Peroxidase-Like Metal-Based Nanozymes: Synthesis, Catalytic Properties, and Analytical Application

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Abstract: Nanozymes (NZs) are nanostructured artificial enzymes that mimic catalytic properties of natural enzymes. The NZs have essential advantages over natural enzymes, namely low preparation costs, stability, high surface area, self-assembling capability, size and composition-dependent activities, broad possibility for modification, and biocompatibility. NZs have high potential practical applications as catalysts in biosensors, fuel-cell technology, environmental biotechnology, and medicine. Most known NZs are mimetics of oxidoreductases or hydrolases. The present work aimed to obtain effective artificial peroxidase (PO)-like NZs (nanoPOs), to characterize them, and to estimate the prospects of their analytical application. NanoPOs were synthesized using a number of nanoparticles (NPs) of transition and noble metals and were screened for their catalytic activity in solution and on electrodes. The most effective nanoPOs were chosen as NZs and characterized by their catalytic activity. Kinetic parameters, size, and structure of the best nanoPOs (Cu/Ce5) were determined. Cu/Ce5-based sensor for H2O2 determination showed high sensitivity (1890 A·M−1·m−2) and broad linear range (1.5–20,000 µM). The possibility to apply Cu/Ce5-NZ as a selective layer in an amperometric sensor for hydrogen-peroxide analysis of commercial disinfectant samples was demonstrated.

Keywords: nanzyme; nano-peroxidase; synthesis; catalytic properties; amperometric sensors; hydrogen peroxide; disinfectant analysis

1. Introduction

Peroxidase (PO; E.C. 1.11.1.7) is the oxidoreductase that catalyzes oxidation of organic substrates in the presence of hydrogen peroxide (H2O2) as an electron acceptor. The most popular chromogenic substrates for PO are 3,3′,5,5′-tetramethylbenzidine (TMB), 2,2′-azinobis [3-ethylbenzothiazoline-6-sulfonic acid] (ABTS), and o-phenylenediamine (OPD). In the active site PO contains heme, an iron-porphyrin derivative [1]. The PO-mediated catalytic process occurs via a peroxidative cycle. During the PO-induced substrate oxidation in the presence of H2O2, the central iron is switched between the ferric(III) and intermediate ferryl(IV) states. The latter intermediate compound exhibits extremely high oxidative activity [2,3].

PO is widely used in different fields of science and industry, especially in analytics for H2O2 determination [1]. Many natural enzymes (oxidases) produce H2O2 as a byproduct of their enzymatic reactions, so that detection of the target substrates can be performed by...
measuring the generation of H$_2$O$_2$. This principle is widely used in oxidase/peroxidase-based biosensors [4,5]. To determine H$_2$O$_2$, PO-catalyzed decomposition of H$_2$O$_2$ may be detected with optical biosensors (in the presence of chromogenic substrates) or with amperometric biosensors. The wide practical application of natural PO is still limited, however, due to the high cost of the enzyme and fast enzyme inactivation in the presence of H$_2$O$_2$.

Artificial enzymes having PO activity, especially PO-like nanozymes (NZs) or “nanoperoxidases” (nanoPOs), are promising substitutes for natural PO, especially in biosensors [5–11]. Detailed information about NZs, including their definition, history, classification, advantages over natural enzymes, methods of obtaining them, and prospects for practical use, can be found in our recent review [12].

The catalytic properties of NZs strongly depend on the method of synthesis [12–14], chemical structure, particle size, shape, and surface morphology, which can be affected by electrical charge, coating type, doping, loading, and external fields [14–27]. The catalytic performance and efficiency of NZs are usually characterized by kinetic parameters ($K_M$, $V_{max}$, $k_{cat}$, $k_{cat}/K_M$ ratio, IC$_{50}$) and morphological characteristics [7]. In most cases, the catalytic efficiency of NZs is lower compared to natural analogues, but some NZs can compete with natural enzymes [5–7,19].

Nanoperoxidases can be prepared in different ways, such as sol–gel, hydrothermal and solvothermal methods, electrodeposition, chemical reduction, green synthesis, pyrolysis, polymerization, polycondensation, coprecipitation, laser dewetting, and others [7,12]. For ultrafast preparation of NZs containing metal oxides of transition metals, such as ZnCo$_2$O$_4$, NiCo$_2$O$_4$, MnCo$_2$O$_4$, NiMn$_2$O$_4$, CoCu$_2$O$_4$, and Co$_3$O$_4$, a new synthetic method was proposed using basic deep eutectic solvents. In this method, the designed solvents act simultaneously as a solvent, a shape-control agent and a reactant [28].

Each method of NZ synthesis has advantages and drawbacks [7,12,13]. The chemical reduction method is the most popular due to its rapidity and simplicity. The morphology and particle-size distribution of the chemically synthesized NZs may be controlled by changing molar concentration of compounds, the type of reductant, and the temperature of the reaction [29]. The faster the synthetic process is carried out, the smaller the sizes of obtained NZs, and vice versa [30]. To obtain NZs of higher purity and stronger stoichiometric control, the coprecipitation method must be chosen [31].

A number of new low-cost PO-like NZs having high catalytic activity have been described and used for the development of effective H$_2$O$_2$-sensitive sensors [32–35]. These sensors may serve as prospective platforms in the construction of different oxidase-based biosensors for quantitative detection of different biomarkers. Biosensors with PO-like NZs can be applied in clinical diagnostics, theranostics, therapy control, and cell/tissue growth and proliferation [35–40].

In our previous studies, we demonstrated the possibility of developing reagentless amperometric biosensors using PO-like NZs. The NZs were synthesized by different methods, including electrodeposition, chemical synthesis, and green synthesis [41,42]. The most effective PO-like NZs, PtRu and hexacyanoferrate (HCF) of copper (CuHCF), were shown to be promising catalysts in amperometric (bio)sensors. When immobilized on graphite electrodes (GEs), PtRu and CuHCF were used for H$_2$O$_2$ analysis of a sample of commercial disinfectant, and for construction of oxidase-based amperometric biosensors for the determination of ethanol, methyl amine [41], and glucose [42].

Nanozymes having high mimic enzyme activities are very prospective for analytical purposes, particularly, for clinic diagnosis [6,12,13]. Most commercial diagnostic kits and biosensors use natural enzymes selective for metabolites, e.g., different oxidases and peroxidase. The latter enzyme is especially important for ELISA tests, which are very often used in clinic, food control, and sport medicine [1–5]. For this reason, synthesis of new materials capable to mimic peroxidase activity is a very important challenge for modern nanotechnology.
The aim of this work was to obtain effective NZs having PO-like activity, to characterize these nanoperoxidase NZs (nanoPOs), and to estimate the prospects of their analytical application.

The novelty of the current research is a synthesis of a broad row of hybrid metal nanoparticles (NPs) containing transition and noble metals, and a comparative study of their catalytic activity when immobilized on electrodes as well as in a solution. The latter issue is almost not related to in literature. Kinetic parameters, size, and structure of the most effective nanoPOs were determined. The Cu/Ce-based sensor for H$_2$O$_2$ determination showed the highest sensitivity (1890 A·M$^{-1}$·m$^{-2}$), a broad linear range (1.5–20,000 µM), and a high current response (786 µA) upon H$_2$O$_2$ addition. The possibility to apply Cu/Ce$^5$-NZ as a selective layer in an amperometric sensor for hydrogen peroxide analysis in commercial disinfectant samples was demonstrated.

2. Materials and Methods

2.1. Reagents

Ascorbic acid, Ce(HCO$_3$)$_4$, AgNO$_3$, chloroplatinic acid (H$_2$PtCl$_6$), HAuCl$_4$, copper(II) sulfate (CuSO$_4$), zinc(II) sulfate (ZnSO$_4$), o-dianisidine, hydrogen peroxide (H$_2$O$_2$, 30%), iron(III) chloride (FeCl$_3$), sodium borohydride (NaBH$_4$), Nafion (5% solution in 90% low-chain aliphatic alcohols), and all other reagents and solvents used in this work were purchased from Sigma-Aldrich (Steinheim, Germany). All reagents were of analytical grade and were used without further purification. All solutions were prepared using ultrapure water obtained with the Milli-Q® IQ 7000 Water Purification system (Merck KGaA, Darmstadt, Germany).

2.2. Synthesis of NPs

NPs were synthesized by the reduction of metal ions from appropriate salts, according to the methods used in our modifications [41–44]. The conditions of NP synthesis are presented in Table 1. NPs were collected by centrifugation under 10,000× g for 40 min (Hettich Micro-22R centrifuge), washed twice with water, and precipitated by centrifugation. Pellets were suspended in 0.2 mL of water and stored until use at +4 °C.

| No | NPs   | Reaction Mixture and Conditions                                                                 |
|----|-------|--------------------------------------------------------------------------------------------------|
| 1  | Fe/Ce | 2 mL 50 mM FeCl$_3$ + 2 mL 15 mM Ce(HCO$_3$)$_4$, light stirring for 5 min at 20 °C followed by adding 0.5 mL 10 mM Na$_2$S; stirring for 1 min; incubation without stirring for 24 h at 20 °C. |
| 2  | Cu/Ce | 1 mL 0.01 mM Ce(HCO$_3$)$_4$ + 1 mL 10 mM sodium borohydride, vigorous stirring for 5 min followed by adding 2 mL 20 mM CuSO$_4$; incubation without stirring for 1 h at 20 °C + 0.1 mL 10 mM Na$_2$S; stirring for 5 min at 20 °C. |
| 3  | Fe/Mn | 2 mL 50 mM FeCl$_3$ + 2 mL 50 mM MnSO$_4$, light stirring for 5 min at 20 °C followed by adding 0.5 mL 10 mM Na$_2$S; stirring for 1 min; incubation without stirring for 24 h at 20 °C. |
| 4  | Ag/Ce | 2 mL 50 mM AgNO$_3$ + 2 mL 15 mM Ce(HCO$_3$)$_4$, light stirring for 5 min followed by adding 0.1 mL 10 mM Na$_2$S; stirring for 1 min at 20 °C. incubation without stirring for 24 h at 20 °C. |
| 5  | Pt/Cu | 0.2 mL 48 mM H$_2$PtCl$_6$ + 0.16 mL 100 mM ascorbic acid, vigorous stirring for 5 min followed by adding 1 mL 100 mM CuSO$_4$ and 0.2 mL 100 mM ascorbic acid; incubation without stirring for 24 h at 20 °C. |
| 6  | Fe/Ce | 2 mL 50 mM FeCl$_3$ + 2 mL 15 mM Ce(HCO$_3$)$_4$, light stirring for 5 min at 20 °C followed by adding 0.5 mL 10 mM NH$_4$OH; stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 7  | Zn/Ce | 2 mL 50 mM ZnSO$_4$ + 2 mL 15 mM Ce(HCO$_3$)$_4$, light stirring for 5 min at 20 °C followed by adding 0.5 mL 10 mM NH$_4$OH; stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 8  | Cu/Ce | 2 mL 50 mM CuSO$_4$ + 2 mL 15 mM Ce(HCO$_3$)$_4$, light stirring for 5 min at 20 °C followed by adding 0.5 mL 10 mM NH$_4$OH; stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 9  | Pd/Ce | 1 mL 0.01 mM PdCl$_3$ + 1 mL 100 mM NaBH$_4$, vigorous stirring for 5 min followed by adding 4 mL 0.01 mM Ce(HCO$_3$)$_4$ and 0.5 mL 100 mM NaBH$_4$. |
| 10 | Pd/Cu | 1 mL 0.01 mM PdCl$_3$ + 1 mL 10 mM NaBH$_4$, vigorous stirring for 3 min followed by adding 2 mL 0.01 mM Ce(HCO$_3$)$_4$ and 0.5 mL 100 mM NaBH$_4$; stirring for 1 min; incubation without stirring for 24 h at 20 °C. |
Table 1. Cont.

| No | NPs       | Reaction Mixture and Conditions |
|----|-----------|---------------------------------|
| 11 | Ag/Ce     | 2 mL 50 mM AgNO\(_3\) + 2 mL 15 mM Ce(HCO\(_3\))\(_4\), vigorous stirring for 5 min at 20 °C followed by adding 0.1 mL 100 mM NaBH\(_4\); stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 12 | Au/Cu     | 2 mL 50 mM CuSO\(_4\) + 2 mL 15 mM Ce(HCO\(_3\))\(_4\), vigorous stirring for 5 min at 20 °C followed by adding 0.1 mL 100 mM NaBH\(_4\); stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 13 | Au        | 0.145 mL 58.5 mM HAuCl\(_4\) + 10 mL 10 mM CTAB, vigorous stirring; + 0.18 mL 100 mM NaBH\(_4\); stirring for 2 h at 20 °C. |
| 14 | Ag/Cu     | 2 mL 50 mM CuSO\(_4\) + 2 mL AgNO\(_3\), vigorous stirring for 5 min at 20 °C followed by adding 0.1 mL 100 mM NaBH\(_4\); incubation without stirring for 24 h at 20 °C. |
| 15 | Pt/Ag     | 0.2 mL 48 mM H\(_2\)PtCl\(_6\) + 2 mL AgNO\(_3\), vigorous stirring for 5 min at 20 °C followed by adding 0.1 mL 100 mM NaBH\(_4\); stirring for 5 min; incubation without stirring for 24 h at 20 °C. |
| 16 | Ag/Zn     | 2 mL 50 mM AgNO\(_3\) + 2 mL 50 mM ZnSO\(_4\), vigorous stirring for 5 min at 20 °C followed by adding 0.1 mL 100 mM NaBH\(_4\); stirring for 5 min; incubation without stirring for 24 h at 20 °C. |

*S—NPs obtained by a sulfide method.

2.3. Morphological Analysis of NPs Using Scanning Electron Microscopy (SEM)

Morphological analyses of the samples were performed using a SEM microanalyzer (REMMA-102-02, Sumy, Ukraine). The samples in different dilutions (2 µL) were dropped onto the surface of a silicon wafer and were dried at room temperature. The distance from the last lens of the microscope to the sample (WD) ranged from 17.1 µM to 21.7 µM. The accelerator voltage was in the range of 20 to 40 eV.

2.4. Determination of Peroxidase-Like Activity of NPs in Solution

PO-like activity of the NPs was measured by the colorimetric method, with o-dianisidine as a chromogenic substrate in the presence of H\(_2\)O\(_2\). The generated color was determined at 525 nm using a Shimadzu UV1650 PC spectrophotometer (Kyoto, Japan). One unit (U) of PO-like activity was defined as the amount of NZ releasing 1 µMol H\(_2\)O\(_2\) per 1 min at 30 °C under standard assay conditions.

The procedure of the PO-like activity assay: 10 µL of the aqueous suspension of NPs (1 mg/mL) was incubated in a glass tube with 1 mL of 0.17 mM o-dianisidine in 50 mM NaOAc buffer, pH 4.5 (as a control); and with the same substrate in the presence of 8.8 mM H\(_2\)O\(_2\) (as a substrate for PO). Addition of NPs to the substrate stimulated the development of an orange color over time, indicating an enzymatic reaction. The enzyme-mimetic activity could be assessed qualitatively with the naked eye and was measured quantitatively with a spectrophotometer. After incubation for an exact time (1–10 min) at 30 °C, and upon appearance of the orange color, the reaction was stopped by the addition of 0.26 mL 12 M HCl. The millimolar extinction coefficient of the resulting pink dye in the acidic solution was 13.38 mM\(^{-1}\)·cm\(^{-1}\).

2.5. Sensor Evaluation

2.5.1. Apparatus, Measurements, and Statistical Analysis

The amperometric sensors were evaluated using constant-potential amperometry in a three-electrode configuration with an Ag/AgCl/KCl (3 M) reference electrode, a Pt-wire counter electrode, and a graphite working electrode. Graphite rods (type RW001, 3.05 mM diameter) from Ringsdorff Werke (Bonn, Germany) were sealed in glass tubes using epoxy glue to form disk electrodes. Before sensor preparation, the graphite electrode (GE) was polished with emery paper and a polishing cloth using decreasing particle sizes of alumina paste (Leco, Germany). The polished electrodes were rinsed with water in an ultrasonic bath.

Amperometric measurements were carried out using a CHI 1200A potentiostat (IJ Cambria Scientific, Burry Port, UK) connected to a personal computer and performed in a batch mode under continuous stirring in an electrochemical cell with a 20 mL volume at 25 °C.
All the experiments were carried out in triplicate trials. Analytical characteristics of the electrodes were statistically processed using OriginPro 8.5 software. The error bars represent the standard error derived from three independent measurements. Calculation of the apparent Michaelis–Menten constants ($K_{Mapp}$) was performed automatically by this program according to the Lineweaver–Burk equation.

2.5.2. Immobilization of Metallic NPs onto Electrodes, Testing Their Electro- and PO-Like Activity

For construction of the NZ-based electrode, 5 $\mu$L of NP suspension (1 mg/mL) was dropped onto the surfaces of GEs. After drying for 10 min at room temperature, the layer of NPs on the electrodes was covered with 5 $\mu$L Nafion membrane. The electrodes were washed with corresponding buffer solutions before and after each measurement.

The electrochemical properties of the synthesized NPs were studied by cyclic voltammetry (CV) on the GEs in the range from $-1000$ to $+1000$ mV with the scan rate of $50$ mV min$^{-1}$; the profiles of amperometric signals in increasing concentrations of $H_2O_2$ were compared. The most electroactive NPs, which had the highest PO-like properties, were chosen for further investigation.

3. Results and Discussion

3.1. Obtaining and Characterizing the Best Peroxidase-Like Nanozymes

First, different NPs were synthesized and screened for their reaction to $H_2O_2$ in solution. PO-like activities were measured with $\alpha$-dianisidine as the chromogenic substrate. The experiments demonstrated that the synthesized NPs, especially Au/Cu, Ag/Ce$^5$, Fe/Ce$^5$, and Zn/Ce, possessed significant PO-like activities in solution (Table 2). These results are in agreement with the data of other researchers [9,10].

| No. | Nanozyme | Synthesis Method | Specific Activity, Units /mg |
|-----|----------|------------------|-----------------------------|
| 1   | Fe/Ce$^5$ | Na$\text{S}_2$   | 1.86 ± 0.16                 |
| 2   | Cu/Ce$^5$ | NaBH$_4$/Na$\text{S}_2$ | 1.27 ± 0.11               |
| 3   | Fe/Mn    | Na$\text{S}_2$   | 0.12 ± 0.01                 |
| 4   | Ag/Ce$^5$ | Na$\text{S}_2$   | 0.05 ± 0.004                |
| 5   | Pt/Cu    | Ascorbic acid    | 1.84 ± 0.14                 |
| 6   | Fe/Ce    | NH$_4$OH         | 3.06 ± 0.26                 |
| 7   | Zn/Ce    | NH$_4$OH         | 2.28 ± 0.21                 |
| 8   | Cu/Ce    | NH$_4$OH         | 0.90 ± 0.007                |
| 9   | Pd/Ce    | NaBH$_4$         | 0.72 ± 0.06                 |
| 10  | Pd/Cu    | NaBH$_4$         | 0.4 ± 0.03                  |
| 11  | Ag/Ce    | NaBH$_4$         | 2.50 ± 0.22                 |
| 12  | Au/Cu    | NaBH$_4$         | 4.22 ± 0.34                 |
| 13  | Au       | NaBH$_4$         | 2.62 ± 0.19                 |
| 14  | Ag/Cu    | NaBH$_4$         | 0.24 ± 0.02                 |
| 15  | Pt/Ag    | NaBH$_4$         | 1.40 ± 0.11                 |
| 16  | Ag/Zn    | NaBH$_4$         | 0.79 ± 0.06                 |

$^5$—NPs obtained by a sulfide method.

The most catalytically active NZs were characterized by SEM coupled with X-ray microanalysis (SEM-XRM). SEM provided information on the size, distribution, and shape of the tested sample. Figure S1 presents the overall morphology of the formed hybrid particles. The XRM images of the synthesized NZs showed the characteristic peaks for metals of the composites.

The obtained Pd/Ce NPs have the shape of a sphere with a diameter of approximately 200 nm. The size of synthesized Pt/Cu NPs is near 500 nm. XRM data for Pt/Cu NPs proved the presence of Pt$^0$ and Cu$^0$ forms, with characteristic peaks K$_\alpha$ at 2.4 keV and 1.4 keV, respectively (Figure S1). The size of synthesized Pd/Cu NPs is in the range of
500 nm–1 µM. The sole peak at 1.8 keV demonstrates the full covering of CuNPs with the PdNPs.

SEM imaging and XRM data proved the formation of needlelike hybrid Fe/Ce and Au/Cu micro particles with the size ranging from 10 to 20 µM (Figure S1). The XRM image of Au/Cu NPs shows the Kα peaks of CuI and AuI, confirming the presence of both CuNPs and AuNPs. It was shown that the Fe/Ce and Au/Cu NPs tested look like irregular shaped clusters of microfibrillar structures. The best of catalytically active NZs, namely, Cu/CeS, Au/Cu, Ag/Ce, Fe/Ce, Ag/Zn, Pd/Ce, and Pt/Cu NPs were chosen for further investigation.

3.2. Development and Characterization of the NZs-Modified Electrodes

Our next task was to select the most PO-active NPs immobilized on the electrode surface. It is known that modification of an electrode with some metallic NPs can improve the efficiency of an electron transfer, due to an increase in the electrochemically accessible electrode surface area. Numerous NZs/GEs were screened for their ability to decompose hydrogen peroxide. The electrocatalytic activities of the synthesized NZs, while immobilized on the surface of GEs, were tested by CV and chronoamperometry, as described in Section 2.5.2 (Figure 1 and Figure S2).

![Cyclic voltammograms (CV) of the graphite electrodes modified with Cu/CeS (a), Fe/Ce (b), Au/Cu (c), and Ag/Ce (d). CV profiles as outputs on addition of H2O2 in concentration: (a)—0 mM (blue), 0.2 mM (cyan), 0.5 mM (pink), 1 mM (red); (b–d)—0 mM (black), 1 mM (red), 3 mM (green). Conditions: scan rate 50 mV·s⁻¹; Ag/AgCl (reference electrode) in 50 mM NaOAc buffer, pH 4.5. The surfaces of the graphite electrode (GE) were modified with 1 µg (a) or 5 µg NZs (b–d) and covered with Nafion.](image)

In our research, the amperometric responses of different NZs/GEs to added portions of H2O2 were compared under mild conditions at the working potential of −50 mV. This rather low potential was chosen from the CV profiles (Figure 1), since the main drawback...
of many H$_2$O$_2$-sensitive NZ-based electrochemical sensors is their nonselectivity under high positive (or negative) working potentials. H$_2$O$_2$ is able to direct the auto-oxidation on electroactive surfaces at a working potential above +0.4 V, or auto-reduction at −0.4 V or less vs. Ag/AgCl. Moreover, the real samples containing organic compounds may be easily co-oxidized/co-reduced at extreme potentials, which may result in overestimation of the target analytes in the presence of oxygen. To avoid these problems during sensor analysis, it was important to screen new NZs while working at operating potentials close to zero (0) V vs. Ag/AgCl [12,43–45]. This requirement is especially relevant for the construction of biosensors and their exploitation for analysis of real samples (food products, biological liquids, etc.). Our previous experiments with natural PO as a biorecognition element of amperometric biosensors were also carried out at −50 mV [41–44].

Using the chronoamperograms, calibration curves were plotted for H$_2$O$_2$ determination by the developed electrodes (Figure S2). The analytical characteristics of the modified GEs, as deduced from the graphs in comparison with natural PO [42–44], are summarized in Table 3. The linear ranges, limits of detection (LOD), and sensitivities of the electrodes modified with nanoPOs were calculated. The limit of blank values (LOB) for NZ was calculated as 0.3 × LOD. The sensitivity of each NZ-modified electrode was measured for an electrode area of 7.30 mm$^2$.

Table 3. Analytical characteristics of the most effective NZs as PO-mimetic placed on electrode.

| Sensitive Film | No. in Table 2 | Sensitivity, A M$^{-1}$ m$^{-2}$ | LOD, µM | Linear Range, µM | $K_{\text{Mapp}}$, mM | $I_{\text{max}}$, µA |
|----------------|----------------|-------------------------------|--------|-----------------|-----------------|------------------|
| PO             | 8              | 352                           | 400    | 4.9 ± 1.1       | 5.0 ± 0.2       |
| Cu/Ce S        | 2              | 1890                          | 400    | 43.3 ± 14.5     | 786.4 ± 167.7   |
| Fe/Ce          | 6              | 1372                          | 500    | 14.4 ± 1.3      | 104.5 ± 3.3     |
| Au/Cu          | 12             | 793                           | 50     | 28.0 ± 3.2      | 213.3 ± 13.1    |
| Ag/Ce          | 11             | 782                           | 50     | 16.4 ± 2.5      | 152.54 ± 8.8    |
| Pd/Cu          | 10             | 581                           | 111    | 34.7 ± 2.02     | 166.2 ± 6.4     |
| Pd/Ag          | 9              | 496                           | 17–410 | 13.4 ± 3.2     | 68.0 ± 3.2      |
| Ag/Zn          | 16             | 375                           | 17–25,000 | 18.1 ± 0.4 | 96.79 ± 8.56    |
| Pt/Cu          | 5              | 163                           | 17–25,000 | 26.8 ± 5.0  | 55.2 ± 5.4      |

S—NPs obtained by a sulfide method.

Figure 2 summarizes the data concerning the PO-like properties of the selected NZs, namely, Cu/CeS, Au/Cu, Ag/Ce, Fe/Ce, Ag/Zn, Pd/Ce, and Pt/Cu. The results in Table 3 demonstrate that Cu/CeS/GE exhibited the highest sensitivity (1890 A M$^{-1}$ m$^{-2}$) and current response (786 µA), the lowest LOD (0.42 µM), and a broad linear range (1.5–20,000 µM) upon H$_2$O$_2$ addition. This structure was therefore studied in more detail as the most effective artificial PO immobilized on the electrode.

Figure 2. Dependence of the current response on increasing concentrations of H$_2$O$_2$ for GEs modified with 5 µg of different nanozymes: Cu/CeS (black line), Au/Cu (cyan), Ag/Ce (violet), Fe/Ce (khaki), Ag/Zn (yellow), Pd/Ce (green), Pt/Cu (red).
3.3. Characterization of the Most Effective Cu/Ce$_5^S$-Modified Electrode

The Cu/Ce$_5^S$-NZ with the highest PO-like activity was studied in detail. The Cu/Ce$_5^S$/GE demonstrated the highest PO-like activity, compared with other NZs and with natural PO (Figure S2, Tables 3 and 4). The highest current response ($I_{\text{max}}$) on the tested analyte at substrate saturation of the Cu/Ce$_5^S$/GE was 157-fold higher, and its sensitivity was 5.4-fold higher, than that of the PO/GE (Table 3). It is worth mentioning that Cu/Ce$_5^S$ has PO-like ability but lacks oxidase (laccase)-like properties. This conclusion was reached from the results of colorimetric tests using o-dianisidine in the presence of H$_2$O$_2$ as a substrate for PO, and with o-dianisidine only as a substrate for oxidase (see Section 2.4). The Cu/Ce$_5^S$ specificity to H$_2$O$_2$ is the important valuable characteristic for applying it as a selective PO-mimetic element in sensors and oxidase-based biosensors. Figure 3 shows the effect of quantity on the NZ immobilized on the GE surface, based on the amperometric signal as a response to H$_2$O$_2$ addition. Table 4 presents comparative analytical characteristics of the recently developed metallic NZ-based sensors for H$_2$O$_2$ analysis, including the results described here.

Table 4. The main operational characteristics of the recently described H$_2$O$_2$-sensitive metallic NZ-based sensors working at low potentials.

| Electrode | PO Mimetic | Potential, mV | Sensitivity, A M$^{-1}$ m$^{-2}$ | Linear Range, µM | Ref. |
|-----------|------------|----------------|---------------------------------|------------------|-----|
| GCE       | Cu$_2$O/PANI/rGhO | −200           | 394                             | 0.8–12,780       | [45] |
| GCE       | Fe$_3$O$_4$/3D GNCs | −200           | 2742                            | 0.8–330          | [46] |
| GCE       | Ni–Fe PBA$_4$ HNCs | −50            | 361                             | 0.1–20,000       | [47] |
| GCE       | PB/BG       | −50            | 2852                            | 4–830            |     |
| GCE       | AuNPs-PB/BG |                 | 11,243                          | 9.2–8100         | [48] |
| DBD       | PB          |                 | 2100                            |                  |     |
| DBD       | Ni-FePBA    | −50            | 1500                            | 0.5–1000         | [11] |
| GE        | PB/NZ       |                 | 4500                            |                  |     |
| GCE       | MnPBA       |                 | 1472                            | 3–8610           | [49] |
| GCE       | rGhO/Pt-Ag  | −50            | 6996                            | 5–1500           | [50] |
| GCE       | Ni-PB       | −50            | 3500                            | 0.1–1000         | [51] |
| Graphite paste | Ni-FePBA | −50            | 1130                            | 2–1000           | [52] |
| 3 GE Quiz | Cu-FePBA    | −50            | 2030                            | 0.5–1000         | [52] |
| GE        | PtRu        | −50            | 194                             | 17–25,000        | [41] |
| GE        | gCuHCF      |                 | 1620                            | 16–4100          |     |
| GE        | gFeHCF      | −50            | 1090                            | 116–14,300       | [42] |
| GE        | PO          |                 | 352                             | 15–20,000        |     |
| GCE       | Ni-FePBA    | 0              | 18,000                          | up to 100        | [53] |
| GCE       | PNAANI-PB   | 0              | 5073                            | 1–1000           | [54] |
| GCE       | PB          | 50             | 6000                            | 0.1–100          | [55] |
| GCE       | Fe/rGhO-Pt  | 100            | 3400                            | 7.5–4270         | [56] |
| GCE       | PB          | 180            | 10,000/20,000                   | 1–5000           | [57] |
| GE        | Cu/Ce$_5^S$ |                 | 1890                            | 1.5–20,000       |     |
| GE        | Au/Cu       | −50            | 793                             | 17–15,000        | [This paper] |
| GE        | Fe/Ce       |                 | 1372                            | up to 1000       |     |

1 GCE—glassy carbon electrode; 2 DBD—diamond boron-doped; 3 GE—graphite electrode; 4 HNCs—hollow nanocubes.
Figure 3. Dependence of the current response on increasing concentrations of H$_2$O$_2$ for GEs modified with different quantities of Cu/Ce$^5$: 1 µg (black line) and 5 µg (red line).

3.4. Application of Cu/Ce$^5$ as a PO-Mimetic in Amperometric Sensors

To demonstrate the applicability of Cu/Ce$^5$ as a chemosensor for H$_2$O$_2$ detection, analysis of H$_2$O$_2$ concentration was carried out in samples of commercial products (Figure 4). The disinfectant samples tested were Famidez–Sanosil, Spray Antiseptic for arms and a pharmaceutical solution of 3% H$_2$O$_2$. The standard addition test, SAT, approach was used to avoid undesirable effects on analytical results from additives in the tested solutions.

Graphical SAT is a type of quantitative analysis often used in analytical chemistry when a standard is added directly to the aliquots of the analyzed sample. SAT is used in situations where sample components may contribute to the analytical signal, thus making it impossible to use a routine calibration method. Estimation of H$_2$O$_2$ in the initial sample was performed using the equation $C = AN/B$, where $A$ and $B$ are parameters of a linear regression and $N$ is the dilution factor.

The results of hydrogen peroxide determination in commercial samples in comparison to data of manufacturers are presented in Table 5. The average H$_2$O$_2$ concentrations determined from the data in Figure 4 correlated well with the manufacturer’s data (Table 5), with an error of less than 10%.
Figure 4. Analysis of the real samples of disinfectants using Cu/Ce\textsubscript{5}-based chemosensor with the SAT method: chronoamperograms (a,c,e) and correspondent linear graphs (b,d,f). Disinfectants: Famidez-Sanosil (a–d); antiseptic spray (e,f). Analytical conditions: working potential—50 mV vs. Ag/AgCl (reference electrode), 50 mM NaOAc buffer, pH 4.5 at 23 °C.

| Commercial Sample                        | Estimated $\text{H}_2\text{O}_2$ | Declared $\text{H}_2\text{O}_2$ | CV, % |
|------------------------------------------|----------------------------------|---------------------------------|-------|
| Antiseptic spray for arms                | 33.2                             | 0.11                            | 10.0  |
| Universal antiseptic solution            | 880                              | 2.95                            | 1.7   |
| Famidez–Sanosil                          | 588.6                            | 1.98                            | 1.0   |

4. Conclusions

In the current research, a number of NPs based on transition and noble metals were synthesized by chemical methods and were screened for their ability to decompose hydro-
gen peroxide in solutions. Structure, size, morphology, composition, catalytic properties, and electrochemical activities of the chosen PO-like NZs were characterized on the electrode. A more detailed study was performed for Cu/Ce\textsuperscript{5}-NZ, which was found to be the most effective mimic of PO. It was demonstrated that the synthesized Cu/Ce\textsuperscript{5}-NZ may be successfully used as an artificial PO for sensor analysis of hydrogen peroxide in commercial disinfectant samples.

**Supplementary Materials:** The following are available online at https://www.mdpi.com/2076-3417/11/2/777/s1, Figure S1: Characteristics of the several metallic PO-like nanozymes: SEM images at different magnifications (top) and their X-ray spectral characteristics (bottom); Figure S2: Amperometric characteristics of the several NZ-modified electrodes: chronoamperograms (left), dependence of the current response on increasing concentrations of H\textsubscript{2}O\textsubscript{2} (middle) and calibration graphs (right). Conditions: working potential –50 mV vs. Ag/AgCl (reference electrode), 50 mM NaOAc buffer, pH 4.5 at 23 °C.

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**Abbreviations**

| Acronym   | Description                                      |
|-----------|--------------------------------------------------|
| 2,4-DCP   | 2,4-Dichlorophenol                               |
| ABTS     | 2,2′-Azinobis-(3-ethylbenzthiazoline-6-sulphonate)|
| CV       | Cyclic voltammetry                               |
| DBD      | Diamond boron-doped                              |
| gCuHCF   | Hexacyanoferrate of coppers obtained via enzyme   |
| GCE      | Glassy carbon electrode                          |
| GE       | Graphite electrode                               |
| HNCs     | Hollow nanocubes                                 |
| I\textsubscript{max} | Maximal current response on tested analyte at substrate saturation |
| K\textsubscript{Mapp} | Apparent Michaelis–Menten constant               |
| LOD      | Limit of detection                               |
| LR       | Linear range                                     |
| MOFs     | Metal–Organic Frameworks                         |
| NPs      | Nanoparticles                                    |
| NZ       | Nanozyme                                         |
| Me/Ce\textsuperscript{5} | Nanozyme obtained in the presence of Na\textsubscript{2}S in reaction mixture; where Me–Fe, Cu or Ag. |
| OPD      | o-Phenylenediamine                               |
| PO       | Natural horseradish peroxidase                   |
| SAT      | Standard addition test                           |
| SEM-XRM  | Scanning electron microscopy coupled with X-ray microanalysis |
| TMB      | 3,5,3′,5′-Tetramethylbenzidine                   |
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