Catalysis of iron core formation in *Pyrococcus furiosus* ferritin

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Abstract The hollow sphere-shaped 24-meric ferritin can store large amounts of iron as a ferrihydrite-like mineral core. In all subunits of homomeric ferritins and in catalytically active subunits of heteromeric ferritins a diiron binding site is found that is commonly addressed as the ferroxidase center (FC). The FC is involved in the catalytic Fe(II) oxidation by the protein; however, structural differences among different ferritins may be linked to different mechanisms of iron oxidation. Non-heme ferritins are generally believed to operate by the so-called substrate FC model in which the FC cycles by filling with Fe(II), oxidizing the iron, and donating labile Fe(III)–O–Fe(III) units to the cavity. In contrast, the heme-containing bacterial ferritin from *Escherichia coli* has been proposed to carry a stable FC that indirectly catalyzes Fe(II) oxidation by electron transfer from a core that oxidizes Fe(II). Here, we put forth yet another mechanism for the non-heme archaeal 24-meric ferritin from *Pyrococcus furiosus* in which a stable iron-containing FC acts as a catalytic center for the oxidation of Fe(II), which is subsequently transferred to a core that is not involved in Fe(II)-oxidation catalysis. The proposal is based on optical spectroscopy and steady-state kinetic measurements of iron oxidation and dioxygen consumption by apoferritin and by ferritin preloaded with different amounts of iron. Oxidation of the first 48 Fe(II) added to apoferritin is spectrally and kinetically different from subsequent iron oxidation and this is interpreted to reflect FC building followed by FC-catalyzed core formation.

Keywords Ferritin · Ferroxidase · Kinetics · *Pyrococcus furiosus* · UV–vis spectroscopy

Abbreviations

EcBFR  *Escherichia coli* bacterioferritin
EcFtnA  *Escherichia coli* ferritin A
FC Ferroxidase center
MOPS 3-(N-Morpholino)propanesulfonic acid
PfFtn  *Pyrococcus furiosus* ferritin
Tris Tris(hydroxymethyl)aminomethane

Introduction

Ferritin is a conserved protein that can be found in many forms of life, e.g., animals, plants, and microorganisms [1–4]. The function of ferritin appears to be essential since, e.g., deletion of its gene leads to apoptosis and death in mice embryonic cells [5]. Its quaternary structure consists of 24 subunits that assemble into a hollow spherical shape with octahedral (4-3-2) symmetry and with an outer and an inner diameter of 12 and 8 nm, respectively.

In mammals, ferritin consists of two subunits, H (“heavy”) and L (“light”) chains with molecular masses of approximately 21 and 19 kDa, respectively. It has been suggested that L subunits are catalytically inactive since no diiron nuclear center has been found in their structure, whereas H

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subunits are catalytically active and directly involved in the iron oxidation process [6, 7]. In amphibian red cells, three types of subunits (H, M, and L) form hetropolymeric ferritins [8]. It appears that M subunits have functional properties similar to those of H subunits. In bacterial, archaeal, and plant ferritins, all 24 subunits are identical.

The ferritin of the hyperthermophilic archaeal anaerobe *Pyrococcus furiosus* (PfFtn) has 24 identical subunits, and each subunit has a diiron ferroxidase center (FC). The structure of the FC of PfFtn, based on crystallographic studies [9], is outlined in Fig. 1 including a third iron: site C. The third iron site has been found in other ferritin proteins, including *Archaeoglobus fulgidus* ferritin [10] and *Escherichia coli* ferritin A (EcFtnA) [11, 12].

It is generally believed that the FC is a so-called substrate active site, where iron is oxidized and released into the cavity to form a core [3, 13–23], and is thus functionally different from the catalytic diiron center of a similar structure found in oxygenases and in ribonucleotide reductase [24]. However, Baaghil et al. [25] have suggested that in *E. coli* bacterioferritin (EcBFR) Fe$^{3+}$ in the FC is a stable cofactor over the time course of catalysis and acquires electrons from a core that has catalytic activity. This proposal has very recently found support in a structural study of EcBFR, in which also a novel Fe$^{2+}$ binding site (named “Fe$^{2+}$ internal”) was identified and proposed to act in electron transfer from the core to the FC [26]. Furthermore, Tatur and Hagen [27] found that the FC in PfFtn is a stable prosthetic group in reversible redox titrations.

On the basis of the substrate active site model, three main reactions have been proposed for the in vitro iron mineralization process by ferritin with dioxygen as an oxidant (reactions 1–3) [22, 23, 28–30].

\[ 2\text{Fe}^{2+} + \text{O}_2 + 4\text{H}_2\text{O} \rightarrow 2\text{FeOOH} \text{(core)} + 4\text{H}^+ + \text{H}_2\text{O}_2 \]  
\[ \text{(1)} \]

\[ 2\text{Fe}^{2+} + \text{H}_2\text{O}_2 + 2\text{H}_2\text{O} \rightarrow 2\text{FeOOH} \text{(core)} + 4\text{H}^+ \]  
\[ \text{(2)} \]

\[ 4\text{Fe}^{2+} + \text{O}_2 + 6\text{H}_2\text{O} \rightarrow 4\text{FeOOH} \text{(core)} + 8\text{H}^+ \]  
\[ \text{(3)} \]

It has been suggested that reaction 1 occurs in the FC, where two ferrous ions are oxidized and released to the core, and that it occurs at all Fe$^{2+}$ to ferritin ratios. In the second reaction, ferrous ions are oxidized by hydrogen peroxide that is produced in the first reaction. Reaction 2 occurs for intermediate levels of iron loading. The third reaction has been proposed to be dominant when Fe$^{2+}$ is added to apoferritin in ratios higher than 200 Fe$^{2+}$ per ferritin in one step. It has been hypothesized that at high Fe$^{3+}$ to ferritin ratios a core is formed which itself contributes to the oxidation of iron with a stoichiometry of four Fe$^{2+}$ ions per oxygen molecule.

In the present work we used a combination of UV–vis spectroscopy and oxygen uptake measurements to study the PfFtn iron mineralization process and the functioning of the FC. Recombinant PfFtn has some practical added value as a model protein for studying the in vitro iron mineralization process: it is extremely stable [no significant loss of Fe$^{2+}$-oxidation activity is observed after 10 h boiling at 100 °C] and it is highly overexpressed heterologously (25% of soluble protein in *E. coli*), leading to an easy purification procedure [31]. The 24-mer is homomeric, and its X-ray structure has been determined [9].

**Materials and methods**

**Chemicals**

All chemicals were purchased from Sigma-Aldrich, and were reagent grade. Bovine liver catalase (19,900 U mg$^{-1}$) was also obtained from Sigma-Aldrich.

**Protein, expression, and purification**

*Escherichia coli* cells that contain the structural gene of PfFtn in vector pET24a(+) [31] were used. Cells were grown using terrific broth medium at 37 °C and 200 rpm.
After 2 h, production of PfFtn was induced by addition of 1 mM isopropyl β-D-thiogalactopyranoside. Eight hours after induction, cells were harvested using centrifugation, resuspended in 10 mM tris(hydroxymethyl)aminomethane (Tris) buffer, pH 8, and broken using a cell disrupter (Constant Systems), operating at a pressure of 1.3 kbar, followed by one-step centrifugation to obtain a cell-free extract as the supernatant, which was subjected to boiling at 100 °C for 20 min. PfFtn was obtained after centrifugation and removal of the pellet containing denatured E. coli proteins. Purified protein was concentrated to 10 ml concentration steps with a total of 1 l of 10 mM Tris buffer.

**Apoferitin preparation**

Apoferitin was prepared using the method of Bauminger et al. [32] and Dawson et al. [33] under strict anaerobic conditions using an overpressure of 5.0-quality nitrogen gas. PfFtn was washed with 10 mM dithionite in Tris buffer using a 50-ml Amicon cell concentrator system with a 30-kDa filter (Millipore). Finally, the protein solution buffer using a 50-ml Amicon cell concentrator system with gas. PfFtn was washed with 10 mM dithionite in Tris conditions using an overpressure of 5.0-quality nitrogen gas. PfFtn was washed with 10 mM dithionite in Tris buffer using a 50-ml Amicon cell concentrator system with a 30-kDa filter (Millipore). Finally, the protein solution buffer was changed to 10 mM tris(hydroxymethyl)aminomethane (MOPS), pH 7. The protein concentration was determined with the bicinchoninic acid assay reagent (Pierce) using bovine serum albumin as a standard.

**Determination of iron content**

The iron content of apoferritin was determined colorimetrically at 593 nm as the ferene complex using an Ultraspec 2100 pro spectrophotometer (GE Healthcare) as described previously [34]. Apoferritin contained less than one iron per ferritin (24-mer).

**Initial-rate measurements**

The steady-state kinetics of iron mineralization was followed using a fiber-optics spectrophotometer (Avantes). Initial rates were measured at different wavelengths; however, the results for the iron mineralization kinetics are reported at 315 nm unless otherwise mentioned. Spectra were recorded from approximately 5 s after the addition of an anaerobic solution of ferrous sulfate. Kinetic measurements were carried out in 100 mM MOPS buffer, pH 7.0, using 1-ml glass cuvettes with a path length of 1 cm. The specific activity (defined as micromoles of Fe 3+ formed per minute per milligram of 24-meric ferritin) was determined from the initial rate measured at 315 nm using an extinction coefficient of 2.5 mM−1 cm−1.

**Preparation of Fe2+ solutions**

A solution of distilled water/HCl, pH 1.25, was made anaerobic using wetted argon gas. This solution was added to the ferrous sulfate in an anaerobic glove box (less than 3 ppm O2, Coy Laboratory Products). For each titration the appropriate amount of ferrous sulfate (1–10 μl) was added to the protein solution to reach an appropriate Fe2+ to ferritin ratio.

**Oxygen-consumption measurements**

Oxygen consumption was measured in 100 mM MOPS buffer, pH 7.0, at ambient temperature (about 22 °C) using a Clark electrode. The setup was described by Pouvreau et al. [35]. Anaerobic ferrous sulfate was added (1–10 μl) with a gastight syringe after addition of ferritin. The volume of the cell was 2 ml. For the experiments in the presence of catalase, 200 μl of a 3 mg ml−1 stock solution of catalase was added to the cell prior to the addition of an anaerobic solution of ferrous sulfate.

**Results**

**Iron oxidation studies**

Apoferitin was loaded with 0–2,000 Fe 2+ per ferritin (PfFtn can maximally accumulate about 2,700 Fe 2+ per ferritin [31]) and samples were incubated at room temperature aerobically at least for 3 h and then overnight at 4 °C. The extinction coefficient at 315 nm was found to be constant over the full range of iron loading: \( ε_{315} = 2.5 \text{mM}^{-1} \text{cm}^{-1} \) (Fig. 2).

To determine the effect of background iron oxidation (i.e., not catalyzed by ferritin) in the initial-rate measurements, the specific activity of apoferritin and the background activity were measured and compared for a wide range of Fe 2+ concentrations. The results indicate that the background oxidation of iron by dissolved dioxygen is negligible for an Fe 2+ concentration below 1 mM, and with 0.3 μM ferritin no precipitation of Fe 2+ is observed. For an Fe 2+ concentration between 1 and 3 mM, some precipitation of Fe 3+ develops during the ferritin assay on a time scale of minutes, and at an Fe 2+ concentration higher than 3 mM the background oxidation is considerable and precipitation of iron even in the presence of ferritin is fast. The contribution of this background oxidation to the absorption at 315 nm typically increases exponentially up to saturation of the photomultiplier (Fig. S1a). Therefore, measurements at an Fe 2+ concentration higher than 3 mM are
considered not reliable and all subsequent experiments were done at an Fe<sup>2+</sup> concentration lower than 1 mM. The specific activity of apoferritin for Fe<sup>2+</sup> concentrations in the range 0.03–3 mM (Fe<sup>2+</sup> to ferritin ratio 100–10,000) is shown in Fig. 3. As reported previously [31], an initial phase suggesting cooperativity was observed in the activity versus Fe<sup>2+</sup> concentration plot (Fig. 3). The molecular nature of the cooperativity has not been established. No indication of zero-order kinetics is found up to 3 mM ferrous ion. A fit to the Hill equation [13, 16] affords a Hill coefficient of 1.55 ± 0.15, suggesting positive cooperativity for Fe<sup>2+</sup> to ferritin ratios less than about 300, whereas $K_M$ and $V_{max}$ cannot be determined.

To study the role of the FC in iron oxidation, apoferritin was aerobically preloaded with various Fe<sup>2+</sup> to ferritin ratios in the range 0–900. Preloaded samples were incubated at room temperature for at least 3 h and then overnight at 4 °C. Subsequently, a progress curve was measured spectroscopically at 315 nm after a further addition of 48 Fe<sup>2+</sup> per ferritin to the samples under air. As an example, the progress curves for apoferritin, a ten Fe<sup>2+</sup> per ferritin preloaded sample, a 20 Fe<sup>2+</sup> per ferritin preloaded sample, and a 100 Fe<sup>2+</sup> per ferritin preloaded sample are shown in Fig. 4a.

The progress curves for apoferritin and for preloaded samples with more than 48 Fe<sup>2+</sup> per ferritin showed a single exponential phase, whereas those for samples preloaded with 4, 10, and 20 Fe<sup>2+</sup> per ferritin showed two independent phases, a fast phase and a slow phase (Fig. 4a). The data were fitted to a double-exponential curve:

$$A(t) = -m \exp\left(\frac{-t}{T_1}\right) - n \exp\left(\frac{-t}{T_2}\right) + A_\infty,$$

in which $T_1$ and $T_2$ are time constants of the first and the second exponential, respectively. The complete set of progress curves was globally fitted with single values for $T_1$ and for $T_2$. It was observed that the preexponential factor $m$ decreases from a maximum for apoferritin to zero for samples preloaded with Fe<sup>2+</sup> to ferritin ratios of more than about 48, whereas the factor $n$ increases from zero for apoferritin to a maximum for samples preloaded with Fe<sup>2+</sup> to ferritin ratios of more than about 48. The decrease in the fast phase and the increase in the slow phase are proportional to the number of FCs that were filled by aerobic preloading of apoferritin. The specific activity for the addition of 48 Fe<sup>2+</sup> to samples preloaded with Fe<sup>2+</sup> to ferritin ratios greater than 48 is constant within experimental error (i.e., the specific activity is independent of the

Fig. 2 Determination of the molar extinction coefficient at 315 nm for *P. furiosus* ferritin as a function of iron loading. a Low-iron plot: Fe<sup>2+</sup> to ferritin ratio in the range 0–50. The protein concentration was 1.65 μM. b High-iron plot: Fe<sup>2+</sup> to ferritin ratio in the range 0–2,000. The protein concentration was 0.105 μM

Fig. 3 Specific activity of *P. furiosus* apoferritin as a function of initial Fe<sup>2+</sup> concentration. The protein concentration was 0.296 μM
Also, when 100 Fe^{2+} are added to samples preloaded with 100, 300, and 500 Fe^{2+} per ferritin, the specific activity is similar for all preloaded samples: 0.10 \pm 0.02 \text{ U mg}^{-1} (Table 1).

Progress curves were measured spectroscopically at several wavelengths for three sequential additions of aliquots of an anaerobic solution of ferrous sulfate to apo-ferritin, each addition corresponding to 48 Fe^{2+} per ferritin. The patterns monitored at 315 and 408 nm are shown in Fig. 5.

The progress curve at 315 nm shows that the first 48 Fe^{2+} per ferritin are kinetically different from any equal amount of iron added later. For the first addition the absorbance at 408 nm initially increases but then falls back to zero within 10 min; however, for any subsequent addition of the same amount of iron the absorbance increases gradually and levels off upon substrate depletion.

Oxygen-consumption studies

The role of the FC in the iron-oxidation activity can also be studied by monitoring the second in vitro reactant: molecular oxygen. Aliquots of an anaerobic solution of ferrous sulfate were added to an aerobic solution of Fe^{2+} were added to different preloaded samples. The ferritin concentration was 0.24 \text{ \mu M}

$$\begin{array}{c|c}
\text{Preloaded sample (Fe/ferritin)} & \text{Specific activity (U mg}^{-1}) \\
\hline
100 & 0.10 \pm 0.016 \\
300 & 0.11 \pm 0.005 \\
500 & 0.11 \pm 0.018 \\
\end{array}$$

100 Fe^{2+} were added to different preloaded samples. The ferritin concentration was 0.24 \text{ \mu M}
apoferitin in six steps, each step corresponding to 48 Fe^{2+} per ferritin. The dioxygen-consumption curve, measured amperometrically, is shown in Fig. 6.

A single-exponential curve could be fitted to each step (not shown), and the thus determined initial dioxygen uptake rates and dioxygen to Fe^{2+} ratios (consumed dioxygen over oxidized iron) are presented in Table 2.

In the absence of catalase, a stoichiometry of two irons per oxygen molecule is found for the first addition of 48 Fe^{2+} per ferritin to apoferitin, which is attributed to the reaction at the FC and suggests production of hydrogen peroxide as a byproduct of iron oxidation by ferritin (reaction 1) [22, 36]. When 48 Fe^{2+} per ferritin were added to apoferitin in the presence of catalase, the dioxygen to Fe^{2+} ratio decreased to 0.41 ± 0.02, and the initial dioxygen uptake rate was 0.3 ± 0.01 μM s^{-1}, i.e., half of that when catalase was absent. A similar decrease in initial dioxygen uptake rate was observed for subsequent steps of adding 48 Fe^{2+} per ferritin to ferritin in the presence of catalase. Upon the addition of catalase, 25% of the consumed dioxygen was recovered, a number that is similar to what has been reported for H-subunit ferritin from bullfrog [37] but different from the observation that catalase can recover 100% of dioxygen for horse spleen ferritin and human ferritin [22]. The decrease in stoichiometry and initial dioxygen uptake rate in the presence of catalase strongly suggests that hydrogen peroxide is a byproduct of iron mineralization by PfFtn.

In the absence of catalase, the initial dioxygen uptake rates and the dioxygen to Fe^{2+} ratios gradually decrease to 0.15 ± 0.02 μM s^{-1} and 0.28 dioxygen per Fe^{2+}, respectively, for the sixth step (Table 2). Because Fe^{2+} was added in subsequent additions with short time intervals, it is likely that some of the Fe^{2+} was oxidized by hydrogen peroxide that had been produced in previous steps. The decrease in stoichiometry from 1:2 dioxygen to Fe^{2+} to 1:3.5 dioxygen to Fe^{2+} can be explained as the result of reactions 1 and 2; considering that less than 50% of Fe^{2+} will be oxidized by hydrogen peroxide that is produced by previous steps, and more iron will be processed by PfFtn.

To prevent oxidation of Fe^{2+} by hydrogen peroxide, apoferitin was preloaded with 100, 500, and 900 Fe^{2+} per ferritin under air and preloaded samples were incubated at room temperature for at least 3 h and subsequently overnight at 4 °C to provide ample time for the essentially complete disproportionation of the hydrogen peroxide prior to subsequent iron addition. Then, an aliquot of 48 Fe^{2+} per ferritin was added to each sample and oxygen consumption was measured. The initial dioxygen uptake rates and the dioxygen to Fe^{2+} ratios are presented in Table 3.

The results presented in Table 3 show that the initial dioxygen uptake rate of apoferitin is faster than that of preloaded samples, but the initial dioxygen uptake rates of all preloaded samples are identical within experimental error. Apparently, apoferitin does not regenerate its initial activity after the first addition of 48 Fe^{2+} per ferritin. Whenever an aliquot of 48 Fe^{2+} per ferritin is added after a sufficiently long time interval, the number of Fe^{2+} oxidized by one oxygen molecule is close to two: dioxygen to Fe^{2+} ratio 0.47 ± 0.01 (Table 3). That the initial oxygen uptake rate of all preloaded samples is constant within experimental error suggests that oxidation of Fe^{2+} is independent of the degree of preloading, i.e., independent of the core size.

To check for possible catalytic activity of the core, indicated by a stoichiometry of four Fe^{2+} oxidized per dioxygen consumed (as proposed in [22, 23]), an aliquot of 300 Fe^{2+} per ferritin was added in one step to apoferitin and also to samples preloaded with 100, 500, and 900 Fe^{2+}

![Fig. 6 Oxygen consumption by iron-oxidizing ferritin from P. furiosus. Aliquots of 5 ml of an anaerobic solution of ferrous sulfate were added in six consecutive steps, 48 Fe^{2+} per ferritin in each step. The protein concentration was 1.2 μM. The volume of the cell was 2 ml](image)

| Step | Initial O$_2$ uptake rate (μM s$^{-1}$) | O$_2$/Fe$^{2+}$ |
|------|--------------------------------------|----------------|
| 1    | 0.63 ± 0.02                          | 0.49 ± 0.02    |
| 2    | 0.24 ± 0.03                          | 0.42 ± 0.02    |
| 3    | 0.17 ± 0.02                          | 0.38 ± 0.01    |
| 4    | 0.16 ± 0.02                          | 0.35 ± 0.02    |
| 5    | 0.16 ± 0.01                          | 0.34 ± 0.02    |
| 6    | 0.15 ± 0.02                          | 0.28 ± 0.02    |

The initial dioxygen uptake rate and the dioxygen to Fe$^{2+}$ ratio are given for the addition of Fe$^{2+}$ in six steps to apoferitin in the absence of catalase. Each step corresponds to 48 Fe$^{2+}$ per ferritin. The protein concentration was 1.2 μM.
Table 3  Comparison of dioxygen consumption by *P. furiosus* apoferritin and by iron-preloaded ferritin

| Sample                | Initial O2 uptake rate for 48 Fe2+/ferritin (μM s⁻¹) | O2/Fe2⁺ for 48 Fe2+/ferritin | O2/Fe2⁺ for 300 Fe2+/ferritin |
|-----------------------|-----------------------------------------------------|------------------------------|-------------------------------|
| Apoferritin           | 1.10 ± 0.04                                         | 0.48 ± 0.01                  | 0.34 ± 0.02                   |
| Preloaded with 100 Fe2+/ferritin | 0.60 ± 0.04                                         | 0.47 ± 0.02                  | 0.33 ± 0.02                   |
| Preloaded with 500 Fe2+/ferritin | 0.62 ± 0.05                                         | 0.46 ± 0.02                  | 0.33 ± 0.01                   |
| Preloaded with 900 Fe2+/ferritin | 0.56 ± 0.05                                         | 0.46 ± 0.03                  | 0.34 ± 0.02                   |

The initial dioxygen uptake rate and dioxygen to Fe²⁺ ratios for apoferritin and for samples aerobically preloaded with 100, 500, and 900 Fe²⁺ per ferritin were measured when 48 or 300 Fe²⁺ per ferritin were added. The protein concentration for addition of 48 Fe²⁺ per ferritin was 1.65 μM and for addition of 300 Fe²⁺ per ferritin was 0.825 μM

per ferritin. Preloaded samples were incubated at room temperature for at least 3 h, followed by overnight incubation at 4 °C. The amount of dioxygen consumed by each sample is given in Table 3. Apoferritin and preloaded samples consume the same amount of dioxygen per added iron. The dioxygen to Fe²⁺ ratios of all samples are approximately 0.33.

Discussion

Ferritins have been believed to store iron by means of a “substrate mechanism” in which Fe²⁺ ions are transiently bound to FCs, where they are oxidized, and from where they are subsequently transferred to the interior of the protein to become part of a growing mineral core [3, 13–20] (Fig. 7b). However, studies on the heme-containing EcBFR have led to the proposal that this substrate mechanism may not have general validity, and that some ferritins may operate by an alternative “catalytic mechanism” in which the FC acts as a stable, redox-active prosthetic group involved in electron transfer from a core that grows by self-catalysis [25] (Fig. 7c). Furthermore, the ferritin from the archaeon *P. furiosus* carries a FC that appears to be fully stable in an aqueous solution in the absence of ferritin, and this non-biological reaction represents an interfering background which becomes especially pronounced at higher iron concentrations (Fig. S1). For practical ferritin concentrations and ambient temperatures, it was found that iron oxidation by ferritin becomes unreliable at an Fe²⁺ concentration above 3 mM. This finding also implies a correction to our previous report on the specific activity of apoferritin over a wide range of Fe²⁺ concentration, 0–40 mM [31]. The previous conclusion that this activity is characterized by an apparent *Kₐ* of about 5 mM Fe²⁺ should be corrected to a *Kₐ* substantially larger than 2 mM (with the implication that *Kₐ* may well be infinitely high).

The results of UV–vis spectroscopy rate measurements at 315 nm suggest that the first addition of 48 Fe²⁺ per ferritin is kinetically different from subsequent additions of the same amount of iron. It appears that oxidation of the first 48 Fe²⁺ per ferritin added to apoferritin occurs in the FC with a fast rate. As the number of FCs filled by preloading the apoferritin increases, the specific activity decreases, suggesting that fewer ferrous ions can be oxidized directly in the FCs and oxidation continues by a second mechanism which has a considerably lower specific activity and which becomes dominant when all the FCs are filled, i.e., in samples preloaded with 48 Fe²⁺ per ferritin. The specific activity of the second reaction is independent of the core size. These findings appear to be inconsistent with a “substrate mechanism” in which all iron undergoes the same fate of passing through the FC, while restoring the FC activity to its initial state after each cycle. The data, in particular those in Fig. 4, would be consistent with a rapid synthesis of the FC (the fast phase) followed by a process in which incoming Fe²⁺ is catalytically oxidized by the FC to become incorporated in the core, the overall process being observed as the slow phase.
Iron oxidation rate measurements at 408 nm suggest that the first addition of 48 Fe$^{2+}$ per ferritin is spectrally different from any further addition of the same amount of iron. At 408 nm, for the first addition the absorbance increases rapidly and then slowly decreases over 10 min. A similar decrease in absorbance has been observed for EcFtnA at 370 nm [38]. The molecular basis for these observations is not known but may well be a temporal rearrangement in the FC and/or in the C site.

Oxygen-consumption measurements in the absence of catalase suggest that the initial dioxygen uptake rate for the second addition of 48 Fe$^{2+}$ per ferritin is lower than that for the first addition, both after a short time interval and after overnight incubation of the ferritin aerobically preloaded with 100 Fe$^{2+}$ per ferritin. We conclude that, whereas it has been suggested that the FCs of a number of ferritin proteins such as human H chain ferritin, horse spleen ferritin, and mouse H chain ferritin can partially regenerate their activities [22, 23], P. furiosus apoferritin is rather more similar to EcBFR [39] in that it cannot regenerate its activity exhibited with the first addition of 48 Fe$^{2+}$ per ferritin. Addition of 48 Fe$^{2+}$ per ferritin to apoferritin in the presence of catalase suggests that hydrogen peroxide is a byproduct of iron deposition by ferritin and that in the absence of catalase the gradual decrease in stoichiometry is due to the oxidation of some of the iron by hydrogen peroxide.

Although the initial dioxygen uptake rate of apoferritin is higher than that of preloaded samples, both apoferritin and preloaded samples eventually consume the same amount of dioxygen per oxidized Fe$^{2+}$. A stoichiometry of two irons per oxygen molecule is found, as has been reported for mammalian ferritins [22–25, 40] but which is different from the stoichiometry of three to four Fe$^{2+}$ per dioxygen reported for EcFtnA [38]. Whereas the observed stoichiometry of two Fe$^{2+}$ oxidized per dioxygen consumed by other groups has been interpreted in favor of a “substrate active site FC model,” the results of the kinetic studies reported here suggest that the mechanism of the reaction changes from a fast oxidation in the FC to a different mechanism (see below) after the first 48 Fe$^{2+}$ per ferritin have been used to build the FCs. The fact that the stoichiometry does not change from apoferritin to preloaded samples when iron is added in aliquots of 48 Fe$^{2+}$ per ferritin implies that the stoichiometry of the second
mechanism is the same as the stoichiometry of the oxidation of the first 48 Fe$^{2+}$ per ferritin in the FCs.

In previous studies a catalytic iron-oxidation activity of the core was proposed on the basis of the observation that the number of oxygen molecules consumed per Fe$^{3+}$ oxidized gradually decreases on increasing the amount of iron added to apoferritin in one step [22, 23, 28]. If this decrease is caused by the catalytic activity of the core, it is expected that addition of 300 Fe$^{2+}$ per ferritin in one step to different preloaded samples with different core sizes would lead to different stoichiometries. However, within experimental error, the dioxygen to Fe$^{2+}$ ratios for apoferritin and all preloaded samples are identical. The decrease in the dioxygen to Fe$^{2+}$ ratio to 0.33 compared with the ratio of 0.5 for charging with only 48 Fe$^{2+}$ per ferritin may well be the result of the oxidation of Fe$^{2+}$ by the hydrogen peroxide that is produced during the ferritin mineralization process. A stoichiometry of 1:4 dioxygen to Fe$^{2+}$ may be expected if half of the iron is oxidized by ferritin and half by hydrogen peroxide. The observed stoichiometry of 1:3 dioxygen to Fe$^{2+}$ suggests that less than 50% of the Fe$^{2+}$ is oxidized by hydrogen peroxide at this loading. Similar “intermediate” stoichiometries have been reported for human H chain ferritin [23]. That the stoichiometry is identical for apoferritin and preloaded samples suggest that an iron-oxidation activity of the core, previously reported for ferritins from other sources, does not apply to PfFtn. This conclusion is in agreement with the invariant kinetics of iron oxidation observed when 100 Fe$^{2+}$ per ferritin were added to three different preloaded samples, i.e., samples aerobically preloaded with 100, 300, and 500 Fe$^{2+}$ per ferritin.

Altogether the results suggest that the FC in PfFtn acts as a stable cofactor site. The first 48 Fe$^{2+}$ per ferritin are oxidized in the FC but do not leave the center. Oxidation of subsequently added iron appears to occur by a different mechanism, namely, a catalytic reaction that has a stoichiometry similar to that of the oxidation of the first 48 Fe$^{2+}$ per ferritin in the FC, but that has a lower specific activity in comparison with the specific activity of the oxidation of iron in the FC. Since the stable FC in PfFtn has previously been found to exhibit relatively similar reduction potentials for the one-electron reduction of the all-ferric form to the mixed-valence form and then to the all-ferrous form (about +0.2 and +0.05 V [27]), we propose that the dinuclear Fe$^{3+}$ site in the FC accepts two subsequent electrons from transiently nearby located Fe$^{2+}$ ions (possibly at the C site; Fig. 7a) and oxidizes them to Fe$^{3+}$. The resulting Fe$^{3+}$ ions are then released to the cavity to form a core. To complete the cycle, electrons are transferred by the Fe$^{3+}$ in the FC to an external oxidant, e.g., molecular oxygen.

The model of a catalytically active, stable prosthetic FC, proposed here, is schematically depicted in Fig. 7 together with the original substrate model and with the alternative catalytic-core model developed for bacterioferritin, including the recently discovered internal Fe$^{2+}$ site proposed to be involved in electron transfer between the core and the FC [26]. As for other ferritins, the iron entry pathway for PfFtn is not known and needs further investigation. The threefold channels have been suggested as possible entry sites of Fe$^{2+}$ into the ferritin cavity [41–43].

Whereas the data presented here on PfFtn appear to be incompatible with the catalytic-core model, they could still be understood in the frame of a drastically modified substrate model, namely, when one allows for the paradigm change that oxidized iron in the FC is not intrinsically labile, but only becomes mobile as the result of an event, such as a transient conformational change, induced by the binding and/or oxidation of newly incoming iron. Future experiments should help to decide the specific and perhaps general applicability of each of the alternatives outlined in Fig. 7.

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