Aptamer-Based Plasmonic Plastic Optical Fiber Biosensors: A Focus on Relevant Applications †

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Abstract: Optical detection is one of the most used transduction methods in biosensors and apart from the commercially available instruments based on surface plasmon resonance (SPR), an emerging class of devices, based on both silica and plastic optical fibers (POFs), is finding its route. On the other hand, aptamers represent the next-generation biorecognition elements for biosensor implementation, thanks to several characteristics making them more appealing with respect to the conventional antibodies. The joint exploitation of plasmon resonance in plastic optical fibers and aptamers is here reported, focusing the attention on various relevant biological applications (e.g., thrombin, vascular endothelial growth factor (VEGF), and SARS-CoV-2 spike protein).

Keywords: surface plasmon resonance (SPR); aptamers; plastic optical fiber; biosensors

1. Introduction

Surface plasmon resonance, or localized surface plasmon resonance (LSPR), represents a gold standard in the optical characterization of biomolecular interaction, due to its high sensitivity, and it is also widely used as a transduction method in biosensor implementation. In particular, SPR/LSPR systems based on plastic optical fibers (POF) represent an emerging field which is paving the way for the development of a new class of sensors [1–3], not only for the POFs’ intrinsic characteristics such as excellent flexibility, large diameter and great numerical aperture, but also for the possibility for easily implementing different geometries, such as U-bent, D-shaped, side-polished, and tapered configurations. Furthermore, these kinds of optical fiber sensors can be used to realize small-size and low-cost optical biosensors and can be coupled to a variety of molecular recognition elements (MRE), such as antibodies, molecular imprinted polymers or aptamers (aptasensors).

Among MREs, the aptamers are an emerging class of molecules characterized by several advantages. Aptamers are short single-stranded DNA or RNA fragments selected to bind a wide range of analytes, ranging from very small molecules (pesticides, toxins) up to entire microorganisms; they exhibit an affinity constant in the nanomolar range minimizing the probability of false-positive results [4]. Moreover, they can be easily modified and are characterized by a high batch to batch reproducibility, a high resistance in acidic environments and at high temperatures. Due to the above characteristics, the aptamers find applications in different fields [5], ranging from the detection of small molecules [6–8] to point-of-care diagnostic systems [9,10], being suitable for the detection of bacteria [11] or of circulating tumor cells [12].

Here we focus our attention on POF-SPR biosensors, using aptamers as molecular recognition elements, for biomedical applications and in particular for the detection of: THR, a clinical marker of the blood coagulation cascade, VEGF, a circulating protein potentially associated with cancer, and the SARS-CoV-2 Spike protein.
2. Methods

The materials and methods were extensively reported in our previously published papers [13–15]. Here we briefly summarize the main steps for each application. A scheme of the optical platform with the aptamer layer is reported in Figure 1a and the different developed interfaces are reported in Figure 1b–d.

![Figure 1. (a) Image of the sensor system with a zoom of the plasmonic optical sensor and different aptamer-based interfaces: (b) vascular endothelial growth factor (VEGF) [13], (c) thrombin [14], and (d) SARS-CoV-2 spike protein [15].](image)

2.1. VEGF-Aptasensor Preparation

The aptasensor for VEGF detection was prepared according to the procedure reported in [13]. Briefly, after cleaning the gold surface through an argon plasma (6.8 W of power to the RF coil for one minute), a 1 μM aptamer (\(5'\)-HO-(CH\(_2\)_3-S-S-(CH\(_2\)_3)-CCCGTCTTCCTACAGAGTTGGGGG3') solution in 1 M potassium phosphate buffer pH 7.0 for one hour was applied followed by passivation in 1 mM mercaptoethanol solution in the same buffer for 30 min (Figure 1b).

2.2. THR-Aptasensor Preparation

The THR-aptasensor was prepared according to [14]. Briefly, after cleaning the gold surface (argon plasma, 6.8 W of power to the RF coil for one minute), a water solution of 0.2 mM of PEGthiol:BiotinPEGlipo in an 8:2 molar ratio was incubated overnight. After washing, 5 μg/mL streptavidin solution in phosphate buffer (10 mM phosphate buffer, 138 mM NaCl, 2.7 mM KCl, pH 7.4) was applied for one hour. Finally, 10 μM of biotin-TBA29 aptamer (\(5'\)-/5BiotinTEG/AGCTCCGTATACAGTTGGGGGTGTACT-3') was incubated for three hours in the same phosphate buffer (Figure 1c).

2.3. SARS-CoV-2 Spike Protein Aptasensor Preparation

A protocol similar to the one developed for THR was applied for the SARS-CoV-2 spike protein aptasensor implementation [15]. The only difference was related to the aptamer...
sequence which, in this case, was the following: 5′-/5BiotinTEG/CAG CAC CGA CCT TGT GCT TTG GGA GTG CTG GTC CAA GGG CGT TAA TGG ACA-3′ (Figure 1d).

2.4. Optical Measurements

The optical platform used for all the measurements is the one shown in Figure 1a. The polymer cladding over the PMMA core (980 µm) of the POF was removed and a Microposit S1813 photoresist was spun on it. A 60 nm thick gold layer was finally sputtered onto the photoresist layer. A halogen lamp (360 nm to 1700 nm) was used as light source and an Ocean Optics USB2000+VIS–NIR spectrometer (330 nm to 1100 nm) was employed to analyze the transmitted spectrum. The sensing experiments on the SPR-POF aptasensor were performed by dropping about 70 µL of solution over the sensing region. After 10 min, the solution was removed and washing in buffer was performed. After the dropping of fresh buffer, the transmission spectrum was recorded and normalized to air.

3. Results and Discussion

In the last decade, different MREs, such as antibodies, molecularly imprinted polymers (MIP), and aptamers, have been exploited on POF-based devices so proving the high versatility of this kind of sensing platform [2]. With respect to conventional MREs, aptamers represent a new emerging class increasingly employed to realize biosensors. Up to now, very few examples of coupling between aptamers and POF-based biosensors have been reported in the literature [13–18], and most of them are from our research group.

In 2015, we developed an aptamer-based POF-SPR sensor for the detection of vascular endothelial growth factor (VEGF), selected as a circulating protein potentially associated with cancer [13]. A thiolated aptamer was directly immobilized on the gold film deposited in the POF’s sensing region. Typical dose-response transmission spectra, achieved by incubating different amounts of VEGF in 20 mM Tris–HCl buffer pH 7.4, are reported in Figure 2a. The obtained results suggested that the direct immobilization of the aptamers on the gold surface can negatively affect their recognition capability and that passivation is an important step of the interface layer build-up. In fact, proper passivation assures a better aptamer conformation and allows a limit of detection of 0.8 nM [13] to be reached. Even if our aptasensor exhibits similar performances with respect to other detection systems, the dissociation constant measured on our sensor was two orders of magnitude lower. This is probably caused by a loss of affinity in the immobilization procedure.

For the above reason, in the subsequent works, we changed the approach and developed an interface based on short polyethylene glycol (PEG). The idea was to keep away the aptamer from the surface in order to ensure a better sequence conformation. So, the detection of thrombin (THR), a clinical marker of the blood coagulation cascade, was performed modifying the gold-coated POF with a mixed interface (a short-PEG and a biotinylated-PEG) and immobilizing, through avidin-biotin chemistry, a THR binding aptamer [14] (see Figure 1c). Figure 2b reports an example of the dose-response curve recorded by POF-SPR measurement for different THR concentrations in buffer (Tris 50 mM, EDTA 1 mM, MgCl₂ 1 mM, KCl 150 mM pH 7.4) [14]. The good performance of the obtained interface were confirmed, resulting in a detection limit of 1.6 nM and in the increase of the dissociation constant of one order of magnitude.

Recently, we modified the PEG-based interface, previously developed for thrombin detection, in order to detect the receptor-binding domain (RBD) of the SARS-CoV-2 spike glycoprotein [15]. To this purpose, we changed the aptamer sequence, as reported in Section 2.3. Figure 2c reports an example of the dose-response curve obtained by incubating different amounts of protein in buffer (136.8 mM NaCl, 10.1 mM Na₂HPO₄, 2.7 mM KCl, 1.8 mM KH₂PO₄, 0.55 mM MgCl₂, pH 7.4). The aptasensor was tested, not only on the specific target, but also on aspecific targets (BSA, AH1H1 hemagglutinin protein and MERS spike protein) and in diluted human serum (50%). A limit of detection in the nanomolar range was achieved, confirming the good performance of this aptamer-based optical sensor.
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Figure 2. Dose-response curves obtained incubating different concentrations of VEGF (a), of thrombin, reprinted from [14] (b), and of SARS-CoV-2 spike protein (c). Langmuir fits are reported as well.

4. Conclusions

Aptamers represent an emerging class of biorecognition elements, more and more exploited in the development of optical biosensors. Their performance makes them the ideal elements to be immobilized on plasmonic optical fiber-based devices. On the other hand, the POF-based platform exhibits excellent flexibility, making it extremely interesting for coupling with aptamers in order to develop sensitive biosensors, which can be easily integrable in portable, small-size, simple-to-manufacture devices for clinical applications.

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