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Secondary Forces in Protein Folding

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Abstract

A complete inventory of the forces governing protein folding is critical for productive protein modeling, including structure prediction and de novo design, as well as understanding protein misfolding diseases of clinical significance. The dominant contributors to protein folding include the hydrophobic effect and conventional hydrogen bonding, along with Coulombic interactions and van der Waals interactions. Over the past few decades, important additional contributors have been identified, including C–H···O hydrogen bonding, n→π* interactions, C5 hydrogen bonding, chalcogen bonding, and interactions involving aromatic rings (cation–π, X–H···π, π–π, anion–π, and sulfur–arene). These secondary contributions fall into two general classes: (1) weak but abundant interactions of the protein main chain, and (2) strong but less frequent interactions involving protein side chains. Though interactions with high individual energies play important roles in specifying nonlocal molecular contacts and ligand binding, we estimate that weak but abundant interactions are likely to make greater overall contributions to protein folding, particularly at the level of secondary structure. Further research is likely to illuminate additional roles of these noncanonical interactions and could also reveal contributions yet unknown.

Graphical Abstract

Proteins are the principal molecular machines of the cell, capable of myriad activities that enable life. Each individual protein derives its function from the unique, three-dimensional arrangement of its chemical components. Seminal experiments by Anfinsen demonstrated that amino-acid sequences can contain all of the chemical information necessary to specify a particular stable structure. Decoding the chemical information present within the polypeptide chain should therefore allow one to predict the structure from its sequence.

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alone. Given the number of putative protein sequences generated from DNA sequencing data, such technology would prove invaluable for addressing countless issues in biology. Moreover, the same insight could eventually allow physicians to predict the effects of particular mutations, empowering personalized medicine; this prospect could be especially important for the treatment of diseases caused by protein misfolding. Finally, a complete understanding of the factors governing protein structure could be leveraged toward the design of new proteins with emergent functions, the limits of which are hard to conceive. Understanding the molecular basis for protein structure has thus become one of the central scientific challenges of our age.

**CANONICAL FORCES IN PROTEIN FOLDING**

Under physiological conditions, the free energy of the folded state of a typical globular protein is 10–15 kcal/mol less than that of the unfolded state. The enthalpic and entropic energy differences between the two states are, however, several fold larger. The ensuing dichotomy in the Gibbs equation—\( \Delta G^0 \) is a small difference between large values of \( \Delta H^0 \) and \( T\Delta S^0 \)—underlies the need for a comprehensive inventory of the forces that govern protein folding.

The interactions that stabilize protein structure also guide a polypeptide chain in attaining that structure. The folding of polypeptide chains is well known to be encouraged by a handful of noncovalent interactions: the hydrophobic effect, conventional hydrogen bonding, Coulombic interactions, and van der Waals interactions. A detailed understanding of these canonical forces has led to the development of many important technologies, including force fields for molecular dynamics simulations and automated methods for protein design, which in turn have yielded exciting results. To assess the limitations in these methods, the biophysics community has engaged in a recurring systematic evaluation called the Critical Assessment of Structure Prediction (CASP). The premise of this biannual competition is simple: given only the target sequence, computational biophysicists attempt to predict the three-dimensional structures of proteins that have been determined recently by experimental structural biology. The contest has been held twelve times since 1994, and has led to many insights. Though significant improvements were achieved during the early years of the CASP competition, progress of late has been slow. In particular, the accuracy of models for sequences bearing low identity to proteins of known structure remains poor. In the absence of homologous proteins or domains on which to base initial models, structure prediction relies increasingly on molecular mechanics approaches, which have been problematic. Similar limitations have been noted in the prediction of organic crystal structures, a problem that is conceptually similar to that of protein structure prediction in requiring an accurate inventory of relevant forces. (In addition, efficient packing is essential for both protein folding and crystal growth, as the interior of proteins has long been known to be closer to a solid than a liquid.)

The ongoing challenges in protein structure prediction and design is suggestive of an incomplete understanding of the forces that govern protein folding, structure, and stability. Apparently, an understanding of the canonical forces alone is insufficient for properly describing protein biophysics. To address this problem, researchers have identified a suite of...
additional interactions that also contribute to the enthalpy of protein folding. We review the manifestations and contributions of those secondary interactions herein.

SECONDARY INTERACTIONS OF THE MAIN CHAIN

The most ubiquitous secondary interactions are those that occur between backbone atoms (Figure 1). These interactions enlist the lone pairs of the main-chain oxygen. In analogy to the hydrogen bonds donated by the main-chain nitrogen, nearly all of the lone pairs of the main-chain oxygen are engaged in intramolecular interactions.

C–H···O Hydrogen Bonds.

The first secondary interactions identified were noncanonical hydrogen bonds involving carbon-based donors. Though proteins typically feature weaker carbon acids than do some other organic molecules, there are some protons that are sufficiently acidic to engage in hydrogen bonding. For example, there is substantial evidence that histidine side chains can donate hydrogen bonds from C$\varepsilon$. By far, though, the most common C–H···O hydrogen bond donors are the C$\alpha$–H protons of the main chain.

C–H···O hydrogen bonds have been observed widely in crystal structures of small molecules, and were proposed to contribute to protein stability in the 1960s. Despite early debate, C–H···O hydrogen bonds are now well-accepted. They share many properties with canonical hydrogen bonds, such as directionality and cooperativity, though they notably induce blue shifts in vibrational spectra. Like canonical hydrogen bonds, they are predominantly electrostatic interactions, with smaller contributions from van der Waals attraction and charge transfer. Experimental characterizations of their energy within peptides or proteins remain scarce, owing to their small energies and the experimental challenge of probing the backbone. Calculations generally point to energies of 1–2 kcal/mol, which is approximately half that of canonical hydrogen bonds. Nevertheless, detailed analysis of the geometry of intermolecular contacts in proteins has shown a substantial propensity for carbon-based acids to engage with hydrogen-bond acceptors. Like other hydrogen bonds, these interactions are identified by a short donor–acceptor distance (typically, <2.5 Å), and relative linearity between the donor, acceptor, and their antecedents.

The most prevalent example of C–H···O hydrogen bonds in proteins are the interstrand C$\alpha$–H···O=C hydrogen bond in β-sheets (Figure 1A). These C–H···O contacts occur at distances that are significantly shorter than expected for repulsive van der Waals interactions, and correspond closely to those observed in small-molecule crystal structures with validated interactions. Moreover, the approach of the donor to the carbonyl acceptor occurs largely within the plane of the peptide bond, where the carbonyl electron density is maximal. These interactions could affect some 35% of residues in β-sheets.

Other, albeit less frequent, examples of C–H···O hydrogen bonds occur in proteins. Contacts with carbonyl oxygens in the backbone of the α-helix have been noted, though these interactions usually involve less acidic β-protons, so the energy contributed by such contacts is likely modest. Additionally, α-helices might benefit from C–H···O hydrogen bonds involving donation of a proline α-proton to carbonyl acceptors, which has the potential to
attenuate the strong helix-breaking tendencies of proline residues. Backbone C–H···O hydrogen bonds are also a feature of the collagen triple helix, and might contribute to binding energy and discrimination at protein–protein interfaces. One notable example of the latter occurs between transmembrane helices. Transmembrane helices, whether within individual proteins or at interfaces within complexes of multiple proteins, often contact one another along ridges of small amino acids, typified by the GXXXG motif. These contacts are mediated by multiple C–H···O hydrogen bonds between helices and lead to a characteristic interaction geometry, which has been termed the GAS-right motif.

\( n \rightarrow \pi^* \) Interactions.

A distinct interaction within the backbone has been posited to contribute to protein folding: the \( n \rightarrow \pi^* \) interaction. These weak interactions occur between adjacent carbonyl groups in the backbone due to donation of lone pair (n) electron density from a carbonyl oxygen into the \( \pi^* \) orbital of another carbonyl group (Figures 1B and 1C). Originally invoked to explain the correlation of pyrrolidine ring pucker with the cis–trans conformation of prolyl peptide bonds in collagen, this interaction has now been recognized in a variety of systems. A signature of an \( n \rightarrow \pi^* \) interaction is a sub-van der Waals contact of the donor oxygen on the acceptor carbon along the Bürgi–Dunitz trajectory. Though these interactions were posited to be a particular example of dipolar interaction, extensive evidence indicates that these interactions harbor distinct, charge-transfer character, a view that has gained acceptance. The ensuing electronic donation can pyramidalize the acceptor carbonyl group, as has been observed in high-resolution protein crystal structures. Computational and experimental studies on small molecules have estimated the energy of a typical \( n \rightarrow \pi^* \) interaction to be between 0.3 and 0.7 kcal/mol; experimental measurements of the energy of an \( n \rightarrow \pi^* \) interaction have yet to be achieved in a folded protein. Nevertheless, prototypical \( n \rightarrow \pi^* \) interactions are strong enough to compete with canonical hydrogen bonds. Moreover, polarizing a acceptor carbonyl group with a hydrogen-bond acceptor increases the interaction energy of an \( n \rightarrow \pi^* \) interaction. Despite their modest energy, \( n \rightarrow \pi^* \) interactions are predicted to contribute significantly to protein stability because of their frequency: a third of all residues in folded proteins are poised to engage in \( n \rightarrow \pi^* \) interactions. Moreover, they contribute differentially to secondary structure formation: >70% of residues in \( \alpha \)-helices are predicted to engage in an \( n \rightarrow \pi^* \) interaction, but <10% of \( \beta \)-sheet residues are predicted to do so. This interaction is implicated in stabilizing not only \( \alpha \)-helices, but also other helical conformations such as 310 and PPII geometries. Additional interactions are possible in amino acid side chains.

C5 Hydrogen Bonds.

An analogous interaction has been identified in \( \beta \)-sheets. Specifically, amide protons in \( \beta \)-strands can donate an intraresidue hydrogen bond to its own carbonyl oxygen, forming a C5 hydrogen bond (Figures 1A and 1D). These interactions become significant at donor–acceptor distances below 2.5 Å. Despite their nonlinear geometry, they bear the hallmarks of traditional hydrogen bonding, and their perturbation also causes predictable changes in the stability of \( \beta \)-sheets. Though calculations suggest that these interactions are significantly weaker than traditional hydrogen bonds, often affording only around 0.25 kcal/mol, nearly
5% of residues in folded proteins are affected by such interactions, making the C5 hydrogen bond a key contributor to protein structure and stability. Moreover, bioinformatic\textsuperscript{83} and crystallographic\textsuperscript{84} analyses indicate that C5 hydrogen bonds likely contribute to amyloid formation, which is implicated in many neurodegenerative diseases.\textsuperscript{5}

**SECONDARY INTERACTIONS INVOLVING SIDE CHAINS**

Many secondary interactions engage side-chain atoms (Figure 2). Among such secondary interactions, those involving the aromatic rings of phenylalanine, tyrosine, and tryptophan residues are most important.\textsuperscript{85} The unique electron-distribution in these side chains enables a number of possible interactions. The facial $\pi$ cloud bears significant partial negative charge and is nucleophilic, whereas the ring edge bears a partial positive charge and is electrophilic. This charge deposition also creates a permanent electric quadrupole that forms strong electrostatic interactions with both cations and anions. Indeed, perhaps the most important single example of noncanonical forces in protein folding is the cation–$\pi$ interaction.

**Cation–$\pi$ Interactions.**

The significance of the cation–$\pi$ interaction derives not only from its specific roles, but also from its energy, which is distinctly larger than that of other secondary interactions in proteins; individual cation–$\pi$ interactions can contribute 2–5 kcal/mol to the binding of ligands to their receptors.\textsuperscript{86} Originally articulated in the supramolecular chemistry of organic cations,\textsuperscript{87} these interactions are largely electrostatic attractions between electric monopoles and the electronically negative surfaces of aromatic rings, along with their corresponding quadrupole moments.\textsuperscript{88} Other contributions to the cation–$\pi$ interaction, such as dispersion and charge transfer, exist and can be important, but predictions of binding affinity based on electrostatics alone are usually quite successful.\textsuperscript{89,90} Importantly, this energy is often sufficient to overcome the desolvation penalty for the binding of ions to protein pockets or cavities.\textsuperscript{91} Indeed, binding sites for a variety of organic cations feature an abundance of aromatic residues, making the cation–$\pi$ interaction key for the recognition of small-molecule ligands\textsuperscript{86} or post-translational modifications on proteins such as histones.\textsuperscript{92}

In addition to these critical functional roles, the abundance of aromatic and cationic residues in protein side chains presents an important opportunity for their contribution to protein folding. The cation–$\pi$ interaction has been observed to perturb the $pK_a$ values of functional groups in proteins,\textsuperscript{93} demonstrating their influence unambiguously. Even under stringent criteria for identification, cation–$\pi$ interactions affect approximately 1 in every 77 amino acid residues; using similar criteria, canonical salt bridges are twofold more common.\textsuperscript{94} As interactions between side chains, both cation–$\pi$ interactions and salt bridges are much less abundant than are secondary interactions of the main chain. For example, whereas ~26% of tryptophan residues are engaged in a cation–$\pi$ interaction,\textsuperscript{94} the frequency of tryptophan in eukaryotic proteins is only $(1.2 \pm 0.2)$%,\textsuperscript{95} diminishing overall impact.

Arginine forms cation–$\pi$ interactions more often than does lysine.\textsuperscript{94} This preference is not due to intrinsic interaction energies, but likely arises from the ability of arginine to participate in additional intermolecular interactions while proximal to an aromatic ring.
Aromatic residues in proteins form cation–π interactions with the relative frequency: tryptophan more often than tyrosine more often than phenylalanine, which parallels the intrinsic interaction energies of the side chains. Analysis of cation–π distributions across structural motifs is less advanced, but studies of designed peptides indicate that cation–π interactions can make significant contributions to secondary structure. In addition, cation–π interactions are a common feature of protein–protein interfaces. Though the contributions of individual cation–π interactions to ligand binding can lead to several kcal/mol of stabilization, experimental measurements of contributions to protein stability provide somewhat lower values, suggesting that the energy of single cation–π interactions in peptides and proteins are generally in the range of 0.5–1.0 kcal/mol. Nonetheless, this energy has been sufficient for the design of model proteins stabilized by cation–π interactions.

X–H···π Interactions.

Unsurprisingly, given their affinity for cations, aromatic rings are additionally capable of accepting hydrogen bonds even from weaker, carbon-based acids. Like the cation–π interaction, these X–H···π interactions appear to be especially relevant for ligand binding, where they contribute especially to carbohydrate recognition, the binding sites of lectins are often enriched in aromatic residues, particularly tryptophan, which can direct the binding mode of the carbohydrate with exquisite specificity via C–H···π interactions. Within protein structure, hydrogen bonds to aromatic acceptors are identified by short contact of the donor heavy atom with the center of the aromatic ring at a steep angle of elevation to the plane of the ring. By these criteria, they appear sufficiently common to contribute to protein folding; surveys estimate that approximate 10% of aromatic residues accept hydrogen bonds from nitrogen, oxygen, or sulfur donors. In addition, interactions of aromatic rings with backbone donors, although relatively infrequent, could demarcate changes in the secondary structure pattern and stabilize structural termini. Nonetheless, these interactions are uniformly weaker than cation–π interactions, commensurate with the reduction in electrostatic attraction. Gas-phase studies indicate that energies of these interactions are approximately 5–10 times weaker than for analogous cations; for example, the interaction energy for ammonia and benzene in the gas phase is 1.8 kcal/mol, whereas that for ammonium and benzene is 18 kcal/mol. Nevertheless, tuning the strength of an individual C–H···π interaction is sufficient to modulate the thermostability of designed miniproteins.

π–π Interactions.

The unique electron-distribution in aromatic rings also allows them to interact favorably with one another. Inspired by the high aromatic contact of protein interiors, an early survey of aromatic–aromatic interactions in proteins found not only that such pairs were more common than expected by chance, but also that particular short contact distances were favored strongly, suggesting an attraction. Specific attraction between aromatic rings was first suggested by the dominance of enthalpy in the interaction, ruling out the previously hypothesized solvophobic nature. Extensive characterization has shown that aromatic rings interact primarily in two geometries: T-shaped (or edge-to-face) and displaced-stacked (or offset-stacked). Both arrangements are well described by a balance between
contributions from dispersion and electrostatics. Geometries observed in crystalline or gas-phase arenes are recapitulated in proteins, though the exact preference of aromatic residues for different geometries differs between estimates, possibly due to the expanding number of known protein structures. Regardless, these contacts can clearly offer stability to proteins. Interestingly, thermophilic proteins have significantly more aromatic–aromatic contacts than do homologues from mesophilic organisms, consistent with a contribution to thermostability. Experimental characterizations of individual aromatic–aromatic interactions in peptide and protein model systems have estimated the energy of a single interaction to be approximately 0.5–1.5 kcal/mol, with smaller values being observed for solvent-exposed residues in peptides and larger values for residues in proteins. These experimental energies generally agree well with those from calculations. Importantly, over half of aromatic residues in proteins have been predicted to engage in attractive interactions, based on the simple criterion of an inter-centroid distance of less than 7 Å.

**Anion–π Interactions.**

Aromatic rings can also interact with anions at their edges, which bear partial positive charge. Indeed, initial analyses revealed that carboxylates contact aromatic rings in proteins more frequently than would be expected by chance, and approach is predominantly edge-to-edge. Energy deconvolution indicates that these interactions are likely dominated by electrostatics rather than van der Waals interactions. Experimental measurements of the energy of a single anion–π interaction suggest that such interactions contribute approximately 0.5 kcal/mol. Detection of anion–π interactions in proteins is complicated by the number of degrees of freedom between the interacting partners. Indeed, both energy calculations and Boltzmann statistics find a differential potential of ring atoms to engage in anion–π interactions. Using an energy-based criterion for identification, anion–π interactions involving phenyalanine have been observed in approximately 70% of proteins. Using geometric identification criteria, tryptophan was found to have a higher propensity than phenylalanine or tyrosine to engage in anion–π interactions, possibly due to its size or dipole moment. Most anion–π interactions are distant in sequence, though local contacts in both α-helices and β-sheets are known. Preliminary analyses have also catalogued the coincidence and cooperativity of anion–π interactions with hydrogen bonds, π–π interactions, and cation–π interactions. Anion–π interactions might contribute to the formation of protein–protein interfaces and are likely to be especially important in protein–DNA interactions because DNA features both additional anionic phosphoryl groups and electron-deficient π-systems that encourage the approach of anionic amino acid residues. An especially strong anion–π interaction has been reported to stabilize a β-hairpin in the WW domain.

**Sulfur–Arene Interactions.**

Aromatic rings are additionally capable of interacting with lone pairs, though these contacts generally involve electron-deficient rings, unlike those in proteins. Nevertheless, reports have documented an enrichment of sulfur atoms near aromatic rings in proteins and protein–protein interfaces, leading to postulation of a so-called sulfur–arene interaction. Early reports estimate that half of sulfur-containing residues form short contacts with...
aromatic rings. As in small-molecule crystal structures, sulfur atoms in proteins approach aromatic rings along the ring edge, though detailed geometries have not been catalogued for each type of residue (cysteine, cystine, and methionine). Experimental perturbations of this interaction in peptides have found stabilizing energies on the order of 0.5 kcal/mol. Although results from peptide studies suggest that these interactions are dominated by the hydrophobic effect rather than by a specific attraction, experiments in proteins suggest that sulfur–arene interactions cannot be replaced by purely hydrophobic interactions. Further research is needed to clarify the thermodynamic contributions of sulfur–arene interactions to protein folding.

**Chalcogen Bonding.**

Sulfur atoms can also participate in stereoelectronic interactions with electron-pair donors in a paradigm termed chalcogen bonding. In these interactions, electron density from a donor, often a carbonyl oxygen, is transferred into the σ* orbital of one of the bonds to the sulfur atom. These contacts were originally observed in surveys of small-molecule crystal structures, which first indicated the characteristic interaction geometry. The interaction has since been implicated in many examples of small-molecule structure and reactivity. Only in the early 2000s, however, was chalcogen bonding implicated in protein structure. Interaction geometries of methionine and disulfide sulfur atoms are broadly consistent with those observed in small-molecule crystal structures, and occur most frequently with main-chain oxygens in α-helices. Calculations on a prototypical interaction indicated an energy of 0.64 kcal/mol due to charge transfer; interactions with cystine disulfides are modestly stronger than those with methionine thioethers. Surveys of protein structures find that 13% of cystine residues and 7% of methionine residues engage in sub-van der Waals contacts with oxygen atoms, which could allow for energetically significant interactions. Chalcogen bonding has also been implicated in ligand binding, especially for heterocyclic ligands.

**RELATIVE CONTRIBUTIONS OF SECONDARY FORCES**

This complex suite of interactions can be divided largely into two groups. The first is the set of strong interactions that are relatively uncommon in proteins, either because of geometric constraints or amino acid frequency, typified by the cation–π interaction. These interactions can contribute significant energy to the overall energy of folding, but more importantly, they direct the formation of specific contacts, particularly at positions remote in sequence. Moreover, as these interactions pertain largely to side-chain functionalities, their appreciation is likely to improve methods for predicting protein structure from sequence.

Contrast these interactions with the weaker, yet more abundant interactions, such as C–H···O hydrogen bonds or the n→π* interaction. There, individual interactions are likely to be of little importance, given that their energies fall below that of thermal energy at ambient temperatures; however, their cumulative effects over a large number of residues can make a substantial contribution to protein stability. Most are highly local interactions, occurring within a single residue or between adjacent residues, and could thereby guide the earliest events in the protein folding process. In addition, invoking the specific geometric
preferences of these interactions might improve model accuracy and refinement. Finally, even crude estimates of the total contributions of pervasive, weak interactions suggest that they play critical roles in stabilizing the overall fold of proteins (Table 1 and Figure 3), perhaps comparable to some canonical interactions.

OUTLOOK

A comprehensive understanding of secondary contributions to protein structure should benefit computational force fields. Given the intimacy of these interactions, secondary interactions might encourage the dense packing commonly observed in folded proteins. In addition, because some of these interactions, such as the \( n \rightarrow \pi^* \) interaction or C5 hydrogen bonds, correlate with secondary structure, including these parameters could improve secondary structure prediction or refinement. Importantly, partitioning energetic contributions between individual interactions would allow them to be scrutinized independently. As is, force fields subsume a variety of interactions into relatively few terms. Consider, for example, the hydrogen bonds in an \( \alpha \)-helix. There is significant evidence that the \( \alpha \)-helix is stabilized by both hydrogen bonds and \( n \rightarrow \pi^* \) interactions; however, force fields account only for the hydrogen bonds. Hence, in order to achieve agreement with experimental results, hydrogen-bonding potentials have, in effect, absorbed the computational energy that should be attributed to the \( n \rightarrow \pi^* \) interaction. This approach might be sufficient for modeling an \( \alpha \)-helix, but it distorts hydrogen-bonding energies in other regions. Likewise, the empirical optimization of electrostatic parameters might be distorted by absorbing contributions from cation–\( \pi \) interactions. Such canopies reside at the core of computational models, and success might be enhanced by dissecting contributions from secondary interactions and treating those contributions independently.

Significant progress has been made in inventorying the noncovalent interactions available to proteins. Still, additional interactions undoubtedly lack recognition, much less curation. In addition, many known interactions (Table 1) remain poorly characterized in terms of their nature, their precise energetic contributions, or their frequency. Probing the contributions of backbone interactions is particularly challenging given the lack of genetic approaches to perturbation. Data on the distribution of secondary interactions across secondary and tertiary structural motifs are limited, as are data on the interplay of these interactions with canonical hydrogen-bonding or Coulombic interactions (as well as with one another). In addition, relatively little work has been done to characterize secondary interactions involving post-translational modifications.\(^{143,144}\) For example, whereas the strong electrostatic consequences of phosphorylation are well described, the effects of acylation or oxidation remain largely opaque. Moreover, the nature, strength, and roles of many of these interactions in cellular environments remain poorly characterized, as most of the relevant studies to date have been performed in vitro—an important consideration given that many secondary interactions are sensitive to solvent and other environmental conditions. Finally, as protein design and engineering efforts advance, consideration of interactions not possible in natural, proteinogenic amino acids (such as halogen bonding\(^ {145–147} \)) could also warrant attention.
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KEYWORDS

Protein folding
process by which a linear polypeptide adopts its three-dimensional conformation

C–H···O Hydrogen bond
hydrogen bond between a carbon-based acid and an oxygen lone pair

n→π* Interaction
steroelectronic interaction between a lone pair and π antibonding orbital, especially that between two carbonyl groups

C5 Hydrogen bond
intraresidue hydrogen bond between backbone N–H and C=O groups in a β-strand

Cation–π interaction
interaction of a positive charge with the face of an aromatic ring

X–H···π Interaction
hydrogen bond donated to the face of an aromatic ring

π–π Interaction
interaction between two aromatic rings in either an edge-to-face or offset-stacked geometry

Anion–π interaction
interaction of a negative charge with the edge of an aromatic ring

Sulfur–arene interaction
short contact between sulfur atoms and aromatic rings

Chalcogen bonding
steroelectronic interaction between a lone pair and σ antibonding orbital of a C–S or S–S bond

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Figure 1.
Secondary interactions involving the main chain. (A) Structural model of an idealized β-sheet, showing conventional main-chain hydrogen bonds (black dashes), C–H···O hydrogen bonds (green dashes), and C5 hydrogen bonds (blue dashes). (B) Structural model of an idealized α-helix, showing main-chain hydrogen bonds (black dashes) and $n\rightarrow\pi^*$ interactions (blue arrows). (C,D) Orbital overlap that underlies formation of $n\rightarrow\pi^*$ interactions (C) and C5 hydrogen bonds (D).
Figure 2.
Secondary interactions involving side chains.
Figure 3.
Bar graph of the estimated enthalpic contribution of secondary interactions to the conformational stability of globular proteins. Black bars, interactions of the main chain (Figure 1); gray bars, interactions involving side chains (Figure 2). Data are from Table 1. The sum of the energies is ~27 kcal/mol per 100 residues.
Table 1.

Estimated Frequency and Energy of Secondary Forces in Protein Folding

| Interaction                      | Approximate Frequency per 100 Residues | Approximate Energy (kcal/mol) |
|----------------------------------|----------------------------------------|-------------------------------|
| $\pi \rightarrow n^*$ Interactions | 33$^{57}$                               | 0.25$^{69}$                   |
| C–H···O Hydrogen bonds           | 10$^{31}$                               | 0–1$^{14,42}$                 |
| $\pi - \pi$ Interactions$^b$     | 51$^{11}$                               | 0.5–1.5$^{117–119}$           |
| C5 Hydrogen bonds                | 5$^{63}$                                | 0.25–1.5$^{63}$               |
| Cation–$\pi$ interactions       | 1–2$^{94}$                              | 0.5–2$^{85}$                  |
| Sulfur–arene interactions$^b$    | 2–3$^{130}$                             | 0.3–0.5$^{133,134}$          |
| Anion–$\pi$ interactions        | 1–2$^{125}$                             | 0.5$^{124}$                   |
| Chalcogen bonds                  | $<1^{140}$                              | 0.64$^{140}$                  |
| X–H···$\pi$ Interactions         | 1$^{102}$                               | 0.35$^{143}$                  |

$^a$Preference is given to experimental measurements in proteins and peptides. Computational values are used in the absence of experimental data. $^b$Frequency per 100 residues was estimated by multiplying the frequency of relevant residues$^{95}$ by the fraction of those residues that engage in the interaction.