Reversible and irreversible effects of mild thermal treatment on the properties of wood used for making musical instruments: comparing mulberry to spruce

Elham Karami (1-2), Iris Brémaud (1), Sandrine Bardet (1), Tancrède Almeras (1), Daniel Guibal (3), Patrick Langbour (3), Kambiz Pourtahmasi (4), Joseph Gril (5-6)

Thermal treatments can be considered as an accelerated ageing, bringing partly similar changes in properties as naturally aged wood. Thermal treatment was applied on white mulberry (Morus alba L.), a dominant species for making musical instruments from middle-East to Far-East, to investigate the effects on the vibro-mechanical and physical properties of this wood, and the results compared to previously published data on spruce (Picea abies Karst.) as a reference for the soundboard of Western string instruments. Thermal treatment (TT) at 150 °C and 0% of relative humidity was applied to five analogous groups of specimens with five different durations (2.5, 8, 24, 72, 261 hours). Humidity re-conditioning of specimens was done to explore the reversibility of TT effects. Physical and vibrational properties such as specific gravity (γ), equilibrium moisture content (EMC), CIELab colorimetric values, specific modulus of elasticity (E'/γ) and damping coefficient (tan δ) in longitudinal (L) and radial (R) directions, have been measured after stabilisation of samples in standard conditions (20 °C, 65% RH), before and after TT and then after re-conditioning. Untreated mulberry had a low EMC, very low L/R anisotropy and low E'/γ, and relatively low tan δ. Weight loss (WL) and CIELab values evolved similarly during TT for mulberry and for previous results on spruce, however, their EMC and vibrational properties were affected differently. This could be explained in part by the low anisotropy of mulberry, and in part by its particular extractives. The parts of irreversible effects, linked to chemical modification or degradation, and of reversible effects, linked to physical configuration, were different between mulberry and spruce. The applied treatments did not bring permanent “improvements” in vibrational properties of mulberry, yet its colour appearance was enhanced.

Keywords: Anisotropy, CIELab, Morus alba, Musical Instruments, Reconditioning, Thermal Treatment, Vibrational Properties

Introduction
Wood has special mechanical and acoustical properties, and this had been traditionally used in the field of musical instruments making (Endo et al. 2016). As it has generally been considered in scientific studies, mainly based on Western/globalised cultures, suitable wood for making stringed musical instruments would often be defined by higher modulus of elasticity (E) per specific gravity (γ), and by lower damping by internal friction (tan δ) than other woods (Ono & Norimoto 1983). In this context, the most studied wood species is spruce (Picea abies Karst.) commonly used for the soundboard of string instruments in the Western culture. However, different cultures use different wood species to make traditional musical instruments, with sometimes very different material properties (Brémaud 2012). For example, white mulberry (Morus alba L.) is a dominant species used by craftsmen for making stringed musical instruments in Iran (see Fig. S1 in Supplementary material), Central Asia, and Japan (Yoshikawa 2007, Karami et al. 2010, Se Golpayegani et al. 2012, Vahabzadeh 2018). Yet mulberry wood has nearly opposite vibro-mechanical properties to spruce when the species used for string instruments among the world are compared (Brémaud 2012). Today, the variety of instruments in different geographical and cultural regions can be attributed to the geographical, historical and cultural course of each region. Besides, it can be thought that there is a relationship between access to wood species in a geographical area and
the selection of that species for use in the construction and evolution of musical instruments. Therefore, it can be deduced that a musical instrument consist of two main feature regarding wood species; acoustical aspects and cultural-geographical aspects (Brémaud 2012). Accordingly, the interaction between the different wood species and acoustical properties, variations of musical instrument structures, and differences in musical tastes across different cultures lead to wood selection.

Some instrument makers sometimes use traditional hygrothermal pre-treatments (Se Golpayegani et al. 2015). Currently, there is a growing interest on research and development studies in a more industrial scope, for general uses of wood of course, but also specifically for instrument making (Wagenführ et al. 2006, Priem 2015, Zauer et al. 2015, Krüger et al. 2018). Thermal and hygrothermal treatments are relatively eco-friendly processes involving temperature and relative humidity, developed to improve biological durability and dimensional stability by reducing hygroscopicity (Hill 2006, Sandberg et al. 2013, Hill et al. 2021). They also have an effect on darkening wood colour, that could be made to profit for imitating either endangered tropical species (Krüger et al. 2018) as natural heritage, or ancient wood from artefacts of different cultures (Matsuo et al. 2011, Marcon et al. 2018).

It is often argued that musical instrument makers and artisans would consider aged wood as a material with improved physical and acoustical properties such as reduced moisture expansion and damping (Endo et al. 2016, Obataya 2017). Two interesting studies show some “improvement” in the acoustical properties of long-term aged pine wood (Noguchi et al. 2012) or spruce wood (Obataya et al. 2020). However, when actually asking artisan violin makers, they consider long-term (decades or centuries) ageing to be more beneficial for aesthetical properties than for physical-acoustical ones, while they consider short-term (years or few decades) ageing/seasoning to be more beneficial for physical-acoustical properties (Carlier et al. 2015, 2018).

(Hydro-) thermal treatments might be considered as a kind of accelerated ageing, since raising temperature accelerate chemical changes which occur during natural ageing (Matsuo et al. 2011, Marcon et al. 2018, Zeniya et al. 2019c), and accelerated aged wood can be, at least partially, similar to naturally aged wood, regarding increased stability and rigidity as well as appearance and colour (Obataya 2009, 2017, Endo et al. 2016).

Hydrothermal treatments have been studied in mild conditions and in severe ones (Esteves et al. 2007, Esteves & Pereira 2009). The effect of thermal modification under saturated steam at three different temperature (120 °C, 150 °C and 180 °C) on the mechanical and physical properties of pine has been investigated and compared with the thermal modification under superheated steam condition in high pressure state (Rautkari et al. 2014). It has been concluded that thermal treatment under saturated steam condition in a lower temperature and shorter duration of treatment can give better or the same mechanical properties than superheated steam status, suggesting that in saturated conditions the temperature can be reduced to 150-180°C rather than 180-210°C which is typically used for industrial thermal treatments. Besides, Marcon et al. (2018) studied two other thermal modification processes (Thermal and Hydro-thermal modification) by applying time temperature superposition method. They presented a master curve with the possibility of shift based on the temperature of modification process. The dry mass loss during both vented (T) and saturated steam (HT) has been investigated, while the temperature of 150 °C has been selected for both processes. According to their studies, thermal treatments in dry conditions require higher temperature and/or longer durations to obtain similar results as in saturated conditions.

The chemical irreversible reactions such as recrystallization, degradation and cross-linkage of wood components are considered some important effects of hygrothermal treatments (Sandberg et al. 2013, Hill et al. 2021). Chemical changes of amor-phous polymers during heat treatment are presented as irreversible consequences of hygrothermal treatment (Obataya et al. 2000). The hypothesis for the decrease in swelling is the decrease of accessible hydroxyl groups. Nonetheless, the reduction in hygroscopicity has been found to be temporary and moistening in high humidity led to recovery in hygroscopicity (Obataya & Tomita 2002). The reversibility of physical and acoustical changes has been studied (Obataya et al. 2000a, 2020, Obataya 2017) and partial recovery is found for both naturally aged and thermally treated wood. Karami et al. (2020) have also studied the effects of mild hygrothermal treatments on the acoustical properties of spruce wood used for making musical instruments. A significant part of the changes after mild hygrothermal treatments were reversible (recovered by reconditioning), but irreversible changes remained, with different amplitudes depending on the direction of anisotropy.

A majority of studies on thermal treatments concern softwoods, whereas their effects could be significantly different when applied on various hardwoods (Matsuo et al. 2013, Krüger et al. 2018, Brémaud et al. 2021). The acoustical consequences of low-temperature (<100 °C) hygro-thermal pre-treatments traditionally applied by instrument makers have been studied on mulberry (Morus alba L.) wood by Se Golpayegani et al. (2015), with some interactions between treatments and extractives. In untreated mulberry wood, extractives amount to approx. 12%, and they globally lower the damping coefficient of this wood, but with contrasting effects depending on the considered fraction of extractives (Se Golpayegani et al. 2012). Chemical properties of Morus nigra are significantly dependant on the genotype, the age and the mutual interaction of both these factors (Durković et al. 2012).

In the present study, a mild thermal treatment in oven dry condition (0% relative humidity) has been investigated for white mulberry (Morus alba L.). This treatment being considered as an accelerated ageing or pre-treatment process. The effects were investigated on the physical, colorimetric and acoustical properties of this species. As well, the reversibility or irreversibility of changes occurred by thermal treatments have been studied after applying a reconditioning. Although the wood used for musical instrument is not supposed to be subject to such conditions as applied in experimental studies, yet the repetitive application of moist conditions could provoke a partial reconditioning, so that any beneficial modification for musical application would suffer from it. This work compared the effects of mild thermal treatment (TT) on physical and vibrational properties of mulberry (Morus alba L.) to those of spruce from previous studies, both being two emblematic wood species for making musical instruments but in different cultures. Besides the cultural aspects, the goal was also to compare the effect of TT on a well-studied softwood, and on a lesser-studied hardwood. A hypothesis was that the peculiar native properties and extractives’ content of mulberry could result in different impacts of TT and recovery.

Material and methods

Studied species and preparation of specimens

Experiments of the current study focused on white mulberry (Morus alba L.) species, which is a major material for making Iranian stringed musical instruments (Tar, Setar – Fig. S1 in Supplementary material). This species is a semi porous hardwood with the density ranging between 450-800 kg m³. This wood has a yellowish-brown heartwood and pale yellow sapwood, and usually straight grain. Wood specimens were brought from Karaj, a city near Tehran, Iran. A professional musical instrument maker (Mr. Samad Zare) selected the wood and pre-cut the specimens. All the specimens were from the same tree according to typical quality-grading criteria. Some 162 specimens were cut in two directions, 81 longitudinal (12×2×150 mm³, R×T×L) and 81 radial (120×2×12 mm³, R×T×L) specimens.

The quality of the specimen’s preparation is essential when studying vibrational properties (Brémaud 2006).

Then, results on Mulberry from the current study were compared to previously
obtained results on Spruce (Picea abies Karst.) following a comparable protocol (Karami et al. 2020).

Spruce specimens from a former study (Karami et al. 2020) were selected for comparison, as this species is the material for soundboards of European musical instruments. There were specimens in the longitudinal (L) direction and in the radial (R) direction. A group was intended for the given modalities of treatment (150 °C and 0% relative humidity) and 1 reference group remained as a control.

**Sampling: creation of similar groups**

The effect of thermal treatment duration was studied by applying thermal treatments to different groups of wood specimens. To assess the effect of treatment duration, it is important that the groups of specimens have similar distribution of initial properties, so that the observed differences are not due to sampling effects. The values of EMC (Equilibrium moisture content), density, E/γ (specific dynamic elastic modulus) and tanδ (damping coefficient) were measured before any thermal treatment on 63 wood specimens in each direction (L and R). An ad-hoc algorithm (written with Excel and Visual Basic macros) was used to make six groups of six specimens, having means and standard deviations as similar as possible for each measured parameter. The algorithm is stochastic, based on the minimisation of a score combining the between-group variance of means and standard deviations for the different parameters. Starting from a manual initial sampling, the algorithm tries random exchanges between groups, and validates them if the score is improved, until no more improvement is obtained. Fig. 1 illustrates the quality of the sampling, on L specimens, showing that groups have a similar mean and standard deviation for the 4 matching parameters considered.

**Steps of measurements**

After being pre-cut in Iran, wood samples were brought to France and finely machined to final dimensions. Specimens were then oven dried, first at 60 °C for two days then at 103 °C for 3 hours, to prevent the damage that could result from drying too roughly. After oven drying, mass and dimensions of specimens were measured and they were conditioned in a climatic room in standard conditions to be stabilised and reach to equilibrium moisture content (EMC). After at least 3 weeks of stabilisation in climatic room (at 20 °C and 65% RH), physical and vibrational properties were measured in the same room, as vibrational properties are highly dependent upon moisture content and its variations (Obataya et al. 1998, Brémaud & Gril 2021a, 2021b). Specimens were placed in a dry oven for mild thermal treatment and intermediate data were measured every day for oven-dry dimension and weight. Final values of these properties were also measured at the end of each treatment. Then, specimens were stabilised again (at least 3 weeks) at 20 °C and 65% RH to compare untreated and treated physical, colorimetric and vibrational properties. Finally, a cycle of humidity re-conditioning was applied before measuring the last values. Control groups underwent the same conditioning and measurement steps as treated groups, except that they were not submitted to any thermal treatment.

**Thermal treatment**

After primary measurements, a thermal treatment (TT) was applied on 6 groups of specimens (including control groups), with 6 repetitions in each group (6L + 6R specimens). A mild thermal treatment at 150 °C and 0% RH was applied in a dry oven for 5 groups with different durations, evenly distributed in a logarithmic scale: 25h, 8h, 24h, 72h and 261h (4.5h, 8h, 1d, 3d, 9d) following the procedure proposed by Matsuo et al. (2011), well suited to the study of thermally activated processes. Such conditions, also applied to spruce by Karami et al. (2020), are expected to modify material properties without provoking too much degradation. For each step, one group of specimens was taken out and mass and dimensions were measured. Then the specimens were placed in a climatic room for 3 weeks to be stabilised in standard conditions (65% RH and 20 °C). After stabilisation, mass, dimension, vibrational and colorimetric properties were measured.

**Physical measurements**

Weight and dimensions of specimens were measured at “standard air-dry” and at oven-dry states, before and after treatments to calculate oven-dry weight loss (WL), specific gravity (γ), equilibrium moisture content (EMC) and partial shrinkage (pS). WL was calculated as (eqn. 1):

\[ WL(\%) = \frac{m_o - m_i}{m_o} \times 100 \]  

(1)

where \( m_o \) and \( m_i \) are oven-dry mass of untreated and treated wood, respectively. After stabilisation of specimens in standard condition (at 20 °C and 65% RH), weight and dimensions of specimens were measured and specific gravity (γ) was calculated as (eqn. 2):

\[ y = \frac{m}{V} (\rho_H, O) \]  

(2)

where \( V \) and \( M \) are the mass and volume of the wood specimen and \( \rho_{H, O} \) is the density of water. The equilibrium moisture content (EMC), at 20 °C and 65% RH, was calculated as (eqn. 3):

\[ EMC(\%) = \frac{m_{65%} - m_{0}}{m_{0}} \times 100 \]  

(3)

where \( m_{65\%} \) is the mass of the stabilised wood specimens (at 20 °C and 65% RH) and \( m_o \) the oven-dry mass.

**Colorimetric measurements**

Colour properties were measured with a spectrophotometer “spectra-guide sphere gloss” (model 6834, BYK, Wesel, Germany), with a diameter of aperture of 10mm. Standard illuminant D65 and standard observer curve of 10° were used. Data were collected in the CIELab system, where \( L^* \) (lightness) is 0 for black, 100 for white, axis \( a^* \) ranges from green \( (-a^*) \) to magenta \( (+a^*) \) and axis \( b^* \) ranges from blue \( (-b^*) \) to yellow \( (+b^*) \). Data are also expressed in the more intuitive CIELCh system (eqn. 4, eqn. 5):

\[ C^* = \sqrt{a^* + b^*} \]  

(4)

\[ h^* = \arctan \left( \frac{b^*}{a^*} \right) \]  

(5)

where \( C^* \) is the chromaticity (intensity of colour) and \( h^* \) the hue angle.

**Vibrational properties measurement**

The principle of non-contact forced-released vibration of free-free bars (Obataya et al. 2000b) was used for vibration test. The experimental methodology, device
and system settings are described in Brémaud et al. (2012). Damping coefficient, which is expressed as tanδ, was calculated as the inverse of the “quality factor” Qi, or half-power bandwidth determined by a frequency sweep centered around the resonance frequency of the 1st bending mode. According to Bernoulli equation (considering length and thickness of specimens), the specific dynamic modulus of elasticity (E’/y) was obtained from the first resonance frequency. Vibrational properties were defined for the L (E’/y and tanδ) and R (E’/y and tanδ) directions. Frequency range was 100-500Hz over all R and L specimens. Each specimen was measured with 3 repetitions.

**Reconditioning**

After performing all measurements, samples were reconditioned to determine the reversible or irreversible effect of TT. To verify the reversibility of changes after treatments, a recovery test needs to be performed. It can be achieved by humidifying of specimens at high relative humidity. A closed hermetic box was used, which was placed in a cold room. Specimens were placed between water-soaked cotton wool and then placed in this box for 3 weeks. After this step all the specimens were placed in a climatic room for 3 weeks to be stabilized (20 °C and 65% RH). After stabilisation, the physical and mechanical properties were measured as described above.

**Results and discussion**

**Properties of untreated mulberry wood**

The studied material of white mulberry wood had a specific gravity (γ) of 0.49 on average (from 0.43 to 0.53) and an equilibrium moisture content at 20 °C and 65%RH (EMC) of 9.3 ± 0.4%. These values can be lower EMC of 8.0%. The wood used in this study had narrower latewood percentage, which can explain the difference considering the ring porous nature of this species.

In Fig. 2, the values of tanδ versus E’/y for mulberry specimens in R and L directions are shown. Most of the values of specific modulus in L direction are remarkably close to those for R direction: the anisotropic ratio between E’/y and tanδ is of only 2.3 on average (from 1.6 to 3.3). This is a surprising result, because the L/R ratio in specific modulus is of 8 in average over many hardwood species (Brémaud et al. 2011). Reduced anisotropy for white mulberry (L/R ratio of moduli of 4) is already reported (Se Golpayegani et al. 2012), but the anisotropy for the specimens in the current study was, interestingly, even lower. In a comparison of several studies on vibrational properties of mulberry (Se Golpayegani et al. 2015), the lowest values of E’/y were found for a wood considered as of “superior quality” for instruments (Yoshikawa 2007). It can be suggested that the extremely low value of E’/y in L direction, accompanied by rather high values in R direction, may reflect an exceedingly high microfibril angle. Indeed, such low values of E’/y (6.9 GPa on average) as found here are only reported for compression wood, either of softwoods (Brémaud et al. 2015) or of the atypical hardwood Buxus, an angiosperm forming compression wood (Cabrolrier et al. 2015), both with microfibril angle in the range of 30° to 45°. Another hypothesis would be that, as Morus is a ring porous species (Karami et al. 2010), a very light wood as the one studied here would include a high proportion of vessels and parenchyma compared to that of fibres. This is consistent with previous observations that mulberry specimens with narrower rings (i.e., for this ring-porous wood, with wider proportion of vessel-rich earlywood and small proportion of fiber-rich latewood) tend to have lower values of both γ and E’/y (Se Golpayegani et al. 2015). Across several studies (present results, 2015) there is a positive correlation between γ and E’/y, although E’/y is theoretically determined at cell-wall scale and thus is generally little dependent of specific gravity (Norimoto et al. 1986). Apart from this atypically low anisotropy, measured values of vibrational properties were very consistent, with all the 81 L specimens from the global untreated sampling following a clear and little dispersed trend between tanδ, and E’/y, that is of the same form as the standard relations found in the literature (Ono & Norimoto 1983, 1985, Brémaud et al. 2012). This relation for mulberry wood is shifted downwards, to significantly lower damping coefficient than would be expected for equivalent specific modulus, and this can be ascribed to its particular extrac- tractive contents and composition (Se Golpayegani et al. 2012, 2015). But this was even more pronounced on the current material, with a tanδ, that was on average 35% lower than one predicted by the standard trend.

**Indicators of the effect of thermal treatment through time**

Weight loss (WL) is classically used as an indicator for the efficacy of thermal treatments. It is defined here as the relative oven-dry weight variation resulting from the treatment. The colorimetric measurements are also often used. In Fig. 3, the evolution of WL and of colour lightness (L*) as a function of TT is shown, both as a function of time as usual, and of the logarithm of time as a way to highlight the short-time processes. The global amplitude of WL due to this mild TT (150 °C and 0% RH) was comparable between mulberry and previous results on spruce (Karami et al. 2020), with a WL of approx. 4% at the end of the treatment. Untreated mulberry was obviously darker (by -20 points of L*) than spruce, but both species darkened similarly with a loss of about 30 points of L* at the end of TT. Schematically, WL expresses a degradation (loss of components) whereas colour changes express chemical transformations. Here, WL was moderate, while colour changes were important. The examination of these indicators in logarithmic scale of time (Fig. 3a, Fig. 3b) suggests that chemical transformations (approximated by L*) occurred from the starting of treatment, while degradation (approximated by WL) started to be significant (~1% from about 3 days of TT; but also, that the TT proceeds slightly faster on spruce than on mulberry.

Beside colour lightness L*, the chromatic components a* (red-axis) and b* (yellow-axis) can provide further insight on the effect of natural or artificial ageing and of (hydro-) thermal treatments (Matsuo et al. 2011, 2013, Zeniya et al. 2019a, 2019b). Fig. 4a and Fig. 4b show the evolution of a* and b* along TT duration, where trends for mulberry and spruce appeared quite different. However, much of these apparently
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Fig. 3 - Evolution of weight loss and of colour lightness as a function of thermal treatment duration, in logarithmic (a, b) or linear (c, d) time scale. Present results on mulberry (wide circles) are compared to a similar treatment on spruce (small triangles) from a previous study (Karami et al. 2020).

Changes in physical properties after thermal treatment

Fig. 5 shows the changes in physical properties after thermal treatment. Results were here averaged over specimens in R and L directions, as y and EMC are volumetric parameters, not directional. For EMC, the changes were expressed as absolute differences (EMC$_{\text{treated}}$ - EMC$_{\text{untreated}}$) while for the other physical-mechanical properties, hereafter, the data shown in the graphs were the relative variations in properties according to the following equation (eqn. 6):

$$\Delta X = \left( \frac{X_{\text{t}} - X_{\text{u}}}{X_{\text{u}}} \right) \cdot 100 \quad (6)$$

where $\Delta X$ is the actual variation due to treatment, $X_{\text{t}}$ and $X_{\text{u}}$ are the treated value and untreated value for property $X$, respectively. $X_{\text{t}}$ was corrected by subtracting the variations measured on the control groups, that accounted for the variations due to any physical and conditioning steps (Obataya et al. 1998, 2020, Brémaud & Gril 2021b, 2021a) other than the effect of the applied treatments.

In Fig. 5a it can be deduced that increasing treatment duration decreased specific gravity, by as much as 4%, which was the result of changes in mass (Fig. 5c) and lesser so in dimensions. The reduction in $y$ was very close between mulberry and spruce. In Fig. 5b and Fig. 5d, the EMC decreased by -1.3 points of EMC for mulberry at the longest duration or highest weight loss. It can be expected that the dimensional changes due to changes in moisture content decrease while stability will improve (Esteves & Pereira 2009). However this was a much more moderate difference than for spruce at a similar WL, where a decrease of -3.8 points of EMC is observed.

Fig. 4 - Evolution of chromatic colour parameters. Values on red-axis $a^*$ and yellow-axis $b^*$ plotted against duration of TT (a, b) or against concomitant evolution in colour lightness $L^*$ (c, d), and (e, f) evolution of chromaticity $C^*$ and hue angle ($h^\circ$) along that in $L^*$. Present results on mulberry (wide circles) are compared to a similar treatment on spruce (small triangles) from a previous study (Karami et al. 2020). Arrows indicate the changes in $L^*$ of samples with an increase in treatment duration.
Changes in vibrational properties after thermal treatment

In Fig. 6, variations in specific modulus of elasticity and damping during treatment are shown. In Fig. 6a, there was a clear decrease in $\gamma$ along TT duration, with a trend that seemed to match that of spruce for L direction. For mulberry, the reduction in specific modulus was comparable in R and L directions, whereas for spruce, it was observed that the decrease in $\gamma$ was more pronounced in R direction. However, for spruce, the decrease in $\gamma$ was smaller than observed for R spruce (Karami et al. 2020). In Fig. 6b, there was a first decrease in damping for spruce in both directions, and it seemed to increase again with TT duration. In the results of Kuboijima et al. (1998) on spruce, it was proposed that an increase in crystallinity would predominate in the earlier stages of treatment, while the degradation of cell-wall polymers would gradually become predominant over longer durations of heating. However, extractives might suffer some degradation at an earlier stage than wood constitutive polymers. As extractives represent a significant portion of wood, their early degradation might hide some more general effects due to cell-wall polymers. The amplitude of variations in $\tan \delta$ for mulberry was very moderate, with maximum values of only -6%, smaller than the apparent trend for spruce in R direction, where $\tan \delta$ was reduced by nearly 30% (Karami et al. 2020). In Fig. 6c, the slight decrease in $\tan \delta$ for mulberry could appear in a similar order of magnitude of the tan$\delta$-EMC trend as for spruce in L direction, but clearly not for R direction where spruce $\tan \delta$ strongly decreased.

In the literature, it was first proposed that TT at short duration of treatment (at 0% or low RH) would increase $E'\gamma$ at mild temperatures (≤160 °C) and decrease it at higher temperatures, with stronger amplitudes in R than L directions (Kuboijima et al. 1998). For damping, it was suggested that at the beginning TT would always increase $\tan \delta$ in L direction and then decrease it (Kuboijima et al. 1998). However, later studies have indicated (for TT at 120 °C and low RH) a slight increase in $E'\gamma$ and slight decrease in $\tan \delta$, both mostly due to the effects of decrease in EMC (Endo et al. 2016); then (for TT at 140 °C and 0% RH, and once recovery effects taken into account) a slight decrease both in $E'\gamma$ and in $\tan \delta$ (Zeniya et al. 2019a, 2019b), along with a retraction in EMC.
For untreated wood, a reduction in EMC should bring an increase in $E'/\gamma$ and a decrease in $\tan\delta$, and all the more so in R direction (Obataya et al. 1998, Brémaud & Gril 2021b). The applied TT (at 150 °C and 0% RH) appears to have an intrinsic effect of decreasing $E'/\gamma$, despite reduced EMC, while a significant part of the decrease in $\tan\delta$ could be due to the reduction in EMC following TT. Because of reduction in moisture content of wood it can be deduced that the accessibility to hydroxyl groups has been reduced, which could be because of the degradation of hemicelluloses or crystallisation of celluloses (Kuboijima et al. 1998, Marcon et al. 2018). The contrasted effects observed on spruce in R direction (increase in $E'/\gamma$, strong decrease in $\tan\delta$) could be explained by its strong natural anisotropy and by the much higher sensitivity of R direction to EMC changes. The contrasted effects of TT on mulberry compared to spruce could be explained by the atypical properties of native mulberry: its very small degree of anisotropy was reflected in TT having similar effects in L and R directions, while its naturally low EMC and $\tan\delta$, due to its particular extractives, probably explain why TT was not bringing much additional reduction in its EMC and $\tan\delta$.

Effects of specimens’ histories

Fig. 7 and Fig. S2 (Supplementary material) show the relationship between the changes (relative to untreated wood) in EMC and $E'/\gamma$ and in $\tan\delta$. For each group (=duration of TT), the arrow indicates the shift from untreated data, to data after TT, and to data after reconditioning/recovery.

For mulberry there was, globally, an almost complete recovery of the initially observed reduction in EMC after TT. These findings agreed with previous studies on reconditioning that show recovery of temporary changes in EMC (Endo et al. 2016, Obataya et al. 2017, Karami et al. 2020). According to Obataya (2017, 2020) and Endo et al. (2016), the reversibility of EMC (and associated changes in physical-vibrational properties) results from the physical ageing of polymers in wood structure (Hunt & Gril 1996). Closure of micro pores can also cause such a temporary reduction in EMC (Endo et al. 2016). Besides, the chemically irreversible effects of TT (such as hydrolysis and crystallisation) cannot be considered as an explanation for EMC reversible change (Karami et al. 2020). In L direction, $E'/\gamma$ (Fig. 7a, Fig. S2 in Supplementary material) was now even slightly increased compared to untreated wood. A slight increase in $E'/\gamma$ is compatible with previous findings on effects of TT at medium temperatures and low RH; however, previous studies found that $E'/\gamma$ was re-decreased during recovery (Endo et al. 2016, Obataya 2017), while in R direction, for the groups of longest TT duration and most significant WL, $E'/\gamma$ remained significantly reduced. For $\tan\delta$ (Fig. S2b, Fig. S2d – Supplemen-
tary material), the effects of reconditioning were inconsistent for groups with the shorter TT durations (≤1 day) and smaller WL (≤15%), although there was a complete recovery in EMC and often some recovery also in $\tan\delta$. For the group treated for 3 days (WL of -1.8%), after the initial TT-induced decrease there was a complete re-
cover. For the longest and most efficient TT (9 days, WL -4.1%), $\tan\delta$ was re-increased relative to untreated values.

In Fig. 7, the effect of reconditioning is compared between mulberry, for the two longest durations of TT (3 and 9 days), and spruce (7 days of TT). For spruce, TT-induced variations were only partially recovered (to 8% EMC instead of 11% for untreated wood). The reversible part of EMC changes was smaller than reported by Obataya et al. (2000a) or Endo et al. (2016); however, the TT here applied was either at higher temperature or for longer duration. Following this recovery in EMC, $E'/\gamma$ decreased again as compared to the initial TT-induced decrease. This tendency was logi-
cal but the decrease after recovery was stronger than could be expected for a re-
gain in EMC of only +1 point. A possible ex-
planation would be that TT induced some degradation of hemicelluloses into sugars, that would limit the moisture re-uptake (Obataya et al. 2019), and act as plasticizers in the wood cell-wall reducing $E'/\gamma$. Results on mulberry were contrasted. The TT-in-
duced reduction in EMC was more completely recovered than for spruce. $E'/\gamma$ of mulberry was completely recovered in L direction, but remained decreased in R. The re-increase in $E'/\gamma$ (notable in L, slight but visible in R), along a re-increase in EMC, is difficult to explain, as well as some increase in L $E'/\gamma$ (shorter TT durations – Fig. S2 in Supplementary material) relative to untreated values. The oven-dry TT, but also possibly the initial oven-drying of untreated specimens, could have caused drying stresses decreasing $E'/\gamma$ and recovered by high humidity conditioning (Obataya 2009, 2020). In spruce, the much wider am-
plitude of changes in EMC could hide these effects. For mulberry, the remaining decrease in $E'/\gamma$ in R direction, that is more affected by cell-wall matrix components than L, could express some kind of degra-
dation in hemicelluloses as in spruce (Zen-
lya et al. 2019a) or in particular extractives of mulberry, that strengthen its $E'/\gamma$ in native wood (Se Golpayegani et al. 2012). Ac-
tually, a transport of extractives from the core to the surface of specimens during TT has been reported (Bryne et al. 2010).

For $\tan\delta$, the effect of recovery on spruce followed exactly the same $\tan\delta$-EMC path, in opposite direction, than the initial TT-in-
duced variations, except that the recovery was not complete. For mulberry, a recovery follow-
ing the same $\tan\delta$-EMC path as the TT effect was also observed for the
group treated 3 days (that had the lowest TT-induced decrease in tanδ and only -1.8% WL). However, for the longest TT (9 days), that had a smaller TT-induced decrease in tanδ, damping was clearly increased after recovery above untreated values. It might be speculated that for this treatment with the highest WL, the extractives that were responsible for the low tanδ of native mulberry started to be degraded.

Conclusions

Out results indicated that: (i) Mulberry wood confirmed its highly atypical properties: low density for a hardwood, very low specific modulus of elasticity, very low anisotropy, and yet a lower-than-expected damping coefficient; (ii) equilibrium moisture content (EMC) reduced with TT duration, which can be attributed to the hemi-cellulose degradation and accordingly reduced accessibility to hydroxyl groups; (iii) specific gravity (g) and specific modulus of elasticity (E'g) decreased with TT duration, while for damping (tanδ) there was a decrease in the beginning, but that became smaller at end of TT; (iv) the decreases in EMC might have been attributed to the degradation of hemicelluloses. However, after reconditioning most of the changes have been recovered; therefore, most part of TT effects would rather be due to physical changes in wood (or polymers internal configuration) during thermal treatment; (v) the extractives content of mulberry wood may be an explanation for its different reaction both to thermal treatment, and recovery; its very low anisotropy also induced differential effects compared to spruce; (vi) the thermal treatment, which has been used in this study for mulberry wood, showed a reversible effect after high humidity re-conditioning. An “improvement” in vibrational properties of wood has not been achieved, however aesthetic appeal of the treated mulberry wood specimens was considerable.

It is suggested to investigate different treatments conditions on Morus alba, and to study naturally aged Morus alba which is used as the material of musical instruments. More generally, it would be interesting to study thermal and hygrothermal treatments on various species with peculiar extractives and/or native properties, such as those used in instrument making, that would also help to better understand the various phenomena involved.

Acknowledgements

The authors acknowledge the help of Mr. Samad Zare, musical instrument maker from Iran, for providing the studied material of qualified mulberry wood, and to Pierre Cabrolier (wood scientist and craftsman from France) for fine machining of test specimens. Also, the authors are grateful for the supporting and funding of the thesis of EK by Campus France and Embassy of France in Iran. Part of this work has been supported by Iranian Center for International Research and Collaboration and French Embassy in Tehran in the frame of Gundishapur project “Mechanical effects of pre-treatment and finishing on wood panels of cultural heritage”. EK is grateful for its current Post-Doc position that is supported by the project “Advanced research supporting the forestry and wood-processing sector’s adaptation to global change and the 4th industrial revolution”, contract no. CZ.02.1.01/0.0/0.0/16_019/00008303 financed by OP RDE.

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**Supplementary Material**

**Fig. S1** - Iranian musical instruments made from mulberry wood.

**Fig. S2** - Detailed effects of reconditioning for all groups of mulberry.

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