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A methodology for attributing the role of climate change in extreme events: a global spectrally nudged storyline

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Abstract. Extreme weather events are generally associated with unusual dynamical conditions, yet the signal-to-noise ratio of the dynamical aspects of climate change that are relevant to extremes appears to be small, and the nature of the change can be highly uncertain. On the other hand, the thermodynamic aspects of climate change are already largely apparent from observations and are far more certain since they are anchored in agreed-upon physical understanding. The storyline method of extreme-event attribution, which has been gaining traction in recent years, quantitatively estimates the magnitude of thermodynamic aspects of climate change, given the dynamical conditions. There are different ways of imposing the dynamical conditions. Here we present and evaluate a method where the dynamical conditions are enforced through global spectral nudging towards reanalysis data of the large-scale vorticity and divergence in the free atmosphere, leaving the lower atmosphere free to respond. We simulate the historical extreme weather event twice: first in the world as we know it, with the events occurring on a background of a changing climate, and second in a “counterfactual” world, where the background is held fixed over the past century. We describe the methodology in detail and present results for the European 2003 heatwave and the Russian 2010 heatwave as a proof of concept. These show that the conditional attribution can be performed with a high signal-to-noise ratio on daily timescales and at local spatial scales. Our methodology is thus potentially highly useful for realistic stress testing of resilience strategies for climate impacts when coupled to an impact model.

1 Introduction

There is increasing interest in understanding and quantifying the impact of climate change on individual extreme weather and climate events. This is to be distinguished from detecting the effect of climate change on the statistics of extreme events (IPCC, 2012). In the most commonly used approach, changes in the probability distribution of an event class, whose definition is motivated by a historical event, are calculated by simulating large ensembles with an atmosphere-only climate model (Watanabe et al., 2013). The changes are computed between the “factual” ensemble, corresponding to observed forcings (e.g. sea-surface temperatures (SSTs) and greenhouse-gas (GHG) concentrations), and a “counterfactual” ensemble, corresponding to an imagined world without climate change. The latter is usually constructed by removing an estimate of the forced changes in SSTs and imposing pre-industrial GHG concentrations. As discussed by Shepherd (2016), this probabilistic approach has two prominent limitations. The first is that every extreme event is unique, but the construction of a general event class blurs the connection to the actual event and makes it difficult to link the event attribution to climate impacts. This is important because extreme impacts are not always associated with extreme meteorology (van der Wiel et al., 2020). The second limitation is that extreme events are generally associated with extreme dynamical conditions, and there is little understanding, let alone agreement, on how those dynamical conditions might respond to climate change (Hoskins and Woollings, 2015; Shepherd, 2014). This represents an uncertainty in the probabilistic estimates that is difficult to quantify.
On the other hand, thermodynamic aspects of climate change such as warming and increasing specific humidity are robust in sign, anchored in agreed-upon physical understanding, and clearly emerging in observations (IPCC, 2018). Moreover in many cases the signal-to-noise ratio of the forced dynamical changes appears likely to be small (Deser et al., 2016; Schneider et al., 2012). Thus, although dynamical and thermodynamic processes are interwoven in the real climate system, it can be useful to regard the uncertainties in their forced response to climate change as being separable, at least to a first approximation. This has been a growing theme in climate change attribution over the past few decades. The distinction between thermodynamic and dynamical changes is not precise, and various ways of implementing the separation diagnostically have been used in different contexts. For extratropical regional climate, it has been common to regard the component of change congruent with large-scale internal variability (e.g. as defined by empirical orthogonal functions or by self-organizing maps) as “dynamical” (Deser et al., 2016; Horton et al., 2015) and the residual as “thermodynamic”. For tropical climate or for extratropical storms, dynamical changes are instead commonly identified with changes in vertical velocity (Bony et al., 2013; Pfahl et al., 2017). In the absence of evidence to the contrary, a reasonable hypothesis is that the forced dynamical changes are undetectable; this hypothesis is implemented explicitly in the “pseudo global warming” methodology used for regional climate studies (Schär et al., 1996) and in the “dynamical adjustment” methodology used to study observed climate trends (Wallace et al., 2012).

Trenberth et al. (2015) suggested that the same thinking could be usefully applied to the attribution of individual extreme events. Specifically, the extreme dynamical circumstances leading to the event could be regarded as given, i.e. arising by chance, and the question posed of how the event was modified by the known thermodynamic aspects of climate change. This conditional framing of the attribution question was subsequently dubbed the “storyline” approach (Shepherd, 2016) and has a precedent in the application of dynamical adjustment to extreme seasonal climate anomalies (Cattiaux et al., 2010). As emphasized by Shepherd (2016) and NAS (2016), there is actually a continuum between the storyline and probabilistic approaches: storyline approaches are highly conditioned probabilities, and probabilistic approaches generally involve some form of dynamical conditioning too, through the imposed SST patterns. However, the extent of conditioning imposed by constraining the atmospheric state is so severe that in practice the storyline approach can be regarded as deterministic, just as weather forecasts, whilst probabilistic in principle, are interpreted deterministically when the ensemble spread is sufficiently narrow.

By focusing on the known effects of climate change, the storyline approach seeks to avoid “Type 2” errors or missed warnings, in contrast to the probabilistic approach, which, by needing to reject the null hypothesis of no climate change whatsoever, seeks to avoid “Type 1” errors or false alarms (Lloyd and Oreskes, 2018; Trenberth et al., 2015). A colloquial way of putting this is that rather than asking what extreme events can tell us about climate change, we ask what known aspects of climate change can tell us about particular extreme events. Although its results are not expressed probabilistically, the storyline approach enables a quantitative estimate of climate change with a clear causal interpretation (Pearl and Mackenzie, 2018). Notwithstanding the need for asking both kinds of questions as they provide different kinds of information (Lloyd and Shepherd, 2020), the storyline approach is a new development, and there are as yet not so many studies employing this approach.

In previous applications of the storyline approach, individual extreme weather events have been dynamically constrained through boundary conditions applied to a regional model (Meredith et al., 2015) or by controlling the initial conditions in a weather forecast model (Patricola and Wehner, 2018). More recently, nudging the free atmosphere to reanalysis data (leaving the boundary layer free to respond) has been applied in a global medium-resolution atmospheric model to constrain the dynamical conditions leading to heatwaves, first to determine the effect of soil moisture changes on selected recent heatwaves (Wehri et al., 2019) and subsequently to determine the effect of past and projected future warming on the 2018 Northern Hemisphere heatwave (Wehri et al., 2020). The concept of nudging the atmospheric circulation in order to impose the dynamical conditions has a long history. In particular, spectral nudging (von Storch et al., 2000; Waldron et al., 1996) allows for scale-selective nudging so that only the large spatial scales of the model are constrained, while the smaller scales, including those relevant to extreme events, are free to be simulated by the high-resolution model. The climate model can thus potentially add value and regional detail to the coarser-resolution forcing dataset. Spectral nudging has been used in regional climate modelling (Feser and Barcikowska, 2012; Scinocca et al., 2015) and in boundary-layer sensitivity studies (van Niekerk et al., 2016). Note that in all these modelling approaches, the dynamical constraint is imposed “remotely” from the phenomenon of interest (in space, time, and/or spatial scale) in contrast to the diagnostic approaches mentioned earlier and thus preserves the physical interplay between dynamics and thermodynamics within the extreme event itself.

The purpose of this paper is to provide a methodological underpinning for the application of large-scale spectral nudging of divergence and vorticity in a global high-resolution atmospheric model for the purpose of attributing the role of thermodynamic aspects of climate change (or other conditional perturbations) in extreme events of various types and timescales. A key question is to determine what level of refinement of the attribution, in both space and time, is possible. The outline of the paper is as follows. In Sect. 2, we elaborate on the technicalities of spectral nudging within the ECHAM6 model and its parameter sensitiv...
ities as well as the construction of the counterfactual simulations. In Sect. 3, we exemplify the method by applying it to two well-studied heatwaves: the European 2003 heatwave and the Russian 2010 heatwave. As well as identifying some important differences between the two events, we examine the signal-to-noise ratio of our attribution. A concluding discussion follows in Sect. 4.

2 Method

2.1 Spectral nudging

The spectral-nudging technique is well established within the context of regional climate modelling (Miguez-Macho et al., 2004; von Storch et al., 2000, 2018; Waldron et al., 1996). In this approach, so-called “nudging terms” are added to the large-scale part of the climate model trajectory, which draws the model towards reanalysis data. Global spectral nudging (Kim and Hong, 2012; Schubert-Frisius et al., 2017; Yoshimura and Kanamitsu, 2008) works in a similar way. It constrains large-scale weather patterns of the climate model, such as high- and low-pressure systems or fronts, to stay close to reanalysis data in order to derive a global high-resolution weather reconstruction. The general idea is that if the realistic large-scale state of the reanalysis data is followed by the global climate model (GCM), while at smaller scales the model provides additional detail to improve high-resolution weather patterns. Another merit of the approach is the potential to reduce inhomogeneities in the dataset by using only a very limited number of variables from the reanalysis data, although this is less of an issue for our application because we compare factual and counterfactual simulations for the same large-scale conditions, so any inhomogeneity in the reanalysis would apply equally to both. For the same reason, our approach can be expected to be robust to any differences between reanalyses. In order to define a noise level for our analysis, we construct small ensembles of three factual and three counterfactual simulations. Although such small ensembles are clearly inadequate for quantifying conditional probabilities, they have been successfully used in the past (e.g. Shepherd, 2008) to identify robust differences between the two ensembles from a deterministic perspective, which is our interest here.

2.2 ECHAM6 application

For this study, we use the high-resolution T255L95 GCM ECHAM6 (Stevens et al., 2013) with the JSBACH land component sub-model (Reick et al., 2013); however the method is applicable to any atmospheric GCM. SSTs and sea ice concentrations (SICs) are prescribed from NCEP1 reanalysis data (Kalnay et al., 1996). ECHAM6 is globally spectrally nudged towards the NCEP1 reanalysis data to achieve realistic weather patterns and extreme events of the past. However, any other reanalysis should provide similar results since only the large-scale fields are nudged. We chose NCEP1 due to its starting date in 1948, which is earlier than any of the other reanalysis data, enabling application of our method over a longer period of time. It is conceivable that for certain kinds of extreme events involving a tight coupling between resolved and parameterized processes, ensuring consistency between the reanalysis and the model would be beneficial. In a previous application nudging was applied for pressure, temperature, vorticity, and divergence (Jeuken et al., 1996) with a constant height profile throughout the entire atmosphere. However, we want to reproduce only the large-scale atmospheric circulation and in particular leave the thermodynamic fields (temperature and moisture) free to respond; hence we only nudge vorticity and divergence in the free atmosphere. The aim is to constrain the model as little as possible so that it can freely develop small-scale meteorological processes and extreme events while still achieving an effective control of the large-scale weather situation.

The nudging of variable \( X \) over time is applied in the spectral domain as follows (adapted from Jeuken et al., 1996):

\[
\frac{\partial X}{\partial t} = \begin{cases} 
F_X + G (X_{\text{NCEP}} - X) & \text{for } n \leq 20, \ p < 750 \text{hPa} \\
F_X & \text{otherwise}
\end{cases}
\]

(1)

where \( X \) is the variable to be nudged (either vorticity or divergence), \( F_X \) is the model tendency for variable \( X \), and \( X_{\text{NCEP}} \) is the state of that variable in NCEP1. The thresholds \( p \) and \( n \) need to be met for nudging to happen, namely pressure \( p \) must be below 750 hPa, and the spherical harmonic index \( n \) must not exceed 20. \( G \) is the relaxation coefficient in units of \( 10^{-5} \text{ s}^{-1} \) determining the nudging strength. Nudging is performed at every time step.

We applied most settings according to Schubert-Frisius et al. (2017), including the usage of spectral nudging in both meridional and zonal directions. We use a plateau nudging-strength height profile (see Fig. 1a), which starts at 750 hPa, then quickly increases up to its maximum nudging strength, and stays there for higher tropospheric and lower and medium stratospheric levels until it again quickly tapers back to 0 at a height corresponding to 5 hPa. The reason for the latter choice is that above 5 hPa there is no NCEP1 reanalysis data available.

The strength of nudging is determined by the relaxation coefficient \( G; \text{ in } 10^{-5} \text{ s}^{-1} \); see Eq. (1). The relaxation coefficient is often described using the e-folding time \( G^{-1}; \text{ in } 10^5 \text{s} \) which represents the simulated time necessary for nudging to dampen out a model-introduced disturbance. For example, if the e-folding time is 10 h then the nudged model will dampen out that disturbance (with an assumed amplitude of 1) to a value of \( 1/e \) and thus greatly reduce it within 10 h. A larger relaxation coefficient implies a stronger nudging and translates into a shorter e-folding time or dampening time (von Storch et al., 2000). We have tested several e-folding times to see if the settings could be further relaxed and still reproduce the large-scale weather conditions. In Fig. 1b the impact of the tested e-folding time settings on the temporal

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evolution of the 2 m temperature averaged over Europe (35–60° N, 10° W–30° E) in comparison to ERA-Interim is shown through November 2013. There is little difference visible between the 50 min and 5 h e-folding times. The 10 h results start to show small deviations, whilst the 20 h results deviate even more noticeably. On the basis of this sensitivity study, we conclude that the e-folding time can safely be relaxed from 50 min to 5 h without losing the accuracy of the results.

We similarly aim to limit the range of spatial scales being nudged as much as possible. In Fig. 1c we show the 2 m temperature results for the different nudging wavelengths in comparison to ERA-Interim. The original $T_{30}$ settings used by Schubert-Frisius et al. (2017), which translate to a minimum wavelength of approximately 1300 km ($360°/30 × 111$ km), show comparable results to the $T_{25}$ and $T_{20}$ resolutions. The nudging was therefore relaxed to the $T_{20}$ resolution, which translates to a minimum wavelength of approximately 2000 km ($360°/20 × 111$ km). This should be sufficient to resolve the large-scale circulation while allowing smaller-scale processes related to local weather events to develop freely. In Fig. 2 the geopotential height anomalies for summer 2010 in the factual and counterfactual simulations show a strong resemblance. Even though the background conditions of the two simulations are different (which is further explained in Sect. 2.3), the blocking pattern formed over Russia in 2010 is clearly present in both simulations, demonstrating the capability of our nudging method to reproduce the complex dynamical situation.

We used ECHAM_SN throughout this paper to calculate climatological data for comparison to our own findings. The ECHAM_SN dataset is a spectrally nudged global historical simulation from 1948–2015 (Schubert-Frisius et al., 2017). It nudged vorticity and divergence towards NCEP1 in a vertical plateau-shaped profile, equal to the profile we use, at spatial scales corresponding to $T_{30}$ or larger, with an e-folding time of 50 min.

2.3 Simulating the counterfactual

In this study, as in probabilistic event attribution, counterfactual and factual climate simulations are used to assess the effect of climate change on extreme events. Factual is defined as the world as we know it or a historical simulation. Counterfactual is defined as an imagined modern world without climate change. In our simulations, land use and volcanic activity as well as aerosol forcing and sea ice concentration are unchanged between factual and counterfactual. The differences between the two worlds are created by altering two important aspects of the simulation: (a) sea-surface temperature (SST) and (b) greenhouse gases (GHG). Both worlds are spectrally nudged in the same way. A potential way to check the results of the counterfactual simulation, especially for simulations over a longer time span, is to study the consistency between the inferred signals of climate change for smaller climate forcings (e.g. since mid-century) and the attributed changes in the observational record. Our simulations are 5 years each and therefore cannot be tested in this way.
However for longer simulations such a test would be beneficial.

SST patterns such as the Atlantic Multidecadal Oscillation or El Niño greatly influence weather extremes. Therefore, as with probabilistic event attribution, we impose the same SST variability for both the factual and counterfactual simulation, based on the observed SST pattern. (However, this is expected to be less critical in our case since we are imposing the large-scale atmospheric circulation.) We create the counterfactual SST conditions by subtracting a climatological warming pattern from the observed pattern, which is a standard procedure in probabilistic event attribution studies (Otto, 2017; Vautard et al., 2016; Stott et al., 2016). Although it is common to consider different climatological warming patterns as a means of exploring uncertainty, this is not so relevant in our case since the large-scale circulation is imposed. The climatological warming pattern is computed using the ECHAM6 CMIP6 (MPI-ESM1.2-HR) control and historical simulations at an atmospheric resolution of T127 (Müller et al., 2018). The procedure is shown in Eq. (2):

$$\text{SST}_t,c = \text{SST}^{\text{NCEP1}}_t - \left(\text{SST}^{\text{CMIP6}}_t - \text{SST}^{\text{CMIP6}}_{\text{pi}}\right),$$

(2)

where SST$_{t,c}$ is the counterfactual SST at time $t$, SST$_{t}^{\text{NCEP1}}$ is the NCEP1 SST at time $t$, SST$_{t}^{\text{CMIP6}}$ is the CMIP6 historical SST at time $t$, and SST$_{t}^{\text{CMIP6}}_{\text{pi}}$ is the CMIP6 pre-industrial SST at time $t$ (for the latter, the only relevant time dependence would be seasonal). In our present implementation, which targets boreal summer only and concerns only a fairly short time period, the seasonal time dependence is suppressed, and the historical CMIP SSTs are taken to be the 2000–2009 average. For a simulation covering a full year the warming pattern should be made seasonal, and for one covering several decades it would furthermore need to be weighted over time. In Fig. 3 the CMIP6 SST warming pattern shows a good resemblance to the observed HadSST3 warming pattern. The HadSST3 pattern is obtained by subtracting the 1880–1890 average from the 1980–1990 average SST values. The general warming and cooling patches in the Pacific Ocean and Atlantic Ocean south of Greenland agree well. Also, the warming north of Scandinavia is clearly visible in both warming patterns. Despite the observational data-void region east of Greenland and north of Iceland, there is a good resemblance of our modelled warming pattern with observations. Note that pre-industrial SST observations were dependent upon ship records, which in the polar region were very few (Rayner et al., 2006), causing this part of the observational dataset to be incomplete.

For technical reasons, we did not alter the SIC in the counterfactual simulations. Given that the atmospheric circulation is nudged, changes in SIC are not expected to be relevant for summertime heatwaves as Arctic amplification from sea ice loss is a wintertime phenomenon (Screen and Simmonds, 2010). In Fig. 4 the counterfactual SSTs for July 2003 and July 2010 are shown together with the factual SST patterns such as the Atlantic Multidecadal Oscillation or El Niño greatly influence weather extremes. Therefore, as with probabilistic event attribution, we impose the same SST variability for both the factual and counterfactual simulation, based on the observed SST pattern. (However, this is expected to be less critical in our case since we are imposing the large-scale atmospheric circulation.) We create the counterfactual SST conditions by subtracting a climatological warming pattern from the observed pattern, which is a standard procedure in probabilistic event attribution studies (Otto, 2017; Vautard et al., 2016; Stott et al., 2016). Although it is common to consider different climatological warming patterns as a means of exploring uncertainty, this is not so relevant in our case since the large-scale circulation is imposed. The climatological warming pattern is computed using the ECHAM6 CMIP6 (MPI-ESM1.2-HR) control and historical simulations at an atmospheric resolution of T127 (Müller et al., 2018). The procedure is shown in Eq. (2):

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(2)

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The ECHAM_SN simulation and the altered SIC simulation provide out-of-sample tests of robustness for the factual and counterfactual ensembles, respectively. Figure 5 shows that in both cases, these simulations fall largely within the range of the three-member ensembles.

For the European 2003 heatwave the three counterfactual members run from 1 March and are initialized with the spin-up counterfactual atmospheric state members (year 3, March). The three factual members are started 1 month apart from each other (in January–March 2003), and initialized with the corresponding atmospheric state from the ECHAM_SN dataset. For the Russian 2010 heatwave the three counterfactual members run instead from 1 January because of the known importance of soil preconditioning for this event (Wehrli et al., 2019). The three factual members again run with 1-month differences in their starting dates, but here from November 2009, December 2009, and January 2010, again initialized with the corresponding state from the ECHAM_SN dataset. For analysis regions we select 35–50° N, 10° W–25° E as the domain for the European heatwave 2003 and 50–60° N, 35–55° E for the Russian heatwave 2010, in line with previous literature (Dole et al., 2011; García-Herrera et al., 2010; Otto et al., 2012; Rasmijn et al., 2018; Wehrli et al., 2019).

For the summer of 2003, the global temperature difference between factual and counterfactual simulations is 0.64 °C, while for the summer of 2010 the difference is 0.66 °C. From observations we know that the earth has experienced a global warming of approximately 0.7–0.8 °C between preindustrial times and 2010 (IPCC, 2018). Our modelled global warming, found through the difference between the factual and counterfactual simulations, thus represents this difference well, albeit with a slight underestimation.

### 3 Results

To illustrate our method, we provide two examples, namely the European heatwave of 2003 and the Russian heatwave of 2010. These events are considered the two strongest European heatwaves on record (Russo et al., 2014, 2015). In Sect. 3.3 we look deeper into the signal-to-noise ratio of each of the examples and how they compare to each other.

#### 3.1 European heatwave 2003

The European summer of 2003 was exceptionally hot and exceptionally dry (Black et al., 2004; Schär et al., 2004; Stott et al., 2004). Two heatwaves occurred, a milder one in June and an extreme heatwave in August, with peak temperatures in France and Switzerland (Black et al., 2004; Schär et al., 2004; Trigo et al., 2005) but also affecting Portugal, northern Italy, western Germany, and the UK (Feudale and Shukla, 2011a; Muthers et al., 2017). Temperatures exceeded the 1961–1990 average by 2.3–12.5 °C, depending on loca-
Figure 5. Daily mean temperature at 2 m height [$°C$] averaged over (a) Europe ($35–50° N, 10° W–25° E$) for summer 2003 and over (b) Russia ($50–60° N, 35–55° E$) for summer 2010 for the factual (blue), counterfactual (red), and ECHAM_SN (green) simulations and ERA-Interim (dashed black) reanalysis data. The climatology (green shaded area) is the 5th–95th ranked percentile range between 1985–2015 calculated with ECHAM_SN (Schubert-Frisius et al., 2017). The dashed red line in (b) shows the simulation with SIC changed in one of the counterfactual simulations (see text for details).

Both the June and August heatwaves were caused by stationary anticyclonic circulations or blocking (Black et al., 2004). The first block formed in June, then broke and quickly reformed in July, which then caused the second heatwave in August (García-Herrera et al., 2010). However, the extreme temperatures cannot be explained by atmospheric blocking alone. Due to large precipitation deficits in spring that year, the heatwaves happened in very dry conditions. The lack of clouds and soil moisture caused latent heat transfer to turn into sensible heat transfer, which dramatically increased surface temperatures (Bastos et al., 2014; Ciais et al., 2005; Fischer et al., 2007; García-Herrera et al., 2010). It is considered highly unlikely that the 2003 European heatwaves would have reached the temperatures they did without climate change (Hannart et al., 2016; Schär et al., 2004; Stott et al., 2004). The probabilistic event attribution studies show an increased likelihood of the extreme temperatures from increased GHGs (Hannart et al., 2016; Schär et al., 2004; Stott et al., 2004). Other studies focused on the exceptionally high SSTs in the Mediterranean Sea and North Sea as a cause of reduced baroclinicity, providing an environment conducive to blocking (Black et al., 2004; Feudale and Shukla, 2011a, b). By applying the storyline approach, we can consider both causal factors together and shed some additional insight on this event. The dry spring leading up to the warm summer conditions was captured by initializing the simulations by 1 March at the latest.

In Fig. 5a, the daily evolution of the domain-averaged temperature at 2 m height for June–August for each of the ensemble members is plotted in comparison to the ECHAM_SN 5th–95th-percentile (1985–2005) climatology and ERA-Interim (Dee et al., 2011). The ECHAM_SN 2003 temperature is also plotted for reference and shows a strong coherence with the factual ensemble, confirming the appropriateness of using the ECHAM_SN climatology as a reference for our factual simulations. The first thing to note is that the factual and counterfactual ensembles evolve very similarly in time but (except for the third week of June) are well separated, by approximately 0.6 °C, indicating a high signal-to-noise ratio at daily resolution for the domain av-
Figure 6. July and August divided into four half-month periods. Columns (a) and (b) show the European heatwave 2003, while columns (c) and (d) show the Russian heatwave 2010. In columns (a) and (c), the factual geopotential height at $z=500$ [m] is shown as black contour lines, while temperatures at 2 m height [°C] are shown as shaded fields. In columns (b) and (d), the differences in 2 m temperature [°C] between the factual and counterfactual simulations are shown as shaded fields. Stippling shows where all the factual members are $>0.1$ °C above all the counterfactual members for that grid point. Note that the Russian domain is smaller; therefore the stippling has a different spacing than in the European domain.

The temperature differences between the factual and counterfactual ensembles are spatially nonuniform over Europe. In Fig. 6a the factual members’ average of the 2 m temperature and of the geopotential height ($z_{500}$) show the meteorological situation averaged over half-month periods following García-Herrera et al. (2010). Figure 6b shows the local differences in 2 m temperatures between the counterfactual and factual ensemble averages. Stippling is added to each grid point where all the three factual members are at least 0.1 °C warmer than all the counterfactual members. There is strong local variance, especially during the heatwave in the first half of August, with differences of up to 2.5 °C. In the first period (1–15 July) the local differences are generally modest, except in northern Spain, where they reach 1.5–2 °C. In the second and third half-month periods (16–31 July, 1–15 August), the temperatures in the factual simulations can locally be up to 2–2.5 °C higher than in the counterfactual simulations, with the differences spread over a large area including Spain, Portugal, France, Germany, Hungary, and Romania. During the period 1–15 August, which according to Fig. 5a was the peak of the heatwave, the hottest area in Europe (Fig. 6a) is located in south-west France and southern Iberia. However the largest differences between the factual and counterfactual simulations (up to 2.5 °C) are found to the north of both of these regions, suggesting a shift in the peak temperature. In the second half of August, there are still some strong temperature differences visible over most of these regions, although the differences over western France have dampened.

As noted earlier, the dryness of the soil has been identified as an important contributing factor to the 2003 heatwave. Our interest here, however, is on whether the soil wetness differed between factual and counterfactual conditions. In Fig. 7a we see a very similar decline in soil wetness for both the factual and counterfactual ensemble members from May until the end of August. The counterfactual simulations start out with somewhat higher soil wetness than the factual simulations, but over the course of the summer the values of both sets of simulations move closer towards each other so that by August the ensembles are close together. Thus it does not appear that climate change had a first-order impact on soil wetness in this case.
Figure 7. Average soil wetness in the root zone [m] averaged over Europe in 2003 and Russia in 2010 during July and August of each year. The factual simulations are shown in blue and the counterfactual simulations in red.

3.2 Russian heatwave 2010

In August 2010 western Russia was hit by an unprecedented heatwave caused by a large quasi-stationary anticyclonic circulation, or blocking (Galarneau et al., 2012; Grumm, 2011; Matsueda, 2011). It was a heatwave that broke all records such as temperature anomalies during both day and night, temporal duration, and spatial extent. The effect of soil wetness, or rather the lack thereof, on the magnitude of the temperatures was profound (Lau and Kim, 2012; Rasmijn et al., 2018; Wehrli et al., 2019; Bastos et al., 2014). The 2010 Russian heatwave is considered the most extreme heatwave in Europe on record (Russo et al., 2015). Approximately 50 000 lives were lost, 5000 km$^2$ forest burned, 25% of the crop failed and over USD 15 billion worth of economic damage was recorded due to this heatwave (Barriopedro et al., 2011; Lau and Kim, 2012; Otto et al., 2012; Rasmijn et al., 2018). In some of the attribution studies, the heatwave was primarily attributed to internal variability as the dynamical situation strongly depended on the El Niño–Southern Oscillation (ENSO) being in a La Niña state (Dole et al., 2011; Russo et al., 2014; Schneidereit et al., 2012). However, the likelihood of the temperatures reaching such extreme values has also been assessed as being significantly exacerbated by climate change (Otto et al., 2012; Rahmstorf and Coumou, 2011). As with the previous example, the storyline approach can represent both of these perspectives. Moreover, it overcomes the limitation that the climate models used to perform probabilistic event attribution generally have trouble reproducing a blocking situation correctly (Trenberth and Fasullo, 2012; Watanabe et al., 2013).

In Fig. 5b, the daily evolution of the domain-averaged temperature at 2 m height for each of the ensemble members is shown in comparison to ECHAM SN 2010, the ECHAM SN 5th–95th-percentile climatological temperatures (1985–2015), and ERA-Interim. ERA-Interim temperatures correlate highly with the counterfactual members, though are somewhat higher at the end of June and beginning of July, and decline much more rapidly following the heatwave halfway through August. Starting after the second half of July, both the factual and counterfactual temperatures exceed the 95th-percentile climatological temperature, peak around 8 August, and return to climatological temperatures around 17 August. This analysis shows that this would have been an unprecedented event even without climate change. The differences between the factual and counterfactual temperatures during the core of the heatwave are noticeably higher (about 2°C) than in the European heatwave 2003, as is the spread between the ensemble members. In contrast to the European case, the anthropogenic warming during the core of the heatwave is considerably higher than the global-mean warming. We attribute both aspects – the greatly enhanced anthropogenic warming and the larger internal variability – to the fact that the Russian domain is much farther inland than the European domain, and thus the blocking conditions cut off the influence of the SST forcing and allow a direct radiative effect of GHG increases (Wehrli et al., 2019). Note that western Russia is known for having large internal variability (Dole et al., 2011; Russo et al., 2014; Schneidereit et al., 2012), which is clearly apparent in our results. It is also the case that the Russian domain is smaller than the European domain by a factor of 3.4, which would furthermore tend to increase the variability in the domain-averaged temperature shown in Fig. 5.

The range of temperature differences between factual and counterfactual simulations reach values up to 4°C locally, as seen in Fig. 6d. Note that the scale for the Russian heatwave reaches up to 4.5°C, whereas the scale for the European heatwave reaches only 3°C. In the first half-month period (1–15 July), when the heatwave had not yet started, the local temperature differences are between 0.5–2.5°C, with the maximum differences in the south-east of the domain.
The temperature differences are largest in the core of the block region, reaching up to $3.5\,^\circ C$ in the south-east in the second period (16––31 July) and up to $4\,^\circ C$ in the south, below Moscow, in the third period (1–15 August). The block broke in the fourth period (16–31 August) and resulted in a virtual elimination of the temperature difference. In contrast to the European heatwave 2003, here the biggest temperature differences between factual and counterfactual are found in the regions with the highest temperatures.

As with the European heatwave 2003, the differences in soil wetness do not appear to be of first-order importance to explain the temperature differences between the factual and counterfactual simulations. In Fig. 7b the soil wetness in the factual simulations is seen to decrease somewhat more rapidly than in the counterfactual, which could be due to the higher surface temperature and thus greater evaporation of soil moisture. However, the soil wetness values are overlapping and even cross each other in the beginning of August. These findings are in agreement with those of Hauser et al. (2016), who reproduced the Russian heatwave under 1960 conditions and found that the dry conditions occurred there too, thus concluding they found no direct link between the drought conditions and climate change. It must be emphasized that this is not to downplay in any way the impact of soil wetness on the event itself, which has been well established in the literature. It is only to indicate that the impact would have been there even without climate change.

### 3.3 Signal-to-noise analysis

The temperature differences found between the factual and counterfactual simulations are meaningful if they are outside of the internal variability within each ensemble. A different way of saying this is that the differences are meaningful if the two ensembles are distinguishable from each other. To assess
this in a statistical manner, temperature differences between pairs of factual members (FF), pairs of counterfactual members (CC), and factual–counterfactual pairs (FC) are plotted for each half-month period in Fig. 8. The FF and CC pairs have a median close to 0 and represent the noise level; in both cases there are three pairs (F1–F2, F2–F3, F3–F1; C1–C2, C2–C3, C3–C1). The FC pairs contain the signal: here there are nine pairs (F1–C1, F2–C2, F3–C3, F2–C1, F3–C2, F1–C3, F3–C1, F1–C2, F2–C3). Each box plot represents the distribution of 2 m temperature differences across the pairs and across all grid points. The half-monthly panels represent distributions of half-month-averaged values, and the daily panels represent distributions of daily values within the half-month period.

The daily differences for the European heatwave (Fig. 8a) show a median value of about 0.6 °C, irrespective of whether the time frame is during the heatwave itself or directly before or directly after it, consistent with Fig. 5a. Although these are not really probability distributions (since they include contributions from different locations within the domain), we can use the inter-quartile ranges as measures of signal and noise. The median difference for FC is above the 75th percentile of both CC and FF for daily values, giving confidence that our results are clearly above the noise level. Half-monthly time averages (Fig. 8b) produce nearly identical median values, but we see that the spread is much smaller, as expected. The 25th percentile of FC now lies above the 75th percentile of the CC and FF boxes.

The differences between CF and either FF or CC for the Russian heatwave (Fig. 8c and d) are clearly larger than for the European heatwave and in contrast to the European case vary substantially between the different periods. Consistent with Fig. 5b, in the periods outside of the core of the heatwave (1–15 July, 16–31 August) the median difference between FC is about 1 °C. Inside the core heatwave period (16–31 July, 1–15 August), however, the median difference is more like 2 °C, reaching 2.2 °C for 1–15 August. During this latter period the 5th-percentile whisker of half-monthly FC differences is above the 75th percentile of FF and CC, which is a very strong signal indeed. When looking at the results for individual members, the larger internal variability within the Russian domain (apparent also in Fig. 5b) is clearly visible (not shown), as compared with the European case.

4 Discussion and conclusion

We have presented a detailed description and assessment of a global spectrally nudged storyline methodology to quantify the role of known thermodynamic aspects of climate change in specific extreme weather events. In this methodology, the particular dynamical conditions leading to the event are taken as given, i.e. are regarded as random, and the attribution is therefore highly conditional. Thus, as with all such storyline approaches to extreme-event attribution, the effect of climate change on the occurrence likelihood of those dynamical conditions is not assessed. In that respect, this approach is complementary to the more widely used probabilistic event attribution. However, since most results of probabilistic event attribution appeal in any case to the known thermodynamic aspects of climate change, it can be argued that not much is lost in the storyline approach, yet much is gained by the specificity. This is especially the case for extreme events whose dynamical conditions are not well represented in climate models, e.g. blocking. Spectral nudging enables the reproduction of extreme events with their particular dynamical details, allowing the same dynamical events to be reproduced in simulations with different boundary conditions and thereby achieving a high signal-to-noise ratio of the climate change effect. The combination of both methods – global spectral nudging and the storyline method – thus presents a way to quantify, in great detail, the role of known thermodynamic aspects of climate change, together with the specific dynamical conditions, in selected extreme events which happened in the recent past. This can help reconcile the sometimes different perspectives on those events that appear in the literature (some emphasizing climate change, others emphasizing internal variability).

We illustrated the method by applying it to two extreme events that have been the subject of much study: the European heatwave of 2003 and the Russian heatwave of 2010. By using a small ensemble of both factual and counterfactual simulations, we were able to determine a noise level for our analysis. This revealed that the (conditional) signal of climate change is determinable at both daily timescales and local spatial scales. It follows that our methodology could be used to drive climate impact models and thus perform realistic stress-testing of resilience strategies. With regard to the two heatwave examples, our analysis revealed a striking contrast between the two events. In the European heatwave of 2003, the effect of climate change was to increase temperatures across Europe by about the global-mean warming level throughout the summer, and the heatwave was simply the dynamical event riding on top of that. In the Russian heatwave of 2010, in contrast, the effect of climate change was much higher than the global warming level and was particularly enhanced, approximately threefold, during the peak of the heatwave. We interpret this difference as reflecting the role of direct GHG radiative forcing, which can become apparent when air masses are cut off from marine influence. However, further analysis would be required to confirm this hypothesis.

It is not possible to make a direct comparison between our results and probabilistic attribution of these heatwaves because they are answering different questions, and the conditionalities are quite different. However, from a methodological perspective it is useful to contrast the nature of the attribution statements that can be made using the different methods. We do this in Table 2 for the case of the Russian 2010

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heatwave. Having said that, there is a continuum between storyline and probabilistic approaches (Shepherd, 2016), and it is possible to imagine intermediate set-ups which would provide a seamless connection between event attribution and probabilistic weather prediction (NAS, 2016). These would need to involve large ensembles (to calculate conditional probabilities) and pay more attention to the self-consistency of how the counterfactual conditions are imposed. An example is the recent use of an operational subseasonal-to-seasonal prediction system, which involves modifying the atmospheric state and land surface conditions as well as the SSTs in generating the counterfactual (Wang et al., 2020).

The nudged global storyline method is an important step towards a holistic approach within the attribution of individual extreme events, which can quantify the role of both dynamical variability and known thermodynamic aspects of climate change and the interplay between them in great spatio-temporal detail. As shown by Wehrli et al. (2020), the method can easily be expanded to a larger number of storylines for both past and future. The method could also be applied to other extreme events affected thermodynamically by climate change such as tropical cyclones (Feser and Barcikowska, 2012). Our future applications are, therefore, intended to cover a wide variety of extreme events over the historical record.

**Code and data availability.** The ECHAM6.1 global atmospheric model is available from the Max Planck Institute for Meteorology (MPI-M) website: https://code.mpimet.mpg.de/projects/mpi-esm-users/files (last access: 15 January 2021) (Giorgetta et al., 2021). The CMIP6 historical simulation data are archived at the World Data Centre for Climate (WDCC): https://cera-www.dkrz.de/WDCC/ui/cerasearch/entry?acronym=RCM_CMIP6_Historical-HR (last access: 15 January 2021) (Schupfner, 2021). For analysis we have used the open-access Python packages.

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