Assessment of Chemical Toxicity and Radiological Toxicity of Uranium Associated with Drinking Water in Kuye, Ogbomoso, Nigeria

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Abstract: The activity concentration of uranium in bottled and well water samples in Kuye area, Ogbomoso, Nigeria were measured using gamma ray spectroscopy method. The mass concentration values of both the bottled water samples and the well water samples exceeded the recommended safe limit of uranium in drinking water of 30 μg.l⁻¹ by WHO. All the water samples investigated had their excess cancer mortality risk lower than the permissible limit of 10⁻³. The excess cancer morbidity risk associated with the intake of uranium in the drinking water samples investigated shows that only 80% of the bottled water sample and 22% of the well water samples were safe for drinking. All the water samples investigated were found to be unsafe for consumption in terms of their chemical risk as they all exceeded the hazard quotient of unity ranging from 12.55 to 34.14. The risk associated with drinking bottled water and well water in Iluju, Ogbomoso is due to cancer morbidity risk and chemical toxicity risk. Therefore, the study suggest that the consumption of bottled water and well water by the local people of Kuye may pose serious threat to their health.

Keywords: Uranium, radiological toxicity, chemical toxicity, bottled water, well water

1. Introduction
Uranium occurs naturally in the earth’s crust and is a radioactive and radionuclide mineral. Uranium can be found in air. Water, rocks and soil. It can also be found in other natural materials. Uranium that occurs naturally is present in soil and bedrock in many parts of Nigeria. Uranium can enters the human body by ingestion and by inhalation of uranium-containing dust particles or aerosols. There are several ways by which uranium can come into contact with water. Uranium can enter the water body from deep within the ground in form of seepage, erosion or through human activities such as mining. Uranium is absorbed into the groundwater as the groundwater moves through the earth. The absorbed uranium accounts for its presence in the water bodies. The hexavalent state of uranium commonly associated with UO₂²⁺ is
more significant in water, whereas this state of uranium is insoluble in almost all tetravalent compounds (Sahoo et al., 2009).

Damage can be done to the gastrointestinal tracts when uranium is ingested through drinking water. The concentration of uranium can move through the lung tissue to the blood stream. This will later be stored in the liver, kidney, bone or other tissues for years, irradiating all tissues located near its storage place. When the concentrations of uranium in drinking water is above the permissible limits, it may produce harmful biological effects in humans (WHO, 2008). The World Health Organization (WHO, 2004) had earlier recommended a reference level 15 µg/l but now the permissible limit of uranium in drinking water by WHO is 30 µg/l (WHO, 2011).

Uranium is a radionuclide which is known for both its chemical toxicity and radiological toxicity. The health effects of uranium are of two types: carcinogenic and non-carcinogenic effects. The risk is both radiological toxicity (carcinogenic) due to radiation of uranium isotopes and the chemical toxicity (non-carcinogenic) due to uranium as a heavy metal (WHO, 1998) Studies have shown toxic effects of uranium on kidneys and bones of mice (Kurttio et al., 2002). Reduction in maternal weight gain, reduction in daily feed intake and increase in liver weight are some of the effects observed in mice (Larivière et al., 2007; Zamora et al., 1998). The major health challenge related to uranium ingestion is chemical toxicity which affects humans and animals, with the kidney being the target organ (Leggett, 1989; Guglielmotti et al., 1989; Keith et al., 1999).

Ogbomoso town lies within 4°10’E to 4°20’ E longitude and 8°00’N to 8°15’N latitude (Fig. 1). Iluju in Ogbomoso is located in the North Eastern region of the city with underlining geology mainly of granite (Fig. 1). Iluju in Ogbomoso is recognized for its quarry activities. It is worthy of note that Iluju in Ogbomoso do not have access to tap water supply. The major drinking water to the population is well water and seldomly sachet and bottled water. However, there is no known data on the radiological and chemical risk assessment. Therefore, this study was carried out in order to investigate the health risk and to provide data on the concentration of uranium in wells and bottled water and the associated radiological risk and chemical toxicity to the population of Kuye in Ogbomoso.

![Figure 1: The Location of Ogbomoso Metropolis (REF)](image)

2. Materials and Method

2.1. Sampling and Preparation

The sampling area for this study is Kuye located in the North East region of the city of Ogbomoso. The major drinking water to the population is well water. During raining seasons, they depend on rain water collected from roof tops and occasionally during celebrations, the people usually have access to sachet water and bottled water. In this present study, 72 water samples: Bottled water (45) and well water (27) in the region of Kuye in Ogbomoso were analysed to assess the chemical and radiological toxicity. The water samples were collected with 1 L-size plastic containers which has been previously washed and rinsed with dilute acid (0.1 M HCl). The collected samples were acidified with 1 M concentrated HCl to obtain a pH < 2 in order to avoid adsorption of the radionuclide on the walls of the container (AS/NZS, 1998). The samples were subsequently taken to the laboratory for preparation prior to gamma spectroscopy.

2.2. Measurement

In this analysis, gamma ray spectroscopy method was adopted. The spectrometer used for gamma counting consists of a highly-shielded Canberra NaI (TI) detector enclosed in a 100 mm thick lead blocks coupled to a Canberra...
Multichannel Analyzer (MCA) with a PC via an interface. The collector is located in the center of the lead shield in order to minimize the effect of scattered radiation from the shield (UNSCEAR, 1982). The Energy and Efficiency calibration of the gamma spectrometer were carried out using the International Atomic Energy Agency (IAEA) reference source material. Accurate energy and efficiency of the gamma spectroscopy system were made quantity radionuclides present in the sample since the accuracy of all quantitative results depend on the attainable accuracy of the systems calibration. The transition line of 1460 keV for $^{40}K$, 1764 keV for $^{214}Bi$ and 2614 keV of $^{208}Tl$ were used to determine the concentration $^{40}K$, $^{238}U$ and $^{232}Th$ respectively. Finally, counting was carried out for a period of 36000s, first with an empty Marinelli beaker of identified geometry as the sample to determine the background spectrum. Thereafter, the sealed sample of water were counted for the same period of 36000s.

The activity concentrations of the water samples were determined using the total net counts under the selected photopeaks, the measured photopeak efficiency, gamma intensity and mass of the samples. After correcting for background and Compton contribution, the activity concentrations of $^{232}Th$, $^{238}U$ and $^{40}K$ were determined. From the net area, the activity concentrations in the samples were obtained using (Jibiri et al., 1999; Awudugba and Techokossa, 2008):

$$Ac(Bq.l^{-1}) = kC_n$$

$$Where \ k = \frac{1}{\varepsilon_P V_s}$$

$A_c$ is the activity concentration of the radionuclide in the sample given in Bq l$^{-1}$, $C_n$ is the count rate under the corresponding peak, $\varepsilon$ is the detector efficiency at the specific gray energy, $P$ is the absolute transition probability of the specific gray energy, and $V_s$ is the volume of the sample (l). The detailed calibration procedures of the detector can be found in the publications (Jibiri et al., 1999, Jibiri et al., 2007, 2009). Using equation 1, the activity concentrations of uranium in each of the water samples were determined.

2.3. Determination of Mass Concentration of Uranium

Testing for the presence of uranium in drinking water can be done using several methods approved by USEPA. Depending on the analytical method, uranium can be measured either as the activities of the radionuclides where the result are reported in (pCi l$^{-1}$), or uranium can be measured as the mass of the isotope and the result are reported in mg l$^{-1}$ or $\mu g l^{-1}$.

In this study, uranium is measure as the activity of radionuclide where the result are reported in Bq l$^{-1}$. The data for the activity concentrations of the uranium were converted to the uranium mass concentration (μg l$^{-1}$) using the following conversion factors:

$$1 Bq.l^{-1} = 27.0 pCi.l^{-1} = 1 \mu g l^{-1} = \frac{1 cCi.l^{-1}}{0.67}$$

2.4. Risk Assessment

In the present investigation, two types of risks associated with uranium were evaluated. One is the radiological risk due to uranium as a radioactive element, and the second is the chemical toxicity due to uranium as a heavy metal.

2.4.1. Radiological Risk Assessment

The radiological risk was calculated using the USEPA method (USEPA, 2000). The Lifetime excess cancer risk, ECR associated with intake of uranium nuclide was estimated from the product of the applicable risk coefficient $r$ and the per capita activity intake $I$ expressed below.

$$Risk\ factor, R = r \times I$$

$$Thus\ ECR = Activity\ Con. Of\ Uranium\ (Ac) \times Risk\ factor\ (R)$$

According to WHO (2016), the average life expectancy at birth in Nigeria is 54.5 y and, an annual consumption of water for an individual is about 730 l. This brings the lifetime intake of water to 39,785 l. The cancer risk coefficients of uranium of $1.13 \times 10^{-9}$ and $1.73 \times 10^{-9}$ Bq$^{-1}$ for mortality and morbidity respectively were obtained from the literature (USEPA, 1999; UNSCEAR, 2000). Using equation 4 and these coefficients, the cancer mortality and morbidity risks of uranium over lifetime consumption of water were calculated.

2.4.2. Chemical Toxicity Risk

The chemical toxicity risk in the drinking water samples due to the uranium concentration was estimated in terms of the LADD (lifetime average daily dose, $\mu g$ kg$^{-1}$ day$^{-1}$) using the following formula (Ye-shin et al., 2004):

$$Ingestion\ LADD\ of\ Drinking\ water = \frac{EPC \times IR \times EF \times ED}{AT \times BW}$$

where $LADD =$ lifetime average daily dose ($\mu g$ kg$^{-1}$ day$^{-1}$), $EPC =$ exposure point concentration ($\mu g/l$), $IR =$ water ingestion rate (l/day), $EF =$ exposure frequency (days/year), $ED =$ total exposure duration (years), $AT =$ average time (days) and $BW =$ body weight.
The chemical toxicity will therefore be evaluated using the lifetime average daily dose (LADD) of uranium through drinking water intake estimated in equation (5) by comparing it to the reference dose (RFD) of 0.6 μg.kg⁻¹.day⁻¹ (Ye-shin et al., 2004). This ratio produces a hazard quotient as shown in equation (6). Hazard quotient below unity implies that adverse effects are very unlikely to occur. However, if HQ > 1.00, then the lifetime average daily dose of metal exceeds the reference dose, indicating that there is a potential risk associated with the metal.

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\text{Hazard Quotient (HQ)} = \frac{\text{LADD}}{\text{RFD}}
\]

3. Results and Discussion

3.1. Activity Concentration and Mass Concentration

The result of the activity and mass concentrations of uranium for both the bottled water samples and the well water samples are presented in Table 1 below.

| SAMPLE | \(^{238}\text{U (Bq.l}^{-1})\) | \(^{238}\text{U (pCi.l}^{-1})\) | \(^{238}\text{U (µgl}^{-1})\) |
|--------|------------------|-----------------|------------------|
| BW1    | 6.83 ± 2.64      | 184.41          | 274.77           |
| BW2    | 15.88 ± 0.42     | 428.76          | 638.85           |
| BW3    | 13.86 ± 0.71     | 374.22          | 557.59           |
| BW4    | 12.34 ± 0.87     | 333.18          | 496.44           |
| BW5    | 9.60 ± 2.51      | 259.2           | 386.20           |
| BW6    | 11.92 ± 0.85     | 321.84          | 479.54           |
| BW7    | 12.48 ± 0.81     | 336.96          | 502.07           |
| BW8    | 18.61 ± 0.64     | 502.47          | 748.68           |
| BW9    | 13.38 ± 0.49     | 361.26          | 538.28           |
| BW10   | 13.09 ± 0.79     | 353.43          | 526.61           |
| BW11   | 14.79 ± 0.54     | 399.33          | 595.00           |
| BW12   | 11.89 ± 0.37     | 321.03          | 478.33           |
| BW13   | 13.86 ± 0.30     | 374.22          | 557.59           |
| BW14   | 9.64 ± 2.42      | 260.28          | 387.82           |
| BW15   | 14.36 ± 0.61     | 387.72          | 577.70           |
| WW1    | 16.63 ± 0.39     | 449.01          | 669.02           |
| WW2    | 12.88 ± 1.98     | 345.6           | 514.94           |
| WW3    | 12.95 ± 0.22     | 349.65          | 520.98           |
| WW4    | 14.56 ± 0.02     | 393.12          | 585.75           |
| WW5    | 17.31 ± 0.17     | 467.37          | 696.38           |
| WW6    | 18.23 ± 0.64     | 492.21          | 733.39           |
| WW7    | 16.26 ± 0.87     | 439.02          | 654.14           |
| WW8    | 17.29 ± 0.48     | 466.83          | 695.58           |
| WW9    | 14.98 ± 0.18     | 404.46          | 602.65           |

Table 1: Activity Concentration and Mass Concentration of Uranium in the Bottled Water (BW) and Well Water (WW) in the Study Area

3.1.1. Bottled Water (BW), Well Water (WW)

The activity concentration of uranium in bottled water samples ranged from 6.83 ± 2.64 to 18.61 ± 0.64 while the activity concentration of uranium in well water samples ranged from 12.88 ± 1.98 to 18.23 ± 0.64. The mass concentration values in bottled water samples ranged from 274.77 to 748.68 µgl⁻¹ with a mean value of 516.36 µgl⁻¹. The mass concentration values in well water samples ranged from 514.94 to 733.39 µgl⁻¹ with a mean value 625.05 µgl⁻¹. Both the values of the bottled water samples and the well water samples exceeded the recommended safe limit of uranium in drinking of 15µgl⁻¹, 20 µgl⁻¹ and 30 µgl⁻¹ set by the world Health Organization (WHO, 2003), the United State Environmental Protection Agency (USEPA, 2003) and the Health Canadian (1999) respectively. The intake of this water samples may result in significant risk to health over a lifetime. These high values of mass concentration of uranium in both bottled and well water samples in the study area may be due to the presence of granite in the underlying structure of the study area as revealed in Figure 1.

3.2. Radiological Risk Assessment

The radiological risk in terms of lifetime cancer risk associated with the intake uranium nuclide for both mortality and morbidity were estimated and presented in Table 2.
d exposure and the values above the permissible value. For the well water samples, the hazard quotient due to intake of water to the population of Iluju are presented in Table 3.

The excess cancer mortality risk associated with the intake of uranium in the drinking water samples investigated ranged from $3.07 \times 10^{-4}$ to $8.37 \times 10^{-4}$ for the bottled water (BW) samples and from $5.79 \times 10^{-4}$ to $8.20 \times 10^{-4}$ for the well water (WW) samples. All the water samples investigated had their excess cancer mortality risk lower than the permissible limit of $10^{-3}$.

The excess cancer morbidity risk associated with the intake of uranium in the drinking water samples investigated ranged from $1.02 \times 10^{-3}$ to $9.92 \times 10^{-4}$ for the bottled water (BW) samples and from $8.91 \times 10^{-4}$ to $9.90 \times 10^{-4}$ for the well water (WW) samples. All the water samples investigated had their excess cancer morbidity risk lower than the permissible limit.

The result of the radiological risk assessment shows that all the drinking water samples were radiologically safe in terms of the excess cancer mortality risk. Meanwhile only 80% of the bottled water samples and two of the well water samples were radiologically safe for consumption in terms of the excess cancer morbidity risk.

### Table 2: The Estimated Lifetime Cancer Mortality and Morbidity Risk of Uranium in the Water Samples

| SAMPLE | $^{238}\text{U}(\text{Bq}\cdot\text{l}^{-1})$ | Lifetime Cancer Mortality Risk | Lifetime Cancer Morbidity Risk |
|--------|---------------------------------|---------------------------------|---------------------------------|
| BW1    | 6.83 ± 2.64                     | $3.07 \times 10^{-4}$           | $4.7 \times 10^{-4}$            |
| BW2    | 15.88 ± 0.42                    | $7.14 \times 10^{-4}$           | $1.09 \times 10^{-3}$           |
| BW3    | 13.86 ± 0.71                    | $6.23 \times 10^{-4}$           | $9.54 \times 10^{-4}$           |
| BW4    | 12.34 ± 0.87                    | $5.55 \times 10^{-4}$           | $8.49 \times 10^{-4}$           |
| BW5    | 9.60 ± 2.51                     | $4.32 \times 10^{-4}$           | $6.61 \times 10^{-4}$           |
| BW6    | 11.92 ± 0.85                    | $5.36 \times 10^{-4}$           | $8.20 \times 10^{-4}$           |
| BW7    | 12.48 ± 0.81                    | $5.61 \times 10^{-4}$           | $8.59 \times 10^{-4}$           |
| BW8    | 18.61 ± 0.64                    | $8.37 \times 10^{-4}$           | $1.28 \times 10^{-3}$           |
| BW9    | 13.38 ± 0.49                    | $6.02 \times 10^{-4}$           | $9.21 \times 10^{-4}$           |
| BW10   | 13.09 ± 0.79                    | $5.88 \times 10^{-4}$           | $9.00 \times 10^{-4}$           |
| BW11   | 14.79 ± 0.54                    | $6.65 \times 10^{-4}$           | $1.02 \times 10^{-3}$           |
| BW12   | 11.89 ± 0.37                    | $5.35 \times 10^{-4}$           | $8.18 \times 10^{-4}$           |
| BW13   | 13.86 ± 0.30                    | $6.23 \times 10^{-4}$           | $9.54 \times 10^{-4}$           |
| BW14   | 9.64 ± 2.42                     | $4.33 \times 10^{-4}$           | $6.64 \times 10^{-4}$           |
| BW15   | 14.36 ± 0.61                    | $6.46 \times 10^{-4}$           | $9.88 \times 10^{-4}$           |
| WW1    | 16.63 ± 0.39                    | $7.48 \times 10^{-4}$           | $1.14 \times 10^{-3}$           |
| WW2    | 12.88 ± 1.98                    | $5.79 \times 10^{-4}$           | $8.87 \times 10^{-4}$           |
| WW3    | 12.95 ± 0.22                    | $5.82 \times 10^{-4}$           | $8.91 \times 10^{-4}$           |
| WW4    | 14.56 ± 0.02                    | $6.55 \times 10^{-4}$           | $1.00 \times 10^{-3}$           |
| WW5    | 17.31 ± 0.17                    | $7.78 \times 10^{-4}$           | $1.19 \times 10^{-3}$           |
| WW6    | 18.23 ± 0.64                    | $8.20 \times 10^{-4}$           | $1.25 \times 10^{-3}$           |
| WW7    | 16.26 ± 0.87                    | $7.31 \times 10^{-4}$           | $1.11 \times 10^{-3}$           |
| WW8    | 17.29 ± 0.48                    | $7.77 \times 10^{-4}$           | $1.19 \times 10^{-3}$           |
| WW9    | 14.98 ± 0.18                    | $6.73 \times 10^{-4}$           | $1.03 \times 10^{-3}$           |

3.3. Chemical Toxicity Risk

Using therefore, $IR = 21 \text{day}^{-1}$; $EF = 350$ days, $ED = 54.5$ y, $AT = 19,892.5$ (obtained from $54.5 \times 365$) and $BW = 70$ kg (for a standard man) and by comparing the lifetime average daily dose (LADD) obtained in this study and the reference dose (RFD) ($0.6 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{day}^{-1}$) that is an acceptable level, the chemical toxicity risk due to uranium in the water samples over a lifetime consumption were estimated in terms of the hazard quotient. Therefore, the estimated exposure and the hazard quotient due to intake of water to the population of Iluju are presented in Table 3.
Table 3: The Estimated Lifetime Average Daily Dose and the Hazard Quotient for All the Water Samples

| Sample | Lifetime Average Daily Dose (Mg.Kg-1.Day-1) | Hazard Quotient (Hq) |
|--------|--------------------------------|---------------------|
| BW1    | 7.53                           | 12.55               |
| BW2    | 17.50                          | 29.17               |
| BW3    | 15.28                          | 25.47               |
| BW4    | 13.60                          | 22.67               |
| BW5    | 10.58                          | 17.63               |
| BW6    | 13.14                          | 21.90               |
| BW7    | 13.76                          | 22.93               |
| BW8    | 20.51                          | 34.18               |
| BW9    | 14.75                          | 24.58               |
| BW10   | 14.43                          | 24.05               |
| BW11   | 16.30                          | 27.17               |
| BW12   | 13.11                          | 21.85               |
| BW13   | 15.28                          | 25.47               |
| BW14   | 10.63                          | 17.72               |
| BW15   | 15.83                          | 26.38               |
| WW1    | 18.33                          | 30.55               |
| WW2    | 14.11                          | 23.52               |
| WW3    | 14.27                          | 23.78               |
| WW4    | 16.05                          | 26.75               |
| WW5    | 19.08                          | 31.80               |
| WW6    | 20.09                          | 33.48               |
| WW7    | 17.92                          | 29.87               |
| WW8    | 19.05                          | 31.75               |
| WW9    | 16.51                          | 27.52               |

The lifetime average daily dose (LADD) ranged from 7.53 - 20.51 μg.kg⁻¹.day⁻¹. The LADDs values were observed higher in the well water samples than in the bore hole water samples. However the LADDs obtained for all the water samples were above the reference dose (RFD) of 0.6 μg.kg⁻¹.day⁻¹. Similarly, the hazard quotient for all the water samples investigated ranged from 12.55 to 34.14. The hazard quotient for all the drinking water samples investigated were found to be far above the threshold value of unity as suggested by USEPA (1993). This implies that there is a potential risk associated with the uranium in the water samples.

4. Conclusion

The activity concentration of uranium in bottled and well water samples in Iluju area, Ogbomoso, Nigeria were measured using gamma ray spectroscopy method. The activity concentration of uranium in the bottled water samples ranged from 6.83 ± 2.64 to 18.61 ± 0.64 while that of well water samples ranged from 12.88 ± 1.98 to 18.23 ± 0.64. The mass concentration values in the bottled water samples ranged from 274.77 to 748.68 μg.l⁻¹ and that of well water samples ranged from 514.94 to 733.39 μg.l⁻¹. Both the mass concentration values of the bottled water samples and the well water samples exceeded the recommended safe limit of uranium in drinking water of many agency. The excess cancer mortality risk associated with the intake of uranium in the drinking water samples investigated ranged from 3.07 x 10⁻⁴ to 8.37 x 10⁻⁴ for the bottled water samples and from 5.79 x 10⁻⁴ to 8.20 x 10⁻⁴ for the well water samples. All the water samples investigated had their excess cancer mortality risk lower than the permissible limit. The excess cancer morbidity risk associated with the intake of uranium in the drinking water samples investigated ranged from 4.70 x 10⁻⁴ to 1.28 x 10⁻³ for the bottled water samples and from 8.87 x 10⁻⁴ to 1.25 x 10⁻³ for the well water samples. Thus, only 80% of the bottled water and 22% of the well water samples were safe in term of the excess cancer morbidity risk. All the water samples were found to be unsafe in terms of their chemical risk and they all exceeded the hazard quotient of unity. Therefore, the risk associated with drinking bottled water and well water in Iluju, Ogbomoso is due to cancer morbidity risk and chemical toxicity risk and may pose serious threat to the local people.

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