## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|-----------------------------------|------------------------------|
| **TITLE**     |         | Title |                                   |                              |
|               | 1       | Identify the report as a Narrative Review of … | | |
| **ABSTRACT**  |         | Unstructured summary | | |
|               | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | | |
| **INTRODUCTION** |         | Rationale/background | | |
|               | 3       | Describe the rationale for the review in the context of what is already known. | | |
| **METHODS**   |         | Objectives | | |
|               | 4       | Specify the key question(s) identified for the review topic. | | |
| **DISCUSSION/SUMMARY** |         | Research selection | | |
|               | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | | |
| **DISCUSSION/SUMMARY** |         | Narrative | | |
|               | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | | |
|               |         | Summary | | |
|               | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | | |