Stellar disruption events support the existence of the black hole event horizon

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Accepted 2017 February 28. Received 2017 February 22; in original form 2017 January 8

ABSTRACT

Many black hole (BH) candidates have been discovered in X-ray binaries and in the nuclei of galaxies. The prediction of Einstein’s general relativity is that BHs have an event horizon – a one-way membrane through which particles fall into the BH but cannot exit. However, except for the very few nearby supermassive BH candidates, our telescopes are unable to resolve and provide a direct proof of the event horizon. Here, we propose a novel observation that supports the existence of event horizons around supermassive BH candidates heavier than $10^{7.5} M_\odot$. Instead of an event horizon, if the BH candidate has a hard surface, when a star falls on to the surface, the shocked baryonic gas will form a radiation pressure-supported envelope that shines at the Eddington luminosity for an extended period of time from months to years. We show that such emission has already been ruled out by the Pan-STARRS1 3π survey if supermassive BH candidates have a hard surface at radius larger than $(1 + 10^{-4.5})$ times the Schwarzschild radius. Future observations by Large Synoptic Survey Telescope should be able to improve the limit to $1 + 10^{-6}$.

Key words: methods: analytical – galaxies: nuclei.

1 INTRODUCTION

A black hole (BH) forms when no other force can uphold gravity and everything collapses down to a point of roughly Planck size $\sim 10^{-33}$ cm. The prediction of Einstein’s general relativity is that the point mass must be enclosed inside an event horizon, through which matter, energy and light can enter from outside, but nothing can exit. For a non-spinning BH, the size of the event horizon, or the Schwarzschild radius, is proportional to the mass $M = 10^7 M_\odot M_\odot$ as

$$r_s \equiv \frac{2GM}{c^2} = 3.0 \times 10^{12} M_\odot \text{ cm.}$$

(1)

Over the past 30 yr, BH candidates have been found and classified according to their masses, with stellar-mass candidates having a few up to tens of $M_\odot$ and supermassive candidates with masses $\sim 10^6$–$10^{10} M_\odot$. Proving the existence of the defining characteristic of BHs – the event horizon – would provide crucial support for Einstein’s general relativity. However, BH event horizons are usually too small for our telescopes to resolve.

Nearly all galaxies have a central massive object (CMO) of mass $\sim 10^6$–$10^{10} M_\odot$ (e.g. Kormendy & Ho 2013). The nature of the CMOs is important in many astrophysical fields, e.g. active galactic nucleus, galaxy evolution, gravitational wave, etc. CMOs are widely believed to be BHs, due to the following reasons (many of which have been discussed by Narayan & McClintock 2008):

(1) If the mass of a compact object exceeds the maximum neutron star mass $M_{\text{NS, max}} \sim 3 M_\odot$, there is no known force that can hold it up from collapsing. (2) Since active galactic nuclei are powered by accretion (or gravitational potential energy), the central mass-gaining object or cluster is expected to undergo collapse and eventually turn into a BH, if there is no exotic force supporting gravity (e.g. Rees 1984). (3) In the absence of an event horizon, the kinetic energy of the infalling gas will be converted into radiation inside or on the surface of the CMO. For the two nearby CMOs at the centres of the Milky Way and M87 (Sgr A* and M87*), if they do not have event horizons and are in thermal dynamic equilibrium, this amount of radiation ($\sim Mc^2$) overproduces the observed infrared flux by a factor of 10–100 (Broderick, Loeb & Narayan 2009; Broderick et al. 2015). (4) The Event Horizon Telescope (EHT) images of Sgr A* and M87* in the millimeter wavelength so far are consistent with a point source of radius $\lesssim 2–2.5 r_\odot$ (Doeleman et al. 2008, 2012), which roughly corresponds to the apparent size of the photon capture radius (‘BH shadow’), so a hard surface at radius significantly larger than $1.5 r_\odot$ has been ruled out (Broderick & Narayan 2006). As the sensitivity and resolution of EHT improve, future images will be compared to realistic accretion flow models and will directly test the space–time metric. (5) The Laser Interferometer Gravitational-wave Observatory (LIGO) detections

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of gravitational wave bursts (e.g. GW150914) are consistent with merging stellar-mass BHs (Abbott et al. 2016).

While the reasons above are certainly strong, one may argue the following: Reason (1) may not apply to CMOs because their compactness is unknown and there might be some mechanism/material that can support them from collapsing; reason (2) does not rule out many classes of BH alternative models either (e.g. boson stars and gravastars; Schunck & Mielke 2003; Mazur & Mottola 2004); reasons (3) and (4) apply to only a few nearby CMOs (due to our telescopes’ finite resolution). As for reason (5), gravitational wave generation calculations for binary merger events for alternative models of BHs (objects without event horizon) have only been done in the ringdown phase where the differences only appear in the late-time secondary pulses in the high-compactness limit (e.g. Yunes, Yagi & Pretorius 2016). Future work on the gravitational wave emission during the plunge and merger phase, combined with higher signal-to-noise ratio LIGO detections, will put better constraints on the alternative models.

In this paper, we propose a novel observation that places stringent constraints on the possible location of a hard surface around CMOs and hence strongly argues for them being BHs with event horizons.

2 THE IDEA

Stars can be driven into nearly radial orbits towards the CMO by different processes, e.g. two-body relaxation, resonant relaxation, massive perturbers, non-spherical potential (Alexander 2005). If the CMO is compact enough, stars could reach down to a critical radius where the tidal gravity exceeds the star’s self-gravity, causing a tidal disruption event (TDE). The Newtonian tidal disruption radius is given by (e.g. Rees 1988)

\[ r_T \approx 5.0 r_s m_{\odot}^{-1/3} \eta^{-2/3}, \]

where the star’s mass and radius are expressed in units of solar mass and solar radius, \( M_* = m_* M_{\odot} \) and \( R_* = r_* R_{\odot} \). When \( M_{\odot} \gtrsim 10^{-5} M_{\odot} \), the Newtonian tidal disruption radius is not applicable and a full general relativistic treatment is necessary (e.g. Kesden 2012; Servin & Kesden 2016). When the star crosses \( r_T \), the tidal gravity of the CMO causes a spread of specific orbital energy across the star, which leaves roughly half of the star in bound orbits and the other half unbound. Then the fallback gas forms a thick accretion disc that produces months-long optical/UV luminosity \( 10^{45} - 10^{46} \) erg s\(^{-1}\) observable at cosmological distances. Recently, a few dozen of such TDE candidates have been observed from various surveys carried out in the optical, UV and soft X-ray wavelengths, giving a TDE rate of \( \sim 10^{-3} \) yr\(^{-1}\) galaxy\(^{-1}\), consistent with but somewhat lower than theoretical estimates (see the review by Komossa 2015).

The star in a TDE can be used as a test particle to probe the nature of the CMO, because it reaches very close to \( r_s \). In this paper, we consider the observational consequences of star–CMO close encounters if the CMO does not possess an event horizon. We assume the CMO’s radius to be

\[ r_0 = \eta r_s, \]

where \( \eta > 1 \) is a free parameter. If the CMO has a hard surface, then \( r_0 \) is the surface radius; if the CMO is a diffuse cluster of non-luminous particles or objects, then \( r_0 \) is defined as the half-mass radius and \( M \) is the mass enclosed within radius \( r_0 \). There are two possibilities in the hard-surface scenario (and both are considered in this paper): If the CMO is made of ordinary matter, the Buchdahl limit gives \( \eta > 9/8 \) (Buchdahl 1959); if exotic forces are allowed, \( \eta \) can be extremely close to 1.

From equation (2), we know that TDEs with accretion disc formation are only possible if the radius of the CMO is smaller than \( r_T \), i.e.,

\[ \eta M^{2/3} < 5.0 r_s m_{\odot}^{-1/3}. \] (4)

Therefore, considering the fact that TDEs from CMOs of roughly \( 10^7 M_{\odot} \) have been observed, we obtain an upper limit \( \eta < 30 \). The nature of CMOs should not depend on their masses, so we only consider the parameter space \( 1 < \eta < 30 \). The upper limit on \( \eta \) can rule out CMOs being clusters of brown dwarfs or stellar remnants (white dwarfs, neutron stars and stellar-mass BHs), because the lifetime due to collisions or evaporation is much shorter than 10 Gyr (Maoz 1998). Other alternative models cannot be ruled out yet, such as objects with a hard surface supported by exotic forces (e.g. gravastars, Mazur & Mottola 2004) or the configuration from collapse of self-interacting scalar fields (boson stars; see the review by Schunck & Mielke 2003) or clusters of very low-mass BHs (\( \lesssim 10^{-6} M_{\odot} (\eta/30)^{3/2} M_{\odot} \) if we use the Newtonian evaporation rate of Maoz 1998).

In the absence of an event horizon, when a TDE occurs, the kinetic energy of the baryons accreted on to the CMO is converted to thermal energy that should be radiated away over a certain period of time. Regardless of the nature\(^1\) of the CMO, the accreted gas will be shocked when colliding with itself or the possible hard surface. Then the shocked gas will form a hot envelope surrounding the CMO. As far as we know from baryonic physics, the layer of stellar debris must be supported by radiation pressure. One could infer the non-existence of this radiating stellar debris layer by multiwavelength observations of TDEs. Disproving the existence of such emission supports the existence of an event horizon. However, there are three obstacles one is facing: (1) The amount of mass that is accreted on to the CMO is uncertain, because a fraction of the fallback material could be blown away from the disc by a radiation-driven wind (e.g. Metzger & Stone 2016); (2) we will show in Section 3, for relatively low-mass CMOs \( (M < 10^{-5} M_{\odot}) \), the emission from the stellar debris is mostly in the far-UV where either our telescopes are currently not sensitive enough or absorption along the line of sight is strong (for photons with energy \( > 13.6 eV \)) and; (3) it is non-trivial to distinguish the emission from the stellar debris from that of the accretion disc.

However, if we consider CMOs more massive than \( 10^{-3} M_{\odot} \), main-sequence stars have to get closer than the innermost stable circular orbit in order to get tidally disrupted. In such cases, the geodesics in the Schwarzschild space–time are plunging (or bound), so we expect only a small fraction of the disrupted star to be blown away and the majority to fall on to the CMO. On the other hand, when the CMO’s mass is so large that its radius is larger than \( r_T \) given by equation (2), classical TDEs do not happen and there is no disc formation (though the star may be disrupted by relativistic tidal forces if it gets very close to \( r_T \)). There are then two possibilities: (1) If the CMO has a hard surface, the stellar gas is shocked when colliding with the surface and the shocked gas forms a hot radiation-dominated envelope; (2) if the CMO is a diffuse cluster of particles

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\(^1\) A small fraction of CMOs could be of heterogeneous nature, but they are not the focus of this paper.

\(^2\) We assume that the baryonic gas is incorporated into the CMO’s pre-existing exotic material slowly enough that shocks can form, and that the shocked gas will expand due to its own pressure gradient.
or very low mass BHs, after entering the CMO, the star (if not tidally disrupted) experiences a drag due to dynamical friction or collisions with the particles. Unfortunately, the drag may be too small to affect the stellar orbit because the particles could be weakly interacting with a very small collisional cross-section. For instance, very low mass BHs penetrate through the star at high speed without producing much friction. There may not be any observational consequence in the second scenario. Therefore, we only consider the first scenario, namely, the CMO has a hard surface; some of the observational constraints we discuss should also apply to the situation where the star is tidally disrupted inside the CMO if it is dense enough or consists of massive compact objects that are capable of causing disruption.

In this paper, we consider CMOs heavier than $10^{7.5} M_\odot$ with a hypothetical hard surface at radius $r_0 = n r_s$ (equation 3), with $1 < n < 30$. We assume CMOs to be non-rotating (or spin parameter $a/m \ll 0.2$), so the space–time outside the surface is approximately spherically symmetric. When the star’s orbit has pericentre distance smaller than $r_{\text{pericentre}}$, it is destroyed due to either tidal disruption or collision with the surface, which we call stellar disruption events in general. Note that a parabolic orbit with pericentre distance smaller than $4r_s$ means specific angular momentum less than $2\pi c$, so the geodesic in a Schwarzschild metric is plunging. In a stellar disruption event, the stellar gas gets shocked and then forms a quasi-static envelope supported by radiation pressure above the surface. In Section 3, we show that the radiation from the stellar debris is bright at optical/UV wavelengths and could be detected as unique and long-lasting transients. In Section 4, we show that given the estimated rate of such stellar disruption events, non-detection of such transients by current optical surveys has already ruled out a hard surface with $\eta - 1 \gtrsim 10^{-4.4}$.

3 THERMAL DEBRIS FROM THE STELLAR DEBRIS

3.1 Pressure profile in the strong-gravity regime

In this section, we use geometrized units $G = c = 1$. Consider a horizonless object of mass $M$ with a hard surface at $r_0$ larger than $r_s \equiv 2M$. The compactness of the object is characterized by

$$\mu_0 = 1 - \frac{1}{\eta} = 1 - \frac{r_s}{r_0}.$$  (5)

In this section, we assume $\mu_0 < 1$, so we have

$$\mu_0 \approx \eta \eta - 1 = \frac{r_0}{r_s} - 1 \quad \text{(for } \mu_0 \ll 1).$$  (6)

When a star of mass $M_*$ falls on to this object from infinity, gas particles move radially inwards with Lorentz factor $\mu_0^{-1/2} \gg 1$ in the local frame before being shocked at the surface. Therefore, the shocked gas is highly relativistic with equation of state (EoS) $P = \rho/3$ (P is pressure and $\rho$ is energy density in the fluid rest frame). Note that here both pressure and energy density are dominated by radiation. We assume the system to be spherically symmetric. When the system reaches hydrostatic equilibrium, as long as the matter–radiation mixture can be considered as a tightly coupled single fluid system with an isotropic pressure tensor (see Appendix A for more details), the pressure profile of the shocked gas on the object’s surface is described by the Tolman–Oppenheimer–Volkoff (TOV) equation,

$$\frac{dP}{dr} = \frac{(\rho + P)(m + 4\pi r^3 P)}{r(r - 2m)} = \frac{4P(m + 4\pi r^3 P)}{r(r - 2m)},$$  (7)

where

$$m(r) = \int_0^r 4\pi r^2 \rho(r) \, dr + M = 12\pi \int_0^r r^2 P(r) \, dr + M$$  (8)

is the total mass within radius $r$. For $r/r_0 - 1 \ll 1$ and $M_*/M \ll 1$, we can make simplifications, $r \approx r_0$ and $m(r) \approx M$, everywhere except in the $(r - 2m)$ term. Defining $\tilde{P}(r) \equiv 4\pi r^3 P(r)/M$ and $x(r) \equiv r - 2m(r)$, we obtain

$$dx = dr(1 - 24\pi^2 P^2) = dr(1 - 3\tilde{P}).$$  (9)

The TOV equation then becomes

$$\frac{dP}{dx} = -\frac{2\tilde{P}(P + 1)}{x(1 - 3\tilde{P})}.$$  (10)

This simplified TOV equation can be integrated, given the boundary condition $\tilde{P}(x_0) = \tilde{P}_0$,

$$\frac{(P + 1)^2}{P} = \frac{\tilde{P}_0 + 1)^2}{\tilde{P}_0} \left(\frac{x}{x_0}\right)^2,$$  (11)

where $x_0 \equiv r_0 - 2M$. When $\tilde{P} \gg 1$, we have $P \propto x^{2/3}$. It can be seen from equation (9) that as $r$ increases, both $x$ and $\tilde{P}$ decrease rapidly and the system is barely able to avoid the formation of an event horizon, which means that this layer of stellar debris is unstable. On the other hand, when $\tilde{P} \ll 1$, the pressure profile is a power law $P \propto x^{-2} \propto (r - 2M)^{-2}$. The pressure at the bottom of the stellar debris $\tilde{P}_0$ is given by mass normalization:

$$M_* = 12\pi \int_{r_1}^{r_0} r^2 P(r) \, dr,$$  (12)

where $r_1$ is the outer boundary where $P$ vanishes.

Using the new notation, we have

$$M_* = 3 \int_{x_0}^{x_1} \tilde{P} \, dx,$$  (13)

where $x_1 \equiv r_1 - 2m(r_1)$. We know from equation (11) that

$$\frac{dx}{x_0} = -\frac{\tilde{P}_0^{4/3}}{(P_0 + 1)^{2}} \frac{(P + 1)(1 - 3\tilde{P})}{2P^{3/2}} d\tilde{P},$$  (14)

so we can integrate the right-hand side of equation (13) and obtain

$$\frac{\mu_0 M}{M_*} = \frac{x_0}{2M_*} = \frac{(\tilde{P}_0 + 1)^2}{\tilde{P}_0(P_0 + 3)}.$$  (15)

We show in Fig. 1 the relation between the normalized peak pressure $\tilde{P}_0$ and $\mu_0 M/M_*$. When $\mu_0 M/M_* \geq 1$ or $\mu_0 M/M_* = 8/9$, the peak pressure is unique for each $\mu_0 M/M_*$. When $8/9 < \mu_0 M/M_* < 1$, each $\mu_0 M/M_*$ corresponds to two different peak pressures (the solution corresponding to the larger peak pressure is unstable); when $\mu_0 M/M_* < 8/9$, the TOV equation with a relativistic EoS $P = \rho/3$ has no solution because, to support gravity, a static configuration requires a local sound speed greater than $c$.

Shown in Fig. 2 are the mass and pressure profiles for $M_*/M = 10^{-8}$ and $\mu_0 = 10^{-8}, 10^{-7}, 10^{-6}$. The energy density at the bottom of the stellar debris is in (CGS units)

3 Strictly speaking, $P$ does not vanish at the outer boundary because there is always a net outward radiation flux. This only affects the very surface layer (where $P \ll \tilde{P}_0$), and the pressure profile (equation 11) and the pressure at the bottom of the stellar debris (equation 15) are not affected.

4 This is analogous the Buchdahl (1959) constraint on the radius of a relativistic star, but the difference is that in the present case, there is a hard surface at the bottom of the baryonic gas.
so the stellar debris has to switch to the EoS of exotic matter quickly enough to avoid the formation of an event horizon. To avoid going into details of the state transition from baryonic to exotic matter, we consider in this paper only models with $\mu_0 \geq M_*/M$.

### 3.2 Emission from the photosphere

In this section, we go back to CGS units and discuss the emission from the stellar debris on the hard surface of the CMO as viewed by an observer at infinity. We consider the situation where $\mu_0 \geq M_*/M$ (but $\mu_0$ is not necessarily much less than 1). The baryonic gas and radiation do not affect the space–time outside the hard surface, which is given by the Schwarzschild metric for a slowly or non-rotating CMO. We define the function $\mu(r)$ as

$$\mu(r) \equiv -g_0(r) = 1 - \frac{r_s}{r}, \tag{17}$$

where $r_s \equiv 2GM/c^2$. When $M_* \sim 1 M_\odot$ of baryonic gas falls on to the CMO in nearly the radial direction, the gas collides with the surface at a locally measured Lorentz factor $\mu_0^{-1/2}$. The high-density gas downstream of the shock is dominated by radiation pressure, which is given by

$$P_{sh} = \frac{\mu_0^{-1/2} - 1}{3} \rho_{0,sh}c^2, \tag{18}$$

where $\rho_{0,sh}$ is the local baryonic mass density right after the shock. Then the stellar debris settles down adiabatically into quasi-hydrostatic equilibrium. When the space–time outside the CMO hard surface is not affected by the presence of the baryonic gas, the $4\pi r^2 P$ term in the TOV equation can be ignored. The pressure is dominated by radiation, i.e. $P = P_{\text{rad}} + P_s \approx P_{\text{rad}}$. We denote the local baryonic mass density as $\rho_0$, so the total energy density is $\rho = \rho_0 c^2 + 3P_{\text{rad}}/2 + 3P_{\text{rad}} \approx \rho_0 c^2 + 3P_{\text{rad}}$. The TOV equation can then be simplified to

$$\frac{dP}{dr} = -\mu(r)^{-1} G M \rho_0 \left( 1 + \frac{4P}{\rho_0 c^2} \right). \tag{19}$$

If the internal energy per baryon is roughly conserved, we have $P/\rho_0 \approx P_{\text{rad}}(\rho_{0,sh})$, and the pressure scaleheight of the stellar debris at $r = r_0$ is

$$H = \mu_0 \frac{2r_0^2}{r_s} \frac{P_{\text{rad}}(\rho_{0,sh} c^2)}{1 + 4P_{\text{rad}}(\rho_{0,sh} c^2)} \approx \mu_0 \frac{2r_0^2}{r_s} \frac{1 - \sqrt{\mu_0}}{4 - \sqrt{\mu_0}}. \tag{20}$$

Note that $H$ denotes the scaleheight in Schwarzschild coordinates; the physical (locally measured) scaleheight is $H \mu_0^{-1/2}$. In the limit $r_0 \to r_s (\mu_0 \ll 1)$, we obtain $H \approx (r_0 - r_s)/2$, and in the limit $r_0 \gg r_s (\mu_0 \approx 1)$, we obtain $H \approx r_0/3$. In reality, part of the internal energy is used to do work against “gravity” (when $\mu_0 \gtrsim 10^{-6}$, we have $H \mu_0^{-1/2} \lesssim 1$ solar radius), so the scaleheight will be smaller (but this has little effect on the analysis since we already have $H \ll r_0 - r_s$). In addition, part of the internal energy could be used to drive a wind, which might carry a fraction of the total mass $M_*$ away at the local escape velocity, so the scaleheight will be even smaller. We note that the fractional wind mass-loss is small ($\ll 1$) because the extra energy taken away by the wind makes the rest of the gas even more bound. We conclude that the pressure or density scaleheight is roughly a factor of a few smaller than $r_0 - r_s$.

If the total mass of the stellar debris is $M_* = \xi M_\odot (\xi \lesssim 1)$, the Thomson depth of the whole layer is

$$\tau_0 \approx \frac{\kappa T \xi}{4\pi \mu_0} \approx 6.0 \times 10^3 \xi h^{-2} M_\odot^{-2}. \tag{21}$$
where we have used the Thomson opacity for solar metallicity, \(\kappa_T = 0.34 \text{ cm}^2 \text{ g}^{-1}\). The photospheric radius \(r_{\text{ph}}\) (or \(\mu_{\text{ph}} \equiv \mu(r_{\text{ph}})\)) where the Thomson scattering optical depth is order unity is larger than \(r_0 + H\) (due to the large total optical depth). For an observer at infinity, the diffusion time across the entire layer of stellar debris is roughly given by

\[
\tau_{\text{dif},\infty} \approx \tau_0 \int_{r_0}^{\infty} \frac{dr}{\mu} \approx \frac{\tau_0 \eta S}{c}.
\]

(22)

During a time \(\tau_{\text{dif},\infty}\), an amount of radiation energy (viewed at infinity) \((1 - \mu_{\text{ph}}^2)M_c \eta^2\) diffuses outwards, which gives a diffusive luminosity

\[
L_{\text{dif},\infty} \approx \frac{(1 - \mu_{\text{ph}}^2)M_c \eta^2}{\tau_{\text{dif},\infty}} \approx \frac{(1 - \mu_{\text{ph}}^2)\eta^{-1}L_{\text{Edd}}}{\tau_{\text{dif},\infty}}.
\]

(23)

where the Eddington luminosity is \(L_{\text{Edd}} \equiv 4\pi c G M / \kappa_T = 1.5 \times 10^{46} M_8 \text{ erg s}^{-1}\). From equation (23), we find that \(L_{\text{dif},\infty} \approx L_{\text{Edd}}\) when either \(\mu_0 \ll 1\) or \(\mu_0 \approx 1\). Including gravitational redshift, the diffusive flux in the local rest frame at \(\mu(r) \approx L_{\text{Edd}} \eta^{-1}\), which means that the radiation force on the baryon–photon mixture balances gravity.\(^5\)

Photons emitted at the photosphere at radius \(r_{\text{ph}}\), or \(\mu_{\text{ph}} \equiv \mu(r_{\text{ph}})\), may not escape to infinity. The maximum polar angle \(\theta_m\) up to which photons emitted at \(r_{\text{ph}}\) can escape to infinity is given by

\[
\theta_m = \frac{\pi}{2}, \quad \text{if } r_{\text{ph}} > 1.5 r_S,
\]

\[
\theta_m = \sin^{-1} \left( \frac{3\sqrt{3} \mu_{\text{ph}}}{2 r_{\text{ph}}/r_S} \right), \quad \text{if } r_{\text{ph}} \leq 1.5 r_S.
\]

(24)

The luminosity seen by an observer at infinity is the fraction of \(L_{\text{dif},\infty}\) that escapes, i.e.,

\[
L_\infty = L_{\text{dif},\infty} \int_0^{\theta_m} \left( \frac{1}{\cos \theta} \sin \theta d\theta \right) \frac{1}{\cos \theta} \cos \theta \sin \theta d\theta.
\]

(25)

where \(L_{\text{dif},\infty} \approx \frac{8\pi c^2 (r_{\text{ph}}/r_0)^{5/2}}{\tau_0} I(\theta) \cos \theta \sin \theta d\theta \approx L_{\text{Edd}}\). The intensity is nearly angle-independent \(I(\theta) \approx I\), so we have

\[
L_\infty \approx L_{\text{Edd}} \sin^2 \theta_m.
\]

(26)

For any given angle, the spectrum is nearly a blackbody \(I \simeq B_\nu(T_{\text{ph}})\) (e.g., Broderick & Narayan 2006), so we have \(I \approx \sigma_{\text{SB}} T_{\text{ph}}^4 / \pi\), where \(\sigma_{\text{SB}}\) is the Stefan–Boltzmann constant and \(T_{\text{ph}}\) is the local radiation temperature at the photosphere. Therefore, the radiation temperature at infinity is

\[
T_\infty = T_{\text{ph}} \mu_{\text{ph}}^{1/4} \left( \frac{L_{\text{Edd}}}{4\pi r_{\text{ph}}^2 \sigma_{\text{SB}}} \right)^{1/4} \mu_{\text{ph}}^{1/4}.
\]

\[
\simeq 3.9 \times 10^5 \left( \frac{r_S}{r_{\text{ph}}} \right)^{1/2} M_8^{1/4} \mu_{\text{ph}}^{1/4} \text{ K}.
\]

(27)

The duration of the emission from the stellar debris is given by energy conservation:

\[
\Delta t_\infty \approx (1 - \mu_{\text{ph}}^2) \frac{\xi M_8 c^2}{L_\infty} = \frac{0.2 \times 10^8 (1 - \mu_{\text{ph}}^2)}{M_8 \sin^2 \theta_m}.\]

(28)

Note that in the limit \(\mu_{\text{ph}} \ll 1\) (and \(\eta \approx 1\)), the duration of the transient emission in equation (28) is longer than the diffusion time given by equation (22) by a factor \(\mu_{\text{ph}}^{-1}\). This is because photons emitted at the photosphere tend to be lensed back \(\mu_{\text{ph}}\) times before escaping (a photon can escape only when \(\theta \leq \theta_m\)).

The gravitational acceleration in the local rest frame at \(r\) is \(GM/r^2\), and each electron has an effective inertia \(\mu^{-1/2} m_e\) (dominated by radiation).
When \( \frac{r_{ph}}{r_s} - 1 \ll 1 \), we have \( \mu_{ph} \approx \frac{r_{ph}}{r_s} - 1, L_\infty \propto \mu_{ph} \) and \( T_\infty \propto \mu_{ph}^{1/4} \). For \( 10^{-5} \lesssim \frac{r_{ph}}{r_s} - 1 \ll 1 \), the g-band frequency is in the Rayleigh–Jeans regime, so the flux density decreases slowly as \( F_\nu \propto \mu_{ph}^{-1} \). For \( \mu_{ph} \lesssim 10^{-5} \), the g-band frequency slowly shifts into the Wien tail, so the flux density drops faster. On the other hand, for \( \frac{r_{ph}}{r_s} - 1 \gg 1 \), the temperature decreases rapidly as \( T_\infty \propto \mu_{ph}^{-1/2} \), but the luminosity stays constant at \( L_\infty \). Therefore, the flux density first increases as \( F_\nu \propto r_{ph}^{3/2} \) in the Rayleigh–Jeans regime and then decreases exponentially in the Wien regime.

Note that the optical depth for Thomson scattering at the photosphere is of order unity, so this gives an upper limit for the photospheric radius,

\[
4\pi r_{ph}^2 < \kappa_T M_*,
\]

which means

\[
\frac{r_{ph}}{r_s} < 7.6 \times 10^2 \xi^{1/2} M_7^{-1}.
\]

For \( \xi \lesssim 1 \) and the CMO mass range \( M > 10^{-5} M_\odot \) considered in this paper, the photospheric radius of the stellar debris layer must be smaller than \( 7.6 \times 10^2 \) \( r_s \), so the grey shaded region in the upper panel of Fig. 3 is unphysical. For CMOs with mass \( M < 10^{-5} M_\odot \), the emission from the stellar debris may peak in the non-observable far-UV (if \( r_{ph}/r_s - 1 \approx 1 \)), so one does not obtain strong constraints on the radius of the hard surface. In addition, stars get tidally disrupted before reaching close to the Schwarzschild radius, so the actual accretion rate is uncertain due to the complexities of accretion disc physics.

In the lower panel of Fig. 3, we show the emission duration \( \Delta t_\infty \) as a function of \( r_{ph} \) for the same stellar mass \( M_\star = 0.5 M_\odot \) (\( \xi = 0.5 \)) and three CMO masses. From equation (28), we see that \( \Delta t_\infty \) is a function of both the hard surface radius \( r_0 \) (or \( \mu_0 \)) and the photospheric radius \( r_{ph} \). As we show in Section 4, observations from PS1 have already ruled out the parameter space \( r_{ph}/r_s - 1 \gtrsim 1 \), so here we only show the parameter space \( r_{ph}/r_s - 1 \lesssim 1 \), where \( \Delta t_\infty \) is only a simple function of \( r_{ph} \) (because \( \mu_0 \ll 1 \)). We note that \( \Delta t_\infty \propto \mu_{ph} \) in the limit of \( \mu_{ph} \ll 1 \). Therefore, if the CMO is compact enough, the duration may become longer than the average time interval between two stellar disruption events and persistent emission from CMOs could be searched for.\(^6\)

To link the observational constraints on the photospheric radius \( r_{ph} \) to the physical limits on the hard surface radius \( r_0 \), we need to calculate the baryonic density profile of the stellar debris layer. The detailed density profile of the stellar debris could, in principle, be obtained by considering the radiation transfer and gravity with appropriate EoS and boundary conditions (e.g. Paczynski & Anderson 1986; Wielgus et al. 2016). For the purpose of this paper, we only need to consider the baryonic density profile in the optically thick region in the limit \( \mu_{ph} \ll 1 \). The system reaches hydrostatic equilibrium roughly on the light-crossing time-scale \( \sim r_s/c \) (or a logarithmic factor larger), which is much smaller than the diffusion time, so the evolution of the stellar debris can be considered as adiabatic and we have \( P(\mu) \propto [\rho(\mu)]^{3/2} \) (it is more convenient to use \( \mu \) instead of the radial coordinate \( r \)). From Section 3.1, we know \( P(\mu) \propto \mu^{-3/2} \), so the baryonic density profile is \( \rho_0(\mu) \propto \mu^{-3/2} \). The normalization is given by the total mass \( M_* = \int_0^{r_{ph}} 4\pi r^2 \rho_0(r) \mu^{-1/2} \, dr \), so we have

\[
\rho_0(\mu) = \frac{M_*}{4\pi r_{ph}^{1/2}} \left( \frac{\mu}{\mu_0} \right)^{-3/2}.
\]

From the rest-mass density and temperature (equation 16), we get the ratio between the (non-relativistic) electron degeneracy pressure and gas pressure \( P_{\text{de}}/P_\nu \approx 2 \times 10^{-7} (M_\star/ M_\odot)^{3/2} M_\odot^{5/4} M_\odot^{-1/2} (\mu_0/\mu)^{-1/2} \). The ratio between gas pressure and radiation pressure is \( P_\nu/P_{\text{rad}} \approx 10^{-8} (M_\star/ M_\odot)^{3/4} M_\odot^{-1/4} \mu_0^{-1/4} \). Therefore, the pressure is completely dominated by radiation. The Thomson optical depth above a certain radius \( \mu(\tau) \) is

\[
\tau(\mu) = \frac{\kappa_T}{4\pi r_{ph}^{1/2}} \int_\tau^{r_{ph}} 4\pi r^2 \rho_0(\mu) \mu^{-1/2} \, dr = \frac{\kappa_T M_\star}{4\pi r_{ph}^{3/2}} \left( \frac{\mu_0}{\mu} \right).
\]

Therefore, the relation between the photospheric radius \( r_{ph} \) and the hard surface radius \( r_0 \), in the limit \( \mu_{ph} \ll 1 \), is

\[
\mu_{ph} \gtrsim \frac{\kappa_T M_\star}{4\pi r_0^{3/2}}.
\]

For a given CMO mass \( M_\star \), as long as \( \mu_0 > 4\pi r_{ph}^2/(\kappa_T M_\star) \), the photospheric radius is \( r_{ph}/r_0 - 1 \gtrsim 1 \). As shown in Fig. 3, the g-band flux density increases roughly as \( r_{ph}^{3/2} \) in this regime. Instead of solving for the detailed baryonic density profile when \( r_{ph}/r_0 - 1 \gtrsim 1 \), we take a conservative limit\(^7\)

\[
\frac{r_{ph}}{r_0} = 1 - \ln \left[ \frac{\mu_0}{\tau_0}, \max \left( 0.3, \frac{r_0}{r_s} - 1 \right) \right],
\]

where \( \tau_0 = \kappa_T M_\star/(4\pi r_{ph}^2) \approx 6 \times 10^4 \xi^{-2} M_7^{-2} \). Equation (34) and \( \mu_{ph} \approx 1 - r_s/r_{ph} \), as well as equations (26)–(28), will be used in Section 4 to calculate a lower limit on the observed flux density for a CMO of given mass at a given redshift. One more point to note is that when considering \( \eta \gtrsim 1 \), we discard the (very few) high-mass CMOs that give \( \tau_0 \leq 10 \) to make sure that the radiation field is well-thermalized.

4 OBSERVATIONS

In this section, we assume the total baryonic mass of the stellar debris layer to be \( M_\star = \xi M_\odot = 0.5 M_\odot \). For a given CMO of mass \( M \) and redshift \( z \), the flux density at frequency \( \nu \) on the Earth is

\[
F_\nu = \frac{15}{\pi^4} \frac{L_\infty}{4\pi D_L^2} \frac{x^4/\nu}{e^{x} - 1},
\]

where \( x = h\nu(1+z)/(kT_\infty) \), \( h \) is the Planck constant, \( k \) is the Boltzmann constant and \( D_L(z) \) is the luminosity distance.\(^8\) For a survey with limiting flux \( F_{\nu,\text{lim}} \), we can calculate the limiting redshift \( z_{\text{lim}} \) by solving \( F_{\nu}(z) = F_{\nu,\text{lim}} \). If we know the mass function of CMOs, \( \Psi(M, z) \) (comoving number density of CMOs of different

\(^6\) This is similar to what has been done on Sgr A*, M87* and BH candidates in some X-ray binaries (see Narayan, Garcia & McClintock 1997; Broderick & Narayan 2007; Narayan & McClintock 2008; Broderick, Loeb & Narayan 2009; Broderick et al. 2015). The persistent emission is most likely dominated by the gas accreted in the active galactic nuclei (AGN) phase instead of stellar disruption events, because the former dominates CMOs’ mass growth.

\(^7\) We are taking \( r_{ph} = \max(1.3 r_s, r_0) \) when \( r_{ph}/r_0 - 1 \gtrsim 1 \). Since the flux density increases with \( r_{ph} \) (see the upper panel of Fig. 3) while the duration of the transient emission is nearly not affected by \( r_{ph} \) (equation 28), the actual detectable event rate for a given survey is higher than suggested by our calculations.

\(^8\) We use a standard Λ cold dark matter cosmology with \( H_0 = 70 \) km s\(^{-1}\) Mpc\(^{-1}\), \( \Omega_m = 0.27 \) and \( \Omega_L = 0.73 \).
masses at a given redshift), we can calculate the expected detectable event rate within a solid angle $\Delta \Omega$ on the sky:

$$
N_{\text{det}} = \int_{M_{\text{min}}}^{M_{\text{max}}} dM \frac{\dot{N}(M)}{\Psi(M, z)} \frac{dV}{d\Omega} d\Omega,
$$

(36)

where $\dot{N}(M)$ is the stellar disruption rate for a given CMO of a certain mass, $M_{\text{min}} = 10^{-3} M_\odot$ is the minimum mass we consider, $M_{\text{max}} = 10^3 M_\odot$ is the maximum mass$^9$ we consider, and $dV/d\Omega$ is the comoving volume per unit redshift per steradian.

We use the CMO mass function $\Psi(M, z)$ by Shankar, Weinberg & Miralda-Escudé (2009), who integrate from the low-redshift CMO mass function backwards over cosmic time with the growth/accretion rate empirically derived from AGN luminosity function and a prescribed radiative efficiency. We ignore the (small) contribution from CMOs at $z > 5$, due to large uncertainties on the mass function at high redshift. We have also tried the mass function given by Merloni & Heinz (2008), who use the same method as Shankar et al. (2009), and the differences are negligible. The CMO mass function can also be derived by linking their growth to the properties of host dark matter haloes. For instance, in Hopkins et al. (2008), the CMO masses are assumed to be proportional to the host spheroidal mass, as the host dark matter haloes grow through major mergers. Various CMO mass function models are reviewed by Kelly & Merloni (2012). At redshift $z < 5$, they agree to within a factor $\lesssim 3$ in the range $10^{-5}$–$10^{-4} M_\odot$ and they all have rapid drop-offs above $\sim 10^3 M_\odot$.

If we know $\Psi(M, z)$ well enough, the question comes down to the stellar disruption rate $N$ per CMO, which is defined as the sum of the rates of the following three possibilities: (1) The star passes within the tidal disruption radius $r_t$; (2) the specific angular momentum of the orbit is less than $2r_{\text{sc}}$ (corresponding to a Newtonian parabolic orbit with pericentre distance of $r_p = 4r_{\text{sc}}$); and (3) the star directly collides with the surface at radius $r_0$. These rates depend on the stellar phase-space distribution and the galactic gravitational potential (and other factors mentioned in Section 1). If various CMO–host–galaxy correlations (e.g. Kormendy & Ho 2013) are used, such as $M-\sigma$ (velocity dispersion) and $M-L_{\text{bulge}}$ (bulge luminosity), we can quantify the stellar disruption rate $N$ purely as a function of the CMO mass.

The disruption rate has been extensively calculated for different samples of elliptical galaxies (e.g. Magorrian & Tremaine 1999; Wang & Merritt 2004; Stone & Metzger 2016). We note that previous authors chose the critical pericentre distance to be $r_p = r_t$, so when $r_t < \max(r_0, 4r_{\text{sc}})$, the size of the ‘lost cone’ and hence the disruption rate were underestimated. However, for a given CMO mass and stellar phase-space distribution, $N$ depends weakly on the critical pericentre distance $r_0$ (roughly as $r_0^{3/4}$), so the error on the derived disruption rate is small.

Typically, the disruption rate per CMO as a function of the CMO mass can be described as a power law

$$
N = N_0 M_5^{-\delta},
$$

(37)

but the parameters $N_0$ and $\delta$ depend strongly on the galaxy sample. There is a bimodal distribution of central surface brightness profiles in early-type galaxies (e.g. Lauer et al. 2007). The disruption rates in cusp galaxies (brightness power-law index $\gamma > 0.2$) are a factor of $\sim 10$ higher than in core galaxies ($\gamma < 0.2$) with the same CMO mass. The power-law indexes $\delta$ derived from only cusp or core galaxies in Lauer et al. (2007) are $\delta \approx 0.25$, but the power law is significantly steeper, $\delta \sim 0.4$–0.5, when the entire sample is considered (Stone & Metzger 2016). This is because core galaxies (with lower $N$) generally host more massive CMOs than cusp galaxies (with larger $N$). Other factors, for example, non-spherical and time-dependent galactic potential, binary CMOs, massive perturbers, add further uncertainties on the disruption rates. It is currently not possible to calculate the disruption rates as a function of CMO mass (for recent discussions, see Merritt 2013; Vasiliev & Merritt 2013; Kochanek 2016).

On the observational side, several dozen TDE flares have recently been discovered in surveys from optical to X-ray wavelengths, and the TDE rate is found to be $\sim 10^{-6}$ galaxy$^{-1}$ yr$^{-1}$ (Donley et al. 2002; Gezari et al. 2008; Wang et al. 2012; van Velzen & Farrar 2014; Holoki et al. 2016). As pointed out by Stone & Metzger (2016), there is a factor of $\sim 10$ disagreement between the observational and theoretical TDE rates, which could be due to either observational incompleteness (e.g. dust extinction or incomplete wavelength coverage), overestimate of the brightness of most TDEs (e.g. Guillochon & Ramirez-Ruiz 2015), or missing physics in TDE rate calculations (e.g. time-dependent gravitational potential). French, Arcavi & Zabludoff (2016) show that optical–UV TDEs favour post-starburst galaxies with CMO mass in the range $10^5$–$10^7 M_\odot$, and hence normal star-forming and early-type galaxies may have a much lower TDE rate. This makes the tension between observational and theoretical TDE rates even stronger. Larger samples in the future will help to illuminate this puzzle.

In the following, we take a conservative estimate for the observed TDE rate, $N_0 = 1 \times 10^{-5} M_\odot$ yr$^{-1}$, and leave the power-law index $\delta$ in $[0.2, 0.5]$ as a free parameter. With the detectable event rate $N_{\text{det}}$ from equation (36), we need the effective monitoring time $t_{\text{eff}}$ to calculate the expected number of detections for a given survey. If the transient emission has duration $(1 + z)\Delta t_{\text{sc}}$ (equation 28) and the survey has total lifespan $t_{\text{tot}}$ and cadence $t_{\text{cad}}$, the effective monitoring time is

$$
t_{\text{eff}}(M, z) = t_{\text{tot}} \min[(1 + z)\Delta t_{\text{sc}}, t_{\text{cad}}] - (1 + z)\Delta t_{\text{sc}}.
$$

(38)

Note that in equation (38), we have assumed that (1) the time interval between any two consecutive exposures is always $t_{\text{cad}}$; (2) detection(s) of the transient emission must be preceded and followed by non-detections, i.e. only the cases with ‘off-on-off’ are considered as positive signals, but cases with ‘on-off’ or ‘off-on’ are discarded in order to be conservative. Therefore, for a given hard surface radius $\eta = r_0/r_5$, the expected number of detections is

$$
N_{\text{det}} = \int_{M_{\text{min}}}^{M_{\text{max}}} dM \frac{\dot{N}(M)}{\Psi(M, z)} \frac{dV}{d\Omega} d\Omega (1 + z)\Delta t_{\text{sc}}.
$$

(39)

In Fig. 4, we show the expected number of detections for two different surveys as a function of the hard surface radius $r_0$. Solid

---

$^9$ We choose $M_{\text{max}} = 10^3 M_\odot$ because CMO mass function models have too large uncertainties above this mass. Since CMO mass functions drop rapidly above $10^3 M_\odot$, our results are not sensitive to $M_{\text{max}}$. We also tried $M_{\text{max}} = 10^3 M_\odot$ and the differences are negligible.
Figure 4. Expected number of stellar disruption events detectable by PS1 (solid lines) and LSST (dashed lines) as a function of the hard surface radius \( r_0 = r_{ph} \). (Note that this plot considers \( r_0 \) along the abscissa, whereas Fig. 3 considers the photospheric radius \( r_{ph} \).) Different colours represent different disruption rate power-law slopes (\( \delta \) in equation 37 varying from 0.2 to 0.5). Non-detection throughout the survey lifespan rules out the region above \( N_{\text{det}} = 5.81 \) (thin horizontal dotted line) at 99.7 per cent confidence level. For the conservative disruption rate power-law index \( \delta = 0.5 \), observations by PS1 have ruled out the grey shaded region \( \eta - 1 > 10^{-4.5} \). Future observations by LSST will be able to improve the limit to \( \sim 10^{-6} \). The sharp drop at the smallest \( \eta \) is caused by the duration of transient emission approaching the survey lifespan. The flat part in the middle is when \( r_{ph}/r_{\eta} - 1 \) approaches order of unity and we simply take \( r_{ph}/r_{\eta} - 1 = 0.3 \) as a conservative limit in equation (34) (larger \( r_{ph} \) gives higher g-band flux density). The rising part at \( \eta - 1 \gtrsim 1 \) is caused by the radiation temperature decreasing with \( r_{ph} \) when \( r_{ph}/r_{\eta} - 1 \gtrsim 1 \) (see the upper panel of Fig. 3). The drop when \( \eta - 1 \) approaches 30 is caused by the duration of the transient emission being shorter than the survey cadence. We only consider the parameter space \( 1 < \eta < 30 \) in this paper (the upper limit arises from the fact that TDEs from \( \gtrsim 10^6 M_{\odot} \) CMOs have been observed).

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lines are for g-band observations by the PS1 3π survey (Kaiser et al. 2010; Inserra et al. 2013; Chambers et al. 2016), and dashed lines are for future g-band observations by the LSST 3π survey (Ivezic et al. 2008). Different line colours represent different disruption rate power-law slopes (\( \delta \) in equation 37). Both surveys cover 3/4 of the sky, but since the Galactic latitude and longitude regions have significant dust extinction, we use sky area \( \Delta \Omega = 2\pi \). For a single exposure, PS1 and LSST have g-band 5σ flux limit of 22.0 and 23.4 in AB magnitude, and we only consider sources 1.5 mag brighter than the 5σ limits for the calculation of the number of detectable events.

PS1 3π survey has a cadence of \( t_{\text{cad}} \approx 3 \text{ months} \) and total operation time \( t_{\text{tot}} \approx 3.5 \text{ years} \) (so far). LSST 3π survey will have a cadence of \( t_{\text{cad}} \approx 3 \text{ d} \) and total lifespan of \( t_{\text{tot}} \approx 10 \text{ yr} \). The transient searching data products (from image subtraction) of PS1 have been released to the public (Huber et al. 2015; Flewelling et al. 2016). If CMOs have a hard surface, stellar disruption events produce transients that are distinct from traditionally known ones (e.g. supernovae, ANG, variable stars, etc.), because they have thermal spectra with year-long smooth light curves. Currently, no such transients have been reported.

The actual number of detections follows a Poisson distribution with expectation value \( N_{\text{det}} \), so non-detection rules out the region above the horizontal thin dotted line with \( N_{\text{det}} = 5.81 \) in Fig. 4 at confidence level \( 1 - \exp(-5.81) = 99.7 \text{ per cent} \). For instance, for the conservative case \( \delta = 0.5 \), any hard surface above \( r_0/r_{\eta} - 1 = 10^{-4.4} \) can be ruled out by PS1. The lower limit depends on the slope of the stellar disruption rate and ranges from \( 10^{-4.8} \) to \( 10^{-4.4} \) when \( \delta \) goes from 0.2 to 0.5. With the same argument presented in this paper, future observations by LSST may be able to rule out \( r_0/r_{\eta} - 1 \gtrsim 10^{-6} \) (limited by the duration of the transient emission). We also note that only the information from g band is used, and if we combine g-band limits with other bands (urizy), the constraints are slightly stronger.

5 DISCUSSION

The main conclusions of this work can be found in the abstract and Figs 3 and 4. We discuss possible issues in the analysis above.

(1) We have assumed that all CMOs have a universal \( \eta = r_0/r_{\eta} \) (the ratio of CMO hard surface radius \( r_0 \) to the event horizon radius \( r_{\eta} \)). However, the existing data does not rule out the possibility that a small fraction of CMO might have \( \eta - 1 > 10^{-4.5} \). In the future LSST era, with a much more accurate determination of the rate of stellar disruptions by CMOs, one should be able to place a much stronger limit on \( \eta - 1 \) without making the assumption that all CMOs have the same \( \eta \).

(2) We have ignored the spin of CMOs, which will modify the shape of the hard surface and space–time above the surface (and hence the emergent radiation from the stellar debris). Note that the scaleheight of the layer of stellar debris is a factor of a few smaller than \( r_0 - r_{\eta} \) in the non-spinning case. And as long as the spin is relatively slow (spin parameter \( a/M \lesssim 0.2 \)), most of the baryonic mass is within the light cylinder and the structure of the stellar debris layer is not strongly affected by rotation. The emission from the photosphere is still determined by the fraction of the diffusive flux escaping to infinity, so observations can rule out a similar range of \( \eta \) as shown in Fig. 4, and the conclusion will be similar for CMOs with \( a/M \lesssim 0.2 \).

(3) The situation close to the photosphere in the strong-gravity regime is complicated: (i) The radiation field is highly anisotropic; (ii) baryons and radiation cannot be treated as a single fluid; (iii) the system is not adiabatic due to energy flowing in from below and out from above; and (iv) there might be large-scale convective motion or wind.11 One caveat of this paper is that the light curve of the transient emission is likely not flat. The hydrodynamics of the collision between the star and the hard surface can affect the initial light curve on a time-scale of a few times \( r_{\eta}/c \) or possibly as large as \( \mu_{ph}^{-1} r_{\eta}/c \) (when \( \mu_{ph} \ll 1 \)). Then, since the flux of photons escaping to infinity is smaller than the diffusive flux arriving at the photosphere from deeper layers, the radiation pressure at the photosphere rises with time causing a larger escaping flux and also pushing the photosphere to slightly larger radii. On a time-scale longer than the photon diffusion time through the entire layer (see equation 22), the photosphere slowly shrinks and the escaping flux decreases with time until the radiation energy content is depleted. Solving the full radiation-hydrodynamical structure of the stellar debris layer from optically thick to thin regions is left for future work. We discuss in Appendix A the validity and limitations of the TOV equation for describing the structure of the stellar debris layer.

11 Since the initial orbit of the star is plunging (or bound) in the Schwarzschild space–time, only a small fraction of the stellar mass \( M_s \) may be lost in a wind and the mass-loss rate \( M_{\nu} \ll M_s/t_{\text{diff},\infty} \), where \( t_{\text{diff},\infty} \) is the diffusion time of the entire baryonic layer measured at infinity (equation 22). If the wind speed is of the order of the local escape velocity, it can be shown that the Thomson scattering optical depth of the wind is \( \tau_{w} \approx (r_0/r_{\eta})^{1/2}(M_{\nu}t_{\text{diff},\infty}/M_s) \), which is \( \ll 1 \) in the strong gravity regime.
(4) We were unable to provide a strong constraint on $\eta$ for CMOs of mass $<10^{-2} M_\odot$, due to the following two reasons: (i) The emission from the layer of stellar debris on the possible hard surface may peak in the non-observable far-UV (if $r_{b}/r_{S} \ll 1$); (ii) main-sequence stars are tidally disrupted before reaching close to $r_{S}$. The radiation produced (e.g. by shocks and the accretion disc) before the gas falls on to the CMO makes it very hard for observations to constrain the emission we have calculated in this work. The actual accretion rate on to the CMO is also uncertain due to the complexities of accretion disc physics.

(5) We have assumed that baryons and radiation associated with the stellar debris are incorporated into the CMO’s pre-existing exotic material (the material that forms the hard surface with which the star collides) on a time-scale $t_{in}$ much longer than the duration of the transient radiation from stellar disruption, $\Delta t_{\infty}$, given by equation (28). If $t_{in}$ were to be less than $\sim r_{S}/c$, the layer of stellar debris is converted to the exotic matter before baryons can reach hydrostatic equilibrium, and in this case, very little radiation will escape to infinity. If $r_{S}/c \ll t_{in} < \Delta t_{\infty}$, the debris has sufficient time to reach hydrostatic equilibrium and its stratification is correctly described in Section 3.1. However, the transient radiation from this stratified debris does not last for the full time duration $\Delta t_{\infty}$ (calculated in Section 3.2), but is terminated earlier ($t_{in}$) when the transformation of the debris to the exotic matter is completed.

(6) CMOs are growing in mass $M$ and size $r_{S}$ due to gas accretion over cosmic time. To avoid the formation of an event horizon, the mass of the baryonic layer on the hard surface must not exceed $\eta M_{in}/M$ (see Fig. 1). Therefore, the transformation of radiation–baryon mixture to exotic matter must occur on a time-scale $t_{in} \lesssim \mu M / M$ (i.e. the accretion rate). This assumption was implicitly made by Broderick et al. when they considered the consequences of accretion on to a possible hard surface in Sgr A* and M87* (e.g. Broderick et al. 2015). Furthermore, they assumed, based on an erroneous reasoning from the short dynamical time ($\sim r_{S}/c$), that the system can be described to be in equilibrium such that the rate of radiation energy escaping to infinity is equal to the rate of mass–energy falling on to the hard surface, i.e. $L_{\infty} \simeq M c^2$. However, we point out that the dynamical time being short only means that the baryonic layer on the hard surface is in hydrostatic equilibrium, but it does not imply a balance between the rate of infalling and escaping energy. The luminosity at infinity is equal to the accretion rate when the time-scale for radiation to escape from the hard surface is shorter than the time-scale over which the accretion rate is roughly constant. For Sgr A*, the accretion rate likely varies on time-scales of $t_{acc} \sim \mu c^2 / L_{\infty} \simeq 3.8 \times 10^4 \text{yr}$. If the radiation from the accreted gas is released at radius $r$ where $\mu(r) \approx r/r_{S} - 1 \ll 1$, then only a small fraction $\mu$ of the radiation escapes and the rest follows a highly curved trajectory that brings it back to the hard surface. Therefore, photons bounce on the hard surface $\sim \mu^{-1}$ times before escaping to infinity. Thus, the time it takes for photons to escape from the hard surface is $t_{esc} \sim \mu^{-1} r_{S}/c$. For Sgr A*, we have $t_{esc}/t_{acc} \sim 10^4 \mu (t_{acc}/t_{esc})$, and hence if $\mu \ll 10^{-4}$, then $L_{\infty} \ll M c^2$. It follows from this result that for Sgr A*, a hard surface at radius $r_{S}/r_{S} - 1 \ll 10^{-14}$ cannot be ruled out. Moreover, if transformation of ordinary matter to whatever exotic matter makes up the hard surface occurs on a short time-scale $t_{in} \lesssim \mu r_{S}/c$, very little radiation will escape from the CMO and the object would be indistinguishable from a BH in its electromagnetic signal. As pointed out by Abramowicz, Kluzniak & Lasota (2002), the approach of Broderick et al., and the work presented here, supports the existence of the event horizon but does not provide a firm proof; these works do, however, severely constrain the location of the hard surface to be extremely close to the Schwarzschild radius, with $r_{S}/r_{S} - 1 \lesssim 10^{-7}$ for CMOs of $M > 10^{-5} M_\odot$ in other galaxies, and $\lesssim 10^{-14}$ for Sgr A*.

ACKNOWLEDGEMENTS

We thank Edward Robinson, Emil Mottola and James Guillochon for useful discussions. We also thank the anonymous referee for useful comments. WL was funded by the Named Continuing Fellowship at the University of Texas at Austin. RN was supported in part by NSF grant AST1312651, NASA grant TCA1 NNX14AB47G, and the Black Hole Initiative at Harvard University, which is supported by a grant from the John Templeton Foundation.

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We show that matter is well coupled to radiation in the optically thick part of the layer, but not when the optical depth drops below $\sim 10$.

Consider an electron (associated with a proton) moving through an isotropic radiation field. The distance it travels before being forced to change direction by Compton scattering can be estimated by

$$d_{sc} \sim \frac{m_p c^2}{\sigma_T \rho}, \quad (A1)$$

where $\rho$ is the radiation energy density, given by

$$\rho(\mu) \simeq \frac{M_* c^2}{4\pi r_s^3 \mu_0} \left( \frac{\mu}{\mu_0} \right)^{-2}. \quad (A2)$$

Putting equation (A2) into equation (A1), we obtain

$$d_{sc} \sim \frac{\mu r_s}{\tau(\mu)} \sim \mu^{1/2} \lambda \ll \lambda, \quad (A3)$$

where $\tau(\mu) = \kappa T M_* \mu_0 / (4\pi r_s^2 \mu)$ is the optical depth above $\mu(r)$, and $\lambda \sim \mu^{1/2} r_s / \tau(\mu)$ is the local Thomson mean free path. The radiation temperature at location $\mu(r)$ is $kT(\mu) \simeq 25(M_* / M_{\odot})^{3/4} M_{\odot}^{-3/4} \mu_0^{-1/2} \mu^{-1/2}$ keV, so the thermal speed of protons is non-relativistic. Therefore, baryons diffuse very slowly and are well coupled to the local radiation field (which dominates the energy density). This coupling breaks down as we approach the photosphere and $\tau(\mu)$ becomes less than about 10. Furthermore, the radiation field and the pressure tensor become highly anisotropic for $\tau \lesssim 10$, and the TOV equation no longer provides a good description of the structure of the layer above this point.