Residential water-soluble organic gases: chemical characterization of a substantial contributor to indoor exposures†

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Characterization of residential indoor air is important to understanding exposures to airborne chemicals. While it is well known that non-polar VOCs are elevated indoors, polar VOCs remain poorly characterized. Recent measurements showed that total polar water-soluble organic gas (WSOG) concentrations are also much higher indoors than directly outdoors (on average 15× greater at 13 homes, on a carbon-mass basis). This work aims to chemically characterize these WSOG mixtures. Acetic, lactic, and formic acids account for 41% on average (30–54% across homes), of the total WSOG–carbon collected inside each home. Remaining WSOGs were characterized via high-resolution positive-mode electrospray ionization mass spectrometry. In total, 98 individual molecular formulas were detected. On average 67% contained the elements CHO, 11% CHN, 11% CHON, and 11% contained sulfur, phosphorus, or chlorine. Some molecular formulas are consistent with compounds having known indoor sources such as diethylene glycol (m/z 117.091, C₆H₁₂O₃), hexamethylenetetramine (m/z 141.113, C₆H₁₂N₄), and methacrylamide (m/z 86.060, C₄H₇NO). Exposure pathways, potential doses, and implications are discussed.

1. Introduction

Residential indoor environments are critical locations for exposure to air pollutants since on average in the United States, people spend upwards of 70% of their time in these spaces.† Despite this, indoor air composition remains poorly characterized. It is though, well known that non-polar volatile organic compound (VOC) concentrations are higher indoors than outdoors.‡–§ Several oxygenated and polar VOCs are also known to be much higher indoors than outdoors.∥–¶ In fact, recent measurements indicate that concentrations of total water-soluble organic gases (WSOGs) were 15 times higher, on average, inside 13 homes in New Jersey and North Carolina than directly outside, on a carbon basis (µg-C m⁻³).∥∥ While several polar VOCs are commonly targeted for measurement indoors such as aldehydes (e.g., formaldehyde, acetaldehyde),∥∥∥ and measurements of additional compounds are becoming more numerous,①–③ polar, oxygenated and water-soluble organics are generally poorly characterized due to analytical challenges. Compound classes that we expect to be in indoor air include: organic acids, nitrates, amines, phenols, peroxides, epoxides and glycols.④ In this work, we used mass-balance and non-targeted approaches to better understand the major components of residential indoor WSOGs and constrain the unknowns.

This work is also motivated by an interest in indoor chemistry in “damp” homes. In the United States, 18–50% of homes are considered damp and that dampness is associated with respiratory health effects such as asthma and wheeze.⑤,⑥ WSOGs are likely to participate in aqueous chemistry in liquid water in homes especially in homes that are damp, altering the composition of indoor air in ways that are not yet understood.⑦ Characterization of water-soluble compounds present indoors

Environmental significance

This paper titled “Residential water-soluble organic gases: chemical characterization of a substantial contributor to indoor exposures” provides essential insight into an environment where we spend much of our time – our homes. Much remains to be known about the chemical composition of indoor air, its chemistry, and its impacts on exposure and health. In this work, we collected water-soluble organic gases (WSOGs) in 13 real homes in the United States and chemically characterized them. About 40% of the collected WSOG by mass can be attributed to organic acids. Of the remainder, 22% by number contained nitrogen. We preliminarily identified many of these compounds, provided dose estimates, and speculated on their potential health implications.
is a crucial early step in investigating the hypothesis that indoor chemistry (in addition to microbiology) may play a role in the relationship between dampness and health. To this end, in this work we aim to chemically characterize the WSOGs collected in those 13 New Jersey and North Carolina homes. In addition, we further explore and describe the relatively low-cost WSOG sampling method. Ultimately, this work is designed to inform future measurement campaigns to investigate exposure to residential indoor organic gases and their impact on health.

2. Methods

WSOGs were collected into liquid water from a convenience sample of 13 homes in New Jersey and North Carolina from June through October, 2015 and were analyzed for total organic carbon, organic acids, and other WSOGs. These gases were sampled using Cofer scrubbers, or mist chambers, for 2 hours twice consecutively during the daytime in each home. Technician surveys and participant questionnaires were used to understand each indoor home environment.

2.1 Characterization of the sampling environment

Homes were characterized using participant questionnaires to provide insight into WSOG sources, by technician surveys to gain additional insight into sources and obtain parameters relevant to calculate air exchange rate (AER), and by measuring indoor temperature, relative humidity, and carbon dioxide concentrations to provide auxiliary measurements. Prior to sampling, residents were asked several questions (verbally) aimed at characterizing the sampling environment (see ESI and Table S1† for questionnaire and responses; Rutgers IRB #15-636M and UNC IRB #15-1611). Some questions pertained to potential sources, such as: “Do you have a gas or electric stove?”, “What food have you cooked in the past 24 hours?”, and “Do you have an attached garage?” A technician survey provided additional information relevant to sources (e.g., type of flooring, food cooked during sampling, and number of people present during sampling). Information predictive of air exchange rate (e.g., home age, volume, indoor/outdoor temperature, and CO₂ concentration) was obtained and used to provide an air exchange rate estimate as explained in ESI, including eqn (S1) and (S2).* Windows were closed during sampling. Floor area and building height were measured using a laser tape measure (Bosch GLM 15, Robert Bosch Tool Corporation, Mount Prospect, IL). Indoor temperature, relative humidity and CO₂ concentrations were recorded hourly with an Extech SD800 CO₂/humidity/temperature data logger (Extech, Nashua, NH). Outdoor ozone and temperature data are reported from nearby monitoring sites (Table 1).

2.2 Sampling

Two mist chambers17 collected WSOGs inside the main living area of the home (e.g., living or dining room) for 2 hours twice sequentially from approximately 10:00 am to 2:00 pm as described previously.13 Briefly, 1 m long 1/2 in diameter Teflon inlets were placed ~1.5 m from the floor and at least 1.0 m from walls. Each mist chamber sampled particle-filtered air at 25 L min⁻¹ through a refluxing mist created from a reservoir of 25 mL of 17.8 ± 0.5 MΩ cm ultra-pure water. Water lost by evaporation during sampling was replaced as necessary. Particles were removed upstream with a pre-baked quartz filter (QFF; Pall, Port Washington, NY, 47 mm. This type of filter was used because its low-pressure drop does not interfere with mist creation). For each home, aqueous samples (pH = 4.5 ± 0.4) were composited in analysis-sized aliquots. Field water blanks and 2 minute “dynamic” blanks (conducted by placing Pall activated carbon filters in line before the mist chambers) were collected prior to daily sampling.

2.3 Analyses

Aqueous mist chamber samples and blanks were analyzed for total organic carbon (TOC) with a Shimadzu TOC 5000A (reported previously,13 Shimadzu Corporation, Kyoto, Japan), for organic acids by ion chromatography (IC) using a Dionex ICS 3000 (Thermo Fisher Scientific, Waltham, MA), and for other WSOGs by high-resolution quadrupole time-of-flight mass spectrometry with an electrospray ion source (ESI-QTOF-MS, Agilent 6520, Agilent Technologies, Santa Clara, CA). Organic acids were quantified by IC using an IonPac AS11-HC column and guard column with conductivity detection at 35 °C. The eluent was 17.8 ± 0.5 MΩ cm ultra-pure water (flow rate = 0.4 mL min⁻¹) and the buffer was a gradient of potassium hydroxide. TOC and organic acids were quantified with authentic standards (for data quality, see ESI†).

For qualitative characterization of remaining WSOG mass, i.e., to determine molecular formulas of additional collected compounds, aliquots (0.2 mL injection volume) of mist chamber samples were also directly injected into the ESI-QTOF-MS in the positive mode with a 5 ppm mass resolution (which provides elemental formulas) over a mass range of 50–1000 amu. In the positive mode, alcohols, carboxyls, peroxides, reduced nitrogen and some nitro-organic species are ionized by addition of a hydrogen, sodium, or ammonium ion. In the negative mode, ions are generated by H-atom abstraction, which preferentially identifies organic acids. Since the IC analysis was designed to detect organic acids, we operated the ESI-QTOF-MS in positive mode to characterize the remaining mass. For ESI-QTOF-MS analysis, the mobile phase was 50% methanol and 50% 17.8 ± 0.5 MΩ cm ultra-pure water with 0.05% formic acid and flowed at 0.2 mL min⁻¹. The fragmentor voltage was 40 V and the capillary voltage was 3700 V. The nitrogen drying gas (11 L min⁻¹) was held at 350 °C, and the nebulizer gas pressure was 25 psig. Protonated hexakis ((1H,1H,3H-tetrafluoropropoxy)-phosphazene; m/z² 922.009798) and purine (m/z² 121.050873) were continuously infused for real-time mass axis correction. Ions (m/z²) were considered to be present in the sample (detected) if their sample abundance was more than the mean + 3σ of the blank. As a note on this analysis technique, electrospray ionization efficiency is compound-class dependent. For example, amines are easily ionized while aromatic alcohols are not. Thus, relative abundance does not indicate relative contribution to total WSOG, and some
Table 1  Characteristics of sampled homes, indoor/outdoor environments, and concentrations of total water-soluble organic gases (WSOG), acetic and formic acids

| Home | Year built (range) | Home area (m²) | Building height (m) | Calculated AER | Indoor T (mean, °C) | Indoor WSOG in water sample (µM-C) | Indoor WSOG (gas phase) (µg-C m⁻³) | Indoor acetic acid contribution to WSOG (%) | Indoor formic acid contribution to WSOG (%) | Indoor RH (mean, %) | Indoor CO₂ (mean, ppm) | Occupancy (weighted) | Outdoor T (mean, °C) | Outdoor ozone (ppb) |
|------|-------------------|----------------|-------------------|--------------|-------------------|--------------------------------|--------------------------------|------------------------------------------|--------------------------------------------|-------------------|----------------------|---------------------|-------------------|------------------|
| 1    | 1960–1979         | >200           | 5–6               | 0.4          | 22                | 680                             | 106                             | 40.7                                    | 13.4                                                       | 57                | 1000                 | 4                   | 23                | 17               |
| 2    | 1980–1989         | <100           | 5–6               | 0.5          | 26                | 1150                             | 178                             | 25.8                                    | 6.6                                                       | 56                | 620                  | 2                   | 30                | 43               |
| 3    | 1980–1989         | 100–200        | 5–6               | 0.4          | 23                | 1050                             | 162                             | 30.0                                    | 4.7                                                       | 60                | 850                  | 3                   | 27                | 28               |
| 4    | 1990–2015         | <100           | 5–6               | 0.3          | 23                | 1080                             | 167                             | 37.1                                    | 8.3                                                       | 55                | 1010                 | 3                   | 30                | 58               |
| 5    | 1930–1950         | <100           | 3–5               | 0.8          | 24                | 740                              | 115                             | 28.7                                    | 5.1                                                       | 61                | 750                  | 3                   | 25                | 44               |
| 6    | 1980–1989         | —               | —                 | —            | 26                | 710                              | 110                             | 40.5                                    | 8.9                                                       | 58                | 750                  | 4                   | 25                | 49               |
| 7    | 1990–2015         | >200           | 6–8               | 0.3          | 25                | 1110                             | 172                             | 40.3                                    | 9.6                                                       | 59                | 950                  | 2.25                | 32                | 45               |
| 8    | 1930–1950         | >200           | 3–5               | 0.5          | 22                | 560                              | 87                              | 33.3                                    | 9.1                                                       | 55                | 870                  | 4.25                | 20                | 33               |
| 9    | 1960–1979         | <100           | 3–5               | 0.5          | 21                | 1240                             | 192                             | 25.0                                    | 5.1                                                       | 67                | 1390                 | 2.75                | 21                | No data        |
| 10   | 1980–1989         | >200           | 5–6               | 0.3          | 23                | 1380                             | 215                             | 33.0                                    | 7.6                                                       | 60                | 970                  | 2.56                | 27                | 47               |
| 11   | 1930–1950         | <100           | 5–6               | 0.8          | 25                | 630                              | 98                              | 39.1                                    | 8.5                                                       | 62                | 1130                 | 2.13                | 33                | 52               |
| 12   | 1930–1950         | 100–200        | 6–8               | 0.6          | 20                | 540                              | 84                              | 31.6                                    | 9.4                                                       | 58                | 690                  | 2.81                | 15                | 8                |
| 13   | 1960–1979         | —               | —                 | —            | 25                | 1280                             | 198                             | 26.2                                    | 6.1                                                       | 53                | 1120                 | 2.69                | 29                | 59               |

* Home 6 and 13 shapes were highly irregular, preventing building heights and home areas from being confidently measured and thereby air exchange rates from being calculated. * Occupancy was weighted by multiplying the number of occupants by the time they were present divided by the total sample time. * Outdoor temperature was obtained from “Weather Underground” Linden, New Jersey, and Morrisville, North Carolina sites. * Outdoor ozone was obtained from New Jersey Department of Environmental Protection Rider University Campus and North Carolina Department of Environmental Quality Durham Armory ambient air quality sites.
compounds will be detected at lower concentrations than others (Fig. S1†). Additionally, while we can separate by exact mass and thus know the elemental composition of the ion, several compounds collected may have the same elemental formula.

2.4 Sampler characterization

Historically, mist chambers have been used to measure individual compounds.18,19 While they have also been used to measure total WSOGs in outdoor air,20,21 characterization of their performance is limited although improving.22 In a 14th home, described in detail previously where home area, estimated air exchange rate, and total WSOG were within range of those in the 13 homes reported in this study,6 we characterize mist chamber collection of total WSOG and formic and acetic acids as a function of sampling time. Here, we sampled the same air using different sample collection times, 7.5 min, 15 min, 30 min, 1 h, 2 h, 4 h, and 8 h (see Fig. S2 and ESI† for further sampling information). Fig. 1 shows that the total WSOG concentrations in the mist chamber samples increased with increasing collection time. With increasing collection time, the rate of increase slowed, suggesting that the water in the mist chamber reservoir was approaching Henry’s law equilibrium, but had not yet reached it, at 8 h. Concentrations of collected acetic and formic acids increased similarly (Fig. 1b). Also, the contributions of acetic and formic acids relative to the total mixture are smaller with shorter collection times and larger with longer collection times (Fig. 1c). This may be because more water-soluble compounds are collected preferentially (such as glyoxal \( H = 4 000 000 \text{ M atm}^{-1} \)) compared to less water-soluble compounds.18 Longer sample times provide higher concentration samples and mixtures weighted by water solubility. Shorter sample times provide higher collection efficiencies and more composit sample volume for replicate analyses. A 2 hour sampling time, as used here, balances these competing considerations.

In addition, in this same home, collection efficiencies for total WSOG, formic acid, and acetic acid were determined for 2 hour sampling times by placing two sets of paired mist chambers in series as detailed in ESI† These collection efficiency tests were conducted 10 times with the order of the mist chambers switched after each test (Fig. S3†). Concentrations reported below are corrected for collection efficiencies; uncertainties account for variations in collection efficiency between samplers.

3. Results

WSOG concentrations and home characteristics are provided in Table 1. In a step-wise multiple linear regression (\( p \)-value < 0.05), “year home built” was the only predictor of the residential indoor WSOG concentration (a positive correlation with an \( R^2 = 0.61 \), see Fig. S4†). The other variables regressed against indoor WSOG concentration were outdoor WSOG concentration, indoor temperature, outdoor temperature, indoor–outdoor temperature difference, indoor RH, outdoor ozone, indoor carbon dioxide, number of occupants, and home area. The association between home age and WSOG may exist because newer homes often have lower air exchange rates (AERs), leading to higher concentrations of indoor-generated WSOGs due to lower exfiltration rates. It is also possible that newer buildings have elevated levels of WSOG emissions and/or WSOG formation. Calculated AER was negatively correlated with the indoor WSOG concentration, as expected, but was not a strong predictor \( (R^2 = 0.34) \). As a note, calculated AERs included building height, floor area, and year built (see ESI†) but did not take into consideration home-to-home variations in indoor-outdoor temperature difference or wind speed and likely underestimate home-to-home variability in air exchange rate.

Organic acids account for 41% (range = 30–54%) of gas phase WSOGs, on average, on a carbon basis, across all homes (Fig. 2). Acetic + lactic acid \( (H_{\text{acetic}} = 4000 \text{ M atm}^{-1}, H_{\text{lactic}} = 12000 \text{ M atm}^{-1}) \) contributed 33% on average (range = 25–41%); formic acid \( (H_{\text{formic}} = 9000 \text{ M atm}^{-1}) \) contributed 8% on average (range = 5–13%). Note that lactic acid eludes too closely to acetic acid to quantify separately. Acetic acid is the dominant peak. However, lactic acid was clearly present as a shoulder on the acetic acid peak in the ion chromatogram (Fig. S5†) and detected by negative mode ESI-QTOF-MS. Lactic acid has been previously measured indoors in association with human activity.6,7 In this work, acetic + lactic acid was quantified as acetic acid and will be referred to as acetic acid henceforth. Average concentrations of gas phase acetic and formic acid (Table S2†) are within previously measured ranges.6,23,24
Positive mode ESI-QTOF-MS provides insights into the remaining (≈60%) of the WSOG carbon mass (Fig. 3 and Table 2). Fig. 3a shows a number balance of compounds (elemental formulas) detected in each home. A total of 13–40 elemental formulas were detected in any given home, with a median of 28. On average, the majority were CHO compounds (67%), while 22% were nitrogen containing (11% CHN and 11% CHNO). Since these were detected in the positive mode, these nitrogenated compounds are presumably reduced nitrogen or nitro-containing compounds. Ions containing chlorine, phosphorus, and/or sulfur were also detected (11%, labeled “other” in Fig. 3a). Average nitrogen-to-carbon (N : C) and oxygen-to-carbon (O : C) ratios were 0.25 and 0.31, respectively. This N : C ratio is higher and the O : C ratio is lower than found for WSOGs collected similarly outdoors in the summer in Alabama, United States.25

Fig. 3b illustrates the considerable variability in composition across homes. A total of 98 distinct ions were detected across all homes from m/z 59.049–245.079. (Sometimes up to four different ions represented the same molecular formula, ionized by both H⁺ and Na⁺ and/or detected as isotopes; see Table 2.) Only 3 ions were detected in every home: m/z 157.084 (C₆H₁₂O₃ + Na⁺) which is consistent with dipropylene glycol (H = 1.8 × 10⁻⁵ M atm⁻¹), and 163.133 (C₆H₁₄O₃ + H⁺) and 185.115 (C₈H₁₈O₃ + Na⁺) which are both consistent with diethylene glycol monobutyl ether (H = 15 M atm⁻¹).

Table 2 lists all elemental formulas detected via positive mode ESI-QTOF-MS. It is quite possible that multiple water-soluble compounds with the same elemental formula (isomers) could exist in the indoor environment. It is also likely that some compounds (e.g., aldehydes) are present in their hydrated form in these aqueous samples but are dehydrated in indoor air. Since methanol was added to the mobile phase during analysis, compounds could be hydrated either with H₂O or CH₃OH. In addition, some molecular formulas may be adducts even though the ESI-QTOF-MS fragmentor voltage was optimized to avoid this. For example, C₁₂H₂₂O₂ is not likely to exist in the gas phase or to be water-soluble, so is probably an adduct of two smaller ions. In many cases, a detected elemental formula corresponds with a compound that is likely to be found indoors from reasonable sources;11 in those cases, the probable compound was also provided in Table 2.

4. Discussion

This work provides insights into the concentrations and composition of WSOGs inside several US residences. People spend the majority of their time indoors, and recent evidence suggests that residential WSOG concentrations are substantially elevated indoors compared to outdoors.11 This suggests that residential indoor environments are important contributors to total WSOG exposures. However, little is known about the composition, fate, exposure, and toxicity, of indoor WSOGs. For example, the lifetime and fate of WSOGs may differ from non-polar VOCs due to reactive uptake onto damp surfaces or into air conditioning systems.6 11 Their relative contributions to dermal and inhalation exposures may also be different.

To our knowledge, this research is the first effort to conduct a species mass balance on WSOG-carbon in homes. Organic acids (acetic, lactic, and formic acids) accounted for, on average, 41% of the total WSOG collected in each home, on a carbon basis. These acids are quite water-soluble and present in all 13 homes. Acetic and formic acids are released from household products, building materials, and candle burning and formed from VOC – ozone reactions.24 26 27 These acids have been measured extensively indoors using analytical techniques such as high performance liquid chromatography and recently with
| Subgroup | Formula | m/z<sup>±</sup> | Ionization ion | N<sup>0</sup> | DBE<sup>±</sup> | Probable compound |
|----------|---------|----------------|----------------|-----------|-------------|--------------------|
| CHO      | C<sub>3</sub>H<sub>6</sub>O | 59.049 | H<sup>+</sup> | 3 | 1 | Acetone |
|          | C<sub>3</sub>H<sub>6</sub>O<sub>3</sub> | 113.021 | Na<sup>+</sup> | 1 | 1 | Lactic acid |
|          | C<sub>3</sub>H<sub>6</sub>O<sub>2</sub> | 99.042 | Na<sup>+</sup> | 11 | 0 | Propylene glycol |
|          | C<sub>4</sub>H<sub>8</sub>O<sub>2</sub> | 87.044 | H<sup>+</sup> | 1 | 2 | |
|          | C<sub>4</sub>H<sub>8</sub>O<sub>4</sub> | 141.016 | Na<sup>+</sup> | 3 | 2 | |
|          | C<sub>5</sub>H<sub>8</sub>O<sub>3</sub> | 73.065 | H<sup>+</sup> | 4 | 1 | 2-Butanone |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>2</sub> | 89.060 | H<sup>+</sup> | 2 | 1 | Ethyl acetate |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>3</sub> | 127.037 | Na<sup>+</sup> | 2 | 1 | Methyl lactate |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>4</sub> | 113.058 | Na<sup>+</sup> | 5 | 0 | 1,4-Butanediol |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>5</sub> | 107.070 | H<sup>+</sup> | 5 | 0 | Diethylene glycol |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>6</sub> | 129.053 | Na<sup>+</sup> | 10 | | |
|          | C<sub>3</sub>H<sub>6</sub>O<sub>2</sub> | 101.060 | H<sup>+</sup> | 3 | 2 | 4-Oxopentanal |
|          | C<sub>3</sub>H<sub>6</sub>O<sub>3</sub> | 139.037 | Na<sup>+</sup> | 1 | 2 | |
|          | C<sub>4</sub>H<sub>8</sub>O<sub>2</sub> | 119.070 | H<sup>+</sup> | 3 | 1 | Ethyl lactate |
|          | C<sub>4</sub>H<sub>8</sub>O<sub>4</sub> | 141.053 | Na<sup>+</sup> | 5 | 1 | Trimethylolmethane |
|          | C<sub>4</sub>H<sub>8</sub>O<sub>5</sub> | 101.097 | H<sup>+</sup> | 1 | 1 | 2-Hexanone |
|          | C<sub>5</sub>H<sub>8</sub>O<sub>3</sub> | 117.091 | H<sup>+</sup> | 1 | 1 | Ethyl butyrate |
|          | C<sub>5</sub>H<sub>8</sub>O<sub>4</sub> | 155.068 | Na<sup>+</sup> | 2 | 1 | |
|          | C<sub>5</sub>H<sub>8</sub>O<sub>5</sub> | 171.063 | Na<sup>+</sup> | 3 | 1 | |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>2</sub> | 141.089 | Na<sup>+</sup> | 4 | 0 | 2-Butoxyethanol |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>3</sub> | 135.102 | H<sup>+</sup> | 13 | 0 | Dihydropyrene glycol |
|          | C<sub>6</sub>H<sub>10</sub>O<sub>4</sub> | 157.084 | Na<sup>+</sup> | 158.087 | | |
|          | C<sub>6</sub>H<sub>12</sub>O<sub>4</sub> | 173.078 | Na<sup>+</sup> | 2 | 0 | Triethylene glycol |
|          | C<sub>6</sub>H<sub>12</sub>O<sub>5</sub> | 131.107 | H<sup>+</sup> | 2 | 1 | Amyl acetate |
|          | C<sub>6</sub>H<sub>12</sub>O<sub>6</sub> | 161.081 | H<sup>+</sup> | 3 | 1 | Diethyl malonate |
|          | C<sub>6</sub>H<sub>12</sub>O<sub>7</sub> | 183.063 | Na<sup>+</sup> | | | |
|          | C<sub>7</sub>H<sub>14</sub>O<sub>3</sub> | 149.117 | H<sup>+</sup> | 10 | 0 | Di(propylene glycol) methyl ether |
|          | C<sub>7</sub>H<sub>14</sub>O<sub>4</sub> | 171.099 | Na<sup>+</sup> | 172.103 | | |
|          | C<sub>8</sub>H<sub>14</sub>O<sub>4</sub> | 175.096 | H<sup>+</sup> | 3 | 2 | Diethyl succinate |
|          | C<sub>8</sub>H<sub>14</sub>O<sub>5</sub> | 197.079 | Na<sup>+</sup> | | | |
|          | C<sub>8</sub>H<sub>16</sub>O<sub>2</sub> | 129.127 | H<sup>+</sup> | 1 | 1 | Octanal |
|          | C<sub>8</sub>H<sub>16</sub>O<sub>3</sub> | 167.104 | Na<sup>+</sup> | 3 | 1 | Hexyl acetate |
|          | C<sub>8</sub>H<sub>16</sub>O<sub>4</sub> | 183.099 | Na<sup>+</sup> | 8 | 1 | |
|          | C<sub>8</sub>H<sub>16</sub>O<sub>5</sub> | 163.133 | H<sup>+</sup> | 13 | 0 | Diethylene glycol butyl ether |
|          | C<sub>9</sub>H<sub>18</sub>O<sub>4</sub> | 149.117 | H<sup>+</sup> | 2 | 1 | |
|          | C<sub>9</sub>H<sub>18</sub>O<sub>5</sub> | 213.110 | Na<sup>+</sup> | 214.114 | | |
|          | C<sub>10</sub>H<sub>20</sub>O<sub>3</sub> | 199.131 | Na<sup>+</sup> | 1 | 0 | |
|          | C<sub>10</sub>H<sub>20</sub>O<sub>4</sub> | 177.054 | H<sup>+</sup> | 2 | 7 | γ-Decanolactone |
|          | C<sub>10</sub>H<sub>22</sub>O<sub>3</sub> | 171.139 | H<sup>+</sup> | 2 | 2 | |
|          | C<sub>10</sub>H<sub>22</sub>O<sub>4</sub> | 191.164 | H<sup>+</sup> | 12 | 0 | Diethylene glycol hexyl ether |
|          | C<sub>10</sub>H<sub>22</sub>O<sub>5</sub> | 213.146 | Na<sup>+</sup> | 214.149 | | |
|          | C<sub>10</sub>H<sub>22</sub>O<sub>6</sub> | 215.151 | Na<sup>+</sup> | | | |
|          | C<sub>10</sub>H<sub>22</sub>O<sub>7</sub> | 207.159 | H<sup>+</sup> | 3 | 0 | |
|          | C<sub>11</sub>H<sub>22</sub>O<sub>3</sub> | 203.164 | H<sup>+</sup> | 1 | 1 | |
|          | C<sub>12</sub>H<sub>22</sub>O<sub>3</sub> | 199.168 | H<sup>+</sup> | 3 | 2 | |
|          | C<sub>12</sub>H<sub>22</sub>O<sub>4</sub> | 200.172 | H<sup>+</sup> | | | |
| CHN      | C<sub>6</sub>H<sub>6</sub>N<sub>6</sub> | 129.088 | H<sup>+</sup> | 1 | 3 | Cyclic amine |
|          | C<sub>6</sub>H<sub>6</sub>N<sub>2</sub> | 83.060 | H<sup>+</sup> | 3 | 3 | Methyldimidazole |
|          | C<sub>6</sub>H<sub>6</sub>N<sub>2</sub> | 97.076 | H<sup>+</sup> | 1 | 3 | Dimethyldiazole |
|          | C<sub>6</sub>H<sub>12</sub>N<sub>6</sub> | 157.12 | H<sup>+</sup> | 1 | 2 | |
|          | C<sub>6</sub>H<sub>12</sub>N<sub>4</sub> | 141.113 | H<sup>+</sup> | 9 | 4 | Hexamethylene tetramine |
|          | C<sub>6</sub>H<sub>12</sub>N<sub>6</sub> | 142.116 | H<sup>+</sup> | | | |
|          | C<sub>6</sub>H<sub>12</sub>N<sub>6</sub> | 169.120 | H<sup>+</sup> | 5 | 4 | |
a high-resolution time-of-flight chemical ionization mass spectrometer equipped with iodide reagent ion chemistry (I-HR-ToF-CIMS), with reported ranges from 8.8–216 μg m⁻³ and 3.0–62 μg m⁻³, for acetic and formic acid respectively. Measurements herein fall within that range (Table 1). In addition, lactic acid, released from human perspiration and detected here but not quantified, was recently measured in real-time in a university classroom at concentrations of 0.9–27 μg m⁻³ (ref. 7) and in a home at concentrations up to 360 μg m⁻³ during cooking events.⁶ The remaining mass was highly complex and variable (Table 2). Measurements were consistent with the presence of common solvents such as acetone (C₃H₆O), ethyl acetate (C₄H₈O₂), dipropylene glycol (C₄H₁₀O₃), and diethylene glycol butyl ether (C₈H₁₈O₃). The molecular formula C₆H₁₁NO was also detected, which is consistent with caprolactam, a known plastic degradation product.⁷ Other elemental formulas are consistent with the presence of food flavorings and additives, such as ethyl butyrate (C₆H₁₂O₂) and amyl acetate (C₇H₁₄O₂) and formed from Maillard chemistry in cooking, such as methylimidazole (C₄H₆N₂). Also, molecular formulas consistent with pesticides and insect repellents such as DEET (C₁₂H₁₇NO) were detected in some homes. Additionally, C₂H₃Cl₃O₂ likely indicates the presence of the disinfection byproduct, chloral hydrate.⁸

Thirty individual molecular formulas contained nitrogen. Since they were detected in the positive mode of ESI-QTOF-MS, we expect that they are reduced nitrogen species, such as amines or imidazoles. In one study, C₁₋C₆ amines were measured indoors in a research trailer at the pptv level, much higher than concentrations measured directly outdoors.⁹ Other studies show that the relationship between amine concentrations indoors and outdoors depended on conditions such as the presence of smoking or poor ventilation.⑩ Indoors, ammonia is released from human sweat and breath, house pets and cleaning products; amines are emitted from sources such as tobacco smoke, kitchen and human waste, cleaning products

| Subgroup | Formula | m/z*²⁺ | Ionization | Nᵃ | DBEᶜ | Probable compound |
|----------|---------|--------|------------|----|------|------------------|
| CHNO     | C₇H₈N₄ 171.064 Na⁺ 1 6 Dimethylformamide |
| CHNO     | C₈H₁₀N₆ 191.104 H⁺ 1 6 Dimethyurea |
| CHNO     | C₉H₁₈N₄ 205.143 Na⁺ 2 3 Methacrylamide |
| CHNO     | C₁₁H₂₄N₁₁ 223.096 Na⁺ 7 8 n-Methyl-2-pyrrolidone |
| CHNO     | C₂H₁₂NO 96.042 Na⁺ 2 1 Lactic acid |
| CHNO     | C₃H₆NO 111.053 Na⁺ 1 1 Acetic acid |
| CHNO     | C₄H₈O₂ 169.047 H⁺ 1 6 Formic acid |
| CHNO     | C₅H₁₀N₂O 86.060 H⁺ 1 2 Methacrylamide |
| CHNO     | C₆H₁₂N₂O₂ 123.061 Na⁺ 1 2 n-Methyl-2-pyrrolidone |
| CHNO     | C₇H₁₂N₂O₂ 187.094 H⁺ 1 4 Lactic acid |
| CHNO     | C₈H₂₀N₂O₂ 195.063 N⁺ 1 7 Lactic acid |
| CHNO     | C₉H₂₂N₂O 201.084 H⁺ 1 6 Lactic acid |
| CHNO     | C₁₀H₁₄N₂O 114.092 H⁺ 1 7 Caprolactam |
| CHNO     | C₁₁H₂₄N₄O 136.074 Na⁺ 1 1 Leucine |
| CHNO     | C₁₂H₂₄N₂O 132.102 H⁺ 1 1 Leucine |
| CHNO     | C₁₃H₂₆N₂O 134.117 H⁺ 2 0 Diisopropanolamine |
| CHNO     | C₁₄H₂₈N₂O 195.100 H⁺ 1 6 Lactic acid |
| CHNO     | C₁₅H₃₀N₂O₂ 211.094 H⁺ 1 5 Lactic acid |
| CHNO     | C₁₆H₃₂N₂O₂ 197.115 H⁺ 4 5 Lactic acid |
| CHNO     | C₁₇H₳₄N₂O₂ 215.126 H⁺ 4 5 Lactic acid |
| CHNO     | C₁₈H₳₄N₂O₂ 209.114 H⁺ 2 6 Lactic acid |
| CHNO     | C₁₉H₳₄N₂O₂ 174.149 H⁺ 1 1 Lactic acid |
| CHNO     | C₂₀H₳₄N₂O₂ 192.138 H⁺ 2 5 Diethyltoluamide (DEET) |
| Other    | C₂H₄ClO₂ 164.927 Na⁺ 1 0 Chloral hydrate |
| Other    | C₃H₆O₃ 158.964 Na⁺ 9 9 Organophosphate |
| Other    | C₄H₆N₆O 131.001 H⁺ 1 4 Lactic acid |
| Other    | C₅H₁₀O₂ 134.997 H⁺ 7 4 Formylphosphole |
| Other    | C₆H₁₂O₂ 136.000 H⁺ 1 1 Lactic acid |
| Other    | C₆H₆ClN₂O 146.997 Na⁺ 4 5 Oxo(phenyl)phosphine |
| Other    | C₆H₁₀O₂ 149.012 Na⁺ 8 4 Phosphinophenol |
| Other    | C₇H₁₂N₆O 150.016 Na⁺ 5 5 Caprolactam |
| Other    | C₈H₁₄N₆O₂ 219.054 H⁺ 5 5 Dimethylformamide |

Some compounds appeared multiple times due to detection of C₁₃ and C₁₄ isotopes and their ionization with hydrogen and sodium ions. ⁹ ¹ N depicts the number of homes detected. ¹ DBE is number of double bond equivalents.
and cooking or secondarily formed from ammonia reactions. Higher concentrations of reduced nitrogen species indoors (compared to outdoors), when present, may lead to differences in gas-phase and interfacial chemistry.

4.1 Exposure implications

Fig. 4 demonstrates the potential for both dermal and inhalation routes to contribute to doses of WSOG. For this simple illustration it was assumed that residents spent 24 h per day, 365 days per year exposed to a constant WSOG concentration of 170 μg m⁻³. Inhalation rates, body weights, skin surface areas, and life-time exposure durations representative of residents 70, 10, and 0.5 years-old were used to calculate average daily dose via inhalation and dermal routes as documented in ESI.† For this illustration, the WSOG permeability coefficients were varied by setting them equal to the permeability coefficients for 3 WSOGs preliminarily detected herein: diethyl phthalate (DEP) \( K_p = 3.4 \text{ m h}^{-1} \), 4-oxopentanal (4-OPA) \( K_p = 0.56 \text{ m h}^{-1} \), and butanol, \( K_p = 0.053 \text{ m h}^{-1} \).\[1\]

Variation in inhalation dose was driven by age, with the average daily dose being highest for the youngest occupant (i.e., six-month-old infants). In contrast, for the dermal pathway, the average daily dose was largely driven by the permeability coefficient. This result suggests that dermal uptake and inhalation will both contribute to WSOG exposure, with dermal exposure being the predominant route for some WSOGs, and inhalation for others.

While the health effects of the total WSOG mixture is unknown, the health effects of a few components of WSOG mixtures have been studied. Dicarbonyls and aldehydes, such as diacetyl, glyoxal, methylglyoxal, 4-oxopentanoic acid, and glutaraldehyde are reported to increase cytokine levels in pulmonary epithelial cells and increase respiratory and dermal sensitivity in models. Due to their high water-solubilities, these compounds can dissolve in fluid in the respiratory tract and onto damp skin and eyes. A study of microbial VOCs (many of which are water-soluble) reported prevalence of mucus symptoms of occupants in homes with elevated levels of 1-octen-3-ol. Despite this important work, much remains unknown about the health effects of WSOG components and mixtures.

4.2 Limitations

A quartz fiber filter was used to remove particles upstream of the mist chamber, during WSOG collection. It is well recognized that organic gases can adsorb to quartz fiber filters, reducing the concentration of WSOG downstream until gas phase – adsorbed phase equilibrium is achieved in the vicinity of the filter. For this reason, the concentrations reported should be considered a lower bound.

Uncertainties in mist chamber collection efficiencies are the major determinants of uncertainties in reported concentrations. These uncertainties are larger than they would be if we designed the sampling protocol for measurement of a single water-soluble compound rather than a complex mixture of WSOGs because the collection efficiency of total WSOG will vary with composition and because of a need to balance collection efficiency/breakthrough with detection of lower abundance species. For all 13 homes, as well as the 14th home in which the collection uncertainty was considered a lower bound.

In addition, it is important to note that compounds with low water solubility will not be effectively collected. For example, using eqn (S1)† from Spaulding et al., the theoretical maximum collection efficiency for glyoxal \((H = 4000000 \text{ M atm}^{-1})\) is 100%, while it is 0.22% for 2-hexanone \((H = 11 \text{ M atm}^{-1})\). Also, while compounds must be water soluble to be collected in the mist chambers, some oxidation of collected WSOGs could take place during sampling. Specifically, while the hydroxyl radical is too reactive to make it into the mist chamber, some ozone could be collected. In this case, ozone could react with unsaturated WSOGs at the carbon–carbon double bond during sampling, altering sample composition. Such reactions could potentially also form hydroxyl radicals to further aqueous oxidation of collected compounds. While the magnitude of this sampling artifact is unknown, we speculate that it is minimal given the measured outdoor ozone concentrations (Table 1) and the fact that only a fraction (20 to 70%) of outdoor ozone will penetrate and persist indoors.

5. Conclusions

This work improves the understanding of the indoor composition of WSOG and supports work to understand multiphase indoor chemistry. Some detected compounds have been measured indoors previously (e.g., acetic acid and formic acid), others are known to be emitted from indoor sources (octanol, acetone, ethyl
acetate, 2-butoxyethanol), and yet others are known to be formed indoors through secondary gas phase chemistry (butanone). While this work represents a step forward in characterizing indoor WSOGs, considerable effort remains to positively identify and quantify WSOG components and to understand their indoor chemistry, fate, and health effects. Ultimately, this work will improve our understanding of inhalation and dermal exposures in residential indoor environments.

Conflicts of interest
There are no conflicts to declare.

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