Abstract. Background/Aim: The use of iodinated contrast media may impair renal function. However, no report has addressed the nephrotoxicity of high doses of iodinated contrast media in normal kidney cells and its associated molecular mechanisms. Materials and Methods: Cell proliferation was assessed using the MTT assay. Cell death was evaluated through examining the morphological changes and TUNEL assay. Autophagy was detected through acridine orange staining and lysotracker staining. Reactive oxygen species production and AKT kinase activity were examined. Results: Iopromide induced cell death and triggered apoptosis and autophagy in HEK 293 cells. Cell viability was significantly restored in the presence of a pan-caspase inhibitor or a ROS scavenger, N-acetyl-L-cysteine. AKT kinase activity was found to be reduced in iopromide-treated HEK 293 cells. Conclusion: High concentrations of iopromide induce cell damage, apoptosis, and autophagy through down-regulating AKT and ROS-activated cellular stress pathways in HEK 293 cells.

Roentgen discovered X-rays at the end of 19th century, which was followed by the introduction of iodine-containing contrast media (ICCM) at the beginning of the 20th century that opened up a new field of research in medical science (1-4). Iodine-containing contrast agents are administered into the human body through veins and used for radiological diagnostic examinations of the urinary system, heart, cerebrospinal system, and blood vessels in various parts of the body. ICCM enhances the contrast between normal tissue and lesions, provides information on the morphologic features of the lesions, and improves the sensitivity of the examination and the accuracy of diagnosis. The imaging enhancement effect of the contrast agent makes many tissues and cell lesions visible (5-8). The main pharmacological mechanism is that the iodine molecules in the iodine-containing contrast agent absorb X-ray energy, which makes the iodine molecules exert a special X-ray shielding effect. Therefore, a white high-density image appears on the X-ray.
film, thereby providing blood-containing tissue enhancement in images (3, 5, 9, 10).

The iodine-containing contrast agents are classified according to chemical structure, osmolality, and injection site. Based on the chemical structure, iodine-containing contrast agents are divided into four types: ionic monomer structures, ionic dimer structures, non-ionic monomer structures, and non-ionic dimer structures. Based on osmolality, iodine-containing contrast agents are divided into three types: high osmolar contrast media (HOCM), low osmolar contrast media (LOCM), and iso-osmolar contrast media (IOCM). Based on the injection site, iodine-containing contrast agents are divided into two types: intravascular, and subarachnoid contrast media (1). Generally, non-ionic iodine-containing contrast agents exhibit lower osmolality than ionic iodine-containing contrast agents. Additionally, non-ionic iodine-containing contrast agents are less toxic and exert allergic effects (11, 12). Injecting ICCM into the subarachnoid space must exhibit low neurotoxicity and low osmolality (13, 14).

Adverse drug reactions (ADRs) of iodine-containing contrast agents include allergic and chemical reactions. The main symptoms of allergic reactions are fever, nausea, vomiting, dizziness, skin rash, itching, sneezing, and nasal congestion (4, 11, 12). Papules, urticaria, chills, chest tightness, shock, cardiopulmonary arrest, and death may occur in case of severe allergic reactions (8, 11, 12). Adverse reactions and fatality rates of intravascular non-ionic ICCM are approximately 2 to 7 per thousand and 2 to 9 per million, respectively (15-23). Adverse chemical reactions mainly lead to contrast-induced nephropathy (CIN). CIN is the impairment of renal function and worsening of renal function after the administration of iodine-containing contrast agents. The pathological mechanism may include vasoconstriction, renal blood flow changes, or direct toxicity to renal tubular cells (15-27). In 2006, Lameire et al. pointed out that CIN exerts direct toxic effects on renal tubular cells or hypoxia in the renal medulla (4, 28). The main causes of renal medullary hypoxia include decreased blood flow, decreased oxygen transport, and increased oxygen consumption. These factors may be related to an increase in the osmotic pressure, viscosity, and induction of prostaglandin E2 by ICCM (4, 28).

Previous studies have demonstrated that low or iso-osmolar contrast media at concentrations above 75 mgI/ml (six times as high as the normal dose concentration) could inhibit cell proliferation and induce cell death in kidney cells (KRK52-E, LLC-PK1, HKCS, HK-2). The types of cell death include apoptosis and autophagy (29-35). However, the detailed mechanisms remain unclear. In the present study, we investigated the molecular mechanisms, including cell damage, apoptosis, and autophagy, induced by iopromide, which is a LOCM, in HEK 293 cells.

### Materials and Methods

#### Cell line and culture.

The human embryonic kidney (HEK) 293 cell line was purchased from the Bioresource Collection and Research Center (Hsinchu, Taiwan, ROC). Cells were maintained in Dulbecco’s modified Eagle’s medium (DMEM) supplemented with 10% fetal bovine serum at 37˚C in an incubator with 5% CO₂.

#### Reagents and chemicals.

Iopromide (Ultravist®) was obtained from Dr. Yuh-Feng Tsai of the Department of Diagnostic Radiology, Shin Kong Wu Ho Su Memorial Hospital. Except where indicated, the chemical reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA).

#### Morphology and cell viability.

HEK 293 cells (0.8×10⁴ cells/well) were grown in 96 well plates for 24 h and treated with different concentrations (0, 25, 50, 100, and 200 mg/ml) of iopromide for either 24 h (A) or 48 h (B). Cell viability was evaluated using the MTT assay. The results are expressed relative to those of the untreated control and values are presented as mean±SE (n=3) (***p<0.001).

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Figure 1. Iopromide inhibits HEK 293 cell proliferation. HEK 293 cells were seeded in 96 well plates for 24 h and subsequently incubated with 0, 25, 50, 100, and 200 mg/ml iopromide for either 24 h (A) or 48 h (B). Cell viability of HEK 293 cells was evaluated using the MTT assay. The results are expressed relative to those of the untreated control and values are presented as mean±SE (n=3) (***p<0.001).
Cell viability was calculated through setting the untreated control group to 100%.

Terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay. To detect DNA breaks, an In Situ Cell Death Detection Kit (Roche, Mannheim, Germany) was used according to the manufacturer’s instructions. Briefly, HEK 293 cells were seeded for 24 h followed by treatment with 50 mg/l/ml iopromide for another 48 h. Cells were fixed and stained with fluorescein probes. TUNEL-positive cells were analyzed using a NucleoCounter® NC-3000 advanced image cytometer (ChemoMetec A/S, Allerod, Denmark). The relative fluorescence intensity was calculated using the ratio of the average mean of the sample fluorescence intensity to that of the untreated control cells. The relative fluorescence intensity is expressed as fold-change.

Caspase 3/7 and caspase 9 activity assays. To determine the alterations in caspase enzymatic activity, FAM FLICA® Caspases-3/7 Assay Kit and FAM FLICA® Caspases-9 Assay Kit (MyBioSource, San Diego, CA, USA) were used according to the manufacturer’s instructions. Briefly, HEK 293 cells were seeded into 6-well plates at a density of 1×10⁶ cells/well for 24 h and treated with iopromide (50 mg/ml or 100 mg/ml) for another 48 h. Samples were assessed as described previously (36, 37) and analyzed using the NucleoCounter® NC-3000™ advanced image cytometer (ChemoMetec A/S).

Acridine orange (AO) staining. AO was used to examine whether acidic vesicular organelles (AVOs) were formed in iopromide-treated cells. Briefly, HEK 293 cells were seeded for 24 h followed by iopromide (50 mg/ml) treatment for another 48 h. Samples were prepared as described previously (37, 38). Red fluorescence intensity was measured and analyzed using a NucleoCounter® NC-3000 advanced image cytometer (ChemoMetec A/S). The fluoresced bright red color represents the formation of acidic autophagic vacuoles. The relative fluorescence intensity was calculated using the ratio of the average mean of the sample fluorescence intensity to that of the untreated control cells. The relative fluorescence intensity is expressed as fold change.

LysoTracker red staining. HEK 293 cells were treated with 50 mg/ml iopromide for 48 h, and samples were prepared as described previously (37, 38). Fluorescence intensity was measured and analyzed using a NucleoCounter® NC-3000 advanced image cytometer (ChemoMetec A/S). Fluorescent bright red represents the acidic organelles in cells. The relative fluorescence intensity was calculated using the ratio of the average mean of the sample fluorescence intensity to that of the untreated control cells. The relative fluorescence intensity is expressed as fold change.

Detection of reactive oxygen species (ROS) production. To detect the impact of iopromide on ROS production, HEK 293 cells were treated with 50 mg/ml iopromide for 24 h. Samples were prepared as described previously (37, 38). Briefly, 50 μM CM-H₂DCFDA (General Oxidative Stress Indicator) (Abcam, Cambridge, UK) were added and cells were incubated for 30 min at 37°C. The fluorescence intensity of the cells was measured using a NucleoCounter® NC-3000™ advanced image cytometer (ChemoMetec A/S).

Figure 2. Changes in the morphology of HEK 293 cells. (A) HEK 293 cells were treated with 0, 25, 50, and 100 mg/ml iopromide for 48 h. Changes in morphology were observed under a light microscope at 200x magnification. (B) Representative image HEK 293 cells -treated with 50 mg/ml iopromide. Red arrows indicate the presence of vacuoles in iopromide-treated HEK 293 cells, suggesting that these cells were undergoing autophagy. Blue arrows indicate cells that became round and bright, suggesting that these cells were undergoing apoptosis.
In vitro AKT kinase activity assay. To determine the alterations in the AKT kinase activity, an AKT Kinase Assay Kit (Cell Signaling Technology, Beverly, MA, USA) was used according to the manufacturer’s instructions. HEK 293 cells (∼10^6 cells/dish) were seeded in 10 cm dishes for 24 h and treated with either 50 or 100 mg/ml iopromide for 24 h. Cells were harvested and handled as described previously (39). Briefly, 200 mg of protein from each sample was immunoprecipitated with 2 mg of anti-AKT antibody overnight. AKT immunoprecipitates were mixed with glycogen synthase kinase-3 α/β substrate for 30 min at 30˚C. Samples were applied to 10% SDS-PAGE, and the relative intensity of phospho-GSK-3 α/β (Ser219) was determined compared to the untreated control.

Statistical analysis. Data were obtained from at least three independent experiments and expressed as mean±standard deviation (SD). Statistical differences were evaluated using the Student’s t-test compared with the untreated control group. p value less than 0.05 was considered statistically significant (37).

Results

Iopromide significantly inhibited HEK 293 cell proliferation. To investigate the effect of iopromide on cell proliferation, HEK 293 cells were treated with 0, 25, 50, 100, and 200 mg/ml iopromide for either 24 (Figure 1A) or 48 h (Figure 1B). Cell viability was measured using the MTT assay. The half-maximal inhibitory concentrations (IC_{50}) were 187±3.45 mg/ml and 53.10±1.87 mg/ml at 24 and 48 h of iopromide treatment, respectively (Figure 1). Our results revealed that iopromide inhibits cell proliferation. Additionally, morphological alterations in HEK 293 cells were observed when cells were treated with iopromide at concentrations higher than 50 mg/ml for 48 h (Figure 2A). Some cells shrunk and attained round shape, indicating that the cells might have undergone apoptosis. Meanwhile, some cells displayed vacuoles, which implied that the cells may have undergone autophagy (Figure 2B).
Iopromide induces cell death. To investigate whether iopromide induced cell death, we detected DNA breaks in iopromide-treated HEK 293 cells using the TUNEL assay. The relative TUNEL fluorescence intensity increased in iopromide-treated HEK 293 cells, thereby suggesting the presence of a large number of apoptotic cells (Figure 3A and B). Caspases are crucial mediators of apoptosis. During apoptosis, caspases are activated and initiate a cascade of catalytic activities. Caspase enzymatic activities were determined in HEK 293 cells treated with 50 or 100 mgI/ml iopromide for 48 h using the caspase assay kits. Caspase-9 and Caspase-3/7 enzyme activities were elevated (Figure 4A and B), thereby indicating that iopromide induced cell death. Furthermore, the pan-caspase inhibitor (Z-VAD-FMK) blocked death of iopromide-treated HEK 293 cells (Figure 5). These data revealed that iopromide induces apoptosis.

Iopromide triggers autophagy to protect cells from apoptosis. Autophagy acts as a “double-edged sword” and destroys damaged or aging organelles in response to external stressors, including oxidative stress or accumulation of protein aggregates. Recently, autophagy has also been shown to be involved in stress-induced cell death. To address the role of autophagy in iopromide-induced death of HEK 293 cells, we examined the formation of autophagic vesicles using AO and LysoTracker Red staining assays. Autophagic vacuoles were observed in HEK 293 cells treated with 50 mgI/ml iopromide (Figure 6A). Iopromide (50 mgI/ml) increased fluorescence intensity of acidic vesicular organelles (AVOs) and decreased AO fluorescence intensity in HEK 293 cells (Figure 6B and C). Additionally, LysoTracker Red was used to identify acidic subcellular compartments in living cells. The number of acidic lysosomes and fluorescence intensity increased in iopromide-treated cells (Figure 7). The data indicated that autophagy occurred in iopromide-treated cells.

To clarify the relationship between autophagy and apoptosis, HEK 293 cells were pre-treated with the autophagy inhibitors 3-Methyladenine (3-MA) or bafilomycin A1 (Baf). Cells were subsequently treated with iopromide (50 mgI/ml) for another 48 h. Cell viability was assessed using the MTT assay. Cell viability further decreased to 30% upon treatment with iopromide and 3-Ma versus 53% in the iopromide only treatment group (Figure 8A). Meanwhile, cell viability further decreased to 18% upon treatment with iopromide and Baf versus 53% in the iopromide only treatment group (Figure 8B). These results suggested that iopromide-induced HEK 293 apoptosis is mediated through the induction of autophagy.

Iopromide elicited ROS production and suppressed the AKT signaling pathway. A previous study demonstrated that ROS production was induced by iodinated contrast media (40). Indeed, treatment of HEK 293 cells with 50 mgI/ml iopromide resulted in a 165% increase in ROS production (Figure 9A and B). N-acetyl-L-cysteine (NAC), a ROS scavenger, blocked ROS production and restored cell growth (Figure 9C). ROS production is related to oxidative stress, which leads to the inactivation of AKT signaling pathway.
and induction of apoptosis (37). To examine whether AKT kinase activity is suppressed in iopromide (50 mgI/ml)-treated HEK 293 cells, we measured AKT kinase activity. The AKT kinase activity was found to be reduced in iopromide-treated cells, which implied that AKT signaling was blocked (Figure 10A).

Discussion

Intravascular application of low osmolarity contrast media (LOCM) or iso-osmolar contrast media (IOCM) causes severe nephropathy and renal injury (2, 41, 42). LOCM have also been known to induce allergic reactions. The frequency of adverse drug reactions (ADR), severe allergic reaction of lethality to LOCM is 0.2-0.7%, 1 to 4/100,000 and 2-9/10000,000, respectively (43). In our previous review, we showed that IOCM induces nephropathy and renal injury through increasing oxidative stress, enhancing renal vasoconstriction, and inducing tubular cell damage (43). Renal ischemia in the medulla, ROS production, reduction of nitric oxide production, and induction of tubular epithelial and vascular endothelial injury are risk factors for injury in cells and tissues (44, 45). In the present study, we investigated the cytotoxic effects of iopromide on apoptosis and autophagy in normal HEK 293 cells. Our results demonstrated that iopromide significantly increases apoptosis and autophagy in HEK 293 cells through the induction of a ROS-dependent pathway.

When a cell receives damaging extracellular stimuli, apoptosis or autophagy is induced as a rapid active response to injury. Many studies have suggested that iodinated contrast media (ICM) exerts cytotoxic effects and renal

Figure 6. Iopromide induces the formation of acidic vacuoles in the autophagosomes. HEK 293 cells were incubated with 50 mgI/ml iopromide for 48 h. The cells were stained with acridine orange (AO). (A) Representative fluorescent images of AO-stained cells. (B) The relative fluorescence intensity is expressed relative to that of the untreated control. (C) Representative histograms AO- and acidic vesicular organelles (AVOs)-stained cells generated using the image cytometer analysis. The results are expressed relative to those of the untreated control and values are presented as mean±SE (n=3) (**p<0.001).
tubular epithelial cell death via autophagy and/or apoptosis (46-49). Peer et al. demonstrated that iopromide, ioxaglate, and ioxatalamate induce apoptosis in renal mesangial, tubular, epithelial, endothelial, and hepatic cells (50). Tan et al. demonstrated that in NRK-52E cells, cell viability was decreased to 70% upon treatment with 150 mgI/ml iopromide compared to the control group (51). Ludwig et al. demonstrated that 120 mgI/ml iopromide treatment for 2 h induced DNA fragmentation in human proximal renal tubular (HK-2) cells (52). Our results demonstrated that iopromide reduced HEK 293 cell viability in a time- and concentration-dependent manner (Figure 1). Iopromide induced morphological alterations, DNA fragmentation, apoptosis and autophagy in HEK 293 cells (Figure 2). Iopromide induced caspase-3/-7 and caspase-9 activities at concentrations 50 and 100 mgI/ml in HEK 293 cells (Figure 4A and B). Additionally, the cell viability results revealed that iopromide-induced cytotoxicity in HEK 293 cells was significantly inhibited by the addition of pan-caspase inhibitor (Figure 5). These results indicated that iopromide induces DNA damage and apoptotic cell death mediated caspase 9 and caspase 3/-7 activities.

Recently, Lei Rong et al. suggested that autophagy plays a protective role in iohexol- and iodixanol-induced injury in human renal tubular epithelial HK-2 cells (47). However, it remained unclear whether autophagy is associated with iopromide-induced normal HEK 293 cell injury. To examine the effect of iopromide on autophagy we used the AO staining assay. AO is a lysosomotropic green fluorescent probe that gets protonated and trapped inside acidic vesicular organelles (AVOs). Autophagy is characterized by an increase in the formation of AVOs. Therefore, AVOs can be quantified through imaging or flow cytometry after staining the cells with AO (41, 53-55). As shown in Figure 6A and B, iopromide increased fluorescence intensity AVOs and decreased cellular AO fluorescence intensity (Figure 6C) in HEK 293 cells. Our results indicated that iopromide induced autophagy, as assessed using AO staining assay. We also demonstrated that iopromide increased the fluorescence intensity of LysoTracker Red, thereby suggesting that iopromide induced lysosome activity during the autophagy process (Figure 7). Previous studies have demonstrated that autophagy plays a protective role in cisplatin-induced renal tubular epithelial cell injury (56-58). To further examine the role of autophagy in iopromide-induced cell death, HEK 293 cells were treated with the autophagy inhibitors 3-methyladenine (3-MA) or bafilomycin A1 (Baf). Combination treatment (iopromide with 3-MA or Baf) significantly decreased cell viability when compared with iopromide alone (Figure 8), suggesting that autophagy plays a protective role in iopromide-induced HEK 293 cell injury.

ICM enters the cells and induces changes in mitochondrial function, thereby resulting in increased ROS generation and apoptotic cell death (59). Tana Xuexian et al. also demonstrated a significant increase in ROS production in iopromide-treated NRK-52E cells (60). Antioxidant agents, including sodium bicarbonate, NAC, ascorbic acid (Vitamin C), statins, and phosphodiesterase type 5 inhibitors have been demonstrated to ICM-induced effects (61-65). In an in vivo study, NAC was shown to be more effective than hyperhydration alone in preventing contrast-induced acute renal failure (63). In the present study, we demonstrated that iopromide induced ROS production in HEK 293 cells (Figure 9A and B). Cell viability was found to be significantly increased in the iopromide plus NAC group compared to the iopromide only group (Figure 9C).

Alterations in AKT activity are essential for cell survival and have been shown to strongly regulate apoptosis and autophagy in the presence of ICM (66-68). Here, we investigated the effect of iopromide on the regulation of AKT in HEK 293 cells. The results revealed a marked reduction in the AKT kinase activity in iopromide-treated cells compared to the control cells. Our results suggest that the inhibition of AKT activity is correlated with iopromide-induced apoptosis and autophagy, which may be controlled
Figure 8. Autophagy inhibitors enhance cell death in iopromide-treated cells. HEK 293 cells were pretreated with (A) 1 mM 3-methyladenine (3-MA) and (B) 100 nM bafilomycin A1 (Baf) for 4 h, and then incubated with 50 mg/ml iopromide for 48 h. Cell viability was assessed using the MTT assay. The results are expressed relative to those of the untreated control and values are presented as mean±SE (n=3) (***p<0.001).

Figure 9. Iopromide elicits reactive oxygen species (ROS) production. HEK 293 cells were incubated with 50 mg/ml iopromide for 24 h. The cells were stained with 50 μM CM-H$_2$DCFDA (General Oxidative Stress Indicator). (A) Representative cytometer histogram of CM-H$_2$DCFDA stained cells. (B) The percentage of ROS production in treated samples was compared with that of the untreated control. (C) The ROS scavenger (N-acetyl-L-cysteine; NAC) was added in iopromide-treated cells. Cell viability was evaluated using the MTT assay. The results are expressed relative to those of the untreated control and values are presented as mean±SE (n=3) (***p<0.001).
through the AKT signaling pathway. Our results suggest that iopromide induces ROS production, which inhibit AKT kinase activity and signaling. The AKT signaling pathway positively correlates with cell survival and negatively associates with cell death and autophagy.

In this study, we demonstrated that autophagy protected cells from apoptosis. Cell damage and cytotoxicity of HEK cells were initiated by iopromide-induced apoptosis (Figure 10B). Conclusively, we demonstrated that iopromide significantly inhibited HEK 293 cell viability and induced apoptosis and autophagy compared to the control group in vitro. Moreover, high concentrations of iopromide induce cell damage, apoptosis, and autophagy via ROS-dependent cellular stress and inhibition of AKT signaling pathway in normal HEK 293 cells.

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**Conflicts of Interest**

All the Authors have declared no conflicts of interest in relation to this study.

**Authors’ Contributions**

YFT, JSY, FJT, YDC, YJC, and SCT conceived and designed the experiments. JSY, YDC, and FJT performed the experiments. YFT, JSY, and YDC analyzed the data. JSY, YJC, and SCT wrote and revised the manuscript. All Authors read and approved the manuscript and agreed to be accountable for all aspects of the research to ensure that the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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