## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|-------------------------------------|------------------------------|
| **TITLE**     |         |      |                                     |                              |
| Title         | 1       | Identify the report as a Narrative Review of … | Page 1/ Lines 1-3            | Title                        |
| **ABSTRACT**  |         |      |                                     |                              |
| Unstructured summary | 2    | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Pages 2-3/ Lines 24-54       | Abstract                     |
| **INTRODUCTION** |     |      |                                     |                              |
| Rationale/background | 3    | Describe the rationale for the review in the context of what is already known. | Pages 4-5/ Lines 88-98       | Introduction/ 4th             |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page 5/ Lines 99-107         | Introduction/ 5th             |
| **METHODS**   |         |      |                                     |                              |
| Research selection | 5    | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Pages 5-6/ Lines 110-136     | Materials and methods        |
| **DISCUSSION/SUMMARY** | | | | |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 1) Pages 6-11/ Lines 139-249 | 1) Results
2) Discussion
3) Conclusion |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 15/ Lines 330-339       | Conclusion                    |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*