Behavioral and Neural Variability of Naturalistic Arm Movements

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Abstract

Motor behaviors are central to many functions and dysfunctions of the brain, and understanding their neural basis has consequently been a major focus in neuroscience. However, most studies of motor behaviors have been restricted to artificial, repetitive paradigms, far removed from natural movements performed “in the wild.” Here, we leveraged recent advances in machine learning and computer vision to analyze intracranial recordings from 12 human subjects during thousands of spontaneous, unstructured arm reach movements, observed over several days for each subject. These naturalistic movements elicited cortical spectral power patterns consistent with findings from controlled paradigms, but with considerable neural variability across subjects and events. We modeled interevent variability using 10 behavioral and environmental features; the most important features explaining this variability were reach angle and day of recording. Our work is among the first studies connecting behavioral and neural variability across cortex in humans during unstructured movements and contributes to our understanding of long-term naturalistic behavior.

Key words: electrocorticography; naturalistic neuroscience; spectral power

Significance Statement

Understanding the neural basis of human movement has long been a key focus in neuroscience. However, researchers often study constrained, monotonous tasks that differ greatly from the rich and diverse natural movements we actually make. Here, we use data-intensive computational approaches to reveal patterns in neural activity underlying naturalistic human arm movements. While such movements match previous experimental findings on average, there is substantial neural variability from one movement to the next. We partially explain this variability by aspects of the movement observed, though much variability remains unaccounted for. Our study sheds light on how the brain generates natural arm movements and emphasizes the critical need to study brain activity in more unstructured settings that mimic daily life.

Introduction

Natural human movements are remarkable in their complexity and adaptability, relying on precisely coordinated sensorimotor processing in several cortical regions (Miller et al., 2007; Truccolo et al., 2008; Kalaska, 2009; Sober et al., 2018). Much of our understanding on the neural basis of human upper-limb movements has been gained by studying constrained, repetitive movements in the laboratory, using paradigms such as the center-out reaching task (Leuthardt et al., 2004; Georgopoulos et al., 2007; Schalk et al., 2008; Wang et al., 2012; Nakanishi et al., 2018).

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Center-out reaching is an elegant method for investigating the neural basis of movement, but it remains unclear how well its findings generalize to the spontaneous, unstructured actions observed in the real world (Fried et al., 2017; Umeda et al., 2019). Studies have enhanced the realism of experimental reaching paradigms by incorporating self-cued and less restrictive movements (Romo and Schultz, 1987; Lee and Assad, 2003; Jackson et al., 2007; Kornhuber and Deecke, 2016), but few studies have focused on completely unstructured, naturalistic human movements recorded outside of defined laboratory paradigms. Focusing on such naturalistic behavior enriches our understanding of the relationship between motor behavior and cortical activation (Dastjerdi et al., 2013) and motivates development of robust brain–computer interfaces to restore impaired movement and sensation across diverse contexts (Taylor et al., 2002; Schalk et al., 2008; Gilja et al., 2011; Omedes et al., 2018; Wilson et al., 2019).

Intracranial electrophysiological recordings offer a unique view into the neural correlates of human behavior. These recordings, obtained using electrocorticography (ECoG), contain physiologically relevant spectral power patterns corresponding to a variety of behaviors (Pistohl et al., 2008; Gunduz et al., 2011; Takaura et al., 2016; Anumanchipalli et al., 2019; Miller, 2019). ECoG recording electrodes are implanted on the cortical surface, beneath the skull and dura; these signals are thus cleaner and less susceptible to artifact contamination than signals from electroencephalography (EEG; Ball et al., 2009). Although implanting ECoG electrodes is an invasive neurosurgical procedure, the recordings are highly informative and have a combination of high spatial and temporal resolution not found in other human neuroimaging or neural recording modalities (Jacobs and Kahana, 2010; Schalk and Leuthardt, 2011; Kanth and Ray, 2020).

During instructed upper limb movements, ECoG spectral power in frontoparietal cortical areas, particularly over sensorimotor cortex, has been shown to transiently increase at high frequencies and decrease at low frequencies (Miller et al., 2007; Pistohl et al., 2012; Talakoub et al., 2015, 2017). Similar spectral power changes have also been observed in EEG and local field potential recordings across a wide variety of movement behaviors (Milekovic et al., 2015; Ofori et al., 2015; Tan et al., 2016; Chung et al., 2018; Peterson and Ferris, 2018). An important attribute of ECoG recordings is that the patients are being continuously monitored over long periods of time, often approximately a week, providing unique opportunities to collect long-term datasets during unconstrained, unstructured movements (Chao et al., 2010; Vansteensel et al., 2013; Wang et al., 2016, 2018; Alasfour et al., 2019; Gabriel et al., 2019). However, the behavioral and neural variability of such spontaneous, naturalistic movements remains unexplored.

Analyzing naturalistic data presents formidable challenges, but recent innovations in data science make it possible to extract meaningful findings from increasingly complex, including naturalistic and opportunistic, datasets (Brunton and Beyeler, 2019). Without prior experimental design or direct behavioral measurements, a critical first step in analyzing naturalistic data had previously been laborious manual annotation of behavior. Such tedious labeling severely limits the amount of usable data and is prone to subjective error. Fortunately, recent advances in computer vision and machine learning have enabled substantial automation of the analysis and quantification of naturalistic behaviors (Anderson and Perron, 2014; Berman, 2018; Brown and de Bivort, 2018; Mathis et al., 2018; Datta et al., 2019). Even so, making sense of annotated behavior remains challenging in the absence of a controlled experimental paradigm. There are often many possible ways to characterize behavioral features, making it challenging to select ones that are objective and neurally relevant. Fortunately, previous upper-limb movement studies have identified several neurally relevant behavioral features that can be obtained without subjective, manual identification. Such behavioral features include the angle, duration, magnitude, and velocity of the movement as well as whether or not the movement was bimanual (Donchin et al., 2002; Heldman et al., 2006; Ebner et al., 2009; Mooshagian et al., 2018). Based on previous research (Dumas et al., 2010; Derix et al., 2012), we were also motivated to consider the effects of social interaction on neural activity. Finally, ECoG recordings are nonstationary (Klosterman et al., 2016; Yang et al., 2017), so we considered how movement-related neural activity varied over several hours and across recording days.

In this article, we analyzed opportunistic, clinical intracranial recordings from 12 human subjects across 3–5 d each as we observed their naturalistic spontaneous arm movements. We developed an automated approach to identify and characterize thousands of spontaneous arm movements, enabling scalable analysis of video that was acquired simultaneously with the intracranial recordings. We characterized the variability of both naturalistic upper-limb reaching movements and the corresponding changes in cortical spectral power. Based on findings from controlled experiments, we hypothesized that naturalistic reaches would be associated with transient low-frequency power decreases and high-frequency power increases, localized to frontoparietal sensorimotor cortices (Miller et al., 2007; Talakoub et al., 2017). We also assessed the variability of these event-related spectral power fluctuations and performed regression to partially explain this neural activity using behavioral features.
Materials and Methods

Subject information

We analyzed opportunistic clinical recordings from 12 subjects (8 males, 4 females) during their clinical epilepsy monitoring. Subjects were (mean ± SD) 29.4 ± 7.9 years old at the time of recording. Our study was approved by the University of Washington Institutional Review Board for the protection of human subjects. All subjects provided written informed consent.

We selected subjects who had ECoG electrode coverage near primary motor cortex, with either one 8 × 8 or two 4 × 8 electrode grids placed subdurally on the cortical surface. Additional electrodes were implanted on the cortical surface for some subjects, resulting in 87.0 ± 12.9 total surface electrodes per subject (mean ± SD). In addition, five subjects had 23.2 ± 12.1 intracortical depth electrodes (mean ± SD). Electrodes were implanted primarily within one hemisphere for each subject (five right hemisphere, seven left hemisphere). Single-subject electrode placement and recording duration information are given in Extended Data Figure 1-1.

Data collection

Subjects underwent 24 h clinical monitoring, involving semicontinuous ECoG and audio/video recordings over 7.4 ± 2.2 d per subject (mean ± SD). Some breaks occurred throughout monitoring [on average, 8.3 ± 3.2 total breaks per subject, each lasting 1.9 ± 2.4 h (mean ± SD)]. For all subjects, we restricted our analysis to days 3–7 following the electrode implantation surgery, to exclude potentially anomalous neural and behavioral activity immediately following electrode implantation surgery. For several subjects, some days were excluded because of corrupted or missing data files, as noted in Extended Data Fig. 1-1. During clinical monitoring, subjects were observed during a variety of typical everyday activities, such as eating, sleeping, watching television, and socializing while confined to a hospital bed. ECoG and video were initially sampled at 1000 Hz and 30 frames per second, respectively. Figure 1 shows an example of the clinical monitoring setup, along with our data-processing pipeline.
ECOg data processing

We processed the raw ECOG data using custom MNE-Python scripts (Gramfort et al., 2013). First, we removed DC drift by subtracting the median voltage of each electrode. Widespread, high-amplitude artifacts were then identified by abnormally high electrode-averaged absolute voltage (interquartile range (IQR), >50). We set these artifacts to 0, along with all data within 2 s of each identified artifact. Removing such high-amplitude discontinuities minimizes subsequent filtering artifacts because of large, abrupt changes in the signal (Gibbs, 1899).

With data discontinuities removed, we bandpass filtered the data (1–200 Hz) and notch filtered to minimize line noise at 60 Hz and its harmonics. The data were then resampled to 500 Hz and referenced to the common median for each grid, strip, or depth electrode group. Electrodes with bad data were identified based on abnormal SD (IQR, >5) or kurtosis (IQR, >10) compared with the median value across channels. This process resulted in the removal of 4.9 ± 4.9 surface electrodes per subject and 1.0 ± 1.4 depth electrodes for each of the five subjects with depth electrodes.

Electrode positions were localized using the Fieldtrip toolbox in MATLAB (Oostenveld et al., 2011; Stolk et al., 2018) to enable multisubject analyses. This process involved coregistering preoperative MRI and postoperative computed tomography scans, manually selecting electrode positions in 3D space, and warping electrode positions into Montreal Neurological Institute (MNI) space.

Movement event identification and pruning

We performed markerless pose estimation on the raw video footage separately for each subject to determine wrist positions (Fig. 1a). First, for each subject, we manually annotated 1000 random video frames with the 2D positions of the following nine key points: the subject’s nose, ears, wrist, elbows, and shoulders (https://tinyurl.com/human-annotation-tool). Video frames were randomly selected across all days, with preference given to frames during active, daytime periods. Note that these annotated frames comprised 0.01% of all video frames for each subject, demonstrating the infeasibility of annotating all video frames by hand. These manually annotated frames were used to train a separate neural network model for each subject using DeepLabCut (Mathis et al., 2018). Each model was then applied to every video for that subject to generate estimated wrist trajectories.

Movement states were identified by applying a first-order autoregressive hidden semi-Markov model to each wrist trajectory. This state segmentation model classified the wrist trajectory into either a move or rest state. For this study, we focused on movements of the wrist contralateral to the implanted hemisphere. Contralateral wrist states were then discretized, and movement initiation events were identified at state transitions where 0.5 s of rest states are followed by 0.5 s of move states (Singh et al., 2020).

After identifying movement initiation events, we coarsely labeled the video data manually (~3 min resolution) and excluded arm movements during sleep, unrelated experiments, and private times (as specified in our Institutional Review Board protocol). In addition, we only retained movement events where (1) movement durations were between 0.5–4 s; (2) the confidence scores from DeepLabCut were >0.4, indicating minimal marker occlusion; and (3) wrist movements followed a parabolic trajectory, as determined by a quadratic fit to the wrist’s radial movement ($R^2$ >0.6). We found that this quadratic fit criteria eliminated many outliers with complex movement trajectories and improved the interpretability of our subsequent analyses (Polyakov et al., 2009). For each day of recording, we selected up to 200 events with the highest movement-onset velocities. Finally, all movement initiation events were visually inspected, and events with occlusions or false-positive movements were removed (17.8 ± 9.9% of events [mean ± SD]).

ECOg–event synchronization and segmentation

We used time stamps accompanying clinical recordings to synchronize movement initiation events with ECOG recordings and generated 10 s ECOG segments centered around each event. ECOG segments with missing data and large artifacts, such as line noise, were removed by computing log-transformed spectral power density for each segment and discarding segments with power $<$0 dB or with abnormally high power at 115–125 Hz ($>$3 SDs) compared with all segments. With these bad ECOG segments removed, we computed log-transformed time–frequency spectral power using Morlet wavelets (Debnath and Shah, 2015). Power at each segment was then baseline subtracted, using a baseline defined as 1.5–1 s before each movement initiation event.

Projecting power into regions of interest

Because electrode placement was clinically motivated and varied greatly across subjects, we projected the spectral power computed at every electrode into common regions of interest (ROIs) defined by the AAL (automated anatomical labeling) atlas (Tzourio-Mazoyer et al., 2002). Before projection, to combine all subjects, all right hemisphere electrode positions were flipped into the left hemisphere. Using EEGLAB and MATLAB, we mapped from electrodes to small, predefined brain regions by positioning a three-dimensional Gaussian (2 cm full-width at half-maximum) centered at each electrode position and calculating the value of the Gaussian at each small region (Delorme and Makeig, 2004; Bigdely-Shamlo et al., 2013; Peterson et al., 2018). The values across small regions were combined based on the AAL region boundaries, providing a mapping between each electrode and AAL region based on radial distance. We performed this projection procedure separately for each subject.

By summing the weights from these mappings across electrodes, we estimated the electrode density for each AAL region. We retained regions with an average electrode density $>$3 across subjects, resulting in the following eight ROIs: middle frontal, precentral, postcentral, inferior parietal, supramarginal, superior temporal, middle
temporal, and inferior temporal (see Fig. 3). These eight ROIs represent where most of the electrodes were located across subjects. We then normalized the weights for each ROI so that they summed to 1. These normalized weights were used to perform a weighted average of electrode-level spectral power for every ECoG segment, generating a spectral power estimate at each region of interest.

After projecting single-event spectral power onto regions of interest, we computed the median value across events separately for each subject and region. We then averaged the event median spectral power across subjects to obtain group-level estimates for each region of interest. To mask spectral power patterns that were not significant, group-level spectral power for every frequency bin within each region of interest was then compared with a 2000-permutation bootstrap distribution generated from baseline time points. Nonsignificant differences from each bootstrap distribution were set to 0 ($p > 0.05$, two-sided bootstrap statistics, false discovery rate correction; Benjamini and Hochberg, 1995).

Single-event behavioral metadata features

We extracted multiple behavioral and environmental metadata features that quantify variations in movement parameters and environmental contexts (Donchin et al., 2002; Heldman et al., 2006; Ebner et al., 2009; Mooshagian et al., 2018). These features were later used as input variables for regression models of interevent spectral power and can be divided into four categories.

Timing features

Day of recording and time of day for each movement initiation event are used to capture long-term variations in the neural response.

Reach movement features

To quantify differences in the detected movements, we defined a reach as the maximum radial displacement of the wrist marker during the detected move state compared with its position at each movement initiation event. These features included the duration and magnitude of each reach. We also computed the 2D reach angle and transformed angles at $90^{\circ}$ to $270^{\circ}$ to range from $90^{\circ}$ to $-90^{\circ}$, respectively. This transformation made the reach angle sensitive to vertical reach variations, with $90^{\circ}$ for upward reaches and $-90^{\circ}$ for downward reaches. We also computed wrist marker radial speed during movement onset. Note that these movement features were based on the location of the video camera, which varied slightly across subjects and recording days.

Environmental feature

Based on results from the literature (Dumas et al., 2010; Derix et al., 2012), we were motivated to consider how environmental factors affect electrocortical power. Here, we examined the environmental factor of people talking during movement initiation. First, we cleaned the recorded audio signal using spectral noise gating (https://www.audacityteam.org), which performed 40 dB reduction on audio signal components that were similar to a selected noise period during rest. We then used the short-time Fourier transform to compute the spectral power from 370 to 900 Hz as a proxy for speech (Master et al., 2006). This power was divided by the total power at each time point, producing a ratio that is robust to broadband changes in the audio signal caused by noise. This speech ratio was smoothed using a first-order low-pass filter with 4.2 mHz cutoff to minimize the effects of transient changes in power because of noise. We then averaged this ratio from $-1$ to $1$ s around each movement initiation event, generating a speech ratio feature that ranges from 0.0 to 1.0.

Bimanual reach features

While movement initiation event selection was based solely on contralateral wrist movement, the ipsilateral wrist can still move and may affect the electrocortical response. We quantified the relative magnitude of ipsilateral wrist movement by computing the ratio of the ipsilateral wrist reach magnitude to the sum of ipsilateral and contralateral reach magnitudes. In addition, we computed the temporal overlap between contralateral and ipsilateral move states over the duration of the entire contralateral wrist movement. Finally, we computed a binary feature that classified movements as either unimanual or bimanual based on the amount of temporal lag between contralateral and ipsilateral wrist movement onset. This feature was bimanual if a sequence of four consecutive move states of the ipsilateral wrist began either 1 s before contralateral wrist movement initiation or anytime during the contralateral wrist move state.

Single-event spectral power linear regression

Using the 10 extracted behavioral features as independent variables, we fit a separate linear regression model to the spectral power at every electrode. While projecting onto cortical regions provided a useful visualization, we found that fitting regression models using projected power resulted in very poor model fits, likely because of electrodes with maximal power responses overlapping multiple regions and differing across subjects. All features were standardized before regression, with reach duration and reach magnitude features also being log transformed. We categorized the two timing features using one-hot encoding based on the day of recording and three 8 h segments (12:00 A.M. to 8:00 A.M., 8:00 A.M. to 4 P.M., and 4 P.M. to 12:00 A.M.) for time of day because we do not expect linear long-term power changes within and across days. For the dependent variable, we averaged spectral power over the first 0.5 s of movement onset, using previously validated low-frequency bands (LFBs; 8–32 Hz) and high-frequency bands (HFBs; 76–100 Hz; Miller et al., 2007). We then randomly selected 90% of each subject’s total contralateral arm movement events as training data, while withholding the remaining 10% for testing model generalizability. For each model, we independently pruned input features using forward selection, retaining features that improved the adjusted $R^2$ for an ordinary least-squares fit. This procedure helped
minimize overfitting because of too many independent variables.

For training, we applied a multiple linear regression model for event-by-event spectral power patterns (see Fig. 6a, scheme) defined as follows:

$$y_{jkf} = b_{0kf} + \sum_{i=1}^{m} b_{ikf} x_{ij},$$

where $y_{jkf}$ is the spectral power for movement event $j$ at electrode $k$ averaged over frequency band $f$, during the first 0.5 s of movement initiation; $x_{ij}$ is feature $i$ at event $j$; and $b_{ikf}$ is the coefficient for feature $i$ at electrode $k$ and frequency band $f$ ($b_{0kf}$ is the intercept term). We minimized the Huber norm during model fitting to improve model robustness to outliers (Huber, 1964).

After training, we performed model validation by computing the $R^2$ on withheld data, referred to as the “full model $R^2$.” We also assessed the contribution of each behavioral feature independently by shuffling one feature, fitting a new model, and computing the $R^2$ on the unshuffled, withheld data. This new $R^2$ was subtracted from the full-model $R^2$ to obtain $\Delta R^2$ as an estimate of that feature’s importance. We repeated this shuffling process and computation of $\Delta R^2$ across all model features.

We computed independent regression models using forward selection, along with $R^2$ and $\Delta R^2$ scores, over all electrodes and for both low- and high-frequency bands. To minimize bias in our selection of training and testing data, we performed 200 random, independent train/test splits for every regression model, averaging the full-model $R^2$, $\Delta R^2$, and coefficients across all splits. We balanced days of recording within each train and test set.

**Code accessibility**

The code/software described in the article is freely available online at [https://github.com/BruntonUWBio/naturalistic_arm_movements_ecog](https://github.com/BruntonUWBio/naturalistic_arm_movements_ecog). For this study, we ran our code on a Z270 GAMING M7 (MS-7A57) machine running Ubuntu 18.04.4 LTS.

**Data availability**

Our curated dataset is publicly available without restriction, other than citation, through Figshare at [https://figshare.com/projects/Behavioral_and_neuralvariability_of_naturalistic_arm_movements/78666](https://figshare.com/projects/Behavioral_and_neuralvariability_of_naturalistic_arm_movements/78666). This public dataset contains synchronized neural and behavioral data that can be used to generate Figures 2-6.

**Results**

We describe behavioral and neural variability observed in multielectrode intracranial neural recordings and video from 12 human subjects during thousands of unstructured arm movements. Each subject had been implanted with EEG electrodes for clinical monitoring, and we analyzed 3–5 d of simultaneously recorded video and electrophysiological data following surgery. We developed an automated and scalable approach to track upper-limb movements based on machine learning and then focused on analyzing spectral power changes associated with...
movements of the wrist contralateral to the hemisphere with implanted electrodes (Fig. 1a–g). ECoG monitoring was clinically motivated, so there was substantial variation in electrode placement among subjects (Fig. 1h). Because our focus was on arm-reaching behavior, we chose to analyze 12 subjects who were generally active during their monitoring and also had electrodes implanted over frontoparietal sensorimotor cortical areas.

Behavior during naturalistic movements

The goal of our data processing pipeline was to automate both the identification of wrist movement initiation events and the description of behavioral and environmental features around each event. For each subject, we obtained simultaneously recorded neural activity and movement trajectories immediately before and after the initiation of each movement event (Fig. 1e). Briefly, two-dimensional wrist trajectories were estimated from the video recordings (Mathis et al., 2018) and then segmented into move or rest states. For simplicity of interpretation, we focused on movement initiation events of the wrist contralateral to the ECoG implantation hemisphere, detected during transitions from rest to move states. While we later analyzed ipsilateral wrist behavior to determine whether a contralateral wrist movement was bimanual, we did not use the ipsilateral wrist for detecting movement events.

The spontaneous wrist movement events that we identified include a wide variety of upper-limb movement behaviors. Because subjects were sitting in bed, a majority of the movements that we analyzed involved relatively little movement of the shoulders and elbows (Extended Data Fig. 2-1a). Most of the detected movements corresponded to actions such as reaching for a phone, eating, or touching one’s face. We confirmed that our event detection primarily identified contralateral wrist movements, as seen in Extended Data Fig. 2-1c.

To better assess behavior during wrist movement events, we obtained quantitative values of various movement features and associated environmental variables. We defined a reach as the maximum radial displacement of the wrist during the detected movement event, compared with the wrist position at movement initiation. We extracted 10 behavioral metadata features that quantified the time when each reach began, how the contralateral wrist moved during the reach, whether people were speaking during movement initiation, and how much both wrists moved during each movement.

We find that many metadata feature distributions show large within-subject and between-subject variations (Fig. 2). All 10 metadata features significantly differed across subjects ($p < 0.001$ for every feature, one-way Kruskal–Wallis test). See Extended Data Figs. 2-3 and 2-4 for further statistical details. The number of reaches detected across days of recording was fairly consistent, with the exceptions of subjects 04, 05, and 09, who each had 1 d representing most of the total events. As expected, detected movement events often occurred mostly during waking hours. Reach duration and reach magnitude show minimal intersubject variability, with most reaches lasting $<2$ s and covering $<200$ pixels ($\sim 67$ cm). For reach angle, the distributions tend to be bimodal, with peaks at $\pm 90^\circ$, indicating that detected events are biased toward upward and downward reaches, with few side-to-side reaches. Both onset speed and speech ratio distributions vary greatly across subjects, likely reflecting intersubject differences in the activities performed and the number of people visiting during the detected movement initiations. We also considered a number of features related to coordinated movements with the ipsilateral arm. For bimanual ratio and overlap features, the distributions are skewed.
Intracortical spectral power during naturalistic movements

We find a consistent set of group-level spectral power patterns, largely localized in frontoparietal sensorimotor cortical regions. After aligning curated wrist movement events with preprocessed ECoG recordings, we computed time–frequency spectral power at each electrode and then visualized group-level spectral patterns projected onto common regions of interest for all subjects. Generally, we find the expected pattern of low-frequency (4–30 Hz) spectral power decrease and high-frequency (50–120 Hz) power increases during movement initiation across multiple cortices (Fig. 3) similar to previous findings during controlled movement experiments (Miller et al., 2007). Because ECoG electrode placement varied across subjects, we visualized group-level neural activity by projecting power at every electrode onto the following eight common cortical regions of interest (Bigdely-Shamlo et al., 2013): middle frontal, precentral, postcentral, inferior parietal, supramarginal, superior temporal, middle temporal, and inferior temporal. Maximal power deviations primarily occur near movement onset, as expected. Spectral power deviations are largest in magnitude in precentral, postcentral, and inferior parietal regions, which are located in sensorimotor areas of the brain. The middle frontal region also contains strong power fluctuations that could indicate motor planning and possible recruitment of the supplementary motor area. In addition, low-frequency power decreases appear more spatially widespread than high-frequency power increases and are also present in supramarginal and superior temporal regions. As expected, all three temporal cortical regions contain minimal movement-related spectral power fluctuations.

Despite consistent group-level spectral power patterns across cortical regions, we identified considerable spectral power variability across subjects (Extended Data Fig. 3-1). For instance, the precentral region shows the same low/high-frequency power pattern for each subject (Fig. 4), but the amplitudes and frequency bands of maximal power deviation differ widely across subjects. Subjects 03, 06, 07, 08, and 11 show increased power at high frequencies up to 120 Hz, while subjects 09 and 12 have increased power primarily between 60 and 80 Hz. For subjects 04 and 08, low-frequency power decreases occur across narrower frequency bands compared with the other subjects. In addition to arising from intersubject differences in neural anatomy and connectivity, these spectral power variations may reflect variability in daily activities, electrode placement, medication, and seizure foci among subjects (Struck et al., 2015; Skarpaas et al., 2018). Spectral power plots for the seven other regions of interest are shown in Extended Data Figs. 4-1, 4-2, 4-3, 4-4, 4-5, 4-6, 4-7.

In addition to intersubject neural variability, we also identified notable changes in movement-related neural activity across recording days for several subjects (Fig. 5). We analyzed spectral power in the precentral region...
averaged over the 0.5 s following movement onset and split into LFBs (8–32 Hz) and HFBs (76–100 Hz) bands, similar to previous research (Miller et al., 2007). Statistical significance for each subject was computed by pooling over all electrodes for that subject (Extended Data Fig. 1-1). For both frequency bands, spectral power significantly differed across subjects ($p < 0.001$, one-way Kruskal–Wallis test). For further statistical details, see Table 1. We also found a significant effect of recording day in LFBs for subjects 03 ($p < 0.001$, Kruskal–Wallis test), 05 ($p = 0.013$), 06 ($p < 0.001$), 07 ($p = 0.041$), 08 ($p = 0.013$), and 11 ($p < 0.001$), as well as in HFBs for subjects 03 ($p = 0.002$), 04 ($p < 0.001$), 07 ($p < 0.001$), 08 ($p = 0.004$), and 10 ($p = 0.006$). For further statistical details, see Table 2. Surprisingly, these significant recording day effects appear for several subjects despite baseline-subtracting spectral power features. Yet, baseline subtraction does substantially reduce neural variability across recording days (Extended Data Fig. 5-1), as expected.

Table 1: Statistical table for group-level spectrograms and precentral banded spectral power

| Measure                                          | Data structure | Type of test                     | 95% confidence interval |
|--------------------------------------------------|----------------|----------------------------------|-------------------------|
| Group-level spectrograms (Fig. 3)                | Non-normal     | Bootstrap statistics             |                         |
| Precentral banded spectral power across subjects (Fig. 5) | Non-normal     | One-way Kruskal–Wallis test      |                         |
| S01 (LFB, −1.87 to −1.29; HFB, 0.03–0.23)        |                |                                  |                         |
| S02 (LFB, −1.12 to −0.31; HFB, 0.07–0.64)        |                |                                  |                         |
| S03 (LFB, −2.11 to −1.73; HFB, 1.39–1.67)        |                |                                  |                         |
| S04 (LFB, −0.17 to 0.01; HFB, 0.32–0.52)         |                |                                  |                         |
| S05 (LFB, −0.7 to −0.38; HFB, 0.2–0.48)          |                |                                  |                         |
| S06 (LFB, −1.63 to −1.11; HFB, 2.02–2.37)        |                |                                  |                         |
| S07 (LFB, −0.84 to −0.51; HFB, 1.14–1.34)        |                |                                  |                         |
| S08 (LFB, −0.3 to 0.04; HFB, 0.36–0.63)          |                |                                  |                         |
| S09 (LFB, −0.57 to −0.08; HFB, −0.11 to 0.23)    |                |                                  |                         |
| S10 (LFB, −0.87 to −0.35; HFB, 0.01–0.3)         |                |                                  |                         |
| S11 (LFB, −2.3 to −1.86; HFB, 0.09–0.34)         |                |                                  |                         |
| S12 (LFB, −0.66 to −0.44; HFB, 0.06–0.2)         |                |                                  |                         |

Confidence intervals for LFB (8–32 Hz) and HFB (76–100 Hz) spectral power are shown for each subject. The 95% confidence intervals were computed using bootstrap statistics with 5000 replicates. We did not include confidence intervals for group-level spectrograms because of the high number of comparisons performed. S, Subject.
Precentral banded spectral power were computed using bootstrap statistics with 5000 replicates. S, Subject.

Features were pruned independently using forward selection movement onset (Fig. 1). For every model, behavioral features were pruned independently using forward selection to avoid overfitting. We assessed model performance on randomly withheld movement events by computing an $R^2$ score (referred to as the full model $R^2$). To assess the contributions of each individual feature, we shuffled the training labels of that feature, fit a new linear model, and subtracted the $R^2$ values on withheld data from the full model $R^2$ values of this model to obtain an estimate of feature importance. Higher $ΔR^2$ values indicate features that explain more variance.

Table 2: Statistical table for precentral banded spectral power, separated by recording day

| Measure | Data structure | Type of test | 95% confidence interval |
|---------|----------------|--------------|-------------------------|
| Precentral banded spectral power across recording days (Fig. 5, LFB) | Non-normal | One-way Kruskal–Wallis test | S01 (day 3, –2.07 to –0.9; day 4, –2.77 to –1.52) Day 5, –1.96 to –1.04; day 7, –1.8 to –0.66) S02 (day 3, –0.62–0.6; day 4, –1.61 to –0.38; day 5, –2.67 to –0.32; day 6, –0.72 to 0.39) S03 (day 3, –3.12 to –2.46; day 4, –2.29 to –1.58; day 5, –1.55 to –0.86; day 6, –1.71 to –0.77) S04 (day 3, –0.51 to 0.11; day 4, –0.3 to 0.24; day 5, –0.51 to 0.07; day 6, –0.31 to 0.07; day 7, –0.16 to 0.11) S05 (day 3, –1.22 to –0.44; day 4, –1.23 to –0.48; day 7, –0.56 to –0.18) S06 (day 3, –2.26 to –1.42; day 4, –2.58 to –1.61; day 5, –1.1 to –0.4; day 6, –2.08 to –0.94; day 7, –1.65 to 0.18) S07 (day 3, –1.12 to –0.38; day 4, –0.73 to –0.02; day 5, –0.84 to –0.42; day 6, –1.24 to –0.8; day 7, –0.93 to 0.09) S08 (day 3, –0.72 to 0.55; day 4, –1.06 to –0.18; day 5, –0.23 to 0.09; day 6, –0.18 to 0.11; day 7, –0.09 to 0.18) S09 (day 3, –1.42 to 0.6; day 4, –0.55 to 0.32; day 5, –0.65 to –0.01; day 6, –0.99 to 0.51; day 7, –1.14 to 0.29) S10 (day 3, –1.3 to 0.0; day 4, –0.56 to –0.13; day 5, –0.59 to –0.09; day 6, –2.03 to –0.37; day 7, –1.22 to –0.27) S11 (day 3, –3.2 to –2.24; day 4, –2.18 to –1.31; day 5, –1.91 to –1.28; day 6, –2.18 to –1.51; day 7, –3.06 to –1.68) S12 (day 3, –0.58 to –0.2; day 4, –1.02 to –0.21; day 5, –0.86 to –0.39; day 6, –0.72 to –0.32; day 7, –0.85 to –0.47) |
| Precentral banded spectral power across recording days (Fig. 5, HFB) | Non-normal | One-way Kruskal–Wallis test | S01 (day 3, –0.11 to 0.34; day 4, –0.36 to 0.17; day 5, 0.17–0.55; day 7, –0.06 to 0.21) S02 (day 3, –0.35 to 0.66; day 4, 0.08–0.98; day 5, –0.72 to 0.76; day 6, 0.06–1.02) S03 (day 3, 1.6–2.0; day 4, 1.44–1.91; day 5, 1.16–1.64; day 6, 0.41–1.41) S04 (day 3, –0.45 to 0.12; day 4, –0.23 to 0.17; day 5, 0.35–0.88; day 6, 0.49–0.93; day 7, 0.32–0.62) S05 (day 3, –0.12 to 0.5; day 4, 0.03–0.58; day 7, 0.2–0.58) S06 (day 3, 2.08–2.71; day 4, 1.76–2.41; day 5, 1.96–2.58; day 6, 1.39–2.33; day 7, 1.71–2.83) S07 (day 3, 1.45–1.9; day 4, 1.23–1.76; day 5, 0.9–1.26; day 6, 0.82–1.13; day 7, 1.15–1.68) S08 (day 3, –0.11 to 0.88; day 4, 0.05–0.72; day 5, 0.6–1.05; day 6, 0.4–0.71; day 7, 0.13–0.47) S09 (day 3, –0.93 to 0.32; day 4, –0.52 to 1.04; day 5, –0.24 to 0.21; day 6, –0.02 to 0.73; day 7, –0.3 to 0.4) S10 (day 3, –0.33 to 0.28; day 4, –0.14 to 0.23; day 5, 0.08–0.47; day 6, –0.37 to 0.55; day 7, –0.04 to 0.57) S11 (day 3, –0.24 to 0.36; day 4, –0.26 to 0.34; day 5, 0.16–0.52; day 6, 0.04–0.4; day 7, 0.02–0.81) S12 (day 3, 0.08–0.34; day 4, –0.26 to 0.23; day 5, –0.05 to 0.26; day 6, 0.01–0.26; day 7, 0.04–0.34) |

Confidence intervals for LFB (8–32 Hz) and HFB (76–100 Hz) spectral power are shown for each subject, separated by recording day. The 95% confidence intervals were computed using bootstrap statistics with 5000 replicates. S, Subject.

Modeling single-event spectral power with behavioral features
We developed a robust multiple variable linear regression model to explain single-event spectral power at each intracranial electrode using our 10 behavioral metadata features (Fig. 6a). For each electrode, we modeled LFB and HFB spectral power averaged over the 0.5 s following movement onset (Fig. 1). For every model, behavioral features were pruned independently using forward selection movement onset (Fig. 1). For every model, behavioral features were pruned independently using forward selection to avoid overfitting. We assessed model performance on randomly withheld movement events by computing an $R^2$ score (referred to as the full model $R^2$). To assess the contributions of each individual feature, we shuffled the training labels of that feature, fit a new linear model, and subtracted the $R^2$ values on withheld data from the full model $R^2$ values of this model to obtain an estimate of feature importance. Higher $ΔR^2$ values indicate features that explain more variance.
For both frequency bands, intracortical activity variability is best explained by the fit of our models to electrodes located in frontoparietal sensorimotor areas (Fig. 6b, Extended Data Fig. 6-1). This finding matches well with the spatial distribution of spectral power (Fig. 3). However, all $R^2$ scores are at most 0.25, indicating that even the best models cannot explain $\geq 75\%$ of the variance in the withheld data. Among individual features, we find that reach angle and day of recording are the most informative (Fig. 6c). Reach angle is also the most often retained feature following forward selection in sensorimotor regions (Extended Data Fig. 6-2), indicating its importance for modeling neural activity during movement onset. In addition, both reach angle and day of recording have the largest coefficient magnitudes among behavioral features in the regression models (Fig. 6c). The coefficients for reach angle indicate that upward reaches are associated with decreased low-frequency power and increased high-frequency power compared with the average response. In other words, upward reaches tend to increase the magnitude of the spectral power pattern seen. The SD of the coefficients corresponding to recording day are surprisingly large, indicating that baseline-subtracted neural responses still vary across long time scales usually not captured in short, controlled experiments. This observation highlights the importance of properly accounting for long-term temporal effects when understanding and decoding neural recordings.

**Discussion**

Our results demonstrate that electrocortical correlates of naturalistic arm movements in humans corroborate findings from controlled experiments on average, as we had hypothesized. However, we found high behavioral and neural variability during naturalistic movements across participants and recording days. Using multiple regression modeling, we were able to partially explain this event-by-event electrocortical variability using behavioral metadata features extracted from video recordings. In general, we find that results from controlled upper-limb reaching tasks do generalize to naturalistic movements on average, but naturalistic movements involve considerable event-by-event neural variability that cannot be fully explained by simple behavioral and environmental measures.

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**Figure 6.** Event-by-event multiple regression models explain changes in neural spectral power using extracted behavioral and environmental features. **a,** We fit multiple linear regression models at each electrode using behavioral features extracted from the videos (orange) and frequency-banded spectral power (magenta). Regression models minimized the Huber norm during model fitting to improve model robustness to outliers. **b,** Models with the largest $R^2$ scores on withheld data were primarily located in sensorimotor areas (see Extended Data Figure 6-1 for single subject $R^2$ scores). **c,** Reach angle and recording day were the most explanatory model features, especially when regressing low-frequency spectral power. Reach angle was also the most often retained feature in sensorimotor areas after forward selection (Extended Data Figure 6-2). **d,** Regression coefficients indicate that upward reaches enhance the average spectral power pattern observed. Recording day and time of day both have large SDs across one-hot encoded variable coefficients, highlighting the effects of long-term temporal variability. Only models with $R^2 > 0.05$ on withheld data are shown for **b-d.**
Across subjects, we observe an average decrease in low-frequency band cortical power and an increase in high-frequency band cortical power during naturalistic upper-limb movement initiation, consistent with previous controlled studies (Miller et al., 2007; Gabriel et al., 2019). Decreases in low-frequency power are thought to reflect changes in the current neural state if a new or unexpected event occurs (Engel and Fries, 2010). In our study, the neural state can be disrupted during movement initiation by a variety of factors, such as increased attention or prediction error once the arm is in motion. In contrast, high-frequency power increases may indicate active sensorimotor processing ( Başar et al., 2001; Manning et al., 2009; Tam et al., 2019; Branco et al., 2019a,b). Low-frequency and high-frequency power changes are thought to represent two separate processes (Miller et al., 2009; van Kerkoerle et al., 2014), which could explain the difference seen in the spatial spread of cortical power changes between low and high frequencies. In our study, the frequency bands of the maximum spectral power responses do differ across subjects, suggesting that the processes underlying the low- and high-frequency bands vary across subjects. This intersubject variability reinforces the importance of assessing both subject-specific neural responses and group-level activity.

Despite showing the expected cortical pattern on average, naturalistic reaches, exhibited notable behavioral and neural variability across subjects and recording days. This high variability may reflect variations in sensory input and movement constraints because of different types of behaviors (Lisberger and Medina, 2015). Categorizing such behaviors during reaching would be challenging, however, because of many possible neurally relevant behavior types and a lack of objective measures that can properly discriminate such behaviors without user-defined labels (Gomez-Marín et al., 2014). The neural variation seen across recording days could be caused by several factors, including changes in medication, seizure frequency, and alertness while recovering from ECoG implantation surgery. Similar long-term, interday variability has been observed in previous EEG and ECoG studies (Melnik et al., 2017; Gliske et al., 2018; Nurse et al., 2018). It is also worth noting that these day-to-day changes in ECoG spectral power are small in magnitude (±1–2 dB) relative to spectral power without any baseline values subtracted (~10–50 dB). Furthermore, recent research suggests that despite long-term neural recording variability, low-dimensional representations of this activity remain stable over long periods of time (Gallego et al., 2020).

During regression modeling, we find that our models only explained at most 25% of the variability; this measure is low, but not unusual given the single-event noise in the electrocortical signal (Liang and Bougrain, 2012). Furthermore, some of this variability may be explained by other movement behaviors beyond what we quantified using our pose-tracking methodology (Musall et al., 2019). These low scores may also reflect the simplicity of our linear models. While studies have shown evidence of nonlinear relationships between electrocortical activity and behavior (David et al., 2004; Ting and McKay, 2007), we chose linear regression models because they provide easily interpretable results and allow straightforward assessments of individual feature contributions.

Our regression model identified vertical reach angle and day of recording as the most explanatory features. The importance of vertical reach angle makes sense because upward reaches require more effort and activate different muscles than downward reaches. In addition, population neural activity has been shown to robustly encode reach direction (Georgopoulos et al., 1986; Hu et al., 2018). We did not include a reach angle feature sensitive to horizontal movements because reach angle distributions were skewed toward vertical angles at ±90°, as seen in Figure 2. The day of the recording feature was also found to explain some of the neural variance captured by regression modeling. This finding is sensible given the significant interday neural variability seen for several subjects.

Our study has several important limitations. Because we are performing human ECoG research, we are studying subjects who have epilepsy and are recovering from electrode implantation surgery, which may introduce confounding effects because of medication and seizure location. To address this issue, we ignored data from the first 2 d postsurgery, removed electrodes with abnormal activity, and assessed movements across multiple days to avoid single-day bias. In addition, we assessed behavior from subjects who were confined to a hospital bed and selected parabolic movement trajectories for further analysis. Thus, these movements were not 100% naturalistic, but the arm movements we analyzed were still spontaneous and unconstrained by experimental factors. Another limitation is that the clinical video monitoring system includes only one camera, whose view can be obstructed by people and various objects throughout the day. We minimized obstruction effects by selecting movement events with high confidence scores in the event detection algorithm and by manually reviewing all detected events to check whether they were actual movements and not false positives, but using multiple cameras would extend body tracking to 3D in future studies. Additionally, the video camera was positioned by the clinical staff and was vertically rotated away by the clinical staff during private times, meaning that the video view changed slightly throughout the day. We minimized the effect of such rotations on our behavioral features by excluding camera rotation events and using movement features that were relative to the start of each reach.

Our results underline the importance of studying naturalistic movements and understanding neural variability across multiple days. Our approach leverages pre-existing clinical setups and could be extended to other movements and behaviors, such as grasping objects, sleep/wake transitions, and conversing with others. Future setups with multiple RGB or depth cameras would allow for improved motion-tracking performance and the ability to analyze more complex 3D trajectories (Desmarais et al., 2020; Mathis et al., 2020). In addition, our approach could be extended beyond epilepsy monitoring to study neural correlates of naturalistic movements during long-term scalp EEG recordings or chronic neural implants in other...
clinical cohorts (Duun-Henriksen et al., 2020; Gilron et al., 2020). It is also worth noting that such markerless pose tracking has also been used to track lower-limb movements (Chambers et al., 2019; Cao et al., 2021), provided the subject remains within view of the cameras.

More broadly, our results have implications for developing novel brain–computer interfaces that can decode neural data across subjects in natural environments. For instance, movement data from many subjects could be combined to train decoders that generalize to new subjects with minimal retraining and are robust to a richer set of behavioral and environmental contexts. By publicly releasing our curated dataset, we hope to spur further research that enhances our understanding of naturalistic behavior and informs the development of next-generation brain–computer interfaces.

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