Toughening mystery of natural rubber deciphered by double network incorporating hierarchical structures

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As an indispensible material for modern society, natural rubber possesses peerless mechanical properties such as strength and toughness over its artificial analogues, which remains a mystery. Intensive experimental and theoretical investigations have revealed the self-enhancement of natural rubber due to strain-induced crystallization. However, a rigorous model on the self-enhancement, elucidating natural rubber's extraordinary mechanical properties, is obscured by deficient understanding of the local hierarchical structure under strain. With spatially resolved synchrotron radiation micro-beam scanning X-ray diffraction we discover weak oscillation in distributions of strain-induced crystallinity around crack tip for stretched natural rubber film, demonstrating a soft-hard double network structure. The fracture energy enhancement factor obtained by utilizing the double network model indicates an enhancement of toughness by 3 orders. It's proposed that upon stretching spontaneously developed double network structures integrating hierarchy at multi-length-scale in natural rubber play an essential role in its remarkable mechanical performance.

Natural rubber is remarkable for its hyperelasticity, low hysteresis, and high fracture toughness, with indispensable applications in tires for aircrafts or heavy trucks, medical instruments, seismic isolation systems and etc., which occupies about half of total rubber consumption with annual volume more than 10 million tons globally. The main supply of natural rubber is limited in Southeast Asia and attempts for synthetic rubber began as early as the dawn of rubber industry. However, even with the same cis-polyisoprene molecule, the artificial analogues typically exhibit 70–80% of elastic modulus, tensile strength and tearing resistance of natural rubber. The peerless mechanical strength for natural rubber has been attributed to its capacity of strain induced crystallization, a merit of natural rubber rooted in its perfect (100%) stereo-regularity of constituent molecules. Interestingly, it was found recently that lightly cross-linked natural rubber own outstanding shape memory properties and superior capability to in-situ sense and even remember solvent vapor concentrations due to the ability of strain induced crystallization. However, despite intensive theoretical and experimental investigations on the self-enhancement mechanism have been performed since 1925, the mechanism of strain-induced crystallization has not been elucidated very well. Class view proposes that these lamellae generated by crystallization act as the role of in-situ hard fillers embedded in soft amorphous matrix and physical cross-link in stretched natural rubber, increasing the Young’s moduli and fracture toughness. The hierarchical structure is reminiscent of nacre, spider silk, bone and shish-kebab, which possess extraordinary mechanical strength and toughness due to the ability of dispersing stress concentration via concerted shear deformations among hard and soft components. Similar toughening mechanism is also assumed pertinent to the mechanical enhancement of natural rubber. However, the detailed mechanism and constitutive model of this crystallization-induced reinforcement remains unresolved yet, which may be the key to bridge the gap between natural and synthetic rubbers since the latter usually exhibit worse crystallinity due to imperfect stereo-regularity.

One critical assessment of the aforementioned toughening mechanism is to exam the fracture behaviors of stretched natural rubber films with crack. The induced hierarchical structure around the crack tip may modify the materials’ properties and subsequently influence the crack resistance. Decreasing trend of the local crystallinity away from crack tip was obtained by using wide angle X-ray diffraction (WAXD). However, the low spatial resolution or small mapping area in these antecedent studies may smooth out or overlook the detailed structural
hierarchy in micro scale, the essential information in building theoretical toughening models to describe the mechanical enhancement mechanism\textsuperscript{20}. To shed a light on the physical pictures of the toughening mechanism of natural rubber, structural distribution with high spatial resolution in a larger area around the crack is crucial. In this study synchrotron radiation micro-beam scanning X-ray diffraction (SR-\textmu SXRD) is employed to characterize \textit{in-situ} the crystallinity distribution of cracked natural rubber under stretch, the high brilliance of which allows scan on a large area with relatively short time and detection of weak crystalline signal. By mapping the vicinity of crack tip of a pre-cut natural rubber film with focused X-ray of spot size about 5 × 5 \(\mu\)m\textsuperscript{2}, wide-angle X-ray diffraction patterns are measured and local crystallinity is derived at different locations for various strains. A two-dimensional (2D) oscillating pattern of crystallinity distribution is revealed under higher strain, indicates a network composed by alternating soft and hard regions or the so called double network structure. The formation of the double network structure enhances the toughness by 3 orders in comparison with homogeneous structure without network and can be attributed to interplay between crystallization and strain distribution.

Results
Figure 1 (a) shows two images of natural rubber samples with a pre-cut under strains of 0 and 3.5, respectively; here a coordinate system is indicated by the arrows with X axis perpendicular to and Y axis parallel with the stretching direction. The zero point is located on the edge of the crack tip; (b) the crystallinity distribution in blue dots as a function of X and the fitting curve in red based on the Hook’s law at \(\varepsilon = 3.5\). The results suggests a decay trend of the crystallinity, coupled with weak oscillations as better observed by inserted curve for X > 50 \(\mu\)m; (c) 2D SR-\textmu SXRD diffraction patterns at selected positions in Figure 1 (b) with X values labeled in blue. The (200), (201), (120) and (002) planes can be found in the 2D diffractions as labeled in red words.

Figure 1 | (a) The photomicrograph of natural rubber film at \(\varepsilon = 0\) and \(\varepsilon = 3.5\), respectively; here a coordinate system is indicated by the arrows with X axis perpendicular to and Y axis parallel with the stretching direction. The zero point is located on the edge of the crack tip; (b) the crystallinity distribution in blue dots as a function of X and the fitting curve in red based on the Hook’s law at \(\varepsilon = 3.5\). The results suggests a decay trend of the crystallinity, coupled with weak oscillations as better observed by inserted curve for X > 50 \(\mu\)m; (c) 2D SR-\textmu SXRD diffraction patterns at selected positions in Figure 1 (b) with X values labeled in blue. The (200), (201), (120) and (002) planes can be found in the 2D diffractions as labeled in red words.
the 2D oscillation patterns represent a deformed double network structure composing of regions with high and low crystallinity, respectively. As high crystallinity corresponds to high modulus and vice versa, it represents a soft-hard double network structure, significantly increasing the crack resistance33,34. Based on numerical statistics on Figure 2, the mesh sizes vary from 22 to 80 μm with averaged size along the long and short axis at about 45 and 35 μm, respectively (Fig. S3 and S4 in Supplementary Information). More obvious pattern after magnifying images in Figure 2 near and far away from the crack tip can be seen in Figure 3.

Based on the SR-μSXRD results above, we present in Figure 4 a schematic illustration of the evolving double network structure composed of hard and soft regions with different density of lamellae (crystallinity) near the crack tip. Domains with higher crystallinity tend to be harder and more difficult to be deformed. Upon stretching to a critical strain, at the region close to the crack tip, high crystallinity spots emerge out from the originally amorphous region due to strain induced crystallization and form a hard domain (see bottom part, Figure 4 (a)). The singular stress field at the crack tip can be alleviated through the coupled deformation between hard and soft

Figure 2 | The calculated 2D crystallinity distributions around the crack tip at different strains: (a) ε = 3.0; (b) ε = 3.5; (c) ε = 4.5; (d) ε = 5.5, which are extracted from 2,464; 1,000; 5,670 and 3,550 diffraction patterns, respectively. The transition of false color from red to blue indicates decrease of crystallinity with increasing distance away from the crack lip. However local oscillation of crystallinity can be perceived from alternating blue and yellow colors in the 2D crystallinity distributions, which can be interpreted as a double network structure composing of domains with high and low crystallinity. The red stripe in Figure 2 (c) distant from the lip does not influence the nearby oscillation pattern.

Figure 3 | The 2D local crystallinity distributions enlarged from Figure 2 in the vicinity of the crack tip ((a)–(d)) and far away from the crack tip ((e)–(h)) at different strains. From Figures 3. (a)–(d), the long axis of double network structure in the vicinity of the crack tip is roughly aligned to the stretching direction, while far away from the crack it tilts about 45° relative to the stretching direction obtained from Figures 3 (e)–(h).
domains. According to a simplified view from parallel model in classical mechanics of composite materials, soft and hard domains are stretched identically and hard domains bear most forces, which will hinders crystallization of the natural rubber chains between hard domains. As strain increases, the originally less stretched portion farther away from the tip is stretched to crystallize into new observ- able hard domain, and periodic arrangement of one dimensional texture with hard and soft domains goes up (middle and top part in Figure 4 (a)). Such a periodic structure attributed to the nonlinear response of stretched natural rubber is similar to the mechanism in most observed patterns in nature like the strips on zebra skin. Taking into account that a random shift will occur distant from the crack lip, the double network patterns observed by experiments can be obtained through stacking the one dimensional periodic tex-ture as demonstrated in Figure 4(b). We can see from Figure 2 and 3 that the long axis direction of network structure of the hard regions away from the crack tip is obviously related to the principal direction which inclines about 45° to stretching direction because of the local stress field around the reoriented crack.

The shear lag model, commonly used to explain the enhancement mechanism for the hierarchical structure materials such as nacre and other bioinspired materials, can be applied to the current situation. The long intrinsic shear persistence length in the soft and hard double network structure leads to dispersing of the localized force into larger area and thus the force can be sustained by more cis-polyisoprene chains. Thus one can expect a substantial increase in fracture toughness, which account for the high crack resistance. Considering the morphology of the hard-soft double network structure shown in Figure 2 and 3, here we use the double network model developed by Okumura instead of the shear lag model, for a better quantitative calculation of the toughening effect. The fracture ener-gies ratio \( \lambda \) of the double network structure and homogeneous hard component structure is supposed to reflect the toughening effect of strain induced crystallization and defined as:

\[
\lambda = \frac{(1 - \phi_h) \frac{\zeta}{\mu_h} \frac{\mu_h}{\mu_s}}{\phi_h \frac{\zeta}{\mu_h}}
\]

under the equal stress condition or

\[
\lambda = \phi_h \frac{\zeta}{\mu_h} \frac{\mu_m}{\mu_s}
\]

under the equal strain condition. \( \phi_h \) is the volume fraction of hard domains; \( \zeta \) is the distance between adjacent hard domains; \( \mu_h \) and \( \mu_s \) are the elastic modulus for the hard and soft domains, respectively; \( \alpha_h \) is the characteristic microscopic size of defect or Griffith cavities for the hard domains. From equations (1)–(2), we see that an optimized value of \( \phi_h \) can lead to maximal \( \lambda \), otherwise structures of uniform hard (\( \phi_h = 1 \)) or soft (\( \phi_h = 0 \)) regions can only achieve the lowest value of \( \lambda = 1 \).

At the strain of 3.5, taking \( \phi_h = 0.52 \), \( \mu_s = 2.96 \text{ MPa} \), \( \mu_h = 3.53 \text{ MPa} \), \( \zeta = 35 \mu \text{m} \), \( \alpha_h = 0.148 \mu \text{m} \) (these parameters obtained at regions far from the crack tip in Figures 3 (e)–(h), see Supplementary Information), \( G_c = 100 \text{ J/m}^2 \), we obtain \( \lambda = 131 \) from equation (1) under the equal stress condition, indicating that the double network structure enhances the crack resistance by 131 times than that of the homogeneous structure. Following similar approach, we calculate the enhancement factors (Figure 5 (a)) at different strains with two limit conditions defined by equations (1) and (2). We obtained that the factor \( \lambda \) reaches about 1,400 or 980 at strain 5.5 under the equal stress or equal strain condition, respectively. As discussed by Okumura, the enhanced toughness comes from a cut-off factor \( \zeta/\alpha_h \) and a modulus factor \( \mu_m/\mu_s \), (Figure 5 (b)). The former helps to spread stress to larger volume, while the later indicates the ability to store energy by soft domains. Larger value of either factor due to strain induced crystallization will improve the fracture toughness. Though parameters in our calculations derived from experimental data may vary with different areas, the enhancement effect of the double network structure is strikingly high, which can quantitatively explain the excellent crack resistance of natural rubber.

Toughening due to strain-induced crystallization in natural rubber has been well recognized since the dawn of rubber industry, which, however, is somehow restricted in the view of as-generated lamellas acting as in-situ hard filler. The hierarchy of natural rubber in the microscale seems to have been overlooked, which can be essential origin for high performance materials as inspired by other biopolymers like collagen and spider silk. Combing our findings of double network structure in microscale with the earlier pictures, the spontaneous multi-scale hierarchical structure of natural rubber emerges. The entropic elasticity stems from chain conformation at molecular level, taking a leading role at low strain; crystallization
induced by strain in nanometer scale contributes an enthalpic elasticity at large strain, hard and soft double network structure amplifies the effect of strain-induced crystallization on reducing stress concentration through the cut-off factor $\xi/a_0$ and on increasing the stored fracture energy through the modulus factor $\mu_l/\mu_l$ in micro scale. The outstanding properties of natural rubber may come from the synergistic performance of the spontaneous hierarchy in these three length scales. Under external loading, the occurrence of crystallization in nanoscale is due to strain-induced conformational transition at molecular scale, which serves as a relay from entropic to enthalpic elasticity and prevents chain from fracturing. The interplay between crystallization and strain distribution leads to the formation of double network structure, which avoids stress concentration around the crack tip and fractures of crystals as well as molecular chains. The orchestrated coherence of the spontaneous hierarchical structure makes natural rubber as an intelligent and stimuli-responsive material with outstanding mechanical properties.

In summary, high spatial resolved SR-μSXR reveals that a soft and hard double network structure is created by strain-induced crystallization in the vicinity of crack tip, which leads to the formation of the multi-scale hierarchical structure in natural rubber. The emergence of double network structure is due to the interplay between crystallization and strain distribution, which enhances the fracture toughness by 3 orders of magnitude theoretically and explains the outstanding crack resistance of natural rubber. The coherence in these spontaneous multi-scale hierarchical structures, between conformation at molecular level, crystallization in nanoscale and the soft-hard double network structure in microscale, leads to the high toughness of natural rubber. Our discovery elucidates key structural information responsible for the excellent resilience and resistance to fatigue crack propagation of natural rubber, bridging the gap between natural and synthetic rubbers. The proposed toughening mechanism integrating multi-scale dimensional elements from molecular level to microscale will not only stimulate further discussion leading to more refined and deeper understanding on this issue, but also promote analysis and optimization of natural rubber’s performance in real application.

**Methods**

**Materials.** The raw material used is the ribbed smoked sheet (RSS) No.1 from Indonesia, which is purchased from Chinese Academy of Tropical Agricultural Science. The recipe and cure condition for preparation of the rubber sample are shown in Table 1. The raw material was masticated for 2 min using a heatable double-roll operated at 55 ± 5 °C, and then mixed with the vulcanizing additives without sulfur for 2 min, and afterwards with the sulfur was added with the mixing time for 1 min. In the end all the compounds were mixed for further 5 min. Furthermore, natural rubber compounds were Vulcanized in an electrically heated hydraulic press at 143 °C, and 15 MPa for 15 min to obtain the 180 μm-thickness film. The natural rubber samples were prepared into rectangular shaped specimens (15 × 3 mm²) for homemade miniature tensile device testing.

**Experimental section.** The prepared rectangular natural rubber film with a crack (600 μm long and perpendicular to the stretching direction) was mounted between two clamps of a homemade miniature tensile device, and then stretched to assigned strain ε with a constant strain rate of 18%/min. Then the tensile device was put on the platform of BL15U1 in Shanghai Synchrotron Radiation Facility (SSRF), and the 2D crystallinity distribution around the crack tip at the assigned strain was obtained by SR-μSXR with mapping method. Data from the beam profile show that the area of the microspot was 5 × 5 μm² with a wavelength of 0.124 nm. At each detected point, the exposure time and data-readout time was 4 and 8 s respectively; scanning step of 8 × 8 μm² and filter of 3.1% was used to avoid the radiation damage. Based on above parameters, it took 12.2 hours to collect 5460 diffraction patterns to map the 2D crystallinity distribution of an area of 500 × 700 μm².

The method of crystallinity calculating, mechanical parameters for hard and soft domains, crystallite sizes and mesh sizes for different strains are presented in the Supplementary Information.

**Table 1 | Recipes and cure conditions of vulcanized natural rubber**

| Ingredients | Loading level (phr) |
|-------------|---------------------|
| Natural rubber | 100 |
| Stearic acid | 5 |
| ZnO | 2 |
| Accelerator TT | 0.5 |
| Accelerator DTD | 0.5 |
| Accelerator DM | 0.5 |
| Sulfur | 1 |
| Curing time (min) | 15 |

*Parts by weight per hundred parts rubber (phr).
**Tetramethylthiuram disulfide.
***4,4′-Dithiodimorpholine.
****N-Cyclohexyl-2-benzothiazole sulfenamide.
*****Cure temperature was 143 °C.

**Figure 5 | (a) The relation between the cut-off factor $\xi/a_0$ and modulus factor $\mu_l/\mu_l$, with strain; (b) The relation between the enhancement factor $\lambda$ with strain calculated in the framework of double network model using equation (1) under the equal stress condition and equation (2) under the equal strain condition. The cut-off factor rises up quickly with the strain increasing, indicating redistribution of local stress in larger areas. While the slower increment of modulus factor suggests slowly increasing of the ability to store energy by soft domains as strain increases. $\lambda$ increases with the strain increasing and reaches about 1,400 or 980 at strain 5.5 under the equal stress or equal strain condition, respectively.**
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Author contributions
W.M.Z., L.B.L. and H.Y.L. designed the research and interpreted the results. W.M.Z. conducted the experiment with SR-μSRXD and WAXS in SSRF, I.C. and Z.M.Q. assisted with the SR-μSRXD experiment. J.L. developed a method to analyze the data. H.Y.L. contributed to the discussion of results. X.Y.L. and N.J.H. assisted with the manuscript writing. All authors commented on the manuscript.

Additional information
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