Eris Apple

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‘Eris’ is a midseason apple (Malus × domestica Borkh.) selection from a hybrid between the cultivars Red Chief and Black Ben Davis. Yield and fruit weight of ‘Eris’ are not significantly different from those of ‘Red Chief’, but are both higher than those of ‘Black Ben Davis’. The fruit flesh of ‘Eris’ is white-yellowish, aromatic, crisp, and juicy. Fruit firmness of ‘Eris’ at harvest is high, higher than that of ‘Red Chief’ and similar to that of ‘Black Ben Davis’. The total soluble solids content (TSS) of ‘Eris’ was higher than that of ‘Black Ben Davis’ and similar to that of ‘Red Chief’. Total antioxidant power of ‘Eris’ is not significantly different from that of ‘Black Ben Davis’, but it is higher than that of ‘Red Chief’. Suitable pollinizers of ‘Eris’ are the cultivars Golden Delicious, Gala, and Fuji. ‘Eris’ has the same degree of resistance with the cultivar Red Chief to the most serious apple pests and diseases. The fruit maintains firmness, juiciness, and flavor very well under standard cold storage (0.5–1 °C) for ≥9 months. In conclusion, ‘Eris’ seems to be a promising red apple cultivar due to its quality, which is distinctive and superior from ‘Red Chief’ as it has higher firmness, higher total antioxidant power, and lower preharvest fruit drop.

Origin

‘Eris’ (Greek mythology Goddess) originates from a cross between the apple cultivars Black Ben Davis and Red Chief. The breeding objectives were to improve the cultivar Red Chief (mainly to reduce its preharvest drop), which is the main red apple cultivar in Greece and other countries as well. The selection was propagated by grafting on the apple rootstock M.9. The selection was evaluated for five consecutive years (5–9 years of age of the trees) in Naoussa (northern Greece; long. 22°12’0” E, lat. 40°29’04”N, elevation 270 m). The soil of the experimental orchard at a depth of 0 to 60 cm was a clay loam, slightly acidic (pH 6.6), with low to medium electrical conductivity (0.96 mS·cm⁻¹) and low organic matter (1.86%) content. Data from the nearest meteorological station showed that the mean maximum temperature of the experimental area is 38 °C in July and 9.5 °C in January, whereas the mean minimum temperature in January is −7 °C.

The aim of this research was to give information about the new selection ‘Eris’ and to evaluate it in comparison with its parent cultivars regarding yield and some fruit quality attributes.

Description

Leaves and tree. ‘Eris’ grows well in fertile, acidic, well-drained sandy soils and loams, typical soils for apple cultivation (Barden and Neilsen, 2003). On M.9 rootstock, this cultivar is moderately vigorous and has a favorable and stable yield every year. Grafting was also performed on M.26 rootstock; however, since new plantations are planted at high-density super spindle system, data presented were on M.9 rootstock, which is more appropriate under such conditions (Ferre and Schupp, 2003; Kosina, 2010; Rom and Carlson, 1987; Sotiropoulos, 2008). First flowering occurred at the 3rd year of the trees. Full bloom of ‘Eris’ occurs between Apr. 18 and 23 (5 year’s data). Unopened flowers of the selection ‘Eris’ are medium pink at full balloon stage, whereas at full bloom, the petals are mainly white with a slight medium pink blush. Suitable pollinizers of ‘Eris’ are the cultivars Golden Delicious, Gala, and Fuji. The leaves of ‘Eris’ have the following dimensions: length 8.0 cm, width 5.9 cm, length of leaf petiole 2.9 cm, and thickness of leaf petiole 2 mm. From our observations, ‘Eris’ has the same degree of resistance with the cultivar Red Chief to the most important pests and diseases such as codling moth (Cydia pomonella L.), apple leaf miners (Lytotria clerkella L.), European red mite (Panonychus ulmi L.), apple scab (Venturia inaequalis Cooke Wint.), and powdery mildew (Podosphaera leucotricha (Ell. and Ev.) Salm.). ‘Eris’ has a chilling hour requirement of 700–800, similar to ‘Red Delicious’ (Palmer et al., 2003). ‘Eris’ has similar resistance to sunburn with ‘Red Delicious’ and is more resistant than ‘Gala’ and ‘Granny Smith’. The latest are very sensitive cultivars to sunburn (Fellicietti and Schrader, 2008). Leaf fall occurs in early December.

Fruits. Fruit characteristics reported are mean values of 30 fruits from 35 trees (5 replications × 7 trees) of each cultivar taken over 5 consecutive years. The experimental layout was a randomized complete block design including five replications of the three cultivars, including seven trees per replication. The differences between means were evaluated by using the Duncan’s multiple range test at P ≤ 0.05 carried out by SPSS version 17 (SPSS Inc., Chicago, IL).

Fruits of ‘Eris’ have a red skin color with the following dimensions: length 7.3 cm, width 7.1 cm, pedicel length 1.2 cm, and pedicel thickness 1.5 mm (Fig. 1; Table 1). The width and depth of the calyx cavity of ‘Eris’ is 1.4 and 0.7 cm, respectively. Fruits have an average number of small lenticels. For the climatic conditions of northern Greece, fruits mature at the second week of September (8–13). With regard to harvest maturity indices, the most commonly used are the TSS and flesh firmness. The use of this selection was tested primarily for fresh consumption since apple processing is not common in Greece, except juicing. Yield and fruit weight of ‘Eris’ are not significantly different from that of ‘Red Chief’, but they are higher than that of ‘Black Ben Davis’ (Table 1). Bearing happens mainly on spurs. Fruits of ‘Eris’ do not show symptoms of epidermal russetting. ‘Eris’ trees, like its parent ‘Black Ben Davis’, have a very low percentage of preharvest fruit drop (<5%), expressed as a percentage of a total number of fruits per tree, whereas that of ‘Red Chief’ is significantly higher (≥15%). The fruit flesh of ‘Eris’ is white-yellowish, aromatic, crisp, and juicy. Flesh of fruits does not brown soon after being cut. Fruit firmness [kg·cm⁻²] measured with an Effegi penetrometer with 11-mm tip (Effegi model FT 327; Italy) of ‘Eris’ at harvest is high, higher than that of ‘Red Chief’ and similar to that of ‘Black Ben Davis’ (Table 1). The TSS [%] measured with an Atago PR-1 electronic refractometer (Atago Co Ltd, Tokyo, Japan) of ‘Eris’ were higher than those of ‘Black Ben Davis’ and similar to ‘Red Chief’ (Table 1). The pH of juice was not different among the three cultivars (Table 2). Total titratable acidity [%] measured as described by Kourkourikou-Petridou et al. (2007) [%] of the cultivar Black Ben Davis was higher than in the other two

Fig. 1. Fruits of the apple cultivar Eris.
Table 1. Yield, fruit weight, fruit firmness, and total soluble solids of the apple cultivars Eris, Red Chief, and Black Ben Davis when grafted on M.9 rootstock (average of 5 year’s data, from the 5th until the 9th year of the trees).

| Cultivar       | Yield (kg/tree) | Fruit wt (g) | Fruit firmness (kg·cm⁻²) | Total soluble solids (°Brix) |
|----------------|-----------------|--------------|--------------------------|-----------------------------|
| Eris           | 54.74 a         | 221.61 a     | 8.87 a                   | 14.12 a                     |
| Red Chief      | 55.62 a         | 215.52 a     | 7.09 b                   | 13.45 a                     |
| Black Ben Davis| 42.91 b         | 179.13 b     | 8.91 a                   | 10.91 b                     |

*Means followed by the same letter in the same column are not significantly different (Duncan’s multiple range test, \( P \leq 0.05 \)).

Table 2. Ascorbic acid content, total antioxidant power, total titratable acidity, and pH of juice of the apple cultivars Eris, Red Chief, and Black Ben Davis when grafted on M.9 rootstock (average of 2 year’s data, from the 5th until the 6th year of the trees).

| Cultivar       | Ascorbic acid (mg/100 g fresh wt) | Total antioxidant power (mmol ascorbic acid equivalent/g fresh wt) | Total titratable acidity (%) | pH of juice |
|----------------|-----------------------------------|-----------------------------------------------------------------|-----------------------------|-------------|
| Eris           | 7.80 ab^2                         | 13.17 a                                                          | 3.01 b                      | 3.9 a       |
| Red Chief      | 7.11 b                            | 9.99 b                                                           | 2.91 b                      | 3.5 a       |
| Black Ben Davis| 8.43 a                            | 12.91 a                                                          | 3.45 a                      | 3.7 a       |

*Means followed by the same letter in the same column are not significantly different (Duncan’s multiple range test, \( P \leq 0.05 \)).

Table 3. Color parameters (\( L, a, \) and \( b \)) of the apple cultivars Eris, Red Chief, and Black Ben Davis when grafted on M.9 rootstock (average of 5 years natural data, from the 5th until the 9th year of the trees).

| Cultivar       | \( L \)  | \( a \)  | \( b \)  |
|----------------|--------|--------|--------|
| Eris           | 42.62 a| 20.44 a| 22.13 a|
| Red Chief      | 41.75 a| 20.55 a| 23.52 a|
| Black Ben Davis| 32.19 a| 20.95 a| 22.75 a|

*Means followed by the same letter in the same column are not significantly different (Duncan’s multiple range test, \( P \leq 0.05 \)).

The cultivars (Table 2). Total antioxidant power (Benzie and Strain, 1996) of ‘Eris’ is not significantly different from that of ‘Black Ben Davis’, but it is higher than that of ‘Red Chief’. Ascorbic acid content measured by oxalic acid 1% (Haddad, 1977) of ‘Eris’ was not different from the other two cultivars (Table 2). Regarding fruit color measurements (McGuire, 1992), \( L \) parameter (lightness) of the cultivars Eris and Red Chief was higher than that of Black Ben Davis (Table 3). The parameters \( a \) and \( b \) were not different for the three cultivars. The fruit maintains firmness, juiciness, and flavor very well under standard cold storage (0.5–1°C) for \( \approx 9 \) months. During storage, fruits did not show the postharvest physiological disorders (Watkins, 2003) “external browning” or “water core,” but some years, fruits showed “bitter pit.” However, this problem was resolved by calcium sprays.

In conclusion, Eris seems to be a promising apple cultivar due to its quality attributes.

### Availability

‘Eris’ apple is presently available from the Institute of Plant Breeding and Phylogenetic Resources, Department of Deciduous Tree Fruit Growing in Naoussa. ‘Eris’ apple will be in the near future registered in the official list of the Greek Ministry of Agriculture.

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