Double orifice mitral valve: A rare cause of isolated severe congenital mitral regurgitation

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ABSTRACT

Double orifice mitral valve (DOMV) is a rare congenital anomaly of the mitral valve apparatus consisting of an accessory bridge of fibrous tissue, which partially or completely divides the mitral valve into two orifices. It usually occurs as an associated lesion. Encountering a DOMV as an isolated finding meriting intervention is indeed rare. We, here, report a case of “complete bridging type DOMV” occurring as an isolated entity and presenting as severe congenital MR requiring surgery.

Keywords: Congenital mitral regurgitation, congenital mitral valve disease, double orifice mitral valve

INTRODUCTION

Double orifice mitral valve (DOMV) is a rare congenital anomaly of the mitral valve apparatus consisting of an accessory bridge of fibrous tissue, which partially or completely divides the mitral valve into two orifices. It was first described in 1876.¹ Functionally, the mitral valve may behave normally or result in mitral regurgitation (MR) or stenosis.

The classification of DOMV, based on echocardiographic imaging, was proposed by Trowitzsch et al.,² which divided DOMV into three different types: (1) hole type (accessory orifice surrounded by leaflet tissue that may have a chordal ring), (2) complete bridging (fibrous bridge in the plane of the mitral valve sails, dividing the mitral valve opening into two parts that may be equal or unequal), and (3) incomplete bridging (small strand of fibrous tissue connects only the tips of the anterior and posterior leaflets).

DOMV rarely occurs as an isolated anomaly; rather, it is commonly associated with a variety of cardiac anomalies such as atrioventricular septal defects, coarctation of the aorta, bicuspid aortic valve, sinus venosus atrial septal defect, ventricular septal defect, patent ductus arteriosus, hypoplastic left heart syndrome, double orifice tricuspid valve, tetralogy of Fallot, Ebstein’s anomaly, and Shone’s complex.³ In the largest reported series of DOMV, only 3 of the 46 patients were found to have isolated DOMV, and in none of the three, it was clinically significant to warrant surgical intervention.⁴ Encountering a DOMV as an isolated finding meriting intervention is indeed rare. We, here, report a case of “complete bridging type DOMV” occurring as an isolated entity and presenting as severe congenital MR requiring surgery.

CASE REPORT

Our patient was a 10-year-old female who presented to us with complaints of cough, inadequate weight gain, dyspnea on exertion, and easy fatigability. She had
been evaluated before elsewhere and was diagnosed to have severe MR. Echocardiography at our center revealed the following: situs solitus, levocardia, normal systemic and pulmonary venous drainage, intact interatrial and interventricular septum, and concordant atrioventricular and ventriculoarterial connections. There was severe MR, with a suspicion of DOMV; further, the mitral leaflets were mildly thickened and the annulus was dilated to 40 mm. Left atrium (LA) and left ventricles were dilated. There was moderate tricuspid regurgitation (TR) with peak gradient of 48 mm of mercury (mmHg). Left ventricular (LV) systolic function was moderately depressed and was measured to be 33%. Note was made of mild noncompaction of the left ventricle. A chest X-ray was done that revealed moderate cardiomegaly [Figure 1].

After counseling, the patient was taken up for surgery. The mitral valve was approached transseptally. At operation, the diagnosis of DOMV was confirmed [Figure 2] and a note was also made of significantly dilated LA.

One of the orifices of the DOMV corresponded to the expected mitral size, and thus, the accessory opening was closed by two layers of monofilament sutures. The left atrial appendage was closed from within by a circumferential suture, and LA reduction was done by a running plicating suture between the right and left pulmonary veins. Limited annuloplasty was done using a strip of Polytetrafluoroethylene (PTFE) felt. On saline testing, slight leak of fluid was noted; but, the leaflets were felt to have decent excursions. Given the age of the patient, the leak was accepted.

She was extubated on the first postoperative day (POD) to oxygen by face mask. In view of increased work of breathing, a BiPAP mask was continued for the next 3 days, graduating to room air on 5th POD. Inotropic support was in the form of adrenalin (0–3 days) and dobutamine (0–5 days) in view of ventricular dysfunction. Enalapril was added for its afterload-reducing effect.

She was shifted out to ward on 6th POD and discharged from the hospital on 9th POD. Her predischarge echo showed good mitral valve opening and an annulus of 28.5 mm, there was mild flow acceleration across it with a mean gradient of 3 mmHg, there was mild to moderate MR, and TR gradient was 37 mmHg with a mild LV dysfunction of 43% [Figure 3].

She remained asymptomatic at 2 weeks after discharge and has been advised to remain in follow-up.

**DISCUSSION**

The term DOMV was introduced by Rosenberg and Roberts. In this anomaly, the valve leaflets of the two orifices are supported by chordae tendineae, thus distinguishing it from fenestrations in the valve leaflets, which lack chordal support. Even though more than 200 cases have been reported, a DOMV is usually detected as an associated finding. Patients with DOMV unassociated with other cardiac anomalies are very rare and usually live a healthy life, although some of them may develop acquired mitral stenosis or MR.

No intervention is necessary if the mitral valve is competent without mitral stenosis or MR. The type of
operation should depend on the anatomic abnormality in the mitral valve apparatus. In many patients, the valve may be amenable to repair and reconstruction procedures.

Perhaps because it is infrequently encountered, multiple strategies have been adopted in the correction of DOMV ranging from Balloon mitral valvotomy (BMV)\cite{9,10} to valve repair to even mitral valve replacement (MVR).\cite{11,12}

Whereas BMV and MVR are usually restricted to specific subgroups of patients – pliable stenotic valve and older patients, respectively – variety of repair techniques have been reported in the literature.

The various techniques used to treat a DOMV started with “division of bridging tissue and cleft suture” in perhaps the first reported case of DOMV where it was a part of endocardial cushion defect.\cite{13} The other techniques include, to name a few, “division of the fibrous bar and valve reconstruction by cleft suture and leaflet expansion,”\cite{14} use of artificial chordae,\cite{8} and “edge-to-edge” repair.\cite{15}

In our case, we discovered that one of the larger orifices was of adequate size for the given weight and age of our patient, and also, we were aware of the opinion by Baño-Rodrigo et al. associates that the tissue bridge is responsible for keeping the valve competent\cite{16} and hence should not be divided; therefore, we proceeded with closure of accessory orifice supplemented by mitral valve annuloplasty.

In short, valvular heart disease remains a complex issue in pediatric population, and given the long remaining life span, a conservative approach to salvage a valve merits consideration. DOMV appears amenable to repair, although if it will last, at least through the most productive years of a life, remains to be seen in follow-up.

**Declaration of patient consent**

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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**Conflicts of interest**

There are no conflicts of interest.

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