Geoconservation of Springs in Poland

by Maria Bascik¹, Wojciech Chelmicki¹* and Jan Urban²

¹Jagiellonian University, Institute of Geography and Spatial Management, ul. Gronostajowa 7, 30-387 Kraków, Poland
²Polish Academy of Sciences, Institute of Nature Conservation, al. A. Mickiewicza 33, 31-120 Kraków, Poland

Springs are unique phenomena that document water circulation conditions. Their economic importance and use often gives rise to the degradation of their natural features. But they should be understood as a form of natural heritage and protected like other abiotic elements of nature. According to the Polish Act for Nature Conservation (2004), nature parks and nature reserves are the most effective legal means of protecting springs. Springs are the most valuable elements of the several nature reserves located in the Polish mountains, uplands, and lowlands. The most popular type of legal protection of individual springs is that of “nature monument”. At the beginning of 2008, 134 springs were protected in this way – representing 7% of abiotic nature monuments and 0.4% of the total number of monuments in Poland. The number of monuments of this type has increased greatly in recent times due to the activity of several scientific groups and that of local governments as well. The distribution of springs as nature monuments varies greatly in Poland. Most of them are located in the Carpathian Mountains and in the southern Polish uplands. The legal protection of springs should help prevent their persistent destruction, especially if it stimulates the consciousness of local residents as well as authorities.

Introduction

The nature conservation is motivated above all by a concern for nature, learning, aesthetics, culture, and education whereby each element of nature is regarded as an integral part of a whole. Based on this philosophical approach to conservation, nature is a form of heritage that needs to be handed down to future generations in the spirit of sustainable development. So defined, this heritage comprises both living and inanimate nature that needs protection (Dingwall et al., 2005).

The idea of nature conservation dates back to the earliest history of humankind. In the religious beliefs of tribes and peoples, old trees and hidden spots in the forest and springs were regarded as sacred and untouchable which helped these objects survive intact. As civilizations progressed, economic motives for the protection of natural resources appeared while a conservationist approach to nature emerged in connection with the development of the natural sciences. Its beginnings tend to be linked to Alexander Humboldt who introduced the term “nature monument” in 1819 (Naturdenkmal, Monument de la Nature).

Springs are natural features that offer information about the groundwater environment without the need for costly drilling operations. Spring water conditions such as their discharge, temperature, chemistry, and organic life change under the influence of natural and anthropogenic factors. Springs also influence the environment by affecting the local landforms and modifying the humidity levels in the soil and air, thus impacting the habitats of plants as well as wildlife (Springer and Stevens, 2009). The impact of a spring goes far beyond its physical dimensions at its point of emergence. Springs appear in various forms and they function as kind of environmental islands that influence the landscape and sometimes enrich it with special qualities. Springs also function in the cultural dimension as evidenced by the names given to them and their linkage to local popular traditions and beliefs as far back as Greek mythology (Mariolakos, 1998). Such traditions have also been continued in Christianity (Ball, 2004). For example, according to local beliefs, some springs have been associated with holy persons and/or various miraculous properties (e.g. the St. Vincent Kadlubek Spring near Sandomierz in the Sowietokrzyskie Mountains in south-central Poland – Gagol and Urban, 2000; and several springs in the Cracow–Czestochowa Upland in southern Poland – Bascik and Chelmicki, 2002). Historically, such special motivations were usually behind the first practical, although informal, forms of protection given to springs. Currently, springs are most often protected as sources of water for drinking and economic use. Given the large scale of these purposes, springs are usually reconstructed in a way that eliminates their natural...
character. They are also sometimes assigned protection as habitats of rare, unique, or special types of biota. However, the most prominent of motivations for their conservation should consider, first of all, the scientific-educational meaning of springs as abiotic objects, i.e. springs as features which evidence the existence of groundwater in the Earth’s crust and illustrate the mechanisms and rules governing its circulation. The educational role of springs is of special importance because of the widespread lack of understanding of the meaning of groundwater quality and quantity for human life and the world economy caused by a number of reasons (Ball, 2004).

While spring research has recently tended to gain in popularity, the number of publications on strategies for spring conservation remains relatively small. Most studies that are available are linked to large karst springs or to particularly valuable mineral springs.

Springs are not listed as a unique natural feature category on the World Heritage List (Dingwall et al., 2005; Kozina, 2008). The features closest to springs listed among the categories of the World Heritage List are karst and fluvial systems.

There are very few national parks or nature reserves worldwide where springs constitute the main features protected. Northern Florida is unique with its large number of spectacular karst springs. With approximately 600 springs, it ranks as one of those areas with the greatest concentration of this feature anywhere in the world. These springs are also under threat from pollution and increasing tourism because of Florida’s increasingly high population density. In 1999 and 2000, the Florida Department of Environmental Protection mandated a Florida Springs Task Force to develop a strategy focused on: outreach, information, management, regulation, and funding (Hartnett, 2000). This strategy strongly highlights the need for citizen participation through the education of students, citizens, and local leaders about the value, function, and protection needs of springs. The conservation of the biotic aspects of springs are also strongly targeted in the western United States. One of the main spring resource management goals has been designated as “the education of the public about the importance of springs through interpretive, watchable wildlife, and other environmental education programs” (Sada et al., 2001).

New Zealand has become another region for studies of management and conservation strategies for coldwater springs (Scarsbrook et al., 2007; Barquin and Scarsbrook, 2008). The effective management of springs was to be achieved by recognizing the full range of environmental and societal values associated with spring habitats, understanding threats to the sustainability of these values, and formulating strategies that provide a balance between potentially conflicting uses.

A database of springs is a proper first step towards their efficient protection. The German province of Brandenburg has a database containing more than 700 sites (Groever et al., 1996). In New Zealand, the Canterbury administrative district database known as ECAN has more than 1500 springs listed. The New Zealand Freshwater Society has a database of 426 springs (Scarsbrook et al., 2007). The Italian CRENODA T database covers the Alpine region of Trentino (Cantonati et al., 2005).

Springs against the Backdrop of Geodiversity and Landscape Diversity in Poland

The geological and landscape diversity of Poland is conditioned, in general, by its location within the so-called Trans-European Suture Zone (TESZ) and within the marginal zone of the Pleistocene ice-sheet expansion. The first factor resulted in an almost continuous record of the history of tectonic events between East European Platforms and western and central European geological units during the Caledonian, Variscan, and Alpine cycles. The second factor significantly influenced the diversity of the landscape and near-surface rocks (Slomka, 2008). Both of these factors have affected the hydro-geological conditions in Poland and thus the distribution of springs across Polish territory.

The predominant geomorphological factors which shaped the surface of the land of northern and central Poland (covering ca 2/3 of the area of the country) were Pleistocene ice-sheets. The young post-glacial landscape of the coastlands and lakelands in northern Poland, formed during the last Pleistocene glaciation (Würm=Vistulian), is characterised by the occurrence of different types of post-glacial hills and hill ridges, dunes, as well as glacial trough lakes (Fig. 1). The pre-Quaternary rocks in this area are covered with a thick blanket of sandy-clayey glaciofluvial and glacial sediments bearing erratic boulders as well as aeolian sands in places (Kondracki, 2000; Alexandrowicz et al., 2004; Mojski, 2005). Groundwater occurs within the sand and gravel and its circulation is directly linked to relief and surface bodies of water such as lakes. Springs are irregularly distributed throughout this region – found especially often on the slopes of proglacial stream valleys (e.g. Fac-Beneda and Hryniszak, 2007). The geological structure of the Quaternary cover in central Poland is, in general, similar to that in the northern part of the country. However, the old glacial landscape of this region, transformed by denudation processes, is usually more flat (Alexandrowicz et al., 2004; Mojski, 2005) and thus less favourable to the existence of springs. Nevertheless, there are some micro-regions which do abound in springs, e.g. the Lodz region (Moniewski, 2004).

The landscape of the hilly uplands located in southern and central Poland (south of the region covered by the thick blanket of Quaternary sediment) has been conditioned by Alpine and older geological structures. In this particular area, structures have been built of a wide range of lithified and predominantly sedimentary rocks of different ages. Rocks representing almost all geological periods from the Cambrian to the Quaternary (with the exception of Paleogene) crop out in the Swietokrzyskie (Holy Cross) Mountains located just within the TESZ and in the Nidzianska Basin. Both regions are important components of the Malopolska Upland. The older of the rocks, affected by the Caledonian and Variscan tectonic movements, are significantly folded and faulted (Urban and Gagol, 2008). The Slasko-Krakowska Upland (west of the Malopolska Upland) represents an Alpine platform comprises of Mesozoic rocks (Cracow-Silesian Monocline – Matyszkiewicz, 2008) with an Upper Paleozoic Variscan core (Silesian Basin). The third (eastern) region of the upland belt – the Lubelska Upland – is also an Alpine platform with the surface made of Cretaceous rocks. These rocks are overlaid with marine Neogene sediments in the southern part of this region – called the Roztocze Upland (Buraczyński, 1997; Radwanek-Bak and Bak, 2008). Major aquifers in these upland regions are found in thick series of karstified carbonates of the Middle and Upper Devonian (limestone and dolomite), Upper Jurassic (limestone), Upper Cretaceous (marl, gauze, chalk, and limestone), and Middle Triassic (limestone and dolomite). However, pore-fissured aquifers also do occur within Carboniferous siliciclastic rocks of the Silesian Basin as well as in Permian, Lower Triassic, and Lower Jurassic sandstone-siltstone series of the Swietokrzyskie Mountains (Paczynski and Sadurski, 2007). Springs
of various shapes, types, levels of discharge, and water chemistry are usually found in large numbers on the outcrops of such rocks where these aquifers have not been drained by mining. Karstic, fissure-karstic, and fissured are the predominant types of springs draining Triassic, Jurassic, and Cretaceous limestones, dolomites, marls, as well as sandstones and quartzites. The discharge of these springs ranges from less than one to several hundred dm$^3$.s$^{-1}$ (Dynowska, 1983; 1986).

The southern edge zones of Polish territory located along its southern boundary are occupied by two large mountain ranges: the Sudetes (Sudeten Mountains) and the Carpathians. The Sudetes constitute a Variscan massif formed of magmatic and metamorphic rocks which are partly overlaid by intra- and extra-basinal Permian-Mesozoic sedimentary-volcanic (pyroclastic) complexes. Currently, the mountain range is composed of tectonic blocks lifted up during the Neogene-Quaternary periods but affected earlier by deep weathering (etch planation) (Migon, 1999; Gawlikowska, 2000; Malata, 2008). The pore-fissure groundwater reservoirs in the flysch clastics are drained by numerous springs but in most cases of small discharge (less than 1 dm$^3$.s$^{-1}$) (Waksmundzki, 1971). The Carpathians are known for numerous mineral springs, most of them discharging carbonated and sulfurous waters as well as waters containing carbon dioxide (Rajchel and Rajchel, 1999).

Conservation measures require a good understanding of the location of springs and their properties. Normally, one of the first steps is to catalogue information about the location and the natural, scientific, and educational value of each spring of interest, followed by the identification of potential as well as actual threats. In Poland, there is only a handful of publications of this kind and they cover mostly karst regions of the Slasko-Krakowska Upland and the Malopolska Upland in southern Poland (Dynowska, 1983), the Lubelska Upland and the Roztocze area in the east (Michalczuk, 1997), and the vicinity of the centrally located Polish city of Łódz (Moniewski, 2004). The dependence of springs on local geology and local landforms for the nature of their outflow and their discharge levels has produced a great diversity of springs in different parts of Poland (Dynowska, 1986).

Springs are among the features evidenced on the Detailed Geological Map of Poland, scale 1:50,000, the Detailed Hydrogeological Map of Poland, scale 1:50,000, as well as the Geological-Economic Map of Poland, scale 1:50,000 published by the Polish Geological Institute. The last map gives special attention to springs as potential subjects of legal protection for both economic and non-economic reasons. Springs are also documented on the Hydrographic Map of Poland, scale 1:50,000, created by the Head Office of Geodesy and Cartography of Poland.

There exists an important need to create a database of springs in Poland. Siwek (2007) proposed an interactive database concept for upland springs. Such a database would contain information about each spring’s geographic location, type, geology, form of legal protection, discharge, water temperature, and chemical composition.
Legal Framework for Spring Conservation in Poland

In Poland, non-economic conservation is based on the provisions of the Nature Conservation Act passed in 2004. In terms of the conservation of springs, this is the only legislative act of its kind in Poland. The need for the conservation of springs is derived from the Conservation Act’s “principle of rational management of inanimate natural resources” and proposes a conservative use of space and the preservation of its particularly valuable features. Springs, however, can also be protected as elements of one of the legal categories of conservation. Table 1 summarizes ten categories of nature conservation regulated by the Act.

Among the range of conservation categories defined by the Act, springs typically fall under “nature monuments”, however, the protection of water and water relationships is also provided for by other categories of legal environmental protection (Items 1-5 and 9 in Table 1) or individual objects (6-8 and 10).

A protected area conservation status generally means that water relationships and landforms must not be altered. This high degree of protection, available only in national parks and nature reserves, is unconditional, i.e. independent of economic conditions and might, therefore, be regarded as sufficiently restrictive. In national parks, springs are legally protected just as are various other elements of nature and landscape. Springs are particularly abundant in national parks where they play important landscape-oriented roles. This is particularly true in the Tatra Mountains (Tatra NP), the Słasko-Krakowska Upland (Ojcowski NP), the Swietokrzyskie (Holy Cross) Mountains (Swietokrzyski NP) and the Sudetes (Giant Mountains NP; Stolowe Mountains NP).

In nature reserves, protection is afforded to nature in general but normally focuses on one of its components. In 2008 about 30 of the total number of 1423 nature reserves in Poland (Ochrona Środowiska, 2008) were centered on springs as the main protected component. In the Central Polish Lowlands, examples include karstic springs located in Jurassic limestones in the Blue Springs (Niebieskie Źródła) Reserve on the Pilica River and in the Koziennicki Landscape Park (Mazowiecka Lowland). Outflows from Quaternary formations are protected in reserves on the Strazka River (Pomorskie Lakeland), on the Flinta River (Wielkopolskie Lakeland), and on the Lyna River (Mazurskie Lakeland). Upland reserves include a peat bog in the Tanwis Springs (Zródtla Tanwi) Reserve in the Rzrotoce region and two reserves in the Malopolska Upland: the salt pan Owczary Reserve featuring a spring in the Nida Basin (Lajczak, 2001) and the forest-landscape Reserve Parkowe in the Wiercica River Valley, established in 1957 as one of the earliest reserves in Poland. Examples of reserves protecting mountain spring areas include: the springs of the Jasioska River Reserve and the Barania Góra Reserve with the historically important springs of the Vistula River (in the Carpathian Mountains) (Alexandrowicz et al., 1975; 1992).

In landscape parks and protected landscape areas, spring protection is not unconditional and its effectiveness largely depends on local spatial development plans and on the activity and efficiency of the local nature conservation service. Numerous springs are legally protected in landscape parks in the Carpathian Mountains and the Carpathian Foothills, in complexes of Jurassic landscape parks, and in landscape parks of the Swietokrzyskie Mountains and the Nidzianska Basin.

The European Ecological Network Natura 2000 recognizes springs as protected natural habitats. Examples of areas covered by this environmental directive because of the springs they contain include: Cieszyn Calcareous Tuff Springs (Cieszyńskie Źródła Tufowe) in the Carpathians and Blue Springs (Niebieskie Źródła) on the Pilica River as mentioned above.

Springs can also be regarded as geological features in documentation sites which are legally protected against damage and modification of local landforms or water relationships. There are five documentation sites with springs in Poland including the

Table 1. Nature conservation designations in Poland according to the Nature Conservation Act of 2004

| No. | Designation | Description |
|-----|-------------|-------------|
| 1   | National parks | Unique, natural, scientific, societal, cultural, and educational value with an area > 1 000 ha. Conservation protection of all natural entities and landscape. Objective: to maintain biological diversity, resources, and components of inanimate nature and landscape. |
| 2   | Nature reserves | Extant natural or little affected ecosystems, refuges, natural habitats, as well as inanimate natural features with unique natural, scientific, cultural or landscape qualities. |
| 3   | Landscape parks | Protected for their natural, historical, cultural or landscape value in order to maintain and promote the above values as part of sustainable development. |
| 4   | Protected landscape areas | Protected unique landscape with diverse ecosystems valuable for the purpose of meeting tourist and leisure needs or to serve as ecological corridors. |
| 5   | Natura 2000 areas | Special bird protection areas or special protected habitats. |
| 6   | Nature monuments | Discrete features of living or inanimate nature or clusters of them which represent unique natural, scientific, cultural, historic or landscape value and individual qualities setting them apart within their assigned categories such as trees, springs, waterfalls, karstic springs, erratic boulders, caves, and rock formations. |
| 7   | Documentation sites | Scientifically and educationally important sites of geological formations, whether visible or not visible on the surface. |
| 8   | Ecological sites | Remains of ecosystems important for biodiversity such as groups of trees, swamps, natural bodies of water, including field and forest ponds, etc. |
| 9   | Landscape-nature protected complexes | Elements of natural or cultural landscape warranting protection for their aesthetic qualities. |
| 10  | Species, preservation of plants, animals, and fungi | Survival and protection of wild plant life, animal life, and fungi, together with their habitats. |
St. Vincent Kadlubek Spring (Zródló Blogoslawionego Wincentego Kadlubka) near Sandomierz (Świętokrzyskie Mountains) which was characterized as a geological phenomenon in 1829 (Gagol and Urban, 2000).

Similar conservation and protection rules apply to landscape-nature complexes and ecological sites established by resolutions of local authorities. In the landscape-nature complexes, springs are protected as components of the natural or cultural landscape in recognition of their outstanding aesthetic qualities while in ecological sites they are protected as ecosystems important for biodiversity.

Particularly valuable springs are afforded individual protection status as inanimate nature monuments.

**Springs Protected as Nature Monuments**

A nature monument (Table 1) is the oldest traditional and legal category of individual protection and it is the most popular in Poland. In 1949, it was introduced into Polish law by the Nature Protection Act and has been carried over by subsequent legislative changes. Legal provisions on nature monuments prevent their destruction or modification, change of landform or water relationship, other than those serving the purpose of nature protection or of rational forest, water or agricultural management. A nature monument is established by a regulation issued by a Voivode (Governor) who heads the local government in a given province or by a resolution of the local municipal council. Originally, cultural or aesthetic motivations played a significant role in conservation efforts. By the mid-1970s, however, only three springs had the status of nature monuments. St. Hubert’s Spring (Zródló św. Huberta) in Wiktorów (Wielkopolska Lowland) was the first to be granted this status in 1955. It was followed in 1956 by the God’s Gift Spring (Dar Boży) in the Barlinecko-Gorzowski Landscape Park (western Wielkopolska Lakeland). Another early example of protected spring included site with the pulsating Murmuring Spring (Belkotka) in Iwonicz Zdrój (Carpathians).

By the early 1980s, only six of the total number of 13,500 nature monuments were springs (Fig. 2). In 1987, this status was granted to 27 springs, mostly ones in the Slasko-Krakowska and Malopolska Uplands. These springs were being explored by hydrologists from the Jagiellonian University with the research being headed by Dynowska (1983). Her research focused on the unique educational and landscape value of the springs located in the Uplands and stressed the need for conservation of these springs. In addition, a small number of springs located in the Swietokrzyskie Mountains were also granted legal protection including fissure outflows from virtually water-free Cambrian quartzite sandstones, karstic springs in Devonian limestones, spring areas linked to aquifers in Lower Triassic and Middle Jurassic sandstones, as well as Pleistocene saprolites of Paleozoic rocks (Wróblewski, 2000).

In the early 1990s, the number of springs with individual protection status rose to 42 (3.3% of all monuments of inanimate nature). While the first research into springs in the Lubelska Upland and the Roztocze region dates back to the 1960s, the popularity of this research grew only starting in the 1990s. Researchers from Lublin explored this water-rich region and identified springs with high discharge rates (more than 100 dm$^{-3}$.s$^{-1}$) and medium discharge rates (10-100 dm$^{-3}$.s$^{-1}$) (Michalczyk, 1997). The substantial rates of discharge as well as the landscape and the scientific appeal of these springs stem from the hydrogeological properties of carbonate rocks – a network of tectonic fissures and considerable altitude differences in the local morphology. These scientific, educational, and landscape qualities, combined with cultural values, contributed to the designation of 37 of the springs studied as nature monuments, mostly between 1996 and 1998. The 1990s saw similar status being granted to a small number of springs in the Lower Vistula Valley and in the Pomorskie Lakeland. These include the St. Roch Spring (Zródló św. Rocha) on a slope of the Vistula Valley near Swiecie and large spring areas in the form of vast, semicircular basins on a lake shore near Czernica (eastern part of the Pomorskie Lakeland). In 1996, four springs in the western Central Lowlands were also formally granted legal protection.

The late 20th century also saw conservation status granted to numerous Carpathian springs in view of the special mineral qualities of their waters and the risk of their potential economic usage connected with the accompanying destruction of their natural forms. In the flysch Carpathians, the sixteen most valuable natural springs yielding sulfide- and carbonate-type waters were assigned protected status. Sulfurous water is characterized by the specific odor of sulfuric acid and the residue built up by colonies of bacteria while acidulous carbonate-type water occurs in conjunction with tectonic irregularity zones and is known for its “spa” qualities. The majority of these springs are found within the Popradzki Landscape Park and in the buffer zones of the Babigórski and Magurski National Parks (Rajchel and Rajchel, 1999; Alexandrowicz and Poprawa, 2000).

In 1999/2000, while studying springs of the Slasko-Krakowska Upland and the Malopolska Upland (Chelmicki, 2001), researchers analyzed sites already recommended for protection and proposed new candidate sites. The resulting documentation helped sixteen springs located in the southern parts of these regions to receive monument status in 2002. Karst-fissure springs in these areas where Upper Jurassic and Upper Cretaceous carbones are exposed are protected mainly for their unique landscape, educational, and ecological value. These areas are characterized by abundant groundwater within karst-type aquifers and karstic springs featuring high discharge rates (Fig. 3). They are attractive and dynamic landscape elements which also happen to actively build and modify unique landforms and microclimatic conditions that impact both biotic and abiotic components of the environment (Bascik et al., 2008). In 2004 – 5, in 2005 – 1, and in 2006 – 2 springs in the Slasko-Krakowska Upland were also granted nature monument status.

At the end of 2007 Poland had altogether 35,074 nature monuments (Ochrona Srodowiska, 2008) including 1961 inanimate nature monuments but just 134 springs – 0.4% of all monuments and approximately 6.8% of abiotic monuments. The individually protected springs are highly dispersed (Fig. 4). Decades of conservationist activity in the uplands with their rich water resources and interesting...
outflows have resulted in this area having more than 64% of all the springs officially protected as “monuments of inanimate nature”. Carpathian Mountain and Carpathian Foothill springs constitute approximately 18% of all individually protected springs in Poland while only one spring of this type is located in the Sudetes/Sudeten Foreland. The large Pomorskie Lake District contains 10% of all spring nature monuments.

On the administrative map of Poland, most of the protected springs are found in the following provinces: Malopolskie (39%), Lubelskie (28%), and Świętokrzyskie (11%). This distribution reflects the actual spring distribution within Polish geographic regions and their hydrological and landform diversity. This also suggests, however, that alongside natural factors, spring conservation relies heavily on the presence of active scientific centres and a positive attitude of local authorities towards nature conservation.

Effectiveness of Spring Conservation and its Risks

The greatest problem facing spring conservation is damage and pollution of the spring and its water. Spring cavities are most often destroyed when they are built-up (modified) for drinking water extraction. Other frequent reasons of the deterioration of the natural features of springs are: culture-related purposes, river training, and road or building construction. Spring water pollution is mostly linked to the improper management of the surroundings (e.g. applying chemical fertilizers), the destruction or the modification of the spring area, the littering of the spring and its surroundings, as well as excessive intervention in the water relationships both near the spring and in its sub-basin. The value of the natural landscape is also threatened by construction work in close proximity to a spring (Fig. 5). A lowering of the groundwater table may be difficult to detect but groundwater extraction or mine drainage measures may, in fact, lead to a complete drying up of a spring.

The granting of a legal protection status such as that of a nature monument, ecological site or documen-
The evidence of the usefulness of a conservationist approach emerged during the last few years when the provision of legal protection status for many springs was accompanied by successful campaigns by a number of nature preservation centres, local authorities, as well as environmental conservation services for building awareness of the importance of springs as components of natural heritage. Local governments have been quite helpful in developing educational materials containing information about valuable springs for use by various local communities and tourists who might become interested in helping to achieve conservationist goals if properly informed of the importance of spring conservation.

Conclusions

Spring conservation has recently gained in popularity in scientific circles that have come to recognize both the economic and natural significance of springs. The many facets of the existence and functioning of springs have made them a focus of interdisciplinary research including: hydrogeological, hydrological, hydrochemical, hydrobiological, cultural, landscape, and ecological. An interdisciplinary approach is indeed necessary for an accurate evaluation of the functioning of springs in nature and their economic potential (Bascik et al., 2008).

An integrated research approach should ideally lead to the taking stock of natural outflows of groundwater, the building of a database of springs, the charting of maps of springs featuring information about their various properties, and the recommendation of the most valuable of springs for legal protection. Indeed, spring conservation activities are particularly important with respect to the economic dimension of water and its extraction which is often a potential source of a conflict between humans and nature. For these reasons, all environmental protection and regional development programs, including local spatial development plans and municipal development strategies, should adopt a holistic approach to the protection of water and its springs – both of which are important components of nature.

The importance of water protection has been highlighted by the fact that it is being dealt with by European and global legislative bodies. The principles of water management adopted in 1968 in Strasbourg and known as the European Charter on Water Resources...
remain valid to this day. The Charter states that water protection requires more intensive research, training of professionals, and the education of society. Springs are included as an element of geodiversity and geological heritage in the “Recommendation on conservation of the geological heritage and areas of special geological interest” adopted by the Committee of Ministers of the Council of Europe on May 5th, 2004. The recommendation points to the fundamental (scientific, cultural, aesthetic, landscape, economic, as well as intrinsic) value of natural resources which need to be preserved and handed down to future generations. In January 2008, at the World Economic Forum in Davos, business, political, and social leaders accepted that water conservation is among the most urgent of global issues.

Acknowledgements

Authors wish to thank Andrzej Kalemba for his help in completing the current list of protected springs.

References

Alexandrowicz, Z., Drzal, M. and Kozłowski, S., 1975, Katalog rezerwatów i pomników przyrody nieoznaczonej w Polsland (A catalogue of inanimate nature reserves and monuments in Poland), Studia Natura, ser. B, vol. 26, pp. 298 (in Polish with English summary).

Alexandrowicz, Z., Kuczmierz, A., Urban, J. and Otska-Budzyn, J., 1992, Waloryzacja przyrody nieoznaczonej obszarów i obiektów chronionych w Polsce (Evaluation of inanimate nature of protected areas and objects in Poland). Pałanstowny Instytut Geologiczny, Warszawa, 140 p. (in Polish with English summary).

Alexandrowicz, Z. and Poprawa, D. (Eds.), 2000, Ochrona geórównorodności w Polskich Karpatach (Geodiversity conservation in the Polish Carpathians). Pałanstowny Instytut Geologiczny, Warszawa, 142 p. (in Polish with English summary).

Alexandrowicz, Z., Romeyk-Hurko, K. and Urban, J., 2004, Geology and relief of Poland in landscape protection. In: Parkes, M. (Ed.), Natural and cultural landscapes – the geological foundation: Proc. Conf. 9-11.09.2002, Dublin Castle, Royal Irish Academy, Dublin, pp. 175-178.

Ball, D.M., 2004, Mystical mythical Ireland; groundwater and the advantages of suspended disbelief. In: Parkes, M. (Ed.), Natural and cultural landscapes – the geological foundation: Proc. Conf. 9-11.09.2002, Dublin Castle, Royal Irish Academy, Dublin, pp. 205-208.

Barquin, J. and Scarbrough, M., 2008, Management and conservation strategies for coldwater springs: Aquatic conservation: Marine and Freshwater Ecosystems, vol. 18, no. 5, pp. 580-591.

Basicki, M. and Chelmiwick, W., 2002, Źródła – Przyroda, geografia, mistyka (Springs – Nature, geography, mysticism). In: Kultuniak, J. (Ed.): Rzeki. Kultura, cywilizacja, historia, 11, Wyd. Słask, Katowice, pp. 119-146 (in Polish with English summary).

Basicki, M. and Chelmiwick, W., 2002, Źródła – Przyroda, geografia, mistyka (Springs – Nature, geography, mysticism). In: Kultuniak, J. (Ed.): Rzeki. Kultura, cywilizacja, historia, 11, Wyd. Słask, Katowice, pp. 119-146 (in Polish with English summary).

Basicki, M., Chelmiwick, W. and Siwek, J., 2008, Les sources comme indicateurs de la qualité de l’environnement en Pologne. In: Da Lage, A., Amat, J.P., Frérot, A.M., Guichard-Anguis, S., Julien-Laferrière, B., Wicherek, S.P. (Eds.), L’après-developpement durable: espaces, nature, culture et qualité. E lipes, Paris, pp. 267-276.

Buraczynski, J., 1997, Rzeczy wodnych – zbiory z dzieje (Geology, relief and landscape of Roztocze Upland). Univ. M. Curie-Skłodowska, Lublin, 72 p. (in Polish).

Cantonati, M., Bertuzzi, E. and Scafii, A., 2005, CRENODAT (Biodiversity assessment and integrity evaluation of springs of Trentino – Italian Alps - and longterm ecological research): Project design and preliminary results. Headwater 2005, Conference papers (CD).

Chelmiwick, W. (Ed.), 2001, Źródła Wyzyny Krakowsko-Wieluńskie i Miechowskiej. Zmiany w latach 1973-2000 (Springs of the Krakowsko-Wieluńska and Miechowska Uplands. Changes in 1973-2000). Instytut Geografii i Gospodarki Przestrzennej UJ. Kraków: 127 p. (in Polish with English summary).

Cwojdziński, S. and Kozdroj, W., 2007, Sudetes. Geotourist guide. Pol. Geol. Inst., Warsaw, pp. 119-227 (accessed online March 2009: at http:// www.pgi.gov.pl/images/stories/NW/sudang.pdf)

Dingwall, P., Weighell, T. and Badman, T., 2005, Geological world heritage: a global framework. Protected Area Programme IUCN. Accessed online July 30, 2008: http://www.iucn.org/themes/wcpa/pubs/pdfs/heritage/ geology.pdf.

Dynowska, I., 1983, Źródła Wyzyny Krakowsko-Wieluńskie i Miechowskiej (Springs of the Krakowsko-Wieluńska and Miechowska Uplands). Studia Osrodka Dokumentacji Fizjograficznej PAN, Oddział Kraków, vol. 11, 244 p. (in Polish with English summary).

Dynowska, I., 1986, Regionalne zróżnicowanie źródeł w Polsce (Regional differentiation of springs in Poland), Folia Geographica, series Geographica-Physica, vol. 18, pp. 5-50 (in Polish with English summary).

Fac-Beneda, J. and Hrynszak, E., 2007, Wpływ wód podziemnych u podnóży krawędzi pradoliminy (Groundwater outflows along lower edge of proglacial stream valley). In: Jokiel, P., Moniewski, P. and Ziulkiewicz, M. (Eds.): Źródła Polski. Wybrane problemy krenologiczne: Wydział Nauk Geograficznych Uniwersytetu Łódzkiego. Łódz, pp. 129-134 (in Polish with English summary).

Gagol, J. and Urban, J., 2000, Jerzy Bogumil Pusch prekursor ochrony geórównorodności stanowisk dokumentacyjnych (Jerzy Bogumil Pusch as a precursor of geological documentation sites). Przegląd Geologiczny, vol. 48, no. 1, pp. 55-56 (in Polish).

Gawlowska, E., 2000, Ochrona geórównorodności na Dolnym Slasku (Geodiversity conservation of the Lower Silesia). Pałanstowny Instytut Geologiczny, Warszawa 72 p. (in Polish with English summary).

Gray, M., 2003, Geodiversity: valuing and conserving abiotic nature. John Wiley & Sons Ltd. Chichester, 448 p.

Groover, W., Bierbaum, T. and Homburg, I., 1996, Erfahrungen mit der Umsetzung des quellschutzkoncepts im kreis Guetersloh. Crenzaacja, Vol. 5, pp. 161-166.

Hartnett, F.M. (Ed.), 2000, Florida’s springs: strategies for protection and restoration. Florida Dept. of Env. Protection, Tallahassee, Florida, 59 p.

Kondracki, J., 2000, Geografia regionalna Polski (Regional geography of Poland). Wyd. Nauk. PWN, Warszawa, 440 p. (in Polish).

Kozina, K., 2008, Obiekty przyrody nieoznaczonej na Liscie Światowego Dziedzictwa UNESCO (Abiotic properties on the World Heritage List of UNESCO). Przegląd Geologiczny, vol. 56, no. 3, pp. 198-207 (in Polish).

Ksiażkiewicz, M., Samsonowicz, J. and Rühle E., 1965, Zarys geologii Polski (Outline of geology of Poland). Wyd. Nauk. PWN, Warszawa, 440 p (in Polish).

Lajczak, A., 2001, Źródła mineralne Niecki Nidziankis (Mineral springs of the Nida Basin). Czasopismo Geograficzne, vol. 72, no. 2, pp. 151-184 (in Polish).

Malata, T., 2008, Development of Polish Flysch Carpathians revealed in outcrops and landscapes. Przegląd Geologiczny, vol. 56, no. 8/1, pp. 688-691.

Mariolakos, I., 1998, The geomorphological geotope of Lerni Springs. Geografica Balcanica, vol. 28, no. 3-4, pp. 101-108.

Matyszkiewicz, J., 2008, The Cracow-Czestochowa Upland: A precursor of geological documentation sites). Przegląd Geologiczny, vol. 56, no. 3, pp. 198-207 (in Polish).

Michalczyk, Z. (Ed.), 1997, Źródła Wyzyny Lublinskiej i Rzotcza (Springs of the Lublin Upland and the Rzotocz region). Acta Universitatis Lodziansis, Folia Geographica, series Geographica-Physica, vol. 2, pp. 79-93 (in Polish with English summary).

Migon, P., 1999, Znaczenie głębokiego wietrzenia w morfogenezie Sudetów (Deep weathering in landscape development of the Sudetes). Przegląd Geograficzny, vol. 71, no. 1-2, pp. 59-75 (in Polish, with English summary).

September 2009
Wojciech Chelmicki – Professor of Physical Geography, Head of the Department of Hydrology, Institute of Geography and Spatial Management, Jagiellonian University in Kraków, Poland. His interests cover groundwater – surface water interactions, human impact on water circulation, water chemistry dynamics and hydrological cartography. He is the national correspondent for Poland in the European Network of Experimental and Representative Basins (ERB).

Jan Urban – Geologist at the Institute of Nature Conservation, Polish Academy of Sciences in Kraków, Poland. The main field of his activity is scientific-educational evaluation and the practical protection of abiotic objects. His scientific work is focused on studies of paleokarst features, karst and non-karst caves, rock formations, as well as historic mines. The human approach to the inanimate nature and natural resources currently and in the past is a matter of his special interest.

Maria Bascik – Researcher at the Department of Hydrology, Institute of Geography and Spatial Management, Jagiellonian University in Kraków, Poland. Her interests are focused on landscape evaluation, springs conservation, and hydrological cartography. Author and co-author of regional monographs on Polish mountains, encyclopedic geographic dictionaries, and hydrological maps.