Bacterial Evolution in High-Osmolarity Environments

Spencer Cesar,a Maya Anjur-Dietrich,b Brian Yu,c Ethan Li,b Enrique Rojas,b,d Norma Neff,c Tim F. Cooper,e,f Kerwyn Casey Huanga,b,c

aDepartment of Microbiology and Immunology, Stanford University School of Medicine, Stanford, California, USA
bDepartment of Bioengineering, Stanford University, Stanford, California, USA
cChan Zuckerberg Biohub, San Francisco, California, USA
dDepartment of Biochemistry, Stanford University School of Medicine, Stanford, California, USA
eDepartment of Biology and Biochemistry, University of Houston, Houston, Texas, USA
fSchool of Natural and Computational Sciences, Massey University, Auckland, New Zealand

Spencer Cesar and Maya Anjur-Dietrich are co-first authors. The order of their names was determined by contributions to manuscript writing.

ABSTRACT Bacteria must maintain a cytosolic osmolarity higher than that of their environment in order to take up water. High-osmolarity environments therefore present formidable stress to bacteria. To explore the evolutionary mechanisms by which bacteria adapt to high-osmolarity environments, we selected Escherichia coli in media with a variety of osmolytes and concentrations for 250 generations. Adaptation was osmolyte dependent, with sorbitol stress generally resulting in increased fitness under conditions with higher osmolarity, while selection in high concentrations of proline resulted in increased fitness specifically on proline. Consistent with these phenotypes, sequencing of the evolved populations showed that passaging in proline resulted in specific mutations in an associated metabolic pathway that increased the ability to utilize proline for growth, while evolution in sorbitol resulted in mutations in many different genes that generally resulted in improved growth under high-osmolarity conditions at the expense of growth at low osmolarity. High osmolarity decreased the growth rate but increased the mean cell volume compared with growth on proline as the sole carbon source, demonstrating that osmolarity-induced changes in growth rate and cell size follow an orthogonal relationship from the classical Growth Law relating cell size and nutrient quality. Isolates from a sorbitol-evolved population that captured the likely temporal sequence of mutations revealed by metagenomic sequencing demonstrated a trade-off between growth at high osmolarity and growth at low osmolarity. Our report highlights the utility of experimental evolution for dissecting complex cellular networks and environmental interactions, particularly in the case of behaviors that can involve both specific and general metabolic stressors.

IMPORTANCE For bacteria, maintaining higher internal solute concentrations than those present in the environment allows cells to take up water. As a result, survival is challenging in high-osmolarity environments. To investigate how bacteria adapt to high-osmolarity environments, we maintained Escherichia coli in a variety of high-osmolarity solutions for hundreds of generations. We found that the evolved populations adopted different strategies to improve their growth rates depending on the osmotic passaging condition, either generally adapting to high-osmolarity conditions or better metabolizing the osmolyte as a carbon source. Single-cell imaging demonstrated that enhanced fitness was coupled to faster growth, and metagenomic sequencing revealed mutations that reflected growth trade-offs across osmolarities. Our study demonstrated the utility of long-term evolution experiments for probing adaptation occurring during environmental stress.
Osmolarity is a fundamental and dynamic physiochemical property of microbial environments. Bacteria inhabit a wide range of osmotic niches that range from highly diluted environments (e.g., fresh water) to highly concentrated environments (e.g., soil, salt marshes). Halophiles live in highly saline environments (above ~20% salinity), where many exhibit slow growth relative to enteric bacteria such as Escherichia coli (1, 2). Bacteria must also cope with large fluctuations in their osmotic environment that occur over a range of timescales. For example, enteric bacteria often transition between the high-osmolarity intestinal environment and low-osmolarity environments outside the host, potentially experiencing an acute hypo-osmotic shock upon exit from the host (3). Within the small intestine itself, luminal osmolarity undergoes large variations during digestion as macromolecules are metabolized and crypt cells actively secrete electrolytes that contribute to luminal water secretion (4). Bacteria in the large intestine experience frequent osmotic shifts, as epithelial cells actively transport sodium ions into the digestive cavity to aid in water absorption (5). Thus, the molecular mechanisms by which bacteria adapt to the extracellular osmotic properties are key determinants of their ability to establish and maintain populations across a range of environments.

Bacteria maintain a high (~1-atm) level of cytosolic osmotic pressure relative to their environment that necessitates a rigid cell envelope that includes a cell wall to prevent lysis due to the resulting turgor pressure (6, 7). Most (if not all) bacterial species possess several pathways devoted to osmoregulation and use compatible solutes such as proline and glycine betaine as major regulators of osmotic pressure (8–10). The steady-state growth rate of bacterial cells is approximately inversely correlated with medium osmolarity (11). This relationship does not depend on the osmolyte used to modulate osmolarity, indicating that the growth rate decrease is not a result of specific toxicity (12, 13). Hyperosmotic stress impacts growth rate by decreasing the ribosomal elongation rate during translation (14) and could also inhibit specific metabolic pathways and/or decrease the partial vapor pressure of water within the cytoplasm, thereby having detrimental consequences on the efficiency of biochemical reactions (15). The global nature of osmotic stress makes it likely that a variety of mutations can confer comparable fitness advantages; thus, it is difficult to pinpoint specific genes that impact fitness in high-osmolarity environments, making experimental evolution an attractive methodology for probing adaptive responses.

In the Gram-negative, rod-shaped bacterium E. coli, turgor pressure is estimated to be ~0.3 to 1 atm and may depend on the growth medium (16, 17). Longitudinal stretching of the cell wall decreases with increasing osmolarity, although there remains a high level of elastic stretching (indicating positive turgor pressure) at osmolarities that are prohibitive to growth (18). The rate of cell wall expansion in E. coli is not directly dependent on turgor pressure; hyperosmotic shock does not affect the instantaneous growth rate of single cells on time scales of minutes, indicating that cells can buffer against osmotic changes to continue fast growth (18). This buffering capacity suggests that cells are able to evolve to grow at a higher rate in higher-osmolarity environments.

The ability to conduct rigorous evolution experiments in laboratory environments has been exploited across a wide variety of organisms, including plants, vertebrates, and microorganisms (19). Microorganisms are uniquely suited for long-term evolution studies due to the ease with which they can be propagated, stored, and genetically manipulated (19–21). Experimental evolution provides a means for revealing the capacity for improved growth at high osmolarity as well as the dependence of growth behaviors on the specific osmolyte. Moreover, analysis of the genetic basis of changes in growth during evolution in high osmolarity can elucidate the mechanisms by which cells mitigate the broad detrimental effects of high intracellular osmolarity.

In this study, we selected E. coli populations for hundreds of generations in...
high-osmolarity media supplemented with various osmolytes and identified phenotypic adaptations of these evolved populations across a range of osmolyte concentrations. We found that the evolved populations possessed a wide range of fitness advantages that were osmolyte specific. In particular, we found that proline stress primarily resulted in increased fitness under conditions of growth on proline as a carbon source, while sorbitol stress generally resulted in increased fitness across a wide range of concentrations of multiple osmolytes. Passaging in the other osmolytes did not result in any adaptation over the same number of generations. Sequencing of the evolved populations revealed mutations that broadly conferred adaptive benefits in different osmotic environments as well as trade-offs, and that altered growth rate and cell size in osmolyte-dependent manners.

RESULTS

Osmolyte-dependent phenotypic changes over hundreds of generations of passaging. To ascertain whether and how *E. coli* can adapt to growth in high-osmolarity environments, we propagated populations in DM25 medium (Davis minimal medium plus 25 mg/liter glucose) (Materials and Methods) using four replicates with each of five common osmolytes: glycine betaine, proline, sorbitol, sucrose, and sodium chloride (Fig. 1A). To avoid adaptation specific to growth in DM25, we selected as the ancestral strain TC1407, a derivative of *E. coli* REL606 that had already been propagated in glucose-supplemented medium for 4,000 generations and therefore had already adapted to growth in this minimal medium. Glycine betaine and proline were chosen as osmolytes based on their well-known role in *E. coli* osmoregulation as osmoprotectants, which could impact which mutations are adaptive (8, 9). Sucrose and sorbitol are sugars that *E. coli* does not preferentially metabolize, although sorbitol can be metabolized by certain laboratory strains, including TC1407 (22). Both of these sugars have been previously studied in the context of growth at high osmolarity and had been shown to mediate specific changes in *E. coli* gene expression (23, 24). Sodium chloride is a salt that has been used previously to apply osmotic shock to cells and can also impact other cellular functions by improving acid tolerance, altering lipid bilayer balance, and altering gene expression (25–27). Two concentrations for each osmolyte were chosen for passaging to probe a range of behaviors of the ancestor (Fig. 1B to F). As both sorbitol (Fig. 1C) and proline (Fig. 1F) can be used as a carbon source by TC1407 cells, these conditions supported more growth than was seen with glucose alone. Nonetheless, the growth rate was lower at higher osmolarity for all osmolytes (Fig. 1B to F), as expected based on previous studies (11). Cell densities at higher concentrations of glycine betaine (Fig. 1B) and sodium chloride (Fig. 1D) were somewhat lower than without the osmolyte, suggesting that the stress posed by high concentrations of these osmolytes impairs efficient carbon utilization. As a control, we propagated replicate populations in DM25 alone. All populations were evolved in their selective environment for a total of 250 generations (38 daily 1:100 dilution transfer cycles). To simplify presentation and discussion of our results, we refer to population $i$ (where $i = 1, 2, 3, \text{or } 4$) evolved in medium M with concentration $x$ after 250 generations as M/$x$-$i$, where M = Pr for proline, So for sorbitol, Gl for glycine betaine, Na for sodium chloride, and Su for sucrose.

To quantify adaptation in the evolved populations, we measured growth curves after 250 generations of passaging and compared the results to those seen with the ancestor in each environment (Fig. 2A and B; see also Fig. S1 in the supplemental material). For consistency, populations were revived from a $-80^\circ$C frozen stock and equilibrated in DM25 via three 24-h passages before growth-curve measurements. These passages were critical for the reproducibility of the measurements, as growth from the frozen stock did not equilibrate until the third passage. To ensure that the cells were in the same physiological state at the start of each fitness measurement, we did not perform a passage in the test environment prior to growth-curve measurements. Passage in DM25 alone did not result in noticeable changes in growth in any of the evolved populations (Fig. S1A), suggesting that 250 generations were not sufficient for
measurable adaptation in the base environment lacking any added osmolyte. Any changes in growth parameters selected in the presence of an osmolyte were thus likely to be due specifically to differences in the media.

While there was little to no change in growth in the populations passaged in 0.25 M sorbitol (Fig. S1D), the four populations passaged in 0.5 M sorbitol had substantially

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**FIG 1** Schematic of evolution experiment across passaging conditions that result in a wide range of ancestral growth behaviors. (A) The ancestral strain (TC1407) was passaged daily with 1:100 dilutions as four independent populations in each of 11 environments of DM25 medium supplemented with osmolytes as denoted on the plate. Empty wells were used as negative controls. Gl, glycine betaine; Na, sodium chloride; Pr, proline; So, sorbitol; Su, sucrose. (B to F) Higher osmolarity generally inhibits growth. TC1407 cells were grown in the passaging concentrations of glycine betaine (B), sorbitol (C), NaCl (D), sucrose (E), and proline (F). For all osmolytes, growth during the first 10 h was inhibited more at higher osmolyte concentrations. Glycine betaine and NaCl also decreased the carrying capacity, signifying less-efficient use of glucose. The carrying capacity was greatly increased in sorbitol and in 0.5 M proline due to utilization of the osmolyte as a carbon source. Growth in sucrose was relatively unaffected by osmolarity. Growth curves represent averages of results from n = 4 replicates, and shaded regions represent standard errors of the mean (SEM). The SEM is small at some time points and is thus partially obscured by the lines.
Higher growth rates (0.52 to 0.65 h\(^{-1}\) at optical density [OD] = 0.2) in DM25 + 0.5 M sorbitol compared with the ancestor (0.43 ± 0.01 h\(^{-1}\) at OD = 0.2) (error data represent standard errors of the mean [SEM] unless otherwise noted) (Fig. 2A and C). A large fitness advantage over the ancestor was apparent in the evolved populations from both proline concentrations (Fig. 2B and D; see also Fig. S1H), due to the higher growth rate seen after an apparent shift from glucose consumption to proline consumption at ~10 h or ~15 h in the 0.5 M or 0.75 M condition, respectively. After 10 h, the populations passed in 0.5 M proline had maximum growth rates in DM25 + 0.5 M proline of between 0.31 h\(^{-1}\) and 0.44 h\(^{-1}\), while the ancestor grew at ~0.10 ± 0.01 h\(^{-1}\).

Because the growth dynamics were quite different between the evolved populations and the ancestor across the growth curve, we examined the relationship between instantaneous growth rate and OD, which are generally closely related across mutants with the same maximal growth rate even when the lag phases differ (28). The evolved populations in 0.5 M sorbitol and 0.5 M proline consistently exhibited higher growth rates in their passaging medium than the ancestor at similar ODs (Fig. 2C and D). There were few to no changes in growth following selection in the environments incorporating glycine betaine (Fig. S1B and C), NaCl (Fig. S1E), or sucrose (Fig. S1F and G); the concentration and/or stressful impact of the osmolyte or the lower cell density relative to proline and sorbitol culturing may explain the lack of adaptation under these conditions. Nonetheless, the results revealing proline- and sorbitol-mediated adaptation demonstrated that E. coli can increase its growth rate in high-osmolarity environments.

**Evolution in sorbitol led to general fitness increases in high-osmolarity environments.** One 0.5 M sorbitol-evolved population and one 0.5 M proline-evolved
population were chosen for further assessment to determine the nature of the observed changes in fitness (called So0.5-1 and Pr0.5-1 here, respectively). To probe whether the increased fitness of the So0.5-1 population relative to that of the ancestor in DM25 + 0.5 M sorbitol extended to other osmolalities, we examined growth in DM25 media with a range of concentrations of sorbitol. We first passaged each population three times in DM25 for 24 h and then measured growth curves for 72 h. We defined the relative fitness differences between the evolved population and the ancestor as the ratio of the ODs of the evolved population and the ancestor seen when the evolved population reached half its final OD (either at saturation or at the last OD measurement if the culture did not reach saturation) (Fig. 3A). The rationale for this metric is that some of the cultures took longer to saturate at high osmolarity, at which point evaporation prevented accurate growth measurements; in all cases, visual inspection of the growth curves led to conclusions that were in agreement with our relative fitness calculations.

The So0.5-1 population had a clear relative fitness advantage over the ancestor population at sorbitol concentrations of 0.25 M, with the advantage increasing with concentration, even above 0.5 M (Fig. 3B). Interestingly, the So0.5-1 population maintained an optical density at 600 nm (OD600) of >0.45 across all conditions with added sorbitol, while the density of the ancestor decreased dramatically in media with 0.7 M sorbitol (Fig. S2A). Without added sorbitol (DM25), the ancestor population and the evolved population had maximum growth rates within 4% of each other (Fig. 3C).

FIG 3 Sorbitol-evolved populations showed increased fitness at high osmolarity, while proline-evolved populations showed increased fitness specifically in proline. (A) Schematic of calculation of levels of relative fitness from growth curves (see Fig. S2 in the supplemental material), which we define as the ratio of half the saturation OD of an evolved population (ODmax) to the OD of the ancestor (ODanc) at the same time point (T1/2). (B) The So0.5-1 population had increased and monotonically increasing fitness relative to the ancestor in both sorbitol (purple) and sucrose (pink) for concentrations of ≥0.25 M and slightly reduced fitness in DM25 or DM25 + 0.125 M osmolyte, indicating that the population had adapted to higher osmolarity conditions (n = 4). (C and D) The maximum growth rates of the ancestor and the sorbitol-evolved populations in sorbitol (C) and sucrose (D) decreased steadily with increasing osmolarity, with a faster decrease in the ancestor leading to larger growth rate differences at higher osmolalities (n = 4). (E) The Pr0.5-1 population exhibited monotonically increasing fitness relative to the ancestor at all concentrations of proline (blue) and neutral (i.e., unchanged) fitness without proline. Growth rates in sucrose (pink) were virtually identical to those of the ancestor at all concentrations (n = 4).
DM25 + 0.125 M sorbitol, the evolved population and ancestor also had similar maximum growth rates (0.87 ± 0.05 h⁻¹ for the evolved population versus 0.82 ± 0.01 h⁻¹ for the ancestor); however, after a peak in growth rate early in the passage cycle, the evolved population exhibited a consistently lower growth rate than the ancestor (Fig. S2A), consistent with the small relative fitness decrease compared with the ancestor at this sorbitol concentration (Fig. 3B). With ≥0.25 M added sorbitol, the So0.5-1 population had a higher maximum growth rate than the ancestor, with the difference increasing with increasing sorbitol concentration due to the more rapid decrease in the growth rate of the ancestor (Fig. 3C). These conclusions were confirmed by fitting the growth curves to a Gompertz function (Fig. S3). Thus, the enhanced relative fitness of the So0.5-1 population at osmolarities of ≥0.25 M was likely due to insulation from the detrimental effects of high osmolarity experienced by the ancestor.

To test whether the relative fitness advantages present during growth with sorbitol were also present at high concentrations of other osmolytes, as opposed to representing specific adaptations involving sorbitol protection and/or utilization, we examined growth of the So0.5-1 population over a range of sucrose concentrations. Sucrose was chosen to assess nonspecific adaptation since most E. coli strains, including the ancestor strain that we used, do not metabolize sucrose and do not use sucrose for osmoregulation. After multiple passages in DM25, cells were grown in media with sucrose added to DM2500 (DM + 2,500 mg/liter glucose), which supports higher carrying capacities than DM25 (Fig. S2A and B), to more closely match those of growth in DM25 + sorbitol (Fig. S2A) and hence better facilitate detection of fitness differences. The So0.5-1 population displayed a growth pattern in sucrose similar to that seen with sorbitol, with a monotonically increasing relative fitness advantage compared with the ancestor at 0.25 M and above (Fig. 3B). The fitness advantage manifested early in the growth curve before the glucose supply was exhausted in both sorbitol and sucrose (Fig. S2A and B), providing further support for the hypothesis that the adaptations were not specific to sorbitol as a carbon source. There was again a small decrease in relative fitness below 0.25 M sucrose, indicating that the population had adapted to higher osmolarities at the expense of growth in low osmolarity (Fig. 3B). As seen with growth in sorbitol, the maximum growth rate of the evolved population was greater than that of the ancestor for all concentrations of ≥0.25 M sucrose and the difference increased with concentration, but the ancestor grew faster in 0.125 M sucrose (Fig. 3D) (P = 0.01, 2-tailed t test). The evolved population also had growth advantages over the ancestor in DM2500 supplemented with high concentrations of proline, glycine betaine, and NaCl (Fig. S4A to E), indicating a general fitness benefit at high osmolarity. The evolved population also had increased fitness relative to the ancestor in DM2500 with 0.5 M sorbitol (Fig. S4F), a condition providing excess glucose such that metabolism of sorbitol is not necessary for growth to high density. Finally, to determine if the fitness advantage depended on the absence of an osmoprotectant, we tested growth in DM25 supplemented with 0.4 M sorbitol or sucrose and 0.1 M proline (Fig. S5A and B). While growth of both the ancestor and the evolved population was faster with addition of proline, the evolved population still exhibited an advantage over the ancestor. Thus, the So0.5-1 population generally grew faster in media supplemented with sufficiently concentrated osmolytes, with a trade-off at lower osmolarities.

**Evolution in proline led to proline-specific fitness increases at all osmolarities.** We next examined growth of the Pr0.5-1 population, which grew to a higher OD after 24 h than the ancestor across a range of proline concentrations (Fig. S2C). In DM25 without added osmolyte, the Pr0.5-1 population grew very similarly to the ancestor, indicating that adaptation to growth on proline did not exert a fitness cost during growth on glucose. By contrast to the So0.5-1 population grown in sorbitol, the early stages of growth of the Pr0.5-1 population in DM25 + proline were quantitatively similar to those of the ancestor until a growth shift occurred at ∼8 to 12 h that was likely due to transitioning from glucose utilization to proline utilization (Fig. S2C); it was only after the shift that the evolved population exhibited clear advantages (Fig. S2C). Using the same fitness metric (Fig. 3A) as that used for sorbitol, the results showed that...
the Pr0.5-1 population had an advantage over the ancestor that increased monotonically with increasing proline concentration (Fig. 3E). Notably, the evolved population achieved higher OD values after 24 h than the ancestor on all proline concentrations of >0.125 M, suggesting that it utilized proline as a carbon source more efficiently (Fig. S2C). The carrying capacity of the evolved population decreased more slowly above 0.25 M than did that of the ancestor population (Fig. S2C).

After the shift to proline utilization in 0.125 M proline, the maximum growth rate of the evolved population was significantly higher than that of the ancestor (0.50 ± 0.004 h⁻¹ versus 0.31 ± 0.003 h⁻¹; \( P < 10^{-4} \), two-tailed \( t \) test); in 0.25 M proline, the difference in maximum growth rates was increased (0.50 ± 0.002 h⁻¹ versus 0.22 ± 0.001 h⁻¹; \( P < 10^{-4} \), two-tailed \( t \) test). At higher concentrations of proline, the maximum growth rates of both the evolved population and the ancestor population decreased, with the ancestor population experiencing a larger fractional decrease in its growth rate with increasing concentration than the evolved population (Fig. S2C), leading to increased relative fitness (Fig. 3E).

To resolve whether the increased growth of the evolved population at high proline concentrations was due to an enhanced ability to deal with osmotic stress, as opposed to a metabolic advantage, we grew the Pr0.5-1 population in a range of sucrose concentrations. By contrast to the So0.5-1 population grown in sucrose, the fitness (Fig. 3E) and the growth rate (Fig. S2D) of the Pr0.5-1 population closely mirrored those of the ancestor population at all concentrations. Taken together, these data indicate that the Pr0.5-1 population adapted specifically to growth on proline rather than to high osmolarity.

**Sorbitol- and proline-evolved populations exhibited osmolyte-dependent changes in their rates of steady-state growth.** During a passage cycle in DM25 + 0.5 M sorbitol or proline, cells undergo complex growth dynamics involving exit and reentry into stationary phase, as well as a shift from early utilization of glucose to growth on sorbitol or proline. Thus, we sought to determine whether the increases in fitness under high-osmolarity conditions could be attributed specifically to increased growth rate rather than to a more complex set of drivers associated with the passaging. We measured single-cell growth rates during steady-state, exponential growth (Materials and Methods) in DM2500, DM2500 + 0.5 M sucrose, and DM (no glucose) + 0.125 M proline. In the first two cases, DM2500 was used as a culture medium because the low density of DM25 cultures makes it difficult to acquire data for a large population of cells. In DM2500, Pr0.5-1 cells exhibited a unimodal distribution of growth rates quantitatively matching that of the ancestor (\( P = 0.61 \), two-tailed \( t \) test) (Fig. 4A), while the mean growth rate of So0.5-1 cells was significantly lower than that of the ancestor cells by 12% (\( P = 6.1 \times 10^{-4} \), two-tailed \( t \) test) (Fig. 4A). These observations are consistent with our population growth measurements, in which the Pr0.5-1 population grew similarly to the ancestor population in DM2500 (Fig. 3E; see also Fig. S2D) whereas the So0.5-1 population showed a small disadvantage (Fig. 3B; see also Fig. S2B).

During growth in DM2500 + 0.5 M sucrose, the mean growth rate of So0.5-1 cells was 32% higher than that of the ancestor (\( P < 10^{-4} \), two-tailed \( t \) test) whereas Pr0.5-1 cells grew similarly to the ancestor (−3% difference) (Fig. 4B), consistent with the fitness advantage of So0.5-1 (Fig. 3B) and the neutral behavior of Pr0.5-1 (Fig. 3E) relative to the ancestor in high sucrose concentrations. Under conditions of growth with 0.125 M proline as the sole carbon source, the mean growth rate of Pr0.5-1 cells was 23% higher than that of the ancestor cells (\( P < 10^{-4} \), two-tailed \( t \) test; Fig. 4C), again consistent with the fitness increase seen with Pr0.5-1 under this condition. Collectively, these data demonstrate that the adaptations exhibited by both evolved populations were due at least in part to increased growth rates.

**Distinct relationships between cell size and growth rate in sorbitol- and proline-evolved populations.** Some halophilic species have distinct, atypical morphologies that depend on the osmolarity of their environment (1). Moreover, it has long been recognized that the mean cell volume and growth rate of *E. coli* cells are strongly correlated when growth rate is modulated via the nutrient content of the medium (29,
FIG 4 Fitness advantages relative to the ancestor are correlated with increases in steady-state growth rates of the sorbitol- and proline-evolved populations. (A) Cells from the So0.5-1 population grew slower than cells from the ancestor population in DM2500 under steady-state conditions (P = 8.1 x 10^-4, t test), and Pr0.5-1 cells exhibited growth rates similar to those of the ancestor (P = 0.61, t test), consistent with fitness measurements presented in Fig. 3B and E, respectively. The growth rate for each cell was defined as its mean instantaneous growth rate measured over 15 min of imaging (n > 77 cells for the ancestor, n > 97 cells for the sorbitol-evolved population, and n > 218 cells for the proline-evolved population). Horizontal lines represent means across cells. (B) So0.5-1 cells grew more quickly at steady-state in DM2500 + 0.5 M sucrose than ancestor cells (P < 10^-4, t test) and Pr0.5-1 cells (P < 10^-4, t test), which had similar growth rates, which was again consistent with the fitness measurements. The growth rate for each cell was defined as its mean instantaneous growth rate over 21 min of imaging (n > 405 cells for the ancestor, n > 125 cells for the sorbitol-evolved population, and n > 291 cells for the proline-evolved population). Horizontal lines represent means. (C) Pr0.5-1 cells grew more quickly at steady state in DM + 0.125 M proline than ancestor cells (P < 10^-4, t test), demonstrating that passing in proline led to an enhanced ability to metabolize proline. The growth rate for each cell was defined as its mean instantaneous growth rate over 21 min of imaging (n > 159 cells for the ancestor population and n > 148 cells for the proline-evolved population). Horizontal lines represent means.

30), commonly referred to as the Growth Law (31). However, volume varies less strongly with temperature-induced growth rate changes (29), indicating that the specific mechanism of growth rate change is important for determining cell size (32). Given that the ancestor and the sorbitol- and proline-evolved populations exhibited different growth-rate behaviors (Fig. 4), we used these data to query whether cellular dimensions during steady-state exponential growth varied in a manner predictable by analysis of nutrient-induced changes in growth rate. The lower growth rate of the ancestor in DM2500 + 0.5 M sucrose than in DM2500 (Fig. 4A and B) was coupled to a decrease in mean cell size (Fig. 5A and B), as expected from the Growth Law. However, while the growth rate of the ancestor in DM + 0.125 M proline was higher than that in DM2500 + 0.5 M sucrose (Fig. 4B and C), the mean cell size was lower in DM + 0.125 M proline than in DM2500 + 0.5 M sucrose (Fig. 5A and B), suggesting that the relationships among osmolarity, growth rate, and cell size are more complex than those due to nutrients alone.

We next investigated whether cell size changed in the evolved populations in a systematic manner across media. In DM2500, DM2500 + 0.5 M sucrose, and DM + 0.125 M proline, the So0.5-1 and Pr0.5-1 populations behaved in a manner that was qualitatively similar to that of the ancestor population (Fig. 5A to D), with the largest cells seen in DM2500 and the smallest cells in DM + 0.125 M proline. So0.5-1 cells were wider (P < 10^-4, two-tailed t test) and longer (P < 10^-4, two-tailed t test) than the ancestor cells in DM2500 + 0.5 M sucrose (Fig. S3B), as expected based on their relative growth rates. However, in DM2500, So0.5-1 cells were wider (P < 10^-4, two-tailed t test) and slightly shorter (Fig. S6A) than the ancestor cells such that the mean volume was slightly higher than that measured for the ancestor cells (Fig. S6A) despite a lower growth rate (Fig. 4A). Thus, there were mutations in the So0.5-1 population that affected cell size independently of the Growth Law. Relative changes in CFUs for the ancestor and sorbitol-evolved populations were quantitatively in agreement with OD measurements in both DM2500 and DM25 supplemented with 0.5 M sorbitol (Fig. S7A and B), indicating that variations in cell shape and volume did not measurably impact conclusions based on OD. The cells in the Pr0.5-1 population had approximately the same dimensions as the ancestor cells (P = 0.99, two-tailed t test) in DM2500 (Fig. S5E), consistent with their similar growth rates (Fig. 4A), but were only slightly larger than the ancestor cells in DM + 0.125 M proline (Fig. S5E) despite the
significantly higher growth rate of the Pr0.5-1 population (Fig. 4C). Taken together, these results indicate that the So0.5-1 population, which had evolved to generally grow better under high-osmolarity conditions, had developed growth rate-independent changes in cell size and aspect ratio and that the Pr0.5-1 population, which had evolved to more efficiently utilize proline as a carbon source, maintained the same size as the ancestor even when their growth rates were different.

**Sorbitol-evolved populations developed mutations involved in central growth processes.** To determine the genetic changes that generated the distinct phenotypes of the sorbitol- and proline-evolved populations, we used metagenomic sequencing and analysis (Materials and Methods). In the So0.5-1 population, 83.3% of the reads revealed a 9-bp, in-frame insertion (see Table S1 in the supplemental material) in DNA topoisomerase I (topA). Under high-osmolarity conditions, DNA supercoiling levels increase (33), affecting transcription; TopA relieves supercoiling and is upregulated in response to supercoiling (34). The insertion occurs at base 1329460, which lies in the TOPRIM domain that includes part of the catalytic site (35). The second-most-prevalent (17.6%) mutation in the So0.5-1 population was a single base-pair deletion at position 1893043 in the prc gene (Table S1), which encodes the carboxy-terminal protease for the division-specific transpeptidase penicillin binding protein 3. The deletion shifts the reading frame at position 351 of 2,049, which likely disrupts Prc activity, suggesting that deletion of prc could be beneficial under high-osmolarity conditions in this background. Previous work showed that Δprc cells are rounder than wild-type cells (36).
providing a potential explanation for So0.5-1 cells being wider and shorter than the ancestor cells in DM2500 (Fig. S3A).

By sequencing the topA and prc genes in 20 isolates from the So0.5-1 population, we found that 85% possessed the topA mutation, consistent with the metagenomics data. All isolates with the prc mutation (15%) also possessed the topA mutation, indicating that the prc allele arose from within the topA mutant population. To assess the behavior of these isolates at high osmolarity, we performed a representative experiment with each evolved allele combination in DM2500 and DM25 with 0.5 M sorbitol. Comparing the growth curves of an isolate containing either the topA mutation alone or one with both the topA and prc mutations to those of the ancestor, we observed that both isolates clearly grew better in DM25 + 0.5 M sorbitol but worse in DM2500 (Fig. 6A and B). Thus, those two mutants had the same qualitative pattern of fitness as the So0.5-1 population.

However, at lower osmolarity, the isolate containing the prc and topA mutations grew much more poorly than either the isolate containing only the topA mutation or the evolved So0.5-1 population (Fig. 6B). Moreover, the topA and prc topA isolates did not grow as well as the So0.5-1 population under high-osmolarity conditions (Fig. 6A). Imaging of prc topA cells during outgrowth from the stationary phase in DM2500 revealed occasional round cells, rod-shaped cells that rounded up, and lysis (Fig. 6C), suggesting difficulties in surviving and/or emerging from stationary phase. Interestingly, prc topA cells occasionally behaved similarly to spheroplasts (37) and grew as large blobs (see Movie S1 in the supplemental material). Thus, slower initial growth of the prc topA isolate at low osmolarity was likely due to increased cell death during stationary phase or outgrowth.

Notably, the topA strain exhibited better growth in DM25 + 0.5 M sorbitol than the prc topA strain (Fig. 6A), leading us to wonder how the prc topA mutation was selected for in the 0.5 M sorbitol passaging medium. Given the imaging data described above, we hypothesized that the passaging of strains first in DM25 (low osmolarity) in our fitness assays artificially reduced the fitness of the prc topA strain compared to the repeated passages at high osmolarity used in our evolution experiment. To test this hypothesis, we passaged the isolated strains and evolved population in DM2500 before measuring growth curves in DM2500 further exacerbated the fitness defects of prc topA in low osmolarity (Fig. 6E).

Metagenomic sequencing of the three other populations passaged in 0.5 M sorbitol also revealed high-prevalence mutations with diverse sets of potential functional consequences (Fig. 6F and Table S1). An 84-bp deletion at the 3′ end of topA in population 4 replaced the last 7 amino acids with 11 different amino acids, further implicating TopA in fitness at high sorbitol concentrations (Fig. 2C). The So0.5-2 and So0.5-4 populations had mutations in the transcription elongation factor nusA present at >50%, and So0.5-1 had a low prevalence mutation in the transcription termination factor rho, further demonstrating the importance of transcriptional regulation and of NusA in particular under high-osmolarity conditions. These observations suggest that the supercoiling induced under high-osmolarity conditions is a key element of the stress induced under high-osmolarity conditions and that many different proteins whose function is closely tied to DNA structure can be readily mutated to increase fitness under high-osmolarity conditions. Across all four populations, there were >10 genes (Table S1) involved in transport that acquired mutations, demonstrating that transport-related genes are a large and key target for selection in high osmolarity. Two of these genes were of previously unknown function; their appearance in sorbitol-evolved populations suggests roles in growth at high osmolarity. yfdV, which is predicted to encode a transporter (38), had a 9-bp IS1 insertion at 21% prevalence in So0.5-3. ycfT, which is predicted to encode an inner membrane protein (39) but is not
predicted to encode a transporter (38), had a 9-bp IS1 insertion in So0.5-4 at 65% prevalence. Based on the observation that mutations in these genes appeared in evolved populations with an increased prevalence of mutations in transport-related genes, we speculate that the ycfT gene interacts with transporters and that yfdV is in fact a transporter gene. Mutations in genes involved in central metabolism (sucA), cell envelope synthesis (prc, ftsW, and slyB), mechanosensation (mscL), and phosphate regulation (phoR, pstS) also appeared with high prevalence. Taken together, these observations show that high sorbitol concentrations can select for mutations affecting...
a wide range of cellular processes, with enzymes that interact with DNA and transporters being the two most frequently targeted classes of proteins (Fig. 6F).

Evolution in proline predominantly selects for mutations in genes regulating proline metabolism. To determine whether the Pr0.5-1 population developed mutations similar to those developed by the sorbitol-evolved population in response to osmolyte pressure, we again used metagenomic sequencing. We identified a fixed (100%) C→T mutation in putA that resulted in a glycine-to-arginine substitution at position 7 of the reading frame (Table S1). This mutation is in a DNA-binding domain that functions as a repressor of putA and putP (40), the genes responsible for growth on proline (41). The PutA enzyme oxidizes proline to glutamate so that E. coli can utilize it as a carbon source, and putP encodes a membrane-bound proline, Na⁺ symporter (42, 43). On the basis of our growth data obtained with proline (Fig. 2B and D), this mutation very likely inhibits binding of the repressor domain, which results in upregulation of the genes responsible for proline catabolism.

Metagenomic sequencing of the other three populations evolved in 0.5 M proline also showed much less diversity in mutated genes than was seen with the sorbitol-evolved populations (Fig. 6G; see also Table S1). Populations Pr0.5-1, Pr0.5-2, and Pr0.5-4 had a mutation in putA present in 92% to 100% of the members of each population; for population 3, there were multiple mutations at prevalences of 69% and 24% (Table S1). There was also an arcB mutation in population 2 at a prevalence of 15% and an arcA mutation in population 4 at 35%; the arcAB genes encode a two-component system that regulates proline metabolism. Thus, unlike evolution in sorbitol, the readily targetable proline metabolism genes provide large growth benefits on proline; hence, mutations specific to this advantage are selected for more often.

DISCUSSION

Here, we aimed to investigate how osmolarity affects cell growth and morphology by examining the genetic and physiological changes that occurred during evolution in a variety of environments. Comparisons of these changes across combinations and concentrations of osmolytes provided insight into the nature of stress presented by a given evolution condition and of the mechanisms that cells can utilize to optimize growth in a new environment. Although the evolved populations in 0.5 M sorbitol and 0.5 M proline clearly had higher fitness than the ancestor population in their respective growth environments, our study revealed that the selective pressures imposed by these two osmolytes were distinct. Evolution in sorbitol resulted in general adaptation to high osmolarity, at the expense of growth at lower osmolarity (Fig. 3B to D). By contrast, evolution in proline resulted in improved proline metabolism, without impacting the response to any level of increased osmolarity (Fig. 3E). Further studies are necessary to ascertain whether it is generally the case that exposure to molecules that directly function in cellular metabolism and osmoregulation, as is the case with proline, would primarily result in genetic perturbations to a specific pathway first. These findings illustrate the complex nature of osmotic stress, particularly for osmolytes that can also be used as carbon sources.

Our data strongly indicate that topA plays a major role during growth under high-osmolarity conditions. The topA mutations that occurred are likely adaptive, given that topA exhibited the highest prevalence of mutation during passaging in sorbitol as well as the increased growth rate of the So0.5-1 population under many different high-osmolarity conditions relative to the ancestor (Fig. 3C and D; see also Fig. S4 in the supplemental material). The So0.5-4 population, which had higher fitness than the ancestor in 0.5 M sorbitol (Fig. 2A and C), also contained a topA mutation at 25% prevalence. Increased DNA supercoiling is thought to be beneficial during growth at high osmolarity because genes that respond to osmotic stress, such as proP, which encodes a glycine betaine/proline transport system, are positively regulated by negative supercoiling (33, 44, 45). Thus, relieving of the active negative supercoiling by the activity of TopA would waste energy and result in less-effective activation of the genes necessary for survival at high osmolarity. Single-amino-acid substitutions in topA that
increase negative supercoiling have been previously identified in long-term evolution experiments in DM25 (46, 47). The three-amino-acid-insertion in the active site of topA in the So0.5-1 population likely reduced its activity to an even greater degree, which would confer a fitness advantage at high osmolalities but could negatively impact cells at low osmolalities due to the deleterious effects of excessive negative supercoiling, consistent with our population fitness measurements (Fig. 3D). The lower fitness of the So0.5-1 population relative to the ancestor in media with low concentrations (0.125 M or less) of sorbitol or sucrose indicates that the optimal osmolarity for growth of this population had increased. These findings raise the interesting possibility that tuning TopA activity could continuously shift the optimal osmolarity, which might have important implications in biotechnology.

In a seminal long-term experiment in which E. coli was passaged daily into fresh minimal medium for more than 50,000 generations, the fitness of the replicate populations (defined as the ability to outcompete the ancestor population in coculture) first increased rapidly for ~2,000 generations (33) and then continued to increase at a much lower rate (34). The lag time decreased while the growth rate increased over the first 2,000 generations; overall, the fitness benefit from the growth rate change was higher (35), consistent with the increased growth rates of our evolved populations in their passaging medium (Fig. 4). After ~10,000 generations, average cell volume had also increased substantially (17, 33, 35, 36). The evolved populations from that experiment exhibited a stepwise, allometric correlation between cell size and growth rate (21), in agreement with previous studies of the effects of nutrients on cell size (31, 32). In a separate experiment, clones isolated from 115 E. coli populations evolved for ~2,000 generations at 42°C had a total of more than 1,300 substitution mutations (37); while almost no mutations were shared between replicates, there was strong convergence at the gene, operon, and functional-complex levels, including a large fraction of mutations in genes associated with cell wall synthesis (37). Thus, it appears that specific pathways may evolve in response to a global environmental stress, although it is unknown whether the resulting mutations would be more or less widespread during evolution under conditions that present other selective pressures. Our results generally support the hypothesis of the presence of qualitative phenotypic differences among populations evolved in sorbitol and proline (Fig. 2 and 5), indicating that bacterial cells experience osmolyte-specific fitness costs during osmotic stress. The action of mutations that confer increased fitness in one osmolyte can extend in a complex manner to other osmolytes, as evidenced by the similarities of the advantages seen in the sorbitol-evolved population relative to those seen with the ancestor population in both sorbitol and sucrose (Fig. 3B to D). Interestingly, none of the mutations that we observed in sorbitol-evolved populations occurred in genes previously identified as being highly upregulated or downregulated in E. coli during growth in media supplemented with 0.7 M sorbitol (24). This observation demonstrates the power of laboratory evolution experiments: the fact that expression of a particular gene is integral to a stress response does not necessarily signify that it is a readily mutable target for selection, and some of the targets for adaptive mutations may not normally be associated with the stress. While the genes that acquired mutations in the four sorbitol-evolved populations encode proteins involved in a wide range of functions, transport and transcription are clearly key targets for beneficial mutations at high osmolarity (Fig. 6F and Table S1).

It remains unclear why no adaptation to any of the other osmolyte passage conditions was observed, given that generally improved fitness at high osmolarity was readily evolvable in sorbitol. One possibility is that the passage concentrations of sucrose (0.1 and 0.2 M) did not exert enough stress to select for beneficial mutations; consistent with this conclusion, there was no discernible change in the level of growth during passaging in 0.25 M sorbitol. However, this argument does not explain the lack of adaptation in all 0.5 M and 0.75 M glycine betaine populations. Notably, the only conditions under which we observed adaptation were also those under which the osmolyte was usable as a carbon source, thus leading to a higher carrying capacity.
While the passages involved similar numbers of generations due to the constant degree of back-dilution, the increased population sizes seen during growth in proline and sorbitol allow exploration of a larger mutational space per generation. Thus, it is possible that adaptation in the other osmolytes could be accelerated by increasing the amount of glucose to bring the yield in line with that of the sorbitol and proline populations; it is also possible that more-extensive passaging or increasing the osmolyte concentration would spur adaptation. Regardless, the metabolism of sorbitol did not preclude the selection of mutations that generally increased fitness at high osmolarity, as evidenced by the levels of growth in sucrose (Fig. 3B and D).

In combination with new tools for phenotypic quantification and inexpensive sequencing, long-term evolution experiments have tremendous potential for providing unique molecular and physiological insight into how bacteria adapt to new environments. Here, we uncovered general and specific factors regulating growth at higher osmolarities that had previously not been associated with such conditions. Our data demonstrate that *E. coli* has access to a wide variety of mutations that improve fitness by mitigating the broad detrimental effects of high osmolarity. Determining the extent to which the same is true for other stressful environments should shed light on the general nature of cellular adaptation, motivating future evolution experiments with other perturbations and in other organisms.

**MATERIALS AND METHODS**

**Passaging and evolution of cultures.** *E. coli* TC1407 was grown overnight in DM25 (48, 49) at 37°C and then used to inoculate a deep-well 96-well plate (catalog number 780285; Greiner Bio-One, Germany) with media incorporating various osmolytes at various concentrations. We chose 10 experimental conditions with higher osmolarity, 1 DM25 condition, and 1 blank control. Our experimental conditions were selected to cover the following ranges of osmolarities and osmolytes: 0.5 M and 1.0 M glycine betaine, 0.5 M and 0.75 M proline, 0.25 M and 0.5 M sorbitol, 0.1 M and 0.2 M sucrose, and 0.1 M and 0.2 M NaCl. We passaged four replicate wells under each set of conditions, in addition to four blank wells to control for contamination (Fig. 1A). Each column of the 96-well plate corresponded to a separate condition. To initialize the experiment, 10 μl of the overnight cultures and 1 ml osmolyte medium were added to each well in a 96-well plate. The plate was covered with a Breathe-Easy membrane (catalog number 9123-6100; USA Scientific, FL) and incubated at 37°C overnight with shaking. Each day thereafter, for a total of 38 days, 10-μl volumes of the overnight cultures were transferred to wells of a new 96-well plate with 1 ml of the appropriate media. The 100-fold dilutions yielded 6.6 generations of growth per day until the population reached stationary phase.

**Measurement of population growth metrics.** We measured population-level growth metrics using an Epoch 2 Microplate spectrophotometer (BioTek Instruments, VT). A 200-μl 96-well plate filled with DM25 medium was inoculated from glycerol stocks and grown for 24 h, followed by two cycles of 1:200 dilutions inoculated into fresh DM25 and 24 h of growth. The resulting cultures were used to inoculate 200-μl cultures in a 96-well plate with a 1:200 dilution in DM25 or DM2500 medium with osmolytes added as indicated. The plate reader went through 15-min cycles of incubation at 37°C with linear shaking for 145 s, and then absorbance measurements were performed (wavelength, 600 nm; 25 flashes; 2-ms settling period between flashes). Growth curve experiments were performed for 24 to 72 h, which allowed most of the populations to reach stationary phase. CFU levels per milliliter were measured by serially diluting 10 μl of culture from a plate reader experiment, plating 100 μl of each dilution, and counting colonies after 16 h of growth.

**Single-cell imaging.** Cells were imaged on a Nikon Eclipse Ti-E inverted fluorescence microscope with a 100× oil-immersion lens objective (Nikon Instruments) (numerical aperture, 1.40). Images were collected on a DU985 electron-multiplying charge-coupled-device (CCD) camera (Andor Technology) or a Neo scientific complementary metal oxide semiconductor (scMOS) camera (Andor Technology) using µManager v. 1.4 (50). Cells were maintained at 37°C during imaging with an active-control environmental chamber (Haisson Technology). One microliter of cells was spotted onto a pad of 1% agarose plus medium as noted.

**Image analysis.** The MATLAB (MathWorks, Natick, MA, USA) image processing code Morphometrics (51) was used to segment cells and to identify cell outlines from phase-contrast microscopy images. A local coordinate system was generated for each cell outline using a method adapted from Microbe-Tracker (52). Cell widths were calculated by averaging the distances between contour points perpendicular to the cell midline, excluding contour points within the poles and sites of septation. Cell length was calculated as the length of the midline from pole to pole. Cell volume was estimated from width and length measurements by approximating cells as a pill shape with volume $V = \frac{1}{4}L\sqrt{4R^2 - \frac{1}{2}L^2}$, where $R$ is the half cell width and $L$ is the cell length. Cellular dimensions were quantified by averaging single-cell results across a population. Single-cell growth rates were calculated using the formula $\ln(V(t + \Delta t)/V(t))$, where $\Delta t$ is the time between images and $V(t + \Delta t)$ and $V(t)$ are the cell volumes at times $t + \Delta t$ and $t$, respectively. See the figure legends for the number of cells analyzed ($n$) and error bar definitions.
Whole-genome sequencing. Cultures were grown from glycerol frozen (~80°C) stock in LB overnight. Genomic DNA was extracted from these overnight cultures using a DNeasy UltraClean microbial kit (Qiagen) and was prepared for sequencing using a Nextera library kit. Sequencing was performed on an Illumina NovaSeq 6000 system at ~100× coverage. Read mapping and variant calling were accomplished using BredSeq v. 0.33.0 (S3).

Data availability. All data presented in this article represent growth curves, time-lapse microscopy images, or results of whole-genome sequencing. All data are available from the corresponding author upon request.

SUPPLEMENTAL MATERIAL

Supplemental material is available online only.

FIG S1, PDF file, 0.5 MB.
FIG S2, PDF file, 2.6 MB.
FIG S3, PDF file, 0.5 MB.
FIG S4, PDF file, 0.7 MB.
FIG S5, PDF file, 0.1 MB.
FIG S6, PDF file, 0.1 MB.
FIG S7, PDF file, 0.1 MB.
TABLE S1, DOCX file, 0.02 MB.
MOVIE S1, AVI file, 1.2 MB.

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