SPECTRAL CHANGES IN THE HYPERLUMINOUS PULSAR IN NGC 5907 AS A FUNCTION OF SUPER-ORBITAL PHASE

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ABSTRACT

We present broadband, multi-epoch X-ray spectroscopy of the pulsating ultra-luminous X-ray source (ULX) in NGC 5907. Simultaneous XMM-Newton and NuSTAR data from 2014 are best described by a multicolor blackbody model with a temperature gradient as a function of accretion disk radius significantly flatter than expected for a standard thin accretion disk \( T(r) \propto r^{-p} \), with \( p = 0.60^{+0.14}_{-0.01} \). Additionally, we detect a hard power-law tail at energies above 10 keV, which we interpret as being due to Comptonization. We compare this observation to archival XMM-Newton, Chandra, and NuSTAR data from 2003, 2012, and 2013, and investigate possible spectral changes as a function of phase over the 78-day super-orbital period of this source. We find that observations taken around phases 0.3–0.4 show very similar temperature profiles, even though the observed flux varies significantly, while one observation taken around phase 0 has a significantly steeper profile. We discuss these findings in light of the recent discovery that the compact object is a neutron star and show that precession of the accretion disk or the neutron star can self-consistently explain most observed phenomena.

Key words: accretion, accretion disks – pulsars: individual (NGC 5907 ULX1) – X-rays: binaries

1. INTRODUCTION

Only a few sources in our Galaxy are known to be able to sustain luminosities close to the Eddington luminosity. However, in nearby galaxies many dozens of off-nuclear systems are known that reach luminosities greater than \( 1.4 \times 10^{50} \) erg s\(^{-1} \), the Eddington luminosity for a typical black hole binary with a mass of \( M_{BH} = 10 M_{\odot} \); some of these exceed this luminosity by orders of magnitude (e.g., Swartz et al. 2008; Walton et al. 2011). Since these sources are significantly separated from the center of mass of their host galaxies, they cannot be related to super-massive black holes. We refer to these extreme accretors as ultra-luminous X-ray sources (ULXs).

Due to their high luminosity, it has been speculated that ULXs host intermediate mass black holes (IMBHs, see, e.g., Colbert & Mushotzky 1999), which might provide important building blocks to form the super-massive black holes that power active galactic nuclei (Volonteri 2010). In this case, and assuming accretion physics is largely mass-invariant, we would expect a power-law-like hard X-ray spectrum, with a roll-over at energies \( \geq 100 \) keV produced by Comptonization in a hot corona. However, numerous studies have shown that most bright ULXs show a distinctly different spectral shape (e.g., Stobbart et al. 2006; Gladstone et al. 2009). In particular, in the NuSTAR era, the high-energy (>10 keV) spectra of bright ULXs have now become routinely observable. Such ULXs show a spectrum that seems thermal in origin, with a fast turnover above \( \sim 10 \) keV.

The spectral shape of these ULXs is also distinctly different from the spectra seen in the sub-Eddington accretion regime of most Galactic binaries and active galaxies. They are, therefore, likely stellar remnants accreting above the Eddington rate and typically assumed to be black holes. However, in a surprising discovery Bachetti et al. (2014) found that M82 X-2 is powered by a neutron star accreting at super-Eddington levels. Recently, two more neutron star powered ULXs were identified through their pulsations: NGC 7793 P13 (Fürst et al. 2016b; Israel et al. 2016b) and NGC 5907 ULX1 (Israel et al. 2016a).

NGC 5907 ULX1 has been reported to exhibit peak luminosities of up to \( 6 \times 10^{40} \) erg s\(^{-1} \), assuming a distance of 13.4 Mpc (Sutton et al. 2013). However, the most recent distance estimate by Tully et al. (2016) puts NGC 5907 at an even larger distance of 17.06 Mpc, which increases the peak luminosity to \( \sim 10^{41} \) erg s\(^{-1} \), and places NGC 5907 ULX1 among the extremely rare subset of ULXs referred to as hyper-luminous X-ray sources \( L_X \geq 10^{41} \) erg s\(^{-1} \). Its neutron star nature makes it a completely unique source, which apparently is accreting at about 500 times the Eddington rate (Israel et al. 2016a).

Using XMM-Newton, Sutton et al. (2012, 2013) found that the spectrum of NGC 5907 ULX1 shows a tentative high-energy roll-over at about 5 keV, in line with expectations from super-Eddington accretion. Walton et al. (2015a, hereafter W15) analyzed broadband XMM-Newton and NuSTAR and found a very good fit with a thermal spectrum, confirming the roll-over at high energies. This spectral shape is similar to many other ULX systems observed by NuSTAR in recent years (e.g., Bachetti et al. 2013; Walton et al. 2013, 2014, 2015a, 2015b; Mukherjee et al. 2015; Rana et al. 2015), many of which could harbor black holes, due to their lack of pulsations (e.g., Doroshenko et al. 2015). The spectral similarity might indicate that the observed radiation is dominated by the effects of the super-Eddington accretion flow and not by the properties of the compact object.

W15 obtained two epochs of observations in 2013, but found the source in an “off-state” during the first observation, in which it was not detected by NuSTAR and was only marginally detected in the second.

Sutton et al. (2013, 2016) analyzed broadband XMM-Newton and NuSTAR data from 2013 and 2014, and investigated possible spectral changes as a function of phase over the 17.06 Mpc, which increases the peak luminosity to \( \sim 10^{41} \) erg s\(^{-1} \), and places NGC 5907 ULX1 among the extremely rare subset of ULXs referred to as hyper-luminous X-ray sources \( L_X \geq 10^{41} \) erg s\(^{-1} \). Its neutron star nature makes it a completely unique source, which apparently is accreting at about 500 times the Eddington rate (Israel et al. 2016a).

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(at best) detected by XMM-Newton. In the second epoch, only four days later, the flux had recovered, having risen by at least two orders of magnitude. However, the observed 0.3–20.0 keV flux of (7.2 ± 0.3) × 10⁻¹³ erg s⁻¹ cm⁻² was still at the low end of typically observed fluxes for this source.

Following up on the remarkable flux variability observed in NGC 5907 ULX1, Walton et al. (2016a, hereafter W16) presented results of intense monitoring of the source with Swift/XRT over more than two years. While they did not observe another “off-state;” they found evidence for a stable ~78-day period. This period is most likely super-orbital, as Israel et al. (2016a) find evidence in the timing data of NGC 5907 ULX1 for an ~5-day orbital period. Figure 1 shows part of the Swift/XRT monitoring light curve with the average profile of the super-orbital period superimposed. Extrapolating this profile back to the XMM-Newton observations taken in 2003 and 2012, we can see that the 2003 data were taken close to a high state, while the 2012 data were taken close to the minimum of this cycle; though, the two 2013 observations both showed abnormally low fluxes for their phases.

Here we present observations taken simultaneously with XMM-Newton and NuSTAR during a high state of the 78-day period of NGC 5907 ULX1 in 2014 to obtain a higher quality X-ray spectrum above 10 keV and search for changes of the spectral parameters as a function of luminosity and time. These data are also analyzed by Israel et al. (2016a).

The remainder of the paper is structured as follows. In Section 2, we describe the data reduction and extraction. In Section 3, we first analyze the 2014 data in detail and then compare their spectral shape to archival data. We summarize and discuss our results in Section 4.

2. DATA REDUCTION AND OBSERVATION

Besides the new NuSTAR and XMM-Newton observations of 2014, we use three more epochs of observations: XMM-Newton data taken in 2003, XMM-Newton and Chandra data taken in 2012, and XMM-Newton and NuSTAR data taken in 2013. The former two epochs were first analyzed by Sutton et al. (2013) and the 2013 data were presented by W15. For the remainder of this paper, we identify the epochs by the year they occurred in; see Table 1.

2.1. NuSTAR

NuSTAR (Harrison et al. 2013) data were extracted using the standard nustardas pipeline v1.6.0 as distributed with HEASOFT V6.19. We applied the CALDB 20160706. Source data were extracted from 50″ regions centered on the source and within the pointing uncertainty for the J2000 coordinates of NGC 5907 ULX1. Background spectra were extracted from annuli centered on the same coordinates with inner radii of 90″ and outer radii of 200″. The source becomes background dominated around 10 keV and 20 keV for the 2013 and 2014 data, respectively. We therefore carefully checked that our choice of background region does not influence the results, finding consistent results when using a circular background region with a radius of 100″ located elsewhere on the same chip. Note that we only use the second observation in 2013 because the source was not detected in the first one (W15).

We additionally extracted data taken in SCIENCE_SC (mode 06), during which the optical bench star tracker does not provide a solution for aspect reconstruction. While the source is therefore not reconstructed accurately on the sky, the responses can still be calculated correctly. We used regions of the same size centered on the centroid coordinates of the visible point source in these data sets. See Fürst et al. (2016a) and Walton et al. (2016c) for details on mode 06 extraction. Using these data, we increased the effective exposure time by 10% and 15% for the 2013 and 2014 epoch, respectively. This extra exposure time is included in Table 1.

The 2014 data were obtained during two separate observations, about three days apart (Table 1). We initially analyzed each observation separately but did not find any significant differences between them. We therefore added both observations and treat them as one epoch for the remainder of this paper.

2.2. XMM-Newton

The XMM-Newton (Jansen et al. 2001) observations were reduced with the XMM-Newton Science Analysis System (SAS) v14.0.0 following standard procedures. The raw data files were filtered using epchain and emchain to produce cleaned event lists for each of the EPIC-pn and EPIC-MOS detectors, respectively (Strüder et al. 2001; Turner et al. 2001). As recommended, we use only single and double events for EPIC-pn, and single to quadruple events for MOS. We exclude periods of high background flaring. Science products were then produced using xmmselect, with the source emission
extracted from circular regions of radius \( \sim 20" - 30" \) (depending on the source brightness and its proximity to bad detector columns) and the background estimated from larger areas on the same CCD free of other contaminating point sources. Redistribution matrices and auxiliary response files were generated with rmfgen and arfgen, respectively. After performing the data reduction separately for each of the two MOS detectors, we combined the data from these detectors into a single spectrum for each epoch using the FTOOL addascaspec.

### 2.3. Chandra

*Chandra* (Weisskopf et al. 2000) observed NGC 5907 ULX1 for two back-to-back observations in 2012 (Table 1). We extracted the ACIS-S with the standard CIAO v4.8 pipeline. The source spectra were extracted from circular regions with 3\("\) radius centered on the J2000 coordinates, the background from 25\("\) radius regions to the northeast from a source-free area. The spectra of the two observations were added with the CIAO tool combine_spectra. In addition, the *Chandra* observations were performed within a few days of the 2012 *XMM-Newton* observations and did not show significant changes in spectral shape or flux. We therefore treat all of the 2012 data as a single epoch in the following analysis.

### 3. SPECTRAL ANALYSIS

For all our spectral fits, we assume a Galactic absorption column of \( 1.38 \times 10^{20} \text{ cm}^{-2} \) (Kalberla et al. 2005). We model the absorption with an updated version of the tbabs model (Wilms et al. 2000), using the corresponding abundances and cross-sections from Verner et al. (1996). We allow for an additional absorption column intrinsic to the ULX or NGC 5907, as found by Sutton et al. (2013) and W15.

The data were fitted using the Interactive Spectral Interpretation System (ISIS v1.6.2, Houck & Denicola 2000). We rebinned the *NuSTAR* data in ISIS to a signal-to-noise ratio (S/N) of four below 10 keV and three above. We additionally rebinned the data by at least a factor of three to prevent oversampling of the energy resolution. The *XMM-Newton* EPIC-pn data were rebinned to an S/N of six below 5 keV and four above, while the MOS data were rebinned to an S/N of five below 5 keV and three above. We use the *XMM-Newton* data in the energy range between 0.5 and 10 keV and *NuSTAR* between 3 and 40 keV. The *Chandra* data were rebinned to an S/N of four between 0.5 and 10 keV.

#### 3.1. The 2014 Epoch

The 2014 data clearly show a hard spectrum with a visible turnover at high energies (Figure 2). Neither a pure power-law \( (\chi^2 = 1367/667 \text{ dof}) \) nor a simple multicolor blackbody of a geometrically thin, optically thick disk accretion disk \( (\text{diskbb, } \chi^2 = 997/667 \text{ dof}) \) adequately describe this shape. This is very similar to other ULXs studied by *NuSTAR* and to previous studies of NGC 5907 ULX1 (Sutton et al. 2013; Israel et al. 2016a).

A phenomenological cutoff power-law model \( (\text{cutoffpl}) \), however, provides an acceptable fit with \( \chi^2 = 739 \) for 666 dof.
This model can be improved by adding a diskbb model with a temperature of $\sim 0.3$ keV ($\chi^2 = 723$ for 664 dof, $\Delta \chi^2 = 16$ for two additional parameters). Such a model is often used to describe Galactic binaries (e.g., McClintock & Remillard 2006). However, while the NGC 5907 ULX1 spectrum is dominated by the power-law component, similar to the low/hard state of black hole binaries, the values we obtain are very different, e.g., the photon index is much harder ($\Gamma = 0.83^{+0.16}_{-0.15}$ instead of $1.4$–$1.8$) and the folding energy is much lower ($E_{\text{fold}} = 5.3^{+0.7}_{-0.6}$ keV instead of $\gtrsim$20 keV; see, e.g., Fürst et al. 2015).

A more physically motivated model is the diskpbb model ( Mineshige et al. 1994), which allows for a variation of the temperature gradient $p$ of the multicolor blackbody, with $T(r) \propto r^{-p}$. Recent NuSTAR results have shown that ULX spectra are often well described with a temperature gradient somewhat shallower than the canonical $p = 0.75$ expected for a thin disk (e.g., Bachetti et al. 2013; Brightman et al. 2016). Such shallower gradients are expected in sources with very high to super-Eddington luminosities, in which the accretion disk can increase its geometrical thickness due to radiation pressure and advection (Abramowicz et al. 1988). We obtain a comparable fit to the cutoff power-law model with $\chi^2 = 740$ for 666 dof. We find $p = 0.598^{+0.011}_{-0.010}$ and $T_m = 3.46^{+0.17}_{-0.15}$ keV.

However, this model leaves significant residuals at the highest energies. Such a hard energy excess is expected if a significant fraction of the thermal photons are Compton scattered to higher energies, resulting in an additional high-energy power-law continuum. Evidence for an additional high-energy power-law continuum has now been observed in several ULXs (e.g., Walton et al. 2013, 2014, 2015b; Mukherjee et al. 2015). Here we model the hard excess with the simpl model (Steiner et al. 2009), which emulates up-scattering of the thermal seed photons into a power-law tail. We find an excellent fit with $\chi^2 = 725$ for 664 dof ($\Delta \chi^2 = 15$ for two additional parameters, Table 2). We find a scattering fraction (i.e., flux in the power-law tail) of $F_{\text{scat}} \approx 0.09$; however, this value is highly degenerate with the photon index. The corresponding $\chi^2$-landscape is complex so that a simple uncertainty estimation is not possible. By using the XSPEC steppar command in the 2D-space between $F_{\text{scat}}$ and $\Gamma$, we find that $F_{\text{scat}}$ has a lower limit of 0.036 at 90% confidence. We do not find an upper limit due to the fact that $\Gamma$ can become very high, i.e., steep.

In all of these models, a small excess around 1.5 keV is visible, which can be linked to larger calibration uncertainties around the known “silicon bump” (Read et al. 2014).

### 3.2. Comparison to Archival Observations

To put the 2014 data into context with previous observations of NGC 5907 ULX1, we perform our own analysis of the 2003, 2012, and 2013 epochs (Figure 1, Table 1). We fit the 2013 broadband data with the same simpl x diskpbb model used for the 2014 data. For the XMM-Newton-only observations in 2003 and the XMM-Newton plus Chandra observation in 2012, we did not include the simpl model because the lack of coverage at high energies does not allow us to constrain its parameters. As can be seen in Figure 2, the hard tail modeled by the simpl model only becomes relevant above $\sim$15 keV. We also did not use the diskbb + cutoffpl model, as the power-law parameters could only be very weakly constrained with the soft data alone.

The best-fit values for all epochs are given in Table 2. The 2012 and 2013 observations have a very similar 0.5–10 keV flux, around $8.4 \times 10^{-13}$ erg cm$^{-2}$ s$^{-1}$, while both the 2003 and 2014 observations have a higher flux ($\sim 2.5 \times 10^{-12}$ erg cm$^{-2}$ s$^{-1}$). However, neither the disk temperature nor the temperature gradient $p$ show a clear correlation with flux. Instead, the 2012 data show a significantly higher value of $p$ than the other observations, which are all consistent with each other. Instead of the temperature, all observations are consistent within their uncertainties.

The difference can also be seen in Figure 3, where we show the unfolded spectra of all four epochs. While the observations in 2012 and 2013 show very similar fluxes, their spectral shapes are distinctly different, with the 2012 flux rising much more steeply with energy. On the other hand, the 2003 and 2014 data agree very well with each other.
We find a tentative trend of the spectral parameters as a function of the 78-day phase. We list the phases of each epoch in Table 1 and plot the values of $T_m$ and $p$ versus flux and phase, respectively, in Figure 4. The 2003, 2013, and 2014 data were all taken around phases 0.2–0.4 and show low values of $p$. On the other hand, the 2012 data were taken close to phase 0 and $p$ is significantly higher, albeit with large uncertainties.

We note, however, that the phase of the 2003 data is relatively uncertain, as the period was extrapolated back by over 10 years. With an estimated uncertainty of ±0.5 days on the period (W16), the 2003 data can be located at phases between −0.18 and 0.58. For the following discussion, we will nonetheless assume the predicted value of ∼0.2.

To check if the spectral variation with the 78-day phase is stable over longer periods of time, we extracted spectra from the *Swift*/XRT monitoring campaign between 2014 March and 2016 July using the online *Swift*/XRT data products generator (Evans et al. 2009). We selected data for the low-phase spectra between phases $0.7 \leq \phi \leq 0.15$ and for the high phase between $0.3 \leq \phi \leq 0.65$, based on a period of $P = 78.12$ days and $T_0 = 56663.0$ MJD, the minimum of the profile. While the data quality of these XRT spectra is not sufficient to confirm the spectral changes seen in the *XMM-Newton* data, they are fully consistent with the respective *XMM-Newton* models.

To look for possible degeneracies between $p$ and temperature, we calculate confidence contours for these two parameters for each observation, shown in Figure 5. We find that the 2003 and 2014 data are compatible with each other, while both the 2012 and 2013 data are significantly different. The 2012 data are consistent within their uncertainties with a standard temperature profile for a thin disk (i.e., $p = 0.75$, Shakura & Sunyaev 1973).

The uncertainties in $p$ are also influenced by the variability of the absorption column. If we fix the column at $6.7 \times 10^{21}$ cm$^{-2}$, the average value of all four epochs, we find drastically smaller confidence contours while finding statistically comparable fits ($\Delta \chi^2 \leq 3$ in all cases). All contours are fully within the contours presented in Figure 5; however, we note that the
2012 data are no longer consistent with values of \( p \geq 0.75 \), thus ruling out a standard thin disk. Because we do not know if the intrinsic absorption column has changed between observations, we continue our discussion with the model in which the column is allowed to vary independently between observations.

We also show contours for 2013 and 2014 using the XMM-Newton data only, to investigate if only using data below 10 keV results in a systematic parameter shift. These contours are shown in light color in Figure 5. We find that the XMM-Newton-only data seem to prefer a higher temperature, but find almost the same values for \( p \). This is not surprising as the peak of the spectrum, which determines the temperature, is at the edge of the XMM-Newton range, while \( p \) is most relevant at lower energies and determines the slope of the spectrum up to the peak. Therefore, the XMM-Newton data drive \( p \), while the temperature is mainly determined through the high-energy coverage of NuSTAR.

4. DISCUSSION AND CONCLUSIONS

We have presented a detailed analysis of the broadband spectrum of NGC 5907 ULX1 taken simultaneously by NuSTAR and XMM-Newton during a bright phase in 2014, where the luminosity was \( \sim 8.5 \times 10^{40} \text{ erg s}^{-1} \). We find that the spectrum is very well described by a multicolor blackbody with a temperature profile with \( p = 0.608^{+0.014}_{-0.012} \), which is shallower than the expected value of \( p = 0.75 \) for a thin disk (Shakura & Sunyaev 1973). This suggests that advection plays an important role in the accretion disk during that observation.

At energies above \( \sim 15 \text{ keV} \), we find evidence for a hard excess over the thermal continuum, which we describe by a power-law tail due to Comptonization of the disk photons. Even though the photon index of this power law could not be well constrained, this component provides a significant improvement in terms of \( \chi^2 \) (\( \Delta \chi^2 = 15 \) for two additional parameters). Given that the pulsed fraction is increasing with energy (Israel et al. 2016a), this power-law tail is likely connected to a hard continuum from the accretion column.

4.1. Estimating the Magnetic Field and the Inclination

It is currently not known how the accretion disk is structured in neutron star ULXs. For the often implied strong magnetic fields of these systems (e.g., Dall’Osso et al. 2015; Mushotzky et al. 2015; Tong 2015), a truncation of the disk at \( \sim 1400 \text{ km} \) radii is expected. However, due to the very high luminosity of NGC 5907 ULX1, the spherization radius, where the thickness of the disk becomes comparable to the distance for the compact object (Shakura & Sunyaev 1973), is still about an order of magnitude larger than the magnetospheric radius (King & Lasota 2016). This implies that a geometrically thick disk is present, in which advection becomes important, in agreement with our spectral models. However, to sustain super-Eddington accretion rates, Israel et al. (2016a) argue that the disk has to be thin at the magnetospheric radius to not engulf the neutron star up to high magnetic latitudes. This problem could be mitigated by strong geometrical collimation, allowing the radiation to escape along a narrow funnel, which, however, is at odds with the observed smooth sinusoidal pulse profile (see also Bachetti et al. 2014; Fürst et al. 2016b).

We put the 2014 data into context with observations taken in 2003, 2012, and 2013. We find that in all observations the modeled disk temperature is similar, with \( T_{\text{in}} \approx 2.75 \text{ keV} \). Assuming a slim-disk accretion geometry, we might therefore assume that we always see the hottest, innermost part of the accretion disk, which is likely located close to the magnetospheric radius \( r_m \). Israel et al. (2016a) argue that the surface magnetic field of NGC 5907 ULX1 should be around \( 3 \times 10^{13} \text{ G} \), which implies \( r_m \approx 1400 \text{ km} \) (Cui 1997). If we assume that the observed radiation is dominated by the accretion disk, we can estimate the viewing angle from the normalization of the diskpbb model.

We follow the description of Soria et al. (2015) and Brightman et al. (2016). We assume a color correction factor of \( \kappa = 3 \) and a geometric factor of \( \xi = 0.353 \), appropriate for the high Eddington fraction of NGC 5907 ULX1 (Soria et al. 2015). We then calculate the inclination \( \theta \) as

\[
\cos(\theta) = \frac{\xi^2 \kappa^4 N d_0 a^2}{r_m^2}.
\]

Where \( N \) is the normalization of the diskpbb model and \( d_0 \) is the distance in units of 10 kpc. This results in an almost edge-on view of \( \sim 89^\circ \).

This inclination is very high and makes it difficult to explain how we would be able to see the regions close to the compact object at all, as in super-Eddington accretion the accretion disk is expected to have some geometrical thickness, blocking our line of sight. The result depends on our assumptions of \( \kappa \) and \( \xi \), but we obtain high inclinations for all realistic assumptions (e.g., \( 1.7 \leq \kappa \leq 3 \), Watarai & Mineshige 2003). About 20% of the observed flux is pulsed (Israel et al. 2016a), indicating that it is produced by the rotating accretion column of the neutron star. A lower flux from the disk, however, increases the estimated inclination further.

Another large systematic uncertainty in this estimate is the strength of the magnetic field, and the location of the hottest part of the disk. King & Lasota (2016) argue that a low magnetic field (\( \sim 10^{10} \text{ G} \)) can explain the observed timing properties of M82 X-2, which are very similar to NGC 5907 ULX1. With a lower magnetic field and a consequently much smaller magnetospheric radius, the implied inclination would be smaller. In fact, in a face-on geometry (\( \cos(\theta) = 1 \)), we would imply a magnetic field of \( B \approx 6 \times 10^{10} \text{ G} \) for the inner disk radius to be at the magnetospheric radius during the bright 2014 observation.

4.2. The 2013 Observation

The 2013 observation shows a distinctly different spectrum than the 2012 observation, despite having a very similar flux. It also shows a significantly different spectrum than both the 2003 and 2014 observations, despite being located in phase between them. This behavior might be related to the fact that the 2013 data were obtained only four days after the source’s luminosity was below the detection limit of XMM-Newton and NuSTAR (W15). This remarkable drop in luminosity is clearly not related to the stable 78-day period, and so far has not been seen to repeat (W16). It is reasonable to expect that it is caused by the so-called “propeller effect” or the centrifugal inhibition of accretion, where the magnetospheric radius becomes larger than the corotation radius. This regime can be entered if the ram pressure of the accreting material drops, leading to a further dramatic reduction in accretion rate and consequently luminosity. During such a state, the inner accretion disk would get depleted, and the slightly lower temperature measured could be an indication that the inner accretion disk was still in
the process of refilling during the second 2013 observation in which the source was detected.

4.3. Connection between the Super-orbital Period and Spectral Changes

W16 argued that the 78-day period is most likely either orbital or super-orbital in nature. The new results by Israel et al. (2016a) indicate an orbital period of ~5 days, confirming the super-orbital nature of the 78-day period.

The physical origin of super-orbital periods is often linked to precession of the accretion disk (e.g., in Her X-1 and SMC X-1; Schandl & Meyer 1994; Caproni et al. 2006), though other possibilities have also been discussed (for a review, see Kotze & Charles 2012).

A precessing disk could explain the observed regular flux variations without changes in the physical conditions of the accretion flow because our viewing angle would change periodically (as also postulated for ULX M82 X-2, Kong et al. 2016). This model would not apply to the 2013 data because we very likely observed the source during an unusual state, as discussed above. Using the ratio of the diskpbb normalizations and the geometric effect that the flux is reduced by $\sqrt{\cos(\theta)}$, under the assumption that the disk is relatively flat, we can calculate the required change in inclination angle $\theta$.

The largest variance in $\theta$ is required if we observe NGC 5907 ULX1 face-on ($\theta = 0$) during the bright phase. This would require an inclination angle of $\theta \approx 25^\circ$ during the faint phases (based on the 2012 data) and a half opening angle of the precession of $\sim 13^\circ$. This is lower than the precession seen in SS 433 (Khabibullin & Sazonov 2016), which is often argued to be a Galactic example of super-Eddington accretion analogous to ULXs, but viewed close to edge-on such that the X-ray emitting regions are obscured from view (Fabrika 2004). Under the assumption of a strong magnetic field, we estimated much higher viewing angles (almost edge-on, see Section 4.1), which would require a much smaller variability in $\theta$ to obtain similar flux variability. A variable viewing angle can therefore explain the observed flux changes for all inclinations (with the exception of the unusual 2013 data).

While a precessing disk can naturally explain the differences in observed flux across the 78-day cycle, we need to understand how different spectral shapes can be measured at different viewing angles. From Figure 4 it is clear that the strongest spectral change is observed in $p$. At super-Eddington accretion rates, it is expected that the accretion disk is flared up due to radiation pressure, i.e., it becomes geometrically thick and increases in size with radius. In addition, a strong wind is launched, which is also largely optically thick (Poutanen et al. 2007; Dotan & Shaviv 2011) and for which observational evidence has recently been found in NGC 1313 X-1 and NGC 5408 X-1 (Pinto et al. 2016; Walton et al. 2016b).

The observed temperature profile, therefore, depends on which parts and with what angle we observe the accretion disk. Qualitatively, we can envision a geometry where the apparent temperature gradient in the disk is changing as a function of viewing angle. Detailed calculations of this model are, however, beyond the scope of this paper.

Israel et al. (2016a) did not find pulsations in the 2012 and 2013 XMM-Newton observations and give an upper limit of a pulsed fraction of 12%. Both of these observations were taken at low apparent luminosities. If these changes are connected to real changes in accretion rate, the properties of the accretion column might change. For a lower accretion rate, as observed in 2013, the emission pattern of the accretion column might be wider, resulting in a reduced pulsed fraction.

We have argued that the low observed flux of the 2012 data is not due to a lower intrinsic flux, but due to a change in viewing angle. This seems at first difficult to reconcile with the disappearing of pulsations. However, it is also possible that the neutron star shows free precession, in step with the precession of the accretion disk (e.g., as discussed for Her X-1, Staubert et al. 2013). In this case, the rotational axis at early super-orbital phases might be aligned close to our line of sight or, if the emission is axial-symmetric, close to 90°, also reducing the observable pulsed fraction.

It is clear that, to understand super-Eddington neutron stars like NGC 5907 ULX1, more observational and theoretical work needs to be done. For example, the currently available coverage of the phase-space is concentrated between phases 0–0.5. For a detailed test of the proposed spectral evolution and model, broadband observations at later phases are necessary, which can be obtained with XMM-Newton and NuSTAR. NGC 5907 ULX1 is an ideal target for these studies, given the stable and strong 78-day period. Its spectral similarities to other ULXs will help us understand this class of objects better and investigate how the type of compact object influences their behavior.

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