Pre- versus postnatal initial colonization of healthy neonates’ colon ecosystem by the enterobacterium Escherichia coli

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Research Article

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Abstract

Background

Human colon is a microbial ecosystem where its initial bacterial colonization in neonates is important step for establishing a beneficial microbiota for the body health. This study investigated occurrence of viable culturable *Escherichia coli* in first day meconium versus subsequent days stool to explore the prenatal versus postnatal initial colonization of colon by *Escherichia coli* in healthy neonates.

Methods

*E. coli* occurrence was conducted on eosin methylene blue agar followed by morphological and biochemical characterizations and phylogenetic analysis of 16S rRNA encoding gene.

Results

Viable culturable *E. coli* was not detected in meconium of healthy male and female neonates of normal birth or cesarean section surgical delivery. Neonates of surgical delivery showed no *E. coli* colonization at also 2nd and 3rd day confirming a postnatal colonization of colon by this enterobacterium. *E. coli* initial colonization in colon of normal birth neonates occur at 2nd day which can be attributed to inoculation from vaginal canal during delivery which in comparison to neonates of surgical delivery infers that the bacterium is not originally found in meconium.

Conclusions

This study suggests no viability of meconium microbiome in healthy neonates possibly due to antimicrobial action in the prenatal colon's meconium protecting babies’ gut from infection during delivery.

1. Introduction

The human colon as a microbial ecosystem retains a microbial community playing important roles for body health [1–8]. The initial colonization of the colon by bacteria is important in formulating the microbial community where this initial bacterial colonization is a complicated process in correlation with some factors that might affect the establishment of the microbiome within the colon of the neonate [9–11]. The origin of the bacterial inoculation for establishment of the colon microbiome is mostly expected to be postnatal while the colon is sterile prenatal. However; bacterial DNA was detected in the first-pass meconium and a meconium microbiome was reasonably reported [12–18]. Thus, the colonization of human gut was suggested to initiate prenatal in utero where inoculation might reasonably occur from
The microbiome was reported in even non-pregnant women [21]. These reports largely based on direct sample DNA extraction and subsequent molecular biological identifications and analysis. Despite the detection of some bacteria in a culture dependent approach, the microbiome of the placenta, amniotic fluid and meconium studied by molecular biological tools was concluded to be with low richness and diversity [19].

_E. coli_ is a basic member of the colon microbial community [22–25] and is an indicator of the fecal microflora [26]. In spite of its frequent pathogenicity, _E. coli_ as one of the normal microflora in the human gut plays several important roles for human health [27]. _E. coli_ was suggested to play an important role to sustain the fermentation processes in the colon. Fermentation occurs in the human colon which retains hundreds of different bacterial species [10, 11, 28–30] where the fermentation processes and the bacterial colonization of the colon are of importance to the human health in many aspects [10, 11]. The relationships between different components of the colon bacteria are not fully understood. Fermentative micro-aerophilic and anaerobic bacteria found in the colon would require installation and maintenance of anaerobiosis within the colon. Micro-aerophilic and anaerobic bacteria colonize the neonates' large intestine [31, 32] which would require installation of anaerobic conditions favored by such health beneficial bacteria. The occurrence of _E. coli_ at the early stage of human life might reveal its importance for the body development after birth and a possible way by which installation of anaerobiosis occurs for setting up favorable conditions for colonization by micro-aerophilic and anaerobic health beneficial bacteria. _E. coli_ as a facultative anaerobe that can consume molecular oxygen can help in installing the microaerobic or anaerobic conditions required for beneficial micro and anaerobic bacteria in the colon such as _Lactobacillus_ sp and others. While colonization of the human colon by _E. coli_ and other bacteria varies according to the mode of delivery [33], type of feeding and several other factors [6, 34–36], the recently proposed prenatal versus the postnatal initial colonization should be explored for this important fundamental bacterial member of the human colon microbiome. In this study we followed the occurrence of viable culturable _E. coli_ as a basic member of the _Enterobacteriaceae_ in the first day meconium and subsequent days stool samples to follow up its viable initial colonization of colon in of healthy neonates.

**Results**

In this study the postnatal versus prenatal initial colonization of colon by enterobacterium _E. coli_ was followed through following its occurrence in first pass meconium and subsequent days stool of healthy newborn babies. _E. coli_ was not detected in first day meconium of all newborn babies investigated in this study (Table 1). _E. coli_ was not detected at all in the 2nd and 3rd day stool samples of all newborn babies of cesarean section surgical delivery either in male or female babies (Table 1) while its occurrence initiated at 4th day (Fig. 1C and 1D). These results indicate that _E. coli_ colonization of colon is postnatal as clearly shown in case of cesarean section surgical delivery newborn male and female babies. While, _E. coli_ occurrence initiated at 2nd day stool of normal birth male and female babies (Fig. 1A and 1B), it was not present in 20 to 60% of babies subjects up to 4th day (Table 1) where subsequently at 5th day all neonates' subjects retained the bacterium. The absence of _E. coli_ in meconium and its appearance in only 20 to 60% of normal birth babies, do not support a prenatal inoculation but confirm the same conclusion.
of postnatal initial colonization clearly appeared in case of cesarean section surgical delivery neonates. Inoculation from the surrounding environment after birth such as feeding process and others either in case of normal birth or surgical delivery by cesarean section is highly possible. Inoculation from the surrounding environment after birth such as feeding process and others either in case of normal birth or surgical delivery by cesarean section is highly possible. The early appearance of \textit{E. coli} in normal birth neonates’ colon can be attributed to an additional source of inoculation through vaginal canal during delivery process in addition to the inoculation from the surrounding environment. For confirmed identification, phylogenetic analysis of 16S rRNA encoding gene was conducted for \textit{E. coli} strains isolated from male neonates of normal birth (Fig. 2), female neonates of normal birth (Fig. 3), male neonates of surgical delivery by cesarean section (Fig. 4) and female neonates of surgical delivery by cesarean section (Fig. 5). All strains were identified as \textit{E. coli} by the phylogenetic analysis of the 16S rRNA encoding gene sequence (Fig. 2 to 5). Although \textit{E. coli} appeared in normal birth babies’ stool earlier than in that of newborn babies of cesarean section surgical delivery, CFU of the bacterium in both mode of delivery were comparable in 5th and 6th day ranging from \((38.4 \times 10^6)\) to \((44 \times 10^6)\) in 5th day age and from \((49 \times 10^6)\) to \((56.6 \times 10^6)\) in 6th day age (Table 1). Thus, while \textit{E. coli} colonized no baby of cesarean section surgical delivery neither male nor female up to babies of 3 days old, the bacterium sharply colonized the babies at 4th day old babies and the CFU was almost comparable to that of normal birth at 5th and 6th day old (Fig. 1). These results indicate sharper log phase of the bacterium colonization after inoculation from surrounding environment of newborn babies of cesarean section surgical delivery. This might be attributed to the more space for colonization due to late inoculation and to possibly more suitability of colonization condition at this age of 5 and 6 days old. The results presented in this study indicate postnatal colonization of \textit{E. coli} to colon of newborn babies whatever the type of mode of delivery or the babies gender either male or female.
## Table 1

Colony forming units (CFU × 10^6 per gram stool) of *Escherichia coli* in first day meconium and subsequent days stool of neonates at first week of their life.

| Age | Neonates subject No. | Normal birth | Caesarean section |
|-----|----------------------|--------------|-------------------|
|     |                      | Male | Female | Male | Female |
| 1   | First-pass meconium  | 1    | ND^a   | ND   | ND   |
|     |                      | 2    | ND     | ND   | ND   |
|     |                      | 3    | ND     | ND   | ND   |
|     |                      | 4    | ND     | ND   | ND   |
|     |                      | 5    | ND     | ND   | ND   |
| 2   | 1                    | ND   | ND     | ND   | ND   |
|     | 2                    | 8    | 8      | ND   | ND   |
|     | 3                    | ND   | ND     | ND   | ND   |
|     | 4                    | 33   | 14     | ND   | ND   |
|     | 5                    | 29   | 32     | ND   | ND   |
|     | Mean                 | 14   | 10.8   | 0    | 0    |
|     | SE^b                 | 7.1  | 5.9    | 0    | 0    |
| 3   | 1                    | ND   | ND     | ND   | ND   |
|     | 2                    | 4    | ND     | ND   | ND   |
|     | 3                    | 51   | 9      | ND   | ND   |
|     | 4                    | 17   | 18     | ND   | ND   |
|     | 5                    | 9    | ND     | ND   | ND   |
|     | Mean                 | 16.2 | 5.4    | 0    | 0    |
|     | SE                   | 9.2  | 3.6    | 0    | 0    |
| 4   | 1                    | ND   | ND     | ND   | 11   |
|     | 2                    | ND   | 35     | 20   | ND   |
|     | 3                    | ND   | 22     | 31   | ND   |

^aNot detected (ND)
### Table 1

| 4  | 28 | 13 | 39 | 49 |
|----|----|----|----|----|
| 5  | 14 | 25 | 14 | 26 |
| Mean | 8.4 | 19 | 20.8 | 17.2 |
| SE  | 5.6 | 5.9 | 6.8 | 9.3 |

| 5  | 1  | 32 | 24 | 32 | 37 |
|----|----|----|----|----|----|
| 2  | 41 | 38 | 34 | 53 |
| 3  | 53 | 49 | 46 | 38 |
| 4  | 48 | 51 | 38 | 47 |
| 5  | 46 | 48 | 42 | 43 |
| Mean | 44 | 42 | 38.4 | 43.6 |
| SE  | 3.6 | 5 | 2.6 | 3 |

| 6  | 1  | 41 | 41 | 51 | 29 |
|----|----|----|----|----|----|
| 2  | 62 | 54 | 67 | 45 |
| 3  | 68 | 59 | 44 | 59 |
| 4  | 53 | 50 | 47 | 49 |
| 5  | 59 | 63 | 56 | 63 |
| Mean | 56.6 | 53.4 | 53 | 49 |
| SE  | 4.6 | 3.8 | 4 | 6 |

*a* Not detected (ND)

*b* Standard Error (SE)

### Discussion

The initial bacterial colonization of neonates' colon is important and complicated process for a successful establishment of the beneficial bacteria in the neonate's colon [9, 44, 45]. In this study, the occurrence of *E. coli* was followed in first-pass meconium and subsequent days stool samples of healthy newborn babies to explore the pre- or postnatal initial colonization of their colon by *E. coli*.

Despite several reports presenting a microbiome in placenta, amniotic fluid and meconium, the viability and function of these microbiomes is not fully clear yet. The absence of viable culturable *E. coli* in the first-pass meconium in all investigated subjects and up to 3rd day in surgical delivery in this study, indicates that this bacterium which is a basic member of enterobacteria initiate colonization postnatal
and that inoculation of the colon by this bacterium is hard to happen prenatal in uncomplicated pregnancies. The possibility of infection and bactericidal action against the bacterial infection in the uterine and in the prenatal colon meconium is likely to occur leaving a dead or static bacterial cells and hence bacterial DNA can be detected while these microbiomes might be non-viable ones. It was concluded that the fetal development proceeds in the absence of an amniotic fluid microbiota in uncomplicated pregnancies and the neonates’ microbial colonization was thus predicted to begin after uterine contractions during delivery and rupture of amniotic membrane [46].

The human intestine is sterile at birth and the colonic function of the newborn babies is immature [47]. There was no *E. coli* detected in first pass meconium of newborn babies in all cases indicating no viable Enterobacteria is there before birth where inoculation occurs after birth possibly during vaginal delivery in case of normal birth or late inoculation from the surrounding environment including process of breast or formula feeding in case of cesarean section surgical delivery newborns neonates. While *E. coli* was detected in 2nd and 3rd day stool of normal birth male and female babies, it was not detected in such age of neither male nor female newborn babies of cesarean section surgical delivery. The early colonization of normal birth newborn babies' colon supports that inoculation by this bacterium occurs in addition to surrounding environment through the microbiota in the vagina canal which is known to retain *E. coli* [48] during the vaginal delivery process. It was reported that mothers showing different vaginal microbial communities shared different microorganisms with their newborns where this might reflect on the initial microbial colonizers of the developing newborn babies’ gut [49]. The healthy vaginal microbiota play important role in newborn’s health outcome where microbial community of infant’s gut is shaped during birth, through delivery process that influence the gut initial assembly of its microbiota [50, 51]. The appearance of *E. coli* from 2nd day in normal birth and 4th day in case of cesarean section surgical delivery newborns neonates indicates that this bacterium is postnatal colonizer of the human colon. Since all the babies subjects were selected in healthy status, the early colonization by *E. coli* strains identified in this study indicates a commensal status of these strains of the bacterium postnatal colonizing the colon. Despite the early appearance of *E. coli* in the stool of normal birth babies in comparison to that of newborn babies of cesarean section surgical delivery, there were comparable CFU mean numbers of the bacterium in both mode of delivery in 5- and 6-days old babies where there was a sharper log phase of the bacterium colonization for newborn babies of cesarean section surgical delivery upon inoculation indicating better suitability of the condition for colonization at this age. This also can be attributed to the more space for bacterial colonization in the newborn babies of cesarean section surgical delivery that was not inoculated yet by *E. coli* and possible other bacteria due to more sterile delivery mode of cesarean section surgery away from the bacterial flora of the vaginal canal. The bacterial colonization of colon in newborn babies of surgical delivery by cesarean section might occur through the feeding process either breast feeding or formula feeding. Several reports attributed the bacterial inoculation of newborn babies of surgical delivery by cesarean section through the feeding process [35]. This study showed that initial colonization by *E. coli* strains in the neonates’ colon seems to be fundamentally occurring postnatal whatever the mode of delivery or gender of the newborn healthy babies at the early stage first week of their life. In spite of the early postnatal colonization of newborn
babies’ colon by *E. coli* detected in this study, a delay in colonization was detected in other studies where only 61% of the infants were positive by two months of age where many factors might affect the colonization [52].

One of the possible roles of the early postnatal colonization of *E. coli* as a basic member of the bacteria initially colonize the colon of newborn babies is its expected role in scavenging molecular oxygen gas for installing and maintaining micro and anaerobic conditions which is mandatory for the colon colonization by some micro and anaerobic beneficial bacteria widely detected in colon of healthy babies. Thus, *E. coli* might in addition to other facultative anaerobes act as initial servant bacterium which consumes molecular oxygen gas for installing anaerobiosis for colon colonization by microaerobic and anaerobic bacteria such as *Lactobacilli*. The *Lactobacilli* are of the initial colonizing bacteria of colon in healthy newborn babies [8]. *Lactobacillus* sp is usually found in babies colon where it plays important healthy roles [53, 54]. Other beneficial anaerobes in neonates’ colon would also require the anaerobic conditions that can be installed by the facultative anaerobic bacteria including *E. coli* consuming oxygen and permanently exist for such function of maintaining the suitable required micro and anaerobic conditions for viability of the beneficial micro and anaerobic bacteria. The consumption of oxygen by aerobic and facultative anaerobic bacteria along with other O₂ consumption mechanisms in the human gut was suggested to maintain the gut lumen in a deeply anaerobic status which is important conditions for obligate anaerobes [55]. The vitamins known to be produced by *E. coli* such as vitamin K (menaquinone) [56–61] and vitamin B1 [62–65] might be important at this early stage starting from the first week of the babies’ life possibly for a healthy body development. In spite of the pathogenicity of some *E. coli* strains [66, 67], this bacterium is a basic member of the human colon microbial community [68, 69] where many strains other than pathogenic ones were reported as commensal and some as health beneficial [70–75]. The initial colonization and early occupation of colon by *E. coli* strains found in this study in the healthy newborn babies, indicates a commensal status of these strains possibly helping to inhibit colonization by pathogenic strains of the bacterium or other bacterial taxa. Some commensal and health beneficial strains of *E. coli* were reported to inhibit pathogenic *E. coli* strains and other taxa of pathogenic bacteria [76–80]. Although, small intestine of healthy babies actively produces lactase for hydrolyzing the milk sugar lactose for absorbing the produced monosaccharides glucose and galactose, some amount of lactose might pass in an undigested form to the babies’ colon where it can be utilized by lactic acid and other lactose fermenting bacteria such as *E. coli* for a different net product. This ability of *E. coli* to utilize lactose might help for its early colonization of the neonates’ colon. Thus, along with early colonization of the neonates’ colon by lactic acid bacteria (LAB) [8], *E. coli* also has suitable nutritional conditions explaining their good ability for initial colonization of the neonates’ colon where milk retaining lactose is the only diet provided to the neonates through either breast or formula feeding. This also support our conclusion that initial colonization of *E. coli* is postnatal where milk feeding of the newborn babies confers a viable nutritional requirement of this bacterium and many other health beneficial lactose fermenting taxa. The suitable nutritional conditions for these bacteria would help for fulfilling its health beneficial roles in such early stage of the neonates’ body development. However, a defect in lactase production in babies or adults’ small intestine would lead to enhanced amount of lactose and hence
enhanced fermentation by lactose fermenting bacteria such as *E. coli* leading to health troubles and lactose intolerance risk requiring feeding with lactose free milk or some other treatments. In healthy newborn babies, *E. coli* as a lactose fermenting bacterium would persist in such suitable nutritional conditions sustaining its early colonization of the colon for performing their health beneficial roles outlined in many aspects for healthy body development of the neonates. These suitable nutritional conditions for *E. coli* in the colon of newborn babies with milk as the only diet might explain the broad ability of *E. coli* strains for postnatal colonization of colon in newborn babies.

**Conclusions**

The absence of *E. coli* in meconium in all investigated neonates’ subjects indicates possible antimicrobial properties present in it for protecting neonates from infection during delivery process where *E. coli* colonization occur after first-pass meconium by one day in case of normal birth and by 3 days in case of cesarean section surgical delivery. Further future studies would be of interest to explore the specific antimicrobial action and agents of meconium against inoculation of the neonates by various pathogenic and nonpathogenic bacteria in the vaginal microbiome. The initial colonization is thus a naturally controlled inoculation process for a healthy neonates’ colon microbial ecosystem where *E. coli* start colonization postnatal in a healthy status of the neonates.

**Materials And Methods**

The occurrence of *E. coli* was investigated in first day meconium and subsequent days stool of healthy neonates in Almadinah Almunawarah, Kingdom of Saudi Arabia (KSA).

**Initial colonization of colon by** *E. coli* **in healthy neonates at the first week of their life.**

The initial colonization of colon by *E. coli* in healthy neonates at the first week of their life was followed by investigating its occurrence in meconium and subsequent 5 days stool of healthy newborn babies. Healthy neonates were chosen randomly of age one for obtaining first-pass meconium while subsequent days stool samples were obtained from babies of age 2 to 6 days old. A total of 120 newborn babies were investigated [20 neonate for each age (1 to 6) of which 10 for newborn babies of normal birth and 10 of surgical delivery in equal number of male and female neonates]. Occurrence of *E. coli* in meconium and subsequent days stool samples was conducted using EMB selective agar medium. Colony forming units (CFU) were determined by MPN (Most Probable Number) techniques [37]. The colonies of *E. coli* showing metallic green sheen was followed on the selective EMB agar where CFU of the bacterium was estimated from the lowest number of colonies in EMB agar plate in serial dilution of the inoculum followed by morphological and biochemical characterizations as outlined in Bergey’s Manual [38]. A bacterial isolate from each of the healthy babies’ subjects was further identification by phylogenetic analysis of 16S rRNA encoding gene sequence.

**PCR amplification of 16S rRNA gene**
Promega Wizard Genomic DNA Purification Kits (Promega Corporation, Madison, Wisconsin, USA) was used to extract the genomic DNA of *E. coli* bacterial cultures according to the instructions kit manufacturer. The universal forward (27F:5'-AGAG TGATC[A/C]TGGCTCAG-3' and reverse 1492R:5'-G[C/T]TAC TGACGAC T-3') primers [39] were used to amplify a near-full length 16S rRNA encoding gene by PCR using a reaction mixture (25 µl) composed of 10× *Taq* buffer (100 mM Tris-HCl, pH 8) 2.5 µl; MgCl₂ (1.25 mM); dNTPs (100 µM) (Invitrogen, Carlsbad, CA, USA); forward and reverse primer (1.2 µM); *Taq* DNA polymerase (Invitrogen, USA) (0.5U), and template genomic DNA of about 5 ng. A Thermal Cycler (Model 2720; Applied Biosystems, Foster City, California, USA) was used for the PCR amplification that was performed with implemented PCR program [95°C for 5 min (initial denaturation), 35 amplification cycles [94°C for 1 min (denaturation), 56°C for 1 min (annealing), and 72°C for 1 min (extension)] followed by a final extension at 72°C for 10 min]. Agarose electrophoresis was used for analyzing the PCR amplification products on agarose (1%) gels containing ethidium bromide (5 µg/mL) with [(Invitrogen, USA) 1 kb Plus DNA ladder] DNA size marker.

Nucleotide sequence analysis and accession number

The PCR products were purified and cycle sequenced at Macrogen Korea sequencing facility, (Seol, Korea). Direct cycle sequencing of the PCR purified product was conducted using same forward and reverse primers in both directions using automated fluorescent dye terminator sequencing method [40] at Macrogen Korea sequencing facility, (Seol, Korea) with 3730XL DNA Analyser (Applied Biosystems, CA, USA). The sequence reads were assembled and compared with the closest matches in GenBank by nucleotide-nucleotide BLAST search tool of the National Center for Biotechnology and Information (NCBI) server at [www.ncbi.nlm.nih.gov/blast/Blast.cgi](http://www.ncbi.nlm.nih.gov/blast/Blast.cgi). Alignments of 16S rRNA gene sequences were performed by Clustal W1.83 XP [41]. The derived phylogenetic tree of the 16S rRNA gene sequences was constructed using neighbor-joining method [42] by MEGAX software [43]. An outgroup [*Bacillus subtilis* JCM 1465 (NR_113265)] was used.

Nucleotide sequence accession number

The 16S rRNA encoding gene partial nucleotide sequence of *E. coli* strains isolated from the stool of healthy male and female newborn babies of normal birth and cesarean section surgical delivery at the first week of their life was deposited in the GenBank nucleotide sequence NCBI database under accession numbers outlined in Supplementary Tables 2 to 5.

Declarations

Ethics approval and consent to participate
The studies involving human participants were reviewed and approved by the Institutional Review Board (IRB) in Medina [Head of IRB Committee: Dr. Abduhameed Alsubhi]. All methods were performed in accordance with the relevant guidelines and regulations of the IRB in Medina, Saudi Arabia. Informed consent was obtained from parents for the collection of infant stools.

Consent for publication

Not applicable

Availability of data and materials

The datasets generated for this study can be found in the online repositories. The names of the repository/repositories and accession number(s) can be found in the article/supplementary material in Supplementary Tables 2 to 5.

Competing interests

The authors declare that they have no competing interests.

Author’s contributions

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication. The authors have contributed equally to this work.

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