Hypoxic preconditioning increases the protective effect of bone marrow mesenchymal stem cells on spinal cord ischemia/reperfusion injury

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Received October 27, 2014; Accepted July 23, 2015

DOI: 10.3892/mmr.2016.4753

Abstract. Transplantation of bone marrow mesenchymal stem cells (BMSCs) protect against spinal cord ischemia/reperfusion injury (SCIIRI). However, a large number of transplanted BMSCs often undergo apoptosis, which severely affects the treatment outcome. Previous studies have demonstrated that hypoxic preconditioning effectively increases the survival rate of BMSCs following transplantation, and increases their protective effect on injured tissues. However, there have been few reports regarding roles of hypoxic preconditioning in SCIRI. The present study isolated rat BMSCs and separately transplanted hypoxia- and non-hypoxia-preconditioned BMSCs into the spinal cord tissues of rats with SCIRI. The role of hypoxic preconditioning in the promotion of the protective effect of BMSCs on SCIRI was investigated using neurological function scores, Evans blue staining, hematoxylin and eosin staining and terminal deoxynucleotidyl transferase dUTP nick end labeling. In addition, reverse transcription-quantitative polymerase chain reaction and western blotting were used to detect the expression levels of hypoxia-inducible factor 1α (HIF-1α), and to investigate its possible underlying mechanism of action. The results indicated that hypoxic preconditioning effectively increased the protective effects of BMSCs on neurological function, blood spinal cord barrier and tissue damage following SCIRI, and inhibited apoptosis. Furthermore, hypoxic preconditioned BMSCs upregulated the expression of HIF-1α in spinal cord tissues. Therefore, hypoxic preconditioning effectively increased the protective effect of BMSCs on SCIRI and may be associated with upregulation of the expression of HIF-1α. Hypoxic preconditioning may serve as an effective means of increasing the protective effect of BMSCs on SCIRI.

Introduction

Spinal cord ischemia/reperfusion injury (SCIIRI) refers to the return of the blood supply in recovery following trauma of the spinal cord. The neurological function of the spinal cord cannot be improved, and the injury is further aggravated by ischemia, which leads to the irreversible, delayed death of spinal neurons (1). SCIIRI is a common complication following thoracic or thoracoabdominal aortic surgery (2). Previous studies reported that the incidence of spinal cord injury caused by ischemia/reperfusion is 3-18% (3), and patients with SCIIRI have a poor prognosis, usually resulting in severe paralysis or mortality (4,5), which places burdens on patients and family members. Therefore, the identification of effective preventative measures is important for improving the prognosis of SCIIRI.

Previous studies have demonstrated that bone marrow mesenchymal stem cell (BMSC) transplantation effectively attenuates SCIIRI (6-8). However, high levels of apoptosis in ischemic tissues following cell transplantation severely affect treatment outcomes. Studies have reported that the survival rate of autologous transplanted cells in myocardial ischemia patients was only 1% (9), and although the survival rate of BMSCs transplanted into ischemic myocardial tissues on the first day was >99%, the survival rate on the fourth day decreased sharply to <0.44% (10). Although the cause of transplanted cell death remains to be elucidated, insufficient blood supply, hypoxia, inflammation, oxidative stress and accumulation of cytotoxic substances all have adverse effects on the survival of transplanted cells (11). To date, several in vitro and in vivo studies have determined that hypoxic preconditioning may increase the adaptability of mesenchymal stem cells to hypoxic environments, increase cell activity and inhibit apoptosis (12-16). However, the function of hypoxic preconditioning on the protective effect of BMSCs in SCIIRI have not been reported.

In the present study, the effect of hypoxic preconditioning on the protective role of BMSCs in SCIIRI was explored. Hypoxic preconditioning is involved in improving the survival of BMSCs and promoting the recovery of SCIRI. Hypoxic
preconditioning may become a promising adjuvant therapy in the treatment of SCIRI with BMSCs.

Materials and methods

Experimental animals. A total of 30 eight-week-old male healthy adult Sprague-Dawley (SD) rats weighing 200-250 g were purchased from the Experimental Animal Center of the China Medical University (Shenyang, China). Prior to experimentation, the rats were housed separately at 22°C with 40-50% humidity and a 12 h light/dark cycle in animal rooms for adaptive feeding for 1 week. The rats had access to food and water ad libitum. The care and treatment of the animals and present study was approved by the Experimental Animal Ethics Committee of the China Medical University.

Isolation, culture, identification and hypoxic preconditioning of rat BMSCs. According to previously described methods (17,18), the rats were sacrificed by cervical dislocation, and the femur and tibia were removed under sterile conditions. The bone marrow cavity was exposed, and Dulbecco's modified Eagle's medium (DMEM; Gibco Life Technologies, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (FBS; GE Healthcare Life Sciences, Logan, UT, USA) in a 2 ml syringe was used to wash out the bone marrow. Following centrifugation at 252 x g for 10 min at room temperature, the supernatant was discarded. The cells were resuspended by red cell lysis buffer (Beijing Solarbio Science & Technology Co., Ltd., Beijing, China) and centrifuged at 112 x g for 10 min at room temperature. The cells were then filtered with a 200 mesh sieve and cultured in an incubator at 37°C in an atmosphere containing 5% CO2 for 24 h, prior to being inoculated at a density of 5x10^5/flask. After 24 h, the culture medium was replaced to remove the non-attached cells, and was replaced again after 5 days. Cells with optimal growth at the third generation were used to identify the expression levels of CD29, CD44, CD45 and non-attached cells, and the absorbance was measured at 632 nm using a ELX-800 microplate reader (Winooski, VT, USA) in order to collect the supernatant, and the phosphate-buffered saline (PBS) group served as a control group. The PBS group received injection of an equal volume of PBS prior to ischemia/reperfusion. Based on a method described by Fang et al (8), cell transplantation was performed 2 days prior to SCIRI. A 10 µl polyethylene tube was inserted into the subarachnoid cavity using a 16-gauge needle, and slowly moved to the cerebrospinal fluid (CSF). A total of 5x10^5/5 µl cells or an equal volume of PBS was injected into the CSF, and the tube was removed. The heads of the experimental animals faced upwards for 60 min, and the rats with normal fore and hind limb function were included in the present study.

Establishment of an SCIRI rat model. An aortic cross-clamping method was used to establish an SCIRI model in the rats, as previously described (19). Prior to experimentation, the rats were fasted (no food or water) for 6 h and anesthetized using 3% halothane (China Sinopharm international Co., Ltd., Shanghai, China). Body temperature was monitored using DT-K101A rectal thermometers (Hangzhou Hua'an Medical & Health Instruments Co., Ltd., Hangzhou, China) and during the experimental process, the body temperature was maintained at 37.5±0.5°C using electric blankets and heating lamps. The rats were placed in a supine position, and a longitudinal incision was made along the left vertex of the sternum to the second rib bone. The left superior vena cava and internal mammary artery were carefully avoided. The aortic arch was separated from the left common carotid and subclavian arteries, and the aortic arch and left subclavian artery were clamped at the same time using micro-artery clamps (Jinzhong, Shanghai, China). The artery clamps were opened after 10 min, and the surgical wound was sutured layer by layer with 3-0 sutures (Shanghai Xincheng Medical Instruments Co., Ltd., Shanghai, China). An intraperitoneal injection of 5 ml of 0.9% saline was performed following surgery, and the rats were placed in 28°C incubators for 3 h prior to being returned to their cages.

Neurological function scoring. Neurological function scoring in each group was performed at 6, 12, 24, 48 h and 7 days following reperfusion using the Tarlov criteria (8,20,21). The scoring criteria were as follows: 0 points for the absence of evident hind limb motor function; 1 point for perceivable autonomic joint movement; 2 points for free movement of hind limbs, but an inability to stand; 3 points for an ability to stand but an inability to walk; and 4 points for total recovery of hind limb function and the ability to walk.

Detection of the integrity of the blood spinal cord barrier (BSCB). A total of 2% Evans blue (Sigma-Aldrich, St. Louis, MO, USA) staining solution (2 ml/kg) was slowly injected into the tail vein of the rats. After 1 h, the rats were anesthetized using 3% halothane, and infusion needles were inserted through the ascending aorta to infuse 500 ml/kg saline. Spinal cord tissue samples of the L4-L6 were removed and sectioned transversely into two parts. Following weighing, a section of the spinal cord tissues of ~100 mg was mixed with 1 ml formamide (Amresco, LLC, Solon, OH, USA) and then immersed in 37°C prior to being centrifuged at 260 x g for 10 min at room temperature in order to collect the supernatant, and the absorbance was measured at 632 nm using an E Lux-800 microplate reader (Bio-Tek Instruments, Inc., Winooski, VT, USA). Simultaneously, different concentrations (0.05, 0.1, 0.2, 0.4, 0.8, 1.6, and 3.2 µg/ml) of Evans blue solution were prepared, and a standard curve was plotted to calculate the concentration of Evans blue in each spinal cord tissue sample. The other section of spinal cord tissue was...
fixed in 10% paraformaldehyde (China Sinopharm international Co., Ltd.) to prepare 10 μm sections. The stained tissue samples were observed under an IX53 fluorescence microscope (Olympus Corporation, Tokyo, Japan) and images were captured.

**Hematoxylin and eosin (HE) staining.** The injured rat spinal cord tissue samples from each group were fixed in 10% formaldehyde (China Sinopharm international Co., Ltd.) overnight and embedded in paraffin (Shanghai Hushi Laboratorial Equipment Co., Ltd., Shanghai, China) in order to obtain 5 μm thick sections. HE staining (Beijing Solarbio Science & Technology Co., Ltd.) was performed, according to standard procedures. Following staining, the slides were observed under a DP73 light microscope (Olympus Corporation) and images were captured.

Detection of apoptosis using terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL). The levels of apoptosis were detected using an In Situ Cell Death Detection kit (Roche Diagnostics GmbH, Mannheim, Germany), according to the manufacturer's instructions. Paraffin sections were inactivated using H2O2 solution, prior to incubation with 50 μl TUNEL reaction solution (Roche Diagnostics GmbH) at 37°C for 60 min. Following washing with PBS, the sections were incubated with 50 μl converter-POD working solution (Roche Diagnostics GmbH) at 37°C for 30 min. Following development with 3'-diaminobenzidine (Beijing Solarbio Science & Technology Co., Ltd.), the nuclei were stained with hematoxylin. The sections were observed under a microscope and the images were captured.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR).** Total RNA was extracted using TRIzol® reagent (Invitrogen Life Technologies, Carlsbad, CA, USA), and RNA was reverse transcribed into cDNA using a cDNA First Strand Synthesis Reagent kit (Takara Biotechnology Co., Ltd., Dalian, China), according to the manufacturer's instructions. The sense and antisense hypoxia-inducible factor 1α (HIF-1α) primers (synthesized by Sangon Biotech Co., Ltd., Shanghai, China) were 5'-CTCCCATACAAGGCAGCAGAAAC-3', and 5'-AGAAACGAAACCCCACAGACAAC-3', respectively, and the sense and antisense primers of β-actin were 5'-GGAGATTACTGCCCTGGCTCCTAGC-3', and 5'-AGGGGGACTCATGCTACTCTGGTT-3', respectively. Quantitative analysis was performed using an Exicycler™ 96 Quantitative Fluorescence analyzer (Bioneer Corporation, Daejeon, Korea). The total PCR reaction volume was 20 μl and consisted of 1 μl cDNA, 0.5 μl of each primer, 10 μl SYBR® GREEN master mix (BioTeke Corporation, Beijing, China) and 8 μl ddH2O. The PCR reaction thermocycling conditions were as follows: 95°C for 10 min; 40 cycles of 95°C for 10 sec, 58°C for 20 sec, 72°C for 30 sec and 4°C for 5 min. The relative mRNA expression levels were calculated using the 2^ΔΔCt method (22).

**Western blotting.** Following tissue homogenization (S10; Scientz, Ningbo, China), total protein from the spinal cord tissue samples of each group was extracted using radioimmunoprecipitation assay lysis buffer (Beyotime Institute of Biotechnology, Haimen, China) and centrifuged 10,010 x g for 10 min at 4°C, and the protein concentrations were determined using a bicinchoninic acid assay (Beyotime Institute of Biotechnology). Total protein (40 μg) from each group was subjected to 8% SDS-PAGE. Following electrophoresis, the proteins were transferred onto a polyvinylidene difluoride membrane (EMD Millipore, Billerica, MA, USA). The membrane was blocked with 5% non-fat milk at room temperature for 1 h, and then incubated with polyclonal rabbit anti-rat HIF-1α primary antibody (1:400; cat. no. BA0912-2; Wuhan Boster Biological Technology, Ltd., Wuhan, China) at 4°C overnight, followed by incubation with polyclonal goat anti-rabbit horseradish peroxidase-conjugated secondary antibody (1:5,000; cat. no. A0208; Beyotime Institute of Biotechnology) at room temperature for 45 min. The development of the luminescent substrate was measured using an enhanced chemiluminescence kit (Shanghai 7Sea Pharmatech Co., Ltd., Shanghai, China). Following exposure, images were captured and scanned into a computer, and Image J 2.1 software (National Institutes of Health, Bethesda, MA, USA) was used to analyze gray density. The protein expression levels were quantified using β-actin as an internal control.

**Statistical analysis.** The data are presented as the mean ± standard deviation. The comparison between groups was performed using one-way analysis of variance and multiple comparisons were performed using the Bonferroni post-hoc test. The processing of the data and figures was performed using Graphpad Prism 5.0 (GraphPad Software, Inc., La Jolla, CA, USA). P<0.05 was considered to indicate a statistically significant difference.

**Results**

Isolation, culture and identification of rat BMSCs. Rat BMSCs were isolated using density gradient centrifugation. Third generation BMSCs were harvested to perform an identification of the surface markers using flow cytometry (Fig. 1). The expression of CD29, CD44 and CD90 were positive, and the expression of CD45 was negative. These results were concordant with those of a previous study (23), indicating that rat BMSCs had been obtained successfully.

Hypoxic preconditioning increases the protective effects of BMSCs on neurological function. The neurological function score of the rats was determined in each group 6, 12, 24, 48 h and 7 days following SCIRI. The average score of each group is shown in Fig. 2. The hypoxic preconditioned and the untreated BMSCs promoted the recovery of neurological function following SCIRI; however, the neurological function in the HP-MSC group was significantly higher, compared with that of the NP-MSC group. From 12 h post-ischemia/reperfusion, the neurological function score in the HP-MSC group was already significantly higher, compared with that of the IR group (P<0.05); however, the neurological function of the NP-MSC and IR groups were not significantly different, indicating that hypoxic preconditioning increased the protective effect of BMSCs on neurological function.

Hypoxic preconditioning increases the protective effects of BMSCs on the BSCB. Evans blue staining was used to
investigate the protective effects of the treatments of each group on the BSCB following SCIRI (Fig. 3). The BSCB was severely damaged in the IR group, and significant Evans blue leakage (indicated in red) was observed under a fluorescence microscope. The Evans blue leakage rates in the NP-MSC and HP-MSC groups significantly weakened. The Evans blue concentrations were consistent with the results of the fluorescence microscopy observations. The Evans blue concentrations in the damaged spinal cord tissue samples in the IR and PBS groups were significantly higher, compared with those of the sham group (P < 0.01). Compared with the IR group, the Evans blue concentrations in the NP-MSC and HP-MSC groups were significantly decreased (P < 0.05 and P < 0.01, respectively) and those of the HP-MSC group were significantly lower, compared with those of the NP-MSC group (P < 0.01). These results indicated that transplantation of BMSCs provided a certain protective effect on the BSCB, and that hypoxic preconditioning improved this function.

Hypoxic preconditioning increases the protective effects of BMSCs on spinal cord tissue injury. HE staining was performed on the tissue samples from each group to observe the effects of the various treatments on spinal cord injury (Fig. 4). Tissue injury in the IR and PBS groups was more severe, with nuclei fragmentation, formation of a large number of vacuoles and tissue bleeding accompanied by inflammatory cell infiltration. The NP-MSC and HP-MSC groups had fewer vacuoles and markedly decreased degrees of injury, and the tissue morphology of the HP-MSC group was similar to that of normal spinal cord tissues. Detection of the apoptotic levels in the spinal cord tissue samples using a TUNEL assay (Fig. 5) determined that an increased number of apoptotic cells were present in the IR and PBS groups, compared with the sham group, whereas the number of apoptotic cells in the NP-MSC group was decreased. The HP-MSC group exhibited apoptotic cells, however, their number was significantly lower than that in the NP-MSC group. These results suggested that hypoxic preconditioning increased the protective effect of the BMSCs on SCIRI.

Hypoxic preconditioning upregulates the expression of HIF-1α and increases the protective effects of BMSCs on SCIRI. To investigate the possible mechanisms underlying the increased protective effects of BMSCs on spinal cord injury, the expression levels of HIF-1α in the spinal cord tissue samples of each group were determined. Compared with the IR group, the mRNA expression levels of HIF-1α in the NP-MSC and HP-MSC groups were markedly increased, and the mRNA expression of HIF-1α in the HP-MSC group was significantly higher, compared with that in the NP-MSC group (Fig. 6A). The protein expression levels of HIF-1α in each group were similar to the mRNA expression levels of HIF-1α (Fig. 6B). Compared with the IR group, the protein expression of HIF-1α in the NP-MSC group increased, while that of the HP-MSC group was significantly higher, compared with the levels detected in the IR and NP-MSC groups (P < 0.01). These results suggested that hypoxic preconditioning upregulated the expression of HIF-1α in the BMSCs.

Discussion

The transplantation of BMSCs exerts protective effects on SCIRI (6-8), however, the survival rate of transplanted
BMSCs is usually low, which severely affects treatment outcome. Previous studies have hypothesized that hypoxic preconditioning prior to transplantation increases the survival rate of BMSCs (15,16); however, its function in SCIRI remains to be fully elucidated. In the present study, rat BMSCs were isolated and transplanted into the spinal cord tissues of SCIRI rats following hypoxic preconditioning. Compared with the other treatment groups, hypoxic preconditioning increased the protective effects of BMSCs on neurological function, the BSCB and tissue damage. These effects may be associated with upregulation of the expression of HIF-1α. Therefore, hypoxic preconditioning has the potential to become an effective measure to increase the function of stem cells in SCIRI.
BMSCs secrete several cytokines, chemokines and growth factors, in order to promote tissue repair (24). Hypoxic conditions can promote the ability of BMSCs to secrete individual factors (25-27). Studies on cerebral ischemia/reperfusion injuries have demonstrated that hypoxic preconditioning increases the secretion levels of hepatocyte growth factor (HGF) and vascular endothelial growth factor (VEGF) by BMSCs, thus increasing cognitive function and promoting neurogenesis in rats (16,28). The neurological function score of the HP-MSC group in the present study was significantly higher, compared with that of the NP-MSC group, indicating that hypoxic preconditioning increased the protective effects of BMSCs on neurological function; however, whether the increased protective effects were associated with the secretion of HGF and VEGF requires further detailed investigation.

The BSCB regulates and limits molecules entering the central nervous system and maintains a normal microenvironment in the spinal cord (29). Primary injury can immediately induce BSCB damage, and the damaged BSCB changes the permeability of proteins so that inflammatory substances can enter freely, thus inducing and aggravating spinal cord injury (30). Therefore, the destruction of the BSCB is one of the central links to SCI. The present study demonstrated that, compared with the NP-MSC group, the concentration of Evans blue in the spinal cord tissues samples of the HP-MSC group were significantly decreased, indicating that hypoxic preconditioning increased the protective effect of BMSCs on the BSCB. Notably, this mechanism was important in the reduction of secondary injury following SCI.

Hypoxic preconditioning increases the repair capacity of BMSCs in myocardial tissues and can promote angiogenesis (31); the ability of hypoxic preconditioned BMSCs to inhibit apoptosis in ischemic tissues is was also increased, compared with BMSCs without preconditioning (32,33).
present study determined that the effects of hypoxic preconditioned BMSCs on the repair of spinal cord tissues following ischemia/reperfusion injury, and on the inhibition of apoptosis, were significantly increased, which further confirmed that hypoxic preconditioning increased the protective effect of BMSCs on SCIRI.

HIF-1α is a nuclear transcription factor, the expression of which is upregulated under hypoxic conditions, which can increase the tolerance of tissues and cells to hypoxic environments (34). Several in vitro studies have revealed that hypoxic preconditioning promotes the secretion of HIF-1α by BMSCs (35,36). The present study determined that the expression levels of HIF-1α in the spinal cord tissue samples of the HP-MSC group were significantly higher, compared with those of the NP-MSC group, indicating that hypoxic preconditioning increased the protective effect of BMSCs on SCIRI by promoting the expression of HIF-1α. These results were concordant with those of a previous study investigating renal ischemia/reperfusion injury (37).

HIF-1α can induce gene expression and resume function of the cellular internal environment in the absence of oxygen (38,39). The results of the present study suggested that hypoxic preconditioning unregulated the protein and mRNA expression levels of HIF-1α in BMSCs, improving the function of motor nerve cells following SCIRI. It also inhibited apoptosis and protected the integrity of the BSCB, all of which can enhance the repair capacity of BMSCs on tissue injury. These functions may be associated with upregulation of the expression of HIF-1α following hypoxic preconditioning. In conclusion, hypoxic preconditioning was found to be an effective means for increasing the survival rate of transplanted BMSCs, and for promoting the protective effects of BMSCs on SCIRI. The results suggest that hypoxic preconditioning may serve as a promising adjuvant therapeutic strategy for the treatment of SCIRI.

Acknowledgements

The present study was supported by grants from the National Natural Science Foundation of China (grant no. 81401000), the Science and Technology Foundation of the Liaoning Province (grant no. 2012408002), the Doctoral Research Foundation of the Liaoning Province (grant no. 20141035) and the Foundation for Scientific Research of The First Affiliated Hospital of the China Medical University (grant no. 2014-07).

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