Analysis and Identification of Active Compounds from *Salviae miltiorrhizae* Radix Toxic to HCT-116 Human Colon Cancer Cells

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**Abstract:** Colorectal cancer is one of the most frequently diagnosed cancers worldwide. The aim of the present study was to simultaneously analyze compounds of *Salviae miltiorrhizae* Radix (SMR) and determine their cytotoxic effects on HCT-116 human colorectal cancer cells. We established a simultaneous analysis method of five compounds (salvianic acid A, salvianolic acid B, caffeic acid, tanshinone IIA, and rosmarinic acid) contained in SMR, and found that among the various compounds in SMR, tanshinone IIA significantly decreased cell viability in a concentration-dependent manner. Hoechst staining also showed that both SMR and tanshinone IIA increased nuclear condensation, suggesting induction of apoptosis. By Western blotting, we found that tanshinone IIA induced apoptotic cell death, significantly increased Bax, but decreased Bcl-2 in the course of apoptosis. Tanshinone IIA increased the expression of cleaved caspases-7 and -8. Tanshinone IIA was shown to be an active ingredient of SMR that may be a useful chemotherapeutic strategy for patients with colorectal cancer.

**Keywords:** colorectal cancer; *Salviae miltiorrhizae* radix; apoptosis

1. Introduction

Colorectal cancer is the third-most commonly diagnosed cancer worldwide [1]. Although surgery plays a key role in the diagnosis and treatment of colorectal cancer, there are still increasing attempts to stop the progression of this cancer via the application of new synthetic and naturally-occurring compounds [2,3]. Bioactive compounds from plants have been screened for anticancer activities [4,5]. Approximately 50–60% of cancer patients in the United States utilize complementary and alternative medicines with traditional therapeutic regimens, such as radiation therapy and chemotherapy [6].

Apoptosis pathways are important targets in cancer-related therapies, and insufficient apoptosis results in uncontrolled cancer cell proliferation [7]. The use of natural phytochemicals for inhibiting cancer cell proliferation and inducing apoptosis contributes to promoting cancer cell death [8,9]. Natural phytochemicals are multiple-target molecules found in plants and microorganisms, and they exert strong anticancer activity [10,11]. Phytochemicals isolated from natural sources also exhibit
various beneficial effects against inflammation, cancer, and neurodegenerative disorders [10]. This broad spectrum of biological and pharmacological activities has made natural compounds suitable candidates for treating multifactorial diseases, such as colorectal cancer.

*Cinnamomi Cortex* Radix (SMR) is one of the well-known traditional herbal medicines and has been used in Asian countries [8]. Recently, there has been increasing scientific attention towards SMR for its remarkable bioactivity against cardiovascular disease, renal damage, tumor angiogenesis, and tumor cell invasion [12–14]. In the last decade, accumulating evidence has shown that SMR exerts a significant anticancer effect against promyelocytic leukemia, breast cancer, ovarian carcinomas, and hepatocellular carcinoma (HCC) [15–17]. In a recent network pharmacology-based study on the anti-HCC effect of SMR, 62 chemical compounds form SMR yielded 101 putative targets that played a critical role in HCC via multiple targets and pathways, especially the EGFR and phosphatidylinositol 3-kinase (PI3K)/Akt signaling pathways [18]. However, the effect of SMR and its compounds on human colon cancer cells has not been fully elucidated. The aim of the present study was to simultaneously analyze the compounds of SMR and determine their cytotoxic effects on HCT-116 human colorectal cancer cells.

2. Materials and Methods

2.1. Plant Materials

*Cinnamomi Cortex* Radix (SMR) was obtained from Kwangmyungdag Medicinal Herbs (Ulsan, Korea) and identified by Dr. Goya Choi, Herbal Medicine Resources Research Center, Korea Institute of Oriental Medicine (HMRRC, KIOM; Naju, Korea). A voucher specimen (SMR-2-14-0073) was stored at the herbarium of the HMRRC, KIOM.

2.2. Chemicals and Reagents

Five reference standard compounds, salvianic acid A (98.0%), caffeic acid (99.0%), rosmarinic acid (97.0%), salvianolic acid B (98.0%), and tanshinone IIA (98.8%) were purchased from standard manufacturers: Acros Organics (Pittsburgh, PA, USA), Merck KGaA (Darmstadt, Germany), and ChemFaces Biochemical Co., Ltd. (Wuhan, China).

The solvents including methanol, acetonitrile, and water (HPLC-grade) and formic acid (≥98.0%, ACS reagent-grade) for quantitative analysis were obtained from Merck KGaA (Darmstadt, Germany) and J. T. Baker (Phillipsburg, NJ, USA), respectively.

2.3. Preparation of 70% Ethanol SMR Extract

Dried SMR (0.3 kg) was extracted with 70% ethanol (3.0 L, 3 times) for 1 h at room temperature by a Branson 8510 ultrasonicator (Denbury, CT, USA). The extract solution was filtered with 150 mm Ø filter paper (Whatman, Maidstone, Kent, UK) under vacuum, concentrated to remove the organic extract solvent (ethanol) using a Büchi rotary evaporator R-210 (Flawil, Switzerland), and then lyophilized using a Ilshin BioBase FD-5525L freeze-drier (Dongducheon, Korea) to obtain powdered extract. The yield of lyophilized 70% ethanol extract of SMR was 69.8 g (23.3%).

2.4. HPLC Analysis of Five Components in SMR

HPLC analysis was conducted using the Prominence LC-20A Series instruments (Shimadzu, Kyoto, Japan) consisting of a DGU-20A3 degasser, LC-20AT solvent delivery unit, SIL-20A auto sample injector, CTO-20A column oven, and SPD-M20A photodiode array detector. All chromatographic data were obtained and analyzed with the LabSolution software (Version 5.53; SP3, Kyoto, Japan). Five components were separated using a reverse-phase SunFire™ C8 analytical column (4.6 × 250 mm, 5 μm; Waters, Torrance, CA, USA) at 40 °C with gradient solvent condition. The mobile phases consisted of 0.1% (v/v) aqueous formic acid (A) and 0.1% (v/v) formic acid in acetonitrile (B) and were adjusted following the gradient condition: 0–30 min, 10–60% B; 30–40 min, 60–100% B; 40–45 min, 100% B; 45–50 min, and 100–10% B. The re-equilibrium time was adjusted for
10 min. The flow rate of the mobile phase was 1.0 mL/min, and the injection volume of the standard and test solution was 10 μL each. For quantitative determination of five marker components (salvianic acid A, caffeic acid, rosmarinic acid, salvianolic acid B, and tanshinone IIA) in SMR, 200.0 mg of lyophilized SMR extract was liquefied with 20 mL of 70% methanol and sonicated for 30 min. It was also diluted 20-fold for quantification of salvianolic acid B. All samples were filtered using a membrane filter (0.2-μm, Pall Life Sciences, Ann Arbor, MI, USA) before analysis.

2.5. Cell Culture

The human colon cancer cell (HCT-116) was purchased from the ATCC (American Type Culture Collection, Manassas, VA, USA). The cell was maintained and grown in RPMI 1640 medium (Roswell Park Memorial Institute 1640; Corning, Manassas, VA, USA) contained with 10% FBS (fetal bovine serum; Gibco BRL, Carlsbad, MD, USA) and penicillin/streptomycin (Life Technologies, Waltham, MA, USA). The condition of the incubator was 37 °C and humidified atmosphere containing 5% CO2.

2.6. Cell Viability Assay

The cell viability assay was assessed using an Ez-Cytox Kit (Dail Lab Service Co., Seoul, Korea) based on the manufacturer’s instructions [19]. Briefly, the cells were seeded in a 96-well plate at 1 × 10^5 cells/well and then incubated. After 24 h, the cells were treated with the indicated concentrations of each sample, and the cells were then incubated for 24 h. Following incubation, Ez-Cytox solution was mixed with medium in each well and incubated for 1 h. The absorbance at 450/600 nm was determined using a SPARK 10M (Tecan Group Ltd., Männedorf, Switzerland). The cell viability of 100% was calculated from control cells.

2.7. Hoechst 33342 Cell Staining

Sample-induced nuclear condensation of HCT-116 cells was observed using Hoechst 33342 staining (Sigma Aldrich, St. Louis, MO, USA) [20]. Briefly, the cells were seeded in a 6-well plate at 4 × 10^4 cells per well. Following incubation for 24 h, the cells were treated with various concentrations of each sample, and the cells were then incubated for 24 h. Following incubation, Hoechst 33342 solution was added to the cells and incubated for 10 min. The stained cells were observed using a CCD camera conjugated IX50 fluorescent microscope (Olympus, Tokyo, Japan).

2.8. Western Blotting

The apoptosis signaling pathways of HCT-116 cells induced by samples were performed using Western blot analysis [21,22]. Briefly, the cells were seeded in a 6-well plate at 4 × 10^5 cells/well and then incubated. After 24 h, the cells were treated with the indicated concentrations of each sample, and the cells were then incubated for 24 h. Following incubation, the cells were harvested with a scraper and lysed with radio-immunoprecipitation assay buffer (Elpis Biotech, Daejeon, Korea). The protein concentrations were calculated with the Pierce BCA Protein Assay Kit (Thermo Scientific, Carlsbad, CA, USA). The protein samples were separated by electrophoresis in a SDS-PAGE. Then, the proteins were transferred to PVDF membranes (Merck Millipore, Darmstadt, Germany). The membranes were conducted blockading by 5% skim milk. Then, the membranes were probed with primary antibodies for Bax, B-cell lymphoma 2 (Bcl-2), cleaved caspase-7, cleaved caspase-8, cleaved caspase-9, glyceraldehyde 3-phosphate dehydrogenase (GAPDH) and poly(ADP-ribose) polymerase (PARP) followed by incubating with secondary antibodies for anti-rabbit IgG (Cell Signaling Technology, Inc., Danvers, MA, USA).

2.9. Statistical Analysis

All experiments were performed in triplicate, and the quantitative data were shown as mean ± SD. Statistical analysis using Student’s t-test was conducted and considered statistically significant based on p-values less than 0.05.
3. Results and Discussion

In the present study, we analyzed five bioactive marker components found in SMR, consisting of four phenolic acids (salvianic acid A, caffeic acid, rosmarinic acid, and salvianolic acid B) and one terpenoid (tanshinone IIA). These compounds were separated with resolution >5.0 within 45 min and retention times of 5.87, 11.11, 17.72, 20.42, and 42.51 min, respectively (Figure 1). The content of rosmarinic acid, caffeic acid, salvianic acid A, salvianolic acid B, and tanshinone IIA in the samples was 3.72, 0.123, 1.27, 64.36, and 4.96 mg/g, respectively.

![Figure 1](image1.jpg)

**Figure 1.** Three-dimensional high-performance liquid chromatogram of 70% ethanol extract of *Salviae Miltiorrhizae* Radix.

We initially performed a cytotoxic evaluation using HCT-116 human colorectal carcinoma cells. As shown in Figure 2, only tanshinone IIA significantly decreased cell viability in a concentration-dependent manner, whereas 61.6 μM SMR showed approximately 50% suppression.
Many clinical anticancer drugs are known to exert their effects by inducing apoptosis [23]. Apoptosis is a gene-regulated response and, from the morphological point of view, is distinguished by the specific structural changes in cells, such as plasma membrane bleb formation, cell and nuclear shrinkage, oligonucleosomal DNA fragmentation, and chromatin condensation [24]. Morphological analyses showed that both SMR and tanshinone IIA decreased the number of cells and induced signs of cellular apoptosis, such as cellular shrinkage (Figure 3). Moreover, as shown in Figure 4, Hoechst staining also showed that both SMR and tanshinone IIA increased nuclear condensation, suggesting that SMR and tanshinone IIA successfully induced apoptosis, not necrosis, in human colorectal cancer cells. However, tanshinone IIA was not cytotoxic to LLC-PK1 pig kidney epithelial cell, which is normal cell lines, up to 100 μM (Supplementary Figure S1).
Figure 3. Effects of 70% ethanol extract of *Salviae Miltiorrhizae* Radix (SMR) and tanshinone IIA on apoptosis in HCT-116 cells. (A) Morphology changes in HCT-116 cells. (B) Fluorescence microscopic images of apoptotic HCT-116 cells stained with Hoechst 33342.
Figure 4. Effects of 70% ethanol extract of *Salvia Miltiorrhiza* Radix (SMR) and tanshinone IIA on apoptosis in HCT-116 cells. (A) Protein expression of PARP, Bax, Bcl-2, cleaved caspase-7, cleaved caspase-8, cleaved caspase-9, and GAPDH. (B) Graph of relative protein expression. Data are the means of experiments performed in triplicate. Data are presented as the mean ± SD. and were analyzed using the Student’s t-test. * p < 0.05 versus non-treated cells.

Two major molecular pathways that trigger programmed cell death are the caspase-mediated intrinsic pathway, which is induced by cellular stresses, and the extrinsic pathway, which is related to the death receptor [25]. Both pathways activate the apoptotic caspases, resulting in morphological and biochemical cellular alterations related to apoptosis [26]. In addition, the extrinsic pathway controls cell turnover by decreasing mutant cells. In the extrinsic pathway, cancer cell death is triggered by the interaction with death ligands (such as tumor necrosis factor) and its death receptors. The cancer cell death-initiating complex stimulates the activation of caspase-3 and -8, which are effector and starter caspases, respectively [27,28]. The intrinsic pathway, which is typically activated in response to DNA or cellular damage, stimulates the expression of proteins in mitochondria, such as cytochrome c, which then activates caspase-3 and -9 [27,29]. It was also reported that after cleavage by caspase-9, caspase-3 inhibits reactive oxygen species production and is thus required for efficient induction of apoptosis, whereas caspase-7 is required for apoptotic cell elimination [30]. In our present study, the expressions of cleaved caspase-7 and -8 were significantly increased by tanshinone IIA, but there was no change in that of cleaved caspase-9 (Figure 4).

Furthermore, anti- and pro-apoptotic Bcl-2 members play critical roles in the mitochondria-mediated pathway. That is, the ratio of anti- and pro-apoptotic proteins (e.g., Bax/Bcl-2) is considered as a determinant of survival or apoptosis of cancer cells [31]. Earlier studies have reported that the anti-apoptotic Bcl-2 members, which consist of Bcl-xl, Bcl-2, Bcl-w, and Mcl-1, exert an important role in the resistance of cancer cells to chemotherapy. Therefore, a reduction in Bcl-2 and an increase in
Bax stimulate the apoptosis process and eliminate cancer cells [32]. Our western blotting analysis results showed increased Bax expression and decreased Bcl-2 expression in cells co-treated with tanshinone IIA, which was stronger than SMR (Figure 4); however, no difference was observed in poly (ADP-ribose) polymerase (PARP) expression, which is a parameter for stress and DNA damage in cells.

In summary, we simultaneously analyzed five compounds (salvianic acid A, rosmarinic acid, salvianolic acid B, caffeic acid, and tanshinone IIA) from SMR, and determined their cytotoxic effects on HCT-116 human colon cancer cells. Among the five compounds in SMR, only tanshinone IIA significantly decreased cell viability in a concentration-dependent manner. Both SMR and tanshinone IIA increased nuclear condensation, suggesting that SMR and tanshinone IIA successfully induced apoptosis. We also found that tanshinone IIA induced apoptotic cell death and significantly increased cleaved caspases-7, -8, and Bax expression, as well as decreased Bcl-2 expression in the course of apoptosis. Taken together, our data show that tanshinone IIA is an active ingredient of SMR and may be a useful chemotherapeutic strategy for patients with colorectal cancer.

Supplementary Materials: The following are available online at www.mdpi.com/xxx/s1, Figure S1: title, Table S1: title, Video S1: title.

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