Lipiodol Trans-arterial Chemoembolization of Hepatocellular Carcinoma with Idarubicin: First Experience

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Abstract

Background There is still no consensus about the best chemotherapeutic agent for transarterial chemoembolization (TACE). A recent in vitro study demonstrated that idarubicin, an anthracycline, was by far the most cytotoxic drug on human hepatocellular carcinoma (HCC) cell lines. Idarubicin is much more lipophilic than doxorubicin, leading to higher cell penetration through lipidic membranes and greater accumulation of the drug in the lipiodol. Furthermore, idarubicin has the ability to overcome multidrug resistance. Therefore, we designed this pilot human study to evaluate the safety and efficacy of lipiodol TACE using idarubicin.

Methods In 21 consecutive patients treated by lipiodol TACE with idarubicin (10 mg) for HCC, safety data, tumor response (Response Evaluation Criteria in Solid Tumors, mRECIST), time to treatment failure (TTTF), and overall survival were evaluated.

Results Postembolization syndrome was observed after 30.9 % (17 of 55) of sessions. No patient died from a TACE-related complication. No hematological grade 3–5 adverse event was observed. At least one grade 3 or higher adverse event occurred in 19 % (4 of 21) of patients. On imaging, no progression was encountered; four patients (24 %) exhibited stable disease, 12 (57 %) exhibited a partial response, and five (19 %) exhibited a complete response. Median TTTF was 16.7 months (Kaplan–Meier analysis). At 6 months, 94.7 % (95 % confidence interval [CI] 68.1–99.2) of patients did not reach treatment failure, whereas treatment failure was not reached in 50.6 % (95 % CI 21.6–73.9) of patients at 1 year. Overall survival was 83.5 % (95 % CI 57–94.4) at 1 year.

Conclusion Idarubicin seems safe and effective in lipiodol TACE of HCC. This warrants further study to determine the potential of this drug to replace doxorubicin for TACE.

Keywords Chemoembolization · Cirrhosis · Liver cancer · Predictor · Survival

Abbreviations

TACE Transcatheter arterial chemoembolisation
ECOG Eastern Cooperative Group
HCC Hepatocellular carcinoma
MDR Multi-drug resistance
MRI Magnetic resonance imaging
AST Aspartate aminotransferase
ALT Alanine aminotransferase
ALP Alkaline phosphatase
GGT Gamma glutamyltransferase
idarubicin has also the ability to overcome MDR [11]. Because only 30% of patients can be treated for cure, palliative treatment options are applied in most cases [2]. For unresectable intermediate-stage HCC, transarterial chemoembolization (TACE) plays a central role [3]. Although TACE has been demonstrated to prolong survival in two randomized, controlled trials and two meta-analyses [4], this procedure varies greatly across centers and interventional radiologists, especially regarding the anticancer drug chosen [5]. Only one randomized trial was designed to compare embolization alone versus TACE (vs. best supportive care) for HCC [6]. Unfortunately, this three-arm trial was prematurely stopped because TACE was demonstrated to be more efficient than best supportive care. Although there is currently no level 1 evidence on the benefit of chemotherapy in TACE, the recent introduction of drug-eluting beads has helped demonstrate a clear activity of chemotherapy in both animal [7, 8] and human [9, 10] studies, thanks to the comparison between loaded and unloaded beads.

One of the key theoretic advantages of TACE is tumor exposure to high concentrations of the chemotherapeutic drug [11]. Doxorubicin and cisplatin are the most widely used drugs for TACE [5], although no preclinical study or randomized, controlled trial has ever supported their use over that of other drugs. Because there is still no consensus about the best chemotherapeutic agent, we designed an in vitro study to screen for the best drug by comparing the cytotoxicity of multiple anticancer drugs on human HCC cell lines. This screening study demonstrated that idarubicin, an anthracycline commonly used to treat leukemias, was by far the most cytotoxic drug on three HCC cell lines [11].

HCC is considered to be one tumors most resistant to chemotherapy [12]. This is partly related to the multidrug resistance (MDR) mechanism, causing an increased ATP-dependent efflux of drugs from within to outside the cells. MDR protein overexpression may account for the resistance to various drugs, including doxorubicin and cisplatin [13, 14]. Interestingly, besides its high cytotoxic effect, idarubicin has also the ability to overcome MDR [11]. Furthermore, idarubicin is much more lipophilic than doxorubicin [15], leading to higher penetration through the lipidic double layer of tumor cell membranes and thus has better efficacy. We can take advantage of this higher lipophilicity for TACE of HCC by combining idarubicin with ethiodized oil, which could result in a greater accumulation of the drug in the oily phase, permitting lipiodol to act as a slow-releasing vector.

To our knowledge, idarubicin has never been used intra-arterially to treat liver tumors and especially HCC. Therefore, we designed this pilot human study to evaluate the safety and efficacy of lipiodol TACE using idarubicin.

**Introduction**

Hepatocellular carcinoma (HCC) is the fifth most common malignancy, and the third most common cause of cancer-related death worldwide [1]. Because only 30% of patients with advanced-stage HCC can be treated for cure, palliative treatment options are applied in most cases [2].

**AE** Adverse event

**95 % CI** 95% Confidence interval

**Hepatocellular carcinoma (HCC)** is the fifth most common malignancy, and the third most common cause of cancer-related death worldwide [1]. Because only 30% of patients with advanced-stage HCC can be treated for cure, palliative treatment options are applied in most cases [2]. For unresectable intermediate-stage HCC, transarterial chemoembolization (TACE) plays a central role [3]. Although TACE has been demonstrated to prolong survival in two randomized, controlled trials and two meta-analyses [4], this procedure varies greatly across centers and interventional radiologists, especially regarding the anticancer drug chosen [5]. Only one randomized trial was designed to compare embolization alone versus TACE (vs. best supportive care) for HCC [6]. Unfortunately, this three-arm trial was prematurely stopped because TACE was demonstrated to be more efficient than best supportive care. Although there is currently no level 1 evidence on the benefit of chemotherapy in TACE, the recent introduction of drug-eluting beads has helped demonstrate a clear activity of chemotherapy in both animal [7, 8] and human [9, 10] studies, thanks to the comparison between loaded and unloaded beads.

One of the key theoretic advantages of TACE is tumor exposure to high concentrations of the chemotherapeutic drug [11]. Doxorubicin and cisplatin are the most widely used drugs for TACE [5], although no preclinical study or randomized, controlled trial has ever supported their use over that of other drugs. Because there is still no consensus about the best chemotherapeutic agent, we designed an in vitro study to screen for the best drug by comparing the cytotoxicity of multiple anticancer drugs on human HCC cell lines. This screening study demonstrated that idarubicin, an anthracycline commonly used to treat leukemias, was by far the most cytotoxic drug on three HCC cell lines [11]. Furthermore, idarubicin is much more lipophilic than doxorubicin [15], leading to higher penetration through the lipidic double layer of tumor cell membranes and thus has better efficacy. We can take advantage of this higher lipophilicity for TACE of HCC by combining idarubicin with ethiodized oil, which could result in a greater accumulation of the drug in the oily phase, permitting lipiodol to act as a slow-releasing vector.

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**Patients and Methods**

**Patients**

The approval of the institutional review board was obtained to retrospectively evaluate the combination of idarubicin and lipiodol TACE of unresectable HCC. All patients provided informed consent for the TACE procedure.

Twenty-one consecutive patients treated by lipiodol TACE with idarubicin for HCC at our institution between June 2010 and March 2011 were enrolled onto this study. Indications for TACE were decided for all patients at our weekly multidisciplinary meeting of digestive oncology in the presence of interventional radiologists, gastroenterologists, hepatic surgeons, radiation therapists, and oncologists. Inclusion criteria were as follows: patients diagnosed by liver biopsy or noninvasive American Association for the Study of Liver Diseases criteria [16], Eastern Cooperative Oncology Group performance status of 0/1, preserved liver function (Child-Pugh class A or B7), platelet count of $>50 \times 10^9/L$, and cardiac ejection fraction of $>50\%$.

Exclusion criteria were as follows: candidate for liver resection, biliary tract dilation, biliointestinal anastomosis, hepatofugal blood flow, thrombus within the main portal vein, extrahepatic metastases, serum creatinine level $\geq 150 \mu\text{mol/L}$ (renal failure), allergy to iodine-containing agents, pregnancy, and previous treatment by TACE.

Liver involvement was assessed on baseline magnetic resonance imaging (MRI) data obtained within 1 month before TACE. Baseline liver enzymes (aspartate aminotransferase [AST], alanine aminotransferase [ALT], alkaline phosphatases [ALP], $\gamma$-glutamyltransferase [GGT], total bilirubin, and prothrombin) were systematically obtained within 7 days before each TACE session.

**Lipiodol–Idarubicin Emulsion: In Vitro Evaluation**

The emulsion was prepared by mixing an equal volume of iodized oil (lipiodol; Guerbet, Aulnay-sous-Bois, France)
and 1 mg/mL idarubicin (Zavedos; Pfizer, Paris, France) through a three-way tap from one 5-mL syringe to another one (10 passages). The physical stability of the idarubicin–ethiodized oil emulsion was examined at 37 °C. Thirty minutes after the preparation, the phase separation for idarubicin–ethiodized oil emulsion was limited (5 % aqueous solution and 95 % persisting emulsion). The size distribution of the droplets of idarubicin–ethiodized oil aqueous solution and 95 % persisting emulsion. The size distribution of the droplets of idarubicin–ethiodized oil was 20–100 μm, as measured by an inverted fluorescent microscope (λ<sub>excitation</sub> = 485 nm) associated with AxoVision image analysis software for acquisition and image processing (Cell Observer; Carl Zeiss, Paris, France) (Fig. 1).

TACE Procedure

TACE was performed through a femoral access with a 5F catheter. The patency of the portal branches was confirmed during the venous phase of an injection into the superior mesenteric artery. Then selective catheterization of the proper hepatic artery was performed. When accessory hepatic arteries were present, they were catheterized successively. Digital subtraction angiography and arterial computed tomographic imaging (when available) were used to plan the treatment. Depending on the degree of liver involvement, selective catheterization of the artery feeding the tumors was performed. As detailed above, a mixture of 10 mg idarubicin and 10 mL iodized oil was injected in about 5 min, followed by the injection of a particulate embolic agent of the radiologist’s choice (Curaspon gelatin sponge; Curamedical B.V., Amsterdam, Netherlands) or unloaded beads (Embozene; Celonova Biosciences, Paris, France) until stasis. The initial dose of idarubicin was 10 mg, based on pharmacological data for anthracyclines. The cumulative cardiotoxicity of doxorubicin is observed at 550 mg/m<sup>2</sup>. The cumulative cardiotoxicity of idarubicin is observed at 93 mg/m<sup>2</sup>. Therefore, there is a 5.9:1 ratio between their cumulative doses. Because one of the most current (and also lowest) doses of doxorubicin used worldwide for TACE of HCC is 50 mg, we determined the initial dose of idarubicin as follows: 50 mg (doxorubicin)/5.9 (ratio doxorubicin/idarubicin) = 10 mg idarubicin (approximately).

In cases of unilobar disease, the artery feeding the affected lobe was selectively catheterized with a microcatheter when needed (2.7F or 2.4F Progreat; Terumo Europe, Leuven, Belgium). In case of bilobar tumor involvement, one lobe was treated during the first TACE session, while the other one was treated 6 weeks later. A cycle of TACE was defined as the one, two, or more sessions required to treat all liver nodules. Patients received systematic antiemetic medication with ondansetron (8 mg) and on-demand pain medication.

Follow-up

Liver imaging was systematically performed by MRI (3 T Siemens Trio TIM, Erlangen, Germany). Baseline imaging was performed <1 month before each TACE session, and follow-up imaging was performed within 6 weeks after each session. Liver/biliary toxicity (dilated bile duct, portal vein branch narrowing, portal venous thrombosis, and biloma/liver infarct) was assessed on follow-up imaging, according to previously published data [17]. Repeat TACE procedures were performed on the basis of tumor response and patient health.

The primary end point was clinical and biologic tolerance according to the National Cancer Institute Common Terminology criteria (NCI-CTCAE) v4.0 [9]. For these patients, it was decided at our institution to prospectively and systematically collect grade 3–5 adverse events (AEs). Each patient was followed for 1 month after TACE. During this period, toxicities during the TACE procedure, the hospital stay, at the 1-month scheduled consultation or at emergency visits were recorded. During the TACE procedure, we monitored O<sub>2</sub> saturation, electrocardiogram, arterial pressure, and pain. During the hospital stay, there was a complete physical examination and pain evaluation daily, and liver function tests, serum creatinine level, complete blood count, Child-Pugh score, and electrocardiogram were performed before patient discharge. The 1-month scheduled consultation consisted of a complete physical examination, liver function tests, serum creatinine level, complete blood count, Child-Pugh score, and electrocardiogram. A severe toxicity was defined as a grade 4 or 5 AE according to NCI-CTCAE, any other AE that caused a prolongation of hospitalization of >7 days, or any hospitalization within the month after TACE possibly, probably, or definitely attributed to TACE. Secondary end points were tumor response according to modified response evaluation criteria in solid tumors (mRECIST) at MRI 1 month after completion of the first cycle of TACE, time to treatment failure, and overall survival.

Statistical Analysis

Categorical variables were described by percentages. Continuous variables were expressed as means and standard deviations. Because several patients had repeated TACE sessions, biological data from all sessions were not pooled. The serum levels of liver enzymes and complete blood count were compared before and after the first TACE session by the Wilcoxon signed-rank test. TTTF was defined as the time from the first TACE session to TACE discontinuation for any reason, including disease progression, treatment toxicity, patient preference, or death. Overall survival was defined as the time from the first
TACE session to death (all causes). Survival curves were estimated by the Kaplan–Meier method. All analyses were performed by Stata software, version 10.0 (StataCorp, College Station, TX, USA). A \( p \)-value below 0.05 was considered significant.

**Results**

**Baseline Characteristics**

The baseline characteristics of the 21 patients are listed in Table 1. Mean age was 68.6 ± 8.6 years. All patients were cirrhotic; the cause for cirrhosis was alcohol abuse in seven patients (33.3 %), virus in six patients (28.6 %), nonalcoholic steatohepatitis (NASH) in three patients (14.3 %), NASH/virus or alcohol in three patients (14.3 %), and hemochromatosis in two patients (9.5 %). All patients had a performance status of 0/1, and the majority had Child-Pugh A class liver function (85.7 %). Most patients (81 %; 17 of 21) had a multifocal HCC. The mean largest nodule size was 51.3 ± 23 mm. The mean baseline hemoglobin level, platelet count, and leukocyte count were 14 ± 1.7 g/dL, 157.7 ± 79.1 \( \times 10^3 \) /μL, and 6,340 ± 2,570/mm³, respectively. The mean baseline serum level of liver enzymes was 15.63 ± 10.8 μmol/L for total bilirubin, respectively.

**Fig. 1** The emulsion was prepared by mixing an equal volume of iodized oil and 1 mg/mL idarubicin through a 3-way tap from one 5 mL syringe to another (10 passages) (A). The physical stability of the idarubicin–ethiodized oil emulsion was examined at 37 °C. Thirty minutes after the preparation (H0.5), the phase separation (arrow) for the idarubicin–ethiodized oil emulsion was limited (5 % aqueous solution and 95 % persisting emulsion) compared with emulsion at H0 (B). Fluorescent micrograph showing the presence of idarubicin (red) on the inner surface of droplets (C). Droplet diameter was 20–100 μm.
Table 1 Baseline characteristics of patients and tumors

| Characteristic | Value |
|----------------|-------|
| Sex            |       |
| Male           | 19 (90.5 %) |
| Female         | 2 (9.5 %) |
| Age (year)     | 68.6 ± 8.6 |
| Performance status |       |
| 0–1            | 21 (100 %) |
| ≥2             | 0 |
| Cause of cirrhosis |       |
| Virus          | 6 (28.6 %) |
| Alcohol        | 7 (33.3 %) |
| NASH           | 3 (14.3 %) |
| NASH (virus or alcohol) | 3 (14.3 %) |
| Hemochromatosis | 2 (9.5 %) |
| Child-Pugh score |       |
| A              | 18 (85.7 %) |
| B              | 3 (14.3 %) |
| C              | 0 (0 %) |
| Tumor burden   |       |
| Unilobar       | 4 (19 %) |
| Bilobar        | 17 (81 %) |
| No. of nodules |       |
| 1–3            | 9 (42.9 %) |
| >3             | 12 (57.1 %) |
| Tumor size     |       |
| Size of largest nodule (mm) | 51.3 ± 23 |
| Mean total (mm) | 97.6 ± 62.9 |
| α-Fetoprotein  |       |
| <400 ng/mL     | 9 (42.9 %) |
| ≥400 ng/mL     | 12 (57.1 %) |
| Baseline liver enzymes |       |
| AST (U/L)      | 58.2 ± 31.1 |
| ALT (U/L)      | 57.0 ± 31.4 |
| ALP (U/L)      | 128.2 ± 60.6 |
| Total bilirubin (µmol/L) | 15.63 ± 10.8 |
| Prothrombin (%) | 76.5 ± 21.5 |
| Albumin (g/L)  | 34.4 ± 4 |
| GGT            | 275.2 ± 237.6 |
| TACE sessions  |       |
| No. of sessions | 55 |
| Average per patient | 2.62 ± 1.2 |

Data are presented as mean ± SD or n (%)

NASH nonalcoholic steatohepatitis, AST aspartate aminotransferase, ALT alanine aminotransferase, ALP alkaline phosphatase, GGT γ-glutamyltransferase, TACE transarterial chemoembolization

57.0 ± 31.4 IU/L for ALT, 58.2 ± 31.1 IU/L for AST, 275.2 ± 237.6 IU/L for GGT, 128.2 ± 60.6 IU/L for ALP, and 76.5 ± 21.5 % for PT.

TACE Procedure

TACE was performed in all cases without technical failure. A total of 55 sessions were performed, representing 22 TACE cycles. Four patients underwent one session for unilateral disease, 14 underwent two or three sessions, and three underwent more than three sessions for bilateral disease. In all sessions, 100 % of the lipiodol–idarubicin emulsion could be injected. Embolization was conducted with gelfoam in 83.4 % (46 of 55) and 250 µm calibrated microspheres in 16.4 % (9 of 55) of sessions.

TACE-Related Toxicity

Median hospital duration was 4 (range 3–14) days. Postembolization syndrome was observed after 30.9 % (17 of 55) sessions.

No patient died from a TACE-related complication. No hematological grade 3–5 AE was observed. At least one grade 3 or higher AE occurred in 19 % (4 of 21) of patients: one patient experienced a severe TACE-related toxicity (grade 4 with prolonged hospitalization) resulting from severe hypoxia requiring intubation after the second TACE session. Treatment was changed to sorafenib in this patient. Corresponding grade 3 AEs were as follows: one renal failure associated with global cardiac decompensation, one lobar pneumonia requiring antibiotic therapy (this patient was rehospitalized within the month after the TACE session), and hepatic pain necessitating morphine administration during 2 days.

On follow-up imaging, only two patients exhibited very limited liver/biliary toxicity (i.e., segmental bile duct dilatation); no portal vein narrowing or thrombosis or biloma/liver infarct was observed. At 1 month after the first TACE session, mean hemoglobin level, platelet count, and leukocyte count were 13.6 ± 1.6 g/dL, 151.8 ± 70.6 x 10^9/L, and 7,700 ± 2,410/mm3, respectively. At 1 month after the first TACE session, the serum level of liver enzymes was 19.9 ± 14.2 l mol/L for total bilirubin, 71.2 ± 70.1 IU/L for ALT, 58.2 ± 31.1 IU/L for AST, 211.5 ± 151.2 IU/L for GGT, 180.1 ± 135.1 IU/L for ALP, and 78.8 ± 19.2 % for prothrombin time. These levels (complete blood count and liver enzymes) did not significantly differ from those recorded before TACE, except for GGT (significantly lower after TACE, p = 0.037) and ALP (significantly higher after TACE, p = 0.042).

Response, TTTF, and Overall Survival

One month after the end of the first cycle of TACE, no progression was encountered, four patients (24 %) exhibited stable disease, 12 (57 %) exhibited a partial response, and five (19 %) exhibited complete response (Fig. 2).
Median follow-up lasted 8.4 (range 3.2–19) months. Treatment failure occurred before data cutoff in nine patients. Median TTTF was 16.7 months (Kaplan–Meier analysis). At 6 months, 94.7 % (95 % confidence interval [CI] 68.1–99.2) of patients did not reach treatment failure, whereas treatment failure was not reached in 50.6 % (95 % CI 21.6–73.9) of patients at 1 year (Fig. 3). Six patients died before the data cutoff (three of HCC progression, two of fatal variceal bleeding, and one of cirrhosis decompensation). Overall survival was 83.5 % (95 % CI 57–94.4) at 1 year.

Discussion

To our knowledge, no previous study has been published that used idarubicin injected intra-arterially. Therefore, safety data are crucial. Very few articles have reported reliable toxicity data in conventional TACE. Given its prospective collection of AEs in the two arms (drug-eluting beads and lipiodol TACE), the phase II randomized PRECISION V trial, which is the largest published study on TACE to date, may serve as a standard for comparison of AEs. In our study, the 19 % occurrence of grade 3 or higher AEs compares favorably to the 29.6 % incidence of serious AEs (defined as events resulting in death; immediately life-threatening; resulting in permanent/significant disability/incapacity; requiring or extending inpatient hospitalization; congenital anomaly/birth defects) reported in the PRECISION V trial [18] with doxorubicin lipiodol TACE. In another article reporting on the same trial [19], the overall incidence of the postembolization syndrome was higher than that reported here (72 % vs. 30.9 %). In our study, serum levels of AST, ALT, and bilirubin returned to baseline levels after 1 month, as reported in the PRECISION V study [19]. Unfortunately, no data were provided in this trial regarding serum levels of GGT and ALP. Interestingly, in our series, we did not observe portal vein narrowing, portal venous thrombosis, or biloma/liver infarct after TACE, whereas such liver/biliary toxicities have been recently reported [17]. Therefore, the toxicity profile of idarubicin used for lipiodol TACE does not seem to be different from that observed with doxorubicin. Although the number of patients is small, the rate of patients with an objective response (76 %) also compares favorably to those reported with doxorubicin either in the PRECISION V study (43.5 % in conventional-TACE [cTACE]) [18] or in a large retrospective study on cTACE with doxorubicin, cisplatin, and mitomycin C (64 %) [20]. However, it should be kept in mind that tumor response has not been validated as a surrogate for overall survival, and that only phase III studies could demonstrate a superiority of idarubicin over doxorubicin for TACE of HCC.

A systematic review demonstrated that the most widely used drugs for TACE were doxorubicin (36 %), cisplatin (31 %), and epirubicin (12 %) [5]. However, until recently, there was no rationale to use one drug over another. Indeed,
systemic chemotherapy is considered ineffective in HCC [2, 12], and thus it cannot help to select the best anticancer agent to use for TACE. Moreover, only two randomized, controlled trials were designed to compare drugs (doxorubicin vs. epirubicin), but they failed to demonstrate better survival [21, 22].

We recently compared the cytotoxicity of anticancer agents on human HCC cell lines in order to select the best candidate for TACE [11]. Eleven chemotherapeutic agents were tested, including the most frequently used for TACE. Among them, idarubicin (an anthracycline) was by far the most cytotoxic. The superiority of idarubicin (especially over doxorubicin) was observed most notably in the SNU-449 cell line, known for its resistance to various chemotherapeutic agents [14]. The greater cytotoxicity of idarubicin can be explained by two different mechanisms: first, idarubicin has a higher hepatic penetration compared to other anthracyclines [23]. This may be related to its high lipophilicity, enabling easier intracellular penetration through the cell membrane composed of a double layer of lipids. Second, idarubicin has the ability to overcome the MDR system [24]. The MDR mechanism consists in pumping drugs out of cells and is classically observed in HCC [13, 25, 26]. Both the higher lipophilicity and the ability to overcome MDR could account for a greater accumulation of idarubicin in HCC cells, and therefore a greater efficacy. Interestingly, idarubicin used orally (5 mg per day for 21-day periods) to treat HCC has been demonstrated to be safe and active [27], but it has not yet been used intra-arterially so far. Yet idarubicin has also an attractive hepatic extraction ratio because the intrahepatic concentration of idarubicin is 1.35 times greater than that of doxorubicin, as demonstrated in an animal model of sarcoma [23].

Idarubicin is a key drug used in hematology to treat acute leukemias [28]; it has a known toxicity profile, mainly hematological and cardiac. Interestingly, in our study, we did not observe any grade 3/4 cardiac or hematological AE. This is not surprising, given the dose used in this series (10 mg). Cardiac toxicities of idarubicin and doxorubicin occur when total cumulative dose are 93 and 550 mg/m², respectively. For example, with a mean 1.8 m² per day for 21-day periods) to treat HCC has been demonstrated to be safe and active [27], but it has not yet been used intra-arterially so far. Yet idarubicin has also an attractive hepatic extraction ratio because the intrahepatic concentration of idarubicin is 1.35 times greater than that of doxorubicin, as demonstrated in an animal model of sarcoma [23].

In conclusion, idarubicin seems safe and effective in TACE of HCC. This warrants further study to determine the potential of this drug to replace doxorubicin for TACE. We have thus designed a phase I study to determine the maximum tolerated dose of idarubicin-loaded beads, which will permit us to calculate the optimal dose for idarubicin.

In conclusion, idarubicin seems safe and effective in lipiodol TACE of HCC. This warrants further study to determine the potential of this drug to replace doxorubicin for TACE. We have thus designed a phase I study to determine the maximum tolerated dose of idarubicin-loaded beads, which will permit us to calculate the optimal dose for idarubicin.

This study has several limitations: its retrospective design, a small number of patients, and a relatively short follow-up. However, this is a pilot study, not a phase I or II trial. As previously mentioned, we used an empiric dose based on intravenous safety data of idarubicin. This dose might not be the optimal dose. Interestingly, idarubicin can also be loaded in drug-eluting beads, thanks to ionic properties similar to doxorubicin. We are conducting a phase I study to determine the maximum tolerated dose of idarubicin-loaded beads, which will permit us to calculate the optimal dose for idarubicin.

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Conflict of interest  The authors declare that they have no conflict of interest.

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