### Overview of the non-surgical treatment options

| Treatment Options |
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| Oral analgesics (including antiepileptic drugs, triptans and analgesics) |
| Botulinum toxin injection |
| Injection with local anaesthetics (including Lidocaine, Mepivacaine and Bupivacaine) |
| Corticosteroid injection |
| Combination of local anaesthetics with corticosteroid injection |
| Multifidus cervicis plane block |
| Acupuncture plus acupoint-injection with lidocaine |