The genetic correlation between feed conversion ratio and growth rate affects the design of a breeding program for more sustainable fish production

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Abstract

Background: Most fish breeding programs aim at improving growth rate and include feed conversion ratio (FCR) neither in the breeding goal nor in the selection index, although decreasing FCR is known to increase farm profit and decrease environmental impacts. This is because FCR is difficult to measure in fish that live in groups and FCR is assumed to have a favourable (negative) genetic correlation with growth, although the magnitude of this correlation is unknown. We investigated the effect of the genetic correlation between growth and FCR on the economic and environmental responses of a two-trait breeding goal (growth and FCR), compared to a single-trait breeding goal (growth only). Next, we evaluated the weights to assign to growth and FCR in a two-trait breeding goal to maximize sustainability of fish production.

Methods: We used pseudo-best linear unbiased prediction (BLUP) index calculations to simulate a breeding program for sea bass. For the single-trait breeding goal, the trait in the breeding goal and in the index was thermal growth coefficient (TGC) and for the two-trait breeding goal, the traits in the breeding goal were TGC and FCR and the traits in the index were TGC and percentage of fat in the dorsal muscle (an indirect measure of FCR). We simulated responses to selection for genetic and phenotypic correlations between TGC and FCR ranging from 0 to −0.8. Then, in the two-trait breeding goal, we calculated the economic return and the change in eutrophication when using economic values (EV) or environmental values (ENV).

Results: When the genetic correlation between TGC and FCR was lower than −0.45, we found major differences in economic returns and in eutrophication between single and two-trait breeding programs. At a correlation of −0.25, the two-trait breeding goal based on EV increased economic return by 25% compared to the single-trait breeding goal, while using ENV decreased eutrophication by 1.34% per ton of fish produced after one generation of selection.

Conclusions: The genetic correlation between TGC and FCR affects the magnitude of economic losses due to omitting FCR in the breeding program. In addition, the genetic correlation affects the importance of choosing EV or ENV to reduce eutrophication and increase profit.

Background

Most fish breeding companies consider growth rate as the major trait to be improved in their breeding program [1]. When a farm is operating under a quota on biomass, which is for example the case for salmon farms in Norway, improving growth rate is expected to increase farm...
profit through a reduction in production time, thus increasing annual production and returns. However, livestock and fish production has an impact on the environment [2, 3], which raises the need for breeding programs that reduce these impacts. Several studies have already investigated the environmental impact of genetic improvement of traits in livestock [4–7] and fish production [8, 9]. Our studies on fish showed that improving feed conversion ratio (FCR; the ratio of feed intake over body weight gain) can increase profit and decrease environmental impacts at the same time, which makes FCR an essential trait to include in breeding programs. However, unlike terrestrial livestock, feed efficiency is typically not included in fish breeding programs because individual feed intake cannot be measured accurately in group-reared fish (see review in [10]), and because feed efficiency is assumed to have a favourable (negative) correlation with growth rate, although the exact value of this correlation is uncertain. Several studies in terrestrial animals and in fish have reported a negative genetic correlation between growth and FCR [11, 12], whereas other studies on fish showed a zero correlation (e.g. in brown trout [13–15]).

The genetic response of a breeding program depends on the phenotypic and genetic correlations between the traits in the breeding goal and in the corresponding selection index. In the case of a single-trait breeding goal where the trait of interest is e.g. growth rate, the response depends only on the heritability and phenotypic variance of growth rate, and on the intensity of selection. A correlated response in FCR will depend on the genetic standard deviation of FCR and on the genetic correlation between FCR and growth rate. In a breeding goal with growth rate and FCR, the response depends not only on the phenotypic and genetic correlations between the traits in the selection index and in the breeding goal but also on the weights applied to the traits in the breeding goal (Eq. 3, see below). When the main objective of selection is to maximise farm profit, the weights used in the breeding goal are economic values (EV). Using these values in a breeding goal and the optimal index corresponding to that breeding goal optimizes the direction and magnitude of the genetic responses in growth rate and FCR to maximize the economic return of genetic improvement.

However, EV might not be the best weights to enhance the environmental sustainability of fish production. In a previous study [8], we calculated environmental values (ENV) of fish traits by combining bio-economic modeling and life cycle assessment (LCA) [16], as in van Midelaar et al. [6]. Similar to EV, ENV express the change in different categories of environmental impact (e.g. climate change or eutrophication) when changing one trait and keeping the other traits in the breeding goal constant. These ENV can be used as weights in the breeding goal to derive a selection index that maximizes the reduction of the environmental impacts of fish production. In this study, we calculated EV based on the impact of genetic change on profit per farm per year and ENV based on differences in kg of pollutants emitted per farm per year (Eqs. (1) and (2), see below). We chose these units because most pricing mechanisms, constraints on inputs and outputs, and management variables act at the farm level [17]. At the farm level, the ENV consider the absolute change in environmental impacts to reflect the environmental impact of a farming site (i.e. benthos degradation, dissolved nutrient emissions, ecosystem changes).

In this paper, we explored different strategies to enhance the economic and environmental sustainability of fish production. First, we explored the potential gain in economic return of upgrading a simple breeding program for growth rate only by including FCR in the breeding goals and percentage of fat in the dorsal muscle as an indirect criterion of FCR in the index. We explored this potential gain as a function of the genetic and phenotypic correlation between growth and FCR. Then, we compared the response to selection in terms of economic gains and change in eutrophication for the two-trait (growth and FCR) breeding goal using economic (EV) or environmental weights (ENV).

**Methods**

In a previous study [9], we calculated EV and ENV for thermal growth coefficient (TGC in $g^{1/3} \cdot d^{-1} \cdot C^{-1}$) and FCR using a bio-economic model and an LCA for sea bass reared in sea cages. The approach and models used are briefly described below.

**Bio-economic model**

The bio-economic model estimated the production of sea bass (*Dicentrarchus labrax*) in a hypothetical sea cage farm producing 1000 tons of sea bass per year, where the instant biomass present on site was constrained to 435 tons (“standing stock” or “biomass” quota). The farm was composed of 34 circular cages of 600 m$^3$ for pre-growing and 34 circular cages of 1800 m$^3$ for on-growing. Fish were stocked at 10 g and sold at a fixed harvest weight of 400 g. Stocking occurred all year round. The bio-economic model was divided into four model parts.

1. The fish model estimates individual fish growth using TGC corrected for the concave relationship between growth rate and temperature [18]. FCR was modelled by combining a third order polynomial model from Person-Le Ruyet et al. [19] that models FCR as...
a function of temperature at a fixed body weight with an exponential model from Lanari et al. [20] that models the variation of FCR with fish body weight. The fish model also estimates the individual emission of nutrient-based pollutants using mass-balance [21, 22].

2. The batch model estimates the average stocking density of a batch depending on individual fish performances (from the fish model) and mortality. A batch is defined as the group of fish stocked at the same time in the same pre-growing cage.

3. The farm model estimates the number of batches produced to calculate annual fish production, emission of pollutants, and annual feed consumption, while complying with the quota on biomass.

4. Finally, in the economic model, annual profit is calculated by combining results of the farm model with economic parameters.

Further details about the bio-economic model are in Additional files 1, 2, 3: Tables S1, S2 and S3.

**Life cycle assessment**

LCA is a standardized method to calculate the environmental impact of a production chain, from raw material extraction up to the product’s end of life [23]. The production chain studied here included five distinct sub-systems: (1) production of purchased feed, including production of ingredients, processing, and transportation; (2) production of energy expended at the farm level (electricity, gas and petrol); (3) production of farming facilities and equipment; (4) chemicals used, including the production and use of anti-fouling for nets; (5) farming operations, including emission of nutrient based pollutants from biological transformation of feed.

Each flow of resources and pollutants observed in the system was assigned to eutrophication potential. We chose to investigate only eutrophication because quotas are essentially designed to limit the eutrophication caused by fish farming. The characterization factors in the CML2 Baseline 2000 version 2.04 method were used to compute eutrophication. The categories of impact were calculated using the Simapro® 7.0 software. Eutrophication was expressed per ton of feed before (impact_farm) and after genetic change (impact_farm_after) changing the trait by one trait unit, divided by the production of fish before genetic change (production_before).

\[
EV = \frac{\text{profit}_\text{after} - \text{profit}_\text{before}}{\text{production}_\text{before}}. 
\]  

We used the eutrophication per year per farm (impact_farm) to calculate environmental values for eutrophication at the farm level for TGC and FCR. The ENV of a trait was calculated as the difference between profit before (profit_before) and after (profit_after) changing the trait by one unit, divided by the production of fish before genetic change (production_before).

\[
ENV = \frac{\text{impact}_\text{farm}_\text{after} - \text{impact}_\text{farm}_\text{before}}{\text{production}_\text{before}}. 
\]

The resulting EV and ENV are in Table 1. Here, we consider that a positive EV or ENV means that an increase in trait value increases economic return and decreases environmental impacts of a farm.

The mechanisms by which a change in TGC determined its EV and ENV were as follows. An increase in TGC reduces the production cycle and therefore, increases the number of times per year when the farm is running at the maximum biomass [9]. Therefore, improving TGC increases production and increases the number of juveniles purchased. Furthermore, at a constant FCR, an increase in TGC does not affect total feed intake over feed intake. Conversely, improving FCR while keeping TGC constant was generated by reducing feed intake.

Unlike previous studies [9, 24], we displayed EV as monetary gain per one unit of trait change (and not per genetic standard deviation), i.e. from 2.25 to 3.25 g/3 . d^{-1}. C^{-1} for TGC and from 2.03 to 1.03 for FCR, to comply with the requirements of the software (SelAction) used to compute response to selection. The EV of a trait was calculated as the difference between profit before (profit_before) and after (profit_after) changing the trait by one unit, divided by the production of fish before genetic change (production_before).

| TGC | FCR | Ratio (EV_{TGC/EV_{FCR}}) |
|-----|-----|--------------------------|
| EV (€/kg of fish produced) | 0.65 | -1.32 | 1: -2.03 |
| ENV (g PO₄-eq/kg fish produced) | -48.83 | -106.67 | 1: 2.18 |
the life of a fish but annual feed consumption per year per farm increases due to higher production. Consequently, the EV of TGC is positive because extra profit from higher production overtakes extra costs of feed and juveniles. However, the ENV of TGC is negative because an increase in TGC increases eutrophication due to greater use of feed and greater emissions of pollutants per farm per year [9]. The mechanism by which changes in FCR determined its EV and ENV was that a reduction of FCR while keeping TGC constant reduces the total amount of feed required to reach harvest weight. Therefore, reducing FCR reduces the annual use of feed per farm [9]. Consequently, the EV and ENV of FCR are both negative, meaning that an increase in FCR decreases profit and eutrophication.

Simulated breeding program
We simulated a simple breeding program for sea bass using SelAction [25], in which 100 females were mated to 100 males to create 100 full-sib families. Forty fish (20 females and 20 males) were kept per family (4000 fish in total) as selection candidates. From these candidates, 200 (5%, 100 males and 100 females) were selected as parents for the next generation, corresponding to a selection intensity of 2.06. The breeding goal included two traits, TGC and FCR:

\[ H = W TGC \times A TGC + W FCR \times A FCR, \]

where, \( W \) is the EV or ENV and \( A \) is the additive genetic value. Selection was based on own performance and information from 39 full sibs for TGC and the percentage of fat in dorsal muscle (%fat). We assumed a non-lethal measurement of %fat using ultrasounds as an indirect criterion of FCR as in Kause et al. [26]. Genetic gain per generation obtained from SelAction was converted to genetic standard deviation (\( \sigma g \)) per year considering an average generation interval of 2.5 years (3 years for females and 2 years for males). We expressed genetic gain in \( \sigma g \) to compare the genetic gain achieved for the three traits on a standardized basis. We used the single trait breeding goal \( H = A TGC \) as the baseline where selection was on TGC using a pseudo-BLUP index based on own performance and information from 39 full sibs for TGC only, resulting in correlated responses in %fat and FCR.

Genetic parameters
Genetic parameters of the three traits are in Tables 2 and 3. For FCR, genetic parameters were from rainbow trout (Oncorhynchus mykiss), whereas correlations between FCR and % fat were from European sea bass. Genetic and phenotypic correlations between TGC and FCR are uncertain in sea bass. Thus, we tested values ranging from 0 to −0.8 in steps of 0.01 for both genetic and phenotypic correlations between TGC and FCR. The genetic and phenotypic correlations between TGC and FCR were assumed equal to each other.

Results
Genetic gain
In the single-trait breeding goal, the response to selection for TGC was always the same regardless of the correlation with FCR because only the response for TGC was maximized (Fig. 1, left panel). The correlated response for %fat was also constant since the genetic correlation between TGC and %fat was fixed (Fig. 1, right panel). Conversely, as expected, the correlated response in FCR from selection on TGC was higher when the genetic correlation between TGC and FCR was stronger (Fig. 1, central panel).

In a two-trait breeding goal, the response to selection achieved is the result of a complex interaction between weights assigned to each trait and the additive genetic variances for those traits, and their correlations. The response to selection for FCR was favourable (FCR decreased) and similar when using either EV or ENV (Fig. 1, central panel). When the correlation between TGC and FCR was strongly negative (≤ −0.17 for EV and ≤ −0.22 for ENV), response to selection for FCR increased because FCR could be improved by simply

### Table 2 Genetic parameters of thermal growth coefficient (TGC), feed conversion ratio (FCR) and percentage of muscle fat (%fat) used to simulate response to selection

| Trait       | Heritability | Genetic standard deviation | References |
|-------------|--------------|----------------------------|------------|
| TGC         | 0.43         | 0.23                       | [27]       |
| FCR         | 0.17         | 0.38                       | [12]       |
| %fat        | 0.42         | 1.18                       | [26]       |

### Table 3 Genetic (above diagonal) and phenotypic (below diagonal) correlations between thermal growth coefficient (TGC), feed conversion ratio (FCR) and percentage of muscle fat (%fat)

|          | TGC  | FCR  | %fat |
|----------|------|------|------|
| TGC      | [−0.8]a | 0.75b |
| FCR      | [−0.8]a | −0.39b |
| %fat     | 0.31b | −0.02b |

a Correlations values between brackets refer to the range of values tested from 0 to −0.8 with a step of 0.01
b Based on [33]
improving TGC. When the correlation between TGC and FCR reached $-0.8$, almost all the selection response for FCR was due to the improvement in TGC and there was little benefit from including %fat. However, the improvement in FCR reached a minimum value when the correlation between TGC and FCR was $-0.17$ (when using EV) or $-0.22$ (when using ENV).

Interestingly, using EV or ENV caused different responses for TGC (Fig. 1, left panel). For correlations of TGC with FCR between $-0.21$ and $0$, TGC decreased when using ENV basically because TGC was quite heritable ($h^2 = 0.43$) and because the ENV of TGC was negative. When the correlations became stronger ($< -0.21$), improving FCR, which was the trait with the largest ENV could only be achieved by increasing TGC. On the contrary, the response to selection for TGC was always positive (TGC increased) when using EV because the EV of TGC was positive and selection on TGC generated a favourable correlated response for FCR (except when the correlation was exactly $0$).

As expected, response for %fat was positive when using EV due to the positive correlation of TGC with %fat (Fig. 1, right panel). The increase in %fat was even larger when the correlations between TGC and FCR approached $0$, due to the increased importance of %fat to improve FCR. When using ENV, the increase in response for %fat was largest for correlations between TGC and FCR of $-0.4$. For correlations greater than $-0.4$, the response in %fat decreased in order to generate a decrease in TGC, which had a negative ENV. For correlations lower than $-0.4$, the response for %fat decreased because the correlations between TGC and FCR were sufficiently high to generate a favourable correlated response for FCR without having to increase %fat too much.

**Economic return and change in eutrophication**

With the single-trait breeding goal, economic returns increased linearly (Fig. 2, left panel) while eutrophication decreased linearly (Fig. 2, right panel) with a decrease in the correlation between TGC and FCR. Nevertheless, implementing a single-trait breeding goal caused an increase in eutrophication per farm per year when the correlation between TGC and FCR was weak, between $-0.27$ and $0$ (Fig. 2, right panel).

In contrast, for the two-trait breeding goal, using either EV or ENV increased economic return and decreased eutrophication. As expected, using EV in the breeding goal gave the greatest economic return (Fig. 2, left panel). Economic returns were similar between EV and ENV when the correlation between TGC and FCR was lower than $-0.5$. However, when the correlation was between $-0.5$ and $0$, the economic return achieved when using ENV was lower than when using EV. The difference in economic return between EV and ENV reached a maximum when the correlation between TGC and FCR was $-0.19$ (0.038 €/kg produced/year). Note that, when the
correlation was between $-0.41$ and $-0.05$, using ENV resulted in lower economic returns than the single-trait breeding goal. Using ENV in the breeding goal generated a reduction of eutrophication of at least $1.55$ kg PO$_4$-eq per ton of fish produced per year (Fig. 2, right panel, correlation $-0.4$). This is a reduction of $0.92\%$ per year, considering an eutrophication of $168.51$ kg PO$_4$-eq per kg produced per year before genetic improvement [9]. With correlations closer to zero, the reduction of eutrophication rapidly reached $4.5$ kg PO$_4$-eq per ton of fish produced per year, which is more than what was obtained by using EV (2.5 kg PO$_4$-eq with a correlation of 0). The reduction in eutrophication per year did not differ between EV and ENV when the correlation between TGC and FCR was lower than $-0.45$.

**Discussion**

To our knowledge, this is the first study that explores the influence of the correlation between growth rate (expressed as TGC) and FCR on the design of a fish breeding program for economic or environmental sustainability. Although selection on a component trait such as FCR is generally assumed to be less efficient than selection on an index weighing the components, selection on FCR directly could be more efficient if the heritabilities of both traits (body weight gain and feed intake) were similar [29]. In fish, data on the genetic parameters of feed intake are still lacking and the best strategy to maximize improvement of feed efficiency is yet to be determined. Measuring FCR directly on individual fish is indeed difficult and improving FCR depends on its correlation with other traits included in the breeding goal and in the index. In fish, the genetic correlation of FCR with TGC, the trait considered as most important by farmers, is uncertain. Thus, we explored the effect of the correlation between TGC and FCR on the response to selection and on the economic return of two breeding programs: (1) single-trait breeding goal, the trait in the breeding goal and in the index was TGC; and (2) a two-trait breeding goal, where TGC and FCR were in the breeding goal while TGC and percentage of fat in the dorsal muscle (%fat) were in the index. In this index, %fat was used as an indirect criterion of FCR. Then, for the two-trait breeding goal, we explored the effect of this correlation between TGC and FCR on the economic return and on the eutrophication change when using economic values or environmental values as weights in the breeding goal.

According to Brascamp et al. [30], the economic values of traits should be calculated while considering that the farm is running under an optimized state and that, in the long term, extra profit from increasing production tends to be absorbed by the different stakeholders of an industry. Smith et al. [31] added that, in such industries where
an equilibrium is reached, only decreases in cost should be included in the calculation of economic values. In the present study, harvest weight was fixed at 400 g, and the technical (number of cages) and zootechnical parameters (stocking density) were optimized to produce 1000 tons while keeping the constraint on the biomass. However, we decided to include the extra profit due to higher production in the calculation of economic values because fish farming is a recent industry and is not at equilibrium due to constant innovations. For a growing industry such as fish farming, any improvement of production volume within the production system and its quotas should be considered, as it reflects better production efficiency. This extra profit generated by increasing production could then be reinvested to fuel these innovations. This is supported by Amer et al. [32] who suggested that economic values depend on the economic and technical context of the industry.

Our results show that there are only minor differences in economic and environmental responses between the single-trait breeding goal and the two-trait breeding goal based on EV or ENV when the genetic correlation between FCR and TGC is strongly negative (−0.5). This suggests that, in such cases, an easy and affordable single-trait breeding program for TGC only should be sufficient to generate economic profit and simultaneously reduce environmental impacts, although it does not maximize the economic or environmental responses. The reason for this small difference between single and two-trait breeding goals is that improving TGC is easy (due to its high heritability), and indirectly generates a favourable correlated response for FCR. However, when the correlation between TGC and FCR is weaker (0 to −0.5), there are large differences in economic return and in reduction of environmental impacts between single and two-trait breeding goals. A breeding program with only TGC in the index performs less well in terms of economic return than a breeding program with TGC and %fat in the index using EV as weights in the breeding goal. This difference is a direct result of the introduction of %fat in the index that allowed to improve the response to selection in FCR in the two-trait breeding goal. For instance, if the correlation is around −0.2, the economic return is 0.066 €/kg produced/year with the two-trait breeding goal and 0.049 €/kg with the single-trait breeding goal. Thus, this represents a reduction of about 26.6% of the economic return. This reduction is even larger when the correlation is null. This difference between single and two-trait breeding goals is also observed for the reduction of eutrophication. With a correlation of −0.4, using a single-trait breeding goal constrained the reduction of eutrophication by 39.7% compared with a two-trait breeding goal weighted by ENV. Using a single-trait breeding goal could even increase eutrophication compared to the two-trait breeding goal weighted by ENV if the genetic correlation is higher than −0.28.

Although %fat is acknowledged to be an important driver of the results obtained, we did not investigate the effect of a potential change of the correlation between %fat and TGC and FCR on selection response when the correlation between TGC and FCR changed. Mainly because we do not know precisely how the genetic correlations between three traits would behave when the genetic correlation between two of these traits would change. Nevertheless, if we consider that the genetic correlation between TGC and %fat is close to the 0.75 value tested here, the correlation between FCR and %fat would have a strong effect on the response to selection when the genetic correlation between TGC and FCR is weak. In that case, the response to selection for FCR would probably be higher if the genetic correlation between FCR and %fat is stronger.

So far, in fish, there are strong indications that the correlation between TGC and FCR is weak (between 0 and −0.4, e.g. [26]). Hence, both traits (TGC and FCR) should be included in the breeding goal and in the index to maximize the economic or environmental responses. However, the success of a breeding program in improving FCR largely depends on the availability of phenotypes that can be used as indirect criteria for FCR. To date there is no method to record FCR efficiently at a low cost that have been implemented in a fish breeding program although several methods have been proposed [33, 34]. Therefore, finding an efficient method to phenotype fish for FCR is an important challenge for fish breeders. In this regard, muscle fat content may be a trait of premium interest as it can be measured on selection candidates with non-invasive ultrasound measurements [35]. In the pig industry, Knap and Wång [36] reported positive genetic correlations between backfat depth and FCR, which means that selection for leaner pigs led to an improvement of FCR because fat deposition is less efficient in terms of energy used per unit of weight gain than protein deposition. In fish, fat is mostly deposited as visceral and intramuscular/subcutaneous fat and it has been reported that fat content related traits and FCR are genetically correlated [26, 37]. In 2007, Quillet et al. [38] showed that a trout line selected for low muscle lipid content was more efficient than a line selected for high muscle lipid content. In our study, we used muscle fat as an indirect criterion in the index based on results from Besson et al. [33]. Surprisingly, even an indirect criterion with a relatively weak genetic correlation with FCR (−0.39) resulted in a reduction in eutrophication. Thus, assuming that TGC or another growth trait is always the main trait in the breeding goal, the inclusion in the
index of any other indirect criterion with a strong correlation with FCR would improve FCR and thus increase economic return and reduce eutrophication. However, other methods should be investigated such as weight loss after fasting [39] or individual FCR in aquarium under restricted feeding, which was shown to be phenotypically linked to FCR [33].

We also explored what would be the best type of weighting factor for a two-trait breeding goal (with TGC and FCR in the breeding goal) to enhance the sustainability of fish production. We found that, when the correlation between TGC and FCR is strongly negative, the environmental response is not sensitive to the use of EV or ENV in the breeding goal. This is because the strong favourable genetic correlation between TGC and FCR brings information on the EBV of FCR (the trait with the greatest relative EV and ENV), which enhances the favourable response of FCR. However, the response in economic return and in reduction of environmental impacts is sensitive to the use of EV versus ENV when the genetic correlation between TGC and FCR is weakly negative. First, although the reduction of eutrophication at the farm level is lower with EV than with ENV, it remains favourable because EV puts more emphasis on improving FCR and results in a reduction of the amount of feed required per unit of fish produced. Thus, using EV maximizes the economic return but is also promising for reducing eutrophication. However, using ENV when the genetic correlation between TGC and FCR is weak decreases the economic return, i.e. by 56.4% compared to a breeding goal using EV when the correlation is $-0.2$. The reason is that the ENV of TGC and FCR are both negative whereas the EV of TGC is positive and the EV of FCR is negative; this change causes a large shift in trait responses. With ENV, the main opportunity to reduce eutrophication is not to select for better FCR but to reduce TGC. However, this makes no sense in economic terms because TGC has a positive EV, and then the economic return of the breeding program decreases drastically. In this case, the financial incentive for farmers to decrease eutrophication by using ENV in the breeding goal is low and using ENV may not be the solution to enhance the sustainability of fish production. Thus, using ENV instead of EV depends on the willingness of farmers to accept a slightly lower increase in economic return in exchange of an improvement in environmental impacts. However, farmers could benefit from such an environmental-based breeding program indirectly, since it has been shown that consumers are willing to pay a price premium for salmon produced with more environmental considerations [40]. Thus, the potential increase in sale price could offset some of the lost economic return, as a result of using ENV. In practice, the local environmental impact of fish farming is also determined by spatial planning and can be managed by adapting the quota system.

If there is an antagonism between EV and ENV, it could be interesting to combine them in the aggregate genotype. However, this requires that they are expressed in the same units, i.e. that ENV is converted to a monetary unit. This is possible when ENV is calculated for climate change because a shadow price of carbon exists, which is defined as the cost of the damage caused by emitting an additional ton of CO$_2$. Combining EV and ENV in the breeding goal would balance out the genetic gain between economic return and environmental impact [41, 42]. However, to our knowledge, other categories of impacts such as eutrophication have not yet been monetarized.

Our study shows that, although a quota is implemented to constrain the environmental impacts, environmental impacts per farm per year could increase as a result of genetic improvement, especially when only growth is improved. In that case, and assuming a weak correlation with FCR, improving TGC would increase environmental impacts per farm per year, although the quota on biomass is respected. The aim of the quota on biomass is to ensure that the surrounding environment has the capacity to assimilate the nutrients produced by the farm, which is termed the carrying capacity of the environment [43]. Thus, although the emission of waste per day does not exceed the carrying capacity, it would be essential to verify that the local environment is not affected by the increase of the annual emission of wastes. In such a case, breeding would become a problem and not a solution to reduce environmental impacts of fish farming. To change this, the breeding program should be modified to respect the annual carrying capacity by including other traits in the breeding goal and in the index. For instance, in our situation, adding FCR in the breeding goal and %fat in the index would reduce the amount of nutrients emitted per year per farm regardless of the weights used in the breeding goal. Another solution would be to change the overall quota regulation by imposing an annual quota on feed used. In such a case, it is likely that the EV and ENV of the traits would differ but FCR would remain the key trait to be improved and this quota definition would motivate breeders to include it in their index. The importance of feed efficiency in breeding programs to reduce environmental impacts has also been demonstrated by Ali et al. [41, 42] in livestock. They showed that using EV that integrate environmental costs in a pig breeding program for growth and FCR results in reducing greenhouse gas emissions and excretions of nitrogen and phosphorus.
Conclusions
This is the first study that explores the influence of the genetic correlation between growth rate and feed conversion ratio on the optimal breeding program for economic or environmental sustainability. We showed that a favourable response in FCR is key to improving profit and to reducing eutrophication at the farm level because it reduces the amount of feed used to produce one kg of fish. Feed is the largest economic cost for farmers and also the largest environmental cost due to its manufacturing and its biological transformation into nitrogen-based waste by the fish [44]. We showed that the two-trait breeding goal using with %fat in the index as indirect criterion of FCR was best to reach the favourable response in FCR. Using EV in this two-trait breeding goal increased economic return by 5 to 127% compared to a single-trait breeding goal for TGC. Furthermore, this two-trait breeding goal was able to reduce eutrophication by 1.34% (using ENV) and 0.63% (using EV) per kg of fish produced per year when the correlation between TGC and FCR is −0.25. Based on these results, we strongly recommend to include FCR in breeding goals with an indirect criterion in the index of a fish breeding program, especially if the correlation between TGC and FCR is weak.

Supplementary information
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Additional file 1: Tables S1. Calculations and parameters involved in the bio-economic model.

Additional file 2: Tables S2. Technical parameters of the sea bass farm running under a quota on biomass.

Additional file 3: Tables S3. Revenue and costs (variable and fixed) of a sea bass farm running under a quota on biomass.

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Authors’ contributions
MB and GR developed the R script to compute the response to selection for several genetic correlations. MB wrote the manuscript. MV, HK and GR produced comments and corrections to improve the manuscript. All authors read and approved the final manuscript.

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Availability of data and materials
The R script used to compute the response to selection for several genetic correlation and the datasets generated for the current study are available from the corresponding author on request.

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Not applicable.

Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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