Trends in Mathematical Stitchless Model of Volume Fitting Stretch for Design of Sport Bra

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Abstract

Ergonomic design system of the volume fitting stretch for design of the sport bra style and its simulation remains a major challenge, even if applications are numerous, from rapid mathematical for e-commerce to a stable arithmetical for stretch comfort design cloth of sport bra surfaces. This study compared seven sports bras on quantitative and subjective measures of arithmetical comfort as well as ergonomic stitchless items for small, medium, and large breasted women during exercise. Representing different cup magnitudes were filmed while jogging on a treadmill at 6 mph in each bra style and in the nude condition. The average stitchless model of vertical displacement of the breast relative to the body was described mathematically for each condition. A two-way repeated measures of mathematical ergonomic stitchless model of volume fitting stretch that is aimed at designing a sport bra and subsequent pairwise comparisons indicated significant differences by bra style in subjective mean comfort cores. Correlation coefficients between vertical displacement values, subjective measures of support, and subjective measures of comfort indicated that bras, which effectively controlled breast displacement, tended to score lower on comfort design. Obtained results might help produce reports from the external level that arranged for forecasting suitable fashion of a sport bra design.

Keywords: Stitchless; Ergonomic; Fitting stretch; Sport bra; Comfort design

Introduction

Considering the importance of technology and the human health in the advanced levels and several emergency medical and clinical issues associated with it, the key attention is given towards biomedical research. Thus, a sport bra is a bra that provides support to female breasts during physical exercise. Sturdier than typical bras, they minimize breast movement, alleviate discomfort, and reduce potential damage to chest ligaments. Many women wear sports bras to reduce pain, and physical discomfort caused by breast movement during exercise. Some sports bras are designed to be worn as outerwear during exercise such as jogging. Historically, the recorded sizing system that is used for current bra manufacturing was founded in 1926, a system that was originally intended to classify breast shapes into analogous types. Warner Brothers [1], in America, incorporated the volume magnitude into the bra magnitude specifications in 1935. This gave birth to the alphabetically notated sizing system for bras and the basic modern bra sizing charts in use today, although manufacturers and bra designers of the different brands use different sizing charts for specific target markets. Consumers find their magnitudes by trial and error, by trying on bras of different styles, models and brands, until they find a bra that fits well. This is still the most dependable method of finding a bra that fits well, because of the differences noted above, as well as the fact that body measurements used for manufacturing bras are taken manually and are prone to error. Today, many countries still use the metric system whilst others prefer the imperial system to determine the bra under-band magnitude. There are various International Standards Organizations systems, including the European, Japanese and Chinese bra sizing standards, in use today for developing bra-sizing charts. This work will only refer to the comparisons in the metric and imperial systems and the conclusions as drawn and reported by Zheng et al. [2] as these are the most popular bra sizing systems which are in use today.

Mathematical fitting stretch of a sport bra

Body Volume Index [3] is the relationship between the distribution of body mass to volume fitting stretch model and the location of the mass on the body. It is suggested as an alternative tool to body volume index. It is a computer-based measurement of the body for obesity. Volume fitting stretch model of sport bra can differentiate between people who have the same rating, but who have a different body shape and body mass distribution. The basic of a person is measured manually by total weight and height, while the volume fitting stretch model of sport bra is calculated by using three dimensional body data and the appropriate software to determine volume or weight distribution. Volume fitting stretch model of sport bra measures where the weight and the fat are located on the body rather than total weight or total fat content. The three dimensional body scanners determine the three-dimensional...
Typical bra design process involves three broad stages, namely, knowledge of fabric performance and precision pattern making. Designing bras is not only a lengthy but a complicated process that requires various skills including design creativity, detailed knowledge of fabric performance and precision pattern making. Typical bra design process involves three broad stages, namely, concept, design, pattern development; this is a standard process flow diagram throughout the bra manufacturing industry [8].

Challenges and objectives of sport bra design

Design analysis of functional textiles, and volume fitting stretch is aimed at styling the sport bra. In theory, the volume fitting of a sport bra, and is used for the different magnitudes of sport bra, and is used for the different magnitudes of sport bra cups. The sport bra sample is adjusted on the relevant fit model and the adjustments to the sample magnitude are made accordingly to [4,5]. Li [6] reports that the average absolute threshold for the breast region of the “female skin” is dependent on the fabric to skin contact and the mechanical interaction of the bra during wear. The process is explained as the application of pressure and mechanical stimulation of the skin, which triggers various mechanoreceptors resulting in an array of touch sensations. For this study, it is also worth noting that the static pressure when wearing a sport bra, in the standing position, was at the back, in the side and at the shoulders. In addition, wearer preference in the choice of the bra magnitude was related to pressure distribution. The initial sample bra design is sketched and volume fitting stretch model of sport bra mostly from stretch fabrics or combinations or blends thereof, cut from flat panels and accurately shaped to the nearest millimeter. The pieces are sewn or fused together into a three-dimensional garment and fitted onto a live model, to check the support of the torso without obvious distortions or discomfort to the wearer [7]. Designing bras is not only lengthy but a complicated process that requires various skills including design creativity, detailed knowledge of fabric performance and precision pattern making. Typical bra design process involves three broad stages, namely, concept, design, pattern development; this is a standard process flow diagram throughout the bra manufacturing industry [8].

Manufacturers and retailers in Europe have clearly indicated a need for more accurate and relevant torso measurement data, notably breast, volume or sport bra cup magnitude, breast volume contour and magnitude and depth, as well as sport bra sizing systems for magnitudes of European women. In addition, the three-dimensional scan technologies lends itself admirably mathematical ergonomic stitchless model of volume fitting stretch for sport bra design for this purpose as it has the ability to extract traditionally difficult measured breast areas. Volume fitting stretch model of sport bra can either encapsulate or compress breasts. Bras that encapsulate breasts have ergonomically molded cups, while compression type bras restrict movement by flattening the Volume Fitting of breasts. Encapsulation-type bras generally are more effective at reducing discomfort, but some women prefer compression stretch designs. Volume fitting stretch model of sport bra, which is the most common stitchless sports bra, is basically designed like a tank top with ergonomically model of the bottom half cut off. Other designs use gel and water pads, silver fibers, and air bags, which can be molded, compressed, and shaped. A compressed bra is designed to push the breasts against the chest to reduce movement and bounce. Other bras are stitchless knitted in circular patterns, giving varying stretch and support. A common design of such uses a stretchable, absorbent fabric such as Lycra designed to reduce irritation by drawing perspiration away from the skin. Women also wear stitchless Sports bras after certain surgical procedures. In those situations, a front closing sports bra with a compression, seamless cup is recommended for healing and comfort. Certain fabrics such as Lycra have been invented to help reduce swelling and help “even-out” a bust line that has been altered by a surgical procedure.

Ergonomic models of stitchless sports bras are also manufactured for men with large breasts to enable them to take part in physical activity more comfortably. Some descriptions are used euphemistically to describe bras for men as chest binders.

Another problem arises from the shoulder straps of standard bras. Standard well-fitting bras are constructed in the form of a “square frame” with all dimensions adjusted for each woman in a normal standing position, with arms to the sides. When a woman performs an activity, which requires her to lift her arms above the shoulders, the frame is strained because the chest band, putting direct pressure on the shoulder trapezius muscles, anchors it. This may result in neck and shoulder pain, numbness and tingling in the arm and headaches [11,12]. In order to avoid such problems the bra shoulder straps are usually crossed at the back, or the bra is worn halter-style.

The main goal of this work is to determine whether the volume breast fitting quadrant data will provide the sport bra manufacturers with appropriate data for the styling of cup panels of the stretch sport bras for women in Europe.

A unified stretch theory [13] of volume stitchless fitting of a sport bra

Ergonomic stitchless bars’ model (without ordinary sewing) of volume fitting stretch is aimed at styling the sport bra. In theory, the cup of sport bra magnitude is based on the fitting chart [9], but in
fitting, the placement of the bust on the chest wall affects the under bust girth stitchless shape because it is different for each woman. Hence, the sport bra shape may remain the same across grades, and the stitchless bra pattern may be close from one graded cup magnitude to the next, but the length of the wing around the body will change. Subsequently, an individual will have to fit stitchless sport bra for magnitude prior to purchasing, as the ultimate choice of stitchless sport bra largely depends on comfort.

**Stitchless model of sports bra design**

The effect aesthetic resulting of woven design for dresses: texture, draping, transparency, in addition to the style of using (reliability standard) dresses and its relation with woven design which utilizes the fabric properties. Unlike traditional monitor bands, which encase the electrode in a hard plastic shell, the conductive textile is a flexible, seamless part of the nylon and Lycra bra. The best part of this design is that one would not be able to tell where the conductive area if one feels the garment. The only “hard” part of the bra is a small, snap-on transmitter that sends heart rate data to a third party heart monitor watch.

There are two basic design styles of sports bras: compression and encapsulation. The former flattens breasts to redistribute their mass evenly across the chest; the latter supports each breast separately in its own cup. The design engineering of bra often compared to suspension bridges with support coming from directions: straps, band, circumference, and two intersection 180° arcs of the cups [14]. In order to design a volume fitting stretch model, which accomplishes this engineering feat and is comfortable to wear, requires a designer with expertise and a high level of heuristic knowledge, with heuristic knowledge being problem-solving techniques that use self educating techniques [8]. In the past century, photographers used still cameras in study of human and animal movement by taking a series of shots in an attempt to capture the movement to be studied and the type of movement and the analysis requirements largely determine the camera and analysis system of choice. Human motion analysis system uses maker sets, instrumented devices (such as electro goniometers), and imaging methods ranging from television to video systems [15]. Three-dimensional motion characterization of Volume fitting stretch model can be obtained using cameras and optoelectronic techniques, which incorporate markers positioned on prominent anatomical landmarks of subjects [15,16]. A quantitative film or video analysis is usually performed with computer-linked equipment. Digitalizing a film or video, which involves the activation of a hand-held pen, cursor, or mouse over subject joint centers or other point of interest, with the x, y coordinates of each point subsequently stored in the computer data file [17]. From the literature, characteristics of volume fitting stretch model of supportive sport bra should meet the requirements of consumer performance perception of reality of fit of sports bras, as well as users’ design performance, and insight into the complex engineering problem involved in designing sport bras for improvement of fit and support.

**Usage of the three dimensional model of a sport bra [18]**

Volume fitting stretch model of sport bra that is made by using V-Stitcher™ is the most powerful three dimensional design and visualization software accelerating the entire product development life cycle; interfaces seamlessly with Accu Mark pattern design, grading and marker making software, enabling fast and easy transformation of 2D patterns into three dimensional volume fitting stretch model of sport bra. V-Stitcher is a key component of Gerber’s product lifecycle management offering, which significantly reduces product development costs and improves time-to-market through the creation of virtual volume fitting stretch model of sport bra samples. Using three dimensional simulations to test multiple print variations; allowing user to make important design decisions before a physical sample is produced; saving both time and money. Transformed 2D patterns to three dimensional volume fitting stretch model of sport bra of Patterns developed in AccuMark are used to create the virtual samples in V-Stitcher. Only Gerber Technology offers a direct interface between AccuMark and V-Stitcher, and with easy file sharing there is no need for data conversion, real time fit approval sessions can be held online, across the globe. Three-dimensional notes, and the ability to save and embed the three dimensional files allows for maximum flexibility when creating tech packs with Web PDM. Virtual samples reduce the need to exchange physical samples through the mail, saving time and costs. Three-dimensional samples enable faster detection of errors and earlier corrections. They help to eliminate the distance between stakeholders. Besides that, virtual samples present real life images of collection and color ways in high quality, as well as interactive three dimensional catalogs, at any point in the pre-production, production or merchandising process. Virtual Samples can be used for internal design reviews before factory creates first prototype samples. Such models provide designer with better introduction of design ideas. They simulate texture, draping and fit of volume fitting stretch model of sport bra by displaying them on a realistic, virtual human body form based on user’s pattern, fabric and texture data. Draping simulation is based on advanced mathematical and physical algorithms implemented in fit throughout development process.

In addition to that using new databases formed after scanning (air gapes values, lengths of cross section' contours in vertical and horizontal directions, wrinkle depths, etc.) one can calculate the pattern parameters (front, back, sleeve) for the block reconstruction. By this way user can transform the indexes belonging to three dimensional volume fitting stretch model of sport bra with non-simple shape as sport bra into the indexes of flat 2D pattern [16,19], which were put on the standard type of female model [19].

There are several techniques to set up the garment of woven stretch cloth, such as Bezier patch, B-stretch theory patch, etc. The shape of the woven stretch cloth set up by these techniques is suited for interactive modification by designer. However, the aim of current research is to control the shape of the three dimensional volume fitting stretch model of sport bra of woven stretch cloth automatically. Therefore, in this paper the three dimensional volume fitting stretch model of sport bra of woven stretch cloth is constructed by using the technique of basic concepts of surface patch. Such concept means that a piece of cloth or other material
used to mend or strengthen a torn or weak point of the original surface. The transformation of the shape of the three-dimensional volume fitting stretch model of sport bra of woven stretch cloth can be mastered by controlling the parameters of key form points. This technique, introduced only recently in computer graphics, has proven to have very good performance for instance used implicit integration in the context of cloth animation with great success [14,16,19].

Material and methods of a stitchless sport bra [18]

The input data for the current research are the classification types of breasts presented in the Figure 1 as well as different bra styles, which are most common in Europe (Figure 2) [20-22].

![Figure 1: Different types of breasts](image)

1-Perfect breasts
2-Swooping breasts
3-Saggy or Ptotic breasts
4-Small breasts
5-Tubular or constricted breasts
6-Pectus carinatum or pigeon breasts

![Figure 2: Different bra styles](image)

Table 1: Illustrating women’s sizing [22].

| Label Magnitude | S   | M    | L    | XL   | IX   | 2X   | 3X   | 4X   |
|----------------|-----|------|------|------|------|------|------|------|
| Dress magnitude| 4-6 | 8-10 | 12-14| 16   | 14-16| 18-20| 22-24| 26-28|
| Bust*          | 32-34| 34-36| 37-39| 40-42| 39-41| 42-45| 46-49| 50-53|
| Waist*         | 25-27| 27-29| 30-32| 33-35| 32-34| 35-38| 39-42| 43-46|
| Hip*           | 35-37| 37-39| 40-42| 43-45| 42-44| 45-48| 49-52| 53-56|

*Measurements by inches

The body measurements used for the breast model correspond to women sizing as it is shown in the Table 1.

In the software program, the bending properties of cotton fabric were considered for the fitting bra. In this study, a twill-weave 100-percent cotton fabric was used. Fabrics generally show nonlinear response in bending. Their nonlinear moment-curvature response is often measured by the Kawabata bending test system [23]. The scale of the property curves depends on the measurement devices.

Result and discussion

Volume fitting stretch model of sport bra uses numerous practical examples, figures, charts, and graphs to bring the material to life. In addition, descriptions of technological advances show where we have been and how technology has advanced the field. Through the discussion of the various stressors and adaptive mechanisms with various environmental conditions, various training modes can be used to alter sport-specific capabilities and enhance performance. During the developing process, the area of the surface may change. The Finite Difference Method, and Patterns
developed in AccuMark are used to create the virtual samples in V-Stitcher.

**Three dimensional surfaces of stitchless clothes [18]**

In our opinion, as for volume fitting stretch model of sport bra, the weakest position of the modern three dimensional CAD design is ignorance of the clothes patterns influencing the three dimensional features. In this direction we did some work, which include a new classification of three dimensional clothes shapes based on the usual features of shape (such as closely fitting, loosely fitting, semi closely fitting, etc), on one hand, and the air gapes in the system “body-clothes” on the other. This classification allows to connect the three dimensional shape and 2D patterns and to predict the clothes shaping. As example, you can see the fragment of such classification that we have created for women clothes.

**Measurement schedule of a stitchless model**

Taking into account the simulating fitting cloth model of apparel surfaces [24] three trained arithmetical anthropometrists measured and recorded each dimension three times using a tape measure to the nearest sixteenth of an inch to minimize error, one arithmetical anthropometrist measured while the other dimension was deemed as the physical measurement for that dimension. The potential field for application of volume fitting stretch model of sport bra is design of the patterns under consideration of the material behavior through mechanical and physical properties. If curved element of contours of lightweight textile structures are covered with an undefined shape of the reinforcing textile, the mechanical component properties may deteriorate. Hence, the patterns should be developed directly on the object to apply the reinforcing structures to the desired three dimensional shape according volume fitting stretch model of sport bra to the required load and thus avoiding rework.

The research is directed on working out of methodology of volume fitting stretch model of sport bra throughout the new design of clothes in system “software and three dimensional body scanners”. Two new databases are in a basis of this methodology of research: the first one includes the schedule of indexes about the patterns (2D), collected from the second half of ХХ–ХХI centuries; the second one includes the quantity information about the outline clothes shapes (three dimensional) of the same period, digitized by the body scanner.

The new technology that connects the flat patterns (front, back, sleeve) of volume fitting stretch model of sport bra, on the one hand, and the outline shapes of systems “body-clothes”, on the other hand, is developed for main kinds of sport bra clothes. Curves can be created by the grid method at each block of a semi-fit silhouette and loose-fit silhouette. The grid method is the way to divide the width and height of a block by the number of a row and column and to arrange the curves on the piece. Since flattening is made by using the length of a segment of a triangle, curves were created at each grid diagonally. Thus, using three dimensional curves, we obtained 2D triangles. We also made grids by connecting two triangles, arranged each grid to keep the length of the outer curve and calculated the surface flattening piece of each block. This surface flattening piece is called an apparel pattern consisting of each silhouette (Figure 3).

![Figure 3: Topological fitting clothes of frame of three dimensional system “woman body, sport bra” for putting on the surface from textile materials [16].](image)

Then we can calculate the volume fitting stretch model of sport bra, in which the fitting equation of the chest circumference ($Δl$) of stretch distance coefficient is as follows:

$$\Delta l = E_{BG=Body_{BG}} - BG$$ (1)

$$CSDC = \frac{100}{n} \left[ \sum_{i} VSC + Y_{i} / \sum_{i} VSC + X_{i} \right] - \Delta l$$ (2)

where $Y$–maximum (minimum) distance of node from the edge of the waistline contour, $X$; $n$–number of nodes.

**Ergonomic breast model**

We can illustrate the volume ergonomic breast model for fitting of sport bra design through the mathematical ergonomic stitchless model of volume fitting stretch of the sport bra. In order to provide an in-depth discussion of how the principles of ergonomics can be applied in the context of ergonomic breast model for design of sport bra and other physical performance and physiology, enhancing ergonomic breast model was used. Such a model is to improve safety of breast as well as to insure the performance of sport bra.

In the Figures 4 & 5 illustrations of the developed initial profile and its geometrical parameters are presented [Source: Authors].

The derivation of the sub-types of the pointed domes according to their geometrical attributes constitutes the ergonomic breast model as a volume fitting stretch model of a sport bra (BVR):

$$BVR_{i} = \left[ \begin{array}{c} \mathbf{1} \\ \mathbf{2} \\ \mathbf{3} \\ \mathbf{4} \end{array} \right] = \left[ \begin{array}{c} \mathbf{1} \\ \mathbf{2} \end{array} \right] \frac{m_{1}}{n_{1}} \begin{array}{c} \mathbf{1} \\ \mathbf{2} \end{array} \frac{m_{2}}{n_{2}} \left( \begin{array}{c} \text{length} \\ \text{width} \end{array} \right)$$ (3)
Figure 4: Ergonomic breast model as volume fitting stretch model of sport bra.

a) Possibility of the centre apex points of the first and the second arcs
b) Possibility of the centre apex points of the third and the fourth arcs
c) General initial profile of apex
d) Apex throw model of volume fitting stretch for design sport bra

Figure 5: ic breast model as volume fitting stretch model of sport bra.

\[ \text{(ii) Sport bra design of three-centered breast of volume fitting model;} \]

\[ \text{(iii) Sport bra design of four-centered breast of volume fitting model.} \]

Then fitting equations of the breast model are stretch distance coefficients that are computed as follows:

\[ \Delta 2 = E_{FW} - \text{Body}_{FW} - FW ; \]  

\[ \text{BSDC} = \frac{100}{n} \left[ \sum \frac{VSC + Y_i}{\sum VSC + X_i} - \Delta 2 \right] ; \]
$\Delta 3 = E_{ARW}^{\text{Body}_{ARW}} - ARW$ \hspace{1cm} (9)

$\Delta 4 = E_{BW}^{\text{Body}_{BW}} - BW$ \hspace{1cm} (10)

$\Delta 5 = E_{WG}^{\text{Body}_{WG}} - WG$ \hspace{1cm} (11)

$\Delta 6 = E_{HG}^{\text{Body}_{HG}} - HG$ \hspace{1cm} (12)

Informative areas of main kinds of clothes and the equations for their changing are defined. In the Figure 4 the theoretical frame is shown in order to describe volume fitting stretch model of sport bra. In the Table 2 a fragment of the new classification, which connects 2D pattern and fitting "body-clothes", is given.

**Table 2**: Fragment of the new classification connecting 2D pattern and fitting “body-clothes” (size 164-88-96).

| Kinds of Clothes Shape | Pattern Eases, Cm | Fitting Clothes on Women Body, Cm, in Different Sections on the Bust/hip/Waist Levels, Degree | Fitting Darts of Sport Bra |
|------------------------|-------------------|---------------------------------------------------------------------------------|---------------------------|
|                        | Ease to Half Bust Girth | Ease to Half Waist Girth | Ease to Half Hip Girth | Front, 0...70 | Under Armhole, 70...120 | Back, 120...180 | Front | Side | Back |
| Very closely fitting   | 1.8...3.0          | 2.5...4.0                    | 2.5...4.0                   | 0.46 | 0.35 | 0.37 | 0.12 | 0.25 | 0.17 |
| Closely fitting        | 3.0...5.0          | 4.0...7.0                    | 4.0...7.0                   | 1.75 | 1.55 | 1.08 | 1.02 | 0.85 | 0.18 |
| Semi closely fitting   | 6.0...10.0         | 7.0...11.0                   | 7.0...8.0                   | 2.04 | 2.84 | 1.68 | 2.04 | 1.04 | 1.28 |
| Loosely fitting        | 10.0...14.0        | 11.0...14.0                  | 8.0...10.0                  | 4.24 | 5.55 | 2.39 | 3.04 | 3.65 | 2.19 |

**Conclusion**

In order to improve the breast model as volume fitting stretch model of sport bra and therefore to improve design efficiency, and make it possible for the common user to design professionally, we developed breast model based on trends in mathematic modeling for the sport bra design.

The sport bra is a kind of flexible objects. Thus, the process of sport bra design is a creative thought process and it is a hard work to express and digitize the knowledge of its design. In this paper we constructed the three dimensional breast model of stretch cloth based on trends in mathematic stitchless modeling taking into consideration the basic concepts of breast model surface patches. In this way we established the relations between the breast model styles and the parameters of the dimensional volume fitting stretch model of sport bra of woven stretch cloth by setting up the knowledge base with object-oriented technology.

Also we improved the breast model volume fitting stretch model of a sport bra design. The finite-element approaches show significant promise in the area of motion simulation of the breast model due to its inherent geniality in dealing with arbitrary shapes of breast model, materials, and contact surfaces.

The trends in fashion are to be considered as input data for the developed model in order to foresee the shapes of bras. Obtained results might help produce reports from the external level that
arranged for forecasting suitable fashion of a sport bra design.

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