Probing for the host galaxies of the fast X-ray transients XRT 000519 and XRT 110103

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ABSTRACT

Over the past few years, ~30 extragalactic fast X-ray transients (FXRTs) have been discovered, mainly in Chandra and XMM-Newton data. Their nature remains unclear, with proposed origins, including a double neutron star merger, a tidal disruption event involving an intermediate-mass black hole and a white dwarf, or a supernova shock breakout. A decisive differentiation between these three promising mechanisms for their origin requires an understanding of the FXRT energetics, environments, and/or host properties. We present optical observations obtained with the Very Large Telescope for the FXRTs XRT 000519 and XRT 110103 and Gran Telescopio Canarias observations for XRT 000519 designed to search for host galaxies of these FXRTs. In the g_r, r_i, and R-band images, we detect an extended source on the north-west side of the ~ 1” (68 per cent confidence) error circle of the X-ray position of XRT 000519 with a Kron magnitude of g_r = 26.29 ± 0.09 (AB magnitude). We discuss the XRT 000519 association with the probable host candidate for various possible distances, and we conclude that if XRT 000519 is associated with the host candidate a supernova shock breakout scenario is likely excluded. No host galaxy is found near XRT 110103 down to a limiting magnitude of R > 25.8.

Key words: X-rays: bursts – X-rays: general – X-rays: individuals (XRT 000519, XRT 110103).

1 INTRODUCTION

Fast X-ray transients (FXRTs) last a few tens to a few thousands of seconds. Over the past few years, FXRTs have been discovered in Chandra, XMM Newton, and eROSITA data by Jonker et al. (2013), Glennie et al. (2015), Irwin et al. (2016), Bauer et al. (2017), Xue et al. (2019), Lin, Irwin & Berger (2019), Alp & Larson (2020), Novara et al. (2020), Wilms et al. (2020), and Lin, Irwin & Berger (2021), although they were probably detected in data from earlier satellites as well (e.g. Arefiev, Priedhorsky & Borozdin 2003; Soderberg et al. 2008).

The origin of fast X-ray flares may well be diverse: they have been proposed to arise from a binary neutron star merger (BNS), a tidal disruption event (TDE) involving an intermediate-mass black hole (IMBH) and a white dwarf (WD), an off-axis or sub-luminous γ-ray burst (GRB) or a supernova shock breakout (SBO); see the references above and Perets et al. 2016; Waxman & Katz 2017; Dado & Dar 2019; Xue et al. 2019). Potentially, the TDE of a planet-sized object by a neutron star in the halo of our Milky Way galaxy can explain the observed properties (Campana et al. 2011; Perets et al. 2016), similar to earlier models for GRBs.

‘SBO’ is the earliest electromagnetic radiation from a supernova explosion. The SBO emission takes place when the radiation-mediated shock reaches the edge of the star (Nakar & Sari 2010; Ofek et al. 2010; Waxman & Katz 2017). Brief X-ray flares can arise
in a supernova SBO. A famous example of such a SBO signal is that discovered serendipitously by \textit{Swift} for SN 2008D (Soderberg et al. 2008). Prompt discovery of supernovae and the properties of the SBO X-ray emission allow for the radius of the progenitor star to be inferred (Waxman & Katz 2017), which is crucial to set constraints on supernova simulations. More observational input especially during the first phase of the explosion are needed to provide new constraints to the physics governing these simulations. Among the FXRTs reported by Alp & Larsson (2020), nine of them are associated with potential host galaxies and the FXRTs XT 070618, XT 060207, and XT 040610 are host-less candidates. Alp & Larsson (2020) explain all these FXRTs as supernova SBO emission.

Tidal disruption of stars was predicted over three decades ago by e.g. Hills (1975) and Rees (1988). TDEs release a large amount of energy as bright flares at X-ray, ultraviolet (UV) and optical wavelengths (van Velzen et al. 2016; Saxton et al. 2020). Because the tidal radius and Schwarzschild radius scale differently with black hole (BH) mass, solar-mass stars cross the event horizon before being disrupted for supermassive black hole (SMBH) masses exceeding $\sim 10^5 M_\odot$. There would be no observable signals except possibly for gravitational waves in such cases (Luminet & Pichon 1989; East 2014). Note that this mass limit can be higher in the situation where the SMBH is rapidly spinning and the star follows an orbit prograde with this spin (Beloborodov et al. 1992; Leloudas et al. 2016), or when the to-be-disrupted star is less compact than a $1 M_\odot$ main-sequence star such as a more massive main-sequence star or a giant star (where the outer envelope can be disrupted; Guillochon & Ramirez-Ruiz 2013).

In the case of a TDE, one also expects an SBO signal (e.g. Guillochon et al. 2009; Yalinewich et al. 2019). Detection of this tidal disruption X-ray breakout signal would be important as it would allow the measurement of the time-delay between the disruption of the star and the onset of the release of power for instance through a self-interaction shock or through accretion of gas on to the black hole detectable for instance through optical and X-ray emission. This could settle the debate on the nature of the optical emission (shock powered or accretion powered; Rees 1988; Piran et al. 2015). The time delay between onset of optical and X-ray emission also contains valuable information on the TDE properties (Chen & Shen 2021; Hayasaki & Jonker 2021).

The properties of several FXRTs are similar to those predicted for the TDE of a WD by an IMBH (Rosswog, Ramirez-Ruiz & Hix 2009; Maguire et al. 2020). We define IMBHs as those black holes that have a mass between 100 and $10^5 M_\odot$ (cf. Greene, Strader & Ho 2013). WDs can be tidally disrupted by IMBHs with masses below $\sim 10^5 M_\odot$ (again this mass limit depends on the black hole spin; Maguire et al. 2020). Globular clusters and dwarf galaxies are considered promising locations to host IMBHs (Colbert & Mushotzky 1999; Fabbiano, Zezas & Murray 2001; G"ultekin, Miller & Hamilton 2004; Greene & Ho 2007), although the WD TDE rate is thought to be about 1/100 of the main-sequence TDE rate around IMBHs ($10^{-6}$ per globular cluster per year e.g. MacLeod, Trenti & Ramirez-Ruiz 2016; Maguire et al. 2020).

A number of attempts have been made to identify the host galaxies for FXRT in optical data. The FXRT CDF-S XT2 was found to be associated with a galaxy at a redshift $z = 0.74$. The clear plateau in its X-ray light curve, similar to those seen in short GRBs, argues for a BNS origin. The FXRT lies in the outskirts of the star-forming host galaxy with an offset of $\approx 3.3 \pm 1.9$ kpc from galaxy centre (Xue et al. 2019). This is consistent with the host properties of short GRBs (Berger 2014). Xue et al. (2019) and gives a possible explanation for the FXRT as being powered by a millisecond magnetar, formed in the aftermath of a BNS merger (Metzger, Quataert & Thompson 2008). The light curve of the FXRT CDF-S XT2 (Lin et al. 2021) is similar to that of CDF-S XT2, hence it also has been proposed as the result of a BNS merger (Ai & Zhang 2021).

CDF-S XT1 is found to be associated with a faint host galaxy of uncertain redshift (Bauer et al. 2017). Serendipitous VLT imaging observations were obtained only 80 min after the X-ray detection of FXRT CDF-S XT1 by Bauer et al. (2017). No optical counterpart was found down to a limiting magnitude of $\sim 25.7$ in the $R$-filter. If the lack of a bright optical counterpart close in time to the detection of the X-ray transient is common, it is essential to study their host galaxy properties in order to determine the distance and thus energetics of these FXRTs.

In this paper, we report on late-time optical observations designed to find or constrain the host galaxy properties of CDF-S XT00519 (Jonker et al. 2013) and XRT 110103 (Genni et al. 2015). CDF-S XT00519 lies in the direction of M86. If we assume it is at the distance of M86 of 16.2 Mpc, this X-ray transient has a peak luminosity of $\sim 6 \times 10^{42}$ erg s$^{-1}$. The X-ray light curve shows that the main flare is double-peaked, with precursor events taking place approximately 4000 and 8000 s before the main flare (Jonker et al. 2013). The precursor event time-scale is in agreement with the expected orbital time-scale of a WD in an eccentric orbit around an IMBH (MacLeod et al. 2016). The observed tail in the \textit{Chandra} X-ray light curve of CDF-S XT00519 would then be associated with the accretion of a part of the material falling back (at super-Eddington rates) towards the IMBH (Strubbe & Quataert 2009; Lodato & Rossi 2011).

The X-ray transient XRT 110103 is associated with the ACO 3581 cluster at a distance of 94.9 Mpc as proposed by Genni et al. (2015), with a peak luminosity of $\sim 2 \times 10^{44}$ erg s$^{-1}$. For 6560 s of observations with \textit{Chandra} prior to the main flare, there was no detection of the source above the background.

XRT 000519 is located at right ascension (RA) and declination (Dec.) $12^\text{h}25^\text{m}31^\text{s}.64$, $+13^\circ3\ 58^\prime.8$ while the best known coordinates for XRT 110103 are $14^\text{h}08^\text{m}28^\text{s}.89$, $−27^\circ3\ 29^\prime.4$ (J2000). The 1σ uncertainty in the source position is 1 arcsec and 1.1′′ for XRT 000519 and XRT 110103, respectively (from Jonker et al. 2013; Genni et al. 2015).

Throughout the paper, we have considered the base Λ-CDM cosmology, with Hubble constant $H_0 = 67.4 \pm 0.5 \text{ km s}^{-1} \text{ Mpc}^{-1}$, matter density parameter $\Omega_m = 0.315 \pm 0.007$ (Planck Collaboration 2018). In Section 2, we describe the observations and our analysis, in Section 3, we list the results, which we discuss in Section 4, and we conclude in Section 5.

2 OBSERVATIONS AND ANALYSIS

A journal of the photometric observations of the FXRTs XRT 000519 and XRT 110103 is given in Table 1.

2.1 VLT observations of XRT 000519 and XRT 110103

We obtained optical images of the fields around FXRT XRT 000519 and XRT 110103 using the European Southern Observatory (ESO) 8.2 m Very Large Telescope (VLT) employing the FOcal Reducer/low dispersion Spectrograph (FORS2; Appenzeller et al. 1998). It is equipped with two $2k \times 4k$ MIT CCDs. We only used CCD1 for our analysis as, by design, the fields around FXRT XRT 000519 and XRT 110103 were covered by that CCD. The images have been taken in the Johnson-Cousins R-band filter, which has an effective wavelength $\lambda_{\text{eff}}$ of 640 nm with a bandwidth (Δλ) of 158 nm (Bessell 2005). We took 3 $\times$ 1050 s images for XRT 000519 and 6 $\times$ 1050 s

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for XRT 110103. The initial plan was to observe both the sources for $3 \times 10^5$ s, however, due to deteriorating seeing over the first observations of XRT 110103, they were repeated under better seeing conditions. The observations were done in service mode.

We performed bias and flat-field correction using the ESO reflex (Freudling et al. 2013) data reduction pipeline. The L.A.Cosmic software was employed to remove cosmic rays from the images (van Dokkum 2001). We examined the masks for each of the images and made sure that none of the pixels around the fields of our interest has been masked erroneously.

After cosmic ray removal, the individual frames were aligned and average combined for both XRT 000519 and XRT 110103. The IRAF IMCOMBINE task was used to stack the images. For XRT 000519, we only used the second and third images for stacking as the seeing (FWHM) for the first image was 1.14 arcsec, while the other two images were substantially better with values of 0.88 and 0.90 arcsec. Similarly, for XRT 110103, we only used five images for the deep stacked image, as the seeing of the third image was worse (0.99 arcsec), compared to an average of 0.91 arcsec for the other five images.

In order to put the stacked images of both sources on the International Celestial Reference System, we considered all the Pan-STARRS sources with number of detections ($n_{det}$) $> 5$, within 3 arcmin of the telescope pointing centre. We manually inspected all of the sources on the FORS2 image and excluded any source that was either saturated or extended. We measured the pixel coordinates in the FORS2 image of all the remaining sources using the centroid algorithm in IRAF PHOT. Finally, we used the IRAF CCMAP task to determine the new World Coordinate System (WCS) solution. Sixty-nine and fifty sources from Pan-STARRS were used to fit the astrometric transformation for XRT 000519 and XRT 110103, respectively. The IRAF CCMAP task was used to apply the astrometric calibration to the images.

Next, we extracted the RA and Dec., magnitude, and magnitude error from all the objects detected in the stacked image using the Source Extractor software (SExtractor; Bertin & Arnouts 1996). For the photometric calibration of the image, we used Pan-STARRS catalogue data (Chambers et al. 2016). The transformation equation of Lupton (2005) was used to convert the Pan-STARRS magnitudes given in the Sloan $r_s$ and $i_s$ bands to a Johnson-Cousins $R$-band magnitude.

Finally, we compared the instrumental magnitude of each of the stars extracted using SExtractor with its magnitude in the Pan-STARRS catalogue excluding saturated stars. The median of the difference between the instrumental and the Pan-STARRS magnitudes was calculated. This gives us the zero-point value. We used the calculated zero points for XRT 000519 and XRT 110103 separately to convert the instrumental magnitudes to apparent magnitudes in both cases. We used PYTHON version 3.7, with astropy packages for the further analysis (Astropy Collaboration 2013; Price-Whelan et al. 2018). For any galaxy near XRT 000519 and XRT 110103, the Kron magnitudes were calculated.

### 2.2 GTC observations XRT 000519

We obtained simultaneous $u_s$, $g_s$, $r_s$, $i_s$, and $z_s$-band images with the HiPERCAM instrument mounted on the 10.4 m Gran Telescopio Canarias (GTC) at the Roque de los Muchachos Observatory (La Palma, Spain). HiPERCAM makes use of four dichroic beam splitters to split the collimated light into five filters. Seventeen frames with an exposure time of 180 s each with only 7.8 ms dead time between each exposure were obtained on 2021 May 10, starting at 23:26:40 (UTC) in each of the filters. HiPERCAM provides a plate scale of 0.081 arcsec per pixel and a field of view of 3.1 arcmin (diagonal) on GTC (Dhillon et al. 2021). The seeing in the images was around 0.8 arcsec.

The data reduction steps, including bias subtraction, flatfield correction and, for the $z_s$-band, fringe correction, which were performed using a dedicated data reduction pipeline. We checked the individual images for significant seeing or sky transparency variations but these were not present. We used the L.A.Cosmic software to remove cosmic rays from the individual images (van Dokkum 2001). Then, we average-combined the 17 images into one deep image.

For each of the combined $u_s$, $g_s$, $r_s$, $i_s$, and $z_s$-band images, we refined the default astrometric solution that was based on the telescope pointing using the known astrometric position of 11 stars in the Pan-STARRS catalogue. We used the centroid algorithm in IRAF PHOT and then IRAF CCMAP to determine the WCS solution. For each filter, we obtained independent astrometric solutions and we applied the astrometric corrections using IRAF CCSETWCS task to the corresponding filters. The HiPERCAM images of the $\sim 5 \times 5$ arcsec$^2$ region of XRT 000519 are given in the Fig. 1. For the zero-point value, we compared the instrumental magnitude of each of the stars to its magnitude in the Pan-STARRS catalogue for the $g_s$, $r_s$, $i_s$, and $z_s$-filters and to the SDSS catalogue for the $u_s$-filter.

### 2.3 WHT observations XRT 000519

We obtained spectra of six nearby galaxies to try to determine their redshift using Auxiliary-port CAMera (ACAM) at the 4.2-m William Herschel Telescope (WHT). Some information on the observed galaxies is given in Table 2. We used the V400 grism, the CG395A (transmitting 3950–9400 Å) order blocking filter, the 1 arcsec slit, and the AUXCAM CCD for our observations. Arc lamp spectra were obtained after each science spectrum exposure. The spectra were reduced using PyRAF (Science Software Branch at STScI 2012) and MOLLY (Marsh 2019).

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1In particular, we used the JOINUP script. See [https://deneb.astro.warwick.ac.uk/phsaap/hipercam/docs/html/fringe.html](https://deneb.astro.warwick.ac.uk/phsaap/hipercam/docs/html/fringe.html) Fringe frames obtained on May 19, 2018 were applied. These are available at [https://deneb.astro.warwick.ac.uk/phsaap/hipercam/docs/html/files.html#fringe-maps-and-peak-trough-pairs](https://deneb.astro.warwick.ac.uk/phsaap/hipercam/docs/html/files.html#fringe-maps-and-peak-trough-pairs)
We for the 3.1 GTC/HiPERCAM range are selecting galaxies to limit magnitude ∼ 20. The magnitude limit is clearly shown in the SDSS images, with a white arrow in the g-r and r-i bands. The number in the first column corresponds to the number of the galaxy in Fig. 5. The first four galaxies may belong to a group of galaxies at z = 0.18.

| Galaxy | Name            | RA and Dec. (J2000) | Apparent Kron R magnitude | Kron radius (arcsec) | redshift | Projected size (kpc) | Absolute Magnitude |
|--------|-----------------|----------------------|---------------------------|----------------------|----------|----------------------|--------------------|
| 1      | SDSS J122535.17 +130411.4 | 12h25m35.17s +13°04'12.4'' | 20.04 ± 0.02             | 3.51                 | 0.1866 ± 0.0001 | 11.4              | −19.83 ± 0.03      |
| 2      | SDSS J122532.20 +130501.9 | 12h25m32.20s +13°05'01.9'' | 19.15 ± 0.02             | 3.89                 | 0.1866 ± 0.0001 | 12.6              | −20.72 ± 0.03      |
| 3      | SDSS J122546.74 +130440.4 | 12h25m46.74s +13°04'40.4'' | 19.37 ± 0.02             | 3.5                  | 0.1866 ± 0.0001 | 11.3              | −20.50 ± 0.03      |
| 4      | SDSS J122540.24 +130445.7 | 12h25m40.24s +13°04'45.7'' | 18.82 ± 0.02             | 3.5                  | 0.1866 ± 0.0001 | 11.3              | −21.05 ± 0.03      |
| 5      | SDSS J122539.24 +130714.1 | 12h25m39.24s +13°07'14.1'' | 18.80 ± 0.02             | 3.5                  | 0.29 ± 0.05     | 15.7              | −22.14 ± 0.04      |
| 6      | SDSS J122536.71 +130219.0 | 12h25m36.71s +13°02'19.0'' | 17.52 ± 0.01             | 7.5                  | 0.1082 ± 0.0012 | 15.3              | −21.06 ± 0.01      |

* magnitude from SDSS

2.4 Completeness and limiting magnitude

For all VLT and GTC images, we determine the completeness and limiting magnitude through the addition of artificial stars close to the location of the X-ray source. We define the completeness as the magnitude at which 95 per cent of injected artificial stars are being recovered at > 5σ and within 0.2 mag of the input magnitude, while we define the magnitude at which 33 per cent of the artificially created stars are recovered as the limiting magnitude.

In detail, the procedure is as follows: using IRAF’s PSF task, we first create a model for the point spread function (PSF) using isolated stars in the image. We next add an artificially created star of variable magnitude with a light distribution consistent with the PSF to the relevant image. We used a PyRAF script to add the artificial star to the image using the ADDBLUR task. The artificial star is added to the 68 per cent confidence 1 arcsec transient uncertainty region associated with the X-ray detection. Within this region, we varied the position where we put the artificial star on the image slightly to sample variations in the background count rate.

We tried to detect this artificially created star using the standard source detection algorithm used before (DAOFIND, with a 5σ detection threshold) and we also ran PHOT, for the sources which are being detected. The artificial star is counted as recovered if the source magnitude is determined to within 0.2 mag of the input value.

We repeat the above procedure for artificial stars with different magnitudes in 0.1 steps in magnitude. We first determined the relevant magnitude range using 100 iterations. After the important range in magnitude is found we iterated the artificial star procedure for 10³ times for each 0.1 magnitude bin.

3 RESULTS

3.1 XRT 000519: Candidate host identification and photometry

We clearly detect a source (>5σ; called cNW hereafter) in the GTC/HiPERCAM g-r and r-i-band images on the north-west side of the ∼ 1 arcsec error circle of the XRT 000519 position at RA and Dec. 12h25m31.58s, +13° 03'59.32" (see Fig. 1). Our marginal detection (3σ) in VLT/FORS2 R-band observations corroborates this (see Fig. 2).

From the HiPERCAM images, we obtained a Kron magnitude (MAG_AUTO) for the probable host galaxy cNW by using the SExtractor (Bertin &Arnouts 1996) on the g-r-filter image $m_{gr}$ = 26.29 ± 0.09.

We also determined the completeness and limiting magnitude for $g_r$, $r_i$, and $z_s$-band HiPERCAM images. They are shown in...
From the \( g_r \)-band GALFIT fit, we obtain an effective half-light radius \( (R_h) \) of \(-8.68\) pixels. With a pixel scale of \( 0.081\) arcsec per pixel for HiPERCAM on GTC, cNW has an angular size for \( R_h \) of \( 0.703 \pm 0.002\) arcsec\(^2\). Given the seeing of \( 0.8\) arcsec, this implies that the half-light diameter of the galaxy is resolved. We also obtained the \( g_r-r_s \) colour of cNW from the HiPERCAM image using aperture photometry in \textsc{sextractor} obtaining \( g_r-r_s = -0.11 \pm 0.19 \) \( (g_r = 26.16 \pm 0.11 \) and \( r_s = 26.27 \pm 0.16, \) using a circular aperture of \( 1\) arcsec radius). Note that the colour is not corrected for any intergalactic/stellar extinction.

We determine the probability for cNW to be found inside the 68 per cent confidence region of XRT 000519 by chance. First, we determine the number density of sources brighter than or as bright as cNW from the FORS image. It is \( 0.028\) stars/sq. arcsec in a region of \( 30\)° × \( 30\)° centred on RA \( 12^h 25^m 31^s.2 \) and Dec. \( +13^\circ 03 \ 57.2\). This region is chosen such that it falls away from the stream of stars (see Jonker et al. 2013). Considering that the \( 1\) arcsec error region has an area of \( 3.14\) sq. arcsec, and assuming Poisson statistics, we find the probability for one or more sources to be found randomly in the localization error region to be \( 0.083\).

We used \textsc{iraf} to obtain PSF photometry of cNW in the FORS \( R \)-band. The source cNW has a PSF magnitude of \( R \sim 26.0 \pm 0.3\), whereas we derive a completeness limit of \( R = 24.5\) and limiting magnitude of \( R = 25.3\). The completeness and limiting magnitude for the FORS2 \( R \)-band is derived through the procedure mentioned in Section 2.4. For XRT 000519 and XRT 110103, they are shown in Fig. 4. That the PSF magnitude is fainter than the completeness and limiting magnitude can be explained in part by the use of a \( 5\sigma \) detection threshold in our artificial star experiment, whereas the source cNW is only detected at a \( 3\sigma \) level in the FORS2 \( R \)-band image. Furthermore, as mentioned in Section 2.4, the limiting magnitude is defined as the magnitude at which 33 per cent of the stars are recovered. This implies that the faintest source detected could be fainter than the defined limiting magnitude. The magnitude for the object reported in Jonker et al. (2013) is not that of the candidate host galaxy but instead that of a nearby high pixel.

3.2 XRT 000519: spectroscopy of field galaxies

We obtained spectra of six galaxies in the field of XRT 000519, including four galaxies that form part of a possible group (Table 2). Fig. 5 shows these four galaxies. For each, we obtained a spectrum. The redshift for the source labelled ‘Galaxy 4’ was determined using the emission lines H\( \alpha \) \( \lambda 6564\), H\( \beta \) \( \lambda 4862\), \[O III\] \( \lambda 4960\), 5008 and
[Sil II] λ6732. The flux calibrated spectrum of ‘Galaxy 4’ is shown Fig. 6. We fitted multiple Gaussians to the emission lines using the LMFIT package and obtained the best-fitting central wavelengths and their associated errors. The redshift is $z = 0.1866 \pm 0.0001$, giving a luminosity distance of $940.2 \pm 0.4$ Mpc calculated using Wright (2006). We determined the redshift of ‘Galaxy 5’ to be $0.29 \pm 0.05$ by cross-correlating the ACAM spectrum with the template spectra obtained by the Sloan Digital Sky Survey 5 (Adelman-McCarthy et al. 2007). Emission lines Hα λ6564, [O III] λ4960, 5008 and [Sil II] λ6732 were present in the spectra of ‘Galaxy 6’ and we determined the redshift to be $0.1082 \pm 0.0012$. For the three galaxies labelled 1–3 in Table 2, we cross-correlated the WHT spectra with those of different galaxy templates obtained by the Sloan Digital Sky Survey 5 in an attempt to determine their redshifts. However, no significant cross-correlation signal was found. In addition, no emission lines were detected in the spectra that could help us determine their redshift.

### 3.3 XRT 110103

For XRT 110103, we find no candidate host in the positional error region (see Fig. 7) down to a completeness and limiting magnitude of $R = 25.4$ and $R = 25.8$, respectively (see Fig. 4). The nearby sources in the image are consistent with point sources as the PSF subtraction gave us clean residuals at the resolution of VLT/FORS.

### 4 DISCUSSION

We obtained deep optical images to try to detect the host galaxies of the FXRTs XRT 000519 and XRT 110103. The detection of a host galaxy or globular cluster would enable a redshift/distance measurement, which would allow the observed flux and fluence to be converted to luminosity and energy, respectively. These parameters would strongly constrain the nature of these FXRTs. For example, the peak luminosities of different progenitor models are drastically different, with $L_{\text{peak}} \lesssim 10^{46}$ erg s$^{-1}$ for BNS mergers (Berger 2014), $L_{\text{peak}} \lesssim 10^{48}$ erg s$^{-1}$ WD-IMBH TDEs (Maguire et al. 2020), and $L_{\text{peak}} \lesssim 10^{46}$ erg s$^{-1}$ for supernova SBOs (Soderberg et al. 2008; Waxman & Katz 2017). Furthermore, the small- and large-scale environment properties of the FXRT such as the host

\[ \text{https://lmfit.github.io/lmfit-py/} \]

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**Figure 6.** The flux calibrated spectrum of the galaxy SDSS J122540.24 + 130445.7 (Galaxy 4 in Fig. 5). Unbinned data are shown in grey. The boxcar smoothed spectrum (Box1DKernel with a width of 5 pixels) is shown in black. The dotted lines indicate the emission lines in the spectrum that we used for the redshift determination ($z = 0.1866 \pm 0.0001$).

**Figure 7.** The VLT/FORS2 image of the $\approx 10 \times 10$ arcsec$^2$ field around the best-known position of XRT 110103 is shown. The 68 per cent confidence circular error region with a radius of 1 arcsec is marked by a red circle.

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4.1 XRT 000519

We have detected an extended source in the north-west region of the circular 95 per cent confidence error region of XRT 000519. This source, which we call cNW, is visible in Figs 1 and 2. The extended nature of the source is most readily detectable in the HiPERCAM $g_s$-band image. A GALFIT fit gives a half light radius of $\approx 0.7$ arcsec.

4.1.1 Assuming cNW and XRT 000519 are associated

In order to investigate the nature of XRT 000519, we will first consider two possible distances to cNW. The fact that the projected position of cNW falls close to a stream of stars seen to protrude from M86 leads us to consider the possibility that it lies at the distance of M86. If so, it has an absolute magnitude of $M_g = -4.8$. At that distance the angular half light radius of $\approx 0.7$ arcsec converts to a projected half light radius of $\sim 55$ pc. We compared this inferred size and absolute magnitude with the size and absolute magnitude distributions observed for dwarf galaxies in the $g$-band$^4$ (see Fig. 8). Here, we used the absolute magnitudes and half light radii of dwarf galaxies given in Simon (2019). To convert their $V$-band magnitudes to the $g$-band magnitudes, we used the transformation equation by Lupton (2005). For the $g - r$ colour necessary for the transformation, we took the median colour of 50 000 galaxies from the SDSS using the AstroML sdss_galaxy_colours function where SpecClass = ‘GALAXY’. We calculated the absolute magnitude and half-light

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$^3$In order to estimate the uncertainty on the half light radius, we varied the input parameters for our GALFIT fit, however, the resulting median absolute deviation on the half light radius was 0.002 arcsec, a value we deem too small to be a realistic estimate for the uncertainty.

$^4$For the purpose of the calculation in this section, we assume that $g_s = g$ and $r_s = r$. 

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Figure 8. The absolute $g_r$-band magnitude and half-light radius of dwarf galaxies is shown by purple circles (the data come from Simon 2019). The absolute (K-corrected) $g_r$-band magnitude and half light radius of the candidate host galaxy (cNW) calculated for different distances/redshifts is denoted by blue circles. Here, we determined the K-correction using the K-correction calculator (Chilingarian et al. 2010, Chilingarian & Zolotukhin 2012). The location of cNW assuming it were either at the distance of M86 or at $z = 0.1866$ is marked with a yellow star symbol. For both distances the source falls close to the size-luminosity relation observed for dwarf galaxies, although it would either have to be brighter given its size or smaller given its absolute magnitude than typical if at the distance of M86.

radius of cNW assuming different redshifts in Fig. 8, K-corrected using the K-calculator$^5$ (Chilingarian, Melchior & Zolotukhin 2010, Chilingarian & Zolotukhin 2012). We used the $g-r$ derived from the HiPERCAM images for the K-correction for cNW.

For the inferred absolute magnitude, the inferred half light radius is small compared with that observed for dwarf galaxies, or alternatively, the source is bright for its size. The HiPERCAM images show that cNW is blue with $g-r = -0.11 \pm 0.19$. Given the colour of cNW, considering the absolute magnitude and angular size of blue compact dwarf galaxies (Meyer et al. 2014, Kormendy 2015), we deem it unlikely that cNW is a dwarf galaxy at the distance of M86. However, we cannot definitively rule out the possibility of cNW being an ultra-faint dwarf galaxy at the distance of M86. A dwarf galaxy could harbour an IMBH (Greene, Strader & Ho 2020; Maguire et al. 2020) and the X-ray flare could be due to an IMBH-WD TDE.

If XRT 000519 is at the distance of M86, the implied peak X-ray luminosity of $\sim 6 \times 10^{42}$ erg s$^{-1}$, does in itself not rule out an SBO origin, given that it is consistent with the peak luminosity seen and expected in the case of supernova SBOs (Soderberg et al. 2008; Waxman & Katz 2017). In this scenario, the supernova went off in a dwarf galaxy. However, it is quite unlikely that XRT 000519 is due to a supernova SBO at M86 as it is unlikely that the associated optical supernova was missed (see section 3.1 of Jonker et al. 2013).

We next check if cNW, and by association XRT 000519, is at the distance of the putative group of galaxies. From Fig. 5, it can be seen that there are several galaxies (in projection) near the location of XRT 000519. The redshift for galaxy 4 is $z = 0.1866 \pm 0.0001$, giving a luminosity distance of $940.2 \pm 4$ Mpc. Its associated absolute magnitude and angular/physical size are $-21.05$ and $\sim 3.5'/11.3$ kpc, respectively. If the galaxies 1–3 are at the same redshift, the projected distance between the galaxies with the largest angular separation on the sky is $\sim 0.68$ Mpc, and with four galaxies, it is reasonable to consider this a compact galaxy group (see e.g. Lovisari et al. 2021). If we assume that all four galaxies belong to a galaxy group beyond M86, we can calculate their absolute magnitudes (see Table 2). The spread in these absolute magnitudes is small (mean $\sim -20.52$ and standard deviation $\sim 0.45$). The detected angular size, again assuming they are at the same distance, also implies that their physical size are similar (Table 2). We next assume that cNW lies at the same distance as this putative group of galaxies. This implies an absolute magnitude of $M_g = -14.1$ (K-corrected) and a projected half light radius of $2.2$ kpc for cNW (see Fig. 8). This absolute magnitude and projected size make the source consistent with the (extrapolated) size–luminosity relation for dwarf galaxies (Simon 2019). Several blue dwarf galaxies also have a similar size and absolute magnitude to that of cNW if cNW were to be at the distance of the probable galaxy group (Meyer et al. 2014, Kormendy 2015). If XRT 000519 is associated with such a background galaxy group at a distance of $\sim 940$ Mpc, the peak luminosity of the XRT 000519 would be $\sim 2 \times 10^{49}$ erg s$^{-1}$. In that case, we could discard a supernova SBO origin as the progenitor (Soderberg et al. 2008; Waxman & Katz 2017), and if the source originates in a WD TDE or BNS merger it implies that the peak luminosity is super-Eddington (perhaps as the result of beaming). It is interesting to note that hydrogen-poor superluminous supernovae also seem to favour blue-star forming galaxies (for a review see Gal-Yam 2019).

Next, we investigate if we can obtain distance constraints on XRT 000519, interpreting cNW as a spiral or an elliptical galaxy. To this end, we compared the size and absolute (Kron) magnitude of cNW when placed at varying distances to that of spiral and elliptical galaxies. For Figs 9 and 10, we calculated the K-correction using the prescription presented in Hogg et al. (2002) using the spectral energy distribution (SED) of a spiral or an elliptical galaxy to compute the K-correction. We used SED models given in the HYPERZ package$^6$ (Bolzonella, Miralles & Pelló 2000, CWW_Sed_ext.sed and CWW_E_ext.sed for spiral- and elliptical galaxies, respectively (see Figs 9 and 10). Note that for the HYPERZ templates, the original data extend only from 1400 to 10 000 Å; the data in the templates are extrapolated at UV and near-infrared wavelengths using the spectral evolution models of Bruzual A. & Charlot (1993). In addition, we used the SED templates elliptical_template and s0_template from the Kinney–Calzetti spectral atlas (Calzetti, Kinney & Storchi-Bergmann 1994, Kinney et al. 1996) for elliptical galaxies. For the relation between half-light radius and absolute magnitude in the $r'$-filter, we use equation (4) and fitting parameters given in table 1 from Zhang & Yang (2019). We utilized the $(g-r)$ derived from the SED models corresponding to each redshift to convert the observed Kron $g'$-filter magnitude to the $r'$-band. Using the above-mentioned relation, we compute the half-light radius for spiral and elliptical galaxies in the $r'$-filter for an absolute magnitude in every 0.5 mag bin.

Above we used the measured Kron $g'$ magnitude and the template SED to calculate the required $r'$ magnitude instead of the aperture $g'$.
and $r$, since the Kron magnitude is an appropriate measurement of the extended galaxy light. However, we will investigate below if the observed $g - r$ colour can help determine the distance of the source. Furthermore, it is worth noting that the relation given in Zhang & Yang (2019) was developed using data from low ($z < 0.2$) redshift galaxies. As a result, the size–luminosity relation may not hold for larger redshifts, and hence the ranges for the redshift of cNW (see below) is probably not robust. For completeness, we also compared the calculated magnitude with the $K$-correction determined using the $K$-calculator7 (Chilingarian et al. 2010, Chilingarian & Zolotukhin 2012).

The resulting size-luminosity for cNW is consistent with the observed spiral galaxy size–luminosity relation for redshifts in the range of 4.1–4.5 (Fig. 9). If cNW is a spiral galaxy that hosts XRT 000519, the FXRT peak luminosity would thus be $\approx 4 \times 10^{49}$ erg s$^{-1}$. As mentioned above, the exact value of the redshift and hence luminosity is uncertain due to the large extrapolation in redshift for the observed galaxy size–luminosity relation. However, if cNW is a spiral galaxy, it seems as if the source distance and hence luminosity is (too) large.

If cNW is an elliptical galaxy host of the FXRT XRT 000519 instead (see Fig. 10), the observed cNW and elliptical galaxy size–luminosity correlations for the HYPERZ template intersect for redshifts of 0.75–0.80, 1.80–1.85, or 3.4–3.8. We found that using the elliptical template cNW intersects the calculated size–luminosity track for the template at two different redshift ranges namely, $z = 0.8–1.0$ and 1.6–2.3. For the s0 template, cNW intersects for redshifts in the interval 1.0–1.6. Among the three elliptical (and S0) templates we used, there is quite some spread in the redshift range where the cNW size–luminosity intersects.

If XRT 000519 is related with an elliptical galaxy, the FXRT would have a peak luminosity between $\approx 5 \times 10^{47}$ and $3 \times 10^{49}$ erg s$^{-1}$. In all these cases, a supernova SBO origin as the progenitor is excluded, and the FXRT is likely due to a beamed WD-IMBH TDE or it has a BNS merger origin.

A striking feature in Figs 9 and 10 is the loop seen at a log$(z)$ of $\approx 3.8$. The location of log$(z) \approx 3.8$ is caused by the observed angular size of cNW combined with the angular – physical size conversion as a function of redshift set by cosmology. For the cDeltaCDM cosmology taken in this paper, the physical size for a given angular size starts to decrease as a function of redshift larger than $z \approx 1.6$. The drop in absolute magnitude from $\approx -20.5$ to $\approx -14$ for an assumed spiral galaxy (Fig. 9) and from $\approx -25.5$ to $\approx -18.5$ for an assumed elliptical galaxy (Fig. 10) can be explained by a combination of factors. First, our observed $g$-band magnitude is converted to an $r'$-band magnitude on the basis of the $g - r'$ determined from the galaxy template SED and redshift under consideration. The $g - r'$ colour becomes redder for $0 < z \lesssim 1$ to maximize around $g - r' \approx 1.5$, subsequently becoming increasingly blue from $1 \lesssim z \lesssim 2.1$, peaking at a value of $\approx -3.5$, to become redder again for even higher redshifts. Secondly, the $K$-correction in magnitude as a function of redshift also decreases steadily from $z \approx 1$ until a redshift of $z \approx 2.2$ for our spiral galaxy template. The combined result of the $g - r'$ colour and the $K$-correction can explain the change in the absolute magnitude of cNW for redshifts between $1 \lesssim z \lesssim 2.1$. Likewise, the loop seen in Fig. 10 can be explained by the combined effect of these two processes, although the redshift values, where the changes are largest, are different due to the different spectral energy distribution of the template.

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7See http://kcor.sai.msu.ru/
clusters are likely to host an IMBH, if any, and if so it is assumed that it will be the more massive globular clusters that are more likely to host an IMBH (Maguire et al. 2020). This, together with the very low expected rate of WD TDEs in a faint globular cluster, makes that scenario unlikely.

If we assume that XRT 000519 occurred at the distance of the putative galaxy group at $\approx -940$ Mpc or even further away, we would derive an upper absolute magnitude limit of $-14.7$ from the completeness limit of $g = 25.2$. This absolute magnitude limit is well above the range of magnitudes seen in globular clusters (Simon 2019). However, whereas in principle, we cannot rule out an association with a globular cluster in this case, the absolute magnitude constraint on the galaxy that hosts the globular cluster is stringent, still making such a scenario unlikely.

4.2 XRT 110103

Glennie et al. (2015) considered it likely that XRT 110103 is associated with the galaxy cluster ACO 3581, which is at a distance of $\approx 95$ Mpc (Johnstone et al. 2005). If this association is real, it implies that XRT 110103 had a peak luminosity of $\approx 2 \times 10^{44}$ erg s$^{-1}$. Considering a distance of 95 Mpc and a completeness limit of 25.4 mag, we have an absolute magnitude limit of $-9.5$. This implies that XRT 110103 cannot be associated with the brightest globular clusters. Note, however, that the non-detection of a galaxy to which such a globular cluster would belong makes this scenario unlikely. Also, if globular clusters host IMBHs, it will be those at this bright massive end of the globular clusters that do (Fragnione, Ginsburg & Kocsis 2018). Hence, XRT 110103 is unlikely to be linked to a WD-IMBH TDE in a globular cluster.

5 CONCLUSIONS

We present a search in the optical for the host of two FXRTs. For one, XRT 000519, we detected an extended source in the GTC/HiPERCAM $g_r$- and $r_b$-band images with a $g_r$-band Kron magnitude of $\approx 26.29 \pm 0.09$. We consider this source, so-called cNW, a candidate host galaxy for XRT 000519. Under the assumption that XRT 000519 originated in cNW, if at the distance of M86, we cannot completely rule out cNW being a dwarf galaxy. If cNW lies at the distance of the putative galaxy group at a distance of 940.2 $\pm$ 0.4 Mpc that we identified, the FXRT could originate from a blue dwarf galaxy. We also used galaxy size–luminosity relations for spiral or elliptical galaxies to constrain the redshift of cNW. If cNW lies further away, it could be an elliptical galaxy at a redshift in the range of 1.6–2.3, comparing the colour of cNW with that of redshifted template galaxy colours. For all these host scenarios it is effectively ruled out that XRT 000519 is due to a supernova shock break-out signal, in line with the non-detection of a supernova.

Even if the close proximity of the host candidate and the position of the FXRT XRT 000519 is due to a chance alignment, we cannot definitively rule out a dwarf galaxy at the distance of M86, although it is disfavoured.

The non-detection of a host candidate for XRT 110103 does not allow us to put stringent constraints on the origin of this event. However, we consider it unlikely that XRT 110103 is associated with a source in a globular cluster.

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DATA AVAILABILITY

All data will be made available in a reproduction package uploaded to Zenodo (https://doi.org/10.5281/zenodo.6472859).

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