Massive Hemoptysis Due to the Rupture of Thoracic Aortic Aneurysm Caused by Leukemic Cell Infiltration in a Patient With Chronic Myelomonocytic Leukemia

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Abstract

Hemoptysis is occasionally experienced in patients with hematological malignancies who have respiratory tract infection and severe thrombocytopenia. Thrombocytopenia due to hematological disease is one cause of hemoptysis. Chronic myelomonocytic leukemia (CMML) is a clonal hematopoietic malignancy characterized by both a myeloproliferative neoplasm and a myelodysplastic syndrome. This malignancy often infiltrates various extramedullary organs and has a poor prognosis. An 84-year-old Japanese man with CMML suffered from hemoptysis and dyspnea. When he arrived at the emergency room, hemoptysis stopped. His white blood cell count was 866 \times 10^9/L with 3.5% blast cells and 36.5% monocytes; hemoglobin was 6.7 g/dL; platelets count was 19 \times 10^9/L; and C-reactive protein was 16.23 mg/dL. Chest X-ray examination revealed an invasion shadow near the mediastinum in the left upper lung field. Chest computed tomography revealed a tumorous lesion in the left upper lobe, which had progressed to the mediastinum and formed an infiltration shadow around it. He was administered the antibiotics and the hemostatic agents under hospitalization. He also received blood transfusion for anemia and thrombocytopenia. Rapid improvement in oxygenation was observed along with a rapid decrease in blood levels in the sputum. On the eighth days of hospitalization, however, the patient newly developed massive hemoptysis and died. Autopsy revealed rupture of a thoracic pseudoaneurysm due to infiltration of leukemia cells in the tunica media and lung. Clinicians should consider thoracic aortic aneurysms as a possible cause of hemoptysis even in cases with small hemoptysis. It should be noted that in CMML patients, direct infiltration of leukemia cells in the vascular wall can cause aneurysm formation.

Keywords: Hemoptysis; Chronic myelomonocytic leukemia; Thoracic aortic aneurysm; Rupture of aneurysm

Introduction

Hemoptysis is occasionally experienced in patients with hematological malignancies who have respiratory tract infection and severe thrombocytopenia. Thrombocytopenia due to hematological disease is one cause of hemoptysis [1]. Chronic myelomonocytic leukemia (CMML) is a clonal hematopoietic malignancy characterized by both a myeloproliferative neoplasm and a myelodysplastic syndrome; this malignancy often infiltrates various extramedullary organs and has a poor prognosis [2]. Although allogeneic stem cell transplantation is the only treatment that can cure CMML, azacitidine therapy can extend the survival period of these patients [3].

Here we describe a case with CMML, who developed massive hemoptysis due to the rupture of a thoracic aortic aneurysm caused by leukemic cell infiltration.

Case Report

In April 2017, an 84-year-old Japanese man suffering from dyspnea and appetite loss was referred to our hospital. He had undergone appendectomy at 34 years of age and used to smoke 10 cigarettes a day until before being referred to our hospital. Laboratory findings at the referred to our hospital were as follows: white blood cells, 42.8 \times 10^9/L with 16% blast cells and 38% monocytes; hemoglobin, 6.2 g/dL; platelets, 35 \times 10^9/L; lactate dehydrogenase, 1,541 U/L; and C-reactive protein, 1.70 mg/dL. Bone marrow examination revealed hypercellularity with decreased megakaryocytes and increased monocytes (Table 1). Forty percent of megakaryocytes had multiple, widely-separated nuclei and 10% of erythrocytes had megaloblastoid change (Fig. 1). Chromosomal analysis of bone marrow specimens using G-band staining was normal. The patient was diagnosed with CMML-2 and treated by 75-mg/m^2 azacitidine for 7 days every 4 weeks. At the same time, the patient was diagnosed with chronic obstructive lung disease by spirograph and chest computed tomography (CT) and treated with tiotro-
Soon after undergoing azacitidine therapy, blast cells in the peripheral blood decreased to 1–2%. However, the therapy was discontinued after two courses on the patient’s request. In August 2017, the patient had bled from the oral cavity and the nose. In the morning 2 days after that, he suffered from hemoptysis and dyspnea and was thus transported to our hospital via an ambulance. When he arrived at the emergency

**Table 1.** Bone Marrow Examination at the Referred to Our Hospital

| Bone marrow examination |       |
|-------------------------|-------|
| NCC                     | 2.013 × 10⁶/L |
| Mgk                     | 0.06 × 10⁹/L |
| Basophilic erythroblast | 2.0%  |
| Polychromatic erythroblast | 7.2%   |
| Orthochromatic erythroblast | 1.4%   |
| Myeloblast              | 9.0%  |
| Promyelocytes           | 1.2%  |
| Myelocytes              | 25.6% |
| Metamyelocytes          | 2.8%  |
| Stab cells              | 3.8%  |
| Segmented cells         | 0.2%  |
| Eosinophil              | 0.2%  |
| Promonocytes            | 3.4%  |
| Monocytes               | 27.2% |
| Lymphocytes             | 2.6%  |

**Figure 1.** Bone marrow examination revealed a hypercellular bone marrow with decreased megakaryocytes and increased monocytes. Forty percent of megakaryocytes had multiple, widely-separated nuclei and 10% of erythrocytes had megaloblastoid change.
room, hemoptysis stopped. His vital signs were as follows: temperature, 38.1°C; heart rate, 146 beats/min; blood pressure, 119/64 mm Hg; and oxygen saturation, 88% under 10 L oxygen administered through an oxygen mask with a reservoir bag. Physical examination revealed decreased respiratory sounds in his left upper lung but no rale or abnormal heart sounds. The liver, spleen and superficial lymph nodes were unpalpable. Petechial bleeding was observed in the chest, abdomen and limbs, but no oral bleeding was observed. Laboratory findings at the emergency room were showed in Table 2. Chest X-ray examination revealed an invasion shadow near the mediastinum in the left upper lung field (Fig. 2a). Chest plain CT revealed a tumorous lesion in the left upper lobe. This mass had progressed to the mediastinum and formed an infiltration shadow around it (Fig. 2b). Due to the patient’s renal disorder, enhanced CT could not be performed.

| **Table 2. Laboratory Data on Admission** |
|-----------------------------------------|
| **Complete blood cell count**           |
| White blood cell                        | $866 \times 10^9$/L |
| Blast                                   | 3.5%                |
| Myelocyte                               | 18.5%               |
| Metamyelocytes                          | 7.5%                |
| Stab cells                              | 1.5%                |
| Segmented cells                         | 25.0%               |
| Lymphocyte                              | 7.5%                |
| Monocyte                                | 36.5%               |
| Hemoglobin                              | 6.7 g/dL            |
| Platelet count                          | $19 \times 10^9$/L  |
| **Coagulation test**                    |
| PT                                      | 17.0 s              |
| PT-INR                                  | 1.38                |
| APTT                                    | 44.8 s              |
| Fibrinogen                              | 533 mg/dL           |
| FDP                                     | 10.8 µg/mL          |
| **Blood chemistry/serological test**    |
| Total protein                           | 7.1 g/dL            |
| Albumin                                 | 2.6 g/dL            |
| Aspartate transaminase                  | 67 U/L              |
| Alanine aminotransferase                | 39 U/L              |
| Lactate dehydrogenase                   | 929 U/L             |
| Alkaline phosphatase                    | 737 U/L             |
| Gamma-glutamyl transpeptidase           | 114 U/L             |
| Total bilirubin                         | 0.7 mg/dL           |
| Uric acid                               | 4.6 mg/dL           |
| Urea nitrogen                           | 60 mg/dL            |
| Creatinine                              | 3.00 mg/mL          |
| Creatine phosphokinase                  | 35 U/L              |
| C-reactive protein                      | 16.23 mg/dL         |
| **Infection-associated test**           |
| Blood culture (2 set)                   | Negative            |
| Sputum culture                          | Resident bacteria of the oral cavity |
| Gaffky scale (3 set)                    | 0                   |

APTT: activated partial thromboplastin; PT: prothrombin time; INR: international normalized ratio; FDP: fibrinogen degradation product; F: coagulation factor.
Patient’s oxygen administration was continued, and he was administered the antibiotics ampicillin/sulbactam and the hemostatic agents carbazochrome sodium sulfonate hydrate and tranexamic acid. He also received blood transfusion for anemia and thrombocytopenia. Improvement in oxygenation was observed in the same afternoon, along with a rapid decrease in blood levels in the sputum. On the seventh day of hospitalization, oxygen administration was discontinued. However, in the early morning of the eighth day of hospitalization, the patient newly developed massive hemoptysis, went into cardiopulmonary arrest and died.

Autopsy was performed after obtaining the consent of his family. It revealed that the cellular bone marrow was filled with homogeneous leukemia cells in the form of acute myeloid leukemia (Fig. 3a, b). Infiltration of leukemia cells in the lung, spleen, liver, kidney and lymph nodes was also noted. A saccular aneurysm of 2.5 cm diameter was identified in the descending aortic arch. It was adhered to the left upper lobe and collapsed, forming a pseudoaneurysm on the lung side (Fig. 3c, d). This pseudoaneurysm had bled and coagulated. In the aorta, infiltration of leukemia cells in the tunica media and atherosclerotic changes were observed (Fig. 3e-g). Infiltration of leukemia cells was also observed in the lungs near the ruptured area (Fig. 3h, i).

**Discussion**

Major causes of hemoptysis are chronic inflammatory lung diseases and bronchogenic carcinoma [1, 4]. Massive hemoptysis accounts for only 1.5% of all hemoptysis cases and predominantly occurs in cases of tuberculosis, carcinoma, fungal ball and bronchial communication with a leaky aortic aneurysm [4]. The mortality rate of patients with massive hemoptysis is 38-50% [1, 5]. In our case, hemoptysis at the time of hospitalization was small. Therefore, we considered it to have been due to a bleeding tendency caused by severe thrombocytopenia and pneumonia. However, if the chest plain CT findings could be correctly interpreted considering thoracic aneurysm to be a cause of the hemoptysis, our patient would have been saved by prompt treatment. Clinicians should consider thoracic aortic aneurysms as a possible cause of hemoptysis even in cases of small hemoptysis.

The most notable point in our case is that the formation and rupture of the thoracic aortic aneurysm was caused by the infiltration of leukemia cells into the tunica media and lung.

In patients with CMML, systemic autoimmune and/or inflammatory diseases are frequently observed, the most common of which is systemic vasculitis [6-10]. There were some reports describing aneurysm rupture following vasculitis in case with CMML [11, 12]. In our case, however, systemic vasculitis was not considered as a possible cause because of the absence of abnormal findings in the remaining vasculature. To the best of our knowledge, case reports describing the rupture of an aneurysm due to direct infiltration of leukemia cells in the vascular wall are extremely rare [13-15]. To date, only one case report of a CMML patient has been published, describing a massive hemoptysis following a pulmonary artery aneurysm.
caused by the infiltration of leukemia cells in the pulmonary tissue surrounding the aneurysm [15]. However, there may be other CMML patients who have died of rupture of aneurysm due to the direct infiltration of leukemia cells without correct diagnosis because rupture of an aneurysm is mostly fatal. Furthermore, among these patients, some may have been incorrectly diagnosed with systemic vasculitis because in most patients with vasculitis-associated CMML, tests for antineutrophil cytoplasmic antibodies are negative [7].

In conclusion, here we reported the case of a CMML patient who developed massive hemoptysis due to thoracic aortic aneurysm rupture caused by leukemic cell infiltration. Clini-
cians should consider thoracic aortic aneurysms as a possible cause of hemoptysis even in cases with small hemoptysis. It should be noted that in CMML patients, in addition to systemic vasculitis, direct infiltration of leukemia cells in the vascular wall can also cause aneurysm formation.

**Conflict of Interest**

All the authors declare no conflict of interest.

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