The Dynamics of Asymmetric Stratified Shear Instabilities

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Most idealized studies of stratified shear instabilities assume that the shear interface and the buoyancy interface are coincident. We discuss the role of asymmetry on the evolution of shear instabilities. Using linear stability theory and direct numerical simulations, we show that asymmetric shear instabilities exhibit features of both Holmboe and Kelvin-Helmholtz (KH) instabilities, and develop a framework to determine whether the instabilities are more Holmboe-like or more KH-like. Further, the asymmetric instabilities produce asymmetric mixing that exhibits features of both overturning and scouring flows and that tends to realign the shear and buoyancy interfaces. In all but the symmetric KH simulations, we observe a collapse in the distribution of gradient Richardson number ($R_i$), suggesting that asymmetry reduces the parameter dependence of KH-driven mixing events. The observed dependence of the turbulent dynamics on small-scale details of the shear and stratification has important implications for the interpretation of oceanographic data.

I. INTRODUCTION

Stratified turbulent mixing is a key physical process driving vertical transport in oceanic flows, setting the distribution of heat, salt, momentum, and other biogeochemical tracers. Because this mixing occurs on the smallest scales of fluid motion, it needs to be parameterized in large-scale circulation models. Furthermore, directly measuring the characteristics of oceanic turbulence is challenging, both due to the scales of the relevant motion and the sparseness of observations; parameterizations are thus also necessary for the interpretation of observational data.

Stratified mixing events are frequently modelled in terms of idealized shear instabilities. While commonly discussed in the context of internal wave breaking in the stably-stratified ocean interior [14, 55], such instabilities have been observed in a wide variety of ocean contexts, including nonlinear internal waves near the continental shelf [32], shear at the base of the mixed layer [22], in the equatorial undercurrent [33], and flow over sills [57], as well as in estuaries [18, 54, 56]. As a result, there is a need to understand the dynamics of stratified shear instabilities in terms of resolved or measurable variables in order to accurately parameterize their effects [10].

One of the simplest examples of a stratified shear flow is that of a single sheared buoyancy interface. In this configuration, there are two limiting instabilities that may arise. When the shear is sufficiently strong relative to the stratification (typical of cases in which the velocity and buoyancy profile vary over a similar vertical scale), the flow is susceptible to Kelvin-Helmholtz (KH) instability. Conversely, where the stratification is sufficiently strong relative to the shear and the buoyancy varies over a smaller scale than the velocity (i.e. the stratification is sharper than the shear), an alternate instability known as the Holmboe wave instability may arise [17, 19].

Mixing events driven by KH instability are typically characterized by the formation of large overturns or “billows”, which themselves become susceptible to secondary instabilities, the precise details of which depend on the flow parameters [10, 23, 27, 28, 39], the background flow [26, 58], and the initial conditions [2, 11, 21]. These secondary instabilities in turn trigger a transition to turbulence, leading to a brief period of vigorous mixing, which acts to smear out the initial velocity and buoyancy gradients (i.e. “overturning” turbulence as described by Caulfield [6], Woods et al. [60]). After this period of intense mixing, the turbulent motions decay and the flow eventually relaminarizes.

In contrast, Holmboe-driven mixing events (associated with sharp buoyancy interfaces) follow a different flow evolution. At finite amplitude, the initial linear instability leads to the formation of a pair of counterpropagating vortices on either side of the buoyancy interface (unlike the single large billow associated with KH). These vortices also support secondary instabilities [40, 47, 48], which trigger a breakdown into turbulence. However, the turbulence is highest on either side of the interface, rather than in the centre of the shear layer. As a result, the turbulence “scours” the interface, preserving a sharp buoyancy gradient. While the initial instability growth is typically much slower than KH flows, the associated turbulence is longer-lived: this type of mixing event “burns”, rather than “flares” [6]. The evolution can depend on the underlying flow parameters, particularly the Reynolds number [40]; however, Salehipour et al. [42] shows evidence of self-organized criticality for these flows, in which Holmboe instabilities with different
initial stratifications evolve towards turbulent states with a common distribution of the gradient Richardson number (i.e. the ratio of stratification and squared shear) featuring a peak near 1/4. Overall, Holmboe-driven (scouring) mixing events can differ from the KH (overturning) paradigm, even for the same bulk flow parameters.

Complicating the picture further, most previous studies of shear instabilities have only considered the configuration with symmetric shear and stratification about the buoyancy interface. However, asymmetric profiles frequently arise in many geophysical flows, whether due to flow geometry, flow history, or the forcing (e.g. \cite{58,57}). For example, the freshwater outflow in some estuaries is sufficiently strong to compete with the salt water intrusion of the ocean waters. In these cases, a stratified shear interface will form between the top freshwater outflow and the bottom salt water inflow. Both laboratory and field studies have shown that these stratified shear interfaces can have asymmetry \cite{54,61}. It is therefore natural to ask how asymmetry affects the resulting nonlinear evolution and mixing in stratified shear flows.

One simple way to introduce asymmetry into the background flow profile is to consider a sheared buoyancy interface where the shear and buoyancy profiles are vertically offset. Lawrence et al. \cite{24}, and later Carpenter et al. \cite{5} and Carpenter et al. \cite{3}, show that for asymmetric Holmboe-like profiles, the resulting linear normal-mode instability shares characteristics of both KH and Holmboe instability. In contrast to the symmetric case, they found a smooth transition between the different flow behaviours as characterized by the relative contributions of the kinematic and baroclinic fields.

Asymmetric shear instabilities of this form have been observed both experimentally and numerically. In a series of laboratory experiments of shear layers offset from a thinner buoyancy stratification, Lawrence et al. \cite{24} showed that an offset shear layer led to the formation of a one-sided flow characterized by cusped waves (with stronger stratification) and asymmetric billows (with weaker stratification) that entrained wisps of fluid across the buoyancy interface. Similar features have been observed in subsequent experimental studies in which shear is driven above a buoyancy interface \cite{51}, in spatially-accelerating shear layers \cite{35,61}, and in sheared multilayer flows \cite{5}. Similarly, in a direct numerical simulation study, Carpenter et al. \cite{3} showed that the nonlinear evolution of asymmetric Holmboe instabilities share characteristics of both KH- and Holmboe-like flow evolution: “billow-like” structures are observed to form that “scour” the interface. That is, the nonlinear evolution shows a mixture of behaviours, depending on the degree of asymmetry in the background flow profiles. Similar to the laboratory studies described above, the flows exhibited one-sided overturning features and cusped structures, and the asymmetric flows in general kept the initial interfaces intact. Further, Carpenter et al. \cite{3} showed that more asymmetry led to instabilities that were increasingly dominated by shear-layer vorticity (consistent with KH-like behaviour). The corresponding mixing depended non-monotonically on the degree of asymmetry, influenced by stronger three-dimensional motions as well as distance from the buoyancy interface.

While the study by Carpenter et al. \cite{3} gave valuable insight into the impacts of asymmetry on a given mixing event, the simulations were limited to a single set of Reynolds, Richardson, and Prandtl numbers (defined in section 2), and the asymmetric cases were all Holmboe-like (with sharper buoyancy interfaces). Perhaps most significantly, due to the relatively low Reynolds number used, the resulting flow evolution was not necessarily turbulent; as the authors state, ‘the term ‘turbulence’ is being used loosely […] to indicate a region of complex or chaotic flow structure, and the low Re used may preclude this flow from fitting descriptions of turbulent mixing in other studies.’ Consequently, there remain many open questions about turbulent mixing events in asymmetric stratified shear flows, motivating the present study. We build upon the previous work on asymmetric shear instabilities by considering additional values of the Reynolds and Richardson numbers (and, crucially, a higher Reynolds number to explore turbulent effects), and by investigating symmetric and asymmetric profiles corresponding to both KH- and Holmboe-like setups.

The remainder of the paper will proceed as follows. In section II we introduce the linear instability problem and quantify the resulting normal-mode instabilities using the pseudomomentum approach described recently by Eaves and Balmforth \cite{12}. Then, in section III we present the results of a series of direct numerical simulations corresponding to several symmetric and asymmetric cases. Consistent with the linear predictions, we find that the nonlinear evolution of the asymmetric cases exhibits a mixture of both KH and Holmboe behaviours, including both large billow-like overturning structures and regions of scouring. This combination of behaviours is both qualitative and quantitative: not only are the large-scale structures reminiscent of both pure KH and Holmboe instabilities, but the energetics and turbulent mixing parameters also exhibit both behaviours. As a result, even small amounts of asymmetry can lead to very different final velocity and buoyancy profiles when compared with the symmetric cases. For the same large-scale buoyancy and velocity jumps, a given mixing event can therefore smear out gradients, maintain sharp gradients, or some combination of these behaviours. That is, the turbulent dynamics depend sensitively on the small-scale details of the initial flow. Finally, in section IV we conclude and put our results into context with recent work on stratified shear instabilities.
FIG. 1. Representative profiles of the background horizontal velocity and buoyancy fields. The associated gradient Richardson number $R_i$ \cite{22} for these profiles is also included. These profiles are similar to the asymmetric Holmboe case.

II. LINEAR STABILITY ANALYSIS

We consider a vertically-asymmetric hyperbolic tangent stratified shear layer,

$$U^*(z^*) = U_0^* \tanh \left( z^* - a_0^* \right), \quad \text{and} \quad B^*(z^*) = B_0^* \tanh \left( \frac{z^*}{\delta_0^*} \right),$$

which has the same form as Carpenter et al. \cite{3} and are shown schematically in figure 1. The quantities $U_0^*$ and $B_0^*$ are half the horizontal velocity and buoyancy difference across the layers, respectively, where buoyancy is defined as $B^* = -g^* (\rho^* - \rho_0^*)/\rho_0^*$, with $\rho_0^*$ a reference density and $g^*$ the gravitational acceleration. The shear and buoyancy interfaces have initial half-widths of $h_0^*$ and $\delta_0^*$, respectively, and the centres of the two interfaces are vertically offset by $a_0^*$. Asterisks denote dimensional quantities. Nondimensionalizing velocity by $U_0^*$, buoyancy by $B_0^*$, and depth by $h_0^*$ gives

$$U(z) = \tanh (z - a_0) \quad \text{and} \quad B(z) = \tanh (R_0 z),$$

where $R_0 \equiv h_0^*/\delta_0^*$ is the ratio of the initial interface thicknesses, and $a_0 \equiv a_0^*/h_0^*$ is the initial profile offset.

The behaviour of two-dimensional linear perturbations to the background state $U(z), B(z)$ is governed by the linearized Navier-Stokes equations under the Boussinesq approximation, written as

$$\frac{\partial u}{\partial t} + u \cdot \nabla U + U \cdot \nabla u = -\nabla p + R_i b \hat{k} + \frac{1}{Re} \nabla^2 u,$$

$$\frac{\partial b}{\partial t} + u \cdot \nabla B + U \cdot \nabla b = \frac{1}{Re \ Pr} \nabla^2 b,$$

$$\nabla \cdot u = 0.$$ 

Here, boldfaced variables denote vector quantities and lowercase $u, b, p$ denote perturbations to the velocity, buoyancy, and pressure, respectively. In the above, time has been nondimensionalized by the advective timescale $h_0^*/U_0^*$. In addition to $R_0$ and $a_0$, the perturbation dynamics are governed by the Reynolds, Prandtl, and bulk Richardson numbers

$$Re = \frac{U_0^* h_0^*}{\nu^*}, \quad Pr = \frac{\nu^*}{\kappa^*}, \quad R_i = \frac{B_0^* h_0^*}{U_0^* g^*},$$

where $\nu^*$ is the kinematic viscosity and $\kappa^*$ is the diffusivity of the buoyancy field. We note here that Re is defined
based on the shear layer half-width and half-velocity difference, rather than the full shear layer thickness and velocity jump as in some parts of the literature, including Carpenter et al. [3].

To assess the linear stability of the shear layer [2], we take the standard approach of assuming a normal-mode structure for the perturbations,

$$\psi(x, z, t), b(x, z, t), p(x, z, t) = \left[ \psi(z), \hat{b}(z), \hat{p}(z) \right] e^{i k_x (x - ct)}, \tag{7}$$

where $\psi$ is the velocity streamfunction, $k_x$ the horizontal wavenumber and $c = c_r + i c_i$ the complex phase speed of the perturbations. Substituting the normal-mode expressions into the governing equations (3) - (5) and rearranging gives the Taylor-Goldstein equation including viscous and diffusive effects (implemented by Smyth et al. [49]). Prescribing $k_x$, we solve for the corresponding eigenvalue $c$ and the associated eigenfunctions $\left[ \psi(z), \hat{b}(z), \hat{p}(z) \right]$; regions of linear instability correspond to modes with $c_i \geq 0$, indicated by the contours in figure 2.

Solutions of the Taylor-Goldstein equation predict which modes are unstable, their associated growth rate and phase speed, and the vertical structure of the eigenmodes. For the background flow (2), we also want to predict the nature of the linear instability: are the growing modes more like a KH instability or a Holmboe instability?

To answer this question, we recall that stratified shear instabilities can be described in terms of interacting waves. Stratified parallel shear flows can support two different types of waves (namely vorticity waves, associated with changes in the shear, and internal gravity waves, associated with the stratification). The different linear growth mechanisms can be described in terms of interactions between different combinations of these waves [5]. Within this framework, the KH instability arises from a resonant interaction between two vorticity waves, while the Holmboe instability arises from the interaction between a vorticity wave and an internal gravity wave. In this sense, the Holmboe instability is an inherently stratified instability [10-16]. (A third named linear instability, the Taylor-Caulfield instability, can be thought of as the result of two internal waves interacting [3] [8] [12]. As the stratification considered here has only a single buoyancy interface and therefore only supports a single internal gravity wave, it does not support the Taylor-Caulfield instability.)

Using the wave-interaction description of the different instability mechanisms, the qualitative nature of a given unstable mode can be predicted using the vertical structure of the eigenfunction. For example, Carpenter et al. [4] used a method of “partial growth rates” to quantify the contribution to the overall growth rate from buoyancy and vorticity interfaces, allowing for the description of modes in terms of KH- and Holmboe-like behaviour. More recently, Eaves and Balmforth [12] used a pseudomomentum-based approach to classify linear modes, again in terms of contributions from the vorticity and the stratification, allowing for a description of modes as being more or less like KH, Holmboe, or Taylor-Caulfield instabilities.

Here, we apply the pseudomomentum-based approach of Eaves and Balmforth [12] to classify the linear modes arising in the asymmetric stratified shear layer [2]. In our notation, Eaves and Balmforth defined

$$\mathcal{M}_v = \frac{1}{2} \frac{U'' \hat{\psi}^2}{|U - c|^2} \quad \text{and} \quad \mathcal{M}_b = \frac{-Re_{B} (U - c_r) B' \hat{\psi}^2}{|U - c|^2} \tag{8}$$

as the contributions to the pseudomomentum from the background vorticity and stratification, respectively, where the primes denote derivatives with respect to $z$. It can be shown that a requirement for exponentially-growing modes is that $M = \langle \mathcal{M}_v + \mathcal{M}_b \rangle = 0$, where angle brackets denote the integral over the spatial domain [12].

This requirement that $M = 0$ can be used to characterize different modes in terms of the different canonical instabilities. To do so, we define the ratio

$$\mathcal{R}_M = \frac{\langle \mathcal{M}_v H(\mathcal{M}_v) \rangle}{\langle -\mathcal{M}_v H(-\mathcal{M}_v) \rangle} = \frac{M_v^+}{M_v^-}, \tag{9}$$

where $H$ is the Heaviside function and $M_v^+$ and $M_v^-$ are defined as the magnitudes of the contributions of positive and negative $\mathcal{M}_v$, respectively, to $M$ (i.e. $\langle \mathcal{M}_v \rangle = M_v^+ - M_v^-$). This ratio can be used to describe the character of the asymmetric instabilities considered here. In particular, we find two limiting cases of interest for flows described by [2]. In the first case, if a given unstable mode is associated purely with interactions from vorticity with no buoyancy contribution ($\mathcal{M}_b = 0$ as is expected for a pure KH mode), then the requirement that $M = 0$ for a growing mode implies $\langle \mathcal{M}_v \rangle = 0$, and so $\mathcal{R}_M = 1$ in the KH limit. In the second case, if the positive contributions from vorticity are balanced entirely by negative contributions from the stratification, then $\mathcal{M}_v^{-} = \langle \mathcal{M}_b \rangle$ and $M_v^{+} = 0$, giving $\mathcal{R}_M = 0$ (as expected for a pure Holmboe mode). We note that the definition of $\mathcal{R}_M$ in [9] reflects our choice to introduce asymmetry in the mean profiles by shifting the shear interface above the buoyancy interface. As a result, the leftward-propagating Holmboe wave above the buoyancy interface is amplified relative to the rightward-propagating wave below.
the interface, i.e. the upper Holmboe wave is the fastest-growing mode for these asymmetric profiles. For a flow in which the shear interface is offset below the buoyancy interface, or one in which the lower Holmboe wave is isolated, $1/R_M$ would give the same classification results as described below. For the profiles considered in (2) with $a_0 > 0$, $0 \leq R_M \leq 1$.

We illustrate these limiting cases in the top row of figure (2). For a case in which the shear layer is significantly offset from the stratified layer (figure (2a)), for which the most unstable mode is very similar to an unstratified KH mode, the positive (purple) and negative (yellow) vorticity contributions cancel almost perfectly, with only a small buoyancy contribution. On the other hand, for a near-symmetric Holmboe mode (figure (2b)), the negative contributions from vorticity are almost entirely cancelled out by the net positive buoyancy contribution, with only a very small positive vorticity contribution. Finally, for some modes the negative contribution from vorticity is balanced by both a positive vorticity contribution and a buoyancy contribution (figure 2b), suggesting that the instability shares characteristics of both a KH and a Holmboe mode.

We then use the pseudomomentum ratio $R_M$ to classify the predicted unstable modes of (2) across a range of wavenumbers $k_x$ and vertical offsets $a_0$ for different $R_i$ and $R_0$, as shown in figure 2(d-g). For $R_0 = 3$, we find consistent results to those described in Carpenter et al. [3]: increasing asymmetry shifts the linear instability from a KH-like behaviour at small $a_0$ to a KH-like behaviour at large $a_0$, and a mixture of the two instabilities at intermediate $a_0$. For $R_0 = 1$, as expected we find KH-like modes for $a_0 = 0$ and for large $a_0$ (when the shear layer is far enough removed from the initial stratification to behave essentially like an unstratified shear layer). However, between these limits asymmetry in the background flow leads to modes with both KH-like and Holmboe-like behaviour, with $R_M < 1$ and nonzero phase speed (not shown); this effect is stronger for higher $R_i$ (figure 2c). That is, mixed modes are possible even when the background shear and stratification vary over similar vertical scales.

III. NONLINEAR SIMULATIONS

A. Implementation

Linear theory predicts that the shear instabilities associated with an asymmetric shear layer exhibit behaviours similar to both KH and Holmboe instabilities. What is the associated nonlinear behaviour of these instabilities? To answer this question, we perform a series of direct numerical simulations of the fully nonlinear Navier-Stokes equations under the Boussinesq approximation,

$$
\frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + R_i \mathbf{b} \hat{k} + \frac{1}{Re} \nabla^2 \mathbf{u},
$$

$$
\frac{\partial b}{\partial t} + \mathbf{u} \cdot \nabla b = \frac{1}{Re \ Pr} \nabla^2 b,
$$

$$
\nabla \cdot \mathbf{u} = 0.
$$

The Reynolds number ($Re$), Prandtl number ($Pr$) and Richardson number ($R_i$) are identical to those defined above. Unlike equations (3-5) in the previous section, $u$ and $b$ are the total (nonlinear) velocity and buoyancy fields.

The simulations were performed using the Spectral Parallel Incompressible Navier-Stokes Solver (SPINS) [52]. SPINS implements pseudospectral spatial derivatives in all three directions and an explicit third-order time stepping scheme. The horizontal domain is periodic, and the vertical gradient-free boundaries are imposed using a cosine-transformation. The streamwise extent ($L_x$) of the computational domain is selected to fit one wavelength of the fastest growing linear instability (see §II) and the vertical and spanwise extents are chosen to match those from Carpenter et al. [3].

The initial conditions consist of the velocity and buoyancy profiles (2), perturbed with the eigenfunction of the fastest growing linear mode predicted from the Taylor-Goldstein equation ($u_x, b_x$) and a random velocity perturbation in the form of normally-distributed random noise. The amplitude of the eigenfunctions and the random noise are $\varepsilon_x = 0.01$ and $\varepsilon_N = 0.001$, respectively. These initial amplitudes are comparable to several previous shear instability studies (e.g. [11] [10] [58]).

Our simulations have four flow configurations, determined by the relative width $R_0$ and offset $a_0$ of the initial velocity and buoyancy profiles:

1. SKH – “symmetric Kelvin-Helmholtz” flow with $R_0 = 1$ and $a_0 = 0$;
2. SHI – “symmetric Holmboe” with $R_0 = 3$ and $a_0 = 0$;
3. AKH – “asymmetric Kelvin-Helmholtz” flow with $R_0 = 1$ and $a_0 = 0.5$;
FIG. 2. (Top row) Example profiles of $M_v$ and $M_b$ for the fastest-growing modes of (a) a KH-type instability far from the interface ($R_0=3$, $a_0=3$), (b) an asymmetric KH instability ($R_0=1$, $a_0=0.5$), and (c) a near-symmetric Holmboe instability ($R_0=3$, $a_0=0.001$). The horizontal dotted lines indicate the height of maximum shear and stratification, and the yellow and purple shaded regions represent contributions to $M_v^-$ and $M_v^+$, respectively. $R_{ib}=0.15$ for all three cases. (Middle and bottom rows) Growth rates (contours) and pseudomomentum ratios (colours) for the base flow (2) for the symmetric and asymmetric KH and Holmboe configurations with $Re=1200$ and $Pr=9$. (d) $R_0=1$, $R_{ib}=0.15$. (e) $R_0=3$, $R_{ib}=0.15$. (f) $R_0=1$, $R_{ib}=0.20$. (g) $R_0=3$, $R_{ib}=0.20$. The contour interval is 0.01 and the stars denote parameters for the nonlinear simulations described in table I.

4. AHI – “asymmetric Holmboe” flow with $R_0=3$ and $a_0=0.5$.

For each configuration, we consider three sets of Reynolds and Richardson numbers, for a total of twelve simulations as summarized in table I. These cases span values of $R_M$ from 0 to 1, i.e. Holmboe-like to KH-like linear instabilities. We note that the SKH, SHI, and AHI simulations with $Re=300$ and $R_{ib}=0.15$ use the same parameters considered by Carpenter et al. [3]. All simulations were continued until the flow relaminarized and there was no significant overturning of the buoyancy field. Consistent with previous DNS studies of shear instability (e.g. 21, 40, 45), the grid spacing ($\Delta x$) was selected to be less than three times the minimum Batchelor scale ($L_{B,\text{min}}$), defined by the maximum
instabilities result in nonlinear flow features that are reminiscent of both KH and Holmboe mixing events. Here, we will show that the mixed features of the linear plots of the three-dimensional structures of the buoyancy field (figure 4) at the same times as in figure 3(b,f,j,n), and will note significant differences for the other Re and Ri

 horizontality averaged dissipation rate $\overline{\varepsilon}$,

$$L_{B,\text{min}} = \left( \frac{1}{\text{Re}^3_{\text{max}} \overline{\varepsilon}} \right)^{\frac{1}{2}} \left( \frac{1}{\text{Pr}} \right)^{\frac{1}{2}},$$  

(13)

where the overbar $\overline{\cdot}$ denotes the horizontal mean.

Our computational setup and flow parameters have been chosen to prioritize setting $Pr = 9$ (a realistic value for heat in water). To do so has required some compromise in both the streamwise extent of the domain and the choice of Reynolds number. We revisit this point in the conclusions.

B. Flow evolution

We have highlighted in § 1 that the linear instabilities of the offset profiles (2) exhibit a continuum in structure between the pure KH and the pure Holmboe instabilities. Here, we will show that the mixed features of the linear instabilities result in nonlinear flow features that are reminiscent of both KH and Holmboe mixing events.

Illustrating the flow evolution for each of the four cases (SKH, AKH, AHI, and SHI), figure 3 shows vertical ($x$–$z$) slices of the buoyancy field at representative times. We focus on the simulations with Re = 1200 and $Ri_b = 0.15$, and will note significant differences for the other Re and $Ri_b$ cases. We complement these two-dimensional slices with plots of the three-dimensional structures of the buoyancy field (figure 4 at the same times as in figure 3(b,f,j,n)), illustrating the onset of secondary instabilities in each case. We discuss the key features of each case below:

(i) SKH: The nonlinear evolution of the symmetric Kelvin-Helmholtz instability (SKH) is illustrated in figure 3(a-d). The flow follows the typical evolution of a KH-driven mixing event [7]. The initial linear instability leads to the formation of the classic billow structure at finite amplitude, overturning the entire stratified interface (figure 3a). This billow is stationary with respect to the mean flow and approximately vertically symmetric. The billow then becomes unstable to three-dimensional secondary instabilities (figure 3b and 3c), which trigger a transition to turbulence that fills the entire shear layer (figure 3c-d). The buoyancy profile is more diffuse at the end of the simulation, with nearly equal mixing of the top and bottom fluid layers. While the same sequence is observed in our SKH simulations at Re = 300 and $Ri_b = 0.20$, the turbulent mixing in those cases is significantly weaker due to the stronger effects of viscosity and stratification, respectively. That is, the turbulent SKH dynamics are sensitive to the flow parameters for the simulations presented here.

(ii) SHI: The evolution of the symmetric Holmboe instability (SHI) is shown in figure 3n-p. SHI is characterized by waves propagating along the buoyancy interface, leading to the formation of counterpropagating vortices at finite amplitude (figure 3n). For the background flow considered here, these vortices are symmetric about the buoyancy interface. Like the SKH billow, the vortices are themselves susceptible to three-dimensional secondary instabilities.
instabilities (figure 3n and 4c), which trigger a transition to a fully-turbulent flow (figure 3o). Unlike SKH, however, the resulting mixing is longer-lived and acts to scour the initial stratification, maintaining a sharp interface (figure 3p). We will return to this point in section III D. In addition, the SHI is more consistent across Re and $R_i b$, suggesting that the overall turbulent dynamics may be less sensitive to the initial flow parameters.

(iii) AHI: When the buoyancy profile is thinner than the shear profile, and a vertical offset is introduced (i.e. $R_0 = 3$ and $a_0 = 0.5$), the asymmetric Holmboe instability (AHI) may arise (figure 3i-l). As seen previously by Carpenter et al. [3], at finite amplitude the AHI leads to the formation of a large propagating vortex above the buoyancy interface that entrains part of the buoyancy interface to form a billow-like structure. At Re = 300, this primary vortex produces a series of ejection events before decaying. However, at larger Re = 1200, these ejections are interrupted by the rapid formation of secondary instabilities (figure 4d). In either case, the resultant mixing is primarily above the buoyancy interface, leading to an asymmetric final buoyancy profile. Consequently, the...
FIG. 4. Three-dimensional visualizations of the buoyancy field as the secondary instabilities develop. The output times are $t = 85$ (SKH), $t = 85$ (AKH), $t = 105$ (AHI), and $t = 170$ (SHI), i.e. the same times as in figure 3(b,f,j,n). These plots were constructed using VisIt’s Volume plot, which sets the opacity of the buoyancy field based on its value.

The turbulent flow only overturns part of the initial interface, maintaining a strong buoyancy gradient on the lower side.

(iv) AKH: Finally, we consider the situation where the shear and stratification have the same initial thickness but are vertically offset (i.e. $R_0 = 1$ and $a_0 = 0.5$), giving rise to the asymmetric Kelvin-Helmholtz instability (AKH), depicted in figure 3(e-h). This instability results in the formation of a large billow, similar to that of the SKH. However, there are two key differences: the billow is centred above the buoyancy interface, and is no longer stationary with respect to the mean flow (as demonstrated by the different horizontal locations between panels in figure 3). The billow is then susceptible to secondary instabilities which are qualitatively similar to those observed for the SKH (figure 3(d)) and likewise trigger a transition to turbulence. However, similar to the AHI flow, the mixing in the AKH case is vertically asymmetric: while the turbulent mixing acts to smear out the buoyancy gradient above the initial stratified interface, the lower part of the interface remains relatively sharp (figure 3(h)).

Consistent with the linear predictions in section II, the nonlinear evolution and mixing associated with the asymmetric cases (AKH and AHI) share qualitative features of both KH- and Holmboe-driven mixing events. For example, they exhibit both a billow structure and a non-zero phase speed. This trend is consistent across the different parameter (Re, $R_i$) scenarios presented in table I with the most notable difference being that at lower Re and higher $R_i$, the SKH is much less energetic. We explore this comparison more quantitatively in the following sections.

C. TKE budget

As we have seen, shear instabilities mix the stratification such that the final mean buoyancy and shear profiles are more diffuse than they were initially. The evolution of the mean flow can be distinguished from that of the shear instabilities through a Reynolds decomposition. That is,

$$u = \overline{u} + u', \quad b = \overline{b} + b'$$

where $\overline{}$ denotes the horizontal average. We will use the fact that $\overline{u} \approx (\overline{u_1}(z,t), 0, 0)^T$ below. Under this decomposition, the volume-integrated turbulent kinetic energy (TKE = $\langle \frac{1}{2}|u'|^2 \rangle$) evolves as

$$\frac{d}{dt} \text{TKE} = \langle -u_i'u_j \frac{\partial \overline{u_i}}{\partial x_j} \rangle + \text{Ri}_b \langle \frac{\partial \overline{u_1}^2}{\partial z} \rangle - \langle \varepsilon' \rangle,$$

where

- **Production**
- **Buoyancy Flux**
- **Dissipation**

The term $\langle -u_i'u_j \frac{\partial \overline{u_i}}{\partial x_j} \rangle$ represents the production term, $\text{Ri}_b \langle \frac{\partial \overline{u_1}^2}{\partial z} \rangle$ represents the buoyancy flux term, and $\langle \varepsilon' \rangle$ represents the dissipation term.
where $u_i$ is the $i$th component of $u$, and the turbulent dissipation $\varepsilon' = \frac{1}{2 \Re} \left( \frac{\partial u'_i}{\partial x_i} + \frac{\partial u'_j}{\partial x_j} \right) \left( \frac{\partial u'_j}{\partial x_i} + \frac{\partial u'_i}{\partial x_j} \right)$. We are implicitly summing over repeated indices.

A physical interpretation of (15) is that TKE is produced by extracting energy from the mean flow, and will decay via viscous dissipation and mixing (a negative buoyancy flux). Equation (15) enables us to make a quantitative comparison between the cases listed in Table I (see Figure 5), as well as the time-integrated flux, production, and dissipation values in Table II, and provides another measure of how asymmetry frustrates the traditional distinction between the SKH and the SHI.

We first focus on Case 5 from Table I, i.e. SKH with $Re = 1200$ and $Ri_b = 0.15$ (Figure 5). The growth of the initial billow is associated with a large shear production and negative buoyancy flux, as dense fluid is transported upwards. The billow quickly becomes unstable to secondary instabilities and the flow becomes turbulent, enhancing viscous dissipation. Eventually, the dissipation dampens the TKE, and the flow relaminarizes. The duration of the turbulent event is relatively short, with few oscillations between the TKE production and the buoyancy flux. We note that the SKH flows with lower Re (Figure 5a) and higher $Ri_b$ (Figure 5i) are much less energetic, owing to the stronger effects.
of viscosity and stratification, respectively.

On the other hand, for Case 8 (SHI at the same parameter values; figure 5i), the buoyancy flux, shear production, and the rate of change of TKE exhibit a sequence of oscillations associated with periodic conversions between kinetic and potential energy in the propagating Holmboe waves. These oscillations continue until the onset of secondary instabilities and the subsequent transition to turbulence with increased $\varepsilon$. Finally, the flow relaxes to a laminar flow. In contrast to the SKH case, the SHI event is long-lived, lasting many wave periods. A similar behaviour is observed for the other parameter values (figure 5j,k), though we note that the oscillations persist for a longer time at lower Re as the flow remains laminar for a longer time.

Consistent with the linear predictions in § IIII and the qualitative descriptions in § IIIB, asymmetry in the base flow results in a hybrid of the pure KH (SKH) and pure Holmboe (SHI) behaviours. Figures 5i,j,g demonstrate that as the instability mechanism transitions from KH-like to Holmboe-like, the duration of the turbulent mixing event increases. Both initial period of positive shear production and negative buoyancy flux as well as regularly-spaced oscillations in the budget terms are observed, similar to the initial billow development in the SKH flow and the periodic waves in the SHI flow. While viscosity and stratification still impact the resulting flow evolution for the asymmetric cases (particularly for the AKH flows), we note that in contrast to the SKH flows, the asymmetric cases remain more energetic at lower Re (figure 5b,c) and higher Ri (particularly for the AKH flows), we note that in contrast to the AKH flows, the asymmetric cases remain more energetic at lower Re (figure 5b,c) and higher Ri (figure 5b,c).

Once again, asymmetry in the base flow results in a hybrid flow between the pure KH (SKH) and the pure Holmboe-wave instability (SHI). Figure 5 demonstrates that as the instability mechanism transitions from KH-like to Holmboe-like, the duration of the turbulent event increases (e.g. figure 5f) and regularly-spaced oscillations appear between the rate of change of TKE and buoyancy flux (e.g. figure 5g). Thus, as discussed in § III, asymmetry introduces an apparent transition between the SKH and the SHI.

The volume-averaged quantities provide an overview of the energetics of these symmetric and asymmetric flows. Further insight can be gleaned from considering where buoyancy flux or dissipation are occurring within the flow, which we consider in the next section.

### D. Horizontally-averaged quantities

The TKE budgets above show that the turbulent flow field extracts energy from the mean flow, which is subsequently dissipated. We now discuss how that energy transfer changes the vertical structure of the horizontally-averaged mean flow. In particular, we characterize the structure of the mean velocity and buoyancy profiles through the buoyancy frequency ($N^2$) and shear rate ($S^2$), defined

$$N^2 = \frac{\partial b}{\partial z}, \quad S^2 = \left( \frac{\partial u_i}{\partial x_i} \right)^2. \quad (16)$$

Similarly, we will present the mean viscous dissipation ($\varepsilon$) and scalar variance dissipation ($\chi$), computed as

$$\varepsilon = \frac{1}{2Re} \left( \frac{\partial u_i}{\partial x_i} + \frac{\partial u_j}{\partial x_j} \right) \left( \frac{\partial u_i}{\partial x_i} + \frac{\partial u_j}{\partial x_j} \right) \approx \frac{1}{Re} S^2 + \varepsilon', \quad (17)$$

$$\chi = \frac{1}{N^2} \frac{1}{Re Pr} \frac{\partial b}{\partial x_i} \frac{\partial b}{\partial x_i} \approx \frac{N^2}{Re Pr} + \chi'. \quad (18)$$

High $\varepsilon$ and $\chi$ indicate regions of strong turbulent motions acting on the velocity and buoyancy fields, respectively.

The timeseries of horizontally-averaged buoyancy ($b$), buoyancy frequency ($N^2$), shear rate ($S^2$), viscous dissipation ($\varepsilon$), and scalar variance dissipation ($\chi$) for Re = 1200 and Ri = 0.15 are presented in figure 6. Superimposed on each plot are the (-0.9, 0, 0.9) contours of $\Pi_T$ (green) and $\pi_b$ (yellow), to approximate the bottom, middle and top of the buoyancy and velocity interfaces.

As described above, the SKH is characterized by an initial billow structure that breaks down into turbulence, which subsequently decays. There is a corresponding “burst” of intense turbulence, which produces an associated increase in viscous and scalar dissipation (figure 6m,o). This turbulence rapidly mixes (thickens) the initial buoyancy and velocity interfaces, decreasing the overall stratification and shear (figure 6b,e,i). Consistent with previous studies of KH instability, the overall thicknesses of the buoyancy and velocity interfaces (as shown by the green and yellow contours) evolve similarly to one another throughout the flow evolution.

In contrast, the wavelike nature of the SHI results in oscillations in the horizontally-averaged fields at the buoyancy interface (figure 6l). The maximum gradient of the buoyancy and velocity interfaces remains relatively large after the mixing event (figure 6l), and the buoyancy interface remains thinner than the velocity interface. We also observe that
FIG. 6. Contour plots of the horizontally-averaged (a)-(d) buoyancy, (e)-(h) $N^2$, (i)-(l) $S^2$, (m)-(p) log $\varepsilon$, (q)-(t) log $\chi$, and (u)-(x) $Re_B$ as a function of time. Data is plotted for Case 4 (left), Case 5 (middle left), and Case 6 (middle right) and Case 7 (right) – $Re = 1200$, $Ri_b = 0.15$. Superimposed on each plot are the (-0.9,0,0.9) contours of $u$ (green) and $b$ (yellow). Anomalous values of large $\chi$ and $Re_B$ associated with $N^2 \rightarrow 0$ have been masked our as described in §III F.
the viscous and scalar dissipation rates remain high for an extended period throughout the mixing event, consistent with the “burning” behaviour described in Caulfield [6].

To recap, KH-driven mixing is associated with overturning turbulence, acting to smear out the initial interface. In contrast, Holmboe-driven mixing is associated with scouring turbulence, keeping interfaces sharp [3, 60]; these behaviours are well demonstrated by the evolution of $N^2$ and $S^2$ for the SKH and SHI simulations (figure [3, h, i, l]). However, asymmetry breaks this dichotomy. We find that the asymmetric instabilities both mix the buoyancy interface (identified by the yellow contours), while preserving a sharp buoyancy gradient that is offset from its initial position. This hybrid behaviour is a result of the asymmetric mixing of the AKH and AHI.

The locations of the viscous dissipation and mixing are identified through $\tau$ and $\gamma$. For both the SKH (figure [6, u, q]) and SHI (figure [6, t]), $\varepsilon$ and $\chi$ are roughly symmetric with respect to the buoyancy interface. Conversely, AKH (figure [6, r]) and AHI (figure [6, s]) show more mixing above the buoyancy interface, associated with the breakdown of the initial billow structure. We find that the $\bar{\omega}_1 = [-0.9,0.9]$ contours provide reasonable vertical bounds for the location of the mixing and dissipation. Thus, the initial asymmetry of both AHI and AKH results in asymmetric mixing of the buoyancy and velocity fields, while preserving the buoyancy and velocity interfaces. As such, asymmetric shear instabilities combine the intense mixing of a KH instability with the interface-preserving property of a Holmboe instability.

We have argued that, in contrast to SKH, the AKH, AHI, and SHI exhibit scouring behaviour, which preserves the buoyancy interface. To illustrate this, we define the buoyancy Reynolds number ($Re_B = \varepsilon/ (\nu N^2)$) as a measure of the regions where the turbulence is most intense relative to the background stratification. As describe qualitatively above, while the SKH has elevated values of $Re_B$ throughout the buoyancy interface (figure [6, o]), we find high values of $Re_B \approx 100$ for the AKH, AHI, and SHI away from the buoyancy interface (figure [6, v-x]). That is, the SKH overturns and diffuses the buoyancy interface, while the other cases scour but do not eliminate a strong buoyancy gradient.

E. Interface position and width

The initial velocity and buoyancy profiles of the SKH, AKH, AHI, and SHI differ in the value of the initial interface thickness ratio $R_0$ and the initial interface offset $a_0$. Throughout the mixing event, the mean value of the relative interface thickness and offset evolve in time. To demonstrate this evolution, we have included a comparison of the initial and final $\partial_1 \bar{b}$ and $\partial_1 \bar{\pi}_1$ profiles (taken at the end of each simulation $t = t_f$) in figure [7, a-d). The initially symmetric profiles (SKH, SHI) retain their symmetry. Conversely, initially asymmetric profiles (AKH, AHI) preferentially mix one side of the buoyancy interface more than the other. This asymmetric mixing will displace the position of the buoyancy ($z_{0,b}$) and velocity ($z_{0,u}$) interface over the course of the simulation. This is evident by looking at the interface heights at the final time (that is, the heights of the peak gradients in buoyancy and velocity), marked with a $\nabla$ on the corresponding panels of figure [7, a-d]. Note that the asymmetric mixing results in final profiles in which the peak gradients are approximately aligned, nearly eliminating the initial offset.

In addition to the interface position, we quantify the evolving interface widths as the standard deviation of $\bar{b}$ or $\bar{\pi}_1$ about the peak gradient. That is, we define the buoyancy ($\sigma_b$) and velocity ($\sigma_u$) interface thicknesses as

$$\sigma_b = \sqrt{\frac{\int (z - z_{0,b})^2 \partial_1 \bar{b} \, dz}{\int \partial_1 \bar{b} \, dz}}.$$  \hspace{1cm} (19)

$$\sigma_u = \sqrt{\frac{\int (z - z_{0,u})^2 \partial_1 \bar{\pi}_1 \, dz}{\int \partial_1 \bar{\pi}_1 \, dz}}.$$  \hspace{1cm} (20)

Having estimated the interface position and width with time, the evolving interface thickness ratio ($R$) and interface offset ($a$) are

$$R(t) = \frac{\sigma_u}{\sigma_b}, \quad a(t) = z_{0,u} - z_{0,b}.$$  \hspace{1cm} (21)

Note that $R(t = 0) \approx R_0$, $a(t = 0) \approx a_0$.

We plot the evolution of $R$ in time in figure [7, c] for all $Re = 1200$ cases, and include the initial and final values of $R$ and $a$ for all cases in table [11]. We do not include the data from the $Re = 300$ cases in figure [7, c] as the low Reynolds number results in significant interface diffusion that obfuscates the present results. However, even at $Re = 300$, we find similar conclusions to those presented here (see table [11]).

Several features can be seen in the plot of $R$ (figure [7, c]). First, the formation of the large billow in the SKH, AKH, and AHI cases is associated with a transient decrease in $R$. On the other hand, a clear oscillatory behaviour
FIG. 7. Plot of the initial and final profiles of $-\frac{\partial b}{\partial z}$ and $\frac{\partial u_1}{\partial z}$ of the (a) SKH, (b) AKH, (c) AHI, and (d) SHI for $Re = 1200$, $Ri_b = 0.15$. The evolution of the (e) interface thicknesses $R$ and (f) offset $a$ are included as a function of time.

is apparent in the SHI flows, consistent with the wavelike character of the flow described above. As the billow or vortices break down into turbulence and the flow mixes, $R$ increases and then nearly plateaus.

The SKH and AKH cases ($R(t = 0) = 1$) tend towards increased thickness ratios of $R \approx 1.3$ by the end of the simulation, consistent with the velocity diffusing faster than the buoyancy for $Pr = 0.9$. For the instabilities with initially thin buoyancy interfaces ($R(t = 0) = 3$, i.e. SHI and AHI), the flows tend towards reduced values of $R \approx 2$ by the end of the simulations, indicating that the turbulent event has thickened the buoyancy gradient more than the velocity gradient. However, the buoyancy interface remains thinner than the velocity interface, even with the signature of the initial billow for the AHI case.

Recall that the initial offset between the shear and buoyancy interfaces for the AKH and AHI is nearly eliminated
by the end of the mixing events (see figure 7). The flow asymmetry for these cases results in preferential mixing above the buoyancy interface, leading to a downwards shift of both interfaces. As the shear interface is located above the buoyancy interface, it is mixed at a faster rate, such that the final position of the two interfaces are co-located. The asymmetric mixing reduces the interface offset in the final state.

F. Self-organized criticality

The gradient Richardson number,

\[ Ri_g = \frac{N^2}{S^2}, \] (22)

is an important parameter in studies of stratified shear flows, relating the stabilizing effect of stratification with the destabilizing effect of shear. In particular, the “critical” value \( Ri_g \approx 1/4 \) is commonly associated with stratified turbulent mixing: \( Ri_g < 1/4 \) is a necessary condition for instability in steady parallel inviscid stratified shear flows [20,37], and oceanic observations suggest that a critical Richardson number close to 1/4 is a useful criterion in practice for the onset of turbulent mixing (e.g. [38]). Oceanic and estuarine observations suggest that stratified shear flows often exhibit a peak in the distribution of \( Ri_g \) around this critical value [e.g. 15, 38, 46].

Motivated by these observations, recent studies have focused on the idea of “self-organized criticality” in stratified turbulent flows, that is, the tendency of flows to evolve to a state with \( Ri_g \) near the critical value. One commonly-invoked argument suggests that this is associated with a balance between external energy input to the background flow (forcing) driving the flow towards a state with \( Ri_g < 1/4 \), allowing for the possibility of shear instability, and overturning turbulent mixing acting to increase \( Ri_g \) to values above 1/4; the balance between these two processes is thought to result in a state of “marginal stability” [44, 50].

The above explanation relies on the presence of external forcing to drive the system back to an unstable state. Salehipour et al. [42] offered an alternate argument for this self-organizing behaviour, namely that symmetric Holmboe instabilities evolve to a state where the average gradient Richardson number is approximately 1/4, regardless of initial flow parameters. Furthermore, they argue self-organized criticality is not present for KH instability, which can exhibit average gradient Richardson numbers above or below 0.25, depending on the initial parameters. It should be emphasized that this description is for freely-evolving shear layers like those we consider here, rather than the forced system of Smyth et al. [50].

To what extent do asymmetric shear instabilities share this tendency to self-organize? We have shown that the initial offset in the location of peak buoyancy and shear is essentially removed by the end of the simulation, and that the ratio of interface thicknesses converges to approximately the same values regardless of initial asymmetry. Thus, we may wonder whether there is some “attractive” state to which the system is evolving, depending on how Holmboe-

| Case | Instability | \( t_{2D,max} \) | \( t_{3D,max} \) | \( R_0 \) | \( R(t = t_f) \) | \( a_0 \) | \( a(t = t_f) \) | \( P \) | \( B \) | \( D \) | \( \eta_M \) | \( \eta \) | \( \bar{\eta}_{3D} \) |
|------|-------------|----------------|----------------|--------|-------------|--------|-------------|------|------|------|------|------|------|
| 1    | SKH         | 223.4          | 309.3          | 1.0    | 1.8         | 0.0    | 0.0         | 0.11 | -0.03| -0.09| 0.13 | 0.22 | 0.13 |
| 2    | AKH         | 175.4          | 235.6          | 1.0    | 1.6         | 0.5    | 0.2         | 0.28 | -0.07| -0.21| 0.16 | 0.60 | 0.20 |
| 3    | AHI         | 198.5          | 239.2          | 3.0    | 2.2         | 0.5    | 0.0         | 0.39 | -0.08| -0.31| 0.17 | 0.48 | 0.28 |
| 4    | SHI         | 324.4          | 379.5          | 3.0    | 2.2         | 0.0    | 0.0         | 0.36 | -0.08| -0.27| 0.17 | 0.62 | 0.23 |
| 5    | SKH         | 92.4           | 131.3          | 1.0    | 1.3         | 0.0    | 0.0         | 0.50 | -0.10| -0.40| 0.21 | 0.36 | 0.23 |
| 6    | AKH         | 60.0           | 134.4          | 1.0    | 1.3         | 0.5    | 0.0         | 0.45 | -0.10| -0.35| 0.19 | 0.21 | 0.21 |
| 7    | AHI         | 89.6           | 147.9          | 3.0    | 2.0         | 0.5    | 0.0         | 0.42 | -0.07| -0.35| 0.17 | 0.23 | 0.22 |
| 8    | SHI         | 183.0          | 232.2          | 3.0    | 2.3         | 0.0    | 0.0         | 0.25 | -0.04| -0.21| 0.20 | 0.23 | 0.20 |
| 9    | SKH         | 159.3          | 191.6          | 1.0    | 1.2         | 0.5    | 0.1         | 0.25 | -0.05| -0.20| 0.19 | 0.30 | 0.29 |
| 10   | AKH         | 69.0           | 134.4          | 1.0    | 1.4         | 0.5    | 0.1         | 0.29 | -0.05| -0.23| 0.17 | 0.37 | 0.15 |
| 11   | AHI         | 128.4          | 160.1          | 3.0    | 2.4         | 0.5    | -0.1        | 0.17 | -0.03| -0.14| 0.20 | 0.31 | 0.20 |
| 12   | SHI         | 208.0          | 247.4          | 3.0    | 2.5         | 0.0    | 0.0         | 0.17 | -0.03| -0.14| 0.20 | 0.31 | 0.20 |

TABLE II. Table of case parameters for the twelve numerical simulations. Time of maximum 2D and 3D TKE are given as \( t_{2D,max} \) and \( t_{3D,max} \). The initial and final interface ratios (\( R_0 \), \( R(t = t_f) \)) and interface offsets (\( a_0 \), \( a(t = t_f) \)) are also included. The time integral of production (\( P \)), buoyancy flux (\( B \)), and dissipation (\( D \)) are included. The median mixing efficiency (\( \eta_M \)), mean mixing efficiency (\( \eta \)), and mean mixing efficiency within the turbulent region (\( \bar{\eta}_{3D} \)), as described in § III F, are given for each case.
or KH-like the initial instability is. To explore this question, we investigate the statistics of the gradient Richardson number \( R_i_g \) and the mixing efficiency \( \eta \), defined by equation (23), for both the symmetric and asymmetric initial conditions.

We first consider \( R_i_g \) in the region where the flow is sufficiently turbulent. As in Salehipour et al. [42], we focus on regions where \( \varepsilon' > \frac{2 R_i_b}{(R e L_z)} \), as this avoids regions where both \( N^2, S^2 \to 0 \) (see figure 6). Similarly, we restrict \( t > t_{3D} \),
where $t_{3D}$ is the time of maximum kinetic energy, removing the initial laminar period. We note that the results in this paper are relatively robust to variations in the precise values of these two filtering criteria.

As shown in figure 8(a,b), the SKH and AKH cases start from an initial state in which $Ri_g$ has a minimum at the centre of the shear layer. After the instability grows and triggers a transition to turbulence, the flow rapidly mixes to a state in which $Ri_g \gtrsim 1/4$, though slightly lower values of $Ri_g$ persist for longer in the AKH case than its symmetric counterpart. On the other hand, the AHI and SHI cases, start with a local maximum in $Ri_g$ at the centre of the shear layer (figure 8(c,d)). The onset of turbulence in both cases does not lead to the same rapid increase of $Ri_g$. Instead, as a consequence of the turbulence being strongest in the weakly-stratified regions away from the buoyancy interface, the turbulent shear layer shows a range of gradient Richardson numbers for these two cases.

To quantify these distributions further, within the turbulent region after $t_{3D}$, we compute the probability density function (PDF) of $Ri_g$ (figure 9(a,c,e,g)). Consistent with Salehipour et al. [42], the different SKH cases (figure 9(a)) have different peaks in $Ri_g$, and the PDFs of the SHI cases (figure 9(g)) appear to show a consistent peak near $Ri_g = 0.25$.

Of more interest is the behaviour of the AKH and AHI cases (figure 9(e)). In contrast to the SKH cases, both asymmetric configurations show a collapse of the PDFs across the parameter values considered here. That is, these PDFs of $Ri_g$ are not very sensitive to the particular values of Re and $Ri_b$. However, the value of the peaks in $Ri_g$ differs between the AKH and AHI flows: for AHI, the peak is close to the value of $1/4$ seen in the SI cases, while AKH show a consistent peak around $Ri_g \approx 0.4$ (similar to the larger $Ri_g$ values seen for some of the SKH flows). Again, the stark dependence on Re and $Ri_b$, associated with SKH appears to be reduced for AKH. However, the details of the turbulent flows still depend on the specific case in question (and the degree to which it is more or less “KH-like” versus “Holmboe-like”).

We next turn to the corresponding distributions of the mixing efficiency, $\eta$, for the different symmetric and asymmetric cases considered here. The mixing efficiency is the fraction of the total energy loss that increases the potential energy of the system (as opposed to the energy lost to viscous dissipation). Following the approach of Smith et al. [43], we define the local mixing efficiency as

$$\eta = \frac{Ri_b \chi'}{Ri_b \chi' + \varepsilon'},$$

which indicates the height where the mixing is most efficient. To avoid regions in which $N^2 \to 0$, we apply the same filter as with $Ri_g$.

We show the spatial distribution of $\eta$ in figure 8(e-h). There is an early peak in $\eta$ in all cases, associated with the initially laminar formation of the billows or counter-propagating vortices. As the flow breaks down into turbulence, the efficiency drops off. For the SI case, the efficiency is approximately uniform across the turbulent region. Conversely, the AKH, AHI, and SHI cases show a range of values of $\eta$, with lower efficiencies near the interface and larger values away (particularly in the AHI and SHI cases), as a consequence of the larger values of $\chi'$ in those regions.

The predicted value of $\eta$ for a given flow has been a matter of some debate, as reviewed by Gregg et al. [13]. In particular, Osborn [34] suggested an upper bound of $1/6$ for the average mixing efficiency of steady homogeneous stratified shear flows. This value, corresponding to a flux coefficient of $\Gamma = \eta/(1 - \eta) = 0.2$, has been applied in a wide variety of numerical, experimental, and oceanic contexts.

Even for stratified shear layers such as those considered here, the peak value of $\eta$ has been shown to be case specific. For KH instability, $\eta$ has been shown to depend on the flow parameters, the route by which the flow transitions to turbulence, and the details of the initial conditions [7, 21, 29]. On the other hand, studies of scouring-type flows, including Holmboe-driven turbulent mixing [42] and forced stratified shear layers [43] have shown peaks in the PDF of mixing efficiency near the canonical $1/6$ value, consistent with the flows experiencing a period of steady homogeneous mixing (as assumed by Osborn [34]). For the simulations presented here, we observe a similar behaviour for the AKH, AHI, and SHI cases, as shown in figure 8(d,f,h): the PDFs of $\eta$, defined over the same spatial and temporal region as in the PDFs of $Ri_g$, show peaks around $1/6$ across different flow parameters. On the other hand, the PDFs of $\eta$ for the SKH simulations (figure 9(b)) show peaks at different values depending on the flow parameters, consistent with the results of Salehipour et al. [42].

These typical values of $Ri_g$ and $\eta$ can also be seen in the profiles at $t_{3D,max}$ and time-averaged from $t_{3D,max}$ to the end of the simulation in figure 8(i-l). The SKH and AKH profiles show gradient Richardson numbers above the marginal value of $1/4$, while the AHI and SHI flows show $Ri_g \sim 1/4$ over the region surrounding the shear layer. Similarly, local values of $\eta$ are close to $1/6$ during the turbulent phases of the mixing events.

Taken together, the distributions of $Ri_g$ and $\eta$, along with the evolution of the mean quantities described in §III D suggest that as the underlying instabilities shift from being more KH-like to more Holmboe-like, the corresponding turbulence and mixing likewise transition from one limiting behaviour to the other.
IV. DISCUSSION AND CONCLUSIONS

A substantial fraction of the literature on stratified shear instabilities has focused on the idealized case of a vertically-symmetric background flow, with the centre of the background shear layer coincident with the corresponding buoyancy interface. However, in many geophysical contexts, the shear and stratification are asymmetric. Even in idealized laboratory experiments, the interfaces may be offset \[ [24, 25, 61] \]. We have shown that this asymmetry modifies both
the linear stability of the underlying shear instability and its subsequent nonlinear evolution.

By considering the linear stability of asymmetric flows given by [2], we have observed that the eigenfunctions of the unstable modes share characteristics of both pure KH and Holmboe instabilities. Moreover, using an appropriately-defined pseudomomentum [see12], we have quantified how KH-like or Holmboe-like these asymmetric instabilities are for background flows with different $R_i$, $Re$, $Ro$, and $a_0$.

Then, we selected several representative cases ranging from pure KH to pure Holmboe behaviour to demonstrate the effect of asymmetry on the nonlinear evolution of the system. We performed a set of twelve direct numerical simulations with different $Re$, $R_i$, $a_0$ and $Ro$. These cases included symmetric KH [SKH], asymmetric KH [AKH], asymmetric Holmboe [AHI], and symmetric Holmboe [SHI] configurations. These simulations build on the work of Carpenter et al. [3], with a higher Reynolds number and the inclusion of the asymmetric LH setup which was not previously considered. From these simulations, and consistent with the linear predictions, we showed that the asymmetric shear instabilities resulted in a flow that had both the propagating wave feature of Holmboe instabilities and the finite-amplitude billow structure of KH instabilities. These hybrid features can be seen in both the TKE budget and the horizontally averaged quantities. As predicted by the pseudomomentum, the nonlinear simulations suggest that there exists a continuous spectrum of KH-like and Holmboe-like behaviour.

As mentioned in the introduction, turbulence caused by stratified shear instabilities is frequently categorized as “overturning”, in which KH-driven mixing smears out the buoyancy profile, or “scouring”, where Holmboe-driven mixing preserves the sharp buoyancy interface [6, 40, 48]. The mixing driven by the asymmetric shear instabilities described here differs from most previous numerical studies in two important ways. First, the asymmetric shear instabilities lead to asymmetric mixing of the background buoyancy and momentum – both the velocity and buoyancy profiles preferentially diffuse on one side of the buoyancy interface. This mixing roughly preserves the relative thickness of the buoyancy and velocity interfaces. Interestingly, in the cases considered, the asymmetric mixing nearly eliminated the initial offset in peak gradients by the end of the simulations. In this sense, the asymmetric mixing produces a more symmetric final state than was present initially. This may have important implications in contexts where the degree of asymmetry changes with time [61]. Similarly, in a continuously forced system [43], it is unclear how the offset would evolve. Second, the mixing appears to share characteristics of both overturning and scouring flows, with part of the initial interface maintained throughout the flow evolution. That is, not only is the mixing vertically asymmetric, but the character of the mixing itself can change depending on the initial offset of the background flow.

We note that while the simulations presented in this manuscript consider multiple values of $Re$ and $R_i$, further exploration of the parameter space would be of great value in understanding the role of asymmetry in stratified shear flows. In particular, we have kept the Prandtl number fixed at a value of $Pr = 9$ in this study, characteristic of heat in water. The Prandtl number has been shown to play an important role in other studies of shear-driven mixing (e.g. [39]) and layer formation (e.g. [53]; understanding how the Prandtl number may impact the interplay between scouring and overturning discussed in this manuscript may be important to consider for other environmental and geophysical flows. In addition to the Prandtl number, future studies should consider how this spectrum of behaviours changes at higher Re more characteristic of environmental flows. Simulations in domains with longer streamwise extent would also be of interest in order to ascertain the importance of upscale cascades of energy via pairing in such asymmetric shear flows [see, e.g. [11, 27, 47].

In addition to extending the parameter space for flows described by [2], other forms of asymmetric stratified shear layers could be considered. For example, Pham et al. [37] and Pham and Sarkar [36] studied asymmetric flows where shear and stratification varied between the upper and lower layers, and found similar transitions between KH- and Holmboe-like behaviours, similar to the results presented here. Future studies could consider a variety of different types of asymmetry, analyzing both the linear modes using the pseudomomentum framework described here as well as the nonlinear evolution and turbulent mixing.

It has been suggested that the longer-lived scouring behaviour associated with scouring events could lead to larger overall mixing of the background flow during the turbulent phase compared to the intense burst of mixing associated with KH instability [9, 11, 48]. It is unclear how this may extend to asymmetric flows: while asymmetry may lead to longer-lived turbulence, the strongest mixing is also offset from the strongest stratification. While it is difficult to draw conclusions at the parameter values studied here, future work with a broader parameter space could explore this question in more detail.

Oceanographic observations of $Ri_g$ frequently show a peak value of approximately 0.25 [e.g. 18, 46]. (This value should not be thought of as a result of the Miles-Howard theorem, the underlying assumptions of which do not apply to fully turbulent flows.) One possible explanation for these observations is that forcing and turbulent diffusion act together to drive the flow to a state of marginal stability [50]. An alternate explanation is that stratified turbulence driven by Holmboe instability may self-organize into a state with $Ri_g \sim 1/4$ and a flux coefficient $\sim 0.2$, behaviour which is not seen for KH-driven mixing [42]. Our results are consistent with that conclusion: the SHI cases demonstrate a consistent peak in the PDF of $Ri_g$ near 0.25 that is absent in the SKH cases. Indeed, our SKH simulations include the subcritical, critical, and supercritical cases illustrated in figure 13 of Salehipour et al. [42]. Of greater interest are
the asymmetric cases, which also demonstrate a collapse in the distributions of $Ri_g$, consistent with our interpretation that asymmetry results in mixing events with characteristics of both KH and Holmboe instabilities. The AHI has a peak in $Ri_g \approx 0.3$, roughly at the same location as that of the SHI. There is a similar collapse of the AKH curves around $Ri_g \approx 0.4$. As the SKH cases appear to be highly dependent on the initial flow parameters, this work suggests that even small amounts of asymmetry reduce the dependence of the PDF of $Ri_g$ on the external parameters. Future work aimed at clarifying the role of asymmetry on the resulting distribution of $Ri_g$, particularly at even higher Re more typical of geophysical flows and considering a broader range of $R_M$, will help to clarify the degree to which the turbulence may self-organize in AKH- and AHI-driven flows. Forced simulations, in which the mechanism described by Smyth et al. [50] may also be active, would further allow for the exploration of these self-organizing behaviours in asymmetric stratified shear flows.

We emphasize that the SKH/AKH/AHI/SHI simulations shown in figure 3 all have the same Re, Pr, and $Ri_b$; the qualitatively different flow evolution arises from small-scale details in the initial shear and stratification profiles. We found a similar range of behaviors in each of the three sets of SKH/AKH/AHI/SHI simulations with fixed Re, Pr, and $Ri_b$. That is, significantly different behaviours can arise for the same bulk parameters. Because of this small-scale dependence, methods to identify the type of instability are of great interest, especially in the analysis of observational data. Given the success of the pseudomomentum approach in classifying the linear dynamics, it is natural to ask whether a similar metric could be found for fully nonlinear flows, either by extending the nonlinear metrics described by Eaves and Balmforth [12] to less idealized flows or by exploiting newer data-driven analyses for flow classification.

Stratified turbulent flows may be quantified in terms of a variety of key lengthscales describing, for example, the size of individual overturns or the scales at which stratification becomes important. Understanding the relationships between such lengthscales can be essential for interpreting field measurements in which certain variables are not easily measured. However, most of these relationships for stratified shear instabilities have typically focused on symmetric KH instabilities (e.g. [30, 45]). Future work will consider how these relationships are modified by asymmetry and how they can be related to the specifics of the irreversible mixing [59], thereby allowing for improved interpretation of field measurements.

Geophysical flows are rarely perfectly aligned. Our results have highlighted that even a relatively small amount of asymmetry may produce a different flow evolution than classic shear instability theory would suggest. This asymmetry is below the resolvable scales of large-scale circulation models, and as such must be parameterized. In the future, we hope to compare our work with field studies, quantify the importance of asymmetry, and find a practicable solution to incorporate this effect into regional models.

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