|                | CAQ fear t0 | CAQ avoidance t0 | CAQ attention t0 | BDI-II t0 | age | 6MWD t1 | physical health t1 | mental health t1 |
|----------------|-------------|------------------|------------------|-----------|-----|---------|-------------------|-----------------|
| CAQ sum score t0 | 0.898       | 0.678            | 0.772            | 0.359     | 0.033 | -0.116  | -0.243            | -0.297          |
|                | p<.001      | p<.001           | p<.001           | p<.001    | p=.617 | p=.099  | p<.001           | p<.001          |
| CAQ fear t0    |             | 0.379            | 0.618            | 0.245     | 0.017 | -0.007  | -0.086            | -0.178          |
|                |             | p<.001           | p<.001           | p<.001    | p=.797 | p=.923  | p=.198           | p<.007          |
| CAQ avoidance t0 |             | 0.296            | 0.386            | 0.253     | 0.037 | -0.075  | -0.146            | -0.237          |
|                |             | p<.001           | p<.001           | p<.001    | p=.624 | p=.001  | p=.001           | p<.001          |
| CAQ attention t0 |             |                 |                  |           |       |         |                   |                 |
|                |             |                  |                  |           |       |         |                   |                 |
| BDI-II t0      |             |                  |                  |           |       |         | -0.315            | -0.616          |
|                |             |                  |                  |           |       |         | p<.001           | p<.001          |
| age            |             |                  |                  |           |       |         | -0.189            | 0.018           |
|                |             |                  |                  |           |       |         | p=.007           | p=.019          |
| 6MWD t1        |             |                  |                  |           |       | 0.538   | 0.291             |                 |
|                |             |                  |                  |           |       |         | p<.001           | p<.001          |
| physical health t1 |             |                  |                  |           |       |         |                   | 0.378           |
|                |             |                  |                  |           |       |         |                   | p<.001          |

Correlations in bold type are significant at the 0.01 level (2-tailed). t0 = baseline; t1 = after treatment; CAQ = Cardiac Anxiety Questionnaire; BDI-II = Revised Beck Depression Inventory sum score; 6MWD = 6-minute walking distance; ‘physical health’ and ‘mental health’ are subcomponents of the SF-12 Short Form Health Survey.