Measuring the eccentricity of the Earth’s orbit with a nail and a piece of plywood

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Abstract

I describe how to obtain a rather good experimental determination of the eccentricity of the Earth’s orbit, as well as the obliquity of the Earth’s rotation axis, by measuring, over the course of a year, the elevation of the Sun as a function of time during a day. With a very simple ‘instrument’ consisting of an elementary sundial, first-year students can carry out an appealing measurement programme, learn important concepts in experimental physics, see concrete applications of kinematics and changes of reference frames, and benefit from a hands-on introduction to astronomy.

(Some figures may appear in colour only in the online journal)

1. Introduction

One of the cornerstones of introductory courses in classical mechanics is the derivation of Kepler’s laws. In particular, the derivation of Kepler’s first law, stating that the trajectory of a planet is an ellipse with the Sun located at one of the foci, is an important application of Newton’s laws to a multidimensional problem. However, very few students are aware of the fact that the eccentricities of the planets of the solar system are actually quite small, with trajectories very close to a circle, which makes Kepler’s achievement (based on Tycho Brahe’s measurements) even more remarkable.

Here, I describe a simple measurement programme, suitable for first-year university students, consisting in measuring the elevation of the Sun as a function of time during a day, and in repeating this typically once a week over a full year. By measuring the maximal elevation $h_{\text{max}}$ of the Sun, and the time $t_{\text{max}}$ at which this maximum occurs (i.e. the true local noon), students can readily check that these quantities vary a lot over the year. The change in...
Figure 1. Schematic view of the elementary sundial.

$h_{\text{max}}$ is essentially related to the obliquity $\varepsilon$ of the Earth over the ecliptic, and thus allows for quite an accurate determination of $\varepsilon$ (as well as that of the latitude of observation). The change of $t_{\text{max}}$ over a year gives an experimental determination of the equation of time $E(t)$, i.e. the difference between the mean local noon and the true local noon, and allows for a determination of the eccentricity $e$ of the Earth’s orbit [1]. This is a rewarding result for students to realize that with such simple measurements, they can obtain good experimental values for the above quantities, and that with careful observations one can perform ‘science without instruments’ as did the astronomers of various antique civilizations [2, 3].

I have organized this paper as follows. I first describe how to measure in a simple way the elevation of the Sun versus time over a day, with an accuracy of about 1°. Then I give the results I obtained for $h_{\text{max}}(t)$ and $E(t)$ by repeating the measurement about once a week for one year, starting in August 2010. I show how one can extract the obliquity $\varepsilon$ of the Earth’s axis and the eccentricity $e$ of its orbit by fitting the experimental data with simple, analytic expressions. Finally, possible extensions of the work are proposed. Appendix A contains a brief reminder on basic notions of spherical astronomy, and should be read first by readers not familiar with these notions. In the remaining appendices, the derivation of the analytic expressions used for fitting the data is given, so that the paper is self-contained.

2. Measurements

We are interested in studying the motion of the Earth around the Sun. Using the relativity of motion, we can thus simply measure the apparent motion of the Sun on the celestial sphere, i.e. the time dependence of two angles that define the position of the Sun in the sky.

As we shall see, for our purpose, it is sufficient to measure the elevation of the Sun (also called altitude, or height) above the horizon, i.e. the angle $h$ shown in figure 1. This can be done very simply by measuring the length $s$ of the shadow of a vertical gnomon (i.e. a rod with a sharp point) of length $\ell$. Then the elevation of the Sun is given by $h = \arctan(\ell/s)$.

Contrary to the case where one would measure also the azimuthal position of the Sun, here, the orientation of the horizontal base does not need to be fixed. One of the advantages of
using such a simple setup is therefore that one can change the position of the sundial over the course of the day, e.g. in order to operate indoor.

2.1. Construction and use of an elementary sundial

In practice, I used as a gnomon a steel nail protruding from a plywood base of size $20 \times 20 \text{ cm}^2$. In order to have the nail as orthogonal to the base as possible, a hole with a diameter slightly less than that of the nail was first drilled into the plate using a drill press. The nail I used had a length $\ell = 69 \text{ mm}$ above the plate. To measure $h$, one simply installs this elementary sundial on a horizontal surface in the sunlight, and measures with a ruler the length of the shadow. Two effects limit the accuracy of the measurement: first, due to the finite angular diameter of the Sun, the shadow is slightly blurred; second, the horizontality of the base when installed on the floor of a room, or on a table, is not perfect\(^2\). In practice, an accuracy of typically one degree is easily obtained. (This can be estimated quantitatively by repeating the measurement several times with the sundial in different positions, in a short interval over which $h$ barely varies, and observing the dispersion of the results.)

Concerning the determination of the time $t$ at which $h(t)$ is measured, an accuracy of 1 min is sufficient for our purpose, and thus a simple wristwatch can be used. However, it is wise to check that the watch indicates the correct time before starting a series of measurements. Nowadays, this can be done very easily using the websites of national time agencies\(^3\) that give access to the legal time with an accuracy of 1 s or better.

2.2. Measuring the altitude of the Sun over a day

Figure 2 shows two measurements of $h(t)$, where $t$ is the legal time, performed in Toulouse, France (latitude $\varphi = 43.60^\circ \text{ N}$, longitude $\lambda = 1.45^\circ \text{ E}$) at two different dates. It is very clear from the data that the maximal height $h_{\text{max}}$ of the Sun depends on the date; this is in general well known as it is related to the cycle of seasons.

\(^2\) This could be improved easily, e.g. by using bubble levels to adjust the horizontality of the base.

\(^3\) See for instance, www.time.gov in the US or www.syrte.fr in France.
Figure 3. Measured maximal elevation of the Sun (points with error bars). We observe a sinusoidal variation around $\pi/2 - \phi$, with an amplitude of $2\epsilon$. The solid line is a fit to the simple model discussed in the text.

However, what appears also clearly in figure 2 is that the time $t_{\text{max}}$ at which this maximum occurs also depends on the date; this however is not widely known by students, nor even by some physicists, probably because the effect is relatively small (a few minutes) though perfectly measurable even with our crude setup.

In order to proceed, we need to extract from $h(t)$ the two quantities $h_{\text{max}}$ and $t_{\text{max}}$. The theoretical expression of $h(t)$ is derived in appendix B; however, we can at this stage keep an empiric approach and just fit the data with a simple function. As $h(t)$ is symmetric about $t = t_{\text{max}}$ (provided one neglects the motion of the Sun with respect to the fixed stars over a few hours, which is reasonable given the accuracy of our measurements), I chose to fit the data with the following polynomial:

$$h(t) = h_{\text{max}} + \sum_{i=1}^{3} h_{2i}(t - t_{\text{max}})^{2i},$$

(1)

where the five adjustable parameters are $h_{\text{max}}$, $t_{\text{max}}$ and the coefficients $h_{2,4,6}$. I chose to go up to sixth order in order to get a nicer fit at small elevations (in the mornings and evenings), but if the data are taken only for a few hours around $t_{\text{max}}$ (±3 to 4 hours around $t_{\text{max}}$ are enough to determine the quantities of interest), one can use only a fourth-order polynomial without affecting the results. Such fits are shown as solid lines in figure 2. The accuracy in the determination of $h_{\text{max}}$ and $t_{\text{max}}$ obviously depends on the number of measurement points; for the data presented in figure 2, they are respectively of about $0.2^{\circ}$ and 1 min, as data points were collected for several hours before and after $t_{\text{max}}$, at a rate of four points per hour typically. When the weather is partly cloudy, one sometimes has to stop taking data for a while, and the accuracy in the determination of $h_{\text{max}}$ and $t_{\text{max}}$ is thus not as good.

2.3. Annual variation of $h_{\text{max}}$: determination of $\phi$ and $\epsilon$

By repeating the above measurements typically once per week for a year, the annual variations of $h_{\text{max}}$ and $t_{\text{max}}$ can be obtained. Figure 3 shows the maximal elevation $h_{\text{max}}$ of the Sun as a function of time. One observes a quasi-sinusoidal variation with a period of one year.
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2.4. Annual variation of $t_{\text{max}}$: determination of $e$

We now turn to a more subtle measurement concerning the variation of $t_{\text{max}}$, which defines the true local noon. It is convenient to convert the measured values into a quantity called the equation of time, that we shall denote by $E$, defined as the difference between the mean local noon and the true local noon (our measured $t_{\text{max}}$). The former is obtained from the legal noon, given by clocks (corrected if necessary by 1 h in summer due to daylight saving time) by adding (subtracting) 4 min for each degree of longitude west (east) from the reference meridian of the corresponding time zone. For instance, in Toulouse (longitude $\lambda = 1.45^\circ$ E), one needs to subtract $t_{\text{max}}$ from 13.00 h in winter time and 14.00 h in summer time, and then subtract another 5.8 min to correct for the longitude, to obtain the equation of time $E$. For instance, on 17 October (see figure 2), we have $t_{\text{max}} = 13.66$ h, thus giving $E = 60(14 - 13.66) - 5.8 = 14.6$ min.

Figure 4 gives the results obtained by measuring $E(t)$ over a year. One observes a non-trivial behaviour, the equation of time varying between a maximum of about 16 min in autumn and a minimum of about $-15$ min in winter, and vanishing at four different dates.

Physically, the origin of the equation of time lies in the fact that the duration of the true solar day, i.e. the time elapsed between two successive transits of the Sun across the observer’s meridian, is not constant over a year. The solar day would have a constant duration if, along the year, the Sun moved on the celestial sphere (i) at constant angular velocity and (ii) along the celestial equator (this defines the so-called mean Sun; the time between two transits of the mean Sun defines the mean solar day of 86 400 s). However, these two assumptions are both
wrong: since the Sun moves along the ecliptic, which is inclined with respect to the equator
due to the obliquity \( \epsilon \) of the Earth’s axis, the motion of its projection on the equator is irregular.
(It coincides with the mean Sun at the time of the equinox, then lags behind the mean Sun for a
quarter of the year, catches up at the solstice and then is ahead of the mean Sun for another three
months.) This contribution \( E_1 \) to the equation of time thus has a six month period. Moreover,
via Kepler’s second law of areal velocity (see appendix D) the angular velocity of the apparent
motion of the Sun is not constant over the year due to the fact that the Earth’s orbit is not
circular: for instance, when the Earth–Sun distance is smaller (in January), the Sun moves faster
along the ecliptic. This contribution \( E_2 \) to the equation of time thus has obviously a one-year period. Combining
these two contributions explains the temporal variation of the equation of time (see figure 4(b);
appendix D gives the derivation of the analytical expressions of \( E_1 \) and \( E_2 \)).

3. Exploiting the data

3.1. Obliquity of the Earth

It is easy to show (see appendix C) that to a very good approximation, one has
\[
    h_{\text{max}} = \frac{\pi}{2} - \varphi + \epsilon \sin \left( \frac{2\pi}{T} (t - t_0) \right).
\]

where \( \varphi \) is the latitude of the place of observation, \( \epsilon \) is the obliquity of the Earth’s axis, \( T \)
is the duration of the year and \( t_0 \) is the date of the vernal equinox. When fitting the data by
equation (2) with the four previous quantities as adjustable parameters, we obtain
\[
\begin{align*}
    \varphi &= 43.8 \pm 0.2^\circ, \\
    \epsilon &= 23.5 \pm 0.1^\circ, \\
    T &= 374 \pm 6 \text{ d}, \\
    t_0 &= 78 \pm 1 \text{ d}, \text{ i.e. 19 March,}
\end{align*}
\]

which is close to the accepted values (respectively, 43.60°, 23.44°, 365.25 d and 20 March.)
Note that by repeating the measurements over the course of several years, a much more
accurate determination of the duration \( T \) of the year could be achieved.

3.2. Eccentricity of the Earth’s orbit

We show in appendix D that a good approximation of the equation of time is given by
\[
    E(t) = \frac{d}{2\pi} \left[ \frac{1 - \cos \epsilon}{2} \sin \left( \frac{4\pi}{T} (t - t_0) \right) \right] - 2e \sin \left( \frac{2\pi}{T} (t - t_1) \right)
\]

where \( d \) is the duration of a day (i.e. 1440 min), \( e \) is the eccentricity of the Earth’s orbit and \( t_1 \)
is the date of perihelion passage.

Fitting the data shown in figure 4 by equation (4) with \( e \) and \( t_1 \) as adjustable parameters
(and using the values determined above for \( \epsilon, T \) and \( t_0 \)), we obtain
\[
\begin{align*}
    e &= 0.017 \pm 0.001, \\
    t_1 &= 1 \pm 5 \text{ d}, \text{ i.e. 1 January,}
\end{align*}
\]

again in relatively good agreement with the values \( e = 0.0167 \) and \( t_1 = 3 \text{ d} \) found in the
literature.

4. Conclusion and outlook

I have shown that with very modest equipment, one can measure with reasonable accuracy
some of the orbital elements of the Earth, and in particular its eccentricity, despite its relatively
small value. The above measurements can be the basis of further activities for students. Among them, one can list the following ones, given here under the form of exercises:

- Use equation (B.4) of appendix B to calculate the length of daytime as a function of the latitude along the year and compare it to the one obtained from the ephemerides given in calendars.
- Show that the duration of a solar day is \((1 + dE/dt) \times 86 400\) s. What are its minimal and maximal values?
- Using a sundial with a fixed base, check experimentally that the azimuthal position of the Sun when it reaches its highest elevation is always the same (i.e. South) throughout the year\(^4\).
- Still with a fixed-base sundial, plot experimentally the curve traced out over the year by the end of the shadow at the mean local noon. This eight-shaped curve is called an analemma and is sometimes encountered on sundials in order to allow for a computation of the legal time from the measured solar time.

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Appendix A. A quick reminder on spherical astronomy

This section consists in a minimalist reminder about basic terms and notions of spherical astronomy needed for the understanding of the paper. The reader is referred to the first sections of [2] for a similar but more exhaustive reminder. A very detailed and accessible introduction to spherical astronomy can be found online in the celestial mechanics lecture notes of [4], or in standard textbooks about spherical astronomy [5].

To an Earth-bound observer \(O\) (that we assume, for definiteness, located in the northern hemisphere), celestial bodies appear to move on a sphere centred on himself, the celestial sphere (figure A1(a)). The local vertical points towards the zenith \(Z\); the great circle perpendicular to the vertical is the horizon. Over a day, ‘fixed’ stars appear to rotate around the north celestial pole \(P\) (close to the star Polaris). The great circle going through \(Z\) and \(P\) crosses the horizon in two points defining the South \(S\) and the North \(N\); the two other cardinal points on the horizon (East \(E\) and West \(W\)) are deduced from \(S\) and \(N\) by a 90° rotation around the vertical axis.

The position of celestial bodies can be specified in spherical coordinates by two angles, once a reference system has been chosen. Two reference systems are particularly useful: the horizon system, in which measurements are made in practice, and which is dependent on the observer’s location on Earth, and the equatorial system, which is defined by the directions of ‘fixed’ stars.

- In the horizon system (figure A1(b)), the local vertical, pointing towards the zenith, is chosen as the \(z\)-axis. The position of a point on the celestial sphere is specified using the

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\(^4\) Note that with a fixed-base sundial, the determination of the equation of time can be much more accurate than with the method used in this paper. Indeed, in that case one needs to determine the time \(t_{\text{max}}\) at which the solar azimuth \(\psi_{\odot}\) vanishes (i.e. when the Sun is South and crosses the observer’s meridian), which can be done with a high precision as it varies linearly in time: the determination of such a zero-crossing is much more accurate than that of the position of a maximum.
altitude (or elevation) $h$ (angle between the radius vector of the point and the horizon), and the azimuth $\psi$, counted along the horizon, starting from the South and counted positive towards the West (note that other conventions exist for the choice of the azimuth origin).

- In the equatorial system (figure A1(c)), $OP$ is chosen as the polar axis. The intersection of the plane perpendicular to $OP$ with the celestial sphere defines the celestial equator. The position of a point on the celestial sphere is given by the declination $\delta$ (angle from the celestial equator to the body) and the hour angle $H$ (counted along the celestial equator, from the south to the equatorial projection of the body).

The equatorial system is obtained by rotating the horizon system around $OE$ by an angle $\pi/2 - \phi$, where $\phi$ is the (geographical) latitude of the point of observation; for instance, at the North pole ($\phi = \pi/2$) the equatorial and horizon systems coincide.

Finally, the ecliptic is the great circle along which the apparent annual motion of the Sun (traditionally denoted by the astronomical symbol $\odot$) takes place on the celestial sphere. It is inclined on the celestial equator by the obliquity $\varepsilon$ of the Earth’s axis.

The angular position of the Sun along the ecliptic is given by the ecliptic longitude $\lambda_{\odot}$, whose origin is taken at the vernal point $V$ (the point where the ecliptic crosses the celestial equator, and where the Sun is located at the time of the spring equinox in the Northern
hemisphere). The angular distance on the celestial equator between \( V \) and the projection of the Sun on the equator is the Sun’s right ascension \( \alpha_\odot \).

**Appendix B. Expression of \( h(t) \) over a day**

From the definitions given above, in the equatorial coordinate system \((x', y', z')\), the coordinates of the Sun read

\[
S' = \begin{pmatrix}
  x' = \cos \delta \cos H \\
  y' = -\cos \delta \sin H \\
  z' = \sin \delta
\end{pmatrix},
\]

with \( \delta \) being the declination and \( H \) the hour angle of the Sun. In the horizon system \((x, y, z)\), they read

\[
S = \begin{pmatrix}
  x = \cos h \cos \psi \\
  y = -\cos h \sin \psi \\
  z = \sin h
\end{pmatrix},
\]

where \( h \) is the altitude of the Sun and \( \psi \) is its azimuth. Since the equatorial system is deduced from the horizon system by a rotation of angle \( \pi/2 - \phi \) around the \((Oy) = (Oy')\) axis, the \((x, y, z)\) coordinates are obtained by multiplying the \((x', y', z')\) ones by the following rotation matrix:

\[
R = \begin{pmatrix}
  \sin \phi & 0 & -\cos \phi \\
  0 & 1 & 0 \\
  \cos \phi & 0 & \sin \phi
\end{pmatrix}.
\]

From the last component of the relation \( S = RS' \) we obtain

\[
\sin h = \cos \varphi \cos \delta \cos H + \sin \varphi \sin \delta
\]

which gives the elevation of the Sun as a function of time (i.e. the hour angle \( H \)) for the given location and declination of the Sun.

**Appendix C. A simple model for \( h_{\text{max}}(t) \)**

From equation (B.4) above, we find immediately that the elevation of the Sun becomes maximal when \( \cos H = 1 \) and reaches the value \( h_{\text{max}} \) fulfilling

\[
\sin h_{\text{max}} = \cos \varphi \cos \delta + \sin \varphi \sin \delta = \cos(\varphi - \delta),
\]

whence

\[
h_{\text{max}} = \frac{\pi}{2} - \varphi + \delta.
\]

We now need to express the time dependence of the declination of the Sun. Using figure A1, one can show (see equation (D.5) below) that \( \sin \delta_\odot = \sin \varepsilon \sin \lambda_\odot \), which can be simplified to \( \delta_\odot \approx \varepsilon \sin \lambda_\odot \) to a very good approximation (even though \( \varepsilon \approx 23^\circ \), the maximal error due to this approximation is smaller than 0.3°, i.e. negligible as compared with our experimental uncertainties). Making further simplification that the solar ecliptic longitude \( \lambda_\odot \) increases linearly in time (i.e. assuming here that the eccentricity of the Earth’s orbit is \( e = 0 \)), we have \( \lambda_\odot = 2\pi (t - t_0)/T \), with \( t_0 \) being the date of the spring equinox. Combining this simple sinusoidal approximation for \( \delta_\odot(t) \) and equation (C.2) finally yields equation (2) of the main text.
Appendix D. A simple model for the equation of time

Following e.g. [1], a good approximation of the theoretical expression of the equation of time can be obtained in the following way. If the eccentricity of the Earth’s orbit were \( e = 0 \), and if the obliquity of the Earth were \( \varepsilon = 0 \), one would have \( E = 0 \). We can thus expect that by calculating separately the small contributions \( E_1 \) and \( E_2 \) of both the obliquity and of the eccentricity, and adding them, a good approximation of \( E \) is obtained: one basically expands \( E \) to the lowest orders in \( e \) and \( \varepsilon \).

We first calculate the contribution \( E_1 \) to \( E \) arising from the nonzero value of the obliquity. Here, we can neglect the ellipticity of the Earth’s orbit, and assume that the motion of the Sun around the Earth takes place on a circle, and thus, using Kepler’s second law, at a constant angular velocity. The longitude \( \lambda_\odot \) of the Sun along the ecliptic (see figure A1(d)) thus increases linearly in time as

\[
\lambda_\odot = \frac{2\pi}{T} (t - t_0),
\]

(D.1)

where \( T \) is the length of a year and \( t_0 \) is the date of the vernal (i.e. spring) equinox. However the mean Sun is a fictitious body that moves at constant angular velocity along the celestial equator, not the ecliptic. The difference between \( \lambda_\odot \) and \( \alpha_\odot \), once converted to time via the correspondence \( 1^\circ \leftrightarrow 4 \text{ min} \), thus gives the obliquity contribution to the equation of time:

\[
E_1 = (4 \text{ min}^\circ) \times (\lambda_\odot - \alpha_\odot) \quad (\text{D.2})
\]

(for readability, from now on I shall drop the subscript \( \odot \)). We thus have to express \( \alpha \) as a function of \( \lambda \), and then use (D.1) to obtain \( E_1(t) \). To find the relation between \( \alpha \) and \( \lambda \), we introduce the equatorial frame with the origin at the centre of the celestial sphere, the \( z \)-axis pointing towards the celestial pole, and the \( x \)-axis towards the vernal point \( V \), and another, ecliptic frame obtained from the former by a rotation of the angle \( \varepsilon \) around \( Ox \) (see figure A1(d)). The coordinates of the Sun in the equatorial frame are \((\cos \delta \cos \alpha, \cos \delta \sin \alpha, \sin \delta)\), and in the ecliptic frame \((\cos \lambda, \sin \lambda, 0)\). Since the rotation matrix from the equatorial to the ecliptic frame reads

\[
\begin{pmatrix}
1 & 0 & 0 \\
0 & \cos \varepsilon & \sin \varepsilon \\
0 & -\sin \varepsilon & \cos \varepsilon
\end{pmatrix},
\]

(D.3)

one can relate \((\alpha, \delta)\) to \( \lambda \), and we obtain

\[
\tan \alpha = \tan \lambda \cos \varepsilon, \quad (\text{D.4})
\]

\[
\sin \delta = \sin \varepsilon \sin \lambda. \quad (\text{D.5})
\]

Therefore, using (D.4)

\[
\lambda - \alpha = \lambda - \arctan(\cos \varepsilon \tan \lambda). \quad (\text{D.6})
\]

From this expression it may not be obvious to see the time dependence (in particular the periodicity) of \( E_1 \). We can obtain a better understanding (and a convenient expression) by noting that \( \cos \varepsilon \) is actually close to 1 (for \( \varepsilon = 23.44^\circ \), we have \( \cos \varepsilon \simeq 0.9174 \)). If one Taylor expands \( f(x, A) = x - \arctan(A \tan x) \) around \( A = 1 \), one obtains \( f(x, A) \simeq (1 - A) \sin(2x)/2 \), and thus, putting everything together, we obtain our final expression for \( E_1 \):

\[
E_1(t) \simeq \frac{d}{2\pi} \frac{1 - \cos \varepsilon}{2} \sin \left( \frac{4\pi}{T} (t - t_0) \right) \quad (\text{D.7})
\]

where \( d \) is the duration of a day. The dotted line in figure 4(b) shows \( E_1(t) \).
We now turn to the calculation of $E_2$, the contribution of the eccentricity of the Earth’s orbit: since its orbit is elliptic, the Earth does not move at constant angular velocity along its orbit, and the difference in the angular position between the Earth and a fictitious body moving at a constant speed with the same period gives the contribution $E_2$ to the equation of time. Figure D1 shows the trajectory of the Earth $E$ (black ellipse with the Sun $S$ at one focus) and of the fictitious Earth $E'$ having a circular orbit centred on $S$, with the same orbital period as $E$. From Kepler’s third law $T^2/a^3 = 4\pi^2/(GM_{\text{Sun}})$, the radius $r$ of the circular orbit is thus equal to the semi-major axis $a$ of the elliptical orbit of $E$. Using the perihelia $P, P'$ as the origins of angles, the polar angles defining the positions of $P$ and $P'$ are $\theta$ and $\theta'$, respectively. We are interested in finding the difference in angular positions $\vartheta \equiv \theta' - \theta$, as a function of $\theta$, and then as a function of time. We will perform the calculation by keeping only first-order terms in the eccentricity $e$.

The equation of the elliptical orbit of $E$ reads [6]

$$r_E = \frac{a(1 - e^2)}{1 + e \cos \theta} \tag{D.8}$$

Moreover, Kepler’s second law about the areal velocity implies that

$$\frac{1}{2} a^2 \dot{\theta}' = \frac{\pi a^2}{T} \tag{D.9}$$

for the circular orbit and

$$\frac{1}{2} r_E^2 \ddot{\theta}' = \frac{S_{\text{ellipse}}}{T} = \frac{\pi a^2 \sqrt{1 - e^2}}{T} \tag{D.10}$$

for the elliptical orbit, where we have used $S_{\text{ellipse}} = \pi ab$ with $b = a\sqrt{1 - e^2}$ being the semi-minor axis.

Thus we obtain

$$\frac{\dot{\theta}'}{\dot{\theta}} = \frac{r_E^2}{a^2} \frac{1}{\sqrt{1 - e^2}} = \frac{(1 - e^2)^{3/2}}{(1 + e \cos \theta)^2} \simeq 1 - 2e \cos \theta, \tag{D.11}$$

where the last approximation is valid to first order in $e$. Now, we have

$$\frac{d\theta}{d\theta} = \frac{d\theta'}{d\theta} - 1 = \frac{\dot{\theta}'}{\dot{\theta}} - 1 \simeq -2e \cos \theta \tag{D.12}$$

and therefore

$$\vartheta = -2e \sin \theta. \tag{D.13}$$
Since we are keeping only the first-order terms in $e$, we can replace $\theta$ by $\theta' = 2\pi (t - t_1)/T$ in the above equation, where $t_1$ is the time of perihelion passage. We finally obtain the following expression for $E_2$:

$$E_2(t) \approx -\frac{d\omega}{\pi} \sin \left( \frac{2\pi}{T} (t - t_1) \right).$$ (D.14)

The dashed line in figure 4(b) shows $E_2(t)$. Combining (D.7) and (D.14), we find expression (4) given in the text (solid line in figure 4(b)).

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