Use of alternative curing salts for processing salamis

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Objective: This study was performed to determine effects of different curing salts on the quality of salamis and to assess feasibility of using NaCl-alternative salts.

Methods: Various types of curing salts (KCl or MgCl₂) as well as NaCl (sun-dried or refined) were incorporated for processing of salamis. The proximate composition, fatty acids, nucleotide-related compounds, and free amino acids of the salamis were analyzed during 40 days of ripening.

Results: The substitution of NaCl by KCl caused higher fat and ash content, but lower moisture content of the salami after 20 days of ripening (p<0.05). Compared with the sun-dried NaCl, use of KCl in salami also led to greater inosine 5'-monophosphate whereas refined NaCl had more inosine (p<0.05). KCl-added salami also had a higher C12:0, C17:1, and C20:0 than other types of salami (p<0.05). MgCl₂-added salami had higher content of free amino acids compared to the other salamis (p<0.05).

Conclusion: Alternative curing salts such as KCl and MgCl₂ could substitute NaCl in consideration of quality factor of a fermented meat product. Especially replacement of NaCl with KCl will be a suitable strategy for developing relatively low sodium salami products without compromising product quality.

Keywords: Salamis; Curing Salts; Nucleotides; Fatty Acids; Free Amino Acids

INTRODUCTION

Salamis refer to salted meats that have been extruded into a casing and then hung to undergo aging and drying for months [1]. During production of salami, there are various types of mold on its surface [2]. The presence of molds on salami surfaces imparts its typical flavor, delays rancidity, and prevents spoilage and growth of unwanted bacteria [3]. Sodium chloride (NaCl) contributes to microbial stability by reducing water activity, while also allowing solubilization of muscle proteins and providing a pleasant salty taste to the final meat product [4]. Although NaCl is a common component of the human diet, high sodium intake may result in harmful consequences to health such as increased risk of cardiovascular diseases [5]. Therefore, the demand for low sodium foods, especially meat products, has recently increased [6]. Nitrite and nitrate can be widely applied as preservatives owing to their antimicrobial activity [7] as well as their influence on color and flavor formation in cured meat products [8]. Generally, sun-dried or refined salts (NaCl) are used in meat processing [9]. Sun-dried salt is naturally made by evaporating harmful substances together with moisture by wind and sunlight. This type of salt contains 92.4% to 94.4% sodium chloride as well as diverse minerals such as calcium, potassium, magnesium, and sulfur [10]. Refined salt, which contains 99.8% sodium chloride, is made by electrolyzing seawater to remove impurities and heavy metals using ionized membranes [9]. Refined salt is currently commonly employed in meat processing.

It can be tried that a possible approach to reduce the sodium content of a food product by partial or total replacement of NaCl with other chloride salts (e.g., KCl, CaCl₂, and MgCl₂). Potassium chloride (KCl) has been given the generally recognized as safe (GRAS) status by the Code of

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federal regulations [11], and its use in food is accepted by many international scientific bodies and regulatory authorities. Moreover, the WHO recommended dosage of 3.5 g/d for potassium is found to be helpful in maintaining lower blood pressure levels [12]. However, the presence of other types of chloride salts has been shown to delay the decrease in water activity and thus increase the post-salting time required to reach similar water activities as in the traditional process [13]. Moreover, studies have shown that KCl has functional properties similar to NaCl, but that its addition was limited due to its bitter taste in meat products [14].

The effect of using NaCl-alternative salts in salami has not been thoroughly investigated. Moreover the quality changes of salami were not determined for relatively longer ripening and drying time. Therefore, this study was conducted to elucidate the effects of various curing salts on the physicochemical and functional characteristics of salami during the ripening process.

**MATERIALS AND METHODS**

**Salami manufacture**

For salami production, refrigerated beef topside round (*semimembranosus*), pork hind leg (*triceps brachii*), and frozen pork backfat were obtained in vacuum packaged condition from a local meat packer. Pork and beef were trimmed of visible fat, after which both meats and pork backfat were cut and weighed in appropriate amounts, vacuum packed, and frozen at ~24°C for 2 days. Four treatments of salamis were prepared using different curing salts (1.9% refined salt, 1.9% KCl, 1.9% MgCl₂), where KCl and MgCl₂ were selected as they are available in market for substitution of NaCl. The formulation mix for salami consisted of 30% meat topside round, 46% pork hind leg, 20% back fat, 1.9% salt (NaCl, KCl, or MgCl₂), 0.5% garlic, 0.1% monosodium glutamate (MSG), 0.4% glucose, 0.2% starter culture, and 0.1% sodium nitrite. Beef, pork and backfat were cut in a bowl chopper (Fujee Co., Seoul, Korea) to the desired particle size (about 3 to 5 mm), then mixed in a mixer (Fujee Co., Korea). A commercial frozen meat starter culture (*Lycarni* RBL-73, SACCO, Milano, Italy) consisting of *Lactobacillus curvatus* and *Staphylococcus xylosus* with 2.5×10⁶ log colony forming unit (CFU)/g was added at a concentration of 6 log CFU/g. The starter culture and ingredients were added during mixing. The meat batter was then stuffed into 55 mm diameter fibrous casings (Seoul, Korea) using a stuffer (H20E, TALSA Co., Northampton, EU).

The salamis were then soaked for 2 min in *Aspergillus* spp. solution that was prepared using *Aspergillus* spp. obtained from the Korean Agricultural Culture Collection, National Academy of Agricultural Science, RDA. To prepare the solution, *Aspergillus* spp. were streaked onto Dichloran 18% Glycerol Agar (DG18) (MBcell, Kisanbio, Seoul, Korea), then incubated at 25°C for 7 days. The fungal colonies were subsequently diluted with distilled water to produce the *Aspergillus* spp. solution, after which samples were dried and ripened in a laboratory dry-ripening room. The following conditions of relative humidity (RH) and temperature were applied: day 0 until day 3, 98% RH and 20°C±1°C; day 4 until day 7, 80% to 92% RH and 18°C±2°C; day 7 until day 15, 80% to 85% RH and 18°C±2°C; after day 15, 70% to 75% RH and 16°C.

All processes were done in three replication experimental design. Samples from each treatment were taken for proximate composition analyses from the raw mixture and after 20 and 40 days of ripening. Physicochemical and functional analyses were carried out on salami samples at the end of ripening. All results were expressed as the mean of triplicate trials on each sampling time.

**Proximate composition**

All determinations were conducted by analyzing a homogenized sample in triplicate. Moisture, fat, protein and ash were determined using methods of the AOAC with slight modifications [15].

**Nucleotide-related compounds**

The samples (5 g) were mixed with 25 mL of 0.7 M perchloric acid, and centrifuged at 1,130 g for 1 min to extract the nucleic acids. The extracted nucleic acids were subsequently centrifuged at 2,090 g for 15 min, after which they were filtered through a Whatman No. 4 filter paper (Whatman Inc., Pittsburgh, PA, USA). The supernatant was then adjusted to pH 7 with 5 N KOH. Next, the pH-adjusted supernatant was placed in a volumetric flask and diluted to a volume of 100 mL with 0.7 M perchloric acid (pH 7.0). After 30 min of cooling, the sample was centrifuged at 1,130 g (0°C), after which the supernatant was filtered through a 0.2 μm polycarbonate fluoride syringe filter (Whatman, Buckinghamshire, England). The filtrate (5 mL) was then analyzed using HPLC (ACME 9000, Younghlin Instruments Inc, Anyang, Korea). With regard to the analytical conditions for high performance liquid chromatography (HPLC), a WatersAtlantis dC18 RP column (4.6×250 mm, 5 μm particles, Waters Co., Milford, MA, USA) was utilized, with a mobile phase of 0.1 M triethylamine in 0.15 M acetonitrile (pH 7.0). The flow rate of the mobile phase was 1.0 mL/min and the injection volume was 10 μL. The column temperature was maintained at 35°C and the detection was monitored at a wavelength of 260 nm. The peaks of the individual nucleotides were identified using the retention times for standards: hypoxanthine, inosine, inosine-5'-phosphate (IMP), adenosine-5'-phosphate (AMP) (Sigma, St. Louis, MO, USA), and the concentration was calculated using the area for each peak.

**Fatty acid composition**

The total fat for fatty acid analysis was extracted as described by Nam et al [16]. After thawing the samples, the lipids in a 5 g sample were extracted in chloroform/methanol (2:1) using dibutyl hydroxy toluene as an antioxidant. The methyl esters from fatty acids were formed using a solution of KOH in methanol. The fatty acid methyl esters (FAME) were extracted with water and
The experimental design consisted of curing salt×ripening time lysis. The extracted and dehydrated hexane was then transferred to a vial for analysis. Separation and quantification of the fatty acid methyl esters was conducted using a gas chromatograph (Agilent 7890N, Agilent Technologies Seoul, Seoul, Korea) equipped with a flame ionization detector automatic sample injector HP 7693 using a DB-WAX fused silica capillary column (30 m, 0.25 mm i.d., 0.2 mm film thickness, Agilent Technologies Seoul, Korea). Helium was applied as a carrier gas at a linear flow of 1 mL/min and the injection volume was 1 μL. The oven temperature was initially held at 180°C for 1 min, then increased at 2.5°C/min to 230°C, where it was held for 12 min. The detector (split mode) and detector temperatures were maintained at 280°C. Linoleic acid (C18:2) was used as an internal standard (catalogue number H3500, Sigma-Aldrich Inc., USA). FAMEs in total lipids were identified by comparison of the retention times with those of a standard FAME mixture (SupelcoTM 37 Component FAME Mix, Catalogue number 47885-UP; Lot number, LB-85684. Sigma-Aldrich Inc., USA). Fatty acids were expressed as a percentage of total fatty acids identified and grouped as follows: saturated fatty acid (SFA), monounsaturated fatty acid (MUFA), and polyunsaturated fatty acid (PUFA). Finally, the PUFA/SFA and n-6/n-3 ratios were calculated.

Free amino acids analysis

The free amino acid composition was determined using a modification of the HPLC method described by Bidlingmeyer et al. [17]. The meat was defatted by solvent extraction, then hydrolyzed with 6 N HCl in a vacuum-sealed tube for 24 h at 110°C, centrifuged and dried under vacuum for at least 1.5 h. The pH was subsequently adjusted by adding 20 mL ethanol:water:triethylamine:phenylisothiocyanate (7:1:1:1) at room temperature (26°C) for 10 min, after which they were dried under vacuum for at least 3 h. Next, the sample was re-suspended in 200 μL Picotag (Waters, USA), of which 8 μL were injected into an HPLC (Waters HPLC column, Novapak C18. 60 Å, 4 μm, 3.9×150 mm). Separation was accomplished by using buffers: A (sodium acetate, pH 6.4, 5,000 ppm ethylenediaminetetraacetic acid (EDTA), triethylamine (1:2,000) and 6%, v/v, acetonitrile) and B (60%, v/v, acetonitrile and 5,000 ppm EDTA). A 1,525 HPLC with a binary gradient delivery, 717 autosampler and injector, 1,500 column heater and 2,487 dual wavelength UV detector was used in conjunction with the Breeze software Z (Waters, USA). The accuracy and repeatability of this analysis were ensured by the inclusion of a control sample of known amino acid composition with the samples prior to hydrolysis.

Statistical analysis

The experimental design consisted of curing salt×ripening time factorial analysis. Analysis of variance was performed on all variables using the general linear model procedure of the SAS statistical package (SAS Institute, Cary, NC, USA). Duncan’s multiple range test (p<0.05) was used to identify differences among treatment means.

RESULTS AND DISCUSSION

Proximate composition

The effects of different curing agents on the proximate composition of salamis during the 20 days of ripening are shown in Table 1. The moisture content was highest in refined NaCl salt samples (T2) at day 0, whereas it was lowest in KCl samples (T3) at day 20 and 40 (p<0.05). These differences might have been due to the quicker penetration of the salt mixtures containing KCl, which would hinder water retention from the inside of the meat [18]. These findings are in agreement with those reported by Lorenzo et al [13], who found significant differences in the moisture content of dry-cured ham prepared using different salting treatments. The fat content was highest in the KCl samples (T3) (p<0.05). Additionally the MgCl₂ samples (T4) contained the highest protein contents, while sun-dried salt samples (T1) contained the lowest at day 20 and 40 (p<0.05). The ash content was

| Item | Days of ripening | SEM |
|------|-----------------|-----|
| Moisture (%) | 0 | 20 | 40 |
| T1 | 52.96<sup>a</sup> | 38.99<sup>b</sup> | 25.11<sup>b</sup> |
| T2 | 53.55<sup>a</sup> | 24.27<sup>b</sup> | 20.79<sup>b</sup> |
| T3 | 49.04<sup>a</sup> | 21.38<sup>b</sup> | 16.74<sup>b</sup> |
| T4 | 48.27<sup>a</sup> | 23.36<sup>b</sup> | 18.31<sup>c</sup> |
| SEM | 0.04 | 0.03 | 0.03 |
| Fat (%) | 0 | 20 | 40 |
| T1 | 20.37<sup>c</sup> | 30.43<sup>b</sup> | 40.01<sup>a</sup> |
| T2 | 20.43<sup>c</sup> | 37.75<sup>c</sup> | 39.10<sup>c</sup> |
| T3 | 22.13<sup>a</sup> | 44.97<sup>c</sup> | 43.79<sup>c</sup> |
| T4 | 20.96<sup>c</sup> | 39.87<sup>c</sup> | 43.58<sup>c</sup> |
| SEM | 0.02 | 0.02 | 0.06 |
| Protein (%) | 0 | 20 | 40 |
| T1 | 15.83<sup>c</sup> | 20.82<sup>c</sup> | 27.30<sup>ab</sup> |
| T2 | 15.98<sup>c</sup> | 23.79<sup>b</sup> | 30.62<sup>c</sup> |
| T3 | 15.88<sup>c</sup> | 24.45<sup>b</sup> | 33.03<sup>b</sup> |
| T4 | 16.18<sup>c</sup> | 24.41<sup>b</sup> | 34.71<sup>a</sup> |
| SEM | 0.03 | 0.05 | 0.07 |
| Ash (%) | 0 | 20 | 40 |
| T1 | 2.86<sup>c</sup> | 3.75<sup>c</sup> | 4.56<sup>a</sup> |
| T2 | 2.55<sup>c</sup> | 4.03<sup>b</sup> | 4.61<sup>a</sup> |
| T3 | 2.61<sup>c</sup> | 4.12<sup>b</sup> | 4.96<sup>a</sup> |
| T4 | 1.55<sup>c</sup> | 2.25<sup>b</sup> | 2.64<sup>a</sup> |
| SEM | 0.01 | 0.02 | 0.01 |

SEM, Standard error of the means (n = 16). <sup>a</sup>, <sup>b</sup>, <sup>c</sup>Figures with different letters within the same row differ significantly (p<0.05). <sup>A</sup>, <sup>B</sup>, <sup>C</sup>Figures with different letters within the same column differ significantly (p<0.05).
highest in sun-dried NaCl salt samples (T1) at day 0, whereas it was lowest in MgCl₂ samples (T4) at day 20 and 40 (p<0.05). The storage conditions had a significant effect on the proximate composition of the salamis (p<0.05). During ripening and drying, the moisture contents of salamis were significantly decreased at day 40 compared to day 0, while the fat, protein, and ash contents increased (p<0.05). A similar trend was reported by Olivares et al [1], who found that the reduction in moisture of dry fermented sausages during ripening caused an increase in fat and protein contents. These results might be attributed to the evaporation of water during ripening.

Nucleotide-related compounds, fatty acids, and free amino acids

Nucleotide-related compounds result from the decomposition of adenosine triphosphate (ATP) [19]. ATP is converted into adenosine diphosphate and adenosine monophosphate (AMP) by dephosphorylation, after which it becomes inosine monophosphate (IMP), which produces a nice flavor. However, IMP is degraded to inosine, and then to hypoxanthine, which has a bitter taste [20]. As shown in Table 2, T4 had higher AMP and hypoxanthine contents compared to the other samples (p<0.05). T3 contained higher IMP, whereas T2 had more inosine (p<0.05). Although IMP has been shown to be linked to meat flavor, its disappearance does not mean a reduction in flavor intensity. This is because, in addition to the taste enhancing effect of salt, the mild ripening/drying conditions allow the generation of free amino acids and free fatty acids, which also contribute to taste [19].

The effects of different curing agents on the fatty acid composition of salamis are presented in Table 3. The major identified fatty acids were oleic (C18:1), palmitic (C16:0), linoleic (C18:2), stearic (C18:0), and palmitoleic (C16:1) acid in decreasing order. These findings agree with those of previous studies [21,22]. No significant differences were found in the fatty acid composition among treatments, with only slight differences in C12:0, C17:1, and C20:0 being observed. Additionally, T3 contained a higher percentage of C12:0, C17:1, and C20:0 when compared to the other treatments (p<0.05). Oleic acid (C18:1) made up the largest proportion of the MUFA, even though there was no significant difference between samples. Laranjo et al [22] have reported that oleic acid was not changed by salt types.

The free amino acid contents of ripened samples with different curing salts are shown in Table 4. Tseng et al [23] classified free amino acids in food as being related to umami (aspartic acid, glutamic acid), sweet (serine, glycine, threonine, alanine), bitter (valine, methionine, isoleucine, leucine, phenylalanine, histidine, arginine), and other tastes (glutamine, tyrosine, lysine, and proline). The free amino acids of salami (T3) salted with KCl was rated equally to those with NaCl. T4 samples showed the highest content of total free amino acids than the other samples (p<0.05). As free amino acid content was used as a measure of proteolytic activity [24,25], the substitution of NaCl by MgCl₂ seemed to increase proteolysis.

According to Toldra [26], aminopeptidases could be activated in the presence of salt, and may contribute to the generation of free amino acids. Of the free amino acids, a higher arginine concentration was observed in T4 samples (p<0.05). Fujimura et al [27] reported that the interaction between glutamic acid and inosine acid (IMP) enhanced the taste of meat products. T4 contained higher aspartic acid (Asp), threonine (Thr), alanine (Ala), leucine (Leu), isoleucine (Ile), and phenylalanine (Phe) concentrations than the other samples (p<0.05), which can have a negative impact on the sensory quality, as high concentrations of Met, Leu, and Ile may increase the bitter taste of dry fermented sausages.

Table 2. Effects of different curing salts on nucleotide-related compounds (mg/100 g) of salami after ripening

| Item | AMP | IMP | Inosine | Hypoxanthine |
|------|-----|-----|---------|--------------|
| T1¹ | 0.49⁵ | 7.73⁴ | 1.76⁴ | 89.93² |
| T2 | 0.54⁴ | 7.79⁴ | 2.02⁴ | 102.27⁴ |
| T3 | 0.58³ | 8.30⁴ | 1.76⁴ | 105.06⁴ |
| T4 | 0.98⁴ | 8.20⁴ | 1.56⁴ | 111.54⁴ |
| SEM | 0.018 | 0.160 | 0.070 | 1.593 |

AMP, adenosine-5’-phosphate; IMP, inosine-5’-phosphate; SEM, standard error of the means (n = 16).

¹, ², ³, ⁴, ⁵ Figures with different letters within the same column differ significantly (p<0.05).

Table 3. Effects of different curing salts on fatty acid composition of ripened salamis

| Item | T1 | T2 | T3 | T4 | SEM |
|------|----|----|----|----|-----|
| C10:0 | 0.05 | 0.05 | 0.04 | 0.05 | 0.002 |
| C12:0 | 0.08³ | 0.09³ | 0.12³ | 0.08³ | 0.004 |
| C14:0 | 1.46 | 1.38 | 1.45 | 1.35 | 0.06 |
| C14:1 | 0.14 | 0.14 | 0.13 | 0.14 | 0.01 |
| C15:0 | 0.09 | 0.09 | 0.09 | 0.08 | 0.01 |
| C16:0 | 21.94 | 21.22 | 20.49 | 21.30 | 0.84 |
| C16:1 | 2.24 | 2.26 | 2.23 | 2.09 | 0.09 |
| C17:0 | 0.33 | 0.36 | 0.36 | 0.32 | 0.01 |
| C17:1 | 0.31⁴ | 0.34⁴ | 0.40⁴ | 0.31⁴ | 0.02 |
| C18:0 | 11.49 | 11.08 | 10.76 | 11.38 | 0.34 |
| C18:1t | 0.15 | 0.17 | 0.18 | 0.16 | 0.03 |
| C18:1 | 41.59 | 43.19 | 42.72 | 40.20 | 1.60 |
| C18:2 | 11.77 | 12.28 | 12.15 | 10.84 | 0.48 |
| C20:0 | 0.58³ | 0.70³ | 0.83³ | 0.63³ | 0.02 |
| C20:1 | 0.51 | 0.56 | 0.40 | 0.35 | 0.09 |
| C20:2 | 0.13 | 0.16 | 0.20 | 0.20 | 0.03 |
| C20:3 | 0.46 | 0.54 | 0.55 | 0.53 | 0.03 |
| C24:1 | 0.27 | 0.14 | 0.16 | 0.16 | 0.06 |
| SFA | 36.01 | 34.96 | 34.14 | 35.16 | 1.25 |
| UFA | 59.29 | 59.92 | 59.29 | 55.12 | 2.13 |
| MUFA | 44.59 | 46.17 | 45.76 | 42.97 | 1.70 |
| PUFA | 13.28 | 13.75 | 13.54 | 12.15 | 0.44 |
| UFA/SFA | 1.63² | 1.71³ | 1.74³ | 1.57³ | 0.01 |

SEM, standard error of the means (n = 16); SFA, saturated fatty acid; UFA, unsaturated fatty acid; MUFA, monounsaturated fatty acid; PUFA, polyunsaturated fatty acid.

¹, ², ³, ⁴, ⁵ Figures with different letters within the same column differ significantly (p<0.05).
Table 4. Effects of different curing salts on free amino acids (mg/100 g) of ripened salamis

| Item          | T1 | T2 | T3 | T4 | SEM |
|---------------|----|----|----|----|-----|
| Taurine       | 27.39a | 34.01a | 35.32b | 33.28a | 1.13 |
| Aspartic acid | 21.26a | 27.31b | 29.30b | 48.28b | 1.10 |
| Threonine     | 34.43b | 39.19a | 37.55a | 54.40a | 0.98 |
| Serine        | 32.64b | 48.71a | 45.39b | 72.91a | 1.45 |
| Asparagine    | 109.94b | 116.78b | 105.08a | 160.49b | 3.24 |
| Glutamic acid | 14.04b | 16.66a | 12.00a | 17.98a | 1.34 |
| Proline       | 3.44b | 3.20b | 4.70a | 2.75b | 0.45 |
| Glycine       | 66.35c | 63.85a | 57.34a | 98.48c | 1.97 |
| Alanine       | 102.58a | 135.52b | 130.53a | 159.20a | 3.14 |
| Valine        | 45.10c | 48.74b | 48.71a | 53.14b | 1.26 |
| Cystine       | 25.98b | 28.99b | 25.98b | 43.07b | 0.84 |
| Methionine    | 1.31a | 1.07a | 1.02c | 0.48b | 0.05 |
| Isoleucine    | 25.53a | 29.25b | 27.25b | 35.33a | 0.71 |
| Leucine       | 75.13c | 92.19a | 87.05a | 129.88b | 2.00 |
| Tyrosine      | 1.60c | 1.87c | - | 7.18c | 0.14 |
| Phenylalanine | 28.24c | 31.81a | 27.38a | 55.37a | 1.07 |
| Histidine     | 23.82b | 21.94a | 23.72a | 27.14a | 0.98 |
| Tryptophan    | 11.69b | 12.91a | 13.78a | 13.59a | 0.55 |
| Carnosine     | 25.21b | 32.27a | 21.83a | 42.53a | 0.74 |
| Lysine        | 59.11c | 57.34a | 56.33a | 72.07a | 1.13 |
| Ammonia       | 75.11c | 91.86a | 82.99a | 105.72a | 2.53 |
| Arginine      | 8.90a | 6.11ab | 4.40b | 10.47a | 1.27 |
| Tasty AA      | 421.05b | 472.87b | 441.99b | 614.41b | 10.89 |
| Bitter AA     | 126.59b | 137.85c | 131.46a | 181.44a | 3.42 |
| Tasty/bitter AA | 3.25c | 3.43c | 3.36c | 3.39c | 0.04 |
| Total amino acids | 823.80c | 940.88a | 887.66c | 1,243.7c | 20.60 |

SEM, standard error of the means (n = 16); AA, amino acid.
1 T1, sun-dried salt (NaCl); T2, refined salt (NaCl); T3, KCl; T4, MgCl2.
2 Serine+asparagine+glutamate+glycine+alanine.
3 Valine+isoleucine+phenylalanine+histidine+arginine.

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