## Narrative Review Checklist

| Section/Topic       | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------|---------|----------------------------------------------------------------------|-------------------------------------|-----------------------------|
| **TITLE**           |         |                                                                      |                                     |                             |
| Title               | 1       | Identify the report as a Narrative Review or Literature Review. |                                     |                             |
| **ABSTRACT**        |         |                                                                      |                                     |                             |
| Structured summary  | 2       | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1). |                                     |                             |
| **INTRODUCTION**    |         |                                                                      |                                     |                             |
| Rationale/background| 3       | Describe the rationale for the review in the context of what is already known. |                                     |                             |
| Objectives          | 4       | Specify the key question(s) identified for the review topic.         |                                     |                             |
| **METHODS**         |         |                                                                      |                                     |                             |
| Research selection  | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). |                                     |                             |
| **DISCUSSION/SUMMARY** |       |                                                                      |                                     |                             |
| Narrative           | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. |                                     |                             |
| Summary             | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. |                                     |                             |

Reference
1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.