Functionalization of Crumb Rubber Surface for the Incorporation into Asphalt Layers of Reduced Stiffness: An Overview of Existing Treatment Approaches

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Abstract: The substitution of mineral aggregates with crumb rubber (CR) from waste end-of-life tires (ELTs) in the asphalt concretes, has been considered a sustainable paving industry approach. The rubber has been used to construct pavements with proven enhanced resilience and improved durability. However, some issues related to the rubber’s surface adhesion or swelling may arise with these practices and generate complications (binder consumption, temperatures, mixing times). One possible solution to overcome the materials’ compatibility problems is to pre-treat the CR’s surface before its incorporation into the asphalt mixes to allow a surface functionalization that can enhance coverage and cohesion inside the mixes. The physical treatments using radiations-based beam are already exploited in the plastic recycling industries avoiding the use of chemicals in considerable amounts. Such treatments permit the recovering of large quantities of polymer-based materials and the enhancement of interfacial properties. This article provides an overview of existing surface treatments of polymers and especially rubber, including gamma ray, UV-ozone, microwaves, and plasma. Several studies have shown an overall improvement of the rubber surface’s reactive properties due to contaminant removal or roughness enhancement attributed to cross-linking or scission reactions occurring on the rubber’s surface layer. With those properties, the asphalt mixes’ phase stability properties are increased when the pre-treated rubber is incorporated. The treatments would permit to increase the CR quantities, yet reduce the layer stiffness, and improve the durability and the sustainability of future advanced road pavements.

Keywords: end-of-life tires; crumb rubber; surface treatment; functionalization; asphalt binder; low-stiffness asphalt concretes; dry process; pavements

1. Introduction

The environmental issues related to the quantities of waste rubber and plastics on the planet are perpetually increasing. One of the most common wastes arising from the transportation industry is end-of-life tires (ELTs). Undeniably, large quantities of rubber can be found in household appliances. However, the described evolution is mainly due to the increase in the world population, thus increasing vehicles’ production: the transportation market represents 63% of rubber use. Every year, nearly 3 million tons of waste tires are generated in Europe, of which approximately 2 million tons are either recycled or recovered, as reported by the European Tyre & Rubber Manufacturers’ Association. Composed in the majority by highly engineered rubber, the non-biodegradable stage of the final tire product is involved in several waste management problems [1,2]. ELTs usually enter a waste management system based on recycling the constituent materials and
the recovery of energy by controlled combustion, and still, in some countries, on the land-filling in vast land surfaces.

In terms of recycling, many industries in the field of construction materials and other engineering fields use CR from ELTs in various forms for applications such as rubberized asphalt concretes [3–5], non-structural materials, especially for thermal and acoustical insulation [6,7], as well as playgrounds and artificial turf surfaces [8,9]. Indeed, the ELTs rubber benefits are well-known in civil engineering, particularly in the road pavement sector, since the first rubberized asphalt was produced in the last century. The elasticity of rubber has been proven to positively influence the mechanical performance, i.e., the pavement layers’ durability, while its low stiffness can contribute to abate the noise generation [2]. As a matter of fact, in the latest years, the CR obtained from ELTs following different possible processes has been proven to be an efficient solution to reduce the accumulation of waste tires while contributing to the sustainability and carbon footprint reduction of road transport [3,10,11].

However, ELTs’ rubber is not the only component involved in the mix-design of rubberized asphalt mixtures. Generally, when the rubber addition or substitution query occurs, the level of interaction between the rubber particles and asphalt binder during the production (either wet or dry) and laying processes can bring issues in terms of workability and emissions. These issues are particularly experienced when the ratio between the rubber and aggregate quantities is high. Depending on the time and temperature of the mentioned interaction, the rubber particles are known to swell in asphalt by adsorbing the bitumen’s lightweight components [12]. The small molecular size of maltenes diffuse inside the rubber particles, and rubber volume expands [3]. The described phenomenon is not happening just because of each component’s chemical properties; the size distribution of rubber and, mostly, the time and temperatures of interaction have a considerable effect on rubber swelling within the asphalt binder. The swelling of rubber particles can change the volumetric proportions of the components in the mixture and modify the structure of their close bonds and, hence, alter the properties of the final asphalt layer. To counteract this phenomenon, several methods aiming to control the swelling behavior of rubber exist. The addition of chemicals to the mixture [13,14], the possible devulcanization [15–18] or, last but not least, the surface treatment of the CR employing physical or chemical procedures [1,19–23] are some of the most frequent solutions. The rubber’s surface treatment represents an evolving method, preferably used when the dry incorporation method is adopted.

This review aims to describe the contribution of possible physical surface modifications of rubber on the enhancement of its properties for the use in road engineering materials including modified binders and asphalts pavements.

2. Rubber Tires and Their Use in Asphalt Pavements

2.1. History and Waste Management of Tires

Originating from Charles Goodyear’s discovery of the vulcanization of rubber in 1839—the process of transforming the rubber with sulfur and heat to reinforce the rubber—and from John Boyd Dunlop’s invention of the pneumatic tire in 1888 [24], tires became a fundamental piece of the economy of every nation that relies on the transportation of goods and people on rubber.

The development continued when in 1891, the Michelin brothers made it removable from the rim. As a result of these discoveries, tires can be recycled, and nowadays, used tires are regularly retreated, potentially reused, or recycled to promote the circular economy of the product and its constituents, save costs for the domestic economies, and preserve the environment.

Undeniably, tires’ composition and design differ by category (i.e., passenger vehicle, utility vehicle, truck, etc.) or manufacturers. However, it always includes four primary material groups: rubber, carbon blacks/silicas, material reinforcement, and facilitators.
Figure 1 shows the common tire constituents and the generic weight composition for the passenger car and trucks vehicle [25]. Tires contain a mixed composition of both natural and synthetic rubber compounds, which are the primary materials used in tires’ production as they are crucial to meet the safety performance and environmental requirements. Unfortunately, rubber usage also has effects on land space consumption that can cause degradation and loss of natural habitats due to the required Hevea tree exploitation [24]. Altogether, the wastage and recycling of polymer-made products have attracted considerable public attention owing to a broad concern about climate change, and the percentage of rubber recycled in the European Union (EU28) was found to be 91% in 2018 [25]. Therefore, it is clear that in the EU, there is still excellent room for exploitation as far as tires and rubber recycling is concerned [26].

Nowadays, while being recycled, the materials from waste tires can be recovered or sorted and reused employing different processes: ambient or cryogenic shredding, and thermal pyrolysis (Figure 1). The ELTs are regularly reprocessed in other material design applications and should be considered like newly engineered products for roads or building construction, sports equipment or clothes and fuel [26]. Fabrics, steel, and especially the rubber contained in the tires can be recycled in different form to replace the raw constituent materials, hence reducing the extraction of resources, land use, greenhouse gas (GHG) emissions, pollution, and water consumption. Additionally, the whole ELT structure can have an essential role in other fields of applications as shown in the Figure 1.

One of the most central materials recycled from ELTs is the rubber. It can be shredded and marketed in small particles (chips, coarse, powder) which are used in artificial grass, playgrounds, surfaces for horseback riding, asphalt pavements, and safety or acoustic barriers, among many other uses [25,27].
Using the ELTs material reduces the need to extract and produce new raw rubber for other applications and foster the circular use of resources. The final objective of ELTs recycling, as illustrated in Figure 1, is to be able to use the newly produced material through different applications depending on the shape [24].

2.2. Properties of the Recycled Rubbers

The physical properties of ELTs rubber depend on the adopted recovering process (Figure 1) and have an essential role as far as the subsequent use of those materials is concerned [3,28–30]. Despite the sorting process, the various sources of tires and the vulcanization reaction can generate utterly different rubber granulates from a chemical and physical point of view. Also, the reprocessing can itself create variation, particularly concerning the rubber particles’ surface characteristics [8,9].

Starting from their manufacture, tires are made of highly engineered material. If recycled as constituent material in other applications, they will require an evaluation of several properties to be conducted to cope with its new use and assess the non-hazardousness for new goods production. Thus, typical properties, including geometrical and structural properties, elemental characterization, and dust or chemical leaching assessments, among others, are evaluated to meet the health and safety specifications and produce sustainable products with RR. The rubber’s chemical composition can also be diagnosed through a representative sample and can be used to study the rubber’s compatibility with other components while reusing it for new applications. Crucial data are related to the measurement of polycyclic aromatic hydrocarbons (PAHs) to protect the environment, the workers, and the users from possible noxious emissions, during and after the manufacturing processes. Leaching of the rubber should remain at a very low value as for food or water production values. A possibility to decrease this value using treatment will assess a significant improvement.

2.3. The Use of Recycled Rubber in the Road Construction Sector

2.3.1. Wet and Dry Processes in Asphalt Pavements Applications

Rubber chips, powders, or crumb particles have been used for many years worldwide in road pavements. They are known for their effectiveness in designing low-noise pavements or in fatigue-resistant asphalt applications owing to the residual elastic properties [7]. In addition to the improvement regarding the circular use of materials, the aim of using ELTs rubber in the asphalt pavement was to improve the performance of the already existing pavements or reach comparable values but also develop innovative materials [30]. In fact, the incorporation of CR in substantial amounts can decrease the layers’ stiffness and increase the pavement’s overall performance while improving the ELTs waste management impact [3,28,29].

To produce a rubberized asphalt, aggregates, rubber (chip, crumb, powder), and bitumen must be mixed. Two well-known processes were and are generally used: the wet and the dry process. During the wet process, the rubber is first mixed and blended with the bitumen at high temperatures as described in Zanetti et al. studies [28]. This process provides several technical and rheological advantages to the bitumen including improvement regarding fatigue and rutting resistance [31]. However, it needs high temperatures (not less than 170–175 °C), continuous agitation, and prolonged contact time between rubber and bitumen to produce a rubberized bitumen before adding the aggregates [3,28]. The second process is known as the dry one. The rubber substitutes a portion of the aggregate mix gradation. CR are added to aggregates and heated in the mixer before adding the binder. Mixing temperatures are generally lowered (160 °C), but a short contact time between the rubber and the binder is preferable in better control of the rubber’s binder absorption. Compared to the wet process aiming to enhance the binder’s elastic properties, rubber particles’ leading role in the dry process is to fill spaces between aggregates and provide an elastic buffer between the mineral aggregates’ skeleton. Improvement of
skid resistance was also recorded by using the last-mentioned process. Furthermore, even if the moisture resistance can be decreased [31], the dry method is appreciated for its positive environmental issues improvement as it can use lower temperatures, and permits the addition of larger shapes and quantities of rubber in the mixture, thus recycling more tires [3,28].

Each process has advantages and disadvantages and can be used for different applications. In principle, the primary condition of rubberized mixture design is evaluating the rubber and the binder properties separately, but it is also crucial to assess how they interact within the mixture.

2.3.2. Rubber–Binder Interaction

For many years, rubber–bitumen interactions are the central aspect of rubberized-asphalt investigations. Indeed, rubber and bitumen chemical and surface properties present specific interactions that can modify their structure, as explained in Hassan et al., Zanetti et al., and Li et al. [3,28,30]. The role of bitumen in these interactions is predominant as the exchange of oils depends on its chemical nature, bearing in mind that the binder must coat the aggregates for adhesion first.

As it can be found in the studies mentioned above, the diffusion of bitumen fraction into the rubber, the swelling reaction, happening either with the wet or the dry process, seem to be the significant reaction occurring during mixing. This reaction occurs depending on the CR (chemistry, shape) and bitumen properties.

In fact, a diffusion phenomenon happens when a rubber particle is in contact with the liquid bitumen. When this contact starts, the rubber absorbs some of the bitumen fractions, namely the lighter ones. The small molecular size of maltenes permits their diffusion in the rubber particles; consequently, rubber volume expands [3]. The chemical properties of the bitumen are one of the causes of this phenomenon. The higher the penetration grade is, the higher amounts of maltenes are available and the swelling tends to increase. However, the described phenomenon did not happen just because of the chemical properties of each part. The size distribution of rubber, rubber surface characteristics, time, and interaction temperature significantly affect rubber swelling within the bituminous mix.

For instance, more bitumen fractions can be incorporated inside the rubber particles via their porosities with a long time of contact. Finally, the surface texture has a substantial effect on the swelling phenomenon.

Undeniably, the RR’s surface type and specific area has a vital role in the final mixture behavior. Therefore, any modification to the surface properties could affect the rubber’s swelling behavior and, consequently, the final mixture’s rheological properties. In the light of the above, rubber pre-treatments should be able to modify the surface properties to control the swelling phenomenon connected to the migration of light fractions from bitumen to rubber, without compromising the elasticity of the rubber or the adhesion between the rubber, the bitumen, and the aggregates.

3. Surface Treatments and Their Effect on Rubber–Bitumen Interactions

3.1. Surface Modification of Polymers

Polymers such as rubber are generally inherently hydrophobic, low surface energy materials, and thus less prone to adhere to other substances. Adhesion improvement is the most common use but other surface characteristics, such as wettability, porosity, water- and chemical resistance, and moisture transmission are also addressed [32,33].

Two distinct types of modification exist as two main categories: physical and chemical modification. The first can also be divided into two groups, the first involved with chemical alteration of the surface layer, while the second with external layer deposition on the polymer material. The chemical modification consists of modifying the chemical composition of polymer surfaces either by direct chemical reaction or by the creation of covalent bonds with the chemicals [34].
Many types of polymers, like the rubber are commonly treated before subsequent processing. A wide range of methods, from treatment made using vacuum to atmospheric pressure, wet to dry, simple to sophisticated, and inexpensive to very costly to obtain the required functional characteristics of polymers exist [33,34].

This review aims to discuss a set of developed methods for the pre-treatment of rubber polymer to overcome the surface reaction issues and improve the adhesion ability between rubber, binder, and aggregates in a rubber concrete asphalt mixture. The environmental impact and the uncomplicated nature of the adopted methods are crucial parameters (Figure 2).

3.1.1. Gamma Radiation

Gamma-ray is an electromagnetic radiation that results in the disintegration of radioactive atomic nuclei and the decay of certain subatomic particles (alpha and beta) as shown in Figure 3a. Gamma ray is a highly penetrating electromagnetic radiation with very short wavelengths (few tenths of an Angstrom), and very energetic (greater than tens of thousands of electron Volts) [46]. This reaction is generally initiated in nuclear reactors. This reaction can be made at lab scale (Figure 3b) or industrial scale (Figure 3c) to treat large quantities of materials [37,47].

Figure 2. Scheme of the different possible treatment methods and the main solutions described in this review (adapted from [22,35–45]).
The gamma radiation is used successfully for several years to improve the properties of recycled polymer-based materials, including the rubber [47] and can cause change on polymers chemical structure and mechanical behavior. These modifications occur due to reorganization of bonds, which allows an increase in the degree of cross-link or reticulation (Figure 4). Several polymers (recycled or not) have been modified to optimize properties and increase their overall compatibility [48]. Such technology is feasible from both an ecologic and economic point of view as it can be applied in large quantities of materials at lower costs.

Its main effect is the creation of possible cross-link improving the recovering of polymers; scission producing low molecular masses able to be used as raw materials or inducers, or chain branching including advanced polymerization to design more environmental friendly materials that can increase, decrease, or consolidate the original polymer’s structure [23,33,48–51].
Figure 4. Simplified scheme of the gamma ray reaction initiation and effect on rubber surface.

In a specific study, Faldini et al. [52] examined the irradiation of crumb rubber samples at several levels of absorbed radiation doses (100–1000 kGy). The samples were characterized by thermal analysis including differential scanning calorimetry (DSC) and thermogravimetric analysis (TGA), infrared (IR), and UV-visible spectroscopy (UV-Visible) and scanning electron microscopy (SEM). Through the analysis, same tendency was observed in several various case studies [23,47,52,53]. The SEM evaluation has shown the increase of the roughness, small cavities, and cracks on the surface when the irradiation increases. The higher is the gamma radiation absorption, the higher is the roughness. However, the spectroscopy analysis confirms the non-alteration of rubber’s chemical structure.

The research from Chen et al. [54] discussed the effect of gamma ray on recycled and vulcanized butyl-rubber-based damping materials irradiated at doses from 10 to 350 kGy. When the absorbed dose increases, the chain scission reactions are stronger and conduct to decrease molecular weight and small decomposition [51]. These degraded low-molecular weight compounds made the rubber softer with increasing absorbed dose. A reduction of surface porosity is also observed without impacting the roughness.

In the studies of Martinez-Barrera et al. [53], the CR irradiated the gamma rays at 200, 25, and 300 kGy. Two significant improvements are observed when mixing the irradiated particles to concrete. Apart from the size of particles showing the effectiveness in increasing the softness of the concrete, the rubber particles’ irradiation could permit the use of more tire particles and reduce the use of raw materials. Thus, high irradiation doses produce physicochemical changes on the CR particles, mainly cross-linking polymer chains, allowing high physical interactions with the concrete components. The irradiation on particles at 300 kGy, by initiating surface roughness and cracks due to cross-linking reactions, improves the elastic modulus and the deformation of the concrete-based sample, the material is more flexible. Gamma rays generate cross-linking of polymer chains on the rubber, which restricts the movement of their molecules. Then, weak interfacial interactions are produced in the cement in this case.

In the work of Ibrahim et al. [23], the irradiated rubber was mixed with an asphalt binder. The anti-aging performance was evaluated through the rolling thin film oven test (RTFOT) in terms of subsequent penetration, softening point, ductility, weight loss, viscosity, etc. The results showed that the bitumen samples using 10% of CR irradiated at 300
kGy had high-temperature stability, low-temperature ductility, and the anti-ageing performance improved. The rheological studies also illustrated that the modified bitumen with CR irradiated at 300 kGy has the most considerable properties and the rubber is better dispersed into the binder [23].

Previous investigations [51] have shown that low dose (from 0–70 K Gy) leads to cross-linking after a long time of exposition and less scission while higher doses (more than 70 and from 300 kGy in Ibrahim et al. study) leads to both reactions with a stronger scission. The result of those reactions is the formation of softer and more viscous rubber with a rough surface that eases the adsorption among others component in the mix. A gain in stability of the asphalt mixes is shown with the use of gamma rays. The irradiation increases the compatibility of the components.

All the studies summarized in Table 1 have shown a substantial impact of the gamma radiation on crumb rubber properties and, by extension, on the modified bitumen or asphalt concrete rheological aspect. The modification of the crumb rubber’s surface due to cross-linking and scission reaction positively impacts the material’s mechanical properties. Viscosity and aging, also altered, proving the treatment’s effectiveness while adding a considerable amount of irradiated rubber in the asphalt. The reduced need to control expositions’ distance makes this method suitable for powder materials as for more oversized shape materials.

Table 1. Summary of studies on the procedures and results using gamma ray treatment.

| Reference                  | Method/Procedures                                      | Analysis | Results                                                                 |
|----------------------------|--------------------------------------------------------|----------|-------------------------------------------------------------------------|
| Faldini et al. [52]        | Rubber type: ELTs Rubber                                | SEM      | • Increase of roughness with irradiation.                               |
|                            | Rubber size: (0.044–4.75 mm)                           |          | • Less porosity with 1000 kGy                                           |
|                            | Dose rate: 11.6 kGy/h                                  | FTIR     | • Absence of bulk degradation and composition modification             |
|                            | Doses: 500 & 1000 kGy                                  | TGA      | • Insignificant change of thermal decomposition                        |
|                            | Institutional Reactor                                  | DSC      |                                                                         |
| Chen et al. [54]           | Rubber type: Butyl rubber based damping material (vulcanized) | Soxhlet extraction | • Small extractive increase with absorbed does                          |
|                            | Rubber size: Several                                   | FTIR     | • Increase of organic compound due to the radiolysis and scission    |
|                            | Dose rate: 6.6 kGy/h                                  | SEM      | • Holes decrease and smoother surface with the increase of doses      |
|                            | Doses: 10; 100; 200; 350 kGy                          | Dynamic mechanical properties | Elongation breaks increase with irradiated dose                        |
|                            | Institutional Reactor 60Co                            | Tensile properties | • Tensile strength decreases with dose increase                          |
| Martinez-Barrera et al. [53]| Rubber type: ELTs Rubber                                | SEM      | • Increase of texturization with the radiation dose                    |
|                            | Rubber size: 0.85–2.8 mm                              | XRD      | • Crystallinity maintained but decreased with increasing dose         |
|                            | Dose rate: 2.5 kGy/h                                  | FTIR     | • Maximum cross-link at 250 kGy                                       |
|                            | Doses: 200; 250; 300 kGy                              | Raman    | • Increase of organic fractions due to scission reactions.            |
|                            | Institutional Reactor 60Co                            | UV-Visible | • Chemical structure not changed                                      |
|                            |                                                        | TGA      | • Increase in reflectance with the dose                                |
|                            |                                                        | DSC      | • The hardness of rubber increases with the dose.                      |
|                            |                                                        |          | • Polymer more amorphous due to cross-link reactions                   |

Inside of concrete
| Rubber type: ELTs Rubber | SEM | Irregular domain size, small roughness and decrease of holes |
|--------------------------|-----|----------------------------------------------------------|
| Rubber size: 2 mm        |     |                                                          |
| Dose rate: 2.8 kGy/h     |     |                                                          |
| Doses: 100; 200; 300 kGy |     |                                                          |
| Institutional Reactor    | FTIR| Observation of carbon-oxygen based groups due to scission |
| Inside of asphalt        |     | Plastic viscosity decreases with the increase of dose     |
| 5 and 10% weight         | RTFOT| Low mass-loss and phase separation with the increase of dose |
|                          | Anti-ageing| Improvement in stability with the increase of dose   |

### 3.1.2. UV-Ozone Treatment

Effect of UV radiation’s action on dioxygen molecules (O₂), the ozone is a well-known component to be in charge of surface sanitation of materials by using rubber-based products in the UV-Ozone generator (Figure 5a,b). Indeed, the ozone has an huge effect on the modification of carbon bonds by oxidation of the rubber [55] and is also used for large-scale water purification (Figure 5c). An ozone-oxidation or ozonation reaction permits the creation of ozone-based layer formation that initiated the surface ablation yet an increase in texture of the material’s layer [56].

![UV Radiation](image1)

![Ozone](image2)

![Figure 5](image3)

**Figure 5.** (a) Simplified scheme of the gamma ray initiation; (b) picture of a UV-Ozone instrument designed for lab work *Samco™*; (c) picture of a brewing industry using UV-ozone treatment *Mellifiq™*. 
Therefore, as for gamma radiation, UV radiation is a possible ionizing electromagnetic ray candidate for replacing polymers’ chemical surface reaction and modification using solvent-based chlorination. Indeed, despite its proven effectiveness, chlorination of rubber requires long times of reaction and organic solvents. Furthermore, chlorine production, is environmentally dangerous and can cause potential health problems. A combination of UV radiation and ozone at different concentration has been proven to enhance the rubber surface’s bonding performance, thus improving the vulcanized rubber’s surface energy (Figure 6). The use of this physical treatment is considered to be cleaner and faster than others [22,33,57]. However, it has to be made in a very controlled condition in order to avoid the full degradation of the rubber. The exposition distance [21,58,59] or the humidity [56] are inevitably responsible for the degree of ozone-oxidation.

![Figure 6. Simplified scheme of the ozone reaction initiation and effect on rubber surface.](image)

In the study of Moyano et al. [22], the treatment with UV-ozone increased the rubber’s adhesion to polyurethane adhesive. The highest adhesion was obtained for the tests made with UV-ozone treated rubber for 3 min at a UV radiation source-surface distance of 5 cm with a limited concentration of ozone [22]. The reaction of ozone-oxidation allows to have cross-linking reaction causing an increase of the texture. The reaction is responsible (as for the gamma irradiation) for improving the CR’s mechanical properties. However, more variables are concerned and must be controlled. Indeed, the distance of treatment along with time is an important factor. For instance, the effectiveness observed at 1 cm for 3 min treatment was less than the one observed at 5 cm. A too close UV radiation or too long time can negatively affect the rubber.

Iwase et al. [56] assessed the humidity’s effect on the degradation of carbon black vulcanized rubber (very similar to tires rubber). The presence of constant ozone concentration has higher oxidative capabilities and is more aggressive without humidity. Under low humidity, the ozone leads to aggressive cross-linking reaction allowing deeper cracks while under high humidity, chain scission can also be observed. It leads to more shallow cracking of the layer and regular texturization as observed in Figure 7:
Regardless of the application, UV-ozone treatment influences the surface behavior of rubber and other polymers. As summarized with the table 2, the adhesion by the binder is the most wanted property, and this should have a potential effect even for the final rubberized asphalt or other binder applications. However, it has to be controlled to avoid deep degradation of the rubber and lead to a decrease of the elastic properties. The concentration of ozone, the distance of the UV radiation, and the humidity during the treatment must be controlled and can make this treatment less advantageous for treating large quantities of materials.

**Table 2.** Summary of the studies on the procedures and results using UV-ozone treatment.

| Reference | Method/Procedures | Analysis | Results |
|-----------|-------------------|----------|---------|
| Moyano et al. [22] | **Rubber type:** Vulcanized SBS rubber<br>**UV lamp:** 254 nm (90%) and 185 nm (10%)<br>**Radiation intensity:** 10 mW/cm²<br>**Distance from lamp:** 1–5 cm<br>**Ozone concentration:** Low<br>**Humidity:** Uncontrolled | ATR-IR, XPS<br>**Contact angle** | • Hydroxyl groups formation<br>• Proof of oxidation group<br>• Best at 5 cm for shorter time (3 min)<br>Less at 1 cm<br>Bad when but too long (9 min) at 5 cm<br>Production of ablation for the short length of treatment, and roughness and cracks are created for the long length of treatment<br>Increase in adhesion with polyurethane after treatment. |
| Iwase et al. [56] | **Rubber type:** Vulcanized carbon black-filled Rubber.<br>**Ozone concentration:** High<br>**Humidity and temperature:** 40 °C 80%RH or 80 °C 20%RH | SEM, ATR-IR<br>**T-peel test** | • Shallow crack at high humidity, deep cracks at low humidity<br>• Hydroxyl group are formed due to the oxidation |

3.1.3. Microwaves Irradiation

Similarly to gamma and UV, the microwave radiation is electromagnetic and generally produced by a magnetron (Figure 8a). However, the microwave frequency range is lower than gamma and UV (0.3–300 Ghz), making the microwave non-ionizing, less hazardous to humans, and widely used for telecommunications small or large microwave devices (Figure 8b,c). The wavelength conducts to an energy photon unable to divide molecular bond and so induce chemical reactions by direct absorption of electromagnetic energy instead of ultraviolet. The microwave role is to accelerate and enhance the rate of a variety of chemical reactions happening slowly without microwave excitation. Indeed, the length of treatment can be lowered from hours to minutes [43,58,59].

It is known that microwaves increase the molecular vibrations and lower the energy needed for radical initiation or surface activation. Therefore, nowadays, microwaves irradiation is generally used to enhance polymerization in presence of radicals [60] that can create small fragmentation and reticulations or permit to devulcanize the network created by the bonding (Figure 9) due to the addition and reaction with sulfur and, subsequently, improve rubber’s viscoelastic nature [15,16,18,58].
This method effectively makes the vulcanized rubber more viscoelastic and easier to recover, but it can damage the material’s whole structure by breaking surface sulfur links or creating other uncontrolled bonds if using aggressive power for instance. Thus, the process needs to be correctly monitored to avoid the degradation of the leading chains. The exposure to the microwave radiation and the rubber’s temperature at the end of the reaction needs to be defined not to degrade the rubber structurally. Indeed, the higher is the exposition to the microwaves, the higher is the temperature at the end of the reaction, hence the higher will be the devulcanization. When the aim is to modify the surface, the exposure should not last longer (1 to 5 min) and be too aggressive (up to 800 Watts) [14,17].
The radiation can also be combined with activators to enhance the rubber materials’ irradiation’s desired effect [16]. The combination of both microwave (400 watts) and soft biochemical modification improves the modification level.

Yang et al. [61] have proposed a reaction mechanism with or without CR treatment with microwave for 90 s at 800 W. The cross-linking reaction causing cracks on the surface enhance the stability of the rubber inside of the mix and reduce the phase segregation created by the usual swelling of untreated particles as illustrated in Figure 10. The microwaves also show positive behavior regarding the high-temperature performances and the release of volatile gases after DSR and FT-IR analysis.

Figure 10. Proposed mechanism while incorporating microwaves-treated or untreated rubber [61].

On the other hand, the study made by Liang et al. [62] proved the effectiveness of a microwave treatment to enhance surface modification and permit the rubber to resist thermal cracking due to high temperature drop [62]. However, the defined procedure can give negative results regarding the stability of the mix with asphalt if the reaction enhanced by the microwaves is too aggressive. The microwave has to be severely controlled to not undergo a negative behavior regarding the asphalt binder because it can increase the surface porosity.

The microwave action is already well-known for rubber devulcanization, but also shows the specific action on the rubber, when mixing with the asphalt binder. Indeed, as shown in Table 3, the treatment can minimize the swelling, improve the mix’s stability, and reduce the release of volatile gas when mixing it with the binder [61]. As the microwave process needs little time and, because the aim is not to modify the rubber’s whole structure, the use of this method can be successfully transposed to the mass-treatment approach and thus applied while mixing asphalt binder and CR.
Table 3. Summary of studies on the procedures and results using microwaves treatment.

| Reference | Method/Procedures | Analysis | Results |
|-----------|-------------------|----------|---------|
| De Sousa et al. [16] | Rubber type: ELTs crumb rubber<br>Rubber size: 0.177 mm<br>Power: 800 watts<br>Treatment length: 1, 5, and 5.5 min | ATR-FTIR<br>Sol-Gel content | Long exposure new liaison Sulphur<br>Increase of devulcanization during the time decrease of gel fraction with time |
| Yang et al. [61] | Rubber type: ELTs crumb rubber<br>Rubber size: 0.35 mm<br>Power: 800 watts<br>Treatment length: 1.5 min<br>Inside of asphalt binder<br>10, 15, 20% rubber weight | SEM<br>DSR<br>GPC<br>AFM<br>FT-IR<br>TGA | Increase of surface texture<br>Microwaves improve high temperature performance.<br>More swelling reaction of the without microwave pre-treatment<br>More uniform structure with pre-treated rubber<br>High powered microwave has more effect on cross-linked.<br>sulfide bond in rubber<br>Less volatile gas when microwave activated<br>Decomposition temperature decreased with microwaves |
| Liang et al. [62] | Rubber type: Cryogenic ELTs crumb rubber<br>Rubber size: 0.420 mm<br>Power: 500 watts<br>Treatment length: 5 min<br>Inside of asphalt binder<br>4.5% rubber weight | FT-IR<br>SEM | Cross-linking reaction happening<br>Increase of texture<br>Low temperature creep behavior<br>Viscoelastic performance intermediate temperatures<br>Storage stability | Better with microwave treatment<br>Degraded with microwave treatment<br>better with microwave treatment |

3.1.4. Plasma Treatment

Plasma is the fourth state of matter considered after solid, liquid, and gas, resulting in a gas ionization (Figure 11a). It has been used in lab (Figure 11b) and large-scale polymer materials coating and functionalization in diverse fields as textiles, medicine, hazardous waste handling, or electronics in the last 60 years as shown in Figure 11c [57,63].

Most of these applications involve the use of low pressure and low-temperature plasma. Its treatment has several significant benefits compared to traditional wet chemistry techniques. The plasma treatment modifies only the top 0.01 microns of the material layer and permits faster reaction on the surface owing to the free ions and electron and the beam’s high energy. Thus, various materials’ desired surface properties, including rubber-based, are achieved without altering their bulk material characteristics. Plasma has been found to improve rubbers’ adhesion owing to an increase in surface roughness caused by the formation of polar moieties on the surface and ablation of low molecular weight compounds (Figure 12), hence cleaning the surface [33,64].
Figure 11. (a) Simplified scheme of the plasma formation; (b) picture of a plasma generator designed for lab work Rotalab™; (c) picture of a large-scale plasma treatment chain Henniker™.

Figure 12. Simplified scheme of plasma effect on rubber surface.

In a research by Ortiz-Magan et al. [65], both nitrogen N₂ and oxygen O₂ plasma treatment were used to improve rubber adhesion to another polymer (polyurethane), generally used for playgrounds or in the shoes industry together with the crumb rubber. The reaction was conducted for 1–15 min using a 50 W power reactor. In general, zinc and oil on rubber, due to the vulcanization, create an anti-adherent layer on the surface, decreasing the interaction between the rubber and the studied adhesive. In this specific study, the more noticeable effect was the grafting of oxygen and enhancing rubber’s surface texture owing to O₂ plasma [65]. The wettability was considerably improved owing to removing
the sulfur layer from the surface and creating C=O surface bonds. This sulfur layer reduction is also an actor in the enhancement of the viscosity of the rubber.

Similar results were observed in the study made by Xiaowei et al. [66] by using O2 plasma. Even if the final aim was to initiate another polymerization after pre-treatment of rubber by plasma, the rubber has precisely the same behavior. The plasma causes ablation to clean the surface and make it more reactive.

Li et al. [67] discussed the use of cold plasma (air)-treated powder rubber ((0.177 mm, 0.420, 0.595 mm) inside of a binder. After incorporating 15% weight of treated and untreated rubber, the plasma treatment has shown improvement in the high temperature performances, the thermal storage stability of the asphalt binder by improving the rubber’s contact reactivity.

The studies summarized in Table 4 show that, O2 and cold (air) plasma treatment can represent a solution for using crumb rubber inside of asphalt mixes regarding the stability and compatibility properties. Methods exist for the treatment of powders, however it causes difficulty in the treatment for large-scale processing. While treated with plasma, the rubber can directly be incorporated inside of an asphalt binder (wet) fostering the link possibilities between the binder and the rubber. This effect can be enhanced while using emulsion type of binder owing to the rubber surface’s wettability.

| References            | Method/Procedures                      | Standard for Assessment | Results                                                                 |
|-----------------------|----------------------------------------|-------------------------|-------------------------------------------------------------------------|
| Ortiz-Magan et al [65]| Rubber type: Volcanized SBS rubber     | ATR-IR                  | Modification of the surface chemistry                                    |
|                       | Type of plasma: Low-Pressure N2 and O2 | XPS, SEM                | Formation of Si-O group due to removal of sulfur liaison                 |
|                       | Power: 50 W                            |                         | Hydrocarbon group due to oxidation. More polar group on the surface      |
|                       | Treatment length: 1 to 15 min          |                         | Hydrocarbon-rich rubber surface. Oxidation of the surface               |
|                       | Lab plasma chamber                     |                         | Texturization increase with time treatment                               |
|                       |                                        |                         | O2 decrease of porosity increase of texturization                        |
|                       |                                        |                         | Decrease of contact angle with water and ethane diol after 1 minute    |
|                       | Contact angle                          |                         | Treatment.                                                              |
|                       | T-peel                                 |                         | High wettability with ethane diol after N2 plasma treatment            |
|                       |                                        |                         | Adhesion improved with O2. Need extended treatment with N2:            |
| Xiaowei et al [66]    | Rubber type: Crumb rubber              | ATR-IR                  | Modification of the surface chemistry                                    |
|                       | Pressure: 10 Pa                        | Contact angle           | Formation of Si-O group due to removal of Sulphur liaison               |
|                       | Plasma type: O: plasma                 |                         | More polar group on the surface                                         |
|                       | Power: 60, 80, 100, 120 W             | SEM                     | Increase of texture                                                      |
|                       | Treatment length: 1 to 5 min           |                         |                                                                         |
|                       | Lab plasma chamber                     | XPS                     |                                                                         |
|                       |                                        |                         |                                                                         |
|                       |                                        | Oxygen group content increase |                                                                         |
| Li et al. [67]        | Rubber type: ELTs crumb rubber         | High-temperature properties (rotational viscosity, failure temperature, rigidity factor, phase angle, storage modulus, loss modulus) | Enhancement of high-temperature properties                               |
|                       | Size of particles: (0.177 mm, 0.420, 0.595 mm) |                         |                                                                         |
|                       | Plasma Type: Air plasma                |                         |                                                                         |
|                       | Power: 250 W                           |                         |                                                                         |
|                       | Treatment length: 8 min                |                         |                                                                         |
|                       | Lab plasma chamber                     |                         |                                                                         |
|                       | Inside of the binder                   |                         |                                                                         |
|                       | 2 Type of binder                       |                         |                                                                         |
|                       | 15% weight rubber                      |                         |                                                                         |

3.1.5. Advantages and Disadvantages of the Main Solution for an Application to Highly Rubberized Road Pavements

Each treatment solutions presented have a crucial effect on the rubber surface modification. However, several limitations arise while mentioning the use of a considerable amount of rubber for the construction of road surface layers. Table 5 compares the characteristics of the main proposed solutions.
Highly referenced, the gamma-ray enables the increase of the rubber surface’s roughness without modifying its high elastic properties, and the gain in mix stability while mixed with asphalt binder. However, this radiation remains radioactive and highly penetrating, thus requiring high surveillance while treating the materials either during lab or industrial treatment. Also, to obtain the described results, the length of treatment is considered to last hours.

Despite its well-known cleaning effect on the surface of the treated materials improving adhesive properties and its rapidity, the UV-ozone treatment is challenging to apply because of the considerable number of parameters to control (ozone concentration, humidity, distance of exposition). Besides, the treatment on fine rubber powders can be troublesome.

The microwave treatment proved its efficacy in controlling rubber’s swelling reaction in contact with asphalt binder. Besides, owing to its effect on the rubber causing specific surface parameters, the use of microwaved rubber can reduce the release of volatile and hazardous gases. However, the length and power of radiation must be short and controlled to avoid a full devulcanization or parasite polymerizations.

The plasma has been presented as the fastest method permitting effective results after a few seconds of treatment. Furthermore, owing to the decrease of surface contaminant and rubber texture, the treatment enhances the high-temperature and thermal storage while mixed with the asphalt binders.

For the dry and wet processes, the microwaves and plasma treatments appear to correspond with the usual procedure, potential hazardousness, length treatment, and results obtained while mixing with asphalt binder. The ease in acquiring a microwave generator compared to a plasma chamber makes microwave treatment easier to replicate also in lab conditions.

### Table 5. Comparison between main physical surface treatment solutions.

| Methods   | Major Effect on the Surface | Radiation Type                        | Treatment Length | Parameters Control                                                                 | Applicability                                                                 |
|-----------|-----------------------------|---------------------------------------|------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Gamma     | Softening Texturization     | Radioactive highly-penetrating and ionizing | hours            | Control of the absorbed dose and length of treatment                               | Applicable to several shapes of material. Difficult to acquire a gamma ray equipment. |
| UV-Ozone  | Ablation Softening Texturization | Penetrating and ionizing | hours            | Control of radiation distance, ozone concentration, and humidity values             | Applicable to several shapes of materials but challenging with powders. Several existing apparatuses |
| Microwaves| Reactions’ acceleration Desulfurization Softening | Non-penetrating | minutes         | Control of the length of treatment and power                                        | Applicable to several shapes of material. Easy to acquire a microwave equipment. |
| Plasma    | Activation Ablation Texturization | Non penetrating | seconds         | Control of the source of plasma and length of treatment                             | Applicable to several shapes of materials but challenging with powders. Several existing apparatuses |

### 4. Conclusions

This review focuses on using physical surface treatment to modify the rubber surface characteristics for the use of abundant CR generated from ELTs in pavement engineering applications.

The standard trend in all the presented methods is the gain of time during the functionalization reaction. These methods need a limited amount of time to produce a positive effect in terms of rubber surface modification.
The presented methods have also in common the structural modification of the surface. Either a specific characteristic can be created on the surface and other can be removed from the surface. Surface texturization can lead to better-mixing properties and affinity with the constituent, in particular the bituminous-based ones. Creating a more textured surface on top of the rubber is essential when mixing it with an asphalt binder to improve their bonding. The surface texturization results allow to modify the surface energy and it is also likely to enhance the adhesion properties, thus reducing the phase separation.

For asphalt applications, especially when incorporating a subsequent rubber quantity, the priority should be given to fast treatments. A dry and chemicals-free process permits the non-alteration of the rubber’s bulk structure and limits the hazardous possibilities of the rubber modification process.

For either the dry or wet processes, all the mentioned solutions give desirable properties to the rubber for their use inside of bituminous materials. Nevertheless, the microwaves and plasma treatments appear to give better results with regard to the application in usual procedures, potential hazardousness and length treatment mostly. For instance, these treatments allowed the collection of better ageing, high temperatures performances or the reduction of volatile gasses when mixed in asphalt or bituminous mixtures. However, time and power of exposure to the different treatments as keys parameters to control should be mastered to avoid any reverse effects on the properties, when mixing the rubber with the asphalt binder.

The highest percentage of CR is targeted to study the suitability of its use in soft surfaces applications such as sports pitches and advanced impact-absorbing pavements for urban surfaces. Finally, other methods using chemical additives also exist (use of rejuvenators, waxes, chemicals, etc.), however, when using a recycled material, an eco-compatible treatment should be mainly addressed to expand the possible reclaiming lifetime of CR and rubberized asphalt.

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