A case of cryptococcal necrotizing fasciitis and immune reconstitution inflammatory syndrome in a renal transplantation recipient

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ABSTRACT

Introduction and importance: Immunocompromised patients are at high risk of unexpectedly serious infections caused by uncommon bacteria or fungi. We experienced a case of Cryptococcus neoformans-induced necrotizing fasciitis (NF) of the lower extremities. The progress so far has been reported by the urology department [1]. Moreover, after the NF had been treated, the patient developed immune reconstitution inflammatory syndrome (IRIS). We report from surgeon’s viewpoint.

Case presentation: A 51-year-old male renal transplant patient complained of pain in both lower extremities (LE). After the initial debridement, periodic acid-Schiff after diastase digestion (D-PAS) staining confirmed the diagnosis. No symptoms were seen in the lungs or cerebrospinal system. The patient was reluctant to undergo surgical treatment but several debridements improved patient’s condition. After the LE wound healed, prednisolone was discontinued, then painful nodules appeared on both LE. Based on the negative culture results and the fact that the patient had been treated with flucytosine and fluconazole, we suspected that the nodules had been caused by IRIS.

Clinical discussion: It was difficult to diagnose Cryptococcus-induced NF and paradoxical IRIS. Cooperation from other specialists was essential.

Conclusion: We think this patient needed earlier and more definitive debridement. Fortunately, we were able to save the patient’s life and maintain his LE function. In immunocompromised patients, cryptococcus can be a pathogen. In addition, IRIS can occur during treatment. Management of IRIS is the capital point of sepsis management, careful anti-inflammatory drug control by specialists is required.

1. Introduction

Necrotizing fasciitis (NF) is a destructive soft-tissue infection, which is typically caused by group A streptococci or a combination of facultative and anaerobic bacteria [2]. Immunocompromised patients are at high risk of NF [3] and we sometimes encounter unexpectedly serious infections caused by uncommon bacteria or fungi. We experienced a rare case of Cryptococcus neoformans (C. neoformans)-induced NF of the lower extremities (LE) in a renal transplant patient [1]. Moreover, after the NF had been successfully treated the patient developed immune reconstitution inflammatory syndrome (IRIS) [4,5]. We report this rare case from surgeon’s viewpoint. This work has been reported in line with the SCARE criteria [6].

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2. Case report

A 51-year-old male had received a living-donor kidney transplant from his wife due to renal failure secondary to polycystic kidney disease in August 2011. He was administered prednisolone (PSL), cyclosporine A, and mizoribine.

However, rejection occurred 2 months later, and methylprednisolone pulse therapy was administered. Ten months after transplantation, the patient complained of pain in the right LE and the same symptoms appeared on the left. He was hospitalized on suspicion of cellulitis. Hemodialysis was resumed due to decreased renal function (Table 1).

Some courses of antibiotics did not bring any improvement, and fungal infections such as candida were suspected.

On July 12th 2012, the patient was referred to our department by the urology department for the indication of surgical debridement. The patient was complaining of severe pain and a high fever. Edema, erythema, vesicle formation, and erosion were also seen on both LE, indicating NF.

However, the patient refused to undergo emergency surgical debridement. A vesicle-derived bacterial culture revealed yeast, and treatment with lipid amphotericin B and flucytosine was started immediately.

2.1. July 24th, operation I (debridement)

The necrotic region had extended, and the patient agreed to undergo minimal debridement. Periodic acid-Schiff after diastase digestion (D-PAS) staining showed many yeast cells in the debrided skin. Cryptococcus neoformans (C. neoformans) was detected in tissue cultures. Conversely, cerebrospinal fluid and blood cultures were negative. Chest radiography and cranial computed tomography showed normal findings.

Around this time, methicillin-resistant Staphylococcus aureus (MRSA) and Pseudomonas aeruginosa (P. aeruginosa) were detected in wound cultures. A prostate abscess was caused by P. aeruginosa.

2.2. July 27th, operation II (second debridement)

The patient’s fever persisted. After the second debridement, patient’s condition stabilized. Some necrotic tissue remained on the transitional surface of the gastrocnemius tendon, but the patient wanted to preserve as much LE function as possible. Therefore, we waited for granulation tissue to form; however, little had formed one month later (Fig. 1).

### Table 1

| Operation (CMV retinitis admission) | Reintroduction of dialysis | Lower tract infection | Discharge |
|-----------------------------------|----------------------------|----------------------|----------|
| Body Temp. | | | |
| Immunosuppressant | | | |
| Methylprednisolone sodium succinate pulse therapy | | | |
| Cyclosporine | 50-100mg/d | | | |
| Miezoribine | 50-100mg/d | | | |
| Prednisolone | 10mg/d | 10mg/d | 5 mg/d | |
| Antibiotics | | | | |
| Fungicid | | | | |
| Antifungal drug | | | | |

Fig. 1. Necrotic tissue on gastrocnemius tendon transitional surface remained, the patient wanted to preserve the lower leg function as possible. Therefore, we waited for granulation formation without further debridement. One month later, granulation scarcely formed.
2.3. August 23th, operation III (third debridement)

We made multiple small incisions over the gastrocnemius tendon to expose the underlying muscle body (Fig. 2).

2.4. October 2nd, operation IV (skin graft)

As good granulation tissue formed on the tendon, meshed skin grafting was performed. The graft exhibited good survival (Fig. 3). The fluconazole treatment was continued. In early June 2013, the patient was discharged. PSL was discontinued in June (Table 1).

July 27th and July 29th, painful nodules with abscesses appeared on the left calf and right sole on respectively, and were drained.

On July 30th, the patient was readmitted to our hospital, and lipid amphotericin B therapy was started. But new abscesses appeared on both LE, on August (Fig. 4).

Microscopy revealed cryptococcal spores (Fig. 5). However, neither bacteria nor cryptococcal organisms were detected in the abscess and tissue culture.

We suspected that the patient was suffering from immune reconstitution inflammatory syndrome (IRIS) based on the negative culture results and the fact that he had been treated with flucytosine and fluconazole.

Thus, we resumed the PSL, and the patient’s symptoms began to improve (Fig. 4). The drained site gradually contracted and healed. The PSL dose was slowly reduced and was discontinued on September 4th.

However, on September 7th swelling of both LE re-appeared, and it was considered that the IRIS had recurred.

After the PSL treatment was resumed, the patient’s symptoms improved rapidly. The PSL dose was gradually decreased to a maintenance dose of 20 mg/day.

After the patient’s first admission, a prostate abscess and cytomegalovirus (CMV)-induced retinitis of the left eye occurred repeatedly. During the patient’s second admission, severe pancytopenia, most likely due to vancomycin, occurred repeatedly. From September 2013, the CMV-induced enteritis and prostate abscess caused ammonemia, and intractable ascites occurred. The patient subsequently developed disseminated intravascular coagulation and died on January 10th, 2014.

3. Discussion

Cryptococcosis is an infection caused by *C. neoformans*, in which the primary lesions usually form in the lungs through the respiratory tract and cause secondary lesions in the central nervous system (CNS) and skin, mainly through hematogenous spread [5]. Therefore, the appearance of cutaneous lesions, which are observed in 10–15% of cases, is indicative of a disseminated infection [5,7]. Primary cutaneous cryptococcosis is rare and is usually associated with skin injuries [7,8].

In our case CNS, and chest radiographs did not suggest disseminated cryptococcosis. However, there was no clear preceding skin damage. Moreover, the patient’s infection was severe, causing NF, rather than being limited to a small area. Therefore, disseminated cryptococcosis was diagnosed.

Cryptococcal cellulitis is uncommon and is indistinguishable from acute bacterial cellulitis [9,10]. And NF is often misdiagnosed as cellulitis [11]. The LE are the most common sites of such infections, and in contrast to bacterial NF, bilateral disease is common in cryptococcosis [12].

There have been 14 reported cases of cryptococcal NF [9,10,13], and its mortality rate in immunocompromised patients is very high (57%) [13]. Therefore, early diagnosis and treatment, including debridement, are recommended [13].

A definitive diagnosis of cryptococcosis can be made by isolating *Cryptococcus* from a clinical specimen or directly detecting the fungus by staining bodily fluids with India ink [5]. In our case we was diagnosed based on D-PAS staining of debrided tissue.

This patient was reluctant to undergo surgical treatment and earlier and more definitive debridement must have improved the patient’s conditions faster. Therefore, we think earlier and more definitive debridement was appropriate from retrospective view.

Amphotericin B deoxycholate (AmBd) is the main drug treatment, Liposomal amphotericin B is an alternative and causes less nephrotoxicity. Flucytosine or fluconazole can be used in combination with AmBd as a first-line treatment. Various treatment protocols have been proposed, depending on the patient’s main symptoms and immunosuppressive status [14].

Maintaining an immunosuppressed state to protect the transplanted kidney makes susceptible to other bacterial infections. Indeed, MRSA and *P. aeruginosa* infections repeatedly occurred in the wound and...
urinary tract. After the third operation, the steroid dose was gradually reduced. The patient’s wound healing occurred very slowly. In addition to immunosuppressed state, this was attributed to various factors, including renal failure-induced anemia; malnutrition; and severe atherosclerosis, which caused a lacunar infarction.

Over the gastrocnemius tendon, we could obtain granulation tissue from the deeper muscles (Figs. 5). This resulted in almost no sacrifice of LE function.

IRIS involves exaggerated inflammatory responses to persistent foreign antigens [15]. Cryptococcal IRIS is associated with significant morbidity and mortality. IRIS is estimated to occur in 5–11% of organ transplant recipients with cryptococcal infections and is associated with an increased risk of allograft failure [4,5,16]. In up to a third of patients, so-called paradoxical cryptococcal IRIS; i.e., a worsening of disease or recurrent disease at the same or new sites, despite microbiological evidence of effective antifungal treatment, occurs during treatment [5,16]. Cryptococcal IRIS is considered to be caused by the reactions of T cells to Cryptococcus antigens [17]. On skin and soft tissue, IRIS can manifest as subcutaneous abscesses, lymphadenitis [18], or nodular and plaque-like erythematous lesions [19]. In a previously reported cases [19] and present case, IRIS arose during steroid withdrawal.

The following diagnostic criteria for IRIS have been suggested: Histopathologically, a granulomatous lesion should be present. Symptoms that occur during appropriate antifungal therapy and cannot be explained by a newly acquired infection or another process should also be present. Finally, cultures should produce negative results. All 3 criteria were met in our case [5,20].

The management of cryptococcal IRIS is based on expert opinion. Confirming the effectiveness of antifungal therapy is essential, and steroid treatment can reduce the need for hospitalization and improve short-term quality of life [5].

In conclusion, we encountered cryptococcosis in immunocompromised patients. It manifested as severe NF and even gave rise to IRIS. We think this patient needed earlier and more definitive debridement. Fortunately, we were able to save the patient’s life and maintain his LE function.

In immunocompromised patients, cryptococcus can be a pathogen and caution should be exercised in the search for causative organisms. In addition, IRIS can occur during treatment. Management of IRIS is the capital point of sepsis management, careful anti-inflammatory drug control by infection control specialists is required.

Fig. 4. Left. Immune reconstructive syndrome (IRIS) was suspected. August 12th, a new abscess appeared on the dorsal side of the right lower leg and an incision was added. Center. Abscess drainage and granulation formation. Right. After resumed PSL, his symptoms improved.

Fig. 5. Cryptococcus was detected in the abscess by microscopic examination. Gram stain and India ink stain.

Provenance and peer review

Not commissioned, externally peer-reviewed.

Consent

Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal on request.

Ethical approval

Japanese Ethical Guidelines for Medical Research for Humans https://www.mhlw.go.jp/file/06-Seisakujouhou-10600000-Daijinkanbou kouseikagakuka/0000153339.pdf.

Treatment of this patient complies with the Japanese insurance system and does not include clinical trials, experimental interventional treatments or drug use.

This is not a medical procedure that the ethics committee or IRB should discuss.
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Masamitsu Kuwahara; wrote manuscript.
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Mika Takeuchi; doctor; patient care at ward.
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Riyo Miyata; doctor; patient care at ward.
Mika Takeuchi; doctor; patient care at ward.
Yasumitsu Masuda; doctor; patient care at ward.
Masamitsu Kawahara; wrote manuscript.

There are more than six authors, but these doctors were essential for patient care at ward.

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There are more than six authors, but these doctors were essential for treatment of this patient.

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Declaration of competing interest
There are no conflicts of interest.

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