16-Hydroxycleroda-3,13-dien-15,16-olide induces anoikis in human renal cell carcinoma cells: involvement of focal adhesion disassembly and signaling

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Background: Clerodane diterpene, 16-hydroxycleroda-3,13-dien-15,16-olide (CD) isolated from Polyalthia longifolia Benth. & Hook. f. var. pendula was found to be a potential apoptotic inducer in human leukemia, lung cancer, and colon cancer cells. However, the molecular mechanism remains elusive in renal system. Thus, in the present study, the regulatory mechanisms of CD-induced apoptosis in clear cell renal cell carcinoma (ccRCC) cells were investigated.

Materials and methods: Cell proliferation was evaluated by colony formation assay and cell cycle analyses. Protein expressions of focal adhesion (FA) related complexes were examined by immunofluorescence staining and Western blot analyses. Cell migration and invasion capabilities of renal cell carcinoma (RCC) cells were determined by wound healing and Transwell assays.

Results: CD inhibited cell colony formations, induced cell arrest at G2/M phase, and increased subG1 cell population both in 786-O and A-498. During CD treatment, the “rounded-up” cells were observed. The immune-staining of phosphorylated focal adhesion kinase (pFAK), vinculin, and paxillin displayed disassembly of the FA. Moreover, disruption of actin stress fibers was noted after CD treatment. Consistent with the findings, the expressions of pSrc, pFAK, FAK, vinculin, vimentin, and paxillin were all downregulated by CD. In addition, CD attenuated cell migration and invasion activities accompanied by the reductions of pNF-B, matrix metalloproteinase (MMP)-2, MMP-9 as well as vascular endothelial growth factor expressions.

Conclusion: CD induced cell cycle arrest, FA complex disassembly, and the inactivation of migratory-related signaling pathways to induce apoptosis in ccRCC cells.

Keywords: focal adhesion, signaling pathway, Polyalthia longifolia, clerodane diterpene, migration, invasion, renal cell carcinoma, RCC

Introduction

Polyalthia longifolia Benth. & Hook. f. var. pendula (Annonaceae) is native to India and is widely distributed in the tropical and subtropical regions of Asia and Africa.¹ P. longifolia has been cultivated as an ornamental plant in India because it is an evergreen, tall, and slender tree. P. longifolia has been used in indigenous societies for treating pyrexia, diabetes, hypertension, and other diseases.¹ Recently, one of the primary clerodane diterpenoid compounds isolated from P. longifolia, 16-hydroxycleroda-3,13-dien-15,16-olide (CD), has been shown to exhibit multiple pharmacological activities, such as antileishmanial, anti-inflammatory, anti-adipogenic, and cytotoxic effects.²⁻⁵ Studies have shown that CD exhibits antitumor activities in patients with leukemia, glioma, renal cell carcinoma (RCC), and oral cancer.⁶⁻⁹ However, the role
of CD in RCC cell cycle progression, migration, and invasion remains unknown.

Ninety percent of cases of kidney cancers are RCC, with an estimated incidence of 65,340 new cases and 14,970 deaths in 2018 worldwide.\(^\text{10}\) Localized RCC (<4 cm in size) can be successfully removed by nephrectomy, whereas metastatic RCC is notoriously resistant to radiotherapy and conventional chemotherap\(^\text{.11}\) Approximately 30% of patients have a metastatic or unresectable disease at the time of diagnosis, and most of them die within 12–16 months.\(^\text{12}\)

Clear cell RCC (ccRCC) is the most common subtype of renal neoplasms, which also accounts for the majority of deaths due to kidney cancer.\(^\text{13}\) The genetic aberration of von Hippel–Lindau (VHL) disease occurs as an initiating event in most cases of ccRCC.\(^\text{14}\) The VHL protein (pVHL) controls oxygen availability and regulates hypoxia-inducible factor (HIF) degradation.\(^\text{15}\) pVHL loss causes the sustained accumulation of the transcription factors HIF-1\(_{\alpha}\) and HIF-2\(_{\alpha}\), leading to the induction of HIF-responsive gene transcription and, then, further downstream events through the activation of pathways such as the phosphatidylinositol 3-kinases (PI3K)–protein kinase B (Akt)–mammalian target of rapamycin (mTOR) and mitogen-activated protein kinase–extracellular signal-regulated kinase (MEK–ERK).\(^\text{14}\)

Historically, standardized therapy of RCC has been based on immunotherapy, typically through either a high-dose of interleukin-2 or interferon alpha.\(^\text{12}\) However, treatment-related toxicities have restricted their usage because of elevated levels of HIF-\(_{\alpha}\) and the subsequent overexpression of vascular endothelial growth factor (VEGF), which promotes tumor angiogenesis.\(^\text{16}\) Therefore, the way forward in treating RCC now has to develop the new targeted therapies. The present study aimed to elucidate the detailed mechanisms involved in CD-induced apoptosis by determining cell cycle distribution, migration, and invasion activities in ccRCC cells.

**Materials and methods**

**Preparation of CD**

The crystals of CD were extracted and isolated from the leaves of *P. longifolia* var. *pendula* as previously described.\(^\text{9}\) CD was dissolved in DMSO, which was purchased from Sigma-Aldrich Co. (St Louis, MO, USA).\(^\text{17}\)

**Cell culture**

Human ccRCC cell lines (786-O and A-498) were purchased from BioResource Collection and Research Center (Hsinchu, Taiwan) and grown in a culture medium (RPMI-1640 for 786-O cells and α-MEM for A-498 cells) containing 100 units/mL penicillin, 100 µg/mL streptomycin, and 10% FBS (Thermo Fisher Scientific, Waltham, MA, USA) in a humidified atmosphere with 5% CO\(_2\) at 37°C. The cells were plated at 3×10\(^{5}\) cells/well in 35-mm culture dishes for performing Western blotting and 4×10\(^{5}\) cells/well for a wound healing assay.

**Clonogenic assay**

Cells (786-O and A-498) were plated at a density of 1×10\(^{4}\) cells per 35-mm dish and incubated for 14 days to allow colonies to develop. At the endpoints of the clonogenic assays, cells were fixed, stained with 0.5% crystal violet containing 6% glutaraldehyde, and photographed under inverted microscope (Leica, Wetzlar, Germany).

**Cell cycle analysis**

After 24 hours of serum starvation, 786-O and A-498 cells were exposed to CD at 10–40 µM for 24 hours and then harvested by trypsinization, washed in PBS twice, and fixed in 70% ice-cold EtOH overnight at −20°C. Cells were then washed and incubated in a solution containing 1% Triton X-100, 50 µg/mL propidium iodide (PI), and 100 µg/mL RNase A at 37°C for 30 minutes in the dark. The percentage of the cell population in the G0/G1, S, and G2/M phases was analyzed from DNA content histograms using flow cytometry (Epics* XL™; Beckman Coulter, Inc., Brea, CA, USA). Apoptotic nuclei were identified as a subploid DNA peak (subG1 phase).

**Wound healing assay**

Cells (786-O and A-498) were seeded at a density of 4×10\(^{4}\) cells/dish and were grown in a monolayer. A wound was created by carefully scratching using a 200-µL pipette tip, and debris was subsequently removed by washing with a medium. Briefly, cells were incubated with CD (0, 10, 20, 30, and 40 µM), and the migration of cells into the wounded area was monitored at 8 (786-O) and 20 hours (A-498). The distance between the two wound edges was normalized with a standard ruler and analyzed by Adobe Photoshop software.

**Transwell migration and invasion assay**

Cells were resuspended at a density of 2×10\(^{5}\) cells/well in a medium containing 0.1% FBS. One hundred microliters of 786-O or A-498 cells was applied on top of the Transwell...
membrane in the upper chamber, and 700 μL of chemotactictractant was added to the lower chamber. For the invasion assay, Matrigel (BD Biosciences, San Jose, CA, USA) at a concentration of 2 mg/mL was applied in Transwell, and the cells were added on cross-linking Matrigel. After 24 hours, the cells that had migrated were fixed in 10% formalin for 15 minutes and washed three times with PBS. After staining with 0.25% Coomassie Brilliant Blue solution (Sigma-Aldrich), the images of migrated cells were analyzed by Adobe Photoshop software, whereas invaded cells were counted under microscope (Nikon, Tokyo, Japan).

Gel electrophoresis and Western blotting
After CD (10–40 μM) treatment, RCC cells in 35-mm dishes were washed with PBS and collected in a lysis buffer (0.15% Triton X-100, 2 mM MgCl₂, 25 mM HEPES, 60 mM PIPES, 1 mM EDTA, 1 mM phenylmethylsulfonyl fluoride, 1 mM sodium fluoride, 1 mM sodium orthovanadate, 1 mM β-glycerol phosphate, 2.5 mM pyrophosphate with complete™ protease inhibitor cocktail [Sigma-Aldrich]) and were sonicated 20 times with 1-second pulses. Protein concentrations were measured using a protein assay dye (Bio-Rad Laboratories Inc., Hercules, CA, USA), and the samples were stored at −80°C until further analysis.

Protein samples were loaded in lanes (50–160 μg per lane) of a 10%–12.5% sodium dodecyl sulphate polyacrylamide gel (TOOLS HR Gradient gel solution; TOOLS, Taipei, Taiwan) subjected to electrophoresis, and transferred onto nitrocellulose membranes. Membranes were blocked for 1 hour at room temperature with 5% nonfat milk or 5% BSA. The secondary antibody included horseradish peroxidase-conjugated and/or alkaline phosphatase-conjugated anti-rabbit or anti-mouse antibodies (for phosphorylated antibodies) in Tris-buffered saline (TBS; 150 mM NaCl, 50 mM Tris base, and pH 7.4) containing 0.1% Tween 20 and incubated overnight at 4°C with the desired primary antibody (Table 1) diluted in TBS, 0.1% Tween 20, and 5% nonfat milk or 5% BSA. The secondary antibody included horseradish peroxidase-conjugated and/or alkaline phosphatase-conjugated anti-rabbit or anti-mouse antibodies (1:12,000 dilution; GeneTex, Inc., Irvine, CA, USA), and the bound antibodies were then detected using WesternBright Chemiluminescent Reagent (Advansta, San Jose, CA, USA) or alkaline phosphatase staining system (Sigma-Aldrich).

**Table 1 Antibodies**

| Antibody                        | Dilution   | Brand                                           |
|---------------------------------|------------|-------------------------------------------------|
| Anti-vimentin (2707), anti-p53  | WB: 1:1000 | Epitomics (an Abcam company, Burlingame, CA, USA) |
| (Tyr418; ab133460), anti-pNF-kB  | IF: 1:50   |                                                 |
| (Ser32; ab76302), anti-glycerol-3- |           |                                                 |
| phosphate dehydrogenase         |            |                                                 |
| (GAPDH; ab9484), p21            |            |                                                 |
| (ab109520)                      |            |                                                 |
| Anti-paxillin (610051), anti-    | WB: 1:1000 | BD Biosciences (San Jose, CA, USA)              |
| pFAK (Tyr397; 611722), anti-FAK | IF: 1:50   |                                                 |
| (610087), p53                   |            |                                                 |
| (SS4293)                        |            |                                                 |
| Anti-cyclin-dependent kinase     | 1:500      | Santa Cruz Biotechnology, Inc.                  |
| (CDK) 2, anti-CDK4, anti-cyclin |            | (Dallas, TX, USA)                              |
| B1, anti-cyclin D1, anti-vascular |            |                                                 |
| endothelial growth factor       |            |                                                 |
| (VEGF, sc-152)                  |            |                                                 |
| Anti-cyclin E1 (GTX103045)      | 1:1000     | GeneTex, Inc. (Irvine, CA, USA)                 |
| anti-MMP-2 (GTX104577), anti-    | 1:500      |                                                 |
| MMP-9 (GTX100458)              | 1:500      |                                                 |
| Anti-vinculin (700062)          | 1:1000     | Thermo Fisher Scientific (Waltham, MA, USA)     |

Abbreviations: IF, immunofluorescence; MMP, matrix metalloproteinase; pFAK, phosphorylated focal adhesion kinase; WB, Western blotting.

**Statistical analysis**
All experiments were performed a minimum of three times, and values are represented as mean±SD. Statistical differences were determined by analysis of variance, followed by Dunnett’s post hoc test (GraphPad Prism software version 5.0). The fluorescent intensity was analyzed by unpaired t-test. A P-value of <0.05 was considered statistically significant.

**Results**
**Effects of CD on the inhibition of proliferation in ccRCC cells**
Previously, we have shown that CD inhibits proliferation and induces mitochondrial-dependent apoptosis in ccRCC cells. As shown in Figure 1, CD suppressed colony...
formation in 786-O and A-498 cells, suggesting that CD inhibited cell proliferation. Cells were stained with PI and examined by flow cytometry to determine whether cell growth inhibited by CD is due to cell cycle arrest. Following treatment with 0, 10, 20, 30, and 40 μM CD for 24 hours, the percentages of 786-O cells in the G2/M phase were 10.6%, 10.3%, 13.7%, 15.4%, and 24.5%, respectively (Figure 2). Similarly, CD (10–40 μM) significantly arrested A-498 cells at the G2/M phase with an increasing population from 14%, 15.6%, 17%, 20.2% to 23.4%. In both cell lines, the accumulation of subploid cells in the subG1 fraction (Figure 2) implies the effects of CD-triggered apoptosis in both ccRCC cells.

To further delineate the mechanism of CD-regulated cell cycle arrest, cell cycle regulatory proteins were evaluated by immunoblot analysis. Twenty-four-hour treatment with CD resulted in the downregulation of cyclin-dependent kinase 1 (CDK1), CDK2, CDK4, cyclin B1, cyclin D1, and cyclin E1 in a concentration-dependent manner (Figure 3A and B). In addition, the CDK inhibitor p21 was eliminated by CD in both cell lines, and the tumor suppressor protein p53 was upregulated with the 24-hour treatment with CD (Figure 3A and B).

### Effects of CD on migration and invasion in ccRCC cells

A previous study has shown that CD at higher concentrations induced 786-O and A-498 cells to undergo rounding and detachment from the substratum, which suggests that CD exhibits anti-migration and anti-invasion activities. CD significantly delayed the wound closure of 786-O and A-498 cells in a concentration-dependent manner (Figure 4A). In addition, the Transwell assay revealed that CD attenuated migration activity in 786-O at 10 and 40 μM and in A-498 at 20 and 40 μM (Figure 4B). Moreover, the anti-invasion activity was confirmed by performing a Matrigel-coated
CD induces anoikis in ccRCC cells

Figure 2 Cells (786-O and A-498) were treated with 0.1% DMSO or CD (10–40 µM) for 24 hours.

Notes: Cell cycle distribution was analyzed using flow cytometry. The cell population in the different phases of the cell cycle is demonstrated as a percentage. Representative images of flow cytometry analysis are displayed. Results are shown as mean±SD from 12 independent experiments. *P<0.05, **P<0.01, ***P<0.001 compared with the control (0 µM group).

Abbreviations: CD, 16-hydroxycleroda-3,13-dien-15,16-olide; DMSO, dimethyl sulfoxide.

Boyden chamber assay. Figure 4C demonstrates that CD (40 µM) inhibited the invasion of 786-O and A-498 cells.

Effects of CD on focal adhesion (FA) complex proteins in ccRCC cells

FAs are a type of adhesive contact between cells and the extracellular matrix. Focal adhesion kinase (FAK) is at the intersection of various signaling pathways that promote cancer growth and metastasis. FAK autophosphorylation at Tyr397 is critical for cancer progression and apoptosis prevention. We used immunofluorescence staining to confirm whether CD alters FA protein assembly. Three FA proteins, phosphorylated focal adhesion kinase (pFAK) (Tyr397), vinculin, and paxillin, were strongly expressed along the cell border with some staining seen under the
Figure 3 (A) Immunoblots of cyclins, CDKs, p21, and p53 in CD-treated RCC cells. GAPDH was used as the internal control. (B) The bar graphs show densitometric data (mean±SD) from three to five independent experiments.

Notes: The figures shown are representative of one experiment; *P<0.05, **P<0.01, ***P<0.001 compared with the control (0 µM group).

Abbreviations: CD, 16-hydroxycleroda-3,13-dien-15,16-olide; CDK, cyclin-dependent kinase; RCC, renal cell carcinoma.
Figure 4. (A) Scratch assay of RCC cells treated with the indicated concentration of CD for 8 and 20 hours. (B) Transwell migration assay of RCC cells treated with 0.1% DMSO, 10 or 20 µM, and 40 µM CD for 24 hours. Scale bar =50 µm. 50× magnification. (C) Matrigel invasion assay of RCC cells treated with 0.1% DMSO or 40 µM CD for 24 hours. Scale bar =50 µm. 100× magnification.

Notes: The bar graphs show the quantification of cell numbers that passed through the Transwell membrane from three independent experiments. *P<0.05, **P<0.01, ***P<0.001 compared with the control (0 µM group).

Abbreviations: CD, 16-hydroxycleroda-3,13-dien-15,16-olide; DMSO, dimethyl sulfoxide; RCC, renal cell carcinoma.
cell body in vehicle-treated ccRCC cells (Figure 5A). These three FA proteins showed reduced staining after 24 hours of CD treatment (Figure 5B). Fluorescein isothiocyanate-phalloidin staining revealed morphological changes in CD-treated ccRCC cells that were not seen in vehicle-treated control cells (Figure 5A). Western blot analyses confirmed that the expression of pFAK (Tyr397), FAK, paxillin, and vinculin was decreased by 24 hours of CD treatment (Figure 6). Furthermore, other FAK-associated proteins, such as vimentin and pSrc (Tyr416), were downregulated by CD in a concentration-dependent manner (Figure 6).

Effects of CD on matrix metalloproteinase (MMP)-2, MMP-9, NF-κB, and VEGF expressions

FAK signaling plays a pivotal role in the production of MMP-2 and MMP-9 as well as the activation of NF-κB, which subsequently activates tumor invasion. We examined NF-κB, MMP-2, and MMP-9 protein expressions in CD-treated 786-O and A-498 cells to determine the signaling molecules in cell migration and invasion inhibited by CD treated cells. The phosphorylation level of NF-κB and expressions of MMP-2, MMP-9, and VEGF were suppressed after a 24-hour treatment with CD, as demonstrated by Western blotting (Figure 7). CD significantly inhibited VEGF expression after 24 hours in 786-O and 48 hours of treatment in A-498 cells (Figure 7).

Discussion

Previously, we demonstrated that CD purified from P. longifolia leaves induces mitochondria-dependent apoptosis and inactivates oncogenic signaling pathways such as MEK–ERK, mTOR–HIF-2α, and Akt in ccRCC cells. However, the mechanisms of CD-inhibited proliferation and induced apoptosis are not fully understood in ccRCC cells. The present study demonstrated that CD arrested the 786-O and A-498 cell cycles in the G2/M phase, with CDK1, CDK2, CDK4, cyclin B1, cyclin D1, cyclin E1, and p21 downregulation when p53 was simultaneously upregulated (Figure 3). Additionally, CD attenuated RCC migration and invasion through the inhibition of FAK signaling and HIF-downstream protein expression.

The tumor suppressor p53 induces the expression of numerous downstream targets including p21 and forkhead box class O family (FOXO) 3a, resulting in cell cycle arrest,
Figure 6 (A) Immunoblots of FAK-related signaling molecules. The figures shown are representative of one experiment. (B) The bar graphs show densitometric data (mean±SD) from three independent experiments.

Note: *P<0.05, **P<0.001 compared with the control (0 µM group).

Abbreviations: CD, 16-hydroxycleroda-3,13-dien-15,16-olide; FAK, focal adhesion kinase; pFAK, phosphorylated focal adhesion kinase.
p21 was inhibited in CD-treated 786-O and A-498 cells in a concentration-dependent manner (Figure 3). Although the expression of p21 has been considered as an indicator of wild-type p53 activity, prevailing notions suggest that blockade of p21 levels in RCC cell lines sensitizes the cells to undergo apoptosis in response to DNA-damaging chemotherapy.\(^21,22\) Therefore, the inhibition of p21 might be beneficial and independent of p53 in CD-induced cell cycle arrest. On the other hand, it has been hypothesized that despite a normal p53 status, the function of p53 in RCC is dominantly repressed by an unknown mechanism.\(^20\) Nevertheless, p53 was rarely mutated in RCC.\(^20,23\)

Accordingly, whether the other p53-specific inhibitor is involved in CD-induced G2/M phase arrest still needs more experimentation for clarification.

FAK drives various tumor-promoting signaling pathways, including survival, proliferation, invasion, and metastasis.\(^19\) Currently, many types of FAK inhibitors have been developed and undergone clinical trials.\(^19\) Through computational simulation, CD has been shown to interact with the auto-phosphorylation site of FAK, indicating that it is capable of treating tumor growth and/or metastasis.\(^24\) Our present results (Figures 4–7) are consistent with the observation that CD inhibits FA protein expression, cell migration, and invasion as well as MMP-2 and MMP-9 activities in glioblastoma cells.\(^24\) We determined that CD inhibits FA complexes

**Figure 7** (A) Immunoblots of pNF-κB, MMPs, and VEGF in CD-treated RCC cells. The figures shown are representative of one experiment. (B) The bar graphs show densitometric data (mean±SD) from three independent experiments.

**Note:** *p<0.05, **p<0.01, ***p<0.001 compared with the control (0 µM group).

**Abbreviations:** CD, 16-hydroxycleroda-3,13-dien-15,16-olide; MMP, matrix metalloproteinase; RCC, renal cell carcinoma; VEGF, vascular endothelial growth factor.
(Figures 5 and 6), MMP expression (Figure 7), NF-κB activation (Figure 7), and VEGF expression (Figure 7) in RCC cells, suggesting its usage in the future development of anticancer drugs. The current study suggests that CD induces cell cycle arrest and ccRCC apoptosis partly through anoikis.

The pharmacologic inhibition of MEK leads to the compensatory upregulation of PI3K/Akt signaling and promotes cancer cell survival. CD induces ccRCC apoptosis through the inactivation of the Akt, mTOR, and MEK–ERK pathways. Thus, it is likely that FAK acts upstream of these molecules and serves as a critical regulator of CD-inhibited proliferation, migration, and invasion. Decreased staining in pFAK, paxillin, vinculin, and F-actin (Figures 5 and 6) may provide a rational explanation why there was an altered morphology in RCC cells after CD treatment.

RCC is a type of highly vascularized tumor and is characterized by the loss of the VHL gene, therefore, presenting pseudohypoxia. As hypoxia is known to enhance migratory and invasive behaviour of tumor cells, HIF pathway induction triggers numerous transcriptional targets for tumor growth and metastasis. A strong correlation between HIF-2α expression and increased pro-angiogenic factor levels has been shown in RCC cells. Therefore, an HIF inhibitor in anti-angiogenic cancer therapy represents a promising and innovative approach in cancer therapeutics. Furthermore, HIF-2α inhibition influences p53 activation through reactive oxygen species (ROS) accumulation and DNA damage in RCC cells. Our previous study has shown that the expression of cMyc and HIF-2α was attenuated whereas that of ROS and Foxo3α was increased after CD treatment.

**Conclusion**

In summary, our results reveal that CD has antitumor, antimigratory, and anti-invasive activities in 786-O and A-498 cells. Recently, combination therapies have been attempted with agents targeting different pathways that are known to be critical in the pathophysiology of RCC. We suggest that CD is a useful and innovative agent for RCC treatment.

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**Author contributions**

Yu-Chi Chen and Yung-Chia Chen designed the study; participated in data analysis, interpretation, and write-up; drafted the manuscript; and critically revised the manuscript. Wei-Chang Lee participated in the data collection and analysis. Bu-Min Huang participated in data analysis, and interpretation and critically revised the manuscript. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

**Disclosure**

The authors report no conflicts of interest in this work.

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