**Supplementary Table**

Premenstrual Symptom Interference by Country

| COUNTRY                     | % Reporting Premenstrual Symptom Interference Every Cycle |
|-----------------------------|----------------------------------------------------------|
| Egypt                       | 35.95                                                   |
| Pakistan                    | 34.66                                                   |
| Brazil                      | 31.96                                                   |
| Morocco                     | 31.22                                                   |
| Iran                        | 30.48                                                   |
| Jordan                      | 29.52                                                   |
| Bangladesh                  | 29.15                                                   |
| Sweden                      | 29.15                                                   |
| UK                          | 28.47                                                   |
| India                       | 28.39                                                   |
| Lebanon                     | 28.32                                                   |
| Tunisia                     | 28.1                                                    |
| Saudi Arabia                | 28.05                                                   |
| Qatar                       | 27.9                                                    |
| United Arab Emirates        | 27.19                                                   |
| Philippines                 | 27.18                                                   |
| Iraq                        | 26.85                                                   |
| Algeria                     | 26.76                                                   |
| Brunei Darussalam           | 26.61                                                   |
| Korea                       | 26.61                                                   |
| Turkey                      | 26.59                                                   |
| Bosnia and Herzegovina      | 26.55                                                   |
| Israel                      | 26.1                                                    |
| Canada                      | 26.1                                                    |
| Kuwait                      | 25.99                                                   |
| US                          | 25.76                                                   |
| Lithuania                   | 25.65                                                   |
| Serbia                      | 25.56                                                   |
| Japan                       | 25.35                                                   |
| Cyprus                      | 25.34                                                   |
| Macedonia                   | 25.2                                                    |
| Russian Federation          | 25.13                                                   |
| Greece                      | 24.9                                                    |
| Malta                       | 24.86                                                   |
| Ethiopia                    | 24.81                                                   |
| Ireland                     | 24.8                                                    |
| Thailand                    | 24.57                                                   |
| Uganda                      | 24.51                                                   |
| Country           | Value |
|-------------------|-------|
| Romania           | 24.42 |
| Viet Nam          | 24.36 |
| Portugal          | 24.23 |
| Botswana          | 24.17 |
| Belarus           | 24.14 |
| Australia         | 24.03 |
| Indonesia         | 23.97 |
| Nepal             | 23.95 |
| Sri Lanka         | 23.89 |
| Mauritius         | 23.84 |
| Denmark           | 23.71 |
| Moldova           | 23.65 |
| Hungary           | 23.44 |
| Latvia            | 23.43 |
| Croatia           | 23.3  |
| Malaysia          | 23.27 |
| Bulgaria          | 23.15 |
| Georgia           | 23.15 |
| Maldives          | 23.03 |
| Czech Republic    | 22.86 |
| Norway            | 22.73 |
| France            | 22.63 |
| Malawi            | 22.62 |
| Armenia           | 22.51 |
| Réunion           | 22.44 |
| Ukraine           | 22.35 |
| Azerbaiján        | 22.12 |
| Mozambique        | 22.01 |
| Slovenia          | 22.01 |
| Kyrgyzstán        | 21.93 |
| Angola            | 21.79 |
| South Africa      | 21.75 |
| Zambia            | 21.71 |
| New Zealand       | 21.69 |
| Andorra           | 21.36 |
| Burkina Faso      | 21.29 |
| China             | 21.17 |
| Estonia           | 21.06 |
| Albania           | 21.03 |
| Switzerland       | 21.01 |
| Kenya             | 20.96 |
| Country                  | Score |
|--------------------------|-------|
| Taiwan                   | 20.87 |
| Uzbekistan               | 20.77 |
| Kazakhstan               | 20.52 |
| Singapore                | 20.44 |
| Germany                  | 20.4  |
| Namibia                  | 20.3  |
| Peru                     | 20.19 |
| Honduras                 | 20.18 |
| Iceland                  | 20.17 |
| Bolivia                  | 20.1  |
| Slovakia                 | 20.1  |
| Belgium                  | 20.02 |
| Poland                   | 19.98 |
| Trinidad and Tobago      | 19.96 |
| Barbados                 | 19.91 |
| Cabo Verde               | 19.91 |
| Tanzania                 | 19.9  |
| Turkmenistan             | 19.9  |
| Belize                   | 19.88 |
| Italy                    | 19.88 |
| Guadeloupe               | 19.76 |
| Spain                    | 19.68 |
| Costa Rica               | 19.62 |
| Netherlands              | 19.22 |
| Puerto Rico              | 19.13 |
| Senegal                  | 19.13 |
| Chile                    | 19.07 |
| Hong Kong                | 19    |
| Panama                   | 18.92 |
| Paraguay                 | 18.61 |
| Benin                    | 18.6  |
| Ecuador                  | 18.44 |
| Austria                  | 18.36 |
| Guatemala                | 18.35 |
| Nicaragua                | 18.33 |
| Colombia                 | 18.3  |
| El Salvador              | 17.97 |
| Zimbabwe                 | 17.87 |
| Côte d'Ivoire            | 17.66 |
| Guyana                   | 17.52 |
| Finland                  | 17.47 |
| Country          | Percentage |
|------------------|------------|
| Jamaica          | 17.44      |
| Dominican Republic | 17.2      |
| Haiti            | 16.83      |
| Tajikistan       | 16.63      |
| Uruguay          | 16.57      |
| Fiji             | 16.56      |
| Bahamas          | 16.42      |
| Mexico           | 16.22      |
| Argentina        | 16.03      |
| Suriname         | 15.91      |
| Cuba             | 15.65      |
| Venezuela        | 15.64      |
| Togo             | 15.48      |
| Ghana            | 14.8       |
| Mali             | 14.74      |
| Guinea           | 14.29      |
| Cameroon         | 14.11      |
| Nigeria          | 13.88      |
| Gabon            | 13.48      |
| Congo            | 12.27      |

Percentage of participants reporting premenstrual symptoms causing interference in daily functioning every menstrual cycle by country.