The serotonin 1A receptor modulates the social behaviour within groups of a cooperatively-breeding cichlid

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ARTICLE INFO

Keywords:
Serotonin
Social behaviour
5-HT1A receptor
8-OH-DPAT
Way-100635
Cichlids

ABSTRACT

The neurotransmitter serotonin (5-HT) reduces aggressive behaviour in a number of vertebrates, and the 5-HT1A receptor is known to be involved in this regulation. However, the role of this receptor in the modulation of sociopositive behaviour remains largely unknown. Here we investigated the role of the 5-HT1A receptor in the regulation of aggressive, submissive and affiliative behaviour in the cooperatively-breeding cichlid Neolamprologus pulcher. In two experiments, we performed intramuscular injections of a 5-HT1A agonist (8-OH-DPAT) and antagonist (Way-100635) followed by recordings of social behaviour of injected fish within their social groups. We determined the concentrations and post-injection times when the drugs had the greatest effect on social behaviour. We recorded spontaneous social behaviour in both experiments. In the second experiment we also recorded behaviour after social groups received a territorial challenge by live presentations of either conspecifics or egg predators. The 5-HT1A agonist caused an increase in aggression and a decrease in submission and affiliation, whereas the antagonist had the opposite effects. Thus, the 5-HT1A receptor plays an important regulatory role not only for aggressive but also sociopositive behaviour.

1. Introduction

Serotonin or 5-hydroxytryptamine (5-HT) is one of the major neurotransmitters in the central nervous system, which modulates the expression of social behaviour (reviewed in: Lillesaar, 2011; Lucki, 1998; Puglisi-Allegra and Andolina, 2015). In many vertebrates and invertebrates, including mice (Lopez-Mendoza et al., 1998), lizards (Deckel, 1996), fish (Clotfelter et al., 2007) and lobsters (Kravitz, 2000), higher levels of serotonin reduce levels of aggression (Edwards and Kravitz, 1997). In contrast, the regulation of sociopositive behaviour by serotonin has rarely been studied. However, results from rainbow trouts (Oncorhynchus mykiss) and lizards (Anolis carolinensis) indicate that serotonin and subordination may be positively associated (Larke and Summers, 2001; Winberg and Lepage, 1998), and that affiliative behaviour is reduced by serotonin in titi monkeys (Callicebus cupreus) (Larke et al., 2016).

The effects of serotonin on social behaviour are mediated by its effects on behavioural and physiological functions, including appetite, locomotion, fear and stress. Serotonin plays a key role in the endocrinial regulation via the serotonergic projections from the raphe nucleus to the hypothalamus (Barosky et al., 1983; Prasad et al., 2015; Winberg and Thörnyqvist, 2016), for instance regulating prolactin release (Barosky et al., 1983). Serotonin, together with thyroid-hormone and nerve growth factor-inducible factor A (NGFI-A), mediates maternal effects on the offspring’s expression of hippocampal glucocorticoid receptors (GR) (Hellstrom et al., 2012).

After being released into the synaptic cleft, serotonin acts through binding to different, mostly postsynaptic, receptors. Three of these receptors, namely 1A, 2A and 7, have been related to mood in fish and mice (fish: Clotfelter et al., 2007; Paula et al., 2015; mice: Romano et al., 2014; Zhang et al., 2004). In this study, we focus on the 5-HT1A receptor, because of its established role in the modulation of several social behaviours. Its activation has attenuated aggression during contests with conspecifics or egg predators (e.g. Chaoulloff et al., 1999; Clotfelter et al., 2007; Kiser et al., 2012; Lopez-Mendoza et al., 1998). One study in the cleaner fish Labroides dimidiatus reported modulatory effects also on cooperative behaviour (Paula et al., 2015). However, it is yet unknown, whether the effects of the 5-HT receptor on social behaviour depend on the degree the receptor is activated or blocked, or on the social context in which it is applied. Moreover, the role of the receptor for sociopositive behaviour, such as submissive and affiliative behaviour has hardly been addressed (but see

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https://doi.org/10.1016/j.yhbeh.2020.104918
Received 23 June 2020; Received in revised form 6 November 2020; Accepted 23 December 2020
Available online 20 January 2021
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Here we aim to answer the following questions. (1) How does the modulation of social behaviour by the 5-HT₁₄ receptor depend on the dosage of receptor agonist and antagonist, and when do they take effect on behaviour (Experiment 1)? (2) Do the effects of this receptor on aggression depend on social and ecological context, that is, does the receptor affect aggression differently when shown towards group members (Experiments 1 and 2) or different types of territory intruders (Experiment 2)? (3) Is the 5-HT₁₄ receptor involved in the modulation of sociopositive behaviour (Experiments 1 and 2)? To answer these questions, we performed two experiments. (1) We tested the effect of the 5-HT₁₄ receptor agonist 8-OH-DPAT and the antagonist Way-100635 on spontaneous social behaviour within social groups of the cooperatively-breeding cichlid N. pulcher (Table S1), varying the dosages of the drugs and the times when the effect on behaviour were observed. (2) We tested the effects of agonist and antagonist on cooperative territory defence experimentally elicited by simulated intrusions of conspecific competitors and of egg predators, respectively.

Cooperative breeding of N. pulcher has evolved in response to the extraordinarily high predation pressure, forcing the fish to form groups in order to successfully defend their offspring from predation (Groenewoud et al., 2016). Dominant and subordinate group members cooperate in jointly defending the territory against fish and egg predators as well as conspecific and heterospecific space competitors. The defence behaviour by subordinate helpers is part of the ‘rent’ the latter pay in exchange for being tolerated by dominants at a territory (‘pay to stay’, Fischer et al., 2014, Taborsky, 2016). Subordinates can also appease the aggression by dominants and achieve tolerance by enhancing their submissive display behaviours (Bergmüller and Taborsky, 2005; Fischer et al., 2014, 2017; Taborsky et al., 2012). Expressing helping behaviour in form of defence and expression of submission are negatively correlated among subordinate individuals (Fischer et al., 2017; Kasper et al., 2017, 2018a) and represent alternative behavioural types (Kasper et al., 2018b).

1.1. Predictions

Based on the previous findings in Siamese fighting fish, Betta splendens (Clotfelter et al., 2007), we predicted that after injection with the agonist 8-OH-DPAT focal N. pulcher will show less aggressive behaviour against other group members as well as against the conspecific intruder and egg predator. The latter is expected, because even though defence against egg predators by subordinates is functionally part of the rent they pay towards dominants, mechanistically it involves aggressive motivation. However, we predicted that the effect of the drugs on aggression is stronger in the presence of a conspecific intruder (i.e. a competitor) than in the presence of an egg predator, as conspecific intruders pose a direct risk for a subordinate’s position in the social hierarchy of a group. Opposite effects are expected after injection of the antagonist Way-100635 (Clotfelter et al., 2007; Paula et al., 2015). We further predicted that injection of the agonist will increase the expression of submissive displays in N. pulcher (see Larson and Summers, 2001), whereas the antagonist should lead to a reduction of submission. Affiliative behaviour comprises a suite of distinct displays in N. pulcher, such as a subordinate softly touching the belly of a dominant fish or swimming in parallel with it, which serves to establish socio-positive contact. We predicted that serotonin agonist will reduce affiliative behaviour, as it has been previously shown in titi monkeys (Calliebus cupreus; Larke et al., 2016). For the different intruder types, we predicted the effect of the drug on sociopositive behaviour in the presence of intruders to be weaker as compared to the control treatment without intruders. Sociopositive behaviour towards dominants is critically important to retain acceptance in a group, but acceptance by dominants can also be achieved by helping behaviour such as joining in territory defence. Thus in the absence of territorial intruders (control treatment), helpers can appease dominants solely by sociopositive behaviour, in particular submission (Bergmüller and Taborsky, 2005; Fischer et al., 2017) and therefore the drug effects should be stronger during the control treatment.

2. Methods

2.1. Study species

N. pulcher is a cooperatively-breeding cichlid species endemic to Lake Tanganyika, East Africa. This species lives in groups consisting of one breeder pair and between one and up to 20 helpers (Taborsky, 2016). While all subordinate, juvenile group members act as brood care helpers at the natal territory, after reaching sexual maturity offspring may either disperse into other groups where they join again as brood care helpers or they become independent breeders, or they may continue to stay at the natal territory as helper and try to inherit the breeder position there (Jungwirth et al. subm.). Duties of helpers include direct brood care of eggs and larvae (cleaning and fanning for oxygen provision), and territory maintenance and defence (Taborsky, 2016). In return for help they are tolerated by the dominant breeders at the group’s territory and thereby gain access to shelter and protection from predation (‘pay-to-stay’; Zöttl et al., 2013, Fischer et al., 2014). They have a linear size-based hierarchy with the largest fish being the breeder male, which is dominant over the breeder female followed by the helpers ranked by their size (Taborsky, 2016). To maintain a stable hierarchy, N. pulcher use a range of finely graded submissive, affiliative and aggressive displays when interacting with group members (Table S1) (Taborsky, 2016).

2.2. Study subjects and housing conditions

All experimental procedures were approved by the Veterinary Office of the Kanton Bern, Switzerland, licence number BE 93/18, and were carried out in accordance to the standards of the National Institutes of Health Guide for the Care and Use of Laboratory Animals, USA as well as the EU Directive 2010/63/EU for animal experiments. All cichlids used in the experiments were bred and housed at the Ethological Station Hasli of the Institute of Ecology and Evolution, University of Bern, which is a licensed breeding facility for cichlid fish (licence number BE 4/11, Veterinary Office of the Kanton Bern). In total, 17 social groups of four fish were established consisting of a breeder pair and two helpers. In Experiment 1, small helpers measured 3.29 ± 0.04 cm (mean ± se) standard length (SL), large helpers 4.01 ± 0.08 cm, breeder females 5.52 ± 0.10 cm and breeder males 6.72 ± 0.20 cm. In experiment 2, small helpers measured 2.98 ± 0.06 cm, large helpers 3.92 ± 0.05 cm, breeder females 5.57 ± 0.09 cm and breeder males 6.80 ± 0.10 cm. The sexes of the large helpers were equally balanced across groups within both experiments. Sexes were determined by inspection of the genital papillae. The smaller helpers were immature at the beginning of the experiments and could not be sexed because genital papillae were not yet differentiated. In Experiment 1, the small helpers reached sexual maturity during the experiment and were sexed at the end of the trials (three males, two females). In Experiment 2, this was not possible because the small helpers did not reach sexual maturity during the experiment. Tanks of 200 L were divided in two 100-L compartments by water-tight opaque partitions. Each group was housed in a 100-L compartment equipped with a 2-cm layer of fine-grained sand on the bottom, a biological filter, two flower pot halves serving as shelters, and an opaque PVC tube and a semi-transparent plastic bottle mounted near the water surface as additional shelter (Fig. S1a).

For Experiment 2 additionally five small (SL: 2.79 ± 0.05 cm) and five large (SL: 3.68 ± 0.04 cm) juveniles N. pulcher and seven specimens of the egg predator Telmatochromis vitattus (SL: 4.46 ± 0.16) were used. Each individual was used in multiple trials. Between trials, the additional N. pulcher were kept in two 100-L tanks (five fish per tank), while the T. vitattus were returned to conspecific aggregations in their home
tanks. All tanks were kept on a 13:11 light:dark cycle and at a water temperature of 27 ± 1 °C, simulating the conditions in Lake Tanganyika (Arnold and Taborsky, 2010). All fish were fed once per day with commercial food flakes (5 days/week) or frozen zooplankton (1 day/week).

2.3. Function of 5-HT 1A receptor, and its agonist and antagonist

The 5-HT1A receptor is one of the most abundant receptors of the serotonergic system in mammals. Molecular analysis showed that in fish the amino acid sequence of this receptor is very similar to its homologue in humans (Medeiros and McDonald, 2013). Like all 5-HT1 receptors it is characterized by its high affinity for serotonin (Nichols and Nichols, 2008). The 5-HT1A receptors are present both as presynaptic autoreceptors and as postsynaptic heteroreceptors (Hannon and Hoyer, 2008). Two drugs have been successfully used in fish before, which act as agonist and antagonist on the 5-HT1A receptor, respectively (Clotfelter et al., 2007; Paula et al., 2015): 8-OH-DPAT (7-(Dipropylamino)-5,6,7,8-tetrahydrodronaphthalen-1-ol) and WAY-100635 (N-[2-(4-(2-Methoxyphenyl)-1-piperazinyl)-ethyl]-N-(2-pyridyl)cyclohexanecarboxamide). An activation of the receptor by binding to either serotonin or the agonist 8-OH-DPAT inhibits the adenyl cyclase activity and opens potassium channels and thus causes neuronal hyperpolarization leading to a reduction of the firing rate. If serotonin or an agonist binds to the 5HT1A autoreceptor (i.e. presynaptic) it leads to a hyperpolarization of 5-HT neurons (Lanfumey and Hamon, 2000) in the nucleus raphe areas (Barnes and Sharp, 1999), leading to a suppression of 5-HT synthesis, turnover and release (Frazer and Hender, 1999; Nichols and Nichols, 2008). When it binds post-synaptically, it causes a decrease in the firing rate of the postsynaptic cells mostly located in cortical and limbic areas (Barnes and Sharp, 1999). 8-OH-DPAT binds preferably at the presynaptic autoreceptor, and only at higher doses it also binds to the postsynaptic heteroreceptor (Hjorth and Magnusson, 1988; Zhao et al., 2019). Correspondingly, the application of the highly selective 5-HT1A antagonist WAY-100635 (rev. in Forster et al., 1995) causes continued firing pre- and post-synthetically. It can fully reverse effects of 8-OH-DPAT on anxiety (Collinson and Dawson, 1997) and cognitive impairment (Helsley et al., 1998).

2.4. Drugs

Way-100635 and 8-OH-DPAT (product numbers W108 and H8520, Sigma Aldrich, Deisenhofen, Germany) were dissolved in saline solution (0.9% NaCl) to the respective concentration. In Experiment 1 three different concentrations of the two drugs were tested (8-OH-DPAT: 0.5, 1.0 and 2.0 μg/gbw (gbw = gram body weight); WAY-100635: 0.5, 1.5 and 3.0 μg/gbw. These concentrations were chosen based on previous studies (Clotfelter et al., 2007; de Boer et al., 1999; Lopez-Mendoza et al., 1998; Paula et al., 2015; Sperry et al., 2003). For Experiment 2 only one concentration of each drug was applied (see ‘Results’). Directly after preparation and whenever they were not used the drug-solutions were stored at −20 °C.

2.5. Injections

We injected the respective focal fish of a trial with either the 5-HT1A receptor agonist 8-OH-DPAT or the antagonist Way-100635. A standardized amount of 15 μL/gbw of drug solution were injected into the tail muscle after the respective focal fish had been anesthetized with KOI MED® Sleep (Koi & Bosch Zimmermann, Bühlertann, Germany). The injections were performed using a 0.5 ml insulin syringe for the large helpers and a 25 μL Hamilton® syringe with one-way needles for the small helpers. The Hamilton® syringes were disinfected and cleaned with acetone and distilled water between injections. After an injection the fish was placed in a plastic box, filled with water aerated by an airstone, for 5 min for recovery from anaesthesia. Afterwards it was placed into a small mesh cage within in its home tank for another 5 min of recovery, during which it fully regained its normal swimming activity, before it was released into its home tank.

2.6. Experiment 1: Dosage-dependence

We determined concentrations and observation intervals after injection of 8-OH-DPAT and Way-100635, which had the strongest behavioural effects. In this experiment 10 helper individuals of five social groups, one at a time, were injected with the three concentrations of 8-OH-DPAT, the three concentrations of WAY-100635 and the control solution in seven successive trials. The behaviour was recorded for 10 min directly before each injection and at four time-intervals (15 min, 30 min, 45 min and 60 min) after the injection, again for 10 min each. The order of treatments was balanced, and each focal fish had a gap of at least three days between consecutive injections to ensure independence of the trials. Way-100635 and 8-OH-DPAT are known to be degraded quickly, namely they have a terminal elimination half-life of 33 min (Way-100635) and 143 min (8-OH-DPAT), respectively, in rats (Zuidema et al., 2002). The social groups received a break of at least 23 h between successive trials. The behavioural observations and injections were performed between 09:00 h 15:00 h. The time window was kept as small as possible to minimise effects of potential diurnal variation in serotonin activity (Fingerman, 1976) that might influence the effect of the treatment and thus the behavioural response.

2.7. Experiment 2: Context-dependence

We recorded how receptor agonist and antagonist affected social interactions with other group members and territorial intruders. The intruder challenges consisted of (i) a conspecific of similar size as the focal fish, which should elicit aggressive behaviour by the focal fish, because it challenges the latter’s position in the hierarchy; and (ii) the egg predator Telmatichromis vitatus, which predate on the eggs and larvae produced by the dominant breeders of the groups. In nature egg predators are jointly attacked by all group members, but in particular by subordinate helpers.

In this experiment, 24 helpers of 12 social groups successively received three injections, one per drug, with the concentrations that elicited the strongest behavioural response as determined in Experiment 1 (i.e., 1.0 μg/gbw for 8-OH-DPAT and 1.5 μg/gbw for WAY-100635; see ‘Results’) and saline solution as control. Gaps between successive injections were at least 3 days. We recorded the social behaviour in the group 10 min before each injection. Thirty min after the injections, the spontaneous behaviour of the group was recorded for another 10 min. At 45 and 60 min after the injections, respectively, intruder tasks together with further 10 min behavioural recordings were performed. For the conspecific intruder task, size-matched juvenile N. pulcher (max. ±0.25 cm difference to focal fish) was used; for the egg predator intruder task, we used adult T. vitatus. Intruder individuals were randomly captured from stock tanks of the two species and transferred to a clear Flexiglas tube of 10.5 cm diameter (length 15.5 cm), equipped with some sand on the ground and closed with a mesh lid, allowing smell to diffuse. One min before the start of the 10-min behavioural recording, the tubes with the respective intruder individuals were placed in the front corner of the group compartment (see Fig. S1b). After the 10-min recording, the tube with the intruder was removed from the group tank and the respective intruder was placed back in its holding tank. In each trial both intruder species were used successively. The order of conspecific and egg predator intruder task was balanced between the different helper individuals but was kept the same for successive trials of the same individual.

2.8. Behavioural recordings

All behavioural recordings were done by live observations of
behaviours within the home tanks of fish using the software ‘Observer’ version 5.0.25 (Noldus, the Netherlands, 2003). The observer (PS) was blind to the treatment while recording the behaviour. As backup, all trials were additionally video-recorded (Experiment 1: Sony DCR-SR200; Experiment 2: Sony HDR-CX550). The following behaviours were recorded: Overt aggression (bite, ram, mouthfight), restrained aggression (fin spread, head down, opercula spread, approach/chasing), affiliative behaviour (bumping, following, swimming towards), submissive behaviour (tail quiver, hook display), and escape/evade (for descriptions of behaviours see Table S1). Additionally, the time the focal fish spent in one of the shelters (flower pot, PVC tube, bottle or behind filter) was recorded. During the behavioural recording before the injection, the acceptance of the focal fish in the group was assessed at three levels (see Fischer et al., 2017); Level 1: The focal fish was tolerated as long as it stayed near a corner of the tank, but it was attacked as soon as it approached the centre; Level 2: The focal fish was accepted in the centre, but was not allowed to enter the shelter; Level 3: The focal fish was accepted everywhere in the tank.

In both experiments we assessed the activity of the focal fish. In Experiment 1, the videos from 30 and 45 min after the injection with the intermediate concentrations of the agonist and the antagonist (1 μg/gbw 8-OH-DPAT, 1.5 μg/gbw Way-100635), respectively, were analysed for activity, as those are the time points and concentrations for which effects on behaviours were most pronounced. Every 30 s during a recording, we noted whether the focal fish was hiding or staying near a hiding place, respectively (activity: ‘hiding’). When the fish was not hiding, we noted whether it was moving (activity: ‘swimming’) or not. In Experiment 2, the same measures of activity were taken, but we recorded them during the live observations and at all four time points of each trial. The activity of the conspecific intruder and the egg predator (T. vitattus) within the presentation tubes was recorded from the videos taken of the egg predators during the trials. We noted every 30 s if intruders were swimming or standing still.

2.9. Data analysis

All statistical analyses were done with the statistical software R, version 3.4.2 (R Core Team, 2017). For the behavioural count data of Experiment 1, we fitted negative binomial general linear mixed-effect models (GLMMs) using the package ‘lme4’ (Bates et al., 2015). A separate model was fitted for each time point. All occurrences of restrained and overt aggression were summed up and analysed as total aggression. Tail quiver and hook display were summed up as measure for submission. All affiliative behaviours were summed up and analysed as one variable. Treatment (i.e. the drug injected), focal fish (small or large helper), sex and acceptance level were included as fixed factors. Group identity was included as random factor. To control for model convergence, we used the optimizer ‘bobyqa’. For those drug concentrations for which focal fish activity has been measured (8-OH-DPAT 1 μg/gbw and Way-100635 1.5 μg/gbw), we fitted one model for each behavioural category (aggression, submission, affiliation) using the data of both time points with activity measures (30 and 45 min) and included treatment, swimming activity, time point and acceptance level (see above) as fixed factors and identity of focal fish as random factor. In these three models, only trials were included, in which during the measurement of activity state every 30 s (see above) a focal fish was at least five times outside of the hiding places. One biological outlier was removed, as one focal fish showed no submission at all despite being frequently attacked.

For the Experiment 2, we compiled two separate datasets for the two drugs. We fitted GLMMs with Poisson distribution or negative binomial distribution (indicated as ’nbGLMM’ in the ’Result’) for all behavioural counts, using the package ‘lme4’ (Bates et al., 2015) and the optimizer ‘bobyqa’ to control for model convergence. We merged the behaviours in the same way as in Experiment 1, and analysed the variables ‘total aggression’, ‘submission’ and ‘affiliation’. Treatment, intruder species, the order of intruder presentation, standard length and sex of the focal fish, the acceptance level, and activity (with three levels: standing still, swimming, hiding) were included as fixed factors. Group identity and identity of focal fish were included as random factors. All Poisson GLMM models were checked for overdispersion, which never occurred. AIC-based model selection was used to simplify the model. To that end, we performed a stepwise backward selection (Zuur et al., 2009) starting with the full model and always removing the variable that maximally reduced the AIC. We stopped simplifying the model when the deletion of a variable would not lead to an AIC that is at least 2.0 smaller than the one of the previous model (see Symonds and Moussalli, 2011).

3. Results

3.1. Experiment 1: Dosage-dependence

Aggression: Both drugs reduced aggressive behaviour towards group members in this experiment. Compared to the control injection with saline solution, total aggression was significantly reduced 30 min after injection for 1 μg/gbw of 8-OH-DPAT (P = 0.049) and there was a trend in the same direction for 1.5 μg/gbw of Way-100635 (P = 0.055) (nbGLMM, Table S2b, Fig. 1B). Aggressive behaviour still tended to be reduced 45 min after injection of the same drugs as compared to the control injection (1 μg/gbw 8-OH-DPAT: P = 0.056, 1.5 μg/gbw Way-100635: P = 0.096; nbGLMM, Table S2c, Fig. 1C). Finally, also 60 min after the injection 8-OH-DPAT 1 μg/gbw still tended to attenuate aggression (P = 0.057; nbGLMM, Table S2d, Fig. 1D). Also, the highest concentration of the agonist (2 μg/gbw of 8-OH-DPAT) significantly reduced total aggression compared to saline solution (P = 0.004; nbGLMM, Table S2d, Fig. 1D). In the model that was corrected for activity using only the data for 30 and 45 min after the injection (see ’Data analysis’) of 1 μg/gbw for 8-OH-DPAT and 1.5 μg/gbw for Way-100635, there was only a significant negative effect of the agonist on aggressive behaviour compared to saline solution (P = 0.017; nbGLMM, Table S2e).

3.1.1. Submission

The injection of 1 μg/gbw of 8-OH-DPAT induced a significant decrease of submissive behaviour towards other group members, 15 min (P = 0.047; nbGLMM, Table S3a, Fig. 2A) and 30 min after injection (P = 0.001; nbGLMM, Table S3b, Fig. 2B) compared to the injection of saline solution. At 30 min, also the lowest concentration of 8-OH-DPAT (0.5 μg/gbw) tended to decrease submission compared to saline (P = 0.069; nbGLMM, Table S3b, Fig. 2B). The two higher concentrations of 8-OH-DPAT significantly downregulated submission 45 min (1 μg/gbw: P = 0.007, 2 μg/gbw: P = 0.007; nbGLMM, Table S3c, Fig. 2C) and 60 min after injection (1 μg/gbw: P = 0.032, 2 μg/gbw: P = 0.007; nbGLMM, Table S3d, Fig. 2D) compared to the control. The model controlling for the effect of activity (intermediate concentrations of both drugs measured at 30 and 45 min after injection only) revealed a negative effect of 8-OH-DPAT on submission (P = 0.010, nbGLMM, Table S3e) compared to saline solution. Way-100635 did not influence submission significantly at any of the three concentrations.

3.1.2. Affiliative behaviour

Thirty min after the injection the two lower concentrations of the agonist 8-OH-DPAT had a significant negative effect on affiliation, and the highest concentration tended to reduce affiliative behaviour compared to the control (0.5 μg/gbw: P = 0.020, 1.0 μg/gbw: P = 0.016, 2.0 μg/gbw: P = 0.062; nbGLMM, Table S4b, Fig. 3B). All concentrations of 8-OH-DPAT significantly reduced affiliation after 45 min compared to saline solution (0.5 μg/gbw: P = 0.045, 1.0 μg/gbw: P = 0.010, 2.0 μg/gbw: P = 0.003; nbGLMM, Table S4c, Fig. 3C). After 60 min, the two higher concentrations of 8-OH-DPAT still had a significant negative effect on affiliative behaviour compared to the saline solution (1.0 μg/gbw: P = 0.008, 2.0 μg/gbw: P < 0.001; nbGLMM, Table S4d, Fig. 3D). The model corrected for activity (intermediate concentrations only, data
Fig. 1. The effect of different concentrations of 8-OH-DPAT and Way-100635 on the frequency of total aggression shown during 10 min in Experiment 1 at four time points after the injection: (A) 15–25 min, (b) 30–40 min, (c) 45–55 min, and (d) 60–70 min. Medians and quartiles of raw data are shown. An asterisk indicates a significant effect (p < 0.05) and a plus sign indicates a trend (0.05 < p < 0.1) compared to saline injection.

Fig. 2. The effect of different concentrations of 8-OH-DPAT and Way-100635 on the frequency of submission shown during 10 min in Experiment 1 at four time points after the injection: (A) 15–25 min, (b) 30–40 min, (c) 45–55 min, and (d) 60–70 min. Medians and quartiles of raw data are shown. An asterisk indicates a significant effect (p < 0.05) and a plus sign indicates a trend (0.05 < p < 0.1) compared to saline injection.
of 30 and 45 min past injection) revealed no significant effect of the drugs on affiliative behaviour. Way-100635 did not influence affiliative behaviour significantly at any of the three concentrations.

3.2. Experiment 2: Context-dependence

3.2.1. Behaviour towards intruders

We only analysed aggressive behaviour towards the intruders during the challenge tests, because no socio-positive behaviour is directed towards intruders. There were no interactions between presence or absence of drugs and the two intruder types (non-significant interaction terms removed from the final models; section ‘Data analysis’). The drugs also had no main effects on aggression towards the intruders. The focal fish showed significantly less aggression towards the egg predator than towards the conspecific intruder in the trials with 8-OH-DPAT (\( P < 0.001 \); GLMM, Table S6a, Fig. 4a), whereas there was a trend in the same direction in the trial with Way-100635 (\( P = 0.075 \); GLMM, Table S6b, Fig. 4b).

3.2.2. Behaviour towards group members

3.2.2.1. Aggression. There was no significant interaction between the type of trials (control, conspecific or egg predator) and whether a drug (8-OH-DPAT or Way-100635) or saline was injected (non-significant interaction terms removed from the final models; section ‘Data analysis’). Across the three types of trials the agonist 8-OH-DPAT significantly increased aggressive behaviour of the focal fish towards other group members compared to saline solution (\( P = 0.027 \); GLMM, Table S7a, Fig. 5A). Overall, the antagonist did not affect aggressive behaviour towards group members (Table S7b). In the presence of a

![Fig. 3](image1.png)

**Fig. 3.** The effect of different concentrations of 8-OH-DPAT and Way-100635 on the frequency of affiliation shown during 10 min in Experiment 1 at four time points after the injection: (A) 15–25 min, (b) 30–40 min, (c) 45–55 min, and (d) 60–70 min. Medians and quartiles of raw data are shown. An asterisk indicates a significant effect (\( p < 0.05 \)) and a plus sign indicates a trend (\( 0.05 < p < 0.1 \)) compared to saline injection.

![Fig. 4](image2.png)

**Fig. 4.** The effect of (a) 8-OH-DPAT and (b) Way-100635 on aggression towards a conspecific intruder and an egg predator intruder, respectively, in Experiment 2. Medians and quartiles of raw data are shown.
conspecific intruder the focal fish increased their aggression towards other group members compared to trials without intruder, irrespective of the drug (8-OH-DPAT: \( P < 0.001 \), GLMM, Table S7a, Fig. 4A; Way-100635: \( P < 0.001 \), GLMM, Table S7b, Fig. 5B). If an egg predator was presented, focal fish only tended to increase their aggression towards the other group members (8-OH-DPAT: \( P = 0.076 \), GLMM, Table S7a, Fig. 5A; Way-100635: \( P = 0.068 \), GLMM, Table S7b, Fig. 5B).

3.2.2.2. Submission. The interaction term between type of trial and whether a drug or saline was injected was not-significant and hence removed from the final model. Moreover, none of the drugs influenced submissive behaviour as main effect. In the model testing for effects of the antagonist Way-100635, the focal tended to show less submission towards group members if either of the intruders were present compared to when intruders were absent (conspecific: \( P = 0.061 \), egg predator: \( P = 0.074 \); GLMM, Table S8b), both in the saline and the antagonist treatment. In model testing for effects of 8-OH-DPAT, none of the intruders influenced the amount of submission shown towards group members.

3.2.2.3. Affiliation. There was a significant interaction between the presence or absence of 8-OH-DPAT and the presence or absence of an egg predator (\( P = 0.013 \); GLMM, Table S9a, Fig. 5C). Inspection of Fig. 5C suggests that this interaction was caused by a stronger negative influence of the agonist on affiliative behaviour in the control trial than during the egg predator presentation. We reran this GLMM after removing the significant interaction to be able to interpret the results of the main effects of 8-OH-DPAT and intruder species. The effects on main effects hardly changed after removal of the interaction (Table S9a).

Affiliative behaviour was significantly decreased after an injection of 8-OH-DPAT compared to the control injection (\( P < 0.001 \); GLMM, Table S9a, Fig. 5C) across all intruder treatments. Conversely, injection of Way-100635 significantly increased affiliation compared to the control (\( P = 0.023 \); GLMM, Table S9b, Fig. 5D) across all challenges. For both drugs, affiliation was lower if a conspecific intruder was presented compared to the control without intruder (8-OH-DPAT: \( P = 0.016 \), GLMM, Table S9a, Fig. 5C; Way 100635: \( P = 0.009 \); GLMM, Table S9b, Fig. 5D).

4. Discussion

Here we performed a two-step experimental study to investigate the modulating effect of the 5-HT1A receptor on aggressive and sociopositive behaviours in a highly social cichlid fish. In the dosage-dependent experiment, the 5-HT1A receptor agonist 8-OH-DPAT reduced the amount of submissive displays and the antagonist Way-100635 reduced aggression. In the context-dependent experiment applying the agonist increased aggression and decreased affiliative behaviour, whereas the antagonist increased affiliative behaviour. Our study shows how 5-HT1A is involved in regulating aggressive and affiliative behaviour within the social context of group living.

4.1. Experiment 1: Dosage-dependence

We first aimed to obtain a species-specific dosage-response-curve for the used drugs and to find the optimal timespan after the injections to record behaviour. Fifteen min after the injection the drugs had hardly any effect, whereas 30 to 60 min after injection, 8-OH-DPAT inhibited all social behaviours, particularly at the intermediate concentration of 1.0 \( \mu \text{g/gbw} \). Instead, Way-100635 tended to reduce aggression at the intermediate concentration of 1.5 \( \mu \text{g/gbw} \) at 30 and 45 min post-injection, whereas it had no effect on socio-positive behaviour.

Because, the application of 8-OH-DPAT reduced all social behaviours, we hypothesised that this drug may have reduced either the locomotory activity of our experimental animal, as it had been shown for serotonin (e.g. Gerson and Baldessarini, 1980) and 8-OH-DPAT (Olivier et al., 1995), or their general social motivation (Olivier et al., 1995). Clearly this drug has a very strong motor inhibitory effect at high doses, as we observed in some trials focal fish swimming passively near the water surface (see also Olivier et al., 1995; Stewart et al., 2013). This surfacing behaviour might be part of a serotonin syndrome, which is an adverse condition implied by an exaggerated serotonergic activity. In humans it is characterized by symptoms like fever, confusion and ataxia and can be life-threatening (Sporer, 1995).

As changes in locomotor activity may alter the probability to encounter and engage with group members, it is necessary to disentangle the effects of activity from those of the drugs in regulating the analysed behaviours. Therefore, we tested whether controlling for...
locomotory activity in our statistical analyses would explain some of the drug effects on social behaviour. To avoid multiple testing, we did this second analysis only for two time points (30 and 45 min) and only for the intermediate concentration, where the drugs had the highest effects. Correcting for activity changed the results in two important ways. (i) 8-OH-DPAT only reduced submission for the intermediate dose of 1.0 μg/gbw. (ii) The intermediate dose of 1.5 μg/gbw Way-100635 significantly decreased aggression. All other effects found before the correction for activity (Table SS) had vanished. The significant effects on social behaviour after correcting for locomotory activity are opposite to predictions based on previous studies. In B. splendens activating the 5-HT_1A receptor by 8-OH-DPAT down-regulated aggression (Cloftel et al., 2007), and A. carolensis increased submission (Deckel, 1996), whereas we found a decrease in submission. Applying Way-100635 reduced aggression, whereas Cloftel et al. (2007) did not find effects on aggression.

We propose that these differences might be related to the different social contexts of experimental tests. While we measured spontaneous aggressive behaviour, in B. splendens aggression was directed towards the own mirror image in a simulated contest (Cloftel et al., 2007). However, mirror fights are by definition always unresolved and lead to different monoaminergic concentrations in the brain as compared to real contests (Teles et al., 2013). An alternative or additional, possible reason for the contradicting results is a context specificity with respect to the stress level the test fish were exposed to. Stress and serotonergic action thus most likely very stressful contest situations.

4.2. Experiment 2: Context-dependence

4.2.1. Behaviour towards intruders

By challenging the focal fish by live-presentations of two types of intruders at time points 45 and 60 post-injection we explored context-specific effects of the 5-HT_1A receptor on aggressive behaviour. We had predicted an interaction between 5-HT_1A activity and intruder challenges. In particular, we had predicted that the drugs modulate aggressive responses differently in conspecific competitors than in egg predators, because the former directly challenges the hierarchy position of a focal fish, whereas the latter is a threat only to offspring produced by the dominant pair. While indeed there were no signs of stress in the focal fish in our experiment and the focal fish were tested in the relaxed context of their social group and home tank, B. splendens (Cloftel et al., 2007) and A. carolensis (Deckel, 1996) were tested in a highly aggressive and thus most likely very stressful contest situations.

4.2.2. Behaviour towards other group members

There was a significant interaction of drug (saline or agonist) by intruder type affecting affiliative behaviour towards the other group members. It was caused by the difference between saline and drug being larger in the absence of intruders as compared to when intruders were present (cf. Fig. 5c). We had predicted this interaction, because a sociopositive behaviour such as affiliation is of greatest importance, when subordinate group members have no opportunities to appease the dominants by helping (Bergmüller and Taborsky, 2005; Fischer et al., 2017). So the effect of drugs modulating affiliation should be strongest in the absence of possibilities to show helping behaviour. There were no statistical interactions between saline and drugs by intruder type for the other social behaviours.

The drugs had several main effects on social behaviours. As predicted, affiliation was affected in the opposite direction than aggression by the drugs. Affiliation and aggression are two behaviours with entirely contrasting intentions and effects, and thus are unlikely to be shown simultaneously by an individual (Kelly and Vitousek, 2017). The focal fish decreased affiliative behaviour towards other group members when treated with the agonist 8-OH-DPAT, in accordance with previous findings in primates (Larke et al., 2016), and accordingly they increased affiliative behaviour after injection with the antagonist Way-100635, irrespective of the type of challenge. Thus, our results show that 5-HT_1A activity regulates affiliative behaviour in N. pulcher.

Focal fish showed more aggressive behaviour towards other group members when treated with the agonist 8-OH-DPAT, which differs from the findings of Experiment 1, where after controlling for activity there was no significant effect of the agonist. The decrease of aggressive behaviour typically observed after treatment with the agonist is thought to be modulated through the presynaptic serotonin 1A autoreceptors (de Boer, 2000). On the contrary the serotonin syndrome observed after high doses of agonists is known to be regulated via the postsynaptic 5-HT_1A receptors (Lucé, 1992; Tricklebank et al., 1984). Previous findings show that 8-OH-DPAT preferably binds to 5-HT_1A autoreceptors, and that higher doses (1.0 μg/gbw) are needed for it to bind also postsynaptically (Hjorth and Magnusson, 1988; Zhao et al., 2019). Thus, we might have triggered both the presynaptic autoreceptor and also the postsynaptic receptor in this experiment. Binding postsynaptically only vs both pre- and postsynaptically has led to opposite behavioural phenotypes in a different behavioural context, i.e. anxiety behaviour (File et al., 1996; rev. in Garcia-Garcia et al., 2014). The possible reason, why our treatment may have triggered pre- and postsynaptic receptors in Experiment 2 resulting in increased aggression towards group members may be related to the presence of intruders in this experiment. The presence of intruders generally increased aggression of focal fish towards other group members (Table S6a), which might represent a carry-over effect of the aggression directed towards the intruders. So although this is still speculative, the presence of intruders may have interacted with the strength of the effect of the agonist on aggressive behaviour.

4.3. General discussion

It is increasingly acknowledged that the function of brain mechanisms involved in the regulation of behaviour should account for the natural history of study subjects by testing them in experimental settings that are ecologically relevant (Hofmann et al., 2014). In particular, it is important to test the function of brain mechanisms in different social and ecological contexts. Pharmacological manipulation of the serotonin system provide a good example for this: By testing the role of the 5-HT_1A receptor in a cooperative context (Paula et al., 2015), in pair-bonding (Larke et al., 2016), or in stable social groups (this study) additional functions of this receptor for the expression of social behaviours have been detected beyond its effect on aggressive behaviours previously described in several vertebrates. From our results, we can conclude that the serotonin 1A receptor does play an important role not only in the modulation of aggressive, but also of submissive and affiliative behaviour.

Context-specificity of the effects of 5-HT_1A receptor agonist and antagonist on social behaviour might also explain deviations from previous findings reported in this study. One possible mechanism
contributing to context-specificity and the different outcomes of studies concerns differences in stress levels caused by the testing set-ups. Endocrinological states, such as stress levels, linked to environmental stressors might influence the role of serotonin in behavioural regulation. We hypothesize that under low stress levels as they were present in this study serotonin decreases submission and increases aggression, whereas under high stress levels as they may have pertained to aggressive context situations serotonin increases submission and decreases aggression. This hypothesis needs further testing, in particular, as interactions between cortisol and the 5-HT1A receptor have been reported, which would need to be taken into account (reviewed in: Chauloff et al., 1999; Pugliuli-Allegre and Andolina, 2015).

Acknowledgements

We are grateful to Svante Winberg for very helpful input given while establishing the experimental design and to Evi Zwygart for logistic support. We acknowledge financial support by the Swiss National Science Foundation (SNSF, project 31003A_179208) to BT.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.yhbeh.2020.104918.

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