INTRODUCTION

The safflower (Carthamus tinctorius L.) is an annual oilseed crop belonging to the Asteraceae family adapted for cultivation under semi-arid conditions (FLEMMER et al., 2015). The seeds are called achenes, have considerable protein (15%-16%) and lipid (23%-41%) contents, standing out the linoleic content (72%-84%) and oleic (7%-18%) acids in its oil (AL SURMI et al., 2016; KHALID et al., 2017). Although, it has greater importance for human nutrition, safflower oil also has satisfactory characteristics for biodiesel production. High linoleic acid content of safflower oil provides advantages over other oils with respect to the plugging point of the cold filter, cloud point and pour point (MIHAELA et al., 2013).

Safflower production in Brazil is unremarkable, but current research has shown potential for cultivation (SANTOS et al., 2018). Safflower could become an important crop in the Brazilian tropical conditions, which have a long dry period with high temperatures during the winter. However, cultivars with high yield are necessary for safflower to be able to compete with other oilseeds, especially soybeans (Glycine max L.). Seeds are one of the main inputs of agriculture, seed quality is one of the main factors to increase production (AGUILERA et al., 2000). To obtain seeds with high physiological quality is important to determine the optimal seed
harvest time, which frequently corresponds to the season when physiological maturity is reached, coinciding with the moment of maximum seed dry matter, high vigor and high germination (CARVALHO & NAKAGAWA, 2012). Harvest delay with the occurrence of adverse environmental conditions, insect attacks, and all microorganisms increase the likelihood of seed deterioration. This damage can be even more aggressive in tropical regions, mainly due to the hot and humid climate, which can accelerate the process of seed deterioration (FORTI et al., 2015). For this reason, studies are needed to determine the optimal time to harvest seeds for different species and varieties (JACOB JUNIOR et al., 2014).

The optimal seed harvest time is at physiological maturity. From this point on, there is no significant increase in seed dry matter (TERASAWA et al., 2009). Morphological and physiological changes that occur during the maturation process have been used as parameters to identify the optimal harvest time; these include changes in fruit color, fruit size, seed weight, and water content (ARAÚJO et al., 2006). Studies into seed maturation and harvest are important in minimizing the effects of deterioration caused by prolonged time spent in the field. In addition, seed production can be increased, since harvesting at the optimal time decreases the number of immature seeds (ALKIMIM et al., 2016). In addition to varying for each crop, the point of maturity may vary depending on the cultivar (CARVALHO & NAKAGAWA, 2012). Although, safflower is becoming an important oilseed species, few studies were conducted to investigate optimal harvest time. This study evaluated the optimal seed harvest time of three safflower genotypes.

**MATERIALS AND METHODS**

The experiment was conducted in Botucatu in the state of São Paulo in Brazil (48° 25’ W, 22° 51’ S, 777 m above sea level). The soil was Rhodic Acrudox (SOIL SURVEY STAFF, 2014). Chemical analysis indicated pH 5.1 in CaCl$_2$ (0.01-mol L$^{-1}$); 27 g dm$^{-3}$ organic matter; 34 mg dm$^{-3}$ P (Resin-P); 7 mmol dm$^{-3}$ K$^+$; 48 mmol dm$^{-3}$ Ca$^{2+}$; 17 mmol dm$^{-3}$ Mg$^{2+}$; 105 mmol dm$^{-3}$ of cation exchange capacity (CEC); and 68% base saturation. The soil consisted of 630 g kg$^{-1}$ sand, 90 mg kg$^{-1}$ silt, and 280 g kg$^{-1}$ clay.

The climate was Cwa, according to the Köppen climate classification system: tropical with dry winters and hot rainy summers. The 1956–2013 mean annual maximum and minimum temperatures were 26.1 and 15.3 °C; respectively, with a mean annual precipitation of 1358 mm. Precipitation and temperature were measured during this study (Figure 1).

Three safflower genotypes (2106, S-325, and 7329) obtained from the Matogrossense Institute of Cotton (IMAmt) were evaluated. Sowing was conducted on April 25, 2016. The experiment was a randomized complete block design (RCBD) with six replications. The line spacing was 0.45 m. The plant density was 222 thousand plants ha$^{-1}$. The experimental plots had dimensions of 11.25 m$^2$.

![Figure 1 - Rainfall, minimum temperature and maximum daily from sowing to the 10th harvest. Dashed in red indicates the 10th harvest (52 DAF) after heavy rainfall.](image-url)
Fertilizer was applied at 30 kg ha⁻¹ N, 84 kg ha⁻¹ P₂O₅, and 48 kg ha⁻¹ K₂O. Weeds were manually controlled.

The first tagging was performed when 50% of the plants in the plot were in full bloom. The central stem flower head and the head close to the primary branch were considered. The plans for the three central lines were tagged. Head tagging was considered the standard (control). Two labels were made, the first on August 29, 2016 on plots with more than 50% flowering plants and the second on September 4, 2016.

Heads were harvested at four-day intervals after the first harvest. The harvest started 16 days after flowering (DAF) and ended at 52 DAF. Ten harvests were made in total. The heads were manually harvested at 6:20 am. The involucral bracts of each heads were differentiated, as proposed by Flemmmer et al. (2015).

Seed water content was determined according to the recommendations of the Rules for Seed Analysis (Brasil, 2009), in an oven at 105 ± 3 °C for 24 h, using three replicates of 20 seeds, with the results expressed as a percentage.

The seeds were weighed on an analytical balance with an accuracy of 0.0001 g. The seed dry matter was obtained in an oven at 105 ± 3 °C for 24 h, with three repetitions of 20 seeds each.

A germination test was conducted with four replicates of 50 seeds, sown between three sheets of Germitest paper, moistened with deionized water, with matter equivalent to 2.2 times the weight of dry paper. Paper rolls were made, which were held upright in germination at a temperature of 25°C. Evaluations were conducted at 4 and 14 days after sowing, according to the criteria established by the Seed Analysis Rules (Brasil, 2009). Seeds were considered germinated when the radicle protruded to a minimum length of 2 mm. Results were expressed as a percentage.

The first germination count was undertaken along with the germination test, determining the percentage of normal seedlings on the fourth day after sowing (Brasil, 2009). Results were expressed as the percentage of normal seedlings.

All data were tested for normality and then subjected to analysis of variance by the F test using the Sisvar software, version 5.6. For harvest times, a regression analysis was performed, based on the significance of the model coefficients and the value of the determination coefficient ($R^2$), using Sigma Plot 11.0. Harvest at 52 DAF was not considered in the regression analysis.

RESULTS

Seed water content decreased linearly ($P<0.05$) in the three safflower genotypes, from the first harvest at 16 days after flowering (DAF) to harvest at 48 DAF. At 52 DAF, a point outside the curve was observed, where the water content increased from 10% to more than 30% in the three genotypes. On average, the seed lost approximately 1.61%, 1.91%, and 1.92% of its water content daily for genotypes 2106, S-325, and 7329, respectively. The seed water content at 16 DAF, was 69%, 67%, and 66% for genotypes 2106, S-325, and 7329, respectively, but fell sharply to reach approximately 10%, 8%, and 3% at 48 DAF respectively (Figures 2A, C, and E).

Maximum seed fresh matter occurred at 24, 21, and 16 DAF for genotypes 2106, S-325, and 7329, respectively. Maximum seed dry matter occurred at 36, 40, and 40 DAF for genotypes 2106, S-325, and 7329, respectively. Maximum seed dry matter accumulation was 2.16, 2.12, and 2.04 g for genotypes 2106, S-325, and 7329, respectively (Figures 2B, C, and F). Harvest times strongly influenced ($P<0.05$) seed germination. Genotype 2106 had maximum seed germination at 34 DAF (79%), while genotype S-325 had 90% seed germination at 37 DAF. Genotype 7329 had 91% seed germination at 38 DAF. From that time onward; however, seed germination decreased, reaching 54%, 67% and 78% at 48 DAF for genotypes 2106, S-325, and 7329, respectively (Figures 3A, C, and E).

The highest first germination count for genotypes 2106, S-325, and 7329 were obtained at 42 DAF, with values of 74%, 86%, and 84%, respectively. At 16 and 20 DAF, there were no normal seedlings. Only 25% and 16% of the seeds germinated in the first count at 30 DAF for genotypes 2106 and S-325, respectively, but increased to 74% and 84% at 42 DAF (Figures 3B, D, and F).

DISCUSSION

During harvested at different times, decline steady in seed water content was observed. This corresponds to physiological maturity of seeds (Carvalho & Nakagawa, 2012; Alkimim et al., 2016). However, notably the water content of the seed alone is not a good indicator of physiological maturation, as it can be influenced by genetic and environmental conditions. After its formation, the seed has a high water content (Carvalho & Nakagawa, 2012) that is necessary for the
translocation of the plant’s metabolites to the seeds and for cell expansion (BEWLEY et al., 2013). This can be justified by its need to synthesize and metabolize reserve materials that occur in an aqueous medium (MARROCOS et al., 2011). At 52 DAF, water content increased from 10% to more than 30% in the three genotypes due to intense periods of rain (Figure 1). Rainy periods can damage Safflower seeds, resulting in reduced seed germination, as observed at 52 DAF. In fact, at 52 DAF (180 days after emergency) the harvest was delayed. In Brazilian Southeast the cultivar cycle was around 160 days (SANTOS et al., 2018). Excessive delay in harvesting safflower brought great loss in seed quality. This problem in the harvest has been reported in cultivated sunflowers due to the hot and humid climate in areas of cultivation.

The decrease in seed fresh matter occurred more quickly compared to seed dry matter accumulation. This decrease is probably due to losses caused by the intense respiration of the seeds (ARAÚJO et al., 2006). According to CARVALHO & NAKAGAWA (2000), seed dry matter is maintained for a few days, and there may be a small decrease over time due to losses from the respiration. The maximum seed dry matter accumulation was close to the germination values, which indicates that the genotype harvest time was around 40 DAF.

Seed germination was low in the genotype S-325 (79%), which may be due to the high water content in the seed maturation stage (CARVALHO...
In the development phase (immature embryo), seeds had a high water content and from that stage of maturation, there was a constant reduction in germination. After the seeds reached physiological maturity, they started to deteriorate, which led to the loss of germination capacity (ROCHA et al., 2014). Knowledge of the time of physiological maturity in safflower would allow program harvest time to avoid seed sprouting in the heads (SHAKERI-AMOUGHIN et al., 2012). Because of their high water and oil content, oilseed exhibit a great loss in quality when they are kept on plants after maturity (SHAKERI-AMOUGHIN et al., 2012). Seeds harvested at 52 DAF were impaired, which coincided with a rainy period. Seed damage became increasingly dramatic and irreversible.

Maximum seed germination for genotypes 2106, 7329, and S-325 occurred when the seeds have the seed water content of 33%, 27%, and 26%, respectively (Figures 2A, B and C). In safflower, FRANCHINI et al. (2014) observed that the mean seed water content at physiological maturity was 39%. The physiological maturity depends on genotype and edaphoclimatic cultivation conditions (FRANCHINI et al., 2014). Seed germination is an important aspect to increase safflower grain yield. In this sense, SOLEYMANI (2019) observed a significant correlation between seed germination and grain yield. The maximum potential for germination (36 DAF) occurred few days before the maximum accumulation of dry matter (39 DAF) for the three genotypes. The maximum dry matter accumulation, maximum germination capacity and

Figure 3 - Seed germination of genotypes 2106 (A), S-325 (C) and 7329 (E); first germination count of genotypes 2106 (B), S-325 (D), and 7329 (F). ** , * Significant at P < 0.01, and P < 0.05 probability, respectively.
vigor characterize the period when the seed reaches its physiological maturity. Frequently maximum seed dry matter accumulation coincides with high germination (CARVALHO & NAKAGAWA, 2012).

Higher seed germination and first germination counts were obtained between 34 and 42 DAF. The relationship between seed dry matter, seed water content and seed quality has been studied only in one safflower cultivar grown in Iran (SHAKERI-AMOUGHIN et al., 2012). SHAKERI-AMOUGHIN et al. (2012) observed that seed safflower reached physiological maturity 42 DAF and maximum emergence rate were obtained between 45 and 55 DAF.

CONCLUSION

The harvest time most suitable for safflower occurred between 34 and 42DAF, when the seeds have the seed water content between 26% and 33%. These results can be used to improve the production of safflower seeds and indicate the appropriate time for safflower harvest.

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DECLARATION OF CONFLICTS OF INTERESTS

The authors declare no conflict of interest. The founding sponsors had no role in the design of the study; in the collection, analysis, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

AUTHORS’ CONTRIBUTIONS

ARR, JN and MDZ conceived and designed experiments. ARR performed the experiments and carried out the lab analyses. MDZ supervised and coordinated the experiments. ARR performed statistical analyses of experimental data. ARR and DB prepared the draft of the manuscript. All authors critically revised the manuscript and approved of the final version.

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