REVIEW ARTICLE

Steroid receptor coactivator-1: The central intermediary linking multiple signals and functions in the brain and spinal cord

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Abstract The effects of steroid hormones are believed to be mediated by their nuclear receptors (NRs). The p160 coactivator family, including steroid receptor coactivator-1 (SRC-1), 2 and 3, has been shown to physically interact with NRs to enhance their transactivational activities. Among which SRC-1 has been predominantly localized in the central nervous system including brain and spinal cord. It is not only localized in neurons but also detectable in neuroglial cells (mainly localized in the nuclei but also detectable in the extra-nuclear components). Although the expression of SRC-1 is regulated by many steroids, it is also regulated by some non-steroidal factors such as injury, sound and light. Functionally, SRC-1 has been implied in normal function such as development and ageing, learning and memory, central regulation on reproductive behaviors, motor and food intake. Pathologically, SRC-1 may play a role in the regulation of neuropsychiatric disorders (including stress, depression, anxiety, and autism spectrum disorder), metabolite homeostasis and obesity as well as tumorigenesis. Under most conditions, the related mechanisms are far from elucidation; although it may regulate spatial memory through Rictor/mTORC2-actin polymerization related synaptic plasticity. Several inhibitors and stimulator of SRC-1 have shown anti-cancer potentials, but whether these small molecules could be used to modulate ageing and central disorder related neuropathology

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remain unclear. Therefore, to elucidate when and how SRC-1 is turned on and off under different stimuli is very interesting and great challenge for neuroscientists.

The p160 family

Accumulated studies from recent decades have shown that steroids, including sex hormones, glucocorticoids and thyroid hormones, play fundamental roles in the central nervous system (CNS). The action of steroids is believed to be mediated by their nuclear receptors (NRs), such as androgen receptor (AR), estrogen receptor (ER\textsubscript{a} and ER\textsubscript{b}), glucocorticoid (GR), thyroid receptor (TR) and progesterone receptor (PR). These NRs belong to the steroid/thyroid/glucocorticoid (GR), thyroid receptor (TR) and progesterone receptor (PR) superfamily, they are ligand-inducible transcription factors and their association with coactivators upon binding to DNA is necessary for efficient transcriptional activity. Among which the p160 steroid receptor coactivator (SRC) gene family is the most extensively studied, it contains three members, namely SRC-1, SRC-2 and SRC-3. SRC-1 (also called as NCOA1) and SRC-2 (also called as TIF2/GRIP1/NCOA2) were first identified because of their abilities to enhance the transcriptional activity of the NRs tested. While SRC-3 (also called as AIB1, or RAC3/ACTR/TRAM-1/NCOA3) was originally identified by its frequent amplification in breast and ovarian cancers and subsequently demonstrated it is homologous to SRC-1 and SRC-2. Structurally, the SRC proteins are about 160 kDa in size and share 50–55% similarity and 43–48% sequence identity. Their N-terminal contains one bHLH/Per/Ah receptor nuclear translocator (ARNT)/Sim domain that is involved in DNA binding and heterodimerization between proteins containing these motifs. The central region contains the receptor interaction domain (RID), which enables direct interaction between SRCs with NRs. The RID contains three LXXLL motifs. The C-terminal region contains two domains, namely activation domains 1 and 2 (AD-1 and AD-2), responsible for recruiting secondary coregulators to the nucleating transcriptional complex.

The general characteristics of SRC-1

SRC-1 functions to modulate ligand-dependent transactivation of several nuclear receptors, including estrogen receptor \(\alpha\) (ER\textsubscript{\alpha}), ER\textsubscript{\beta}, androgen receptor (AR) and thyroid receptor (TR) and peroxisome proliferator-activated receptor gamma (PPAR\textsubscript{\gamma}). The SRC-1 protein contains 19 exons and 7 LXXLL motifs (1–7), three of the motifs (3, 4, and 5) are essential for the association with nuclear receptors. It also contains two intrinsic activation domains, namely AD1 and AD2. The AD1 domain is responsible for interaction with the general transcriptional coactivators like CREB-binding protein (CBP) and histone acetyltransferase p300 but does not interact with NRs. The AD2 domain is responsible for interaction with histone methyltransferases, coactivator-associated arginine methyltransferase 1 (CARM1) and protein arginine N-methyltransferase 1 (PRMT1). After synthesis in the cytoplasm, SRC-1 protein is imported into the nucleus, where it activates transcription and then it is translocated to the cytoplasm. The proteolysis of SRC-1 is a proteasome- and ubiquitin-mediated process that predominantly occurs in the cytoplasm, its presence was increased by inhibition of the 26S proteasome with its specific inhibitor such as MG132. Therefore, its intracellular trafficking and ubiquitination might be a mechanism to regulate the termination of hormone action and/or the interaction with other signaling pathways in the cytoplasm as well as its degradation. Noticeably, SRC-1 immunopositive materials have also been detected in the extra-nucleus components such as cytoplasm and cell membrane, indicating it may also function through the second messenger pathways (Fig. 1).

Localization of SRC-1 in the CNS

In the adult mouse brain, SRC-1 mRNA was highly expressed in the forebrain including the olfactory bulb, hippocampus, piriform cortex, amygdala, hypothalamus; it was also detected in the brainstem and cerebellum. This distribution pattern was further demonstrated by other studies in the brain of rats, Siberian hamsters and steroid-sensitive brain regions of songbirds (quail, canaries and zebra finch). In the spinal cord of adult rats, SRC-1 is abundantly expressed in the lumbar motoneurons of the spinal nucleus of the bulbocavernosus (SNB, which responds to androgens stimuli with an increased soma size), the androgen-sensitive dorsolateral nucleus, and the androgen-insensitive retrodorsolateral nucleus. Another study showed that SRC-1 was detected in the superficial laminae of the dorsal horn and within motoneurons of lamina IX.
Interestingly, expression of SRC-1 was region- and sex-dependent, higher levels were usually detected in the sexually dimorphic nuclei such as in the hippocampus, preoptic area and hypothalamus, the high voice center in both songbird and rodents. The subcellular localization of SRC-1 exhibits cell-type and region-specific manner. In the rat CNS, SRC-1 protein has been detected predominantly in the neurons, but they were also detected in glia cells such as astrocytes and ependymal cells and Schwann cells. Additionally, SRC-1 expression has been detected in several brain tumors such as astrocytic tumors, meningiomas, which further supporting the existence of SRC-1 in the glia cells. Moreover, SRC-1 immunoreactivities were mainly detected in nuclei but they were also detected in the extra-nuclear components of normal Schwann cell line (MSC 80 cells) and in the motor-related regions of rats as well as in some fiber-like structures of mice.

**Steroidal regulation of brain SRC-1**

Brain SRC-1 is deeply affected by steroids. Firstly, it is positively regulated by circulating androgen, since orchidectomy decreased SRC-1 in some brain regions that could be rescued by testosterone in a dose-dependent manner; and testosterone increased the number and volumes of SRC-1 expressing cells in the preoptic area and amygdala in the green anole lizards. Secondly, it was regulated by thyroid hormones (TH) in a development- and region-specific manner since in the rat brain, anti-thyroid treatment decreased SRC-1 mRNA in the cortex and dentate gyrus but increased it in CA3. However, in mouse cerebellum, TH treatment resulted in a decrease (61%) of SRC-1 in P14 but not adult. Additionally, it has been shown that in the late gestation fetal guinea pig, repeated maternal injection with glucocorticoid had no effect on fetal limbic and anterior pituitary SRC-1 expression but in the rat brain, SRC-1 mRNA and protein were reversibly downregulated by dexamethasone. Many studies have reported the effects of estrogens (especially 17β-estradiol, E2) on brain SRC-1. On one hand, ovarian E2 has been shown to play profound roles in the regulation of brain structure and function through their receptors. Brain SRC-1 was positively fluctuated with estrus cycle, showing the lowest on diestrus but a significant increase at proestrus and maintenance on estrus. It was downregulated by ovariectomy (OVX) and reversed by E2 treatment. However, this regulation may be region-specific, because some studies showed that E2 increased SRC-1 in the arcuate nucleus but not the medial preoptic area or the VMH.
hippocampal SRC-1 was not affected by OVX and/or E2 treatment\(^{29,53}\) in the rats but it was transiently regulated by OVX in the mice.\(^{40}\) On the other hand, it seems that brain E2, which derived from de novo synthesis from aromatase (estrogen synthase) by catalyzing androgens,\(^{49}\) showed positive regulation on brain SRC-1 as evidenced by results from aromatase inhibitors.\(^{54-57}\) However, it must be pointed out that the above evidences were indeed indirect, since letrozole functions to inhibit not only central but also peripheral E2 synthesis. Therefore, how brain E2 regulated the expression of SRC-1 needs further experiments.

Interestingly, brain SRC-1 is also regulated by several non-steroidal factors such as acute stress,\(^{26}\) sound conditioning,\(^{59}\) daylength\(^{26}\) and even by injuries,\(^{60}\) highlighting its role in signal transducer for multiple signals.

### Functional implications of SRC-1 in the CNS

Different levels of SRC-1 have been detected in many regions of the CNS, from embryonic development, postnatal, adult to aged brains, under normal and pathological conditions. The expression of brain SRC-1 changes under different treatment, suggested its potentials in many brain functions.

#### Development and ageing

SRC-1 plays a crucial role in brain development. It has been shown that during pre- and postnatal development, levels of brain SRC-1 exhibited region- and time-dependent.\(^{1,45,51,61}\) For example, in the hippocampus of postnatal female rats and mice, expression of SRC-1 increased with development and the highest levels were detected at P14 or P30, then it decreased to adult levels and lasted to middle-aged\(^{14,52,62}\); additional evidence showed that ageing-induced decrease of SRC-1 were seen in the spinal cord, since in the SNB of male rats, higher SRC-1 immunopositive materials were detected in the young animals but they were significantly decreased in the aged rats.\(^{63}\)

The first direct evidence showing SRC-1 is involved in brain development was from Auger and colleagues. They reported that the volume of the preoptic area (POA), which is usually three to four times larger in males than in females, was decreased by 46% after neonatal infusion of SRC-1 antisense oligodeoxynucleotides (ODNs).\(^{3}\) Similar results were seen in the POA of adult quail.\(^{64}\) Nishihara et al showed that when SRC-1 was knocked out, the number of Purkinje cells was significantly decreased.\(^{10}\) The mechanisms underlying SRC-1 regulation on CNS development might involve stem cell/precursor cell differentiation, neurogenesis and myelination. One in vitro study revealed that during the induced differentiation of nerve stem cells (NSCs), SRC-1 was seen preferentially in neuronal lineage cells, indicating it may be involved in the neuronal-fate-committed differentiation of the NSCs.\(^{35}\) In the cortex of adult mice, SRC-1 was expressed in oligodendrocyte progenitor but not mature oligodendrocytes, indicating SRC-1 may be involved in the differentiation and maturation of oligodendrocyte progenitor.\(^{65}\) Po is a specific myelin glycoprotein of Schwann cells with a fundamental role in the maintenance and functionality of peripheral myelin.

Cavarretta et al demonstrated that in Schwann cells, dihydroprogesterone (DHP) induced increase in Po and SRC-1, and the DHP induced increase in Po was enhanced by SRC-1 overexpression but inhibited by SRC-1 deficiency.\(^{66}\) Therefore, the above results strongly suggested that SRC-1 may play a role in the myelination.

#### Learning and memory

Because SRC-1 is highly expressed in the cerebral cortex, hippocampus and several other nuclei that have been related to learning and memory, it is reasonably to explore its significance in the regulation of these behaviors. Nishihara et al first found that SRC-1 null mice had significantly delayed escape latencies during the training phase in the Morris water maze test.\(^{10}\) Bian et al showed that during the 5d learning phase, hippocampus-specific SRC-1 knockdown showed significant longer escape latency than control; while in the memory test, these mice spent significantly less time in the target quadrant than control.\(^{67}\) The latest study from Chen et al showed that in the hippocampus of mice, SRC-1 knockdown impaired contextual fear memory consolidation.\(^{68}\)

Several studies have addressed the mechanisms underlying of SRC-1 regulation on learning and memory. The indirect evidences showed that during the postnatal development, levels of hippocampal SRC-1 and some key synaptic proteins, such as synaptophysin, PSD-95 and GluR1, shared similar profiles in both males and females.\(^{62}\) Correlation analysis showed the changes of SRC-1 was positively correlated with GluR1 of the females, PSD-95 and GluR1 of the males, respectively.\(^{40,41}\) The direct clues for SRC-1 regulation on the expression of synaptic proteins showed that when a pool of SRC-1 specific shRNAs was used to block the expression of SRC-1 in the primary hippocampal neuron culture, levels of PSD-95 were decreased significantly.\(^{69}\) Zhao et al reported intra-hippocampal infusion with RNA interference lentivirus targeting SRC-1 induced significant decrease in the expression of hippocampal PSD-95 and GluR1.\(^{57}\) Bian et al showed that when hippocampal SRC-1 was inhibited, levels of hippocampal synaptic proteins (spinophilin, GluR1 and PSD-95) and CA1 synapse density as well as postsynaptic density thickness was significantly decreased.\(^{67}\) These were further supported by Chen et al showing that knockdown of hippocampal SRC-1 regulated the expression of GluR1 and PSD-95.\(^{68}\)

Moreover, SRC-1 may be involved in the formation of dendritic spine and synapse. Actin polymerization contributes to the formation and maintenance of dendritic spines and synapses.\(^{70}\) In the hippocampus, levels of Rictor, phospho-AKT ser473, Cofilin (induces actin depolymerization), Profilin-1 (induces actin polymerization), and the F-actin/G-actin ratio (the marker for spine formation) have been shown to regulate hippocampal actin polymerization and hippocampus dependent memory.\(^{71}\) The in vitro study revealed that in the primary cultured neurons, E2 induced changes in these factors were significantly suppressed by SRC-1 inhibition\(^{55}\); and the in vivo evidences showed that castration and testosterone induced changes in hippocampal p-Cofilin/Cofilin ratio were significantly reversed by
hippocampal SRC-1 knockdown. Furthermore, SRC-1 knockdown or SRC-1 antagonist significantly inhibited the changes in hippocampal Rictor, p-AKT and F-actin/G-actin ratio induced by activation of estrogen receptors (ERα, ERβ and GPR30), indicating the potential role of ERs/SRC-1/Rictor/actin polymerization pathway in the E2 regulation of hippocampal synaptic plasticity. To this end, the recent in vivo studies showed that when SRC-1 was inhibited, levels of hippocampal CA1 synapse density as well as postsynaptic density thickness were significantly decreased.

Taken together, current studies have shown the important role of SRC-1 in the regulation of specific synaptic proteins and actin remodeling-related proteins, dendritic spines and synapses dynamics and finally memory behavior. Importantly, in vivo electrophysiological recording showed that long-term potentiation, the crucial marker for synaptic plasticity, was significantly impaired by SRC-1 knockdown, which also demonstrated the potential of SRC-1 in spatial memory.

Reproductive behaviors

It has been found that neonatal infusions of SRC-1 antisense ODNs into the hypothalamus of female mice blocked the defeminizing actions of testosterone on female sexual behavior. Male and androgenized female rats neonatally infused with SRC-1 antisense ODNs displayed significantly higher levels of lordosis but did not alter the total number of mounts, intromissions, or mount latencies in male or androgenized female rats, indicating that SRC-1 is critically involved in the development of normal male reproductive behavior. Another study reported that in E2-treated female rats, infusion SRC-1 ODNs into the VMH significantly decreased the intensity of lordosis and reduced progestin receptor-dependent ear wiggling, hopping and darting. The medial preoptic nucleus of quail has been related to male sexual behavior, it has been found that intracerebroventricular injection of SRC-1 antisense ODNs partly blocked the activation of androgen-dependent (strutting, crowing) and estrogen-dependent (the copulatory sequence sensu stricto) male sexual behavior. Thus, these data suggest that SRC-1 play a role in the hormone-dependent sexual behaviors.

Food intake and obesity

Hypothalamic pro-opiomelanocortin (POMC) neurons have been shown to regulate food intake and body weight and in female mice, ERβ expressed in POMC neurons and steroidogenic factor-1 (SF-1) neurons mediated the anti-obesity effects of E2 administration. SRC-1 was abundantly co-localized with POMC and SF-1, its knockout significantly inhibited OVX induced body weight gain, and E2 failed to induce body weight loss in these SRC-1 null mice. Another study showed that SRC-1 knockout in POMC neurons induced a decrease in POMC expression, increase in food intake leading to high-fat diet-induced obesity. Since heterozygous variants in SRC-1 were found in severely obese humans, a knock-in mouse model of a loss of function human variant (SRC-1 (L1376P)) was constructed and the results showed that the food intake and body weight of these mice were significantly increased. The latest findings also revealed that in the nucleus of the solitary tract of OVX rats, SRC-1 mediated E2 induced increase in food intake and body weight. Collectively, these results indicate that targeting SRC-1 may be a useful therapeutic strategy for weight loss.

Neuropathologies

Neuropsychiatric disorders

Autism spectrum disorders (ASD) are more common in males than in females. An investigation with middle frontal gyrus tissues from postmortem revealed that 34% of the subjects showed decrease in SRC-1; levels of aromatase, ERβ but not ERα were decreased by 38% and 35%, respectively. This report provided the first evidence for the possibility of E2/ERβ/SRC-1 pathway in the brain of subjects with ASD. Additionally, neuronal corticotropin-releasing hormone
(CRH) released from the paraventricular nucleus (PVN) of hypothalamus and amygdala has been shown to regulate neuroendocrine function, respectively. SRC-1 has been detected in the PVN and amygdala, implying that SRC-1 may be involved in the regulation of these disorders, which has been shown to be regulated by E2. In fact, using AR-5 rat amygdala cell line, Lalmansingh et al have found that SRC-1 was necessary for the E2 induced increase in CRH expression. The SRC-1 knockout mice, chronic stress induced upregulation of CRH expression was significantly attenuated; SRC-1 inhibition and overexpression experiments showed it was necessary for the full induction of CRH. Thus, SRC-1 was potentially involved in ASD, depression, stress and other steroid-related neuropsychiatric disorders.

**Brain tumors**

Limited studies have reported the distribution of SRC-1 in some brain tumors. SRC-1 was detected in astrocytic tumors, meningiomas, and pituitary microadenoma. One in vitro study showed that Eρz agonist PPT treatment significantly increased the proliferation of astrocytic U373 and D54 cells, which could be blocked by SRC-1 inhibition. These results strongly indicated the potential role of SRC-1 in the proliferation and progression of astrocytomas and even other brain tumors. However, other studies also implied the potentials of SRC-2 especially SRC-3 in astrocytic tumors, since in this tumor high SRC-2 and SRC-3 expression was associated with worse prognosis and SRC-3 might be related to tumor differentiation. Overall, it appears that the p160 family members play important roles in the pathogenesis and progression of astrocytic tumors and might have prognostic significance.

**Conclusion and prospective**

SRC-1 has been widely implicated in nuclear steroid receptor-mediated diseases during the last two decades such as breast cancer. In the CNS, SRC-1 is localized in specific regions and regulated by steroidal and non-steroidal factors; loss-of-function and gain-of-function studies have revealed it is profoundly involved in the regulation of hippocampus-dependent spatial memory, reproductive behaviors and neuropsychiatric disorders, brain tumor pathology and even required for normal motor function. Currently, when and how SRC-1 is turned on and off under different stimuli is completely unknown. The phosphorylation of SRC-1 protein may provide some clues to this end. So far seven phosphorylation sites in SRC-1 have been identified; they are serine 395, serine 517, serine 569, serine 1033, threonine 1179, and serine 1185. All the sites contain sequences for the serine/threonine-proline-directed family of protein kinases, and two sites (serine 395 and threonine 1179) contain a sequence for the mitogen-activated protein kinase (MAPK, known to promote cell survival) family. Uncover the significance of these sites and sequences will be very beneficial for the understanding of the regulation of this coactivator.

Activation/inactivation of SRC-1 with small molecules that can penetrate the brain blood barrier and regulation the expression and/or function of SRC-1 may provide beneficial effects against SRC-1 related central disorders. In fact, several SRC inhibitors, such as gossypol, bufalin and verrucarin A, or stimulator such as MCB-613, have been tested in many cancers. Among which, bufalin significantly suppressed the growth of endometriotic lesions, Gossypol was selectively cytotoxic to cancer cells but did not affect normal cell viability, Verrucarin A was cytotoxic toward multiple types of cancer cells and MCB-613 was able to block cancer growth both in vitro and in vivo. Whether these small molecules could be effectively used to treat SRC-1 related central disorders is worthy of deep investigation.

**Conflict of interests**

The authors declare that they have no conflicts of interest.

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