Semi-automated analysis of infarct heterogeneity on DE-MRI using graph cuts

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Background
Two popular methods for determining the threshold values for the infarct core and gray zone on delayed enhancement MR images (DE-MRI) have been proposed previously: full width and half maximum (FWHM) and standard deviation (SD) methods [1]. Major limitations of these methods are: 1) three manually drawn contours are needed for endocardial, epicardial and remote myocardium boundaries, which is time consuming and suffers from inter-observer and intra-observer variability; 2) the difficulty in reproducible manual delineation of remote myocardium, is an important contributor to variability in results; and 3) the dependence on the remote region statistics is problematic due to the low SNR of this region [2]. The purpose of this research was to develop a novel algorithm for segmentation of infarct core and gray zone from conventional IR-GRE short-axis MR images with highly robust and reproducible results comparable to the FWHM analysis while eliminating the requirement for drawing a remote myocardial region.

Methods
Eleven male patients (age: 63.5±11.8 yr) with known CAD and evidence of LGE and chronic MI had cardiac IR-GRE MR scans with full left ventricle (LV) coverage (7-13 slices). MR imaging was performed on a 1.5 T scanner (CV/i, GE Healthcare) using an 8-channel cardiac coil. DE-MRI was started 10 min after the injection of 0.2 mmol/kg of Gd-DTPA (Magnevist, Berlex). First, the endocardial and epicardial contours were generated from the corresponding SSFP images automatically [3] with papillary muscles included. (42%(54/136) of the contours need manual adjustment. Next, the graph cuts algorithm [4] was used to segment the infarct: 1) a two-classes Gaussian Mixture Model (GMM) was created for the myocardial ROI, determined by the endocardial and epicardial contours; 2) each pixel was assigned to the most likely Gaussian component; and 3) a graph was built and the graph cut algorithm finds the optimum classification of healthy and infarcted myocardium. Finally, the segmented infarct is separated into infarct core and gray zone using a threshold of half the maximal signal within the segmented infarct (Fig. 1). Linear regression analysis and Bland-Altman plots were used to compare the FWHM method (requiring manual ROIs for LV and remote myocardium) and our method (Fig. 2).

Results
There were excellent correlations of the infarct size (infarct core 1: R² = 0.99; gray zone: R² = 0.95) derived from our graph cuts method and the manual FWHM method. The Bland-Altman analysis indicated that there was a small overestimation bias (infarct core: 0.17 g; gray zone: 0.68 g) with limits of agreement of ± 1.40 g (infarct core) and ± 4.27 g (gray zone). This variability is small relative to the reported range of gray zone masses (20 +/- 13 g, N=91 [2]).

Conclusions
The results for the proposed semi-automated segmentation technique indicate that it will streamline accurate quantification of myocardial infarct on IR-GRE MR infarct images in clinical practice.

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Figure 1 Infarct core and gray zone segmented with graph cuts compared with FWHM methods. A: Automated epicardial (red), endocardial (green) and remote myocardium (yellow). B: ROI Image. C: Infarct core (red) and gray zone (yellow) segmented with graph cuts (without remote myocardium). D: Infarct core (red) and gray zone (yellow) segmented with FWHM.

Figure 2 Linear regression between graph cuts and FWHM calculation of infarct mass for infarct core (A) and gray zone (B). Bland-Altman plots comparing graph cuts and FWHM calculations of infarct core (C) and gray zone (D). The horizontal solid line is bias, and dashed lines are the limits of agreement (+/- 1.96 SD).
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