On planar graphs of uniform polynomial growth

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Abstract

Consider an infinite planar graph with uniform polynomial growth of degree $d > 2$. Many examples of such graphs exhibit similar geometric and spectral properties, and it has been conjectured that this is necessary. We present a family of counterexamples. In particular, we show that for every rational $d > 2$, there is a planar graph with uniform polynomial growth of degree $d$ on which the random walk is transient, disproving a conjecture of Benjamini (2011).

By a well-known theorem of Benjamini and Schramm, such a graph cannot be a unimodular random graph. We also give examples of unimodular random planar graphs of uniform polynomial growth with unexpected properties. For instance, graphs of (almost sure) uniform polynomial growth of every rational degree $d > 2$ for which the speed exponent of the walk is larger than $1/d$, and in which the complements of all balls are connected. This resolves negatively two questions of Benjamini and Papasoglu (2011).

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1 Introduction

Say that a graph $G$ has **uniform polynomial growth of degree** $d$ if the cardinality of all balls of radius $r$ in the graph metric lie between $cr^d$ and $Cr^d$ for two absolute constants $C > c > 0$, for every $r > 0$. Say that a graph has **nearly-uniform polynomial growth of degree** $d$ if the cardinality of balls is trapped between $(\log r)^{-C} r^d$ and $(\log r)^C r^d$ for some universal constant $C \geq 1$.

Planar graphs of uniform (or nearly-uniform) polynomial volume growth of degree $d > 2$ arise in a number of contexts. In particular, they appear in the study of random triangulations in 2D quantum gravity [ADJ97] and as combinatorial approximations to the boundaries of 3-dimensional hyperbolic groups in geometric group theory (see, e.g., [BK02]).

When the dimension of volume growth disagrees with the topological dimension, one sometimes witnesses certain geometrically or spectrally degenerate behaviors. For instance, it is known that random planar triangulations of the 2-sphere have nearly-uniform polynomial volume growth of degree 4 (in an appropriate statistical, asymptotic sense) [Ang03]. The distributional limit (see Section 1.1.1) of such graphs is called the uniform infinite planar triangulation (UIPT). But this 4-dimensional volume growth does not come with 4-dimensional isoperimetry: With high probability, a ball in UIPT of radius $r$ about a vertex $v$ can be separated from the complement of a $2r$ ball about $v$ by removing a set of size $O(r)$. And, indeed, Benjamini and Papasoglu [BP11] showed that this phenomenon holds generally: Such annular separators of size $O(r)$ exist in all planar graphs with uniform polynomial volume growth.

Similarly, it is known that diffusion on UIPT is **anomalous**. Specifically, the random walk on UIPT is almost surely subdiffusive. In other words, if $\{X_t\}$ is the random walk and $d_G$ denotes the graph metric, then $\mathbb{E} d_G(X_0, X_t) < t^{1/2-\varepsilon}$ for some $\varepsilon > 0$. This was established by Benjamini and Curien [BC13]. In [Lee17], it is shown that on any unimodular random planar graph with nearly-uniform polynomial growth of degree $d > 3$ (in a suitable statistical sense), the random walk is subdiffusive. So again, a disagreement between the dimension of volume growth and the topological dimension results in a degeneracy typical in the geometry of fractals (see, e.g., [Bar98]).

Finally, consider a seminal result of Benjamini and Schramm [BS01]: If $(G, \rho)$ is the local distributional limit of a sequence of finite planar graphs with uniformly bounded degrees, then $(G, \rho)$ is almost surely recurrent. In this sense, any such limit is spectrally (at most) two-dimensional. This was extended by Gurel-Gurevich and Nachmias [GN13] to unimodular random graphs with an exponential tail on the degree of the root, making it applicable to UIPT. Benjamini [Ben13] has conjectured that this holds for every planar graph with uniform polynomial volume. We construct a family of counterexamples. Our focus on rational degrees of growth is largely for simplicity; suitable variants of our construction should yield similar results for all real $d > 2$.

**Theorem 1.1.** For every rational $d > 2$, there is a transient planar graph with uniform polynomial growth of degree $d$.

Conversely, it is well-known that any graph with growth rate $d \leq 2$ is recurrent. The examples underlying Theorem 1.1 cannot be unimodular. Nevertheless, we construct unimodular examples addressing some of the issues raised above. Angel and Nachmias (unpublished) showed the existence, for every $\varepsilon > 0$ sufficiently small, of a unimodular random planar graph $(G, \rho)$ on which the random walk is almost surely diffusive, and which almost surely satisfies

$$\lim_{r \to \infty} \frac{\log |B_G(\rho, r)|}{\log r} = 3 - \varepsilon.$$
Here, $B_G(\rho, r)$ is the graph ball around $\rho$ of radius $r$. In other words, $r$-balls have an asymptotic growth rate of $r^{3-\epsilon}$ as $r \to \infty$.

The authors of [BP11] asked whether in planar graphs with uniform growth of degree $d \geq 2$, the speed of the walk should be at most $t^{1/d+\omega(1)}$. We recall the following weaker theorem.

**Theorem 1.2 ([Lee17]).** Suppose $(G, \rho)$ is a unimodular random planar graph and $G$ almost surely has uniform polynomial growth of degree $d$. Then:

$$\mathbb{E} \left[ d_G(X_0, X_t) \mid X_0 = \rho \right] \leq t^{1/\max(2,d-1)}.$$

We construct examples where this dependence is nearly tight.

**Theorem 1.3.** For every rational $d \geq 2$ and $\epsilon > 0$, there is a constant $c(\epsilon) > 0$ and a unimodular random planar graph $(G, \rho)$ such that $G$ almost surely has uniform polynomial growth of degree $d$, and

$$\mathbb{E} \left[ d_G(X_0, X_t) \mid X_0 = \rho \right] \geq c(\epsilon)t^{1/(\max(2,d-1)+\epsilon)}.$$

Finally, let us address another question from [BP11]. In conjunction with the existence of small annular separators, the authors asked whether a planar graph with uniform polynomial growth of degree $d > 2$ can be such that the complement of every ball is connected. For example, in UIPT, there are “baby universes” connected to the graph via a thin neck that can be cut off by removing a small graph ball.

**Theorem 1.4.** For every rational $d \geq 2$, there is a unimodular random planar graph $(G, \rho)$ such that almost surely:

1. $G$ has uniform polynomial growth of degree $d$.
2. The complement of every graph ball in $G$ is connected.

**Strongly recurrent graphs and annular resistances.** Our unimodular constructions have the property that the “Einstein relations” (see, e.g., [Bar98]) for various dimensional exponents do not hold. In particular, this implies that the graphs we construct are not strongly recurrent (see, e.g., [KM08]). Indeed, the effective resistance across annuli can be made very small (see Section 2.3 for the definition of effective resistance).

**Theorem 1.5.** For every $\epsilon > 0$ and $d \geq 3$, there is a unimodular random planar graph $(G, \rho)$ that almost surely has uniform polynomial volume growth of degree $d$ and, moreover, almost surely satisfies

$$R_{G}^{\mathcal{G}} \left( B_G(\rho, R) \leftrightarrow V(G) \setminus B_G(\rho, 2R) \right) \leq C(\epsilon) R^{-(1-\epsilon)}, \quad \forall R \geq 1,$$

where $C(\epsilon) \geq 1$ is a constant depending only on $\epsilon$.

Note that the existence of annular separators of size $O(R)$ mentioned previously gives

$$R_{G}^{\mathcal{G}} \left( B_G(\rho, R) \leftrightarrow V(G) \setminus B_G(\rho, 2R) \right) \geq R^{-1}$$

by the Nash-Williams inequality. Moreover, recall that since the graph $(G, \rho)$ from Theorem 1.5 is unimodular and planar, it must be almost surely recurrent (cf. [BS01]). Therefore the electrical flow witnessing (1.1) cannot spread out “isotropically”
from $B_G(\rho, R)$ to $B_G(\rho, 2R)$. Indeed, if one were able to send a flow roughly uniformly from $B_G(\rho, 2^i)$ to $B_G(\rho, 2^{i+1})$, then these electrical flows would chain to give

$$R_{\text{eff}}^G \rho \leftrightarrow V(G) \setminus B_G(\rho, 2^i) \lesssim \sum_{j \leq i} 2^{-(1-c)j},$$

and taking $j \to \infty$ would show that $G$ is transient.

We remark on one other interesting feature of Theorem 1.5. Suppose that $\Gamma$ is a Gromov hyperbolic group whose visual boundary $\partial_\infty \Gamma$ is homeomorphic to the 2-sphere $S^2$. The authors of [BK02] construct a family $\{G_n : n \geq 1\}$ of discrete approximations to $\partial_\infty \Gamma$ such that each $G_n$ is a planar graph and the family $\{G_n\}$ has uniform polynomial volume growth. They show that if there is a constant $c > 0$ so that the annuli in $G_n$ satisfy uniform effective resistance estimates of the form

$$R_{\text{eff}}^G (V(G) \setminus B_G(x, R)) \geq c, \quad \forall 1 \leq R \leq \text{diam}(G_n)/10, \ x \in V(G_n), \ \forall n \geq 1,$$

then $\partial_\infty \Gamma$ is quasisymmetric to $S^2$ (cf. [BK02, Thm 11.1].)

In particular, if it were to hold that for any (infinite) planar graph $G$ with uniform polynomial growth we have

$$R_{\text{eff}}^G (B_G(x, R) \leftrightarrow V(G) \setminus B_G(x, 2R)) \geq c > 0, \quad \forall R \geq 1, \ x \in V(G),$$

then it would confirm positively Cannon’s conjecture from geometric group theory. Theorem 1.5 exhibits graphs for which this fails in essentially the strongest way possible.

### 1.1 Preliminaries

We will consider primarily connected, undirected graphs $G = (V, E)$, which we equip with the associated path metric $d_G$. We will sometimes write $V(G)$ and $E(G)$, respectively, for the vertex and edge sets of $G$. If $U \subseteq V(G)$, we write $G[U]$ for the subgraph induced on $U$.

For $v \in V$, let $\deg_G(v)$ denote the degree of $v$ in $G$. Let $\text{diam}(G) := \sup_{x, y \in V} d_G(x, y)$ denote the diameter (which is only finite for $G$ finite). For $v \in V$ and $r \geq 0$, we use $B_G(v, r) = \{u \in V : d_G(u, v) \leq r\}$ to denote the closed ball in $G$. For subsets $S, T \subseteq V$, we write $d_G(S, T) := \inf\{d_G(s, t) : s \in S, t \in T\}$.

Say that an infinite graph $G$ has uniform volume growth of rate $f(r)$ if there exist constants $C, c > 0$ such that

$$c f(r) \leq |B_G(v, r)| \leq C f(r) \quad \forall v \in V, r \geq 1.$$

A graph has uniform polynomial growth of degree $d$ if it has uniform volume growth of rate $f(r) = r^d$, and has uniform polynomial growth if this holds for some $d > 0$.

For two expressions $A$ and $B$, we use the notation $A \lesssim B$ to denote that $A \leq CB$ for some universal constant $C$. The notation $A \lesssim_\gamma B$ denotes that $A \leq C(\gamma)B$ where $C(\gamma)$ is a number depending only on the parameter $\gamma$. We write $A \asymp B$ for the conjunction $A \preceq B \wedge B \preceq A$.

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1 More precisely, for the boundary of a hyperbolic group as above, one can choose a sequence of approximations with this property.
1.1.1 Distributional limits of graphs

We briefly review the weak local topology on random rooted graphs. One may consult the extensive reference of Aldous and Lyons [AL07], and [BC12] for the corresponding theory of reversible random graphs. The paper [BS01] offers a concise introduction to distributional limits of finite planar graphs. We briefly review some relevant points.

Let \( G \) denote the set of isomorphism classes of connected, locally finite graphs; let \( G_* \) denote the set of rooted isomorphism classes of rooted, connected, locally finite graphs. Define a metric on \( G_* \) as follows:

\[
d_{\text{loc}}((G_1, \rho_1), (G_2, \rho_2)) = 1/(1 + \alpha),
\]

where

\[
\alpha = \sup \left\{ r > 0 : B_{G_1}(\rho_1, r) \approx_{\rho} B_{G_2}(\rho_2, r) \right\},
\]

and we use \( \approx_{\rho} \) to denote rooted isomorphism of graphs. \((G_*, d_{\text{loc}})\) is a separable, complete metric space. For probability measures \( \{\mu_n\}, \mu \) on \( G_* \), write \( \{\mu_n\} \Rightarrow \mu \) when \( \mu_n \) converges weakly to \( \mu \) with respect to \( d_{\text{loc}} \).

A random rooted graph \((G, X_0)\) is said to be reversible if \((G, X_0, X_1)\) and \((G, X_1, X_0)\) have the same law, were \( X_1 \) is a uniformly random neighbor of \( X_0 \) in \( G \). A random rooted graph \((G, \rho)\) is said to be unimodular if it satisfies the Mass Transport Principle (see, e.g., [AL07]). For our purposes, it suffices to note that if \( E[\deg_G(\rho)] < \infty \), then \((G, \rho)\) is reversible if and only if the random rooted graph \((\hat{G}, \hat{\rho})\) is unimodular, where \((\hat{G}, \hat{\rho})\) has the law of \((G, \rho)\) biased by \( \deg_G(\hat{\rho}) \) [BC12, Prop. 2.5].

If \( \{(G_n, \rho_n)\} \Rightarrow (G, \rho) \), we say that \((G, \rho)\) is the distributional limit of the sequence \( \{G_n, \rho_n\} \), where we have conflated random variables with their laws in the obvious way. Consider a sequence \( \{G_n\} \subseteq \mathcal{G} \) of finite graphs, and let \( \rho_n \) denote a uniformly random element of \( V(G_n) \). Then \( \{(G_n, \rho_n)\} \) is a sequence of \( G_* \)-valued random variables, and one has the following: If \( \{(G_n, \rho_n)\} \Rightarrow (G, \rho) \), then \((G, \rho)\) is unimodular. Equivalently, if \( \{(G_n, \rho_n)\} \) is a sequence of connected finite graphs and \( \rho_n \in V(G_n) \) is chosen according to the stationary measure of \( G_n \), then if \( \{(G_n, \rho_n)\} \Rightarrow (G, \rho) \), it holds that \((G, \rho)\) is a reversible random graph.

2 A transient planar graph of uniform polynomial growth

We begin by constructing a transient planar graph with uniform polynomial growth of degree \( d > 2 \). In Section 3, this construction is generalized to any rational \( d > 2 \).

2.1 Tilings and dual graphs

Our constructions are based on planar tilings by rectangles. A tile is an axis-parallel closed rectangle \( A \subseteq \mathbb{R}^2 \). We will encode such a tile as a triple \((p(A), \ell_1(A), \ell_2(A))\), where \( p(A) \in \mathbb{R}^2 \) denotes its bottom-left corner, \( \ell_1(A) \) its width (length of its projection onto the \( x \)-axis), and \( \ell_2(A) \) its height (length of its projection onto the \( y \)-axis). A tiling \( T \) is a finite collection of interior-disjoint tiles. Denote \( |T| = \bigcup_{A \in T} A \). If \( R \subseteq \mathbb{R}^2 \), we say that \( T \) is a tiling of \( R \) if \(|T| = R \). See Figure 1(a) for a tiling of the unit square.

We associate to a tiling its dual graph \( G(T) \) with vertex set \( T \) and with an edge between two tiles \( A, B \in T \) whenever \( A \cap B \) has Hausdorff dimension one; in other words, \( A, B \) are tangent, but not only at a corner. Denote by \( \mathcal{T} \) the set of all tilings of the unit square. See Figure 1(b). For the remainder of the paper, we will consider only tilings \( T \) for which \( G(T) \) is connected.
Definition 2.1 (Tiling product). For $S, T \in \mathcal{T}$, define the product $S \circ T \in \mathcal{T}$ as the tiling formed by replacing every tile in $S$ by an (appropriately scaled) copy of $T$. More precisely: For every $A \in S$ and $B \in T$, there is a tile $R \in S \circ T$ with $\ell_i(R) := \ell_i(A)\ell_i(B)$, and

$$p_i(R) := p_i(A) + p_i(B)\ell_i(A),$$

for each $i \in \{1, 2\}$. See Figure 2.

If $T \in \mathcal{T}$ and $n \geq 0$, we will use $T^n := T \circ \cdots \circ T$ to denote the $n$-fold tile product of $T$ with itself. The following observation shows that this is well-defined.

Observation 2.2. The tiling product is associative: $(S \circ T) \circ U = S \circ (T \circ U)$ for all $S, T, U \in \mathcal{T}$. Moreover, if $I \in \mathcal{T}$ consists of the single tile $[0,1]^2$, then $T \circ I = I \circ T$ for all $T \in \mathcal{T}$.

Definition 2.3 (Tiling concatenation). Suppose that $S$ is a tiling of a rectangle $R$ and $T$ is a tiling of a rectangle $R'$ and the heights of $R$ and $R'$ coincide. Let $R''$ denote the translation of $R'$ for which the left edge of $R''$ coincides with the right edge of $R$, and denote by $S \mid T$ the induced tiling of the rectangle $R \cup R''$. See Figure 3.

Let $H$ denote the tiling in Figure 1(a), and define $\mathcal{H}_n := G(H^0 \mid H^1 \mid \cdots \mid H^n)$; see Figure 4, where we have omitted $H^0$ for ease of illustration. The next theorem represents our primary goal for the remainder of this section. Note that $H^0 = \{\rho\}$ consists of a single tile, and that $\{(\mathcal{H}_n, \rho)\}$ forms a Cauchy sequence in $(\mathcal{G}_*, d_{\text{loc}})$, since $(\mathcal{H}_n, \rho)$ is naturally a rooted subgraph of $(\mathcal{H}_{n+1}, \rho)$. Letting $\mathcal{H}_\infty$ denote its limit, we will establish the following.
Theorem 2.4. The infinite planar graph $\mathcal{H}_\infty$ transient and has uniform polynomial volume growth.

Uniform growth is established in Lemma 2.11 and transience in Corollary 2.17.

2.2 Volume growth

The next lemma is straightforward.

Lemma 2.5. Consider $S, T \in \mathcal{T}$ and $G = G(S \circ T)$. For any $X \in S \circ T$, it holds that $|B_G(X, \text{diam}(G(T)))| \geq |T|$.

If $T$ is a tiling, let us partition the edge set $E(G(T)) = E_1(T) \cup E_2(T)$ into horizontal and vertical edges. For $A \in T$ and $i \in \{1, 2\}$, let $N_T(A, i)$ denote the set of tiles adjacent to $A$ in $G(T)$ along the $i$th direction, and denote $N_T(A) := N_T(A, 1) \cup N_T(A, 2)$. Moreover, we define:

$$
\alpha_T(A, i) := \max \left\{ \frac{\ell_i(A)}{\ell_i(B)} : B \in N_T(A, i) \right\}, \quad i \in \{1, 2\}
$$

$$
\alpha_T(A) := \max_{i \in \{1, 2\}} \alpha_T(A, i)
$$

$$
\alpha_T := \max \{ \alpha_T(A) : A \in T \}
$$

$$
L_T := \max \{ \ell_i(A) : A \in T, i \in \{1, 2\} \}.
$$
We will take $\alpha_T := 1$ if $T$ contains a single tile. It is now straightforward to check that $\alpha_T$ bounds the degrees in $G(T)$.

**Lemma 2.6.** For a tiling $T$ and $A \in T$, it holds that

$$\deg_{G(T)}(A) \leq 4(1 + \alpha_T) \leq 8\alpha_T.$$

*Proof.* After accounting for the four corners of $A$, every other tile $B \in N_T(A, i)$ intersects $A$ in a segment of length at least $\ell_i(B) \gg \ell_i(A)/\alpha_T$. The second inequality follows from $\alpha_T \geq 1$. □

**Lemma 2.7.** Consider $S, T \in \mathcal{T}$ and let $G = G(S \circ T)$. Then for any $X \in S \circ T$, it holds that

$$|B_G(X, 1/(\alpha_S^3 T))| \leq 64\alpha_S^2 |T|.$$  \hspace{1cm} (2.1)

*Proof.* For a tile $Y \in S \circ T$, let $\hat{Y} \in S$ denote the unique tile for which $Y \subseteq \hat{Y}$. Let us also define

$$\tilde{N}_S(\hat{X}) := \{\hat{X}\} \cup N_S(\hat{X}) + N_S(N_S(\hat{X}, 1), 2) + N_S(N_S(\hat{X}, 2), 1),$$

which is the set of vertices that can be reached from $\hat{X}$ by following at most one edge in each direction.

We will show that

$$\left[ B_G(X, 1/(\alpha_S^3 T)) \right] \subseteq \left[ \tilde{N}_S(\hat{X}) \right]. \hspace{1cm} (2.2)$$

It follows that

$$|B_G(X, 1/(\alpha_S^3 T))| \leq |T| \cdot |\tilde{N}_S(\hat{X})| \leq |T| \cdot 64 \left( \max_{X \in S} \deg_{G(S)}(A) \right)^2,$$

and then (2.1) follows from Lemma 2.6.

To establish (2.2), consider any path $(X = X_0, X_1, X_2, \ldots, X_h)$ in $G$ with $X_h \notin \tilde{N}_S(\hat{X})$. Let $k \leq h$ be the smallest index for which $X_k \notin \tilde{N}_S(\hat{X})$. Then:

$$X_0, X_1, \ldots, X_{k-1} \subseteq \left[ \tilde{N}_S(\hat{X}) \right] \hspace{1cm} (2.3)$$

$$X_{k-1} \cap (\partial \left[ \tilde{N}_S(\hat{X}) \right] \cap (0, 1)^2) \neq \emptyset. \hspace{1cm} (2.4)$$

Now (2.3) implies that

$$\ell_i(X_j) \leq L_T \ell_i(\hat{X}_j) \leq L_T \alpha_S \ell_i(\hat{X}), \quad j \leq k - 1, i \in \{1, 2\}. \hspace{1cm} (2.5)$$

And (2.4) shows that

$$\sum_{j=0}^{k-1} \ell_i(X_j) \geq \min \{\ell_i(Y) : Y \in \tilde{N}_S(\hat{X})\} \geq \ell_i(\hat{X})/\alpha_S^2, \quad i \in \{1, 2\}. \hspace{1cm} (2.6)$$

To clarify why this is true, note that

$$\hat{X} + [0, \ell_1(\hat{X})/\alpha_S^2] \times [0, \ell_2(\hat{X})/\alpha_S^2] \subseteq \left[ \tilde{N}_S(\hat{X}) \right],$$

where ‘+’ here is the Minkowski sum $R + S := \{r + s : r \in R, s \in S\}$. Indeed, this inequality motivates our definition of the “$\ell_\infty$ neighborhood” $\tilde{N}$ above.
Combining (2.5) and (2.6) now gives

\[ h - 1 \geq k - 1 \geq \frac{1}{\alpha^3 L_T}, \]

completing the proof. \(\square\)

Consider a tiling \(T \in \mathcal{T}\) and for \(i \in \{1, 2\}\), let \(T_i \subseteq T\) denote the set of tiles that touch a side of \([0, 1]^2\) parallel to the \(i\)th axis. Define

\[ \eta_i := \max \left\{ \frac{\ell_i(A)}{\ell_i(B)} : A, B \in T_i, i \in \{1, 2\} \right\}. \]

**Lemma 2.8.** For any \(S, T \in \mathcal{T}\), it holds that

\[ \alpha_{S \circ T} \leq \max(\eta_T \alpha_S, \alpha_T). \]

**Proof.** Consider \(A \in S \circ T\) and \(B \in N_{S \circ T}(A)\). Let \(\hat{A}, \hat{B} \in S\) be the unique tiles for which \(A \subseteq \hat{A}\) and \(B \subseteq \hat{B}\). If \(\hat{A} = \hat{B}\), then

\[ \frac{\ell_i(B)}{\ell_i(A)} \leq \alpha_T, \quad i \in \{1, 2\}. \]

If \(\hat{A} \neq \hat{B}\), then \(A, B\) must both originate from tiles in \(T_i\) for some \(i \in \{1, 2\}\), hence

\[ \frac{\ell_i(A)}{\ell_i(B)} \leq \eta_T \frac{\ell_i(\hat{A})}{\ell_i(\hat{B})} \leq \eta_T \alpha_S. \] \(\square\)

We can now analyze the graphs \(\{H^n : n \geq 0\}\).

**Lemma 2.9.** For \(n \geq 0\), we have \(|H^n| = 12^n\), and \(3^n \leq \text{diam}(H^n) \leq 3^{n+1}\).

**Proof.** The first claim is straightforward by induction. For the second claim, note that \(\ell_1(A) = 3^{-n}\) for every \(A \in H^n\). Moreover, there are \(3^n\) tiles touching the left-most boundary of \([0, 1]^2\). Therefore to connect any \(A, B \in H^n\) by a path in \(G(H^n)\), we need only go from \(A\) to the left-most column in at most \(3^n\) steps, then use at most \(3^n\) steps of the column, and finally move at most \(3^n\) steps to \(B\). \(\square\)

**Lemma 2.10.** For any \(n \geq 0\), it holds that

\[ |B_{G(H^n)}(A, r)| \geq r^{\log_3(12)}, \quad \forall A \in H^n, 1 \leq r \leq \text{diam}(G(H^n)). \]

**Proof.** Writing \(H^n = H^{n-k} \circ H^k\) and employing Lemma 2.5 together with Lemma 2.9 gives

\[ |B_{G(H^n)}(A, 3^{k+1})| \geq |H^k| = 12^k, \quad \forall A \in H^n, k \in \{0, 1, \ldots, n\}. \]

The desired lower bound now follows using monotonicity of \(|B_{G(H^n)}(A, r)|\) with respect to \(r\).

To prove the upper bound, first note \(\eta_H = 1\). Therefore Lemma 2.8 shows that \(\alpha_H \leq \alpha_H = 2\). Moreover, we have \(L_{H^k} = 3^{-k}\), hence Lemma 2.7 gives

\[ |B_{G(H^n)}(A, 3^{k}/8)| \leq 256 \cdot 12^k, \quad \forall A \in H^n, k \in \{0, 1, \ldots, n\}, \]

completing the proof. \(\square\)
Finally, this allows us to establish a uniform polynomial growth rate for $H_\infty$.

**Lemma 2.11.** It holds that

$$|B_{H_\infty}(v, r)| \asymp r^{\log_3(12)} \quad \forall v \in V(H_\infty), r \geq 1.$$  

**Proof.** Recall first the natural identification $H^n \hookrightarrow V(H_\infty)$ under which $V(H_\infty) = \bigcup_{n \geq 0} H^n$ is a partition. Consider $v \in V(H_\infty)$ and let $n \geq 0$ be such that $v \in H^n$. Now Lemma 2.10 in conjunction with Lemma 2.9 yields the bounds:

$$|B_{H_\infty}(v, r)| \geq |B_{H_\infty}(v, r) \cap H^n| \geq r^{\log_3(12)} \quad r \leq 3^{n+3}$$

$$|B_{H_\infty}(v, r)| \geq |H^k| = 12^k \geq r^{\log_3(12)} \quad r \in [3^{k+3}, 3^{k+4}), k \geq n$$

$$|B_{H_\infty}(v, r)| \leq |B_{H_\infty}(v, r) \cap H^{n-1}| + |B_{H_\infty}(v, r) \cap H^n| + |B_{H_\infty}(v, r) \cap H^{n+1}| \leq r^{\log_3(12)} \quad r \leq 3^{n-1}$$

$$|B_{H_\infty}(v, r)| \leq \sum_{j \leq \max(k, n+1)} |H^j| \leq 2 \cdot 12^{\max(k, n+1)} \leq r^{\log_3(12)} \quad r \in [3^{k-1}, 3^k), k \geq n.$$

These four bounds together verify the desired claim. \hfill \square

### 2.3 Effective resistances

Consider a weighted, undirected graph $G = (V, E, c)$ with edge conductances $c : E \to \mathbb{R}_+$. For $p \geq 1$, denote $\ell_p(V) := \{ f : V \to \mathbb{R} \mid \sum_{u \in V} |f(u)|^p < \infty \}$, and equip $\ell_2(V)$ with the inner product $\langle f, g \rangle = \sum_{u \in V} f(u)g(u)$.

For $s, t \in \ell_1(V)$ with $\|s\|_1 = \|t\|_1$, we define the *effective resistance*

$$R_G^G(s, t) := \langle s - t, L_G^+(s - t) \rangle,$$

where $L_G$ is the combinatorial Laplacian of $G$, and $L_G^+$ is the Moore-Penrose pseudoinverse. Here, $L_G$ is the operator on $\ell_2(V)$ defined by

$$L_G f(v) = \sum_{u \in E} c(\{u, v\}) (f(v) - f(u)).$$

If $G$ is unweighted, we assume it is equipped with unit conductances $c \equiv 1_{E(G)}$.

Equivalently, if we consider mappings $\theta : E \to \mathbb{R}$, and define the energy functional

$$E_G(\theta) := \sum_{e \in E} c(e)^{-1} \theta(e)^2,$$

then $R_G^G(s, t)$ is the minimum energy of a flow with demands $s \leftrightarrow t$. (See, for instance, [LP16, Ch. 2].) For two finite sets $A, B \subseteq V$ in a graph, we define

$$R_G^G(A \leftrightarrow B) := \inf \{ R_G^G(s, t) : \text{supp}(s) \subseteq A, \text{supp}(t) \subseteq B, s, t \in \ell_1(V), \|s\|_1 = \|t\|_1 = 1 \},$$

and we recall the following standard characterization (see, e.g., [LP16, Thm. 2.3]).

If we define additionally $c_v := \sum_{u \in V(L)} c(\{u, v\})$ for $v \in V$, then we can recall that weighted random walk $\{X_t\}$ on $G$ with Markovian law

$$\mathbb{P}[X_{t+1} = v \mid X_t = u] = \frac{c(\{u, v\})}{c_u}, \quad u, v \in V.$$

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Theorem 2.12 (Transience criterion). A weighted graph \( G = (V, E, c) \) is transient if and only if there is a vertex \( v \in V \) and an increasing sequence \( V_1 \subseteq \cdots \subseteq V_n \subseteq V_{n+1} \subseteq \cdots \) of finite subsets of vertices satisfying \( \bigcup_{n \geq 1} V_n = V \) and

\[
\sup_{n \geq 1} R_{\text{eff}}^G (\{v\} \leftrightarrow V \setminus V_n) < \infty.
\]

For a tiling \( T \) of a closed rectangle \( R \), let \( \mathcal{L}(T) \) and \( \mathcal{R}(T) \) denote the sets of tiles that intersect the left and right edges of \( R \), respectively. We define

\[
\rho (T) := R_{\text{eff}}^G (1 \mathcal{L}(T) / |\mathcal{L}(T)|, 1 \mathcal{R}(T) / |\mathcal{R}(T)|),
\]

Observation 2.13. For any \( S, T \in T \), we have \( |\mathcal{L}(S \circ T)| = |\mathcal{L}(S)| \cdot |\mathcal{L}(T)| \) and \( |\mathcal{R}(S \circ T)| = |\mathcal{R}(S)| \cdot |\mathcal{R}(T)| \). In particular, \( |\mathcal{L}(H^n)| = |\mathcal{R}(H^n)| = 3^n \).

Lemma 2.14. Suppose that \( S, T \) are tilings satisfying the conditions of Definition 2.3. Suppose furthermore that all rectangles in \( \mathcal{R}(S) \) have the same height, and the same is true for \( \mathcal{L}(T) \). Then we have

\[
\rho (S \mid T) \leq \rho (S) + \rho (T) + \frac{1}{\max (|\mathcal{R}(S)|, |\mathcal{L}(T)|)}.
\]

Proof. By the triangle inequality for effective resistances, it suffices to prove that

\[
R_{\text{eff}}^G (1 \mathcal{R}(S) / |\mathcal{R}(S)|, 1 \mathcal{L}(T) / |\mathcal{L}(T)|) \leq \frac{1}{\max (|\mathcal{R}(S)|, |\mathcal{L}(T)|)},
\]

where \( G = G(S \mid T) \). We construct a flow from \( \mathcal{R}(S) \) to \( \mathcal{L}(T) \) as follows: If \( A \in \mathcal{R}(S), B \in \mathcal{L}(T) \) and \( \{A, B\} \in E(G) \), then the flow value on \( \{A, B\} \) is

\[
F_{AB} := \frac{\text{len}(A \cap B)}{\ell_2(A)} \frac{1}{|\mathcal{R}(S)|}.
\]

Denoting \( m := \max (|\mathcal{R}(S)|, |\mathcal{L}(T)|) \), we clearly have \( F_{AB} \leq 1/m \). Moreover,

\[
\sum_{A \in \mathcal{R}(S)} \sum_{B \in \mathcal{L}(T), \{A, B\} \in E(G)} F_{AB} = 1,
\]

hence

\[
\sum_{A \in \mathcal{R}(S)} \sum_{B \in \mathcal{L}(T), \{A, B\} \in E(G)} F_{AB}^2 \leq 1/m,
\]

completing the proof. \( \square \)

Using the simple inequalities \( \rho (T) \geq 1/|\mathcal{L}(T)| \) and \( \rho (T) \geq 1/|\mathcal{R}(T)| \), this yields the following.

Corollary 2.15. For any tilings \( S, T \) satisfying the assumptions of Lemma 2.14, it holds that

\[
\rho (S \mid T) \leq \rho (S) + \rho (T) + \min (\rho (S), \rho (T)).
\]

Lemma 2.16. For every \( n \geq 1 \), it holds that

\[
\rho (H^n) \leq (5/6)^n.
\]
Proof. Fix $n \geq 2$. Recalling Figure 1(b), let us consider $H^n$ as consisting of three (identical) tilings stacked vertically, and where each of these three tilings is written as $H^{n-1} | S | H^{n-1}$ where $S$ consists of two copies of $H^{n-1}$ stacked vertically. Applying Lemma 2.14 to $H^{n-1} | S | H^{n-1}$ gives

$$
\rho(H^n) \leq (1/3)^2 \cdot 3 \left(2\rho(H^{n-1}) + \rho(S) + \frac{1}{\max(|\mathcal{H}(H^{n-1})|, |\mathcal{L}(S)|)} + \frac{1}{\max(|\mathcal{L}(H^{n-1})|, |\mathcal{H}(S)|)} \right) \\
\leq (1/3)^2 \cdot 3 \left(2\rho(H^{n-1}) + (1/2)^2 \cdot 2\rho(H^{n-1}) + \frac{2}{2 \cdot 3^{n-1}} \right) \\
= (5/6)\rho(H^{n-1}) + 3^{-n},
$$

where in the second inequality we have employed Observation 2.13. This yields the desired result by induction on $n$. □

Corollary 2.17. The graphs $\mathcal{H}_n = G(H^0 | H^1 | \cdots | H^n)$ satisfy

$$
\sup_{n \geq 1} \rho(\mathcal{H}_n) < \infty. \tag{2.7}
$$

Hence $\mathcal{H}_\infty$ is transient.

Proof. Employing Lemma 2.14, Observation 2.13, and Lemma 2.16 together yields

$$
\rho(\mathcal{H}_n) \leq \sum_{j=1}^{n} \left[(5/6)^j + 3^{-j}\right],
$$

verifying (2.7). Now Theorem 2.12 yields the transience of $\mathcal{H}_\infty$. □

3 Generalizations and unimodular constructions

Consider a sequence $\gamma = (\gamma_1, \ldots, \gamma_b)$ with $\gamma_i \in \mathbb{N}$. Define a tiling $T_\gamma \in \mathcal{T}$ as follows: The unit square is partitioned into $b$ columns of width $1/b$, and for $i \in \{1, 2, \ldots, b\}$, the $i$th column has $\gamma_i$ rectangles of height $1/\gamma_i$. For instance, the tiling $H$ from Figure 1(a) can be written $H = T_{(3,6,3)}$.

We will assume throughout this section that $\min(\gamma) = b$ and $\gamma_1 = \gamma_b$. Let us use the notation $|\gamma| := \gamma_1 + \cdots + \gamma_b$. The proof of the next lemma follows just as for Lemma 2.9 using $\min(\gamma) = b$ so that there is a column in $T^n_\gamma$ of height $b^n$.

Lemma 3.1. For $n \geq 0$, it holds that $|T^n_\gamma| = |\gamma|^n$, and $b^n \leq \text{diam}(T^n_\gamma) \leq 3b^n$.

Note that $\eta_{T_\gamma} = 1$ since $\gamma_1 = \gamma_b$. The next lemma follows from the same reasoning used in the proof of Lemma 2.10. The dependence of the implicit constant on $|\gamma|/b$ comes from $\alpha_{T_\gamma} \leq |\gamma|/b$.

Lemma 3.2. For any $n \geq 0$, it holds that

$$
|B_G(A, r)| \asymp_{|\gamma|/b} r^{\log(|\gamma|)} \quad \forall A \in T^n_\gamma, \ 1 \leq r \leq \text{diam}(G(T^n_\gamma)).
$$
3.1 Degrees of growth

Consider \( b, k \in \mathbb{N} \) with \( k \geq b \geq 3 \), and define the sequence

\[
\gamma^{(b,k)} := \left[ b, \frac{k-3}{b-3} b, \ldots, \frac{k-3}{b-3} b, b, \frac{k-3}{b-3} b, \ldots, \frac{k-3}{b-3} b, b \right].
\]

\((k-3) \mod (b-3)\) copies \((k-3) \mod (b-3)\) copies

Denote \( T_{(b,k)} := T_{\gamma^{(b,k)}} \) and note that \( |\gamma^{(b,k)}| = bk \). Define \( d_{\gamma}(b, k) := \log_b(bk) \), and \( \Gamma_{b,k} := \sum_{i=1}^{b} 1/\gamma_i^{(b,k)} \).

**Observation 3.3.** The following facts hold for \( k \geq b \geq 3 \) and \( n \geq 0 \):

(a) There are \( b^n \) tiles in the left- and right-most columns of \( T^n_{(b,k)} \).

(b) If a pair of consecutive columns in \( T^n_{(b,k)} \) have heights \( h \) and \( h' \), then \( \min(h, h') \) divides \( \max(h, h') \).

Now observe that **Lemma 3.2** yields the following.

**Corollary 3.4.** The family of graphs \( \mathcal{F} = \{ G(T^n_{(b,k)}) : n \geq 0 \} \) has uniform polynomial growth of degree \( d_{\gamma}(b, k) \) in the sense that

\[
|B_G(x, r)| \preceq_k r^{d_{\gamma}(b,k)}, \quad \forall G \in \mathcal{F}, x \in V(G), 1 \leq r \leq \text{diam}(G).
\]

For any rational \( p/q \geq 2 \), one can achieve \( d_{\gamma}(b, k) = p/q \) by taking \( b = 3^q \) and \( k = 3^{p-q} \).

Next, we analyze the effective resistances across \( T^n_{(b,k)} \).

**Lemma 3.5.** For every \( n \geq 1 \), it holds that

\[
\rho \left( T^n_{(b,k)} \right) \leq \Gamma^n_{b,k}.
\]

**Proof.** Fix \( n \geq 2 \) and write \( T^n_{(b,k)} = T_{(b,k)} \circ T^{n-1}_{(b,k)} \) as \( A_1 \mid A_2 \mid \cdots \mid A_b \) where, for \( 1 \leq i \leq b-1 \), each \( A_i \) is a vertical stack of \( \gamma^{(b,k)}_i \) copies of \( T^{n-1}_{(b,k)} \). Since \( \rho(A_i) = \rho(T^{n-1}_{(b,k)})/\gamma^{(b,k)}_i \) by the parallel law for effective resistances, applying **Lemma 2.14** to \( A_1 \mid A_2 \mid \cdots \mid A_b \) gives

\[
\rho \left( T^n_{(b,k)} \right) \leq \sum_{i=1}^{b} \rho(T^{n-1}_{(b,k)})/\gamma^{(b,k)}_i + \frac{b^{-1}}{\min(\mathcal{R}(A_i), \mathcal{L}(A_{i+1}))} \leq \rho(T^{n-1}_{(b,k)})\Gamma_{b,k} + b^{1-n},
\]

where in the second inequality we have employed \( \min(\mathcal{R}(A_i), \mathcal{L}(A_{i+1})) \geq b^n \) which follows from **Observation 3.3**(a). Finally, observe that \( \Gamma_{b,k} \geq 1/\gamma^{(b,k)}_1 + 1/\gamma^{(b,k)}_b = 2/b \), and therefore the desired claim follows by induction.

The next result establishes **Theorem 1.1.**
Theorem 3.6. For every $k > b$, the graphs $\mathcal{T}_n^{(b,k)} := G\left( T_{(b,k)}^0 \mid T_{(b,k)}^1 \mid \cdots \mid T_{(b,k)}^n \right)$ satisfy

$$\sup_{n \geq 1} \rho \left( \mathcal{T}_n^{(b,k)} \right) < \infty. \quad (3.1)$$

Hence the limit graph $\mathcal{T}_\infty^{(b,k)}$ is transient. Moreover, $\mathcal{T}_\infty^{(b,k)}$ has uniform polynomial growth of degree $d_g(b,k)$.

Proof. Employing Lemma 2.14, Observation 3.3(a), and Lemma 3.5 together yields

$$\rho \left( \mathcal{T}_n^{(b,k)} \right) \lesssim \sum_{j=1}^{n} \left( \Gamma_{b,k}^{-j} \right).$$

For $k > b$, we have $\max(\gamma(b,k)) > b$ and $\min(\gamma(b,k)) = b$, hence $\Gamma_{b,k} < 1$, verifying (3.1). Now Theorem 2.12 yields transience of $\mathcal{T}_\infty^{(b,k)}$.

Uniform polynomial growth of degree $d_g(b,k)$ follows from Corollary 3.4 as in the proof of Lemma 2.11. \qed

3.2 The distributional limit

Fix $k \geq b \geq 3$ and take $G_n := G(T_n^{(b,k)})$. Since the degrees in $\{G_n\}$ are uniformly bounded, the sequence has a subsequential distributional limit, and in all arguments that follow, we could consider any such limit. But let us now argue that if $\mu_n$ is the law of $(G_n, \rho_n)$ with $\rho_n \in V(G_n)$ chosen according to the stationary measure, then the measures $\{\mu_n : n \geq 0\}$ have a distributional limit.

Lemma 3.7. For any $k \geq b \geq 3$, there is a reversible random graph $(G_{b,k}, \rho)$ such that $\{(G_n, \rho_n)\} \Rightarrow (G_{b,k}, \rho)$. Moreover, almost surely $G_{b,k}$ has uniform polynomial volume growth of degree $d_g(b,k)$.

Proof. It suffices to prove that $\{(G_n, \rho_n)\}$ has a limit $(G_{b,k}, \rho)$. Reversibility of the limit then follows automatically (as noted in Section 1.1.1), and the degree of growth is an immediate consequence of Corollary 3.4. It will be slightly easier to show that the sequence $\{(G_n, \rho_n)\}$ has a distributional limit, with $\rho_n \in V(G_n)$ chosen uniformly at random.

Let $\mu_{n,r}$ be the law of $B_{G_n}(\hat{\rho}_n, r)$. It suffices to show that the measures $\{\mu_{n,r} : n \geq 0\}$ converge for every fixed $r \geq 1$, and then a standard application of Kolmogorov’s extension theorem proves the existence of a limit.

For a tiling $T$ of a rectangle $R$, let $\partial T$ denote the set of tiles that intersect some side of $R$. Define the neighborhood $N_r(\partial T_n^{(b,k)}) := \{ v \in T_n^{(b,k)} : d_{G_n}(v, \partial T_n^{(b,k)}) \leq r \}$ and abbreviate $d = d_g(b,k)$. Then $|\partial T_n^{(b,k)}| \leq 4b^n$, so Corollary 3.4 gives

$$\left| N_r(\partial T_n^{(b,k)}) \right| \lesssim b^n r^d.$$ 

Since $|T_n^{(b,k)}| = (bk)^n$, it follows that

$$1 - \mathbb{P}\left[ E_{r,n} \right] \lesssim k^{-n} r^d,$$
where $E_{r,n}$ is the event $\{B_{G_n}(\hat{\rho}_n, r) \cap \partial T_{(b,k)}^n = \emptyset \}$.

Now write $T_{(b,k)}^n = T_{(b,k)}^{n-1} \cap T_{(b,k)}'$ and note that $\hat{\rho}_n$ falls into one of the $|\gamma^{(b,k)}| = bk$ copies of $G_{n-1}$ and is, moreover, uniformly distributed in that copy. Therefore we can naturally couple $(G_n, \hat{\rho}_n)$ and $(G_{n-1}, \hat{\rho}_{n-1})$ by identifying $\hat{\rho}_n$ with $\hat{\rho}_{n-1}$. Moreover, conditioned on the event $E_{r,n-1}$, we can similarly couple $B_{G_n}(\hat{\rho}_n, r)$ and $B_{G_{n-1}}(\hat{\rho}_{n-1}, r)$.

It follows that, for every $r \geq 1$,

$$d_{TV}(\mu_{n-1,r}, \mu_{n,r}) \leq 1 - P[E_{r,n-1}] \leq k^{-n} r^d.$$ 

As the latter sequence is summable, it follows that $\{\mu_{n,r}\}$ converges for every fixed $r \geq 1$, completing the proof. \qed

### 3.3 Speed of the random walk

Let $\{X_t\}$ denote the random walk on $G_{b,k}$ with $X_0 = \rho$. Our first goal will be to prove a lower bound on the speed of the walk. Define:

$$d_w(b, k) := d_g(b, k) + \log_b(\Gamma_{b,k}).$$

We will show that $d_w(b, k)$ is related to the speed exponent for the random walk.

**Theorem 3.8.** Consider any $k \geq b \geq 3$. It holds that for all $T \geq 1$,

$$E[d_{G_{b,k}}(X_T, X_0) \mid X_0 = \rho] \geq_k T^{1/d_w(b,k)}. \quad (3.2)$$

Before proving the theorem, let us observe that it yields **Theorem 1.3**. Fix $k \geq b \geq 3$. Observe that for any positive integer $p \geq 1$, we have $d_g(b^p, k^p) = d_g(b, k)$. On the other hand,

$$d_g(b^p, k^p) - d_w(b^p, k^p) = - \log_{b^p}(\Gamma_{b^p,k^p})$$

$$\geq - \log_{b^p}(3b^p + (b/k)^p) - o_p(1)$$

$$\geq \min(1, \log_b(k) - 1) - o_p(1)$$

$$\geq \min(1, d_g(b^p, k^p) - 2) - o_p(1). \quad (3.3)$$

So for every $\varepsilon > 0$, there is some $p = p(\varepsilon)$ such that

$$d_w(b^p, k^p) \leq \max(2, d_g(b^p, k^p) - 1) + \varepsilon,$$

and moreover $G_{b^p,k^p}$ almost surely has uniform polynomial growth of degree $d_g(b, k)$. Combining this with the construction of **Corollary 3.4** for all rational $d \geq 2$ yields **Theorem 1.3**.

#### 3.3.1 Hitting times vs. rate of escape

For a (possibly weighted) graph $G$, a vertex $u \in V(G)$, and the random walk $\{X_t^G\}$ on $G$, we use the notation:

$$H_G(u, j) := E[\min\{t \geq 0 : d_G(X_0^G, X_t^G) \geq j\} \mid X_0^G = u].$$

Consider now a reversible random graph $(G, \rho)$ and let $\{X_t\}$ denote the standard random walk on $G$. The next lemma is an extension of the arguments of [LP13, §4.1] from transitive graphs to reversible random graphs. It shows that in order to lower bound the speed, it suffices to give upper bounds on hitting times.
Lemma 3.9. Suppose \((G, \rho)\) is a reversible random graph and \(\mathbb{E}[H_G(\rho, j)] \leq T\) for some \(T \geq 1\). Then:

\[
\mathbb{E} \left[ d_G(X_0, X_T) \mid X_0 = \rho \right] \geq \frac{j - 1}{4}.
\]

Proof. Let us assume throughout that \(X_0 = \rho\). First, we claim that for every \(T \geq 0\),

\[
\mathbb{E} \left[ d_G(X_0, X_T) \right] \geq \frac{1}{2} \max_{0 \leq t \leq T} \mathbb{E} \left[ d_G(X_0, X_t) - d_G(X_0, X_{1}) \right].
\] (3.4)

Let \(s' \leq T\) be such that

\[
\mathbb{E}[d_G(X_0, X_{s'})] = \max_{0 \leq t \leq T} \mathbb{E}[d_G(X_0, X_t)].
\]

Then there exists an even time \(s \in \{s', s'-1\}\) such that \(\mathbb{E}[d_G(X_0, X_s)] \geq \mathbb{E}[d_G(X_0, X_{s'}) - d_G(X_0, X_1)]\).

Consider \(\{X_t\}\) and an identically distributed walk \(\{\tilde{X}_t\}\) such that \(\tilde{X}_t = X_t\) for \(t \leq s/2\) and \(\tilde{X}_t\) evolves independently after time \(s/2\). By the triangle inequality, we have

\[
d_G(X_0, \tilde{X}_T) + d_G(\tilde{X}_T, X_s) \geq d_G(X_0, X_s).
\]

But by reversibility of \((G, \rho)\), both of the triples \((G, X_0, \tilde{X}_T)\) and \((G, \tilde{X}_T, X_s)\) have the same law as \((G, X_0, X_T)\). Taking expectations yields (3.4).

Define \(\alpha := \frac{1}{2} \max_{0 \leq t \leq 2T} \mathbb{E}[d_G(X_0, X_t)]\) and \(H_j := \min\{t \geq 0 : d_G(X_0, X_t) \geq j\}\). First, observe that the triangle inequality implies

\[
d_G(X_0, X_{2T}) \geq \mathbb{I}_{\{H_j \leq 2T\}} \left( j - d_G(X_{H_j}, X_{2T}) \right).
\] (3.5)

By reversibility of \((G, \rho)\), we also have

\[
\mathbb{E} \left[ \mathbb{I}_{\{H_j \leq 2T\}} \cdot d_G(X_{H_j}, X_{2T}) \right] = \mathbb{E} \left[ \mathbb{I}_{\{H_j \leq 2T\}} \cdot d_G(X_0, X_{2T-H_j}) \right] \leq \mathbb{P}(H_j \leq 2T) \alpha j.
\]

Thus taking expectations in (3.5) yields

\[
\mathbb{E}[d_G(X_0, X_{2T})] \geq \mathbb{P}(H_j \leq 2T)(1 - \alpha)j \geq \frac{1}{2}(1 - \alpha)j,
\]

recalling our assumption that \(\mathbb{E}[H_j] \leq T\). On the other hand, (3.4) shows that

\[
\mathbb{E} \left[ d_G(X_0, X_{2T}) \right] \geq \frac{1}{2}(\alpha j - 1)
\]

Averaging these two inequalities yields the desired result. \(\square\)

3.3.2 The linearized graphs

Fix integers \(k \geq b \geq 3\) and \(n \geq 1\), and let us consider now the (weighted) graph \(L = L_{(b,k)}^n\) derived from \(G = G(T_{(b,k)}^n)\) by identifying every column of rectangles into a single vertex. Thus \(|V(L)| = b^n\).

We connect two vertices \(u, v \in V(L)\) if their corresponding columns \(C_u\) and \(C_v\) in \(G\) are adjacent, and we define the conductances \(c(\{u, v\}) := |E_G(C_u, C_v)|\), where \(E_G(S, T)\) denotes the number of edges between two subsets \(S, T \subseteq V(G)\).

Let us order the vertices of \(L\) from left to right as \(V(L) = \{\ell_1, \ldots, \ell_{b^n}\}\). The series law for effective resistances gives the following.
Observation 3.10. For \(1 \leq i \leq t \leq j \leq b^n\), we have
\[
R^L_{\text{eff}}(\ell_i \leftrightarrow \ell_j) = R^L_{\text{eff}}(\ell_i \leftrightarrow \ell_t) + R^L_{\text{eff}}(\ell_t \leftrightarrow \ell_j)
\]

We will use this to bound the resistance between any pair of columns.

Lemma 3.11. If \(1 \leq s < t \leq b^n\), then
\[
R^L_{\text{eff}}(\ell_s \leftrightarrow \ell_t) \cdot (|C_s| + \cdots + |C_t|) \leq_k (\Gamma_{b,k} \cdot bk)^{\log_b(t-s)} .
\] (3.6)

Proof. Denote \(h := \lfloor \log_b(t-s) \rfloor\), \(T := T_{(b,k)}\), and \(\Gamma := \Gamma_{b,k}\). Write \(T^n = T^{n-h} \circ T^h\) and along this decomposition, partition \(T^n\) into \(b^{n-h}\) sets of tiles \(D_1, \ldots, D_{b^{n-h}}\), where each \(D_i\) is formed from adjacent columns
\[
D_i := C_{(i-1)b^{h+1}} \cup \cdots \cup C_{i:b^h} .
\]
Suppose that, for \(1 \leq i \leq b^{n-h}\), the tiling \(T^{n-h}\) has \(\beta_i\) tiles in its \(i\)th column. Then \(D_i\) consists of \(\beta_i\) copies of \(T^h\) stacked atop each other.

Thus we have \(|D_i| = \beta_i |T^h|\), and furthermore \(\rho(D_i) \leq \rho(T^h)/\beta_i\), hence
\[
\rho(D_i) \cdot |D_i| = \rho(T^h) \cdot |T^h| \leq \Gamma^h \cdot (bk)^h ,
\] (3.7)
where the last inequality uses Lemma 3.5.

Let \(1 \leq i \leq j \leq b^{n-h}\) be such that \(C_s \subseteq D_i\) and \(C_t \subseteq D_j\). Since \(t \leq s + b^h\), and each set \(D_i\) consists of \(b^h\) consecutive columns, it must be that \(j \leq i + 1\). If \(i = j\), then \(|C_s| + \cdots + |C_t| \leq |D_i|\), and Observation 3.10 gives
\[
R^L_{\text{eff}}(\ell_s \leftrightarrow \ell_t) \leq \rho(D_i),
\]
thus (3.7) yields (3.6), as desired.

Suppose, instead, that \(j = i + 1\). From Lemma 2.8, we have \(\alpha_{T^{n-h}} \leq \alpha_T \leq |\gamma|/b \leq k\). Therefore \(1/k \leq \beta_{i+1}/\beta_i \leq k\). Thus using Corollary 2.15 and (3.7) gives
\[
\rho(D_i \cup D_{i+1}) \leq \rho(D_i \mid D_{i+1}) \leq 2 \rho(D_i) + \rho(D_{i+1}) \leq 3k \rho(T^h)/\beta_i .
\]
Since it also holds that \(|D_i| + |D_{i+1}| = (\beta_i + \beta_{i+1}) |T^h| \leq 2k \beta_i |T^h|\), Observation 3.10 gives
\[
R^L_{\text{eff}}(\ell_s \leftrightarrow \ell_t) \cdot (|C_s| + \cdots + |C_t|) \leq \rho(D_i \cup D_{i+1}) |D_i \cup D_{i+1}| \leq_k \rho(T^h) |T^h| ,
\]
and again (3.7) establishes (3.6), completing the proof. \(\square\)

Lemma 3.12. For any \(1 \leq j \leq b^n/2\) and \(1 \leq i \leq b^n\), we have
\[
H_L(\ell_i, j) \leq_k j^{d_u(b,k)}
\]

Proof. Denote \(s := \max(1, i - j)\) and \(t := \min(b^n, i + j)\). Then the standard connection between hitting times and effective resistances [CRR+97] in conjunction with Lemma 3.11 yields
\[
H_L(\ell_i, j) \leq 2 \sum_{i=s}^t \sum_{\ell \in C_i} c_v \max \left( R^L_{\text{eff}}(\ell_s \leftrightarrow \ell_i), R^L_{\text{eff}}(\ell_i \leftrightarrow \ell_t) \right)
\]
\[
\leq_k (|C_s| + \cdots + |C_t|) \max \left( R^L_{\text{eff}}(\ell_s \leftrightarrow \ell_i), R^L_{\text{eff}}(\ell_i \leftrightarrow \ell_t) \right)
\]
\[
\leq_k (bk \cdot \Gamma_{b,k})^{\log_b(j)} ,
\]
where in the second line we have used that the degrees in \(G(T^n)\) are bounded by a function of \(k\) (cf. Lemma 2.6). \(\square\)
Figure 5: The cylindrical graph $\tilde{G}$ for $G = G(T_{(3,6,3)}^n)$. The new edges are dashed.

### 3.3.3 Hitting times in $G_{b,k}$

Consider now the graphs $G_n := G(T_{(b,k)}^n)$ for some $k \geq b \geq 3$ and $n \geq 1$. Let us define the cylindrical version $\tilde{G}_n$ of $G_n$ with the same vertex set, but additionally and edge from the top tile to the bottom tile in every column (see Figure 5). If we choose $\tilde{\rho}_n \in V(\tilde{G}_n)$ according to the stationary measure on $\tilde{G}_n$, then clearly $\{(\tilde{G}_n, \tilde{\rho}_n)\} \Rightarrow (G_{b,k}, \rho)$ as well.

Define also $L_n := L_{b,k}^n$. Because of Observation 3.3(b), the graph $\tilde{G}_n$ has vertical symmetry: The automorphism group of $\tilde{G}_n$ acts transitively within columns. Let $\pi_n : V(G_n) \rightarrow V(L_n)$ denote the projection map and observe that $d_{\tilde{G}_n}(u, v) \geq d_{L_n}(\pi_n(u), \pi_n(v)), \quad \forall u, v \in V(G_n),$

therefore

$$H_{\tilde{G}_n}(u, j) \leq H_{L_n}(\pi_n(u), j), \quad \forall u \in V(G_n),$$

This follows from the “vertical symmetry” mentioned above: The random walk on $\tilde{G}_n$ projects to the random walk on $L_n$. The loss of an implicit constant in (3.8) is due to the fact that the projected walk $\pi_n(X_t^{\tilde{G}_n})$ has holding probabilities, but these are bounded above by $2/3$ (as every vertex in $\tilde{G}_n$ has two vertical neighbors, and at least one horizontal neighbor).

From (3.8) and Lemma 3.12, we conclude that

$$H_{\tilde{G}_n}(u, j) \leq j^{d_{w}(b,k)}, \quad \forall u \in V(G), \quad j \leq b^n / 2.$$

With this in hand, we can establish speed lower bounds in the limit $(G_{b,k}, \rho)$.

**Proof of Theorem 3.8.** Observe that (3.9) implies that $\mathbb{E}[H_{G_{b,k}}(\rho, j)] \leq j^{d_{w}(b,k)}$ for every $j \geq 1$. Now Lemma 3.9 yields the desired bound (3.2).

### 3.4 Annular resistances

We will establish Theorem 1.5 by proving the following.

**Theorem 3.13.** For any $k \geq b \geq 3$, there is a constant $C = C(k)$ such that for $G = G_{b,k}$, almost surely

$$R_{\text{eff}}^G(\rho, R) \leftrightarrow V(G) \setminus B_G(\rho, 2R) \leq CR^{\log_{3}(\Gamma_{b,k})}, \quad \forall R \geq 1.$$
To see that this yields Theorem 1.5, consider some \( k \geq b^2 \), corresponding to the restriction \( d_y(b, k) \geq 3 \). Then for all positive integers \( p \geq 1 \), we have \( d_y(b^p, k^p) = d_y(b, k) \) and recalling (3.3),
\[
\lim_{p \to \infty} \log_b \left( \frac{\Gamma(b^p, k^p)}{\Gamma(b, k)} \right) = -1.
\]
To prove Theorem 3.13, it suffices to show the following.

**Lemma 3.14.** For every \( n \geq 1, k \geq b \geq 3 \), there is a constant \( C = C(k) \) such that for \( G = G(T^n_{(b,k)}) \), we have
\[
\mathcal{R}^G_{\text{eff}}(B_G(x, R) \leftrightarrow V(G) \setminus B_G(x, 2R)) \leq CR^{\log_b(G(x, 1))}, \quad \forall x \in V(G), 1 \leq R \leq \text{diam}(G)/C.
\]

**Proof.** Denote \( T := T_{(b,k)} \). Consider some value \( 1 \leq R \leq \text{diam}(G)/C \), and define \( h := \lfloor \log_b(R/3) \rfloor \).

Let \( C_1, \ldots, C_{b^n} \) denote the columns of \( T^n \) and writing \( T^n = T^{n-h} \circ T^h \), let us partition the columns into consecutive sets \( D_1, \ldots, D_{b^{n-h}} \) (as in the proof of Lemma 3.11), where \( D_i = C_{(i-1)b^h+1} \cup \cdots \cup C_{ib^h} \).

For \( 1 \leq i \leq b^{n-h} \), let \( \beta_i \) denote the number of tiles in the \( i \)th column of \( T^{n-h} \) so that \( D_i \) consists of \( \beta_i \) copies of \( T^h \) stacked vertically.

Fix some vertex \( x \in V(G) \) and suppose that \( x \in D_s \) for some \( 1 \leq s \leq b^{n-h} \). Denote \( \Delta := 9b \). By choosing \( C \) sufficiently large, we can assume that \( b^{n-h} > \Delta \), so that either \( s \leq b^{n-h} - \Delta \) or \( s \geq 1 + \Delta \). Let us assume that \( s \leq b^{n-h} - \Delta \), as the other case is treated symmetrically. Define \( t := [s + 2 + 6b] \)

so that \( t - s \leq \Delta \), and
\[
d_G(D_s, D_t) \geq b^h(t - s - 1) \geq (t - s - 1)\frac{R}{3b} > 2R .
\]

Denote \( \xi := \gcd(\beta_s, \beta_{s+1}, \ldots, \beta_t) \). We claim that
\[
\xi \geq k \max(\beta_s, \beta_{s+1}, \ldots, \beta_t) .
\]

This follows because \( \min(\beta_i, \beta_{i+1}) \mid \max(\beta_i, \beta_{i+1}) \) for all \( 1 \leq i < b^n \) (cf. Observation 3.3(b)), and moreover the ratio \( \max(\beta_i, \beta_{i+1})/\min(\beta_i, \beta_{i+1}) \) is bounded by a function depending only on \( k \). Since \( t - s \leq k \), this verifies (3.11).

Denote \( \mathcal{D} := D_s \cup \cdots \cup D_t \). One can verify that \( \mathcal{D} \) is a vertical stacking of \( \xi \) copies of \( T := T_{(b, \xi)} \circ T^h \), and Corollary 2.15 implies that
\[
\rho(T) \leq k \rho(T^h) \leq \Gamma_{b,k}^h ,
\]
with the final inequality being the content of Lemma 3.5.

Let \( \hat{A} \) be the copy of \( \hat{T} \) that contains \( x \), and let \( S \) be the copy of \( T^h \) in \( T^n = T^{n-h} \circ T^h \) that contains \( x \). Since \( \xi \) divides \( \beta_s \), it holds that \( S \subseteq \hat{A} \) and \( \mathcal{L}(S) \subseteq \mathcal{L}(\hat{A}) \). We further have
\[
|\mathcal{L}(\hat{A})| = |\mathcal{L}(\hat{T})| = (\beta_s/\xi)|\mathcal{L}(T^h)| = (\beta_s/\xi)|\mathcal{L}(S)| \leq k |\mathcal{L}(S)| .
\]
This yields
\[
\mathcal{R}_{\text{eff}}^G(1_{\mathcal{L}(S)}/|\mathcal{L}(S)| \leftrightarrow R(\hat{A})) \leq k \mathcal{R}_{\text{eff}}^G(1_{\mathcal{L}(\hat{A})}/|\mathcal{L}(\hat{A})| \leftrightarrow R(\hat{A})) ,
\]

where we have used the hybrid notation: For \( s \in \ell_1(V) \),
\[
\mathcal{R}_{\text{eff}}^G(s \leftrightarrow U) := \inf \{ \mathcal{R}_{\text{eff}}^G(s, t) : \text{supp}(t) \subseteq U, \| t \|_1 = \| s \|_1 \} .
\]
Therefore,
\[ R_{\text{eff}}^G(\mathcal{L}(S) \leftrightarrow \mathcal{R}(\hat{A})) \leq R_{\text{eff}}^G(\mathcal{L}(S)/|\mathcal{L}(S)|) \leftrightarrow \mathcal{R}(\hat{A}) \]
\[ \leq_k R_{\text{eff}}^G(\mathcal{L}(\hat{A})/|\mathcal{L}(\hat{A})|) \leftrightarrow \mathcal{R}(\hat{A}) = \rho(\hat{T}) \]  
\[ \leq_k \Gamma_{b,k}^h. \]

Since \( \text{diam}_C(S) \leq 3b^h \leq R \) and \( x \in S \), it holds that \( S \subseteq B_C(x, R) \). On the other hand, since \( x \in S \), (3.10) shows that \( B_C(x, 2R) \cap \mathcal{R}(\hat{A}) = \emptyset \). We conclude that
\[ R_{\text{eff}}^G(B_C(x, R) \leftrightarrow V(G) \setminus B_C(x, 2R)) \leq R_{\text{eff}}^G(\mathcal{L}(S) \leftrightarrow \mathcal{R}(\hat{A})) \leq_k \Gamma_{b,k}^h \leq_k R^{\log_b(\Gamma_{b,k})}, \]
as desired. \( \square \)

3.5 Complements of balls are connected

Let us finally prove Theorem 1.4. Recall the setup from Section 3.3.3: \( G_n = G(T'_n(b,k)) \), \( \tilde{G}_n \) denotes the cylindrical version, and \( \{(\tilde{G}_n, \tilde{\rho}_n) \} \Rightarrow (G_{b,k}, \rho) \).

Proof of Theorem 1.4. We will show that, for every \( R \geq 1 \), almost surely the complement of a ball \( B_C(\rho, R) \) in \( G_{b,k} \) is connected. In conjunction with Lemma 3.7 and Corollary 3.4, this establishes Theorem 1.4.

Note that for any \( x \in V(\tilde{G}_n) \) and \( R \leq (b^n)/3 \), it holds that the complement of \( B_{\tilde{G}_n}(x, R) \) is connected in \( \tilde{G}_n \), as \( B_{\tilde{G}}(x, R) \) cannot “wrap around” the cylinder. Moreover, if we define \( U := V(\tilde{G}_n) \setminus B_{\tilde{G}_n}(x, R) \), then for any \( x, y \in U \), it holds that for some constant \( \kappa = \kappa(k) > 1 \),
\[ d_{\tilde{G}_n[U]}(x, y) \leq \kappa \left( d_{\tilde{G}_n}(x, y) + R \right). \]
This implies that for all \( x \in V(G), R \leq (b^n)/3 \) and \( R' > R \), it holds that \( B_{\tilde{G}_n}(x, R') \setminus B_{\tilde{G}_n}(x, R) \) is connected in \( \tilde{G}_n[B_{\tilde{G}_n}(\rho, 3\kappa R') \setminus B_{\tilde{G}_n}(\rho, R)] \).

Therefore almost surely, for all \( R' > R \geq 1 \), it holds that \( B_{G_{b,k}}(\rho, R') \setminus B_{G_{b,k}}(\rho, R) \) is connected in \( G_{b,k}[B_{G_{b,k}}(\rho, 3\kappa R') \setminus B_{G_{b,k}}(\rho, R)] \). In particular, this implies that the complement of \( B_{G_{b,k}}(\rho, R) \) is connected in \( G_{b,k} \), completing the proof. \( \square \)

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