Boron quantum dots all-optical modulator based on efficient photothermal effect

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All-optical devices without external electronic components have drawn extraordinary attentions in all-optical communication. In this work, boron quantum dots (BQDs) were synthesized by a facile liquid-phase exfoliation method. The as-prepared BQDs showed good structural homogeneity and crystallinity, broadband optical absorption as well as excellent photothermal properties. Femtosecond-resolved transient absorption further revealed the short carrier relaxation time of BQDs. Inspired by the outstanding photothermal properties and ultrafast carrier dynamic of BQDs, we fabricated BQDs-based all-optical modulator. The phase shift with a slope efficiency of 0.032 \( \pi/\text{mW} \) and response time of 0.97 ms can be achieved. The modulator was used in laser resonance cavity to achieve all-optical actively Q-switched laser operation with control repetition rate. This prototypical BQDs-based all-optical modulator shows a great potential to be applied in all-optical information processing and communication.

Keywords: boron quantum dots; all-optical modulator; photothermal conversion; actively Q-switched laser

Introduction
Nanosecond lasers have been widely applied in many fields including laser manufacturing and etching, spectroscopy, and nonlinear optics due to their low cost and high output of energy\textsuperscript{1}. Both passive and active Q-switched techniques are effective strategies to generate the nanosecond laser. For passively Q-switched method, the pulse laser operation is typically induced by the saturable absorber such as the semiconductor saturable absorption mirror, carbon nanotubes, low-dimensional materials owing to their saturable absorption effect and ultrafast optical response\textsuperscript{2–6}. For saturable absorber-based passive Q-switching regime, these materials may experience unstable optical performance resulting from oxidation and damage under illumination of the strong light, so the output pulse laser encounter challenges in achieving precisely controllable repetition rates. These unsolved problems render the practical application of...
passively Q-switched technology. Comparing with the passive counterpart, active Q-switched technique can achieve flexible change of repetition rate by adjusting the external driven Q-switcher, which have a significant effect on the transmission of optical information. Traditionally, taking advantage of electro-optical or acoustooptical modulator can achieve actively Q-switched laser generation, which are complicated, with narrowband optical responses, and difficult in all-optical operation. Recently, all-optical modulator (AOM) has attracted intense interests due to their low energy loss, broadband modulation, and compatibility and integration with all-optical network. Various physical mechanisms applied into AOM have been developed to realize actively Q-switched laser, including graphene-based cross absorption modulation, resonant optical pumping of fiber Bragg gratings and modulation of rare-earth-doped fiber saturable absorber. However, these strategies still have some restrictions involving specific wavelength operation and low modulation depth. AOM using the photothermal effect of materials shows a good possibility to overcome these issues for its excellent properties such as large modulation depth and easy implementation. So far, various low-dimensional nanomaterials including graphene, transition metal dichalcogenides, phosphorene, black phosphorus analogues (tellurene, bismuthine, and antimonene) and MXene have been widely applied to AOM because of their excellent optical absorption properties and strong photothermal effect. Continuous exploration of new materials is conducive to the improvement of modulator’s performance.

As the neighbor of carbon in the periodic table, boron is one of the most chemically versatile elements. Due to the trivalent electronic configuration of boron, B–B bonds tend to form the highly delocalized multicenter bonding, which leads to the polymorphism of boron allotropes in different dimensions, such as boronene, boron nanotubes, and boron quantum dots (BQDs). Low-dimensional boron nanomaterials have been long concerned by theoretical researchers. For example, the boronene possesses many intriguing properties such as high carrier concentration and mobility, phonon-mediated superconductivity, visible/near-infrared plasmons. Ultra-small sized quantum dots known as “artificial atoms” can be regarded as the enhancer due to their strong quantum confinement effect and high extinction coefficients. However, experimental researches about BQDs are relatively rare, because the chemical and structural complexities pose severe challenges to the synthesis of low-dimensional boron nanomaterials. Therefore, the synthesis of BQDs is of great significance for the research of their thermal and optical properties.

In this contribution, boron quantum dots (BQDs) were synthesized via a facile liquid-phase exfoliation process. The BQDs exhibited an excellent optical absorption property and photothermal effect. They also possessed fast relaxation time with 194 fs and 15.1 ps at 970 nm, which are much shorter than those of other state-of-the-art nanomaterials such as graphene, WS₂ and black phosphorus. This makes BQDs a promising candidate to be applied in the ultrafast photonics and high-speed optical switcher. For the all-optical modulator, the phase shift with a slope efficiency of 0.032 nW/μm and response time of 0.97 ms is superior to similar devices based on other state-of-the-art 2D materials. Moreover, for the actively Q-switched laser, the output pulse laser achieved controlled repetition rate arranged from 1.2 kHz to 2.5 kHz utilizing the proposed all-optical modulator. This work may boost the experimental study of low-dimensional boron nanomaterials, as well as the research on its optical properties and related applications.

Characterization of BQDs

The probe ultrasonication and high energy ball milling were combined to exfoliate bulk boron in liquid media to obtain BQDs. First, bulk boron powder with an average lateral particle size of ~10 μm was dispersed into dimethylformamide (DMF), followed by ultrasonication to induce initial exfoliation. The resultant sample was transferred into a ball milling jar to proceed further mechanochemical reactions to produce BQDs. As shown in Figs. 1(a) and 1(b), the atomic force microscopy (AFM) image and transmission electron microscopy (TEM) micrograph reveal the relatively uniform size of BQDs. The average diameter is 7.1 nm, calculated from the statistical diameter distribution (Inset of Fig. 1(a)). The crystalline nature of BQDs was demonstrated by HRTEM, in which clear interference fringes with a d-spacing of 0.50 nm were observed, corresponding to the (104) plane of β-rhombohedral boron structure. The elemental compositions were determined by electron energy loss spectroscopy (EELS) and X-ray photoelectron spectroscopy (XPS). Figure 1(c) displays the EELS spectrum of BQDs, which shows a characteristic boron K-shell ionization edge at ~188 eV. The corresponding elemental contents of B, C and O were extracted from EELS.
spectrum, which are 60.29 at. %, 36.44 at. %, 3.28 at. %, respectively. The existence of C and O is mainly caused by the surface contamination from ambient atmosphere and organic solvent, which is further confirmed by XPS measurement. From the high-resolution B 1s XPS spectrum in Fig. 1(d), three peaks at 187.6, 189.3 and 191.3 eV can be resolved, corresponding to three bonding types of boron. The main peak at 187.6 eV is assigned to B−B bonds, which is consistent with the reported value obtained from bulk boron (187.3−187.9 eV)\textsuperscript{31,32}. Peaks with higher binding energy at 189.3 and 191.3 eV are corresponded to the oxidation state of boron, wherein 189.3 eV is assigned to B−O bonds and 191.3 eV to B−C bonds. The very weak intensity of these two peaks reveals the good stability of BQDs against oxidation. Figure 1(e) provides the optical absorption of BQDs from 200 to 1600 nm, while a broad spectral absorption can be seen in the spectrum, especially in the visible region. It is noteworthy that BQDs shows the enhanced absorption, when compared to the 2D boron nanosheets reported previous literature\textsuperscript{33}.

Inspired by the intriguing structural and optical properties, we conducted the photothermal experiments on BQDs. In experiment, a microfiber with a waist diameter of about 7 μm was fabricated by tapering a standard single-mode fiber by flame heating. When a 980 nm laser was guided into the fabricated microfiber, the prepared BQDs dropped onto the microfiber was absorbed on the surface of the microfiber due to optical gradient force (Inset of Fig. 1(f)), resulting in the absorption loss of 3.5 dB at 980 nm. The evanescent field of microfiber interacted with BQDs to generate Joule heat to change the refractive index of nanomaterials. The temperature of the BQDs-deposited microfiber was monitored by a thermal

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Fig. 1 | Characterization and photothermal properties of BQDs. (a) AFM image with statistical data of diameters (inset). (b) HRTEM micrographs. (c) EELS spectrum with the corresponding atomic ratio. (d) XPS spectrum of B 1s. (e) UV-Vis-NIR absorption spectrum. (f) IR thermogram of the BQDs-deposited microfiber with the incident light power of 0 mW, 50 mW and 100 mW, respectively, inset shows the optical microscopic image of BQDs-deposited microfiber. (g) Photothermal response rate at 50 mW and 100 mW. (h) Photothermal switching performance at 50 mW and 100 mW. (i) Temperature variation with light power from 0 to 100 mW with an interval of 10 mW.
imaging camera (Optotherm IS640). The temperature showed distinct variation under different incident light power from 0 to 100 mW (Fig. 1(f)), which indicates the efficient photothermal conversion of BQDs. Figure 1(g) shows photothermal heating curves of BQDs varies with time at 50 and 100 mW. BQDs showed a very rapid heating rate of 385.4 and 855.6 °C/s at 50 and 100 mW, respectively. Moreover, the highest temperature can be reached 175 °C at the light power of 100 mW. Figure 1(h) displays the switching test under the light power of 50 and 100 mW. No degradation was observed for the heating rate or temperature, indicating the excellent thermal stability of BQDs. As shown in Fig. 1(i), with the light power gradually increasing from 0 mW to 100 mW at a step of 10 mW and then recovered to 0 mW, the temperature of microfiber varied with uniform and high symmetry, indicating the excellent thermal recovery of BQDs. The excellent characteristics of BQDs including fast response speed, stable energy conversion and outstanding thermal recovery properties laid the foundation for achieving high-performance photonics devices.

To gain a deeper insight about the optical characteristics of BQDs, a femtosecond-resolved transient absorption (TA) spectrometer is applied to study the carrier relaxation behaviors. The photo-excited carriers dynamic in nanomaterials has a significant impact on optoelectronic and photonic devices, which plays a guiding role on light-matter interaction and interfacial engineering between nanomaterials and substrate. A femtosecond-resolved transient absorption (TA) spectrometer is applied to study the carrier relaxation behaviors of BQDs. In our experiment, the detailed information of TA spectrometer is provided in Figure S1 of Supplementary Information, the ultrafast laser at 400 nm acted as pump light stimulates electrons of ground state to excited state. The laser at 500–730 nm and 910–1070 nm is regarded as the probe light. The 2D mapping TA spectra of BQDs includes temporally and spectrally resolved TA signal, as shown in Fig. 2(a) and 2(b), suggesting broadband ground state bleaching transient response and ultrafast carrier process within the range of picoseconds response.

In Fig. 2(c) and 2(d), we obtain two dynamic curves (520 nm and 970 nm) of the BQDs to analyse the relaxation process. These curves at different wavelengths illustrate ground state bleaching properties and fast response, which can be well fitted by a biexponential function $\Delta A = A_1 \exp(-t/\tau_1) + A_2 \exp(-t/\tau_2)$, where $A_1$ and $A_2$ are the amplitudes, $t$ is the delay time between pump light and probe light, $\tau_1$ and $\tau_2$ represent the time constants corresponding to the carrier lifetime of BQDs. The time constants ($\tau_1$ and $\tau_2$) are closely related to the cooling of hot excitons and recombination processes of excitons in BQDs, corresponding to electron-phonon interaction and phonon-phonon interaction. Obviously, the BQDs possess picosecond relaxation time with $\tau_1$ of 771 fs and $\tau_2$ of 6.8 ps at 520 nm, $\tau_1$ of 194 fs and $\tau_2$ of 15.1 ps at 970 nm, establishing a good basis to achieve high-performance optoelectronic devices. In Table S1 of Supplementary Information, the carrier dynamic of different nanomaterials are summarized. Relaxation time constants of BQDs are much shorter than those of other nanomaterials such as graphene, WS$_2$ and black phosphorus$^{34-38}$. The ultrafast carrier dynamic of BQDs may have the potentials to achieve breakthrough in ultrafast photonics and high-speed optical switcher.

**All-optical phase and intensity modulator**

In experiment, a BQDs-deposited microfiber with a diameter of 6 μm and a length of 39 μm was placed in the all-optical modulator (Fig. 3(a)). The all-optical modulator was made up of a Michelson interferometer (MI) including two light sources (control light and signal light) and two arms (reference arm and modulation arm). The signal light with a center wavelength of 1550 nm and the control light with a center wavelength of 980 nm were coupled into the modulator by a wavelength division multiplexer (WDM), and injected into two arms by an optical coupler (OC) with a splitting ratio about 50 : 50 at 1550 nm and 90 : 10 at 980 nm, respectively. The 90% control light was transmitted in the modulation arm and interacted with BQDs, and the generated heat will change the refractive index of materials and fiber to modulate the phase between two arms. The power of the 10% one was controlled by the variable optical attenuators (VOA) in reference arm. Faraday rotation mirror was used to reflect the signal light. The reflected signal light interfered with each other at OC and partly exported at output port. The output signal light was analyzed by an optical spectrum analyzer (Yokokawa, AQ6370D).

At first, an amplified spontaneous emission (ASE) light (the bandwidth of 40 nm) acted as the signal light was injected into the MI structure. By adjusting the VOA, the power difference of two arms is almost equal, which is beneficial to achieve maximum interference contrast (Fig. 3(b)). As shown in Fig. 3(c), we obtain
interferometric spectrum with a free spectral range (FSR) of 0.6 nm and a modulation depth of 24.5 dB, indicating the optical path difference of two arms is 1.4 mm. When a 980 nm laser is guiding into the all-optical modulator, BQDs absorb the control light to change the phase difference between two arms of MI structure, resulting in the interferometric spectrum of signal light shifting toward long wavelength. In Fig. 3(d), the spectrum shifts about 0.3 nm at the control light power of 33 mW. When decreasing the control light to 0 mW, the interferometric spectrum goes back to initial position in an opposite direction. In addition, we observe that the modulation depth and FSR of the interferometric spectrum have not been influenced by the control light power. In the process of increasing control light power, the spectrum variation is recorded. Figure 3(e) shows that the phase variation is linear with a slope of 0.032 π/mW as a function of control light power, corresponding to the slope of 0.01 nm/mW. The maximum phase shift of 10π is achieved at the control light power of 315 mW.

From the interferometric spectrum in Fig. 3(b), the MI-based all-optical modulator is equivalent to an optically-controlled tunable comb filter, which can be described by a cosine function, \( T = \frac{1 + \cos(\Delta \phi_0 + \Delta \phi_1)}{2} \), where \( T \) is the transmittance, \( \Delta \phi_0 \) and \( \Delta \phi_1 \) are the immobile phase difference induced by length difference of two arms and dynamic phase difference in connection with refractive index variation. When guiding a signal light with good monochromaticity into the MI structure, the output signal light will possess high transmittance if the center wavelength of the signal light is located near the peak wavelength of the transmission curve. On the contrary, the output intensity of signal light will be at a low level. As shown in Fig. 3(d), with the moving of interferometric spectrum, the intensity of a narrow-band signal light will be modulated by the external control light light to achieve all-optical intensity modulation. Therefore, the broadband ASE signal light is replaced by a distributed feedback laser with a bandwidth of 0.1 nm and a center wavelength of 1550 nm.

In Fig. 4(a), when a square-wave control light with a modulation frequency of 300 Hz and optical power of 96 mW is coupled into the MI structure, the signal light loads and copies the information from control light with the same frequency and duty cycle (Fig. 4(b)). The waveform of signal light is edge-smoothed square wave with the frequency of 300 Hz. In Fig. 4(c), the smooth edges of signal light are fitting by the exponential functions \( 1 - \exp(-t/t_r) \) and \( \exp(-t/t_f) \), the time constants \( t_r \) and \( t_f \) are 0.5 ms and 0.6 ms for rising edge and falling edge,
**Fig. 3** | (a) The experimental diagram of the all-optical modulator. (b, c) Interferometric spectrum of signal light. (d) Interferometric spectra at the control light power of 0 mW and 33 mW. (e) Phase shift versus the control light power.

**Fig. 4** | All-optical intensity modulation. (a, b) Waveform of control light and signal light at the modulation frequency of 300 Hz. (c) A single on–off transition of the signal light and corresponding fitting curve. (d) Waveform of signal light at the modulation frequency of 400 Hz. (e) $V_{pp}$ versus modulation frequency. (f) Waveform of signal light.
corresponding to the rising time of 1.1 ms and the falling time of 1.3 ms. To our knowledge, the response time is faster than the others similar devices, resulting from the superior photothermal response of BQDs. Low mass of boron atom and high stiffness of lattice structure cause higher electron-phonon coupling and higher phonon velocities, causing more efficient thermal generation and transport. In Table 1, we summarized the time response of current state-of-the-art fiber-typed all-optical modulator. It is clearly that BQDs-based all-optical modulator exhibits shorter rising time and falling time compared with similar optical structure, which results from more efficient thermal generation and dissipation. Due to the photothermal response of BQDs, the proposed all-optical modulator is limited to be ~kHz, which can be applied in some fields without the demand of high modulation speed. By using thinner microfiber, smaller footprint waveguide, and thinner nanomaterials with fast heat generation and diffusion, AOM will have faster response time as shown in Table 1. Micro-ring resonator optical structure is an effective way to achieve high-speed optical modulator. To achieve high-speed information processing, the ultrafast carrier dynamic process of BQDs measured by pump-probe setup (fs~ps) supports the design of ultrahigh-speed optical modulators with a modulation bandwidth of 1000 GHz.

All-optical actively Q-switched lasers

The AOM, like acousto-optic and electro-optic modulator, can be applied into Q-switched laser generation as an active Q-switcher. In Fig. 5(a), a 980 nm laser diode is used as pump source to stimulate 1 m erbium-doped-fiber (YOFc, EDF80). The light is injected into cavity through a 980/1550 nm WDM. In order to protect the pump source, a polarization-insensitive isolators (ISO) guarantees the unidirectional light propagation. The laser is output through a 10% output OC. The AOM device modulates the transmittance of different wavelength to control output wavelength. The tunable filter (TF) provides a narrow spectral pass-band. A polarization controller (PC) is used to change intra-cavity polarization. The total length of cavity is about 22 m.

Firstly, in order to achieve all-optical actively Q-switched laser, the pass band of TF must be smaller than the FSR of the AOM. The operation laser will possess high transmittance due to low loss and high Q factor in a

| Structure | Materials | Rising time (ms) | Falling time (ms) | Ref. |
|-----------|-----------|------------------|------------------|------|
| MZI       | Graphene  | 9.1              | 3.2              | ref.24 |
| MZI       | MXene (T\textsubscript{3}C\textsubscript{2}T\textsubscript{4}) | 9.0              | 7.8              | ref.20 |
| MZI       | Phosphorene | 5.5              | 4.6              | ref.19 |
| MZI       | Boron nanosheets | 1.06            | 1.5              | ref.33 |
| MZI       | WS\textsubscript{2} | 7.3              | 3.5              | ref.28 |
| MI        | Antimonene | 7.0              | 6.38             | ref.30 |
| MI        | Bismuthene quantum dots | 3.42            | 3.37             | ref.20 |
| MI        | MXene (T\textsubscript{3}C\textsubscript{2}T\textsubscript{4}) | 5.3              | 4.4              | ref.22 |
| MI        | BQDs      | 1.1              | 1.3              | This work |
| MR        | graphene  | 0.3              | 0.21             | ref.41 |
| PR        | MoS\textsubscript{2}-PVA | 0.55            | 0.77             | ref.42 |
| MRR       | Phosphorene | 479 ns           | 113 ns           | ref.21 |
| MRR       | Graphene  | 556 ns           | 1954 ns          | ref.10 |

MR: microfiber resonator; PR: polarization rotation; MRR: micro-ring resonator

Table 1 | The current state-of-the-art all-optical modulator based on photothermal effect.

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fiber cavity, when the peak wavelength of the transmission curve of AOM is located near the pass-band of the TF. Otherwise, the high loss of intracavity will result in low power output. In the experimental, due to the FSR of 0.6 nm, the pass-band of the TF is set to be 0.05 nm. When guiding pump light of 50 mW into cavity, the laser cavity is operated in a continuous wave mode with the center wavelength of 1558 nm and the output power of 0.5 mW (green line in Fig. 5(b)). As the control light with the power of 130 mW and the modulation frequency of 1.2 kHz is injected into the fiber cavity, a Q-switched pulse laser is obtained (orange line in Fig. 5(b)). Its repetition rate is equal to the modulation frequency of control light, illustrating an optically-controlled actively Q-switched fiber laser with controlled repetition rate is achieved. The operation stability of all-optical actively Q-switched fiber laser is mainly limited by the fiber-typed MI structure. The micro-nano devices such as micro-resonator or waveguide structure will improve the operation stability. Figure 5(c) and 5(d) gives the waveform of control light with the modulation frequency of 1.7 kHz, pulse train and single pulse profile (the pulse width of 83.4 μs). We can observe that the pulse possesses fast rising edge and slow falling edge, which results from the fast cavity oscillation and the reduction of photon density in the cavity. As the modulation frequency of control light increases, the repetition rate of Q-switched laser varies from 1.2 kHz to 2.5 kHz in Fig. 5(e), suggesting the actively Q-switched fiber laser can be controlled by the AOM. By optimizing laser cavity and using waveguide or micro-ring resonator structure to improve the response time of AOM, the repetition can be further scaled. Figure 5(f) shows the dependence of the pulse width on the modulation frequency. The shortest pulse width of Q-switched laser is 76 μs at the modulation frequency of 2.5 kHz. In addition, the output spectrum of the actively Q-switched pulses at the repetition rate of 2.5 kHz depicted in Fig. 5(g) with a 3-dB spectral width of 0.04 nm and the signal-to-noise ratio of 31 dB suggests that the Q-switched laser has excellent monochromaticity.
It has tremendous potential in nonlinear frequency conversion and all-optical communication. The Q-switcher laser has the following advantages including broadband operation, large modulation depth, excellent monochromaticity, and easy implementation compared with other mechanism applied into all-optical actively Q-switched laser.

Conclusions
In conclusion, a BQDs-based all-optical modulator has been successfully fabricated to generate the all-optical actively Q-switched laser. The BQDs obtained from liquid-phase exfoliation was deposited onto the microfiber surface to interact with optical evanescent field. The BQDs-deposited microfiber exhibited efficient photothermal conversion as well as rapid photothermal response (photothermal heating curves of 385.4 °C/s and 855.6 °C/s at 50 mW and 100 mW). The BQDs-based all-optical modulator achieved all-optical phase modulation and all-optical intensity modulation. The phase shift with a slope efficiency of 0.032 nW/mW and response time of 0.97 ms were superior to the similar device owing to the excellent thermal property of BQDs. Moreover, the output pulse laser achieved controllable repetition rate ranging from 1.2 kHz to 2.5 kHz utilizing the proposed output pulse laser achieved controllable repetition rate the excellent thermal property of BQDs. Moreover, the output pulse laser achieved controllable repetition rate ranging from 1.2 kHz to 2.5 kHz utilizing the proposed all-optical modulator. This work demonstrates the advantageous optical properties of BQDs and its potential applications in optical communication and laser engineering for integrated optical switches and optical modulator devices. We hope this contribution may promote the experimental research of low-dimensional boron nanomaterials in future.

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Author contributions
C. Wang and Q. Y. Chen contributed equally to this work. Y. P. Zhang and Y. N. Gong conceived the initial experiments on BQDs. Y. P. Zhang and H. Zhang supervised the project. Q. Y. Chen and Y. N. Gong synthesized and characterized BQDs samples; C. Wang, H. L. Chen, J. Liu and Y. Song conducted the experiments; J. Liu, D. L. Li and Y. Q. Ge participated and helped the data analysis. C. Wang and Q. Y. Chen co-wrote the manuscript with support from Y. N. Gong, Y. P. Zhang and H. Zhang. All authors contributed to the general discussion.

Competing interests
The authors declare no competing financial interests.

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