Always-Real-Eigenvalued Non-Hermitian Topological Systems

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The effect of non-Hermiticity in band topology has sparked many discussions on non-Hermitian topological physics. It has long been known that non-Hermitian Hamiltonians can exhibit real energy spectra under the condition of parity-time (PT) symmetry—commonly implemented with balanced loss and gain—but only when non-Hermiticity is relatively weak. Sufficiently strong non-Hermiticity, on the other hand, will destroy the reality of energy spectra, a situation known as spontaneous PT-symmetry breaking. Here, based on non-reciprocal coupling, we show a systematic strategy to construct non-Hermitian topological systems exhibiting bulk and boundary energy spectra that are always real, regardless of weak or strong non-Hermiticity. Such nonreciprocal-coupling-based non-Hermiticity can directly drive a topological phase transition and determine the band topology, as demonstrated in a few non-Hermitian systems from 1D to 2D. Our work develops so far the only theory that can guarantee the reality of energy spectra for non-Hermitian Hamiltonians, and offers a new avenue to explore non-Hermitian topological physics.

Conservation of energy in quantum physics demands real eigenenergies for a closed system that is described by a Hermitian Hamiltonian. In presence of energy exchange with the surrounding environment, the energy conservation is broken. In such a situation, a non-Hermitian Hamiltonian will arise, leading to complex eigenvalues. However, the non-Hermiticity is not a sufficient condition for the existence of complex spectra, which means that it is possible to find a non-Hermitian system with real eigenvalues.

Parity-time(PT) symmetry, one of the major discoveries in non-Hermitian quantum physics, claims that a class of non-Hermitian Hamiltonians with PT-symmetry can still have real spectra [1, 2]. This counterintuitive discovery fundamentally overturned the past perception that only Hermitian operators can have real eigenvalues. However, the PT symmetry approach has a long-lasting limitation: it takes effect only when the non-Hermiticity is relatively weak [2–6]; in other words, sufficiently strong non-Hermiticity will destroy the reality of energy spectra even when PT symmetry is still respected — a situation known as spontaneous PT-symmetry breaking [2, 7–11]. Therefore, the PT symmetry cannot guarantee the reality of energy spectra. A PT-symmetric Hamiltonian belongs to a more general class of non-Hermitian Hamiltonians known as pseudo-Hermitian Hamiltonians [12, 13], but pseudo-Hermiticity does not guarantee the reality of energy spectra either. For example, let us consider $H = i\sigma_x$, which is pseudo-Hermitian since $H^\dagger = \eta H \eta^{-1}$, where $\eta = \sigma_x$, but $H$ has complex eigenvalues of $\pm i$. To our knowledge, there is no theory so far that can guarantee the reality of energy spectra in non-Hermitian systems.

Recently, there have been a lot of efforts in constructing topological states in non-Hermitian systems [14–17]. This combination of topological physics and non-Hermitian physics challenges the conventional understanding of topological phases [18–30], as they were previously defined and classified based on their Hermitian Hamiltonians [31, 32]. As a result, there have been many developments for non-Hermitian topological invariants to characterize non-Hermitian topology [3, 21–23, 33, 34]. Another challenge that is still under active exploration is whether the non-Hermitian topological systems can exhibit real energy spectra. Most studies along this line have adopted the PT symmetry in order to maintain the real spectra as much as possible [35–38]. However, all these systems will necessarily exhibit complex spectra in presence of sufficiently strong non-Hermiticity. Moreover, the nontrivial topology in non-Hermitian topological systems is not necessarily determined by Hermitian parameters [21, 22, 39–41], but can also be induced directly by non-Hermiticity. For example, recent studies have shown that by introducing deliberately designed loss and gain, a topological phase transition can be induced to generate topological states in non-Hermitian systems [4, 11, 42–44]. Non-reciprocal coupling is another form of non-Hermiticity, but discussions on its directly induced topological phase transition [e.g., to induce a one-dimensional (1D) nontrivial Zak phase] have been relatively few.

In this Letter, we develop an approach to construct non-Hermitian topological systems whose energy spectra are always real, regardless of weak or strong non-Hermiticity. Due to the always real energy spectra, the constructed non-Hermitian systems will not exhibit winding topology in the complex energy plane [14, 20], as in the recently discovered skin effect [18, 19, 21], but will have nontrivial topology defined in momentum space. In particular, the nontrivial topology can be either inherited from the Hermitian counterpart, or induced by non-Hermiticity directly. The approach is developed by the non-commutative matrix production between a non-uniform diagonal matrix and a Hermitian Hamiltonian.
matrix. The resultant non-Hermitian systems can be implemented with non-reciprocal coupling. We demonstrate the effectiveness of this approach in several concrete examples. In a 1D non-Hermitian system, we show that the band topology characterized by Zak phase can be inherited from the Hermitian Su-Schrieffer-Heeger (SSH) model, or induced by the non-Hermiticity. Starting with a two-dimensional (2D) \( C_3 \)-symmetric Hermitian system that is topologically trivial, we show that the non-zero topological polarization and fractional charges can emerge after introducing non-Hermitian terms, leading to topological corner states. All these examples exhibit real energy spectra for both bulk and boundary states, even in presence of strong non-Hermiticity.

Let us consider the following equation, which is commonly studied in the regular Sturm–Liouville theory [45]:

\[
H_0 \Psi_n = E_n M \Psi_n, \tag{1}
\]

where \( H_0 \) is a Hermitian matrix, \( M \) is a real diagonal matrix with diagonal elements \( M_{ii} > 0 \) and \( \Psi_n \) is the column vector. One can obtain the eigenvalues of Eq. 1 by solving \( |H_0 - E_n M| = 0 \) and \( E_n \) will be real (\( E_n \in \mathbb{R} \)) according to the regular Sturm–Liouville theory [45]. Here, we consider \( M = \text{diag}[\varepsilon_1, \varepsilon_2, \varepsilon_3, ..., \varepsilon_N] \) with \( \varepsilon_i > 0 \), and its determinant is nonzero (i.e., \( |M| \neq 0 \)) so that \( M^{-1} \) exists. Based on these facts, we can construct a system with the Hamiltonian \( H \) as:

\[
H = M^{-1} H_0. \tag{2}
\]

Clearly, this new system can have real eigenvalues \( E_n \). However, the Hamiltonian \( H \) in Eq. 2 is generally non-Hermitian (i.e., \( H \neq H^\dagger \)). To understand this non-Hermiticity, after performing the Hermitian operation on \( H \), one can obtain that \( H^\dagger = (M^{-1} H_0)^\dagger = H_0 M^{-1} \) and usually \( H^\dagger = H_0 M^{-1} \neq M^{-1} H_0 = H \), as a result of the non-commutativity for the matrix production, except for some special cases such as when \( H_0 \) is diagonal or the components in \( M \) are uniformly identical, namely \( M = c I \), where \( I \) is the identity matrix and \( c \) is the arbitrary constant.

Although \( H \) in Eq. 2 is non-Hermitian, it can have real eigenvalues, which means that there is no point gap in the bandstructure but only one special line gap that is perpendicular to the real axis in complex energy plane. Based on this special line gap, it is possible for the non-Hermitian Hamiltonian of Eq. 2 to possess non-trivial topology [14, 20]. Interestingly, the topology can be either inherited from a topologically non-trivial \( H_0 \), or induced by the \( M \) matrix with a trivial \( H_0 \).

### 1D non-Hermitian system from the SSH model.

As the first example, we discuss a 1D non-Hermitian system with coupling settings shown in Fig. 1(a), similar to the conventional SSH model [46]. The corresponding Hamiltonian is:

\[
H = \sum_n t_1 a_n^\dagger b_n + t_1 \varepsilon b_n^\dagger a_n + t_2 a_{n+1}^\dagger b_n + t_2 \varepsilon b_{n+1}^\dagger a_n, \tag{3}
\]

where \( t_1 = \kappa_0 \tau, t_2 = \kappa_0(1 - \tau), \tau \in (0, 1), \varepsilon \in \mathbb{R} \), and \( a^\dagger (a) \) and \( b^\dagger (b) \) are the creation (annihilation) operators. It can be regarded as the production of the inverse matrix of \( M = \text{diag}[1, \varepsilon, 1, \varepsilon, ..., 1] \) and the Hamiltonian of the conventional SSH model \( H_0 = \sum_n (t_1 b_n^\dagger a_n + t_2 b_{n+1}^\dagger a_n + C.C.) \), namely, \( H = M^{-1} H_0 \). The Hamiltonian of Eq. 3 in the momentum space can be expressed as:

\[
H_k = (t_1 + t_2 \cos(ka)) \left( \frac{1 + \varepsilon}{2\varepsilon} \sigma_x + i \frac{\varepsilon - 1}{2\varepsilon} \sigma_y \right) + t_2 \sin(ka) \left( \frac{1 + \varepsilon}{2\varepsilon} \sigma_y - i \frac{\varepsilon - 1}{2\varepsilon} \sigma_x \right), \tag{4}
\]

where \( k \) is the Bloch wave vector, \( a \) is the lattice constant and \( \sigma_i \) are the Pauli matrices. This Hamiltonian satisfies the chiral symmetry: \( H_k = -\sigma_z H_{-k} \sigma_z \). We can easily obtain its energy spectra: \( E_k = \pm \frac{1}{2\varepsilon} \sqrt{t_1^2 + t_2^2 + 2t_1 t_2 \cos(k)} \), as plotted in Fig. 1(b,c). The spectra are always real even for strong non-Hermiticity (i.e., \( \varepsilon \gg 1 \) or \( \varepsilon \ll 1 \)). Note that some other non-Hermitian systems based on non-reciprocal couplings, e.g., the Hatano-Nelson model [47], can exhibit real energy spectra under the open boundary condition,
but these real spectra are a result of boundary effect, being extremely sensitive to boundary conditions [48–53]. In contrast, the real spectra of our systems are insensitive to boundary conditions (see detailed discussions in Supplementary Material [54]).

The topology of our 1D non-Hermitian system can be characterized by the Zak phase: 
\[ c_n = -i \int_{-\pi/a}^{\pi/a} w_n \overline{\partial_k u_n} dk \]
where \( H_k[w_{k,n}] = E_{k,n} |w_{k,n}\rangle \) and \( H_k[w_{k,n}] = E_{k,n} |w_{k,n}\rangle \). The Zak phases \( (c_1, c_2) \) for the two bands are: \( (c_1, c_2) = (0, 0) \) for \( t_1 > t_2 \), and \( (c_1, c_2) = (-\pi, \pi) \) for \( t_1 < t_2 \) [54, 55]. The non-zero Zak phase for \( t_1 < t_2 \) indicates that there are two degenerate topological edge states localized at the ends of a finite system, as a manifestation of fractional charges at the ends [56–60]. From Eq. 3, we can see that the mirror symmetry is broken when \( \epsilon \neq 1 \). The topological states can be affected by this non-Hermitian parameter. For a finite system with \( N \) sites, the ratio between the amplitudes of the left and right edge states is \( \epsilon \) [54]: 
\[ \frac{\psi_n^2}{\psi_{N/n}^2} = \epsilon, \]
where \( \psi_1/N \) denote the field on the left/right end site. As shown in Fig. 1(d), when \( \epsilon \neq 1 \), the topological edge states can localize toward one end more than the other [54].

**Non-Hermiticity-induced topological phase transition in 1D system.** After demonstrating the topology inherited from the Hermitian topological system \( H_0 \) in Eq. 3, we now show that the topology can also be induced by the non-Hermitian parameter \( \epsilon \) that is applied to an originally trivial 1D \( H_0 \). As shown in Fig. 2(a,c), the Hamiltonian is:

\[ H = t_0 \sum_n \frac{1}{\epsilon} b_n^\dagger a_n + \frac{\epsilon}{\epsilon} b_n^\dagger b_n + \frac{1}{\epsilon} b_n^\dagger c_n + \frac{\epsilon}{\epsilon} c_n^\dagger b_n + \epsilon (a_n^\dagger b_{n+1} + c_n^\dagger a_{n+1}), \]

which is constructed by a trivial Hermitian system \( H_0 = t_0 \sum_n b_n^\dagger a_n + c_n^\dagger b_{n+1} + C.C. \) and \( M = \text{diag}(\epsilon^{-1}, \epsilon^{-1}, \epsilon^{-1}, \epsilon^{-1} \ldots) \), namely, \( H = M^{-1} H_0 \). The Hamiltonian of Eq. 5 in the momentum space can be written as:

\[ H_k = t_0 \begin{pmatrix} 0 & \epsilon & \epsilon e^{-i0a} \\ \frac{1}{\epsilon} & 0 & \frac{1}{\epsilon} \\ \epsilon e^{ika} & \frac{1}{\epsilon} & 0 \end{pmatrix}, \]

where \( k \) is the wave vector, \( a \) is the lattice constant. Obviously, when \( \epsilon = 1 \), the \( H_k \) represents a gapless Hermitian system. However, after setting \( \epsilon \neq 1 \), the spectra of \( H_k \) of Eq. 6 can open a gap as presented in Fig. 2(b,d).

Importantly, when \( \epsilon < 1 \) (\( \epsilon > 1 \)), the system becomes trivial (topological). Compared with the system with \( \epsilon < 1 \) in Fig. 2(b), the system with \( \epsilon > 1 \), as shown in Fig. 2(d), can lead to the non-zero Zak phases for the first and third bands. After combining the trivial and topological systems into a chain, topological interface states emerge in the bulk gaps, as shown in Fig. 2(e,f). This shows that the non-Hermitian parameter \( \epsilon \) not only makes the \( H \) of Eq. 2 become non-Hermitian, but is also able to drive a topological phase transition.

**Non-Hermiticity-induced higher-order topological states.** We then proceed to demonstrate the non-Hermiticity-induced higher-order topological states in a 2D lattice with \( C_3 \) symmetry. The unit cell of the system is shown in Fig. 3(a,c). When \( \epsilon = 1 \), the system corresponds to a trivial \( C_3 \)-symmetric Hermitian system. The condition of \( \epsilon \neq 1 \) can not only make the system non-Hermitian, but also open a gap at the valley point \( K \), as illustrated in Fig. 3(b,d) [54]. Notably, the systems with \( \epsilon < 1 \) and \( \epsilon > 1 \) correspond to trivial and topological ones, respectively.

The higher-order topological properties of the \( C_3 \)-symmetric non-Hermitian systems can be described by the topological index and symmetry indicator [59, 61, 62]. The topological index is given by \( \chi = ([K_1^{(3)}], [K_2^{(3)}]) \), where \( [K_1^{(3)}] = zK_1^{(3)} - \Phi_1^{(3)} \) and \( [K_2^{(3)}] = zK_2^{(3)} - \Phi_2^{(3)} \).
are the symmetry indicators. The $\eta \Pi^{(n)}$ is the number of bands below the bandgap with the eigenvalue of $C_3$ operator $e^{i2\pi(p-1)/n} \ (p = 1, 2, ..., n)$ at the high-symmetry point $\Pi = \Gamma, K$. We find that $\chi = (-1, 1)$ when $\varepsilon > 1$ and $\chi = (0, 0)$ when $\varepsilon < 1$. Remarkably, the topological bulk polarization $P$ and fractional corner charge $Q$ can be determined by the topological index $[59]: P = \left( \frac{1}{3} [K_1^{(3)}] + \frac{4}{3} [K_2^{(3)}] \right) (a_1 + a_2) \ mod \ 1$, where $a_{1,2}$ are primitive unit lattice vectors, $Q = \frac{1}{3} [K_2^{(3)}] \ mod \ 1$. When $\varepsilon < 1$, $P = 0$ and $Q = 0$. When $\varepsilon > 1$, $P = \frac{2}{7} (a_1 + a_2)$ and $Q = 1/3$. Due to the non-zero $P$ and $Q$ when $\varepsilon > 1$, we can see that there are corner states in the bulk gap for a finite system, as shown in Fig. 3(e, f).

**Non-Hermitian effects on topological edge states in a 2D honeycomb lattice.** Here, we discuss the non-Hermitian topological valley system in 2D honeycomb lattice, which has the unit cell in Fig. 4(a). The effective non-Hermitian Hamiltonian at the valley point $K$ ($k \rightarrow k_0 + \delta k$, $k_0$ is the wave vector of $K$) is [54]:

$$H_k = v_F \delta k_x \left( \frac{1 + \varepsilon}{2\varepsilon} \sigma_x + \frac{i \varepsilon - 1}{2\varepsilon} \sigma_y \right) + v_F \delta k_y \left( \frac{1 + \varepsilon}{2\varepsilon} \sigma_y - \frac{i \varepsilon - 1}{2\varepsilon} \sigma_x \right) + m \sigma_z,$$

where $\varepsilon \neq 1$, $m_a = -m_b = m$ and $v_F = -\frac{3}{2} t_1 a$, $a$ is the lattice constant. Setting $m \neq 0$ can open a gap at the valley point $K/K'$, as shown in Fig. 4(b). The topological properties of this non-Hermitian valley system can be described by the valley Chern number of the lower band: $C_v = \frac{\text{sgn}[m]}{\sqrt{\varepsilon}}$ [54, 63]. After combining two lattices with different valley Chern numbers ($m > 0$ and $m < 0$) along the zigzag boundary, there are topological edge states existing in the bulk gap [64], as shown in Fig. 4(c). These edge states have the dispersion relation [54]: $E = \pm \frac{\varepsilon}{\sqrt{\varepsilon}} k$, where $k$ is the wave vector of an edge state. This dispersion shows that the $\varepsilon$ can affect the propagation velocity of edge states $|v_{\text{edge}}| = |\partial_k E| = \frac{|v_F|}{\sqrt{\varepsilon}}$. When $\varepsilon < 1 \ (\varepsilon > 1)$, the propagation velocity of edge states can become faster (slower) than in the Hermitian case: $|v_{\text{edge}}| > |v_F|$ ($|v_{\text{edge}}| < |v_F|$).

**Experimental proposals.** The non-Hermitian systems shown above can be achieved by electric circuits [65–69]. The electric diode, which makes the electric current flow directionally, can be used to readily establish non-reciprocal coupling [70]. As an example, we demonstrate the circuit realization of 1D non-Hermitian topological system in Ref. [54]. There are many approaches
for classical wave systems to achieve non-reciprocal coupling. For example, the non-reciprocal coupling in optical wave systems can be achieved by exploiting dynamically modulated media \cite{71}, metamaterials \cite{72} or S-bending waveguides \cite{73}. For acoustic or elastic wave systems, one can achieve non-reciprocal coupling by using piezophononic media \cite{74}, metamaterials \cite{75} or additional electric setup \cite{17}.

To summarize, we propose a systematic strategy to construct real-eigenvalued non-Hermitian topological systems. Compared with previous non-Hermitian systems whose real spectra exist only when non-Hermiticity is relatively weak, our systems exhibit energy spectra that are always real, regardless of weak or strong non-Hermiticity. Furthermore, the nonreciprocal-coupling-based non-Hermiticity is able to affect many properties of topological states. For example, it is able to determine the topology by inducing a topological phase transition. Our work offers a new avenue to explore non-Hermitian topological physics \cite{76–80}, and would be useful in novel photonic and acoustic devices with non-reciprocal coupling.

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See supplementary materials for more details about the Hamiltonians, the non-sensitivity of our systems to boundary conditions, the effect of the non-diagonal $M$, topologically valley-protected edge states and experimental proposals, which include the Ref. [81–89].

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