INTRODUCTION

Effective screening programs for precancer and cancerous lesions of the cervix can lead to reduced morbidity and mortality from this preventable condition. In low- and middle-income countries (LMICs), there is often lack of access to effective screening for cervical cancer, leading to high cause-related rates of morbidity and mortality. This is particularly the case in populations in rural areas where health care access is characterized by transport challenges, ill-equipped health facilities, lack of information access, and disproportionately lower numbers of highly trained HCWs. Approximately one-half of cervical cancers occur in women who have never been screened, many of whom are poor, reside in rural areas, and lack access to health care workers (HCWs) and infrastructure. In high-resource settings, cervical cytology screening programs have successfully reduced the rates of cervical cancer. But in many low-resource settings, few women have access to cytology screening programs, due to the absence
of functional national screening programs and lack of equipment and skilled technicians. As a result, other low-cost methods, like visual inspection with acetic acid (VIA), have been implemented for screening by trained nurses and doctors. Even so, many of these highly trained HCWs are largely absent in rural communities in developing countries like Nigeria, where > 70% of the population at risk for cervical cancer reside. In 2006, the World Health Organization (WHO) recognized a shortage of HCWs and the associated decreased access to care. This is especially so in sub-Saharan Africa.

However, the implementation of HIV programs in sub-Saharan Africa has introduced the innovation of task shifting and task sharing using the community health extension workers (CHEWs) to complement the workforce, especially at primary health care (PHC) centers and in rural communities with good outcome both in coverage and quality of service delivery. Task shifting refers to transferring tasks to HCWs who have not conventionally performed these tasks as part of their scope of practice. The workers to whom tasks are shifted are more readily available, completed shorter training, and have fewer qualifications. Task sharing emphasizes a knowledge-based requirement for delegated roles and responsibilities. Today, task shifting, and task sharing have been used in more than HIV services and practiced in almost all health facilities, either formally or informally, across a number of disciplines, including midwifery, surgery, and noncommunicable disease management.

The objectives of this study were to evaluate the effects of a program of short-term, competency-based cervical cancer screening training of HCWs in primary and secondary health care levels of a rural local government of Nigeria and to determine if CHEW- or CHO-led VIA screening for cervical cancer in a low-resource setting had similar results to that of a nurse-led screening in detecting cervical lesions as a task-sharing strategy to facilitate universal coverage of cervical cancer screening in our setting. We hypothesized that intensive, applied training with supportive supervision would enhance the abilities of these less trained HCWs to provide quality cervical cancer screening services and increase population coverage of the service in the local government area.

METHODOLOGY

Study Design

This was a cross-sectional comparative study evaluating the accuracy of cervical cancer screening using VIA method by CHEWs and CHOs, whose data were grouped, compared with nurses in detecting cervical lesions. This rural community-level interventional strategy involved identifying and enhancing skills of CHEWs, CHOs, and nurses in PHCs and a general hospital in a rural local government area. The HCWs had training, technical and infrastructural supports, and participatory supervision. This study was approved by the ethics committees of the University of Ibadan/University College Hospital, Ibadan, and Oyo State Ministry of Health.

Study Participants

Training of participants. The CHEWs, CHOs, nurse-midwives, and medical officers working in the PHCs and the general hospital in the Ibarapa central local government area of Oyo State were trained on the principles and practice of VIA as a screening modality for premalignant lesions of the cervix by three of the five members of the study team: a consultant gynecologist, a senior resident in obstetrics and gynecology, and a cytology nurse. In addition, the medical officer and the nurses had training on the use of cryotherapy to enable them to treat eligible patients after screening.

The training had two components. The first was competency-based training combining didactic lectures, picture training of normal and abnormal VIA test results, and classroom pelvic model practice for 1.5 days, and 3.5 days of clinic-based hands-on training performing and interpreting VIA tests, the appropriate referral system to the general hospital that served as the hub for the PHCs, and appropriate evaluation and treatment of cases of cervical lesions using cryotherapy for eligible cases and referral for other cases. Each participant examined, on the average, between three and five patients during the practical training, because we did not have a prespecified minimum number. The second was onsite continuation of participatory practical training after 2 weeks of the initial training and one to two monthly supervisory site visits throughout the duration of the pilot study. The didactic lecture topics included normal anatomy and physiology...
of the vulva, vagina, and cervix; abnormal vagina and cervix; screening to detect the precursors of cervical cancer (including using appropriate pictures); counseling and informed choice; VIA; recording findings and safety issues; principles of infection prevention; and appropriate documentation and referral systems. The classroom practical sessions covered techniques of wearing gloves, patient preparation and positioning, insertion of a vaginal speculum with identification of cervix using a pelvic model, technique of visual inspection of the cervix, pictures of normal and abnormal cervices, technique for obtaining a sample for the Papanicolaou test, technique of application of acetic acid, and post-test counseling of patients.

Cervical cancer screening participants. Using the infrastructure already established through the roll out of the President’s Emergency Plan for AIDS Relief–funded HIV care and treatment program, coordinated by our institution, the trained participating HCWs counseled and provided cervical cancer screening services to outpatients who were seen for for other nonemergency conditions in five of the 11 suitable PHCs and the only general hospital in the local government area, and who gave verbal informed consent.

Evaluation of Activities
Participating HCWs’ knowledge of cervical precancerous and cancerous lesions, causes, prevention and treatment options, and ability to recognize normal and abnormal cervices were evaluated before and after the training intervention, using a self-administered interview survey and picture tests. Items in the survey instrument included sociodemographic variables such as age, sex, marital status, highest educational qualification, professional category, as well as questions evaluating knowledge of cervical precancerous and cancerous lesions, the cause, risk factors, and prevention. The instrument for the self-administered interview was designed by the study team. It was piloted during similar training for a nongovernmental organization in a town about 200 km from this local government area a year before this study, followed by refinement of ambiguous or deletion of redundant questions before preparation of the final version of the questionnaire. For the current study, we added the picture test to the training on theory, and technique of wearing gloves to the classroom practical training. The improvement in knowledge was assessed by comparing the participants’ pretraining and post-training performances on the survey questions and the picture test.

Intervention activities for comparison of competency between CHEWs, CHOs, nurses, and midwives. All the participating women initially underwent VIA screening for cervical precancerous lesions by either the CHEWs and CHOs in PHCs or the nurses in the general hospital. All patients with positive screening results by VIA and 10% of age-paired women whose VIA screening results were negative were recalled for rescreening and treatment using a participatory supervision approach after informed consent was obtained. During this period, each of the recalled participants had a self-held, nonlubricated speculum placed in the vagina, and the cervix was visualized for any obvious lesion or significant cervical mucus, which is gently wiped off with cotton wool on a sponge-holding forceps, if present. A Papanicolaou test sample was then collected. The cervix was wiped with 5% acetic acid for 1 minute, followed by evaluation for acetowhitenig, margins, and surface and lesion size by the CHEWs or CHOs from the PHC where the woman was previously screened, followed by examination by the nurse from the general hospital under the guidance of a member of the supervisory team consisting of a gynecologist, a resident doctor, and cervical cytology nurse/trainer, with the reports agreed on. For women previously screened in the general hospital, the nurse performed the first evaluation. The results from the examinations were reported by the CHEWs, CHOs, and the nurses to the study coordinator in a separate location. The CHEWs, CHOs, and the nurses were not allowed to communicate the patient’s examination results among themselves.

Women for whom VIA results were positive, as agreed, and eligible, underwent cryotherapy treatment. They were appropriately provided with postcryotherapy counseling on follow-up, procedure-related danger signs, and follow-up schedule screening for evidence of cure 1 year later. Women for whom VIA results were positive but who were not amenable to cryotherapy treatment and patients identified with invasive cervical cancer underwent cervical biopsy done by the gynecologist or the resident doctor. Such samples, as well as the Papanicolaou test
samples, were processed in Pathology Department of our institution. The eligible patients were referred for loop electrical-excision procedure and radiotherapy treatment in the teaching hospital (results not shown).

Data Analysis
To ascertain the comparability of the participants who took the pretest and post-test, we compared their sociodemographic characteristics using the independent t test and χ² test for age and categorical variables, respectively. We explored cervical precancer and cancer, prevention, and treatment knowledge before and after training. To test the level of agreement between the CHEWs- and CHOs-led and nurse- and midwife-led cervical cancer screening, the percentage agreement and the κ statistic were calculated. The κ statistics were graded as poor (≤ 0.60), good (0.61 to 0.80), and very good (0.81 to 1.00), on the basis of a recommendation by Landis and Koch.19

RESULTS
Training Activities
During the study, a total of 51 HCWs were trained: two physicians (3.9%), 12 nurses or midwives (23.5%), and 37 CHEWs or CHOs (72.6%). Table 1 lists the sociodemographic characteristics of the participants who completed the pre- and postworkshop surveys, and these were similar with respect to age, sex, and work category. Figure 1 shows the effect of the training program on participants’ pre- and post-training knowledge of cervical precancer and cancer causes, prevention and treatment types, as well as the ability to recognize pictures of normal and abnormal cervices and possible results of VIA test results. On average, knowledge about cervical cancer, identification of normal and abnormal cervices, and knowledge of screening and treatment options for precancerous lesions improved from 52.4% pretraining (CHEWs and CHOs, 44.3%; nurses and midwives, 54.7%; physicians, 58.3%) to 91.5% immediately after training (CHEWs and CHOs, 82.0%; nurses and midwives, 94.3%; physician, 98.3%).

Intervention Activities
A total of 950 women were screened for cervical cancer over 1 year, of whom 848 (89.3%) were screened in five PHCs by CHEWs and 102 (10.7%) in a general hospital by nurses. A total of 66 cases (6.9%) were identified as VIA positive (81.8% of cases from PHCs and 18.2% from the hospital). These 66 women with VIA-positive results and 88 women with negative VIA results were recalled for rescreening. Of these, 143 (63 VIA positive; 80 VIA negative) returned for follow-up assessment. The mean age of these women was 35.8 (SD, 13.2) years. Their parity ranged from zero to seven, with a modal parity of three. Approximately two-thirds of the women (63.7%) were not using any contraceptive method. Among those who did use contraception, the commonest methods were the intrauterine contraceptive device (16.4%) and depot medroxyprogesterone acetate (11.6%). Results of follow-up assessment by CHEWs and CHOs as a group, nurses, and the expert assessor are presented in Table 2 along with the statistics on intrarater agreement. Percentage agreement by CHEWs and CHOs as a group, and nurses were 88.1% and 92.3%, respectively, with a κ value for CHEWs and CHOS of 0.76, and κ value for nurses of 0.84, implying good and very good agreement, respectively. However, true-positive rates were higher among nurses (93.5%) compared with CHEWs and CHOs (82.6%), and false-positive rates were 14.8% and 8.6%, respectively. Of the 63 Papanicolaou test samples, 57 (90.5%) were adequate for reporting and 48 (84.2%) of these showed dysplastic lesions of low- and high-grade intraepithelial lesions, six (10.5%) had inflammatory lesions, and three (5.3%) were negative for intraepithelial lesions.

DISCUSSION
HCWs with less training, like CHEWs and CHOs, are being used increasingly in countries, especially in LMICs, to perform health care responsibilities otherwise not within their professional schedule, using task-shifting and task-sharing principles. Task-shifting strategy is a rational distribution of primary care duties from physicians to nonphysician HCWs.10,20 The more recent term of task sharing emphasizes a knowledge-based requirement for delegated roles and responsibilities.21 Whereas task shifting focuses on the delegation of duties, task sharing incorporates collective input of the health unit or health team. Task-shifting strategies have the potential to
mitigate the systems-level barriers to implementation of primary and secondary prevention. This is particularly important in LMICs in the areas of disease prevention, health promotion, treatment support, counseling, and home-based care. As most community HCWs live in the communities they serve, challenges of cultural and language competence are mitigated.

In task-shifting and task-sharing processes, many enablers of success have been identified, including health system factors such as training and provision of guidelines for screening, with significant changes in the knowledge level of HCWs reported. In one study, the knowledge regarding the choice of correct antihypertensive drugs improved substantially after training from 17% to 94%; in another study, results indicated that the knowledge levels of nonphysician HCWs trained in the management of cerebrovascular disease increased from 47% to 93% after a

| Variables | Pretest (n = 48) | Post-test (n = 51) |
|-----------|-----------------|-------------------|
| Age, years |                 |                   |
| 18-25     | 2 (4.2)         | 1 (2.0)           |
| 26-35     | 4 (8.3)         | 6 (11.8)          |
| 36-45     | 28 (58.3)       | 28 (54.9)         |
| 46-55     | 13 (27.1)       | 15 (29.4)         |
| 56-65     | 1 (2.1)         | 1 (2.0)           |
| Sex       |                 |                   |
| Male      | 10 (20.8)       | 13 (25.5)         |
| Female    | 38 (79.2)       | 38 (74.5)         |
| Religion  |                 |                   |
| Christianity | 28 (58.3) | 29 (56.9) |
| Islam     | 20 (41.7)       | 22 (43.1)         |
| Marital status |         |                   |
| Never married | 2 (4.2) | 2 (3.9) |
| Married    | 42 (87.5)       | 44 (86.3)         |
| Widowed    | 2 (4.2)         | 2 (3.9)           |
| Divorced   | 2 (4.2)         | 3 (5.9)           |
| Parity     |                 |                   |
| None      | 5 (10.4)        | 4 (7.8)           |
| 1-2       | 18 (37.5)       | 19 (37.3)         |
| 3-4       | 23 (47.9)       | 25 (49.0)         |
| 5-6       | 2 (4.2)         | 9 (17.6)          |
| Education |                 |                   |
| Secondary | 1 (2.1)         | 2 (3.9)           |
| Tertiary  | 43 (89.6)       | 45 (88.2)         |
| Post-tertiary | 4 (8.3) | 4 (7.8) |
| Professional category |         |                   |
| CHEW, CHO | 34 (70.8)       | 35 (68.6)         |
| Nurse, midwife | 12 (25.0) | 14 (27.5) |
| Physician | 2 (4.2)         | 2 (3.9)           |
| Years of service |         |                   |
| 1-5       | 3 (6.3)         | 3 (5.9)           |
| 6-10      | 11 (22.9)       | 15 (29.4)         |
| >10       | 34 (70.8)       | 33 (64.7)         |

Abbreviations: CHEW, community health extension worker; CHO, community health officer.
4-day training program. In our study, we found that using a short-term, multimodal task-sharing training of 5 days and ongoing supportive supervision intervention, knowledge of risk factors for cervical cancer and precancer screening methods significantly improved from 52.4% to 91.5% among this cohort of CHEWs, CHOs, and other HCWs trained in this pilot local government area. The improved cervical cancer prevention knowledge among these HCWs, most of whom were CHEWs or CHOs, empowers them in early detection of cases of precancerous lesions of the cervix at PHCs, which have minimal health services. This improvement in knowledge and skills enhanced linkage with the higher-level health facilities where the patients had access to the needed cryotherapy treatment with implications for the expected positive outcome. Furthermore, closing the cervical cancer prevention knowledge gap of HCWs enhances their ability to provide effective cervical cancer screening education to members of the community, as has been demonstrated in other studies. A significant implication of the findings of this study is that an effective task-sharing cervical cancer training of CHEWs and CHOs constitutes a robust strategy to fill the human resource gap for diagnosis of early cervical precancerous lesions and early treatment across the continuum of care as prescribed by WHO. This is particularly important for the first tier of care, the PHCs in LMICs, where nonphysician HCWs often constitute most of the available staff. Task-shifting and task-sharing approaches have been successfully

Table 2. Inter-Rater Agreement Between the CHEWs/CHOs Group and Nurses

| Findings by Reviewer | Expert Reviewer, No. | CHEW/CHO | Nurse | Agreement | κ |
|----------------------|----------------------|----------|-------|-----------|---|
| Review by CHEW/CHO   |                      |          |       |           |   |
| Positive             | 57                   | 12       | 88.1  | 0.76      |   |
| Negative             | 5                    | 69       |       |           |   |
| Review by nurse      |                      |          |       |           |   |
| Positive             | 58                   | 7        | 92.3  | 0.84      |   |
| Negative             | 4                    | 74       |       |           |   |

Other measures of agreement, %

|                        | CHEW/CHO | Nurse |       |
|------------------------|----------|-------|-------|
| True positive          | 82.6     | 93.5  |       |
| False positive         | 14.8     | 8.6   |       |
| True negative          | 85.2     | 91.4  |       |
| False negative         | 8.1      | 6.5   |       |

Abbreviations: CHEW, community health extension worker; CHO, community health officer.
engaged in developing nonphysician-led care of patients with noncommunicable diseases (NCDs) as well as those with HIV/AIDS in several African countries.\textsuperscript{31,35,36} WHO has recognized these innovative human health resource uses as effective and pragmatic approaches to tackling the chronic shortage of HCWs, especially, in resource-poor settings.\textsuperscript{37,38}

Our study showed that trained HCWs (ie, CHEWs and CHOs) can successfully screen individuals in the community for NCDs such as cervical cancer. In 1 year, the CHEWs and CHOs successfully screened 89.3\% of the 950 patients for cervical cancer without any reported significant adverse effect. Wider coverage and high uptake of similar services have been demonstrated in other studies.\textsuperscript{39-41} This has improved access to this important preventive health care service at this rural community level, as demonstrated in other similar studies.\textsuperscript{42,43} In the current study, the interrater agreements for the CHEWs and CHOs group and the nurses were 88.1\% and 92.3\%, respectively, with $\kappa$ values of 0.76 (good) and 0.84 (very good), respectively, giving an overall concordance rate of 90.5\%. This is considered an excellent performance by these less-trained HCWs. In some cancer-screening studies from India and Sri Lanka, the agreement in the clinical diagnosis made by nonphysicians and physicians was 89\%.\textsuperscript{39,44} In another study from rural India, the recommendations for drug therapy made by nonphysicians, guided by algorithms, were the same as those made by physicians in > 87\% cases of suspected stroke and myocardial infarction.\textsuperscript{29} The validity of this comparison was further improved by the good correlation between the VIA-positive cases and the Papanicolaou test results of 84.2\% dysplastic lesions.

However, despite some inherent challenges, such as incessant strike actions in public health institutions and limitations that might exist, like focusing on a single disease in the era of combination prevention approach to diseases, especially those with similar risk factors, some important lessons can be learned from this study. Given the lack of the needed HCWs in LMIC, especially in rural and remote regions, policymakers should consider training and providing guidelines and supportive supervision to the available, less-trained HCWs to screen individuals at the community level and refer them appropriately for additional evaluation and/or treatment. This concept has been demonstrated in a pilot integrated NCD management project in India, in which nonphysician HCWs screen individuals for common NCD risk factors such as tobacco use, physical activity, blood glucose level, blood pressure, weight, height, and body mass index, and refer patients at high risk to physicians at the local health center.\textsuperscript{19} The incorporation of private health institutions in such skill acquisition and services provision will serve as a good bridge for service continuation during industrial closure of public health facilities.\textsuperscript{45}

This study provided the evidence for the possibility of cervical cancer screening–specific task-shifting and task-sharing programs in sub-Saharan Africa, a region currently witnessing a rapid expansion of the burden of NCD despite scarce skilled HCWs.\textsuperscript{44} There is need to replicate this concept in more local government areas for a longer period to better understand issues relating to quality of care provided and patient satisfaction. Also, the issues of cost-effectiveness and sustainability, improved availability, and cultural appropriateness need more study.

DOI: https://doi.org/10.1200/JGO.18.00023
Published online on jgo.org on July 26, 2018.
ACKNOWLEDGMENT

We acknowledge the support of the staff of Oyo State Ministry of Health in mobilizing health care workers for the training program and use of the health facilities. We thank the Ibarapa Community Program of College of Medicine, University of Ibadan, for the use of their facility for the training.

Affiliations

Olutosin A. Awolude, Joshua O. Akinyemi, College of Medicine, University of Ibadan; Olutosin A. Awolude and Sunday O. Oyerinde, University College Hospital, Ibadan, Nigeria.

Support

Supported by an ASCO/Conquer Cancer International Innovation grant to O.A.A.

Prior Presentation

Presented at the 6th Annual Symposium on Global Cancer Research, National Institutes of Health National Cancer Institute, New York, NY, March 15, 2018.

REFERENCES

1. Herdman C, Sherris J: Planning Appropriate Cervical Cancer Prevention Programs. Seattle, WA, Program for Appropriate Technology in Health, 2000

2. Sankaranarayanan R, Esmy PO, Rajkumar R, et al: Effect of visual screening on cervical cancer incidence and mortality in Tamil Nadu, India: A cluster-randomised trial. Lancet 370:398-406, 2007

3. Ndejjo R, Mukama T, Musabyimana A, et al: Uptake of cervical cancer screening and associated factors among women in rural Uganda: A cross sectional study. PLoS One 11:e0149696, 2016

4. Zug KE, Grube WD; The Oncology Policy Resource Center: Expanding the NP role in the cervical cancer prevention triad: Screening, diagnosis, and treatment. Women’s Healthcare, 2014 https://npwomenshealthcare.com/expanding-the-np-role-in-the-cervical-cancer-prevention-triad-screening-diagnosis-and-treatment/

5. Schulz M, Cukr P, Ludwick R: Developing a community based screening program: Commitment to the underserved. J Am Acad Nurse Pract 11:249-252, 1999

6. Ferlay J, Soerjomataram I, Dikshit R, et al: Cancer incidence and mortality worldwide: Sources, methods and major patterns in GLOBOCAN 2012. Int J Cancer 136:E359-E386, 2015

7. Bradford L, Goodman A: Cervical cancer screening and prevention in low-resource settings. Clin Obstet Gynecol 56:76-87, 2013

8. World Health Organization: Cervical Cancer, Human Papillomavirus (HPV), and HPV Vaccines: Key Points for Policy-Makers and Health Professionals. Geneva, Switzerland, World Health Organization, 2007

9. Sahasrabuddhe W, Parham GP, Mwanahamuntu MH, et al: Cervical cancer prevention in low- and middle-income countries: Feasible, affordable, essential. Cancer Prev Res (Phila) 5:11-17, 2012

10. World Health Organization: Task Shifting: Global Recommendations and Guidelines. Geneva, Switzerland, World Health Organization, 2008.

11. Gilbert L: ‘Re-engineering the workforce to meet service needs’: Exploring ‘taskshifting’ in South Africa in the context of HIV/AIDS and antiretroviral therapy. S Afr Sociol Rev 44:54-75, 2013

12. Kredo T, Ford N, Adeniyi FB, et al: Decentralising HIV treatment in lower- and middle-income countries. Cochrane Database Syst Rev 6:CD009987, 2013

13. Baine SO, Kasangaki A: A scoping study on task shifting; the case of Uganda. BMC Health Serv Res 14:184, 2014
14. Assefa Y, Pillay Y, Van Damme W: Commentary: Operational Guidance in the 2013 WHO consolidated antiretroviral guidelines. AIDS 28:S171-S173, 2014, (Suppl 2)

15. Munga MA, Kilima SP, Mutalemwa PP, et al: Experiences, opportunities and challenges of implementing task shifting in underserved remote settings: The case of Kongwa district, central Tanzania. BMC Int Health Hum Rights 12:27, 2012

16. Fulton BD, Scheffler RM, Sparkes SP, et al: Health workforce skill mix and task shifting in low income countries: A review of recent evidence. Hum Resour Health 9:1, 2011

17. Lekoubou A, Awah P, Fezeu L, et al: Hypertension, diabetes mellitus and task shifting in their management in sub-Saharan Africa. Int J Environ Res Public Health 7:353-363, 2010

18. Joshi R, Alim M, Kengne AP, et al: Task shifting for noncommunicable disease management in low and middle-income countries – a systematic review. PLoS ONE.9:e103754, 2014.

19. Landis JR, Koch GG: The measurement of observer agreement for categorical data. Biometrics 33:159-174, 1977

20. Ogedegbe G, Gyamfi J, Plange-Rhule J, et al: Task shifting interventions for cardiovascular risk reduction in low-income and middle-income countries: A systematic review of randomised controlled trials. BMJ Open 4:e005983, 2014

21. Institute of Medicine: Preparing for the Future of HIV/AIDS in Africa: A Shared Responsibility. Washington, DC, National Academies Press, 2010

22. African Medical and Research Foundation: Position Statement on Task Shifting. http://amref.org/position-statements/amref-health-africas-position-statement-on-task-shifting-3/

23. Swartz L, Kilian S, Twesigye J, et al: Language, culture, and task shifting--an emerging challenge for global mental health. Glob Health Action 7:23433, 2014

24. Odusola AO, Strokks K, Hendriks ME, et al: Enablers and barriers for implementing high-quality hypertension care in a rural primary care setting in Nigeria: Perspectives of primary care staff and health insurance managers. Glob Health Action 9: 2016

25. Dambisya YM, Matinhure S: Policy and programmatic implications of task shifting in Uganda: A case study. BMC Health Serv Res 12:61, 2012

26. Dinshaw K, Mishra G, Shastri S, et al: Determinants of compliance in a cluster randomised controlled trial on screening of breast and cervix cancer in Mumbai, India. 2. Compliance to referral and treatment. Oncology 73:154-161, 2007

27. Rahman A, Malik A, Sikander S, et al: Cognitive behaviour therapy-based intervention by community health workers for mothers with depression and their infants in rural Pakistan: A cluster-randomised controlled trial. Lancet 372:902-909, 2008

28. Patel V, Weiss HA, Chowdhary N, et al: Lay health worker led intervention for depressive and anxiety disorders in India: Impact on clinical and disability outcomes over 12 months. Br J Psychiatry 199:459-466, 2011

29. Joshi R, Chow CK, Raju PK, et al: The Rural Andhra Pradesh Cardiovascular Prevention Study (RAPCAPS): A cluster randomized trial. J Am Coll Cardiol59:1188-1196, 2012

30. Kar SS, Thakur JS, Jain S, et al: Cardiovascular disease risk management in a primary health care setting of north India. Indian Heart J 60:19-25, 2008

31. Labhardt ND, Balo J, Ndad M, et al: Task shifting to nonphysician clinicians for integrated management of hypertension and diabetes in rural Cameroon: a programme assessment at two years. BMC Health Serv Res 10:39, 2010.

32. Adefuye PO, Dada OA, Adefuye BO, et al: Feasibility, acceptability, and effectiveness of visual inspection of the cervix with acetic acid and cryotherapy for dysplasia in Nigeria. Int J Gynaecol Obstet 129:62-66, 2015

33. Adelman EE, Meurer WJ, Nance DK, et al: Stroke awareness among inpatient nursing staff at an academic medical center. Stroke 45:271-273, 2014
34. World Health Organization: Comprehensive cervical cancer control. A guide to essential practice. Second edition. http://apps.who.int/iris/bitstream/handle/10665/144785/9789241548953_eng.pdf;jsessionid=2436779CE36829FF78222A5B4693E899?sequence=1

35. Kredo T, Adeniyi FB, Bateganya M, et al: Task shifting from doctors to non-doctors for initiation and maintenance of antiretroviral therapy. Cochrane Database Syst Rev 7:CD007331, 2014

36. Kengne AP, Fezeu L, Awah PK, et al: Task shifting in the management of epilepsy in resource-poor settings. Epilepsia 51:931-932, 2010

37. Campbell C, Scott K: Retreat from Alma Ata? The WHO’s report on Task Shifting to community health workers for AIDS care in poor countries. Glob Public Health 6:125-138, 2011

38. World Health Organization: WHO Recommendations: Optimizing Health Worker Roles to Improve Access to Key Maternal and Newborn Health Interventions Through Task Shifting. Geneva, Switzerland, World Health Organization, 2012.

39. Warnakulasuriya KA, Ekanayake AN, Sivayoham S, et al: Utilization of primary health care workers for early detection of oral cancer and precancer cases in Sri Lanka. Bull World Health Organ 62:243-250, 1984

40. Pisani P, Parkin DM, Ngelangel C, et al: Outcome of screening by clinical examination of the breast in a trial in the Philippines. Int J Cancer 118:149-154, 2006

41. Sankaranarayanan R, Ramadas K, Thomas G, et al: Effect of screening on oral cancer mortality in Kerala, India: A cluster randomised controlled trial. Lancet 365:1927-1933, 2005

42. Coleman R, Gill G, Wilkinson D: Noncommunicable disease management in resource-poor settings: a primary care model from rural South Africa. Bull World Health Organ 76:633-640, 1998

43. Mittra I, Mishra GA, Singh S, et al: A cluster randomized, controlled trial of breast and cervix cancer screening in Mumbai, India: Methodology and interim results after three rounds of screening. Int J Cancer 126:976-984, 2010

44. Moran A, Forouzanfar M, Sampson U, et al: The epidemiology of cardiovascular diseases in sub-Saharan Africa: the Global Burden of Diseases, Injuries and Risk Factors 2010 Study. Prog Cardiovasc Dis 56:234-239, 2013

45. Shaikh BT: Private sector in health care delivery: A reality and a challenge in Pakistan. J Ayub Med Coll Abbottabad 27:496-498, 2015