Roton-Phonon Interactions in Superfluid $^4$He

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High-resolution neutron resonance spin-echo measurements of superfluid $^4$He show that the roton energy does not have the same temperature dependence as the inverse lifetime. Diagrammatic analysis attributes this to the interaction of rotons with thermally excited phonons via both four- and three-particle processes, the latter being allowed by the broken gauge symmetry of the Bose condensate. The distinct temperature dependence of the roton energy at low temperatures suggests that the net roton-phonon interaction is repulsive.

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Superfluid $^4$He is the archetype of a strongly interacting Bose-condensed system. Its low-temperature properties can be understood in terms of weakly interacting quasiparticles called phonons and rotons. At zero temperature, scattering of phonons and rotons is severely restricted by kinematical conditions due to particularities of their dispersion depicted in Fig. 1, a feature which is intimately related to superfluid flow. At finite temperatures, rotons acquire a finite lifetime due to scattering from thermally populated rotons by four-particle processes (4PP), as predicted in a pioneering work by Landau and Khalatnikov (LK) and subsequently observed in neutron scattering experiments. Surprisingly, manifestations of three-particle processes (3PP) have not been reported for roton dynamics. Such particle-nonconserving interactions appear due to a macroscopic occupation of the lowest energy level and is a hallmark of Bose-Einstein condensation.

In this Letter, we combine high-resolution neutron scattering measurements with theoretical analysis to show that roton-phonon processes in superfluid $^4$He give rise to a distinct temperature dependence of the roton energy, $\Delta(T)$, at sufficiently low temperatures. We use the neutron resonance spin-echo method, which due to its extremely stable spin-echo phase allows to measure the energy shift of an excitation with high precision simultaneously with the linewidth. The improved resolution in our setup makes it possible to study effects that are only revealed at temperatures below 1 K, where the roton-roton scattering due to 4PPs predicted by LK no longer dominates other processes. The main result of our work is that the roton linewidth and energy shift in superfluid $^4$He have different temperature dependencies, in particular at low temperatures. This is in contrast to the LK theory and subsequent theoretical work, where the roton lifetime and energy shift are predicted to have the same temperature dependence, both simply proportional to the thermal roton population. A systematic evaluation of the leading self-energy diagrams show that the experimental results can be understood in terms of the interaction of rotons with thermally excited phonons via both three- and four-particle processes. This development opens up new perspectives for studies of quasiparticle interactions in a variety of Bose-condensed systems.

The measurements were performed on the TRISP thermal polarized neutron triple-axis spectrometer at the FRM-II reactor (Munich), where radio-frequency flipers are used to encode the energy of each neutron in its Larmor precession angle, thereby improving the energy resolution by two orders of magnitude. Our setup allows to measure energy shifts with an unprecedented precision of 2 mK ($\sim 0.2 \mu$eV) and linewidths down to 1.5 mK ($\sim 0.17 \mu$eV). The polarization and energy of the incoming neutrons were determined by a supermir-

![FIG. 1. The neutron scattering intensity in superfluid $^4$He at saturated vapor pressure and $T=1.3$ K on a logarithmic scale as a function of wave vector $Q$ and energy, from Ref. [1]. The line shows the dispersion of the quasiparticles, corresponding to phonons at small wave vectors $Q$ and rotons near the local minimum at $Q_R \approx 1.93 \text{ Å}^{-1}$ and energy $\Delta/k_B \approx 8.6$ K.](image-url)
FIG. 2. Spin-echo scans as a function of coil displacement and temperature. With increasing temperature, the neutron polarization decreases (shown by the projected grey shadow) and the phase of the oscillation shifts. The statistical errors in the neutron count rates are smaller than the symbol size. The lines are fits by a cosine function.

ror guide and a PG(002) monochromator, respectively, with the higher-order neutrons eliminated by a velocity selector. Analysis of the final energy (6 meV) and polarization of the scattered neutrons were done with a PG(002) crystal assembly and a supermirror bender, respectively. The radio-frequency flippers were inserted in zero-field devices mounted before and after the sample.

TRISP was operated in both boot-strap and non-boot-strap mode in configuration and radio frequencies between 60 and 292.62 kHz, which cover spin-echo times $15 \leq \tau \leq 190$ ps. The superfluid $^4$He sample, held in an aluminium cylinder of inner diameter 26 mm and volume 30 cm$^3$ equipped with Cd spacers to reduce multiple scattering, was cooled to below 0.5 K using a $^3$He insert in a pulse-tube cryocooler. Typical count rates for the roton was 60 counts per minute.

The intensity of the scattered neutrons is recorded as a function of the length of one of the zero-field precession paths by scanning the displacement of one resonance coil. The oscillatory pattern can be fitted by a cosine function (see Fig. 2) where the amplitude of the oscillatory component is a measure of the neutron polarization and gives the lifetime (inverse linewidth) of the excitation while the phase of the oscillations (position of maximum intensity) gives the relative energy of the excitation.

The roton energy shift

$$\delta(T) = \Delta(T) - \Delta(0)$$

was obtained in this way for temperatures between 0.5 and 1.6 K using spin-echo times $\tau$ of 50 and 115 ps. Since our measurements determine changes in the roton energy, and not the energy in absolute units, we take $\delta(T)=0$ at the lowest temperature of the measurements, $T=0.5$ K. To measure the roton linewidth $\Gamma(T)$ (half width at half maximum), we first verified that the decay of the roton is exponential, by measuring the neutron polarization $P(\tau, T) = P_0 \exp[-\Gamma(T)\tau]$ for spin-echo times $\tau$ between 16 and 190 ps at six temperatures between 0.5 and 1.5 K. Once the exponential decay was established, further measurements of $P(\tau, T)$ at intermediate temperatures were performed for spin-echo times of 50, 115, and 190 ps. The linewidth obtained from these data sets was put on an absolute scale using $P_0$ obtained from direct beam calibration measurements and taking into account the depolarization due to beam divergence and dispersion curvature using the formalism of Ref. [9]. At $T=0.5$ K, where no measurable broadening of the roton line is expected, we find a negligible linewidth ($<2$ mK), which confirms this calibration procedure.

The experimental results are shown in Fig. 3. The roton linewidth, Fig. 3(b), follows the temperature dependence given by roton-roton scattering that has been observed previously [3, 10, 11] and agrees with the LK theory [2, 7]. On the other hand, the roton energy initially increases with temperature, see Fig. 3(a), before it begins a monotonic decrease at $T > 1$ K. The change of sign of the roton energy shift provides unambiguous evidence that more than one interaction process contributes to it. In one earlier report [10], the roton energy was...
found to change more slowly than predicted by the LK theory \[7\]. However, no change of the sign of the energy shift was observed and no explanation of the behavior was found at that time.

In order to explain these experimental findings, we use a diagrammatic approach \[12\] to evaluate the contributions from the lowest-order self-energy diagrams shown in Fig. 4. In contrast to previous work, we explicitly take into account the interaction of a roton with thermally excited low-energy phonons, and include both three- and four-particle processes.

The 4PP interaction in the diagrams of Figs. 4(a)–4(c) is given by

\[
\tilde{V}_4 = \sum_{p,q,p',q'} V_{pq,p'q'} a_p^\dagger a_{q'}^\dagger a_{q} a_{p'}
\]

with \(p + q = p' + q'\). The quartic vertex \(V_{pq,p'q'}\) is a constant for roton-roton scattering and \(V_{pq,p'q'} \sim \sqrt{q q'}\) for roton-phonon interaction processes \[2, 7\], where \(q\) and \(q'\) are the phonon momenta. We assume that the energy of quasiparticles with momentum \(p\) close to the roton minimum \(p_R\) can be parameterized by the Landau spectrum \(\epsilon_p = \Delta + (p - p_R)^2/(2m^*)\) with \(m^*\) being the roton mass, while quasiparticles in the phonon region with momentum \(q\) are assumed to have a linear dispersion \(\omega_q = cq\). We use numerical values of \(\Delta/k_B = 8.622 \text{ K}\) \[1\], \(p_R/\hbar = Q_R = 1.931 \text{ Å}^{-1}\) \[1\], \(\mu = m^*/m_{He} = 0.144\) \[1\], \(c = 238.3 \text{ m/s}\) \[13\], and \(\rho = 0.14513 \text{ g/cm}^3\) \[14\], and express linewidths and energy shifts in units of Kelvin.

**Roton-roton scattering**, i.e., the scattering of a roton by a thermally excited roton, is depicted as a self-energy diagram in Fig. 4(a). The roton energy shift and the linewidth due to this process using Eq. (2) are both proportional to the number of thermally excited rotons,

\[
N_r(T) \propto \sqrt{T} \left[ 1 + \alpha \sqrt{\mu T} \right] e^{-\Delta(T)/T},
\]

as first shown by LK \[2\]. The minor correction factor in brackets due to small deviations of the roton dispersion from a parabolic form, with \(\alpha \sqrt{\mu} = 0.0603 \text{ K}^{-1/2}\) \[7, 13\].

**Roton-phonon scattering**, i.e., the scattering of a roton by a thermally excited phonon, is represented by the diagram in Fig. 4(b), which is essentially the same as that for roton-roton scattering. However, since phonons are gapless, the linewidth and the energy shift of a roton due to this scattering process depend on temperature via a power law. The linewidth using Eq. (2) is

\[
\Gamma_p(T) = \pi \sum_{q,q'} |V_{pq,p'q'}|^2 \left| n_q(1 + n_{q'} + n_{p'}) - n_q n_{p'} \right| \delta(\epsilon_p + \omega_q - \omega_{q'} - \epsilon_{p'}),
\]

which yields the low-\(T\) asymptote

\[
\frac{\Gamma_p(T)}{k_B} \approx \frac{\pi^3}{21} \tilde{A}^2 \frac{\rho R^2 k_B T^7}{\rho_R^2 \hbar^4 c^5} = 1.4 \times 10^{-4} \tilde{A}^2 T^7,
\]

where \(\tilde{A}\) is a dimensionless constant characterizing the roton-phonon interaction. It can be evaluated in terms of density fluctuations of the phonon field in the quantum hydrodynamic limit as \[2\]

\[
\tilde{A} = \Delta \frac{p_R}{\rho R} \left( \frac{\rho^2 \partial^2 \Delta}{\Delta \partial \rho^2} \right) + \frac{p_R}{c m^*} \left( \rho \frac{\partial p_R}{\partial \rho} \right)^2.
\]

The numerical value of \(\tilde{A}\) is not known with precision. Early estimates indicated a negative value \(-0.1\) \[10\], while more recent neutron scattering measurements give values in the range \(-0.38\) to \(+1.35\) \[17, 15\]. The uncertainty comes mostly from the roton mass and from the density dependence of the roton energy \(\Delta(\rho)\). Using values of \(\tilde{A}\) in this range, the prefactor of the \(T^7\)-term in Eq. (5) turns out to be so small that this process is negligible compared to that of the roton-roton scattering [Eq. (3)] down to \(T = 0.5 \text{ K}\), where both mechanisms yield an undetectable linewidth of the order of \(10^{-6} \text{ K}\). Qualitatively, the interaction of the massless long-wavelength phonon with a massive almost immobile roton is analogous to Rayleigh scattering. Multiplying the corresponding cross-section \(\sigma \propto \omega^4 \sim T^4\) by the density of thermally excited phonons, \(N_{ph}(T) \propto T^3\), leads to a \(T^7\)-law. The roton energy shift evaluated from the roton-phonon diagram in Fig. 4(b) has an equivalent \(T^5\) contribution, which can also be neglected compared to the \(T^4\) contributions from other interaction processes that are discussed next. We also note that a \(T^7\) power law for the energy shift is not consistent with our experimental data.

**The Hartree term**, a 4PP illustrated in the diagram of Fig. 4(c), contributes only to the real part of the self-energy. It corresponds to an energy renormalization of a
roton propagating in a gas of thermally excited phonons. Straightforward calculation of this diagram using Eq. (2) gives the energy shift

$$\delta_4(T) = \sum_{\mathbf{q}} \Sigma_H(\mathbf{p}) \approx \sum_{\mathbf{q}} V_{p\mathbf{q};\mathbf{q}n\mathbf{q}}$$

with a low-temperature asymptote of the form

$$\frac{\delta_4(T)}{k_B} = \frac{\pi^2}{60} \frac{\tilde{A}^{5/3} T^4}{\rho c^4} = 1.6 \times 10^{-3} \tilde{A} T^4.$$  

*Three-particle processes* are depicted in Figs. 4(d) and 4(e), where the first diagram corresponds to decay of a roton into a roton and a phonon and the second diagram describes absorption of a thermal phonon by a roton. For the dispersion shown in Fig. 1, these three-particle processes do not simultaneously conserve energy and momentum and do not contribute to the roton lifetime, i.e., the resulting roton self-energies have no imaginary part. However, the real part of the self-energy, which corresponds to virtual transitions into higher-energy states, is non-zero and gives rise to a temperature-dependent energy shift. The 3PP interaction is given by

$$\tilde{V}_3 = \sum_{\mathbf{p}, \mathbf{q}, \mathbf{p}'} V_{\mathbf{p}, \mathbf{q}; \mathbf{p}'} a_\mathbf{p}^\dagger a_\mathbf{q}^\dagger a_\mathbf{p} + \text{h.c.}$$

with $\mathbf{p} = \mathbf{q} + \mathbf{p}'$. For interaction processes involving one phonon $\mathbf{q}$, the cubic vertex scales as $V_{\mathbf{p}, \mathbf{q}; \mathbf{p}'} \propto \sqrt{q}$ (for the full expression, see Ref. [2]). The net contribution of the 3PP diagrams in Figs. 4(d) and 4(e) to the temperature dependent part of the roton energy is

$$\delta_3(T) = \sum_{\mathbf{q}} \left| V_{\mathbf{p}, \mathbf{q}; \mathbf{p}'} \right|^2 \left[ \frac{n_\mathbf{q} + n_\mathbf{p}'}{\epsilon_\mathbf{p} - \omega_\mathbf{q} - \epsilon_\mathbf{p}'} + \frac{n_\mathbf{q} - n_\mathbf{p}'}{\epsilon_\mathbf{p} + \omega_\mathbf{q} - \epsilon_\mathbf{p}'} \right].$$

At low-temperatures, Eq. (10) gives a $T^4$ law,

$$\frac{\delta_3(T)}{k_B} = \frac{\pi^2}{300} \frac{\tilde{A}^{5/3} T^4}{\rho c^4} = 3 \times 10^{-3} T^4,$$

similar to the Hartree term of Eq. (8) but with a different prefactor. While the contribution of Eq. (11) to the energy shift is positive, that of Eq. (8) depends on the sign of the roton-phonon interaction. We conclude from these theoretical considerations that the dominating process contributing to the temperature-dependent linewidth of the roton, $\Gamma(T)$, is the roton-roton scattering, while the shift of the roton energy, $\delta(T)$, is due to both roton-roton scattering and the renormalization of the roton energy due to the background of thermally excited phonons. Thus, we obtain

$$\Gamma(T) = \gamma_p T^6 + \gamma_R \sqrt{T} \left[ 1 + \alpha \sqrt{\mu T} \right] e^{-\Delta(T)/T}$$

and

$$\delta(T) = \delta_p T^4 - \delta_R \sqrt{T} \left[ 1 + \alpha \sqrt{\mu T} \right] e^{-\Delta(T)/T}.$$
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