Enhancement of mTOR signaling contributes to acquired X-ray and C-ion resistance in mouse squamous carcinoma cell line

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Our aim was to evaluate whether repetition of C-ion (carbon ion beam) irradiation induces radioresistance as well as repeated X-ray irradiation in cancer cell lines, and to find the key molecular pathway for radioresistance by comparing radioresistant cancer cells with their parental cells. A mouse squamous cell carcinoma cell line, NR-S1, and radioresistant cancer cells, NR-S1-C30 (C30) and NR-S1-X60 (X60), established by repetition of C-ion and X-ray irradiation, respectively, were used. X-ray and C-ion sensitivity, changes in lysosome, mitochondria, intracellular ATP and reactive oxygen species (ROS) level, and mechanistic target of rapamycin (mTOR) signaling were evaluated. Moreover, the effect of rapamycin on radioresistance was also assessed. X-ray and C-ion resistance of C30 cells was moderate, and the resistance of X60 cells was the highest in this study. In X60 cells, the amount of lysosome, mitochondria, intracellular ATP and ROS level were significantly increased, and mTOR and p70S6K (ribosomal protein S6 kinase p70) phosphorylation were enhanced compared with C30 and NR-S1 cells. The inhibition of mTOR signaling was effective for X-ray and C-ion radiosensitization in both cell lines, especially in X60 cells in which X-ray and C-ion resistance was decreased to the same level as that in NR-S1 cells. Our results indicated that the contribution to generate X-ray and C-ion resistance was less for repeated C-ion irradiations compared with repeated X-ray irradiation. Moreover, we found that activated mTOR signaling contributes to X-ray and C-ion resistance in the X60 cancer cells.

Although the development of radiotherapy involving stereotactic X-ray irradiation1) and carbon ion beam (C-ion) irradiation2) has improved therapeutic outcomes for early stage cancers,3,4 poor tumor response has been observed in some cases for both X-ray and C-ion therapies,3–6 possibly due to the existence of radioresistant cancer cells in the tumor. These radioresistant cancer cells possibly lead not only to local relapse but also to distant metastasis after radiotherapy. Moreover, once the tumor relapses after radiotherapy, it cannot be retreated by conventional radiotherapy because the surrounding normal tissue could not tolerate the additional irradiations. Therefore, it is a critical problem for patient survival.

Advanced techniques such as active scanning irradiation7) and a rotating gantry with a superconducting magnet8) have recently been developed. These techniques are able to further decrease the radiation exposure to the surrounding normal tissues by optimizing the dose distribution and escalating the radiation dose at the tumor.9) There are advantages in using these advanced techniques for re-irradiation of local recurrent tumors after radiotherapy,10) because an accurate dose distribution is required for re-irradiation to avoid additional damage to the surrounding normal tissues, the tolerant radiation dose of which is lower than that before radiotherapy. However, recurrent tumors after radiotherapy may contain radioresistant cancer cells. To obtain favorable outcomes for highly advanced radiotherapy involving C-ion re-iradiation, the nature of radioresistant cancer cells must be understood.

The characteristics of radioresistant cancer cells have been actively investigated in vitro. Such studies have indicated enhancement of DNA repair potential11,12) and activation of survival pathways such as the DNA-PK/AKT/GSK3β pathway in radioresistant cancer cells13). Previously, we initially demonstrated that repetition of X-ray irradiation generates not only X-ray resistance but also significant C-ion resistance in the cancer cells, and DNA repair potential of the radioresistant cells was significantly enhanced.14) In contrast, the pivotal molecular mechanisms of the radiosensitivity to both X-ray and C-ion remain to be clarified. Moreover, there are no published reports evaluating whether repetition of C-ion irradiation generates radiation resistance.

In this study, we aimed to evaluate whether repeated C-ion irradiations generate radioresistant cancer cells as well as...
repeated X-ray irradiations, and to find key molecules for radioresistance in the cancer cells through comparison of the characteristics among the repeated X-ray irradiated cancer cells, the repeated C-ion irradiated cancer cells and parent cells.

Materials and Methods

Cell lines and culture methods. Mouse squamous cell carcinoma cell line NR-S1 was kindly provided by Dr Koichi Ando (Gunma University Heavy Ion Medical Center, Gunma, Japan). NR-S1-X60 (X60) and NR-S1-C30 (C30) cells were derived from NR-S1 cells. These cells were maintained in DMEM (Wako, Osaka, Japan) containing 10% FBS (Sigma-Aldrich, St. Louis, MO, USA) at 37°C, 5% CO2.

Establishment of C30 cells by repetitive C-ion irradiations. Two days before C-ion irradiation, 4.0 × 10^4 cells/mL of NR-S1 cells were seeded onto cell culture flasks. NR-S1 cells were irradiated with 5 Gy of C-ion and cultured for 2 weeks. This procedure was repeated six times so that the cells were irradiated with a total of 30 Gy of C-ion. After the final irradiation, the cells were cultured for 4 weeks (Fig. S1).

Assessment of cell survival by colony formation assay. After irradiation, an arbitrary number of harvested cells were seeded on cell culture dishes. Eight days after seeding, the cells were fixed with 10% buffered formalin and stained with 1% crystal violet solution (Wako). Colonies with more than 50 cells were counted. Plating efficiency was calculated by dividing colonies of non-irradiated cells by seeded cells. Survival fractions were normalized by the plating efficiency.

For measuring radiosensitization, cells were cultured in medium containing 100 nM of rapamycin (Wako) for 24 h and concurrently irradiated with X-ray or C-ion. Immediately after irradiation, colony formation assays were performed, as described above.

Fluorescence staining of lysosome and mitochondria. Lysosome, mitochondria and nuclei were stained in 1 nM of Lysotracker-Red DND-99 (Life Technologies, Carlsbad, CA, USA), 1 nM of Mitotracker-Green FM (Life Technologies) and 1 μM of Hoechst 33342 (Sigma-Aldrich), respectively, by incubating for 20 min at 37°C in a CO2 incubator. The cells were observed by fluorescent microscope (BX-51, Olympus, Tokyo, Japan) with 60× magnification objective lens.

Flow cytometric assay for lysosome, mitochondria and reactive oxygen species analysis. To stain lysosome, mitochondria, and reactive oxygen species (ROS), cells were cultured for 20 min with culture medium containing 1 nM of Lysotracker-Red DND-99, 1 nM of Mitotracker-Green FM and 1 nM of CellRox-Green. The fluorescent intensities were analyzed by Gallios (Beckman Coulter, Brea, CA, USA) and Kaluza software (version 1.3, Beckmann Coulter). Details are described in the (Doc. S1).

Measurement of ATP concentration per cell. Intracellular ATP was extracted as described by Yang et al., and the concentration was measured using the ATP Bioluminescence Assay Kit CLS II (Roche Diagnostics, Basel, Switzerland). The luminescence was measured by ARVO, X3 (PerkinElmer, Waltham, MA, USA). Details are described in the (Doc. S2).

Western blotting analysis. A total of 20 μg of proteins was separated by SDS-PAGE and then transferred to PDVF membrane. The membrane was blocked with 5% BSA or 5% non-fat dry milk, then incubated with primary antibody and HRP-conjugated secondary antibody (Table S1). Separated proteins were detected by Clarity Western ECL Substrate (Bio-Rad laboratories, Hercules, CA, USA) and Las-4000 (Bio-Rad Laboratories), and were analyzed using Image-J software (version 1.50i). Details are described in the (Doc. S3).

Irradiation. X-ray irradiation was performed using TITAN-320 (Shimadzu, Kyoto, Japan). The dose rate was approximately 1 Gy/min. C-ion irradiation was performed at the Heavy Ion Medical Accelerator in Chiba (HIMAC) at the National Institute of Radiological Sciences, Japan. The energy of the C-ion beam and the dose rate were 290 MeV/nucleon and approximately 5 Gy/min, respectively. The cells were irradiated at the center of 6-cm spread out Bragg peak. Additional information is provided in the (Doc. S4).

Statistics. The statistical difference in cell survival curve between each cell was assessed by two-way analysis of variance (ANOVA). The comparison of the results between more than three groups was performed by Dunnett’s test. A P-value <0.05 was regarded as a statistically significant difference.

Results

Repeated X-ray irradiations, but not C-ion irradiations generated the resistance to X-ray and C-ion. We previously established X60 cells by repetition of X-ray irradiation, and reported that they were significantly resistant to both X-ray and C-ion irradiation. To evaluate whether repeated C-ion irradiations conferred X-ray and C-ion resistance on NR-S1 cells, we compared X-ray and C-ion sensitivities of C30 cells with those of NR-S1 cells (Fig. 1). The D10 values, defined as the radiation dose that decreases survival fractions to 0.1, of X-ray and C-ion irradiation for C30 cells were 6.6 and 4.7 Gy, respectively, and for NR-S1 cells were 5.9 and 4.0 Gy, respectively. Although the X-ray and C-ion resistance of C30 cells were modestly increased by the repeated C-ion irradiations, statistical significance for both X-ray and C-ion sensitivity was not detected between C30 cells and the parental NR-S1 cells (P = 0.26 and P = 0.23 for X-ray and C-ion sensitivity, respectively, Dunnett’s test). In line with our previous report, the D10 values of X-ray and C-ion irradiation for X60 cells were 8.5 and 5.6 Gy, respectively, which were significantly higher than that for NR-S1 cells and C30 cells (P < 0.01 for both X-ray and C-ion sensitivity, using Dunnett’s test). These results indicated that X-ray and C-ion resistance was conferred by the repeated X-ray irradiations, whereas the impact of the
repeated C-ion irradiations on the radiosensitivity of NR-S1 cells was small.

Amount of lysosome, mitochondria, ROS level and ATP production were increased in the X-ray and C-ion-resistant cancer cells. We found that X60 cells have numerous vesicles in the cytoplasm by microscopic observation (Fig. 2a–c and Fig. S2a–c). To evaluate what these vesicles were, we stained the cells with organelle-specific fluorescent dyes and confirmed that they were lysosomes. The lysosome digests intra-cellular and extra-cellular components including damaged mitochondria to maintain cellular homeostasis. Therefore, we speculated that the contents of cellular organelles including lysosomes and mitochondria should be significantly different between each cell line.

The size and number of lysosome in X60 cells were significantly larger than C30 cells and NR-S1 cells (Fig. 2d–f, Fig. S2d–f). Flow cytometry was used to quantitatively compare lysosomes and mitochondria in each cell. The fluorescent intensity indicator of lysosomes, Lysotracker-Red, was 4.8-fold higher in X60 cells than that in NR-S1 cells, but there was no significant difference observed between C30 cells and NR-S1 cells (Fig. 3a).

An obvious difference in the number of mitochondria between each cell could not be detected by microscopy (Fig. 2d–f, Fig. S2d–f). However, by flow cytometry, we found that the intensity of mitochondria in X60 cells was 1.8-fold higher than that in NR-S1 cells. Although the value in C30 cells was 1.2-fold higher compared with that in NR-S1 cells, it was not statistically significant (Fig. 3b).
It is known that lysosomes store large amounts of ATP.\(^{19-23}\) In addition, mitochondria produce ATP, and simultaneously release ROS into the cytoplasm.\(^{24}\) Therefore, we further assessed the intracellular concentration of ATP (Fig. 3c) and ROS (Fig. 3d) using a luminescence based assay and flow cytometry, respectively. ATP concentration in X60 cells was 10.5-fold higher than that in NR-S1 cells. Although there was a 3.2-fold increase in C30 cells compared to NR-S1 cells, statistical difference could not be detected. The intracellular ROS level in X60 cells was 2.1-fold higher than that in NR-S1 cells. The value in C30 cells was 1.4-fold higher than that in NR-S1 cells, but again the difference was not statistically significant.

These results indicated that the radioresistant property may be correlated with the promotion of lysosome and mitochondria metabolism, such as through energy production.

**Mechanistic target of rapamycin phosphorylation was enhanced in X-ray and C-ion-resistant cancer cells.** It is known that the central control of energy production is regulated by the mechanistic target of rapamycin (mTOR) signaling. mTOR is localized on the lysosomal surface in nutrition-abundant culture condition.\(^{25}\) In addition, mTOR is phosphorylated at serine 2448, which is the most typical phosphorylation site of mTOR, by ribosomal protein S6 kinase B1 (p70S6K) in response to intracellular ATP level and nutrition condition (e.g. amount of amino acid in the cells).\(^{25,26}\) P70S6K is a downstream protein of the mTOR signaling and its phosphorylation at threonine 386 is generally measured to assess mTOR activity.\(^{27,28}\)

The increase in energy production and in the amount of lysosome in X60 cells may suggest that the mTOR pathway is promoted in X60 cells. Therefore, we evaluated whether mTOR and p70S6K expression and phosphorylation was different in each cell (Fig. 4). Western blotting analysis showed that the mTOR phosphorylation in X60 cells was significantly promoted compared with that in NR-S1 cells, although mTOR and p70S6K expression levels were similar (Fig. 4a-c, Fig. S3). Interestingly, the p70S6K band for X60 slightly shifted to a larger size (Fig. 4b). Phosphorylated p70S6K on Threonine 386 was detected as double bands in NR-S1 and C30 cells, but the lower band of phosphorylated p70S6K was reduced in X60 (Fig. 4b,c).

These results indicated that p70S6K was additionally modified posttranslationally in X60 cells, and suggested that the mTOR signaling closely relates to X-ray and C-ion resistance in X60 cells.

**Rapamycin treatment decreased the X-ray and C-ion resistance.** To evaluate the impact of the mTOR signal pathway on X-ray and C-ion resistance, radiosensitization in each cell was evaluated by rapamycin, a mTOR pathway inhibitor. We first measured plating efficiency in non-irradiated conditions to assess the effect of rapamycin treatment for each cell. The plating efficiency of X60 cells cultured under control conditions was significantly higher than that of NR-S1 cells (Fig. 5a). Adding 100 nM of rapamycin into the culture medium decreased the plating efficiency of X60 cells compared with that of NR-S1 and C30 cells (Fig. 5a), while the plating efficacy of NR-S1 and C30 cells was not changed by the rapamycin treatment. These results indicated that the rapamycin treatment might suppress some properties in X60 cells, which were promoted by the repetitive X-irradiation.

The combination of rapamycin significantly decreased the X-ray and C-ion resistance in X60 cells (Fig. 5b–i). The sensitivity enhancement ratio (SER), which was calculated by dividing the survival fractions at D10 value of control medium-treated cells by that of rapamycin treated cells, was 1.3, 1.5 and 1.2 for both X-ray and C-ion irradiation in NR-S1, X60 and C30 cells, respectively. In particular, rapamycin treatment was significantly effective for both X-ray and C-ion sensitization in X60 cells (Fig. 5c,g). The survival fractions at D10 dose of X60 cells after X-ray and C-ion irradiation were decreased to the same level as that of C30 cells (Fig. 5e) and that of both NR-S1 and C30 cells (Fig. 5i), respectively.

These results showed that mTOR signaling commonly contributed to radioresistance in each cell, although the contribution in X60 cells was relatively higher compared with that in NR-S1 and C30 cells. Moreover, these results indicated that acquired radioresistance might be regulated by several independent pathways, and that mTOR signaling, one of the key pathways, contributes to the acquisition of radioresistance by one or more mechanisms.

**Discussion**

**Difference in radioresistance induction between repeated X-ray and C-ion irradiations.** Our results clearly demonstrated that only repeated X-ray irradiations, but not repeated C-ion irradiation, to the NR-S1 cells generated X-ray and C-ion resistance (Fig. 1). Although further study using other cell lines is necessary to explain the reason for radiation-type specific radioresistance induction and its molecular mechanisms, it may be possible to interpret the potential underlying mechanisms for the differences in mechanisms between the effect of repeated X-ray and that of C-ion irradiations from previous reports. Several reports indicated that the generation of radioresistant cells might be associated with selection of the radioresistant cells.\(^{29-32}\)

Other studies showed that the relatively low dose of X-ray and g-ray irradiation, values of which ranged from 2 to 4 Gy, enriched cancer stem cells (CSC) in the human cancer cell lines.\(^{29-31}\) In contrast, several groups reported that C-ion irradiation did not enrich the CSC fraction, while the X-ray irradiation increased CSC fraction under both in vitro and in vivo conditions.\(^{32-34}\)

![Fig. 4.](image-url) Protein expression and phosphorylation of mTOR (a) and p70S6K (b) in each cell, and the phosphorylation ratio of each protein (c). Blue, red and green boxes in figure 4(c) represent the values of NR-S1, X60 and C30 cells. Boxes and error bars show mean value and standard deviation of at least three independent experiments. The asterisk shows statistical difference (P < 0.05, Dunnett’s test).
These reports indicate that C-ion irradiation is able to effectively kill both CSC and non-CSC, while X-ray irradiation has weaker cytotoxic effect on CSC than non-CSC. Likewise, the enrichment of CSC fractions by repeated X-ray irradiation, but not C-ion irradiation, might be a possible mechanism for the difference observed between the X-ray repetitive and the C-ion repetitive irradiation in our study. In contrast, other mechanisms are also assumed to be responsible for the radioresistance. If the selection of CSC by repeated X-ray irradiations is, indeed, the dominant mechanism, the radiosensitivity of X60 cells should gradually diminish over time to levels observed in NR-S1 cells because CSC is a minority in the cell population and the growth rate of CSC is lower than that of non-CSC. However, X60 cells retained the radioresistant phenotype for more than a month. This suggests that enrichment of radioresistant population, such as CSC, is not the only reason for the radioresistance of X60 cells. We previously showed that the DNA contents of X60 cells were significantly increased compared with those of NR-S1 cells, which indicated that genomic alterations or rearrangements were induced in X60 cells. Numerous genetic amplifications or mutations in important genes, such as Tp53, may result from the repeated X-ray irradiation in these radioresistant cells. Although further investigations are essential, the mechanisms of radioresistance induction may be different between repeated X-ray and C-ion irradiations.

**Promotion of mTOR phosphorylation in X60 cells and its association with radioresistance.** Generally, mTOR is known as a central mediator of many signaling pathways, including phosphatidylinositol 3-kinase (PI3K)/AKT pathway. In normal culture condition, the binding of growth factors such as insulin like growth factor (IGF) and WNT ligand activates AKT. This is followed by phosphorylation of tuberous sclerosis complex 2 (TSC2) and Ras homolog enriched in brain (Rheb), and then mTOR is phosphorylated. Downstream targets of mTOR, including p70S6K, are consequently phosphorylated to promote cell proliferation and survival. Activation of the mTOR signal pathway is enhanced in response to intracellular ATP concentration. However, to our knowledge, its duration has not been elucidated yet. The constitutive enhancement of mTOR signaling in X60 cells was likely to be induced by many other mechanisms, such as the downregulation of TSC2, missense mutation of the mTOR gene, and the promotion of GSK3β and Akt signaling. To clarify the underlying mechanisms of mTOR-mediated radioresistance, it is important to elucidate the difference in impact of the repeated X-ray and C-ion irradiations.
In addition, the concurrent treatment of rapamycin significantly decreased the X-ray and C-ion resistance in X60 cells (Fig. 5C, e.g., i). Rapamycin suppresses the mTORC1 function by inhibiting interaction of mTOR with FK506-binding protein 12kD (FKBP12). Therefore, our result indicated that the mTOR signaling, especially mTORC1 functions, largely contributes to the X-ray and C-ion resistance in X60 cells. Influence of rapamycin and its derivate Everolimus on radiosensitivity has been evaluated by some groups. Their results showed that these drugs induced cell cycle arrest at G1 phase, apoptotic, and autophagic cell death after concurrent treatment with X-ray irradiation, resulting in a significant enhancement of X-ray sensitivity. Furthermore, inhibition of mTOR signaling suppressed DNA repair potential. 

Previously, we reported that DNA repair potential, which is represented by the disappearance of phosphorylated H2A histone family member X (γ-H2AX) foci after X-ray and C-ion irradiation, was enhanced in the X60 cells compared with NR-S1 cells. Therefore, suppression of the enhanced DNA repair by rapamycin might also contribute to decrease the radioresistance in X60 cells. The precise mechanisms of radiosensitization by mTOR signaling inhibition must be elucidated in further studies.

With regard to mTOR signaling, serine 2448 and threonine 386 are typical phosphorylation residues of mTOR, and p70S6K, respectively. Serine 2448 is phosphorylated with the activation of mTOR signaling. Moreover, Thr386 of p70S6K is phosphorylated by mTORC1 and it further phosphorylates the serine 2448 of mTOR. In our study, western blot analysis showed that 100 nM of rapamycin did not alter the phosphorylation of p70S6K on threonine 386 and mTOR on serine 2448, although the band position corresponding to the p70S6K of X60 cells was clearly shifted into a lower position (Fig. S4), indicating the pan-phosphorylation of p70S6K might be decreased by rapamycin treatment. These results mean that mTOR signaling remained even after treatment with 100 nM rapamycin, the concentration of which showed a slight cytotoxic effect on X60 cells. A number of reports have indicated that the suppression of mTOR phosphorylation by rapamycin is incomplete, and our result is consistent with these reports. Furthermore, mTOR and p70S6K are phosphorylated by other signaling pathways, including MAPK, Hippo, Notch and WNT pathway. In addition, rapamycin treatment itself activates the stress signaling though Akt, and this results in the phosphorylation of mTOR and p70S6K.

This feedback loop is known to be the cause of the rapamycin resistance in cancer cells. These signaling pathways could underlie the reason why rapamycin treatment did not lead to a significant decrease in the phosphorylation of mTOR on serine 2448 and p70S6K on threonine 386 in our study. Although evaluation of other signaling pathways in X60 cells is necessary to reveal the pivotal mechanisms, our results indicate that mTOR serves a key role in the X-ray and C-ion resistance in X60 cells.

In conclusion, we revealed for the first time that repeated C-ion irradiation to cancer cells did not significantly change X-ray and C-ion sensitivity, whereas repeated X-ray irradiations generate significant X-ray and C-ion resistance. This finding supports the theory that C-ion irradiation is superior to X-ray irradiation with regard to the acquisition of radioresistance in radiation therapy. Moreover, we found that mTOR signaling contributes to X-ray and C-ion resistance in the X60 cells, and rapamycin could be an attractive candidate for an effective radiation sensitizer.

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Disclosure Statement
The authors have no conflicts of interest to declare.

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Supporting Information

Additional Supporting Information may be found online in the supporting information tab for this article:

Fig. S1. Irradiation protocol for establishment of C30 cells.

Fig. S2. Magnified images of the cells in Figure 2. Individual images (a–f) show the magnified images of Figure 2a–f, respectively. The scale bar represents 10 μm.

Fig. S3. Protein expression and phosphorylation of p70S6K (a) on threonine 421/serine 424 in each cell, and the phosphorylation ratio of each protein (b). Blue, red and green boxes (b) represent the values of NR-S1, X60 and C30 cells, respectively. Boxes and error bars show mean value and standard deviation of at least three independent experiments.

Fig. S4. Effect of rapamycin on mechanistic target of rapamycin (mTOR) signaling. (a) and (b) show the results of western blotting and band shift length of p70S6K, respectively. The band shift values were calculated by subtracting the peak position of the rapamycin treated group (+) from that of the 0.1% methanol treated group (−). Vertical profile of p70S6K expression in NR-S1 (c), X60 (d) and C30 cells (e) are shown. The solid and dashed lines show protein distribution on the western blot of the rapamycin-treated lane and the 0.1% methanol-treated lane, respectively. Horizontal solid and dashed lines show the peak position of the band for the rapamycin-treated group and the 0.1% methanol-treated group, respectively. These values were obtained from more than three independent experiments. The results showed that there was no significant difference in mTOR phosphorylation between the three cell lines. However, p70S6K phosphorylation was markedly changed by rapamycin treatment (a). Although the band intensity of p70S6K phosphorylation on threonine 389 was approximately the same in each cell, there was a clear shift of the band to a lower molecular size, especially in NR-S1 and X60 cells after rapamycin treatment (b–d). However, the band shift in the C30 cells was not observed regardless of rapamycin treatment (b,e). These results indicated that the p70S6K phosphorylation in the X60 and the NR-S1 cells was suppressed by 100 nM of rapamycin although there was no change observed for phosphorylation of mTOR itself as well as for the typical phosphorylation site of p70S6K at threonine 386.

Table S1. Antibodies used in this study.

Doc. S1. Flow cytometric assay for lysosomal, mitochondria and reactive oxygen species (ROS) analysis

Doc. S2. Measurement of ATP concentration per cell.

Doc. S3. Western blotting analysis.

Doc. S4. Irradiation.