Adhesion Between Rigid Indenter and Soft Rubber Layer: Influence of Roughness

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We report a series of experiments on the indentation of steel indenters into a soft layer of transparent rubber with relatively high adhesion. The roughness properties of the steel indenters are varied by undergoing preparation using sandpaper with different grain sizes. Starting from a smooth surface, additional roughness increases the adhesive strength up to a critical roughness value, after which it significantly decreases. Furthermore, we look at the evolution of the contact area during slow indentation and detachment. It was found that, during indentation, the contact area changes more sharply compared to detachment (pull-off).

Keywords: surface energy, contact area, adhesive contact, indentation experiments, hysteresis, rough surfaces

INTRODUCTION

Roughness plays a significant role for the adhesive strength of contacts between materials. The roughness of many surfaces in nature is of the fractal type (Persson, 2014). When such surfaces approach one another, the highest asperities are first to come into contact. For hard materials, such as metals or rocks, the load is then carried by a few peaks alone. As a result, the real contact area is much smaller than the apparent contact area (Persson, 2006). Because adhesive interactions are extremely short-ranged, they effectively only act in the vicinity of real contact patches. For that reason, the observed adhesion force between hard objects is very small even at high values of surface energy. When at least one of the materials is very soft, like rubber, and the roughness is not too high, a much larger real contact area can be realized, with the rubber partially filling the gaps between roughness peaks. When compared to a perfectly smooth surface, one with mild roughness was shown to increase the adhesive toughness. This can be explained by the increased effective surface in contact or by the instability of the detachment process, when roughness peaks effectively hinder the advancing of the detachment front. In Guduru (2007), this was evidenced by choosing a special roughness in the form of axisymmetric waviness on the indenter surface. Indeed during detachment, multiple stable configurations of the contact succeed one another. The load–displacement curve is not monotonous and not continuous (Guduru, 2007; Jin et al., 2013).

A similar effect can be observed when otherwise flat surfaces are equipped with shallow dimples. Introducing a moderate superposed roughness here can affect the total adhesive strength in both positive and negative ways (Papangelo and Ciavarella, 2017, 2018).

The existence of an adhesive enhancement for moderate roughness leads to the conclusion that there should be optimal surfaces with roughness properties, at which the adhesive strength of the contact has the highest value. Due to the importance of rough contacts for industry and daily life, there are many works done by different scientific groups with investigations of the particularities of contact between rough surfaces in the presence of adhesion. There are different experiments...
(Benz et al., 2006; Tiwari et al., 2017; Liu et al., 2018; Sahli et al., 2019), theories (Johnson, 1995; Persson, 2006; Persson and Scaraggi, 2014; Ciavarella, 2015; Papangelo et al., 2019), as well as computer simulations (Pastewka and Robbins, 2014; Rey et al., 2017; Li et al., 2019). A short historical review of the development of adhesion theories can be found in Popova and Popov (2018). The majority of theories for rough contacts are based on JKR-type adhesion interaction model (Johnson et al., 1971). For smooth spherical contacts, the JKR model predicts the dependency of the normal force $F_N$ on the indentation depth $d$ to be a single universal curve, independently from whether the motion takes place in the direction of approach or detachment. In reality, an adhesive hysteresis (Deng and Kesari, 2019) is typically observed. This hysteresis leads to energy dissipation in any indentation–detachment cycle.

In the present paper, we experimentally investigate the behavior at indentation and at detachment of spherical surfaces with different parameters of roughness.

**PROBE PREPARATION**

In our experiments, we used spherical steel indenter with radius $R = 30, 40, 50, $ and $100\,\text{mm}$. With each indenter, we conducted 12 experiments with different roughness values of its surface. The roughness was changed with sandpaper *Matador* with different grit numbers, which correspond to the different sizes of grains. For the first experiments, the surfaces were prepared using P2000 sandpaper and had almost mirror-like properties. After processing with sandpaper, the indenter was cleaned in the chemical solution EMAG EM-404 for 16 min, using the ultrasonic cleaner Codyson CD-4800, before going into the adhesion experiment.

After each experiment, we measured the 3D topography of the indenter surface using a KEYENCE VK-100 series microscope, at $\times 10$ magnification. We measured 200–300 single images separately, with size of $1,398\,\text{mm} \times 1,048\,\text{mm}$ each. These parts had resolution of $1,024 \times 768$, with fixed horizontal distance between points $\Delta x = \Delta y = 1,365\,\text{nm}$. To exclude the macroscopic curvature in our roughness characterization, we subtracted from each part a polynomial shape of power four, which we obtained by the least square method. Figure 1 depicts a typical view of the measured inclined surface (left panel) and after subraction of the polynomial shape (right panel).

After completion of the experiments for one roughness value, we used the next sandpaper with bigger corn size and repeated the same for all sandpapers listed in Table 1. After the last sandpaper P40 treatment, we conducted two additional experiments with even greater roughness. This was obtained by manual treatment with a hacksaw and the subsequent removal of some features. ("P0" refers to the hacksaw surface; "P0+180" is for additional processing of indenter P0 after experiment with sandpaper P180).

**EXPERIMENTAL SETUP**

The freshly prepared indenter is pushed into the rubber base to a maximal indentation depth of $0.4\,\text{mm}$ ($0.3\,\text{mm}$ for $R = 100\,\text{mm}$). Then, it is pulled off until full detachment, when complete vanishing of the contact is realized. The rubber base consists of a $5\,\text{mm}$-thick layer of optically smooth, clear rubber TARNAC CRG N3005, located on a surface of silicate glass. No special measures were taken to fixate the rubber to the glass due to its good adhesive properties. Throughout the experiment, the contact was observed from below with a digital camera [see Figure 2A (pos. 8)]. The indenters were moved in normal direction with linear actuator PI M-403.2DG (pos. 1 in Figure 2A), controlled by controller PI C-863 (pos. 7). The experiments were done with distance control, not force control, and a constant velocity of $v = 1\,\mu\text{m/s}$ was used in all the experiments. The normal force was measured by the force sensor ME K3D40 (pos. 3) with amplifier GSV-1A4 SubD37/2, which was connected to a PC with 16-bit NI USB-6211 analog to a digital converter. While the rubber layer can be tilted in two horizontal axis (with tilting mechanism on pos. 5) for use in flat-indenter experiments (Popov et al., 2017), such adjustments were not necessary for the current investigation with spheres. All measurements and saving of the obtained displacement, normal force, and contact area were done within a LabVIEW computer program.

The lighting of the contact area was realized using 80 LEDs, which illuminated the contact zone from all four sides (see Figure 2B). Because the light enters the rubber at a low angle, a good contrast between contact and non-contact zones is visible in the camera image. We employed a computer algorithm based on differences in pixel intensity to differentiate the two. Even though from the analysis of the digital pictures we technically obtained the visible contact area, we assume that it represents the real contact area with reasonable accuracy.

While the experimental equipment is capable of investigating contact phenomena in the presence of tangential motion (see 2nd linear stage in Figure 2A, pos. 2 and 6), this capacity was not used in the current work.

We investigated the situation with a very slow vertical indenter velocity $v = 1\,\mu\text{m/s}$. This was done to best achieve a quasi-static situation and allowed to use theories for static contacts (Hertz, JKR) to describe the contact properties. For faster motion, the velocity affects the obtained results critically, for instance, via viscoelastic properties. The effect of different velocities was investigated in Waters and Guduru (2010) for tangential contact and in Lyashenko and Popov (2019) for the setup covered in this paper.

**EXPERIMENTAL RESULTS**

**Adhesive Strength**

After preparation of the indenter for each roughness, we did three cycles of indentation in a series, without cleaning or changing the indenter properties between these cycles.

During each cycle, a series of digital images was recorded. In Figure 3, sample pictures of the contact area at different roughness of the indenter are shown.

For each experiment, the dependencies of the normal force $F_N$ and contact area $A$ on the indentation depth $d$ followed the general behavior as shown in Figure 4. The blue curves with negative values of the indentation depth and normal...
force correspond to the detachment process (pull-off). At this phase, adhesion plays a significant role; otherwise, \( F_N < 0 \) cannot be observed. The absolute value of minimal force \( F_N \) is called *adhesion strength* of the contact. In a force-controlled experiment, this value would have to be exceeded in order to separate the surfaces (Johnson et al., 1971).

During indentation (dashed red lines), the normal force \( F_N \) has practically only positive values because the influence of adhesion at indentation is very weak. This phase can thus be approximated by the Hertz contact theory (Hertz, 1881) and the normal force can thus be calculated with the well-known formula \( F_N = 4E^*a^3/(3R) \). Here \( a = (Rd)^{1/2} \) is the contact radius, \( R \) is the radius of spherical indenter, \( E^* = E/(1-\nu^2) \) is the reduced value of elastic modulus, \( E \) is the elastic modulus, and \( \nu \) is the Poisson ratio. However, these formulas are correct only in half-space approximation. In our experiments, we used a rubber layer with thickness \( h = 5 \) mm. Therefore, the normal force is always higher compared to the half-space solution. It is necessary to do additional simulations to obtain the correct dependencies \( F_N(d) \). We did such simulations in the framework of boundary elements method (BEM) for layered systems (Li et al., 2020) based on JKR-type interaction between contacted bodies. For our rubber material, we assumed Poisson ratio \( \nu = 0.47 \) (near ratio 0.5 for incompressible elastomers). From a comparison between the experimental results and the theory for different cylindrical and spherical indenters, we have found the approximate value of the rubber elastic modulus to be \( E \approx 0.324 \times 10^6 \) Pa (Lyashenko and Popov, 2019). Our experiments...
show that, during the indentation phase, adhesion does not play a significant role, and in the point of the first contact, the contact area barely spreads. The normal force $F_N$ shows small negative values near zero at the beginning of the indentation phase. In all plots in Figure 4, the results of BEM simulations are shown by triangles. In these simulations, the value of specific work of adhesion $\gamma_{12}$ was set to zero during indentation, so the contact shown is effectively adhesionless. What remains is the Hertz contact, but generalized to the situation of a finite elastic layer. From this figure, it can be seen that a fairly good coincidence between simulations and experiment results is realized. In the phase of detachment, we approximated the experimental results with the curve, obtained in BEM simulations with the value $\gamma_{12} = 0.9$ J/m$^2$. These results are shown in Figure 4A with stars. The situation of indentation without adhesion and detachment with adhesion is similar to the case presented in Figure 3 in Ciavarella et al. (2019). When the direction of motion is changed from indentation to pull-out, the contact area remains constant for some time, similar to what was observed in Waters and Guduru (2010). Such type of experimental behavior can be explained within the framework of the approach of “chemical heterogeneity” of the contact area (Popov, 2020).

In Figure 5, the dependencies of normal force $F_N$ vs. indentation depth $d$ for indenters with different roughness are shown (see also Supplementary Video 1). As can be seen, all

FIGURE 3 | (A) Pictures of the contact area at different roughness of indenter with radius $R = 100$ mm and zero indentation depth $d = 0$ mm during phase of detachment. (B) Visible contact area as determined by the computer program.

FIGURE 4 | General behavior of main macroscopic parameters during indentation (dashed red lines) and pull-off (solid blue lines): (A) dependence of normal force $F_N$ vs. indentation depth $d$, (B) dependence of contact area $A$ vs. indentation depth $d$, (C) dependence of contact area $A$ vs. normal force $F_N$. These dependencies were obtained in real experiment in the case of P2000 for the indenter of the radius $R = 100$ mm. With symbols, the results of the computer simulation are shown: triangles for absence of adhesive interaction $\gamma_{12} = 0$ J/m$^2$ and stars for the value $\gamma_{12} = 0.9$ J/m$^2$. 
curves show a similar behavior in the indentation phase, but not in the detachment phase. Some curves at the indentation phase decline from universal behavior, for example, curves P0 and P0 + 180 for the case of indenter $R = 50$ mm. Since we set $d = 0$ at the point of the first contact, this corresponds only to the contact of the highest roughness peaks at a large roughness amplitude. For the detachment phase, a simple trend in the dependency on the roughness is not immediately visible. In Figure 6, we show the adhesive strength (absolute value of minimal normal force at phase of detachment) for all indenters as a function of sandpaper grit number.
number. Please note that the far-right case at $-180$ corresponds to our “P0 + 180” sample.

In Figure 6, we show the normalized values of normal forces $F_{\text{min}}/F_{\text{JKR}}$. In the case of the half-space, JKR theory gives the value of minimal adhesive force with the simple formula $F_{\text{JKR}} = -3\pi R \gamma_{12}/2$, and for the cases $R = 100, 50, 40,$ and $30$ mm, we obtained the critical forces $F_{\text{JKR}} = -0.424, -0.212, -0.170$, and $-0.127$ N, respectively. To find these values, we used surface

![Figure 7](image7.png)

**FIGURE 7** | Dependencies of energy dissipation $\Delta E$ (mJ) due to adhesion in the full cycle of indentation vs. grit number of the sandpaper for indenters with radius $R = 100, 50, 40, $ and $30$ mm. The symbols with numbers 1, 2, and 3 in the figure are first (diamonds), second (triangles), and third (circles) cycles of indentation.

![Figure 8](image8.png)

**FIGURE 8** | Dependencies of calculated $C(q)$ for all indenters and roughness. The curves with different colors correspond to the curves in Figure 5 with the same colors and line styles (solid and dashed lines). The solid red lines in all figures correspond to the situation with smallest roughness P2000.
energy $\gamma_{12} = 0.9 \text{ J/m}^2$ (see Figure 4 and the explanation of this figure). However, we did all experiments with the rubber layer of thickness $h = 5 \text{ mm}$, so we need to obtain proper values of critical forces directly from BEM modeling (for the case $R = 100 \text{ mm}$, the results of modeling are shown in Figure 4). In modeling, we obtained other critical values of the forces $-0.522, -0.226, -0.178$, and $-0.131$, in comparison with half-space results. In all situations under consideration, the adhesive strength was bigger in the case of the layer. As can be seen, with a decrease of the indenter radius $R$, the difference between results for half-space and layers decreases also because when the thickness of the layer is much bigger than the indenter radius, we are in the limit of half-space approximation. The values of $F_{\text{min}}$ in Figure 6 were found directly from the experiment (see Figure 5). With the exception of $R = 30 \text{ mm}$, it can be seen from Figures 5, 6 that an increase in the roughness first leads to increased adhesive strength. At big roughness values, the adhesion strength significantly decreases. Consequently, there must be an optimal value of roughness, at which the adhesive strength takes maximal values. In our case, the greatest adhesive strength corresponds to processing of the surface with sandpaper around P320. In Figure 6, for the cases $R = 100 \text{ mm}$ and $R = 50 \text{ mm}$, the normalized strength for P2000 corresponds to the value $F_{\text{min}}/F_{\text{JKR}} \approx 1$, but for another 40 and 30 mm, it is $F_{\text{min}}/F_{\text{JKR}} \approx 1.5$ for the cases of flat surfaces with roughness of P2000. It happens because surface energy $\gamma_{12}$ can significantly vary in value in different experiments. Surface energy is a function of the contact duration, temperature, surface chemical composition, and so on. However, we used the same value of surface energy to find the $F_{\text{JKR}}$ for all experiments. Because of this, we observe such deviations.

Comparing the different repetitions of the experiment, we found that the strength of the contact has maximal values at first detachment and is slightly reduced at the next contact cycles. We assume that this is due to the freshly cleaned surface of the indenter. In the subsequent indentations, the indenter surface may already contain traces of rubber, and surface energy is potentially decreased. Also note that our indenter with radius $R = 30 \text{ mm}$ did not show a very clear dependence of adhesive strength vs. roughness (see Figure 6). We assume that this is due to the very small contact area at this radius. Here individual stochastic particularities in the center of the indenter determine the adhesive strength.

Figure 7 shows the calculated values of energy dissipation $\Delta E$ during the indentation cycle for all situations as a function of sandpaper number. These dependencies are similar to Figure 6: with an increase of adhesive strength, dissipation also increases. This is to be expected since an increase of the adhesive strength leads to the growth of the hysteresis loop width. Note that the indenter with radius $R = 100 \text{ mm}$ had an indentation depth of $d = 0.3 \text{ mm}$, while it was $0.4 \text{ mm}$ in all other cases.

### Surface Topography Measurements

After subtraction of the polynomial approximation of the macroscopic shape, we calculated the power spectra density $C(q)$ of the surface topography in a standard way (Persson, 2014) and averaged this dependency for all sub-areas of the indenter. Figure 8 shows curves $C(q)$ for all indenters. Based on $C(q)$, both the averaged root mean square roughness $h_{\text{rms}}$ and the averaged slope $\kappa$ using standard definitions (Persson, 2014) were calculated:

$$h_{\text{rms}}^2 = 2\pi \int_{q_{\text{min}}}^{q_{\text{max}}} q^2 C(q) \, dq,$$

$$\kappa^2 = 2\pi \int_{q_{\text{min}}}^{q_{\text{max}}} q^4 C(q) \, dq.$$

Figure 9 shows these values for all indenters and cases that we studied. In Liashenko and Lyashenko (2020), we described the numerical algorithm for calculating $C(q)$ in detail.

### Evolution of the Contact Area

Furthermore, we analyzed the area of contact vs. indentation depth for a different roughness of indenter with radius $R = 40 \text{ mm}$ because, for this radius, the obtained pictures had the best contrast. We chose to normalize the contact area $A$ with its largest value $A_{\text{max}}$, which was different for each experiment. The contact...
areas were monitored for both indentation and detachment phases. The biggest area corresponds to the maximal indentation depth $d = 0.4 \text{ mm}$ ($0.3 \text{ mm}$ for $R = 100 \text{ mm}$). In Figure 10, the dependencies of the normalized contact area $A/A_{\text{max}}$ vs. indentation depth $d$ are shown. For all curves, a very pronounced hysteresis of the contact area for the two different directions is observed.

Figure 10 depicts the dependencies for all indenters except P2000 because the mirror-like properties of these surfaces (in the case $R = 40 \text{ mm}$) prevented us from using the analysis tool. It can be seen that, during the indentation phase, only the cases P0 (dashed blue lines) and P0 + 180 (black solid lines) deviate from universal behavior. During the detachment phase, P0 has a significantly smaller $A/A_{\text{max}}$, while the difference is less pronounced for P0 + 180. Note that the case of very large roughness has already shown deviations from universal behavior of the normal force as a function of indentation depth (see Figure 5).

As we noted before, the indentation process is described well by the Hertz theory (Hertz, 1881), where contact radius is $a = (Rd)^{1/2}$ and contact area $A = \pi a^2$, therefore $A = \pi Rd$. We should thus expect to see a clear linear behavior in the $A/A_{\text{max}}(d)$ dependency. However, the two lower curves in Figure 10 at indentation significantly decline from this behavior. This is also expected since the extreme roughness dominates over the spherical shape in small $d$ (Pohrt and Popov, 2013).

**Local Stability of Indentation and Detachment**

Let us now have a closer look at the way new contact spots appear during indentation and how they are lost during detachment. We investigated the change in the contact area $\Delta A = \Delta (A/A_{\text{max}})$ for each time step $\Delta t = 1 \text{ s}$, corresponding to $\Delta d = 1 \mu\text{m}$. Such dependencies are shown in Figure 11 for small (P1500) and big (P0) roughness. It can be seen that, in these two cases, the contact area increases with the appearance of new areas at the boundary of the contact. For the rougher surface, the new contact areas tend to have significantly bigger sizes, in comparison with the smoother indenter. During detachment, the contact area of P0 decreases much more homogeneously. This can be explained by the local instabilities of asperities (Li et al., 2019; Popov, 2019).

To quantify this, we calculated standard deviation $\sigma = \left\langle (\Delta A - \langle \Delta A \rangle)^2 \right\rangle^{1/2}$ in each case. We chose to only look at $0.2 < d < 0.4$ for the indentation phase and at $0 < d < 0.2$ for detachment. In these regions, $\Delta A$ only fluctuates around a certain value but has no global trend. For the dependency of $\sigma$ on the grit number, see Figure 12.

Here we can clearly see that detachment is more homogeneous than indentation for all cases under consideration. Interestingly, the value $\sigma$ does not change significantly with the grit number of sandpaper, except when this number exceeds a critical value. Starting from approximately P320, $\sigma$ increases strongly when the grit number is decreased. Please note that this value coincides with the maximum adhesion strength, as shown in Figure 6.

**CONCLUSIONS**

We have tested the adhesive strength of rough steel indenters in contact with soft rubber using different radii and different sandpapers to produce roughness. We found that, in contrast to JKR theory, adhesive hysteresis was always observable. The maximum value of the attractive force (adhesive strength) was...
found to depend on surface roughness. The increase over a smooth indenter reaches 25% for the case $R = 40$ mm, 32% for $R = 100$ mm, and 90% for $R = 50$ mm, respectively. Observations of the contact area evolution showed that, for rough surfaces, the attachment and the detachment of surface patches happen more abruptly, especially during the indentation phase. When the sandpaper grit number used for surface preparation is below 320, this effect is very pronounced.

DATA AVAILABILITY STATEMENT

The datasets generated for this study are available on request to the corresponding author.

AUTHOR CONTRIBUTIONS

RP and IL conceived the study and built the experimental setup. IL carried out the experiments. Both authors drafted and reviewed the manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmec.2020.00049/full#supplementary-material

Supplementary Video 1 | Movies of two experiments for indentation of steel parabolic indenter with radius $R = 40$ mm in the elastic layer of transparent rubber TARPAC CRG N3005. The velocity of indenter motion for both cases is $v = 1$ $\mu$m/s. Panels from left to right show real pictures of the contact area, dependencies of normal force $F_n$ vs. indentation depth $d$, and dependencies of normalized contact area $A/A_{\text{max}}$ vs. indentation depth $d$. The three upper panels correspond to indenter with surface processed by sandpaper P1500. The lower three panels correspond to indenter with highest roughness “P0”. In the pictures of contact area, the time of experiment duration in seconds is shown. Three consistent cycles of indentation are shown. For the first cycle, in the case of P1500, the adhesion strength (absolute value of minimal normal force at phase of detachment) $F_h = 0.307$ N is 2.52 times bigger value than in the case PO, where the corresponding value is $F_h = 0.122$ N. For bigger roughness as in PO, the contact disappears earlier than for the case P1500. These two movies correspond to Figure 11 in the article.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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