Phytochemical Investigation of New Algerian Lichen Species: \textit{Physcia Mediterranea} Nimis

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Abstract: The present study provides new data concerning the chemical characterisation of \textit{Physcia mediterranea} Nimis, a rare Mediterranean species belonging to the family Physciaceae. The phytochemical screening was carried out using GC-MS, HPLC-ESI-MS-MS, and NMR techniques. Hot extraction of n-hexane was carried out, followed by separation of the part insoluble in methanol: wax (WA-hex), from the part soluble in methanol (ME-hex). GC-MS analysis of the ME-hex part revealed the presence of methylbenzoic acids such as sparassol and atraric acid and a diterpene with a kaurene skeleton which has never been detected before in lichen species. Out of all the compounds identified by HPLC-ESI-MS-MS, sixteen compounds are common between WA-hex and ME-hex. Most are aliphatic fatty acids, phenolic compounds and depsides. The wax part is characterised by the presence of atranorin, a depside of high biological value. Proton 1H and carbon 13C NMR have confirmed its identification. Atranol, chloroatranol (depsides compound), Ffukinanolide (sesquiterpene lactones), leprolomin (diphenyl ether), muronic acid (triterpenes), and ursolic acid (triterpenes) have also been identified in ME-hex. The results suggested that \textit{Physcia mediterranea} Nimis is a valuable source of bioactive compounds that could be useful for several applications as functional foods, cosmetics, and pharmaceuticals.

Keywords: Algerian lichen; \textit{Physcia mediterranea} Nimis; bioactive compounds; n-hexane extract; wax; GC-MS; HPLC-ESI-MS-MS; NMR

1. Introduction

From the Greek word, “leikhen” lichen was first used to designate a plant in the 4th century BC by Theophraste [1]. This small organism has been integrated into the fungal kingdom and results from the symbiotic association of a fungus called mycobiont and a green alga or a cyanobacterium called photobiont [2,3]. An estimated more than 17,000 species of lichen exist today, extending from the tropics to the polar regions [4]. The symbiosis gives lichens a specific structure and reproduction to each constituent alone. Unlike higher plants, they have no root, stem, or leaf, but a rudimentary vegetative apparatus: the thallus [5]. Moreover, they grow on a wide variety of substrates including soil, bark, bare rock surfaces, leaves of vascular plants, barnacle shells, and other lichens [4].
The mycobiont plays the most determining role in the morphology and structure of the lichen [6]. The thallus carries the elements necessary for reproduction. A great diversity of shapes and colours defines seven main types of lichens [7]. These organisms tolerate large temperature variations, extreme desiccation, and intense exposure to ultraviolet [8]. In addition, this tolerance to light and desiccation is better in lichen compared to isolated partners [9]. As a two or even multiple partnerships, lichens can respond more sensitive to different environmental signals in complex ecosystems than algae and fungi growing unprotected and living aposymbiotically according to Reyes et al., 1996 [10].

Lichens produce many unusual secondary metabolites that have not been discovered in other plants [11]. The uniqueness of many lichen substances attracted the first chemists’ attention in the mid-19th century. Before this, they were used as dyes for textiles and as additives for soap and perfume making, and a considerable number for healing diseases [12,13]. Lichens produce more than 800 potentially bioactive compounds [14–16]. Among these compounds are nitrogen, phosphorus and sulfur, polyols, carbohydrates, aliphatic and cycloaliphatic compounds, aromatic compounds, meta- and para-depsides, and depsidones, dibenzofurans, diphenylethers, naphtopyrans, diphenylmethanes, nostoclides, xanthones, quinones, naphthoquinones, and usnic acid. Esters, terpenes, steroids, terphenylquinones, and pulvinic acid derivatives also occur [16–18]. The majority of lichenic substances are small aromatic polyketides. They are synthesised during the mutualistic relationship (symbiosis) of lichens with green photobionts [13,19]. These substances are often absent in cyanobacterial lichens replaced by other interesting secondary metabolites, e.g., terpenes and terpenoids [20,21].

Recently, lichens have attracted several researchers worldwide to review their therapeutic and cosmetic value in traditional medicine. A wide range of species have revealed effective biological activities such as antioxidant, cardiovascular protectors, antimicrobial, anti-inflammatory, analgesic, antipyretic, antiviral, anti-insecticidal, antibiotic, antifungal, antidiabetic, and anticancer [22–31]. Various applications of lichen extracts as a treatment for skin conditions, wounds, respiratory and digestive problems, as well as for obstetric and gynaecological problems have also been recorded [32]. The pharmacological potential of lichens is due to the presence of unique secondary metabolites which subsequently became excessively attractive to the pharmaceutical and cosmetic industries. As a result, a multitude of optimised processes for the quantitative extraction of these lichen metabolites has been developed [33].

In Algeria, several investigations have been carried out to explore their diversity [34–45]. More than 1085 species of lichens have been identified, 64 of which are endemic [41]. Most research has been focused on their use as bioindicators of air pollution [42,43,46–49]. However, many regions remain unexplored, and research reports on lichen chemistry in this richly diverse country are very limited.

In the present investigation, we analysed the phytochemical profile of Physcia mediterranea Nimis (Figure 1), belonging to the family of Physicaceae. The lichen, a new species recently identified in Algeria, was collected in the El-Kala National Park, a remarkable and culturally rich region with more than 117 species of lichens identified. Several species of this area, both plant and animal, are protected in Algeria and belong to the IUCN (International Union for Conservation of Nature) red list. Indeed, the National park of El-Kala was classified as “Reserve of the biosphere”, by UNESCO, on 17 December 1990 [50]. It can be concluded that the Algerian species of lichens that have been little or not studied deserve special attention with research involving both the chemical part and the biological one. This would allow us to increase the contribution to discovering new compounds that may serve as models for new drugs with therapeutic properties. The literature search reveals that still no studies have been done on Physcia mediterranea Nimis species’ products. Therefore, our work aims to isolate and investigate the chemical constituents in different organic lichen extracts from Physcia mediterranea Nimis using GC-MS, followed by HPLC-ESI-MS-MS and NMR analysis.
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Figure 1. Algerian Physcia mediterranea Nimis photographed in the national park of El Kala, Algeria.

2. Results and Discussion

2.1. GC-MS Analysis

The GC-MS analysis of ME-hex extract is shown in Figure 2. The analysis allowed us to detect ten components. Nine products were identified by comparing their mass spectra with reference spectra from the NIST and Wiley databases (Table 1). The major chemical compounds identified in ME-hex from Physcia mediterranea included derivatives of methylbenzoic acids (56%) and free fatty acids (36.1%). A diterpene with a Kauran skeleton (\((-\text{-ent-Kauran-16a-ol})\) (Figure 3) was also identified (3.8%) [18]. Only 2.2% of the entire extract was not identified.

Figure 2. GC-MS chromatogram of Physcia mediterranea (ME-hex part). RT = retention time. (1), (2), (3), (4) = derivatives of methylbenzoic acids; (5), (6), (7), (8) = fatty acids; (9) = diterpene; (10) = unknown.
Table 1. Identification of metabolites in ME-hex of Physcia mediterranea by GC-MS analysis.

| N° | RT | Compound | Mass | %  | Synonyms                                                                 |
|----|----|----------|------|----|--------------------------------------------------------------------------|
| 1  | 19:56 | Methyl 2-hydroxy-4-methoxy-6-methylbenzoate | 196  | 0.3 | Orsellinic Acid Methyl Ester 4-Methyl Ether (Sparassol) C_{10}H_{12}O_{4} |
| 2  | 20:01 | Methyl 2,4-dihydroxy-3,5,6-trimethylbenzoate | 210  | 52.3 | Derivatives of methylbenzoic acids C_{11}H_{14}O_{4}                     |
| 3  | 20:43 | Methyl 4-hydroxy-2-methoxy-3,6-dimethylbenzoate | 210  | 1.1 | 2-metoxo-Atraric acid C_{10}H_{12}O_{4}                                |
| 4  | 20:64 | Methyl 2,4-dihydroxy-3,6-dimethylbenzoate | 196  | 2.3 | Atraric acid C_{10}H_{12}O_{4}                                         |
| 5  | 22:55 | Methyl hexadecanoate | 270  | 24.2 | Palmitic acid C_{16}H_{32}O_{2}                                         |
| 6  | 23:53 | 13-Methyl-17-norkaur-15-ene | 272  | 2.4 | Linoleic acid C_{18}H_{32}O_{2}                                         |
| 7  | 24:19 | Methyl cis,cis-9,12-octadecadienoate | 294  | 3.2 | Oleic acid C_{18}H_{34}O_{2}                                            |
| 8  | 24:25 | Methyl (Z)-9-octadecenoate | 296  | 4.9 | Stearic acid C_{18}H_{34}O_{2}                                          |
| 9  | 24:48 | Methyloctadecanoate | 298  | 3.8 | (−)-ent-Kauran-16α-ol C_{20}H_{34}O                                    |
| 10 | 26:21 | Unknown | 376  | 2.2 | Unknown                                                                  |
| T% |      |          |      | 95.5 |                                                                           |

RT = retention time; T% = total of compounds identified (%) in the extracts.

Figure 3. Chemical structure of (a) (−)-ent-Kauran-16α-ol and (b) Atraric acid.

Derivatives of methylbenzoic acids are commonly present in different genera of lichen-like Stereocaulon balti [51], Parmotrema mesotropum [52], Cassipourea malosana [53], Cetraria islandica [54], Usnea longissima [55,56], Stereocaulon paschale [57], and Parmelia sulcata Taylor [58]. Atraric acid (Figure 2), widely present in some species such as Hypogymnia physodes, Evernia prunastri, and Parmelia sulcata, growing on the same host tree (Prunus domestica) [59], can be in the free or complexed form and serves as a basis for the composition of depsides and depsidones [60]. It is considered a specific antagonist of androgen receptors and therefore inhibits human prostate cancer growth [60,61]. Atraric acid shows nematocidal, antioxidant, antimicrobial, and anti-inflammatory properties in vitro, and inhibits carrageenan-induced oedema and wound healing activity in vivo [62,63].

Lichens contain many of the fatty acids commonly found in higher plants [64]. Indeed, many common lichen genera include species with multiple strains of fatty acids [65–67]. These lipid profiles, most often treated as chemotypes, have been used by many researchers...
to taxonomically classify certain lichens, such as Cladonia [68], Lepraria [69], Parmelia [70], Tephromela s.lat [71], and Mycoblastus sanguinarius [72]. Although they are widely present in some genera, fatty acids were of no taxonomic importance and were omitted during the first chemical studies on lichens [72–74]. By chemical and biochemical comparisons, a mechanistic relationship between polyketide and fatty acid biosynthesis has been recognised. The carbon backbones of the molecules are assembled by successive condensation of acyl units [75]. Another important fatty acid role was cell signal transduction [76] as well as chemical protection. Therefore, they allow the lichens to survive as environmental conditions change [8–10].

In our study, palmitic acid is present in high concentration (24%) compared to oleic (4.2%), stearic acid (3.8%), and linoleic (3.2%) acid (Table 1 and Figure 2). Various works using different growing conditions explain the variations in fatty acid in lichens [77,78]. Molina et al. (2003) studied the lichen Physconia distorta and suggested a close relationship between the synthesis of secondary metabolites and fatty acid metabolism. Mycobiota grown in a glucose-enriched medium favoured the production of fatty acids [79]. Another important factor that could influence the production of fatty acids in lichens is temperature. According to several studies, the degree of unsaturation varies with the season and decreases with increasing temperature [80,81]. In the thallus of Teloschistes flavicans, the saturated fatty acids, palmitic and stearic, were more abundant in February. In contrast, in August, when the average temperature was 23°C, there was an increase in oleic and linoleic fatty acids [82].

In addition to the stress due to the decrease in temperature, nitrogen deprivation and light intensity are also known to promote fatty acid accumulation [80,82,83]. However, these factors are not necessarily the unique parameters that determine the fatty acid content, but rather genetics, combined with environmental conditions (e.g., altitude, air pollution, seasonal effects), must also be taken into account [67,84].

2.2. HPLC-ESI-MS-MS Analysis
2.2.1. WA-hex Extract Analysis of Physcia mediterranea

Forty-five peaks (Figure S1) were detected for the first time in a WA-hex (Table 2) using LC/ESI/MS/MS in negative mode. Identifying major compounds was simplified by interpreting their MS/MS spectra, provided in our system resource and comparison with the literature. The 37 compounds identified were mainly paraconic and aliphatic acids, depsides (aromatic polyketides), phenolic compounds, and diterpenes. Only eight compounds could not be identified. The representative chemical structures are presented in Figure S2.

| No. | RT  | [M−H]− | TM    | MM   | MT       | Compounds Identification                  |
|-----|-----|---------|-------|------|----------|-------------------------------------------|
| 1   | 0.03| 146.9397| 147.9475| C4H4O6| A        | Dihydroxyfumaric acid                     |
| 2   | 1.80| 116.9276| 117.9354| C4H6O4| A        | Butendioic acid                           |
| 3   | 2.72| 187.0971| 188.1049| C6H16O2| A        | 3,5-dimethoxycyclohexane-1-carboxylic acid |
| 4   | 5.51| 163.0395| 164.0473| C9H8O3 | B        | p-Coumaric acid                           |
| 5   | 6.57| 227.1286| 228.1364| C12H20O4| A       | Trans-dodec-2-enedioic acid (traumatic acid) |
| 6   | 7.46| 282.2077| 283.2155| C16H29NO3| A       | N-dodecanoyl-L-Homoserine lactone          |
| 7   | 8.09| 174.9556| 175.9634| C9H4O7 | A        | 2-Hydroxy-3,4-dioxopentanedioc acid       |
| 8   | 8.15| 293.1762| 294.1840| C17H26O4| B        | Gingerol                                  |
| 9   | 14.37| 295.2280| 296.2358| C18H32O3| A        | 18-Hydoxylinoleic acid                    |
| 10  | 15.36| 177.0186| 178.0264| C9H6O4 | B        | 6,7-Dihydroxycoumarin (esculetin)         |
| 11  | 15.44| 373.0929| 374.1007| C19H18O8| C        | Atranorin                                  |
Table 2. Cont.

| No. | RT  | [M − H]− | TM       | MM               | MT             | Compounds Identification                                                                 |
|-----|-----|----------|----------|------------------|-----------------|-----------------------------------------------------------------------------------------|
| 12  | 16.47 | 407.0539 | 408.0617 | C₁₉H₁₇O₄Cl      | C               | Chloroatranorin                                                                           |
| 13  | 17.57 | 277.2175 | 278.2203 | C₁₈H₃₀O₂        | A               | Octadeca-9,12,15-trienoic acid (linoleneladic acid)                                       |
| 14  | 17.77 | 265.1480 | 266.1558 | C₁₅H₂₂O₄        | A               | (4E,6E,9E)-Pentadeca-4,6,9-trienedioic acid                                               |
| 15  | 18.03 | 253.2331 | 254.2249 | C₁₆H₃₀O₂        | A               | Palmitoleic acid                                                                          |
| 16  | 18.34 | 241.2173 | 242.2251 | C₁₅H₃₀O₂        | A               | Pentadecanoic acid                                                                        |
| 17  | 18.50 | 279.0936 | 280.2409 | C₁₈H₃₂O₂        | A               | Linoleic acid                                                                             |
| 18  | 18.91 | 255.2329 | 256.2407 | C₁₆H₃₂O₂        | A               | cis-9-Heptadecenoic acid (margaroleic acid)                                               |
| 19  | 19.15 | 255.2329 | 256.2407 | C₁₆H₃₂O₂        | A               | Palmitic acid                                                                             |
| 20  | 19.35 | 459.3271 | 460.3349 | C₂₅H₄₈O₇        | Unknown         | Unknown                                                                                  |
| 21  | 19.35 | 459.3271 | 460.3349 | C₂₅H₄₈O₇        | A               | Oleic acid                                                                                |
| 22  | 19.75 | 459.3272 | 460.3350 | C₂₅H₴₈O₇        | A               | Methyl glucose isostearate                                                               |
| 23  | 19.89 | 241.2173 | 242.2251 | C₁₅H₃₀O₂        | A               | Heptadecanoic acid (margaric acid)                                                        |
| 24  | 19.99 | 307.2645 | 308.2723 | C₂₀H₃₆O₂        | A               | 11,14-Eicosadienoic acid                                                                 |
| 25  | 20.07 | 457.3722 | 458.3800 | C₂₇H₅₄O₅        | Unknown         | Unknown                                                                                  |
| 26  | 20.18 | 295.2645 | 296.2723 | C₁₉H₃₂O₂        | A               | 10E-nonadecenoic acid                                                                     |
| 27  | 20.54 | 265.1480 | 266.1558 | C₁₅H₂₂O₄        | A               | Stearic acid (octadecanoic acid)                                                         |
| 28  | 20.82 | 209.2800 | 210.2878 | C₂₀H₃₈O₂        | A               | Eicosenoic acid (gondoic acid)                                                           |
| 29  | 21.71 | 311.2957 | 312.3035 | C₂₀H₄₀O₂        | A               | Arachidic acid (eicosanoic acid)                                                          |
| 30  | 22.62 | 297.1532 | 298.1610 | C₁₇H₃₂O₅        | Unknown         | Unknown                                                                                  |
| 31  | 22.77 | 339.3268 | 340.3346 | C₂₂H₴₄O₂        | A               | Docosanoic acid (behenic acid)                                                           |
| 32  | 23.08 | 309.1743 | 310.1821 | C₁₇H₃₂O₅        | D               | Portentol                                                                                 |
| 33  | 23.58 | 339.3268 | 340.3346 | C₂₂H₴₄O₂        | A               | Docosanoic acid (behenic acid)                                                           |
| 34  | 23.81 | 311.1689 | 312.1767 | C₁₉H₃₀O₆        | Unknown         | Unknown                                                                                  |
| 35  | 23.89 | 367.3579 | 368.3657 | C₂₄H₴₈O₂        | A               | Lignoceric acid (tetracosanoic acid)                                                      |
| 36  | 24.01 | 379.2266 | 380.2344 | C₂₃H₴₄O₂        | D               | Stephanol                                                                                 |
| 37  | 24.60 | 293.1793 | 294.1871 | C₁₉H₂₆O₄        | A               | Heptadecatrienedioic acid                                                                |
| 38  | 24.94 | 325.1844 | 326.1922 | C₁₄H₃₀O₅        | Unknown         | Unknown                                                                                  |
| 39  | 25.33 | 359.3895 | 360.3973 | C₂₅H₵₂O₂        | A               | Hexacosanoic acid or cerotic acid                                                        |
| 40  | 25.89 | 337.2055 | 338.2133 | C₁₉H₳₃₀O₅        | A               | 6-Oxoniadec-8,11-dienedioic acid                                                        |
| 41  | 26.10 | 339.2000 | 340.2078 | C₁₅H₃₂O₈        | Unknown         | Unknown                                                                                  |
| 42  | 26.24 | 381.2317 | 382.2395 | C₂₁H₳₃₄O₈        | A               | 19-Acetoxychlerstearic acid                                                              |
| 43  | 26.75 | 425.2581 | 426.2659 | C₂₃H₳₈O₇        | E               | Asebotoxin I                                                                              |
| 44  | 27.53 | 321.2106 | 322.2184 | C₁₆H₳₃₀O₄        | E               | Nonadecatrienedioic acid                                                                 |
| 45  | 27.85 | 304.9143 | 305.9221 | Unknown         | Unknown         | Unknown                                                                                  |

RT = retention time; TM = theoretical mass (m/z); [M − H]− = measured mass as negative ion (m/z); MM = molecular mass; MT = metabolite type; A = paraconic and aliphatic acids; B = phenolic compounds; C = depsides; D = cycloaliphatic compounds; E = diterpenes.

Twenty-nine paraconic and aliphatic acids were identified: peaks 1–2, 5–7, 9, 13–19, 21–24, 26–29, 31, 35, 37, 39, 40, 42, and 44 using UHPLC-ESI-MS-MS analysis [13,18]. Among these compounds is fumaric acid (Figure S2), a valuable compound used in food, beverages, detergents, animal feed, pharmaceuticals, and various industrial products [85–88].
Similarly, for traumatic acid, a phytohormone belongs to the class of cytokinins, a study has demonstrated its positive influence on oxidative stress parameters in normal human fibroblasts [89]. It is also effective against breast cancer cells and has potential anticancer properties and tumour prevention activity. Traumatic acid leads to decreased cell proliferation and viability, GSH/GSSG ratio, and thiol group content. It increased caspase activity, membrane lipid peroxidation, and ROS content, simultaneously reducing breast cancer cell growth through the influence of oxidative stress on apoptosis [90].

Three phenolic compounds were identified and assigned to peaks 4, 8, and 10 using UHPLC-ESI-MS-MS. Peak 4 and peak 10 were identified as \( p \)-Coumaric acid 6,7-Dihydroxycoumarin (Esculetin) (Figure S2) whose molecular anions were at \( m/z \) 163.0395 and 177.0186, respectively. To our knowledge, this is the first time that compounds such as these have been found in lichen material. They possess diverse biological and pharmacological properties, including anti-asthma, anti-inflammatory, anti-nociceptive, antioxidative, antitumor, and antiviral activities [91–97]. Gingerol, a phenolic compound (Figure S2), has been identified in the extract WA-hex. Its peak 8 would correspond to \([M - H]^-\) ion at 293.1762 (Table 2).

Peak 11 and 12 were identified as depsides: atranorin \([M - H]^-\) ion at \( m/z \) 373.0929 and chloroatranorin \([M - H]^-\) ion at \( m/z \) 407.0539, respectively (Table 2, Figure S2). Atranorin, a derivative of \( \beta \)-orcinol, is one of the most common secondary metabolites of lichen [98]. It is particularly present in the lichen families Cladoniaceae, Lecanoraceae, Parmeliaceae, and Streocaulaceae [99–101]. In the Physcia genera, there are \textit{Physcia caesia} [102], \textit{Physcia aipolia} [103,104], \textit{Physcia alnophila} [105], and \textit{Physcia sorediosa} [106]. In recent years, atranorin has been the most extensively studied. Indeed, it has shown antioxidant [107], antimicrobial [108], anti-inflammatory [109], antinociceptive [110], wound healing [111], and photoprotective properties [112]. Additionally, it exerted strong inhibitory effects on cancer cell proliferation, migration, and actin cytoskeleton organisation [113].

Portentol, peak 32 \([M - H]^-\) ion at \( m/z \) 309.1743 and Stephanol peak 36 \([M - H]^-\) ion at \( m/z \) 397.2266), which are cycloaliphatic compounds were also identified in WA-hex (Table 2, Figure S2). Likewise for asebotoxin I, a toxic diterpene has been identified at the peak 43 \([M - H]^-\) ion at \( m/z \) 425.2581. It was initially and only discovered in the plant \textit{Pieris japonica} [114], but our results show the opposite, i.e., that the compound can be detected in lichen species.

### 2.2.2. ME-hex Extract Analysis of \textit{Physcia mediterranea}

In the present study, the analysis of the phytochemical profile of ME-hex using UHPLC-ESI-MS/MS, in negative ion mode, resulted in the detection of 54 significant compounds indicated in Figure S3. Only four compounds could not be identified. The identified compounds are of paraconic and aliphatic acids, aromatic polyketides (depsides, depsones, and phenyl ethers), phenolic acids, sesquiterpenes lactones, triterpenes, carboxybenzaldehyde, and carboxyphthalide types (Table 3).

| N° | RT  | \([M – H]^-\) | TM   | MM     | MT     | Compounds                                           | MS\(^2\) Ions |
|----|-----|--------------|------|--------|--------|----------------------------------------------------|---------------|
| 1  | 2.72| 187.0970     | 188.1043 | C\(_9\)H\(_{16}\)O\(_4\) | A      | 3,5-Dimethoxycyclohexanecarboxylic acid            | 141.8670; 123.0807 |
| 2  | 2.75| 293.0669     | 294.0741 | C\(_{14}\)H\(_{14}\)O\(_7\) | A      | 6-(Hydroxymethyl)-3,5-bis(methoxycarbonyl)-2,4-dimethyloclohex-1-ene-1-carboxylic acid | 234.0530; 207.0695 |
| 3  | 3.08| 243.1239     | 244.1311 | C\(_{12}\)H\(_{20}\)O\(_5\) | A      | 3,5,6-Hydroxymethyl-2,4-dimethyloclohex-1-ene-1-carboxylic acid | 183.1025; 176.6474 |
| 4  | 3.15| 151.0393     | 152.0465 | C\(_8\)H\(_8\)O\(_3\) | B      | Atranol                                            | 123.0444; 105.0335; 81.0335 |
Table 3. Cont.

| N° | RT (min) | [M – H]^- (m/z) | TM (m/z) | MM (m/z) | MT | Compounds                                                                 | MS² Ions                                      |
|----|----------|-----------------|----------|----------|----|--------------------------------------------------------------------------|-----------------------------------------------|
| 5  | 3.20     | 225.1129        | 226.1201 | C₁₂H₁₈O₄ | A  | 5-Formyl-3-hydroxymethyl-2,4,6-trimethoxy-1-ene-1-carboxylic acid        | 207.1023; 97.0284                             |
| 6  | 3.47     | 199.0973        | 200.1046 | C₁₀H₁₆O₄ | A  | 3,5-Dihydroxy-2,4,6-trimethylcyclohexene-1-carboxylic acid               | 183.4492; 162.8385; 114.9508                  |
| 7  | 3.58     | 149.0237        | 150.0310 | C₆H₆O₃  | C  | 4-Formylbenzoic acid                                                    | –                                             |
| 8  | 3.82     | 241.1081        | 242.1153 | C₁₂H₁₈O₅ | A  | 5-Formyl-3,5-dihydroxy-2,4-dimethylcyclohex-1-ene-1-carboxylic acid      | 218.816; 172.6485                             |
| 9  | 4.10     | 201.1129        | 202.1202 | C₁₀H₁₈O₄ | A  | 2,4-Dihydroxy-3,5,6-trimethylcyclohexane-1-carboxylic acid               | 197.6263; 164.8350; 139.1124                  |
| 10 | 4.95     | 199.1337        | 200.1409 | C₁₁H₂₀O₃ | A  | 2-Hydroxy-10-undecenoic acid                                             | –                                             |
| 11 | 5.00     | 185.0006        | 186.0079 | C₄H₇ClO₂ | B  | Chloroatranol                                                            | –                                             |
| 12 | 5.21     | 169.0863        | 170.0936 | C₉H₁₄O₃ | A  | 4-Hydroxy-2,5-dimethylcyclohex-1-ene-1-carboxylic acid                   | 124.9796; 104.4180                           |
| 13 | 5.49     | 163.0392        | 164.0470 | C₆H₈O₃  | D  | p-Coumaric acid                                                          | –                                             |
| 14 | 5.60     | 209.1181        | 210.1253 | C₁₂H₁₈O₃ | A  | 6-(1-Oxopentyl)-1-cyclohexene-1-carboxylic acid                          | 146.9850; 105.0336                           |
| 15 | 5.87     | 215.1286        | 216.1359 | C₁₁H₂₀O₄ | A  | Undecanedioic acid                                                      | –                                             |
| 16 | 6.57     | 227.1288        | 228.1360 | C₁₂H₂₀O₄ | A  | trans-Dodec-2-enedioic acid                                              | –                                             |
| 17 | 7.44     | 282.2078        | 283.2150 | C₁₆H₂₆NO₃ | A  | N-Dodecanoyl-1-Homoserine lactone                                        | –                                             |
| 18 | 9.53     | 243.1601        | 244.1675 | C₁₃H₂₄O₄ | A  | Tridecanedioic acid                                                      | –                                             |
| 19 | 10.59    | 311.2230        | 312.2302 | C₁₈H₃₂O₄ | A  | 9Z-Octadecadienoic acid                                                  | –                                             |
| 20 | 10.87    | 233.1547        | 234.1619 | C₁₅H₂₂O₂ | E  | Fukinanolide                                                             | –                                             |
| 21 | 10.89    | 323.2230        | 324.2303 | C₁₆H₃₂O₄ | F  | allo-Protolichesterinic acid                                             | –                                             |
| 22 | 12.28    | 313.2388        | 314.2266 | C₁₈H₃₂O₄ | A  | Octadecanedioic acid                                                     | –                                             |
| 23 | 13.04    | 389.1245        | 390.1315 | C₂₀H₂₂O₈ | B  | 8-Hydroxydihftracta acid                                                 | –                                             |
| 24 | 13.34    | 293.2124        | 294.2202 | C₁₈H₃₀O₃ | A  | 2-Hydroxylinolenic acid                                                  | –                                             |
| 25 | 13.58    | 291.1968        | 292.2041 | C₁₈H₃₂O₃ | A  | a-Licanic acid                                                           | –                                             |
| 26 | 14.38    | 295.2279        | 296.2351 | C₁₈H₃₂O₃ | A  | 2-Hydroxylinoleic acid                                                   | –                                             |
| 27 | 14.40    | 295.2278        | 296.2352 | C₁₈H₃₂O₃ | A  | 18-hydroxylinoleic acid                                                  | –                                             |
| 28 | 15.19    | 297.2436        | 298.2508 | C₁₈H₃₄O₃ | A  | 9-Oxoocadecanoic acid                                                    | –                                             |
| 29 | 15.25    | 295.2280        | 296.2351 | C₁₈H₃₂O₃ | A  | Coriolic acid                                                            | –                                             |
| 30 | 15.36    | 297.2435        | 298.2508 | C₁₈H₃₂O₃ | A  | Ricinoleic acid                                                          | –                                             |
| 31 | 15.43    | 177.0187        | 178.0259 | C₆H₈O₄  | D  | 6,7-Dihydroxycoumarin                                                    | –                                             |
| 32 | 15.46    | 365.2330        | 366.2403 | C₂₁H₃₄O₅ | G  | Muronic acid                                                             | –                                             |
| 33 | 16.37    | 471.3481        | 472.3553 | C₃₀H₴₈O₄ | Unknown | Unknown                                                                  | –                                             |
| 34 | 16.47    | 210.9834        | 211.9873 | C₆H₅ClO₄ | H  | 7-chloro-3-oxo-1,3-dihydroisobenzofuran-5-carboxylic acid                 | 138.9948; 103.0180                           |
| 35 | 16.51    | 407.0540        | 408.0611 | C₁₉H₁₇ClO₄ | B  | Chloroatranorin                                                         | –                                             |
| 36 | 17.59    | 387.2544        | 388.2616 | C₂₄H₃₆O₄ | Unknown | Unknown                                                                  | –                                             |
| 37 | 17.68    | 389.1242        | 390.1314 | C₂₀H₂₂O₈ | I  | Leprolomin                                                               | –                                             |
| 38 | 18.04    | 253.2173        | 254.2244 | C₁₆H₃₀O₂ | A  | Palmitoleic acid                                                         | –                                             |
Table 3. Cont.

| N°  | RT     | [M – H]− | TM     | MM                | MT                        | Compounds                        | MS² Ions |
|-----|--------|----------|--------|-------------------|----------------------------|----------------------------------|---------|
| 39  | 18.33  | 241.2172 | 242.2245 | C₁₅H₃₀O₂         | A                          | Pentadecanoic acid               | –       |
| 40  | 18.35  | 455.3351 | 456.3605 | C₂₀H₄₆O₃         | G                          | Ursolic acid                     | –       |
| 41  | 18.50  | 279.2330 | 280.2403 | C₁₈H₃₂O₂         | A                          | Linoleic acid                    | –       |
| 42  | 18.66  | 299.2595 | 300.2667 | C₁₈H₃₆O₃         | A                          | 2-Hydroxyoctadecanoic acid       | –       |
| 43  | 18.78  | 279.2332 | 280.2403 | C₁₈H₃₂O₂         | A                          | Linoleic acid                    | –       |
| 44  | 19.16  | 255.2329 | 256.2401 | C₁₆H₃₂O₂         | A                          | Palmitic acid                    | –       |
| 45  | 19.49  | 281.2485 | 282.2559 | C₁₈H₃₄O₂         | A                          | Oleic acid                       | –       |
| 46  | 19.62  | 269.2488 | 270.2561 | C₁₇H₃₄O₂         | A                          | 15-Methylhexadecanoic acid       | –       |
| 47  | 19.89  | 269.2488 | 270.2561 | C₁₇H₃₂O₂         | A                          | Heptadecanoic acid               | –       |
| 48  | 20.07  | 327.2543 | 328.2616 | C₂₀H₄₀O₃         | A                          | 2-Hydroxyoctacosanoic acid       | –       |
| 49  | 20.54  | 283.2643 | 284.2716 | C₁₈H₃₆O₂         | A                          | Stearic acid (octadecanoic acid) | –       |
| 50  | 20.74  | 309.2801 | 310.2875 | C₂₀H₃₈O₂         | A                          | Eicosenoic acid (Gondoic acid)   | –       |
| 51  | 21.14  | 297.2801 | 298.2873 | C₁₉H₃₈O₂         | A                          | Nonadecanoic acid                | –       |
| 52  | 21.70  | 311.2957 | 312.3029 | C₂₀H₄₀O₂         | A                          | Arachidic acid (Eicosanoic acid) | –       |
| 53  | 22.68  | 637.4841 | 638.4908 | C₄₄H₆₆O₅         | Unknown                    | Unknown                          | –       |
| 54  | 24.51  | 605.3483 | 606.3561 | C₂₇H₄₇O₇         | Unknown                    | Unknown                          | –       |

RT = retention time (min); TM = theoretical mass (m/z); [M – H]− = measured mass as negative ion (m/z); MM = molecular mass; MT = metabolite type; A = paraconic and aliphatic acids; B = depsides; C = carboxybenzaldehyde; D = phenolic acids; E = sesquiterpene lactones; F = depsides; G = triterpene; H = carboxyphthalide; I = diphenyl ether.

Thirty-seven paraconic and aliphatic acids corresponding to peaks 1–3, 5, 6, 8–10, 12, 14–19, 22, 24–30, 38, 39, and 41–52 were identified using UHPLC/ESI/MS/MS analysis. 3,5-Dimethoxyacyclohexanecarboxylic acid (Figure 4) was identified as peak 1 (molecular anion at m/z 188.1043). The fragmentation of peak 1 produced ion at m/z 143.8651 [M – H – CO₂]−, and 141.8670 [M – H – CO₂]−. Peak 2, with an [M – H]− ion at m/z 294.0741, was identified as 6-(hydroxymethyl)-3,5-bis(methoxy carbonyl)-2,4-dimethylcyclclohex-1-ene-1-carboxylic acid (Figure 4). The fragmentation of peak 1 produced ion at m/z 294.0771 [M – H – CO₂]−, 234.0530 [M – H – CO₂ – CH₃]−, and 207.0695 [M – H – CO₂ – CH₃]−, confirming this compound. Peak 3 was identified as 3,5,6-hydroxyethyl-2,4-dimethylcyclclohex-1-ene-1-carboxylic acid (Figure 4), which showed a [M – H]− at m/z 244.1311. Major diagnostic daughter MS ions of the compound were [M – H – CO – CH₃OH]− and [M – H – H₂O₂]− (183.1025 and 176.6474 a.m.u., respectively). Peak 5 with a [M – H]− ion at m/z 226.1201 was identified as 5-formyl-3-hydroxymethyl-2,4,6-trimethylcyclclohex-1-ene-1-carboxylic acid (Figure 4). The fragmentation of the peak produced ions at m/z 207.1023 and 97.0284 confirming this structure. Peak 6 was identified as 3,5-dihydroxy-2,4,6-trimethylcyclclohexanecarboxylic acid (molecular anion at m/z 200.1046) (Figure 4). Major daughter ions of peak 6 were at m/z 183.4492, 162.8385, and 114.9508. Peak 8 with a [M – H −]− ion at m/z 242.1153 was identified as 4-O-demethylbaeomycesic acid, and their major diagnostic daughter MS ions were [M – H – CO₂]− and [M – H – 2CH₃OH]−, (218.8167 and 172.6485 a.m.u., respectively). The 2,4-dihydroxy-3,5,6-trimethylcyclclohexane-1-carboxylic acid (Figure 4) was identified as Peak 8 ([M – H]− at m/z 202.1202). The fragmentation of this compound produced three ions at m/z 197.6263, 164.8350 and 139.1124 confirming its structure. Peak 12 was identified as 4-hydroxy-2,5-dimethylcyclclohex-1-ene-1-carboxylic acid (Figure 4), which showed a [M – H]− peak at m/z 170.0956. Major diagnostic daughter MS ions were [M – H – CO]−, [M – H – CO₂]−, and [M – H – CO₃]− (193.0514, 140.9478, 124.9796, and 104.4180 a.m.u., respectively). Peak 14 was assigned to 6-(1-Oxopentyl)-1-cyclohexene-1-carboxylic acid (Figure 4) on its
resolution molecular anion at \( m/z \) 210.1253 \([\text{M} - \text{H}]^–\) peak. It produced major diagnostic MS ions at 164.8947, 146.9850, and 105.0336.

Figure 4. Chemical structure of Compound 3, 4, 5, 6, 8, 9, 12, 14, and 38 identified in the ME-hex of Physcia mediterranea by UHPLC/ESI/MS/MS.

According to the results (Table 3), four depsides compounds were identified corresponding to peak 4, 11, 23, and 35 in the ME-hex extract. Peak 4 was identified as atranol (Figure 5) (molecular anion at \( m/z \) 152.0465). The fragmentation of peak 4 also produced ions at 123.0444 \([\text{M} - \text{H} - \text{CO}_2]^–\), 105.0335 \([\text{M} - \text{H} - \text{CO}_2 - \text{H}_2\text{O}_2]^–\), and 81.0335 \([\text{M} - \text{H} - \text{CO}_2 - \text{H}_2\text{O}_2]^–\) confirming this compound. Chloroatranol and 8-Hydroxydiffractaic acid identified at peak 11 and 23, showed \([\text{M} - \text{H}]^–\) ions at \( m/z \) 186.0079 and 390.1315, respectively. This is also chloratranorin (Figure 5) at peak 35, which shows \([\text{M} - \text{H}]^–\) ions at \( m/z \) 408.0611.

A depsone named allo-protolichesterinic acid was also detected in ME-hex extract. It would correspond to the peak 21 and shows \([\text{M} - \text{H}]^–\) ions at \( m/z \) 324.2303. Moreover, two phenolic acids were identified, corresponding to peak 13 and 31: p-Coumaric acid and dihydroxyoumarin (Figure 5). They showed \([\text{M} - \text{H}]^–\) ions at \( m/z \) 164.0470 and 178.0259 respectively. Peak 34 was identified as 7-chloro-3-oxo-1,3-dihydroisobenzofuran-5-carboxylic acid (carboxyphthalide) (Figure 5), which showed a \([\text{M} - \text{H}]^–\) peak at \( m/z \) 211.9873. It produced major diagnostic MS ions at \( m/z \) 138.9948 and 103.0180, confirming this compound.
It is similar for the compounds fukinanolide (sesquiterpene lactones) at peak 20 and leprolomin (diphenyl ether) (Figure 5) at peak 37. They showed a [M − H]− peak at m/z 312.2302 and 366.2403 respectively. In the study by Zhang et al. (2016), fukinanolide, also called bakkenolide A, extracted from the plant Petasites tricholobus, showed anti-inflammatory properties in the treatment of leukaemia [115]. In the lichens group, the sesquiterpene has only been identified in Cetraria islandica [116].

Finally, two triterpenes, muronic acid at peak 32 and ursolic acid at peak 39, were also identified (Figure 5) and produced major diagnostic MS ions at m/z 390.1314, 456.3605. Muronic acid was previously identified in Usnea rubicunda, Usnea subfloridana [117], and Punctelia microsticta [118]. On the other hand, ursolic acid (3β-hydroxy-urs-12-ene-28-oic acid) is widespread in the vegetable kingdom [119]. The lichenic species Ramalina hierrensis [16], Ramalina hierrensis [120], Stereocaulon evolutum [121], and Pannaria tavaresii [122] also contain this compound.

2.3. NMR Analysis

1H and C13 NMR analysed the two samples from WA-hex and ME-hex. The results we obtained reveal the predominance of the secondary metabolite atranorin only in the WA-hex sample. The structure has been characterised, and the NMR spectra are compared with those of a previously isolated sample of Physcia sorediosa [106,123], demonstrated in Figures S4 and S5.

Atranorin (Figure 6) is the most common secondary metabolite in lichens and is mainly found on lichens’ surface (cortex) [124]. It acts as a photo-buffer because it reflects harmful UV rays to the thallus’s surface and allows the lichens to live in areas receiving intense solar radiation [125].
UV rays to the thallus’s surface and allows the lichens to live in areas receiving intense solar radiation [125].

Figure 6. Chemical structure of atranorin isolated from WA-hex of *Physcia mediterranea*.

Several factors can influence atranorin concentrations in lichens. They fluctuate with the seasons [126,127] and vary according to the habitat [128]. The method of preparation and extraction of lichens can also influence the concentration of this metabolite. Conventional organic solvents (such as hexane and acetone) are commonly used for its extraction as hydrophobic [129]. Our study used n-hexane with Soxhlet extraction method, which is of choice in studying organic analytes extracted from lichens [130]. It is still used to date to extract organic air pollutants, organochlorinated pesticides and insecticides from the lichen matrix [131,132].

According to Komaty et al. (2015), the lichen grinding method can affect the extraction efficiency and even be used to selectively increase the extraction efficiency of certain secondary metabolites such as atranorin [133]. To achieve a higher yield, use a blender instead of a ball mill, as it selectively grinds the cortex into a fine powder, which can be recovered from the larger medulla pieces. A ball mill or a mortar and pestle technique will reduce the whole lichen to powder, which will reduce the extraction efficiency of the atranorin [129]. *Pseudevernia furfuracea* is a lichen widely used as a raw material in the perfume and cosmetics industries due to its richness in aromatic compounds [33,134–137]. Microwave-assisted extraction of this lichen has increased atranorin extraction efficiency by a factor of five [133].

### 3. Materials and Methods

#### 3.1. Lichen Material

The saxicolous lichen specimen *Physcia mediterranea* Nimis was collected at Ain Tebib (Sector Oum tboul) on the rock, at an altitude of 120 m above sea level, coordinate 36°49′09″ N; 08°31′33″ E in June 2017 (Figure 7). Ain Tebib station is located in the national park of El Kala (80,000 ha). The collected lichen samples were packed in polyethylene bags and stored at 4 °C until further processed. Professor Monia Ali Ahmed has identified *Physcia mediterranea* Nimis (Figure 1), lichenologist and research director of the Pathology of Ecosystems team at the University of Badj-Mokhtar, Annaba, Algeria. Botanical description of *Physcia mediterranea* Nimis is in Figure S6. The identification was confirmed by Pr Jean Michel Sussey, lichenologist at the French Association of Lichenology (AFL). This sample has been deposited in Badj-Mokhtar University, Annaba, code AAM-1.
Figure 7. The topography of Algeria, indicating El Kala region boundaries (36°49' 09" N; 08°31' 33" E).

3.2. Sample Preparation

The lichens were washed with tap water to remove the dust and other foreign materials. The washed samples were dried under shade for a week. The lichen was ground using a grinder. The preparations were then pulverised into powdered form by using heavy-duty blender.

3.3. Preparation of Physcia mediterranea Extracts

The powder samples (24 g) of Physcia mediterranea Nimis were extracted with the solvent n-hexane (500 mL) using a Soxhlet extractor 24 h. After complete extraction, the solvent was evaporated using a rotary evaporator under reduced pressure to obtain n-hexane extract (1.026 g). It was then extracted with hot methanol (60 °C) to obtain two parts: insoluble precipitate representing lichen wax (WA-hex) and the methanol soluble part (ME-hex). Both extracts (WA-hex/ME-hex) were completely evaporated using a rotary evaporator under reduced pressure to obtain dry extracts (0.552 g/0.300 g), respectively.

3.4. Instrumentation and Analysis Parameters

In this present study, the chemical composition of the two fractions WA-hex and ME-hex of Algerian Physcia mediterranea Nimis was analysed using the HPLC-ESI-MS-MS method. Moreover, we combined GC-MS’s ability with the targeted metabolomics of HPLC-ESI-MS-MS methods to characterise the composition of n-hexane extract (ME-hex) for the first time. In addition, most compounds potentially present in the wax (WA-hex) are detected and characterised using the NMR method.

3.4.1. GC-MS Analysis

For the GC-MS analysis, an Agilent MS220 (Varian, Inc. Walnut Creek, CA, USA) mass spectrometer coupled to a 7890A GC. The oven temperature was initially set to 50 °C, held for 5 min, then a ramp of 30 °C/min was applied up to 270 °C that was held for an additional 5 min. MS spectra were acquired in EI mode with a mass range from 50 to 600 a.m.u. Before being injected into the GC-MS system, the ME-hex fraction was pre-esterified with diazomethane, in order to identify eventual less polar compounds in this fraction. It was then solubilised in dichloromethane and injected into the apparatus.

3.4.2. NMR Analysis

Proton 1H and carbon 13C NMR spectroscopy were recorded on a Bruker Advance III 400 MHz spectrometer (Bruker Scientific Inc, Billerica, MA, USA) at 400 MHz for proton and 100 MHz for carbon. The recovered WA was dissolved in deuterated solvent’s (CDCl3) (5 mg/mL), at room temperature. The solution was transferred to 5 mm outside diameter tubes, and the spectra were acquired at room temperature. The deuterated solvent’s residual peak signal was for 1H spectra at 7.26 ppm and 13C spectra at 77.2 ppm. The
chemical deviations (δ) are expressed in parts per million (ppm) and the coupling constants (J) in Hertz. The data was processed using TOPSPIN 3.5 software (Bruker Scientific Inc.).

3.4.3. HPLC-ESI-MS-MS

The method was carried out on an orbitrap Thermo q-Exactive mass spectrometer coupled to a Vanquish HPLC. A Kinetex XB-C18 (Phenomenex) with a particle size of 2.6 microns, 100 mm of length, and a diameter of 2.1 mm was used as a column. The mobile phases were 0.1% formic aqueous solution (A) and, acetonitrile (B). The gradient program (time (min), % B) was: (0.00, 50); (20.00, 100); (25.00, 100); (26.00, 50). The flow rate was 0.200 mL min⁻¹ and the injection volume was 10 µL.

The ionisation electrospay in negative mode was used. The following analysis parameters were: electrospray voltage −3.8 kV, sheath gas flow rate, 30; auxiliary gas unit flow rate, 10; drying gas temperature, 310 °C; capillary temperature, 320 °C; S-lens and RF level, 55. The acquisition was performed in a mass range from 100 to 1000 a.m.u. An auto MS2 program was used with a fragmentation voltage of 30.

4. Conclusions

Knowledge of the chemical constituents of lichens is invaluable as this information will be useful for the synthesis of potential new chemical substances. Many researchers report such phytochemical screening of various lichens [103,106,116,117,123,124]. A growing body of evidence indicates that lichens’ secondary metabolites play an essential role in human health and may be nutritionally important [24,26,27,29–31,58,112,118–120]. In the present study, we have identified and chemically characterised Algerian Physcia mediterranea Nimis for the first time. The extraction of these metabolites was carried out with hot hexane. A methanol-crystallisation process allowed us to characterise and identify the atranorine depside, as a major component of lichen wax. In this work, several aromatic acids, a kaurane, and fatty acids have been identified by GC-MS of ME-hex. The UHPLC-ESI-MS-MS technique has been used to analyse the crystallised fraction, WA-hex, whose major product is atranorin and chloroatranorin with the minority products identified. In ME-hex fraction, this technique identifies paraconic and aliphatic acids, depsides, depsones, phenolic compounds, sesquiterpenes, triterpenes, and phenyl ethers in addition to other minority derivatives. This study reveals for the first time the different compounds of Physcia mediterranea considered as a rare international species; furthermore, it highlights the importance of the lichens of Algeria as a promising source of bioactive molecules.

Supplementary Materials: The following are available online, Figure S1 (UHPLC/ESI/MS/MS chromatogram of Physcia mediterranea (WA-hex)). Figure S2: Chemical structure of Compounds identified in WA-hex of Physcia mediterranea by UHPLC/ESI/MS/MS. Figure S3: UHPLC/ESI/MS/MS chromatogram of Physcia mediterranea (ME-hex). Figure S4: 1H NMR spectrum of WA-hex, 400 MHz. Figure S5: C13 NMR spectrum of WA-hex, 100 MHz. Figure S6: Botanical description of Physcia mediterranea Nimis collected in El Kala region (Algeria).

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Sample Availability: Samples of all compounds used in the study are available from the authors.

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