A novel kind of room temperature self-healing poly(urethane-urea) with robust mechanical strength based on aromatic disulfide

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Abstract
An innovative poly(urethane-urea) elastomer, which exhibited excellent stretchability, thermal stability and autonomous self-healing abilities, was synthesized from the commercially available poly(propylene glycol) (PPG), isophorone diisocyanate (IPDI), 2,4 / 2,6-toluene diisocyanate (80: 20, w / w) (TDI-80) and bis (2-aminophenyl) disulfide (DSDA). This aromatic disulfide containing poly(urethane-urea) (ss-PUs) achieved both rapid room temperature self-healing abilities and robust mechanical strength (the ultimate tensile strength was up to 4.20 ± 0.10 MPa and elongation at break was up to 954 ± 35.6%), through facile metathesis of the aromatic disulfides which embedded in hard segments. After the ss-PUs was cut into two-halves and reconnected, the mechanical properties could recover to ~ 90% of those of the original samples within 12 h at room temperature without extra self-healing agents or any change of environmental conditions.

Keywords Self-healing · Poly(urethane-urea) · Disulfide bond · Hydrogen bond

Introduction
Originating from the demanding of more smart and durable materials in daily life, self-healing materials, which are able to autonomously repair damages and fatigues during their usages, are currently attractive among the most popular researches [1-4]. Self-healing materials, especially polymeric self-healing materials, have been widely studied in the past two decades [5]. A variety of methods and material systems related to self-healing have been developed, and there are many materials that can deal with damages or failures [6-8]. Compared with "classic" materials, such as epoxy resins and their composites [9-11], the self-healing materials can be repaired and do not need obvious human intervention when damages or failures occur. These self-healing materials may remind us of scenes that often appear in science fictions, like higher regenerability, longer service life, less maintenance (time and cost), more security and better performance. Usually, the self-healing materials can be clarified into two subtypes, namely the extrinsic self-healing materials and the intrinsic self-healing materials [12]. As for the extrinsic self-healing materials, the self-healing agents are embedded in matrix and released to repair the damage when the damage occurs. White and coworkers firstly reported the extrinsic self-healing materials in 2001 [13]. This system was consisted of the microencapsulated dicyclopentadiene and the epoxy resin matrix containing Grubbs catalyst. When the fractures were formed, the microencapsulated dicyclopentadiene was released and initiated the ring opening metathesis polymerization (ROMP) of the dicyclopentadiene, forming a strong and highly cross-linked network and achieving the self-healing of fractures. This is the basic strategy adopted by many extrinsic self-healing materials. Other kinds of extrinsic self-healing materials are carried out or improved on this basis [14-16]. However, such a self-healing material can only be repaired once at a specific location. Then, Toohey and coworkers developed a 3D microvascular network to repair the repeated or multiple injuries, but the repairing times were still limited [17]. By designing the intrinsic self-healing materials, the defect of limited repairing
times can be solved. Theoretically, the repairing times of the intrinsic self-healing materials should be infinite. Moreover, other damages, including scratches, punctures, tears, cracks, breakages, or smashses and so on, may happen to these materials. Usually, some external stimuli, such as light [18, 19], electricity [20, 21], magnetic field [22], and thermal stimulus [23], are needed for the self-healing processes. In some cases, these external trigger stimuli are easy to obtain and control. But in other cases, such as waterproof coatings, it is not convenient to obtain external stimuli because waterproof coatings are generally used in more concealed parts of buildings or constructions. Considering these possibilities, it is very important for some self-healable coatings to possess the self-healing ability at relatively moderate temperature without the need for any additional stimuli.

Disulfide chemistry is special and quite attractive because the disulfides and their corresponding sulfhydryl radicals and thiols are reversible and can exchange whether in solution or in the solid state, which are verified and applied in many researches on self-healing materials [24]. In fact, a variety of explorations on the intrinsic self-healing materials via the thermally reversible S–S bond metathesis are attractive, and the aromatic disulfides have been demonstrated to exchange at room temperature [25, 26]. Whereas, their aliphatic counterparts usually require stimuli like light and/or heat for the exchange or metathesis to occur [27, 28]. For example, Odriozola and coworkers prepared a room-temperature self-healing elastomer based on the metathesis of aromatic disulfides, the elongation at break and the ultimate tensile strength of the elastomer were determined to be 3100 ± 50% and 0.81 ± 0.05 MPa, respectively [29]. Hwang and coworkers reported a robust and room temperature self-healable polyurethane IP-SS with a much higher toughness of 26.9 MJ m⁻³ and ultimate temperature self-healable polyurethane IP-SS with a robust mechanical strength of the ss-PUs, simultaneously.

Herein, we designed an aromatic disulfide containing poly(urethane-urea) elastomer ss-PUs based on disulfide metathesis exhibiting a rapid room temperature self-healing ability within minutes to hours. The ss-PUs was characterized by incorporating an asymmetric structure IPDI together with TDI-80 into the aromatic disulfide containing hard segments, which preserved the optimal self-healing abilities and enabled robust mechanical strength of the ss-PUs, simultaneously.

### Experimental

#### Materials

2,4 / 2,6-toluene diisocyanate (80: 20, w / w) (TDI-80, 80%, technical grade), isophorone diisocyanate (IPDI, 98%, AR), poly(propylene glycol) (PPG, M_n = 2.0 kg/mol), were purchased from Bayer Materials Science (Shanghai, China). 2,2’-ethylendianiline (C_2(PhNH₂)_2, 98%, AR), bis (2-aminophenyl) disulfide (S₂(PhNH₂)₂, DSDA, 97%, AR), dibutylin dilaurate (DBTL, 95%, AR), n-butylamine (98%, AR), ethyl acetate (EtOAc, 98%, AR), butyl acetate (BA, 98%, AR), 1,2,4-trimethylbenzene (98%, AR), tetrahydrofurane (THF, HPLC grade), methyl red (98%, AR) and 1-methoxy-2-propyl acetate (PMA, 98%, AR) were purchased from Sigma Aldrich (Shanghai, China). All the reactants or reagents were used as received.

#### Measurements and characterizations

Proton nuclear magnetic resonance (¹H-NMR) spectroscopic experiments were carried out using a Bruker Avance 300 MHz spectrometer (USA). Gel permeation chromatography (GPC) analyses of prepolymer and the cured elastomers were performed at 40 °C using an Agilent 1260 Infinity II GPC instrument equipped with a UV-Vis detector, and a differential refractive index detector, a guard column (PLgel, 10 μm), and three additional columns (PLgel, 10μm). The flow rate was set as 1mL/min using THF as the eluent. The molecular weights were calculated from standard curve of the polystyrene standards (M_n =0.5 ~ 5000kg/mol, polydispersity index (PDI) = 1.02~1.05).

Infra-red (IR) measurements. All of the FT-IR spectra were performed on a Nicolet iS50 FT-IR spectrometer with the compressed KBr pellets as supports. All spectra were recorded at a resolution of 4 cm⁻¹ with 32 scans ranging from 400 cm⁻¹ to 4000 cm⁻¹ at room temperature. As for the recording of the attenuated total reflectance (ATR) mode of IR, these spectra were also followed with 32 scans per sample. Moreover, the noises of background were corrected with pure KBr pellets for FI-IR mode and air for ATR mode. The liquid prepolymer were spread evenly onto the KBr pellets for FT-IR measurements and the cured elastomers were recorded directly with ATR mode.

Tensile tests were conducted with samples (dumbbell-shaped, 1.3~2.0 mm in thickness) at 25 °C and the strain rate was set as 500 mm/min according to ASTM D412-16 using a WANCE ETM 503B universal tester. These samples were completely cut into two-halves and then manually re-connected before being subjected to tensile tests again as to evaluate
the self-healing ability of these samples at 25 °C or 60 °C for a period of time. The quantification of self-healing efficiency was calculated by dividing the ultimate tensile strength or elongation at break of the healed samples to that of the original samples, just as the following equation Eq. (1) and Eq. (2) presented [31, 32]:

\[ R_{\sigma} (\%) = \frac{\sigma_{\text{healing}}}{\sigma_{\text{original}}} \times 100 \]  
\[ R_{\varepsilon} (\%) = \frac{\varepsilon_{\text{healing}}}{\varepsilon_{\text{original}}} \times 100 \]  

where, \( \sigma_{\text{original}} \), \( \sigma_{\text{healing}} \) and \( \varepsilon_{\text{original}} \), \( \varepsilon_{\text{healing}} \) were the ultimate tensile strength and elongation at break of the original samples and the healed samples, respectively.

Thermal properties of the polymers were performed for the determination of the glass transition temperature (\( T_g \)) by differential scanning calorimetry (DSC) and thermal degradation temperature (\( T_d \)) by thermal gravimetric analysis (TGA), respectively. The DSC measurements were conducted on a Mettler Toledo Instruments DSC3 + differential scanning calorimeter at a rate of 10 °C/min from -80 °C to 200 °C under N\(_2\) flow with heating and cooling cycles (cycles: cooling to -80 °C, heating up to 200 °C (as the 1st run), then cooling to -80 °C, and heating up to 200 °C (as the 2nd run), and cooling to -80 °C). The values of \( T_g \) were determined from the 2nd cycle. The TGA measurements were conducted on a Mettler Toledo TGA-2 Instruments with a heating rate of 10 °C/min under N\(_2\) atmosphere and the onset \( T_d \) values of these poly(urethane-urea) elastomers were obtained. For example, 5 ~ 10 mg polymer samples were weighed and placed into a pan made of platinum and then elevated temperature from 35 °C to 800 °C. To remove the residual solvents, polymer samples were dried under vacuum at 35 °C overnight before TGA measurements.

Optical microscopy. Self-healing behaviors of ss-PUs and cc-PUs were observed by an optical microscope (Leica DMV6, Germany). Fresh scratches were made on the surfaces of ss-PUs and cc-PUs with a sharp blade and their self-healing processes at room temperature were monitored.

Rheological measurements. Viscoelastic properties including the storage modulus (\( G' \)) and the loss modulus (\( G'' \)) of ss-PUs and cc-PUs were measured on an Anton Paar Rheocompass™ MCR 302 Instrument (Anton Paar GmbH, Austria). The amplitude oscillatory shear mode was adopted with a 25 mm parallel plate in diameter. An axial force ~ 1 N was obtained at room temperature by setting up the gap as 1 mm. In addition, self-healing of viscoelastic properties of ss-PUs and cc-PUs were measured by changing the amplitude oscillatory from 5% shear strain for 1500 s to 100% shear strain for 500 s. These cycles were repeated three times. The region of linear response was determined by strain sweep experiments performed at a frequency of 1 Hz. Accordingly, the frequency sweep experiments ranging from 0.1 Hz to 100 Hz with 0.1% shear strain were performed at different temperatures and temperature sweep was varied from 20 °C to 130 °C at a frequency of 1 Hz with 0.1% shear strain.

Atomic force microscopy (AFM) of ss-PUs and cc-PUs were captured at 25 °C by applying a resonance of 75 kHz, collecting the morphology and phase images simultaneously. A nano-scope V scanning probe microscope (Dimension Icon Bruker Digital Instruments) and a cantilever (RFESP-75, Bruker, USA) with a length of 225 µm and a spring constant of 3 N/m were utilized.

Dynamic mechanical analysis (DMA) of slice samples (15 mm × 5 mm × 1.5 mm) was conducted in the tensile mode using a Mettler Toledo DMA1 Instruments. The gauge length of the samples between the tensile grips was set as 10 mm for all tests. Stress-relaxation behaviors were performed with a tensile strain of 5% at 25 °C and 60 °C, respectively.

**Synthesis of the bis-isocyanate-terminated prepolymers 1**

PPG (250 g, 125 mmol) was fed into a 1000 mL, three-necked, round-bottomed flask which equipped with a mechanical stirrer and a vacuum inlet. The mixture was heated up to 105 °C and degassed under vacuum for 3 h. After cooling to 60 °C, then DBTDL (0.3 g, 0.475 mmol) and IPDI (65.6 g, 250 mmol) were added under N\(_2\) atmosphere and the reaction was further proceeded for 3 h at 80 °C. The reaction was monitored by the acid–base titration and FT-IR spectroscopy. The prepolymers 1 were obtained as a colorless liquid and stored under N\(_2\) atmosphere. Yield: 301 g, 98%.

**Synthesis of disulfide containing amino-terminated prepolymers 2a**

A mixture of 1,2,4-trimethylbenzene (20 g) and DSDA (51.7 g, 208.6 mmol) was fed into a 1000 mL, three-necked, round-bottomed flask which equipped with a mechanical stirrer and a vacuum inlet. The mixture was heated up to 105 °C and degassed under vacuum for 10 min. After cooling to 85 °C, prepolymers 1 (295 g, 120 mmol) was added under N\(_2\) atmosphere and the mixture was further stirred for 6 h at 85 °C. The reaction was monitored by FT-IR spectroscopy, then 50 g PMA and BA mixture (1: 1, w / w) was fed into the reaction and the viscosity of the mixture was ~ 20,000 mPa·s. The resulting disulfide containing amino-terminated prepolymers 2a was obtained as a yellowish liquid.
Synthesis of the reference amino-terminated prepolymer 2b

A mixture of 1,2,4-trimethylbenzene (20 g) and 2,2’-ethylenediamine (44.3 g, 208.6 mmol) were fed into a 1000 mL, three-necked, round-bottomed flask which equipped with a mechanical stirrer and a vacuum inlet. The mixture was heated up to 105 °C and degassed under vacuum for 10 min. After cooling to 85 °C, prepolymer 1 (295 g, 120 mmol) was added under N₂ atmosphere and the mixture was further stirred for 6 h at 85 °C. The reaction was monitored by FT-IR spectroscopy and then 50 g of PMA and BA mixture (1: 1, w/w) was fed into the reaction and the viscosity of the mixture was ~ 22,000 mPa·s. The resulting disulfide containing amino-terminated prepolymer 2b was obtained as a colorless liquid.

Preparation of self-healing poly(urethane-urea) elastomer 3a (ss-PUs)

To a solution of prepolymer 2a (50 g, 20.6 mmol), TDI-80 (3.76 g, 21.6 mmol) was added under mechanical stirring at 25 °C. The mixture was placed on to an open mold after

Fig. 1  a Synthetic routes of aromatic disulfide containing poly(urethane-urea) elastomer 3a (ss-PUs) and the reference poly(urethane-urea) elastomer 3b (cc-PUs) as control; b FT-IR spectra of the reaction between prepolymer 1 and DSDA at 85 °C; c FT-IR spectra recorded for the synthesis of elastomer 3a at different curing time; d GPC analyses of the prepolymers and the poly(urethane-urea) ss-PUs; the flow rate was 1.0 mL/min using THF as the eluent.
The curing process was conducted at 25 ºC and monitored by FT-IR spectroscopy. The aromatic disulfide containing poly(urethane-urea) elastomer 3a was obtained as a transparent yellowish elastomeric film.

**Preparation of the reference poly(urethane-urea) elastomer 3b (cc-PUs)**

To a solution of prepolymer 2b (49.2 g, 20.6 mmol), TDI-80 (3.76 g, 21.6 mmol) was added under mechanical stirring at 25 ºC. The mixture was placed on an open mold after degassing under vacuum for 5 min. The curing process was conducted at 25 ºC and was monitored by FT-IR spectroscopy. The reference poly(urethane-urea) elastomer 3b was obtained as a transparent colorless elastomeric film.

**Results and discussion**

**Synthesis and characterization of the aromatic disulfide containing poly(urethane-urea)**

In this work, we presented a novel strategy for preserving the mechanical properties and self-healing ability of poly(urethane-urea) materials. The key was, which build a phase-locked poly(urethane-urea) elastomer with dynamic aromatic disulfide bonds, termed ss-PUs. The ss-PUs provided a self-healable dual dynamic network consisting of both hydrogen bonds and reversible aromatic disulfide bonds. As presented in Fig. 1a, poly(urethane-urea) elastomer 3a (ss-PUs) was readily synthesized and prepared from commercially available PPG, IPDI, DSDA and TDI-80, using DBTDL as the catalyst. The $^1$H-NMR spectrum of prepolymer 1 was shown in Fig. 2c.
$^1$H-NMR (CDCl$_3$, 300 MHz) δ (ppm): 4.89 (s), 4.55 (s), 3.98 (m), 3.21 ~ 3.73 (m), 3.02 (d), 0.75 ~ 1.34 (m). The NCO content of prepolymer 1 was determined to 3.47% by $^1$H-NMR and the molar ratio of the primary and secondary isocyanate end groups in prepolymer 1 was determined to be ~20:80 by calculation of the integral ratios of each unit. In addition, the determined NCO content (3.48 ± 0.04%) by titration was also in accordance with the theoretical estimation (3.44%). As for the synthesis of prepolymer 2a, it was observed during the reaction that the peak corresponding to -NCO at 2262 cm$^{-1}$ and the absorption peak corresponding to -NH$_2$ at 3462 cm$^{-1}$ decreased, while the absorption peak corresponding to -NH- at 3354 cm$^{-1}$ increased slightly (Fig. 1b). As illustrated in Fig. 1c, the structure of ss-PUs was also characterized by FT-IR. In addition, $^1$H-NMR spectrum of elastomer 3a is shown in Fig. 2a, the peaks of aromatic disulfide unit appeared at 7.55 ~ 6.53 ppm, the peaks of PPG protons appeared at 3.73 ~ 3.21 ppm [-C\(\text{H}(\text{CH}_3)\text{CH}_2\text{O}-\)] and 1.15 ppm [-CH(\text{C}_3\text{H})\text{CH}_2\text{O}-], the peaks of urethane and urea groups appeared at 4.89 ppm (-OCON$\text{H}_2$) and 4.33 ppm (-N$\text{H}$CON$\text{H}_2$), the peaks of -CH$_3$ belonging to TDI-80 appeared at 1.77 ~ 1.85 ppm and the peaks of alkyl unit belonging to IPDI appeared at 1.34 ~ 0.75 ppm. Integral ratios of each units were well-matched with the feed molar ratio. Accordingly, the GPC analyses of the pre-polymers and the self-healing poly(urethane-urea) elastomers 3a were furtherly determined and the values were determined to be $M_n = 2.9$ kg/mol and PDI = 1.16 for prepolymer 1, $M_n = 9.3$ kg/mol and PDI = 1.25 for prepolymer 2a, and $M_n = 75.6$ kg/mol and PDI = 2.28 for elastomer 3a, respectively (Fig. 1d and Table 1).

### Table 1 GPC analyses of pre-polymers and elastomers

| Polymer name      | $M_n$ a (kg/mol) | $M_w$ b (kg/mol) | PDI c  |
|-------------------|------------------|------------------|--------|
| Prepolymer 1      | 2.9              | 3.4              | 1.16   |
| Prepolymer 2a     | 9.3              | 11.7             | 1.25   |
| Prepolymer 2b     | 9.7              | 11.6             | 1.20   |
| Elastomer 3a      | 75.6             | 172.1            | 2.28   |
| Elastomer 3b      | 31.7             | 86.1             | 2.72   |

aNumber-average molecular weight.

bWeight-average molecular weight.

cPDI = $M_w / M_n$. 

Fig. 3 AFM images of ss-PUs a height c phase and cc-PUs b height d phase. The scale bars were both 1 μm.

![AFM images of ss-PUs](image-url)
Self-healing behaviors of poly(urethane-urea) elastomers

IPDI was selected together with TDI-80 as the hard segments, because its steric cyclohexyl ring inhibited the crystallization of hard segments and increased the chain mobility which was beneficial for the self-healing processes. Moreover, the resulting bulky structures of IPDI derived urethane and urea were more dynamic due to their steric influence, which further facilitated the reconstruction and metathesis of the aromatic disulfide bonds. As for the soft segments, PPG was a good option because its flexible chain would facilitate the motion of the polymer chains. The microphase separation structures of the self-healing ss-PUs and the reference cc-PUs were furtherly characterized and verified by AFM measurements. The AFM results showed the aggregation of both the hard segments and the soft segments (Fig. 3c and d). The aromatic disulfide bonds embedded in the hard segments functioned as dynamic conjugations in the ss-PUs which mainly attributed to their self-healing abilities. The soft segments acted as the matrix of the ss-PUs and enabled their high stretch-abilities.

The self-healing of ss-PUs was mainly dependent on the interaction of hydrogen bonds and the aromatic disulfide metathesis between different polymer chains. To visualize the excellent room temperature self-healing behaviors of the ss-PUs samples, these ss-PUs samples with a thickness of ~1.5 mm were colored red and yellow by staining and cut into two-halves subsequently. Then, the full-cut pieces were re-connected and healing for a period of time at 25 °C (Fig. 4a). The self-healed samples of ss-PUs were able to weigh themselves without tearing off after self-healing for 10 min (Fig. 4b). The samples were able to undergo tensile test (Fig. 4c) and the ultimate tensile strength was 4.18 ± 0.07 MPa after a self-healing process at 25 °C for 24 h.

In order to investigate and quantify the self-healing properties of the ss-PUs after full-cut breakage, the original ss-PUs samples were cut into two-halves and then re-connected for a period of time at 25 °C and 60 °C, respectively. The results showed that the ss-PUs possessed excellent capability to undergo self-healing processes.

Fig. 4 Photographic sequence of a a pristine sample of ss-PUs (yellow) and methyl red stained ss-PUs (red), which were cut into two-halves and manually re-connected; b the two-halves were then allowed to withstand their own weights by simply re-connected for 10 min at 25 °C; c after 2 h the healed material could be stretched and the final ultimate tensile strength of the material after healing for 24 h was detected by tensile test; d stress–strain curves obtained for self-healing elastomer ss-PUs after heating at 25 °C; e stress–strain curves obtained for self-healing elastomer ss-PUs after heating at 60 °C; f stress–strain curves of the reference cc-PUs after self-healing at 25 °C.
of self-healing without any catalyst. The self-healing efficiencies of aromatic disulfide containing ss-PUs were determined to be $R_\sigma = 99.5 \pm 1.7\%$ and $R_\varepsilon = 94.7 \pm 8.2\%$ for 24 h at 25 ºC, and $R_\sigma = 101.8 \pm 3.4\%$ and $R_\varepsilon = 73.6 \pm 3.7\%$ for 2 h at 60 ºC, respectively (Fig. 4d, e and Table 2). While, as shown in Fig. 4f and Table 2, the self-healing efficiency of the reference cc-PUs was no more than 30% at 25 ºC for 24 h. Moreover, the self-healing processes of scratches (ca. 30 ~ 70 µm wide, ~ 1 mm long) on ss-PUs were further observed by an optical microscopy (Leica, Germany). As shown in Fig. 5, the ss-PUs achieved full scratch recovery within 8 h at 25 ºC, while the cc-PUs showed no scratch recovery behavior within 24 h at 25 ºC (Fig. 5f).

### Rheometric analysis of poly(urethane-urea) elastomers

As mentioned previously, the polymer chains containing the dynamic aromatic disulfide bonds and the hydrogen bonds, were predominantly embedded in the hard segments surrounded by the soft PPG segments. The polymer-chain rearrangement and the stress relaxation of ss-PUs could be activated by heating or elevating the temperature. After the glassy microphase being activated by heating, the metathesis and rearrangement of dynamic aromatic disulfides were enabled. The viscoelastic properties of ss-PUs were measured by rheological experiments in

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**Table 2**: Mechanical properties and self-healing efficiencies from tensile tests for ss-PUs and the reference cc-PUs as control, means, and standard deviations from five specimens.

| Temperature | Time (h) | Young’s modulus (MPa)* | Ultimate tensile strength (MPa) | Elongation at break (%) | $R_\sigma$ (%) | $R_\varepsilon$ (%) |
|-------------|----------|------------------------|-------------------------------|------------------------|----------------|-------------------|
| 25 ºC       | original | 16.6 ± 0.6             | 4.20 ± 0.10                   | 954 ± 35.6             |                |                  |
| (ss-PUs)    | 1        | 17.6 ± 0.4             | 2.72 ± 0.09                   | 459 ± 19.4             | 64.8 ± 2.1     | 48.1 ± 2.0       |
|             | 2        | 16.2 ± 0.8             | 2.83 ± 0.08                   | 475 ± 7.4              | 67.4 ± 1.9     | 49.8 ± 0.8       |
|             | 12       | 15.5 ± 0.7             | 3.78 ± 0.16                   | 864 ± 45.8             | 90.0 ± 3.8     | 90.6 ± 4.8       |
|             | 24       | 16.9 ± 2.0             | 4.18 ± 0.07                   | 903 ± 78.0             | 99.5 ± 1.7     | 94.7 ± 8.2       |
|             | reference| 10.0 ± 0.2             | 5.06 ± 0.14                   | 587 ± 17.1             |                |                  |
| 25 ºC       | 1        | 9.1 ± 0.6              | 0.90 ± 0.06                   | 52 ± 2.7               | 17.8 ± 0.12    | 8.9 ± 0.5        |
| (cc-PUs)    | 2        | 10.8 ± 1.7             | 1.11 ± 0.07                   | 80 ± 3.4               | 21.9 ± 0.14    | 13.6 ± 0.6       |
|             | 24       | 8.1 ± 0.2              | 1.14 ± 0.11                   | 94 ± 1.9               | 22.5 ± 0.22    | 16.0 ± 0.3       |
| 60 ºC       | 1 (uncut)| 18.6 ± 1.9             | 4.76 ± 0.25                   | 803 ± 68.1             |                |                  |
| (ss-PUs)    | 1        | 25.3 ± 2.6             | 3.11 ± 0.27                   | 322 ± 37.8             | 65.3 ± 5.7     | 40.1 ± 4.7       |
|             | 2 (uncut)| 20.8 ± 1.3             | 4.46 ± 0.13                   | 845 ± 71.2             |                |                  |
|             | 2        | 23.3 ± 1.3             | 4.54 ± 0.15                   | 622 ± 31.4             | 101.8 ± 3.4    | 73.6 ± 3.7       |
|             | 12 (uncut)| 22.2 ± 1.5           | 4.40 ± 0.38                   | 844 ± 99.7             |                |                  |
|             | 12       | 23.9 ± 1.5             | 4.37 ± 0.16                   | 807 ± 17.9             | 99.3 ± 3.6     | 95.6 ± 2.1       |

*Young’s modulus was determined from the initial slope of the stress–strain curves.

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**Fig. 5**: Scratch recovery behaviors of ss-PUs were observed by an optical microscope (Leica DMV6). Fresh scratches were made on the surfaces of ss-PUs using a sharp blade to monitor their self-healing behaviors at 25 ºC for a 0 h, b 2 h, c 8 h and d 12 h, respectively. The corresponding scratch recovery behaviors of cc-PUs were also observed to monitor their self-healing behaviors after e 0 h and f 24 h at 25 ºC. The scale bars were both 100 µm.
frequency sweep mode (Fig. 6a) and temperature sweep mode (Fig. 6b). When the temperature was as low as 25 °C, the values of $G'$ were much higher than those of $G''$ in the linear viscoelastic region, indicating their elastic properties. Furthermore, when increasing temperature from 25 °C to 80 °C, both the values of $G'$ and $G''$ decreased, implying that the mobilities of ss-PUs polymer chains were temperature dependent. When the sweep temperature was over 120 °C, the obvious crossover-point of $G'$ and $G''$ appeared, above which temperature the ss-PUs showed good mobility.

Moreover, self-healing of viscoelastic properties were studied and measured to further investigate and understand the self-healing ability of ss-PUs. Prior to this measurement, the dependence of moduli on the shear strain at a constant frequency of 1 Hz was studied and the results were indicated in Fig. 6c. As indicated, both the $G'$ and $G''$ of ss-PUs and cc-PUs remained constants within the shear strain of ~ 10%. With the increase of the applied shear strain, both $G'$ and $G''$ showed a significant drop, indicating a quasi-liquid state. As shown in Fig. 6d, both the $G'$ and $G''$ modulus of ss-PUs increased gradually when applying a 5% shear strain for 1500 s at 25 °C. Upon changing the oscillation shear force to achieve a 100% shear strain for 500 s at 25 °C, the $G'$ modulus suddenly dropped, resulting in the value of $G'$ modulus lower than that of $G''$ modulus at this time. Then, when the oscillation shear force was changed to achieve a 5% shear strain again, both $G'$ and $G''$ modulus was restored and the value of $G'$ was higher than that of $G''$ again. Such a reversible recovery of the $G'$ and $G''$ modulus could repeat for several times, indicating the self-healing of viscoelastic properties of ss-PUs. In contrast, the cc-PUs showed no self-healing behaviors of both $G'$ and $G''$ modulus as that of the ss-PUs when changing the shear strain periodically (Fig. 6e).

In addition, the stress relaxation time of ss-PUs at 25 °C was relatively longer than that at 60 °C (Fig. 6f), mainly due to two factors: firstly, the metathesis reaction of aromatic disulfide was faster at 60 °C than that at 25 °C; secondly, the hard microphase could partially immobilize the dynamic aromatic disulfide bonds because the disulfide bonds were trapped and immobilized in the viscoelastic hard segments. This feature endowed the ss-PUs with stability in dimension and excellent mechanical properties, and was beneficial for self-healing of the ss-PUs.

Fig. 6 Variation of $G'$ and $G''$ modulus with temperature and frequency for ss-PUs: a frequency sweep at different temperatures; b temperature sweep at 1 Hz; c dependence of moduli of ss-PUs and cc-PUs on shear strain amplitude sweep (shear strain $\gamma$ ranging from 0.1% to 120%) at a fixed frequency of 1 Hz; d viscoelastic properties of ss-PUs upon a periodic change of oscillation shear force to achieve a 5% shear strain for 1500 s to a 100% shear strain for 500 s; e viscoelastic properties of the reference cc-PUs upon a periodic change of oscillation shear force to achieve a 5% shear strain for 1500 s to a 100% shear strain for 500 s; f stress relaxation curves of ss-PUs at 25 °C and 60 °C.
Thermal properties of poly(urethane-urea) elastomers

DSC thermograms were recorded to further characterize thermal properties of the elastomers. The transition of ss-PUs at -47.2 ºC was assigned to the glass transition arising from the PPG segment (Fig. 7a). While the $T_g$ of cc-PUs was slightly increased to -43.8 ºC. The thermal stabilities of ss-PUs and cc-PUs were assessed by TGA (Fig. 7b). The temperature ramps obtained under $N_2$ flow showed that the samples were stable up to 250 ºC for ss-PUs and 280 ºC for cc-PUs. The ss-PUs and cc-PUs were both thermoplastic and the ss-PUs could be reshaped and recycled after hot pressing under 10 MPa at 80 ºC for 20 min (Fig. 7c and d). These recycled ss-PUs should also be self-healable through the metathesis of the aromatic disulfide, just like their original samples. The mechanical properties and self-healing efficiencies of the ss-PUs after 3 repeated recycling cycles were determined to be just as high as those of the original samples (Table 3).

Table 3 The mechanical properties and self-healing efficiency of ss-PUs at 25 ºC after recycling. Means, and standard deviations from five specimens

| Recycling times | Ultimate tensile strength (MPa) | Elongation at break (%) | $R_\sigma$ (%) | $R_\varepsilon$ (%) |
|-----------------|--------------------------------|-------------------------|---------------|------------------|
| 1#              | $4.47 \pm 0.11$               | $851 \pm 33.1$          | $92.8 \pm 2.2$| $97.3 \pm 1.1$   |
| 1# self-healing for 24 h | $4.15 \pm 0.10$               | $828 \pm 9.7$           | $92.8 \pm 2.2$| $97.3 \pm 1.1$   |
| 2#              | $4.31 \pm 0.16$               | $858 \pm 14.5$          | $96.3 \pm 4.4$| $96.3 \pm 1.0$   |
| 2# self-healing for 24 h | $4.15 \pm 0.19$               | $826 \pm 8.7$           | $96.3 \pm 4.4$| $96.3 \pm 1.0$   |
| 3#              | $4.12 \pm 0.16$               | $830 \pm 11.8$          | $99.0 \pm 2.9$| $93.6 \pm 5.3$   |
| 3# self-healing for 24 h | $4.08 \pm 0.12$               | $777 \pm 44.1$          | $99.0 \pm 2.9$| $93.6 \pm 5.3$   |
Conclusion

In conclusion, we successfully designed and prepared a novel, transparent, robust, and aromatic disulfide-containing poly(urethane-urea) ss-PUs which was characterized and verified by $^1$H-NMR, FT-IR and GPC. The microphase separation structure of ss-PUs was verified by AFM. It was noteworthy that ss-PUs possessed well heat-resistance ($T_g = 250$ °C), robust mechanical strengths (4.20 ± 0.10 MPa), excellent elongation at break (954 ± 35.6%) and Young’s modulus (16.6 ± 0.6 MPa). By virtue of the metathesis of aromatic disulfide and the steric hindrance of the alicyclic IPDI, the ss-PUs achieved excellent self-healing abilities at room temperature compared with the reference cc-PUs. The dynamic processes of self-healing were monitored on both a micro-scale and macro-scale, for example, a full-cut sample could weight itself after self-healing for 10 min at 25 °C and a scratch healed completely after self-healing for 8 h at 25 °C. Moreover, the self-healing of the mechanical properties was investigated quantitively by tensile tests, and the results revealed a full recovery of these mechanical properties with a self-healing efficiency of ~90% after self-healing for 12 h at 25 °C, indicating the ability of the polymer chains to reconstruct at the cut interface. The viscoelastic properties of ss-PUs were measured by rheological experiments. Interestingly, the ss-PUs showed a reversible recovery of both the $G'$ and $G''$ moduli which could repeat for several times, indicating the self-healing of viscoelastic of ss-PUs. Finally, the ss-PUs could be reshaped and recycled after hot pressing under 10 MPa at 80 °C. These recycled ss-PUs still possessed excellent self-healing abilities after 3 recycling cycles. The self-healing poly(urethane-urea) system obtained in this work would be applied to protective coatings, soft robotics, wearable electronics, and so on.

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