Polypeptide growth factors play an important role in the in vitro growth of many human cancer cells (Rozenburg, 1983; Goustin et al., 1986). Recently, factors have been identified which are unique in their ability to induce a transformed phenotype on normal cells in culture (DeLarco & Todaro, 1978). Exposure of cells to these factors causes loss of density-dependent growth inhibition in monolayer cultures and promotes anchorage-independent growth in semi-solid media. After removal of these factors the cells convert back to their normal appearance. Some of these factors have been characterized in detail and have been termed 'z-Transforming Growth Factors' (zTGFs) (Tam et al., 1984; Derynck et al., 1984). zTGFs are polypeptides with a molecular weight of ~5.7 kD. They consist of 50 amino acids and contain three disulfide bonds which are important for their biologic function. zTGFs bind to the membrane receptor for epidermal growth factor (EGF) and, like EGF, activate a tyrosine kinase (Todaro et al., 1980; Pike et al., 1982; Reynolds et al., 1981). Binding to the receptor for EGF and kinase activation are thought to be necessary events for all subsequent biologic actions of zTGFs.

zTGFs are present in conditioned media and cell extracts from a variety of transformed cells in culture (Marquardt & Todaro, 1982; Salomon et al., 1984). It has been suggested that zTGFs act back on tumour cells and stimulate cell proliferation in a positive feedback-manner (autocrine secretion) (Sporn & Todaro, 1980). This would render growth of these cells independent from physiologic control mechanisms. On the other hand, it would offer new potential for treatment with antagonists (Nistor et al., 1985) or antibodies to zTGF or the zTGF receptor.

The purpose of our present study was to determine whether human colon cancer cell lines secrete zTGF-like substances. This may point to a potential role of autocrine self-stimulation in the growth of these cell lines and provide an important lead for a strategy to control colorectal carcinoma.

Human colon cancer cell lines (COLO 205, COLO 320, DLD-1, HT-3, HT-29, LoVo, OM-1, SW-620, WIDR) were purchased from the American Type Culture Collection, Rockville, MD. Cells were cultured in 150 cm² tissue culture flasks (Corning) until subconfluent to confluent. The medium was removed and the cells were washed twice with phosphate-buffered saline/0.1% bovine serum albumin (BSA, Sigma, St. Louis, MO). Serum-free medium was then added for conditioning. After incubation for 48–72 h at 37°C, 5% CO₂, the conditioned media (CM) were collected and remaining cells and debris removed by centrifugation. CM and an equal volume of unconditioned serum-free medium were dialyzed against 1% acetic acid (MCB, Cincinnati, OH) at 4°C. The dialysate was then lyophilized. Prior to testing, the lyophylate was reconstituted with 10 mM acetic acid/0.1% BSA and cleared by ultracentrifugation (80,000 g, 45 min). The supernatant was aliquoted and either used for assays or stored at −20°C.

Normal rat kidney (NRK) fibroblasts strain 49-F were purchased from the American Type Culture Collection, Rockville. MD, and cultured in Dulbecco’s Minimal Essential Medium (DMEM, GIBCO) in the presence of 5% fetal calf serum (FCS, GIBCO). The cells were harvested using 0.25% trypsin in 1 mM EDTA (GIBCO). The assay was performed in 35 mm dishes (Corning). One ml of DMEM/10% FCS containing 0.8% agarose (FMC, Rockland, ME) was pipetted into each dish as a base layer. To each dish, a mixture of DMEM/10% FCS, 0.4% agarose, 3,000 NRK 49-F cells and 0.3 ml of CM or unconditioned medium was then added to make a final volume of 1 ml as a toplayer. All determinations were done in triplicate. Controls with 10 mM acetic acid/0.1% BSA and EGF (2 ng ml⁻¹) were included for each experiment. The plates were incubated at 37°C, 5% CO₂ in a humidified environment. Cell aggregates >70 μm were defined as colonies and were counted with an inverted microscope after 7–10 days. Epidermal growth factor was obtained from Collaborative Research (Lexington, MA). 125I-EGF was purchased from Biomedical Technologies Inc. (Cambridge, MA) at specific activities between 150 and 250 mCi g⁻¹.

MCF-7 human breast cancer cells were a generous gift from Dr. C.K. Osborne. The cells were seeded in 6-well plates (Corning) at 4.5 x 10⁴ cells/well and cultured until nearly confluent. The radioreceptor assay was performed as described earlier (Osborne et al., 1982). All determinations were done in triplicate. Data were expressed as mean and standard deviation of triplicate determinations. The Student’s paired t-test was used for significance calculations.

Figure 1 summarizes the results of the NRK transformation assay. The conditioned media of seven cell lines (COLO 320, DLD-1, HT-3, HT-29, LoVo, SW-620, WIDR) showed a statistically significant stimulation of anchorage-independent growth as compared to unconditioned media or 10 mM acetic acid/0.1% BSA. The CM of OM-1 also led to a stimulation of colony formation but the difference to the unconditioned medium was only of
borderline significance \( P = 0.067 \). Only CM from COLO 205 was clearly devoid of any colony stimulating activity. These data indicate that the majority of colon cancer cell lines release an activity which stimulates anchorage-independent growth of normal fibroblasts.

The results of the EGF binding studies are shown in Figure 2. A significant competition with EGF for receptor binding was observed with CM from 4 of the 9 cell lines tested (COLO 320, DLD-1, OM-1, SW-620). CM from WIDR, LoVo, and HT-29 cells also competed for EGF receptor binding but differences between CM and unconditioned media were not statistically significant (WIDR: \( P = 0.07 \), LoVo: \( P = 0.13 \), HT-29: \( P = 0.07 \)). CM from HOT-3 cells showed discordant effects in that stimulation of NRK colony growth was not accompanied by a decrease in \(^{125}\text{I}-\text{EGF} \) binding. Conditioned medium from COLO 205 had no effect on EGF binding.

![Figure 2](image)

**Figure 2** Ability of conditioned media from nine colon cancer cell lines to inhibit \(^{125}\text{I}-\text{EGF} \) binding in a radioreceptor assay. At 10 mM acetic acid/0.1% BSA. U: unconditioned medium. C: conditioned medium. * = significant difference compared to unconditioned medium using Student’s paired \( t \)-test.

While NRK colonies stimulated by EGF or zTGF typically are spheroid, a distinctly different morphology of colonies from CM of two cell lines was observed. As shown in Figure 3a and 3b, CM from HOT-3 and OM-1 stimulated NRK cells to form bizarre shaped colonies. Serial dilutions of the CM showed a dose-response effect. Atypical colony morphology may be an indication for the involvement of other factors besides zTGF which determine growth and structure of NRK colonies.

Our studies indicate that the majority of colon cancer cell lines tested released a stimulatory factor which was zTGF-like in its activity. Except for conditioned media from HOT-3 and COLO 205, results from both the NRK transformation assay and EGF binding studies were compatible with the presence of zTGF-like activity. When statistically, analyzed, results were significant in both assays for COLO 320, DLD-1, and SW-620. Equivocal results were obtained in the NRK assay for CM from OM-1 and in EGF binding studies for CM from HT-29, LoVo, and WIDR. However, each of these CM showed a trend towards a difference from unconditioned media. These trends may indicate the presence of zTGF-like activity in low concentrations since we collected relatively small amounts of conditioned media. Our results further indicate that COLO 205 cells do not release zTGF-like activity. Conditioned medium from HOT-3 cells appear to contain substances which may be of particular interest for future research since they do not bind to EGF receptors and stimulate formation of NRK colonies which are atypically shaped.

The assays used in our studies test for different functional properties of the zTGF molecule. However, they are not specific for zTGF. NRK colony formation is dependent on the interaction of at least three different growth factors: PDGF, \( \beta \)-TGF, and EGF/zTGF (Assoian et al., 1984), and hence other growth factors present in the conditioned medium might have contributed to colony formation. It is also possible that the absence of necessary growth factors could have prevented colony formation in the presence of zTGF. Since we have performed the NRK assay in the presence of 10% FCS and have included into each experiment a set of plates with EGF (2 ng ml\(^{-1} \)) to demonstrate that the NRK cells were able to form colonies, we feel confident that no false negative results were observed. In addition, EGF binding studies are not specific for zTGF since obviously EGF will mimic the effects of zTGF. The higher frequency of equivocal results with the radioreceptor assay may point to a somewhat lower sensitivity of this assay.

The results of the present study are in agreement with a recent report by Coffey et al. (1986) on the presence of transforming growth factors in three colon cancer cell lines (SW-480, SW-620, WIDR) and provide independent evidence for the release of zTGF-like activity by SW-620 and WIDR cells. SW-620 cells seem to release a high amount of zTGF-like activity as measured by EGF receptor binding studies. In addition, our studies indicate that DLD-1 cells probably are as active as SW-620 cells in releasing EGF competing activity. However, studies relating the activity of CM to the number of tumour cells need to be performed to precisely define the relative activity of different cell lines.

Autocrine mechanisms might be involved in the growth regulation of human colon cancer cells.

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