Effects of inactivated *Enterococcus faecalis* on the proliferation and osteogenic induction of osteoblasts

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Abstract. The present study aimed to evaluate the effects of *Enterococcus faecalis*, inactivated by the common intracanal irrigants sodium hypochlorite (NaOCl) and chlorhexidine (CHX), on osteoblasts. *E. faecalis* was inactivated with 2% CHX or 5.25% NaOCl. Subsequently, the Cell Counting kit-8 assay was used to examine the effects of CHX- and NaOCl-inactivated *E. faecalis* on MC3T3-E1 osteoblast cell proliferation. Alizarin red staining was used to determine osteoblast mineralization, and osteogenic induction was quantified by determining the optical density of the dye solution. The relative expression levels of osteogenic genes were detected after 1, 4, 7 and 14 days of stimulation with CHX- and NaOCl-inactivated *E. faecalis* by reverse transcription-quantitative polymerase chain reaction. The results indicated that CHX-inactivated *E. faecalis* inhibited osteoblast proliferation, whereas NaOCl-inactivated *E. faecalis* did not suppress cell proliferation. Various concentrations of CHX- and NaOCl-inactivated *E. faecalis* induced different degrees of osteoblast mineralization. The expression levels of osteocalcin, alkaline phosphatase, runt-related transcription factor 2, osteopontin and osterix were upregulated in cells following stimulation with 10\(^{-7}\) and 10\(^{-5}\) colony-forming units/ml *E. faecalis* inactivated by CHX and NaOCl; the upregulation of these osteogenic genes occurred at various time points. In conclusion, the present study demonstrated that CHX-inactivated *E. faecalis* exerted more of an effect on osteoblast proliferation compared with NaOCl-inactivated *E. faecalis*. In addition, CHX- and NaOCl-inactivated *E. faecalis* was able to induce mineralization and relevant osteogenic gene expression in osteoblast cells.

Introduction

The presence of pathogenic bacteria in the root canal is the major cause of pulpal and periapical pathology (1-3). Pathogens generate toxins, and induce progressive and invasive damage to the periradicular tissue. *Enterococcus faecalis*, which is a common drug-resistant pathogen, is able to survive extreme conditions, including starvation and an alkaline environment, and possesses several virulence factors that cause persistent pulpal and periapical infections (4,5). *E. faecalis*, and other common pathogens, are able to activate the immune response and destroy periapical tissue (6).

The balance between osteoblasts and osteoclasts is responsible for bone resorption and formation (7). Osteoblasts are well known for their role in bone formation, and are essential in the regeneration and reconstruction of periapical tissue. Osteoblasts have several key functions, including bone matrix synthesis, osteoblast regulation of osteoclastogenesis, endocrine functions and hematopoietic stem cell regulation (8). In addition, osteoblasts are associated with various important regulatory pathways, such as Wnt signaling and runt-related transcription factor 2 (Runx2) (9,10).

Sodium hypochlorite (NaOCl) and chlorhexidine (CHX) are common intracanal medicaments, which exert bactericidal effects on pathogens in the root canal (11,12). The purpose of root canal therapy is to effectively eradicate pathogenic bacteria using mechanical instruments and antibacterial agents. However, little information is currently available regarding the effects of inactivated pathogens on periapical cells. Since *E. faecalis* is frequently isolated in persistent periapical infection, and due to the important role of osteoblasts in periapical lesion recovery, the present study aimed to examine the effects of inactivated *E. faecalis* on the proliferation and induction of osteogenic differentiation in the pre-osteoblast cell line MC3T3-E1. Furthermore, the relative expression levels of osteogenic genes were detected following exposure to various concentrations of inactivated *E. faecalis*.

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Materials and methods

Bacteria and cell culture. *E. faecalis* [American Type Culture Collection (ATCC)* 29212™; ATCC, Manassas, VA, USA] was streaked on brain heart infusion agar (BHI; Difco; BD Biosciences, Franklin Lakes, NJ, USA) and was cultured aerobically at 37°C for 24 h. A single bacterial colony was inoculated into 5 ml BHI medium and grown to the exponential phase [bacterial concentration, ~10^9 colony-forming units (CFU)/ml]. The MC3T3-E1 osteoblast cell line (ATCC, Manassas, VA, USA) was used in the present study. Osteoblasts were cultured in minimum essential medium, alpha modified (α-MEM; Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA) supplemented with 10% fetal bovine serum (FBS; Hyclone; GE Healthcare Life Sciences, Logan, UT, USA), 100 U/ml penicillin and 100 µg/ml streptomycin ( Gibco; Thermo Fisher Scientific, Inc.) at 37°C in a humidified atmosphere containing 5% CO_2.

Inactivation of *E. faecalis*. The *E. faecalis* culture (concentration, 10^6 CFU/ml) was centrifuged at 3,43 x g for 10 min at 4°C, and the supernatant was discarded. The *E. faecalis* deposit was then resuspended in 5.25% NaOCl (Shanghai ChemDo International Trade Co., Ltd., Shanghai, China) or 2% CHX (Sigma-Aldrich; Merck Millipore, Darmstadt, Germany) for 5 min. The NaOCl challenge was discontinued by 0.6% sodium thiosulfate, and the CHX challenge was discontinued by 5% polysorbate 80 and 0.07% soybean lecithin. To verify the complete inactivation of bacteria, 100 µl inactivated *E. faecalis* was spread onto BHI agar and cultured at 37°C for 48 h; no cell growth indicated complete inactivation. Furthermore, to remove the remnants of NaOCl or CHX and the neutralizers, the inactivated *E. faecalis* cultures were centrifuged 6,343 x g for 5 min at 4°C, and the supernatants were discarded. Bacterial deposits were resuspended in PBS after being washed twice in sterile PBS.

Cell proliferation assay. CHX- or NaOCl-inactivated *E. faecalis* was gradually diluted ten-fold with α-MEM supplemented with 10% FBS, 100 U/ml penicillin and 100 µg/ml streptomycin. Osteoblasts were seeded in 96-well tissue culture plates at 2x10^3 cells/well, and were incubated at 37°C in a humidified atmosphere containing 5% CO_2 for 24 h. Once the cells were attached to the bottom of the plates, the supernatant was removed and various concentrations of inactivated *E. faecalis* (10-10^9 fold dilution) were added to the wells, in order to evaluate the effects of inactivated *E. faecalis* on cell proliferation. Cells without the addition of *E. faecalis* were used as the control group. The medium was replaced every 2 days. Cell proliferation was assessed using the Cell Proliferation Kit 8 (CCK-8; Dojindo Laboratories, Kumamoto, Japan) on days 1, 2, 4, 7 and 14 according to the manufacturer’s instructions.

Induction of osteogenic differentiation. For osteogenic induction, osteoblasts were seeded in 6-well plates at a density of 1x10^5 cells/well, and were incubated at 37°C in a humidified atmosphere containing 5% CO_2. After cells grew to 50% confluence, CHX- or NaOCl-inactivated *E. faecalis* was diluted to 10^7, 10^6 and 10^5 CFU/ml using α-MEM medium (supplemented with 10% FBS, 100 U/ml penicillin and 100 µg/ml streptomycin), and was added to the wells. Osteogenic medium (10 mM β-glycerophosphate, 0.2 mM ascorbic acid and 0.1 µM dexamethasone in α-MEM supplemented with 10% FBS, 100 U/ml penicillin and 100 µg/ml streptomycin) was used as a positive control, and α-MEM medium was used as a negative control. The 6-well plates were incubated at 37°C in a humidified atmosphere containing 5% CO_2, and the medium was replaced every 2 days. After 7 days, cells that were adherent to the bottom of the wells were stained with 0.5% Alizarin Red S solution (pH 4.2; Sigma-Aldrich; Merck Millipore), and images were captured using a microscope (Carl Zeiss, Oberkochen, Germany). Red staining indicated the presence of calcium deposits. For quantitative analysis, cells that were adherent to the bottom of the 6-wells for 7 days were washed twice with sterile PBS. The bound dye was then eluted with 1.5 ml 0.5 M hydrochloric acid-alcohol solution (37% hydrochloric acid to dehydrated alcohol ratio, 1:24). Osteogenic induction was quantified by determining the optical density of the solution at 405 nm. Three independent experiments were conducted, each of which was performed in triplicate.

Re Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). The relative expression levels of osteogenic genes under various conditions were analyzed by RT-qPCR. Induction of osteogenic differentiation by inactivated *E. faecalis* was detected as aforementioned. Total RNAs were isolated from osteoblasts stimulated with 10^7 and 10^8 CFU/ml 2% CHX- or 5.25% NaOCl-inactivated *E. faecalis* for 2, 4, 7 and 14 days using TRIzol Max Bacterial RNA Isolation kit (Invitrogen; Thermo Fisher Scientific, Inc.). For cDNA synthesis, 2 µg RNA was used as a template and was reverse transcribed using the PrimeScript First Strand cDNA Synthesis kit (Takara Biotechnology Co., Ltd., Dalian, China) according to the instructions of the manufacturer. An additional reaction containing no reverse transcriptase was used to confirm the absence of genomic DNA. The primer sequences for the following osteogenic genes: Osteocalcin (OCN), alkaline phosphatase (ALP), Runx2, osteopontin (OPN) and osteix (OSX), are presented in Table I. Total cDNA abundance between the test samples was normalized using GAPDH as a control. qPCR was conducted using a RealMasterMix SYBR Green PCR kit [cat. no. FP202; Tiangen Biotech (Beijing) Co., Ltd., Beijing, China] in a 7500 Fast Real-Time PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.) and was replicated four times in a 20 µl reaction mixture containing 8 µl 2.5X RealMasterMix, 1 µl 20X SYBR solution, 0.5 µl primers (10 µM) and 5 ng cDNA. The reaction conditions were as follows: 1 cycle of 95°C for 60 sec followed by 40 cycles of 95°C for 10 sec, 60°C for 40 sec. Relative gene expressions were calculated using the Cq method (13).

Statistical analysis. SPSS 18.0 (SPSS, Inc., Chicago, IL, USA) was used to perform statistical analyses. One-way analysis of variance and Tukey honestly significant difference test were used to compare the proliferation of osteoblasts stimulated with *E. faecalis* inactivated by the two drugs. Each experiment was performed in triplicate. The same statistical tests were used to compare the degree of mineralization and the relative
expression levels of osteogenic genes in osteoblasts stimulated with the various types of inactivated \textit{E. faecalis}. All data are presented as the mean ± standard deviation. \textbullet\textcircled{P}<0.05 was considered to indicate a statistically significant difference.

**Results**

**Effects of inactivated \textit{E. faecalis} on osteoblast growth.** The CCK-8 assay was used to evaluate the effects of inactivated \textit{E. faecalis} on osteoblast proliferation (Fig. 1). At a concentration of \(10^8\) CFU/ml, CHX-inactivated \textit{E. faecalis} significantly inhibited osteoblast growth at various time points; however, NaOCl-inactivated \textit{E. faecalis} did not suppress osteoblast proliferation, and the osteoblast proliferation curve was similar to the control group (Fig. 1A). At a concentration of \(10^7\) CFU/ml, osteoblasts exhibited similar growth curves in the CHX-inactivated, NaOCl-inactivated and control groups between 0 and 7 days; however, osteoblast proliferation was significantly reduced in the CHX-inactivated group compared with the NaOCl-inactivated group at day 14 (Fig. 1B). When inactivated \textit{E. faecalis} was diluted to \(10^6\) or \(10^5\) CFU/ml, osteoblast proliferation was similar in the CHX-inactivated, NaOCl-inactivated and control groups (Fig. 1C and D).

**Effects of inactivated \textit{E. faecalis} on osteogenic induction of osteoblasts.** Alizarin red S staining was used to detect mineralized nodules of osteoblasts stimulated by inactivated \textit{E. faecalis} (Fig. 2). Stimulation of osteoblasts with \(10^7\) CFU/ml 2\% CHX-inactivated \textit{E. faecalis}
markedly induced the formation of several mineralized nodules (Fig. 2F). The number of mineralized nodules was reduced following stimulation with 10^6 or 10^7 CFU/ml Enterococcus faecalis; however, the size of the mineralized nodules was markedly increased (Fig. 2G and H). Stimulation of osteoblasts with 10^5 CFU/ml 5.25% NaOCl-inactivated E. faecalis induced a slight increase in mineralized nodules (Fig. 2B), and the size of the mineralized nodules was markedly increased following stimulation with 10^5 CFU/ml E. faecalis, as compared with 10^5 CFU/ml E. faecalis. Stimulation with 10^5 CFU/ml E. faecalis resulted in induction of the largest mineralized nodules (Fig. 2C and D). Quantification of the degree of osteoblast mineralization demonstrated that there was a statistical difference between cells stimulated with 10^5 CFU/ml 2% CHX- or 5.25%-inactivated NaOCl E. faecalis (P<0.05); and mineralization was higher in both groups compared with the negative control group. Following stimulation with 10^6 CFU/ml inactivated E. faecalis, no statistically significant difference was detected between the NaOCl-inactivated and CHX-inactivated E. faecalis groups; however, mineralization was higher in both groups compared with the negative control group, and was lower compared with the positive control group (P<0.05). At a concentration of 10^5 CFU/ml, stimulation with NaOCl-inactivated E. faecalis resulted in a significantly higher degree of mineralization compared with in the CHX-inactivated E. faecalis group, and mineralization was lower in both groups compared with in the positive control group (P<0.05; Fig. 3).

Expression of osteogenic genes in response to inactivated E. faecalis. Osteoblasts were stimulated with 10^7 CFU/ml CHX-inactivated E. faecalis (10^5 CHX-Ef), 10^5 CFU/ml CHX-inactivated E. faecalis (10^5 CHX-Ef), 10^5 CFU/ml NaOCl-inactivated E. faecalis (10^5 NaOCl-Ef) or 10^5 CFU/ml NaOCl-inactivated E. faecalis (10^5 NaOCl-Ef). The expression levels of osteogenic genes were then detected by RT-qPCR. OCN is an important marker of osteogenesis. Following stimulation with 10^5 CHX-Ef for 2 or 4 days the expression levels of OCN were significantly upregulated compared with the negative control group, and were lower compared with the positive control group (P<0.05). In addition, stimulation with 10^7 CHX-Ef, 10^5 CHX-Ef or 10^5 NaOCl-Ef for 7 or 14 days induced the transcription of OCN; the expression levels of OCN in these groups were significantly increased compared with in the 10^5 NaOCl-Ef group (P<0.05; Fig. 4).

Following 2 days stimulation with 10^7 NaOCl-Ef the expression levels of ALP were significantly increased. After 4 and 7 days stimulation with 10^5 CHX-Ef, 10^5 CHX-Ef, 10^5 NaOCl-Ef and 10^5 NaOCl-Ef the expression levels of ALP were upregulated. However, after 14 days, the various concentrations of inactivated E. faecalis did not induce upregulation of ALP, and the expression levels were similar to those in the negative control group (Fig. 5). Following 2 days of stimulation with 10^7 CHX-Ef, 10^5 NaOCl-Ef and 10^5 NaOCl-Ef, the expression levels of OPN were upregulated. Stimulation with 10^7 CHX-Ef for 4, 7 or 14 days induced the transcription of OPN to the highest levels, which were higher than in the positive control group. The expression levels of OPN were not significantly different between the 10^5 CHX-Ef, 10^5 NaOCl-Ef and 10^5 NaOCl-Ef groups after 4 or 14 days stimulation (Fig. 6). OSX is a vital regulatory factor for osteoblast differentiation and bone development. The expression levels of

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**Figure 2.** Alizarin red S staining of mineralized nodules in osteoblasts stimulated with various concentrations of inactivated E. faecalis. (A) Negative control; (B) 10^5 CFU/ml; (C) 10^5 CFU/ml and (D) 10^5 CFU/ml 5.25% NaOCl-inactivated E. faecalis; (E) positive control; (F) 10^5 CFU/ml; (G) 10^5 CFU/ml and (H) 10^5 CFU/ml 2% CHX-inactivated E. faecalis. Magnification, x100. CHX, chlorhexidine; NaOCl, sodium hypochlorite; CFU, colony-forming units.

**Figure 3.** Quantitative analysis of the degree of mineralization in osteoblasts treated with various concentrations of NaOCl- and CHX-inactivated Enterococcus faecalis. *P<0.05 vs. negative control group; **P<0.05 vs. positive control group. CHX, chlorhexidine; NaOCl, sodium hypochlorite; CFU, colony-forming units. OD, optical density.
Figure 4. Expression levels of OCN in response to various concentrations of inactivated *Enterococcus faecalis* for (A) 2, (B) 4, (C) 7 and (D) 14 days. *P<0.05 vs. negative control group; *P<0.05 vs. positive control group. CHX, chlorhexidine; NaOCl, sodium hypochlorite; CFU, colony-forming units; OCN, osteocalcin.

Figure 5. Expression levels of ALP in response to various concentrations of inactivated *Enterococcus faecalis* for (A) 2, (B) 4, (C) 7 and (D) 14 days. *P<0.05 vs. negative control group; *P<0.05 vs. positive control group. CHX, chlorhexidine; NaOCl, sodium hypochlorite; CFU, colony-forming units; ALP, alkaline phosphatase.
OSX were upregulated in response to stimulation with 10⁷ CHX-Ef, and the highest level was reached after 4 days. Similarly, following stimulation with 10⁷ CHX-Ef, transcription of OSX was induced to its highest level after 4 days, and
was decreased to normal levels after 7 and 14 days. After 2 and 4 days of stimulation, $10^7$ NaOCl-Ef and $10^5$ NaOCl-Ef upregulated OSX expression. Furthermore, following 14 days of stimulation, the expression levels of OSX in the experimental groups were reduced to negative control levels (Fig. 7).

Runx2 is an important transcription factor associated with bone formation. Transcription of Runx2 was upregulated in response to stimulation with $10^7$ CHX-Ef, and a maximum was reached after 14 days. Following stimulation with $10^5$ CHX-Ef, the upregulation of Runx2 was observed after 7 and 14 days. NaOCl-inactivated \textit{E. faecalis} did not induce the upregulation of Runx2 compared with CHX-inactivated \textit{E. faecalis} during the 14 days of stimulation (Fig. 8).

**Discussion**

\textit{E. faecalis} is one of the most commonly implicated pathogens in persistent and secondary root canal infection (14,15). The objective of antibacterial intracanal medicament application is to inactivate pathogens, such as \textit{E. faecalis}, in the root canal. It is well known that living pathogens exert pathogenicity and destroy periapical tissue; however, when living pathogens in periapical tissue are killed by intracanal medicaments and are not completely cleared, it remains unknown as to the effects of the dead bacteria on periapical bone tissue healing. The present study demonstrated that high concentrations of \textit{E. faecalis} inactivated by CHX significantly inhibited osteoblast proliferation, whereas NaOCl-inactivated \textit{E. faecalis} did not affect osteoblast growth. \textit{E. faecalis} has several virulence factors, including lytic enzymes, cytolsin, aggregation substance, pheromones and lipoteichoic acid (16). CHX at a concentration of 2% possesses bactericidal activity and induces precipitation of cytoplasmic contents (17). The cytoplasmic contents of \textit{E. faecalis} contain numerous virulence factors, and exert pathogenicity. Therefore, osteoblast growth was suppressed by the efflux of pathogenic cytoplasmic components in CHX-inactivated \textit{E. faecalis}. NaOCl exerts its bactericidal mechanism via chlorine. NaOCl releases chlorine, which forms chloramines that interfere with cell metabolism when exposed to organic tissue. Chlorine generates irreversible oxidation of sulfhydryl groups of essential bacterial enzymes, thus inhibiting bacterial enzyme action and resulting in degradation of \textit{E. faecalis} virulence factors (18). Therefore, osteoblast proliferation was not affected by NaOCl-inactivated \textit{E. faecalis} due to the degradation of virulence factors.

The presence of mineralized nodules is a marker of osteogenic differentiation. Analysis of the degree of osteoblastic mineralization demonstrated that low concentrations of NaOCl-inactivated \textit{E. faecalis} and high concentrations of CHX-inactivated \textit{E. faecalis} induced increased levels of mineralization. High concentrations of CHX can destroy large amounts of \textit{E. faecalis}, thus leading to the increased efflux of cytoplasmic compounds, which may stimulate the generation of mineralized nodules. This is a self-defense mechanism of osteoblasts, and mineralized nodules defend osteoblasts against virulence factors (19). However, it remains unclear as
to how low concentrations of NaOCl-inactivated *E. faecalis* increased the number of mineralized nodules. It may be hypothesized that NaOCl-inactivated *E. faecalis* generates a certain substance that inhibits mineralized nodule formation, and when the substance is at low concentrations it may not be enough to hinder osteogenesis of osteoblasts. This hypothesis requires further study.

OCN is a marker of bone formation, which has a regulatory role in mineralization (20,21). CHX-inactivated *E. faecalis* significantly upregulated the expression levels of OCN after 7 and 14 days, thus indicating that the virulence factors released by *E. faecalis* may induce osteogenesis of osteoblasts. Furthermore, 10⁷ CFU/ml NaOCl-inactivated *E. faecalis* also induced OCN expression, which indicated that the substances released by NaOCl-inactivated *E. faecalis* may still induce the formation of OCN, but only at high concentrations. The expression levels of Runx2 exhibited similar alterations to OCN gene expression following stimulation with CHX or NaOCl-inactivated *E. faecalis*. Runx2 acts upstream of OCN, and regulates OCN gene transcription. Runx2 serves a key role in osteoblast differentiation (9). OPN has an important role in biomineralization, and inhibits the formation and growth of hydroxyapatite and other biominerals (22). The expression levels of OPN were not significantly upregulated following stimulation with inactivated *E. faecalis*, which were conducive to biomineralization of osteoblasts. However, 10⁷ CFU/ml CHX-inactivated *E. faecalis* was still able to induce transcription of OPN. The high concentrations of bacterial virulence factors may induce production of OPN and activate bone resorption. ALP activity is considered a biochemical marker for osteoblastic activity (23). The present study demonstrated that ALP expression was upregulated after 4 and 7 days stimulation, thus indicating that the osteoblastic activity of osteoblasts reached the active phase after 4 or 7 days stimulation with CHX- and NaOCl-inactivated *E. faecalis*.

OSX is a key transcription factor for osteoblast differentiation and bone formation, which acts downstream of Runx2 to regulate the expression of several osteogenic factors (24,25). OSX is a marker of the earlier stages of osteoblast differentiation. The present study indicated that upregulation of OSX occurred following 2 and 4 days of exposure to inactivated *E. faecalis*, whereas after 14 days, the expression levels of OSX were not significantly altered. Similar changes in expression were detected in the positive control group; osteogenic medium did not induce OSX expression at the late stage. This result indicated that OSX serves a role in the earlier stages of osteoblast differentiation.

Metabolites and virulence factors are released after bacteria are killed by antimicrobial agents. NaOCl exerts non-specific proteolytic effects, and the substances released by *E. faecalis* may be partly degraded (12). The substances released by the inactivated *E. faecalis* are very complex and may be partially degraded by non-specific proteolytic effects of NaOCl (12). Certain substances may not be degraded and remain. Therefore, the complex compositions may induce the different expression of osteogenic genes. CHX does not exert proteolytic effects, and the pathogenic factors are predominately from the substances released by *E. faecalis*, and thereby exhibited concentration-dependent regulation of osteogenic gene transcription.

In conclusion, CHX-inactivated *E. faecalis* may inhibit osteoblast proliferation, whereas NaOCl-inactivated *E. faecalis* did not affect osteoblast growth. CHX- and NaOCl-inactivated *E. faecalis* were associated with different levels of osteogenic differentiation of osteoblasts, and activated the expression of osteogenic genes. Additional studies are required to establish a standard protocol for the use of intracanal medications in the clinic. The results of the current study suggested that NaOCl irrigant may be superior to CHX irrigant regarding its effects on the osteogenic differentiation of osteoblasts.

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