Review Article

Metastable Metal Hydrides for Hydrogen Storage

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Received 3 October 2012; Accepted 29 October 2012

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The possibility of using hydrogen as a reliable energy carrier for both stationary and mobile applications has gained renewed interest in recent years due to improvements in high temperature fuel cells and a reduction in hydrogen production costs. However, a number of challenges remain and new media are needed that are capable of safely storing hydrogen with high gravimetric and volumetric densities. Metal hydrides and complex metal hydrides offer some hope of overcoming these challenges; however, many of the high capacity “reversible” hydrides exhibit a large endothermic decomposition enthalpy making it difficult to release the hydrogen at low temperatures. On the other hand, the metastable hydrides are characterized by a low reaction enthalpy and a decomposition reaction that is thermodynamically favorable under ambient conditions. The rapid, low temperature hydrogen evolution rates that can be achieved with these materials offer much promise for mobile PEM fuel cell applications. However, a critical challenge exists to develop new methods to regenerate these hydrides directly from the reactants and hydrogen gas. This spotlight paper presents an overview of some of the metastable metal hydrides for hydrogen storage and a few new approaches being investigated to address the key challenges associated with these materials.

1. Introduction

The doubling of the world’s energy consumption over the next fifty years [1] will require significant changes in the way we produce, distribute, store, and use energy. A crucial step in this process will be reducing our dependence on carbon-based fossil fuels. The rapidly growing global demand for oil will likely outpace production within a few decades (if it has not already). Although petroleum fuels can be produced from coal through a Fischer-Tropsch process, this method is costly and will likely result in greater greenhouse gas (e.g., CO₂) emissions. Hydrogen is a versatile, clean energy carrier that can be produced from natural gas reforming and a variety of carbon free energy sources such as solar, wind, and nuclear energy through water electrolysis. Hydrogen can easily be converted into mechanical or electrical energy through a combustion reaction or fuel cell, respectively. In both cases the hydrogen reacts with oxygen to produce water and energy (2H₂ + O₂ → 2H₂O with a theoretical energy density of 120 kJ/g).

Hydrogen storage remains one of the more challenging technological barriers to the advancement of hydrogen fuel cell technologies for mobile applications. Since hydrogen is a gas at standard pressure and temperature (SPT), it has a low volumetric density. Although one kilogram of H₂ can replace about 3 kg or one gallon (3.79 L) of gasoline, on a volumetric scale more than 3500 gallons (1.3 × 10⁴ L ≈ volume of a midsize car) of H₂ gas is necessary to replace just one gallon (3.79 L) of gasoline at SPT.

There are a variety of ways to store hydrogen (as shown in Figure 1), and the more conventional methods include compressed gas (typically 350 or 700 bar) and liquefaction, where the hydrogen is cooled to below its boiling point (20 K). However, these options are costly and require extremely high pressures or low temperatures to achieve reasonable hydrogen densities. Solid-state hydrogen storage, where the hydrogen is either attached onto the surface (adsorption) or inserted into a host material, offers improved volumetric energy densities at moderate pressures and temperatures. In fact, many metal hydrides have a hydrogen density greater than that of liquid hydrogen (Figure 1). Most hydrogen storage materials can be divided into two categories, those that bind molecular hydrogen to surfaces via weak dipole (van der Waals) interactions (typically <10 kJ/mol H₂) [2]
the full system volume (e.g., tank and fuel cell).

The values present in this graph are only for the storage medium and do not take into account the variety of metal and complex hydrides. The large enthalpy is necessary to offset the large entropy change (110–130 J/K mol H₂) during hydrogenation and achieve a near-zero free energy change. Based on a generic reversible hydride with a slightly positive free energy (so that H₂ is released at pressures above 1 atm) and a 5 kg H₂ tank, approximately 83 MJ of heat is released during hydrogenation. Although this is a lot of wasted energy, the real problem arises when we consider the rapid refueling rates necessary to complete the process in approximately 3 minutes (1.67 kg H₂/min). The 83 MJ of heat generated during refueling will need to be dissipated at a rate of ~0.5 MW, which is an extremely challenging engineering problem that is not likely to be solved by moderate improvements in heat exchangers [12]. The large reaction enthalpy also presents a problem for the decomposition reaction since a substantial heat exchange system is required to provide the heat necessary to release the H₂ at a rate to satisfy the fuel cell demand.

Despite the recent progress in the development of new reversible complex hydrides for hydrogen storage, systems based on these materials have an inherent heat problem, which poses a significant engineering challenge for on-board refueling. This problem is due to the large hydrogenation enthalpy (typically greater than 33 kJ/mol H₂) characteristic of metal hydrides reversible at around 100°C. The large enthalpy is necessary to offset the large entropy change (110–130 J/K mol H₂) during hydrogenation and achieve a near-zero free energy change. Based on a generic reversible hydride with a slightly positive free energy (so that H₂ is released at pressures above 1 atm) and a 5 kg H₂ tank, approximately 83 MJ of heat is released during hydrogenation. Although this is a lot of wasted energy, the real problem arises when we consider the rapid refueling rates necessary to complete the process in approximately 3 minutes (1.67 kg H₂/min). The 83 MJ of heat generated during refueling will need to be dissipated at a rate of ~0.5 MW, which is an extremely challenging engineering problem that is not likely to be solved by moderate improvements in heat exchangers [12]. The large reaction enthalpy also presents a problem for the decomposition reaction since a substantial heat exchange system is required to provide the heat necessary to release the H₂ at a rate to satisfy the fuel cell demand.

3. Chemical Hydrides

Given the challenges associated with adsorbents (low gravimetric capacity at room temperature) and the reversible hydrides (low gravimetric capacity and large heats of reaction), there has been a growing interest in the chemical hydrides, which offer high capacity and rapid hydrogen rates at low temperature. However, these hydrides are not directly reversible under moderate hydrogenation conditions and typically require “off-board” chemical regeneration. Since the barrier to hydrogenation can be thermodynamic, kinetic, or both, these materials can have a range of decomposition enthalpies from weak (e.g., AlH₃ ΔH = 7 kJ/mol H₂) to strong (e.g., LiBH₄ ΔH = 67 kJ/mol H₂ for partial decomposition). For the more stable compounds, such as NaBH₄, the hydrogen is typically generated through a low temperature hydrolysis reaction:

\[
NaBH₄ + 2H₂O \rightarrow NaBO₂ + 4H₂
\]  

(1)

In this type of system, a large amount of hydrogen can be generated at rapid rates that easily meet the US Department of Energy’s fuel flow rate target 0.02 g/s kW⁻¹. These types of reactions are useful for some applications, especially when water is easily accessible (e.g., marine applications), but there are also a number of limitations, namely, regeneration of the spent fuel. After hydrolysis the reactants are left in deep thermodynamic well that makes the regeneration (refueling) process economically and energetically costly.

On the other end of the spectrum, there is a class of weakly bound chemical hydrides that can release hydrogen at rapid rates through a low temperature thermolysis reaction; these are known as the metastable or kinetically stabilized hydrides. These materials have an equilibrium H₂ pressure (P_{eq}) much greater than 1 bar at room temperature, but do
not decompose (or decompose very slowly) due to kinetic limitations. One of the more popular examples is ammonia borane (NH3BH3), which has a total gravimetric hydrogen capacity of nearly 20 wt.%. Although there are a number of high capacity hydrogen storage materials where the hydrogen is bound to a light main group element (e.g., C–H, B–H, N–H, or O–H), ammonia borane is somewhat unique in that it contains both protic (N–H) and hydridic (B–H) bonds and a strong B–N bond [13, 14]. Although ammonia borane can be prepared in a metastable state at room temperature, it is thermodynamically unstable and can, in an ideal reaction, decompose exothermically to yield aminoborane and H2 gas. Despite the strength of the B–N bond, the decomposition is often associated with the formation of a small amount of gaseous species such as ammonia (NH3) or diborane (B2H6). Even small quantities (a few parts-per-million) of these unwanted species is sufficient to poison a low temperature proton exchange membrane fuel cell. In recent years a number of new methods have been identified to limit these side reactions and efforts are underway to design systems equipped with scrubbers to trap these species before they reach the fuel cell. Further information on the latest developments on ammonia borane can be found in a few recent review articles [14–16].

4. Metastable Metal Hydrides

Similar to ammonia borane, the metastable metal hydrides offer high capacities and low temperature hydrogen release. However, unlike ammonia borane, thermal decomposition does not result in the formation of gaseous species that can degrade capacity and poison the fuel cell. Of particular interest are the aluminum-based metastable hydrides including aluminum hydride (AlH3), lithium aluminum hydride (LiAlH4 and Li3AlH6), magnesium aluminum hydride (Mg(AlH4)2), among others. These materials exhibit a low decomposition enthalpy, which reduces the heat required to release the hydrogen at practical pressures. In addition, these materials exhibit rapid H2 evolution rates at low temperature (80–100°C), due to the large driving force for decomposition.

Many of the metastable aluminum-based hydrides are ideally suited for portable power systems where weight and volume are critical. This is because the energy density of a power source consisting of a metal hydride and a PEM fuel cell is substantially larger than even the best batteries currently available as shown in Table 1. The actual energy density of a system that utilizes AlH3 as the power source is not known (only a few small prototype systems currently exist), but based on similar systems it is reasonable to estimate a 50% penalty for weight of the tank, fuel cell, and additional hardware and an additional 50% penalty for the fuel cell conversion efficiency. This yields a system energy density that is 25% of the material energy density. Even under this rather conservative scenario, a hydrogen fuel cell using a metal hydride (e.g., AlH3) as an H2 source yields gravimetric and volumetric energy densities over four times greater than even the best performing lithium polymer batteries.

This spotlight paper reviews recent research efforts on the metastable metal hydrides and is specifically focused on metastable aluminum-based hydrides (alanes and alanates). This paper covers the synthesis procedures, crystal structures, thermodynamics and decomposition pathways, kinetics of hydrogen release, and regeneration efforts. A more general review on hydrogen storage, metal hydrides, and complex hydrides can be found elsewhere [46–53, 19, 20].

5. Synthesis

The earliest reports on the synthesis of aluminum hydride date back to the forties when Stecher and Wiberg [54] and later Finholt et al. [55] prepared alane amine and alane ethere adducts. Approximately ten years later Chizinsky et al. [56] prepared the first nonsolvated form of AlH3 using an ethereal reaction of AlCl3 with LiAlH4. In the sixties and seventies Brower et al. prepared a total of seven different polymorphs of AlH3, α, α′, β, γ, δ, ε, ξ using a similar method [57]. The conventional synthesis method for the preparation of α-AlH3 is given below:

$$4\text{LiAlH}_4 + \text{AlCl}_3 + \text{Et}_2\text{O} \rightarrow 4\text{AlH}_3 + 3\text{LiCl} \downarrow + \text{LiAlH}_4 + \text{Et}_2\text{O} \quad (2)$$

$$4\text{AlH}_3 + n\text{Et}_2\text{O} + \text{LiAlH}_4 + \text{LiBH}_4 + \text{Et}_2\text{O} \quad (3)$$

$$65^\circ\text{C}, 5\text{hrs}$$

Importantly, excess LiAlH4, and in some cases excess LiBH4, is added to the alane-ether solution to reduce the time and temperature required to remove the ether [58, 59]. The desolvation step (reaction (3)) determines the polymorph type and particle size. In the final step, the excess LiAlH4 and LiBH4 is removed by a wash with diethyl ether (AlH3 is insoluble in Et2O) and, in some cases, a wash in dilute hydrochloric acid. Aluminum hydride (etherated or pure) can also be synthesized using any of the binary hydrides or tetrahydroaluminates (alanates) from the 1st and 2nd groups.

| Energy source | Specific energy (MJ/kg) | Energy density (MJ/L) |
|---------------|------------------------|-----------------------|
| 700 bar hydrogen tank [17] | 6.2 | 3.2 |
| 350 bar hydrogen tank [17] | 6.6 | 2.1 |
| AlH3/fuel cell | 3.1 | 4.3 |
| Li polymer | 0.72 | 1.1 |
| Ni-Metal hydride | 0.29 | 0.36 |
| Ni-Cd | 0.18 | 0.36 |
| Pb-acid | 0.11 | 0.14 |
through a reaction with a Bronsted-Lewis acid (e.g., AlCl₃) [58, 60–67].

A variety of routes can be used to synthesize the complex aluminum hydrides. The most stable alanates (e.g., KAlH₄, NaAlH₄, and NaLiAlH₄), also known as the reversible alanates, can be synthesized by direct hydrogenation of aluminum and the binary hydride [9, 68–70]:

$$NaH + Al + \frac{3}{2}H_2 \xrightarrow{THF} NaAlH_4$$

(4)

The metastable alanates are not easily formed by direct hydrogenation under reasonable pressures and are typically prepared through solution methods. Probably the most common method for the preparation of these materials is a reaction of a binary hydride with a metal hydride to form an alanate, as shown below [32, 66, 71, 72]:

$$4LiH + AlCl_3 \xrightarrow{Et_2O} LiAlH_4 + 3LiCl$$

(5)

$$4CaH_2 + 2AlCl_3 \xrightarrow{THF} Ca(AlH_4)_2 + 3CaCl_2$$

(6)

A similar approach involves a metathesis reaction of a metal halide (MgCl₂) and an alanate (NaAlH₄) to form the metastable alanate (Mg(AlH₄)₂) [35, 69, 73, 74]:

$$NaAlH_4 + LiCl \xrightarrow{Et_2O} LiAlH_4 + 3LiCl$$

(7)

$$2NaAlH_4 + MgCl_2 \xrightarrow{DEE} Mg(AlH_4)_2 + 2NaCl$$

where Al is octahedrally coordinated by H. The crystal structure of Mg(AlH₄)₂, a tetrahydroaluminate, is shown in Figure 2 (right). Mg(AlH₄)₂ crystallizes in the P3m1 space group and consists of AlH₄ tetrahedra forming a close-pack double layer separated by a layer of Mg atoms [44]. A list of some lightweight metastable aluminum hydrides is shown in Table 2 along with their theoretical hydrogen content and decomposition temperature. A more thorough review of these materials and their hydrogen storage properties can be found in a few recent review articles [28, 41, 78].

7. Thermodynamics and Decomposition Pathways

The decomposition thermodynamics, or more specifically, the free energy difference between the reactant and the product, determines the H₂ equilibrium pressure at a given temperature. For binary hydrides (e.g., AlH₃) the decomposition pathway is a single step (to the elements) and the decomposition enthalpy is the negative of the formation enthalpy. Differential scanning calorimetry (DSC) plots from α-, β-, and γ-AlH₃ undergoing thermal decomposition (temperature ramp from 35 to 300°C) are shown in Figure 2. The DSC trace from α-AlH₃ exhibits a single endothermic peak at around 170°C and is attributed to the decomposition of α-AlH₃:

$$\alpha-AlH_3 \rightarrow Al + \frac{3}{2}H_2$$

(9)

Although the endothermic peak occurs at 170°C, α-AlH₃ will decompose slowly at lower temperatures (complete decomposition in ~10 hrs at 100°C) [19]. Experimentally determined (calorimetry) values for the formation enthalpy of α-AlH₃ range from ~6.0 to ~7.6 kJ/mol H₂ [20, 45, 79], with a formation entropy of 20 J/K mol H₂ [44]. Based on these data, the Gibbs formation energy for α-AlH₃ at 300 K is approximately 31 kJ/mol H₂ [20, 44]. The DSC plots from β-AlH₃ and γ-AlH₃ are also shown in Figure 3. In addition to the endothermic decomposition peak at 170°C, there are distinct exothermic peaks at approximately 100°C for both polymorphs. A similar exothermic peak was observed during decomposition of α’-AlH₃ [80]. These peaks are due...
Table 2: A few examples of unstable and metastable aluminum-based hydrides showing hydrogen weight percent and the initial decomposition temperature (in many cases full hydrogen desorption occurs over multiple steps that occur at higher temperatures). It is also worth noting that the decomposition temperatures listed identify the temperature at which significant H$_2$ evolution occurs and may be lower than the exothermic or endothermic peaks observed in calorimetric measurements.

| Alanes and hexahydride alanates | Wt.%H | Decomposition temperature | Tetrahydride alanates | Wt.%H | Decomposition temperature |
|---------------------------------|-------|---------------------------|-----------------------|-------|---------------------------|
| $\alpha$-AlH$_3$ [18–28]       | 10.1  | 100°C                     | LiAlH$_4$ [29–31]     | 10.5  | 120°C                     |
| $\alpha'$-AlH$_3$ [21]         | 10.1  | 90°C                      | CuAlH$_4$ [32]        |       | 70°C                      |
| $\beta$-AlH$_3$ [19, 20, 22]   | 10.1  | 80°C                      | AgAlH$_4$ [32]        |       | 50°C                      |
| $\gamma$-AlH$_3$ [19, 20, 23–28] | 10.1  | 80°C                      | Be(AlH$_4$)$_2$ [32] |       | 20°C                      |
| Li$_3$AlH$_6$ [29–31, 33, 34]  | 11.1  | 160°C                     | Mg(AlH$_4$)$_2$ [35, 36] |       | 110°C                     |
| Ca(AlH$_4$)$_2$ [37, 38]       |       |                           | Ca(AlH$_4$)$_2$ [37, 38] |       | 150°C                     |
| Mn(AlH$_4$)$_2$ [32]           |       |                           | Mn(AlH$_4$)$_2$ [32]  |       | 25°C                      |
| Fe(AlH$_4$)$_2$ [32, 39]       |       |                           | Fe(AlH$_4$)$_2$ [32, 39] |       | 25°C                      |
| LiMg(AlH$_4$)$_3$ [37]         |       |                           | LiMg(AlH$_4$)$_3$ [37] |       | 100°C                     |
| CaMg(AlH$_4$)$_3$ [38]         |       |                           | CaMg(AlH$_4$)$_3$ [38] |       | 125°C                     |
| In(AlH$_4$)$_3$ [32]           |       |                           | In(AlH$_4$)$_3$ [32]  |       | 40°C                      |
| Ce(AlH$_4$)$_3$ [32]           |       |                           | Ce(AlH$_4$)$_3$ [32]  |       | 40°C                      |
| Ti(AlH$_4$)$_4$ [32, 40]       |       |                           | Ti(AlH$_4$)$_4$ [32, 40] |       | 85°C                      |
| Sn(AlH$_4$)$_4$ [32]           |       |                           | Sn(AlH$_4$)$_4$ [32]  |       | 40°C                      |

The decomposition pathways for the complex metal hydrides are not always as simple as those of the binary hydrides. For example, the group 1 tetrahydroaluminates (e.g., LiAlH$_4$) typically decompose to a hexahydridoaluminate first, then to a binary hydride (and Al), and finally to the alloy (LiAl) [31, 43], as shown below:

$$\text{LiAlH}_4 \xrightarrow{150°C} \frac{1}{3} (\text{Li}_3\text{AlH}_6) + \frac{2}{3} \text{Al} + \text{H}_2$$

$$\text{LiAlH}_4 \xrightarrow{200°C} \text{LiH} + \text{Al} + \frac{3}{2} \text{H}_2 \xrightarrow{450°C} \text{LiAl} + 2\text{H}_2$$ (10)

Tomiyaasu et al. recently showed that in the case of LiAlH$_4$, the decomposition stems from a lattice instability attributed to the weak of binding of the complex anions in the lattice [81].

For the metastable hydrides, the decomposition can be exothermic or weakly endothermic. Figure 4 shows the DSC traces from three metastable hydrides (LiAlH$_4$, Ca(AlH$_4$)$_2$, and Mg(AlH$_4$)$_2$) during thermal decomposition. At each stage of the reaction the material releases some hydrogen and undergoes a structural transition to a more stable phase. The Mg(AlH$_4$)$_2$ phase undergoes a slightly endothermic transition ($\Delta H = 1.7–5.5$ kJ/mol) at $\sim 110°C$ directly to the binary hydride (MgH$_2$) and Al [37, 42, 82]:

$$\text{Mg(AlH}_4)_2 \xrightarrow{110°C} \text{MgH}_2 + 2\text{Al} + 3\text{H}_2$$ (11)

The first decomposition step of Ca(AlH$_4$)$_2$ is exothermic and occurs at $\sim 150°C$ [37, 38, 81, 83]:

$$\text{Ca(AlH}_4)_2 \xrightarrow{100°C} \text{CaAlH}_5 + \text{Al} + \frac{3}{2} \text{H}_2$$ (12)
The decomposition enthalpy of this step is \(-7.4\) kJ/mol. Unlike Mg(AlH\(_4\))\(_2\), the Ca(AlH\(_4\))\(_2\) decomposes to a pentahydride phase, before undergoing a more endothermic transition to the binary hydride at higher temperatures.

The decomposition of LiAlH\(_4\) occurs by a three-step reaction first to the hexahydridoaluminate (Li\(_3\)AlH\(_6\)), then to LiH and Al, and finally to the elements Li and Al (reaction (10)). The DSC trace at the bottom of Figure 4 shows a slight exothermic peak at 150\(^\circ\)C, which is attributed to a reaction with hydroxyl groups on the surface. The first endothermic minimum at \(\sim 170\)\(^\circ\)C is due to melting [29, 33], which is immediately followed by the exothermic decomposition (175–220\(^\circ\)C) of liquid LiAlH\(_4\) to the solid Li\(_3\)AlH\(_6\). Although considerably more reactive in the liquid state, solid LiAlH\(_4\) is metastable and can spontaneously decompose slowly at room temperature [84]. LiAlH\(_4\) exhibits a large, negative formation enthalpy (−94 kJ/mol) [42], making it stable against decomposition to the elements; however, LiAlH\(_4\) is thermodynamically unstable against decomposition to the hexahydroaluminate phase (step 1 of reaction (10)) [33].

A list of decomposition reactions, along with the amount of H\(_2\) released and the reaction enthalpy (\(\Delta H\)), is shown in Table 3. A plot of the calculated equilibrium pressure as a function of temperature (van’t Hoff plot) for several metastable hydrides is shown in Figure 5 [20, 37, 44, 85, 86]. It is important to note that the values used in Figure 5 correspond to H\(_2\) fugacities, not hydrogen pressures. If H\(_2\) is treated strictly as an ideal gas, a reasonable approximation at low pressures (<300 bar), then the hydrogen pressure is roughly equivalent to the hydrogen fugacity. However, at higher pressures the thermodynamic activity of H\(_2\) is considerably higher than what is expected from an ideal gas [87, 88]. The fugacity-to-pressure ratio for H\(_2\) gas is \(\sim 1\) at 1 bar, \(\sim 2\) at 1 kbar, and \(\sim 300\) at 10 kbar. Therefore, in some cases, hydrogenation occurs at much lower pressures than what is predicted from the reaction isotherm equation. In the case of \(\alpha\)-AlH\(_3\) at 300 K the predicted H\(_2\) fugacity is \(f_{H_2} = 5 \times 10^5\) bar, which is equivalent to a hydrogen pressure of 7 kbar [89], which is in reasonable agreement with high pressure hydrogenation experiments [90–93].

8. Kinetics and H\(_2\) Rates

The rate of H\(_2\) desorption from aluminum hydride and lithium aluminum hydride varies considerably with the properties of the material (e.g., structure, morphology/size, surface composition, and catalyst concentration). The isothermal decomposition curve typically has a similar sigmoidal shape (over a single reaction step) with three distinct regions as shown in Figure 6 for AlH\(_3\): (i) an induction
Table 3: Decomposition reactions of a few metastable metal hydrides showing H₂ content (wt.%) and enthalpy (kJ/mol H₂). Negative enthalpy values indicate an exothermic decomposition reaction.

| Reactant          | Product                                      | H₂ content (wt.%) | ΔH (kJ/mol H₂) | References |
|-------------------|----------------------------------------------|-------------------|----------------|------------|
| LiAlH₄             | 1/3Li₃AlH₆ + 2/3Al + H₂                       | 5.3               | (−9.1) − (−9.6)| [41, 42]   |
| Li₃AlH₆            | 3LiH + Al + 3/2H₂                            | 5.6               | 27–29          | [33, 41]   |
| Mg(AlH₄)₂          | MgH₂ + 2Al + 3H₂                             | 7.0               | 1.8            | [37, 43]   |
| Ca(AlH₄)₂          | CaAlH₅ + A + 3/2H₂                           | 2.9               | −7.4           | [37]       |
| LiMg(AlH₄)₃        | LiMgAlH₆ + 2Al + 3H₂                         | 4.8               | −15            | [37]       |
| α-AlH₃             | Al + 3/2H₂                                   | 10                | 6.0–7.6        | [20, 44, 45]|
| β-AlH₃             | Al + 3/2H₂                                   | 10                | 5.3            | [20]       |
| γ-AlH₃             | Al + 3/2H₂                                   | 10                | 4.7            | [20]       |

Figure 6: Isothermal decomposition of α-AlH₃ (prepared by Dow Chemical Co.) at 180°C showing (I) induction period, (II) acceleratory period, and (III) decay period [28].

period at the onset of the reaction, corresponding to a break-up of the surface layer and nucleation of aluminum; (ii) an acceleratory period, attributable to growth of the aluminum phase in two and three dimensions; (iii) a decay period, where the concentration of the hydride phase is limited and the growing aluminum particles begin to overlap [28].

Isothermal H₂ evolution rates (based on 100 kg of material) for the metastable metal hydrides α-AlH₃ and LiAlH₄ (first step only) and catalyzed and uncatalyzed NaAlH₄ (first step only) are shown in Figure 7 [19, 30, 95]. The high hydrogen evolution rates at low temperature are clearly evident in the plot. At 120°C the H₂ evolution rate from LiAlH₄ (first part of reaction (10)) is 100 times greater than that of NaAlH₄ (uncatalyzed). The decomposition of Li₃AlH₆ in the second step (second part of reaction (10)) also occurs at low temperature (120–140°C) [30]. The activation energies for the two-step decomposition of LiAlH₄ are 82 kJ/mol (first part of reaction (10)) and 90–100 kJ/mol (second part of reaction (10)) [30, 96]. The kinetic studies of Andreasen et al. suggest that the decomposition of the tetrahydride is limited by long-range metal transport [30], similar to the NaAlH₄ system [93, 97].

In the case of LiAlH₄, low temperature (<250°C) dehydrogenation occurs over two distinct reaction steps (see reaction (10)). Over the past 10 years there has been considerable interest in identifying catalysts to enhance the low temperature desorption rates and/or decrease the desorption temperature. A significant reduction in decomposition temperature has been achieved using a variety of additives including TiF₃ [98], TiCl₃ [99], TiCl₃ · 1/3AlCl₃ [100, 101], VCl₃ [99, 102], LaCl₃ [103], NbF₅ [104], VBr₃ [100], AlCl₃ [100], NiCl₂ [105], nanoscale Fe and Ni [80, 106], TiC [100], and carbon fibers [107]. As an example we can compare the activation energy for the first decomposition step (3LiAlH₄ → Li₃AlH₆ + 2Al + 3H₂), which is typically around 102 kJ/mol for the uncatalyzed material [99, 105].
The activation energy is reduced to $\sim 95 \text{ kJ/mol}$ with the addition of 2 mol% TiCl$_3 \cdot 1/3$AlCl$_3$ and 90 kJ/mol with the addition of 2 mol% VCl$_3$ (activation energies determined from decomposition of LiAlD$_4$) [99]. A more substantial decrease in desorption temperature was achieved with the addition of a few mole percent of TiC (shown in Figure 8), which lowered the activation energy to 86 kJ/mol [105]. Further reductions in the desorption temperature were recently demonstrated with the addition of 1 mol% NbF$_5$, which lowered the activation energy to 67 kJ/mol [102], and nanoscale iron particles, which reduced the activation energy to $55-60 \text{ kJ/mol}$ [80].

Similar to LiAlH$_4$, the hydrogen evolution rates from AlH$_3$ are rapid at low temperature. Early kinetic studies were performed by Herley and Christofferson [108] for the decomposition of the $\alpha$-AlH$_3$ (stabilized form prepared by Dow Chem. Co.) and more recently by Graetz and Reilly for $\alpha$, $\beta$, and $\gamma$-AlH$_3$ [19]. At 120°C the H$_2$ evolution rate from $\alpha$-AlH$_3$ is $\sim 2 \text{ gH}_2/\text{s}$, based on 100 kg of material. This rate is more than 1000 times greater than that of NaAlH$_4$ (uncatalyzed) and exceeds the full flow target of $0.1 \text{ gH}_2/\text{s}$ for a 50 kW fuel cell. The early studies by Rafi-\textit{Ud-Din} et al. on a stabilized form of $\alpha$-AlH$_3$, prepared by the Dow Chemical Company, revealed an activation energy of $\sim 150 \text{ kJ/mol}$ [109]. However, more recent studies on freshly synthesized $\alpha$-AlH$_3$, without the stabilizing coating, gave an activation energy of $\sim 102 \text{ kJ/mol}$ for the same polymorph [19]. In both cases, the isothermal decomposition curves from both stabilized and unstabilized $\alpha$-AlH$_3$ were found to obey Avrami-Erofeev kinetics, suggesting that desorption rates are limited by nucleation and growth of the Al phase [19, 109].

At high temperatures (>100°C) all three AlH$_3$ polymorphs exhibit similar decomposition rates. The less stable $\gamma$ and $\beta$ phases quickly transform to the $\alpha$ phase before decomposing to the elements [20] and the H$_2$ evolution rates are essentially governed by the decomposition of the $\alpha$ phase. Below 100°C there is a clear splitting of the kinetic plot with much faster H$_2$ rates occurring in the $\gamma$ and $\beta$ phases. As previously mentioned, at the lower temperatures the less stable polymorphs ($\alpha'$, $\beta$ and $\gamma$) undergo some direct decomposition to Al + $3/2$H$_2$ without transforming to the $\alpha$ phase. Therefore, these phases ($\alpha'$, $\beta$ and $\gamma$) will likely be too unstable for many applications (e.g., automotive) that require material stability at temperatures up to 50°C. However, there may be alternative applications for these materials, where a slow, steady hydrogen release is required at room temperature.

A suitable hydrogen storage material must not only exhibit rapid H$_2$ rates at low temperature, but also a controllable decomposition. Isothermal and intermittent isothermal decomposition from $\alpha$-AlH$_3$ (Figure 9) shows the total H$_2$ evolved (red circles) and the first derivative of the total H$_2$ evolved (blue line), which corresponds to the H$_2$ rate for 100 kg of material. Importantly, Figure 9(b) clearly demonstrates that the H$_2$ evolution rates can be slowed and even stopped by reducing the reactor temperature. When the reactor is heated back to the decomposition temperature (120°C), the rate returns to the rate before the temperature was reduced. When the reactor is repeatedly heated and cooled, simulating a simple use or drive cycle, the general Lorentzian shape of the rate curves is similar. This suggests that the full spectrum of H$_2$ evolution rates (e.g., 0.0-1.0 gH$_2$/s) can likely be obtained using a metastable hydride with a variable temperature hydride bed.

For the as-prepared $\alpha$-AlH$_3$, the decomposition reaction can be effectively turned “off” at approximately room temperature (Figure 9(b)). However, kinetic studies of AlH$_3$ and other metastable hydrides have demonstrated that the stability and decomposition rates vary significantly with the material properties (e.g., crystallite size, surface coatings, and catalysts) [28, 30, 31]. The uncoated, fine crystallites ($0.1 \mu m$) of $\alpha$-AlH$_3$ exhibit a decomposition temperature below 60°C while the material composed of 50 μm crystallites with an organic coating decomposes at temperatures above 130°C with an H$_2$ evolution rate more than two orders of magnitude slower (Figure 10). More recently it has been demonstrated that the surface coatings play the dominant role in determining the reaction rate, while the role of crystallite size is secondary (Huang et al., unpublished data). A better understanding of the role of size and morphology will be critical for the development of a kinetically stabilized hydrogen storage system.

9. Tank Design

A hydrogen fuel cell system designed for a metastable metal hydride will be significantly different from conventional hydride beds. For example, systems configured for reversible metal hydrides are typically designed to operate at a constant temperature and the H$_2$ release is controlled by pressure. As
the fuel cell consumes hydrogen the pressure drops below the equilibrium pressure driving further decomposition. When the rate of H$_2$ release exceeds the rate of consumption, the pressure rises until it reaches the equilibrium pressure. This is not the case for the metastable metal hydrides, since the equilibrium pressures are much too high to limit the decomposition. Therefore, the rate of H$_2$ release must be kinetically controlled through the temperature. As demonstrated in Figure 9, the hydrogen release can be turned “on” and “off” thermally, but this poses a number of engineering challenges. First, many applications will require a material that is completely stable at 40°C (e.g., when a car is parked on a hot summer day), but that same material must also exhibit rapid H$_2$ release rates at only 100°C. Currently there are no metastable metal hydrides that can meet these two extremes within such a narrow temperature window and there is considerable interest in engineering a hydride with a steep slope in Arrhenius plot (Figures 7 and 10) to meet this need.

A kinetically controlled tank must also have a rapid thermal response to keep up with the frequent stops and starts in many applications. This is especially difficult for larger systems, such as a 100 kg hydride bed for automotive applications, where the rapid heating and cooling of a large thermal mass is impractical. In this case, it would likely be better to decompose only a small portion of the material at a time by segmenting the tank or using a cartridge-type system. Another option is to use a pumpable powder or slurry, where the fuel could be pumped into a reactor and thermally decomposed. In this design, the reactor temperature is kept constant and the rate of H$_2$ release is controlled by the rate of the slurry supplied to the reactor. In addition to the rapid thermal response of a small reactor, this method would also allow the tank to be partitioned. A separate volume for the unreacted fuel (e.g., AlH$_3$) and the spent fuel (e.g., Al metal) is essential for off-board refueling. With this type of tank configuration only the used portion of the fuel is replaced during off-board refueling.

10. Regeneration

Despite their high capacity and rapid low temperature kinetics, the metastable metal hydrides are currently not practical storage media for most applications since they cannot be
rehydrogenated at reasonable pressures and temperatures. The primary barrier to using metastable metal hydrides as a hydrogen source for mobile fuel cell applications is the cost associated with making the material. Although these materials are easily synthesized through a variety of chemical routes (see reactions (2)–(8)), the cost of the precursors is generally unacceptably high for large-scale commercial applications. For this reason (along with environmental reasons), there is much interest in identifying a closed-loop regeneration procedure where all of the materials (except for the hydrogen) are reused to reform the hydride.

Unfortunately, the byproducts formed during the chemical synthesis of most metastable hydrides are stable compounds (e.g., LiCl) that are energetically costly to separate or recycle. A recent study on AlH3 revealed that even under optimal conditions, a perfectly efficient recycling reaction for AlH3 would still require an energy input of 167 kJ/mol H2, which is equivalent to approximately 70% of the fuel energy contained within AlH3 [92]. In a more realistic, industrial-scale process this method would likely require a much greater energy input, many time greater than the energy contained within the material.

Given the high cost associated with the direct chemical synthesis, it is reasonable to consider alternative routes of reforming the hydride from the spent (hydrogen depleted) material. Due to their low stability, the metastable metal hydrides are not easily rehydrogenated under moderate pressure and temperature conditions. In recent years there has been considerable effort focused on identifying low energy regeneration pathways to prepare the hydride from the dehydrogenated material (e.g., spent fuel). Baranowski succeeded in forming AlH3 by direct hydrogenation of Al metal at high pressures (3 × 104 bar at 573 K) [88]. A number of other high pressure [87, 89–91] and thermodynamic studies [20, 44, 45] on the Al–H system have also been performed, which have recently been compiled into a pressure-temperature phase diagram, shown in Figure 11 [28]. The problem is clearly evident in this plot—the direct hydrogenation of aluminum requires pressures >7 kbar (almost 7000 atmospheres) at room temperature, much too high to be practical for large-scale commercial applications. Other metastable hydrides have proven to be even more difficult to rehydrogenate and most of them (e.g., LiAlH4, Mg(AlH4)2, Ca(AlH4)2) have never been formed by direct hydrogenation at any pressure.

10.1. Electrochemical Regeneration. Given the high cost of the direct chemical synthesis and the high pressures required for direct hydrogenation, there are currently a number of efforts focused on regeneration of the metastable metal hydrides. In one method, the hydrogenation is performed electrochemically. In the most direct approach, an electrolytic potential is used to increase the hydrogen activity and drive the hydrogen into the host material. The electrolytic potential (E) is related to the hydrogen pressure (P_H2) through the Nernst equation:

\[ E = -\frac{RT}{2F} \ln P_{H_2}, \]  

(13)

where \( R \) is the universal gas constant, \( T \) is the temperature, and \( F \) is the Faraday constant. Since the potential scales as the natural log of the pressure, this equation indicates that the thermodynamic barrier to hydrogenation can be overcome by a relatively low voltage. Investigations of electrochemical hydrogenation of aluminum date back to the early 1960s when Clasen used an aluminum anode and an iron/mercury cathode with an electrolyte of NaAlH4 in THF [110]. In the late 1990s, Birnbaum et al. used aqueous solutions of H2SO4 and HCl along with a recombination poison (NaAsO4) to achieve high hydrogen fugacities for cathodic charging of aluminum [111]. They demonstrated that hydrogen enters vacancies in the Al structure and achieved concentrations of >1000 ppm, but no transformation to \( \alpha \)-AlH3 was observed. More recently, Zidan et al. [112, 113] have investigated the possibility of electrochemically charging Al with H using a cell similar to that of Clasen. In this case the electrochemical cell consisted of a pure Al anode and a platinum (foil or wire) cathode using THF with dissolved NaAlH4 as the electrolyte. In this reaction three AlH\(_4^-\) ions (from NaAlH\(_4\)) combine with one Al\(^{3+}\) ion (from anode) to generate four moles of solvated AlH3 at the anode as shown for the (anode) reaction below:

\[ 3\text{AlH}_4^- + \text{Al}^{3+} + n\text{THF} \rightarrow 4\text{AlH}_3 \cdot n\text{THF} \]  

(14)

The AlH3-nTHF adduct is a white solid, and it is typically difficult to remove the AlH3 intact. The desolvation requires high temperatures to break the Al–O bond and once the THF is removed the hydride begins decomposing, leading to a final product consisting of a mixture of Al and AlH3. Improvements in yield and efficiency were achieved by the use of additives, such as the introduction of LiAlH4 to the THF, along with the addition of LiCl, which acts as an electrocatalytic additive (ECA). The use of LiCl enhances the electrochemical process, leading to a higher cell efficiency and better overall yields [111]. Similar regeneration reactions
can be envisioned for other metastable metal hydrides, such as LiAlH₄ or Mg(AlH₄)₂.

In this particular procedure three-quarters of the AlH₃ come from splitting the alanate (NaAlH₄) and one-quarter is due to Al hydrogenation (consumption of the anode). It is worth noting that reaction (14) is similar to the conventional chemical synthesis of AlH₃ (reaction 2) where the Al⁻⁻ ions from AlCl₃ are replaced by Al⁻ ions from the anode. Removing the chloride from the reaction is an important step towards achieving a low energy regeneration process since it eliminates the need to break up the salt (e.g., LiCl).

Although the above reaction is an improvement over the conventional synthesis, this procedure still requires a costly precursor, NaAlH₄, which is consumed during the reaction. Importantly, however, the NaAlH₄ can also be reformed along with the spent fuel and the byproducts of the electrochemical reaction using the well-known hydrogenation process of Bogdanović and Schwickardi [9]. After the anode is formed, sodium from the electrolyte is deposited on the platinum electrode, either in the form of a metallic sodium or, if hydrogen gas is present, in the form of sodium hydride. In the latter case, the NaH (recovered from the cathode) can be reacted with the spent material (e.g., Al metal) and H₂ gas to reform NaAlH₄ [9]. This last step, the formation of NaAlH₄ from NaH and Al, requires a catalyst, typically a transition metal such as titanium. When all steps are combined, electrochemical synthesis of alanate along with the reformation of NaAlH₄ by direct hydrogenation, this procedure yields a complete, closed-loop regeneration pathway for AlH₃ where the only thing added and consumed during the cycle is hydrogen gas.

10.2. Chemical Regeneration. Another promising approach to the regeneration of metastable metal hydrides involves a multistep, chemical process for hydride formation. In its simplest form, this is a two-step process involving hydride stabilization through the formation of a hydride adduct followed by separation and hydride recovery. Although the formation of metastable hydrides by direct hydrogenation typically requires extremely high pressures, this barrier can be substantially reduced by the addition of a stabilizing agent that forms an adduct with the hydride. Since these metastable hydrides (e.g., AlH₃) can be generally classified as Lewis acids, the appropriate stabilizing agents are Lewis bases, such as ethers or amines. For example, in the presence of an amine, aluminum powder can be readily hydrogenated at pressures of a few bar, considerably lower than the 30 kbar required to hydrogenate aluminum (at 300°C) in the absence of a stabilizing amine [114–118]. Once the hydride is formed, the second step involves the removal of the stabilizing ligand and the recovery of the pure AlH₃. Generic examples of the regeneration procedure for AlH₃ and MAI₄ are given below:

\[
\begin{align*}
\text{Al} + \text{L} + \frac{3}{2} \text{H}_2 & \rightarrow \text{AlH}_3 \cdot \text{L} \rightarrow \text{AlH}_3 \ + \text{L} \uparrow \\
\text{MH} + \text{Al} + \frac{3}{2} \text{H}_2 & \rightarrow \text{MAI}_4 \cdot \text{L} \rightarrow \text{MAI}_4 \ + \text{L} \uparrow \\
\end{align*}
\]

(15)

This method can be used to regenerate a variety of metastable metal hydrides (AlH₃, LiAlH₄, Mg(AlH₄)₂, and Ca(AlH₄)₂), which cannot be formed by direct hydrogenation. One of the best examples is LiAlH₄, which cannot be reformed from LiH and Al powder directly, but in the presence of tetrahydrofuran will form the adduct LiAlH₄·THF at H₂ pressures of ~350 bar [69, 119, 120]. A more recent study demonstrated that the addition of a Ti catalyst lowered the hydrogenation pressure to just a few bar at room temperature [121]. Once the adduct is formed it can be decomposed at low temperature (60–70°C) under partial vacuum to remove the THF and recover the AlH₃ [119]. The full regeneration procedure for LiAlH₄ is given below:

\[
\text{LiH} + \text{Al}^\ast + n\text{THF} + \frac{3}{2} \text{H}_2 \rightarrow \text{LiAlH}_4 - n\text{THF} \\
\rightarrow \text{LiAlH}_4 \ + n\text{THF} \uparrow
\]

(16)

where Al^\ast represents titanium-catalyzed aluminum. The hydrogenation reaction (first step in reaction (16)) is reversible and the thermodynamics were investigated by measuring pressure-composition isotherms. The free energy was found to be small and slightly negative (ΔG = −1.1 kJ/mol H₂), suggesting an equilibrium hydrogen pressure of just under 1 bar at room temperature [119]. More recently, a similar approach was adopted using dimethyl ether (DME = Me₂O), rather than THF, as the stabilizing ligand, as shown below [122]:

\[
\text{LiH} + \text{Al}^\ast + n\text{Me}_2\text{O} + \frac{3}{2} \text{H}_2 \rightarrow \text{LiAlH}_4 - n\text{Me}_2\text{O} \\
\rightarrow \text{LiAlH}_4 \ + n\text{Me}_2\text{O} \uparrow
\]

(17)

In this process the use of DME over THF may be more convenient since the DME is a gas at room temperature and it is easily removed after hydrogenation by simply venting the reactor. In the full regeneration procedure the dehydrogenated product (LiH + Al^\ast) is dissolved in Me₂O at a hydrogen pressure of 100 bar. After 24 hours at room temperature, the gases H₂ and Me₂O are released and the remaining solid material in the reactor is catalyzed LiAlH₄.

Cycling studies of LiAlH₄ (Ti catalyzed) produced by this method (reaction (17)) showed a hydrogen release of 7 wt.% (80–180°C) over 5 regeneration cycles [123].

A similar type of regeneration procedure (consisting of a stabilization step followed by separation) is also being pursued for aluminum hydride. Early studies of Ashby demonstrated hydrogenation of Al powder at moderate pressures in the presence of triethylenediamine (TEDA) [112]. More recently, the hydrogenation pressure required for this reaction was further reduced by the use of a transition metal catalysts (e.g., Ti). The hydrogenation of catalyzed Al^\ast and an amine (NR₃), to form an alan amine adduct, is shown below:

\[
\text{Al}^\ast + x\text{NR}_3 + \frac{3}{2} \text{H}_2 \rightarrow \text{AlH}_3 - x\text{NR}_3
\]

(18)
In this reversible reaction, the catalyzed Al powder (Al*) is stirred into a solution with the amine and a solvent (e.g., tetrahydrofuran). The application of moderate hydrogen pressures (1–100 bar) at low temperature (23–80°C) results in the formation of xNR₃·AlH₃, where x is typically 1 or 2. Figure 12 shows the drop in hydrogen pressure associated with the hydrogenation of Al and triethylenediamine (TEDA) in THF to form TEDA·AlH₃ at room temperature. In this particular case, the TEDA (solid) was dissolved in THF and added to the catalyzed Al* powder in the reactor. There is initially no reaction with the application of hydrogen (~35 bar) until the solution is agitated (stirrer activated), at which point there is an immediate pressure drop due to dissolution of H₂ into the solution. In the case of the Ti-catalyzed Al, the hydrogenation reaction proceeds slowly and is complete after ~3 days. The product, TEDA·AlH₃ is insoluble in THF (and most solvents) and precipitates out of solution as a white solid. It is interesting to note that the same experiment performed with uncatalyzed Al powder does not react, clearly indicating that a small amount of a transition metal catalyst (<2 mol%) is necessary to perform these hydrogenation reactions at low pressures [113].

More recent studies focused on alane adduct formation by direct hydrogenation have demonstrated that a number of other tertiary amines are also effective at stabilizing AlH₃ including trimethylamine (TMA), quinuclidine, hexamine, and dimethylethylamine (DMEA). These compounds typically form 1:1 or 2:1 adducts (NR₃:AlH₃) depending upon the concentration. The molecular structures for a few different amine alane adducts are shown in Figure 13 (type of adduct shown (e.g., 2:1 or 1:1) is not necessarily the most stable).

The formation of alane adducts by direct hydrogenation of Al is a relatively simple reaction that works under mild condition with a variety of amines. However, in order to recover AlH₃ from the adduct, the stabilizing molecule (amine) must be removed without decomposing the hydride. This has proven to be the primary obstacle for alane regeneration since all of the amine alane adducts shown in Figure 13 are very stable. Unlike alane etherates, which have a relatively weak Al–O bond and can be separated at low temperature (60–70°C), the Al in the alane amines is more tightly bound to the N, making the direct separation of NR₃·AlH₃ more difficult. Typically, the separation, or desolvation, of most alane amines occurs at temperatures well above 100°C where the AlH₃ is unstable. Once the amine is removed, the alane rapidly releases H₂ and decomposes to Al metal.

The challenges associated with separating alane amines have led to a search for less stable adducts and to date, there is only one known amine that can be separated from AlH₃ at low temperature (70°C), triethylamine (TEA). However, despite numerous attempts, TEA·AlH₃ is not easily formed.
by direct hydrogenation (reaction (18)). In this case, the Al–N bond is weaker than most other alane amines and the large ethyl groups may also sterically hinder adduct formation. Currently, the search is underway for the “Goldilocks” compound, which forms a bond strong enough to stabilize the hydride, but weak enough so that the adduct can be separated at low temperature.

One way of circumventing this issue may be to simply use two different amines for the regeneration, one that forms a strong Al–N bond for the hydrogenation, and a second that forms a weak Al–N bond for the separation. In this case an amine exchange reaction, also known as transamination, is necessary to transform one adduct into the other. Although the transamination is energetically uphill, this type of reaction can be driven by exploiting the law of mass action. In this case, a solution is prepared where the second amine (which forms the less stable adduct) is maintained at a high concentration and the first amine (which forms the more stable adduct) is preferentially removed. This type of reaction places restrictions on the choice of amines, since the first amine must form a more stable adduct and should have a higher vapor pressure than the second amine or the adduct. It was recently demonstrated that the amines in DMEA-AlH3 and TMA-AlH3 could be exchanged with TEA to form TEA-AlH3 under mild conditions, as shown below [114, 116]:

$$\text{NR}_3\text{-AlH}_3 + \text{TEA} \rightarrow \text{TEA-AlH}_3 + \text{NR}_3 \uparrow \quad (19)$$

The progress of the transamination reaction can be followed using Fourier transform infrared (FTIR) spectroscopy since the positions of the Al–H stretch peaks for TMA-AlH3 (Al–H peak at 1710 cm\(^{-1}\)) and TEA-AlH3 (Al–H stretch at 1777 cm\(^{-1}\)) are separated by 67 cm\(^{-1}\). Figure 14 shows the FTIR spectra from the initial hydrogenation product (TMA-AlH3) on the bottom and a spectrum from a standard sample of TEA-AlH3 on the top. Triethylamine was added to the TMA-AlH3 in diethyl ether and stirred for several hours at 55°C under a sweep of nitrogen gas. The formation of triethylamine alane is indicated by the growth of a new peak at 1777 cm\(^{-1}\) (middle spectrum), which is complete after approximately 3 hrs.

The final step in the regeneration process involves the separation of TEA-AlH3 into TEA and AlH3. Although this can be accomplished a few different ways, the most common method involves heating the TEA-AlH3 to 75°C under a nitrogen sweep or partial vacuum for ~4 hrs, as shown below:

$$\text{AlH}_3\text{-TEA} \rightarrow \text{AlH}_3 \downarrow + \text{TEA} \uparrow \quad (20)$$

The TEA is removed as a gas (recovered in a trap) and the remaining solid is crystalline \(\alpha\)-AlH3. X-ray diffraction patterns of the material recovered from TEA-AlH3 showed primarily \(\alpha\)-AlH3 (~90 mol%), with a small amount of Al (~10 mol%).

The complete low energy regeneration procedure for \(\alpha\)-AlH3 is summarized in Figure 15. In this particular example DMEA is used to stabilize the alane during hydrogenation in step 1 (TMA could also be used for this step). Step 2 involves exchanging TEA for DMEA (transamination) to form TEA-AlH3, which is separated in step 3 to recover AlH3. Although each of the steps necessary to regenerate AlH3 (reactions (18)–(20)) has been independently verified, the integration of all three steps remains a significant challenge. More work is needed to improve the product yields at each stage of the procedure and incorporate and simplify the three steps (hydrogenation, transamination, and separation) into a single process.

One of the primary concerns with the regeneration of metastable metal hydrides is the energy required to execute this process. In 2011 an independent analysis of AlH3 regeneration described above (using TMA) was conducted by Hua and Ahluwalia assuming 100% conversion during hydrogenation, 75% yields in the transamination step, and 75% in the TEA-AlH3 separation step [124]. They found that the production of 10 kg of AlH3 (1 kg of H2) required ~511 MJ of energy (natural gas and electricity). This energy consumption includes regeneration energy (~341 MJ) and the energy it takes to make the 1 kg of hydrogen in the first place from natural gas (~170 MJ). Given that 10 kg of AlH3 contains 121 MJ of energy (based on the lower heating value of H2), the well-to-tank (WTT) efficiency is ~24%. Since the temperatures for all regeneration steps in Figure 15 are typically low (<80°C), improvements in efficiency can be achieved by using industrial waste heat rather than natural gas for the heating requirements. In this case the WTT efficiencies were estimated to be 37% [122]. More recently, the WTT efficiencies for AlH3 regeneration were raised to 41–54%, based upon improvements in the regeneration procedure [125]. Although these values still fall short of the US Department of Energy target of 60%, the efficiency of
alane regeneration is estimated to be greater than other off-board hydrides, such as ammonia borane, which is estimated to have WTT efficiencies of 12–37%.

11. Where Do We Go from Here?

There is currently a growing need for innovative energy storage systems to supply power at all scales, from small microelectronics to the electrical grid. Although metastable metal hydrides are clearly unsuitable for many of these applications, they exhibit a few important properties that could prove especially useful for mobile applications: (i) low pressure hydrogen storage, (ii) high volumetric and gravimetric hydrogen density, and (iii) low temperature hydrogen release. Recently, two metastable metal hydrides, AlH₃ and LiAlH₄, were identified as two of only a few “near term materials” for vehicular hydrogen storage [126]. Despite many of the advantages of using a metastable hydride for automotive applications, two key challenges need to be overcome. The first is regeneration; although a few different pathways have been identified, the cost will need to come down (WTT efficiencies need to increase to 60% or more). The second challenge is the system engineering; current designs are focused on using hydride slurries to move the material into an external reactor, but that introduces a number of new challenges such as keeping the slurry flowing before and after decomposition.

In the near term, the metastable metal hydrides are ideally suited for a variety of other applications. These compounds (e.g., AlH₃, LiAlH₄), along with their amine adducts, are valuable chemical reductants that can be used (and is some cases are currently being used) to synthesize a variety of chemical compounds. For hydrogen storage applications, these materials are well suited to high value portable electronics that require lightweight and compact energy storage systems. Increasing demand for power systems built into backpacks, jackets, and clothing for military, industrial, and recreational use has generated much interest in AlH₃ in recent years. In addition, these materials may also be ideally suited to unmanned aerial vehicles (UAV). It is also worth noting that these hydrides can be tailored to release hydrogen on demand, either through low temperature thermolysis, hydrolysis, or both. When reacted with water (hydrolysis), hydrogen is released from the hydride and from the water increasing the total H₂ yield. This type of system may be especially useful for marine application (e.g., unmanned submersibles) where the water is available and does not need to be carried onboard. In many of these applications the amount of hydride used is relatively small so the cost is expected to be low relative to the cost of the device (e.g., UAV). In these cases the hydride would likely be prepared through the conventional synthesis procedure (rather than regenerated), which would allow the spent fuel to be discarded after use.

12. Summary

The kinetically stabilized metal hydrides offer a new approach to hydrogen storage. The low heat of decomposition and rapid low temperature kinetics make these hydrides promising candidates for high value portable electronics in the near term and possibly automotive applications in the long term. For larger-scale applications a number of key challenges need to be overcome. These materials are not reversible at practical H₂ pressures and the conventional organometallic synthesis routes are costly. The utility of these materials will require new cost-effective and energetically efficient methods to regenerate or recycle the hydride from the spent fuel and reaction products. In addition, new hydrogen storage systems will need to be designed, specifically for the metastable metal hydrides, that enable a controllable hydrogen release within a narrow temperature window.

Acknowledgments

This paper has been authored by Brookhaven Science Associates, LLC under Contract no. DE-AC02-98CH1-886 with the US Department of Energy.

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