Abstract: The aim of the study was to investigate the effect of modified lysozyme on the microflora, physicochemical and sensory characteristics of pork loin packaged in modified atmospheres and stored at 4 ± 1 °C. Different gas compositions (M1 65:25:10 O₂:CO₂:N₂; M2 50:40:10 O₂:CO₂:N₂; M3 80:20 O₂:CO₂) were used. The microbiological parameters (APC, Enterobacteriaceae, Pseudomonas spp., lactic acid bacteria), physicochemical indexes (pH, colour) as well as a sensory attribute, i.e., aroma were analysed. Meat samples were tested after five, 12, 19, 23, and 28 days of storage. Changes in the qualities of pork were determined throughout the storage. The proportions of polymeric forms, hydrolytic activity and hydrophobicity were determined in the lysozyme preparation. Modified lysozyme exhibited higher hydrophobicity and lower hydrolytic activity than lysozyme monomer. The colour parameters L* and a* were not considerably affected by the addition of modified lysozyme. The sample with the modified lysozyme was given the highest score for aroma. In comparison with the monomer, the modified lysozyme exhibited greater antibacterial effect, especially against Pseudomonas and Enterobacteriaceae. Microbial growth rates in the sample with modified lysozyme, packaged in an atmosphere with the highest content of CO₂ (total plate count 4.59 log CFU/cm²; moulds and yeasts 2.17 log CFU/cm²) were lower than those observed in the sample without lysozyme packed under M1 and M3 (20–25% CO₂). The use of an atmosphere with gas composition and modified lysozyme considerably extended the shelf-life of pork. The combination of the atmosphere with the highest content of carbon dioxide (50% O₂, 40% CO₂, 10% N₂) and modified lysozyme resulted in the best effect. This strategy extended the shelf-life by more than 20%, as compared with the control sample without lysozyme, packaged in an atmosphere of 50:40:10 O₂:CO₂:N₂.

Keywords: lysozyme; packaging; modification; bacteriostatic activity; meat

1. Introduction

Meat and processed meat products are a favourable environment for the growth of various bacteria, which spoil food, as well as pathogenic bacteria, which cause serious food poisonings. Nowadays, consumers expect high-quality food with extended shelf life but without chemical additives. Therefore, natural preservatives are a good way to extend the shelf life of food [1–7]. One of them is lysozyme (E.C.3.2.1.7, N-acetyl-muramic-hydrolase), an enzyme with bacteriostatic and bactericidal properties, which is commonly found in nature. Egg white is a rich and easily accessible source of this enzyme.
values. The lysozyme monomer, which is the basic form of the enzyme, is widely used to preserve cheese, wine, meat, fruit and vegetables [7–9]. The antibacterial activity of this form of the enzyme is mostly limited to Gram-positive bacteria due to their cell wall structure. However, it is Gram-negative bacteria that constitute a considerable proportion of both pathogenic bacteria and those that cause food spoilage during storage. This group of bacteria is additionally protected by components covering the peptidoglycan layer, such as polypeptides, lipoproteins and lipopolysaccharides. The cell wall structure is an essential, but not the only factor influencing the susceptibility of bacteria to the action of the enzyme. Research has shown that the spectrum of antibacterial activity of lysozyme can be extended by modification of the enzyme structure and its properties. As a result of thermal, chemical and thermochemical modification, dimer and oligomeric forms of lysozyme are obtained, which exhibit stronger inhibitory effect against Gram-negative bacteria [10–13]. It is possible to achieve higher antibacterial effectiveness of various preservatives by combining their action with other agents or preservative methods [14–16]. Modified atmosphere packaging is an effective method of extending the shelf life of food, including meat and processed meat products [16]. The choice of the right composition of gases determines both the quality and safety of packaged products. Among commonly used gases, it is carbon dioxide that mainly inhibits the growth of aerobic bacteria, which spoil the meat. Carbon dioxide extends the lag phase and reduces the rate of bacterial growth [17,18].

So far, researchers have mainly assessed the antibacterial properties of the native form of lysozyme. There have been few studies on the possibility to use the properties of the modified enzyme to extend the shelf life of food, including meat, especially meat packaged in a modified atmosphere. Lysozyme as an antimicrobial enzyme can be used in active packaging systems [7,19,20]. For this reason, the aim of this study was to assess the effects of modified lysozyme and monomer on the microflora, colour, aroma, and pH of pork packaged in a modified atmosphere with diversified gas composition.

2. Materials and Methods

2.1. Materials

2.1.1. Lysozyme Modification

Lysozyme obtained from the albumin of chicken eggs (Belovo Company, Bastogne, Belgium) underwent thermochemical modification. A lysozyme solution of pH 4.0 was heated at 70 °C in a water bath type 1083 (Gesellschaft für Labortechnik, Burgwedel, Germany) for 15 min and then it was immediately cooled in ice water. An adequate amount of H2O2 was added to the solution to make a 2% concentration. The lysozyme solution was stored for 6 days at 7 °C ± 1 °C. The preparation produced by thermochemical modification was marked as P. After modification, the enzyme preparation was lyophilised in a GT3 Leybold-Heraeus freeze dryer (Heraeus Instruments, Hanau, Germany). The hydrolytic activity and surface hydrophobicity of the monomer and modified lysozyme were measured. The proportions of oligomeric forms in the lysozyme preparation were measured after modification.

2.1.2. Meat and Experimental Design

Pork loin with a fat content of 6.2% ± 0.1%, measured by Soxhlet extraction [21] was obtained directly from a meat processing plant and used as a raw material for analyses. The meat was aseptically sliced into 15-mm-thick chops, on the surface of which 2 mL of 5% aqueous solutions of the monomer and modified lysozyme were applied. Sterilised distilled water was added to the control sample. All the meat was divided into three groups: samples with the lysozyme monomer (M), thermochemically modified lysozyme preparations (P), and control samples without the enzyme (C).

All the samples were placed aseptically on 205 × 160 × 60 mm³ polypropylene trays with an oxygen transmission rate of 7–8 cm³/m²/24 h. Selected atmosphere concentrations: M1:(65% O₂, 25% CO₂, 10% N₂), M2:(50% O₂, 40% CO₂, 10% N₂), M3: (80% O₂, 20% CO₂)
and air atmosphere were entered into the packages prior to thermal sealing with a gas packing device (WITT KM 100/200-3MEM gas mixer (Witt-Gasetechnik, Witten, Germany); Multivac T200 packaging machine (Wolfertschwenden, Germany). The trays were sealed with Opalen HB 55 packaging film with oxygen permeability of 35 cm$^3$/m$^2$/24 h* atm at 23 °C and 85% RH (according to data provided by the film manufacturer—Bemis, Soignies, Belgium) and they were stored at 4 ± 1 °C. The samples were assigned to one of nine treatments: M1C: 65% O$_2$, 25% CO$_2$, 10% N$_2$, control; M1M: 65% O$_2$, 25% CO$_2$, 10% N$_2$, monomer; M1P: 65% O$_2$, 25% CO$_2$, 10% N$_2$, modified lysozyme; M2C: 50% O$_2$, 40% CO$_2$, 10% N$_2$, control; M2M: 50% O$_2$, 40% CO$_2$, 10% N$_2$, monomer; M2P: 50% O$_2$, 40% CO$_2$, 10% N$_2$, modified lysozyme; M3C: 80% O$_2$, 20% CO$_2$, control; M3M: 80% O$_2$, 20% CO$_2$, monomer; M3P: 80% O$_2$, 20% CO$_2$, modified lysozyme preparation.

The samples were taken for analysis immediately after inoculation (fresh pork) and again after 5, 12, 19, 23 and 28 days of refrigerated storage. During storage the samples were analysed microbiologically, the colour and odour of the meat were evaluated, and pH was measured.

2.2. Methods

2.2.1. Hydrolytic Activity

The hydrolytic activity of lysozyme was measured by monitoring the decrease in the turbidity of a suspension of Micrococcus lysodeikticus (Sigma-Aldrich, St. Louis, MO, USA) cells at 450 nm [22]. The activity was presented as the rate of decrease in absorbance per min of the initial rate of reaction ($\Delta$abs/min).

2.2.2. Electrophoresis

Electrophoresis on polyacrylamide gel was used to determine the content of polymeric forms of modified lysozyme (SE-600 apparatus, Hoefer Scientific Instruments, Holliston, MA, USA). SDS-PAGE and 6% stacking gels at a current of 60 mA and 12.5% separating gels at 90 mA were used [22,23]. The gels were stained with 0.025% Coomassie Brilliant Blue R solution. The following standards were used: lysozyme 14.6 kDa (Sigma-Aldrich, Munich, Germany), Lydium KLP 28 kDa (Nika Health Product, Parsko, Poland) and hen egg albumen 45 kDa (Sigma-Aldrich, Munich, Germany). The quantitative proportions of individual forms of lysozyme were determined densitometrically with the TotalLab Quant software (Nonlinear Dynamics Ltd., Durham, NC, USA).

2.2.3. Surface Hydrophobicity

Surface hydrophobicity was determined according to the procedure described by Kato & Nakai [24] and Li-Chan et al. [25]. Aniline 1-naphthalenesulfonic acid (ANS, Sigma-Aldrich, Munich, Germany) was used for measurements. An LS 55 luminescence spectrometer (Perkin Elmer, Norwalk, CT, USA) with an output wavelength of $\lambda$ = 390 nm and emitter wavelength of $\lambda$ = 470 nm was applied. Lysozyme solutions (0.01%) and dilutions were prepared in a phosphate buffer (pH 6.0). A volume of 3 mL collected from each dilution and 15 µL of ANS dissolved in methanol were added. After 15 s the fluorescence intensity was measured. The surface hydrophobicity was equal to the slope coefficient for the curve of fluorescence intensity versus protein concentration.

2.2.4. Microbiological Analyses

Samples for microbiological analyses were collected with swabs and sterile USDA templates (Noack) from the meat surface and transferred into 100 mL of 0.1% sterile pepton diluents (Bacteriological Pepton, Oxoid, UK) so as to obtain a bacterial sample from 1 cm$^2$. A ten-fold dilution was prepared. The microbiological analyses were conducted according to the International Organization for Standardization (ISO) reference methods [26–29]. Bacterial counts were expressed as log10 CFU/g. The total viable aerobic bacterial count was determined on Standard Plate Count Agar (CM 463, Oxoid, Basingstoke, UK) after 72 h incubation at 30 °C. The count of Enterobacteriaceae rods was measured on melted selective
VRBG medium (P-0256, BTL, Łódź, Poland) after incubation at 37 °C for 24–48 h. The count of *Pseudomonas* was determined on solid *Pseudomonas* Agar (CM 0559, Oxoid, Basingstoke, UK) supplemented with *Pseudomonas* CFC Selective Agar Supplement (SR 0103, Oxoid, Basingstoke, UK) after incubation at 30 °C for 48 h. The count of lactic acid bacteria was measured on MRS agar (de Man, Rogosa and Sharpe) (CM 0361, Oxoid, Basingstoke, UK). MRS agar was overlaid with the melted medium and incubation at 30 °C for 48–72 h was applied. An oxidase test was used to measure the count of lactic acid bacteria (MBO 266, Oxoid, Basingstoke, UK). The counts of yeast and moulds were determined on Dichloran Rose Bengal Chloramphenicol (DRBC) agar (BTL, Łódź, Poland) after incubation at 25 °C for 5 days. The microbiological analysis was conducted in four replicates (twice).

### 2.2.5. Sensory Evaluation

An experienced trained panel evaluated sensory changes in the meat aroma. Eight people (four women and four men, aged 30 and 55) participated in the evaluation. The panel consisted of the staff of the Institute of Meat Technology and Department of Food Quality Management, trained in basic methods of sensory analysis and qualified as experts according to the standard [30]. Before to the sensory evaluation the panelists had three training sessions to familiarize themselves with the characteristics of product and scoring methods. The panel members did not change throughout the study. The products were evaluated in a sensory laboratory at room temperature. On opening bags with meat, the product underwent sensory evaluation. The aroma was rated with a five-point scale, where 5 meant very good aroma, whereas 1 indicated poor aroma. The following criteria were applied to evaluate the meat aroma on the five-point scale: 5-intrinsic aroma, characteristic of fresh meat, desirable; 4-hardly detectable changes in aroma; 3-undesirable aroma, detectable changes, slightly altered; 2-distinctly altered aroma of low intensity; 1-markedly altered, putrid, very intense aroma. The results of sensory analysis were expressed as means of three separate experimental determinations for each sample.

### 2.2.6. Colour Measurements

The meat surface colour was measured with a Chromameter 200b (Minolta, Osaka, Japan), with the L*, a*, b* coordinates of the CIELAB model [31]. Chroma (C*) and hue angle (h*) parameters were calculated [32]: 

\[
C^* = \left( a^*^2 + b^*^2 \right)^{1/2}, \quad h^* = \left( \frac{b^*}{a^*} \right) \tan^{-1} \left( \frac{b^*}{a^*} \right) 
\]

The apparatus was calibrated before each measurement. Six measurements were taken, and the averages were used in the statistical analysis.

### 2.2.7. pH Measurement

The meat pH was measured with a CP-505 pH-meter and a spear tip glass electrode EPS-1 (Elmetron, Zabrze, Poland) in the meat homogenates (10 g meat: 40 mL distilled water). These tests were conducted in triplicates.

### 2.2.8. Statistical Analysis

The statistical tests were performed STATISTICA 13.1 software (StatSoft, Tulusa, OK, USA). The experiments were replicated twice. Three or four measurements in each replicate were analysed. The replicates were separated from each other. The counts of bacteria were transformed into log CFU/g for data analysis. Analysis of variance (ANOVA) and Fisher’s least significant difference (LSD) were used to determine the significance of the results. Principal components analysis was applied to the mean quality scores to determine the interrelation between quality attributes and samples.

### 3. Results and Discussion

#### 3.1. Lysozyme

The modification resulted in a lysozyme of lower hydrolytic activity (1010 U/mg vs. 17,800 U/mg) and higher hydrophobicity (40,620 vs. 880) than the monomer. After modification, the lysozyme preparation contained the monomer and oligomeric forms,
including 37% dimer and 34% trimer. This result is consistent with the findings of earlier studies observations on the modification of lysozyme. Membrane, thermal and thermochemical modifications resulted in the formation of dimer and oligomeric forms of the enzyme. In consequence, the physicochemical and antibacterial properties of the lysozyme changed [33,34]. The modification also changed the lysozyme molecule structure, which resulted in an exposure of tryptophan units and an increase in the hydrophobic area [9].

3.2. Microbiological Changes

The aerobic plate count (APC) in all the samples is shown in Table 1. After five days of storage the count of aerobic bacteria decreased, but then it increased, depending on the composition of gases in the package and the form of lysozyme. The lowest count of bacteria was noted in the samples with modified lysozyme (M1P, M2P, M3P), regardless of the type of atmosphere used. In comparison with the control sample, the addition of modified lysozyme inhibited the growth of aerobic bacteria during 28 days of refrigerated storage. Depending on the type of atmosphere, after 19 days of meat storage the APC difference between the control sample and the sample with modified lysozyme was 1.93–3.21 log CFU/cm². During storage the count of aerobic bacteria in the meat samples with the lysozyme monomer was lower than in the control sample. In earlier studies, researchers also observed that modified lysozyme limited the growth of aerobic bacteria in comminuted pork [35].

Table 1. The effect of lysozyme and modified atmosphere on the aerobic plate counts (APC) and Pseudomonas spp. in pork stored at 4 °C ± 1 °C.

| Treatment | Population [log CFU/cm² ± SD] |
|-----------|------------------------------|
|           | Storage Time [Days]          |
|           | 0    | 5    | 12   | 19   | 23   | 28   |
|           | Aerobic plate count           |
| M1C       | B 2.47 ± 0.11ab  | A 1.57 ± 0.08c   | C 3.86 ± 0.06de  | D 5.67 ± 0.12e   | E 5.91 ± 0.04g   | F 6.60 ± 0.12d   |
| M1M       | B 2.47 ± 0.11ab  | A 1.58 ± 0.07c   | B 2.64 ± 0.06f   | C 3.61 ± 0.12e   | D 5.45 ± 0.39df  | E 6.44 ± 0.31d   |
| M1P       | C 2.47 ± 0.11ab  | A 1.22 ± 0.11b   | C 1.69 ± 0.03e   | B 2.46 ± 0.06b   | E 4.66 ± 0.23c   | F 5.39 ± 0.09c   |
| M2C       | C 2.47 ± 0.11ab  | A 1.48 ± 0.04c   | B 2.09 ± 0.08a   | D 3.69 ± 0.09f   | E 4.78 ± 0.17c   | F 5.55 ± 0.11c   |
| M2M       | B 2.47 ± 0.11ab  | A 1.30 ± 0.05b   | B 1.89 ± 0.04d   | A 2.33 ± 0.05b   | E 3.03 ± 0.05b   | F 4.96 ± 0.06b   |
| M2P       | E 2.47 ± 0.11ab  | A 1.00 ± 0.04a   | A 1.31 ± 0.03c   | D 1.55 ± 0.09a   | E 1.99 ± 0.04a   | F 4.59 ± 0.03a   |
| M3C       | B 2.47 ± 0.11ab  | A 1.91 ± 0.11c   | E 4.31 ± 0.18ab  | D 5.49 ± 0.11e   | E 5.80 ± 0.04g   | F 6.68 ± 0.05d   |
| M3M       | B 2.47 ± 0.11ab  | A 1.88 ± 0.08a   | B 2.65 ± 0.03f   | A 4.29 ± 0.07d   | E 5.27 ± 0.28de  | F 6.67 ± 0.05d   |
| M3P       | B 2.47 ± 0.11ab  | A 1.02 ± 0.05a   | A 1.07 ± 0.09a   | C 3.56 ± 0.06c   | F 4.83 ± 0.05cd  | F 5.40 ± 0.13c   |

Pseudomonas spp.

| Treatment |          | Population [log CFU/cm² ± SD] |
|-----------|----------|------------------------------|
|           | Storage Time [Days]          |
|           | 0    | 5    | 12   | 19   | 23   | 28   |
|           | Aerobic plate count           |
| M1C       | B 2.09 ± 0.15g  | A 1.79 ± 0.03de  | C 3.84 ± 0.09f   | D 5.71 ± 0.12g   | E 5.82 ± 0.02de  | F 6.32 ± 0.03f   |
| M1M       | B 2.09 ± 0.15g  | A 1.58 ± 0.07c   | C 2.68 ± 0.06d   | D 4.00 ± 0.21e   | E 4.72 ± 0.13c   | F 5.70 ± 0.10b   |
| M1P       | C 2.09 ± 0.15g  | A 1.07 ± 0.05a   | B 1.59 ± 0.09b   | A 5.25 ± 0.06bc  | E 4.69 ± 0.17c   | F 5.01 ± 0.04b   |
| M2C       | B 2.09 ± 0.15g  | A 1.47 ± 0.05d   | B 2.53 ± 0.05d   | D 2.74 ± 0.08e   | E 2.42 ± 0.09b   | F 2.91 ± 0.03b   |
| M2M       | B 2.09 ± 0.15g  | A 1.37 ± 0.14bc  | B 1.94 ± 0.03c   | C 2.42 ± 0.09b   | D 2.17 ± 0.04a   | E 1.79 ± 0.04a   |
| M2P       | C 2.09 ± 0.15g  | A 1.12 ± 0.08a   | C 1.12 ± 0.13c   | B 1.78 ± 0.04a   | D 1.79 ± 0.04a   | E 2.65 ± 0.07a   |
| M3C       | A 2.09 ± 0.15g  | A 1.95 ± 0.04e   | B 3.94 ± 0.05e   | D 5.76 ± 0.11f   | E 5.94 ± 0.02de  | F 6.63 ± 0.06f   |
| M3M       | B 2.09 ± 0.15g  | A 1.53 ± 0.18c   | C 2.65 ± 0.14d   | D 4.63 ± 0.15e   | E 5.65 ± 0.12d   | F 5.78 ± 0.03c   |
| M3P       | A 2.09 ± 0.15g  | A 1.19 ± 0.14ab  | C 3.59 ± 0.09e   | B 4.70 ± 0.04e   | E 5.38 ± 0.09c   |

All values are mean ± SD of the replicates (8); (a–f) means with the same subscript are not different (p > 0.05)-effect of treatments; (A–F) means with the same superscript are not different (p > 0.05)-effect of time; (M1—65:25:10 O₂:CO₂:N₂; M2—50:40:10 O₂:CO₂:N₂; M3—80:20 O₂:CO₂; C—control, M—monomer, P—modified lysozyme).

Regardless of the form of lysozyme, the lowest count of bacteria was noted in the samples of meat packed in M2 atmosphere with the highest content of carbon dioxide. This result is consistent with the findings of other authors, who indicated the antibacterial effect of carbon dioxide, especially at high concentration. Carbon dioxide is used as the main bacteriostatic agent to extend the shelf life of meat packaged in modified atmosphere [15,18,36,37].
The initial count of *Pseudomonas* spp. was 2.09 log CFU/cm$^2$ (Table 1). These are dominant bacteria in meat stored in an air atmosphere at a lower temperature [38]. *Pseudomonas* are the most numerous part of microbiota in pork packaged in 100% oxygen [36]. During the storage of the meat the count of *Pseudomonas* spp. bacteria in the samples with modified lysozyme was lower than in the samples with the monomer. In comparison with the control populations, modified lysozyme significantly inhibited the growth of *Pseudomonas* spp. during storage. After 19 days of storage the count of *Pseudomonas* spp. bacteria in samples M1P, M2P and M3P was 2.54, 1.78, and 3.59 log CFU/cm$^2$, respectively, whereas in the samples without the enzyme it was 5.71, 2.74, and 5.76 log CFU/cm$^2$. The highest count of *Pseudomonas* spp. bacteria was found in the samples of meat packed in atmosphere M3P, which had the highest content of oxygen. Labadie [38] reported that the microbial efficacy of carbon dioxide is reduced when oxygen and other gases are present in a package. Regardless of the atmosphere of gases, the lowest count of *Pseudomonas* spp. was found in the samples with modified lysozyme. During the meat storage the lowest count of bacteria was found in sample M2P with the highest content of carbon dioxide in the package. After 23 days of storage the count of *Pseudomonas* spp. bacteria in the meat sample with modified lysozyme packaged in atmosphere M2 was 2.9 CFU/cm$^2$ lower than in the control sample. Modified lysozyme was also effective against *Pseudomonas* spp. bacteria in a study on the storage of unheated and heated ground pork [35]. However, there were no statistically significant differences between the count of *Pseudomonas* spp. in the control sample of bison meat and the samples immersed in 0.5–2% lysozyme monomer solutions. The lysozyme monomer reduced the bacterial count only when it was combined with EDTA [39]. The lysozyme monomer was also ineffective against *Pseudomonas fluorescens* during the storage of refrigerated minced lamb meat [40].

The applied form of lysozyme, the composition of the atmosphere of gases and the meat storage time had a statistically significant effect on the count of bacteria from the *Enterobacteriaceae* family (Table 2). There were no *Enterobacteriaceae* bacteria during the storage of meat samples with modified lysozyme, packed in an atmosphere with 40% carbon dioxide (M2P). The modified lysozyme also inhibited the growth of these bacteria in the meat samples packed in gas atmospheres M1 and M3. After 23 days of storage the count of *Enterobacteriaceae* in samples M1P and M3P was 2.57 and 2.75 log CFU/cm$^2$, whereas in control samples M1C and M3C the count amounted to 4.45 and 4.84 log CFU/cm$^2$, respectively. Djordjevic et al. [41] observed a lower *Enterobacteriaceae* count in mixed pork and beef samples packaged in a modified atmosphere with higher concentration (50%) of carbon dioxide. Malicki et al. [42] did not observe a significant antibacterial effect of 5% lysozyme monomer solution against coliform bacteria in chicken breast muscles. The bacterial growth was limited when lysozyme was combined with sodium acetate. Gram-negative bacteria are resistant to native lysozyme because their outer membrane prevents the enzymatic breakdown of the peptidoglycan layer [40]. A study on the shelf life of pork packaged in an air atmosphere showed that modified lysozyme was more effective against the *Enterobacteriaceae* bacteria than the lysozyme monomer [43].

The form of lysozyme and the composition of atmosphere had a statistically significant inhibitory effect on the count of yeasts and moulds during the storage of meat. The lowest count of yeasts and moulds was found in the meat samples with the modified lysozyme, regardless of the gas composition of the atmosphere (Table 2). The growth of yeasts and moulds in the samples with modified lysozyme packaged in the atmosphere containing 40% carbon dioxide (M2P) was observed after 28 days of storage, whereas in samples M1 and M3, which had lower CO$_2$ content, yeasts and moulds were found after 19 days of storage. After 23 days of storage the count of yeasts and moulds in the samples with modified lysozyme, packaged in atmospheres M1 and M3 was respectively 1.12 log CFU/cm$^2$ and 1.88 log CFU/cm$^2$ lower than in the samples without the enzyme. At the end of storage, the lowest count of yeasts and moulds was found in sample M2P with the highest content of carbon dioxide in the package. After 28 days of storage there were no statistically significant differences between the count of yeasts and moulds in the meat samples with
and without the lysozyme monomer. Malicki et al. [42] did not observe the antibacterial effect of the lysozyme monomer on yeasts and moulds in vacuum-packed chicken breast muscles stored under refrigeration.

Table 2. The effect of lysozyme and modified atmosphere on Enterobacteriaceae, moulds and yeasts and lactic acid bacteria in pork stored at 4 °C ± 1 °C.

| Treatment | Population [log CFU/cm² ± SD] |
|-----------|-------------------------------|
|           | Storage Time [Day]             |
|           | 12   | 19   | 23   | 28   |
| **Enterobacteriaceae** | | | | |
| M1C       | -    | A 3.76 ± 0.11 _bc_ | B 4.45 ± 0.08 _a_ | C 5.56 ± 0.17 _a_ |
| M1M       | -    | A 3.44 ± 0.09 _a_  | A 3.46 ± 0.12 _c_ | B 4.35 ± 0.12 _cd_ |
| M1P       | -    | -    | A 2.57 ± 0.10 _a_ | B 3.82 ± 0.04 _b_ |
| M2C       | -    | -    | A 2.75 ± 0.11 _b_ | B 4.23 ± 0.06 _c_ |
| M2M       | -    | -    | -    | 2.67 ± 0.05 _a_  |
| M2P       | -    | -    | -    | -    |
| M3C       | A 2.39 ± 0.06 | B 3.89 ± 0.04 _a_ | B 4.84 ± 0.06 _f_ | C 5.68 ± 0.03 _e_ |
| M3M       | -    | A 3.58 ± 0.29 _ab_ | B 3.96 ± 0.03 _d_ | C 4.44 ± 0.07 _d_ |
| M3P       | -    | -    | A 2.75 ± 0.03 _b_ | B 3.90 ± 0.05 _b_ |
| **Moulds and yeasts** | | | | |
| M1C       | -    | A 1.57 ± 0.03 _a_  | B 3.07 ± 0.08 _d_ | C 3.25 ± 0.07 _def_ |
| M1M       | -    | A 1.46 ± 0.11 _a_  | B 3.06 ± 0.10 _cd_ | C 3.10 ± 0.07 _de_ |
| M1P       | -    | A 1.51 ± 0.13 _a_  | B 1.95 ± 0.04 _a_ | C 2.42 ± 0.10 _ab_ |
| M2C       | -    | -    | A 2.67 ± 0.02 _b_ | C 3.16 ± 0.12 _de_ |
| M2M       | -    | -    | A 1.94 ± 0.04 _a_ | B 2.99 ± 0.08 _cd_ |
| M2P       | -    | -    | -    | 2.17 ± 0.07 _a_  |
| M3C       | -    | A 1.47 ± 0.12 _a_  | B 3.42 ± 0.09 _e_ | C 3.49 ± 0.15 _f_ |
| M3M       | -    | A 1.64 ± 0.35 _a_  | B 2.93 ± 0.02 _e_ | C 3.32 ± 0.26 _ef_ |
| M3P       | -    | A 1.32 ± 0.05 _a_  | B 1.97 ± 0.02 _a_ | C 2.70 ± 0.11 _bc_ |
| **Lactic acid bacteria** | | | | |
| M1C       | A 2.71 ± 0.09 _c_  | B 3.76 ± 0.06 _d_ | C 4.12 ± 0.04 _cd_ | D 4.64 ± 0.05 _d_ |
| M1M       | A 2.05 ± 0.06 _a_  | B 3.34 ± 0.12 _c_ | C 3.70 ± 0.19 _ab_ | C 4.22 ± 0.03 _c_ |
| M1P       | -    | A 2.84 ± 0.08 _b_  | B 3.70 ± 0.19 _ab_ | C 3.74 ± 0.02 _b_ |
| M2C       | A 2.41 ± 0.13 _b_  | B 3.47 ± 0.21 _c_ | C 4.34 ± 0.13 _d_ | D 5.03 ± 0.03 _e_ |
| M2M       | A 2.17 ± 0.17 _a_  | B 3.39 ± 0.14 _c_ | C 4.03 ± 0.02 _c_ | C 4.21 ± 0.19 _c_ |
| M2P       | -    | A 2.47 ± 0.02 _a_  | B 3.44 ± 0.12 _a_ | D 3.45 ± 0.06 _a_ |
| M3C       | A 2.22 ± 0.03 _a_  | B 3.88 ± 0.05 _c_ | C 4.18 ± 0.09 _cd_ | D 4.52 ± 0.06 _d_ |
| M3M       | A 2.04 ± 0.06 _ab_ | B 3.25 ± 0.10 _d_ | C 3.95 ± 0.02 _bc_ | D 4.31 ± 0.06 _c_ |
| M3P       | -    | A 3.33 ± 0.08 _c_  | A 3.48 ± 0.15 _a_ | B 3.71 ± 0.08 _b_ |

All values are mean ± SD of the replicates (8); (a–f) means with the same subscript are not different (p > 0.05)-effect of treatments; (A–D) means with the same superscript are not different (p > 0.05)-effect of time; no growth in the sample; (M1—65:25:10 O₂:CO₂:N₂; M2—50:40:10 O₂:CO₂:N₂; M3—80:20 O₂:CO₂; C—control, M—monomer, P—modified lysozyme).

Lactic acid bacteria were found in the pork with modified lysozyme, packaged in all the atmospheres tested in the experiment, after 19 days of refrigerated storage (Table 2). Lactic acid bacteria are facultative anaerobes, which can grow in the presence of carbon dioxide [44]. The form of lysozyme had a statistically significant effect on the count of lactic acid bacteria in the meat during storage. Modified lysozyme was effective against the bacteria regardless of the composition of the atmosphere. After 19 days of meat storage the count of lactic acid bacteria in the samples with modified lysozyme packed in atmospheres M1, M2 and M3 was respectively 0.42 log CFU/cm², 0.90 log CFU/cm² and 0.70 log CFU/cm² lower than the LAB count in the samples without the lysozyme. At the end of meat storage, the LAB count ranged from 3.45 to 4.64 log CFU/cm². After 23 days of
storage there were no statistically significant differences in the count of lactic acid bacteria between the meat samples without lysozyme.

### 3.3. Meat Color

The effect of the treatment on changes in the colour of meat stored under refrigeration is shown in Table 3. After 12 days of storage there was a statistically significant increase in the L* value in all the samples. Depending on the sample type, it ranged from 52.32 to 55.00–57.18, as compared with the initial sample. The type of the sample did not have a statistically significant effect on the L* parameter value after 28 days of meat storage. The highest L* parameter value was noted in sample M3C (Table 3A). Hu et al. [45] also observed increased lightness of pork during refrigerated storage. Viana et al. [36] observed a decrease in the lightness (L*) of pork loin samples packaged in vacuum and different modified atmospheres: 100% CO2; 99% CO2 and 1% CO; 100% O2; 100% CO, which were stored at 4°C. This result may have been caused by the high percentage of individual gases in the package.

**Table 3.** The colour parameters of pork with monomer and modified lysozyme packaged in modified atmosphere: (A) L*, a*, b* parameters; (B) C*, h* parameters.

| Treatment | Color Parameters | Storage Time [Day] |
|-----------|------------------|--------------------|
|           |                  | 0      | 5      | 12     | 19     | 23     | 28     |
|           |                  | L*     | a*     | b*     | C*     | h*     |        |
| MIC       | ![Image](image1.png) | 52.32 ± 1.15 | 53.68 ± 0.22 | 55.66 ± 1.16 | 54.84 ± 2.45 | 55.58 ± 0.80 | 56.58 ± 0.90 |
| M1M       | ![Image](image2.png) | 52.32 ± 1.15 | 53.22 ± 1.58 | 55.96 ± 1.15 | 57.22 ± 0.33 | 56.52 ± 1.01 | 59.98 ± 0.90 |
| M1P       | ![Image](image3.png) | 52.32 ± 1.15 | 54.00 ± 1.72 | 56.50 ± 1.35 | 55.00 ± 0.70 | 56.60 ± 2.64 | 54.12 ± 0.79 |
| M2C       | ![Image](image4.png) | 53.22 ± 1.15 | 52.16 ± 1.21 | 55.24 ± 1.29 | 54.12 ± 1.38 | 56.26 ± 1.26 | 54.31 ± 1.27 |
| M2M       | ![Image](image5.png) | 52.32 ± 1.15 | 51.48 ± 0.67 | 55.94 ± 1.31 | 61.16 ± 1.63 | 53.32 ± 1.27 | 56.04 ± 0.99 |
| M2P       | ![Image](image6.png) | 52.32 ± 1.15 | 51.98 ± 1.16 | 56.10 ± 1.72 | 56.34 ± 1.51 | 56.48 ± 2.83 | 56.86 ± 0.72 |
| M3C       | ![Image](image7.png) | 52.32 ± 1.15 | 53.78 ± 1.65 | 57.18 ± 1.04 | 55.54 ± 0.73 | 56.30 ± 0.32 | 57.94 ± 2.19 |
| M3M       | ![Image](image8.png) | 52.32 ± 1.15 | 51.70 ± 0.70 | 56.70 ± 1.56 | 54.56 ± 1.68 | 54.88 ± 0.43 | 55.16 ± 2.48 |
| M3P       | ![Image](image9.png) | 52.32 ± 1.15 | 54.52 ± 2.79 | 55.00 ± 1.83 | 58.34 ± 0.67 | 57.16 ± 0.27 | 55.90 ± 2.80 |

All values are mean ± SD of the replicates (6); (a–f) means with the same subscript are not different (p > 0.05) - effect of treatments; (A–D) means with the same superscript are not different (p > 0.05) - effect of time; (M1—65:25:10 O2:CO2:N2, M2—50:40:10 O2:CO2:N2 M3—80:20 O2:CO2, C—control, M—monomer, P—modified lysozyme).
### Table 3. Cont.

#### (B) Color Parameters

| Treatment | C* | Storage Time [Day] |
|-----------|----|--------------------|
|           | 0  | 5  | 12 | 19 | 23 | 28 |
| MIC       |    |    |    |    |    |    |
| M1M       |    |    |    |    |    |    |
| M1P       |    |    |    |    |    |    |
| M2C       |    |    |    |    |    |    |
| M2M       |    |    |    |    |    |    |
| M2P       |    |    |    |    |    |    |
| M3C       |    |    |    |    |    |    |
| M3M       |    |    |    |    |    |    |
| M3P       |    |    |    |    |    |    |

All values are mean ± SD of the replicates (6); (a−d) means with the same superscript are not different (p > 0.05) -effect of treatment; (A−D) means with the same superscript are not different (p > 0.05) -effect of time; (M1—65:25:10 O<sub>2</sub>:N<sub>2</sub>, M2—50:40:10 O<sub>2</sub>:N<sub>2</sub>, M3—80:20 O<sub>2</sub>:N<sub>2</sub> C—control, M—monomer, P—modified lysozyme).

The addition of lysozyme did not cause a statistically significant reduction in the redness (a*) of raw pork, as compared with the control sample (Table 3A). During the storage of meat, in most cases there were no statistically significant differences in the a* parameter value between the samples. During the first five days of storage the value increased in all the samples, regardless of the gas atmosphere and the addition of lysozyme. The result of our experiment is consistent with the results obtained by other authors, who observed an initial increase in the a* parameter value in raw meat, which was followed by a decrease due to the formation of metmyoglobin [46,47]. After 28 days of meat storage the lowest a* parameter value was noted in sample M1C, without lysozyme, packed in an atmosphere containing 50% O<sub>2</sub>, 40% CO<sub>2</sub>, 10% N<sub>2</sub> (M2M, M2P). Higher C* values indicate greater red color intensity, whereas higher h* values indicate a less red and more discolored sample.
influence on the meat colour parameters. Also, the authors in previous studies did not observe any significant effect of the monomer and modified lysozyme on the values of the L* and a* parameters of minced pork packed in an air atmosphere [35]. Natrass and Baker [48] did not observe a significant effect of lysozyme, nisin or their mixtures on the values of the L* and a* parameters in fresh pork. As results from the data in the reference publications, oxygen is essential to maintain the desirable colour of fresh meat [49]. In the study by Lukic et al. [37] pork chops packed in an atmosphere containing 70% of O2 and 30% of CO2 had the highest ratings for colour.

3.4. Aroma Changes

In the initial period all the meat samples, both those with lysozyme and those without the enzyme, had a desirable, intrinsic aroma of fresh meat (Table 4). The unfavourable changes in the aroma appeared first in the control sample packed in atmosphere M3 with the highest oxygen content. In most of the samples there were type-dependent statistically significant changes in the smell after 19 days of meat storage. During the storage the samples with the modified lysozyme received the highest ratings for the aroma, regardless of the type of atmosphere used. After 19 and 23 days of meat storage there were statistically significant differences between the sample with modified lysozyme, packed in atmosphere M2 with the highest content of carbon dioxide, and the samples with the enzyme, packed in atmospheres M1 and M3. In the final period of storage this sample was rated the highest for its aroma. At the same time, it had the lowest count of bacteria. The best sensory results were noted for the samples with modified lysozyme packaged in an atmosphere with 40% CO2. After 23 days of storage its odour was rated 4.1. The panelists rated the odour of the other samples as unacceptable. In that period the highest total bacterial counts (5.49–5.67 log CFU/cm2) were noted in the samples without lysozyme, packed in an atmosphere with lower CO2 content. Lukic et al. [37] found that twelve days after storage, the pork chops in MAP3 (80% O2:20% CO2) were declared as unacceptable due to colour changes.

Table 4. Effect of lysozyme and modified atmosphere on aroma of pork meat stored at 4 °C ± 1 °C.

| Treatment   | Storage Time [Day] |
|-------------|---------------------|
|             | 0       | 5       | 12      | 19      | 23      | 28      |
| M1C         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.2 ± 0.2 c | C 3.8 ± 0.1 c | D 3.4 ± 0.1 b | E 1.9 ± 0.2 d |
| M1M         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.0 ± 0.1 b | C 3.4 ± 0.1 b | D 2.0 ± 0.1 d |
| M1P         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.0 ± 0.1 b | C 3.6 ± 0.1 b | D 2.5 ± 0.1 c |
| M2C         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.5 ± 0.1 b | C 4.0 ± 0.1 b | D 3.5 ± 0.1 b | E 2.5 ± 0.1 bc |
| M2M         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.0 ± 0.1 b | C 3.6 ± 0.1 b | D 2.8 ± 0.1 ab |
| M2P         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.7 ± 0.1 a | C 4.1 ± 0.1 a | D 3.0 ± 0.1 a |
| M3C         | A 5.0 ± 0.0 a | B 4.6 ± 0.4 b | C 4.0 ± 0.1 d | D 3.6 ± 0.3 c | E 3.0 ± 0.3 c | F 1.8 ± 0.1 d |
| M3M         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.4 ± 0.0 b | C 3.9 ± 0.1 b | D 3.1 ± 0.1 c | E 1.9 ± 0.1 d |
| M3P         | A 5.0 ± 0.0 a | A 5.0 ± 0.0 a | B 4.5 ± 0.1 b | C 4.1 ± 0.1 b | D 3.5 ± 0.3 b | E 2.1 ± 0.1 a |

All values are mean ± SD of the replicates (16); (a–d) means with the same subscript are not different (p > 0.05) - effect of treatment; (A–F) means with the same superscript are not different (p > 0.05) - effect of time; (M1—65:25:10 O2:CO2:N2, M2—50:40:10 O2:CO2:N2, M3—80:20 O2:CO2, C—control, M—monomer, P—modified lysozyme).

Cegielska-Radziejewska and Szablewski [35] researched the use of lysozyme to fix ground pork and noted that the samples with the modified lysozyme were rated the highest for aroma. The sensory evaluation in the study by Natrass et al. [48] revealed no difference between the vacuum-packed pork loins treated with lysozyme and nisin and the untreated samples. However, off-odours were more prevalent in the aerobically displayed chops treated with antimicrobials than in the untreated samples.

3.5. Value of pH

The initial pH of the meat was 5.33. In the initial period of storage the pH value dropped by 0.10 in all the samples. In our study the pH of the pork samples changed insignificantly during the 28 days of storage. After 28 days the lowest pH (5.30) was noted.
in sample M2P, but it was only 0.1 and 0.15 lower than the pH of the control samples M2K and M1K. Similarly, Viana et al. [36] did not observe significant variation in the pH of MAP-treated fresh pork loin samples during the storage period. Nattress et al. [48] noted that the pH of vacuum-packed pork loins treated with lysozyme and nisin was only 0.1 higher than the pH of untreated loins.

So far, most studies on the antimicrobial effect of monomer and other forms of lysozyme have been conducted under model conditions [11,12]. The lysozyme monomer was effective against bacteria in meat and its products when the enzyme was used in combination with EDTA, sodium lactate, sodium acetate or nisin [1,39,42,48,50,51]. The treatment of chilled buffalo meat with 0.5% lysozyme and 2% EDTA reduced the total mesophilic viable count, total psychrotrophic viable count, and the counts of lactic acid bacteria and Pseudomonas spp. The combination of lysozyme with nisin extended the shelf life of naturally contaminated fresh pork [38]. Rollini et al. [52] observed that lysozyme-lactoferrin-coated PET reduced the count of H2S-producing bacteria in fresh salmon at 5 °C. Costa et al. [6] found that the antimicrobial compounds in the filling of burrata cheese (lysozyme and N2-EDTA), coatings with silver nanoparticles and packaging under 65:35 CO2:N2 were effective condition to guarantee product preservation. Under these conditions, the shelf life of burrata cheese was extended from three days (the control sample) to ten days. There have been few studies on the possibility to use the properties of the modified enzyme to extend the shelf life of food. Cegielska-Radziejewska et al. [53] found that a lysozyme dimer solution applied to the surface of chicken breast muscles extended the shelf life of the product. The authors’ earlier study showed that modified lysozyme was more effective than monomer lysozyme against bacteria in ground pork, especially Pseudomonas spp. and Enterobacteriaceae. The antimicrobial activity of modified lysozyme in heated meat was more effective. After 144 h of meat storage the difference in the count of Enterobacteriaceae between the control sample and the one with the modified lysozyme was 2.4 log CFU/g. The lowest counts of Pseudomonas spp. were found in the samples with the modified lysozyme. During the meat storage the lowest count of lactic acid bacteria was found in the sample with the modified lysozyme [35].

Two principal components explaining 84.77% of the total variability (PC1—62.06% of variability; PC2—22.71% of variability) were identified in the correlation matrix. Figure 1 shows their correlations with the input variables.

**Figure 1.** Quality attributes of pork with lysozyme packaged in modified atmosphere: (A): aerobic: aerobic plate count, Enterobacteriaceae, Lactic: lactic acid bacteria, moulds: moulds and yeasts; (B): M1—65:25:10 O2:CO2:N2, M2—50:40:10 O2:CO2:N2, M3—80:20 O2:CO2; C—control, M—monomer, P—modified lysozyme.

PC1 was positively correlated with the parameter of colour a* and aroma, but it was negatively correlated with the counts of aerobic bacteria, *Pseudomonas*, *Enterobacteriaceae*, *Escherichia coli*, and *Enterococcus faecalis*. PC2 was positively correlated with the parameter of colour b* and y* but was negatively correlated with the parameter of colour a*.
yeasts and moulds, lactic acid bacteria, and L* and b* parameters. From all the variables which are related to PC1, the strongest factor loadings were noted for *Pseudomonas*, being −0.94, and for aroma 0.94. Bacterial count and aroma are on the opposite sides on PC1, which means that there are negative correlations between them. Variables of b* and C* are strongly related to PC2 (−0.82 and −0.96 respectively). Figure 1B shows the PC1 and PC2 values for the samples packaged in the air and modified atmosphere with the lysozyme, depending on the storage time. During the storage the negative PC1 values tended to increase due to the increasing count of microorganisms and the deterioration of the product odour. Both after 23 and 28 days of meat storage the highest PC1 values were recorded for the samples packaged in modified atmosphere M2 (50% O₂, 40% CO₂, 10% N₂) with modified lysozyme (Figure 1B). This result indicates that both modified lysozyme and carbon dioxide limited the unfavourable changes deteriorating the quality of meat during storage.

4. Conclusions

The use of an atmosphere with diversified gas composition and lysozyme considerably extended the shelf life of pork. The combination of the atmosphere with the highest content of carbon dioxide and modified lysozyme resulted in the best effect. This strategy extended the shelf life by more than 20% increase, as compared with the control sample without lysozyme, packaged in an atmosphere of 50:40:10 O₂:CO₂:N₂. The applied forms of lysozyme did not have negative influence on the meat colour parameters. The sample with modified lysozyme was given the highest score for aroma, regardless of the type of atmosphere. The study showed that modified lysozyme exhibited antimicrobial activity not only under model conditions. During the storage of MAP-treated meat modified lysozyme produced the antimicrobial effect despite the possible protection of bacteria by the meat components and their interaction with the enzyme. Lysozyme as a natural enzyme with antimicrobial properties can be used not only for the packaging of meat and meat products but also for other food products. Future research will show whether the modified lysozyme loaded films will extend the shelf life of food products. So far, the properties of the native form of lysozyme have been used, but its activity is limited to Gram-positive bacteria. The results showed that modified lysozyme was more effective against the group of bacteria under analysis than the monomer, which means it can be used for food preservation.

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