Physical exercise improves quality of life, depressive symptoms, and cognition across chronic brain disorders: a transdiagnostic systematic review and meta-analysis of randomized controlled trials

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Table S1: Systematic search strategy for two out of four used databases for one disorder

| PUBMED                        |                                   | EMBASE                      |
|-------------------------------|-----------------------------------|-----------------------------|
| **#1: Domain**                | (Alzheimer[Title/Abstract] OR AD[Title/Abstract]) | (Alzheimer OR AD):ab,ti    |
| **#2: Determinant**           | (Exercise[Title/Abstract] OR physical[Title/Abstract] OR training[Title/Abstract] OR endurance[Title/Abstract] OR aerobic[Title/Abstract] OR anaerobic[Title/Abstract] OR resistance[Title/Abstract] OR sport[Title/Abstract] OR yoga[Title/Abstract]) | (Exercise OR physical OR training OR endurance OR aerobic OR anaerobic OR resistance OR sport OR yoga):ab,ti |
| **#3: #1 AND #2**             |                                   | **#3: #1 AND #2**           |