Semi-quantitation of urokinase plasminogen activator and its receptor in breast carcinomas by immunocytochemistry

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Summary Urokinase plasminogen activator (uPA) is a serine protease involved in cancer invasion and metastasis. uPA acts in vivo by binding to a membrane receptor known as uPAR. In this study, uPA and uPAR levels were semiquantitatively measured by immunocytochemistry in 36 primary breast carcinomas. Using monoclonal antibody HD-UK 1, uPA was detected in both stromal and in malignant cells. However, the predominant location was in the stromal cells. Using double-staining, cells including uPA were also found to coexpress either cytokeratin (an epithelial cell marker) or more frequently KP1 (a macrophage/monocyte cell marker). With monoclonal antibody HD-uPAR 13.1, uPAR was localized principally to spindle- or macrophage-like stromal cells, especially when these cells surrounded invasive breast cancer. In contrast, uPAR was only rarely detected in cancer cells and was not detected in normal epithelia surrounding tumour or in areas of adenosis. uPA levels in both stromal and epithelial cells were significantly correlated with those for uPAR. We conclude that both uPA and its receptor are presently used predominantly in stromal cells in invasive breast carcinomas. These results suggest that stromal cells collaborate with malignant cells to mediate metastasis.

Keywords: urokinase plasminogen activator; urokinase plasminogen activator receptor; immunocytochemistry; breast carcinoma

The prognosis of breast and other cancers is ultimately determined by the ability of a tumour to invade and metastasize. During the process of cancer invasion and metastasis, natural barriers, such as the interstitial matrix and basement membranes, have to be degraded. Degradation of these barriers is mediated by specific proteolytic enzymes released from the primary cancers (for reviews, see Duffy, 1992 and Andreasen et al., 1997). One of the key proteases involved in the degradation of the extracellular matrix is urokinase plasminogen activator (uPA). uPA is a serine protease implicated in multiple activities, such as proteolysis, cellular proliferation, migration and adhesion (reviewed in Duffy, 1993; Danø et al., 1994). As a protease, uPA catalyses the conversion of inactive plasminogen to plasmin. Plasmin is a broad-spectrum protease that catalyses the degradation of most substrates in the ECM. In addition to activating plasminogen, uPA can also activate certain growth factors, such as latent hepatocyte growth factor (HGF) (Mars et al., 1993). HGF is a growth stimulator not only for hepatocytes but also for various types of epithelial and endothelial cells (Boros et al., 1995). In vivo, uPA appears to act by binding to a membrane receptor termed uPAR (Duffy, 1993; Danø et al., 1994). Binding of uPA to its receptor is specific, saturable and appears to lead to signal transduction (Danø et al., 1994). The aim of this investigation was to semiquantitate levels of uPA and uPAR in invasive breast cancers using immunocytochemistry.

MATERIALS AND METHODS

Breast tumour tissue was obtained at the time of resection and snap frozen in optimal cutting temperature compound (OCT). Five-micron cryostat sections were cut, dried overnight at room temperature, fixed in acetone for 10 min at room temperature and stored at -70°C until use. Sections were allowed to thaw for 2 h at room temperature before immunohistochemical staining.

Thirty-six samples of invasive breast cancers were stained for uPA with monoclonal antibody HD-UK1 and for uPAR with monoclonal antibody HD-uPAR 13.1 (Schaefer et al., 1994). Both of these antibodies were used at a concentration of 2 μg ml\(^{-1}\). Incubations were carried out at room temperature for 2 h. Endogenous peroxidase activity was blocked using 0.03% hydrogen peroxide. A standard avidin–biotin (ABC) technique was employed using a Vectastain Elite Murine ABC kit (Vector Laboratories, Burlingame, CA, USA) to demonstrate the antigens. All incubations were carried out as per kit instructions. 3′,3′-Diaminobenzidine tetrachloride (DAB) was used as the chromogen. All steps were performed in a moist chamber. The sections were counterstained using Harris’ haematoxylin, dehydrated, cleared and mounted in DPX (BDH).

In order to check staining specificity, the following controls were included:

(a) Positive controls consisting of normal kidney and breast carcinoma known to be positive for both uPA and uPAR by ELISA (Duggan et al., 1995).
(b) Negative controls involved omission of the primary antibody and its replacement by serum or the use of an isotype control.
(c) Sections from four of the above carcinomas were stained with additional antibodies against uPA and uPAR. For uPA, these
antibodies were derived from hybridoma clones 5, 6, 12 and 16 provided by the Finsen Laboratory, Copenhagen, and MAb no. 3689 obtained from American Diagnostica, 222 Railroad Ave., Greenwich, CT, USA. All of these antibodies were used at a concentration of 5 μg ml⁻¹. For uPA, the R2 antibody (Finsen Laboratories) was used at a dilution of 5 μg ml⁻¹.

(d) In addition to the use of frozen material, staining was carried out on sections from four cases of paraffin-embedded and formalin-fixed tissue. Before immunostaining the fixed tissue, digestion with pronase was carried out at 37°C for 20 min.

In an attempt to better characterize those cells showing reactivity for uPA and uPAR at the tumour–stromal interface, we performed double-staining on paraffin-embedded and formalin-fixed tissue with the following antibodies: CAM 5.2 (Becton-Dickinson), a marker for epithelial cytokeratin, and CD68 (KP1, Dako), a marker for histiocytes. The KP1 antibody was used at a dilution of 1:80 and the CAM 5.2 was used neat. Incubations were carried out at room temperature for 2 h. Antigens were visualized using the Vectastain alkaline phosphatase substrate kit I (Vector Red, Vector Laboratories). All steps were performed in a moist chamber. The sections were then lightly counterstained with Mayer’s haematoxylin, dehydrated and mounted in DPX.

The immunohistochemical staining of uPA and uPAR was evaluated semiquantitatively using a four-point scoring system. Immunoreactivity of tumour cells and stromal cells were separately evaluated as follows: level 0, no staining; level 1, 1–10% of cells positive; level 2, 11–49% of cells positive; level 3, over 50% of cells positive. A minimum of 200 tumour cells and 50 stromal cells were counted.

RESULTS

Immunostaining for uPA

Using antibody HD-UK1, immunoreactivity for uPA was seen in the proximal tubules of the control kidney sections as expected. In breast carcinomas, immunoreactivity for uPA was seen predominantly in stromal cells, particularly those located at the tumour–stromal interface (see Figure 1A). The stromal cells showing immunoreactivity were elongated slender spindle cells recognized by conventional haematoxylin and eosin (H & E) staining as stromal fibroblasts, myofibroblasts and macrophage-like cells. Lymphocytes and plasma cells were not immunoreactive. Normal ducts and lobules were not immunoreactive, nor were blood vessels or nerves. The proportion of malignant and stromal cell staining for uPA is shown in Table 1. While detectable stromal cell staining (i.e. score 1 or greater) was found in 34 out of 36 (94.4%) cases, malignant cell staining was found in only 23 out of 36 (63.6%) samples. Similarly, high stromal cell staining (i.e. level 3 staining) was found in 15 (41.7%) compared with only six (16.7%) cases with high levels of epithelial staining. Staining with the other uPA antibodies (i.e. clones 5, 6, 12, 16 and MAb no. 3689) was similar to HD-UK1. In addition, similar staining for HD-UK1 was found in frozen and fixed tissue.
Using double-labelling techniques, cells expressing uPA were shown to coexpress either cytokeratin (an epithelial marker; Figure 1D) or more commonly KP1 (a macrophage/monocyte marker; Figure 1C). These results support the finding by conventional haematoxylin and eosin staining that both macrophages or facultative fibroblasts express uPA as well as tumour cells.

**Immunostaining for uPAR**

Using sections of normal kidney, uPAR staining with antibody HD-uPAR 13.1 was present in tubular epithelial cells, in occasional glomerular mesangial cells and in some inflammatory cells in the interstitial tissue. In addition, staining was seen in tubule luminal precipitates. In breast tumours, uPAR immunoreactivity was located almost exclusively in spindle-like- or macrophage-like cells, particularly surrounding invasive breast cancer (Figure 1B). Staining was rarely present in the carcinoma cells, apart from expression by rare single cells. uPAR was also present within the necrotic debris in intraduct carcinoma, within foamy cells (most likely to macrophage origin) and within intraduct carcinoma. In tumours that had a large number of infiltrating lymphocytes, the lymphocytes were negative. uPAR was not present within the normal epithelium surrounding the breast tumour or within areas of adenosis. Staining of lymphovascular spaces and polymorphonuclear leucocytes was also seen. A similar pattern of staining was seen with monoclonal antibody R2. In addition, frozen and paraffin-embedded formalin-fixed tissue gave equivalent staining with the HD-uPAR 13.1 antibody.

The staining scores for uPAR in epithelial and stromal cells are summarized in Table 2. Positive staining (i.e. greater than level 1) in malignant cells was found in 17 out of 36 (47.2%) specimens, while stromal staining was present in 35 out of 36 (97.2%). High levels of uPAR staining (i.e. level 3) was detected in carcinoma cells in four cases (11.1%) and in stromal cells in 18 (50%) tumours. Using double-labelling techniques, cells expressing uPAR were also commonly immunoreactive for the monocyte/macroage marker KP1. Convincing positivity in cells staining for the epithelial marker cytokeratin was also observed (data not shown).

**Relationship between uPA and uPAR staining**

uPA staining scores correlated significantly with those for uPAR in both malignant cells \( (r = 0.694, P = 0.0001) \) and stromal cells \( (r = 0.582, P = 0.0007) \). Similarly, the combination of tumour and stromal cell staining resulted in a significant relationship between uPA and uPAR \( (r = 0.562, P = 0.0013) \). In contrast, there was no significant relationship between uPA levels in stromal and malignant cells. uPAR levels in stromal and epithelial cells also showed no significant correlation.

**Relationship between uPA and uPAR staining and established prognostic markers**

No significant relationship was found between uPA staining levels and either tumour size, nodal status or oestrogen receptor status. Similarly, uPAR levels did not correlate with these established prognostic markers in breast cancer.

**DISCUSSION**

This is one of the first reports to both semiquantitate uPA staining and localize the cell type containing the protease using double-staining. Using a number of monoclonal antibodies, we demonstrated that the uPA protein in breast carcinoma was present in both malignant and stromal cells. However, uPA immunoreactivity was localized predominantly to stromal cells. This staining pattern was seen using both frozen and paraffin-embedded formalin-fixed tissue. Recently, Christensen et al (1996) also reported that uPA immunoreactivity was present in different cell types in breast carcinoma. In this study, staining was reported to be intense in macrophages and mast cells, and moderate in epithelial cells, fibroblasts and endothelial cells. Other studies, however, have reported that uPA is present predominantly in epithelial cells in breast cancer. Del Vecchio et al (1993) found that uPA staining was most pronounced in malignant cells with only a faint reaction in fibroblast-like cells. Similarly, Jankun et al (1993) detected uPA mostly in malignant cells, but also found the protease to be present in some scattered macrophages.

The reasons for these conflicting results on the cellular localization of uPA in breast cancer are unknown. Possible factors that might be expected to contribute to the variable results could be different methods of storing and processing tissue (e.g. fresh vs formalin-fixed and paraffin-embedded tissue) and the use of antibodies of different specificities. In this investigation, however, we obtained a similar pattern of staining using six different antibodies against uPA. Furthermore, similar staining was seen in fresh and paraffin-embedded tissue with the antibody HD-UK1.

While most studies using immunocytochemistry show uPA to be present in both stromal and epithelial cells in breast cancer, Nielsen et al (1996) using in situ hybridization, demonstrated that uPA mRNA was present almost exclusively in stromal cells, i.e. in myofibroblasts adjacent to cancer cells. However, Escot et al (1996) detected uPA mRNA in both stromal and malignant cells in breast cancer. Again, these conflicting results may be related to the preparation and storage of tissue. In addition, the sensitivity of the probes used may have contributed to these discordant findings.

Compared with uPA, less work has been carried out on immunostaining for uPAR in breast cancer. In this investigation, we show that the predominant location of uPAR immunoreactivity was in the macrophage-like cells surrounding invasive malignant
cells. However, some malignant cells also stained positive for uPAR. Similar findings have been reported by other investigators (Pyke et al., 1993; Bianchi et al., 1994; Christensen et al., 1996). Carriero et al. (1994) found that breast epithelial cells were unreactive to uPAR antibodies unless pretreated with an acid wash. These findings suggest that binding of uPAR to its ligand may prevent its recognition by certain anti-uPAR antibodies, as acid pretreatment is thought to cause dissociation of uPA from its receptor. Few studies appear to have been carried out on the localization of uPAR mRNA in breast cancer. In colorectal cancer, however, mRNA for uPAR has been detected in both cancer and stromal cells (Pyke et al., 1991), whereas, in malignant melanomas, uPAR was localized exclusively to tumour cells (de Vries et al., 1994).

The significant correlation between uPA and uPAR levels reported here is in agreement with previous reports using ELISA (Duggan et al., 1995; Grøndahl-Hansen et al., 1995). These findings suggest that the expression of both the ligand and its receptor may be regulated by the same factors. Evidence for this co-ordinated regulation of uPA and uPAR was recently obtained using cultured keratinocytes (Bechtel et al., 1996). Using these cells, levels of both uPA and its receptor were induced by interleukin-1β and tumour necrosis factor-α.

In this study, we found no significant relationship between uPA and uPAR levels and established prognostic markers, such as tumour size, nodal status or ER status. Similar findings have also been reported using ELISA to measure uPA and uPAR (Jänicke et al., 1992; Duggan et al., 1995). Despite these findings, high levels of either uPA or uPAR as determined by ELISA are associated with poor patient outcome in breast and other malignancies (for review, see Duffy et al., 1996). uPA, in particular, is a strong and independent prognostic marker in breast cancer. Furthermore, in multiple studies, uPA has been shown to correlate with patient outcome in axillary node-negative breast cancer patients (Duffy et al., 1996).

In conclusion, the localization of both uPA and uPAR to stromal cells suggests that these cells, in concert with malignant cells, may mediate cancer invasion and metastasis. Stromal cells are thus a new potential target for ant metastatic therapies.

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