### Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|-------------------------------------|-------------------------------|
| **TITLE**     |         |                                                                       |                                     |                               |
| Title         | 1       | Identify the report as a Narrative Review of …                       | page 1                              | Title                         |
| **ABSTRACT**  |         |                                                                       |                                     |                               |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | page 2                              | Abstract                      |
| **INTRODUCTION** |       |                                                                      |                                     |                               |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | page 3-4                            | Introduction                  |
| Objectives    | 4       | Specify the key question(s) identified for the review topic.         | page 3-4                            | Introduction                  |
| **METHODS**   |         |                                                                       |                                     |                               |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | page 3                              | Methods                       |
| **DISCUSSION/SUMMARY** |       |                                                                      |                                     |                               |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | page 18                             | Summary                       |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | page 18                             | Summary                       |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*