Applying GSH to a wide range of experiments in granular media

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Abstract. Granular solid hydrodynamics (GSH) is a continuum-mechanical theory for granular media, whose wide range of applicability is shown in this paper. Simple, frequently analytic solutions are related to classic observations at different shear rates, including: i) static stress distribution, clogging; ii) elasto-plastic motion: loading and unloading, approach to the critical state, angle of stability and repose; iii) rapid dense flow: the $\mu$-rheology, Bagnold scaling and the stress minimum; iv) elastic waves, compaction, wide and narrow shear band. Less conventional experiments have also been considered: shear jamming, creep flow, visco-elastic behavior and non-local fluidization. With all these phenomena ordered, related, explained and accounted for, though frequently qualitatively, we believe that GSH may be taken as a unifying framework, providing the appropriate macroscopic vocabulary and mindset that help one coming to terms with the breadth of granular physics.

1 Introduction

Being a subject of practical importance, elasto-plastic deformation of dense granular media has been under the focus of engineering research for many decades if not centuries [1–6]. The state of geotechnical theories, however, is confusing, at least for physicists: Innumerable continuum mechanical models compete, employing strikingly different expressions. In a recent book on soil mechanics, phrases such as morass of equations and jungle of data were employed as metaphors [6]. Moreover, this competition is among theories applicable only to the slow shear rates of elasto-plastic deformation, while rapid dense flow (such as heap flow or avalanches) is taken to obey yet rather different equations [7]. All this renders a unified theory capable of accounting for granular phenomena at different rates seemingly illusory.

This is the reason we adopted a different approach, focusing on the physics and leaving the rich and subtle granular phenomenology aside while constructing the theory. Our hope was to arrive at a set of equations that is firmly based in physics, broadly applicable, and affords a well founded, correlated understanding of granular media.

The formalism we employ is called the hydrodynamic theory (which physicists take to be the long-wavelength, continuum-mechanical theory of condensed systems, in contrast to its more widespread usage, as a synonym for the Navier-Stokes’ equations). The hydrodynamic formalism was pioneered by Landau [8] and Khalatnikov [9] in the context of superfluid helium, and introduced to complex fluids by de Gennes [10]. Its two crucial points are: The input in physics that specifies the complete set of state variables, and the simultaneous consideration of energy and momentum conservation. As a result, there are many more constraints, and far less liberty, than the usual approach of constitutive relations. Moreover, being derived from physics rather than a subset of experimental data, if the theory renders some phenomena correctly, chances are that the rest is also adequately accounted for\textsuperscript{1}.

Hydrodynamic theories [12,13] have been derived for many condensed systems, including liquid crystals [14–20], superfluid $^3$He [21–26], superconductors [27–29], macroscopic electro-magnetism [30–33], ferrofluids [34–43], and polymers [44–47]. We contend that a hydrodynamic theory is also useful and possible for granular media: Useful, because it should help to illuminate and order their complex behavior; possible, because a significant portion is already accomplished. We call it “granular solid hydrodynamics”, abbreviated as GSH.

The structure of GSH is, as far as we can see, adequate and complete. Starting from two basic notions, two-stage irreversibility and variable transient elasticity, we have set up the theory in [48–51]. In this paper, we focus on applying these equations to varying circumstances and a large collection of experiments. In fact, no other continuum-mechanical theory comes even close. (GSH is summarized

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\textsuperscript{1} We note there are also constitutive approaches which start successfully from physics, more specifically from micromechanical properties of granular ensembles [11].
in sect. 2. It is not a derivation, only meant to keep this paper self-contained.)

There are two aspects of GSH that we need to communicate: the ideology of its approach and the number of experiments it accounts for. Some of our starting points, such as energy conservation or the validity of thermodynamics, are not generally accepted in the granular community. We have detailed our reasons why we believe our postulates are appropriate in [48–51], and shall not repeat them here. One of our hopes for the present paper is that the second aspect of GSH, impressive and easily accessible, is also quietly convincing—or at least thought-provoking, for those who still have doubts about the basic approach of GSH.

2 A brief presentation of GSH

As any hydrodynamic theory, GSH has two parts, structure and parameters. The first is derived from general principles, but the second—values and functional dependence of the energy and transport coefficients—are inputs, obtained either from a microscopic theory (a tall order in any dense systems), or in a trial-and-error iteration, in which the ramifications of postulated dependences are compared to experiments and simulations. Many details of granular phenomena depend on these parameters, and we are still in the midst of the iteration evaluating them.

More specifically, we have an energy expression that is both simple and realistic, but the transport coefficients are in a less satisfactory state: Their dependence on $T_g$, obtained from more general considerations, seems quite universal, but the density dependence is not. Varying with details possibly including rigidity, shape and friction of the grains, they are material-specific and hard to arrive at in the absence of more systematic data. These need to be given by a complete range of experiments in uniform geometries employing only one kind of grains. Nevertheless, in spite of the tentative character of the density dependence assumed below, our results do show at least qualitative agreement with experiments and realistic microscopic models.

2.1 The state variables

A complete set of state variables is one that uniquely determines a macroscopic state of the system. If it is given, there is no room for ambiguity or “history-dependence.” Conversely, any such dependences indicate that the set is incomplete. In the hydrodynamic theory, a physical quantity is a state variable if the energy density $w$ depends on it. In GSH, the state variables are, in addition to the usual ones (the density $\rho$, the momentum density $\rho v$, the true entropy $s$, the granular entropy $s_g$ and the elastic strain $u_{ij}$), the stress $\sigma_{ij}$, the pressure $p$, and the temperature $T$. Entropy $s_g$, along with $T_g\equiv \partial w/\partial s_g$, quantifies granular jiggling and is closely associated with the averaged velocity fluctuation $\delta v \equiv \sqrt{\langle v_i^2 \rangle - \langle v_i \rangle^2}$. (It would be wrong to take $T_g \sim \delta v^2$, such as given in the kinetic theory, because any kinetic theory fails for $T_g \rightarrow 0$, when enduring contacts dominate, see [52], also [48,49,51].)

The elastic strain $u_{ij}$ is associated with the deformation of the grains (or in DEM-jargon: their overlap). We do not consider the true entropy $s$ below, although it is undoubtedly a state variable, because effects such as thermal expansion are not at present under our focus. Fabric anisotropy $f_{ij}$, the number of average contacts in different directions, is a useful microscopic characterization of granular states. But there is insufficient evidence that it is macroscopically independent. To keep GSH as simple as possible, our working hypothesis is that it is not. In [53], Magnanimo and Luding employ $f_{ij}$ to account for the anisotropic velocity of elastic waves, because their theory uses linear elasticity and does not have stressed-induced anisotropy. GSH does and yields velocities very close to the measured ones, without $f_{ij}$, see [54]. We note that anisotropy of elastic waves that persists for isotropic stress and $u_{ij}$ would be a sign that $f_{ij}$ is an independent variable.

Denoting the (rest-frame or internal) energy density as $w = w(\rho, s_g, u_{ij})$, we define the conjugate variables as

$$\mu \equiv \frac{\partial w}{\partial \rho}, \quad T_g \equiv \frac{\partial w}{\partial s_g}, \quad \pi_{ij} \equiv -\frac{\partial w}{\partial u_{ij}},$$

(1)

calling $\mu$ is the chemical potential, $T_g$ the granular temperature, and $\pi_{ij}$ the elastic stress. These are among the first energy is. (See [48–51] for a treatment including the macroscopic $s$ and temperature $T \equiv \partial w/\partial s$.)

There are three spatial scales in any granular media: (a) the macroscopic, (b) the mesoscopic or inter-granular, and (c) the microscopic or inner granular. Dividing all degrees of freedom (DoF) into these three categories, we treat those of (a) differently from (b,c). Macroscopic DoF, such as the slowly varying stress, flow and density fields, are employed as state variables, but inter- and inner granular DoF are treated similarly: Only their contributions to the energy are considered and taken, respectively, as granular and true heat. So we do not account for the motion of a jiggling grain, only include its fluctuating kinetic and elastic energy as contributions to the granular heat, $\int T_g ds_g$. Similarly, phonons are part of true heat, $\int T ds$. There are a handful of macroscopic DoF (a), many inter-granular ones (b), and innumerable inner granular ones (c). So the statistical tendency to equally distribute the energy among all DoF implies an energy decay: (a) $\rightarrow$ (b,c) and (b) $\rightarrow$ (c). (In kinetic theories, assuming $T_g \gg T$ holds, the (b) $\rightarrow$ (c) decay is replaced by a constant restitution coefficient $[51]$.) This is what we call two-stage irreversibility.

With $v_{ij} \equiv \frac{1}{2}(\nabla_i v_j + \nabla_j v_i)$, $v_{ij}^* \equiv v_{ij}^t v_{ij}^t$, the balance equation for $s_g$ (closely related to the energy balance in the kinetic theory [55]) is

$$\partial_t s_g + \nabla_i (s_g v_i - \kappa \nabla T_g) = (\eta_g s_g^{2/3} + \zeta_s v_{ij}^2 - \gamma T_g^2)/T_g.$$  

(2)

Here $s_g v_i$ is the convective, and $-\kappa \nabla T_g$ the diffusive, flux. $\eta_g s_g^{2/3}$ accounts for viscous heating, for the increase of $T_g$ because a macroscopic shear rate jiggles the grains. A compression rate $\zeta_s v_{ij}^2$ does the same, though not as effectively [56]. The term $-\gamma T_g^2$ accounts for the relaxation of $T_g$, the (b) $\rightarrow$ (c) decay of energy.
Our second notion, variable transient elasticity, addresses the interplay between elasticity and plasticity. The free surface of a granular system at rest is frequently tilted. When perturbed, when the grains jiggle and \( T_g \) ≠ 0, the tilted surface will decay and become horizontal. The stronger the grains jiggle and slide, the faster the decay is. We take this as indicative of a system that is elastic for \( T_g = 0 \), transiently elastic for \( T_g \neq 0 \), with a stress relaxation rate \( \propto T_g \). A relaxing stress is typical of any viscous-elastic system such as polymers [44]. The unique circumstance here is that the relaxation rate is not a material constant, but a function of the state variable \( T_g \). As we shall see, we use the standard strain \( \epsilon_{ij} \), because the relation between the stress and strain is usually a ubiquitous process, and what requires all temperatures and mass, \( \sigma \propto \rho \), to be valid, is explicit only if \( w \) is given. The terms \( \alpha_{ijkl} \) are the viscous stress; the tensor \( \alpha_{ijkl} \) is the off-diagonal Onsager coefficient that couples the stress components and softens them. The above expressions yield the structure of GSH. Next, we specify the energy and transport coefficients.

2.2 The energy

Due to a lack of interaction among the grains, the energy density \( w \) vanishes when the grains are neither deformed nor jiggling. Assuming \( w = w_T(p, s_g) + w_\Delta(p, u_{ij}) \), we have \( w_T \rightarrow 0 \) for \( s_g \rightarrow 0 \), and \( w_\Delta \rightarrow 0 \) for \( u_{ij} \rightarrow 0 \). So, considering slightly excited, stiff grains (such that the lowest-order terms in \( u_{ij}, s_g \) suffice), we take

\[
\begin{align*}
&w_T = s_g^2/(2\rho_b), & w_\Delta = \sqrt{\Delta}(2B\Delta^2/5 + Au_g^2), \\
&\pi_{ij} = \sqrt{\Delta}(B\Delta + Au_g^2/2\Delta)\delta_{ij} - 2A\sqrt{\Delta} u_{ij}, \\
P_\Delta = \sqrt{\Delta}(B\Delta + Au_g^2/2\Delta), & \pi_s = -2A\sqrt{\Delta} u_s, \\
4P_\Delta/|\pi_s| = 2(B/\Delta)(\Delta/\Delta) + u_s/\Delta,
\end{align*}
\]

where \( \Delta \equiv -u_{tt}, P_\Delta \equiv \pi_{tt}/3, u_s^2 \equiv u_{ij}u_{ij}, \pi_s^2 \equiv \pi_{ij}^2, \pi_s^2 \pi_{ij}, \pi_{ij}^2, \pi_{ij}^2 \), the respective traceless tensors. \( w_T \) is an expansion in \( s_g \). The quadratic term is the lowest-order because \( s_g \sim T_g = 0 \) is an energy minimum. (As we shall soon see, the \( s_g^2 \)-term in fact sufficient to account for fast dense flow and the gaseous state.)

Calling something a temperature, we also give it the dimension kelvin or energy. Taking \( [s_g] = 1/\text{vol}, [T_g] = \text{energy} \) implies \([1/\rho_b] = \text{energy} \times \text{vol}\). But we note the following point: Equilibration, or equality of temperatures, is usually a ubiquitous process, and what requires all temperatures to possess the same dimension. However, granular media in “thermal contacts” do not usually equilibrate—in the sense that the energy distribution is independent of details, and the energy flux vanishes. Given two different granular systems, 1 and 2, with only 1 being driven, there are, in the steady state, four temperatures: \( T_1, T_1^*, T_2, T_2^* \), with an ongoing energy transfer: \( T_g^* \rightarrow T_1^* \) and \( T_g \rightarrow T_2, T_2^* \), such that none of the temperatures is equal to another. The differences depend on details such as the contact area and the respective restitution coefficients.

Only when the driving stops, will they eventually become equal, but this is well approximated by \( T_1^* = T_1^* = 0 \). Therefore, there is no harm in giving \( s_g \) or \( T_g \) any dimensions—as long as \( T_g s_g \) is an energy density.
Given eq. (6) with $b = b(\rho)$, there is quite generally a pressure contribution $P_T$,

$$-P_T \equiv \frac{\partial (w_T/\rho)}{\partial \rho} \bigg|_{s_y} \equiv \frac{\partial ((w_T - T_0 s_y)/\rho)}{\partial \rho} \bigg|_{s_y} = \frac{T_0^2 \rho^2 \partial b}{2 \rho} \bigg|_{s_y}.$$  \hfill (10)

We choose $b = b(\rho)$ such that it yields the kinetic pressure proportional to $\rho$ for the rarefied limit $\rho \to 0$, and the usual form $\propto w_T/\rho$ in the dense limit $\rho \to \rho_{cp}$, see [55, 60],

$$b = b_1 \rho \delta^2 + b_0 \left[ 1 - \frac{\rho}{\rho_{cp}} \right] \quad \text{or} \quad \delta^2 = \frac{T_0 \rho}{\rho_{cp}}.$$  \hfill (11)

with $\delta \approx 0.1$ a small positive number, and $-a_1 \approx 2/3, 1$ for two and three dimensions, respectively. For $\rho \to 0$, we have $\rho \approx 0$, $P_T \approx -a_1 w_T$, with $w_T = \frac{1}{2} \rho \delta^2$ in three dimensions (where $\delta^2 \equiv \langle v_i^2 \rangle - \langle v_i \rangle^2$, $T_0$ denotes the temperature of the kinetic theory, and $P_T = T_0 \rho/m$ the usual kinetic pressure). In the dense limit, the first term in $P_T$ dominates, and the pressure is desired as $\propto w_T/\rho_{cp}$ (The term $\propto b_1$ is new, and not in [48, 49]).

Without equilibration, there is no thermometers that measures $T_g$. It is therefore useful to relate $T_g$ to $\delta^2$, a quantity that is directly measurable, at least in simulations. This is easily done for two limits, because $w_T = \frac{1}{2} \rho \delta^2$ or $\delta^2 = T_g \sqrt{6}$ in the rarefied one; and $\rho \to \rho_{cp}$, granular jiggling occurs in a network of linear oscillators, which oscillate weakly around the static one. (So there is on average as much potential energy as kinetic one.) We note that, for given $\delta^2$, the energy $w_T$ remains finite in both limits, although $b$ diverges and $T_g$ vanishes for $\rho \to 0$.

The expression for $w_{\Delta}$, with $\cal A, B > 0$, is the elastic contribution. Given by the energy of linear elasticity multiplied by $\sqrt{A}$, the form is clearly inspired by the Hertzian contact, though its connection to granular elasticity goes beyond that, and includes both stress-induced anisotropy and the convexity transition (see below). The elastic stress $\pi_{ij}$ has been validated for the following circumstances, achieving at least semi-quantitative agreement:

- Static stress distribution in three classic geometries: silo, sand pile, point load on a granular sheet, calculated employing $\nabla_i \pi_{ij} = \rho g_i$, see [61–63].
- Incremental-stress-strain relation, starting from varying static stresses [64, 65].
- Propagation of anisotropic elastic waves at varying static stresses [54, 66].

Stress-induced anisotropy: In linear elasticity, $w \propto u_i^2$, the velocity of an elastic wave $\propto \sqrt{\partial^2 w/\partial u_i^2}$ does not depend on $u_s$, or equivalently, the stress. For any exponent other than 2, the velocity depends on the stress, and is anisotropic if the stress is. We note that $u_{s_i} / u_s = \pi_{s_i} / \pi_s$ holds (but not $\varepsilon_{s_i}$). They also have the same principal axes. More recently, we have employed a slightly more complicated $w_{\Delta}$ that includes the third strain invariant [67]. Here, colinearity is lost, but strain and stress still share the same principle axis.

Convexity transition: In a space spanned by stress components and the density, there is a surface that divides two regions in any granular media, one in which the stresses are necessarily agitated, another in which they may be in a static, non-dissipating state. The most obvious such surface exists with respect to the density — when it is too small, grains loose contact with one another and cannot stay static. The same holds if the shear stress is too large for given pressure, say when the slope of a sand pile is too steep. Note the collapse occurs in a completely static system. This is qualitatively different from the critical state, because the latter, and the approach to it, takes place in a dissipating system, at given rate and $T_g$. These two require different descriptions, static versus dynamic. We consider the static description here, and shall return to the critical state in sect. 3.1.

In eq. (13), we introduce two material parameters, $\rho_{tp}$ and $\rho_{cp}$, Calling the first the random-loose density, we take it to be the lowest density at which any elastic state may be maintained, where elastic solutions are stable. The second, termed random-close density, is taken as the highest one at which grains may remain uncompressed. For lack of space, grains cannot rearrange at $\rho_{cp}$, and do not execute any plastic motion.

The divide between two regions, one in which elastic solutions are stable, and another in which they are not, in which infinitesimal perturbations suffice to destroy the solution, is the surface where the second derivative of the elastic energy changes its sign, where it turns from convex to concave. The elastic energy of eq. (6) is convex only for

$$u_s/\Delta \leq \sqrt{2B/A} \quad \text{or} \quad \pi_s/P_\Delta \leq \sqrt{2A/B},$$  \hfill (12)

turning concave if the condition is violated. (The second condition may be derived by considering eq. (9), showing $P_\Delta/\pi_s = \sqrt{B/2A}$ is minimal for $u_s/\Delta = \sqrt{2B/A}$.) Assuming $B/A$ is density-independent (typically 5/3), denoting $\bar{\rho} \equiv (20 \rho_{tp} - 11 \rho_{cp})/9$, we take

$$B = B_0 [ (\rho - \bar{\rho})/(\rho_{cp} - \rho) ]^{0.15},$$  \hfill (13)

with $B_0 > 0$ a constant. This expression accounts for three granular characteristics:

- The energy is concave for any density smaller than $\rho_{tp}$.
- The energy is convex between $\rho_{tp}$ and $\rho_{cp}$, ensuring the stability of any elastic solutions in this region. In addition, the density dependence of sound velocities (as measured by Harding and Richart [68]) is well rendered by $\sqrt{B(\rho)}$.
- The elastic energy diverges, slowly, at $\rho_{cp}$, approximating the observation that the system becomes an order of magnitude stiffer there.

One may be bothered by the small exponent of 0.15, questioning whether we imply an accuracy over a few orders of magnitude. We do not: Since $B$ loses its convexity at
\( \rho_p \), the density is never close to \( \rho \) (note \( \rho < \rho_p < \rho_p \), with \( \rho_p - \rho_p \approx \rho_p - \rho \)). And although \( \rho \) may in principle be close to \( \rho_p \), it is hard to reach, and the slow divergence is not really relevant. Given \( B(\rho) \), there is also a contribution \( \Delta^2 \) to \( Pr \) from \( w_\Delta \). It is neglected because \( \Delta \) is (for small \( \Delta \)) much smaller than the elastic one, \( P_\Delta \propto \Delta^1.5 \).

2.3 The dynamics

Dividing \( u_{ij} \) into its trace \( \Delta \equiv -\varepsilon_{\ell} \) and traceless part \( u_{ij}^\ast \), and specifying the matrices \( \alpha_{ijkl}, \lambda_{ijkl} \) with two elements each, \( \alpha, \alpha, \lambda, \lambda \), the equation of motion (3) is written as

\[
\begin{align*}
\partial_t \Delta + (1 - \alpha) \varepsilon_{\ell} - \alpha_1 u_{ij}^\ast v_{ij}^\ast &= -\lambda_1 T_g \Delta, \\
\partial_t u_{ij}^\ast - (1 - \alpha) \varepsilon_{ij}^\ast &= -\lambda_2 T_g \Delta, \\
\partial_t u_s - (1 - \alpha) v_s &= -\lambda_3 T_g u_s.
\end{align*}
\]

The third equation is valid only if strain and rate are co-linear, \( u_{ij}^\ast = \varepsilon_{ij}^\ast \), and \( v_s = \varepsilon_s^\ast \). This is frequently the case for a steady state, because any non-collinear component of \( u_{ij} \) relaxes to zero quickly. The coefficient \( \alpha \) describes softening (if \( 0 < \alpha < 1 \)), or more precisely a reduced gear ratio: The same shear rate yields a smaller deformation, \( \partial_t u_{ij} = (1 - \alpha) \varepsilon_{ij} + \ldots \), but acts also at a smaller stress, \( \sigma_{ij} = (1 - \alpha) \varepsilon_{ij} \ldots \), see eqs. (17), (18). \( \alpha_1 \) accounts for the fact that shearable granular media will change the compression \( \Delta \), implying dilatancy and contractancy. (More Oussager coefficients are permitted by symmetry, but excluded here to keep the equations simple.) The Cauchy or total stress is now

\[
P = \sigma_{\ell} + \lambda \varepsilon_{\ell} = (1 - \alpha) P_\Delta + Pr - \zeta \varepsilon_{\ell},
\]

\[
\sigma_{ij}^\ast = \lambda (1 - \alpha) \pi_{ij}^\ast - \alpha_2 u_{ij}^\ast P_\Delta - \eta g v_{ij}^\ast,
\]

\[
\sigma_s = \lambda (1 - \alpha) \pi_s + \alpha_5 P_\Delta + \eta g v_s.
\]

Again, the third equation (with \( \sigma_{ij}^\ast = \sigma_{ij} - \lambda \varepsilon_{ij} \)) is valid only if \( \pi_{ij}^\ast = u_{ij}^\ast \) and \( \varepsilon_{ij}^\ast \) are co-linear, \( \pi_{ij}^\ast = \varepsilon_{ij}^\ast \), since \( \varepsilon_{\ell} = 0 \). The pressure \( P \) and shear stress \( \sigma_s \) contain elastic contributions \( \propto \pi_s, P_\Delta \) from eq. (8), and seismic (i.e. \( T_g \)-dependent) ones: \( Pr \propto T_g \) from eq. (11), and the viscous stress \( \propto \eta g v_s \). The coefficients \( \alpha, \alpha_1 \) soften and mix the stress components. The term preceded by \( \alpha_1 \) is smaller by an order in the elastic strain, and may be neglected, as we shall do in this paper, if \( \alpha_1 \) is not too large.

The transport coefficients \( \alpha, \alpha_1, \eta_\ell, \zeta_\ell \) are functions of the state variables, \( u_{ij}, T_g \) and \( \rho \). As explained above, they are to be obtained from experiments, in a trial-and-error iteration. And the specification below is what we at present believe to be the appropriate ones. Generally speaking, we find strain dependence to be weak —plausibly so because the elastic strain is such a small quantity. One expand in it, keeping only the constant terms. We also expand in \( T_g \), but mostly eliminate the constant terms, as we take granular media to be fully elastic for \( T_g \to 0 \). The force balance \( \nabla \sigma_{ij} = \rho g_i \) reduces to its elastic form, \( \nabla_j \pi_{ij} = \rho g_i \). This implies \( \alpha, \alpha_1, \eta_\ell, \zeta_\ell, \kappa_\ell \to 0 \) for \( T_g \to 0 \). In addition, we take \( \alpha, \alpha_1 \) to saturate at an elevated \( T_g \), such that rate-independence is established. Hence

\[
\eta_\ell = \eta_1 T_g, \quad \kappa_\ell = \zeta_1 T_g, \quad \kappa = \kappa_1 T_g,
\]

\[
\alpha/\bar{\alpha} = a_1/\bar{a}_1 = T_g/(T_\alpha + T_g),
\]

with \( \bar{\alpha}, \bar{a}_1, \eta_1, \zeta_1, \kappa_1, T_\alpha \) functions of \( \rho \) only. Expanding \( \gamma \) in \( T_g \) yields \( \gamma = \gamma_0 + \gamma_1 T_g \). We keep \( \gamma_0 \), because the reason leading to eqs. (20) does not apply, and because \( \gamma \neq 0 \) ensures a smooth transition from the hypoplastic to the quasi-elastic regime, see eq. (24) below. For lack of better information, we take \( T_\alpha \) and \( \gamma_0/\gamma_1 \) to be of the same magnitude.

Since granular media are elastic at \( \rho_{cp} \), we have \( \bar{\alpha}, \bar{a}_1, \lambda_1, \lambda_0 \to 0 \) for \( \rho \to \rho_{cp} \), such that eqs. (14), (15) assume the elastic form, while \( \gamma_1 \), the relaxation rate for \( T_g \), and \( \nu_1 \), the viscosity, diverge. Accordingly, we take (with \( a_1, a_2, a_3, a_4, a_5 > 0 \))

\[
r \equiv 1 - \rho/\rho_{cp}, \quad \bar{a}_1 = a_1 \rho_{cp}/\rho_{cp}, \quad \lambda_0 = \lambda_1/\lambda_{10} = r, \eta_1 = \eta_1 r, \quad \gamma_1 = \gamma_1 r.
\]

(Close to \( \rho_{cp} \), the dependence on \( \rho \) is the sensitive one, and we ignore any weaker ones on \( \rho \) directly.) We stand behind the temperature dependence with much more confidence than that of the density, for two reasons: First, \( \rho \) is not a small quantity that one may expand in, and we lack the general arguments employed to extract the \( T_g \)-dependence. Second, not coincidentally, the \( \rho \) dependence does not appear universal: \( a_4 = a_5 = 1 \) seems to fit glass beads data, while \( a_4 = 0.5, a_5 = 1.5 \) appear more suitable for polystyrene beads [69]. For the rest of the paper, when discussing the density dependence qualitatively, we shall use what we call the exemplary values:

\[
a_1 = a_2 = a_3 = a_4 = a_5 = 1.
\]

At given shear rates \( v_s \), the stationary state of eq. (2) —with viscous heating balancing \( T_g \)-relaxation and \( \partial_t s_g = 0 \) —is quickly arrived at \((\bar{\zeta} \approx 10^{-3} s)\), implying

\[
\gamma_1 h^2 T_g^2 = v_s^2 \eta_1 + v_s^2 \zeta_1.
\]

where

\[
h^2 = 1 + \gamma_0/\gamma_1 T_g.
\]

If the density is either constant or changing slowly, implying \( v_s^2 \approx 0 \), we have a quadratic regime for small \( T_g \) and low \( v_s \), and a linear one at elevated \( T_g \), \( v_s \):

\[
T_g = |v_s| \sqrt{\eta_1/\gamma_1} \quad \text{for} \quad \gamma_1 T_g \gg \gamma_0, (23)
\]

\[
T_g = v_s^2 (\eta_1/\gamma_1) \quad \text{for} \quad \gamma_1 T_g \ll \gamma_0. (24)
\]

As discussed in detail in the next section, the linear regime is the hypoplastic one, in which the system displays elastoplastic behavior and the hypoplastic model holds. In the quadratic regime, because \( T_g \propto v_s^2 \approx 0 \) is quadratically small and negligible, the behavior is quasi-elastic, with slow, consecutive visit of static stress distributions. Note \( h = 1 \) in the hypoplastic regime, \( h \to \infty \) in the quasi-elastic one.
We revisit eq. (2), implementing the following simplifications: 1) $\nabla_i T_g$ is assumed to be small and linearized in; so terms such as $(\nabla_i T_g)^2$ are eliminated. 2) The convective term $\nabla_i (s_{ij} \dot{\epsilon}_{ij})$ is taken to be negligible, as is $v_{t\ell}$, because density change is typically both small and slow. 3) An extra source term $\gamma_1 h^2 T_g^2$ is added to account for an ambient temperature $T_g$, which are external perturbations such as by tapping or a sound field. Equation (2) then reads

$$b \rho \partial_t T_g - \kappa_1 T_g \nabla^2 T_g = \eta_1 v_s^2 - \gamma_1 h^2 (T_g^2 - T_a^2).$$

(25)

Generally speaking, any source contributing to $T_g$ is already included. For instance, given a sound field and its compressional rate $v_{t\ell}$, there is the term on the right-hand side of eq. (2), $\zeta (v_{t\ell}^2)^2$. Coarse-graining it, we may set $\zeta_1 (v_{t\ell}^2)^2 \equiv \gamma_1 h^2 T_g^2$. So adding such a term is simply a convenient way to account for a non-specific source. Finally, we rewrite eqs. (14), (15), (16), (25) as coupled relaxation equations, dimensionally streamlined with time and 1 length scales,

$$\partial_t T_g = -R_T \left[ T_g (1 - \xi_0^2 \nabla^2 T_g - T_c^2 - T_a^2) \right],$$

(26)

$$T_c \equiv f(|v_s|), \quad f^2 \equiv \frac{1}{\overline{\zeta_0} h^2 \gamma_1}, \quad R_T \equiv \frac{\gamma_1 h^2}{\overline{\zeta_0}},$$

$$\xi_0^2 \equiv \frac{\kappa_1}{\overline{\zeta_0} h^2};$$

(27)

$$\partial_t \Delta + (1 - \alpha) v_{t\ell} = -\lambda_1 T_g \Delta - (T_c |u_s| / T_g \nu_e) \Delta_c,$$

(28)

$$\partial_t u_{i\ell} = -\lambda T_g [u_{i\ell} - (T_c / T_g) u_{i\ell}^{*}],$$

(29)

$$\partial_t u_s = -\lambda T_g [u_s - (T_c / T_g) u_s^{*}],$$

(30)

$$u_{\ell} \equiv \frac{1 - \alpha}{\lambda \bar{f}}, \quad \frac{u_{i\ell}^{*}}{|v_s|} \equiv \frac{v_{i\ell}^{*}}{|v_s|},$$

$$\Delta_e \equiv \frac{\alpha_1}{\lambda_1} \frac{u_{i\ell}^{*} v_{i\ell}^{*}}{|u_s| / |v_s|}.$$  

(31)

For constant shear rate and $T_0, v_{t\ell} = 0$, we have $T_g = T_c, \Delta = \Delta_c, u_s = u_c, u_{i\ell} = u_{i\ell}^{*}$, with $\Delta_c, u_s, u_{i\ell}^{*}$ rate-independent. It is customary in soil mechanics to refer to this steady state as critical, though it is unrelated to critical phenomena in physics. The relaxation rate $T_g R_T$ in dense media has an inverse time scale of order ms or less. In comparison, the rates $\lambda T_g, \lambda_1 T_g \propto v_s$ are small for the shear rates typical of soil-mechanical experiments, $\lambda T_g \approx 1/s$ for $v_s = 10^{-2}/s$. The length scale $\xi_T$ is a few granular diameters. Rate-independence derives from $T_g \propto T_c \equiv f(|v_s|)$, and is destroyed by any $T_a \neq 0$. We note that $u_c, T_c > 0$, but $u_{i\ell}, v_{i\ell}$ may be negative. eq. (30) is obtained by multiplying eq. (29) with $u_{i\ell}^{*} / |u_s|$ and assuming $u_s > 0, u_{i\ell}^{*} / |u_s| = v_{i\ell}^{*} / |v_s| = \text{const}$, which is e.g. not right in the load/unload experiment, as $u_{i\ell}^{*} / |u_s| = -v_{i\ell}^{*} / |v_s|$ right after a rate reversal, see sect. 3.2.)

With the differential equations derived, the energy density and transport coefficients in large part specified, GSH is a well-defined theory. It contains clear ramifications and provides little leeway for retrospective adaptation to observations. As we shall see in the following sections, a wide range of granular phenomena is encoded in these equations.

### 2.4 Three rate regimes

Depending on the interaction between particles, granular experiments are divided into three regimes: In the first, the particles are static and elastically deformed; in the second, they move slowly, rearranging by overcoming frictional forces; in the third, they interact by collisions. Although this interaction, of mesoscopic nature, is not manifest in a macroscopic theory, GSH does have three regimes echoing its variation, and the control parameter is how strongly the grains jiggle —quantified as the granular temperature $T_g$:

- At vanishing shear rates, grains do not jiggle, $T_g \rightarrow 0$. The stress stems from deformed grains and is elastic in origin. Static stress distribution and the incremental stress-strain relation are phenomena of this regime. Deviations from full elasticity, $u_{ij} \equiv \varepsilon_{ij}$ and $\sigma_{ij} = \pi_{ij}$, being quadratically small, $\alpha, \alpha_1, \eta_0, \xi_0, \kappa_1 \propto T_g \propto v_s^2$, are frequently negligible. This is what we call the quasi-elastic regime.

- At slow rates, $T_g \gg \gamma_0 / \gamma_1$ is somewhat elevated, see eq. (23). The elastic stress may now relax, implying plasticity: When the grains jiggle and briefly loosen contact with one another, the grains’ deformation and the associated stress will get partially lost, irreversibly. We call this regime hypoplastic, because this is where the hypoplastic model [4] and other rate-independent constitutive relations are valid. Typical phenomena are the critical state [1], and the different loading/unloading curves. Friction is a result in GSH, not an input, and it derives from the combined effect of elastic deformation and stress relaxation. (In spite of our borrowed usage of hypoplasticity, the reversible part of the stress is derived from an energy potential.)

In the hypoplastic regime, we have $T_g = T_c \equiv f(|v_s|)$, $\alpha = \bar{\alpha}$, $\alpha_1 = \alpha_1$ if $T_0 = 0$. Equations (28), (29) for the elastic strain are then explicitly rate-independent, and the stress, generally given by eqs. (17)–(19), is simplified, because the kinetic pressure $P_T \propto T_g^2$ and the viscous stress $\eta T_g v_s$, both quadratic in the rate, are negligibly small. The stress is $\sigma_{ij} = (1 - \alpha) \pi_{ij}$, where the factor is typically between 0.2 and 0.3. The complex elastoplastic motions, observed mainly in triaxial apparatus, take place in this regime.

- At high shear rates, large $T_g$ and low densities, we are in the regime of rapid dense flow. The jiggling is so strong that it gives rise to a kinetic pressure and viscous shear stress. They compete with the elastic one as rendered by the $\mu$-theory [70]. We still have $T_g \propto v_s$ at higher rates, but it is no longer small. Therefore, the kinetic pressure $P_T$ and the viscous stress become significant and compete with the elastic contribution. Both the total pressure and the shear stress may now be written as $e_1 + e_2 v_s^2$, with $e_1, e_2$ functions of the density. The Bagnold regime is given for $e_2 v_s^2 \gg e_1$, where all stress components depend quadratically on the rate. Typically, since $e_1 \gg e_2 v_s^2$ for any realistic $v_s$, it is not easy to go continuously from the rate-independent to
the Bagnold regime at given density. However, a discontinuous transition is possible at given pressure, because $\rho$ decreases with $v_s$, eventually going below $\rho_{T_g}$. There is then no elastic solution, $\sigma_{ij} \equiv 0$, or $e_1 = 0$.

And the system is in a pure Bagnold regime.

For reasons discussed in detail in [51], it is difficult to observe the transition from the hypoplastic regime to the quasi-elastic regime. And it has in fact not yet been done systematically. This is probably why soil mechanics textbooks take the hypoplastic regime to be the lowest rate one, referring to it as quasi-static. This is, we believe, conceptually inappropriate, because motions in the hypoplastic regime are irreversible and strongly dissipative, not consecutive visits of neighboring static states with vanishing dissipation. Therefore, experiments at the very low end of shear rates are highly desirable. (When pressed, we need to guess. And we expect the quasi-elastic regime to start somewhere below $10^{-5}/s$, with the rate-independent hypoplastic regime above $10^{-3}/s$.)

Next, we employ the equations presented above to account for granular phenomena, first in the hypoplastic regime, in which the complexity of granular behavior is most developed and best documented. Then we consider dense flow, including the $\mu$-rheology and the Bagnold scaling. This is followed by the non-uniform phenomena of elastic waves, shear band and compaction. Finally, the quasi-elastic regime of vanishing rates is considered, exploring why it is hard to observe, and how best to overcome the difficulties.

### 3 The hypoplastic regime

Granular behavior in the hypoplastic regime are taken to generally possess rate-independence—meaning for given strain rates, the increase in the stress $\Delta \sigma_{ij}$ depends only on the increase in the strain, $\Delta \epsilon_{ij}$, not the rate. As a result, engineering theories typically have rate-independence built in from the beginning. We note that it is not at all a robust feature of granular behavior. For instance, it is lost when the system is subject to an ambient temperature $T_a$ (such as given by a sound field, see the discussion around eq. (25)): The critical stress then becomes strongly rate-dependent, vanishing for large $T_a$. And it does not extend into the higher rates of dense flow. Therefore, rate-independence is a phenomenon that cries out for an explanation, an understanding.

Moreover, it is crucial to distinguish between rate- and stress-controlled experiments. When the rate is given, $T_g$ quickly settles into its steady state value $T_g$, see eq. (26), then the relaxation of $u$, accounting for the approach to the critical state, is independent of the rate, see eq. (30). A rather different experiment is to hold the shear stress $\sigma_s$ fixed, starting with an elevated $T_g$. This $T_g$ will relax until it is zero, and the system static. There is also a rate in this case, referred to as creep sometimes—the one that compensates the stress relaxation at a finite $T_g$. Being proportional to $T_g$, this rate relaxes toward zero at the same time. Rate-independence is therefore a misplaced concept here.

Stress-controlled experiments cannot be performed in triaxial apparatus with stiff steel walls, because the correcting rates employed by the feedback loop to keep the stress constant are of hypoplastic magnitudes. As a result, much $T_g$ is excited that distorts its relaxation, and the situation is one of consecutive constant rates, not of constant stress. Instead, one may employ a soft spring to couple the granular system with its driving device, to enable small-amplitude stress corrections without exciting much $T_g$. We consider rate-controlled experiments in sects. 3.1, 3.2, and 3.3, stress-controlled ones in sect. 3.4, and experiments subject to an ambient temperatures $T_a$ in sect. 3.5.

#### 3.1 The critical state

Grains with enduring contacts are deformed, which gives rise to an elastic stress. The deformation is slowly lost when grains rattle and jiggie, because they lose or loosen contact with one another. As a consequence, a constant shear rate not only increases the deformation, as in any elastic medium, but also decreases it, because grains jiggie when being sheared past one another. A steady state exists in which both processes balance, such that the deformation remains constant over time—as does the stress. This is the critical state. Moreover, the increase in deformation is $\propto v_s$, the relaxation is $\propto T_g$. As $T_g \propto v_s$ for elevated granular temperature, the steady-state, especially the critical stress, are rate-independent. In this section, we show how GSH mathematically codify this physics.

#### 3.1.1 Stationary elastic solutions

The critical state is given by the stationary solution $T_g = T_c$, $\Delta = \Delta_c$, $u_s = u_c$, with

$$u_s = \frac{1 - \alpha}{\lambda} \frac{v_s}{T_g} = \frac{1 - \alpha}{\lambda \Delta_c}, \quad \frac{\Delta_c}{u_s} = \frac{\alpha_1}{\lambda_1 \Delta_c} = \frac{\alpha_1}{\lambda_1 T_g},$$

see eqs. (26)–(29). Because further shearing does not lead to any stress increase, this state is frequently referred to as ideally plastic [71]. Note $u_c$, $\Delta_c$ are rate-independent (for $\alpha = \bar{\alpha}$, $\alpha = \bar{\alpha}$, $T_c = 0$) and functions of the density. Same holds for the critical stress, cf. eqs. (7)–(9),

$$P_c = (1 - \bar{\alpha}) P_{\Delta c}, \quad \pi_c = (1 - \bar{\alpha}) \pi_c,$$

$$P_{\Delta c} = P_{\Delta c}(\Delta_c, u_c), \quad \pi_c = \pi_c(\Delta_c, u_c),$$

$$P_{\Delta c}/\pi_c = (B/2\mathcal{A}) \Delta_c/u_c + u_c/4 \Delta_c.$$
than the former, because the critical state is elastic, and must stay below Coulomb yield, \( \lambda_1 f / \bar{\alpha}_1 < \sqrt{2B/A} \), if it is viable. Textbooks on soil mechanics state that the friction angle is independent of the density —although they do not, as a rule, distinguish between the dynamic and the static one. We assume, for lack of better information, that both are, or \( 2(a_3 - a_2) = a_5 - a_4 \), see eq. (21). Separately, both \( \Delta_s \) and \( u_s \) should increase with \( \rho \to \rho_{cp} \), same holds for \( P_c \) and \( \sigma_c \).

3.1.2 Approach to the critical state at constant density

Solving eqs. (40), (41) for \( u_s, \Delta \), at constant \( \rho, v_s \), with \( h = \alpha / \bar{\alpha} = \alpha_1 / \bar{\alpha}_1 = 1 \), and the initial conditions: \( \Delta = \Delta_0, u_s = 0 \), the relaxation into the critical state is given as

\[
\begin{align*}
  u_s(t) &= u_s(1 - e^{-f_1 \lambda_1}), \\
  \Delta(t) &= \Delta_0 \left( 1 + f_1 e^{-\lambda_1 f_1} + f_2 e^{-\lambda_2 f_2} \right), \\
  f_1 &= \frac{\lambda_1}{\lambda - \lambda_1}, \\
  f_2 &= \frac{\Delta_0}{\Delta_c} \frac{\lambda}{\lambda - \lambda_1},
\end{align*}
\]

(36)

Clearly, this is an exponential decay for \( u_s \), and a sum of two decays for \( \Delta \). It is useful, and quite demystifying, that a simple, analytical solution in terms of the elastic strain exists. Because \( \lambda \approx 3.3\lambda_1 \), the decay of \( u_s \) and \( f_1 \) are faster than that of \( f_2 \). Note that \( f_2 \) may be negative, and \( \Delta(t) \) is then not monotonic. The associated pressure and shear stress are those of eqs. (33)–(35). For a negative \( f_2 \), neither the pressure nor the shear stress is monotonic. For the system to complete the approach to the critical state, the yield surface (such as given by eq. (12)) must not be breached during the non-monotonic course. If it happens, there is an instability, and the most probable result are shear bands, see sects. 3.6, 4.2 below. Then the uniform critical state will not be reached.

3.1.3 Approach to the critical state at constant pressure

Frequently, the critical state is not approached at constant density, but at constant pressure \( P \) (or a stress eigenvalue \( \sigma \)). The circumstances are then more complicated. As \( \Delta, u_s \) approach \( \Delta_c, u_c \), the density compensates to keep \( P(\rho, \Delta, u_s) = \) const. Along with \( \rho \), the coefficients \( \alpha, \alpha_1, \lambda, \lambda_1, f \) (all functions of \( \rho \)), also change with time. In addition, with \( \rho \) changing, the compressional flow \( v_{el} = -\partial \rho / \rho \) no longer vanishes (though it is still small). Analytic solutions do not seem feasible now, but numerical ones are, see fig. 1, which compares three sets of parameters by plotting the deviatoric stress versus axial strain at given \( \sigma \). Clearly, any could serve as a textbook illustration of the approach to the critical state. The parameters, see eqs. (21), labeled as I, II, III, are

- \( B_0 = 2, 0.22, 0.05 \) GPa, \( B/A = 5/3, 8, 5/3, \rho_0/\rho_{cp} = 0.615, 0.650, 0.667, \)
- \( \alpha_0 = 1.04, 0.85, 16.25, \alpha_10 = 400, 30, 719, \)
- \( \lambda_0 \sqrt{h_{10}/\gamma_{10}} = 272, 250, 2375, \lambda/\lambda_1 = 3.8, 3.8, 3, \)
- \( a_1 = 0.15, 0.15, 1.6, a_2 = 1, 0.15, 1.6, a_3 = 0.6, 0.53, 1.6, a_4 = a_5 = 0, 0, -1. \)

Figure 2 compares I to the (drained monotonic triaxial) experiment by Wittharmann [76], II to the simulation by Thornton and Antony [77], both in the plots as originally given. The comparison of III to the barodesy model [73–75] may be found in [72].

Generally speaking, we have three scalar state variables: \( \rho, u_s, \Delta \), each with an equation of motion that depends on the rates \( v_s, v_{el} \) and the variables themselves. In addition, \( P, \sigma \), are functions of \( \rho, u_s, \Delta \). In the last section, both rates were given, \( v_{el} = 0, v_s = \) const. As a result, we have \( \rho = \) const, while \( \Delta(t) \) and \( u_s(t) \) were calculated taking the coefficients \( \alpha(\rho), \alpha_1(\rho), \lambda(\rho), \lambda_1(\rho), f(\rho) \) as constant. The stress components were then
obtained as dependent functions. A pressure-controlled experiment means that only the shear rate \( v_s \) is given. Holding \( P(\rho, u_s, \Delta) = \text{const} \) (or analogously \( \sigma_1 \)) implies the density \( \rho \) (and with it \( v_{\ell \ell} = -\partial \rho/\partial \rho \)) is a dependent function, \( \rho = \rho(P, u_s, \Delta) \). Now, in the equations of motion for \( u_s \) and \( \Delta \), one first eliminates \( v_{\ell \ell} \) employing \( v_{\ell \ell} = -\partial \rho/\partial \rho \), then eliminates both \( \partial \rho/\partial \rho \) and the \( \rho \)-dependence of \( \alpha(\rho), \alpha_1(\rho), \lambda(\rho), \lambda_1(\rho), f(\rho) \) employing \( \rho = \rho(P, u_s, \Delta) \). This changes the differential equations—which are then solved numerically.

Many well-known features of fig. 1 can be understood assuming the solutions of eq. (36) remain valid, say being employed to the density \( \rho \). This changes the differential equations—which are then solved numerically.

3.1.4 Shear jamming

A jammed state is one that can stably sustain a finite stress, especially an anisotropic one. It is therefore characterized by values for \( \Delta, u_s \) that satisfy the stability conditions \( u_s/\Delta \leq \sqrt{2B/A} \), or eq. (12). An unjammed state violates either this or another stability conditions, such as \( \phi_{1p} < \phi < \phi_{2p} \) (where \( \phi \equiv \rho/\rho_b \), with \( \rho_b \) the bulk density, is the packing fraction). Typically, the critical state is approached starting from an isotropic stress, \( \Delta = \Delta_0 \), \( u_s = 0 \). But the approach solution eq. (36) is also valid if the initial elastic shear strain is finite, \( u_s \neq 0 \). Writing the solution to first order in the shear strain \( \varepsilon_s \equiv v_s t \),

\[
\begin{align*}
  u_s(t) &= u_0 \lambda f \varepsilon_s,
  \Delta(t) &= \Delta_0 (1 - \lambda_1 f \varepsilon_s),
\end{align*}
\]

we see a growing \( u_s \) and a decreasing \( \Delta \) for the initial stage. This is the reason that, if \( \Delta_0 \) is sufficiently small, the system will become unstable first, before it re-enters the stable region, converging eventually onto the critical state. Shear-jamming at constant density, as observed in [78] and simulated in [79], is exactly this process, starting from the initial value \( \Delta, u_s = 0 \), or equivalently, from vanishing elastic pressure and shear stress, \( P_\Delta, \pi_s = 0 \). So the system is unstable at the beginning, until \( \Delta \) is sufficiently large to satisfy eq. (12), and the system is securely jammed. Further steady shearing then pushes the system into the critical state.
If there is no tapping, and pressure.)

3.1.5 The critical state with external perturbations

If one perturbs the system, say by exposing it to weak vibrations, or by tapping it periodically, such as in a recent experiment [80], the critical state is modified, and a rate-dependence of the critical shear stress is observed. The stress decreases with the shaking amplitude, and increases with the shear rate, such that the decrease is compensated at higher rates. Clearly, engineering theories with built-in rate-independence cannot account for this observation. GSH, on the other hand, if it indeed provides a wide-range description of granular behavior, should be able to.

The consideration of the critical state in the previous three sections takes any granular temperature \( T_g \) to be a result of the given shear rate, hence \( T_g = T_c \equiv |v_s|/f \). This is no longer the case here, as sound field or tapping also contributes to \( T_g \). And we have eq. (26),

\[
T_g^2 = T_c^2 + T_s^2. \tag{38}
\]

This is the reason the steady state values are reduced to \( \bar{u}_c = (T_c/T_s)u_c, \Delta_c = (T_c/T_s)^2 \Delta_c, \) see eqs. (28)–(30), with

\[
\bar{u}_c^2 = \frac{\Delta_c}{\sigma_c} \equiv \frac{1}{1 + T_s^2/T_c^2}. \tag{39}
\]

If there is no tapping, \( T_s = 0 \), we retrieve the unperturbed values, \( \bar{u}_c = u_c, \Delta_c = \Delta_c, \sigma_c = \sigma_c \). With tapping, \( \bar{u}_c, \Delta_c, \sigma_c \) decrease for increasing \( T_s \), and increase with increasing shear rate \( T_s = f|v_s| \), see fig. 3. (Note we have only considered the critical state at given shear rate, not the approach to it. So the result holds both at given density and pressure.)

The above consideration is the basic physics of the observation reported in [80]. It helps to put rate-independence, frequently deemed a fundamental property of granular media, into the proper context. A more detailed comparison is unfortunately made difficult by the highly non-uniform experimental geometry. Nevertheless, some comparison, even if unabashedly qualitative, may still be useful. In [80], the torque \( \tau \) on the disk on top of a split-bottom shear cell is related to its rotation velocity \( \Omega \) and the shaking acceleration \( f \). Now, \( \tau \) and \( \sigma_c, \Delta_c \) and \( v_s \), \( \Gamma \) and \( T_c \), are clearly related pairs, see also sect. 6. Assuming the lowest-order terms suffice in an expansion, we take \( \sigma_c \propto \tau \) and \( \Gamma = c_1T_a \) with \( c_1 = 20 \) s (noting \( T_g \) is dimensionless with an appropriate \( b \)). If \( v_s \) were uniform, \( \Omega \propto v_s \) would also hold. Since it is not, \( \Omega \propto v_s^2 \) with \( n > 1 \) seems plausible, because with additional degrees of freedom such as position and width of the shear band, the system has for given \( \Omega \) more possibilities to decrease its strain rate \( v_s \). We take \( \Omega = c_2v_s^2 \) with \( c_2 = 1 \) s (implying a replacement of \( T_a/v_s \) with \( \Gamma/\sqrt{\Omega} \) in eq. (39)) for the fit of fig. 1, but emphasize that qualitative agreement exists irrespective of \( n \)’s value. In [80], a stress dip was in addition observed at higher rates, see fig. 1. This is also accounted for by GSH, see sects. 4.1 and [81].

3.2 Load and unload

For the difference between load and unload is that the stationary values \( \Delta_c, u_c, \sigma_c \) of eqs. (28), (29) are altered when the shear rate \( v_s^2 \) is reversed. The relaxation then proceed towards these new values, see the final paragraph of sect. 2.3. It is simple and deterministic and not in anyway history-dependent. We insert \( T_g = f|v_s| \) into eqs. (14), (16),

\[
\partial_t \Delta = v_s \alpha_1 u_s - |v_s| \lambda_1 f \Delta, \tag{40}
\]

\[
\partial_t u_s = v_s (1 - \alpha) - |v_s| \lambda f u_s, \tag{41}
\]

to see that loading \( v_s = |v_s| > 0 \) and unloading \( v_s = -|v_s| < 0 \) have different slopes: \( \partial_t u_s/v_s = (1 - \alpha) \equiv (\lambda f u_s/h) \). Referred to as incremental non-linearity in soil mechanics, this phenomenon is the reason why back-tracking takes place under reversal of shear rate: Starting from isotropic stress, \( u_s = 0 \), see fig. 4, the gradient is at first \( (1 - \alpha) \), becoming smaller as \( u_s \) grows, until it is zero, in the stationary case \( \partial_t u_s/v_s = 0 \). Unloading now, the slope is \( (1 - \alpha) + (\lambda f u_s/h) \), steeper than it has ever been. It is again \((1 - \alpha)\) for \( u_s = 0 \), and vanishes.

Fig. 3. Suppression of the critical shear stress \( \sigma_c^* \) by vibration as given by eq. (39), assuming \( \Gamma = \alpha T_a, \Omega = \beta v_s^2 \) (see text for details). Inset is the experimental curve of [80], with the torque \( \tau \) denoted as \( T \), as in [80]. (The stress dip at large \( \Omega \), neglected here, is explained in [81].)

Fig. 4. The hysteric change of the shear stress \( \propto u_s \) with the strain, as given by eq. (41). The sign of \( v_s(t), \varepsilon_s \equiv \int_0^t v_s(t') \, dt' \), and \( u_s(t) \) are given respectively in (b), (c) and (d).
for $u_s$ sufficiently negative. The same scenario holds for $\partial_t \Delta/v_n$. The stress components $P$, $\sigma_s$ are calculated employing eqs. (8), (17), (19) for given $\Delta$, $u_s$. This consideration holds only for a given density, it is more complicated if the pressure is given instead, as in sect. 3.1), but the basic physics remains the same.

In systematic studies employing discrete numerical simulation, Roux and coworkers have accumulated great knowledge about granular physics, see, e.g., [82,83]. They distinguish between two types of strain, I and II, identifying two regimes in which either dominates. This result agrees well with the above consideration, as the relaxation term in eq. (41), being $\propto u_s$ is small if $u_s \propto \sigma_s$ is. Slow relaxation means the system is less plastic, more elastic and the difference between load and unload is small.

3.3 Constitutive relations

Granular dynamics is frequently modeled employing the strategy of rational mechanics, by postulating a function $\mathcal{E}_{ij}$ —of the stress $\sigma_{ij}$, strain rate $\nu_{kl}$, and density $\rho$— such that the constitutive relation, $\partial_t \sigma_{ij} = \mathcal{E}_{ij}(\sigma_{ij}, \nu_{kl}, \rho)$ holds. (More generally, $\partial_t$ is to be replaced by an appropriate objective derivative.) It forms, together with the continuity equation $\partial_t \rho + \nabla \cdot \rho \nu_i = 0$, momentum conservation, $\partial_t (\rho \nu_i) + \nabla \cdot (\sigma_{ij} + \rho \nu_j \nu_i) = 0$, a closed set of equations for $\sigma_{ij}$, the velocity $\nu_i$, and the density $\rho$ (or void ratio $e$).

Both hypoplasticity and barodesy considered below belong to this category. (We do not consider elasto-plastic models refrain from the attempt to account for non-uniform situations, say elastic waves.

Second, dispensing with the the variables $T_g$ and $u_{ij}$, one reduces the model’s range of validity. For instance, they hold only for $T_g = T_c \equiv f(v_s)$ and not for $T_g$ that is either too small or oscillates too fast. Also, as the analytical solution of the approach to the critical state shows, considering $u_{ij}$ is a highly simplifying intermediate step. The case for $u_{ij}$ is even stronger when considering proportional paths and the barodesy model, see below.

3.3.1 The hypoplastic model

The hypoplastic model starts from the rate-independent constitutive relation,

$$\partial_t \sigma_{ij} = H_{ijkl} \nu_{kl} + A_{ij} \sqrt{\nu_s^2 + e v_{ij}^2},$$

(42)

postulated by Kolymbas [4], where $H_{ijkl}$, $A_{ij}$, $\epsilon$ are functions of the stress and void ratio. The simulated granular response is realistic for deformations at constant or slowly changing rates. Taking $h = 1$, $\alpha = \alpha_1$, $\alpha_1 = \alpha_1$, $P_T, \eta T_g v_{ij}^0 \to 0$, GSH easily reduces to the hypoplastic model. This is because $\sigma_{ij}$ of eqs. (17), (18) is then the same as $\pi_{ij}$, a function of $u_{ij}$, $\rho$, and we may write $\partial_t \sigma_{mn} = (\partial \sigma_{mn}/\partial u_{ij}) \partial_t u_{ij} + (\partial \sigma_{mn}/\partial \rho) \partial_t \rho$. Replacing $\partial_t \rho$ with $-\sigma_{ij} T_g$, we arrive at an equation with the same structure as eq. (42). Our derived expressions for $H_{ijkl}$, $A_{ij}$ is different from the postulated ones, and somewhat simpler, but they yield very similar results, especially response ellipses [56]. (Response ellipses are the strain increments as the response of the system, given unit stress increments in all directions starting from an arbitrary point in the stress space, or vice versa, stress increments as the response for unit strain increments.)

3.3.2 Proportional paths and barodesy

Barodesy is a recent model, again proposed by Kolymbas [73–75]. It is more modular and better organized than hypoplasticity, with different parts in $\mathcal{E}_{ij}$ taking care of specific aspects of granular deformation, especially that of proportional paths. We take $\mathcal{P}_F \mathcal{P}_F$ to denote, respectively, proportional strain and stress paths. Their behavior is summed up by the Goldscheider rule (GR):

- A $\mathcal{P}_F \mathcal{P}_F$ starting from the stress $\sigma_{ij} = 0$ is associated with a $\mathcal{P}_F \mathcal{P}_F$. (The initial value $\sigma_{ij} = 0$ is a mathematically idealization, neither easily realized nor part of the empirical data. We take it cum grano salis.)
- A $\mathcal{P}_F \mathcal{P}_F$ starting from $\sigma_{ij} \neq 0$ leads asymptotically to the same $\mathcal{P}_F \mathcal{P}_F$ obtained when starting at $\sigma_{ij} = 0$.

Any constant strain rate $\nu_{ij}$ is a $\mathcal{P}_F \mathcal{P}_F$. In the principal strain axes ($\varepsilon_1, \varepsilon_2, \varepsilon_3$), a constant $\nu_{ij}$ means the system moves with a constant rate along its direction, with $\varepsilon_i/\varepsilon_2 = \nu_{ij}/v_2$, $\varepsilon_2/\varepsilon_3 = \nu_{ij}/v_3$ independent of time. GR states there is an associated stress path that is also a straight line in the principal stress space, that there are pairs of strain and stress path. And if the initial stress value is not on the right line, it will converge onto it.

Again, if GSH is indeed a broad-ranged theory on granular behavior, we should be able to understand GR with it, which is indeed the case. But we need to generalize the stationary solution as given by eq. (31) to include $v_{ij} \neq 0$ (using $\mathcal{P}_F$ to imply non-isochoric),

$$u_c = \frac{1 - \alpha}{\lambda f}, \quad \frac{\Delta u}{u_c} = \frac{\alpha_1}{\lambda_1 f} + \frac{1 - \alpha}{u_c \lambda_1 f} v_s, \quad (43)$$

with $\sigma_{ij}^0/\sigma_s = u_{ij}^s/\rho = v_{ij}^s/v_s$. If the strain path is isochoric, $v_{ij} = 0$, $\rho$ = const, both the deviatoric strain and stress are dots that remain stationary —these are the critical state considered in sect. 3.1. If however $v_{ij} \neq 0$, with the density $\rho(t)$ changing accordingly, $u_{ij}^s = u_c(\rho) v_{ij}^s/\rho$ and $\pi_{ij} = \sigma_s(\rho) v_{ij}^s/\rho$ walk down a straight line along $v_{ij}^s/v_s$, with a velocity determined, respectively, by $u_c(\rho(t))$. 

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and $\sigma_s(p[t])$. Given an initial strain deviating from that prescribed by eq. (43), $u_0 \neq u_c$, $\Delta \neq \Delta^c$, eqs. (28), (29) clearly state that the deviation will relax, implying the strain and the associated stress will converge onto the prescribed line. This is all very well, but OR states that it is the total stress that possesses a PoF. With $\bar{s}_{ij} = P_\Delta(p) [\delta_{ij} + (\nu_s/P_\Delta) v_s^v/v_s]$, this fact clearly hinges on $(\nu_s/P_\Delta)$ —a function of $\Delta/\Delta_s$, see eq. (9)— not depending on the density. As long as $\nu_s \ll v_s$, we have $\Delta^c/\Delta_s \approx \alpha_1/\lambda f$, which we did assume in eq. (21) is density-independent, to render the dynamic friction angle (that of the critical state) independent of $\rho$.

When looking at $s_{ij}$, it is easy to grasp that the construction of a constitutive relation requires vast experience in handling granular media. That we could substitute this deep knowledge with the equations of GSH that are just as capable of accounting for elasto-plastic motion, is eye-opening. It suggests that sand, in its qualitative behavior, may be, after all, neither overly complicated, nor such a rebel against general principles.

In [72,85], the results of GSH are compared to that of barodesy and hypoplasticity, with frequently quantitative agreement. Some typical curves as produced by GSH are given here, see figs. 5 and 6, and the two papers for more details and the values for the parameters.

### 3.4 Stress-controlled experiments

Only rate-controlled experiments have been considered up to now. Employing eqs. (26), (28), (29), we found that the granular temperature quickly becomes a dependent quantity, $T_g = T_c \equiv f[|v_s|]$, essentially reducing GSH to the hypoplastic model, with the exponential relaxation of $\Delta$, $u_s$ reproducing the approach to the critical state. In this section, we examine what happens if we instead hold the shear stress $\sigma_s = (1 - a)\sigma_c$, constant. (As discussed in the introductory sentences at the beginning of sect. 3, rate-independence is a misplaced concept here.) Typical examples of experiments of given shear stresses includes relaxation of $T_g \propto v_s$ and shallow flows on an inclined plane or in rotating drums. In the second case, there is a delay between jamming (angle of repose $\phi_{rep}$) and fluidization (angle of stability $\phi_s$), with $\phi_s$ larger by a few degrees. All these are considered below.

#### 3.4.1 Diverging strain and long-lived temperature

If $T_g = 0$, the system stays static, $\sigma_s = \text{const}$, and there is no dynamics at all. If $T_g$ is initially elevated, $u_s$ relaxes, and with it also the stress $\sigma_s$. Maintaining a constant $\sigma_s$ (or similarly, a constant $u_s$) therefore requires a compensating shear rate $v_s$. As long as $T_g$ is finite, $v_s(t)$ will accumulate, resulting in a growing shear strain $\varepsilon_s(t) = \int v_s dt$. As we shall see, for $u_s$ close to its critical value $u_c$, the characteristic time of $T_g$ is $\propto (1 - u_c^2/u_s^2)^{-1}$ and long. Adding in the fact that the relaxation of $T_g$ is algebraically slow rather than exponentially fast, the accumulated shear strain can be expected to be rather large.

In a recent experiment, Nguyen et al. [86] pushed the system to a certain shear stress at a given and fairly fast...
rate, producing an elevated $T_g$. Then, switching to maintaining the shear stress, they observed the accumulation of a large total strain $\varepsilon_s(t)$ that appears to diverge logarithmically. The authors referred to this phenomenon as *creeping*, and took it to be a compelling evidence that in spite of the very slow motion, their experiment contains a dynamics and was not quasi-static. we note that this conclusion sits well with a basic contention of GSH, that what is usually taken as quasi-static motion is in fact hypoplastic, with an elevated $T_g$, as discussed above, see also sect. 7 below.

This experiment may in principle be accounted for by the equations of GSH, though due to the highly non-uniform stress distribution, this would require solving a set of non-linear partial differential equations with coefficients as yet uncertainly known. Hence we only consider a shear-stress controlled experiment in the hypoplastic regime with uniform variables. Also, we first assume that the critical state considered in sect. 3.1.3, and took it to be a compelling evidence that in *creeping*, the granular temperature acquires the elevated initial value $T_0 = f v_1$. Starting at $t = 0$, $u_s$ is being held constant. From eq. (29), we therefore conclude

$$f v_s/T_g \equiv T_c/T_g = u_s/u_c,$$

with $v_s$ the rate needed to compensate the stress relaxation. Inserting this into eqs. (26), (28),

$$\partial_t \Delta = - \lambda_1 T_g \left[ \Delta - (u_s/u_c)^2 \Delta_c \right],$$

$$\partial_t T_g = - r_T T_g^2, \quad r_T \equiv R_T [1 - u_s^2/u_c^2],$$

we find the $T_g$-relaxation rate reduced from $R_T$ to $r_T$. Both equations may be solved analytically, if the coefficients are constant, which they are if the density is. The pressure $P(t)$ will then change with time, same as $\Delta(t)$. This is what we consider here. (Keeping the pressure constant implies time-dependence of density and coefficients. Then, as with the critical state considered in sect. 3.1.3, a general solution is possible only by numerical methods.)

The first equation accounts for the relaxation of $\Delta$, from both below and above $(u_s/u_c)\Delta_c$. The relaxation is faster the more elevated $T_g$ is. Employing the initial condition $T_g = T_0$ at $t = 0$, and setting $h = 1$, the solution to the second equation is

$$T_g = T_0/(1 + r_T T_0 t).$$

Because of eq. (44), the solution holds also for the shear rate, $v_s = v_0/(1 + r_v v_0 t)$, with $v_0 \equiv T_0/f$ and $r_v \equiv (f u_c/u_s) r_T$. This implies a slowly growing total shear strain

$$\varepsilon_s - \varepsilon_0 \equiv \int v_s dt = \ln(1 + r_v v_0 t)/r_v.$$
However, $\varepsilon_s$ does not diverge, because as $T_g$ diminishes, it eventually enters the quasi-elastic regime, $\gamma_1 h^2 T_g^2 \rightarrow \gamma_0 T_g$, where its relaxation is exponential. More specifically, writing eq. (46) as $\partial_t T_g = -（(r_0 + \gamma T_g) T_g$, with $r_0/\gamma_0 = r_T/\gamma_1$, we have the general solution

$$T_g = r_0[(r_T + r_0/T_0) \exp(r_0t) - r_T]^{-1}. \quad (49)$$

Assuming a large $T_0$ (implying large rate $\gamma$ to ramp up the stress), $\Delta$ is quickly relaxed, $\Delta = (u_s/u_c)^2 \Delta_c$. Fixing $u_s$ is then equal to fixing the shear stress, $\sigma_\perp \propto \pi_s \propto u_s \sqrt{\Delta / \Delta_c}$. With $\pi_c \propto \sqrt{\Delta_c / u_c}$, one may rewrite the factor in $r_T$ as

$$1 - u_s^2 / u_c^2 = 1 - \pi_s / \pi_c \approx 1 - \sigma_s / \sigma_c. \quad (50)$$

The $T_g$-relaxation is slower the closer $\pi_s$ is to $\pi_c$, infinitely so for $\pi_s = \pi_c$. Then we have $u_s = u_c$, $\Delta = \Delta_c$, with $T_g(t) = T_0$ a constant, see eqs. (44), (45), (47). This is indistinguishable from the rate-controlled critical state, which may be maintained clearly also at given stress.

If one chooses to keep $\sigma_s$ constant from the beginning, irrespective how far $\Delta$ has relaxed, one needs to require $\partial_t u_s = (u_s/2\Delta) \partial_t \Delta$, resulting in a different proportionality $v_s \propto T_g$ to be inserted into the equations of motion. The results are similar.

Next, we keep both the pressure and shear stress constant from the beginning. Though the general consideration does not appear analytically viable, one solution of a realistic situation exists: Keeping $\Delta, u_s = \text{const}$ in eqs. (28), (30), we have

$$\frac{u_s}{u_c} = \frac{T_g}{T_c}, \quad \frac{\Delta}{\Delta_c} = \frac{T_g^2}{T_c^2} = \frac{v_{\ell \ell}}{T_g} \frac{1 - \alpha}{1 - \alpha}, \quad (51)$$

For given $\Delta$, taking $u_s$ such that $\Delta / \Delta_c = u_s^2 / u_c^2$, we have $v_{\ell \ell} = 0$ and a constant density. Inserting $u_s / u_c = T_g / T_c$ into the balance equation for $T_g$, eq. (26), we again obtain eq. (46) with (50). The only difference is that there is now a clear prescription for the experiment, because constant $\Delta, u_s, \rho$ means that pressure $P$ and shear stress $\sigma_c$ are kept constant. So one proceeds by applying an arbitrary pressure, then varying the shear stress until the density no longer changes. $T_g, v_c$ will then be as calculated.

Comparable calculation and analysis were carried out in [86], using two scalar equations that may roughly be mapped to the present ones. The quantities: granular temperature $T_g$, its relaxation and production rate, $R_T$ and $R_T f^2$, were referred to as fluidity, aging and rejuvenation parameter. The above consideration is therefore not new, but does provide a tensorial treatment that is embedded in GSH, rendering it transparent, unified, and more realistic, also affording a better founded understanding. We also note that temporary, localized regions of strong deformation (called hot spots) were observed, with the fluidity (the averaged value of which is $T_g$) identified as their rate of occurrence.

As the stress distribution in the experiments of [86] is rather non-uniform, there will always be areas with a shear stress close to $\sigma_c$. And the system will tend to cave in there, resulting in a larger strain accumulation than what the average value for $\sigma_c$ would predict.

In the experiment, a very soft spring was used to couple the fan and the motor. This we believe is essential why this experiment turned out as observed. Usually, triaxial apparatus with stiff walls are used. And the correcting rates employed by the feedback loop to keep the stress constant are of hypoplastic magnitudes. As a result, much $T_g$ is excited, and we have the situation of consecutive constant rates, not that of constant stress. The soft spring, as discussed above, and in greater detail in sect. 7.2, enables quasi-static stress correction without exciting much $T_g$.

With an ambient temperature $T_a$, the $T_g$ relaxes as $\partial_t T_g = r_T(T_g - \eta T_a)$, with $\eta \equiv 1/(1 - u_s^2 / u_c^2)$, see eq. (26). This means, the values $T_g$ and $v_s$ respectively relax to, $T_a$ and $\eta v_a$, get strongly amplified close to $u_s = u_c$. This is a large effect.

### 3.4.2 Stability above the critical shear stress

From the consideration of the last two sections we see that a granular assembly is, for an elevated $T_g$, mechanically stable only up to the critical value for the elastic stress $\pi_c$. For $\pi_s < \pi_c$, $T_g$ grows, since $r_T$ is negative. (As we shall see in sect. 3.6, shear bands are formed as a result of this instability.) On the other hand, for $T_g = 0$, the system is stable at any static shear stresses exceeding $\pi_c$, as long as $h > 0$. Now, since an infinitesimal $T_g$ is ubiquitous, and if it always grows, there is no stability for static shear stresses exceeding $\pi_c$. It does not always grow: Only an initial $T_g$ of hypoplastic strength will explode, not an infinitesimal one, of quasi-elastic strength. This is because $h$ diverges for $T_g \rightarrow 0$, and the critical stress diverges with $h$: Since $h \propto 1/h$, we have $u_c \propto h, \Delta_c \propto h^2$, and $\pi_c \propto h^2$, see eqs. (31). Therefore, $r_T$ is always positive for very small $T_g$. In fact, what we have for strain values above $u_s$ is a metastability, a stability that may be destroyed only by granular jiggling of sufficient strength. This fact is associated with familiar phenomena: A house on a cliff collapsing due to elastic waves from a distant earthquake, or a pneumatic hammer close by; a gun shot initiating an avalanche.

The elastic strain instability for $u_s > u_c$ holds only for stress-controlled experiments, not rate-controlled ones, though this distinction is not always clear-cut in experiments. For instance, if a step motor is used for a strain-controlled experiment, and one has a strain versus time curve such as given by fig. 8 below, then the stress is being held constant at the plateau, rendering the stability of the uniform system precarious. This may well be the reason why shear band formation is so frequently observed in the cases where the initial density is high and the non-monotonic stress trajectory exceeds $u_s$, see fig. 1.

Finally, we stress that these aspects of granular behavior are natural results of GSH, not preconceived features planted in while constructing it. They stem from the interplay between yield and the critical state, or more precisely, between the instability of the elastic energy and the stationary solution of the elastic strain.
3.4.3 Angle of stability and angle of repose

Aranson and Tsimring were the first to construct a theory for these two angles [87, 88]. Taking the stress $\sigma_{ij}$ as the sum of two parts, one solid, the other fluid-like, they define an order parameter $\hat{\varphi}$ that is 1 for solid, and 0 for dense flow. They then postulate a free energy $f(\hat{\varphi})$ such that it is stable with $\hat{\varphi} = 1$ only for $\varphi < \varphi_{st}$, with $\hat{\varphi} = 0$ only for $\varphi > \varphi_{cr}$, and $\varphi_{st} > \varphi > \varphi_{cr}$ as the bi-stable region. The solid stress is taken as an input, assumed understood from some other theory. In comparison, the consideration below, given within the context of GSH, is somewhat more complete and less ad hoc.

Fluidization, the collapse that occurs when one slowly tilts a plate supporting a layer of grains, is a process that happens at $T_g = 0$, with no granular jiggling. Therefore, the Cauchy stress is given by the elastic one, $\sigma_{ij} = \pi_{ij}$. On a plane inclined by the angle $\varphi$, with $y$ denoting the depth of the granular layer on the plane, and $x$ along the slope, we take the stress to be $\pi_{xx}, \pi_{yy}, \pi_{xz} = f_\Delta, \pi_{xy} = \pi_s/\sqrt{2}$, $\pi_{yz} = 0$. Integrating $\sqrt{\tau_i \tau_j} = g_i \rho$ assuming a variation only along $y$, we find $\pi_{xy} = g \sin \varphi \int \rho(y) dy$ and $\pi_{yy} = \pi_{xy}/\tan \varphi$. The angle of stability $\varphi_{st}$ is reached when the energetic instability of eqn. (12) is breached. With $\pi_{xy}^{\text{yield}} \equiv P\sqrt{2A/B}$ denoting the yield shear stress, it is

$$\tan \varphi_{st} = \pi_{xy}^{\text{yield}}/\sqrt{2}P = \sqrt{A/B}. \quad (52)$$

Effects derived from proximity to the wall or floor are considered in sect. 3.7.

The angle of repose $\varphi_{re}$ is related to the calculation of the last two sections. As long as the shear stress is held below the critical one, $\sigma_s < \sigma_c$, the $T_g$-relaxation will run its course, and the system is in a static, mechanically stable state afterwards. At $\sigma_s = \sigma_c$, however, the system becomes stable, and no longer comes to a standstill. Therefore, $\varphi_{re}$ is given by $\pi_{xy}^{\text{yield}}/\sqrt{2}P_c$, with $\varphi_{re} < \varphi_{st}$. (53)

The inequality holds because the critical state is an elastic solution, while $\varphi_{st}$ is the angle at which all elastic solutions become unstable. That $\varphi_{re}$ and $\varphi_{st}$, material parameters, differ only slightly, is related to the microscopic fact that both account for the clearance with the profile of the underlying layer — though one with granular jiggling and hence a little easier.

3.5 The visco-elastic behavior of granular media

All visco-elastic systems (such as polymer solutions) have a characteristic behavior $\tau$ that separates two frequency ranges: fluid-like behavior for $\omega \tau \ll 1$, and solid-like one for $\omega \tau \gg 1$. Like granular media, polymers are transiently elastic, though the transiency is constant and not variable, because $\tau$ is. The hydrodynamic theory of polymers, with a very similar elastic strain $u_{ij}$ that obeys the equation $\partial_t u_{ij} - v_j v_i = -u_{ij}/\tau_e$, is capable of accounting for many visco-elastic phenomena, including shear-thinning/thickening, elongational viscosity, the Cox-Merz rule, and the rod-climbing (or Weissenberg) effect [44–47].

The main difference of the granular analogue, eq. (15), is the fact that the relaxation time varies as $\tau \propto 1/T_g$ — a granular system is fully elastic for $T_g \to 0$, capable of sustaining a static shear stress. Moreover, rate-independence, a granular characteristics not observed in viscous elastic systems with a constant $\tau$, stems from the relation $1/\tau = kT_g \propto \nu_s$. However, when there is an ambient temperature in granular media, much larger than the temperature produced by the imposed shear rate, $T_s \gg T_a \equiv f[\nu_s]$, polymers and granular media are very similar in their behavior, because $T_a$ is also a given quantity that does not depend on the local shear rate. The ambient temperature $T_s$ may be maintained by a standing sound wave, periodic tapping, or by diffusion from a region of great granular agitation. In all cases, the resultant $T_a$ enables the relaxation of the elastic strain and stress, implying no static stress may be maintained, and the yield stress vanishes.

3.5.1 The creep motion

In granular media, one frequently observes shear bands, which borders on a non-shearing, solid part. Careful experiments reveal that the shear rate is in fact continuous, with an exponentially decaying creep motion taking place in the solid, see Komatsu et al. [89], Crassous et al. [90]. We show here that this is a result of $T_g$ from the fluid region diffusing into the solid one, being present there as an ambient, spatially decaying temperature $T_a$ that enables stress relaxation. If the stress is to be maintained, there must be a compensating shear rate that also decays in space, along with $T_a$, and the velocity obtained from integrating the shear rate is the observed creep motion.

Consider a “liquid-solid boundary” at $x = 0$, with the shear rate being concentrated on one side, for $x > 0$. (We shall return to consider the liquid side in sect. 4.2. Here, we only take the fluid values at $x = 0$ to provide the boundary conditions for $\nu_s, T_g$ in the solid part.) For a one-dimensional geometry, the pressure $P$, shear stress $\sigma_s$, the shear rate $\nu_s$ and $T_g$ are uniform, but $\rho$ need not be. We take $\rho$ to be discontinuous at $x = 0$, but constant otherwise, with $\nu_s = 0$, and $T_g, v$ varying perpendicular to the boundary, along $\hat{x}$.

The circumstances are then quite similar to that of sect. 3.4, though variation is in space rather than time. First, with stationarity of eqs. (28), (30) (see also eq. (51)), we have

$$\frac{\Delta}{\Delta c} = \frac{u_s^2}{u_e^2} = \frac{T_s}{T_g} = \frac{\pi_s}{\pi_e} = \frac{\sigma_s}{\sigma_e}, \quad \frac{\Delta}{u_s} = \frac{\Delta T_g}{u_e T_g}. \quad (54)$$

With $\Delta, u_s$ fixed, so are $P, \sigma_s$, where especially $P = \rho_s$ if $\sigma_s = \sigma_e$. Note also that since the stable branch of $P/\sigma_s = P/\Delta /\pi_g \equiv 1/\mu$ increases monotonically with $\Delta /u_s$, see eq. (9), the last equation above implies that the friction $\mu$ decreases for increasing $T_s/T_g$. The balance equation for $T_g$ (with $\partial T_g = 0$ but including the diffusive current, see eqs. (26), (46)) reads

$$\nabla^2 T_g = T_g/\xi_{cr}, \quad \xi_{cr} \equiv \xi_{cr}^2/[1 - \pi_s/\pi_e], \quad \text{implying} \quad \nu_s/\nu_e = T_g/T_g^0 = \exp(-x/\xi_{cr}). \quad (56)$$
where \(\nu_i^0, T_i^0\) are the fluid values at \(x = 0\). That the decay length \(\xi_{cr} \equiv \xi_T/\sqrt{1 - \sigma_c/\sigma_r}\) diverges for \(\sigma_r = \sigma_c\) is not surprising, because the solid region, turning critical, ceases to exist then. Although subcritical, \(\sigma_c < \sigma_r\), the solid region sustains a finite rate \(v_s \neq 0\), because \(T_s\) is being continually diffused from the fluid region. Note \(\sigma_c\) is a uniform quantity across the boundary, yet we necessarily have \(\sigma_c < \sigma_c(\rho)\) on the solid side, \(\sigma_c \geq \sigma_c(\rho)\) on the fluid side, implying a lower fluid density. Finally, the above exponential decay with the constant length \(\xi_{cr}\) holds only in the hypoplastic regime. Once \(T_o\) is sufficiently small, we have \(h \rightarrow \infty\), and \(\xi_T \propto h^{-1}\) vanishing quickly.

In two recent papers [91, 92], Kamrin et al. propose a non-local constitutive relation (KCR) well capable of accounting for steady flows in the split-bottom cell [93–95]. A key ingredient is the fluidity \(g \equiv v_s/\mu\). With \(\mu \equiv \sigma_s/P\), \(\mu_s \equiv \sigma_c/P_c\), it is taken to obey

\[
\xi_{cr}^2 \nabla^2 g = g - g_{loc}, \quad \xi_{cr} \propto 1/\sqrt{\mu - \mu_s}. \tag{57}
\]

Because \(g_{loc} = 0\) for \(\mu < \mu_s\), this relations is rather similar to eq. (55), with \(g\) assuming the role of \(T_{cr}\), and the two decay lengths diverging at the same stress values.

For \(\mu \geq \mu_s\), the system is fluid, and \(g = g_{loc}\) essentially constant. With \(g_{loc} \propto \sqrt{\mu(1 - \mu_s/\mu)}\), KCR is consistent with a first-order expansion of the MiDi relation, eq. (68), in the inertial number. GSH is compared to MiDi in sect. 4, showing broad agreement and some relevant disagreements. Here, we only discuss the additional differences of GSH to KCR.

First, KCR does not take the density as a variable, leading to inconsistencies: The stress is continuous at the solid-fluid interface and strictly constant in a one-dimensional geometry. As discussed below eq. (56), we necessarily have \(\sigma_c < \sigma_c(\rho)\) on the solid side, \(\sigma_c \geq \sigma_c(\rho)\) on the fluid side, implying a lower fluid density. Without the density, the same two conditions imply a discontinuity in \(\sigma_c\) or \(\mu_s\) which violates momentum conservation. Another drawback is the fact that granular behavior depends sensitively on whether density or pressure is being held constant see sect. 3.1.3 above and 4.1 below. This cannot be reproduced employing KCR. Second, being defined as \(v_s/\mu\), the fluidity \(g\) is not an independent variable like \(T_o\), though it does possess a postulated, independent dynamics. If one eliminates \(g\), rewrites its equation as \(\mu_s^2 \xi_{cr}^2 \nabla^2 (v_s/\mu) = v_s - v_{loc}^s\), a problem arises: This equation (in conjunction with \(v_{\ell\ell} = 0\)) and the momentum conservation may both be used to calculate the velocity field for given density and stress. The results will in general be contradictory.

### 3.5.2 Non-local fluidization

**Non-local fluidization** is an observation made (and named) by Nichol et al. [96], see also Reddy et al. [97]. In a vessel of grains, after a shear band is turned on, the medium everywhere, even further away from the band, looses its yield stress, and the Archimedes law holds: A ball stuck at whatever height without the shear band starts to sink or elevate, until its density is equal to the surrounding one. GSH’s explanation for this behavior is quite simple: First, \(T_o\) generated by the shear band diffuses through the solid phase, as accounted for by eq. (55), permeating the medium as a spatially decaying ambient temperature \(T_a\). Second, a medium such “fluidized” obeys, as observed earlier [98,99], the Archimedes law, because the ball getting stuck in the sand deforms the grains around itself and builds up an elastic shear stress. Without an ambient temperature, \(T_a = 0\), this stress holds up the ball’s weight if it is not too large, and the ball is stationary. With \(T_a \neq 0\), the stress relaxes, requiring a compensating shear rate \(v_s\) to maintain the stress balance, implying a moving ball. We note that \(T_a \neq 0\) does not imply the grains need to jiggle violently. If the ball’s descent takes an hour, a barely perceptible slip every minute would be quite sufficient. And \(T_a\) is the spacial and temporal average of the changing energy contained in these slips.

More quantitatively, a solid object being dragged by a constant force \(F_{ext}\) through a granular medium will quickly settle into a motion of constant velocity \(v_{\infty}\), implying a stationary stress and velocity distribution in the medium, in the rest frame of the object. So eqs. (51) holds. This is remarkable, because the elastic stress \(\pi_{ij}(\Delta, u_i)\) transforms, under the replacement \(\Delta, u_i \rightarrow T_i \equiv f[v_{\infty}], v_{\ell\ell}\), into a viscous stress. And this enables one to perform a calculation similar to that needed to arrive at Stokes’ law.

Stokes’ law \(F_{i}^{strag} = 6\pi R \eta v_i\) is derived assuming an incompressible (and infinitely extended) medium, with \(v_{\ell\ell} = 0\). The resulting velocity field, scaling with \(v_{\infty}\), is a pure geometric quantity that does not depend on any parameters, especially not the applied force \(F_{ext}\) [8].

In contrast, granular media possess sound velocities one to three times that of air and are rather compressible. As a result, both the velocity field and all parameters (that are functions of the density) will depend on \(F_{ext}\). In fact, that the viscosity seemingly depends on the mass of the steel ball (\(\times\) the gravitational force) was observed in [96]. Inserting eqs. (51) into eq. (6), we have, with \(\sigma_{ij} = (1 - \alpha)(P_{\Delta} T_{ij}\xi_{cr}^2/v_{\infty})\),

\[
P_{\Delta} = \frac{A u_c^2}{2\sqrt{\Delta_c T_q}}, \quad \pi_s = -2A u_c \sqrt{\Delta_c T_{ij}}^2, \tag{58}
\]

where \(P_{\Delta}\) contains only the of lowest order term in \(v_s\), \(v_{\ell\ell}\), while \(\pi_s\) is valid assuming \(v_{\ell\ell} = 0\) (and appropriate for the steel plate below). Note \(T_q = \sqrt{T_{ij}^2 + T_{\Delta}^2}\) has two contributions, \(T_o\) from the remote shear band, and \(T_{\Delta} \equiv f[v_{\infty}]\) from the non-uniform local shear rate. For \(T_o = 0\), \(P_{\Delta}\) and \(\pi_s\) are rate-independent, and the system is in a (non-uniform) critical state. For \(T_o \gg T_c\), the system is viscous, and one may define two effective viscosities, \(P = \eta_{eff} v_s, \pi_s = -\eta_{eff} v_{ij}\), with \(\eta_{eff} \propto 1/T_{\Delta}, \pi_{ij} \propto 1/T_{ij}\). In [98], faster ascent and a smaller viscosity were observed in regions of larger granular agitation (and attributed to “pressure screening”).

Given the form for the stress, one can calculate the velocity field depending on the geometry of the object.
The drag force is then obtained by inserting the field into $\sigma_{ij}$, and integrating it over the surface of the object, $F_{i}^{\text{drag}} = \int \sigma_{ij} d_{j}$. The simplest case is that of a steel plate, say perpendicular to $\hat{x}$ and being dragged along $\hat{y}$. The shear rate is constant, $\dot{\gamma} = \frac{\nabla v_{y} v_{y}}{2}$, with $v_{y} = 0$, and the force $F_{y}^{\text{drag}}$ per unit surface of the plate is $2 \pi y \propto v_{y}^{2}/T_{a}^{2}$. The velocity field for a ball of radius $R$ is not as easily calculated, though it is clear that, for $T_{c}/T_{a}$ small, the drag force stems from the pressure and is linear (and not quadratic as with the plate): $F_{i}^{\text{drag}} = \int P d_{a} \propto v_{y}/T_{g} \propto v_{y}/T_{g}$, as observed in [99]. Assuming incompressibility (as one does deriving into $\sigma_{ij}$), the drag force is then obtained by inserting the field $v_{x}/T_{a}$, with all variables stationary, such that eqs. (54) and stress, with all variables stationary, the reason is the lack of a length scale. There are various barodesy do not properly account for shear bands, and typical the Crosserat method works well, but it leads to a gradient terms [100] or adding state variables to account for the couple stress and the Crosserat rotation [101]. Especially the Crosserat method works well, but it leads to a farther more complex theory, constructed for the sole purpose of solving the shear band problem. Moreover, it throws up the question about the underlying physics: If couple stress and rotational motion are important in the shear band, because it is fluid, why then are they not important in the uniformly fluid and gaseous state of granular media, see sect. 4, or more generally, in nematic liquid crystals [10]?

The purpose of this section is to point out that GSH is well capable of accounting for the shear band without any modification. We consider a system of uniform density and stress, with all variables stationary, such that eqs. (54) hold. The balance equation for $T_{g}$, accounting for $T_{g}$’s relaxation to 0 if $\pi_{s} < \pi_{c}$, implies $T_{g} \equiv 0$ is the uniform stationary solution, see sect. 3.4.1. For $\pi_{s} = \pi_{c}$, the system is in the critical state, $T_{g}$ does not relax and the strain rate is indeterminate. For $\pi_{s} > \pi_{c}$, no uniform solution is stable, but a localized one is, with $T_{g} \equiv 0$ for $x \leq 0$ or $x \geq \xi_{sb}$, and

\[
\nabla^{2} T_{g} = -T_{g}^{2}/\xi_{sb}^{2}, \quad \xi_{sb}^{2} \equiv \xi_{sb}^{2}/[\pi_{s}/\pi_{c} - 1], \\
v_{x} v_{y}^{0} = T_{g}^{0}/T_{g}^{0} = \sin(\pi x/\xi_{sb})
\]

in between. (Note the similarity to eq. (55). Allowing $\rho$ to vary will render $T_{g}$ differentiable at 0, $\xi_{sb}$.) The velocity difference from 0 to $\xi_{sb}$ is $\Delta v = \int v_{x} dx = \int (T_{g}/f)\sqrt{\pi_{s}/\pi_{c}} dx$, hence

\[
T_{g}^{0}/f = \sqrt{\pi_{c}/\pi_{s}} v_{x}^{0} = \sqrt{\pi_{c}/\pi_{s}} \Delta v/2 \xi_{sb}.
\]

The critical state and the narrow shear band are the same rate-independent solution, behaving differently depending on how large $\pi_{s}$ is. That the correlation length $\xi_{sb}$ diverges for $\pi_{s} = \pi_{c}$ gives a retrospective justification of the term critical. For increasing $\Delta v$, the variables $v_{x}$, $u_{x}$, $\Delta u_{x}$ also grow, and the system will eventually leave the rate-independent, hypoplastic regime. Shear bands become wider then, and have to be treated as in sect. 4.2.

The above is an idealized and simplified consideration of narrow shear bands, assuming uniform density and stress, and employing GSH expressions that have been linearized and simplified. (Neither did we invoke the higher order strains terms of sect. 3.7, implying in essence $\xi_{sb} \gg \theta, \theta_{1}$.) The qualitative and structurally stable part of the results is a localized shear band solution of GSH, for overcritical stress values, with a characteristic length that decreases with increasing $\pi_{s}$. When approaching the critical state non-monotonically, starting from a dense initial state, with $\pi_{s} > \pi_{c}$, for part of the path, there is a high probability for the $T_{g}$-instability discussed in sect. 3.4.2 to occur and shear bands to form.

Details such as the spatial distribution of $T_{g}(x) \propto v_{x}$, or that the friction angle $\sigma_{s}/P = \pi_{s}/P_{A}$ decreases with increasing $T_{c}/T_{g}$, should be taken with a grain of salt, as these depend on the details and may change with the starting assumptions and GSH expressions. For instance, the original $T_{g}$ equation and the associated solution are

\[
\nabla_{i}(T_{g} \nabla_{j} T_{g}) = -T_{g}^{2}/\xi_{sb}^{2}, \quad T_{g} = T_{g}^{0} \sqrt{\sin(\sqrt{2} x/\xi_{sb})},
\]

see the discussion preceding eq. (25), leading to the neglect of the non-linear term $(\nabla T_{g})^{2}$, small for slow variations, in both eqs. (25) and (59). Same holds for eq. (55). Finally, if the density is non-uniform, say due to an aggregation of macro pores, we will have $\pi_{s} > \pi_{c}(\rho)$ only in some regions. $T_{g}$ will be larger there, diffusing away, making the situation less clear-cut.

3.7 Clogging and the proximity effect

The phenomenon of clogging implies that a free surface, if several grain diameter wide, may be stable even when facing downward, implying an angle of stability of 180$^\circ$, much larger than than the usual 30$^\circ$ or 40$^\circ$, as discussed around eqs. (52), valid only if the surface area is sufficiently large. Although GSH in its present form, as given in sect. 2, does not account for clogging, there is a tried and proven method of amending it. One example is the Ginzburg-Landau description of the superfluid transition [9], which includes gradients of the order parameter’s magnitude in the energy. In the present case, we need to include gradients of the elastic strain that express the extra energetic...
cost of a non-uniform strain field. Without these terms, unclogging occurs accompanied by a discontinuity in $\Delta$, $u_s$. With them, divergent gradients are forbidden by the infinite energy. A length scale on which elastic strains will change is thus introduced. With $w_A = w_A(u, \nabla u)$, $-\pi_{ij} = \partial w_A / \partial u_{ij}$, $\phi_{ijk} = \partial w_A / \partial \nabla_k u_{ij}$, the elastic and total stress are, respectively

$$\tilde{\pi}_i = \pi_{ij} + \nabla_k \phi_{jk}, \quad \sigma_{ij} = [1 - \alpha(T_p)] \tilde{\pi}_i.$$  

(62)

Denoting the two characteristic lengths as $\theta$, $\theta_1$, a simple example for such an energy is

$$w_A = \sqrt{\Delta} [2B \Delta^2 / 5 + Au_s^2] + A(\theta \nabla k u_s)^2 + B(\theta_1 \nabla k \Delta)^2,$$

implying

$$\bar{P} = P + 2B \theta^2 \nabla^2 d \Delta, \quad \bar{\pi}_s = \pi_s + 2A \theta^2 \nabla^2 u_s,$$

(64)

with $P$, $\pi_s$ the uniform contributions, assuming $w_{ij} / w_s = \text{const}$. Note that with this energy, the convexity transition, $u_s / \Delta \leq \sqrt{2B / A}$ of eq. (12) is unchanged (though $\pi_s / P_A \leq \sqrt{2B / A}$ does change), because with $w = w_1(a) + w_2(\nabla a)$

$$\delta^2 w = \delta(\delta w) = \delta \left( \frac{\partial w_1}{\partial a} - \nabla \frac{\partial w_2}{\partial \nabla a} \right) \delta a$$

$$= \delta \left( \frac{\partial^2 w_1}{\partial a^2} - \nabla \nabla \frac{\partial^2 w_2}{\partial (\nabla a)^2} \delta a \right)$$

$$= \delta \left( \frac{\partial^2 w_1}{\partial a^2} + \frac{1}{2} \nabla^2 \frac{\partial^2 w_2}{\partial (\nabla a)^2} \right) (\delta a)^2,$$

$\delta a$ standing for $\Delta$ or $u_s$, we have $\delta^2 w / \delta a^2 = \partial^2 w_1 / \partial a^2$. 

(Note $\nabla^2 \frac{\partial^2 w_2}{\partial (\nabla a)^2} \delta a$ is negligible in the rate-independent stress, converging onto the critical state at constant rates, with a universal shear stress $\sigma_c$ that depends only on the density, not the rate or the initial stress, as considered in sect. 3. If $v_s$ is high and the density sufficiently low, the system is in the Bagnold regime, with all components of the stress proportional to shear rate squared [102]. We consider the whole regime below. If the shear stress is given instead of $v_s$, circumstances are yet different. Examples are flows on an inclined plane or in a rotating drum, with a delay between jamming (angle of repose $\varphi_{re}$) and liquefaction (angle of stability $\varphi_{st}$), see sect. 3.4.3. Part of the results of this section is in [103].)

Next, a crude model for clogging. Since the stress vanishes for all free surfaces, we examine the 1D-situation in which it is zero for $-L < x < L$, but finite at $x = \pm L$ and beyond. Taking $\bar{P} = \pi_s = 0$ as the differential equations, we solve them for $-L < x < L$ subject to the boundary conditions $\Delta = \Delta_0$, $u_s = u_0$ for $x = \pm L$. Assuming for simplicity that $\theta_1 \ll L$, we take $\Delta \equiv \Delta_0$, implying $(1 - \theta^2 \nabla^2) u_s = 0$ with $\theta = \theta / \sqrt{2A}$, or

$$u_s(x) / u_0 = \left[ 1 + \exp \left( \frac{2L}{\theta} \right) \right]^{x + L} + \exp \left( \frac{x - L}{\theta} \right).$$

(65)

If $u_0$ satisfies the stability condition, $u_0 / \Delta_0 \leq \sqrt{2B / A}$, the solution $u_s(x)$ also does, and therefore represents a stable elastic situation.

4 Rapid dense flow

4.1 The $\mu$-rheology versus GSH

When considering hypoplastic motion in the last section 3, we neglected the kinetic pressure $P_k$ and the viscous shear stress $\alpha \eta$, see eqs. (17)–(19). Here, we consider faster flows in which they are important, some times even dominant. Including them, we are leaving the rate-independent, hypoplastic regime. Being quadratic in the shear rate, the correction come on slowly, leaving a large rate regime in which rate-independence holds.

How the stress of a system, in it stationary state, depends on the density $\rho$ and shear rate $v_s$, is called its \textit{rheology}. Probing it over a wide range of shear rates is a useful inquiry for coming to terms with complex fluids including granular media. Granular rheology has many facets, and typically, the shear rate $v_s$ is given. If it is low, the system executes complex elasto-plastic motion with a rate-independent stress, converging onto the critical state at constant rates, with a universal shear stress $\sigma_c$ that depends only on the density, not the rate or the initial stress, as considered in sect. 3. If $v_s$ is high and the density sufficiently low, the system is in the Bagnold regime, with all components of the stress proportional to shear rate squared [102]. We consider the whole regime below. If the shear stress is given instead of $v_s$, circumstances are yet different. Examples are flows on an inclined plane or in a rotating drum, with a delay between jamming (angle of repose $\varphi_{re}$) and liquefaction (angle of stability $\varphi_{st}$), see sect. 3.4.3. Part of the results of this section is in [103].

4.1.1 The $\mu$-rheology

Sixty years ago, Bagnold examined how a granular system behaves at high rates and low densities, finding the pressure $P$ and shear stress $\sigma_s$ given as

$$P = e_p(\rho) v_s^4, \quad \sigma_s = e_s(\rho) v_s^4,$$

(66)

with $\mu_2 \equiv \sigma_s / P = e_s / e_p$ a constant [102]. This result has been variously verified employing the kinetic theory...
to consider binary collisions among rarefied, dissipative grains [104–108].

A decade later, granular rheology at low rates and high densities was studied. Again, a surprisingly universal so-called critical state was observed [1–3, 6]. Starting from any initial stress, the system will, at constant densities and shear rates, acquire values for the pressure and shear stress that depend on $\rho$ but not the rate, with the friction $\mu_1 \equiv \sigma^c_s / P^c \equiv \text{const}$.

Faced with these results, many find it plausible to account for the intermediate behavior by interpolating between the two rate- and density-independent plateaus [109–112],

$$P = P^c + e_p(v_s)^2, \quad \sigma_s = \mu_1 P^c + \mu_2 e_p v_s^2, \quad \mu \equiv \sigma_s / P,$$

implying $\mu \to \mu_1$ for $v_s \to 0$ and $\mu \to \mu_2$ for $v_s \to \infty$.

Embracing an approach independent from the above and stressing first principles, the French research group GDR MiDi consider infinitely rigid grains [70, 113], above and stressing first principles, the French research group GDR MiDi consider infinitely rigid grains [70, 113], and has recently also been successfully applied to dense suspensions [115].

Yet the speed of elastic waves in glass beads is between 350 and 800 m/s [66], which in comparison to air, water, and densities, not only where the kinetic theory holds. The pressure $P$ would receive a term liner in $T_g$ if one modify the energy, $w = w_T + w_A + w_p$, by adding a cross term such as $w_c = c_s g T_g^{1.5}$. The total pressure $P$ and $T_g$ then obtain the respective additive term, $c_s g T_g^{1.5}$, implying that the linear term $\propto T_g$ exists only for $\rho < \rho_{tp}$ and $\Delta \neq 0$.

If the density is low, $\rho < \rho_{tp}$, the grains lack endur- ing contacts and no elastic solution is stable, $P_{\Delta}, \tau = 0$, see eq. (13). Then eqs. (66) are the appropriate formulas. When studying granular rheology by varying the shear rate $v_s$, one can either keep the density or the pressure constant. For any realistic shear stresses, we have $P^c \gg e_p(v_s)^2$, $\sigma^c_s \gg e_s(v_s)^2$, and it is hard to arrive at the $\mu_2$-limit for given $\rho$. Not so for given pressure, because the density decreases for increasing $v_s$. A discontinuous transition from eqs. (67) to (66) takes place at $\rho = \rho_{tp}$, when $\mu$ jumps from $\mu_1$ to $\mu_2$, while $P, \sigma_2$ decrease dramatically, by around three orders of magnitude [117].

Two important points remain to be discussed, first when and why there is, as observed [118, 119], a minimum in the shear stress as a function of the rate, and second, why the MiDi relation is, in spite of its shortcomings, so successful. Keeping the density constant, $P^c(\rho)$, $\sigma^c_s(\rho), e_p(\rho), e_s(\rho)$ also are, implying $P, \sigma_s$ increase monotonically with $v_s^2$. Keeping $P = \text{const}$, the circumstances, though still given by eqs. (67), are different. In the hypoplastic regime, the shear stress at given pressure, $\sigma^c_s = \mu_1 P$, is simply a constant, similarly in the Bagold regime, $\sigma_s = \mu_2 P$. In between, both $\rho, \sigma_s$ are rate- and density-dependent, given by $\sigma_s = \mu_1 P^c(\rho) + \mu_2 e_p(v_s)^2$, with $\rho(P, v_s)$ from $P = P^c(\rho) + e_p(v_s)^2$ plugged in. Then there is no reason for $\sigma_s(P, v_s)$ to be monotonic, see [81] for more details.

### 4.1.2 The dense flow results of GSH

Treating dense granular media as compressible, GSH shows the appropriateness of eqs. (67). Starting from eqs. (17), (18), we substitute the elastic contributions with the critical state expressions, eqs. (33), appropriate for constant shear rates, while noting $P_T = \eta g_3 T_g^2 = g_3 f v_s^2 \equiv e_p v_s^2$, see eq. (11), (27), also $\eta T_g v_s = m f v_s^2 \equiv e_s v_s^2$ to obtain

$$P = P^c + e_p v_s^2, \quad \sigma_s = \sigma_e + e_s v_s^2.$$  

The observed density-independence of $\mu_1, \mu_2$ implies the constancy of $P_T(\rho)/\sigma(\rho) = \mu_1$ and $e_s(\rho)/e_p(\rho) = \mu_2$, an experimental input. (A viscous stress linear in $v_s$, as observed in [117] at high densities, has not been included above but is a possibility, see [48, 49]. It appears if a macroscopic shear flow not only heats up $T_g$, but $T$ as well. This is the case for instance when the sand is saturated with water. The pressure $P$.

The shear rate $v_s$ is small (typically for $v_s \ll 10^3$ s$^{-1}$), grains behave as if they were perfectly stiff. This is oddly reversed, because quasi-static deformations occur at small rates, and are disrupted at higher ones. Indeed, perusing [117], one finds Campbell stating clearly: 1) It is the inertially induced contact deformation that vanishes with $M$. 2) Stresses are generated by elastic deformations in the rate-independent, “elastic-quasi-static” regime.

### Testing the GSH model

When studying granular rheology by varying the shear rate $v_s$, one can either keep the density or the pressure constant. For any realistic shear stresses, we have $P^c \gg e_p(v_s)^2$, $\sigma^c_s \gg e_s(v_s)^2$, and it is hard to arrive at the $\mu_2$-limit for given $\rho$. Not so for given pressure, because the density decreases for increasing $v_s$. A discontinuous transition from eqs. (67) to (66) takes place at $\rho = \rho_{tp}$, when $\mu$ jumps from $\mu_1$ to $\mu_2$, while $P, \sigma_2$ decrease dramatically, by around three orders of magnitude [117].

Two important points remain to be discussed, first when and why there is, as observed [118, 119], a minimum in the shear stress as a function of the rate, and second, why the MiDi relation is, in spite of its shortcomings, so successful. Keeping the density constant, $P^c(\rho)$, $\sigma^c_s(\rho), e_p(\rho), e_s(\rho)$ also are, implying $P, \sigma_s$ increase monotonically with $v_s^2$. Keeping $P = \text{const}$, the circumstances, though still given by eqs. (67), are different. In the hypoplastic regime, the shear stress at given pressure, $\sigma^c_s = \mu_1 P$, is simply a constant, similarly in the Bagold regime, $\sigma_s = \mu_2 P$. In between, both $\rho, \sigma_s$ are rate- and density-dependent, given by $\sigma_s = \mu_1 P^c(\rho) + \mu_2 e_p(v_s)^2$, with $\rho(P, v_s)$ from $P = P^c(\rho) + e_p(v_s)^2$ plugged in. Then there is no reason for $\sigma_s(P, v_s)$ to be monotonic, see [81] for more details.
Equations (67) are algebraic relations that hold for uniform systems. To account for non-uniform ones, gradient terms from GSH become important, and the large set of non-linear, partial differential equations that GSH is needs to be solved. Even disregarding this, there are still complications that one needs to heed. For instance, enforcing a constant total volume does not prevent the local density to vary, and a stress dip may still occur.

To understand this better, consider two uniform volumes $V_1$, $V_2$, with $V_1 + V_2 = \text{const}$. Being in contact via a flexible membrane, they may serve as a simple model for the continuous non-uniformity of a constant volume experiment. Initially, the total system is uniform, with both densities equal, $\rho_1 = \rho_2$, and both shear rates vanishing, $\dot{\gamma}_1 = \dot{\gamma}_2 = 0$. Now, if $\dot{\gamma}_2$ is cranked up, but $\dot{\gamma}_1$ remains zero, because of pressure equality, $P_1(\rho_1, \dot{\gamma}_1) = P_2(\rho_2, \dot{\gamma}_2)$, the density must change and the membrane will stretch, with $\rho_2$ decreasing and $\rho_1$ increasing. If system 1 is much larger than 2, the stretching of the membrane will not change $\rho_1$ much, and $P_1(\rho_1, \dot{\gamma}_1)$ will remain essentially constant as a result. So will $P_2 = P_1$, and the pressure-controlled limit holds in system 2. Otherwise, we have an intermediate case between the pressure- and density-controlled limits. In both cases, a stress dip may appear.

Finally, we give three reasons for the undeniable success of the MiDi relation: First, $\phi = \phi(I)$ is correct for $\rho < \rho_{\text{cp}}$, while $\mu = \mu(I)$ as given by eq. (68) is right for $\rho > \rho_{\text{cp}}$. Very few papers span both limits and employ both relations simultaneously. Second, many experiments are non-uniform, lying between the density- and pressure-controlled limits. An unreflective comparison of the relation to a subset of data such as the average density is non-monotonic, assuming overcritical values part of the path. This is where the system has a high probability of breaching an instability, either of the elastic energy at a point on the yield surface, as discussed around eq. (12), or that of $T_y$, as discussed in sect. 3.4.2. The transition is difficult to account for, but the stable shear band is again simple.

As we have seen, the narrow shear band of low shearing velocity $v$ has a rate-independent width. If $v$ is higher, the system’s behavior depends on the setup. For given pressure, the width $\ell$ grows linearly with $v$, implying a constant rate $v/\ell$ in the liquid phase. As a result, the shear stress, a function of the rate, remains independent of $v$. This *fauve rate-independence* goes on until the band covers the whole system, at which point the quadratic rate dependence of uniform dense flow sets in. For given volume, the band width remains independent of $v$, but the shear stress grows quadratically with it. The transition to uniform dense flow is for given volume discontinuous. It happens when the shear stress exceeds the critical value of the solid density, at which point the solid phase is no longer stable.

To understand wide shear bands, we study the simple case of uniform fluid and solid regions connected via a flat surface. (Separately, they are already understood.) Denoting the solid and fluid parts with the superscripts $s$ and $f$, respectively, these two regions have equal pressure, shear stress, and chemical potential,

$$ P_s = P_f, \quad \sigma_s = \sigma_f, \quad \mu_s = \mu_f. \quad (70) $$

(The chemical potential is defined as $\mu = \partial w/\partial \rho$, see eq. (1). The equality holds because otherwise a particle current would flow across the phase boundary.) All three fields have an elastic and a seismic contribution: With $P = (1 - \alpha)P_\Delta + P_T$, $\sigma_s = (1 - \alpha)\sigma_s + \eta T \sigma_v$, see eqs. (17), (18), and $\mu = \mu_\Delta + \mu_T$, where

$$ \mu_\Delta \equiv T \frac{3b_0\rho}{2} \frac{1 - \rho_{\text{cp}}}{\rho_{\text{cp}} - \rho} \left( 1 + (1 + \alpha)\rho - \rho_{\text{cp}} \right) \frac{\rho_{\text{cp}} - \rho}{\rho_{\text{cp}} - \rho}, \quad (71) $$

$$ \mu_T \equiv T \frac{b_0}{2} \eta T \sigma_v \frac{\Delta - \Delta_c}{\sigma_c}, \quad u_T^F = u_c. \quad (72) $$

Denoting the width of the shear band as $\ell$, and the velocity difference across the shear band as $v$, we take

in fluid: $v_s = v/\ell \propto T_y, \quad \Delta F = \Delta_c, \quad u_s^F = u_c, \quad (73)$

in solid: $\alpha, T_y, v_s = \ell. \quad (74)$

In other words, the elastic strain $\Delta$ and $u_c$ have critical values in the $F$-phase, and appropriate static values in

4.2 Wide shear bands

The narrow shear band has already been considered in sect. 3.6. Here, we consider a wide shear band, which is in essence the coexistence of static granular solid and uniform dense flow. In the first, the grains are deformed and at rest, $T_y = 0$, with all energy being elastic. In the second, the grains jiggle, rattle, move macroscopic distances, with $T_y \propto v_s$ and a portion of the energy in $T_y$. Increasing the shear rate, the transition from the rate-independent critical state to the Bagnold regime of dense flow is, as discussed in sect. 4.1, continuous at given density and discontinuous at given pressure, but always uniform. Here, we consider a non-uniform path, a narrow shear band that suddenly appears, as the result of an instability, see sect. 3.6, then continuously widens as the externally applied velocity difference increases, until the band covers the whole system, and uniformity is restored.
the $S$-phase. Strictly speaking, the discontinuities at the $S$-$F$ boundary are in $\rho$, $\Delta$, $u_s$, but not in $T_\ell$ and $v_s$, as both diffuse into the solid, decaying exponentially there, see sect. 3.5.1. We neglect this detail, approximating the decay with a discontinuity to keep the formulas simple, and to work at the qualitative understanding first. The price we pay is a slightly fuzzy $\ell$ that includes the two decay zones in the solid.

4.2.1 The fluid region

The elastic contribution $\mu_\Delta$ is a very small quantity: In $P_\Delta \propto B \Delta^{1.5}$, a large $B$ compensates a small $\Delta^{1.5}$, such that $P_\Delta$ is either much larger than, or comparable to, $P_F \propto T_\ell^2$. Now, $\mu_\Delta$ is of the order of $P_F/\rho$, but $\mu_\Delta \propto B \Delta^{2.5} \lesssim \Delta P_\Delta$ is smaller by the factor $\Delta$, around $10^{-3}$–$10^{-4}$. Therefore, as long as $P_F \gg \Delta P_\Delta$, we have $P_F \gg \mu_\Delta$, and $\rho^F \propto P_F$ reduces to $P_F \approx 0$, implying the density in the shear band is (in dry sand) fixed as

$$\rho^F = \rho_{cp}/(1 + a).$$  (75)

Measuring $\rho^F$ therefore yields the value of $a$, see eq. (11). In what follows, we need to assume a sufficiently small $a$, such that $\rho^F > \rho_{cp}$. Because $\Delta^F = \Delta_c(\rho^F)$, $u^F_s = u_s(\rho^F)$, the elastic pressure $P_\Delta(\rho, \Delta, u_s)$ in the fluid is also known.

Given pressure. Next, we consider the case of given velocity difference $v$ across the shear band, and given external pressure, $P^{ex} = P^S = P_F$,

$$P = P_c(\rho^F) + \frac{T_\ell^2}{2} \left( \frac{\rho^F}{\rho_{cp}} \right)^2 a \frac{b}{b_{cp}},$$  (76)

$$\sigma_s = \sigma_c(\rho^F) - \eta T_\ell v_s / \ell.$$  (77)

Since $P_F$, $\rho^F$ fix $T_\ell$, $v_s = T_\ell / \ell$, and for given $v$, the width of the shear band $\ell = v/\ell_s$ is also fixed, we have all there is to know about the fluid region. Remarkably, the system now displays a faux rate-independence: $\ell$ adjusts itself such that $T_\ell \propto v/\ell_s$ remains constant for given pressure, independent what $v$ is. The parabola of fig. 7 depicts $\sigma_s$. The offset gives the elastic contributions, $\sigma_c$. The horizontal line is a result of $\ell$ adjusting.

Increasing the velocity $v$ at given pressure alters the width $\ell$, as long as it is smaller than the width of the total system $L$. For larger velocities, the system is again uniform, without a solid region. And the consideration of sect. 4.1 holds. Until this point, the stress is rate-independent, much longer than without a shear band.

Given the solid density $\rho^S$ (see sect. 4.2.2), and the mass per unit surface $M$, mass conservation $\rho^S(L - \ell) + \rho^F \ell = M$ determines the total width $L$ for given pressure $P$.

Given total volume. At given total volume $L$, because of mass conservation and because $\rho^F$, $\rho^S$ are given in addition to $L$, the band width $\ell$ is fixed, irrespective what the velocity $v$ is. As a result, both the shear stress and pressure grow as $(v/\ell)^2 \propto v^2$, not at all rate-independent. The transition to uniform dense flow happens discontinuously, when eq. (79) is violated, for $\sigma_c(\rho^S) = \sigma^S$.

![Fig. 7. Faux rate-independence: Shear stress $\sigma_s$ as a function of the velocity difference $v$, or of the apparent shear rate $v_s = v/L$, for given pressure, in a simple-shear geometry. The offset gives the elastic contribution, $\sigma_c(\rho^F)$; the parabola is the case without a shear band. The thick horizontal line depicts the situation with a shear band, of width $\ell$, which is smaller towards left, and equal to the system’s width $L$ at the right end. The rate-independence of $\sigma_s$ derived from $\ell$ adjusting itself such that $T_\ell \propto v/\ell$ remains constant for given pressure.](image)

4.2.2 The solid region

Because we have terms of such different magnitudes in the connecting condition $\mu^S = \mu^F$, it fixes $\rho^F$ instead of giving a relation between $\rho^F$ and $\rho^S$. Therefore, the condition is always satisfied, irrespective what value $\rho^S$ assumes. So $\rho^S$ can only be a result of the dynamics: When an instability is breached, the density is changed until it gets stuck at some value for $\rho^S$, at which the system is again stable. Then of course, $\Delta^S$, $u^S_s$ may be determined for given pressure and shear stress. Nevertheless, we do know

$$\rho^F < \rho^S \quad \text{and} \quad \rho^F \leq \rho_c(P)$$  (78)

must hold. The first inequality can be seen from

$$\sigma_c(\rho^S) > \sigma^S = \sigma_c(\rho^F) + \eta T_\ell v_s \geq \sigma_c(\rho^F),$$  (79)

where the first greater sign is related to the discussion in sect. 3.4.2; the equal sign is a connecting condition; and the second greater sign is a result of $\eta T_\ell v_s$ being positive, in addition to the fact that $\sigma_c$ is a monotonically increasing function of the density, cf. the discussion in sect. 3.1.1. The second inequality, $\rho^F \leq \rho_c(P)$, holds because of two reasons: First, in the critical state, there is only one free parameter. Once $\rho$ is given, $\Delta_c$, $u_c$, $P_c$, $\sigma_c$ also are. Alternatively, one may fix the external pressure $P$, then $\rho_c(P)$ is a dependent quantity. Second, given $P = P_c(\rho^F) + P_F$, we have $\rho_F = \rho_c$ for $P_F = 0$. $\rho^F$ may be smaller, but if it were larger, shear band will not exist, and the flow is uniform. For $\rho^F < \rho_{cp}$, there is no elastic contribution in the shear band, $P_c$, $\sigma_c = 0$ in eqs. (76), (77), and eq. (78) holds trivially. All other conclusions remain valid, also fig. 7, though without the offset $\sigma_c$.

When the velocity $v$ decreases, the above consideration stops to be valid at some point. For instance, $\rho^F$ is no
longer given if \( P_T \gg \Delta P_\Delta \) does not hold. But before this happens, the narrow band solution should already have taken over.

### 5 Velocity and damping of elastic waves

That elastic waves propagate in granular media [122,123] is an important fact, because it is an unambiguous proof that granular media possess an elastic regime. In this section, we consider elastic waves and propose to employ them as a tool to detect the elastic-to-plastic transition. There is a widespread believe in the granular community that small, quasi-static increments from any equilibrium stress state is elastic, but large ones are plastic. As discussed in sect. 7, this assumption appears illogical, because any large increment can always be taken as the sum of small ones. In GSH, the parameter that sets the boundary between elastic and plastic regime is the granular temperature \( T_g \). We have quasi-elastic regime for vanishing \( T_g \propto v_s^2 \), and the hypoplastic one for elevated \( T_g \propto v_s \).

A perturbation in the elastic strain or stress propagate as a wave only in the quasi-elastic regime, while it diffuses in the hypoplastic one. More specifically, we derive a telegraph equation from GSH with a quantity \( \propto T_g \) taking on the role of the electric resistance [124]. It defines a characteristic frequency \( \omega_0 \equiv \lambda T_g \), such that elastic perturbations of the frequency \( \omega \) diffuse for \( \omega \ll \omega_0 \), and propagate for \( \omega \gg \omega_0 \). We have \( \omega_0 \to 0 \) in the quasi-elastic regime, so all perturbations propagate. In the hypoplastic regime, when \( T_g \) is elevated, so is \( \omega_0 \), pushing the propagating range to ever higher frequencies. Eventually, the associated wavelength becomes comparable to the granular diameter, exceeding GSH’s range of validity.

To derive the telegraph equation, we start with two basic equations of GSH, eqs. (15), (18),

\[
\begin{align*}
\rho_0 \ddot{v}_i &= (1-\alpha) \nabla_m K_{imkl} u^*_{kl} = 0, \quad \text{(80)} \\
\partial_t u^*_{ij} &= (1-\alpha) u^*_{ij} = -\lambda T_g u^*_{ij}, \quad \text{(81)}
\end{align*}
\]

with \( K_{imkl} \equiv \partial^2 w/\partial u_i \partial u_k \partial u_l \partial u_l \). (For simplicity, we concentrate on shear waves, assuming \( v_{il} \equiv 0 \).) For \( T_g \to 0 \), the plastic terms \( \lambda T_g u^*_{ij} \) and \( \alpha \propto T_g \) are negligibly small, and these two equations represent conventional elasticity theory. The wave velocity \( c \) (given by the eigenvalues of \( K_{imnj} q_{mn}/(pq^2) \) with \( q_m \) the wave vector), as a function of stress and density, is then easily calculated. The results [54] agree well with observations [66].

There are two ways to crank up \( T_g \) and the plasticity, either by introducing external perturbations \( T_g \), or by increasing the amplitude of the wave mode, because its own shear rate also creates \( T_g \). The characteristic time of \( T_g \) is \( 1/R_T \leq 10^{-3}\) s in dense media, see eq. (26). Therefore, we assume that the wave mode’s frequency is much larger than \( R_T \), such that \( T_g \) and \( \alpha(T_g) \) are essentially constant, or

\[
(\partial_t^2 + \lambda T_g \partial_t) u^*_{ij} = (1-\alpha)^2 \nabla_m [K_{imkl} \nabla_j u^*_{kl} + K_{jmkl} \nabla_i u^*_{kl}].
\]

Concentrating on one wave mode along \( x \), with \( c_{qs} \) the quasi-elastic, \( c \equiv (1-\alpha)c_{qs} \) the actual velocity, and \( \ddot{u} \propto e^{i\omega x - i\omega t} \) the eigenvector’s amplitude, we have the telegraph equation,

\[
(\partial_t^2 + \lambda T_g \partial_t) \ddot{u} = (1-\alpha)^2 c_{qs}^2 \nabla_x^2 \ddot{u} \equiv c^2 \nabla_x^2 \ddot{u}. \quad \text{(83)}
\]

The coefficient \( (1-\alpha)^2 \), accounting for granular contacts softening and the effective elastic stiffness decreasing, is, in the language of electromagnetism, the inverse dielectric permeability. Inserting \( \ddot{u} \propto e^{i\omega x - i\omega t} \) into eq. (83), we find \( c^2 q^2 = \omega^2 + i\omega\lambda T_g \), implying diffusion for the low frequency limit, \( \omega \ll \lambda T_g \),

\[
q \approx \pm \frac{\sqrt{\omega \lambda T_g}}{c} \frac{1 + i\omega}{\sqrt{2}}, \quad \text{(84)}
\]

and propagation for the high frequency limit, \( \omega \gg \lambda T_g \),

\[
c q \approx \pm \omega (1 + i \lambda T_g/2\omega), \quad \text{(85)}
\]

\[
\ddot{u} \propto \exp[-i\omega(t \mp x/c) \mp x(\lambda T_g/2c)]. \quad \text{(86)}
\]

The first term in the square bracket accounts for wave propagation, the second a decay length \( 2c/\lambda T_g \), independent of the frequency if \( T_g = T_s \) is an ambient temperature. It is strongly frequency and amplitude dependent if \( T_g = f(v_s) \propto \omega q \ddot{u} \propto \omega^2 \ddot{u} \) is produced by the elastic wave itself, because the inverse length varies with \( T_g \), going from \( T_g \propto v_s^2 \) to \( T_g \propto v_s \).

A brief wave pulse, arbitrarily strong, can always propagate through granular media if its duration is too brief to excite sufficient \( T_g \) for the system to enter the hypoplastic regime. The duration must be much smaller than \( T_g \)'s characteristic time \( 1/R_T \).

### 6 Compaction

The present understanding of compaction under tapping takes it to be a rather insular phenomenon, in need of an special entropy not useful for any of the other granular phenomena. We shall return to the so-called Edwards entropy in sect. 6.3, after having pondered whether tapping may be related to a ubiquitous variety of compaction that has been known to engineers for a long time, the slow increase of the density at given pressure under shear, or in the presence of an ambient temperature \( T_s \). This more typical phenomenon is easily understood to be a result of the fact that \( \Delta \) relaxes, as accounted for by eq. (28). Keeping the pressure \( P_\Delta = B(\rho) \Delta^{1.5} \) constant, the density increases to compensate. (Note that Approaching the critical state under a constant shear, the circumstances are more general, because \( \Delta \) relaxes and is being increased by a shear rate at the same time. It may increase, leading to dilation, or decrease, to contraction, as considered in sect. 3.1.3.)

#### 6.1 Reversible and irreversible compaction

Consider the pressure \( P = (1-\alpha)P_\Delta + P_T \) assuming vanishing shear strain and rate, \( u_s, v_s = 0 \), with
\( P_{\Delta} \) the elastic, and \( P_T \) the seismic, contribution, see eqs. (8), (11), (13),
\[
P_{\Delta} = B(\rho) \Delta^{1.5}, \quad P_T = g_p(\rho) T_g^2, \quad (87)
\]
where both \( B \) and \( g_p \) are, for dense media, monotonically increasing functions of \( \rho \). At small \( T_g \), the seismic pressure \( P_T \) may be neglected, so \( \rho \) must increase when \( \Delta \) relaxes, for \( P = P_\Delta = \text{const.} \) The increase is irreversible because the relaxation is. This is the limit most soil mechanical experiments are in. Only irreversible compaction is observed.

For \( T_g \) larger, the seismic pressure \( P_T \) needs to be included. Because the density change in \( q_g \) is faster than in \( B \), the relaxation of \( \Delta \) increases \( P_T \) and decreases \( P_\Delta \), with \( P_\Delta + P_T = \text{const.} \) After the relaxation has run its course, \( \Delta, P_\Delta \rightarrow 0 \), if one modifies \( T_g \) (i.e. the amplitude of the perturbation) but maintains \( P = P_T \), the density will change in response, in both direction and reversibly. Since \( P_T(\rho, T_g) = \partial (\psi(\rho))/\partial (1/\rho) \) is a thermodynamic derivative, the change is also thermodynamic.

### 6.2 History dependence versus hidden variables

Changing \( T_g \) midway at constant \( P \), with \( \Delta \) still finite, will mainly lead to a change in \( \Delta \), because the density responds much more slowly. It disrupts the relaxation of \( \Delta \), in essence resetting its initial condition. This phenomenon was observed in [125] and interpreted as a memory effect. Generally speaking, “memory” is usually a result of hidden variables: When the system behaves differently in two cases, although all state variables appear to have the same values, we speak of memory-, or history-dependence. But an overlooked variable that has different values for the two cases will naturally explain the difference. In the case of compaction, the manifest and hidden variables are \( \rho \) and \( \Delta \), respectively.

### 6.3 Tapping and the Edwards entropy

Numerous experiments have shown that tapping leads to reversible and irreversible compaction, see the review article [126]. It is usually accounted for by the specifically tailored granular statistical mechanics [127, 128] and the Edwards entropy \( S_{Ed} \), or some generalization of it. Substituting the volume \( V \) for the energy \( E \), and compactness \( X \) for the temperature \( T \), this theory employs \( dV = X dS_{Ed} \) as the basic thermodynamic relation for a “mechanically stable agglomerate of infinitely rigid grains at rest” [127, 128]. The entropy \( S_{Ed} \) is obtained by counting the possibilities to package grains stably for a given volume, equating it to  \( e^{S_{Ed}} \).

Two reasons prompt us to doubt its appropriateness. First, the number of possibilities to arrange grains concerns inter-granular degrees of freedom. These are vastly overwhelmed by the much more numerous configurations of the inner-granular degrees of freedom. In other words, the Edwards entropy \( S_{Ed} \) is a special case of the granular entropy \( S_g \), and as discussed in the introduction, we always have \( S_{Ed} \ll S_g \). One would be able to neglect \( S \) and concentrate on \( S_g \) if these two were only weakly coupled, if the energy decay from \( S_0 \) to \( S \) were exceedingly slow. This is not the case, the relaxation of \( T_g \propto S_g \) is fast.

Second, even assuming a weak coupling, \( S_{Ed} \) would still be a overwhelmed measure. The starting point of the Edwards entropy is the fact that the energy \( E \) is always zero for infinitely rigid, non-interacting grains at rest, however they are packaged. Taking \( S_g \) generally as a function of energy and volume, \( S_g(E, V) \), we have
\[
dS_g = \frac{\partial S_g}{\partial E} dE + \frac{\partial S_g}{\partial V} dV \equiv \frac{1}{T_g} dE + \frac{P}{T_g} dV.
\]

Usually, one keeps the volume constant, and consider \( dS_g = (1/T)dE \). Taking instead \( E \equiv 0 \), we have \( dS_g = (P/T)dV \), equivalent to the Edwards expression \( dV = (T/P)dS_g \equiv X dS_{Ed} \).

This derivation ignores three essential points: First, perturbing the system, allowing it to explore the phase space, introduces kinetic energy that one must include. But then \( E \neq 0 \). Second, because of the Hertz-like contact between grains, little material is deformed at first contact, and the compressibility diverges at vanishing compression. This is a geometric fact independent of how rigid the bulk material is. Therefore, infinite rigidity is never a realistic limit in granular media, and there is always considerable elastic energy stored among grains in mechanically stable agglomerates. Third, \( S_{Ed} \) as defined is the granular entropy at vanishing granular motion and compression. Its phase space is therefore severely constrained. Generally speaking, each classical particle has states in a 6D space, three for the position and three for the velocity. The Edwards entropy only includes states in a 3D space. So \( \exp(S) \) is the number of states times the Loschmidt’s number; \( \exp(S_g) \) is the number of states in 6D space times the number of grains, and \( \exp(S_{Ed}) \) is the number of states in 3D space (no velocities) times the number of grains. Therefore
\[
S_{Ed} \ll S_g \ll S. \quad (88)
\]

Going toward equilibrium, a system searches for the greatest number of states to equally redistribute its energy. One bears the burden of proof for the claim that it is sensible for the system to neglect \( S, S_g \), and concentrate on \( S_{Ed} \). In contrast, GSH identifies compaction as a process taking place at finite \( T_g \) and compares the true entropy \( S \) of macrostates at that \( T_g \). It also accounts for entropy increase, by detailing how macroscopic energy decays into granular heat, and how this is converted to true heat.

More specifically, maximizing the true entropy \( S \), GSH obtains two sets of equilibrium conditions, one for the solid and another for the fluid state [48, 49],
\[
\nabla_i \pi_{ij} = \rho g_i, \quad T_g = 0; \quad \pi_{ij} = 0, \quad \nabla_i P_T = \rho g_i. \quad (89, 90)
\]

The first is the result of \( T_g \) vanishing quickly, leaving a jammed, elastically deformed system. The second (implying \( \Delta, P_\Delta = 0 \)) holds, when \( T_g = T_s \) is being maintained
externally. This is the limit of reversible, thermodynamic compaction, for $\Delta = 0$.

Reversible and irreversible compaction as accounted for by GSH is a universal granular phenomenon. It occurs at given pressure and $T_g$, however $T_g$ is created. This corresponds well to the observation that tapping, though especially efficient, is but one way to achieve compaction, leading to results vary similar to that of many other methods [126]. So it is natural to take the consideration of the last section to hold for tapping as well. This rings true for gentle tapping, but stronger one warrants further scrutiny.

Gentle tapping leads to granular jiggling and a small $T_g$, though one that fluctuates in time, with periodic flare-ups. As long as $P_T$ may be neglected, $\Delta$ will relax according to the momentary value of $T_g$, haltingly but monotonically. Since the relaxation is a slow process, one could average over many taps to yield a coarse-grained account. Given a granular column with a free upper surface in the gravitational field, because a given layer is subject to a constant pressure, the density will increase to compensate for the diminishing $\Delta$. The characteristic time of $\Delta$-relaxation diverges towards the end, and is not a constant, see [129].

Stronger tapping leads to a higher $T_g$, with $\Delta$ relaxing more quickly. $P_T$ must now be included. Periodically, when all grains are at rest, $P_T$ vanishes, and $\Delta$ is necessarily increased to maintain the given pressure. This introduces a non-monotonicity into $\Delta(t)$, and raises the question, whether the system, when being tapped again to arrive at an elevated $T_g$, will pick up the relaxation of $\Delta$ where it was left when the system last crushed to a stop, and also why it should do so. If it does, we can again take tapping as coarse-grainable, intermittent compaction. Then GSH indeed provides a complete picture for compaction, with an understanding that is transparent, conventional and demystified.

### 7 The quasi-elastic regime

Textbooks on soil mechanics take granular motion in the hypoplastic regime —say the approach to the critical state—to be quasi-static, because it is slow and rate-independent. Yet since it is also strongly dissipative and irreversible, we do not believe this is right: Quasi-static motion is not dissipative.

Consider sound propagation in any system including Newtonian fluid, elastic medium or liquid crystals. The sound velocity is always an order of magnitude lower than the damping. This is a general feature: Changing a state variable $A$ slowly, dissipation is $\propto \partial_t A$. For $\omega \to 0$, the motion is free of dissipation and rate-independent. One calls it quasi-static because the system is at this frequency visiting static states consecutively.

In the hypoplastic regime, reactive and dissipative terms in GSH are of the same order in the frequency, and comparable in size—they are exactly equal in the critical state—and elastic waves are overdamped. So there must be a true quasi-static regime at even lower frequencies. A more convoluted explanation, popular in the geotechnical community, is to assume that a small incremental strain is elastic and free of dissipation, but a large one is elasto-plastic and dissipative. Unfortunately, this is incompatible with the basic notion of quasi-static motions: Starting from a static state of given stress, and applying a small incremental strain that is elastic, the system is again in a static state and an equally valid starting point. The next small increment must therefore again be elastic. Many consecutive small increments yield a large change in strain, and if the small ones are not dissipative, neither can their sum be. This cannot go on for ever, and the limit is the elastic convexity transition of eq. (12), at which no elastic state is stable. So in the quasi-elastic regime, granular media behave in accordance to the simplest elasto-plastic theory: completely elastic for small shear stresses, and ideally plastic when the yield stress is breached.

Together, these reasons let us believe that it is $T_g$, rather than strain amplitude that decides whether the system is elastic or elasto-plastic. Of course, small strain increments achieved with a high but short lasting shear rate will indeed provoke elastic responses, if $T_g$ does not have time to get large and produce plastic responses. To be specific, we quote a few numbers, well aware that these are at best educated guesses for the case of dry sand: The Bagnold regime starts at rates of one or two hundred Hz, the hypoplastic regime is say between $10^{-3}$ and 1 Hz, and the quasi-elastic regime lies possibly below $10^{-5}$ Hz. GSH accounts well both for static stress distribution and the hypoplastic regime. Its prediction of what should happen in between, in the quasi-elastic regime, derives from a continuous connection of these two behavior, and is not yet verified experimentally. Granular media are taken to be completely elastic, with the elastic energy given by eq. (6) for the static case of identically vanishing shear rate, $v_s = 0$. Many known static stress distributions have thus been successfully reproduced, including silos, sand piles and point load on a granular sheet, see [61–63]. Also, Incremental stress-strain relation starting from varying static stress points [65], and the propagation of anisotropic elastic waves at varying static stresses [54] are well accounted for. The elasto-plastic motion that are on display for hypoplastic shear rates and elevated $T_g$ is also in full agreement with experiments and state-of-the-art engineering theories such as hypoplasticity and barodesy, see sect. 3.3.

Given the two limits, there is only little leeway of how to connect both, GSH employs $h$ of eq. (22) as the switch, such that $h = 1$ and $T_g \propto v_s$ in the rate-independent hypoplastic regime, while $h \to \infty$ and $T_g \propto v_s^2$ quadratically small in the quasi-static one. Since deviations from elasticity of all expressions vanish with $T_g \to 0$, the transition is smooth.

For experiments at given shear rates, the key difference between the hypoplastic and quasi-elastic regime lies in whether the system retrace the stress-strain curve when the rate is reversed, see next section. For experiments at given shear stresses (employing a soft spring, see sect. 7.2 below) in the hypoplastic regime, an initially elevated $T_g$ will relax sufficiently slowly to give rise to an apparently diverging creep, see sect. 3.4. This does not happen in the quasi-elastic regime. The first was observed in [86], and the
authors concluded reasonably that the system harbors a slow dynamics and is not quasi-static.

7.1 The steep stress-strain trajectory

As discussed above, in the quadratic regime of very slow shear rates, \( T_g \propto |v_s|^2 \rightarrow 0 \), the granular temperature is so small that the system is essentially elastic, moving from one elastic equilibrium state to a slightly different elastic one. This is the reason why we call it quasi-elastic. Because \( \sigma_s = \pi_s \) and \( \partial u_s = \partial \pi_s = v_s \), the change of the shear stress \( \sigma_s \) is well approximated by the (hyper-) elastic relation,

\[
\partial_t \sigma_s = \frac{\partial \pi_s}{\partial u_s} \partial u_s = \frac{\partial^2 w}{\partial u^2_s} v_s. \tag{91}
\]

Shearing a granular medium at quasi-elastic rates, the result will be a trajectory \( \sigma_s(\varepsilon_s) \) that is much steeper than in experiments at hypoplastic rates, such as observed during an approaching to the critical state. The gradient is given directly by the stiffness constant \( \frac{\partial^2 w}{\partial u^2_s} \), and possibly three to four times as large as the average between loading and unloading at hypoplastic rates (because eq. (15) lacks the factor of \((1 - \alpha)\)). This goes on until the system reaches a yield surface of the elastic energy, say eq. (12). We expect the system to form shear bands at this point, reaching a yield surface of the elastic energy, say eq. (12). The gradient is given directly by the stiffness constant \( \frac{\partial^2 w}{\partial u^2_s} \), and possibly three to four times as large as the average between loading and unloading at hypoplastic rates (because eq. (15) lacks the factor of \((1 - \alpha)\)). This goes on until the system reaches a yield surface of the elastic energy, say eq. (12). The gradient is given directly by the stiffness constant \( \frac{\partial^2 w}{\partial u^2_s} \), and possibly three to four times as large as the average between loading and unloading at hypoplastic rates (because eq. (15) lacks the factor of \((1 - \alpha)\)).

We suggest two ways here to enter the quasi-elastic regime. Since a given slow stress rate has a high shear rate at elevated \( T_g \) and a low one at vanishing \( T_g \), the idea is to find the latter. One method is to slowly tilt an inclined plane supporting a layer of grains. In such a situation, the shear rate remains very small, and the system starts flowing only when a yield surface is breached. In contrast, employing a feedback loop in a triaxial apparatus to maintain a stress rate would not work well, because the correcting motion itself typically has strain rates that are too high. A second method is to insert a very soft spring, even a rubber band, between the granular medium and the device moving at a given velocity \( v \) to deform it. If the spring is softer by a large factor \( a \) than the granular medium, it will absorb most of the displacement, leaving the granular medium deforming at a rate smaller by the same factor \( a \) than without the spring. In other words, the soft spring serves as a “stress reservoir” for the granular medium. The same physics applies when the feedback loop is connected via a soft spring. Little \( T_g \) is then excited, as in the experiment [86], see sect. 3.4.

8 Conclusions

This paper represents half a decade worth of attempts to come to terms, at least qualitatively, with the many observations of granular dynamics, by employing GSH as the description and unifying framework. We are happy to report that it has not failed us once, although the outcome was rarely obvious when we started to examine a new experiment. Retrospectively, of course, circumstances appear much clearer and naturally systematic, and this is also how we present them above. The range of phenomena considered is clearly considerable, much wider than any macro-theory to date. Necessarily, a number of corollary predictions have also been made, especially in the context of wide shear bands and the quasi-elastic regime. They cry out for verification. Also, an observation of the difference between yield (or elastic instability) and the critical state would be highly desirable.

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