Local quenches with global effects in interacting quantum systems

E. J. Torres-Herrera$^1$ and Lea F. Santos$^1$

$^1$Department of Physics, Yeshiva University, New York, New York 10016, USA

We study one-dimensional lattices of interacting spins-1/2 and show that the effects of quenching the amplitude of a local magnetic field applied to a single site of the lattice can be comparable to the effects of a global perturbation applied instantaneously to the entire system. Both quenches take the system to the chaotic domain, the energy distribution of the initial states approaches a Breit-Wigner shape, the fidelity (Loschmidt echo) decays exponentially, and thermalization becomes viable.

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I. INTRODUCTION

In the broad field of nonequilibrium quantum physics, the unitary evolution of isolated systems after an instantaneous perturbation (quench) has become a prominent subject \cite{1,2}. The enthusiasm is in part due to the development of new numerical methods \cite{3,5} and to ongoing experiments with nuclear magnetic resonance \cite{6,8} and with cold atoms in optical lattices \cite{9–16}. In the latter case, the high level of control and quasi-isolation allow for the analysis of coherent evolutions for long-times.

The studies of quench dynamics often distinguish global from local perturbations. What is referred to as one or the other presupposes a choice of basis representation. Local quenches in space have been addressed in \cite{16–27}. The experiment in \cite{16} analyzes the quantum dynamics of an excitation created by flipping a single spin in the middle of a Heisenberg chain. The case where two semi-infinite lines are joined at their endpoints and subsequently evolved as a single infinite system has received special attention, because of the possibility of achieving exact results using conformal field theory \cite{17}. Other theoretical studies include the quench of a local magnetic field applied to few sites of a frustrated antiferromagnetic Heisenberg spin-1/2 chain \cite{21} and a time dependent local quench of the transverse field in the Ising chain \cite{24}. The general expectation is that the effects of local quenches be more limited than those of global quenches \cite{22}.

Here, we show that for the systems and initial states considered, local and global quenches in space may in fact lead to equivalent outcomes. The local quench that we investigate is similar to the one treated in \cite{21}. The system is initially in an eigenstate of an initial Hamiltonian $\hat{H}_I$ that describes an integrable clean anisotropic Heisenberg spin-1/2 chain with only nearest-neighbor (NN) couplings, the so-called XXZ model. We quench the amplitude of a magnetic field applied to a single site from zero to a finite value, creating an on-site defect (impurity). The consequences of such, at first sight, minor perturbation are drastic. The interplay between the defect and the interactions of the XXZ model takes the system into the chaotic domain \cite{28–30}. This reminds one of the Sinai billiard, where the square table becomes chaotic due to a circular obstacle of arbitrarily small radius placed at its center \cite{31,32}. We demonstrate that the local quench of the magnetic field is comparable to a global quench where couplings between next-nearest neighbors (NNN) are suddenly included in the clean XXZ model. The frustrated Heisenberg spin-1/2 Hamiltonian that emerges with the addition of NNN terms is also chaotic.

Depending on the amplitude of the on-site static field and on the ratio between NNN and NN couplings, both final Hamiltonians $\hat{H}_F$, for the impurity and frustrated chains, look alike when written in the basis coinciding with the eigenstates of $\hat{H}_I$. From this correspondence, a list of similarities between both types of quenches follows. For initial states away from the edges of the spectrum, the fidelity (Loschmidt echo), which measures the probability of finding the initial state in time, decays exponentially. The Shannon (information) entropy in the basis of $\hat{H}_I$ increases linearly in time. The comparison between infinite time averages and microcanonical averages for local and nonlocal few-body observables and different system sizes indicates the viability of thermalization.

Our local and global quenches coincide in the limit of weak perturbation. In this scenario, the energy distributions of the initial states have a Breit-Wigner (Lorentzian) shape \cite{33–41}, which leads to the exponential decay of the fidelity mentioned above. By further increasing the ratio between NNN and NN couplings, the frustrated system eventually reaches the strong coupling regime. At this point, the initial states approach the maximum possible level of delocalization available to a system with two-body interactions, their energy distributions achieving a Gaussian form \cite{33,39,46}. Our studies suggest that this limit cannot be reached by the local quench.

This paper is organized as follows. Section \textbf{III} presents the models and quenches studied. Section \textbf{IV} compares the Hamiltonian matrices for the impurity and NNN models, as well as their eigenvalues and eigenstates. The results for the fidelity decay and the evolution of the Shannon entropy are given in Sec. \textbf{V}. The viability of thermalization is discussed and illustrated in Sec. \textbf{VI}. Concluding remarks are presented in Sec. \textbf{VII}.

II. SYSTEM MODELS AND QUENCHES

We investigate a one-dimensional spin-1/2 system with $L$ sites and open boundary conditions. Spin-1/2 systems are the prototype of realistic quantum systems with interactions. They describe real magnetic compounds \cite{47,49}, crystals of fluorapatite \cite{48}, and can also be simulated with optical lattices \cite{13,16}. The model we consider contains only two-body
interactions and is described by the following Hamiltonian

\[ \hat{H} = \varepsilon J \hat{S}_i^z + d J \hat{S}_{i+1}^z + \hat{H}_\text{NNN} + \lambda \hat{H}_\text{NNN}, \]

where

\[ \hat{H}_\text{NNN} = J \sum_{i=1}^{L-1} \left( \hat{S}_i^x \hat{S}_{i+1}^y + \hat{S}_i^y \hat{S}_{i+1}^x + \Delta \hat{S}_i^z \hat{S}_{i+1}^z \right), \]

\[ \hat{H}_\text{NNNN} = J \sum_{i=1}^{L-2} \left( \hat{S}_i^x \hat{S}_{i+2}^y + \hat{S}_i^y \hat{S}_{i+2}^x + \Delta \hat{S}_i^z \hat{S}_{i+2}^z \right). \]

Above, \( \hbar = 1 \) and \( \hat{S}_i^{x,y,z} = \hat{\sigma}_i^{x,y,z} \) are spin operators acting on site \( i \), \( \hat{\sigma}_i^{x,y,z} \) being the Pauli matrices. \( \hat{S}_i^x \hat{S}_{i+1}^y + \hat{S}_i^y \hat{S}_{i+1}^x \) is the flip-flop term and \( \hat{S}_i^z \hat{S}_{i+1}^z \) is the Ising interaction between NN (NNN) spins. \( J \) is the exchange coupling constant, \( \Delta \) is the anisotropy parameter, and \( \lambda \) refers to the ratio between NN and NN couplings. These three parameters are assumed positive, thus favoring antiferromagnetic order. We are interested in the gapless regime, where \( \Delta < 1 \).

The system contains two different impurities generated by applying two local static magnetic fields in the \( z \)-direction. The Zeeman splitting on the first site of the chain is \( \varepsilon J \) and the one close to the middle of the chain, on site \( \lfloor L/2 \rfloor \), is \( d J \). The purpose of the small defect on the first site is to break trivial symmetries, such as parity, conservation of total spin, and spin reversal, without breaking the integrability of the system [50]. We fix \( \varepsilon = 0.1 \). The total spin in the \( z \)-direction, \( \hat{S}_z = \sum_i \hat{S}_i^z \), remains conserved. We deal with the subspace that has \( L/3 \) up-spins, implying dimension \( D = L!/[2(2L/3)!(L/3)!] \) and \( \hat{S}_z^2 = -L/6 \).

Depending on the values of the parameters \( \Delta, d, \) and \( \lambda \), the chain may be integrable or chaotic:

- **Integrable XX model**: \( \Delta, \lambda = 0 \). This Hamiltonian can be mapped onto a system of noninteracting spinless fermions, being trivially solvable [51].

- **Integrable XXZ model**: \( \Delta \neq 0 \) and \( d, \lambda = 0 \). This model is solved by means of the Bethe ansatz [52].

Notice that above we call XX and XXZ the clean models \( (d = 0) \) with NN couplings only \( (\lambda = 0) \).

- **Chaotic impurity model**: \( \Delta, d \neq 0 \) and \( \lambda = 0 \). The addition of a single impurity close to the middle of the chain in the presence of NN couplings can bring the system into the chaotic domain [28, 31] provided \( d \lesssim 1 \). The onset of chaos is caused by the interplay between the Ising interaction and the impurity. In contrast, the addition of \( d \) to the XX model does not affect its integrability. If the defect becomes too large it splits the system in two independent and integrable chains.

- **Chaotic NNN model**: \( \Delta, \lambda \neq 0 \) and \( d = 0 \). The addition of couplings between second neighbors breaks integrability [52, 55]. There are different combinations of parameters that can lead to chaos [30, 55]. We consider the complete case where both NN and NNN flip-flop and Ising terms are present.

A. Local and Global Quenches

Our system starts in an eigenstate of the initial Hamiltonian corresponding to the integrable XXZ model with a small defect on site 1:

\[ \hat{H}_I = \varepsilon J \hat{S}_1^z + \hat{H}_\text{NNN} \]

We analyze the short time dynamics and infinite time averages after the following two instantaneous perturbations.

- **Local quench.** The perturbation is localized on a single site: \( d_1 = 0 \rightarrow d_F \neq 0 \). \( \hat{H}_I \) is quenched to the chaotic impurity model with NN couplings only,

\[ \hat{H}_F^\text{local} = \hat{H}_I + d_F J \hat{S}_{\lfloor L/2 \rfloor}^z. \]

- **Global quench.** The perturbation affects simultaneously all sites in the chain: \( \lambda_1 = 0 \rightarrow \lambda_F \neq 0 \). \( \hat{H}_I \) is quenched to the chaotic Hamiltonian with NNN couplings,

\[ \hat{H}_F^\text{global} = \hat{H}_I + \lambda_F \hat{H}_\text{NNN}. \]

III. IMPURITY VS NNN COUPLINGS

For appropriate values of \( d_F \) and \( \lambda_F \), the structure of the Hamiltonian matrices of the impurity and NNN models and the results for the signatures of chaos associated with their eigenvalues and eigenstates become comparable.

A. Structure of the Hamiltonian matrices

A natural choice is to write the final Hamiltonians in the basis corresponding to the eigenstates \( |n\rangle \) of \( \hat{H}_I \) (the mean-field basis), since this is where the system starts. The structure of the impurity and NNN Hamiltonian matrices can be very similar, as seen in Fig. 1. They have large diagonal elements and off-diagonal elements that slowly fade away as they distance from the diagonal. The decay of the off-diagonal elements is typical of systems with two-(few-)body interactions and is in evident contrast with full random matrices [56].

The details of the matrices are better captured by Fig. 2. Panel (a) shows the values of the diagonal elements \( \langle n|\hat{H}_F|n\rangle \equiv H_{nn} \). Figure 2(b) presents the values of the connectivity \( M_{nn} \) of each line \( n \), that is the number of basis vectors directly coupled with each state \( |n\rangle \). \( M_{nn} \) is comparable for both models. It shows a smooth behavior with \( n \) (or equivalently with \( H_{nn,n} \)). It is large in the middle of the spectrum, where the majority of the basis vectors are coupled, and it decreases at the edges. This is to be contrasted with the behavior of \( M_{nn} \) for the integrable XXZ model, which is far from smooth [41].

Notice that to count how many off-diagonal elements are non-zero, we use a threshold below which the elements are discarded. This is done because of our numerical procedure.
Initially, \( \hat{H}_F \) is written in the natural site-basis corresponding to product states of up and down spins. Subsequently, this basis is transformed into the states \(|n\rangle\), which results in the appearance of many tiny off-diagonal elements not associated with any real coupling. We use as threshold the variance of the absolute value of all off-diagonal elements.

In Fig. 2(c), we show the averages of the absolute values of the off-diagonal elements, versus the distance \( k \) from the diagonal. They are significantly smaller than the diagonal elements and decay with \( k \).

### B. Eigenvalues and Eigenstates

To identify the crossover from integrability to quantum chaos, we analyze the level spacing distribution and the level number variance \cite{2}. Both quantities require unfolding the spectrum of each symmetry sector separately. This procedure consists of locally rescaling the energies, so that the mean level density of the new sequence of energies is equal to one \cite{55,57}. We also discard 10% of the eigenvalues at the edges of the spectrum, where the fluctuations are large.

Quantum levels of integrable systems are not prohibited from crossing and the distribution of level spacings \( s \) is typically Poissonian,

\[
\mathcal{P}_P(s) = \exp(-s).
\]

In chaotic systems, there is level repulsion and the level spacing distribution is given by the Wigner-Dyson distribution, as predicted by random matrix theory. Ensembles of full random
matrices with time reversal invariance, the so-called Gaussian Orthogonal Ensembles (GOEs), lead to

$$P_{WD}(s) = (πs/2) \exp(-πs^2/4).$$

Despite the absence of randomness and the existence of only two-body interactions in the systems studied here, in the chaotic domain their $P(s)$ is also given by the above Wigner-Dyson distribution.

To quantify the crossover from integrability to chaos, we show in Fig. 3(a) the level spacing indicator $κ$ defined as [58]

$$κ ≡ \frac{\sum |P(s_i) - P_{WD}(s_i)|}{\sum P_{WD}(s_i)},$$

where the sums run over the whole spectrum. $κ$ is large close to the integrable domain and it approaches zero in the chaotic regime. This indicator is comparable to the quantity $η$ introduced in Ref. [59] or the parameter $β$ used in the fitting of $P(s)$ with the Brody distribution [56].

As the perturbations $d_F$ and $λ_F$ increase, both models become chaotic and show similar values of $κ$ for the same system sizes. If the perturbation is further increased well above 1, the systems eventually reach another integrable point. Notice also that as $L$ increases, not only $κ$ decreases, but also the value of the perturbation leading to small $κ$. The onset of chaos in the thermodynamic limit might be achieved with an infinitesimally small integrability breaking term [58].

The level number variance $Σ^2(l)$ quantifies long-range correlations [57]. It measures the deviation of the staircase function from the best fit straight line. It is defined as

$$Σ^2(l) ≡ \langle N(l, g)^2 \rangle - \langle N(l, g) \rangle^2,$$

where $N(l, g)$ gives the number of states in the interval $[g, g + l]$ and $\langle \rangle$ represents the average over different initial values of $g$. For a Poisson distribution, $Σ^2(0) = l$, and for GOEs, $Σ^2(l) = 2\ln(2\pi l) + γ + 1 - π^2/8)/π^2$, where $γ$ is the Euler constant. Level repulsion leads to rather rigid spectra and fluctuations are less significant than in the random energy sequences of regular systems. As shown in Fig. 3(b), the level variance numbers for the impurity and NNN models are similar. They are also close to the GOE result. This proximity can be improved by changing the parameters, the best results being associated with the NNN Hamiltonian.

We also study the structure of the eigenstates $|ψ_α⟩$ of $H_F$ in the basis $|n⟩$,

$$|ψ_α⟩ = \sum C_α^{|m|} |n⟩,$$

via the Shannon (information) entropy,

$$Sh_α^n = -\sum_n |C_α^m|^2 \ln |C_α^m|^2,$$

This delocalization measure determines the degree of complexity of the eigenstates. Complete delocalization occurs for full random matrices, where the amplitudes $C_α^m$ are independent random variables. For GOEs, the average over the ensemble leads to $Sh_{GOE} ≈ \ln(0.48D)$ [33, 64]. For the realistic systems considered here, where the Hamiltonian is sparse and banded, the mixing of the basis vectors is incomplete and $Sh_α^n < Sh_{GOE}$.

Figure 3(c) compares the Shannon entropy for the defect and NNN models for all eigenvalues $E_α$. The results are very similar for the parameters considered. They reflect the structure of the matrices in Fig. 2. $Sh_α^n$ is large close to the middle of the spectrum, where $H_{α,n}$ is smaller and $M_α$ is larger, and it decreases as we approach the edges of the spectrum. This behavior mirrors also the density of states, which is Gaussian for systems with few-body interactions [56].

By increasing $Δ$, hardly any change is noticed on the values of the Shannon entropy for the impurity model, but by increasing $λ_F$, significantly larger values can be reached for the NNN model. This connects again with the notion of weak and strong coupling regimes discussed in the description of Fig. 2(d).

IV. RELAXATION DYNAMICS

The correspondence between the static properties of the impurity and NNN models suggest that, starting from the same initial state, the dynamics of both systems should also be similar. This is confirmed below with the analysis of the fidelity decay and the evolution of the Shannon entropy.
A. Local Density of States and Fidelity

The initial state $|\Psi(0)\rangle = |\text{ini}\rangle$ evolves unitarily according to the eigenvalues $E_{\alpha}$ and eigenstates $|\psi_{\alpha}\rangle$ of $\hat{H}_F$, as

$$|\Psi(t)\rangle = e^{-i\hat{H}_t} |\Psi(0)\rangle = \sum_{\alpha} C_{\alpha}^{\text{ini}} e^{-iE_{\alpha}t} |\psi_{\alpha}\rangle.$$ (5)

The energy of $|\text{ini}\rangle$ projected on the final Hamiltonian is

$$E_{\text{ini}} = \langle |\text{ini}\rangle |\hat{H}_F| |\text{ini}\rangle = \sum_{\alpha} |C_{\alpha}^{\text{ini}}|^2 E_{\alpha}.$$ (6)

The eigenstate of $\hat{H}_t$ that we select to be the initial state is the one for which $E_{\text{ini}}$ is closest to the energy

$$E_T = \sum_{\alpha} E_{\alpha} e^{-E_{\alpha}/k_B T} = \sum_{\alpha} e^{-E_{\alpha}/k_B T} ,$$ (7)

fixed by a chosen temperature $T$. Above, $k_B$ is Boltzmann constant and it is set to 1.

The distribution $P_{\alpha}^{\text{ini}}$ of the components $|C_{\alpha}^{\text{ini}}|^2$ in the eigenvalues $E_{\alpha}$ is the so-called local density of states (LDOS) or strength function \[44\] and it gives information about the lifetime of the initial state. In particular, it determines how the fidelity decays in time.

The fidelity gives the probability of finding the system still in the initial state after time $t$. It corresponds to the overlap between $|\text{ini}\rangle$ and $|\Psi(t)\rangle$,

$$F(t) \equiv |\langle |\text{ini}\rangle |\Psi(t)\rangle|^2 = \left| \sum_{\alpha} C_{\alpha}^{\text{ini}} e^{-iE_{\alpha}t} \right|^2 ,$$ (8)

and is therefore equivalent to the Fourier transform in energy of the components $|C_{\alpha}^{\text{ini}}|^2$.

In the weak coupling regime, $P_{\alpha}^{\text{ini}}$ approaches a Breit-Wigner form delineated by \[33, 35, 36, 39–41\], which is the Gaussian

$$P_{BW}^{\text{ini}}(E) = \frac{1}{2\pi} \frac{\Gamma_{\text{ini}}}{(E - E_{\text{ini}})^2 + \Gamma_{\text{ini}}^2/4} ,$$ (9)

as shown in Figs. 4(a) and (c) for the impurity and NNN models, respectively. A Lorentzian LDOS leads to the exponential decay of the fidelity,

$$F_{BW}(t) = \left| \int_{-\infty}^{\infty} P_{BW}^{\text{ini}}(E) e^{-iEt} dE \right|^2 = e^{-\Gamma_{\text{ini}}t} ,$$ (10)

which is approximately the behavior seen in Figs. 4(b) and (d). We notice that the Breit-Wigner form of the LDOS is robust for the NNN model, that is the shape is maintained for small variations in the values of $\Delta$, $\lambda_F$ and $E_{\text{ini}}$, but for the impurity model fluctuations are observed. In this case, the shape is sometimes not well defined, with more than a main peak or a secondary bump deforming the Breit-Wigner.

In the limit of strong perturbation, the LDOS for the NNN model approaches a Gaussian shape, as shown in Fig. 4(e).

The distribution is limited by the energy shell \[33, 35, 36, 39–46\], which is the Gaussian

$$P_G^{\text{ini}}(E) = \frac{1}{\sqrt{2\pi} \sigma_{\text{ini}}} \exp \left[ -\frac{(E - E_{\text{ini}})^2}{2\sigma_{\text{ini}}^2} \right] ,$$ (11)

with width

$$\sigma_{\text{ini}} = \sqrt{\sum_{\alpha} |C_{\alpha}^{\text{ini}}|^2 (E_{\alpha} - E_{\text{ini}})^2} = \sqrt{\sum_{\alpha \neq \text{ini}} |\langle \alpha |\hat{H}_F|\text{ini}\rangle|^2} .$$ (12)

The shell determines the maximum possible spreading of $|\text{ini}\rangle$ in a system with two-body interactions. The Gaussian distribution induces the Gaussian decay of the fidelity,

$$F_G(t) = \left| \int_{-\infty}^{\infty} P_G^{\text{ini}}(E) e^{-iEt} dE \right|^2 = e^{-\sigma_{\text{ini}}^2 t^2} .$$ (13)

as illustrated in Fig. 4(f). The impurity model cannot reach this extreme scenario. Its LDOS does not go beyond the Breit-Wigner form and its fidelity decay is thus restricted to the exponential behavior.
B. Evolution of the Shannon Entropy

In Figs. 5(a) and (b) we analyze the evolution of the Shannon entropy written in the basis of the initial Hamiltonian,

$$\text{Sh}_\text{ini}^{\alpha}(t) = -\sum_{n} W_n(t) \ln W_n(t), \quad (14)$$

where

$$W_n(t) = \left| \langle n | e^{-i\hat{H}_F^t} | \text{ini} \rangle \right|^2 \quad (15)$$

is the probability to find the system in the basis vector $|n\rangle$ and $W_{\text{ini}}(t) = F(t)$. We focus on the quenches from $\hat{H}_I$ to $\hat{H}_F^\text{local}$ and from $\hat{H}_I$ to $\hat{H}_F^\text{global}$ in the weak coupling regime.

The temporal behavior for both quenches is very similar. There is an initial quadratic growth, as expected from perturbation theory, followed by a linear increase of the entropy, which is a general behavior of initial states that are sufficiently delocalized and can take place even when the final Hamiltonian is integrable \[37, 40, 41\].

A cascade model was developed to describe the progressive decay of the initial state into $|n\rangle$ \[34\]. It led to the following semi-analytical expression for the Shannon entropy,

$$\text{Sh}_\text{ini}^{\alpha}(t) = -F(t) \ln F(t) - [1 - F(t)] \ln \left( \frac{1 - F(t)}{N_{\text{pc}}} \right), \quad (16)$$

where $N_{\text{pc}}$ is the infinite time average of $\exp(\text{Sh}_\text{ini}^{\alpha})$. However, this expression [solid lines in Figs. 5(a) and (b)] does not agree with our numerical expressions. The deviation happens because parity is still almost conserved in the initial integrable Hamiltonian. This is not the case for the two chaotic Hamiltonians and the reverse quenches, from the impurity and NNN Hamiltonians to the XXZ system, lead to perfect agreement with Eq. (16) [not shown].

The small defect on site 1 is not enough to strongly break reflection symmetry in the XXZ model, so the initial states have significantly larger contributions from one of the parity sectors. This is deduced from Figs. 5(c) and (d), where we separate the sum of the participations $W_n$ of quasi-even states from the sum of states with quasi-odd parity. The contributions from the states that do not belong to the same parity sector as $|\text{ini}\rangle$ take a very long time to become relevant. This results in a sort of pre-relaxation of the Shannon entropy. The fact that $N_{\text{pc}}$ is computed after relaxation causes the disagreement between Eq. (16) and the numerical results. Excellent agreement with the semi-analytical expression can be recovered, up to the pre-relaxation region, if $N_{\text{pc}}$ is computed by taking a time interval restricted to this region (not shown).

V. THERMALIZATION

The subject of thermalization in isolated quantum systems \[33, 61–69\] has been brought back to surface with recent experimental and theoretical studies \[10, 11, 74, 75\]. A first necessary condition for thermalization is, of course, the relaxation of the quenched system to a new equilibrium.

One refers to relaxation in such isolated systems in a probabilistic sense. It occurs if after a transient time the system remains very close to a steady state for most time and the fluctuations around it decreases with system size \[62, 77, 88\]. In this scenario, the density matrix,

$$\rho(t) = |\Psi(t)\rangle \langle \Psi(t)| \quad (17)$$

$= \sum_{\alpha} C_{\alpha}^{\text{ini}} |\psi_\alpha\rangle \langle \psi_\alpha| + \sum_{\alpha \neq \beta} C_{\alpha}^{\text{ini}} C_{\beta}^{\text{ini}} e^{i(E_\alpha - E_\beta)t} |\psi_\alpha\rangle \langle \psi_\beta|,$

approaches the diagonal density matrix $\rho_{\text{DE}}$ \[89, 91\], which corresponds to the infinite time average,

$$\rho_{\text{DE}} = \lim_{t \to \infty} \frac{1}{t} \int_0^t d\tau \rho(\tau) = \sum_{\alpha} |C_{\alpha}^{\text{ini}}|^2 |\psi_\alpha\rangle \langle \psi_\alpha|. \quad (18)$$

The entropy that describes the system after relaxation,

$$S_\text{ini}^{\alpha} = -\text{Tr}(\rho_{\text{DE}} \ln \rho_{\text{DE}}) = -\sum_{\alpha} |C_{\alpha}^{\text{ini}}|^2 \ln |C_{\alpha}^{\text{ini}}|^2. \quad (19)$$

is referred to as diagonal entropy \[89\]. It is simply the Shannon entropy of the initial state projected onto the eigenstates of the final Hamiltonian. Thermalization occurs when the diagonal entropy coincides with the thermodynamic entropy \[89, 91\].

In terms of few-body observables, thermalization implies that their infinite time average (the diagonal ensemble average),

$$O_{\text{DE}} = \text{Tr}(\rho_{\text{DE}} \hat{O}) = \sum_{\alpha} |C_{\alpha}^{\text{ini}}|^2 \langle \psi_\alpha | \hat{O} | \psi_\alpha \rangle, \quad (20)$$
becomes very close to the thermal (microcanonical) average,
\[ O_{ME} \equiv \frac{1}{N_{E_{\text{ini}},\delta E}} \sum_{\alpha} \langle \psi_\alpha | \hat{O} | \psi_\alpha \rangle, \]  
when the system is finite, and both averages coincide in the thermodynamic limit. Above \( N_{E_{\text{ini}},\delta E} \) stands for the number of energy eigenstates in the window \( \delta E \).

Two situations can imply the proximity of the two averages:

1. The eigenstate expectation value of the observables, \( \langle \psi_\alpha | \hat{O} | \psi_\alpha \rangle \), is a smooth function of energy, which means that the result from a single eigenstate inside the microcanonical window agrees with the microcanonical average. This approach became known as eigenstate thermalization hypothesis (ETH) \([62, 63, 72–74, 92]\).

2. The coefficients \( C_{\alpha}^{\text{ini}} \) behave as random variables. This happens when the energy distribution of the initial state fills the energy shell. The fluctuations of the coefficients in Eq. (20) become uncorrelated with \( \langle \psi_\alpha | \hat{O} | \psi_\alpha \rangle \) \([66, 93]\).

For the quench into the impurity Hamiltonian, if thermalization happens, it must be mainly caused by condition (1), since the LDOS for this model does not achieve a Gaussian shape, as discussed in the end of Sec. II A.

In Fig. 6 we analyze the diagonal entropy and the eigenstates expectation values of few-body observables for the impurity, NNN, and XXZ models. The results suggest agreement with ETH for the first two. In Figs. 7 and 8 we confirm the expectations of thermalization for the local and global quenches into chaotic models.

Figures 6 (a), (c), and (e) compare the diagonal entropy (points) for all the initial states extracted from \( \hat{H}_I \) with the logarithm of the density of states of the final Hamiltonian (solid line), which is related with the microcanonical entropy. Figures 6 (a) and (c) correspond to the quenches from the XXZ model to the impurity and NNN Hamiltonians, respectively, and Fig. 6 (e) is an integrable quench from the XX model to the XXZ Hamiltonian. In all panels, both entropies show a similar shape, apart from the edges of the spectrum. However, the fluctuations of the diagonal entropy in the integrable scenario is significantly larger and, contrary to the quenches into chaotic models, they do not decrease with system size \([94]\). This suggests that thermalization may not be possible when both Hamiltonians in the quench are integrable and the initial state has a finite temperature. This conjecture is confirmed by studies in the thermodynamic limit for quenches involving Hamiltonians that are of the XXZ-type before and after the perturbation \([58]\).

In Figs. 6 (b), (d), and (f), we analyze the dependence on system size of the fluctuations of the eigenstate expectation values of the structure factor in the \( z \) direction,
\[ \hat{S}_{zz}(k) = \frac{1}{L} \sum_{l,j=1}^{L} \hat{S}_z^l \hat{S}_z^j e^{-ik(l-j)}. \]
This is a nonlocal observable in space. In the main panels we show the results of
\[ \Theta S_{zz} \equiv \left| \max S_{zz} - \min S_{zz} \right| \]  
for three system sizes. Above \( \max S_{zz} \) (min \( S_{zz} \)) stands for the maximum (minimum) value of \( \langle \psi_\alpha | \hat{S}_{zz} | \psi_\alpha \rangle \) obtained in the energy window used to calculate \( S_{zz}^{\text{ME}} \). This quantity measures the extremal fluctuations and is more appropriate to test ETH than the dispersion, which can decrease with \( L \) simply because the number of states increases exponentially with \( L \) \([94]\). The values of \( \Theta S_{zz} \) for the impurity and NNN models are comparable and, away from the edges of the spectrum, they clearly decreases with \( L \). For the XXZ system, \( \Theta S_{zz} \) is significantly larger and does not decrease with \( L \). The insets illustrate the fluctuations for a single system size. They show \( \langle \psi_\alpha | \hat{S}_{zz} | \psi_\alpha \rangle \) for all \( E_\alpha \). The outcomes for the impurity and NNN Hamiltonians are equivalent and reflect the smooth behavior with energy of the Shannon entropy of the eigenstates \( | \psi_\alpha \rangle \), seen in Fig. 5 and typical of the chaotic domain \([58, 94, 95]\). This is in agreement with ETH and in contrast with the results for the XXZ model, where large fluctuations are observed.

Figures 7 and 8 compare the results for the infinite time averages and the microcanonical prediction. We compute the relative difference,
\[ \Lambda S_{zz} = \left| \frac{S_{zz}^{\text{DE}} - S_{zz}^{\text{ME}}}{S_{zz}^{\text{ME}}} \right|, \]
for the structure factor and also the absolute difference,
\[ \Lambda_a C_{zz} = \left| C_{zz}^{\text{DE}} - C_{zz}^{\text{ME}} \right|, \]
for the spin-spin correlation in the $z$ direction for sites in the middle of the chain, $C^{zz}_{L/2,L/2+1} = \langle S^z_{L/2} S^z_{L/2+1} \rangle$, which is a local operator in space.

Figure 7 shows $\Delta S^{zz}$ and $\Lambda_{g} C^{zz}$ for different values of the perturbations for the quenches to the impurity ($a,c$) and NNN ($b,d$) Hamiltonians. The relative differences are of similar magnitude for both models and clearly decrease with $L$.

In Ref. [97], we studied quenches to the NNN model in the limit of strong perturbation, where the energy distribution of the initial state is Gaussian and therefore already approximately thermal, even before the quench. In such extreme scenario, it was difficult to clearly discern improvements with $T$ and $L$. Here, where the initial state is Breit-Wigner, these improvements are more visible.

VI. SUMMARY

We studied static and dynamical properties of one-dimensional spin-1/2 systems and showed that the outcomes of a local-in-space quench can be very similar to those of a global quench. Our system was initially in an eigenstate of an integrable gapless XXZ model. Either a local magnetic field was suddenly turned on or NNN couplings affecting the entire chain were instantaneously added. For both cases, we found that:

(i) The final Hamiltonian matrices have very similar structures if written in the mean-field basis corresponding to the eigenstates $|n\rangle$ of the initial Hamiltonian. Their eigenvalues and eigenstates show equivalent statistical properties, which are typical of quantum systems in the chaotic domain.

(ii) The energy distribution of initial states (LDOS) away from the borders of the spectrum have a Breit-Wigner form and lead to an exponential decay of the fidelity.

(iii) The Shannon entropy written in the basis $|n\rangle$ grows linearly in time and reaches a pre-relaxation region caused by parity (almost) conservation, before saturating.

(iv) In agreement with ETH, the eigenstate expectation values of few-body observables show minor fluctuations for states close in energy and, away from the edges of the spectrum, they decrease with system size. The viability of thermalization is confirmed by comparing infinite time averages and microcanonical predictions. The results are similar and further improve with $L$.

There is, however, an important difference between the two quenches. For large perturbations, the global quench can eventually reach the strong coupling regime, where the LDOS and the fidelity decay become Gaussian. This extreme is not achieved by the local quench of the magnetic field. It is conceivable that local quenches be fundamentally forbidden to reach this regime.
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