Generalized James’ effective Hamiltonian method

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James’ effective Hamiltonian method has been extensively adopted to investigate largely detuned interacting quantum systems. This method is just corresponding to the second-order perturbation theory, and cannot be exploited to treat the problems which should be solved by using the third- or higher-order perturbation theory. In this paper, we generalize James’ effective Hamiltonian method to the higher-order case. Using the method developed here, we reexamine two examples published recently [Phys. Rev. Lett. 117, 043601 (2016), Phys. Rev A 92, 023842 (2015)], our results turn out to be the same as the original ones derived from the third-order perturbation theory and adiabatic elimination method respectively. For some specific problems, this method can simplify the calculating procedure, and the resultant effective Hamiltonian is more general.

I. INTRODUCTION

Generally it is hard to obtain exact analytical solutions for quantum systems, thus various approximation methods have been developed to deal with couplings between the quantum systems. For instance, perturbation theory [1], adiabatic elimination method [2, 3] and James’ effective Hamiltonian method [4-6] have been utilized in the derivation of effective Hamiltonian in quantum mechanics. However, for some specific physical problems the former two methods are time consuming and the deriving procedure is tediously long. While James’ effective Hamiltonian method may sometimes provide us an efficient tool and has been employed to solve many interesting questions related to light-matter interactions [7, 8].

We have noted that the James’ effective Hamiltonian method is actually corresponding to the second-order perturbation theory. For example, the effective Hamiltonian of the Mølmer and Sørensen scheme for trapped ions can be derived from both the second-order perturbation theory [10, 11] and the James’ effective Hamiltonian method [4]. Accordingly in what follows we refer to the original James’ effective Hamiltonian method as the second-order James’ method.

Very recently, the third-order perturbation theory was exploited to deal with problems related to the ultrastrong coupling between the cavity field and atoms. For instance, by applying the third-order perturbation theory, a surprising result that one photon can simultaneously excite two or more atoms was deduced in the ultrastrong coupling regime with a symmetry-broken potential [12].

As the other example, when the frequency of the cavity field is close to the atomic transition frequency, a resonant three-photon coupling between a two-level atom and the cavity field can be constructed which was derived by the adiabatic elimination method in Law’s group [3]. We find one can obtain the similar result by using the third-order perturbation theory. Unfortunately, one cannot derive the effective Hamiltonian appearing in Refs. [12] and [8] by using original James’ effective Hamiltonian method, the reason is that James’ method is only corresponding to the second-order perturbation theory as mentioned above. So it is necessary to generalize James’ method to higher-order. This is the purpose of our present work.

The paper is organized as follows. In Sec. II, we give a simple review about James’ effective Hamiltonian method. And in Sec. III, we derive the third- and nth-order James’ effective Hamiltonian by generalizing James’ method. Then in Sec. IV we use the generalized James’ method to derive the effective Hamiltonian in Refs. [12] and [8], and compare both results. Finally, a summary is made in Sec. V.

II. REVIEW OF JAMES’ EFFECTIVE
HAMILTONIAN METHOD

Now let us give a simple review about James’ effective Hamiltonian method [3, 6], which is well suitable for treating strongly detuned interacting quantum systems, such as atomic or molecular interacting with laser beams, spin system interacting with oscillating magnetic fields under the conditions of highly detuned regime. In the interaction picture the system mentioned above is governed by the Hamiltonian, \( \hat{H}_I (t) \), of the form

\[
\hat{H}_I (t) = \sum_m \left[ \hat{h}_m \exp (i \omega_m t) + \hat{h}_m ^\dagger \exp (-i \omega_m t) \right].
\]  (1)

The Schrödinger equation is

\[
i\hbar \frac{\partial}{\partial t} |\psi (t)\rangle = \hat{H}_I (t) |\psi (t)\rangle.
\]  (2)

The formal solution to Eq. (2) is

\[
|\psi (t)\rangle = |\psi (0)\rangle + \frac{1}{i\hbar} \int_0^t \hat{H}_I (t') |\psi (t')\rangle dt'.
\]  (3)
Substituting Eq. (3) into Eq. (2) and neglecting highly oscillating terms \( \hat{H}_I (t) |\psi (0)\rangle \) yield
\[
i \hbar \frac{\partial}{\partial t} |\psi (t)\rangle = \frac{1}{i \hbar} \hat{H}_I (t) \int_0^t \hat{H}_I (t') |\psi (t')\rangle \, dt'. \tag{4}
\]
By Markovian approximation, Eq. (4) becomes
\[
i \hbar \frac{\partial}{\partial t} |\psi (t)\rangle = \hat{H}_\text{eff}^{(2)} (t) |\psi (t)\rangle, \tag{5}
\]
where
\[
\hat{H}_\text{eff}^{(2)} (t) = \frac{1}{i \hbar} \hat{H}_I (t) \int_0^t \hat{H}_I (t') \, dt'. \tag{6}
\]
Here the superscript "(2)" indicates the second-order James' effective Hamiltonian as mentioned in Sec. I, which is corresponding to the second-order perturbation theory.

Substituting Eq. (1) into Eq. (6) and taking all frequencies \( \omega_m \) distinct, we obtain the following form by using the rotating wave approximation
\[
\hat{H}_\text{eff}^{(2)} (t) = \sum_m \frac{1}{\hbar \omega_m} [\hat{h}_m, \hat{h}_m^\dagger]. \tag{7}
\]

Taking Markovian approximation, we obtain
\[
i \hbar \frac{\partial}{\partial t} |\psi (t)\rangle = \hat{H}_\text{eff}^{(2)} (t) |\psi (t)\rangle, \tag{9}
\]
where
\[
\hat{H}_\text{eff} (t) = \hat{H}_\text{eff}^{(2)} (t) + \hat{H}_\text{eff}^{(3)} (t) + \cdots + \hat{H}_\text{eff}^{(n)} (t) + \cdots, \tag{10}
\]
\( \hat{H}_\text{eff}^{(2)} (t) \) is the second-order James' effective Hamiltonian expressed by Eq. (6) and \( \hat{H}_\text{eff}^{(3)} (t) \) is referred to as the third-order James' effective Hamiltonian of the following form
\[
\hat{H}_\text{eff}^{(3)} (t) = -\frac{1}{\hbar^2} \hat{H}_I (t) \int_0^t \hat{H}_I (t_1) \int_0^{t_1} \hat{H}_I (t_2) \, dt_2 \, dt_1, \tag{11}
\]
Note that for the case that the frequencies \( \omega_m \) are not all distinct, e.g., \( |\omega_m - \omega_n| \ll \omega_m, \omega_n \), one should take into account the terms containing \( \hat{h}_m \hat{h}_n^\dagger e^{i(\omega_m - \omega_n) t} \), \( \hat{h}_m^\dagger \hat{h}_n e^{-i(\omega_m - \omega_n) t} \) as did in \[5\]. However, for simplicity here and in what follows we only consider the case of all the frequencies \( \omega_m \) being distinct.

**III. Generalized James' Effective Hamiltonian Method**

In order to develop a generalized James' method corresponding to the third- and higher-order perturbation theory, we adopt James' idea as mentioned in Sec. II. First of all, substituting Eq. (3) into Eq. (4) with iteration and yields

\[
\hat{H}_\text{eff}^{(n)} (t) = \left( \frac{1}{i \hbar} \right)^n \hat{H}_I (t) \int_0^t \hat{H}_I (t_1) \int_0^{t_1} \hat{H}_I (t_2) \cdots \int_0^{t_{n-2}} \hat{H}_I (t_{n-1}) \, dt_{n-1} \cdots dt_2 \, dt_1 + \cdots \right) |\psi (0)\rangle, \tag{8}
\]

\( \hat{H}_\text{eff}^{(n)} (t) \) is the nth-order James' effective Hamiltonian
\[
\hat{H}_\text{eff}^{(n)} (t) = \left( \frac{1}{i \hbar} \right)^n \hat{H}_I (t) \int_0^t \hat{H}_I (t_1) \int_0^{t_1} \hat{H}_I (t_2) \times \cdots \int_0^{t_{n-2}} \hat{H}_I (t_{n-1}) \, dt_{n-1} \cdots dt_2 \, dt_1. \tag{12}
\]

Examining our results (10)–(12), one can find the effective Hamiltonian in arbitrary orders is actually equivalent to the series expansion of the unitary evolution operator \( U(t, 0) \) \[13\]. To this end, now let us briefly derive the series expansion of the unitary evolution operator from Eq. (8). The formal solution to Eq. (8) is
\[
|\psi (t)\rangle = \left[ 1 + \frac{1}{i \hbar} \int_0^t \hat{H}_\text{eff} (t) \, dt \right] |\psi (0)\rangle = U(t, 0) |\psi (0)\rangle, \tag{13}
\]
where

\[
U(t, 0) = 1 + \sum_{n=1}^{\infty} \left( \frac{1}{i\hbar} \right)^n \left( \int_0^t \hat{H}_I(t') \int_0^{t'} \hat{H}_I(t_1) \times \cdots \int_0^{t_{n-2}} \hat{H}_I(t_{n-1}) \ dt_{n-1} \cdots dt_1 \ dt \right).
\]

It is not difficult to check that \( U(t, 0) \) in Eq. (14) is exactly the series expansion of the unitary evolution operator [13 14]. Different from the method of series expansion of the unitary evolution operator, the generalized James' method developed here can give directly the effective Hamiltonian in arbitrary order.

In what follows we mainly focus on the third-order case and limit ourselves to the case that all of the frequencies \( \omega_m \) are not only distinct, but also the algebraic sum of any three frequencies including two same ones is zero or distinct from zero. Considering \( \hat{H}_I(t) \) taking the form of Eq. (1), one can further simplify \( \hat{H}^{(3)}_{\text{eff}}(t) \) by using the rotating wave approximation,

\[
\hat{H}^{(3)}_{\text{eff}}(t) = \frac{\hbar^2}{\lambda^3} \sum_{i, m, n} \left\{ \frac{1}{\omega_n (\omega_n - \omega_m)} \left[ \hat{h}_i \hat{n}_m \hat{n}_n e^{i(\omega_l - \omega_m + \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(-\omega_l - \omega_m - \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(\omega_l + \omega_m - \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(-\omega_l + \omega_n + \omega_n)t} \right] + \frac{1}{\omega_n (\omega_l + \omega_n)} \left[ \hat{h}_i \hat{n}_m \hat{n}_n e^{i(-\omega_l - \omega_m + \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(\omega_l - \omega_m - \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(\omega_l + \omega_m - \omega_n)t} + \hat{h}_i \hat{n}_m \hat{n}_n e^{i(-\omega_l + \omega_n + \omega_n)t} \right] \right\}.
\]

Note that in the above equation only the terms with sum frequency \( \omega_l + \omega_m + \omega_n \) have been neglected. Since the frequencies \( \omega_m \) are all distinct, one needs only to keep the terms in \( \hat{H}^{(3)}_{\text{eff}} \) from the contributions of algebraic sum of any three frequencies being zero and other contributions are all neglected according to rotating wave approximation. That is to say, Eq. (15) can be further simplified according to the practical situation. After such simplification, it is not difficult to prove \( \hat{H}^{(3)}_{\text{eff}} \) is hermitian, which is provided in appendix.

IV. EXAMPLES

In this section, we reexamine two examples in Refs. [12] and [3] by the generalized James' method. As the first example, we examine two (or more) atoms excited simultaneously by one photon and compare the results with the original ones from the third perturbation theory in [12]. Then we revisit three-photon absorption of a two-level atom via the counter-rotating processes in the Rabi model [3].

A. Two atoms excited simultaneously by one photon

In a recent literature an interesting result that two or more atoms can be simultaneously excited by one photon was derived in the ultrastrong coupling regime with a symmetry-broken potential [12]. The system considered in [12] is two or more identical qubits coupling to a single cavity mode. In the following we apply the generalized James’ method to revisit this question in the case of two atoms. In the interaction picture with respect to \( \hat{H}_0 = \frac{1}{2} \omega_q \sum_{i=1,2} \sigma_i^z + \omega_i a^\dagger a \) the Hamiltonian is given by expansion of the unitary evolution operator, the generalized James’ method developed here can give directly the effective Hamiltonian in arbitrary order.

First of all, let us assume the initial state of the system is \(|gg1\rangle \) as did in Ref. [12], where \(|gg1\rangle \equiv |g\rangle_1 \otimes |g\rangle_2 \otimes |1\rangle \_C \), standing for both atoms are in their ground state and the cavity mode in the one photon Fock state. In this case \( \hat{H}^{(3)}_{\text{eff}} \) turns out to be the same as that in Ref. [12].
Obviously, our method is much simpler than the third perturbation theory used in [12].

Moreover, Eq. (17) shows richer physical connotation if one considers the initial state of the cavity mode in Fock state $|n\rangle_C$ and both atoms are still in their ground state, in such a case, Eq. (17) can be written as

$$
\hat{H}_{eff}^{(3)} = \Omega_{eff}^{(3)} (|ee\rangle (n-1) \langle ggn| + |ggn\rangle \langle ee\rangle (n-1)),
$$

(18)

where $\Omega_{eff}^{(3)} = -\frac{8\sqrt{n} \lambda^3 \cos^2 \theta \sin \theta}{3 \omega_c^2}$ is the effective Rabi frequency, and it is proportional to $\sqrt{n}$. That is to say, more photons in the cavity can enhance the ability for one photon to simultaneously excite two atoms.

B. Three-photon coupling in the large-detuned Rabi model

In the recent contribution, Ma and Law investigated theoretically the three-photon coupling in Rabi model in the large-detuning regime, they found a two-level atom can absorb three photons simultaneously via the counter-rotating processes in the three-photon resonance [3]. In their study, the adiabatic elimination method was used to derive the effective Hamiltonian. Here we show the generalized James’ method is also available to get the same result.

In the interaction picture with respect to $\hat{H}_0 = \frac{i}{\hbar} \omega_c \sigma_z + \omega_a \hat{a}^\dagger \hat{a}$ the Hamiltonian of the quantum Rabi model ($\hbar = 1$) is given by

$$
\hat{H}_I = \lambda \left[ \hat{a} e^{i(\omega_a - \omega_c)t} \hat{a}^\dagger + \hat{a}^\dagger e^{i(\omega_a + \omega_c)t} \hat{a} + H.c. \right],
$$

(19)

where $\lambda$ is the coupling rate of atom to cavity mode, $\hat{a}$ and $\hat{a}^\dagger$ are, respectively, the annihilation and creation operators for the cavity field of frequency $\omega_c$, and $\omega_a$ is the atom transition frequency. The Pauli matrices are defined as $\hat{\sigma}_x = |e\rangle \langle e| - |g\rangle \langle g|$, $\hat{\sigma}_y = i |e\rangle \langle e| + i |g\rangle \langle g|$, $\hat{\sigma}_z = |e\rangle \langle e| - |g\rangle \langle g|$, and $\hat{\sigma}_+ = \hat{\sigma}_x + i \hat{\sigma}_z$. Under the three-photon resonance with $\omega_c = \omega_a / 3$, the interaction Hamiltonian becomes

$$
\hat{H}_I = \lambda \hat{\sigma}_+ (\hat{a} e^{2i\omega_c t} + \hat{a}^\dagger e^{-2i\omega_c t}) + H.c.
$$

(20)

Making the identification $\hat{H}_1 = \lambda \hat{\sigma}_+ \hat{\sigma}_+ + \lambda \hat{\sigma}_+ \hat{\sigma}_-$ with frequency $\omega_1 = 2\omega_c$, $\hat{H}_2 = \lambda \hat{\sigma}_+ \hat{\sigma}_+ \hat{\sigma}_+ \hat{\sigma}_-$ with frequency $\omega_2 = 4\omega_c$, one can straightforwardly utilize the formula expressed in Eq. (10) to find the effective Hamiltonian

$$
\hat{H}_{eff}^{(2)} = \frac{\lambda^2}{4\omega_c} \left[ (3\hat{a} \hat{a}^\dagger + 2) \hat{\sigma}_+ \hat{\sigma}_- - (3\hat{a}^\dagger \hat{a} + 1) \hat{\sigma}_- \hat{\sigma}_+ \right],
$$

(21)

$$
\hat{H}_{eff}^{(3)} = -\frac{\lambda^3}{4\omega_c^2} \left[ (\hat{a} \hat{a}^\dagger)^3 \hat{\sigma}_- + \hat{a}^\dagger \hat{a}^3 \hat{\sigma}_+ \right].
$$

(22)

If we take the specific state $|g, 3\rangle$ as the initial state of the system as did in Ref. [3] and consider in the same picture, say, interaction picture, the Eqs. (21) and (22) turn out to be the same as the result obtained in [3]. Moreover, if we take $|g, g\rangle$ as the initial state, the Eqs. (21) and (22) can give a more general result.

V. SUMMARY

In this work, we have generalized James’ effective Hamiltonian method which corresponds to the second-order perturbation theory to the case corresponding to the third- and higher-order perturbation theory, and we have shown that the effective Hamiltonian in arbitrary orders developed is actually equivalent to the series expansion of the unitary evolution operator. By using the generalized James’ effective Hamiltonian method, we have reexamined two examples [3, 12] published recently, the resultant Hamiltonians are the same as the original ones derived from the third-order perturbation theory and adiabatic elimination method respectively. The generalized James’ effective Hamiltonian method developed here can not only simplify the calculating procedure for some problems, but also provide us richer and more general results. We hope the generalized James’ effective Hamiltonian method can be applicable to solve more quantum problems.

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APPENDIX: PROVING HERMITICITY OF $\hat{H}_{eff}^{(3)}$

In this appendix we will prove the hermiticity of $\hat{H}_{eff}^{(3)}$. For simplicity, we concentrate our attention on the case, as mentioned in the text, that all of the frequencies $\omega_m$ are distinct, and the algebraic sum of any three frequencies is zero or distinct from zero, which includes both of the three frequencies are the same. Under such conditions, $\hat{H}_{eff}^{(3)}$ only contains the terms from the contributions of algebraic sum of any three frequencies being zero and other contributions are all neglected according to rotating wave approximation. Apparently, it is sufficient to prove one of such terms is hermitian. Without loss of generality, we suppose $\omega_1$, $\omega_m$ and $\omega_n$ are such three frequencies satisfying $\omega_1 + \omega_m - \omega_n = 0$, their contribution in $\hat{H}_{eff}^{(3)}$ is set to $V_{mnt}$. $V_{mnt}$ can be simplified by using $\omega_l = \omega_n - \omega_m.$
\[ V_{lmn} = \frac{1}{\hbar^2} \left[ \frac{\hat{h}_n \hat{h}_l \hat{h}_m + \hat{h}_n \hat{h}_l \hat{h}_m}{\omega_n \omega_m} + \frac{\hat{h}_m \hat{h}_n \hat{h}_l + \hat{h}_m \hat{h}_n \hat{h}_l}{\omega_m (\omega_m - \omega_n)} + \frac{\hat{h}_l \hat{h}_m \hat{h}_n + \hat{h}_l \hat{h}_m \hat{h}_n}{\omega_n (\omega_n - \omega_m)} \right] + H.c. \] (23)

It is not difficult to find that Eq. (20) is hermitian. For the case of \(-\omega_l - \omega_m + \omega_n = 0\), we can also prove its hermiticity. If two of the three frequencies are the same, say, \(\omega_l = \omega_m\), one can prove this is just a special case. Therefore, we can ensure that the third-order James’ effective Hamiltonian \(\hat{H}_{eff}^{(3)}\) is hermitian.

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