**In Vivo Evaluation of Immediately Loaded Stainless Steel and Titanium Orthodontic Screws in a Growing Bone**

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**Abstract**

The present work intends to evaluate the use of immediate loaded orthodontic screws in a growing model, and to study the specific bone response. Thirty-two screws (half of stainless steel and half of titanium) were inserted in the alveolar bone of 8 growing pigs. The devices were immediately loaded with a 100 g orthodontic force. Two loading periods were assessed: 4 and 12 weeks. Both systems of screws were clinically assessed. Histological observations and histomorphometric analysis evaluated the percent of “bone-to-implant contact” and static and dynamic bone parameters in the vicinity of the devices (test zone) and in a bone area located 1.5 cm posterior to the devices (control zone). Both systems exhibit similar responses for the survival rate: 87.5% and 91.3% for stainless steel and titanium respectively (p = 0.64; 4-week period), and 62.5% and 50.0% for stainless steel and titanium respectively (p = 0.09; 12-week period). No significant differences between the devices were found regarding the percent of “bone-to-implant contact” (p = 0.1) or the static and dynamic bone parameters. However, the 5% threshold of “bone-to-implant contact” was obtained after 4 weeks with the stainless steel devices, leading to increased survival rate values. Bone in the vicinity of the miniscrew implants showed evidence of a significant increase in bone trabecular thickness when compared to bone in the control zone (p = 0.05). In our study, it is likely that increased trabecular thickness is a way for low density bone to respond to the stress induced by loading.

**Introduction**

Endosseous metallic screws are widely used in orthopedics, maxillofacial surgery and more recently in orthodontics, as these devices provide a good clinical control of tooth movement in adolescents. Screws are temporarily fixed to the alveolar bone and removed after treatment. Furthermore, they can be immediately loaded without a healing period. Thus, if mechanical stability is needed to withstand the applied orthodontic forces, osseointegration needs to be avoided. Nonetheless, screws stability is related to the amount of bone contact. Most orthodontic screws are made of titanium (or titanium alloys), known to allow for osseointegration. Even in cases of immediate loading, titanium-made orthodontic screws can achieve partial osseointegration after 3 weeks, or randomly organized osseointegration islets after longer periods. For orthopedic devices, decreased bone interface is found around stainless steel screws compared to titanium screws. The aim of this study is to evaluate the use of stainless steel screws in place of titanium in orthodontic indications, and to study the specific growing bone response in the vicinity of the devices. The objective of the experiment is to evaluate the survival rate, the mechanical stability and the tissue response around both systems of miniscrew implants (titanium alloy and stainless steel), following immediate loading in growing pigs.

**Materials and Methods**

**Ethics statement**

The protocol of this animal study was approved by the ethical committee on animal research at the National Veterinary School of Lyon in France. The ARRIVE guidelines were used as a reference to prepare this manuscript.

**Devices**

The screws studied are stainless steel (Leone; Firenze, Italy) and titanium-aluminium-vanadium orthodontic screws (Ti6AlHV, Absoanchor®; Dentos, Daegu, Korea). Both are 2 mm in diameter and 10 or 12 mm in length (Fig.1). The stainless steel devices are cylindrical and the Ti6AlHV devices are conic-shaped.

**Surgical procedure**

Eight three-month-old Large White pigs (26–30 kg) were considered. Prior to the surgery, the animals were conditioned in boxes (2 per box), where they remained during a one-week observation period. The surgical procedure was conducted under general anesthesia performed by an intravenous injection of propofol (Diprivan®, 4–5 mg/kg for induction and 20 mL/h for maintenance). After a flap was raised, a pilot hole was drilled through the cortical bone [1.7 mm diameter drill] using a contra-angle low-speed implant handpiece. On each animal, 4 screws were inserted.
Growing Bone Response to Immediately Loaded Screws

Clinical analysis

The survival rate of the devices, dental plaque, gingival inflammation and mobility (dental tweezers) were noted twice a week. Gingival inflammation was assessed by means of a gingival index, (0) no gingival inflammation, 1) slight inflammation, 2) moderate inflammation, 3) severe inflammation. The mean gingival inflammation index was calculated from the scores obtained for each oral hygiene session during the entire loading period.

Histological preparation and histomorphometric analysis

Immediately following removal, the mandibles were fixed in a 10% formaldehyde solution for 48 hours and then maintained in aceton at 4°C until further processing. Bone samples (containing the devices and their surrounding tissues) were removed from the sectioned pig mandibles. Screws were pulled out with the appropriate screwdriver before the histological analysis. The undecalcified bone samples were embedded in methylmethacrylate at 4°C according to a previously described protocol 12. and 9 µm-thick slices were prepared with a microtome (PolycutS, Leica, Wetzlar, Germany). Parallel sections to the long axis of the screws were performed so that buccal and lingual bone areas were to the left and the right of the screws on the histological sections. The slices were stained with a Modified Goldner’s Masson Trichrome solution and observed under an optical microscope (DMRB microscope, Leica, Wetzlar, Germany). Since contact between the devices and dental germs or roots is considered to be a cause of failure, in this orthodontic use, the relationship between the screws and the dental structures was measured using Morphometrie10® software, under a 4-fold magnification lens. The ratio between the contact length between the screws and the dental root related to the total length of the screws was calculated. Similarly, measurement of the “bone-to-implant contact” length was assessed, since this is considered to be a quantitative measure for the osseointegration of the device. The “bone-to-implant contact” rate was calculated as follows: screws surface length in contact with bone tissue / (total screws surface length - screws surface length in contact with dental germ or root) (Fig. 3). According to Parfitt et al., measurements of the following parameters were performed using an optical microscope connected with an automatic image analyzer system (BIOCOM, Lyon, France): trabecular bone volume (BV/TV, %), trabecular thickness (Tb.Th, µm), trabecular number (Tb.N), trabecular separation (Tb.Sp, µm). The mineral apposition rate (MAR, µm/day) was determined under UV light on unstained sections (12-µm-thick). These parameters were assessed for the bone area (test zone) located at the apical third of the devices which is the only location where there is sufficient bone for analyses (no germs/root contact) for all the studied devices. A bone area (control zone) located approximately 1.5 cm posterior to the test zone (same location within the bucco-lingual dimensions of the alveolar process) was also analyzed. The test zone and the control zone were both situated 1 to 2 mm buccal from dental germs.

Statistical analysis

The data were described with the median and the interquartile range. A logistic mixed model was used to estimate the survival rate according to the type of devices used. To test the effect of the type of devices and of their anterior or posterior position on the different outcome results, we used a non-parametric test adapted to repeated measurements and a linear mixed model. The significance level was set as p<0.05. All statistical analysis was performed using R statistical software 2.10.0.

Results

No complication occurred operatively or post-operatively, no evidence of pain and no infection were detected in any of the animals throughout the study.

Clinical findings

Survival rate. For the 4-week loading period, 27 screws out of 32 remained in the alveolar bone: 14 stainless steel and 13 Ti6Al4V (Table 1). Thus, the survival rate reached 87.5% and...
81.3% for stainless steel and titanium, respectively, without statistically significant differences (OR = 0.62, 95% confidence interval: 0.08; 4.6, p = 0.64). For the 12-week loading period, 9 out of the 16 screws inserted remained in the alveolar bone; 5 stainless steel and 4 Ti6Al4V. The survival rate was 62.5% for the stainless steel and 50.0% for the titanium devices, without significant differences (OR = 32.8, 95% confidence interval: 0.8; 1326., p = 0.09); however the probability of being retained appears to be higher for stainless steel devices.

**Survival period.** Over both loading periods, 9 devices were lost, 5 in the first 3 weeks and 3 at 7 weeks (Table 2).

**Gingival inflammation.** The average inflammation index around the retained devices ranged from 0 to 1 (slight inflammation) regardless of the loading period (Table 2). During the first follow-up period (n = 27 survival screws at 4 weeks), the maximal gingival index reached 2 (n = 5 devices) or 3 (n = 4 devices) for a maximum of 7 consecutive days. During the second follow-up period (n = 9 survival screws at 12 weeks), the maximal gingival index reached 2 (n = 6 devices) for a maximum of 5 days in two animals and for non-consecutive periods spanning over 1 to 3 weeks in a single animal for each of the two devices.

**Clinical mobility.** At 4 weeks, 6 (22.2%) of the 27 retained devices presented abnormal mobility while the 21 (77.8%) remaining devices displayed no mobility (Table 1). This mobility affected both systems and all animals. At 12-weeks, no mobility was present for the 9 devices that had survived; however, 5 of these non-mobile devices (55.6%) presented transient mobility during the loading period (Table 2).

For the 4-week loading period, mobility and gingival inflammation occurred simultaneously in some cases. The periods of severe gingival inflammation were found for mobile devices (4 devices in 3 animals), in cases with visible dental plaque (3 devices in the same animal), and also in cases without mobility or visible dental plaque (2 devices in the same animal). For the 12-week loading period, gingival inflammation was always present with...
Table 1. Survival rate and mobility of the miniscrew implants at 4 and 12 weeks after immediate-loading.

| Groups | n a | Survival rate | Mobility b |
|--------|-----|---------------|------------|
|        |     | LEONE (stainless steel) | Absoanchor (Ti6Al4V) | LEONE (stainless steel) | Absoanchor (Ti6Al4V) |
|        |     | Ant | Post | Total | Ant | Post | Total | Ant | Post | Total | Ant | Post | Total |
| At 4 weeks | | | | | | | | | | | | | |
| Group 1 | 16  | 4  | 4  | 8/8 (100%) | 4  | 2  | 6/8 (75%) | 1  | 1  | 2  | 1  | 0  | 1   |
| Group 2 | 16  | 3  | 3  | 6/8 (75%) | 3  | 4  | 7/8 (87.5%) | 1  | 1  | 2  | 1  | 0  | 1   |
| Total   | 32  | 7  | 7  | 14/16 (87.5%) | 7  | 6  | 13/16 (81.3%) | 2  | 2  | 4  | 2  | 0  | 2   |
| At 12 weeks | | | | | | | | | | | | | |
| Group 2 | 16  | 2  | 3  | 5/8 (62.5%) | 2  | 2  | 4/8 (50%) | 0  | 0  | 0  | 0  | 0  | 0    |

*number of miniscrew implants inserted **number of mobile miniscrew implants (which survived) 3 same devices.

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Table 2. Maximum survival period of the miniscrew implants, and average gingival index and mobility during the loading periods (4 weeks and 12 weeks).

| Loading periods | LEONE (stainless steel) | Absoanchor (Ti6Al4V) |
|-----------------|-------------------------|----------------------|
|                 | n* Survival time* | Average gingival index** | Mobile devices** | n* Survival time* | Average gingival index** | Mobile devices** |
| 0–4th week      | | | | | | |
| Group 1         | 0/8 – | 0.69  | 2     | 2/8 | 1 week (n = 1) | 0.88  | 1   |
| Group 2         | 2/8  | 2 weeks (n = 2) | 0.62  | 4² | 1/8 | 3 weeks (n = 1) | 0.52  | 1   |
| 5–12th week     | | | | | | |
| Group 2         | 1/6³ | 7 weeks (n = 1) | 0.55  | 4² | 3/7³ | 5 weeks (n = 1) | 0.46  | 1⁴ |
|                 | | | | | | |

*lost devices **during the loading period (for devices which survived to the end of the specified period).
³number of lost devices among the devices which survived after 4 weeks of loading ⁴two of the four mobile devices during the loading period were stable at the end of the 4-week period, ⁵all of the mobile devices were stable at the end of the loading period (12 weeks).

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visible dental plaque with (n = 4 devices) or without mobility (n = 2 devices). When the periods of moderate or severe gingival inflammation were related to mobility, inflammation appeared either at the same time or after the clinical mobility, with the exception of one case.

Histological and histomorphometric analysis

For group 1 (4-week loading period), 13 devices from the 16 inserted were analyzed: 8 stainless steel and 5 titanium. The three other devices were either lost or unsuitable for histological examination, following their removal (failed histological sections due to root or germ proximity). For group 2 (12-week loading period), 5 devices were analyzed: 2 stainless steel and 3 titanium. In this last group, among the 16 inserted, 7 were lost and 4 were not considered for histological analysis (failed histological sections).

Devices and tooth proximity. Dental germ/root contact equally affected titanium or stainless steel devices. At 4 weeks, 8 devices (61.5%) showed contact (from 9.87 to 37.44%) with a tooth (dental germ/root) or with the soft connective tissue surrounding the tooth (dental sac/periodontal ligament), and from these 8 devices, 2 had direct contact (from 1.6 to 2.3%) with a tooth (dental germ/root).

Bone-screw interface. For the 4-week loading period, regardless of the type of screws or its localization, the median rate (interquartile range) of the “bone-to-implant contact” was between 0.69 (0 – 2.00) and 7.43 (5.16 – 13.56)% (Fig. 4). It ranged from 5.28 (0.78 – 9.39) to 7.43 (5.16 – 13.56)% for the stainless steel devices and from 0.69 (0 – 2.00) to 2.66 (0 – 5.32)% for the titanium devices. According to the localization, the “bone-to-implant contact” rate was from 0.69 (0 – 2.00) to 5.28 (0.78 – 9.39)% in the anterior area and from 2.66 (0 – 5.32) to 7.43 (5.16 – 13.56)% in the posterior area. The stainless steel screws presented greater “bone-to-implant contact” rate than the titanium screws (p = 0.1) as showed in Figure 5. Screws inserted in the posterior area showed the greatest values, without statistically significant differences (p = 0.17). The statistical analysis did not reveal a significant interaction between the type of devices and the localization in the alveolar bone (p = 0.81). For the 12-week loading period, statistical analysis could not be performed since only 5 devices could be considered. Whatever the material or the area, the “bone-to-implant contact” rate varied from 0 to 36.14%.

Table 2. Maximum survival period of the miniscrew implants, and average gingival index and mobility during the loading periods (4 weeks and 12 weeks).
up periods, the “bone-to-implant contact” measurements showed a significant increase for titanium alloy screws as compared to the stainless steel screws.

Figure 4. Box plot showing the “bone-screw interface” values after a 4-week loading period of stainless steel and Ti6Al4V screws (median, 25% and 75% percentile). “Bone-screw interface” rate: stainless steel anterior area (5.28% (0.78–9.39)), stainless steel posterior area (7.43% (5.16–13.56)), Ti6Al4V anterior area (0.69%(0.00–2.00)), Ti6Al4V posterior area (2.66%(0.00–5.32)).

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**Bone histomorphometric parameters.** For the first group, the median values of static and dynamic parameters are indicated in Table 3. Although no statistically significant difference was noted between the two types of devices, some trends were noted between the anterior and posterior zones: while BV/TV, Tb.Th and Tb.N tended to be greater in the posterior zone, the Tb.Sp values appeared to be higher in the anterior area. No statistically significant differences were noted for the mineral apposition rate regarding the kind of screws or the insertion area. Compared with bone in the control area, no significant differences were found (mixed effects logistic regression) for BV/TV (p = 0.23), Tb.N (p = 0.9), Tb.Sp (p = 0.46) and MAR (p = 0.45). Tb.Th values appeared to be greater for bone in the vicinity of the screws than for bone in the control area, especially in the anterior zone (p = 0.05).

For the second group (12-week loading period) and despite the small sample size, median values for BV/TV were 5.76% in the vicinity of the stainless steel screws and 20.54% around the titanium screws. Values for Tb.Th were 52.47 and 82.18 μm; for Tb.N the values were 1.09 and 2.4; for Tb.Sp they were 895.08 and 377.3 μm (for the bone areas around the stainless steel and titanium devices respectively). The median values for the mineral apposition rate reached 2.4 μm/day and 1.87 μm/day around the stainless steel and titanium devices respectively.

Figure 5. Histological slides (Modified Goldner’s Masson Trichrome) of screw devices (x1.6) at 4 weeks; A. (stainless steel device, anterior area), B. (stainless steel device, posterior area), C. (Ti6Al4V device, anterior area), D. (Ti6Al4V device, posterior area).

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**Table 3.** Static and dynamic parameters of bone tissue nearby the devices, after a 4-week loading period (median and interquartile range).

| Bone parameters | Devices and localisation | Statistical analysisa |
|-----------------|--------------------------|-----------------------|
|                 | LEONE (Stainless steel)  | Absoanchor (Ti6Al4V)  |
|                 | Anterior | Posterior | Anterior | Posterior | Devices | Area |
| BV/TV (%)       | 24.18    | 35.79     | 19.93    | 44.46     | 0.89    | 0.12 |
| (7.64–35.77)    | (27.52–44.88) | (18.79–24.10) | (31.06–57.86) | 0.92 | 0.26 |
| Tb.Th (µm)      | 104.98   | 123.07    | 107.07   | 119.64    | 1.00    | 0.21 |
| (76.36–114.95)  | (94.01–125.05) | (75.38–107.28) | (102.71–136.57) | 0.91 | 0.12 |
| Tb.N            | 2.74     | 3.01      | 2.25     | 3.63      | 0.60    | 0.50 |
| (0.98–3.11)     | (2.23–4.69) | (1.75–2.64) | (3.02–4.24) | 0.60 | 0.50 |
| Tb.Sp (µm)      | 276.55   | 224.75    | 337.84   | 163.74    | 0.91    | 0.12 |
| (208.92–1929.48)| (122.64–326.45) | (302.80–462.87) | (99.47–228.00) | 0.60 | 0.50 |
| MAR (µm/day)    | 1.90     | 2.20      | 1.66     | 1.82      | 0.60    | 0.50 |
| (1.58–2.46)     | (1.62–3.17) | (1.62–1.84) | (1.62–2.02) | 0.60 | 0.50 |

*Mann-Whitney non parametric test.
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**Discussion**

The use of screws for orthodontic anchorage requires that the devices remain stable during the treatment time in order to withstand the orthodontic forces. Stability is therefore required immediately following loading. Most miniscrew implants are made of titanium or titanium alloys, but some manufacturers have proposed stainless steel miniscrew implants. Stainless steel devices present better mechanical properties as they reach the load at the failure at values that are twice as high as titanium. However, they are known to induce less bone interface than titanium or titanium alloy devices. The behavior of stainless steel screws placed in bone tissue is well-known, as it is the most common material used in orthopedics. However, according to our knowledge, no previous studies have assessed the survival rate, the stability and the bone tissue response around stainless steel screws for orthodontic anchorage.

To better control the screws placement within the alveolar bone, a flap was systematically raised for both systems of devices.

**Animal model**

In this study, we used the porcine model, an animal model which is close to humans in clinical practice in terms of bone anatomy, healing process and bone tissue remodeling. Dogs are another animal model commonly used for the study of bone response to dental implants or screws, but as they are domestic animals, ethical considerations prohibited their use in this study that required growing animals. Indeed, although most orthodontic patients are young, few studies have assessed the survival rate or bone tissue response around screws for orthodontic anchorage in adolescents or growing animals. However, bone microarchitecteure and remodeling differ significantly between growing and adult patients. Three-month-old pigs present a complete deciduous dentition and allow for studying growing alveolar bone reaction after 12 weeks without eruption of permanent teeth near the assessed devices.

**Histological examination**

Screws are usually placed between dental roots in clinical orthodontic practice. Alveolar bone located between teeth and devices may have a specific reaction to orthodontic forces due to its small volume. Therefore, we decided, on one hand, to place the devices near the dental structures and, on the other hand, to characterize this bone volume. In the literature, devices inserted close to teeth are systematically excluded, especially because of difficulties involved in preparing such samples in histology. This explains why some samples were unsuitable for histological examination in the present study. Nevertheless, the number of samples was sufficient to obtain statistically significant data for the 4-week group and interesting data for the 12-week group. Further studies are needed to characterize this specific alveolar bone located between loaded orthodontic screws and teeth and to complete the data of the present study.

**Clinical findings**

The survival rate of the devices was high at 4 weeks (84.4%) and decreased markedly at 12 weeks (56.25%). The latter result is coherent for a growing model, as young age is considered to be a risk factor for the clinical retention of screws in orthodontic patients. Lower bone quality and maturation in young patients can prevent effective primary stability of the device. To increase the presence probability of such devices in growing bone, it may be advisable for the clinician to increase the healing period before loading in young patients and to avoid immediate loading. A greater survival rate (63.8% after 6 months) for orthodontic screws has been reported in adolescents. The protocol involved a 1-month healing period before loading. Differing opinions have been reported regarding the effect of the healing period before loading; immediate loading has been considered as either a risk factor for the survival rate of the devices or a means to increase mechanical stability. In the growing dog model, Vande Vannet et al. reported a 60% survival rate at 6 weeks for Ti6Al4V devices; the retention rate decreased by 45% at 12 weeks and the authors used a 200 g-load in their study. Thus, our results fall within the range of previously published results in growing models. Another finding in our study shows a differential susceptibility to the loss of the devices in some...
animals that exhibit a higher devices loss rate. At 12 weeks, one animal had lost all devices and another had lost 75% of them. Such observations have been reported using large animal 31. In our study, statistical tests were chosen so as to take into account the host effect, i.e. several screws were inserted in each animal. Mobility of the devices displayed some variation over the follow-up period and it is noteworthy that some of the devices retained at 12 weeks exhibited transient mobility at 4 weeks. It is likely that bone remodeling occurred between 4 and 12 weeks, leading to a final stabilization. Indeed, 55.6% of the devices were lost during the first three weeks (critical period for orthodontic screws success 38.), and 33.3% were lost during the 6th week.

**Histomorphometric analysis**

In our study the “bone-to-implant contact” percentage was low after 4 weeks (median rate < to 7.43%), and increased between 4 and 12 weeks, with a maximum value of 36.14% (Ti6Al4V devices). This is close to the results of a previous study on titanium screws 39. which revealed a “bone-to-implant contact” rate equal to 36.3% after 12 weeks of immediate loading in growing dogs. The increase of “bone-to-implant contact” rate over a period of time, as shown in our study, confirmed results of previous studies 33,31,40,41. Some authors have reported a minimal integration index for the stability of orthodontically-loaded implants of 5% 39,42, or 10% 43. In the present study, the 5% threshold was obtained after 4 weeks with the stainless steel devices, thus suggesting a better survival rate. This may be related to enhanced primary stabilisation with the stainless steel as opposed to the titanium devices, due to their morphological characteristics. Different shapes for the devices may account for this observation; the torque values of cylindrical-shaped screws differ from those of cylinbro-conical devices 44,45. Further investigations are necessary to understand the role of device morphology in relation to bone response and to confirm the better clinical results of the stainless steel screws.

In our study, no differences in bone response were found between both devices, similar to previous reports 46. which studied bone healing around buried and unloaded stainless steel and between both devices, similar to previous reports 46. which studied bone response and to confirm the better clinical results of the titanium devices, due to their morphological characteristics. Different shapes for the devices may account for this observation; the torque values of cylindrical-shaped screws differ from those of cylinbro-conical devices 44,45. Further investigations are necessary to understand the role of device morphology in relation to bone response and to confirm the better clinical results of the titanium devices.

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21.动物的生长中心在猪。Arch Oral Biol 42; 63–76.

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**Author Contributions**

Conceived and designed the experiments: KG JMB BG. Performed the experiments: KG LM PE. Analyzed the data: KG NL MR. Contributed reagents/materials/analysis tools: NL. Wrote the paper: KG NL.
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