Clinical Study

Urinary Eicosanoid Metabolites in HIV-Infected Women with Central Obesity Switching to Raltegravir: An Analysis from the Women, Integrase, and Fat Accumulation Trial

Todd Hulgan,1 M. Sean Boger,2 Diana H. Liao,3 Grace A. McComsey,4 Christine A. Wanke,5 Alexandra Mangili,5 Sharon L. Walmsley,6 Heather McCreaht,3 Ginger L. Milne,1 Stephanie C. Sanchez,1 Judith S. Currier,3 and Jordan E. Lake3

1 Vanderbilt University School of Medicine, Nashville, TN 37232, USA
2 Medical University of South Carolina, Charleston, SC 29403, USA
3 University of California, Los Angeles, CA 90035, USA
4 Case Western Reserve University, Cleveland, OH 44106, USA
5 Tufts University, Boston, MA 02111, USA
6 University of Toronto, Toronto, ON, Canada M5R 0A3

Correspondence should be addressed to Jordan E. Lake; jlake@mednet.ucla.edu

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Chronic inflammation is a hallmark of HIV infection. Eicosanoids reflect inflammation, oxidant stress, and vascular health and vary by sex and metabolic parameters. Raltegravir (RAL) is an HIV-1 integrase inhibitor that may have limited metabolic effects. We assessed urinary F2-isoprostanes (F2-IsoPs), prostaglandin E2 (PGE-M), prostacyclin (PGI-M), and thromboxane B2 (TXB2) in HIV-infected women switching to RAL-containing antiretroviral therapy (ART). Thirty-seven women (RAL = 17; PI/NNRTI = 20) with a median age of 43 years and BMI 32 kg/m2 completed week 24. TXB2 increased in the RAL versus PI/NNRTI arm (+0.09 versus −0.02; 𝑃= 0.06). Baseline PGI-M was lower in the RAL arm (𝑃= 0.005); no other between-arm cross-sectional differences were observed. In the PI/NNRTI arm, 24-week visceral adipose tissue change correlated with PGI-M (rho = 0.45; 𝑃= 0.04) and TXB2 (rho = 0.44; 𝑃= 0.005) changes, with a trend seen for PGE-M (rho = 0.41; 𝑃= 0.07). In an adjusted model, age ≥ 50 years (𝑁 = 8) was associated with increased PGE-M (𝑃= 0.04). In this randomized trial, a switch to RAL did not significantly affect urinary eicosanoids over 24 weeks. In women continuing PI/NNRTI, increased visceral adipose tissue correlated with increased PGI-M and PGE-M. Older age (≥50) was associated with increased PGE-M. Relationships between aging, adiposity, ART, and eicosanoids during HIV-infection require further study.

1. Introduction

Fat redistribution in HIV-infected patients is associated with antiretroviral therapy (ART), including protease inhibitors (PI) and nonnucleoside reverse transcriptase inhibitors (NNRTI) [1, 2]. Central fat accumulation or lipohypertrophy may be more common in women [3, 4] and has been associated with multiple metabolic abnormalities and inflammation in HIV-infected persons on ART [5–9]. Chronic HIV infection is also associated with persistent inflammation [10], and treating HIV infection improved endothelial function in treatment-naïve subjects with low cardiovascular disease (CVD) risk [11]. Given the complex interactions between chronic HIV infection and ART and the likelihood that traditional Framingham prediction may underestimate cardiovascular risk in HIV-infected persons on ART [12, 13], novel biomarkers are needed to assess metabolic risk in HIV infection and response to interventions.

Eicosanoids are endogenous products of arachidonic acid metabolism involved in oxidant stress, inflammation, and endothelial function, all of which are important in atherosclerosis and cardiovascular disease pathogenesis [14].
Biologic properties and metabolism of eicosanoids are complex and are reviewed elsewhere [15–17]. Briefly, during cellular stress, membrane phospholipids containing arachidonic acid are subjected to nonenzymatic peroxidation by free radical species to generate a variety of biologically active oxidation products, including F₂-IsoPs which can cause vasoconstriction, platelet aggregation, and oxidative tissue damage. Arachidonic acid can also be released from membrane phospholipids and metabolized by oxidizing enzymes during cellular stress. Metabolism by cyclooxygenase (COX) enzymes yields a family of products termed prostaglandins (PGs), including PGE₂, which causes vasodilation or vasoconstriction and/or vascular smooth muscle proliferation; thromboxane A₂ (TxA₂), which causes vasoconstriction, platelet activation, and chemotaxis; and prostacyclin (PGI₂) which causes vasodilation and inhibits platelet aggregation and vascular smooth muscle proliferation. With the exception of F₂-IsoPs [15], parent eicosanoids are unstable in and cannot be reliably assayed from plasma. Prostaglandin metabolites, as well as F₂-IsoPs, are stable in urine and accurate indices of endogenous production [18–21]. The primary PG E₂ urinary metabolite is 11α-hydroxy-9,15-dioxo-2,3,4,5-tetranor-prostane-1,20-dioic acid (PGE-M), while the major metabolites used to assess TxA₂ and PGI₂ production are 11-dehydro-thromboxane B₂ (TxB₂) and 2,3-dinor-6-keto-PGF₁α (PGI-M), respectively. Urinary assays for PGE-M and F₂-IsoP have low intra-individual variation over one year [22].

In HIV-negative populations, urinary F₂-IsoP correlates with traditional CVD risk factors [23] and surrogate measures of CVD including brachial artery flow-mediated dilation and carotid intima media thickness [24, 25]. In obese children and adolescents, plasma F₂-IsoP was positively correlated with visceral adipose tissue (VAT), a marker of CVD risk [26]. Cigarette smoking is also associated with higher eicosanoids [27–30]. In HIV-infected persons, cross-sectional studies to date have identified associations between higher F₂-IsoP and lipoatrophy, lactic acidosis, virologic suppression on ART, heavy smoking, higher body mass index (BMI) and waist circumference, elevated liver transaminases and hepatitis C virus (HCV) RNA, and female sex [31–35]. Early analyses suggested higher F₂-IsoP in persons receiving efavirenz or zidovudine [32], and lower levels in those on nevirapine compared with other ART [34] but consistent associations with specific ART drugs or classes have not been seen. It is not yet clear why F₂-IsoP levels are consistently higher in women (HIV-infected and uninfected) than in men. A recent study of women in Haiti found higher levels of cervical COX-2 and urinary PGE-M in HIV-infected women than in uninfected women and a positive correlation between systemic PGE-M and both plasma HIV RNA and cervical COX-2 levels [36].

Raltegravir (RAL) is an HIV-1 integrase inhibitor that has not been associated with metabolic perturbations or fat redistribution during short- or long-term therapy [37–39]. A randomized, open label study was designed to assess the effects of switching from PI- or NNRTI-based ART to a RAL-based regimen in women with lipohypertrophy and suppressed HIV-1 RNA on stable therapy [40]. Adipose tissue volumes by computerized tomography (CT), anthropometrics, and fasting metabolic parameters were performed. The objectives of these secondary analyses were to determine (a) the 24-week change in F₂-IsoP and other urinary eicosanoid metabolites and (b) correlations between 24-week changes in F₂-IsoP, other urinary eicosanoid metabolites, and changes in VAT, the primary outcome of the parent study. We hypothesized that urinary F₂-IsoP and other eicosanoid metabolites would decrease after 24 weeks in women switching to RAL compared to those continuing a PI/NRTI and that these decreases would correlate with decreased VAT.

2. Materials and Methods

Complete methods for the parent study have been published previously [40]. Briefly, women with HIV-1 RNA <50 copies/mL, stable ART including two NRTIs (tenofovir or abacavir and emtricitabine or lamivudine) plus a PI or NNRTI, and central adiposity (waist circumference >94 cm or waist: hip > 0.88) were enrolled at five centers in North America from September 2008 to July 2010 and randomized 1:1 to switch their PI/NRTI to open label RAL 400 mg twice daily (RAL arm) or continue to present ART for 24 weeks (PI/NRTI arm). Relevant exclusion criteria included current use of metformin, thiazolidinediones, or androgen therapy, use of growth hormone or growth hormone-releasing factor in the six months prior to screening, change or initiation of lipid-lowering therapy in the three months prior to screening, and intent to significantly modify diet or exercise habits during the study. The primary endpoint of the parent trial was between-group change in percent of VAT volume 24 weeks following a switch to RAL versus continued PI or NRTI. All study procedures were approved by the institutional review boards of the participating institutions, and all subjects provided informed consent prior to initiation of study procedures. Procedures were performed in accordance with the ethical standards of the responsible committee on human experimentation and with the Helsinki Declaration of the World Medical Association.

2.1. Assessments

2.1.1. Anthropometric Measurements. Visceral and subcutaneous adipose tissue (VAT and SAT, resp.) volume was measured via single slice L4-L5 CT scan at weeks 0 and 24. Scans were performed locally but standardized and read centrally by a blinded reader at the Tufts University Body Composition Center. Waist, hip, and neck circumferences were measured via single slice L4-L5 CT scan at weeks 0 and 24. Scans were performed locally but standardized and read centrally by a blinded reader at the Tufts University Body Composition Center. Waist, hip, and neck circumferences were performed according to AIDS Clinical Trials Group standards [41] at weeks 0, 12, and 24.

2.1.2. Laboratory Assessments. Fasting (>8 hours) glucose, lipoprotein profile, high-sensitivity C reactive protein (hsCRP), and CD4+ T cell counts were assessed at weeks 0, 12, and 24. HIV-1 RNA (50 copies/mL assay sensitivity) was measured at screening and weeks 4, 8, 12, and 24. Labs were performed at the individual sites in real-time and according to local standards.
2.1.3. Urinary Eicosanoids. Clean-catch urine samples were collected, and three-milliliter (mL) aliquots of urine were stored at −80°C until analysis. Samples were shipped overnight on dry ice to the Vanderbilt University Eicosanoid Core Laboratory where analyses were performed. Urinary F₂-IsoP, TxB₂, and PGI-M were measured using gas chromatography-negative ion chemical ionization mass spectrometry employing stable isotope dilution methodology, as described elsewhere [15, 18, 20, 42]. PGE-M was measured by liquid chromatography-mass spectroscopy (LC-MS), as previously described [19]. Results for all urinary metabolites are presented as ng/mg urinary creatinine (cr). At one study site, a freezer malfunction led to transient thawing of urine samples from nine subjects. Urinary eicosanoid results from these samples were not statistically different from the other sites, and analyses with and without data from these samples were performed (data not shown). As there were no substantive changes in the results, we report results including data from all sites.

2.2. Statistical Analysis. Baseline characteristics of the two randomization groups were compared using the Mann-Whitney U test for continuous variables and Fisher’s exact test for categorical variables. Analyses also included Spearman correlations between continuous baseline and 24-week change variables. Median values and interquartile ranges (IQR) are reported for continuous variables, and percentages are reported for categorical data. Comparison of median between-group 24-week change scores for eicosanoids was performed using the Wilcoxon signed-rank test. The primary analysis was as-treated, excluding subjects who did not remain on the study regimen and/or did not have an observed primary endpoint. Generalized linear models assessed associations between eicosanoid changes and study arm, adjusting for baseline PI use, BMI, smoking status, study site, and age (≥50 versus <50 years). All statistical tests were two-sided with a nominal P level of 0.05. Given the exploratory nature of these analyses, we did not adjust results for multiple testing. Data analysis and management was performed using SAS 9.2 (SAS Institute, Inc., Cary, NC, USA).

3. Results

3.1. Baseline Demographics. Sixty-one women were screened and 39 enrolled in the trial. Eighteen subjects were randomized to the RAL arm and 21 to continue PI/NNRTI. One subject from each arm withdrew for reasons unrelated to the study intervention [40], leaving 37 subjects who completed the week 24 primary endpoint. Complete demographic and baseline clinical characteristics of the 37 participants included in the as-treated analysis are provided in Table 1. At baseline, the study groups were well balanced, with the exception of the PI/NNRTI arm having a higher rate of current smoking (60% versus 24%; P = 0.045). The median age was 43 years, BMI 32 kg/m², and 75% of subjects self-identified as Black or Hispanic. Sixty-two percent of subjects were on a PI at entry (versus 38% NNRTI), and the most commonly prescribed NRTI was tenofovir (78%).

3.2. Baseline Urinary Eicosanoids. Baseline median (IQR) urinary F₂-isoP, PGE-M, PGI-M, and TxB₂ (ng/mg cr) were 2.14 (1.49–3.16), 8.07 (4.47–10.56), 0.10 (0.06–0.15), and 0.46 (0.25–0.73), respectively (Table 1). When comparing study arms, baselines PGI-M, PGE-M, and TxB₂ were all lower, and F₂-isoP was higher in the RAL arm (Table 1), but only PGI-M was statistically different (P = 0.005). Baseline PGE-M tended to be higher in current smokers (P = 0.1; data not shown). Eicosanoid levels also tended to differ by baseline NRTI, with women receiving abacavir having consistently lower levels (Figure 1), including statistically significantly lower F₂-isoP (P = 0.05; Figure 1(a)) and TxB₂ (P = 0.04; Figure 1(d)) levels.

3.3. Baseline Correlations between Urinary Eicosanoids and Demographic and Metabolic Factors. Statistically significant correlations were observed at baseline with PGE-M and TxB₂. PGE-M was positively correlated with age (ρ = 0.34; P = 0.04) and negatively correlated with body weight (ρ = −0.35; P = 0.03). TxB₂ was positively correlated with VAT:SAT and VAT:total adipose tissue and negatively correlated with SAT, body weight, BMI, and hip and neck circumferences (ρ = −0.37 to −0.46; P = 0.004 to 0.02). None of the urinary eicosanoids were correlated with fasting lipids, glucose, insulin resistance, or hsCRP in this study population at baseline (data not shown).

3.4. Changes in Urinary Eicosanoids by Study Arm. Median 24-week urinary eicosanoid levels and changes from baseline are shown in Figure 2 and Table 2. Over 24 weeks, only PGI-M in RAL-treated subjects demonstrated a statistically significant within-group change (P = 0.04; Figure 2(c)). TxB₂ increased in the RAL arm and decreased in the PI/NNRTI arm (+0.09 [−0.04, +0.13] versus −0.02 [−0.20, +0.03]; Figure 2(d)), but this difference was of borderline statistical significance (between-group P = 0.06). There were no other statistically significant differences between or within study arms over 24 weeks. Age ≥ 50 years at baseline was associated with an increase in PGE-M (median change +3.9 versus −1.3 in subjects <50 years of age; P = 0.05; Figure 3). In the PI/NNRTI arm, 24-week VAT change positively correlated with changes in PGI-M (ρ = 0.45; P = 0.04) and TxB₂ (ρ = 0.44; P = 0.05), with a similar trend seen for PGE-M (ρ = 0.41; P = 0.07). Among persons in the RAL arm, the change in PGE-M correlated with an increase in HDL cholesterol (ρ = 0.56; P = 0.02); this correlation was not observed in the PI/NNRTI arm (ρ = 0.17; P = 0.48). No other statistically significant correlations between lipids and urinary eicosanoids were seen. Changes in eicosanoid levels over 24 weeks were not statistically different by baseline NRTI (abacavir versus tenofovir; data not shown).

3.5. Adjusted Analyses of Changes in Urinary Eicosanoids. Changes in urinary eicosanoids from baseline to 24 weeks were assessed in multivariate models adjusting for study arm (RAL versus PI/NNRTI), baseline BMI, age, PI use, smoking status, and study site. Age ≥ 50 years (N = 8) was associated with 24-week PGE-M increase (β = 8.3 [95% CI 0.3, 16.3];
Table 1: Baseline characteristics of subjects completing 24 weeks of follow-up and included in eicosanoid analyses, total and by study arm.

|                      | Total (N = 37) | RAL (N = 17) | PI/NNRTI (N = 20) |
|----------------------|----------------|--------------|-------------------|
| **Ethnicity**        |                |              |                   |
| African-American     | 22 (59)        | 9 (53)       | 13 (65)           |
| Hispanic             | 6 (16)         | 4 (24)       | 2 (10)            |
| White                | 8 (22)         | 3 (18)       | 5 (25)            |
| Asian                | 1 (3)          | 1 (6)        | 0 (0)             |
| **Age in years-median (range)** | 43 (26–57)   | 41 (26–51)   | 46 (31–57)        |
| **Weight (kg)**      | 81.8 (73.9–105.0) | 88.7 (81.0–105.0) | 77.7 (71.7–97.0) |
| **BMI (kg/m²)**      | 32.0 (28.0–36.5) | 34.7 (28.8–37.6) | 30.4 (27.7–35.4) |
| **VAT (cm²)**        | 432 (343–605)  | 450 (381–687) | 420 (342–587)     |
| **VAT:SAT**          | 0.25 (0.21–0.38) | 0.25 (0.22–0.36) | 0.25 (0.20–0.42) |
| **Total cholesterol (mg/dL)** | 188.0 (162.0–214.0) | 179.0 (162.0–206.0) | 199.0 (164.5–221.5) |
| **Triglycerides (mg/dL)** | 118.0 (92.0–152.0) | 116.0 (85.0–144.0) | 129.0 (101.0–176.0) |
| **LDL (mg/dL)**      | 115.8 (93.0–128.0) | 113.0 (103.0–123.0) | 116 (89.0–138.1)  |
| **HDL (mg/dL)**      | 49.0 (40.0–57.0) | 47.6 (40.2–57.0) | 49.1 (39.0–55.0)  |
| **Glucose (mg/dL)**  | 87.0 (78.0–94.0) | 84.0 (78.0–93.0) | 88.5 (80.0–97.5)  |
| **Tobacco Use (Current)** | 16 (43)     | 4 (24)       | 12 (60)           |
| **Daily anti-inflammatory use** | 7 (41)       | 7 (35)       |                   |
| **CD4 count (cells/μL)** | 558 (422–747) | 563 (447–747) | 553 (354–770)     |
| **Baseline ART regimen** |              |              |                   |
| PI                   | 23 (62)        | 11 (65)      | 12 (60)           |
| NNRTI                | 14 (38)        | 6 (35)       | 8 (40)            |
| NRTI                 | 8 (22)         | 3 (18)       | 5 (25)            |
| Abacavir             | 29 (78)        | 14 (82)      | 15 (75)           |

Values shown are N (percentage), median (interquartile range [IQR]), or mean (standard deviation [SD]) except where noted.

4. Discussion

In these HIV-infected women with central adiposity and suppressed HIV RNA on ART, switching PI- or NNRTI-based ART to RAL did not have significant effects on urinary eicosanoids over 24 weeks. Overall, F₂-IsoP, PGE-M, and TxB₂ levels were higher and PGI-M levels were lower than published levels reported in healthy adults [15, 18–20, 43, 44]. Although formal comparisons were not performed, urinary F₂-IsoP (lower), PGE-M (higher), and TxB₂ (higher) levels also differed from those observed in previously studied HIV-infected women who were younger and had lower BMI [33]. Of note, several of the markers differed—though not with statistical significance—at baseline between the two study arms. Given known effects of smoking on these biomarkers [27–29], this difference may have been driven in part by the significantly greater number of smokers randomized to the PI/NNRTI arm, and this may therefore have limited our capacity to identify differences in changes over time or due to RAL switch. Although baseline PGE-M tended to be higher in current smokers (N = 16; median [IQR] 9.9 [4.9–14.4]) than non-smokers (N = 21; median [IQR] 8.1 [4.4–12.4]), independent of the covariates above (Table 3). No baseline factors were significantly associated with changes in other urinary eicosanoids (Table 3).
In a multivariate model, neither current smoking nor study arm was significantly associated with 24-week change in PGE-M and did not attenuate the relationship between age and change in PGE-M. Additionally, F2-IsoP, which is increased in HIV-infected and uninfected smokers, tended to be higher in smokers at baseline ($P = 0.06$) but was not significantly higher in the PI/NNRTI arm. Age and BMI were lower and higher in the RAL than the PI/NNRTI arm, respectively (Table 1), and though they were not statistically different, we did include these as covariates in adjusted models.

In primary analyses, women in the switch arm had significant improvements in total and LDL cholesterol but did not have a statistically significant improvement in VAT compared to women continuing an NNRTI or PI [40]. They also had a significant decrease in soluble CD14, a marker of monocyte activation [45]. A recent analysis of extensively treatment-experienced, predominantly male, subjects switching enfuvirtide to RAL in France reported significant 24-week decreases in interleukin-6, D-dimer, and hsCRP [46] that were not observed in these less treatment-experienced women with central adiposity [45]. In subjects remaining on PI/NNRTI, increasing VAT was marginally correlated with increasing PGI-M and PGE-M over 24 weeks of follow-up, suggesting a relationship between these markers and central adiposity that was altered by a switch to RAL. Older age ($\geq 50$ years) at enrollment was associated with an increase in PGE-M independent of study arm, smoking status, PI use at baseline, or other factors. Urinary eicosanoids other than TxB2 were not significantly associated with BMI at baseline. This was unexpected given associations with F2-IsoP and TxB2 in prior cross-sectional studies of HIV-infected persons [33, 34], and this may be due to the inclusion of both males and females in prior analyses and/or the high prevalence of obesity and relative lack of normal BMI ranges in this study population.

This is the first study to prospectively assess the effects of an ART switch on urinary eicosanoid metabolites. The small sample size of our study and the imbalance of smokers in the PI/NNRTI arm likely limited our ability to detect differences between study arms. Nonetheless, intriguing trends and preliminary associations were noted. Although not routinely

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**Figure 1:** Median baseline urinary eicosanoid levels by nucleoside reverse transcriptase inhibitor use. Panel (a) shows F2-IsoP; Panel (b) shows PGE-M; Panel (c) shows PGI-M; Panel (d) shows TxB2. *P value = 0.05; **P value = 0.04. Black (x) lines indicate within-group median; grey dashed lines (-) indicate within-group 25th and 75th percentiles. F2-IsoPs: F2-isoprostanes; PGE-M: prostaglandin E2 metabolite; PGI-M: prostacyclin metabolite; TxB2: thromboxane B2. Units are ng/mg creatinine.
Mediators of Inflammation

![Graphs showing urinary eicosanoid levels by study arm.](image)

**Figure 2:** Median baseline and 24-week urinary eicosanoid levels by study arm. *Between-group P value < 0.1–0.05; **between-group P value < 0.05. Panel (a) shows F₂-Isop; Panel (b) shows PGE-M (baseline and week 24 between-group P = 0.08); Panel (c) shows PGI-M (baseline between-group P = 0.005, week 24 between-group P = 0.04, and between-group 24-week change P = 0.08); Panel (d) shows TxB₂ (baseline between-group P = 0.09 and between-group 24-week change P = 0.06). F₂-IsopS: F₂-isoprostanes; PGE-M: prostaglandin E₂ metabolite; PGI-M: prostacyclin metabolite; TxB₂: thromboxane B₂. Units are ng/mg creatinine.

measured in clinical practice, eicosanoids are known markers of cardiovascular and metabolic disease risk in HIV-negative populations. In particular, F₂-Isop has been associated with CVD disease risk factors, hsCRP, carotid intima medial thickness, coronary artery calcium, and angiographic coronary artery obstruction [23, 24, 47]. Urinary TxB₂ was associated with an abnormal platelet reactivity with abacavir [56, 57]. To our knowledge, TxB₂ has not been assessed in these or other studies. Lower F₂-Isop in these abacavir-treated subjects and in a prior cross-sectional analysis of men and women [33] suggest that if there is excess cardiovascular risk due to abacavir, it is independent of lipid peroxidation-related pathways; prospective studies would be needed to determine this. Due to providers' knowledge of potential cardiovascular risk with abacavir and risk of renal...
Table 2: Urinary eicosanoid levels—absolute and 24-week changes, by study arm.

|                  | RAL Within-group P | PI/NNRTI Within-group P | Between-group P |
|------------------|--------------------|-------------------------|-----------------|
| **F₂-IsoP**      |                    |                         |                 |
| Week 0           | 2.41 (1.96, 3.04)  | 1.89 (1.35, 3.77)       | 0.28            |
| Week 24          | 2.39 (1.55, 2.65)  | 2.20 (1.17, 3.10)       | 0.96            |
| Week 24 change   | −0.12 (−0.3, +0.08)| 0.13                    | −0.13 (−0.62, +0.60) | 0.70 | 0.82 |
| **PGE-M**        |                    |                         |                 |
| Week 0           | 5.95 (4.25, 9.52)  | 9.37 (5.36, 13.48)      | 0.08            |
| Week 24          | 6.96 (2.14, 8.51)  | 8.84 (5.77, 13.26)      | 0.08            |
| Week 24 change   | +1.07 (−3.26, +3.08)| 0.82         | −1.25 (−3.29, +3.23) | 0.81 | 0.77 |
| **PGI-M**        |                    |                         |                 |
| Week 0           | 0.07 (0.05, 0.10)  | 0.13 (0.08, 0.21)       | 0.005           |
| Week 24          | 0.08 (0.06, 0.13)  | 0.13 (0.10, 0.18)       | 0.04            |
| Week 24 change   | +0.02 (−0.002, +0.05)| 0.04         | −0.004 (−0.04, +0.03) | 0.62 | 0.08 |
| **TxB₂**         |                    |                         |                 |
| Week 0           | 0.34 (0.14, 0.70)  | 0.55 (0.29, 0.77)       | 0.09            |
| Week 24          | 0.44 (0.27, 0.64)  | 0.44 (0.35, 0.61)       | 0.56            |
| Week 24 change   | +0.10 (−0.04, +0.13)| 0.22         | −0.02 (−0.20, +0.03) | 0.25 | 0.07 |

Values shown are median (interquartile range).

F₂-IsoP = F₂-isoprostanes; NNRTI = non-nucleoside reverse transcriptase inhibitor; PI = protease inhibitor; PGE-M = prostaglandin E₂ metabolite; PGI-M = prostacyclin metabolite; RAL = raltegravir; TxB₂ = thromboxane B₂.

Figure 3: Scatterplot of 24-week change in urinary PGE-M by age < or ≥50 years. Between-group \( P = 0.05 \). Black (x) lines indicate within-group median; grey dashed (-) lines indicate within-group 25th and 75th percentiles. F₂-IsoPs: F₂-isoprostanes; PGE-M: prostaglandin E₂ metabolite; PGI-M: prostacyclin metabolite; TxB₂: thromboxane B₂. Units are ng/mg creatinine.

Toxicity with tenofovir DF, it is also possible that abacavir use is simply a marker of some other unmeasured factors associated with risk for these conditions and lower urinary eicosanoid levels.

In addition to the qualifications above, this analysis has other limitations that should be noted. Use of aspirin or nonsteroidal anti-inflammatory drugs (NSAID) was not an exclusion criterion for the parent study, and detailed information on dosing was not collected. Given the even distribution of NSAID use across study arms (Table 1), we did not adjust for this variable in multivariate models and do not believe it would explain differential associations within or between groups. Neither menopausal status nor sex hormone levels were ascertained as part of this study. Based on data from HIV-infected women [58], the age distribution of our population suggests the majority of subjects were pre- or perimenopausal. The association between age and PGE-M may have been due to postmenopausal changes in the older women (≥50 years). The number of older women included in this study was small. Platelet reactivity assays were not performed, so relationships between eicosanoids and platelet function cannot be determined. CT scan was used to assess SAT, so we were unable to fully assess peripheral (limb) lipatrophy. Finally, this analysis may have been too small and/or of insufficient duration of follow-up to detect meaningful changes in eicosanoids. Additional studies and longer-term follow-up in HIV-infected persons are needed to further elucidate the role of eicosanoids in metabolic and other aging-related comorbidities and determine their role as useful clinical biomarkers.

Disclosure

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Table 3: Multivariate generalized linear models of predictors of 24-week eicosanoid changes.

| Covariate                  | F2-IsoP  | PGE-M  | PGI-M  | TxB2  |
|----------------------------|----------|--------|--------|-------|
| Study arm                  | β (95% CI)| P      | β (95% CI) | P     |
| (RAL versus PI/NNRTI)      | 0.25 (−0.79, 1.30) | 0.63 | 1.6 (−4.5, 7.7) | 0.60 | 0.04 (−0.02, 0.09) | 0.19 | 0.12 (−0.02, 0.26) | 0.10 |
| PI use at baseline         | 0.46 (−0.54, 1.46) | 0.35 | −3.9 (−9.6, 1.8) | 0.17 | 0.004 (−0.05, 0.05) | 0.85 | 0.06 (−0.07, 0.20) | 0.35 |
| (yes versus no)            |          |        |        |       |           |      |                   |      |
| Age ≥ 50 years (versus <50)| 0.73 (−0.66, 2.12) | 0.29 | 8.3 (0.3, 16.3) | 0.04 | 0.02 (−0.06, 0.10) | 0.59 | −0.02 (−0.21, 0.17) | 0.81 |
| Current smoking (yes versus no) | −0.37 (−1.54, 0.81) | 0.53 | 0.9 (−6.0, 7.9) | 0.78 | −0.01 (−0.07, 0.05) | 0.69 | 0.11 (−0.05, 0.27) | 0.18 |
| Baseline BMI               | 0.02 (−0.06, 0.09) | 0.63 | 0.3 (−0.1, 0.7) | 0.13 | 0.0005 (−0.003, 0.004) | 0.80 | 0.007 (−0.003, 0.02) | 0.16 |

BMI = body mass index; F2-IsoP = F2-isoprostanes; NNRTI = non-nucleoside reverse transcriptase inhibitor; PI = protease inhibitor; PGE-M = prostaglandin E2 metabolite; PGI-M = prostacyclin metabolite; RAL = raltegravir; TxB2 = thromboxane B2.

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