Breadth of Antibodies to Plasmodium falciparum Variant Surface Antigens Is Associated With Immunity in a Controlled Human Malaria Infection Study

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Background: Plasmodium falciparum variant surface antigens (VSAs) contribute to malaria pathogenesis by mediating cytoadhesion of infected red blood cells to the microvasculature endothelium. In this study, we investigated the association between anti-VSA antibodies and clinical outcome in a controlled human malaria infection (CHMI) study.

Method: We used flow cytometry and ELISA to measure levels of IgG antibodies to VSAs of five heterologous and one homologous P. falciparum parasite isolates, and to two PfEMP1 DBLβ domains in blood samples collected a day before the challenge and 14 days after infection. We also measured the ability of an individual’s plasma to inhibit the interaction between PfEMP1 and ICAM1 using competition ELISA. We then assessed the association between the antibody levels, function, and CHMI defined clinical outcome during a 21-day follow-up period post infection using Cox proportional hazards regression.

Results: Antibody levels to the individual isolate VSAs, or to two ICAM1-binding DBLβ domains of PfEMP1, were not associated with a significantly reduced risk of developing parasitemia or of meeting treatment criteria after the challenge after adjusting for exposure. However, anti-VSA antibody breadth (i.e., cumulative response to all the isolates) was a significant predictor of reduced risk of requiring treatment [HR 0.23 (0.10-0.50) p= 0.0002].

Conclusion: The breadth of IgG antibodies to VSAs, but not to individual isolate VSAs, is associated with protection in CHMI.

Keywords: malaria, Plasmodium falciparum, CHMI, variant surface antigens, anti-VSA antibodies, antibody breadth, PfEMP1, ICAM1
INTRODUCTION

The number of malaria cases has declined substantially over the last few decades (1, 2), but 627,000 attributable deaths globally in the year 2020 (1) still marks malaria out as a major health concern especially in children under 5 years of age in sub-Saharan Africa. The looming threat of mosquito resistance to insecticides (3) and changes in feeding behavior (4), together with the emergence of malaria parasite resistance to drugs including artemisinin-based combinations (5), has placed a strong focus on vaccines as potentially the most effective ways of eradicating malaria. The most advanced malaria vaccine to date, RTS.S, confers partial and transient immunity to pre-erythrocytic malaria parasites (6–8), thus pointing to the need to develop vaccines that induce more potent and long-lasting immunity. However, this is hampered by the complexity of the malaria parasite’s life cycle, the variant and polymorphic nature of many malaria antigens, and the lack of clear correlates of immunity to malaria (9–12). Nonetheless, immunological studies showing that humans acquire immunity through repeated exposure to malaria (13–16) and passive antibody transfer experiments (17, 18) provide the incentive for the continued search for more efficacious malaria vaccines against blood-stage parasites.

Among the proteins considered potential candidates for malaria vaccine are the variant surface antigens (VSAs) displayed on the surface of red blood cells infected by the mature blood stage of malaria parasites (19–26). *P. falciparum* erythrocyte membrane protein 1 (PFEMP1), one of the best studied VSAs, plays an important role in malaria pathogenesis by mediating the cytoadhesion and sequestration of infected red blood cells to the endothelium of host blood vessels as a way of escaping immune clearance. This adhesion, which is mediated by host receptors such as ICAM1, EPCR and CD36, results in vascular occlusion and inflammation, which are hallmarks of severe malaria (27–31). The wide diversity of VSAs poses a challenge in their inclusion in malaria vaccines. However, several longitudinal studies have shown that antibodies to VSAs reduce the risk of being reinfeected by a variant recognized by those antibodies, but not necessarily to other variants, but there are also longitudinal studies that suggest that a degree of cross-variant immunity also exists (24, 25, 32), thus justifying the continued interest in understanding the role of anti-VSA antibodies in immunity to malaria.

A complexity in studying immunity to malaria is in distinguishing between immunological responses that are simply markers of exposure and those that are causally linked to immunity, as both increase concurrently with repeated exposure to malaria. In addition, exposure to infected mosquito bites in the field is heterogeneous, making it difficult to distinguish between non-exposure and genuine immunity as the reason for apparent protection in field-based immunology studies (33). Controlled human malaria infection study (CHMI) overcomes these challenges by ensuring homogenous exposure with subsequent stringent monitoring of parasitemia and symptoms. We used CHMI studies in Kenya to further explore the role of anti-VSA antibodies in immunity to malaria. We sought to determine whether levels and function of anti-VSA antibodies were associated with better clinical outcome among the CHMI participants.

METHODS

**Study Design and Population**

This study was nested in a larger controlled human malaria infection (CHMI) study conducted at KEMRI-Wellcome Trust Research Programme (KWTRP) as described previously (34). Briefly, healthy adults were recruited for CHMI from Ahero (high malaria endemicity), Kilifi South (high malaria endemicity) and Kilifi North (low malaria endemicity) locations in Kenya. Following initial screening, 161 volunteers were administered with 3.2 × 10^7 NF54 *P. falciparum* sporozoites and monitored for parasite growth and clinical outcome for a period of 21 days. Parasite growth was monitored using qPCR and individuals who reached a parasite density of 500 parasites/μL or developed fever were given anti-malarial drugs, while the rest were all treated on day 22 (34). The blood samples collected from the participants were processed to separate plasma and cells and stored at -80°C until use. For this study, we used plasma collected a day before (C-1) and 14 days after the challenge (C+14).

**Parasite Isolates**

Six *P. falciparum* isolates were used for this study, two laboratory-adapted cultures (SAO75 and A4U) and four heterologous ex-vivo isolates (6454, 19462, 19477, and NF54). The ex-vivo parasite isolates (except NF54) were obtained from patients admitted to the High Dependency Unit at Kilifi County Hospital with severe malaria and cultured to mature trophozoites stage before being frozen. The laboratory adapted isolates were retrieved from liquid nitrogen storage, grown to mature trophozoite and then frozen. The NF54 parasites isolated from the study participants and expanded in culture appeared not to express VSAs as we observed poor antibody recognition by serum from highly immune positive controls as well as study participant’s plasma samples (Supplementary Figure 1). This is in line with previous studies that have shown that continuous culture decreases var gene transcription and protein expression (35, 36). We therefore produced an NF54 culture selected on ICAM1 and CD36 to enhance VSA expression, referred to hereafter as ‘NF54(ICAM1/CD36)’. All the isolates were cultured in RPMI 1640 medium (Sigma) supplemented with 2mM L-glutamine, 37.5mM HEPES, 20mM glucose, 50μg/mL sodium hypoxanthine, 25μg/mL gentamicin and 0.5% albumax (all from Gibco) (37) and cryopreserved in glycerolite (38).

**Detection of Anti-VSA Antibodies by Flow Cytometry**

The frozen trophozoites were thawed as previously described (38). A 10% suspension of the thawed infected red blood cells pellet was prepared using 1XPBS. 2.5μL of the 10% pellet...
Detection of Antibodies to *P. falciparum* Schizont Extract

CHMI plasma samples collected a day before the challenge (C-1) were analyzed for presence of antibodies against *P. falciparum* schizont extract using ELISA as previously published (41). Briefly, *P. falciparum* 3D7 parasites were cultured to schizont stage. The harvested culture was sonicated, followed by a series of freeze-thaw cycles to prepare the schizont extract. Different dilutions of the schizont extract were coated on ELISA plates and a pool of plasma from hyper immune individuals was used to detect antibodies against the extract and determine the optimal dilution of the extract to use for subsequent assays. Standard ELISA protocol was followed to measure antibodies against the schizont extract in the CHMI plasma samples.

Inhibition of Binding of PfEMP1 to ICAM1

To measure the ability of an individual's plasma to inhibit the interaction between the recombinant PfEMP1 DBLβ domain (PF3D7_1150400/PF11_0521) and ICAM1, we used competition ELISA. First, Immunolon plates (Thermo Scientific) were coated with 5µg/mL of PF3D7_1150400 recombinant protein and incubated overnight at 4°C. The plates were then washed and blocked with PBST and 1% skimmed milk for 1h at room temperature. After washing, ICAM1–Fc (5µg/mL) and plasma (1:10) were added simultaneously and incubated for 1h at room temperature (42). The plates were then washed four times with PBST. Bound ICAM1 was detected by mouse anti-human ICAM-1 (PE anti-human CD54, cat.no 353106, BioLegend, 1:500) followed by goat anti-mouse IgG-HRP, (Dako, 1:5000).

Plasma samples from malaria naïve individuals from the UK were used as negative controls.

Statistical Analysis

Data analysis was carried out using R version 4.0.5. For all tests, *P* values of <0.05 were considered significant. Graphs were generated using GraphPad Prism 8. The adjusted MdFI was log transformed in R and normality of data was checked using Shapiro test. Cox proportional hazard risk model was used to assess the association between anti-VSA antibody levels and two definitions of CHMI outcomes: 1) Time to establishment of a PCR-detectable infection and 2) time to requiring treatment during follow up.

To test if CHMI outcome was associated with the breadth of anti-VSA antibodies across the whole panel of test isolates rather than responses to individual isolates we developed an antibody response breadth score for each participant. This was done by assigning the participant’s response to each isolate a score of 0, 1, 2 or 3 depending on whether the response was in the lowest, middle, or upper quartile of the responses to that isolate respectively. The total score across the six isolates (minimum = 0, maximum = 18) was taken as the individual’s anti-VSA antibodies breadth and was further 3 equal categorized as “low” (total score 0-6), “medium” (total score 7-12) or “high” (total score 13-18). The association between the breadth categories and CHMI outcome was assessed using cox-proportional hazard model.
Additionally, the association between antibodies to two PfEMP1 DBLβ domains (PF3D7_1150400/PF11_0521 and PF3D7_0425800/PFD1235w) and CHMI outcome was also assessed. The antibody-mediated inhibition of ICAM1 binding of the DBLβ domain was analyzed from two independent experiments carried out in duplicates and the association with CHMI outcomes assessed using Cox proportional hazard risk model.

In all cases a univariable and subsequent multivariable analysis with further stepwise regression was carried out and the results are reported as “unadjusted” and “adjusted”.

To test if CHMI outcome was associated with changes in antibody levels between day C-1 and day 14 after challenge, Mann-Whitney U test was used to assess for significant difference between the treated and untreated groups as well as the PCR positive and PCR negative groups.

**RESULTS**

**CHMI Outcome**

Of the 161 participants enrolled for CHMI, 19 were excluded from the final analysis due to infection with *P. falciparum* isolates other than NF54 during follow-up or presence of anti-malarial drug in their plasma as previously described (41, 43). The 142 participants included in the final analysis were grouped as either untreated PCR negative (n=33), untreated PCR positive (n=53), treated non-febrile (n=30), or treated febrile (n=26) based on parasite growth monitored by qPCR or development of fever during follow-up. Further details of the outcomes are described elsewhere (43).

**Anti-VSA Antibodies Response to a Panel of Parasite Isolates**

All the participants showed varied levels of anti-VSA antibodies to all the test isolates. The *ex-vivo* isolates were better recognized with highest levels of antibodies being against isolate 19477 and 6454 and the lowest against NF54 (ICAM1/CD36) (Figure 1A). Participants from Kilifi South and Ahero, which are high malaria transmission areas, had higher levels of antibodies compared to those from Kilifi North which is a low malaria transmission area (Figure 1B).

**Anti-VSA Antibodies and Risk of Developing PCR-Detectable Infection During CHMI**

Antibody levels to each of the parasite isolates except NF54 (ICAM1/CD36), overall antibody breadth, binding inhibition levels and anti-schizont antibodies were all significantly associated with reduced risk of the endpoint of a PCR detectable infection in univariable analysis (Table 1). However, there was marked collinearity of the different responses with varying degrees of positive cross-correlations (Supplementary Figure 2). Antibodies to the specific parasite isolates were not independently associated with reduced risk of acquiring PCR detectable infection in a multivariable analysis model that adjusted for antibodies to schizont extract as indicated in Table 1.

**Anti-VSA Antibodies and Risk of Meeting a Threshold for Anti-Malarial Treatment During CHMI**

Similarly, univariable analysis showed that antibody levels to each of the parasite isolates, overall antibody breadth, binding inhibition levels and anti-schizont antibodies were all associated with a significant reduction in the risk of meeting a threshold for malaria treatment during follow-up (Table 2). However, only breadth of antibody responses and anti-schizont antibodies were significant predictors of reduced risk of reaching a threshold for anti-malarial treatment on multivariable regression analysis (Table 2 and Supplementary Table 1). Further analysis showed that the untreated group had significantly higher levels...
of anti-VSA antibodies compared to those who required treatment (Supplementary Figure 3). Similarly, the untreated group showed a higher binding inhibition ability compared to the treated group (Supplementary Figure 4).

We categorized the participant’s anti-VSA antibody breadth into three categories, low, medium, or high. Having either medium or high antibody breadth was associated with significantly longer time to treatment compared to having low antibody breadth (Figure 2). In addition, individuals who remained PCR negative and those that did not require treatment during follow up had significantly higher antibody breadth compared to those that required treatment (Supplementary Figures 5A, B).

**DISCUSSION**

In this study, we assessed the role of anti-VSA antibodies in immunity against malaria in CHMI participants using three approaches. We looked at the association between either having anti-VSA antibodies to individual isolates or the cumulative antibodies, or having antibodies to specific PfEMP1 domains, or having functional anti-VSA and CHMI outcome defined by either establishment of a PCR detectable infection or meeting the threshold for requiring treatment.
The notable finding in this study is that having a wide breadth of anti-VSA antibodies to a panel of randomly selected isolates is associated with a reduced risk of meeting the threshold for treatment in a controlled human malaria infection with isolate NF54. Although anti-VSA antibodies to individual isolates and to two PfEMP1 DBLβ domains were significantly associated with reduced risk of treatment in a univariable analysis, the association was not observed in a multivariable analysis. On the other hand, none of the anti-VSA antibodies or related parameters were associated with immunity against establishing a PCR-detectable infection following a multivariable analysis.

There are two potential explanations for these findings: The first is that all the apparent associations between anti-VSA antibodies and CHMI outcomes are confounded, and high anti-VSA antibodies are just markers of immunity mediated by other mechanisms which increase co-incidentally with exposure. To account for this possibility, we used a multivariable analysis model that included antibodies to schizont extract. The extract represents potentially all blood-stage malaria parasite antigens and therefore should correct for confounding protection by mechanisms targeted at other antigens that were not specifically tested here. The fact that having a wide antibody breadth remained significantly associated with reduced risk of reaching a threshold for treatment even after adjusting for schizont extract suggest that cumulative anti-VSA antibodies, by their own right, can provide protection against high parasitemia and/or symptoms in CHMI.

**FIGURE 2** | Kaplan Meier survival analysis of time to treatment stratified by individuals' breadth of anti-VSA antibodies at day C-1. The dotted line denotes the median survival time where the survival probability is below 50%. Medium breadth score: HR= 0.38 (95% CI 0.21-0.67, p=0.0008). High breadth score: HR= 0.08 (95% CI 0.03-0.24, p=0.0001).

**FIGURE 3** | Change in heterologous anti-VSA antibodies levels after the challenge. Anti-VSA antibodies to the test isolates a day before and on day 14 after the challenge stratified by: (A) treatment outcome and (B) parasitaemia (* P<0.05).
The lack of association between any of the parameters relating to anti-VSA antibodies and protection against establishment of a PCR-detectable parasitemia is consistent with observations in immunological studies suggesting some individuals acquire a form of immunity that protect from clinical symptoms but not infection (44, 45). On the other hand, the observation that specific anti-VSA responses to individual isolates were not associated with protection, but that breadth of anti-VSA antibodies to a randomly selected panel of isolates protects against high parasitemia and symptoms is interesting, given that prior work reports variant specificity of anti-VSA antibodies (25, 46). It is possible that in addition to the predominantly variant specific anti-VSA antibodies responses, malaria infections also generates a small amount of partially cross-reactive anti-VSA antibodies (47). With repeated infections, the partially cross-reactive antibodies accumulate sufficiently to provide significant protection against symptomatic infection by a wide range of variants including NF54.

We further explored the possibility that the heterologous anti-VSA antibodies were cross-reactive with the NF54 specific anti-VSA antibodies by looking at the changes in the levels of the antibodies 14 days after challenge. Significant boosting was apparent for antibodies to two of the clinical isolates (19477 and 19462). There was also a slight boost in the levels of anti-NF54 (ICAM1/CD36), but a significant drop was observed in the case of anti-6454 antibodies. There was no change in the level of antibodies to the lab isolates. The observed changes were similar whether all participants were considered together or stratified by CHMI outcome. The boosting of antibodies to field isolates by the challenge infection suggest that there may be some level of cross-reactivity with NF54. By extension, the lack of boosting of antibodies by the lab isolates may be reflecting the narrowness of the antibodies specific to these clonal isolates. However, the NF54 (ICAM1/CD36) parasites that we use have been selected in vitro for specific VSAs binding to ICAM1/CD36, and in vivo NF54 is likely to express a greater variety of VSAs. Furthermore, it is then perhaps not surprising that no single anti-VSA response predicts immunity, since individuals with a single anti-VSA specificity will result in parasite selection for alternative VSA expression. On the other hand, individuals with a broad range of anti-VSA responses are protected against parasite growth due to protection against cytoadherence. We speculate that protection against low-level parasitemia requires other immunological responses.

This study was limited by inability to measure the levels of anti-VSA antibodies to the actual infecting NF54 isolate. Parasites isolated from the participants appeared not to express VSAs upon culturing and were not recognised by antibodies from any of the participants. Altered or loss of expression of VSAs upon in vitro culturing is a commonly observed phenomenon (48). This is due to many factors, including use of Albumax instead of human serum to supplement the culture media which influences knobs and VSA expression (49). To circumvent this problem, we used NF54 that was selected to express VSAs binding to the endothelial receptors ICAM1 and CD36 by panning on recombinant ICAM1 and CD36 proteins and confirmed to select for expression of VSAs that bind to these proteins (data not shown). Although homologous to the isolate used to infect the CHMI participants, the selected isolate may represent only a portion of the full NF54 VSA repertoire. Second, recent findings have highlighted the importance of persistent IgM responses against blood stage antigens (50). In this study, we only measured IgG antibodies and we cannot make any conclusion regarding IgM antibodies to VSAs among the study participants. We therefore recommend further studies to examine the role of pre-existing anti-VSA IgM in parasite growth control and disease outcome in CHMI.

Previous longitudinal studies have shown that VSAs are associated with variant-specific immunity to malaria, but most of the studies are either in children or pregnant women (51–53). This study suggests that, despite VSA diversity, there is some level of cross-protection (albeit small) between variants. Understanding the mechanism behind this cross-protection, for example, if it is driven by conserved, but poorly immunogenic epitopes, could form the basis for further studies on VSA as potential vaccine candidates.

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DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: Harvard Dataverse, URL: https://doi.org/10.7910/DVN/AYWX0Y.

ETHICS STATEMENT

Ethical approval was obtained from KEMRI Scientific and Ethics Review Unit (KEMRI//SERU/CGMR-C/029/3190) and the University of Oxford Tropical Research Ethics Committee (OxTREC 2-16). The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

SK, AA, and CK designed the study. HK, AK, KM, and SK analyzed the data. HK, AK, and SK wrote the first draft of the manuscript. PB, MK, SK, AA, and CK edited the manuscript. HK, AK, RN, NA, and SM performed flow cytometry experiments. NA performed binding inhibition assays. AJ provided the PfEMP1 recombinant proteins and edited the manuscript. All authors contributed to interpretation of the analyses and revised the draft manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fimmu.2022.894770/full#supplementary-material
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