PhD from Aalborg University, May 2015

Ansættelse

Professor
Institut for Idræt og Biomekanik
Syddansk Universitet
Odense M
11. apr. 2015 → present

Professor
Muskuloskeletal Funktion og Fysioterapi (FoF)
Syddansk Universitet
11. apr. 2015 → present

Visiting Professor
University of Southampton
Storbritannien
1. jul. 2020 → 30. jun. 2023

Visiting Research Fellow
University of York
York, Storbritannien
11. jun. 2020 → 10. jun. 2023

Seniorforsker, Department of Surgery, Lovisenberg Diakonale Hospital, Oslo, Norway.
15. maj 2019 → 30. jun. 2020

Forskningsleder
Næstved/Slagelse/Ringsted Sygehuse, Region Sjælland
Slagelse, Danmark
1. jul. 2016 → present

Publikationer

Risk-stratified and stepped models of care for back pain and osteoarthritis: are we heading towards a common model?
Kongsted, A., Kent, P., Quicke, J. G., Skou, S. T. & Hill, J. C., 27. sep. 2020, I : Pain Reports. 5, 5

Patients use fewer analgesics following supervised exercise therapy and patient education: an observational study of 16 499 patients with knee or hip osteoarthritis
Thorlund, J. B., Roos, E. M., Goro, P., Ljungcrantz, E. G., Grønne, D. T. & Skou, S. T., 21. sep. 2020, I : British Journal of Sports Medicine. s. bjsports-2019-101265

Benefits and harms of exercise therapy in people with multimorbidity: a systematic review and meta-analysis of randomised controlled trials
Benefits and Harms of Exercise Therapy for Patients With Diabetic Foot Ulcers: A Systematic Review
Aagaard, T. V., Moeini, S., Skou, S. T., Madsen, U. R. & Brorson, S., 14. sep. 2020, I : The International Journal of Lower Extremity Wounds.

Exercise as therapy: its surprising potential to treat people with multiple chronic conditions
Bricca, A. & Skou, S. T., 14. sep. 2020, The Conversation.

Collaborative model of care between Orthopaedics and allied healthcare professionals trial (CONNACT) – a feasibility study in patients with knee osteoarthritis using a mixed method approach
Tan, B. Y., Ding, B. T. K., Pereira, M. J., Skou, S. T., Thumboo, J. & Car, J., 4. sep. 2020, I : BMC Musculoskeletal Disorders. 21, 1, 592.

Implementing a national first-line management program for moderate-severe knee osteoarthritis in Australia: A budget impact analysis focusing on knee replacement avoidance
Ackerman, I. N., Skou, S. T., Roos, E. M., Barton, C. J., Kemp, J. L., Crossley, K. M., Liew, D. & Ademi, Z., sep. 2020, I : Osteoarthritis and Cartilage Open. 2, 3, s., 100070.

Guidance for implementing best practice therapeutic exercise for people with knee and hip osteoarthritis: what does the current evidence base tell us?
Holden, M. A., Button, K., Collins, N. J., Henrotin, Y., Hinman, R. S., Larsen, J. B., Metcalf, B., Master, H., Skou, S. T., Thoma, L. M., Wellsandt, E., White, D. K. & Bennell, K., 29. aug. 2020, I : Arthritis Care & Research.

Individualized predictions of changes in knee pain, quality of life and walking speed following patient education and exercise therapy in patients with knee osteoarthritis - A prognostic model study
Baumbach, L., List, M., Thalund Grønne, D., Skou, S. T. & Roos, E. M., 20. aug. 2020, I : Osteoarthritis and Cartilage. 28, 9, s. 1191-1201

Response to comment on "Cost-effectiveness of total knee replacement in addition to non-surgical treatment"
Skou, S. T., Roos, E. M., Laursen, M., Arendt-Nielsen, L., Rasmussen, S., Simonsen, O., Ibsen, R., Larsen, A. T. & Kjellberg, J., 18. aug. 2020, I : B M J Open.

Surgical or non-surgical treatment of traumatic skeletal fractures in adults: Systematic review and meta-analysis of benefits and harms
Skou, S. T., Juhl, C. B., Hare, K. B., Lohmander, L. S. & Roos, E. M., 13. aug. 2020, I : Systematic Reviews. 9, 17 s., 179.

Why Is Exercise Effective in Reducing Pain in People with Osteoarthritis?
Davis, A. M., Davis, K. D., Skou, S. T. & Roos, E. M., 21. jul. 2020, I : Current Treatment Options in Rheumatology.

Heavy shoulder strengthening exercise in people with hypermobility spectrum disorder (HSD) and long-lasting shoulder symptoms: a feasibility study
Liaghat, B., Skou, S. T., Jørgensen, U., Sondergaard, J., Seggaard, K. & Juul-Kristensen, B., 10. jul. 2020, I : Pilot and Feasibility Studies. 6, 13 s., 97.

Blinded review of the primary endpoint results from the BEAT DB-trial: Blinded review and interpretation
Badger, U., Skou, S. T., Thomas, M. & Andreasson, K. H. (red.), 26. jun. 2020, 4 s.

Cost-effectiveness of 12 weeks of supervised treatment compared to written advice in patients with knee osteoarthritis: a secondary analysis of the 2-year outcome from a randomized trial
Skou, S. T., Roos, E. M., Laursen, M., Arendt-Nielsen, L., Rasmussen, S., Simonsen, O., Ibsen, R., Larsen, A. T. & Kjellberg, J., 18. jun. 2020, I : Osteoarthritis and Cartilage. 28, 7, s. 907-916
Statistical analysis plan for NESA - A randomized controlled trial of NeuroMuscular Electric Stimulation in patients with lower extremity paresis due to acute ischemic stroke
Busk, H., Skou, S. T., Kwakkel, G., Petersen, I. & Wienecke, T., 12. jun. 2020

Prevalence, Severity, and Correlates of Pain Flares in Response to a Repeated-Sit-to-Stand Activity: A Cross-Sectional Study of 14,902 Patients With Knee and Hip Osteoarthritis in Primary Care
Skou, S. T., Grønne, D. T. & Roos, E. M., 1. jun. 2020, I: Journal of Orthopaedic and Sports Physical Therapy. 50, 6, s. 309-318

Low-dose strength training in addition to neuromuscular exercise and education in patients with knee osteoarthritis in secondary care: a randomized controlled trial
Holm, P. M., Schrøder, H. M., Wernbom, M. & Skou, S. T., jun. 2020, I: Osteoarthritis and Cartilage. 28, 6, s. 744-754

Statistical analysis plan for the DREAM study - A randomized controlled trial of meniscal tears in young adults
Skou, S. T., Lind, M., Hölmich, P., Jensen, H. P., Jensen, C., Hansen, M. S., Ranstam, J. & Thorlund, J. B., 17. maj 2020

Comorbidities and their link with individual health status: A cross-sectional analysis of 23,892 people with knee and hip osteoarthritis from primary care
Muckelt, P. E., Roos, EM., Stokes, M., McDonough, S., Grønne, DT., Ewings, S. & Skou, ST., 14. maj 2020, I: Journal of Comorbidity. 10, s. 1-11

Statistical Analysis Plan; Breathing Exercises in Asthma Targeting Dysfunctional Breathing – the BEAT DB trial
Andreasen, K. H., Petersen, I., Skou, S. T. & Betdger, U., 13. maj 2020, 19 s.

The benefits and harms of therapeutic exercise on physical and psychosocial outcomes in people with multimorbidity: Protocol for a systematic review
Bricca, A., Harris, L. K., Saracutu, M., Smith, S. M., Juhl, C. B. & Skou, S. T., 12. maj 2020, I: Journal of Comorbidity. 10, s. 1-7

GLA:D Årsrapport 2019
Grønne, D. T., Roos, E. M. & Skou, S. T., maj 2020, 11 s.

Letter to the Editor concerning “The role of non-rigid cervical collar in pain relief and functional restoration after whiplash injury: a systematic review and a pooled analysis of randomized controlled trials” by Ricciardi L, et al. (Eur Spine J; [2019] 28:1821–1828)
Christensen, S. W. M. & Skou, S. T., maj 2020, I: European Spine Journal. 29, 5, s. 1191-1192

Pressure pain sensitivity in patients with traumatic first-time and recurrent anterior shoulder dislocation: a cross-sectional analysis
Liaghat, B., Eshoj, H., Juul-Kristensen, B., Arendt-Nielsen, L. & Skou, S. T., 28. apr. 2020, I: Scandinavian Journal of Pain. 20, 2, s. 387-395

Baseline characteristics of patients with knee and hip osteoarthritis attending the glad program in Denmark, Canada and Australia. A cross-sectional study including 51,348 patients
Roos, E. M., Grenne, D. T., Davis, A. M., Zywiol, M. G., McGlasson, R., Barton, C. J., Kemp, J. L., Crossley, K. M. & Skou, S. T., 15. apr. 2020, I: Osteoarthritis and Cartilage. 28, s. S165-S166

Can the Individual Patient Outcome Following Patient Education and Exercise Therapy be Predicted? - A Prognostic Model Study Including 6,767 Patients With Knee Osteoarthritis From the Danish GLA:D (R) Registry
Baumbach, L., List, M., Grønne, D. T., Skou, S. T. & Roos, E. M., 15. apr. 2020, I: Osteoarthritis and Cartilage. 28, s. S29-S30

Comparison of clinical criteria for hip osteoarthritis in primary care: a cross sectional study from good life with osteoarthritis in Denmark (GLA:D)
Young, J. J., Skou, S. T., Koes, B. W., Grønne, D. T. & Roos, E. M., 15. apr. 2020, I: Osteoarthritis and Cartilage. 28, s. S406
Development of a core capability framework for qualified health professionals to optimise care for people with osteoarthritis
Hinman, R. S., Allen, K. D., Bennell, K. L., Berenbaum, F., Betteridge, N., Briggs, A. M., Campbell, P. K., Dahlberg, L. E., Dziedzic, K. S., Eyles, J. P., Hunter, D. J., Skou, S. T., Woolf, A., Yu, S. P. & van der Esch, M., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S437-S438

Factors influencing the 1-year trajectory of outcome following patient education and supervised exercise in males and females with symptomatic hip osteoarthritis - an analysis of 3,818 patients from the Danish GLA:D® registry
Perruccio, A. V., Roos, E. M., Skou, S. T., Grønne, D. T. & Davis, A. M., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S440-S441

Impact of comorbidities on short-term outcomes from supervised exercise therapy and education - a cohort study of 24,492 patients with knee or hip osteoarthritis
Pihl, K., Roos, E. M., Taylor, R. S., Grønne, D. T. & Skou, S. T., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S461-S462

Outcomes following the glad program for patients with symptomatic knee and hip osteoarthritis in Denmark, Canada and Australia. A longitudinal analysis including 28,370 patients
Roos, E. M., Grønne, D. T., Skou, S. T., Zywiel, M., McGlasson, R., Barton, C. J., Kemp, J. L., Crossley, K. M. & Davis, A. M., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S31-S32

Patient characteristics in knee, hip and back pain patients participating in patient education and exercise therapy. a comparison of 46,273 patients from the glad registries in Denmark
Roos, E. M., Grenne, D. T., Ris, I., Kjaer, P., Hartvigsen, J., Skou, S. T. & Kongsed, A., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S169-S170

Strength training in addition to neuromuscular exercise and education in patients with knee osteoarthritis - a randomized controlled trial
Holm, P. M., Schrøder, H. M., Wernbom, M. & Skou, S. T., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S462

Study protocol for a randomized controlled trial of neuromuscular exercise and pain neuroscience education in patients with chronic pain after total knee arthroplasty
Larsen, J. B., Skou, S. T., Arendt-Nielsen, L., Simonsen, O. & Madeleine, P., 15. apr. 2020, I : Osteoarthritis and Cartilage. 28, s. S173

Intrarater Reliability and Agreement of Recommended Performance-Based Tests and Common Muscle Function Tests in Knee Osteoarthritis
Holm, P. M., Nyberg, M., Wernbom, M., Schrøder, H. M. & Skou, S. T., 9. apr. 2020, I : Journal of Geriatric Physical Therapy.

Fysioterapi til artrose i under- og overekstremiteterne samt ved patellofemorale smerter
Skou, S. T. & Rathieff, M. S., 1. apr. 2020, Klinisk Reumatologi. Danneshkold-Samsæ, B., Wæhrens, E. E., Amris, K. & Henriksen, M. (red.). 3 udg. Munksgaard , s. 335-347

Cross-cultural adaptation of the Danish version of the Big Five Inventory - a dual-panel approach
Palsson, T. S., Christensen, S. W. M., Pape, M. H., Hirata, R. P., Rafn, T. & Skou, S. T., apr. 2020, I : Scandinavian Journal of Pain. 20, 2, s. 397-406

Photo-Based Range-of-Motion Measurement: Reliability and Concurrent Validity in Children With Cerebral Palsy
Johansen, M., Haslun-Thomasen, H., Kristensen, J. & Thorgaard Skou, S., apr. 2020, I : Pediatric Physical Therapy. 32, 2 , s. 151-160

Heavy shoulder strengthening exercises in patients with hypermobility and long-lasting shoulder symptoms: a feasibility study
Liaghat, B., Skou, S. T., Jørgensen, U., Sondergaard, J., Søgaard, K. & Juul-Kristensen, B., 1. mar. 2020, I : British Journal of Sports Medicine. 54, Suppl 1, s. A21
Moving Forward: a lifestyle-oriented occupational therapy intervention for chronic pain
Nielsen, S. S., Skou, S. T., Larsen, A. E., Mogensen, V., Søndergaard, J. & Christensen, J. R., 26. feb. 2020, (Accepteret/In press).

Neuromuscular exercise and pain neuroscience education compared with pain neuroscience education alone in patients with chronic pain after primary total knee arthroplasty: study protocol for the NEPNEP randomized controlled trial
Larsen, J. B., Skou, S. T., Arendt-Nielsen, L., Simonsen, O. & Madeleine, P., 24. feb. 2020, I : Trials. 21, 1, 218.

Comparison of three sets of clinical classification criteria for knee osteoarthritis: A cross-sectional study of 13,459 patients treated in primary care
Skou, S. T., Koes, B. W., Grønne, D. T., Young, J. & Roos, E. M., feb. 2020, I : Osteoarthritis and Cartilage. 28, 2, s. 167-172

Development of a core capability framework for qualified health professionals to optimise care for people with osteoarthritis: an OARSI initiative
Hinman, R. S., Allen, K. D., Bennell, K. L., Berenbaum, F., Betteridge, N., Briggs, A. M., Campbell, P. K., Dahlberg, L. E., Dzedzic, K. S., Eyles, J. P., Hunter, D. J., Skou, S. T., Woolf, A., Yu, S. P. & van der Esch, M., feb. 2020, I : Osteoarthritis and Cartilage. 28, 2, s. 154-166

Multimorbidity: Making the Case for an End to Disease-Specific Rehabilitation
Carlesso, L. C., Skou, S. T., Tang, L. H., Simony, C. & Brooks, D., 30. jan. 2020, I : Physiotherapy Canada. 72, 1, s. 1-3

Cost-effectiveness of total knee replacement in addition to non-surgical treatment: a 2-year outcome from a randomised trial in secondary care in Denmark
Skou, S. T., Roos, E., Laursen, M., Arendt-Nielsen, L., Rasmussen, S., Simonsen, O., Ibsen, R., Larsen, A. T. & Kjellberg, J., 15. jan. 2020, I : BMJ Open. 10, 11 s., e033495.

Less Severe Preoperative Synovitis is Associated with Higher Self-reported Pain Intensity 12 Months after Total Knee Arthroplasty - An Exploratory Prospective Observational Study
Petersen, K. K., Arendt-Nielsen, L., Vela, J., Skou, S. T., Eld, M., Al-Mashkur, N. M., Boesen, M., Riis, R. G. C. & Simonsen, O., 15. jan. 2020, I : Clinical Journal of Pain. 36, 1, s. 34-40

Improving Resilience Through Lifestyle-oriented Occupational Therapy for Adults with Chronic Pain
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 7. jan. 2020, (Accepteret/In press).

Lifestyle, occupational performance and quality of life as markers of resilience in chronic pain patients
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 7. jan. 2020, (Accepteret/In press).

Infographic. Therapeutic exercise relieves pain and does not harm knee cartilage nor trigger inflammation
Bricca, A., Roos, E. M., Juhl, C. B., Skou, S. T., Silva, D. O. & Barton, C. J., jan. 2020, I : British Journal of Sports Medicine. 54, 2, s. 118-119

Behandling af knæartrose hos yngre voksne
Barfod, K. W., Skou, S. T. & Troelsen, A., 2020, I : Ugeskrift for Laeger. 181, 25, 5 s., V07180471.

Heavy shoulder strengthening exercises in patients with hypermobility spectrum disorder and persistent shoulder problems: a feasibility study
Liaghat, B., Skou, S. T., Jørgensen, U., Søndergaard, J., Søgaard, K. & Juul-Kristensen, B., 2020.

Mapping the behaviour change techniques used in patient-centred interventions for people with multimorbidity: a scoping review
Saracutu, M., Bricca, A., Zangger, G., Smith, S., Midtgaard, J., Taylor, R., Juhl, C. B. & Skou, S. T., 2020.
Pressure pain sensitivity in patients with traumatic first-time and recurrent anterior shoulder dislocation: a cross-sectional analysis
Liaghat, B., Eshoj, H., Juul-Kristensen, B., Arendt-Nielsen, L. & Skou, S. T., 2020.

Statistical Analysis Plan Breathing Exercises in Asthma Targeting Dysfunctional Breathing – the BEAT DB trial, revision
Andreasson, K. H., Bødtger, U., Skou, S. T. & Petersen, I., 2020, 22 s.

Strength training in addition to exercise and education increases pressure pain and tolerance thresholds compared to exercise and education alone in patients with knee osteoarthritis - a randomized controlled trial including 6- and 12-weeks follow-up
Holm, P. M., Petersen, K. K., Arendt-Nielsen, L. & Skou, S. T., 2020, (Accepted/In press).

Protocol for a multicentre randomised controlled trial to investigate the effect on asthma-related quality of life from breathing retraining in patients with incomplete asthma control attending specialist care in Denmark
Andreasson, K. H., Skou, S. T., Ulrik, C. S., Madsen, H., Siderius, K., Jacobsen, J. S., Assing, K. D., Rasmussen, K. B., Porsbjerg, C., Thomas, M. & Bødtger, U., 31. dec. 2019, I : BMJ Open. 9, 12, 12 s., e032984.

Looking Back at the VBHC Prize 2019. GLA:D® to be part of the international VBHC community
Skou, S. T., Rimoldi, L. & Hedge, S., 19. dec. 2019, I : VBHC Thinkers Magazine. VBHC Christmas 2019 Edition, s. 36

MOBILIZE Bedre sundhed for mennesker med multimorbiditet gennem individualiseret træning og uddannelse
Skou, S. T., Saracutu, M., Bricca, A., Pihl, K., Dideriksen, M., Juhl, C. B., Harris, L. K. & Aagaard, G., 7. dec. 2019, I : Dansk Sportsmedicin.

Life expectancy and disease burden in the Nordic countries: results from the Global Burden of Diseases, Injuries, and Risk Factors Study 2017
Knudsen, A. K., Allebeck, P., Töllånes, M. C., Skogen, J. C., Iburg, K. M., McGrath, J. J., Juel, K., Agardh, E. E., Åmlöv, J., Bjørge, T., Carrero, J. J., Cedreroth, C. R., Eggen, A. E., El-Khatib, Z., Ellingsen, C. L., Fereshtehnejad, S-M., Gissler, M., Hadkhale, K., Havmoeller, R., Johansson, L. & 26 flere, Juliusson, P. B., Kiadaliri, A. A., Kisa, S., Kisa, A., Lallukka, T., Mekonnen, T., Meretoja, T. J., Meretoja, A., Naghavi, M., Neupane, S., Nguyen, T. T., Petzold, M., Plana-Ripoll, O., Shiri, R., Sigurdssondottir, R., Skirbekk, V., Skou, S. T., Sigfusdottir, I. D., Steiner, T. J., Sulo, G., Truelsen, T. C., Vasankari, T. J., Weiderpass, E., Vollset, S. E., Vos, T. & Øverland, S., 1. dec. 2019, I : The Lancet Public Health. 4, 12, s. e658-e669

Hvad er den bedste behandlingsstrategi for unge patienter med meniskskader?
Thorlund, J. B. & Skou, S. T., 26. nov. 2019, I : Dansk Sportsmedicin.

Improving the referral pattern of patients with knee osteoarthritis to the orthopaedic surgeon: Development and evaluation of a new screening algorithm based on patient-reported data and radiographs
Mikkelsen, L. R., Garval, M., Holm, C. & Skou, S. T., nov. 2019, I : International Journal of Orthopaedic and Trauma Nursing. 35, 7 s., 100706.

GLA:D Back Group based patient education combined with exercises to support self-management of persistent / recurrent back pain - development, theories and scientific evidence
Ris Hansen, I., Roos, E. M., Skou, S. T., Hartvigsen, J., Kjaer, P., Kongsted, A., Abbott, A., Andersen, T. E. & Rasmussen, C. D. N., 28. okt. 2019, s. 228.

Physical therapy for patients with knee and hip osteoarthritis: supervised, active treatment is current best practice
Skou, S. T. & Roos, E. M., 15. okt. 2019, I : Clinical and Experimental Rheumatology. 37, 5, s. 112-117

Preventing Inadvertent Hypothermia in Patients Undergoing Major Spinal Surgery: A Nonrandomized Controlled Study of Two Different Methods of Preoperative and Intraoperative Warming
Granum, M. N., Kaasby, K., Skou, S. T. & Grenkjær, M., okt. 2019, I : Journal of PeriAnesthesia Nursing. 34, 5, s. 999-1005
Breath Holding Time in uncontrolled Asthma: associations with key physiological tests and patient-reported outcome measures
Andreasson, K. H., Skou, S. T., Thomas, M. & Bødtger, U., 29. sep. 2019.

Rasch validation of the Asthma Control Questionnaire
Andreasson, K. H., Bødtger, U., Skou, S. T., Thomas, M. & Comins, J. D., 29. sep. 2019.

Besser leben mit Osteoarthritis – GLA:D-Initiative „Good Life with osteoArthritis in Denmark”
Baumbach, L., Skou, S. T. & Roos, E. M., 13. sep. 2019, I: Physiopraxis. 17, 09, s. 27-31

Behandling af slidgigt hos den yngre, aktive patient
Barfod, K. W. & Skou, S. T., 4. sep. 2019, I: Dansk Sportsmedicin.

Priorities for the effective implementation of osteoarthritis management programs: an OARSI international consensus exercise
Eyles, J. P., Hunter, D. J., Bennell, K. L., Dziedzic, K. S., Hinman, R. S., van der Esch, M., Holden, M. A., Bowden, J. L., Quicke, J., Skou, S. T., Rissberg, M. A. G., Roos, E. M., Thorstensson, C., Hurley, M., Nelson, A., Jinks, C., Briggs, A., Egerton, T., Allen, K., Davis, A. & 25 flere, Dowsey, M., Holm, I., Yu, S., Dahlberg, L., Peat, G., Chan, P. K., Miller, K., Scanzello, C., Østerås, N., Schipof, D., Pais, S., Berenbaum, F., Frost, H., Walsh, N., Crossley, K., Vlieand, T. V., van den Ende, E., Slater, H., Nero, H., Jönsson, T., Woolf, A., Mills, K., O'Donnell, J., Ross, M. & Hao, L. J., sep. 2019, I: Osteoarthritis and Cartilage. 27, 9, s. 1270-1279

Lifestyle-oriented Occupational Therapy Intervention for Patients with Chronic Non-malignant Pain.
Nielsen, S. S., Skou, S. T. & Christensen, J. R., 30. aug. 2019.

Redesign your Everyday Activities and Lifestyle with Occupational Therapy [REVEAL OT]
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 29. aug. 2019.

Corrigendum to ‘Knee Osteoarthritis Patients Can Provide Useful Estimates of Passive Knee Range of Motion: Development and Validation of the Copenhagen Knee ROM Scale’ [The Journal of Arthroplasty (2018) 33(9) (2875–2883]
Mørup-Petersen, A., Holm, P. M., Holm, C. E., Klausen, T. W., Skou, S. T., Krogsgaard, M. R., Laursen, M. B. & Odgaard, A., 1. aug. 2019, I: Journal of Arthroplasty. 34, 8, s. 1860-1861

Comparing Novel and Existing Measures of Sensitivity to Physical Activity among People With Chronic Musculoskeletal Pain: The Importance of Tailoring Activity to Pain
Woznowski-Vu, A., Uddin, Z., Flegg, D., Aternali, A., Wickens, R., Sullivan, M. J. L., Sweet, S. N., Skou, S. T. & Wideman, T. H., aug. 2019, I: The Clinical Journal of Pain. 35, 8, s. 656-667

Evidence for exercise as treatment of knee osteoarthritis and implementation in clinical practice
Skou, S. T., 1. jul. 2019

GLA:D Årsrapport 2018
Grønne, D. T., Skou, S. T. & Roos, E. M., 18. jun. 2019, 12 s.

Less severe synovitis in patients with knee osteoarthritis is associated with higher self-reported pain intensity 12 months after total knee arthroplasty - an exploratory cohort study
Petersen, K. K., Arent-Nielsen, L., Boesen, M., Vela, J., Skou, S. T., Eld, M., Al-Mashkur, N. M., Riis, R. & Simonsen, O., 12. jun. 2019, I: Annals of the Rheumatic Diseases. 78, Suppl. 2, s. S2025-S2026

2-year cost-effectiveness of total knee replacement: results from the first randomized trial on total knee replacement in addition to non-surgical treatment
Skou, S. T., Roos, E. M., Laursen, M., Arendt-Nielsen, L., Rasmussen, S., Simonsen, O., Ibsen, R., Larsen, A. T. & Kjellberg, J., 2. maj 2019, I: Osteoarthritis and Cartilage. 27, Suppl. 1, s. S297-S297
Changes in physical inactivity during supervised educational and exercise therapy in patients with knee osteoarthritis: a prospective cohort study
Bartholdy, C., Skou, S. T., Bliddal, H. & Henriksen, M., 2. maj 2019, I: Osteoarthritis and Cartilage. 27, Suppl 1, s. S493 1s.

GLA:D® BACK: group-based patient education and exercises to support self-management of persistent back pain
Kjaer, P., Kongsted, A., Ris Hansen, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 2. maj 2019, I: Osteoarthritis and Cartilage. 27, Suppl. 1, s. S444–S445

Impact of prior Knee Surgery on reduction in Knee pain following education and supervised Exercise therapy: Analysis of 13,120 Patiens with Knee Osteoarthritis
Pihl, K., Skou, S. T., Grønne, D. T. & Roos, E. M., 2. maj 2019, I: Osteoarthritis and Cartilage. 27, Suppl. 1, s. S491-S492

GLA:D® Back: Group-based patient education and exercises to support self-management of persistent/recurrent back pain. Development, theories and scientific evidence
Kjaer, P., Kongsted, A., Ris Hansen, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 25. apr. 2019.

Statistical analysis plan - project EXTRA
Holm, P. M., Ranstam, J. & Skou, S. T., 14. apr. 2019, 18 s.

Ultrasonographic assessment of patellar tendon thickness at 16 clinically relevant measurement sites – a study of intra- and interrater reliability
Holm, P. M., Skou, S. T., Olesen, J. L., Mølbak, S., Jørgensen, H., Skjoldager, M. & Christensen, S. W., 1. apr. 2019, I: Journal of Bodywork and Movement Therapies. 23, 2, s. 344-351

Response to Letter to Editor: ‘2-year outcome from two parallel randomized controlled trials. Reporting considerations’
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Rasmussen, S. & Simonsen, O., 1. mar. 2019, I: Osteoarthritis and Cartilage. 27, 3, s. e1-e2

Infographic. Exercise therapy for meniscal tears: evidence and recommendations
Thorlund, J. B., Rodriguez Palomino, J., Juhl, C. B., Ingelsrud, L. H. & Skou, S. T., 20. feb. 2019, I: British Journal of Sports Medicine. 53, 5, s. 315-316

Feasibility of a heavy shoulder strengthening programme for patients with generalised joint hypermobility and long-lasting shoulder symptoms: Imagine that your shoulder subluxates every time you lift your arm
Liaghat, B., Skou, S. T., Jørgensen, U., Søndergaard, J., Søegaard, K. & Juul-Kristensen, B., 28. jan. 2019.

Zukunftweisendes Arthrose-Management
Baumbach, L., Skou, S. T. & Roos, E. M., 19. jan. 2019, I: Der Schmerzpatient. 2, 01, s. 23-28

A Pragmatic Approach to the Implementation of Osteoarthritis Guidelines Has Fewer Potential Barriers Than Recommended Implementation Frameworks
Holm, I., Risberg, M. A., Roos, E. M. & Skou, S. T., 1. jan. 2019, I: Journal of Orthopaedic and Sports Physical Therapy. 49, 1, s. 1-4

Increased postural stiffness during challenging postural tasks in patients with knee osteoarthritis with high pain sensitization
Hirata, R. P., Skou, S. T., Simonsen, O., Rasmussen, S., Laursen, M. & Graven-Nielsen, T., 1. jan. 2019, I: Clinical Biomechanics. 61, s. 129-135

National Survey of Current Practice and Opinions on Rehabilitation for Intermittent Claudication in the Danish Public Healthcare System
Jensen, J. D., Tang, L. H., Zwisler, A-D., Houlin, K. & Skou, S. T., 2019, I: Scandinavian Cardiovascular Journal. 53, 6, s. 361-372
Udvikling af PRO inden for knæ- og hoftealloplastik i Region Nordjylland
Sørensen, N. L., Bjerregaard, H. H., Hansen, L., Laursen, M., Larsen, A. E., Odgaard, A., Simonsen, O., Skou, S. T., Thomsen, J. L. & Ehlers, L. H., 2019, Aalborg: Danish Center for Healthcare Improvements, Institut for Økonomi og Ledelse, Aalborg Universitet. 67 s.

GLA:D to have a high-value option for patients with knee and hip arthritis across four continents: Good Life with osteoArthritis from Denmark
Roos, E. M., Barton, C. J., Davis, A. M., McGlasson, R., Kemp, J. L., Crossley, K. M., Liu, Q., Lin, J. & Skou, S. T., dec. 2018, I: British Journal of Sports Medicine. 52, 24, s. 1544-1545

GLA:D® Back group-based patient education integrated with exercises to support self-management of back pain - development, theories and scientific evidence
Kjaer, P., Kongsted, A., Ris, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 29. nov. 2018, I: BMC Musculoskeletal Disorders. 19, 21 s., 418.

MULTI-KNEE trial – En feasibility studie for optimal behandling av pasienter med risiko for fortsatt smerter etter totalprotese i kneet
Rognsvåg, T., Lindberg, MF., Borchgrevink, P., Furnes, O., Gay, CL., Holm, I., Indrekvam, K., Lau, B., Lerdal, A., Rustøen, T., Skou, S. T., Aamodt, A. & Badawy, M., 29. nov. 2018.

Clinical descriptors for the recognition of central sensitization pain in patients with knee osteoarthritis
Lluch, E., Nijs, J., Courtney, C. A., Rebbeck, T., Wylde, V., Baert, I., Wideman, T. H., Howells, N. & Skou, S. T., nov. 2018 , I: Disability and Rehabilitation. 40, 23, s. 2836-2845

The impact of physical activity level on the short- and long-term pain relief from supervised exercise therapy and education: A study of 12,796 Danish patients with knee osteoarthritis
Skou, S. T., Bricca, A. & Roos, E. M., nov. 2018, I: Osteoarthritis and Cartilage. 26, 11, s. 1474-1478

National Survey of Current Practice and Opinions on Rehabilitation for Intermittent Claudication in the Danish Public Healthcare System
Jensen, JD., Tang, L. H., Zwisler, A. D. O., Houlin, K. C. & Skou, S. T., 26. okt. 2018.

Dysfunctional breathing – extent of screening and treatment in Denmark 2016; an exploratory survey
Andreasson, K. H., Skou, S. T. & Bodtger, U., 20. sep. 2018.

Evaluering af opgaven at etablere og gennemføre tværregionalt multicenter-RCT
Andreasson, K. H., Skou, S. T., Sivapalan, P., Eklöf, JV., Thomas, M. & Bodtger, U., 20. sep. 2018.

Management of acute lateral ankle sprains: A randomized, controlled trial
Olsen, CP., Henriksen, M. & Skou, S. T., 20. sep. 2018.

Neuromuskulær elektrisk stimulation af underekstremitetet i den akutte fase efter blodprop i hjernen (NESA)
Busk, H., Wienecke, T. & Skou, S. T., 20. sep. 2018.

Oversættelse, validering og inter-tester reliabilitet af Fugl-Meyer assessment hos patienter med subakut iskæmisk apopleksi
Busk, H., Wienecke, T. & Skou, S. T., 20. sep. 2018.

Investigating the motives of patients with knee OA undergoing a TKR: A qualitative interview study
Traumer, L., Sørensen, E. E., Kusk, K. H. & Skou, S. T., 11. sep. 2018, I: Musculoskeletal Care. 16, 3, s. 380-387

Knee osteoarthritis patients can provide useful estimates of passive knee range of motion: development and validation of the Copenhagen Knee ROM Scale
Total knee replacement and non-surgical treatment of knee osteoarthritis: 2-year outcome from two parallel randomized controlled trials
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Rasmussen, S. & Simonsen, O., sep. 2018, I : Osteoarthritis and Cartilage. 26, 9, s. 1170-1180

GLA:D® is widespread in all of Denmark and shows good results in patients with knee- and hip osteoarthritis
Grønne, D. T., Skou, S. T. & Roos, E. M., 13. aug. 2018, I : Dansk Sportsmedicin. 22, 3, s. 44-47

A 12-week supervised exercise therapy program for young adults with a meniscal tear: Program development and feasibility study
Skou, S. T. & Thorlund, J. B., jul. 2018, I : Journal of Bodywork and Movement Therapies. 22, 3, s. 786-791

Lower Quadriceps Rate of Force Development Is Associated With Worsening Physical Function in Adults With or at Risk for Knee Osteoarthritis: 36-Month Follow-Up Data From the Osteoarthritis Initiative
Hu, B., Skou, S. T., Wise, B. L., Williams, G. N., Nevitt, M. C. & Segal, N. A., jul. 2018, I : Archives of Physical Medicine and Rehabilitation. 99, 7, s. 1362-1369

Pain and sensitization after total knee replacement or nonsurgical treatment in patients with knee osteoarthritis: Identifying Potential Predictors of Outcome at 12 Months
Arendt-Nielsen, L., Simonsen, O., Laursen, M. B., Roos, E. M., Rathleff, M. S., Rasmussen, S. & Skou, S. T., jul. 2018, I : European Journal of Pain. 22, 6, s. 1088-1102

7 Recommendations on how to use exercise to treat osteoarthritis: Blog
Skou, S. T., 8. jun. 2018

Exercise is safe, effective, and has so many benefits for osteoarthritis and the general health – embrace it: Blog
Skou, S. T., 1. jun. 2018

Physical activity and exercise therapy benefit more than just symptoms and impairments in people with hip and knee osteoarthritis
Skou, S. T., Pedersen, B. K., Abbott, J. H., Patterson, B. & Barton, C., 1. jun. 2018, I : Journal of Orthopaedic and Sports Physical Therapy. 48, 6, s. 439-447

Limited use of surgeon’s advice on exercise for knee osteoarthritis
Ryaa, S., Ingelsrud, L. H., Skou, S. T., Roos, E. M. & Troelsens, A., jun. 2018, I : Danish Medical Journal. 65, 6, A5487.

Patient-reported symptoms and changes up to 1 year after meniscal surgery: An observational cohort study of 641 adult patients with a meniscal tear
Skou, S. T., Pihl, K., Nissen, N., Jørgensen, U. & Thorlund, J. B., jun. 2018, I : Acta Orthopaedica (Print Edition). 89, 3, s. 336-344

Knee Osteoarthritis Patients Can Provide Useful Estimates Of Range Of Motion: Development And Validation Of Copenhagen Knee ROM Scale
Mørup-Petersen, A., Holm, P. M., Holm, C. E., Klausen, T. W., Skou, S. T., Krogsgaard, MR., Laursen, MB. & Odgaard, A., 30. maj 2018.

Kliniske indikatorer for central smertesensibilisering hos patienter med knæartrose
Skou, S. T., 25. maj 2018, I : BestPractice Reumatologi. 11, 41, s. 16-17

Risk factors, diagnosis and non-surgical treatment for meniscal tears: evidence and recommendations: a statement paper commissioned by the Danish Society of Sports Physical Therapy (DSSF)
Thorlund, J. B., Juhl, C. B., Ingelsrud, L. H. & Skou, S. T., 2. maj 2018, I : British Journal of Sports Medicine. 52, 9, s. 557-565
GLA:D Årsrapport 2017
Grønne, D. T., Roos, E. M. & Skou, S. T., 24. apr. 2018, Syddansk Universitet. 10 s.

Development and evaluation of a new screening algorithm to improve the referral pattern of outpatient orthopedic knee patients
Mikkelsen, LR., Garval, M., Holm, C. & Skou, S. T., 12. apr. 2018.

Dysfunctional breathing – extent of screening and treatment in Denmark 2016; an exploratory survey
Andreasson, K. H., Skou, S. T. & Bodtger, U., 12. apr. 2018.

Evaluering af opgaven at etablere og gennemføre tværregionalt multicenter-RCT
Andreasson, K. H., Skou, S. T., Sivapalan, P., Eklöf, JV., Thomas, M. & Bodtger, U., 12. apr. 2018.

Predictors of pain and range of motion in the early phase after fast-track total knee replacement: preliminary results from the SIlkeborg Knee arthroplasty Study (SIKS)
Garval, M., Skou, S. T., Holm, C., Hvidtfeldt, HK. & Mikkelsen, LR., 12. apr. 2018.

Tidligere knæskade har betydning for symptombilledet hos patienter med knæartrose
Holm, P. M., Boyle, E., Roos, E. M. & Skou, S. T., 12. apr. 2018.

Comparative responsiveness of generic health outcome measures at 3 and 12 months following 8 weeks of supervised patient education and exercise therapy. A study of 2904 patients with osteoarthritis from the danish gla:D® registry
Roos, E. M., Grønne, D. T., Skou, S. T., Ware J.E., J. & Gandek, B., 1. apr. 2018, I : Osteoarthritis and Cartilage. 26, Suppl. 1, s. S350-S351

Does baseline physical activity level impact on change in knee pain following patient education and supervised exercise therapy? A prospective cohort study of 12,800 participants with knee OA from the Danish GLA:D® registry
Bricca, A., Skou, S. T. & Roos, E. M., 1. apr. 2018, I : Osteoarthritis and Cartilage. 26, Suppl. 1, s. S316-S317

People with self-reported prior knee injury represent a distinct subgroup in knee osteoarthritis: a cross-sectional study of 10,973 participants from the Danish GLA:D® registry
Holm, P. M., Roos, E. M., Boyle, E. & Skou, S. T., 1. apr. 2018, I : Osteoarthritis and Cartilage. 26, Suppl. 1, s. S56

Cross-cultural Adaptation and Implementation of Good Life with Osteoarthritis in Denmark (GLA:DTM): group education and exercise for hip and knee osteoarthritis is feasible in Canada
Davis, A. M., Kennedy, D., Wong, R., Robarts, S., Skou, S. T., McGlasson, R., Li, L. C. & Roos, E., feb. 2018, I : Osteoarthritis and Cartilage. 26 , 2, s. 211-219

Prevalence and severity of symptoms and limitations and changes in these one year after meniscal surgery: a cohort study of 641 patients between 18 and 76 years with a meniscal tear
Skou, S. T., Pihl, K., Nissen, N., Jørgensen, U. & Thorlund, J. B., 2018, I : Osteoarthritis and Cartilage. 26, Suppl. 1, s. S281-S282

Bandager til knælidelser
Henriksen, M. & Skou, S. T., 18. sep. 2017, I : Ugeskrift for Læger. 179, 19, s. 1679-1682

Good life with osteoarthritis in Denmark (GLA:D®): a nationwide implementation of clinical recommendations of education and supervised exercise in knee and hip
Skou, S. T. & Roos, E. M., 20. apr. 2017, I : Osteoarthritis and Cartilage. 25, Suppl. 1, s. S389-S390

Non-Pharmacological management of osteoarthritis
Hawker, G. A., White, D. K. & Skou, S. T., 20. apr. 2017, I : Osteoarthritis and Cartilage. 25, Suppl. 1, s. S4
Two year outcome from two parallel randomized trials on total knee replacement and non-surgical treatment of knee osteoarthritis
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Rasmussen, S. & Simonsen, O., 20. apr. 2017, I : Osteoarthritis and Cartilage. 25, Supplement 1, s. S35-S36

Good Life with osteoArthritis in Denmark (GLA:D™): evidence-based education and supervised neuromuscular exercise delivered by certified physiotherapists nationwide
Skou, S. T. & Roos, E. M., 7. feb. 2017, I : BMC Musculoskeletal Disorders. 18, 1, 14 s., 72.

Good Life with osteoArthritis in Denmark, GLA:D: The first treatment option, also for those with post-traumatic osteoarthritis
Roos, E. M. & Skou, S. T., 12. jan. 2017, I : Dansk Sportsmedicin. 21, 1, s. 20-21

Dysfunktionel vejtrækning hos patienter med astma
Hjerrild Andreasson, K., Skou, S. T., Porsbjerg, C. M., Veidal, S. & Bodtger, U., 9. jan. 2017, I : Ugeskrift for Laeger. 179, 4, s. 2-7 V07160463.

A new screening algorithm to improve the referral pattern of outpatient orthopedic knee patients. Development and evaluation based on patient-reported data and radiographs
Mikkelsen, L. R., Garval, M., Holm, C. & Skou, S. T., 2017.

Development And Evaluation Of A Screening Algorithm Based On Patient-Reported Data And Radiographs To Improve The Referral Pattern To The Outpatient Orthopedic Knee Clinic
Mikkelsen, L. R., Garval, M., Holm, C. & Skou, S. T., 2017.

GLA:D Årsrapport 2016
Grønne, D. T., Skou, S. T. & Roos, E. M., 2017, Syddansk Universitet. 78 s.

Good Life with osteoArthritis in Denmark: Landelijk implementatieprogramma patiëntvoorlichting en oefentherapie GLA:D™
Skou, S. T., Roos, E. M. & Knoop, J. (Oversættet), 2017, I : FysioPraxis. Oktober, themanummer knie-en heupartrose, s. 32-33

Good Life with osteoArthritis in Denmark (GLA:D®), adapted for Canada
Ang, M., Davis, A. M., Kennedy, D., Wong, R., Robarts, S., Skou, S. T., McGlasson, R., Li, L., Roos, E. M. & Horvath, I., 2017.

High-intensity strength training in addition to standard non-surgical treatment in patients with knee osteoarthritis – a randomized controlled trial
Holm, P. M., Aagaard, P., Morville Schrøder, H. & Skou, S. T., 2017, I : Osteoarthritis and Cartilage. 25, Suppl. 1, s. S443-S444

Implementation of Good Life with Osteoarthritis in Denmark (GLA:D™): group education and exercise for hip and knee osteoarthritis is feasible in Canada
Davis, A. M., Kennedy, D., Wong, R., Skou, S. T., Li, L., McGlasson, R. & Roos, E. M., 2017.

Increased postural stiffness in patients with knee osteoarthritis who are highly sensitized
Hirata, R. P., Skou, S. T., Simonsen, O., Rasmussen, S. & Graven-Nielsen, T., 2017.

Knee osteoarthritis patients can provide useful information about knee range of motion
Mørup-Petersen, A., Holm, P. M., Holm, C., Klausen, T., Skou, S. T., Krogsgaard, M. R., Laursen, M. B. & Odgaard, A., 2017.
Limited use of the orthopedic surgeon’s advice on non-surgical treatment for knee osteoarthritis – An observational cohort study
Ryaa, S., Ingelsrud, L. H., Skou, S. T., Roos, E. M. & Troelsen, A., 2017.

Lower quadriceps speed of force production is associated with worsening physical function in adults with or at risk for knee osteoarthritis: 36-month follow-up data from the Osteoarthritis Initiative.
Hu, B., Segal, N. A., Skou, S. T., Williams, G., Nevitt, M. C. & Wise, B. L., 2017.

Study protocol for a randomised controlled trial of meniscal surgery compared with exercise and patient education for treatment of meniscal tears in young adults
Skou, S. T., Lind, M., Hölmich, P., Jensen, H. P., Jensen, C., Afzal, M., Jørgensen, U. & Thorlund, J. B., 2017, I : BMJ Open. 7, 8, 11 s., e017436.

Surgical and non-surgical treatment of knee osteoarthritis – a balance between evidence of benefits and harms, and patient needs and preferences
Skou, S. T. & Roos, E. M., 2017, I : Dansk Sportsmedicin. 21, 1, s. 18-19

Træning og bevægelse i behandlingen af knæartrose
Skou, S. T., 2017, Bevægelse : En grundbog. Kissow, A-M., Lisby, H. & Læssøe, U. (red.). 2. udg. Munksgaard , s. 299-310

UCLA Activity Scale: translation process and validity study in a Danish knee osteoarthritis population
Mørup-Petersen, A., Skou, S. T., Holm, C., Holm, P. M., Klausen, T., Krogsgaard, M. R., Laursen, M. B. & Odgaard, A., 2017.

Videnskaben viser, at træning er effektiv som behandling af knæartrose
Skou, S. T., 15. dec. 2016, I : Ugeskrift for Laeger. 178, 25

Træning er effektiv og billig som behandling af knæartrose
Skou, S. T., 10. dec. 2016, I : Ugeskrift for Laeger. 178, 22, s. 2129-2131

Dysfunctional breathing – extent of screening and treatment in Denmark 2016; an exploratory survey
Skou, S. T., 25. nov. 2016.

Joint implementation of guidelines for osteoarthritis in Western Europe: JIGSAW-E
Dziedzic, K. S., Bierma-Zeinstra, S., Vlieland, T. V., Roos, E. M., Skou, S. T., Hagen, K. B., Østerås, N., Pais, S., Cordeiro, C., Duffy, H. & Hughes, R., 11. nov. 2016.

Preliminary results from implementation of a rare Danish physiotherapy service; Dysfunctional breathing assessment and treatment
Andreasson, K. H., Skou, S. T. & Bødtger, U., 3. nov. 2016.

The effects of total knee replacement and non-surgical treatment on pain sensitization and clinical pain
Skou, S. T., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L. & Rasmussen, S., 1. nov. 2016 , I : European Journal of Pain. 20, 10, s. 1612-1621

Meniskpatologi
Thorlund, J. B. & Skou, S. T., 10. okt. 2016, Dansk Selskab for Sportsfysioterapi. 23 s.

Associations between Pain, Synovitis, Bone Marrow Edema, and Sensitization in End-Stage Knee Osteoarthritis
Kannegård, I., Skou, S. T., Arendt-Nielsen, L., Petersen, K. K., Boesen, M., Riis, R. G. C., Gudbergsen, H., Rodrigo-Domingo, M. & Simonsen, O., 30. sep. 2016.
Pain in Knee OA Was Not Found to Be Associated with Bone Marrow Edema or Sensitization
Rodrigo-Domingo, M., Petersen, C., Arendt-Nielsen, L., Petersen, K. K., Boesen, M., Riis, R. G. C., Simonsen, O. & Skou, S. T., 29. sep. 2016.

Long-Term Effects of a Combined Non-Surgical Treatment Program on Pain and Sensitization in Knee Osteoarthritis: A Predefined Analysis from a Randomized Controlled Trial
Arendt-Nielsen, L., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Rasmussen, S. & Skou, S. T., 28. sep. 2016.

Total Knee Replacement Followed by Non-Surgical Treatment Reduces Localized and Spreading Sensitization at 12 Months in Knee Osteoarthritis: A Predefined Analysis from a Randomized Controlled Trial
Skou, S. T., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Rasmussen, S. & Arendt-Nielsen, L., 28. sep. 2016.

Preventing Hypothermia in Patients Undergoing Major Spinal Surgery During Anesthesia
Granum, M., Kaasby, K., Aagaard, K., Skou, S. T. & Grønkjær, M., 15. sep. 2016.

Muscle strength, physical performance and physical activity as predictors of future knee replacement: A prospective cohort study
Skou, S. T., Wise, B. L., Lewis, C. E., Felson, D., Nevitt, M., Segal, N. A. & Multicenter Osteoarthritis Study Group, aug. 2016, I : Osteoarthritis and Cartilage. 24, 8, s. 1350-1356

Træning som smertestillende medicin ved artose er effektiv og uden alvorlige bivirkninger
Skou, S. T., 13. jun. 2016, I : Ugeskrift for Laeger. 178, 12, 1 s., V68364.

Osteoarthritis: Models for appropriate care across the disease continuum
Allen, K. D., Choong, P. F., Davis, A. M., Dowsey, M. M., Dziedzic, K. S., Emery, C., Hunter, D. J., Losina, E., Page, A. E., Roos, E. M., Skou, S. T., Thorstensson, C. A., van der Esch, M. & Whittaker, J. L., jun. 2016, I : Best Practice & Research: Clinical Rheumatology. 30, 3, s. 503-535

På vej med GLA:D rygbehandling
Kongsted, A., Roos, E. M., Skou, S. T. & Hartvigsen, J., 19. maj 2016.

National Klinisk Retningslinje for Meniskpatologi i Knæet
Nissen, N., Frandsen, P., Delfi, A. D., Jensen, C. M., Roos, E. M., Andersen-Ranberg, F., Aagaard, H., Larsen, J. S., Backer, M., Rathcke, M. W., Krosgaard, M. R., Skou, S. T., Lind-Hansen, T., Torfing, T. & de Boer, Y., 10. maj 2016, Sundhedsstyrelsen. 84 s.

A mixed methods study of knee confidence and self-efficacy: perceptions of knee osteoarthritis patients from the good life with osteoarthritis in Denmark initiative
Ching, A., Skou, S. T., Thomas, S. A., Batt, M. E., Roos, E. M. & Edwards, K. L., 1. apr. 2016, I : Osteoarthritis and Cartilage. 24, Supplement 1, s. S486–S487 1 s., 838.

The two-year efficacy of 12-weeks non-surgical treatment for patients not eligible for total knee replacement – A predefined analysis from a randomized controlled trial
Skou, S. T., Rasmussen, S., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Roos, E. M., 1. apr. 2016 , I : Osteoarthritis and Cartilage. 24, Supplement 1, s. S183 1 s., 309.

Total knee replacement followed by a non-surgical treatment program reduce localized and spreading pain sensitization – A pre-defined ancillary analysis from a randomized controlled trial
Skou, S. T., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L. & Rasmussen, S., 1. apr. 2016 , I : Osteoarthritis and Cartilage. 24, Supplement 1, s. S182–S183 1 s., 308.
Criteria used when deciding on eligibility for total knee arthroplasty: Between thinking and doing
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., mar. 2016, I : The Knee. 23, 2, s. 300-305

A Randomized, Controlled Trial of Total Knee Replacement
Skou, S. T., Roos, E. M. & Laursen, M. B., 18. feb. 2016, I : The New England Journal of Medicine. 374, 7, s. 691-692

A Randomized, Controlled Trial of Total Knee Replacement
Skou, S. T., Roos, E. M. & Laursen, M. B., 18. feb. 2016, I : The New England Journal of Medicine. 374, 7, s. 691-692

Træning ved knæartrose: evidens og anvendelse i klinisk praksis
Skou, S. T. & Roos, E. M., 1. feb. 2016, I : Maanedsskrift for Almen Praksis. 94, 2, s. 127-135

The efficacy of non-surgical treatment on pain and sensitization in patients with knee osteoarthritis: a pre-defined ancillary analysis from a randomized controlled trial
Skou, S. T., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L. & Rasmussen, S., jan. 2016, I : Osteoarthritis and Cartilage. 24, 1, s. 108–116

Breathing Exercises in Asthma Targeting Dysfunctional Breathing: en protokol på randomiseret, kontrolleret, klinisk studie med kvalitativt patient-orienteret delstudie
Andreasson, K. H., Skou, S. T. & Bødtger, U., 2016.

Exercise Therapy: An Important Pain Reliever in Knee Osteoarthritis
Skou, S. T., Arendt-Nielsen, L. & Roos, E. M., 2016, Pain in the Joints. Arendt-Nielsen, L. & Perrot, S. (red.). IASP Press, s. 153-166

Preventing hypothermia in scoliosis and kyfosis patients during anesthesia
Granum, M. N., Kaasby, K., Aagaard, K., Skou, S. T. & Grønkjær, M., 2016.

A Randomized, Controlled Trial of Total Knee Replacement
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 22. okt. 2015, I : The New England Journal of Medicine. 373, 17, s. 1597-1606

Good Life with osteoArthritis in Denmark (GLA:D): Implementation of evidence-based care for knee and hip osteoarthritis into clinical practice
Roos, E. M. & Skou, S. T., 9. okt. 2015. 1 s.

Knee Confidence as It Relates to Self-reported and Objective Correlates of Knee Osteoarthritis: A Cross-sectional Study of 220 Patients
Skou, S. T., Rasmussen, S., Simonsen, O. & Roos, E. M., okt. 2015, I : Journal of Orthopaedic and Sports Physical Therapy. 45, 10, s. 765-71

The influence of biomechanical characteristics on pain and function outcomes from exercise in medial knee osteoarthritis and varus malalignment: exploratory analyses from a randomised controlled trial
Bennell, K. L., Dobson, F., Roos, E. M., Skou, S. T., Hodges, P., Wrigley, T. V., Kyriakides, M., Metcalf, B., Hunt, M. A. & Hinman, R. S., sep. 2015, I : Arthritis Care & Research. 67, 9, s. 1281–1288 8 s.

Altered Central Sensitization and Pain Modulation in the CNS in Chronic Joint Pain
Arendt-Nielsen, L., Skou, S. T., Nielsen, T. A. & Petersen, K. K., aug. 2015, I : Current Osteoporosis Reports (Print). 13 , 4 , s. 225-234

Individualiseret træning ved knæartrose – evidens for effekt og praktisk anvendelse
Skou, S. T., Ageberg, E. & Roos, E. M., maj 2015, I : Dansk Sportsmedicin. 19, 2, s. 8-11
Criteria used when deciding on total knee arthroplasty eligibility: between thinking and doing
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 2015, *Sports Medicine Congress, 22-24 January 2015, Copenhagen, Denmark*. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, s. 34-1 s.

Examination of Muscle Strength and Pressure Pain Thresholds in Knee Osteoarthritis: Test-Retest Reliability and Agreement
Skou, S. T., Simonsen, O. & Rasmussen, S., 2015, *Journal of Geriatric Physical Therapy*. 38, 3, s. 141-147

Land-based and aquatic exercise as treatment for patients with osteoarthritis in clinical practice
Roos, E. M., Juhl, C., Waller, B. & Skou, S. T., 2015, *Abstracts Fagkongres 2015: Danske Fysioterapeuter, 5-7 March 2015, Odense, Denmark*. Danske Fysioterapeuter, s. 25-26

Muscle strength, physical performance and physical activity as predictors of future total knee arthroplasty: A Prospective Cohort Study
Skou, S. T., Wise, B. L., Lewis, C. E., Felson, D., Nevitt, M. & Segal, N. A., 2015, *Osteoarthritis and Cartilage*. 23, Suppl. 2, s. A181-278.

Nonoperative treatment improves pain irrespective of radiographic severity: A cohort study of 1,414 patients with knee osteoarthritis
Skou, S. T., Derosche, C. A., Andersen, M. M., Rathleff, M. S. & Simonsen, O., 2015, *Acta Orthopaedica (Print Edition)*. 86, 4, s. 599-604

OARSI Clinical Trials Recommendations: Design, conduct, and reporting of clinical trials for knee osteoarthritis
McAlindon, T. E., Driban, J. B., Henrotin, Y., Hunter, D. J., Jiang, G-L., Skou, S. T., Wang, S. & Schnitzer, T., 2015, *Osteoarthritis and Cartilage*. 23, 5, s. 747-760

Pain and sensitization in knee osteoarthritis and persistent post-operative pain
Skou, S. T., 2015, Aalborg Universitetsforlag.

Surgical treatment of painful external snapping hip has a low rate of success
Jorstad, S., Laursen, A. C., Skou, S. T., Pedersen, S. B., Ulrich, M. & Simonsen, O., 2015, *Sports Medicine Congress, 22-24 January 2015, Copenhagen, Denmark*. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, 56

The combined efficacy of multimodal non-surgical treatment on pain and sensitization in patients with knee osteoarthritis not eligible for a total knee arthroplasty – An ancillary analysis from a randomized controlled trial
Skou, S. T., Roos, E., Simonsen, O., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L. & Rasmussen, S., 2015, *Osteoarthritis and Cartilage*. 23, Suppl. 2, s. A34-A35 17.

The efficacy of 12 weeks non-surgical treatment for patients not eligible for total knee replacement: a randomized controlled trial with 1-year follow-up
Skou, S. T., Rasmussen, S., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Roos, E. M., 2015, *Osteoarthritis and Cartilage*. 23, 9, s. 1465-1475

Statistical analysis plan (SAP) for MEDIC: Total knee replacement plus physical and medical therapy or treatment with physical and medical therapy alone: a randomised controlled trial in patients with knee osteoarthritis (the MEDIC-study)
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 6. aug. 2014

Statistical analysis plan (SAP) for MEDIC2: The combined efficacy of a 12-week treatment program of neuromuscular exercise, patient education, diet, insoles and medicine as treatment of knee osteoarthritis for patients not eligible for a total knee replacement: a randomized controlled trial
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 6. aug. 2014

**Predictors of long-term effect from education and exercise in patients with knee and hip pain**
Skou, S. T., Simonsen, M. E., Odgaard, A. & Roos, E. M., jul. 2014, I : Ugeskrift for Laeger. 176, 15, s. 1372 5 s.

**Good life with arthritis in Denmark (GLA:D): implementation of evidence-based care for knee and hip osteoarthritis in clinical practice**
Skou, S. T., Roos, E. M. & Simonsen, M. E., mar. 2014, I : Osteoarthritis and Cartilage. 22, Suppl., s. S457-S458 Abstract No. 835.

**Association of knee confidence with pain, knee instability, muscle strength, and dynamic varus-valgus joint motion in knee osteoarthritis**
Skou, S. T., Wrigley, T. V., Metcalf, B. R., Hinman, R. S. & Bennell, K. L., 2014, I : Arthritis Care & Research. 66, 5, s. 695-701

**Bedre liv med artrose - en folkesygdom med slagside**
Mindegaard, P. & Skou, S. T., 2014, Odense: Center for Forskning i Idræt, Sundhed og Civilsamfund, Institut for Idræt og Biomekanik, Syddansk Universitet. 55 s. (Movements, Bind 2014:14).

**Clinical experience is important when assessing varus thrust in knee osteoarthritis**
Bye, E. K., Magnussen, B., Skou, S. T. & Melgaard, C., 2014, Sports Medicine Congress, 30 January-1 February 2014, Kolding, Denmark: Treatment and Prevention of Sports Injuries. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, s. 24 20

**Facilitation of pain sensitization in knee osteoarthritis and persistent post-operative pain: A cross-sectional study**
Skou, S. T., Graven-Nielsen, T., Rasmussen, S., Simonsen, O. H., Laursen, M. B. & Arendt-Nielsen, L., 2014, I : European Journal of Pain. 18, 7, s. 1024-1031 8 s.

**GLA:D årsrapport 2013**
Skou, S. T. & Roos, E. M., 2014, Syddansk Universitet, Forskningsenheden for Muskuloskeletal Funktion og Fysioterapi, Institut for Idræt og Biomekanik. 39 s.

**Good life with arthritis in Denmark (GLA:D): long-term effectiveness and predictors of outcome at 1 year**
Skou, S. T., Simonsen, M. E. & Roos, E. M., 2014, Sports Medicine Congress, 30 January-1 February 2014, Kolding, Denmark: Treatment and Prevention of Sports Injuries. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, s. 27, No. 30

**Impaired postural balance in the morning in patients with knee osteoarthritis**
Reinholdt Sørensen, R., Jørgensen, M., Rasmussen, S. & Skou, S. T., 2014, I : Gait & Posture. 39, 4, s. 1040-1044

**Knee confidence is associated with self-rated health and fear of moving but not with self-efficacy and radiographic severity: a cross-sectional study in knee osteoarthritis**
Skou, S. T., Rasmussen, S. & Roos, E. M., 2014, I : Osteoarthritis and Cartilage. 22, Suppl., s. S434 Abstract No. 784.

**Pain intensity and pain sensitization are similar in patients with symptomatic knee osteoarthritis eligible or not eligible for total knee replacement**
Skou, S. T., Roos, E. M., Simonsen, O., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L. & Rasmussen, S., 2014, 15th World Congress on Pain, 6-11 October 2014, Buenos Aires, Argentina. IASP Press, s. No. PW297

**Ultrasonographic measurement of the healthy patellar tendon: a study of intra- and intertester reliability**
Christensen, S. W., Skjoldager, M., Mølbak, S., Jørgensen, H., Olesen, J. & Skou, S. T., 2014, Sports Medicine Congress, 30 January-1 February 2014, Kolding, Denmark: Treatment and Prevention of Sports Injuries. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, s. 28-29, No. 34
Customized foot insoles have a positive effect on pain, function, and quality of life in patients with medial knee osteoarthritis
Skou, S. T., Hojgaard, L. & Simonsen, O., 2013, I: Journal of the American Podiatric Medical Association. 103, 1, s. 50-55

Godt Liv med Artrose i Danmark: Implementering af evidensbaseret basisbehandling ved artrose
Skou, S. T. & Roos, E., 2013.

Gruppetræning med patientuddannelse, træning og vægttabsrådgivning er gennemførlig til behandling af artroselærrelate smører i kne og hofter
Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2013, I: Ugeskrift for Læger. 175, 3, s. 129

Intra- and interobserver reliability of ultrasonographic measurement of patellar tendon thickness
Skou, S. T. & Aalkjær, J. M., 2013, Sports Medicine Congress, 31 January-2 February 2013, Kolding, Denmark: From Research to Clinical Practice. Danish Association of Sports Medicine and Danish Association of Sports Physiotherapy, s. 29 1 s. 31

Mechanical axis of the lower extremity determined by a new digital photographic method
Simonsen, O., Thomsen, H. N., Skou, S. T. & Andersen, M. M., 2013, I: Orthopedics. 36, 8, s. e1077-e1081

Precise determination of lower extremity
Simonsen, O., Andersen, M. M., Skou, S. T. & Thomsen, H., 2013.

Relating clinical measures of pain with experimentally assessed pain mechanisms in patients with knee osteoarthritis
Skou, S. T., Graven-Nielsen, T., Lengse, L., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2013, I: Scandinavian Journal of Pain. 4, 2, s. 111-117 7 s.

Sensitization in patients with pain after revision total knee arthroplasty
Skou, S. T., Graven-Nielsen, T., Rasmussen, S., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2013, Abstract Book of the 8th Congress of the European Federation of IASP Chapters (EFIC), 9-12 October 2013, Florence, Italy. European Pain Federation EFIC, 179

Sensitization is more prominent in patients with pain after revision total knee arthroplasty than in painful knee osteoarthritis
Graven-Nielsen, T., Skou, S. T., Rasmussen, S., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2013, Abstract Book of the 8th Congress of the European Federation of IASP Chapters (EFIC), 9-12 October 2013, Florence, Italy. European Pain Federation EFIC, 167

The value of routine radiography in patients with knee osteoarthritis consulting primary health care: a study of agreement
Skou, S. T., Thomsen, H. & Simonsen, O., 2013, I: European Journal of General Practice. 20, 1, s. 10-16 7 s.

Type of exercise and presence of varus thrust influences pain outcomes in people with medial knee osteoarthritis
Bennell, K., Egerton, T., Wrigley, T., Hodges, P., Hunt, M., Roos, E., Kyriakides, M., Metcalf, B., Forbes, A., Ageberg, E., Skou, S. T. & Hinman, R., 2013, I: Journal of Science and Medicine in Sport. 16, Suppl. 1, s. e89–e90 1 s., 15.

Ultrasonographic measurement of patellar tendon thickness: a study of intra- and interobserver reliability
Skou, S. T. & Aalkjaer, J. M., 2013, I: Clinical Imaging. 37, 5, s. 934-937 4 s.

Widespread sensitization in patients with chronic pain after revision total knee arthroplasty
Skou, S. T., Graven-Nielsen, T., Rasmussen, S., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2013, I: Pain. 154, 9, s. 1588-1594 7 s.

Efficacy of multimodal, systematic non-surgical treatment of knee osteoarthritis for patients not eligible for a total knee replacement: a study protocol of a randomised controlled trial
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 2012, I: BMJ Open. 2, 6, s. Article No. e002168 8 s.
Group education and exercise is feasible in knee and hip osteoarthritis
Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, I: Danish Medical Journal. 59, 12, 5 s., A4554.

Implementation of “Good Life with osteoArthritis in Denmark” (GLA:D), a program of education and exercise for hip and knee osteoarthritis: results from a pilot study in physiotherapy practice
Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, s. 8-9. 1 s.

Implementing an early multimodal non-surgical treatment strategy for knee and hip osteoarthritis in clinical practice: a study of feasibility and effectiveness
Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, s. 45. 1 s.

Muskuloskeletal smerte
Skou, S. T., Arendt-Nielsen, L. & Graven-Nielsen, T., 2012, I: Dansk Sportsmedicin. 16, 3, s. 14-18 5 s.

Predicting clinical pain in knee osteoarthritis using a multimodal pressure pain assessment procedure
Skou, S. T., Graven-Nielsen, T., Lengsø, L., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2012.

Pulsed electromagnetic field therapy reduces delayed onset muscle soreness in marathon runners: a double-blind randomized placebo-controlled study
Rasmussen, C. H., Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L., Khalid, V. & Rasmussen, S., 2012, 13th EFORT Congress 2012, 23-25 May 2012, Berlin, Germany. European Federation of National Associations of Orthopaedics and Traumatology, 1 s.

Pulserejende elektromagnetisk fejltitterapi (PEMF) har ingen effekt på smerte hos patienter med kroniske lændergysmerter: et randomiseret, kontrolleret pilotstudie
Skou, S. T., Rathleff, M. S. & Rasmussen, S., 2012, s. 82. 1 s.

The influence of time-of-day variation and loading on the aponeurosis plantaris pedis: an ultrasonographic study
Skou, S. T., Rathleff, M. S., Malgaard, C., Rasmussen, S. & Olesen, J. L., 2012, I : Journal of Sports Medicine and Physical Fitness. 52, 5, s. 506-512 7 s.

Total knee replacement plus physical and medical therapy or treatment with physical and medical therapy alone: A randomised controlled trial in patients with knee osteoarthritis (the MEDIC-study)
Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. H. & Rasmussen, S., 2012, I : B M C Musculoskeletal Disorders. 13, 1, s. 67

Dual task and balance in male and female elite handball players
Skou, S. T., Villumsen, M. & Lengsø, L., 2011.

Insoles reduce pain and improve function in patients with medial compartment osteoarthritis of the knee
Skou, S. T., Højgaard, L. & Simonsen, O., 2011, I : European Journal of Pain Supplements. 5, 1, s. 93 1 s., T644.

Insoles reduces pain and improve function in patients with medial compartment osteoarthritis of the knee
Skou, S. T., Højgaard, L. & Simonsen, O. H., 2011.

Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in marathon runners: a randomized controlled pilot study
Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rasmussen, S., 2011.
Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in marathon runners: a randomized controlled pilot study
Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rasmussen, S., 2011.

Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in marathon runners: a randomized controlled pilot study
Rasmussen, S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rathleff, M. S., 2011.

Pulsed electromagnetic field therapy may reduce thigh muscle soreness in marathon runners: a randomized controlled pilot study
Rasmussen, S., Knudsen, C., Skou, S. T., Gronbech, M., Olesen, J. & Rathleff, M., 2011, 12th EFORT Congress 2011: Official Congress Programme, 1-4 June 2011, Copenhagen, Denmark. European Federation of National Associations of Orthopaedics and Traumatology, s. 115 1 s.

Pulserende elektromagnetisk felterapi (PEMF) har ingen effekt på funktionsniveau og livskvalitet hos patienter med kroniske lændergygsmerter: et randomiseret, kontrolleret pilotstudie
Skou, S. T., Rathleff, M. S. & Rasmussen, S., 2011, Fysioterapi & rehabilitering: en abstraktsamling fra det årlige forsknings- og udviklingsymposium i Nordjylland for fysioterapeuter 2011, 22. november 2011, Aalborg, Danmark. Aalborg: University College Nordjylland, UCN, s. 34-35

Balance training with Nintendo Wii Fit: a parallel RCT study
Skou, S. T., Friberg, T., Odum, H. & Villumsen, M., 2010.

Health Technology Assessment of ultrasonography as a guidance tool for peritendinous steroid injections in patients with Achilles tendinopathy
Villumsen, M., Skou, S. T., Rønved, S. M. M. & Hejlesen, O. K., 2010, SHI2010 Proceedings. Bygholm, A., Elberg, P. & Hejlesen, O. (red.). Trondheim: TAPIR Akademisk Forlag, s. 54-58

Risikofaktorer for udvikling af fasciitis plantaris
Skou, S. T., 2010, I : Dansk Sportsmedicin. 14, 4, s. 15-17 3 s.

Running has no effect on the diameter of the plantar fascia
Skou, S. T., Rathleff, M. S. & Olesen, J. L., 2010.

Running has no effect on the diameter of the plantar fascia
Skou, S. T., Rathleff, M. S. & Olesen, J. L., 2010, 2nd i-FAB Congress - Program and Abstracts. 33

Time of day influences the diameter of the plantar fascia
Skou, S. T., Rathleff, M. S., Mølgaard, C. M. & Olesen, J. L., 2010, 2nd i-FAB Congress - Program and Abstracts. 146

Aktiviteter
Kan træning og self-management være en del af nøglen til et bedre liv for den multisymptemt patient?
Søren Thorgaard Skou (Underviser)
1. sep. 2020
OARSI Task Force on Interactive Education Program for Raising Awareness of Osteoarthritis Treatment and Pain Management (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
6. mar. 2020 → …

Multisyge bliver fremtidens patienter og fysioterapi kan få en central rolle i behandlingen
Søren Thorgaard Skou (Foredragsholder)
5. mar. 2020

Exercise as treatment of medial osteoarthritis in the athletic knee
Søren Thorgaard Skou (Underviser)
31. jan. 2020

Exercise as treatment of chronic pain patients – with knee osteoarthritis as the example
Søren Thorgaard Skou (Underviser)
28. jan. 2020

Artrose – skal man trene eller operere?
Søren Thorgaard Skou (Foredragsholder)
9. jan. 2020

Scientific committee of the Danish Physiotherapy Congress 2022 (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
2020

Hvad indeholder en moderne ikke-operativ behandlingsstrategi
Søren Thorgaard Skou (Underviser)
12. dec. 2019

Exercise as medicine in osteoarthritis – evidence and implementation
Søren Thorgaard Skou (Underviser)
25. nov. 2019

Diagnosis and treatment of knee and hip osteoarthritis – evidence, guidelines and implementation
Søren Thorgaard Skou (Underviser)
25. okt. 2019

Neuromuscular exercise as treatment of knee and hip osteoarthritis in theory and practice
Søren Thorgaard Skou (Underviser)
25. okt. 2019

Multisyge bliver fremtidens patienter: Hvad betyder det for fysioterapi?
Søren Thorgaard Skou (Underviser)
6. okt. 2019

Steno Diabetes Center Sjællands forskningsråd (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
3. okt. 2019 → 2. okt. 2022

Træning som vejen til mindre smerte og bedre funktion ved artrose og andre kroniske sygdomme
Søren Thorgaard Skou (Underviser)
15. sep. 2019
Individualiseret træning og uddannelse til patienter med multimorbiditet
Søren Thorgaard Skou (Underviser)
11. sep. 2019

GLA:D Contest 2019
Søren Thorgaard Skou (Deltager)
17. jun. 2019 → 18. jun. 2019

MOBILIZE: Individualiseret træning og uddannelse til patienter med multimorbiditet
Søren Thorgaard Skou (Underviser)
24. maj 2019

Nationwide implementation of education and exercise to improve pain and function in patients with osteoarthritis
Søren Thorgaard Skou (Foredragsholder)
13. maj 2019

Træning ved artrose (slidgigt) i knæ og hofter - Hvorfor og hvordan?
Søren Thorgaard Skou (Underviser)
23. apr. 2019

How I got my ERC grant?
Søren Thorgaard Skou (Underviser)
13. nov. 2018

Træning og fysisk aktivitet som vejen til det gode liv ved kroniske sygdomme – hvorfor og hvordan?
Søren Thorgaard Skou (Underviser)
31. okt. 2018

National Survey of Current Practice and Opinions on Rehabilitation for Intermittent Claudication in the Danish Public Healthcare System,
Janne Dyrby Jensen (Foredragsholder), Lars Tang (Foredragsholder), Ann Dorthe Olsen Zwisler (Underviser), Kim Christian Houlin (Foredragsholder) & Søren Thorgaard Skou (Underviser)
26. okt. 2018 → 27. okt. 2018

Hvorfor valgte jeg at blive forsker og hvordan?
Søren Thorgaard Skou (Underviser)
20. sep. 2018

Good Life with osteoArthritis from Denmark - Successful implementation of education and exercise in clinical practice
Søren Thorgaard Skou (Underviser)
19. sep. 2018

The Global Burden of Disease collaborator network (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
5. sep. 2018 → …

Clinical Academic Group on Osteoarthritis in Copenhagen Health Science Partners - a partnership between University of Copenhagen and the Capital region of Denmark. (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
28. jun. 2018 → …

Chairman of PhD committee
Søren Thorgaard Skou (Deltager)
1. jun. 2018
Evidence-based diagnosis and treatment of knee osteoarthritis and implementation in clinical practice
Søren Thorgaard Skou (Underviser)
22. maj 2018

Physical Activity for Precision Health Cluster (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
1. maj 2018 → ...

OARSI World Congress 2018
Søren Thorgaard Skou (Deltager)
27. apr. 2018

Forskningens Døgn 2018
Søren Thorgaard Skou (Arrangør)
20. apr. 2018 → 21. apr. 2018

Course in PhD Supervision
Søren Thorgaard Skou (Deltager)
1. apr. 2018 → 21. aug. 2018

Træning eller operation ved knæ- og hofteartrose?
Søren Thorgaard Skou (Underviser)
6. feb. 2018

Exercise as treatment of the young and sports active patient with knee osteoarthritis
Søren Thorgaard Skou (Underviser)
2. feb. 2018

PhD course: Using news media and social media to increase the awareness and dissemination of your research
Søren Thorgaard Skou (Arrangør)
1. nov. 2017 → 2. nov. 2017

Knee replacement and non-surgical treatment of knee osteoarthritis: Results from two clinical trials and implementation in clinical practice
Søren Thorgaard Skou (Underviser)
11. sep. 2017

University of Oxford
Søren Thorgaard Skou (Gæsteforsker)
10. sep. 2017 → 15. sep. 2017

Research Management Course
Søren Thorgaard Skou (Deltager)
6. sep. 2017 → 19. jan. 2018

Total knee replacement and non-surgical treatment of knee osteoarthritis – Evidence from two parallel RCTs and implementation in clinical practice
Søren Thorgaard Skou (Underviser)
13. jul. 2017

Træning bør altid være en del af behandling af artrose i primær praksis
Søren Thorgaard Skou (Underviser)
5. maj 2017
Good life with osteoarthritis in Denmark (GLA:D TM): a nationwide implementation of clinical recommendations of education and supervised exercise in knee and hip osteoarthritis
Søren Thorgaard Skou (Underviser)
29. apr. 2017

Two year outcome from two parallel randomized trials on total knee replacement and non-surgical treatment of knee osteoarthritis
Søren Thorgaard Skou (Underviser)
28. apr. 2017

Diagnosis and treatment of knee osteoarthritis - current evidence and implementation in clinical practice
Søren Thorgaard Skou (Underviser)
25. apr. 2017

Non-Pharmacological management of osteoarthritis
Søren Thorgaard Skou (Underviser)
20. apr. 2017

Reviewer of funding applications for the National Institute for Health Research under NHS in the UK
Søren Thorgaard Skou (Andet)
11. apr. 2017 → …

Patientuddannelse og træning – kerneydelser til patienter med knæ- og hofteartrose
Søren Thorgaard Skou (Underviser)
1. mar. 2017

Patientuddannelse og træning – kerneydelser til patienter med knæ- og hofteartrose
Søren Thorgaard Skou (Underviser)
24. jan. 2017

Videnskabeligt Råd i Center for Kliniske Retningslinjer (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
29. nov. 2016 → …

Surgical and nonsurgical treatment of knee osteoarthritis - evidence and implementation in clinical practice
Søren Thorgaard Skou (Foredragsholder)
16. nov. 2016

Artrose - diagnostik og behandling
Søren Thorgaard Skou (Foredragsholder)
14. nov. 2016

Fra forskningsbaseret viden til implementering i klinisk praksis GLA:D-projektet – en tværsektoriel behandlingsstrategi for artrose
Søren Thorgaard Skou (Foredragsholder)
10. nov. 2016

Exercise in knee joint pain – an essential part of first line treatment
Søren Thorgaard Skou (Foredragsholder)
25. sep. 2016

Exercise or surgery in patients with knee osteoarthritis? - A physiotherapist's perspective
Søren Thorgaard Skou (Foredragsholder)
16. sep. 2016
Fra forskningsbaseret viden til behandlingskoncept for hofte- og knæartrose. GLA:D-projektet – en implementeringssucces
Søren Thorgaard Skou (Foredragsholder)
14. sep. 2016

PhD course: Using news media and social media to increase the awareness and dissemination of your research
Søren Thorgaard Skou (Arrangør)
6. sep. 2016 → 7. sep. 2016

Træning ved artrose – en særdeles effektfuld behandling
Søren Thorgaard Skou (Foredragsholder)
26. aug. 2016

Implementering af nationale kliniske retningslinjer for knæartrose i klinisk praksis
Søren Thorgaard Skou (Foredragsholder)
7. apr. 2016

OARSI 2016 World Congress
Søren Thorgaard Skou (Oplægsholder)
31. mar. 2016

Meeting experts in Osteoarthritis studies
Søren Thorgaard Skou (Oplægsholder)
30. mar. 2016

Research seminar OLVG Amsterdam
Søren Thorgaard Skou (Oplægsholder)
29. mar. 2016

Dansk SmerteForums Årsmøde 2016
Søren Thorgaard Skou (Oplægsholder)
12. mar. 2016

GLA:D Australia
Søren Thorgaard Skou (Underviser)
2016 → ...

Journal of Orthopaedic and Sports Physical Therapy (Tidsskrift)
Søren Thorgaard Skou (Redaktør)
2016

Patienter med hofteartrose i GLA:D - Hvem er de og hvordan går det dem?
Søren Thorgaard Skou (Foredragsholder)
2. dec. 2015

Artrose i knæ og hofter - diagnostik og behandling
Søren Thorgaard Skou (Foredragsholder)
12. nov. 2015

Træning ved artrose – den mest effektfulde ikke-kirurgisk behandling
Søren Thorgaard Skou (Foredragsholder)
21. okt. 2015
Good Life with Arthritis in Denmark (GLA:D) - Implementation of clinical guidelines for osteoarthritis
Søren Thorgaard Skou (Foredragsholder)
6. okt. 2015

Good Life with osteoArthritis, from Denmark
Søren Thorgaard Skou (Arrangør)
1. okt. 2015 → 3. okt. 2015

Træning ved artrose (slidligt) i knæ eller hofter
Søren Thorgaard Skou (Foredragsholder)
28. sep. 2015

Exercise therapy - an essential part of first line treatment of knee osteoarthritis
Søren Thorgaard Skou (Foredragsholder)
25. jun. 2015

Good Life with Arthritis in Denmark (GLA:D) - Education and exercise in clinical practice
Søren Thorgaard Skou (Foredragsholder)
6. mar. 2015

Sundhedsstyrelsens arbejdsgruppe for udarbejdelsen af en national klinisk retningslinje for meniskpatologi i knæet (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
3. mar. 2015 → 30. jan. 2016

Neuromuscular exercise as treatment for the middle-aged and elderly degenerative knee
Søren Thorgaard Skou (Foredragsholder)
23. jan. 2015

GLA:D Canada
Søren Thorgaard Skou (Underviser)
2015 → …

Artrose - diagnostik og behandling
Søren Thorgaard Skou (Foredragsholder)
11. nov. 2014

Osteoarthritis Research Society International (OARSI) clinical trial recommendations panel (Ekstern organisation)
Søren Thorgaard Skou (Medlem)
27. apr. 2014 → …

Exercise in painful knee and hip osteoarthritis: existing evidence and implementation in clinical practice
Søren Thorgaard Skou (Foredragsholder)
3. dec. 2013

Artrose i knæ og hofter – diagnostik og behandling – et område i rivende udvikling
Søren Thorgaard Skou (Foredragsholder)
11. nov. 2013

Smerteoverfølsomhed ved knæartrose og kronisk postoperativ smerte efter indsættelse af kunstigt knæled
Søren Thorgaard Skou (Foredragsholder)
8. nov. 2013

Knæ- og hoftearthrose - evidens for træning og GLA:D
Søren Thorgaard Skou (Andet)
Træning ved knæ- og hofteartrose - evidens og introduktion til GLA:D
Søren Thorgaard Skou (Andet)
3. jul. 2013

Træning ved knæ- og hofteartrose - evidens og introduktion til GLA:D
Søren Thorgaard Skou (Andet)
19. jun. 2013

Knee osteoarthritis - multimodal treatment and sensitiation
Søren Thorgaard Skou (Foredragsholder)
1. maj 2013

University of Queensland
Søren Thorgaard Skou (Gæsteforsker)
29. apr. 2013 → 5. maj 2013

Knee osteoarthritis - multimodal treatment, pain and instability
Søren Thorgaard Skou (Foredragsholder)
25. mar. 2013

Good Liv med Artrose i Danmark : Implementering af evidensbaseret basisbehandling ved artrose
Søren Thorgaard Skou (Foredragsholder)
12. mar. 2013

University of Melbourne
Søren Thorgaard Skou (Gæsteforsker)
1. feb. 2013 → 28. apr. 2013

Fysisk aktivitet og træning som behandling
Søren Thorgaard Skou (Arrangør)
28. nov. 2012

Forskning - metode, planlægning og udførelse
Søren Thorgaard Skou (Foredragsholder)
21. nov. 2011

Priser

ERC Starting Grant
Skou, Søren Thorgaard (Modtager), 27. jul. 2018

Fyens Stiftstidendes Research Award 2019
Skou, Søren Thorgaard (Modtager), 9. maj 2019

Sapere Aude: Research Talent Award 2016
Skou, Søren Thorgaard (Modtager), 2016

Spar Nord Foundation’s Research Award 2016
Skou, Søren Thorgaard (Modtager), 2016
The Association of Danish Physiotherapists’ Award 2015
Skou, Søren Thorgaard (Modtager), 2015

The VBHC Prize 2019
Skou, Søren Thorgaard (Modtager) & Roos, Ewa M. (Modtager), 18. apr. 2019

Presse/medie

[Slidgigt]
Søren Thorgaard Skou
31/03/2014
1 element af Mediedækning

11 millioner kroner til forskning i multi-syge
Søren Thorgaard Skou
28/08/2018
1 Mediebidrag

5 alternativer til knæoperation ved slidgigt
Søren Thorgaard Skou
01/08/2012
1 element af Mediedækning

A bungled bundle
Søren Thorgaard Skou
26/10/2015
1 element af Mediedækning

AI motion kan bruges til at holde slidgigt fra døren
Søren Thorgaard Skou
28/04/2019
1 Mediebidrag

Artrose i knæ eller hofter? Træn dig GLA:D
Søren Thorgaard Skou
27/02/2018
1 Mediebidrag

ARTROSE - SMERTER KAN AFHJÆLPES
Søren Thorgaard Skou
01/04/2019
1 Mediebidrag

Artrose-smerter kan afhælpes
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Astrid Krag besøgte gigtskolen SLID i Hvidovre
Søren Thorgaard Skou
04/11/2013
1 element af Mediedækning

Avisens Forskerpris går til bæredygtighed og knæsmerter
Søren Thorgaard Skou
08/05/2019
1 Mediebidrag

**Bedre hjælp til unge med slidgigt**
Søren Thorgaard Skou
20/01/2018
1 Mediebidrag

**Bjørn trodser gigten: Dansk behandling går kloden rundt**
Søren Thorgaard Skou
17/02/2018
1 Mediebidrag

**BLIVER KUN: GIGTBOMBE: HVER FEMTE DANSKER LIDER AF SLIDGIGT**
Søren Thorgaard Skou
04/02/2015
1 element af Mediedækning

**Brug knæet**
Søren Thorgaard Skou
07/09/2015
1 element af Mediedækning

**Brug motion til at holde slidgigt fra døren**
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

**Brug motion til at holde slidgigt fra døren**
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

**Brug motion til at holde slidgigt fra døren**
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

**Brug motion til at holde slidgigt fra døren**
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

**Brug motion til at holde slidgigt fra døren**
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag
Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
12/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
23/04/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit
Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit
Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit
Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit
Søren Thorgaard Skou
28/09/2019
1 Mediebidrag
Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
25/09/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
25/09/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
25/09/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
01/10/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
01/10/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit
Søren Thorgaard Skou
03/12/2019
1 Mediebidrag

CAG ph.d.-forløb styrker tværfaglig sundhedsforskning og baner vejen for attraktive stillinger i fremtidens sundhedsvæsen
Søren Thorgaard Skou
09/03/2020
1 Mediebidrag

De første resultater fra GLA:D
Søren Thorgaard Skou
08/04/2014
1 element af Mediedækning

DEN OVERSETE FOLKESYGDOM SLIDGIGT
Søren Thorgaard Skou & Ewa M. Roos
02/10/2015
1 element af Mediedækning

Det er vedvarende træning der skal til
Søren Thorgaard Skou
21/08/2013
2 elementer af Mediedækning
Digital træning til patienter med slidgigt
Søren Thorgaard Skou
07/06/2020
1 Mediebidrag

DR1 21 Søndag
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

DR1 TV Avisen 18.30
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

Du kan blive overfalsom over for smerte
Søren Thorgaard Skou
23/06/2013
15 elementer af Mediedækning

En tredjedel kan undvære medicin
Søren Thorgaard Skou
24/04/2014
3 elementer af Mediedækning

Endelig noget, der virker mod artrose
Søren Thorgaard Skou
30/11/2018
1 Mediebidrag

Er dine led slidte?
Søren Thorgaard Skou
19/10/2015
1 element af Mediedækning

Er dine led SLIDTE?
Søren Thorgaard Skou
19/10/2015
1 element af Mediedækning

Er jeg inaktiv, kommer smetene
Søren Thorgaard Skou
08/02/2020
1 Mediebidrag

Er operation den rette behandling af artrose?
Søren Thorgaard Skou
06/01/2014
1 element af Mediedækning

Er selv sygdomsramt: Gigt-professorernes bedste råd
Søren Thorgaard Skou
08/02/2020
1 Mediebidrag
Et godt liv med artrose
Søren Thorgaard Skou
12/03/2013
1 element af Mediedækning

Et godt liv med slidigt: Træning mindsker smerten
Søren Thorgaard Skou
30/04/2019
1 Mediebidrag

Et koncept og forretningsområde yderst relevant for alle landets kiropraktorer
Søren Thorgaard Skou
06/03/2017
1 element af Mediedækning

Et professorat virker som en magnet
Søren Thorgaard Skou
12/02/2020
1 element af Mediedækning

Et sammenhængende forløb med uddannelse, træning og evaluering skal hjælpe mennesker med artrose
Søren Thorgaard Skou
01/03/2013
2 elementer af Mediedækning

EU-millioner til sjællandsk forskning i flere kroniske sygdomme
Søren Thorgaard Skou
22/08/2018
1 Mediebidrag

Exercise and education for the treatment of chronic conditions
Søren Thorgaard Skou
26/11/2019
1 Mediebidrag

Expert on webinar on exercise, osteoarthritis and multimorbidity
Søren Thorgaard Skou
15/05/2020
1 Mediebidrag

FAKTA: Begræns risikofaktorerne
Søren Thorgaard Skou
25/09/2019
1 Mediebidrag

FAKTA: Find indendørs alternativer
Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

FAKTA: Samspillet mellem slidigt og træning
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag
Forebygger sygdom og tidlig død
Søren Thorgaard Skou
14/09/2019
1 Mediebidrag

Forskere skal finde ud af om operation for slidgigt er det bedste
Søren Thorgaard Skou
02/01/2014
3 elementer af Mediedækning

Forskere skal undersøge knæoperation mod slidgigt
Søren Thorgaard Skou
02/01/2014
1 element af Mediedækning

Forskere vil afprøve 5 alternativer til knæoperation ved slidgigt
Søren Thorgaard Skou
01/08/2012
1 element af Mediedækning

Forskning får international pris for at skabe værdi for slidgigtpatienter
Søren Thorgaard Skou & Ewa M. Roos
04/05/2019
1 Mediebidrag

Forskning får international pris for at skabe værdi for slidgigtpatienter
Søren Thorgaard Skou
04/05/2019
1 Mediebidrag

Forskning i patienter med flere kroniske sygdomme
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Forsknings på Næstved, Slagelse og Ringsted sygehuse styrkes yderligere
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Forsknings på Næstved, Slagelse og Ringsted sygehuse styrkes yderligere
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Forskningsbaseret individuel træning til multisyge
Søren Thorgaard Skou
18/06/2019
1 element af Mediedækning
Forskningsteam på SDU modtager international hæder
Søren Thorgaard Skou
24/04/2019
1 Mediebidrag

Fra fond til forsker: Støtte til børn og patienter med flere kroniske sygdomme
Søren Thorgaard Skou
20/08/2018
1 Mediebidrag

Fra fond til forsker: Støtte til børn og patienter med flere kroniske sygdomme
Søren Thorgaard Skou
20/08/2018
1 Mediebidrag

Fra fond til forsker: Støtte til forskning i smerter, nyresygdomme og museumsformidling
Søren Thorgaard Skou
06/08/2018
1 Mediebidrag

Fri for smerter og knæoperation
Søren Thorgaard Skou
08/10/2014
1 element af Mediedækning

Fysioterapeut fra Aalborg UH får ærefuld pris
Søren Thorgaard Skou
04/09/2015
1 element af Mediedækning

Fysioterapeuter har nyt tilbud i Skive: Det er muligt at mindske slidgigt ved træning
Søren Thorgaard Skou
18/10/2013
1 element af Mediedækning

Fysioterapeuter: Politikere bør sikre knætræning frem for operation
Søren Thorgaard Skou
01/03/2016
1 element af Mediedækning

Fysioterapeuter: Sparede operationskroner bør bruges på gratis genoptræning
Søren Thorgaard Skou
07/03/2017
1 element af Mediedækning

G.L.A:D: Godt Liv med Artrose i Danmark
Søren Thorgaard Skou
23/10/2013
1 element af Mediedækning

Gigteksperter kan selv blive ramt
Søren Thorgaard Skou
08/02/2020
1 Mediebidrag
Gigtpatienter får deres forundersøgelse hos en fysioterapeut
Søren Thorgaard Skou
09/09/2020
1 Mediebidrag

Gigtpatienter tilbydes virtuel træning
Søren Thorgaard Skou
03/07/2020
1 Mediebidrag

Gigtpatienter træner sig ud af medicin med stor succes
Søren Thorgaard Skou
09/04/2014
1 element af Mediedækning

Gigtpatienter venter længe på deres operation - nu tilbydes de i stedet virtuel træning
Søren Thorgaard Skou
04/07/2020
1 Mediebidrag

Gikt-ekspertenes beste råd
Søren Thorgaard Skou
23/07/2020
1 Mediebidrag

Giktprofessorene som selv er rammet: Deres beste råd
Søren Thorgaard Skou
21/07/2020
1 Mediebidrag

GLA: D MED GIGT - UDEN SMERTER
Søren Thorgaard Skou
11/04/2016
1 element af Mediedækning

GLA:D betyder et godt liv med artrose
Søren Thorgaard Skou
08/05/2013
1 element af Mediedækning

GLA:D træning Få knæet i form
Søren Thorgaard Skou
22/06/2014
1 element af Mediedækning

GLA:D træning gør arthrosepatienter glade
Søren Thorgaard Skou
23/08/2018
1 Mediebidrag

GLA:D vinder international pris
Søren Thorgaard Skou
03/05/2019
1 Mediebidrag
GLA:D vinder international pris
Søren Thorgaard Skou & Ewa M. Roos
03/06/2019
1 element af Mediedækning

Glad knætræning
Søren Thorgaard Skou
05/05/2015
1 element af Mediedækning

God erfaring med knælielse
Søren Thorgaard Skou
24/09/2013
1 element af Mediedækning

Gode råd til slidgigt: Sådan får du færre smerter
Søren Thorgaard Skou
17/05/2015
1 element af Mediedækning

Gode råd: Sådan forebygger du kronisk sygdom
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Godt Liv med Arthrose i Danmark (GLA:D)
Søren Thorgaard Skou
01/10/2013
1 element af Mediedækning

Guri Nielsen: Jeg glæder mig til at komme i gang
Søren Thorgaard Skou
18/10/2013
1 element af Mediedækning

Hanne Lene Hørsholm tabte sin værdighed, da slidgigten kom - men så begyndte hun at træne
Søren Thorgaard Skou
12/05/2019
1 Mediebidrag

Hanne Lene Hørsholm tabte sin værdighed, da slidgigten kom - men så begyndte hun at træne
Søren Thorgaard Skou
10/05/2019
1 Mediebidrag

Har du risiko for at udvikle slidgigt i knæene?
Søren Thorgaard Skou
04/08/2018
1 Mediebidrag

Haves: Slidte knæ. Ønskes: Behandlingsforløb
Søren Thorgaard Skou
18/12/2019
1 element af Mediedækning
Her tages de gigtramte i skole
Søren Thorgaard Skou
07/04/2014
1 element af Mediedækning

Ikke-kirurgisk behandling udsætter operation
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Ikke-operative behandlingsformer er gavnlige for slidgigt
Søren Thorgaard Skou
17/05/2015
1 element af Mediedækning

Individualiseret behandling af multimorbiditet
Søren Thorgaard Skou
11/09/2018
1 Mediebidrag

Jeg tør ikke lade være med at træne
Ewa M. Roos & Søren Thorgaard Skou
10/04/2017
1 element af Mediedækning

Kæmpe million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Kirurgi ikke altid løsningen på slidte knæ
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Knæfald for træningen
Søren Thorgaard Skou
26/02/2014
1 element af Mediedækning

KNÆK: SÅDAN UNDGÅR DU SMERTER
Søren Thorgaard Skou
04/02/2015
1 element af Mediedækning

Knæsmerte, bæredygtighed og journalistik: Avisen hædrer fynsk forskning
Søren Thorgaard Skou
07/05/2019
1 Mediebidrag
Knee Replacement Brings Less Pain, Better Function But risks make physical therapy a viable option, researchers say
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Knee Replacement Improves Pain, Ups Complications in RCT
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Knee Replacement Linked To More Pain Relief, Functional Improvement and Adverse Side Effects
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Knee replacement surgery or not
Søren Thorgaard Skou
09/11/2015
1 Mediebidrag

Knee replacement surgery works, but so can nonsurgical techniques
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Knee replacement surgery works, but so can nonsurgical techniques
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Knee Replacement Surgery Works, but So Can Nonsurgical Techniques
Søren Thorgaard Skou
23/10/2015
1 element af Mediedækning

Knee Replacement, Nonsurgical Tx Compared for Pain Relief in Arthritis
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Knee replacements: less pain but more complications
Søren Thorgaard Skou
23/10/2015
1 element af Mediedækning

Knee-replacement surgery works, but so do nonsurgical options
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Kronisk syge sjællændere får håndsrækning: EU donerer mio. til forskning
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag
Kroppens egen medicin
Søren Thorgaard Skou
04/10/2013
2 elementer af Mediedækning

Kunstige knæ virker bedst mod slidgigt, men fysioterapi kan udsætte operationen
Søren Thorgaard Skou
11/11/2015
1 element af Mediedækning

Leder: Det gode liv med artrose
Søren Thorgaard Skou
08/04/2014
1 element af Mediedækning

Livsstilssædning i stedet for operation
Søren Thorgaard Skou
13/10/2017
1 Mediebidrag

Mange gigtpatienter træner smerterne væk
Søren Thorgaard Skou
16/04/2015
1 element af Mediedækning

Måske er kniven ikke den bedste løsning
Søren Thorgaard Skou
16/06/2016
2 elementer af Mediedækning

Måske er operation ikke altid løsningen
Søren Thorgaard Skou
02/01/2014
1 element af Mediedækning

Maskine kan måle smerter hos gigtpatienter
Søren Thorgaard Skou
21/12/2012
1 element af Mediedækning

Meniskskader
Søren Thorgaard Skou
21/11/2016
1 element af Mediedækning

Mere målrettet behandling til patienterne
Søren Thorgaard Skou
12/02/2020
1 Mediebidrag

Mere træning til mennesker med artrose
Søren Thorgaard Skou
24/01/2013
2 elementer af Mediedækning
Millionbevilling til forsker
Søren Thorgaard Skou
03/09/2018
1 Mediebidrag

Millionbevilling til forskning i multimorbiditet
Søren Thorgaard Skou
03/08/2018
1 Mediebidrag

Million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Million-donation sætter turbo på forskning i multi-syge
Søren Thorgaard Skou
02/08/2018
1 Mediebidrag

Millioner af kroner kan spares på træning fremfor kirurgi
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Millioner til at forske i knæet
Søren Thorgaard Skou
07/03/2016
2 elementer af Mediedækning

Millioner til at forske i knæet
Søren Thorgaard Skou
07/03/2016
1 element af Mediedækning

Motion anbefales frem for operation ved slidgigt
Søren Thorgaard Skou
24/09/2015
1 element af Mediedækning
Ny professor
Søren Thorgaard Skou
17/01/2020
1 Mediebidrag

Ny professor
Søren Thorgaard Skou
17/01/2020
1 Mediebidrag

Ny professor
Søren Thorgaard Skou
17/01/2020
1 Mediebidrag

Ny professor
Søren Thorgaard Skou
22/01/2020
1 Mediebidrag

Ny professor i fysioterapi vil forske i forebyggelse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Ny studie vil vise vei i meniskdebatten
Søren Thorgaard Skou & Jonas Bloch Thorlund
24/10/2017
1 element af Mediedækning

Nye anbefalinger: træning og ikke operation til knæartrose
Søren Thorgaard Skou
16/11/2012
1 element af Mediedækning

Nye retningslinjer : bed lægen om træning og viden
Søren Thorgaard Skou
01/06/2013
1 element af Mediedækning

Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag
Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
12/09/2019
1 Mediebidrag

Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
12/09/2019
1 Mediebidrag

Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Odenseansk slidgigts-forsker modtog flot udenlandsk pris
Søren Thorgaard Skou
24/04/2019
1 Mediebidrag

Odenseansk slidgigts-forsker modtog flot udenlandsk pris
Søren Thorgaard Skou
25/04/2019
1 Mediebidrag

Overfølsomhed for smerte kan modvirkes
Søren Thorgaard Skou
22/06/2015
1 element af Mediedækning

P4 Nyheder
Søren Thorgaard Skou
24/04/2019
1 Mediebidrag

På jagt efter det overfølsomme smertesystem
Søren Thorgaard Skou
29/11/2012
1 element af Mediedækning

Pain relief, function up post knee replacement in arthritis
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Paradigmeskift i behandlingen af knæsmerter
Søren Thorgaard Skou
12/12/2014
1 element af Mediedækning
Patienter med claudicatio intermittens mangler tilbud om træning
Søren Thorgaard Skou
04/11/2019
1 Mediebidrag

Pris til Syddansk Universitet
Søren Thorgaard Skou & Ewa M. Roos
27/04/2019
1 Mediebidrag

PRM / Nyudnævnt professor i træning og sundhed på SDU og Næstved, Slagelse, Ringsted sygehuse
Søren Thorgaard Skou
12/09/2019
1 Mediebidrag

PRM / Stor international pris til forskerteam fra Syddansk Universitet
Søren Thorgaard Skou
24/04/2019
1 Mediebidrag

Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag
Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

RCT supports TKR in eligible patients with osteoarthritis
Søren Thorgaard Skou
10/11/2015
1 element af Mediedækning

Rejser verden rundt med dansk forskning
Søren Thorgaard Skou
04/05/2019
1 Mediebidrag

Rejser verden rundt med dansk forskning
Søren Thorgaard Skou
04/05/2019
1 Mediebidrag

Roadshow om retningslinjerne
Søren Thorgaard Skou
06/03/2017
1 element af Mediedækning

Sådan redder du dine knæ fra slidgigt og smerator
Søren Thorgaard Skou
04/08/2018
1 Mediebidrag

SÅDAN REDDER DU DINE KNÆ FRA SLIDGIGT OG SMERTER
Søren Thorgaard Skou
04/08/2018
1 Mediebidrag

SÅDAN REDDER DU DINE KNÆ FRA SLIDGIGT OG SMERTER
Søren Thorgaard Skou
02/03/2019
1 Mediebidrag

Sådan skal du træne med slidgigt
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Sådan skal du træne med slidgigt
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Sådan skal du træne med slidgigt
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag
Sådan skal du træne med slidgigt
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Sådan skal du træne med slidgigt
Søren Thorgaard Skou
28/03/2019
1 Mediebidrag

Sådan skal du træne med slidgigt
Søren Thorgaard Skou
03/04/2019
1 Mediebidrag

Sådan træner du slidgigt væk
Søren Thorgaard Skou
24/11/2014
1 element af Mediedækning

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
22/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
15/10/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret
Søren Thorgaard Skou
23/11/2019
1 Mediebidrag

Sarah fra Faaborg er ekspert i slidgigt: Nu rejser fysioterapeuten verden rundt med fynsk forskning
Søren Thorgaard Skou
03/05/2019
1 Mediebidrag
SDU er ved at udvikle et GLA:D-forløb for ryggen
Søren Thorgaard Skou
21/12/2017
1 Mediebidrag

SDU-forsker får 1,6 mio. kr. til forskning i kikkertkirurgi
Søren Thorgaard Skou
18/03/2016
1 element af Mediedækning

Skal knæsmerte trænes eller opereres væk?
Søren Thorgaard Skou
30/03/2016
1 element af Mediedækning

Skal knæsmerte trænes eller opereres væk?
Søren Thorgaard Skou
30/03/2016
2 elementer af Mediedækning

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
20/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
22/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag
Slidgigt i knæet - er operation nødvendigt?
Søren Thorgaard Skou
15/10/2012
1 element af Mediedækning

Slidgigt kan opstå tidligt - og skal behandles tidligt
Søren Thorgaard Skou
27/11/2015
1 element af Mediedækning

Slidgigt kan trænes væk
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

Slidgigt skal trænes væk
Søren Thorgaard Skou
27/01/2015
1 element af Mediedækning

Slidgigt: Få kommuner tilbyder gratis træningsforløb
Søren Thorgaard Skou
02/11/2015
3 elementer af Mediedækning

Slidgigtpatienter ud af smertehelvede: Styrketræning er løsningen
Søren Thorgaard Skou
20/01/2018
1 Mediebidrag

Slidgigtpatienter ud af smertehelvede: Styrketræning er løsningen
Søren Thorgaard Skou
20/01/2018
1 Mediebidrag

 Slut med smerter: Else er kommet tilbage på cyklen
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Smerte og sensitiserings ved knæartrose og vedvarende smerte efter operation
Søren Thorgaard Skou
20/05/2015
1 element af Mediedækning

Smerte og smerteoverfølsomhed skal behandles inden operation
Søren Thorgaard Skou
20/05/2015
1 element af Mediedækning

Smerte i hofte og knæ efter slidgigt kan trænes væk
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag
Smerter i hofte og knæ efter slidgigt kan trænes væk
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

Smerter i hofte og knæ efter slidgigt kan trænes væk
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

Smerter i hofte og knæ efter slidgigt kan trænes væk
Søren Thorgaard Skou
05/08/2018
1 Mediebidrag

Smerter trænes væk
Søren Thorgaard Skou
16/04/2015
1 element af Mediedækning

Smertertest skal hjælpe folk med slidgigt
Søren Thorgaard Skou
21/12/2012
1 element af Mediedækning

Søren Skou er ny professor i træning og sundhed på SDU
Søren Thorgaard Skou
17/09/2019
1 Mediebidrag

Søren Skou er ny professor i træning og sundhed på SDU
Søren Thorgaard Skou
07/10/2019
1 Mediebidrag

Søren T. Skou får Fyens Stiftstidendes Forskerpris
Søren Thorgaard Skou
09/05/2019
1 Mediebidrag

Søren Thorgaard Skou får Danske Fysioterapeuters Pris 2015
Søren Thorgaard Skou
02/09/2015
1 element af Mediedækning

Stor International pris til forskerteam fra Syddansk Universitet
Søren Thorgaard Skou
24/04/2019
1 Mediebidrag

Stor International pris til forskerteam fra Syddansk Universitet
Søren Thorgaard Skou & Ewa M. Roos
24/04/2019
1 Mediebidrag
Stor pris for forskning i slidgigt
Søren Thorgaard Skou
24/04/2016
5 elementer af Mediedækning

Stort potentiale i at udbrede slidgigt-tilbud
Søren Thorgaard Skou
19/02/2015
1 element af Mediedækning

Study Points to Benefits of Knee Replacement Surgery Over Therapy Alone
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Study shows value of knee replacement surgery, other options
Søren Thorgaard Skou
21/10/2015
1 element af Mediedækning

Study tackles non-surgical treatment of knee osteoarthritis
Søren Thorgaard Skou
07/09/2018
1 Mediebidrag

Sundhedsministeren på gigtskole
Søren Thorgaard Skou
01/12/2013
1 element af Mediedækning

The GLA:D Program for Osteoarthritis
Søren Thorgaard Skou
28/05/2018
1 Mediebidrag

Total knee replacement is linked to reduced pain but with serious side effects, trial finds
Søren Thorgaard Skou
23/10/2015
1 element af Mediedækning

Træn dig GLA:D med artrose - slidgigt
Søren Thorgaard Skou
26/10/2015
1 element af Mediedækning

TRÆN GIGTEN VÆK - OG FÅ DIT ARBEJDSLIV TILBAGE
Søren Thorgaard Skou
17/02/2018
1 Mediebidrag

Træn knæet og behold arbejdet : nordjysk pilotprojekt lover godt for hele landet
Søren Thorgaard Skou
12/03/2012
1 element af Mediedækning
Træning er vejen frem
Søren Thorgaard Skou
02/12/2016
1 element af Mediedækning

Træning frem for knæoperation
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Træning mindsker smerten ved slidgigt
Søren Thorgaard Skou
30/04/2019
1 Mediebidrag

Træning mindsker smerten ved slidgigt
Søren Thorgaard Skou
30/04/2019
1 Mediebidrag

Træning skal være en naturlig del af hverdagen
Søren Thorgaard Skou
15/01/2020
1 Mediebidrag

Træning som første behandling af kroniske sygdomme
Søren Thorgaard Skou
07/02/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag
Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin
Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning ved artrose
Søren Thorgaard Skou
28/04/2019
1 Mediebidrag

TRÆNINGEN DÆMPER SMERTERNE
Søren Thorgaard Skou
14/09/2019
1 Mediebidrag

Træningen giver færre smerte - også på lang sigt
Søren Thorgaard Skou
16/04/2015
2 elementer af Mediedækning

Tusindvis ramt af slidgigt
Søren Thorgaard Skou
17/09/2015
1 element af Mediedækning

TV 2 Fyn 19.30
Søren Thorgaard Skou
29/04/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag
Udnævnelse
Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
17/09/2019
1 Mediebidrag

UDNÆVNT
Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Undersøgelse: Knæoperationer mere succesfulde, hvis de udskydes
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Undgå slidligt
Søren Thorgaard Skou
07/04/2019
1 Mediebidrag

Vægttab og træning kan udskyde operation for slidligt
Søren Thorgaard Skou
14/05/2019
1 Mediebidrag

Vedligehold formen i vinterhalvåret
Søren Thorgaard Skou
21/09/2019
1 Mediebidrag

Vi opererer årligt knæ for 600 mio. kr. - men er det fornuftigt, spørger forskere
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Vi opererer årligt knæ for 600 mio. kr. – men er det fornuftigt, spørger forskere
Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Vi skal fortsat have fokus på ventetiderne
Søren Thorgaard Skou
09/11/2015
1 element af Mediedækning
Videnskabeligt boost af yngre forskere
Søren Thorgaard Skou
23/08/2018
1 Mediebidrag

Yngre forskere henter rekord mange penge fra EU
Søren Thorgaard Skou
24/08/2018
1 Mediebidrag

Formel pædagogisk uddannelse
2018 PhD Supervisor course, IOB, SDU
2015-2017 Formal teaching qualification certificate in higher education pedagogy at AAU (10 ECTS)
(adjunkt pædagogikum)
2016 Certified on C1 level in English language on the Common European Framework of Reference for Languages:
learning, teaching, assessment.
2016 Electronic multiple choice tests to evaluate students at SDU,
2015 GRADE guidelines (system for rating quality of evidence) at The Danish Health Authority, .
2015 Online and blended learning for teaching at university level at the course “Teaching for tomorrow” at SDU (5 ECTS).

Uddannelsesadministrative opgaver
Responsible for module on the Master of Physiotherapy from September 2015 to January 2018, responsible for theme and
lecturer in RCT/study design at SDU in September 2016-January 2017, and responsible for theme and lecturer in
Statistics at SDU in September 2015-January 2016.
Course developer and leader of PhD-course at SDU: Using news media and social media to increase the awareness and
dissemination of your research” from September 2016
Course developer and co-leader of the GLA:D-course at SDU, which has now been exported to Canada and Australia.

Erfaring med undervisning, vejledning og eksamen
Teaching
More than 1200 hours of teaching activities at bachelor, master or PhD level

Furthermore, several presentations and courses for patients with knee and hip pain aimed at teaching them about their
disease and how to treat it with a special emphasis on exercise and help to self-help.

Examiner experience
Chairman of PhD committee at SDU, Spring 2018
Examiner at nine examinations at MSc-level or BA-level
Examiner in Randomized Controlled Trials (RCT) and study design at the MSc in Physiotherapy at SDU Autumn 2016
Examiner in Basic statistics at the MSc in Physiotherapy at SDU Autumn 2015
Examiner of two projects at the MSc in Public Health at SDU Summer 2015
Examiner of a project at the MSc in Medicine with industrial specialization at AAU Winter 2014/2015
Examiner of a project at the MSc in Clinical Science and Technology at AAU Winter 2012/2013
Examiner of Assessment and treatment of musculoskeletal disorders at the BA in physiotherapy at UCN Winter 2012 and
Summer 2012.
Examiner of MPhil thesis at University of Queensland, Australia, February 2018.
Referee of application for an academic position at the School of Health and Rehabilitation Sciences, University of
Queensland, Australia (2017).

Furthermore, I have been censor at four examinations at the BA in Medicine at Aalborg University, 2016.

Metoder, materialer og redskaber og refleksion over egen pædagogisk praksis og fremtidig
udvikling
I have been teaching a broad group of students at various levels and clinicians both at the university, the hospital and in
other settings. The organization of the teaching has also been multiple, as it has been in large classes of more than 100,
medium size classes, classes of no more than 20 and groups of 4-5 students. The teaching has involved different
approaches, sometimes being lectures, other times being workshops, group-based teaching, laboratory-based teaching
and practical teaching of specific clinical methods. I have intentionally tried to challenge myself by changing the audience,
setting and approach to develop my teaching skills as much as possible. I have experienced that this has increased my
possibilities and variation when approaching a specific teaching task, both new ones and tasks that I have previously performed. Furthermore, I have developed my teaching skills by taking a course in online and blended learning at university level, which gave me very relevant tools to use in my teaching, and a course in electronic multiple-choice tests, which can be used actively as formative assessment to support the learning process throughout a course.

Whenever possible, I have tried to approach students based on the level that they are at by using differentiated teaching, giving more skilled students additional tasks and students challenged by the specific task extra supervision, motivation or help to succeed. One example is the Basic statistics course at the Master of Physiotherapy at SDU, where the level of previous knowledge within statistics was very different among the students. Here a practical approach applying differentiated teaching helped improve the learning process of the individual student. I also try to employ different methods and media in my teaching to help the students learn based on their preferred method in the most effective way. Two examples of this are that I some years ago started using screencasts for the students to watch before the lecture and small group work sessions during a lecture. This was well received by the students and seems to be helpful tools for my future teaching career.

From my own MSc and as a supervisor for several projects at AAU, I have personal experiences and competences of using the problem-based learning method (PBL) both as student and as supervisor. I believe that these experiences and competences are beneficial and applicable to the teaching I am delivering at SDU. By giving students the possibility to acquire knowledge and skills independently working with a specific problem, PBL offers an important method used alongside other teaching methods. Furthermore, I use different online resources aimed at refining my teaching competences.

I believe that teaching competences can be improved continuously throughout a teaching career. To develop my own competences further, I underwent the formal teaching qualification certificate in higher education pedagogy (Adjunktpædagogikum) at AAU in January 2017. In the official evaluation statement, my two supervisors evaluated the work I undertook during the Adjunktpædagogikum as “excellent” and commented that I am a “committed” and “dedicated” teacher and supervisor with “clear visions for continuing his development of his pedagogical competencies”. As part of the program I completed several workshops related to teaching, including a workshop on assessment and another one on flipped classroom. My pedagogical supervisor helped me improve my teaching by increasing my focus on using dialogs and discussions as part of my teaching and increasing my awareness of my role as a teacher in the classroom and as a supervisor of projects. I also underwent English language certification, ensuring that I am on level C1 of the Common European Framework of Reference for Languages. Combined with future courses, and the actual teaching and supervision at SDU and other institutions my qualifications as a teacher will be further developed.

**Uddannelsesudvikling og universitetspædagogisk (følge)forskning, herunder pædagogiske priser**

Responsible for module on the Master of Physiotherapy from September 2015 to January 2018

**Forskningslederkursus**

Research Management Course at Copenhagen Business School 2017-2018 with the aim of professionalizing research leadership