Research Article

Experimental Study on Dynamic Mechanical Characteristics and Energy Evolution of Sandstone under Cyclic Impact Loading

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In order to study the dynamic mechanical properties of the surrounding rock of roadway in deep mines with rock burst, cyclic impact compression tests of sandstone under different impact velocities were carried out by using the split Hopkinson pressure bar (SHPB) test system, and the dynamic stress-strain curves of the samples under cyclic impact loads and the relationship between energy dissipation and impact numbers were analyzed. The results show that, as the impact loading times increase, the initial elastic modulus of sandstone samples decreases, the peak stress decreases, and the peak strain increases; the average strain rate increases. The cumulative damage of sandstone samples under impact load is significantly affected by impact velocity and times. During the cyclic impact test, the reflected energy of sandstone increases with the increase of impact numbers, while the transmitted energy decreases and the absorbed energy increases; the cumulative specific energy absorption variable is introduced, and the cumulative specific energy absorption value of the samples increases with the increase of impact numbers, which can better characterize the variation of energy accumulation and dissipation of sandstone samples under cyclic impact.

1. Introduction

With the exhaustion of shall coal resources, more and more coal mines in China are turning to deep mining. Many coal mines in the northeast, north, east, central, and western regions are seriously threatened by rock burst. As mining goes deeper, the ground stress increases, and the risk of rock burst disasters and the number of mines subject to such disasters gradually rise [1–3]. During the mining process, the dynamic response of the coal and rock mass, the mining stress field, and the accumulation and release pattern of energy have all undergone significant changes. The experimental study on dynamic characteristics of instantaneous impact failure of underground rock mass provides an experimental basis for further understanding of the mechanism of rock burst and for the monitoring and early warning of dynamic disasters, which is of great significance to the production safety of coal mines.

In recent years, many scholars have conducted research on the dynamic response of the surrounding rock of deep roadways with rock burst, features of the disaster, prevention and control strategies, and support technology. Wu believes that different from ordinary roadways, roadways with rock burst are subjected to not only high static loads but also frequent impact loads [4]. The vibration velocity of the roadway surrounding rock is usually 0–10 m/s. Li and Gong studied the strength characteristics, fragmentation rules, and energy absorption efficiency of rocks under different combinations of dynamic and static loads [5–7]. Yang [8] studied the simulation experiments of marble under different blasting conditions and analyzed the mesocrack propagation and damage behavior of the rock damaged by blasting. Liu [9] analyzed the relationship between the wave curve, dynamic compressive strength, strength enhancement factor, specific energy absorption, and average strain rate of...
amphibolite samples under impact compression load through axial impact tests at different velocities. You et al. [10] conducted impact tests on salt rock under different confining pressures by using a separate SHPB test device with confining pressure and studied the dynamic mechanical properties and failure characteristics of salt rock based on the principle of energy dissipation; Yang et al. [11] took the common layered composite rock mass as the object and compared the stress wave propagation, dynamic stress-strain relationship, and energy dissipation rules of the composite rock mass at different impact velocities as the stress waves transmitted from hard to soft medium and from soft to hard medium. By considering the coupling effect of in situ stress and dynamic load of the rock mass in underground works, Jin et al. [12] carried out 3D dynamic compression tests on red sandstone and analyzed the variation of its average strain rate, dynamic peak stress, ultimate strain, and dynamic deformation modulus under different impact velocities and static stress conditions.

Current researches mostly focus on the dynamic response of rock or rock mass structure under a single impact. However, there are repeated dynamic loading processes in blasting excavation and hard rock formation induced cracking and in the surrounding rock of roadways with rock burst [13, 14]. Therefore, the study of the dynamic characteristics of sandstone under cyclic impact load is of great theoretical and practical significance for blast-induced cracking control and the stability of roadway surrounding rock [15]. Existing studies have generally found that the response parameters such as rock dynamic strength increase with the increase of loading and strain rate [16–20]. That is, the rock has obvious rate dependence. Wang et al. [21] and Luo et al. [22] analyzed the dynamic failure process of sandstone under cyclic impact load through numerical calculation method and laboratory experiment, and the dynamic deterioration characteristics and evolution laws of mesocracks are studied from both mesoscopic cracks and energy point of views. Gong et al. [23] investigated energy dissipation and particle size distribution of granite specimens under dynamic loads, using a conventional split Hopkinson pressure bar (SHPB) device with a high-speed camera. The above research results point out the direction of realizing the dynamic mechanical characteristics. In this study, an improved SHPB device is used to design the cyclic impact compression tests of sandstone at different impact velocities. Based on the stress-strain relationship, the dynamic mechanical properties and energy dissipation rules are analyzed. The research results are of certain significance for guiding actual project construction.

2. SHPB Tests

2.1. Sample Preparation. The test material was selected from the sandstone with a complete and uniform texture. According to the recommendations of the International Society for Rock Mechanics, the material was processed and polished into cylinders with a diameter and height of 100 mm, an end-face nonparallelism and nonperpendicularity less than 0.02 mm, and a deviation of end-face normal less than 0.25°. The sandstone samples are shown in Figure 1, and their static physical mechanics’ parameters are shown in Table 1.

2.2. Test System. The SHPB test system improved by the Key Laboratory of Henan Polytechnic University is used in the tests. This system is mainly composed of air chamber, bullet, incident bar, transmission bar, buffer bar, data acquisition unit, and analysis unit. The incident bar, transmission bar, and absorption bar are made of 40Cr alloy steel, with a diameter of 100 mm, and a length of 5000 mm, 3000 mm, and 2000 mm, respectively, and the striker is a bar with a diameter of 100 mm and a length of 800 m. Its density is 7810 kg/m³, longitudinal wave velocity is 5410 m/s, and elastic modulus is 210 GPa. At the same time, an ultrasonic parameter tester (ZTT801) is used to test the wave velocity of the test samples before and after cyclic impact (see Figure 2).

2.3. Test Principles. Based on the assumption of one-dimensional stress wave and stress-strain uniformity, the dynamic stress, strain, and strain rate are calculated with the “three-wave method” [5] combined with the incident signal $\varepsilon_0(t)$, reflected signal $\varepsilon_R(t)$, and transmission signal $\varepsilon_T(t)$ collected by the strain gauge. The calculation formula is as follows:

$$\sigma(t) = \frac{A_0}{2A_S} E_0 \left[ \varepsilon_0(t) + \varepsilon_R(t) + \varepsilon_T(t) \right],$$

$$\varepsilon(t) = \frac{C_0}{L_s} \int_0^t \left[ \varepsilon_0(t) - \varepsilon_R(t) - \varepsilon_T(t) \right] dt,$$

$$\dot{\varepsilon}(t) = \frac{C_0}{L_s} \left[ \varepsilon_0(t) - \varepsilon_R(t) - \varepsilon_T(t) \right],$$

where $A_0$ is the cross-sectional area of the pressure bar, $E_0$ is the elastic modulus of the pressure bar, $C_0$ is the longitudinal wave velocity of the pressure bar, $L_0$ is the length of the sample, and $A_S$ is the cross-sectional area of the sample.

If the stress change in the sample is uniform without attenuation, $\varepsilon_0(t) + \varepsilon_R(t) = \varepsilon_T(t)$ can be obtained from the one-dimensional stress wave theory, and the above equation can be expressed by

$$\sigma(t) = \frac{A_0E_0}{A_S} \varepsilon_T(t),$$

$$\varepsilon(t) = \frac{2C_0}{L_s} \int_0^t \left[ \varepsilon_0(t) - \varepsilon_T(t) \right] dt,$$

$$\dot{\varepsilon}(t) = \frac{2C_0}{L_s} \left[ \varepsilon_0(t) - \varepsilon_T(t) \right].$$

2.4. Test Plan. In order to explore the mechanical properties of sandstone under multiple disturbances from the surrounding rock of roadway with rock burst, the SHPB test system was used to conduct one-dimensional cyclic impact test on the sandstone. Before the test, the pressure bar was...
first aligned for empty punching (no samples in place), and the air pressure was adjusted through multiple empty punching to stabilize the bullet velocity at a predetermined value. During the test, a brass sheet was placed between the bullet and the incident bar as a waveform shaper. The samples were placed between the incident bar and the transmission bar, and the bullet was applied to the contact surface of the samples and the pressure bar to reduce end-face friction. Constant-velocity cyclic impact test was conducted on the sandstone samples, each at a different impact velocity until the occurrence of macromechanical failure. The impact velocity was set to 6 m/s, 7 m/s, and 8 m/s, respectively. The impact velocity of the punch was controlled by adjusting the pressure value of the high-pressure air chamber and the initial position of the punch in the chamber, and the impact velocity was measured by a laser velocimeter. To ensure the reliability of the test, it is necessary to secure a dynamic stress equilibrium at both ends of the rock samples. The curves of dynamic stress equilibrium are shown in Figure 3, where $\sigma_i$, $\sigma_r$, and $\sigma_t$, respectively, represent the incident, reflection, and transmission stress of the bar. The sum of the incident wave and the reflected wave is basically the same as the transmitted wave, indicating that both ends of the rock sample are basically in a state of stress equilibrium during the test [3], which proves the validity of the test.

3. Dynamic Mechanical Characteristics of the Sandstone

The uniaxial cyclic impact test was carried out on the sandstone samples, and the impact velocity was set to approximately 6 m/s, 7 m/s, and 8 m/s. The main test results are shown in Table 2.

3.1. Dynamic Behavior of the Sandstone. The stress-strain curves of the sandstone samples under cyclic impact are shown in Figure 4. As the impact numbers increase, the peak stress of the sandstone samples decreases, and the strain
increases. The stress-strain curves overlapped during the first several impacts. The original defects such as microcracks and voids in the samples cause stress concentration. Cracks develop under the impact load, resulting in reduced capacity of load transfer inside the rock structure. With the increase of impact numbers, the slope of the initial elastic rise stage of the stress-strain curve gradually decreases, which means that the elastic modulus gradually decreases, and the mechanical properties of the rock samples continuously decline. With the increase of impact velocity, the total impact numbers required for rock failure decrease. At the impact velocity of 6 m/s and 7 m/s, the internal cracks of the rock samples keep closing and opening under multiple impacts. The cumulative damage of the samples increases, resulting in the final failure of the samples. At an impact velocity of 8 m/s, the first impact caused too much damage to the samples, which exceeds their failure threshold. After the second impact, the samples are completely destroyed.

Figure 5 shows the relationship between the average strain rate of sandstone and the impact numbers under cyclic impact loading. It can be seen that during cyclic impact loading, the higher the impact velocity, the less the total impact numbers required for sandstone failure. The average strain rate of the sandstone samples at three impact velocities all shows an upward trend with the increase of impact numbers.

![Figure 3: Dynamic stress equilibrium of sandstone.](image)

### Table 2: Experimental results of sandstone under cyclic impact loads.

| No. | $L_0$ (mm) | $D_0$ (mm) | $\rho$ (kg/m$^3$) | $n$ | $v$ (m/s) | $P_v$ (m/s) | $\sigma_f$ | $\epsilon_f$ | $\dot{\epsilon}$/s$^{-1}$ |
|-----|------------|------------|-------------------|-----|-----------|-------------|-----------|-------------|-----------------|
| 0   | —          | 2950       | —                 | —   | —         | —           | —         | —           | —               |
| 1   | 5.998      | 2717       | 79.78             | 0.0054 | 13.58     |             |           |             |                 |
| 2   | 2667       | 76.55      | 0.0053            | 13.41 |           |             |           |             |                 |
| 3   | 6.035      | 2587       | 75.29             | 0.0058 | 14.65     |             |           |             |                 |
| 4   | 6.008      | 2584       | 75.07             | 0.0053 | 13.03     |             |           |             |                 |
| 5   | 5.957      | 2541       | 70.23             | 0.0053 | 13.19     |             |           |             |                 |
| 6   | 5.911      | 2481       | 70.81             | 0.0056 | 13.99     |             |           |             |                 |
| 7   | 2448       | 64.58      | 0.0059            | 14.72 |           |             |           |             |                 |
| 8   | 5.710      | 2427       | 61.11             | 0.0060 | 15.06     |             |           |             |                 |
| 9   | 2886       | —          | —                 | —    | —         | —           | —         | —           | —               |
| 10  | 5.998      | 2950       | —                 | —    | —         | —           | —         | —           | —               |
| 11  | 2667       | 76.55      | 0.0053            | 13.41 |           |             |           |             |                 |
| 12  | 6.035      | 2587       | 75.29             | 0.0058 | 14.65     |             |           |             |                 |
| 13  | 6.008      | 2584       | 75.07             | 0.0053 | 13.03     |             |           |             |                 |
| 14  | 5.957      | 2541       | 70.23             | 0.0053 | 13.19     |             |           |             |                 |
| 15  | 5.911      | 2481       | 70.81             | 0.0056 | 13.99     |             |           |             |                 |
| 16  | 2448       | 64.58      | 0.0059            | 14.72 |           |             |           |             |                 |
| 17  | 5.710      | 2427       | 61.11             | 0.0060 | 15.06     |             |           |             |                 |
| 18  | 2886       | —          | —                 | —    | —         | —           | —         | —           | —               |
| 19  | 5.998      | 2950       | —                 | —    | —         | —           | —         | —           | —               |
| 20  | 2667       | 76.55      | 0.0053            | 13.41 |           |             |           |             |                 |
| 21  | 6.035      | 2587       | 75.29             | 0.0058 | 14.65     |             |           |             |                 |
| 22  | 6.008      | 2584       | 75.07             | 0.0053 | 13.03     |             |           |             |                 |
| 23  | 5.957      | 2541       | 70.23             | 0.0053 | 13.19     |             |           |             |                 |
| 24  | 5.911      | 2481       | 70.81             | 0.0056 | 13.99     |             |           |             |                 |
| 25  | 2448       | 64.58      | 0.0059            | 14.72 |           |             |           |             |                 |
| 26  | 5.710      | 2427       | 61.11             | 0.0060 | 15.06     |             |           |             |                 |
| 27  | 2886       | —          | —                 | —    | —         | —           | —         | —           | —               |
| 28  | 5.998      | 2950       | —                 | —    | —         | —           | —         | —           | —               |
| 29  | 2667       | 76.55      | 0.0053            | 13.41 |           |             |           |             |                 |
| 30  | 6.035      | 2587       | 75.29             | 0.0058 | 14.65     |             |           |             |                 |
| 31  | 6.008      | 2584       | 75.07             | 0.0053 | 13.03     |             |           |             |                 |
| 32  | 5.957      | 2541       | 70.23             | 0.0053 | 13.19     |             |           |             |                 |
| 33  | 5.911      | 2481       | 70.81             | 0.0056 | 13.99     |             |           |             |                 |
| 34  | 2448       | 64.58      | 0.0059            | 14.72 |           |             |           |             |                 |
| 35  | 5.710      | 2427       | 61.11             | 0.0060 | 15.06     |             |           |             |                 |

Notes: $L_0$ is the sample length; $D_0$ is the sample diameter; $\rho$ is the sample density; $P_v$ is the impact air pressure; $n$ is the impact numbers; $v$ is the measured impact velocity; $\sigma_f$ is the peak stress; $\epsilon_f$ is the peak strain; $\dot{\epsilon}$ is the average strain rate.
number, the samples are severely damaged and deformed inside, resulting in a sudden increase in the average strain rate.

Figure 6 shows the relationship between the peak strain of the sandstone and the impact numbers under cyclic impact at three velocities. It is clearly demonstrated that the peak strain of the sandstone samples rises with the increase of impact numbers. When the impact velocity is 7 m/s, the peak strain ($\varepsilon_f$) of the samples increases significantly after the second impact and then presents an alternating trend with the increase of impact numbers. The peak strain at the sixth impact increases more than that at the fifth time.

Figure 7 shows the relationship between the peak stress of the sandstone and the impact numbers under cyclic impact at three velocities. The peak stress of the sandstone samples shows a downward trend with the increase of impact numbers. At an impact velocity of 6 m/s, the peak stress of the sandstone rebounds slightly after the sixth impact and then rapidly declines. At an impact velocity of 7 m/s, the peak stress of the sandstone samples first decreases slowly and then decreases sharply with the increase of impact numbers. This is because, after each impact load, part of the energy goes to aggravate the damage of the samples. As the impact numbers continue to increase, more microcracks are generated inside the sandstone samples. The accumulation of the internal damage leads to reduced bearing capacity and increased deformation and average strain rate of the sandstone. After a certain impact number, the peak stress of the sandstone suddenly drops.

Figure 4: Stress-strain curves of sandstone under cyclic impact loads. (a) 6 m/s. (b) 7 m/s. (c) 8 m/s.
3.2. Failure Modes of Sandstone Samples. Table 3 shows the failure modes of sandstone samples under cyclic impact at different impact velocities. With the increase of the impact velocity, the fragment size of the sandstone samples decreases, and the number of fragments increases; the greater the impact velocity is, the earlier the macrocracks appear in the samples, and the less impact numbers are required from the appearance of macrocracks to failure.

At an impact velocity of 6 m/s, macrocracks appear after the fifth impact and failure occurs after the eighth impact; at 7 m/s, macrocracks appear after the fourth impact, and failure occurs after the sixth impact; at 8 m/s, no obvious macrocracks appear after the first impact while failure occurs after the second impact.

3.3. Damage Evolution. Figure 8 shows the variation of wave velocity of the sandstone samples with the impact numbers during the cyclic impact. After the first impact, the wave velocity of the sandstone samples decreases significantly, indicating that large cracks or damage has appeared inside the samples. With the increase of impact numbers, the wave velocity of the samples continues to decrease, and the damage inside the samples keeps expanding.

In order to study the damage evolution characteristics of rock, the macroscopic characteristic quantities such as density, elastic modulus, yield stress, and longitudinal wave velocity are usually used to characterize the damage degree of rock. At present, the method of defining rock damage variables by longitudinal wave velocity has been widely used.
Figure 7: Peak stress with the increase of impact numbers under different impact velocities.

Table 3: Failure modes of sandstone samples.

| Impact velocity (m/s) | Failure modes |
|-----------------------|---------------|
| 6                     | ![Images of failure modes](image1.png) |
| 7                     | ![Images of failure modes](image2.png) |
| 8                     | ![Images of failure modes](image3.png) |
in indoor tests and field detection and achieved good results. The longitudinal wave velocity of rock materials is less affected by the conventional external environment. Therefore, rock materials can be used to reveal the damage evolution process of rock.

If the rock is regarded as an isotropic body composed of itself and its internal fractures, then based on the correlation between the longitudinal wave velocity of the material and the elastic modulus obtained from the wave theory, the damage variable defined by the longitudinal wave velocity can be expressed as follows:

\[ D_n = 1 - \frac{v^2}{v_0^2} \]  \hspace{1cm} (3)

where \( D_n \) is the damage degree, \( v_0 \) is the acoustic wave velocity in the initial state of the material, and \( v \) is the longitudinal wave velocity of the sandstone samples after impact load.

Figure 8 shows the relationship between the damage degree of the sandstone samples and the impact numbers. It can be known that the cumulative damage of the sandstone samples under impact load is greatly affected by the impact velocity. When the impact velocity is small, the relationship curve between the damage degree and the impact numbers is relatively gentle. The greater the impact velocity, the more obvious the aggravation of damage is with the impact numbers. After the first impact, the damage degree of the sandstone samples increases sharply, which also indicates that the first impact contributes more to the damage of the samples. At this time, the inside of the samples has cracks developed or propagated.
4. Energy Evolution

According to the experimental loading principle of SHPB and the law of energy conservation, different kinds of energy are calculated by the following formulas using the strain curves of the incident wave, reflected wave, and transmitted wave:

\[ W_I = \frac{A_0 C_0}{E} \int \sigma_I^2 dt \]
\[ W_R = \frac{A_0 C_0}{E} \int \sigma_R^2 dt \]
\[ W_T = \frac{A_0 C_0}{E} \int \sigma_T^2 dt \]
\[ W_S = W_I - W_R - W_T, \]
\[ E_V = \frac{W_S}{V_S}, \]

where \( W_I, W_R, W_T, \) and \( W_S \) are the incident energy, reflected energy, transmitted energy, and absorbed energy of the samples during the impact loading, \( V_S \) is the volume of the samples, and \( E_V \) is the absorbed energy per unit volume.

Figure 10 shows the relationship between the incident energy, reflected energy, transmitted energy, and absorbed energy of the samples under constant-velocity cyclic impact and impact numbers. It can be seen from the figure that the incident energy oscillates slightly as the impact is loaded more times. This is because, in the cyclic impact process, the impact air pressure is unstable, which results in a slight deviation in the velocity of each impact, and thus oscillation of the incident energy. A more stable incident energy means a smaller difference in impact velocity. With the increase of impact numbers, the reflected energy increases, the transmitted energy decreases, and the absorbed energy increases. When the sandstone samples have severe internal damage, the absorbed energy will also decrease. For example, at an impact velocity of 7 m/s, after the fifth impact, longitudinal cracks have appeared on the surface of the samples, and some cracks have also appeared on the edge, indicating serious internal damage to the samples. In this case, if the impact continues, the samples will be severely damaged, and the absorbed energy will gradually decrease. Most of the energy is released in the form of reflected energy. With the increase of impact numbers, the energy dissipation inside the samples is also constantly changing. In other words, the reflected energy increases and transmitted energy decreases, and the absorbed energy keeps increasing for the formation

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cumulative specific energy absorption value of the sample increases with the increase of impact numbers. During cyclic impact, the internal damage of the sample is cumulated, and the energy absorbed by the samples is stored in the form of elastic potential energy. When the elastic potential energy accumulates up to the threshold of stored energy, the elastic potential energy inside the samples is released, which leads to the continuous expansion of the microcracks inside the samples, increase of the fracture surface area per unit volume of the samples, and increase of the cumulative specific energy.

5. Conclusions

(1) Under uniaxial cyclic impact loading, as the impact numbers increase, the slope of the stress-strain curve of the sandstone samples in the initial elastic rising stage decreases, the peak stress decreases, and the peak strain increases; the average strain rate of the sandstone samples shows an overall upward trend with the increase of impact numbers; with the continuous increase of impact velocity, the total number of impact numbers required for sandstone failure decreases, the fragment size is smaller, and the number of fragments is larger.

(2) The ultrasonic wave velocimeter is used to calculate the damage degree of sandstone during the cyclic impact test. The cumulative damage of the sandstone samples is greatly affected by the impact velocity and the impact numbers. When the impact velocity is low, the relationship curve between the damage degree and the impact numbers is relatively gentle. With the increase of impact numbers, the damage degree increases dramatically.

(3) During the cyclic impact test, the energy absorbed by the samples is stored inside them in the form of elastic potential energy. With the increase of impact numbers, the reflected energy increases, while the transmitted energy decreases. The initiation and propagation of rock cracks are characterized by the continuous increase of the absorbed energy and the significant decrease of the absorbed energy per unit volume as the impact numbers increase. The cumulative specific energy absorption value is introduced. The cumulative specific energy absorption value of the samples increases with the increase of impact numbers, which can better characterize the variation of energy accumulation of the sandstone samples.

Data Availability

The data generated and analyzed in this manuscript are available from the corresponding author on reasonable request.

Conflicts of Interest

The authors declare that there are no conflicts of interest regarding the publication of this study.

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