Lisgarten, David R. and Palmer, Rex A. and Lobley, Carina M. C. and Naylor, Claire E. and Chowdhry, Babur Z. and Al-Kurdi, Zakieh I. and Badwan, Adnan A. and Howlin, Brendan J. and Gibbons, Nicholas C. J. and Saldanha, José W. and Lisgarten, John N. and Basak, Ajit K. (2017) Ultra-high resolution X-ray structures of two forms of human recombinant insulin at 100 K. Chemistry Central Journal, 11 (1). p. 73. ISSN 1752-153X

http://dx.doi.org/10.1186/s13065-017-0296-y

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Ultra-high resolution X-ray structures of two forms of human recombinant insulin at 100 K

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Abstract
The crystal structure of a commercially available form of human recombinant (HR) insulin, Insugen (I), used in the treatment of diabetes has been determined to 0.92 Å resolution using low temperature, 100 K, synchrotron X-ray data collected at 16,000 keV (λ = 0.77 Å). Refinement carried out with anisotropic displacement parameters, removal of main-chain stereochemical restraints, inclusion of H atoms in calculated positions, and 220 water molecules, converged to a final value of R = 0.1112 and Rfree = 0.1466. The structure includes what is thought to be an ordered propanol molecule (POL) only in chain D(4) and a solvated acetate molecule (ACT) coordinated to the Zn atom only in chain B(2). Possible origins and consequences of the propanol and acetate molecules are discussed. Three types of amino acid representation in the electron density are examined in detail: (i) sharp with very clearly resolved features; (ii) well resolved but clearly divided into two conformations which are well behaved in the refinement, both having high quality geometry; (iii) poor density and difficult or impossible to model. An example of type (ii) is observed for the intra-chain disulphide bridge in chain C(3) between Sγ6–Sγ11 which has two clear conformations with relative refined occupancies of 0.8 and 0.2, respectively. In contrast the corresponding S–S bridge in chain A(1) shows one clearly defined conformation. A molecular dynamics study has provided a rational explanation of this difference between chains A and C. More generally, differences in the electron density features between corresponding residues in chains A and C and chains B and D is a common observation in the Insugen (I) structure and these effects are discussed in detail. The crystal structure, also at 0.92 Å and 100 K, of a second commercially available form of human recombinant insulin, Intergen (II), deposited in the Protein Data Bank as 3W7Y which remains otherwise unpublished is compared here with the Insugen (I) structure. In the Intergen (II) structure there is no solvated propanol or acetate molecule. The electron density of Intergen (II), however, does also exhibit the three types of amino acid representations as in Insugen (I). These effects do not necessarily correspond between chains A and C or chains B and D in Intergen (II), or between corresponding residues in Insugen (I). The results of this comparison are reported.

Introduction
A definitive account of the 1.5 Å resolution structure (PDB 4INS) of hexagonal porcine insulin, which differs in sequence by only one amino acid at B30 (and D30) from human insulin ( Fig. 1), was published by Baker et al. [1].

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structure–function properties are even more closely related to the natural hormone. There are 2 independent molecules in the asymmetric unit of the crystal structure of hexagonal porcine insulin [1]: molecule 1 comprising peptide chains A1 and B1, and molecule 2, comprising peptide chains A2 and B2 (the 4 chains are usually designated A, B, C and D). Peptide chains A and C are identical in sequence, as are chains B and D. Chains A and B, and chains C and D are linked by disulphide bridges Cys7A–Cys7B, Cys7C–Cys7D, Cys20A–Cys19B and Cys20C–Cys19D, respectively. Chain A also has an internal stabilizing disulphide bridge Cys6A–CysA11 and there is a corresponding S–S bridge in chain C, Cys6C–CysC11. As shown in Additional file 1: Figure S1 there are 3 AB and 3 CD dimers in the unit cell grouped around a crystallographic threefold axis. In the 2Zn crystals, three non-crystallographic insulin dimers are assembled around two Zn ions on the threefold axis. Each Zn ion is coordinated to three symmetry-related Ne atoms of HisB10 and to three water molecules. Water oxygen atoms (282) were also assigned and included in the refinement which converged to a value of R = 0.153 for 10,119 significant I(hkl). Seven of the amino acid side-chains were assigned less ordered conformations, refined with separate atomic coordinate sets and occupancy factors. Commercial human recombinant insulin is now available from several sources. The present study describes the ultra-high resolution (0.92 Å) low temperature structure of Insugen (I) human recombinant insulin, Fig. 1 and Additional file 1: Figure S2a. The unpublished structure of a second recombinant form of human recombinant insulin, from Intergen, at the same resolution, deposited as structure 3W7Y in the Protein Data Base (in June 2013) shows a number of surprising differences when compared with the Insugen (I) structure reported here. These two structures will be referred to as Insugen (I) and Intergen (II). Insugen (I) and Intergen (II) 2Zn hexagonal HR insulin structures are predominantly isomorphic with that of porcine 2Zn insulin [1]. In both of these new structures the A and B-chains of molecule 1 are in the T-state [3].

**Implications for biological activity**

HR insulin, Fig. 1, is currently used by the majority of insulin dependent diabetic patients, porcine insulin having been phased out some years ago [2]. The safe therapeutic use of genetically engineered human insulin depends on its structure being absolutely identical to that of the natural molecule, thereby reducing the possibility of complications resulting from antibody production. It has been noted that the use of human recombinant insulin in combination with other drugs may blunt the signs and symptoms of hypoglycaemia [2]. It has been reported [4] that several regions of the insulin molecule are closely related to its biological activity. These include: (a) the positions of the Cys residues that form disulphide bridges; (b) the N-terminal (A1–A5) of the A-chain; moreover the hydrophobic core of vertebrate insulins contains an invariant isoleucine residue at position A2. Lack of variation may reflect this side-chain’s dual contribution to structure and function: IleA2 is proposed both to stabilize the A1–A9 α-helix, see Fig. 4b, and to contribute to a “hidden” functional surface exposed on receptor binding. In fact GlyA1 and IleA2 are stabilized by a network of aqueous H-bonds involving some 18 water molecules in Insugen (I) (see “Results”; Additional file 1: Figure S5a). Also in “Results”, Additional file 1: Figures S5b, c show similar networks in Intergen (II) using the deposited 3W4Y and porcine insulin using the deposited 4INS pdb file. Additional file 1: Figures S5c, d and e show end on views of these networks. Substitution of IleA2 by alanine results in segmental unfolding of the A1–A8 α-helix, lower thermodynamic stability and impaired F binding [5]; (c)
C-terminal (A16 and A19–21) regions of the A-chain; (d) regions B5–B8, B11–B16 and B23–26 in the B-chain; (e) moreover crystallographic analysis of the insulin molecule has suggested that the structure comprising both ends of the A-chain (GlyA1, GlnA5, ThrA19 and AsnA21) plus B-chain residues ValB12, ThrB16, GlyB23, PheB24 and PheB25 is important for insulin receptor binding [6]; (e) in addition to the invariant cysteines, only ten amino acids (GlyA1, IleA2, ValA3, TyrA19, LeuB6, GlyB8, LeuB11, ValB12, GlyB23 and PheB24) have been fully conserved during vertebrate evolution [7]; this observation supports the hypothesis derived from alanine-scanning mutagenesis studies that five of these invariant residues (IleA2, ValA3, TyrA19, GlyB23, and PheB24) interact directly with the receptor and five additional conserved residues (LeuB6, GlyB8, LeuB11, GluB13 and PheB25) are important in maintaining the receptor-binding conformation [7]. Baker et al. [1] in the definitive account of the 1.5 Å X-ray structure of 2Zn porcine insulin, concluded that the major flexibility observed at the A-chain N terminus residues A1–A6, and the B-chain C terminus residues B25, B28, B29 and B30 may be important for the expression of insulin activity, especially in view of the rigidity of the rest of the structure. Baker et al. [1] also point out that B25.1 Phe (PheB25) is turned in towards the A-chain whereas B25.2 Phe (PheD25) turns out away from the A-chain. A summary of the residues involved in these considerations of biological activity is given below in Fig. 2. Each residue of interest has been ranked according to the number of times it appears in the discussion: α (mentioned 4 times) to δ (mentioned once). Residues left blank in Fig. 2 are not thought to affect the biological activity. Positionally invariant cysteines forming the disulphide bridges have been designated α.¹

¹ In the publication of Baker et al. [1] the pig insulin asymmetric unit is defined as: molecule 1 (chains A1, B1) and molecule 2 (chains A2, B2). For example residue B25.2 Phe refers to phenylalanine 25 in chain B of molecule 2. However in the PDB deposition of this structure, 4INS, molecule 1 is designated by chains A and B, and molecule 2 as chains C and D. All pdb files referred to in the present publication follow this later format so B25.2 Phe of Baker et al. becomes PheD25. It should also be noted that to the best of our knowledge in this revised format in the deposited pig insulin 4INS.pdb, unexpectedly Baker et al’s molecule 1 corresponds to the best of our knowledge in this revised format in the deposited pig pdb files referred to in the present publication follow this later format so molecule 1 (chains A1, B1) and molecule 2 (chains C and D). All pdb files referred to in the present publication follow this later format so molecule 1 corresponds to the best of our knowledge in this revised format in the deposited pig pdb files referred to in the present publication follow this later format so molecule 1 (chains A1, B1) and molecule 2 (chains C and D).

Materials and methods

Materials Insugen (I)

Human recombinant insulin (Insugen-30/70) was supplied by Biocon (India) Ltd. See Additional file 1: Table S1a. Human recombinant insulin, Intergen (II) was produced by the INTERGEN Company and purchased by Sakabe [8] from the SEIKAGAKU Company. Details are to be found in Additional file 1: Figure S2b. Other chemicals including HCl, zinc acetate, acetone, trisodium citrate and NaOH were purchased from Fisher Scientific (UK) and Sigma-Aldrich (UK).

Crystallization

Crystallization of Insugen (I)

The crystals were prepared at room temperature by a batch method similar to that of Baker et al. [1], modified as follows: 0.01 g of insulin as a fine powder was placed in a clean test tube; 1 mL of 0.02 M HCl was added to dissolve the protein; on addition of 0.15 mL of 0.15 M zinc acetate the solution became cloudy due to precipitation of the protein; 0.3 mL of acetic acid and then 0.5 mL of 0.2M trisodium citrate together with 0.8 mL of water were added and the solution became clear; the pH was checked and increased with NaOH to a pH between 8 and 9 for different batches, thus ensuring complete dissolution. It was then adjusted to the required value of pH 6.3. If any slight turbidity occurred, it was removed by warming the solution. The solution was then filtered using a Millipore membrane/acetate cellulose acetate filter. This removes any nuclei which will encourage precipitation or formation of masses of small crystals.

The solution was then warmed to 50 °C by surrounding the test tube with preheated water in a Dewar. This allowed the solution to cool slowly to room temperature. The test tube was lightly sealed with cling film; crystals formed within a few days and were of a suitable size for X-ray diffraction within 2 weeks; the test tube containing crystals was kept at 4 °C prior to data collection. The crystal used for data collection was about 0.2 mm³.

Crystallization of Intergen (II)

The following details were supplied by Sakabe [8]. In contrast to the Insugen (I) crystals, Intergen (II) crystals were grown using the vapour diffusion hanging drop method at 293 K. The reservoir solution contained 0.1 M sodium citrate, and 22% (w/v) DMF, and 0.08% (w/v) zinc.
chloride, pH 8.67 while the protein solution was insulin, Intergen (II) dissolved in 0.02 N HCl to a final concentration of 10 mg/mL. The starting volume of the reservoir solution was 1 mL, and the volume of the drop was 20 μL of protein and reservoir solution in a 1:1 ratio. In 4 or 5 days, crystals were observed to have formed, and after 10 days to 2 weeks, insulin crystals of a size suitable for X-ray diffraction studies were present, typically about 0.5 mm × 0.5 mm × 0.3 mm. The crystal used for 3W7Y data collection was about 1.2 mm × 0.7 mm × 0.5 mm [8].

X-ray data collection

**Insugen (I) crystal at Diamond Light Source, MX beamline I02**

Crystals grown at room temperature were passed through a 30% glycerol solution, prepared in mother liquor, prior to cryo cooling in liquid nitrogen. Crystals were screened with three test shots, separated by 45° using 0.5 s exposure and 0.5° oscillation. Data were collected at 16,000 keV (λ = 0.77 Å) and 100 K with the Pilatus 6 M detector as close to the sample as possible (179.5 mm). The EDNA strategy [9] was used to obtain a start angle and 180° of data were collected with 0.1° oscillation and 0.1 s exposure. The resolution of useful diffraction data achieved and used for structure analysis was 0.92 Å [10–14]. The space group is: H3 (146); the unit cell is: a = b = 81.120 Å, c = 33.930 Å, α = β = 90° γ = 120°.

**X-ray data collection for Intergen (II) crystal at the Photon Factory beamline BL-6C (Ibaraki, Japan)**

The following details were supplied by Sakabe [8]. A synchrotron data set to 0.7 Å was collected at the Photon Factory beamline BL-6C using wavelength λ = 0.97974 Å. Data were measured on a specially designed Weissenberg type instrument known as “Galaxy”, employing a fully automated high speed imaging plate detector. The detector comprised a vertically focussing 1 m long bent mirror of Pt-coated fused silica at a distance of 21 m from the SR source point and 7 m from the focal point. The low resolution limit was 50.0 and high resolution limit 0.7 Å; the number of reflections observed was 91.73%; R_merge for I_obs = 0.05579 for 57006 hkl’s. The resolution of useful diffraction data achieved and used for structure analysis was 0.92 Å [10–14]. The space group is: H3 (146); the unit cell is: a = b = 81.120 Å, c = 33.930 Å, α = β = 90° γ = 120°.

**Manual processing of the data**

Manual processing of the data was carried out using XDS [15] to integrate and Aimless [16] to scale and merge intensities. The purpose of manual scaling was to optimise the included data to maximise the final resolution to 0.92 Å.

**Structure solution and initial refinement**

**Insugen (I)**

Molecular replacement was carried out with the published structure 3E7Y as a search model in the program MOLREP [17], followed by ten cycles of least squares refinement using the program REFMAC [18].

Further details can be found in Additional file 1: Table S1.

**Presence of Zn in the Insugen (I) Crystal**

A fluorescence mca scan, Fig. 3, was carried out to confirm the presence of zinc in the crystals.

**Model building and further least squares refinement**

**Insugen (I)**

Model inspection and rebuilding were performed using the program WinCoot 0.7 [19] and further isotropic refinement was carried out with the program PHENIX [20]. Water molecules were added at the end of refinement using the automated method provided in PHENIX. Refinement of the Insugen (I) crystal structure was continued using the program SHELX-97 interfaced with SHELXP. This facilitated the overall inclusion of...
H atoms and use of anisotropic temperature factors for the non-H atoms. For the protein structure H atoms initially assigned in calculated positions were refined with isotropic thermal parameters. H atoms were not assigned to the waters. During the course of this phase of the analysis several residues were observed in the electron density to have ordered or clear double conformations which were built into the structure and their relative occupancies were included in the refinement summing to 1.0. At the end of the SHELXPRO refinement the R factor and R_free (all data) were 0.108 and 0.146, respectively. The program MolProbity [22] was used for structure validation. Inspection of the Ramachandran plot revealed that 97.53% of the residues are in allowed regions. All coordinates and data have been deposited in the Protein Data Bank, with identification code 5E7W. The final statistics of refinement are summarized in Table 1.

**Model building and further least squares refinement for Intergen (II)**

The structure for 3W7Y was determined by molecular replacement and refined using the program REFMAC [18]. Non-hydrogen atoms were refined anisotropically. Several residues were modelled as two clear conformers with complementary occupational parameters having a sum of 1.0. At the end of the refinement the R factor and R_free were 0.162 and 0.180, respectively. Inspection of the Ramachandran plot revealed that 96.81% of the residues are in the allowed regions. All coordinates and data are deposited in the Protein Data Bank, with identification code 3W7Y.

**Results**

**General comments**

Superficially the ultra-high resolution structure of HR insulin (Insugen I), as expected, strongly resembles that of 2Zn porcine insulin (see “Introduction”) having an asymmetric unit with 2 independent molecules: molecule 1, comprising peptide chains A and B; and molecule 2, comprising peptide chains C and D. Peptide chains A and C are identical in sequence, as are chains B and D.

As described below there are significant and interesting differences between the detailed ultra-high resolution structures of Insugen (I) and Intergen (II) and also between the two human recombinant insulin structures and the less detailed porcine insulin [1]. For example in the porcine insulin structure [1] 289 waters were assigned and in Intergen (II) 275. However after intense scrutiny and assessment 220 water molecules have been included and refined in the Insugen (I) structure. Further features of interest in the Insugen (I) structure are: (i) an acetate molecule ACT2101 (or simply ACT) has been assigned in the neighbourhood of Zn2100 in molecule 1 and is in fact coordinated with this Zn. This unexpected feature is described below and is presumably a consequence of the zinc acetate used in the crystallization procedure. The acetate molecule has excellent refinement parameters and geometrical features. To the best of our knowledge acetate has not been assigned to any other published insulin structure; further evidence for this assignment can be found in Additional file 1: Text S1 and Figure S3: (ii) a solvated propanol molecule has been assigned as described below in detail. The propanol molecule POL5001 (or simply POL) forms H-bonds with the prominent Oγ1A of ThrD27 located on the A conformation of ThrD27 which has two clearly defined conformations A and B, of which A has 0.645 occupancy and B 0.355 occupancy. POL is also H-bonded to water 6007. Further evidence for the assignment of propanol can be found in Additional file 1: Text S2 and Figure S4. There is no evidence of propanol solvate close to ThrB27 in chain B which has a single fully occupied conformation (see below). Intergen (II) shows no evidence of
either acetate or propanol in the electron density for the deposited 3W7Y structure. To the best of our knowledge solvated propanol has not been reported as present in any other determined insulin structure. Possible origins of the solvated propanol are examined. As discussed below other differences occur between the two human recombinant insulin crystal structures. Such differences may ultimately be of importance with respect to the hormonal and biological activities of these synthetic therapeutics [2].

Description of the secondary structure regions in Insugen (I)
The ultra-high resolution refinement of HR insulin, Insugen (I) undertaken in the analysis described above has enabled a study of the secondary structure motifs in the insulin molecule to be carried out in detail which exceeds all previous studies.

Chain A (Fig. 4a)

Helix A1 (Fig. 4a, b)
Helix A1: This involves the first 9 residues GlyA1–SerA9 and comprises about 2 turns of a distorted α-helix. Although GlyA1 involves a bifurcated H-bond and its (φ, ψ) values are indeterminate because it is N-terminal, this residue does seem to be part of the helix. SerA9 is at the C-terminal end of the helix, its side chain H-bonding to the peptide N of IleA10. Details are in Fig. 4b.

Strand A2 (Fig. 4a)
Strand A2 runs from IleA10–SerA12 forms an anti-parallel sheet with strand B1 in the B-chain (see below). Note there is only one β-bridge, at CysA11.

Helix A3 (Fig. 4a, c): this secondary structure involves LeuA13–TyrA19 and is a 7 residue 310 helix. The SerA12 side-chain caps the N-terminal end of the helix by H-bonding to the peptide N of GlnA15, whose side-chain in turn forms an H-bond to the N of SerA12. The carbonyl of SerA12 forms the first H-bond of the helix, but the (φ, ψ) values of SerA12 suggest it is part of the preceding strand and not this helix.

Strand A4 (Fig. 4a): CysA20 and AsnA21 appear to form a mini strand and participate in an anti-parallel sheet with strand B4 in the B-chain strand. The carbonyl oxygen of TyrA19 forms an H-bond to the N of SerA12. The carbonyl of SerA12 forms the first H-bond of the helix, but the (φ, ψ) values of SerA12 suggest it is part of the preceding strand and not this helix.

Chain C (Fig. 5a)
Helix C1 (Fig. 5a, b): GlyC1–SerC9 form a 9 residue 2 turn helical structure. The first turn (GlyC1–GluC4) is α-helix, but then GluC4 forms a H-bond with SerC9 (i.e. i to i + 5) creating a much looser turn. Strictly, this is

Table 1 Data-collection and final refinement statistics

|                      | Insugen (I) (Biocon) | Intergen (II) (Intergen) |
|----------------------|----------------------|--------------------------|
| Space group          | H3                   | H3                       |
| Unit-cell parameters | a = b = 81.8270 Å    | a = b = 81.120 Å         |
|                      | c = 33.8490 Å        | c = 33.930 Å             |
|                      | α = β = 90°          | α = β = 90°              |
|                      | γ = 120°             | γ = 120°                 |
| Vₐₑₙ (Å³ Da⁻¹)       | 1.97                 | 1.94                     |
| Solvent content (%)  | 22 (223 waters)      | 25 (275 waters)          |
| Resolution range (Å) | 0.92–13.64           | 0.92–20.0                |
| No. of measurements  | 294,902              | 54,114                   |
| No. of unique reflections | 50,178            | 98,59                    |
| Completeness (%)     | 100                  | 100                      |
| Multiplicity         | 5.0 (4.1)            | 4.2                      |
| R_merge              | 0.028                | 0.05579                  |
| I/σ(I)ave            | 20.2 (4.0)           | 0.162                    |
| R factor             | 0.1112               | 0.162                    |
| R_free               | 0.1446               | 0.180                    |
| Residues in allowed regions of Ramachandran plot (%) | 97.53 | 96.81 |
| R.m.s.d. bonds (Å)   | 0.017                | 0.006                    |
| R.m.s.d. angles (°)  | 2.65                 | 1.187                    |
| All-atom Baverage (Å²) | 17.947          | 14.737                   |

Values in parentheses are for the highest resolution shell

* R_merge = Σₖ₉ₐₙ Σₖ₉ₐₙ | I(hkln) – <I(hkln)> | I(hkln) where I(hkln) and <I(hkln)> are the observed intensity and mean intensity of related reflections respectively
Fig. 4  
(a) Insugen (I) chain A, secondary structure motifs. (b) Insugen (I) Helix A1: GlyA1–SerA9. With the exception of side-chains GlyA1 and IleA2 which are shown completely, only main chain atoms are shown. H-bonds are shown as green dotted lines. Compare with Figure S9a which shows the same region in porcine insulin [1]. (c) Insugen (I) Helix A3: LeuA13–TyrA19. H-bonds are shown as green dotted lines. Main chain atoms only are shown. Drawn with Biovia, Discovery Studio 2016 [35].

Fig. 5  
(a) Insugen (I) chain C, secondary structure motifs (compare with Fig. 4a for chain A). (b) Insugen (I) Helix C1: GlyC1–SerC9. H-bonds are shown as green dashed lines. Main chain atoms only are shown. Compare with Figure S9b which shows the same region in porcine insulin [1]. (c) Insugen (I) chain C Helix C3: LeuC13–TyrC19. H-bonds are shown as green dashed lines. Main chain atoms only are shown. Drawn with Biovia, Discovery Studio 2016 [35].
one turn of π-helix. SerC9 terminates the helix by its side chain H-bonding to the peptide N of IleC10.

**Strand C2** (Fig. 5a): IleC10–SerC12 form a strand, based on the (φ, ψ) values. SerC9 is probably not part of this strand as its φ, ψ value is at the edge of the β-strand region (φ = −90°, ψ = −164°). The strand extends to SerC12.

**Helix C3** (Fig. 5a, c): LeuC13–TyrC19 is a 7 residue 3_{10} helix comprising about 2 turns. SerC12 caps the N-terminus end with its side-chain forming an H-bond with the peptide N of GlnC15, while the side-chain of GlnC15 forms an H-bond with the peptide N of SerC12.

**Strand C4** (Fig. 5a): CysC20 and AsnC21 comprise a mini strand and this forms an anti-parallel sheet with strand D4 in the D-chain (see below).

**Chain B** (Fig. 6a)

**Strand B1** (Fig. 6a): This comprises seven residues from PheB1 to CysB7, based on (φ, ψ) values. This strand forms an anti-parallel sheet with the strand A2 in the A-chain.

**Helix B2** (Fig. 6a, b): This extends from GlyB8 to CysB19 (12 residues), about 3-turns of α-helix. Note GlyB8 does not have helical (φ, ψ) values but does have a 3_{10} turn H-bond.

**Central Loop B3** (Fig. 6a): There is a type 1 turn from GlyB20–GlyB23 and an open α-turn from CysB19 to GlyB23.

**Strand B4** (Fig. 6a): In terms of (φ, ψ) values, this strand could be considered to extend from PheB24 to ThrB30, but in terms of H-bonds in the sheet, it ends at LysB26. It forms an anti-parallel sheet with D4. Note that strands A4 and C4 are part of this four-strand sheet.

**Chain D** (Fig. 7a)

**Strand D1** (Fig. 7a): Based on (φ, ψ) values this strand comprises seven residues from PheD1 to CysD7. It is perpendicular to strand C2 but does not form a sheet. There is only one H-bond from NH of LeuD6 to CO of CysC6 of chain C which is part of helix C1.

**Helix D2** (Fig. 7a, b): This is a 12 residue α-helix from GlyD8 to CysD19. Note CysD7 is part of strand D1, GlyD8 does not have helical (φ, ψ) values but does have a bifurcated H-bond and CysD19 is helical.

**Central Loop D3** (Fig. 7a): The region CysD19–GlyD23 forms an open-α turn and GlyD20-GlyD23 form a type I turn.

**Strand D4** (Fig. 7a): This extends from PheD24 to TyrD26. It forms a sheet with strand B4 and this sheet also comprises strands A4 and C4.

**Type 1 Turn D5** (Fig. 7a, c): This is a type I turn and comprises ThrD27, ProD28, LysD29 and ThrD30.

**Solvent molecules**

**Solvated water molecules in Insugen (I)**

In the crystallographic asymmetric unit a total of 220 water molecule positions were assigned by stereochemical inspection and evaluation of the electron density displayed by WinCoot 0.7 [19]. These were included successfully in the ShelxL refinement with anisotropic thermal displacement parameters. Water H atoms were fixed geometrically. Analysis of the hydrogen bonding properties of the water molecules was carried out using Accelrys Discovery Studio 3 [23] which enabled H-bond geometry to be tabulated. These results are summarised in Table 2 which shows the presence of a variety of H-bond types with acceptable molecular geometry involving different combinations of side-chain–water interactions and water–water interactions. For a given water molecule the number of side-chain–water interactions varies from 0 to 7 and the number of water–water interactions from 0 to 5. A total of 285 side-chain–water H-bonds and 139 unique water–water H-bonds were observed. Figure 8 shows an example of a water molecule, water 6210, having 4 H-bonds to side-chain atoms and 2 H-bonds to other waters (6128 and 6209), denoted by type 4,2 in Table 2.

**Salt bridges in Insugen (I)**

Residues involved in the six salt bridges observed in the Insugen (I) structure are listed in Table 3 together with the corresponding bridge length.

Figure 9 shows the salt bridge between GLYA1:HOC and GLUA4:OE1.
Of the 102 amino acid residues in Insugen (I) a total of 18:2 in both chains A and C; 8 in chain B; and 6 in chain D do not form any hydrogen bond interactions with solvated water molecules. These residues are as follows:

Table 2 Types of H-bond involving water and their numbers: W–SC water–side chain, W–W water–water

| Type of H-bond W–SC, W–W | 0,1 | 0,2 | 0,3 | 0,4 | 0,5 | 1,0 | 1,1 | 1,2 | 1,3 | 1,4 | 2,0 | 2,1 | 2,2 | 2,3 |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Number N                 | 18  | 19  | 6   | 3   | 1   | 24  | 18  | 27  | 6   | 2   | 7   | 14  | 6   | 6   |

| Type of H-bond W–SC, W–W | 3,0 | 3,1 | 3,2 | 3,3 | 3,4 | 4,0 | 4,1 | 4,2 | 4,3 | 5,0 | 5,1 | 6,0 | 7,0 |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Number N                 | 8   | 6   | 6   | 2   | 2   | 6   | 2   | 1   | 1   | 2   | 1   | 1   |

Eg 3,3 N = 2 (italicized) means that 2 water molecules have a total of 3 hydrogen bonds to side chain atoms plus 3 hydrogen bonds to another water molecule (6 hydrogen bonds in total)

Water–side chain interactions in Insugen (I)

Of the 102 amino acid residues in Insugen (I) a total of 18:2 in both chains A and C; 8 in chain B; and 6 in chain D do not form any hydrogen bond interactions with solvated water molecules. These residues are as follows:

Table 3 Insugen (I) residues involved in salt bridge formation

| Residue 1  | Residue 2  | Distance in Å |
|------------|------------|---------------|
| GLYA1:H0C  | GLUA4:OE1  | 1.94398       |
| ARGD22:HH1 | GLUA17:OE2 | 2.25535       |
| ARGD22:HH2 | GLUA17:OE2 | 2.59606       |
| LYSB29:NZ  | THR30:OT2  | 2.4885        |
| GLYC1:H0C  | GLUC4:OE1  | 1.79717       |
| ARGD22:HH1 | ASNC21:OT1 | 2.52927       |

Fig. 7 a Insugen (I) chain D: secondary structure motifs. b Insugen (I) chain D helix D2. H-bonds are shown as green dashed white lines. Main chain atoms only are shown. c Insugen (I) chain D type I turn. Main chain atoms only are shown. The H-bond is shown as a green dashed line. There is no corresponding secondary structure element in chain B, Fig. 6a. Drawn with Biovia, Discovery Studio 2016 [35]

Fig. 8 Water 6210 hydrogen bonds to two waters and three amino acid side-chains. Drawn with Biovia, Discovery Studio 2016 [35]
When such effects are observed it is possible that the use of these harsh high speed experimental conditions have both caused and allowed these alternative structures to be captured for detailed examination. It is also possible that such alternative conformations may have a bearing on the biological activity of the protein. As described below, the present ultra-high resolution structures of human recombinant insulin Insugen (I) and Intergen (II) both display several amino acid residues having two distinct ordered conformations. As described in detail below the same residues are not necessarily affected in corresponding protein chains in either the Insugen (I) or Intergen (II) structure. Thus, somewhat surprisingly, the disordered regions do not match 1:1 between the two recombinant structures or between corresponding protein chains in the same structure. A detailed analysis and comparison is given below. It is possible that these structural features may affect the biological functions of these recombinant insulins [2].

Properties of the electron density for Insugen (I) are summarised in colour code in Fig. 11a and in further detail in Additional file 1: Tables S3a–d.

Insugen (I) chain A The electron density of Insugen (I) chain A is of very high quality (mainly blue) with few problems associated with fitting the amino acid residue structures; only the C-terminal residue N21 exhibits a
double conformation with two weak regions of density at the end of the chain.

**Insugen (I) chain C** In contrast chain C exhibits the following characteristics: residues Q5, Y14 and Q15 have mainly good density but with some poorly defined regions; residues C6 and C11 participating in an S–S bridge, and L16 demonstrate clear electron density but corresponding to double residue conformations with good geometry (orange). The remaining residues are clearly defined in strong electron density (blue).

**Insugen (I) chain B** The electron density of Insugen (I) chain B exhibits the following characteristics: residues L11, V12, and E13 and T27 have clear electron density with two distinct conformations (orange); residues Q4 and L17 show mainly clear double conformations but with some poor density at the extreme end; residue F25 clearly adopts two conformations but both phenyl rings A and B occupy very weak regions of density; residues K29 and T30 are mainly clear single conformations but with some terminal disorder. The remaining residues are clearly defined in strong electron density (blue).

**Insugen (I) chain D** In contrast the electron density of Insugen (I) chain D can be described as follows: residues F1, V2, Q4, E21 and K29 have overall poorly defined electron density; residues V12 and V18 have clear double conformations (orange); residue T27 is mainly a clear double conformation but with some missing terminal density. The remaining residues are clearly defined in strong electron density (blue).

**Overall comments on Insugen (I)** For the Insugen (I) structure the following points may be considered.

1. Why is chain A so well ordered while the related chain C shows a number of double conformations and poorly defined residues?
2. Chains B and D both show a number of double conformations. Double conformations L11, E13 and R22 occur only in chain B; the double conformation V18 occurs only in chain D; double conformations V12 and T27 occur in both chains B and D. L17, R22, F25 and T30 are disordered in chain B alone; F1, V2 and Q4 are disordered in chain D alone; E21, T27 and K29 are disordered in both chain B and D.
It may be possible to rationalise these differences for example via molecular dynamics simulations.

**Implications for the biological activity**  The residues most likely to affect biological activity in an adverse way are those which display conformational differences between the corresponding chains A and C, or between chains B and D, particularly with respect to the way the residues have been rated in Fig. 2.

It follows that the most likely residues are by virtue of:

1. being disordered: PheB25, and to a lesser extent GlnC5, AsnA21, LysB29, LysD29 and ThrB30;
2. exhibiting two clear conformations: CysC6–CysC11, LeuB11 and ValB12, and to a lesser extent LeuC16 and GluB13.

The distribution of these residues in the crystal asymmetric unit is shown in Fig. 12. They clearly form two distinctly concentrated groups possibly related to the mode of binding or interaction with the receptor.

**Peptide side chain electron density and conformations in Intergen (II) [PDB 3W7Y]**

Properties of the electron density for Intergen (II) are summarised in Fig. 11b.

**Intergen (II) chain A**  The electron density of Intergen (II) chain A is of very high quality with no major problems associated with fitting the amino acid residue structures and no multiple conformations or other disorder.

**Intergen (II) chain C**  In contrast chain C exhibits the following characteristics: residues 1–4, 7, 8, 12, 13, 16, 17, 19–21, have clear well defined density; residue Q5 has mainly clear density but with missing terminal density; residues S9, I10, N18 and C6–C11 are modelled as single conformations but are probably well ordered double conformations (all shown in orange in Fig. 11b; Y14 has very poor electron density and is fitted as Ala; Q15 also has very poor density and is disordered).

**Intergen (II) chain B**  Chain B exhibits the following characteristics: residue F1 has mainly clear density but with missing terminal density; residues 2–10, 13–26 and 28–30, have clear well defined density; residues L11 and V12 are modelled as single conformations but are probably well ordered double conformations, whereas residue T27 is in clear well defined density and is modelled as a double conformation but has missing terminal density (all three are shown in orange in Fig. 11b).

**Fig. 12**  Distribution of residues possibly associated with receptor binding and biological activity of HR insulin, Insugen (I). The major concentration of residues occurs on chain B (blue) which includes the residue Phe25B discussed in the definitive account of the porcine insulin X-ray structure by Baker et al. [1]. In the Insugen (I) structure Phe25B occupies two distinct well defined conformations as shown here. It is of interest to note that in Intergen (II) HR insulin Phe25B has a clear well defined conformation. Alternative conformations in Insugen (I) residues are coloured blue here. A minor group of residues occurs on chain C (coloured grey). Drawn with Accelrys Discovery Studio 3 [23].
Intergen (II) chain D  Chain D exhibits the following characteristics: residues 2, 3, 5–11, 13–20, 22–28, and 30 are all well defined in clear electron density; F1 is in clear but weak density; Q4 is largely well defined but has missing terminal density; V12 is modelled in a clear single conformation but is in density that strongly suggests it is disordered in two clear conformations (orange in Fig. 11b); E21 and K29 are poorly defined with weak density that does not include all atoms in the residue chains.

Overall comments on Intergen (II)  As for the Insugen (I) structure the following points can be made for Intergen (II). Why is chain A so well ordered while chain C shows a number of double conformations and poorly defined residues? Chain B shows one double conformation. There are no double conformations in chain D.

Comparison of the Insugen (I) and Intergen (II) structures  Referring to Fig. 11:

1. Both A-chains have mostly well-defined electron density with very few problems in their interpretation.

2. For the C-chains the only notable difference here lies in the assignment of a double conformation for the C6–C11 disulphide bridge in Insugen (I). As mentioned above the electron density for Intergen (II) in this region, Fig. 16, strongly suggests that it might be possible to model a double conformation here as well.

3. Comparison of the B-chains of Insugen (I) and Intergen (II): differences here occur for residues L11, V12 and R22 which have double conformations in Insugen (I) and T27 which has a double conformation in Intergen (II). Insugen (I) chain B also has problem residues E13, L17, E21, F25, T27, K29 and T30, which are well behaved in Intergen (II). Intergen (II) chain B has one residue T27 modelled as a double conformation but which is single in Insugen (I).

There are a number of differences between Insugen (I) chain D and Intergen (II) chain D. In Insugen (I) F1, V2 and T27 all have problem electron density but are well behaved in Intergen (II); Q4, E21 and K29 have weak or poorly defined electron density in both structures; residues S9, V12 and V18 have double conformations in Insugen (I) but not in Intergen (II).

General comments on Insugen (I) and Intergen (II) structures  The above analysis has indicated that in both the Insugen (I) and Intergen (II) structures the sequence equivalent protein chains A and C, and B and D, respectively exhibit significant differences with respect to their corresponding amino acids such as double conformations and quality of the electron density. It is of interest to note that Baker et al. [1] in discussing the 1.5 Å X-ray structure of porcine insulin, report the presence of seven disordered amino acid residues: two in chain B (ArgB22 and LysB29) and five in chain D (GlnD4, ValD12, GluD21, ArgD22 and ThrD27). Of these only two amino acids in Insugen (I) ArgB22 and ValD12, have double conformations. The question of double conformations and poorly defined or absent electron density in the recombinant human insulin structures and the widespread lack of correspondence between the two raises two questions: (1) what is the origin of these differences? And (2) do they affect the therapeutic properties of these preparations? With respect to question (1) the possibilities include (a) method of preparation including folding of the recombinant amino acid-chains and (b) the forces in play when the crystal is cryo cooled prior to X-ray data collection.

With respect to question (2) it is well known that differences in the form of a therapeutic insulin preparation with respect to the naturally occurring insulin can induce the production of antibodies in patients. No such indication has been noted with respect to the widespread use of either Insugen (I) or Intergen (II) but is nevertheless a possibility which should be borne in mind.

Some further selected details  Insugen (I) structure: chain C(3) S–S bridge between Sy6–Sy11  The electron density excerpt below, Fig. 13, reveals the distinct disordering in this region. This shows the electron density in the disordered internal S–S bridge of Insugen (I) chain C(3) between Sy6–Sy11. Atom Sy11 occupies two clear sites A (80%) and B (20%). Sy6 occupies a single site.

Fig. 13  Electron density in the disordered internal S–S bridge in Insugen (I) chain C between Sy6–Sy11. Atom Sy11 occupies two clear sites A (80%) and B (20%). Sy6 occupies a single site. Drawn with WinCoot 0.3 [19]
Figure 14a shows details of the Insugen (I) structure: chain C(3) S–S bridge between Sy6–Sy11 showing the geometry of part A of the disordered S–S bridge in chain C(3). For Sy6–Sy11A: Cα6–Cβ6 = 1.532 Å, Cβ6–Sy6 = 1.815 Å, Sy6–Sy11A = 2.119 Å, Sy11A–Cβ11A = 1.785 Å, Cβ11A–Ca11A = 1.547 Å; Cα6–Cβ6–Sy6 = 114.16°, Cβ6–Sy6–Sy11A = 112.79°, Cα6–Cβ6–Cβ11A = 98.05°, Sy6–Sy11A–Cβ11A = 104.10°, Sy11A–Cβ11A–Ca11A = 112.22°; torsion angle χ3 = Cβ6–Sy6–Sy11A–Cβ11A = −79.10° corresponds to left handed chirality [26].

Figure 14b shows the geometry of part B of the disordered S–S bridge in chain C(3) for Sy6–Sy11B: Cα6–Cβ6 = 1.532 Å, Cβ6–Sy6 = 1.797 Å, Sy6–Sy11B = 2.051 Å, Cβ11B–Cα11B = 1.532 Å; Cα6–Cβ6–Sy6 = 116.37°, Cβ6–Sy6–Sy11B = 103.66°, Cα6–Cβ6–Cβ11B = 101.86°, Sy6–Sy11A–Cβ11A = 114.16°, Sy11A–Cβ11A–Ca11A = 113.83°; torsion angle χ3 = Cβ6–Sy6–Sy11B–Cβ11B = 106.49° is close to the value of χ3 = 108.23° in the major conformation in chain C(3) and again corresponds to right handed chirality [26] the minor conformation being left handed, χ3 = −79.10°.

Conclusions on the comparison between Insugen (I) and Intergen (II) structures

Possible explanations for the observed bifurcation of chain C(3) Sy6–Sy11 disulphide are as follows: CysC6 is hydrogen bonded to a water molecule and there are several other waters modelled in this region which may be associated with greater conformational flexibility compared to CysA6. In addition CysA6 is in a hydrophobic pocket devoid of solvate molecules and consequently the disulphide may be more restricted by this environment. This is supported by the fact that the section of chain D close to chain A(1) Sy6–Sy11 disulphide is disordered (residues D1, 2 and 4) whereas the section of chain B close to chain C(3) Sy6–Sy11 disulphide is not, Fig. 11a and Additional file 1: Tables S3c, d. In “Molecular dynamics” the results of a molecular dynamics study of this observed order/disorder in the Sy6–Sy11 disulphides are presented.

Intergen (II) structure: chain C(3) S–S bridge between Sy6–Sy11

Inspection of the deposited X-ray structure of Intergen (II) (3W7Y), indicates that no attempt was made to model CysC6–CysC11 in chain C in a double conformation. However the superposition of the refined Insugen (I) chain C with the 3W7Y chain C indicates that the
alternate conformation of the disulphide from residues CysC6–CysC11 is likely also to be present, but not modelled, in the 3W7Y structure. This is indicated by the presence of negative electron density (green) in the same position as the CysC11 γ sulphur atom in the second (minor) conformation and positive (red) electron density in the over modelled main conformation, Fig. 16.

The possibility of this effect being accounted for by radiation damage in the Insugen (I) structure was investigated by closely inspecting the intensity data collected. This led to the conclusion that there is no global suggestion of radiation damage in the data. Next a number of subsets of data were integrated and scaled and the minimum set of data with acceptable completeness was assembled by using images 1–600 (the first third of the data). When solved and initially refined there was still evidence for the second conformation at this disulphide bond. As two clear conformations, rather than complete disorder have been assigned successfully it may be concluded that this is a reflection of the true state in the crystal, rather than radiation damage. Further examination of the difference in the disulphides A6–A11 (single ordered conformation) and C6–C11 (clear ordered double conformation) may be explained by the difference in solvent exposure. C6 is less than 4 Å from the nearest solvent molecule and there are several waters modelled in that area which may give greater conformational flexibility to the region. A6 is in a hydrophobic pocket and consequently the disulphide may be more restricted by that environment. This is supported both by the fact that the section of chain D in this vicinity of the part of the molecule is also disordered (see above).

**Solvated propanol in Insugen (I)**

The ultra-high resolution Insugen (I) X-ray structure has been found to include an unexpected solvated propanol molecule (POL5001), Fig. 17a. This solvate forms H-bonds with the prominent Oγ1A of ThrD27 in chain D(4), water 6002 and water 6007. The electron density for this solvate is clear (Fig. 17a) and the geometry of the refined propanol is excellent (Fig. 17b). ThrD27 in the Insugen (I) structure is cleanly split into two parts A and B as can be seen in Fig. 17a. To the best of our knowledge no other insulin structure has been shown to include structurally ordered propanol.

Figure 17c shows the propanol molecule in Insugen (I) lying in a binding pocket formed by rigid body movement of the first helix of chain C with respect to the structure of Baker et al. [1] (PDB 4INS). Interestingly, there is a similar

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**Fig. 15** a Electron density in the ordered internal S–S bridge Insugen (I) chain A(1) between Sγ6 and Sγ11. Drawn with WinCoot 0.7 [19]. b Insugen (I) structure: chain A(1) S–S bridge between Sγ6 and Sγ11 showing the geometry of the ordered S–S bridge after refinement. Drawn with Accelrys Discovery Studio 3 [23].

**Fig. 16** Electron density in Intergen (II) (3W7Y) in the vicinity of the disulphide bridge in chain C CysC6–CysC11. The presence of green density (arrowed) suggests the existence of a second conformation, as in the Insugen (I) structure. This second, minor, conformation has not been modelled in deposited Intergen (II) structure. Drawn with WinCoot 0.7 [19].

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movement of chain A in spite of there being no propanol solvate in this region. The C-terminal of chain D is also displaced towards the propanol binding pocket, while on chain B the movement is in the opposite direction.

Figure 18a shows the electron density in Insugen (I) in the vicinity of ThrB27 in chain B. There is no evidence of solvated propanol bound in this site. Similarly Fig. 18b shows Intergen (II) in the vicinity of chain D ThrD27 again with no propanol present, as is also the case for Intergen (II) chain B ThrB27.

Comments on the solvated propanol in Insugen (I)

It is interesting to note that Step 12 of US Patent Application Number US 13/032,797 [27] describes the use of n-propanol in a process for producing improved preparations and methods for manufacturing substantially liquid preparations of RH insulin API. It is possible that the manufacture of Insugen (I) has included a similar step and this is the origin of the bound propanol revealed in the ultra-high resolution X-ray structure described here.
It is possible that the presence of propanol in this insulin preparation may have consequences with respect to its biological/therapeutic characteristics [28]. Further evidence for the assignment of propanol in this pocket of electron density was obtained by modelling in a number of different likely possibilities. Of these propanol emerged as the most likely candidate (see Additional file 1: Text S2, Figure S4).

The use of the molecular modelling procedures described in “Molecular dynamics” to investigate reasons for the presence of propanol in the binding site located on chain D of Insugen (I) described here is currently in progress.

The Zn sites in molecules 1 and 2
Insugen (I) and Intergen (II) have been synthesised to include the Zn ions present in naturally occurring insulins. The Zn ions are an essential feature in the formation of the crystal structure and are located on a crystallographic three-fold axis. In porcine insulin 2 Zn crystals [1], three insulin dimers are assembled around two zinc ions, 15.82 Å apart on the threefold axis. Each zinc is coordinated to three symmetry related Nε atoms of residue His10B, both at 2.05 Å, and to three water molecules at 2.36 and 2.21 Å, in molecules 1 (chains A and B) and 2 (chains C and D), respectively. During the course of the X-ray analysis of Insugen (I) the Zn sites in molecules 1 and 2 were carefully examined.

The Zn site in Insugen (I) molecule 1
The electron density in the vicinity of Zn2 in molecule 1 is shown in Fig. 19a. This reveals an unexpected feature which was modelled and successfully refined as a solvated acetate molecule, acetate 2101. Zn2100 is coordinated to both His 2010 Nε as usual and a single water molecule water 617. There is no other solvate in this site. The Zn site in Insugen (II) molecule 2 is structured in the same way. Note: as previously stated the complete coordination sphere around the zinc ion is generated by application of the crystallographic three-fold symmetry.

Molecular dynamics
Insugen (I)
Introduction
As discussed previously in the ultra-high resolution X-ray structure of Insugen (I) in the internal disulphide bridge of chain C (CysC6–CysC11) CysC11 is disordered into two sites: A (80%) and B (20%), Figs. 13, 14a, b. However the corresponding disulphide bridge in chain A is not disordered, Fig. 15a, b. In this section molecular dynamics calculations have been employed in order to investigate and find a rational explanation for this difference.

Materials and methods
In order to prepare for the molecular dynamics (MD) simulations, two pdb files, Cys11_80percent.pdb and Cys11_20percent.pdb were generated from the original high resolution crystal structure by editing the atom records for Cys11, generating two separate pdb files, one with the chain C CysC6–CysC11 disulphide in the major (80%) conformation, the other with the minor (20%) conformation. Following this, both structures, including water molecules in the crystal structure were subjected to energy minimisation using HyperChem 8 Professional™ [29]. Energy minimisation was performed using the AMBER3 force field [30], using the Polak-Ribere conjugation gradient [31], with only the original contents of the crystal structure contained in a periodic box, since the object of the MD simulation was to explain the disorder in the original unit cell of the high resolution crystal structure, rather than a protein under normal solvated biological conditions.

As described below MD simulations were then performed. Two MD simulations were run for each pdb file. The first simulation was run at 310 K for 300 ps, using an initial heat time of 5 ps, with data collected every 0.01 picoseconds, with a time step of 0.002 ps, using NVT dynamics with a Berendsen thermostat [32]. The second simulation was run at a higher temperature of 320 K, an initial heat time of 2.5 ps. Data collection and time steps remained the same as the first simulation. The MD simulations were carried out using the leapfrog algorithm [33], with AMBER3 [30] being used as before. Data was
collected with respect to torsion angles for Cys6–Cys11 S–S bonds from both chains A and C, along with root mean square deviations for the torsion angles. RMSD values at the end of the simulations were also collected for both insulin molecules in the crystal asymmetric unit (Table 4a, b).

Results
The results of both simulations showed several notable changes regarding torsion angle $\chi_3$ of the internal Cys6–Cys11 disulphide bonds, where $\chi_3$ is defined by the atoms C$\beta$6–Sy6–Sy11–C$\beta$11. At the lower temperature (310 K) in the major conformation CysA6–CysA11 of chain A
underwent a conformation change around 8 ps, decreasing from about 120° to 50°, and then increased marginally before staying relatively constant between 60° and 80°. Chain C stayed relatively constant between 90° and 120°, Fig. 20a. The minor conformation for CysC6–CysC11 of chain A stayed relatively constant between 100° and 130°. CysC6–CysC11 of chain C, however, showed several changes. At about 36–41 ps there is an increase in the torsion angle χ3, followed by a decrease (41–47 ps), then another increase (41–66 ps), then another decrease before χ3 remains relatively steady for the rest of the simulation at roughly −80° to −100°, Fig. 20b. For the simulations at 320 K, the most noticeable change for the major conformation of chain C showed a very sharp, but transient decrease to around 50°, between approx 2–4 ps, before increasing and remaining relatively constant for the rest of the stimulation, while chain A remained relatively constant between 100° and 120°, Fig. 21a. Both Cys6–Cys11 of chains A and C stayed relatively constant for the minor conformation, Fig. 21b. Examination of the RMSD torsion angle kinetics for both the major and minor conformations of Cys6–Cys11 for the MD simulations show that for the major conformation at 310 K, RMSD values are much higher for CysA6–CysA11 of chain A, Fig. 22a. However for the minor conformation at 310 K and the major conformation at 320 K, the RMSD values are much higher for CysC6–CysC11 in chain C for all or the majority of the simulation, Figs. 22b and 23a. For the minor conformation at 320 K, RMSD values start higher for Cys C, but then fall below Cys A after 60 ps, Fig. 23b.

**Intergen (II) 3W7Y**

**Materials and methods**

The structure of Intergen (II) was also minimised using the method described above for Insugen (I), but was not split into two pdb files beforehand as no disordering was modelled for this structure, (Fig. 16). Following this, MD simulations were run at 310 K and 320 K, again using the methods described above for Insugen (I).

**Results**

The results for the simulations run at 310 K showed torsion angles χ3 for both Cys 6–Cys 11 in chains A and C largely remaining relatively steady around 80°–100°, except for some transient spikes above or below this range (Fig. 24a).  

Upon repeating the simulations at the higher temperature of 320 K, torsion angle χ3 for CysA6–CysA11 in chain A started off mostly steady around 80°–100° up to about 35–55 ps, and then temporarily sharply decreased before increasing again and then remaining relatively constant and mostly steady around 80°–100° for the rest of the simulation, except for some transient spikes. CysC6–CysC11 of chain C did not show any noticeable changes at the higher temperature, and remained relatively constant around 80°–100°, except for some transient spikes, which is similar to the result obtained for
310 K (Fig. 24b). The RMSD torsion angle kinetics support these changes, showing little difference between Cys 6–Cys 11 in chains A and C over the course of the simulation run at 310 K, but are much higher for Cys 6–Cys 11 in chain A than for Cys 6–11 in chain C for the simulation run at 320 K (Fig. 25a, b).

Conclusions
From the results of both the torsion angle plots and the RMSD kinetics for the Cys6–Cys11 SS bonds for Insugen (I), it is clear that both the Cys6–Cys11 internal disulphide bridges in chains A and C possess flexibility. However the flexibility of Cys6–Cys11 of chain C appears to be much greater, as both the MD simulations for the minor conformation at 310 K and the major conformation show times when the torsion angle of Cys6–Cys11 of chain C shows rapid decreases followed by rapid increases. In contrast, Cys6–Cys11 of chain A only showed one major change, in the major conformation at 310 K, at all other times staying relatively constant. The rapid changes in torsion angles shown by Cys6–Cys11 of chain C of Insugen (I) would appear to explain why it shows disorder in the original crystal structure.

From a structural point of view, examination of the secondary structures of chains A and C in the original crystal structure of Insugen (I) may provide an explanation for this increased flexibility. The structure of these chains consists of a single loop between two α-helices. The length of the loop shows differences in chains C and A. In chain C the loop is long enough to contain both Cys residues involved in the internal disulphide bridge, whereas in chain A it is shorter and so one of the Cys residues is located on an α-helix. The longer loop of chain C would be more flexible and therefore may possibly allow for more movement of the Cys residues involved in the disulphide bond. Over the course of the MD simulation
changes in secondary structure occur, most noticeably in chain C, with significant portions becoming converted to coils, which may further affect flexibility (Fig. 26). In contrast, the results for torsion angle changes and RMSD kinetics for Intergen (II) at 320 K suggest that for this structure, Cys 6–11 of chain A possess greater flexibility than Cys 6–11 of chain C. However, the difference in flexibility would not seem to be as great for Insugen (I).

**Overall conclusions from the molecular dynamics study**

From the results of both the torsion angle plots and the RMSD kinetics for the Cys6–Cys11 S–S bonds of Insugen (I), it is clear that both the Cys6–Cys11 internal disulphide bridges in chains A and C of possess flexibility. However the flexibility of Cys6–Cys11 of chain C appears to be much greater, as both the MD simulations for the minor conformation at 310 K and the major conformation show times when the torsion angle of Cys6–Cys11 of chain C shows rapid decreases followed by rapid increases. In contrast, Cys6–Cys11 of chain A only showed one major change, in the major conformation at 310 K, at all other times staying relatively constant. The rapid changes in torsion angles shown by Cys6–Cys11 of chain C of Insugen (I) would appear to explain why it shows disorder in the original crystal structure.

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A. In chain C the loop is long enough to contain both Cys residues involved in the internal disulphide bridge, whereas in chain A it is shorter and so one of the Cys residues is located on an α-helix. The longer loop of chain C would be more flexible and therefore may possibly allow for more movement of the Cys residues involved in the disulphide bond. Over the course of the MD simulation changes in secondary structure occur in Insugen (I), most noticeably in chain C, with significant portions becoming converted to coils, which may further affect flexibility.

Discussion

General comments and further selected examples
The ultra-high resolution X-ray structures of two forms of human recombinant insulin, Insugen (I) and Intergen (II), has revealed several quite unexpected and previously unpredicted features. Both Insugen (I) and Intergen (II) structures exhibit structural features that can be described as: (a) highly ordered; (b) clear and resolved double conformations; (c) badly disordered. The assembled molecule comprises polypeptide chains A, B, C and D where A and C are sequence equivalent, as are B and D. It is somewhat surprising that the occurrence of structural features (a), (b) and (c) between say Insugen (I) chains A and C is by no means one to one but rather almost lacking in correspondence. This observation applies to all pairs of like polypeptide chains in both Insugen (I) and Intergen (II) and to all pairs of like polypeptide chains one from Insugen (I) and one from Intergen (II). It would be of interest (1) to find explanations for these differences and (2) to know whether they affect the therapeutic properties of these preparations? As described in “General comments and further selected examples” below why a given residue should be perfectly ordered in one structure and badly disordered

Fig. 25  a Plot of torsion angle $\chi^3$ changes for Cys6–Cys11 in chains A and C in HR insulin Intergen (II) 3W7Y for the MD simulation carried out at 320 K. b Plot of RMSD kinetics of Cys6–Cys11 torsion angles $\chi^3$ for the HR insulin Intergen (II) 3W7Y in chains A and C, respectively. MD simulations carried out at 320 K

Fig. 26  HR insulin(Insugen I) comparison of secondary structures of chains C and A of the major conformation, showing the starting structure (with Cys6–Cys11 S–S bridge shown) and then after MD simulation for 300 ps at 310 and 320 K. Drawn with Swiss-PdbViewer (Deep View) [36]
in the other? With respect to question (1) the possibilities include (a) method of preparation including folding of the recombinant amino acid-chains and (b) the forces in play when the crystal is cryo cooled prior to X-ray data collection. With respect to question (2) it is well known that differences in the form of a therapeutic insulin preparation with respect to the naturally occurring insulin can induce the production of antibodies in patients. No such indication has been noted with respect to the widespread use of either Insugen (I) or Intergen (II) but is nevertheless a possibility which should be borne in mind. It may be possible to use molecular dynamics simulations further to resolve some of these considerations. 

Previous studies: (i) that of Baker et al. [1] at room temperature and a resolution of 1.5 Å on porcine insulin and (ii) that of Smith, Pangborn and Blessing on a commercially available biosynthetic form of T6 human insulin (Lilly Research Laboratories) at 120 K and 1.0 Å resolution [24] have revealed significant differences in a number of the individual amino acid residue conformations between the two structures. The level of refinement achieved in these two analyses, as is also the case with the low temperature structure of Intergen (II) HR insulin, as judged by the final R values (0.153, 0.183 and 0.168, respectively) are all inferior to that achieved here with the Insugen (I) HR insulin (0.1112). Interestingly Smith et al. [34] list seven side-chains in the porcine room temperature structure [1] at 1.5 Å resolution and nine side-chains in their 1.0 Å human insulin structure as having two distinct conformations. The residues involved are: porcine GluB4, ValB12, GluB21, ArgB22, ThrB27 and LysD29; human GluB4, ValB12, GluB17, GluD21, GluC5, LeuC16, ValD12, ValD18 and GluD21. Only two residues are in common in this list: GluB4 and ValB12. This result follows the trend reported here for Insugen (I) and Intergen (II) that correspondence between the two structures with respect to multiple or disordered conformations does not follow any fixed pattern. However, interestingly, reference to Fig. 11 reveals that in both Insugen (I) and Intergen (II) GluB4 and ValB12 presented problems in the interpretation of their electron densities. Of the other residues in the above porcine list some are clear single conformations and others are problematic in either Insugen (I) or Intergen (II). Similar comments apply with respect to the above list for biosynthetic form of T6 human insulin. GluB4 and ValB12 are the only residues in all four of these insulin structures that presented problems. According to Fig. 2 ValB12 is significantly involved in the interaction of insulin with its receptor.

**PheB24 and PheB25 in Insugen (I) and Intergen (II)**

A significant example of structural differences in the ultra-high resolution 100 K structures of Insugen (I) and Intergen (II) can be found in the phenylalanine residues PheB24 and B25 (see Fig. 11). As stated previously in “Introduction” these residues, amongst others, are important for insulin receptor binding [6]. As reported by Baker et al. [1] changes in biological activity occur when these residues are modified. Figures 27a, b show the electron density in Insugen (I) for residues PheB24 and B25, respectively while Fig. 28a, b show the electron density in Intergen (II) for the same residues.

The significant observation here is the extremely poor electron density for PheB25 in Insugen (I) which has been modelled as disordered with two distinct conformations, as opposed to PheB24 in Insugen (I) and PheB24 and PheB25 in Intergen (II) which are all excellent examples of strong, clearly resolved single conformation electron density. It is of interest to note that PheB25 in the X-ray structure of porcine insulin [1] has comparatively weak electron density corresponding to a single well defined conformation but with one missing atom on the phenyl ring (see also Footnote 1; Additional file 1: Figure S6a) and PheB24 is in completely well-defined electron density.
density as are PheD24 and PheD25. What is probably most surprising is that while Insugen (I) PheD25 has strong electron density corresponding to a single ordered conformation, as is also the case for Intergen (II) and porcine insulin [2], the conformation for Insugen (I) PheD25 uniquely corresponds to that of the ordered porcine B conformation, not the porcine D conformation as displayed by the other two PheD conformations (see also Additional file 1: Text S6, Figure S6a–h). It is planned to investigate the situation with respect to PheB24 and PheB25 in Insugen (I) and Intergen (II) using molecular dynamics as described in “Molecular dynamics” for the Sy6–Sy11 disulphides.

**Intergen (II) structure: chain C(3) S–S bridge between Sy6–Sy11**

The intra-chain S–S bridge in chain C(3) Cys6–Cys11 has been observed in Insugen (I) to exhibit two ordered conformations. Cys6 occupies a single site while Cys11 occupies two sites with relative occupancies of 0.8 and 0.2, respectively. The geometry and all other refinement characteristics of this bifurcated cysteine bridge are of excellent quality as discussed previously. The corresponding S–S bridge in Insugen (I) chain A(1) is completely ordered which again poses a question about the origin of the distinction between the two molecular dynamics simulations. Molecular dynamics studies have provided rationale in answer to this question. In fact the difference in the disulphides A6–A11 and C6–C11 may be further explained by the difference in solvent exposure. A6 is less than 4 Å from the nearest water solvent molecule and there are several waters modelled in that area which may give greater conformational flexibility to the region. C6 is in a hydrophobic pocket and consequently the disulphide may be more restricted by that environment. This is supported both by the fact that the section of chain B near this part of the molecule is also disordered. With reference to Intergen (II) the corresponding S–S bridge in chain A(1) is also completely singular and ordered. This S–S bridge in chain C(3) as observed by inspection of PDB 3W7Y has been modelled as a single ordered conformation. However, as discussed previously, there is evidence in the electron density (Fig. 16) that this S–S bridge is actually bifurcated as in the corresponding S–S bridge in Insugen (I). S–S bridges with ordered double conformations have been previously reported. For example Cys14–Cys 38 in the ultra-high resolution (0.86 Å) low temperature, synchrotron structure of bovine pancreatic trypsin inhibitor [25] is very similar to Cys6–Cys11 in Insugen (I).

**Solvated propanol**

The ultra-high resolution Insugen (I) X-ray structure was found to include an ordered solvated propanol molecule which forms H-bonds with the prominent OG1A of ThrD27 in chain D(4) and two water molecules. The electron density for this solvate is clear and the geometry of the refined propanol is excellent. There is no solvated propanol in Insugen (I) chain B(2) or in either chain B or D in Intergen (II). These differences again offer a challenge to a rational explanation. The origin of the solvated propanol in Insugen (I) may be questioned. However it is known that propanol is a minor component used in the manufacturing process and is most likely to have been introduced into the protein at some stage of the synthesis procedure. To the best of our knowledge no other insulin structure has been shown to include structurally ordered propanol.
The Zn sites
Insugen (I) and Intergen (II) have been synthesised to include the essential Zn ions present in naturally occurring insulins. The Zn ions are an essential feature in the formation of the crystal structure and are located on a crystallographic three-fold axis.

The Zn site in Insugen (I) molecule 1
The electron density in the vicinity of Zn2 in molecule 1 revealed an unexpected feature which was shown to be a solvated acetate molecule. Zn2 is coordinated to both His10B Nε in chain B and an oxygen atom of the acetate. It is most likely that the presence of solvated acetate originated during crystallization. There are no other solvated acetate sites in either Insugen (I) or Intergen (II).

Additional file
Additional file 1. Hexamers in Insugen (I) (PDB 5E7W) and Intergen (PDB SW7Y), respectively.

Authors’ contributions
DRL was responsible for growing the Insugen (I) crystals used for X-ray data collection at Diamond, monitoring the structure determination and refinement, advising on the graphical analysis of the structure, surveying the progress of the manuscript preparation, checking the Figures and Tables and advising on the Supporting Information. RAP monitored the structure determination and refinement, carried out the graphical analysis of the two structures Insugen (I) and Intergen (II), surveyed the locations and involvement of water molecules, initiated and carried out the manuscript preparation including many of the Figures and References, devised the Graphical abstract and prepared most of the Supporting Information. CMCL selected and mounted the crystal for X-ray diffraction measurements, processed and assessed the data, solved and refined the initial structure and measured fluorescence spectrum to test for the presence of Zn. CEN carried out the further refinement of Insugen (I) including assignment of multiple side chain conformations, conversion to anisotropic thermal parameters for the non-H atoms, modelling H-atoms for inclusion in the refinement, detailed checking and assessment of the structure as it developed, further refinement of the deposited Intergen (II) structure, preparation of some of the Figures and Tables and deposition of the data in the PDB. BZC was responsible (together with RAP and DRL) for the inception of the project, closely followed the progress of manuscript preparation and advised on certain aspects of how to proceed, took responsibility for the correct usage of scientific units and advised on aspects of submission of the manuscript for publishing including appropriate References, quality of the graphics, Figures and Tables in both the main text and Supporting Information. ZAI-K and AAB were responsible for supplying the original Insugen (I) material for crystallization and advised on its biochemical properties. B.H supervised the MD calculations, interpretation and presentation of the results and implications of the results for the two structures. NCG undertook the running of the MD calculations, preparation of the graphical outputs and interpretation and implications of the results. JWS undertook the detailed analysis of features of secondary structure in Insugen (I) and advised on the preparation of their graphical images. JNL was largely responsible for characterising the features of the water structure and assisted in devising suitable ways of illustrating and presenting them, he also advised on both special and general aspects of the presentations in the manuscript and in the reading and checking of most of the sections presented. AKB was largely responsible for initiating the further refinement of Insugen (I) and played a significant part in the analysis of the residues with multiple conformations and their refinement, he also carried out a number of checks on the validity of refined structural features and their presentation. All authors read and approved the final manuscript.

Acknowledgements
The authors wish to sincerely thank the following for help and suggestions at various times: Dr. Hideaki Niwa, Prof. Thomas Sorensen, Prof. Noriyoshi Sakabe, Prof. G David Smith, Prof. Michael Weiss, Prof. Jon Cooper, Prof. Eleanor Dodson, Dr. Mark Ladd, Dr. Kevin Palmer, Andy Fry and Dr. Mark Sanderson.

This article is dedicated to Hilda Thanda Palmer.

Competing interests
The authors declare that they have no competing interests.

Availability of data and materials
All data are readily available (the primary X-ray diffraction data have been deposited at the Protein Data Bank as 5E7W).

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Received: 5 March 2017 Accepted: 12 July 2017 Published online: 01 August 2017

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