Evaluation of *Aegle marmelos* Extracts for Antibacterial, Antifungal, Antioxidant and Cytotoxic Properties

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**Abstract**

*Aegle marmelos* has emerged out to be one of the most important medicinal properties bearing plant these days. In the present research an attempt is made to evaluate the phytochemical properties of the fruit extract of *A. marmelos* which demonstrated its significant antibacterial, antifungal and antioxidant properties and has potential in finding its application in medicine and herbal formulations. Leaf methanol extract exhibited *in vitro* cytotoxic potential against breast T47D cell line for which the IC50 values were 34.52µg/mL and 45.57µg/mL respectively. Leaf methanol extract exhibit high antibacterial and antifungal activity in comparison to other extracts.

**Keywords:** Herbal; Phytochemical; Cytotoxic; Formulations

**Introduction**

Bael (*Aegle marmelos*) is an Indian medicinal plant which has enormous traditional values against various diseases and many bioactive compounds have been isolated from this plant. Bael (Linn), family Rutaceae, is also known as Bale fruit tree, is a moderate sized, slender, aromatic tree, 6.0-7.5m in height, and 90 to 120cm in girth, with a somewhat fluted bole of 3.0-4.5 meter growing wild throughout the deciduous forests of India, ascending to an altitude of 1200 meter in the western Himalayas and also occurring in Andaman island. This is generally considered as sacred tree by the Hindus, as its leaves are offered to Lord Shiva during worship. According to Hindu mythology, the tree is another form of Lord Kailashnath. Leaves, fruit, stem and roots of this tree at all stages of maturity are used as ethno medicine against various human ailments. The different parts of Bael are used for various therapeutic purposes, such as for treatment of Asthma, Anaemia, Fractures, Healing of Wounds, Swollen Joints, High Blood Pressure, Jaundice, Diarrhoea Healthy Mind and Brain Typhoid Troubles during Pregnancy. *Aegle marmelos* has been used as a herbal medicine for the management of diabetes mellitus in Ayurvedic, Unani and Siddha systems of medicine in India (Table 1-3).
The plant has been employed for long time in folk therapy. Poultice made of leaves are used for ophthalmia and ulcers. The leaves are use to lowering the blood glucose levels [1]. Other actions like antifungal [2], antibacterial, antiprotozoal [3], antispermatogenic [4] are also reported. The plant has been found to contain number of phytoconstituents like aegeline, agelinine, rutin, sterol, -sitosterol, -D-glucoside, marmesinine [5], lupeol, tannins, phlobatannins, flavonoids, umbelliferone, quercetin and volatile oils (Eugenol and methyl eugenol) [6]. It has been reported that leaves possess cardiotonic effect, antifungal, analgesic and antioxidant activities [7]. No scientific evaluation of antioxidant activity of \textit{A. marmelos} has been reported so far. Therefore, it was thought worthwhile to evaluate antioxidant activity of \textit{A. marmelos} to confirm its folk medicine claim. Many natural occurring products have been reported to contain large amount of antioxidant other then vitamin C, E and carotenoids [8]. These antioxidant play a vital role in delaying, intercepting or preventing oxidative reactions, catalyse by free radical [9]. This antioxidant activity might be due to the presence of phenolic compounds such as 002 Af. J. Plant Sci. flavonoids [10], phenolic acids and phenolic diterpine [11]. Antioxidants may guard against reactive oxygen species (ROS) toxicities by the prevention of ROS construction, by the disruption of ROS attack, by scavenging reactive metabolities and converting them to less reactive molecules or by enhancing the resistance of sensitive biological target to ROS attack.

Materials and Methods

Collection of plant material

The plant was identified by morphological features and collected from the local areas of Jammu. Plant material was authenticated by Department of Botany, University of Jammu, J&K, India.

Preparation of crude extracts

\textbf{Sequential extraction:} The plant material leaves were shade dried and then ground into fine powder. 100gms of fine powder was taken and put into the flask and then 250mL of chloroform was added to each flask. With occasional shaking and stirring the sample was extracted into chloroform. After that it was filtered and the filtrate was kept in a new flask and covered. Again 250mL of chloroform was added to the previous flask for extraction. Then the flask was kept overnight & filtered and the filtrate was added to previously collected filtrate. The extract was poured into petri dishes till chloroform was evaporated completely. The process was repeated until the entire chloroform was evaporated. The extract left in petriplates was transferred into autoclaved vials. The vials were kept in -20°C for further use. Then it was further fractionated by successive solvent extraction with ethyl acetate (EtOAc fraction), acetone, methanol and then finally with methanol. After organic solvent extraction, the remaining aqueous fraction was also used for activity testing and the marc was discarded. The solvents were removed under reduced pressure and the extracts were concentrated under vacuum at 40-60 °C and weight of the dried mass was recorded.

\begin{table}
\centering
\begin{tabular}{|c|c|c|c|c|}
\hline
S. no & Name of the extracts & \textit{B. specifera} (cm) & \textit{C. lunata} (cm) & \textit{A. Alternata} (cm) \\
\hline
1 & Acetone & 13.9 & 14.9 & 11.8 \\
2 & Methanol & 14.1 & 19.3 & 11.9 \\
3 & Chloroform & 13.4 & 14.2 & 12.1 \\
4 & Aqueous & 2.3 & 1.9 & 2.7 \\
5 & Essential oil & 14.6 & 13.5 & 12.3 \\
\hline
\end{tabular}
\caption{Antifungal activity of leaf extracts and essential oil of \textit{A. Marmelos}.}
\end{table}

\textbf{Extraction of leaf essential oil}

\textbf{Hydro-distillation apparatus and procedure:} One hundred and fifty grams leaves were hydro-distillated with a Clevenger-type apparatus and extracted with 2L of water for 4h until no more essential oil was obtained. The essential oil was collected, dried and kept dry in vials and stored at 4 °C before chemical and bioassay analyses. The amount of oil obtained was measured and the oil was calculated based on the fresh weight (mL/100g fresh weight) was based on comparison of their mass spectra with those if NIST05 (version 2.0) library.

\textbf{Antioxidant Studies}

\textbf{Free radical scavenging potential}

\textbf{DPPH (1, 1-diphenyl-2-picrylhydrazyl) radical scavenging assay:} In this assay, free radical scavenging activity was determined according to the method of Blois with modifications. A total of 1ml from a 0.5mM methanol solution of the DPPH radical was mixed to 300μl sample (1mg/ml) and added to this 0.1M sodium acetate buffer (pH 5.5) was added. The mixtures were well shaken and kept at room temperature in the dark for 30 min. The absorbance was measured at 517nm using a double beam UV-VIS spectrophotometer.

Radical scavenging activity (RSA) was expressed in percentage and calculated using the formula:

\[\% \text{RSA} = \frac{(A \text{control}\ - \ A \text{sample})}{A \text{control}} \times 100.\]

Result was presented as IC50, the concentration of extract required to scavenge 50% of the DPPH radical.

\textbf{Ferrous ion chelating (FIC)}

The chelating effect on ferrous ions of the prepared extracts was estimated by the method of Singh and Rajini. Briefly, 500μl of each extract (1mg/ml) and 250μl of methanol were added to...
In the present study, leaves of *A. marmelos* (Bael) were collected from bhaderwah area of Jammu. The different types of solvents viz. Acetone, methanol, chloroform and aqeous were used for the extraction. Essential oil was extracted using hydro distillation method. These extracts and essential oil were further used to check antimicrobial, antifungal, antioxidant and cytotoxic potential.

**Antibacterial and antifungal activity**

The antibacterial and antifungal properties of the extract and essential oil was assessed by agar well diffusion technique against 7 pathogenic bacterial and fungal strains, and the results were compared with the activity of the positive control, chloramphenicol. The results of antifungal assay are obtained by Food Poisoned Technique. It is an assay method by which we can find the growth of the fungi. The extract showed considerable antibacterial activities against most of the test organisms. The most prominent anti-bacterial profile was exhibited against *S. aureus* with the zones of inhibition of 9mm followed by *A. denitrificans* 8mm, *E. coli* 7mm and *B. subtilis* 5.5mm respectively in case of chloroform extract. The most noteworthy activity was observed against all three fungal pathogens.

**Cytotoxic activity**

In vitro cytotoxic potential of the leaf methanol extract and essential oil of *A. marmelos* against breast T47D cell line was assessed by the MTT assay for which the IC50 value were 34.52µg/mL and 45.57µg/mL respectively. Earlier reports showed the cytotoxic activity of the leaf extracts of *A. marmelos* against cell lines [12].

Tetrazolium-based colorimetric assay (MTT) which measures the reduction of the tetrazolium salt MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide; Roche) into a blueformazan product, mainly by the activity of the mitochondrial enzymes, cytochrome oxidase and succinate dehydrogenase [13]. Typically, 100µl of cells suspension were plated at a density of approximate 2 x104 cells per well in a 96-well plate, and were subsequently incubated at 37 °C in a 5% CO2 humid incubator for 24 hours. Then essential oil and methanol extract with different concentrations were added to each group (triplicate wells) and the incubation was continued for 24h, followed by adding10µl (5mg/ml) of MTT dye solution to each well for 4 hours at 37 °C. After removal of the MTT dye solution, cells were treated with 100µl DMSO and the absorbance at 490nm was quantified using ELISA reader. The cytotoxicity was calculated after comparing with the control (treated with 0.1% DMSO) and essential oil of *A. marmelos* against cell lines.

**Conclusion**

It is quite evident from the research that *Aegle marmelos* contains a number of phytoconstituents which reveals its uses for various therapeutic purposes. The Plant or its individual parts can be used for the treatment of various disorders in human being such as fungal infection, microbial infection, inflammation etc. Still so much work is required with the *Aegle marmelos* to investigate the mechanism of actions with other therapeutic activities.
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