Acoustic and Optical Properties of a Fast-spinning Dielectric Nanoparticle

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Nanoparticles levitated in vacuum can be set to spin at ultimate frequencies, limited only by the tensile strength of the material. At such high frequencies, drastic changes to the dynamics of solid-state quantum excitations are to be expected. Here, we theoretically describe the interaction between acoustic phonons and the rotation of a nanoparticle around its own axis, and model how the acoustic and optical properties of the nanoparticle change when it rotates at a fixed frequency. As an example, we analytically predict the scaling of the shape, the acoustic eigenmode spectrum, the permittivity, and the polarizability of a spinning dielectric nanosphere. We find that the changes to these properties at frequencies of a few gigahertz achieved in current experiments should be measurable with presents technology. Our work aims at exploring solid-state quantum excitations in mesoscopic matter under extreme rotation, a regime that is now becoming accessible with the advent of precision control over highly isolated levitated nanoparticles.

I. INTRODUCTION

Levitiated nanoparticles in high vacuum [1–3] have attracted interest due to their excellent isolation from the environment paired with the ability to optically detect their position with high precision. Recent advances have rendered it possible to control the translational motion of such nanoparticles at the level of single quanta [4–10]. At the same time, there is a growing level of control over their rotational degrees of freedom [11–18]. More recently, attention has been focused on the solid-state quantum excitations of nanoparticles [19–21]. The latter is motivated by the fact that well-isolated nanoparticles can be used to study solids at the mesoscopic scale, where their quantum excitations can be highly discretized and long lived [22], and their dynamics may consequently be radically different from bulk solids and non-isolated mesoscopic systems. Internal solid-state quantum excitations (e.g., acoustic phonons, magnons, or plasmons) should not be confused with the internal degrees of freedom of nanoparticles embedded with quantum emitters [15, 23–27].

In this context, a key advantage of levitated nanoparticles is the possibility to spin them at the highest frequencies, limited only by the cohesion of the material [16–18, 28]. This situation offers the unique opportunity to study the mesoscopic internal physics of a nanoparticle under extreme rotation. In this paper, we start to address this research direction in the simplest case of a spinning spherical nanoparticle.

In Sec. II, we model the spinning nanoparticle as a linear elastic rotor the vibrations of which can be described using linear elasticity theory. A brief introduction to linear elastodynamics is given in Appendix A. In Sec. II A, we construct the Hamiltonian of a nanoparticle spinning at a frequency spectrum. Moreover, we find that nonlinear elastic effects could already be detected at such frequencies. We remark that related studies and experiments have been performed for levitated droplets of classical [29–31] and superfluid liquid [32–35] as well as with graphene nanoplatelets [14].

This paper is structured as follows: In Sec. II, we develop a general theory to describe the coupling of the rotational and vibrational degrees of freedom of a linear elastic rotor of arbitrary shape. In particular, we obtain the Hamiltonian governing the dynamics of the phonon field of a body spinning at a fixed frequency. We then use this model to infer how the shape, the acoustic eigenmode spectrum, and the permittivity are modified under rotation. For the particular case of a spherical particle, we also describe the change of the electric polarizability. In Sec. III, we study the dependence of these properties on the rotation frequency for the particular case of a levitated dielectric nanosphere, using parameters corresponding to the experiment reported in Ref. [17]. We conclude and provide an outlook for further research directions in Sec. IV. Appendix A contains a review of the core concepts of elastodynamics which we use to model acoustic excitations. In Appendix B, we extend this theory to account for the spinning of the entire body and sketch how its general Lagrangian can be justified. In Appendix C, we revise the phonon eigenmode structure of a resting sphere and provide details on our model for the particular case of a spinning spherical nanoparticle. In Appendix D, we describe at which rotation frequencies nonlinear elastic effects start to appear.

II. THEORETICAL MODELING

We model the spinning nanoparticle as a linear elastic rotor the vibrations of which can be described using linear elasticity theory. A brief introduction to linear elastodynamics is given in Appendix A. In Sec. II A, we construct the Hamiltonian of a nanoparticle spinning at a
A given frequency starting from the general Lagrangian of a linear elastic rotor of arbitrary shape. In Sec. IIIB, we discuss the influence of rotation on the shape and acoustic properties of the spinning nanoparticle by analyzing this Hamiltonian. In Sec. IIIC, we approximate how rotation modifies the optical properties of the nanoparticle due to changes in its shape.

## A. Spinning Nanoparticle

A linear elastic rotor has translational, rotational, and vibrational degrees of freedom, described by its center of mass position \( \mathbf{r}_{\text{cm}}(t) \), Euler angles \( \mathbf{\Omega}(t) \), and displacement field \( \mathbf{u}(\mathbf{r}, t) \), respectively. In this work, we focus on nanoparticles levitated in a harmonic potential. Rotational and vibrational degrees of freedom then decouple from the center of mass and their joint evolution can be described by the Lagrangian

\[
L = \int_B \left[ \frac{\rho}{2} \dot{\mathbf{u}}^2 - \frac{1}{2} S^{ijkl} C_{ijkl} \right] d\mathbf{r} + \frac{1}{2} \omega^2 \mathbf{I} \mathbf{u} \mathbf{u}^T \tag{1}
\]

which can be justified from first principles; see Appendix B. The first term is the standard Lagrangian of linear elasto-dynamics [36, 37]. The displacement field \( \mathbf{u}(\mathbf{r}, t) \) indicates the time-dependent displacement of an infinitesimal volume element of the elastic body \( B \) from its equilibrium position \( \mathbf{r} \), relative to a comoving and corotating body frame. As detailed in Appendix B, corotating means moving implies that this reference frame has the same rotation axis along \( \mathbf{\Omega} \). Equation (3) states that the displacement field is accelerated by different force densities: The first term on the right-hand side describes the elastic restoring force opposing the displacement \( \mathbf{u}(\mathbf{r}, t) \) which deforms the nanoparticle. The second and third terms correspond to the centrifugal forces that act at each point \( \mathbf{r} + \mathbf{u}(\mathbf{r}, t) \) of the deformed nanoparticle. There is a second set of equations of motion which describe vibrations lead to a dynamical modulation of the rotation and vice versa.

In this work, we focus on the impact that fast spinning has on the displacement field. To this end, we assume that fluctuations of the rotation frequency and axis can be neglected. This assumption is supported by recent reports on high frequency stability already for rotations in the megahertz regime [38]. The frequency \( \omega \) is then a constant parameter and the displacement field \( \mathbf{u}(\mathbf{r}, t) \) is the only remaining degree of freedom, governed by the dynamical equation Eq. (3). We therefore base our discussion on the Hamiltonian corresponding to the Lagrangian Eq. (1) in the case of a fixed rotation frequency; see Eq. (B16). We express the Hamiltonian in terms of the eigenmodes \( \mathbf{w}_\gamma(\mathbf{r}) \) of a nonrotating nanoparticle. These eigenmodes are eigenvectors of the differential operator \( \mathcal{D} \)

\[
\mathcal{D} \mathbf{w}_\gamma(\mathbf{r}) = -\rho\omega^2 \mathbf{w}_\gamma(\mathbf{r}) \tag{4}
\]

where \( \omega_\gamma \) are the real-valued eigenfrequencies and \( \gamma \) is a multi-index suitable for labeling all eigenmodes.

Hereafter, we formulate the theory using quantum mechanics for the sake of generality; however, to the extent of results obtained in this paper, the analysis can be performed in an entirely analogous manner based on the classical Hamiltonian Eq. (B16) [39]. After standard canonical quantization based on the eigenmodes \( \mathbf{w}_\gamma(\mathbf{r}) \) (see Appendix A), the resulting displacement field operator can be expanded in terms of the eigenmodes as

\[
\hat{\mathbf{u}}(\mathbf{r}) = \sum_\gamma \gamma \mathcal{U}_\gamma \hat{a}_\gamma \mathbf{w}_\gamma(\mathbf{r}) + \text{H.c.} \tag{5}
\]

Here, \( \mathcal{U}_\gamma \equiv \sqrt{\hbar/(2\rho\omega_\gamma)} \) is the mode density, \( \hat{a}_\gamma \) are the ladder operators of the phonon field (corresponding to eigenmodes of the nonrotating nanoparticle), and H.c. indicates the Hermitian conjugate. The ladder operators satisfy the canonical commutation relations \[\hat{a}_\gamma, \hat{a}_{\gamma'}^\dagger = \delta_{\gamma\gamma'} \] subject to the proper normalization of the eigenmodes;
see Eq. (A6). The quantum Hamiltonian of an elastic body spinning at a fixed frequency then takes the form

$$ H = H_0 + H_1 + H_2. \quad (6) $$

The first term is the Hamiltonian of the freely evolving phonon field

$$ \hat{H}_0 \equiv \hbar \sum_{\gamma} \omega_\gamma \hat{a}_\gamma^\dagger \hat{a}_\gamma. \quad (7) $$

The second and third term describe the additional centrifugal forces:

$$ \hat{H}_1 \equiv \hbar \sum_{\gamma} \left[ e_\gamma \hat{a}_\gamma + \text{H.c.} \right], $$

$$ \hat{H}_2 \equiv \hbar \sum_{\gamma} k_{\gamma\gamma'} \hat{a}^\dagger_{\gamma'} \hat{a}_{\gamma'} + \hbar \sum_{\gamma} \left[ g_{\gamma\gamma'} \hat{a}_{\gamma'} \hat{a}_{\gamma} + \text{H.c.} \right]. \quad (8) $$

Here, $e_\gamma$ are linear shifts that quantify the static centrifugal force $\rho \omega^2 r_\perp$, while the beam-splitter coupling constants $k_{\gamma\gamma'}$ and two-mode squeezing coupling constants $g_{\gamma\gamma'}$ quantify the dynamical centrifugal force $\rho \omega^2 u_{\perp}(r, t)$. We assume without loss of generality that $e_z \parallel e_3 \parallel \omega$ where $e_z$ marks the $z$ direction of the laboratory frame. In this case, the constants appearing in the Hamiltonian are

$$ e_\gamma = -\frac{\rho \omega^2}{\hbar} \int_B \left[ \mathbf{w}_\gamma \cdot \mathbf{r} - w_{\gamma3}^3 \right] d\mathbf{r}, $$

$$ g_{\gamma\gamma'} = -\frac{\rho \omega^2}{\hbar} \int_B \left[ \mathbf{w}_\gamma \cdot \mathbf{w}_{\gamma'} - w_{\gamma3}^3 w_{\gamma'3}^3 \right] d\mathbf{r}, \quad (9) $$

$$ k_{\gamma\gamma'} = \frac{\rho \omega^2}{\hbar} \int_B \left[ \mathbf{w}_\gamma \cdot \mathbf{w}_{\gamma'} - w_{\gamma3}^3 w_{\gamma'3}^3 \right] d\mathbf{r} $$

where $r^3 = \mathbf{r} \cdot e_3$ and $w_{\gamma3}^3 = \mathbf{w}_\gamma \cdot e_3$. Note that the form of the Hamiltonian and the expressions for the coupling constants are obtained without needing to specify the geometry of the particle.

It is possible to obtain explicit expressions for the constants Eq. (9) in the particular case of a homogeneous and isotropic sphere. The phononic eigenmode structure of a nonrotating and freely vibrating sphere is well known; see Appendix C for a summary. A sphere supports two distinct families $f$ of modes: torsional modes ($f = T$) and spheroidal modes ($f = S$). Each eigenmode can be labeled with a mode index $\gamma = (f, l, m, n)$, where $l \in \mathbb{N}_0$, $m \in \mathbb{Z}$, $|m| \leq l$, and $n \in \mathbb{N}$. The radial order $n$, polar order $l$, and azimuthal order $m$ count the number of nodes of the mode function $w_{\gamma}(r)$ in the direction of the three spherical coordinates $(r, \theta, \phi)$, respectively, and we use the terms $T_{lmn}$ or $S_{lmn}$ to name each eigenmode. The corresponding displacement modal fields $w_{\gamma}(r)$ can be calculated analytically and are given in Table II in Appendix C. Based on these results we obtain the explicit expressions for $e_\gamma$, $k_{\gamma\gamma'}$, and $g_{\gamma\gamma'}$ listed in Table VII which we later use in the case study in Sec. III.

### B. Shape and Acoustic Properties

The shape and acoustic properties of a spinning nanoparticle can be inferred from the Hamiltonian Eq. (6) and are affected in two ways: First, the static centrifugal force $\rho \omega^2 r_\perp$ changes the equilibrium mass distribution and hence the shape of the nanoparticle. Second, the dynamical centrifugal force $\rho \omega^2 u_{\perp}(r, t)$ modifies both the spatial profile and the frequencies of the phononic eigenmodes.

The new shape is described by a static contribution $u_0(r)$ to the displacement field $u(r, t) = u_0(r) + u(r, t)$. The remaining dynamical part $u(r, t)$ represents vibrations around this new equilibrium configuration. On the level of the quantum theory, $u_0(r)$ can be determined via a unitary transformation that cancels the linear Hamiltonian $\hat{H}_1$ and displaces the ladder operators $\hat{a}_\gamma = \hat{d}_\gamma + \hat{\tilde{a}}_\gamma$ by complex numbers $d_\gamma$ [40]. The displacement field operator is then

$$ \hat{u}(r) = u_0(r) + \hat{\tilde{u}}(r) \quad (10) $$

where the dynamical part $\hat{\tilde{u}}(r)$ is of the form Eq. (5) but with displaced ladder operators $\hat{\tilde{a}}_\gamma$ replacing the ladder operators $\hat{a}_\gamma$. The static part is

$$ u_0(r) = 2 \sum_{\gamma} \mathcal{U}_\gamma \text{Re} [d_\gamma \mathbf{w}_\gamma(r)], \quad (11) $$

where the mode displacements $d_\gamma$ need to satisfy

$$ \sum_{\gamma} \left[ 2 \delta_{\gamma\gamma'} \omega_{\gamma'} d_{\gamma'}^* + k_{\gamma\gamma'} d_{\gamma'}^* + g_{\gamma\gamma'} d_{\gamma'} \right] = -e_\gamma \quad (12) $$

such that the displaced Hamiltonian

$$ \hat{H} = \hat{H}_0 + \hat{H}_2 \quad (13) $$

is purely quadratic. Here, we drop a constant energy term. The bare Hamiltonian $\hat{H}_0$ and hybridization Hamiltonian $\hat{H}_2$ are defined as in Eq. (8) but substituting the ladder operators $\hat{a}_\gamma$ with the displaced operators $\hat{\tilde{a}}_\gamma$. A priori, there is an infinite number of coupled conditions Eq. (12), precluding the direct computation of the $d_\gamma$. However, it is possible to approximate $u_0(r)$ by discarding all but a sufficient number $N$ of low frequency modes because the constants $e_\gamma$, $k_{\gamma\gamma'}$, and $g_{\gamma\gamma'}$ tend to zero at high phonon frequencies. In performing this truncation, $N$ needs to be chosen sufficiently large to ensure that the most relevant displacements of the lowest-frequency modes are well approximated; see Sec. III for details. The truncation reduces Eq. (12) to a system of $2N$ real-valued linear equations for the $N$ real parts and $N$ imaginary parts of the mode displacements $d_\gamma$ that can be solved directly. Note that the expectation value of the displacement field in a thermal state $\langle \hat{u} \rangle_{\text{th}}(r) = u_0(r)$ reflects the fact that the static field describes the new equilibrium shape of the rotating nanoparticle. By construction, the static field $u_0(r)$ balances the elastic restoring force and the
static centrifugal force, $\mathcal{D} u_0(r) + \rho \omega^2 r_\perp + \rho \omega^2 u_0(r) = 0$ such that the equation of motion simplifies to $\rho \dot{\mathbf{u}}(r, t) = \mathcal{D} \mathbf{u}(r, t) + \rho \omega^2 \mathbf{u}_\perp(r, t)$.

Let us now focus on the acoustic properties of a spinning nanoparticle. The phonon eigenfrequencies are reduced because the dynamical centrifugal force acts in a direction opposed to the elastic restoring force. Moreover, the spatial shape of the vibrational eigenmodes is modified. Since the coupling constants $k r_\gamma r_\gamma$ and $g r_\gamma r_\gamma$ decay with increasing frequency $\omega_\gamma$, we can again focus on the set of $N$ modes $\gamma$ of the resting nanoparticle that are lowest in frequency in order to approximate the $N$ lowest eigenmodes of the spinning nanoparticle. We construct these new phononic eigenmodes by diagonalizing the quadratic Hamiltonian Eq. (13) via a Bogoliubov transformation [41, 42]; see Appendix C for details. It is then possible to construct the corresponding ladder operators, and

$$\mathbf{H} = \hbar \sum_\xi \Omega_\xi \hat{b}_\xi^\dagger \hat{b}_\xi$$

(14)

where the index $\xi$ labels the new eigenmodes, $\hat{b}_\xi$ are the corresponding ladder operators, and $\Omega_\xi$ are the new eigenfrequencies. It is then possible to construct the displacement modal fields $v_\xi(r)$ of the new eigenmodes such that the dynamical part of the displacement field can be expanded as

$$\mathbf{u}(r) = \sum_\xi \mathcal{U}_\xi [\hat{b}_\xi v_\xi(r) + \text{H.c.}]$$

(15)

with the mode density $\mathcal{U}_\xi \equiv \sqrt{\hbar/(2\rho \Omega_\xi)}$; see Appendix C for details. By construction, the fields $v_\xi(r)$ are eigenfunctions of the differential operator $\mathcal{D}'$ that includes both the restoring force and the dynamical centrifugal force

$$\mathcal{D}' \mathbf{u}(r, t) = \mathcal{D} \mathbf{u}(r, t) + \rho \omega^2 \mathbf{u}_\perp(r, t).$$

C. Optical Properties of a Subwavelength Sphere

We now turn to analyzing the optical properties of a spinning nanoparticle. The changes in its equilibrium configuration affect the electric permittivity and polarizability (even in the absence of phonons). In particular, we consider a nonabsorbing and nonmagnetic dielectric nanoparticle that is optically homogeneous and isotropic with a real valued relative permittivity $\epsilon_r$ while at rest. We assume $\epsilon_r$ to be constant over the relevant range of wavelengths of light. A spinning nanoparticle is no longer homogeneous nor isotropic due to the photoelastic effect [44, 45]: The permittivity is modulated locally by variations in the mass distribution and the centrifugal force induces a strain $\mathbf{S}_0(r)$ that introduces local optical axes. In consequence, the optical properties need to be described by a position-dependent permittivity tensor $\epsilon(r)$. Since a nanoparticle is smaller than the wavelengths of light, it is useful to consider the effective permittivity $\epsilon$ obtained from the strain $\mathbf{S} \equiv \int_B \mathbf{S}_0(r) dr/V$ averaged over the volume $V$ of the nanoparticle. The permittivity tensor is then constant and diagonal with diagonal elements

$$\epsilon^{ii} = \frac{\epsilon_r}{1 + \epsilon_r \Delta \eta^{ii}},$$

(16)

where $i \in x, y, z$. The strain-induced correction $\Delta \eta^{ij} \equiv \rho \epsilon^{ijkl} \hat{S}^{kl}$ to the inverse permittivity is quantified heuristically using the dimensionless photoelasticity tensor $\mathbf{P}$ [44, 45]. For isotropic homogeneous solids, the photoelasticity tensor has only two independent components $P_1$, $P_2$ and

$$\Delta \eta^{ii} = P_1 \hat{S}^{ii} + P_2 \sum_{j \neq i} \hat{S}^{jj},$$

(17)

see Ref. [44] for details. The average strain due to rotation is

$$\bar{\mathbf{S}} = 2 \sum_\gamma \mathcal{U}_\gamma \text{Re} [d_\gamma \hat{s}_\gamma(r)],$$

(18)

where $\hat{s}_\gamma(r)$ are the averages of the strain modal fields related to the displacement modal fields $w_\gamma(r)$ analogous to Eq. (A4).

Let us further assume that the nanoparticle is spherical with radius $R$ such that it is deformed into an oblate spheroid under rotation around the $z$ axis; compare Sec. III. The polarizability of a homogeneous and isotropic sphere is given by $\alpha = 3 \epsilon_0 V (\epsilon_r - 1)/(\epsilon_r + 2)$ within the dipole approximation [46, 47]. If the nanoparticle is spinning, its permittivity, aspect ratio, and volume change. In consequence, its optical response is no longer isotropic. However, the response field can still be calculated analytically for the case of a homogeneous ellipsoid and a tensor-valued polarizability $\mathbf{\alpha}$ can be defined. The polarizability tensor is diagonal with elements [46, 47]

$$\alpha^{ii} = 3 \epsilon_0 V \frac{\epsilon^{ii} - 1}{3 + 3L_i(\epsilon^{ii} - 1)},$$

(19)
The linear acoustic properties of the nanoparticle are determined by the relative permittivity \( \epsilon \) and the components \( P_1, P_2 \) of the photoelasticity tensor. In particular, they determine the Poisson ratio \( \nu \). Here, \( V_v = 4\pi a_x a_y a_z / 3 \) is the volume of the ellipsoid and \( a_i \) are the lengths of its half axes. For an oblate spheroid, the geometric factors \( L_i \) are [46, 47]

\[
L_x = L_y = \frac{g(e)}{2\epsilon^2} \left[ \frac{\pi}{2} - \arctan g(e) \right] - \frac{g^2(e)}{2},
\]

\[
L_z = 1 - 2L_x,
\]

where \( g(e) \equiv \sqrt{(1 - e^2)/e^2} \) is a function of the eccentricity \( e \equiv \sqrt{1 - a_z^2/a_y^2} \). The lengths of the half axes \( a_i \) are obtained by adding the static displacement Eq. (11) on the surface to the nanoparticle radius. By using the permittivity Eq. (16) in Eq. (19), one thus obtains the polarizability for a spinning nanosphere.

### III. RESULTS FOR A DIELECTRIC NANOSPHERE

We now explicitly consider a homogeneous and isotropic silica nanosphere of radius \( R = 100 \text{ nm} \) with parameters specified in Table I. The rotation of such nanoparticles at GHz frequencies has recently been reported in Ref. [17]. The linear acoustic properties of the nanoparticle are described by the elastic constants \( \lambda \) and \( \mu \) together with the mass density \( \rho \); see Appendix A. The optical properties are determined by the relative permittivity \( \epsilon_r \) and the components \( P_1, P_2 \) of the photoelasticity tensor. In the following analysis, we consider all phonon modes with polar order \( l \leq 3 \) and radial order \( n \leq 3 \). We choose this truncation limit because it is sufficient to ensure convergence to the third relevant digit in quantities like the size of the nanoparticle. Including higher order modes is straightforward but only leads to negligible corrections for the results presented here [52].

A spinning nanosphere is deformed into an oblate spheroid [53]. Figure 1 shows the predicted change in the shape of the nanosphere. The solid lines indicate the length of the equatorial half axes \( a_x = a_y \) and the axial half axis \( a_z \) as a function of the rotation frequency \( \omega \). They are obtained by evaluating the static displacement field \( u_0(r) \) defined in Eq. (11). For reasons of symmetry, only the \( S_0 \) mode has nonzero displacements \( d_r \) and contribute to \( u_0(r) \). In the weak hybridization limit \( \omega \ll c_l / R \), the change in shape follows a power law. The eigenfrequencies of the phonon modes of a nanosphere scale as \( \omega \propto c_l / R \) and the coupling frequency as \( k_{\gamma \gamma'} g_{\gamma \gamma'} \propto \omega^2 R / c_l \). Therefore \( k_{\gamma \gamma'} g_{\gamma \gamma'} \ll \omega \) at low rotation frequencies and the Eqs. (12) decouple. The mode displacements are then \( d_r \propto -e_r^\gamma / \omega_r \) and the change in shape scales as

\[
u_0(r) \propto \omega^2 R^3 / c_l^2.
\]
The labels which anharmonic contributions increase the elastic energy of the displaced $S_{001}$ mode by 25%. For fused silica, $\omega_{nl} = 2\pi \times 5.1$ GHz. In the regime $\omega \geq \omega_{nl}$, indicated by the light gray area in Figure 1, nonlinear corrections to the linear elastic theory presented in this work may thus become sizable and increasing deviations from the shape predicted by the linear theory are to be expected in practice. Finally, the dark gray area marks the region at rotation frequencies greater than $\omega_c$, for which the Hamiltonian Eq. (6) is linearly unstable and linearized elasticity theory is no longer applicable as we discuss in Sec. II. For a spherical nanoparticle, the critical frequency scales as $\omega_c^2 R^2 / c^2 = \chi_c$ where $\chi_c$ is a constant that depends only on the Poisson ratio $\nu \equiv \lambda / [2(\lambda + \mu)]$. In the case of fused silica, $\chi_c = 2.5$ such that $\omega_c = 2\pi \times 15$ GHz in this case study. At a rotation frequency of $\omega = 2\pi \times 5$ GHz, our linear elastic theory predicts the equatorial diameters to change by $2(a_x - R) \approx 12$ nm and $2(R - a_z) \approx 8$ nm. Such frequencies can for instance be achieved with levitated nanodumbbells consisting of two silica nanospheres [28].

In Figure 2, we plot the dependence of the phonon eigenfrequency spectrum $\Omega_\xi$ on the rotation frequency. The labels $T_{lmn}$ and $S_{lmn}$ indicate from which bare eigenmode $\gamma$ of the resting sphere each hybridized eigenmode $\xi$ of the spinning sphere originates. For reference, the eigenfrequencies $\omega_\gamma$ of a resting sphere are shown in Figure 4 in Appendix C. At rest, the spectrum is degenerate in the azimuthal order $m$. This degeneracy is partially lifted at $\omega > 0$, leaving only modes $\pm n$ degenerate. The color of each spectrum line indicates the magnitude $|m|$ of the polar order of the bare mode from which it originates. In the limit $\omega \ll c_l / R$ of a slowly spinning nanoparticle, the spatial shape of every hybridized mode $\xi$ closely resembles the shape of a bare mode $\gamma$ of the resting nanoparticle $v_\xi(r) \simeq v_\gamma(r)$. We can then approximate the change of the eigenfrequency of each mode $\xi \sim \gamma$ by considering the direct frequency shifts in the Hamiltonian Eq. (13) only (in first-order perturbation): $\Omega_\xi \simeq \omega_\gamma + k_{\gamma\gamma}$. The constants $k_{\gamma\gamma}$ are negative, consistent with a reduction of the eigenfrequencies $\Omega_\gamma < \omega_\gamma$ and the shift in eigenfrequencies scales as

$$\omega_\gamma - \Omega_\xi \propto \frac{\omega^2 R}{c_l}. \quad (22)$$

Moreover, since the constants $k_{\gamma\gamma}$ tend to zero at high frequencies $\omega_\gamma$, modes of lower frequencies are more strongly affected. Nonlinear effects become relevant for the $S_{00m}$ and $S_{20m}$ modes displaced by the static centrifugal force at $\omega \geq \omega_{nl}$; see Appendix D. Other modes are affected once they hybridize with the displaced modes at frequencies beyond $\omega \simeq c_l / R$. The onset of linear instability is marked by the reduction of the eigenfrequency of the lowest-frequency phonon mode originating from the $T_{201}$ mode to zero.

At a rotation frequency of $\omega = 2\pi \times 5$ GHz, the frequency of the $S_{221}$ mode is reduced by $(\omega_\gamma - \Omega_\xi) / 2\pi \approx 0.4$ GHz. In experimental studies of Brillouin scattering off silica nanospheres on a substrate, this mode was found to be optically active with a linewidth on the order of few GHz [54]. Since the phonon linewidths in levitated nanospheres are expected to be lower, the rotation-induced shift in the phonon spectrum and possibly even
The frequency-dependence of the polarizability is caused by the changes in the permittivity, the aspect ratio, and the volume of a fast spinning ellipsoidal nanoparticle with a large aspect ratio. Note that for the case of fused silica, this behavior is observed in the regime $\omega \geq \omega_{\text{nl}}$ where nonlinear elastic effects need to be accounted for. However, more elastic materials like polymers or even liquid helium could still exhibit such a behavior in the linear elastic regime.

Nonlinear corrections to the predictions presented in Figure 2 should be measurable.

Let us now discuss the optical properties. Figure 3 shows the permittivity $\epsilon$ and polarizability $\alpha$ of the spinning nanoparticle as functions of the rotation frequency. Both tensors are diagonal as discussed in Sec. II C. In panel (a) of Figure 3, we plot the diagonal elements $\epsilon^{ii}$ of the permittivity tensor. The solid lines correspond to the values predicted by Eq. (16) with the average strain of the relevant $S_{99n}$ and $S_{20n}$ modes given in Eqs. (C10) and (C11). The permittivity is decreasing with increasing rotation frequency, and there is an increasing birefringence $\epsilon^{xx} \neq \epsilon^{yy}$ between the axial direction and the equatorial plane. In the limit $\omega \ll c_l/R$ of a slowly spinning nanoparticle, the change in the permittivity scales as

$$\epsilon_{r} - \epsilon^{ii} \propto \epsilon^{ii}_{0} \frac{\omega^{2} R^{2}}{c_{l}^{2}},$$

indicated by the dashed-dotted lines in Figure 3. In panel (b) of Figure 3, we plot the diagonal elements $\alpha^{ii}$ of the polarizability tensor calculated according to Eq. (19). The frequency-dependence of the polarizability is caused by the changes in the permittivity, the aspect ratio, and the volume of the nanoparticle. The increase of the polarizability in equatorial direction and its decrease in axial direction are driven by the increasing aspect ratio. The subsequent drop in $\alpha^{xx}$ and $\alpha^{yy}$ is due to the decreasing volume of a fast spinning ellipsoidal nanoparticle with a large aspect ratio. Note that for the case of fused silica, this behavior is observed in the regime $\omega \geq \omega_{\text{nl}}$ where nonlinear elastic effects need to be accounted for. However, more elastic materials like polymers or even liquid helium could still exhibit such a behavior in the linear elastic regime.

At a rotation frequency of $\omega = 2\pi \times 5 \text{ GHz}$, the calculated permittivity is $\epsilon^{xx} = \epsilon^{yy} \simeq 2.04$ in the equatorial plane and $\epsilon^{zz} = 1.98$ along the rotation axis. The polarizability is increased by about 4.9% in the equatorial plane and reduced by 2.3% in the axial direction. Since the trap frequencies of nanoparticles levitated with optical tweezers scale with the square root of the polarizability [2, 3], these values correspond to an increase in the trap frequency along the $x$ and $y$ directions by about 2.5% and a decrease of the trap frequency along the $z$ direction by about 1.1%. These changes are in the kHz range in typical setups and large enough to be detected [6, 8–10].

IV. CONCLUSION

To summarize, we provide a general theory of the interaction between the rotational degrees of freedom and the acoustic internal phonons of a nanoparticle within linear elastodynamics. We are able to model how the shape, the phonon spectrum, the permittivity, and the electric polarizability of a nanoparticle are affected when it is spinning at a fixed frequency. By way of example, we explicitly calculate the dependence of these properties on the rotation frequency in the particular case of a dielectric nanoparticle and show that its effects should be measurable at rotational frequencies recently achieved experimentally.

The theory and results presented in this paper can be generalized to include anisotropic and inhomogeneous nanoparticles in orientation-dependent potentials, which is useful for other shapes such as nanorods [55] or nanoplatelets [14]. Beyond the purely classical effects discussed here, the quantum theory employed in the paper...
can also be extended to address genuine quantum effects such as the phonon-induced decoherence of elastic rotors in macroscopic quantum superpositions [56, 57]. While we characterize at which rotation frequencies nonlinear elastic effects become relevant, our study is restricted to the linear elastic regime. Accounting for anharmonic corrections to the atom–atom interaction beyond the linear elastic approximation is an interesting future research direction which could for instance unveil tunable phonon-phonon interactions and provide richer phonon dynamics [58]. Further research directions (some of which we currently investigate) include: (i) using whispering gallery modes or evanescent coupling to photonic structures to measure changes in the nanoparticle geometry [32, 35, 59]; (ii) studying Brillouin scattering off a levitated rotating nanoparticle [54]; (iii) studying the complex coupled dynamics between rotation, translation, and vibrations caused by the rotation-dependent polarizability and birefringence which modify the optical potential; (iv) studying more complex internal degrees of freedom such as spin waves (magnons) or electrons [21]; and (v) understanding the origin of the linewidths of such excitations [22] as well as their dependence on rotation-induced strain. We hope that this work will stimulate experiments exploring the internal mesoscopic quantum physics of levitated nanoparticles.

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Appendix A: Review of Elastodynamics

Linear elasticity theory describes small deformations of a three-dimensional elastic body from its equilibrium shape [36, 37, 51]. The displacement field $u(r,t)$ indicates how far and in which direction each point $r$ of the body is displaced at a time $t$. The elastic properties of the body are described by the mass density $\rho(r)$ and the elasticity tensor $C(r)$. The elasticity tensor is of fourth order, with symmetries $C_{ijkl} = C_{jilk} = C_{iklj} = C_{klij}$ [51]. In case of a homogeneous and isotropic elastic body, $\rho$ and $C$ are constant in space, and the latter has only two independent coefficients [36, 51]:

$$C_{ijkl} = \mu [\delta_{ik}\delta_{jl} + \delta_{il}\delta_{jk}] + \lambda \delta_{ij}\delta_{kl}. \quad (A1)$$

Here, the two real-valued constants $\lambda$ and $\mu$ are called Lamé parameters. The elastic properties of a homogeneous and isotropic body are thus described by three numbers: $\rho$, $\lambda$, and $\mu$. Excitations of the displacement field can be both transverse and longitudinal and there are two distinct sound speeds for transverse and longitudinal waves,

$$c_t = \sqrt{\frac{\mu}{\rho}}, \quad c_l = \sqrt{\frac{2\mu + \lambda}{\rho}}, \quad (A2)$$

respectively [36]. In consequence, $\mu$ needs to be positive while $\lambda \geq -2\mu$. The equation of motion of the freely evolving displacement is

$$\rho \ddot{u} = Du, \quad (A3)$$

where $D$ is a second-order differential operator acting as $[Du]^i = C_{ijkl}\partial_j\partial_k u_l$. A suitable set of boundary conditions is required to obtain a unique solution of the equation of motion given initial conditions. In case of a freely vibrating body, the boundary conditions are of Neumann type and state that the surface of the body is force free: $T^{ij}n^j = 0$ on the surface [51]. Here, $n^i$ are the components of the exterior surface normal vector field and $T$ is the stress tensor. The stress tensor describes the forces required to cause a deformation given by the strain tensor $S$:

$$S^{ij} \equiv \frac{1}{2}(\partial_i u^j + \partial_j u^i), \quad (A4)$$

$$T^{ij} \equiv C_{ijkl} S^{kl}. \quad (A5)$$

The vibrational eigenmodes $w_\gamma(r)$ of a linear elastic body and their spectrum of frequencies $\omega_\gamma$ are obtained as solutions of the eigenvalue equation

$$Du_\gamma(r) = -\rho \omega^2 w_\gamma(r) \quad (A5)$$

with the appropriate boundary conditions. Different eigenmodes are orthogonal and we take them to be normalized according to

$$\int_B w_\gamma^*(r) \cdot w_{\gamma'}(r) \, dr = \delta_{\gamma\gamma'}. \quad (A6)$$

Since $(-D)$ with the boundary conditions of a force-free body is a self-adjoint operator [60], the frequencies $\omega_\gamma$ are real-valued and the eigenmode solutions form a basis for the space of displacement fields. Any solution to the equation of motion Eq. (A3) can then be expressed as a linear combination of eigenmodes, $u(r,t) = \sum_\gamma U_\gamma [a_\gamma e^{-i\omega_\gamma t} w_\gamma(r) + c.c.]$, where the normal variables $a_\gamma \in \mathbb{C}$ are determined by the initial conditions and we define $U_\gamma \equiv \sqrt{\hbar/2\rho} \omega_\gamma$.

Canonical quantization in terms of the eigenmodes can now be performed in the usual manner [61] starting from the Hamiltonian density

$$H_0 \equiv \frac{\pi^2}{2\rho} - \frac{1}{2} u \cdot D u, \quad (A7)$$

of a free elastic body obtained from the standard Lagrangian introduced in Eq. (1), where $\pi \equiv \rho \dot{u}$ is the
conjugate momentum of the displacement. Quantization amounts to replacing the normal variables $e_{\gamma}$ with ladder operators $\hat{a}_{\gamma}$ that satisfy the canonical commutation relations $[\hat{a}_{\gamma}, \hat{a}_{\gamma}^\dagger] = \delta_{\gamma\gamma'}$ due to the normalization Eq. (A6). Hence, the displacement field operator is

$$\hat{u}(r) = \sum_{\gamma} \mathcal{U}_\gamma \{ \hat{a}_{\gamma} \psi_\gamma(r) \} + \text{H.c.}$$

(A8)

and the resulting quantum Hamiltonian

$$\hat{H}_0 = \hbar \sum_{\gamma} \omega_{\gamma} \hat{a}_{\gamma}^\dagger \hat{a}_{\gamma}.$$  

(A9)

**Appendix B: Linear Elastic Rotor**

In this appendix, we justify the Lagrangian Eq. (1) serving as the cornerstone of this work. It describes the joint dynamical evolution of the rotation and vibration of an elastic body and can be obtained from a standard microscopic model of an elastic solid [62]. To this end, we consider the body as a system of a finite number of constituent point masses $m_\tau$ (atoms) with positions $r_\tau'$ relative to an inertial Cartesian laboratory frame $R_L \equiv \{r_0; e_x, e_y, e_z\}$ that has an arbitrary origin $r_0$ and an orientation determined by the orthonormal basis $\{e_x, e_y, e_z\}$. The masses interact pairwise through a common potential $V$ which only depends on the relative position of each pair of masses. A Lagrangian describing the dynamics of such a system is

$$L = \frac{1}{2} \sum_\tau m_\tau (r_\tau')^2 - \frac{1}{2} \sum_\tau \sum_{\tau' \neq \tau} V(r_\tau' - r_{\tau'}).$$

(B1)

A series of changes of variables allows us to describe the mechanics of the body in terms of its center of mass position $r_{cm}$, its overall orientation $\Omega$, and the displacement of each mass from its equilibrium position within the body. The dynamics of these displacements can in turn be modeled by the displacement field $u(r, t)$ of linear elasticity theory by making suitable approximations.

The first step is to describe the position of the constituent masses relative to the center of mass position $r_{cm} \equiv \sum_\tau m_\tau r_\tau / M$ where $M \equiv \sum_\tau m_\tau$ is the total mass of the body:

$$r_\tau \equiv r_\tau' - r_{cm}.$$  

(B2)

This change of variables corresponds to introducing a comoving reference frame $\{r_{cm}; e_x, e_y, e_z\}$ which originates at $r_{cm}$ and moves with velocity $v_{cm}$ with respect to the laboratory frame. The defining property of a comoving reference frame is that the total linear momentum vanishes relative to such a frame, that is, $\sum_\tau m_\tau r_\tau = 0$.

Next, we describe the relative positions $r_\tau$ with respect to a body frame $R_B \equiv \{r_{cm}; e_1, e_2, e_3\}$ that has an orientation determined by the time-dependent orthonormal basis $\{e_1, e_2, e_3\}$ and rotates with respect to the laboratory frame with an angular velocity $\omega$. The two reference frames are connected by a time-dependent rotation matrix $D$ such that the components $r^\gamma_\tau \equiv r_\tau \cdot e^\gamma$ relative to the comoving frame are related to the components $r^i_\tau \equiv r_\tau \cdot e_i$ relative to the body frame by [63]

$$r^i_\tau = D^{ij} r^j_\tau.$$  

(B3)

In this appendix, we use Greek indices to indicate components with respect to $\{e_x, e_y, e_z\}$ and Latin indices to indicate components with respect to $\{e_1, e_2, e_3\}$. Repeated indices are summed over. The rotation matrix can be parametrized in the $zyz$ convention [63] as $D(\Omega) \equiv D_z(\gamma)D_y(\beta)D_z(\alpha)$ using three Euler angles $\Omega \equiv (\alpha, \beta, \gamma)^t$ and

$$D_y(a) \equiv \begin{pmatrix} \cos a & 0 & -\sin a \\ 0 & 1 & 0 \\ \sin a & 0 & \cos a \end{pmatrix}, \quad D_z(a) \equiv \begin{pmatrix} \cos a & \sin a & 0 \\ -\sin a & \cos a & 0 \\ 0 & 0 & 1 \end{pmatrix}.$$  

(B4, B5)

The rotation frequency of the body frame is related to the Euler angles through

$$\omega = \dot{\alpha} e_\alpha + \dot{\beta} e_\beta + \dot{\gamma} e_\gamma,$$  

(B6)

where $e_\alpha$, $e_\beta$, and $e_\gamma$ are the unit vectors along the time-dependent rotation axes with respect to which the Euler angles are defined. The rotation axes are [63]

$$e_\alpha = e_z,$$  

$$e_\beta = -\sin \alpha e_x + \cos \alpha e_y,$$  

$$e_\gamma = \cos \alpha \sin \beta e_x + \sin \alpha \sin \beta e_y + \cos \beta e_z.$$  

(B7)

In order to express the Lagrangian in terms of these new variables, we use that rotations preserve inner products, $r^\gamma_\tau r'^\gamma_\tau = r^i_\tau r'^i_\tau$, and that the inverse (transpose) of the rotation matrix is given by $D^\gamma(i\alpha, \beta, \gamma) = D_\tau(i\gamma, -\beta, -\gamma)$. Furthermore, the time derivative of the rotation matrix can be expressed in terms of the rotation frequency $\omega$ as

$$\dot{D}^\gamma(i\alpha, \beta, \gamma) = -i \epsilon^{ijk} \omega^j r^k_\tau.$$  

(B8)

where $\epsilon$ is the Levi-Civita symbol. In order for $\omega$ to represent the rotation frequency of the elastic body as a whole, we need to choose it such that the total angular momentum vanishes relative to the body frame $R_B$:

$$\sum_\tau m_\tau \epsilon^{ijk} r^j_\tau r^k_\tau = 0.$$  

(B9)

The body frame is then both a comoving and corotating reference frame.

Finally, we describe vibrations as displacements $u_\tau$ of each mass from its equilibrium position $R_\tau$ (i.e., the
position minimizing the potential energy) relative to the body frame $R_B$:

$$u_r \equiv r_r - R_r.$$  \hspace{1cm} (B10)

After applying the changes of variables Eqs. (B2), (B3) and (B10), the Lagrangian Eq. (B1) takes the form

$$
L = \frac{1}{2} M \dot{r}_{cm}^2 + \frac{1}{2} \omega^j I^{ij} \omega^j \\
+ \sum_{\tau} m_{\tau} \dot{u}_{\tau}^2 - \frac{1}{2} \sum_{\tau, \tau' \neq \tau} V(R_\tau + u_\tau - R_{\tau'} - u_{\tau'}). \\
$$

(B11)

Here, $I$ is the time-dependent inertial tensor of the body with components

$$I^{ij} \equiv \sum_{\tau} m_{\tau} \left[ (R_{\tau r} + u_{\tau r})^2 \delta^{ij} - (R_{\tau r}^i + u_{\tau r}^i) (R_{\tau r}^j + u_{\tau r}^j) \right],$$

relative to the body frame $R_B$. The inertial tensor accounts for the actual mass distribution of the elastic body modified by vibrations around its equilibrium shape.

We can now pass from a point-mass model to a continuum description of the body in the usual manner [62]. This transition hinges on several approximations: (i) The displacements are considered to be small, which allows us to approximate the interaction potential $V$ as harmonic around the equilibrium shape of the body; (ii) The wavelength of elastic waves is assumed to be large compared to the distance of the individual masses forming the solid such that neighboring masses are subject to almost the same displacement; (iii) We take the continuum limit, which amounts to replacing the point mass distribution $\rho(r)$ and the individual displacements $u_\tau$ with the continuous displacement field $u(r, t)$. By extending this standard procedure to the case of a rotating body Eq. (B11) considered here, we obtain a Lagrangian generating the translational, rotational, and vibrational dynamics of a free linear elastic rotor:

$$L = \frac{M}{2} \dot{r}_{cm}^2 + \int_B \left[ \rho \dot{u}^2 - \frac{1}{2} S^{ijkl} \dot{S}^{ijkl} \right] dr \\
+ \frac{1}{2} \omega^j I^{ij} [u] \omega^j. \hspace{1cm} (B13)$$

The dynamical variables are now the center of mass $r_{cm}(t)$, the orientation $\Omega(t)$ appearing in the angular velocity $\omega$, and the displacement field $u(r, t)$. The first term in Eq. (B13) represents the kinetic energy of the center of mass. The second term is the standard Lagrangian of linear elasticity theory [36, 37]. However, the displacement field $u(r, t)$ now describes vibrations relative to the comoving and corotating body frame $R_B$ in contrast to the linear elasticity theory of resting bodies. The third term is the kinetic energy of the rotation of the body around its own axis. The inertial tensor is a functional of the displacement field:

$$I^{ij}[u] \equiv \int_B \rho [(r^k + u^k)(r^k + u^k)\delta^{ij} \\
- (r^i + u^i)(r^j + u^j)] dr.$$  \hspace{1cm} (B14)

The inertial tensor is symmetric, $I^{ij} = I^{ji}$ and the case of a rigid rotor is recovered by setting $u = 0$. The equations of motion of the displacement field and the Euler angles $a \in \{\alpha, \beta, \gamma\}$

$$\rho \ddot{u}^i = [D u]^i + \rho \left[ (\dot{r}^i + u^i) \omega^j \omega^j - (r^i + u^i) \omega^i \omega^j \right],$$

$$\ddot{\omega}^i = \frac{\partial \omega^j}{\partial a} I^{ij} [u] \omega^j - \epsilon_a^{ij} \ddot{\omega}[u] \omega^j,$$

are coupled while the center of mass decouples from the other degrees of freedom, $r_{cm} = 0$. The displacement field in particular is subject to centrifugal forces as discussed in Sec. II; In contrast, it does not experience Euler or Coriolis forces due to the manner in which we define the corotating frame in Eq. (B9). The familiar equation of motion of linear elastodynamics in the absence of any rotation is recovered in the case $\omega = 0$.

The Lagrangian Eq. (B13) can easily be extended to describe nanoparticles which are levitated or whose orientation is externally controlled by subtracting an external potential $V_{ext}(r_{cm}, \Omega)$ that is quadratic and hence does not couple the translational to rotational and vibrational degrees of freedom. Moreover, one can perform canonical quantization of the corresponding Hamiltonian in order to obtain a full quantum description of the translational, rotational, and vibrational degrees of freedom of a linear elastic rotor [57, 64, 65].

In the body of this paper, we study the effect rotation has on vibrations of an elastic body in a regime where the modulation of the rotational frequency $\omega$ of the rotor due to vibrations can be neglected. To this end, we assume that the rotation frequency is constant and that the body is levitated in a quadratic potential $V_{ext}(r_{cm})$. Hence, the displacement field is the only remaining dynamical variable. The classical Hamilton functional resulting from Eq. (B13) in this case is of the form

$$H = \int_B [\mathcal{H}_0 + \mathcal{H}_1 + \mathcal{H}_2] dr.$$  \hspace{1cm} (B16)

The first term is the Hamiltonian of linear elastodynamics Eq. (A7). The second and third terms derive from the corrections to the inertial tensor Eq. (B14) and are of first and second order in the displacement field, respectively:

$$\mathcal{H}_1 \equiv -\frac{\rho}{2} \omega^i \left[ 2 u^k \delta^{ij} - (u^i r^j + r^i u^j) \right] \omega^j,$$

$$\mathcal{H}_2 \equiv -\frac{\rho}{2} \omega^i \left[ u^k \delta^{ij} - u^i u^j \right] \omega^j.$$  \hspace{1cm} (B17)

They describe the centrifugal forces acting on the displacement field [66]. Canonical quantization of this Hamiltonian leads to the quantum Hamiltonian Eq. (6) used throughout this paper.
Table II. Displacement modal field of the phonon eigenmodes of a sphere. The radial partial waves \( W_Y, W_\Psi, \) and \( W_\Phi \) contain spherical Bessel functions \( j_l \) of the first kind and have amplitudes \( A_j, B_j, \) and \( C_j \). The amplitudes are determined by the boundary conditions and listed explicitly in Table V. All other parameters are defined in Table III.

### Appendix C: Elastic Sphere

In this appendix, we summarize results for the particular case of a spherical particle. In Appendix C1, we revise the known mode structure of a resting linear elastic sphere in Appendix C2, we list our results for a spinning elastic sphere that we use in the case study in Sec. III.

#### 1. Eigenmodes of a Resting Sphere

The elastic eigenmodes and frequency spectrum of a homogeneous and isotropic sphere of radius \( R \) centered at the origin of the coordinate system can be obtained by solving Eq. (A5) with the appropriate boundary conditions and are well known [36, 37]. We summarize the relevant results in a form suitable for this paper, using spherical coordinates \((r, \theta, \phi)\) such that \( r^1 = r \sin \theta \cos \phi \), \( r^2 = r \sin \theta \sin \phi \), and \( r^3 = r \cos \theta \). Here, \( r^i \) are the Cartesian components of the position vector in the body frame; see Appendix B. All solutions of the eigenmode equation Eq. (A5) for a given phonon frequency \( \omega \) can conveniently be expressed in spherical coordinates and in terms of a set of vector spherical harmonics [67]

\[
Y_l^m(\theta, \phi) \equiv e_l^m Y_l^m(\theta, \phi), \quad \Psi_l^m(\theta, \phi) \equiv r \nabla Y_l^m(\theta, \phi), \quad \Phi_l^m(\theta, \phi) \equiv r \times \nabla Y_l^m(\theta, \phi), \tag{C1}
\]

where we follow the convention of [68] in the definition of the spherical harmonics \( Y_l^m \). The vector field \( Y_l^m \) is purely radial while \( \Psi_l^m \) and \( \Phi_l^m \) have only polar and azimuthal components. The space of solutions that are finite in the volume of the sphere is spanned by displacement modal fields \( \mathbf{w}_l(r) \) that are of the from given in Table II, with a mode index \( l \) containing the polar order \( l \in \mathbb{N}_0 \) and the azimuthal order \( m \in \mathbb{Z}, |m| \leq l \). We express the modal fields in terms of dimensionless quantities defined in Table III. The radial constants \( a \) and \( b \) in particular determine how rapidly the displacement modal field oscillates in the radial direction.

In order to obtain the eigenmodes of a freely vibrating sphere, we need to impose as boundary condition that the displacement field oscillates in the radial direction.

\[
\mathbf{w}_l(r) = R^{-3/2} [W_l^Y(r/R) Y_l^m(\theta, \phi) + W_l^\Psi(r/R) \Psi_l^m(\theta, \phi) + W_l^\Phi(r/R) \Phi_l^m(\theta, \phi)]
\]

where

\[
W_l^Y(x) = A_l \gamma_l j_l(\alpha_l x) + C_l \gamma_{l+1} j_{l+1}(\alpha_l x) / x
\]

\[
W_l^\Psi(x) = A_l \gamma_l j_l(\beta_l x) / x + C_l \gamma_{l+1} j_{l+1}(\beta_l x)
\]

\[
W_l^\Phi(x) = B_l \gamma_l j_l(\beta_l x)
\]

All other parameters are defined in Table III.

### Table III. Definitions of the longitudinal and the transverse sound velocity \( c_l \) and \( c_t \), as well as the radial constants \( a \) and \( b \), and the dimensionless quantities appearing in the phonon modal fields.

| Parameter | Definition |
|-----------|------------|
| \( c_l \) | \( \sqrt{(2\mu + \lambda)/\rho} \) |
| \( c_t \) | \( \sqrt{\mu/\rho} \) |
| \( a \) | \( \omega/c_l \) |
| \( b \) | \( \omega/c_t \) |
| \( \alpha \) | \( aR \) |
| \( \beta \) | \( bR \) |
| \( x \) | \( r/R \) |

Table IV. Radial components of the stress modal fields related to displacement modal fields in Table II by Eq. (A4).

| Parameter | Definition |
|-----------|------------|
| \( t_l^x(r) \) | \( \mu/\sqrt{rR}[A_l M_{11}(r/R) - iB_l M_{12}(r/R)] \) |
| \( t_l^y(r) \) | \( \mu/\sqrt{rR}[A_l M_{13}(r/R)] P_l^m(\cos \theta) e^{im\phi} \) |
| \( t_l^z(r) \) | \( i\mu/(r^3 R)[A_l M_{31}(r/R) m/\sin \theta - \omega b M_{32}(r/R) \partial_\theta] P_l^m(\cos \theta) e^{im\phi} \) |

where \( M_{ij} \) are the Lamé constants, \( \lambda, \mu \), fiber radius \( R \), and radial position \( r \).

### Table IV. Radial components of the stress modal fields related to displacement modal fields in Table II by Eq. (A4).

| Parameter | Definition |
|-----------|------------|
| \( M_{11}(x) \) | \( [2l(l - 1) - \beta^2 x^2] j_l(x) + 4ax j_{l+1}(x) \) |
| \( M_{12}(x) \) | \( 0 \) |
| \( M_{13}(x) \) | \( 2l(l + 1) [(l - 1) j_l(\beta x) - \beta x j_{l+1}(\beta x)] \) |
| \( M_{21}(x) \) | \( 2(l - 1) j_l(\alpha x) - 2ax j_{l+1}(\alpha x) \) |
| \( M_{22}(x) \) | \( (l - 1) x j_l(\beta x) - \beta x j_{l+1}(\beta x) \) |
| \( M_{23}(x) \) | \( [2(\beta^2 - 1) - \beta^2 x^2] j_l(\beta x) + 2\beta x j_{l+1}(\beta x) \) |
| \( M_{31}(x) \) | \( M_{21}(x) \) |
| \( M_{32}(x) \) | \( M_{22}(x) \) |
| \( M_{33}(x) \) | \( M_{23}(x) \) |

stress in radial direction vanishes on the sphere surface, see Appendix A. The relevant components of the stress tensor modal field \( \mathbf{t}_l(r) \) corresponding to a displacement \( \mathbf{w}_l(r) \) result from Eq. (A4) and are given in Table IV. The boundary conditions are then equivalent to a set of linear equations for the amplitudes \( A_l, B_l, C_l \) of the displacement modal field (see Table II):

\[
A_l M_{11} + C_l M_{13} = 0, \quad A_l M_{21} + C_l M_{23} = 0, \quad B_l M_{22} = 0 \tag{C2}
\]

where we abbreviate the coefficients \( M_{ij} \equiv M_{ij}(1) \) of the stress modal fields defined in Table IV. The amplitudes \( A_l, C_l \) on one hand and \( B_l \) on the other are not coupled by the boundary conditions, resulting in two distinct mode families \( f \): torsional modes \((f = T)\) and spheroidal modes \((f = S)\).

#### a. Torsional Modes

Torsional eigenmodes are characterized by \( A_l = C_l = 0 \) and are purely transverse (that is, they feature a divergence-free displacement modal field). The displacement due to torsional modes is normal to the radial di-
Table V. Amplitudes

| Case                  | Amplitudes                                                                 |
|-----------------------|-----------------------------------------------------------------------------|
| Torsional modes       | $A_\gamma = 0$                                                              | $B_\gamma = \sqrt{2/\pi} j_{l+1}(\beta_\gamma)$ | $C_\gamma = 0$ |
| Spherical modes, $l = 0$ | $A_\gamma = 1/\sqrt{2\alpha l} I_{l+1}(\alpha)$                               | $B_\gamma = 0$                                      | $C_\gamma = 0$ |
| Spherical modes, $l \geq 1$ | $A_\gamma = \left[\alpha_l j_l(\alpha_l) \frac{c_l^2 l(l+1)\beta_l j_l(\beta_l)}{\gamma_l} + c_l^2 l(l+1)\beta_l I_2(\beta_l) - 2c_l^2 l(l+1)\beta_l I_3(\beta_l)\right]^{-1/2}$ | $B_\gamma = 0$                                      | $C_\gamma = c_l A_\gamma$ |

Table V. Amplitudes $A_\gamma$, $B_\gamma$, and $C_\gamma$ of the displacement modal fields listed in Table II. The functions $j_l$ are spherical Bessel functions, $I_2$ and $I_3$ are generalized hypergeometric functions, and $\Gamma$ is the gamma function; all other quantities are defined in Table III. The amplitudes listed for the spheroidal modes with polar order $l \geq 1$ are valid in the generic case that all coefficients $M_{ij}$ in the frequency equation Eq. (C9) are nonzero. If this is not the case, the amplitudes need to be recalculated using the boundary conditions Eq. (C2).

Correction and changes neither the outward shape nor the density of the nanoparticle (to first order). The boundary conditions Eq. (C2) then require $M_{22} = 0$, that is, they impose the condition

$$ (l - 1) j_l(\beta) - \beta j_{l+1}(\beta) = 0 $$

on the dimensionless radial constant $\beta$ defined in Table III. The roots $\beta_l = \omega_l R/c_l$ of this frequency equation determine the discrete spectrum of frequencies $\omega_\gamma$ of the torsional eigenmodes, see panel (a) in Figure 4. For a given set $(l, m)$, we label the roots by $n \in \mathbb{N}$ starting with $n = 1$ for the lowest frequency. We refer to $n$ as the radial order since it counts the number of nodes of the modal field $\mathbf{u}(r)_\gamma$ in $r$ direction. There are no torsional modes for $l = 0$ and $m = 0$ because $\Phi_0^0 = 0$. All torsional eigenmodes can therefore be labeled by mode indices $\gamma = (f, l, m, n)$ where

$$ f = T, \quad l \in \mathbb{N}, \quad m \in \mathbb{Z}, |m| \leq l, \quad n \in \mathbb{N}. $$

Each torsional mode can thus uniquely be identified by a term of the form $T_{lmn}$.

The frequency equation Eq. (C3) is independent of $m$. In consequence, all modes $T_{lmn}$, $T_{lm',n}$ are degenerate in frequency. Moreover, the dimensionless roots $\beta_l$ of the frequency equation are universal in the sense that they are independent of the radius and the elastic properties of the sphere. The torsional eigenfrequencies hence scale with radius and sound speeds as

$$ \omega_\gamma = \frac{c_l}{R} \beta_\gamma. $$

Figure 4. Frequency spectrum of the phonon eigenmodes of a resting nanosphere with properties specified in Table I. Panel (a) shows the spectrum of the torsional modes as a function of the polar order $l$, panel (b) shows the spectrum of the spheroidal modes. The eigenfrequencies are indicated by dots while the lines serve as a guide to the eye. The order of magnitude of the lowest phonon frequency is determined by $c_l/R$. In units of this fundamental frequency, the eigenfrequencies of the torsional modes are independent of any system parameters and the eigenfrequencies of the spheroidal modes depend only on the Poisson ratio $\nu$. 

The orthonormality condition Eq. (A6) reduces to a normali-
ty equation from the boundary conditions Eq. (C2). Spheroidal modes are not universal but depend on the
sitional modes, the roots
atal frequency equation to be discussed. Unlike for tor-
derives from the roots
of the form
labeled by mode indices
are hybrid transverse and longitudinal excitations that
cause displacement in all spatial directions and modify
are specified in Table V and the remaining quantities are defined in Table III.

The orthonormality condition Eq. (A6) reduces to a normali-
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are specified in Table V and the remaining quantities are defined in Table III.

The spatial averages of their strain modal fields
vanish at all frequencies. In consequence, nontrivial so-
plitudes
in panel (b) of Figure 4.

The boundary conditions Eq. (C2) relate the two amplitudes
and, and the orthonormality condition Eq. (A6) determines the norm of the remaining free am-
plitude. We choose the amplitudes to be real valued (see Table V) such that the displacement modal field
of spheroidal modes also satisfies the symmetry Eq. (C6). The displacement modal fields depend only on the Poisson ratio, the eigenfrequency, and the radius, and scale with the latter as $R^{-3/2}$, see Table II.

b. Spheroidal Modes

Spheroidal modes are characterized by $B_γ = 0$. They are hybrid transverse and longitudinal excitations that cause displacement in all spatial directions and modify the nanoparticle shape. As in the case of the torsional modes, the boundary conditions Eq. (C2) lead to a discrete set of spheroidal modes for each $l$ with eigenfrequencies degenerate in $m$. We enumerate the eigenmodes using the radial index $n$. Spheroidal modes can therefore be labeled by mode indices $γ = (f, l, m, n)$ where

$$f = S, \ l ∈ ℤ_0, \ m ∈ ℤ, \ |m| ≤ l, \ n ∈ ℤ$$

and we refer to each spheroidal eigenmode by a term of the form $S_{lnm}$. The spectrum of eigenfrequencies $ω_γ$ derives from the roots $β_γ = (c_l/c_0)α_γ$ of a transcendental frequency equation to be discussed. Unlike for torsional modes, the roots $β_γ$ of the frequency equations of spheroidal modes are not universal but depend on the Poisson ratio $ν$ only. We treat the two cases $l = 0$ and $l ≥ 1$ separately in order to obtain the respective frequency equation from the boundary conditions Eq. (C2). In the case $l = 0$, the boundary conditions reduce to $A_γ M_{11} = 0$. Hence, the frequency equation is

$$4α j_1(α) − β^2 j_0(α) = 0.$$
2. Spinning Sphere

The dynamics of a linear elastic sphere spinning at a constant frequency is governed by the Hamiltonian Eq. (6) with constants defined in Eq. (9). We can obtain explicit expressions for these constants by using the displacement modal fields given in Table II in Appendix C1 and the frequency-dependent radial constant \( \alpha \), and \( \beta \), are defined in Table III. The two integrals \( I_1^\gamma \) and \( I_2^\gamma \) appearing in the linear shifts can be evaluated explicitly in terms of generalized hypergeometric functions \( \Psi \) and the angular function \( \Gamma \). The amplitudes \( A_i \) and \( C_i \) are specified in Table V.

Table VII. Constants appearing in the Hamiltonian Eq. (8) for a rotating sphere. The coupling constants have the symmetries of the procedure. It is useful to express the Hamiltonian as well as to enumerate the \( N \) lowest-frequency modes \( \gamma = (f, l, m, n) \) as well as to eliminate the \( N \) lowest-frequency modes \( \gamma = (f, l, m, n) \). The Hamiltonian matrix \( M \equiv M_0 + M_2 \) is a complex-valued \((2N \times 2N)\)-dimensional matrix with the two parts

\[
M_0 \equiv \begin{bmatrix} W & 0 \\ 0 & 0 \end{bmatrix}, \quad M_2 \equiv \begin{bmatrix} K & G^* \\ G & K^* \end{bmatrix}
\]

where we define \((N \times N)\)-dimensional submatrices \( W \), \( K \), and \( G \) with the eigenfrequencies \( W_{\gamma \gamma'} \equiv \omega_{\gamma \gamma'} \) and the coupling constants \( k_{\gamma \gamma'} \) and \( g_{\gamma \gamma'} \) as components, respectively. Direct diagonalization of the Hamilton matrix \( M \) is not possible since this approach does not in general respect the bosonic structure \[43\]. Instead, we need to diagonalize the dynamical matrix \( D_M \equiv J M \) where \( J \equiv \text{diag}[I_N, -I_N] \) and \( I_N \) is the \( N \)-dimensional identity matrix. The system is linearly stable if and only if the eigenfrequencies \( \Omega \) are real-valued and occur in

\[
\frac{\hbar}{2} \hat{\psi}^i M^{ij} \hat{\psi}^j
\]
pairs \((\Omega_\xi, -\Omega_\xi)\) as eigenvalues of the dynamical matrix \(D_M\) [43]. By calculating the eigenvalues of the dynamical matrix, we can therefore at once verify that the system is linearly stable and obtain the phonon spectrum \(\Omega_\xi\) of the spinning nanoparticle.

Provided that the system is linearly stable the bosonic operators \(\hat{b}_\xi\) corresponding to the new eigenmodes can be constructed from the transformation matrix \(U\) that diagonalizes the dynamical matrix. Let \(D_N = U^{-1} D_M U\) such that the transformed dynamical matrix is diagonal \(D_N = \text{diag}(\Omega_1, \ldots, \Omega_N, -\Omega_1, \ldots, -\Omega_N)\). The columns of the transformation matrix \(U\) are formed by the unit eigenvectors \(e(\Omega_\xi)\) and \(e(-\Omega_\xi)\) of the dynamical matrix [43]: \(U_{ij} = e^i(\Omega_j)\) for \(j \in [1, N]\) and \(U_{ij} = e^i(-\Omega_{j-N})\) for \(j \in [N+1, 2N]\). The eigenvectors of positive and negative eigenvalues are related. As a result, the transformation matrix obeys the symmetries \(U_{i(N+j)} = U_{(N+i)j}^*\) and \(U_{(N+i)(N+j)} = U_{ij}\) for \(i, j \in [1, N]\). The ladder operators \(\hat{a}_\gamma\) corresponding to eigenmodes of the resting nanoparticle are related to the ladder operators \(\hat{b}_\xi\) of the spinning nanoparticle through [43]

\[
\hat{a}_\gamma = \sum_\xi \left[ U_{\gamma\xi} \hat{b}_\xi + U_{(\gamma+N)\xi} \hat{b}_\xi^d \right].
\]  

(C14)

In consequence, we can construct the displacement modal fields of the eigenmodes of the spinning nanoparticle as linear combinations of the modal fields of the resting nanoparticle

\[
v_\xi(r) = \sum_\gamma A_{\xi\gamma} w_\gamma(r)
\]  

(C15)

where \(A_{\xi\gamma} \equiv \sqrt{\Omega_\xi/\omega_\gamma} \left[U_{\xi\gamma} + U_{(\gamma+N)\xi}\right]\). Here, \(\gamma\) is the mode index such that \(w_\gamma(r) = w_\gamma^*(r)\). For a resting sphere, taking the complex conjugate of the displacement modal fields given in Table II corresponds to inverting the sign of the azimuthal order, \(\gamma = (f, l, -m, n)\). The normalization of the new modal fields is then given by

\[
\int_B v_\xi \cdot v_\xi(r) dr = \sum_\gamma A_{\xi\gamma}^* A_{\xi\gamma} \simeq \delta_{\xi\xi'}
\]  

(C16)

compare Eq. (A6). The modal fields \(v_\xi(r)\) are merely approximately orthonormal because we include only the \(N\) lowest-frequency eigenmodes of the resting nanoparticle.

### Appendix D: Elastic Nonlinearity

The centrifugal strain experienced by a spinning nanoparticle increases with its rotation frequency. At extreme frequencies, anharmonic corrections to the interatomic interaction potential (elastic energy) \(V\) become relevant. The resulting equation of motion of elasticity theory is then no longer linear, as opposed to Eq. (A3), and there can increasingly be deviations from the linear elastic theory presented in this paper. Here, we estimate at which rotation frequencies such elastic nonlinearities start to appear for a spinning nanoparticle.

The deformation of a continuous body is described by its strain tensor \(S\). The full strain tensor has Cartesian components [69]

\[
S^{ij} = \frac{1}{2} \left[ \partial_i u_j + \partial_j u_i + \sum_k \partial_k u_i \partial_k u_j \right]
\]  

(D1)

and includes terms quadratic in the displacement \(u\) that are neglected in linear elasticity theory; compare Eq. (A4). The elastic energy density \(V\) is a function of \(S\). For isotropic bodies, \(V\) can only depend on the tensor invariants \(I_1 = \text{Tr}(S)\), \(I_2 = \text{Tr}(S^2)\), and \(I_3 = \text{Tr}(S^3)\) [69]. To third order in the strain

\[
V = \mu I_2 + \frac{\lambda}{2} I_2^2 + \frac{A}{3} I_3 + B I_1 I_2 + \frac{C}{3} I_1^3 + O^4(S)
\]  

(D2)

Here, \(\mu\) and \(\lambda\) are the linear elastic constants introduced in Sec. III and \(A, B,\) and \(C\) are nonlinear elastic constants. We do not include a term constant in energy since it does not affect the dynamics. Moreover, there is no term linear in the strain, otherwise \(S = 0\) would not be a minimum of the strain energy and \(u = 0\) would not be an equilibrium configuration of the body. Keeping only terms up to third order in the displacement, we obtain [69]

\[
V = V_2(\nabla u) + V_3(\nabla u) + O^4(\nabla u)
\]  

(D3)

where \(\nabla u\) is the Jacobi matrix of the displacement with Cartesian components \(\nabla u^{ij} = \partial_i u^j\). The harmonic term \(V_2(\nabla u)\) and the leading-order anharmonic correction \(V_3(\nabla u)\) are given in Table VIII.

The quantum operator representing the elastic energy of the body is hence \(\hat{V} = \hat{V}_2 + \hat{V}_3 + O^4(\nabla u)\), with

\[
\hat{V}_2 \equiv \int_B V_2(\nabla u) \, dr
\]  

(D4)
\[ V_2(\nabla u) = \mu \left[ (\partial_i u^\alpha)(\partial_j u^\beta) + (\partial_j u^\beta)(\partial_i u^\alpha) \right]/2 + \lambda (\partial_i u^\alpha)(\partial_j u^\beta)/2 \]
\[ V_3(\nabla u) = A(\partial_i u^\alpha)(\partial_j u^\beta)(\partial_k u^\gamma)/12 + (4\mu + A)(\partial_i u^\alpha)(\partial_j u^\beta)(\partial_k u^\gamma)/4 + B(\partial_i u^\alpha)(\partial_j u^\beta)(\partial_k u^\gamma)/2 + (\lambda + B)(\partial_i u^\alpha)(\partial_j u^\beta)(\partial_k u^\gamma)/3 \]

\[ S_{001} \text{ mode} \]
\[ h_\gamma = \sqrt{2/\pi \hbar c/(R^3 p)} \sqrt{\pi} \left\{ 2I(0, \alpha, \nu) \left[ \hat{A} + 6\hat{B} + 4\hat{C} + 3(2 - 2\nu) \right]/3 + I(1, \alpha, \nu) \left[ 2\hat{B} + 4\hat{C} + \nu/(1 - \nu) \right] \right. \]
\[ + I(2, \alpha, \nu) \left[ 2\hat{B} + 2\hat{C} + \nu/(1 - \nu) \right] + I(3, \alpha, \nu) \left[ 2\hat{A} + 6\hat{B} + 2\hat{C} + 3 \right]/6 \}
\[ I(i, \alpha) \equiv \int_0^1 x^{-1} \left[ \mathcal{W}_i^V(x) \right]^{3-i} \left[ \partial_\alpha \mathcal{W}_i^V(x) \right] dx \]

Table VIII. Elastic nonlinearity of a nanosphere. The terms \( V_2(\nabla u) \) and \( V_3(\nabla u) \) are the harmonic and leading-order anharmonic contributions to the elastic energy density \( \nu \) of an isotropic body [69]. The frequency \( h_\gamma \) is the leading-order anharmonic correction to the frequency of the \( S_{001} \) mode. We define the dimensionless nonlinear elastic constants \( \hat{A} \equiv A/(2\mu + \lambda) \) and likewise for \( \hat{B} \) and \( \hat{C} \).

for \( i = 2, 3 \). The linear elastic energy \( \hat{V}_2 \) is contained in the Hamiltonian Eq. (A9) of linear elasticity theory. The term \( \hat{V}_3 \) represents the leading order nonlinear correction to the elastic energy. In general, it causes a shift in the eigenfrequencies of the linear elastic phonon eigenmodes summarized in Appendix C and leads to coupling between the modes. The shifts and coupling frequencies can in principle be evaluated from \( V_3 \) in Table VIII. In practice, only the \( S_{001} \) and \( S_{201} \) are significantly displaced by the static centrifugal force and thereby primarily affected by anharmonicities; see Sec. III. In order to obtain a simple criterion for the rotation frequencies at which anharmonic effects become relevant, we focus on the frequency shift of the radially symmetric \( S_{001} \) mode and neglect its anharmonic coupling to other modes. For the \( S_{001} \) mode \( \hat{V}_2 \) (see Sec. II) are \( \langle 0 \hat{V}_2 | 0 \rangle = h\omega_{\gamma} \Re (\hat{d}_{\gamma}) \) and \( \langle 0 \hat{V}_3 | 0 \rangle = h\gamma \Re (\hat{a}_{\gamma}) \). Here, the displacements \( \hat{d}_{\gamma} \in \mathbb{R} \) such that we can express the expected elastic energy due to the \( S_{001} \) mode of a spinning nanoparticle in the absence of vibrations as
\[ \langle 0 \nu | 0 \rangle = h\omega_{\gamma} \hat{d}_{\gamma} \left[ 1 + \frac{h\gamma}{\omega_{\gamma}} \hat{d}_{\gamma} + \mathcal{O}^2(\hat{d}_{\gamma}) \right] . \]

Anharmonic effects can be neglected at rotation frequencies for which the frequency-dependent displacement \( \hat{d}_{\gamma} \) is sufficiently small such that \( h\gamma \hat{d}_{\gamma}/\omega_{\gamma} \ll 1 \). In Figure 5, we plot \( h\gamma \hat{d}_{\gamma}/\omega_{\gamma} \) as a function of the rotation frequency for the parameters given in Table I. At frequencies \( \omega \ll c_I/R \), the anharmonic correction scales as \( h\gamma \hat{d}_{\gamma}/\omega_{\gamma} \propto \omega^2 R^3/c_I^2 \) with a prefactor that only depends on the Poisson ratio and the three nonlinear elastic constants as indicated by the dashed-dotted line. We define \( \omega_{\text{nl}} \) as the rotation frequency at which anharmonic corrections change the linear elastic energy of the displaced \( S_{001} \) by 25%. For the parameters specified in Table I and used in the case study in Sec. III, we find that \( \omega_{\text{nl}} = 2 \times 5.1 \text{ GHz} \). We use \( \omega_{\text{nl}} \) to indicate in which regime to expect sizable corrections to the linear elastic results presented in Figures 1 and 3.

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In order to obtain a formulation of our analysis based on the classical theory instead of its quantized counterpart, it is sufficient to change to the Heisenberg picture and replace all ladder operators $\hat{a}_\alpha(t)$ with complex valued normal variables $a_\alpha(t)$.

The shift of the ladder operators $\hat{a}_\alpha$ by complex numbers $d_\alpha$ corresponds to a unitary transformation with the mode displacement operator $D \equiv \bigotimes_\alpha \exp(d_\alpha \hat{a}_\alpha - d_\alpha^* \hat{a}_\alpha^\dagger)$ such that any operator $\hat{O}$ is transformed as $\hat{O}' \equiv D^\dagger \hat{O} D$. Subsequently, we mark operators in the initial representation with an underline and drop the index $d$ denoting the new representation.

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It is convenient to include only phonon modes with polar order $l \leq l_{\text{max}}$ and radial order $n \leq n_{\text{max}}$ which amounts to $N = 2l_{\text{max}}(l_{\text{max}}+1)^{2} - 3$ modes. The results presented in Sec. III were obtained for $(l_{\text{max}}, n_{\text{max}}, N) = (3, 3, 93)$. Including higher order phonon modes has no relevant impact on our findings. First of all, the displacements drop quickly with $n$. For instance, the displacements of the $S_{100}$ and $S_{200}$ modes are more than two orders of magnitude smaller than the displacements of the $S_{003}$ and $S_{013}$ modes. The static field $u_\theta(r)$ as well as the optical properties we infer from it are therefore numerically stable vis-à-vis the truncation of Eq. (12): Including higher order modes up to $(l_{\text{max}}, n_{\text{max}}, N) = (5, 5, 357)$, for example, modifies the prediction for the change of the half axis $a_x - R$ by only 0.4% at $\omega = 2 \pi \times 5$ GHz. Similarly, the part of the phonon spectrum of the spinning particle shown in Figure 2 converges quickly when increasing the number of modes included. Indicative is that the constant $\chi_c$ characterizing the linear stability the Hamiltonian Eq. (13) only changes by about 0.5% when extending the analysis to 357 phonon modes.

The spheroidal shape of a spinning nanoparticle can for instance be verified numerically by checking that the size $R + u_\theta(r)$ of the nanoparticle obeys the equation of an ellipsoid.
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