Study on the Inheritance, Protection and Development of Traditional Wushu under the Background of Rural Urbanization

Yi Hua Deng and Sen Lin Lu

Abstract: With the continuous development of China's social and economic development and rural urbanization. In the traditional martial arts survival environment crisis, the survival of the soil is disappearing, they are compressed, Ji Zhanhe limited the traditional martial arts of the living space; in order to save the precious Chinese traditional martial arts resources, from the perspective of human education must form a consensus, to create science popularization of traditional martial arts education system, explore the inheritance and development of the road.

Keywords: rural urbanization; Traditional Wushu; inheritance; development; research

1. Preface

China's traditional martial arts and martial arts, resources are very rich, all over the country towns. The rural production environment, which is based on the agricultural economy, provides a good environment for the inheritance and development of traditional Wushu. With the deepening of China's social and economic development and the continuous development of rural urbanization, the survival of traditional martial arts environment crisis, the survival of the soil is disappearing. In the face of increasingly harsh living environment, how can we effectively preserve the traditional martial arts resources, and play an important role in the physical and mental health of our people. We need to change our ideas and take decisive measures to create a

Yi-Hua DENG, Sen-Lin LU, Jiangxi Science & Technology Normal University, Jiangxi, Nanchang, 330013
more favorable environment and conditions for the inheritance, protection and development of traditional Wushu.

2 The factors affecting the survival of traditional Wushu

2.1 Urbanization affects the survival space of traditional Wushu

The urbanization of rural areas poses a great threat to the living space of traditional Wushu, which directly affects the inheritance, protection and development of Wushu resources. With the rapid development of China's social economy, the urbanization of rural areas, the original ecological environment of rural human being has been destroyed, and will eventually withdraw from the stage of history. Traditional values have a strong impact, a large number of rural young adults to leave their homeland, the rural population structure has undergone fundamental changes, led directly to the traditional martial arts appeared to leave no successor phenomenon, especially influenced by the urbanization of rural areas, and in an embarrassing situation, if the government does not take effective measures, the traditional martial arts is likely to die.

2.2 Modern sports occupy the survival space of Wushu

The invasion of modern western sports is a challenge to the traditional martial arts, but also an important factor affecting the survival of martial arts. How to inherit the traditional martial arts Chinese, many experts and scholars according to their own views and carry out the writing activities, its purpose is to China's traditional martial arts ideas continue to rooted in the people, let the traditional martial arts play a special role in promoting the national physique and carry forward the national spirit of martial arts and other aspects. By the impact of western sports, some of the traditional sports items were eliminated, some good martial arts also showed a decline, decline or even disappear. The main embodiment of aging, such as lean in some traditional Wushu training groups, even the great development potential of the traditional martial arts heritage, the environment has changed. The root of this development trend is still a large gap between the western sports values and China's traditional Wushu Sports values. The pursuit of martial arts and the world, the traditional martial arts to the so-called modernization, this cognitive bias, is the main factor leading to the gradual withdrawal of traditional martial arts society.

2.3 Schools to reduce the limit of the traditional martial arts living space

Modern Chinese traditional martial arts are very developed, all over the country everywhere, showing a thriving situation. After the founding of new China, the development of traditional martial arts in China is not smooth, in 1990s, China has started the upsurge of physical education curriculum reform, but the reform of martial arts education is not effective. Affected by the market and competitive sports, the traditional martial arts in the cultural
component is less and less, and more performance for gymnastics tendency, resulting in the connotation and characteristics of martial arts is more difficult to reflect. Traditional martial arts in most of the primary and secondary schools did not start, the main reasons: first, the education department does not require the traditional martial arts in primary and secondary schools. Secondly, the important role of traditional martial arts has not been recognized by the majority of teachers and students. Third, the country has not developed a syllabus for primary and secondary school martial arts teaching. The main reasons of the direct influence of the traditional Wushu. At the same time, it also limits the survival space of traditional Wushu.

3 Need to form a consensus on the inheritance and development of traditional Wushu

There are a lot of traditional Wushu resources in our country. Affected by the Western athletics sports, especially sports world sports game movement, a great impact on the Chinese Traditional Wushu, led directly to Chinese traditional martial arts is constantly weakening and disappearing. However, in the face of the traditional martial arts education, and has not formed the inheritance and development of the importance of this consensus, one ten, because in the view of education, to analyze and study the traditional martial arts, the research work is based on the field theory to carry out the top protection, inheritance and development of Chinese Traditional Wushu, create social background and rich good knowledge of the connotation and theoretical support for the heritage of traditional martial arts in the process. In order to carry forward the traditional martial arts, educational management departments can consider the traditional martial arts into the context of national education to carry out research, to create a traditional Martial Arts Humanities and social environment. Specifically from the following aspects:

3.1 Explore the connotation of Humanistic Education

How to embody the connotation of humanistic education in traditional Wushu education must be connected with the cultivation of talents in our country. The inheritance and development of traditional martial arts must have an enthusiastic education group to organize the implementation of the traditional martial arts, humanities education depends on the role of population education, also with the living environment and the actual demand change. However, there is one thing that can not be changed, the core of the development of traditional martial arts is still dominated by the crowd, leaving the crowd of traditional martial arts do not exist in the soil and environment. The development of traditional Wushu is closely related to the social and cultural environment.
3.2 Create a humane education environment
It is the core of inheriting and carrying forward the traditional Wushu resources, and also one of the important ways to inherit the traditional national culture. Only the creation of traditional martial arts culture living environment, can we really carry on the national spirit of the traditional martial arts, or the national martial arts culture will disappear, or from the world's cultural forest exit. The traditional martial arts culture is the most important part of the treasure house of Chinese culture. It combines the religion, philosophy and national character of the eastern world. It is worth noting that foreign goods "Karate", "Taekwondo" and "Kendo" with its distinctive national characteristics and cultural features are easy to learn China teenagers has become widely accepted, our people known to every family sport. The excellent traditional Wushu project, although with the connotation of "broad and profound" has not received due attention. The practice of Taekwondo in China will be the essence of the traditional martial arts, so that the "Taekwondo" into the Chinese traditional culture gene, and loved by the people. The traditional Wushu culture is shouldering the heavy responsibility of the national traditional sports culture inheritance, we must create the humanities education environment, in order to adapt to the needs of its inheritance and development, otherwise it will be abandoned by the trend of historical development. The essence of our salvation is to save our national soul.

4 The way to establish the inheritance and development scientifically
4.1 To create a popular education system
The popularization of traditional martial arts education is an effective way to inherit and develop. It is more and more difficult for the living environment to be affected by the rural urbanization. The mass education system includes all levels of school education and various kinds of amateur cultural education, and the fields involved are very extensive. The department in charge of education should directly intervene in the traditional Wushu education activities in primary and secondary schools, and implement them into the specific training programs. The establishment of popular traditional martial arts education system, in the primary and secondary schools to set up traditional martial arts education (professional courses, elective courses and amateur courses) courses, the popularity of traditional martial arts sports participation rate. The traditional martial arts project will be transformed into a popular mode of education, the only way to create a suitable for the survival and development of traditional martial arts education system.

4.2 The education concept of the cultivation of the successors
Heritage is the core of traditional Wushu heritage and development, but also
the key to bigger and stronger. Based on the background of urbanization in rural areas, the phenomenon of young people out of work is very common, resulting in a lack of martial arts heritage. The inheritance of traditional Wushu needs a large number of aspiring young people in the martial arts, traditional martial arts must be integrated into the national education system, take great efforts to excavate the traditional martial arts resources, its essence, to its dregs, become the basic material of the traditional martial arts education, training for the key to curing heritage education, strengthen heritage the education, training and support work, in a modern society and lay a solid foundation for the promotion of traditional Wushu.

4.3 Clear the goal of traditional martial arts education

The traditional Wushu is the quintessence of the splendid culture of ancient China, which embodies the spirit of the Chinese nation. Traditional martial arts in China has not been popular, know martial arts, martial arts and martial arts and contact with the imagination of a large gap, that is, some of the traditional martial arts, can not adhere to. The main reason is that the traditional martial arts teaching in schools is not the core task, often only as an ordinary sports fitness project. To popularize the traditional martial arts, traditional martial arts must be clear about the goal of education, the traditional martial arts project located in the health promotion education, and strive to create a good teaching environment of traditional Wushu, the traditional martial arts training courses for school personnel column series. The traditional martial arts is a traditional knowledge of universal teaching, so that students can effectively understand and appreciate the traditional martial arts movement. For the traditional martial arts, savvy good students can be used as the inheritors of culture, to create a better learning condition for the students, for the students to develop targeted goals, the traditional martial arts teaching content for the traditional martial arts heritage effectively solid foundation.

4.4 Based on the characteristics of the regional Heritage

Chinese martial arts are rich and profound, rich in details, and a variety of martial arts and regional characteristics, we must pay attention to regulate the heritage, pay attention to regional differences and different styles of characteristics. Stand at the national level can have a relatively uniform traditional Wushu teaching, but each school should be based on the regional differences and the local characteristics of the traditional martial arts, combined with regional martial arts personality to revise textbooks, highlight the regional characteristics of the traditional martial arts famous boxing. The state should formulate a unified standard of teaching materials, and the whole country will compile the authentic teaching materials on this basis. With the introduction of the national level of martial arts teaching materials as the
standard, all localities should integrate into the regional characteristics to achieve overall consideration, standardize the heritage, so that all kinds of Traditional Martial Arts Heritage and development of our country to be guaranteed.

4.5 Follow the laws of education reform teaching model
Schools at all levels must follow the laws of education, the establishment of a scientific system of traditional martial arts teaching. According to the study object of curriculum development, to distinguish between the students and the popularity of students, for the good of the traditional martial arts students from culture heritage of culture system, for only in the physical fitness of students, should not be too demanding. The school should use traditional Wushu teachers' specialty, consider mentoring teaching mode, implementation of chuanbangdai. Choose the students who have the potential to develop the traditional Wushu as the key training object, give more learning and special guidance time. According to the need to organize the teaching of martial arts, martial arts teachers to carry out regional boxing investigation, research and excavation finishing work, hired a private boxer field guide, strengthen the regional traditional Wushu teaching features, teaching, creating regional traditional Wushu Teaching mode.

5 Conclusion
The urbanization of rural areas has made great harm to the living environment and soil of traditional Wushu, and may even lead to the disappearance of traditional Wushu resources. However, the traditional martial arts is the core content of Chinese traditional culture, is an important link to promote China culture, education departments in the perspective of safeguarding national interests, create a good living space for the inheritance and development of traditional Wushu, to strengthen the important role of various schools keep traditional Wushu heritage in culture, the development of traditional Wushu teaching syllabus and textbook publishing of traditional martial arts to regulate the traditional martial arts school teaching work, clear school traditional Wushu education to implement tutorial system, give full play to the teacher's subjective initiative, combined with the characteristics of Regional Traditional Wushu, Wushu has expertise of students, cultivate their inheritance become candidates, lay a solid foundation for the inheritance and development of traditional Wushu.

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