**CONSORT 2010 Flow Diagram**

**Enrollment**
- Assessed for eligibility (n=45)
  - Excluded (n=9)
    - Not meeting inclusion criteria (n=8)
    - Declined to participate (n=1)
    - Other reasons (n=0)

**Randomized**
- Allocated to intervention (n=36)
  - Received allocated intervention (n=36)
  - Did not receive allocated intervention (give reasons) (n=0)

**Allocation**
- Allocated to intervention (NA)
  - Received allocated intervention (NA)
  - Did not receive allocated intervention (give reasons) (NA)

**Follow-Up**
- Lost to follow-up (give reasons) (n=0)
- Discontinued intervention (give reasons) (n=0)

**Analysis**
- Analysed (n=36)
  - Excluded from analysis (give reasons) (n=0)

- Analysed (NA)
  - Excluded from analysis (give reasons) (NA)