CT diagnosis of recurrence after pancreatic cancer: Is there a pattern?

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Abstract

AIM: To investigate predilection sites of recurrence of pancreatic cancer by computed tomography (CT) in follow-up after surgery.

METHODS: Seventy seven patients with recurrence after pancreatic cancer surgery were retrospectively identified. The operative technique, R-status, T-stage and development of tumor markers were evaluated. Two radiologists analyzed CT scans with consensus readings. Location of local recurrence, lymph node recurrence and organ metastases were noted. Surgery and progression of findings on follow-up CT were considered as reference standard.

RESULTS: The mean follow-up interval was 3.9 ± 1.8 mo, with a mean relapse-free interval of 12.9 ± 10.4 mo. The predominant site of recurrence was local (65%), followed by lymph node (17%), liver metastasis (11%) and peritoneal carcinoma (7%). Local recurrence emerged at the superior mesenteric artery (n = 28), the hepatic artery (n = 8), in an area defined by the surrounding vessels: celiac trunk, portal vein, inferior vena cava (n = 22), and in a space limited by the mesenteric artery, portal vein and inferior vena cava (n = 17). Lymph node recurrence occurred in the mesenteric root and left lateral to the aorta. Recurrence was confirmed by surgery (n = 22) and follow-up CT (n = 55). Tumor markers [carbohydrate antigen 19-9 (CA19-9), carcinoembryonic antigen (CEA)] increased in accordance with signs of recurrence in most cases (86% CA19-9; 79.2% CEA).

CONCLUSION: Specific changes of local and lymph node recurrence can be found in the course of the cardinal peripancreatic vessels. The superior mesenteric artery is the leading structure for recurrence.

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Key words: Pancreatic cancer; Recurrence; Computed tomography; Follow-up; Tumor marker

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INTRODUCTION

Pancreatic cancer is a disease with a poor survival rate after curative surgical therapy\[3\]. Local recurrence after resection with curative intent is frequently observed within 2 years for the majority of patients\[3\]. The median survival in resectable pancreatic cancer is reported to range from 11 mo for surgery alone to 20 mo for surgery in combination with adjuvant chemotherapy\[3,9\]. These data are reflected by a 5-year survival rate of 10%-25%\[7,8\]. The mean disease-free period in imaging studies is 267 ± 158 d with negative surgical margins but 72 ± 47 d with positive margins\[3\].

So far there have not been many imaging studies in the literature focusing on detection of pancreatic cancer recurrence. One reason may be that recurrence of pancreatic cancer was not treated, but in recent years radiochemotherapy and, in rare cases, surgery for local recurrence has been advocated\[10\]. A major problem in patients with pancreatic cancer is that extensive postoperative changes with scar tissue formation as well as lymph node enlargement are present after surgical therapy that may be mistaken for disease recurrence\[10\]. This study was conducted to investigate whether recurrence of pancreatic cancer shows a specific pattern of regrowth on regular follow-up computed tomography (CT) examinations after surgery. The goal was to identify predilection sites of recurrence on CT in the follow-up of pancreatic cancer surgery.

MATERIALS AND METHODS

This retrospective study was approved by the local ethics committee.

Patients

A total of 641 patients, who underwent surgery for a primary malignant tumor of the pancreas in a local surgical department from January 2002 to March 2007, were identified for this study. Of these, 245 had at least one follow-up CT in our department. In all patients with CT follow-up postoperative changes such as enlarged lymph nodes, and soft tissue formation in the resection area and along the cardiac mesenteric vessels were initially present. We excluded 168 patients because further consecutive follow-up CT imaging was not available. In 77 patients (47 male, 30 female; mean age: 67.8 years; range, 41-86 years) with a baseline CT examination 3-6 mo postoperatively, follow-up imaging revealed progression of soft tissue surrounding the peripancreatic vessels, progression of lymph nodes, or appearance of liver metastasis as an indication of tumor recurrence. All these patients also showed clinical signs of tumor recurrence with rising tumor marker levels and deterioration of their physical condition. Apart from 3 patients that are alive to date, all other patients died in the course of further progression of tumor recurrence. Tumor and relevant surgical data including the operative technique, TNM stage, the R-status and the development of postoperative tumor markers were taken from the postoperative database of all pancreatic cancer patients (Table 1).

If disease recurrence was detected on follow-up imaging, surgery was considered as standard of reference if performed. The surgical report as well as the histological workup was evaluated. If no surgery was performed the progression of findings on further follow-up imaging studies served as standard of reference.

Surgery for recurrence was performed in 22 cases confirming recurrence. In 55 cases no surgery was performed but further follow-up imaging by CT (n = 53) and by positron emission tomography (PET)-CT (n = 2) showed further progression of disease recurrence. In 9 patients a potential curative approach for surgery was pursued with 4 hemihepatectomies, 3 lymphadenectomies and 2 resections of the remnant pancreas. In 6 other patients a potential curative surgical approach was not feasible but intraoperative radiotherapy, and in one case a combination of radiochemotherapy with additional tumor reduction was performed. In all patients with a diagnosis of tumor recurrence, second line chemotherapy or radiation therapy was administered for disease control.

As tumor marker values during follow-up might have a great interindividual variability, the factor for the tumor marker increase over time was calculated from the value at the time of tumor recurrence divided by the initial postoperative (2-4 mo) value. In 48 cases tumor marker values for carcinoembryonic antigen (CEA) were measured during the initial postoperative period and the time of tumor recurrence; in 57 cases carbohydrate antigen 19-9 (CA19-9) levels were available.

Table 1  Patient characteristics

| Gender       | 47 male, 30 female |
|--------------|-------------------|
| Age          | mean 67.8 yr; range, 41-86 yr |
| T-stage\(^1\) | 4 T2, 70 T3, 1 T4 |
| N-stage\(^1\) | 18 N0, 57 N1 |
| R-stage\(^1\) | 54 R0, 10 R1, 5 R2 |
| Histology    | n |
| Adenocarcinoma of the papilla | 5 |
| Duodenal adenocarcinoma | 65 |
| Mucinous-papillary carcinoma | 4 |
| Adenocarcinoma of the bile duct | 1 |
| Neuroendocrine carcinoma | 1 |
| Acinar cell carcinoma | 1 |
| Localization | n |
| Papilla | 5 |
| Head | 59 |
| Body | 9 |
| Tail | 4 |
| Resection | Whipple 60 |
| Left resection | 11 |
| Total pancreatectomy | 6 |

\(^1\)In 2 cases TNM-stage was not obtainable from medical records; \(^2\)In 8 cases R-status not obtainable from medical records.
The mean follow-up time between CT examinations was 3.9 ± 1.8 mo (range, 2.1-12 mo). The mean relapse-free time interval was 12.9 ± 10.4 mo (range, 3.7-60 mo).

**Image evaluation**

All image data were evaluated by two radiologists (with 5 and 10 years experience of pancreas imaging) on diagnostic workstations (Centricity PACS, GE, USA) with consensus readings. Disease recurrence was classified into local recurrence, lymph node recurrence, liver metastasis and peritoneal carcinosis. For each case, tumor recurrence could either appear as a singular finding, such as local recurrence, or as a combination, e.g. local recurrence and liver metastasis concurrently on follow-up imaging. The criteria for local disease recurrence were defined as a soft tissue formation that increased in size over time in the resection area or along the cardinal visceral vessels around the pancreatic bed. An increase in lymph node size over multiple follow-ups was classified as lymph node recurrence. Disease recurrence was classified as liver metastasis if the appearance of new liver lesions with specific image characteristics, e.g. irregular margins, hypodensity, was observed. Peritoneal carcinosis was considered as another possible form of disease recurrence if typical, e.g. nodal peritoneal, changes were present. The exact location of each form of disease recurrence was noted.

**CT protocol**

All patients were given 1-1.5 L of water orally prior to the examination. The standard hydro-pancreas protocol consists of an unenhanced (5 mm slice thickness/4 mm increment), arterial and venous phase (3 mm slice thickness/2 mm increment, axial and coronal reconstructions) imaging after injecting 130 mL contrast agent (Ultravist 370, Bayer-Schering, Berlin, Germany) at a flow rate of 5 mL/s via a cubital vein. Scanning was performed on different CT scanner generations with 4, 16, 64 slices (Volume Zoom, Sensation, Definition; Siemens, Forchheim, Germany).

**Data analysis**

All data are presented as absolute numbers and percentages. Statistical analysis was performed using the paired Student t-test and one-way analysis of variance test for tumor marker values with commercially available software (SPSS Statistics 17.0, SPSS Inc., Chicago, USA).

**RESULTS**

**Patients**

The mean follow-up time between CT examinations was

| Types of tumor recurrence: isolated or combined occurrence with other manifestations of recurrence |
|---------------------------------|---------------------------------|-----------------|-----------------|
| Isolated                      | In combination with               | Total            |
|                               | Local                              | Lymph node | Liver metastasis | Peritoneal carcinosis |
| Local recurrence              | 43                                 | 11           | 5               | 5               | 64                             |
| Lymph node recurrence         | 6                                  | 11           | 5               |                 | 17                             |
| Liver metastasis              | 5                                  | 5            |                 | 1               | 11                             |
| Peritoneal carcinosis         | 1                                  | 5            |                 | 1               | 7                              |
|                               | 55                                 |              |                 |                 | 99†                            |

†One manifestation with a combination of local recurrence, liver metastasis and peritoneal carcinosis not listed.

**Tumor recurrence**

In 55 cases a solitary presentation of tumor relapse was present and in 22 cases combinations of different types of tumor recurrence (n = 45) resulting in a total of 100 types of recurrence were present (Table 2). The predominant type of tumor recurrence was local recurrence in 65 cases (65%), with isolated manifestations in 43 cases and in combination with other types of tumor recurrence in 22 cases (Table 2). Lymph node recurrence (17%) was found in 6 cases as an isolated finding but in 11 cases in combination. Liver metastasis (11%) was commonly seen in combination with local recurrence and with isolated tumor presentation in 5 cases. Peritoneal carcinosis (7%) was, except for one case with an isolated manifestation, mainly associated with other forms of tumor recurrence. In cases where the initial resection status was R1, the most common tumor recurrence type was local recurrence in 8 cases, lymph node recurrence in one case, and in another case peritoneal carcinosis. The R2 status presented as local recurrence in all 5 cases.

**Localization of tumor recurrence**

Local recurrence was found most often along the superior mesenteric artery (SMA, n = 28), either as a localized tumor mass or as a diffuse cuff-like tissue formation (Figure 1). The second most common site for tumor recurrence (n = 22) was an area defined by the celiac trunk (cT) as the medial border, the portal vein (PV) as the anterior border and the inferior vena cava (IVC) as the dorsal border (Figure 2). This is followed by an area (n = 17) which is just caudal to the aforementioned space where the medial boundary is the SMA while the other limiting structures, the PV and IVC, remain the same. In 10 cases, tumor regrowth or a secondary tumor occurred at the resection margin of the residual pancreatic parenchyma. In 8 cases the tumor presented as a cuff-like tissue formation along the common or proper hepatic artery (HA). One case was identified with tumor recurrence in the very distal mesenteric root.

Lymph node recurrence was found in 12 cases in the mesenteric root mainly in close proximity to the superior mesenteric artery. In 5 cases, lymph node recurrence was found to the left of the aorta and in one case anterior to
the aorta (Figure 3).

**Tumor marker development**

The mean initial postoperative tumor marker level for CEA was $3.12 \pm 2.7 \mu g/L$ and for CA19-9 was $66.98 \pm 501.2 \text{U/mL}$. At the time of tumor recurrence, the mean value for CEA was $12.3 \pm 18.1 \mu g/L$ and for CA19-9 was $587.65 \pm 4475.4 \text{U/mL}$. CEA tumor marker values at the time of tumor recurrence were significantly different from the mean initial values ($P = 0.001$). The mean values of CA19-9 showed no significant differences in this comparison ($P = 0.067$). The mean factor for the tumor marker increase was $5.6 \pm 1.6$ for CEA and $51.5 \pm 309.6$ for CA19-9. There was no significant difference ($P > 0.05$) for mean tumor marker values of CEA and CA19-9 stratified by type of recurrence (Table 3), except for the level of CA19-9 in the case of an isolated appearance of liver metastasis compared with mean values in local recurrence.

Figure 1  Computed tomography follow-up after Whipple’s procedure for pancreatic cancer of the head in a 69-year-old patient (T3, N1). A, B: Follow-up imaging after 3 mo; C, D: 11 mo; E, F: 22 mo. Recurrence at the origin of the superior mesenteric artery (E) and more distally in the mesenteric root (F: white arrows).

Figure 2  Sixty-eight-year-old patient after surgery for ductal adenocarcinoma of the pancreatic head (T3, N1). A, B: Follow-up imaging after 6 mo; C, D: 8 mo; E, F: 12 mo. Initial soft tissue formation (A, B: white arrows) with a carbohydrate antigen 19-9 (CA19-9) level of 9 U/mL increased (E, F: white arrows) with concurrent increase in CA 19-9 to 56 U/mL.
The mean factor for the increase in CEA and CA19-9 values did not show any significant differences stratified by type of recurrence (Figure 4B and D). In a direct comparison of local recurrence with liver metastasis, there was a significant difference for both CEA and CA19-9 increase factors ($P < 0.05$). In 8 of 57 (14.0%) cases CA19-9 did not increase, and in 10 of 48 (20.8%) CEA values did not increase with detection of recurrence on CT scans.

## DISCUSSION

This study indicated that a specific pattern of disease recurrence in pancreatic cancer exists, especially of local recurrence, and that regular follow-up CT examinations are able to identify this pattern and detect recurrence in accordance with an increase in tumor markers (Figure 5).

To improve the prognosis of pancreatic cancer it is necessary to focus on the situation when tumor recurrence takes place. Second-line chemotherapy or radiotherapy in case of disease relapse seek to control tumor progression and improve the survival rate\textsuperscript{[12]}.

It is essential to identify tumor recurrence early in order to offer patients further disease controlling measures or potentially curative options. Early intervention with chemotherapy in case of tumor recurrence has a higher chance of improving survival. The case for follow-up imaging is to identify tumor recurrence as early as possible in order to intervene appropriately. A major problem is that extensive postoperative changes, such as scar tissue formation, and enlarged and increased lymph nodes in the resection area are difficult to distinguish from real tumor relapse\textsuperscript{[23]}.

Ruf \textit{et al}\textsuperscript{[24]} compared $^{18}$F-fluorodeoxyglucose (FDG)-PET with CT/magnetic resonance imaging (MRI) in 25 patients with suspected disease recurrence and reported a 96% detection rate for FDG-PET in comparison to 39% with CT/MRI. Mortelé \textit{et al}\textsuperscript{[25]} reported a diagnostic accuracy of 93.5% for CT in detecting recurrent pancreatic cancer, but pointed out that no predilection site for tumor recurrence was found in their series of 32 patients.

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### Table 3 Mean tumor marker values at the time of recurrence stratified by type of recurrence

| Type of recurrence          | n | CA 19-9 (U/mL) | n | CEA (µg/L) |
|-----------------------------|---|----------------|---|------------|
| Local                       | 32| 781.67 ± 2090.28 | 26| 9.95 ± 15.57 |
| Lymph node                  | 5 | 244.02 ± 413.03  | 4 | 3.13 ± 2.35  |
| Liver metastasis            | 5 | 6674.80 ± 14338.02 | 5 | 18.1 ± 18.26 |
| Local & lymph node          | 7 | 599 ± 738.15    | 6 | 4.28 ± 4.03  |
| Local & liver metastasis    | 5 | 1157.0 ± 1802.0  | 5 | 21.88 ± 26.76 |
| Local & peritoneal carcinoma| 3 | 351.0 ± 257.66  | 2 | 46.0 ± 39.6  |

No statistically significant differences in tumor markers between types of recurrence (one-way analysis of variance) except comparison of mean values of carbohydrate antigen 19-9 (CA19-9) for local recurrence and liver metastasis ($P = 0.025$, Student $t$-test). CEA: Carcinoembryonic antigen.

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\textsuperscript{1}$P = 0.025$. The mean factor for the increase in CEA and CA19-9 values did not show any significant differences stratified by type of recurrence (Figure 4B and D). In a direct comparison of local recurrence with liver metastasis, there was a significant difference for both CEA and CA19-9 increase factors ($P < 0.05$). In 8 of 57 (14.0%) cases CA19-9 did not increase, and in 10 of 48 (20.8%) CEA values did not increase with detection of recurrence on CT scans.
Coombs et al. \cite{26} investigated 19 patients after pancreato-duodenectomy and detected tumor recurrence by follow-up CT in 12 patients. Larger studies on the diagnostic accuracy of follow-up imaging after surgical treatment for pancreatic cancer are lacking.

CT is a morphology-based imaging method and does not offer functional or metabolic information such as FDG-PET or PET-CT. Regular postoperative PET-CT imaging may be the optimal method to identify early tumor relapse but this modality is costly and not widely available. CT imaging does offer high resolution and artifact-free imaging which is widely available, safe and fast. In order to render CT the method of choice for follow-up of patients after surgery for pancreatic cancer there is a need to gather morphological information from follow-up studies to determine the pattern of disease recurrence.

Local pancreatic tumor re-growth spreads along the cardinal visceral vessels, mainly the SMA and the HA, but can also present as a mass in specific spaces that are defined by the surrounding vasculature (SMA, HA, PV, IVC, cT). This behavior is consistent with the fact that pancreatic cancer is known to propagate along neurovascular structures on a histological level \cite{27}. Makino et al. \cite{28} found a pattern of invasion into pancreatic and extrapancreatic nerve plexuses depending on the ventral or dorsal location of the tumor in the pancreatic head. Interestingly, in cases of invasion into the extrapancreatic nerve plexus of the SMA and HA, invasion to the adventitia of these vessels was a frequent finding. The distribution of local recurrence in the current study, which is primarily defined by the cardinal visceral vessels, may support speculations that tumor recurrence follows the same patterns of spread as the primary tumor. Noto et al. \cite{29} investigated the SMA in 6 patients with en bloc resection of the pancreatic head.

![Figure 4 Bar graphs of mean values and mean increase factors for carcinoembryonic antigen and carbohydrate antigen 19-9 stratified by type of recurrence.](image-url)

**Figure 4** Bar graphs of mean values and mean increase factors for carcinoembryonic antigen and carbohydrate antigen 19-9 stratified by type of recurrence.

A: Mean values of carcinoembryonic antigen (CEA) (µg/L) at the time of recurrence stratified by type of recurrence; B: Mean increase factor of CEA (µg/L) (values at the time of recurrence divided by initial values) stratified by type of recurrence; C: Mean values of carbohydrate antigen 19-9 (CA19-9) (U/mL) at the time of recurrence stratified by type of recurrence; D: Mean increase factor of CA 19-9 (U/mL) (values at the time of recurrence divided by initial values) stratified by type of recurrence.
for cancer, and found that the SMA was directly invaded in 3 cases and in 4 cases there was invasion to the perivascular nerve plexus. Furthermore invasion extended upwards along the SMA for the celiac nerve plexus. This corresponds with our results of the SMA being the most frequent site for tumor recurrence but also the space defined by the celiac trunk as the second most frequent site of recurrence. Additionally, Noto et al., Kayahara et al. found nodal metastasis around the SMA in all cases. Again this correlates with our findings that lymph node recurrence was mainly seen to the left of the aorta above/below the level of the renal vein, as well as in the mesenteric root within a certain boundary of the SMA. Thus, for primary cancer of the pancreatic head, the SMA seems to serve as the main leading structure for disease propagation. As a hypothesis one could transfer these facts from initial tumor spread to tumor recurrence. This concept is even more convincing looking at recent discussions that the high rate of local tumor recurrence in pancreatic cancer is due to the fact that neurovascular tumor invasion may be left behind during the initial surgery. In other words, most pancreatic cancer resections are R1 (= microscopic residual tumor) resections, as recent studies with standardized pathological examinations have shown. According to recent articles there is no international consensus on the resection margins, and pathological reporting of pancreatic cancer specimens has resulted in a false low rate of R1 status. Following Verbeke, the critical resection margins for microscopic tumor residuals, the posterior margin but especially the medial margin, are very close to the SMA. In the case of R1 status, the remaining tumor cells would regrow along these vascular structures and coincide with the locations of macroscopic tumor relapse on follow-up imaging. The results of our study seem to support this thesis since all sites of recurrence are mainly defined by vascular structures and locations of extrapancreatic nerve plexuses. These results are supported by the work of Ishigami et al. showing malignant perivascular soft tissue along the HA and SMA. However, it must be mentioned that most of the included patients were initially operated on before standardized pathological reporting was introduced at the local pathology institute, explaining the low rate of R1 resections.

In our study, 9 patients underwent surgical resection of the recurrent tumor with potential curative intent. Three of these patients, with initial surgery performed in 2000, 2003 and 2004 and second-line surgery in 2004 and 2007, are alive to date and are seen for regular follow-up. In all patients with the diagnosis of recurrence, second-line chemotherapy was recommended. This strongly emphasizes that there are multiple therapy options for disease recurrence at hand. In the future it will be necessary to develop new multi-modal approaches to therapy for the scenario of disease recurrence in order to improve diagnostic accuracy and supportive therapy protocols.
survival even in cases with advanced disease presentations.

Tumor marker (CEA, CA19-9) measurement showed that the increase in levels were concordant with the detection of recurrence on CT in most cases. The mean values for CEA and CA19-9 increased from local and lymph node recurrence to liver metastasis and combinations of recurrence, indicating an association between tumor burden and tumor markers (Figure 4A-D). This gives an estimation of the type of recurrence but does underline the need for imaging at this point if an increase in tumor marker levels is detected. However, this deduction from the present data is limited since local recurrence is over-represented compared to other types of recurrence, and the variability of the tumor marker values is high.

Another limitation of this study is a possible selection bias as it was not possible for practical reasons to include all patients after surgery, e.g. follow-up at their local hospitals, etc. Therefore it cannot be concluded that the remaining 168 patients with initial CT imaging did not develop tumor recurrence at some point. Also pathologic proof was not obtained in all cases owing to the retrospective nature of the study and also for ethical and practical reasons. The deductions of this work reflect mainly experience with ductal adenocarcinoma of the pancreatic head after Whipple’s procedure. However this is the natural distribution of pancreatic tumors.

CT is a valuable tool that allows identification of tumor recurrence in accordance with an increase in tumor marker level. If tumor marker levels do not increase, recurrence can only be detected by imaging studies. We suggest a protocol for postoperative follow-up for pancreatic cancer that includes regular CT imaging and tumor marker measurement as a cost-effective and secure way to monitor these patients. A baseline CT examination 3 mo post-operatively is a prerequisite for follow-up imaging. This baseline examination is the template for comparisons with follow-up studies to distinguish postoperative changes from local tumor growth. PET-CT should be performed in addition if clinical suspicion of tumor recurrence is high, tumor markers increase and CT findings are inconclusive or negative for disease recurrence.

In conclusion, specific changes in local and lymph node recurrence of pancreatic cancer after surgery are present along the path of the peripancreatic cardinal vessels. These findings may also help differentiate non-specific postoperative changes from actual recurrence. Local tumor regrowth spreads along the cardinal visceral vessels but can also present as a mass-like recurrence at specific spaces that are defined by the surrounding vasculature. This is consistent with the known behavior of pancreatic cancer propagating along neurovascular structures. The SMA plays a major role as a leading structure for tumor regrowth. CT follow-up examinations in combination with tumor marker measurement are crucial diagnostic tools to identify local recurrence and lymph node metastasis at an early stage, allowing as many patients as possible to have second, potentially curative, surgical therapy or second-line radio/chemotherapy.

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