A Comprehensive, Targeted NGS Approach to Assessing Molecular Diagnosis of Lysosomal Storage Diseases

Valentina La Cognata and Sebastiano Cavallaro *

Institute for Biomedical Research and Innovation (IRIB), National Research Council (CNR), 95126 Catania, Italy; valentina.lacognata@cnr.it
* Correspondence: sebastiano.cavallaro@cnr.it; Tel.: +39-0957338111

Abstract: With over 60 different disorders and a combined incidence occurring in 1:5000–7000 live births, lysosomal storage diseases (LSDs) represent a major public health problem and constitute an enormous burden for affected individuals and their families. Several reasons make the diagnosis of LSDs an arduous task for clinicians, including the phenotype and penetrance variability, the shared signs and symptoms, and the uncertainties related to biochemical enzymatic assay results. Developing a powerful diagnostic tool based on next generation sequencing (NGS) technology may help reduce the delayed diagnostic process for these families, leading to better outcomes for current therapies and providing the basis for more appropriate genetic counseling. Herein, we employed a targeted NGS-based panel to scan the coding regions of 65 LSD-causative genes. A reference group sample (n = 26) with previously known genetic mutations was used to test and validate the entire workflow. Our approach demonstrated elevated analytical accuracy, sensitivity, and specificity. We believe the adoption of comprehensive targeted sequencing strategies into a routine diagnostic route may accelerate both the identification and management of LSDs with overlapping clinical profiles, producing a significant reduction in delayed diagnostic response with beneficial results in the treatment outcome.

Keywords: lysosomal storage disease (LSDs); diagnosis; targeted next generation sequencing (tNGS)

1. Introduction

Lysosomal storage disorders (LSDs) are rare inherited diseases characterized by the accumulation of specific undegraded metabolites inside the lysosomes [1–3]. This over-storage is commonly caused by a deficiency or absent activity of lysosomal hydrolases or, in a few cases, by the deficit of further non-enzymatic lysosomal proteins (such as integral membrane proteins) [3]. With a combined incidence of 1 in 1500 to 7000 live births, this group of monogenic inborn errors of metabolism encompasses ~70 different entities, including sphingolipidoses, mucopolysaccharidoses, glycoproteinoses, lipid storage diseases, lipofuscinosis, lysosomal integral membrane proteins diseases, and post-translational modifications dysfunctions [4,5]. Clinical signs and symptoms may occur from the prenatal period to adulthood and may develop progressively over time, leading to a wide spectrum of disease phenotypes from mild to extremely severe forms that involve neuropathological effects, psychomotor development delay, cognitive decline, musculoskeletal abnormalities, dysmorphism, organomegaly, and seizures [6]. Both the considerable clinical variability within each disease phenotype and the overlapping symptomatology among single LSDs hamper the path for a precise diagnosis, which often involves a delay in treatment and severe consequences on patients’ quality of life and their families [4].

Current diagnostic workflows include an accurate evaluation of both medical history and clinical presentations, which lead to the formulation of suspicion of one or more LSDs, followed by biochemical analysis to quantify either the accumulated storage product or the enzymatic activity in leukocytes, fibroblasts, urine, or rehydrated dried blood spots (DBS)
for newborns [7,8]. Finally, if deficient enzyme activity is detected, second-tier confirmatory biomarker tests or Sanger sequencing are performed for the suspected gene. Although this diagnostic route represents the current gold standard, it presents several limitations. First, it requires deep clinical expertise to discriminate phenotypic overlapping manifestations and, thus, to reduce the number of biochemical tests used for each LSD-suspected patient. Second, the execution of multiple biochemical enzymatic assays may be expensive, time-consuming, and subject to high variability, and enzymatic tests may not be available for all diseases. Therefore, reaching a definitive molecular diagnosis for LSDs with traditional techniques is still challenging, can take several years, or may be unsuccessful.

In the past decade, the emergence of next generation sequencing (NGS) technologies has proven to be an effective alternative to conventional techniques, in both research and clinical settings, allowing for the simultaneous interrogation of several genes in one single reaction and reducing, considerably, the time and costs for Sanger sequencing of a single gene [9,10]. The introduction of ad hoc designed genetic tests (targeted NGS panels) into diagnostic workflows offers the opportunity for easier identification of LSDs, timely diagnosis, and optimized clinical management, reducing the psychological burden and providing appropriate genetic counseling to parents [4].

In this study, we aimed to design and evaluate both the diagnostic utility of a semi-automated and comprehensive sequencing assay based on a targeted NGS (tNGS) panel (hereafter referred to as LSDs_panel) developed to detect pathogenic variants in 65 LSD-related genes. We describe the panel performance, strengths, and limitations and propose it as a useful second-tier diagnostic test for specialists in everyday clinical management who might suspect an LSD, given its ability to provide accurate and timely information.

2. Materials and Methods

2.1. Sample Collection and Dosage

A reference group of DNA samples isolated from clinically diagnosed donor subjects ($n = 26$) were obtained from the NIGMS Human Genetic Cell Repository at the Coriell Institute for Medical Research (https://www.coriell.org/, accessed on 26 October 2021). The purchased samples were chosen for known variants localized in targeted genes and selected in order to ensure an adequate representation for most LSDs. Quantification of the genomic DNA was assessed by measuring the genomic copies of the human $\text{RNase P}$ gene using the TaqMan® $\text{RNase P}$ Detection Reagents Kit (Thermo Fisher Scientific, Waltham, MA, USA) and the Aria Dx Real-Time PCR System (Agilent Technologies, Santa Clara, CA, USA).

2.2. Panel Design and Library Preparation

For the selection of genes ($n = 65$) included in the panel, we relied on updated literature data [2] and a previous gene-set used for targeted strategies (Table 1). An on-demand panel (IAD199901) and a compatible made-to-order spike-in panel (IAD199905 including $\text{TPP1}$ and $\text{BLOC1S3}$ genes) were designed using the Ion AmpliSeq Designer software (https://ampliseq.com, accessed on 1 May 2020, Thermo Fisher Scientific, Waltham, MA, USA). The advantage of using Ion AmpliSeq on-demand panel customization is that primer pairs are pre-tested and optimized for high performance, whereas spike-ins are high concentrated made-to-order panels used to extend panels for genes not available on-demand.

The complete panel design (called LSDs_panel) covers 237.782 kb and includes 1241 amplicons with a size range of 125–275 bp distributed across two primer pools (625 primer pool 1 and 616 primer pool 2). The in silico coverage consisted of 99% for the on-demand panel and 99.18% for the spike-ins. The complete design of the LSDs_panel is available in Supplementary Table S1.

Library preparation was carried out using the Ion AmpliSeq™ Kit for Chef DL8 (DNA to Library, 8 samples/run) used for automated library preparation of the Ion AmpliSeq™ libraries on the Ion Chef™ System (Thermo Fisher Scientific, Waltham, MA, USA). According to the recommended number of amplification cycles in the standard protocol, the
amplification conditions were set out to 16 cycles and four minutes of annealing/extension time. The library quality and molarity were assessed using the Ion Library TaqMan® Quantitation Kit (Thermo Fisher Scientific, Waltham, MA, USA) on the Aria Dx Real-Time PCR System (Agilent Technologies, Santa Clara, CA, USA). Serial dilutions of the *E. coli DH10B* Control Library (Thermo Fisher Scientific, Waltham, MA, USA) were prepared and run in triplicate to generate a standard curve. The molar concentration of libraries was determined using the Delta R—baseline-corrected raw fluorescence calculated with Aria DX Real-Time PCR Software (Agilent Technologies, Santa Clara, CA, USA). Barcoded libraries (up to 4-Chef runs corresponding to 32 libraries) were super-pooled in equimolar concentration using the strategies suggested for combining libraries prepared with different panels for equal coverage in order to obtain a final molarity of 40 pM each.

2.3. Chip Loading and Sequencing

Loading of the Ion 510 and the 540 Chips was carried out using the Ion 510, 520, 530, and 540 Kit-Chef (Thermo Fisher Scientific, Waltham, MA, USA) following manufacturer instructions. High throughput sequencing runs were carried out on the Ion Gene Studio S5 system (Thermo Fisher Scientific, Waltham, MA, USA). A run planned in the S5 Torrent Suite (v. 5.12.2) had the following parameters: analysis parameters, default; reference library, hg19; target regions, LSDs_panel; read length, 200 bp; flows, 550; and base calibration mode, default. The plugins used were Coverage Analysis, Ion Reporter Uploader, and Variant Caller (default settings).

2.4. Variant Calling and Prioritization

Read mapping was performed automatically in Torrent Suite (v. 5.12.2, Thermo Fisher Scientific, Waltham, MA, USA) by using the variant Caller plugin (v5.12.0.4) with default settings (germline_low_stringency). The called variants were automatically uploaded on Ion Reporter (Thermo Fisher Scientific, Waltham, MA, USA). The Copy Number Variation (CNV) performance was not assessed. The pipeline analysis for variant filtering was based on multiple adjusted steps including coverage min 30×, Homopolymer length $\leq 3$, $p$-value $< 0.001$, ClinVar $\neq$ benign or likely benign, MAF $< 0.001$ or n.a., frequency 30–60% for heterozygous variants and $>70\%$ for homozygous variants, intronic variants included if the distance from exon is $< 10$ bp, SIFT score $< 0.05$/PolyPhen score $> 0.85$ or n.a., and variants effect $\neq$ synonymous unless they are pathogenic/likely pathogenic or with conflicting interpretation of pathogenicity. A comparison of the Torrent Variant Caller (TVC) prioritized variants with their respective genetic information from Coriell biobank was performed post-analysis. True-positive (TP), true-negatives (TN), false-positive (FP), and false-negative (FN) variant calls were defined by considering available data from the single causative gene in the Coriell repository. True positives (TPs) were defined as variants both detected by our filtering pipeline as well as expected from the Coriell collected data. True negatives (TNs) were considered additional variants detected in the causative gene but excluded by our prioritization pipeline and not reported in the repository data. False positives (FPs) were considered variants detected by our pipeline but not expected from the data. False negatives (FNs) were considered variants expected from the Coriell data but missed by our pipeline. Accuracy was calculated as follows: (TP + TN)/(TP + TP + TN + FN); sensitivity was calculated as follows: TP/(TP + FN); and specificity was calculated as follows: TN/(TN + FP). The Matthews correlation coefficient (MCC) (which measures the correlation between the predicted and observed binary classification of a sample) was calculated as follows: $\text{MCC} = \frac{\sqrt{(TP \times TN) - (FP \times FN)}}{\sqrt{(TP + FP)(TP + FN)(TN + FP)(TN + FN)}}$.

3. Results

3.1. Panel Design and Performance

The LSDs_panel was designed to target the entire coding regions of 65 LSD-related genes (Table 1), which were previously reported to be a direct cause of an LSD when mutated in both alleles, in order to use it for diagnostic testing in patients with a high a priori
probability of LSD based on the clinical phenotype. The LSDs_panel included 1241 ampli-
cons (with a length of 125–275 bp) distributed between two primer pools (625 + 616 primer
pairs) and covering a size of 237,782 kb, with an in silico coverage of 99% (the complete
design of LSDs_panel is available in Supplementary Table S1). No additional intronic
regions were targeted to maximize the coverage of exonic regions and to facilitate rapid
and unambiguous interpretation in the context of diagnosis.

Table 1. LSD-related genes included in the panel and their associated disorders.

| Gene | Cytogenetic Location | Pathology | Phenotype OMIM No. |
|------|------------------------|-----------|--------------------|
| AGA  | 4q34.3                 | Aspartylglucosaminuria | 208400             |
| AP3B1| 5q14.1                 | Hermansky–Pudlak disease type 2 | 608233        |
| ARSA | 22q13.33               | Metachromatic leukodystrophy | 250100        |
| ARSB | 5q14.1                 | MPS VI, also known as Maroteaux–Lamy syndrome | 253200         |
| ASAHI| 8p22                   | Faber lipogranulomatosis | 228000          |
| ATP13A2| 1p36.13              | CLN12b: Kufor–Rakeb syndrome or PARK9 | 606693         |
| BLOC1S6| 15q21.1             | Hermansky–Pudlak disease type 9 | 614171         |
| BLOC1S13| 19q13.32            | Hermansky–Pudlak disease type 8 | 614077         |
| CLN3 | 16q12.1                | CLN3: Batten–Spielmeier–Sjogren disease | 204200         |
| CLN5 | 13q22.3                | CLN5: Finnish variant late infantile | 256731         |
| CLN6 | 15q23                  | CLN6: Lake–Cavanagh or Indian variant | 601780         |
| CLN8 | 8p23.3                 | CLN8: northern epilepsy, epilepsy mental retardation | 600143         |
| CTNS | 17p13.2                | Cystinosis | 219800            |
| CTSA | 20q13.12               | Galactosialidosis | 256540          |
| CTSD | 11p15.5                | CLN10      | 610127            |
| CTSF | 11q13.2                | CLN13      | 615362            |
| DNAJC5| 20q13.33              | CLN4: Parry disease and Kufs type A and B | 162350         |
| DTNB1P1| 6p22.3              | Hermansky–Pudlak disease type 7 | 614076         |
| FIICA1| 1p36.11              | Fucosidosis | 230000          |
| GAA  | 17q25.3                | Pompe disease | 232300         |
| GALC | 14q31.3                | Globoid cell leukodystrophy, Krabbe disease | 245200         |
| GALNS | 16q24.3              | MPS IVA, also known as Morquio syndrome A | 253000         |
| GBA  | 1q22                   | Gaucher disease | 230800         |
| GAI  | Xq22.1                 | Fabry disease | 301500          |
| GLB1 | 3p22.3                 | GM1 gangliosidosis; MPS IVB, also known as Morquio syndrome B | 253010         |
| GM2A | 5q33.1                 | GM2 gangliosidosis, GM2 activator deficiency | 272750         |
| GNPTAB| 12q23.2               | Mucolipidosis II α/β, I-cell disease; mucolipidosis III α/β, pseudo-Hurler polydystrophy | 252500         |
| GNPTG| 16p13.3                | Mucolipidosis III γ, variant pseudo-Hurler polydystrophy | 252605         |
| GNS  | 12q14.3                | MPS IID, also known as Sanfilippo syndrome D | 252940         |
| GRN  | 17q21.31               | CLN11      | 614706            |
| GUSB | 7q11.21                | MPS VII, also known as Sly disease | 253220         |
| HEXA | 15q23                  | GM2 gangliosidosis, Tay–Sachs disease | 272800         |
| HEBX | 5q13.3                 | GM2 gangliosidosis, Sandhoff disease | 268800         |
| HGSNAT| 8p11.2-p11.1           | MPS IIC, also known as Sanfilippo syndrome C | 252930         |
| HPS1 | 10q24.2                | Hermansky–Pudlak disease type 1 | 203300         |
| HPS3 | 3q24                   | Hermansky–Pudlak disease type 3 | 614072         |
| HPS4 | 22q12.1                | Hermansky–Pudlak disease type 4 | 614073         |
| HPS5 | 11p15.1                | Hermansky–Pudlak disease type 5 | 614074         |
| HPS6 | 10q24.32               | Hermansky–Pudlak disease type 6 | 614075         |
| HYAL1| 3p21.31                | MPS IX      | 601492            |
| IDS  | Xq28                   | MPS II, also known as Hunter syndrome | 309900         |
| KCTD7| 7q11.21                | CLN14      | 611726            |
Table 1. Cont.

| Gene      | Cytogenetic Location | Pathology                                                                 | Phenotype OMIM No. |
|-----------|----------------------|--------------------------------------------------------------------------|--------------------|
| LAMP2     | Xq24                 | Danon disease                                                            | 300257             |
| LIPA      | 10q23.31             | Acid lipase deficiency: Wolman disease and cholesterol ester storage disease | 278000             |
| LYST      | 1q42.3               | Chédiak–Higashi disease                                                 | 214500             |
| MAN2B1    | 19p13.13             | α-Mannosidosis                                                           | 248500             |
| MANBA     | 4q24                 | β-Mannosidosis                                                           | 248510             |
| MCOLN1    | 19p13.2              | Mucolipidosis IV                                                        | 252650             |
| MFSD8     | 4q28.2               | CLN7: Turkish variant                                                   | 610951             |
| MYO5A     | 15q21.2              | Schindler disease: type Ib, also known as Elejalde syndrome              | 214450             |
| NAGA      | 22q13.2              | Schindler disease: type Ib also known as Kanzaki disease, and type IIb, intermediate severity | 609241             |
| NAGLU     | 17q21.2              | MPS IIIB, also known as Sanfilippo syndrome B                            | 252920             |
| NEU1      | 6p21.33              | Sialidosis type I, Sialidosis type II                                    | 256550             |
| NPC1      | 18q11.2              | Niemann–Pick disease types C1                                            | 257220             |
| NPC2      | 14q24.3              | Niemann–Pick disease types C1 and C2                                     | 607625             |
| PPT1      | 1p34.2               | CLN1: Haltsia–Santavuori disease and INCL                                 | 256730             |
| PSAP      | 10q22.1              | Metachromatic leukodystrophy                                             | 249900             |
| RAB27A    | 15q21.3              | Griscelli syndrome 2                                                     | 607624             |
| SCARB2    | 4q21.1               | Action myoclonus-renal failure syndrome                                  | 254900             |
| SGSN      | 17q25.3              | MPS IIIA, also known as Sanfilippo syndrome A                            | 252900             |
| SLC17A5   | 6q13                 | Sialic acid storage disease                                             | 269920             |
| SMPD1     | 11p15.4              | Niemann–Pick disease types A and B                                      | 257200             |
| SLIMF1    | 3p26.1               | Multiple sulfatase deficiency                                            | 272200             |
| TPP1      | 11p15.4              | CLN2, also known as Jansky–Bielschowsky disease                          | 204500             |

Before investigating the clinical utility of the gene panel, we sought to determine the analytical performance of our method in terms of depth of coverage across all targeted genes. Therefore, we used a reference group of DNA samples (n = 26, Table 2), isolated from clinically diagnosed donors from the NIGMS Human Genetic Cell Repository at the Coriell Institute for Medical Research and previously Sanger-sequenced for the LSD-suspected genes.

Table 2. Detected and missed pathogenic variants in reference samples from Coriell repository.

| ID Coriell Sample | Genes | Zygosity | Transcript | Coding Amino Acid Change | Variant Effect | dbSNP | ClinVar |
|-------------------|-------|----------|------------|--------------------------|----------------|-------|---------|
| NA03392           | GNPTG | Hom      | NM_032520.5| c.445delG p.Ala149ProfsTer13| frameshiftDeletion | rs1555451874 | P       |
| NA03461           | HEXA  | Het      | NM_000520.6| c.1421+1G>C p.? unknown | rs147324677 |       |         |
| NA05093           | GNS   | Hom      | NM_002076.4| c.1063C>T p.Arg355Ter nonsense | rs119461974 |       | P       |
| NA00654           | GLB1  | Het      | NM_000404.4| c.1032T>C p.Thr344= synonymous | rs199927127 |       | CIP     |
| NA00654           | MAN2B1| Het      | NM_000528.4| c.2248C>T p.Arg750Trp missense | rs80338680 |       | P       |
|                   |       |          |            | c.1915C>T p.Gln639Ter nonsense | rs121434332 |       | P       |
| ID Coriell Sample | Genes | Zygosity | Transcript | Coding Amino Acid Change | Variant Effect | dbSNP | ClinVar |
|------------------|-------|----------|------------|--------------------------|----------------|-------|---------|
| NA02528          | AP3B1 | Het      | NM_003664.5| c.1168-9C>T p.?          | unknown        | rs367648410 | CIP     |
|                  | MCOLN1| Hom      | NM_020533.3| c.406-2A>G p.?           | unknown        | rs104886461 | P       |
| NA01675          | MFS2D8| Hom      | NM_152778.3| c.590G>A p.Gly197Asp     | missense       | rs28544073  | CIP     |
|                  | GM2A  | Hom      | NM_000405.5| c.412T>C p.Cys138Arg     | missense       | rs137852797 | P       |
| NA02455          | GLBI  | Het      | NM_000404.4| c.1445G>A p.Arg482His    | missense       | rs7255391  | P       |
|                  | CLN6  | Het      | NM_017882.3| c.821C>T p.Ala274Val     | missense       | rs202012876 | US      |
| NA02013          | GNPTAB| Het      | NM_024312.5| c.3501_3502delTC p.Leu1168GlnfsTer5 frameshiftDeletion | rs34002892 | P       |
|                  | GLNTG | Het      | NM_032520.5| c.574G>C p.Glu192Gln     | missense       | rs749314645 | US      |
|                  | GLBI  | Het      | NM_000404.4| c.602G>A p.Arg201His     | missense       | rs189115557 | P       |
|                  | HPS1  | Het      | NM_000195.5| c.29G>T p.Gly10Val       | missense       | rs799539605 | n.a.    |
|                  | NAGLU | Het      | NM_000263.4| c.899G>T p.Arg297Ter     | nonsense       | rs104894592 | P/LP    |
|                  | NAGLU | Het      | NM_000263.4| c.1928G>A p.Arg643His    | nonsense       | rs104894593 | US      |
| NA17881          | HPS6  | Hom      | NM_024747.6| c.1714_1717delCTGC p.Leu572AlafsTer40 frameshiftDeletion | rs281865113 | P       |
|                  | LYST  | Het      | NM_000881.4| c.149G>A p.Arg50Gln      | missense       | rs368095341 | n.a.    |
| NA17890          | AP3B1 | Het      | NM_003664.5| c.1975G>T p.Glu659Ter    | nonsense       | rs121908907 | P       |
|                  | AP3B1 | Het      | NM_003664.5| c.1525G>T p.Arg509Ter    | nonsense       | rs121908906 | P       |
| NA17721          | SLC17A5| Hom      | NM_012434.5| c.115G>T p.Arg39Cys      | missense       | rs80338794 | P       |
| NA16081          | PPT1  | Het      | NM_000310.4| c.451G>T p.Arg151Ter     | nonsense       | rs137852700 | P/LP    |
|                  | DTNBPI| Het      | NM_032122.5| c.489_490insT p.Lys164Ter nonsense | - | n.a.    |
| NA13204          | HEXA  | Het      | NM_000520.6| c.1277_1278insTATGC p.Tyr427HeufsTer5 frameshiftInsertion | rs387906309 | P       |
|                  | MANBA | Het      | NM_005908.4| c.1442A>C p.Tyr481Ser    | missense       | rs764011854 | n.a.    |
| NA18455          | NPC2  | Het      | NM_006432.5| c.58G>T p.Glu20Ter       | nonsense       | rs80338260 | P       |
| ID Coriell Sample | Genes | Zygosity | Transcript | Coding Amino Acid Change | Variant Effect | dbsNP | ClinVar |
|-------------------|-------|----------|------------|--------------------------|----------------|-------|---------|
| NA20387           | TPP1  | Het      | NM_000391.4| c.622C>T p.Arg208Ter     | nonsense       | rs119455955 | P       |
|                   |       |          |            | c.509-1G>C p.?           | unknown        | rs56144125 | P       |
|                   | GALNS | Het      | NM_000512.5| c.858G>A p.Thr286=       | synonymous     | rs140299014 | CIP     |
| NA20019           | ASAHI | Het      | NM_004315.6| c.1039G>A p.Asp347Asn    | missense       | rs1354060089 | US      |
|                   |       |          |            | c.460G>T p.Glu154Ter     | nonsense       | rs1588982399 | LP      |
|                   | GNPTAB| Het      | NM_024312.5| c.2708_2710delTTTC p.Leu904del | nonframeshiftDeletion | rs774128798 | US      |
| NA10866           | IDUA  | Het      | NM_000203.5| c.785A>G p.His262Arg    | missense       | rs1031451164 | n.a.    |
|                   | IDS   | Hom      | NM_000202.8| c.1403G>C p.Arg468Pro   | missense       | rs113993946 | P       |
| NA12928           | HPS1  | Hom      | NM_000195.5| c.1484_1488insCCCCC-AGCAGGGGAGG p.His497GlnfsTer90 | frameshiftInsertion | - | n.a.    |
|                   | HPS6  | Het      | NM_024747.6| c.2250G>A p.Ser750=     | synonymous     | rs13961525 | CIP     |
|                   | MYO5A | Het      | NM_000259.3| c.3567+4C>T p.?         | unknown        | rs186277072 | n.a.    |
| NA06110           | SGSH  | Het      | NM_000199.5| c.734G>A p.Arg245His     | missense       | rs104894635 | P       |
|                   |       |          |            | c.629G>A p.Trp210Ter    | nonsense       | rs886041370 | P/LP    |
| NA20379           | PPT1  | Het      | NM_000310.4| c.364A>T p.Arg122Trp    | missense       | rs137852695 | P       |
|                   |       |          |            | c.125G>A p.Gly42Glu     | missense       | rs386833631 | LP      |
|                   | GAA   | Het      | NM_001079804.3| c.525delT p.Glu176ArgfsTer45 | frameshiftDeletion | rs386834235 | P       |
|                   | GUSB  | Het      | NM_000181.4| c.454G>A p.Asp152Asn    | missense       | rs149606212 | US      |
| NA03124           | NPC1  | Het      | NM_000271.5| c.3182T>C p.Ile1061Thr | missense       | rs80358259 | P       |
|                   |       |          |            | c.1947+5G>C p.?         | unknown        | rs770321568 | CIP     |
|                   | ARSA  | Het      | NM_001085425.3| c.698_699insC p.Gln234SerfsTer41 | frameshiftInsertion | - | n.a.    |
| NA03111           | LIPA  | Het      | NM_001127605.3| c.967_968delAG p.Ser323LeufsTer44 | frameshiftDeletion | rs917089035 | n.a.    |
|                   |       |          |            | c.894G>A p.Gln298=      | synonymous     | rs116928232 | P/LP    |
|                   | GALNS | Het      | NM_000512.5| c.497G>T p.Phe167Val   | missense       | rs148565559 | US      |
| NA02057           | AGA   | Het      | NM_000027.4| c.488G>C p.Cys163Ser   | missense       | rs121964904 | P       |

Table 2. Cont.
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| ID Coriell Sample | Genes   | Zygosity | Transcript | Coding Amino Acid Change | Variant Effect | dbSNP   | ClinVar |
|-------------------|---------|----------|------------|---------------------------|----------------|---------|---------|
| NA00879           | BLOC1S6 | Het      | NM_012388.4| c.225-2, 225-1insT p.?    | unknown        | -       | n.a.    |
| SGS6              | SGS6    | Het      | NM_000199.5| c.1339G>A p.Glu447Lys     | missense       | rs104894639 | P/LP    |
|                   |         |          |            |                           |                |         |         |
|                   | SGS6    |          |            |                           |                |         |         |
|                   | CTSA    | Het      | NM_000308.4| c.263_264insG p.Cys86TrpfsTer52 | frameshiftInsertion   | -       | n.a.    |
|                   |         |          |            |                           |                |         |         |
| NA01256           | IDUA    | Het      | NM_000203.5| c.590-7G>A p.?            | unknown        | rs762411583 | P       |
|                   |         |          |            |                           |                |         |         |

Second Variant excluded because of very low coverage c.1293TGG>TAG (Trp402Ter (W402X))

P = pathogenic; LP = likely pathogenic; US = uncertain significance; CIP = conflicting interpretation of pathogenicity; n.a. = not available. True-positive variants are reported in bold, and new observed findings are reported in non-bold text.

From the run metrics results, all samples were uniformly covered at depths that exceed the minimum coverage required (30x) for the accurate calling of variants. Coverage analysis shows that 1225/1241 of the amplicons (98.7%) had a sufficient amplification efficiency (mean assigned reads per amplicon Log10 ranging from 1.5 to 3.8), while 16 amplicons were suboptimal (Figure 1 and Supplementary Table S2).

Filtering the pipeline on the TVC (Torrent Variant Caller, Thermo Fisher Scientific, Waltham, MA, USA) was based on a stepwise-adjusted strategy to highlight relevant variants (i.e., coverage min 30×, homopolymer length ≤3, p-value < 0.001, ClinVar ≠ benign or likely benign, MAF < 0.001 or none, frequency 30–60% for heterozygous variants and >70% for homozygous variants, include intronic variants if the distance from exon is <10 bp, SIFT score < 0.05 or none, PolyPhen score > 0.85 or none, and variants effect ≠ synonymous unless they are pathogenic/likely pathogenic/uncertain significance or with conflicting interpretation of pathogenicity). A comparison with the previously known variants reported in Coriell biobank was performed by post-filtering analysis. True-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) variant calls were defined by considering the available data from a single causative gene in the Coriell repository (see Section 2).

The overall accuracy of the panel was 98.4%, analytical sensitivity was 95.2%, while specificity was 97.6%. There were 40 correctly called true-positive variants, 83 true-negative reference calls, and 2 false-negative (missed) calls when comparing our results with the
expected variants (Table 2). The MCC was 0.964 (MCC = +1 describes a perfect prediction, =0 means unable to return any valid information, and =−1 describes complete inconsistency between prediction and observation).

3.2. Control Samples Analysis

The majority of detected pathogenic mutations and polymorphisms are consistent with the data reported in the Coriell biobank. Interestingly, some additional observations in single causative genes emerged that are worthy to be mentioned in order to update data in the repository, as we describe below.

The NA06110 sample, acquired from Coriell biobank, derives from a female donor subject described as a compound heterozygote, with one allele carrying a G>A transition in the SGS\textit{H} gene causing the Arg245His (R245H) aminoacidic variation and “no changes detected in the other allele”. The LSDs\_panel was able to successfully detect the R245H change, identifying a second heterozygous mutation (i.e., the c.629G>A, causing the nonsense aminoacidic change—p.Trp210Ter) reported as pathogenic/likely pathogenic in ClinVar (Table 2). Thus, in addition to confirming the previously detected variant, our analysis indicated the presence of another, extending the genotypic portrait of the sample.

An additional observation is with regard to the NA02057 DNA sample, which carries a pathogenic homozygous G-to-C transversion in the AGA gene, resulting in a substitution of serine for cysteine at codon 163 (Cys163Ser (C163S)). The Coriell biobank reports also a heterozygous G-to-A transition (Arg161Gln (R161Q)) in the same gene, which was detected by the LSDs\_panel, but classified as benign in ClinVar.

The two false negative variants were detected in the NA00879 and NA01256 samples (Table 2). The first (c.746G>A (Arg245His [R245H])) was completely missed by sequencing, whereas the second (c.1293TGG>TAG (Trp402Ter [W402X])) was detected by the panel but excluded due to very low coverage (below the threshold of 30×). We cannot rule out that missed genetic modifications are the result of high culture passages.

The LSDs\_panel detected additional non-pathogenic variants in the analyzed samples (Table 2, in non-bold text) that may reduce enzymatic activity and may contribute to phenotypic manifestations. Given the variability of symptom manifestations as well as the phenotypic overlapping between genetically different disorders, the presence of additional secondary variants or genetic modifiers involved in lysosomal regulation and metabolism should be considered and may help to refine genotype–phenotype correlations.

4. Discussion

As outlined earlier, there are many factors hampering the diagnosis of LSDs, including the phenotypic and penetrance variability, the common signs and symptoms between certain disease groups, the genetic heterogeneity, and the difficulties of biochemical diagnostics. Developing a powerful diagnostic tool could mitigate the delayed diagnostic process for affected families, leading to better outcomes for current therapies and providing the basis for more appropriate genetic counseling. Many recent reports have emphasized the high clinical utility of NGS technologies and targeted gene panels in the diagnosis of suspected LSDs and their potential to reduce diagnostic delay [11–17].

Herein, we proposed a tNGS panel (LSDs\_panel) based on AmpliSeq technologies to simultaneously screen the coding regions of 65 genes responsible for a heterogeneous group of LSDs and aimed at evaluating its clinical utility in suspected patients. By using a set (n = 26) of standard samples from Coriell Institute biobank (https://www.coriell.org/, accessed on 26 October 2021), we assessed the overall accuracy of the panel (98.4%), the analytical sensitivity (95.2%), and the specificity (97.6%) of the NGS workflow. Known pathogenic mutations in the reference samples were identified with the correct homozygous/heterozygous state.

Several published papers have shown the possibility of carrying out successful NGS sequencing studies from DNA extracted from Guthrie card (DBS) fingerprints, thus taking advantage of the possibility of using the same non-invasive sampling from newborns for
both biochemical and sequencing tests [18,19]. Preliminary experiments in our lab starting from DBS-isolated DNA and sequenced with the LSD panel showed adequate amplicon coverage, revealing the feasibility of the NGS approach when starting from dried samples.

A second-tier application of the comprehensive LSDs panel may be in the field of modifier genes, complex disorders, and polygenic inheritance [15,20,21]. It is well known that patients who share the same mutations may have a different phenotypic spectrum. Thus, the effect of the primary molecular defects may be modified by the presence of additional cumulative mutations located in other genes that encode proteins involved in lysosomal pathways (Table 2). The possibility of detecting variants with uncertain significance and/or secondary findings should be, however, carefully considered in reporting the results, clearing the (probable) non-causality role of the mutation. The decision to report such mutations should always be in accordance with informed consent signed by patients.

A strong limitation of the panel is the poor ability to detect complex rearrangements and recombined genomic regions, which may all require other techniques for elucidation. CNVs, including both deletions and amplifications, may be visualized starting from NGS data by manually checking the coverage of the suspected gene: the degree of coverage of the examined region with respect to the same region in other samples of the same run could suggest the presence of a CNV in heterozygous or homozygous state. However, in both cases, different molecular techniques should be used to confirm the suspected alterations as well as to exclude potential allelic dropout events.

Taken together, we demonstrated here that an NGS-based approach for the detection of LSDs may be a valuable adjunct test along with the well-established biochemical assays. Indeed, while enzyme analysis is still the gold standard for many LSDs (characterized by enzymatic deficiency), it may not accurately identify all obligate carriers and cannot be applied to disorders caused by alterations in transport or transmembrane (non-catalytic) proteins. That a broader spectrum of diseases can be monitored in one single test significantly shortens the analysis time for complex phenotypes or when a biochemical test cannot be offered. Finally, genotype–phenotype correlations may be carefully analyzed since they may be discordant, and clinicians should be cautious when counseling families regarding prognosis.

5. Conclusions

NGS technology is currently offering the opportunity to improve the LSD diagnostic workflow, given its low cost, semi-automated pipeline, short processing time, and ability to simultaneously detect multiple nucleotide variants on several genes. A broader adoption of targeted NGS-based tests, such as the assessment described here, should be taken into consideration to optimize clinical management of LSDs characterized by high levels of clinical and biochemical heterogeneity.

The use of targeted NGS may represent a real and valuable strategy for providing timely and correct diagnoses, for detecting carrierrship status, and for ensuring genetic counseling for family planning. Moreover, molecular profiling and genomic sequencing information may prompt the design of novel therapeutic drugs targeting specific mutations, thus opening the possibility for personalized medicine. Efforts in this sense may prompt patient-oriented outcomes, may improve the quality of life of patients and their families, and may reduce both direct and indirect costs (e.g., caregivers’ services) to national health services and families.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/genes12111750/s1, Table S1: Design (bed file) of the LSD panel; Table S2: Mean reads per amplicon.

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