Interactive segmentation of medical images through fully convolutional neural networks

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Abstract—Image segmentation plays an essential role in medicine for both diagnostic and interventional tasks. Segmentation approaches are either manual, semi-automated or fully-automated. Manual segmentation offers full control over the quality of the results, but is tedious, time consuming and prone to operator bias. Fully automated methods require no human effort, but often deliver sub-optimal results without providing users with the means to make corrections. Semi-automated approaches keep users in control of the results by providing means for interaction, but the main challenge is to offer a good trade-off between precision and required interaction. In this paper we present a deep learning (DL) based semi-automated segmentation approach that aims to be a “smart” interactive tool for region of interest delineation in medical images. We demonstrate its use for segmenting multiple organs on computed tomography (CT) of the abdomen. Our approach solves some of the most pressing clinical challenges: (i) it requires only one to a few user clicks to deliver excellent 2D segmentations in a fast and reliable fashion; (ii) it can generalize to previously unseen structures and “corner cases”; (iii) it delivers results that can be corrected quickly in a smart and intuitive way up to an arbitrary degree of precision chosen by the user and (iv) ensures high accuracy. We present our approach and compare it to other techniques and previous work to show the advantages brought by our method.

Index Terms—Deep learning, interactive segmentation, assisted annotation, fully convolutional neural networks.

I. INTRODUCTION

Image segmentation has become an increasingly important task in radiology research and clinical practice. Quantitative analysis of medical data often requires precise delineation of organs, abnormalities, and structures of interest which can be delivered by computer assisted approaches as demonstrated by recent literature [1], [2], [3], [4], [5], [6], [7].

Current segmentation approaches can be grouped in three classes: Manual, semi-automatic and fully-automatic.

Manual segmentation approaches are tedious, time consuming and can be affected by inter- and intra-observer variability [8]. Each pixel of the image needs to be manually assigned to its class and, although very accurate results can be obtained with this technique, the time required challenges the translation of such algorithms into clinical practice. For some tasks manual segmentation can require hours for a single case [9].

Fully-automatic methods do not require user interaction. Earlier approaches leverage a wide range of techniques. Simpler methods, such as thresholding, have a very short run-time but rarely deliver satisfactory results, while other more complex algorithms, such as atlas based techniques, can only deliver results after a few hours of computation. More recent approaches use DL [10], [11], [12] to produce fast segmentations without any user interaction. Although these approaches have demonstrated state-of-the-art performances on a wide range of tasks and on public datasets, they still find limited applicability in practical scenarios. There are multiple possible reasons for this: (i) automatic methods are sensible to small domain shifts between original data used for training and supplied new data, often resulting in failure; (ii) it is not easy to recover from these failures because there is no mechanism of user interaction for smart correction of possible mistakes; (iii) there is typically no way to adapt a fully-automatic approach to a specific patient or population by interacting with the segmentation results; (iv) it is typically not possible to generalize the approach to structures that were not observed during training; and (v) the lack of an interaction mechanism makes it hard to understand the failure modes of the algorithm leading to a drop in user confidence.

Semi-automatic approaches [13] are already widespread and used in medicine. They are integrated in popular publicly available software packages such as ITK-Snap [14], 3D Slicer...
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Segmentation of medical images has a wide range of applica-
tions. One of the primary uses of segmentation in radiology
is for making quantitative measurements, more specifically,
measuring the area and volume of segmented structures. Vol-
metric analysis has been shown to be more robust than caliper
based distance measurements which are most commonly used
due to simplicity and a historical lack of well established
segmentation methods [19]. Some other uses of segmentation
include visualization, 3D printing, radiation treatment planning
and are often an integral step in other applications such as
registration, radiomics and image guided surgery. Some of
these use cases are fairly new and used increasingly. As the
segmentation tools keep improving, we believe that it is safe
to assume that the use of medical image segmentation will
keep increasing in both research and clinical practice.

Semi-automatic segmentation approaches such as [20] use
shallow image features and user interaction in the form of
bounding boxes or scribbles to perform segmentation. An early
work [21] employed region similarity to establish "objectness"
and "connectedness" during segmentation. Graph cut [22],
normalized cuts [23], geodesics [24] and other graph based
methods such as random walks [25] have been applied to 2D
and, in some cases, 3D segmentation. The main finding is that
semi-automatic methods can deliver good segmentation when
the regions to be segmented are fairly uniform and when their
characteristics can be accurately captured by low level features
such as edges, intensity differences between adjacent pixels
and other local information. Unfortunately, in more complex
settings, due to the well-known limitations of shallow features,
these approach end up requiring extensive user interaction in
order to deliver segmentations of sufficient quality.

More recently, state of the art results have been obtained by
DL methods for fully-automatic segmentation. Segmentation
in 2D [10] and 3D [11], [12] has been obtained using fully
convolutional neural networks (FCNNs) with an encoding-
deoding architecture. Unfortunately, although these methods
and their successors [26], [27], [28] have been demonstrated
to deliver state of the art performances on publicly available
and very challenging datasets, they offer no means for user
interaction. This aspect limits applicability in clinical settings,
where precision tends to be prioritized over the speed that
these automatic methods usually grant.

The computer vision community has recently proposed
various novel approaches to tackle semi-automatic segmen-
tation through DL methods [18], [29], [30]. Semi-automatic
approaches have cut the time requirements (measured in hours)
for annotation by a factor of 10 [9]. Moreover it has been found
that DL based semi-automatic methods can deliver accurate
results while providing a natural way for the users to interact
and possibly to “understand” the predictions of the network.
Instead of relying on shallow features, as earlier approaches
would do, deep convolutional neural networks are able to
capture complex patterns and learn the notion of "objectness"
[18] resulting in superior results.

User interaction can be supplied in different ways. In [31]
users needed to supply bounding boxes around the objects of
interest to guide segmentation; other works have made use
of scribbles [32], [25], [22], "extreme points" [29], [30] and
clicks [18].

Interactive segmentation methods in medical imaging are
based on extensions of the above mentioned methods. Re-
cently, Wang et al. [33] used a minimally interactive frame-
work to segment the human placenta in fetal MRI, combining
online random forests, conditional random fields, and 4D
graph cuts. DeepGeoS [34] uses DL and feeds geodesic
distance transforms of user scribbles as additional CNN chan-
nels to allow interactive segmentation. However, segmentation
performance might deteriorate for unseen object classes. As an
alternative, image-specific fine-tuning has been proposed to be
incorporated into bounding box and scribble-based segmen-
tation [17]. Another recent DL-based method relies on Random
Walks to provide an initial scribble-based segmentation for
supervision of fully convolutional neural networks (FCNNs)
has been applied to the semi-automatic segmentation of
cardiac CT images [35].

Motivated by the findings of recent research, to minimize
the required interaction, we have decided to employ click-
based user interaction for our approach. Differently than [18],
which relies on distance maps obtained from foreground and
background clicks, we follow a strategy similar to [29] where
distance maps have been replaced with Gaussians for superior
performance.

Similarly to [18] we use model predictions for creation of
training data. Our approach differs in that it allows an arbitrary
amount of predictions mimicking human behavior for each
training data case, not limited to one. Also, in contrast to [18],
we use a model based on an encoder-decoder architecture.
III. METHODS

Our approach uses a (FCNN) architecture to perform interactive 2D segmentation of medical images. The network is trained to segment only one region of interest at a time, taking into account user input in the form of one or more mouse clicks. Different organs or other discrete structures can thus be delineated based on where in the image these clicks are placed.

The network is trained using raw 2D images and “guidance signal” as input and a binary mask of one specific segmentation object as output. That is, a 2D image with multi-label ground truth consisting of $K$ different segments results in a set of $K$ images with binary labels and associated guidance signals.

A. Fully convolutional architecture

Our network architecture is inspired by [10]. We have modified the structure to include a down-sampling path with four blocks, a bottleneck block and an up-sampling path with four blocks. Each block comprises two convolutions, two batch normalization, and two rectified linear units (ReLu) which are interleaved (Figure 2). The down-sampling path makes use of $2 \times 2$ max-pooling operations applied with a stride of 2 to reduce the resolution and increase the spatial support of the features. The up-sampling path makes use of $2 \times 2$ transposed convolutions applied with a stride of 2 to increase the size of the feature maps and allow prediction of a full resolution segmentation output.

This choice of network architecture is motivated by recent literature, but in our experience, any architecture comprised of an autoencoder with fully convolutional networks that has been demonstrated being adequate to perform medical image segmentation can be used instead with comparable performance.

B. User interaction and guidance signals

Our method relies on user guidance and interactions to deliver accurate segmentation. Users are able to interact with the algorithm via mouse clicks through a user interface (UI) which accepts two types of inputs:

- “foreground clicks” - which should be placed within the structure of interest that the user wants to segment; they “guide” the network towards predicting foreground. If the result has false negative areas, additional “foreground clicks” can be placed within false-negative areas to reduce these errors.
- "background clicks" - which should be placed wherever the user feels that the current structure of interest is over-segmented in order to correct for those false positive errors; they “guide” the network towards reducing foreground prediction.

Interactions are converted to two guidance signals and supplied to the the network. These signals respectively capture "foreground clicks" and "background clicks". They take the form of images with the same spatial size as the input data, and having zero value except for the pixels corresponding to clicks. Those pixels are set to unitary value. The generated images subsequently are smoothed with a Gaussian filter and normalized to $[0, 1]$ range. Finally, input data and guidance
signals for foreground and background interactions are concatenated and presented to the network as three-channel 2D inputs.

The minimum amount of interaction for a single image is 1-click, which should be placed within the object of interest. In this way, the network receives the necessary guidance to perform an initial segmentation which, although usually accurate (Section IV), can be refined by supplying further guidance. Additional foreground and background clicks can be provided until the desired segmentation quality is obtained.

1) Simulated interaction: During both training and large-scale testing, true human interaction is unfeasible. We therefore simulate user interactions which aim to mimic the way a human expert would use this interactive segmentation method.

The first interaction, aiming to steer the CNN prediction towards a segmentation of the current structure of interest, is usually placed in the innermost portion of the region of interest. Subsequent interactions, which aim to correct and improve the obtained segmentation, usually correspond to regions of larger and more noticeable errors [30].

In our approach each pixel of the image to be segmented is assigned a probability of being used for interaction which is derived from distance fields obtained from a disparity map

$$D = Gt - P = \begin{cases} +1 & \text{if } Gt = 1 \text{ and } P = 0, \\ -1 & \text{if } Gt = 0 \text{ and } P = 1, \\ 0 & \text{otherwise.} \end{cases}$$

where $Gt$ is the ground truth binary signal and $P$ represents the prediction. Two binary images, $D^+$ and $D^−$, are then obtained by considering only false-negative and false-positive regions of $D$ and Chamfer distance fields between unmarked and marked pixels are obtained. The probability of an image location $x, y$ to be used for guidance towards foreground or background segmentation depends on these distances. In particular, when indicating the distance fields relative to $D^+$ and $D^−$ with $DD^+$ and $DD^−$, we obtain the probabilities (up to a multiplicative constant) of a location $(x, y)$ to be used for a foreground and background interaction as $P^+(x, y) \propto \exp(DD^+(x, y)) - 1$ and $P^−(x, y) \propto \exp(DD^−(x, y)) - 1$ respectively. In other words, interactions are more likely to occur in correspondence of the innermost portion of larger false-positive/negative regions rather than elsewhere.

The first interaction is produced assuming an initial prediction $P$ that is zero everywhere. This results in a $D^+ \equiv Gt$ and $D^− = 0$. Every subsequent interaction is obtained by supplying the binary predicted contour $P$ as obtained from the forward pass of the CNN, computing the disparity maps and relative distance fields and placing a simulated "click" aiming to correct false-positives or false-negatives. If the area of false positives is higher than the false negatives, a "background click" is simulated, otherwise the algorithm supplies a "foreground click".

C. Training strategy

Our method performs binary segmentation of arbitrary organs and structures by taking into account user interactions. The user interaction steers the network towards delineating a specific foreground region. In our experience any region that shows a distinctive pattern or some form of spatial coherence can be segmented in this way. Some previously unseen regions might require a higher number of interactions before good results can be achieved, but our method has demonstrated the capability of segmenting previously unseen regions during routine usage (Section IV-C).

We chose to demonstrate our approach using a multi-region (multi-label) dataset. Each image is associated with multi-label ground truth depicting $S$ segments. We convert this multi-region dataset to a binary dataset. Each image is associated to $S$ different ground truth labels, each referring to a specific organ.

We supply the network with tuples $\{I, Gt, U_0\}$ consisting respectively of an image $I$, ground truth label $Gt$ and initial guidance signal $U_0$. The guidance signal needs to be consistent with the current foreground label. It initially contains only one "foreground click" placed in correspondence of one of the pixels of the foreground annotation $Gt$.

During training, we iterate across the whole training set batch-by-batch. Initially, the network is used in "prediction" mode. Each batch is processed $K$ times, with $K$ the maximum number of allowed interactions. User-interaction, obtained as described in Section III-B, is supplied iteratively according to the observed segmentation errors. That is, for each iteration $k$ beyond the first, new user guidance $U_k$ is obtained by taking into account the quality of the results $P_{k-1}$. The user interaction signal $U_k$ supplied to the network during the $k$-th iteration depends on the previous interaction $\{I, Gt, U_{k-1}\}$ and in particular on the current guidance signal $U_{k-1}$. The network does not learn from these interactions and neither losses or parameters updates are computed in this stage.

In order to force the network to learn to segment accurately with the minimum number of "clicks", the probability of an interaction to take place decreases linearly as $k$ increases. Once we have obtained up to $K$ interactions for each image in the batch, we supply the final training tuple $\{I, Gt, U_k\}$ to the network. The number of actual interactions, $t$, takes a value from 0 to $K$ for each of the $N$ images in the batch. We optimize the parameters of our FCNN using the average Dice loss $L = \sum_{j=1}^{N} \frac{1-Dice}{{N}}$ over the $N$ training images in each batch at each iteration. The Dice score [11] formulation used in our work is

$$Dice = \frac{2 \sum_{i}^{N} Gt_i \cdot P_i}{\sum_{i}^{N} Gt_i^2 + \sum_{i}^{N} P_i^2}.$$  

IV. EXPERIMENTS

Our method has been trained and validated on one public dataset and tested on two. These datasets contain CT images of the abdomen. They were respectively released during the "multi-atlas labeling: beyond the cranial vault ("BCV") dataset" MICCAI challenge that was held in 2015 and the "medical segmentation decathlon challenge ("MSD" dataset)" held at MICCAI 2018 [36]. There is no overlap between the

1https://www.synapse.org/#!Synapse:syn3193805/wiki/217752
2http://medicaldecathlon.com
datasets. The first dataset includes 30 training CT volumes with corresponding ground truth segmentations and 20 test cases with secret, withheld ground truth segmentations. The second dataset includes both MRI and CT volumes relevant to 10 different segmentation tasks. Out of these tasks we select 2 which use CT data of the abdomen. We perform spleen and colon cancer delineation on this data. By testing on a completely different dataset than the one used for training we show the applicability of our approach to clinical use-cases.

To demonstrate the capabilities of our approach and draw conclusions and comparisons about our method, we perform four groups of experiments: i) 10-fold-cross validation with different amounts of interaction during both training and validation; ii) "known" region segmentation, where we evaluate the performance of our algorithm on a previously seen structure on a dataset disjoint from the one used for training (MSD: spleen); iii) "unknown" region segmentation, where we evaluate the generalization capabilities of our approach when segmenting a previously unseen region (MSD: colon cancer); iv) comparison to fully automatic methods on the test set of the "BCV" dataset.

Our approach has been trained from scratch using the same set of hyper-parameters. Please refer to Table I for more detailed information. No training- or test-time augmentation has been performed. The data has been only re-sampled and standardized to zero-mean unit-standard deviation of the CT intensities (Table I).

A. Experiments in cross validation

We perform 10-fold cross validation of our approach. We train our method on each of the 10 training sets and evaluate on the data left out from the training procedure during each experiment. We repeat this procedure 5 times, each time with a different amount of training-time interaction, as shown in Table I (Max Interactions).

As a result we are able to report the performance of our approach using a variable amount of training and testing interactions. We simulate user interactions using the procedure explained in Section III-B.

The approach has been coded in python. The DL framework used for this work was PyTorch 1.0. Training was performed on multiple GPUs, each processing a portion of the batches (data parallelism). 4 NVIDIA Tesla V100 GPUs with 16 GB
After running our tests, we obtain the results reported in Figures 4, 5 and 6. These metrics are computed slice-wise. We notice a few interesting aspects of the method: i) multiple interactions when creating training data improve results, especially when multiple interactions are supplied during testing; ii) training with only one interaction does not result in an interactive network supporting multiple user clicks; iii) as the number of training-interactions increases, the performance for low amounts of test-time interaction drops; iv) as the number of test-time interaction increases, the network remains stable and delivers increasingly accurate results, regardless of the amount of (multiple) training-time interaction that was used.

From this experimental evidence it appears that there is a
trade-off between the number of training interactions and the performance on the test set. In particular, depending on the task, it is necessary to carefully gauge the users needs and their willingness to spend time interacting with the network. That is, depending on the expected amount of test-time interaction different versions of the trained network are preferable.

### B. Performance on a known region

We demonstrate our algorithm on a previously unseen datasets from the Medical Segmentation Decathlon challenge. In this case, we aim to segment a "known" structure: the spleen. In order to simulate user interaction with the technique presented in III-B, we need to make use of ground truth annotations. We therefore run our tests on publicly available annotated data downloaded from the MSD website. The dataset contains a total of 41 annotated volumes.

We use models trained with maximum 5 interactions. This choice reflects our belief that these models deliver a good performance for a large interval of number of interactions. We repeat the experiment using each of the models resulting from 10-fold-cross validation, and report average performance in terms of Dice in Figure 7.

With little user interaction (2 clicks) the user already obtains high quality results, which improve as more interactive guidance is provided. These results match what was observed during 10-fold-cross validation and surpass state of the art for this task (Table II).

### C. Performance on a unknown region

Our method has also been tested on a previously "unknown" structure from the MSD challenge dataset. The task we tackle is CT segmentation of colon cancer. We never trained our algorithm for this task, and therefore this experiment is crucial to give us some insights on the generalization capabilities of our FCNN when users wish to segment abnormalities or uncommon structures. We test on an annotated dataset that can be freely obtained from the MSD challenge website which contains 126 annotated scans.

Similarly to the previous experiment, we use a model trained with a maximum of 5 interactions. Results are reported for different levels of test-time interactions in Figure 7. We achieve higher Dice coefficients than a state-of-the-art method [37] trained specifically for this task (Table II).

### D. Experiments on the test set

Finally, we have tested our method on the volumes reserved for testing on the "BCV" dataset. The ground truth annotation of these volumes is kept secret by the organizers of the challenge. In order to run our approach, our method has been run by the organizers of the "BCV" challenge on their own hardware using the strategy presented in Section III-B to simulate five online user interactions per slice.

The results of this test are shown in Figure 8. Our approach delivers better results than any other algorithm that was officially evaluated by the challenge organizers\(^3\). This does not come as a surprise since our method is semi-automatic and is built with user-guidance in mind, while the leaderboard shows the results attained by fully automatic methods which cannot benefit from test-time interactions. Although we understand that this comparison is not completely fair, the final goal of medical image segmentation is to obtain accurate delineations enabling critical tasks and potentially influencing the life of the patients. We therefore believe that these results convey not only important information and insights about the capabilities of our approach, but also justify the need for semi-automatic approaches in medical image segmentation. In Table III we show total results and we compare our approach with other state of the art methods that have been evaluated on the "BCV" dataset. We also report results for each region in comparison with the current best approach according to the BCV challenge website leader-board. These results are reported in terms of Dice, Hausdorff distance (HD) and Mean absolute distance (MAD) in to Table IV. Results for each region have been

\(^3\)Leaderboard available at https://www.synapse.org/

### TABLE II

| Region          | SoA Dice | Our Dices |
|-----------------|----------|-----------|
| Spleen          | 0.96 [37]| 0.99      |
| Colon cancer    | 0.94 [37]| 0.97      |

### TABLE III

| Approach          | Dice | HDD | MAD |
|-------------------|------|-----|-----|
| ours              | 0.94023 | 7.3693 | 0.25351 |
| "unUnet"          | 0.88104 | 17.2583 | 1.4584 |
| "ResNet101KL"    | 0.84968 | 18.4068 | 1.4504 |
| DL1K (U-Net) [38]| 0.81535 | 62.8724 | 1.8613 |
| Auto Context [27]| 0.7824  | 26.0951 | 1.9302 |
| DeepSeg (FCN) [28]| 0.76728 | 27.3397 | 2.9587 |

Fig. 7. Average Dice coefficients across cross-validation folds (higher is better), starting with a system trained to recognize structures annotated in BCV. The algorithm was never trained on MSD dataset. Each group of experiments corresponds to different segmentation tasks of the MSD challenge (horizontal axis). Performance corresponding to different amounts of test-time interaction is represented with different colors.
Fig. 8. Performance of our approach on the test set of "BCV" dataset. We show box plots for each organ indicating the median (red), the 25th and 75th percentiles (blue box), the minimum and maximum values (not including outliers, indicated by black horizontal bars), and outliers marked by red crosses. We thank the organizers of the "Multi-atlas labeling: beyond the cranial vault" MICCAI challenge for testing our method on their test dataset.

reported in order and names have been abbreviated due to formatting.

V. Discussion and Concluding Remarks

We have presented a method to perform semi-automatic segmentation of medical data, in particular CT images, using a FCNN. In our approach, users can interact in real-time with the segmentation results by simply clicking on any structure that they want to segment. Any false-positive and false-negative regions can be corrected by placing any number of additional clicks.

In addition to being able to segment any of the 13 regions observed during training, the same model has also generalized to structures that were not part of the training set. Testing our method to segment an unseen structure - colon cancers, it took only one mouse click per slice within the tumor to get a Dice score that is better than the best automated model that was specifically trained for the task (Dice 0.64 vs. 0.56). This result increased further up to Dice 0.81 provided 5 clicks and Dice 0.89 with 15 clicks.

The choice of clicks as the form of interaction was for two important reasons. Clicks are a very simple form of interaction and allow for quick user interaction. Moreover, unlike scribbles, they are easy to simulate as they require only to locate the position of one pixel for interaction. Today’s GPUs allow quick inference and our model takes only 0.04s to produce an output. Therefore, the user can see the results practically instantly. While holding the mouse button pressed and moving the mouse around, the user can also see how the result differs depending on where the click is finally placed. This further enables quick search for optimal click placement in practice. This was unaccounted for in testing, but it provides an additional mode of interaction that can additionally improve performance.
We anticipate that this approach can be generalized to other structures and imaging modalities. We are also excited to explore whether there is a limit to the number of structures that one model can learn to segment well provided simple mouse clicks. As areal and volume measurements are shown to be preferred over caliper-based measuring in radiology, we hope that our approach can be implemented as a tool for the radiologist in clinical practice to get accurate, quick and instantly validated segmentation results.

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### Table IV

| Method      | Metric | Spln. | R-Kid. | L-Kid. | G-Blad | Esoph. | Liver | Stom. | Aorta | IVC | F/S V | Panct. | R-AG | L-AG |
|-------------|--------|-------|--------|--------|--------|--------|-------|-------|-------|-----|-------|--------|------|------|
| Ours        | Dice   | 0.978 | 0.966  | 0.968  | 0.923  | 0.935  | 0.980 | 0.962 | 0.967 | 0.954 | 0.908 | 0.922  | 0.876 | 0.882 |
|             | MAD    | 0.177 | 0.239  | –      | –      | 0.200  | 0.136 | 0.243 | 0.205 | 0.249 | 0.2064 | 0.351  | 0.215 | 0.214 |
| BCV Best    | Dice   | 0.968 | 0.921  | 0.957  | 0.783  | 0.834  | 0.975 | 0.920 | 0.925 | 0.870 | 0.836  | 0.830  | 0.788  | 0.791 |
|             | MAD    | 0.370 | 0.831  | 0.470  | –      | 1.000  | 0.793 | 1.862 | 1.289 | 1.588 | 0.866  | 1.166  | 0.391  | 0.687 |
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