Terahertz Plasmonic Quantum Cascade Lasers: a Comprehensive Physics Study

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Abstract
Generation of terahertz (THz) radiation has been a hot research topic in recent years. Plasmonic quantum cascade lasers (QCLs) are among the most compact and efficient sources to generate THz radiation. In this paper, we comprehensively study plasmonic QCLs designed based on the antenna-feedback structure to generate efficient radiation about the center frequency of 3 THz. By changing the geometric structure of the plasmonic cavity and using two-dimensional simulation, a minimum loss less than 5.9 cm⁻¹ is achieved at the lasing frequency. It is also possible to control the orientation of the output beam either vertically or tilted by changing the geometry of the antenna design via chirped or non-chirped grating scheme. Moreover, the output characteristics of the QCL are simulated based on the three-level rate equations through which the dynamics of the laser, as well as the P-I curve, are investigated. Also, the gain spectra for two laser designs (with chirped and non-chirped gratings) are simulated and compared to each other. The results of this paper may provide deep insight into designing efficient laser sources in the THz region.

Keywords Terahertz · Quantum cascade laser · Plasmonics · Rate equations · Gain spectrum · Antenna feedback

Introduction
Terahertz (THz) sources have attracted specific attention for generating efficient radiation in the THz region [1]. THz radiation or T-ray includes a frequency range of 0.1–10 THz and an equivalent wavelength region of 30 μm–3 mm in the electromagnetic spectrum [2]. Many solids and molecules have distinct and strong spectral lines at THz frequencies that provide THz technology for both scientific and commercial applications in various fields such as biomedical imaging, non-invasive inspections, spectroscopy, and astronomy [3–7]. The generation of THz radiation is possible through various sources such as parametric oscillators [8], Gyrotrons [9, 10], and four-wave mixing (FWM) [11] which unfortunately generate low average power.

Quantum cascade lasers (QCLs) are one of the best available solid-state sources for generating high-average coherent THz radiation [12, 13]. QCLs operate based on intersubband transitions where the unipolar nature of the intersubband transitions creates the possibility of cascading process. QCLs can be fabricated using grating outside the cavity with the active region made of GaAs/AlGaAs [14]. The cooling system of these structures is based on liquid nitrogen with the operating temperature of 78 °K [15, 16]. Metal–metal plasmonic waveguides with parallel plates are the most effective technique to confine THz radiation of QCLs due to the low optical loss of metals at this frequency range [17].

In this paper, antenna-feedback QCLs are comprehensively studied, and using the two-dimensional simulation, the lasing frequency and the intensity pattern are determined. The output characteristics of THz QCLs such as output power and optical gain are simulated using three-level rate equations. Also, the effect of injection current on the population inversion and the number of photons is examined where the P-I diagram and the optical gain spectrum of THz QCLs are plotted for two different types of feedback schemes, i.e., chirped and the non-chirped gratings. The results show that for the QCL with non-chirped grating scheme, a lower threshold current and higher slope efficiency are obtained. We believe that this is the first time that all aspects of such antenna-feedback THz QCLs are comprehensively studied all in one place.
Theoretical Framework

The schematic of the THz plasmonic QCL with the antenna-feedback grating implemented on the top-metal cladding with a periodicity of \( \Lambda \) is shown in Fig. 1. The lateral and longitudinal absorbing boundaries are implemented to selectively excite the desired fundamental mode. It is worth noting that this THz QCL has been fabricated where its scanning electron microscope (SEM) image has been reported in ref. [14]. Also, by adjusting the grating period \( \Lambda = 21.7 \, \mu m \), the laser will be surface-emitting with the grating period being obtained via [14]:

\[
\lambda = \frac{(n_\text{a} + n_\text{s})\Lambda}{p}
\]  

In Eq. (1), the refractive indices of the active medium and surrounding media (air) are \( n_\text{a} \sim 3.6 \) and \( n_\text{s} = 1 \), respectively, and the diffraction order is \( p = 1 \) for the antenna-feedback design [14].

The performance of the THz QCLs can be accurately described using several different numerical methods, such as the model of self-consistent rate equations [18]. Figure 2 shows a schematic of the three-level electronic diagram of the QCLs. Stimulated emission is possible by population inversion between laser levels of 3 and 2 [19].

The output and dynamic characteristics of the QCL can be described by the following three-level rate equations [19] where the equations can be solved numerically using MATLAB software:

\[
\begin{align*}
\frac{dN_3}{dt} &= \frac{\eta I}{q} - \frac{N_3}{\tau_{32}} - \frac{N_3}{\tau_{31}} + g_0 S \Delta N \\
\frac{dN_2}{dt} &= \frac{N_3}{\tau_{32}} - \frac{N_2}{\tau_{21}} + g_0 S \Delta N \\
\frac{dN_1}{dt} &= \frac{N_3}{\tau_{31}} + \frac{N_2}{\tau_{21}} - \frac{N_1}{\tau_{\text{out}}} \\
\frac{dS}{dt} &= \left( m g_0 \Delta N - \frac{1}{\tau_p} \right) S + m \beta \frac{N_3}{\tau_{sp}}
\end{align*}
\]

Here, \( \eta \) is the injection efficiency, \( I \) is the injection current, \( q \) is the electric charge, and \( N_1, N_2, N_3 \) are the carrier populations in levels 1, 2, and 3, respectively. \( \Delta N = N_3 - N_2 \) is the population inversion, \( g_0 \) is the gain coefficient, and \( S \) determines the number of cavity photons. \( \tau_{32}, \tau_{31}, \) and \( \tau_{21} \) are the lifetime representing the transition between the corresponding levels, \( \tau_{\text{out}} \) denotes the tunneling rate, \( \tau_{sp} \) is the spontaneous emission lifetime, \( \tau_p \) is the photon lifetime, \( m \) represents the multiplication factor, and \( \beta \) is the spontaneous emission coupling coefficient [19].

The output power and optical gain of the THz QCL can be calculated using rate equations where the effect of various parameters such as frequency, refractive index, and population inversion can be investigated. The output power of the laser is obtained via the equation [16]:

\[
P = \frac{\pi c h \omega_0}{4 n L \pi} \left( \frac{\alpha_{\text{mir}}}{\alpha_{\text{cav}}} \right) S
\]

where \( L \) is the length of the laser cavity, \( h \) is the reduced Planck constant, \( c \) is the speed of light, \( n \) is the effective refractive index of the laser, \( \alpha_{\text{mir}} \) is the cavity facet loss, and \( \alpha_{\text{cav}} \) is the cavity radiative loss. The optical gain of the laser is obtained from [20]:

\[
S = \left( \frac{m g_0 \Delta N - \frac{1}{\tau_p}}{m \beta \frac{N_3}{\tau_{sp}}} \right) S
\]
where \( f_0 \) denotes resonance frequency, \( d^2 \) is the dipole matrix element where its value for GaAs is equal to 5.6 Å, and \( L(f) \) is the Lorentz line shape function.

**Results and Discussion**

Using the finite-element method and physics of wave optics in the frequency domain, we have simulated the metal–metal parallel plate waveguide with GaAs/AlGaAs active region. By adjusting different parameters in two dimensions (2D) with appropriate mesh grid, the loss spectrum is simulated to obtain the lasing frequency with the minimum resonance loss. A very important parameter for finite-element simulation is the mesh size. The mesh size should be accurate enough compared with the geometry size of the structure. On the other hand, the mesh size should be in consistence with the computational memory and simulation time [14]. It should be noted that in reality, different environmental conditions such as thermal effects may affect the performance of the laser. Therefore, the simulation results may be slightly different from the experimental data obtained in practice.

Two highly doped layers of GaAs are placed at both ends of the active region as adsorbing boundaries with different widths. The gap size between the gold gratings is 0.2Λ, the width of the absorbing boundaries is 10 µm, and its thickness is 0.1 µm. The length of the cavity is 1.4 mm, its thickness is 10 µm, and the thickness of the gold layer is 0.4 µm (see Fig. 1).

We examine the laser loss at different frequencies as shown in Fig. 3a. The minimum loss of the resonance frequency occurs at 3.12 THz. Also, the laser output intensity pattern along the entire length of the cavity is shown in Fig. 3b where the maximum intensity takes place in the middle of cavity with vertical orientation.

As shown in Fig. 4a, when the thickness of the absorbing boundaries increases, the laser loss increases as well. Figure 4b shows the laser output intensity pattern when the thickness of the absorbing boundaries is 0.008 µm and the intensity height (approximately 135 µm above the surface) is increased. It is found that by increasing the thickness of the
metal grating to 1 µm with the grating period of Λ = 21 µm and the thickness of the absorbing boundaries 0.05 µm, a resonant loss of 5.91 cm⁻¹ can be achieved at 3.12 THz. The results are in good agreement with that of reported in Ref. [14].

Figure 5 shows the effect of thickness and grating period on the orientation of laser output intensity. In Fig. 5a, we increase the chirped grating period with the criterion Λ₂ = Λ₁ + 1, along the longitudinal length of the cavity, so that 2 is the number of the grating gap. The width of the metal grating and the initial grating period is 20 µm and 21 µm, respectively. The propagation is tilted with an angle of 45 degrees to the left (negative tilted) and the intensity height is approximately 330 µm at a frequency of 2.97 THz but increased the amount of loss (30.31 cm⁻¹). In Fig. 5b, we have changed the chirped thickness of grating, along the length of the cavity and to the longitudinal center of the cavity according to the criterion \( T_t = T_{t-1} + 0.5 \) and from the center to the end of the cavity according to the criterion \( T_t = T_{t+1} - 0.5 \). Λ = 38.36 µm; initial thickness \( T \) of the grating is 0.25 µm, and width of the gap is approximately 0.13 Λ. The propagation is tilted with an angle of 45 degrees to the right (positive tilted), and the intensity height is approximately 400 µm at a frequency of 2.98 THz but is increased the amount of frequency loss (32.78 cm⁻¹) like part (a). In both cases, the width of the absorbing boundaries is 40 µm.

Figure 6 shows the simulated spectra of THz QCLs with antenna-feedback non-chirped and chirped grating schemes. The single-mode spectrum is scaled linearly with a grating period \( \Lambda \), indicating that the antenna-feedback mechanism operates as expected. In addition, the lasing wavelength of the chirped grating is longer than that of the non-chirped one. In fact, this is because the resonance frequency or the lasing wavelength depends on the geometrical structure of the laser cavity. Therefore, when the structure of the metal grating changes (for example chirped scheme), the lasing wavelength changes as well. Here, the lasing wavelength is increased for the chirped grating compared with that of the non-chirped one.

To investigate dynamics characteristics as well as the gain and the output power of the THz QCL, we have numerically solved Eqs. (2)–(7) together with following Eqs. (8)–(10) for the parameters listed in Table 1. The injection efficiency is defined as [19]:

\[
\eta = \frac{\tau_{31}(\tau_{32} - \tau_{21})}{\tau_{32}(\tau_{31} + \tau_{21})}
\]

where the injection efficiency is obtained as 72% for the parameters given in Table 1.

As it can be seen from Fig. 7, up to 2.5 A electrical injection current, the simulated population inversion increases and then the population inversion decreases.

| Table 1 Different parameters used for QCLs simulations [19] |
|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| M | β | τ₁ (ps) | τ₂ (ps) | τ₃ (ns) | τ₂₁ (ps) | τ₂₂ (ps) | τ₃₁ (ps) | g₀ (1/s) |
|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 30 | 10⁻⁶ | 0.5 | 3.7 | 7.0 | 0.5 | 2.0 | 2.4 | 5.3 x 10⁴ |
However, it should be noted that in practice, THz QCLs can withstand injection currents up to 4 A [20]. It is also possible to plot the dynamics of the carrier population at levels 3 and 2 and the number of cavity photons at different currents. In Fig. 8, evolutions of the carrier populations at levels 3 and 2 together with photon numbers simulated at 2.5A are shown.

Using the relationship between the optical output power $P$ and the photon number $S$ given in Eq. (6), the $P$-$I$ diagram is obtained. The mirror loss of the cavity $\alpha_{\text{mir}}$ is defined as:

$$\alpha_{\text{mir}} = -\frac{1}{2L} \log(R_1 R_2)$$

(9)

where $R$ is the reflection coefficient of the cavity facets.

The $P$-$I$ curve of the THz QCL is shown in Fig. 9 where the solid line corresponds to the non-chirped grating of $\Lambda = 21.7$ $\mu$m, a loss of 12 cm$^{-1}$, and the resonance frequency of 3.12 THz. Also, the dotted-line is related to the chirped grating with a grating period of $\Lambda_t = \Lambda_{t-1} + 1$, loss of 31.30 cm$^{-1}$, and the resonant frequency of 2.97 THz, so that $t$ is the number of grating gaps.
As is seen in Fig. 9, the output power at 1 A electrical current is about 1.5 mW for a non-chirped grating period and is about 0.6 mW for a chirped grating period. Also, QCLs with the chirped grating have more threshold injection current and lower slope efficiencies than QCLs with the non-chirped grating scheme. This is due to the higher loss caused by the chirped grating. The behavior of the obtained results is matched with that of reported both experimentally and theoretically in refs. [14, 20].

Optical gain is one of the most important features of semiconductor lasers. Optical gain occurs due to the emission of light created by the recombination of electrons and holes. In other lasers, such as gas lasers or solid-state lasers, the processes involved in the optical operation are very simple, but in semiconductors are a complicated issue due to the interactions between photons, electrons, and holes. Accordingly, understanding these processes as an essential requirement for device optimization is necessary. Therefore, we have also examined the optical gain in the three-level THz QCLs. Optical gain is directly related to the
population inversion which is obtained using Eq. (7), where \( L(f) \) is the Lorentz line shape function defined as follows:

\[
L(f) = \frac{\left(\frac{\Delta \nu}{2}\right)^2}{\left(f - f_0\right)^2 + \left(\frac{\Delta \nu}{2}\right)^2}
\]  

(10)

Here, \( \Delta \nu \) is the frequency bandwidth which is equal to 1.5 THz and \( f_0 \) is the resonance frequency [21]. Now, using Eq. (7), we can simulate the optical gain spectrum for the three-level THz QCL with the non-chirped or chirped grating scheme as shown in Fig. 10.

As can be seen from Fig. 10, the optical gain value is the order of \( 10^4 \), and it obeys the form of Lorentz function which has been also established by other works such as reference [22]. In Fig. 10, the QCL with a non-chirped grating, the value of the optical gain threshold is \( 0.25 \times 10^4 \) (s\(^{-1}\)), and the gain peak occurs at the resonance frequency of 3.12 THz which is approximately equal to \( 1.1 \times 10^4 \) (s\(^{-1}\)). Also, for the QCL with a chirped grating scheme, the threshold value and the gain peak are higher than those of QCL with a non-chirped grating. It is worth noting that in addition to THz plasmonic QCLs, there have been some progresses in the field of active plasmonics enhanced terahertz radiation using 2D materials such as graphene reported in refs. [23–25]. In general, we have comprehensively studied different properties of THz plasmonic QCLs confirmed separately in various references [14, 19–21], and also investigated similar properties for the proposed design of THz QCL when a chirped grating scheme is used.

### Conclusion

We have studied antenna-feedback THz plasmonic QCLs based on the two-dimensional simulation where by changing the thickness of absorbing boundaries at both ends of the cavity, a minimum loss of less than 5.9 cm\(^{-1}\) is achieved. Also, by changing the width and chirped metal grating period, we were able to control the orientation of the output beam vertically or tilted. Tilted propagation has a higher resonance frequency loss and higher intensity than vertical propagation. By solving three-level rate equations, we have simulated the dynamics of the carrier populations at lasing levels and the number of cavity photons at 2.5 A injection current. Finally, using the relationship between the output power and the number of photons, we have plotted the P-I diagram for two types of laser structures with non-chirped and chirped grating schemes with a loss of 12 cm\(^{-1}\) and 30.31 cm\(^{-1}\), respectively. It was observed that the THz QCL with chirped grating has a higher threshold current and lower slope efficiency than those of the QCL with non-chirped grating due to higher loss. In the optical gain spectrum for QCL with non-chirped grating, the gain threshold is \( 0.25 \times 10^4 \) (s\(^{-1}\)) and for the QCL with chirped grating due to further loss, the threshold value is higher than the gain for THz QCL with non-chirped grating.

### Author Contribution

All the authors contributed to the study conception and design. Material preparation, simulation results, and analysis were performed by H. Pakarzadeh and F. Pakfetrat. The first draft of the manuscript was written by F. Pakfetrat, and all the authors commented on previous versions of the manuscript. All the authors read and approved the final manuscript.

### Availability of Data and Material

Data are available on request from the authors.

### Declarations

**Informed Consent** Not applicable.

**Consent to Participate** Not applicable.
Consent for Publication  Not applicable.
Research Involving Human Participants and/or Animal  Not applicable.
Conflict of Interest  The authors declare no competing interests.

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