Abdominal vessel depiction on virtual triphasic spectral detector CT: initial clinical experience

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Abstract
Purpose To evaluate vessel assessment in virtual monoenergetic images (VMI40keV) and virtual-non-contrast images (VNC) derived from venous phase spectral detector computed tomography (SDCT) acquisitions in comparison to arterial phase and true non-contrast (TNC) images.
Methods Triphasic abdominal SDCT was performed in 25 patients including TNC, arterial and venous phase. VMI40keV and VNC were reconstructed from the venous phase and compared to conventional arterial-phase images (CIart), TNC and conventional venous-phase images (CIven). Vessel contrast and virtual contrast removal were analyzed with region-of-interest-based measurements and in a qualitative assessment.
Results Quantitative analysis revealed no significant attenuation differences between TNC and VNC in arterial vessels (p-range 0.07–0.47) except for the renal artery (p = 0.011). For venous vessels, significant differences between TNC and VNC were found for all veins (p < 0.001) except the inferior vena cava (p = 0.26), yet these differences remained within a 10 HU range in most patients. No significant attenuation differences were found between CIart/VMI40keV in arterial vessels (p-range 0.06–0.86). Contrast-to-noise ratio provided by VMI40keV and CIart was equivalent for all arterial vessels assessed (p-range 0.14–0.91). Qualitatively, VMI40keV showed similar enhancement of abdominal and pelvic arteries as CIart and VNC were rated comparable to TNC.
Conclusion Our study suggests that VNC and VMI40keV derived from single venous-phase SDCT offer comparable assessment of major abdominal vessels as provided by routine triphasic examinations, if no dynamic contrast information is required.

Keywords Spectral-detector CT · Virtual monoenergetic images · Virtual non-contrast images · Multiphase CT

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Introduction

Multiphasic scanning with computed tomography (CT) is performed for various clinical indications including suspected aneurysm rupture, aortic dissection [1, 2], assessment of abdominal aortic aneurysm repair [3–5] or preoperative evaluation of living kidney donors [6]. Despite the unquestioned benefit of triphasic CT scanning to assess vasculature, radiation exposure for patients undergoing such examinations is inherently high as compared to single-phase CT examinations.

The standard single-phase CT imaging in venous phase is sufficient in a broad spectrum of clinical indications. For instance, in cancer patients serial follow-up CT scans are often required which are usually acquired in a single venous contrast phase. Although these exams are adequate for tumor staging, incidental findings within the vascular system such as stenosis, thrombosis or calcifications, may be incidentally detected, for which, unenhanced or arterial phase imaging may be needed for complete assessment. In such cases, additional complementary scans often come at a cost of added radiation exposure and repeated contrast media application.

Dual-energy CT (DECT) has been previously reported as a feasible method to provide virtual non-contrast (VNC) images and low-keV virtual monoenergetic images (VMI) as surrogate for true non-contrast images (TNC) and angiographic acquisitions, respectively [7–14]. DECT allows for detection and quantification of iodine, which can be subtracted subsequently from the original image to obtain VNC images. VMI are calculated as balanced combinations of Compton- and Photoelectric-weighted datasets, resembling an image which would result from the acquisition at a specific energy level. In low-keV VMI, iodine attenuation is markedly increased compared to conventional CT image, as the chosen energy level approximates the absorption maximum of iodine at k-edge of 33.2 keV. Considering this effect, one could speculate that VMI from venous phase images may provide image information similar to that with higher iodine concentration or arterial phase imaging. So far, comparison of such low-keV VMI to angiographic images and VNC to TNC images has only been tested separately with a detector-based DECT.

We hypothesized that VNC and VMI at 40 keV (VMI_{40keV}) derived from the same venous phase SDCT examination would enable comparable evaluation as provided by additional TNC and angiographic phase image acquisitions. Hence, in this study, we investigate the added value of VNC and VMI at 40 keV derived from the same venous phase spectral detector CT (SDCT) scan with respect to overall image quality and diagnostic assessment.

Material and methods

The institutional review board approved this single-center, HIPAA-compliant study and waived informed consent based to its retrospective nature. No scan was performed for the purpose of this study only; each study was clinically indicated.

Patients

Study participants were identified retrospectively by a systematic search in the picture archiving and communication system (PACS) and radiological information system (RIS) using the following inclusion criteria:

1) Age ≥ 18 years.
2) Contrast-enhanced, triphasic, abdominopelvic SDCT scan comprising unenhanced, arterial and venous phases between April 2017 and May 2018.

Only patients with a complete set of images, including conventional unenhanced, arterial, and venous phase images, as well as VNC and VMI_{40keV} images of the venous phase were included, resulting in a total of 25 patients. These patients were imaged for the following clinical indications: evaluation of an abdominal aortic aneurysm repair (n = 7), kidney donor evaluation (n = 10), and evaluation of an acute abdomen (n = 8, i.e., abdominal bleeding, vessel pathology, and bowel ischemia).

Image acquisition and postprocessing

All scans were performed on a clinical SDCT scanner (iQon, Philips Healthcare, Best, the Netherlands). The following scanning parameters were employed: tube voltage: 120 kVp, tube current modulation activated (DoseRight 3D-DOM, Philips Healthcare), gantry rotation time 0.40 s, pitch 1.02, collimation 64×0.625 mm.

Triphasic contrast-enhanced SDCT scans were performed using a body-weight adapted bolus (1.5 ml/kg) of iodinated contrast agent (Optiray 350 mg/ml, Guerbet) injected via a peripheral vein. Angiographic arterial phase scans were started 8–12 s after a threshold of 100 Hounsfield Units (HU) was reached in the upper descending aorta (bolus triggering method); arterial scan delays were adjusted to the particular clinical question. Venous phase acquisitions started following 70–80 s delay after intravenous contrast media injection.

Images were reconstructed in axial plane using a slice thickness of 3 mm. For reconstruction of VMI_{40keV} and VNC images, a spectral reconstruction algorithm was used...
(Spectral, B, level 3, Philips Healthcare). Conventional venous and arterial phase images as well as TNC images were reconstructed using a hybrid-iterative reconstruction algorithm, which is established in clinical routine (iDose 4, level 3, Philips Healthcare). Quantitative and qualitative equivalence between these two reconstruction algorithms has previously been demonstrated [15]. Window settings for all reconstructions were set at a window level of 50 and a window width of 360 as a standard. Reviewers were allowed to adjust window settings freely during analysis.

CTDIvol (CT Dose Index-Volumetric) was recorded for each scan to evaluate potential radiation dose savings by the proposed virtual triphasic approach as compared to standard multiphasic acquisition.

**Quantitative image analysis**

Attenuation (HU) values and standard deviation (SD) were measured using regions-of-interest (ROI) within the abdominal aorta and its major branches including the celiac trunk, superior mesenteric artery (SMA), renal arteries, common, external and internal iliac arteries and common femoral arteries. Similarly, attenuation values in HU and SD were measured within the inferior vena cava, portal vein, renal veins, common iliac veins and the common femoral veins. ROI were placed within the vessels such that the ROI included the entirety of the vessel lumen and sparing the vessel wall or extravascular circumjacent tissue. ROIs were placed at similar locations within the vessels to ensure comparability of mean values and standard deviation of attenuation as well as signal- and contrast-to-noise ratios for TNC, arterial and venous phase images and VNC and VMI_{40keV} across all images.

**Qualitative assessment**

Two board-certified radiologists with eight and ten years of experience independently evaluated VNC and VMI_{40keV} derived from venous phase scans in comparison to the standard TNC and arterial phase images, respectively, using a 5-point Likert scale. In particular, removal of contrast media differences to the reference standard reconstructions, being CI_{art} and TNC; therefore, readers were always presented with a full image set of one patient at a time.

For the subgroup of patients who received CT due to evaluation of abdominal aortic aneurysm repair (n = 7), readers indicated assessability of the graft on 5-Point Likert scale for VNC and VMI_{40keV} as compared to TNC and arterial phase images. Table 1 shows detailed qualitative criteria for all patients and both subgroups.

For the subgroup of patients who underwent CT as part of kidney donor evaluation (n = 10), readers rated qualitative assessability of arterial [and venous] vessel anatomy of the kidneys comparing VMI_{40keV} to arterial phase images using a 5-Point Likert scale. CI_{ven} images as reference were also available to the readers.

**Statistical methods**

Continuous variables are reported as mean ± standard deviation (SD). Shapiro–Wilk test revealed non-normal distribution of quantitative and qualitative data. Accordingly, non-parametric Wilcoxon signed rank test was used to account for differences between VNC/TNC and VMI_{40keV}/arterial phase images values using JMP software (Version 13, SAS Institute, Cary, USA). Signal-to-noise (SNR) and contrast-to-noise ratio (CNR) were calculated as follows:

\[
\text{SNR} = \frac{\text{HU}_{\text{vessel lumen}}}{\text{SD}_{\text{vessel lumen}}} \quad \text{and} \quad \text{CNR} = \frac{|\text{HU}_{\text{vessel lumen}} - \text{HU}_{\text{muscle}}|}{\sqrt{(\text{SD}_{\text{vessel lumen}})^2 + (\text{SD}_{\text{muscle}})^2}}.
\]

**Results**

**Patients**

Of the 25 patients included, 13 were men and 12 were women and the mean age was 54.8 ± 16.6 years. Mean CTDIvol was 11.26 ± 4.0 mGy for TNC examinations, 11.3 ± 4.0 mGy for arterial phase acquisitions, and 11.26 ± 4.0 mGy for venous phase acquisitions, resulting in an average dose of 22.5 ± 8.01 mGy for biphasic scans (i.e., arterial and venous phase) and 33.3 ± 11.8 mGy for triphasic scans (i.e., TNC, arterial and venous phase) which were both significantly higher as the mean effective dose encountered for the monophasic, portal-venous phase scans alone (p < 0.05). The corresponding potential dose savings were 11.26 mGy or 50% and 22.5 mGy or 66.7%, respectively.

**Quantitative assessment**

No significant differences in attenuation were found between TNC and VNC images for the abdominal aorta, the celiac trunk, the SMA, the common iliac, external
and internal iliac arteries and the common femoral artery ($p$-range 0.070–0.469; Fig. 1), while in the renal artery, VNC attenuation was significantly higher than in TNC ($43.4 \pm 9.4^* \text{HU}$ vs $37.8 \pm 9.0$, $p < 0.05$).

Attenuation in the inferior vena cava ($39.6 \pm 5.6$ vs $38.6 \pm 6.7$, $p = 0.261$) was comparable between TNC and VNC, whereas in the common iliac vein ($43.1 \pm 6.1$ vs $35.6 \pm 6.5$, $p < 0.05$) and common femoral vein ($43.5 \pm 7.9$ vs $38.7 \pm 6.1$, $p < 0.05$) attenuation was higher in TNC compared to VNC, while in the renal ($36.0 \pm 8.0$ vs $41.4 \pm 6.2$, $p < 0.05$) and portal vein ($36.9 \pm 5.8$ vs $41.1 \pm 6.7$, $p < 0.05$), it was higher in VNC. For veins in which significant differences between TNC and VNC were found, they were within a range of 10 HU in most patients (portal vein: 22/25, renal vein: 17/25, common iliac vein: 18/25, and common femoral vein: 19/25 patients). Table 2 provides detailed results on TNC/VNC comparison.

With regard to the comparison of arterial phase images and $\text{VMI}_{40\text{keV}}$, no significant differences were found for attenuation in all evaluated arterial vessels ($p$-range 0.055–0.864). Pertaining to venous vessels, $\text{VMI}_{40\text{keV}}$ showed significantly higher attenuation than arterial phase images for the portal, renal, common iliac and femoral veins (all $p < 0.05$). Detailed results of attenuation measurements are listed in Table 3.

SNR was comparable between $\text{VMI}_{40\text{keV}}$ and arterial phase images for the celiac trunk, SMA, renal artery and common femoral artery ($p$-range 0.162–0.470; Table 4 and Fig. 2), while it was significantly higher in $\text{VMI}_{40\text{keV}}$ for the abdominal aorta as well as the common, internal and external iliac arteries ($p < 0.05$). CNR was equivalent between $\text{VMI}_{40\text{keV}}$ and arterial phase images for all evaluated arterial vessels ($p$-range 0.140–0.906; Table 5 and Fig. 3).

**Qualitative assessment**

For qualitative assessment of removal of contrast media in VNC, readers indicated complete contrast media removal and equivalence to TNC images (5 score on Likert Scale) in 90% of cases for the abdominal aorta, in 94% for aortic branches, 88% for pelvic arteries and 100% for abdominopelvic veins.

Enhancement of abdominal and pelvic arteries in $\text{VMI}_{40\text{keV}}$ from venous-phase images was rated as identical
to arterial-phase images (5 score on Likert Scale) for the abdominal aorta, its direct branches and pelvic arteries in 84%, 50%, 78% of the cases, respectively.

In the subgroup of patients with abdominal aortic graft repairs, the graft was evaluated using a combination of VNC and VMI_{40keV} images derived from venous phase. Compared to a combination of TNC and arterial phase images, VNC and VMI_{40keV} were rated equivalent in 85% of the cases. In the subgroup of patients with kidney donor protocol the depiction of the arterial and venous vessel anatomy of
the kidneys was considered fully equivalent in only 15% of cases. However, the depiction of the vasculature was considered acceptable or better in 95% of the cases. Table 6 shows detailed results of the qualitative assessment for each of the two readers. Figures 4 and 5 depict exemplary cases of patients with abdominal aortic aneurysm repair and kidney donor evaluation, respectively.

Discussion

Majority of routine abdominopelvic CT scans are performed as monophasic examinations, yet acquisition of additional unenhanced and arterial phase images may be required for specific indications such as renal donor evaluation or dedicated vascular assessment (e.g., for evaluation of endoleaks of abdominal aortic aneurysm repair or active bleeding) [6, 16]. Whereas the use of DECT-derived VNC and VMI has mostly been investigated separately [8, 11, 14–19], while the combination of these reconstructions for abdominal vessel assessment in spectral detector CT (SDCT) has not been studied yet.

In our study, we aimed to assess whether VNC and VMI derived from venous-phase images acquired with a spectral-detector CT (SDCT), a detector-based DECT, could provide comparable quantitative image parameters and qualitative assessment to TNC and arterial phase images in patients who underwent triphasic examinations. We also investigated two clinical scenarios for which triphasic scans are routinely obtained at our institution: assessment of grafts after abdominal aortic aneurysm repair and evaluation of kidney donors [6, 20].

We found that VNC images were comparable to TNC images with regards to attenuation values in the arterial phase [6, 20].
Fig. 2 Boxplots demonstrating Signal-to-noise ratios of virtual monoenergetic images at 40 keV (VMI) compared to arterial phase and venous phase images focusing on abdominal aorta, celiac trunk, and common femoral artery. n.s. indicating no significant difference, Asterisks indicating a significant difference

Table 5 Quantitative comparison of Contrast-to-noise ratio between VMI_{40keV} (from venous phase) vs arterial phase acquisition

|                  | Arterial phase | VMI_{40keV} | Venous phase | p-value (arterial vs. VMI_{40keV}) |
|------------------|---------------|-------------|--------------|-----------------------------------|
| Abdominal aorta  | 10.0 ± 3.5    | 10.8 ± 3.7  | 2.6 ± 0.8    | 0.407                             |
| Celiac trunk     | 9.7 ± 3.2     | 10.0 ± 3.7  | 2.5 ± 1.0    | 0.906                             |
| SMA              | 10.0 ± 3.7    | 10.0 ± 4.3  | 2.7 ± 1.2    | 0.885                             |
| Renal artery     | 8.8 ± 3.5     | 8.9 ± 3.6   | 2.3 ± 0.9    | 0.885                             |
| Common iliac artery | 9.9 ± 4.5 | 10.9 ± 4.3  | 2.9 ± 1.0    | 0.249                             |
| External iliac artery | 9.1 ± 3.5 | 10.1 ± 3.2  | 2.9 ± 1.0    | 0.559                             |
| Internal iliac artery | 7.9 ± 5.1 | 9.4 ± 4.3   | 2.7 ± 1.2    | 0.140                             |
| Common femoral artery | 11.7 ± 5.9 | 12.3 ± 4.7  | 3.5 ± 1.3    | 0.666                             |

Fig. 3 Boxplots demonstrating Contrast-to-noise ratios of virtual monoenergetic images at 40 keV (VMI) compared to arterial phase and venous phase images focusing on abdominal aorta, celiac trunk, and common femoral artery. n.s. indicating no significant difference
vessels. This is in line with current literature demonstrating that VNC from dual-energy CT is capable of contrast media removal and creation of VNC images, although reported accuracies slightly differ between studies [9, 18, 19, 21–24]. In venous vessels, differences between VNC and TNC images were more pronounced. This finding adds to recent studies which elucidated that VNC provide reasonable approximations of TNC, yet might lack the accuracy needed for dedicated threshold-based lesion characterization [25]. However, the differences between VNC and VNC we found were mostly within a 10 HU margin that has previously deemed acceptable for TNC/VNC agreement [21]. Moreover, the lower TNC/VNC agreement in venous vessels was not reflected in the qualitative results. In synopsis, we assume that the clinical impact of this potentially lower agreement on vascular assessment will be limited, yet it requires further investigation.

**VMI40keV** derived from venous phase acquisitions yielded comparable or higher attenuation, SNR, and CNR compared to arterial phase images. These findings are in line with current literature with recent studies demonstrating the usefulness of low-keV VMI to relevantly increase attenuation in abdominal vessels and raise vascular enhancement comparable to arterial phase acquisitions [8, 17, 26–28]. These findings are supported by the qualitatively assessment, at which readers deemed the image contrast provided by **VMI40keV** as equivalent or merely slightly reduced compared to arterial phase images in the majority of cases.

Regarding the evaluation of postinterventional abdominal aortic aneurysm repair patients and the evaluation of vascular anatomy in kidney donor patients, our results suggest that the combination of VNC and **VMI40keV** from single-phase scan might offer a replacement for multiphasic imaging. In younger patients and patients undergoing serial imaging, this might be an alternative to reduce radiation dose by almost two thirds, but it needs to be considered that our subgroups were very small. Due to this reason readers could only evaluate assessability of SDCT reconstructions compared to conventional images.

| Table 6 Qualitative comparison of VNC and VMI40keV derived from venous-phase images to TNC and arterial phase images by two expert readers |
|--------------------------------------------------|---|---|---|---|---|
| **Reader 1** Removal of contrast media information |
| Abdominal aorta 24/25 (96%) 1/25 (4%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Direct aortic branches 24/25 (96%) 0/25 (0%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Pelvic arteries 24/25 (96%) 1/25 (4%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Abdominopelvic veins 25/25 (100%) 0/25 (0%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| **Contrast of the abdominal/pelvic arteries in VMI40keV compared to arterial phase** |
| Abdominal aorta 20/25 (80%) 4/25 (16%) 1/25 (4%) 0/25 (0%) 0/25 (0%) |
| Direct aortic branches 14/25 (56%) 7/25 (28%) 4/25 (16%) 0/25 (0%) 0/25 (0%) |
| Pelvic arteries 21/25 (84%) 4/25 (16%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| **Assessability of aneurysm graft** |
| 7/7 (100%) 0/7 (0%) 0/7 (0%) 0/7 (0%) 0/7 (0%) |
| **Evaluation of arterial [and venous] anatomy of the kidneys** |
| 3/10 (30%) 5/10 (50%) 2/10 (20%) 0/10 (0%) 0/10 (0%) |
| **Reader 2** Removal of contrast media information |
| Abdominal aorta 21/25 (84%) 4/25 (16%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Direct aortic branches 23/25 (92%) 2/25 (8%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Pelvic arteries 20/25 (80%) 5/25 (20%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Abdominopelvic veins 25/25 (100%) 0/25 (0%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| **Contrast of the abdominal/pelvic arteries in VMI40keV compared to arterial phase** |
| Abdominal aorta 22/25 (88%) 3/25 (12%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| Direct aortic branches 11/25 (44%) 11/25 (44%) 3/25 (12%) 0/25 (0%) 0/25 (0%) |
| Pelvic arteries 18/25 (72%) 7/25 (28%) 0/25 (0%) 0/25 (0%) 0/25 (0%) |
| **Assessability of aneurysm graft** |
| 5/7 (71.4%) 2/7 (28.6%) 0/7 (0%) 0/7 (0%) 0/7 (0%) |
| **Evaluation of arterial [and venous] anatomy of the kidneys** |
| 0/10 (0%) 4/10 (40%) 5/10 (50%) 1/10 (10%) 0/10 (0%) |
We acknowledge that our retrospective study has some limitations. First, the patient cohort is small, particularly in the individual patient subgroups where triphasic SDCT was performed for abdominal aortic aneurysm repair assessment or presurgical planning of kidney donation. While we consider our results as initial and preliminary, they still suggest that “virtual triphasic” technique may be acceptable for assessment of abdominal aortic aneurysm repair. Nonetheless, this must be verified in large-scale, prospective studies before routine clinical implementation. Second, true blinding regarding VNC and TNC and VMI_{40keV} and arterial phase images was not possible due to the intrinsic characteristic image impression of VNC and VMI_{40keV} reconstructions. We therefore chose a side-by-side approach for the qualitative assessment, accepting the resulting inherent bias. Third, the patients in our study were only scanned on one approach to DECT, i.e., SDCT; however, previous studies have suggested that other DECT systems might show similar advantages. Fourth, although contrast in venous phase could be improved and image quality parameters were comparable to arterial phase images, venous vessels also increased in contrast and might overlap or obscure arterial vessels. Lastly, for some clinical indications, such as liver, renal and adrenal lesions,
obtaining dynamic contrast information might be important for definitive characterization. Naturally, this information is lost the proposed virtual triphasic imaging approach.

To conclude, this study showed that VNC and VMI_{40keV} calculated from SDCT-derived venous phase images provide comparable vessel assessment as compared to TNC and arterial phase images, with the caveat of a certain quantitative disagreement between VNC and TNC images in venous vessels. Clinical applications for indications such as abdominal aortic aneurysm repair assessment or kidney donor evaluation should be subject to larger-scale studies verifying our initial results.

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**Declarations**

**Conflict of interest** Nils Große Hokamp: received speakers’ honoraria from Philips Healthcare. Nils Große Hokamp, David Zopfs and Simon Lennartz: received institutional research support not related to this project from Philips Healthcare.

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**Fig. 5** A 55-year-old female underwent a triphasic SDCT examination as part of kidney donor evaluation. Initial arterial phase images in axial and coronal planes (a, c) demonstrate single renal artery on both sides. The true non-contrast image (e) reveals aortobiliac atherosclerosis and bilateral renal ostial calcifications (white arrow). 40 keV images from the delayed phase scan in axial and coronal planes (b, d) provide strong boost to contrast enhancement of the abdominal aorta and the renal arteries comparable to arterial phase scan (a, c). VNC images (f) allow comparable assessment of atherosclerotic burden (white arrows). Window levels were adjusted for visualization purposes.
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