Polymeric Fibers as Scaffolds for Spinal Cord Injury: A Systematic Review

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Spinal cord injury (SCI) is a complex neurological condition caused by trauma, inflammation, and other diseases, which often leads to permanent changes in strength and sensory function below the injured site. Changes in the microenvironment and secondary injuries continue to pose challenges for nerve repair and recovery after SCI. Recently, there has been progress in the treatment of SCI with the use of scaffolds for neural tissue engineering. Polymeric fibers fabricated by electrospinning have been increasingly used in SCI therapy owing to their biocompatibility, complex porous structure, high porosity, and large specific surface area. Polymer fibers simulate natural extracellular matrix of the nerve fiber and guide axon growth. Moreover, multiple channels of polymer fiber simulate the bundle of nerves. Polymer fibers with porous structure can be used as carriers loaded with drugs, nerve growth factors and cells. As conductive fibers, polymer fibers have electrical stimulation of nerve function. This paper reviews the fabrication, characterization, and application in SCI therapy of polymeric fibers, as well as potential challenges and future perspectives regarding their application.

Keywords: polymeric fibers, electrospinning technology, neural tissue engineering, spinal cord injury, application

INTRODUCTION

Spinal cord injury (SCI) is considered as the main type of central nervous system (CNS) injury, which may lead to paraplegia or quadriplegia and affect the quality of life of patients (Ahuja et al., 2017a; Hall et al., 2021). There are approximately 12,500 new patients of SCI every year in North America based on the National SCI Statistical Center (Hachem et al., 2017). There are two types of SCI: primary injuries that can cause immediate neuronal death and tissue damage, and secondary injuries that often lead to permanent functional impairment. Nerve cells undergo necrosis and apoptosis after SCI (Balentine, 1978; Grossman et al., 2000). The absence of nutritional factors and myelin sheath protein, inflammatory reactions, formation of glial scars, blood flow interruption, and other adverse factors in the lesion results in a microenvironment that inhibits nerve regeneration (Fujita and Yamashita, 2014; Alizadeh et al., 2019). Hence, neural morphological repair and functional recovery after SCI remain challenging for patients and clinicians. Drug therapy and surgery have not yielded satisfying results for SCI. Although drug therapy with methylprednisolone (Fehlings et al., 2017) and nutritional factors (Keefe et al., 2017; Anderson et al., 2018) has shown some benefits, it is difficult to maintain local drug concentrations. Surgery (Wilson et al., 2012) could help to maintain stability and reduce secondary injury. However, the limits of surgical therapy are that it is suitable for patients less than 24 h after SCI, and it cannot change the microenvironment of nerve regeneration (Wilson et al., 2017). New therapies such as cell or nerve transplantation also have their limitations. Cell therapy, including transplantation of olfactory ensheathing cells (Wang et al., 2017; Ursavas et al., 2021),...
Schwann cells (SCs) (Hosseini et al., 2016), neural stem cells (Xue et al., 2021), and mesenchymal stem cells (MSCs) (Wang et al., 2018), aims to create a favorable microenvironment for nerve regeneration and provide cell-replacing sources (Assinck et al., 2017; Ahuja et al., 2017b); however, the rate of survival of the transplanted cells is low (Ahuja and Fehlings, 2016). Nerve autografts or allografts can provide a nerve-specific microenvironment and act as a physical scaffold to bridge the nerve defect (Safa and Buncke, 2016). However, the shortage of donors and graft rejection limit the use of autogenous or allogeneic nerve transplantation in the treatment of SCI (Derby, 2012; Uygun et al., 2012).

In recent decades, the application of scaffold-based neural tissue engineering technology has been widely studied for the treatment of SCI (Yang et al., 2004). Seed cells, growth factors, and scaffolds are three major elements of neural tissue engineering. Seed cells commonly used in neural tissue engineering include SCs and stem cells; growth factors promote cell proliferation and differentiation; and scaffolds act as carriers of the seed cells and growth factors for the construction of neural tissues (Figure 1A). Scaffold-based neural tissue engineering aims to fabricate threedimensional (3D) scaffolds to support and guide the regeneration of nerve tissue in damaged spinal cord defects or spaces (Schmidt and Leach, 2003). The ideal neural tissue scaffold should have good biocompatibility, appropriate biodegradability, excellent mechanical strength, and porosity.

To date, many different types of polymeric fibers have been used as scaffolds for neural tissue engineering. Polymeric fibers can be produced by a variety of processes such as electrospinning (McCullen et al., 2007), phase separation (Liu et al., 2017), selfassembly (Park et al., 2008), melt blowing (Ellison et al., 2007), drawing (Koppes et al., 2016), template synthesis (Liu et al., 2013), and 3D printing (Petcu et al., 2018; Tao et al., 2019) (Table 1). Polymeric fibers prepared by electrospinning are widely used in neural tissue engineering owing to some of its properties such as biocompatibility, biodegradability, high porosity, large specific surface area, high fineness, and homogeneity. Moreover, polymeric fibers have electrical properties that promote nerve regeneration under electrical stimulation (Lee et al., 2009). The structure of electrospun nanofiber scaffolds is similar to that of natural extracellular matrix (ECM), which promotes cell adhesion and proliferation (Tian et al., 2015). Electrospun nanofibers have been shown to promote ganglion growth (Wittmer et al., 2011) and have many applications including drug delivery (Borojeni et al., 2019) and cell component addition (Baiguera et al., 2014). Nowadays, various natural and synthetic polymers have been prepared by using electrospinning technology for nerve regeneration after SCI. In this review, we summarize the demography and pathophysiology of SCI and present an overview of the fabrication, characterization, and application of polymeric fibers in SCI therapy.

**DEMOGRAPHICS AND PATHOPHYSIOLOGY**

The global incidence of SCI ranges from 3.6 to 195.4 cases per million people (Jazayeri et al., 2015), with 54 per million people being affected in the United States (Jain et al., 2015) and 23.7 (Ning et al., 2011) per million people affected in China. The incidence of SCI has increased in recent years: the incidence of paraplegia and tetraplegia has been reported to be 58.7 and 40.6%, respectively (Rahimi-Movaghar et al., 2013). SCI causes endless pain and heavy economic burden to patients, their families, and the society at large (Ahuja et al., 2017b). As mentioned earlier, SCI are classified as primary and secondary injuries (Kwon et al., 2004). Primary injuries include injuries caused by fractures and fracture dislocation or injuries caused by hyperextension, hyperflexion, and rotation of the spine (Tator, 1995). Acute stage, subacute stage, and chronic stage are the three stages of secondary injury. SCI is immediately followed by the following series of reactions in the acute stage: injury to the blood vessels, ionic imbalance, accumulation of the neurotransmitter (excitotoxicity), formation of free radicals, lipid peroxidation, inflammation, edema, cell necrosis, and cell death (von Leden et al., 2017). The levels of extracellular glutamate increase because of cell death and cytoplasmic content release, leading to glutamate excitotoxicity (Agrawal and Fehlings, 1996). Owing to the excitotoxicity of glutamate, excessive activity of N-methyl-D-aspartic acid receptors results in mitochondrial calcium overload, which could cause cell necrosis (Pivovarova and Andrews, 2010). Subacute injury starts with the development of injury; it includes apoptosis, surviving axonal demyelination, Wallerian degeneration, axonal necrosis, remodeling of the matrix, and the formation of glial scars in the injured area. Ca2+ influx activates caspases and some enzymes involved in the decomposition of cytoproteins, resulting in cell apoptosis (Oyinbo, 2011). Further changes that include the formation of cysts, the gradual death of axons, and the maturation of glial scars (Alizadeh and Karimi-Abdolrezaee, 2016; Tran et al., 2018) occur in the chronic stage of injury.

**PREPARATION AND CHARACTERIZATION OF POLYMERIC FIBERS**

**Preparation of Polymeric Fibers**

**Electrospinning**

The formation of polymeric fibers by electrospinning is achieved by overcoming the surface tension of droplets with a high-voltage electrostatic field. A high-pressure device delivers the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device. A polymer droplet forms in which the solvent/polymer located in the solution storage device to the injection device.
et al., 2007). Figure 1B shows nanofiber scaffolds prepared by electrospinning.

**Phase Separation**

Phase separation is a method that allows the preparation of polymeric fiber scaffolds without any special equipment. There are two types of phase separation: liquid-liquid phase separation and solid-liquid phase separation (Yang et al., 2004). Phase separation typically involves dissolving an appropriate concentration of the polymer in the solvent and preheating the solution until its temperature exceeds its cloud point. The cloud point can be measured by the method described by

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**TABLE 1** | The methods for polymeric fiber scaffolds fabrication.

| Method            | Principle                                                                 | Pros                                                                 | Cons                                                                 | Reference      |
|-------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------|----------------|
| Electrospinning   | A method for fabricating nanofiber membranes with diameters ranging from microns to nanometers by accelerating the injection of charged polymer solutions in an electric field | Large selection of materials; adjustable fiber morphology by adjusting electric field strength, flow rate, and spinning head diameter; natural ECM structure and function | The influence of residual solvents; susceptible to interference by ambient temperature, humidity, etc. | McCullen et al. (2007) |
| Phase Separation  | It occurs by cooling a homogeneous mixture of polymer and diluent in a hot solution that is solvent-free at room temperature. Phase separation includes dissolution, gelation, extraction using different solvents, freezing and drying to obtain nanofibers | Low cost; high porosity, which facilitates the introduction and release of bioactive components | Time consuming; influence of residual solvents; less controllable morphology | Liu et al. (2017) |
| Self-Assembly     | The precise organization of small and macromolecular building blocks in a non-covalent manner using intermolecular interactions provides a bottom-up approach for the construction of nanofibers | Easy to operate; can mimic natural ECM structure and function; can introduce bioactive factors | Less controllable morphology | Park et al. (2008) |
| Melt Blowing      | Microfibers are produced by injecting a molten polymer stream into a high-speed gas/air jet that forms a self-adhesive web when collected on a moving surface | Simple method; no interference from residual solvents                | Vulnerable to ambient temperature, air flow rate                     | Ellison et al. (2007) |
| Drawing           | Viscoseelastic materials that can withstand strong deformation and have sufficient cohesion to support the stresses generated during the drawing process can be made into nanofibers by stretching | Simple process; can be adjusted at any time                          | Time consuming; uncontrollable morphology; not suitable for all polymers | Koppes et al. (2016) |
| Template synthesis| Nanofibers are prepared by applying water pressure on one side to pass a polymer solution through pores with nanoscale diameters. Using electrochemical or chemical oxidation polymerization, nanofibers can be produced using nonporous membranes consisting of various cylindrical pores | Controllable diameter of nanofibers                                | Longer lengths of nanofibers cannot be prepared                     | Liu et al. (2013) |
| 3D Printing       | With additive technologies based on digital design and layer-by-layer precision manufacturing, the entire process no longer requires molds, dies or photolithographic masks, for example. This not only enables a high degree of automation and reproducibility in material manufacturing, but also enables the construction of complex structures | Diversified designs for materials are possible; design structures can be precisely reproduced | Higher cost; high material requirements                             | Tao et al. (2019) |
The solution is quickly placed into a mold and cooled at a low temperature until it becomes a gel. After the gel is freeze-dried, and the solvent is removed, the polymeric fiber scaffold is formed. The preparation of nanostructured scaffolds and the schematic diagram of in vitro cell culture are demonstrated in Figure 2A. Polymer concentration has a great influence on the preparation of nanofiber scaffolds. Yang et al. (2004) prepared poly (L-lactic acid) (PLLA) scaffolds by using a liquid-liquid phase separation method. PLLA scaffolds have the structure similar to the natural ECM in the human body. Scanning electron microscopic (SEM) images show that increasing the PLLA concentration increased the average diameter of the fibers, but decreased the porosity and specific surface area of the scaffolds. Figure 2B shows scaffolds prepared with different concentrations of PLLA/tetrahydrofuran (THF). Figure 2C demonstrates that PLLA nanofibrous scaffolds could promoted the differentiation of C17-2 cells. During phase separation, faster cooling rates have been shown to form polymeric fiber scaffolds with smaller pores (Matsuyama et al., 2000).

**Self-Assembly**

Self-assembly is commonly used to prepare nanofibers. The polypeptide nanofiber scaffold prepared by self-assembly is a new biomaterial-based scaffold, which shows promise in nerve repair and regeneration (Ellis-Beinhke et al., 2006). In the process of self-assembly, amphiphilic polyelectrolytes (Yan et al., 2008) are prepared first, following which nanofibers are spontaneously formed by physical adsorption. Combining self-assembly with electrospinning can facilitate the preparation of nanofiber
scaffolds with better properties. The microstructure of an electrospun nanofiber mat is shown in Figure 2D.

Melt Blowing
Melt blowing is commonly used for the preparation of nanofibers, wherein the polymer is placed in the melt-blown mold and heated for conversion into polymer melt. This polymer melt is melt-blown at the mouth of a tubular capillary rheometer, where under the action of hot air in the V-shaped groove, it will gradually decay into fibers that will be scattered in the collection device. The schematic diagram of a single-hole, melt-blown mold is shown in Figure 2E. There are four basic process parameters for melt spraying: the temperature and mass flow rate of the polymer, and the temperature and mass flow rate of air. The mass flow rates of air and polymer are the main factors affecting the size of the fiber. Fibers of different diameters are shown in Figure 2F.

Other Technologies
In addition to the above techniques, drawing (Koppes et al., 2016), template synthesis (Liu et al., 2013), and 3D printing (Petcu et al., 2018; Tao et al., 2019) are also widely used in the preparation of polymeric fibers.

Characterization of Polymeric Fibers
The ideal polymer fiber scaffold has the following characteristics: (Ahuja et al., 2017a) biocompatibility, (Hall et al., 2021), biodegradability, (Hachem et al., 2017), mechanical properties, and (Balentine, 1978) topographical clues.

Polymeric Material Selection/Surface Modification
The selection of materials may affect the extension of neurites. Recently, focus has shifted to electrospun polymers, such as poly (glycolic acid) (PGA), polycaprolactone (PCL), poly (lactic acid) (PLA), and poly (lactic acid-co-glycolic acid) (PLGA), for the treatment of SCI. A variety of natural polymers such as collagen and gelatin have also been extensively studied (Schiffman and Schauer, 2008). Fibers with special surface features have been created by modifying the surface chemistry, by combining polymers, or by surface modification to enhance the regeneration potential of nerves. Proteins or peptide sequences can be mixed with biodegradable and synthetic polymers before electrospinning, so as to integrate the biological molecules into the fibers. For example, PCL aligned nanofibers combined with post-electrospinning surface modification with Gly-Tyr-Ile-Gly-Ser-Arg peptide were useful in stem cell therapy (Silantyeva et al., 2018). Covalent protein coupling or integrin-binding peptide-coupling can apply bioactive molecules to the surface of the fibers to promote neurite elongation (Kim and Park, 2006; Xie et al., 2010).

Biocompatibility
Biocompatibility is the crucial property of fiber scaffolds in tissue engineering. The implanted fiber scaffolds are foreign substances to the spinal cord, which may cause immune rejection reaction and thus reduce their efficacy (Al-Maawi et al., 2017). Therefore, the fiber scaffolds need to have good biocompatibility to avoid immune rejection. Natural polymer fibers such as gelatin, with high biocompatibility and low immunogenicity (Fan et al., 2018a), are widely used in tissue engineering. A study demonstrated that chitosan had good biocompatibility, did not produce an immune response, and could be used in the treatment of SCI (Kim et al., 2011). PCL/gelatin nanofibers prepared by electrospinning are similar to natural collagen fibers and also have good biocompatibility (Lim et al., 2021). The biocompatibility of polymer fibers can be modulated by surface modification. A recent study concluded that the biocompatibility of PCL/chitosan scaffolds was improved by surface modification (Habibizadeh et al., 2021).

Polymeric Fiber Geometry
The function of polymeric fiber scaffold depends on its geometry. Electrospun nanofiber scaffolds have high specific surface area (Lin et al., 2013; An et al., 2017), porous structure (Dayal et al., 2007) and core-shell structure (Xu et al., 2006), and these properties enable the fiber scaffolds to load drugs, and bioactive molecules and cells, rendering the fiber scaffolds suitable for wide use in tissue engineering to treat SCI. Nanofiber scaffolds resemble ECM in their structure, have very high specific surface area, and can interact with cells (Lin et al., 2013) to promote cell adhesion and proliferation. Electrospun nanofiber scaffolds also possess the properties of high fiber fineness, good uniformity, and oriented alignment and topographical clues; therefore, the fiber scaffolds can not only bridge nerve defects, but also guide axon directional regeneration. A study conducted by Yang et al. (2005) showed that the aligned electrospun fibers had better contact guidance for neurite growth compared to those fibers at random. And oriented electrospun fibers were found to promote axonal regeneration after acute SCI in experimental models (Hurtado et al., 2011). Another study demonstrated that aligned fibers promoted neurite growth and faster migration of astrocytes (Zuidema et al., 2014). Oriented microtubules had similar physiological structure as the spinal cord and were able to guide axonal regeneration (Huang et al., 2017).

Drug Delivery
Electrospinning fibers can be used to deliver therapeutic drugs. Local and sustained release of therapeutic drugs integrated into biomaterial scaffolds has been used to promote nerve regeneration or reduce secondary injury after SCI. Drugs are typically implanted into these scaffolds by embedding the polymer matrix in the manufacturing process or by attaching molecules to the surface of the fiber. Drugs are typically implanted into these scaffolds in two ways: one is to embed the polymer matrix during the manufacturing process, the other is to attach molecules to the surface of the fiber (Meinel et al., 2012). The simplest way to add therapeutic molecules to electrospun fibers is to add therapeutic molecules directly to the solution before electrospinning, so as to guarantee a sustained release curve of the drugs (Duque Sánchez et al., 2016). Therapeutic molecules, including growth factors and other proteins, have been used to promote axonal regeneration, plasticity, degradation or removal of inhibitors, and neuroprotection after SCI. High specific surface area and
porous structure can carry drugs efficiently (Li et al., 2015). Core shell fibers prepared by coaxial electrospinning and emulsion electrospinning can maintain protein activity (Duque Sánchez et al., 2016), with such nano fibers providing a typical biphasic drug-release curve, including immediate release and sustained release (Hu et al., 2016). In 2005, Chew et al. (2005) first added therapeutic agents during electrospinning for nerve regeneration. Subsequently, Valmikinathan et al. (2009) added bovine serum albumin to an electrospinning solution including nerve growth factor (NGF) and PCL. Yang et al. (2015a) demonstrated that neurotrophin-3 can effectively promote neuronal differentiation of endogenous neural stem cells (NSCs), eventually leading to the recovery of sensory and motor behavior in a completely transected rat SCI model. A recent study demonstrated controlled release of dexamethasone sodium phosphate from a PCL/gelatin scaffold, thus promoting axonal growth, avoiding the formation of a glial scar, inhibiting the proliferation of astrocytes, and reducing the apoptosis of oligodendrocytes for SCI repair (Borojeni et al., 2019).

### POLYMERIC FIBERS FOR SCI

Many polymeric fibers have been used in SCI, including natural polymeric fibers, synthetic polymeric fibers, and polymers containing mixtures of natural and synthetic components (Table 2).

### Natural Polymeric Fibers

Natural polymeric fibers, such as collagen, gelatin, elastin, chitosan and fibroin, have been used to prepare scaffolds. Owing to their biocompatibility, biodegradability, and beneficial effects on cell adhesion and survival, natural polymeric fibers have been widely used to develop various forms of regenerative scaffolds for SCI repair (Libro et al., 2017).

#### Collagen

Collagen is a ubiquitous protein in the human body and because of its biocompatibility and biodegradability, it is a suitable natural polymer scaffold material for SCI repair (Dong and Lv, 2016). Natural polymeric scaffolds have cell adhesion sites and can be covalently modified (Wissink et al., 2001; Mahoney et al., 2006). The fiber structure of collagen is conducive for cell adhesion, growth, and reproduction (Li and Dai, 2018). Sun et al. (2019) successfully prepared a new collagen-chitosan scaffold by 3D printing technology. This scaffold could partially reconstruct the microenvironment of axonal regeneration and not only reduce the formation of scars and voids, but also promote the regeneration and functional recovery of nerve fibers in rats (Figures 3A–C). In addition, Li et al. proved that implantation of paclitaxel-modified collagen scaffolds could promote endogenous neurogenesis, electrophysiology, and motor recovery in a canine model of acute T8 whole spinal cord transection (Yin et al., 2018). Recent studies have shown that collagen-based paclitaxel or human bone marrow stromal cells (hBMSCs) can further promote locomotor function. Dogs treated with paclitaxel-and hBMSCs-modified nerve regeneration scaffolds showed higher levels of endogenous neuron regeneration in the lesion area (Liu et al., 2019).

#### Gelatin

Gelatin is a natural polymer whose scaffold has good porosity, showing in vitro sustained release when modified with a neurotrophin-3 (NT-3)/fibroin complex (Li et al., 2018a). Gelatin scaffolds with porous structure can load basic fibroblast growth factor (bFGF) and continuously release drugs (Lan et al., 2017a). In vitro experiments showed that the photo-

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**Table 2** Natural and synthetic polymeric fibers for SCI repair.

| Material | Animal | Injury type | Outcome | Reference |
|----------|--------|------------|---------|-----------|
| Collagen | Rat    | Transection| Promoting axon regeneration and neurological recovery after SCI | Sun et al. (2019) |
| Collagen | Mice   | Transection| Connection of stumps in the transected spinal cord, differentiation of transplanted cells | Suga et al. (2015) |
| Gelatin  | Rat    | Transection| Reduction of cavity area, collagen deposition and inflammation | Lan et al. (2017b) |
| Gelatin  | Mice   | Hemisection| Reduction in necrosis, Infiltration of leukocytes, and apoptotic cells | Fan et al. (2018b) |
| Chitosan | Rat    | Hemisection| Promoting recovery of locomotor capacity and nerve transduction of the experimental rats | Wu et al. (2018) |
| PLA      | Rat    | Transection| Reducing the activation of astrocytes and increased axonal regeneration | Hurtado et al. (2011) |
| PLA      | Rat    | Transection| Robusting regeneration of vascularized central nervous system tissue | Cai et al. (2007) |
| PCL      | Rat    | Transection| Supporting cell migration, proliferation and axonal regeneration | Hurtado et al. (2006) |
| PLGA     | Rat    | Transection| Promoting axonal growth and enhanced the functional recovery | Shi et al. (2019) |
| PLGA     | Rat    | Transection| Promoting axonal growth and enhanced the functional recovery following SCI | dos Santos et al. (2019) |
| PLGA     | Mice   | Hemisection| Promoting angiogenesis and neural regeneration in the injured area | Gwak et al. (2016) |
| PLGA     | Mice   | Hemisection| Improving tissue regeneration, angiogenesis, and the recovery of locomotor function at the injury site | Gwak et al. (2016) |
crosslinked hydrogel microfibril scaffolds could not only provide a good environment for cell survival and metabolism, but also promoted cell proliferation, migration, and differentiation, as well as directional extension of axons (Chen et al., 2019). NT-3 delivery from bioactive scaffolds significantly inhibited inflammation, produced a favorable environment to improve the regeneration of nerve fibers, caused host tissue cells to migrate to injured/transplanted sites to form myelin sheaths and blood vessels, and ultimately increased amplitude of the paralysis hindlimb movement, and shortened delays that increased motor evoked potential of lower limb motor cortex (Li et al., 2018a). A study by Kriebel et al. (2017) demonstrated that electrospun gelatin scaffolds promoted SC migration and axonal regeneration. Gnati et al. (2015) indicated that gelatin scaffolds prepared by electrospinning appeared to be aligned nanofibers that could induce SCs and axons to grow in a particular direction. However, the proliferation rate of SCs in these oriented fibers was slower than in random fibers (Figures 3D–F).

**Chitosan**

Chitosan is a biological material with good biocompatibility and biodegradation that can promote nerve regeneration (Wu et al., 2018). Electrospun chitosan nanofibers with fiber orientation resulted in SCs lining up along the nanofibers and promoted nerve regeneration (Figures 3G–J) (Wang et al., 2009). Chitosan...
had a significant effect on neuroprotection and physiological recovery after SCI (Cho et al., 2010). Chitosan conduits loaded with BMSCs promoted the regeneration of nerves and the recovery of nerve function (Chen et al., 2011). Sun et al. (2017a) showed that the chitosan/NT-3 scaffolds with porous surface structure and core-shell structure had little influence on the proliferation of human umbilical cordMSCs (hUC-MSCs). These researchers showed that the chitosan scaffolds infused with NT-3 and hUC-MSCs could inhibit the activation of microglia and reduce the inflammatory reaction after SCI. Yang et al. (2015b) demonstrated that NT3-chitosan induced the activation of endogenous NSCs in the injured spinal cord and promoted the recovery of sensory and motor behaviors after SCI. A recent study demonstrated that the NT3-chitosan scaffolds not only prevented the infiltration of inflammatory cells, but also promoted the differentiation of endogenous NSCs into neurons (Rao et al., 2018).

**Synthetic Polymeric Fibers**

Although natural polymeric fibers have demonstrated some beneficial effects as scaffolds in SCI, they possess limitations such as poor mechanical properties, rapid degradation, and poor adjustability. To compensate for the defects of natural polymeric fibers, synthetic polymeric fibers have been prepared and widely used because of their advantages such as good mechanical properties and adjustability.

**PCL**

PCL scaffolds are made up of biocompatible and biodegradable aliphatic polyester and have been widely used in many biomedical applications including the delivery of bioactive drugs for spinal cord regeneration (Wang et al., 2015). PCL promotes the differentiation and myelination of oligodendrocytes in axons and is therefore a suitable material for SCI repair (Donoghue et al., 2013; Patel et al., 2019). Moreover, aligned poly (ε-caprolactam) nanofibers have been found to guide the orientation and migration of neurons, astrocytes, and oligodendrocyte precursors that were derived from human pluripotent stem cells in vitro (Hyysalo et al., 2017). Aligned Gly-Tyr-Ile-Gly-Ser-Arg peptide-functionalized nanofibers could accelerate neuronal differentiation of mouse embryonic stem cells (Silantyeva et al., 2018). PCL scaffolds loaded with NT-3 and NSCs could not only stimulated the repair of injured spinal cord nerves, but also promoted the recovery of motor function (Hwang et al., 2011). PCL scaffolds with bioactive factors could guide the regeneration of nerve fibers along the pores of scaffolds, promote angiogenesis, and restore movement and function (Gelain et al., 2011). A study revealed that astragoloside IV-PCL (AST-PCL) could markedly inhibit apoptosis and reduce tissue damage as well as promote functional recovery of rats with SCI (Zhang et al., 2019). In addition, PCL induced neural differentiation of stem cells through different topological structures, which is very important for SCI repair. Mohtaram et al. (2015) demonstrated the positive effects of different topological structures of electrospun retinoic acid-PCL (RA/PCL) scaffolds on human induced pluripotent stem cells (hiPSCs) in neuronal differentiation.

**PLA**

PLA is a biocompatible lactic acid polymer (Gautier et al., 1998). Several PLA preparations have been approved by the United States-Food and Drug Administration for the treatment of SCI. Transplants containing neatly arranged PLA microfibers promoted the regeneration of CNS tissues, consisting of axons and glial cells, from neurons in the spinal cord and propriospinal cord (Hurtado et al., 2011). Polydopamine-PLGA/NGF scaffolds not only promoted the proliferation and neuronal differentiation of NSCs in vitro, but also promoted the recovery of SCI in vivo (Pan et al., 2019a). Conductive polypyrrole (PPy) was embedded in electrospun PLA nanofiber scaffolds (PLA/PPy scaffolds) to prepare a composite biomaterial. The scaffold was implanted into the spinal cord of rat T9 and completely resected. It is noteworthy that the PLA/PPy scaffolds significantly reduced astrocyte activation and increased the regeneration of axons after 6 weeks of injury (Figures 4A–D) (Shu et al., 2019).

**PLGA**

PLGA copolymer is the product of the reaction between PGA and PLAl, both biodegradable, synthetic polymers (Nomura et al., 2006). PLGA scaffolds have good porosity, hydrophilicity, and biodegradability and can also be used as drug carriers. The drug delivery device is a PLGA-based nerve conduit, which is used to control the local delivery of NGF, and is applied to the peripheral nerve gap injury (Labroo et al., 2017). A study of an animal model of SCI showed that the local delivery of insulin-like growth factor 1 and brain-derived neurotrophic factor immobilized on graphene oxide (GO)-incorporated PLGA (PLGA/GO) nanofibers markedly improved functional recovery and increased the number of neurons in the injured sites (Pan et al., 2019b). The uniform microfibers produced by electrospinning had core-shell structure, and fibroblast growth factor-2 (FGF-2) in the fibers was released in a sustained manner. The fibers could support the adhesion and proliferation of pheochromocytes 12 (PC12) cells. On the 28th day after SCI, scaffold implantation was found to promote motor recovery and reduce the expression of antifibrillary acidic protein (GFAP) (Figures 4E–G) (Reis et al., 2018). PLGA scaffolds have been found to promote SC differentiation and spinal cord recovery (Sun et al., 2017b). PLGA/polyethylene glycol (PEG) nanofibers induce pluripotent stem cells to produce neural precursor cells for SCI repair (Pang et al., 2016).

**Polymers Consisting of Natural and Synthetic Components**

Polymer fiber composites composed of several kinds of polymers can compensate for the shortcomings of a single material. PCL/chitosan scaffolds formed by electrospinning show biocompatibility and low cytotoxicity (Rolaina-Lorenzo et al., 2016). Electrospun PCL/collagen/elastin nanofibers had good physical, chemical, and mechanical properties (Aguirre-Chagala et al., 2017). A laminin-chitosan PLGA neural conduit showed good adhesive property and was conducive to
nerve regeneration (Li et al., 2018b). PCL/gelatin nanofibers induced hiPSCs to differentiate into neurons (Figures 4H–J) (KarbalaeiMahdi et al., 2017), and PCL-collagen VI could promote the regeneration and functional recovery of nerves (Lv et al., 2017).

CONCLUSION

In this review, we summarize the utility of polymeric fibers as scaffolds for the treatment of SCI. Due to its good biocompatibility, biodegradability, high specific surface area, and high porosity and topographic clues, polymeric fibers prepared by electrospinning have been used as scaffolds in neural tissue engineering. Electrospin scaffolds not only provide support and guidance for axonal regeneration, but also enable local release of bioactive molecules to regulate cellular activity and inflammation response, promote angiogenesis, and inhibit the formation of glial scars. Natural polymeric fibers are widely used in neural tissue engineering due to good biocompatibility and biodegradability. However, the low mechanical strength of natural polymeric materials as scaffolds limits its development. Synthetic polymeric fibers are gradually used in the treatment of SCI due to their good mechanical properties. Nevertheless, synthetic polymer fibers also have some limitations, such as poor biocompatibility, poor cell adhesion and low cell affinity. To improve biocompatibility, synthetic polymeric fibers can be combined with natural polymeric fibers by chemical cross-linking or surface modification. The composite polymer fiber scaffolds have good physical, chemical and biological properties.

Currently, in addition to polymeric fiber scaffolds, stem cells and bioactive molecules play an important role in neural tissue engineering. Combination therapy with polymeric fiber scaffolds, stem cells and bioactive molecules is a promising direction for the treatment of SCI. Neural tissue engineering of SCI needs to be
further studied in-depth, primarily including the following aspects: 1) the biocompatibility of polymeric fiber scaffolds, stem cells and nerve tissues in vivo; 2) the mechanism of differentiation of stem cells into different cell phenotypes; 3) the degradative speed of polymeric fiber scaffolds were kept up with nervous tissue regeneration; and 4) local release curve of drugs loaded on polymeric fiber scaffolds.

In conclusion, polymeric fibers have great potential as scaffolds in neural tissue engineering for the treatment of SCI. We believe that the application of polymeric fiber scaffolds in the treatment of SCI will eventually achieve good clinical results.

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AUTHOR CONTRIBUTIONS

Authors YC, YZ, and HW designed the study. YC collected the data, designed the figures and wrote the manuscript. YZ and HW provided valuable comments and revised the manuscript. The final manuscript was approved by all authors.

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