Bayesian forecasting of mortality rates by using latent Gaussian models

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[Received October 2017. Revised October 2018]

Summary. We provide forecasts for mortality rates by using two different approaches. First we employ dynamic non-linear logistic models based on the Heligman–Pollard formula. Second, we assume that the dynamics of the mortality rates can be modelled through a Gaussian Markov random field. We use efficient Bayesian methods to estimate the parameters and the latent states of the models proposed. Both methodologies are tested with past data and are used to forecast mortality rates both for large (UK and Wales) and small (New Zealand) populations up to 21 years ahead. We demonstrate that predictions for individual survivor functions and other posterior summaries of demographic and actuarial interest are readily obtained. Our results are compared with other competing forecasting methods.

Keywords: Actuarial science; Demography; Heligman–Pollard model; Markov random field

1. Introduction

1.1. Problem setting
Analysis of mortality data has long been of interest to actuaries, demographers and statisticians. The first life tables were developed in the 17th century; see for example Graunt (1977). What is perhaps the best-known mortality function is the analytical formula that was suggested by Benjamin Gompertz in 1825 (Smith and Keyfitz, 1977), which in many cases gives surprisingly good fits to empirical adult mortality rates. The earliest attempt to represent mortality at all ages is that of Thiele and Sprague (1871), who combined three different functions to represent death rates among children, young to middle-aged adults and the elderly. They proposed negative and positive exponential curves for the first and third components and a normal curve for the second.

Over a century later, Heligman and Pollard (1980) used a similar mathematical function that appears to provide satisfactory representations of a wide variety of mortality patterns across the entire age range.

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© 2018 The Authors Journal of the Royal Statistical Society: Series A (Statistics in Society) 0964–1998/18/182000
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Demographers, economists and social scientists are interested not only in the actual demographic structure of a country, but also on projections into the future. Although the static problem is quite straightforward, obtained readily from consensus data, the dynamic problem is a challenging problem with only partially satisfactory solutions. A wide variety of mortality projection models are now available for practitioners; see for example Lee and Carter (1992), Brouhns et al. (2002), Currie et al. (2004), Renshaw and Haberman (2006), Cairns et al. (2006) and Delwarde et al. (2007). The approach that has been adopted until now is to select a single model, based on considerations of goodness of fit, past practice or other considerations, and to project forwards in time to produce not only expected future mortality rates but also an estimate of the associated uncertainty in the form of a prediction interval. For a visual illustration of the problem consider the mortality data of UK–Wales, obtained from the Human Mortality Database (2014), between the years 1960 and 2013 depicted in Fig. 1. Clearly the probabilities of death are decreasing over the years and it is of particular interest to predict future mortality curves.

In what follows, \( m_{zt} \) is used to represent the average, over time \( t \), of the instantaneous rate of death among the individuals with age in the interval \([z, z+1)\); with \( n_{zt} \) and \( d_{zt} \) we denote the population at risk and the number of people who die at time \( t \) with age in the interval \([z, z+1)\), and following Currie (2016) we define the mortality rate \( p_{zt} \) to be the probability of dying within 1 year for a person aged \( z \) at time \( t \). The density of a \( u \)-variate Gaussian random variable \( X = (X_1, \ldots, X_u) \) with mean \( \mu \) and covariance matrix \( S \) evaluated at \( X \) is denoted by \( \phi_u(X; \mu, S) \). Furthermore \( \phi_u(X; \mu, S, \eta, \xi) \), where \( \eta = (\eta_1, \ldots, \eta_u) \) and \( \xi = (\xi_1, \ldots, \xi_u) \), denotes the density of \( X \) conditionally on the event that \( X_i \in [\eta_i, \xi_i], i = 1, \ldots, u, \) and \( \eta_i \) and \( \xi_i \) are either real numbers, or \(-\infty \) or \( \infty \) respectively; \( N_u(\mu, S; \eta, \xi) \) denotes the corresponding \( u \)-variate truncated Gaussian distribution. By assuming that we have past data containing the number of people being at risk at time \( t \) aged \( z \) and the corresponding number of deaths \( d_{zt} \), our interest lies in forecasting the values \( p_{z(T+1)}, p_{z(T+2)}, \ldots \).

1.2. A review of modelling and forecasting mortality rates

Useful review material and case-studies comparing models are provided by Booth and Tickle (2008), Cairns et al. (2011a) and Haberman and Renshaw (2011). Here we categorize mortality models into three main types.

1.2.1. Lee–Carter model and extensions

The best-known mortality model, and most successful in terms of generating extensions, is the Lee–Carter (LC) model (Lee and Carter, 1992) which models the logarithm of \( m_{zt} \) as a bilinear function of age and time, i.e.

\[
\log(m_{zt}) = a_2 + \beta \zeta_t
\]

where \( a_2, \beta \) and \( \zeta_t \) are parameters to be estimated from relevant data. A time series model is used for \( \zeta_t \), which allows projections to be made by using estimates of future \( \zeta_t \) based on the corresponding time series forecast. Renshaw and Haberman (2003) added flexibility to the model by incorporating a second bilinear term on the right-hand side of equation (1).

The original LC model fits parameters by least squares methodology based on observed log-death-rates (implicitly assuming a log-normal model for observed death rates). More satisfying and justifiable statistically are approaches which use model (1) as a component of a Poisson model (possibly allowing also for overdispersion) for the observed numbers of deaths, as originally suggested by Brouhns et al. (2002).
Fig. 1. From top to bottom, log-probabilities of death versus age, for the years 1960, 1970, 1980, 1990, 2000, 2010 and 2013 for females from UK–Wales.
Various extensions of the basic LC model have been proposed, most notably the introduction of cohort effects (Renshaw and Haberman, 2006), where model (1) is modified to

\[
\log(m_{zt}) = a_z + \beta_{zt}^{(0)} \gamma_{t-z} + \beta_{zt}^{(1)} \zeta_t
\]

(2)

where \(\beta_{zt}^{(0)} \gamma_{t-z}\) represents a bilinear effect depending on cohort \(t - z\).

The basic LC model does not impose any smoothness on the age parameters \(a_z\) and \(\beta_{zt}\), which particularly in the case of \(\beta_{zt}\) can result in estimates which are unrealistic as functions of \(z\). Approaches to overcome this problem involve smoothing the age parameters, either explicitly by constructing a smooth parametric model (de Jong and Tickle, 2006) or by imposing \textit{a priori} smoothing constraints on the parameters either via penalized maximum likelihood estimation (Delwarde et al., 2007) or, in a Bayesian framework, via a hierarchical prior distribution (Girosi and King, 2008). A related approach that was proposed by Hyndman and Ullah (2007) smooths the observed \(\log(m_{zt})\) data by using standard non-parametric smoothing techniques and then fits a functional regression model to the smoothed data by using a set of orthonormal basis functions of age. The corresponding functional regression coefficients are time varying and projected by using a time series model. Recently, Li et al. (2013) proposed also some extensions to the basic LC model. First, following Li and Lee (2005), they modified the LC method to produce projections that are non-divergent between the two sexes. Then, they extended the model to account for changes in the age-specific rates of mortality decline over the years. They model the fact that mortality decline is decelerating at younger ages and accelerating at old ages (Bongaarts, 2005) by modelling \(\beta_{zt}\) to depend on time \(t\) through suitable functions. They noted that their model is particularly useful for projections over very long time horizons, whereas it reduces to the LC method for less than 80-years-ahead predictions.

1.2.2. Generalized linear models

Several approaches have been proposed in which the bilinear term in model (2) is replaced by linear terms, the simplest of these being the classical age–period–cohort (APC) model

\[
\log(m_{zt}) = a_z + \beta_t + \gamma_{t-z}
\]

(3)

which is commonly used in demographic and epidemiological applications.

Renshaw and Haberman (2003) proposed (variations of) a model which can be expressed as

\[
\log(m_{zt}) = a_z + \beta_{zt} t + \gamma_{t-z}
\]

where the \(\gamma_t\) are used in modelling observed data, but implicitly set to 0 for future projections. Cairns et al. (2006) proposed the logistic–linear model

\[
\log\left(\frac{p_{zt}}{1-p_{zt}}\right) = \zeta_t^{(1)} + \zeta_t^{(2)} (z - \bar{z})
\]

(4)

where \((\zeta_t^{(1)}, \zeta_t^{(2)})\) are modelled as a bivariate random walk. Extensions to this model were presented and compared by Plat (2009), Cairns et al. (2011a) and Haberman and Renshaw (2011).

A generalized linear model which is not directly based on the LC formulation was proposed by Currie et al. (2004) and extended by Kirkby and Currie (2010). Here \(\log(m_{zt})\) is modelled as a smooth function in two dimensions (age and time) by using a generalized linear model with covariates derived from a (product) spline basis. Estimation is performed by penalized maximum likelihood, the penalty function imposing smoothness by penalizing discrepancies between neighbouring spline coefficients.
1.2.3. **Non-linear models**

Various models have been proposed where mortality is expressed as a parametric function of age. Perhaps the best known of these is the Heligman–Pollard model (Heligman and Pollard, 1980) where the odds of death as a function of age are

\[
\frac{p_z}{1 - p_z} = A(z + B) + D \exp\left[-E \left(\log(z) - \log(F)\right)^2\right] + GH^z
\]

where \(A, B, C, D, E, F, G\) and \(H\) are unknown parameters. Parameters \(A, B, C\) and \(D\) take values in the interval \((0, 1)\), whereas for the parameters \(E\) and \(F\) we have that \(E \in (0, \infty)\) and \(F \in (10, 40)\). Finally, \(G \in (0, 1)\) and \(H \in (0, \infty)\); see Dellaportas et al. (2001) for a more detailed discussion. Rogers (1986) and Congdon (1993) have noted that estimation of the parameters of the Heligman–Pollard model is problematic because of the overparameterization of the model. Dellaportas et al. (2001) discussed the use of weighted least squares for the estimation of the Heligman–Pollard model and suggested Bayesian inference through a Markov chain Monte Carlo (MCMC) algorithm. Forecasting the future is more involved. The approach that has been adopted until now is first to estimate the parameters of the model for each age and for each year interval and then to model the estimated parameters via a time series model. Clearly, such approaches ignore the parameter uncertainty as well as the parameter dependence. These approaches have been adopted by Forfar and Smith (1985), Rogers (1986), McNown and Rogers (1989), Thompson et al. (1989) and Denuit and Frostig (2009).

Sherris and Njenga (2011) described an approach to mortality forecasting by fitting a Heligman–Pollard model to the probabilities of death \(p_{zt}\), over time, with time varying parameters \(A_t, B_t, C_t, D_t, E_t, F_t, G_t\) and \(H_t\). A vector auto-regression was used to model and project these time varying estimated parameters to obtain mortality projections.

### 1.3. Our contribution

We propose two modelling approaches to perform our predictions. First we generalize the work of Dellaportas et al. (2001) by including a dynamic component in their model based on the Heligman–Pollard formula. We assume that the eight parameters of the model evolve as random-walk parameters, thus relaxing any stationarity assumptions for the characteristics of the mortality curve. Second, we propose the use of a non-isotropic Gaussian Markov random field (GMRF) on a lattice constructed with ages \(z\) and years \(t\) and we project to the future by exploiting the estimated past features of the process. For both of the models proposed we use Bayesian methods to estimate their latent states and their parameters. More precisely, both models belong to the class of latent Gaussian models. The models consist of a non-normal likelihood and a Gaussian prior for their latent states. Bayesian inference for this type of models relies on an MCMC algorithm which alternates sampling from the full conditional distributions of the parameters of the model and the vector of the latent states.

The step of sampling from the full conditional distribution of the parameters is usually conducted either directly or by using simple Metropolis–Hastings (MH) updates. The step of sampling the latent states of the model is challenging, since it usually consists of sampling from a distribution which is high dimensional and non-linear; see for example Carter and Kohn (1994), Gamerman (1997, 1998), Knorr-Held (1999) and Knorr-Held and Rue (2002) for some earlier attempts for Bayesian inference for the latent states of latent Gaussian models. However, it is recognized (Cotter et al., 2013) that an MH step targeting the conditional distribution of the latent states of a latent Gaussian model must be both likelihood and prior informed. Proposals that are informed by the likelihood of a latent Gaussian model are proposals which are based on the
discretization of the Langevin diffusion and they are used in the Metropolis adjusted Langevin algorithm that was developed by Roberts and Tweedie (1996) and the manifold Metropolis adjusted Langevin algorithm and Riemann manifold Hamiltonian Monte Carlo method developed by Girolami and Calderhead (2011). Proposals that take into account the dependence structure of the Gaussian prior of the latent states have been designed by Neal (1998) and by Murray and Adams (2010); see also Beskos et al. (2008) for a detailed discussion. Finally, Cotter et al. (2013) and Titsias and Papaspiliopoulos (2018) constructed proposal distributions which are informed from both the likelihood and the prior. In this paper we construct proposals that exhibit these properties in both of the models proposed.

1.4. Structure of the paper
The paper is organized as follows. In Section 2 we present our model based on the Heligman–Pollard formula. In Section 3 we adopt our second approach in the problem where we use a non-parametric model based on Gaussian processes. In Section 4 we present the application of our models on the UK–Wales and New Zealand data and we compare them with other competing models. Section 5 concludes with a brief discussion.

The data that are analysed in the paper and the programs that were used to analyse them can be obtained from

https://rss.onlinelibrary.wiley.com/hub/journal/1467985x/series-a-datasets

2. A dynamic model based on Heligman–Pollard formula

Heligman and Pollard (1980) argued that a mortality graduation can only be considered successful if the graduated rates progress smoothly from age to age and at the same time they reflect accurately the underlying mortality pattern. For this reason they proposed a mathematical expression or law of mortality which they fitted to post-war Australian national mortality data.

The curve that they suggested is given by equation (5). To define the dynamic version of the model, let \( \psi_t = (\tilde{A}_t, \tilde{B}_t, \tilde{C}_t, \tilde{D}_t, \tilde{E}_t, \tilde{F}_t, \tilde{G}_t, \tilde{H}_t) \) be the latent states of the model parameters at time \( t \), where the elements of \( \psi_t \) are obtained from the original variables by using a suitable transformation so that \( \psi_t \in \mathbb{R}^8 \). For example we set \( \tilde{A}_t = \log \{ A_t / (1 - A_t) \} \) and \( \tilde{E}_t = \log (E_t) \).

Throughout this paper, \( t \) will refer to a year whereas \( T \) is the number of years in the past for which we have data. The odds of death at time point \( t \) are assumed to be given by the Heligman–Pollard model:

\[
\frac{p_{zt}}{1 - p_{zt}} = A_t^{(z + B_t)C_t} + D_t \exp \left[ -E_t \{ \log(z) - \log(F_t) \}^2 \right] + G_t H_t^2
\]

where \( z = 0, 1, \ldots, \omega, t = 1, \ldots, T \) and \( \omega \) is the age of the oldest people in the data. We denote the right-hand side of equation (6) by \( K(z, \psi_t) \) and we have that

\[
p_{zt} = \frac{K(z, \psi_t)}{1 + K(z, \psi_t)}
\]

whereas the likelihood of our model is

\[
\pi(d | \psi) = \prod_{t=1}^{T} \prod_{z=0}^{\omega} \left( \begin{array}{c} n_{zt} \\ d_{zt} \end{array} \right) K(z, \psi_t)^{d_{zt}} \left\{ 1 + K(z, \psi_t) \right\}^{-n_{zt}}
\]

with \( d \) denoting the vector with elements \( d_{zt} \) for \( z = 0, 1, \ldots, \omega \) and \( t = 1, \ldots, T \).
For the dynamic modelling of the latent states in $\psi_t$, we assume a random-walk structure and we have that
\[
\pi(\psi_t | \psi_{t-1}, \mu, \Sigma, \eta, \xi) = \phi_8(\psi_t; \psi_{t-1} + \mu, \Sigma, \eta, \xi), \quad t = 2, \ldots, T,
\]
\[
\pi(\psi_{11}) \propto 1 \text{ if } \psi_{11} \in [\eta_i, \xi_i] \text{ and } \pi(\psi_{11}) = 0 \text{ otherwise, where } \psi_{it} \text{ denotes the } i\text{th element of } \psi_t, \quad i = 1, \ldots, 8.
\]

The random-walk process that is defined by equation (9) imposes a large amount of prior structure for the parameters of the Heligman–Pollard model and relaxes any stationarity assumptions for their evolution across the years. Specification of the vectors $\eta$ and $\xi$ allows the representation of our prior beliefs about the range of the parameters of the model and restricts known problems such as overparameterization (Congdon, 1993), non-identifiability (Bhatta and Nandram, 2013) and change in age patterns of mortality decline (Li et al., 2013) across the years. In our applications we fix the elements of the vectors $\eta$ and $\xi$ on the basis of prior beliefs, expressed as 1% and 99% percentiles, reported by Dellaportas et al. (2001), by setting $\eta = (-10.61, -10.61, -5.99, -11.29, -25.33, -\infty, -17.5, -1.39)'$ and $\xi = (-2.75, -0.2, 2.2, -3.48, 4.09, 2.64, -3.48, 0.18)'$.

For the drift $\mu$ of the random-walk process we assume that $\pi(\mu) = \phi_8(\mu; 0, M^{-1})$, where $M$ is a diagonal $8 \times 8$ matrix with elements equal to 0.001. For the variance–covariance matrix $\Sigma$ we assume the following inverse Wishart prior that was suggested by Huang and Wand (2013):
\[
\Sigma | \alpha \sim \text{IW}(\nu + 8 - 1, 2\nu \Sigma_{\text{prior}})
\]
where $\alpha = (\alpha_1, \ldots, \alpha_8)$, $\Sigma_{\text{prior}}$ is a diagonal matrix with elements $1/\alpha_1, \ldots, 1/\alpha_8$ on the diagonal, $\nu + 8 - 1$ are the degrees of freedom of the inverse Wishart distribution and for the parameters $\alpha_i$ we assume the following inverse gamma prior distributions:
\[
\alpha_i^{\text{HD}} \sim \text{IG}(\frac{1}{2}, 1/\nu^2)
\]
for all $i = 1, \ldots, 8$ whereas, following Huang and Wand (2013), we set $\nu = 10^5$. This prior structure implies half-$t(\nu, l)$ prior distributions for the standard deviations $\sigma_i$ in the diagonal of $\Sigma$ and by choosing $\nu = 2$ we have uniform $U(-1, 1)$ prior distributions for the correlation of the latent states in $\psi_t$, see Gelman (2006) and Huang and Wand (2013) for a detailed presentation of this prior structure for the covariance matrix $\Sigma$. Denoting by $\theta = (\Sigma, \mu, \alpha)$ the parameters of the model and by $\psi = (\psi_1', \ldots, \psi_T')'$ the latent states of the model the posterior distribution of interest is
\[
\pi(\psi, \theta | d, \eta, \xi) \propto \pi(\theta) \pi(d | \psi) \prod_{t=2}^{T} \phi_8(\psi_t; \psi_{t-1} + \mu, \Sigma, \eta, \xi).
\]  
By noting that any of the conditional distributions for the elements of $\psi$ depend on the vectors $\eta$ and $\xi$, we simplify our notation and we drop reference to them for the remainder of the section.

Our aim is to predict the probabilities $p_{zt}$ at some future time points $t = T + 1, T + 2, \ldots$, for all $z = 0, 1, \ldots, \omega$. To compute, for example, the posterior predictive distribution of $p_{z, T+1}$, we first must approximate
\[
\pi(\psi_{T+1} | d) = \int \pi(\psi_{T+1} | \psi_T, \theta) \pi(\psi, \theta | d) d\psi d\theta
\]  
and then compute the predictive density of $p_{z, T+1}$ based on equation (7). The integral in equation (11) is usually approximated as follows (Geweke and Amisano, 2010). First we must obtain $M$
samples from the distribution with density \( \pi(\psi, \theta | d) \) and then for each sample \( \psi_m^T \) and \( \theta_m^T \) we draw \( \psi_{T+1}^m \) from the distribution with density \( \phi_8(\psi_{T+1}^m; \psi_T^m, \mu_m^T, \Sigma_m^T, \eta, \xi) \). The values \( \{\psi_{T+1}^m\}_{m=1}^M \) from, through equation (7), a sample from the posterior predictive distribution of \( p_z(T+1) \). The same procedure can be used for every future time point \( T + 2, T + 3, \ldots \).

It is clear from expression (10) that the model proposed is a latent Gaussian model with latent states \( \psi \) and hyperparameters \( \theta \). To obtain samples from distribution (10) we construct a Metropolis-within-Gibbs sampler which alternates sampling from \( \pi(\psi | \theta, d) \) and \( \pi(\theta | \psi, d) \). Sampling from \( \pi(\theta | \psi, d) \) can be conducted directly since the full conditional distributions of the hyperparameters \( \Sigma, \mu \) and \( \alpha \) are of known form. Sampling from \( \pi(\psi | \theta, d) \) is performed by using \( T \) MH steps to update each \( \psi_t \). In Section 5 of the on-line supplementary material we derive the full conditional distributions required.

An important feature of the MH steps that we use to sample from the distribution with density \( \pi(\psi | \theta, d) \) is as follows. We incorporate information from the likelihood of our model in the proposal distributions of the MH steps by following Dellaportas et al. (2001). We propose for each \( t = 1, \ldots, T \) new states for \( \psi_t \) from a Gaussian distribution with mean \( m_t \) and covariance matrix \( c_t V_t \). The vector \( m_t \) and the covariance matrix \( V_t \) are the maximum likelihood estimators and covariance (inverse Hessian) matrix derived by using a non-linear weighted least squares algorithm with weights \( w_{zt} = 1/q_{zt}^2 \), where \( q_{zt} \) are the empirical mortality rates, for the age \( z \) at time point \( t \), as suggested by Heligman and Pollard (1980). Finally, \( c_t \) are pre-specified constants, which are tuned to achieve better convergence behaviour measured with respect to sampling efficiency (the percentage of accepted proposed moves). After the initial iteration, the mean vector of the proposal density is updated with the current sampled parameter vector. Thus, we construct a likelihood-informed proposal distribution which enables us to update the eight parameters of the model jointly. These characteristics of the proposed MCMC algorithm accelerate the convergence of the corresponding Markov chain by overcoming problems such as the strong posterior correlation of the parameters of the Heligman–Pollard model that was reported by Dellaportas et al. (2001). In Section 4 we apply the present methodology to the UK–Wales and New Zealand data. We evaluate the mixing properties of the proposed MCMC algorithm using the effective sample size (ESS) of the samples drawn from the posterior distributions of interest. The ESS of \( M \) samples drawn by using an MCMC algorithm can be estimated as \( s^2 M/\gamma_0 \) where \( s^2 \) is the sample variance of the samples and \( \gamma_0 \) is an estimate of the spectral density of the Markov chain at zero. In the on-line supplementary material we compare the ESS of samples drawn from the posterior in expression (10) by using our proposed MH steps with the ESS of samples drawn using simple random-walk MH steps.

3. A non-parametric model

A Markov random field is a joint distribution for the variables \( x_1, \ldots, x_n \) which is determined by its full conditional distributions with densities \( \pi(x_i | x_{-i}) \) where \( x_{-i} = (x_1, \ldots, x_{i-1}, x_{i+1}, \ldots, x_n)' \). In the case where the conditional distributions are Gaussian distributions the Markov random field is called a GMRF; see Rue and Held (2005). There is a strong connection between GMRFs and conditional auto-regressive models (Besag, 1974).

A special case of GMRFs that we shall use to model mortality rates is the intrinsic GMRF models, in which the precision (inverse covariance) matrix of the joint (Gaussian) distribution of the variables \( x_1, \ldots, x_n \) is a singular matrix, since it does not have full rank. In Section 1 of the on-line supplementary material we present further details of GMRF models.
### 3.1. Modelling mortality rates by using an intrinsic Gaussian Markov random-field model

To model mortality rates based on the model with likelihood given by equation (8) we transform the probability $p_{zt}$ of death at age $z$ in the $t$th year in the variable $x_{zt} = \log\{p_{zt}/(1-p_{zt})\}$ for each $z = 0, \ldots, \omega$ and $t = 1, \ldots, T$. Denote by $x_t = (x_{0t}, \ldots, x_{\omega t})'$ and let $x = (x_{1}', \ldots, x_{T}')$ be an $(\omega + 1)T$-dimensional vector. It is useful to think of a lattice with $(\omega + 1) \times T$ nodes and $(z,t)$ denoting the element of the $z$th row and the $t$th column. For the vector $x$ we assume that it has an $(\omega + 1)T$-variate Gaussian distribution with mean $\mu = (b_{1\omega+1}, 2b_{1\omega+1}, \ldots, Tb_{1\omega+1})'$, where $I_{\omega+1}$ is an $(\omega + 1)$-dimensional vector with elements $R_{ij}$ defined as

$$R_{ij} = \begin{cases} 1 & \text{if } i = 1 \text{ and } j = 1, \\ 1 & \text{if } i = \omega + 1 \text{ and } j = \omega + 1, \\ 2 & \text{if } i = j \text{ and } i, j \neq 1 \text{ and } i, j \neq \omega + 1, \\ -1 & \text{if } |i - j| = 1, \\ 0 & \text{otherwise}. \end{cases}$$

Following the modelling perspective described $x$ is an intrinsic GMRF since $Q$ is singular. It follows that, for each $z = 1, \ldots, \omega - 1$ and $t = 2, \ldots, T - 1$, the full conditional density of $x_{zt}$ is normal with mean equal to

$$\frac{1}{2} \left\{ \rho_{\text{age}}(x_{z-1,t} + x_{z+1,t}) + \rho_{\text{year}}(x_{z,t-1} + x_{z,t+1}) \right\}$$

and variance $1/(4\tau)$. The parameters $\rho_{\text{age}}$ and $\rho_{\text{year}}$ control the association of the probabilities of death across ages and years respectively. We emphasize that $\rho_{\text{age}}$ and $\rho_{\text{year}}$ are expected to differ because they capture correlations across age and calendar time dimensions, whereas to guarantee model identifiability we assume that $\rho_{\text{age}} + \rho_{\text{year}} = 2$.

#### 3.1.1. Bayesian inference

The likelihood function of our model is given by the product of the terms on the right-hand side of equation (8):

$$\pi(d|x) = \prod_{t=1}^{T} \prod_{z=1}^{\omega} \left( \frac{n_{zt}!}{d_{zt}!} \right) p_{zt}^{d_{zt}} (1 - p_{zt})^{n_u - d_{zt}},$$

where $d$ is the $(\omega + 1)T$-dimensional vector with elements $d_{zt}$ and $p_{zt} = \exp(x_{zt})/\{1 + \exp(x_{zt})\}$. By denoting by $\theta = (b, \rho_{\text{age}}, \tau)$ the parameters of the model, we construct an MCMC algorithm that samples from the joint posterior distribution of the parameters and the latent states of the model which has density

$$\pi(\theta, x|d) \propto \pi(\theta) \pi(x|\theta) \pi(d|x),$$

where $\pi(\theta)$ is the density of the prior distribution of the parameters, $\pi(x|\theta)$ is the density of the (improper) $(\omega + 1)T$-variate Gaussian distribution with mean $\mu$ and precision matrix $Q$ and $\pi(d|x)$ is given by equation (13).

Sampling from the distribution with density $\pi(\theta|x, d)$ consists of sampling from the full conditional distributions of the parameters $b, \rho_{\text{age}}$ and $\tau$ of the model. In section 4 of the on-line supplementary material of this paper we present the densities of these full conditionals and
we note that we can sample from these either directly \((\tau, b)\) or by random-walk MH steps on \(\rho_{\text{age}}\).

Sampling from \(\pi(x|\theta, d)\) consists of sampling from a distribution with density proportional to the product of the \((\omega + 1)T\)-variate Gaussian prior of the latent states \(x\) with the intractable likelihood given by equation (13). We use the gradient-based auxiliary MCMC sampler that was proposed by Titsias and Papaspiropoulos (2018) for sampling the latent states of the model proposed. In this case the gradient-based auxiliary sampler makes efficient use of the gradient information of the (intractable) likelihood and is invariant under the tractable Gaussian prior. Titsias and Papaspiropoulos (2018) show, by conducting extensive experiments in the context of latent Gaussian models, that the gradient-based auxiliary sampler outperforms, in terms of the ESS, well-established methods such as the Metropolis adjusted Langevin algorithm (Roberts and Stramer, 2002), elliptical slice sampling (Murray and Adams, 2010) and preconditioned Crank-Nicolson Langevin algorithms ( Cotter et al., 2013). Finally, an attractive feature of the gradient-based auxiliary sampler is that its implementation is straightforward and requires only a single tuning parameter to be specified, which can be estimated during the burn-in period.

The proposal that was developed by Titsias and Papaspiropoulos (2018) is based on an idea that first appeared in Titsias (2011) and is constructed as follows. Auxiliary variables \(u_x \in \mathbb{R}^{(\omega + 1)T}\) are drawn from the Gaussian distribution

\[
N[x + (\delta / 2) \nabla \log \{\pi(d|x, \theta)\}, (\delta / 2) I_{(\omega + 1)T}]
\]

where \(\nabla \log \pi(d|x, \theta)\) denotes the gradient of the log-likelihood evaluated at the current states of \(x\) and \(\theta\). Then new values \(x_{\text{prop}}\) are proposed from the distribution with density

\[
q(x_{\text{prop}}|u_x) \propto \phi(\omega + 1)T \{x_{\text{prop}}; u_x, (\delta / 2) I_{(\omega + 1)T}\} \pi(x_{\text{prop}}|\theta),
\]

and the proposed value \(x_{\text{prop}}\) is accepted with MH acceptance probability \(\min(1, \alpha)\) given by

\[
\alpha = \frac{\pi(d|x_{\text{prop}}, \theta)}{\pi(d|x, \theta)} \exp\{f(u_x, x_{\text{prop}}) - f(u_x, x)\}
\]

and \(f(u_x, x) = (u_x - x - (\delta / 4) \nabla \log \{\pi(d|x, \theta)\})' \nabla \log \{\pi(d|x, \theta)\}\), whereas Titsias (2011) suggested tuning the parameter \(\delta\) for an acceptance rate of 50–60\% to be achieved. In section 2 of the on-line supplementary material we summarize the steps of this algorithm.

For every \(z\) and \(k\), our aim is to predict the probabilities of death \(p_{zt}\) at future time points \(t = T + 1, T + 2, \ldots, T + k\) expressed through the vectors \(x^* = (x_{T+1}', \ldots, x_{T+k}')'\). The required predictive density is

\[
\pi(x^*|d) = \int \pi(x^*|x, \theta) \pi(x, \theta|d) dx\, d\theta.
\]

In section 3 of the on-line supplementary material of the paper we describe how we approximate the integral in equation (16) based on MCMC samples from the distribution with density \(\pi(x, \theta|d)\) and on properties of the multivariate normal distribution. We evaluate this approximation by calculating the ESS of the drawn samples. This exercise confirms that our choice to use the MH algorithm that was proposed by Titsias and Papaspiropoulos (2018) achieves Markov chains with good mixing expressed with high ESS. In the on-line supplementary material we present the ESS of the samples drawn from the posterior distribution of the latent states \(x\) of the model.
4. Applications to real data

4.1. Prediction of mortality rates

Our suggested models express different modelling beliefs about the extrapolation of the mortality curve. The Heligman–Pollard dynamic model suggests non-stationarity with variance increasing as the predictions move away in future, whereas the GMRF predictions are constrained by the strong Gaussian prior. To test how both models behave in real data, we predict 5-, 10-, 15- and 21-years-ahead mortality rates for UK–Wales based on observed data from the Human Mortality Database (2014) during years 1983–1992 ($T = 10; \omega = 89$). The results are compared with true observed mortality rates. Fig. 2 depicts the 95% credible intervals of the posterior predictive distributions of the log-probabilities of death obtained from the Heligman–Pollard and the non-parametric models, whereas Fig. 3 presents the corresponding posterior means. Both models perform well, with the Heligman–Pollard model achieving, as expected, wider credible intervals which are evaluated in Section 4.3 through a fully fledged quantitative evaluation. The methods proposed are not computationally expensive; our MCMC algorithms are written in R (R Core Team, 2017) and we obtain 1000 iterations in 2.5 min in the case of the GMRF model and in 6.5 s in the case of the Heligman–Pollard model. Thus, we needed almost 8 h to complete 21-years-ahead predictions by using the GMRF model and less than 4 h for the dynamic Heligman–Pollard model. However, after fitting the two models in multiple data sets in Section 4.3, we noted that the time for the Heligman–Pollard model varies between 4 and 14 h depending on the data set. See also the on-line supplementary material where we provide details for the implementation of our algorithm.

4.2. Prediction of survival probabilities

An attractive feature of our Bayesian methods is that we can easily obtain prediction intervals for several quantities which are of interest to actuaries and demographers, but they are not readily available in non-Bayesian models. Here we present projections of survival probabilities in a horizon of $k$ years ahead. These are defined as

$$sP_{z,T+k} = \prod_{i=0}^{s-1} (1 - p_{z+i,T+k})$$

(17)

and denote the probability of a person aged $z$ at the year $T + k$ to survive up to age $z + s$. Following Dellaportas et al. (2001) we utilize samples from the posterior predictive distributions of the probabilities of death to compute the probabilities in equation (17) for the data that were presented in Section 4.1. Fig. 4 summarizes the posterior samples of survival probabilities for $s = 5$, projected in the years 1997, 2002, 2007 and 2013 ($k = 5, 10, 15, 21$) by using the GMRF model. It is clear that we predict an increase in the posterior survivor function (lifetime).

Finally, we note that forecasts for quantities such as life expectancies, median lifetime, joint (for two people) lifetime and the probability of the first who dies between two people could be obtained easily from the output of the MCMC algorithms proposed as well.

4.3. Comparisons with existing methods

We compare our forecasts of future mortality rates with forecasts that were obtained with a series of popular models available in the R package StMoMo (Villegas et al., 2018). The StMoMo package provides a set of functions for defining and fitting an abstract model from the family of generalized APC stochastic mortality models. For a fitted model the package provides functions for forecasting future mortality rates. To quantify the uncertainty of the
Fig. 2. Predicted 95% credible intervals for the GMRF (---) and the Heligman–Pollard (-----) models for UK–Wales mortality data based on observations for the years 1983–1992 (●, true log-probabilities of death): (a) predictions for 1997; (b) predictions for 2002; (c) predictions for 2007; (d) predictions for 2013.

projections arising from the estimation of the parameters of a model, the package provides also functions for the implementation of bootstrap (semiparametric or on residuals) techniques as was suggested by Brouhns et al. (2005), Koissi et al. (2006) and Renshaw and Haberman (2008). Here, we compare predictions for mortality rates obtained by using our Bayesian methods with predictions obtained by using three commonly used stochastic mortality models. These are the LC model (Lee and Carter, 1992) presented by equation (1), the APC model defined by equation (3) and the model of Plat (2009) which combines the model of Cairns et al. (2006) presented by equation (4) with some features of the LC model.

To perform a fully fledged quantitative evaluation of the forecasts that were obtained by using the various models we used mortality data from UK–Wales and from New Zealand. The New Zealand data set was included because of the well-known (Li, 2014) characteristic of mortality studies that data from a small country are more comparable with data of insurance portfolios and pension plans. New Zealand had a population of 4.4 million people in 2011, which is somewhat smaller than the corresponding population of UK–Wales in the same year which was 56.1 million people.
The procedure that we used to compare the predictive performance of our proposed models with the performance of the competitive models proceeds as follows. First we obtained from the Human Mortality Database (2014) the number of women who were at risk and the corresponding number of deaths for both UK–Wales and New Zealand during the years 1980–2013. We used the formula 

$$n_{zt} \approx N_{zt} + \frac{1}{2}d_{zt}$$



to transform the average, over the \( t \)th year, number of people at risk \( N_{zt} \) to the initial exposed to risk \( n_{zt} \). Then, for a fixed prediction horizon of \( k = 5 \) and \( k = 15 \) years ahead and for each year \( T = 1989, \ldots, 2013 - k \) we used training data of 10 years, from year \( T - 9 \) up to year \( T \), to predict the probabilities of death of women with age \( z = 0, \ldots, 89 \) years old at the year \( T + k \). With the procedure described we obtained, for each of the models, 25 – \( k \) forecasts in the form of prediction intervals, each of them at a prediction horizon of \( k \) years ahead. On the basis of the conclusions of Currie (2016) we used the logit link for the probabilities of death to fit the LC, APC and Plat (2009) models. The details from the implementation of the MCMC algorithms that we used to obtain predictions with the models proposed are given in the on-line supplementary material.

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**Fig. 3.** Predicted means for the GMRF (---) and the Heligman–Pollard (-----) models for UK–Wales mortality data based on observations for the years 1983–1992 (●, true log-probabilities of death): (a) predictions for 1997; (b) predictions for 2002; (c) predictions for 2007; (d) predictions for 2013
Fig. 4. Posterior predictive distributions of survival probabilities \( sD_{zT+k} \) for UK–Wales mortality data, with \( s = 5 \), based on observations for the years 1983–1992 \((T = 10)\) for ages \( z = 0, 5, 10, \ldots, 85 \) years old (the prediction of the corresponding probabilities of death has been conducted by using the GMRF model): (a) predictions for 1997 \((k = 5)\); (b) predictions for 2002 \((k = 10)\); (c) predictions for 2007 \((k = 15)\); (d) predictions for 2013 \((k = 21)\).
To assess the quality of the prediction intervals obtained for the future probabilities of death we calculated the empirical coverage probabilities of the prediction intervals obtained, the mean width of the prediction intervals and the mean interval score. The quality of the mean forecasts was assessed by using the root-mean-squared error of the predicted means. For a fixed prediction horizon $k$ and age $z$ the empirical coverage probability of the prediction interval obtained from a given model was computed as the proportion of the $25 - k$ intervals that include the observed probability of death at age $z$ at the year $T + k$, for $T = 1989, \ldots , 2013 - k$. The mean width of the prediction interval is the sample mean of the $25 - k$ widths of the prediction intervals obtained and the mean interval score is the sample mean of the scoring rule called the interval score; see equation (43) in Gneiting and Raftery (2007). As was explained in Gneiting and Raftery (2007) the interval score is a scoring rule which rewards the forecaster who obtains narrow prediction intervals and incurs a penalty, proportional to the level of significance of the interval, if the observation misses the prediction interval. This means that we would like to obtain prediction intervals with low mean interval score. See also the on-line supplementary material of the present paper for a more detailed presentation of the interval score.

Figs 5 and 6 visualize the evaluation of the 95% prediction intervals that were obtained from the models under comparison for the UK–Wales data set. It seems that for the majority of the ages in the range 10–50 years old the proposed non-isotropic GMRF model delivers the most satisfactory predictions, for prediction horizons of both 5 and 15 years ahead, whereas for ages after 60 years the APC and Plat (2009) models exhibit slightly better predictive performance. Figs 7 and 8 depict the evaluation of the predictions that were obtained by the models under comparison for the mortality data from New Zealand. For a horizon of 5 years ahead the predictions of the Heligman–Pollard model are more accurate than those obtained from the LC, the APC and the Plat (2009) models for most of the ages up to 60 years old, whereas for predictions of 15 years ahead the APC and Plat (2009) models exhibit the best predictive performance for almost the whole age range.

In Table 1 we summarize the results that are presented in Figs 5–8 by providing averages, over ages, of the four measures that we used to assess the predictions that were obtained from the models under comparison. The non-isotropic GMRF model proposed dominates the Heligman–Pollard model in all the measures that we used except that from the coverage probabilities in the case of the New Zealand data set. Nevertheless, even in this case the superiority of the Heligman–Pollard model is quite unimportant since it is based on very wide prediction intervals which have little practical importance. Moreover, Bayesian inference for the parameters of the dynamic Heligman–Pollard model requires a large amount of prior information whereas inference for the GMRF model is feasible with non-informative priors. In summary, we propose the use of the GMRF model except if one wishes to relax the stationarity assumptions of the evolution of the mortality curves over the years via the Heligman–Pollard model.

Table 1 indicates that the GMRF model, the APC and the Plat (2009) models deliver similar and the most reliable predictions of future probabilities of death. Our algorithms are not computationally expensive and this is in contrast with existing Bayesian methods, which Li (2014) noted can take up to a couple of days to run. Thus, they have the usual advantages of the Bayesian inference paradigm, the most relevant of which is that they can easily be used for projecting, via predictive density functions, of survival probabilities, life expectancies and several other quantities of interest to actuaries and demographers. Moreover, they can be used routinely in cases with missing data (incomplete life tables) as has been demonstrated in Della-portas et al. (2001) by simply imputing the missing data conditionally on the parameters and then, conditionally on the missing data, proceeding as described in this paper. With respect to the MCMC mixing behaviour, the imputation of the missing data in the dynamic settings of
Fig. 5. Empirical coverage probabilities (first row), mean widths (second row) and mean interval scores (third row) of the 95% prediction intervals and root-mean-squared error of the mean forecasts (fourth row) calculated for each of the models under comparison by using training UK–Wales mortality data of females from the year $T/NUL$ until the year $T$, for each $T = 1989, \ldots, 2008$, to predict the probabilities of death of the year $T + 5$ across the ages 0–89 years old ($\longrightarrow$, GMRF; $\longrightarrow$, Heligman–Pollard; $\longrightarrow$, Plat (2009); $\longrightarrow$, APC; $\longrightarrow$, LC): (a) ages 0–15 years; (b) ages 16–39 years; (c) ages 40–89 years.
Fig. 6. Empirical coverage probabilities (first row), mean widths (second row) and mean interval scores (third row) of the 95% prediction intervals and root-mean-squared error of the mean forecasts (fourth row) calculated for each of the models under comparison by using training UK–Wales mortality data of females from the year $T = 9$ until the year $T$, for each $T = 1989, \ldots, 1998$, to predict the probabilities of death of the year $T + 15$ across the ages 0–89 years old (---, GMRF; ---, Heligman–Pollard; ---, Plat (2009); ---, APC; ---, LC): (a) ages 0–15 years; (b) ages 16–39 years; (c) ages 40–89 years.
Fig. 7. Empirical coverage probabilities (first row), mean widths (second row) and mean interval scores (third row) of the 95% prediction intervals and root-mean-squared error of the mean forecasts (fourth row) calculated for each of the models under comparison by using training New Zealand mortality data of females from the year $T - 9$ until the year $T$, for each $T = 1989, \ldots, 2008$, to predict the probabilities of death of the year $T + 5$ across the ages 0–89 years old (---, GMRF; ---, Heligman–Pollard; ---, Plat (2009); ---, APC; ---, LO): (a) ages 0–15 years; (b) ages 16–39 years; (c) ages 40–89 years.
Fig. 8. Empirical coverage probabilities (first row), mean widths (second row) and mean interval scores (third row) of the 95% prediction intervals and root-mean-squared error of the mean forecasts (fourth row) calculated for each of the models under comparison by using training New Zealand mortality data of females from the year $T_1 = 1989$, $\ldots$, 1998, to predict the probabilities of death of the year $T + 15$ across the ages 0–89 years old ($-\ldots-\ldots$, GMRF; $-\ldots-\ldots$, Heligman–Pollard; $-\ldots-\ldots$, Plat (2009); $-\ldots-\ldots$, APC; $-\ldots-\ldots$, LC): (a) ages 0–15 years; (b) ages 16–39 years; (c) ages 40–89 years.
### Table 1. Predictive performance of various models: the average predictive measure over the ages 0–89 years is reported

| Model          | Results for UK–Wales | Results for New Zealand |
|----------------|----------------------|-------------------------|
|                | 5 years ahead | 15 years ahead | 5 years ahead | 15 years ahead |
| **Empirical coverage probability of prediction intervals** |                     |                         |
| GMRF           | 0.89      | 0.88      | 0.64      | 0.65      |
| Heligman–Pollard | 0.87     | 0.99      | 0.92      | 0.98      |
| LC             | 0.76      | 0.77      | 0.84      | 0.93      |
| APC            | 0.82      | 0.86      | 0.77      | 0.86      |
| Plat (2009)   | 0.76      | 0.78      | 0.83      | 0.94      |
| **Mean width of prediction intervals** |                     |                         |
| GMRF           | 0.004     | 0.006     | 0.003     | 0.005     |
| Heligman–Pollard | 0.007    | 0.019     | 0.010     | 0.022     |
| LC             | 0.003     | 0.004     | 0.005     | 0.009     |
| APC            | 0.003     | 0.005     | 0.005     | 0.008     |
| Plat (2009)   | 0.003     | 0.006     | 0.006     | 0.009     |
| **Mean interval score of prediction intervals** |                     |                         |
| GMRF           | 0.004     | 0.006     | 0.008     | 0.012     |
| Heligman–Pollard | 0.008    | 0.019     | 0.011     | 0.022     |
| LC             | 0.006     | 0.016     | 0.006     | 0.009     |
| APC            | 0.003     | 0.005     | 0.006     | 0.009     |
| Plat (2009)   | 0.004     | 0.006     | 0.006     | 0.009     |
| **Root-mean-squared error** |                     |                         |
| GMRF           | 0.0008    | 0.0011    | 0.0012    | 0.0018    |
| Heligman–Pollard | 0.0010   | 0.0023    | 0.0015    | 0.0024    |
| LC             | 0.0009    | 0.0015    | 0.0012    | 0.0016    |
| APC            | 0.0007    | 0.0012    | 0.0013    | 0.0017    |
| Plat (2009)   | 0.0007    | 0.0015    | 0.0012    | 0.0017    |

this paper may be a little tricky and may vary between our two proposed models, since their full conditional density depends not only on the aggregated mortality rates of that year but also on the possibly unobserved mortality rates at the same age of other years.

## 5. Conclusions

We have proposed two models for forecasting mortality rates. We have first taken up the theme in Dellaportas et al. (2001) that there are a few attempts at modelling the time evolution of the Heligman–Pollard formula and we proposed a model that does not respect stationarity in the dynamic modelling of the parameters. We have also proposed a non-parametric model based on non-isotropic GMRFs. The evaluation of the forecasts that were obtained from the proposed and from existing models provides evidence that there are advantages in predicting future mortality rates by using our Bayesian models.

Finally we note that there is increasing interest in the literature for the joint modelling of two or more populations; see, for example, Cairns et al. (2011b) and de Jong et al. (2016). Both our proposed models can be extended towards this direction by modelling the dependence of the different populations by using the latent Gaussian processes of the models proposed. In the case of the Heligman–Pollard model we can assume that the Gaussian density in expression (9) is a
16-dimensional density with the covariance matrix $\Sigma$ capturing dependences of the parameters of the two populations. In the case of the GRMF model the dimension of each $x_t$ could be a $(2\omega + 2)$-dimensional vector resulting in a $(2\omega + 2)T \times (2\omega + 2)T$ precision matrix in equation (12) which could be modelled by constructing a non-isotropic GMRF of higher order; see for example chapter 3 of Rue and Held (2005).

It is well known in the demographic literature (see for example Renshaw and Haberman (2008)) that it is quite important for demographers, insurance companies and pension institutes that the uncertainty of the projections of future mortality rates is quantified through the computation of prediction intervals. Our proposed Bayesian methodology clearly addresses this issue by producing predictive densities of future data. This feature, together with the fact that one can produce any predictive quantities of interest with simple manipulations of our MCMC output, makes our predictions very valuable to actuaries and demographers alike.

Acknowledgements

We are grateful to the reviewers for valuable suggestions on presentation and modelling and to Michalis Titsias for many helpful discussions. This research has been cofinanced by the European Union (European Social Fund) and Greek national funds through the operational programme ‘Education and lifelong learning’ of the national strategic reference framework, research funding programme ARISTEIA-LIKEJUMPS-436, and by the Alan Turing Institute under Engineering and Physical Sciences Research Council grant EP/N510129/1.

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Supporting information

Additional 'supporting information' may be found in the on-line version of this article:

“Web-based supporting materials for “Bayesian forecasting of mortality rates by using latent Gaussian models”.”