Application of Bioprinting in Ophthalmology

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Abstract: Three-dimensional (3D) bioprinting is an emerging technology that is widely used in regenerative medicine. With the continuous development of the technology, it has attracted great attention and demonstrated promising prospects in ophthalmologic applications. In this paper, we review the three main types of 3D bioprinting technologies: Vat polymerization-based bioprinting, extrusion-based bioprinting, and jetting-based bioprinting. We also present in this review the analysis of the usage of both natural and synthesized hydrogels as well as the types of cells adopted for bioinks. Cornea and retina are the two main types of ocular tissues developed in bioprinting, while other device and implants were also developed for the ocular disease treatment. We also summarize the advantages and limitations as well as the future prospects of the current bioprinting technologies based on systematic reviews.

Keywords: Bioprinting; Ophthalmology; Bioinks; Biomaterials; Ocular bioprinting

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1. Introduction

Bioprinting is an additive biofabrication method that prints target tissue engineering structures automatically by depositing bioinks in a layer-by-layer manner[1]. The technology attempts to produce original-tissue-like constructs through the precise combination of living cells, natural or synthesized biomaterials, crosslinkers, and/or other functional factors[2]. Since the emergence of the invention[3,4], bioprinting has been subject to persistent development mostly in the last decades and is used in a wide range of medical applications nowadays[5].

In ophthalmology, three-dimensional (3D) printing is utilized for diverse purposes, varying from the fabrication of preoperative eye models[6], personalized lenses[7,8], glasses[9,10] and to other implants[9]. However, in tissue engineering and regenerative medicine, the use of bioprinting in fabricating ocular tissues and preserving relevant biological functions still need to be further studied.
In this article, we review the main 3D bioprinting techniques, summarize the bioinks adopted in 3D bioprinting, and discuss the applications of bioprinting in ophthalmology. We also present the advantages and limitations of bioprinting in the ocular tissue engineering as well as the future directions that will translate the technologies to personalized therapeutic and pharmaceutical tools in ophthalmology.

At present, vat polymerization (VP)-based, material extrusion-based, and material jetting-based printing strategies are the three principal printing techniques used in biological and medical applications (Figure 1). Due to the distinct working principles, each approach demonstrates different strengths and drawbacks.

1.1. VP-based bioprinting

The VP-based bioprinting refers to the process that fabricates the 3D structures through photo-polymerization reaction with photo-curable liquid bio-resin radiated by the light at specific wavelength\(^{[11]}\). The developed techniques include stereolithography (SLA), digital light processing (DLP), and two-photon polymerization (2PP) (Figure 1A).

As shown in Figure 1A, the SLA system cures the bio-resin when the laser source is refracted and scanned the materials in a vat. Depending on the position of the laser source, SLA can print the structures either in a top-down or bottom-up manner\(^{[11]}\). In the top-down method, the system prints the support and target structures together to form a precise designed construct. On the contrary, the bottom-up method scanned and cured the biomaterials with the light source from the bottom side. During the bottom-up printing, the build platform is raised above the vat for each peeling step between layers, thus resulting in a slower printing speed than the top-down method with continuous light scanning. To attain a successful printing, it is critical for both methods to have a good bonding between the printed structure and build-platform. Immediately after printing, the support structures need to be removed manually. The advantages of SLA techniques include the high lateral and vertical printable resolution (about 20–50 μm and 25–100 μm, respectively)\(^{[12]}\), a wide range of printable viscosities (up to 5 Pa.s)\(^{[13]}\), high printable cell density (could be \(10^8\) cells/ml), and great potential to formulate highly complex structures with the aid of support structures. However, its applications are limited in bioprinting due to the harmful effect of UV rays (shorter wavelength results in more DNA damage) and cytotoxic effect from the increased light intensity and photo-initiator concentration. To reduce DNA damage, the usage of visible light source as well as biocompatible photo-initiators is necessary.

Different from the SLA, the DLP prints the structures with the use of a digital micro-mirror device (DMD) to crosslink the photo-curable bio-resin in a vat. With the aid of DMD, DLP can speed up the printing process by crosslinking a layer of bio-resin rather than a single dot in SLA\(^{[14]}\). By controlling the light source power and exposure time, the cure depth of the bio-resin can be determined in the DLP system. Compared to the SLA, the DLP is more suitable in printing large-scale structures, which could be attained in micron resolutions.

The 2PP system adopts a near-infrared femtosecond laser light source (about 740 nm wavelength) and fabricates microstructures in a nanoscale resolution (up to sub-100 nm)\(^{[15]}\). The femtosecond laser is tightly focused to the bio-resin, and controlled the movement through an oil-immersed objective lens. The polymerization process

![Figure 1. Three major categories of bioprinting technologies. (A) VP-based bioprinting. (B) Extrusion-based bioprinting. (C) Jetting-based bioprinting. DLP: Digital light processing; DOD: Drop-on-demand; SLA: Stereolithography; VP: Vat polymerization; 2PP: Two-photon polymerization.](image-url)
in 2PP is initiated by exciting the molecules through two-photon absorption. The process can occur in an extremely short period (mm/seconds of scanning speed) and fabricate highly complex structure at any spatial position. However, the application of 2PP in bioprinting is also limited by a few drawbacks, including the material degradation caused by high laser power and bubble damage\[10\].

1.2. Extrusion-based bioprinting

The extrusion-based bioprinting is the most widely used technique because it has fast printing speed and can work with a broad range of printable bioinks\[27\]. In general, the material can be extruded from the cartridges either through pneumatic pressure or mechanical forces (piston-driven or screw-driven) (Figure 1B). The extrusion-based bioprinting can print bioinks with high cell densities (10\(^3\) cells per ml) and print multiple types of cells at same time to fabricate a heterogenous structure. However, it also has limitations on the cell viability due to the damage with shear stress and nozzle clogging. To improve the performance of extrusion-based bioprinting, it is necessary to optimize the bioink design, select nozzle of suitable size, and choose suitable materials. The adjustment of printing parameters (e.g., pressure, speed, layer thickness) is required before printing to achieve a better performance.

1.3. Jetting-based bioprinting

As shown in Figure 1C, the jetting-based bioprinting represents a big group of techniques, including inkjet bioprinting, microvalve bioprinting, laser-assisted bioprinting, and acoustic bioprinting\[18\]. An advantage of the jetting-based printing technique is the drop-on-demand (DOD) patterning of different types of cells and biomaterials in a noncontact profile. Using this method, the droplets can be generated either by the heater-vaporized bubbles in a thermal style\[19\], the deformation under the electrode pressure in an electrostatic style\[20,21\], the vibration of a piezoelectric actuator in piezoelectric style\[22,23\], or the high voltage filed energy from the nozzle electrodes in electrohydrodynamic style\[24,25\]. Different from the traditional continuous method, the DOD inkjet bioprinting ejects droplets only when the signal meets the demanded levels, which makes the droplet to formulate specific patterns as designed. Besides, as the diameter of inkjet nozzle is comparable to the size of a cell (50 μm), the inkjet printing could also be used for single cell printing. The high-resolution printing helps fabricate smaller tissues/organs, and the unique printing patterns could enhance the cell-cell and cell-matrix interactions. The inkjet bioprinting would contribute to cell damages by shear stress or pressure during printing or collision with the substrate after ejection. However, the damage only occurs to a low proportion of the cells; the efficiency and high-throughput features of inkjet printing still outweigh its drawbacks.

2. Bioinks

Compared with the traditional methods, bioprinting can be used to design complex 3D structures. It prints bioinks layer by layer to control the spatial distribution of cells and is used to fabricate the specific structure of tissues. The success of using bioprinting depends on printability and bioactivity of the bioinks\[26\]. In ophthalmology, bioinks of either cell-free hydrogel or cell-laden biomaterials were developed for different purposes.

2.1. Biomaterials

Biocompatibility, printability, and mechanical properties are the three main requirements for bioinks\[27\]. To formulate a highly biocompatible environment for the cells, decellularized extracellular matrix (dECM), and nature-derived or semi-synthesized hydrogels are widely used in ophthalmic applications.

\(1\) dECM

The ECM is important for cell nutrition, protection, and tissue function\[28\]. The ECM network is rich in molecules of collagen, elastin, microfibrillar proteins, adhesive glycoproteins and proteoglycans, providing support and crucial cues for cell adhesion, engraftment, and functions\[29\]. The dECM was developed for biokin bioprinting to mimic an optimized microenvironment for specific tissue engineering\[30\]; for instance, cornea- and retina-specific dECMs were developed for ocular tissue regeneration\[31-33\]. In corneal engineering, dECMs present great advantage in maintaining the keratocyte morphology and transparency by preventing the transdifferentiation of corneal fibroblasts\[34\]. To prepare the cornea-specific dECM bioink for bioprinting, Kim et al. decellularized the ECM from the bovine corneal stroma and lyophilized the cornea-derived dECM (Co-dECM) samples\[31\]. When printing, the Co-dECM powder was solubilized in acidic solutions and adjusted to form printable gel. The removal of the cells helps to reduce immune rejection response in tissue grafting. Moreover, the Co-dECM bioink has comparable levels of collagen and glycosaminoglycans as the natural cornea. The thin collagen fibrils in the bioink have a larger amount of proteoglycans, which make it possible to pass through the greater amount of light and maintain the transparency property as the native cornea. In addition, the Co-dECM bioink presented no toxicity in animal experiments and showed a good therapeutic potential in corneal diseases\[35\].

\(2\) Hydrogels

Hydrogels are structured networks of crosslinked polymers that are capable of absorbing and retaining large quantities...
of water. They can be engineered to support the cellular
growth, migration, and tissue formation[36,37]. Hydrogels
present strong biomimetic advantages in the clinical
translational applications attributed to their hydrophilic
nature, good biocompatibility, biodegradability, controllable
responsiveness to external stimuli, and tunable physical and
chemical properties such as adhesion or low mechanical
properties. Both naturally derived and synthetically derived
hydrogels are widely used in bioprinting.

A series of natural hydrogels have been used
for bioprinting due to their similarity to the cell
microenvironment. The corneal stroma is rich in collagen,
proteoglycan, and matrix metalloproteinase, which play an
important role in the mechanical strength and transparency
of the cornea. Due to the good biocompatibility and low
immunogenicity, collagen is widely used as a bioink in
3D bioprinting[38]. However, low mechanical property
of the pure collagen is the main limitation of using it as
the bioink to form a stable structure. Crosslinking using
different methods (e.g., chemical, physical, or biological)
or a mixture with other components (e.g., fibrin,
agarose, and alginate) can be performed to improve the
properties of collagen bioinks[39-41]. Depending on the
types of strategies selected, the bioinks can be tuned to
prepare suitable low-viscosity solutions for jetting-based
printing[42,43] or hydrogels with increased storage modules
for extrusion-based printing[38]. In addition, synthesized
peptide-based collagen is considered a good option to
reduce the batch-to-batch variation effect and improve the
mechanical properties in bioprinting[41].

Hyaluronic acid, which is another natural
component of ECM, is abundant in the subretinal space.
The hyaluronic acid hydrogel provides a biocompatible
environment for the culture of retinal cells but the
physiological property needs to be modified to fulfill
the need of the native retina and printing requirements.
Crosslinking the hydrogel with methacrylate groups
could mimic the mechanical properties of retina and
contributed to a good survival rate for the retinal pigment
epithelial cells and differentiation of the fetal retinal
progenitor cells (fRPCs)[44].

Gelatin is a type of hydrogel which shows
good adhesive properties in the ocular usage and is
considered a good option for cornea engineering[45]. It is
biocompatible, transparent and non-toxic. Besides, it can
be easily processed and has the reasonable mechanical
properties to mimic the ECM. Gelatin can gain different
viscoelastic and mechanical properties to facilitate the
functions of ocular.

In addition to the natural hydrogels, synthetic bioinks
are also widely used in bioprinting. Gelatin methacrylate
(GelMA) is a photopolymerized hydrogel comprising of
modified natural ECM components and can be prepared
from the water-soluble gelatin. Gelatin is a temperature-
sensitive polymer that transforms between the solid and
liquid states when the temperature changes. With the
addition of methacryloyl component, GelMA can improve
the thermal stability of gelatin, demonstrating properties
of both physicochemical strength and biocompatibility[46].
Both simulation of the matrix microenvironment and
3D printing of GelMA hydrogels to produce artificial
matrices with high transparency, biocompatibility, and
stability are the important pillars in the development of
bioprinting in ophthalmology[47].

2.2. Types of cells
To facilitate their application in printing, the cells can be
presented as cell-laden biomaterials, cell suspension or
tissue spheroids for different printing technologies.

(1) Cell composition

The eyeball is a complex organ and composed of a variety
of tissues. The cornea and retina are the two main types of
tissues obtaining great attention in the ocular regenerative
medicine and tissue engineering.

The cornea is located at the anterior section of
the eye and formed by five layers: epithelium, Bowman
membrane, stroma, Descemet’s membrane, and
endothelium. To form the stroma equivalent, the corneal
kerocytes can be isolated from the stromal cells of
cadaverous human corneal tissues[48] and purified to print
together with the biomaterials[49]. Besides, the corneal
epithelium cells and endothelium cells also triggered the
attention from the researchers to be bio-printed[50,51]. The
human corneal epithelial cells and endothelial cells can
be harvested from the donor corneas and made laden with
matrix gel to form bioinks.

The retina is a complex stratified structure, which
is located at the posterior section of the eye. It embodies
more than 60 types of cells and nerve fibers that are
difficult to be regenerated when damaged[52]. The cells
isolated from the rat retinal tissues can be prepared as
cell suspensions and printed independently with inkjet
printing method onto a substrate matrix[53,54]. Besides, the
fetal human retinal progenitor cells have been adopted
in bioprinting, and have successfully differentiated into
photoreceptors after printing[44].

(2) Stem cell induction

The latest advances in the research of induced pluripotent
stem cell have paved the way for the production of patient-
specific cells that are ideal for autologous cell replacement
therapies in the treatment of various alternative diseases.
Adipose-derived stem cells (ADSCs) are fat-derived stem
cells with self-renewal, proliferation, and differentiation
potentials. ADSCs can differentiate into corneal cells both
in vivo and in vitro, and as reported in the previous studies,
other researchers have printed differentiated ADSCs
with corneal characteristics using biomaterials, thereby successfully printing a layered corneal tissue that mimics the natural cornea\cite{28}. In addition, the mesenchymal stem cells derived from the turbinate can also use to produce cells of keratocyte lineage that can be used for corneal regeneration\cite{31}.

3. Function and applications

In a general sense, bioprinting refers to 3D printing for medical applications, which can be divided into four stages of development\cite{55}. Stage I is to print non-biocompatible structures that can be used as the models for surgery planning. Stage II is to print biocompatible but non-biodegradable products, such as implanted prosthesis. Stage III is to print biocompatible and biodegradable products, which can be used as scaffolds to improve tissue damage repair or regeneration. Stage IV is to print biomimic 3D structures with cells. In the narrow sense, bioprinting can also be defined as cellular printing\cite{57}. In the present review, our definition of bioprinting encompasses all four stages of development.

3.1. Treatment device and prosthesis

(1) Contact lens and scleral cover shell prosthesis

Contact lens are used for vision correction or other therapeutic or cosmetic purposes. In addition, they can be incorporated with sensors for disease diagnosis and management (e.g., measure glucose composite in tears or monitor intraocular pressure for glaucoma)\cite{56}. Through 3D printing technology, different sensor components have been designed and printed to make cost-efficient and smart contact lens\cite{7,8,57}. The nanostructures patterned by direct laser writing help to detect the disease at early stages, while techniques still need to be further developed for commercial utilization.

The scleral cover shell prosthesis is used to correct the eye diagram in pathological conditions. It covers the corneal and adjacent scleral areas during the treatment. In the pilot study, Sanchez-Tena et al. printed a prosthesis with polyactic acid (PLA) using fused filament fabrication printing\cite{58}. Further attempts using biocompatible materials to simulate the corneoscleral profile fitting are necessary. The printed IOLs with PMMA-like materials had a good level of transparency and showed the properties of biconvex lens, but were still limited by the surface roughness and optical performance (e.g., wavefront aberrations) in comparison to the qualified implants\cite{59}. Similar results were also observed in the study by John et al., which demonstrated higher levels of surface roughness, figure errors, and wavefront deformations than the control product\cite{60}. A better performance on the curvature radii was obtained on smaller lenses when printed. Although printing technology has great advantage over the manufacture of irregular and asymmetric products, it still has room for improvement in the future replication of IOLs. Further improvement on the surface figure is needed to make the printed lens fulfill the requirements of clinical implant.

(3) Choroidal models

The choroid is a soft membrane layer formed mainly by blood vessels between retina and sclera. It is the main blood supply for the retina and the surrounding ocular tissues. The reduction of choroidal vessels due to tumor or other ocular diseases will result in the loss or death of tissues in the supply areas. To evaluate the structural changes of choroidal vessels, Maloca et al. printed 3D models of choroidal vessels based on the optical coherence tomography images from normal eyes and pigmented choroidal tumors\cite{59}. The group segmented the choroidal vessels in the interested areas by a threshold filter, and printed the 3D models with transparent resin by SLA printing or gypsum power by additive fused deposition modeling. The resolution of the models was limited to 1 mm in wall thickness, which was able to characterize the choroidal vessels in details. This helps to better understand the architecture of choroidal vessels and their interactions with the adjacent tissues and tumors.

(4) Artificial eyes

In the study by Xie et al., an eye model with different ametropia state was produced using 3D printing technology for the fundus viewing system\cite{10}. The optical parameters of printed models are adjustable and the models can simulate the optical performance of human eye. The technique developed by Xie et al. could be a useful tool for fundus range viewing research and training for fundus examination in future. Besides, conformer shells are clear plastic lens fitted to support the shape of the eye socket and maintain the natural appearance without glasses after an enucleation/eye removal surgery. 3D printing of conformer shells makes the production of individualized shells possible.

A lot of attempts have also been pursued to generate “bionic eyes” using 3D printing technology. By printing
the semiconductive polymer onto a hemispherical surface using a customized extrusion printer, Park et al. fabricated the polymer-based photodetectors that can generate electricity from the light stimuli\(^6\). The production of electronic devices by 3D printing confirms that the design of light receptors is a more flexible and efficient method than the traditional manufacturing. Indirectly, this might facilitate the development of wearable and implantable material that can restore the vision in future.

(5) Orbital implant

3D printing is a flexible and low-cost method for designing customized complex orbital reconstruction implants\(^{62-65}\). Based on the digital images from the orbital tumor resection or fracture, the researchers can reconstruct the structure model, design the implant templates according to the orbital structure of the intact part, and print the 3D models to serve as stencil for the actual implant material\(^6\). The application of 3D printing technology reduces the need to adjust and manipulate the Medpor-titanium implant during the operation and could improve various surgical indicators (e.g., reduced tissue damage, shortened surgical duration, improved clinical outcomes, and cost effectiveness)\(^{62,64}\). Besides, 3D printing technology also demonstrated advantages in implant exchange or dermis fat graft secondary to the orbital implants\(^6\). This technique can be used to design the exact shape of the implant and center the implants in patients with recurrent implant migration.

3.2. Drug delivery systems

Due to the existence of blood-retinal barrier and blood-aqueous barrier, it is difficult to deliver the drug to the back of the eye for treatment. Chitosan is one of the hemi-synthetic, highly biocompatible, and biodegradable hydrogels considered suitable for ocular drug delivery\(^{66-68}\). Chitosan nanoparticles could prolong drug delivery, facilitate penetration through the physiological barriers, and enhance mucoadhesive properties\(^{66,70}\). Meanwhile, preparation of nanogels of personalized medication using 3D printing technology has begun to gain traction\(^7\).

3.3. Graft tissue and organs

(1) Cornea

The cornea is the outermost protective layer of the eye and is responsible for the transmission and refraction of incident light. Although corneal diseases are the causal factor of visual impairment and blindness worldwide\(^7\), the percentage of corneal transplantation undertaken in individuals with treatable corneal blindness is still very low (approximately 1.4%)\(^7\). By estimation, more than 12.7 million patients are on the waiting list of a keratoplasty\(^7\). The shortage of donated cornea in eye banks against the increasing cases of corneal blindness is the main driver for the development of artificial cornea. Compared with the traditional technologies for artificial cornea production, 3D bioprinting provides a fast method to reconstruct individual-specific tissues and organs with high reproducibility.

Bioprinting offers the possibility of producing artificial cornea. The human corneal scanning model is used to print artificial cornea with complex structure through bioprinting, but the tissue function of artificial cornea still needs to be further validated in clinical trials\(^3\). The challenge in bioprinting the cornea lies in the transparency, microporosity and specific shape properties of the structure\(^7\).

The natural cornea consists of three cellular layers (epithelium, stroma and endothelium) and two acellular layers (Bowman’s and Descemet’s membranes) (Figure 2)\(^7\). Stroma forms the major part of the cornea, accounting for 90% of the corneal thickness (approximate 500 \(\mu\) m)\(^7\). A series of studies have presented feasible strategies to bioprint the stroma equivalents\(^3,4,7,9\). Among the bioprinting technologies, the extrusion-based method is the most widely used, whereas the jetting method also demonstrates some advantages (Table 1). With the aid of a supportive gelatin scaffold, Isaacson et al. successfully printed the cornea-shaped structure with optimized cell-laden collagen/alginate bioinks using pneumatic extrusion 3D bioprinter\(^4\). A high cell viability of corneal keratocytes was observed on both day 1 (92%)
Table 1. Application of 3D bioprinting in ophthalmology

| Ocular tissues | Tissue layer | Bioprinting approaches | Biomaterials | Cell types | References |
|----------------|-------------|------------------------|--------------|------------|------------|
| Cornea         | Epithelium  | Extrusion              | GelMa bioink/GelMA dome-shaped mold | CEpCs/LECs, Human | [50,86] |
|                | Stroma      | Extrusion, Inkjet, Laser-assisted, SLA | Matrigel-COL I bioink/ LN-COL IV support sheet, ALG-COL I bioink/FRESH support, COL I-AG bioink/no support, GelMa bioink/ reinforced with PEG-PCL fibers, GelMa bioink/ no support, cornea-derived dECM bioink/no spport, ALG/GEL bioink/resin support | CSKs/LSSCs, human LECs+ADSCs, human CSKs, rat LSSCs, human TDSCs with keratocyte induction, HCKs | [28,31,35,49,79,80,86-88] |
| Endothelium    | Extrusion   |                        | Gelatin-RGD bioink/amniotic membrane dECM support | CECs, human CECs | [51,86] |
| Retina         | Retinal pigment epithelium | Laser-assisted, Microvalve jetting | HA-GM and PEG-RGDs, DMEM:F12/ALG and Pluronic | RPEs, human fetal retinal progenitor cells, ARPE-19, human retinoblastoma cell line (Y79) | [44,89] |
|                | Retinal ganglion cells | Piezoelectric inkjet, 2PP, thermal inkjet combined with electospinning | DMEM, ITO-coated glass, alginate and culture Medium/ PLA/HEIP and matrigel for electospinning | Retinal granion cell neurons, retinal glial cells, human iPSC, retinal ganglion cells | [54,83,90] |

ADSCs: Adipose-derived stem cells; AG: Agarose; ALG: Alginate; CECs: Corneal endothelial cells; ARPE-19: Adult retinal pigmented epithelial cell line-19; CEpCs: Corneal epithelial cells; COL: Collagen; CSK: Corneal stromal keratocytes; dECM: Decellularized extracellular matrix; DMEM: Dulbecco’s Modified Eagle’s medium; FRESH: Freeform reversible embedding of suspended hydrogels; GelMA: Gelatin methacrylate; HA-GM: Hyaluronic acid with methacrylation by glycidyl-hydroxyl reaction; HCKs: Human corneal keratocytes; HEIP: Hexafluoroisopropanol; iPSC: Induced pluripotent stem cell; ITO: Indium tin oxide; LECs: Limbal epithelial cells; LN: Laminin; LSSCs: Limbal stromal stem cells; PEG-PCL: Polyethylene glycol-polycaprolactone; PEG-RGDs: Arg-Gly-Asp-Ser peptide; PLA: Polylactic acid; RPE: Retinal pigment epithelial cells; SLA: Stereolithography; TDSCs: Turbinate-derived mesenchymal stem cells; 2PP: Two-photon polymerization

and day 7 (83%) post-printing. Without using supportive scaffold, Campos et al. adopted an electromagnetic micro-valve, rather than micro-extrusion, to directly print the corneal structure with collagen hydrogel in a DOD manner[77]. The transparency and optical density of the printed structure was comparable to those of the native cornea, and the keratocyte cells assumed the typical dendritic morphology on day 7 post-printing. GelMA is another good option for stroma printing; however, in GelMA-only printed structure, the keratocytes stayed in round shapes after days[35]. The specially designed alignment of collagen fibrils is critical to the transparency of the cornea. To mimic the sophisticated topological alignment of the stroma structure, Kong et al. fabricated the 3D construct with poly (ε-caprolactone)-poly (ethylene glycol) (PECL) microfibrous scaffold, which is a modified type of poly (ε-caprolactone) (PCL) with improved hydrophilicity, and GelMA hydrogel by direct writing[79]. The construction provided a good environment for the survival and phenotype maintenance of keratocyte cells. In another study, shear stress was induced by printing nozzles of different sizes in order to organize the printed collagen fibrils in the lattice pattern[79].

Besides, researchers also attempted to print the endothelial and epithelial components of the cornea (Table 1)[45]. For instance, Sorkio et al. printed the stratified corneal epithelium and stroma construct with the stem cell-laden laminin/collagen bioink using laser-assisted technology[28]. Jin et al. printed the cells of corneal epithelium using DLP technology coupled with extrusion printing[50]. Kim et al. printed the corneal endothelium cells using extrusion printing[51]. The results of these studies strengthened the possibility that corneal substitute can be rapidly generated. Nevertheless, further in vitro and vivo studies are still needed for clinical validation.

Hence, 3D bioprinting technologies embody a great potential and show promising prospects in the fabrication of artificial cornea. Efforts have been made to improve
the printing of corneal cells for personalized medicine. However, printing multilayers of the cornea and maintaining the physiological and mechanical properties and functions is still an immense challenge. Using natural macromolecules in the ECM, rather than synthetic materials, can reduce the risk of corneal transplantation, but the degree of immune response elicited by these constructs remains to be investigated[12,80].

(2) Retina

The retina is situated at the back of the eye and contains cells of completely different morphologies and functions arranged in a stratified and vascularized manner[52,81]. It forms distinct circuits to generate visual output; the loss of retinal neurons could lead to visual impairment or blindness. Compared with the cornea, the retina has a more complex multilayered structure (Figure 2). It is composed of different types of cells in nine layers, that is, the pigment epithelial cells in the retinal pigment epithelium (RPE) layer, rod, and cone photoreceptor cells in the photoreceptors layer, Müller cells in the outer nuclear layer, horizontal cells in the outer plexiform layer, bipolar cells in the inner nuclear layer, amacrine cells in the inner plexiform layer, retinal ganglion cells (RGCs) and glial cells in the ganglion cell layer and nerve fiber layer, and internal limiting membranes. Those cells interact and form circuits to work together in transmitting and converting the light signals from the environment into electrical signals in the brain. The structure is about 400 μm in thickness and contains more than 130 million cells[82].

Researchers have attempted to regenerate the retinal tissues using 3D bioprinting technologies and achieved proof of principle in certain types of cells. Lorber et al. was first to successfully print the RGCs and glia directly using piezoelectric inkjet printing technology[83]. The cells demonstrated a good degree of viability post-printing but were unable to form a complex cellular structure in multilayers. The challenges in creating a functional retina through printing include achieving sufficient number of cells and maintaining the cell phenotype and viability post-printing[53]. Validation of the functionalities of printed retina is also very important to create transplantable tissues, while the construction of blood vessels is critical to ensure the supply of nutrients and oxygen to the tissues. In combination with the degradable scaffold prepared with electrospinning technology, Kador et al. printed the RGCs together with brain-derived neurotrophic factor and ciliary neurotrophic factor onto the scaffold using the thermal inkjet printing technique[54]. The RGCs demonstrated a good degree of viability, possessed normal electrophysiological functions, and presented radial axon outgrowth on the scaffold. According to other reports, attempts have been made to print photoreceptors and RPE, which are other types of retinal cells[44,54,85]. Incorporated with the matched hyaluronic acid hydrogel, a bilayer structure of human fRPCs and RPE were printed and the fRPCs differentiated to mutant photoreceptors in 2 weeks[48].

4. Prospects

In recent years, the application of bioprinting technology has considerably expanded to the field of ophthalmology. This technology has a broad range of applications in ophthalmology, including the production of treatment device and prosthesis as well as the establishment of a system to deliver drug to transplantable tissues and organs. Further development of the technology is still needed to enhance functionalities of the printed structures to fulfill the requirements for treating ocular diseases.

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Conflict of interest

The authors declare that they have no conflicts of interest with the contents of this article.

Author contributions

Y.W., J.W., Z.J., W.Y., H.Z., and H.L. reviewed the literature and wrote the manuscript. Y.W., J.W., and Z.J. prepared the literature and figured. H.L. and W.H. conceived the idea of the review and revised the manuscript. All authors approved the final manuscript for publication.

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