Polarons in $2+\epsilon$ dimensions and giant figure of merit of semiconducting nanolayers

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Polarons - electrons coupled with lattice vibrations - play a key role in the transport and optical properties of many systems of reduced dimension and dimensionality. Their confinement affects drastically the phonon, polaron, bipolaron and multi-polaron properties of quantum wells. Here we calculate the energy spectrum and thermopower of polarons confined to a potential well as a function of the well thickness. We show that the polaron mass enhancement in $2+\epsilon$ dimensions explains a giant thermoelectric power recently observed in doped semiconducting nanolayers (multiple quantum wells (MQWs)), and propose a route for enhancing the performance of thermoelectric energy nanoconverters increasing their figure of merit by more than one order of magnitude.

While the form of the electron-phonon (Fröhlich) Hamiltonian [1] is the same in all dimensions, the polaron mass, binding energy and different response functions depend on the dimensionality for large polarons [3] and on the dimensionality and crystal lattice structure for small polarons [4], especially in the intermediate coupling regime. In particular, directly following [3], the variational large polaron energy was calculated in Ref. [3] in different dimensions providing scaling relations valid to the second order in the Fröhlich coupling constant $\alpha$. In the important case of a two-dimensional confinement (2D), scaling takes the form [3]:

$$E_{2D,\mu} (\alpha) = \frac{2}{3} E_{3D,\mu} \left( \frac{3\pi}{4} \alpha \right),$$

$$\frac{m_{2D}^* (\alpha)}{m_{2D}} = \frac{m_{3D}^* (\frac{3\pi}{4} \alpha)}{m_{3D}},$$

$$\mu_{2D} (\alpha) = \mu_{3D} \left( \frac{3\pi}{4} \alpha \right),$$

for the ground state binding energy (polaron level shift, $E_p$), polaron mass, $m^*$, and the mobility, $\mu$ (if the scattering is dominated by optical phonons). Here $m$ is the band mass in a rigid lattice.

These scaling relations are instrumental for a qualitative understanding of physical properties of semiconducting layered nanostructures with polaronic carriers, which have a potential to provide a new route for realizing practical thermoelectric devices with the high figure of merit, $Z = S^2 \sigma / kT$ ($S$, $\sigma$ and $k$ are the thermoelectric Seebeck coefficient, and the electrical and thermal conductivities, respectively). Following a theoretical prediction by Hicks and Dresselhaus [10] that layering can increase the figure of merit due to an increase of the density of states of confined carriers, different MQWs have been manufactured with an enhanced $Z$. More recently Ohta et al. [7] observed a giant enhancement of $S$, in Nb:SrTiO$_3$/SrTiO$_3$ superlattices consisting of conducting Nb-doped SrTiO$_3$ (STO) nano-layers confined between insulating STO layers. With decreasing thickness of the conducting layer, the magnitude of $S$ increases to a value about five times that of the bulk Nb:STO, reaching almost 500 $\mu$V/K for the one unit cell layer, which is much higher than what was anticipated theoretically [8].

Doped STO has been recognized as an archetypical polaronic perovskite a long time ago [8]. Some earlier and recent experimental observations of the optical conductivity in the bulk Nb-doped STO [9] clearly reveal the evidence of the mid-infrared optical conductivity band provided by the polaron mechanism as in many other oxides. The effective mass of the charge carriers is obtained by analysing the Drude spectral weight. Defining the mass renormalization of the charge carriers as the ratio of the total electronic spectral weight and the Drude spectral weight, a two-fold mass enhancement is obtained, which is attributed to the electron-phonon interaction (EPI). The missing spectral weight is recovered according to the sum rule [10] in the mid-infrared optical conductivity band. This band results from EPI, traditionally associated with the polaronic nature of the charge carriers. The effective mass obtained from the optical spectral weights yields an intermediate electron-phonon coupling strength, $\alpha \simeq 3$ [9]. Importantly, very recently Choi et al. [11] using optical spectroscopy observed a three-fold mass enhancement in Nb:SrTiO$_3$/SrTiO$_3$ superlattices compared with the bulk Nb-doped STO as the Nb:SrTiO$_3$ layer thickness decreased from eleven to one unit cell. The authors of Ref. [11] have suggested that such an increase should be attributed to a dimensional crossover of a polaron from 3D to 2D, and seem to be associated with the strongly enhanced Seebeck coefficient. Here we propose a theory of the dimensional crossover of the large polaron from 3D to 2D providing detailed explanation of the giant thermopower enhancement in polaronic MQWs and predicting further possibilities for enhancing the performance of thermoelectric MQW devices.

We consider a polaron confined to an infinite potential well of the width $d$ in $z$-direction, such as Nb:SrTiO$_3$ layer merged into a bulk undoped SrTiO$_3$. For large (or
continuous, in other words) polarons the lattice structure is irrelevant \cite{2}, so that we adopt an effective band mass approximation and the canonical Fröhlich interaction \cite{1} of doped carriers with optical phonons in ionic insulators, and also include the confinement potential \( U(z) \):

\[
H = -\frac{\hbar^2 \nabla^2}{2m} + \sum_q (V_q d_q e^{iq \cdot r} + h.c.) + \hbar \omega \sum_q (d_q^\dagger d_q + 1/2) + U(z). \tag{4}
\]

Here \( d_q \) (\( d_q^\dagger \)) annihilates (creates) optical phonons with the frequency \( \omega \). While EPI is moderate, one can apply the perturbation theory with respect to \( V_q \), which works well even in the intermediate coupling regime \( \alpha \leq 2 \) as verified by the Feynman all-coupling path-integral theory \cite{2}. The quantum states of a noninteracting electron and phonons are classified with respectively the in-plane 2D electron wave-vector, \( k \parallel \), and a subband index \( n \), and the 3D phonon wave-vector \( q \). The unperturbed state is the vacuum \( |0\rangle \) of phonons and the electron plane wave \( |k_\parallel, n, 0\rangle = \frac{1}{\sqrt{\Omega}} e^{i k_\parallel \cdot \mathbf{r}} |n\rangle |0\rangle \), where \( \mathbf{r} \) is the in-plane electron coordinate, and \( |n\rangle \) depends on \( z \). The bare energy spectrum of the electron in a layer of the area \( L^2 \) is \( E_{nk_\parallel} = \frac{\hbar^2 k_\parallel^2}{2m} + \epsilon_n \), and \( n = 1, 2, ... \), corresponds to quantized subbands due to confinement in \( z \) direction, perpendicular to the layer. EPI couples the state \( |k_\parallel, n, 0\rangle \) with the energy \( E_{nk_\parallel} \) and states of a single phonon with the momentum \( q \) and the electron with the energy \( E_{n'k_\parallel-a} \).

The corresponding matrix element is

\[
\langle k_\parallel-q_\parallel, n'; 1_q | V_q | k_\parallel, n; 0 \rangle = \frac{2\hbar \omega (\pi \alpha)^{1/2} \langle n' | e^{i q \cdot z} | n \rangle}{q \Omega^{1/2} (2m \omega / \hbar)^{1/4}}, \tag{5}
\]

where \( \Omega \) is the volume of the whole sample including the doped layer and the host bulk crystal. The renormalized second-order energy \( \bar{E}_{nk_\parallel} \) is found as

\[
\bar{E}_{nk_\parallel} = E_n(k_\parallel) - \frac{4\pi \alpha \hbar^2 \omega^2}{(2\pi)^3 (2m \omega / \hbar)^{1/2}} \sum_{n'} \int d^3 q \frac{\langle n' | e^{i q \cdot z} | n \rangle^2}{(q_\parallel^2 + q_z^2) \hbar^2 k_\parallel |q| \cos \phi / m + \hbar^2 q_z^2 / 2m + \epsilon_n - \epsilon_n + \hbar \omega}. \tag{6}
\]

We consider temperatures \( k_B T \) small compared with the characteristic phonon energy \( \hbar \omega \) and low densities of carriers. In this case there is no imaginary part of \( \bar{E}_{nk_\parallel} \) for sufficiently low energy subbands \( n \), which means that the momentum is conserved. Expanding over \( k_\parallel \) and replacing the sum over \( n' \) for an integral, one obtains

\[
\bar{E}_k = -\alpha \hbar \omega + \hbar^2 k_\parallel^2 / 2m_{3D} \quad \text{in the 3D system,} \quad d \rightarrow \infty,
\]

with the familiar 3D polaron mass \( \frac{m_{3D}}{m} = m/(1 - \alpha \pi / 8) \). Keeping only terms with \( n = n' = 1 \) and the matrix element \( \langle n | e^{i q \cdot z} | n \rangle = 1 \) in Eq. (6), we find

\[
\bar{E}_{k_\parallel} = -\pi \alpha \hbar \omega / 2 + \hbar^2 k_\parallel^2 / 2m_{2D} \quad \text{with the polaron mass} \quad m_{2D} = m / (1 - \alpha \pi / 8) \quad \text{for a 2D layer,} \quad d \rightarrow 0.
\]

Both the polaron binding energy and the mass satisfy the scaling relations Eqs. (3).

In the crossover region, where neither 3D nor 2D limits are applied, the spectrum is quantized into subbands,

\[
\bar{E}_{nk_\parallel} = \frac{\hbar^2 k_\parallel^2}{2m_n^*} + \epsilon_n - E_{pn}, \tag{7}
\]

with the subband polaron energy shift \(-E_{pn}\) and the subband in-plane polaron mass, \( m_n^* \), found as

\[
\frac{E_{pn}}{\alpha \hbar \omega} = \frac{t}{\pi} \sum_{n'} \int_0^\infty dx \int_{-\infty}^\infty dy \frac{x |\langle n' | e^{iyu} | n \rangle|^2}{(x^2 + y^2)(x^2 + u^2 - n^2 + t^2)}, \tag{8}
\]
and

\[
\frac{m}{m^*} = 1 - \frac{2\alpha t^3}{\pi n} \sum_{n=1}^\infty \int_0^\infty dx \int_{-\infty}^\infty dy \times \frac{x^4 \sin^2(\pi u / d) \sin(\pi u / d)}{(x^2 + y^2)(x^2 + y^2 - n^2 + t^2)^3},
\]

(9)
respectively. Here, we use dimensionless phonon moment \( y = q_d / \pi, x = q_d / \pi, z = \pi n / d \) of the polaron confined to the layer of the thickness \( d \), and dimensionless thickness of the layer, \( t = q_d / \pi \). When polarons are confined to the infinite potential well within \( 0 < z < d \), the bare eigenfunctions and bare eigenvalues are \( |n\rangle = (2/d)^{1/2} \sin(\pi n z / d) \) and \( \epsilon_n = \hbar^2 \pi^2 n^2 / (2md^2) \), respectively. Then, integrating first over the transverse momentum \( y \) to avoid complicated oscillating functions in Eqs. (8) yields

\[
\frac{E_{pm}}{\alpha \hbar^2} = \frac{t}{\pi} \sum_{n=1}^\infty \int_0^\infty dx \frac{I_{n'n}(x)}{(x^2 + n^2 - t^2)^3},
\]

(10)
and

\[
\frac{m}{m^*} = 1 - \frac{2\alpha^2}{\pi^2} \sum_{n=1}^\infty \int_0^\infty dx \frac{x^2 I_{n'n}(x)}{(x^2 + n^2 - t^2)^3},
\]

(11)
with

\[
I_{n'n}(x) = \frac{2(\pi x + e^{-\pi x} - 1)}{x^2 + 4n^2} + \frac{\pi x}{x^2 + 4n^2} + \frac{2(8n^2 + x^2)(1 - e^{-\pi x})}{(x^2 + 4n^2)^2}
\]

(12)
for the diagonal contribution, and

\[
I_{n'n}(x) = \frac{\pi x}{x^2 + k^2} + \frac{\pi x}{x^2 + m^2} - \frac{2x^2(n^2 - k^2)^2(1 - ( - 1)^n e^{-\pi x})}{(x^2 + m^2)^2 (x^2 + k^2)^2}
\]

(13)
for the off-diagonal terms, \( n' \neq n \), where \( m = n' + n \) and \( k = n' - n \) \((n', n = 1, 2, \ldots, \infty)\). Two last terms in the diagonal contribution, Eq. (12), and the last term in the off-diagonal contribution, Eq. (13), are numerically small about a few percent of the remaining terms. Integration over \( x \) and summation over \( n' \), performed using any standard software, yield the shift and the mass interpolating well between 2D and 3D limits. However, the polaron level shift and the polaron mass are different for different subbands in \( 2 + \epsilon \) crossover region as shown in Fig. 1. As can be seen in Fig. 1, one encounters the familiar flattening of the polaron dispersion and the breakdown of the perturbation theory at energies about the phonon energy \( \epsilon_\nu \) for high-energy subbands.

Importantly, the polaron mass changes from its 2D value to the 3D value for \( t \) in the range of about unity, Fig. 1. The experimental values of the effective thickness \( t \) are about \( t = 0.16 \text{ nm} \), where \( N \) is the number of atomic layers in the well \([7, 11]\), if we take \( \hbar \omega = 0.05 \epsilon_\nu \), \( m = m_c \), and the lattice constant \( a = 0.4 \text{ nm} \), which are typical of STO. Hence, the experimental conditions are just right for a significant change of the polaron mass with the number of layers in Nb:SrTiO$_3$/SrTiO$_3$ superlattices where \( N \) changes from 1 to 11 \([10, 11]\). The three-fold mass enhancement with decreasing thickness \( [11] \) corresponds to \( \alpha \approx 2.8 \), Fig 2 which is close to optically measured value in the bulk Nb:SrTiO$_3$ \([4] \).

Equations (10) and (11) and the Boltzmann theory allow us to analyze the dependence of different kinetic and thermodynamic properties on the confinement. In particular, applying the energy-independent relaxation time \((\tau)\) approximation, one obtains the Seebeck coefficient as:

\[
S = \frac{k_B}{e} \frac{\sum_{n, k_x} (\tilde{E}_{n k_x} - \zeta) (\partial \tilde{E}_{n k_x} / \partial k_x) (2 f(\tilde{E}_{n k_x}) / \partial \tilde{E}_{n k_x})}{\sum_{n, k_x} [\partial \tilde{E}_{n k_x} / \partial k_x] (2 f(\tilde{E}_{n k_x}) / \partial \tilde{E}_{n k_x})},
\]

(14)
where \( f(E) = 1/[1 + \exp(E - \zeta) / k_B T] \) is the Fermi-Dirac distribution function. In the bulk system with \( m_{3D} = 2m_c \), the polaron energy is about \( \zeta / k_B = 1250 \text{ K} \) for the polaron density \( n_p = 10^{21} \text{ cm}^{-3} \), so that carriers are almost degenerate at room temperature. However, the system evolves from a degenerate to a classical heavier polaron gas with decreasing nanolayer thickness because of the strong mass enhancement in the crossover region, Fig 3. Hence one has to use the exact Fermi-Dirac statistics in this region. Integrating over momentum in Eq. (14) yields:

\[
\frac{eS}{k_B} = \frac{\sum_n \left[ \frac{\alpha^2}{n^2} + (\ln y_n)^2 + 2Li_2 \left( -\frac{1}{y_n} \right) - \ln(1 + y_n) \right] \ln(1 - y_n)}{\sum_n \ln(1 + y_n)},
\]

(15)
where \( y_n = \exp \left[ (\zeta - \pi^2 n^2 / 2md^2 + E_{pn}) / k_B T \right] \) satisfies the following sum rule

\[
\sum_{n=1}^\infty m_n^* \ln(1 + y_n) = \frac{\pi \hbar^2 n_d}{k_B T},
\]

(16)
and \( Li_2(z) = \sum_{k=1}^\infty z^k / k^2 \) is the dilogarithm function. Since \( \hbar \omega / k_B T > 1 \) at room temperature for typical optical phonons in ionic lattices, one can safely neglect all higher subband contributions in Eqs. (14), compared with the lowest subband term \( n = 1 \) in the crossover region, \( t < 1 \), avoiding the breakdown of the perturbation expansion, Fig 4. The Seebeck power, calculated using this single-subband approximation, accounts rather well for the experiment \([11]\) with the same values of the EPI coupling, which accounts for the experimental polaron mass in Fig 2. The carrier density turns out significantly lower compared with the chemical density presumably due to a partial localization of polarons by impurities.

Finally, let us discuss the confinement enhancement of the figure of merit. In semiconducting MQWs such as Nb:SrTiO$_3$/SrTiO$_3$ superlattices, the thermal conductivity is mainly due to phonons and largely independent on doping and confinement. If we take \( S \propto m^* \).
FIG. 2: (a) Polaron mass $m^*/m$ of the lowest subband (top panel) and Seebeck coefficient $S$ (bottom panel) in the crossover region for a few coupling constants $\alpha$ and $\hbar \omega = 0.05$ meV, $T = 300K$, $m = m_e$ and $n_p = 1.66 \times 10^{20}$ cm$^{-3}$ (solid lines) as the functions of the nanolayer thickness $d$ (inset in the top panel). Symbols correspond to the experimental mass measured optically in Ref.[7] and to the experimental Seebeck coefficient measured in Ref.[6].

then, using the scaling Eqs. [1], the maximum confinement enhancement of $Z$ is estimated as $Z_{2D}/Z_{3D} = m_{2D}^*/m_{3D}^* (3\pi\alpha/4)^2 \mu_{3D} (3\pi\alpha/4) / m^*_D (\alpha)^2 \mu_{3D} (\alpha)$, if polarons are scattered by absorption of optical phonons. In this case, the mobility depends on the coupling strength as $[13] \mu_{3D} \propto (1 - \alpha/6 + O(\alpha^2)) / \alpha$, so that the enhancement, $Z_{2D}/Z_{3D} = (4/3\pi)(1 - \alpha/6)/(1 - \pi\alpha/8)$, is only 1.3 for $\alpha = 2$. However, at temperatures well below the characteristic optical phonon temperature $\hbar \omega/k_B$, the number of thermal phonons is exponentially small, so that the polarons are mainly scattered off neutral impurities since the impurity potential is screened by heavy polarons at substantial doping. The scattering time off neutral impurities increases with the polaron mass as $\tau \propto (m^*)^2 [13]$, so that the mobility is proportional to the mass, $\mu \propto m^*$. In this case the confinement enhancement of the figure of merit may be giant. For the coupling $\alpha = 2$, $Z_{2D}/Z_{3D} = (1 - \alpha/6)^2/(1 - \pi\alpha/8)^3 \approx 30$ is much larger than in a free electron layered system [6]. This prediction provides a further route for enhancing the performance of thermoelectric energy converters.

To conclude, we have developed the theory of polaron crossover from 3D to 2D. In the crossover region the polaron energy spectrum is quantized into size subbands with the subband binding energy and polaron mass strongly dependent on the size of the confinement nanolayer, when the thickness of the layer is comparable or less than the large polaron radius, $d \leq 1/q_p$. We have shown that this condition is satisfied in Nb:SrTiO$_3$/SrTiO$_3$ superlattices and proposed a detailed explanation of the giant thermopower enhancement observed in these structures [11]. The theory predicts a giant confinement enhancement of the figure of merit in those polaronic MQWs where the scattering of polarons is dominated by impurities.

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