FXR activation alleviates tacrolimus-induced post-transplant diabetes mellitus by regulating renal gluconeogenesis and glucose uptake

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Abstract

**Background:** Tacrolimus (FK506)-induced diabetes mellitus is one of the most important factors of post-transplant diabetes mellitus (PTDM). However, the detailed mechanisms underlying PTDM are still unclear. Farnesoid X receptor (FXR) regulates glycolipid metabolism. The objective of this study was to explore whether FXR is involved in the development of tacrolimus-induced diabetes mellitus.

**Methods:** After C57BL/6J mice were treated with tacrolimus (FK506) for 3 months, the fasting blood glucose levels, body weights, renal morphological alterations, and mRNA expression levels of phosphoenolpyruvate carboxykinase (PEPCK) and glucose transporter 2 (GLUT2) among the control group, the FK506 group and the FK506 + GW4064 (a FXR agonist) group (n = 7) were measured. The intracellular location of peroxisome proliferator activated receptor γ coactivator-1α (PGC1α) and forkhead box O1 (FOXO1) was detected by immunofluorescence. Human renal cortex proximal tubule epithelial cells (HK-2) were treated with 15 μM FK506 or 4 μM FXR agonist (GW4064) for 24, 48 and 72 h, and the expression levels of FXR, gluconeogenesis and glucose uptake, representing the enzymes PEPCK and GLUT2, were detected with real-time PCR and western blot analyses. Finally, the mRNA levels of PEPCK and GLUT2 in HK-2 cells were measured after FXR was upregulated.

**Results:** FK506 significantly inhibited the mRNA and protein levels of FXR at 48 h and 72 h in HK-2 cells (P < 0.05). Meanwhile, FK506 promoted gluconeogenesis and inhibited glucose uptake in HK-2 cells (P < 0.05). However, overexpression of FXR in transfected HK-2 cell lines significantly inhibited gluconeogenesis and promoted glucose uptake (P < 0.05). The FXR agonist GW4064 significantly decreased the fasting blood glucose in mice challenged with FK506 for 3 months (P < 0.05), inhibited gluconeogenesis (P < 0.05) and significantly promoted glucose uptake (P < 0.05). Immunofluorescence staining and western blot analyses further revealed that FXR activation may affect the translocation of PGC1α and FOXO1 from the nucleus to the cytoplasm.
**Background**

Post-transplant diabetes mellitus (PTDM) is a common metabolic complication following solid organ transplantation that has been reported to have adverse impacts on the function and survival of grafts [1]. PTDM was shown increase the risk of cardiovascular morbidity and mortality, inducing unfavorable outcomes [2]. The main cause of PTDM is the universal use of immunosuppressive drugs following transplantation, which accounts for up to 74% of the risk of PTDM [3]. Calcineurin inhibitors (CNIs), which are common immunosuppressive drugs, contribute to the development of PTDM [4]. Tacrolimus (FK506), an important member of the CNIs, is more diabetogenic than other CNIs and can lead to reduced beta-cell mass, excessive insulin secretion, and insulin resistance [4, 5]. However, the detailed mechanisms underlying this process are still unclear.

Kidney is the second most important organ in systemic glucose metabolism after liver and regulates glucose reabsorption and gluconeogenesis [6]. Gluconeogenesis occurs exclusively in the liver and kidney, and the kidney accounts for 40% of glucose absorption in the fasting state [7], indicating that renal injury or abnormal gene expression in the kidney is important in the development of diabetes mellitus and PTDM. Some experiments have demonstrated that treatment with tacrolimus after organ transplantation may induce progressive renal failure with striped interstitial fibrosis, tubular atrophy, inflammatory cell infiltration and hyalinosis of the afferent arterioles [8], which are potentially implicated with PTDM. Hence, we speculate that rectifying glucose metabolism disturbance in the kidney in a timely manner can benefit PTDM treatment.

Farnesoid X receptor (FXR), a nuclear receptor, is expressed in several glucose-processing organs that synthesize, store and mobilize glucose according to the organism's needs [9]. In particular, FXR is highly expressed in the kidney, with expression detected in mesangial cells, podocytes, glomeruli and proximal tubular cells [10]. FXR is embedded into a complex signaling network coordinating glucose uptake, usage and production. FXR−/− mice showed elevated serum glucose, impaired glucose metabolism and induced insulin intolerance, suggesting the critical role of FXR in glucose homeostasis [11, 12]. Zhao et al. [13] confirmed that high expression of FXR in the kidney can significantly inhibit renal fibrosis. In addition, renal FXR activation downregulated the genes associated with fibrosis and lipogenesis and reversed some renal pathologic changes involving glomerulosclerosis and proteinuria [14, 15]. However, in contrast to studies on primary diabetes mellitus, no studies have examined whether FXR is involved in PTDM in kidney. The mechanism of how FXR regulates tacrolimus-induced diabetes mellitus is unknown. The aim of our study was to reveal this mechanism and identify potential targets to prevent the occurrence of PTDM.

**Materials and methods**

**Animal care and the experimental design**

A total of 21 Male C57BL/6J mice (age 8–10 weeks; weight 18–20 g) were prepared for this experiment and were randomly divided into three groups (n=7/group): the control group, the tacrolimus (FK506) group and the FK506+GW4064 (a FXR agonist) group. The control group was given normal saline solution (1 mg/kg/day), the FK506 group received FK506 (1 mg/kg/day, Sigma-Aldrich, USA, No. F4679) in diluent (10% ethanol in sunflower oil) and the FK506+GW4064 group was given FK506 (1 mg/kg/day) and the FXR agonist GW4064 (30 mg/kg/day, MedChemExpress China, Shanghai, China, No. HY-50108). All three groups were intragastrically administered the treatments once a day for 3 months. Body weights were measured once a month at 09:00 a.m., and fasting blood glucose concentrations were measured by glucometer every day at 4:00 p.m. Mice were sacrificed through rapid cervical dislocation. Blood samples were immediately collected by venipuncture from the portal vein in tubes with appropriate anticoagulant (ethylenediaminetetraacetic acid; EDTA) for plasma. The tissues were quickly dissected and washed with ice-cold saline solution. Then, they were frozen in liquid nitrogen and stored at −80 °C for further analyses.

**Cell experiment and study design**

To test if the FXR is involved in tacrolimus-induced diabetes mellitus, we purchased human renal cortex proximal tubule epithelial (HK-2) cell lines (Stem Cell Bank of the Chinese Academy of Sciences, No. CRL-2190TM) and divided them into three groups: (1) the control group: HK-2 cells were cultured routinely with dimethyl sulfoxide (DMSO) solution (Sigma-Aldrich, USA, No. 34869-100ML); (2) the FK506 group: HK-2 cells were

**Conclusions:** FXR activation may mitigate tacrolimus-induced diabetes mellitus by regulating gluconeogenesis as well as glucose uptake of renal cortex proximal tubule epithelial cells in a PGC1α/FOXO1-dependent manner, which may be a potential therapeutic strategy for the prevention and treatment of PTDM.

**Keywords:** Post-transplant diabetes mellitus, FXR, Glycometabolism, Tacrolimus, Kidney
treated with 15 μmol/L FK506 (Sigma-Aldrich, USA, No. F4679) for 24, 48 and 72 h; and (3) the GW4064 group: HK-2 cells were treated with 4 μmol/L GW4064 for 24, 48 and 72 h. We collected all cell samples for mRNA and protein detection.

Construction of a mammalian expression plasmid of human FXR
Human FXR cDNA was generated by PCR using the RevertAid RT Reverse Transcription Kit (Thermo Scientific, USA, No. K1691). The primers were 5′-ATA AGA ATG CGG CCG CAT GGG ATC AAA AAT GAA TCT CAT TGA -3′ (forward) with a NotI site and 5′-CGC GGA TCC CTG CAC TGC CCA GAT TTC ACA GAG AAG -3′ (reverse) with a BamHI site. After the plasmid was cut by NotI and BamHI, the PCR product (1431 bp) containing the full-length FXR cDNA was subcloned into the pHAGE-puro (Addgene, No. 118692) plasmid vector, which was referred to as pHAGE-puro-FXR. HK-2 cells were transfected with pHAGE-puro-FXR for 48 h in transient transfection assays. Real-time PCR, western blot and immunofluorescence analyses were used to identify the expression of FXR. Its downstream genes were detected by real-time PCR and western blots.

RNA interference
The control non-specific small interfering RNA and FXR siRNAs were designed by Guangzhou RiboBio Co. Ltd. Transfection of siRNA was implemented according to the protocol provided by the manufacturer. The cell line HK-2 was chosen for the RNA interference. The control group was dealt with non-specific siRNA and the FXR knockdown groups were disposed with FXR siRNA. The nucleotide sequences of FXR siRNAs were: si-FXR primer: GAA GAG GUA UUG AAU GCU A. After transfection with 50 nM siRNA for 48 h, the HK-2 cells were collected and processed for quantitative real-time PCR.

Western blot analysis
Total protein lysates were prepared by kidney tissue homogenization using radio immunoprecipitation assay (RIPA) lysis buffer. Protein concentration was measured by bicinchoninic acid (BCA) kits (Biosharp Life Sciences Co., Ltd., No. BL521A). Equivalent amounts of protein (80 μg/lane) were separated by 8–12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) (SDS-PAGE kits, Wuhan Google Biotechnology Co., Ltd., No. G2003) for electrophoresis and then transferred to nitrocellulose membranes. After the membranes were blocked with 5% (w/v) nonfat milk powder in Tris-buffered saline, then membranes were incubated overnight at 4 °C with FXR antibody (Abcam. No. ab58559). Protein bands were visualized using an electrochemiluminescence (ECL) method (ECL Kits; Wuhan Servicebio Biotechnology). Quantification of protein bands was carried out with ImageJ software.

In addition, we extracted the nuclear and cytoplasmic proteins in the mouse kidney cells and used western blotting with the same procedure as above to detect the different protein levels of peroxisome proliferator activated receptor γ coactivator-1α (PGC1α) and forkhead box O1 (FOXO1) in the nucleus and cytoplasm (primary antibody: PGC1α: Proteintech, Wuhan, China, No. 66369-1-lg; FOXO1: Boster Biological Technology, USA, No. BM4249).

Real-time PCR
Total RNA samples from mouse kidneys and human cells were extracted and the cDNA was synthesized. Additional file 1: Table S1 shows the primer and target sequences used in this study.

Immunofluorescence
Immunofluorescence was carried out on free floating sections cut on a freezing microtome at 40 μm using goat anti-FXR antibody (Abcam. No. ab58559), rabbit anti-FOXO1 antibody (Boster Biological Technology, USA, No. BM4249) and mouse anti-PGC-1α antibody (Proteintech, Wuhan, China, No. 66369-1-lg). Stained slides were visualized using light microscopy and were photographed at 10× magnification. ImageJ software was used to quantify FOXO1 and PGC-1α content and represented the integrated density. Average integrated density values were calculated in square pixels and converted to square micrometers.

Statistical analysis
All statistical analyses were carried out using SPSS version 17.0. Data are presented as the mean ± standard deviation (SD). Differences within groups were evaluated with ANOVA followed by Bonferroni correction for Student’s t test. A value of P<0.05 was considered statistically significant.

Results
GW4064 could relieve the tacrolimus-induced blood glucose elevation
Tacrolimus can induce an increase in glucose. To test whether FXR can alleviate tacrolimus-related glucose increases, we treated mice with FK506 + GW4064. We upregulated the expression of FXR to explore its effect in vivo. We found that the blood glucose levels of mice treated with GW4064 + FK506 were lower than those of the single FK506 group (P<0.05), but the weights between the two groups were not different (Fig. 1a, b). Surprisingly, kidney damage in the GW4064 group was...
not improved compared with FK506 group (Fig. 1c). Meanwhile, we detected the relative gene expression, and we found that compared with the mice in FK506 group, the mRNA expression of small heterodimer partner-1 (SHP-1) and glucose transporter 2 (GLUT2) was upregulated and phosphoenolpyruvate carboxykinase (PEPCK) expression was inhibited in FK506 + GW4064 group (P < 0.05) (Fig. 2).

**FXR regulation of glucose metabolism was related to the translocation of PGC1α and FOXO1**

To test the mechanism underlying the FXR effect in the FK506-induced blood glucose increase, we used immunofluorescence to detect the location of PGC1α and FOXO1 in the nucleus and cytoplasm. We found that PGC1α and FOXO1 were mostly localized in the nucleus of mouse kidney cells treated with FK506, while these two proteins were mainly localized in the cytoplasm of the FK506 + GW4064 group (Fig. 1d–k). Western blot detection confirmed that PGC1α and FOXO1 were mainly expressed in the nucleus after treatment with FK506. In contrast, the expression of the two proteins was concentrated in the cytoplasm in the FK506 + GW4064 groups. These results showed that FXR promoting glucose stabilization contributes to the translocation of PGC1α and FOXO1 from the nucleus to the cytoplasm.

**Tacrolimus inhibited glucose metabolism**

Previous studies have reported that tacrolimus can disrupt glucose metabolism. However, the mechanism of how tacrolimus interacts with glucose metabolism has not yet been assessed. We analyzed FXR expression in HK-2 cells incubated with FK506 by qPCR and western blots (P < 0.05) (Fig. 3a–c). We predicted that FK506 inhibits glucose metabolism via FXR. As expected, the mRNA expression of SHP-1 and GLUT2 was decreased by FK506. In addition, the mRNA expression of PEPCK was increased (P < 0.05) (Fig. 3d–f).

To assess whether tacrolimus disrupts glucose metabolism in vivo, we treated mice with FK506 via intragastric administration for 3 months. We found that blood glucose in the FK506 group was substantially higher than...
that in the control group \((P<0.05)\) (Fig. 1a). Although the change in weight was not significant (Fig. 1b), the high level validated the strong effect of FK506 in glucose metabolic disorder. Moreover, we confirmed that FK506 can induce kidney damage, especially to the glomerulus, using HE staining (Fig. 1c). To determine whether FXR was also inhibited, we detected related genes in the mouse kidneys. The results showed that FXR, SHP-1 and GLUT2 gene expression was decreased and the mRNA level of PEPCK was elevated in the FK506 group \((P<0.05)\) (Fig. 2).

**FXR activation induced glucose metabolism**

To study the mechanisms underlying the regulation of glucose metabolism by FXR, we used HK-2 cells incubated with GW4064 to detect the relative mRNA and protein levels. We found that when FXR was upregulated, it induced the expression of SHP-1 \((P<0.05)\). Moreover, FXR activation inhibited the key gluconeogenesis enzyme PEPCK and promoted the glucose uptake gene GLUT2 \((P<0.05)\), indicating FXR improves glucose metabolism and decreases glucose in plasma (Fig. 4a–f).

In addition, we inhibited the expression of FXR with RNA interference to testify the relation among FXR and genes of glucose metabolism further. When we detected the mRNA expression of genes related to glucose metabolism, we found that knocking out FXR obviously decreased SHP-1 and GLUT2 mRNA expression \((P<0.05)\), while the expression level of PEPCK was significantly promoted \((P<0.05)\) (Fig. 4g–j). Then, we used transient transfection assays to promote the expression of FXR in HK-2 cell lines. By testing the mRNA and protein expression of FXR as well as immunofluorescence analysis of FXR expression in the experimental cell lines, we confirmed that transfecting pHAGE-puro-FXR in the cell lines prominently enhanced the expression of FXR \((P<0.01)\), especially in the cytoplasm (Fig. 5a–d). Similar to the GW4064 incubation, high expression of FXR in transfected HK-2 cell lines also significantly improved SHP-1 and GLUT2 mRNA expression \((P<0.05)\), whereas

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**Fig. 2** The FXR agonist GW4064 inhibited gluconeogenesis and promoted glucose uptake after FK506 treatment in mice for 3 months. a-c Compared with that of the FK506 group, there was an obvious increase in FXR for the FK506+GW4064 group at the mRNA and protein levels. d Like FXR, SHP1 was downregulated with FK506 treatment and was promoted with FK506+GW4064 at the mRNA level. e After FK506 was administered at a dose of 1 mg/kg/day to the C57BL/6j mice for 3 months, the mRNA levels of PEPCK obviously increased at the end of the third month compared with those of the control group, and the FXR agonist GW4064 downregulated PEPCK at the mRNA level. f The uptake protein GLUT2 was significantly downregulated at the mRNA level by GW4064 under FK506 treatment. Data are presented as the mean±SD \((n=7)\).

\*\(P<0.05\) vs. the control group, \#\(P<0.05\) vs. the FK506 group.
PEPCK mRNA expression was obviously decreased ($P < 0.05$) (Fig. 5e–g).

**Discussion**

CNIs lead to PTDM mainly by injuring pancreatic beta-cells and may affect glucagon synthesis by alpha-cells [16]. Particularly, tacrolimus was also related to insulin resistance in various organs, such as liver and muscle [17]. Besides, it is reported that FK506 can increase lipolysis, inhibit lipid storage and decrease the expression of lipogenic genes in human adipose tissue [18] and a randomized crossover trial shows that treatment with FK506 impairs insulin sensitivity [19]. These researches demonstrate that tacrolimus can induce glucose increase, which is an independent risk factor of PTDM [20]. However, few reports have shown that gluconeogenesis and glucose uptake also play an important role in maintaining blood glucose balance. Disruption of gluconeogenesis and glucose transport could be an underlying mechanism of PTDM. The kidney is an important organ in systemic glucose metabolism, except that in the liver. Therefore, in this study, we focused on gluconeogenesis and glucose uptake in the kidney under tacrolimus conditions. We suggest that the novel mechanism is unique to tacrolimus-induced dysglycemia: both in vitro and in vivo, tacrolimus inhibits the expression of FXR and then induces gluconeogenesis and prohibits glucose uptake by increasing PEPCK expression and downregulating GLUT2 expression.

FXR has been reported to play a significant role in nutritional metabolism [21]. Zhang et al. [12] confirmed that FXR knockout cause mild glucose intolerance and insulin insensitivity in mice. Other researches found that fasted FXR$^{-/-}$ mice show an age-dependent growth in plasma glucose levels [22]. Furthermore, bile acid taurochenodeoxycholate can induce insulin secretion with activation of FXR and FXR can regulate insulin transcription and secretion via FXR-Kruppel like factor 11 (KLF11) pathway [23, 24]. These researches suggest that FXR have an essential role on glucose metabolism and may be a potential treatment target in PTDM. The kidney is one of the main organs that highly expresses FXR. In our study, activated FXR in renal cells increased the expression of PEPCK, which is a key enzyme in gluconeogenesis. Many studies have claimed that FXR represses gluconeogenesis via repression of PEPCK and G6Pase [11]. However, PEPCK expression was reduced in FXR-deficient mice after fasting and refeeding in another study [25]. The reasons for this discrepancy are not clear but probably depend on the model systems used and the nutritional status. Recent studies have indicated that FXR can regulate insulin signaling by inducing the relocation of GLUT2 in β-cells [26]. Thus, we also measured the transcription and expression of glucose transporters in the kidney, such as GLUT2. GLUT2 expression
was improved after treatment with GW4064 and FXR transfection in HK-2 cells. Furthermore, when we knock out the FXR, we found the expression of PEPCK was improved and GLUT2 was restrained, which is in accordance with the previous experiment. According to our results, we suggest that FXR has an effect on hypoglycemia by restraining renal gluconeogenesis and promoting glucose uptake.

FOXO1 and PGC-1α are two transcriptional components that are targets of insulin signaling and can activate gluconeogenesis [27]. FOXO1 was reported to directly bind to the promoters of gluconeogenic genes, which can activate glucose production [28, 29]. Nakae et al. [30] found that FOXO1 is directly phosphorylated by Akt, which results in the removal of FOXO1 from the nucleus. PGC-1α is a coactivator and at physiological levels, it initiates gluconeogenesis [31]. In addition, Sasaki et al. [32] showed that both insulin signaling and glucose reabsorption inhibit gluconeogenic genes, such as PEPCK, by inactivation of FOXO1 and PGC-1α, respectively. As our study suggests that FXR suppresses gluconeogenesis and promotes glucose uptake via PEPCK and GLUT2, respectively, we speculate that FXR may inhibit FOXO1 and PGC-1α via inducing the expression of SHP-1 to bind with the promoter of gluconeogenic genes by inducing them to transfer to the cytoplasm, which restrains the transcription of gluconeogenic genes and has a hyperglycemic effect.

Fig. 4 FXR suppressed gluconeogenesis and enhanced glucose uptake in the HK-2 cell lines. a, b The protein expression of FXR was obviously upregulated by GW4064 at 24, 48 and 72 h in the HK-2 cell lines. GW4064 at 4 µM inhibited the mRNA level of FXR (c) and promoted the mRNA expression of SHP1 (d) and GLUT2 (f) at the same time. e The mRNA level of PEPCK was obviously inhibited by GW4064 treatment for 24, 48 and 72 h. g The mRNA expression of FXR was inhibited by si-FXR at 50 nM. The mRNA expression of SHP-1 (h) and GLUT2 (i) were obviously inhibited when FXR was knocked out and the PEPCK (j) mRNA expression level was promoted at the same time. Data are presented as the mean ± SD (n = 3 per group). *P < 0.05 vs. the control group.
We observed that tacrolimus induced the expression of gluconeogenic genes in the kidneys of diabetic mice, which is consistent with many reports that tacrolimus can induce insulin resistance [33] and that GLUT2 gene expression is also downregulated by tacrolimus. This finding suggests that the dysfunction of glucose reabsorption in the kidney induced by tacrolimus is also one of the causes of PTDM. A study claimed that the mRNA and protein levels of GLUT2 in the gut did not change significantly after tacrolimus administration. Thus, the researchers believed that the enhancement of intestinal glucose transport resulted from increased expression of the glucose transporter SGLT1 [34]. This finding may be due to different organ functions, and the sensitivity to tacrolimus may be inconsistent in different organs. Lopes et al. [35] observed a negative regulator of insulin in the liver of a cyclosporin-treated group, which indicates that gluconeogenesis was enhanced and insulin resistance was increased.

FXR is reported as a homeostat in glucose metabolism, whose hypoglycemic effect relies on repression of gluconeogenesis and promotion of glucose uptake. We upregulated FXR by a GW4064 agonist in vivo and showed that activating FXR in the kidney can antagonize the hyperglycemia of FK506. Furthermore, we analyzed the mechanism underlying the development of tacrolimus-induced PTDM and how FXR regulates glucose metabolism in the kidney. As shown by immunofluorescence images, tacrolimus suppressed FOXO1 and PGC-1α transport to the cytoplasm, and FXR can induce the translocation of FOXO1 and PGC-1α from the nucleus to the cytoplasm via activating the SHP-1, which can limit the genes related to gluconeogenesis transcription. These results can explain the regulation of gluconeogenesis. However, how FXR and tacrolimus regulate GLUT2 in the kidney still requires further research.

**Conclusion**

Taken together, our results demonstrated that FXR activation decreases renal gluconeogenesis and increases glucose uptake in the kidney, whereas tacrolimus can induce hyperglycemia, which has opposite effects on gluconeogenesis and glucose uptake. Thus, activated FXR induced by GW4064 could significantly suppress the effect of tacrolimus and reduce the expression of gluconeogenesis genes and the glucose transporter GLUT2 by changing the location of FOXO1 and PGC-1α from the nucleus to the cytoplasm in the kidney. This finding suggests that FXR activation may be a new target for the prevention and treatment of diabetes and glucose disorders after transplantation.
Supplementary information

Supplementary information accompanies this paper at https://doi.org/10.1186/s12967-019-02170-5.

Additional file 1. The primers and target sequences in RT-PCR.

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Authors’ contributions

LL supported the main conception and design work of this manuscript and was a contributor in writing the manuscript. HZ supported a part of design and performed the animal experiment and cell experiment and was a contributor in writing the manuscript. BC acquired and analyzed the western blot and qPCR data. ZF performed the animal experiment and cell experiment and was a contributor in writing the manuscript. NL revised the manuscript and contributed cell experiment design. JY contributed cell and animal experiment design and acquired the data of immuno-fluorescence. QY contributed the animal experiment design and revised the manuscript. All authors have agreed both to be personally accountable for their own contributions and ensured that questions related to the accuracy or integrity of any part of the work. All authors read and approved the final manuscript.

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Availability of data and materials

All data generated or analysed during this study are included in this published article and its Additional file.

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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