Nature helps
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Nature Helps: Toward Bioinspired Bactericidal Nanopatterns

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Development of synthetic bactericidal surfaces is a drug-free route to the prevention of implant-associated infections. Surface nanotopographies with specific dimensions have been shown to kill various types of bacterial strains through a mechanical mechanism, while regulating stem cell differentiation and tissue regeneration. The effective ranges of dimensions required to simultaneously achieve both aims are in the <200 nm range. Here, a nanoscale additive manufacturing (=3D printing) technique called electron beam induced deposition (EBID) is used to fabricate nanopillars with reproducible and precisely controlled dimensions and arrangements that are within those effective ranges (i.e. a height of 190 nm, a diameter of 80 nm, and an interspacing of 170 nm). When compared to the flat surface, the nanopatterned surfaces show a significant bactericidal activity against both *Escherichia coli* and *Staphylococcus aureus* (with respective killing efficiencies of 97 ± 1% and 36 ± 5%).

Direct penetration of nanopatterns into the bacterial cell wall leads to the disruption of the cell wall and cell death. The more rigid cell wall of *S. aureus* is consistent with the decreased killing efficiency. These findings support the development of nanopatterns with precisely controlled dimensions that are capable of killing both Gram-negative and Gram-positive bacteria.

1. Introduction

While the increased life expectancy is leading to increased numbers of surgical replacement of orthopedic implants, further increasing risk of implant-associated infection (IAI) is among the main causes of the failure of those implants. Opportunistic pathogens including different types of bacteria are able to attach to and grow on the implant surface, eventually forming a biofilm, which is less susceptible to antibiotics and cannot be easily cleared by the host immune system. This phenomenon hinders the function of the implant and results in significant morbidity and/or mortality.

Different techniques have been proposed for prevention of bacterial attachment to the implant surface and/or for killing the bacteria upon contact with the surface. While the majority of nonadherent surfaces are unfavorable for the attachment of both bacterial and host cells, they are not of much utility in this case. That is because attachment and growth of host cells on the implant surface is a crucial step in the osseointegration process. One therefore needs surfaces that can selectively kill bacteria while supporting the growth and proliferation of host cells. Consequently, there has been a surge in the efforts aimed at developing contact-killing surfaces with such properties. Nontoxic bactericidal surfaces primarily work on the basis of a chemical or physical killing mechanism. As chemical methods usually deliver antibiotics, their long-term widespread use may lead to the development of bacterial resistance against the delivered agents.

On the other hand, surface topographies at the nano- and sub-micrometer scales have been shown to be capable of killing bacteria through mechanical pathways. Indeed, several nanoporphographical features found in nature, exhibit bactericidal behavior and have inspired the development of an alternative approach to common chemical methods. A great number of these surface nanoporphographies are distinguished by their highly controlled spatial arrangements of their nanoscale features. Recent advances in micro- and nanofabrication techniques have enabled researchers to replicate some of these...
naturally occurring nanopatterns (e.g., spinules of gecko skin) on synthetic materials or to develop new nanopatterns with desired design parameters such as height (depth), diameter, and interspacing.\textsuperscript{[20,21]}

Reactive ion etching (RIE), hydrothermal treatment, anodizing, electron beam lithography (EBL), and nanoimprint lithography (NIL) can be considered as the most commonly used methods to create nanopatterns. However, the size range that these methods are able to produce and the controllability of the process highly differs from one technique to another.\textsuperscript{[19]}

In order to systematically investigate the effects of nanopattern design parameters on the bactericidal properties, it is crucial to use a technique which allows the user to control each single design parameter independently from all others while being able to precisely and reproducibly fabricate feature sizes below 100 nm.\textsuperscript{[22]} Electron beam induced deposition (EBID) is a nanoscale additive manufacturing (=3D printing) method, which enables the user to approach feature sizes in the range of a few nanometers\textsuperscript{[23]} by dissociating precursor molecules using a focused electron beam (Figure 1a). Precursor molecules dissociate into two parts, a volatile and a nonvolatile part.\textsuperscript{[22]} The nonvolatile part remains on the substrate and creates a deposited layer, while the volatile part desorbs and is evacuated.\textsuperscript{[24]} Some studies have shown the EBID potential to create arrays of nanopillars with dimensions of a single nanometer\textsuperscript{[22]} as well as complex 2D and 3D shapes.\textsuperscript{[25–32]}

The effective range for the design parameters of surface nanopatterns (in the shape of pillars) in which the bacteria could be mechanically killed in the absence of any antibacterial agents (i.e., the range between 100 and 900 nm for the height; 20 and 207 nm for the diameter; 9 nm and 380 nm for the interspacing; and the aspect ratio higher than 2) has been recently reported.\textsuperscript{[19]} In the specific cases of \textit{Escherichia coli} and \textit{Staphylococcus aureus} as model organisms representing Gram-negative and Gram-positive bacteria, the reported ranges of dimensions of nanopillars to induce bactericidal behavior are as follows: diameters of 70–100 nm for \textit{S. aureus} and 70–80 nm for \textit{E. coli}, heights of 100–900 nm for \textit{S. aureus}, and 180–300 nm for \textit{S. aureus}, and 180–300 nm for

![Figure 1](image-url)

**Figure 1.** a) Schematic representation of the EBID method; b) sample design: dark gray indicates the patterned area, the pink area is close to the patterns, and the light gray area is far from the patterns; c) a schematic drawing demonstrating the fate of bacteria residing on nanopatterns including deformation on the nanopatterns upon contact and being sunk on the nanopatterns due to the penetration of nanopillars into the bacterial cell wall.
E. coli, and interspaces of 60–200 nm for S. aureus and 60–380 nm for E. coli.[19] To simultaneously target both Gram-positive and Gram-negative bacteria, we chose the following approximate dimensions: height = 190 nm, diameter = 80 nm, and interspace = 170 nm. It is, nevertheless, worth noting that the bactericidal behavior of nanopatterns is not only dependent on the nanopatterns dimensions but also on the type of the bacterial strains and their initial attachment to the surface.[19,33,34] A bacterial cell is likely to deform or sink into the nanopatterns due to the penetration of the nanopillars into the bacterial cell wall (Figure 1c). To the best of our knowledge, the present study is the first to use EBID as a powerful tool to fabricate nanopatterns with precisely controlled dimensions chosen from the above-mentioned range in order to have a nanopatterned surface with high killing efficiency against both Gram-negative and Gram-positive bacteria.

2. Results

2.1. Characterization of Nanopatterns

Three patterned areas (42 × 42 μm²) were fabricated on each sample (Figure 1b) under the previously mentioned conditions. Nanopatterns were produced in the shape of pillars (similar to a droplet-shaped structure) (Figure 2f). The nanopillars had a mean height of 186 nm (SD 8 nm), a base diameter of 75 nm (SD 5 nm), a tip diameter of 21 nm (SD 3 nm), and an interpillar spacing of 170 nm (Figure 2). The nanopillar density was 36 pillars per erpillar spacing of 170 nm (Figure 2). The nanopillar density (SD 5 nm), a tip diameter of 21 nm (SD 3 nm), and an interpillar spacing of 170 nm (Figure 2). The nanopillar density was 36 pillars per erpillar spacing of 170 nm (Figure 2). The result of the water contact angle measurement on the surface of Pt–C showed the hydrophilicity of the surface with a contact angle of 59° ± 2° (inset of Figure 2g). Applying the Cassie–Baxter wettability model (Figure 2g) presented that the water contact angle measurement on the surface of Pt–C showed the hydrophilicity of the surface with a contact angle of 59° ± 2° (inset of Figure 2g).

2.2. Bactericidal Activity of Nanopatterns

E. coli cells exhibited their normal rod-shaped morphology on flat silicon samples (Figure 3a,b) and the mean percentage of damaged/dead cells was 8.0% (SD 6.4%) on the control surfaces (Figure 5). Similar to previous studies,[35] the live cells had an average length of 2.6 μm (SD 0.7 μm) and a width of 808 nm (SD 107 nm) (Figure 3a,b). On the other hand, E. coli cells were found extremely deformed on the nanopatterned surfaces (Figure 3e,f) with substantial amounts of disrupted bacterial cell wall and remnant cellular fragments on the nanopatterned areas (Figure 3c–e). The killing efficiency was 97.0 ± 1.2% for E. coli cells on the nanopatterned surfaces. The length and width of the cells on the nanopatterned surfaces could not be determined due to the drastic deformations and disruptions of the bacterial cells (Figure 3f).

Similarly, S. aureus cells had a normal coccoïd-shaped morphology and size[36] on the Si control surfaces with an average diameter of ≈790 nm (SD 66 nm), and no bacterial cell was found damaged or dead (Figure 4a,b). The damaged cells, mostly sunk on the nanopillars, showed a squashed morphology and the penetration of the nanopillars into the bacterial cell wall could be clearly seen (Figure 4d,f). Additionally, bending of the nanopillars underneath the bacterial cells was observed and leftovers of bacterial components were also found on some of the nanopillars (Figure 4e,f). The killing efficiency of the nanopatterns for S. aureus cells was 36.5 ± 4.7% (Figure 5). Furthermore, the bactericidal efficiency of Pt–C surface against E. coli and S. aureus was significantly lower than the nanopatterned surface (p < 0.0001 and p < 0.01, respectively) (Figure 5).

3. Discussion

Designing multibiofunctional surfaces to selectively influence the behavior of mammalian cells and bacteria is of high current interest and importance for the development of implant materials as well as being a formidable challenge given the substantial differences between mammalian cells and bacteria in sensing and responding to surfaces.[37] Some of the naturally occurring nanopatterned surfaces (e.g., gecko skin, cicada wings, dragonfly wings) have shown bactericidal properties while they are not cytotoxic (Figure 6).[17,33,38–42]

When it comes to designing orthopedic implants, the holy grail would be having surfaces which simultaneously kill bacteria and promote osteogenesis (or osteogenic differentiation of stem cells). The main contribution of this study was application of an ultrafine nanoscale 3D printing process with a resolution of a few nanometers to create nanopatterns with reproducible and precisely controlled dimensions that exhibit bactericidal behavior against both Gram-negative and Gram-positive bacteria. The dimensions of the nanopatterns produced in this study are within the bactericidal range found in literature and close to some of the naturally occurring bactericidal surfaces (Figure 6).[19] The vast majority of commonly used nanofabrication techniques do not allow control over individual dimension of such nanostructures independently from the other dimensions. EBID makes it feasible to produce specific controllable dimensions at the nanoscale, with a resolution comparable or better than EBL.[22] Additionally, there is no need for a mask or other chemical wet processes. These characteristics make EBID an ideal method for producing nanopatterns that are required for performing systematic studies to determine which exact dimensions of the nanopatterns result in maximum bactericidal activity while promoting osteogenic differentiation of the host cells. EBID uses a precursor gas (trimethyl(methylcyclopentadienyl)-platinum(IV) in this study) to write directly on the substrate. In the EBID process, the precursor gas molecules dissociate on the substrate under the electron beam.[43] The main components of the deposited material in this study were platinum and carbon. The platinum percentage can vary from 8.9% to 16.8% depending on the beam current, deposition time, and electron dosage.[44]

The nanopatterned surface showed a high bactericidal efficiency against E. coli where almost all the bacterial cells were sunk on the nanopillars with the cell components leaked out and a distorted morphology. However, the nanopatterns could not kill S. aureus as efficiently as E. coli. Considering that the bactericidal activity of the nanopatterns is physical in nature.
(corroborated by the results of Pt–C flat surface), the difference between the bactericidal efficiency against *E. coli* and *S. aureus* could be explained by the more rigid and thicker cell wall of *S. aureus* which requires higher forces to be ruptured. Bending of the nanopillars beneath the bacteria is consistent with this hypothesis (Figure 4e,f). Other differences between Gram-negative and Gram-positive bacteria such as the size and morphology could also affect the bactericidal efficiency. Moreover, as remnant fragments of *S. aureus* were observed on the nanopatterns (Figure 4e), one could speculate that the bacteria had found the surface unfavorable for adhesion and moved away from the surface. This hypothesis has
been previously introduced in the literature. If a number of bacteria have moved away from the surface, the antibacterial activity that includes the bactericidal effects and prevention of bacterial adhesion to the surface, might have been stronger than what could be concluded from the SEM images alone. Due to the small size of the patterned areas (compared to the whole samples' surface) which could be fabricated by EBID, other methods of antibacterial activity assessment such as live/dead staining and CFU enumeration were not applicable. Nevertheless, previous studies have shown that bacteria with similar irregular/damaged morphologies are equivalent to the dead bacteria in those mentioned methods.

While the direct penetration of high aspect-ratio nanopatterns into the bacterial cell wall and their consequent disruption is considered the main bactericidal mechanism of nanopatterned surfaces, many other factors have been proposed to play important roles in the bactericidal potential of nanopatterned surfaces. For instance, the uniformity of the nanopatterns, their compaction and density on the surface, and surface wettability have been shown to affect the bactericidal activity. In this regard, theoretical studies with a mechanistic point of view have previously shown that the interspacing and the diameter of the nanopillars could be the determining factors for applying the highest force and imposing the highest degree of stretching and deformation, and ultimately, death in bacteria. Therefore, more systematic studies are needed to improve the bactericidal efficiency of nanopatterns against more resistant bacteria such as methicillin resistant S. aureus. Moreover, studying the behavior of mammalian cells on such nanopatterns is required to better visualize and tag the exact overlapping range of bactericidal and osteogenic nanopatterns. So far, an overlap between the bactericidal and osteogenic ranges can

Figure 3. SEM images of E. coli bacteria on the control Si surface: a) top overview and b) 50° tilted view. SEM images of E. coli bacteria on the nanopatterned surface after 18 h incubation: c) top overview, d) damaged bacteria from top view, e) damaged bacteria from 50° tilted view, and f) bacteria totally sunk into the nanopatterns (50° tilted view).
already be pictured based on the data available in the literature (Figure 7).\[19,54–59\] The nanopatterns produced in this study are positioned inside the overlap area of these two important types of behavior, implying that they are likely to exhibit osteogenic properties as well. It is therefore important to further assess their osteogenic properties in future studies. Indeed, more studies on the osteogenic behavior of nanopatterned surfaces are required to more accurately define the boundaries of the osteogenic range.

Although EBID enables fabrication of nanopatterns with arbitrary shapes and accurate controllable dimensions, which is ideal for systematic studies, upscaling the patterned area is still challenging. It took 6.5 h to produce each of the 42 × 42 µm² patterned areas, check the dimensions, and refocus again to have exactly the same nanostructures. To create surfaces that are suitable for further experiments with mammalian cells such as mesenchymal stem cells (MSCs) culture, it is necessary to enlarge the patterned area, for example to 3 × 3 mm² which could be achieved by further developments of the process. One approach would be to use parallel electron beam induced deposition using a multibeam scanning electron microscope, which enables patterning the desired area using several parallel beams (e.g., 14 × 14 beams to expose a larger area and reduce the required deposition time to a few hours\[60\]). Another method, which has a comparably higher throughput, higher resolution, and lower cost is using EBID patterns as a mask stamp.
for step and repeat nanoimprint lithography (NIL). There are two major NIL methods: UV NIL and thermal NIL. For UV step and repeat NIL, one needs to deposit the desired nanopatterns on a substrate that is highly transmissive to deep UV (e.g., fused silica,[61] glass substrate, etc.). The thermal step and repeat NIL is another technique to enlarge the nanopatterned area. Si is the preferred stamp material for thermal NIL due to its high elastic modulus, mechanical strength, and thermal expansion coefficient.[63] Transferring EBID nanopatterns composed of the precursor molecules into Si substrate as the NIL stamp, is the first step for this technique, which needs to be done by RIE.[64,65] In both NIL methods, the following step after preparing a nanopatterned stamp is bringing the stamp in contact with the desired substrate that should have been covered by imprint polymer inside a nanoimprint machine and applying a constant pressure. After the required time, the pressure is released and the user can separate the stamp from the polymer and move it to pattern the next desired area. The final step is etching the residual layer of the imprint polymer and the substrate using RIE. Regardless of the chosen upscaling technique, the underlying EBID technology is the key to achieving reproducible and precisely controlled nanopatterns and is therefore recommended for future studies.

4. Conclusion

In order to develop a bactericidal surface suitable for fabrication of orthopedic implants, we used EBID to create nanopatterns with dimensions within the bactericidal range and comparable to nanopatterns found in nature in terms of height and diameter. The nanopatterns were produced in the shape of pillars with a height of ≈190 nm, a diameter of 80 nm, and an inter-spacing of 170 nm. The nanopillars were found to mechanically rupture the cell wall of *E. coli* and *S. aureus* and showed a significantly higher bactericidal activity as compared to the nonpatterned surfaces and flat surfaces coated with the same material as the pillars. However, the bactericidal efficiency for *S. aureus* was significantly lower than *E. coli*, which could be explained by the differences in the characteristics of Gram-negative and Gram-positive bacteria such as the cell wall thickness and stiffness. Further investigations are required to determine the exact killing mechanism, the role of different factors involved in that process, and the possible osteogenic activity, since the dimensions of the current nanopatterns are within the osteogenic range. Although EBID is a very powerful technique to have control over all of the dimensions of the nanopatterns in the fabrication process, the challenge of upscaling the patterned area while reducing the writing time is yet to be overcome. This
5. Experimental Section

Nanopatterns Design, Fabrication, and Characterization: Double-sided polished 4 in. (diameter = 10.16 cm) silicon wafers (thickness = 525 ± 25 μm, p-type) were diced into 1 × 1 cm² samples and cleaned with nitric acid. A streamfile was designed to create nanopillars with a square arrangement possessing the approximate dimensions of 190, 80, and 170 nm for their height, base diameter, and center-to-center spacing, respectively. A Nova Nano Lab 650 Dual Beam system (FEI company, OR, USA) equipped with EBID and scanning electron microscopy (SEM) was used to create three nanopatterned areas of 42 × 42 μm² on each sample (Figure 1b). Trimethyl(methycyclopentadieny1)-platinum(IV), (CH₃C₅H₄)Pt(CH₃)₃, MeCpPdIVMe₃, or C₉H₁₈Pt was used as the precursor gas and EBID was performed in the electron limited regime and at a working distance of 5 mm with 17.8 kV as the electron beam voltage and 0.60 nA as the beam current. The background vacuum of the system was 8.82 e⁻⁶ mbar and the EBID process started at 2.33 e⁻⁶ mbar (as the minimum reachable chamber pressure after opening the gas injection system and leaving the sample for 2 h inside the chamber). The writing strategy was single dot exposure, using stream files generated by a MATLAB (MathWorks, US) code. The resulting nanopatterns were characterized by SEM. The height, base diameter, and tip diameter were measured for 86 different pillars per sample by using 35° tilted SEM images. The center-to-center spacing was also measured from the top view images. The mean and standard deviation of the measurements were calculated. The chemical composition of the specimens was characterized using an energy-dispersive X-ray spectroscopy (EDX) analysis performed inside an SEM (Helios Nanolab 600i dualbeam, FEI, Hillsboro, USA) on a Pt/C deposited structure with 1000 nm as the diameter and 192 nm as the height, using an image with x16 000 magnification acquired with an accelerating voltage of 5 kV. Nanopatterns were also imaged using atomic force microscopy (AFM) with a Dimension FastScan AFM (Bruker, Billerica, USA) in the ScanAsyst mode with a scan rate of 0.96 Hz and a FastScan-A probe having a nominal spring constant of 18 N m⁻¹ and nominal tip radius of 5 nm. To measure the water contact angle of the nanopatterns, a thin layer of Pt–C was also deposited on a set of silicon wafers to identify the static contact angle of Pt–C surface, and nanopatterned surface), an analysis of variance between the killing efficiency of different surfaces (i.e., silicon surface, Pt–C surface, and nanopatterned surface), an analysis of variance was conducted using the one-way ANOVA test followed by a post hoc analysis. Depending on the results of Levene’s test for the equality of variance, we made a decision about applying Bonferroni test (in case that the resultant p-value of Levene’s test is higher than 0.05), or Games–Howell test (in case that the resultant p-value of Levene’s test is less than 0.05). Mean ± standard deviation for the bactericidal measurements were provided. The statistical analysis was conducted using IBM SPSS Statistics 23 Software and a p-value less than 0.05 was considered to be statistically significant.

Statistical Analysis: To assess if there is a significant difference between the killing efficiency of different surfaces (i.e., silicon surface, Pt–C surface, and nanopatterned surface), an analysis of variance was conducted using the one-way ANOVA test followed by a post hoc analysis. Depending on the results of Levene’s test for the equality of variance, we made a decision about applying Bonferroni test (in case that the resultant p-value of Levene’s test is higher than 0.05), or Games–Howell test (in case that the resultant p-value of Levene’s test is less than 0.05). Mean ± standard deviation for the bactericidal measurements were provided. The statistical analysis was conducted using IBM SPSS Statistics 23 Software and a p-value less than 0.05 was considered to be statistically significant.

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Conflict of Interest

The authors declare no conflict of interest.
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