Abstract: When not dividing, many cell types target their centrosome to the plasma membrane, where it nucleates assembly of a primary cilium, an antenna-like signaling structure consisting of nine concentric microtubule pairs surrounded by membrane. Primary cilia play important pathophysiological roles in many tissues, their dysfunction being associated with cancer and ciliopathies, a diverse group of congenital human diseases. Several recent studies have unveiled functional connections between primary cilia and NRF2 (nuclear factor erythroid 2-related factor 2), the master transcription factor orchestrating cytoprotective responses to oxidative and other cellular stresses. These NRF2-cilia relationships are reciprocal: primary cilia, by promoting autophagy, downregulate NRF2 activity. In turn, NRF2 transcriptionally regulates genes involved in ciliogenesis and Hedgehog (Hh) signaling, a cilia-dependent pathway with major roles in embryogenesis, stem cell function and tumorigenesis. Nevertheless, while we found that NRF2 stimulates ciliogenesis and Hh signaling, a more recent study reported that NRF2 negatively affects these processes. Herein, we review the available evidence linking NRF2 to primary cilia, suggest possible explanations to reconcile seemingly contradictory data, and discuss what the emerging interplay between primary cilia and NRF2 may mean for human health and disease.

Keywords: NRF2; primary cilia; hedgehog signaling; ciliogenesis; ciliopathy; cancer; autophagy; mTOR; non-small cell lung cancer (NSCLC)

1. Primary Cilia as Cellular Antennae

Primary cilia are non-motile microtubule-based structures that protrude from the plasma membrane and act as cellular antennae, transducing mechanical, optical or chemical signals in a cell type-specific manner [1–5]. The ciliary endoskeleton, or axoneme, consists of nine concentrically arranged microtubule pairs that emanate from the basal body, the membrane-docked mother centriole of the cellular centrosome (Figure 1). Because of this centrosomal specialization, ciliated cells typically do not divide without first disassembling their primary cilium. Accordingly, primary cilia are normally found in quiescent cells and are absent from rapidly dividing cell populations such as cancer cells or early embryo blastomers [6].

Primary cilia are present in most mammalian cell types, the main exception being the hematopoietic lineage, where centrosomes play alternative, highly specialized functions, as in the immunological synapse [7]. In ciliated cell types, ciliogenesis occurs shortly after mitotic exit, upon entry into
An essential role in ciliogenesis is played by intraflagellar transport (IFT) trains, whose key components include two multiprotein complexes, IFT-A and IFT-B, and their associated microtubule motors: kinesin-2 for anterograde motion (from cilium base to tip) and cytoplasmic dynein 2 for retrograde (back to base) transport (Figure 1) [8,9]. Like elevators moving up and down a growing skyscraper, IFT trains carry building blocks, like tubulin dimers, to the ciliary tip, where the cilium is extended. Eventually, a dynamic equilibrium is reached where ciliary tip extension is offset by its disassembly, leading to a constant ciliary length, which can vary considerably between cell types and under different conditions [8]. For instance, increased gene expression of IFT train components and ciliary building blocks can increase ciliary length, and vice versa [10,11].

**Figure 1.** Anatomy of a primary cilium: Schematic of a primary cilium and its parts, including the centrosome at its base, from whose mother centriole (known as basal body in the context of a cilium) emanates the ciliary axoneme (i.e., its microtubule shaft). The region separating the ciliary compartment from the rest of the cell contains two main structures: the mother centriole’s distal appendages (known as transition fibers in a ciliary context) and the transition zone, with its distinctive Y-shaped linkers ending in bead-like membrane particles known as the ciliary necklace. Along the axoneme travel intraflagellar transport (IFT) trains, which move towards the ciliary tip (anterograde) or the ciliary base (retrograde). As shown in the cross section (right), the primary cilium axoneme consists of nine microtubule doublets but lacks structures found in motile cilia and flagella (such as a central microtubule pair, radial spokes and axonemal dynein arms). As indicated, IFT trains are multiprotein assemblies consisting of microtubule motors and IFT complexes IFT-A and IFT-B. These protein complexes can...
associate with cargo directly (as is the case for α/β-Tubulin dimers) or indirectly through adapters such as the BBSome, which connects IFT complexes to membrane cargoes. The main anterograde motor is heterotrimeric kinesin-2 (with its KIF3A, KIF3B and KAP subunits), whereas cytoplasmic dynein-2 is the retrograde motor [1,6,9].

Once formed, primary cilia carry out their signaling functions. For that, it is essential that all appropriate receptors and signal transducers accumulate at the ciliary membrane prior to signal reception [1–5]. Moreover, upon pathway activation, signal transduction sometimes requires protein movements into or out of cilia, as occurs in Hedgehog (Hh) signaling, a ciliary signaling pathway that is essential for embryonic development and stem cell function, and whose constitutive activation causes cancer (Figure 2) [12–15].

**Figure 2.** Primary cilia control Hedgehog pathway output. (a) In the OFF mode, Hh ligands are absent and their receptor PTCH1 accumulates inside cilia, keeping SMO outside. GPR161, a constitutively active Gs protein-coupled receptor, promotes ciliary production of cAMP, which activates protein kinase A (PKA) at the ciliary base. PKA then phosphorylates GLI2 and GLI3, the transcription factors mediating Hh pathway output. Both factors interact with their repressor SUFU, with which they travel to and from the ciliary tip. Such travel is required for PKA-dependent regulation of GLI2 and GLI3. Phosphorylation by PKA primes GLI2 and GLI3 for phosphorylation by casein kinase 1 (CK1) and glycogen synthase kinase 3β (GSK3β). For GLI3, this leads to ubiquitination by the Cul1-βTrCP (cullin1-β-transducin repeats-containing protein) E3 ubiquitin ligase and subsequent proteasome-dependent partial proteolytic cleavage to release SUFU and form GLI3R, a transcriptional repressor. GLI2 can also be processed into GLI2R, but this is inefficient because GLI2, unlike GLI3, lacks a processing-determinant domain (PDD). Thus, most phosphorylated GLI2 remains SUFU-bound and inactive. When cilia are absent or dysfunctional, unstimulated cells cannot form GLI3R, and thus its target genes are derepressed. This is the molecular mechanism underlying certain manifestations of ciliopathies, like polydactyly. (b) In the ON mode, Hh ligands like SHH bind PTCH1, removing it from cilia and enabling ciliary accumulation and activation of SMO. This leads to GPR161 ciliary exit, which
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Antioxidants stops cAMP synthesis and prevents PKA activation. In the absence of PKA phosphorylation, GLI3 is fully degraded by the proteasome via Cul3-SPOP (Cullin3-Speckle-type POZ protein)-dependent ubiquitination, whereas GLI2 is no longer prevented from ridding itself of SUFU at the ciliary tip and turning into the GLI2A transcriptional activator. Both GLI2 and GLI3 strongly accumulate at the ciliary tip under these conditions. In the nucleus, lack of GLI3R and presence of GLI2A leads to activation of Hh target genes such as PTCH1 and GLI1, which exert negative and positive pathway feedback, respectively. Other Hh target genes are cell type-specific, such as SHH and FOXJ1, which are induced in the floor plate of the embryonic neural tube by notochord-derived SHH ligand [15,16].

In response to Hh ligands, including Sonic Hedgehog (SHH), Indian Hedgehog (IHH) or Desert Hedgehog (DHH), the transmembrane receptor Patched (PTCH1) disappears from cilia, allowing ciliary accumulation of Smoothened (SMO), a G protein-coupled receptor (GPCR). Activation of SMO causes the ciliary departure of another GPCR, GPR161, which in turn leads to the glioma-associated (GLI) transcription factors accumulating at the ciliary tip. There, they dissociate from their repressor Suppressor of Fused (SUFU) and undergo modifications that, after exiting cilia, will affect their transcriptional output in the cell nucleus (Figure 2) [12,16]. All this dynamic trafficking in fully formed cilia also requires IFT trains, which connect to their membrane cargoes via adapters like the BBSome, the Bardet–Biedl syndrome (BBS) protein complex (Figure 1, Table 1) [3].

Besides Hh signaling, primary cilia are implicated in a wide variety of signaling pathways [1–3]. Many other GPCRs, from rhodopsin in the retina to serotonin receptors in the brain, signal through cilia, not only through G proteins but also through the mammalian target of rapamycin (mTOR) and other pathways [17,18]. Other proteins localized in cilia include receptor tyrosine kinases like platelet-derived growth factor receptor (PDGFR), insulin-like growth factor receptor (IGFR) and the neurotrophin receptor p75NTR, as well as mechanosensitive channels like the calcium-permeating polycystins [1,2,19]. Mutations in the latter cause polycystic kidney disease (PKD), the most prevalent of a diverse group of congenital human diseases known as ciliopathies, whose manifestations may include retinal degeneration, cystic kidneys, brain malformations, obesity and polydactyly, among others [1,20,21]. In addition to ciliopathies, primary cilia are also implicated in cancer [6,13,14]. Cancer progression often correlates with loss of primary cilia, which can function as tumor suppressors [6,14]. However, primary cilia are also known to promote tumorigenesis, as occurs in medulloblastomas and basal cell carcinomas driven by constitutively active ciliary Hh signaling (Table 1) [13,14]. Other diseases in which primary cilia play increasingly recognized roles include diabetes, obesity, muscular dystrophy, and psychiatric and neurodegenerative diseases [18,22–30].

Table 1. Primary cilia and human diseases.

| Tissue/Cell Type       | Ciliary Signal | Manifestation       | Diseases 1 |
|------------------------|----------------|---------------------|------------|
| Retinal photoreceptors | Photons        | Retinal degeneration| RP, LCA, BBS |
| Kidney tubules         | Urine flow     | Cystic kidneys      | PKD, NPHP, MKS |
| Hypothalamic neurons   | Neuropeptides  | Hyperphagia         | Obesity, BBS |
| Olfactory neurons      | Odorants       | Anosmia             | BBS        |
| Embryonic neural tube  | SHH            | Brain malformations | MKS, JBTs  |
| Embryonic limb bud     | SHH            | Polydactyly         | MKS, JBTs, BBS, EVC |
| Chondrocytes           | IHH            | Skeletal dysplasia  | JATD, EVC  |
| Granule neuron progenitors | SHH        | Cerebellar cancer   | Medulloblastoma |
| Epidermal stem cells   | SHH            | Skin cancer         | Basal cell carcinoma |

1 Diseases mentioned are examples (e.g., cystic kidneys or skeletal dysplasia are also found in other ciliopathies). Acronyms: retinitis pigmentosa (RP); Leber congenital amaurosis (LCA); Bardet–Biedl syndrome (BBS); polycystic kidney disease (PKD); nephromophthisis (NPHP); Meckel–Gruber syndrome (MKS); Joubert–Bolthausen syndrome (JBS); Ellis-van Creveld syndrome (EVC); Jeune asphyxiating thoracic dystrophy (JATD) [14,21,23].
In many of these diseases, a prominent role is played by redox, proteostatic and other kinds of cellular stress [31–38]. Consistently, primary cilia and Hh signaling can respond to redox and other stress signals, and their function may also protect cells from such stresses [39–51]. In this context, recent findings connecting primary cilia and Hh signaling to NRF2 (nuclear factor erythroid 2-related factor 2) are of special relevance. These findings are reviewed in the next sections.

2. NRF2 and Its Links to Primary Cilia

NRF2, encoded by the NFE2L2 gene, is a basic region-leucine zipper transcription factor belonging to the cap-n-collar (CNC) family and best known as a master regulator of cellular antioxidant and detoxification responses [52–54]. Under non-stressed conditions, NRF2 binds the E3 ubiquitin ligase adapter Kelch-like ECH-associated protein 1 (KEAP1) in the cytoplasm, leading to NRF2 degradation via the ubiquitin-proteasome system. By acting on critical KEAP1 cysteines, oxidative stress interferes with KEAP1-mediated NRF2 degradation, allowing translocation of NRF2 into the nucleus, where it activates hundreds of target genes whose promoters contain NRF2-binding antioxidant response elements (AREs). NRF2 targets include genes for many antioxidant and detoxifying enzymes that help cells cope with stress. Among such enzymes are those promoting synthesis of NADPH, an essential cofactor in antioxidant reactions, and reduced glutathione (GSH), a key cellular redox buffer. Other NRF2-regulated factors include redoxin family proteins, key sensors of reactive oxygen species (ROS) production at specific intracellular compartments. Other protective NRF2 effects include processes such as preserving mitochondrial DNA integrity and respiratory chain function, producing the nonpolar antioxidant bilirubin, or preventing quinones from depleting cellular GSH pools [54]. Some NRF2 target genes mentioned below include GCLC (encoding the catalytic subunit of glutathione cysteine ligase, a GSH synthetic enzyme), HMOX1 (encoding heme oxygenase 1, involved in bilirubin synthesis) and NQO1 (encoding NAD(P)H: quinone oxidoreductase 1, which detoxifies quinones) [52–54].

NRF2 targets also include genes for regulators of autophagy, another stress-coping mechanism [55,56]. However, other targets are not so clearly connected to stress, if at all. For instance, NRF2 promotes expression of the pluripotency genes OCT4 and NANOG in human embryonic stem cells (hESCs) [57]. For these cells to differentiate into neuroectoderm, NRF2-dependent expression of these genes must be repressed via the primary cilia-autophagy-NRF2 (PAN) axis, the first reported connection between primary cilia and NRF2 (Figure 3) [57]. More recently, we found the PAN axis is also operative in fibroblasts, even though pluripotency and neuroectoderm differentiation are not at stake in these cells [38].

![Figure 3](image_url)

**Figure 3.** The primary cilia-autophagy-NRF2 (PAN) axis controls neuroectoderm specification in hESCs. (a) hESCs divide rapidly and their G1 cell cycle phase is too short for primary cilia to appear (if they do, they are quickly disassembled before the next cell division). As hESC offspring begin the process of neuroectoderm (NE) lineage specification, G1 lengthens, allowing primary cilia to form for longer
periods. Such G1 lengthening does not occur in the early phases of mesendoderm (ME) specification. (b) In hESCs, autophagy levels are low, allowing p62/SQSTM1 to accumulate and promote KEAP1 degradation. As a result, NRF2 activity is high and promotes expression of pluripotency genes like OCT4 and NANOG, which block induction of NE markers like PAX6. These circuits are not altered during early ME specification. (c) In the NE lineage, the PAN axis is set in motion: cilia induce higher autophagy, leading to lower p62/SQSTM1 protein levels, KEAP1 upregulation and NRF2 downregulation. Consequently, OCT4 and NANOG expression is switched off, enabling upregulation of PAX6 and other NE genes [57].

Furthermore, as we also showed, primary cilia-NRF2 connections are bidirectional, as NRF2 affects ciliogenesis and Hh signaling, both of which it regulates transcriptionally [58,59]. Interestingly, though, while we found a positive effect of NRF2 on cilia and Hh signaling [58,59], a very recent study found a negative connection instead [58,59]. In the remainder of this paper, we will review the reciprocal functional interactions between primary cilia and NRF2, discussing their possible pathophysiological meanings and proposing possible explanations where the evidence appears contradictory.

3. Primary Cilia Downregulation of NRF2 via Autophagy

Autophagy is a cellular process of self-degradation in which autophagy-related (ATG) proteins orchestrate engulfment of intracellular components in double membrane vacuoles known as autophagosomes, whose fusion with lysosomes gives rise to autophagolysosomes where engulfed components are digested, releasing their building blocks, which cells can use to generate energy or renew their ageing machinery. Energy generation helps cells survive stresses such as starvation, whereas self-renewal helps cells stay fit for longer, explaining why vigorous basal autophagy extends organismal lifespan. Too much or too little autophagy, however, is associated with cancer, neurodegeneration and other diseases [60–63].

The bidirectional interplay between ciliogenesis and autophagy has been reviewed elsewhere [64,65]. Briefly, autophagy controls ciliogenesis by targeting ciliogenic regulators for degradation. These regulators can be positive, like IFT20, or negative, like the orofaciodigital syndrome protein OFD1, perhaps explaining why autophagy enhances or represses ciliogenesis in different contexts [66–69]. Conversely, autophagy flux is reduced by depletion of key ciliogenic proteins, like kinesin-2 subunit KIF3A or IFT-B subunits IFT20 and IFT88 [57,67,69]. Moreover, Hh pathway activation in fibroblasts stimulates autophagy, an effect requiring the above IFT proteins [67,70]. However, Hh signaling cannot be the only mechanism whereby cilia promote autophagy, as cilia still upregulate autophagy in the absence of Hh pathway activation. Consistently, several ATG proteins localize to the ciliary base and two of them, VPS34 and ATG16L, translocate to the ciliary base in an IFT-dependent manner upon autophagy induction [67].

As with cilia, autophagy’s connection to NRF2 also goes both ways. On the one hand, NRF2 stimulates autophagy gene expression, raising autophagic flux [55,56]. On the other hand, KEAP1-dependent NRF2 levels are controlled by p62/sequestosome 1 (SQSTM1), an autophagy cargo receptor that traffics ubiquitinated proteins to autophagosomes [71–74]. Besides recruiting cargo, p62 is also an autophagy substrate. Hence, autophagy inhibition causes p62 to accumulate, leading to its phosphorylation by mammalian target of rapamycin complex 1 (mTORC1) [71]. Phosphorylated p62 then targets KEAP1 for autophagic degradation, thus activating NRF2, which proceeds to activate its target genes, including p62/SQSTM1 itself, leading to a positive feedback loop whose malfunction is implicated in cancer and neurodegeneration [71–76]. Conversely, increased autophagy reduces p62 levels and is associated with increased NRF2 inhibition, as seen with the PAN axis (Figure 3) [57].

The hESC cell cycle is too fast for cilia to emerge. However, as hESC differentiation to neuroectoderm begins, G1 lengthening allows primary cilia formation during G1, which sets the PAN axis in motion, leading in succession to a rise in autophagy flux, reduced p62 levels, NRF2 transcriptional activity decrease, OCT4 and NANOG downregulation, and expression of PAX6 and other neuroectoderm markers (Figure 3) [57].
The PAN axis is not restricted to early embryogenesis, however. As we recently showed, it also operates in mouse embryonic fibroblasts (MEFs) derived from E11.5 embryos (Figure 4) [58]. While knockdown of KIF3A, IFT88 or IFT20 in hESCs blocks their PAN axis-dependent neuroectodermal differentiation, ciliogenesis-defective Kif3a−/− or Ift88−/− MEFs show a clear upregulation of the NRF2 transcriptional targets Gclc, Hmox1 and Nqo1, indicating that primary cilia repress NRF2 in both contexts [57,58]. Moreover, the abnormally high NRF2 activity in cilia-null MEFs can be rescued with mTOR inhibitors, which raise autophagic flux in these cells (as in many others), as assessed by the chloroquine-induced rise in (LC3B-II)/(LC3B-I) ratio, a measure of how fast MAP1LC3B (microtubule-associated protein 1 light chain 3B), an autophagy receptor and substrate, is degraded in autophagolysosomes [58]. Together with our finding that Hh signaling is not involved in cilia-dependent NRF2 regulation in MEFs, these data indicate that, in both MEFs and hESCs, primary cilia downregulate NRF2 activity by stimulating autophagy (Figures 3 and 4), consistent with the above-mentioned studies where the cilia-autophagy and autophagy-NRF2 connections were separately analyzed [55–58,64,65,73,74].

![Figure 4](image_url)

**Figure 4.** The PAN axis also functions in mouse embryonic fibroblasts (MEFs). (a) In wild type (WT) MEFs, the PAN axis functions to keep NRF2 transcriptional activity low, as reflected in low expression of NRF2 targets Hmox1, Gclc and Nqo1. (b) In MEFs KO for essential ciliogenic genes, such as kif3a or ift88, lack of cilia leads to lower levels of autophagy and higher NRF2 target gene expression levels. (c) Treatment of KO MEFs with mTOR inhibitors rapamycin or torin-1 increases their autophagy levels and restores NRF2 target expression to normal (low) levels [58].

Nevertheless, some questions remain. For instance, how does increased autophagy reduce NRF2 activity in hESCs and MEFs? As mentioned above, higher autophagy levels should lead to lower p62 levels, which in turn would lead to higher KEAP1 and lower NRF2 protein levels. Consistently, p62 and KEAP1 proteins were indeed decreased and increased, respectively, upon neuroectoderm differentiation of hESCs, in which NRF2 protein was not examined [57]. In our study, we did not examine p62 or KEAP1 in cilia-null MEFs, but we did look at NRF2 protein levels, which, to our surprise, were not appreciably altered [58]. If confirmed, this would suggest that the increased NRF2 activity in Kif3a−/− MEFs may not be mediated by the p62-KEAP1 pathway. Known mechanisms affecting NRF2 activity independently of its levels include changes in the levels of its binding partners, such as the small musculoaponeurotic fibrosarcoma (sMAF) factors, or changes in NRF2 subcellular localization, as occurs in Hutchinson-Gilford progeria syndrome, where progerin, a lamin A mutant, retains NRF2 at the nuclear periphery [53]. Further studies are warranted to elucidate the details of how cilia affect NRF2 activity.

Another outstanding question concerns the pathophysiological roles of the PAN axis in cell types other than hESCs. This is still a mystery, but a few attractive hypotheses can be proposed. First, the PAN
axis may control cell fate choices in other stem cell types, as it does in hESCs (Figure 3). In contrast, differentiated cells might use PAN signaling as a sensor of ciliary damage or stress. According to this hypothesis, intact cilia would promote high levels of basal autophagy and low levels of Nrf2 activity. This status quo would be disrupted by perturbations in ciliary structure or function, leading to Nrf2 activity upregulation, which would help cells fix the problem, for instance by inducing ciliary gene expression. This could help explain, for example, some features of chronic obstructive pulmonary disease (COPD), where Nrf2 cytoprotection is enlisted downstream of cilia damage [77].

Another interesting model is the renal epithelium, where urine flow signals through primary cilia to repress mTOR, induce autophagy and thereby reduce cell volume [78,79]. If the PAN axis is functional in these cells, one would predict Nrf2 activity to be kept at low levels by this pathway, and to rise upon pathway disruption, as may occur in PKD [20,80]. Although this remains speculative, some evidence links Nrf2 to kidney cystogenesis [81]. Future studies are needed to clarify which cell types have a functional PAN circuit, and what they use it for.

4. Nrf2 Upregulation of Primary Cilia and Hh Signaling

Given the above-described bidirectional relationships between primary cilia and autophagy, on the one hand, and between Nrf2 and autophagy, on the other, we hypothesized the Pan axis could function backwards, with Nrf2 affecting cilia via autophagy (or NAP axis) [55–58,64,65,73,74]. To test this, we examined ciliary function in Nrf2-null MEFs. Since Hh signaling is highly reliant on ciliary structure, composition and dynamics, we used it as a readout of ciliary function [12,58,82–85]. We therefore measured the induction of two Hh target genes, Gli1 and Ptch1, by the SMO agonist SAG, a Hh pathway activator [58,86]. Twenty-four hours after SAG treatment of wild type (WT) MEFs, both target genes were induced 10- to 15-fold relative to vehicle-treated MEFs. In contrast, SAG-induced Gli1 and Ptch1 mRNA levels in Nrf2-null MEFs were about 5-fold lower compared to wild type, a highly significant difference. Although baseline Gli1 and Ptch1 levels displayed a downward trend in Nrf2-null cells, this difference was not significant. These data came from multiple independent experiments in immortalized MEFs; they were confirmed by GLI1 protein immunoblot and replicated in the original primary MEFs [58]. Thus, Nrf2 is a positive regulator of SAG-induced Hh signaling in MEFs.

Nevertheless, because not all events in Hh signaling are cilia-dependent, we also examined cilia in Nrf2-null MEFs. After twenty-four hours of serum starvation, about 70% of WT MEFs displayed primary cilia, whose average length was ≈3.5 µm. In Nrf2-null MEFs these numbers were 40% and ≈3.0 µm, both differences being very significant. Reduced ciliation was also confirmed in primary MEFs, confirming it is not an immortalization artefact. Furthermore, we also found ciliogenesis defects in vivo, in astrocytes of the mouse hippocampus, a brain region whose function strongly relies on both Nrf2 and primary cilia [58,87–98]. The ciliogenic defects in Nrf2-null hippocampus were even stronger than in MEFs, with cilia numbers reduced about 5-fold. Hence, Nrf2 is a positive regulator of ciliogenesis, explaining, at least partly, why it also promotes Hh signaling [58].

We then examined the mechanisms whereby Nrf2 promotes ciliogenesis and Hh signaling. Our first hypothesis was that lower autophagy in Nrf2-null cells leads to accumulation of ciliogenic repressors like OFD1, causing the observed phenotypes [58,68]. If so, experimentally increasing autophagy in Nrf2-null cells should rescue their defects. In contrast to this hypothesis, autophagy upregulation by mTOR inhibition did not improve Hh responsiveness in Nrf2-null cells [58]. Alternatively, Nrf2 mutant cells could have abnormally high levels of ciliophagy, or ciliary autophagy, a histone deacetylase 6 (HDAC6)-dependent process [77,99]. However, this is probably not the case either, because the HDAC6 inhibitor tubastatin A does not affect Hh signaling in Nrf2-null MEFs [58]. Another possibility is that reduced ciliogenesis is a byproduct of increased redox stress. If so, N-acetylcysteine, which helps cells replenish their glutathione stores, should have improved Hh responses in Nrf2-null cells, but this was not the case either [58,100]. Likewise, PKA inhibition by H89
had no effect, which argues against overactivation of PKA, a Hh pathway repressor, as the responsible mechanism (Figure 2) [58].

As a next step, we examined whether NRF2 promotes ciliogenic gene expression. The mRNA levels of all five ciliogenic genes studied (ift74, ift88, ift172, ift140 and Dyn2h1) were all significantly downregulated by about 30–50% in NRF2-null MEFs, likely explaining their ciliogenic defects [58]. A parsimonious explanation of these data would be that NRF2 promotes expression of one or more ciliogenic transcription factors, which would then upregulate IFT and other ciliogenic genes. Since the above genes are all known targets of the regulatory factor X (RFX) family transcription factors, we evaluated them next [10,101]. However, well-established ciliogenic RFX factors (Rfx1-4) were not downregulated in NRF2-null MEFs [10,58,101]. Instead, reductions were seen for Rfx5 and Rfx7, but it is unclear whether this is related to ciliogenesis, as these factors are better known as immunity regulators [10,101–103]. Alternatively, NRF2 may act on ciliogenic genes not through other transcription factors, but directly. To assess this possibility, we performed a bioinformatic search for ARE sequences in the promoters of the above ciliogenic genes in human. Interestingly, IFT74, IFT88, IFT172 and IFT140 all have high-scoring putative ARE sequences, suggesting that NRF2 may directly upregulate them [58]. However, the functionality of these AREs and their impact on ciliogenesis remain untested.

Overall, the evidence indicates that the likely reason why NRF2-null cells have fewer and shorter cilia is that ciliogenic gene upregulation is NRF2-dependent. Nevertheless, the moderate ciliogenic defects of these cells only partially explain the marked reduction in Hh responsiveness, suggesting that NRF2 has additional effects on Hh signaling. Indeed, the expression of genes affecting Hh signaling but not ciliogenesis is also reduced in NRF2-null MEFs. All such genes we analyzed, namely Smo, Gpr161, Gli2, Gli3, Sufu and Ift27, showed reduced expression levels. Moreover, we identified high-confidence ARE sequences in the promoters of Gpr161, Gli2, Gli3 and Ift27, with the putative AREs in Gli2 and Gli3 being perfect matches with the ARE consensus sequence [58]. We also found candidate AREs in Ptch1, the Hh receptor and target gene that has recently been confirmed as a bona fide direct NRF2 target [58,59]. Further evidence that Gpr161 and Ift27 (and the ciliogenic Ift74) are NRF2 targets comes from their promoters being identified in a ChIP-seq experiment aiming to identify NRF2-binding sites [104]. Thus, NRF2 affects Hh responsiveness both via ciliogenesis and via Hh pathway gene expression, which it controls directly, at least in some cases.

The NRF2-dependent Hh pathway components include both positive (Smo, Gli2, Ift27) and negative (Gpr161, Gli3, Sufu, Ptch1) regulators of the Hh pathway, such that the net effects of their downregulation on Hh responsiveness are not immediately obvious [12,58]. For example, one consideration is that Ptch1 is not only a Hh/GLI target gene but also, as shown recently, an NRF2 target gene; thus, the reduction we observed in SAG-treated NRF2-null cells may be explained, at least partly, by lack of direct NRF2 activation [58,59]. This may also be the reason why we found, as mentioned above, a downward trend in unstimulated Ptch1 levels in NRF2-null cells. The fact that this reduction was not significant may be due to a low signal-to-noise ratio when dealing with the very low baseline Ptch1 expression levels [58]. A related question is whether the Hh target Gli1 is also a direct NRF2 target gene. Although we found no putative AREs in the Gli1 promoter, such AREs may not have reached our cutoff score, or they may lie outside the analyzed region. In fact, the pattern of Gli1 expression in untreated versus SAG-treated NRF2-null MEFs was similar to that of Ptch1, including a downward trend in baseline levels. Thus, it is possible that the reduced Hh responsiveness we observed in NRF2-null cells might be explained, at least partly, by direct NRF2 effects on Hh target genes [58].

However, there is so far no direct evidence indicating that Gli1 is an NRF2 target gene. Moreover, the observed NRF2-dependent changes in Ptch1 expression are weak compared to those in other NRF2 target genes, and therefore lack of direct NRF2 activation may explain only a small fraction of the strong reduction in SAG-induced Ptch1 levels observed in NRF2-null cells [58,59]. Consistently, we detected no increase in Gli1 or Ptch1 mRNAs in WT MEFs upon NRF2 stabilization with dimethyl fumarate, an electrophile activator of NRF2 [58,105–107]. This suggests that newly accumulated NRF2 molecules do not stimulate endogenous Gli1 or Ptch1, or do so only weakly.
Aside from any direct effects of NRF2 on Gli1 and Ptch1 gene expression, our data likely reflect reduced Hh signal transduction in NRF2-null cells, as expected from their cilia defects and altered levels of Hh pathway components. Among these, the effects of GLI2 and GLI3 are expected to predominate, because: (i) they function downstream of PTCH1, SMO, GPR161 and SUFU; (ii) the aforementioned lack of rescue by H89 indicates that Hh signaling defects in NRF2-null cells are downstream of PKA, which directly phosphorylates GLI2 and GLI3; and (iii) GLI2 and GLI3 directly regulate Hh target genes (levels of the other GLI transcription factor, GLI1, are exceedingly low until Hh signaling activates its gene expression) (Figure 2) [12]. For all these reasons, we focused our analysis on GLI2 and GLI3.

Upon Hh pathway activation in wild type cells, GLI2 and GLI3 accumulate at the ciliary tip, which is necessary for SUFU dissociation and GLI2 processing into its activator form, GLI2A. In NRF2-null MEFs, not only are overall GLI2 and GLI3 protein levels reduced, but SAG-induced ciliary tip accumulation of both GLI2 and GLI3 is also decreased, indicating lower levels of Hh signal transduction in these cells. Since IFT27-null cells display similar defects in GLI2 and GLI3, it is possible that NRF2 effects on GLI2 and GLI3 are partly mediated by reduced IFT27 levels [108]. On the other hand, these effects on GLI2 and GLI3 should be epistatic over any effects caused by reduced levels of Hh pathway repressors like SUFU, GPR161 or PTCH1, all of which act upstream of IFT27, GLI2 and GLI3 [12,108,109].

Taken together, these data indicate that NRF2 promotes ciliogenesis and Hh signaling by stimulating, in some cases directly, the expression of genes associated with both these processes (Figure 5) [58].

![Figure 5. NRF2-null MEFs display reduced SAG-induced Hh responsiveness. (a) Hh pathway activation by the SMO agonist SAG in WT MEFs causes robust accumulation at the ciliary tip of GLI2 and GLI3 (both encoded by genes that contain canonical ARE sequences in their promoters), and robust induction of the Hh target genes Gli1 and Ptch1. (b) SAG-treated NRF2-KO MEFs express Gli1 and Ptch1 at much lower levels, which is consistent with these cells having fewer and shorter cilia, lower expression levels of ciliogenic genes, reduced Gli2 and Gli3 mRNA levels, and reduced overall levels and ciliary tip accumulation of GLI2 and GLI3 proteins. SMO, GLI2 and GLI3 are shown in red, cyan and orange, respectively [58].](image)

However, recent work indicates that NRF2 can also function as a negative regulator of ciliogenesis and Hh pathway activity [59]. It is therefore of interest to review these data and discuss whether and how NRF2 may act both positively and negatively in these processes.

5. NRF2 Downregulation of Primary Cilia and Hh Signaling

Although NRF2 is cytoprotective under normal conditions, excessive NRF2 activity is oncogenic [110–120]. For instance, NRF2 is frequently upregulated in non-small cell lung carcinoma (NSCLC), where it stimulates tumorigenesis by activating key serine-glycine biosynthetic genes, thereby providing precursors for glutathione and nucleotide production [111,120]. However, other
mechanisms may also mediate NRF2’s effect on NSCLC progression. In a recent study, Liu et al. provide evidence that NRF2-mediated downregulation of ciliogenesis and Hh signaling may also help explain the oncogenic effects of NRF2 [59]. In the following sections we review these findings and suggest possible explanations wherever these new data appear to contradict our own [58,59].

5.1. NRF2 Downregulation of Ciliogenesis

Using MEFs and three NSCLC cell lines (BEAS-2B, H838 and H1299), Liu et al. show that NRF2-null cells have increased ciliogenesis, whereas NRF2 overexpression or stabilization (by pharmacological or genetic inactivation of KEAP1) reduces ciliation. Moreover, NRF2 is shown to repress the expression of ciliogenic genes and proteins (KIF3A, IFT88 and IFT20), and to reduce the levels of two ciliary proteins, ARL13B and acetylated tubulin (AcTub) [59]. Interestingly, Liu et al. also find that ciliobrevin (HPI-4), a compound known to repress ciliogenesis, is in fact an NRF2 inducer acting canonically via KEAP1 Cys-151, as do electrophiles like dimethyl fumarate and the apocarotenoid bixin [59,106,107,121].

How can these data be reconciled with our findings that NRF2 promotes ciliogenesis and ciliogenic gene expression [58,59]? Our best guess is that the effects of NRF2 are context-dependent. Since we studied MEFs and mouse hippocampus, the different behavior of NRF2 in NSCLC cell lines may be due to cell type-specific differences in NRF2 regulation or target gene accessibility. Harder to explain is why NRF2 would promote ciliogenesis in one set of MEF experiments while inhibiting it in the other. Nevertheless, even here, context may be key, as not all MEFs are created equal [122]. Indeed, different MEF sets not only come from different mouse litters but several other factors may distinguish them as well: (i) mouse colonies are kept in different labs under different environments; (ii) mouse strains of origin can have different genetic backgrounds; (iii) the embryonic age of MEF derivation may differ; (iv) there may be differences in protocols used for their derivation, propagation and immortalization; (v) different number of passages after derivation; and (vi) stochastic variation between different MEF derivations and genetic drift during passaging [122]. At present, it cannot be ruled out that one or more of these factors could account for the observed differences in ciliogenesis. For instance, our MEFs came from the C57BL6 strain, were derived at E11.5 and were immortalized with SV40 large T antigen (as mentioned, our findings were also confirmed in primary MEFs) [58]. No such information is reported by Liu et al., and thus differences in these aspects may well exist [59]. Their MEF culture medium was also different: in addition to DMEM+10% FBS that we also used, theirs contained non-essential amino acids, beta-mercaptoethanol, penicillin and streptomycin [58,59]. Given the complexity of NRF2 regulation and the vast numbers of genes it controls (many of them in a context-dependent manner, as discussed above for OCT4 and NANOG), any of these factors may potentially explain the differences between MEF sets.

Furthermore, since some ciliogenic transcription factors, like RFX1-4, concomitantly regulate multiple ciliogenic genes, all it might take for NRF2 to switch from being a pro-ciliogenic factor to being an anti-ciliogenic one could be to reverse the direction of how it regulates one of these pro-ciliogenic factors [10]. This is actually not such a far-fetched hypothesis: we found that Rfx4 mRNA was upregulated ≈100-fold in NRF2-null primary MEFs relative to WT, whereas we found no difference in immortalized MEFs, even though ciliogenesis was reduced in both primary and immortalized MEFs. Thus, these data demonstrate that NRF2 regulates RFX4 in a context-dependent manner [58]. Further research is warranted to clarify these issues.

Besides ciliogenic gene repression, Liu et al. propose another mechanism for NRF2-dependent inhibition of ciliogenesis: upregulation by NRF2 of its known target, the p62/SQSTM1 autophagy receptor, leads to increased formation of inclusion bodies, ubiquitin-containing protein aggregates whose assembly depends on p62 [75,76,123,124]. NRF2 stabilization increases protein levels and inclusion body targeting of OFD1, a ciliogenic repressor whose autophagic degradation enables ciliogenesis and ciliary entry of BB54, a ciliopathy-associated protein [68]. Accordingly, NRF2 upregulation antagonizes ciliogenesis and BB54 ciliary entry in a p62-dependent manner in H1299 cells. In these cells, genetic deletion of p62 completely abolishes ciliogenesis repression by the NRF2 inducer
bixin, indicating that reduced ciliogenic gene expression, if it also occurs in this cell line, is not the cause of NRF2-dependent ciliogenesis inhibition, unless such gene repression is also p62-dependent [59]. More studies are needed to elucidate how NRF2 represses ciliogenesis in these models.

5.2. NRF2 Downregulation of Hh Signaling

Besides ciliogenesis, Liu et al. also reported increased Hh signaling in MEFs and NSCLC lines [59]. Here, their data are even less comparable to ours than the data on ciliogenesis. First, our Hh responsiveness assays involved SAG-induced upregulation of endogenous *Gli1* and *Ptc1* [58]. On the other hand, Liu et al. investigated how recombinant SHH stimulates expression of a transiently transfected GLI-activated dual luciferase reporter [59]. Although the concepts may appear similar at first glance, there are actually important differences between the different assays. First, SHH acts via PTCH1, while SAG bypasses PTCH1 to directly activate SMO. This is important, because Liu et al. clearly demonstrate that (as we suggested might be the case) *Ptc1* is a bona fide NRF2 target gene, and that PTCH1 protein levels are reduced in NRF2-null cells [58,59]. Since PTCH1 is the SHH receptor, a SMO repressor and a Hh target gene, reductions in its gene and protein expression levels can affect both assays but in different ways (Figure 2) [12].

Second, in our experience, Hh assays combining transient transfection with serum starvation (required for ciliogenesis, without which there is no SHH/SAG responsiveness) tend to be problematic, because this combination is stressful for cells, most of which fail to form cilia under these conditions, leading to poor Hh responsiveness. Accordingly, while our approach, which does not involve transfection, led to 10–15-fold inductions in control cells, the transient reporter assays led at best to 2-fold inductions [58,59]. In fact, in terms of SHH responsiveness, WT and NRF2-null cells (MEFs, H838 and BEAS-2B) behaved almost identically in the latter assays, their main difference being a ≈50% increase in unstimulated reporter activity in the NRF2-null cell lines, consistent with their lower PTCH1 levels. Other than these experiments showing increased basal reporter activity but no clear differences in SHH responses, Liu et al. did not provide further evidence that ligand-induced Hh signaling is affected by NRF2 [59].

On the other hand, Liu et al. provide good evidence that NRF2 negatively regulates basal GLI reporter activity, especially in the H1299 NSCLC line (Figure 6). In these cells, NRF2 overexpression or bixin-induced stabilization reduces GLI-luciferase reporter activity by 30%–40%. Likewise, the ciliary localization of SMO is reduced 2-fold by these manipulations or by KEAP1 genetic deletion. These data show that SMO is constitutively at cilia in H1299 cells, indicating they have a constitutively active Hh pathway [59]. Since Hh signaling is well-known to play a major role in NSCLC progression, this suggests that the negative effects of NRF2 on this pathway may antagonize tumorigenicity rather than promote it, as suggested by Liu et al. [59,125–131]. This, however, remains untested.

The other main assay that Liu et al. employed for Hh pathway analysis was an immunoblot assay for GLI2 and GLI3, with quantitation of full-length-to-repressor ratios (GLI2FL/GLI2R and GLI3FL/GLI3R). Although these assays provide valuable information to nicely complement the GLI transcriptional activity assays, using these ratios as the main method to assess Hh pathway activity is not without caveats. Regarding GLI2, its function relies mostly on its transformation from GLI2FL to GLI2A, the activator whose SDS-PAGE migration is indistinguishable from that of GLI2FL. Additionally, as previously shown (and as immunoblots by Liu et al. repeatedly confirm), GLI2FL processing into GLI2R is inefficient, which means GLI2R levels are low and thus its role in the pathway likely minor (Figure 2) [16,132,133]. Hence, the GLI2FL/GLI2R ratio may not correlate well with Hh pathway activation: even if such a correlation is expected in WT cells, it has not been properly demonstrated that Hh target gene activity and the GLI2FL/GLI2R ratio also correlate well in NRF2-null cells.

The GLI3FL/GLI3R ratio is a better measure, because GLI3R plays a major and direct role in repressing Hh target gene transcription. While WT cells show a clear increase in this ratio in response to Hh ligands, it is again not clear whether this correlation holds true also in NRF2-null cells, where GLI3R activity may be affected by changes (phosphorylation, nuclear translocation, etc.) that may not
necessarily be reflected in an altered GLI3FL/GLI3R ratio [16,132,133]. In other words, while Hh ligands are known to increase the GLI3FL/GLI3R ratio by blocking GLI3FL-to-GLI3R processing, the mechanism whereby NRF2 alters this ratio is still unknown. In fact, the data by Liu et al. suggest mechanistic differences, as discussed next.

**Figure 6.** NRF2 downregulates basal Hh pathway activity in NSCLC cells. (a) In NRF2 WT NSCLC cell lines like H1299, SMO localizes constitutively at cilia, indicative of active Hh signaling. In these cells, NRF2 levels are low, as are its effects on both PTCH1 gene expression (which it activates via an ARE in its promoter) and GLI factors (whose full length-to-repressor ratios (FL/R) and transcriptional activity it downregulates via p62/SQSTM1). (b) In NRF2-null (KO) H1299 cells, lack of NRF2 leads to increased ciliogenic gene expression and increased ciliogenesis, lower PTCH1 levels, higher GLI FL/R ratios and higher GLI-luciferase reporter (Gli-Luc) activity. (c) In H1299 cells overexpressing (O/E) NRF2 (or where NRF2 is stabilized by pharmacological or genetic KEAP1 inactivation), ciliogenesis is reduced and PTCH1 is increased, leading to reduced ciliary SMO. Under these conditions, GLI ratios and activity are lower, due to the combined effects of NRF2 on both PTCH1 and p62. Given that PTCH1 is a transcriptional target of both GLI and NRF2, higher PTCH1 levels in these cells suggest that NRF2 activation has a stronger effect on PTCH1 than GLI activity reduction. Similarly, in NRF2 KO H1299 cells (b), NRF2 loss predominates over increased GLI activity [59].

Thus, if individual GLI3FL and GLI3R bands are compared to a loading control (e.g., GAPDH), Hh ligands often affect the GLI3FL/GAPDH ratio only mildly, while they sharply reduce the GLI3R/GAPDH ratio, thereby increasing the GLI3FL/GLI3R ratio [134–136]. In contrast, blots of NRF2-null cells in the study by Liu et al. show increased GLI3FL/GAPDH ratios and virtually unaffected GLI3R/GAPDH ratios. Likewise, NRF2 overexpression or stabilization consistently reduces the GLI3FL/GAPDH ratio while barely affecting the GLI3R/GAPDH ratio [59]. Although no Hh ligand-treated controls appear in these blots for comparison, these effects of NRF2 are very consistent and they also apply to GLI2. Effects on GLI2R and GLI3R, when discernible, are only seen long after the changes in GLI2FL and GLI3FL, which suggests that the former changes are an indirect consequence of the latter ones [59].

Since these effects of NRF2 are abolished in p62 KO cells [59], we hypothesize that NRF2 negatively controls GLI2FL and GLI3FL protein levels in a p62-dependent manner. Possible mediators of these effects include the Hh pathway repressor SUFU, which specifically stabilizes GLI2FL and GLI3FL without affecting GLI2R and GLI3R (and whose gene expression we showed to be NRF2-dependent), and SPOP, a Cullin-3 ubiquitin ligase adaptor that targets GLI2FL and GLI3FL (but not GLI2R and GLI3R) for degradation [16,58,135,137]. These hypotheses await empirical testing.

Liu et al. also address the mechanisms of NRF2-dependent downregulation of basal Hh pathway activity [59]. They show convincingly that NRF2 directly activates PTCH1 gene expression by specifically binding to an ARE in its promoter, thereby leading to higher PTCH1 protein levels, not only in cell lines but also in NRF2-overexpressing lung tumors. Increased PTCH1 in turn reduces...
the amount of ciliary SMO, a reduction that is fully abolished in PTCH1-null H1299 cells. In these KO cells, however, bixin stabilization of NRF2 still significantly reduces GLI reporter activity, as it does in WT cells (≈40% reduction in WT versus ≈25% reduction in PTCH1-null cells; not significantly different). Interestingly, while p62-null H1299 cells behave almost identically to PTCH1-null cells (bixin reduces GLI reporter activity ≈25% versus ≈45% in control; not significantly different), bixin has no activity when p62 is knocked down in PTCH1-null cells. Taken together, these findings suggest that the NRF2-dependent reduction in GLI activity results from additive effects mediated by both PTCH1 and p62. While PTCH1 is a known pathway repressor, the repressive p62 effects presumably result from its above-stated effects on both ciliogenesis and GLI proteins. Therefore, although many molecular details remain to be elucidated, Liu et al. provide credible explanations regarding how NRF2 represses ciliogenesis and Hh signaling in their models [59].

6. Concluding Remarks

Only five years ago, the fields of NRF2 and primary cilia were completely independent from each other. The discovery of the PAN axis in hESCs demonstrated that primary cilia signal to NRF2 [57], thereby prompting other groups (including ourselves) to look for additional connections between NRF2 and cilia. This led to the realization that NRF2 also affects primary cilia and their signaling functions. Not only is the NRF2-cilia relationship bidirectional, but the effects of NRF2 on cilia also seem to be switchable between positive and negative depending on contextual factors that are still poorly understood. Our understanding of the NRF2-cilia interplay is thus still incomplete and many exciting discoveries likely lie ahead [57–59].

A major unanswered question is the pathophysiological significance of the NRF2-cilia connections. This has been addressed only for the PAN axis in hESCs [57]. In Section 3, we already speculated on how the PAN axis might determine other stem cell fates, or how it might allow differentiated cells to sense ciliary stress or damage. A related possibility is that cilia sense extracellular molecules whose actions trigger intracellular stress (e.g., cilia might sense xenobiotics before they enter cells and cause redox stress). These stress-purveying molecules might act by inactivating the PAN axis, thus leading to higher NRF2 activity and stronger defenses against redox and other stresses. Further studies are needed to address these hypotheses.

Even less clear is the biological meaning of the roles of NRF2 in ciliogenesis and Hh signaling. NRF2-null mice are viable (even if more susceptible to stress than WT mice), while mice lacking important ciliary or Hh components die in utero and display abundant malformations. Thus, it is clear that the connections between NRF2 and cilia (including the PAN axis) are of little consequence during normal embryo development, no matter how important they may prove to be under stress or later in life [12,52,53,138–140]. This raises several questions, such as whether other factors are redundant with NRF2 during development, or where and when the signaling between NRF2 and cilia is important for health and disease. An interesting possibility is that ciliogenesis and Hh signaling may also contribute to the cytoprotective functions of NRF2. Consistent with this, several reports indicate that redox stress affects primary cilia and Hh signaling, which in turn protect cells against such stress [39–51].

Our study, where we discussed these issues at length, showed that astrocyte cilia are strongly affected in the hippocampus of adult NRF2-null mice, even though ependymal motile cilia lining their brain ventricles look normal. Thus, hippocampal function may be affected by NRF2-dependent effects on cilia [58,87–98]. On the other hand, Liu et al. showed that the NRF2-cilia axis may be important in NSCLC and other cancers [59,111,114,120,125]. Now that the NRF2-primary cilia partnership has been discovered, it is only a matter of time until its biological functions are elucidated.

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