Single-Molecule FRET Detection of Sub-Nanometer Distance Changes in the Range below a 3-Nanometer Scale

Heyjin Son 1,†, Woori Mo 1,2,†, Jael Park 1,2, Joong-Wook Lee 2 and Sanghwa Lee 1,*,†

1 Advanced Photonics Research Institute, Gwangju Institute of Science and Technology, Gwangju 61005, Korea; heyjins@gist.ac.kr (H.S.); bboy716.wr@gmail.com (W.M.); woollfdlgh@gist.ac.kr (J.P.)
2 Department of Physics and Optoelectronics Convergence Research Center, Chonnam National University, Gwangju 61186, Korea; leejujc@chonnam.ac.kr
* Correspondence: sanglee@gist.ac.kr; Tel.: +82-62-715-3424
† These authors contributed equally to this work.

Received: 20 August 2020; Accepted: 4 November 2020; Published: 8 November 2020

Abstract: Single-molecule fluorescence energy transfer (FRET) detection has become a key technique to monitor intra- and intermolecular distance changes in biological processes. As the sensitive detection range of conventional FRET pairs is limited to 3–8 nm, complement probes are necessary for extending this typical working range. Here, we realized a single-molecule FRET assay for a short distance range of below 3 nm by using a Cy2–Cy7 pair having extremely small spectral overlap. Using two DNA duplexes with a small difference in the labeling position, we demonstrated that our assay can observe subtle changes at a short distance range. High sensitivity in the range of 1–3 nm and compatibility with the conventional FRET assay make this approach useful for understanding dynamics at a short distance.

Keywords: single-molecule FRET; fluorescence; FRET probe; conformational dynamics

1. Introduction

Single-molecule fluorescence energy transfer (FRET) has been widely used to provide structural and dynamic features of biomolecules [1–3]. This method allows us to monitor biomolecular interactions occurring on the nanometer scale. However, conventional FRET provides only the distance changes in the range of 3–8 nm, which is insufficient to investigate the subtle conformational changes of many biological systems in real time.

To reach the detection range below the lower limit, single-molecule techniques for observing distance changes occurring at short distances have been developed and used to solve a wide range of biological problems [4–11]. For instance, single-molecule protein-induced fluorescence enhancement (smPIFE) [4] provides the ability to measure the distance changes between a fluorophore and a protein in the range of 0–3 nm, but it makes only a limited contribution to monitoring inter-molecular interactions between a protein and another partner molecule. Hence, this method could not measure intramolecular conformational changes of single proteins or molecular interactions of biomolecules except for proteins. In the same line of technical development, self-quenching between two identical TMRs (homo-FRET) was utilized for single-molecule measurements at a short distance range [5]. Although this approach has no limitations regarding the sample type, this method is significantly influenced by environmental conditions and instrumental noise owing to its non-ratiometric quantification, unlike single-molecule FRET, which makes the data analysis and data interpretation more complicated.

In this study, we demonstrate that single-molecule FRET assay can be used to observe the subtle conformational changes over a short distance, in contrast to conventional FRET, by employing a
cyanine dye pair (Cy2–Cy7), which has an extremely small spectral overlap between donor emission and acceptor absorption (Figure 1a). Small spectral overlap between donor emission and acceptor absorption has generally been considered to be undesirable for FRET probes [12,13], and hence, these dye pairs have rarely been used in single-molecule FRET measurements. Here, however, by actually exploiting this drawback, we propose a suitable FRET pair for measuring distance changes at a short distance range.

Figure 1. Selection of fluorescence energy transfer (FRET) pair for use at a short distance range. (a) Comparison of spectral overlaps between donor emission (dashed lines) and acceptor absorption (solid lines) spectra for Cy3–Cy5 pair (upper panel) and Cy2–Cy7 pair (lower panel). The emission and absorption spectra curves were obtained from the measurements. (b) FRET efficiencies of Cy3–Cy5 and Cy2–Cy7 pairs as a function of inter-dye distances. These curves were predicted from calculated R0 values.

2. Materials and Methods

2.1. Characterization of FRET Pairs

To estimate the performance of the Cy2–Cy7 pair, we first compared the theoretical FRET range of this pair with that of a conventional FRET pair, Cy3–Cy5. To obtain the FRET ranges, Förster distances (R0) for both dye pairs were calculated using the following Equation:

\[ R_0 = \left( 0.529 \cdot \kappa^2 \cdot \Phi_D \cdot J(\lambda) / (N_A \cdot n^4) \right) \]

where \( \kappa^2 \) is the dipole orientation factor, \( \Phi_D \) is the fluorescence quantum yield of the donor, \( J(\lambda) \) is the spectral overlap integral of donor emission and acceptor absorption, \( N_A \) is Avogadro’s number and \( n \) is the refractive index of the medium [14]. For this calculation, we used the quantum yields of donor fluorophores provided by the manufacturer (12% for Cy2 and 16% for Cy3) and assumed that \( \kappa^2 \) is 2/3 for freely rotating dyes. \( J(\lambda) \) was calculated from the measured donor emission and acceptor absorption spectrum. As a result, we determined R0 values for Cy3–Cy5 and Cy2–Cy7 pairs as 5.4 and 2.2 nm, respectively. Based on the R0 value of each FRET pair, we obtained the FRET efficiency (E) curves of both pairs as a function of the inter-dye distances (R) according to the relation \( E = 1 / (1 + (R/R_0)^6) \), as shown in Figure 1b. These curves clearly show that the ability of the Cy2–Cy7 pair is sufficient to extend the working range, which will make it possible to monitor the distance changes occurring within the range below the lower limit of conventional FRET (~3 nm).
2.2. Preparation of DNA and Single-Molecule FRET Experiments

For single-molecule FRET measurements, high performance liquid chromatography (HPLC)-purified DNAs were purchased from Integrated DNA Technologies (Coralville, IA, USA) and labeled with Cy2, Cy3, Cy5 or Cy7 NHS-ester dyes (GE healthcare Life Sciences, Piscataway, NJ, USA) at the amine group of an internal amino modifier (dTC6). Then, DNA strands were annealed by slowly cooling down the biotinylated strand labeled with an acceptor (Cy5 or Cy7) and non-biotinylated strand with a donor (Cy3 or Cy2) from 95 °C to 4 °C in a buffer containing 10 mM Tris-HCl (pH 8.0) and 50 mM NaCl.

The prepared DNA duplexes were immobilized on the PEG-coated quartz slide via a streptavidin-biotin interaction. Single-molecule fluorescence images were taken by a home-built prism-type total internal-reflection microscope under the following buffer condition: 10 mM Tris-HCl (pH 8.0), 50 mM NaCl and the oxygen scavenging system (0.4% (HPLC)-purified DNAs were purchased from Integrated DNA Technologies (Coralville, IA, USA) and 0.04 mg/mL catalase (Roche, Basel, Switzerland)) [2]. Cy2 or Cy3 was excited by a blue (473 nm) or a green (532 nm) laser. Fluorescence signals from Cy2–Cy7 or Cy3–Cy5 were collected by a water immersion objective lens (UPlanSApo 60x; Olympus, Tokyo, Japan), filtered through a 488-nm mirror (635dcxr; Chroma, Bellows Falls, VT, USA) and imaged onto an electron-multiplying charge coupled device (EM-CCD) camera (Ixon Ultra DU897U; Andor, Belfast, UK). The emission signals were split into two detection channels (Cy3–Cy5 or Cy2–Cy7), and were simultaneously recorded in real-time as one movie file.

To obtain time traces of donor and acceptor signals from the recorded movie, we first selected the co-localized donor and acceptor spots to exclude partially labeled molecules and extracted single-molecule time traces of fluorescence intensities from the selected spots. At least a hundred time traces were obtained from one movie file. Each time trace represents intensity profiles of a single FRET pair attached to an individual double-stranded DNA molecule. This converting process was performed by a custom script written in IDL (Exelis, Boulder, CO, USA).

Before estimating an accurate FRET efficiency, fluorescence signals should be corrected in three steps: (1) background subtraction, (2) correction for leakage between the detection channels and (3) correction for differences in detection efficiencies and emission quantum yields between fluorophores. These corrections were conducted in a straightforward manner using single fluorophores photobleaching events that exhibit a single-step intensity drop for an individual dye. First, backgrounds performed by a custom script written in IDL (Exelis, Boulder, CO, USA).

η can be reduced to measured intensities of the donor (I_D) and acceptor (I_A) by factors of η_D and η_A (I_D = η_D I_D^0 and I_A = η_A I_A^0). Therefore, we can rewrite FRET efficiency as E = \left(1 + \frac{I_A^0}{I_D^0} \right)^{-1}, where \gamma is the correction factor. The correction factor \gamma was determined by averaging the ratio of change in acceptor intensity to change in the donor intensity (\gamma = \Delta I_A / \Delta I_D) during acceptor photobleaching events occurred in our time traces of fluorescence intensity from dozens of molecules. After applying \gamma correction, fluorescence intensity of each fluorophore is normalized. In our experiments, \gamma values were obtained as 1 for Cy3–Cy5 pair and 2.5 for Cy2–Cy7 pair, respectively.
Finally, we obtained time courses of FRET efficiency $E$ of each molecule from its donor and acceptor intensities ($I_D$ and $I_A$) according to the expression $E = \left[1 + \gamma \frac{I_D}{I_A}\right]^{-1}$. All data processing was conducted using custom scripts written in Matlab (Mathworks, Sherborn, MA, USA).

3. Results and Discussion

3.1. Model Prediction

To demonstrate the ability to use the Cy2–Cy7 pair for single-molecule FRET measurements experimentally, we prepared two DNA duplexes, 3BP\_DNA and 5BP\_DNA, which have different labeling positions, as depicted in Figure 2a,b. The DNA sequences were randomly selected such that only canonical B-form DNA duplexes were generated. To test whether any possible undesired structures of DNA other than the canonical B-form DNA duplex could be formed, we used a DNA oligo analyzer tool to obtain Gibbs free energies of predicted DNA structures and did not find the other DNA structures with a high probability. These two DNA constructs have the same labeling positions for the acceptor fluorophore, but different positions for the donor fluorophore, such that different inter-dye distances are implemented. To predict the inter-dye distance of each DNA construct, we used a cylindrical model for double-stranded DNA as shown in Figure 2c [15–19]. For this structural model prediction, we estimated the inter-dye distance, $R$, using the following Equation:

$$R = \sqrt{(0.34 \cdot \Delta n + L)^2 + d^2 + a^2 - 2 \cdot d \cdot a \cdot \cos \theta},$$

where $\Delta n$ is the number of base pairs between donor and acceptor dyes, $L$ is the axial separation of the dyes for $\Delta n = 0$, $d$ and $a$ are the radial distances of the donor and acceptor dyes from the helical axis, respectively, $\theta$ ($\theta = 36^\circ \cdot \Delta n + \phi$) is the rotation angle between the dyes and $\phi$ is the angular separation of the dyes for $\Delta n = 0$. Based on DNA constructs used in this study, we assumed $L = 0$, $d = a = 2$ nm and $\phi = 240^\circ$. According to this model, the distances between donor and acceptor fluorophores in the two DNA constructs were estimated to be 1.10 (3BP\_DNA) and 2.62 nm (5BP\_DNA), respectively. To test whether the use of the Cy2–Cy7 pair in single-molecule FRET measurements differentiates these two DNA constructs, unlike the conventional Cy3–Cy5 pair, we prepared the DNA duplexes labeled with each FRET pair and performed single-molecule FRET measurements.

![Figure 2](image-url)

Figure 2. Structural model prediction for determining inter-dye distances. (a,b) DNA constructs, 3BP\_DNA (a) and 5BP\_DNA (b), used for the experiments. The labeling sites for conjugating donor and acceptor dyes are indicated. (c) Inter-dye prediction using cylindrical model for helical geometry of the double-stranded DNA used in measurements.
3.2. Experimental Demonstration

Figure 3a,c show representative time traces of fluorescence intensity and FRET efficiency from the two DNA constructs (upper graph for 3BP_DNA, lower graph for 5BP_DNA) labeled with the Cy3–Cy5 pair (Figure 3a) or Cy2–Cy7 pair (Figure 3c). As shown in the traces, despite concerns about fluctuations of fluorescence intensity in close proximity between donor and acceptor fluorophores [20,21], both FRET pairs showed quite stable FRET signals, even at a short distance of 1.10 nm. First, in the conventional Cy3–Cy5 pair, similar high FRET states (~0.92) were observed in the two DNA constructs, indicating that the inter-dye distances of these two constructs are beyond the working range of the Cy3–Cy5 pair. However, in the Cy2–Cy7 pair, we clearly observed a dramatic difference in FRET efficiency between these two DNA constructs, verifying distinguishability below 3 nm of the Cy2–Cy7 pair as predicted. Owing to relatively lower dye photostability, in this measurement, we expected a considerable reduction in the signal-to-noise of the Cy2–Cy7 pair compared to that of the Cy3–Cy5 pair. Nonetheless, we were able to observe sub-nanometer distance changes at a short distance range.

Figure 3. Single-molecule FRET measurement in proof-of-concept experiments using the double-stranded DNA constructs. (a) Representative time traces of Cy3 (green) and Cy5 (red) fluorescence, and the corresponding FRET efficiency (gray) for 3BP_DNA (upper graph) and 5BP_DNA (lower graph) constructs. (b) FRET histograms of the Cy3–Cy5 pair for 3BP_DNA (upper graph) and 5BP_DNA (lower graph). Average FRET efficiencies of the Cy3–Cy5 pair for the two DNA constructs were obtained by fitting the FRET histogram to a single Gaussian function. (c) Representative time traces of Cy2 (blue) and Cy7 (purple) fluorescence, and the corresponding FRET efficiency (gray) for 3BP_DNA (upper graph) and 5BP_DNA (lower graph) constructs. (d) FRET histograms of the Cy2–Cy7 pair for 3BP_DNA (upper graph) and 5BP_DNA (lower graph). Average FRET efficiencies of the Cy2–Cy7 pair for the two DNA constructs were obtained by fitting the FRET histogram to a single Gaussian function. FRET histograms were obtained by taking the FRET efficiency of 10 s for each molecule out of more than 100 molecules, except photobleaching events. The single-step intensity drop of the acceptor and rise of the donor in the representative intensity traces demonstrate that the measured fluorescence signals are derived from a single donor and acceptor pair.
For quantitative understanding of inter-dye distance changes, we obtained FRET histograms of the two DNA constructs for the Cy3–Cy5 pair (Figure 3b) or Cy2–Cy7 pair (Figure 3d), which consistently indicates that the two DNA constructs were distinguishable in the Cy2–Cy7 pair but not in the Cy3–Cy5 pair. Using the measured FRET efficiencies and $R_0$ value of Cy2–Cy7, we determined that the inter-dye distances for 3BP_DNA and 5BP_DNA are 1.49 and 2.48 nm, respectively, which confirms the ability of the Cy2–Cy7 pair to explore the short distance range with high accuracy. These results are in good agreement with the values predicted by the structural model prediction, supporting the conclusion that the single-molecule FRET method using the Cy2–Cy7 pair enables us to accurately observe the subtle conformational changes even at a short distance range.

4. Conclusions

In this work, we demonstrated a single-molecule FRET assay that can observe the small conformational changes of biomolecules at a short distance range below the lower limit of conventional FRET pairs by using the Cy2–Cy7 pair, of which the spectral overlap between donor emission and acceptor absorption is extremely small. In contrast to the other methods for monitoring short distance changes, our approach is readily available for single-molecule FRET applications by replacing a conventional FRET pair with the Cy2–Cy7 pair. A proof-of-concept experiment using a cylindrical model for DNA duplexes showed that our method can reliably observe distance changes at a short distance range. We anticipate that our single-molecule FRET assay proposed here will be useful for describing the subtle conformational dynamics of protein domains with advanced labeling techniques [22–24]. Thus, our method opens up new opportunities for understanding the dynamic nature of various proteins.

Author Contributions: S.L. conceived this project; H.S., W.M. and J.P. performed the experiments and analyzed the data under the direction of J.-W.L. and S.L.; H.S., W.M. and S.L. interpreted the data and wrote the manuscript. All authors have read and agreed to the published version of the manuscript.

Funding: This research was supported by a National Research Foundation of Korea (NRF) grant funded by the Korean Government (MSIT) (no. 2019R1C1C1008438), by the Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education (no. 2018R1D1A1B07051186), by the Bio & Medical Technology Development Program of the National Research Foundation (NRF) funded by the Ministry of Science & ICT of Korean Government (no. 2020M3A9I4038197) and by the GIST Research Institute (GRI) grant funded by the GIST.

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Kim, H.; Ha, T. Single-molecule nanometry for biological physics. Rep. Prog. Phys. 2013, 76, 016601. [CrossRef] [PubMed]
2. Roy, R.; Hohng, S.; Ha, T. A practical guide to single-molecule FRET. Nat. Methods 2008, 5, 507–516. [CrossRef] [PubMed]
3. Joo, C.; Balci, H.; Ishitsuka, Y.; Buranachai, C.; Ha, T. Advances in single-molecule fluorescence methods for molecular biology. Annu. Rev. Biochem. 2008, 77, 51–76. [CrossRef] [PubMed]
4. Hwang, H.; Kim, H.; Myong, S. Protein induced fluorescence enhancement as a single molecule assay with short distance sensitivity. Proc. Natl. Acad. Sci. USA 2011, 108, 7414–7418. [CrossRef] [PubMed]
5. Zhou, R.; Kunzelmann, S.; Webb, M.R.; Ha, T. Detecting intramolecular conformational dynamics of single molecules in short distance range with subnanometer sensitivity. Nano Lett. 2011, 11, 5482–5488. [CrossRef] [PubMed]
6. Toprak, E.; Yildiz, A.; Hoffman, M.T.; Rosenfeld, S.S.; Selvin, P.R. Why kinesin is so processive. Proc. Natl. Acad. Sci. USA 2009, 106, 12717–12722. [CrossRef]
7. Bates, M.; Blosser, T.R.; Zhuang, X. Short-range spectroscopic ruler based on a single-molecule optical switch. Phys. Rev. Lett. 2005, 94, 108101. [CrossRef]
8. Hwang, H.; Myong, S. Protein induced fluorescence enhancement (PIFE) for probing protein-nucleic acid interactions. Chem. Soc. Rev. 2014, 43, 1221–1229. [CrossRef]
9. Ploetz, E.; Lerner, E.; Husada, F.; Roelfs, M.; Chung, S.; Hohlbein, J.; Weiss, S.; Cordes, T. Forster resonance energy transfer and protein-induced fluorescence enhancement as synergetic multi-scale molecular rulers. *Sci. Rep.* 2016, 6, 33257. [CrossRef] [PubMed]

10. Qiu, Y.; Myong, S. Single-Molecule Imaging with One Color Fluorescence. *Methods Enzymol.* 2016, 581, 33–51. [CrossRef] [PubMed]

11. Jacob, M.H.; Ghosh, I.; D’Souza, R.N.; Nau, W.M. Two Orders of Magnitude Variation of Diffusion-Enhanced Forster Resonance Energy Transfer in Polypeptide Chains. *Polymers (Basel)* 2018, 10, 1079. [CrossRef] [PubMed]

12. Fan, J.; Hu, M.; Zhan, P.; Peng, X. Energy transfer cassettes based on organic fluorophores: Construction and applications in ratiometric sensing. *Chem. Soc. Rev.* 2013, 42, 29–43. [CrossRef]

13. Lee, M.H.; Kim, J.S.; Sessler, J.L. Small molecule-based ratiometric fluorescence probes for cations, anions, and biomolecules. *Chem. Soc. Rev.* 2015, 44, 4185–4191. [CrossRef]

14. Clegg, R.M. Fluorescence resonance energy transfer and nucleic acids. *Methods Enzymol.* 1992, 211, 353–388. [CrossRef]

15. Clegg, R.M.; Murchie, A.I.; Zechel, A.; Lilley, D.M. Observing the helical geometry of double-stranded DNA in solution by fluorescence resonance energy transfer. *Proc. Natl. Acad. Sci. USA* 1993, 90, 2994–2998. [CrossRef]

16. Tuschi, T.; Gohlke, C.; Jovin, T.M.; Westhof, E.; Eckstein, F. A three-dimensional model for the hammerhead ribozyme based on fluorescence measurements. *Science* 1994, 266, 785–789. [CrossRef] [PubMed]

17. Deniz, A.A.; Dahan, M.; Grunwell, J.R.; Ha, T.; Faulhaber, A.E.; Chemla, D.S.; Weiss, S.; Schultz, P.G. Single-pair fluorescence resonance energy transfer on freely diffusing molecules: Observation of Forster distance dependence and subpopulations. *Proc. Natl. Acad. Sci. USA* 1999, 96, 3670–3675. [CrossRef] [PubMed]

18. Sabanayagam, C.R.; Eid, J.S.; Meller, A. Using fluorescence resonance energy transfer to measure distances along individual DNA molecules: Corrections due to nonideal transfer. *J. Chem. Phys.* 2005, 122, 061103. [CrossRef] [PubMed]

19. Lee, N.K.; Kapanidis, A.N.; Wang, Y.; Michalet, X.; Mukhopadhyay, J.; Ebright, R.H.; Weiss, S. Accurate FRET measurements within single diffusing biomolecules using alternating-laser excitation. *Biophys. J.* 2005, 88, 2939–2953. [CrossRef]

20. Di Fiori, N.; Meller, A. The Effect of dye-dye interactions on the spatial resolution of single-molecule FRET measurements in nucleic acids. *Biophys. J.* 2010, 98, 2265–2272. [CrossRef]

21. Ha, T.; Tinnefeld, P. Photophysics of fluorescent probes for single-molecule biophysics and super-resolution imaging. *Annu. Rev. Phys. Chem.* 2012, 63, 595–617. [CrossRef]

22. Kim, J.; Seo, M.H.; Lee, S.; Cho, K.; Yang, A.; Woo, K.; Kim, H.S.; Park, H.S. Simple and efficient strategy for site-specific dual labeling of proteins for single-molecule fluorescence resonance energy transfer analysis. *Anal. Chem.* 2013, 85, 1468–1474. [CrossRef]

23. Miles, S.; Tyagi, S.; Banterle, N.; Koehler, C.; VanDelinder, V.; Plass, T.; Neal, A.P.; Lemke, E.A. Click strategies for single-molecule protein fluorescence. *J. Am. Chem. Soc.* 2012, 134, 5187–5195. [CrossRef]

24. Shi, X.; Jung, Y.; Lin, L.J.; Liu, C.; Wu, C.; Cann, I.K.; Ha, T. Quantitative fluorescence labeling of aldehyde-tagged proteins for single-molecule imaging. *Nat. Methods* 2012, 9, 499–503. [CrossRef]

**Publisher’s Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.

© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).