Haploid mouse germ cell precursors from embryonic stem cells reveal Xist activation from a single X chromosome

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SUMMARY

Mammalian haploid cells have applications for genetic screening and substituting gametic genomes. Here, we characterize a culture system for obtaining haploid primordial germ cell-like cells (PGCLCs) from haploid mouse embryonic stem cells (ESCs). We find that haploid cells show predisposition for PGCLCs, whereas a large fraction of somatic cells becomes diploid. Characterization of the differentiating haploid ESCs (haESCs) reveals that Xist is activated from and colocalizes with the single X chromosome. This observation suggests that X chromosome inactivation (XCI) is initiated in haploid cells consistent with a model where autosomal blocking factors set a threshold for X-linked activators. We further find that Xist expression is lost at later timepoints in differentiation, which likely reflects the loss of X-linked activators. In vitro differentiation of haploid PGCLCs can be a useful approach for future studies of potential X-linked activators of Xist.

INTRODUCTION

In mice, the germline is specified from proximal epiblast, and primordial germ cells (PGCs) are segregated from somatic lineages in the embryo. PGC differentiation has been recapitulated in cultures of mouse embryonic stem cells (ESCs), which enabled the generation of functional gametes (Hayashi et al., 2011, 2012). Progress in culture techniques is opening opportunities for studies of the mammalian germline.

Mammalian dosage compensation is facilitated by inactivation of one of the two X chromosomes in female cells (Lyon, 1961). In mice, X chromosome inactivation (XCI) is initiated by the long noncoding Xist RNA, which is expressed from, and accumulates over, the inactive X chromosome (Xi) before X-linked gene repression (Galupa and Heard, 2018). In the developing female epiblast, two active X chromosomes (Xas) are present before embryonic day (E) 5.5, when random XCI is initiated (Mak et al., 2004). Thereafter, the Xi is maintained in somatic lineages, but Xi reactivation is observed in the female germline (Sugimoto and Abe, 2007).

The regulation of XCI remains to be fully understood. A number of observations suggest that the X to autosome (X:A) ratio controls the initiation of XCI and Xist expression. One model posits that autosomal blocking factors prevent Xist activation for explaining the observation that a single X chromosome is insufficient for initiation of XCI in male cells (Barakat et al., 2014; Kay et al., 1993; Pollex and Heard, 2019). In female cells, twice the number of X-linked activators overcomes an activation threshold for Xist, leading to the initiation of XCI. An alternative model is based on the observation of pairing the X chromosomes at the XCI center (Xic) (Bacher et al., 2006; Xu et al., 2006, 2007). The Xic encompasses the Xist gene and other regulators of XCI, including the antisense Tsix transcript. Genetic elements that are required for Xic pairing have been identified and shown to induce XCI when transiently integrated into autosomes in male ESCs (Augui et al., 2007). Furthermore, stochastic regulation of Xist has been proposed from studies of tetraploid ESCs, where a variable number of X chromosomes displayed activation of Xist upon entry into differentiation (Monkhorst et al., 2008). Investigating the X-counting mechanism in the context of different autosomal dosage has led to further understanding of the underlying regulation.

The establishment of haploid ESCs (haESCs) has advanced the study of the effects of genome ploidy on cells (Elling et al., 2011; Leeb and Wutz, 2011). HaESCs possess a haploid genome but also show a tendency toward diploidization, which is strongly enhanced when haESCs enter differentiation. Several factors that affect diploidization have been extensively investigated in somatic lineage differentiation, with the aim to reduce the high rates of diploidization (Freimann and Wutz, 2017; He et al., 2017, 2018; Olbrich et al., 2017, 2019; Takahashi et al., 2014).

Here, we report the successful differentiation of haESCs into haploid primordial germ cell-like cells (PGCLCs) in vitro. We observed that haploid cells showed predisposition for PGCLCs over somatic cells. We then use this system to investigate Xist activation in haploid cells. Our data demonstrate that a single X chromosome is sufficient for Xist activation in a haploid genome consistent with a lower threshold of autosomal blocking factors. Although...
Figure 1. HaESCs differentiate to haploid PGCLCs in vitro
(A) A scheme of germ cell differentiation of haploid-diploid-mixed ESCs.
(B) Morphology of ESCs, EpiLCs, and d7 EBs derived from haploid-diploid-mixed ESCs. Scale bar, 100 μm.
survival of haploid cells is paralleled by a downregulation of Xist that can likely be explained by a loss of X-linked activators, we also find that deletion of Xist is not sufficient to prevent diploidization of haESCs during neural lineage differentiation.

RESULTS

Differentiation of haESCs into haploid PGCLCs

To investigate the feasibility of germ cell differentiation from haESCs we followed a previously established protocol (Hayashi et al., 2011). A mixed population of haESCs and diploid ESCs, containing 16.8% cells with a 1n DNA content (G0/G1/S-phase haploid), were differentiated to epiblast-like cells (EpiLCs) for 2 days in the presence of FGF2 and Activin A (Figures 1A and 1B). Subsequently, we aggregated the EpiLCs for embryoid body (EB) formation. PGCLCs appeared between days 6 and 8 and were identified by co-expression of the SSEA1 and integrin β3 surface markers (Figures 1C and 1D). Analysis of the ploidy distribution by flow cytometry showed that 9.3% of all cells on day 7 possessed a 1n DNA content corresponding to haploid cells in G0-, G1-, and S-phase, which is approximately half the fraction of haESCs at the beginning of differentiation (16.8%; Figures 1E and 1F). To confirm a haploid karyotype in PGCLCs, we sorted cells expressing SSEA1 and integrin β3 from d7 EBs and prepared chromosome spreads. As expected, a set of 20 acrocentric chromosomes typical for an intact haploid mouse genome could be observed (Figure 1G). Transcription analysis of sorted PGCLCs revealed the upregulation of the PGC markers Blimp1, Pdml4, Tfpap2c, and Stella and the downregulation of Dnm3b in G0/G1/S-phase haploid (1n) as well as in S/G2/M-phase diploid (4n) PGCLCs relative to EpiLCs and ESCs (Figure S1A). These results show that differentiation of haploid PGCLCs in vitro recapitulates gene expression changes that are anticipated from the development of PGCs in vivo.

PGCLCs are predisposed to possess a haploid genome

To further analyze the ploidy distribution within the PGCLC population, we used flow cytometry to plot the Hoechst 33,342 intensity of all cells in d7 EBs against the expression of integrin β3 (Figure 2A). The integrin β3 strongly positive PGCLC population appeared to have a notably high content of haploid cells compared with somatic lineages, which were weakly positive or negative for integrin β3. We therefore further characterized the percentage of PGCLCs in windows of different DNA content (Figures 2B–2D and S1B). PGCLCs accounted for 32.3% of 1n (G0/G1/S-phase) haploid cells, while 11.1% of all cells and less than 10% of cell population with higher DNA content expressed both PGC markers on average in 18 experiments (Figures 2B and S1B). Therefore, the 1n haploid population contained a 3-fold higher percentage of PGCLCs. The apparent enrichment of haploid cells within the PGCLC population can in part be attributed to high diploidization rates that accompany differentiation into somatic lineages. Both SSEA1 and integrin β3 positive PGCLC population demonstrated a significantly higher proportion of G0/G1/S haploid cell population than somatic lineages, which were negative for SSEA1 and/or integrin β3 (Figure 2C). Additionally, a substantially higher percentage of haploid cells was observed in PGCLCs (27.5%) compared with the overall population of ESCs (16.8%), EpiLCs (14.3%), and d7 EBs (9.3%; Figure 2D). These results indicate that PGCLCs have a predisposition to possess a haploid genome.

Xist is activated from a single X chromosome in a haploid genome

Germline differentiation facilitates an investigation of Xist expression in haploid cells without caveats that arise from diploidization or cell death. We used sorted 1n (G0/G1/S-phase haploid) and 4n (S/G2/M-phase diploid) cells at different timepoints for Xist RNA fluorescence in situ hybridization (FISH) analysis during germ cell differentiation. One and two punctate Xist signals were observed in haESCs and diploid ESCs, respectively (Figure 3A). We used double-stranded probes that recognize not only nascent Xist but also Tsix transcripts before initiation of XCI as a punctate focal signal. The majority of haESCs and diploid ESCs showed no Xist cluster (Figure 3B). After the initiation of differentiation, Xist RNA clusters were observed in 42.0% and 59.0% of haploid and diploid EpiLCs, respectively. Xist is activated from the single X chromosome in haploid cells with a similar frequency as from one of the two X chromosomes in diploid cells. Strong upregulation of Xist was also confirmed by quantitative RT-PCR analysis in

(C) A representative flow cytometry analysis of d6 EBs derived from haploid-diploid-mixed ESCs. PGCLCs, positive for both SSEA1 and integrin β3, accounted for 15.0% out of all cells.

(D and E) The proportion of PGCLCs (D) and G0/G1/S-phase haploid cells (E) out of all cells at the different stages during germ cell differentiation of haploid-diploid-mixed ESCs. Data are derived from 14 (ESC), 9 (EpiLC), 7 (d6 EB), 18 (d7 EB), and 7 (d8 EB) independent experiments. The data represent the mean value and the standard error of the mean.

(F) Flow cytometry analysis of DNA content of diploid ESCs, haploid-diploid-mixed ESCs, and d7 EBs derived from haploid-diploid-mixed ESCs. Cell cycle phases of haploid and diploid cells (top), and PGCLCs in d7 EBs (green) are indicated.

(G) Representative chromosome spread of a haploid d7 PGCLC. Scale bar, 5 μm.
A

B (a) All
(b) G0/G1 hap
(c) G2/M hap + G0/G1 dip
(d) S/G2/M dip
(e) All

Derived from haploid-diploid mixed ESC
Derived from diploid ESC

C

D

S/G2/M dip
G2/M hap + G0/G1 dip
G0/G1 hap

Cell population ratio (%)
both haploid and diploid EpiLCs (Figure S1A). With further differentiation, only 8.7% and 24.0% of haploid and diploid d7 PGCLCs showed Xist clusters, respectively. This observation might reflect the repression of Xist in germ cell differentiation and cell selection that is expected from the loss of X-linked gene expression in haploid cells after inactivation of the single X chromosome.

To confirm Xist expression in haploid cells and to explore its kinetics, we performed time course analysis of Xist RNA FISH combined with subsequent X chromosome painting at 24, 48, and 72 h of EpiLC differentiation (Figures 3C and 3D). As expected, X chromosome painting demonstrated one or two signals in each cell nucleus, which represent haploid and diploid cells, respectively (Figure 3C). We detected Xist clusters in 33.7% of haploid cells at 24 h of EpiLC differentiation. The proportion of cells with Xist clusters profoundly decreased to 24.2% and 4.6% at 48 and 72 h, respectively. In contrast, diploid cells exhibited a higher proportion of Xist clusters at every time point (53.8% at 24 h; 54.7% at 48 h; 33.7% at 72 h). These results indicate that Xist expression in haploid cells is transient, and haploid cells preferably repress Xist expression compared with diploid cells. We further hypothesize that repression of Xist expression contributes to the maintenance of haploid cells, as loss of X-linked gene expression through XCI is incompatible with cell survival.

**Mutation of Xist is insufficient to prevent diploidization of haESCs**

To further explore if Xist repression contributes to the maintenance of haploidy, haESC lines deficient in the Xist gene were established (Figures 4A–4D and S2). We engineered a deletion within Xist exon 1 using paired RNA guided nuclease vectors (Figure 4A). Three ΔXist haESC clones that carried a deletion of about 6,380 bp were established (Figures 4B–4D). Silencing of Xist expression in a ΔXist ESC line was also confirmed by RNA FISH after EpiLC differentiation for 48 h (Figure S2).

We analyzed neural differentiation as a representative of somatic lineage differentiation. Using the ΔXist haESC line, differentiation of haploid-diploid-mixed ESCs into neural stem cell-like cells (NSCLCs) was performed by following a published protocol (He et al., 2017) (Figure 4E). Treatment with ROCKI was applied to repress diploidization of haploid cells in neural differentiation. Under these conditions, parental wild-type (WT) ESCs maintained a 70%/30% haploid/diploid cell population at the ratio from 36.7% of ESCs to 11.5% of NSCLCs at day 7 in differentiation (Figure 4F). Similarly, ΔXist ESCs showed a reduction in the G0/G1/S-phase haploid cell population during the differentiation to NSCLCs. Statistical analysis indicated no significant difference in the loss of the G0/G1/S-phase haploid cell proportion during the differentiation between WT and ΔXist haploid-diploid-mixed ESCs (Figure 4G). From these data, we conclude that the mutation of Xist is not sufficient to prevent diploidization of haESCs during somatic lineage differentiation. Further studies are required to understand why germ cell precursors have a predisposition to haploidy compared with somatic lineages.

**DISCUSSION**

Our observation that haESCs maintain a haploid genome during germ cell differentiation enabled us to analyze Xist activation in the context of a haploid genome. Our results are explained by the idea that the amount of blocking factors produced from a single set of autosomes is insufficient to counteract activators from a single X chromosome. In contrast, X-linked activators are titrated by a double dose of blocking factors in diploid male cells preventing Xist activation. Our result therefore supports a model of diffusion of X-linked activators and autosomal blocking factors (Barakat et al., 2014; Pollex and Heard, 2019). Previous studies have also linked the activation of Xist with Xic pairing in differentiating diploid ESCs (Bacher et al., 2006; Xu et al., 2006). Xic pairing cannot occur in haploid cells, as

**Figure 2. Predisposition of haploid cells for PGCLCs over somatic lineage differentiation**

(A) A representative flow cytometry analysis of d7 EBs derived from haploid-diploid-mixed ESCs. PGCLCs, positive for both SSEA1 and integrin β3, accounted for 15.7% out of all cells (left). The cell type and DNA content analyzed by the dye intensity of integrin β3 and Hoechst 33,342, respectively, are shown (right). The cell cycle profile of haploid and diploid cells is shown at the top.

(B) The ratio of PGCLCs in cell populations of different DNA content in d7 EBs derived from haploid-diploid-mixed ESCs or diploid ESCs. PGCLCs accounted on average for 32.3% out of G0/G1/S-phase haploid cells in d7 EBs derived from haploid-diploid-mixed ESCs. Data represent the mean and the standard error of the mean. The data are derived from 18 (d7 EBs derived from haploid-diploid-mixed ESCs) and 12 (d7 EBs derived from diploid ESCs) individual experiments.

(C) The proportion of G0/G1/S-phase haploid cell population of PGCLCs (positive for both SSEA1 and integrin β3) and somatic lineages (negative for SSEA1 and/or integrin β3) in d7 EBs derived from haploid-diploid-mixed ESCs. The data are derived from 18 individual experiments.

(D) Cell cycle distribution of haploid and diploid cells during germ cell differentiation of haploid-diploid-mixed ESCs. Data represent the mean value and the standard error of the mean. The data are derived from 14 (ESC), 9 (EpiLC), and 18 (d7 EB and d7 PGCLC) individual experiments. ****p < 0.0001.
only a single X chromosome is present. Our experiment shows that Xist activation does not strictly depend on Xic pairing. This observation does not rule out that Xic pairing contributes to XCI in diploid cells or has a role in ensuring that one X chromosome remains active after the decision for initiating XCI has been taken in female cells. A recent study has reported on engineering the Xic regions for tethering to the nuclear lamina (Pollex and Heard, 2019). XCI was initiated in female mouse ESCs, despite Xic movement being restricted.

Our study also reveals that PGCLCs have a remarkable predisposition to a haploid genome. PGCs have a similar epigenetic state to ESCs, which might contribute to tolerance of a haploid genome. Firstly, during migration to the gonads, the Xi becomes reactivated, suggesting that dosage compensation is not essential for germ cell development. Secondly, ESCs and PGCs exhibit genome-wide DNA hypomethylation (Leitch et al., 2013). Lastly, transcription factors that are associated with pluripotent cells and germ cells including Oct4 have been implicated as repressors of
Figure 4. Effect of Xist deletion on haploid maintenance during neural lineage differentiation of haESCs
(A) Design of gRNAs and primers for targeting a deletion of Xist exon 1.
(B) PCR analysis of 5 ESC clones using primers Xist-P1 and Xist-P2 identifying deletion of Xist exon 1 in 3 haESC lines (1–3).
(legend continued on next page)
**EXPERIMENTAL PROCEDURES**

**Derivation and culture of a haESC line**

All animal experiments were performed under the license ZH152/17 in accordance with the standards and regulations of the Cantonal Ethics Commission Zurich. Derivation of a haESC line from 129S6/SvEvTac mice was performed as previously described (Leeb and Wutz, 2011). At passage 5, a G0/G1/S-phase haploid cell population of the haESC line was purified by fluorescence-activated cell sorting (FACS) using a flow cytometer (MoFlo Astrios EQ, Beckman Coulter) after Hoechst 33,342 (Invitrogen) staining. Sorted cells were cultured and maintained on a gelatin-coated plate with MEFs in Serum + 2i + LIF medium from passage 12. At passage 15, EpiLC differentiation was initiated as described in the protocol. After 48 h of EpiLC differentiation, 2.3 x 10^3 EpiLCs were plated into a well of a Sphericalplate 5D (Kugelmeiers Ltd.) with 1.4 mL of PGCLC differentiation medium without BMP8a. After 4 days of PGCLC differentiation, half of the medium was replaced with fresh PGCLC differentiation medium without BMP4 and BMP8a.

For analysis of Xist RNA FISH together with X chromosome painting, the haESC line was subjected to EpiLC differentiation as described in the protocol (Hayashi and Saitou, 2013). The cells were cultured for a total of 72 h by changing all the medium of EpiLC differentiation every single day.

**Flow cytometry analysis and cell sorting**

To investigate the cell cycle of haploid and diploid cells and PGCLCs, flow cytometry analysis of ESCs, EpiLCs, and EBs was performed by the following procedures. Cells were harvested from culture vessels as described in a published protocol (Hayashi and Saitou, 2013), followed by staining with 15 μg/ml Hoechst 33,342 for 12 min at 37°C. Subsequently, PE anti-integrin b3 (BioLegend, no. 104307) and eFluor 660 anti-SSEA1 (eBioscience, no. 50881341) were added to the cell suspension at concentration of 1 μg/ml and 0.12 μg/mL, respectively, and the cell sample was kept on ice for 12 min. The fluorescence of each dye was measured by flow cytometry. Cell cycle of haploid and diploid cells was determined based on peaks of the cell population at 1n and 2n DNA contents, corresponding to G0/G1-phase haploid cells and G2/M-phase haploid and G0/G1-phase diploid cells, respectively, by measuring the ratio of the signal of Hoechst 33,342. The population of PGCLCs was determined by measuring the signals of PE and eFluor 660.

**Statistical analysis**

For comparison of the ratio of cell population, measurements were analyzed with the GraphPad Prism 8 software using an unpaired t-test with Welch’s correction. A p value < 0.05 was considered statistically significant.

**SUPPLEMENTAL INFORMATION**

Supplemental information can be found online at https://doi.org/10.1016/j.stemcr.2021.11.006.

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(C) Sequences of PCR fragments amplified over the deleted region confirmed the loss of targeted Xist exon 1 in 3 haESC lines, termed ΔXist ESC lines. The WT sequence is shown on top with PAM sequences and gRNAs indicated.

(D) Morphology of a ΔXist ESC line. Scale bar, 100 μm.

(E) A scheme of NSCLC differentiation of haploid-diploid-mixed ESCs.

(F) Flow cytometry analysis of DNA content on day 0 and 7 during NSCLC differentiation of WT and ΔXist haploid-diploid-mixed ESCs. The population of G0/G1/S-phase haploid cells is indicated in blue color, and its proportion is shown numerically.

(G) Transition of G0/G1/S haploid cell population of WT and ΔXist haploid-diploid-mixed ESCs during NSCLC differentiation. To calculate the transition of G0/G1/S haploid cell population during NSCLC differentiation (Y), the proportion of G0/G1/S haploid cell population on day 0 (X_0) and 7 (X_7) during NSCLC differentiation was applied to the following formula: Y = X_7/X_0. Data represent the mean value and the standard error of the mean. The data are derived from 4 experiments.
AUTHOR CONTRIBUTIONS
E.A. and A.W. conceptualized experiments. E.A., C.K., S.S., S.B., R.F., and G.D.M. collected the data. E.A., C.K., and G.D.M. analyzed the data. E.A. and A.W. wrote the manuscript.

CONFLICT OF INTERESTS
The authors declare no competing interests. A.W. is an inventor and owner of patents on mammalian haploid ESCs (European patent 2681310; USA patent 9957479 and 11085020).

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