and Trichoptera taxa (Fornaroli et al., 2020).

Such individual- and community-level changes seem to be linked to the temperature effects on the overall energy budget of the organisms, including energetic investments in homeostatic maintenance, growth, development and reproduction (Verberk et al., 2020). In accordance with these general findings, low energy reserves of the caddisfly larvae Stenopsyche marmorata were associated with high temperature (9 days, C: 10°C, HW: 25°C; Suzuki et al., 2018). Dinh et al. (2016) described that heat stress effects (6 days, C: 22°C, HW: 30°C) caused a reduction in the immune function (activity of phenoloxidase) and metabolic rate (activity of the electron transport system). Additionally, the authors pointed out the importance of delayed HW effects in shaping the overall stressor impact on the organism when other stressors are subsequently applied (TICS concept). Although Odonata are intermediary consumers/predators in aquatic food webs, we report here the effects of HWs on this organism group, as the following subsection only deals with vertebrate predators. Experimental warming studies on dragonfly larvae (Odonata) present strong thermal effects at environmentally relevant temperatures (ca. 35 days, C: ambient, HW: const. +5°C to ambient) with lower survival rates and premature emergence (Maccauley et al., 2015). Although no effects of increased temperature on the overall body size of adults were found, there was a significant interaction effect of temperature and sex with the trend for larger size with higher temperature being stronger in females than males.

### 3.3.2 Combined effects of HWs and chemicals on primary consumers

Interaction effect studies on HWs and chemical stressors towards aquatic primary and intermediate consumers are generally scarce (n = 6), and all of them were published within the last 10 years (Figure 6). In a microcosm experiment, negative synergistic effects were observed initially (4 and 14 days, C: 20°C, HW: 28°C) in several zooplankton taxa (Daphnia sp., Cyclopoida, and Copepoda nauplii) exposed to increased temperature and the insecticide lufenuron (Arenas-Sánchez et al., 2019). Observed positive effects of increased temperature alone (16 days, C: 20°C, HW: 30°C) may be nullified through interactions with chemicals. This was noted for a cladoceran species (Moina micrura), which exposed to a HW only (16 days, C: 20°C, HW: 30°C) showed increased population size, but when exposed to a HW and the fungicide carbendazim simultaneously showed reduction in population size and net decrease of reproductive rate (Miracle et al., 2011). Another multiple stressor study with the freshwater gastropod Bellamy bengalensis reported detrimental effects on molecular endpoints caused by HWs in combination with the pesticide chlorpyrifos (60 days, C: 25°C, HW: 30°C, 35°C; Baag et al., 2021). In a multiple stressor experiment, Macaulay et al. (2021) exposed mayfly nymphs (Deleatidium spp.) to two subsequent HWs (both 6 days, C: 12°C, HW: 20°C). The first HW was combined with a non-chemical stressor (e.g. starvation) and the second with the insecticide imidacloprid. The mayfly nymphs revealed a delayed negative synergistic interaction between a HW and imidacloprid (0.4 μg/L; Macaulay et al., 2021). In the same study, the second HW resulted in time-dependent stressor interactions and time-cumulative toxicity of imidacloprid affecting mayfly mobility. Lethal effects of imidaclorid were only observed when applied as single stressor, suggesting that previous exposure to the first HW might have increased the
tolerance of the organisms to the combined effects of a HW and insecticide (Macaulay et al., 2021). Furthermore, there are reported synergistic HW-imidacloprid interactions in Deleatidium spp. and Coloburiscus humeralis on their moulting, immobility and mortality, suggesting temperature-enhanced toxicity of the neonicotinoid insecticide (Macaulay et al., 2020). In another study with imidacloprid, Camp and Buchwalter (2016) showed that insecticide uptake in Isonychia bicolor as well as oxygen consumption rates increased significantly with increasing temperature (5 days, T-range: 15, 18, 21, and 24°C). Additional uptake tests with several aquatic invertebrates (L. bicolor, Neocloeon triangulifer, Macaffertium modestum, Pteronarcyce proteus, Acroneuria carolinensis, and Pleuroceridae sp.) indicated that all the species tested had significantly increased imidacloprid uptake with increasing temperatures (Camp & Buchwalter, 2016).

3.4 | Vertebrate predators

3.4.1 | Direct effects of HWs on vertebrate predators

The focus in this section lays on larger vertebrate predators such as fish and amphibians, excluding macroinvertebrates and zooplankton. Increased water temperatures can affect the reproduction of fish by altering their spawning activity and impacting embryo development (Ashton et al., 2019; Warriner et al., 2020). Fish are known to respond to seasonal water temperatures by changes in movement behaviour, that is, the timing of migration or changes in microhabitat, seeking temperature refugia (Coutant, 2001). Consequently, HWs are likely to influence similar behavioural responses. In a mesocosm experiment, the swimming behaviour of the Iberian barbel (Luciobarbus bocagei), a Mediterranean freshwater fish, was impacted under HW conditions (6 days, C: 24.5°C, H: 29.7°C) resulting in decreased activity and boldness (Mameri et al., 2020). Next to direct consequences on individual performance, these temperature-dependent behavioural changes also influence predator–prey interactions (Öhlund et al., 2014). Altered predator–prey interactions may have indirect effects on other trophic levels resulting from a decreased predation pressure on prey species, that is, benthic invertebrates and other fish (Figure 3).

A similar indirect effect across trophic levels has been observed for tadpoles under HW conditions. Diet shifts of tadpoles occurred in HW treatments (various HW scenarios tested, see Carreira et al., 2016; Figure 3) with a general trend to increased herbivory in response to a higher temperature (Carreira et al., 2016). Consequently, the direct effect of the HW on the predator (i.e. its diet shift) has limited consequences on other predators but rather affects other trophic levels indirectly (i.e. increased consumption of macrophytes and decreased predation on insect larvae). Conversely, HWs can also have indirect effects on predators via a direct effect on their prey...
or lower trophic levels through bottom-up mechanisms (Figure 3). Additionally, indirect effects within the same trophic level, for example, intensified interaction of predators through competition of food resources or microhabitats, may occur at least temporally.

3.4.2 | Combined effects of HWs and micropollutants on vertebrate predators

The studies investigating the combined effects of HWs and micropollutants on predators \((n = 7)\) include exposure experiments with metals, herbicides and antidepressants (Figure 7). The response categories of these studies comprise (i) effects only present in the combined exposure to HWs and micropollutants, (ii) effects dominated by the HW or (iii) effects in all treatments. It is worth noticing that this section reports mainly results of molecular endpoints. Extrapolation of effects in terms of fitness and reproduction are not easy because those are not typically measured.

For the following examples, the sensitivity of the organisms was only evident when exposed to the combination of both stressors, whereas each single-stressor application did not reveal significant effects. Tadpole metamorphosis was accelerated under HW conditions (7 days, C: 28°C, H: 34°C, diuron and its metabolite 3,4-DCA) only when combined with an herbicide (Freitas et al., 2016). In another study exposing tadpoles to an herbicide under HW conditions (8 days, C: 28°C, H: 36°C, clomazone), the activity of the bio-transformation enzyme glutathione-S-transferase (GST), increased with increasing dose. A GST rise indicates an increased oxidative stress, which may lead to a reduced fitness of amphibians (Gripp et al., 2017). Such an increase was not observed at the same herbicide concentrations at lower temperature (Freitas et al., 2017). The HW treatment alone indicated no significant difference in the activity of this phase II detoxification enzyme.

Similarly, the survival rate of zebrafish embryos after a HW treatment (7 days, C: 26°C, H: 34°C, cadmium) was not affected in the HW only treatment but showed a dose-dependent reduction under joint cadmium exposure (Park et al., 2020). Furthermore, lower heart rates, increased cell death, upregulated genes for antioxidants and genes involved in apoptotic responses as well as DNA methylation were observed for the combined exposure. Another study with zebrafish revealed that glucose levels and routine metabolic rates, indicating stress and potentially reduced fitness, were increased in the combined exposure of a HW and an antidepressant (21 days, C: 27°C, H: 32°C, venlafaxine), again with no significant effects for the respective single stressor treatments (Mehdi et al., 2019).

The two following studies showed single stressor effects of the HW treatment and the combined exposure, but no effect on the micropollutant single stressor application. The pyruvate kinase activity
in *Danio rerio* increased (21 days, C: 27°C, H: 32°C, venlafaxine), indicating an increase in metabolic costs for the organism (Mehdi et al., 2019). For the Japanese medaka, the production of intracellular reactive oxygen species (ROS) increased under HW condition (7 and 14 days, C: 25°C, H: 30°C, nickel chloride), and increased even more when combined with the exposure to a metal, which itself did not induce this effect (Prophete et al., 2006). An increase of ROS is associated to oxidative stress in fish, which can influence responses to environmental change and life history strategies (Birnie-Gauvin et al., 2017).

The remaining two studies investigating the effect of HWs and micropollutants in predators did not show a combined effect mechanism of the tested stressors. No significant effect of combined exposures (15 days, C: 16°C, H: 21°C, cadmium) were detected and only the HW treatment decreased the hepatosomatic index in males and increased plasmatic vitellogenin content in female zebrafish (Hani et al., 2019). This result highlights the importance of considering different endpoints in multiple stressor research, as cadmium did show an interactive effect with HWs in zebrafish in the study mentioned earlier, investigating a different endpoint (Park et al., 2020). Conversely, the exposure to venlafaxine and a HW caused micro-RNA to decrease in their single exposures in the same amount as for their combined exposure (21 days, C: 27°C, H: 32°C, venlafaxine), indicating no significant interaction effect in zebrafish (Ikert & Craig, 2020).

Although limited in their representation for the variety of top predators in freshwater ecosystems, these seven studies reveal a variety of combined effects of HWs and micropollutants on predators. Additionally, these studies highlight the importance of multiple stressor research, as only the combination of HWs and micropollutant revealed the adverse effects to predators. Chemical risk assessments based on exposure studies with standard temperature conditions are, thus, limited to detect the described effect occurring in combination with HWs.

Although the results of almost all mentioned studies indicate stronger effects of micropollutants on predators when simultaneously exposed to HWs, they also indicate that there are different response categories with different stressor interactions. To unravel the underlying mechanisms, more research is needed investigating how HWs and micropollutants interact in affecting predators’ responses.

### 4 | CONCLUDING REMARKS AND RECOMMENDATIONS

This literature review has revealed that only 5 out of the 61 included studies investigated the effects of HWs using a multitrophic approach. Those studies only focus on the effects of HWs in isolation. HWs have been assessed mainly through single species and/or population experiments containing one trophic level. Although these approaches are essential to reveal physiological responses, they are limited in ecological realism, excluding the investigation of the effects of trophic and non-trophic species interactions (Kéfi et al., 2015; Seibold et al., 2018). The lack of testing in complex species assemblages appears particularly problematic since ecological realism, and more community/ecosystem-oriented studies have recently been recognized as essential for the advancement of multiple stressors research (Orr et al., 2020).

Generally, HWs are reported to cause compositional changes in all trophic levels analysed individually, although the mechanisms driving those changes may be different. Changes in community composition resulting from HW exposure could result in altered sensitivity towards chemical stressors. Yet, the scarcity of available studies does not allow to draw general conclusions on how HW-driven compositional changes may affect community sensitivity towards different chemical classes. Furthermore, although a framework to mechanistically decompose the effects of multiple stressors on the different trophic levels has been recently propose (Bracewell et al., 2019; Van den Brink et al., 2019), at present, a mechanistic understanding of the processes underpinning the effects of HWs across organization levels in a multiple stressor context is missing. Mainly, this is linked to the insufficient availability of theoretical and empirical work trying to unravel the processes behind the observed effects. Nevertheless, this review has provided some insights on the mechanisms driving the combined effects of HWs and micropollutants. In the next sub-sections we provide recommendations for further research.

### 4.1 | Focus shift towards higher levels of biological organization

We suggest that the assessment of the effects of extreme events combined with other stressors should involve investigations at the community and ecosystem level, which are primary focus of water managers, risk assessors and policymakers interested in multiple stressor effects (Orr et al., 2020). Investigations at high levels of organization have the potential to unravel the combined effects of extreme events and other stressors on functional processes, species interactions and how impacts can cascade through the food web. This is particularly important since temperature effects mediated by species interactions may be larger than direct effects caused by extreme events (Higashi & Patten, 1989; Montoya et al., 2009). Ecosystem response projections from single-species tests are challenging, as species performances differ depending on whether they are in monoculture or interacting in a community (Tabi et al., 2020). Moreover, it has been shown that food-web length and the number of species at each trophic level can modify the overall effects of perturbations, including chemicals, on species assemblages (Zhao et al., 2019), highlighting the need to test multiple stressors on multitrophic and species rich communities (Seibold et al., 2018). An improved understanding of how high levels of organization processes respond under combined disturbances, based on empirical data, is needed, and represents the major knowledge-gap identified in this review. In this context, micro- and mesocosm experiments represent one of the best ways to test the combined effects of micropollutants and extreme events at high levels of biological organization.
Alongside with the experimental effort, the development of models able to predict combined effects of HWs and pollutants is needed to help ecosystems protection. Because testing all the possible stressors combination for all aquatic ecosystem types is unrealistic, we need modelling tools enabling us to project combined stressors’ effects on different organization levels.

4.2 | Gradient testing

Experimental designs aiming to study effects of extreme events need to consider nonlinear responses. Non-linear responses seem to be the norm in biological systems exposed to climatic variability, as a consequence of Jensen's inequality (Kreyling et al., 2018; Ruel & Ayres, 1999). Especially when effects of temperature are accounted for in freshwater systems, non-linear responses have been reported across all levels of biological organization, from individuals (Bernhardt et al., 2018), to communities (Baranov et al., 2020) and ecosystem processes (Lv et al., 2020). Testing non-linear responses requires the exploration of a wide gradient of the environmental driver(s) under investigation. Most experimental designs use only two levels of the tested drivers (i.e. applied/not applied; Kreyling et al., 2018), which can limit our ability to derive hypotheses on the mechanisms behind the observed effects. Adopting gradient designs, therefore, may allow researchers to perform multiple stressor experiments investigating more combinations of stressors and a larger gradient of those stressors. Furthermore, gradient approaches would consent to different realistic disturbance intensities (i.e. multiple temperature regimes or chemical concentrations) and HW durations to be tested. Experimental exploration along a large gradient of drivers’ intensities and durations may also help in determining stress levels that have long-lasting legacies on communities’ biomass and composition (Jacquet & Altermatt, 2020). Moreover, more complex experimental designs allow studying different patterns of occurrence (i.e. reoccurring HWs, different timing of stressor application) and under different environmental scenarios. Finally, it has been pointed out that gradient designs allow more null models to be tested, which could improve our understanding of stressors’ interactions (Schäfer & Piggott, 2018).

4.3 | Temporal dependency of stressor interactions and temporal dynamics of multiple stressors

The effects of multiple stressors (and their interactions) are temporal-scale dependent (Garnier et al., 2017). That is, interactions between stressors can appear right after disturbance’s application, as well as in the recovery phase. Yet, in multiple stressors studies, performing only a single sampling point after the stressors’ application is the rule (Beermann et al., 2018; Halstead et al., 2014; Piggott, Salis, et al., 2015; Piggott, Townsend, et al., 2015). Accordingly, we did not find any study assessing the combined effects of HWs and chemicals over time, which is required to describe potential adaptation and/or recovery. This is particularly relevant for the combination of HWs and micropollutant, as HWs, by definition, are temporary phenomena. Conversely, some micropollutants can persist in the aquatic environment for months or years (Arp et al., 2017), and many chemicals have a continuous discharge to the aquatic environment, maintaining exposure levels also for less persistent substances. Therefore, following the response of the study system(s) is important to detect interactions between stressors happening at different time points. Particularly, late stressors’ interactions may prevent the recovery of both compositional and functional endpoints. Furthermore, HWs are predicted to become more frequent (Meehl & Tebaldi, 2004) and may appear multiple times in a season (Woolway et al., 2021). The re-occurrence of HWs in ecosystems stressed by persistent micropollutants (or receiving short-lived micropollutants multiple times) makes it necessary to follow the system’s response over time in order to identify late-stage interactions and to take adequate protection measures.

Since perfect synchrony between stressors is rarely found in nature, designing experiments involving different order of stressor applications and measuring the organisms and ecosystem’s responses over multiple time points is crucial (Jackson et al., 2021). Stressors’ sequence has consequences for the so-called ecological memory, which is the ability of previous stressors to influence future responses (Hughes et al., 2019; Jackson et al., 2021). Among the literature we reviewed, only a single study explicitly investigated whether different orders of stressors application may result in different effects (Dinh et al., 2016). All the other studies reviewed here only tested simultaneous exposure to combined stressors. Testing different stressors’ sequence may be challenging as it requires large experimental designs. Yet, it appears to be a central research aspect, as the abovementioned CITS and TICS phenomena might produce unexpected effects across all levels of biological organization.

Some studies have explicitly assessed the effects of CITS and TICS, but this has been done prevalently at the individual and population level (Delnat et al., 2019; Verheyen & Stoks, 2019, 2020; Verheyen et al., 2019). Thus, consequences of these phenomena for higher levels of biological organization are still unexplored. Restricting the investigations of temporal dynamics of multiple stressors to the individual or population level will preclude the understanding of the role played by ecological memory in driving the responses at higher levels of biological organization.

Finally, the sampling of multiple time points can be translated in the measurement of different ecological metrics, such as resistance, recovery, resilience and invariability (Donohue et al., 2013, 2016; Hillebrand et al., 2018). Those ecological metrics have been shown to compose the different “dimensions” of ecological stability (Donohue et al., 2013; Pimm, 1984), which can be altered by different stressor combinations (Polazzo & Rico, 2021). Maintaining stable ecosystems is fundamental, as only stable systems can deliver functions and services consistently. Therefore, studying how HWs and micropollutants affect different stability indices, and how the
order of stressors application plays in this context, may help to solve current managing conflicts, protect biodiversity in the long term, and guarantee the delivery of ecosystem functions and services.

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**CONFLICT OF INTEREST**

The authors declare no conflict of interest.

**DATA AVAILABILITY STATEMENT**

Data sharing not applicable to this article as no data sets were generated or analysed during the current study. However, all the articles used in this review are listed in Supporting Information.

**ORCID**

Francesco Polazzo https://orcid.org/0000-0003-2092-5011
Sabrina K. Roth https://orcid.org/0000-0002-1919-4947
Markus Hermann https://orcid.org/0000-0003-2166-5418
Annika Mangold-Döring https://orcid.org/0000-0002-6701-308X
Andreu Rico https://orcid.org/0000-0002-1820-4218
Anna Sobek https://orcid.org/0000-0002-1549-7449
Paul J. Van den Brink https://orcid.org/0000-0002-7241-4347
Michelle C. Jackson https://orcid.org/0000-0003-2227-1111

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