Apoptotic cell-based therapies against transplant rejection:
role of recipient’s dendritic cells

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Abstract One of the ultimate goals in transplantation is to
develop novel therapeutic methods for induction of donor-
specific tolerance to reduce the side effects caused by the
generalized immunosuppression associated to the currently
used pharmacologic regimens. Interaction or phagocytosis
of cells in early apoptosis exerts potent anti-inflammatory
and immunosuppressive effects on antigen (Ag)-presenting
cells (APC) like dendritic cells (DC) and macrophages. This
observation led to the idea that apoptotic cell-based therapies
could be employed to deliver donor-Ag in combination
with regulatory signals to recipient’s APC as therapeutic
approach to restrain the anti-donor response. This review
describes the multiple mechanisms by which apoptotic cells
down-modulate the immuno-stimulatory and pro-inflam-
matory functions of DC and macrophages, and the role of the
interaction between apoptotic cells and APC in self-toler-
ance and in apoptotic cell-based therapies to prevent/treat
allograft rejection and graft-versus-host disease in murine
experimental systems and in humans. It also explores the role
that in vivo-generated apoptotic cells could have in the
beneficial effects of extracorporeal photopheresis, donor-
specific transfusion, and tolerogenic DC-based therapies in
transplantation.

Keywords Transplantation · Tolerance · Apoptotic cells ·
Dendritic cells · Extracorporeal photopheresis

Introduction

Transplantation of organs, tissues or cells has become a
common surgical procedure that frequently serves as the
only life-saving treatment available for end-stage organ
disorders. Allogeneic (allo) grafts are defined as organs/tis-
sues/cells transplanted between totally or partially Major
Histocompatibility (MHC) antigen (Ag)-mismatched indi-
viduals of the same species. According to the timing of onset,
there are three main types of allograft rejection: hyperacute,
acute and chronic. Hyperacute rejection takes place within
minutes or hours after transplantation and is caused by
deposition of pre-formed circulating antibodies (Ab) on the
endothelium of the graft vasculature and the consequent
complement cascade activation. This type of rejection is in
general preventable and rarely occurs. Acute rejection
occurs within weeks or months after transplantation surgery,
is caused by innate and adaptive immune responses, the latter
mediated by donor-reactive T cells and anti-donor allo-
antibodies (alloAb), and is treatable by pharmacologic
immuno-suppression. Chronic rejection takes place months
or in general years after transplantation, is caused by immune
and non-immune mechanisms, and does not respond to the
currently employed immunosuppressive agents.

The development of nonspecific immunosuppressive
agents and the better management of their therapeutic
application and synergistic effects have decreased significantly the incidence of acute allograft rejection in the clinics. However, the currently used immunosuppressive drugs have shown little or no impact on chronic rejection and therefore on overall long-term allograft survival. Importantly, long-term pharmacological immunosuppression is associated with toxicity and increased incidence of malignancies and infectious and metabolic diseases. Therefore, there is a need for the development of new donor-specific immunosuppressive therapies to control the mechanisms of allo-recognition that lead to graft rejection, and to reduce harmful side-effects of generalized immunosuppression. The finding that apoptotic cells exert potent anti-inflammatory and immunoregulatory effects on Ag-presenting cells (APC) of the immune system has paved the way for the development of novel apoptotic cell-based therapies that have been used successfully in delaying transplant rejection and treating T cell-mediated autoimmune disorders in murine experimental models.

**Role of APC in initiation of allograft rejection**

One of the critical mechanisms of acute rejection is the T cell response mounted against donor MHC Ag. T cells recognize antigenic peptides presented by MHC molecules with the help of professional APC such as dendritic cells (DC), or amateur APC like monocyte, macrophages and B cells. Among professional APC, mature/activated DC are the most efficient at priming naïve T cells which exhibit a higher threshold of activation than memory T cells.

Transplanted organs are populated by immature DC that are phagocytic with high capability for Ag internalization and processing, but that exhibit weak stimulatory capacity for naïve T cells due to the low levels of Ag-presenting and costimulatory molecules on the DC surface. Pro-inflammatory mediators released following transplant surgery and due to the effects of ischemia–reperfusion injury on the graft are sufficient to trigger the mechanisms of maturation/activation of graft-resident and graft-infiltrating DC. These maturing DC migrate as passenger leukocytes out of the graft into secondary lymphoid tissues of the recipient, where they activate donor-specific naïve and memory T cells. However, besides their role in elicitation alloimmunity and as initiators of graft rejection, DC are critical to induce and maintain T cell peripheral tolerance, in particular following interaction with apoptotic cells.

**Immunoregulatory effects of apoptotic cells on APC**

It was originally assumed that the rapid clearance of apoptotic cells in vivo, before cell lysis and leakage of intracellular toxic mediators take place, was the reason by which phagocytosis of apoptotic cells by macrophages or immature DC does not elicit inflammatory or immune responses in steady-state conditions. Voll et al. [1] were the first to realize that apoptotic cells exert an active and potent immunosuppressive effect on monocytes, promoting secretion of interleukin (IL)-10 and decreasing release of the pro-inflammatory cytokines Tumor Necrosis Factor (TNF)-α, IL-1β and IL-12. They also demonstrated that the immunoregulatory effect of apoptotic cells on APC is conserved between mammalian species and is independent of the apoptosis-inducing stimulus [1]. This profound down-regulatory effect of apoptotic cells on immunity occurs in professional and non-professional phagocytes and in non-phagocytic cells [2]. Accumulated evidence has shown that interaction and/or internalization of apoptotic cells by immature DC does not induce expression of the DC maturation-markers MHC class-II, CD40, CD80, CD86 and CD83 in vitro or in vivo, even after challenge with lipopolysaccharide (LPS), CD40-signaling, TNF-α or monocyte-conditioned medium [3–8]. By contrast, phagocytosis of cells undergoing primary necrosis or dying cells derived from virally-infected, activated or stressed cells promote DC maturation [3, 4, 9–11]. Besides the intrinsic characteristics of the dying cells, the pattern of opsonins deposited on the surface of apoptotic cells, the microenvironment where apoptotic cells die, and the efficiency of apoptotic cell clearance by phagocytes are critical factors that determine the outcome of the innate and adaptive immune responses [12].

It was initially assumed that, unlike early apoptotic cells which retain membrane integrity and exert immunosuppressive effects, late apoptotic cells (also known as secondarily necrotic cells) similarly to cells undergoing primary necrosis promote inflammation and immunity, since in both cases cells lose their membrane integrity and release potential pro-inflammatory mediators. However, Patel et al. [13] have shown in vitro that the mitogen-activated protein kinase (MAPK) signaling events triggered in macrophages by early apoptotic cells (inhibition of ERK1/2 and activation c-Jun N-terminal kinase and p38) are similar to those induced by late apoptotic cells and that, in both cases, were dominant over those triggered by necrotic cells. The inhibitory activity of late apoptotic cells on macrophages required the presence of the plasma membrane of the dying cells, and did not depend on soluble mediators released by the late apoptotic cells [13]. These results contradict the established paradigm that states that delayed clearance of apoptotic cells in vivo leads to accumulation of cells in late apoptosis that, by releasing pro-inflammatory mediators, promote autoimmunity. By contrast, they suggest that in those experimental models of autoimmunity associated to impaired clearance of
apoptotic cells due to deficient expression of receptors or opsonins necessary for recognition of apoptotic cells, autoimmunity could be triggered, to some extent by the inability of the apoptotic cells to deliver inhibitory signals to APC, and not by the continuous release of pro-inflammatory mediators by non-internalized late apoptotic cells accumulated in the extracellular space [13].

DC that internalize cells in early apoptosis exhibit a selective decrease in the levels of mRNA and secretion of the pro-inflammatory cytokines IL-1α, IL-1β, IL-6, IL-12p70 and TNF-α, while secreting normal or increased amounts of immunosuppressive Transforming Growth Factor (TGF)-β1 and IL-10, even in the presence of LPS [4, 14–16]. Phagocytosis of apoptotic neutrophils decreases DC secretion of IL-23, a cytokine involved in differentiation of Th17 lymphocytes and maintenance of Th1 memory [17]. The immunoregulatory effects are restricted to those DC that phagocytose apoptotic cells and not to bystander cells, indicating that the mechanism of DC inhibition involves cell-to-cell contact since it (1) requires recognition of ligands on the apoptotic cell surface through receptors expressed by the APC, and (2) is not caused by release of anti-inflammatory mediators into the extracellular milieu [6, 18]. Similarly, monocytes and macrophages exposed to apoptotic cells decrease secretion of IL-1β, IL-12p70, IL-23 and TNF-α, while maintaining or increasing the release of TGF-β1, IL-10, and prostaglandin E2 [1, 17, 19–21]. Soluble mediators released by phagocytes during apoptotic cell clearance, not only prevent the inflammatory response, but also contribute to the resolution of inflammation and tissue restoration. During bacterial pneumonia in mice, alveolar macrophages that phagocytosed apoptotic neutrophils secrete Hepatocyte Growth Factor, a mediator that promotes proliferation of lung epithelial cells [22].

DC that acquire Ag from apoptotic cells present efficiently apoptotic cell-derived peptides to CD4 T cells and cross-present the internalized Ag to MHC class-I-restricted CD8 cytotoxic T cells [9, 23–25]. However, DC exposed to apoptotic cells decrease their ability to stimulate T cells, a phenomenon that seems to be related to the inhibitory effect of apoptotic cells on the amount of expression of MHC and co-stimulatory molecules, rather than to a defect in the Ag-processing function of the APC [3–6].

**How do apoptotic cells control the immunostimulatory function of APC?**

During the build up of the phagocytic synapse between the apoptotic cell and the phagocyte, a series of Apoptotic-Cell-Associated Molecular Patterns (ACAMP) present on the surface of apoptotic cells bind to Pattern-Recognition Receptors (PRR) expressed by the phagocytes. Membrane receptors like MerTK, TIM-1, -3 and -4, the integrins α2β3 and α5β5, complement receptors (CR) 3 and 4, lectins, scavenger receptors (i.e. CD14, CD36, CD68, SR-A and LOX-1) and receptors for z2 macroglobulin (CD91), and β2-glycoprotein I participate in apoptotic cell binding and/or ingestion by immature DC or macrophages [26–29].

In addition, a number of soluble proteins, including the complement fractions C1q and iC3b, milk fat globule protein-E8 (also known as lactadherin), growth arrest-specific gene-6 (GAS-6), protein S, collectins (i.e. manose-binding lectin, surfactant proteins A and D), pentraxins, thrombospondin-1, and serum β2-glycoprotein I function as opsonins, forming molecular bridges between ligands on the membrane of apoptotic cells and PRR on the surface of the phagocytes [26–29].

Apoptotic cells down-regulate inflammation and the immunostimulatory function of APC via PRR-dependent and— independent mechanisms. The relative contribution of each PRR and the signaling pathways involved in the immunoregulatory effects of apoptotic cells on APC are beginning to be elucidated. Engagement of the thrombospondin receptor CD36 inhibited maturation and function of DC, that became unable to release IL-12 and secrete high levels of IL-10 in response to DC-activation stimuli [5]. Similarly, signaling via phosphatidylinerine (PS) receptors using liposomes containing PS prevented maturation and reduced IL-12p70 secretion and T cell stimulatory function in human DC [30].

MerTK, a member of the Ax1/Mer/Tyro3 receptor tyrosine kinase expressed by DC and macrophages, is a ligand for GAS-6, which binds to externalized PS on apoptotic cells [31–34]. Signaling of DC via MerTK by co-incubation with apoptotic cells activates the phosphatidylinositol 3-kinase (PI3K)/AKT pathway, which negatively regulates NF-κB activation and the consequent DC maturation [35]. Indeed, DC lacking MerTK expression or treated with PI3K inhibitors became refractory to the down-regulatory effect of apoptotic cells on LPS-induced secretion of TNF-α and IL-12p70 [35].

The surface of apoptotic cell binds the complement components C1q and iC3b. Macrophages and DC interact with apoptotic cells via CR. Human monocyte-derived DC generated in the presence of C1q display impaired maturation, reduced secretion of IL-6, TNF-α and IL-12p70, and decreased T cell allo-stimulatory function following non-cognate (LPS) or cognate (CD40-signaling) stimulation [36]. Interaction with iC3b-opsonized apoptotic cells prevented up-regulation of MHC class-II Ag, CD86, CC chemokine receptor (CCR)2, CCR5, and β2 integrins, but increased expression of CCR7 in human DC [7]. Thus, DC that uptake of iC3b-opsonized apoptotic cells in peripheral tissues remain immature/semi-mature, but capable of migrating in response to CCR7 ligands to secondary
lymphoid organs and initiate or maintain T cell peripheral tolerance. Incubation of mouse and human immature DC with erythrocytes iC3b-opsonized or covered with Ab against the iC3b-binding domain of CR3 (CD11b/CD18), mimicked the down-regulatory effect of apoptotic cells on secretion of pro-inflammatory cytokines, without affecting release of TGF-β1 [14, 37]. Human DC exposed to surrogate apoptotic cells capable of signaling exclusively through CR3, processed and presented normally exogenous Ag, but became impaired to prime efficiently naïve T cells into effector cells [37]. By contrast, Behrens et al. [38] have shown that the absence of iC3b in serum does not alter the immunoregulatory effects of apoptotic cells on DC in vitro, a phenomenon likely due to redundancy in the apoptotic cell receptor system.

Apoptotic cells also modulate the function of DC through more indirect mechanisms. Co-culture of DC with apoptotic cells promoted secretion of interferon (IFN)-γ that up-regulated via autocrine and paracrine loops the DC content of the active form of indoleamine 2,3-dioxygenase, an enzyme that degrades the essential amino acid tryptophan into metabolites that inhibit T cell function [15]. DC exposed to apoptotic cells released large amounts of nitric oxide that impairs the T cell response [16]. Some of the inhibitory effects of apoptotic cells on APC take place at the mRNA transcription level. In macrophages, signals derived from the contact with apoptotic cells, likely via interaction of externalized PS with its receptors, reduced the level of tyrosine phosphorylation of the transcription repressor factor GC-BP, enhancing its ability to bind the IL-12p35 promoter and selectively repressing transcription of the IL-12p35 gene [21].

Besides their potent immunoregulatory effects mediated indirectly through phagocytes, apoptotic cells by themselves down-modulate inflammation and immunity. T cells undergoing apoptosis released IL-10 and the latent and active forms of TGF-β into the extracellular milieu [39, 40]. In T lymphocytes, programmed cell death promoted synthesis of IL-10, whereas TGF-β secretion resulted from release of existing cytokine pools stored in intracellular membrane-bound compartments like mitochondria [39, 40]. In addition, apoptosis triggered de novo synthesis and release of thrombospondin 1 in monocytes and neutrophils, a protein that binds avidly to immature DC enhancing engulfing of apoptotic cells and preventing DC maturation in response to LPS stimulation [41]. Ariel et al. [42] have shown that the chemokine receptor CCR5 is mobilized to the cell surface of neutrophils and T cells undergoing apoptosis. CCR5 expressed on the surface of apoptotic leukocytes remained functional and sequestered efficiently its ligands CCL3 and CCL5 from sites of inflammation, constituting a mechanism of resolution of the inflammatory response [42]. The mechanisms by which early apoptotic cells down-regulate inflammation and the function of DC are summarized in Fig. 1.

**Fig. 1** Anti-inflammatory and immunosuppressive mechanisms of apoptotic cells. Leukocytes undergoing apoptosis release the immunosuppressive cytokines IL-10 and TGF-β1, and soluble thrombospondin 1 which functions as a bridge between apoptotic cells and phagocytic APC and down-regulates the immunostimulatory function of DC. Apoptotic leukocytes increase surface expression of CCR5 that sequesters the inflammatory chemokines CCL3 and CCL5, facilitating the resolution of inflammation. Following interaction or phagocytosis of apoptotic cells, DC (i) become resistant to maturation/activation in response to pro-inflammatory stimuli; (ii) increase IL-10 and TGF-β1 secretion, release nitric oxide, and augment their intracellular content of functional indoleamine 2,3-dioxygenase (IDO); and (iii) up-regulate CCR7 expression, which allows peripheral tissue-resident DC that engulfed apoptotic cells to migrate to secondary lymphoid organs. Some of the immunosuppressive effects of apoptotic cells on APC occur at the level of mRNA transcription or processing.
Apoptotic cells and maintenance of T cell peripheral tolerance

Self-reactive T cells that escape central (thymic) deletion migrate to secondary lymphoid organs. Therefore, an efficient mechanism of peripheral tolerance must monitor and de-activate, delete or regulate auto-reactive T cell clones in periphery to prevent autoimmunity [43, 44]. Elegant experiments in mice expressing transgenic Ag controlled by tissue-specific promoters have shown that, in normal conditions, constitutive migration of APC from peripheral tissues to draining lymphoid organs, results in presentation of tissue-derived Ag to T cells [45, 46]. However, migration of peripheral APC carrying the transgenic self-Ag acquired from neighboring parenchymal cells resulted in suppression of Ag-specific CD4 and CD8 T cells [45, 46]. These findings, together with results obtained from experiments of in situ-targeting of DC in vivo [47, 48], led to the hypothesis that during induction/maintenance of peripheral T cell tolerance, semi-mature DC mobilized from peripheral tissues or resident in secondary lymphoid organs, present self-Ag in a pro-tolerogenic fashion to down-regulate those auto-reactive T cell clones that escaped thymic deletion [43].

Every day, billions of tissue cells die by apoptosis as part of the physiologic mechanism of cell turn-over. These apoptotic cells constitute an excellent source of self-Ag for immature DC in periphery. DC with engulfed apoptotic bodies or cellular fragments derived from neighboring parenchymal cells have been reported within or in the vicinity of epidermis, and intestine, gastric or vaginal epithelia [49–52]. Importantly, although interaction or engulfment of apoptotic cells prevents DC activation/maturation, it does not affect the ability of immature/semi-mature DC to migrate to secondary lymphoid organs. DC that engulf apoptotic cells, although remain immature, increase their surface expression of CCR7, a chemokine receptor required for peripheral DC to migrate to secondary lymphoid organs in response to the chemokines CCL19 and CCL21 [7, 53]. Indeed, DC with internalized apoptotic cell fragments derived from intestinal epithelial cells and gastric parietal cells have been detected in Peyer’s patches and mesenteric lymph nodes, and in stomach-draining lymph nodes, respectively [50, 51].

The presence of DC with internalized apoptotic cells in secondary lymphoid organs is not always due to migration of peripheral DC. In mice, spleen-resident CD11c<sup>hi</sup>CD8<sup>−</sup> or CD8<sup>+</sup> DC, unlike CD11c<sup>int</sup> plasmacytoid DC, capture efficiently blood-borne apoptotic leukocytes [18]. Similarly, in humans, it has been shown that myeloid DC, unlike plasmacytoid DC, internalize apoptotic cells [54].

Experiments of adoptive transference of TCR transgenic T cells in mice have shown that both types of conventional CD11c<sup>hi</sup> DC (tissue-migratory and secondary lymphoid organ-resident) are capable of presenting apoptotic cell-derived peptides to T cells [51]. In vivo, under steady-state conditions, presentation by splenic DC of apoptotic cell-derived peptides loaded in MHC class-I or -II molecule leads to clonal deletion of Ag-specific CD8 or CD4 T cells, respectively, and generation of Ag-specific regulatory T cells (Treg) [55–58]. Recent evidence indicates that apoptotic cells may exert immunosuppressive effects via generation of CD19<sup>+</sup> regulatory B cells, which influence the function of effector T cells [59].

Together, the accumulated evidence indicates that internalization of endogenous apoptotic cells by immature/semi-mature APC, through an extremely efficient mechanism of apoptotic cell clearance, is followed by deletion and/or regulation of self-reactive lymphocytes and therefore, prevention of autoimmunity. Indeed, mice with deficiencies in molecules critical for recognition, internalization, or lysosomal DNA degradation of apoptotic cells, including C1q, C4, IgM, the pentraxin Serum Amyloid P, MerTK, milk fat globule protein E8, class A scavenger receptors, or lysosomal DNase II develop systemic autoimmune disorders [60–68]. In humans, systemic lupus erythematosus is associated with genetic deficiencies in complement factors [69, 70], and with defective phagocytosis of apoptotic cells [71, 72].

Apoptotic cells as therapeutic tools in transplantation

The concept that processing of endogenous apoptotic cells by quiescent APC in secondary lymphoid organs is necessary for induction and/or maintenance of peripheral self-tolerance in the steady-state [73], led to the idea that systemic (i.v.) administration of donor leukocytes undergoing apoptosis could be used to deliver in situ the entire repertoire of donor allo-Ag together with immunoregulatory signals to recipient’s APC, to induce donor-specific immunosuppression in transplantation [reviewed in 74–76]. Since internalization of apoptotic cells prevents APC maturation/activation, presentation of apoptotic cell-derived allo-peptides by recipient’s quiescent APC expressing a low ratio of T cell co-stimulatory versus co-regulatory molecules, could be employed therapeutically to promote deletion, anergy and/or regulation of donor-reactive T cells and therefore, to prolong allograft survival.

Apoptotic cell therapies restrain allo-immunity and acute rejection in cardiac transplantation

Therapies based on administration of donor-derived apoptotic leukocytes have been proven to exert beneficial...
effects in murine models of cardiac transplantation. i.v. administration of a single dose of donor splenocytes in early apoptosis, 7 days before transplantation, prolonged significantly survival of heterotopic (abdomen) vascularized cardiac allografts in mice and rats [57, 77]. the beneficial effect of apoptotic cells was donor-specific, took place in different donor and recipient strain combinations, and depended on the biological properties of the apoptotic cells, since i.v. injection of donor splenocytes undergoing primary necrosis (induced by freezing-thawing) did not affect graft survival [57, 77]. Prolongation of cardiac allograft survival was independent on the method employed to induce apoptosis, as similar results were obtained with apoptotic cells generated by UV-B- or γ-irradiation [77]. However, the therapeutic effect depended critically on the timing of administration of apoptotic cells, with optimal results achieved when donor apoptotic splenocytes were injected 7 days prior to transplantation [77].

 Trafficking studies have demonstrated that allogeneic apoptotic splenocytes injected i.v. are internalized within a few hours by red pulp macrophages and by specialized phagocytes and DC of the marginal zone of the spleen [14, 18, 57, 78]. In mice, splenic CD11chi DC (mainly the CD8α+ DC of the marginal zone), unlike the CD11cint plasmacytoid DC, internalized in vivo early apoptotic cells administered i.v. [18, 79]. At later time points, these marginal zone DC containing phagocyted apoptotic cell fragments migrated to the T cell areas of the splenic follicles for cross-presentation of the apoptotic cell-derived Ag [14, 79].

 Since phagocytosis of apoptotic cells prevents APC maturation in vivo, DC that internalize and process donor apoptotic cells present apoptotic cell-derived allopeptides to donor-reactive T cells in the context of low co-stimulation [57]. This sequence of events leads to deficient activation, followed by transient proliferation and deletion of donor-reactive T cells, as demonstrated in vivo by injecting systemically allogeneic apoptotic splenocytes into host mice previously reconstituted with allo-reactive TCR transgenic CD4 T cells [57]. In this model, presentation of donor apoptotic cell-derived allopeptides by immature/semi-mature DC in the spleen promoted transient proliferation of anti-donor CD4 T cells unequipped for homeostatic survival. These unfitted CD4 T cells expressed lower levels of the anti-apoptotic protein Bcl-XL and the cytokine receptors IL-7Rα (CD127), IL-15Rα and the common cytokine receptor gamma chain (γc or CD132), than control T cells fully activated [57]. I.v. injection of BALB/c apoptotic splenocytes into C57BL/6 J hosts adoptively transferred with 1H3.1 TCR transgenic CD4 T cells (specific for the BALB/c IE52–68 peptide presented by C57BL/6 J IAAb MHC class-II molecules) was associated 14 days later, with (1) increased percentage of splenic 1H3.1 T cells expressing the Treg marker FoxP3 and (2) increased IL-10 and reduced IFN-γ secretion of splenocytes in response to ex vivo re-stimulation with the BALB/c (donor) IE52–68 peptide [18]. Similarly, donor apoptotic cell therapy decreased drastically cross-priming of donor-reactive 2C TCR transgenic CD8 T cells in vivo in the same mouse model [18]. These results explain why, 7 days post-transplant, recipient mice and rats pre-treated with donor apoptotic cells reduced drastically the systemic anti-donor type 1 T cell response, and exhibited minimal parenchymal damage and decreased leukocyte infiltration in the allografts, compared to untreated controls [57, 77].

 It is likely that, for clinical application in transplantation, apoptotic cell therapies will be administered in combination with reduced levels of pharmacological immunosuppression, to enhance the beneficial effects of apoptotic cells and minimize the side-effects caused by the immunosuppressive regimen. In this regard, infusion of donor apoptotic splenocytes, plus a single suboptimal dose of anti-CD40 ligand blocking Ab (to prevent the stimulatory effect of CD40-signaling on recipient’s APC) prolonged indefinitely (>100 days) survival of cardiac allografts in mice [57]. Interestingly, the long-term allografts showed minimal tissue damage and were infiltrated by small foci of leukocytes composed mainly of CD4+ FoxP3+ T cells with intracellular content of IL-10 and TGF-β1 [57]. The fact that transference of splenic T cells from long-term C57BL/10J recipients pre-treated with donor apoptotic splenocytes, into naïve (untreated) C57BL/10J mice prolonged significantly survival of cardiac allografts from the same donor, but not third-party grafts, indicates that in that model donor apoptotic cell therapy promoted generation/expansion of donor-specific Treg [57].

 Donor apoptotic splenocytes have also been used indirectly in combination with tolerogenic DC therapies. Intraperitoneal administration, 7 days prior to transplantation, of recipient’s bone marrow-derived maturation-resistant DC loaded in vitro with donor apoptotic splenocytes prolonged significantly survival of heart allografts in otherwise non-immunosuppressed mice [80].

Recipient’s APC mediate immunoregulatory effects of apoptotic cell therapies in cardiac transplantation

There is evidence that the effect of apoptotic cell therapy on cardiac allograft survival is mediated, at least in part, through recipient’s APC. Adoptive transference of freshly-isolated splenic CD11c+ DC of C57BL/10J mice, pre-treated (i.v., 24–36 h earlier) with BALB/c apoptotic splenocytes, into naïve C57BL/10J, prolonged significantly survival of BALB/c hearts transplanted 7 days later [57].
This effect required the presence of the subset of CD8α+ DC in the transferred inoculum [57], and agrees with similar findings reported in a mouse model of adoptive transfer of inhibition of contact hypersensitivity induced by i.v. injected haptenated apoptotic cells [56].

In a cardiac transplantation model in mice, transient depletion of CD11chi DC without affecting the subset of CD11cin DC, at the time of i.v. administration of allogeneic apoptotic splenocytes was followed by lack of proliferation of allo-reactive TCR transgenic CD4 T cells in the spleen [18]. Together, these results suggest that the beneficial effect of donor apoptotic cell therapies on cardiac allograft survival are mediated by recipient’s CD11cin DC that capture donor apoptotic splenocytes from circulation remained quiescent in vivo and resistant to maturation in response to DC-activating stimuli [18]. However, their ability to present allo-peptides from blood-borne apoptotic cells is short-lived, reaching a plateau 3 days after apoptotic cell i.v. administration [18]. Present-ation of donor apoptotic cell peptides by recipient’s quiescent DC was critical for prolongation of cardiac allograft survival, since the effect was abrogated by induction of DC maturation in situ through CD40-signaling [57].

Sun et al. [77] have shown that blockade of phagocytosis with gadolinium chloride, before i.v. injection of apoptotic splenocytes, abrogates their therapeutic effect on cardiac allograft survival in rats. This finding indicates that immature DC and/or macrophages via (1) phagocytosis, processing and presentation of apoptotic cell-derived allo-Ag, and/or (2) secretion of anti-inflammatory/immuno-suppressive mediators, are critical for the immunoregulatory effects of exogenous apoptotic cells in cardiac transplantation. Indeed, the same group [77] demonstrated indirectly that donor apoptotic splenocytes infused i.v. exert their immunoregulatory effects by interacting with PRR expressed by recipient’s APC. In this study, blockade of externalized PS by incubation with soluble annexin-V reduced drastically the ability of donor apoptotic splenocytes to prolong heart allograft survival in rats, compared to controls injected with untreated apoptotic cells [77].

In other transplantation models, recipient’s macrophages, instead of DC, seem to mediate the therapeutic effect of apoptotic cells. Transient deletion of CD11c+ DC without affecting the subset of CD11cin plasmacytoid DC, at the time of i.v. administration of allogeneic apoptotic splenocytes was followed by lack of proliferation of allo-reactive TCR transgenic CD4 T cells in the spleen [18]. Together, these results suggest that the beneficial effect of donor apoptotic cell therapies on cardiac allograft survival are mediated by recipient’s CD11cin DC (likely the CD8α+ DC subset in mice) resident in secondary lymphoid organs. In this model, splenic CD11c+ DC that capture donor apoptotic splenocytes from circulation remained quiescent in vivo and resistant to maturation in response to DC-activating stimuli [18].

The adaptive immune response that in part causes chronic rejection is elicited via the indirect pathway of allorecognition, a mechanism by which donor-reactive T cells recognize donor allo-peptides presented by self (recipient’s)-MHC molecules. Indirect pathway T cells are also critical to provide help to donor-reactive B cells, which then differentiate into the plasma cells that secrete alloAb. Since i.v. injected donor apoptotic cells are processed by recipient’s APC for presentation to indirect pathway T cells, apoptotic cell therapies can be used as a therapeutic approach to (1) down-regulate the indirect pathway T cell response; (2) reduce the level of cognate interaction and cooperation between indirect pathway T cells and allo-reactive B cells, which is critical for generation of alloAb; and (3) prevent, delay or ameliorate signs of chronic rejection.

In mice, administration of donor apoptotic splenocytes 7 days prior to transplant, minimized substantially the histopathological features of CAV in fully-mismatched aortic allografts, an established experimental model of CAV [18]. The effect was donor- and apoptotic cell-specific, since third-party apoptotic cells, or donor splenocytes alive or undergoing primary necrosis (induced by freezing-thawing) did not prevent development of CAV in the same model. Sixty days after transplant, those recipients that...
received donor apoptotic splenocytes exhibited a drastic decrease in: (1) the number of indirect pathway (polyclonal) T cells secreting IFN-γ and (2) the amount of circulating alloAb, compared to controls [18].

Nouri-Shirazi and Guinet [82] have shown in vitro that human immature DC incubated with allogeneic apoptotic cells promote allo-specific CD4 T cell anergy via the indirect pathway. This finding suggests that systemic administration of donor apoptotic cells or alternatively, immature DC loaded with donor apoptotic cells, could restrain the indirect T cell response during the chronic phase of organ transplantation in humans.

**Apoptotic cell therapies in bone marrow transplantation**

The therapeutic potential of allogeneic bone-marrow or hematopoietic stem cell transplantation for treatment of malignant and genetic hematologic disorders has been limited by immunologic complications. The presence of remaining functional donor-reactive T cells and NK cells, resistant to the conditioning regimen in the recipient, triggers allograft rejection and prevents engraftment of donor bone marrow cells. On the donor’s side, T cells that recognize recipient’s MHC Ag and adoptively transferred with the bone marrow allograft are the cause of graft-versus-host-disease (GvHD). Apoptotic cell therapies have been used to facilitate bone marrow cell engraftment and prevent GvHD.

In a restrictive model of bone marrow transplantation in mice, co-administration of apoptotic cells (i.v.) the day of the transplant enhanced bone marrow engraftment and prevented GvHD in different donor-recipient strain combinations [83]. Prevention of GvHD was associated to the in vivo expansion of donor-derived CD4+ CD25+ Treg, which somehow restrained the anti-recipient response to peripheral tissues that leads to GvHD [78]. The therapeutic effect of apoptotic cells was independent of the stimulus employed to trigger cell death, and interestingly, was unspecific since it occurred following administration of third-party or xenogeneic (human) apoptotic leukocytes [83]. However, this apparent lack of allo-specificity could be due to the fact that the bone marrow allograft and the bolus of apoptotic cells were administered simultaneously, providing recipient’s APC with donor Ag and at the same time with bystander immunoregulatory signals supplied by the injected apoptotic cells regardless their origin. Importantly, in this model, addition of apoptotic cells to the bone marrow allografts also reduced Ab-mediated anti-donor responses [84], and increased the percentage of donor-derived CD4 T cells with phenotype (CD25+ FoxP3+ CD62Lhi CTLA-4hi) and function of Treg [78]. The ability of apoptotic cell therapy to promote bone marrow engraftment, down-regulate alloAb secretion, and augment the percentage of Treg was mediated through TGF-β released likely by phagocytes during their interaction with the injected apoptotic cells and/or directly by the apoptotic cells [78].

**Role of apoptotic cells in extracorporeal photopheresis in transplantation**

Extracorporeal photopheresis (ECP) is a technique in which a fraction of the patient’s peripheral blood is transiently removed and separated by leukapheresis into leukocyte-depleted blood and leukocyte-enriched plasma. The former is returned into the patient without further treatment, whereas the mononuclear cell-enriched fraction is incubated ex vivo with the photosensitizing drug 8-methoxypsoralen and exposed to UV-A radiation (350 nm), and then reinfused in a close-loop, patient-connected system. In the presence of UV-A light, 8-methoxypsoralen covalently binds to DNA pyrimidine bases, cell-surface and cytoplasmic molecules, priming the target leukocytes for apoptosis. The ability of ECP to down-regulate the T cell response in vivo has been demonstrated in auto-, allo- and xenoinnunity [85–87]. In humans, addition of ECP to conventional pharmacologic immunosuppression decreased the risk of acute rejection in recipients of cardiac allografts [88] and was effective for treatment of ongoing episodes of acute heart rejection during the first year after transplantation [89, 90]. ECP has been also tested with success in patients with kidney, lung, liver or face allograft rejection [91–95], or GvHD [96, 97], in particular in cases refractory to conventional pharmacologic immunosuppression.

Despite the promising results in the clinics, the mechanism(s) by which ECP down-regulates the immune response in vivo remains unclear. The beneficial effect of ECP in transplantation can not be attributed simply to the induction of apoptosis in donor-reactive lymphocytes, since less than 10% of the peripheral leukocytes are exposed ex vivo to 8-methoxypsoralen and UV-A radiation. Interestingly, patients treated for long-term with ECP do not exhibit higher incidence of infections or malignancies [98] and respond normally to novel and recall Ag [99], suggesting that treatment with ECP does not cause generalized immunosuppression. These observations have led to the conclusion that the therapeutic effects of ECP are mediated via systemic Ag-specific immunoregulation.

Among the cells irradiated during ECP, circulating lymphocytes, monocytes and DC are sensitive to apoptosis [100–105], generating apoptotic bodies and blebs with immunoregulatory properties [106]. Even before dying, human DC treated with 8-methoxypsoralen and UVA,
promote Th2-biased responses and decrease drastically their ability to drive Th1 polarization [107, 108]. Once reinfused, the ECP-treated leukocytes are retained primarily in the spleen and liver [100, 101], likely by internalization by tissue-resident macrophages and immature DC, as shown for UV-B-irradiated splenocytes injected i.v. [14]. In humans, immature DC internalized efficiently ECP-treated leukocytes [104], and incubation with ECP-treated leukocytes increased IL-10 secretion and prevented up-regulation of co-stimulatory molecules in DC, and augmented the IL-10 and IL-1R antagonist mRNA content in peripheral leukocytes, even in presence of LPS [102, 109]. In one study, ECP-treated leukocytes increased their release of HLA-G molecules which play an important role in down-regulation of T cell immunity [103]. Together, these findings suggest that the reinfused ECP-treated leukocytes enhance the pro-tolerogenic function of those quiescent DC (and likely macrophages) that interact with them. In this regard, transference of ECP-treated splenocytes from naïve mice sensitized with dinitrofluorobenzene into naïve mice caused inhibition of contact hypersensitivity in a hapten-specific way, and the inhibition was lost when the transferred splenocytes were depleted of CD4⁺ or CD25⁺ lymphocytes [100, 101]. This latter finding suggests that ECP exerts immunoregulatory effects, at least partly, via Ag-specific Treg.

There is evidence that the regulatory effect of ECP on allo-immunity is also mediated, to some extent, through of allo-specific Treg. Transference of splenic CD4⁺ CD25⁺ T cells from ECP-treated mice transplanted with fully-mismatched hearts, prolonged survival of cardiac allografts from the same donor strain in naïve recipients [110]. In vivo depletion of Treg prevented the beneficial effect of ECP in a mouse model of GvHD [111]. In humans, recipients of heart, lung, or kidney allografts or with GvHD treated with ECP in addition to conventional immunosuppression, exhibited a higher frequency of peripheral T cells with Treg phenotype (CD4⁺ CD25⁺ FoxP3⁺ CD69⁻) and function [104, 112–114]. Treatment with ECP also augments the regulatory function of peripheral CD4⁺ CD25⁺ FoxP3⁺ Treg by increasing their CD39-mediated production of adenosine, a soluble immunosuppressive mediator of T cell activation [115]. Further studies will reveal the specificity of the CD4⁺ Treg generated following ECP.

Role of apoptotic cells in living cell-therapies and Ab-based immunosuppression in transplantation

In recent years, there has been increasing evidence that the beneficial effects achieved with living cell-based therapies (i.e. blood transfusion, tolerogenic DC administered systemically), or anti-CD3 Ab-induced immunosuppression are mediated through generation of apoptotic cells in vivo (Fig. 2).

One of the first cell-based therapies employed to restrain the anti-donor response and prolong solid allograft survival consisted in administration of randomly selected, haplo-type-shared or donor-specific transfusions (DST), in most cases in combination with pharmacological immunosuppression [116–121]. It was initially assumed that the immunosuppressive effect of DST was mediated through direct interaction of the transfused leukocytes expressing donor MHC Ag with anti-donor T cells in secondary lymphoid organs [reviewed in 122]. However, different laboratories [123–125] have independently shown that the DST effect requires presentation of donor allopeptides in the context of recipient’s MHC molecules to anti-donor T cells via the indirect pathway. Importantly, once injected i.v., non-self leukocytes have a limited life-span since they become targets of recipient’s NK cells. These finding suggest that, as soon as the transfused leukocytes become apoptotic in vivo, they are internalized by recipient’s quiescent APC, which then present the apoptotic cell-derived donor allopeptides to indirect pathway T cells. Since the transfused leukocytes are likely engulfed by phagocytic APC as soon as they show early signs of apoptosis, it is expected that internalization of apoptotic cells will deliver a potent immunoregulatory signal plus donor Ag to recipient’s APC, leading to down-modulation of the anti-donor response.

The use of DST as clinical therapy was discontinued in the early 80s due to the risk of sensitization and the advent of new immunosuppressive agents. More recently, tolerogenic DC-based therapies based on i.v. administration of in vitro-generated donor or recipient-derived DC have been used with relative success to delay or prevent solid allograft rejection or GvHD in murine models [reviewed in 126]. In tolerogenic DC-based therapies, immature, maturation-resistant, or alternatively-activated DC are generated in vitro by different culture, pharmacologic or genetic methods and then administered i.v. into graft recipients, with optimal results in murine models when the DC are administered 7 days prior to transplantation.

As originally assumed for the DST effect, the general idea is that the injected DC interact directly with anti-donor T cells in vivo, leading to anergy, deletion and/or regulation. To our knowledge this concept has never been tested in vivo, since all studies have examined the capacity of the therapeutic DC to down-modulate the anti-donor T cell response in vitro, or in ex vivo assays after transplantation. Another possibility is that, as demonstrated in DST, recipient’s APC present donor alloAg acquired from the therapeutic DC injected i.v. In agreement with that idea, in certain mouse strain combinations, repetitive i.v. injection of UV-B irradiated allogeneic immature DC prevented...
development of alloAb following allo-immunization [127], intranasal administration of apoptotic DC in mice suppressed LPS-induced lung inflammation, inhibited host’s DC maturation, and induced Ag-specific CD4 Treg [128], and i.v. infusion of chemically-fixed immature DC prolonged significantly survival of cardiac allografts in mice [129]. Together, these findings strongly suggest that the exogenous DC do not have to be alive to down-regulate the anti-donor response in vivo. Interestingly, in mouse allo-specific TCR transgenic models, donor-derived tolerogenic DC injected i.v. in prospective graft recipients did not interact directly with donor-reactive CD4 or CD8 T cells in vivo [130]. Instead, the injected DC were short-lived, internalized as apoptotic cells by recipient’s quiescent CD11chi DC in the spleen, which presented the donor allopeptides in the context of recipient’s MHC molecules to indirect pathway CD4 T cells. This phenomenon led to donor-specific T cell deletion and increased percentage of donor-reactive T cells expressing the Treg marker FoxP3. These findings strongly suggest that systemic administration of tolerogenic DC and DST could function indirectly as apoptotic cell-based therapies, by delivering donor Ag in combination with potent regulatory signals to those recipient’s APC that phagocyte the injected cells as soon as they become apoptotic in vivo.

Administration of CD3-specific monoclonal Ab results in rapid depletion of T cells, generation of CD4 Treg, and induction of long-term immune tolerance. Although therapy with anti-CD3 monoclonal Ab has been employed to treat autoimmune disorders and transplant rejection, its mechanism of action in vivo has been unveiled recently. In a mouse model of experimental autoimmune encephalomyelitis, Perruche et al. [131] have shown that apoptotic T cells induced by the CD3 Ab are internalized by macrophages and immature DC in secondary lymphoid organs. In response to the apoptotic cell interaction, these APC up-regulated secretion of TGF-β, which induced CD4 FoxP3 Treg that together with the T cell depletion promoted immune tolerance. In fact, in vivo depletion of macrophages and immature DC by administration of clodronate...
liposomes abrogated the beneficial effects of CD3 Ab on prevention and treatment of the autoimmune disease, linking the effect of CD3 Ab to the potent immunoregulatory effect of the therapeutically generated apoptotic cells on phagocytic APC [131].

Concluding remarks

Since the initial observation that apoptotic cells exert potent regulatory effects on phagocytes of the immune system, in particular APC, numerous laboratories have employed apoptotic cell-based therapies to promote donor-specific immunosuppression in transplantation. Most of the work has been focused in: (1) unveiling the molecular mechanisms behind the immunosuppressive effect; (2) developing practical methods for generation of pro-tolerogenic and clinical-grade apoptotic cells; (3) augmenting their regulatory capacity, by modifying the apoptotic cells or by using them in combination with suboptimal pharmacologic immunosuppression; and (4) finding the optimal route for their delivery.

We have learnt that the use of non-stressed leukocytes undergoing apoptosis, administered i.v., in doses that do not saturate the physiologic mechanisms of apoptotic cell clearance are critical factors to be considered to down-regulate inflammatory and immune responses with apoptotic cells. We have also started to connect the dots and realize that other (living) cell-based therapies previously used, currently employed, or under development in transplantation may function simply through generation of apoptotic cells in the graft recipients. However, as in any other scientific field, novel findings lead to new questions. In this regard, it would be interesting to know: what is the probability of triggering autoimmunity or causing allo-sensitization in transplant recipients following single or repetitive administration of apoptotic cells? How could apoptotic cells be preserved or their immunosuppressive effects enhanced for therapeutic applications? Could the immunoregulatory effect of apoptotic cells be mimicked by administering artificial liposomes bearing ACAMP on their surface? Since previous studies have been conducted in unprimed animals, what is the immunosuppressive potential of apoptotic cell therapies in recipients with high numbers of allo-reactive memory T cells? What is the therapeutic potential of apoptotic cell therapies in non-human primate models of transplantation, a transitional model that should be tested before embarking in clinical trials? Some of the questions are currently being investigated. Only time and more experiments will tell us whether the peculiar biological properties of apoptotic cells could be employed more efficiently for treatment of transplant rejection or autoimmune disorders.

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