Herbal medicine & healthcare practices among Nicobarese of Nancowry group of Islands - an indigenous tribe of Andaman & Nicobar Islands

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**Background & objectives:** Tribal people often depend on herbal medicines and the traditional knowledge practitioners (TKPs) serve as their healthcare service providers. This study was an attempt to document the use of medicinal plants by the Nicobarese of Nancowry group of Islands.

**Methods:** Field survey was conducted in all the five inhabited Islands of the Nancowry group of Islands. All the TKPs were interviewed with a questionnaire-guided ethnomedicinal survey protocol. Voucher specimens of all the cited plants (botanic species) were collected and a Community Biodiversity Register of Nicobarese of Nancowry was prepared.

**Results:** A total of 77 TKPs were identified, who together were using 132 medicinal plant species belonging to 113 genera and 62 families. The TKPs were treating a total of 43 ailments. Seven endemic and three rare plant species were recorded. The most common plant part used was leaves. Remedies were usually prepared using water as the excipient. Routes for administration of medicinal plant preparations were oral, topical and others. The information collected from the TKPs were collated in the form of Community Biodiversity Registers.

**Interpretation & conclusions:** The present survey shows that the medicinal plants play a pivotal role in the healthcare of the Nicobarese tribe of Nancowry group of Islands. Efforts to document the medicinal plant species and the formulations used by them are necessary to prevent the loss of this precious knowledge.

**Key words** Community Biodiversity Register - flora of Nicobar - herbal medicine - Nancowry - Nicobarese - traditional knowledge practitioners (TKPs)

Traditional medicinal practices and use of herbal medicine date back to pre-historic era. Precious ancient knowledge of traditional medical methods is now restricted to some of the closed communities particularly the remote tribal populations. It is a part of their cultural practices and provides the means for maintaining health and preventing diseases among them. In India, about 1.5 million practitioners of herbal medicine use around 25,000 plant based formulations, of which only 10 per cent are used in drug and pharmaceutical industries. Studies have been initiated to gain knowledge about the traditional
health care systems of indigenous communities in various parts of India. Ethnobotany of the medicinal plants used by the tribes of Andaman and Nicobar Islands is not well studied.6,7

The Nicobarese are the inhabitants of the Nicobar group of Islands of the Andaman and Nicobar Archipelago. The Nicobar group is divided into three zones, viz., the Northern zone, consisting of Car Nicobar Island; the Central zone (also known as Nancowry group of Islands) and the southern zone consisting of Great and Little Nicobar Islands. The Nancowry group is comprised of nine Islands viz., Chowra, Teressa, Nancowry, Kamorta, Katchal, Bombooka, Trincket, Isle of Man and Tillangchong, of which only the first five are inhabited. The Nicobarese belong to the mongoloid race. They are coast-dwellers and enjoy the vicinity of exuberant and verdant tropical forests.8

Nicobarese of Nancowry group of Islands, particularly those inhabiting Chowra and Teressa Islands, still maintain their traditional way of life though the lifestyle of those living in Nancowry, Kamorta and Katchal Islands are in a state of rapid transition due to frequent exposure to modern amenities.9 The tribal inhabitants of these Islands continue to lead a life closely linked to the nature and are mostly isolated from modern influences. Documentation of ethnomedical practices of the tribes of these islands is scarce and the wealth of their traditional knowledge remains unexplored.7,10

We carried out an extensive ethnobotanical survey with the aim of documenting the use of medicinal plants and the allied traditional knowledge of the Nicobarese tribe living in the presently inhabited Islands of Nancowry group.

**Material & Methods**

**Study area:** Nancowry group of Islands include the islands of Chowra (8 km²), Teressa (101 km²), Katchal (174 km²), Kamorta (188 km²) and Nancowry (67 km²) that are inhabited and other Islands such as Bombooka (10 km²), Trincket (86 km²), Isle of Man and Tillangchong (17 km²). Kamorta is the Administrative Headquarter and centre of activity of the Nancowry group of Islands. Of the total population (9140, 2011 census) of the Nicobarese, 3557 live in Kamorta Island, 1298 in Chowra, 1934 in Teressa, 1016 in Nancowry and 1335 in Katchal. There are 42 villages inhabited by Nicobarese in Nancowry group of Islands and people of these Islands speak Nicobarese language which is written in Roman script.

**Study participants and interviews:** This study was planned and conducted by the Regional Medical Research Centre, Port Blair, Andaman and Nicobar Islands. Field visits were conducted in 2012-2013 to all the 42 villages spread across the five inhabited islands. Prior permission to conduct the survey in these islands was obtained from the local authorities. Meetings were conducted with the local Tribal Councils of Nancowry group of Islands. Tribal Councils comprise the Chairman, the Vice-chairman, the Secretary and the Captains of all villages. The survey was conducted in all the villages and the traditional knowledge practitioners (TKPs) of each village were identified.

Each TKP was interviewed individually using a structured questionnaire to obtain the data on diseases healed, medicinal plants used, mode of preparation of medicines, methods of administration of the preparations and the dosages. Teachers and young literates in the community, who were well versed in Hindi language, voluntarily functioned as translators/interpreters during the survey as many of the TKPs spoke in the Nicobarese tongue. The interviews were repeated on different days to ascertain the consistency of the information given by the TKPs.

**Plant specimens collection and identification:** The plants were collected in and around the villages with the help of TKPs and photographs of specimens, and global positioning system (GPS) locations of the respective plants were recorded. Taxonomic identification of the specimens was done by Botanical Survey of India, Andaman & Nicobar Circle, Port Blair. Voucher specimens were deposited at the Regional Medical Research Centre (ICMR), Port Blair. Information related to details of TKPs, ailments treated, formulations, dosage and duration of treatment was collated in the form of Community Biodiversity Registers.

**Results**

A total of seventy seven TKPs (46 male and 31 female) who were currently practicing traditional medicine among the people of the five inhabited Islands of Nancowry group of Islands (Table I) were identified during the survey. These TKPs together were using a total of 132 species of plants belonging to 113 genera of 62 families. Seventy one medicinal plant species were newly identified and were not part of the previous studies.7,10,11 Community Biodiversity Register, a collection of information sourced from each
TKP, contained the list of ailments treated by each TKP in vernacular language (Nicobarese), botanical name and family of the plants used and route of administration ordered alphabetically by the name of the ailment (Table II). The largest number of medicinal plant species were from Euphorbiaceae (12) family followed by Verbenaceae (7); Fabaceae (7); Malvaceae (6); and Asteraceae (6).

This study recorded seven endemic and three rare plants species used as medicine (Table III). The use of three rare plant species was unique to Nicobar group of Islands12.

The 132 plant species used by the TKPs in Nancowry were employed in the treatment of 43 ailments, either individually or in combinations. Most of practitioners used a combination of plants to treat diseases. Of the 270 remedies documented, the largest number was to cure fever (37), followed by abdomenal pain (19), headache (16) while remedies for other ailments were few (Table II).

Among the 132 plant species used by the TKPs, 38 species grew as trees, 35 shrubs, 30 as herbs, 15 as small trees and 14 as climbers. The most commonly used plant parts were the leaves (122 species). Whole plant, root, stem, bark, fruit, nut, seed and flower were also used occasionally. Herbal medicines were commonly prepared using water (111) and coconut oil (79) as the excipients, but occasionally remedies were prepared with other excipients including coconut milk, toddy, honey, rain water, sea water, pig blood and pig fat. Some of remedies were used directly.

The medicinal plant preparations were administered to the patients through different routes including oral, topical and others. Topical (148 preparations) was the most commonly used route of administration, followed by oral (94 preparations) and other routes of administration including ear and eye drops (28 preparations).

**Discussion**

The Nicobarese tribes is the predominant indigenous tribe of Andaman and Nicobar Islands. Traditional medicine is used extensively by the tribal people of Nicobar group of Islands despite an increase in the use of modern medicine. The Nicobarese tribe is a repository of vast knowledge of the flora of their surrounding environment. As in the case of most of the traditional practices in India and all over the world among the Nicobarese including those living in Nancowry group of islands, traditional healing knowledge is passed on from the older generation to the younger in the family through oral narrations and informal training imparted while working as helpers to the folk healers13-18. No written texts are maintained.

It was also interesting to note that a proportion of plants that were reported in earlier survey did not feature during our interactions with TKPs7-11. A study conducted in 1989 reported the use of 23 plant products in folk medicine practices among Nicobarese in Bompoka Island in the Nancowry group of islands. However, the documentation was partial and incomplete11.

In the present study, fever appeared to be the most common ailment among the Nicobarese of these Islands. Other common ailments included body ache, headache, snake bite, abdomen pain, ear ache, diarrhoea, vomiting and nausea, cough for short duration, paralysis, giddiness, prolonged labour, malaria, tuberculosis, skin injuries and fracture of bones.

The way a TKP used a plant to cure a particular ailment often differed from that followed by other TKPs, even of the same village. Often, the same medicinal plant was used by one TKP to cure one ailment and another to cure a different ailment. For
### Table II. Remedies used by Nicobarese traditional knowledge practitioners (TKPs)

| Ailment                  | Local name                  | Botanical name                  | Family               | Route of administration |
|-------------------------|-----------------------------|---------------------------------|----------------------|-------------------------|
| Abdomen pain            | Kinsan/ Hinyóyő/ Ungeh öngse | Glochidion calocarpum Kurz.     | Phyllanthaceae       | Oral                    |
|                         | Píń/ Piri/ Olka             | Annona reticulata L.            | Annonaceae           | Oral                    |
|                         | Fűk/ Mukfěk                 | Sterculia guttata Roxb. ex.DC.  | Sterculiaceae        | Oral                    |
|                         | Karēlla/ Körellā            | Momordica charantia L.          | Sterculiaceae        | Oral                    |
|                         | Fűk/ Mukfěk                 | Sterculia guttata Roxb. ex.DC.  | Sterculiaceae        | Oral                    |
|                         | Māă/ Tāmaklehe              | Ricinus communis L.             | Euphorbiaceae        | Oral                    |
|                         | Ipōh/Kinfi hayom/ Kipis     | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae    | Oral                    |
|                         | Kinya ka/ Kinrif/ Kafe/ Kûn heō/ Minhońt | Macaranga peltata (Roxb.) Muell.-Arg. | Euphorbiaceae | Oral                    |
|                         | Tinkāl/ Mahońg/ Tônkuông/ Tōktiteū nyu | Leea indica (Burm.f.) Merr. | Leeaceae             | Oral                    |
|                         | Fűk/ Mukfěk                 | Sterculia guttata Roxb. ex.DC.  | Sterculiaceae        | Oral                    |
|                         | Ahīdō/ Chamrēvō/ Amōk yuungkin | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae | Oral                    |
|                         | Fűk/ Mukfěk                 | Sterculia guttata Roxb. ex.DC.  | Sterculiaceae        | Oral                    |
|                         | Chanōh                      | Blachia andamanica (Kurz) Hook. f. | Euphorbiaceae | Oral                    |
|                         | Tinkāl/ Mahońg/ Tônkuông/ Tōktiteū nyu | Leea indica (Burm.f.) Merr. | Leeaceae             | Oral                    |
|                         | Tońat/ Chōrik               | Ficus spp.                      | Moraceae             | Oral                    |
|                         | Kōlitengēńch/ Tōkurō tōng  | Tabernaemontana crispa Roxb.    | Apocynaceae          | Oral                    |
|                         | Lirońg / Lurońg             | Morinda citrifolia L.           | Rubiaceae            | Oral                    |
|                         | Tōľāl/ Tafūl/ Tōnvil        | Sceaevola taccada (Gaertn.) Roxb. | Goodeniaceae | Oral                    |
|                         | Kasinrih/ Mōkta/ Matka      | Urena lobata L.                 | Malvaceae            | Oral                    |
|                         | Kōlitengēńch/ Tōkurō tōng  | Tabernaemontana crispa Roxb.    | Apocynaceae          | Oral                    |
|                         | Sanuk/ Sanip/ Sōnup        | Gänophyllum falcatum Blume.     | Sapindaceae          | Oral                    |
|                         | Kepe/Kahēich/Kōhēich/ Pan-nyōōmō | Abrus precatorius L.     | Fabaceae             | Oral                    |
|                         | Kōlitengēńch/ Tōkurō tōng  | Tabernaemontana crispa Roxb.    | Apocynaceae          | Oral                    |
|                         | Karēlla/ Körellā            | Momordica charantia L.          | Cucurbitaceae        | Oral                    |
|                         | Kōfāp                       | Tournefortia argentea Linn. f.  | Boraginaceae         | Topical                 |
|                         | Mōnileąp                    | Cordia subcordata Lam.          | Boraginaceae         | Oral                    |
|                         | Lonvüh/ Liōy                | Psychotria montana Blume        | Rubiaceae            | Topical                 |
|                         | Mītōŋgō-iōyō                | Cassia fistula L.               | Caesalpiniaceae      | Oral                    |
|                         | Sin-ōm/ Ih-ōm/ Hōtlik       | Vernonia patula (Dryand.) Merr. | Asteraceae           | Oral                    |
|                         | Nyōū/ Nguńt                 | Leea grandifolia Kurz.          | Leaceae              | Oral                    |
|                         | Manyi/ Innyich/ Ōn heo muōh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae | Oral                    |
|                         | Lirońg / Lurońg             | Morinda citrifolia L.           | Rubiaceae            | Oral                    |

Contd...
| Ailment          | Local name                  | Botanical name                                                                 | Family             | Route of administration |
|------------------|-----------------------------|-------------------------------------------------------------------------------|--------------------|-------------------------|
| Cha-al-device    | Mēui tameiuyō/ Silak/ Thambi| Sida acuta Burm. f.                                                            | Malvaceae          | Oral                   |
| Ipōh/Infini hayōm/ Kipis      | Phyllanthus amarus Schum. & Thonn. | Tabernaemontana crispa Roxb.                                                   | Euphorbiaceae      | Oral                   |
| Kōlitengéngch/ Tōkurō tông   | Macaranga pellata (Roxb.) Muell.-Arg. | Tabernaemontana crispa Roxb.                                                   | Euphorbiaceae      | Oral                   |
| Fanot Piteyong/ Fanōt/ Tilngacho | Breynia vitis-idaea (Burm.f.) C.E.C. Fischer | Tabernaemontana crispa Roxb.                                                   | Euphorbiaceae      | Oral                   |
| Piń/ Pirō/ Olka       | Annona reticulata L.         | Annonaceae                                                                     | Oral               | Oral                   |
| Sōnūh/ Sōnū/ Panrāpō  | Jasminum syringifolium Wall. ex G. Don   | Dillenia andamanica C.E. Parkinson                                             | Dilleniaceae       | Oral                   |
| Anorexia           | Hūk lik/ Sinom               | Cajanus cajan (L.) Millsp.                                                     | Fabaceae           | Topical                |
| Sin-ōn/ Ih-ōm/ Hōlik    | Ocimum tenuiflorum L.        | Lamiaceae                                                                      | Lamiaceae          | Topical                |
| Back ache          | Ipōh/Infini hayōm/ Kipis      | Phyllanthus amarus Schum. & Thonn.                                             | Euphorbiaceae      | Oral                   |
| Hin nguōyō/ Amah/ Singēn rō | Claxoxygen indicum (Reinw. ex Blume) Hassk. | Datura metel L.                                                               | Euphorbiaceae      | Topical                |
| Kūlchung            | Cleome viscosa L.             | Capparaceae                                                                    | Capparaceae        | Topical                |
| Sin-ōn/ Ih-ōm/ Hōlik    | Vernonia patula (Dryand.) Merr. | Asteraeace                                                                     | Asteraeace          | Topical                |
| Blood vomiting     | Ahiōyō/ Chamrēvō/ Amōk yivong | Lepisanthes rubiginosa (Roxb.) Leenh.                                           | Sapindaceae        | Oral                   |
| Sītrāk              | Cyclea peltata (Lam.) Hook.f. & Thoms. | Passiflora foetida L.                                                         | Passifloraceae      | Oral                   |
| Nyōt/ Nguńt         | Lea grandifolia Kurz.         | Punica granatum L.                                                             | Puniceae            | Oral                   |
| Kupio re            | Passiflora foetida L.         | Asteraeace                                                                     | Asteraeace          | Oral                   |
| Tilama              | Tococarpus kleinii Wight & Arn | Asclepiadace                                                                   | Asclepiadace        | Oral                   |
| Tusō mēuheuov/ Rūiy  | Gossypium barbadense L.       | Malvaceae                                                                      | Malvaceae           | Oral                   |
| Marvalu             | Abutilon indicum (L.) Sweet  |                               | Malvaceae           | Oral                   |
| Body ache          | Piń/ Pirō/ Olka               | Annona reticulata L.                                                           | Annonaceae          | Oral                   |
| Tukōl/ Arōk/ Katahul | Datura metel L.               | Annona reticulata L.                                                           | Annonaceae          | Oral                   |
| Minchuōn/ Hinchiōp/ Mōkhtōta | Claxoxygen indicum (Reinw. ex Blume) Hassk. | Datura metel L.                                                               | Euphorbiaceae      | Oral                   |
| Liroōng / Luroōng   | Morinda citrifolia L.         | Rubiaceae                                                                      | Rubiaceae           | Topical                |
| Tintāl/ Mahōng/ Tōnkuōng/ Tōkiteū nyu | Lea indica (Burm.f.) Merr. |                                                   | Leeaceae            | Topical                |

Contd...
| Ailment                      | Local name                  | Botanical name                  | Family      | Route of administration |
|------------------------------|-----------------------------|---------------------------------|-------------|-------------------------|
| Cha-alö/ Mēui tameiyõ/ Silak/ Thambi |                               | *Sida acuta* Burm. f.           | Malvaceae   | Topical                 |
| Sōnih/ Sōnu/ Panrāpō         | Sőnūh/ Sőnu/ Panrāpō         | *Jasminum syringifolium* Wall. ex G. Don | Oleaceae    | Topical                 |
| Chūchö roi/ Tachū rōi        | Alstonia macrophylla Wall. ex G. Don | Sőnu/ Panrāpō                   | Apocynaceae | Topical                 |
| Kohēōng                      | *Celtis* spp.                |                                  | Ulmaceae    | Topical                 |
|                              | *Ehretia laevis* Roxb.       | Kohēōng                          | Boraginaceae| Topical                 |
| Sanuk/ Sanip/ Sōnup          | *Ganophyllum falcatum Blume.*|                                  | Sapindaceae | Topical                 |
| Topilē                       | *Miliusa andamanica* (King) Finet & Gagnepain | Sanuk/ Sanip/ Sōnup             | Ammonaceae  | Topical                 |
|                              | *Ehretia laevis* Roxb.       |                                  | Boraginaceae| Topical                 |
|                              | Begonia andamanensis Parish ex C. B. Clarke | Kohēāl                          | Begoniaceae | Topical                 |
| Kohēāl                       | *Ehretia laevis* Roxb.       |                                  | Boraginaceae| Topical                 |
|                              | *Barringtonia racemosa* (L.) Spreng. | Sōnih/ Sōnu/ Panrāpō             | Oleaceae    | Topical                 |
|                              | *Ganophyllum falcatum Blume.*| Sānuk/ Sanip/ Sōnup             | Sapindaceae | Topical                 |
| Hit tich/ Hinpōn/ Tāu-ku    | *Hibiscus tiliaecus* L. var. tiliaecus | Khōnl/ Tōnūl                    | Malvaceae   | Topical                 |
| Tōfāl/ Tafūl/ Tōnvil        | *Scaevola taccada* (Guertn.) Roxb. | Sanuk/ Sanip/ Sōnup             | Goodeniaceae| Topical                 |
|                              | *Ficus rumphii* Blume.       |                                  | Moraceae    | Topical                 |
| Minchuōn/ Hinchión/ Mōkhīōta |                               |                                  | Topical     | Topical                 |
| Chūchö roi/ Tachū rōi        | *Alstonia macrophylla* Wall. ex G. Don | Sōnih/ Sōnu/ Panrāpō             | Oleaceae    | Topical                 |
|                              | *Dillenia andamanica* C.E. Parkinson | Kō ońy/ Em                      | Dilleniaceae| Topical                 |
| Mōngeng/ Mōngruōng           | *Suregada multiflora* (A. Juss.) Baill. | Sōnāh/ Sōnu/ Panrāpō             | Euphorbiaceae| Topical                 |
|                              |                                  |                                  | Oleaceae    | Topical                 |
| Hōnrān                       | *Gynotroches axillaris* Blume |                                  | Rhizophoraceae| Topical                 |
| Hit tich/ Hinpōn/ Tāu-ku    | *Hibiscus tiliaecus* L. var. tiliaecus | Hōnrān                          | Malvaceae   | Topical                 |
| Lirōng / Lurońg              | *Morinda citrifolia* L.      |                                  | Rubiaceae   | Topical                 |
| Chūchö roi/ Tachū rōi        | *Alstonia macrophylla* Wall. ex G. Don | Sānuk/ Sanip/ Sōnup             | Apocynaceae | Topical                 |
|                              | *Passiflora foetida* L.      |                                  | Oral        | Topical                 |
|                              | *Cleome viscosa* L.          |                                  | Passifloraceae| Topical                 |
| Methiya lary/ Kaloriyô/ Mitōṅkgō-reyô/ Milum an/ Māharōh an | *Senna occidentalis* (L.) Link | Kalching                          | Capparaceae | Topical                 |
|                              | *Momordica charantia* L.     | Kaṟēlla/ Kōrellā               | Cucurbitaceae| Topical                 |
|                              |                                   | Neem                             | Meliaceae   | Topical                 |
|                              |                                   |                                  | Topical     | Topical                 |
|                              |                                   |                                  | Topical     | Topical                 |
| Sōnih/ Sōnu/ Panrāpō         | *Jasminum syringifolium* Wall. ex G. Don | Kōlitengēch/ Tōkurō tōng         | Apocynaceae | Topical                 |
|                              |                                  | Kum rōōna                       | Lygodiaceae | Topical                 |

Contd...
| Ailment          | Local name                  | Botanical name                                           | Family               | Route of administration |
|------------------|-----------------------------|----------------------------------------------------------|----------------------|-------------------------|
| Kőheok fang/ Hunguőh kap/ Kamong heyő/ Lanan käp | Ipomoea pes-caprae (L.) R.Br. | Convolvulaceae                                           |                      |
| Asēngô/ Astōohô  | Canavalia cathartica Thouars | Fabaceae                                                 |                      |
| Ka-a-avô         | Vernonia divergens (Roxb.) Edgew. | Asteraceae                                             |                      |
| Tarôi            | Hernandia nymphaefolia (C. Presl.) Kubitzki               | Hernandiaceae                                            |                      |
| Tilnyuk          | Ipomoea spp.                                                           | Convolvulaceae                                           |                      |
| Yöngna voŋ       | Clerodendrum paniculatum L.                                         | Verbenaceae                                              |                      |
| Liroŋg / Luroŋg   | Morinda citrifolia L.                                                | Rubiaceae                                                 |                      |
| Body swelling    | Kölőtseint/ Lănguńh        | Memecylon edule Roxb. var. ovatum                       | Memecylaceae         | Topical                 |
| Staraô           | Cyclea peltata (Lam.) Hook.f. & Thoms.                         | Menispermaeae                                            | Topical              |
| Manyî/ Innyich/ Ön heo muõh | Clerodendrum inerme (L.) Gaertn.                       | Verbenaceae                                              |                      |
| Mînko în/ Mînkoîn | Premna corymbosa (Burn.f.) Rottl. & Willd.                     | Verbenaceae                                              |                      |
| Breathing        | Methiyaô larý/ Kaloriyô/ Mîõônggô-reyô/ Mîlum âîn/ Maharôh âîn | Caesalpiniaceae                                         | Topical              |
| difficulty       | Sençusa occedentalis (L.) Link                                    |                          |                      |
| Saming dôi/ Tulsi/ Likup | Ocimun tenuiflorum L.                                      | Lamiaceae                                                 |                      |
| Tukôl/ Arök/ Katahül | Datura metel L.                                               | Solanaceae                                                | Oral                 |
| Fûl              | Catharanthus roseus (L.) G. Don                                   | Apocynaceae                                              | Oral                 |
| Köôfôô/to/ Hôn ngôn käp/ Kin vîta-ong | Callicarpa longifolia Lam.                                      | Verbenaceae                                              | Topical              |
| Kinya kan/ Kinrul/ Kafet/ Kön heô/ Minhoînt | Macaranga peltata (Roxb.) Muell.-Arg.                   | Euphorbiaceae                                              |                      |
| Hin nguôyô/ Amah/ Singônrô | Claxoîl indicum (Reinw. ex Blume) Hassk.                    | Euphorbiaceae                                            |                      |
| Pêngô Likup      | Ocimun gratissimum L.                                           | Lamiaceae                                                 | Oral                 |
| Saming dôi/ Tulsi/ Likup | Ocimun tenuiflorum L.                                      | Lamiaceae                                                 |                      |
| Tukôl/ Arök/ Katahül | Datura metel L.                                               | Solanaceae                                                | Topical              |
| Saming dôi/ Tulsi/ Likup | Ocimun tenuiflorum L.                                      | Lamiaceae                                                 | Oral                 |
| Chest pain       | Kőheok fang/ Hunguőh kap/ Kamong heyő/ Lanan käp | Convolvulaceae                                           | Oral                 |
| Tôfôl/ Taful/ Tônvil | Scaevola taccada (Gaertn.) Roxb.                          | Goodeniaceae                                             |                      |
| Kepe/Kaheîch/Kõheîch/ Pan-nyôêmô | Abrus precatorius L.                                   | Fabaceae                                                 | Oral                 |
| Puchiông/ Inmôî/ Pitêyong | Colubrina asiatica (L.) Brongn.                      | Rhamnaceae                                               |                      |
| Kôfi-âlô         | Annona muricata L.                                                | Annonaceae                                               | Topical              |
| Topîlô           | Miliusa andamanica (King) Finet & Gagnepain                   | Annonaceae                                               | Topical              |
| Contraception    | Lonviû/ Liôy          | Psychotria montana Blume                                 | Rubiaceae            | Oral                   |
| Kaperich         | Stachytarpheta jamaicensis (L.) Vahl                         | Verbenaceae                                              |                      |
| Maprâp           | Drymoglossum heterophyllum (L.) Trimen                        | Polypodiaceae                                            |                      |

Contd...
| Ailment                      | Local name                          | Botanical name                          | Family                    | Route of administration |
|------------------------------|-------------------------------------|-----------------------------------------|---------------------------|-------------------------|
| Cough for short duration     | Kepe/Kahēich/Kēhēich/Pan-nyōōmō     | Abrus precatorius L.                    | Fabaceae                 | Oral                    |
|                             | Gol miroch                          | Piper nigrum L.                         | Piperaceae               |                         |
|                             | Saming dōi/Tulsi/Likup               | Ocimum tenuiflorum L.                   | Lamiaceae                | Oral                    |
|                             | Kepe/Kahēich/Kēhēich/Pan-nyōōmō     | Abrus precatorius L.                    | Fabaceae                 |                         |
|                             | Kinnya kan/Kinrul/Kafet/Kōn heō/Minhoht | Macaranga peltata (Roxb.) Muell.-Arg. | Euphorbiaceae           | Oral                    |
|                             | Saming dōi/Tulsi/Likup               | Ocimum tenuiflorum L.                   | Lamiaceae                | Oral                    |
|                             | Methiya lār’y/Kaloriyit/Mitōŋng̾-reyō/Milum an/Mahārōh an | Senna occidentalis (L.) Link | Caesalpiniaceae         |                         |
|                             | Māā/Tamakleh                         | Ricinus communis L.                     | Euphorbiaceae           |                         |
|                             | Sanuk/Sanip/Sōnup                    | Ganophyllum falcatum Blume.             | Sapindaceae              | Oral                    |
|                             | Ahōyō’/Chamrēvō’/Amōk yuventing      | Lepisanthes rubiginosa (Roxb.) Leenh.   | Sapindaceae              |                         |
|                             | Kepe/Kahēich/Kēhēich/Pan-nyōōmō     | Abrus precatorius L.                    | Fabaceae                 | Oral                    |
|                             | Saming dōi/Tulsi/Likup               | Ocimum tenuiflorum L.                   | Lamiaceae                |                         |
|                             | Uṃ hōk                               | Physalis angulata var angulata         | Solanaceae               |                         |
|                             | Saming dōi/Tulsi Likup               | Ocimum tenuiflorum L.                   | Lamiaceae                | Topical                 |
|                             | Köheok fang/Hunguōh kap/Kamong heyō/Laran kāp | Ipomoea pes-caprae (L.) R.Br. | Convolulaceae           |                         |
|                             | Milanō/Tōnlēm                         | Tylophora indica (Burm. f.) Merr.       | Asclepiadaceae          |                         |
|                             | Methiya lār’y/Kaloriyit/Mitōŋng̾-reyō/Milum an/Mahārōh an | Senna occidentalis (L.) Link | Caesalpiniaceae         |                         |
|                             | Pangkalaūt/Kuchurō-ō                  | Ipomoea gracilis R. Br.                 | Convolvulaceae          |                         |
|                             | Tońat/Chōrik                          | Ficus spp.                              | Moraceae                 |                         |
|                             | Kepe/Kahēich/Kēhēich/Pan-nyōōmō     | Abrus precatorius L.                    | Fabaceae                 | Oral                    |
|                             | Saming dōi/Tulsi/Likup               | Ocimum tenuiflorum L.                   | Lamiaceae                |                         |
|                             | Mōŋgeng/Mōŋgruōng                      | Suregada multiflora (A. Juss.) Baill.   | Euphorbiaceae           | Oral                    |
|                             | Pangkalaūt/Kuchurō-ō                  | Ipomoea gracilis R. Br.                 | Convolvulaceae          |                         |
|                             | Kepe/Kahēich/Kēhēich/Pan-nyōōmō     | Abrus precatorius L.                    | Fabaceae                 |                         |
|                             | Tusō                                  | Bombax ceiba L.                         | Bombacaceae              | Oral                    |
|                             | Puchiŏng/Knōŏ/ Piteyong               | Colubrina asiatica (L.) Brongn.         | Rhamnaceae               | Oral                    |
|                             | Sanuk/Sanip/Sōnup                     | Ganophyllum falcatum Blume.             | Sapindaceae              |                         |
|                             | Rameul                                | Crotalaria alata Buch-Ham ex. Roxb.     | Fabaceae                 |                         |
|                             | Hūk li/ Sinom                         | Cajanus cajan (L.) Millsp.              | Fabaceae                 |                         |

Contd...
| Ailment              | Local name          | Botanical name                              | Family               | Route of administration |
|----------------------|---------------------|---------------------------------------------|----------------------|-------------------------|
| Samók                | Toxocarpus kleinii  | Asclepiadaceae                              | Oral                 |
| Kanap pêch           | Achyranthes aspera  | Amaranthaceae                               | Oral                 |
| Hin nguôyô/ Amah/    | Clauxylon indicum   | Euphorbiaceae                               | Oral                 |
| Singönrô             | (Reinw. ex Blume)   |                                            |                      |
| Sin-ôm/ Hôôm/ Hôôlik| Vernonia patula     | Asteraceae                                  | Oral                 |
| Karvach tangam/ Limoig| Citrus medica L.    | Rutaceae                                    | Topical              |
| Antarôk Malâi        | Zingiber officinale | Zingiberaceae                               | Oral                 |
| Saming dôô/ Tului/    | Ocicimum tenuiflorum| Lamiaeae                                    | Other                |
| Likup                 | L.                  |                                            |                      |
| Antarôk Malâi        | Zingiber officinale | Zingiberaceae                               | Oral                 |
|                      |                     |                                            |                      |
| Dental problems      |                     |                                            |                      |
| Hôô lik/ Sinom       | Cajanus cajan (L.)  | Fabaceae                                    | Other                |
| Marunga              | Albizia retusa      | Mimosaceae                                  | Other                |
|                      | Benth.              |                                            |                      |
| Sajna pati           | Moringa oleifera    | Moringaceae                                 | Other                |
|                      | Lam.                |                                            |                      |
| Milanô/ Tônêm        | Tylophora indica    | Asclepiadaceae                              | Oral                 |
|                      | (Burm. f.) Merr.    |                                            | Topical              |
| Cha-altî/ Mên taneûyô| Sida acuta Burm. f.| Malvaceae                                   |                      |
| Silak/ Thambi        |                    |                                            |                      |
| Hôt suk              | Cyperus spp.        | Cyperaceae                                  |                      |
| Minchûnô/ Hinchîôp/  | Ficus rumphii Blume | Moraceae                                    |                      |
| Môkhîôta             |                    |                                            |                      |
| Kanap pêch           | Achyranthes aspera  | Amaranthaceae                               | Oral                 |
|                      | L.                  |                                            |                      |
| Kuyîôvô              | Psidium guajava     | Myrtaceae                                   | Other                |
|                      | L.                  |                                            |                      |
| Kepe/Kahêich/Kôhêich/| Abrus precatorius   | Fabaceae                                    | Other                |
| Pan-nîômô             | L.                  |                                            |                      |
| Diarrhoea            |                     |                                            |                      |
| Ahîôôyô/ Chamrêvôî/  | Lepisanthus rubiginosa| Sapindaceae                                 | Oral                 |
| Amôk yuving          | (Roxb.) Leenh.      |                                            |                      |
| Fûû/ Muḫfêk          | Sterculia guttata   | Sterculiaceae                               | Oral                 |
| Liroong / Luroong    | Morinda citrifolia  | Rubiaceae                                   | Oral                 |
|                      | L.                  |                                            |                      |
| Kalêôôlô/ Kaelîô/    | Ageratum conyzoides | Asteraceae                                  | Topical              |
| Roî pôûôkôrê         | L.                  |                                            |                      |
| Karvach tangam/ Limoig| Citrus medica L.    | Rutaceae                                    |                      |
| Kölitengënô/ Tôkêôrô tông| Tabernaemontana cr| Apocynaceae                                 | Oral                 |
| Sanuk/ Sanîp/ Sônup  | crisa Roxb.         |                                            |                      |
| Fûû/ Muḫfêk          | Sterculia guttata   | Sterculiaceae                               |                       |
|                      | Roxb. ex.DC.        |                                            |                      |
| Kevelê tôô           | Phyllanthus tenellus| Euphorbiaceae                               | Oral                 |
| Sônûûh/ Sônô/ Panrâpô| Jasminum syringfolium| Oleaceae                                   | Oral                 |
| Kinyuâ kan/ Kinrul/   | Macaranga peltata   | Euphorbiaceae                               | Oral                 |
| Kafet/ Kön heôi/     | (Roxb.) Muell.-Arg. |                                            |                      |
| Minhoînt             |                      |                                            |                      |
| Kasinrih/ Môkîa/ Matka| Urena lobata L.     | Malvaceae                                   | Oral                 |
| Kölitengênô/ Tôkêôrô tông| Tabernaemontana cr| Apocynaceae                                 | Oral                 |
|                      | crisa Roxb.         |                                            |                      |
| Dysentery            |                     |                                            |                      |
| Kinyuâ kan/ Kinrul/   | Macaranga peltata   | Euphorbiaceae                               | Oral                 |
| Kafet/ Kön heôi/     | (Roxb.) Muell.-Arg. |                                            |                      |
| Minhoînt             |                      |                                            |                      |
| Tinkôlî/ Mahonô/ Tônkuông/ Tôkiteû nyu| Leea indica (Bur| Leaeaeae                                   | Oral                 |
|                      | (Burm.f.) Merr.     |                                            |                      |

Contd...
| Ailment                  | Local name                  | Botanical name                  | Family            | Route of administration |
|-------------------------|-----------------------------|---------------------------------|-------------------|-------------------------|
| Kölitengënch/ Tökurō tông | Koilitengënch/ Tőkurō tông  | Tabernaemontana crispa Roxb.    | Apocynaceae       | Oral                    |
| Tilama                  | Punica granatum L.          |                                 | Punicaceae        | Oral                    |
| Tumaha                  | Pajanelia longifolia (Wild.) K. Schum. |                          | Bignoniaceae      | Oral                    |
| Sanuk/ Sanip/ Sönup     | Ganophyllum falcatum Blume. |                                 | Sapindaceae       | Oral                    |
| Sōnūh/ Sōnē/ Panrāpō    | Jasminum syringifolium Wall. ex G. Don |                          | Oleaceae          | Oral                    |
| Kölitengënch/ Tökurō tông | Tabernaemontana crispa Roxb. |                                 | Apocynaceae       | Oral                    |
| Cha-alb/ Mēui taneūyō/ Silak/ Thambi | Sida acuta Burm. f.            |                                 | Malvaceae         | Oral                    |
| Hin nguūyō/ Amah/ Singēnrō | Claoxylon indicum (Reinw. ex Blume) Hassk. |                          | Euphorbiaceae     | Oral                    |
| Tinkāl/ Mahoīg/ Tōnkuōng/ Tōkiteū nyu | Leea indica (Burm.f.) Merr.              |                                 | Leaceae           | Oral                    |
| Pīn/ Piri/ Olka           | Annona reticulata L.         |                                 | Annonaceae        | Oral                    |
| Ipōh/Kinfō hayōm/ Kīpis | Phyllanthus amarus Schum. & Thonn. |                                 | Euphorbiaceae     | Oral                    |
| Sōnūh/ Sōnē/ Panrāpō    | Jasminum syringifolium Wall. ex G. Don |                          | Oleaceae          | Oral                    |
| Kölitengënch/ Tökurō tông | Tabernaemontana crispa Roxb. |                                 | Apocynaceae       | Oral                    |
| Cha-alb/ Mēui taneūyō/ Silak/ Thambi | Sida acuta Burm. f.            |                                 | Malvaceae         | Oral                    |
| Hin nguūyō/ Amah/ Singēnrō | Claoxylon indicum (Reinw. ex Blume) Hassk. |                          | Euphorbiaceae     | Oral                    |
| Tinkāl/ Mahoīg/ Tōnkuōng/ Tōkiteū nyu | Leea indica (Burm.f.) Merr.              |                                 | Leaceae           | Oral                    |
| Pīn/ Piri/ Olka           | Annona reticulata L.         |                                 | Annonaceae        | Oral                    |
| Ipōh/Kinfō hayōm/ Kīpis | Phyllanthus amarus Schum. & Thonn. |                                 | Euphorbiaceae     | Oral                    |
| Ham pam                  | Ficus fulva Reinw. Ex. Bl.   |                                 | Moraceae          | Oral                    |
| Dysuria                 |                              |                                 |                   |                         |
| Kisaō kamos             | Bridelia ovata Decne.        |                                 | Euphorbiaceae     | Oral                    |
| Fūk/ Mukfēk              | Sterculia guttata Roxb. ex.DC. |                                 | Sterculiaceae     | Oral                    |
| Ahōdyō/ Chamrēvō/ Amōk yuvong | Lepisanthes rubiginosa (Roxb.) Leenh. |                          | Sapindaceae       | Oral                    |
| Tusō                   | Bombax ceiba L.              |                                 | Bombacaceae       | Oral                    |
| Kölitengënch/ Tökurō tông | Tabernaemontana crispa Roxb. |                                 | Apocynaceae       | Oral                    |
| Sanuk/ Sanip/ Sönup     | Ganophyllum falcatum Blume.  |                                 | Sapindaceae       | Oral                    |
| Chūchō roi/ Tachū rōi   | Alstonia macrophylla Wall. ex G. Don |                          | Apocynaceae       | Oral                    |
| Fūk/ Mukfēk              | Sterculia guttata Roxb. ex.DC. |                                 | Sterculiaceae     | Oral                    |
| Sanuk/ Sanip/ Sönup     | Ganophyllum falcatum Blume.  |                                 | Sapindaceae       | Oral                    |
| Kupio re                | Passiflora foetida L.        |                                 | Passifloraceae    | Oral                    |
| Ear ache               |                              |                                 |                   |                         |
| Asēngō/ Asōōhō         | Canavalia cathartica Thouars. |                                 | Fabaceae          | Other                   |
| Lirońg / Lurońg        | Morinda citrifolia L.        |                                 | Rubiaceae         | Other                   |

Contd...
| Ailment   | Local name | Botanical name | Family         | Route of administration |
|-----------|------------|----------------|----------------|--------------------------|
| Kőhēāl   | Eheretia laevis Roxb. | Boraginaceae | Other          |
| Lonvūń/ Liōy | Psychotria montana Blume | Rubiaceae | Other          |
| Pariōń/ Pōřeng | Crotalaria verrucosa L. | Fabaceae |               |
| Minchuń/ Hinchōıp/ Mōkhiōta | Ficus rumphii Blume | Moraceae |               |
| Lōnkāp   | Champereia manillana (Blume) Merr. | Opiliaceae | Other          |
| Lonvūń/ Liōy | Psychotria montana Blume | Rubiaceae |               |
| Kaperich | Stachytarpha jamaicensis (L.) Vahl | Verbenaceae | Other          |
| Kofi-alō | Annona muricata L. | Annonaceae | Other          |
| Tōheungō | Terminalia catappa L. | Combretaceae | Other          |
| Minchuń/ Hinchōıp/ Mōkhiōta | Ficus rumphii Blume | Moraceae |               |
| Sin-ōm/ Ih-ōm/ Hōțlik | Vernonia patula (Dryand.) Merr. | Asteraceae | Other          |
| Takōhō | Kyllinga brevifolia Rottb. | Cyperaceae | Oral           |
| Eczema    |            |                |                |                          |
| Karvach tangam/ Limōng | Citrus medica L. | Rutaceae | Topical        |
| Manulō/ Matvak | Curcuma longifolia L. | Zingiberaceae |               |
| Inyak mat kinsaw | Lawsonia inermis L. | Lythraceae |               |
| Piń/ Piri/ Olka | Annona reticulata L. | Annonaceae |               |
| Neem      |                | Azadirachta indica A. Juss. | Meliaceae |               |
| Fever     |            |                |                |                          |
| Tūńkāl/ Mahońg/ Tŏńkuńg/ Tōkiteū nyu | Leea indica (Burm.f.) Merr. | Leaceae | Oral           |
| Parińk/ Pōřeng | Crotalaria verrucosa L. | Fabaceae |               |
| Minchuń/ Hinchōıp/ Mōkhiōta | Ficus rumphii Blume | Moraceae |               |
| Ipōń/Kinhō hayńm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae |               |
| Kepe/Kahēich/Kōhēich/ Pan-ńyōńńō | Abrus precatorius L. | Fabaceae |               |
| Puchōńg/ Inmői/ Pitēyong | Colubrina asiatica (L.) Brongn. | Rhamnaceae |               |
| Ipōń/Kinhō hayńm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae | Oral          |
| Ahiťōyō/ Chamrēvő/ Amōk yuuvong | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae |               |
| Neem      | Azadirachta indica A. Juss. | Meliaceae | Topical        |
| Eońg Tofal | Hiptage benghalensis (L.) Kurz | Malpighiaceae |               |
| Hīkē      | Pandanus lorum Jones ex Fontane var. lorum | Pandanaceae | Topical        |
| Tōńľāł/ Tafńūł/ Tōńvil | Scevela taccada (Gaertn.) Roxb. | Goodeniaceae |               |
| Saming dōń/ Talsi/ Likup | Ocimum tenuiflorum L. | Lamiaceae |               |
| Ipōń/Kinhō hayńm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae |               |
| Sin-ōm/ Ih-ōm/ Hōțlik | Vernonia patula (Dryand.) Merr. | Asteraceae | Topical        |
| Um hōk    | Physalis angulata var angulate | Solanaceae |               |
| Ipōń/Kinhō hayńm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae | Topical        |
| Ailment | Local name       | Botanical name       | Family         | Route of administration |
|---------|------------------|----------------------|----------------|-------------------------|
| Chaf    | Tőfāl/ Taľfūl/ Tőnvil | Tamarindus indica L. | Caesalpiniaceae | Topical                 |
|         |                  | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae |                        |
| Tőfāl/ Taľfūl/ Tőnvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae | Topical                 |
| Tinkāl/ Mahonig/ Tőnkuoŋ/ Tőkiteū nyu | Leea indica (Burm.f.) Merr. | Leeaceae |                        |
| Fūk/ Mukfēk | Sterculia guttata Roxb. ex.DC. | Sterculiaceae | Topical                 |
| Kataih/ Kanaich | Sida acuta Burm. f. | Malvaceae |                        |
| Cha-albō/ Mēui tameā yö/ Silak/ Thambi | Adenostemma lavenia (L.) O. Ktze. var. lavenia | Asteraceae |                        |
| Saming dōō/ Talsi/ Likup | Ocimum tenuiflorum L. | Lamiaceae |                        |
| Hīk lik/ Sinom | Cajanus cajan (L.) Millsp. | Fabaceae | Oral                    |
| Tūsō | Bombax ceiba L. | Bombacaceae | Topical                 |
| Hit tich/ Hinpoń/ Ta-u-ku | Hibiscus tiliaceus L. var. tiliaceus | Malvaceae |                        |
| Tinkāl/ Mahonig/ Tőnkuoŋ/ Tőkiteū nyu | Leea indica (Burm.f.) Merr. | Leeaceae |                        |
| Tőfāl/ Taľfūl/ Tőnvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae |                        |
| Uk-hiak/ Kön-unh | Calamus nicobaricus Becc. & Hook. f. | Areceaceae |                        |
| Lironīng/ Lurōng | Morinda citrifolia L. | Rubiaceae |                        |
| Huyā | Boesenbergia rotunda (L.) Mansf. | Zingiberaceae |                        |
| Kepe/Kāheich/Kōheich/ Pan-nyōōmō | Abrus precatorius L. | Fabaceae |                        |
| Saming dōō/ Talsi/ Likup | Ocimum tenuiflorum L. | Lamiaceae | Topical                 |
| Lironīng/ Lurōng | Morinda citrifolia L. | Rubiaceae |                        |
| Kataih/ Kanaich | Adenostemma lavenia (L.) O. Ktze. var.lavenia | Asteraceae |                        |
| Manulō/ Matwak | Curcuma longifolia L. | Zingiberaceae |                        |
| Tőfāl/ Taľfūl/ Tőnvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae |                        |
| Kuṣyāvō | Psidium guajava L. | Myrtaceae | Topical                 |
| Minkōōn/ Minkuön | Premna corymbosa (Burm.f.) Rottler & Willd. | Verbenaceae |                        |
| Saming dōō/ Talsi/ Likup | Ocimum tenuiflorum L. | Lamiaceae | Topical                 |
| Kölitengēnch/ Tōkūrō tōng | Tabernaemontana crispa Roxb. | Apocynaceae |                        |
| Fanōt Piteyong/ Fanōi/ Tilngacho | Breynia vitis-idaea (Burm.f.) C.E.C. Fischer | Euphorbiaceae |                        |
| Manyi/ Innyich/ Ön hēo muǒh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae |                        |
| Sakong kuison | Hyptis suaveolens (L.) Poit. | Lamiaceae |                        |
| Chumkōō/ Ki-ang | Melastoma malabathricum L. | Melastomataceae |                        |
| Kinsan/ Hinyōyō/ Ungech ōŋgšē | Glochidion calocarpum Kurz | Phyllanthaceae |                        |
| Fūl | Catharanthus roseus (L.) G. Don | Apocynaceae |                        |
| Kinsan/ Hinyōyō/ Ungech ōŋgšē | Glochidion calocarpum Kurz | Phyllanthaceae | Topical                 |

Contd...
| Ailment | Local name | Botanical name | Family | Route of administration |
|---------|------------|----------------|--------|-------------------------|
| Ahiţőyő/ Chamrëvő/ Amôk yuvg | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae | |
| Manulő/ Matwak | Curcuma longifolia L. | Zingiberaceae | |
| Chûchô roi/ Tachû roî | Alstonia macrophylla Wall. ex G. Don | Apocynaceae | Topical |
| Cha-alô/ Mëui tameûyô/ Silak/ Thambi | Sida acuta Burm. f. | Malvaceae | |
| Mahâroh an | Senna occidentalis (L.) Link | Caesalpiniaceae | |
| Linpôp mël | Physalis mînima L. | Solanaceae | |
| Saming dôô/ Tulô/ Likup | Ocimum tenuiflorum L. | Lamiaceae | |
| Tînktûl/ Maĥôîg/ Tônktûng/ Tôktîeû nyu | Leea indica (Burm.f.) Merr. | Leaceae | |
| Ipôî/ Kinfô hayôm/ Kïpis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae | |
| Tôteôk | Wattakaka volubilis (L.f.) Stapf. | Asclepiadaceae | Oral |
| Pangkalûû/ Kûchûrû-ô | Ipomoea gracilis R. Br. | Convolvulaceae | |
| Neem | Azadirachta indica A. Juss. | Meliaceae | Topical |
| Sôňûh/ Sôôu/ Panrăpô | Jasminum syringifolium Wall. ex G. Don | Oleaceae | |
| Nyûî/ Ngûînt | Leea grandifolia Kurz. | Leaceae | |
| Hîkê | Pandanus lerum Jones ex Fontane var. lerum | Pandanaceae | Topical |
| Kôľûp | Tournefortia argentea Linn. f. | Boraginaceae | |
| Tôfûl/ Tafûl/ Tônvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae | Topical |
| Hîkê | Pandanus lerum Jones ex Fontane var. lerum | Pandanaceae | Topical |
| Huô | Barringtonia racemosa (L.) Spreng. | Barringtoniaceae | |
| Môngeng/ Môngruông | Suregada multiflora (A. Juss.) Baill. | Euphorbiaceae | Topical |
| Tîvilô | Cynca rumphii Miq. | Cycadaceae | |
| Mînchûnô/ Hinchîôp/ Môkhiôta | Ficus rumphii Blume | Moraceae | |
| Kôhêäl | Ehretia laevis Roxb. | Boraginaceae | |
| Hîkê | Pandanus lerum Jones ex Fontane var. lerum | Pandanaceae | Topical |
| Tôheungô | Terminalia catappa L. | Combretaceae | |
| Mônilêap | Cordia subcordata Lam. | Boraginaceae | |
| Cha-alô/ Mëui tameûyô/ Silak/ Thambi | Sida acuta Burm. f. | Malvaceae | Topical |
| Kôlôşeît/ Lângûîh | Memecylon edule Roxb. var. ovatum | Memecylaceae | |
| Kôňap | Tournefortia argentea Linn. f. | Boraginaceae | Topical |
| Lîroông / Luroông | Morinda citrifolia L. | Rubiaceae | |
| Fûl | Catharanthus roseus (L.) G. Don | Apocynaceae | |
| Fûl | Catharanthus roseus (L.) G. Don | Apocynaceae | Topical |
| Uk-hiak/ Kôn-uńh | Calamus nicobaricus Becc. & Hook. f. | Areceaceae | Topical |
| Fanôt Pîteyong/ Fanôt/ Tilngacho | Breyinia vitis-idaea (Burm.f) C.E.C. Fischer | Euphorbiaceae | |
| Ailment                        | Local name                        | Botanical name                                                                 | Family       | Route of administration |
|-------------------------------|-----------------------------------|--------------------------------------------------------------------------------|--------------|--------------------------|
| Hin nguýô/ Amah/ Singênró    |                                  | Caxoxylon indicum (Reinw. ex Blume) Hassk.                                     | Euphorbiaceae|                          |
| Mônîléap                      |                                  | Cordia subcordata                                                              | Boraginaceae | Topical                  |
| Kôheok fang/ Hunguôh kap/ Kamong heyô/ Lanan kap | | Ipomoea pes-caprae (L.) R.Br.                                                  | Convolulaceae|                          |
| Hikê                          |                                  | Pandanus leorum Jones ex Fontane var. leurm                                    | Pandanaceae  |                          |
| Kôlôsein/ Lânguîh             |                                  | Memecylon edule Roxb. var. ovatum                                              | Memecylaceae | Topical                  |
| Hikê                          |                                  | Pandanus leorum Jones ex Fontane var. leurm                                    | Pandanaceae  |                          |
| Mahetôôh                      |                                  | Heritiera littoralis Dryand. ex W. Aiton                                        | Sterculiaceae|                          |
| Mônîléap                      |                                  | Cordia subcordata                                                              | Boraginaceae |                          |
| Lamayung-uk                   |                                  | Calophyllum inophyllum L.                                                      | Clusiaceae   |                          |
| Kôheok fang/ Hunguôh kap/ Kamong heyô/ Lanan kap | | Ipomoea pes-caprae (L.) R.Br.                                                  | Convolulaceae| Topical                  |
| Hikê                          |                                  | Pandanus leorum Jones ex Fontane var. leurm                                    | Pandanaceae  |                          |
| Lamayung-uk                   |                                  | Calophyllum inophyllum L.                                                      | Clusiaceae   |                          |
| Kôlôsein/ Lânguîh             |                                  | Memecylon edule Roxb. var. ovatum                                              | Memecylaceae |                          |
| Tôheungô                      |                                  | Terminalia catappa L.                                                          | Combretaceae |                          |
| Mahetôôh                      |                                  | Heritiera littoralis Dryand. ex W. Aiton                                        | Sterculiaceae|                          |
| Cha-alô/ Mêuí tâmeîyô/ Silak/ Thambi | | Sida acuta Burm. f.                                                          | Malvaceae    | Topical                  |
| Linpôp mûl                    |                                  | Physalis minima L.                                                             | Solanaceae   |                          |
| Ipôh/Kinfiô hayôm/ Kîpîs      |                                  | Phyllanthus amarus Schum. & Thonn.                                             | Euphorbiaceae|                          |
| Sin-ôm/ Ih-ôm/ Hôôlik         |                                  | Vernonia patula (Dryand.) Merr.                                                | Asteraceae   | Topical                  |
| Hûk lik/ Sinom                |                                  | Cajanus cajan (L.) Millsp.                                                      | Fabaceae     |                          |
| Asêngôô/ Asôôhô                |                                  | Canavalia cathartica Thouars                                                   | Fabaceae     |                          |
| Chumkôôi/ Ki-ang              |                                  | Melastoma malabathricum L.                                                     | Melastomatace|                          |
| Mupê tôô                       |                                  | Euphorbia pallens Dillwyn                                                      | Euphorbiaceae|                          |
| Hôah/ Kînyeu                     |                                  | Callicarpa arborea Roxb.                                                       | Verbenaceae  |                          |
| Linpôp mûl                     |                                  | Physalis minima L.                                                             | Solanaceae   |                          |
| Milanôô/ Tônêêm                 |                                  | Tylophora indica (Burm. f.) Merr.                                              | Asclepiadace |                          |
| Chûchô roi/ Tachô rôi          |                                  | Alstonia macrophylla Wall. ex G. Don                                            | Apocynaceae  | Topical                  |
| Kinsan/ Hînîyôô/ Ungch ôngsê  |                                  | Glochidion calocarpum Kurz                                                      | Phyllanthaceae|                          |
| Kôheok fang/ Hunguôh kap/ Kamong heyô/ Lanan kap | | Ipomoea pes-caprae (L.) R.Br.                                                  | Convolvulaceae|                          |
| Sônûh/ Sônû/ Panrûpôô          |                                  | Jasminum syringfolium Wall. ex G. Don                                            | Oleaceae     | Topical                  |
| Kôlîtengênhë/ Tôkûrô tông      |                                  | Tabernaemontana crispa Roxb.                                                    | Apocynaceae  |                          |
| Kûm rôôna                      |                                  | Lygodium cinctum (Burm.f.) Sw.                                                  | Lygodiaceae  |                          |
| Puchîôông/ Inmûôô/ Pitêyong    |                                  | Colubrina asiatica (L.) Brongn.                                                 | Rhamnaceae   |                          |
| Kepe/Kahêîich/Kôhéîich/ Pan-nyôômô | | Abrus precatorius L.                                                          | Fabaceae     |                          |

Contd...
| Ailment          | Local name                  | Botanical name                  | Family                | Route of administration |
|------------------|-----------------------------|---------------------------------|-----------------------|-------------------------|
| Kinsan/ Hinyōyō/ Ungeh ōngsē | Glochidion calocarpum Kurz | Phyllanthaceae                  |                       |                         |
| Ipōh/Kinfō hayōm/ Kiptis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae                  | Oral                  |                         |
| Pī/ Pīri/ Olka | Annona reticulata L. | Annonaceae                       |                       |                         |
| Filariasis       | Neem                        | Azadirachta indica A. Juss.     | Meliaceae             | Topical                 |
|                  | Kōlōtseint/ Lānguāh         | Memecylon edule Roxb. var. ovatum | Memecylaceae          |                         |
|                  | Kinsan/ Hinyōyō/ Ungeh ōngsē | Glochidion calocarpum Kurz      | Phyllanthaceae        |                         |
|                  | Kataiḥ/ Kanaich             | Adenostemma lavenia (L.) O. Ktze. var. lavenia | Asteraceae            |                         |
| Fits             | Methiyad larŷ/ Kaloriyō/ Mītōkŋgē-reyō/ Milum ōn/ Maharōh an | Senna occidentalis (L.) Link | Caesalpiniaceae        | Topical                 |
|                  | Kinsan/ Hinyōyō/ Ungeh ōngsē | Glochidion calocarpum Kurz      | Phyllanthaceae        |                         |
| Fracture of bone | Lirōng / Luroŋg             | Morinda citrifolia L.           | Rubiaceae             | Topical                 |
|                  | Manyi/ Innyiḥ/ Ōn hēo muōh  | Clerodendrum inerme (L.) Gaertn. | Verbenaceae           |                         |
|                  | Pī/ Pīri/ Olka              | Annona reticulata L.            | Annonaceae            |                         |
|                  | Hōah/ Kinyeuḥ               | Callicarpa arborea Roxb.        | Verbenaceae           | Topical                 |
|                  | Tōfāl/ Taʃāl/ Tōnviol       | Scaveola taccada (Gaertn.) Roxb. | Goodeniaceae          |                         |
|                  | Kōheok fang/ Hńnguō kap/ Kamong heyō/ Lanan kāp | Ipomoea pes-caprae (L.) R.Br. | Convolvulaceae        |                         |
|                  | Minkōōn/ Minkūn            | Premna corymbosa (Burm.f.) Rottl. & Willd. | Verbenaceae          |                         |
|                  | Tukōl/ Arōk/ Katahuḥ        | Datura metel L.                 | Solanaceae            |                         |
|                  | Cha-alb/ Meui tameāyō/ Silak/ Thambi | Sida acuta Burm. f.          | Malvaceae             |                         |
|                  | Ŭm hōk                     | Physalis angulata var angulata | Solanaceae            |                         |
|                  | Kinsan/ Hinyōyō/ Ungeh ōngsē | Glochidion calocarpum Kurz      | Phyllanthaceae        |                         |
|                  | Chumkōō/ Ki-ang             | Melastoma malabathricum L.      | Melastomataceae       |                         |
|                  | Puchiŋŋ/ Inmōi/ Pitēyōng    | Colubrina asiatica (L.) Brongn. | Rhamnaceae            |                         |
|                  | Methiyad larŷ/ Kaloriyō/ Mītōkŋgē-reyō/ Milum ōn/ Maharōh an | Senna occidentalis (L.) Link | Caesalpiniaceae        |                         |
|                  | Sin-ōm/ Ih-ōm/ Hōlik       | Vernonia patula (Dryand.) Merr. | Asteraceae            |                         |
|                  | Lirōŋg / Luroŋg             | Morinda citrifolia L.           | Rubiaceae             | Topical                 |
|                  | Tinkāl/ Makoŋŋ/ Tōnkuōŋg/ Tōkiteū nyi | Leea indica (Burm.f.) Merr. | Leaceae               |                         |
|                  | Kiumiāntō/ Miroiḥ           | Capsicum annuum L.              | Solanaceae            | Topical                 |
|                  | Sanuk/ Sanip/ Sōnup         | Ganophyllum falcatum Blume.     | Sapindaceae           | Topical                 |
|                  | Milanō/ Tōnleṃ             | Tylophora indica (Burm. f.) Merr. | Asclepiadaceae       | Topical                 |
|                  | Koṭ-ālō                    | Annona muricata L.              | Annonaceae            |                         |
|                  | Uk-hiāk/ Kōn-ūňh           | Calamus nicobaricus Becc. & Hook. f. | Areceaceae          |                         |

Contd...
| Ailment   | Local name | Botanical name                          | Family           | Route of administration |
|----------|------------|----------------------------------------|------------------|-------------------------|
| Tő ā ngūā | Karvach tangam/ Limoig          | Pongamia pinnata (L.) Pierre           | Fabaceae         | Topical                 |
|          |            | Citrus medica L.                       | Rutaceae         |                         |
| Kőheok fang/ Hunguōh kap/ Kamong heyō/ Lanan kāp | Methiyad lary/ Kaloriyō/ Mītoŋkgō-reyō/ Milum ań/ Maharōh an | Ipomoea pes-caprae (L.) R.Br. | Convolvulaceae         | Topical                 |
|          |            | Senna occidentalis (L.) Link           | Caesalpiniaceae  |                         |
| Tőfāl/ Tařūl/ Tőńvil | Tōngnā vońg | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae     |                         |
| Fanot Piteyong/ Fanōē/ Tilngacho | Manyi/ Innyich/ Ōn hoe mūō         | Breynia vitis-idaea (Burm.f.) C.E.C. Fischer | Euphorbiaceae         |                         |
| Kum rōōna | Antarōk Malā | Lygodium circinatum (Burm.f.) Sw. | Lygodiaceae      |                         |
|          |            | Clerodendrum paniculatum L.            | Verbenaceae      | Topical                 |
| Hin nguyōō/ Amah/ Singēnrrō | Chaf | Claoxylon indicum (Reinw. ex Blume) Hassk. | Euphorbiaceae     |                         |
| Manyi/ Innyich/ Ōn heo muōh | Lirońg / Lurońg | Tamarindus indica L. | Caesalpiniaceae     | Topical                 |
| Kōlifōōh/ Hōn ngōn kāp/ Kin vita-ong | Manulō/ Matwak | Morinda citrifolia L. | Rubiaceae            |                         |
|          |            | Curcuma longifolia L.                  | Zingiberaceae    |                         |
|          |            | Pajanelia longifolia (Wild.) K. Schum. | Bignoniaceae     |                         |
| Tasāmu   |             | Ficus hispida L.f.                     | Moraceae         | Topical                 |
| Hin nguyōō/ Amah/ Singēnrrō |               | Claoxylon indicum (Reinw. ex Blume) Hassk. | Euphorbiaceae     |                         |
| Chaf     |            | Tamarindus indica L.                   | Caesalpiniaceae  | Topical                 |
| Lirońg / Lurońg |            | Morinda citrifolia L. | Rubiaceae            |                         |
| Manulō/ Matwak |            | Curcuma longifolia L.                  | Zingiberaceae    |                         |
| Tumaha   |            | Pajanelia longifolia (Wild.) K. Schum. | Bignoniaceae     |                         |
| Gastritis| Kayāvō     | Psidium guajava L.                     | Myrtaceae        | Oral                    |
| Māā/ Tamakleh |          | Ricinus communis L.                   | Euphorbiaceae    | Oral                    |
| Pīī/ Piri/ Olka |          | Annona reticulata L.                 | Annonaceae       | Oral                    |
| Sōnūh/ Sōmu/ Panrāpōō | Sōnūh | Jasminum syringifolium Wall. ex G. Don | Oleaceae         |                         |
| Kasinrih/ Mōkta/ Matka |           | Urena lobata L.                       | Malvaceae        |                         |
| Cha-alō/ Mēui tamerañyō/ Silak/ Thambi |       | Sida acuta Burm. f.                  | Malvaceae        |                         |
| Ureh-hа-un tarik |            | Synechocystis nodiflora (L.) Gaertn. | Asteraceae       |                         |
| Giddiness| Tőfāl/ Tařūl/ Tőńvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae     | Topical                 |
| Kőheok fang/ Hunguōh kap/ Kamong heyō/ Lanan kāp | Hin nguyōō/ Amah/ Singēnrrō | Ipomoea pes-caprae (L.) R.Br. | Convolvulaceae         | Topical                 |
|          |            | Claoxylon indicum (Reinw. ex Blume) Hassk. | Euphorbiaceae     |                         |
|          |            | Clerodendrum paniculatum L.            | Verbenaceae      | Topical                 |
| Headache | Takōl/ Arōk/ Katahul |             | Solanaceae       | Topical                 |
|          |            | Datura metel L.                       | Euphorbiaceae    |                         |

Contd...
| Ailment                     | Local name                                      | Botanical name                                      | Family           | Route of administration |
|-----------------------------|------------------------------------------------|----------------------------------------------------|------------------|-------------------------|
| Ailment                     | Local name                                      | Botanical name                                      | Family           | Route of administration |
| Tinkāl/ Mahaṅg/ Tōnkū Şeng/Tőkiteū nyu | Leea indica (Burm.f.) Merr. | Leaceae                                             | Topical          |
| Hin nguogyy/ Amah/ Singēnro | Claoxylon indicum (Reinw. ex Blume) Hassk.     | Euphorbiaceae                                       | Topical          |
| Puchiōng/ Inmōi/ Pitēyōng   | Colubrina asiatica (L.) Brong.                  | Rhamnaceae                                          | Topical          |
| Kēheok ḷang/ Hunguoh kap/ Kamōng heyō/ Lanan kāp | Ipomoea pes-caprae (L.) R.Br. | Convolvulaceae                                      | Topical          |
| Cha-alb/ Mēui tameiūyō/ Silak/ Thambi | Sida acuta Burm. f. | Malvaceae                                           | Topical          |
| Methiya lāry/ Kaloriyō/ Mūnknō-reyō/ Milun an/ Maharōh an | Senna occidentalis (L.) Link | Caesalpiniaceae                                     | Topical          |
| Sachina                     | Carallia brachiata (Lour.) Merr.                | Rhizophoraceae                                      | Topical          |
| Hin nguogyy/ Amah/ Singēnro | Claoxylon indicum (Reinw. ex Blume) Hassk.     | Euphorbiaceae                                       | Topical          |
| Tukōl/ Arōk/ Katahul   | Datura metel L.                                 | Solanaceae                                          | Topical          |
| Cha-alb/ Mēui tameiūyō/ | Sida acuta Burm. f.                             | Malvaceae                                           | Topical          |
| Silak/ Thambi             | Lantana camara L.                               | Verbanaceae                                         | Topical          |
| Unknown– 01               |                                               |                                                    |                  |
| Cha-alb/ Mēui tameiūyō/ | Sida acuta Burm. f.                             | Malvaceae                                           | Topical          |
| Silak/ Thambi             |                                               |                                                    |                  |
| Hin nguogyy/ Amah/ Singēnro | Claoxylon indicum (Reinw. ex Blume) Hassk.     | Euphorbiaceae                                       | Topical          |
| Katah/ Kanaich            | Adenostemma lavenia (L.) O. Ktze. var. lavenia | Asteraceae                                          | Topical          |
| Tusō mēuheuov/ Rūiy       | Gossypium barbadense L.                         | Malvaceae                                           | Topical          |
| Milanō/ Tōnlēm             | Tylophora indica (Burm. f.) Merr.               | Asclepiadaceae                                      | Topical          |
| Methiya lāry/ Kaloriyō/ | Senna occidentalis (L.) Link | Caesalpiniaceae                                     | Topical          |
| Mūnknō-reyō/ Milun an/ Maharōh an |                                |                                                    |                  |
| Fūk/ Muēkōk               | Sterculia guttata Roxb. ex.DC.                  | Sterculiaceae                                       | Topical          |
| Hin nguogyy/ Amah/ Singēnro | Claoxylon indicum (Reinw. ex Blume) Hassk.     | Euphorbiaceae                                       | Topical          |
| Tusō mēuheuov/ Rūiy       | Gossypium barbadense L.                         | Malvaceae                                           | Topical          |
| Cha-alb/ Mēui tameiūyō/ | Sida acuta Burm. f.                             | Malvaceae                                           | Topical          |
| Silak/ Thambi             |                                               |                                                    |                  |
| Hin nguogyy/ Amah/ Singēnro | Claoxylon indicum (Reinw. ex Blume) Hassk.     | Euphorbiaceae                                       | Topical          |
| Pangkalūtō/ Kuchurō-ō      | Ipomoea gracilis R. Br.                        | Convolvulaceae                                      | Topical          |
| Hiyūth                    | Piper betle L.                                  | Piperaceae                                          | Topical          |
| Fūl                       | Catharanthus roseus (L.) G. Don                 | Apocynaceae                                         | Topical          |
| Hypertension               | Kōlōseint/ Lānguňh                           | Memecylon edule Roxb. var. ovatum                   | Memecylaceae     | Oral                    |
| Karēllā/ Kōrellā           | Momordica charantia L.                          | Cucurbitaceae                                       |                  |
| Tōfūl/ Taľuf/ Tōnviś      | Sceavola taccada (Gaertn.) Roxb.               | Goodeniaceae                                        | Oral             |
| Infertility                | Kēheok ḷang/ Hunguoh kap/ Kamōng heyō/ Lanan kāp | Ipomoea pes-caprae (L.) R.Br.                      | Convolvulaceae   | Topical                 |
| Ailment    | Local name               | Botanical name                                      | Family               | Route of administration |
|-----------|--------------------------|-----------------------------------------------------|----------------------|-------------------------|
| Jaundice  | Ipōh/Kinfi̍o hayŏm/Kipis | Phyllanthus amarus Schum. & Thonn.                  | Euphorbiaceae        | Oral                    |
|           | Hui kouvan               | Solanum erianthum D. Don                            | Solanaceae           | Oral                    |
|           | Ahúyó/Chamrēvó/Amôk yu-yong | Lepisanthes rubiginosa (Roxb.) Leenh.                | Sapindaceae          | Oral                    |
|           | Tôngnā voing             | Clerodendrum paniculatum L.                         | Verbenaceae          |                         |
|           | Fanot Pityong/Fanôt/Tîngacho | Breynia vitis-idaea (Burm.f.) C.E.C. Fischer       | Euphorbiaceae        |                         |
| Jaundice  | Ipōh/Kinfi̍o hayŏm/Kipis | Phyllanthus amarus Schum. & Thonn.                  | Euphorbiaceae        | Oral                    |
|           | Karêlla/Kôrellâ          | Momordica charantia L.                               | Cucurbitaceae        |                         |
|           | Tîsa-â                   | Areca catechu L.                                    | Areacaceae           |                         |
|           | Tuaá                     | Gossypium herbaeum L.                                | Malvaceae            | Oral                    |
|           | Kôlitengênh/Tôkurô tông  | Tabernaemontana crispa Roxb.                        | Apocynaceae          |                         |
|           | Sônuû/Sônu/Panrâpô       | Jasminum syringifolium Wall. ex G. Don              | Oleaceae             |                         |
| Joint pain| Kataih/Kanaich           | Adenostemma lavenia (L.) O. Ktze. var. lavenia      | Asteraceae           | Topical                 |
|           | Kinyua kan/Kinrul/Kafet/Kôn heō/Minhońt | Macaranga peltata (Roxb.) Muell.-Arg. | Euphorbiaceae        | Topical                 |
|           | Fanot Pityong/Fanôt/Tîngacho | Breynia vitis-idaea (Burm.f.) C.E.C. Fischer       | Euphorbiaceae        |                         |
|           | Huô                      | Barringtonia racemosa (L.) Spreng.                  | Barringtoniaceae     |                         |
|           | Môngeng/Môngruông         | Suregada multiflora (A. Juss.) Baill.               | Euphorbiaceae        |                         |
| Joint pain| Hin ngulûyô/Amah/Sîngënrô | Claoxylon indicum (Reinw. ex Blume) Hassk.          | Euphorbiaceae        | Topical                 |
|           | Kôlitengênh/Tôkurô tông  | Tabernaemontana crispa Roxb.                        | Apocynaceae          |                         |
|           | Kinsan/Hînyôyô/Unghê üngské | Glochidion calocarpum Kurz                          | Phyllanthaceae       |                         |
|           | Mirôônlô                 | Glyptopetalum calocarpum (Kurz.) Prain              | Celastraceae         | Topical                 |
|           | Sônuû/Sônu/Panrâpô       | Jasminum syringifolium Wall. ex G. Don              | Oleaceae             |                         |
|           | Asêngô/Asôôhô             | Canavalia cathartica Thouars                        | Fabaceae             |                         |
| Ailment   | Local name | Botanical name | Family            | Route of administration |
|-----------|------------|----------------|-------------------|-------------------------|
| Manulô/ Matwak | Curcuma longifolia L. | Zingiberaceae | Oral          |
| Lironğ / Luroğ  | Morinda citrifolia L. | Rubiaceae     | Topical       |
| Malaria     | Ipôh/Kinfîh hayâm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae | Oral       |
|            | Sôkraâv | Guettarda speciosa L. | Rubiaceae | Oral |
|            | Hikê   | Pandanus lerus Jones ex Fontane var. lerus | Pandanaceae | Topical |
|            | Köfåp  | Tournefortia argentea Linn. f. | Boraginaceae | Topical |
|            | Fûl    | Catharanthus roseus (L.) G. Don | Apocynaceae | Topical |
|            | Sôkraâv | Guettarda speciosa L. | Rubiaceae | Oral |
|            | Puihôy | Pemphis acidula J. R. et G. Forst. | Lythraceae | Oral |
|            | Hikê   | Pandanus lerus Jones ex Fontane var. lerus | Pandanaceae | Topical |
|            | Manyi/ Innyich/ Ön heo muôh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae | Oral |
|            | Neem    | Azadirachta indica A. Juss. | Meliaceae | Oral |
|            | Köhêál  | Ehretia laevis Roxb. | Boraginaceae | Oral |
|            | Sônûh/ Sônû/ Panràpô | Jasminum syringifolium Wall. ex G. Don | Oleaceae | Oral |
|            | Tinkål/ Mahoön/ Tônkuông/ Tôkiteü nyu | Leea indica (Burm.f.) Merr. | Leaceae | Oral |
|            | Neem    | Azadirachta indica A. Juss. | Meliaceae | Oral |
|            | Kölôtseint/ Lângûñh | Memecylon edule Roxb. var. ovatum | Memecylaceae | Oral |
|            | Sâjña pati | Moringa oleifera Lam. | Moringaceae | Oral |
|            | Ipôh/Kinfîh hayâm/ Kipis | Phyllanthus amarus Schum. & Thonn. | Euphorbiaceae | Oral |
|            | Piî/ Pirî/ Olka | Annona reticulata L. | Annonaceae | Oral |
|            | Maharôh an kan | Senna tora (L.) Roxb. | Caesalpiniaceae | Oral |
| Menstrual problems | Hin nguûyô/ Amah/ Singênrô | Claoxylon indicum (Reinw. ex Blume) Hassk. | Euphorbiaceae | Oral |
|            | Minchûñôm/ Hinchiôp/ Môkhiôta | Ficus rumphii Blume | Moraceae | Oral |
|            | Köheok fang/ Hungûñh kap/ Kamông heyô/ Lânan kâp | Ipomoea pes-caprae (L.) R.Br. | Convolulaceae | Oral |
|            | Minchûñôm/ Hinchiôp/ Môkhiôta | Ficus rumphii Blume | Moraceae | Oral |
|            | Piî/ Pirî/ Olka | Annona reticulata L. | Annonaceae | Oral |
|            | Sônûh/ Sônû/ Panràpô | Jasminum syringifolium Wall. ex G. Don | Oleaceae | Oral |
|            | Sanûk/ Sanip/ Sônûp | Ganophyllum falcatum Blume. | Sapindaceae | Oral |
|            | Kö ôny/ Em | Dillenia andamanica C.E. Parkinson | Dilleniaceae | Oral |
| Nourishment | Sâjña pati | Moringa oleifera Lam. | Moringaceae | Oral |
|            | Ahiyô/ Chamrêvô/ Amôk yuuvong | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae | Oral |
| Pain in eye | Tôfûl/ Täfûl/ Tônvil | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae | Oral |
|            | Tûkôl/ Arôk/ Katahul | Datura metel L. | Solanaceae | Oral |
| Ailment                  | Local name                  | Botanical name                  | Family                | Route of administration |
|-------------------------|-----------------------------|---------------------------------|-----------------------|-------------------------|
| Minchuño/ Hinchőp/ Mókhőta | Ficus rumphii Blume         | Moraceae                        | Other                 |
| Liroŋ / Luroŋ           | Morinda citrifolia L.       | Rubiaceae                       | Other                 |
| Kinsan/ Hinyóyő/ Ungch Ÿngsė | Glochidion calocarpum Kurz | Phyllanthaceae                  | Other                 |
| Sajna pati              | Moringa oleifera Lam.       | Moringaceae                     | Other                 |
| Sanuk/ Sanip/ Sónup     | Ganophyllum falcatum Blume. | Sapindaceae                     | Other                 |
| Kanap pèch              | Achyranthes aspera L.       | Amaranthaceae                   | Other                 |
| Kōheok fang/ Hunguôh kap/ Kamong heyô/ Lanan káp | Ipomoea pes-caprae (L.) R.Br. | Convolulaceae                  | Other                 |
| Kepe/Kañéich/Kōheich/ Pan-nyóomô | Abrus precatorius L.         | Fabaceae                        | Other                 |
| Kaléôlô/ Kaleôlô/ Roí pôôkôře | Ageratum conyzoides L.       | Asteraceae                      | Other                 |
| Puhů                      | Luffa cylindrica (L.) M. Roem. | Cucurbitaceae                  | Other                 |
| Karvach tangan/ Limoŋŋ   | Citrus medica L.             | Rutaceae                        | Other                 |
| Liroŋ / Luroŋ            | Morinda citrifolia L.       | Rubiaceae                       | Other                 |
| Pain in groin            |                             |                                 |                       |
| Paralysis                |                             |                                 |                       |
| Hin nguôyô/ Amah/ Singënři | Claxylon indicum (Reinw. ex Blume) Hassk. | Euphorbiaceae              | Topical               |
| Tôfāl/ Tañfûl/ Tônvîl   | Scaevola taccada (Gaertn.) Roxb. | Goodeniaceae                  |                       |
| Hônhrân                   | Gynotroches axillaris Blume | Rhizophoraceae                  |                       |
| Prolonged labour         |                             |                                 |                       |
| Tasâmû                    | Ficus hispida L.f.          | Moraceae                        | Oral                  |
| Kō/ ën/ Em                | Ipomoea obscura (L.) Ker.- Gawl. | Convolvulaceae               |                       |
| Piñ/ Piri/ Olka           | Dillenia andamanica C.E. Parkinson | Dilleniaceae                |                       |
| Ureh bes                  | Annona reticulata L.        | Annonaceae                      |                       |
| Ureh bes                  | Eupatorium odoratum L.      | Asteraceae                      |                       |
| Kaléôlô/ Kaleôlô/ Roí pôôkôře | Ageratum conyzoides L.       | Asteraceae                      | Topical               |
| Kinsan/ Hinyóyő/ Ungch Ÿngsė | Glochidion calocarpum Kurz | Phyllanthaceae                  |                       |
| Kumlah                    | Lindsaea ensifolia Sw.      | Lindsaeaceae                    |                       |
| Cha-alb/ Mëui taneûyô/ Silak/ Thambi | Sida acuta Burm. f.        | Malvaceae                       | Oral                  |
| Cham yuva                 | Ardisia solanacea Roxb.     | Myrsinaceae                     |                       |
| Tukôl/ Arôk/ Katahul     | Datura metel L.             | Solanaceae                      |                       |
| Ahîyôyô/ Chamrêvô/ Amôk yuung | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae                | Oral                  |
| Kaléôlô/ Kaleôlô/ Roí pôôkôře | Ageratum conyzoides L.       | Asteraceae                      | Topical               |
| Cham yuva                 | Ardisia solanacea Roxb.     | Myrsinaceae                     |                       |

Contd...
| Ailment                | Local name               | Botanical name                                      | Family       | Route of administration |
|-----------------------|--------------------------|-----------------------------------------------------|--------------|-------------------------|
| Pruritus              | Kasirish/Mōka/ Matka     | Urena lobata L.                                      | Malvaceae    | Topical                 |
|                       | Hit tich/ Hinpôn/ Ta-u-ku| Hibiscus tiliaceus L. var. tiliaceus                 | Malvaceae    | Topical                 |
|                       | Pachthông/ Mônhôi/ Pitêyong| Claoxylon indicum (Reinw. ex Blume) Hassk.        | Euphorbiaceae| Oral                    |
|                       | Hîn ngôyô/ Amah/ Singônrô| Callicarpa longifolia Lam.                          | Verbenaceae  |                         |
|                       | Kôlńô/ Hôn ngôn kâp/ Kin vita-ong | Lepisanthes rubiginosa (Roxb.) Leenh.     | Sapindaceae  |                         |
|                       | Ahtô/ Châmvêô/ Amôk yuông| Vernonia patula (Dryand.) Merr.                    | Asterolaceae |                         |
|                       | Sin-ôm/ Ih-ôm/ Hôtlîk    | Colubrina asiatica (L.) Brongn.                    | Rhamnaceae   |                         |
| Ring worms            | Kasirish/Mōka/ Matka     | Urena lobata L.                                      | Malvaceae    | Topical                 |
|                       | Manılı/ Matwak           | Curcuma longifolia L.                                | Zingiberaceae|                         |
|                       | Tînkâi/ Mahông/ Tônkuông/ Tôkiteû nya | Leea indica (Burmf.) Merr. | Leeaceae     |                         |
| Scrotal pain          | Lonvûh/ Liôy             | Psychotria montana Blume                             | Rubiaceae    | Topical                 |
|                       | Topîlî                   | Mililura andamanica (King) Finet & Gagnepain        | Annonaceae   |                         |
|                       | Môt tâmp                | Begonia andamanensis Parish ex C. B. Clarke         | Begoniaceae  |                         |
|                       | Hîn ngôyô/ Amah/ Singônrô| Claoxylon indicum (Reinw. ex Blume) Hassk.        | Euphorbiaceae| Topical                 |
|                       | Chûchô roi/ Tâchû roi    | Alstonia macrophylla Wall. ex G. Don                  | Apocynaceae  |                         |
| Skin injuries         | Hônrān                   | Gynotroches axillaris Blume                         | Rhizophoraceae| Topical                 |

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| Ailment                   | Local name          | Botanical name                                      | Family        | Route of administration |
|--------------------------|---------------------|-----------------------------------------------------|---------------|-------------------------|
| Hin ngu禹o/ Amah/ Singenrõ | Claoxylon indicum  | Euphorbiaceae                                       | Topical       |
| Kataih/ Kanaich          | Adenostemma lavenia| Asteraceae                                          | Topical       |
| Hin ngu禹o/ Amah/ Singenrõ | Claoxylon indicum  | Euphorbiaceae                                       | Topical       |
| Tinkai/ Mahoing/ Tönkuong/ Tökiteu nyu | Leea indica | Leeaceae                                            | Topical       |
| Unknown– 01               | Lantana camara L.   | Verbenaceae                                         | Topical       |
| Mupetô                   | Euphorbia pallens  | Euphorbiaceae                                       | Topical       |
| Tinkai/ Mahoing/ Tönkuong/ Tökiteu nyu | Leea indica | Leeaceae                                            | Topical       |
| Manulô/ Matwak           | Curcuma longifolia L.| Zingiberaceae                                      | Topical       |
| Pin/ Piri/ Olka          | Annona reticulata L.| Annonaceae                                         | Topical       |
| Kolintengench/ Tükaro tong | Tabernaemontana crispa | Apocynaceae                                        | Topical       |
| Minchuon/ Hinchiop/ Mokhiola | Ficus rumphii Blume | Moraceae                                            | Topical       |
| Mangka                   | Mangifera indica L.| Anacardiaceae                                       | Topical       |
| Köllöseint/ Länguñh      | Memecylon edule     | Memecylaceae                                        | Topical       |
| Koñtlo          | Annona muricata L. | Annonaceae                                         | Topical       |
| Ham pam                  | Ficus fulva Reinv. Ex. Bl.| Moraceae                                           | Topical       |
| Manulô/ Matwak           | Curcuma longifolia L.| Zingiberaceae                                      | Topical       |
| Tinkai/ Mahoing/ Tönkuong/ Tökiteu nyu | Leea indica | Leeaceae                                            | Topical       |
| Snake bite               |                     |                                                     |               |
| Kumiantô/ Miroich        | Capsicum annuum L. | Solanaceae                                          | Topical       |
| Manyi/ Innyich/ Ön heo muôh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae                                        | Topical       |
| Hin ngu禹o/ Amah/ Singenrõ | Claoxylon indicum  | Euphorbiaceae                                       | Topical       |
| Kiteh                    | Cnesmone javanica  | Euphorbiaceae                                       | Topical       |
| Lum tak                  | Dischidia benghalensis | Asclepiadaceae                                 | Topical       |
| Manyi/ Innyich/ Ön heo muôh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae                                        | Topical       |
| Cha-albô/ Mëui tameayô/ Silak/ Thambi | Sida acuta | Malvaceae                                          | Topical       |
| Kataih/ Kanaich          | Adenostemma lavenia| Asteraceae                                          | Topical       |
| Pangkalilô/ Kucharô-ô    | Ipomoea gracilis R. Br. | Convolvulaceae                                   | Topical       |
| Fük/ Mukfêk              | Sterculia guttata  | Sterculiaceae                                       | Topical       |
| Cha-albô/ Mëui tameayô/ Silak/ Thambi | Sida acuta | Malvaceae                                          | Topical       |
| Cha-albô/ Mëui tameayô/ Silak/ Thambi | Sida acuta | Malvaceae                                          | Topical       |
| Mupetô                   | Euphorbia pallens  | Euphorbiaceae                                       | Topical       |
| Ailment | Local name | Botanical name | Family | Route of administration |
|---------|------------|----------------|--------|-------------------------|
| Huǒ     | Mőnilĕap   | Barringtonia racemosa (L.) Spreng. | Barringtoniaceae | Topical |
| Tôngnā  vɒng | Cordia subcordata Lam. | | Boraginaceae | |
| Kănap  pĕch | Kasinrih/ Mõkia/ Matka | Achyranthes aspera L. | Amaranthaceae | Topical |
| Chăcĥō  roi/ Tachă rōi | Alstonia macrophylla Wall. ex G. Don | | Apocynaceae | |
| Tuberculosis | Sanuk/ Sanip/ Sŏnup | Ganophyllum falcatum Blume. | Sapindaceae | Topical |
| Vomiting and Nausea | Põmõhēok  long/ Pariõk/ Põreng | Desmodium spp | Fabaceae | Oral |
| Weakness | Ahīdyo/ Chamrēvō/ Amõk yuńg | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae | Topical |
| | Puchiōng/ Inmõi/ Pitēyōng | Colubrina asiatica (L.) Brongn. | Rhamnaceae | |
| | Köłлож/ Hŏn ngõn kăp/ Kin vita-ong | Callicarpa longifolia Lam. | Verbenaceae | Topical |
| | Răktōh | Planchonella obovata (R. Br.) Pierre | Sapotaceae | Topical |
| | Köłõseint/ Lănguõh | Memecylon edule Roxb. var. ovatum | Memecylaceae | |
| | Sin-ŏm/ Hh-ŏm/ Hōlik | Vernonia patula (Dryand.) Merr. | Asteraceae | Topical |
| | Huyā | Boesenbergia rotunda (L.) Mansf. | Zingiberaceae | |
| | Manulō/ Matwak | Curcuma longifolia L. | Zingiberaceae | |
| | Puchiōng/ Inmõi/ Pitēyōng | Colubrina asiatica (L.) Brongn. | Rhamnaceae | |
| | Saming ŏtŏ/ Tulśi/ Likup | Ocimum tenuiflorum L. | Lamiaceae | |
| Wounds | Kumlah | Lindsaea ensifolia Sw. | Lindsaeaceae | Topical |
| | Ahīdyo/ Chamrēvō/ Amõk yuńg | Lepisanthes rubiginosa (Roxb.) Leenh. | Sapindaceae | |
| | Kō  ëny/ Em | Dillenia andamanica C.E. Parkinson | Dilleniaceae | |
| | Mupētō | Euphorbia pallens Dillwyn | Euphorbiaceae | Topical |
| | Manulō/ Matwak | Curcuma longifolia L. | Zingiberaceae | |
| | Piń/ Piri/ Olka | Annona reticulata L. | Annonaceae | |
| | Ka-a-avō | Vernonia divergens (Roxb.) Edgew. | Asteraceae | Topical |
| | Pangkaluō/ Kuchurō-ō | Ipomoea gracilis R. Br. | Convolvulaceae | Topical |
| | Minkóōn/ Minkaûn | Premna corymbosa (Burn.f.) Rottl. & Willd. | Verbenaceae | |
| | Manyi/ Innyich/ Ōn heo muŏh | Clerodendrum inerme (L.) Gaertn. | Verbenaceae | Topical |
| | Mupētō | Euphorbia pallens Dillwyn | Euphorbiaceae | |
| | Mõnilĕap | Cordia subcordata Lam. | Boraginaceae | |
| | Köfăp | Tournefortia argentea Linn. f. | Boraginaceae | |

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example, *Claoxylon indicum* (Reinw. ex Blume) Hassk was used to cure 17 ailments. It has been observed that some plants are known by different names among the tribal groups of different Islands. For example, *Ipomoea pes-caprae* (L.) R.Br. is commonly called as *Kőheok fang* in Chowra Island, *Hunguőh kap* in Kamorta and Nancowry, *Kamong heyő* in Teressa and *Lanan kāp* in Katchal. Similar observations have also been made in other ethnobotanical studies. Most of the medicines were prepared and prescribed with multiple medicinal plants as ingredients. This has been reported for the *Kani* community of India. Most of the tribal remedies were prepared from leaves and excipients were commonly used for extraction. Water and coconut oil were common, readily available excipients used by Nicobarese. Similar observations have been recorded among the *Kalanguya* tribe.

The present survey identified a large number of medicinally useful florae in the Nancowry group of Islands. There is a paucity of published comprehensive literature on this topic. No sincere efforts have been taken for systematic documentation of first hand information from TKPs involved in the practice of ethno-medicine. The present survey filled this gap to a large extent and generated comprehensive Community Biodiversity Registers of the Nicobarese of Nancowry Islands.

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