Invasive fungal infection before and after liver transplantation

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Abstract

Invasive infections are a major complication before liver transplantation (LT) and in the early phase after surgery. There has been an increasing prevalence of invasive fungal disease (IFD), especially among the sickest patients with decompensated cirrhosis and acute-on-chronic liver failure, who suffer from a profound state of immune dysfunction and receive intensive care management. In such patients, who are listed for LT, development of an IFD often worsens hepatic and extra-hepatic organ dysfunction, requiring a careful evaluation before surgery. In the post-transplant setting, the burden of IFD has been reduced after the clinical advent of antifungal prophylaxis, even if several major issues still remain, such as duration, target population and drug type(s). Nevertheless, the development of IFD in the early phase after surgery significantly impairs graft and patient survival. This review outlines presentation, prophylactic and therapeutic strategies, and outcomes of IFD in LT candidates and recipients, providing specific considerations for clinical practice.

Key Words: Acute-on-chronic liver failure; Sepsis; Cirrhosis; Candidemia; Acute liver failure; Invasive fungal infection

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Core Tip: Invasive fungal infection significantly influences the outcome of patients with acute liver failure or cirrhosis awaiting liver transplantation, as well as their post-
INVASIVE FUNGAL DISEASE IN PATIENTS AWAITING LT

Epidemiology, risk factors, therapeutic options, outcomes

By definition, an invasive fungal disease (IFD) is a disease process caused by invasive fungal infection. Current diagnostic criteria rely on three different levels of probability (proven, probable and possible IFD), mixing together host factors, clinical manifestations, and mycological evidence[1].

The epidemiology of IFD in cirrhotic patients has been heterogeneously reported, mainly in retrospective, single-center series, which included patients with different disease stages, prognosis (i.e., waitlisted for a transplant) and hospital settings [i.e., intensive care unit (ICU) vs regular ward]. Moreover, heterogeneous prevalence, diagnostic criteria and treatment protocols applied throughout the literature may have further influenced the actual epidemiology of such infections.

According to multicenter studies on hospitalized patients with cirrhosis, the prevalence of IFD is nearly 4%[2-4], although only proven IFD are usually considered. Most infections are caused by Candida; according to recent evidence, albicans and non-albicans strains have roughly similar prevalence[5].

The institution of surveillance protocols appears mandatory for an early diagnosis. These protocols should focus on patients at highest risk of IFD development, such as those with ACLF. Indeed, they encompass several risk factors, such as a profound immune-dysfunction, prolonged hospitalization, hepatic and extra-hepatic failure(s), indwelling (vascular) catheters, and long-term antibiotic therapies[1,6]. According to available studies on this specific population[7,8], the prevalence of IFD ranges between 1% and 47% (depending on diagnostic criteria and surveillance policies), significantly affecting short-term survival. Nevertheless, heterogeneous selection criteria have not
allowed a refinement of risk stratification to date (Table 1). Patients with severe alcoholic hepatitis are another high-risk group for IFD, especially for invasive aspergillosis (IA). Gustot et al\cite{27} reported a high incidence of such infection in a prospective cohort of 94 patients with biopsy-proven severe alcoholic hepatitis, after a median time of 25 d from steroids introduction, and with a 100% transplant-free mortality. This report raised the question about the potential role of steroids for IA development in such a population; a meta-analysis in this field\cite{29} partly confirmed this hypothesis, suggesting that opportunistic infections, especially fungal, seemed to be more frequent in this high-risk group, and may deserve special attention. IFD is a less frequent, but highly relevant complication also in patients with acute liver failure (ALF), carrying a high mortality risk, especially in case of a delayed diagnosis or institution of inappropriate treatment\cite{30,31}.

The occurrence of IFD often represents a detrimental event in patients with cirrhosis, leading to a significant increase in short-term mortality (35% to 50%), at a similar rate to that experienced after a multidrug-resistant organism bloodstream infection, especially when an appropriate antifungal treatment is not promptly initiated\cite{32,33}.

A detailed treatment algorithm for IFD in patients with cirrhosis is beyond the scope of this manuscript. The clinical keys of a successful treatment are early diagnosis, early administration of appropriate antifungal treatment, in close cooperation with Infectious Disease specialists. Considering Candida related IFD, ophthalmologic evaluation and removal of vascular/peritoneal catheters, as well as a shift towards non-albicans strains should be considered before starting antifungal therapy. Echinocandins are now considered the drugs of choice, to be continued for 2 weeks after clearance of Candida from the bloodstream or symptoms resolution\cite{21}.

Considering IA, voriconazole represents the first therapeutic option, whereas echinocandins and liposomal amphotericin B (L-AmB) are other, albeit less effective, available drugs\cite{34}. It is worth mentioning that voriconazole has been associated with hepatic and renal dysfunction, therefore therapeutic drug monitoring is recommended\cite{35,36}.

Specific issues in the liver transplant setting

IFD are a major issue in patients waiting for LT. As discussed above, occurrence of an IFD highlights the already impaired patient’s general condition, with an unpredictable evolution of hepatic and extra-hepatic organ(s) failure. This may potentially increase the need for a transplant, especially in a urgency-based system of organ allocation\cite{19}.

Nevertheless, according to the available data, several points should be considered; first, the effectiveness and treatment length of an appropriate antifungal therapy are very different from antibiotic therapies. Second, an IFD seems to develop in sicker patients than in the case of a bacterial infection, often as a superimposed infection\cite{20}.

Therefore, an active IFD should be viewed as a temporary contraindication for LT\cite{21} (Figure 1). For the sickest patients who are waiting for a graft, surveillance protocols are mandatory, and antifungal prophylaxis has been advocated in selected cases. For instance, Gustot et al\cite{27} suggested ICU admission and a baseline MELD score > 24 as factors for considering a prophylaxis against IA in patients with acute alcoholic hepatitis\cite{30,32}, but more data are needed before considering it as a standard practice. After diagnosis of IFD, consultation by expert Infectious Disease specialists should be always considered, in order to establish the best targeted antifungal treatment and its length. Moreover, antifungal stewardship aiming to avoid both adverse events and increasing resistance should always be pursued in the transplant setting.

The assessment of short-term outcome for each waitlisted patient should be individually discussed by the LT team, in order to consider the best timing for a waiting-list readmission (and a possible prioritization after infection recovery\cite{37}). Conversely, other therapeutic options should be taken into account, to avoid futile transplantation\cite{38,39}.

**Fungal Infections Early After LT**

**Epidemiology, risk factors, and outcome**

Although better outcomes have been reported after the introduction of novel antifungal agents and significant progress has been obtained after antifungal prophylaxis, IFD remains an important cause of early morbidity and mortality after solid organ transplantation (SOT). Recent large cohort studies on SOT recipients showed a 1-year post-transplant IFD rate of 4%-8%\cite{30,32}, with a changing epidemiology...
Table 1: Studies assessing the prevalence of invasive fungal disease in patients with acute-on-chronic liver failure

| Ref. | Study design | Diagnostic criteria for IFD | Prevalence of IFD | Outcome | Risk factors for IFD |
|------|--------------|-----------------------------|------------------|---------|---------------------|
| Verma et al[11], 2019 | Single-center, retrospective study on ICU patients from India | EORTC/MSG diagnostic criteria | 39/264 (14.7%). 11 (28%) proven. 25 (64%) IC and 14 (36%) IA | In-hospital mortality 77% | Hemodialysis. Prior antibiotic use |
| Fernández et al[12], 2018 | Multi-center, prospective study on non-ICU ACLF patients across Europe | EORTC/MSG diagnostic criteria | 8/407 (1.9%). 7 (87%) IC. 1 (13%) IA | 28-d and 90-d mortality 57% and 71%, respectively | NR |
| Theocharidou et al[13], 2016 | Analysis from prospectively collected database on ICU patients across the United Kingdom | EORTC/MSG diagnostic criteria (only proven IFD considered for the analysis) | 8/782 (1%) | In-ICU and in-hospital mortality 0% | NR |
| Chen et al[14], 2013 | Retrospective single center study from China on IA | EORTC/MSG diagnostic criteria | 39/787 (4.9%) | Cumulative mortality 61% | Age. Hepatic encephalopathy. Steroid use |
| Lin et al[15], 2013 | Single center retrospective study from non-ICU hepatitis B cirrhotic patients from China | EORTC/MSG diagnostic criteria | 60/126 (47.6%). Proven IFD: 14 (23%). 9 (64%) C. Albicans 2 (14%) C. tropicalis; 1 (7%) C. Glabrata; 1 (7%) IA | Cumulative mortality 40% | Hepatitis B viral load |
| Levesque et al[16], 2019 | Single center retrospective study on ICU patients with cirrhosis and IA in France | EORTC/MSG diagnostic criteria | 60/362 (16.6%). 43/60 (71.7%) fulfilled ACLF criteria. 17/60 (28%) had IA | IA associated cumulative in-hospital mortality 71% | NR |

1The manuscript did not extensively classify patients according to acute-on-chronic liver failure (ACLF) criteria.
2This study used the APASL criteria for ACLF diagnosis. Colonizations are not reported. ACLF: Acute-on-chronic liver failure; IA: Invasive aspergillosis; IC: Invasive candidiasis; IFD: Invasive fungal disease; NR: Not reported; ICU: Intensive care unit; EORTC: European Organization for Research and Treatment of Cancer; MSG: Mycoses Study Group.

over time. Indeed, if Candida spp. and Aspergillus spp. are still the most common molds, there has been a rise of non-albicans Candida species, carrying a higher mortality[33].

Broad-spectrum antibiotic therapy, parenteral nutrition, prolonged neutropenia, ICU stay, diabetes, pre-LT colonization, renal replacement therapy, cytomegalovirus (CMV) infection, re-interventions and choledochojejunostomy are established risk factors for post-LT IC[34,35], whereas pre-LT steroid administration, ALF, and renal replacement therapy seem to be more frequently associated with IA[36-38]. Recently, pre-LT Aspergillus colonization has been considered not a contraindication to LT in a single-center cohort of 27 patients; although they received appropriate post-operative prophylaxis (voriconazole +/- echinocandin), post-LT IA occurrence was 11%[39]. Most of the abovementioned risk factors are associated with patient’s severity at time of transplantation. This concept has been well demonstrated in ACLF patients, who experienced a significantly increasing post-LT IFD incidence, according to disease stage (ACLF grade 3 vs -2 vs -1: 15% vs 6.2% vs 3.4%)[40].

Although active IFD in the donor is a contraindication to donation, several cases of donor-derived IFD have been reported in the literature, mostly due to a undiagnosed infection at time of surgery[41]. Contamination of the organ during procurement
appears as another important issue. For instance, a large retrospective multicenter study from France showed a 1.33% *Candida* spp. prevalence in preservation fluid, being associated with a high rate of post-operative IFD and impaired survival[42].

Despite the adoption of preventive measures and antifungal stewardship, IFD still significantly affect the overall graft and patient survival. For instance, the TRANSNET study[43] reported 90 d cumulative mortality of 26% after IC occurrence, and 1-year survival of 59% after development of IA.

**Post-LT antifungal prophylaxis**

Antifungal prophylaxis is now being considered a cornerstone after LT, due to its safety and effectiveness[44,45]. A systematic review and metaanalysis by Evans et al[46] showed a significant reduction in the odds for proven IFD and for IFD-related mortality among LT patients who received prophylaxis, even if overall mortality did not change significantly. Notably, this study provided robust data about fluconazole and L-AmB, whereas echinocandins were not investigated. That said, several issues in the field of antifungal prophylaxis, such as the type (universal vs targeted approach), length, and preferred molecule(s) to use, are currently debated.

The rationale of a targeted prophylaxis is to capture only high-risk patients (based on pre- and early post-LT characteristics), in order to avoid antifungal over-use, and to administer highly effective molecules. Indeed, several studies have clearly demonstrated the cost-ineffectiveness of antifungal prophylaxis in low-risk patients.

Considering the optimal prophylaxis duration, current guidelines suggest that targeted prophylaxis against IC and IA should be administered for 14-21 d[34,36], but heterogeneous lengths have been adopted in the post-transplant setting, also in view of the dynamic, poorly predictable post-operative course. Further, many attempts at regimen simplification or stratification according to patients’ risk factors have been proposed. Table 2 summarizes the current evidence on antifungal prophylaxis after LT[35,37,47-60]. Notably, heterogeneous inclusion criteria, treatment algorithms, and endpoints adopted, do not allow a robust comparison between studies, but it is worth mentioning that a large amount of data has been available in the last years.

A randomized, double-blind clinical trial including 200 high-risk LT recipients, compared prophylaxis with fluconazole 400 mg/d with anidulafungin 100 mg/d to be continued for 3 wk or until hospital discharge. The study showed a similar IFD occurrence between cohorts (5.1% vs 8%, *P* = 0.4), with no post-LT IFD related deaths in either. Furthermore, only one patient had to stop anidulafungin prophylaxis due to adverse drug-related events, strengthening the safety of this molecule in the post-LT setting. Another multicenter, randomized, controlled trial including 347 LT recipients recruited across 37 European Centers[61] demonstrated that micafungin prophylaxis (100 mg/d for 21 d or until hospital discharge) was equally effective and safe as standard of care (i.e., fluconazole, caspofungin, or L-AmB), according to composite primary and secondary endpoints. The effectiveness of caspofungin (50 mg/d) has been also demonstrated in a large retrospective study from Spain, after comparison with standard fluconazole prophylaxis[62].

**Specific treatment issues in the liver transplant setting**

A detailed therapeutic algorithm for the treatment of each IFD is beyond the scope of this manuscript. Nevertheless, some treatment principles could be of help for clinical
Table 2: Studies published in the last 10 years on fungal prophylaxis in the liver transplantation setting

| Ref.               | Study design                        | Prophylaxis regimen                                                                 | Patient selection criteria                                                                 | Outcomes                                                                 |
|--------------------|-------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Saliba et al[53], 2013 | Single-center study. LTs between 1999-2005. Effectiveness of targeted prophylaxis | Group 1: L-AmB (1 mg/kg/d for 1 wk, then 2.5 mg/kg/ twice a week for 3 wk) OR fluconazole (200-400 mg/d for 3 wk for those with pre-LT Candida colonization). Group 2: No prophylaxis | High risk group (≥ 1 RF): ALF; ICU prior to LT; re-LT; re-operation                                                                 | Group 1: 198 LT recipients (n.146 L-AmB, n. 50 fluconazole, n. 2 amphotericinB). Group 2: 467 LT recipients. Lower 1 yr IFD occurrence in Group 1 (17.7% vs 32.4%, P < 0.001). IA occurrence not significantly different between groups. 1 yr graft and patient survival impaired after IFD occurrence |
| Sun et al[52], 2013 | Single-center study. LTs between 1999-2005. Comparative study for targeted prophylaxis in at-risk patients | Group 1: Amphotericin B lipid complex (5 mg/kg/d for 21 d). Group 2: Micafungin (100 mg/d for 21 d) | High risk group (≥ 2 RF): Post-LT RRT; re-LT; re-operation                                                                 | Group 1 vs 2: 24 vs 18 LT recipients. Similar 90d IFD occurrence (11% vs 8.3%) and 90d mortality (29.2% and 22.2%) between groups |
| Trudeau et al[51], 2013 | Single-center study. LTs between 2005-2008. Effectiveness of universal prophylaxis | Fluconazole (200 mg i.v./p.o. once weekly for 3 mo) | High risk group (≥ 2 RF): Re-LT; sCr > 2 mg/dL or RRT within 48 h prior to LT; choledochojunostomy; transusion of > 40 BP; operative time > 11 h; peri-operative fungal colonization | 221 LTs (18 fulfilled high risk criteria). 6 mo overall IFD occurrence equal to 4.9%. Higher IFD occurrence in high-risk patients (16.7% vs 3.4%, P = 0.03) |
| Antunes et al[54], 2014 | Single-center study. LTs between 2008-2011. Effectiveness of targeted prophylaxis | Group 1 (high risk): L-AmB 100 mg/d for 2 wk OR nystatin alone. Group 2 (low-risk): Nystatin | High risk group (≥ 1 RF): Urgent LT; sCr > 2 mg/dL; AKI after LT; re-LT; re-operation; transusion of > 40 BP | Group 1 vs Group 2: 104 vs 357 LT recipients. 66 (63%) patients belonging to group 1 received L-AmB prophylaxis. Cumulative 3-mo IFD occurrence 2.5%. Higher IFD occurrence in high-risk patients who didn’t receive L-AmB prophylaxis (4.5% vs 13%, P = 0.01) |
| Winston et al[50], 2014 | Randomized, double-blind trial. LTs between 2010-2011. Comparative trial for targeted prophylaxis | Group 1: Anidulafungin (200 mg/d loading dose, then 100 mg/d) for 3 wk or until discharge. Group 2: fluconazole (400 mg/d, adjusted according renal function) for 3 wk or until discharge | High risk group (≥ 2 RF): Re-LT; ALF; Steroids for at least 2 wk before LT; ICU stay > 48 h. Colonization with Candida (> 2 sites) within 4 wk before LT; transusion of ≥ 15 BP; operative time > 6 h; RRT at the time or within 7 d of LT; re-operation | 200 patients 1:1 randomized. Similar cumulative IFD occurrence between cohorts (5.1% vs 8%, P = 0.4). Equal 3 mo post-LT mortality (12% each arm). 0% IFD related deaths |
| Saliba et al[51], 2015 | Randomized, open-label study. LTs between 2009-2012. Comparative trial for target prophylaxis | Group 1: Micafungin (100 mg/d for 21 d or until discharge) in high risk patients. Group 2: Center-specific standard care (fluconazole 200-400 mg/d OR L-AmB 1-3 mg/kg/d OR caspofungin 70 mg loading dose followed by 50 mg/d) in high risk patients | High risk patients (≥ 1 RF): Re-LT; ALF; Pre- or post-operative sCr clearance ≥ 40 mL/min or RRT; ICU 48 h prior to LT; re-operation within 5d of LT; choledochojunostomy; peri-operative Candida colonization (≥ 2 positive cultures); prolonged mechanical ventilation > 48 h after LT; transusion of ≥ 20 BP | Group 1 vs Group 2: 174 vs 173 LT recipients (140 and 137 LT completed the study in each arm). Micafungin was not inferior to standard of care (composite primary and secondary efficacy endpoints) |
| Giannella et al[55], 2015 | Prospective non-randomized trial. LTs between 2009-2013. Safety of high dose L-AmB for targeted prophylaxis | L-AmB 10 mg/Kg once a week until hospital discharge for a minimum of 2 wk | High risk for IC (≥ 2 RF): ICU in 90d prior LT; perioperative Candida colonization; Choledochojunostomy; transfusion of > 40 BP; AKI; rejection within 2 wk after LT; CMV DNA > 100.000 copies/mL; prolonged or repeated operation. High risk for IA (≥ 1 RF): ALF; steroid treatment before LT; multivisceral transplant; RRT; re-LT; re-operation | 76 patients enrolled (39 having ≥ 2 RF for IC; 37 having ≥ 1 RF for IA). 10 patients discontinued therapy (6 for L-AmB related adverse events; 4 for IFD). 2 episodes of proven IC occurred |
| Eschenbauer et al[56], 2015 | Single-center study. LTs between 2008-2012. Effectiveness of targeted prophylaxis | Universal prophylaxis (LTs between 2008-2010): Voriconazole 200 mg BID. Targeted prophylaxis (LTs between 2010-2012): Group 1: Voriconazole 200 mg BID for 30 d. Group 2: Fluconazole 400 mg/d during post-LT ICU stay. Group 3: No prophylaxis | Inclusion criteria for Group 1 (≥ 1 RF): re-LT; ALF; RRT; re-operation within 30 d after LT. Inclusion criteria for Group 2 (≥ 1 RF): Choledochojunostomy; transfusion of > 40 BP and operation time ≥ 11 h; candida colonization or infection within 3 mo before LT | Universal prophylaxis: 236 LTs. Targeted prophylaxis: 145 LTs (group 1 vs 2: 3.78 vs 11 vs 55). Cumulative IFD occurrence 5.2% (targeted vs universal group: 6.9% vs 4.2%; P = 0.34). 40% breakthrough IFD. Similar 100-d mortality between targeted and universal prophylaxis group |
| Author et al. (Year) | Study Design | Population | Prophylaxis Protocol | Risk Factors | Outcomes |
|----------------------|--------------|------------|----------------------|-------------|----------|
| Ferrarese et al. (2020) | Multicenter, randomized, open-label trial. Living donor LTs 2012-2015. Comparative study for universal prophylaxis | Group 1: Micafungin (100 mg/d for 3 wk or until hospital discharge). Group 2: Fluconazole (100-200 mg/d for 3 wk or until hospital discharge) | Universal prophylaxis | Group 1 compared to group 2 for survival and fungal infection incidence. | Group 1 vs Group 2: 69 vs 75 LT recipients. Fungal infection in liver transplant recipients. P = 0.001. Higher incidence of fungal infections in group 1 compared to group 2. |
| Jorgenson et al. (2019) | Single-center study. LTs between 2009-2016. Effectiveness of fixed dose prophylaxis | Group 1: Fluconazole fixed dose (400 mg/d for 14d) in at-risk patients. Group 2: Unsupervised antifungal protocols | High risk group: MELD score > 25. OR ≥ 2 RF: Pre-LT ICU stay > 24h; inotropic support; RRT; re-LT; Combined transplant; pre-LT mechanical ventilation; ALF | High-risk patients (≥ 1 RF): Pre-LT Candida colonization; Pre-LT mechanical ventilation; Pre-LT hospitalization > 7d; Operation time ≥ 9h; Warm ischemia ≥ 45 min. | Group 1 vs Group 2: 50 vs 139. High risk group: Group 1 vs Group 2. Reduction of 1-yr IFD among high-risk cohorts (12.5% vs 26.6%). Similar 1 yr patient and graft survival. |
| Lavezzo et al. (2018) | Single-center study. LTs between 2011-2015. Effectiveness of targeted antifungal prophylaxis | Group 1 (high risk): Amphotericin B lipid complex (3 mg/kg/d) OR L-AmB (2 mg/kg/d), for 5 to 10 d after LT. Group 2 (low risk): No prophylaxis | High-risk group (≥ 1 RF): Operation time > 10 h; re-operation within 30 d; LT for ALF. OR ≥ 2 of the following RF: Transfusion of ≥ 20 BP; Choledochojejunostomy; Transfusion of ≥ 14 BP. | Overall IFD prevalence 2.8% (all in the targeted prophylaxis group). 1 yr mortality higher in prophylaxis group (12.5% vs 18.8%, P = 0.001). 1-yr mortality higher in IFD patients (33.3% vs 6.4%; P < 0.001). | Overall IFD prevalence 6.3%. Fluconazole prophylaxis independently associated with IFD development. |
| Giannella et al. (2016) | Retrospective, single-center study. LTs between 2010-2014. Evaluation of risk factors for a targeted antifungal prophylaxis | Group 1 (no RF): No prophylaxis. Group 2: 1 (1 RF IC): Fluconazole. Group 3 (high risk patients): Antifungal agent | High-risk patients for IC (≥ 2 RF): Prolonged operation; Choledochojejunostomy; Pre-LT Candida colonization; re-LT; AKI. High-risk patients for IA (≥ 1 RF): ALF; RRT after LT; re-operation; re-LT | 303 patients evaluated (Groups 1 vs 2 vs 3: 91 vs 61 vs 151). Antifungal prophylaxis administered to 45.9% patients (80 L-AmB; 41 fluconazole; 41 micafungin). Fluconazole prophylaxis independently associated with IFD development. | Group 1 vs 2: 201 vs 201 LT recipients (propensity score matching). Similar IFD occurrence (11.2% vs 18.9%, P = 0.052). Lower cumulative mortality in Group 1 (23.4% vs 40.8%, P = 0.001). |
| Chen et al. (2016) | Single-center study. LTs between 2005-2014. Effectiveness of targeted prophylaxis | Group 1: Anidulafungin (100 mg/d) OR micafungin (100 mg/d). Group 2: No prophylaxis | High risk patients: MELD ≥ 20. | Group 1 vs Group 2: 97 vs 98 LT recipients. Median prophylaxis duration: 22 and 24 d, respectively. Similar 6-mo IFD occurrence (5.2% vs 12.2%). Reduced risk of IA in LT recipients receiving caspofungin. Similar overall mortality and IFD-related mortality between groups. | Group 1 vs 2: 201 vs 201 LT recipients (propensity score matching). Similar IFD occurrence (11.2% vs 18.9%, P = 0.052). Lower cumulative mortality in Group 1 (23.4% vs 40.8%, P = 0.001). |
| Fortún et al. (2016) | Multicenter study. LTs between 2005-2012. Comparative observational study for targeted prophylaxis | Group 1: Caspofungin (50 mg/d). Group 2: Fluconazole 100-400 mg/d (median 200 mg/d) | High risk group (≥ 1 RF): Re-LT within 30 d; LT for ALF. OR ≥ 2 of the following RF: Transfusion of ≥ 20 BP; Choledochojejunostomy; Peri-operative Candida colonization (≥ 2 sites); re-operation within 7 d. | Group 1 vs Group 2: 21 vs 22 LT recipients. Some episodes of IFD occurred; no difference in graft and patient survival curves between cohorts. | Group 1 vs Group 2: 28 vs 26 LTs. No episodes of IFD occurred in both groups. |
| Perrella et al. (2016) | Single-center study. LTs between 2006-2012. Comparative observational study for targeted prophylaxis | Group 1: L-AmB (3 mg/kg/d). Group 2: Caspofungin (70 mg/d loading dose, then 50 mg/d) | High risk patients (≥ 3 RF): sCr clearance < 30 mL/min and/or sCr > 4 mg/mL. Pre-LT Candida colonization. Pre-LT antibiotic use > 10 d. Pre-LT hospitalization > 7 d. Operation time ≥ 9h; Warm ischemia ≥ 45 min. | Group 1 vs Group 2: 174 vs 140 LT recipients; no episodes of IA occurred; no difference in graft and patient survival curves between cohorts. | Group 1 vs Group 2: 28 vs 26 LTs. No episodes of IFD occurred in both groups. |
| Balogh et al. (2016) | Single-center study. LTs between 2008-2014. Targeted prophylaxis against IA | Group 1: Voriconazole 200 mg BID for 90 d. Group 2: Oral mexitatin OR Fluconazole | High risk group: MELD score > 25. OR ≥ 2 RF: Pre-LT ICU stay > 24h; inotropic support; RRT; re-LT; Combined transplant; pre-LT mechanical ventilation; ALF | Group 1 vs Group 2: 174 vs 140 LT recipients; no episodes of IA occurred; no difference in graft and patient survival curves between cohorts. | Group 1 vs Group 2: 28 vs 26 LTs. No episodes of IFD occurred in both groups. |
operative colonization(s) represent crucial information before starting a therapeutic regimen. Source control, obtained by removal of indwelling vascular/abdominal catheters, is another important option to be considered. Regarding echinocandins, both micafungin and anidulafungin have been demonstrated to be safe and effective at therapeutic dose[6][7]. Notably, micafungin does influence through levels of m-TOR inhibitors, but not of tacrolimus and cyclosporine[8].

Current guidelines recommend voriconazole as the drug of choice for IA, whereas isavuconazole and L-AmB can be considered as alternatives[9][10]. Isavuconazole seems to have similar effectiveness to voriconazole, but with fewer side effects—also liver-related—being a promising option especially in the early post-operative phase[9]. During the course of therapy (usually 12 wk regimen), a careful assessment of IS, liver and renal function are mandatory, as well as therapeutic drug monitoring. Moreover, daily dose of calcineurin inhibitors should be carefully reduced (about by 50%), whereas co-administration of voriconazole and mTORs should be avoided due to a high increase of serum concentration[11][12]. Other molecules could be of help for the treatment of rarer species, or as rescue therapies[13][14].

CONCLUSION

The occurrence of an invasive fungal disease significantly affects the natural history of LT candidates and recipients. In the peri-operative setting, it usually develops in the sickest patients, impairing hepatic and extra-hepatic organ function and being associated with high short-term mortality. An active IFD is still considered a contraindication to LT. Therefore, response to appropriate antifungal therapy and patient’s global outcome should be strictly evaluated by the LT team in accordance with Infectious Disease Specialists, in order to re-consider transplantation as a cost-effective therapeutic option. In the post-operative setting, IFD occurrence has been significantly reduced since the institution of prophylaxis, but it is still a serious complication, affecting graft and patient survival. Prophylactic regimens in patients deemed at high-risk may take into account the local epidemiology, risk of resistance, and potential adverse drug-related effects or interactions.

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