Construction and Biological Performance of Porous Titanium Surface Nanotube Arrays

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Abstract

TiO$_2$ nanotube array films were prepared on porous titanium via anodic oxidation. The morphology and phases of the films were characterized, and the thermal stability, bioactivity in-vitro, biocompatibility in vivo, and osteoinductivity of the films were also studied. It was found the anatase nanotubes give better bioactivity than the amorphous. The porous titanium after anodic oxidation and annealing at 500 °C formed hydroxyapatite on surface and can induce blood vessel formation and promote the expressions of bone morphogenetic protein BMP-2, which contribute to the potential osteoinductivity. This study will promote the development of novel functional porous supports.

Keywords

Porous, Anodic oxidation, Nanotube array, Bioactivity, Osteoinductivity

Introduction

As is well-known, titanium (Ti) and its alloys are often used in biomaterials because of high strength, toughness and corrosion resistance [1-4]. However, such alloy tissues have far larger elastic modulus than human bones, which can easily cause stress shield and bone absorption. The high-porosity porous titanium can match with bone tissues in terms of mechanical properties, and the penetrated hole structures can even offer larger space for tissue growth, offering channels for body liquid flow and nutrition exchange, which are favorable for the inward growth of surrounding cells and new bone growth and strengthen the bio-fixation of bone tissues [5]. However, the Ti surfaces can be easily oxidized into a layer of dense oxidation films, which increase the biological inertia of Ti. The binding between Ti and bones belongs to mechanical inter-locking. Recently, surface modification of metal Ti and its alloys becomes one of the research hotspots in the field of biomedical materials. Surface modification endows Ti and its alloys with bioactivity, so that the new bones can directly bind with the implant surfaces without needing any connective tissues, which directly contributes to osseointegration or bone bonding.

At present, there are many compact Ti surface modification methods, including plasma spraying [6], ion implantation [7], magnetron sputtering [8], acid treatment [9], electrochemical deposition [10], anodic oxidation, and microarc oxidation process [11-13]. However, there is little research about porous titanium modification. Owing to the three-di-
mensional structures of porous titanium, the commonly used physical modification methods are ineffective for the internal parts of pores. Due to the three-dimensional structures of porous titanium, the commonly used physical modification methods are ineffective for the internal parts of pores. Thus, appropriate methods are needed to modify porous titanium. Ti with micronano structures or after alkali treatment can induce apatite formation and efficiently promote cell adhesion, growth and differentiation [14,15].

Bone repair materials should also possess suitable osteoinductivity in addition to the mechanical properties and excellent osteoconductivity that match with bones. Once osteoinductivity is possessed, the formation of new bone tissues can be induced during bone repair, and the bone repair time can be shortened, which effectively improve the bone repair effect. So far, the well-known osteoinductive material is hydroxyapatite. Other osteoinductive materials have been rarely reported. Fujibayashi, et al. found osteoinductivity of the porous titanium suppressed from titanium wire can be induced after 12 months of implantation into animals in vivo [16].

At present, there is much research about the surface nanocrystallization of dense titanium and its alloys, but the surface anodic oxidation nanocrystallization of porous titanium has been rarely reported, especially the effects of surface nanocrystallization on the biocompatibility of porous titanium plates. For this reason, we surface-modified porous titanium with the anodic oxidation process and thereby prepared a nanotube array, which was then thermally treated at different temperatures. The morphology and phases of the TiO₂ nanotube array were observed, and its bioactivity and biocompatibility were investigated via in-vitro bionic mineralization experiments and animal in-vivo implantation experiments respectively. Also, its feasibility into the field of biomaterials was explored.

**Materials and Methods**

**Preparation and surface nanotube morphology of porous titanium**

The commercial pure 300-mesh titanium powder was used here, and NH₄HCO₃ (granularity 100-300 µm) was adopted as the pore-forming agent. The titanium powder and NH₄HCO₃ were mixed evenly at the mass fraction ratio of 1:1 under even stirring and then placed into a mold, in which a miniature hydraulic press pressed the mixture into specimens at the pressure of 80 MPa. The molded specimens were preserved in a common muffle furnace at 100 °C for 5 h in order to completely remove the pore-forming agent, then heated to 1300 °C in a vacuum furnace, and heat-preserved for 2 h. (Figure 1) shows the process flow diagram about the preparation of high-porosity porous titanium [17].

The sintered porous Ti sheets (Φ 5 × L 3 mm²) were ultrasonically washed with ethanol and deionized water and then dried. The specimens were processed via anodic oxidation in the mode of constant-voltage direct-current continuous feeding, in which the anode was porous titanium, the cathode was graphite, and the electrolyte was a mixture of 0.15 mol/L fluohydric acid and 0.1 mol/L nitric acid. After 60 min of oxida-

![Figure 1: Preparation process of porous titanium with high porosity.](image-url)
specimens were in size of Ф5 × L3 mm², and each group involved 2 specimens. The implanted specimens were classified into groups UPT, APT and HAPT.

**Operation:** Healthy adult dogs (16-20 kg) were used to build an animal model. The implantation site was the back muscles. Each dog was intraperitoneally anesthetized with 1 mL/kg of 3% pentobarbital sodium, and the back was unhaired, followed by iodine alcohol disinfection and draping. The muscle tissues were dissected, and the 3 groups of UPT, APT and HAPT were sterilized and randomly implanted into muscles (Figure 2). The cuts were sutured. The muscles were injected with penicillin to prevent infection for one week postoperatively.

**Detection methods:** Postoperatively, the dogs were generally observed, including the feeding and the inflammation at injured sites. At 6 months postoperatively, the dogs were injected with excessive anesthetics, sacrificed, and the occurrence of purulence, inflaming or necrosis between the surrounding tissues and the implanted material was observed.

As for histomorphologic observation, the specimens were fixed one-time, penetrated, embedded, but into hard tissues, coated and stained.

The specimens were analyzed by a bone morphogenetic protein-2 (BMP-2) enzyme-linked immunosorbent assay (ELISA) kit (Canine Bone Morphogenetic Protein 2).

**Statistical analysis**

The results of BMP-2 concentrations were sta-
tistically analyzed via one-way analysis of variance (ANOVA) (Student-Newman-Keuls) at the significance level of $p < 0.05$.

Results and Discussion

Porous titanium mesh 3D support and surface nanotube morphology observation

To investigate how subsequent treatment affected the performances of porous titanium, we designed three groups: (1) Untreated porous titanium (UPT); (2) Anodically oxidated porous titanium for 1 h at 20 V (APT); (3) Anodically oxidated (1 h at 20 V) and heat-preserved (5 h at 500 °C) porous titanium (HAPT). (Figure 3) shows the surface morphology of different specimens. Results showed the number of surface micropores increased after the anodic oxidation (Figure 3c). Moreover, the high-resolution images showed the micromosaic surface of UPT was even (Figure 3d). After the anodic oxidation, nanotubes in diameter of ~100 nm were formed on surface (Figure 3e). The tube morphology after thermal treatment was nearly unchanged (Figure 3f).

Figure 3: Morphology of specimens after different treatments: a, b and d): Morphology after UPT at different resolutions; c and e): Low-resolution and high-resolution morphology after APT; f): Morphology after HAPT.

Figure 4: Morphology after immersion in SBF for 7 days: a) UPT, b) APT and c) HAPT.

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Analysis showed nanotubes of porous titanium cannot be formed at too high or too low voltage, since regularly arranged nanotubes were generated only after oxidation at the voltage of 25 V and were still well reserved after thermal treatment. In this way, micronano structured porous titanium was generated.

**In-vitro bioactivity evaluation**

![Figure 5: SEM and EDS images of HAPT after 7 days of mineralization.](image)

Figure 4 shows the morphology of porous titanium after bionic mineralization. After 7 days of immersion in 2SBF, no surface precipitate was formed in the UPT and the morphology after immersion was unchanged (Figure 4a). In the APT, the specimens containing surface nanotubes were found with minor spherical substances and were locally covered by white matter (Figure 4b). After the HAPT was mineralized, dense pellets

![Figure 6: XRD patterns of different specimens: A: UPT; B: APT; C: HAPT; D: HAPT after 7 days of immersion in 2SBF.](image)
were formed on surface (Figure 4c). EDS showed these pellets were mainly composed of Ca, P and O (Figure 5).

Figure 6 shows the corresponding XRD patterns, in which (a) and (b) are UPT and APT respectively. Together with Figure 3, it is clear the surface nanotubes after anodic oxidation are amorphous Ti-O compounds. Anatase was formed after thermal treatment at 500 °C (Figure 6). The thermal treatment promoted the formation of apatite (Figure 6d).

The effects of TiO₂ crystal form on apatite precipitation induction have been studied. Shi, et al. investigated how the brookite, anatase and rutile after thermal treatment at different temperatures affected hydroxyapatite formation and found the anatase-phase and brookite-phase TiO₂ were the most and least effective in inducing hydroxyapatite precipitation respectively [19], but the reasons were not analyzed. Zhao, et al. found crystal forms significantly affected the bioactivity of TiO₂ films and both anatase and rutile TiO₂ films can well induce apatite formation [20]. Lin, et al. found the structural matching between anatase and apatite largely induced apatite generation, and the (100) plane of anatase was in parallel to the (100) plane of apatite, and the [001] and [010] orientations of anatase were parallel to the [010] and [001] orientations of apatite respectively [20]. Moreover, the distance between O atoms at the [010] and [010] orientations on the (100) plane of anatase was 0.95 and 0.378 nm respectively; the distance between hydroxyl groups at the [010] and [001] orientations on the (100) plane of apatite was 0.942 and 0.687 nm respectively [21]. Hydroxyapatite can preferentially grow along the < 001 > orientation family on the (001) plane of rutile [22]. Our study also showed the anatase TiO₂ nanotubes on the porous titanium substrate was more able than the amorphous TiO₂ nanotubes to induce apatite formation, which may be attributed to the phase structure matching between anatase and apatite.

**Osteoinductivity**

**General observation by naked eyes:** After the operations, the dogs ate and behaved normally, and no inflammation or infection occurred on the injuries at the implantation sites. During the sampling, the materials were surrounded by tissues, and no purulence or tissue necrosis was found around the materials.

**Histological observation:** Figure 7 shows the histological images at 6 months after implantation of porous titanium into dog back muscles. Clearly, tissue growth occurred at all implanted bodies, but no new bones were formed, and new tubes were found only in the HAPT group (arrowhead in Figure 7c). Connective tissues were formed in all other pores (Figure 7a and Figure 7b).

**BMP-2 ELISA:** Figure 8 shows the BMP-2 concentrations in different specimens. Clearly, at 6 months after implantation into muscles, BMP-2 was detected in all specimens, and the average concentration minimized to 2.78 ± 0.16 μg/L in the UPT group. The BMP-2 concentrations in the APT group slightly increased to 2.86 ± 0.17 μg/L, but was not significantly different from the UPT group. The BMP-2 concentrations in the HAPT

![Figure 7: Histological stained images at 6 months after implantation of porous titanium into dog back muscles (hematoxylin-eosin staining): a) UPT; b) APT; c) HAPT.](image-url)
group significantly increased to $5.57 \pm 0.20 \mu g/L$ compared with the other two groups, indicating the thermal treatment following oxidation can considerably upregulate BMP-2 expression.

It was once believed that the osteoinductivity of biomaterials cannot be achieved with the absence of BMP and other bone growth factors. However, recent research showed some calcium phosphate biomaterials with special pore structures were osteoinductive [23-25]. Metallic titanium was often considered as a biological inert material, and the titanium used as scaffold materials can promote bone formation through BMPs or induce heterotopic ossification through cell implantation [26]. The main biological functions of BMPs are to induce the differentiation of undifferentiated mesenchymal cells into cartilage and bones [27]. Thus, BMPs can considerably promote bone formation during bone repair. Nevertheless, the mechanism of osteoinductivity is very complex and unknown so far. Fujibayashi, et al. generally analyzed the causes of Ca- and P-containing biomaterials and pointed to the association with surface composition and surface morphology [16]. In-depth research showed osteoinductivity was closely related to the microstructures of materials in addition to material composition, and surface composition and microstructure both contributed to the enrichment of BMPs [23,28-30]. Moreover, the thickness, porosity, pore size distribution and crystal forms of the implanted oxides all affected the bone tissue reactions [31], but it was unclear whether these factors acted alone or jointly [32].

Our results can also be interpreted by the above reasons. The BMP-2 expression of the APT group was slightly higher than in the UPT group, which may be attributed to the effect of surface nanostructures. Though no new bone formation was found directly, new blood vessels were formed in the HAPT group, and the new vessels or peripheral tissues can offer the mesenchymal cells for osteoinductivity. Moreover, the BMP-2 concentration in the HAPT group was significantly higher than in the other two groups, indicating the HAPT treatment can upregulate BMP-2 expression. The possible reason is that the surface anatase TiO$_2$ nanotubes in the HAPT group and the unique crystal forms excited the BMP-2 expression and thereby promoted new bone formation. The above analysis suggests microstructures and crystal form can affect osteoinductivity, and the nanostructured TiO$_2$ crystal form is probably more contributive to osteoinductivity. Moreover, osteoinductivity may also be related to the micropore structures of porous titanium. Fukuda, et al. investigated how the edge length of squared open pores (500, 600, 700, 800, 900, or 1200 μm) affected osteoinductivity and implanted the specimens after alkali thermal treat-

![Figure 8: BMP-2 concentrations at 6 months after muscle implantation (*: p < 0.05).](image-url)
ment to dog back muscles and found the osteoinductivity was higher at the edge length of 500 and 600 μm, indicating osteoinductivity is associated with pore size [33]. Zhang, et al. studied the osteoinductivity of calcium phosphate and found the macropores at hundreds of micrometer and the inner wall microscale micropores were important reasons for the osteoinductivity [28-30]. In our study, the porous titanium after anodic oxidation and thermal treatment was found with both macropores at hundreds of micrometer and nanoscale or microscale micropores, which may be one of the reasons for the osteoinductivity.

**Conclusions**

*In-vitro* bionic mineralization experiments showed the microstructured anatase porous titanium formed after anodic oxidation and thermal treatment was more able to induce hydroxyapatite formation. *In-vivo* experiments showed the porous titanium was highly biocompatible in the muscles. Though no new bones were directly found at 6 months after the implantation, the microstructured anatase porous titanium formed after anodic oxidation and thermal treatment induced blood vessel growth and promoted BMP-2 expression, which indicated the potential osteoinductivity.

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