1. Introduction

Shape Memory Alloys (SMA) are new very specific materials with unique properties. It has an ability to perform physical work under temperature rise or fall. This feature is due to two different internal structures that depend on the range of temperature. The goal of this paper is to characterise shape memory alloys and present some recent interesting applications.

2. History

In 1932 a Swedish researcher Arne Ölander observed the shape recovery abilities of a gold-cadmium alloy (Au-Cd). He gave this phenomenon the name: Shape Memory Effect (SME). Later, the same effect was observed in many other alloys like Fe–Pt, In–Ti, Ni–Al, Cu–Zn, Cu–Al, Cu–Sn, Cu–Zn–X (where X = Al, Si, Ga, Sn, Ni), Cu–Al–X (where X = Ni, Fe, Be, Mn), Ni–Ti–Cu etc.

In 1950 C. Chang and T.A. Read at Columbia University in New York used X-rays to test an alloy Au-Cd and in 1958 they showed that this material can be used in mechanical systems for performing physical work.

In 1962 William J. Buehler at the U.S. Naval Ordnance Laboratory (NOL) investigated the shape memory effect in an alloy of nickel and titanium. He named this alloy briefly “NiTiNOL” (Nickel – Titanium – Naval Ordnance Laboratory) and patented its technology. This was a starting point for a great material revolution.

In 1989 Dr. Darel E. Hodgson at Shape Memory Applications, Inc., after years of experiences, began to produce high quality SMA wires that are named Flexinol.

3. What is The Shape Memory Effect?

The shape memory effect is caused by temperature and stress dependent shift in the material’s crystalline structure changing between two different phases called martensite and austenite. Martensite, the low temperature phase, is relatively soft whereas austenite, the high temperature phase, is relatively hard. The change of state follows as a result of the heating or cooling of the alloy. During state change the phenomenon of the temperature hysteresis appears. Hysteresis width (T₁ in Fig. 1) is defined as the difference between the temperatures at which the material is 50% transformed to austenite upon heating and 50% transformed to martensite upon cooling. This difference of temperatures can reach 20–30 °C.

If any NiTiNOL part (Fig. 2a) is annealed at 540 °C and is allowed to cool below the phase transition temperature (Mf), the crystalline structure will change to martensite (Fig. 2b) without shape change. Now, if the part is plastically deformed (Fig. 2c), for example by bending, and then reheated above the phase transition temperature (Af), it returns to its original shape. This phenomenon is material property and is called one-way shape memory effect (Fig. 2.).

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SHAPE MEMORY ALLOY – MODERN SMART MATERIAL FOR VARIOUS APPLICATIONS

The article deals with modern materials - Shape Memory Alloys. The author presents short history of its discovery and its particular properties. One-way and two-way shape memory effects are illustrated and explained. Advantages and disadvantages of SMA are listed and possibilities of usage are discussed. There are also given some interesting applications in various fields of life illustrated by pictures and photos gathered from Internet sites.
There is also a phenomenon called two-way shape memory effect (Fig. 3.). Its main feature is that during a change of crystalline structure from austenite to martensite (during cooling) a sample of material also changes its shape. The material is as if it had remembered two shapes and becomes transformed between them without part of external stresses but only due to a change of temperature. However, the two way shape memory effect is no longer material property, but is acquired in technological process, which is called training. It consists of serial repetition of the following procedure:

- Max. 3% bending in martensite;
- Heating over austenite transformation temperature (material recovers its primary shape);
- Cooling to martensite.

After many repetitions, finally we get shape memory alloy capable of recovering a pre-set shape upon heating above its transformation temperatures and returning to an alternate shape upon cooling.

4. Basic Properties

In industrial applications only AlCuZn and NiTi alloys are being used. The latter known as NiTiNOL (or Flexinol) is used most often. Beside the above-mentioned effect it has several additional properties as e. g.:

Superelasticity - in some temperature range \( (\text{Ms} < T < \text{As}) \) NiTiNOL shows its unusual elasticity and as soon as the stress is removed it returns to its original shape. The reason for this is that in this temperature range the material is over its normal martensite temperature.

Relatively constant force during decompressing in quite wide range of deformation (few %).

Biomechanical and biological compatibility - unlike steel or Titan, NiTiNOL has non-linear mechanical characteristics like natural tissues: hair, bone or tendon. This causes that NiTiNOL is ideal prosthetics material. Even though it includes more Nickel (considered as toxic) than steel it is safe because in NiTi alloy intermolecular bonds are stronger and the alloy is covered with a layer of TiO₂ so less Nickel is released. Experiments confirm that NiTiNOL is chemically more stable and more resistant to stain than stainless steel.

Magnetic properties - NiTiNOL is non-ferromagnetic with a lower magnetic susceptibility than stainless steel.

The following tables present basic physical and chemical parameters of NiTiNOL (Tab. 1.) and Flexinol wires (Tab. 2.)

| Elemental properties of NiTiNOL | Tab. 1 |
|--------------------------------|-------|
| Activation start temperature   | 68 °C |
| Activation finish temperature  | 78 °C |
| Effective transition temperature| 70 °C |
| Relaxation start temperature   | 52 °C |
| Relaxation finish temperature  | 42 °C |
| Annealing temperature          | 540 °C|
| Melting temperature            | 1300 °C|
| Heat capacity                  | 0.322 J/g °C |
| Density                        | 6.45 g/cm³ |
| Energy conversion efficiency   | 5 % |
| Max. deformation ratio         | 8 % |
| Recommended deformation ratio  | 3 - 5 %|
| Young’s Modulus                | 28 GPa |
Low energy efficiency - the maximum theoretical efficiency of a Carnot cycle between the temperature at which a shape memory alloy finishes transforming to austenite upon heating and the temperature at which a shape memory alloy finishes transforming to martensite upon cooling is about 10%. In reality, that efficiency is at least one order smaller than the theoretical Carnot value.

Limited bandwidth due to heating and cooling restrictions - shape memory actuators can be heated in different ways, radiation or conduction (thermal actuators) and by inductive or resistive heating (electrical actuators), and this is generally fast. The response speed is mainly limited by the cooling capacities.

Degradation and fatigue - the reliability of shape memory devices depends on its global lifetime performance. Parameters having strong influence on the lifetime are: time, temperature, stress value, deformation value, number of cycles, the alloy system, composition, the heat treatment, and the processing technology.

The table (Tab. 3.), presented by D. Stöckel in 1992, shows maximum values of stress and strain according to number of cycles for standard binary Ni-Ti alloys.

Maximum values of strain and stress

| Cycles | Max. strain | Max. stress |
|--------|-------------|-------------|
| 1      | 8%          | 500 MPa     |
| 100    | 4%          | 275 MPa     |
| 10000  | 2%          | 140 MPa     |
| 100000 | 1%          | 70 MPa      |

Complex control - shape memory alloys show complex three-dimensional thermomechanical behaviour with hysteresis. Moreover, this behaviour is influenced by a large number of parameters. It follows that there are, in general, no direct and simple relations between the temperature and the position or force. Therefore, accurate position or force control by SMA actuators requires the use of powerful controllers and the experimental determination of complex data. Many mathematical models are being developed nowadays by different research groups to overcome this important limitation.

In spite of these limitations, SMA has a lot of advantages and this is why shape memory alloy actuators are widely used in many fields of life.

6. Interesting applications

Nowadays shape memory alloys are no longer eccentrics but they have widely entered our environment. We can meet them in everyday life and we often do not even know about their existence. The number of known applications exceeds several thousands. Shape Memory Alloys are most often used as thermostats, grippers, valves, catheters, actuators or connectors. Let’s take a look at some interesting applications.

Figure 4 shows the idea of SMA usage to control position of steering flaps on aircraft’s wing instead of heavy and complicated hydraulic systems. System using SMA wires is lighter and more reliable.

A submarine presented in Fig.5 is propelled, like natural fish, by moves of its body. SMA wires and bias springs are used to contract submarine sides alternately. They are supplied with a battery and controlled by a computer stored in the nose. This kind of propulsion is very silent and such a submarine is difficult to be detected by sonar. One-meter long prototype has been already built.
In medicine Shape Memory Alloys are widely used for different kinds of prostheses because of their biocompatibility. But there are also other applications. Figure 6 shows surgical tools that can be easily deformed to a required shape and during sterilization process they come back to their original form. Orthodontic archwires presented in figure 7 have great advantage – they need not be regulated so often. When teeth straighten up the wires still press them in quite a wide range.

Miniature grippers can be used in medicine as well as in nanotechnology. The microgrippers presented in figures 8 and 9 are smaller than 2 millimetres.

SMA materials are very often used as thermostats in various devices – cars, coffeepots, fire systems, ventilation systems and many others. Figure 10 presents an automatic ventilation system with a thermostat using Shape Memory Alloys.

Robotics is a modern field of science and it makes use of modern technologies and materials. In robot dynamics it is very important to move quickly and precisely. It is easier to move and control a smaller mass, so SMA actuators are willingly used in robotics because of their weight to force ratio. Figures 11 and 12 present the usage of SMA wires for actuating the whole robot (Fig. 11.) or its particular parts (Fig. 12.).
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