(5-level scoring system) was 12.5 (SD = 4.1). When using the revised scale (4-level scoring system), the mean of 213 men was 8.8 (SD = 4.3), while the mean of 85 women was 8.6 (SD = 4.7). Another sample, 396 middle-aged women, scored slightly lower. The mean is 7.3 (SD = 3.9). Cronbach of the original scale α the coefficient is the sum of Cronbach of the revised scale of 0.700 α The coefficient is 0.79. The two-week test-retest reliability of the original scale was 0.730, and the four-week test-retest correlation coefficient of the revised version was 0.77.

Results: (1) Entrepreneurship education in China has roughly experienced the development process of “family blood Network Entrepreneurship Education - cluster enterprise interactive Entrepreneurship Education - popularization of innovation and entrepreneurship concept education in Colleges and universities”. In the era of entrepreneurship, the original experiential, imitative and knowledge-based entrepreneurship education model is facing the dilemma of low efficiency or even ineffective: first, the “technology driven” weakens the experience advantage of family entrepreneurship education; Second, “model driven” weakens the imitation advantage of social entrepreneurship education; Third, “utility driven” breaks the knowledge advantage of entrepreneurship education in Colleges and universities. (2) In order to meet the new needs of the entrepreneurship market, under the background of “decentralization”, the main body of entrepreneurship education should actively break through the boundary, find the structural connection point and interactive intersection with other disciplines, embed core resources and advantages into the entrepreneurship education network, reconstruct the deeply integrated network relationship, promote the process reengineering of entrepreneurship education, and change the organizational form and content output of entrepreneurship education. Establish a multidimensional network coupling of multi-disciplinary cooperation guided by market demand: the first is the induced Association of “agglomeration” of core enterprises, the second is the “diffusion” of spillover Association of top universities, and the third is the interactive association “integration” of sharing platforms. At the same time, the correlation analysis between emotion regulation ability and health behavior of online education subjects under the “three drivers” shows that this study further finds that online learning efficacy plays a complete mediating role and a partial mediating role in the impact of positive academic emotion and negative academic emotion on online academic investment, respectively. Specifically, after introducing the mediating variable of learning efficacy, the path coefficient of “positive academic emotion online academic investment” decreased from significant to insignificant, indicating that online learning efficacy plays a complete mediating role in the influence of positive academic emotion on online learning investment. The relationship between negative academic emotion and online learning investment is still significant even after the introduction of mediating variables, which shows that online learning efficacy plays a partial mediating role in the impact of negative academic emotion on online learning investment. This result does not support Fredrickson’s view that “positive emotions are associated with specific action tendencies”. In addition to the particularity of online learning environment, the difference of emotional nature plays an important role in the direct impact of positive academic emotion and negative academic emotion on online learning investment. This study believes that emotion is generated by individuals adapting to the environment. It is worth mentioning that negative emotions evolve gradually in the environment of dealing with survival threats, and are more closely related to specific action trends; Positive emotions are only accompanied by general activation, not specific action trends, and do not produce specific actions. Therefore, in the online learning environment, the positive academic emotion mainly affects the online learning investment by activating the individual’s sense of learning efficacy, while the negative academic emotion not only directly affects the individual's online learning investment, but also indirectly affects the online learning investment by weakening the sense of learning efficacy.

Conclusion: The change of entrepreneurial market driving force gradually weakens the central advantage of the original subject of entrepreneurial education, making the experience advantage, imitation advantage and knowledge advantage in various entrepreneurial education unable to support the entrepreneurial behavior in the network era. Driven by “technology, mode and utility”, it is necessary to reconstruct the three interrelated modes of entrepreneurship education. Namely “core enterprise introduction (agglomeration), first-class university spillover (diffusion), sharing platform interaction (integration)”. So as to create three benefits after reconstructing the subject relationship of entrepreneurship education: rapid response to the advantages of network structure, symbiotic and mutual ecological effect, and multiple superimposed value creation system. Finally, strengthen positive cognitive education, carry out targeted psychological counseling for online educators, correctly guide positive emotions, turn some blind and optimistic impulsive emotions into rational motives, and guide them to carry out relevant activities according to their own advantages and characteristics. Set an example, clarify the incentive objectives, regularly hold successful model sharing, experience introduction, project display and other activities, set a successful example for positive emotions, clarify the specific objectives of entrepreneurial activities, form strong psychological motivation, stimulate internal potential and help realize positive behavior. Strengthen professional guidance and make the motivation of winning the bid behavioral. Give full play to the talent advantages under the Internet mode, enhance the degree of group intelligence, professionalize the knowledge in the business field, and form obvious talent and intellectual advantages. Experts and scholars can also be organized to establish professional staff psychological counseling teams, give full play to the business projects of experts and scholars in their respective fields, and carry out scientific research on entrepreneurship projects.

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A QUESTIONNAIRE SURVEY ON THE RELATIONSHIP BETWEEN EARLY ART EDUCATION AND EMOTION REGULATION OF CHINESE COLLEGE STUDENTS
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Background: Chinese groups are prone to stress when facing life problems such as learning tasks, employment and marriage, resulting in more and more groups suffering from anxiety, insomnia, emotional disorders and other problems. There are also some students who are under great pressure in an increasingly competitive environment, suffering from depression and suicidal tendencies. Relevant research shows that art education is conducive to alleviate the anxiety and anxiety of groups and promote the development of
Participants and Methods: The adolescent daily Emotion Regulation Questionnaire (aderq) was used to measure the frequency of adolescents’ use of cognitive reappraisal, cognitive immersion, expression inhibition and expression catharsis in their daily life. Among them, cognitive reappraisal refers to the individual giving emotional stimulation a different meaning from the past; Cognitive immersion refers to individuals repeatedly thinking about the emotion itself and the causes and possible consequences of emotion; Expression inhibition refers to an individual hiding his internal emotional experience in his external behavior; Expression and catharsis refers to an individual's internal emotional experience in external behavior. There are 35 items in the questionnaire. Likert's 5-point score is adopted, ranging from 1 (completely unqualified) to 5 (fully qualified). All items are scored positively. The questionnaire is divided into two sub questionnaires: positive emotion regulation and negative emotion regulation, and includes four dimensions: cognitive reappraisal, cognitive immersion, expression inhibition and expression catharsis. The scores of the questionnaire and each dimension are the average of the corresponding items. The larger the score, the more individuals use the strategy. In this study, Cronbach’s α Is. 80, Cronbach’s of each dimension α Between. 70 and. 85.

Results: The study found that the mental health status of students who received early art education was significantly better than that of students who did not receive art education in childhood. The longer the art learning time, the better the students’ life meaning experience and the higher their life satisfaction. The longer you study art, the higher your love for art and the higher the meaning of life. In short, the years of art learning can directly or indirectly affect life satisfaction and life meaning experience.

Conclusion: The years of art study are positively correlated with the level of group mental health. The limitation of this study is that the number of years of art study has no direct impact on the group's positive and negative emotions, but it has an intermediary effect on the group's mental health. This study adopts the method of empirical research to explore the relationship between early art education and group mental health, which has certain significance and value for a more comprehensive grasp of group mental health. In short, we should fully consider the important impact of art learning on students' emotions, actively pay attention to the changes of students' psychological emotions and behaviors and their impact on active behavior, actively and flexibly organize rich activities according to students' psychological characteristics, strive to create a relaxed and harmonious teaching atmosphere, create a friendly and mutual assistance relationship, encourage and guide students to adjust their psychology to the best state, Promote their good cognition and healthy development of life.

EFFECTS OF HEAD DOWN TILT TRAINING ON CAROTID BLOOD FLOW, PSYCHOLOGICAL STRESS AND ANXIETY SENSITIVITY IN THE ELDERLY
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Background: At present, population aging has become an important social problem in the world, which is closely related to the economic development of various countries. For the elderly, exercise is an important means of disease prevention and rehabilitation. “Head down tilt training” has attracted a lot of interest. From the perspective of preventive medicine, there is still a lack of systematic research on the impact of head down training on human function. The purpose of this study was to investigate the changes of carotid blood flow and the characteristics of psychological stress in the elderly after HDDT. We hypothesized that HDDT can increase carotid blood flow and reduce psychological stress. At the same time, whether head down tilt training has an impact on the psychological anxiety of the elderly also has become an important research question.

Participants and Methods: 40 retired teacher volunteers were recruited. Carotid hemodynamics was measured by Philips color Doppler cv850 color ultrasound. The blood flow characteristics of different postures were studied. This paper also uses the multi-dimensional health locus of control scale wallston, &; dvellis, 1978 (multidimensional health locus of control scales) MHLC scale to evaluate the views on health from the perspective of psychological control in three areas: Levenson's internality, the influence of powerful others and the role of opportunities. MHLC has two parallel versions, each of which is divided into three parts with six entries in each part, all of which are self-rated scales. The scores of each subscale range from 6 to 36. The sample sources of MHLC include healthy people such as students, secretaries, nurses, doctors, etc., as well as people with health problems such as diabetes, hypertension and patients undergoing hemodialysis or chemotherapy. The norm data are in IHLC m-26 (SD = 5), CHLC M = 15 (SD-6), PHLC M = 20 (SD = 5.5). Internal consistency study showed that IHLC Cronbach a = 0.61-0.80, CHLC 0.55-0.83, phlc 0.83 56-0.75, the correlation of each component between the two parallel versions is ihlc0.75 respectively 48-0.77, CHLC0. 38-0.65, PHLC0. 46-0.53. The three subscales of test-retest reliability after an interval of 4 to 6 months were ihlc0 66 CHLC0. 73, PHLC0. 71.

Results: There was no significant difference in gender in the same part (P > 0.05), and there was no significant difference in blood flow in different parts of the same artery (P > 0.05). In both men and women, the blood flow of left common carotid artery, right common carotid artery, right internal carotid artery and right vertebral artery showed head downward tilt of - 90 ° < head downward tilt of - 30 ° < head upward tilt < supine position. For the blood flow of the left internal carotid artery, it is head downward tilt - 90 ° < head upward tilt < supine < head downward tilt N-30 °. This study communicated with the subjects before and after the experiment. The subjects generally responded that after hdtt, the psychological pressure in life slowed down and the sleep quality improved. At the same time, in the influence of head down tilt training on anxiety, directional emotional response plays an intermediary role and psychological elasticity plays a regulatory role. Head down tilt training mediates anxiety through directional emotional response, which is regulated by psychological elasticity. The more head down tilt training, the less influence of adjusting life events and coping styles on anxiety; On the contrary, the less head down tilt training, the greater the impact of adjusting life events through coping style on anxiety.

Conclusion: The total blood flow of the carotid artery decreases in the same position as that in the supine and supine position. The changes of carotid blood flow were related to body position, but not to gender. The change of body position has a certain effect on cerebral blood flow, but the overall change is small in the