INTRODUCTION

Tumour is considered as one of the most serious threats to humankind. Annually, it causes more than 13% of all human deaths, among them, 70% of all tumour deaths occurred in low and middle-income countries. WHO estimates of death due to tumour worldwide are an estimated 12 million deaths in 2030. Breast tumour is the most common in women and one-third of the women with breast tumour develop metastases that ultimately results in death. In 1970, the MCF-7 cell line was noticed after that MCF-7 cell has become a prominent model system for the study of breast tumour. Most of the tumors initially respond to chemotherapy, similarly breast tumour cells can subsequently survive and gain resistance to the chemo treatment [1-3]. The discovery of new antitumor drug with low side effects on the human system has become an essential goal in many studies.

Marine organisms are the rich sources of structurally novel and biologically active metabolites. So far, many unique compounds of marine origin with different biological activities have been isolated and a number of them are under investigation [4-7]. The discovery of antitumor drugs derived from natural marine products has enjoyed in the past few years, especially after the approval of trabectedin [8]. As the first marine-derived antitumor drug to reach the market, trabectedin was first identified to be a tetrahydropyridosquinooline alkaloid derived from a Caribbean tunicate in 1990 [9]. Alkaloids of marine origin are widely distributed in marine sponges with widespread biological activity [10].

Screening of organic solvent extracts from marine sponges and other marine organisms is a common approach to identify compounds of biomedical importance. Marine sponges that have been considered as goldmine during the past 50 y, with respect to the diversity of their secondary metabolites. The biological effects of new metabolites from sponges have been reported in many scientific papers. Sponges have the potential drugs of the future to act against important diseases, such as tumour, a range of viral diseases, malaria and inflammations. In recent years, there has been an increased need for new chemotherapeutic agents, as the emergence of drug resistance in tumour poses a significant clinical problem. The present study was conducted to screen the cytotoxicity and initiation of apoptosis in MCF-7 breast tumour cells using the Indian sponge Acanthostylotela cornuta of the Gulf of Mannar.

MATERIALS AND METHODS

Chemicals, reagents and solution

Methanol, phenol, chloroform, isoamyl alcohol and propidium iodide were purchased from Sigma-Aldrich. All statins were obtained from Himedia. Geno Technology provided RNase, agarose and ethidium bromide.

Collection and extraction of the marine sponge

Marine sponge A. cornuta from the Gulf of Mannar, southeast coast of India were collected and identified based on the identification characters given by Thomas 1998 [11]. Sponge was rinsed with sterile distilled water, cut into small pieces, air dried at room temperature for 4 d, weighed and repeatedly extracted with methanol. The extracts were kept overnight in a refrigerator and filtered. All solvent extracts were pooled evaporated and concentrated in a rotary vacuum evaporator under reduced pressure. The crude extract was used for cytotoxicity assay [12] against MCF-7 breast tumour cells (MCF-7 was obtained from the National Center for Cell Science, Pune, India).

Column fractionation

The crude methanol extract of A. cornuta was fractionated using reversed phase silica gel column chromatography (230-400) with a column size of 4x2 cm using a step gradient of increasing polarity
from hexane to acetone to methanol. The different column fractions were collected and the purity of the active fraction was confirmed by Gas Chromatography-Mass Spectrometry (GC-MS) library. Each fraction was used for cytotoxicity against MCF-7 breast tumour cells with 10µg/ml concentration.

DNA fragmentation
Bromopyrrole compounds treated cells as well the untreated cells of 106cells were pelleted and re-suspended in 1 ml of lysis buffer for cellular DNA extraction by protease K digestion [13]. The mixture was incubated overnight at 55 °C and then at 37 °C for 30 min with 0.25 mg/ml of RNase. DNA was extracted by phenol: chloroform: isomyl alcohol (25:24:1) mixture, precipitated in ethanol and loaded on a 2% Agarose gel containing ethidium bromide (0.6 µg/ml), at 80 Volts. The gels were then photographed under UV light.

Cell cycle analysis
Bromopyrrole compounds treated and untreated MCF-7 cells were harvested and centrifuged at 3000 rpm for 3 min at 4 °C. The cells were washed once with cold PBS (phosphate buffer saline) and harvested again by centrifugation under the same condition. Then, 150 µl of propidium iodide in water solution (propidium iodide 50µg/ml, sodium citrate 0.1% and nonidet P-40 0.2%) was added into each tube and the cells were stained at 4 °C for 30 min. Then the cells were analyzed by Flow cytometry to determine their DNA content (using the computing system, XLII (Coulter)).

Annexin-V staining
Bromopyrrole compounds treated MCF-7 cells were harvested and centrifuged at 3000 rpm for 3 min at 4 °C. The cells were washed once with cold PBS (phosphate buffer saline) and harvested again by centrifugation under the same condition. Then, 150 µl of propidium iodide in water solution (propidium iodide 50µg/ml, sodium citrate 0.1% and nonidet P-40 0.2%) was added into each tube and the cells were stained at 4 °C for 30 min. Then the cells were analyzed by Flow cytometry to determine their DNA content (using the computing system, XLII (Coulter)).

Hoechst staining
Bromopyrrole compounds treated and untreated MCF-7 cells were harvested by trypsin-EDTA digestion, washed in serum-free DMEM, and stained by incubation with Annexin-V-Fluos label solution at 37 °C for 15 min. The label solution was prepared shortly before use by prediluting 20µl Annexin-V-fluorescein isothiocyanate (FITC) (Roche Molecular Biochemicals) and 20µl of 50µg/ml propidium iodide in 1 ml Hepes buffer. Staining cells simultaneously with FITC-Annexin-V (green fluorescence) and the non-vital dye propidium iodide (red fluorescence) allows (bivariate analysis) the discrimination of intact cells (FITC-PI-), both early apoptotic (FITC+PI-) and late apoptotic (FITC+PI+).

Propidium iodide staining
Propidium iodide is used as a marker of cell death and as well as for analysis of nuclear morphology of dead cells. Bromopyrrole compounds treated cells were stained with propidium iodide (20µg/ml 5 min) on glass coverslips. The cells were visualized by confocal laser scanning microscopy and apoptotic nuclei were observed.

Determination of caspase activity
Caspase activation was measured using a caspase colorimetric assay kit as described by the manufacturer (Geno Technology). Cultured monolayer of cells in the dishes was exposed to 1 ml of MEM medium containing defined different concentrations of the bromopyrrole compounds then protein was estimated using biinchoninic acid assay (BIA), 10µg protein (cellular extract) was diluted in 50 µl cell lysis buffer and then incubated in 96-well microtiter plates with 5 µl of the 4 mmol p-nitroanilide (pNA) substrates (DEVD-pNA for caspase-3 activity and Ac-LEHD-pNA for caspase-9 activity) for 2 h at 37 °C. Caspase activity was measured by cleavage of the substrates to free pNA. Free pNA (cleaved substrates) was measured by absorbance at 405 nm in a microtiter plate reader. Relative caspase-3 and caspase-9 activities were calculated.

Western blotting analysis
20µg aliquots of protein extracts from bromopyrrole compounds treated and untreated MCF-7 cells were separated on 10% SDS polyacrylamide gels. After electrophoresis, the proteins were blotted onto polyvinylidene difluoride membranes (PVDF). The membranes were blocked with 5% non-fat milk in PBS plus 0.1% Tween-20 and then incubated with primary antibodies (monoclonal rabbit anti-PARP) to the Poly-ADP-ribose-polymerase (PARP). The secondary antibody (anti-mouse coupled to horse-radish peroxidase) was added (1:2000 dilution) and kept for 1 h at room temperature. Finally, the protein was visualized using the ECL detection kit (Amersham) and exposing the membranes to X-ray film (HYPERFILMTM, Amersham).

Cell viability assay
This assay is a quantitative colorimetric method for the determination of cell survival and cytotoxicity. The crude methanol extract of the marine sponge A. cornuta in different concentrations (7, 14, 21, 28, 35 and 42 µg/ml), and its nine column fractions with 10 µg/ml and different concentrations of the 9th column fraction (Bromopyrrole compounds) (1, 3, 7, 12, 15, 18 and 21 µg/ml) were subjected to MTT assay. 1 ml of MCF-7 cell suspension (10⁶ cells/ml) were seeded in each well and incubated at 37 °C for 48 h in 5% CO₂ for the formation of a confluent monolayer. 200 µl of MTT (5 mg/ml) solution and 1 ml of DMSO with a particular concentration of the extract were added to each well and left for 45 sec. Controls were maintained with only DMSO throughout the experiment. Absorbance was measured at 570 nm with an ELISA plate reader. The bromopyrrole alkaloid concentrations required to inhibit growth by 50% (IC₅₀) were calculated.

RESULTS
The crude methanol extract of the marine sponge Acanthostylotela cornuta showed dose-dependent cytotoxic activity against MCF-7 cells (fig. 1). Out of nine column fractions, 9th column fraction showed the highest activity of 52% inhibition of cells at 10µg/ml concentration (fig. 2). The activity of 9th column fraction was dose-dependent and the IC₅₀ value of the 9th column fraction (bromopyrrole compounds) concentration inhibiting the mean growth value by 50% was calculated as 8.0µg/ml (fig. 3). GC-MS spectrum of the bioactive 9th column fraction as 8.0µg/ml (fig. 3). GCMS spectrum of the bioactive 9th column fraction showed molecular ions at m/z 225, 190 and 268 suggesting the presence of 2-Bromo-6-chloro-4-fluoroaniline, 5-bromopyrrole-2-carboxylic acid and 3-Acetyl-6-bromocoumarin respectively, with reference to previous literature of GC-MS library (fig. 4).
Fig. 2: Cytotoxicity of column fraction of marine sponge *Acanthostylotela cornuta* against MCF-7 cells in 24 h in MTT assay

Fig. 3: Dose-dependent cytotoxicity of column fraction AC-9 (bromopyrrole compounds) of marine sponge *Acanthostylotela cornuta* against MCF-7 cells in 24 h in MTT assay

Fig. 4: GCMS spectrum of bromopyrrole compounds
Agarose gel of electrophoresis of the DNA Fragmentations of MCF-7 breast tumour cells treated with different concentrations of bromopyrrole compounds such as 6, 7, 8, 9, 10 and 11 µg/ml (Lane L1, L2, L3, L4 and L5) was performed (fig. 5). Fragmented DNA showed a ladder-like pattern while Lane M was the molecular marker and lane C was the negative control (untreated cells). Lane L3 showed high ladder pattern of DNA of the treated MCF-7 breast tumour cells at the concentration of 8µg/ml whereas, L2 and L4 showed low ladder patterns of DNA of the Bromopyrrole compounds treated MCF-7 breast tumour cells at 7 and 9µg/ml respectively.

![Fig. 5: DNA fragmentation analysis in MCF-7 breast tumour cells treated with bromopyrrole compounds for 24h; Molecular weight(Lane M) marker 500 bp DNA ladder](image)

The bromopyrrole compounds treated and untreated cells were stained using Annexin-V and morphologies were immediately observed using fluorescence microscopy. Cells treated with 8µg/ml, showed an increase in both propidium iodide positive dead cells (Red colour), Annexin-V fluorescein isothiocyanate (FITC) positive cells (green colour), and cells which are both propidium iodide and Annexin-V FITC positive (scattered greens orange) indicating that treatment with the bromopyrrole compounds in MCF-7 cells causes apoptosis (fig. 6).

![Fig. 6: Bromopyrrole compounds induces apoptotic morphological changes in MCF-7 cells](image)

The bromopyrrole compounds treated and untreated cells were stained by Hoechst and morphologies were immediately observed using confocal microscopy. Untreated control cells exhibited blue-nuclei, whereas 8µg/ml of the bromopyrrole compounds treated cells exhibited blue-nucleus with fluorescence, showing condensed chromatin and DNA fragmentation as bright blue areas (fig. 7).

![Fig. 7: Bromopyrrole compounds induces DNA fragmentation and chromatin condensation in MCF-7 cells](image)

The bromopyrrole compounds induces apoptotic morphological changes in MCF-7 cells treated with 8µg/ml for 24h and the cells were stained by Propidium iodide and morphologies were immediately observed using confocal microscopy. The bromopyrrole compounds induced cells exhibited scattered red fluorescence, showing the presence of several residual bodies and condensation of chromatin (fig. 8). The low percentage of cells with apoptotic nuclei in control cultures did not result in detectable changes.

![Fig. 8: Bromopyrrole compounds induces apoptotic bodies in MCF-7 cells](image)

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![Fig. 9: Activities of caspases-3 and caspases-9 in MCF-7 breast tumour cells (bars represent mean±SD of three replicates; *P<0.05; **P<0.005)](image)
The percentages of caspase-3 activities of treated MCF-7 breast tumour cells were 141.6, 201 and 285.3 in 5, 8 and 11µg/ml respectively (fig. 9). The percentages of caspase-9 activity of treated MCF-7 breast tumour cells were 115.3, 176 and 238.6 in 5, 8 and 11µg/ml respectively. Statistical analysis between treatments with IC\textsubscript{50} (8µg/ml) concentration and without inhibitor (control cells) using paired two-tailed Student's \textit{t}-test with \textit{P}-values<0.05 were considered as significant. The significant caspase activities of the tumour cells were comparable to the standard antibiotic camptothecin (10µg/ml).

Detection of caspase-3, procaspase-9, caspase-9 and PARP were performed by Western blot analysis which showed 17 kDa, 46 kDa, 37 kDa and 85 kDa fragments of the active-3, procaspase-9, caspase-9 and PARP formed upon treatment of MCF-7 breast tumour cells with bromopyrrole compounds. Western blot analysis of caspase-3, procaspase-9, caspase-9 and PARP activation of MCF-7 breast tumour cells treated with two different concentrations via 7 and 8µg/ml (Lane L1 and L2) was performed. Caspase-3, procaspase-9, caspase-9 and PARP activity levels were higher in 7µg/ml whereas activity level was lower in 8µg/ml (fig. 10).

Apoptosis characteristics were further verified by Fluorescence Activated cell sorter (FACS) analysis, which showed the presence of apoptotic peak in sub-Go/G1 and Go/G1 phases (fig. 11). MCF-7 cells treated with 6, 8, and 10 µg/ml of the bromopyrrole compounds displayed a dose-dependent. Accumulation of apoptotic cells and the apoptosis percentage of cells at the sub Go/G1 population increased by 1.82%, 7.2% and 8.35% respectively as compared to the untreated control (2.3%). Similarly, the apoptosis percentage of cells at the G0/G1 population increased by 61.72%, 65.9% and 67.29% respectively as compared to the untreated control (55.12%).

**DISCUSSION**

Marine sponges contain a number of biodynamic compounds of therapeutic value. These compounds are providing valuable ideas for the development of new drugs against tumour. Many compounds from marine sponges have been reported to have antitumour activity in vitro [14], but there are no reports about Indian sponge Acanthostylotela cornuta against tumour cells. The results of this study indicate that there may be bromopyrrole compounds in A. cornuta which induce cytotoxic action against MCF-7 tumour cells and initiate cell death. The American national tumour institute guidelines have guideline for extracts at 50% inhibition (IC\textsubscript{50} value) of proliferation as less than 30µg/ml [15]. A. cornuta methanol extracts exhibited antitumour activity against MCF-7 tumour cells, with an IC\textsubscript{50} value of less than 30µg/ml on the cell lines used. IC\textsubscript{50} value of A. cornuta column fraction of bromopyrrole compounds as 8µg/ml for MCF-7 tumour cell, though considered potent, was high when compared to IC\textsubscript{50} of 0.28µg/ml of marine sponge Dactylia sp., which was interestingly cytotoxic against murine leukemia cell line P388 by Sato et al., [16]. This may be because, the column fraction may be only partially pure and the observation of an IC\textsubscript{50} of 8µg/ml indicated that it might yield potent and more active pure compound, as evidenced from the increase in activity from crude extract to column fraction. However, it was low IC\textsubscript{50} when compared to the Mediterranean sponge Axiellina damicornis (IC\textsubscript{50} of 40µg/ml) against human cervix carcinoma HeLa S3 cells reported by Aiello et al., [17] and the Mediterranean sponge Axiellina verrucosa having the IC\textsubscript{50} of 10µg/ml against PC12, HeLa, and L5178y cells reported by Aiello et al., [18].
The overall investigation of cytotoxic activities of the bromopyrrole compounds of *A. cornuta* revealed that the active constituents obtained by the more polar solvent in the extraction process were responsible for the antitumor properties in this sponge. The biologically selective activity of any compound might depend on the type of chemical composition and the concentration of active constituents as well as the type and developmental stages of the tumor [19]. One of the biochemical characteristics of apoptosis is the cleavage of DNA into fragments consisting of 180-200 base pairs and the generation of typical DNA ladder on gel electrophoresis [20]. These cleavages in DNA of MCF-7 tumor cells may be induced by the bromopyrrole compounds from *A. cornuta*.

The present study reports, the evidence that a bromopyrrole compounds of *A. cornuta* induce apoptosis in tumor cells by caspase activation that has cytotoxic effect in vitro against tumor cells at least in part through induction of apoptosis via caspase-9 (mitochondrial) pathway. Induction of apoptosis *in vitro* was associated with caspase-3 activation [21]. According to Reiner et al., caspase-3 was responsible for many of the morphological and biochemical features of apoptosis, where the process occurs in a systematic and deliberate manner which involves a series of activation of enzymes such as cysteine proteases (caspases) and endonucleases. The present study reveals that the bromopyrrole compounds induce apoptosis with affecting mitochondrial regulation. According to Nicholson et al., 2002 fragmentation of 116 kDa PARP proteins into 85 kDa fragments was the evidence of apoptosis. Results of the present study also showed that active fractions of *A. cornuta* cleaved 116 kDa PARP protein into 85 kDa fragments. Thus the bioactive bromopyrrole compounds in *A. cornuta* are capable of inducing apoptosis in MCF-7 cells via the mitochondria-mediated pathway, which results in the activation of caspase-9, caspase-3 and degradation of PARP. This study also defines those events, most of which are used as biomarkers of apoptosis, that are associated with bromopyrrole compounds of *A. cornuta* induced apoptotic cell death. Activated caspase-3 was responsible for the proteolytic degradation of poly ADP-ribose polymerase, which occurs at the onset of apoptosis [24]. It has been reported that the central mechanism of apoptosis is evolutionarily conserved, and that caspase activation is an essential step in the complex apoptotic pathway [25]. The presented data, therefore, provides important evidence that compounds of *A. cornuta* induced MCF-7 cell death in apoptosis. The results of annexin-V staining analysis revealed that the bromopyrrole compounds of *A. cornuta* induced the early stage of apoptosis due to membrane phospholipids redistributing from the inner to the outer leaflet of the membrane bilayer. One of the hallmarks of the early stage of apoptosis is that membrane phospholipids such as phosphatidyl-serine and phosphatidyl-ethanolamine redistribute from the inner to the outer leaflet of the membrane bilayer where they are exposed on the cell surface [26]. Externalization of phosphatidylserine residues to the outer plasma membrane leaflet lowers their detection via their high affinity for annexin-V, a phospholipid binding protein. The results of Hoechst staining revealed that the bromopyrrole compounds of *A. cornuta* induced the nuclear condensation. In the same manner, the apoptosis is induced by the bromopyrrole compounds of *A. cornuta* was also confirmed by staining the cells using Propidium iodide (PI) fluorescence dye. Additionally, the results of the PI staining revealed the nuclear condensation and cell fragmentation into apoptotic bodies. These distinct characteristics of apoptotic process in all the treated tumor cells suggest that the mode of cell death triggered by the bromopyrrole compounds of *A. cornuta* might be the process of apoptosis. These processes in apoptosis are recognized as a novel strategy for identification of antitumor drugs [27].

Regulation of the tumour cell cycle is one of the strategies in the development of antitumor drugs [28]. In the present study, the result of cell cycle analysis determined by flow cytometry analysis showed that the compound could arrest the cell cycle in a dose-dependent manner in MCF-7 cells. The apoptotic rate contrastly increased after treatment with high concentration. The observations with cell cycle progression revealed that pre-exposure to the compound induced G0-G1-phase cell cycle arrest. This showed that the compound inhibited the proliferation of MCF-7 cells through the inducement of cell apoptosis. According to Ormerod et al., 2002 the visibility of "sub-G0" peak (hypodiploid DNA peak) by flow cytometry with other supporting information can be taken as definite evidence for the apoptotic cell population. Results of this method of measuring apoptosis would provide stronger evidence that apoptosis indeed was induced in the cell lines after treatment with the compound. The cell cycle arrest is conceivable that the compound prevented the progression of cell cycle through the G phase resulting from inhibition of survival, leading them to undergo apoptosis. The arrest of G phase by the bromopyrrole compounds of *A. cornuta* clearly indicated its nature as that of antitumor drugs.

**CONCLUSION**

In conclusion, the data reported here indicate that the bromopyrrole compounds of *A. cornuta* inhibits growth and proliferation by arresting the cell cycle at the G2 phase, and induces apoptosis in MCF-7 cells. This apoptosis was mediated by the activation of intrinsic caspase cascade, in MCF-7 cells. Thus the present study provides supportive data for the antitumor potential of the bromopyrrole compounds of *A. cornuta*.

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**AUTHORS CONTRIBUTIONS**

All the author have contributed equally

**CONFLICT OF INTERESTS**

Declared none

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