INTRODUCTION
Hypertension affects ~80 million Americans and 22% of adults worldwide, putting those affected at increased risk for adverse cardiovascular outcomes compared with those with hypertension alone.12,13,15 Blood pressure reduction with antihypertensive medications is crucial for reducing risk for adverse cardiovascular outcomes. Thiazide diuretics and β-blockers are commonly prescribed and effective antihypertensive drug classes, but consistent evidence suggests increased risk for new-onset diabetes (NOD) with these classes compared with placebo and other antihypertensives.4–10 The direct association between NOD and adverse cardiovascular outcomes remains controversial.10–16 However, individuals with concomitant prevalent DM and hypertension face an increased risk for adverse cardiovascular outcomes compared with those with hypertension alone.12,13,15
Among individuals treated with antihypertensive agents, there is substantial inter-individual variability with regard to NOD development. In addition to clinical risk factors, such as race, baseline glucose, dyslipidemia and body mass index (BMI),5,6,17 genetic variation may contribute to the inter-individual variability for risk of developing NOD among those treated with antihypertensive agents. Genetic risk for type 2 DM has been well studied, and an enrichment of type 2 DM associations among expression quantitative trait loci (eQTL) variants has been observed.18,19 In addition, treatment with some classes of antihypertensives has been shown to influence the susceptibility of NOD and several susceptibility genes have been suggested to play a role. Candidate gene studies have associated previously identified type 2 DM or fasting glucose susceptibility genes, such as KCNJ1 and TCF7L2, and NOD in individuals exposed to the thiazide diuretic hydrochlorothiazide.20,21 However, the genetic contribution to development of NOD, its interaction with antihypertensive drugs and, most importantly, the underlying mechanisms remain poorly understood.
Therefore, we performed the first genome-wide association study (GWAS) to investigate single-nucleotide polymorphisms (SNPs) associated with differential risk for NOD in response to exposure to two commonly prescribed antihypertensive treatment strategies. In addition, eQTL enrichment analyses were performed. The research was conducted in a case-control sample created from the International Verapamil SR Trandolapril Study GENETic Substudy (INVEST-GENES), which consists of elderly hypertensive individuals with documented coronary artery disease.22

MATERIALS AND METHODS
Study design and participants
INVEST was a multicenter, randomized clinical trial (clinicaltrials.gov: NCT00133692) that has been described previously.23 Briefly, hypertensive individuals ≥50 years old and with documented coronary artery disease were randomized to either a calcium channel blocker (Verapamil SR)-based treatment with some classes of antihypertensives has
treatment strategy (CCB strategy) or a β-blocker (atenolol)-based treatment strategy (β-blocker strategy), with hydrochlorothiazide and trandolapril available as add-on agents in both strategies. Participants were followed for an average of 2.7 years for NOD, which was a pre-specified outcome. Among those who were DM-free at baseline, development of NOD was defined as any new occurrence of self/physician-reported DM, or new use of a DM medication during the follow-up period. 21 INVEST-GENES includes deoxyribonucleic acid (DNA) samples from 5979 INVEST participants from the United States, including Puerto Rico. 22 All study protocols were approved by local or central institutional review boards and all participants provided separate, voluntary, written informed consent for participation in INVEST and INVEST-GENES.

Within INVEST-GENES, a nested NOD case–control study was conducted. Cases were participants who developed NOD as defined above, and controls were those who remained DM-free (were not diagnosed with DM and were not taking DM medications) during the entire follow-up period. Cases and controls were frequency-matched based on gender, race/ethnicity and age (by decade). Race/ethnicity information was self-identified and confirmed by principal component analysis defined genetic ancestry (described below). From now onwards, race/ethnicity will be referred to as race throughout the rest of the document. Among those who were genetically confirmed to be of European ancestry, each case was frequency matched to three controls. For those who were genetically confirmed as Hispanic or African ancestry, each case was matched to two controls.

Genotyping, quality control and imputation
DNA samples were genotyped at the RIKEN Center for Integrative Medical Sciences (Yokohama, Japan) using the Illumina OmniExpressExome Beadchip. Subsequently, individual and SNP-level quality control procedures were performed using PLINK (v1.07). 23 Minor allele frequency (MAF) and genotyping call rates were assessed. Concordance of genetic sex to pedigree sex was evaluated via X-chromosome heterozygosity. Cryptic relatedness or sample duplication was assessed through genome-wide identity-by-descent analysis. Potential sample contamination was tested using the inbreeding coefficient. SNPs or individuals were removed if any of the following criteria were met: genotyping call rate < 95%, mismatch of genetic sex with pedigree sex, sample duplication or potential sample contamination. A principal component (PC) analysis was performed using EIGENSTRAT on a linkage-disequilibrium pruned set of high-quality SNPs that passed quality control, and genetic continental ancestry was determined based on PC analysis clustering. 24 PC analysis was then performed within each defined genetic ancestry group to identify PCs that best summarized genetic structure and ancestry clusters for each race group. Hardy–Weinberg equilibrium was assessed for each SNP, and deviations were flagged.

Genome-wide imputation was conducted at the RIKEN Center for Integrative Medical Sciences using the 1000 Genomes phase I, release 3, multiethnic haplotype data set as a reference (released 30 April 2012) for all study participants. SNPs that passed quality control with MAF > 0.01 in any of the INVEST race groups or 1000 Genome reference populations (EUR/AFR/AMR) were included for imputation. Called SNPs were aligned to the 1000 Genomes reference and alternate alleles. SNPs with alleles that passed quality control, and genetic continental ancestry was determined based on PC analysis clustering. 25 PC analysis was then performed within each defined genetic ancestry group to identify PCs that best summarized genetic structure and ancestry clusters for each race group. Hardy–Weinberg equilibrium was assessed for each SNP, and deviations were flagged.

Genotype call rate between 95 and 98% was also included as a covariate in the model to prevent confounding from individual DNA quality. The discovery sample consisted of European Americans as they made up the majority of the population. Genome-wide significance was defined at an alpha level of 5 × 10⁻⁵, SNPs with an interaction P < 1 × 10⁻⁶ in European Americans were considered to be of suggestive significance and were tested for evidence of association in Hispanics and African Americans. A replication was defined as SNPs having consistent direction of effect in Hispanics and African Americans with an interaction P-value that achieved the Benferroni corrected significance level under a one-sided hypothesis.

A meta-analysis of all three race groups was performed on SNPs that replicated in Hispanics and African Americans using METAL. 26 Heterogeneity across race groups was assessed using Cochran’s Q test. Follow-up analyses for adjusted odds of NOD development by genotype were conducted using SAS 9.3 (Cary, NC, USA) for top-association SNPs under additive or dominant models as appropriate. We also performed analyses adjusting for BMI in addition to the prespecified covariates listed above for the top SNPs to determine whether the identified associations were driven by BMI.

Cis-eQTL annotation and enrichment analysis
Since eQTL studies are generally better powered than GWAS to detect functional SNPs, 27–30 we annotated our findings in INVEST European Americans with eQTL results from the Genotype-tissue expression (GTEx) pilot analysis. The GTEx pilot results were acquired from postmortem donors. 31,32 In accordance with the GTEx project, only eQTLs that act cis to the target gene (within ±1 MB of the transcriptional start site) were evaluated due to power considerations. 31,32 Three adequately powered GTEx eQTL tissues with sample size > 80 were analyzed, including subcutaneous adipose and skeletal muscle, which are peripheral tissues sensitive to insulin, as well as whole blood, which is the most accessible tissue. SNPs with a nominal SNP–gene expression association (P < 0.05) were defined as eSNPs in each selected tissue, and were included for evaluation of enrichment. This lenient eSNP definition allowed inclusion of more eSNPs and improved power to detect enrichment. On the basis of results from the genome-wide interaction analysis, cis-eQTL enrichment was assessed in each tissue separately. In addition, the proportion of SNPs with an interaction P < 0.05 were compared among the sets of eSNPs and non-eSNPs, and enrichment P-value was estimated using the Z statistic.

RESULTS
Baseline demographics
Baseline characteristics of individuals included in this study (334 NOD cases and 806 controls) are summarized in Table 1. In general, baseline characteristics were similar between cases and controls in each race group, with the exception of age (which was matched by decade) and BMI.

Genome-wide interaction analysis and between race confirmations
Genome-wide interaction analysis in European Americans did not identify SNPs that achieved genome-wide significance. However, two loci (containing 17 SNPs) demonstrated evidence of a suggestive association (interaction P < 1 × 10⁻³) with risk for NOD (Supplementary Figure 1, Supplementary Table 1). Within each locus the SNPs are in high linkage disequilibrium (r² > 0.8) with each other, and thus represent two independent signals. The chromosome 2p21 locus contains THADA (thyroid adenoma associated) and PLEKH12 (Pleckstrin Homology Domain-Containing Family H Member 2) (Figure 1). The 4p14 locus consists of a cluster of toll-like receptor (TLR) genes (TLR1, TLR6 and TLR10) (Supplementary Figure 2), and contains the strongest signal (rs4833103, interaction P = 1.6 × 10⁻⁷), which is located 8 kb 5′ of TLR1 and 10 kb 3′ of TLR6.

When evaluating these two independent signals in Hispanics and African Americans, rs11124945 at 2p21 was directionally consistent across race groups and achieved the Bonferroni corrected significance level under a one-sided hypothesis.
interaction $P = 1.56 \times 10^{-5}$) and African Americans (one-sided interaction $P = 2.47 \times 10^{-5}$). Meta-analysis of 2p21 rs11124945 of all three race groups resulted in a $P$-value approaching genome-wide significance (meta-analysis $P = 5.33 \times 10^{-5}$, Table 2). Overall, rs11124945 G allele carriers had lower odds for NOD when exposed to the β-blocker strategy compared with exposure to the CCB strategy (Odds ratio (OR, 95% CI) $= 0.38(0.24 - 0.60)$, $P = 4.02 \times 10^{-3}$), whereas A/A homozygotes exposed to the β-blocker strategy had increased odds for NOD compared with exposure to CCB strategy (OR $= 2.02(1.39 - 2.92)$, $P = 2.0 \times 10^{-7}$) (Figure 2). Adjusting for BMI in the logistic regression model did not affect the level of significance (Supplementary Table 2). Supplementary Table 3 describes allele counts and Hardy-Weinberg equilibrium result of rs11124945. The 4p14 signal observed in European Americans, although directionally consistent, did not achieve the corrected significance level in the Hispanics and African Americans.

### DISCUSSION

Among European Americans in INVEST-GENES exposed to CCB-based and β-blocker-based antihypertensive strategies, we performed the first genome-wide investigation of SNPs associated with NOD development. SNP rs11124945, located in the second intron of PLEKHH2, was discovered in European Americans, was replicated in Hispanics and African Americans, and had the strongest evidence of an interaction with treatment strategy exposure for NOD development. Furthermore, genome-wide annotation with eQTL information from the GTEx project provided functional support for the top GWAS signals and evidence for the notion that the identified signals are more likely to be true-positive associations. The GWAS was performed using well-characterized phenotypes and medication exposure information from the randomized INVEST clinical trial, which greatly reduces potential confounding. Moreover, our study contains a racially diverse population, providing a unique opportunity to assess genetic associations in Hispanics and African Americans, who are at higher risk for DM [ref. 33] and NOD compared with individuals of European ancestry.6,17,34

PLEKHH2 may play roles in the linkage of kidney podocytes to the basement membrane, and actin stabilization,35 and SNPs within PLEKHH2 have been associated with diabetic nephropathy.36 Although the functional consequences of rs11124945 are incompletely understood, we observed differential risk for NOD by rs11124945 genotype and antihypertensive exposure across multiple race groups. When exposed to the β-blocker strategy vs the CCB strategy, G allele carriers had increased risk for NOD, whereas A/A homozygotes had increased risk. This observation may suggest that for rs11124945 G allele carriers, treatment with a β-blocker-based strategy would be preferred, whereas for A/A homozygotes treatment with a CCB-based strategy would be preferred. Within this INVEST-GENES GWAS, our observation that major allele carriers had increased risk for NOD when exposed to a β-blocker strategy is in line with data from other clinical trials, including the overall INVEST trial ($n=22576$), which demonstrated that risk for NOD is higher in individuals treated with regimens containing a β-blocker.5,5,8

PLEKHH2 rs11124945 is ~50 kb 5’ upstream of THADA, a gene with well-established associations with type 2 DM,37 polycystic ovary syndrome (a phenotype characterized by insulin resistance and risk for type 2 DM),38,39 and prostate cancer40 in previous GWAS. THADA may play a role in apoptosis and death receptor signaling, but its function requires further characterization.41

### Table 1. Baseline characteristics of the INVEST-GENES NOD case–control study

| Characteristics | European Americans (n = 552, 48%) | Hispanics (n = 471, 41%) | African Americans (n = 117, 10%) |
|-----------------|---------------------------------|-------------------------|-------------------------------|
|                 | Cases                          | Controls                 | Cases                        | Controls               | Cases                      | Controls                 |
|                 | n = 138                       | n = 414                  | n = 157                      | n = 314                 | n = 39                     | n = 78                    |
| Age, years (mean ± s.d.) | 65.9 ± 8.7** | 69.1 ± 9.4               | 64.4 ± 10.2                  | 64.1 ± 9.7              | 63.5 ± 10.8                | 64.6 ± 10.3              |
| Gender (male) | 86 (62.3) | 247 (59.7)               | 59 (37.6)                    | 118 (37.6)              | 11 (28.2)                  | 22 (28.2)                |
| BMI, kg m⁻² (mean ± s.d.) | 30.8 ± 5.1 | 28.1 ± 5.2**             | 30.0 ± 4.9                   | 28.4 ± 4.7**            | 31.8 ± 5.0                 | 31.8 ± 7.2               |
| SBP, mm Hg (mean ± s.d.) | 146.9 ± 17.7 | 149.1 ± 17.5            | 149.5 ± 19.9                 | 146.8 ± 18.1            | 152.3 ± 18.6               | 151.0 ± 21.7            |
| DBP, mm Hg (mean ± s.d.) | 84 ± 9.8 | 83.4 ± 10.3              | 89.8 ± 10.0                  | 87.6 ± 10.2*            | 89.3 ± 11.4                | 88.7 ± 11.0              |
| History of (%) | Smoking (ever) | 72 (52.2)               | 208 (50.2)                   | 46 (29.3)               | 98 (31.2)                  | 15 (38.5)                | 25 (32.1)               |
| Left ventricular hypertrophy | 19 (13.8) | 51 (12.3)               | 30 (19.1)                    | 36 (11.5)*              | 6 (15.4)                   | 15 (19.2)                | 15 (19.2)               |
| Transient ischemic attack | 14 (10.1) | 44 (10.6)               | 8 (5.1)                      | 8 (2.6)                 | 5 (12.8)                   | 4 (5.1)                   | 4 (5.1)                 |
| Hypercholesterolemia | 99 (71.7) | 303 (73.2)             | 68 (43.3)                    | 111 (35.4)              | 15 (38.5)                  | 32 (41.0)                | 32 (41.0)               |
| Revascularization | 73 (52.9) | 200 (48.3)             | 6 (3.8)                      | 14 (4.5)                | 7 (18.0)                   | 9 (11.5)                  | 9 (11.5)                |
| Randomization arm (%) | CCB strategy/β-blocker strategy | 65 (47.1)/ 73 (52.9) | 196 (47.3)/ 218 (52.7) | 73 (46.5)/ 84 (53.5) | 143 (45.5)/ 171 (54.5) | 22 (56.4)/ 17 (43.6) | 41 (52.6)/ 37 (47.4) |

Abbreviations: BMI, body mass index; CCB, calcium channel blocker; DBP, diastolic blood pressure; INVEST-GENES, International VErapamil SR Trandolapril Study Genetic Substudy; NOD, new-onset diabetes; SBP, systolic blood pressure. Values are presented as number (percentage) unless otherwise noted. **$P < 0.001$ between cases and controls. *$P < 0.05$ between cases and controls.
THADA rs7578597 T allele has been associated with risk for type 2 DM and lower β-cell function, potentially via reduced β-cell mass. Although our observed association between rs11124945 and NOD risk is not driven by rs7578597 (r² = 0.007, D' = 1), rs11124945 is in linkage disequilibrium with rs6544683 (r² = 0.9, D' = 1) that has tissue-dependent eQTL associations, and could be in linkage disequilibrium with other unknown functional variants. Given the association between THADA and type 2 DM, and its proximity to rs11124945, THADA represents a plausible candidate gene for NOD. Previous type 2 DM and polycystic ovary syndrome GWAS reported disease associations with THADA independent of BMI. Similarly, we did not observe an effect of BMI on NOD association with rs11124945.

The 4p14 locus consists of TLR1, TLR6 and TLR10. TLRs are a family of transmembrane receptors that recognize pathogen- or damage-associated molecular patterns and are crucial in mediating the innate immune response. TLR2 and TLR4 play important roles in type 2 DM pathogenesis, and TLR1 and TLR6 form heterodimers with TLR2 essential for TLR2 signaling. Activation of the TLR/NFkB pathway in conjunction with the NLRP3 inflammasome triggers IL-18- and IL-1β-mediated inflammatory cascade, which results in monocyte recruitment and production of additional cytokines with deleterious effects on pancreatic β-cell insulin secretion and systemic insulin resistance. Although the observed pharmacogenetic association at 4p14 needs further replication, the biology is compelling.

Our eQTL-based enrichment results demonstrate a deviation from the null hypothesis, which suggests higher probability that signals at 2p21 and 4p14 are true positive associations. Moreover, SNPs within 2p21 and 4p14 had functional support for regulating expression in a tissue-dependent manner, suggesting that they might regulate gene expression in other relevant tissues. It has been demonstrated that drug response-associated SNPs are likely to be eQTLs and to regulate expression of multiple genes. We observed enrichment of NOD association among eSNPs compared with non-eSNPs. Previous studies demonstrated that eQTL SNPs are more likely to be associated with type 2 DM in relevant tissues, and a trans-regulatory characteristic has been reported.

Currently, GTEx is not sufficiently powered to provide a trans-eQTL reference panel. We examined cis-eQTL enrichment in available tissues relevant to DM pathophysiology with appropriate power. Exploration of eQTL enrichment using other key DM-related tissues, such as pancreatic islet, liver, and brain, can be done when the information becomes available from GTEx.
We observed evidence of interaction with treatment strategies at the 2p21 locus, which has been previously associated with type 2 DM and related phenotypes, suggesting that there are potential overlapping pathways between NOD and type 2 DM. These conditions share clinical risk factors, such as race and BMI.5,6,17 Although the association between NOD and adverse cardiovascular outcome is in debate,10–16 DM of other etiologies independently contributes a two-fold excess risk of cardiovascular disease,51 and an increased cardiovascular risk has been observed in individuals with NOD.12,15 The majority of genetic markers for type 2 DM risk have been associated with primary defects in pancreatic β-cells,18,52,53 which could lead to a reduced ability to produce insulin and maintain glucose homeostasis in the presence of environmental risk factors. Reduced pancreatic β-cell mass as a result of increased apoptosis has been hypothesized as a potential mechanism by which THADA affects type 2 DM risk.42 Taken together, our findings may suggest that when an individual has existing genetic risk for type 2 DM, introducing diabetogenetic antihypertensives like β-blockers and thiazide diuretics could serve as environmental risk factors, and promote deterioration of glucose homeostasis. Currently, the exact mechanism for the observed interaction between the 2p21 locus and treatment strategies remains unclear. Future studies, including functional characterization of these genetic signals, are needed to elucidate the mechanism. A better understanding of the genetic etiology of NOD in addition to other known risk factors could provide guidance for personalization of pharmacotherapy tailored to optimize benefit and minimize risk for adverse outcomes like NOD.

Study limitations include a relatively small number of NOD cases with no external replication since INVEST-GENES is one of the only genetic cohorts that consist of elderly adults with documented hypertension and coronary artery disease. Although sample size was limited, we conducted this study because pharmacogenomic SNPs generally have larger effect size than disease genetics SNPs.54 Although our study had limited power, we included additional evidence provided from the cross race confirmation and the eQTL analysis to minimize the chance of reporting a spurious result. Even though the magnitude of effect of PLEKHH2 rs11124945 is smaller in Hispanics and African Americans, the direction of effect is consistent with what we observed in European Americans. In published pharmacogenomic studies, reported pharmacogenomic associations are often observed across race groups,55–57 although the magnitude of effect could be different due to population substructure. A cross race replication approach provides the advantage of increased power and the possibility to identify functional SNPs, as truly functional SNP associations should replicate across race groups.38,59 Although we detected no genome-wide significant associations in European Americans, our eQTL-based enrichment results demonstrate an improvement of the rate of false discovery when using eQTL information in disease-relevant tissues. Our

| Chr | SNP   | Tissue                  | Gene name                          | P-value |
|-----|-------|-------------------------|------------------------------------|---------|
| 2   | rs6544683 | Subcutaneous adipose | AC016733.2                         | 0.019   |
|     |        |                         | FTOPI                              | 0.049   |
|     |        |                         | AC010883.5                         | 0.0079  |
|     |        |                         | HAAO                               | 0.024   |
|     |        |                         | PLEKHH2                            | 0.0095  |
| 4   | rs4833103 | Subcutaneous adipose | PGM2                               | 0.0013  |
|     |        |                         | RP11-539G18.3                      | 0.010   |
|     |        |                         | FAM114A1                           | 0.034   |
|     |        |                         | UBE2K                              | 0.034   |
|     |        |                         | RP11-617D20.1 (KL3F antisense RNA 1)| 0.012   |
|     |        |                         | KLHLS                              | 0.014   |

Abbreviations: eQTL, expression quantitative trait loci; INVEST, International VeRapamil SR Trandolapril StUdy.

Figure 2. Forest plot of the PLEKHH2 rs11124945 pharmacogenomics association with new-onset diabetes (NOD). This figure shows PLEKHH2 rs11124945 genotypes specific odds ratio (OR) and 95% confidence interval for NOD in each race group and combined meta-analysis from the INVEST NOD case–control study (n = 1140). Point estimate was reported under a dominant genetic model for each genotype group, which represents higher risk for NOD in the CCB strategy or the β-blocker strategy. Interaction P-values for Hispanics and African Americans are one-sided.
results also show that our most highly ranked SNPs can be distinguished from ‘noise’, and that these SNPs have prior functional support for regulating expression in a tissue-dependent manner. Despite lacking an appropriate external replication, we observed associations in all race groups, and together with the eQTL results, we believe it is less likely to be a chance finding. Despite the limited power, this study represents the first investigation of SNP–treatment interactions for NOD, and provides valuable initial data to the field. Finally, there are differences in age and BMI comparing cases and controls in some race groups. However, age was included as a covariate in the analyses and additional analyses were conducted adjusting for BMI for the top association signal.

In conclusion, we conducted the first GWAS for NOD in a cohort with hypertension and coronary artery disease, and identified SNP rs11124945 at the 2p21 locus as having the strongest evidence of interaction with antihypertensive exposure and NOD development. rs11124945 G allele carriers had lower odds for NOD when exposed to the β-blocker strategy compared with the CCB strategy, whereas A/A homozygotes exposed to the β-blocker strategy had increased odds for NOD compared with the CCB strategy. The 2p21 locus has functional support for regulating gene expression and contains both PLEKHN2 and THADA that are relevant to DM and related phenotypes. Genes and pathways influencing DM susceptibility could be important in determining an individual’s genetic predisposition for NOD. These results along with enrichment of pharmacogenomic association among eQTLs, shed light on the underlying mechanism of NOD, and provide useful information for future studies. Further replication and functional characterization is warranted.

CONFLICT OF INTEREST
CWM, YG, MAP, JAI, CJP and RMC-D have received support from NIH. CJP, JAI and RMC-D also received support for this project from Abbott Laboratories. The remaining authors declare no conflict of interest.

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AUTHOR CONTRIBUTIONS
S-WC wrote the manuscript and all co-authors critically evaluated and reviewed the manuscript. CJP, JAI and RMC designed and conducted the INVEST-GENES and secured funding. S-WC, YG, CWM, JAI and RCD designed the research. TAJ, TT, AT, TT and MK facilitated genotyping and imputation. ERG and MAP provided guidance on the eQTL analysis. S-WC, YG, CWM, RMC-D, CJP and JAI performed the research, and S-WC analyzed the data.

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Supplementary Information accompanies the paper on the The Pharmacogenomics Journal website (http://www.nature.com/tpj)