### Appendix E: Pearson’s Correlation Coefficient

|                      | Appraisal | Regulation | Utilization | Physical Health | Psychological Health | Social Relationships | Environmental Health |
|----------------------|-----------|------------|-------------|-----------------|----------------------|----------------------|----------------------|
| **Appraisal**        | Pearson Correlation | 1          |             |                 |                      |                      |                      |
| Sig. (2-tailed)      | 0.000     | 0.000      |             |                 |                      |                      |                      |
| **Regulation**       | Pearson Correlation | 0.528**    |             |                 |                      |                      |                      |
| Sig. (2-tailed)      | 0.000     | 0.000      |             |                 |                      |                      |                      |
| **Utilization**      | Pearson Correlation | 0.471**    | 0.594**     | 1               |                      |                      |                      |
| Sig. (2-tailed)      | 0.000     | 0.000      |             |                 |                      |                      |                      |
| **Physical Health**  | Pearson Correlation | 0.375**    | 0.393**     | 0.255**         | 1                    |                      |                      |
| Sig. (2-tailed)      | 0.000     | 0.000      | 0.008       |                 |                      |                      |                      |
| **Psychological Health** | Pearson Correlation | 0.482**    | 0.503**     | 0.385**         | 0.587**              | 1                    |
| Sig. (2-tailed)      | 0.000     | 0.000      | 0.000       | 0.000           | 0.000               |                      |
| **Social Relationships** | Pearson Correlation | 0.397**    | 0.358**     | 0.217*          | 0.444**              | 0.637**              | 1                   |
| Sig. (2-tailed)      | 0.000     | 0.000      | 0.024       | 0.000           | 0.000               | 0.000               |                      |
| **Environmental Health** | Pearson Correlation | 0.349**    | 0.412**     | 0.281**         | 0.564**              | 0.579**              | 0.514**             | 1                   |
| Sig. (2-tailed)      | 0.000     | 0.000      | 0.003       | 0.000           | 0.000               | 0.000               | 0.000               |                      |

**Correlation is significant at the 0.01 level (2-tailed).**

*Correlation is significant at the 0.05 level (2-tailed).