Quality of ‘Fuji Suprema’ apples influenced by long-term annual addition of phosphorus to the soil

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ABSTRACT: Fertilization of apple orchards with phosphorus (P) has received less attention than with nitrogen and potassium. In Brazil, the information about apple response to soil P addition is meager. The objective of this study was to evaluate the long-term effect of annual soil P addition on quality and mineral composition of apple fruits. The experiment started in 2010, in a commercial orchard located in the São Joaquim, Southern of Brazil. The orchard consisted of ‘Fuji Suprema’, planted in high-density on a Haplumbrept soil. Treatments consisted of 0, 40, 80, 120 and 160 kg ha⁻¹ P₂O⁵ applied annually starting in 2010 to broadcast over the soil surface along the tree row. Evaluations were performed from 2012/2013 through 2014/2015 growing seasons. We harvested three samples from each experimental unit. One sample was cold stored in a controlled atmosphere chamber for six months; the others were immediately evaluated for firmness, total soluble solids, titratable acidity (TA), skin color, and the concentrations of N, P, K, Ca and Mg in the fruit flesh. Application of P to the soil affected only flesh firmness at harvest and TA after six months of storage in the 2012/2013 season, as well as firmness after six months of storage in the 2013/2014 season. In the 2014/2015 season, the addition of P reduced fruit color but only at harvest. Addition of P to the soil affected the levels of P in the fruit in the 2012/2013 season, as well as N and the N/Ca ratio of fruit in the 2014/2015 season. Overall, attributes related to fruit quality of cultivar Fuji Suprema were slightly affected by long-term annual addition of P to the soil.

Key words: Malus x domestica Borkh, fruit quality, phosphate fertilization.

INTRODUCTION

Yield and quality of apple fruit are affected by climatic conditions and by orchard management practices including pruning, thinning, control of weeds, insects and diseases, and nutrient supply. In terms of plant nutrition, fertilization of apple orchards with phosphates has received much less attention than fertilization involving nitrogen (N) and potassium (K). This is mainly because P addition to the soil in established orchards normally has low or no effect on apple yield (NAVA et al., 2017). In addition to a low demand for P, the lack of apple yield response to soil P application is due to the release of reasonable amounts of organic P from the organic matter decomposition, the contribution of arbuscular mycorrhizae fungi, which increase the capacity of roots to take up P, and due to mild winters in subtropical regions, which allows roots to uptake P over the entire year and store it for periods of high demand.
There are few studies around the world evaluating the effect of P addition to the soil on apple yield. On Canadian soils, fertilization with P at bloom at a rate of 20g P per tree increased the average apple yield by 20% for ‘Fuji’, ‘Gala’, ‘Ambrosia’, ‘Silken’ and ‘Cameo’ during the first five fruiting seasons (NEILSEN et al., 2008) complete block, split-plot experimental design with six replicates was established and maintained annually for the first five fruiting seasons 1999 to 2003. In Poland, WOJCIK & WOJCIK (2007) applied phosphate and phosphate plus lime to a P deficient ‘Jonagold’ orchard and reported no increases on fruit yield due to P application when the soil pH was adequate. In Brazil, the only paper in the literature reporting the effect of P addition to the soil on apple orchards showed no increases on fruit yield (NAVA et al., 2017).

Conversely, the content of P in the apple fruit affects many physical and chemical attributes related to fruit quality and conservation such as reductions in incidence of water core at harvest, increased resistance to browning, elevated antioxidant content of fruit (NEILSEN et al., 2008), and increased fruit appearance and storability (WOJCIK & WOJCIK, 2007). In addition, spraying apple trees with P increased the contents of this nutrient in the fruit and decreased the loss of flesh firmness (WEBSTER & Lidster, 1986) and the susceptibility caused by low temperatures (JOHNSON & YOGORATNAM, 1978). Apples containing less than 100mg kg−1 P have high risks of P deficiency, some growers apply large amounts of phosphates annually, resulting in a build up in the soil P pool with both risks of P contamination (SCHMITT et al., 2017) and unnecessary expenses.

The present study was carried out to clarify the effect of soil P addition on fruit quality in a Brazilian apple orchard planted over rocky shallow soils in the São Joaquim region.

MATERIALS AND METHODS

The experiment was conducted in a commercial orchard located in the municipality of São Joaquim, Brazil (28° 17’ 25” S, 49º 56’ 56” W–altitude of 1200m) in an Haplumbrept soil containing 48g dm−3 organic matter and 470g dm−3 clay. The region has a humid mesothermal climate (Cfb according to the Köppen classification) with mild summers, cold winters, and annual average temperature and pluvial precipitation of 13°C and 1,600mm respectively.

The orchard was planted in June 2004 with ‘Fuji Suprema’ trees grafted on Marubakaido/M9 rootstock, spaced 4.2m x 1.2m. Two months before planting, dolomitic limestone and P and K fertilizers were broadcasted and mixed with soil to a depth of 0 – 40cm, at rates recommended by the Santa Catarina State liming and fertilization manual. Treatments consisted of 0, 40, 80 120 and 160kg ha−1 P2O5 added annually since 2010 from triple superphosphate and broadcasted over the soil surface in a 2.2-m-wide strip centered on the tree row. Treatments were replicated five times in a complete randomized block design, and each experimental unit consisted of seven plants along the row, where only the central five trees were used for evaluations. Before treatments application the soil had pH= 6.4, P (Mehlich-1) 4.3mg dm−3, K 0.25cmol(+) dm−3, Ca 11.5cmol(+) dm−3, Mg 4.3cmol(+) dm−3. Evaluations were performed from 2012/2013 to 2014/2015 growing seasons.

The experimental area received all management practices used in the commercial orchard, including application of herbicide (glyphosate; roundup), insecticides, and fungicides, winter and summer pruning, hand thinning, and mineral oil plus hydrogen cyanamide to stimulate bud break.

Triplicate samples of 10 fruit each were collected at harvest from any experimental unit. One sample was cold stored for six months in a regular air chamber (at 0.5°C and 90% RH) before evaluations; the other two samples were used for laboratory evaluations immediately following harvest. On all fruit samples we determined firmness, soluble solids concentration, titratable acidity, skin

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color, and concentrations of N, P, K, Ca and Mg in the fruit flesh. Fruit firmness determinations were taken on the opposite cheeks of each fruit, midway between the stem-end and calyx-end, after peel removing, using an electronic penetrometer with a 11mm diameter plunger on the cut surfaces. Soluble solids concentration, SSC, (°Brix), were determined in a small sample of fruit juice using a hand held digital refractometer containing a temperature compensation capability. Titratable acidity (TA), expressed as % malic acid, was determined in a 10mL sample juice diluted into 20mL of distilled water following titration with 0.1mol L⁻¹ NaOH to a pH end point of 8.1, using automatic titrator.

The hue (h°) angle and lightness (L) of fruit skin were measured using a colorimeter (Minolta CR 400, Japan). Readings were performed midway between the stem-end and calyx-end on the reddest portion of the fruit. The h° represents the intensity of the red color and defines the basic color, where 0° = red, 90° = yellow and 180° = green, which means that as the h° angle decreases the red color of the skin increases. The L value represents the color brightness, which varies from 0° = black to 100° = white.

To evaluate the mineral composition, each fruit was cut longitudinally twice to produce two seedless, wedge-shaped segments, which constituted the fruit sample. Slices, that were blended and homogenized with a RI 6720 multiprocessor and a Braun Multiquick MR40 mixer, respectively. For the determination of Ca, Mg and K, 5.0g of the slurry were incinerated in an oven at 630°C for five hours. Then, the ashes were solubilized by adding 15mL of 1.8mol L⁻¹ HCl.

Calcium and Mg were determined by atomic absorption spectroscopy (Aanalyst 200 PerkinElmer); K was quantified by flame emission photometer (Digimed DM-61). For the quantification of N and P, 2.0g of fruit flesh were wet-digested with 5mL H₂O₂ + 3mL H₂SO₄ at 350 °C for three hours. Then, N was determined by steam distillation using a semi-micro-Kjedahl equipment (TEDESCO et. al., 1995); P was quantified by colorimetry using method Murphy & Riley.

Data were submitted to analysis of variance (ANOVA). When there was a significance for P rates, polynomial regression equations (P<0.05) were adjusted, using the SAS software.

RESULTS AND DISCUSSION

Long-term addition of P to the soil did not affect the titratable acidity (TA) nor the soluble solids concentration (SSC) in samples evaluated at harvest (Table 1). Averaged across P rates and years, malic acid was 0.35% while SSC was 11.3° Brix. These values are in the range considered adequate for ‘Fuji’ apples, which vary from 0.2 to 0.4% of malic acid and

| Table 1 - Effect of the rate of soil applied P on attributes related to fruit quality of ‘Fuji Suprema’ measured at harvest. |
| Rates of P₂O₅ (kg ha⁻¹) | Titratable acidity (% malic acid) | Soluble solids concentration (°Brix) | Flesh firmness (Newton) | Fruit skin color at the reddest side |
|--------------------------|------------------------------|-----------------------------------|------------------------|-----------------------------------|
|                          | Growing season 2012/2013      |                                    |                        |                                   |
| 0                        | 0.36                         | 11.5                               | 76.3                   | 40.2                              |
| 40                       | 0.36                         | 11.8                               | 79.0                   | 39.9                              |
| 80                       | 0.38                         | 11.4                               | 78.2                   | 39.1                              |
| 120                      | 0.27                         | 10.5                               | 78.7                   | 38.8                              |
| 160                      | 0.37                         | 10.4                               | 80.2                   | 40.0                              |
| Linear                   | ns                           | ns                                 | *                      | Ns                                |
| Quadratic                | ns                           | ns                                 | ns                     | ns                                |
| Growing season 2014/2015  |                              |                                    |                        |                                   |
| 0                        | 0.36                         | 11.4                               | 70.7                   | 37.6                              |
| 40                       | 0.37                         | 11.8                               | 69.7                   | 37.4                              |
| 80                       | 0.34                         | 11.6                               | 71.4                   | 38.6                              |
| 120                      | 0.35                         | 11.3                               | 70.9                   | 37.9                              |
| 160                      | 0.36                         | 11.4                               | 71.1                   | 39.8                              |
| Linear                   | ns                           | ns                                 | *                      | Ns                                |
| Quadratic                | ns                           | ns                                 | ns                     | ns                                |

ns, *, **: not significant; effect of P rate not significant or significant at 5 and 1% probability levels, respectively.

(1) Lightness (L) (2)‘Hue’ (h°) represents the intensity of the red color and defines the basic color.
from 10 to 12° Brix (TREPTOW et al., 1995). Flesh firmness; however, increased linearly with increase of P rate applied, but only in the 2012/2013 growing season (Table 1). The mean value for firmness was 75 Newton, which is considered high for ‘Fuji’ (HUNSCHE et al., 2003). According to ARGENTA et al. (1995) ‘Fuji’ apples should have firmness at harvest higher than 71 Newton for long-term storage. Firmness is the fruit trait normally most associated with apple conservation.

For parameters related to fruit color determined at harvest, the $h^\circ$ angle and $L$ at the side exposed to the sun showed a decrease on the skin red color with increases on P addition to the soil, but only on the last growing season (2014/2015). The treatment that received the highest annual P rate ($160$ kg ha$^{-1}$ P$_2$O$_5$) had less color than the control, which did not receive P (Table 1). This result in less anthocyanins, pigment associated with the red color, accumulation in the fruit skin (AMARANTE et al., 2007). This effect; however, did not happen in the other seasons regardless of the time of evaluation, at harvest of after cold storage. NEILSEN et al. (2008) evaluated the effect of P addition to the soil via fertigation in Canadian orchards and did not find any influence of this nutrient on soluble solids, total acidity, flesh firmness and fruit color of ‘Ambrosia’, ‘Cameo’, ‘Fuji’, ‘Gala’ and ‘Silken’.

On determinations performed six months after fruit stored at 0.5°C and 90% RH, soluble solids concentration were not affected by long-term annual addition of P to the soil; total acidity; however, increased f P rate, but only for the 2012/2013 growing season (Table 2). The opposite occurred with flesh firmness on fruit from the 2013/2014 growing season, which decreased with increased P application rate. No attribute related to fruit skin color was affected by addition of P to the soil (Table 2), demonstrating that differences reported at harvest on the 2014/2015 growing season may not persist during storage.

The content of P in the fruits increased linearly with increased P application rate, but only in

### Table 2 - Effect of the rate of soil applied P on attributes related to fruit quality of 'Fuji Suprema' measured after six months of cold storage.

| Rates of P$_2$O$_5$ (kg ha$^{-1}$) | Titratable acidity (% malic acid) | Soluble solids concentration (°Brix) | Flesh firmness (Newton) | Fruit skin color at the reddest side |
|-----------------------------------|----------------------------------|------------------------------------|-------------------------|------------------------------------|
|                                   |                                  |                                    |                         | $L$<sup>(1)</sup> $h^\circ$<sup>(2)</sup> |
|-----------------------------------|----------------------------------|------------------------------------|-------------------------|------------------------------------|
|                                   |                                  |                                    |                         |                                    |
| 0                                 | 0.30                             | 13.7                               | 76.2                    | 38.4                               | 26.7 |
| 0                                 | 0.31                             | 13.7                               | 76.1                    | 37.7                               | 26.7 |
| 0                                 | 0.34                             | 13.8                               | 77.3                    | 39.0                               | 28.7 |
| 120                               | 0.32                             | 13.6                               | 76.0                    | 38.5                               | 27.4 |
| 160                               | 0.39                             | 13.7                               | 76.6                    | 38.5                               | 28.2 |
| Linear                            | ns                               | ns                                 | Na                      | Na                                 | Na   |
| Quadratic                         | ns                               | ns                                 | Na                      | Na                                 | Na   |
|                                   |                                  |                                    |                         |                                    |
| 0                                 | 0.32                             | 11.9                               | 69.7                    | 39.3                               | 39.9 |
| 0                                 | 0.29                             | 10.9                               | 68.2                    | 41.5                               | 42.5 |
| 80                                | 0.30                             | 13.0                               | 67.9                    | 41.1                               | 40.9 |
| 120                               | 0.31                             | 11.3                               | 68.0                    | 42.0                               | 45.7 |
| 160                               | 0.29                             | 10.5                               | 69.1                    | 40.4                               | 41.3 |
| Linear                            | ns                               | ns                                 | Na                      | Na                                 | Na   |
| Quadratic                         | ns                               | ns                                 | Na                      | Na                                 | Na   |
|                                   |                                  |                                    |                         |                                    |
| 0                                 | 0.20                             | 11.3                               | 65.7                    | 39.7                               | 33.8 |
| 0                                 | 0.21                             | 12.0                               | 65.5                    | 38.0                               | 30.6 |
| 80                                | 0.22                             | 11.8                               | 66.4                    | 38.6                               | 31.5 |
| 120                               | 0.21                             | 11.7                               | 65.6                    | 38.8                               | 31.5 |
| 160                               | 0.23                             | 11.7                               | 67.5                    | 39.2                               | 33.1 |
| Linear                            | ns                               | ns                                 | Na                      | Na                                 | Na   |
| Quadratic                         | ns                               | ns                                 | Na                      | Na                                 | Na   |

ns, *", not significant: effect of P rate not significant or significant at 5 and 1% probability levels, respectively.

<sup>(1)</sup> ‘Lightness’ ($L$). 0 = black, 100 = white.
<sup>(2)</sup> ‘Hue’ ($h^\circ$) represents the intensity of the red color and defines the basic color.
the first growing season (2012/2013) (Table 3), which increased from 121 mg kg\(^{-1}\) for the control (with no P addition) to 162 mg kg\(^{-1}\) for the treatment that received the highest P rate (160 kg ha\(^{-1}\) P\(_2\)O\(_5\)). Deficient P in apple fruit can cause development of physiological disorders (AMARANTE et al., 2012). NEILSEN et al. (2008) reported that ‘Fuji’ and ‘Silken’ fruit with less than 100 mg kg\(^{-1}\) P had more water core and lower storage life relatively to fruit with higher P contents. In our study, fruit from all treatments, including the control, always had P concentrations above 100 mg kg\(^{-1}\), which is adequate for long-term storage. This high P uptake in the control can possibly be explained by the amount of P released from the organic matter decomposition (NAVA et al., 2017) and by the contribution of mycorrhizae (GASTOL et al., 2016).

The concentration of N in the fruit decreased linearly with increased P rate applied to the soil, but only for the 2014/2015 growing season (Table 3). Nitrogen changed from 494 mg kg\(^{-1}\) in the control to 374 mg kg\(^{-1}\) for the highest P rate (160 kg ha\(^{-1}\) P\(_2\)O\(_5\)), which are within the normal concentration range for apple fruit to avoid development of physiological disorders, which are often found with apples containing more than 500 mg kg\(^{-1}\) N (AMARANTE et al., 2012). Apples with high N concentration normally have reduced storage life and are susceptible to incidence of rots and other physiological disorders (NEILSEN & NEILSEN, 2009).

Concentrations of Ca, Mg and K in the fruits were not affected by long-term P addition to the soil in any growing season (Table 3). Calcium is often the nutrient most associated with fruit quality and storage life since one of its physiological functions is to maintain the integrity of the cell wall. When Ca values in apple fruits are lower than 40 mg kg\(^{-1}\) (AMARANTE et al., 2012), cell membranes lose permeability causing disintegration and cell death (AMARANTE et al., 2006; BRACKMANN et al., 2010). Excess Mg and K in the fruit can exacerbate the negative effect caused by low Ca values. The adequate range for these two nutrients in apples fruits are respectively below 1,000 and 40 mg kg\(^{-1}\) (AMARANTE et al., 2012).

Annual addition of P to the soil decreased the N/Ca ratio in the fruits only in the 2014/2015 growing season; the ratios of K/Ca and (K+Mg)/Ca are often found with apples containing more than 500 mg kg\(^{-1}\) N (AMARANTE et al., 2012). Apples with high N concentration normally have reduced storage life and are susceptible to incidence of rots and other physiological disorders (NEILSEN & NEILSEN, 2009).

| Rates of P\(_2\)O\(_5\) (kg ha\(^{-1}\)) | P    | N    | K    | Ca   | Mg   | N/Ca | K/Ca | (K+Mg)/Ca |
|-------------------------------------|------|------|------|------|------|------|------|-----------|
|                                     | mg kg\(^{-1}\) | Growing season 2012/2013 |  |  |  |  |  |  |  | Growing season 2013/2014 | Growing season 2014/2015 |
| 0                                   | 121  | 381  | 913  | 106  | 68   | 3.84 | 8.72 | 9.40      | 118  | 440  | 954  | 119  | 72   | 3.94 | 8.40 | 9.02      | 118  | 440  | 954  | 119  | 72   | 3.94 | 8.40 | 9.02 |
| 40                                 | 127  | 475  | 920  | 88   | 66   | 7.44 | 15.10 | 16.10     | 122  | 405  | 878  | 126  | 72   | 3.18 | 7.03 | 7.58      | 113  | 366  | 839  | 127  | 61   | 2.94 | 7.12 | 7.66 |
| 80                                 | 149  | 377  | 953  | 106  | 70   | 3.66 | 9.50 | 10.2     | 137  | 380  | 855  | 104  | 69   | 3.88 | 8.64 | 9.32      | 162  | 459  | 860  | 88   | 63   | 5.24 | 9.82 | 10.5 |
| 120                                | 137  | 380  | 855  | 104  | 69   | 3.88 | 8.64 | 9.32      | 162  | 459  | 860  | 88   | 63   | 5.24 | 9.82 | 10.5     | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       |
| 160                                | 162  | 459  | 860  | 88   | 63   | 5.24 | 9.82 | 10.5     | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       |
| Linear                             | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       |
| Quadratic                          | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       | ns   | ns   | ns   | ns   | ns   | ns   | ns   | ns       |

ns, *, **, ns, not significant: effect of P rate not significant or significant at 5 and 1% probability levels, respectively.
Ca, which sometimes affect fruit quality, were not modified by treatments regardless of growing season (Table 3). AMARANTE et al. (2011) reported that the skin of ‘Fuji’ apples with N/Ca ration lower than 4.0, with a flesh K/Ca ratio lower than 37, and with a skin (K+Mg)/Ca ratio lower than 40 had low incidence of bitter pit, one of the most important Ca related disorder.

The small effect of long-term P addition to the soil on traits related to fruit quality can be partially explained by root association with mycorrhizae, which increase P absorption (GASTOL et al., 2016), in addition to the release of P from the soil organic matter decay, besides the small requirement of P by this specie.

CONCLUSION

The quality of ‘Fuji Suprema’ fruits was slightly affected by long-term annual additions of P to the soil. In addition, fruit quality and conservation remained in the adequate range. On some growing seasons; however, addition of P to the soil increased flesh firmness and decreased the skin red color.

DECLARATION OF CONFLICTING INTERESTS

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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