Inflammation induced by influenza virus impairs human innate immune control of pneumococcus

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Colonization of the upper respiratory tract by pneumococcus is important both as a determinant of disease and for transmission into the population. The immunological mechanisms that contain pneumococcus during colonization are well studied in mice but remain unclear in humans. Loss of this control of pneumococcus following infection with influenza virus is associated with secondary bacterial pneumonia. We used a human challenge model with type 6B pneumococcus to show that acquisition of pneumococcus induced early degranulation of resident neutrophils and recruitment of monocytes to the nose. Monocyte function was associated with the clearance of pneumococcus. Prior nasal infection with live attenuated influenza virus induced inflammation, impaired innate immune function and altered genome-wide nasal gene responses to the carriage of pneumococcus. Levels of the cytokine CXCL10, promoted by viral infection, at the time pneumococcus was encountered were positively associated with bacterial load.

Pneumonia is a major global health problem; it kills more children under 5 years of age than any other disease. The burden of disease is aggravated by old age, chronic lung disease, immunosuppression and viral co-infection. Secondary pneumonia following pandemic and seasonal influenza virus infection is a significant cause of mortality worldwide. Nasopharyngeal colonization by Streptococcus pneumoniae (pneumococcus) is common, with 40–95% of infants and 10–25% of adults colonized at any given time. Such pneumococcal carriage is important as the prerequisite of infection, the primary reservoir for transmission and the predominant source of immunizing exposure and immunological boosting in both children and adults.

Immune dysregulation caused by infection with respiratory viruses such as influenza leads to increased carriage load. Increased carriage load has been associated with pneumococcal incidence and severity, as well as with within-household S. pneumoniae transmission. The mechanisms and markers associated with this pathogen synergy have been difficult to study in human subjects due to the rapidly progressing nature of the disease.

One safe way to simulate influenza infection in the nose is using live attenuated influenza vaccine (LAIV), consisting of cold-adapted influenza viruses. LAIV has been shown to affect subsequent susceptibility to S. pneumoniae and to lead to increased carriage load in mouse models of infection and in vaccinated children. Furthermore, LAIV administration prior to S. pneumoniae challenge led to a 50% increase in S. pneumoniae acquisition, as detected by molecular methods, as well as a tenfold increase in nasopharyngeal bacterial load.

In mouse models of pneumococcal carriage, recruitment of neutrophils and monocytes to the nasopharynx dependent on the TLR17 subset of helper T cells mediates immunological control and clearance. Influenza virus infection promotes type I interferons, which interfere with recruitment of these phagocytes, although interferon-γ (IFN-γ) is postulated to impair phagocytosis by macrophages through downregulation of the scavenger receptor MARCO (macrophage receptor with collagenous structure). However, the precise immune mechanisms and gene regulators involved in the control and clearance of pneumococcal carriage in humans have not been revealed. Moreover, how these mechanisms are altered during human influenza virus infection remains largely unknown.

Systems-biology approaches have allowed the identification of immune mechanisms associated with protection from infectious diseases and with robust immune responses during vaccination. Here, we applied systems biology to nasal samples collected in the setting of human challenge with LAIV and S. pneumoniae, to emulate nasal effects of influenza infection on S. pneumoniae carriage. We identified the key cellular mechanisms that control newly acquired pneumococcal carriage in humans, and how they are disrupted following nasal influenza infection.

Results
LAIV-induced inflammation leads to increased pneumococcal carriage load and acquisition. In a double-blinded controlled randomized clinical trial, we administered LAIV (n = 55) 3 days prior to S. pneumoniae inoculation (day 0). To verify the requisite topical
application for an effect on pneumococcal carriage, we administered tetravalent inactivated influenza vaccine as a control (n = 62). LAIV infection led to transiently increased pneumococcal acquisition at day 2 (60.0% and 40.3%, as detected by molecular methods, in LAIV groups and control groups, respectively)14. LAIV also increased S. pneumoniae carriage load in the first 14 days following challenge (compared with that at baseline; = 0.051 for the LAIV carriage− group). 

A pneumococcal load (median and interquartile range of CFU ml−1 in nasal wash shown) for all carriage+ subjects with high (top quartile, n = 9) or low (all subjects below top quartile, n = 28) CXCL10 concentrations at day 0. = 0.019 by two-tailed Mann-Whitney test of area under the curve of log-transformed load over time. 

S. pneumoniae carriage− subjects had significantly increased cytokine response at day 0. Following S. pneumoniae inoculation, LAIV significantly increased concentrations of 20 cytokines, including CXCL10 (IP-10), tumor-necrosis factor (TNF), interleukin 10 (IL-10), IFN- and IL-15 (Fig. 1b and Supplementary Table 1). In contrast, the control group did not show any significant increases in cytokine response at day 0. Following S. pneumoniae inoculation, S. pneumoniae carriage in the absence of LAIV was associated with increased concentration of epidermal growth factor at day 2 and decreased concentration of IL-1RA at day 9 after S. pneumoniae inoculation (compared with that at baseline), neither of which remained significant after multiple-testing correction. No other cytokines, including IL-17A or CCL2, were significantly altered by carriage alone (Fig. 1b).

Even before bacterial inoculation, nasal inflammatory responses to LAIV differed between those who went on to become carriers and those who were protected from carriage (Fig. 1c). In particular, IL-10 was significantly increased in LAIV-vaccinated subjects who did not acquire S. pneumoniae following inoculation (5.8-fold
increase), but not in those who became carriers following inoculation (2.0-fold increase). In contrast, CXCL10 was significantly increased in subjects who went on to become carriers (2.4-fold increase), but not in those who remained carriage-negative (1.5-fold increase). Moreover, subjects with increased concentrations of CXCL10 before inoculation displayed higher pneumococcal load following S. pneumoniae inoculation (Fig. 1d). This suggests that differences in the response to influenza virus are associated with secondary susceptibility to S. pneumoniae. To test whether this was specific for LAIV infection, we measured CXCL10 in nasal washes...
Early neutrophil degranulation in response to carriage is impaired by LAIV infection. In mouse models, neutrophil recruitment after onset of carriage contributes to control of the bacteria. We observed pre-existing high numbers of neutrophils in the human nasal lining, and pneumomococcal carriage did not lead to significant further recruitment of neutrophils (Supplementary Fig. 3a,b). To investigate whether luminal neutrophils were involved in the early control of carriage, we measured concentrations of myeloperoxidase, a marker for neutrophil degranulation, in nasal washes. Concentrations were increased (2.2-fold) at 2 days after challenge in control carriage but not carriage individuals (Fig. 2a). This neutrophil activation was impaired in the LAIV group, who displayed high carriage load during early carriage and had increased acquisition compared with that of controls. Together, these findings suggest that neutrophil degranulation is important for the initial control of carriage. To investigate whether neutrophils were also impaired systemically following LAIV, as reported during wild-type influenza infection, we isolated blood neutrophils before, and at 3 days after, LAIV administration from a subset of subjects. We confirmed that opsonophagocytic killing (OPK) of Streptococcus pneumoniae by blood neutrophils was decreased following LAIV (Fig. 2b). This effect could be mimicked by the addition of TNF, but not CXCL10, to neutrophils from healthy donors in vitro, decreasing killing capacity in a dose-dependent manner (Fig. 2c,d). NanoString expression analysis of 594 genes revealed ten differentially expressed genes in blood neutrophils 3 days post-LAIV (Supplementary Table 2). Among those were the genes encoding MAP4K2 (mitogen-activated protein kinase kinase kinase 2; 3.2-fold increase), which acts on the TNF signal-transduction pathway, and the co-inhibitory receptor TIGIT (T cell immunoreceptor with immunoglobulin and ITIM domains; 3.6-fold increase; Fig. 2e). TIGIT expression levels were also negatively correlated with neutrophil killing capacity (r = −0.73; Fig. 2f). TIGIT is an immunological checkpoint protein that has been described to promote regulatory T cell function, but its expression on neutrophils has not been previously appreciated, to our knowledge. Incubation of whole blood with recombinant TNF increased TIGIT levels on neutrophil surfaces within 30 min in a dose-dependent manner (Fig. 2g).

Taken together, these findings indicate that inflammation following LAIV impairs the response of nasal and systemic neutrophils to pneumococcus, which could be mimicked by addition of exogenous TNF to neutrophils and is associated with an upregulation of TIGIT.

Pneumococcal carriage-induced monocyte recruitment to the nose is impaired by LAIV infection. Immunophenotyping revealed a significant recruitment of monocytes to the nose following establishment of carriage (Fig. 3a and Supplementary Fig. 4). Monocyte numbers increased as early as 2 days following Streptococcus pneumoniae inoculation, peaked at 9 days (median 4.8x increase) and remained elevated 29 days after Streptococcus pneumoniae inoculation. In contrast, there was no recruitment of CD3+ T cells to the nose (Supplementary Fig. 4b). LAIV infection prior to pneumomococcal carriage impaired the recruitment of monocytes to the nose (Fig. 3a). Moreover, peak pneumomococcal load was associated with increased monocyte recruitment in the control group, but not in the LAIV group (Fig. 3b,c). Indeed, for subjects in the control group with very low carriage densities, which were detectable only by molecular methods, no monocyte recruitment was observed (Supplementary Fig. 4c). This suggests that a minimum S. pneumoniae load is required for sensing and monocyte recruitment and that LAIV infection interferes with this process. Although CCL2 (MCP-1) was not substantially induced following S. pneumoniae carriage, its concentration was correlated with numbers of monocytes at all time points (Supplementary Fig. 5a). Furthermore, stratification of individuals showed that those with increased CCL2 concentration at day 2 after S. pneumoniae inoculation exhibited increased monocyte recruitment (Supplementary Fig. 5b). Concentrations of IL-6, IFN-γ and TNF were also correlated with numbers of monocytes at each time point, but stratification of individuals did not reveal differential recruitment of monocytes (Supplementary Fig. 5a,b). In a second, independent cohort that did not receive any vaccine, monocytes were increased at day 9 following S. pneumoniae inoculation, which was correlated with an increased CCL2 concentration in nasal fluid, validating these results (Supplementary Table 3 and Supplementary Fig. 5c). Thus, acquisition of pneumomococcal carriage led to a recruitment of monocytes to the nasopharynx, a process that was associated with pneumomococcal load and CCL2 induction and that was inhibited by LAIV infection.
Nasal responses associated with pneumococcal clearance are impaired by LAIV. To assess anti-pneumococcal responses induced by carriage, we collected nasal cells 29 days after \( S. \) pneumoniae inoculation, stimulated them in vitro with heat-killed \( S. \) pneumoniae and measured concentrations of 30 cytokines in the supernatant. Increased production (fold change \( >2 \) and \( q<0.05 \) (\( P \) value corrected for multiple testing) to unstimulated control) of TNF, macrophage inflammatory protein 1\( \alpha \) (MIP-1\( \alpha \)), IL-10, IL-6 and granulocyte–macrophage colony-stimulating factor upon restimulation was observed in the control carriage group (Fig. 4a and Supplementary Fig. 6a). In the LAIV carriage group, however, this boosting of anti-pneumococcal cytokine responses by rechallenge was absent (Fig. 4a and Supplementary Fig. 6a). The production of the above five cytokines correlated with decreased pneumococcal load at day 29 after \( S. \) pneumoniae inoculation, suggesting these responses are involved in \( S. \) pneumoniae clearance (Fig. 4b). To test whether monocytes/macrophages were the source of these cytokines, we compared the cytokine signature from whole nasal cells with that from alveolar macrophages exposed to \( S. \) pneumoniae in vitro (Fig. 4c). Relative cytokine production was highly correlated between the two cell populations, suggesting that nasal monocytes/macrophages could be the source of these cytokines. This is supported by the observation that in carriers with low carriage load (detectable only by molecular methods), absence of monocyte recruitment was associated with absent \( S. \) pneumoniae-specific responses (Supplementary Fig. 6b).

In conclusion, carriage led to increased responses of nasal cells to pneumococcal stimulation, which was potentially due to the infiltration of monocytes. This was impaired by prior LAIV infection and was correlated with clearance of pneumococcal carriage (Supplementary Fig. 7).

LAIV alters nasal gene-expression responses to carriage. To identify gene signatures associated with the observed responses to pneumococcal carriage and infection with LAIV, we performed RNA sequencing on whole nasal cells at days \( -5, 2 \) and \( 9 \) after \( S. \) pneumoniae inoculation (Fig. 5 and Supplementary Table 4). Carriage without LAIV induced 834 and 176 differentially expressed genes (DEGs) at days 2 and 9, respectively (Fig. 5a). These genes were enriched for pathways associated with gap junction trafficking and regulation (including \( GJA1 \), \( TJP1 \) and multiple \( JGB \) genes) and degradation of the extracellular matrix (including \( COL17A1 \), \( COL12A1 \), \( LAMA3 \) and \( KLK7 \)). In the carriage group, a smaller number of DEGs was observed (161 and 248 at days 2 and 9, respectively).

In the LAIV carriage group, 936 and 711 DEGs were observed at day 2 and day 9, respectively. Surprisingly, despite the high concentrations of inflammatory cytokines observed in the LAIV carriage group, only a relatively small number of DEGs were observed...
The pneumococcal protein pneumolysin is sensed by TLR4 as a glycosylation of mucins, which are used by *S. pneumoniae* LAIV vaccination led to increased pneumolysin sensing. Moreover, TLR4 signaling was also enriched in this group. IFN-β pathways and in IFN-β differentiation-associated protein 5 (MDA5)-mediated induction of antiviral responses following LAIV vaccination. This finding supports a LAIV-mediated effect on pneumococcal growth through alterations of host factors. Common genes and pathways between the LAIV-vaccinated carriers and control carriers include ‘innate immune system’ and ‘signaling by interleukins’ (IL1B, CLEC4E, CD55 and IL1RN). In conclusion, the genome-wide transcriptomic response to pneumococcal carriage was substantially altered on both the gene level and the pathway level by LAIV.

**Gene modules associated with recruitment of monocytes.** To identify sets of coexpressed genes post-LAIV and carriage, we used CEMiTool on the baseline-normalized data of LAIV and control groups, separately. This modular expression analysis revealed genes that may act together or are similarly regulated during the immune responses to carriage and infection.

Genes in the control cohort were grouped into four coexpression modules, of which three were significantly enriched for known reactive pathways (Supplementary Data 1). Module M1 genes was enriched in the carriage+ group at day 9 after *S. pneumoniae* inoculation (Fig. 6a). Numbers of monocytes were correlated with the average fold change count in this module, suggesting that these genes reflect the infiltration of monocytes (Fig. 6b). To further investigate these monocytes, we performed gene set enrichment analysis on the module M1 genes using a list of genes from distinct monocyte subsets (Fig. 6c). These genes were enriched for classical CD14+CD16- monocytes and not for other monocyte subsets. Moreover, this

![Nasal transcriptomics following LAIV-S. pneumoniae co-infection (n = 35).](image-url)

**Fig. 5** Nasal transcriptomics following LAIV-*S. pneumoniae* co-infection (n = 35). a. The number of differentially expressed genes (DEGs) between each time point and the baseline for each group are shown. Upregulated and downregulated genes are depicted in red and blue, respectively. Connections between bars show the number of common genes between LAIV and control conditions, where colors reflect distinct pathways. b. Circular representation of DEGs and gene set enrichment analysis for LAIV carriage+ and control carriage− groups at days 2 and 9 after *S. pneumoniae* inoculation. The individual log₂(fold change) values (baseline-normalized) were used as ranks in a single sample gene set enrichment analysis to identify consistently enriched pathways among subjects. Genes and pathways are connected by lines.

at days 2 and 9 (126 and 153, respectively). DEGs of carriage+ subjects receiving LAIV and DEGs of carriage− subjects without LAIV showed very little overlap, with only 38 DEGs at day 2 and 2 DEGs at day 9 in common. Very little overlap was observed at the pathway level between these groups, indicating LAIV alters the natural responses to pneumococcus (Fig. 5b and Supplementary Table 5). This could reflect transcriptome kinetics, due to altered differentiation and cellular activation, or it could reflect changes in cell migration to the nasal mucosa.

The LAIV carriage+ group showed enrichment for genes encoding molecules involved in the Toll-like receptor 3 (TLR3) signaling cascade, in retinoic acid–inducible gene 1 (RIG-I)/melanoma differentiation-associated protein 5 (MDA5)-mediated induction of IFN-α/β pathways and in IFN-γ signaling, which is in agreement with the induction of antiviral responses following LAIV vaccination. Moreover, TLR4 signaling was also enriched in this group. The pneumococcal protein pneumolysin is sensed by TLR4, and it is possible that the increased pneumococcal load following LAIV vaccination led to increased pneumolysin sensing. O-linked glycosylation of mucins, which are used by *S. pneumoniae* as a carbohydrate source for growth, was also enriched in the LAIV carriage+ group (including the genes ST3GAL4, GALNT7, GCNT3 and B4GALT5). ST3GAL4 encodes a sialyl transferase, and cleavage of sialic acids by the influenza neuraminidase has previously been shown to promote pneumococcal growth. This finding supports a
module was enriched for genes related to ‘chemokine receptors bind chemokines’ and ‘IFN-α/β signaling’ (Fig. 6d). Type I interferons have been shown to be required for the clearance of pneumococcal carriage in mouse models\(^41\), and these findings suggest that their activity in monocytes might be critical for this. CEMiTool also integrates coexpression analysis with protein–protein interaction data. Expression of the gene encoding the chemokine CXCL6 and that of the gene encoding its receptor CXCR2 were identified as hubs in module M1 (Fig. 6e and Supplementary Data 1). CXCR2 engagement has been shown to induce attachment of monocytes to the endothelial layer, initiating chemotaxis, which suggests this interaction could contribute to monocyte recruitment\(^42\). Module M3 was enriched for genes related to ‘extracellular matrix organization’ and ‘collagen formation’ (Fig. 7).

For LAIV, we identified six distinct coexpression modules (Supplementary Data 2), which were strongly enriched for genes related to ‘diseases associated with O-glycosylation of proteins’ (module M1), ‘immunoregulatory interactions between a lymphoid and a non-lymphoid cell’ (module M3), ‘chemokine receptors bind chemokines’ (module M4) and ‘interferon signaling’ (module M5; Fig. 8). Indeed, the hubs of module M5 are well known type I interferon–related genes, such as \(\text{ISG15}\), \(\text{OAS1}\), \(\text{OASL}\), \(\text{IFIT1–3}\) and \(\text{IFITM1}\). Taken together, our findings reveal that a strong local antiviral response is elicited in response to LAIV infection.

**Discussion**

This study addresses fundamental questions about the immune responses that control and clear \(S.\) pneumoniae carriage and how influenza infection can alter this control. By using a double experimental human challenge model with LAIV and \(S.\) pneumoniae, we revealed that \(S.\) pneumoniae carriage led to quick degranulation of pre-existing nasal neutrophils in the human nose and recruitment...
of monocytes, promoting bacterial clearance. LAIV infection impaired these immune responses following carriage. LAIV is an attenuated influenza strain, and wild-type influenza viruses might have even more pronounced effects on the host response to pneumococcus. Carriage in the absence of LAIV was associated with only limited inflammation, corroborating the view of \textit{S. pneumoniae} as a commensal bacterium that can asymptomatically colonize healthy adults\textsuperscript{43}. In contrast, robust proinflammatory cytokine responses were measured following LAIV at both the protein- and gene-expression level. These results provide an explanation for the published finding that LAIV increased acquisition of \textit{S. pneumoniae} and carriage load\textsuperscript{14}.

In addition, our findings that LAIV led to impaired blood neutrophil killing capacity and that the addition of TNF, the nasal levels of which were increased following LAIV, to neutrophils in vitro impaired their activity highlight the crucial role of neutrophils in susceptibility to secondary bacterial infection\textsuperscript{44}. The association of TIGIT with this impaired neutrophil function following influenza infection warrants further investigation, as TIGIT-blocking therapeutics are currently being developed for treatment of cancer and human immunodeficiency virus\textsuperscript{45}.

We identified CXCL10 as a marker for increased susceptibility to \textit{S. pneumoniae}, and we propose that this should be further investigated as a potential therapeutic target for secondary bacterial infections associated with viral infections. Our data showed that individuals with higher concentrations of CXCL10 prior to \textit{S. pneumoniae} inoculation had higher bacterial loads. In a previous study, children with pneumonia with viral and bacterial (predominantly pneumococcal) co-infection had increased amounts of CXCL10 compared with those of children with only viral or bacterial pneumonia, a finding that is associated with disease severity\textsuperscript{46}. Data in mice suggest that CXCL10 plays a direct role during pneumonia. Mice with genetic ablation of CXCR3, the receptor for CXCL10, CXCL9 and CXCL11, showed increased survival, decreased lung inflammation and less invasion following infection, depending on the pneumococcal inoculation strain used\textsuperscript{47}. Moreover, addition of exogenous CXCL10 prior to infection of mice with influenza virus or respiratory syncytial virus increased pneumonia severity\textsuperscript{48}.

Our results support previous findings from mouse models showing that CCL2 signaling and monocyte recruitment are key mediators of pneumococcal carriage clearance\textsuperscript{16}. However, contrary to key mechanisms described in mouse models, we did not observe any production of IL-17A or neutrophil recruitment to the nose following carriage or associated with carriage clearance\textsuperscript{15–17}, underlining the importance of confirming mouse findings with human data.

One limitation of this study is that only one pneumococcal serotype 6B isolate was used; future studies using other isolates with a more or less invasive phenotype will be able to address how generalizable these findings are across pneumococcal isolates. Nonetheless, the observation that carriage load and duration decline in parallel for all serotypes following repeated exposure suggests that immunological control of newly acquired \textit{S. pneumoniae} is mediated by similar mechanisms independent of the colonizing serotype\textsuperscript{49}.

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**Fig. 7 | CEMiTTool applied to control group: module M3.** Raw counts were normalized using log[CPM], and log\_2[fold change] values were calculated for each time point against the baseline after which coexpression modules were extracted. \(\text{a} \), Over-representation analysis of module M3 of the control group using gene sets from the Reactome Pathway database. \(\text{b} \), Interaction plot for M3, with gene nodes highlighted.
In conclusion, this study highlights the importance of innate immunity—which was impaired by pre-existing viral infections—in the control of carriage load and clearance of S. pneumoniae. Secondary bacterial infection following viral respiratory tract infection creates a large disease burden worldwide, and disrupting viral–bacterial synergy through host-directed therapy could prove an attractive addition to current therapeutic and vaccination options.

Online content
Any methods, additional references, Nature Research reporting summaries, source data, statements of data availability and associated accession codes are available at https://doi.org/10.1038/s41590-018-0231-y

Received: 20 June 2018; Accepted: 7 September 2018; Published online: 29 October 2018

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Acknowledgements
S.B.G. and D.M.E. are supported by the Medical Research Council (grant MR/ M011569/1), the Bill and Melinda Gates Foundation (grant OPP117728) and the National Institute for Health Research Local Comprehensive Research Network. Flow cytometric acquisition was performed on a BD LSR II funded by a Wellcome Trust Multi-User Equipment Grant (104936/2/14/Z). S.P.J. received support from the Royal Society of Tropical Medicine and Hygiene for NanoString analysis. H.I.N. is supported by the Sao Paulo Research Foundation (FAPESP grants 2013/08216-2 and 2012/19278-6). We thank all volunteers for participating in this study, and R. Robinson, C. Lowe, L. Lazarova, K. Piddock and I. Wheeler for clinical support. We also acknowledge M. Mina for his input in study design.

Author contributions
S.P.J. contributed to conceiving, designing, performing and analyzing experiments and writing the paper. E.M. and H.I.N. contributed to analyzing experiments and writing the paper. B.F.C., M.H., E.M., E.S., J.F.G., C.S., J.Reiné, S.P., E.N., E.L.G., W.A.A.d.S.P. and M. Mina for his input in study design.

Competing interests
The authors declare no competing interests.

Additional information
Supplementary information is available for this paper at https://doi.org/10.1038/s41590-018-0231-y.

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Methods
Study design and sample collection. Healthy adult volunteers were 1:1 randomized to receive either intranasal LAIV (2015/2016 FluDenz Tetra or FluMist Tetra, AstraZeneca) or intramuscular quadrivalent inactivated influenza vaccination (Fluenz 4, GlaxoSmithKline), as described previously 4. The control group also received a nasal saline spray, while the LAIV group also received an intramuscular saline injection. Three days post-vaccination, all subjects were inoculated with 80,000 colony-forming units (CFU) per nostril of S. pneumoniae 6B type as described previously 6,51. Nasal microbiopises (ASL, Rhino-Pro, Arlington Scientific) and nasal lining fluid samples (Nasosorption, Hunt Developments) were collected and stored at −80°C as previously described 6.

Clinical trial details. The double-blinded, randomized clinical LAIV-EHPC (experimental human pneumococcal carriage) trial was registered on EudraCT (number 2014-004634-26) on 28 April 2015 and ISRCTN (number 16995271) on 2 September 2015 and was co-sponsored by the Royal Liverpool University Hospital and the Liverpool School of Tropical Medicine. Key eligibility criteria included capacity to give informed consent, no immunocompromised state or contact with susceptible individuals, no pneumococcal or influenza vaccine or infection in the last 2 years and not having taken part in EHPC studies in the past 3 years. The primary endpoint was the occurrence of pneumococcal colonization as determined by the presence of pneumococcus in nasal wash samples at any time point post-inoculation up to and including day 29, detected using classical microbiology or lytA quantitative PCR as previously described 6,51,53. In this study, 130 volunteers were inoculated with pneumococcus, giving an 80% power to identify a 50% increase in carriage acquisition. Of 130 vaccinated volunteers, 5 were natural pneumococcal carriers in the LAIV arm and 3 in the control arm and were excluded from further analysis. Another 8 subjects in the LAIV arm were excluded following a systematic LAIV dispensing error by a single practitioner, as recommended by the trial steering group. This resulted in final totals of 55 subjects analyzed in the LAIV arm and 62 subjects in the control arm. Key secondary endpoints included the load of pneumococcal colonization in nasal wash samples at each time point following pneumococcal inoculation (days 2, 7, 9, 14, 22 and 29), detected using classical microbiology; the area under the curve of pneumococcal colonization load following pneumococcal inoculation (days 2, 7, 9, 14, 22 and 29), detected using classical microbiology or by molecular methods (lytA); and the immunological mechanisms associated with altered susceptibility to pneumococcus following LAIV. The outcomes reported in this manuscript were a priori included in the study protocol.

Ethics statement. All volunteers gave written informed consent, and research was conducted in compliance with all relevant ethical regulations. Ethical approval was given by the East Liverpool National Health Service Research and Ethics Committee/Liverpool School of Tropical Medicine Research and Ethics Committee, reference numbers 15/NW/0146 and 14/NW/1460 and Human Tissue Authority licensing number 12548.

Flow cytometry analysis. Immunophenotyping of nasal cells obtained by curettes was performed as previously described 6,51. In brief, cells were dislodged from curettes and stained with LIVE/DEAD Fixable Violet Dead Cell Stain (Thermo Fisher Scientific) and an antivirus cocktail containing EpCam-PE (9C4; BioLegend), CD3-APC (L243; BioLegend), CD16-APC (3G8; BioLegend), C66b6b-FITC (G105F, BioLegend), CD3-APC/CH7 (SK7; BD Biosciences), CD14-PerCpC5.5 (Mp9, BD Biosciences) and CD45-PAC/Orange (H30, Thermo Fisher Scientific). Whole blood was stained for 15 min at room temperature with TIGIT-PE/Cy7 (A15153G, BioLegend) and CD16-APC, followed by 2×10 min incubation steps with FACS lysys buffer (BD Biosciences) to remove erythrocytes. Samples were acquired on an LSR II flow cytometer (BD Biosciences) and analyzed using Flowjo X (Treestar). Fluorescent minus one controls for each of the included antibodies were used to validate results. For the LAIV and control cohorts, but not the additional validation cohort (Supplementary Fig. S6), 84 of 533 samples (15.2%) had less than 500 immune cells or 250 epithelial cells and were excluded from further analysis.

Neutrophil opsonophagocytic killing. Neutrophil killing capacity was evaluated as previously described 6,51. Briefly, neutrophils were isolated through density-gradient centrifugation, followed by 45 min incubation with serotype 6B pneumococcal (inoculation strain, multiplicity of infection 100:1), baby rabbit complement (Mast Group) and human intravenous immunoglobulin (Gamunex, Grifols). In some experiments, recombinant TNF or CXC1L1 (Bio-Technne) was added.

Luminex analysis of nasal lining fluid or stimulated nasal cells. Nasal cells collected in nasal wash were grown in containing 1% penicillin/streptomycin/antimycotics (Thermo Fisher Scientific) and 10% heat-inactivated FBS (Thermo Fisher Scientific) were incubated with 50µg/ml β-DNase I (Sigma Aldrich) at room temperature for 20 min and filtered over a 70 µm filter (Thermo Fisher Scientific). Cells were spun down at 450g for 5 min, resuspended, counted and incubated at 250,000 cells ml−1 in 96-well or 384-well plates (Thermo Fisher Scientific). Heat-killed S. pneumoniae inoculation strain was added at a concentration of 10000 CFU ml−1 (corresponding to 4.3×10^4 CFU ml−1), and cells were incubated for 18h. Bacterial protein concentration was measured by Bradford assay, using BSA as standard, and titration experiments were performed to determine dose. Supernatant was collected and stored at −80°C until analysis. For nasosorption filters, cytokines were eluted from stored filters using 100µl of assay buffer (Thermo Fisher Scientific) by centrifugation, then the eluate was cleared by further centrifugation at 16,000g. Prior to analysis, samples were centrifuged for 10 min at 16,000g to clear samples. These were acquired on an LX200 using a 30-plex magnetic human Luminex cytokine kit (Thermo Fisher Scientific) and analyzed with xPonent3.1 software following the manufacturer’s instructions. Samples were analyzed in duplicate, and nasosorption samples with a coefficient of variation (CV) of >25% were excluded.

RNA extraction and sequencing. Nasal cells were collected in RNALater (Thermo Fisher Scientific) at −80°C until extraction. Extraction was performed using the RNEasy Micro Kit (Qiagen) with on-column DNA digestion. Extracted RNA was quantified using a Qubit (Thermo Fisher Scientific). Sample integrity assessment (Bioanalyzer, Agilent), library preparation and RNA sequencing (Illumina HiSeq4000, 20 million reads, 100 paired-end reads) were performed at the Beijing Genomics Institute.

NanoString. Purified blood neutrophils were stored in RLT buffer (Qiagen) with 2% mercaptoethanol (Sigma Aldrich) at −80°C until RNA extraction as above. The total cell mRNA v2 kit (NanoString) was used with 20 pre-amplification cycles for all samples. Hybridized samples were prepared on a Prep Station and scanned on a nCounter MAX (NanoString). Raw counts were analyzed using DESeq2 with internal normalization, which gave lower variance than normalizing to included housekeeping genes. DEGs were identified using a model matrix correcting for repeated individual measurements.

RNA sequencing analysis. Quality control of raw sequencing data was done using FastQC. Mapping to a human reference genome assembly (GRCh38) was done using STAR 2.5.0a 46. Read counts from the resulting binary alignment map files were obtained with featureCounts using a general transfer format gene annotation from the Ensembl database 47,48. The R/Bioconductor package DESeq2 was used to identify differentially expressed genes among the samples, after removing absent features (zero counts in more than 75% of samples) 46. Genes with a false-discovery rate value of <0.1 and an absolute fold change of >1.5 were identified as differentially expressed.

Coexpression analysis. For coexpression analysis, counts were normalized using log(counts per million (CPM)), and the log([fold change]) was calculated for each time point in a subject-wise manner. The coexpression analysis was performed separately for each group (control and LAIV) using the CEMiTool package developed by our group and available at Bioconductor (https://bioconductor.org/packages/release/bioc/html/CEMiTool.html) 39. This package unifies the discovery and the analysis of coexpression gene modules, evaluating whether modules contain genes that are over-represented in specific pathways that are altered in a specific sample group. A P-value=0.05 was applied for filtering genes with low expression levels.

Statistical analysis. All experiments were performed randomized and blinded. Two-tailed statistical tests were used throughout the study. When log-normalized data were not normally distributed, non-parametric tests were performed and multiple-correction testing (Benjamini-Hochberg) was applied for gene expression and coexpression analysis.

Reporting Summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability
Raw RNA sequencing data have been deposited in the Gene Expression Omnibus repository, accession number GSE117580. All other underlying data are provided in the manuscript.

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Experimental design

1. Sample size
   Describe how sample size was determined.

   With baseline carriage rates of 50% (expected based on prior data from our model), 73 participants in each arm were required for 80% power to detect a 50% relative increase in pneumococcal acquisition at any time point, after 10% drop-out.

2. Data exclusions
   Describe any data exclusions.

   Of 130 vaccinated volunteers, five were natural pneumococcal carriers (two in LAIV arm and three in control arm) and were excluded from further analysis. Another 8 subjects in the LAIV arm were excluded following a systematic LAIV dispensing error by a single practitioner, as recommended by the trial steering group. This resulted in a final 55 subjects analysed in the LAIV arm and 62 subjects in the control arm.

3. Replication
   Describe the measures taken to verify the reproducibility of the experimental findings.

   Key findings, including monocyte recruitment to the nasopharynx were validated in an independent patient cohort. All attempts are replication findings were successful.

4. Randomization
   Describe how samples/organisms/participants were allocated into experimental groups.

   Using a permuted-block algorithm (1:1, blocks of 10) held in sealed envelopes, participants were randomised to receive either nasal LAIV (Fluenz Tetra or FluMist Tetra, AstraZeneca, UK, used interchangeably due to procurement shortages) paired with intramuscular placebo (0.5ml normal saline), or nasal placebo [control] (0.2ml normal saline) paired with intramuscular Quadrivalent Inactivated Influenza Vaccination (Fluarix Tetra, GlaxoSmithKline, UK) (see supplemental methods for flu strains).

5. Blinding
   Describe whether the investigators were blinded to group allocation during data collection and/or analysis.

   This was a double-blinded, randomized trial where investigators were blinded during data collection and data analysis.
6. Statistical parameters

   For all figures and tables that use statistical methods, confirm that the following items are present in relevant figure legends (or in the Methods section if additional space is needed).

   n/a | Confirmed
   □   | □

   □   | □ The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement (animals, litters, cultures, etc.)
   □   | □ A description of how samples were collected, noting whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
   □   | □ A statement indicating how many times each experiment was replicated
   □   | □ The statistical test(s) used and whether they are one- or two-sided
      | Only common tests should be described solely by name; describe more complex techniques in the Methods section.
   □   | □ A description of any assumptions or corrections, such as an adjustment for multiple comparisons
   □   | □ Test values indicating whether an effect is present
      | Provide confidence intervals or give results of significance tests (e.g. P values) as exact values whenever appropriate and with effect sizes noted.
   □   | □ A clear description of statistics including central tendency (e.g. median, mean) and variation (e.g. standard deviation, interquartile range)
   □   | □ Clearly defined error bars in all relevant figure captions (with explicit mention of central tendency and variation)

See the web collection on statistics for biologists for further resources and guidance.

7. Software

Policy information about availability of computer code

7. Software

Describe the software used to analyze the data in this study.

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STAR-2.5.0a was used to align RNA-Seq read
featureCounts v1.5.2 was used to extract numbers of mapped reads from aligned RNA-seq data
FastQC v0.11.5 was used for RNA-Seq QC analysis
MultiQC v1.1 was used for RNA-Seq QC analysis
Flowjo v10 was used for analysing flow cytometry data

The following R packages were used:
DESeq2 v1.14.1 was used to perform differential gene expression analysis from Nanostring and RNA-Seq data
Cemitool v0.99.9 was used for co-expression analysis from gene expression data

For manuscripts utilizing custom algorithms or software that are central to the paper but not yet described in the published literature, software must be made available to editors and reviewers upon request. We strongly encourage code deposition in a community repository (e.g. GitHub). Nature Methods guidance for providing algorithms and software for publication provides further information on this topic.

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Materials and reagents

Policy information about availability of materials

8. Materials availability

   Indicate whether there are restrictions on availability of unique materials or if these materials are only available for distribution by a third party.

   No unique materials were developed or used for this study

9. Antibodies

   Describe the antibodies used and how they were validated for use in the system under study (i.e. assay and species).

   Epcam-PE, clone 9C4, Biolegend catalogue #324206, 1:20 dilution
   HLADR-PECy7, clone L243, Biolegend catalogue #307616, 1:20 dilution
   CD16-APC, clone 3G8, Biolegend catalogue #302012, 1:20 dilution
   CD66b-FITC, clone G10F5, Biolegend catalogue #305104, 1:20 dilution
   CD3-APC, clone SK7, BD catalogue #560176, 1:33 dilution
   CD14-PercpCy5.5, clone MφP9, BD catalogue #562692, 1:20 dilution
   CD45-PACOrange, clone HI30, ThermoFisher catalogue #MHCD4530, 1:20 dilution
   TIGIT-PECy7, clone A15153G, Biolegend catalogue #372714, 1:20 dilution

   We previously reported the use of this panel on nasal cells. (Jochems et al, Plos One, 2017, https://doi.org/10.1371/journal.pone.0169805). Fluorescent minus one controls were used to validate the panel.
   Utilized lot IDs were not recorded for this study.
10. Eukaryotic cell lines
   a. State the source of each eukaryotic cell line used. no eukaryotic cell lines were used
   b. Describe the method of cell line authentication used. no eukaryotic cell lines were used
   c. Report whether the cell lines were tested for mycoplasma contamination. no eukaryotic cell lines were used
   d. If any of the cell lines used are listed in the database of commonly misidentified cell lines maintained by ICLAC, provide a scientific rationale for their use. no eukaryotic cell lines were used

- Animals and human research participants

Policy information about studies involving animals; when reporting animal research, follow the ARRIVE guidelines

11. Description of research animals

   Provide all relevant details on animals and/or animal-derived materials used in the study.

   No animals were used

Policy information about studies involving human research participants

12. Description of human research participants

   Describe the covariate-relevant population characteristics of the human research participants.

   Age (median + range) = 20 (18-48);
   Female gender no (%) = 79 (58.9);
   Mean pneumococcus inoculation dose in CFU (sd) = 75699 (8478);
   The volunteers were healthy young adults