A direct sequencing assay for pharmacogenetic testing of thiopurine-intolerant NUDT15 alleles in an Asian population

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Abstract

Objective: The nucleoside diphosphate linked moiety X (Nudix)-Type motif 15 (NUDT15) enzyme is involved in thiopurine metabolism. Genetic variants in the NUDT15 gene result in decreased NUDT15 activity, which in addition to decreased thiopurine S-methyltransferase (TPMT) activity, contributes to thiopurine toxicity. Current standard approaches of NUDT15 genetic analysis have mainly been targeting several common variants. We aimed to develop a clinical-grade DNA-based assay for genetic analysis of the NUDT15 gene using Sanger di-deoxy sequencing.

Results: Sanger sequencing results were fully concordant with the expected NUDT15 genotype in all 17 cell line samples with known NUDT15 variants (accuracy = 100%; 95% CI 80.49 to 100.00%). Precision studies showed 100% intra-run repeatability and 100% inter-run reproducibility, respectively. Genetic analysis of the NUDT15 gene was performed for 80 patients of Asian ethnicity with wildtype TPMT. 76% (N = 61) of the studied individuals had NUDT15 *1/*1 diplotype. 25% (N = 14) of Chinese and 36% (N = 5) of Malays were found to carry at least 1 non-functional NUDT15 allele. Our study confirmed a high frequency of NUDT15 c.415C>T and c.55_56insGAG TCG variants in the Chinese and Malay ethnic groups in Singapore, highlighting the importance of determining NUDT15 genotype prior to thiopurine dosing.

Keywords: NUDT15, Thiopurine, Pharmacogenetics, Direct sequencing

Introduction

Thiopurine drugs consist of azathioprine, 6-mercaptopurine, and thioguanine. These drugs are commonly prescribed to treat patients with acute lymphoblastic leukemias and autoimmune diseases such as inflammatory bowel disease (IBD) and rheumatoid arthritis. They are also used as adjunct immunosuppressive agents in solid organ transplantation. Thiopurines are produgs that are metabolized to the active 6-thioguanine nucleotide (6-TGN). The thiopurine S-methyltransferase (TPMT) enzyme metabolizes thiopurines to the inactive metabolite methylmercaptopurine, resulting in reduced active 6-TGN concentrations. The nucleoside diphosphate linked moiety X (Nudix)-Type motif 15 (NUDT15) enzyme hydrolyzes the active 6-TGN to the less active thioguanine monophosphate. Decreased TPMT and/or NUDT15 enzyme activities result in accumulation of active 6-TGN which causes myelotoxicity. Having a narrow therapeutic window, thiopurine drugs are known to be associated with a high frequency of adverse drug reactions (ADRs) [1, 2].

Dosing recommendations for thiopurine drugs based on TPMT genotype were published by the
Clinical Pharmacogenetics Implementation Consortium (CPIC) a decade ago [3]. Subsequent landmark genome-wide association studies demonstrated strong association of the \textit{NUDT15} c.415C>T variant with severe thiopurine-induced leukopenia and alopecia in Asians [4, 5]. Further studies in Asian children with leukemia [6, 7] and IBD patients [8, 9] demonstrated the utility of \textit{NUDT15} c.415C>T variant analysis before administering thiopurines to avoid the adverse outcome of hematopoietic toxicity. These evidences led to the addition of \textit{NUDT15} genotype to the latest CPIC guidelines for thiopurine dosing recommendations [10]. While TPMT activity can be tested using a biochemical assay or by genotyping, there is no available clinical biochemical assay for NUDT15 activity, indicating the importance of \textit{NUDT15} genotype assays for the prescription of thiopurines.

Majority of \textit{NUDT15} genotype assays target specific common variants, especially *3 (c.415C>T), *4 (c.416G>A), and *5 (c.52G>A) (https://www.mayocliniclabs.com/test-catalog/Clincial+and+Interpretive/65160, accessed on April 27, 2021; https://ltd.aruplab.com/Tests/Pub/3001535, accessed on April 27, 2021). Many \textit{NUDT15} alleles (Fig. 1) have been described to date [10]. In this study, we developed a clinical-grade DNA-based assay for genetic analysis of the \textit{NUDT15} gene using Sanger di-deoxy sequencing. We validated the assay using DNA from cell lines with known \textit{NUDT15} variants. We further sequenced the \textit{NUDT15} gene using this assay in a cohort of multi-ethnic Asian patients to determine the frequency of \textit{NUDT15} variants.

**Methods**

**Samples and DNA extraction**

Genomic DNA extraction was performed on whole blood in EDTA-tubes using the LabTurbo Genomic DNA extraction kit (TAIGEN Bioscience Cooperation, Taipei, Taiwan) on the LabTurbo 48 Compact System (TAIGEN Bioscience Cooperation). Eighty patients with wildtype \textit{TPMT} status by full gene sequencing were included in this study. Fifty-seven patients were Chinese, 14 were Malay and 9 were of other ethnicities. DNA samples from cell lines with known \textit{NUDT15} variants used in this study (N=17) were purchased from the Coriell Institute for Medical Research (New Jersey, United States).

**Multiplex PCR and Sanger dideoxy sequencing assay**

Three sets of primers (Additional file 1: Table S1) amplifying the partial 5' untranslated region (UTR), three coding exons with immediate splice-sites and the partial 3' UTR of the \textit{NUDT15} gene (Fig. 1) were designed using the Primer3Plus online software (http://www.bioinformatics.nl/cgi-bin/primer3plus/primer3plus.cgi). Multiplex polymerase chain reaction (PCR) were performed in a 25 μL reaction with 1X HotStarTaq Master Mix (QIAGEN, Hilden, Germany), 0.4X Q solution (QIAGEN), 0.2 μM each of the forward and reverse primers (Integrated DNA Technologies, Singapore) and 100 ng of genomic DNA. Thermal cycling was performed on a SimpliAmp thermal cycler (Thermo Fisher Scientific, Waltham, USA) using the following conditions: initial denaturation at 95 °C for 5 min, followed by 35 cycles of 95 °C for 30 s, 62 °C for 30 s, and 72 °C for 45 s, followed by a final extension at 72 °C for 5 min. Three multiplex PCR products (593, 490
and 451 bp) were obtained. No non-specific bands were observed. The 3 PCR products were excised from the agarose gel and purified using the GeneAll Expin Kit (GeneAll Biotechnology, Seoul, Korea). The purified products were sequenced using the same forward and reverse PCR primers with the BigDye™ Terminator v3.1 Cycle Sequencing kit (Thermo Fisher Scientific). Sequencing products were purified using the DyeEx 2.0 Spin kit (QIAGEN) and capillary sequencing was performed on the Applied Biosystems 3500 Genetic Analyzer (Thermo Fisher Scientific).

**Precision studies**
DNA from the NA12878 cell line (wildtype NUDT15), and DNA from a whole blood sample harbouring heterozygous c.55_56insGAG TCG and heterozygous c.415C>T were sequenced in triplicates in the same sequencing run to assess intra-assay repeatability, and over three different sequencing runs on three different days to assess inter-assay reproducibility.

**Variant analysis**
Capillary electrophoresis data from the 3500 Genetic Analyzer was collected by the Data Collection software (Thermo Fisher Scientific) and analysed by the Sequencing Analysis software (Thermo Fisher Scientific). Nucleotide sequences were aligned against the genomic reference NG_047021.1 using ATF software (Conexio Genomics, Fremantle, Australia). Mutation Surveyor® (SoftGenetics, Pennsylvania, United States) was used to analyse and confirm the identified variants. Variant annotation was based on the mRNA reference NM_018283.3 and the protein reference NP_060753.1.

**Statistical analysis**
Statistical calculation of accuracy in this study was performed using an online statistical software, MEDCALC (https://www.medcalc.org/calc/diagnostic_test.php).

**Results**

**Analytical validity**
Seventeen DNA samples from cell lines with known NUDT15 variant status were sequenced in this study (Additional file 2: Table S2). Fifteen cell lines were previously characterised by 1000 Genomes phase 3. Of these 6 had heterozygous c.52G>A, 2 had homozygous c.415C>T, 4 had heterozygous c.415C>T and 3 had heterozygous c.416G>A. NA19240 and NA12878 cell lines were fully characterised and variant information are available from the Genetic Testing Reference Materials Coordination Program (GeT-RM) datasets. Sanger sequencing results matched 100% of the expected NUDT15 genotype in all 17 cell lines (accuracy = 100%; 95% CI 80.49 to 100.00%).

Precision studies performed on NA12878 with wildtype NUDT15, and a DNA sample with c.55_56insGAGTCG and c.415C>T variants, showed 100% intra-run repeatability and 100% inter-run reproducibility.

**Sanger sequencing results and NUDT15 variant frequencies**
In this study, NUDT15 gene analysis was performed on DNA from 80 patients with wildtype TPMT status. Among all known NUDT15 variants reported to date, only two were found in our studied samples, namely c.55_56insGAGTCG and c.415C>T. 76% (N=61) of these studied individuals had *1/*1 diplotype while 24% (N=19) had either *1/*2 (heterozygous c.415C>T and c.55_56insGAGTCG in cis), or *3/*6 (heterozygous c.415C>T and c.55_56insGAGTCG in trans), *1/*3 (heterozygous c.415C>T), *3/*3 (homozygous c.415C>T) or *1/*6 (heterozygous c.55_56insGAGTCG) diplotype (Fig. 2). 25% (N=14) of Chinese and 36% (N=5) of Malays and were found to carry at least 1 thiopurine-intolerant NUDT15 allele (Table 1). Out of 80 individuals sequenced, 61 (76%) were normal metabolizers, 18 (22.5%) intermediate metabolizers and 1 (1.25%) was a poor metabolizer. Among the Chinese, 42 (75%) were normal metabolizers, 13 (23%) were intermediate metabolizers, 13 (23%) were intermediate metabolizers and 1 (1.8%) was a poor metabolizer. Among the Malays, 9 (64%) were normal metabolizers and 5 (36%) were intermediate metabolizers.

**Discussion**
NUDT15 genotyping is a clinical pharmacogenetic test which plays an important role in predicting thiopurine toxicity together with TPMT genotyping. TPMT genotyping has already been the standard test in this clinical
realm since the recommendation made by CPIC in 2011 [3]. However, due to the relatively rare occurrence of TPMT risk alleles (*2, *3A, *3B and *3C) in Asian populations (1.4 to 2.5% from Moyer 2021) [12], the clinical utility of this test in patients of Asian descent is limited. A common NUDT15 genetic variant, c.415C>T found in high frequency predominantly in East Asians [13] contributes to the genetic etiology of thiopurine-induced toxicity. Besides this common variant, other rare genetic variants in the NUDT15 gene have also been reported [14, 15].

Since the discovery of NUDT15 as a pharmacogenetic gene, multiple targeted approaches have been described including PCR-restriction fragment length polymorphism [16], high resolution melting [17, 18], pyrosequencing [19] and droplet digital PCR (ddPCR) [20]. Although these methods appear to be more economical and time-efficient, targeted assays may potentially miss rare variants that can only be detected by sequencing-based assays. Hence, a transition from approaches targeting specific NUDT15 variants to sequencing the entire NUDT15 gene for clinical testing was advocated in a recent review [12]. Sanger sequencing, the gold-standard method for DNA sequencing, requires on a deep understanding of the structure of gene of interest and the specificity of genetic variants to design a good assay. However, it is not without its limitations. Sanger sequencing of PCR products is unable to differentiate two variants in cis on the same allele (e.g., NUDT15 *1/*2) from compound heterozygosity of two variants in trans on two different alleles (e.g., NUDT15 *3/*6). Tsujimoto et al. developed a method for differentiating the NUDT15 *1/*2 and NUDT15 *3/*6 diplotypes using ddPCR [20]. Recent advances in sequencing technologies using next-generation sequencing (NGS) approaches allow allelic phasing based on mapping of paired-end sequencing reads, enabling the differentiation between NUDT15 *1/*2 and NUDT15 *3/*6 diplotypes. Yu et al. developed a method using NGS to sequence messenger RNA (mRNA)-derived complementary DNA to determine NUDT15 haplotypes [21], which was able to differentiate between NUDT15 *1/*2 and NUDT15 *3/*6 diplotypes. This method detects NUDT15 variants on expressed transcripts, and serves as an “indirect” method for studying the genomic sequence of NUDT15. Using this approach, regulatory and intronic variants which potentially silence the normal NUDT15 expression may be missed. Aberrantly spliced mRNA transcripts which can be difficult to be mapped on the reference mRNA transcript sequence, if encountered, still require confirmation of splice-site variants on genomic DNA. In addition to these caveats, mRNA transcripts with a truncating variant or premature stop codon are susceptible to nonsense-mediated decay and may probably be missed due to the limit of the assay’s sensitivity.

In this study, we developed a clinical direct sequencing assay for analyzing thiopurine-intolerant NUDT15 alleles. We subsequently applied this method to study the NUDT15 variant distribution in our local population. We found c.55_56insGAGTCG and c.415C>T, individually making up *3 and *6 alleles, or collectively named as *2 when appearing in cis, in a significant proportion of patients with wildtype TPMT. These two variants account for 100% of thiopurine-intolerant NUDT15 alleles in our studied samples. The carriers of these variants are predicted to be at-risk of thiopurine-induced toxicity if a standard dose of thiopurine drugs was prescribed based on their TPMT status. According to gnomAD, the c.415C>T variant has a minor allele frequency (MAF) of 10.5% and 6.7% in East Asians and South Asians, respectively. The c.55_56insGAGTCG variant, on the other hand has 6.1% and 0.05% MAF in East Asians and South Asians, respectively. There is currently no MAF data for these two variants in the South East Asian populations.

In conclusion, we established a relatively simple and cost-effective clinical multiplex PCR with Sanger deoxy sequencing assay to detect NUDT15 variants. Although this method cannot differentiate NUDT15 *1/*2 and NUDT15 *3/*6 diplotypes, it provides clinical information whether patients are wildtype or non-wildtype for NUDT15 genotype, allowing clinicians to adjust the thiopurine dose for the treatment of leukemia and IBD to avoid adverse effects of myelotoxicity. Our study confirmed a high frequency of the c.55_56insGAGTCG and c.415C>T variants in Chinese and Malays in Singapore, and highlights the importance of determining NUDT15 genotype status in addition to TPMT genotyping to predict thiopurine toxicity and aid in thiopurine dosing.

Table 1 Distribution of NUDT15 *1/*1 and non-*1/*1 diplotypes in individuals with TPMT *1/*1 in Singapore

| Ethnicity | NUDT15 diplotype | N= | Percentage (%) |
|-----------|------------------|----|----------------|
| Chinese   | *1/*1            | 43 | 75.4           |
|           | Non-*1/*1        | 14 | 24.6           |
| Sub-total |                  | 57 | 100            |
| Malay (N=14) | *1/*1     | 9  | 64.3           |
|           | Non-*1/*1        | 5  | 35.7           |
| Sub-total |                  | 14 | 100            |
| Others (N=9) | *1/*1     | 9  | 100            |
|           | Non-*1/*1        | 0  | 0              |
| Sub-total |                  | 9  | 100            |
| All       | *1/*1            | 61 | 76.2           |
|           | Non-*1/*1        | 19 | 23.8           |
| Grand total|                  | 80 | 100            |
Limitations

- The sample size in this study was small including 80 clinical samples and 17 cell line DNA.
- We limited our study cohort to only those individuals with wildtype TPMT genotype, as it is known that TPMT and NUDT15 variants can co-exist. However, our study design serves to highlight the importance of NUDT15 gene analysis in our population in addition to TPMT genotyping to predict thiopurine toxicity and aid in thiopurine drug dosing.
- The NUDT15 *1/*2 and NUDT15 *3/*6 diplotypes were not differentiated due to the technical limitation of Sanger sequencing in our study.

Abbreviations

ADRs: Adverse drug reactions; CPIC: Clinical Pharmacogenetics Implementation Consortium; MAF: Minor allele frequency; mRNA: Messenger RNA; NGS: Next-generation sequencing.

Next-generation sequencing, NUDT15: Nucleoside diphosphate linked moiety X (Nudix)-Type motif 15; PCR: Polymerase chain reaction; 6-TGN: 6-Thioguanine nucleotides.

Supplementary Information

The online version contains supplementary material available at https://doi.org/10.1186/s13104-021-05821-3.

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Authors’ contributions

KSP and KMLT conceived and designed the research. KSP, IIBI, SKHC and PT performed the experiments and analysed the data. KSP drafted the manuscript. KMLT revised the manuscript and reviewed the final version. All authors read and approved the final manuscript.

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Availability of data and materials

All commercial cell line DNA are available at Coriell Institute for Medical Research (New Jersey, United States). All data generated during this study are included in this manuscript and in the supplementary tables.

Declarations

Ethics approval and consent to participate

There were no informed consent obtained in this study. This study was approved with waiver of informed consent for study subjects by the National Healthcare Group Domain Specific Review Board (NHG DSRB Ref: 2018/01383).

All experiments were performed in accordance with relevant guidelines and regulations.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interest.

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