کارگاه‌های آموزشی مرکز اطلاعات علمی

آموزش مهارت‌های کاربردی ISI در تدوین و چاپ مقالات

روش تحقیق کمی

آموزش نرم‌افزار برای پژوهشگران
Metronidazole Induced Anaphylactic Shock: A Case Report

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Anaphylactic shock is a type-1 hypersensitivity reaction occurring after exposure to foods, drugs, or chemicals and can be accompanied by unfortunate consequences such as death. Among various drugs, antibiotics, especially cephalosporins and penicillins, cause the highest number of hypersensitivity reactions and anaphylactic shocks. Metronidazole, one of the antibacterial drugs belonging to the group of nitroimidazole derivatives, is mainly used in the treatment of anaerobic bacterial infections, as well as prophylaxis for surgical site infections. This drug rarely causes anaphylactic reactions.1

A 39-year old man weighing 70 kilograms, with no history of allergy or drug reactions, was admitted to a medical center with a chief complaint of abdominal pain and fever. The patient's vital signs at the time of admission were as follows: blood pressure: 120/78 mmHg, respiratory rate: 18, pulse rate: 85 beats/minute, temperature: 38.5 Celsius. Based on medical examinations, the patient had an abdominal wall hernia in the umbilical area and was selected to undergo laparotomy. All pre-operative examinations were normal except for mild leukocytosis. Five hundred milligrams (mg) of intravenous metronidazole at a rate of 5mg/minute (available as a ready-to-use 100 milliliter solution in a single dose bag) was prescribed as the surgical site infection prophylaxis prior to surgery. Few minutes after the administration of about 15 mg of metronidazole, the patient developed a sudden arrhythmia, leading to pulseless ventricular tachycardia. Cardiopulmonary resuscitation was initiated immediately, according to the 2016 CLSI guidelines. The patient was successfully resuscitated after approximately 30 minutes, and the drug was not rechallenged anymore. At the time of this incident, the patient’s blood count was within the normal range, without eosinophilia or lymphocytosis. Inflammatory markers were also normal, and he was afebrile, without any organ failure. His blood pressure was 115/67 mmHg with a pulse rate of 85 beats/minute; his oxygen saturation was 98%. Patient had been intubated and was transferred to the intensive care unit. Two days later, he was extubated with stable hemodynamic parameters. A clear temporal relationship was observed between Metronidazole administration and the onset of symptoms. The patient scored 6 on the Naranjo Adverse Drug Reaction Probability Scale, a ten-question scale developed to help standardize the assessment of causality for all adverse drug reactions. Based on the Naranjo Scale interpretations, the reaction presented by this patient was probably due to metronidazole. These results are shown in Table 1.

Anaphylaxis is a serious, acute and systemic hypersensitivity reaction resulting from the degranulation of mast cells or basophils. As a result of this reaction, preformed mediators, including histamine and tryptase are released. Such mediators are capable of affecting the cardiovascular, respiratory, gastrointestinal, and other organ systems. Two mechanisms can be considered for degranulation of mast cells: immune-mediated (IgE-mediated, anaphylactic) and nonimmune-mediated (chemically-mediated, anaphylactic) reactions.2 Recently, anaphylactic reactions have received more attention compared with the past. However, their occurrence is still underestimated. In adults, anaphylactic reactions are often caused by analgesics and antibiotics.3 The risk of drug-induced anaphylactic reactions usually increases with age and intravenous route of drug administration. Race is also an important factor, with African-Americans presenting with a higher prevalence of anaphylactic reactions.4

A literature review was performed in PubMed using the keywords "hypersensitivity reaction” and “Metronidazole,” the relevant results have been summarized in Table 2. There have been several reports of hypersensitivity reactions to metronidazole in the literature. The reported reactions include: allergic contact dermatitis5, persistent drug eruptions6, respiratory crisis7,8, systemic reactions9-12, anaphylactic reaction10, Stevens-Johnson syndrome/toxic...
epidermal necrolysis, severe generalized exanthematous pustulosis, and serum sickness reactions. In most of these reports, the main symptoms of metronidazole hypersensitivity reactions were reported as cutaneous involvement and angioedema, which disappeared within a few hours of corticosteroid and antihistamine administration. Generally, the anaphylactic reaction is not a common phenomenon with metronidazole. In contrast to other reports, we have reported a severe anaphylactic reaction requiring cardiopulmonary resuscitation induced by this drug.

Skin testing remains an essential tool to diagnose or confirm the presence of an allergic disease in individuals with hypersensitivity reactions. Skin prick test (SPT) is a safe and minimally invasive skin testing method, used to diagnose type I (IgE-mediated) allergies based on medical history and clinical signs. This method detects allergies to foods, drugs, or inhalants; its results provide sufficient evidence for allergenicity and can help confirm the diagnosis of a suspected type 1 allergy. The results of our study have not been confirmed by SPT. The majority of allergic contact dermatitis cases with topical metronidazole are managed in three ways: avoiding the offending drug, prescribing premedication, and desensitization. Possible desensitization mechanisms include mitigating the mast cells and basophil response to the allergen and decreasing the production of inflammatory mediators. The risks and benefits of the desensitization method should both be considered and the patient should be involved in any decision-making process, crucial to the patient.

Ethical Issues
The patient information kept being confidential to the researchers.

Author Contributions
NA contributed to the member of patient treatment team, the case selection, design of the study and revision of the manuscript. MP and MD contributed to the search databases and extracted data. MB contributed in the extraction of clinical and paraclinical patient data. MP wrote the original draft with input from all authors. MD edited and confirmed the final original draft. BB was the patient’s physician. All authors have read and agreed to the published version of the manuscript.

Conflict of Interest
The authors report no conflicts of interest.

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Table 2. Clinical cases regarding metronidazole-induced hypersensitivity reactions.

| Author/Year          | Patient demographics | Underlying disease                  | History of drug allergy | Administration route of metronidazole | Symptoms                                                                 | Reaction severity                                      | Patient outcome                      |
|----------------------|----------------------|-------------------------------------|-------------------------|--------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------|
| Aruanno et al. 2020  | 45 years old, Male   | Gastrointestinal dysbiosis          | No history              | Oral tablet                          | Labial angioedema and itching, widespread erythematous maculopapular rash | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Prieto et al. 2005   | 34 years old, Female | Trichomonal vaginitis              | History of Fixe drug eruption due to sulphonamides | Topical                             | Pruritic, erythematous, blistered lesions,                                 | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Afíbarro & Fonte-la 1997 | 19 years old, Female | Toothache                          | Facial angioedema and rhinoconjunctivitis due to horse hair sensitization | Oral tablet                          | Nasal and ocular itching, rhinorrhea,                                     | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Kurohara et al. 1991 | 31 years old, Female | Trichomonal vaginitis              | No history              | Oral tablet                          | Sneezing, and watery eyes                                                 | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Weart et al. 1983    | 32 years old, Female | Vaginitis                           | Tetracycline allergy    | Oral tablet                          | Hives over her entire body, shortness of breath                           | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Tang et al. 2013     | 69 years old, Female | Laparoscopic cholecystectomy        | No history              | Intravenous                          | Arthralgia, myalgia, fever, chills, pruritic rash, leukopenia             | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Kumar et al. 2013    | 67 years old, Male   | Diarrhea                            | History of an itchy, erythematous oval lesion after taking of Metronidazole | Oral tablet                          | Pruritus and erythema                                                     | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Fernández-Jorge et al. 2008 | 45 years old, Female | Rosacea                             | No history              | Intravenous                          | Itchy lesions                                                            | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
| Asensio Sánchez et al. 2008 | 51 years old, Female | Gingivostomatitis                   | No history              | Oral tablet                          | Acute, itchy, vesicular and                                             | Did not required cardiopulmonary resuscitation          | Recovery without sequel               |
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