IS MULTI-TASK LEARNING AN UPPER BOUND FOR CONTINUAL LEARNING?

Zihao Wu\textsuperscript{1}, Huy Tran\textsuperscript{1}, Hamed Pirsiavash\textsuperscript{2}, and Soheil Kolouri\textsuperscript{1}

\textsuperscript{1}: Department of Computer Science, Vanderbilt University, Nashville, TN, 
\textsuperscript{2}: Department of Computer Science, University of California, Davis, CA

ABSTRACT

Continual learning and multi-task learning are commonly used machine learning techniques for learning from multiple tasks. However, existing literature assumes multi-task learning as a reasonable performance upper bound for various continual learning algorithms, without rigorous justification. Additionally, in a multi-task setting, a small subset of tasks may behave as adversarial tasks, negatively impacting overall learning performance. On the other hand, continual learning approaches can avoid the negative impact of adversarial tasks and maintain performance on the remaining tasks, resulting in better performance than multi-task learning. This paper introduces a novel continual self-supervised learning approach, where each task involves learning an invariant representation for a specific class of data augmentations. We demonstrate that this approach results in naturally contradicting tasks and that, in this setting, continual learning often outperforms multi-task learning on benchmark datasets, including MNIST, CIFAR-10, and CIFAR-100.

Index Terms— Continual Learning, Multi-Task Learning, Self Supervised Learning

1. INTRODUCTION

Modern Machine Learning (ML) is rapidly moving away from single-task experts towards foundational models that can generalize to multiple tasks. Multi-task and continual learning are the two commonly used paradigms in machine learning when learning from a multitude of tasks. Multi-task learning (MTL) assumes simultaneous access to independent and identically distributed (i.i.d) samples from the joint distribution over all tasks and trains the ML model on this joint distribution. However, in many practical settings, e.g., autonomous driving, one deals with an input data stream and joint training on the ever-growing data and its ever-changing distribution poses a major challenge to MTL. In contrast, continual learning (CL) assumes that the ML model can only have access to one task at a time and learns them sequentially. We note that, appropriately, MTL is sometimes referred to as joint training, while CL is referred to as sequential/incremental training. A dire consequence of not having access to i.i.d. samples from the joint distribution in CL is the catastrophic forgetting phenomenon, which refers to the loss of performance on previous tasks while learning new ones.

The research community has recently proposed a plethora of approaches for overcoming catastrophic forgetting in the continual learning of deep neural networks. One can broadly categorize these methods into: 1) regularization-based approaches that penalize large changes to important parameters of previous tasks [1, 2, 3, 4, 5], and 2) memory replay and rehearsal-based approaches [6, 7, 8, 9], and 3) architectural methods that rely on model expansion, parameter isolation, and masking [10, 11, 12, 13]. Others have studied brain-inspired mechanisms [14] that allow for continual learning in mammalian brains and how to leverage them for continual machine learning. Interestingly, in nearly all existing approaches, the common baselines are MTL (i.e., joint training) as an upper bound and naive sequential training, leading to catastrophic forgetting, as a lower bound.

In this paper, we argue that MTL, while being a valuable baseline, is not necessarily an upper bound for CL. We observe that interference in learning is not unique to the CL framework and can happen in MTL. For instance, adversarial examples/tasks, whether optimized or occurring naturally, could significantly reduce the performance of a multi-task learner during training. While CL methods that overcome catastrophic forgetting could avoid the performance drop caused by such adversarial examples/tasks in favor of preserving the performance on non-adversarial examples/tasks. Notably, one can argue that this effect does not happen in non-adversarial settings, as evident in the results on most CL benchmark problems indicating MTL as an upper bound for CL; hence, it could be of limited interest to the community. In response to this criticism, we show that our observation is not unique to adversarial settings and can naturally happen in CL. We introduce the continual learning of augmentation invariant representations as a continual self-supervised learning (SSL) problem. We show that, in this setting, CL often outperforms its MTL counterpart on various benchmark datasets, including MNIST, CIFAR10, and CIFAR100.

This work was supported by the Defense Advanced Research Projects Agency (DARPA) under Contract No. HR00112190135.
2. RELATED WORK

Self Supervised Learning (SSL) has become the dominant paradigm in unsupervised learning of visual representations. State-of-the-art SSL algorithms share the underlying theme of learning representations that are invariant to input augmentations (i.e., distortions of input images). These methods can be generally categorized into contrastive and non-contrastive approaches. Contrastive learning algorithms encourage similar embeddings for different augmentations of the same image while distancing embeddings from other images (i.e., the negative samples). Non-contrastive methods, on the other hand, remove the need for explicit negative samples, and only enforce similar embeddings for different augmentations of positive samples. In this paper, we utilize Barlow Twins [15], a non-contrastive SSL algorithm that relies on redundancy reduction, as our core SSL algorithm.

Continual Learning (CL) concerns learning ML models from non-stationary input data streams. The majority of existing research in the literature focuses on overcoming catastrophic forgetting in data, class, or domain incremental learning settings [16]. Notably, the standard benchmarks in the CL literature consider supervised continual learning, while the CL setting is better suited for learning from unlabeled data. Recently, there have been several works that focus on continual self-supervised learning [17, 18, 19], which hold promise for the next generation of CL algorithms. In this paper, we leverage the CaSSL framework [19] for continual SSL. In contrast to the existing works in the literature, however, we do not consider incremental learning of classes or domains as our tasks. We observe that the choice of augmentation used for learning invariant representations in SSL changes the input distribution of a CL model. Hence, we treat each type of augmentation as a task and continually train an SSL model on these tasks/augmentations. In other words, we incrementally learn invariant representations to different types of input augmentations. We show that in incremental invariant representation learning, MTL’s performance is inferior to CL approaches.

Lastly, there are emerging works providing connections between MTL and CL methods, e.g., Mirzadeh et al. [20], which relate the solutions of multitask and continual learning. Such approaches, however, show these connections on standard CL benchmark datasets for which MTL provides an “upper bound” for CL. Our work encourages the research community to consider alternative learning settings in which MTL is not an upper bound for CL.

3. METHOD

Let $X = \{x_i\}_{i=1}^n$ denote a batch of images sampled from the dataset, $T_t$ denote the distribution of image augmentation for the $t$’th task (e.g., cropping), and $f_t$ denote the deep SSL model consisting of a backbone and a projection head. At task $t$, two distorted views of the input batch are generated as $Y^A = \{y^A_i = T^A_t(x_i)\}_{i=1}^n$ and $Y^B = \{y^B_i = T^B_t(x_i)\}_{i=1}^n$, where $T^A_t, T^B_t \sim T_t$ for $\forall i$. The distorted batches are then fed to the function $f_t$ to produce batches of d-dimensional embeddings $Z^A, Z^B \in \mathbb{R}^{d \times d}$ (we use $Z^A = f_t(Y^A)$, and $Z^B = f_t(Y^B)$). We adopt the Barlow Twins framework [15] and enforce the cross correlation between $Z^A$ and $Z^B$ to be close to the identity matrix, simultaneously enforcing invariant representations, redundancy reduction, and information accumulation.

![Fig. 1. While learning Task t, we first generate two views, $Y^A$ and $Y^B$, of the input batch of images, $X$, based on augmentations sampled from $T_t$, and embed them via the current model, $f_t$, leading to $Z^A = f_t(Y^A)$ and $Z^B = f_t(Y^B)$, and the previous model $f_{t-1}$ (frozen) leading to $\hat{Z}^A = f_{t-1}(Y^A)$ and $\hat{Z}^B = f_{t-1}(Y^B)$. We then predict the embedding of the previous model using the current embedding via a past predictor model, $g$, leading to $\hat{Z}^A = g(Z^A)$ and $\hat{Z}^B = g(Z^B)$. Lastly, we enforce the correlation matrices between: 1) $Z^A$ and $Z^B$, 2) $\hat{Z}^A$ and $Z^A$, and 3) $\hat{Z}^B$ and $Z^B$ to be close to the identity matrix, simultaneously enforcing invariant representations, redundancy reduction, and information accumulation.](image)

\[ \mathcal{L}_{BT}(Z^A, Z^B) \triangleq \sum_i (1 - C_{ii})^2 + \lambda \sum_{i,j \neq i} C_{ij}^2 \]  

where the first term enforces invariance to augmentation, the second term enforces redundancy reduction, $\lambda$ is a positive regularization coefficient that quantifies the relative importance of each term, and $C \in \mathbb{R}^{d \times d}$ is the cross correlation matrix along the batch dimension.

In our continual self-supervised learning setting, the input data is fixed and the tasks are formed by changing the distribution of data augmentations. In short, we use a set of $T$ unique types of augmentations, $\{T_t\}_{t=1}^T$, e.g., cropping, jittering, Gaussian noise, etc., and incrementally learn invariant representations to these augmentations, only using augmentation $T_{t}$ when learning the $t$’th task.

To avoid catastrophic forgetting, we use the CaSSL framework [19], which is designed for continual SSL. Similar to distillation-based approaches in CL, CaSSL carries a
frozen copy of the model trained on the previous task, \( f_{t-1} \). However, unlike distillation-based approaches that require representations not to change while training the new model, CaSSLe requires the output of the new model to be predictive of the old model (i.e., no information should be lost). Formally, for Task \( t \), let \( \bar{Z}^A = f_{t-1}(Y^A) \) and \( \bar{Z}^B = f_{t-1}(Y^B) \) be the outputs of the old model on different views of the images augmented with \( T_t \). Let \( g : R^d \rightarrow R^d \) denote a past prediction model that is to predict the output of the previous model from the output of the current model, and let \( \hat{Z}^A = g(Z^A) \) denote the prediction of past embedding. Then, CaSSLe uses the following loss:

\[
L = L_{\text{SSL}}(Z^A, Z^B) + \gamma (L_{\text{BT}}(\hat{Z}^A, \bar{Z}^A) + L_{\text{BT}}(\hat{Z}^B, \bar{Z}^B))
\]

(2)

where the first term is the SSL loss, while the second and third terms are the distillation terms enforcing no information loss during continual training of the SSL model, and \( \gamma \) is the distillation weight. Figure 1 depicts the architecture of CaSSLe used in our work.

### 4. NUMERICAL EXPERIMENTS

#### 4.1. Experimental Setup

Our goal is to incrementally learn invariant representations for different types of augmentations, in a continual SSL setting. We demonstrate our approach on three benchmark datasets, namely CIFAR-10, CIFAR-100, and MNIST. For each dataset, we select five types of augmentations to create a CL experiment with five tasks. For each dataset, each augmentation is treated as a task in the task sequence for training our models. For CIFAR-10/100 we select cropping, flipping, jittering, adding Gaussian noises, gray scaling, while for MNIST we select cropping, perspective shifting, affine shifting, rotation, and adding Gaussian noise. Note that order of tasks, i.e., the curriculum, matters for our continual learner. Thus, we generate five random curricula for CIFAR-10/100 and another set of five random curricula for MNIST. These curricula are shown in Table 1.

#### 4.2. Training Details

For our model architecture, \( f \) in Figure 1, we utilize ResNet18 as our backbone along with a projector network that has three linear layers, each with 2048 output units. For the past prediction module, \( g \), we use two linear layers, each with 2048 output units. All these linear layers except the output layer are followed by a batch normalization layer and rectified linear units. We train the model with a batch size of 256 using the Adam optimizer [21], distillation weight of \( \gamma = 0.5 \), the Barlow Twins regularization coefficient of \( \lambda = 0.005 \), and a fixed learning rate of \( 5e^{-4} \) for all three datasets. We train the models for 100 epochs/task for CIFAR-10/100 and 50 epochs/task for MNIST. We randomly split five percent of each training set as validation set.

#### 4.3. Evaluation Details

We follow the common practice in SSL and evaluate the trained models via a linear head. In short, for each dataset, we train a linear classifier on top of the fixed representations of our self-supervised ResNet18, and report the classification accuracy. We perform linear evaluation at the end of learning each task. As the baseline, we report the MTL performance on the same number of tasks (jointly trained) trained over an equivalent number of epochs to the continual learner (i.e., for a sequence of five tasks trained on MNIST, MTL is trained on 250 epochs). We repeat each experiment five times and report the average performance throughout our Results section.

#### 4.4. Results

We start by quantifying the contribution of each individual augmentation to SSL on the three datasets. We train our model using the Barlow Twins loss using only one type of augmentation, and report the linear evaluations averaged over
negative transfer. As can be seen, MTL suffers from higher drop for MTL and CL. Table 4 shows the calculated average drop from calculate the number of times when there is a performance drop for MTL and CL for all datasets and over all curricula. Briefly, we perform MTL and jointly train the model on the augmentations. At the end of each task, we perform linear evaluation. For comparison, we perform MTL and jointly train the model on the augmentations. We repeat each experiment five times and report the average performance for all datasets, for all curricula, and for both CL and MTL in Table 3. Note that, CL and MTL are identical when learning from a single task. Our results indicate that MTL is no longer an upper bound for CL, and in fact, CL more consistently results in better or comparable performance to that of MTL.

We point out that learning invariant representations introduces naturally adversarial tasks. For instance, for CIFAR-10, SSL with \( A_1 \) for Curriculum 1 (Crop) results in a \( 53.60 \) linear evaluation performance, while joint training with \( A_1 \) and \( A_2 \) (Flip) results in \( 50.52 \), which means that there is negative transfer between the two tasks (i.e., the tasks are naturally adversarial to one another). Interestingly, CL also suffers from a performance drop but the effect is less severe, from \( 53.60 \) to \( 52.62 \). This phenomenon happens many times throughout our experiment, as it is evident in Table 3.

Lastly, we calculate the average negative transfer for MTL and CL for all datasets and over all curricula. Briefly, we calculate the number of times when there is a performance drop from \( A_{i,t} \) to \( A_{i,t+1} \) and report the average performance drop for MTL and CL. Table 4 shows the calculated average negative transfer. As can be seen, MTL suffers from higher performance drop compared to CL on all datasets.

| Task Sequence | Curriculum 1 MTL | Curriculum 1 CL | Curriculum 2 MTL | Curriculum 2 CL | Curriculum 3 MTL | Curriculum 3 CL | Curriculum 4 MTL | Curriculum 4 CL | Curriculum 5 MTL | Curriculum 5 CL |
|--------------|-----------------|----------------|-----------------|----------------|-----------------|----------------|-----------------|----------------|----------------|----------------|
| A_1          | 53.60           | 53.60          | 53.60           | 53.60          | 53.60           | 53.60          | 53.60           | 53.60          | 53.60          | 53.60          |
| A_1, A_2     | 50.52           | 52.62          | 53.76           | 60.83          | 45.60           | 44.15          | 41.36           | 42.76          | 34.64          | 34.28          |
| A_1, A_2, A_3| 53.96           | 58.93          | 51.7            | 60.84          | 44.38           | 47.62          | 44.38           | 43.85          | 38.44          | 38.18          |
| A_1, A_2, A_3, A_4 | 59.57 | 57.83          | 50.45           | 60.67          | 59.57           | 53.32          | 40.17           | 44.00          | 40.17          | 45.32          |
| A_1, A_2, A_3, A_4, A_5 | 50.55 | 57.38          | 50.55           | 60.90          | 50.55           | 52.24          | 50.55           | 52.84          | 50.55          | 57.33          |

| Curriculum 1 | Curriculum 2 | Curriculum 3 | Curriculum 4 | Curriculum 5 |
|--------------|-------------|-------------|-------------|-------------|
| Curriculum 1 | Curriculum 2 | Curriculum 3 | Curriculum 4 | Curriculum 5 |

| Dataset | Neg. Transfer | CIFAR-10 | CIFAR-100 | MNIST |
|---------|--------------|----------|-----------|-------|
| MTL     | -3.14        | -2.78    | -0.32     | -0.07 |
| CL      | -0.44        | -0.76    | -0.07     | -0.07 |

Table 3. Comparison between our CL method and the MTL baseline across curricula. Tasks for each sequence are selected based on curricula as defined in Table 1.

Table 4. Average negative transfer.

five runs in Table 2. In accordance with prior published work in the literature we see that flip and crop augmentations contribute the most to learning CIFAR-10/100, while for MNIST perspective shifting and crop have the largest contribution.

Next, we follow the random curricula in Table 1 and train the model sequentially on different augmentations. At the end of each task, we perform linear evaluation. For comparison, we perform MTL and jointly train the model on the augmentations. We repeat each experiment five times and report the average performance for all datasets, for all curricula, and for both CL and MTL in Table 3. Note that, CL and MTL are identical when learning from a single task. Our results indicate that MTL is no longer an upper bound for CL, and in fact, CL more consistently results in better or comparable performance to that of MTL.

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5. CONCLUSION

In this paper, we sought to answer the question: does multi-task learning (MTL) provide an upper bound for continual learning (CL)? We posed the problem of learning invariant representations in self-supervised learning (SSL) as a CL problem, where the learner must incrementally learn invariant representations to different types of augmentations. We showed that such a continual learning setting poses naturally adversarial (i.e., conflicting) tasks that lead to a performance drop for MTL. We then showed that CL could avoid this performance drop and provide superior performance compared to MTL on continual self-supervised learning on various benchmark datasets, namely CIFAR-10, CIFAR-100, and MNIST. In the future, we will leverage the observations in this paper to design better self-supervised learning algorithms on large-scale image datasets.

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