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Heat transport in a two-level system driven by a time-dependent temperature

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The field of thermotronics aims to develop thermal circuits that operate with temperature biases and heat currents just as how electronic circuits are based on voltages and electric currents. Here, we investigate a thermal half-wave rectifier based on a quantum two-level system (a qubit) that is driven by a periodically modulated temperature difference across it. To this end we present a nonequilibrium Green’s function technique, which we extend to the time domain to account for the time-dependent temperature in one of two thermal reservoirs connected to the qubit. We find that the qubit acts a thermal diode in parallel with a thermal capacitor, whose capacitance is controlled by the coupling to the reservoirs. These findings are important for the efforts to design nonlinear thermal components such as heat rectifiers and multipliers that operate with more than one diode.

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I. INTRODUCTION

The miniaturization of electronic elements has led to a dramatic growth in the density of components in electronic circuits [1]. This remarkable progress has allowed the design of more compact and faster electronic devices, and it has increased the computational throughput of the individual processing units. At the same time, the dissipation of heat at micro- and nanoscales has become a serious issue, which gets increasingly adverse as electronic circuits are scaled down in size. In one attempt to avoid overheating, the waste heat may be dissipated into the environment by means of a refrigeration circuit [2,3]. However, this approach may greatly reduce the overall efficiency of a device, not only because of the wasted energy, but also because the refrigeration circuit itself requires external power, which can be a significant fraction of the total power consumption of a device [4].

In an alternative way to handle waste heat generated by electronic devices, one may try to exploit thermoelectric effects and thereby convert and store parts of the energy for use at a later time [5,6]. While this strategy might be an improvement over simply dissipating the waste heat into the environment, it is still rather inefficient [7], and more radical ideas may be needed to exploit waste heat. In the approach that we follow here, the aim is to build heat-flow-based components which make use of heat currents and temperature gradients just as how electric currents and voltages are controlled in electronic circuits. The management of heat carried by phonons is known as phononics [8,9], and the more general field dealing with heat flows in systems involving electrons [10], photons [11–13], or phonons has been coined thermotronics [6].

Although the field of thermotronics is still in its infancy, several basic components have already been proposed and realized such as thermal transistors [14,15], thermal memories [16–18], thermal heat valves [19,20], and thermal switches [21]. When combined, these elements may pave the way for logic circuits that process a thermal input signal and return an output signal in terms of a heat current [22]. One key component for such circuits is a thermal diode, which allows for nonreciprocal transport of heat currents upon the inversion of the thermal gradient. A simple and promising realization of thermal diodes is based on spin-boson systems, where a quantum two-level system is coupled to two thermal baths at different temperatures [23,24]. Such systems are known to exhibit nonreciprocal heat transport as needed for a thermal diode [25–29], and they have recently been used to realize a thermal heat valve [19]. While earlier works have considered low-frequency heat transport [30–33], we now extend the discussion to finite driving frequencies.

In the framework of thermotronics, we here theoretically investigate the application of a thermal diode as a half-wave thermal rectifier. We consider the setup in Fig. 1(a),

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FIG. 1. AC temperature-driven qubit. (a) The setup consists of a quantum two-level system, or qubit, coupled to two thermal reservoirs. A time-dependent temperature in the left reservoir, \( T(t) \), generates a time-dependent heat current, \( J(t) \), in the right reservoir, which is kept at the constant base temperature, \( T_c \). (b) Equivalent circuit diagram of the quantum two-level system, which acts as a thermal diode in series with a resistor, \( R \), and in parallel with a capacitor, \( C \).
consisting of a quantum two-level system (or qubit) coupled to two bosonic baths. The right reservoir is kept at a constant temperature, while the left one is driven by a time-dependent temperature, encoding a thermal input signal. The output signal is then given by the time-dependent heat current flowing into the right reservoir. To evaluate the time-dependent heat current, we extend the method of Refs. [34,35] for static systems to setups with time-dependent temperatures. We then apply this methodology to characterize the qubit as a thermal half-wave rectifier. Based on the response to a dynamic temperature bias, we find that the system exhibits a nontrivial dependence on both the driving frequency and amplitude. Our approach is valid at slow driving frequencies compared to the qubit spacing and with not too strong couplings. We find that the system behaves as a diode in parallel with a thermal capacitor, as illustrated in Fig. 1(b). The capacitance induces a phase shift between the input and output signals, and we show that its microscopic origin can be related to the coupling between the two-level system and the heat baths.

Our work is organized as follows. In Sec. II we introduce the transport setup consisting of a quantum two-level system coupled to two heat baths, and we discuss the implementation of a time-dependent temperature. In Sec. III we describe the nonequilibrium Green’s function (NEGF) approach that we use to calculate the time-dependent heat current running into the drain reservoir. In Sec. IV we consider a constant time-dependent drive, the system is known to behave as a thermal diode in series with a small resistance and in parallel with a capacitor. We also provide simple estimates of the system parameters, which are relevant for realistic physical setups. Finally, in Sec. VI we summarize our findings and provide an outlook on possible directions for future work.

II. THERMAL CIRCUIT WITH A QUBIT

Our goal is to characterize the dynamic thermal transport properties of a qubit in a two-terminal setup as depicted in Fig. 1(a). In the weak coupling regime without a time-dependent drive, the system is known to behave as a thermal diode [23], which led to the recent realization of a thermal heat valve [19]. Here, our aim is to investigate the setup with a time-dependent temperature in the spirit of thermotronics [6]. We drive the temperature of one bath with frequency $\Omega$ and amplitude $\Delta T$ and evaluate the heat current running into the other bath.

The setup consists of a quantum two-level system (a qubit) coupled to left and right heat reservoirs. In this work we focus on two heat baths, but our approach can readily be extended to more complex setups, such as a three-terminal system making up a transistor. The system is described by the Hamiltonian

$$\hat{H}(t) = \hat{H}_Q + \sum_{\ell=L,R} [\hat{H}_\ell(t) + \hat{T}_\ell(t)], \quad (1)$$

where the qubit is given by the term

$$\hat{H}_Q = \frac{\hbar}{2} \hat{\sigma}_z, \quad (2)$$

while the Hamiltonian of each heat bath takes the form

$$\hat{H}_\ell(t) = r_\ell(t) \sum_k \hbar \omega_{\ell k} \hat{a}_{\ell k}^\dagger \hat{a}_{\ell k}, \quad (3)$$

where $\hat{a}_{\ell k}^\dagger$ and $\hat{a}_{\ell k}$ describe bosonic modes of frequency $\omega_{\ell k}$, and we take $\hbar, k_B = 1$ from now on. The terms

$$\hat{T}_\ell(t) = r_\ell(t) \sum_k \hat{a}_{\ell k}(t, \omega_{\ell k}) g_{\ell k} \hat{\sigma}_z \hat{a}_{\ell k} \quad (4)$$

describe the coupling between the qubit and the heat baths, where $g_{\ell k}$ is the strength of the coupling to a bath excitation with momentum $k$, and we have defined the position operator $\hat{q}_{\ell k} = \hat{a}_{\ell k}^\dagger + \hat{a}_{\ell k}$. Above, we have also introduced the time-dependent parameters $r_\ell(t)$ and $s_{\ell k}(t, \omega_{\ell k})$, which will be important in the following for the description of time-dependent temperatures.

A. Time-dependent temperatures

To describe a time-dependent temperature we exploit an analogy with time-dependent voltages in electronic setups. In that case, a modulated voltage is described by a time-dependent local chemical potential in each bath. The central idea is that the chemical potential is the Lagrange multiplier that guarantees that the mean number of particles in the reservoir is kept constant. Similarly, the inverse temperature is the Lagrange multiplier that fixes the mean energy of the external reservoir. Hence the time-dependent scaling factor $r_\ell(t)$ in $\hat{H}_\ell$ plays the role of the multiplier $\mu$ (the chemical potential) in front of the operator for the total particle number in the grand canonical ensemble. Thus it scales the energies of the bath and, as we will see, it effectively leads to a rescaling of the inverse bath temperature, which becomes $\beta_\ell/r_\ell(t)$. A related approach based on a functional theory [30] has been presented in Refs. [31–33] using a Luttinger-field method [36], however, without the rescaling of the interaction term $\hat{T}_\ell(t)$ that we include here. Specifically, the prefactor $r_\ell(t) s_{\ell k}(t, \omega_{\ell k})$ in the coupling Hamiltonian is chosen so that the rescaling of the energies does not change the spectral properties of the bath. In particular, when rescaling the bath Hamiltonian, the density of states is modified and the frequency of a particular mode is changed from $\omega_{\ell k}$ to $r_\ell(t) \omega_{\ell k}$. As a result, the spectral function, which is given by the couplings $g_{\ell k}$, is effectively changed. We thus include the prefactor $s_{\ell k}(t, \omega_{\ell k})$ in front of the coupling to keep the spectral density unchanged. The specific form of $s_{\ell k}(t, \omega_{\ell k})$ will depend on the couplings $g_{\ell k}$ and will be discussed in Sec. III. Below, we drive the temperature of only the left bath, and we thus keep $r_R(t) = 1$ and $s_{R k}(t, \omega_{R k}) = 1$ for the right bath.

B. Time-dependent heat current

To investigate the thermal transport properties of the qubit, we will consider how it transforms a periodic input signal, encoded in the temperature drive of the left bath, into an output signal in the right bath. We express the time-dependent

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heat current in the right bath as [25,37]
\[ J_R(t) = -i\langle [\hat{H}(t), \hat{H}_R] \rangle, \]
where the Hamiltonian of the bath, $\hat{H}_R$, is time independent, since the temperature there is kept constant. Here, we consider the part of the heat current that is given by the rate of change of the bath energy [38]. On the other hand, we do not discuss the one that is associated with the contact region between the system and the heat bath but note that this term may need to be considered to establish a thermodynamically consistent framework at finite frequencies [39–42]. The time-dependent heat current can now be evaluated using nonequilibrium Green’s functions, and following the derivation in Appendix A, it can be written as
\[ J_R(\omega) = \int d\tau D_{R_R}(\tau, \tau + i\omega) J_B(\omega), \]
(6)
where $J_B(\omega)$ is the average flow of bosons into the right reservoir at a given frequency, and $J_R(\omega)$ is the spectral density of that bath. To evaluate the heat current, we then need to compute the lesser two-times self-correlation function
\[ K_\gamma^\gamma(t, t') = -i\langle \hat{\gamma}(t) \hat{\gamma}(t') \rangle \]
(8)
of the qubit as well as its spectral function encoded in the advanced component
\[ K_\gamma^\Lambda(t, t') = \theta(t - t') [K_\gamma^\Lambda(t, t') - K_\gamma^\gamma(t, t')], \]
(9)
where $\theta$ is the Heaviside step function. Moreover, we need the free propagators of each bath mode, $D_{R_R}(t, t')$.

III. NEGF FOR A DRIVEN SYSTEM

To evaluate the heat current, we use nonequilibrium Green’s functions to find the time-dependent correlation functions of the qubit. In particular, we extend the approach of Refs. [34,35] to include a time-dependent temperature. We start by performing a polaron transformation, which allows us to rewrite the coupling to the reservoirs in a manner that can be treated using perturbation theory [43–45]. Next, we represent the spin operators using Majorana fermions [46,47]. The commutation relations of the spin operators make it difficult to apply Wick’s theorem, but we may switch to a Majorana fermion representation, which has proven useful to evaluate spin-spin correlation functions perturbatively [35,45,48]. In the following we describe only the main steps of this calculation and refer the reader to Appendix B for further details. Our approach follows Ref. [35], but for the sake of completeness and to highlight the additional steps that are required for the time-dependent drive, we present the essential details here.

A. Polaron transformation

We first apply a polaron transformation of the form
\[ \hat{U}(t) = e^{-i\hat{\mathcal{H}}_R(t)}, \]
(10)
where we have defined the operator
\[ \hat{\mathcal{H}}_R(t) = 2i \sum_{\ell k} s_{\ell k}(t, \omega_{\ell k}) g_{\ell k} \omega_{\ell k}^{-1} (\hat{a}_{\ell k}^\dagger - \hat{a}_{\ell k}). \]
(11)
The unitary operator $\hat{U}(t)$ shifts the equilibrium position of the bath oscillators according to the state of the qubit. Specifically, in the polaron frame, the Hamiltonian reads
\[ \hat{H}(t) = \hat{U}(t) \hat{H}_R(t) \hat{U}(t)^\dagger + i\hbar \frac{d}{dt} \hat{U}(t) \hat{U}(t)^\dagger = \hat{H}_R(t) + \hat{H}_U(t), \]
(12)
where the first term,
\[ \hat{H}_R(t) = \frac{\epsilon}{2} (\hat{\sigma}_x \cos \hat{\Omega}(t) + \hat{\sigma}_y \sin \hat{\Omega}(t)), \]
(13)
contains the resummed interactions between the qubit and the baths, which are bounded by $\epsilon$ because of the trigonometric functions. The last term above,
\[ \hat{H}_U(t) = 2i\hbar \frac{d}{dt} \sum_{\ell k} s_{\ell k}(t, \omega_{\ell k}) g_{\ell k} \omega_{\ell k}^{-1} (\hat{a}_{\ell k}^\dagger - \hat{a}_{\ell k}), \]
(14)
is proportional both to the coupling strength and the driving frequency via the time derivative. Thus, below, when we consider weak couplings and driving frequencies that are smaller than the qubit spacing, we can safely neglect this term (and it vanished if the rescaling is constant). We note that the polaron transformation is useful for evaluating multitime correlators of $\hat{\sigma}_z$, but less so for other correlation functions.

B. Majorana-fermion representation

It is not straightforward to apply the NEGF approach to systems described by spin operators such as Pauli matrices because of their nontrivial commutator algebra. In particular, since neither their commutators nor anticommutators are just complex numbers, we cannot apply Wick’s theorem to reduce higher-order correlators to products of two-point correlation functions. To circumvent this problem, it is convenient to resort to mappings to either fermionic or bosonic operators, depending on the problem at hand. In our case it is useful either to map the two-level system to a pair of spinless Dirac fermions or to three Majorana fermions [46]. Here, we choose the second strategy and map the spin operators to fictitious Majorana fermions as
\[ \hat{\sigma}_k = -\frac{i}{2} \epsilon_{km} \hat{n}_k \hat{n}_m, \]
(15)
where $\epsilon_{km}$ is the fully antisymmetric Levi-Civita tensor, summation over repeated indices is implied, and the operators $\hat{n}_k$ fulfill the standard Majorana anticommutation relations, $\{\hat{n}_k, \hat{n}_l\} = 2\delta_{kl}$. We can now introduce the Green’s function in the Majorana representation as
\[ G_k(\tau, \tau') = -i \langle \hat{T}_\tau \hat{n}_k(\tau) \hat{n}_k(\tau') \rangle, \quad k = x, y, z, \]
(16)
where $\tau$ and $\tau'$ denote complex times on the Keldysh-Schwinger contour $\gamma$ with the time-ordering operator $T_\gamma$ [49]. The free Green’s functions are
\[ G^{00}(\tau, \tau') = -i \langle \hat{T}_\gamma \hat{n}_{00}(\tau) \hat{n}_{00}(\tau') \rangle, \]
(17)
where \( \hat{\eta}_{\alpha}(\tau) \) is the Majorana operator in the Heisenberg picture of the uncoupled qubit. One can establish a relationship between the Green’s functions in the two pictures using the expressions below following Ref. [48]:

\[
\begin{align*}
K^c_c(t, t') &= -G^c_c(t, t'), \\
K^c_c(t, t') &= G^c_c(t, t'), \\
K^A_c(t, t') &= -\Theta(t' - t)[G^c_c(t, t') + G^c_c(t, t')],
\end{align*}
\]

From the expression of the heat current in Eq. (6), we see that we need to compute the Green’s function \( G_c(t, t') \).

### C. Dyson equation

To find the Green’s function, we first rewrite the Hamiltonian with the resummed interactions as

\[
\hat{H}(t) = -\frac{e}{2}(\hat{\eta}_{\alpha}^+ \cos \Omega(t) + \hat{\eta}_{\alpha} \sin \Omega(t)).
\]

As in Ref. [35], we then write down a Dyson equation for the full Green’s function of the form

\[
G_c(\tau, \tau') = G_{\alpha}(\tau, \tau') + \int_\gamma ds s' G_{\alpha}(\tau, s') \Sigma(s', s) G_c(s, \tau'),
\]

(20)

where the self-energy is expressed as

\[
\Sigma(\tau, \tau') = -\frac{i}{4}[G_{\alpha}(\tau, \tau') B_\alpha(\tau, \tau') + G_{\alpha}(\tau, \tau') B_\alpha(\tau, \tau')]
\]

in terms of the additional bath correlation functions

\[
B_\alpha(\tau, \tau') = -i(T^\prime_\tau \cos \Omega(t) \cos \Omega(t')),
\]

(21)

\[
B_\beta(\tau, \tau') = -i(T^\prime_\tau \sin \Omega(t) \sin \Omega(t')).
\]

(22)

Due to the polaron transformation, the self-energy is nonadditive in the baths, which is different from a master equation, where the contributions from different baths are typically additive.

In order to evaluate the bath correlation functions, we need to specify the spectral functions for each of them. If we consider spectral functions of the form

\[
I_\gamma(\omega) = \alpha_1 \pi \omega^\rho \omega^-\rho e^{-\omega/\omega_c},
\]

(23)

it is possible to evaluate the self-energies analytically, see Appendix B. Here, the dimensionless parameter \( \alpha \) controls the strength of the interactions, and \( \omega_c \) is a cut-off frequency for the bath. In the Ohmic case, \( p = 1 \), the lesser and greater self-energies read

\[
\Sigma^\gamma_{\alpha}(t, t') = -\frac{i}{2} \prod_{\ell = L, R} \Phi^{(\ell)}(t, t'),
\]

(24)

having defined the function

\[
\Phi^{(\ell)}(t, t') = \left( \frac{\omega^2 C^2[T_\ell(t)/\omega_c + 1] \Gamma^2[T_\ell(t')/\omega_c + 1]}{\Gamma[T_\ell(t)/\omega_c + 1]} \right)^{\alpha_1}.
\]

(25)

Above, the gamma function is denoted by \( \Gamma(x) \), and

\[
\gamma^\gamma_{\pm}(t, t') = [T_\ell(t) + T_\ell(t')]/2 \omega_c \pm \int_{t'}^t dq T_\ell(q).
\]

(26)

IV. DC HEAT TRANSPORT

A single qubit coupled to two heat baths at different temperatures has been predicted to show nonreciprocal transfer of energy. This feature has recently been exploited to engineer a heat valve that can control the flow of heat [19,28]. In analogy with electrical circuits, one may consider such a device as a thermal diode, which could form a basic building block of thermal circuits, where temperature gradients and heat currents play the roles of voltage biases and electrical currents. One common figure of merit to quantify nonreciprocal transport is the difference between the forward and backward heat currents, defined as the response to a positive or negative temperature difference across the device with the average temperature kept constant. In the next section we keep the right bath at the ground temperature \( T_R \), while the left one is driven periodically with amplitude \( \Delta T \) around \( T_L \). Consequently, we here define the forward and backward heat currents as the ones that are produced with the left bath held at the constant temperatures \( T_L + \Delta T \) and \( T_L - \Delta T \), respectively, while the right one has the fixed temperature \( T_R \). (This definition is different from the most common approach of switching the temperatures of the baths, while keeping their average temperature constant.) For linear electrical circuits, the two cases would be equivalent, since a ground voltage would not affect the transport. By contrast, in our case, nonreciprocal features arise due to the nonlinear response of the qubit to the temperature bias.
As we argue now, the transport is always reciprocal in linear response regardless of what definition we use. To see this, we find the stationary heat current from Eq. (6) at long times, assuming that a stationary state has been reached and taking into account the conservation of energy, such that $J_L^S + J_R^S = 0$ for the stationary currents based on our sign conventions. We then find

$$J_R^S = \frac{\alpha_L \alpha_R}{4 \pi (\alpha_L + \alpha_R)} \int_0^\infty d\omega \omega I(\omega) \chi(\omega) [n_R(\omega) - n_L(\omega)],$$ \hspace{1cm} (30)

where

$$\chi(\omega) = K^+ - K^.$$ \hspace{1cm} (31)

is the susceptibility of the qubit in frequency space, and the Bose-Einstein distribution of each bath is denoted as $n_i(\omega)$.

Both bath spectral functions are given by Eq. (23) with different coupling strengths, $\alpha_{L,R}$, so that $I(\omega)$ above is given by Eq. (23) with $\alpha = 1$ and the coupling strengths instead enter in front of the integral. From Eq. (30), one can show that the forward and backward currents coincide in linear response, regardless of the definition of the temperature bias. Here, linear response is defined as having a small temperature bias compared to the ground temperature, $\Delta T \ll T_G$. This finding implies that the system does not behave like a thermal diode in the linear-response regime, and we have to apply larger temperature biases to observe rectification.

In the following we consider the nonlinear regime, where the definition of the temperature bias becomes important. In particular, we will explore two phenomena with polarity inversion on the diode, where the direction of the rectification changes as a function of a control parameter. In one case we observe polarity inversion for weak couplings as the base temperature $T_G$ is lowered below the qubit energy $\epsilon$. The other case occurs for high temperatures as the coupling strength is gradually increased. The first case is simply a consequence of how we define the bias, while the second one also occurs for the usual definition. We also note that if one simply switches the temperatures, there is no rectification for $\alpha_L = \alpha_R$, while with our definition, there may still be rectification, since our definition inherently is asymmetric. We consider the symmetric case $\alpha_L = \alpha_R = \alpha$, and note that different couplings can either increase or decrease the difference between the forward and backward currents.

In Fig. 2(a) we show the difference between the forward and backward currents as a function of the coupling strength and the ground temperature. As a function of the coupling strength, the polarity of the diode inverts close to the Toulouse point at $\alpha = 1/2$. To understand this behavior, we note that the forward and backward susceptibilities in Fig. 2(b) coincide exactly at the Toulouse point. However, the polarity changes slightly before the Toulouse point, because the heat current is given not only by the susceptibility but also by the difference of the Bose-Einstein distributions. This behavior would also occur for the usual definition of the temperature bias. By contrast, the polarity inversion that can be seen as a function of temperature can be related to our specific definition of the bias and would not normally occur.

The microscopic origin of the polarity inversion can be understood by considering the imaginary part of the susceptibility in Fig. 2(b) for different coupling strengths. The imaginary part of the susceptibility quantifies the response of the qubit to external forces at a given frequency [34], and with a small susceptibility the qubit interacts only weakly with the environments, resulting in a small energy transfer. We note that the susceptibility can be related to a scattering matrix [29] and to the structure factor through fluctuation-dissipation theorems [33], which in turn quantifies the scattering of photons due to the interaction with the qubit [54].

V. AC HEAT TRANSPORT

We now turn to the situation where the qubit is driven by a periodically varying temperature of the left bath,

$$T(t) = T_G + \Delta T \sin(\Omega t),$$ \hspace{1cm} (32)

where $T_G$ is the base temperature of the reservoirs, and $\Delta T$ is the amplitude of the oscillations with frequency $\Omega$. In what follows we consider the qubit as a two-terminal element that processes an input signal, given by the periodic temperature
FIG. 3. Time-dependent heat current. The dashed lines correspond to the quasistatic limit, where the driving is so slow that the heat current at any time is given by Eq. (30). The solid lines correspond to different driving frequencies. The ground temperature and the driving amplitude are $k_BT_g = 2.5\hbar\varepsilon$ and $\Delta T = 0.6T_g$, respectively, and $\alpha = 0.05$.

To better illustrate the phase shift, we show in Fig. 5 a parametric plot of the temperature and the heat current. In the quasistatic limit, the input and output signals are in sync, and the area enclosed by the parametric curve vanishes. By contrast, with increasing driving frequency, a finite area builds up due to the phase shift between the two signals. In addition, the major axis of the ellipselike shapes gradually rotates upwards, away from the quasistatic result. This behavior is consistent with the circuit in Fig. 1(b). Eventually, at higher frequencies we expect that a current can flow through the circuit in both directions via the capacitor despite the diode in the other branch. As a consequence, the rectification will be lost.

FIG. 4. Heat currents and phase shifts. We show time-dependent heat currents with driving frequencies increasing from $\Omega = 0.15\varepsilon$ (dark blue) to $\Omega = 0.5\varepsilon$ (light blue) in equidistant steps for the period. The other parameters are the same as in Fig. 3.
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FIG. 6. Input-output phase shift. The phase shift between the input and the output signal as a function of the coupling \( \alpha < 0.5 \) with the driving frequency \( \Omega = 0.2 \varepsilon \). The phase shift approximately follows a power law.

Figure 6 shows how the phase shift depends on the coupling strength, which also changes the resistance of the thermal circuit. In particular, for low couplings, \( \alpha \sim 0.1 \), the current should increase linearly with increasing coupling, which thus lowers the resistance linearly. However, Fig. 6 shows that the phase shift to a good approximation displays a nonlinear power-law dependence on the coupling. This behavior shows that the capacitance also depends on the coupling strength following a power law.

In Fig. 7 we return to the rectification in the system. The rectification can be characterized by two figures of merit: the period-averaged heat current, which we denote by \( \bar{J} \), and the difference between the maximal negative and positive currents, \( \Delta J \). These quantities may be used to estimate how well the output signal can be distinguished from the background noise, which is important in view of possible applications for digitizing the output signal for thermotronic applications. In Fig. 7 we show the two quantities as functions of the driving frequency for three different amplitudes of the temperature oscillations, and we observe that the loss of rectification with increasing driving frequency is qualitatively similar for the three amplitudes and both figures of merit.

Finally, we discuss possible parameter values for our calculations. Our results are based on a generic nonequilibrium spin-boson model, which potentially can be realized in many different physical platforms, for example, using superconducting qubits [55], atoms in optical lattices [56,57], electron spins in quantum dots [58], or any other realization of a quantum two-level system coupled to external heat reservoirs. To be specific, we consider the spin of a trapped electron for which the tunable qubit spacing would be around \( \varepsilon \approx 500 \text{ MHz} \) in a magnetic field of 100 mT. This qubit splitting corresponds to a temperature of \( T = \hbar \varepsilon / k_B \approx 30 \text{ mK} \), which certainly is reachable, more so if we consider a temperature that is two or three times higher. In addition, the driving frequencies would be on the order of 100–200 MHz, which certainly should be achievable with current technology. For comparison, voltages can be modulated at much higher frequencies of about 1–10 GHz, and a sample may be heated up by simply running a current through a resistor. Since electron and phonon relaxation times are typically much faster, the heat reservoirs will quickly equilibrate and follow the desired temperature modulations.

VI. CONCLUSIONS

We have theoretically investigated the thermal transport in a quantum two-level system driven by a time-dependent temperature difference. To this end we have extended a nonequilibrium Green’s functions approach for static setups to include a time-dependent temperature. Based on this methodology, we have characterized the dynamic thermal properties of the quantum two-level system and showed that it can operate as a thermal half-way rectifier. We have proposed an equivalent circuit model of the setup consisting of a thermal diode in parallel with a capacitor. The thermal properties of the device are related to the quantum nature of the system, which must be accounted for in the design of thermal circuits at the nanoscale. The method presented here can be extended to setups with more than two heat baths, for example, a three-terminal setup such as a thermal transistor. We have also been interesting to investigate several coupled two-level systems, which may provide a means to enhance the asymmetry and rectification of a device. In practice, the spin-boson setup that we have considered can be implemented in many different ways, and we thus end by passing the baton to the experimentalists to identify the best systems to realize these ideas.

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**APPENDIX A: HEAT CURRENT**

Here we describe the calculations leading to the expression for the heat current in Eq. (6). The average change of the energy in the right bath \( R \) is defined as

\[
J_R(t) = -i \langle [\hat{H}(t), \hat{R}(t)] \rangle.
\]  

(A1)

Now, using the expressions for the total and the free Hamiltonian of the bath, we obtain

\[
J_R(t) = 2 \text{Re} \left[ \sum_k \omega_k R_k(t) g_{R_k}(t, t) \right],
\]

(A2)

where we have defined the mixed Green’s function

\[
M_{R_k}(\zeta, \zeta') = -i \langle \tau R_k(\zeta) \tilde{\sigma}(\zeta') \rangle.
\]

(A3)

For noninteracting baths, it is possible to derive an expression for the mixed Green’s function in terms of the free bath propagator \( D(\zeta, \zeta') \) and the interacting Green’s function of the qubit \( K(\zeta, \zeta') \). This procedure closely follows Refs. [25,35] and yields

\[
M_{R_k}(\zeta, \zeta') = g_{R_k} \int d\tilde{\zeta} D(\zeta, \tilde{\zeta}) K(\tilde{\zeta}, \zeta').
\]

(A4)

Finally, by inserting this expression into the one for the heat current and projecting it onto the real-time axis, we arrive at Eq. (6) for the heat current.

**APPENDIX B: EVALUATION OF SELF-ENERGIES**

Here, we find the lesser and greater components of the self-energy and the correlations functions \( B_i(t, t') \) for each bath. The lesser or greater self-energies read

\[
\Sigma^{\geq <}(\tau, \tau') = \frac{i}{2} \left[ G^{\geq <}_{(1)}(\tau, \tau') B^{\geq <}_{(1)}(\tau, \tau') + G^{\geq <}_{(0)}(\tau, \tau') B^{\geq <}_{(0)}(\tau, \tau') \right],
\]

(B1)

where the qubit’s Green’s functions are just the imaginary unit \( i \), since the Hamiltonian of the qubit in the polaron frame vanishes, and we have introduced the additional bath correlation functions

\[
B_R(\tau, \tau') = -i \langle \tau R(\tau) \tilde{\sigma}(\tau') \rangle,
\]

\[
B_L(\tau, \tau') = -i \langle \tau \tilde{R}(\tau) \sigma(\tau') \rangle,
\]

(B2)

where \( \tilde{\sigma} \) is defined in Eq. (11). The greater and lesser components of the free bath Green’s functions in the polaron frame are given by

\[
B(\tau, \tau') = -i \begin{pmatrix}
\cos(\Omega(t) \cos(\Omega(t')) \\
\sin(\Omega(t) \cos(\Omega(t'))
\end{pmatrix} \begin{pmatrix}
\cos(\Omega(t) \sin(\Omega(t')) \\
\sin(\Omega(t) \sin(\Omega(t'))
\end{pmatrix},
\]

(B3)

with \( B(\tau, \tau') = [B^*(\tau, \tau')]^* \).

Next, we need to evaluate the four types of Green’s functions involving combinations of trigonometric functions of \( \tilde{\sigma} \). These correlation functions can be expressed in terms of the functions

\[
\Phi_{mn}(t, t') = \langle e^{im\Omega(t)} e^{in\tilde{\sigma}(t')} \rangle,
\]

(B4)

where \( n \) and \( m \) are integers. In the Heisenberg picture, we can write the annihilation operators of the bath as

\[
\hat{a}_{ik}(t) = \hat{a}_{ik} e^{-i\omega_k R(t)},
\]

(B5)

where we have defined the time-integrated rescaling of the inverse temperature as

\[
R(t) \equiv \int_0^t ds r(s).
\]

(B6)

We then find the expression

\[
\Phi_{n,m}(t, t') = \prod_{k, \ell} \langle 1 - e^{\beta \omega_k} \rangle \sum_{n_{(1)} = 0}^{\infty} e^{-\beta n_{(1)} \omega_k} \times \langle n_{(1)} | e^{\nu(t, \omega_k) p_{1+}(t')} e^{\nu(t', \omega_k) p_{1-}(t')} | n_{(1)} \rangle,
\]

(B7)

where \( \beta \) is inverse temperature (before the rescaling), the eigenstates of the quantum harmonic oscillator are denoted as \( | n_{(1)} \rangle \), and we have defined

\[
\nu(t, \omega_k) = -\frac{2g_{ik}}{\omega_k} x(t, \omega_k)
\]

(B8)

together with the operators

\[
\hat{p}_{ik}(t) = \hat{a}_{ik}^\dagger e^{iR(t)\omega_k} - \hat{a}_{ik} e^{-iR(t)\omega_k}.
\]

(B9)

Next, we factor out the time dependence and normal-order the operators. To this end, we recall that

\[
e^{\hat{A} + \hat{B}} = e^{\hat{A}} e^{-i[\hat{A}, \hat{B}]/2}
\]

(B10)

for pairs of operators, whose nested commutators vanish, \([ [\hat{A}, \hat{B}], \hat{A} ] = [ [\hat{A}, \hat{B}], \hat{B} ] = 0 \). Considering the product of exponentials in Eq. (B7), we then find

\[
e^{\nu_{12} \hat{p}_{1+} + \nu_{21} \hat{p}_{2+}} = e^{\nu_{12} \hat{p}_{1+} + \nu_{21} \hat{p}_{2+}} e^{\nu_{12} \hat{p}_{1-} | \hat{p}_{1+}, \hat{p}_{2+} / 2},
\]

(B11)

having used subscripts to represent the different variables of the functions. We can rewrite these expressions as

\[
n_{v_{12}} \hat{p}_{1} + n_{v_{21}} \hat{p}_{2} = \xi \hat{a}^\dagger - \xi^* \hat{a},
\]

(B12)

and

\[
[e_{\nu_{12} \hat{p}_{1}}, e_{\nu_{21} \hat{p}_{2}}] = e^{-i\nu_{12} R(t) \omega} - e^{i\nu_{21} R(t') \omega} = -2i \sin (\tilde{\nu}_{12} R(t, t') \omega),
\]

(B13)

having defined \( \xi = n_{v_{12}} e^{i\tilde{R}(t) \omega} + n_{v_{21}} e^{i\tilde{R}(t') \omega} \) and

\[
\tilde{R}(t, t') = R(t) - R(t') = \int_0^t ds r(s).
\]

(B14)

We then find

\[
e^{\nu_{12} \hat{p}_{1} \nu_{21} \hat{p}_{2}} = e^{-\xi^* \hat{a}^\dagger - \xi^* \hat{a}} e^{-in_{v_{12}} \nu_{21} \sin (\tilde{R}(t) \omega)},
\]

(B15)
and by inserting this expression into Eq. (B7), we obtain

\[ \Phi_{n,m}(t, t') = \sum_{k, \ell} e^{-i m v_1 \beta/2} \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} (\langle n_k | e^{i \beta/2} e^{-i \beta/2} | n_k \rangle) \]

\[ \approx \sum_{k, \ell} e^{-i m v_1 \beta/2} \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \]

where we have introduced the matrix elements

\[ K_{n,m}(t, t') = \sum_{k, \ell} -i m v_1 \beta/2 \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \]

\[ = \sum_{k, \ell} 4 \frac{g^2}{\omega_k} \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

having used Eq. (B8) in the second line. This expression can be written as a sum over the baths, \( K_{n,m}(t, t') = \sum_\ell K_{n,m}^{(\ell)}(t, t') \), and we focus now on the contribution from one of the baths. Assuming a continuous density of states, we may replace the sum by an integral and write

\[ K_{n,m}^{(\ell)}(t, t') = \int_0^\infty d\omega \frac{2 I_\ell(\omega)}{\pi \omega^2} \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

where \( I_\ell(\omega) = 2\pi \sum_k g^2 \delta(\omega - \omega_k) \) is the spectral density of the bath, which we take to be of the form

\[ I_\ell(\omega) = \alpha \omega^\beta e^{1-\beta/\omega_0}, \]

as in Eq. (23). We now see that the rescaled spectral density can be written as

\[ \frac{I_\ell(\omega)}{\omega^2} = \frac{\alpha}{\beta} e^{1-\beta/\omega_0}, \]

and requiring that it must equal the original spectral density \( I_\ell(\omega) \), we set the fraction on the right-hand side equal to unity, which in turn fixes the dependence of \( s_\ell(t, \omega) \) on \( r_\ell(t) \) as

\[ s_\ell(t, \omega) = \left[ r_\ell(t) \right]^{\beta/2} e^{1-\beta/\omega_0}. \]

An as an important sanity check, we find in the case where \( r_\ell(t) = r_\ell \) is constant, the expression

\[ K_{n,m}^{(\ell)}(t, t') = 2\alpha \int_0^\infty \omega^\beta e^{1-\beta/\omega_0} \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

\[ = 2\alpha \int_0^\infty \omega^\beta e^{1-\beta/\omega_0} \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

which is a function of the time difference \( \tau = t - t' \) only and exactly corresponds to a bath with the constant rescaled inverse temperature \( \beta/\omega_0 \).

The final time-dependent expression reads

\[ K_{n,m}^{(\ell)}(t, t') = 2\alpha \int_0^\infty \omega^\beta e^{1-\beta/\omega_0} \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

\[ + \left( \frac{r_\ell(t)}{r_\ell(t')} \frac{e^{-\beta/\omega_0}}{2} + \frac{r_\ell(t')}{r_\ell(t)} \frac{e^{-\beta/\omega_0}}{2} \right) \left[ -i m s(t) s(t') \sin(\beta/2) e^{i \beta/2} \sum_{n_k} e^{-\beta n_k} \delta(\beta/2) \right] \]

To evaluate the Green’s functions in the main text, we only need the terms \( K_{1,-1}^{(\ell)} \) and \( K_{1,1}^{(\ell)} \) with the properties \( K_{1,-1}^{(\ell)} = K_{1,1}^{(\ell)} = K^{(\ell)} \), such that only \( K^{(\ell)}(t, t') \) needs to be evaluated. Using

\[ \zeta(z, q) = \frac{1}{\Gamma(z)} \int_0^\infty d\omega \omega^{z-1} e^{-q\omega} \]

we can evaluate \( K^{(\ell)}(t, t') \) analytically, and in the Ohmic limit \( p \to 1 \) we find

\[ K^{(\ell)}(t, t') = \alpha \ln \left( \frac{\beta^2 s^2 \Gamma^2 e_+^{1/2} + 1}{e_{-\ell}^{1/2} e^{(t')^2/2} e_+^{1/2} (t')^2} \right). \]
where $\Gamma[x]$ is the gamma function, and the function $c^\ell_0(t, t')$ is defined in Eq. (26) for a single heat bath. These expressions finally lead us to Eq. (25), which allows us to calculate the heat current for a time-dependent temperature.
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