Direct Comparison of Mononucleated and Binucleated Cardiomyocytes Reveals Molecular Mechanisms Underlying Distinct Proliferative Competencies

Graphical Abstract

Highlights

- A FACS-based strategy separates mononucleated and binucleated cardiomyocytes
- Mononucleated and binucleated cardiomyocytes are transcriptionally distinct
- Binucleation results in the silencing of E2f transcriptional targets
- Increased binucleation due to the loss of Ect2 impairs regenerative potential

Authors
Rebecca Windmueller, John P. Leach, Apoorva Babu, ..., Nataliya B. Petrenko, Patrick Viatour, Edward E. Morrisey

Correspondence
emorrise@pennmedicine.upenn.edu

In Brief
Windmueller et al. develop a strategy to separate mononucleated and binucleated cardiomyocytes and examine transcriptional differences acquired as the two subsets diverge during the neonatal period. Binucleation is associated with silencing of proliferation genes and upregulation of maturation genes. Genetic loss of Ect2 links binucleation to the Rb/E2f pathway.

Windmueller et al., 2020, Cell Reports 30, 3105–3116
March 3, 2020 © 2020 The Authors.
https://doi.org/10.1016/j.celrep.2020.02.034
Direct Comparison of Mononucleated and Binucleated Cardiomyocytes Reveals Molecular Mechanisms Underlying Distinct Proliferative Competencies

Rebecca Windmueller, John P. Leach, Apoorva Babu, Su Zhou, Michael P. Morley, Aoi Wakabayashi, Nataliya B. Petrenko, Patrick Viator, and Edward E. Morrisey

INTRODUCTION

The mammalian heart is incapable of regenerating a sufficient number of cardiomyocytes to ameliorate the loss of contractile muscle after acute myocardial injury. Several reports have demonstrated that mononucleated cardiomyocytes are more responsive than are binucleated cardiomyocytes to pro-proliferative stimuli. We have developed a strategy to isolate and characterize highly enriched populations of mononucleated and binucleated cardiomyocytes at various times of development. Our results suggest that an E2f/Rb transcriptional network is central to the divergence of these two populations and that remnants of the differences acquired during the neonatal period remain in adult cardiomyocytes. Moreover, inducing binucleation by genetically blocking the ability of cardiomyocytes to complete cytokinesis leads to a reduction in E2f target gene expression, directly linking the E2f pathway with nucleation. These data identify key molecular differences between mononucleated and binucleated mammalian cardiomyocytes that can be used to leverage cardiomyocyte proliferation for promoting injury repair in the heart.

SUMMARY

The mammalian heart is incapable of regenerating a sufficient number of cardiomyocytes to ameliorate the loss of contractile muscle after acute myocardial injury. Several reports have demonstrated that mononucleated cardiomyocytes are more responsive than are binucleated cardiomyocytes to pro-proliferative stimuli. We have developed a strategy to isolate and characterize highly enriched populations of mononucleated and binucleated cardiomyocytes at various times of development. Our results suggest that an E2f/Rb transcriptional network is central to the divergence of these two populations and that remnants of the differences acquired during the neonatal period remain in adult cardiomyocytes. Moreover, inducing binucleation by genetically blocking the ability of cardiomyocytes to complete cytokinesis leads to a reduction in E2f target gene expression, directly linking the E2f pathway with nucleation. These data identify key molecular differences between mononucleated and binucleated mammalian cardiomyocytes that can be used to leverage cardiomyocyte proliferation for promoting injury repair in the heart.
Figure 1. Mononucleated and Binucleated Cardiomyocytes Can Be Separated by FACS

(A) Schematic of experimental design to collect mononucleated (MoNucs) and binucleated (BiNucs) cardiomyocytes (CMs) for RNA-sequencing (RNA-seq) analysis. Single-cell suspensions are isolated from the hearts of Mlc2vcre:R26REYFP mice at age E18.5, P7, and adult. Nuclei are stained with Vybrant DyeCycle DNA dye. CMs are identified by FACS as YFP+ and then sorted by nucleation.

(B) Schematic of sorting strategy for separating MoNucs and BiNucs. As nuclei of CMs pass the 405-nm laser, DyeCycle DNA dye is activated and produces a signal of which the width is proportional to the length of time that the nuclei travel through the laser. Two nuclei (BiNucs) take longer to travel past the laser than one nucleus (MoNucs) and produce two overlapping signals, which are interpreted as a single signal of greater width. The height of the signal produced is

(legend continued on next page)
contributes to their differential response to proliferative stimuli, we developed a strategy to separate MoNuc and BiNuc CMs using fluorescence-activated cell sorting (FACS) and assessed the transcriptional differences between these subsets of CMs across late development and in the adult. These data revealed that during the neonatal period, binucleation is associated with E2f transcription factor-mediated silencing of genes that permit the onset of DNA synthesis. Loss of retinoblastoma (Rb) family member expression led to increased E2f target gene expression with no change in CM nucleation. In contrast, the inhibition of cytokinesis through cardiomyocyte-specific genetic loss of Ect2 expression resulted in an increased ratio of BiNuc CMs with a commensurate decrease in an E2f-related proliferation pathway. Our study highlights a strategy for isolating MoNucs and BiNucs and suggests that the decreased competency for proliferation in BiNucs is due to an E2f/Rb pathway that is regulated via binucleation.

RESULTS

MoNuc and BiNuc CMs Can Be Separated by FACS

We sought to characterize transcriptional differences between MoNuc and BiNuc CMs during maturation from late embryonic development through adulthood. Single-cell suspensions were prepared from hearts at the indicated time points to be sorted by FACS (Figure 1A). A wide nozzle was used to accommodate the large size of mature CMs. A wide nozzle also subjects the CMs to a lower shear stress than is typical for FACS (Shapiro, 1985). Ventricular CMs were lineage labeled with Mlc2v cre:R26R EYFP and nuclei were stained with Vybrant DyeCycle DNA dye. The intensity of the fluorescent signal emitted by this dye is proportional to DNA quantity. The dye is used to assess DNA content and ploidy of nuclei by FACS (Patterson et al., 2017). Cells were gated on enhanced yellow fluorescent protein (EYFP) presence and then determined to be MoNucs or BiNucs by a strategy that combines the use of DyeCycle dye with the concept behind doublet discrimination (Figures 1B–1E). Doublet discrimination is used in FACS analysis to exclude instances in which two cells are stuck together and characterized as a single event. Doublet discrimination takes into account the width (time) and the height (voltage intensity) of the signal produced and assumes that two cells will produce a signal of greater width than a single cell, while the height of the signal will remain the same. We used a similar metric to distinguish BiNucs from MoNucs. Nucleation was gated on the height and width of the fluorescent signal produced by the 405-nm laser excitation of DyeCycle dye (Figures 1C–1E). The nuclei of BiNucs produced a signal of equal intensity to that produced by diploid MoNucs but of greater width. MoNucs with increased voltage intensity, presumed to be polyploid or undergoing DNA synthesis, were excluded. Since the size and shape of CMs change over maturation, each time point required tailored gating parameters. These parameters were empirically fine-tuned to maximize enrichment by sorting cells onto microscope slides for the visualization of nucleation (Figures 1F–1K). The relative percentages of MoNucs and BiNucs collected at each time point faithfully reflect the developmental switch to BiNucs, being the predominant CM subtype, and are in agreement with the reported percentages of MoNucs and BiNucs over CM maturation (Ikenishi et al., 2012). This methodology resulted in >70% enrichment of either MoNucs or BiNucs at the embryonic day 18.5 (E18.5) time point and >90% enrichment at the postnatal day 7 (P7) and adult time points (Figures 1L–1N). We quantified the viability of sorted CMs by propidium iodide (PI) staining. At each time point, >97% of cells remained negative for PI after being sorted (Figures S1A and S1B).

Finally, we expanded the application of our FACS strategy to separate adult MoNucs and BiNucs without the requirement of a lineage marker (Figure 1O). We reasoned that a long, rod-shaped CM would produce a wider light scatter than a smaller, round, non-myocyte, similar to our gating for two nuclei versus one. To quantify the ability of this strategy to properly identify CMs, we gated lineage-traced cells on the width of side scatter and then backgated on YFP fluorescence, showing that 99.1% of cells identified as CMs by their YFP expression (Figures 1P and 1Q). We were able to separate MoNucs and BiNucs by their distinct light scatter with equal success rates using this strategy (Figures S1C and S1D). The techniques described here allowed us to isolate highly enriched populations of lineage labeled MoNuc and BiNuc CMs from E18.5, P7, and adult mice to assess changes in gene expression during CM maturation.

Binucleation Is Accompanied by a Switch from a Proliferation- to a Maturation-Associated Gene Expression Program

To characterize transcriptional differences between MoNucs and BiNucs over the neonatal maturation period, we sorted MoNuc and BiNuc CM populations and performed RNA sequencing (RNA-seq) analysis. The principal-component analysis (PCA) shows that at each time point, MoNucs and BiNucs
are transcriptionally distinct with the primary and secondary components accounting for 76.2% and 9.6%, respectively, of the variance across all of the samples (Figure 2A). At E18.5, BiNucs were enriched for genes involved in cell division, including several genes known to be involved in cytokinesis (Figures S2A and S2B). These data suggest that at this time point, CMs identified as BiNucs may still have been undergoing, or attempting to undergo, cytokinesis. The RNA-seq data revealed that MoNucs and BiNucs exhibit the most statistically significant differences in gene expression at P7.

To further characterize the set of genes differentially expressed between P7 MoNucs and BiNucs, we examined their expression levels across all of the samples (Figure 2B). Figure 2A shows the principal component analysis (PCA) from RNA-seq of MoNucs and BiNucs from E18.5, P7, and adult hearts, indicating that at each time point, MoNucs and BiNucs are transcriptionally distinct. n = 3 animals per time point. Figure 2B reveals that the gene expression profile of P7 BiNucs but not P7 MoNucs bears a resemblance to the profiles of adult samples. The difference in intensity between top and bottom heatmaps is due to the different scales used.

Representative categories from gene set enrichment analysis (GSEA) of differential gene expression between P7 MoNucs and BiNucs are shown in Figure 2C. P7 MoNucs are enriched for genes involved in the cell cycle, especially those that are E2f targets and those that are involved in DNA synthesis (Figures 2C–2E). In contrast, P7 BiNucs are enriched for genes involved in CM maturation processes, including sarcomere organization and a switch to fatty acid oxidative metabolism (Figures 2C, 2F, and 2G). These data indicate that during the postnatal period, CM binucleation is accompanied by the termination of the fetal gene expression program, including genes required for proliferation, in exchange for the activation of the mature CM gene expression program.

BiNuc CMs at P7 Turn Off E2f Target Gene Expression Required for G1/S Phase Transition

Transcriptome analysis revealed that at P7, binucleation is accompanied by the termination of a gene expression program closely associated with regulating the onset of proliferation. To gain insight into which transcription factors may be involved in regulating the apparent switch in transcription program, we analyzed the promoters of differentially expressed genes at P7 for the enrichment of DNA-binding sites and associated transcription factors. This analysis revealed that binucleation leads to the downregulation of targets of the E2f transcription factor family, whereas genes upregulated in P7 BiNucs are targets of the Ppara, Esrra, Mef2, and Myod transcription factors.

See also Figure S2.
The E2f transcription factor family is known to control the onset of DNA synthesis (Nevins, 1992). E2f1 has also been implicated in repressing the expression of genes involved in oxidative phosphorylation, including several of the genes upregulated in P7 BiNucs (Blanchet et al., 2011). It has been suggested that this dual control by E2f creates a regulatory switch between proliferation and metabolism. E2f transcription factor activity is regulated by Rb (Johnson et al., 1993; Lundberg and Weinberg, 1998). Rb-mediated silencing of E2f target genes is involved in the irreversible exit of the cell cycle during senescence, leaving cells unable to respond to proliferative stimuli (Narita et al., 2003). Our RNA-seq data show that 54% of the top 50 downregulated genes in P7 BiNucs (Figures 3B and 3C). This downregulation occurs most dramatically between P7 MoNucs and BiNucs (Figure 3D). In addition to their target genes, 4 of the E2f family members, E2f1, E2f2, E2f7, and E2f8, were strongly downregulated in P7 BiNucs (Figure S3A). These data demonstrate that DNA synthesis and onset of the cell cycle are dramatically downregulated in association with binucleation in P7 CMs through the silencing of E2f target genes.

### Adult MoNuc and BiNuc CMs Retain Differences Established during Neonatal Maturation

To determine whether differences between P7 MoNucs and BiNucs remained in adult CMs, we compared the transcriptional profiles of MoNucs and BiNucs from adult hearts. Transcriptually, these CM subsets are quite similar with only 3 differentially expressed genes with a false discovery rate (FDR) < 0.05 (Figure S4A). However, two of these genes, Necdin and Cenpf, are known to be involved in the regulation of E2f/Rb signaling (Papadimou et al., 2005; Taniura et al., 1998). A total of 456 genes had a non-adjusted p < 0.05 (Figure 4A). GSEA of these genes revealed the enrichment of categories related to those that are differentially expressed between P7 MoNucs and BiNucs (Figure 4B). While adult MoNucs are enriched for genes involved in DNA synthesis and G2 phase of the cell cycle, adult BiNucs are enriched for genes involved in fatty acid oxidation. Furthermore, several of the most highly downregulated E2f target genes in the P7 BiNucs remain downregulated in the adult BiNucs (Figure 4C). These data show that adult MoNucs and BiNucs

---

**Figure 3.** BiNuc CMs at P7 Turn Off E3f Target Gene Expression Required for G1/S Phase Transition and S Phase

(A) Enriched transcription factor motifs within promoters of genes differentially expressed between P7 MoNucs and BiNucs reveal that E2f target genes are the most highly enriched. Analysis was performed using the ToppGene suite.

(B) Analysis of the top 50 differentially expressed genes between P7 MoNucs and BiNucs reveals that 66% (33/50) are involved in G1/S transition and S phase of the cell cycle; 27 of the 50 (54%) are E2f target genes.

(C) GSEA plot of E2f target genes differentially expressed between P7 MoNucs and BiNucs.

(D) E2f target gene expression decreases specifically between P7 MoNucs and BiNucs, but not between E18.5 and P7 MoNucs. The expression values of indicated E2f target genes measured by RNA-seq are shown across all of the samples. The significance of differences in gene expression between E18.5 and P7 MoNucs and between P7 MoNucs and BiNucs are indicated. Data are reported as mean ± SEM. n = 3 animals per time point. p values determined by Student’s t test. ns, not significant, *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001. See also Figure S3.
retain remnants of transcriptional differences established during the neonatal maturation period.

To further examine differences between adult MoNucs and BiNucs, we performed transmission electron microscopy studies on sorted CMs. We observed that adult BiNucs have a significantly higher density and buildup of glycogen granules surrounding the mitochondria than do MoNucs (Figures 4D and 4E). Glycogen granules are a stored energy source that is depleted when used to drive glycolytic metabolism (Prats et al., 2018; Schneider et al., 2014). This observation suggests that metabolic differences exist between adult MoNucs and BiNucs. One possible explanation for this observation is that diploid adult MoNucs may use glycolytic metabolism more readily than BiNucs and are therefore not able to maintain stores of excess glycogen. This would be consistent with the switch away from glycolytic metabolism that occurs during CM maturation and the oxidative metabolism gene expression profile that we observed to be enriched in BiNucs at the P7 and adult stages. These data further support the concept that adult MoNucs and BiNucs retain remnants of differences established during the neonatal maturation period.

Rb Is Required for Downregulation of E2f Target Genes

Previous work has shown that Rb recruits HP1-γ to H3K9me3 marks at a subset of E2f target genes to stably repress their expression during CM maturation (Sdek et al., 2011). Therefore, we sought to determine whether Rb is required for the repression of E2f target genes that we saw in P7 BiNucs. We used a triple Rb family knockout (TKO) mouse model, Rbflox/flox;p130flox/flox;p107−/− (Viatour et al., 2008) to determine the role of the Rb family in CM binucleation. CMs were isolated from P1 mice and infected with either adenoviral-Cre/GFP (TKO) or adenoviral-GFP (control) in vitro (Figure 5A). qPCR revealed strong downregulation of the Rb1 transcript in TKO CMs (Figure 5B). qPCR revealed that TKO CMs strongly upregulated E2f target genes, whose expression is decreased in P7 BiNucs versus MoNucs (Figure 5E). In contrast, non-E2f targets were upregulated to a lesser degree in TKO CMs (Figures 5E and 5F). This suggests that Rb is required for the downregulation of E2f target genes in neonatal CMs. We then quantified the percentage of GFP+ MoNucs and BiNucs in both control and TKO samples to determine whether Rb activity regulates the onset of binucleation. There was no difference in the ratio of BiNucs to MoNucs between control and TKO CMs (Figures 5C and 5D). This suggests that Rb-mediated changes in
E2F target expression are not responsible for the onset of binucleation.

Binucleation Directly Results in the Downregulation of E2f Target Genes

Our data show that the downregulation of E2f target genes, a process that requires Rb, occurs in BiNucs at P7, but is not responsible for inducing binucleation. To determine whether these transcriptional changes instead occur as a direct result of binucleation, we used a mouse model in which we induced increased binucleation of CMs through a CM-specific genetic deletion of Ect2, a gene required for cytokinesis (Cook et al., 2011). We generated an Ect2flox/flox allele and crossed this into both the Nkx2.5cre and Mlc2vcre lines to inactivate Ect2 at different times of CM development. Nkx2.5cre:Ect2flox/flox mice did not survive beyond E10.5 (Figures 6A, 6C, and 6D). At E10.5, Nkx2.5cre:Ect2flox/flox mice had altered myocardial morphology and underwent a significant decrease in ventricular Ect2 expression (Figures 6B–6D). E10.5 Nkx2.5cre:Ect2flox/flox mutant hearts primarily comprised BiNucs, while control hearts comprised almost exclusively MoNucs. The mean ratio of BiNucs to MoNucs increased from 0.026 ± 0.01 in control hearts to 3.716 ± 0.07 in mutant hearts (Figures 6E and 6F). Mlc2vcre:Ect2flox/flox mutants are viable, likely due to the later onset and mosaic nature of Cre-mediated recombination driven by the Mlc2vcre line during cardiac development (Gillers et al., 2015; Guimarães-Camboa et al., 2015; Figure 7A). During neonatal development, there is a rapid increase in binucleated CMs between P4 and P7 (Soonpaa et al., 1996). Therefore, we examined Mlc2vcre:Ect2flox/flox mutants at P3, at which time they exhibited a 61.8% decrease in Ect2 expression compared to controls (Figure 7B). Mlc2vcre:Ect2flox/flox mutants had an increase in the mean ratio of BiNucs to MoNucs at P3 of 0.901 ± 0.08 compared to 0.339 ± 0.02 in control mice (Figures 7C and 7D). This result agrees with recent work by Liu et al. (2019), which also showed that the loss of Ect2 results in an increase in BiNucs during the neonatal period and that increased expression of Ect2 leads to increased MoNucs. qPCR revealed a significant decrease in the expression of E2f target genes in Mlc2vcre:Ect2flox/flox mutants compared to controls, but no significant change in genes that are not E2f targets (Figure 7E). These data suggest that Rb-mediated downregulation of E2f target genes occurs as a direct result of the binucleation process in CMs. To examine whether these events impair the regenerative ability of the neonatal heart, we performed left anterior descending (LAD) ligation to induce a myocardial infarction in Mlc2vcre:Ect2flox/flox mutants and control mice at P1. When injured at this developmental time point, the murine heart is still able to mount a substantial regenerative response (Porrello et al., 2011). However, the higher percentage of BiNucs that we observed in Mlc2vcre:Ect2flox/flox mutants at P3 would be expected to impair the regenerative capacity of the heart. We observed that by P8, Mlc2vcre:Ect2flox/flox mutants exhibited a higher percentage of scar tissue compared to control mice.
Whether this is due to reduced proliferation, decreased CM survival, or other mechanisms, these data support a model whereby binucleation directly results in decreased competency for neonatal cardiac regeneration.

DISCUSSION

A lack of effective therapeutic strategies to treat the acutely injured heart has led scientists to search for a means to replace CMs that have been lost due to injury. One compelling approach would be to develop therapies that activate endogenous CM proliferation to regenerate damaged tissue, similar to what occurs in lower vertebrates. While previous work has suggested a correlation between CM nucleation and the ability to re-enter the cell cycle, with MoNucs being more receptive to proliferative stimuli, the molecular basis for this difference has remained elusive due to the technical hurdles in isolating and independently characterizing MoNucs and BiNucs. Our method for isolating these two different CM populations, combined with analysis of their unique transcriptional profile, reveals that MoNucs exhibit an E2f-related gene signature that emerges during the early postnatal period and is retained into adulthood. These studies provide a methodological advancement that has allowed us to begin to characterize the molecular differences in MoNucs and BiNucs. Such information may eventually be leveraged in manipulating MoNucs to enhance cardiac regeneration.

The MoNuc and BiNuc CM subsets diverge during a neonatal maturation period, at which time CMs exit the cell cycle and undergo terminal differentiation. Our data revealed that MoNucs and BiNucs are most distinct during the neonatal period, as these subsets begin to diverge. At P7, binucleation was associated with the termination of a proliferation-associated gene expression program in exchange for a mature CM gene expression program. While this programmatic switch has long been associated with the neonatal period, our findings show that by P7 only BiNucs have begun to undergo this shift, while MoNucs remain transcriptionally immature. While our data show that MoNucs eventually assume a similar mature gene expression program, they appear to do so at a later time and not as a result of binucleation. These findings suggest that the mechanism that couples binucleation to cell-cycle exit in BiNucs also contributes to the increased loss of proliferative competency observed in this CM subpopulation.

E2f target genes make up a large portion of the most dramatically downregulated genes in P7 BiNucs, some of which remain downregulated in adult BiNucs. The E2f transcription factor family is known to regulate the expression of genes required to initiate DNA synthesis (Johnson et al., 1993). While CMs continue to undergo hypertrophic growth after the neonatal maturation period, they do not enter into S phase under physiological conditions. E2f activity is known to be regulated by Rb, and this interaction can have temporary and long-term control over entry into S phase (Harrington et al., 1998; Lundberg and Weinberg, 1998; Nevins, 1992). While the phosphorylation state of Rb dictates temporary repression of S phase entry during the cell cycle, other post-translational modifications to Rb regulate its ability to irreversibly terminate the cell cycle (Kwon et al., 2017; Markham et al., 2006; Saddic et al., 2010).

Previous work has also shown that Rb family members are required for the cell-cycle exit of CMs during the postnatal period (MacLellan et al., 2005). This offers an intriguing potential...
mechanism by which binucleation could be coupled to irreversible cell-cycle exit.

While the loss of Rb family members did not result in a difference in the ratio of BiNucs to MoNucs, it did result in the increased expression of E2f target genes depleted in P7 BiNucs. This suggests that in neonatal CMs, Rb is required for downregulating E2f target gene expression and does not itself regulate the onset of binucleation. By altering the ratio of BiNucs to MoNucs during the maturation process with a CM-specific Ect2 KO mouse model, we demonstrated that increased binucleation led to decreased expression of E2f target genes. These data support the hypothesis that silencing E2f target genes is a direct result of binucleation.

In senescent cells, the regulation of irreversible cell-cycle exit by Rb includes the recruitment of chromatin-modifying proteins that alter the architecture of E2f target genes (Blais et al., 2007; Frolov and Dyson, 2004). CpG methylation changes and histone modifications to E2f target genes are also known to occur during the process of CM maturation (Gilsbach et al., 2018; Sdek et al., 2011). One possible explanation for our results is that in response to binucleation, Rb may initiate chromatin modifications at E2f target genes that ultimately contribute to the difference in proliferative competency between BiNucs and MoNucs. This possibility is in line with recent work showing that E2f transcription factor networks are among those that undergo extensive chromatin remodeling during the postnatal period and therefore fail to reactivate in adult CMs after injury (Quaife-Ryan et al., 2017). Our work provides a potential mechanism whereby these changes are initiated.

While a majority of adult murine CMs are binucleated, the majority of adult CMs in the human heart are thought to be mononucleated and polyploid (Bergmann et al., 2011; Brodsky et al., 1980). Therefore, the applicability of our findings to the human heart remains to be determined. However, the processes resulting in binucleation and polyploidy share similarities and both can result from failed cell division, whether at the karyokinesis stage or the cytokinesis stage. Karyokinesis and cytokinesis are closely coupled processes and are orchestrated by a shared group of molecular regulators (Jeyaprakash et al., 2018).
Institute for histology services. These studies were supported by funding from the Biology Microscopy Core at the University of Pennsylvania for confocal microscopy; the Cell and Developmental Biology Microscopy Core at the Children’s Hospital of Philadelphia for assistance with flow cytometry; the Cell and Developmental Biology Microscopy Core at the University of Pennsylvania for confocal microscopy services; the Electron Microscopy Resource Laboratory at the University of Pennsylvania for electron microscopy services; and the Histology and Gene Expression Laboratory at the University of Pennsylvania Cardiovascular Institute for histology services. These studies were supported by funding from the NIH (U01-HL134745, to E.E.M., and T32-GM007229 and T32-HL007954, to R.W.).

ACKNOWLEDGMENTS

We would like to thank F. Tuluc, J. Murray, L. Wu, J. Lora, A. Albertus, and G. Suplinskas at the Flow Cytometry Core Laboratory at Children’s Hospital of Philadelphia for assistance with flow cytometry; the Cell and Developmental Biology Microscopy Core at the University of Pennsylvania for confocal microscopy services; the Electron Microscopy Resource Laboratory at the University of Pennsylvania for electron microscopy services; and the Histology and Gene Expression Laboratory at the University of Pennsylvania Cardiovascular Institute for histology services. These studies were supported by funding from the NIH (U01-HL134745, to E.E.M., and T32-GM007229 and T32-HL007954, to R.W.).

AUTHOR CONTRIBUTIONS

R.W. and E.E.M. designed the experiments and wrote the manuscript with input from the co-authors. R.W., J.P.L., N.B.P., S.Z., and A.W. performed the experiments. A.B. and M.P.M. performed the bioinformatics data analysis. P.V. provided scientific expertise and the key reagents.

DECLARATION OF INTERESTS

The authors declare no competing interests.

REFERENCES

Bergmann, O., Bhardwaj, R.D., Bernard, S., Zdunek, S., Barnabé-Heider, F., Walsh, S., Zupicich, J., Alkass, K., Buchholz, B.A., Druid, H., et al. (2009). Evidence for cardiomyocyte renewal in humans. Science 324, 98–102.

Bergmann, O., Zdunek, S., Alkass, K., Druid, H., Bernard, S., and Frisén, J. (2011). Identification of cardiomyocyte nuclei and assessment of ploidy for the analysis of cell turnover. Exp. Cell Res. 377, 188–194.

Bersell, K., Arab, S., Haring, B., and Kuhn, B. (2009). Neuregulin1/ErbB4 signaling induces cardiomyocyte proliferation and repair of heart injury. Cell 738, 257–270.

Biais, A., van Oeven, C.J., Marguieron, R., Acosta-Alvear, D., and Dynlacht, B.D. (2007). Retinoblastoma tumor suppressor protein-dependent methylation of histone H3 lysine 27 is associated with irreversible cell cycle exit. J. Cell Biol. 179, 1399–1412.

Blanchet, E., Annicotte, J.S., Lagarrigue, S., Aguilar, V., Clapey, C., Chevay, C., Fritz, V., Casas, F., Apparailly, F., Azwex, J., and Fajas, L. (2011). E2F transcription factor-1 regulates oxidative metabolism. Nat. Cell Biol. 13, 1146–1152.

Brodsky, W.Y., Arefyeva, A.M., and Uryvaeva, I.V. (1980). Mitotic polyploidization of mouse heart myocytes during the first postnatal week. Cell Tissue Res. 210, 133–144.

Chen, J., Kubalak, S.W., Minamisawa, S., Price, R.L., Becker, K.D., Hickey, R., Ross, J., Jr., and Chien, K.R. (1998). Selective requirement of myosin light chain 2v in embryonic heart function. J. Biol. Chem. 273, 1252–1256.

Chen, J., Bardes, E.E., Aronow, B.J., and Jegga, A.G. (2009). ToppGene Suite for gene list enrichment analysis and candidate gene prioritization. Nucleic Acids Res. 37, W305–W311.

Cook, D.R., Solski, P.A., Bultman, S.J., Kauselmann, G., Schoor, M., Kuehn, R., Friedman, L.S., Cowley, D.O., Van Dyke, T., Yeh, J.J., et al. (2011). The e2r rho Guanine nucleotide exchange factor is essential for early mouse development and normal cell cytokinesis and migration. Genes Cancer 2, 932–942.

Dobin, A., Davis, C.A., Schlesinger, F., Drenkow, J., Zaleski, C., Jha, S., Batut, P., Chaisson, M., and Gingeras, T.R. (2013). STAR: ultrafast universal RNA-seq aligner. Bioinformatics 29, 15–21.

Farley, F.W., Soriano, P., Steffen, L.S., and Dymecki, S.M. (2000). Widespread recombinase expression using FLPeR (flipper) mice. Genesis 28, 106–110.

Frolov, M.V., and Dyson, N.J. (2004). Molecular mechanisms of E2F-depent activation and pRB-mediated repression. J. Cell Sci. 177, 2173–2181.

Gillers, B.S., Chipulkhar, A., Aly, H., Valenta, T., Basler, K., Christofeels, V.M., Elmirov, I.R., Boukens, B.J., and Rentschler, S. (2015). Canonical wnt signaling regulates atrioventricular junction programming and electrophysiological properties. Circ. Res. 116, 398–408.
Gilsbach, R., Schwaderer, M., Preisli, S., Grünig, B.A., Kranzhofer, D., Schneider, P., Nuhrenberg, T.G., Mulero-Navarro, S., Weichenhan, D., Braun, C., et al. (2018). Distinct epigenetic programs regulate cardiac myocyte development and disease in the human heart in vivo. Nat. Commun. 9, 391.

Gonzalez-Rosa, J.M., Sharpe, M., Field, D., Soonpaa, M.H., Field, L.J., Burns, C.E., and Burns, C.G. (2018). Myocardial Polyploidization Creates a Barrier to Heart Regeneration in Zebrafish. Dev. Cell. 44, 433–446.e77.

Guimarães-Camboa, N., Stowe, J., Aneas, I., Sakabe, N., Cattaneo, P., Henderson, L., Kilberg, M.S., Johnson, R.S., Chen, J., McCulloch, A.D., et al. (2015). HIF1α Represses Cell Stress Pathways to Allow Proliferation of Hypoxic Fetal Cardiomyocytes. Dev. Cell. 33, 507–521.

Harrington, E.A., Bruce, J.L., Harlow, E., and Dyson, N. (1998). pRB plays an essential role in cell cycle arrest induced by DNA damage. Proc. Natl. Acad. Sci. USA 95, 11945–11950.

Hirose, K., Payumo, A.Y., Cutie, S., Hoang, A., Zhang, H., Guyot, R., Lunn, D., Bigley, R.B., Yu, H., Wang, J., et al. (2019). Evidence for hormonal control of heart regenerative capacity during endothermy acquisition. Science 364, 184–188.

Ikemichi, A., Okayama, H., Ishimoto, S., Tane, S., Nakamura, K., Oyabashi, T., Hayashi, T., and Takeuchi, T. (2012). Cell cycle regulation in mouse heart during embryonic and postnatal stages. Dev. Growth Differ. 54, 731–738.

Jeyaprakash, A.A., Klein, U.R., Lindner, D., Ebert, J., Nigg, E.A., and Conti, E. (2007). Structure of a Survivin-Borealin-INCENP core complex reveals how chromosomal passengers travel together. Cell 131, 271–285.

Johnson, D.G., Schwarz, J.K., Cress, W.D., and Nevins, J.R. (1993). Expression of transcription factor E2F1 induces quiescent cells to enter S phase. Nature 365, 349–352.

Jopling, C., Sleep, E., Raya, M., Marty, M., Raya, A., and Izpisúa Belmonte, J.C. (2010). Zebrafish heart regeneration occurs by cardiomyocyte dedifferentiation and proliferation. Nature 464, 606–609.

Judd, J., Lovas, J., and Huang, G.N. (2018). Isolation, Culture and Transduction of Adult Mouse Cardiomyocytes. J. Vis. Exp. (114) https://doi.org/10.3791/54012.

Kühn, B., del Monte, F., Hajjar, R.J., Chang, Y.S., Lebeche, D., Arab, S., and Keating, M.T. (2007). Periostin induces proliferation of differentiated cardiomyocytes and promotes cardiac repair. Nat. Med. 13, 962–969.

Kwon, J.S., Everett, N.J., Wang, X., Wang, W., Della Croce, K., Xing, J., and Sadek, H.A. (2011). Transient regenerative potential of the neonatal mouse heart. Science 331, 1078–1080.

Leach, J.P., Heilten, T., Zhang, M., Rahmani, M., Monikawa, Y., Hill, M.C., Segura, A., Willerson, J.T., and Martin, J.F. (2017). Hippo pathway deficiency reverses systolic heart failure after infarction. Nature 550, 260–264.

Liu, H., Zhang, C.H., Ammanamanchi, N., Suresh, S., Lewarchik, C., Rao, K., Uys, G.M., Han, L., Abrial, M., Yilmamal, D., et al. (2019). Control of cytokinesis by β-adrenergic receptors indicates an approach for regulating cardiomyocyte endocytosis. Sci. Transl. Med. 11, eaaw6419.

Lundberg, A.S., and Weinberg, R.A. (1998). Functional inactivation of the retinoblastoma protein requires sequential modification by at least two distinct cyclin-cdk complexes. Mol. Cell. Biol. 18, 753–761.

MacLellan, W.R., Garcia, A., Oh, H., Frenkel, P., Jordan, M.C., Roos, K.P., and Schneider, M.D. (2005). Overlapping roles of pocket proteins in the myocardium are unmasked by germ line deletion of p130 plus heart-specific deletion of Rb. Mol. Cell. Biol. 25, 2486–2497.

Markham, D., Munro, S., Soloway, J., O’Connor, D.P., and La Thangue, N.B. (2006). DNA-damage-responsive acetylation of pRB regulates binding to E2F-1. EMBO Rep. 7, 192–198.

McCullum, D. (2004). Cytokinesis: the central spindle takes center stage. Curr. Biol. 14, R953–R955.

Molova, M., Berrisi, K., Walsh, S., Savia, J., Das, L.T., Park, S.Y., Silberstein, L.E., Dos Remedios, C.G., Graham, D., Colan, S., and Kahn, B. (2013). Cardiomyocyte proliferation contributes to heart growth in young humans. Proc. Natl. Acad. Sci. USA 107, 1446–1451.

Narita, M., Núñez, S., Heard, E., Narita, M., Lin, A.W., Hearn, S.A., Spector, D.L., Hannon, G.J., and Lowe, S.W. (2003). Rb-mediated heterochromatin formation and silencing of E2F target genes during cellular senescence. Cell 113, 703–716.

Nascimento, D.S., Valente, M., Esteves, T., de Pina, Mde,F., Guedes, J.G., Freire, A., Quehlas, P., and Pinto-do-Ó, P. (2011). MiQuan-semi-automation of infarct size assessment in models of cardiac ischemic injury. PLoS One 6, e25045.

Neumark, D., Daniels, G.R., and Costantini, F. (2001). Cre reporter strains produced by targeted insertion of loxP sites flanking reporter genes. Proc. Natl. Acad. Sci. USA 98, 1726–1731.
Taniura, H., Taniguchi, N., Hara, M., and Yoshikawa, K. (1998). Necdin, a post-mitotic neuron-specific growth suppressor, interacts with viral transforming proteins and cellular transcription factor E2F1. J. Biol. Chem. 273, 720–728.

Tian, Y., Liu, Y., Wang, T., Zhou, N., Kong, J., Chen, L., Snitow, M., Morley, M., Li, D., Petrenko, N., et al. (2015). A microRNA-Hippo pathway that promotes cardiomyocyte proliferation and cardiac regeneration in mice. Sci. Transl. Med. 7, 279ra38.

Viatour, P., Somervaille, T.C., Venkatasubrahmanyan, S., Kogan, S., McLaughlin, M.E., Weissman, I.L., Butte, A.J., Passegué, E., and Sage, J. (2008). Hematopoietic stem cell quiescence is maintained by compound contributions of the retinoblastoma gene family. Cell Stem Cell 3, 416–428.
## STAR METHODS

### KEY RESOURCES TABLE

| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|---------------------|--------|------------|
| **Antibodies**      |        |            |
| Troponin T-C        | Santa Cruz | Cat#sc-8121; RRID:AB_2287642 |
| GFP                 | Abcam  | Cat#ab6673; RRID:AB_305643 |
| Sarcomeric α-Actinin | Sigma | Cat#A7811; RRID:AB_476766 |
| **Bacterial and Virus Strains** |        |            |
| Cre Recombinase Adenovirus (Ad-Cre-GFP) | Vector Biolabs | Cat#1700 |
| eGFP Adenovirus (Ad-GFP) | Vector Biolabs | Cat#1060 |
| **Chemicals, Peptides, and Recombinant Proteins** |        |            |
| Vybrant DyeCycle Violet | Invitrogen | Cat#V35003 |
| **Critical Commercial Assays** |        |            |
| Superscript IV First-Strand Synthesis System | ThermoFisher | Cat#18090050 |
| Power SYBR Green PCR Mastermix | Applied Biosystems | Cat#4367659 |
| RNeasy micro Kit | QiAGEN | Cat#74004 |
| RNA 6000 Pico Kit | Agilent | Cat#5067 |
| **Deposited Data** |        |            |
| RNA-Sequencing | N/A | GEO: GSE140851 |
| **Experimental Models: Organisms/Strains** |        |            |
| Mouse: Nkx2.5cre | Jackson Labs | Cat#024637 |
| Mouse: ROSA26FLPe | Jackson Labs | Cat#009086 |
| Mouse: Mic2Ycre | Jackson Labs | Cat#029465 |
| Mouse: Ect2fl/+: Ect2tm1a[EUCOMM]Wtsi | Institut Clinique de la Souris | MGJ:4433090; RRID:IMSR_EM:09964 |
| Mouse: R26REYFP | Jackson Labs | Cat#006148 |
| **Oligonucleotides** |        |            |
| Genotyping Primers | See Table S1 | N/A |
| qPCR Primers | See Table S2 | N/A |
| **Software and Algorithms** |        |            |
| R 3.2 | R Project | R Project for Statistical Computing, RRID:SCR_001905 |
| Picard Tools | Broad Institute | Picard, RRID:SCR_006525 |
| GAGE | PMCID: PMC2696452, Bioconductor | GAGE, RRID:SCR_017067 |
| NMF | R package | https://cran.r-project.org/web/packages/NMF/index.html |
| FactoMineR | R package | FactoMineR, RRID:SCR_014602 |
| STAR 2.5 | PMCID: PMC3530905 | https://github.com/alexdobin/STAR |
| Limma | PMCID: PMC4402510, Bioconductor | https://bioconductor.org/packages/release/bioc/html/lmma.html |
| MIQuant | PMCID: PMC3184116 | https://paginas.fe.up.pt/~quelhas/MIQuant/MIQuant.zip |
| ToppGene Suite | PMCID: PMC2703978 | ToppGene Suite, RRID:SCR_005726 |

## LEAD CONTACT AND MATERIALS AVAILABILITY

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Edward E. Morrisey (emorrise@pennmedicine.upenn.edu). This study did not generate new unique reagents.
EXPERIMENTAL MODEL AND SUBJECT DETAILS

**Mice**

R26REYFP (Jackson Labs; cat# 006148) (Srinivas et al., 2001), ROSA26ELPe (Jackson Labs; cat# 009086) (Farley et al., 2000), Nkx2.5cre (Jackson Labs; cat# 024837) (Stanley et al., 2002), and Mic2cre (Jackson Labs; cat# 029465) (Chen et al., 1998) mice were purchased from Jackson Labs and have been previously described. To generate the Ect2^floxflox allele, cryopreserved sperm from the Ect2^{tm1a(UCCMMW)}/Wtsi mouse line was purchased from the Institut Clinique de la Souris (Illkirch, France). The mouse line was derived through in-vitro fertilization by the Transgenic and Chimeric Mouse Facility at the University of Pennsylvania. The resultant mouse was then bred with the ROSA26ELPe allele to remove the neomycin cassette and generate a conditional allele with LoxP sites flanking exon 13. For cardiomyocyte sorting experiments, Adult (8-13 weeks), P7, or E18.5 Mic2^{cre/+};R26REYFP/+ offspring were generated by breeding female R26REYFP/EYFP mice with Mic2^{cre/+} males. For Ect2 experiments, Ect2^{floxflox} mice were bred to either Mic2^{cre/+} or Nkx2.5^{cre/cre} to generate mice heterozygous for both alleles. Resulting mice were then bred with Ect2^{floxflox} mice to generate litters used in experiments. Genotyping was performed with the primers in Table S1. A mix of male and female age-matched and litter-matched healthy mice were used for all experiments. No animals were used for more than one experiment. Animals were housed in breeding pairs or with sex-matched littersmates in the small animal vivarium at the Smlow Center for Translational Research at the Perelman School of Medicine and maintained in a 12-h light, 12-h dark cycle with unlimited access to food and water. All animal procedures were approved by the University of Pennsylvania Institutional Animal Care and Use Committee under protocol #806345.

METHOD DETAILS

**Isolation of Cardiomyocytes for FACS**

**Isolation of Adult Cardiomyocytes**

Cardiomyocytes were isolated from mice aged 8-13 weeks using a protocol modified from methods previously described (Judd et al., 2016; Robison et al., 2016; Tian et al., 2015). Buffers were prepared on the day of isolation as follows. Cell Isolation Buffer (CIB): 130 mM NaCl (Sigma; S6191), 1 mM Lactic acid (Sigma; L1750), 5.4 mM KCl (Sigma; P3911), 25 mM HEPES (Bioworld; 0820000-3), 0.50 mM MgCl2 (Sigma; M9272), 0.33 mM NaH2PO4 (Sigma; S9638), 22 mM Glucose (Sigma; 16301), 20 mM Creatine Monohydrate (GNC; 350526), brought to pH 7.4 with 10M NaOH. 10X CIB stock excluding Glucose, Creatine, and NaOH was previously prepared and frozen in aliquots; Digestion buffer: CIB with 60 u/mL Collagenase Type II (Worthington; LS001476) and 0.025 mg/mL Protease Type XIV (Sigma; P5147); Dissociation Buffer: CIB with 1 mg/mL BSA (Omnipor; 2960). Mice were injected with 100 USP units Heparin (Abraxis; 401586B) 25 minutes prior to removal of heart. Mice were terminaly anesthetized with Isoflurane by placement in an induction chamber containing 4% Isoflurane followed by additional 2% Isoflurane inhaled via nose cone for maintenance. After achieving deep anesthesia, as confirmed from lack of eye blink and toe pinch reflex, the chest was opened via bilateral thoracotomy and the heart was removed and placed in ice cold CIB. Extraneous connective tissue was removed and the heart was cannulated via the aorta, secured with 5-0 silk suture, and mounted on a Langendorf apparatus. The heart was then perfused with CIB and resuspended in 4 mL Dissociation Buffer with 506 U/mL Collagenase Type II and 0.52 mg/mL Trypsin, 10% Horse Serum (GIBCO; 16050), 5% Fetal Buffers were prepared on the day of isolation as follows. E18.5 Digestion Buffer: HBSS with 10mM HEPES, 10% 3), 0.50 mM MgCl2 (Sigma; M9272), 0.33 mM NaH2PO4 (Sigma; S9638), 22 mM Glucose (Sigma; 16301), 20 mM Creatine Monohydrate (GNC; 350526), brought to pH 7.4 with 10M NaOH. 10X CIB stock excluding Glucose, Creatine, and NaOH was previously prepared and frozen in aliquots; Digestion buffer: CIB with 60 u/mL Collagenase Type II (Worthington; LS001476) and 0.025 mg/mL Protease Type XIV (Sigma; P5147); Dissociation Buffer: CIB with 1 mg/mL BSA (Omnipor; 2960). Mice were injected with 100 USP units Heparin (Abraxis; 401586B) 25 minutes prior to removal of heart. Mice were terminaly anesthetized with Isoflurane by placement in an induction chamber containing 4% Isoflurane followed by additional 2% Isoflurane inhaled via nose cone for maintenance. After achieving deep anesthesia, as confirmed from lack of eye blink and toe pinch reflex, the chest was opened via bilateral thoracotomy and the heart was removed and placed in ice cold CIB. Extraneous connective tissue was removed and the heart was cannulated via the aorta, secured with 5-0 silk suture, and mounted on a Langendorf apparatus. The heart was then perfused with CIB and resuspended in 4 mL Dissociation Buffer with 506 U/mL Collagenase Type II and 0.52 mg/mL Trypsin, 10% Horse Serum (GIBCO; 16050), 5% Fetal Buffers were prepared on the day of isolation as follows. E18.5 Digestion Buffer: HBSS with 10mM HEPES, 10% 3), 0.50 mM MgCl2 (Sigma; M9272), 0.33 mM NaH2PO4 (Sigma; S9638), 22 mM Glucose (Sigma; 16301), 20 mM Creatine Monohydrate (GNC; 350526), brought to pH 7.4 with 10M NaOH. 10X CIB stock excluding Glucose, Creatine, and NaOH was previously prepared and frozen in aliquots; Digestion buffer: CIB with 60 u/mL Collagenase Type II (Worthington; LS001476) and 0.025 mg/mL Protease Type XIV (Sigma; P5147); Dissociation Buffer: CIB with 1 mg/mL BSA (Omnipor; 2960). Mice were injected with 100 USP units Heparin (Abraxis; 401586B) 25 minutes prior to removal of heart. Mice were terminaly anesthetized with Isoflurane by placement in an induction chamber containing 4% Isoflurane followed by additional 2% Isoflurane inhaled via nose cone for maintenance. After achieving deep anesthesia, as confirmed from lack of eye blink and toe pinch reflex, the chest was opened via bilateral thoracotomy and the heart was removed and placed in ice cold CIB. Extraneous connective tissue was removed and the heart was cannulated via the aorta, secured with 5-0 silk suture, and mounted on a Langendorf apparatus. The heart was then perfused with CIB for 3 min at a temperature of 37 °C and a constant flow rate of 3 ml/min, followed by perfusion with Digestion Buffer for 14 minutes. The ventricles were then removed from the Langendorf apparatus and placed in Dissociation Buffer at a temperature of 37 °C and gently teased apart with forceps. Tissue was then triturated with a transfer pipette and the cell suspension was passed through a 100 μm cell strainer. Cell suspension was then centrifuged twice for 5 minutes at 500 RPM and resuspended first in P7 Dissociation Buffer supplemented with 140 μM Ca2+ and then added dropwise to the cell suspension. Cardiomyocytes were enriched by centrifugation at 300 RPM for 3 min and resuspended in Dissociation Buffer supplemented with 250 μM Ca2+. Cardiomyocytes were then allowed to settle by gravity sedimentation for 20 minutes at 37 °C and resuspended in 4 mL Dissociation Buffer with 500 μM Ca2+. Vybrant DyeCycle Violet (Invitrogen; V35003) was added to the cell suspension at 1 μL/mL and cells were incubated at 37 °C for 30 minutes prior to FACS.

**Isolation of P7 Cardiomyocytes**

Buffers were prepared on the day of isolation as follows. Cell Isolation Buffer (CIB) was the same as used for isolation of adult cardiomyocytes; P7 Digestion Buffer: CIB with 506 U/mL Collagenase Type II and 0.52 mg/mL Trypsin (Fisher; J63993, 1:250); P7 Dissociation Buffer: CIB with 506 U/mL Collagenase Type II and 0.52 mg/mL Trypsin, 10% Horse Serum (GIBCO; 16050), 5% Fetal Bovine Serum (GIBCO; 10437); P7 Sort Buffer: CIB with 0.66% Horse Serum, and 0.33% Fetal Bovine Serum. Hearts were removed from 7 day old mice and placed in ice cold CIB. YFP+ hearts were identified and used for cell isolation. Under a dissection microscope, atria and extraneous tissue was removed and ventricles were cut into fourths. Each heart was then placed in 2 mL P7 Digestion Buffer and incubated for 30 minutes at 37 °C with rocking. Each heart was then transferred to 2 mL P7 Digestion Buffer supplemented with 60 μM Ca2+ where it was triturated with a transfer pipette followed by a 1000 μL pipette tip. Cell suspensions were then combined and passed through a 70 μm cell strainer. Cell suspension was then centrifuged twice for 5 minutes at 500 RPM and resuspended first in P7 Dissociation Buffer supplemented with 140 μM Ca2+, then in 4 mL P7 Sort Buffer supplemented with 240 μM Ca2+. Vybrant DyeCycle Violet was added to the cell suspension at 1 μL/mL and cells were incubated at 37 °C for 30 minutes prior to FACS.

**Isolation of E18.5 Cardiomyocytes**

Buffers were prepared on the day of isolation as follows. E18.5 Digestion Buffer: HBSS (GIBCO; 14170) with 10 mM HEPES (Invitrogen; 15630), 0.54 mM EDTA (Invitrogen; 15575) and 2 mg/mL Trypsin; E18.5 Dissociation Buffer: HBSS with 10mM HEPES, 10%
Horse Serum, 5% Fetal Bovine Serum; E18.5 Sort Buffer: Opti-MEM ( Gibco; 31985) with 0.66% Horse Serum, and 0.33% Fetal Bovine Serum. Time pregnant females were euthanized by CO₂ inhalation. Embryos were removed and hearts were excised and placed in ice cold HBSS. YFP+ hearts were identified and used for cell isolation. Under a dissection microscope, atria and extraneous tissue was removed and ventricles were splayed open. Each heart was then placed in 2 mL E18.5 Digestion Buffer and incubated for 10 minutes at 37°C with rocking. Each heart was then transferred in a drop of Digestion buffer to a well of a 12 well plate and incubated for 30 minutes. 2 mL E18.5 Dissociation Buffer was then added to each well and the heart was triturated with a 1000 μL pipette tip. Cell suspensions were then combined and passed through a 70 μm cell strainer. Cell suspension was then centrifuged for 5 minutes at 500 RPM and resuspended in 4 mL E18.5 Sort Buffer. Vybrant DyeCycle Violet was added to the cell suspension at 1 μL/mL and cells were incubated at 37°C for 30 minutes prior to FACS.

Sorting Mononucleated and Binucleated Cardiomyocytes by FACS
Cell sorting was performed on a MoFlo Astrios EQ (Beckman Coulter) at room temperature. Embryonic and neonatal cardiomyocytes were sorted using a 100 μm nozzle while adult cardiomyocytes were sorted using a 150 μm nozzle with a maximum pressure difference of 1. Cardiomyocytes from Mlc2vCRE:R26R<sup>YFP</sup> mice were gated on YFP presence with a 488 nm laser. Nucleation was gated on height and width of signal from a 405 nm laser as described above. Prior to collection, 50-100 cells within each gate were sorted onto a slide and imaged with the DAPI, GFP, and transmitted light channels of an EVOS FL Auto imaging system microscope (ThermoFisher; AMAFD1000) to ensure correct separation of mononucleated and binucleated cells. If necessary, gates were adjusted until the targeted cells were correctly identified. For RNA, an equal number of mononucleated and binucleated cardiomyocytes were sorted into Trizol-LS (LifeTech; 10296028).

RNA Isolation for RNA-seq and qPCR
RNA was isolated by phenol-chloroform extraction followed by precipitation with 75% Ethanol. RNA was then purified using the RNeasy micro Kit (QIAGEN; 74004) as follows. Solution containing precipitated RNA was applied to an RNeasy MiniElute Spin Column and washes were done according to the manufacturer’s protocol. RNA was then eluted in 20 μL H2O. RNA to be sequenced was tested for integrity via Bioanalyzer using the RNA 6000 Pico Kit (Agilent; 5067). RNA for qPCR was quantified using a Nanodrop One (Thermo) and cDNA was generated using the Superscript IV First-Strand Synthesis System (ThermoFisher; 18090050). Quantitative Real-Time PCR was performed on a QuantStudio 7 Flex with Power SYBR Green PCR Mastermix (Applied Biosystems; 4367659) with the primers listed in Table S2.

RNA Sequencing and Analysis
Library prep was conducted using Illumina truSeq stranded mRNA kit and Clontech SMARTer RNA-seq amplification kit. Fastq files were assessed for quality control using the FastQC program. Fastq files were aligned against the mouse reference genome (mm9) using the STAR aligner (Dobin et al., 2013). Duplicate reads were flagged using the MarkDuplicates program from Picard tools. Per gene read counts for Ensembl (v67) gene annotations were computed using the R package with duplicate reads removed. Gene counts represented as counts per million (CPM) were first normalized using TMM method in the edgeR R package and genes with 25% of samples with a CPM < 1 were removed and deemed low expressed. The data were transformed using the Voom function from the limma package (Love et al., 2014). Differential gene expression was performed as a paired analysis between mono-nuclear and bi-nuclear samples using limma. To perform the pairwise test the subject correlation was first computed using duplicate Correlation() function, the linear model was then fit using the subject as a blocking variable and adjusting for the subject correlation. Given the small sample size of the experiment, we employed the empirical Bayes procedure as implemented in limma to adjust the linear fit and calculate p values. p values were adjusted for multiple comparisons using Benjamin-Hochberg procedure. Heatmaps and PCA plots were generated in R. Gene Ontology enrichment analysis was performed using the TopGene Suite (https://toppgene. cchmc.org/) (Chen et al., 2009).

Surgical Procedures
To induce MI in neonatal mice, we permanently ligated the LAD artery on postnatal day 1 (P1) as previously described (Leach et al., 2017). To minimize stress and reduce the likelihood of the pups being rejected by the nursing dam, only half of the litter was removed prior to commencing surgery. Pups were housed in an incubation chamber to provide warmth throughout and after the surgical procedure. The dam was housed away from the operating table during the procedure. P1 mice were anesthetized by cooling on ice. Once the appropriate plane of anesthesia is reached, the neonate was removed from the ice for the surgical procedure. Appropriate anesthesia was recognized by lack of breathing, movement, and reflexes. The pup was placed atop a firm operating surface in the supine position. Forelimbs and tail were held in position using masking tape. A dissecting microscope with a fiberoptic light was used for visualization throughout the surgery. A lateral skin incision was then made on the left side of the chest, just below the insertion of the left forelimb, using fine scissors and forceps. Blunt dissection was used to expose the ribs, and a lateral thoracotomy was performed at the fourth intercostal space by blunt dissection of the intercostal muscles following skin incision. The left anterior descending coronary artery (LAD) was identified under the microscope. 8-0 nylon suture was then sutured across the LAD and permanently ligated. The visualization of the whitish color of left ventricular apex assured the effective ligation of LAD. Following the LAD ligation, the thoracotomy was closed by re-approximating the ribs using 6-0 non-absorbable suture. The skin incision
was then closed using Vetbond, a skin adhesive glue. The entire procedure took less than 10 minutes per mouse. The instruments were sterilized between procedures using a hot bead sterilizer. After surgery, pups were brought back to body temperature by placing them in a 33°C incubator for 20-30 minutes.

**In Vitro Neonatal Cardiomyocyte Culture Experiments**

Cardiomyocytes were isolated from Rb^flox/flox; p130^flox/flox; p107^−/− pups at postnatal day 1. Buffers and protocol were as described for isolating E18.5 cardiomyocytes with the following modifications. Rinse buffer: DMEM with 10% Horse Serum, 5% Fetal Bovine Serum, 1% Pen/Strep. High Serum Culture Media: Opti-MEM with 10% Horse Serum, 5% Fetal Bovine Serum, 1% Pen/Strep. Low Serum Culture Media: Opti-MEM with 0.7% Horse Serum, 0.3% Fetal Bovine Serum, 1% Pen/Strep. Each heart was placed in 2 mL Digestion Buffer and incubated overnight at 4°C with rocking instead of 10 minutes at 37°C. Following dissociation, cell suspensions were washed with Rinse Media then resuspended in High Serum Culture media and passed through a 70 μm cell strainer. Fibroblasts were depleted by plating cell suspensions for 2 hours on cell culture plastic. Cell suspensions were then collected and cells counted with a hemocytometer. 75,000 cells in High Serum Culture Media were plated in per well of a 48 well plate, precoated overnight with 100 μg/mL laminin. The following day, each well of cells was treated with 5x10^6 PFU of adenovirus expressing either GFP (Ad-GFP) (Vector Biolabs; 1060) or both Cre recombinase and GFP (Ad-Cre-GFP) (Vector Biolabs; 1700). The morning after adenoviral infection, media was changed to Low Serum Culture Media for 24 hours to inhibit growth of fibroblasts. 36 hours after adenoviral infection, media was changed back to High Serum culture media and cells were cultured for an additional 36 hours. 72 hours after adenoviral infection, cells were harvested in Trizol for RNA as described above or fixed for staining to quantify nucleation.

**Staining**

Single cell suspensions of cardiomyocytes were fixed in 4% PFA and permeabilized in PBS with 0.5% Triton X-100. SEA BLOCK blocking buffer (ThermoFisher; 37527) was used for blocking, diluting antibodies, and washes. Cells were incubated with primary antibody overnight at 4°C followed by secondary antibody for 1 hour at room temperature. Cells were then incubated with DAPI, pelleted, resuspended in ProLong Diamond Antifade Mountant (ThermoFisher; P36961) and mounted on slides. Images were acquired with the Nikon Eclipse Ni-E microscope and mononucleated and binucleated cells were counted using Fiji Software. For Histology, tissues were fixed in 4% paraformaldehyde, dehydrated through a series of ethanol washes, and embedded in paraffin. Tissue was sectioned at 6 μm intervals and stained with either hematoxylin and eosin, Masson’s trichrome, or the following antibodies: Sarcomeric α-Actinin (Sigma; A7811), Troponin T-C (Santa Cruz; sc-8121), GFP (Abcam; ab6673).

**Electron Microscopy**

Cardiomyocytes for electron microscopic examination were sorted directly into fixative containing 2.5% glutaraldehyde, 2.0% paraformaldehyde in 0.1M sodium cacodylate buffer, pH 7.4, overnight at 4°C. After subsequent buffer washes, the samples were post-fixed in 2.0% osmium tetroxide for 1 hour at room temperature, and rinsed in DH2O prior to en bloc staining with 2% uranyl acetate. After dehydration through a graded ethanol series, the tissue was infiltrated and embedded in EMbed-812 (Electron Microscopy Sciences, Fort Washington, PA). Thin sections were stained with uranyl acetate and lead citrate and examined with a JEOL 1010 electron microscope fitted with a Hamamatsu digital camera and AMT Advantage image capture software.

**QUANTIFICATION AND STATISTICAL ANALYSIS**

**Quantification of Scar Size**

For each animal, scar size was measured in Masson’s trichrome–stained heart sections. Every 10th section from the site of the suture to the apex was analyzed. Scar size was measured as the percent fibrosis of the left ventricle myocardium using MIQuant, an automated image segmentation open source code for MATLAB (Nascimento et al., 2011). The average of two independent measurements of scar size are reported. The initial measurement was not obtained blind, to ensure reproducibility a second investigator measured scar size blind to genotype.

**Statistical Analysis**

Data are reported as Mean ± SEM. Statistical analysis was performed in Prism 7 for Mac. Unless otherwise specified, an unpaired Student’s t test was used to compare two experimental groups. For injury studies a Mann-Whitney U test was used. Data were considered significant if p < 0.05.

**DATA AND CODE AVAILABILITY**

The sequencing data in this manuscript is available through the accession number GEO: GSE140851