Spontaneous regression of tumour and the role of microbial infection – possibilities for cancer treatment
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This review deals with the role of microorganisms in spontaneous regression of a tumour. Spontaneous cancer regression is a phenomenon that has been described for many centuries. One of the most well known methods of inducing spontaneous regression of cancer is the application of Coley's toxin (heat-killed \textit{Streptococcus pyogenes} and \textit{Serratia marcescens}), which has been used for the successful treatment of sarcomas, carcinomas, lymphomas, myelomas and melanomas. In clinical practice, the use of Bacillus Calmette-Guérin vaccine for the treatment of superficial urinary bladder cancer is the most common instance of the application of microorganisms for the treatment of cancer. This review provides further information on other tested bacteria – \textit{Clostridium} spp., \textit{Bifidobacterium} spp., \textit{Lactobacillus} spp. and \textit{Salmonella} spp. – in this field of study. Among new age methods, bactofection, alternative gene therapy, combination bacteriolytic therapy and bacteria-directed enzyme prodrug therapy are some of the potential cancer treatment modalities that use microorganisms. We have also provided information about the interconnection among microorganisms, immune system response, and the possible mechanisms involved in the spontaneous regression of tumours. \textit{Anti-Cancer Drugs} 27:269–277

Keywords: Bacillus Calmette-Guérin vaccine, cancer, \textit{Clostridium} spp., Coley's toxin, microorganisms, spontaneous regression, treatment

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Introduction
Cancer causes 12% of all deaths worldwide and is the most common cause of death in developed countries. Annually, more than 12 million patients are newly diagnosed with cancer and seven million deaths are registered [1,2]. It is estimated that this number could increase and reach 15 million by 2020 [2].

Substantial progress has been made in the treatment of cancer over the past century. However, some types of tumours are still difficult to treat [3]. Conventional methods of carcinoma treatment such as chemotherapy and radiotherapy pose a big burden for the patient because of the wide range of side effects. In addition, the disease relapses in several patients despite these therapies [1]. For this reason, efforts are ongoing to establish a treatment that would eliminate these undesirable outcomes [3]. New therapies are trying to target only the affected tissue using live, attenuated or genetically modified microorganisms, which could serve as an ideal tool for the stimulation of the immune system [1,3,4].

Spontaneous regression of cancer is not a new phenomenon. Spontaneous healing of cancer patients has been described in the literature over the past several centuries, even millennia [2,5]. It is defined as partial or complete disappearance of a malignant tumour or a decrease in proliferation of the cancer in the tissue of a patient that can be demonstrated by microscopic examination. However, to qualify as spontaneous regression, this phenomenon must occur in the absence of any medical treatment and without other obvious causes. Spontaneous regression is seen in the majority of cancers; it is frequently described in the following groups of tumours: embryonal and breast cancer, renal adenocarcinoma, neuroblastoma, melanoma and sarcoma or carcinoma of the urinary bladder [2,6]. This phenomenon is often associated with bacterial, fungal, viral or protozoan infection, or vaccination therapy. The most commonly reported symptom wherein spontaneous regression is subsequently registered is an acute febrile state that is evoked by either natural or induced acute infection [6,7].

Historical aspects of spontaneous regression of tumour
As mentioned above, the origin of cancer therapy, associated with spontaneous regression, can be traced back to the time when people did not have any idea about the existence of microorganisms or their potential therapeutic effects in the treatment of tumours.

The first evidence for treatment for cancer comprising microorganisms was seen in the Iberian papyrus (1550...
The Egyptian pharaoh Imhotep (2600 BC) used poultice, followed by incision, for the treatment of tumour. This would facilitate the development of infection in the desired location and would cause regression of the tumour. During the 17th and 18th centuries, various forms of immunotherapy in cancer became widespread [2,6,8].

The phenomenon of spontaneous regression is also well-known as St. Peregrine tumour. Peregrine Laziozi was afflicted by cancer of the tibia that required a leg amputation. The tumour progressed until the skin was impaired and the tumour was seriously infected. Subsequently, to the astonishment of the physician, the tumour was no longer present. The relapse of cancer was not observed [2,8].

In the 18th and 19th centuries, septic dressings enclosing ulcerative tumours were used for the treatment of cancer. Surgical wounds were left open to facilitate the development of infection, and purulent sores were created deliberately [9].

In 1813, Vautier reported regression of cancer in patients with gangrene, and in such individuals, the tumour was found to be infected with Clostridium spp. Later, it was shown that the causative agent was the bacterium, Clostridium perfringens [10,11].

Another important mention concerning the interconnection between infectious diseases and spontaneous regression of cancer is Dupuytren’s publication in 1829. It describes the case of a woman with progressive breast cancer who refused surgery. Eighteen months later, the health status of the woman worsened significantly, and she was bedridden, cachectic, and almost moribund. Febrile illness and vomiting followed closely and the tumour was inflamed and gangrenous. Three incisions were made by the physician into the tumour to remove a large amount of viscous fluid. Within 8 days, the cancer had regressed to a third of its original size. Within 4 weeks, no clinical symptom of the tumour was present [9].

Busch in the year 1868 was treating a patient with incurable cancer. After the first cauterization of the tumour on her neck, he assigned the patient the bed next to another patient suffering from an infectious skin disease, erysipelas [causative agent Streptococcus (Str.) pyogenes]. The woman with the tumour became ill with Streptococcus spp. infection, and subsequently rapid tumour regression was observed. The same idea was also proposed by Fehleisen in 1882 [4,10].

One of the most well-known effects of microorganisms on the spontaneous regression of cancer was reported in 1891, when an American surgeon, William B. Coley, inoculated patients having inoperable tumours with Str. pyogenes. Unfortunately, the results were not as effective as expected, and a wide range of side effects were observed [10]. Despite this limitation, 51.9% of the patients with inoperable soft-tissue sarcomas showed complete tumour regression and survived for more than 5 years, and 21.2% of the patients had no clinical evidence of tumour at least 20 years after this treatment [5].

To eliminate these side effects, Coley developed a toxin that contained heat-killed bacteria, Str. pyogenes and Serratia (Ser.) marcescens. Until 1963, this treatment was used for the treatment of sarcomas [2,10]. We have dedicated a whole section of this review to the usage of Coley’s toxin.

The most promising clinical application of microbial agents in the treatment of cancer was discovered in 1976, when Morales, Eidinger and Bruce published on the successful treatment of superficial urinary bladder cancer after inoculation with Bacillus Calmette-Guérin (BCG) vaccine, which is the standard vaccine against tuberculosis. Today, this therapeutic approach has become the method of choice for high-risk urinary bladder tumours [10,12].

Microorganisms and spontaneous regression of tumour
As mentioned above, the role of microorganisms in spontaneous regression of malignancy has been known and studied for a long time. Scientists have tried to define the criteria that allow a microorganism to become an ‘ideal’ tool for cancer therapy.

These criteria are as follows: it should be nontoxic to the host, it should replicate only in the tumour and it should be mobile and capable of spreading the cancer (in hypoxic and necrotic regions). In addition, it should be slowly and completely removable from the macroorganism, it should be nonimmunogenic and it should be capable of lysing tumour cells [13].

Coley’s toxin
More than 100 years ago, in 1891, an American surgeon William B. Coley observed that application of suitable microorganisms could significantly affect subsequent tumour progression [3,14,15]. Cancer patients were treated by injection with the so-called Coley’s toxin, which contained heat-killed microorganisms – Str. pyogenes and Ser. marcescens [1,3,5]. Coley’s toxin was often used for the successful treatment of sarcomas, carcinomas, lymphomas, melanomas and myelomas. Complete and prolonged regression of advanced stages of malignant disease was documented in many cases. The author has previously reported that in 80% of the cases of malignant tumours, for which no alternate form of treatment was available, survival was longer than 5 years. Even in end-stage cancer patients, notable improvements in health were described [7,16]. During treatment with Coley’s toxin, a broad spectrum of side effects of the administered adjuvant occur, owing to which this treatment is not generally accepted among clinicians [3].

Coley set the basic steps for the successful administration of the toxin. After the application, infection with resulting
fever should develop. Immunotolerance is induced by a gradual increase in the toxin dose (dependent on the immune response of the patient). Wherever possible, the toxin should be injected directly into the tumour or at the site to which it has metastasized. The injection should be administered daily or every other day for a period of 1–2 months and then once a week for at least 6 months to prevent recurrence of the disease [2,7,8].

An interesting phenomenon that occurred during treatment with Coley’s toxin was that the fever moderated the pain in cancer patients. This finding has been previously described in other studies as well. As a result, some patients could reduce the use of painkillers. This effect was often described immediately after the injection. Hopton Cann [8] has described Lagueux’s observation that the pain always disappeared after the first injection. Coley emphasized that induction of fever was the most important symptom for inducing spontaneous regression of cancer. In a retrospective study of patients with inoperable sarcoma after treatment with Coley’s toxin, a greater than 5-year survival rate was reported among those who had high fever (38–40°C), compared to those who had no fever or only slightly elevated temperature during the treatment [2].

It is assumed that the main factor responsible for the therapeutic effect of Coley’s toxin was the increased expression of tumour necrosis factor (TNF), interleukins (ILs) and interferons (INFs) in the body of the patient. Antitumour efficacy of TNF has been confirmed in animal models, in which it has been observed to inhibit growth or result in complete regression of the tumour [8,17]. Furthermore, it has also been confirmed that the antitumour effect of Coley’s toxin could be mediated by the production of IL-12, known to extend the function of pre-existing tumour-specific T cells for subsequent induction of signals required for tumour regression. IL-12 receptors are preferentially expressed on activated T-cells, and this explains why the therapy with IL-12 is effective against pre-existing tumours [5].

The last recorded successful application of the toxin was in China in 1980 as a primary therapy for the treatment of terminal liver cancer. The patient received 68 injections of Coley’s toxin during the 34 weeks of therapy. After this procedure, the symptoms disappeared completely [2].

**Bacillus Calmette-Guérin**

The observation that the presence of bacterial infection results in the stimulation of the immune system has led to the clinical use of BCG (*Mycobacterium bovis*) in the treatment of superficial urinary bladder cancer [5]. It is considered to be the most successful form of immunotherapy, and this method has become the standard for treatment of this type of tumour. The vaccine strain of *M. bovis* is injected directly into the bladder [3,18]. Many studies have shown a clear correlation between the usage of BCG after surgical removal of the tumour and the subsequent decrease or delay in the risk for cancer recurrence. Almost 60% of the patients showed no signs of tumour recurrence [14,19,20].

The antitumour effect of the vaccine is based on the induction of a local immune response and the production of cytokines such as IL-2, TNF-α and INF-γ. After intravesical administration of the vaccine, IL-1, IL-6, IL-8, IL-10, IL-12, IL-18 and macrophage colony stimulating factor were detected in urine over the course of the disease. Similar to Coley’s toxin, the application of BCG requires long-term administration. The possible influence of BCG on the reduction of colorectal carcinoma has also been studied [5,8,11,12,21].

It has been previously mentioned that the anti-tumour effect of the BCG vaccine could be due to its effect of decreasing the proliferation of tumour cells, along with production of the cytokines mentioned above [20]. Unfortunately, this method of treatment also had significant toxicity and was inefficient in 30–50% of cases [5].

**Clostridium spp. and other anaerobic bacteria**

Hypoxia is a pathophysiological feature in the majority of solid tumours. Hypoxic areas in poorly vascularized cancers that make the effective distribution of an active drug difficult are the main barriers to successful cancer therapy. The blood vessels in tumours are structurally and functionally abnormal, resulting in heterogeneous blood supply [13,22].

The hypoxic microenvironment in solid cancers is ideal for survival and multiplication of anaerobic bacteria. Healthy tissue, where blood supply is sufficient, is therefore not attacked by the bacteria. It was assumed that their application into the tumour should yield expected therapeutic effect. This assumption was confirmed in the 1960s [22,23].

Over the next 50 years, several strains of facultative and obligate anaerobic bacteria were tested as potential therapeutic agents for the induction of spontaneous regression of tumours. These bacteria were localized to cancer tissue, and lysis of tumours was observed in experimental animal models. These promising data resulted in trial studies initiated in the 1960s that use bacteria of the genus *Clostridium* However, the results were not as good as expected and the studies were terminated [5,13,24].

Besides the above-mentioned genus *Clostridium*, bifidobacteria and lactobacilli were the other microorganisms tested as potential therapeutic agents inducing tumour regression. These bacterial strains were shown to be highly selective and localized primarily within the tumour cells [5,21].
Clostridium spp.

Clostridium spp. was shown to cause tumour regression in a rodent model. However, in subsequent clinical studies in human populations, significant therapeutic effect was not demonstrated. The toxic effects after administration of these bacteria exceeded the beneficial effects [22].

As mentioned above, clostridia have the unique property of proliferating in the necrotic areas of the tumour under hypoxic conditions. Unfortunately, in many animal models, acute toxicity or even mortality of the tested subject was observed.

In 1935, Connell used sterile filtrates from C. histolyticum to treat advanced forms of cancers. The observed tumour regression was attributed to the production of proteolytic enzymes. Mengesha [25] mentioned that the setup with deliberate colonization of tumour-bearing mice with clostridial spores was first used in 1947.

A typical example of this genus is C. novyi, which showed significant antitumour effect during experiments in laboratory animals. Spores of C. novyi were systematically injected into the animal, in which they grew perfectly in the hypoxic tumour environment. Thirty per cent of the mice treated with these spores were cured of their tumours, although the tumour margin remained visible after the germination of the spores. However, the majority of these cases resulted in the death of the animal [21,22,24]. For this reason, the attenuated strain C. novyi-NT was developed by genetic modification, with deletion of the gene encoding the lethal toxin. Satisfactory results were obtained; however, toxicity was still present, thus making it unsuitable for tumour therapy [13,24].

To avoid the toxicity, nonpathogenic strains of C. oncolyticum were also used [13]. Application of the Clostridium spp. strain M55 resulted in colonization of necrotic areas of the tumour, but cancer regression was not observed [26].

C. perfringens was shown to be capable of colonizing in advanced stages of selective pancreatic cancers and inducing progressive necrosis in the tumours. The possibilities of conventional methods of treatment (radiotherapy and chemotherapy) are limited in this type of cancer and the response to conventional therapy is poor [22].

Bifidobacterium spp.

The genus Bifidobacterium, another promising representative of anaerobic bacteria, is also considered a possible candidate for cancer therapy. Attention is focused mainly on the following three representatives: B. longum, B. infantis and B. adolescentis [10].

B. longum is a nonmotile bacterium that remains, survives and grows under the anaerobic conditions of a tumour. After intravenous administration of B. longum in mice with tumours, no additional visible symptoms were observed.

It has been repeatedly proven that the bacteria disappear from normal tissues or organs such as the liver, kidneys, lungs, blood and bone marrow 48–96 h after administration and grow only in the tumour. Within 1 h, $10^5$ CFU/g of bacteria, and by day 7, $10^6$ CFU/g of bacteria were present in the tumour. Unfortunately, there was no antitumour effect [10,21]. In another study B. adolescentis was tested, and this bacteria was shown to prevent the occurrence and development of colorectal cancer and induce apoptosis in an animal model [10].

Lactobacillus spp.

Lactobacilli are generally considered as safe microorganisms, and they have been studied for a wide range of possible applications. Experimental studies have shown that oral administration of lactobacilli may contribute to the reduction of recurrence of urinary bladder cancer. It has been proven that lactobacilli on administration inhibit chemically induced carcinogenesis and reduce tumour growth in animal models [27].

Salmonella spp.

Bacteria of the genus Salmonella are facultative anaerobic bacteria and are able to grow in both aerobic and anaerobic environments. S. enterica, serovar Typhimurium has been reported to cause spontaneous regression of cancer after intravenous administration of live attenuated vaccines in mice with growing tumours [23]. More than 50 years ago, it was demonstrated that this bacterium can colonize human tumours, and a ratio of microorganisms in the tumour to those in healthy tissue of $10^3$–$10^4$:1 was mentioned [5,28].

The Salmonella spp. strain VNP20009 was successfully developed for use in anticancer therapy. Deletion of MshB and purL genes resulted in complete attenuation and elimination of potential adverse effects after its application. Some strains of this genus induce clinical conditions associated with septic shock. This vector showed a long lasting efficacy against a broad spectrum of carcinomas, and it targeted the metastatic lesions as well [5,24]. The Salmonella strain VPN20009 was used in the USA in phase I of testing for the treatment of metastatic melanoma and renal cancer. The minimum tolerated dose in relation to the toxicity was determined to be $3 \times 10^8$/body surface (m²), and the presence of Salmonella was detected by biopsy of tissue. Regression of cancer was not observed in any patient, and only in three patients was the presence of bacteria demonstrated by biopsy. In four patients, symptoms associated with the presence of bacterial infection were described. However, no bacteria were found in the biopsy samples. Their identification was confirmed by excision of whole tumour tissues [21]. Overall, it could be concluded that the results of application of this bacterial strain were not satisfactory. Only high doses and repeated administration.
of these bacteria led to colonization of the tumour, but the therapeutic effect was unremarkable [29].

*S. typhimurium* strain A1 proliferates in tumour xenografts but not in normal tissue. It is auxotrophic (leu/arg-dependent) and only grows locally. Reisolated *S. typhimurium* A1 strain (from A1-targeted tumour), named A1-R, inhibited, and in some cases even eradicated, primary and metastatic tumours. *In vivo*, these bacteria caused human prostatic cancer cell inhibition and subsequent regression of subcutaneous xenografts [30,31].

Strain A1-R administered intravenously induced human breast cancer regression and cured cancer in nude mouse models [32,33]. Furthermore, breast-cancer brain metastases were significantly inhibited by this bacterial strain in mouse models [34]. Uchogonova et al. [35] and Liu et al. [36] reported that the A1-R strain was highly effective against lung carcinoma, especially against metastases in nude mice.

*S. typhimurium* A1-R has a promising effect on disseminated ovarian cancer, especially after intraperitoneal administration in nude mouse models. Clinical application of *S. typhimurium* A1-R was suggested for ovarian cancer, a highly treatment-resistant disease [37,38]. Potential therapeutic usage of these bacteria in cervical carcinoma has also been mentioned [39].

A significant effect of the A1-R strain against pancreatic cancer has been described in different mouse models [nude, C57BL/6 and C57BL/6 CD8−/− (B6.129S2-Cd8atm1Mak/ J mice)], and the clinical implications have been described [40-45]. For sarcoma and glioma treatment, a potential therapeutic effect of the A1-R strain has been suggested as well [46-51].

The antitumour activity of *Salmonella* spp. has been previously described. The production of a wide spectrum of enzymes by bacterial species could be one of the mechanisms that lead to the apoptosis of tumour cells. It has been reported that induction of apoptosis in cancer correlated with the accumulation of *Salmonella* spp. in tumours. Autophagy could also be another mechanism of tumour cell apoptosis. Inhibition of apoptosis of the infected cancer leads to an increase in autophagy [28].

Bacteria and viruses are not the only agents that can induce tumour regression in an infected host. Protozoans such as *Toxoplasma gondii* and *Besnoitia jellisoni* can also activate macrophages and induce tumour regression [23].

**Anticancer methods using microorganisms**

Commonly used anticancer methods using microorganisms comprise bactofection, alternative gene therapy, combined bacteriolytic therapy and bacteria-directed enzyme prodrug therapy. For more details, see Table 1. Special categories of cancer treatment using microbial peptides have been described in Table 2.

**Role of the immune system in spontaneous regression of cancer**

As mentioned above, spontaneous regression of tumours is associated with bacterial, viral, fungal or protozoan infections.

**The duality of the immune system**

An important factor that applies to the regression of cancer is the duality of the immune system. In the defensive mode, there is regression of the tumour and cells of the immune system are produced. Conversely, in the reparative mode, progression is facilitated and invasiveness is increased by the production of immunosuppressive cytokines, growth factors, angiogenic factors and matrix metalloproteinases. The defensive mode is active during an ongoing infectious disease [8,12]. A considerable number of studies confirm that tumour infiltrating leucocytes are not successful in inhibiting the growth of tumours; however, they are actively involved in the progression of cancer through their reparative functions [57].

**The immune system versus bacteria versus spontaneous regression of cancer**

Infection of tumours leads to infiltration by lymphocytes and antigen-presenting cells such as macrophages and dendritic cells (DCs). Binding of pathogen-associated molecular patterns to toll-like receptors on antigen-presenting cells induces activation and antigen presentation. Induction leads to the production of important costimulatory molecules such as B7 and II-12, resulting in the activation of the immune system [12]. DCs can be stimulated primarily by lipopolysaccharides of Gram-negative bacteria or by other bacterial or viral products. The present bacterial infection has a three-fold effect on their stimulation. Large numbers of bacteria possessing lipopolysaccharides induce the production of cytokines; the production of thymocytes and cytotoxic T lymphocytes (CTL) increases *in vitro* during the rise of temperature. Cancer cells can be more sensitive to heat than normal cells; infections that cause haemorrhagic necrosis could trigger collapse of the vasculature of the tumour because of fever [7,58]. Febrile illness could play a role in remission of cancer because fever can lead to the release

**Other tested microorganisms**

The following microbial agents have been tested as potential anticancer agents or for the production of vaccines: *S. cholerae suis*, *Vibrio cholerae*, *Listeria monocytogenes* and *Escherichia coli* [24].

Spontaneous regression has also been associated with other bacterial infections such as diphtheria, gonorrhoea, syphilis and tuberculosis; viral diseases like hepatitis, influenza, rubella and smallpox; and other purulent or nonpurulent diseases [2].
| Methods                        | Mechanisms of action                                      | Microorganisms                     | Requirements for microorganisms | Effect on the tumour                                                                 | Reference     |
|--------------------------------|-----------------------------------------------------------|------------------------------------|---------------------------------|------------------------------------------------------------------------------------|---------------|
| Bactofection                   | Bacteria-vectors, transport of cytotoxic genes on         | *Salmonella* spp., *Listeria* spp.,| Invasivity                      | Apoptosis of cancer cells                                                          | Bunting [1]   |
|                               | plasmid into cancer cells                                  | *E. coli*, *Clostridium* spp.      |                                 |                                                                                     |               |
| Alternative gene therapy       | Modified bacteria transfected with plasmid                 | *Bifidobacterium* spp., *Salmonella*| Invasivity                      | Apoptosis of cancer cells, affect angiogenesis, production of cytokines, inhibition of cell cycle | Bunting [1]   |
| Combined bacteriolytic therapy| Anaerobic bacteria without toxic genes + conventional      | *C. novyi*, *C. oncocyticum*, *C. acetobutylicum*, *B. longum* | Multiplication in anaerobic environment of tumour | Dramatic and prolonged regression of tumour, antiangiogenic agent – ↑ hypoxia, increased affection caused by *C. novyi* | Jain and Forbes [13] |
| Bacteria-directed enzyme prodrug therapy | Activation of noneffective prodrug by enzyme to effective agent | *Salmonella* spp., *Clostridium* spp., *Bifidobacterium* spp., *E. coli* |                               | Bacteria capable of transporting the enzyme, invasivity, multiplication of bacteria within the tumour | Lehourtis et al. [52] |

| Table 2 Microbial peptides used in the application of microorganisms in anticancer therapy | Anticancer microbial peptides | Mechanisms of action | Microorganisms | Affection of tumour                                                                 | References     |
|------------------------------------------------------------------------------------------|------------------------------|----------------------|----------------|------------------------------------------------------------------------------------|----------------|
| Azurin                                                                                   | In nucleus – ↑ intracellular levels of p53 and Bax | *Pseudomonas aeruginosa* | Deregulation of proliferation, induction of caspase-dependent apoptosis, and antiangiogenic effect | Karpiński and Szkaradkiewicz [17]; Bizzari et al. [53] |
| Exotoxin A                                                                               | Inhibition of protein synthesis | *Pseudomonas aeruginosa*                   | ADP-ribosylation of cytoplasmic elongation factor 2, deimmunized exotoxin cloned with human epidermal growth factor, and interleukin 4 anticancer effect on pancreatic cancer | Karpiński and Szkaradkiewicz [17]; Wolf and Elsasser-Beile [54] |
| Diphtheria toxin                                                                         | Inhibition of protein synthesis | *Corynebacterium diphteria*                        | ADP-ribosylation of cytoplasmic elongation factor 2, ↑ protein synthesis, and apoptosis adverse effect (conjunction with other substances to reduce toxicity) | Karpiński and Szkaradkiewicz [17]; Zhang et al. [55] |
| Pep27anal2                                                                               | Penetration of cells, hydrophobicity of peptides | *Streptococcus pneumoniae*                   | Deregulation of proliferation and induction of apoptosis | Karpiński and Szkaradkiewicz [17]; Lee et al. [56] |
| Entap                                                                                   | Antiproliferative effect, affection of cell cycle at G1 phase | *Enterococcus* spp. | Deregulation of proliferation and induction of autophagic apoptosis | Karpiński and Szkaradkiewicz [17] |
of a cascade of proinflammatory factors capable of stimulating DCs and resulting in T-cell activation [7].

It has been suggested that regression is related to cellular rather than humoral immunity. In Coley’s experiments, it has been described that tumour regression occurred several hours after injection of the toxin, and discontinuation of therapy for even a day resulted in reappearance of the tumour from its residual tissue. Antitumour immunity was mediated by innate and non-specific immune responses rather than by the slower adaptive immunity. For this reason, Coley had recommended daily injection of the toxin [8,23].

T lymphocytes are responsible for cell-mediated immunity, and B cells for humoral immunity. B-cells play a role in the destruction of tumours by lysis mediated by complement activation and facilitate antibody-dependent cell-mediated cytotoxicity. CTL and natural killer (NK) cells are important in inducing tumour lysis. CTL cells recognize major histocompatibility complex antigens on the cell membrane and NK cells seek out and kill the tumour cells, thus playing an important role in the prevention of metastases [6].

Oikonomopoulou and colleagues reported that some pathogens express antigens that cross-react with tumour-associated antigens. Thomsen-Friedenreich (T) and Tn parasitic antigens were detected in more than 80% of cancer patients, and appear to be potential markers for clinical use. In addition, in sera obtained from patients with parasitic infections (Echinococcus), cross-reactivity is often observed with sera gained from patients with carcinoma. Interestingly, these sera are frequently present in patients with less-extensive tumours. Antibodies against these shared antigens can potentially target the tumour cells to be destroyed or increase the presentation of antigens to T cells and thus induce an antitumour response [59].

Another interesting finding was that, in mice bearing melanoma infected with T. gondii tumour, regression was observed without current activation of CTLs and NK cells, production of NO by macrophages and IL-12 or TNF release. The authors found that the tissues infected by T. gondii produced some factors that prevent the formation of blood vessels in tumour tissue. As a result, hypoxia occurs and therefore causes necrosis and subsequent cell death. The authors consider that inhibition of angiogenesis during infection could be caused by synthesis of soluble antiangiogenic factors by infected tissues, which could serve as a potential therapeutic agent like endostatin (endogenous angiogenesis inhibitor) [23,59].

Factors related to microorganisms and macroorganism versus spontaneous regression of tumour

Factors related to microorganisms comprise microbial products and pathogen-associated molecular patterns (extracellular and intracellular microorganisms) and subsequent activation of an appropriate immune response. For more information, see Fig. 1. Figure 2 informs the readers about the factors related to macroorganism with regard to subsequent possible spontaneous regression of tumours (immune system, receptors, mediators, cells, etc.)

Other mechanisms

Mager mentions an interesting study on the mechanism that could potentially contribute to the spontaneous regression of cancer. The tumour regression observed after the administration of Coley’s toxin was caused by activation of plasminogen. In that case, the bacterial enzyme streptokinase (product of bacteria Str. pyogenes) acts on the plasminogen of the host, resulting in the release of plasmin. Plasmin triggers a cascade of proteases that degrade the plasma and extracellular matrix proteins. These mechanisms are fatal for tumour cells as they disrupt the extracellular matrix of the tumour, suspend its subsequent growth and reduce the risk for metastases [7].

Conclusion

Spontaneous regression of cancer associated with the presence of microbial agents is a very important treatment option for cancer. These new therapeutic approaches, aimed at application of killed or genetically modified microorganisms as vaccines, could significantly reduce the side effects of other more commonly used methods of cancer therapy like chemotherapy and radiotherapy. The phenomenon of spontaneous regression of cancer is also one of the key areas of research in our laboratory, because of the spontaneous regression of hereditary melanoma observed in the Melanoma-bearing Libechov Minipig (MeLiM). Bacterial strains of
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**Conflicts of interest**

There are no conflicts of interest.

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