Abstract: Alzheimer’s disease (AD) is an irreversible and progressive brain disorder that slowly destroys memory and thinking skills, and, eventually, the ability to perform simple tasks. As the aging population continues to increase exponentially, AD has become a big concern for society. Therefore, neuroprotective compounds are in the spotlight, as a means to tackle this problem. On the other hand, since it is believed—in many cultures—that marine organisms in an individual diet cannot only improve brain functioning, but also slow down its dysfunction, many researchers have focused on identifying neuroprotective compounds from marine resources. The fact that the marine environment is a rich source of structurally unique and biologically and pharmacologically active compounds, with unprecedented mechanisms of action, marine macroorganisms, such as tunicates, corals, sponges, algae, as well as microorganisms, such as marine-derived bacteria, actinomycetes, and fungi, have been the target sources of these compounds. Therefore, this literature review summarizes and categorizes various classes of marine-derived compounds that are able to inhibit key enzymes involved in AD, including acetylcholinesterase (AChE), butyrylcholinesterase (BuChE), β-secretase (BACE-1), and different kinases, together with the related pathways involved in the pathogenesis of AD. The compounds discussed herein are emerging as promising anti-AD activities for further in-depth in vitro and in vivo investigations, to gain more insight of their mechanisms of action and for the development of potential anti-AD drug leads.

Keywords: anti-Alzheimer’s disease; marine-derived compounds; acetylcholinesterase inhibitor; BACE-1 inhibition; anti-Aβ aggregation

1. Introduction

Alzheimer’s disease (AD) is an irreversible and progressive neurodegenerative disorder affecting more than 50 million people across the world [1]. Although the pathogenesis of the disorder is complicated, it is directly related to the central nervous system (CNS) and generally emerges by a slow and irreversible progression of dementia, which is terminated with not only a decrease in cognition and memory, but also an alteration of languages, thinking, calculation, and personal behaviors [2]. The understanding of AD causality is still incomplete and a serious debate regarding whether AD is a singularly distinct form of dementia is ongoing [3]. Besides genetic and environmental factors [4,5], to date, several factors, including cholinesterase (acetyl- and butyrylcholinesterase) enzymes [6], proteases with β-site amyloid precursor protein cleaving cascade (β- and γ-secretases) [7], β-amyloid (Aβ) aggregation [3,8], protein kinase C [9], tau protein [3,10], glycogen-synthase kinase 3β (GSK-3β) [11], neurodegenerators [12], and oxidants [13] are recognized in this brain dysfunction. Moreover, metals, especially zinc, also have a key role in neuronal signaling and neurotransmission. However, whether this metal dyshomeostasis or aggregation in the brain is associated with AD is yet to be unraveled [14]. Given that AD is an age-related
neurodegenerative disease and becomes even worse with time, searching for compounds from natural sources that can combat the causes or alleviate the symptoms of this disease is imperative. For example, epidemiological studies underlined that daily consumption of seaweed and ω-3 polyunsaturated fatty acids (PUFA) can slow down cognitive deficit in apolipoprotein E (apoE) carriers [15], which is in line with a meta-analysis conclusion that 0.1 g/day increment of dietary docosahexaenoic acid (DHA; 1) intake was associated with lower risks of dementia [16]. Although some therapeutic agents have been described for alleviation of the AD symptoms in moderate-to-severe AD patients, a majority has been restricted to those that have mild efficiency and significant side effects [3]. These include the approved cholinesterase inhibitors [17], the noncompetitive N-methyl-D-aspartate (NMDA) receptor antagonists, memantine [18], and a combination of memantine with donepezil, as a cholinesterase inhibitor [19]. A number of marine-derived secondary metabolites have been revealed to possess neurological activities with different mode of actions. Fascaplysin (2), yessotoxin (3), bryostatin-1 (4), and saponins are among marine compounds whose mechanisms of action responsible for their neurological effects have been investigated [20]. Indeed, Kabir et al. and Martins et al. have reviewed various marine natural products, i.e., DHA (1), bryostatin-1 (4), anabaseine (5), homotaurine (6), and its derivatives, rifampicin (7), anhydroexfoliamycin (8), undecylprodigiosin (9), GV-971 (10), 13-desmethyl spirolide C (11), and dictyostatin (12), which have successfully passed the preclinical or clinical trials phases. These marine compounds show a well-tolerated behavior in AD individuals with no significant drug-associated side effects (Figure 1) [21,22]. Hence, many researchers have turned to the nature to search for bioactive compounds from terrestrial and marine resources, including plants, invertebrates, and microorganisms [23]. The fact that the marine environments have proved to be an important source of structurally unique compounds with an unprecedented pharmacological activity, much attention has been paid to compounds obtained from marine organisms [24]. Therefore, the aim of this work is to present a comprehensive review of marine-derived compounds that are able to either inhibit or block the key enzymes and the related pathways leading to AD as promising neuroprotective agents. For practicality, the compounds presented in this review are categorized according to their structural classes while their activities and mechanisms of action are discussed for each group of compounds or each individual compound. We have also ordered the marine resources starting from microorganisms, i.e., bacteria and fungi, to macroorganisms, i.e., tunicates, corals, sponges, and algae. The search engines used to search for the compounds in this review are PubMed, MEDLINE, Web of Science, and Scopus.

Figure 1. Chemical structures of 1–12.
2. Marine-Derived Compounds That Inhibit Acetylcholinesterase (AChE) and Butyrylcholinesterase (BuChE) Activities

Although the main causes of AD are still not completely understood, a majority of researchers have focused on investigating the key enzymes that are involved in the progression of AD and other neurodegenerative diseases. Among them, cholinesterase enzymes have been considered relevant targets [25]. In order to facilitate a readability, the compounds discussed in this section are grouped according to their chemical classes.

2.1. Alkaloids

Marinoquinoline A (13), a pyrroloquinoline alkaloid, obtained from a new species of a marine gliding bacterium Rapidithrix thailandica, which was isolated from a decayed wood, collected from the Andaman Sea in Thailand, was shown to exhibit a potent AChE inhibitory activity, with an IC₅₀ value of 4.9 μM (IC₅₀ of galantamine = 0.6 μM). Interestingly, the two pyrrole derivatives 3-(2′-aminophenyl)-pyrrole (14) and 2,2-dimethylpyrrolo-1,2-dihydroquinoline (15) (Figure 2), obtained from R. thailandica strains TISTR 1742 and SH5.13.2, which were isolated from a submerged sea grass blade, collected in the Andaman Sea, and from a debris collected from the Gulf of Thailand, respectively, were inactive in the AChE-inhibition assay (enzyme inhibition < 30% at 0.1 g/L). The authors speculated that 15 was an isolation artifact of 14 [26].

The ethyl acetate (EtOAc) extract of the culture of Acrostalagmus luteoalbus TK-43, an endophytic fungus obtained from a marine green alga Codium fragile, collected in Turkey, furnished three pairs of enantiomers of N-methoxyindolediketopiperazine derivatives, acrozines A–C (16–18). The enantiomers of each pair were separated by a chiral high performance liquid chromatography (HPLC) to afford (+)-16a/(-)-16b, (+)-17a/(-)-17b, and (+)-18a/(-)-18b (Figure 2). Compounds 16–18 were assayed for their anti-AChE activity by a slightly modified Ellman’s method. The results showed that the racemic mixture of 16, i.e., (±)-16a/16b (IC₅₀ = 9.5 μM) displayed anti-AChE activity ca. six-fold stronger than that of (±)-17a/17b (IC₅₀ = 60.7 μM) and ca. 13-fold stronger than that of (±)-18a/18b (IC₅₀ = 130.5 μM). Interestingly (+)-16a (IC₅₀ = 2.3 μM) exhibited anti-AChE activity six-fold higher than that of its antipode while (+)-17a (IC₅₀ = 78.8 μM) and (+)-18a (IC₅₀ = 160.6 μM) exhibited weaker activities than those of their antipodes, respectively [27].

The alkaloid penicillamine (19) (Figure 2) was obtained as a racemic mixture from a marine-derived fungus Penicillium commune 366606, which was isolated from seawater, collected in China. Compound 19 was subjected to a HPLC separation using a chiral column to give (+)-19a and (-)-19b (Figure 2), and the absolute configurations of their stereogenic carbons were established by comparison of experimental and calculated electronic circular dichroism (ECD) spectra. Compound (+)-19a exhibited more potent anti-AChE activity (32.4% inhibition) than its antipode (18.7% inhibition). However, both enantiomers were less active than the positive control, tacrine (43.6% inhibition) [28].

Pullumarinas A (20) and B (21) (Figure 2), isolated from the colonial ascidian Synoicum pulmonaria, which was collected off the Norwegian coast, exhibited reversible and noncompetitive inhibition of electric eel acetylcholinesterase (eeAChE) in vitro. Interestingly, although the structures of 20 and 21 are quite similar, 20 exhibited weaker inhibition (IC₅₀ = 105 μM, and inhibitory constant, Ki = 90 μM) than 21 (IC₅₀ = 36 μM, Ki = 20 μM). The Ki value of 21 (20 μM) indicates its moderate binding affinities for the vertebrate AChE, which is similar to that of the FDA-approved drug, galantamine (Ki = 2-20 μM against AChE from different vertebrate species) [29].

Turk et al. isolated a pseudozoanthoxanthin analog 22 (Figure 2), from the ethanol extract of the zoanthid crust coral Parazoanthus axinella from underwater caves and crevices of the Mediterranean Sea. Compound 22 exhibited inhibition of eeAChE activity. The Dixon plot showed that 22 acted as a competitive inhibitor with a Ki value of 4 μM, and is therefore a moderate inhibitor [30]. Inspired by the anti-AChE activity of 22, and from the observation that the 2-aminoimidazole group in this compound is also found in the known β-site amyloid precursor protein-cleaving enzyme 1 (BACE-1) inhibitors, Vitale...
et al. have searched for molecules that share a similar scaffold as potential multi-targeted compounds for AD therapy. Two compounds, i.e., 2-amino-3,9-dimethyl-5-methylamino-3H-1,3,4,6-tetrazacyclopent[e]azulene (23), a pseudozoanthanthin from an unidentified Caribbean zoanthid, and the bromopyrrole alkaloid stevensine (24) (Figure 2), recovered from the sponge *Axinella verrucosa*, which was collected in the Gulf of Naples, were selected for this study. A combined approach of molecular docking and molecular dynamics (MD) simulations suggested 23 and 24 as possible inhibitors of AChE, BuChE, and BACE-1, and that 23 can bind to both catalytic anionic site (CAS) and peripheral anionic site (PAS) of human acetylcholinesterase (hAChE), whereas 24 can only bind to CAS of hAChE. Moreover, modeling shows also a single binding mode for 23 to CAS of hBuChE while 24 loosely binds to hBuChE. In vitro inhibition assays for hAChE and equine BuChE (eqBuCHE) showed that 23 exhibited a lower inhibitory activity on hAChE than 24, but stronger activity on eqBuCHE than 24, supporting modeling predictions, which demonstrated differential activity of 23 and 24 on the two targets [31]. Fascaplysin (2) (Figure 2) is a marine-derived bis-indole alkaloid, first isolated as a quaternary salt in 1988 from a marine sponge *Fascaplysinopsis* sp., collected in Fiji [32], and later from marine sponges *F. reticulata*, *Thorectandra sp.*, *Hyrtylos erecta*, and a tunicate *Didenmum* sp. [33]. Since several indole alkaloids have been reported as strong AChE inhibitors and memory function enhancers, Bharate et al. have synthesized 2 by a new synthetic routes, starting from commercially available precursor, tryptamine, and the easily synthesizable glyoxal, to evaluate its AChE activity against eeAChE and eqBuChE by Ellman’s method. Compared to the positive control, donepezil (IC$_{50}$ for eeAChE = 0.09 µM, and for eqBuChE = 5.52 µM), 2 showed weaker inhibition on both eeAChE (IC$_{50}$ = 1.49 µM) and eqBuChE (IC$_{50}$ = 90.47 µM). Kinetic study revealed its noncompetitive inhibition indicating that 2 binds with high affinity to a site different from the catalytic one. A docking study revealed that the main interaction between 2 and AChE is a π–π interaction between the terminal aromatic ring of 2 and the Trp-279 residue of PAS. Therefore, the authors concluded that a lower potency of 2, when compared to donepezil, can be attributed to lower hydrophobic fitting and π–π stacking interactions, fewer hydrogen bonding interactions, and no interaction with a key catalytic site residue Trp-84 [33]. In order to establish a structure–activity relationship of 2 for P-glycoprotein (P-gp) induction activity, Manda et al. synthesized a series of analogs of 2, among which, 4,5-difluorofascaplysin (25) was found to inhibit 62% of eeAChE at 1 mM. Compound 25 also interacts only with the Trp-286 residue of PAS (corresponding residue in human AChE) by hydrophobic π–π interactions in a similar manner to 2. Besides hydrophobic interactions, 2 also enters deeper into the catalytic pocket due to additional bulkier halogen groups on the E-ring, and exhibits a polar hydrogen bond with Gly-221 and H$_2$O 737 at AChE catalytic site, thus preventing the entry of a substrate to the AChE catalytic site [34].
Due to multiple pathological mechanisms of AD, single-target drugs might have a limited efficacy. On the other hand, multi-target drugs could have superior activities when compared with single-target agents. Based on this hypothesis, Pan et al. [35] have synthesized nine fасасplysin analogs viz. 13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (26), 9-methyl-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (27), 8-methyl-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (28), 9-bromo-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (29), 9-carboxy-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (30), 9-carbamoyl-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (31), 13-oxo-9-(phenylcarbamoyl)-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium bromide (32), 13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium chloride (33) and 9-methyl-13-oxo-12,13-dihydropyrido[1,2-a:3,4-b′]diindol-5-ium chloride (34) (Figure 3) to evaluate for several activities related to AD. Compounds 26–30 potently inhibited AChE and BuChE activities with IC$_{50}$ values in μM range; however, their inhibition activities against AChE are stronger than those against BuChE. Interestingly, 27 inhibited AChE activity more potently than its parent compound 26, suggesting that a modification of 2 could improve its cholinesterase inhibition effects. Curiously, 32 inhibited BuChE activity with an IC$_{50}$ value of 2.90 μM, but did not inhibit AChE activity even at a concentration as high as 1 mM. Using the Lineweaver–Burk plot, it was found that the Ki value of 27 was 2.60 μM. Molecular docking analysis suggested that 27 might bind not only to the PAS residues, such as Tyr-341, Trp-286, Phe-338, and Tyr-337, through π–π interaction, but also to Trp-86 in CAS, through C-H and π–π interaction, leading to an enhanced AChE inhibition ability. For 28, its 8-methyl group formed a hydrophobic interaction with the methylene group in the side chain of Trp-86, leading to a reduction of its inhibition of AChE activity. On the other hand, 29 and 30 could also bind to PAS and CAS of AChE; however, the electron-withdrawing bromine in 29 and the negatively charged carboxyl group in 30 have different levels of electron repulsion with the aromatic ring of Trp-86 in CAS, thus, leading to a reduced AChE inhibition ability of 29 and 30 compared with that of 27. In the same manner, the electron repulsion between a negatively charged carbamoyl group of 31 and the aromatic ring of Trp-86 in CAS might significantly decrease its AChE inhibition capacity [35].

The n-BuOH fraction of the extract of a marine sponge _Petrosia_ n. sp., collected in the intertidal zone of Phuket Island in Thailand, furnished petrosamine (35) and 2-bromoamphimedine (36) (Figure 3). Structural analysis revealed that 35 could exist in both keto (35a) and enol (35b) forms; however, the latter was detected only when D$_2$O and CD$_3$OD were used for NMR solvents. The AChE inhibitory activity assay, using AChE from the electric eel *Torpedo californica* (TcAChE), revealed that 35 exhibited potent AChE inhibitory activity (IC$_{50}$ = 0.091 μM), which is about six times the potency of the reference compound galantamine (IC$_{50}$ = 0.590 μM), whereas 36 showed only very weak potency, with IC$_{50}$ value > 300 μM. ADocking study using two different crystal structures viz. 1DX6- and 1EVE-proteins of TcAChE, which are TcAChEs complexed with galantamine and donepezil, respectively, revealed that the calculated binding free energies for both systems of 35a is approximately the same as those of 35b, which are less than those of galantamine, whereas the free energies of 36 were the highest. The docking study results are in good agreement with their experimental IC$_{50}$ values. Moreover, it also revealed direct interactions between galantamine, 35a, 35b and the two catalytic residues, Ser-200 and His-440, whereas 36 lacks an interaction with these two residues. Moreover, the docking data indicated that the quaternary dimethyl ammonium group in ring D of 35 donates major and strong interactions to the key amino acid residues located in the binding site (Glu-199 and Ser-200) of the enzyme [36]. The secondary metabolites from the marine sponges *Latrunculia biformis* and *L. bocagei*, obtained from coastal shelf environments around the Antarctic Peninsula, were also investigated for their anti-AChE activity. While the methanol extract of *L. biformis* furnished (+)-discorhabdins G (37) and (+)-3-dihydro-7,8-dehydrodiscorhabdin C (38), the methanol extract of *L. bocagei* gave (+)-discorhabdins B (39) and L (40) (Figure 3), all belonging to the discorhabdin subclass, which is structurally
characterized by an additional sulfur bridge between C-5 and C-8. These alkaloids were assayed for their inhibitory activities against eeAChE, recombinant hAChE and eqBuChE. All compounds tested effectively inhibited the activities of cholinesterases in a dose-dependent manner, with the highest activity against eeAChE. Moreover, 37 and 39 were found to be the most potent AChE inhibitors of the series, with IC\textsubscript{50} values of 1.3 µM and 5.7 µM towards eeAChE, and 116 µM and 49.5 µM towards hAChE, respectively (physostigmine was used as a positive control with IC\textsubscript{50} = 3 µM towards eeAChE, and 14.5 µM towards hAChE). The Ki values of 35 and 37 were 1.6 µM and 1.9 µM towards eeAChE, and 56.2 µM and 22.8 µM towards hAChE, respectively. On the other hand, 37 (IC\textsubscript{50} = 7 µM) and 38 (IC\textsubscript{50} = 15.8 µM) showed the strongest inhibition against eqBuChE among the tested compounds (IC\textsubscript{50} of the reference compound, physostigmine salicylate, was 28.5 µM). Moreover, the kinetic of the inhibition of these cholinesterases by the tested compound, together with their analysis using Dixon plots, revealed that 37 and 39 act as reversible and competitive inhibitors through their binding to the active site of the free AChE or BuChE. The docking results for TcAChE showed that 37 had the lowest value of energies and the highest number of hydrophobic interactions, although with no specific hydrogen bonds, which is in agreement with the highest inhibitory activity observed. Moreover, the docking results for each of the tested compounds with hAChE showed higher energy and fewer hydrophobic interactions when compared with the inhibition of TcAChE. For the complex of 37 with hAChE, the computational data showed lower stability, fewer hydrophobic interactions and lack of hydrogen bonds when compared to the complex of 37 with TcAChE, thus supporting the experimental results that 37 had higher inhibitory activity against TcAChE than hAChE [37].

4-Acetoxyplakinamine B (41) (Figure 3), a stigmastane-type steroidal alkaloid, was isolated from the methanol extract of a marine sponge Corticium sp., collected in Southern Thailand. Compound 41 moderately inhibited eeAChE activity (IC\textsubscript{50} = 3.75 µM) compared to the positive control, galantamine (IC\textsubscript{50} = 0.59 µM). Kinetic study revealed an unusual mixed-competitive mode of inhibition of 41 [38]. The docking study indicated a strong potential for 41 to penetrate in and bind with the active subsites of AChE binding pocket. Simultaneous and favorable bonding interactions of 41 with PAS and anionic subsites (AS) provided a major clue behind its significant AChE inhibitory activity and mixed-competitive kinetic profile [39].

Seric et al. isolated polymeric pyridinium compounds (poly-APS), which are composed of two polymers of 29 and 99 repeating N-butyl(3-butylpyridinium) units (42) (Figure 3), from a marine sponge Reniera sarai, collected in the Northern Adriatic Sea. Poly-APS exhibited strong anti-AChE activity with an unusual pattern of inhibition, suggesting several mechanisms were involved. In order to have more insight of their AChE inhibitory activity and mechanisms, its monomeric unit, N-butyl-3-butylpyridinium iodide (42), was synthesized and evaluated for its anti-AChE activity. Kinetic study suggested that both polymeric and monomeric compounds inhibited AChE activity by irreversible and mixed-reversible patterns [40].
On the contrary, the docked pose of huperzine A, showed an IC$_{50}$ value of 0.12 μM, respectively (the positive control, huperzine A, showed an IC$_{50}$ value of 0.12 μM) [41].

Yang et al. isolated nine depsidone derivatives, along with a cyclic peptide, from the EtOAc extract of cultures of a seaweed-associated fungus Aspergillus unguis DLEP2008001, collected from the South China Sea, and from the plasma-induced mutant of this fungus. Among the isolated depsidones, only aspergillusidone A (48) (Figure 4), isolated from the plasma-induced mutant, showed AChE inhibition with IC$_{50}$ value of 56.8 μM (donepezil, a positive control, IC$_{50}$ = 0.3 μM). In order to get an insight of the different anti-AChE activities between 48 and a structurally related analog, aspergillusidone G (49), IC$_{50}$ > 102.4 μM), molecular docking studies were performed. Docking results showed that the docked pose of 48 with AChE has a negative CDOCKER energy of 7.86 kcal/mol and a negative CDOCKER interaction energy of 46.07 kcal/mol. Compound 48 also formed two hydrogen bonds between its 4-OH and Trp-84 (4.7 Å) as well as between its 10-COOH and Tyr-121 (6.5 Å). Moreover, electrostatic (Tyr-121, Trp-84, etc.) and van der Waals (Tyr-334, Phe-331, Phe-330, Ser-122, etc.) interactions also exist between 48 and AChE. All these interactions are known to be formed between potent AChE inhibitors and the enzyme active site. On the contrary, the docked pose of 49 with AChE has a negative CDOCKER energy of 10.02 kcal/mol and a negative CDOCKER interaction energy of 44.43 kcal/mol. Compound 49 mainly formed one hydrogen bond with AChE, i.e., between 4-OH and Tyr-70 (bond length 5.1 Å). However, electrostatic (Tyr-121, Ser-122, Trp-84, etc.) and van der Waals (Trp-84, Tyr-334, Phe-331, Phe-330, etc.) interactions exist between 49 and AChE [42]. The extracts of a culture broth and mycelia of a marine sponge-associate fungus Talaromyces sp. strain LF458, isolated from tissues of a marine sponge Axinella verrucosa, which was collected at Punta di Fetovaia, Isle of Elba (Mediterranean Sea) Italy, furnished, among other compounds, the anti-AChE metabolites viz. oxaphenalene dimer, talaromycesone A (50), a penicillide derivative, AS-186c (51), and an isopentenyl xanthone, talaroxanthene (52) (Figure 4). Compound 52 showed the highest inhibitory activity toward AChE with IC$_{50}$ value of 1.61 μM, followed by 51 with IC$_{50}$ value of 2.63 μM, and 50 with IC$_{50}$ value of 7.49 μM. The positive control, huperzine A, showed IC$_{50}$ = 11.6 μM [43]. The methanol extract of a fermentation broth of a deep sea-derived fungus Ochroconis sp. FS449, isolated from a sediment collected from the Indian Ocean, yielded highly oxygenated usnic acid derivatives, ochuscins A–G (53–59) (Figure 4). Compounds 53–59 were evaluated for their
anti-AChE activity by Ellman’s method, however, 54–56 and 59 exhibited moderate anti-
AChE activity, with IC\(_{50}\) values ranging from 50 to 75 \(\mu\)M (a positive control neostigmine 
displayed IC\(_{50}\) value of 0.99 \(\mu\)M) whereas 53, 57, and 58 were inactive (IC\(_{50}\) > 200 \(\mu\)M) [44].

A dimeric polybrominated benzoferan, lantheran A (60) (Figure 5), isolated from a 
marine sponge lanthella sp., which was collected from the Great Barrier Reef, Australia, 
inhibited the AChE activity with an IC\(_{50}\) value of 0.42 \(\mu\)M [45].

The aqueous methanol extract and organic solvent fractions of a brown alga 
Ecklonia maxima (Osbeck), collected on the West coast of South Africa, were investigated for 
their AChE inhibitory activity by Ellman’s method. The EtOAc fraction exhibited the most 
promising anti-AChE activity with IC\(_{50}\) value of 62.61 \(\mu\)g/mL. Purification of the EtOAc fraction by Sephadex LH-20 column, using mixtures of CHCl\(_3\)/methanol, resulted in the 
isolation of phloroglucinol (61), together with two of its derivatives dibenzoo[1,4]dioxine-
2,4,7,9-tetral (62) and eckol (63) (Figure 5). Compounds 62 and 63 exhibited anti-AChE 
inhibitory activity with IC\(_{50}\) values of 84.48 and 76.70 \(\mu\)M, respectively (IC\(_{50}\) of a positive 
control, galantamine = 1.8 \(\mu\)M) [46]. Moreover, 6,6′-biekcol (64) (Figure 5), isolated form a 
red alga Grateloupia elliptica, which was collected offshore of Jeju island, Korea, showed 
moderate inhibitory activity toward AChE and BuChE compared to donepezil; however, 
its anti-BuChE activity (IC\(_{50}\) = 27.4 \(\mu\)M) was more potent than its anti-AChE activity 
(IC\(_{50}\) = 44.5 \(\mu\)M) [47].

Paudel et al. have evaluated the anti-AD activity of the methanol extract and the 
isolated compounds, including 2,3,6-tribromo-4,5-dihydroxybenzyl alcohol (65), 2,3,6-
tribromo-4,5-dihydroxybenzyl methyl ether (66), and bis-(2,3,6-tribromo-4,5-
dihydroxybenzyl) ether (67) (Figure 5) of the red alga Symphyocladia latiuscula (Har-
voy) Yamada, which was collected in Korean water, by using a Multiple Enzyme Targets 
approach. Compounds 65–67 inhibited both AChE and BuChE activities, being 67 the 
most potent inhibitor (IC\(_{50}\) values of 2.66 \(\mu\)M for AChE and 4.03 \(\mu\)M for BuChE), 
followed by 65 (IC\(_{50}\) values of 7.31 for AChE and 8.95 \(\mu\)M for BuChE) and 66 (IC\(_{50}\) values of 
9.61 \(\mu\)M for AChE and 14.41 \(\mu\)M for BuChE) (the positive control, berberine, showed IC\(_{50}\) = 1.17 \(\mu\)M 
for AChE and 26.15 \(\mu\)M for BuChE). Kinetic study showed that 65–66 were 
mixed-type inhibitors of AChE and competitive inhibitors of BuChE, with \(K_i\) values of 
0.58, 0.71, and 0.64 \(\mu\)M for AChE inhibition, and 1.15, 0.51, and 0.37 \(\mu\)M for BuChE 
inhibition, respectively. A docking study, using tacrine and donepezil as models, elucidates the 
binding mode of 65–67 in the active gorge of the Tetronance californica AChE enzyme (1acj).

Docking data showed that 65–67 were involved in the interaction with His-440 of CAS, in 
particular, 65 and 67 showed the hydrogen bond interaction with His-440 whereas 66 in-
teracted with His-440 through the Br-O bond. Moreover, 65–67 also bound to PAS through 
interactions involving Tyr-334, Asp-72, Trp-84, and Tyr-121. In addition, 67 displayed 
more interactions with respect to the number of bromine atoms when compared to 65 and 
66. Thus, 65–67 showed mixed-type inhibition mode, binding to both CAS and PAS of
AChE, with binding energies \(-7.47\), \(-7.37\), and \(-10.9\) kcal/mol, respectively. In relation to BuChE, docking study showed catalytic inhibition of BuChE with low binding energies \((-6.17, -6.44, \text{and} -9.80\) kcal/mol, respectively). Compound 65 was involved in hydrogen bond interaction with Pro-285 and halogen bond interactions with His-438 (\(\pi-\pi\) T-shaped), Trp-231, Leu-286, Phe-329, and Gly-116. On the contrary, 66 displayed four hydrogen bond interactions with His-438, Ser-198, and Pro-285 (two hydrogen bonds), together with nonpolar interactions with Trp-231, Ala-199, Val-288, Leu-286, and Phe-329. On the other hand, 67, which had the lowest binding energy among the three compounds and the reference compound, displayed multiple bond interactions with His-438 (two hydrogen bonds and one nonpolar interaction) and Trp-82 (three hydrogen bonds and one nonpolar interaction). Moreover, 67 also showed nonpolar interactions with Ala-328, Trp-430, Phe-329, and Gly-116. Taking together, 65–67 displayed competitive mode of BuChE inhibition through interactions with residues of CAS [48].

![Figure 5. Chemical structures of 60–67.](image)

2.3. Terpenoids

2.3.1. Sesquiterpenes

Li et al. isolated a polychiral bisabolane sesquiterpene, bisabolanoic acid A (68) (Figure 6), from a culture of a mangrove-associated fungus *Colletotrichum* sp. SCSIO KcB3-2, obtained from a mangrove plant *K. candel*, collected in Guangdong Province, China. Compound 68 showed a moderate inhibition of AChE activity with IC\(_{50}\) value of 2.2 \(\mu\)M (IC\(_{50}\) value of a positive control, huperzine A, is 0.30 \(\mu\)M). A docking study, using several crystal structures of AChE, showed that 68 was able to bind to the active pocket of different crystal structures of AChE, with Tyr-121 as the center of the binding site of AChE. Using the crystal structure 5EI5 of AChE, it was shown that the hydroxyl groups at C-7 and C-11 formed hydrogen bond interactions with the active site residue Tyr-121 and Serl-22 of AChE while the carboxylic acid group also interacted with Arg-289 and Phe-288 by hydrogen bond. Consequently, it was deduced that OH-7, OH-11, and COOH-15 of 68 could play a key role for the inhibitory activity [49].

Onchidial (69) (Figure 6), a sesquiterpene containing an \(\alpha/\beta\)-unsaturated aldehyde and an acetate group, was isolated from the mucous secretion of the mollusk *Onchidella binneyi*. Compound 69 inhibited AChE in a progressive and apparently irreversible manner. The apparent affinity of 69 for the initial reversible binding to AChE (\(K_d\)) was approximately 300 \(\mu\)M [50]. Stoddard et al., in their docking study of 69, have found that 69 interacts with the esteratic site of AChE, which is consistent with Abramson’s work [50]. In the three poses generated for 69, the cyclohexane ring is positioned in the bottleneck between the surface of AChE and the active site residues. In two of the three poses, the acetate ester is in the oxyanion hole. The lowest energy pose for 69 was generated from the 1DX6 receptor and places the acetate ester in the oxyanion hole, the aldehyde in the acyl pocket and the cyclohexane ring of 69 in the bottleneck created by Phe-330 and Tyr-121. The major interactions were potential hydrogen bond interactions with Gly-118 and Gly-119 of the oxyanion hole, hydrophobic contacts with the bottleneck and a possible hydrogen bond with His-440 of the catalytic triad. The irreversible inhibition of AChE by 69 makes it unsuitable for a direct use as an AChE inhibitor for human diseases since permanent
inhibition of AChE leads to potentially deadly cholinergic toxicity. However, 69 could have a potential application in insecticides or pesticides. The interaction of 69 with the oxyanion hole is a new mechanistic area for incorporation into rational drug design of novel inhibitors [51].

With the aid of chemogenomics techniques, five halogenated sesquiterpenes viz. (−)-elatol (70), (+)-elatol (71), (−)-obtusol (72), (−)-dendroidol (73), and (−)-cartilagineol (74) (Figure 6), isolated from different populations of a red alga Laurencia dendroides, collected off the coast of Brazil, were evaluated for their AChE inhibitory activity. Compounds 71 and 72 did not exhibit significant activities whereas 70, 73, and 74 were able to inhibit the enzyme with percent inhibition of 78.5%, 72.9%, and 61.3% respectively. Kinetic study of 70 confirmed its noncompetitive type of inhibition with Ki value of 255.9 μM. Molecular docking of 70 showed its interactions with important specific residues of the enzyme gorge involved in the activity of drugs used for treatment of AD. In particular, interactions between bromine and chlorine atoms with the center of the benzene rings of Tryp-86 and Tryp-286 may be contributing to the observed activity [52].

2.3.2. Diterpenes

Anti-AChE activity-guided fractionation of the crude extract of a coral Pseudoplexaura porosa led to the isolation of 14-acetoxycrassine (75) (Figure 6). Anti-AChE activity assay by Ellman’s method of 75 and asperdiol (76) (Figure 6), a cembrane diterpene previously isolated from the sea whip Eunicea knighti, collected from the Colombian Caribbean [53] showed that both compounds exhibited a dose-dependent inhibition of AChE with IC50 values of 1.40 μM and 0.358 μM, respectively, which are less active than the positive control, galantamine (IC50 = 0.118 μM) [54].

Syad et al., in a continuation of their work on a red alga Gelidiella acerosa [55], have used a bioassay-guided fractionation of the benzene extract by column chromatography. The fractions showing anti-AChE and anti-BuChE activities were pooled and analyzed for its chemical constituents by LC-MS. Among several compounds detected, phytol (77) (Figure 6) was found to be a major component. Since 77 has been reported to have bioprotective potential, a pure phytol (77) was assayed for its anti-AChE and anti-BuChE activities. Compound 77 inhibited AChE and BuChE activities with IC50 values of 95.27 and 2.07 μg/mL, respectively. The molecular docking study showed that 77, like the control ligands (rivastigmine, donepezil, galantamine) binds to Arg-277 at the active site of AChE [56].

2.3.3. Sterols

The ETOAc extract of the culture of an endophytic fungus Aspergillus flavus, isolated from the inner tissue of a marine red alga Corallina officinalis, which was collected off the coast of Yantai, China, furnished 3β,4α-dihydroxy-26-methoxyergosta-7,24(28)-dien-6-one (78), episterol (79), (22E,24R)-ergosta-7,22-dien-3β,5α,6α-triol (80), (22E,24R)-ergosta-5,22-dien-3β-ol (81), and (22E,24R)-ergosta-4,6,8(14),22-tetraen-3-one (82) (Figure 6). Compound 78 was tested for AChE inhibitory activity, however, it showed only 5.5% inhibition at concentration of 100 μg/mL [57].

The petroleum ether fraction of the crude aqueous ethanol extract of a marine sponge Xestospongia testudinaria, collected from the coast of Sanya (South China Sea), Hainan province of China, furnished, among other compounds, cholesterol, 24-hydroperoxy-24-vinylcholesterol (83), saringosteryl (84), 24-methylcholest-5-ene-3β,25-diol (85), and 29-hydroperoxyxystigmasta-5,24(28)-dien-3β-ol (86) (Figure 6). Compounds 83–86 were assayed for their AChE inhibitory activity by Ellman’s method, however, only 83 and 86 exhibited moderate anti-AChE activity with IC50 values of 11.45 and 14.51 μM, respectively (IC50 value of taramine, a positive control, is 0.41 μM) whereas 84 and 85 did not show inhibition at concentrations up to 50 μM [58].

Castro-Silva et al. evaluated the in vitro and in silico AChE inhibitory activity of fucosterol (87) (Figure 6), isolated from the extract of a sea weed Sargassum horridum. Compared
with the positive control, neostigmine, kinetic study showed that 87 is a noncompetitive hAChE inhibitor and has higher affinity than neostigmine for hAChE. Molecular docking results showed that both 87 and neostigmine are coupled to the AChE binding site, sharing a similar map of contacts. Most of the residues that stabilize the two complexes are hydrophobic residues with free energy values in picomolar and nanomolar range for 87 (−10.68 kcal/mol) and neostigmine (−7.02 kcal/mol), respectively, suggesting that 87 not only has a higher affinity for AChE than neostigmine, but also acts as a noncompetitive hAChE inhibitor, which is different from a stabilization of galantamine (competitive hAChE inhibitor) [59].

2.3.4. Tetraterpenes

Fucoxanthin (88) (Figure 7) is a natural carotenoid which is abundant in edible brown seaweeds and possesses a myriad of biological activities [60]. Lin et al. isolated 88 from S. horneri to evaluate its effects on cognitive impairment in vivo and its capacity to inhibit some key enzymes in vitro. Compound 88, at 100 and 200 mg/kg, and donepezil significantly reduced the scopolamine-induced increase of AChE activity in the hippocampus of ICR mice. In an in vitro AChE activity assay, 88 was shown to directly inhibit AChE activity with an IC₅₀ value of 81.2 µM. Moreover, kinetic study showed that 88 is a noncompetitive inhibitor of AChE, with Ki value of 42 µM for AChE. Molecular docking study reveals that 88 showed favorable interaction mainly with PAS of AChE by forming hydrogen bonds with Asp-283 and Ser-286 residues [61].

2.3.5. Meroterpenoids

Asperpenes D (89) and E (90) (Figure 7) were obtained from the EtOAc extract of a marine-derived fungus Aspergillus sp. SCS-KFD66, isolated from a bivalve mollusk Sanguinolaria chinensis, which was collected from Haikou Bay, China. Compound 90, at a concentration of 50 µg/mL, exhibited weak inhibitory activity against AChE, with an inhibition rate of 19.5% (the positive control, tacrine has an IC₅₀ = 0.02 µM) [62]. Territrem B (91) (Figure 7), obtained from the extract of a liquid culture of a marine-derived fungus A. terreus BCC51799, isolated from a decayed wood sample from the Gulf of Thailand, exhibited anti-AChE activity with IC₅₀ = 0.071 µM (IC₅₀ of galantamine, a positive control = 0.097 µM) [63]. Nong et al. described the isolation of eight territrem derivatives and nine butyrolactone derivatives form the EtOAc extract of a solid culture of a marine-derived fungus A. terreus SCSGAF0162, isolated from a gorgonian coral Echinogorgia aurantiaca, which was collected in the South China Sea. The isolated compounds were assayed for their anti-AChE activity by Ellman’s method, however, only 91, territrem C (92), D (93), and E (94), arisugacin (95), and terreulactone C (96) (Figure 7) exhibited anti-AChE activity with IC₅₀ values of 4.2, 20.1, 4.2, 4.5, 11.9, and 50 nM, respectively (the positive control

![Figure 6. Chemical structures of sesquiterpenes (68–74), diterpenes (75–77), and sterols (78–87).](image-url)
huperzine A showed IC$_{50}$ = 39.3 nM) [64]. Ding et al. [65] evaluated anti-AChE activity of five α-pyrene meroterpenoids, 91, 96, 3-epiarigusagacin E (97), arisugacin B (98) and arisugacin D (99) (Figure 7), purified from the EtOAc extract of the culture of an endophytic fungus Penicillium sp. SKGWL, which was isolated form leaves of a mangrove tree K. candel. Compound 96 exhibited potent inhibitory activity with IC$_{50}$ = 0.028 µM, while 94 (IC$_{50}$ = 0.23 µM) and 98 (IC$_{50}$ = 3.03 µM) exhibited moderate inhibitory activity (IC$_{50}$ of the positive control, huperzine A = 0.036 µM). On the other hand, 97 (IC$_{50}$ = 38.23 µM) and 99 (IC$_{50}$ = 53.39 µM) showed weak activity [65].

Two plastoquinones, namely sargaquinic acid (100) and sargachromenol (101) The aqueous methanol extract and organic solvent fractions of a brown alga Ecklonia maxima (Osbeck), collected on the West coast of South Africa, were investigated for their AChE inhibitory activity by Ellman’s method. The EtOAc fraction exhibited the most promising anti-AChE activity with IC$_{50}$ value of 62.61 µg/mL. Purification of the EtOAc fraction by Sephadex LH-20 column, using mixtures of CHCl$_3$/methanol, resulted in the isolation of phloroglucinol (61), together with two of its derivatives dibenzo[1,4]dioxine-2,4,7,9-tetraol (62) and eckol (63) (Figure 5). Compounds 62 and 63 exhibited anti-AChE inhibitory activity with IC$_{50}$ values of 84.48 and 76.70 µM, respectively (IC$_{50}$ of a positive control, galantamine = 1.8 µM) [46]. Moreover, 6,6'-bieckol (64) (Figure 5), isolated from a red alga Grateloupia elliptica, which was collected offshore of Jeju island, Korea, showed moderate inhibitory activity toward AChE and BuChE compared to donepezil; however, its anti-BuChE activity (IC$_{50}$ = 27.4 µM) was more potent than its anti-AChE activity (IC$_{50}$ = 44.5 µM) [47]. (Figure 7), were isolated from the methanol extract of a brown alga Sargassum sagamianum, collected from Korean waters. Compounds 100 and 101 exhibited moderate anti-AChE activity with IC$_{50}$ values of 23.2 and 32.7 µg/mL, respectively (IC$_{50}$ values of the positive controls, tacrine and donepezil are 0.05 and 0.002 µg/mL, respectively). Compounds 100 and 101 also showed anti-BuChE activity, with IC$_{50}$ values of 0.026 and 7.3 µg/mL, respectively (IC$_{50}$ value of tacrine is 0.002 µg/mL). Interestingly, 100 showed particularly potent BuChE inhibitory activity which is 1000-fold greater than that of AChE [66]. Seong et al. have also isolated 100, 101, and sargahydroquinic acid (102) (Figure 7) from the hexane fraction of S. serratifolium, collected along the coast of Busan, South Korea. Compounds 100–102 showed moderate AChE inhibitory activity with IC$_{50}$ values of 69.3, 97.3, and 124.3 µM, respectively (IC$_{50}$ of berberine, a positive control = 1.6 µM), but more potent inhibitory activity against BuChE, with IC$_{50}$ values of 10.5, 9.4, and 15.2 µM, respectively (IC$_{50}$ of berberine, a positive control = 9.4 µM) [67].

Figure 7. Chemical structures of a tetraterpene (88) and meroterpenoids (89–102).
2.4. Marine Fatty Acids

The (8E,12Z)-10,11-dihydroxyoctadeca-8,12-dienoic acid (103) (Figure 8), isolated from the EtOAc extract of the endophytic fungus *A. flavus*. exhibited a weak AChE inhibitory activity, with inhibition rate of 10.3% at a concentration of 100 µg/mL [57].

The petroleum ether fraction of the crude extract of a marine sponge *Xestospongia testudinaria* furnished unsaturated fatty acids and their esters viz. xestospongic acid (104), its methyl ester (105), and 18-bromooctadeca-(9E,17E)-diene-5,7,15-triyenoic acid (106) (Figure 8). Compound 104 displayed weak anti-AChE activity (IC$_{50}$ = 12.65 µM) while 105 and 106 did not inhibit AChE activity at concentration as high as 50 µM [58].

Yang et al. examined the anti-AChE potency of a functional oil extracted from an edible brown seaweed *Hizikia fusiforme* and its fatty acid components. The functional oil showed an anti-AChE activity with IC$_{50}$ value of 1 mg/mL. GC-MS analysis of the functional oil revealed the presence of oleic acid (107), palmitic acid (108), myristic acid (109), arachidonic acid (110), 11,14,17-eicosatrienoic acid (111) (Figure 8), and phytol (77). Anti-AChE activity assay of commercial pure samples of these compounds revealed that the anti-AChE activity of the original oil mainly originated from 110 (IC$_{50}$ = 0.78 mg/mL) and 111 (IC$_{50}$ = 0.50 mg/mL). Kinetic study showed that both 110 and 111 displayed a noncompetitive inhibition mode with Ki values of 5.70 and 0.84 mM/mL, respectively. A docking study showed that 110 combined with the active pocket of AChE and the docked pose of 110 and AChE showed a low CDOCKER interaction energy (−26.33 kcal/mol) and the carbonyl group of 110 forms two hydrogen bonds with Arg-220 and Arg-221. On the other hand, 111 combined to a site with the α-helical motif quite far from the active pocket. However, its docked pose showed even lower CDOCKER interaction energy (−50.36 kcal/mol) when compared to 110, thus explaining its stronger anti-AChE activity [68].

2.5. Peptides

A cyclopentapeptide, cyclo-(L-Phe-L-Leu-L-Val-L-Leu-L-Leu) (112) (Figure 8) was obtained from a crude ethanol extract of the culture of a marine-derived fungus *Biscogniauxia mediterranea* strain LF657, isolated from a sediment collected in Eastern Mediterranean Sea. Compound 112 exhibited anti-AChE activity with a minimal inhibition concentration (MIC) of 5.87 µM. Huperzine A, the positive control, displayed IC$_{50}$ value of 0.012 µM [69].

2.6. Miscellaneous Compounds

Among four brominated aliphatic hydrocarbons, isolated from a crude extract of a marine sponge *X. testudinaria*, mutafuran H (113) (Figure 8) showed significant in vitro inhibition of AChE enzyme with IC$_{50}$ = 0.64 mM [58].

A glycoprotein with a molecular weight of approximately 10 kDa, consisting of carbohydrate (42.53%) and protein components (57.47%), was isolated from an edible brown macroalgae *Undaria pinnatifida* Harvey, purchased from the market in Korea [70]. This glycoprotein inhibited AChE and BuChE activities with IC$_{50}$ values of 63.56 and 99.03 µM, respectively [71].
nia. Compounds from a sediment sample collected from the La Jolla Submarine Canyon in La Jolla California. Compounds 112 exhibited anti-AChE activity with a minimal inhibition concentration (MIC) of 5.87 μM, which was collected in Southern Australia. Compounds 114–116 showed weak inhibition of BACE-1 at 51%, 42%, and 60% at a concentration of 100 μM, respectively (IC50 of isoliquiritigenin, a positive control = 51.5 μM). Moreover, 116 exhibited a mild, but dose-dependent, inhibition on the release of Aβ40 and Aβ42 as their levels were reduced up to 41% and 49% of the control by 116, at 1 mM, respectively, while isoliquiritigenin, at 51.5 μM, decreased their level to 48% and 50% of the control [73].

3-{(2,4-Dimethoxy)benzylidene}-anabaseine (DMXBA; GTS-21; 117), a nicotinic acid-derived alkaloid, isolated from the mucus secretions of a marine ribbon warms Amphiporus sp., showed an agonist activity on alpha7 nicotinic acetylcholine receptors (α7-nAChRs) [74]. Takata et al. have examined an in vitro and in vivo γ-secretase activity using human neuroblastoma SH-SY5Y cells and APdE9 mice, respectively. In vitro results showed that pretreatment of SH-SY5Y cells with 117 (1–100 μM) significantly suppressed γ-secretase activity in cell fractions in a dose-dependent manner via downregulating presenilin 1, when compared with (3,5-difluorophenylacetyl)-Ala-Phg-Obut (DAPT, a γ-secretase inhibitor) that directly and reversibly inhibited γ-secretase activity. On the other hand, 117 attenuated in vivo Aβ aggregation via suppression of γ-secretase activity (treatment of APdE9 mice with 1 or 5 mg/kg DMXBA) [75].

Ianthellidone F (118), a pyrrolidine alkaloid, and lamellarins O (119), O1 (120), and O2 (121) (Figure 9), were isolated from the extract of a marine sponge Ianthella sp. CMB-01245, which was collected in Southern Australia. Compounds 118, 119, and 121 moderately...
inhibited BACE-1 activity with an IC$_{50}$ value > 10 µM (40% inhibition at a concentration of 10 µM) whereas 120 showed a stronger activity (IC$_{50} < 10$ µM; 60% inhibition at a concentration of 10 µM). Although their levels of BACE-1 inhibition are modest, the ianthellidones and lamellarins can be considered as potential scaffolds for a development of BACE-1 inhibitor [76]. The same research group has further explored the extract of the same sponge and has isolated five dictyodendrins, i.e., dictyodendrins F (122), G (123), H (124), I (125), and J (126) (Figure 9), a rare class of marine alkaloids belonging to the lamellarin and ianthellidone structural classes. Compounds 122, 124–126 exhibited significant BACE-1 inhibitory activity, with IC$_{50}$ values ranging from 1 to 2 µM whereas 123 was inactive. Interestingly, 122–125 exhibited cytotoxicity against human colon cancer cell line SW620, being 123, the 10-OMe analog, the most cytotoxic. On the other hand, 126 that possesses a seco-carbon skeleton and an unusual 1,2-diketone functionality did not exhibit cytotoxicity, which is worth further investigation [77].

![Figure 9. Chemical structures of 114–126.](image-url)

Thirteen bromotoxins-derived alkaloids, including purpuramines G (127), M (128), N (129), araplysmins II (130), IV (131), VII (132), VIII (133), IX (134), X (135), and XI (136), hexadellin A (137), purpurealidin I (138), and aplysamine 4 (139) (Figure 10) were isolated form the methanol extract of an Indonesian marine sponge Aplysinella strongylata. Compounds 127, 128, 130, 132, 134–139 showed moderate BACE-1 inhibition with IC$_{50}$ values of 48.3, 42.0, 31.8, 39.6, 41.9, 31.4, 30.6, 41.7, 42.0, and 42.6 µM, respectively (IC$_{50}$ of β-secretase inhibitor IV = 0.021 µM) [78].

2-Amino-3,9-dimethyl-5-methylamino-3H-1,3,4,6-tetrazacyclopent[el]azulene (140), a pseudozoanthoxanthin from an unidentified Caribbean zoanthid, and the bromopyrrole alkaloid, stevensine (141) (Figure 10), recovered from a marine sponge A. verrucosa, which was collected in the Gulf of Naples, were found to inhibit the murine BACE-1 with IC$_{50}$ values of 0.9 and 1.4 µM, respectively. Molecular docking and MD studies showed that both 140 and 141 possibly bind to both “open” and “closed” states of hBACE-1 active site [30].
Compounds 64 (Figure 5), isolated from the alga G. elliptica, inhibited BACE-1 activity with 18.6% inhibition at a concentration of 1 μM (the standard reference, Z-Val-Leu-Leu-CHO, showed 75% inhibition at 1 μM) [47], while 66 and 67, isolated from the red alga S. latisscula (Harvey) Yamada, also exhibited significant inhibition of BACE-1 activity with IC50 values of 5.16, 4.79, and 2.32 μM, respectively. Interestingly, the BACE-1 inhibition potential of the three compounds was 5-10-fold higher than the reference drug, quercetin (IC50 = 25.21 μM). In order to better understand the inhibitory mechanism of BACE-1, the interactions of 65–67 with the BACE-1 structure were evaluated by molecular docking simulation. The results showed that 65 and 67 bound to the active allosteric site of BACE-1 with low energies (−6.59 and −5.98 kcal/mol, respectively). However, these interacting residues are not involved in the binding of 67 to the enzyme. The determining factors for competitive inhibition by 67 were the interactions with the catalytic Asp dyad (Asp-32–Asp-228), Ser-36, Ile-126, and Gly-230, which were not observed for 65 and 66 [48].

The chlorinated phenolic metabolites, saccharochlorines A (142) and B (143) (Figure 11), isolated from the saline culture of a marine-derived bacterium Saccharomonospora sp. KCTC-19160, exhibited weak inhibition of BACE-1 activity (42.4% and 32.0% inhibition, respectively) at a concentration of 50 μM (a positive control, isoliquiritigenin showed 56.7% inhibition at 50 μM). Moreover, treatment of both compounds did not cause any increase in levels of Aβ40 and Aβ42 in the SH-SY5Y neuroblastoma cells. On the contrary, both compounds caused an increase in Aβ40 and Aβ42 levels in a dose-dependent manner in H4-APP neuroglial cells, therefore exhibiting a stimulatory effect on the release of Aβ40 and Aβ42 in H4-APP cells. The authors suggested that the contradiction between the biochemical BACE-1 inhibitory assay and the cell-based BACE-1 inhibitory assay might be due to a difference in the efficiency of BACE-1 in cleaving APP, which depends on cellular models and subcellular environments. This was supported by the fact that isoliquiritigenin, a BACE-1 inhibitor, elevated Aβ secretion in H4-APP culture media and C-terminal fragment-β (CTF-β) concentration in the cells, respectively [79].

Williams’s group described the isolation of two pentacyclic diketones, named xestosaprols D (144) and E (145) (Figure 11), from the extract of a marine sponge Xestospongia sp., collected from the Indonesian waters. Compound 144 showed weak inhibition of BACE-1 activity with IC50 value of 30 μg/mL [80]. The same research group has further explored the chemistry of the marine sponge Xestospongia sp., collected at the coral reef from the Indonesian waters. The EtOAc-soluble fraction of its crude extract furnished eight xestosaprol analogs, named xestosaprols F–M (146–153) (Figure 11). Compounds 146–153 exhibited a moderate dose-dependent inhibition of BACE-1 with IC50 values ranging from 82 to 163 μM (IC50 of the positive control, the secretase inhibitor IV = 0.015 μM) [81].

Fucofuroeckol-b (154) (Figure 11), an eckol derivative, was obtained by bioassay-guided isolation from the EtOAc fraction of the crude ethanol extract of a brown alga.

Figure 10. Chemical structures of 127–141.
Eisenia bicyclis, collected from the coast of South Korea. Compound 154 showed a strong β-secretase inhibition with IC\textsubscript{50} value of 16.1 μM. Kinetic study revealed a noncompetitive inhibition pattern of 154 in the Dixon plot, with Ki value of 10.1. Compound 154 was also attenuated Aβ-induced cytotoxicity in SH-SY5Y cells, probably by inhibition of β-secretase-mediated downregulation of Aβ. Moreover, the western blot results indicated that treatment with 154 decreased soluble-APPβ (sAPPβ) and Aβ\textsubscript{42} expression in a dose-dependent manner in SH-SY5Y cells overexpressing APP695swe (SH-SY5Y-APP695swe cells) [82].

Figure 11. Chemical structures of 142–154.

3.3. Terpenoids
3.3.1. Sesquiterpenoids

Several sesquiterpenoid quinones, isolated from the extracts of a marine sponge Dactylospengia elegans, were assayed for their inhibition of BACE-1 activity. However, only ilimaquinone (155) and smenospongorine (156) (Figure 12) showed moderate inhibition of BACE-1 activity with IC\textsubscript{50} values of 65 and 78 μM, respectively (β-secretase inhibitor IV was used as a reference inhibitor) [83].

3.3.2. Diterpenoids

In the course of investigation of the effects of gracilin diterpenoids, isolated from a marine sponge Spongionella sp., for their capacity to intervene with processes involved in the pathology of AD, Leiros et al. have evaluated the in vitro capacity to inhibit the enzyme β-secretase of gracilins A (157), H (158), L (159), and tetrahydroaplysulphurin-1 (160) (Figure 12) by using a Free Resonance Energy Transfer (FRET) assay kit. The results showed that only 159 at 1 mM was able to produce a significant inhibition of BACE-1, decreasing its activity by 24.6%. Although 157 and 160 also reduced BACE-1 activity at 1 mM, their inhibition was not in a significant manner. Treating retinoic acid differentiated neuroblastoma BE(2)-M17 cells with 157–160, at concentrations of 1 and 0.1 mM for 24 h, did not have any effect on Aβ\textsubscript{42} levels. In addition, the levels of Aβ\textsubscript{42}, hyperphosphorylated tau, and extracellular signal-regulated kinase (ERK) at Ser-202 and Thr-205 were reduced after treatments with gracilins in vitro [84].

3.3.3. Meroterpenoids

Sargaquinonic acid (100), sargachromenol (101), and sargahydroquinic acid (102) (Figure 7) also showed inhibition of BACE-1 activity with IC\textsubscript{50} values of 4.4, 7.0, and 12.1 μM, respectively (the positive controls, quercetin and STA-200 showed IC\textsubscript{50} values of 5.6 and 0.20 μM, respectively). Kinetic study showed a mixed-type inhibition of BACE-1 by 100 and 102 with Ki values of 4.0 and 1.6 mM, respectively, whereas 101 exhibited a noncompetitive inhibition with Ki value of 2.9 mM. Molecular docking study revealed that the three compounds not only formed a number of strong hydrogen bonds with several important amino acid residues located in the catalytic and allosteric sites of BACE-1, but also possessed a num-
ber of hydrophobic interactions with BACE-1, thus explaining their potency against this enzyme [67].

Lopez-Ogalla et al. used prenylated hydroxybenzoic acid (161) (Figure 12), isolated from a marine sponge Spongia officinalis, Ircinia spinulosa, I. muscarum, collected at different locations in the Mediterranean Sea, as a scaffold to design BACE-1 inhibitor. They have found that both natural and synthetic 161 inhibited Aβ1-40 production in a micromolar range. The percent inhibition of natural 161 was found to be 10% at 1 μM and 47% at 10 μM. Further studies on its mechanism of action showed that natural 161 also inhibited BACE-1 activity with a percent inhibition of 45% at 1 μM. Interestingly, the synthetic version showed slightly lower inhibitory activities for both Aβ formation and BACE-1 [85].

3.3.4. Steroids

FRET-based BACE-1 inhibitory activity-guided fractionation of the ethanol extract of Urechis unicinctus (Phylum Annelida), also known as innkeeper worm, which was purchased from the market in Korea, led to the isolation of, among other steroids, hecogenin (162), and cholest-4-en-3-one (163) (Figure 12). Both compounds inhibited BACE-1 activity with EC50 value of 116.3 and 390.6 μM, respectively. The positive control, curcumin, showed 88.03% inhibition at a concentration of 0.5 mg/mL [86].

3.3.5. Carotenoids

Compounds 87 (isolated from a seaweed E. stolonifera) and 88 (isolated from the brown algae Undaria pinnatifida and E. bicyclus) (Figure 6) were found to exhibit an in vitro BACE-1 inhibitory activity with IC50 values of 64.12 and 5.31 μM, respectively (IC50 of quercetin, a positive control = 10.19 μM). Kinetic study showed that 88 exhibited a mixed-type inhibition with Ki = 7.19 μM, whereas 87 showed a noncompetitive inhibition with Ki = 64.59 μM. Molecular docking study predicted that ligand interactions of 88 in the active site of BACE-1 consisted of two hydrogen bonds interaction between Gly-11 and Ala-127 residues of the enzyme. Moreover, two hydroxyl groups of 88 and eight residues viz. Thr-231, Tyr-198, Thr-232, Tyr-71, Ile-110, Ile-118, Leu-30, and Ile-126 of the enzyme participated in hydrophobic interactions with the methyl group of 88. On the other hand, ligand interactions of 87 in the active site of BACE-1 consisted of one hydrogen bond interaction between Lys-224 of BACE-1 and one hydroxyl group of 87, while seven residues, i.e., Ile-118, Tyr-71, Ile-226, Thr-231, Val-332, Phe-108, and Val-69 of the enzyme participated in hydrophobic interactions with the methyl group of 87. Interestingly, the ligand interactions of quercetin in the active site of BACE-1 consisted of six hydrogen bonds interaction between Val-69, Trp-76, Ser-35, Asn-37, Ser-36, and Ile-126 residues of the enzyme and four hydroxyl groups and one oxygenated carbon of quercetin, whereas the residues Tyr-71 and Phe-108 of the enzyme participated in hydrophobic interactions with the methyl group of quercetin. Additionally, the binding energies of 87 and 88 are −10.2 and −7.0 kcal/mol, respectively, indicating that additional hydrogen bond might stabilize the open form of the enzyme and potentiate tighter binding to the active site of BACE-1, resulting in more effective BACE-1 inhibition [87].

Figure 12. Chemical structures of sesquiterpenes (155 and 156), diterpenes (157–160), meroterpene (161), and sterols (162 and 163).
3.4. Peptides

Tasiamide B (164) (Figure 13), a linear depsipeptide containing eight amino acid residues, was isolated from a marine cyanobacterium Symploca sp. [88]. Liu et al. [89] noticed that the presence of a statin-like unit (4-amino-3-hydroxy-5-phenylpentanoic acid, AHPPA) in the structure of 164 might have an affinity to the active site of BACE-1. Compound 164 and modified peptides with a central statin-core unit, which are characteristic of aspartic protease inhibitors, were synthesized and evaluated for BACE-1 inhibitory activity. The synthetic 164 exhibited inhibition of BACE-1 with IC\(_{50}\) = 353 nM (IC\(_{50}\) of the positive control, β-secretase inhibitor IV = 250 nM). By measuring secreted amounts of Aβ peptides formed upon sequential action of β- and γ-secretases in CHO 2B7 cells (clonal expression of APP695 wt), it was found that the activity of 164 was in a micromolar range, and thus exhibiting potency approximately 10–100-fold lower than in the enzymatic BACE-1 assay [89]. Tasiamide F (165) (Figure 13), an analog of 164, was isolated together with 164 from the EtOAc fraction of the crude extract of a marine cyanobacterium Lyngbya sp., collected from patch reefs in Cocos Lagoon, Guam. Compound 165 inhibited BACE-1 activity (IC\(_{50}\) = 690 nM), which is approximately 8-fold less potent than 164 (IC\(_{50}\) = 80 nM) [90].

Lee et al. isolated β-secretase inhibitory peptide, with IC\(_{50}\) = 24.26 µM, from an enzymatic hydrolysate by neurame enzyme of a skate (Raja kenojei) skin, obtained from a local skate processing plant in Korea. The amino acid sequence of this peptide was identified by MS/MS as Gln-Gly-Thr-Arg-Pro-Leu-Arg-Gly-Pro-Glu-Phe-Leu (166) (Figure 13), with a molecular weight of 1391 Da [91]. In another study, Lee et al. have used various enzymes to hydrolyze the muscle of sea hare (Aplysia kurodai) and have found that the trypsin hydrolysate had the highest β-secretase inhibitory activity compared to other hydrolysates. Purification of the hydrolysate by Sephadex G-25 column chromatography and HPLC using a C18 column, followed by amino acid sequence analysis by MS/MS revealed the structure of the active peptide as Ala-Ala-Leu-Met-Leu-Phe-Asn (167) (Figure 13). The peptide 167 exhibited IC\(_{50}\) = 74.25 µM, and acts as a competitive inhibitor against β-secretase [92]. A peptide with amino acid sequence Ser-Leu-Ala-Phe-Val-Asp-Asp-Val-Leu-Asn (168) (Figure 13), purified from a protein hydrolysate of Pacific hake (Merluccius productus) by Sephadex G-25 column chromatography and ODS-C18 reversed-phase HPLC, exhibited potent β-secretase inhibitory activity (IC\(_{50}\) = 18.65 µM) in SH-SY5Y cells stably transfected with the human “Swedish” amyloid precursor protein (APP) mutation APP695 (SH-SY5YAPP695swe) [93].

Among the hydrolysates obtained from hydrolysis of blackfin flounder (Glyptocephalus stelleri) muscle protein with various commercial proteases, the Alcalase hydrolysate exhibited the highest β-secretase inhibitory activity compared with other hydrolysates. Purification of this hydrolysate by Sephadex G-25 column chromatography and reversed-phase HPLC using an ODS column, followed by amino acid sequence analysis by electrospray ionization MS/MS led to the characterization of an inhibitor as a pentapeptide Leu-Thr-Gln-Asp-Trp (169) (Figure 13) with a molecular mass of 526.7 Da. This peptide showed an IC\(_{50}\) = 126.93 µM [94].

3.5. Polycyclic Ethers

Alonso et al. examined the effect of Gambierol (170), a polycyclic ether toxin produced by a dinoflagellate Gambierdiscus toxicus, and its synthetic heptacyclic (171) and tetracyclic (172) analogues (Figure 13) in an in vitro model of AD, obtained from triple transgenic (3xTg-AD) mice that express Aβ accumulation and tau hyperphosphorylation. They have found that 170–172 decreased both intra- and extracellular Aβ levels and tau hyperphosphorylation via modulation of N-methyl-D-aspartate (NMDA) receptors that is possibly secondary to voltage-gated potassium (K\(_V\)) channel inhibition in an in vitro mouse model of AD [95]. Furthermore, both 170 and 172 displayed a dose-dependent inhibition of BACE-1 activity, falling to 52.25% with 170 and to 58.04% with 172, at 10 µM [96].
4.1. Alkaloids

Overexpression of BACE-1 is a key factor for an increase of Aβ peptides generation as well as BACE-1-cleaved APP fragments. In addition, it results in an imbalance between Aβ production and clearance, leading to aggregate formation. Since the effect of Aβ aggregation is neurotoxic and, consequently, related to neuroinflammation and neuronal dysfunction in AD patients, finding effective drugs that are capable of preventing Aβ aggregation is of great interest [97]. A number of marine-derived compounds, belonging to different chemical classes, have been shown to inhibit or decrease Aβ aggregation, by modulating Aβ aggregation and tau hyperphosphorylation. They reduced both intra- and extracellular Aβ accumulation and tau hyperphosphorylation. They also decreased both intra- and extracellular Aβ production and clearance, leading to aggregate formation. Since the effect of Aβ aggregation is neurotoxic and, consequently, related to neuroinflammation and neuronal dysfunction in AD patients, finding effective drugs that are capable of preventing Aβ aggregation is of great interest [97]. A number of marine-derived compounds, belonging to different chemical classes, have been shown to inhibit or decrease Aβ aggregation.

4. Marine-Derived Compounds That Inhibit Aβ Aggregation

Lodopyridone A (116) (Figure 9), isolated from a marine-derived actinomycete Saccharomonospora sp. CNQ-490, was found to reduce a production of Aβ40 and Aβ42 in SH-SY5Y cells up to 41% and 49% at 1 mM, when compared to a reference standard, isolicquiritigenin, which decreased the Aβ40 and Aβ42 levels to 48% and 50%, respectively, at 51.5 µM [73].

Liu et al. examined a neuroprotective effect of the bis-indole alkaloids, racemosins A (173) and B (174), and caulerpin (175) (Figure 14), obtained from the EtOAc fraction of the crude aqueous ethanol extract of a green alga Caulerpa racemose, which was collected from the Zhanjiang coastline in the East China Sea, by using Aβ25-35-induced neurotoxicity in SH-SY5Y cells assay-guided isolation. Compound 173 exhibited neuroprotection with 14.6% increase in cell viability at a concentration of 10 µM, whereas 174 and 175 showed weak to moderate neuroprotective activity with 5.5% and 8.1% increase in cell viability at a concentration of 10 µM, respectively. The positive control, epigallocatechin gallate (EGCG), showed 16.57% increase in cell viability at 10 µM [98].

Figure 13. Chemical structures of peptides (164–169) and polycyclic ethers (170–172).
fold of change to ±2.9. A positive control (produced by untreated cells) of ±9.4, whereas a pretreatment with 10 μM phenylglycine showed dose-dependent inhibitory effects on Aβ25–42. It was found that cells solely treated with 100 μM aftin-5 displayed a fold change (the amount of Aβ peptides produced by treated cells compared with the Aβ peptides produced by untreated cells) of ±9.4, whereas a pretreatment with 10 μM of 176 reduced the fold of change to ±2.9. A positive control N-[N-(3,5-difluorophenylacetyl)-L-alanyl]-[(S)-phenylglycine-t-butylester (DAPT), a known inhibitor of Aβ42 production, reduced the fold change to ±0.3 [99].

Phlorotannins, including 61, 63, dioxinodehydroeckol (177), dieckol (178), and phlorofucofuroeckol-A (179) (Figure 15), isolated form the EtOAc fraction of the ethanol crude extract of E. stolonifera, were evaluated for their capacity to inhibit Aβ25–35 self-aggregation by an in vitro ThT assay. Compound 179 exhibited the strongest inhibitory effect, with 80.00% inhibition, followed by 178, 177, and 63, with percent inhibitions of 66.98%, 66.07%, and 34.45%, respectively. However, 61 showed no inhibitory effect on Aβ25–35 self-aggregation even at a concentration of 50 μM. Moreover, 63, 177, 178, and 179 showed dose-dependent inhibitory effects on Aβ25–35 self-aggregation with IC50 values in the range of 6.18 to 34.36 μM, especially 177, 178, and 179 exhibited lower IC50 values (6.18, 7.93, and 8.31 μM, respectively) than the reference compound, curcumin (IC50 = 10.73 μM). Molecular docking and MD simulation analyses confirmed that these phlorotannins have a strong potential to interact with Aβ25–35 peptides and interrupt their self-assembly and conformational transformation, thereby inhibiting Aβ25–35 aggregation. Interestingly, the docking study revealed that bulky compounds of more than three repeating phloroglucinol units interacted evenly with most of Aβ25–35 residues. However, the phloroglucinol monomer is not expected to cause structural changes to Aβ25–35 because of its very small structure, although it did form hydrogen bonds with Gly-25, Asn-27, and Ile-32 residues of the peptide [100].

Figure 14. Chemical structures of 173–175.

4.2. Phenolics

Xanthocillin X dimethyl ether (176) (Figure 15) was obtained from the culture of a marine sponge-associated fungus Dictyotomomyces cepti, isolated from a sample of a marine sponge Callyspongia sp. cf. C. flanmea, which was collected at Bare Island, Sydney, Australia. Compound 176 was evaluated for its capacity to decrease a production of Aβ42 in N2a cells, stably transfected with human APP695 (N2a-APP695 cells) induced by aftin-5. It was found that cells solely treated with 100 μM aftin-5 displayed a fold change (the amount of Aβ peptides produced by treated cells compared with the Aβ peptides produced by untreated cells) of ±9.4, whereas a pretreatment with 10 μM of 176 reduced the fold of change to ±2.9. A positive control N-[N-(3,5-difluorophenylacetyl)-L-alanyl]-(S)-phenylglycine-t-butylester (DAPT), a known inhibitor of Aβ42 production, reduced the fold change to ±0.3 [99].

Phlorotannins, including 61, 63, dioxinodehydroeckol (177), dieckol (178), and phlorofucofuroeckol-A (179) (Figure 15), isolated form the EtOAc fraction of the ethanol crude extract of E. stolonifera, were evaluated for their capacity to inhibit Aβ25–35 self-aggregation by an in vitro ThT assay. Compound 179 exhibited the strongest inhibitory effect, with 80.00% inhibition, followed by 178, 177, and 63, with percent inhibitions of 66.98%, 66.07%, and 34.45%, respectively. However, 61 showed no inhibitory effect on Aβ25–35 self-aggregation even at a concentration of 50 μM. Moreover, 63, 177, 178, and 179 showed dose-dependent inhibitory effects on Aβ25–35 self-aggregation with IC50 values in the range of 6.18 to 34.36 μM, especially 177, 178, and 179 exhibited lower IC50 values (6.18, 7.93, and 8.31 μM, respectively) than the reference compound, curcumin (IC50 = 10.73 μM). Molecular docking and MD simulation analyses confirmed that these phlorotannins have a strong potential to interact with Aβ25–35 peptides and interrupt their self-assembly and conformational transformation, thereby inhibiting Aβ25–35 aggregation. Interestingly, the docking study revealed that bulky compounds of more than three repeating phloroglucinol units interacted evenly with most of Aβ25–35 residues. However, the phloroglucinol monomer is not expected to cause structural changes to Aβ25–35 because of its very small structure, although it did form hydrogen bonds with Gly-25, Asn-27, and Ile-32 residues of the peptide [100].

Figure 15. Chemical structures of 176–179.
4.3. Terpenoids
4.3.1. Meroterpenoids

An α-tocopherol derivative, α-tocospirone (180) (Figure 16), isolated from the EtOAc-soluble fraction of the crude aqueous ethanol extract of a green alga Caulerpa racemosa, collected from the Zhanjiang coastline in the East China Sea, displayed a significant effect against Aβ_{25–35}-induced cell damage in SH-SY5Y cells with 13.6% increase in cell viability at 10 μM [101].

Figure 16. Chemical structures of meroterpene (180) and sterols (181–183).

4.3.2. Steroids and Their Derivatives

16-O-Desmethylasporyergosteron-β-D-mannoside (181) (Figure 16), isolated from the EtOAc extract of a marine sponge-associated fungus Dichotomomyces cejpii, was found to reduce the Aβ_{1–42} production by N2a-APP695 cells induced by aftin-5 with the fold change to ±3.8, at 10 μM, whereas the positive control, DAPT, reduced the fold change to ±0.3, respectively [99]. (23E)-3β-Hydroxy-stigma-5,23-dien-28-one (182) and (22E)-3β-hydroxycholesta-5,22-dien-24-one (183) (Figure 16), isolated from the EtOAc-soluble fraction of the crude extract of a green alga Caulerpa racemosa, showed significant neuroprotective effects towards Aβ_{25–35}-induced SH-SY5Y cell damage with 11.3% and 16.0% increase in cell viability at a concentration of 10 μM, respectively [101].

4.3.3. Tetraterpenes

Compound 88 (Figure 7), extracted from a seaweed S. horneri, was found to inhibit Aβ_{1–42} fibrils formation by ThT assay. Interestingly, 88 exhibited a greater potency of inhibition of the formation of Aβ_{1–42} fibrils when compared with curcumin, an inhibitor of Aβ fibrils formation. Compound 88, at 0.1–1 μM, substantially reduced the formation of Aβ_{1–42} oligomers in a dot blotting assay. Moreover, small amounts of irregular aggregates were observed in the sample after coinfection of 88 and Aβ_{1–42}, suggesting that 88 largely altered the shape of Aβ_{1–42} assemblies. Moreover, the cell viability of SH-SY5Y cells decreased to ca. 50% by treatment with 1 μM of 88-modified Aβ_{1–42} oligomers, suggesting that 88-modified Aβ_{1–42} oligomers were less toxic than Aβ_{1–42} oligomers to SH-SY5Y cells. Analysis of direct interactions between 88 and Aβ_{1–42} peptide, based on the trajectories of all-atom MD simulations, reveals that nine molecules of 88 clustered with each other, bound to Aβ_{1–42} peptide, and formed stable aggregates, which could inhibit the conformational transition of Aβ_{1–42} and a subsequent aggregation. Moreover, analysis of the atomic contacts between molecules of 88 and Aβ_{1–42} monomers indicated that 88 directly bound to Aβ_{1–42} peptide mainly via hydrophobic interactions [102].

4.4. Fatty Acids

Since monocyte-derived perivascular macrophages efficiently phagocytose accumulations of Aβ which is involved in a clearance of Aβ plaques, Yuan et al. investigated the effects of DHA (1) (Figure 1) on monocytes. They have found that Aβ_{25–35} has a “hormesis” effect on human leukemia monocyctic (THP-1) cells viability and necrosis, i.e., a biphasic dose-response relationship (a low dose stimulation and a high dose inhibition). The results showed that pretreatment with 1 significantly inhibited the activation of THP-1 cells induced by Aβ_{25–35} in a concentration-dependent manner as well as inhibition of the anti-migratory effect caused by Aβ_{25–35} on THP-1 monocytes. Compound 1 also suppresses Aβ-induced-expression of pro-inflammatory cytokines expression, namely TNF-α, IL-1β,
and IL-6. Compound 1 can also prevent Aβ-induced necroptosis of THP-1 cells via the receptor interacting protein kinase-1 (RIPK1)/RIPK3 signaling pathway, indicating that treatment with 1 restored migration of THP-1 monocytes induced by Aβ25–35. This suggests that treatment with 1 could be promising for AD management [103].

4.5. Peptides

Li et al. isolated nine oligopeptides from a sea cucumber (Stichopus japonicas) hydrolysates, prepared by simulated gastrointestinal digestion (pepsin-pancreatin system) by gel permeation (Sephadex G-50) and ion exchange (DEAE-52 cellulose resins) column chromatography. The nine peptides were purified by reversed-phase ultra-high-performance chromatography (RP-UPLC) coupled to an ion trap MS, and whose sequences were identified as GMR (Gly-Met-Arg), DVE (Asp-Val-Glu), VFP (Val-Phe-Pro), LGFH (Leu-Gly-Phe-His) LGFH (Ile-Gly-Phe-His), FQF (Phe-Gln-Phe), LCK (Leu-Cys-Lys), ICK (Ile-Cys-Lys), and DWF (Asp-Trp-Phe). Molecular docking study indicated that IGFH, LGFH, DWF, and FQF showed promising CD38 inhibitory activity. These four peptides (0.1 and 0.5 mM) also exhibited significant anti-Aβ aggregation activity in a mCherry-Aβ (E22G) cells model, when compared to the model group [104].

4.6. Carbohydrates

Acidic oligosaccharide sugar chain (AOSC) is a marine-derived acidic oligosaccharide rich in mannuronic building blocks with the average molecular weight of 1300 Da. Pretreatment of SH-SY5Y cells in the presence of aged Aβ25–35 or 2 µM of aged Aβ1–40 with 50 and 100 µg/mL of AOSC, isolated from a brown alga Ecklonia kurome OKAM by enzymatic depolymerization for 24 h, was able to attenuate Aβ-induced inhibition of MTT reduction, and the maximal inhibitory effect of AOSC was observed at 100 µg/mL. AOSC reduced the inhibition of MTT reduction of primarily cultured cortical cells induced by aged Aβ25–35. Additionally, pretreatment with 50 and 100 µg/mL of AOSC for 24 h was found to suppress the Aβ25–35-induced apoptosis [105].

4.7. Miscellaneous

Homotaurine (3-amino-1-propanesulfonic acid) (6) (Figure 1) is a naturally occurring metabolite of various marine red algae [106,107]. Compound 6 has been considered as a potential treatment for AD as it binds to soluble Aβ and decreases Aβ42-induced cell death in neuronal cell culture [108].

5. Marine-Derived Compounds That Inhibit Protein Kinases

Inhibition of either protein kinase Cθ (PKCθ) or protein kinase Cδ (PKCδ) could effectively reduce Aβ levels and reverse AD phenotypes [109]. In addition, targeting the serine/threonine protein kinase, glycogen synthase kinase 3β (GSK-3β), is an important clue in several signaling pathways, such as cell proliferation, apoptosis, inflammation, and glycogen metabolism, which are involved in treatment of AD, Parkinson’s disease and type 2 diabetes mellitus [110]. The most significant approach that has been recently pursued is multitarget-directed ligands (MTDLs), including the GSK-3β enzyme. Indeed, protein kinases and phosphatases control tau phosphorylation, and any imbalance between them caused the tau phosphorylation and consequently aggregation [111]. Several classes of marine-derived compounds are found to be PKC inhibitors.

5.1. Alkaloids

Biscogniauxone (184) (Figure 17), an isopyrrolonaphthoquinone obtained from the methanol extract of the culture of a marine-derived fungus Biscogniauxia mediterranea strain LF657, isolated from a sediment collected in the Eastern Mediterranean Sea (2800 m depth), was found to inhibit GSK-3β, with an IC50 value of 8.04 µM. The positive control, 4-benzyl-2-methyl-1,2,4-thiadiazolidine-3,5-dione (TDZD-8) showed an IC50 value of 0.26 µM [69].
Plisson et al., in their screening program of a collection of approximately 2600 Southern Australian and Antarctic marine invertebrates and algae, for the ability to inhibit CK1δ, CDK5, and GSK-3β, combined with chemical (HPLC–DAD–MS) and spectroscopic (1H NMR) profiling of the extracts that inhibited these protein kinases, have identified an ascidian *Didemnum* sp. (CMB-02127), collected off the Northern Rottnest Shelf, Western Australia, as a high potential extract. This extract furnished several members of pyrrole-polyphenol alkaloids, including ningalins A–G (185–191) and lamellarins Z (192), G (193), and A6 (194) (Figure 17). Compounds 186–191, and to a lesser extent, 192–194, exhibited a range of kinase inhibitory activities. Compounds 186, 189, and 190 were modest inhibitors of casein kinase 1δ (CK1δ) and GSK-3β (IC$_{50}$ = 0.8–3.9 μM). Curiously, only 186 showed inhibition of CDK5 (IC$_{50}$ = 2.6 μM). On the contrary, 192–194 did not inhibit CK1δ but were modest inhibitors of CDK5 (IC$_{50}$ = 1.0–5.6 μM), with only 192 that inhibited GSK-3β (IC$_{50}$ = 3.0 μM). Molecular docking of 186–194 into the catalytic site of the previously reported co-crystal of kinase CDK5$_{D144N}$/p25 with aloisine predicted that the ningalins preferentially bind in the ATP binding site. All ligands are predicted to share common hydrogen bond interactions to the hinge region, i.e., Cys-83, Asp-84, and Gln-85, and to the Asn-144 terminal amide. The molecular model also predicted that the orthogonal aromatic rings of 186, 187, and 189 are involved in additional hydrophobic interactions. Compound 190 and 191 are predicted to specifically form hydrogen bonds with Glu-81 and Tyr-15. Compounds 192–194 are predicted for their preference to bind in the ATP binding pocket. However, the hydroxyl and steric methoxy groups were pointing in the opposite direction to the hinge region (Cys-83) and few hydrogen bonds were formed with the protein backbone [112].

Hymenialdisine (195) (Figure 18) was first isolated in 1982 from the marine sponges *Axinella verrucosa* and *Acanthella aurantiaca* [113]. Further investigation showed that 195 is a cyclin-dependent kinases inhibitor, especially toward GSK-3β and CK1 (IC$_{50}$ = 10 and 35 nM, respectively). Compound 195 also blocked the phosphorylation of tau protein at sites that are hyperphosphorylated by GSK-3β and CDK5/p35 in AD. Moreover, the inhibitory activity of 195 was examined against CDK1/cyclin B, CDK2/cyclin A, CDK2/cyclin E, CDK3/cyclin E, and CDK5/p35, in the presence of 15 μM ATP, presenting IC$_{50}$ values of 22, 70, 40, 100, and 28 nM, respectively. Meijer et al. have also found that the other hymenialdisine derivatives, including axinohydantoin (196), dibromocantharelline (197), and hymedin (198) (Figure 18) are able to inhibit the special kinases, i.e., CDK1/cyclin B, CDK5/p35, GSK-3β, and CK1, which were moderately sensitive to 196, with IC$_{50}$ values ranging from 3 to 7 μM. On the other hand, 197 and 198 selectively inhibited GSK-3β and CDK5/p35, with IC$_{50}$ values of 3 and 4 μM, respectively [114]. Plisson et al. have isolated several bromopyrrole alkaloids, including from the extract of a marine sponge *Callyspongia* sp. (CMB-01152) which displayed inhibitory activity against the neurodegenerative disease kinase targets: CK1, CDK5, and GSK-3β. However, the kinase inhibitory activity detected in the sponge extract was found to be due to 195, a

Figure 17. Chemical structures of 184–194.
major metabolite whose IC_{50} values against kinases were 0.03 μM for CK1δ, 0.16 μM for cyclin-dependent kinase (CDK5/p25), and 0.07 μM for GSK-3β [115]. Leucettamine B (199) (Figure 18) is a marine-derived imidazole alkaloid, first isolated from a sponge Leucetta microraphis Haechel, collected from Argulpele Reef in Palau at a depth of 30 m [116].

Debdabe et al. synthesized 199 and its derivatives (leucettines) and assayed them on eight purified kinases, including tyrosine phosphorylation regulated kinases (DYRK1A and DYRK2), cdc2-like kinases (CLK1 and CLK3), CDK5/p25, CK1, GSK-3β, and Pim1. Compound 199 inhibited DYRK1A, DYRK2, CLK1, and CLK3, with IC_{50} values of 2.8, 1.5, 0.40, and 6.4 μM, respectively, but did not show any inhibitory activity (IC_{50} > 10 μM) against CDK5/p25, CK1, GSK-3β and Pim1. Among 199 derivatives, leucettine L_{41} (200) (Figure 18) exhibited the highest inhibitory activities toward DYRK1A (IC_{50} = 0.040 μM), DYRK2 (IC_{50} = 0.35 μM), CLK1 (IC_{50} = 0.15 μM), CLK3 (IC_{50} = 4.5 μM), GSK-3β (IC_{50} = 0.41 μM), and Pim1 (IC_{50} = 4.1 μM) [117]. Furthermore, Tahtouh et al., in their study to compare the activity of 199 and 200 with harmine (a reference DYRK1A inhibitor) against a panel of 26 kinases to confirm the potential therapeutics of leucettines against neurodegenerative diseases such as AD, have found that 200 was a potential kinases inhibitor. Interestingly, 200 not only showed a neuroprotective potency on glutamate-induced HT22 cell death, but also reduced the APP-induced cell death in cultured rat brain slices [118].

Manzamine A (201), a β-carboline alkaloid first isolated from a marine sponge Haliclona sp. in 1986, is responsible for a myriad of bioactivities [119]. Hamman et al. isolated 201, along with its derivatives, 6-hydroxymanzamine A (202), 8-deoxymanzamine A (203), manzamine E (204), and manzamine F (205) (Figure 18), from an Indonesian marine sponge Acanthostrongylophora sp. Inhibition studies of 201 against a selected panel of five different kinases related to GSK-3β, specifically CDK1, protein kinase A (PKA), CDK-5, mitogen-activated protein kinase (MAPK), and GSK-3α, revealed that 201 inhibited specifically GSK-3β (IC_{50} = 10.2 μM) and CDK-5 (IC_{50} = 1.5 μM), the two kinases involved in tau hyperphosphorylation. Kinetic study suggested that 201 acts as a noncompetitive inhibitor of ATP binding because increasing ATP concentration does not interfere with the inhibition. Interestingly, when carboline and ircinal A, the precursors of 201, were tested for their potential GSK-3β inhibition, both moieties were inactive, indicating that the entire manzamine molecule is required for this activity. Moreover, treatment of the SH-SY5Y cell culture with 201, at different concentrations (5, 15, and 50 μM), resulted in a decrease in tau phosphorylation [120].

![Figure 18. Chemical structures 195–205.](image)

### 5.2. Phenolics

Aromatic butenolides, namely eutypoids B–E (206–209) (Figure 19) were isolated from the EtOAc extract of the culture of a marine-derived fungus Penicillium sp. KF620, isolated from the water sample of the North Sea. Compounds 206–209 showed moderate inhibitory activity against GSK-3β with IC_{50} values of 0.78, 0.67, 4.08, and 2.26 μM,
5.4. Naphthoquinones

more potent drug for the treatment of GSK-3 and confers glycine-rich loop. The authors proposed that this novel allosteric mechanism of action modulates the accessibility of ATP located at the δ-terminal lobe of the enzyme. Binding of inhibited not only CDK5/p25, with IC50 = 6 ± 10 M, respectively. Compound inhibited not only CDK5/p25, with IC50 values of 10, 3 and 10 μM, respectively, but also CK1δ and GSK-3β, with IC50 values < 10 μM [124].

A phlorotannin, eckmaxol (214) (Figure 19), obtained from the EtOAc fraction of a crude aqueous ethanol extract of a South African brown macroalga Ecklonia maxima showed an ability to produce anti-Aβ plaque neuroprotective effects in SH-SY5Y cells by preventing Aβ peptide-induced neuronal apoptosis, and an increase in ROS. Moreover, 214 significantly activated other mechanisms, including an increase in expression of phosphor-extracellular signal-regulated kinase along with a decrease in expression of phosphor-Ser9-GSK-3β. Molecular docking simulation of 214 indicated a good affinity in the ATP binding site of GSK-3β and MAPK, suggesting that 214 could be an excellent candidate for anti-AD agent [123]. A preliminary screening for neuroprotective properties of a Southern Australian brown alga Zonaria spiralis revealed a promising inhibitory activity towards BACE-1, CDK5, CK1δ, and GSK-3β. Bioactivity-guided purification led to the isolation of phloroglucinol-derived hemiketal lipids, namely spiralisones A (215), B (216), C and D, a degraded fucoxanthin metabolite (apo-9'-fucoxanthinone), together with 5,7-dihydroxy-2-tridecanyl chromone and 5,7-dihydroxy-2-(4Z-7Z-10Z-13Z-16Z-nonadecapentaenyl)-chromone (217) (Figure 19) from a dichloromethane-soluble fraction. Compounds 215–217 inhibited not only CDK5/p25, with IC50 values of 10, 3 and 10 μM, respectively, but also CK1δ and GSK-3β, with IC50 values < 10 μM [124].

Figure 19. Chemical structures of 206–217.

5.3. Terpenoids

Sesquiterpenes

Palinurin (218) (Figure 20) is a linear furanosesquiterpene, isolated from a Mediterranean sponge Ircinia dendroides. Both naturally occurring and synthetic version of 218 were found to dose-dependently inhibit GSK-3β in human neuroblastoma cells SH-SY5Y, with IC50 values of 2.6 mM and 1.9 mM, respectively. Kinetic study revealed its noncompetitive inhibition. Moreover, GSK-3β inhibition by 218 can be competed neither by ATP nor peptide substrate, therefore strongly suggesting that the binding site for 218 lays outside the binding pockets for both ATP and the substrate. A docking study and MD simulations suggested that 218 exerts its inhibitory activity through binding to an allosteric site located at the N-terminal lobe of the enzyme. Binding of 218 to this unconventional site modulates
the accessibility of ATP γ-phosphate by constraining the conformation of the glycine-rich loop. The authors proposed that this novel allosteric mechanism of action confers a high degree of selectivity towards GSK-3β with respect to other kinases, making it an interesting candidate molecule for the development of new selective and more potent drug for the treatment of GSK-3β-mediated diseases [125].

5.4. Naphthoquinones

Adociaquinone B (219) and secoadociaquinone B (220) (Figure 20), two naphthoquinone derivatives isolated from a crude extract of a marine sponge *Xestospongia sp.*, collected in North Sulawesi, Indonesia, were evaluated, together with helenquinol sulfate (221) and xestosaprol C methylacetal (222) (Figure 20), isolated from *X. testudinaria*, which was collected in South Pacific, for their inhibitory activity toward several protein kinases. Compounds 219 and 220 exhibited modest but selective inhibitory activities towards CDK9/cyclin T (IC₅₀ = 3 μM) and CDK5/p25 (IC₅₀ = 6 μM), respectively. Compound 221 showed significant activity against most protein kinases tested (CDK1, CDK2, CDK5, CDK9, CK1, CLK1, DYRK1A, and GSK-3β) with IC₅₀ values ranging from 0.5 to 7.5 μM, whereas 222 only showed marginal activity against DYRK1A [126].

5.5. Miscellaneous Marine Natural Products

The culture filtrate of a fermentation of a marine member of *Streptomyces griseus* 16S rRNA clade, strain NTK 935, which was isolated from a deep-sea sediment collected from the Canary Basin, furnished a 1,4-benzoxazine-type metabolite, named benzoxacystol (223) (Figure 20). Compound 223 showed an inhibitory activity against GSK-3β with IC₅₀ value of 1.35 μM [127].

Carteriosulfonic acids A–C (224–226), metabolites containing 4,6,7,9-tetrahydroxylated decanoic acid subunit that forms an amide linkage with taurine and further esterified at O-9 with long-chain hydroxy unsaturated fatty acids, were isolated from the methanol extract of a marine sponge *Carteriospongia sp.* (PSO-04-3-79), collected in San Miguel Island, Sorsogon, Philippines. Compounds 224–226 (Figure 20) inhibited GSK-3β activity with IC₅₀ values of 12.5, 6.8, and 6.8 μM, respectively. The impact of long-chain hydroxy unsaturated fatty acids against GSK-3β activity was investigated by desacyl-carteriosulfonic acid (227). Interestingly, no significant GSK-3β inhibitory activity was observed at concentrations up to 50 μM, indicating that the long-chain hydroxy unsaturated fatty acid component is necessary for GSK-3β inhibition [128].

![Figure 20. Chemical structures of 218–227.](image-url)

6. Marine-Derived Compounds with Miscellaneous Enzyme Inhibition

An anabaseine-like derivative, 3-[(2,4-dimethoxy]benzylidene]-anabaseine (GTS-21; 117), isolated from a nemertean (ribbon worm, *Amphiporus sp.*), has been reported to exhibit an agonist activity on α7 nicotinic acetylcholine receptors. In addition to suppression of the
γ-secretase activity in vitro and in vivo, 117 was found to not only promote microglial Aβ phagocytosis in APdE9 mice but also ameliorate cognitive impairment in a mouse model of AD [78].

In recent years, great effort has been made to unravel new enzymes and pathways, which are involved in AD. One group of these enzymes is glutaminyl cyclases (QCs), which belong to the class of acyl transferases. QCs could be associated with pathophysiological processes of various diseases including AD [129]. Evidences revealed that QCs are responsible for the formation of pGlu-modified Aβ peptides in AD, which are more neurotoxic, hydrophobic, and resistant to aminopeptidase degradation compared to unmodified Aβ peptides and, thus, accumulating in AD patients’ brains [130]. Therefore, inhibition of QCs may have therapeutic potential for treatment of disorders associated with protein aggregation and (neuro) inflammation and, therefore, might be considered as one of therapeutic approaches in treatment of AD [131]. In this context, Hielscher-Michael et al. evaluated the QCs inhibitory activity of the sulfolipids, 1,2-di-O-palmitoyl-3-O-(6′-deoxy-6′-sulfo-D-glycopyranosyl)-glycerol (228), 1-O-palmitoyl-2-O-linolenyl-3-O-(6′-deoxy-6′-sulfo-D-glycopyranosyl)-glycerol (229), and 1-O-linolenyl-2-O-palmitoyl-3-O-(6′-deoxy-6′-sulfo-D-glycopyranosyl)-glycerol (230), isolated from a microalga Scevedesmus sp. by using a new reverse metabolomics approach. Compounds 228–230 displayed QCs inhibition ranging from 76% to 81% at concentrations of 0.025 and 0.25 mg/mL, respectively [132].

It is important to mention also that during a protein glycation process, a kind of compounds, named advanced glycation end products (AGEs), are generated. Accumulation of AGEs is found in the brain of the aging and AD patients [133]. For this reason, the potency of a seaweed Fucus vesiculosus fractions and its purified phlorotannins were investigated for their capacity to prevent protein glycation using two methods viz. Bovine Serum Albumin (BSA)-methylglyoxal and BSA-glucose assays. In both assays, the EtOAc fraction showed a promising activity with EC_{50} value of 0.169 and 0.278 mg/mL, respectively [132]. Further purification of the active fraction led to the isolation of fucophlorethol (231), tetrafuco (232), and trifucodiphlorethol (233) (Figure 21) [134].

Figure 21. Chemical structures of 228–233.

7. Future Perspectives and Conclusions

This review highlights the importance of marine organisms as a new source of compounds with promising anti-AD activities. The search for new sources of marine-derived compounds with a capacity to cure or prevent neurodegenerative diseases is very crucial, as a number of patients suffering from these diseases is rapidly increasing due to the aging population, especially in highly developed countries. Overall, we have listed 233 marine-derived compounds that possess biological and pharmacological activities, which are considered to be relevant for therapeutic targets for AD. Among the compounds discussed, 102 exhibited anti-AChE and anti-BuChE activities, 68 showed anti-BACE-1 activity, 17 showed anti-Aβ aggregation, 44 inhibited protein kinases activities, and 7 are inhibitors of other enzymes related to AD. Although a significant number of inhibitors of enzymes implicated in AD pathogenesis has been discovered during the past decade, a broader
range of therapeutics is still needed. Given the diverse pathology of AD, targeting only the key enzymes could not be the most effective way to treat AD. Interestingly, the most significant approach that has been recently pursued is multitarget-directed ligands (MT-DLs), targeting the GSK-3β enzyme with multiple mechanisms. This goal can be achieved by marine natural products due to their structural uniqueness and their unprecedented mechanisms of actions, which are not found in synthetic and terrestrial natural products. In summary, marine-derived compounds can be potential candidates for the development of therapeutic arsenals for AD, per se, or can be explored as unique and unprecedented scaffolds for medicinal chemistry research to discover potent and effective therapeutics for AD.

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