Deletion of PKCε Selectively Enhances the Amplifying Pathways of Glucose-Stimulated Insulin Secretion via Increased Lipolysis in Mouse β-Cells

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OBJECTIVE—Insufficient insulin secretion is a hallmark of type 2 diabetes, and exposure of β-cells to elevated lipid levels (lipotoxicity) contributes to secretory dysfunction. Functional ablation of protein kinase Cε (PKCε) has been shown to improve glucose homeostasis in models of type 2 diabetes and, in particular, to enhance glucose-stimulated insulin secretion (GSIS) after lipid exposure. Therefore, we investigated the lipid-dependent mechanisms responsible for the enhanced GSIS after inactivation of PKCε.

RESEARCH DESIGN AND METHODS—We cultured islets isolated from PKCε knockout (PKCεKO) mice in palmitate prior to measuring GSIS, Ca2+ responses, palmitate esterification products, lipolysis, lipase activity, and gene expression.

RESULTS—The enhanced GSIS could not be explained by increased expression of another PKC isoform or by alterations in glucose-stimulated Ca2+ influx. Instead, an upregulation of the amplifying pathways of GSIS in lipid-cultured PKCεKO β-cells was revealed under conditions in which functional ATP-sensitive K+ channels were bypassed. Furthermore, we showed increased esterification of palmitate into triglyceride pools and an enhanced rate of lipolysis and triglyceride lipase activity in PKCεKO islets. Acute treatment with the lipase inhibitor orlistat blocked the enhancement of GSIS in lipid-cultured PKCεKO islets, suggesting that a lipolytic product mediates the enhancement of glucose-amplified insulin secretion after PKCε deletion.

CONCLUSIONS—Our findings demonstrate a mechanistic link between lipolysis and the amplifying pathways of GSIS in murine β-cells, and they suggest an interaction between PKCε and lipolysis. These results further highlight the therapeutic potential of PKCε inhibition to enhance GSIS from the β-cell under conditions of lipid excess. Diabetes 58:1826–1834, 2009

Type 2 diabetes is characterized by hyperglycemia and dyslipidemia, and it results from insufficient insulin secretion from pancreatic β-cells to overcome the resistance of peripheral tissues to the actions of insulin. Insulin resistance is driven by genetic and environmental factors, but it is initially counteracted by an enlargement of β-cell mass and increased insulin output to maintain normal glucose homeostasis. Subsequent loss of β-cell mass and function in susceptible individuals causes impaired glucose homeostasis and progression to overt type 2 diabetes (1,2). The mechanisms underlying β-cell failure are poorly understood (3–5), although there is evidence that the β-cells of predisposed individuals are particularly compromised by exposure to high levels of circulating fatty acids, as occurs during obesity and insulin resistance (6). Moreover, model systems in which β-cells are chronically exposed to fatty acids (lipotoxicity) recapitulate both the loss of β-cell mass and many of the insulin secretory defects that are characteristic of type 2 diabetes (7,8).

Glucose-stimulated insulin secretion (GSIS) consists of triggering and amplifying pathways (9). Glucose triggers insulin secretion by generating ATP from oxidative metabolism, which closes ATP-sensitive K+ (KATP) channels, thereby inducing a membrane depolarization that stimulates Ca2+ influx via voltage-dependent Ca2+ channels. The amplifying pathways allow glucose to potentiate the secretory response to a given rise in cytosolic Ca2+ in a depolarized (triggered) β-cell (9). There is currently no consensus on the mechanism(s) coupling glucose metabolism to the amplification of insulin secretion, although several have been proposed (10–12). One candidate mechanism relates to the regulation by glucose of endogenous lipid signaling in the β-cell (11,12).

The protein kinase C (PKC) superfamily consists of conventional, novel, and atypical isoforms of serine-threonine protein kinases. The lipid-regulated subgroup of novel PKCs has been broadly implicated in the development of insulin resistance (13). This is particularly true of the PKCε isoform under conditions of nutrient oversupply (14–16) and in the livers of human type 2 diabetic subjects (17). Functional inhibition of PKCε also improves glucose homeostasis in rodent models of type 2 diabetes (18,19) and reverses acute lipid-induced hepatic insulin resistance (20). Unexpectedly, however, we recently found that enhancement of GSIS was another major means by which inhibition of PKCε function improves glucose homeostasis. This enhancement was observed in both dietary and genetic mouse models of type 2 diabetes and when using ex vivo models of β-cell dysfunction (18). Others have also
reported a role for PKCε in the maturation of proinsulin to insulin (21). Because the mechanisms by which PKCε deletion improves GSIS remain unclear, our current aim was to investigate the potential role of alterations in β-cell lipid metabolism. We demonstrate that after chronic lipid exposure, PKCεKO islets show a selective increase of the amplification pathways of GSIS. This was associated with a chronic increase of palmitate tracer incorporation into triglyceride stores, and it was dependent on an increase in the subsequent glucose-stimulated hydrolysis of those stores.

RESEARCH DESIGN AND METHODS

The PKCεKO mouse has global deletion of the Prkce gene, as described previously (18). Ethical approval for mouse studies was granted by the Garvan/St. Vincent’s Hospital animal ethics committee. Mice were maintained on a hybrid 129sv/C57BL/6 background using PKCε heterozygous (Prkce+/−) breeding pairs; 12-week-old male wild-type (Prkce+/+) and PKCεKO (Prkce−/−) littersmates were used for experiments. Mice had free access to water and standard mouse chow and were housed with a 12-h light/dark cycle.

Islet isolation and insulin secretion assays. Islets were isolated as previously described (32). After pancreatic digestion, islets were purified using a Ficollo-paque (GE Healthcare, Chalfont St. Giles, U.K.) gradient before overnight culture in Dulbecco’s modified Eagle’s medium with 11 mmol/l glucose and 10% FCS (Invitrogen, Paisley, U.K.). Islets were cultured for a further 48–72 h (chronic culture) with additional 0.4 mmol/l palmitate coupled to 0.92% BSA (lipid) or BSA alone prior to study (18).

For insulin secretion assays, islets were preincubated for 1 h in Krebs-Ringer buffer containing HEPES (KRBH) containing 0.1% BSA and 2 mmol/l glucose. Batches of five islets were incubated at 37°C for 1 h in 130 μl KRBH containing 0.1% BSA and 2 mmol/l glucose (basal) supplemented with glucose (20 mmol/l) or other additions, as indicated in the text. Insulin secretion experiment, but not during chronic culture. Insulin release was determined by radioimmunoassay (Linco/Millipore, Billerica, MA). Further, the glucose-amplified insulin secretion was nearly doubled for PKCεKO (0.26 ng, versus 8.5 ng for PKCεKO KO (not significant, n = 10). Islet protein content for wild-type islets was 320 ± 10.3 ng, versus 319 ± 9.9 ng for PKCεKO (not significant, n = 10).

PKCεKO islets show enhanced glucose-amplified insulin secretion. As shown previously (18), deletion of PKCε did not alter acute GSIS from islets cultured under control conditions, but it selectively enhanced this response after lipid culture (Fig. 2A). GSIS from islets under all treatment conditions was inhibited by diazoxide (Fig. 2A), which maintains KATP channels in an open conformation, preventing membrane depolarization. These results indicate that the enhanced GSIS in PKCεKO islets was dependent on normal coupling of glucose metabolism with depolarization-dependent Ca2+ influx. To measure the amplification pathways, KATP channel–independent secretion, GSIS assays were performed in the combined presence of diazoxide and 25 mmol/l KCl (9). The latter serves as a nonmetabolic depolarizing stimulus to activate voltage-gated Ca2+ channels and trigger insulin secretion under conditions in which the glucose-dependent initiation signal is inhibited by diazoxide. The secretory response to glucose in this protocol thus represents the amplification pathway (9), which was operative in all treatment groups (Fig. 2B). Moreover, after lipid culture, glucose-amplified insulin secretion was nearly doubled from PKCεKO islets relative to wild-type islets (Fig. 2B), whereas no significant difference between the two genotypes was observed under control culture conditions. These results suggest that an augmentation of the amplifying pathways is a major contributor to the overall enhancement of GSIS observed in lipid-cultured PKCεKO islets.

When quantitatively much smaller than the effect on GSIS, secretion in response to the depolarizing stimulus KCl (at basal glucose) was also significantly elevated in PKCεKO versus wild-type islets after lipid culture, but not under control culture conditions. As expected, this response to KCl was induced irrespective of whether KATP channel closure was blocked with diazoxide (Fig. 2B) or not (Fig. 2C). When forskolin was used to activate adenyl cyclase and increase cAMP levels, KCl-induced insulin secretion was enhanced in all treatment groups (Fig. 2C).
As with the GSIS experiments, the combination of lipid culture and PKCε deletion elicited a significantly greater secretory response than the other conditions.

In addition to its chronic effects, palmitate can also acutely potentiate GSIS from β-cells (27). To test whether PKCε deletion influences this process, we examined the acute effect of palmitate on GSIS from PKCεKO islets without chronic culture. Addition of palmitate during static secretion experiments produced equivalent responses from both PKCεKO and wild-type islets (Fig. 2D), suggesting that the mechanism underlying the enhanced GSIS in PKCεKO islets is independent of the potentiation of GSIS by palmitate.

PKCεKO islets have normal intracellular free Ca^{2+}, NAD(P)H, and flavin adenine dinucleotide levels in response to high glucose. Although the above results point strongly to an involvement of PKCε deletion in the amplifying pathways of GSIS, they do not exclude an effect on the triggering pathway. To address this more directly, we measured the increase in intracellular free Ca^{2+} after glucose and KCl stimulation. Increases in intracellular free Ca^{2+} were equivalent in chronic lipid-cultured PKCεKO β-cells and all other groups tested (Fig. 3A and supplementary Fig. A1). This argues against alterations in the triggering pathway, upstream of Ca^{2+} gating, as being implicated in the enhanced GSIS we observed in lipid-cultured PKCεKO islets.

We next measured the redox state of the pyridine nucleotide NAD(P)H as well as flavin adenine dinucleotide (FAD^{2+}) as a measure of glucose-stimulated metabolic flux. The autofluorescent signal captured during these redox imaging experiments is likely that of mitochondrial NADH and FAD^{2+} because of the abundance and concentration of the mitochondrial signal (28). Glucose stimulated both increases in NAD(P)H and decreases in the FAD^{2+} signal (indicating increased FADH_2), but these were unaltered by PKCε deletion and/or chronic lipid culture (Fig. 3B and C). This suggests that normal metabolic flux is maintained under these conditions, and it indicates that alterations of these hydrogen carriers are unlikely to be involved in the augmentation of the amplifying pathways of GSIS described above. Under basal glucose conditions, however, lipid-cultured PKCεKO islets showed a small significant decrease in NAD(P)H levels and an increase in FAD^{2+} signal, indicating decreased FADH_2, relative to lipid-cultured wild-type islets (Fig. 3B and C). Although this suggests that PKCε deletion might impact basal metabolic flux, we did not pursue this finding here, given our focus on GSIS.

Triglyceride levels derived from exogenous palmitate are elevated in PKCεKO islets. Acute incubation of lipid-pretreated PKCεKO islets with [U-^{14}C]palmitate had previously revealed a switch in glucose-regulated lipid partitioning, favoring lipid esterification over oxidation (18). That approach, however, did not address whether endogenous lipid pools were chronically altered by PKCε deletion. We therefore measured incorporation of [U-^{14}C]palmitate into neutral lipid pools over 48 h of...
palmitate culture, which revealed equivalent $^{14}$C labeling of diacylglycerols and cholesteryl-esters in PKCeKO and wild-type islets (Fig. 4A). However, we did observe a significant increase in triglycerides derived from exogenous [U-$^{14}$C]palmitate in PKCeKO islets (Fig. 4A). Despite this, oil red O staining of lipid droplets in chronic lipid-cultured PKCeKO β-cells was indistinguishable from that of wild-type β-cells (data not shown). Expression of the enzyme diacylglycerol acyltransferase (Dgat1), responsible for the formation of triglyceride from diacylglycerol, was unaltered in islets by palmitate culture and/or PKCe deletion (Fig. 4B), excluding this as a mechanism for the enhanced triglyceride esterification in PKCeKO islets.

One mechanism for the control of lipid partitioning and deposition of neutral lipid stores is the regulation of ACC activity by AMPK and the subsequent modulation of malonyl-CoA production and β-oxidation (29). Therefore, we analyzed phospho-specific markers of AMPK and ACC activity by immunoblotting. Phosphorylation of AMPKα (Thr172) was increased subtly yet significantly after chronic lipid culture of islets, but this was equivalent in both genotypes (Fig. 4C and D), suggesting that alterations in AMPK activity do not explain the increase in GSIS observed under these conditions. Chronic lipid culture has been previously shown to increase AMPKα (Thr172) phosphorylation (30), but in our hands this was not accompanied by a corresponding change in ACC (Ser79) phosphorylation (Fig. 4C–E). Although a somewhat surprising finding, this is still consistent with our overall conclusion that alterations in the AMPK/ACC axis do not account for the effects of PKCe deletion on GSIS.

**Lipolysis is enhanced in PKCeKO islets and is required to mediate enhanced GSIS after lipid culture.** Mobilization of endogenous neutral lipid stores by lipolysis has been implicated in GSIS in rat β-cells (31,32), and these processes are glucose regulated in rat and mouse β-cells (33,34). Thus, lipolytic pathways may link the increased triglyceride formation with the enhanced lipid-dependent GSIS in PKCeKO islets. Therefore, we assayed lipolysis as glycerol generation because this metabolite is released from β-cells after lipolysis, rather than being recycled (35). Glucose-stimulated glycerol production from PKCeKO islets was significantly increased compared with wild-type islets after chronic lipid culture (Fig. 5A), suggesting that enhanced lipolysis might underlie the augmentation of GSIS observed under these conditions. To test this more directly, we assessed GSIS in the presence of the lipase inhibitor orlistat (0.2 mmol/l). Although without effect on wild-type islets, orlistat completely blocked the enhancement of GSIS and glucose-amplified insulin secretion otherwise observed using

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**Table 1. Insulin secretion in response to nonnutrient secretagogues.**

| Condition          | Insulin secretion (ng/islet/hour) |
|--------------------|-----------------------------------|
| WT                 |                                   |
| PKCeKO             |                                   |
| 2 mM glucose       | 0.50                              |
| +KCl               | 0.75                              |
| 20 mM glucose      | 1.00                              |
| +Dzx +KCl          | 1.25                              |

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**Fig. 2.** The amplifying pathways of GSIS are upregulated in PKCeKO islets. A–C: Islets isolated from 12-week-old male mice were cultured for 48 h (chronic) in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). A: GSIS in response to 20 mmol/l glucose and inhibition by diazoxide (Dzx; 100 μmol/l; n = 7). B: K$_{ATP}$ channel-independent glucose-amplified insulin secretion in the presence of 25 mmol/l KCl and diazoxide (n = 5). C: Insulin secretion in response to nonnutrient secretagogues KCl (25 mmol/l) and forskolin (1 μmol/l; n = 3). D: Acute palmitate-potentiated GSIS from islets without chronic palmitate culture (n = 4). Data are the means ± SE. *P < 0.05; **P < 0.01. WT, wild type.
PKCε AND GLUCOSE AMPLIFIED INSULIN SECRETION

PKCεKO islets (Fig. 5B and C). This inhibition was dose dependent (supplementary Fig. A2). Triglyceride lipase activity is enhanced in PKCεKO islets. We next measured glucose-stimulated lipase activities directly, using homogenates of islets derived from our different treatment groups. Triglyceride lipolysis was significantly enhanced in PKCεKO islets after palmitate culture and showed a similar, albeit nonsignificant, increase after control culture relative to wild-type islets (Fig. 6A).

Cholesteryl-ester hydrolysis was 200-fold lower than that of triglyceride and was downregulated in control-cultured PKCεKO islets, relative to wild-type islets, but unaltered by genotype after palmitate culture (Fig. 6A).

Expression of lipases and associated factors in PKCεKO islets. We used RT-PCR to investigate whether the enhanced PKCεKO islet triglyceride lipase activity could simply be explained by increased expression of lipases or associated genes. Expression of Hsl, Atgl, adiponutrin, and lipoprotein lipase was not increased with palmitate culture and/or deletion of PKCε (Fig. 6B–D). Atgl mRNA was slightly decreased by palmitate in PKCεKO islets (Fig. 6B), but neither mRNA nor protein levels were altered when compared with wild-type islets, indicating normal abundance of this lipase (Fig. 6B and D). We were unable to detect expression of pancreatic triglyceride lipase or the lipid droplet–associated protein perilipin (data not shown). Expression of α/β-hydrolase domain–containing protein 5—a protein known to regulate Atgl activity (36)—was unaltered by palmitate culture and/or PKCε deletion (Fig. 6C). Finally, we measured translocator protein gene (peripheral benzodiazepine receptor) mRNA levels because expression of this gene is known to be induced in some cell types by PKCε activation (37), and pharmacological activation of translocator protein causes β-cells dysfunction (38). However, expression of this gene was not altered by palmitate culture and/or PKCε deletion (Fig. 6C).

DISCUSSION

We have previously shown that functional inhibition of PKCε prevents glucose intolerance in mice fed a high-fat diet and improves glycemic control in diabetic db/db mice, in part because of an enhancement of insulin secretion (18). Enhanced GSIS from PKCεKO β-cells occurred selectively after lipid exposure, in vitro or in vivo, thereby increasing insulin output under pathophysiological conditions that confer an increased demand for insulin. Because of the potential therapeutic relevance of these findings to the treatment of type 2 diabetes, our current goal was to further characterize the molecular mechanisms underlying this phenotype. We first excluded the possible upregulation of another β-cell PKC isoform capable of promoting insulin secretion. Although we did find a small but significant increase in PKCα—a conventional PKC—in lipid-cultured PKCεKO islets, this is unlikely to be of functional relevance because we have previously shown that although conventional PKCs are activated by glucose in the β-cell, they are not required for GSIS (39).

Our current results provide two major advances in defining the mechanism whereby deletion of PKCε enhances GSIS in lipid-cultured islets. First, we have specifically identified the amplifying pathway as the major site of action. Importantly, and consistent with the specificity reported for overall GSIS (18), the augmentation of the amplification pathway in PKCεKO islets was only observed after lipid pretreatment. In addition, we have previously demonstrated an enhancement of both first- and second-phase GSIS after lipid culture of PKCεKO islets (18), which is still consistent with an enhancement of glucose-amplified insulin secretion because the amplifying pathways have been shown to be active during both phases of GSIS (40). By definition, the amplifying pathways function independently of changes in glucose-regulated intracellular Ca²⁺ concentrations (9). Consistent with this, we were
unable to find an alteration in glucose-stimulated Ca\(^{2+}\)/H\(_{1001}\) levels in PKC\(\varepsilon\) KO -cells after lipid culture. However, we do not exclude an additional effect on the triggering pathway downstream of Ca\(^{2+}\)/H\(_{11001}\) influx because we did find slightly enhanced secretion in response to KCl (at basal glucose concentrations) selectively in lipid-cultured PKC\(\varepsilon\) KO islets.

The molecular mechanisms underlying the amplifying pathways are poorly understood and controversial, although glucose-regulated lipid partitioning has been proposed as one coupling mechanism (11,12). Glucose-driven mitochondrial anaplerotic/cataplerotic pathways increase cytosolic levels of malonyl-CoA, which inhibits carnitine-palmitoyl transferase 1, thereby inhibiting β-oxidation and promoting the availability of long-chain acyl-CoA for esterification (41). This partitioning mechanism is a glucose-regulated signal that mediates, in part, the acute potentiation of GSIS by exogenous lipids (42). This cou-

FIG. 4. Enhanced incorporation of fatty acids into triglyceride stores in PKC\(\varepsilon\) KO β-cells. A: Islets were cultured for 48 h with 0.4 mmol/l palmitate coupled to 0.92% BSA and 20 μCi/ml of [U-14C]palmitate. Islet lipid extracts were resolved by silica thin-layer chromatography, and incorporation of 14C-palmitate into neutral lipid pools was quantified by liquid scintillation spectrometry (\(n = 10–12\)). B: Diacylglycerol acyltransferase 1 (Dgat1) mRNA expression in islets after culture for 48 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). Data were expressed relative to wild-type control islets (\(n = 5\)). C–E: Islets from 12-week-old male mice, after palmitate or control culture, were lysed and proteins resolved by SDS-PAGE before immunoblots were performed for phospho-ACC Ser79 (p-ACC), ACC, phospho-AMPK\(\alpha\) Thr172 (p-AMPK\(\alpha\)), AMPK\(\alpha\), and β-actin (loading control). D and E: Densitometry quantification of Western blots; \(n = 4\) animals from two independent islet preparations were used. Data are the means ± SE. *\(P < 0.05\); **\(P < 0.01\). WT, wild type.
The mechanism underlying the selectivity for deposition into triglycerides requires further investigation, but is unlikely to involve an effect of PKCε deletion on general fatty acid desaturation pathways because these impact on cholesteryl-ester formation in β-cells (24). The individual β-cell lipases responsible for coupling glucose-regulated lipolysis with the amplification of insulin secretion have not been fully established (45). Hsl is one candidate, although gene knockout studies have failed to reach a consensus on its role in β-cells (33–47). We have shown that the cAMP generator forskolin stimulates enhanced insulin secretion in PKCεKO islets. Because cAMP also activates lipolysis in β-cells (31,48), this may be achieved via Hsl (49), but it is possible that the activity of this enzyme may be elevated by PKCε deletion. However, the main Hsl substrates are thought to be diacylglycerols and cholesteryl-esters (45), so it is unlikely Hsl activity is responsible for the enhanced triglyceride lipolysis in PKCεKO islets. Other candidate β-cell lipases include Atgl and adiponutrin; although expression of these lipases was normal, we cannot rule in or out an upregulation of their activity in PKCεKO islets. Indeed, the GSIS phenotype in PKCε εKO islets in the presence of orlistat or DMSO control (n = 9). Data are the means ± SE. **P < 0.01. WT, wild type.

The mechanism underlying the amplifying pathways of GSIS. The molecular targets of PKCε involved in regulating neutral lipid turnover remain to be identified, but our results now narrow the range of options. The finding that PKCε deletion affected triglyceride, but not diacylglycerol or cholesteryl-ester, pools suggests a mode of action independent of the broad regulation of β-oxidation versus neutral lipid synthesis that is controlled by glucose-stimulated malonyl-CoA levels. This is consistent with the observation that activation of neither the malonyl-CoA synthetic enzyme ACC, nor the upstream regulatory kinase AMPK, was altered when comparing the phosphorylation status of these proteins from wild-type or PKCεKO islets.

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We have demonstrated that loss of PKCε function reprogramms the mouse β-cell to increase GSIS after lipid exposure, via upregulation of the amplifying pathways of GSIS, which are dependent on lipolysis. Because loss of β-cell function correlates with poor prognosis during type 2 diabetes, strategies to improve GSIS remain attractive.
treatments for the disease. Our results here strengthen the case for further work on the inhibition of PKCe as a means of treating type 2 diabetes. Having now demonstrated a site of action in the amplifying pathways of GSIS, our work suggests PKCe inhibitors might act as a type of metabolic incretin, with the added advantage that they appear to target defective β-cells, such as those from db/db mice, or wild-type islets compromised by prior lipid exposure (18). Finally, a better understanding of the roles of PKCe in the β-cell could help elucidate the mechanisms whereby insulin secretion fails during the progression to type 2 diabetes.

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