Reducing Topdressing N Fertilization with Variable Rates Does Not Reduce Maize Yield

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Abstract: Proximal sensing represents a growing avenue for precision fertilization and crop growth monitoring. In the last decade, precision agriculture technology has become affordable in many countries; Global Positioning Systems for automatic guidance instruments and proximal sensors can be used to guide the distribution of nutrients such as nitrogen (N) fertilization using real-time applications. A two-year field experiment (2017–2018) was carried out to quantify maize yield in response to variable rate (VR) N distribution, which was determined with a proximal vigour sensor, as an alternative to a fixed rate (FR) in a cereal-livestock farm located in the Po valley (northern Italy). The amount of N distributed for the FR (140 kg N ha$^{-1}$) was calculated according to the crop requirement and the regional regulation: ±30% of the FR rate was applied in the VR treatment according to the Vigour S-index calculated on-the-go from the CropSpec sensor. The two treatments of N fertilization did not result in a significant difference in yield in both years. The findings suggest that the application of VR is more economically profitable than the FR application rate, especially under the hypothesis of VR application at a farm scale. The outcome of the experiment suggests that VR is a viable and profitable technique that can be easily applied at the farm level by adopting proximal sensors to detect the actual crop N requirement prior to stem elongation. Besides the economic benefits, the VR approach can be regarded as a sustainable practice that meets the current European Common Agricultural Policy.

Keywords: variable rate; nitrogen fertilization; maize; proximal sensing; organic fertilizers

1. Introduction

Today, machinery and high technological devices used in agriculture are very heterogeneous throughout the world due to economic and environmental reasons. The wide range of environmental conditions, land use, and suitability differences of agricultural fields make possible a wide diversification of the technical ameliorations. Precision Agriculture (PA) is commonly defined as the process of doing the right action at the right place at the right time; therefore, PA is not just a technology, but rather a management philosophy that is made possible by new technologies [1,2]. Advancements in remote sensing, machinery control systems, crop modelling, weather monitoring, decision making, cloud computing, and big data analysis drive PA to the new revolution in agriculture named smart farming [3]. These advancements enhanced the accuracy of PA applications and made them available for a broader range of farmers, allowing enhanced practices through the possibility to predict the occurrence of water or nutrient stresses and take real-time supported decisions. Collaboration between public and private sectors towards research, education, and innovation opportunities in precision agriculture is rising and under constant development [2]. Fertilization is one of the most relevant targets of this new approach [4]. Indeed, adjusting the N rate to the measured crop requirement increases crop N use efficiency [5,6] and reduces environmental risks [7–9]. Delgado et al. 2005 [10] reported that applying N using VR can reduce NO$_3^-$ leaching losses by 25%. The VR ap-
plication is recognized to effectively reduce the carbon footprint and Greenhouse Gases (GHG) emissions as shown in Acutis et al. [11].

The interaction between the N rate, soil, weather, and crop response is a complex system in which these factors vary spatially within the same field and temporally over the season [12]. Managing this variability is the key aspect that distinguishes PA from conventional management [13]. Understanding crop nutrition needs and supply balance should be the basis for the definition of optimum N fertilizer application. Different factors play a role in the optimum N rate, such as N supply from other sources, fertilizer costs, quality and quantity of the final product, and its price [13,14].

A review paper about proximal sensing crop monitoring [15] analysed the feasibility of remote and proximal optical sensors to estimate N management-linked variables; it was pointed out that different factors can impact the perception of crop variability (e.g., sensor type, spatial resolution, standardization of sensor measurements), although they are strongly linked to location, year, and variety. Farmers frequently adopt proximal optical sensors rather than retrieving information from remote sensing due to the easier access to this technology [16]. Proximal sensing can be classified in Unmanned Aerial Vehicles UAVs with different cameras mounted on them, or tractor-mounted sensors (TMS). The UAVs [17–21] are massively used in agricultural systems [17–21]. Proximal sensing equipment also used for VR fertilization is represented by Greenseeker [22–24] and OptRx [25].

The proximal sensing equipment is typically used to manage different field homogeneous zones, also known as management zones. They represent subfield regions with the same soil traits and hydrologic characteristics within which a single strategy (e.g., fertilization rate) is appropriate [26–28]. Since it is now possible to map the maize yields and moisture level at harvest with very high spatial resolution, the major challenge is modulating the amount of fertilizer equally to match the crop demand [29]. VR fertilization is a key aspect of fertilization prescription in precision agriculture, which typically involves multiple criteria and objectives. Practical motivation embraces the optimization of the trajectories in the field with a consequent reduction in the use of fuel and fertilizer, waste of pesticides, and labour hours [26,30]. In the present case study, located in eastern Lombardy (Italy), maize production is experiencing relevant variability, being caused mainly by the low price on the market and pest control regulations and limits, which results in increased imports from countries outside the EU [31]. It was observed that dairy farmers hardly adhere to the organic recommended fertilizer application rates due to the high availability of manure and slurry [28,32–36]; however, to ensure high crop yields, topdressing mineral N is used despite the purchase and environmental costs [37]. Even considering the current subsidized rates, mineral fertilizers still represent a substantial budget item in European farms [38].

In an integrated crop and livestock farm system, which is characterized by slurry availability over the year, organic fertilizer should be used to enhance the production efficiency and farmer net return [11], maximize grain yield mainly with the improvement of spatial homogeneity in the field, and improve the quality by increasing the grain protein content [39]. A way to achieve these objectives is to implement precision farming management with the adoption of proximal sensors, as supported by the rural development plan (PSR) of the Lombardy Region, which has recently partly subsidized the equipment purchase by farmers [40,41]. The use of organic N fertilizers from recycled digestate waste makes the agricultural system more environmentally sustainable [7,11,42,43] and improves net farmer return [44].

In this study, we compared the effect of topdressing FR derived from fertilization with VR nitrogen fertilization on maize yield in a 2-year field experiment in eastern Lombardy under the hypothesis that the N application at VR guided by an active optical TMS leads to (i) maintenance of the same productivity level, (ii) a reduction in the mineral N supply, (iii) improved intra-field spatial homogeneity of the maize grain yield. The topdressing N rate was estimated according to the fertilization plan calculated by the current legislation
and availability of organic fertilizer and in VR by the crop vigour status measured with an on-the-go approach.

2. Materials and Methods

2.1. Study Area

The experimental fields are located at a crop and livestock farm (approximately 400 ha and 700 dairy cows); two maize cropping seasons (2017–2018) were monitored from sowing (in April) to harvesting (in August). The experiment was carried out in two adjacent fields over the experimental period. The fields have coordinates N 45°12′43″ 10°48′27″, E 45°12′29″ 10°48′42″, the fields are around 4 ha each (Figure 1).

![Map showing the location of the two adjacent fields at the experimental site.](image)

2.2. Weather Condition

The pedoclimatic conditions were comparable between the two experimental years. At the time of maize sowing (April), the mean daily temperature was on average higher than 10 °C in 2017 and 2018 (Figure 2). Before the maize sowing (March), soil accumulated 31 mm in 2017 and 78 mm in 2018. In the first maize vegetative stages, from April to May, the rainfall was 60 mm in 2017 and 2018.

2.3. Soil Sampling

During sowing and after harvesting, we used a sampling network to evaluate the soil physical and chemical soil properties in the two fields so that their background conditions were comparable. The soil analysis also allowed for mapping pedological discontinuities, which were likely to cause low production in certain areas, which were identified by the farmer in previous years. The sampling mesh was made with a density of four samples per hectare; soils were sampled at a depth of 0.3 m depth. Three soil cores per site were sampled and dried first under ambient conditions and were subsequently sieved and homogenized [42]. The analysis highlighted poor SOC areas as shown in Figure 2.
The sampling scheme was implemented following an experimental design that ensures at least four samples per hectare (USDA guidelines). The sampling was done following the soil sampling guidelines (methods of detection and computerization of pedological data, Costantini et al. 2011) [45]. The examined properties were soil organic carbon (SOC), total soil nitrogen (N), Carbonates (CaCO$_3$), Nitrate (NO$_3^-$), Phosphorus (P$_2$O$_5$), and Potassium (K$_2$O); see Table 1 for SOC and Table 2 for other soil properties.

### Table 1. Classification of the soils according to the SOC concentration.

| Classification Based on SOC g kg$^{-1}$ | Medium Content of Particles (F-FL-FA-FSA) |
|----------------------------------------|------------------------------------------|
| Very poor                              | <10                                      |
| Poor                                   | 10–18                                    |
| Averagely amount                       | 19–25                                    |
| Rich                                   | 25                                       |

To obtain soil properties maps, the georeferenced soil data were interpolated through the Inverse Distance Weighting IDW algorithm in ArcMap 10.7, ESRI. The map of SOC in 2017 (Figure 3), displayed using five quantile classes, shows two spots with higher SOC % and a comparable content between the two fields.
The SOC and N content were determined by dry combustion using a ThermoQuest NA1500 elemental analyzer (Carlo Erba, Milano, Italy). The instrument determines total nitrogen and total carbon using 0.4 g samples (two replicates for each sample). Total C was adjusted to obtain organic C % by subtracting the carbonate content, which was determined by the acid titrimetric method [46]. Phosphorus and Potassium contents were acquired by a previous sampling collection (2015); they were determined at the field level with four samples per hectare.

2.4. The Experimental Setup

The dates of maize sowing were 7 April 2017 and 7 April 2018 with the use of tanned seed. Variety and seeding density for Field 2 were DEKALB 6728, the sowing density was 8 plants m$^{-2}$. Figure 1 reports the fields scheme. In the two fields, dairy slurry was distributed at the beginning of Autumn at a rate of 50 Mg ha$^{-1}$, with an N input of 150 kg ha$^{-1}$ (Table 3). In both of the fields, the rotation was winter wheat (2015–2016), soybean (2016), winter fallow (2016–2017), grain maize (2017), winter fallow (2017–2018), grain maize (2018).

Table 3. Nitrogen concentration and nitrogen forms in the digestate.

| Compounds         | Units       | Value × 1000 | Methods                  |
|-------------------|-------------|--------------|--------------------------|
| Total Nitrogen    | g kg$^{-1}$ N | 3.1          | IRSACNR vol3/6 r 00/86   |
| NH$_3$            | g kg$^{-1}$ N | 2.2          | IRSACNR vol3/7 r 00/87   |
| Organic Nitrogen  | g kg$^{-1}$ N | 0.9          |IRSACNR vol3/8 r 00/86    |
| NO$_3^-$          | mg kg$^{-1}$ N-NO$_3$ | 12          | IRSACNR vol2/2 r 00/84   |
| Dry matter at 105 °C | %           | 4.2          | IRSACNR vol2/2 r 00/84   |

This experimental setup aimed to compare the VR and FR applications at side-dressing using urea (46%N) (Table 4).

The management of the two fields differed regarding the topdressing fertilization rate (Table 4). The application of N during Autumn and at sowing did not vary between the two treatments. Based on the last five-year grain yield data of adjacent fields, N crop uptake, as well as phosphorus and potassium, were calculated using a fertilization plan following the Lombardy rules [42].

Figure 3. Map showing the percentage of soil organic carbon (SOC) obtained with IDW. Red areas have the lowest SOC concentration.
Table 4. Nitrogen applied as topdressing fertilization.

| Application of Digestate on Bare Soil in Autumn | NPK (1) at Sowing | Topdressing | VR/FR |
|-----------------------------------------------|------------------|-------------|-------|
| 2017 FR                                       | 138              | 1           | 0.7–1 |
| VR                                            | from 92 to 135   |             |       |
| 2018 FR                                       | 150              | 50          | 0.7–1.1|
| VR                                            | from 90 to 147   |             |       |

(1) N content = 24%.

2.5. Equipment and Working Sensors

The farm equipment accounts for satellite guidance, crop vigour sensors, and a precision fertilizer spreader. The yield map of the two years was obtained from the harvester IoT system.

2.5.1. The Vigour Sensor

The sensor used in this experiment is an active optical sensor developed by Topcon Agriculture that evaluates the canopy vigour for the site-specific N fertilization of the most common field crops (e.g., winter wheat, barley, oat, maize, soybean, rice). Canopy vigour was sensed through CropSpec and expressed as a synthetic vegetation index $s$, which is computed as follows:

$$ s = \left( \frac{R2}{R1} - 1 \right) \cdot 100 $$

(1)

where $R2$ and $R1$ represent the red and infrared bands, respectively. CropSpec consisted of two sensors, i.e., the left and right sensors, which both return the $s$ index value with a spatial resolution of less than 3 m.

CropSpec was used two times per year: during fertilization at V3, at the phenological phase of the development V6. The sensor operated at a short distance from the crop (height between 2 and 6 m).

The rationale of the VR consisted of applying a higher amount of N (N-max) defined by the fertilization plan in the less favourable zones in terms of vegetation vigour at the time of the topdressing fertilization. In contrast, the most vigorous vegetation received the smallest amount of N (N-min), and vegetation between the various conditions received moderate N (N-max and N-min) at a 10 kg interval.

2.5.2. Fertilizer Spreader

The fertilizer spreader which was used in the experiment was the Kverneland Exacta TL GEOSPREAD, which has two actuators on each dosing unit. An actuator controls the setting of the discharge point for the correct placement of the fertilizer inside the disk, while the other controls the distribution rate. The GEOSPREAD system makes it possible to set the specific fertilizer amount and distribution for both discs directly from the tractor cab. The working width (seven maize rows, 4.5 m) can be quickly and easily adjusted with the ISOBUS terminal. The correct position of the sections and the overlap are guaranteed by the satellite guide operating with differential corrections according to the Network Real-Time Kinematic (RTK).

2.5.3. Harvester and Yield Data Collection

The crop was harvested using The CLAAS harvester CORIO model series specific for the maize harvest. The harvester allowed for high-precision yield and humidity mapping. The system allowed us to record in each area ($7 \times 7$ m) the weight of the grain yield and the moisture content of the biomass.
2.5.4. Data Treatment, Statistical Analysis, and Economic Analysis

Descriptive statistics for the VR and FR fields comprising the mean, standard deviation (SD), and coefficient of variation (CV) were calculated. Different fertilization rates were then separated into three different groups: “Low” with less than 100 kg N ha\(^{-1}\), “Medium” with nitrogen application between 100 and 125 and, “High” with more than 125 kg N ha\(^{-1}\).

As a preliminary elaboration, yield data were analysed to automatically detect outliers to exclude in the subsequent analysis. The data were tested for normality using the Kolmogorov–Smirnoff test.

Data of the S index, which were measured by the sensors with a spatial resolution of 5 m \(\times\) 5 m, were transformed from point to raster using inverse distance weighted (IDW); the same procedure was adopted for the dry yield data, which were measured at a variable spatial resolution, which was useful to convert the vectors to a fixed spatial resolution—the one closest to the real spatial resolution of the N that can be achieved with the equipment (spreader).

A bootstrap ANOVA was then carried out with the aim of testing the effect of the two treatments (FR vs. VR) on maize yield, SOC, and the N fertilization rate. After this stage, the analysis of variance was carried out to assess the effect of SOC and S-index on the grain yield. The number of samples obtained from the fertilization and used for the analysis was 201 (Yield, S-index, SOC) annually.

The cost savings due to VR were computed annually as follow:
(1) the dataset of the 201 variable rates was split into 25 ascending ranks, which were characterized by an increasing dose of urea equal to 5 kg ha\(^{-1}\);
(2) the field coverage (%) for each rank (i.e., the percentage of the field that was fertilized with that specific amount of urea) was computed as (total observations/observations rank\(^{-1}\) \cdot 100);
(3) the mean of each rank was utilized as a representative value to compute the urea cost (€ ha\(^{-1}\)) as a sum of each rank cost:
\[
\sum (\text{mean rank value} \times \text{kg urea ha}^{-1} \times \text{field coverage} \%) 
\]
(4) the annual cost saving was then calculated as the difference between FR and VR.

3. Results

3.1. Descriptive Statistics

For each variable considered in the present study, the mean, the standard deviation, and the coefficient of variation were computed (Table 5).

| Variable                          | Mean | sd   | cv  |
|----------------------------------|------|------|-----|
| CropSpec S index May 2017        | 28.15| 2.54 | 0.09|
| CropSpec S index May 2018        | 26.61| 3.63 | 0.14|
| Topdressing N 2017               | 123.65| 8.20 | 0.07|
| Topdressing N 2018               | 120.10| 6.33 | 0.05|
| Yield 2017                       | 14.19| 1.64 | 0.11|
| Yield 2018                       | 12.34| 1.91 | 0.15|

The crop was harvested at 18–22% humidity (15 September 2017, 21 September 2018).

3.2. Differences between Years and Fields

The pedoclimatic condition was stable during the two years. In particular, before the maize irrigation, a similar amount of rainfall did not justify differences in productivity among years since irrigation was performed to supply the water demand.

In 2018, larger contiguous areas with homogeneous yield were observed in FR and VR (Figure 4). Conversely, in 2017 the yield observations were more scattered under the two treatments.
The ANOVA showed that in 2017, the average yield production was not significantly different between VR and FR ($p > 0.05$), with a production of 14.69 and 14.14 Mg ha$^{-1}$, respectively (Table 6).

In 2018, the average yield production was lower compared to 2017, with an average of 12.50 and 12.19 Mg ha$^{-1}$ for VR and FR, respectively. In 2018, the ANOVA test did not show significant differences between the two treatments ($p > 0.05$).

The fertilization rate group division allowed us to better estimate the impact of the variable fertilization rate on maize yield. In 2017, data showed higher differences between the fertilization rates than in 2018. Compared to the fixed rate, the variable rates had a lower CV (except for “High”) with a higher yield (Figure 5). In general, in the first year, the coefficient of variation ranged between 9 and 13% among different fertilization rates. The “High” fertilization rate in 2017 had a CV of 13.4%, higher than that of all the other rates. Conversely, in the second year, the highest CV was found in the FR (17.5%), while the different variable rate had a stable CV of approximately 13%. The yield remained stable at around 12 Mg ha$^{-1}$.

Moreover, in 2017, data showed a higher sample size of the “High” fertilization rate ($n = 121$) compared to the “Medium” and “Low” groups. This sample size variation was less evident in 2018 when the “Medium” and “Low” groups had similar sample sizes to the “High” group.
Table 6. The results of the bootstrap ANOVA that was carried out to evaluate the effect of the N fertilization rate on grain yield in 2017/2018.

| Groups          | Count | Average | Variance |
|-----------------|-------|---------|----------|
| Variable rate   | 201   | 14.69   | 6.32     |
| Fixed rate      | 218   | 14.14   | 8.91     |
| Variable rate   | 201   | 12.50   | 2.23     |
| Fixed rate      | 216   | 12.19   | 3.77     |

**ANOVA**

| Source of Variation | SS     | df | MS    | F      | p-value | F crit |
|---------------------|--------|----|-------|--------|---------|--------|
| Between Groups      | 22.9   | 1  | 22.93 | 2.99   | 0.08    | 3.86   |
| Within Groups       | 3198.2 | 417| 7.67  |        |         |        |
| Total               | 3221.1 | 418|       |        |         |        |
| Between Groups      | 8.1    | 1  | 8.12  | 2.68   | 0.10    | 3.86   |
| Within Groups       | 1257.5 | 415| 3.03  |        |         |        |
| Total               | 1265.7 | 416|       |        |         |        |

Figure 5. Maize grain yield observed in 2017 and 2018 and divided by fertilization rate groups. Sample size (n) and the coefficient of variation (CV %) of each group are reported at the top of the graph, while the “X” symbol represents the mean. Black dots indicate outliers (cases between 1.5 and 3 times the interquartile range).

3.3. Cost Estimation (Farmer Net Return)

Since all VR treatments yielded equal or greater costs than FR in both years, it was reasonable to investigate the savings in reducing the amount of urea with VR. Therefore, based on the local market price (http://www.borsamerci.mn.it (accessed on 30 November 2020) of urea at the time of the experiment (0.361 € kg$^{-1}$ in April 2018), we estimated the possible cost–benefit which can be achieved by VR application.

With the approximation used in the present work, and the FR set to 138 kg N ha$^{-1}$, the savings reached 11 and 13 € ha$^{-1}$ in 2017 and 2018, respectively. When this result was extended to the entire surface potentially cultivated with grain maize, the revenue of using the variable rate was 4320 and 5320 € ha$^{-1}$ in the first and second year, respectively (Table 7).

When the same computation was extended to the N saving, the results suggest that VR can reduce the N supply in a range between 13 and 17 kg N ha$^{-1}$ depending on the growing season.
Table 7. On-farm cost and saving with the application of VR on the farm area potentially cultivated with grain maize (400 hectares).

| Lower Limit (kg Urea ha\(^{-1}\)) | Upper Limit (kg Urea ha\(^{-1}\)) | Field Coverage (%) | UREA Cost (€ ha\(^{-1}\)) |
|-----------------------------------|-----------------------------------|--------------------|-----------------------------|
| 195 | 200 | - | 0.5 | - | 0.4 |
| 200 | 205 | 3.0 | 3.5 | 2.2 | 2.6 |
| 205 | 210 | 0.5 | 2.0 | 0.4 | 1.5 |
| 210 | 215 | - | 2.5 | - | 1.9 |
| 215 | 220 | - | 1.5 | - | 1.2 |
| 220 | 225 | - | 3.0 | - | 2.4 |
| 225 | 230 | - | 3.0 | - | 2.5 |
| 230 | 235 | 1 | 5.5 | 0.8 | 4.6 |
| 235 | 240 | 1.5 | 6.5 | 1.3 | 5.6 |
| 240 | 245 | 3.5 | 3.0 | 3.1 | 2.6 |
| 245 | 250 | 4.0 | 3.5 | 3.6 | 3.1 |
| 250 | 255 | 2.0 | 5.0 | 1.8 | 4.6 |
| 255 | 260 | 2.5 | 5.0 | 2.3 | 4.6 |
| 260 | 265 | 12.9 | 8.5 | 12.2 | 8.1 |
| 265 | 270 | 2.0 | 5.5 | 1.9 | 5.3 |
| 270 | 275 | 12.4 | 4.5 | 12.2 | 4.4 |
| 275 | 280 | 7.5 | 6.0 | 7.5 | 6.0 |
| 280 | 285 | 46.3 | 6.0 | 47.2 | 6.1 |
| 285 | 290 | 0.5 | 4.5 | 0.5 | 4.7 |
| 290 | 295 | 0.5 | 9.0 | 0.5 | 9.5 |
| 295 | 300 | - | 3.0 | - | 3.2 |
| 300 | 305 | - | 4.0 | - | 4.4 |
| 305 | 310 | - | 2.5 | - | 2.8 |
| 310 | 315 | - | 0.5 | - | 0.6 |
| 315 | 320 | - | 2.0 | - | 2.3 |
| Sum of variable rate cost (€ ha\(^{-1}\)) | 97 | 95 |
| Fixed rate cost (€ ha\(^{-1}\)) | 108 | 108 |
| Saving (€ ha\(^{-1}\)) | 11 | 13 |
| Farm saving (€ yr\(^{-1}\)) | 4320 | 5320 |

The VR on the 400 ha\(^{-1}\) available for grain maize production, assuming similar pedoclimatic conditions.

4. Discussion

This field experiment allowed us to test the effectiveness of the proximal sensor of advanced and available technology in reducing N fertilizer with no negative impact on maize grain yield. The regional and EU incentives make the technology accessible thanks to a discounted purchase because the correct use of the sensor aims at reducing the mineral N fertilization targeting limited N leaching and volatilization losses [38,39]. This experiment offered us the opportunity to operate under actual field conditions being characterized by high SOC and N contents due to the long-term application of on-farm available manure. Such conditions are frequent in the Po plain, where crop and livestock farms need to valorise the available manure to return N and organic matter to soils [35,46]. Under such a condition of high soil fertility, the VR fertilization may not express its potential of reducing the total N amount. On the contrary, this potential was observed in this study: an average of 15 kg N ha\(^{-1}\) was saved annually under VR compared to FR. Moreover, VR resulted in comparable yield as no significant differences were detected between the two treatments (\(p > 0.05\)). This outcome suggests that VR was able to balance the differences between heterogeneous areas (crop vegetation status) and results in a positive economic opportunity due to the concurrent fertilizer reduction and yield gain. The homogenous areas where a similar S-index was estimated with proximal sensor technology reflected the spatial variability of the soil properties and soil cover status [46,47]. This result agrees with [26,48,49] in which comparable experiments were conducted on maize.

In our study, the S-index, Topdressing N, and yield in 2017 and 2018 showed different average values between the two years. This was observed throughout the region [50]...
because of severe biotic stress due to European corn borer (Ostrinia nubilalis) and fungal diseases causing a declining rate of crop production. In general, FR often results in a maize grain yield increase in response to increasing N rates if no water stress occurs [26]. However, unlimited N doses are recognized to cause crop luxury consumption, which is a process to avoid in sustainable farming [5,49]. Generally, in the first year, the mean maize yield was consistent with that observed by the farmer in the previous years. Conversely, in 2018, both fixed and variable rate treatments resulted in lower yield than that observed in the previous year. In 2017, VR increased grain yield by approximately 4% compared to a uniform supply of the same N amount, even if such an increase was non-statistically significant. The high yield in the first year of the experiment was likely to cause a large amount of crop residue production [51], which required more N to start C decomposition processes, and therefore a consistent part of the N distributed in the second year was sequestered by the microbial community and was not directly available to the maize. In 2018, the VR application increased grain yield by 3%. Rational N management associated with good agronomic practices would lead to better use of organic N and reductions in N losses resulting in preventing losses [28] or the improvement of crop yield [52]. The soil variability (i.e., SOC content) did not significantly interact with treatments (Figure 4). This result confirms the hypothesis according to which livestock and crop farming are peculiar systems where the large availability of slurry applied at sowing masks any possible effect of SOC variability [11,36]. In this context, the N fertilization rate at topdressing can effectively reduce N losses and lead to economic and environmental sustainability.

The results obtained in the two years of the experiment encourage VR application even though the economic benefit is limited when the estimation is carried out at a field scale (~10 € ha\(^{-1}\)). However, the application of VR across the whole farm surface enhances the cost saving (~4500 € ha\(^{-1}\)). These findings highlight that this technology is appropriate only for large-scale adoption when no external economic incentives are provided by supporting programs. The net saving computed in this study is consistent with data reported in other studies regarding variable N rate application to maize [13,53]. At the field scale, Jin et al., (2019) [54] reported that VR application in fields with high spatial heterogeneity and varying yields over time could be a potentially effective approach for increasing revenues.

In the present study, economic savings were determined without considering any additional costs. Although canopy sensing has been shown to be a potentially profitable technology, it is recognized that more comprehensive approaches that include weather, soil, and landscape information would improve the confidence of N recommendations.

5. Conclusions

The present study aimed at evaluating the effectiveness of the variable rate approach in reducing the N fertilization rate at topdressing while avoiding maize yield loss in intensive agricultural farming systems. The case study was a typical livestock and crop farm of the Po plain, where a consistent amount of organic N is produced and applied before sowing. In this context, the reduction of the N fertilization rate at topdressing is a goal for enhancing economic and environmental sustainability. The reduction was possible thanks to the application of the variable rate approach, which can be pursued with proximal optical sensor technology.

These results were aided by the Common Agricultural Practices (CAP) funding scheme called FSR (Rural development plan), which partially granted the purchase of the equipment (precision fertilizer spreader, automatic dGPS guidance, CropSpec vigour sensor).

This study outcome suggests that the variable rate treatment results in an overall reduction of N without causing a decrease in the maize grain yield. In addition, this treatment is responsible for reducing the yield variability within the field.

As a side effect of the direct economic benefits of reduced N fertilization, the expected reduction of N leaching and NO\(_2\) emissions enhance the sustainability of the studied intensive agricultural system.
The study also highlights the economic profitability of the variable rate treatment under the hypothesis to adopt it at a farm scale.

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