Patient card

Healthcare professionals handed a physical card to their patients for starting the intervention. It contains an individual patient code (upper right corner), name/surname of the patient, the name of the assigned healthcare professional, and a QR code for scanning. The QR code includes the encrypted patient and healthcare professional codes and an unencrypted link to Android/Apple app stores. By scanning the code with a standard phone app, the stored URL link led to a website that automatically distinguished whether the QR code was scanned with an Android or Apple smartphone. Depending on the type of phone, the patient gets automatically redirected to either the Android or Apple app store to download the MAX app.

The physical card can be divided in the middle; the healthcare professional keeps the upper part and the patient keeps the lower part.

This set up allowed an easy and fast onboarding of patients to the MAX app/intervention.

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