Disrupting Circadian Homeostasis of Sympathetic Signaling Promotes Tumor Development in Mice

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Abstract

Background: Cell proliferation in all rapidly renewing mammalian tissues follows a circadian rhythm that is often disrupted in advanced-stage tumors. Epidemiologic studies have revealed a clear link between disruption of circadian rhythms and cancer development in humans. Mice lacking the circadian genes Per1 and 2 or Cry1 and 2 are deficient in cell cycle regulation and Per2 mutant mice are cancer-prone. However, it remains unclear how circadian rhythm in cell proliferation is generated in vivo and why disruption of circadian rhythm may lead to tumorigenesis.

Methodology/Principal Findings: Mice lacking Per1 and 2, Cry1 and 2, or one copy of Bmal1, all show increased spontaneous and radiation-induced tumor development. The neoplastic growth of Per-mutant somatic cells is not controlled cell-autonomously but is dependent upon extracellular mitogenic signals. Among the circadian output pathways, the rhythmic sympathetic signaling plays a key role in the central-peripheral timing mechanism that simultaneously activates the cell cycle clock via AP1-controlled Myc induction and p53 via peripheral clock-controlled ATM activation. Jet-lag promptly desynchronizes the central clock-SNS-peripheral clock axis, abolishes the peripheral clock-dependent ATM activation, and activates myc oncogenic potential, leading to tumor development in the same organ systems in wild-type and circadian gene-mutant mice.

Conclusions/Significance: Tumor suppression in vivo is a clock-controlled physiological function. The central circadian clock paces extracellular mitogenic signals that drive peripheral clock-controlled expression of key cell cycle and tumor suppressor genes to generate a circadian rhythm in cell proliferation. Frequent disruption of circadian rhythm is an important tumor promoting factor.

Introduction

Disruption of circadian rhythm increases spontaneous and carcinogen-induced mammary tumors in rodents [1,2,3,4,5,6]. Epidemiologic studies have revealed that human night-shift workers show an increased risk of breast, colon, lung, endometrial and prostate cancer, hepatocellular carcinoma and non-Hodgkin’s lymphoma [7,8,9,10,11,12]. Loss of circadian rhythm is also associated with accelerated tumor growth in both rodents and human cancer patients [13,14,15]. These findings raise the question of how circadian dysfunction increases the risk of cancers.

Circadian rhythms in mammals are generated by an endogenous clock composed of a central clock located in the hypothalamic suprachiasmatic nucleus (SCN) and subordinate clocks in all peripheral tissues. The SCN clock responds to external cues and drives peripheral clocks via circadian output pathways. Both the central and peripheral clocks are operated by feedback loops of circadian genes, including Bmal1, Clock, Period (Per1-3) and Cryptochrome (Cry1 and 2). Bmal1 and Clock encode bHLH-PAS transcription factors that heterodimerize and bind to E-boxes in gene promoters to activate Per and Cry transcription, whereas Per and Cry encode repressors of BMAL1/CLOCK. The alternating activation and suppression of the BMAL1-driven positive loop and the PER/CRY-controlled negative loop result in a circadian oscillation of the molecular clock [16,17,18].

The molecular clock regulates clock-controlled genes (CCGs) to control tissue/organ function. Most CCGs follow tissue-specific expression patterns. Only a small group of CCGs, which include key cell cycle regulators and tumor suppressors, are expressed in all tissues studied. Such circadian control leads to the coupling of cell proliferation with key tissue functions in vivo [19,20,21,22,23,24]. Disruption of circadian rhythm in cell proliferation is frequently associated with tumor development and progression in mammals [4,3,12,25,26,27,28].

Both positive and negative loops of the molecular clock are involved in cell cycle control. For example, BMAL1 suppresses proto-oncogene c-myc but stimulates the tumor suppressor Wee1...
[19,22,29], CRY2 indirectly regulates the intra S-check point [30,31], and PER1 directly interacts with ATM in response to γ-radiation in vivo [32]. In mice, mutation in Per2 leads to deregulation of DNA-damage response and increased neoplastic growth [19,24,29]. In humans, deregulation or polymorphism of Per1, Per2, Cry2, Npas2 and Clock is associated with acute myelogenous leukemia, hepatocellular carcinoma, breast, lung, endometrial and pancreatic cancers, and non-Hodgkin’s lymphoma [12,33,34,35,36,37,38,39,40,41].

However, peripheral clock-controlled gene expression is not sufficient to generate and maintain the circadian rhythm of cell proliferation because G1 cell cycle progression in normal somatic cells is strictly controlled by extracellular mitogenic signals [42]. In vivo, these signals include hormones, growth factors, cytokines and neurotransmitters that follow cyclic changes over a 24 hour period since they are either directly released from circadian output pathways or encoded by CCGs in peripheral tissues [43,44,45]. We hypothesize that cell proliferation in vivo is paced by both central and peripheral clocks. The central clock-controlled mitogenic signals simultaneously activates the cell cycle and peripheral clocks leading to a circadian coupling of cell cycle and tumor suppressor gene expression. Disruption of circadian rhythm promotes tumor development due to, at least in part, loss of the homeostasis of cell cycle control.

To test our hypothesis, we studied the role of circadian homeostasis of the sympathetic nervous system (SNS) in tumor suppression. The central clock generates a robust circadian rhythm in SNS signaling via direct and indirect targeting of the presynaptic neurons located in the hypothalamic autonomic paraventricular nucleus [43]. In vivo, the SNS controls all peripheral tissues by releasing the hormones epinephrine and norepinephrine that target adrenergic receptors (ADRs) on the cell membrane [46]. Norepinephrine is directly released from postganglionic sympathetic neurons, whereas epinephrine is released from preganglionic sympathetic neuron-controlled chromaffin cells located in the adrenal medulla [46]. We have previously reported that all circadian gene-mutant mice studied show hyperplastic growth of osteoblasts in bone, and that β-adrenergic receptor (ADRB) activation leads to Per and Ap1 induction in primary osteoblasts. In addition, AP1 directly activates c-myc, whereas BMAL/CLOCK prevents mcy overexpression [29]. Since the induction of Per leads to peripheral clock activation [47] and that the activation of c-myc initiates cell proliferation [48], SNS signaling could be a circadian time cue for both cell cycle and peripheral clocks. Therefore, SNS dysfunction may disrupt the circadian homeostasis of cell cycle control in peripheral tissues.

Here we report that all circadian gene-mutant mouse models studied are cancer-prone and that hyperplastic growth of Per-mutant somatic cells is dependent upon extracellular mitogens. Rhythmic SNS signaling plays a key role in pacing cell proliferation rate in peripheral tissues by simultaneously activating Ap1-c-myc and ATM-p53 signaling. However, activation of Ap1 by SNS signaling is independent of the peripheral clock while activation of ATM is peripheral clock-dependent. Disruption of circadian rhythm desynchronizes the central clock-SNS-peripheral clock axis, suppresses peripheral clock function and abolishes peripheral clock-dependent ATM activation, leading to mcy oncogenic activation and increased incidence of tumors in wild-type mice. Our studies identify a previously unknown molecular pathway that links disruption of circadian rhythm with oncogenesis and demonstrate that tumor suppression in vivo is a clock-controlled physiological process but not a non-clock function of a specific circadian gene.

Results
Tumor Suppression in vivo Is Not a Cell-autonomous Function

We found that when kept in 24 hour alternating light-dark conditions (24hr LD cycles), mice deficient in Bmal1 (Bmal1−/−), Cry1 and Cry2 (Cry1−/−;Cry2−/−), Per1 and Per2 (Per1−/−/Per2−/−) or Per2 alone (Per2−/−) were all cancer-prone. About 10–15% of Bmal1−/− mice also showed hyperplasia of salivary glands in spite of a significant reduction in the size of other major organ systems due to aggressive aging [49]. Bmal1−/−, Cry1−/− and Per2−/− mice showed increased risk of ulcerative dermitis and hyperplasia in the salivary gland, preputial gland, liver and uterus as well as spontaneous lymphomas, liver and ovarian tumor development, although spontaneous tumors in Cry1-mutants were mostly identified after 50 weeks of age, later than that of Per1−/−, Per2−/− and Per2−/− mice (Fig. 1a, Table 1, Fig. S1a and data not shown).

A sublethal dose of γ-Radiation induced premature aging on the external appearance of all circadian gene-mutant mouse models studied and further increased incidence of tumor and hyperplasia as well as ulcerative dermititis in Bmal1−/−, Per1−/− and Cry1−/− mice (Fig. 1b, Table 1 and Fig. S1b). About 8% of irradiated Bmal1−/− mice also developed lymphoma despite an average lifespan of 27 weeks due to a further accelerated rate of aging (Fig. 1c and Table 1). Irradiated Bmal1−/− mice showed a similar rate of tumor development as did irradiated Per2−/− mice (Fig. 1d and Table 1). Since all circadian gene-mutant mouse models show increased sensitivity to γ-radiation, we conclude that the molecular clock functions in tumor suppression in vivo.

We then examined the role of the central clock in tumor suppression by studying the effects of jet-lag (an 8hr phase-advance followed by an 8hr phase-delay in the onset of the light period every 3 days) on tumor development in mice. We found that jet-lag further increased and hastened tumor development in wt, Cry1−/− and Per2−/− mice and induced pancreatic, kidney and intestinal tumors in mutant mice. However, jet-lag did not significantly change the overall survival and tumor development of irradiated Bmal1−/− mice that were deficient in responding to circadian light cues in the central clock (Table 1, Fig. 2a, Fig. S1c and data not shown) [50]. Jet-lag also significantly changed tumor spectrum and induced osteosarcoma, liver and ovarian tumors, hyperplasia of the salivary gland, liver and uterus as well as severe seminal vesicle enlargement in wt mice (Table 1, Fig. 2b, Fig. S1d and data not shown). In addition, although when kept 24hr LD cycles, female circadian gene-mutant mice showed an earlier onset and a higher tumor incidence compared to male mutant mice, we did not found a significant gender difference in total tumor incidence and the time of tumor onset among irradiated and jet-lagged male and female mutant mice (data not shown).

Sympathetic Signaling Is a Circadian Time Cue

We found that chronic jet-lag disrupted the circadian rhythm in urine levels of creatinine and creatinine kinase and significantly increased the risk of renal failure in mice (Table 1 and data not shown). Mice that displayed fatal renal failure usually had only one kidney left at the time of pathological examination which completely lost filtration function due to severe hydropnephrosis leading to pressure atrophy and loss of the renal cortex (Fig. 3a–c). Since renal failure has a strong correlation with sympathetic dysfunction [51], this finding indicates that jet-lag disrupts the homeostasis of multiple circadian output pathways including the SNS. To test this hypothesis, we first studied urine catecholamine...
Clock and Tumor Suppression

**Image a:**
- Cystic Uterus Hyperplasia
- Ovarian Granulosa Cell Tumor
- Hepatocellular Carcinoma
- Lymphoma in Liver

**Image b:**
- Bmal1^{+/−}
- Bmal1^{+/+}
- Cry1^{+/−};Cry2^{−/−}
- Per2^{+/−}
- Per1^{+/−};Per2^{+/−}
- Wt

**Image c:**
- Lymphoma in Chest Cavity
- Lymphoma in Salivary Gland
- Active Bone Marrow

**Graphs d and e:**
- % Survival vs. Survival Time (weeks)
- Bmal1^{+/−} -IR (n=29) vs. Bmal1^{+/+} -IR (n=31) (p=0.042)
- Bmal1^{+/−} +IR (n=30) vs. Bmal1^{+/+} +IR (n=27) (p=0.004)
- Per2^{+/−} -IR (n=30) vs. Per2^{−/−} -IR (n=30) (p=0.028)
- Per2^{+/−} +IR (n=32) vs. Per2^{−/−} +IR (n=33) (p=0.004)
levels in wt and Per1−/−;Per2m/m mice. We found that in 24hr LD cycles, both wt and Per1−/−;Per2m/m mice showed a two-peak oscillation in norepinephrine and a one-peak oscillation in epinephrine levels in urine (Fig. 3f-g). In constant darkness (24hr DD cycles), the urinary catecholamine levels still oscillated with a similar pattern as in 24hr LD cycles in wt mice, but were significantly elevated and arrhythmic in Per1−/−;Per2m/m mice (Fig. 3h-i). We conclude that one of the urine norepinephrine peaks is generated by central clock-controlled postganglionic sympathetic neuron activity, while the other is generated by preganglionic sympathetic neuron-controlled chromaffin cells that also rhythmically release epinephrine. Since the central clock in Per1−/−;Per2m/m mice is driven by environmental light in LD cycles but is not functional in DD cycles [52], these mice could maintain a circadian rhythm of urinary catecholamine levels in LD cycles but not in DD cycles.

We then studied whether the SNS rhythmically activates gene expression in peripheral tissues. We found that among various SNS targets studied, Ucp1 mRNA, which is expressed in brown adipose tissue under the control of a CRE site in Ucp1 promoter [53], could be used as a molecular marker to analyze the activities of both central and peripheral clocks. In 24hr LD cycles, Ucp1 mRNA showed a two-peak expression in wt BAT, with the first peak appearing at ZT10 and the second at ZT22. In Per1−/−;Per2m/m BAT, only the ZT22 peak was observed (Fig. 4a-b). In 24hr DD cycles, Ucp1 mRNA still followed a two-peak expression in wt BAT, but was arrhythmic and high in Per1−/−;Per2m/m BAT (Fig. 4c-d). In wt mice, the activation of CREB peaked between ZT10 and ZT18 (Fig. 5a-b). Loss of function in Per1 and Per2 had no effect on CREB activation induced by ADRβ2 signaling (Fig. 5c), but abolished the peripheral clock activity as shown by lacking a rhythmic expression of Per2 and Bmal1 mRNAs in Per1−/−;Per2m/m BAT (Fig. 4e-g). Thus, we conclude that the ZT10 peak of Ucp1 mRNA is generated by a collaborative activity of the central and peripheral clocks, whereas the ZT22 peak of Ucp1 mRNA is exclusively controlled by the central clock.

We next examined the effect of jet-lag on Ucp1 mRNA expression in wt mice on the second day after one cycle of jet-lag. We found that although the ZT22 peak of Ucp1 mRNA was found in both control and jet-lagged mice, the ZT10 peak of Ucp1 mRNA was absent in jet-lagged mice, which correlated with a lack of rhythmic expression of Per2 and Bmal1 mRNAs in the same BAT (Fig. 4h-i, Fig. 5d-e). We then studied Ucp1 expression in wt mice treated with chronic jet-lag for 10 months and found that Ucp1 mRNA expression followed a similar pattern in these mice compared to wt mice treated with only one cycle of jet-lag (Fig. 4j-k). Together, our studies demonstrate that although the central clock in mice always couples to external light cues, acute jet-lag promptly disrupts the coordination of the central and peripheral clocks, whereas chronic jet-lag abolishes the peripheral clock function in the absence of circadian gene mutations.

Figure 1. Circadian Gene-mutant Mice Are Cancer-prone. (a) Representative histological slides of cystic hyperplasia of the uterus, spontaneous ovarian and liver tumors, and lymphoma in the livers of Cry1−/−;Per2m/m mice. (b) All mutant mouse models studied show aging phenotypes on their external appearance after exposure to a 4 Gy sublethal γ-radiation at 6 weeks of age including hair graying, alopecia, ruffled fur, skin lesions, cataracts and eye inflammation, hunchback postures, body weight changes, and sluggish activities. The ages of irradiated mice shown in (b) are: Bmal1+/– mice at 3–6 months of age, Bmal1−/− mice at 6–8 months of age, Cry1−/−;Cry2−/− mice at 3–6 months of age, Per1−/− mice at 6–8 months of age, Per1−/−;Per2m/m mice at 6–8 months of age, and wt littermates at 6–8 months of age. (c) Representative histological slides show lymphoma in the chest cavity of a 20-week old and the salivary gland of a 36-week old irradiated Bmal1−/− mouse, and the active bone marrow in a 40 week-old irradiated Bmal1−/− mouse that also displayed aging phenotype on the external appearance. The Kaplan-Meier survival curves of (d) Bmal1+/– and (e) Per2−/− mice (–IR: untreated, +IR: irradiated, p1: untreated wt vs. untreated mutant littermates, and p2: irradiated wt vs. irradiated mutant littersmates). doi:10.1371/journal.pone.0010995.g001

Sympathetic Signaling Is a Mitogenic Signal

To investigate whether SNS signaling stimulates cell cycle progression, we treated wt and Per1−/−;Per2m/m calvarial osteoblasts (preosteoblasts) with isoproterenol (iso), a synthetic agonist for ADRβ2 and β3 expressed on the preosteoblast cell membrane [54,55]. We found that iso induced Ap1, c-myc and cyclin D1 mRNAs as well as Cyclin D1 protein in both wt and Per1−/−;Per2m/m preosteoblasts, but the level of c-myc and cyclin D1 induction was significantly elevated in Per-mutant cells (Fig. 5a-c). The induction of c-myc by iso was c-fos-dependent (Fig. 5d). Iso activated Per and c-fos in preosteoblasts via ADRβ3, or both ADRβ2 and ADRβ3 since ADRβ2−/− preosteoblasts showed an intact Per1 and c-fos induction by iso (Fig. 5e). We then studied whether iso stimulates osteoblast proliferation. We found that Per1−/−;Per2m/m osteoblasts showed a higher G2 cell population compared to wt controls when grown in media containing 10% serum (Fig. 5f), which indicates that these cells had an accelerated rate of proliferation. However, under serum-starved conditions, wt and Per1−/−;Per2m/m osteoblasts arrested equally well (Fig. 5g). Iso induced cell cycle progression in both wt and Per1−/−;Per2m/m preosteoblasts but iso-treated Per1−/−;Per2m/m osteoblasts needed less time to progress from G1 to G2 phase compared to wt controls (Fig. 5h). The accelerated proliferation of Per1−/−;Per2m/m osteoblasts correlated with the over-induction of c-myc and Cyclin D1 by iso in these cells (Fig. 5a-c). Thus, hyperplastic growth of Per1−/−;Per2m/m osteoblasts is dependent on extracellular mitogenic signals.

The SNS Activates ATM-p53 Signaling to Prevent Myc Oncogenic Activation

Since p53 plays a key role in preventing Myc oncogenic activation [48], we studied whether iso also induces p53 expression in preosteoblasts. We found that p53 was induced by iso with kinetics similar to Ap1 transcription factors in wt osteoblasts. However, iso-treated Per1−/−;Per2m/m osteoblasts showed AP1 overexpression in the absence of p53 induction (Fig. 6a). The expression of p53 is mainly controlled by its interaction with the E3 ubiquitin ligase MDM2 in vivo [56,57]. Thus, we examined MDM2 expression in iso-treated preosteoblasts. We found that MDM2 was suppressed by iso with the same kinetics as p53 induction in wt osteoblasts, but remained high in Per1−/−;Per2m/m osteoblasts (Fig. 6a). The MDM2:p53 interaction is best studied in γ-radiation response, which activates protein kinase ATM that phosphorylates p53 at Ser18 (S18) and MDM2 at Ser395 (S395) in mice. The phosphorylation at these two sites blocks MDM2-p53 interaction, leading to MDM2 autoubiquitination and p53 induction [58]. Since we used an anti-MDM2 2A1 mouse antibody raised against a MDM2 C-terminal region containing the S395 residue, the interaction of 2A1 with MDM2 could be blocked by MDM2 S395 phosphorylation [58]. Thus, we studied MDM2 and p53 expression in iso-treated preosteoblasts using an anti-p53 S18 antibody and an anti-MDM2 AB4 antibody that interacts with MDM2 at the N-terminal region. We found that these two antibodies detected a similar rate of p53 induction and MDM2 degradation in wt osteoblasts as shown by the p53 PAb421 and MDM2 2A10 antibody.
Table 1. Summary of the Causes of Death for Circadian Gene-mutant Mice.

| Genotype          | Lymphoma | Osteosarcoma | Liver Tumor | Angiosarcoma | Ovarian Tumor | Uterus/SV Hyperplasia | Renal Failure | Ulcerative Dermatitis | Aging | Observation | p Value |
|-------------------|----------|--------------|-------------|--------------|---------------|-----------------------|--------------|-----------------------|-------|-------------|--------|
| **Untreated**     |          |              |             |              |               |                       |              |                       |       |             |        |
| Wt (n=90)         | 5.56%    | 0            | 1.11%       | 2.22%        | 0             | *1.11/6.67%           | 0            | 1.11%                 | 0     | 80          |        |
| Bmal1+/−/− (n=31)| 12.90%   | 0            | 3.23%       | 3.23%        | 0             | *3.23/12.90%          | 0            | 3.23%                 | 0     | 6.46%       | 80     | 0.0012 |
| Bmal1+/−/− (n=23)| 0        | 0            | 0           | 0            | 0             | 4.35%                 | *4.35/13.04% | 0                     | 65.22%| 40          | NA     |        |
| Per2+/−/− (n=30) | 13.33%   | 0            | 6.67%       | 3.33%        | 13.33%        | 3.33%                 | 3.33%        | 0                     | 80    | = 0.0009    |        |
| Cry1+/−;Cry2+/− (n=20)| 10.0% | 0            | 5.0%        | 5.0%         | 15.0%         | 5.0%                  | 10.0%        | 0                     | 60    | = 0.0003    |        |
| Cry1+/−;Cry2+/− (n=30)| 13.33% | 0            | 6.67%       | 3.33%        | 20%           | 23.33%                | 3.33%        | 80                    |       | = 0.0009    |        |
| Per1+/−;Per2+/−/− (n=40)| 17.9% | 0            | 10%         | 2.5%         | 10%           | *2.5%                 | 2.5%         | 80                    |       | = 0.0003    |        |
| **Irradiated**    |          |              |             |              |               |                       |              |                       |       |             |        |
| Wt (n=88)         | 10.23%   | 0            | 2.28%       | 4.59%        | 1.14%         | 6.82%                 | 0            | 4.59%                 | 0     | 80          |        |
| Bmal1+/−/− (n=27)| 33.33%   | 0            | 7.41%       | 3.7%         | 14.81%        | 3.7%                  | 3.7%         | 14.81%                | 80    | = 0.0007    |        |
| Bmal1+/−/− (n=24)| 8.33%    | 0            | 0%          | 0%           | 0             | *4.17/16.67%          | *4.17%       | 83.33%                | 40    | NA          |        |
| Per2+/−/− (n=33) | 33.33%   | 3.03%        | 9.09%       | 0            | 6.06%         | 12.12%                | 3.03%        | *3.03/6.06%           | 0     | < 0.0001    |        |
| Cry1+/−;Cry2+/− (n=21)| 23.81% | 4.76%        | 9.52%       | 0            | 9.52%         | 14.29%                | 9.52%        | 4.76/14.29%           | 0     | 60          | < 0.0001 |
| Cry1+/−;Cry2+/− (n=30)| 23.33% | 3.33%        | 13.33%      | 0            | 6.67%         | 20%                   | 3.33%        | 10/26.67%             | 80    | < 0.0001    |        |
| Per1+/−;Per2+/−/− (n=47)| 36.17% | 2.13%        | 17.02%      | 6.38%        | 17.02%        | 4.26%                 | 10.64%       | 2.13%                 | 80    | < 0.0001    |        |
| **Irradiated/Shifted** |     |              |             |              |               |                       |              |                       |       |             |        |
| Wt (n=54)         | 27.78%   | 3.70%        | 7.41%       | 3.70%        | 3.70%         | *7.41/16.67%          | *7.41/16.67% | 12.96%                | 1.85% | 80          |        |
| Bmal1+/−/− (n=26)| 7.69%    | 0            | 0%          | 0%           | 0             | 0                     | *3.85/15.39% | 3.85%                 | 84.62%| 40          | NA     |        |
| Per2+/−/− (n=35) | 40.0%    | 5.71%        | 14.28%      | 0            | 8.57%         | 20.0%                 | *5.71/14.28% | 22.86%                | 2.86% | 80          | = 0.508 |
| Cry1+/−;Cry2+/− (n=33)| 36.36% | 6.06%        | 18.18%      | 3.03%        | 9.09%         | *6.06/30.30%          | *6.06/15.15% | *1.21/36.36%          | 3.03% | 80          | = 0.0967|
| Per1+/−;Per2+/−/− (n=49)| 38.78% | 4.08%        | 24.49%      | 0            | 10.2%         | *4.08/28.57%          | *6.12/14.29% | *2.04/20.41%          | 2.04% | 80          | = 0.0673|

1 Most are B-type lymphomas.
2 Hepatocellular adenoma and adenocarcinoma.
3 Ovarian granulosa cell tumor.
4 Cystic Hyperplasia.
5 Renal hydrenephrosis and cystic renal dysplasia with severe hydrenephrosis.
6 Ulcerative necrotizing dermatis and ulcerative dermatitis with cellulitis and fibrosis, and.
7 Aging: untreated Bmal1+/−/− mice had an average life span of 35 weeks due to severe aging phenotypes, which was reduced to 27 weeks after irradiation. Some irradiated/shifted Cry1+/−;Cry2+/−, Per1+/−;Per2+/−/− and wt mice showed similar aging phenotypes as Bmal1+/−/− mice and died at 80 weeks of age or older. Some Per- and Cry-mutant and irradiated/jetlagged wt mice developed more than one type of tumors. Other causes of death include lipoma, pancreatic, intestinal and kidney tumors in irradiated/shifted mice, and malnutrition of Bmal1+/−/−, Cry1+/−;Cry2+/− and Per1+/−;Per2+/−/− mice due to overgrowth of teeth that prevents food-intake.

p Value: comparison of the number of cases of death caused by osteosarcoma, liver and ovarian tumors, and severe hyperplasia of reproductive organs in each mutant mouse model with wt controls in each category (Students’ t-test).

1 Wt mice used for all survival curve studies.
2 N SV: seminal vesicle.
3 % mice died due to renal failure.
4 % mice sacrificed due to severe hyperplasia of uterus or enlargement of seminal vesicles (≥20% of total body weight) causing immobility and lack of food intake.
5 % mice sacrificed due to aggressive aging resembling Bmal1+/−/− mice.
6 % mice sacrificed due to severe ulcerative dermatitis of ≥10% of total body surface.
7 % mice sacrificed due to aggressive aging resembling Bmal1+/−/− mice.

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antibodies but failed to detect p53 S18 induction and MDM2 decrease in Per1+/−;Per2+/− osteoblasts (Fig. 6b). We then studied p53 induction in iso-treated wt and Atm−/− preosteoblasts. We found that in wt osteoblasts, ATM was activated by iso, as shown by ATM S1981 phosphorylation [59], in an iso dose-dependent manner and that the duration and the levels of ATM activation correlated with the level of p53 S18 phosphorylation and total p53 accumulation. In contrast, Atm−/− osteoblasts that lacked p53 S18 phosphorylation failed to show p53 induction by iso (Fig. 6c–d). Together, our findings indicate that the SNS activates p53 via ATM in a peripheral clock-dependent manner.

SNS-controlled p53 Signaling Plays a Key Role in Tumor Suppression

We then studied p53 expression and S18 phosphorylation in vivo. We found that the expression of total p53 and p53 S18 phosphorylation followed a coupled circadian rhythm over a 24 hr period and peaked around ZT10 in most wt thymuses studied. In Per1−/−;Per2+/− thymuses, p53 S18 phosphorylation was almost undetectable, and the total p53 level was significantly dampened over a 24 hr period (Fig. 7a). In Atm−/− thymuses, the circadian rhythm of p53 expression and p53 S18 phosphorylation was completely abolished (Fig. 7b). In addition, in 24 hr LD cycles, the circadian expression of p53 was coupled with c-Fos and c-Myc in all wt mouse tissues studied including thymus, liver, kidney and white adipose tissues (Fig. 7c and data not shown).

We next studied p53 and c-Myc expression in the thymus of jet-lagged wt mice and found that one cycle of jet-lag was sufficient to uncouple p53 and Myc signaling, inhibit p53, and completely abolish (Fig. 7b). In addition, in 24 hr LD cycles, the circadian expression of p53 was coupled with c-Fos and c-Myc in all wt mouse tissues studied including thymus, liver, kidney and white adipose tissues (Fig. 7c and data not shown).

We found a decrease in survival time in mice due to increased tumor development. Complete loss of Per2 function reduced the average life span of p53−/− mice from 6 months to 4 months (Fig. 7g) [60].

Figure 2. Disruption of Circadian Rhythm Promotes Tumor Development in Wild-type Mice. (a) The Kaplan-Meier survival curves of wt, Cry1−/−;Cry2−/−, Per1−/−;Per2+/− and Bmal1−/− mice (IR: untreated, +IR: irradiated, +IR/Shift: irradiated and jet-lagged, p1: untreated wt vs. untreated mutant mouse, p2: untreated wt vs. irradiated/jet-lagged wt, p3: untreated wt mice vs. irradiated/jet-lagged mice, and p4: untreated vs. irradiated/Bmal1−/− mice). Median survival times in weeks (95% CI) are 79.7 weeks (79.2–80.1) for untreated, 78.6 weeks (77.5–79.7) for irradiated and 69.3 weeks (64.4–74.2) for irradiated and 54.9 weeks (47.8–62.0) for irradiated/jet-lagged wt (puntreated mutant mice, Bmal1 doi:10.1371/journal.pone.0010995.g002 (51.0–61.2) for irradiated/jet-lagged Cry1−/−;Cry2−/− mice, 74.8 weeks (71.8–77.8) for untreated, 67.1 weeks (62.5–71.7) for irradiated and 56.1 weeks (51.0–61.2) for irradiated/jet-lagged Per1−/−;Per2+/− mice, and 35.5 weeks (30.73–40.1) for untreated, 27.3 weeks (23.3–31.4) for irradiated and 28.5 weeks (24.4–32.5) for irradiated/jet-lagged Bmal1−/− mice. Representative pictures of (b) lymphomas in the salivary glands of irradiated/jet-lagged Bmal1−/−, Bmal1−/−, Cry1−/−, Cry2−/−, Per2+/−, Per1−/−;Per2+/− and wt (Per1−/−;Per2+/−) mice, (c) hepatocellular carcinomas in irradiated/jet-lagged Bmal1−/−, Cry1−/−;Cry2−/−, Per1−/−;Per2+/−, Per2+/− and wt (Bmal1−/− and Per1−/−;Per2+/−) mice, (d) ovarian granulosa cell tumors in irradiated/jet-lagged Cry1−/−;Cry2−/−, Per1−/−;Per2+/−, Per2+/− and wt (Cry1−/−;Cry2−/−) mice, (e) osteosarcomas growing out from the spine into the chest cavity of an irradiated/jet-lagged wt (Per1−/−;Per2+/−) mouse and on the back of an irradiated/jet-lagged Per2+/− mouse, (f) severe cystic hyperplasia of the uterus in irradiated/jet-lagged Cry1−/−;Cry2−/−, Per1−/−;Per2+/− and wt (Per1−/−;Per2+/−) mice, and (g) seminal vesicles from an untreated 60-week old wt (Per1−/−;Per2+/−) mouse and age-matched irradiated/jet-lagged Cry1−/−;Cry2−/− and Per1−/−;Per2+/− mice. doi:10.1371/journal.pone.0010995.g002
Figure 3. Circadian Control of Sympathetic Signaling. (a–e) Jet-lag induces fatal kidney failure in mice. The arrows indicate (a) severe cystic renal dysplasia with hydronephrosis of the remaining kidney (>20 times enlarged) in an irradiated and jet-lagged Per1^{+/−}/Per2^{−/−} mouse, (b) the remaining failed kidney in an irradiated and jet-lagged Cry1^{+/−}/Cry2^{−/−} mouse, (c) the remaining failed kidney in an irradiated and jet-lagged wt mouse, (d) the failed kidney next to the other apparently normal kidney from an untreated Bmal1^{+/−} mouse, and (e) the remaining failed kidney with kidney stones accumulated inside in an irradiated and jet-lagged wt mouse (Bmal1^{+/+}). (f–i) Summaries of urinary norepinephrine and epinephrine levels in wt and Per1^{+/−}/Per2^{−/−} mice in (f–g) 24hr LD (ZT) and (h–i) DD (CT) cycles detected from 3 to 6 independent experiments (ZT: Zeitgeber Time, with light on at ZT0 and off at ZT12; CT: Circadian Time, with CT0 as the beginning of the subjective day and CT12 as the beginning of the subjective night) (±SEM). doi:10.1371/journal.pone.0010995.g003

Figure 4. Central Clock-controlled Sympathetic Signaling is a Key Central-peripheral Timing Mechanism. (a) Northern blot of Ucp1 mRNA expression in wt and Per1^{+/−}/Per2^{−/−} BAT in 24hr LD cycles. (b) A summary of three independent Northern blot analyses described in (a) (±SEM). (c) Ucp1 mRNA expression in wt and Per1^{−−}/Per2^{−−} BAT in 24hr DD cycles. (d) A summary of three independent Northern blot analyses described in (c) (±SEM). (e) Per2 and Bmal1 expression in wt and Per1^{+/−}/Per2^{−/−} BAT in 24hr LD cycles. Summaries of (f) Per2 and (g) Bmal1 mRNA expression in 24hr LD cycles from three independent experiments (±SEM). (h) Per2, Bmal1 and Ucp1 mRNA expression in BAT from untreated (Control) wt mice and wt mice treated with one cycle of jet-lag (Shift). (i) A summary of three independent Northern blot analyses described in (h) (±SEM). (j) Ucp1 mRNA expression in BAT from age-matched control wt mice and wt mice treated with 10 months of chronic jet-lag. (k) A summary of Ucp1 mRNA expression from three independent Northern blot analyses described in (j). doi:10.1371/journal.pone.0010995.g004
We then treated p53−/− mice with jet-lag and found that jet-lagged p53−/− mice showed increased liver and salivary gland hyperplasia, kidney failure, and accelerated tumor development compared to untreated control p53−/− mice. Lymphoma and osteosarcoma were identified among jet-lagged p53−/− mice, with 10% of tumors being osteosarcoma (Fig. 7h and data not shown).

Discussion

We have found that circadian gene-mutant mice share common aging and cancer-prone phenotypes although these symptoms may be more evident at different times during lifespan or under different physiological conditions in different mouse models. Disruption of circadian rhythm abolishes the peripheral clock which induces a tumor spectrum in wt mice similar to that found in circadian gene-mutant mice. These findings demonstrate that tumor suppression in vivo is a clock-controlled physiological function but not a non-clock function of a specific circadian gene.

Epidemiological studies have shown that disruption of circadian rhythm increases the risk of breast, prostate, endometrial, ovarian, lung, colon and pancreatic cancers, as well as non-Hodgkin’s lymphoma, osteosarcoma and hepatocellular carcinoma in humans [7,8,9,10,11,12,40,41,61,62,63,64]. The role of circadian dysfunction in mammary tumor development in rodents has also been well-documented [1,2,3,4,5]. Our studies show that chronic jet-lag also increases the risk of ovarian, kidney, intestinal and pancreatic cancers, osteosarcoma, lymphoma and hepatocellular carcinoma in mice. Together, these studies suggest that the mechanism of clock-controlled tumor suppression is conserved during evolution.

Irradiated and jet-lagged male wild-type mice show relatively lower tumor incidences and later onset of tumors than their female
literatures. However, we did not find a significant gender-dependent difference in the time of tumor onset and total tumor incidence among irradiated and jet-lagged circadian gene-mutant mice. Although a larger sampling size may show a gender-dependent tumor development in irradiated and jet-lagged mutant mice, our studies indicate that gender-independent mechanisms are also involved in clock-controlled tumor suppression. Recently, nonsexual hormones leptin and growth hormones have been linked to the development of colon and breast cancers as well as non-Hodgkin’s lymphoma in humans [65, 66, 67]. A role for SNS dysfunction in the development and/or progression of various human cancers has also been reported, which include prostate, breast, pancreatic, colon and ovarian cancers, glioma, neuroblastoma, osteosarcoma, hepatocellular carcinoma, cholangiocarcinoma and non-Hodgkin’s lymphoma [68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78]. These findings in conjunction with our own studies indicate that circadian dysfunction of sympathetic activity could promote tumor development independently and/or synergistically with sex hormones.

The direct and indirect neuronal control of SNS by the central clock and the multi-synaptic control of peripheral tissues by the SNS have been intensively studied [43, 46]. Our studies demonstrate for the first time that in vivo, the rhythmic SNS signaling is a key central-Peripheral timing mechanism that couples cell proliferation and tumor suppression with mammalian daily physiology. Such circadian control provides a gender-independent mechanism for tumor suppression. The identification of Ucp1 as an endogenous reporter for both central and peripheral clock and the multi-synaptic control of peripheral tissues by the clock and the multi-synaptic control of peripheral tissues by the central clock-SNS-peripheral clock axis as a model system, we propose that the central clock-controlled SNS signaling generates a coupled AP1, peripheral clock, and ATM activation. The activation of AP1 leads to myc-induced cell cycle progression, while the activation of the peripheral clock inhibits myc overexpression and is required for ATM activity. ATM then induces p53 to prevent Myc oncogenic signaling by blocking p53-MDM2 interaction. Disruption of circadian rhythm desynchronizes the central clock-SNS-peripheral clock axis which suppresses peripheral clock and peripheral clock-dependent ATM-p53 signaling but has no effect on c-myc activation. Together, these events lead to Myc oncogenic activation that promotes genomic instability and tumor development (Fig. 7i). Our model suggests that the circadian clock plays a dual role in cell cycle control and it suppresses tumor development by controlling the homeostasis but not the inhibition of cell proliferation.

Our finding of the sympathetic control of ATM-p53 signaling indicates that the induction of p53 occurs as an integrated part of mammalian daily physiology in vivo. This finding has important therapeutic implications. Recent studies indicate that cancer chemotherapy improves therapeutic index [81]. This may, at least in part, be explained by the fact that chemotherapy is usually applied during the sleeping phase when the endogenous p53 level is high, allowing host tissues to better tolerate genotoxic insults that induces p53 and p53-dependent apoptosis in somatic cells expressing low levels of p53. We have previously reported that wt thymocytes are less protected from radiation-induced apoptosis if mice are irradiated at ZT2 or ZT18 when the endogenous p53 level is low compared to thymocytes irradiated at ZT10 when the endogenous p53 level is high (Fig. 7a-c) [19]. Further study of clock-controlled ATM-p53 signaling is important for the development of novel strategies for cancer prevention and treatment.

**Materials and Methods**

**Animal Maintenance**

Animal experiments were approved by the Baylor College of Medicine Institutional Animal Care and Use Committee. Research was conducted in compliance with the Animal Welfare Act Regulations and other Federal statutes with regard to animals and experiments involving animals and adheres to the principles.
set forth in the Guide for Care and Use of Laboratory Animals, National Research Council, 1996. Mice were generated by heterozygous breeding of C57BL/6 inbred strains of Drosophila [50], Cry1/Cry2 [82], Per1+/-;Per2+/- [52], Per2-/- [19], Prx2+/−;p53+/− and p53−/− [60] mice, and 129/C57BL6 hybrid strain of Atm−/− mice [83], and maintained under standard pathogen-free conditions of 2–5 per cage at 21°C–23°C with a humidity of 50%–70%, an air-flow rate of 15 exchanges/hr and in 24hr L/D cycles (light on at ZT0 and off at ZT12) if no specific light/dark conditions were described in the text.

**Survival Curve Studies**

Similar numbers of male and female mice of each genotype were used for all survival curve studies. Mice were monitored 2–3 times a week following the five Morton and Griffiths aspects of animal conditions as a guide. Terminally-ill mice showed multiple symptoms including lack of food-intake, difficulty in standing, walking and breathing, visible abnormal growth at localized body parts, dramatic loss of body weight, ulcerated skin infections that did not respond to antibiotic treatment, and bleeding from the mouth, vagina, and/or anus, etc. These mice were sacrificed before death and all their vital organs/tissues were inspected. The major organs and tumors were isolated and processed for histological analysis. More than 95% of terminally-ill mice identified were diagnosed with grave pathological damage of affected tissues, severe hyperplasia of reproduction organs or renal failure that would have caused death. The estimated time of natural death for these mice was ≤1 or 2 days from the time of euthanasia.

**Mouse Tissue and Urine Sample Collection**

For collecting mouse tissues and urine samples in DD cycles, mice were maintained in standard LD cycles for two weeks and then placed in 24hr DD cycles for two days before being sacrificed for sample collection. For collecting mouse tissue samples from jet-lagged mice, mice were placed in 24hr LD cycles for two days after jet-lag prior to tissue isolation at indicated ZT times.
Jet-lag

Mice were shifted every 3 days from 6 weeks of age between a 24hr LD cycle of 6:00am to 6:00pm light/6:00pm to 6:00am dark and a 24hr LD cycle of 10:00am to 10:00pm dark/10:00pm to 10:00am light.

γ-Radiation

Mice were irradiated at 6 weeks of age at ZT10 with a single dose of 4 Gy (16.8 cGy/sec) sublethal γ-radiation in a cesium-137 GammaCell.

Histological Analysis

Tissue and tumor samples were fixed in formalin, Paraffin sections were prepared and stained with haematoxylin and cosin following standard procedures. All tumor types were confirmed by histological diagnosis.

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Student’s two-tailed t-test. Values were considered statistically significant at p<0.05.

Supporting Information

Figure S1 Neoplastic Growth and Tumor Development in Circadian Gene-mutant Mice. (a) Uteri from untreated 7-week old wt (Cry1+/+;Cry2+/+) and Per1−/−;Per2−/− mice. (b) Uteri from an untreated 60-week old wt (Per1+/++;Per2+/+) and age-matched irradiated/jet-lagged Cry1−/−;Cry2−/− and Per1−/−;Per2−/− mice. (c) Representative pictures of lymphomas developed in the chest cavities of irradiated/jetlagged Bmal1−/−;Bmal1−/−, Cry1−/−;Cry1−/−, Per2−/− and Per1−/−;Per2−/− and wt (Per1+/++;Per2+/+) mice. Histological slides showing (d) over-distended seminal vesicles filled with seminal fluid in an irradiated/jetlagged Per2−/− mouse, (e) ulcerative necrotizing dermatitis of an irradiated Cry1−/−;Cry2−/− male mouse, (f) osteosarcoma in an irradiated/jetlagged Cry1−/−;Cry2−/− mouse, and (g) lymphoma in the (g) the salivary gland of an irradiated Per1−/−;Per2−/− mouse, (h) the lung and (i) kidney muscle of irradiated Per2−/− mice, and (j) the ovary, (k) kidney and (l) liver of irradiated/jetlagged wt mice.

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Figure S2 Sympathetic Control of Gene Expression. (a) Western blot analysis of the activation of CREB in the thymus of wt mice over a 24hr LD cycle using an anti-CREB S133 antibody. (b) A summary of CREB activation detected from three independent experiments as described in (a) (±SEM). (c) CREB is activated by iso in both wt and Per1−/−;Per2−/− m mouse. (d) A summary of Bmal1 mRNA expression in BAT of untreated (Control) and jet-lagged (Shift) wt mice from 3 independent experiments (±SEM). (e) A summary of Per2 mRNA expression in BAT of untreated (Control) and jet-lagged (Shift) wt mice from three independent experiments (±SEM).

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Author Contributions

Conceived and designed the experiments: LF. Performed the experiments: SL LF. Analyzed the data: SL LAD AJH DM LF. Contributed reagents/materials/analysis tools: LAD AJH DM LF. Wrote the paper: SL LAD AJH DM LF.

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