Characteristics of Liparis loeselii (L.) Rich. populations in selected Natura 2000 areas in eastern Poland

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Abstract In view of the sensitivity of Liparis loeselii to changes in habitat conditions, we carried out a study with the aim to monitor population numbers, identify the individual features of the Liparis loeselii population, analyse habitat conditions, identify threats and propose conservation measures to preserve the species. The investigations were conducted in seven unmanaged objects located in three Natura 2000 areas in eastern Poland. The results of this study provide a new insight into Liparis loeselii ecology. The analysed populations inhabited some habitat types: extremely poor fen, transitional mire, rich fen, calcareous fen, spring-fed fen. The content of nutrients was similar in all the habitats. A CCA analysis revealed that the total carbon content, pH, and redox potential of the substrate determine differences between the habitats analysed. Juvenile individuals represented a maximum of 12% of the analysed populations and were the least abundant group of these plants. The flowering was primarily influenced by hydrological conditions. Based on the long-term observations reported in this article, it can be assumed that the species stands a chance of surviving at the localities analysed, provided that the habitat conditions do not change dramatically.

Keywords biometric traits · Liparis loeselii · protected areas · flowering · threats · mires

Introduction

Liparis loeselii (L.) Rich. (fen orchid) is one of Poland’s rarest plant species, which is why it is subject to strict species protection and requires active conservation. As specified in the Polish Red Data Book of Plants (Kaźmierczakowa and Zarzycki, 2014), the species is assigned category VU (vulnerable species threatened with extinction) and is under strict legal protection with an indication for active conservation (Regulation of the Minister of the Environment of 5, 2014). Liparis loeselii is also protected under the Berne Convention and Habitats Directive. It is a small, 5- to 20-cm high green or yellowish-green perennial (bulbous geophyte). It usually has two (seldom three) opposite, broadly lanceolate or spatulate leaves. The 5- to 20-cm long stem arises from a
pseudo-bulb. The inflorescence contains from 1 to 18 yellowish-white flowers (Szlachetko 2009). Liparis loeselii occurs in North America and Eurasia. Its geographic range covers central and central-eastern Europe and the eastern regions of the USA (McMaster 2001). The species forms islets in the central and western parts of the USA and in Canada. In Europe it grows in Austria, Belgium, Bulgaria, Czechia, France, Germany, the Netherlands, Poland, Switzerland, Romania, Russia, Hungary, Italy, Bosnia and Herzegovina, Slovenia, Norway, and Finland (Baumann et al. 2010, Bzdon and Ciosek 2006, Fardeeva and Shafigullina 2013, Jacquemyn et al. 2005, Jarzombkowski and Pawlikowski 2012, Kucharski 2010, Kooijman et al. 2016, Milanović 2012, Pawlikowski et al. 2013, Szlachetko 2009, Wheeler et al. 1998).

Given its rare occurrence, the species has a status of a critically endangered orchidaceous plant in Poland (Kaźmierczakowa and Zarzycki 2014, Wołęjko et al. 2019). Its localities have typically been reported from the north of Poland (Kucharski 2014, Szlachetko 2009, Zając and Zając 2001). Liparis loeselii is also scattered across the Central Polish Lowlands, in the Polesie region, and across the Uplands (Błońska et al. 2016, Fijałkowski and Izdebski 2002, Kucharski 2010, Pisarczyk 2006, Piwowarski and Przemyski 2012, Szlachetko 2009).

In the last few decades, new Liparis loeselii sites have been found in this region in the Zamość area (Michałczuk and Stachyra 2003), the Lublin Upland [http://natura2000.gdos.gov.pl/wyszukiwarka-n2k; Urban 1999, 2004, 2009, 2013b] and the Łęczysko-Włodawskie Lake District (Urban 2007a, b, 2013a).

Liparis loeselii occurs on groundwater-fed fens, carbonate soils and acidic-spring-fed fens maintained by mineral-poor groundwater, as well as on transitional mires (Jarzombkowski and Pawlikowski 2012, Kucharski 2010, Pillon et al. 2007). The species is mainly associated with phytocoenoses from the class Scheuchzerio-Caricetae nigrae. Most frequently it grows in communities from the order Caricetalia davallianae and sometimes in moss-covered reed associations from the class Phragmitetea. It is less frequently found in patches of the community Cladium mariscus (Megre et al. 2018) and on intermittently wet meadows from the alliance Molinion. It also grows in transitional mire communities and acidic mire communities of the order Scheuchzerietalia palustris (Błońska et al. 2016, Jarzombkowski and Pawlikowski 2012, Kucharski 2010) and less frequently in phytocoenoses resembling communities from the class Oxyccocco-Sphagnetea (Lachacz and Olesiński 2000). The species has been reported from many anthropogenic localities, for example gravel and sand post-excavation pits (Bzdon and Ciosek 2006, Czylok et al. 2008, Molenda 2004, Urban 2009). Liparis loeselii is a pioneer species which grows in the first stage of succession in wet habitats characterized by a variable water table (Roze et al. 2014, Megre et al. 2018).

Liparis loeselii, Liparis loeselii sites in Poland and thus have an impact on the loss of biodiversity. The decline in the population of this species is mainly caused by changes in the quality of habitats brought about by disturbances in water conditions, succession towards scrub- and woody-plant-dominated mires, encroachment of rush species (especially Phragmites australis), changes in mire trophy, and animal pressure (Jarzombkowski and Pawlikowski 2012, McMaster 2001, Wheeler et al. 1998, Naczk and Minasiewicz 2010, Pawlikowski 2004).

In view of the plant's sensitivity to changes in habitat conditions, we carried out a study with the aim to monitor population numbers, identify the individual features of the Liparis loeselii population, analyse habitat conditions, identify threats and propose conservation measures to preserve the species in habitats located in Natura 2000 areas. These areas differ from one another in their protection regime and form of ownership (Treasury and privately owned land), which may affect the possibility of implementing conservation measures for Liparis loeselii there. It should also be added that, for the most part, the investigated localities were new to the region.

**Material and methods**

**Study sites**

The study was conducted at seven Liparis loeselii sites (Fig. 1) located within three Natura 2000 areas. The sites were selected on the basis of the authors' previous research conducted in the years 2000–2013; they included localities that were new to the Lublin region, such as Komaszycy 1 and 2, Pawłów, Bagno Staw and Moszne 2 (Urban 2004, 2007a, b, 2013b), and previously known sites: Splawy and Moszne 1 (data from the Polesie National Park).
In physical-geographical terms, the sites are located in the following macro-regions: Western Polesie (Moszne 1 and 2, Sławy, and Bagno Staw), Volhynian Polesie (Pawlów) and the Lublin Upland (Komaszyce 1 and 2, see Kondracki (2001). The climate of these macro-regions is transitional but has more features of continental climate compared to other regions of Poland. In Western Polesie the average temperature of the hottest month is around 18°C and the average temperature of the coldest month is around −4°C (Kaszewski 2008). The distribution of water-dependent areas (hydrogenic habitats) in this region is typical of the whole of Polesie (Wilgat et al. 1991, Michalczyk et al. 2002). Because the groundwater table is shallow here, the landscape is dominated by vast wetland areas adjoining lakes. Total annual precipitation in Polesie does not exceed 575 mm, and the vegetation period lasts 212 days. (Kaszewski 2008). In (the western part of) Volhynian Polesie the average temperature of the hottest month is around 17°C and the average temperature of the coldest month is around −3°C. The vegetation period lasts up to 214 days. Total annual precipitation is 575 mm (Kaszewski 2008). According to Michalczyk and Wilgat (2008), the south-western part of the Lublin Upland is the region's low pressure trough; it is characterized by a dense network of water courses and the presence of valley mires.

Investigations of the local *Liparis loeselii* populations were carried out in the second half of July or the first half of August, depending on the flowering and fruiting peaks, in the years 2013–2015. The analyses were always performed at the same *Liparis loeselii* sites. No work was carried out in the Pawłów locality in 2013, and the Moszne 2 population was only discovered in 2014.

**Data analysis**

Phytosociological relevés were recorded using the Braun-Blanquet method (1964). The phytosociological
classification and nomenclature of the plant communities were based on a paper by Matuszkiewicz (2008). The nomenclature of vascular plants was adopted from Mirek et al. (2002) and that of bryophytes followed Ochyra et al. (2003). Ecological mire types occurring on the tested objects are given according to Kotowski et al. (2017).

During Liparis loeselii flowering and fruiting periods, the water levels were measured and soil samples were taken at the investigated sites. In the years 2013–2015, in mid-July and mid-August, the water level from bedrock to water table was measured using piezometers (one piezometer per site). Also, climatic data, such as average air temperature and average precipitation at the study sites, were taken into account. The data were obtained from the weather service of the Polish Institute of Meteorology and Water Management – National Research Institute, IMGW-PIB (www.imgw.pl).

Soil was sampled (every year in mid-July) from a 0–20 cm deep layer near the Liparis loeselii sites, and pH reaction, redox potential (Eh) and electrical conductivity (EC) were measured using the potentiometric method. Total carbon (TC), organic carbon (TOC) and inorganic carbon (IC) contents were determined with an SSM-5000A module (Shimadzu, Japan) using a TOC-VCSH analyser. The contents of nitrogen (N) and phosphorus (P) in mire extracts were measured using AA3 (Braun+Luebbe, Germany). To determine the calcium (Ca) content, solid samples were mineralized and analysed using atomic absorption spectrometry with excitation in an acetylene-air flame. Means of soil analysis results for transitional mires. They were characterized by acidic potential indicative of the dominance of anaerobic processes, calcium content below 25.6 g·kg\(^{-1}\), and an

Results

The floristic analyses revealed differences in habitat physiognomy. On the right side of the ordination diagram (Fig. 2) are species characteristic of extremely poor fen and transitional mires, for example Drosera rotundifolia, Sphagnum fallax, Oxycoccus palustris and Sphagnum cuspidatum (Moszne 1, 2 and Sławy). The middle of the diagram is occupied by populations dominated by species typical of areas with a neutral or alkaline pH reaction, for example Carex davalliana, Schoenus ferrugineus and Drepanocladus aduncus (Bagno Sław, Komaszycy 1, 2, Pawłów).

Habitats

Among the objects analysed, two groups of habitats were identified, associated with different types of mires. The first group consisted of the Moszne 1, Moszne 2, and Sławy sites, which are extremely poor fen and transitional mires. They were characterized by acidic reaction (pH from 4.06 to 4.61), which had a redox potential indicative of the dominance of anaerobic processes, calcium content below 25.6 g·kg\(^{-1}\), and an

of shading assessment of Liparis loeselii was used: 1 – no shading, 2 – weak (few herbaceous species on the surface with 1–25% density), 3 – moderate (herbaceous plants and shrubs, 26–50% density), 4 – strong (herbaceous plants and shrubs, 51–75% density), 5 – very strong (herbaceous plants and shrubs, 76–100% density).

Pearson’s correlation was used to determine the relationship between the number of Liparis loeselii individuals, climatic data and location. When the data did not have a normal distribution, they were normalized by log\(_{10}\). When the data could not be normalized, a non-parametric Spearman correlation test was used. Canonical correspondence analysis (CCA), using CANOCO for Windows 4.5 (Lepš and Šmilauer 2003), was performed to examine the correlation between species composition and environmental variables. Then, the marginal and conditional effects of each of the environmental variables on flora composition were examined. The effect of the first canonical axis was tested using a permutation test; the Monte Carlo test was carried out with 499 permutations (Ter Braak and Prentice, 1988; Ter Braak and Šmilauer, 2002; Piemik 2008).

Five-point scale
organic carbon content in the range of 42.4–55.8%. The second group included the Komaszyce 1, Komaszyce 2, Bagno Staw and Pawłów – rich fen, calcareous fen and spring-fed fen (pH range of 6.48–6.94), the redox potential values in this group indicated the predominance of aerobic processes; the calcium content ranged from 92.5 to 116.2 g·kg⁻¹, and the organic carbon content was in the range of 17.4–32.2%. The content of nutrients (nitrogen and potassium) was similarly low in all the habitats.

CCA showed that the factors that had a large effect on the diversity of the habitats were total organic carbon content (TC), pH and the redox potential of soil; the first ordination axis explained as much as 57.3% of total variation. The second ordination axis, representing trophy indicators, explained 33.8% of the total variation (Fig. 2). The results of the statistical test are presented in Table 2.

### Table 1 Characteristics of Liparis loeselii localities analysed

| Locality / geographic coordinates | Surface area of the locality [m²] | Communities | Form of protection |
|----------------------------------|-----------------------------------|-------------|-------------------|
| Komaszyce 1, rich fen; old and overgrown post-excavation pits 51°06′50″ N, 22°05′02″ E | 1,000 | Caricetum acutiformis SAUER 1937, Caricetum appropinquatae (KOCH 1926) SOÓ 1938, Caricetum rostratae RÜBEL 1912, Caricetum lasiocarpae KOCH 1926, assotiation Menanthes trifoliata Phragmitetum australis (GAMS 1927) SCHMALE 1939, Caricetum acutiformis SAUER 1937, Caricetum appropinquatae KOCH 1926) SOÓ 1938, Caricetum rostratae RÜBEL 1912 | Natura 2000 area Komaszyce PLH060063, Chodel Protected Landscape Area |
| Komaszyce 2, rich fen; old and gyttja-filled post-excavation pits 51°07′18″ N, 22°04′15″ E | 200 | Phragmitetum australis (GAMS 1927) SCHMALE 1939, Caricetum acutiformis SAUER 1937, Caricetum appropinquatae KOCH 1926) SOÓ 1938, Caricetum rostratae RÜBEL 1912 | Natura 2000 area Komaszyce PLH060063, Chodel Protected Landscape Area |
| Moszne 1, extremely poor fen 51°27′38″ N, 23°06′59″ E | 8 | Sphagno-Caricetum rostratae (STEFFEN 1931) SML | Natura 2000 area Ostoja Poleska PLH060013, Poleski National Park |
| Moszne 2, extremely poor fen 51°27′44″ N, 23°07′03″ E | 44 | Caricetum appropinquatae (KOCH 1926) SOÓ 1938, | Natura 2000 area Ostoja Poleska PLH060013, Poleski National Park |
| Spławy, transitional mire 51°08′20″ N, 23°06′24″ E | 59 | Caricetum appropinquatae (KOCH 1926) SOÓ 1938, Sphagno-Caricetum rostratae (STEFFEN 1931) SML 1947 | Natura 2000 area Ostoja Poleska PLH060013, Poleski National Park |
| Bagno Staw, calcareous fen/51°20′10″ N, 22°19′54″ E | 7 | Caricetum davallianae DUTOIT 1924 em. GÖRS 1963, Caricetum acutiformes SAUER 1937 | Natura 2000 area Ostoja Poleska PLH060013, Poleski National Park |
| Pawłów, spring-fed fen/51°08′25″ N, 23°13′58″ E | 24 | Caricetum lasiocarpae KOCH 1926, Caricetum davallianae DUTOIT 1924 em. GÖRS 1963 | Natura 2000 area Pawłów PLH060065, Pawłów Protected Landscape Area |

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### Hydrological conditions

Fluctuations in groundwater level were observed at the localities analysed (Table 3). In 2013, Bagno Staw was the only locality at which the water table was below the mire surface (at a depth of 10 cm). In 2014, a water table below the mire surface was observed in Pawłów and Bagno Staw (at a depth of 5–10 cm), with water in the other localities persisting on the surface. Komaszyce 1 was the only site in which the groundwater level was above the mire surface (5 cm on average). The year 2015 was the least favourable in terms of hydrology (piezometer readings 5–10 cm below the mire surface). Surface water was only observed in Moszne 1 and 2.

Probably, the fluctuations in groundwater level at the study sites were associated with the high average air...
temperature (22°C) and low monthly precipitation, as indicated by the high correlation values (Table 4).

The number of individuals in all the populations was correlated positively ($R = 0.84$) with average monthly precipitation and weakly negatively correlated ($R = -0.27$) with average monthly temperature (Table 4).

Analysis of individual traits

The age structure of the populations in 2013 was dominated by generative individuals, which represented 53% of all investigated Liparis loeselii plants, whereas vegetative individuals dominated in 2014 and 2015 and constituted 55% and 54% of the total population, respectively. Juvenile individuals were the least abundant and accounted for a maximum of 12% of the populations analysed. Flowering individuals dominated slightly (55%) in 2013 whereas non-flowering plants constituted a majority in 2014 and 2015 – 67 and 62%, respectively (Table 5).

The morphological traits of the plants in the populations analysed varied across time and location (Table 6). The individuals usually had from two to four leaves, with most of them having two leaves. The average length of the largest leaf ranged from 1.2 to 22.0 cm.
The average maximum and minimum width of the largest leaf in all the individuals analysed was 0.2 and 3.9 cm, respectively. The average maximum stem height was 28.9 cm and the average minimum height was 2.4 cm. The inflorescence was composed of a maximum of 18 flowers and a minimum of one flower; most frequently there were three flowers.

In the years 2013–2015, the largest mean number of flowering individuals (193) was noted at Komaszyce 1 and the lowest (23) at Bagno Staw. Non-flowering individuals predominated. This group was represented by 514 individuals in Splawy, which was also characterized by the occurrence of the tallest individuals (mean for the three years = 14.38 cm) with the longest inflorescences (mean = 5.50 cm) and the largest number of flowers (mean = 6.33) and fruits (mean = 3.98). In terms of the analysed biometric traits, the Moszne 1 population was outstanding, as it was characterized by the lowest values of these parameters (Table 6). Shady sites (especially Komaszyce 1, 2, Pawłów and Splawy) with more numerous trees, shrubs or herbaceous plants were characterized by the occurrence of Liparis loeselii individuals with longer leaves and the greatest number of flowers and fruits (Tables 3 and 6).

Table 4 Correlations between the precipitation rates, temperature and number of Liparis loeselii plants in 2013–2015 (N = 88, linear; R, * – P ≤ 0.05; ** – P ≤ 0.01; *** – P ≤ 0.001); WL – water level

|          | Temperature [°C] | Precipitation [mm] | WL [cm] |
|----------|------------------|--------------------|---------|
| Number of individuals | −0.27* | 0.84*** | 0.72*** |
| Temperature | −0.75*** | 0.94*** | 0.69*** |
| Precipitation |                |                    |         |

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Table 5 Age structure of the analysed Liparis loeselii populations in 2013–2015; LD – lack of data

| Year | Age structure | Komaszyce 1 | Komaszyce 2 | Moszne 1 | Moszne 2 | Splawy | Bagno Staw | Pawłów |
|------|---------------|-------------|-------------|----------|----------|--------|------------|--------|
| 2013 | juvenile      | 0           | 0           | 0        | LD       | 29     | 1          | LD     |
|      | vegetative    | 0           | 0           | 33       | LD       | 99     | 12         | LD     |
|      | generative    | 99          | 53          | 19       | LD       | 25     | 4          | LD     |
| 2014 | juvenile      | 9           | 18          | 9        | 7        | 42     | 2          | 19     |
|      | vegetative    | 62          | 133         | 57       | 11       | 164    | 9          | 48     |
|      | generative    | 56          | 89          | 17       | 31       | 46     | 12         | 41     |
| 2015 | juvenile      | 6           | 0           | 1        | 3        | 29     | 2          | 8      |
|      | vegetative    | 34          | 28          | 43       | 13       | 151    | 3          | 34     |
|      | generative    | 38          | 25          | 17       | 35       | 59     | 7          | 34     |

Discussion

Population size and flowering

The number of Liparis loeselii individuals in the localities analysed in 2013–2015 varied, ranging from several to several hundred individuals. The Splawy population exhibited the most stable high abundance, which may have been associated with the favourable hydrological and light conditions, as the individuals of this population inhabited exposed surfaces along a nature path (wooden bridge). The Moszne 1 and 2 populations also seemed to be stable in terms of abundance, although they were less numerous. A strong impact of weather conditions (water level, precipitation and temperature) on plant abundance was evident in the Bagno Staw population, which was the least numerous of all the seven populations studied. This is in line with the findings of McMaster (2001), who reports that the population size of Liparis loeselii depends on environmental conditions prevailing during the year as well as the pressure exerted by herbivores (mammals and insects).

Orchids are irregularly flowering plants. In so-called ‘orchid years’, massive flowering can be observed, whereas in other years there are substantially fewer flowering individuals (Tamm 1972). Wells et al. (1998) have found that weather conditions (precipitation, temperature) are the limiting factors. It is also known that plants prepare for flowering already at the beginning of the growing season or in the previous season (Leeson et al. 1991). Therefore, flowering is also determined by habitat conditions and the amount of energy stored by the plant. Kindlmann and Balounova (2001) mention additional factors, namely browsing by herbivores (mammals, insects) and the mode of management. Our investigations...
It has been demonstrated that even short periods in which the water level (5 cm above the mire surface) was increased induced a decrease of the number of flowering individuals by 60% in the Komaszyc 2 population, the number of flowering individuals declined by 60% after the water level had increased in this locality. A negative effect of an increase in the water level (5 cm above the mire surface) was noted in the north-western part of the Komaszycy 1 site. It has been demonstrated that even short periods in which the water level increased induced a decrease of the number of flowering individuals by 60% in the Komaszyc 2 population, the number of flowering individuals declined by 60% after the water level had increased in this locality. A negative effect of an increase in the water level (5 cm above the mire surface) was noted in the north-western part of the Komaszycy 1 site. It has been demonstrated that even short periods in which

### Table 6 Biometric traits of *Liparis loeselii* plants at the localities analysed (*P* < 0.05)

| Biometric trait | HGT | LIN | NFL | NFR | LLL | WLL |
|-----------------|-----|-----|-----|-----|-----|-----|
| **Locality**    | Year | [cm] | [cm] | [number] | [number] | [cm] | [cm] |
| Komaszycy 1     | 2013 | 14.03 | 4.21 | 4.28* | 4.12* | 10.68* | 1.79 |
| mean min-max     |      | 7.024.0 | 1.0–10.0 | 1.0–11.0 | 1.0–10.0 | 4.6–19.0 | 0.5–3.0 |
| Komaszycy 2     | 2013 | 12.48 | 4.04 | 4.68* | 4.30* | 8.58* | 1.44 |
| mean min-max     |      | 7.0–21.0 | 1.0–9.0 | 1.0–14.0 | 1.0–13.0 | 4.0–15.0 | 0.7–2.5 |
| Moszne 1        | 2013 | 11.96* | 3.01 | 0.52 | 0.40 | 7.13 | 1.28 |
| mean min-max     |      | 6.3–17.7 | 0.7–5.2 | 1.0–8.0 | 0–6.0 | 1.8–20.0 | 0.7–2.5 |
| Moszne 2        | 2013 | 12.86 | 3.97 | 2.15 | 0.92 | 7.40 | 1.57* |
| mean min-max     |      | 5.7–25.5 | 0.9–11.0 | 1.0–4.0 | 0–10.0 | 2.0–18.8 | 0.5–2.8 |
| Bagno Staw      | 2013 | 14.16* | 4.33* | 3.06 | 1.62 | 7.63 | 1.33 |
| mean min-max     |      | 9.6–23.3 | 1.5–9.0 | 0–15.0 | 0–9.0 | 2.0–17.8 | 0.3–2.8 |
| Spławy          | 2013 | 11.5* | 3.06 | 1.15* | 0.00 | 7.25 | 1.29 |
| mean min-max     |      | 2.4–27.0 | 0.8–6.0 | 1.0–9.0 | 0–0 | 1.0–15.5 | 0.2–2.4 |
| Pawłów          | 2013 | 11.21* | 3.44 | 2.02 | 0.60 | 7.10 | 1.33 |
| mean min-max     |      | 8.6–20.0 | 0–10.4 | 0–11.0 | 0–6.0 | 1.8–12.5 | 0.2–2.2 |

HGT – height of the plant, LIN – length of the inflorescence, NFL – number of flowers, NFR – number of fruits, LLL – length of the longest leaf, WLL – width of the longest leaf.
the water table declines or rises may inhibit flowering, resulting in the presence of plants in the vegetative stage only (Jersakova and Kinndlman 2004).

Habitat

The present investigations show that the environmental parameters measured in the study, describing the habitat of Liparis loeselii (TC, pH, Eh, EC, P, N, Ca), explain a large proportion of population variability (57.3%). The other part of the variability can be explained by the water level, weather conditions, availability of light, mode of management, impact of herbivores and the biology of the species, that is, its ephemeral nature. Similar relationships have been observed by other authors (McMaster 2001; Roze et al. 2014).

The CCA analysis distinguished two groups in the investigated populations. The first group preferred acidic habitats and the second alkaline ones. The former was more abundant and was characterized by the presence of taller individuals producing a greater number of flowers and fruits in comparison with the latter. Voss (1972) reported the presence of taller individuals with a greater number of flowers in wet habitats and shorter plants in drier habitats. This author also reported that plants growing in exposed sites had leaf lengths of up to 22 cm whereas plants which inhabited shaded areas had longer leaves up to 30 cm long (Voss 1972). Our investigations confirm this dependence, as the tallest individuals with the greatest number of flowers and fruits were found in shaded sites.

Threats and conservation measures

The existing threats to the investigated sites of Liparis loeselii include disturbances of hydrological conditions (both lowering of the water level and flooding of mires), as well as succession of scrub communities and encroachment of herbaceous and rush species caused by the abandonment of cutting on meadows. No agricultural activity was observed in the habitats analysed.

The investigated populations of Liparis loeselii are threatened or potentially threatened by wild boar rooting. This especially concerns plants growing on fens (Komaszycze 1 and 2, Pawłów, Bagno Staw) under low water level conditions. When the soil has a high moisture content, the places where soil has been rooted and exposed become a potential habitat for this species. Extremely poor fen sites (Moszne 1) are threatened by beavers. These animals destroy habitats of Liparis loeselii by digging channels on their edges to facilitate transport of felled tree branches. At the same time, the surroundings of these channels (exposed surfaces without Sphagnum spp. and other species) can be potential germination sites for Liparis loeselii. This is confirmed by Rolfsmeier (cited by Jarzombkowski and Pawlikowski 2012), who also believes that the fen orchid is threatened by the disappearance of germination sites even in places with good hydrological conditions where appropriate fungi are growing (Illyés 2003).

In addition, changes in climatic conditions that affect the hydrological conditions of mires are an important present and potential threat to the population of Liparis loeselii. The effects of these changes were particularly prominent during the very dry and warm summer of 2015 in the case of the populations of Komaszycze 1 and 2. At that time, the population of Liparis loeselii was reduced by almost half compared to the previous year. Therefore, extremely poor fen and transitional mires are more suitable for occurring of Liparis loeselii populations because the water levels are more stable. Other potential threats include peat extraction and pond digging as well as afforestation of areas of occurrence of the species or their vicinity (Komaszycze 1 and 2, Pawłów).

To preserve and protect this species, measures should be taken to maintain natural succession and favourable water conditions in the orchid’s habitats. Succession (Błońska et al. 2016) in the analysed localities can be prevented by eliminating tree and shrub (Salix sp., Betula sp.) undergrowth, mowing Phragmites australis, and removing dead organic matter and biomass outside the habitat to improve the light conditions and promote the dispersal of Liparis loeselii seeds. These activities, which have been undertaken in some fen orchid sites in the Polesie National Park, have been reported to bring positive results. Therefore, it seems reasonable to implement this strategy in the other localities. Taking into account the annual life cycle of the species, ‘clearing’ activities should be performed in February and March (Roze et al. 2014).

The limited water supply from the Liparis loeselii sites seems to be the most important mechanism determining the occurrence and flowering of this species. Water-upwelling through the construction of dams in the Polesie National Park is bringing measurable effects by creating stable hydrological conditions for Liparis loeselii despite the high air temperatures and low precipitation recorded in recent years.
The size of *Liparis loeselii* populations depends on environmental conditions prevailing during the year as well as the pressure exerted by herbivores and invertebrates (McMaster 2001). In the populations investigated in this study, only a few cases of leaf or inflorescence damage were noted.

All analysed populations of *Liparis loeselii* are located in Natura 2000 areas, but active conservation measures are implemented mainly in the Poleski National Park. For other areas, which are privately owned land, implementation of conservation measures is non-obligatory. Conservation can be accomplished through the purchase of land from the owners, providing financial support to them (an agri-environmental programme and other subsidies) and educational programmes.

The results of research are local, but they can be useful for the protection and preservation of this rare species in Poland.

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**Data accessibility** The original data is stored in the Institute of Soil Science and Environmental Engineering and Management, Department of Biological Bases of Forestry, University of Life Sciences in Lublin, Leszczyńskiiego 7, 20-069 Lublin, Poland.

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