Research Paper

Proliferation of Myoblast Skeletal Cells on Three-Dimensional Supermacroporous Cryogels

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Abstract

Cardiac and skeletal muscle tissue engineering provides a smart approach to overcome problems associated with organ transplantation and cardiac tissue and also lays a platform for superior alternative approaches in muscle regeneration. The aim of the study was to demonstrate cryogel scaffold potential in the field of skeletal muscle and cardiac tissue engineering. Poly-hydroxyethyl methacrylate (pHEMA)-gelatin cryogel scaffold was synthesized using cryogelation technique and such a designed material is being reported first time. Rheology study of the pHEMA-gelatin (HG) suggested that the cryogel scaffolds were stable at different temperatures and phase angle remained constant in both dry and wet state. HG cryogel was able to bear increased stress without leading to deformation. Monitoring the hydration of HG scaffold showed shift from a stiff to a more pliable material and upon continuing hydration, shear modulus remained constant with no further change observed. However, the change in phase angle <0.24º indicates a gradual increase in stiffness of the material over time. Scaffold synthesised using such polymer combinations gave cells a native environment for proliferation and surface stiffness have shown to help in differentiation of the cells. Myoskeletal cell lines were cultured on these scaffolds to check the biocompatibility and cell proliferation. Alamar blue assay performed over a period of 3 weeks analysed the metabolic activity of cells which showed more than 60% increase in the total cellular activity. DNA content of cells was found to be directly related to number of cells present at a given time point and this was found to have increased by more than 50% in 3 weeks. Since in 3-D scaffold the surface area is more in comparison to 2-D, hence better cell proliferation is observed. Hoechst and DAPI staining showed tubular structure and alignment of the cells during formation of the tubules shows promising cellular response to the cryogel matrix. The mechanical strength, stiffness and elastic measurements of the scaffold indicated potential application of these materials for skeletal and cardiac tissue engineering.

Key words: Cryogel, pHEMA-gelatin, C2C12 myocardial cells, Skeletal tissue engineering, Rheology, Myotubes

Introduction

Tissue regeneration needs scaffold that balance temporary mechanical function with mass transport to aid biological delivery and tissue regeneration [1]. Development of the porous scaffold for sustainable three dimensional (3-D) growth of cells is of particular interest in the field of tissue engineering and regenerative medicine as these scaffolds are tailor-made to mimic the micro-environment or act similar to extracellular matrix which has defined role such as to provide suitable structural and chemical composition and
the mechanical properties [2-6]. Due to limited ability of the cardiac cells to regenerate in-vitro, attempts are being made to restore the functionality of the heart affected from myocardial infarction by injecting myogenic cells into the affected myocardium. It has been proposed that the implantation of in-vitro cultured functional myocardial muscle could potentially enhance cell localization and efficiency of tissue repair [7, 8]. First material to be used for cardiac repair was combination of poly-lactic acid and poly-glycolic acid but these polymers and their derivatives failed to provide substantial mechanical strength to scaffold which is attributed along with elasticity as most important property while choosing materials for cardiac repair. For successful cardiac and skeletal repair a critical step involved is the creation of tailor made 3-D matrices that act host to the cells (defined as cardiac patches) and should help in maintaining cellular viability, proliferation, differentiation and support cell integration [9].

There are number of processes to obtain porous matrix with desired morphology like, salt leaching and phase emulsion being few such examples [6, 10-14]. Cell source can be primary cells, cell lines or pluripotent stem cells but the most important aspect is the cell-matrix interaction and the success of tissue implant mostly depends upon this connection. Three dimensional (3-D) porous scaffolds have to support cellular attachment, proliferation, unhindered transport of nutrients and also play a role in cell differentiation. The most common process like salt leaching and phase emulsion or hydrogel synthesis has demonstrated its validity for the preparation of scaffolds of different characteristics [15, 16]. Manufacturing of scaffold requires appropriate combination of polymers which is still considered to be a challenge for providing the desired results. There are several parameters that determine the final scaffold architecture like e.g., in electrospinning which include material concentration, solvent type, distance between collecting target from the spinning nuzzle, viscosity, the needle gauge and voltage to obtain uniform fibrous scaffolds [17]. Such complexities have lead for the development of new approaches for scaffold designing like “cryogels”. These are supermacroporous three dimensional (3-D) polymeric scaffolds synthesised at sub-zero temperature by cryogelation process [18-20]. During the process of cryogel formation the monomers or polymeric precursors are dissolved in a suitable solvent such as water and mixed with cross-linkers and are frozen instantly. In the process most of the solvent freezes and forms ice crystals. These ice crystals remain interconnected with each other whereas smaller microphase in which the liquid remains non-frozen, the solute precursors polymerize and crosslinkes to form an interconnected web like structure. After the reaction period is over and the gels are thawed at room temperature which allows melting of the ice crystals and a porous web like network is generated of the polymers leading to the formation of a versatile system called cryogels [21-23]. Depending upon the polymers used and cross linkers, the pore size of the synthesized cryogels can vary from few micrometers to about 200 µm. The pore size depends on the initial concentration of precursors in solution, their physicochemical properties and the freezing conditions [24].

Cryogels have found application in various fields such as cell chromatography, affinity chromatographic separations, cell separation, tissue engineering and bioreactors for monoclonal antibody production [25-30]. Such broad range of application is because of its supermacroporous nature with highly inter-connected pores and these can be synthesised in various format like monoliths, beads or discs depending upon the application. The high mechanical strength and ability to bear a load or stretched without collapsing is also important features of these matrices. Cryogels are becoming an important scaffold designing tool for tissue engineering applications [31-33].

Skeletal muscles are primary responsible for the voluntary movement control and also in maintenance of structural contours of the body. Mature skeletal muscle is mostly compromised of multi-nucleated, post mitotic fibres which cannot be regenerated once damaged. A very small population of myogenic progenitor satellite cells which is capable of regeneration and are composed of 1-5% of total nuclei of a mature muscle [33]. Number of attempts have been made so far to reconstruct skeletal muscle in the lab conditions [34-43], and the results have been promising suggesting it is possible to engineer bio-artificial muscles with current technology. To engineer and characterise skeletal tissue construct we have cultured myogenic skeletal cell C2C12 on p(HEMA)-gelatin (HG) cryogel after characterizing the material by rheology, the cell-matrix interaction was observed for three weeks for achieving structural and functional construct that can be suitable graft for damaged skeletal muscles.

Materials and Methods

Materials

2-Hydroxyethyl methacrylate (HEMA) (MW: 141.09), gelatin (from cold water fish skin; MW: ~60,000), poly(ethylene glycol) diacrylate (PEGDA), Dulbecco’s modified Eagle’s medium (DMEM),

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Designing of HG cryogel for skeletal tissue en-

Cryogelation reaction was allowed to proceed over-
ture. Sections (10 mm thick) of the cryogel were cut
and samples were placed on sample holder fitted with
cone and plate geometry with gap width of 150 µm
and cone diameter of 40 mm with 4° angle and applied
force of 1N per sec for 15 min. The storage modulus
(G’) and loss modulus (G’’) was calculated using os-
cillatory logarithmic sweep at a frequency of 1Hz.

Rheology analysis for material characterization

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazoli-
unum bromide (MTT, 98%) reagent, Hoechst 342,
6’-6-diamidino-2-phenylindole (DAPI) and nystatin
was purchased from Sigma Chemical Co. (St. Louis,
MO, USA). Glutaraldehyde was purchased from s.d.
fine-chemicals limited (Mumbai, India). Fetal bovine
serum (FBS) and streptomycin-penicillin antibiotic
solutions were bought from HyClone (Utah, USA).

Substance measurement points was kept at 1000,
and cone diameter of 40 mm with 4°angle and applied
force of 1N per sec for 15 min. The storage modulus
(G’) and loss modulus (G’’) was calculated using os-
cillatory logarithmic sweep at a frequency of 1Hz.

Rheology analysis for material characterization

The rheology analysis helps in measuring the
flow of the material and deformation at given condi-
tions [44]. Device (MCR301 SN824057, Malvern in-
sstruments, UK) was used for characterization of po-
ymeric material as these scaffolds have their distinc-
tive flow rate and behaviour in different tempera-
tures. Sections (10 mm thick) of the cryogel were cut
and samples were placed on sample holder fitted with
cone and plate geometry with gap width of 150 µm
and cone diameter of 40 mm with 4° angle and applied
force of 1N per sec for 15 min. The storage modulus
(G’) and loss modulus (G’’) was calculated using os-
cillatory logarithmic sweep at a frequency of 1Hz.

Substance measurement points was kept at 1000,
(2.0 M NaCl; 10 mM EDTA; pH 7.4) along with 9 ml of distilled water and the solution was filtered. To the filtrate 10 µl of Hoechst dye was added and covered with foil until further use. The test scaffolds were transferred into vials containing 250 µl of papain and were incubated at 60 °C overnight. The vials were allowed to cool to room temperature and the shredded tubes were used to centrifuge scaffold to ensure complete lysis of cells and to obtain clear supernatant free from any scaffold digest. Supernatant (100 µl) was mixed with 100 µl of Hoechst working solution and the fluorescence was measured using excitation and emission filters centred at 360 nm and 460 nm, respectively.

**Cell differentiation**

Hoechst staining was performed by dissolving Hoechst 342 stock solution in distilled water at 1 mM concentration and final working concentration of 1 µM from the stock used for 15 min to stain the adherent cells. Hoechst 342 was visualized at excitation wavelength of 360 nm and emission is recorded at 480 nm. 4'-6-diamidino-2-phenylindole (DAPI) is known to form fluorescent complexes with double-stranded DNA showing fluorescence specificity for AT, AU and IC clusters and because of this property DAPI is a useful tool in various cytochemical investigations. C2C12 cells cultured on cryogel scaffold were used for microscopic observation of cell-matrix interaction. Cell seeded onto sections were fixed with 2.5 % glutaraldehyde for 2 h and were sectioned using microtome (Microm HM 560 CryoStar, Thermo) followed by 20 min incubation of sections in nuclear stain DAPI (200 ng/ml working solution prepared in PBS). After the incubation samples were gently washed with PBS. Sections were selected at different region of the scaffold (upper, middle and lower portion) to check penetration of cells in HG scaffold. The morphology of the cell nuclei was observed under fluorescence microscope (Nikon, TE-2000U) at excitation wavelength of 350 nm. Nuclei with normal phenotype were expected to appear glowing bright and homogenously distributed. Scaffold samples were fixed in 4% paraformaldehyde for 10 min, and were then permeabilized with 0.1% Triton-X 100 for 5 min and after each step thorough rinsing with 0.01M PBS at room temperature was performed. The working solution of cell tracker and phallodein stains were made up in 1:200 dilution with 1% BSA and scaffolds were incubated for 15 min before imaging.

**Results and Discussion**

The designing of cryogel scaffold with high volume fraction porosity within soft, mechanically stable and high water absorbing capacity was obtained in HG cryogels. The cryogel synthesized were light yellow (Figure 1) in colour and have shown to retain 3-D architecture while air drying. The SEM was performed to check the pore distribution and porosity of the scaffold and the pore size of HG cryogel were found to be in the range of 30 to 120 µm, while the average pore diameter range was lying in between 50-80 µm (Figure 2A). The overview of cryogel (Figure 2B) showed uniform pore distribution and interconnected pore network. The polymer combination of pHEMA-gelatin has been used before as an IPN using hydrogel techniques, but the combination of pHEMA-PEGda-gelatin for cryogel synthesis has not been reported before. pHEMA based slabs have been prepared and dipped in gelatin solution for supporting mouse embryonic stem cells [45], while photopolymerized PEGda-pHEMA hydrogels are used for drug delivery [46]. The interconnected pores allow convective flow of nutrients and facilitate gaseous exchange during cell culture conditions, which is considered to be a key characteristic for any tissue engineering scaffolds. These results suggest that the microstructure of HG cryogel can be a potential scaffold material for tissue engineering applications.

![Figure 1](http://www.biolsci.org)
Figure 2: Scanning electron microscopy (SEM) image at magnification 400X of HG cryogel (A), showing the interconnected macroporous cryogel structure and an overview of the porous HG cryogel scaffold (B), showing even distribution of the pores.

Rheology study of HG cryogel

Rheology can be simply defined as a study of flow and deformation of materials. It is used in studying complex structure of substances including body fluid, suspensions, polymers etc. The flow of these materials cannot be characterized by a single value of viscosity (at a fixed temperature) More theoretically rheology is the relationship between the flow/deformation, performance of material and its internal structure that cannot be defined by classic fluid mechanics or elasticity. When material is subjected to a stress of different sorts (that is a force per area) [47], material responds in various ways. The two important ways materials can change is either its elasticity or viscosity and in-between lie the third property of the material termed as visco-elastic behaviour of the material. Depending upon the processing time of the polymer like if polymers are pumped or coated or sprayed the processing time can be different and with short processing time polymer may behave as a solid and in long processing times the material can behave as a fluid. This dual nature (fluid-solid) in rheology term is referred to as viscoelastic behaviour of materials. The solid behaviour of the material is depicted in rheology term as storage modulus ($G'$) since it reflects relaxation time and elastic modulus and the perfectly elastic nature will develop stress that is in-phase with strain. The liquid behaviour is represented by loss modulus ($G''$) and it gives information about dissipation (viscous) of the flow. The equation to define storage and loss modulus is:

$$G' = \frac{\text{In-phase stress}}{\text{Maximum strain}}$$

$$G'' = \frac{\text{Out of phase stress}}{\text{Maximum strain}}$$

The rheological measurement (such as $G'$, $G''$, elongation viscosity and viscosity) can be used as excellent tools in material characterization and input data for computational simulation etc [45]. Rheology study of the HG cryogel suggested that the scaffold were stable at different temperatures and phase angle remained constant in both dry and wet state (Figure 3A-C). HG cryogel were able to bear increased stress without leading to deformation. Upon hydration (addition of water to the dry scaffold tested previously) of HG scaffold showed the shift from a stiff to a more pliable material which is seen in graph were the dry >10$^5$ to wet <10$^4$Pa value shifts (Figure 3A). The hydration is quick as observed and due to this there is rapid change and equilibrium position is attained within 30 sec of hydration. The time gap measurement was done between additions and levelling off in $G'$. By continuing hydration $G', G''$ (Shear modulus) value remain constant with no further change in modulus. However, the change in phase angle <0.24º indicates a gradual increase in stiffness of the material.
over the time which may be due to hydration influencing changes in bonding and loss modulus which could be resulting in possible molecular re-arrangements (Figure 3B). Upon further analysing HG cryogel shows steady state as there is no change in loss modulus and storage modulus, the scaling for the phase angle shows changes over 0.03º and from there on it is seen to be flat with no significant change in the phase angle indicating the equilibrium state of the cryogel as seen in Figure 3C. The phase angle reduction in Figure 3A shows the material exhibiting elastic characteristics. The rheology study of the HG cryogel showed the ability of the material to bear stress without leading to deformation and the mechanical strength along with elastic nature of scaffold. Therefore exploiting these material properties like stiffness of the scaffold, visco-elastic behaviour which are most important parameter for designing construct for cardiac tissue engineering as during the in-vivo conditions, the stress experienced by these tissue is probably the maximum as compared to other tissues or organs and the rheology studies of the HG scaffold illustrated the material properties that could be used in skeletal muscle regeneration.

Figure 3: Graph represents the rheology data of HG cryogels, the storage modulus, loss modulus and phase angle is plotted against the time at temperature 37 °C in dry state (A) 37 °C wet (B) and 25 °C wet state (C). In the graph the storage modulus $G'$ is represented by (I), the loss modulus $G''$ is depicted by (II) and phase angle by $\delta$ (III).
Total cellular metabolic activity by alamar blue

To check the potentiality of the synthesised scaffold, C2C12 cells were seeded on the HG cryogels. The total metabolic activity of the cells was checked by using alamar blue. Alamar blue works on redox system which fluoresces and changes colour in response to chemical reduction in the media resulting from the cell growth. The cellular growth has direct effect on the media provided for cell proliferation and alamar blue uses this chemical change in the media by either reduction or oxidation. The reduction which is related to cellular growth causes the redox indicator in the alamar blue to change from oxidised to reduced state. The normal colour of alamar blue changes to the fluorescent red that depends upon the cellular growth and total metabolic activity. Figure 4 shows the rate of proliferation of C2C12 cells on HG cryogel scaffold and is compared with 2-D control. The cell proliferation and growth on the scaffold showed an increasing trend with 60% increase in the total cellular activity for over 3 weeks whereas in 2-D the diminished cell growth was noticed from the day 13th of cell culture. Cell-polymer construct has been used for transplantation of myoblasts using biodegradable polymer strands to avoid transplantation buffer [48] showing importance of matrix which acts as delivery system and also supports cellular proliferation. Three dimensional engineered construct of cardiac muscle can provide a basic model system for cardiovascular research [49, 50]. Increase in the cellular viability and the total metabolic rate substantiates that these scaffolds provided good support for the cell growth and the positive effect of the cryogel matrix on the proliferation of the C2C12 cells.

DNA quantification by Hoechst 33258 assay

To validate the alamar blue results and to check the metabolic activity being related to cellular proliferation, DNA quantification was performed. The bis-benzimidazole derivatives of Hoechst 33258 exhibits fluorescence enhancement upon binding to A-T rich regions of double stranded DNA. The Hoechst assay results were in accordance to alamar blue. On HG scaffold the proliferation of C2C12 was observed to be better when compared to the 2-D system which results in higher DNA content being observed in C2C12 on HG scaffold (figure 5). From the 1st to 23rd day, at regular intervals the scaffolds were weighed and subjected to papin digestion. Since in 3-D scaffold surface area is larger in comparison to 2-D better cell proliferation is noted and due to increased metabolic activity of cells resulting from enhanced cell proliferation led to amplified DNA content. The increase in the DNA content shows the HG cryogels have provided the C2C12 cells with native environment that supported better cellular growth and proliferation.

Cell differentiation

To check the distribution and differentiation of C2C12 on HG scaffold, these were observed under fluorescent microscopy. Cells were seen to adhere and proliferate throughout the scaffold and tubular structure which were elongated and multinucleated was seen to penetrate and fill the void pores of the scaffold and were found to be highly aligned along channels of the scaffold pores as visualized under phase contrast, DAPI imaging and Hoechst staining (Figure 6A-B) where 2-D cells were seen proliferating as monolayer (Figure 6C-D) with delayed tubular formation. Cell tracker was used to check the cells on the scaffold (Figure 6E) and the F-actin stained with rhodamine-phalloidin shows the myotubes aligning along the preferential directions on the HG cryogels (Figure 6F), which show 3-D growth pattern of the cells on the scaffolds. The myoblast nuclei was stained using Hoechst staining and DAPI on 7th day and 14th days (Figure 7A, B). It was clearly seen that the cells have been evenly distributed within the pores of the HG cryogel. The interconnected pores of the scaffold allows unhindered transportation of media and nutrient leading to enhanced proliferation of cells on HG cryogels which can be noticed by DAPI staining showing increased population in about 2 weeks time.

In conclusion this work investigates the potential use of supermacroporous cryogel scaffold for skeletal muscle tissue engineering, and on the basis of these findings we believe there is suitable utility of cryogel scaffold for this application. For specific application scaffold was characterized mainly for degradation, elasticity and mechanical property and also cell attachment and proliferation was checked by measuring total metabolic activity of C2C12 on HG cryogels. We describe a simple inexpensive technique of designing scaffold for complex tissue engineering and conclude that the cryogel have shown promising cellular response by enhanced attachment and proliferation and can be potential scaffold for skeletal or cardiac tissue engineering. We aim to further tune the scaffold and characterize the engineered cardiac muscle construct by gene-level and cell-level electrophysiological studies. The ultimate aim will be to develop neo-cardiac tissue in the three-dimensional architecture.
Figure 4: The total metabolic activity of the cells was checked by alamar blue at regular time intervals. The graph describes C2C12 growth on HG cryogel (Black bar) which shows increasing trend in the metabolic activity but the 2-D culture (grey bar) starts declining from 13th day which could be due to lesser surface area available for cells after attaining confluency. The total cellular metabolic activity assay indicates the cryogels supporting the proliferation of C2C12 cells for over 3 weeks.

Figure 5: The DNA quantification was done by using the Hoechst assay. The proliferative cells are analyzed for total DNA content. The standard curve was used to derive the DNA per ml of cells and further used for calculating DNA content in the test samples. Graph indicates C2C12 on the HG cryogels (Black bar) which showed improved proliferation as compared to 2-D (grey bar) which showed total DNA content increasing and these results are in accordance with the alamar blue data which shows similar trend. Since in 3-D scaffold surface area is larger in comparison to 2-D hence the better cell proliferation is noted due to increased metabolic activity of cells resulting in enhanced cell proliferation and increased DNA content.
Figure 6: C2C12 cells observed by phase contrast microscopy (A) shows formation of tubular structure from day 6\textsuperscript{th} of culture. On further analysis by fluorescent microscopy using DAPI multinucleated tubular structure was seen to be formed by group of cells (B) along with background of cells spreading homogenously on the HG matrix. On 2-D culture the 6\textsuperscript{th} day cells are seen after Hoechst staining (C) and DAPI staining (D). Cell tracker showing the proliferation of cells on the scaffold (E), and the alignment of the C2C12 in preferential direction on the scaffolds (F).
Figure 7: Cell attachment was visualized under fluorescent microscopy by using nuclear stain DAPI (A). The image was recorded after 48 h of cell seeding and (B) after 2 weeks. The fluorescent microscopy images show significant increase in cell number and proliferation of C2C12 on HG cryogel.

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Conflict of Interest

The authors have declared that no conflict of interest exists.

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