Anaplastic T cell lymphoma in a patient with autoimmune hepatitis and hepatitis C infection

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Abstract

Lymphomas are rarely associated with liver disease. We hereby present a case of anaplastic T cell lymphoma in a 45-year-old female, who had received four cycles CHOP chemotherapy regimen and was evaluated for abdominal pain, fever along with weight loss. She was later found to have features of chronic liver disease on ultrasound along with varices on screening endoscopy. Serological workup was positive for hepatitis C infection while her liver biopsy showed features of autoimmune hepatitis. She was managed with steroids and azathioprine along with direct acting antiviral agents.

Introduction

Anaplastic large T-cell lymphoma (ACLC) is a type of non-Hodgkin lymphoma (NHL). It is also known as Ki-1 lymphoma. It is a fast growing lymphoma, which is usually seen in young individuals including children (1,2). ACLC accounts for 2% of lymphoma. There are two forms of anaplastic large cell lymphoma (ACLC). Primary cutaneous ACLC which is limited to skin and systemic ACLC which involves the organs and the lymph nodes. Systemic ACLC has further divided in to two forms based on ALK gene. ALK positive ACLC accounts for 0.5% of lymphoma and have better prognosis than the ALK negative ACLC (3,4).

NHL most commonly involves liver, apart from lymph nodes, spleen and bone marrow. Liver biopsy is generally needed to rule out hepatic dysfunctions or deranged liver function test secondary to chemotherapy or other medications. Rarely a lymphoma is associated with other liver diseases such as chronic hepatitis C (5-8).chronic hepatitis B (9, 10), primary biliary cirrhosis (11).

Case Report

A 45-year-old female, known case of ACLC diagnosed on inguinal lymph node biopsy two year ago, underwent 4 cycles of chemotherapy (CHOP), the last one 20 days ago. She was referred to gastroenterology OPD with complaints of right upper abdominal pain, low-grade fever and generalized weakness for 2 months. On general physical examination, she appeared pale, while on examination, her abdomen was soft, with mild tenderness noticed in epigastric region. Laboratory examination revealed plasma hemoglobin 10.1 g/dL (normal 11-15 g/dL) with total leukocyte count of 4.3 × 10³ cells/µL, blood urea nitrogen 32 mg/dL, serum creatinine 0.6 mg/dL, total bilirubin of 1.20 mg/dL, alanine aminotransferase 56 U/L (normal 0-37 U/L), aspartate aminotransferase 81 U/L (normal 0-40 U/L), alkaline phosphate 127 U/L (normal 0-115), serum albumin 3.7 g/dL, international normalized ratio 1.07.

HCV infection should be evaluated in patients with T cell lymphoma. It may occur as a complication of immunodeficiency state.
measures 0.6 × 0.3 cm in size. No filling defect seen. Spleen measures 13.7 cm in size, no ascites. A small nodule seen in right lobe of thyroid, few sub-centimeter mediastinal lymph nodes are seen in pre-tracheal and pre-cranial region. She also had liver parenchymal biopsy that showed expanded portal tracts with lymphocytic infiltrates and fibrosis, occasional plasma cells are also noted with foci of piecemeal necrosis and lobulitis also visualized. Florid bile ductular seen. Portal tract to portal tracts bridging fibrosis are noted, forming partial nodules. Modified histologic activity index is 5/6 (partial cirrhosis, Figure 1). Endoscopy revealed three columns of grade 1 esophageal varices without red sign seen. Multiple erosions seen in body and antrum of stomach, while normal looking mucosa of bulb of duodenum (Figure 2). Then, she was treated with direct acting anti-viral therapy (ribavirin, sofosbuvir and daclatasvir) for three months and based on a simplified score of autoimmune hepatitis of six she was kept on tablet Deltacortril 5 mg and azathioprine 50 mg once daily. She was follow-up after two weeks that showed improved liver function tests with alanine aminotransferase 26 U/L (normal 0-37 U/L), aspartate aminotransferase 31 U/L (0-40).

Discussion
ACLC is a rare entity; it is differentiated from other lymphomas by the expression of CD30 antigen and cytology showing anaplastic cells. It affects children and young adults, it is more common in males than females (12-15).

ACLC is further categorized in to ALK positive lymphoma and ALK negative lymphoma based on the alteration on gene. ALK positive ACLC is a fast growing tumor and effects middle-aged people and it shows good response to chemotherapy and has a better prognosis as compared to ALK negative ACLC which tends to involve elderly people. ALK positive ACLC carries a 10-year survival rate of 90%, while, ALK negative ACLC contains a stated five-year survival rate of 35% to 49% (16,17).

ACLC is classified in to two forms based upon the site of lymphoma. Primary cutaneous ACLC usually involves the skin and they are less aggressive than primary systemic ACLC however (18) primary systemic ALCL involves the lymph nodes. It can involve the lungs, liver, bone marrow, skin and soft tissues (19).

The association between hepatitis C virus and T cell lymphoma is indistinct. Several studies have been reported a connotation between HCV infection and B-cell NHL (20-25). Few case reports have shown the link between HCV and T-cell lymphomas. Our case is the first case, which showed the association between HCV and anaplastic T cell lymphoma.

Conclusion
In conclusion, HCV infection should be evaluated in patients with T cell lymphoma. It may occur as a complication of Immunodeficiency state. Additional studies should be conducted to define the association between HCV infection and T cell lymphomas.

Authors' contribution
Case management by MZ, IA, AN, MA, SSZ and HLN. Manuscript drafting by ZM. All authors read and signed the final paper.

Conflicts of interest
The authors declare that they have no competing interests.

Ethical issues
Ethical issues (including plagiarism, data fabrication, double publication) have been completely observed by the authors. The patient gave the consent to publish as a case report.

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