1. Introduction

1.1. An operator. The object of our investigation is the linear operator $T$, mapping functions defined on $\mathbb{R}^d$ to functions defined on $\mathbb{R}^d$, defined by

$$Tf(x) = \int_{\mathbb{R}^{d-1}} f(x' - t, x_d - |t|^2) \, dt$$

where $x = (x', x_d) \in \mathbb{R}^{d-1} \times \mathbb{R}^1$. $T$ is one of the most basic examples of a quite broad class of generalized Radon transforms, and more generally, of Fourier integral operators. These generalized Radon transforms take the form

$$Tf(x) = \int_{M_x} f(y) \, d\sigma_x(y),$$

where for each $x$ in some ambient manifold, each set $M_x$ is a smooth submanifold of a second ambient manifold, $M_x$ varies smoothly with $x$, and $\sigma_x$ is a smooth multiple of the induced surface measure on $M_x$. A transversality hypothesis is also imposed, guaranteeing that the transpose of $T$ is a generalized Radon transform in the same sense.

As is well known, the particular operator $T$ defined by (1.1) maps $L^{(d+1)/d}(\mathbb{R}^d)$ boundedly to $L^{d+1}(\mathbb{R}^d)$, but does not map $L^p$ boundedly to $L^q$ for any other exponents $p, q$. The localized operator

$$T_0f(x) = \int_{|t| \leq 1} f(x' - t, x_d - |t|^2) \, dt,$$

with $x$ restricted to a fixed bounded subset of $\mathbb{R}^d$, does obey a wider class of $L^p \to L^q$ inequalities, but all of them are consequences of this most basic inequality by interpolation with trivial estimates and Hölder’s inequality.

The $L^{(d+1)/d}(\mathbb{R}^d) \to L^{d+1}(\mathbb{R}^d)$ inequality, in much greater generality, was originally established by arguments relying on $L^2$ smoothing properties, which in turn were established by Fourier transform or Fourier integral operator theory. In this paper we use combinatorial methods to establish refinements of this inequality.

These refinements are of three types.

(i) A rough characterization is given of quasiextremals, by which we mean functions $f$ for which $\|Tf\|_{(d+1)/d} / \|f\|_{(d+1)/d}$ is at least a constant multiple of...
the supremum of this ratio over all functions. This constant can be arbitrarily small.

(ii) Theorem 1.3 asserts that if \( f \) is sparsely distributed in a certain precise sense, then \( \|Tf\|_{d+1}/\|f\|_{(d+1)/d} \) is small.

(iii) It is shown that \( T \) maps \( L^{(d+1)/d} \) to the Lorentz space \( L^{d+1,r} \) for any \( r > \frac{d+1}{d} \); these spaces are strictly smaller than \( L^{d+1} \) when \( r < d + 1 \). The range of \( r \) is optimal, except perhaps for the endpoint case \( r = \frac{d+1}{d} \), which remains open. Underlying this extension is a general functional analytic framework for passing from restricted weak type inequalities to strong type, and more general Lorentz type, inequalities. For such an extrapolation specific additional information, which here takes the form of a certain multilinear inequality, is also needed; see Lemma 8.1. This formalism has already been exploited by Stovall [26] to prove strong type inequalities for a different class of Radon-like transforms, for which only restricted weak type estimates had previously been known. It has also been applied by Dendrinos, Laghi, and Wright [14] to another related class of transforms. This formalism does not rely on the characterization of quasiextremals; it is less specific and hence more flexible.

The particular operator (1.1) is distinguished from others of the form (1.2) by the presence of a group of associated symmetries of quite high dimension. These symmetries are central to our discussion, and dictate the form of the results.

More general operators of the same general class enjoy fewer symmetries, and the most straightforward extensions of the main results of this paper to those generalizations are false. See for example Stovall’s characterization [27] of quasiextremals for the operator defined by convolution with surface measure on a sphere in \( \mathbb{R}^d \). The techniques developed here are nonetheless the basis of further work [27],[29] which, with further ideas, establishes the correct extensions.

It is natural to ask why the measure \( dt \) is employed in the definition (1.1) of \( T \), rather than surface measure on the paraboloid pulled back to \( \mathbb{R}^{d-1} \). A partial answer is that \( dt \) possesses a dilation symmetry which surface measure lacks. A fuller answer may be found in the discussion of affine surface measure in [9].

1.2. Restricted weak type inequality. The slightly weaker restricted weak type formulation of the \( L^{(d+1)/d} \to L^{d+1} \) inequality says that for any two measurable sets,

\[
\langle T(\chi_E \ast \cdot), \chi_E \rangle \lesssim |E|^{d/(d+1)} |E^\ast|^{d/(d+1)},
\]

where \( \chi_E \) denotes the characteristic function of \( E \). Combinatorial proofs of (1.4) have been given in [24] and [5].
\(1.4\) has a more geometric interpretation than does the \(L^p\) norm inequality. Denote by \(I \subset \mathbb{R}^d \times \mathbb{R}^d\) the incidence manifold
\[
I = \{(x, y) \in \mathbb{R}^{d+d} : y_d = x_d - |y' - x'|^2\}
\]
where \(x = (x', x_d)\) and \(y = (y', y_d)\). Let \(\pi, \pi^* : I \to \mathbb{R}^d\) be the projections
\[
\pi(x, x_*) = x \text{ and } \pi^*(x, x_*) = x_*.
\]
Then
\[
\langle T(\chi_{E^*}), \chi_E \rangle = c|I \cap (E \times E^*)|,
\]
where \(|\cdot|\) denotes Lebesgue measure on \(I\), and thus \(\langle T(\chi_{E^*}), \chi_E \rangle\) represents the continuum number of incidences between \(E, E^*\).

The restricted weak type inequality \((1.4)\) is sharp not only in the sense that neither exponent \(d/d+1\) can be increased without decreasing the other, but moreover, for any \(t, t_* > 0\) there exist sets \(E, E^*\) satisfying \(|E| = t\) and \(|E^*| = t_*\) with
\[
\langle T(\chi_{E^*}), \chi_E \rangle \geq c|E|^{d/(d+1)}|E^*|^{d/(d+1)}
\]
where \(c > 0\) is independent of \(t, t_*\). Our refinement will quantify the principle that this inequality can nonetheless be improved for typical sets.

1.3. Definition of quasiextremals. To formulate refinements requires a definition.

**Definition 1.1.** Let \(\varepsilon \in \mathbb{R}^+\). An ordered pair \((E, E^*)\) of Lebesgue measurable subsets of \(\mathbb{R}^d\) is said to be \(\varepsilon\)-quasiextremal for the inequality \((1.4)\) if
\[
0 < |E|, |E^*| < \infty \text{ and }\]
\[
\langle T(\chi_{E^*}), \chi_E \rangle \geq \varepsilon|E|^{d/(d+1)}|E^*|^{d/(d+1)}.
\]

We will say simply that \((E, E^*)\) is \(\varepsilon\)-quasiextremal.

The first goal of this note is to identify, in a natural sense, all \(\varepsilon\)-quasiextremal pairs, thereby refining the norm inequalities already known. This is rather different from the general problem of identifying all exact extremals and finding the optimal constants in the strong type and restricted weak type inequalities, concerning which we have nothing to contribute. Here we are interested in pairs that are extremal merely up to the factor \(\varepsilon\). There are several natural asymptotic regimes for \(\varepsilon\). The simplest has \(\varepsilon\) bounded below, while in the second, \(\varepsilon\) tends to zero; both of these are addressed by our results. In this paper we obtain no additional information when \(\varepsilon\) approaches, or equals, the optimal constant in the inequality, but those situations are the topic of a subsequent work [9].

An alternative formulation of quasiextremality is more natural for more general operators. For any \(t, t_* > 0\) define
\[
\Lambda(t, t_*) = \sup_{|E| = t, |E^*| = t_*} t^{-d/(d+1)}t_*^{-d/(d+1)} \langle T(\chi_{E^*}), \chi_E \rangle.
\]
One could then define an \(\varepsilon\)-quasiextremal pair by the inequality
\[
\langle T(\chi_{E^*}), \chi_E \rangle \geq \varepsilon \Lambda(|E|, |E^*|).
\]
For the particular operator (1.1), it turns out that $\Lambda(t,t_*) \sim t^{d/(d+1)} t_*^{d/(d+1)}$ for all $t,t_*$. For the localized operator $T_0$, however, the relationship between these two alternative notions of quasiextremality is more complicated. See the discussion following Theorem 1.4 below.

1.4. A family of quasiextremals. We first describe a family of quasiextremals, that is, $\varepsilon$-quasiextremals with $\varepsilon$ bounded below by a fixed positive constant.

**Definition 1.2.** For any point $\bar{z} = (\bar{x}, \bar{x}_*) \in \mathcal{I}$, any $\rho > 0$, any orthonormal basis $e = \{e_1, \cdots, e_{d-1}\}$ for $\mathbb{R}^{d-1}$, and any $r, r^* \in (\mathbb{R}^+)^{d-1}$ satisfying

$$r_j r_j^* = \rho \forall 1 \leq j \leq d - 1$$

$B(\bar{z}, e, r, r^*)$ denotes the set of all $z = (x, x_*) \in \mathcal{I}$ satisfying all of

$$|\langle x' - \bar{x}', e_j \rangle| < r_j \forall j,$$

$$|x_d - (\bar{x}_*)d - |x' - \bar{x}'_d|^2| < \rho,$$

$$|\langle x'_* - \bar{x}'_*, e_j \rangle| < r_j^* \forall j,$$

$$|\langle x_d - \bar{x}_d + |x'_* - \bar{x}'_d|^2| < \rho.$$  

$B$ is by definition the intersection of $\mathcal{I}$ with a certain Cartesian product $E \times E^*$, whence $\pi(B) \subset E$ and $\pi^*(B) \subset E^*$. In fact, $\pi(B), \pi^*(B)$ are essentially equal to $E, E^*$; see the proof of Proposition 1.1 in §12.

Our canonical quasiextremal pairs will be all ordered pairs $(E, E^*) = (\pi B, \pi^* B)$, where $B = B(\bar{z}, e, r, r^*)$ is any of the balls defined above.

**Proposition 1.1.** There exists $c_0 > 0$ such that uniformly for all sets $B$ described in Definition 1.2, the pair of sets $(E, E^*) = (\pi B, \pi^* B)$ is $c_0$-quasiextremal for the inequality (1.4), that is, $\langle T(\chi_{\pi^*(B)}), \chi_{\pi(B)} \rangle \geq c_0 |\pi(B)|^{d/(d+1)} |\pi^*(B)|^{d/(d+1)}$.

The straightforward verification of this claim is postponed to §12.

These sets are numerous; $B$ depends on $2d - 1 + \frac{1}{2}d(d+1)$ free parameters. All of them are derived from a single example via the application of geometric symmetries, discussed below.

We will call these sets “balls” in recognition of the partial analogy with balls introduced in connection with various problems in harmonic analysis, partial differential equations, and complex analysis in several variables; see for instance [20],[2],[15],[22],[8],[17],[18]. However, whereas those other types of balls are associated to certain metrics in the sense of point-set topology, the sets $B$ do not seem to be naturally associated with metrics. It seems to be an interesting question what the analogous geometric structures are, if any, for other Radon-like transforms defined by integration over submanifolds of dimension strictly greater than one. We maintain that the sets defined by Definition 1.2 are natural analogues, for our particular operator $T$, of the
balls associated to Radon-like transforms defined by integration over one-dimensional manifolds \[^{[30]}\]. The family of sets \(B\) is studied in more detail in \[^{[9]}\].

1.5. Main result. If there is some \(B\) such that \(E\) is the union of \(\pi(B)\) with an arbitrary set having measure \(\varepsilon^{-1}|\pi(B)|\), and likewise \(E^*\) is the union of \(\pi^*(B)\) with an arbitrary set of measure \(\varepsilon^{-1}|\pi^*(B)|\), then \((E,E^*)\) is \(\varepsilon\)-quasiextremal. Thus \(\varepsilon\)-quasiextremality for small \(\varepsilon\) cannot impose structure on more than small portions of \(E,E^*\).

Write \(T(E,E^*) = \langle T(\chi_{E^*}), \chi_E \rangle\).

**Theorem 1.2.** Let \(d \geq 2\). There exist \(C,A < \infty\) with the following property. For any \(\varepsilon > 0\) and any measurable sets \(E,E^* \subset \mathbb{R}^d\) of positive Lebesgue measures satisfying \(T(E,E^*) \geq \varepsilon|E|^{d/(d+1)}|E^*|^{d/(d+1)}\), there exists a set \(B \subset I\) of the type described in Definition 1.2, such that the associated pair \((B,B^*) = (\pi(B),\pi^*(B))\) satisfies

\[
T(E \cap B,E^* \cap B^*) \geq C^{-1}\varepsilon^A T(E,E^*)
\]

and

\[
|B| \leq |E| \text{ and } |B^*| \leq |E^*|.
\]

The proof of Theorem 1.2 yields a slightly stronger conclusion: there exists a pair \((B,B^*)\) satisfying

\[
T(E \cap B,E^* \cap B^*) \geq C^{-1}\varepsilon A T(E,E^*)
\]

and

\[
|B| \leq C\varepsilon^{-A}|E| \text{ and } |B^*| \leq C\varepsilon^{-A}|E^*|.
\]

This implies (1.13), (1.14) by a simple covering argument, Lemma 7.2.

A result related in spirit, though for a different operator, is an inequality of Moyua, Vargas, and Vega \[^{[19]}\]. A fundamental difference here is the more complicated geometry; the set of all sets \(B\) of the type described above having a specified measure, does not enjoy simple covering properties like those of the set of all Euclidean balls of specified measure.

Theorem 1.2 does not characterize quasiextremal pairs, even disregarding the ambiguity inherent in the exponent \(A\). There exists a constant \(\delta > 0\) such that for any \(B\), there exist sets \(E \subset B = \pi(B), E^* \subset B^* = \pi^*(B)\) satisfying \(|E| \geq \delta|B|\) and \(|E^*| \geq \delta|B^*|\), yet \(T(\chi_{E^*}), \chi_E) = 0\). The analysis does give some further information about quasiextremal pairs, but we do not know how to formulate it in a useful way. However, more can be said about single quasiextremal sets and functions. See Theorem 1.7 below.

A further refinement would be to obtain the optimal value for the exponents \(A\) in (1.13) or (1.16), or \(\delta\) in (1.17), below. Some concrete numbers could be extracted from the proof, but we have investigated neither their value nor their optimality.
Theorem 1.2 can be equivalently reformulated as a refinement of the restricted weak type bound.

**Theorem 1.3.** There exist $C < \infty$ and $\delta > 0$ such that for any measurable sets $E, E^* \subset \mathbb{R}^d$ of positive Lebesgue measures,

\begin{equation}
\langle T(\chi_{E^*}), \chi_E \rangle \leq C|E|^{d/(d+1)}|E^*|^{d/(d+1)} \cdot \sup_{\mathcal{B}} \left( \frac{|E \cap \pi(\mathcal{B})|}{|E|} \cdot \frac{|E^* \cap \pi^*(\mathcal{B})|}{|E^*|} \right)^{\delta}
\end{equation}

where the supremum is taken over all $\mathcal{B}$ described in Definition 1.2 satisfying $|\pi(\mathcal{B})| \leq |E|$ and $|\pi^*(\mathcal{B})| \leq |E^*|$. 

1.6. **A local analogue.** The situation for the localized operator $T_0$ is more complicated to describe, though not more subtle. Recall that $T_0$ maps $L^p$ to $L^q$ if and only if $(p^{-1}, q^{-1})$ belongs to the convex hull of $(0,0)$, $(1,1)$, $(0,1)$, and $(d/(d+1), 1)$. These inequalities follow from the $L^{(d+1)/d} \to L^{d+1}$ inequality via interpolation with the trivial $L^1 \hookrightarrow L^1$ and $L^\infty \hookrightarrow L^\infty$ bounds.

Define

\begin{equation}
\Lambda_0(t,t_*) = \sup_{|E|=t} \sup_{|E^*|=t_*} \langle T_0(\chi_{E^*}), \chi_E \rangle.
\end{equation}

$(E, E^*)$ is said to be $\varepsilon$-quasixtremal with respect to the functional $\Lambda_0$ if $\langle T_0(\chi_{E^*}), \chi_E \rangle \geq \varepsilon \Lambda(|E|, |E^*|).$

Since $T_0$ preserves both $L^1$ and $L^\infty$, there is the bound

\[ \langle T_0(\chi_{E^*}), \chi_E \rangle \leq C \min(|E|, |E^*|, |E|^{d/(d+1)}|E^*|^{d/(d+1)}), \]

so $\Lambda_0(t,t_*) \leq C \min(t, t_*, t^{d/(d+1)}_*)$. Simple examples demonstrate that there are no stronger power law bounds:

\[ \Lambda_0(t,t_*) \sim \min(t, t_*, t^{d/(d+1)}_*), \]

uniformly for all $t, t_*$. Note that $\Lambda_0(t,t_*) \sim t^{d/(d+1)}_*$ if and only if $|t| \gtrsim |t_*|^d$ and $|t_*| \gtrsim |t|^d$; otherwise the upper bound $\min(|t|, |t_*|)$ is more restrictive.

**Theorem 1.4.** Let $c > 0$ be arbitrary. Suppose that $\langle T_0(\chi_{E^*}), \chi_E \rangle \geq \varepsilon \Lambda_0(|E|, |E^*|)$, and moreover that

\begin{equation}
|E| \geq c|E^*|^d \quad \text{and} \quad |E^*| \geq c|E|^d.
\end{equation}

Then there exist $\mathcal{B}, B, B^*$ there exists a set $\mathcal{B} \subset \mathcal{I}$, of the type described in Definition 1.2 such that the associated pair $(B, B^*) = (\pi(\mathcal{B}), \pi^*(\mathcal{B}))$ satisfies

\[ \langle T_0(\chi_{E \cap \mathcal{B}^*}), \chi_{E \cap B} \rangle \geq C^{-1} \varepsilon^A \langle T_0(\chi_{E^*}), \chi_E \rangle \]

with $|B| \leq C|E|$ and $|B^*| \leq C|E^*|$. 

This is a direct consequence of Theorem 1.2 since (1.19) implies that $\Lambda_0(|E|, |E^*|)$ is comparable to $|E|^{d/(d+1)}|E^*|^{d/(d+1)}$.

No reasonable analogue of the conclusion holds without the supplementary hypothesis (1.19). Perhaps the simplest example illustrating this is
where $E^*$ is the unit ball $B(0, 1)$, and $E$ is an arbitrary subset of $B(0, \frac{1}{2})$ of small measure. Then $\langle T_0(\chi_{E^*}), \chi_E \rangle \sim |E| \sim \Lambda_0(|E|, |E^*|)$, uniformly over all $E \subset B(0, \frac{1}{2})$.

To construct a second class of trivial examples, consider any positive integer $N$ and any subset $\{z_j : 1 \leq j \leq N\}$ of $\mathbb{R}^d$ of cardinality $N$. Let $F \subset \mathbb{R}^d$ be the union of the paraboloids $P_j = \{z_j - (t, |t|2) : t \in \mathbb{R}^{d-1} \text{ and } |t| < 1\}$. Let $E_δ^*$ be the set of all points within distance $2δ$ of $\bigcup_{j=1}^N P_j$, and let $E_δ = \bigcup_{j=1}^N B(z_j, δ)$ be the union of the $N δ$-balls centered at the points $z_j$. If $δ \in (0, 1]$ is chosen to be sufficiently small, depending on $\{z_j\}$, then $|E_δ^*| \sim Nδ^d$, while $|E_δ| \sim Nδ^d$, uniformly in $N, δ$ provided that $δ$ is sufficiently small. Thus $|E_δ| \lesssim |E_δ^*|^d$, whence $\Lambda_0(|E_δ|, |E_δ^*|) \sim |E_δ|$. Moreover $|E_δ| \ll |E_δ^*|^d$ as $N \to \infty$. Clearly $T(\chi_{E^*}) \gtrsim 1$ at every point of $E_δ$, uniformly in all parameters, whence $\langle T_0(\chi_{E^*}), \chi_E \rangle \gtrsim \Lambda_0(|E|, |E^*|)$.

### 1.7. Three extensions

Theorem 1.2 has an extension to general functions. We say that a pair of functions $(f, f^*)$ is $\varepsilon$-quasiextremal if both $f, f^*$ have finite $L^{(d+1)/d}$ norms and

\[(1.20) \quad |\langle T f^*, f \rangle| \geq \varepsilon \|f\|_{(d+1)/d} \|f^*\|_{(d+1)/d}.
\]

**Theorem 1.5.** There exist $c, A \in \mathbb{R}^+$ such that for any $\varepsilon > 0$, for any pair of nonnegative functions $(f, f^*)$ which is $\varepsilon$-quasiextremal in the sense of inequality (1.20), there exist sets $E, E^*$, positive scalars $t, t^*$, and a ball $B$ of the type described in Definition 1.4 such that

\[(1.21) \quad t \chi_E \leq f \text{ and } t^* \chi_{E^*} \leq f^*
\]

\[(1.22) \quad \langle T(t^* \chi_{E^* \cap B^*}), t \chi_{E \cap B} \rangle \geq c A \langle T(f^*), f \rangle
\]

\[(1.23) \quad |B| \leq |E| \text{ and } |B^*| \leq |E^*|,
\]

where $(B, B^*) = (\pi(B), \pi^*(B))$.

The proof leads naturally to Lorentz space inequalities. Denote by $L^{p,r}$ the usual Lorentz spaces $[25]$. Any measurable function function $f$ is expressed uniquely, modulo null sets, as $f(x) = \sum_{k \in \mathbb{Z}} 2^k f_k(x)$ where $\chi_{E_k}(x) \leq |f_k(x)| < 2\chi_{E_k}(x)$ and the sets $E_k$ are pairwise disjoint. Then the $L^{p,r}$ norm of $f$ is comparable to $(\sum_{k \in \mathbb{Z}} (2^k |E_k|^{1/p})^r)^{1/r}$; $L^{p,r}$ is the set of all functions having finite norms. $L^{p,r}$ embeds properly in $L^p$ whenever $r < p$.

**Theorem 1.6.** $T$ maps $L^{(d+1)/d}$ boundedly to the Lorentz space $L^{d+1,r}$ for all $r > (d + 1)/d$.

This statement is nearly optimal; no such bound can hold for $r < (d + 1)/d$. However, our method leaves open the endpoint $r = (d + 1)/d$. The proof of Theorem 1.6 introduces general ideas which should be useful in other problems. A novel feature of the argument is its reliance on a trilinear variant of the analysis.
In the case $d = 2$, Lorentz space bounds, including the endpoint $r = (d + 1)/d$ not reached by our method, are established in greater generality in [4]. It has been noted [10] that certain changes of variables intertwine $L^{p,r} \to L^{d+1}$ inequalities for $T$ with corresponding inequalities for the Radon transform. It has been shown [3] that the Radon transform maps $L^{(d+1)/d,d+1}$ boundedly to $L^{d+1}$. Reversing the changes of variables establishes the same mapping property for $T$.

However, the reasoning in [3] relies on the exponent $d+1$ being an integer, a fact which plays no role in the present paper. Indeed, Stovall [26] has combined the method introduced here in the proof of Theorem 1.6 with an extension of the analysis in [4] to establish strong type endpoint bounds for the curves $(t, t^2, t^3, \cdots t^d)$ in $\mathbb{R}^d$, for which restricted weak type bounds were established in [4]. In that situation, the corresponding exponents are not integers, so the multilinear approach does not seem to be applicable.

These results lead directly to information about individual sets or functions — as opposed to pairs of sets or functions — which are quasiextremal in the natural sense. Here are some of the possible formulations. In the following theorem, $\mathcal{B}$ always denotes a set of the type introduced in Definition 1.2.

**Theorem 1.7.** (i) If $E$ is a measurable set such that \( \|T(\chi_E)\|_{L^{d+1,\infty}} \geq \varepsilon |E|^{d/(d+1)} \) then there exists $\mathcal{B}$ which satisfies \( \pi^*(\mathcal{B}) \cap E \geq c \varepsilon C |E| \). Conversely, for any set $\mathcal{B}$ described in Definition 1.2, for any set $E \subset \pi^*(\mathcal{B})$, \( \|T(\chi_E)\|_{L^{d+1,\infty}} \geq c(|E|/\pi^*(\mathcal{B}))^{d/(d+1)} C |E|^{d/(d+1)} \).

(ii) If $f$ is a nonnegative measurable function satisfying \( \|T(f)\|_{L^{d+1}} \geq \varepsilon \|f\|_{L^{(d+1)/d}} \) then there exist a scalar $r \in \mathbb{R}^+$, a measurable set $E$, and a set $\mathcal{B}$ of the type introduced in (1.2) such that

\[
\begin{align*}
&\|r \chi_E \leq f , \\
&\|r \chi_E\|_{L^{(d+1)/d}} \geq c \varepsilon C \|f\|_{L^{d+1}/d} , \\
&|\pi^*(\mathcal{B})| \leq |E| , \\
&|\pi^*(\mathcal{B}) \cap E| \geq c \varepsilon C |E| .
\end{align*}
\]

(iii) There exist $c, C \in \mathbb{R}^+$ such that for any $\varepsilon > 0$, if $f \in L^{(d+1)/d}$ is any complex-valued function satisfying \( \|T(f)\|_{L^{d+1}} \geq \varepsilon \|f\|_{L^{(d+1)/d}} \) then there exist $r \in \mathbb{R}^+$ and a $C \varepsilon^{-C}$–bump function $\varphi$ such that

\[
\|f - r \varphi\|_{L^{(d+1)/d}} \leq (1 - c \varepsilon C) \|f\|_{L^{(d+1)/d}} .
\]

$L^{p,r}$ again denotes a Lorentz space, with the standard notation. The notion of an $\varepsilon$–bump function requires definition. Let $Q_0$ be the open cube in $\mathbb{R}^d$ consisting of of all points $(x_1, \ldots, x_d)$ satisfying $|x_j| < 1$ for all $1 \leq j \leq d$. To our set $\mathcal{B} = B(\varepsilon, e, r, r^*)$ is associated a canonical one-to-one correspondence $\Phi_B : \pi^*(\mathcal{B}) \to Q_0$. Then an $\varepsilon$–bump function associated to $\pi^*(\mathcal{B})$ is any function of the form $\varphi = \psi \circ \Phi_B$ where $\psi \in C^1$ is supported in
$Q_0$ and satisfies $\|\psi\|_{C^1} \leq \varepsilon^{-1}$ and $\|\psi\|_{C^0} \geq 1$. An $\varepsilon$–bump function is then any such function associated to $\pi^*(\mathcal{B})$ for some $\mathcal{B}$.

In part (ii), there is of course a converse, by part (i). Likewise in (iii), $r\varphi$ is a $c\varepsilon C$–quasiextremal. For the condition $\|f - r\varphi\|_{L^{(d+1)/d}} \leq (1 - c\varepsilon C)\|f\|_{(d+1)/d}$ imposes upper and strictly positive lower bounds on the coefficient $r$. $T$ is a unitary convolution operator on $L^2(\mathbb{R}^d)$, as one sees by computing the associated Fourier multiplier. Therefore $\|T\psi\|_{L^2}$ satisfies a strictly positive lower bound. Since $\psi$ has bounded $C^1$ norm and is supported in $Q_0$, $T\psi$ is also a priori bounded above in $C^1$. An elementary argument shows that $|T\psi(x)| \leq C_\varepsilon |x|^{-1/2}$, and $T\psi$ is supported in a tubular neighborhood of fixed width of a paraboloid. These facts together imply an a priori lower bound on $\|T\psi\|_{L^{d+1}}$. This is only a partial converse, to be sure; (1.24) does not directly imply that $f$ is a quasiextremal.

The symbols $c, C$ are sometimes used to denote positive finite constants whose values may change from one occurrence to the next. Typically $c$ will be assumed to be sufficiently small, while $C$ will be sufficiently large, perhaps depending on earlier values of $c, C$, to ensure that certain inequalities hold. Thus an assertion $\delta \leq C\varepsilon^c$, where $\delta$ depends on $\varepsilon$ and perhaps on certain other parameters in some fashion, means that there exist $c > 0$ and $C < \infty$ such that the inequality holds, uniformly for all $\varepsilon$ in the relevant range and uniformly in the other parameters as well.

This paper is the first of a series of works treating aspects of the meta-question: If the ratio $\Phi(f) = \|Tf\|_q/\|f\|_p$ is large, then what are the properties of $f$? The word “large” admits various interpretations. The sequel [9] proves that there exist functions which extremize $\Phi$, for $(p, q) = ((d + 1)/d, d + 1)$. In [13], qualitative properties of arbitrary critical points of $\Phi$ are studied. The paper [10] demonstrates an equivalence between the inequality studied here, and a certain inequality for the Radon transform, and explicitly identifies all extremizers for both.

I am indebted to Betsy Stovall for pointing out the formulation (1.15), (1.16) of Theorem 1.2, for innumerable other valuable comments, and for a thorough proofreading of the manuscript.

2. Comments

2.1. Motivation. This investigation is motivated by broader considerations. It is an open problem to determine all the $L^p \to L^q$ inequalities for all generalized Radon transforms of the type described above. In many concrete cases, one can guess certain families of pairs $(\mathcal{E}, \mathcal{E}^*)$ which dictate all the $L^p \to L^q$ inequalities. One expects that such pairs should fall into finitely many classes, with each class depending on a small finite number of continuous parameters, and that the sets $\mathcal{E}, \mathcal{E}^*$ should have rather simple geometry. However, for the general Radon-like transform as described above, satisfying the condition that $L^p$ is mapped to $L^q$ for some $q$ strictly
greater than \( p \), or equivalently (in a localized situation) that \( L^2 \) is mapped to some Sobolev space of finite order, it is quite unclear how to describe a natural family of such pairs in terms of \( T \) and the associated geometry. Our second aim is to shed some light on their structure in general, by examining a basic special case. Thirdly, and still more speculatively, we hope that the development of more refined inequalities might lead to progress on the basic \( L^p \rightarrow L^q \) inequalities.

In the corank one case in which both \( T \) and its transpose are defined by integration over one-dimensional manifolds, the natural pairs are associated to a two-parameter family of Carnot-Caratheodory balls in \( \mathcal{I} \) \( [30] \). For the fundamental example of convolution with the measure \( dt \) on the curve \((t, t^2, t^3, \ldots, t^d) \) in \( \mathbb{R}^d \), an analogue of Theorem 1.2 can be deduced from the analysis in \([4]\). More generally, we believe that a weaker analogue for the general corank one case could be deduced from the analysis of Tao and Wright \([30]\).

2.2. Symmetries imply a plethora of quasiextremals. In addition to one-parameter dilation symmetries and rotation symmetries (there is a natural action of \( O(d-1) \)), our operator enjoys further symmetries which are perhaps less immediately visible. Adopt coordinates \( x = (x', t), x^* = (x', t^*) \in \mathbb{R}^{d-1} \times \mathbb{R} \). After the substitutions

\[
(x', t) \mapsto (x', t + |x'|^2), \quad (x', t^*) \mapsto (x', t^* - |x'|^2),
\]

The equation \( t^* - t = |x' - x'|^2 \) for the incidence manifold becomes \( t^* - t = 2x' \cdot x' \). In these new coordinates there are manifest symmetries

\[
(x', t) \mapsto (Ax', t), \quad (x', t^*) \mapsto ((A^*)^{-1}x', t^*)
\]

where \( A \) is any invertible linear endomorphism of \( \mathbb{R}^{d-1} \), and \( A^* \) is its transpose. The group of all such symmetries is described in greater detail in \([9]\).

Closely related is a certain degeneracy enjoyed by \( \mathcal{I} \). Namely, for any \( 1 \leq k \leq d-1 \), there exist manifolds \( Y, Y^* \) of \( \mathbb{R}^d \), of dimensions \( k \) and \( d-1-k \) respectively, such that \( Y \times Y^* \subset \mathcal{I} \). Indeed, identify \( \mathbb{R}^d \) with \( \mathbb{R}^k \times \mathbb{R}^{d-1-k} \) and \( \mathbb{R}^1 \), and take \( Y = \{(s; 0; -|s|^2) : s \in \mathbb{R}^k \} \) and \( Y^* = \{(0; t; |t|^2) : t \in \mathbb{R}^{d-1-k} \} \). The rotation symmetry produces large families of such pairs of manifolds from these.

In this same way one sees that incidence manifolds \( \tilde{\mathcal{I}} \) defined by \( t - t^* = \sum_{j=1}^{d-1} c_j |x_j - x_j^*|^2 \), with all \( c_j \) nonzero, are equivalent to \( \mathcal{I} \) under the action of \( \text{Diff}(\mathbb{R}^d) \times \text{Diff}(\mathbb{R}^d) \); the signs of the coefficients \( c_j \) play no role.

The substitution (2.1) is related to an equivalent description in terms of the Heisenberg group. \( \mathbb{H}^{d-1} \) can be defined as a real Lie group of dimension \( 2d - 1 \), with coordinates \((y, y^*, t) \in \mathbb{R}^{d-1} \times \mathbb{R}^{d-1} \times \mathbb{R}^1 \), for which the left-invariant vector fields are spanned by \( V_j = \partial_{y_j} + y_j^* \partial_t \) for \( 1 \leq j \leq d-1 \), \( V_y^* = \partial_{y_j} - y_j \partial_t \), and \( T = \partial_t \). The tangent spaces of the level sets of the two projections \( \pi(y, y^*, t) = (y, t + y \cdot y^*) \) and \( \pi^*(y, y^*, t) = (y^*, t - y \cdot y^*) \)
of \( \mathbb{H}^{d-1} \) onto \( \mathbb{R}^d \) are spanned by \( \{V_j\}, \{V_j^*\} \), respectively. \( \mathbb{H}^{d-1} \) embeds into \( \mathbb{R}^d \times \mathbb{R}^d \) via \( \pi \times \pi^* \) and is thereby identified with the incidence manifold. This geometric structure is precisely the one described above.

In this model, pairs of manifolds \( Y \subseteq \mathbb{R}^d, Y^* \subseteq \mathbb{R}^d \) with \( Y \times Y^* \subseteq I \approx \mathbb{H}^{d-1} \) have a natural connection with the Lie algebra structure. If \( \mathcal{V} \subseteq \text{span}\{V_j\} \) and \( \mathcal{V}^* \subseteq \text{span}\{V_j^*\} \) are vector subspaces satisfying \( [\mathcal{V}, \mathcal{V}^*] = 0 \), then their images \( Y, Y^* \) under the exponential map form such a pair. Moreover, for any \( \mathcal{V} \), the dimension of its commutator is \( d - 1 - \dim(\mathcal{V}) \).

\( \mathbb{R}^{d-1} \times \mathbb{R}^{d-1} \) has a natural symplectic structure, and its linear symplectic automorphisms act naturally on \( \mathbb{H}^{d-1} \) via group automorphisms. A certain subgroup acts on \( \mathbb{R}^d \times \mathbb{R}^d \) by transformations which leave invariant the incidence manifold \( I \), as described by (2.2). These and other linear symmetries of \( \mathbb{R}^d \times \mathbb{R}^d \) which preserve \( I \), such as dilations and joint translations in the original coordinate system, produce all of the quasiextremals described in Definition 1.2 from a single quasiextremal.

2.3. A generalization. Our operator is prototypical of a class of Radon-like transforms characterized by a certain nondegeneracy property. Suppose that \( I \subseteq \mathbb{R}^{d+d} \) is a smooth manifold of dimension \( 2d - 1 \) equipped with submersions \( \pi, \pi^* \) mapping \( I \) to the two factors \( \mathbb{R}^d \). Suppose that the two foliations of \( I \) defined by \( \pi, \pi^* \) are transverse to one another. We work only in a sufficiently small relatively compact subset of \( \mathbb{R}^{d+d} \). The incidence manifold \( I \) is foliated by two transverse families of \( d - 1 \)-dimensional leaves, the level sets of \( \pi, \pi^* \). For each \( z \in I \) let \( T_z, T_z^* \) denote the tangent spaces to these leaves, respectively. Choose a nowhere-vanishing one form \( \eta \) on \( I \) that annihilates \( T_z + T_z^* \) at each \( z \in I \). Then \( (V, W) \mapsto \eta([V, W]) \) defines a skew-symmetric bilinear form on each subspace \( T_z + T_z^* \). (To define \( \eta([V, W]) \), extend \( V, V^* \) to sections in a neighborhood of \( z \), form the Lie bracket, and evaluate; the result is independent of the choices of extensions.) The general class of operators we have in mind is characterized by the nondegeneracy of this bilinear form.

For the generic incidence structure enjoying this nondegeneracy property, the family of all quasiextremals ought to be smaller, in some natural sense, than for the particular one studied here. For such a geometric structure, for any manifolds \( Y, Y^* \subseteq \mathbb{R}^d \) satisfying \( Y \times Y^* \subseteq I \), the sum of the dimensions of \( Y, Y^* \) cannot exceed \( d - 1 \). For generic structures there exist no such pairs \( Y, Y^* \), each having strictly positive dimension, with dimensions summing to \( d - 1 \). In particular, this is so for another basic example, convolution with surface measure on the unit sphere in \( \mathbb{R}^d \), in which \( I = \{(x, x^*) \in \mathbb{R}^{d+d} : |x - x^*| = 1\} \). In this case there exist such pairs satisfying \( \dim(Y) + \dim(Y^*) = d - 2 \), but not \( d - 1 \). Stovall [27] has extended the method of this paper to characterize quasiextremals for the corresponding inequality for that operator, and has found that quasiextremals there, while still numerous, are in a natural sense in one-to-one correspondence with a proper subset of the set of all quasiextremals here.
3. Parametrization of subsets of $E, E^*$

We now begin the proof of Theorem 1.2. Let $E, E^* \subset \mathbb{R}^d$ be measurable sets having finite, positive measures. Define $\alpha, \alpha_\star$ by

$$\alpha|E| = \alpha_\star|E^*| = T(E, E^*).$$

As was emphasized in [4], these average numbers of incidences play a fundamental role in this type of problem, as they do in discrete analogues. In the case where $\pi, \pi^*$ both have corank one, Tao and Wright [30] observed that $\alpha, \alpha_\star$ can be directly interpreted as radii of Carnot-Carathéodory balls in $I$. In the present situation, the “balls” $B \subset I$ are no longer determined by their centers $\bar{z}$ and these two parameters; for $d > 2$ there is quite a bit of additional freedom.

**Lemma 3.1.** There exist a point $\bar{x} \in E$, a measurable set $\Omega_1 \subset \mathbb{R}^{d-1}$, and a measurable set $\Omega \subset \Omega_1 \times \mathbb{R}^{d-1}$ such that

1. $|\Omega_1| = c\alpha$ (3.2)
2. $\bar{x} - (s, |s|^2) \in E^*$ for each $s \in \Omega_1$ (3.3)
3. $|\{t : (s, t) \in \Omega\}| = c\alpha_\star$ for each $s \in \Omega_1$ (3.4)
4. $\bar{x} - (s, |s|^2) + (t, |t|^2) \in E$ for each $(s, t) \in \Omega$. (3.5)

Here $c > 0$ is a constant, independent of $E, E^*, \alpha, \alpha_\star$. For the proof of Lemma 3.1 see [4]. The roles of $E, E^*$ in this lemma can be reversed, thus producing certain subsets of $E^*$.

Define

1. $\tilde{\Omega} = \{(s, u) : (s, s + u) \in \Omega\}$ (3.6)
2. $\mathcal{F}(s) = \{u : (s, u) \in \tilde{\Omega}\}$. (3.7)

Then $|\mathcal{F}(s)| = c\alpha_\star$ for all $s \in \Omega_1$. Making the change of variables $t = u + s$,

$$-(s, |s|^2) + (t, |t|^2) = (u, 2s \cdot u + |u|^2) = \Psi(s, u).$$

Define $H(u, r) = (u, \frac{1}{2}(r - |u|^2))$ and $\tilde{E} = H(E)$; then $|E| = 2|\tilde{E}|$. Defining

$$\Phi(s, u) = (u, s \cdot u),$$

we have $H \circ \Psi = \Phi$ and therefore, by (3.5),

$$|E| \geq 2|\Phi(\tilde{\Omega})|. \quad (3.10)$$

Following the strategy of [4], rather than seeking an upper bound for $T(E, E^*)$ directly in terms of the measures of $E, E^*$, we will establish a lower bound on $|E|$ of the form

$$|\Phi(\tilde{\Omega})| \geq c\alpha_\star^{d/(d-1)} \alpha^{1/(d-1)}.$$ (3.11)

Since $\Phi(\tilde{\Omega}) \subset E$, this implies that $|E| \geq c\alpha_\star^{d/(d-1)} \alpha^{1/(d-1)}$. By invoking the definitions of $\alpha, \alpha_\star$ one finds that this is equivalent to the endpoint restricted weak type inequality $T(E, E^*) \leq C|E|^{d/(d+1)}|E^*|^{d/(d+1)}$. 

4. Slicing bound

For polynomial mappings between spaces of equal dimensions, a bound for $|\Phi(\Omega)|$ can be obtained \cite{4,30,11} simply by writing $|\Phi(\Omega)| \geq c \int_{\Omega} |J|$, where $J$ is the Jacobian determinant of $\Phi$ and $c$ is a positive constant, depending on $\Phi$, which takes into account the failure of $\Phi$ to be injective.

The basic difficulty in establishing any lower bound on $|\Phi(\Omega)|$, from this perspective, is that $\Phi$ maps a space of dimension $2d - 2$ to a space of lower (if $d > 2$) dimension $d$.

In non-equidimensional circumstances, a simple way to obtain a bound is via a slicing argument, as was done in \cite{4}. One chooses some submanifold $M$ of the domain of $\Phi$ having the same dimension as the range of $\Phi$, and has the trivial bound $|\Phi(\Omega)| \geq |\Phi(M \cap \Omega)|$; the latter can then be analyzed by integrating the associated Jacobian. One bound obtainable for the present situation via slicing is as follows.

**Lemma 4.1** (Slicing Lemma). Let $B \subset \mathbb{R}^d$ be the (open) unit ball, and let $\Phi : \mathbb{R}^{d-1} \times \mathbb{R}^{d-1} \to \mathbb{R}^{d-1} \times \mathbb{R}^1$ be the mapping $\Phi(s,u) = (u, s \cdot u)$. Let $A : \mathbb{R}^{d-1} \to \mathbb{R}^{d-1}$ be a symmetric invertible linear transformation. Suppose that $\omega \subset A(B) \times \mathbb{R}^{d-1}$. Then

$$|\Phi(\omega)| \geq c|\det A|^{-1} \int_{\omega} |Au| du ds.$$  

**Proof.** Make the change of variables $s = At$, $u = A^{-1}v$, recalling that $A$ is symmetric. Then $\Phi(s,u) = \tilde{A}\Phi(t,v)$ where $\tilde{A}(y,r) = (A^{-1}y,r)$. Therefore $|\Phi(\omega)| = |\det A|^{-1} |\Phi(\tilde{\omega})|$ where $\tilde{\omega} = \{(t,v) : (A^{-1}t,Av) \in \omega\}$.

Now $\tilde{\omega} \subset B \times \mathbb{R}^{d-1}$. Let $\nu \in \mathbb{R}^{d-1}$ be any unit vector, and let $a \in \mathbb{R}^{d-1}$ be any vector orthogonal to $\nu$. Consider the mapping $\mathbb{R} \times \mathbb{R}^{d-1} \ni (r,v) \mapsto \Phi(a + r\nu,v) \in \mathbb{R}^{d-1} \times \mathbb{R}^1$. The image of $\tilde{\omega}_{a,\nu} = \{(r,v) : (a + r\nu,v) \in \tilde{\omega}\}$ under this mapping lies in $\Phi(\tilde{\omega})$, and this mapping is generically injective, so since its Jacobian determinant equals $v \cdot \nu$,

$$|\Phi(\tilde{\omega})| \geq \int_{\tilde{\omega}_{a,\nu}} |v \cdot \nu| dv dr.$$  

This holds for any $a \in \nu^\perp$; averaging over all $a \in B \cap \nu^\perp$ yields the bound

$$|\Phi(\tilde{\omega})| \geq c \int_{\tilde{\omega}} |v \cdot \nu| dv dt.$$  

Averaging over all unit vectors $\nu$ gives

$$|\Phi(\tilde{\omega})| \geq c \int_{\tilde{\omega}} |v| dv dt,$$

from which the desired conclusion follows by reversing the change of variables. \qed

By itself, this bound is inadequate. For one thing, it is not given that any sizable portion of $\Omega_1$ lies in any ellipsoid of controlled volume. But there is
an even more fundamental obstacle to the use of Lemma 4.1. Imagine that $|\Omega_1| = 1$, that $\Omega_1$ is a subset of a Euclidean ball $B$ of radius $R \gg 1$, and that $\Omega_1$ is rather evenly distributed throughout $B$, up to some small spatial scale. Inequality (4.1) then incorporates a factor of $R^{-(d-1)}$ resulting from the factor $|\det T|^{-1}$; it yields a weaker bound as $R$ increases. But according to our main theorem and the intuition underlying it, such a situation should be progressively farther from extremal as $R$ increases, so we seek bounds which improve rather than worsening as $R \to \infty$. In contrast, the factor $|Au|$ in (4.1) does have the desired effect, penalizing $\omega$ (by guaranteeing an improved lower bound for $|\Phi(\omega)|$ and hence ultimately for $|E|$) if the variable $u$ is not mainly confined to an appropriate ellipsoid. If $A$ is $R$ times the identity where $R$ is large, then for $d > 2$, the factor of $R^{1}$ gained through the expression $|Au|$ is more than offset by the loss of $R^{-(d-1)}$ through $|\det A|^{-1}$.

In §6 we will establish a second type of bound, which yields complementary information. Each suffers from defects, but together they lead to the theorem.

5. Approximation by convex sets

In a sense appropriate for our purposes, any set in $\mathbb{R}^n$ having finite Lebesgue measure can be well approximated by a convex set, that is, by an ellipsoid.

**Lemma 5.1.** For any $n \geq 1$ and $\eta > 0$, there exists $c > 0$ with the following property. For any Lebesgue measurable set $S \subset \mathbb{R}^n$ satisfying $0 < |S| < \infty$ there exists a bounded convex set $C \subset \mathbb{R}^n$ so that for any convex set $C' \subset C$,

\[
|C'| \leq \frac{1}{2} |C| \Rightarrow |S \cap (C \setminus C')| \geq c_0 (|S|/|C|)^n |S|.
\]

It follows from (5.1) that $|C| \geq c_0 |S|$. This result is a descendant of an idea of Tao and Wright [30], formulated originally in dimension one, sharpened in [11], and generalized here to higher dimensions. The relevance of convex sets here is an attribute of the particular operators studied in this paper; other sets must play the corresponding role for other operators. Some related comments are made in §13.

We will require a variant. A convex set $C \subset \mathbb{R}^n$ is said to be balanced if $x \in C \Rightarrow -x \in C$.

**Lemma 5.2.** For any $n \geq 1$ and $\eta > 0$, there exists $c > 0$ with the following property. For any Lebesgue measurable set $S \subset \mathbb{R}^n$ satisfying $0 < |S| < \infty$ there exists a bounded balanced convex set $C \subset \mathbb{R}^n$ so that for any balanced convex set $C' \subset C$,

\[
|C'| \leq \frac{1}{2} |C| \Rightarrow |S \cap (C \setminus C')| \geq c (|S|/|C|)^n |S|.
\]

As above, it follows that $|C| \geq c_\eta |S|$.

**Proof.** For Lemma 5.1 begin with some bounded convex set $C$ satisfying $|C \cap S| \geq \frac{3}{4} |S|$, with $|C| = 2^m |S|$ for some nonnegative integer $m$. Let $c_0 > 0$ be a sufficiently small constant, to be determined.
Consider this stopping-time process: If there exists no convex subset $C' \subset C$ satisfying $|C'| = \frac{1}{2}|C|$ with $|S \cap C'| \geq (1 - c_0 2^{-m})|S \cap C|$, then stop. Otherwise replace $C$ by $C'$ and $m$ by $m - 1$, and repeat.

This process must stop at some $m \geq 0$. For if we ever reach the stage $m = 0$, the process then stops unless there exists a convex set $C'$ satisfying both $|C'| = \frac{1}{2}|S|$ and $|S \cap C'| \geq \prod_{k=0}^\infty (1 - c_0 2^{-\eta k})^\frac{3}{4}|S|$. Thus $\frac{1}{2} \geq \frac{3}{4} \prod_{k=0}^\infty (1 - c_0 2^{-\eta k})$. This is impossible if $c_0$ is chosen to be a sufficiently small function of $\eta$. □

6. Inflation bound

The material in this section, taken from [5], yields a short, direct proof of the restricted weak type inequality \((1.4)\). It does not by itself suffice to characterize quasiextremals, but will be one essential ingredient in the analysis. See also Schlag [24] for a related discrete combinatorial approach to the inequality.

Write $u = (u_1, \ldots, u_{d-1})$ to denote a point of $(\mathbb{R}^{d-1})^{d-1}$. Form the set

\[(6.1) \quad \Omega^2 = \{(s, u) \in (\mathbb{R}^{d-1})^d : (s, u_i) \in \tilde{\Omega} \forall 1 \leq i \leq d - 1\} \]

Define $\Psi : (\mathbb{R}^{d-1})^d \to (\mathbb{R}^d)^{d-1}$ by

\[(6.2) \quad \Psi(s, u) = ((u_1, s \cdot u_1), (u_2, s \cdot u_2), \ldots, (u_{d-1}, s \cdot u_{d-1})). \]

Then

\[(6.3) \quad \Psi(\Omega^2) \subset (\Phi(\tilde{\Omega}))^{d-1} \subset \tilde{E}^{d-1}. \]

Both the domain and range of $\Psi$ have dimension $d(d - 1)$.

$\Psi$ is injective outside a set of measure zero, its Jacobian determinant is $|\det(u)|$, and

\[(6.4) \quad |\Psi(\Omega^2)| = \int_{s \in \Omega_1} \int_{u \in F(s)^{d-1}} |\det(u)| \, du \, ds. \]

**Lemma 6.1.** Let $C \subset \mathbb{R}^n$ be a bounded, balanced convex set. Let $\mu$ be a positive, finite measure supported on $C$. Suppose that for any balanced convex subset $C' \subset C$ satisfying $|C'| \leq \delta|C|$, $\mu(C \setminus C') \geq \lambda$. Then

\[(6.5) \quad \int_{C^n} |\det(u)| \prod_{i=1}^n d\mu(u_i) \geq c\delta^n \lambda^n |C| \]

where $c > 0$ depends only on $n$.

The power of $\delta$ here is not optimal, but the precise dependence on $\delta$ is unimportant for us.

**Proof.** By applying an affine change of coordinates in $\mathbb{R}^n$, we may reduce to the case where $C$ is the unit ball; the factor $|C|$ in the conclusion results from the Jacobian of this change of variables and the transformation law for $|\det(u)|$. 

Write $|\det(u)| = \prod_{i=1}^{d-1} \text{dist}(u_i, V_{i-1})$ where $V_0 = \{0\}$, $V_i = \text{span}\{u_1, \cdots, u_i\}$, and $\text{dist}(v, V)$ denotes the distance from $v$ to $V$. Fixing $(u_1, \cdots, u_{n-1})$, define $C'$ to be the set of all $\eta_n$ satisfying $\text{dist}(u_n, \text{span}(u_1, \cdots, u_{n-1})) < c_n\delta$, where $c_n$ is a constant chosen sufficiently small to ensure that $|C'| \leq \frac{1}{2}|C|$. Since $C'$ is convex and balanced,

\begin{equation}
(6.6) \quad \int_C \text{dist}(u_n, \text{span}(u_1, \cdots, u_{n-1})) d\mu(u_n) \geq c\mu(C \setminus C') \geq c\delta \lambda.
\end{equation}

Next repeat the argument: Holding $(u_1, \cdots, u_{n-2})$ fixed, redefine $C'$ to be the set of all $\eta_n$ satisfying $\text{dist}(u_{n-1}, \text{span}(u_1, \cdots, u_{n-2})) \leq c_n\delta$, for another sufficiently constant $c_n$. The same reasoning as above gives

\begin{equation}
(6.7) \quad \int_C \text{dist}(u_{n-1}, \text{span}(u_1, \cdots, u_{n-2})) d\mu(u_{n-1}) \geq c\delta \lambda.
\end{equation}

Repeating this reasoning $n$ times results in the desired bound. □

Now for each $s \in \Omega_1$, apply Lemma 5.2 to $F(s)$ to obtain a balanced convex set $C(s) \subset \mathbb{R}^{d-1}$ of measure $\sim 2^{m(s)}\alpha_*$ for some nonnegative integer $m(s)$, so that for any convex balanced subset $C' \subset C(s)$ of measure $\leq \frac{1}{2}|C(s)|$,

$$(6.8) \quad |F(s) \cap (C(s) \setminus C')| \geq c\eta 2^{-m(s)}\alpha_*.$$  

Lemma 6.1 (applied with $\mu$ equal to Lebesgue measure restricted to $F(s) \cap C(s)$) yields the lower bound

$$|F(s)\cap F(s)\cap \cdots \cap F(s)\cap C(s)|^{d-1}|C(s)| \geq c\eta 2^{2m(s)2-(d-1)m(s)}|F(s)||F(s)||F(s)| \sim 2^{m(s)}\alpha_*^d$$

if we define $\eta = (d-1)^{-1}$. We thus conclude that

\begin{equation}
(6.9) \quad |\Psi(\Omega^2)| \geq c\alpha_*^d \int_{\Omega_1} 2^{m(s)} ds \geq c\alpha_*^d.
\end{equation}

We have proved

**Lemma 6.2.** Let $E, \alpha, \alpha_*, \Phi$ and $\bar{\alpha}, \Omega_1, \Omega$ satisfy the conclusions of Lemma 3.1. Define $\Phi, \Omega^2$ as in (3.0), (3.3). Then $|\Phi(\Omega)| \geq c\alpha_*^{d/(d-1)}\alpha_1^{1/(d-1)}$.

The conclusion implies (1.4). Moreover, unless $m(s)$ is small for most $s \in \Omega_1$, we obtain an improved bound, which implies that if $T(E, E^*) \geq \varepsilon|E|^{d/(d+1)}|E^*|^{d/(d+1)}$, then

\begin{equation}
(6.10) \quad |\Omega_1|^{-1} \int_{\Omega_1} 2^{m(s)} ds \leq C \varepsilon^{-C}.
\end{equation}

Thus roughly speaking, the typical set $F(s)$ has a subset of measure $\sim \alpha_*$ that is contained in a convex balanced set $C(s)$ of measure $\leq \varepsilon^{-C}\alpha_*$. From the point of view of our main theorem, this conclusion is defective in two respects. Firstly no geometric conclusion on $\Omega_1$ is obtained; however, we will see momentarily that this is easily remedied. Secondly, and more significantly, no relation between the different sets $C(s)$ is implied. We need to show that $\cup C(s)$ is comparable to a convex balanced set of measure
Lemma 7.1. There exists an exponent $b < \infty$ with the following property. Let $\varepsilon > 0$ and let $(E, E^*)$ be an $\varepsilon$-quasiextremal pair. Define $\alpha = T(E, E^*)/|E|$ and $\alpha_* = T(E, E^*)/|E^*|$. Then there exist a point $\bar{x} \in E$, a measurable set $\Omega_1 \subset \mathbb{R}^{d-1}$, a measurable set $\Omega \subset \Omega_1 \times \mathbb{R}^{d-1}$, and a convex set $C \subset \mathbb{R}^{d-1}$ having finite Lebesgue measure, such that

\begin{align}
(7.1) & \quad \Omega_1 \subset C \\
(7.2) & \quad |\Omega_1| = c\alpha \\
(7.3) & \quad |C| \leq C\varepsilon^{-b} \alpha \\
(7.4) & \quad \bar{x} - (s, |s|^2) \in E^* \text{ for each } s \in \Omega_1 \\
(7.5) & \quad |\{t : (s, t) \in \Omega\}| = c\alpha_* \text{ for each } s \in \Omega_1 \\
(7.6) & \quad \bar{x} - (s, |s|^2) + (t, |t|^2) \in E \text{ for each } (s, t) \in \Omega.
\end{align}

Moreover, there exists $\bar{s} \in \mathbb{R}^{d-1}$ such that the translated convex set $C - \bar{s}$ is balanced.

Proof. By the same reasoning already used above, there exist $\bar{x}_* \in E^*$ and sets $\omega_1 \subset \mathbb{R}^d$, $\omega_2 \subset \omega_1 \times \mathbb{R}^d$, $\omega_3 \subset \omega_2 \times \mathbb{R}^d$ with the following properties:

\begin{align}
(7.7) & \quad \bar{x}_* + (r, |r|^2) \in E \forall r \in \omega_1 \\
(7.8) & \quad \bar{x}_* + (r, |r|^2) - (s, |s|^2) \in E^* \forall (r, s) \in \omega_2 \\
(7.9) & \quad \bar{x}_* + (r, |r|^2) - (s, |s|^2) + (t, |t|^2) \in E \forall (r, s, t) \in \omega_3 \\
(7.10) & \quad |\omega_1| = c\alpha_* \\
(7.11) & \quad |\{s : (r, s) \in \omega_2\}| = c\alpha \text{ for each } r \in \omega_1 \\
(7.12) & \quad |\{t : (r, s, t) \in \omega_3\}| = c\alpha_* \text{ for each } (r, s) \in \omega_2.
\end{align}

Suppose that the pair $(E, E^*)$ is $\varepsilon$-quasiextremal. By considering $\omega_2$ and invoking the conclusion of Lemma 7.1 we conclude that there exist $\bar{r} \in \omega_1$ and a convex balanced set $\bar{C}$ centered at $\bar{r}$ such that $|\bar{C}| \lesssim \varepsilon^{-C} \alpha$ and $|\bar{C} \cap \{s : (\bar{r}, s) \in \omega_2\}| \geq c\alpha$. Now set $\bar{x} = \bar{x}_* + (\bar{r}, |\bar{r}|^2)$, $\Omega_1 = \{s : (\bar{r}, s) \in \omega_2\}$, and $\Omega = \{t : (\bar{r}, s, t) \in \omega_3\}$. \hfill \Box

We now prove the main result, Theorem 1.2. Let $(E, E^*)$ be an $\varepsilon$-quasiextremal pair. Let $C \subset \mathbb{R}^{d-1}$ be a convex set satisfying the conclusions of Lemma 7.1. There exists an ellipsoid which contains $C$ and has measure comparable to that of $C$, up to a factor which depends only on the dimension $d$. This ellipsoid equals $A(B)$ for a certain invertible symmetric linear transformation $A$ of $\mathbb{R}^{d-1}$, where $B$ is the unit ball. Thus $|\det A| \sim |C|$.
By Lemma 4.1

\[ |E| \geq c |\det A|^{-1} \int_{\Omega} |A(u)| \, du \, ds \]

\[ = c |\det A|^{-1} \int_{s\in\Omega_1} \int_{\tilde{F}(s)} |A(u)| \, du \, ds \]

\[ = c |\det A|^{-2} \int_{\Omega_1} \int_{\tilde{F}(s)} |w| \, dw \, ds \]

where \( w = A(u) \) ranges over the set \( \tilde{F}(s) = A\mathcal{F}(s) \subset \mathbb{R}^{d-1} \), and

\[ |\tilde{F}(s)| \sim |\det A| |\alpha| \sim |C| |\alpha| . \]

By passing to a subset of \( \Omega \), we can assume that all sets \( |\mathcal{F}(s)| \) have the same measures, hence that \( |\tilde{F}(s)| = c |C| |\alpha| \) for all \( s \in \Omega_1 \), for a certain small constant \( c > 0 \).

Clearly \( \int_S |w| \, dw \geq |S|^{d/(d-1)} \) for any Lebesgue measurable set \( S \subset \mathbb{R}^{d-1} \). Therefore

\[ \int_{\tilde{F}(s)} |w| \, dw \geq c |\tilde{F}(s)|^{d/(d-1)} \sim |\det A|^{d/(d-1)} |\alpha|^d/(d-1) . \]

An equally evident strengthened version of this bound will be the key to constraining the structure of \( \Omega \): For any \( \rho \geq |\tilde{F}(s)|^{1/(d-1)} \), either

\[ \int_{\tilde{F}(s)} |w| \, dw \geq c |\tilde{F}(s)|^{d/(d-1)} |\alpha|^d/(d-1) , \]

or

\[ |\tilde{F}(s) \cap B(0, \rho)| \geq c' |\alpha| \det A \]

for a certain constant \( c' > 0 \) independent of \( \rho \), where \( B(0, \rho) \subset \mathbb{R}^{d-1} \) denotes the ball of radius \( \rho \) centered at the origin.

From the cruder conclusion (7.13) we deduce already that

\[ |E| \geq c |\det A|^{-2} |\det A|^{d/(d-1)} |\alpha|^d/(d-1) \sim |C|^{-(d-2)/(d-1)} |\alpha|^d/(d-1) \geq c \varepsilon^{b(d-2)/(d-1)} |\alpha|^{1/(d-1)} |\alpha|^d/(d-1) . \]

From this and the definitions of \( \alpha, \alpha_* \) it follows by a bit of algebra that

\[ \mathcal{T}(E, E^*) \leq C \varepsilon^{-C} |E|^{d/(d+1)} |E^*|^{d/(d+1)} . \]

But this, together with the \( \varepsilon \)-quasiextremality hypothesis that \( \mathcal{T}(E, E^*) \) is \( \geq \varepsilon |E|^{d/(d+1)} |E^*|^{d/(d+1)} \), forces an upper bound on \( \varepsilon \), independent of \( E, E^* \). Thus we once again recover the restricted weak type endpoint inequality

\[ \mathcal{T}(E, E^*) \leq C |E|^{d/(d+1)} |E^*|^{d/(d+1)} . \]

To squeeze out new information, apply the dichotomy (7.14), (7.15) with

\[ \rho = \lambda \varepsilon^{-a} |\tilde{F}(s)|^{1/(d-1)} , \]

where \( a > 0 \) and \( \lambda \gg 1 \) are constants to be specified below. Then either
(1) There exists a subset \( \Omega_1^\dagger \subset \Omega_1 \) of measure \( \geq c\rho \) such that for each \( s \in \Omega_1^\dagger \), \( |\tilde{\mathcal{F}}(s) \cap B(0, \lambda \varepsilon^{-a})| \geq c\rho |\det A| \), or

(2) There exists a subset \( \Omega_1^\dagger \) of measure \( \geq c\rho \) such that for each \( s \in \Omega_1^\dagger \),

\[
\int_{\tilde{\mathcal{F}}(s)} |w| \, dw \geq c\lambda \varepsilon^{-a} |\det A|^d/(d-1) \alpha^{d/(d-1)} \] \( \alpha^* \).

In case (2), by integrating over \( \Omega_1^\dagger \) we conclude that

\[
|E| \geq c\lambda \varepsilon^{-a + b(d-2)/(d-1)} \alpha^{1/(d-1)} \alpha^{d/(d-1)} \]

and thence, by choosing \( a > b(d - 2)/(d-1) \), that

\[
\mathcal{T}(E, E^*) \leq C \lambda^{-\alpha'} \varepsilon^\gamma |E|^{d/(d+1)} |E^*|^{d/(d+1)}
\]

for some exponents \( \alpha', \gamma > 0 \). The exponent \( a \) can be chosen so that \( \gamma = 1 \). Here \( C \) is independent of \( \lambda, \varepsilon, a' \). Choose \( \lambda \) sufficiently large that this contradicts the quasieextremality hypothesis \( \mathcal{T}(E, E^*) \geq \varepsilon |E|^{d/(d+1)} |E^*|^{d/(d+1)} \). Therefore case (2) cannot arise; case (1) must hold. Henceforth \( \lambda, a, \rho \) remain fixed.

In case (1), \( \tilde{E} \) contains \( \Phi(\{(s, u) \in \Omega : s \in \Omega_1^\dagger \text{ and } u \in A^{-1}(B(0, \rho))\}) \).

The same reasoning that established (7.16) proves that this subset of \( E \) has measure \( \geq c\varepsilon \alpha^{1/(d-1)} \alpha^{d/(d-1)} \). Reversing the change of variables that transformed \( E \) to \( \tilde{E} \), and unraveling notation, we conclude that

\[
|E \cap \pi \mathcal{B}(\tilde{z}, e, r, r^*)| \geq c\varepsilon |E|
\]

where \( \tilde{z} = (\tilde{x}, \tilde{y}) \) with \( \tilde{y} = x - (s, |s|^2) \), \( s \in \mathbb{R}^{d-1} \) is a point such that the convex set \( C - s \) is balanced, and the elements \( e_j \) of the orthonormal basis \( e \) and components \( r_j \) of \( r \) are eigenvectors and eigenvalues of \( A \).

The sets \( E, E^* \) play symmetric roles, so it follows in exactly the same way that \( E^* \) is related to \( \pi' \mathcal{B} \), for some other “ball” \( \mathcal{B}' \), in the same way that \( E \) is related to \( \pi \mathcal{B} \). It remains to show that \( \mathcal{B}, \mathcal{B}' \) can be taken to be equal, after possibly enlarging the parameters \( \rho, r_j \) in their definitions by a factor \( C \varepsilon^{-C} \). This follows from information already brought out.

Indeed, it has been shown that there exist \( \bar{x} \) and sets \( \omega_1, \omega_2, \omega_3 \) as in the proof of Lemma 7.1, together with convex balanced sets \( C_1, C_2, C_3 \subset \mathbb{R}^{d-1} \) and a parameter \( \bar{r} \in \mathbb{R}^{d-1} \) such that \( \omega_1 \subset \bar{r} + C_1 \), and whenever \( (r, s, t) \in \omega_3, s - r \in C_2 \) and \( t - s \in C_3 \). Both \( |C_1| \) and \( |C_3| \) are \( \sim C \varepsilon^{-C} \alpha^* \), while \( |C_2| \sim C \varepsilon^{-C} \alpha^* \). \( C_2 \) is determined by \( C_1 \) in the following way: There exist an orthonormal basis \( \{e_j : 1 \leq j \leq d - 1\} \) for \( \mathbb{R}^{d-1} \) and positive real numbers \( r_j \) such that \( C_1 \) is comparable to \( \{y' \in \mathbb{R}^{d-1} : |\langle y', e_j \rangle| < r_j \text{ for all } j\} \) and \( \prod_{j=1}^{d-1} r_j = C \varepsilon^{-C} \alpha^* \); we can redefine \( C_1 \) to be this set. Then \( C_2 \) can be taken to be \( \{y' \in \mathbb{R}^{d-1} : |\langle y', e_j \rangle| < r_j^* \text{ for all } j\} \), where \( r_j r_j^* = \rho \) and \( \rho \) is determined from \( \{r_j\} \) by the requirement that \( \prod_j r_j^* = C \varepsilon^{-C} \alpha^* \). The above analysis shows that \( C_2 \) is determined by \( C_1 \) in this sense.

Now since \( E, E^* \) play symmetric roles, the same analysis shows that \( C_3 \) is determined by \( C_2 \) in the same way. This forces \( C_3 = C_1 \), up to the replacement of \( r_j \) by \( C \varepsilon^{-C} r_j \) for each \( j \). Thus we may take \( C_3 \) to equal \( C_1 \).
We know that
\[ \bar{x}_* + (r, |r|^2) - (s, |s|^2) \in E^* \] for all \( (r, s) \in \omega_2 \),
and that
\[ \phi(r, s, t) = \bar{x}_* + (r, |r|^2) - (s, |s|^2) + (t, |t|^2) \in E \] for all \( (r, s, t) \in \omega_3 \).
This produces subsets of \( \tilde{E} \subset E \) and \( \tilde{E}^* \subset E^* \) satisfying the desired lower bound \( \mathcal{T}(\tilde{E}, \tilde{E}^*) \geq c \varepsilon C \mathcal{T}(E, E^*) \). Moreover \( \tilde{E}^* \subset \pi^*(\mathcal{B}) \). Thus all that remains to be shown is that \( \phi(\omega_3) \subset \pi(\mathcal{B}) \) for the same ball \( \mathcal{B} \).

By definition of \( \mathcal{B} \), this amounts to showing that
\[ |\phi(r, s, t)_d - (\bar{x}_*)_d + \phi(r, s, t)' - (\bar{x}_*)'|^2 < C \varepsilon - C \rho \]
for all \( (r, s, t) \in \omega_3 \), where we have written
\[ \phi(r, s, t) = (\phi(r, s, t)', \phi(r, s, t)_d) \in \mathbb{R}^{d-1} \times \mathbb{R}^1. \]
Substituting the definition
\[ \phi(r, s, t) = \bar{x}_* + (r, |r|^2) - (s, |s|^2) + (t, |t|^2), \]
(7.20) becomes
\[ ||r|^2 - |s|^2 + |t|^2 - |r - s + t|^2| < C \varepsilon - C \rho. \]
Since \( (t - s) \in C_1, (s - r) \in C_2 \), and
\[ |r|^2 - |s|^2 + |t|^2 - |r - s + t|^2 = 2(t - s) \cdot (s - r), \]
this follows directly from the duality relationship between \( C_1 \) and \( C_2 \).

Thus we have shown that there exists a pair \( (B, B^*) = (\pi(\mathcal{B}), \pi^*(\mathcal{B})) \) satisfying
\[ \mathcal{T}(E \cap B, E^* \cap B^*) \geq C^{-1} \mathcal{T}(E, E^*) \]
and
\[ |B| \leq C \varepsilon^{-A} |E| \text{ and } |B^*| \leq C \varepsilon^{-A} |E^*|. \]
This is essentially stronger than the conclusion stated in Theorem 1.2 as will be shown below using the next lemma.

**Lemma 7.2.** There exist \( C, A < \infty \) such that for any \( \delta \in (0, 1] \) and any set \( \mathcal{B} = \mathcal{B}(\tilde{e}, e, r, r^*) \subset \mathcal{I} \) of \( \mathcal{I} \) the type described in Definition 1.2 there exists a family of subsets \( \{ \mathcal{B}_j : j \in J \} \) of \( \mathcal{I} \), each of which is likewise a set of the type described in Definition 1.2 satisfying
\[ \mathcal{B} = \cup_{j \in J} \mathcal{B}_j, \]
\[ |J| \leq C \delta^{-A}, \]
\[ |\pi(\mathcal{B}_j)| = \delta |\pi(\mathcal{B})| \text{ for all } j, \]
\[ |\pi^*(\mathcal{B}_j)| = \delta |\pi^*(\mathcal{B})| \text{ for all } j. \]
Here \( J \) denotes the cardinality of the index set \( J \).
Proof. Symmetries of $\mathcal{I}$ (cf. (2.2)) permit a reduction to the case where $\bar{z} = (0,0)$, $e$ is the standard basis for $\mathbb{R}^d$, and $\rho = r_i = r_j^* = 1$ for all $i,j$. Then $|\pi(B)| = |\pi^*(B)|$.

Let $\eta = c\delta^{1/(d+1)}$ and $\eta' = c'\delta^{2/(d+1)}$ for constants $c, c'$ to be chosen below. Let $\{z_j : j \in J\}$ be a finite subset of $B$ such that $|z_i - z_j| \geq \eta'$ for all $i \neq j$, and such that for any $z \in B$ there exists $j$ such that $|z - z_j| \leq \eta'$. Then $|J| \leq C\delta^{-A}$ for some finite constants $C, A$.

Define $B_j = B(z_j, e, r, r^*)$ where $r_k = r_k^* = \eta$ (and consequently $\rho = \eta^2$) for all indices $1 \leq k, l \leq d - 1$. Then $|\pi(B_j)| = |\pi^*(B_j)| = C\eta^{d+1} = C\eta^d \delta$ for a certain constant $C$; in particular, these are independent of $j$. There is a unique $c, c'$, independent of $\delta$, such that $|\pi(B_j)| = \delta|\pi(B)|$ and $|\pi^*(B_j)| = \delta|\pi^*(B)|$ for all $j$. If $c'$ is chosen to be sufficiently small, then $\bigcup B_j$ clearly covers $B$; the exponent $2/(d + 1)$ in the definition of $\eta'$ is essential here because $\rho$ is proportional to $\eta^2$.

To complete the proof of Theorem 1.2 let $B$ be as in (7.22), (7.23). Apply the lemma with $\delta = \varepsilon^\Gamma$ for a sufficiently large exponent $\Gamma$, to obtain sets $B_j$ such that $B_j = \pi(B_j)$ and $B_j^* = \pi^*(B_j)$ satisfy $|B_j| \leq |E|$ and $|B_j^*| \leq |E^*|$ for all $j$. $\Gamma$ can be taken to depend only on the exponent $A$ in (7.22), (7.23). Since

$$
\mathcal{T}(E \cap B, E^* \cap B^*) = c|\mathcal{I} \cap (E \cap B \times E^* \cap B^*)| \\
\quad \leq c \sum_{j \in J} |\mathcal{I} \cap (E \cap B_j \times E^* \cap B_j^*)| \\
\quad = \sum_{j \in J} \mathcal{T}(E \cap B_j, E^* \cap B_j^*)
$$

and $|J| \leq C\varepsilon^{-C}$, there must exist an index $j$ for which

$$
\mathcal{T}(E \cap B_j, E^* \cap B_j^*) \geq c\varepsilon^C \mathcal{T}(E \cap B, E^* \cap B^*) \geq c\varepsilon^C \mathcal{T}(E, E^*),
$$

as was to be proved. Here $C$ is determined by $\Gamma$, hence by $A$; it does not depend on $E, E^*$.

Proof of Theorem 1.3. Let $E, E^*$ be arbitrary measurable sets of strictly positive Lebesgue measures. If $\mathcal{T}(E, E^*) = 0$ then there is nothing to prove. Otherwise define $\varepsilon > 0$ by

$$(7.24) \quad \mathcal{T}(E, E^*) = \varepsilon|E|^{d/(d+1)}|E^*|^{d/(d+1)}.$$

According to Theorem 1.2 there exists a pair $(B, B^*) = (\pi(B), \pi^*(B))$ such that $|B| \leq |E|$, $|B^*| \leq |E^*|$, and

$$\mathcal{T}(E \cap B, E^* \cap B^*) \geq \varepsilon^A \mathcal{T}(E, E^*).$$

Since

$$\mathcal{T}(E \cap B, E^* \cap B^*) \leq C|E \cap B|^{d/(d+1)}|E^* \cap B^*|^{d/(d+1)},$$
it follows by a bit of algebra that
\[ \frac{|E \cap B|}{|E|} \cdot \frac{|E^* \cap B^*|}{|E^*|} \gtrsim \epsilon^{(d+1)(d+1)/d}. \]
Substituting this upper bound for \( \epsilon \) into (7.24) yields
\[ T(E, E^*) \lesssim |E|^{d/(d+1)} |E^*|^{d/(d+1)} \left( \frac{|E \cap B|}{|E|} \cdot \frac{|E^* \cap B^*|}{|E^*|} \right)^{\delta} \]
for a certain \( \delta > 0. \)

8. A trilinear variant

A restricted weak type inequality cannot be extrapolated to a strong type inequality without additional information. Our basic bilinear inequality for \( T(E, F) \) admits the following trilinear variant, which will be the key to the extrapolation.

**Lemma 8.1.** Let \( E, E', G \subset \mathbb{R}^d \) be Lebesgue measurable sets with finite measures. Suppose that \( T(\chi_{E'})(x) \geq \beta' \) for all \( x \in G \). Then
\[ (T(E, G)|E|^{-1})^{1/(d-1)} \beta'^{d/(d-1)} \leq C |E'|. \]

A more symmetric variant is as follows: If in addition \( T(\chi_{E})(x) \geq \beta \) for all \( x \in G \), then \( |E'| \geq c\beta^{1/(d-1)} \beta'^{d/(d-1)}. \)

**Proof of Lemma 8.1.** The proof of Lemma 3.1 yields the following variant.

There exist a point \( \bar{x} \in E \), a measurable set \( \Omega_1 \subset \mathbb{R}^{d-1} \), and a measurable set \( \Omega \subset \Omega_1 \times \mathbb{R}^{d-1} \) such that
\[ |\Omega| = cT(E, G)|E|^{-1} \]
\[ \bar{x} - (s, |s|^2) \in G \text{ for each } s \in \Omega_1 \]
\[ |\{ t : (s, t) \in \Omega \}| = c\beta' \text{ for each } s \in \Omega_1 \]
\[ \bar{x} - (s, |s|^2) + (t, |t|^2) \in E' \text{ for each } (s,t) \in \Omega. \]
Lemma 6.2 now directly yields the bound (8.1). \( \square \)

9. The strong type and Lorentz space inequalities

Although the strong type \((d+1, d+1)\) inequality is already known, we next show how it can be deduced from an extension of the above proof of the restricted weak type bound. This argument will be the basis for our proofs of Theorems 1.5 and 1.6.

Write \( p = q = \frac{d+1}{d} \) and consider functions \( f, g \in L^p, L^q \). By sacrificing a bounded factor we may take \( f = \sum_k 2^k \chi_{E_k} \) and \( g = \sum_j 2^j \chi_{F_j} \) where the sets \( E_k \) are pairwise disjoint and the sets \( F_j \) are likewise pairwise disjoint, and \( k, j \) range independently over subsets of \( \mathbb{Z} \). The simple bound for \( \sum_{j,k} 2^j 2^k T(E_k, F_j) \) obtained directly from the restricted weak type bound does not suffice, because a single set \( F_j \) could conceivably interact strongly with many \( E_k \), in the sense that \( T(E_k, F_j) \gtrsim |E_k|^{1/p} |F_j|^{1/q} \), and vice versa.
The main idea is to show that this can happen only in a trivial and harmless way.

Consider first the case of a single index \( j \); this amounts to a weak type \((p, q')\) estimate. Let \( \varepsilon, \eta \in (0, \frac{1}{2}] \) be arbitrary. Suppose that \( \sum_k 2^{kp}|E_k| = 1 \), and that

\[
|E_k| \sim \eta 2^{-kp} \text{ for all } k.
\]

Suppose further that

\[
\mathcal{T}(E_k, F) \sim \varepsilon|E_k|^{1/p}|F|^{1/q} \text{ for all } k.
\]

Then the number \( M \) of indices \( k \) is finite, and \( M\eta \lesssim 1 \). We suppose that

\[
\sum_k 2^{kp}|E_k| = 1,
\]

and that

\[
|E_k| \sim \eta 2^{-kp} \text{ for all } k.
\]

Suppose further that

\[
\mathcal{T}(E_k, F \setminus G_k) \sim \varepsilon|E_k|^{1/p}|F|^{1/q} \text{ for all } k.
\]

This will cost a factor of \( C_A \log(1/\varepsilon) \), which will be dealt with below.

Define

\[
G_k = \{ x \in F : T\chi_E(x) \geq c_0 \varepsilon |E_k|^{1/p}|F|^{1/q} \cdot |F|^{-1} \},
\]

where \( c_0 > 0 \) is a constant. If \( c_0 \) is chosen to be sufficiently small then \( \mathcal{T}(E_k, F \setminus G_k) \leq \frac{1}{2} \mathcal{T}(E_k, F) \), so

\[
\mathcal{T}(E_k, G_k) \sim \mathcal{T}(E_k, F).
\]

Since \( \mathcal{T}(E_k, G_k) \lesssim |E_k|^{1/p}|G_k|^{1/q} \), this implies that

\[
|G_k| \gtrsim \varepsilon^q |F|.
\]

A useful bound is obtained by considering \( |F|^{-1} \sum_k |G_k| = |F|^{-1} \int_F \sum_k \chi_{G_k} \).

By Hölder’s inequality,

\[
(|F|^{-1} \sum_k |G_k|)^2 \leq |F|^{-1} \int_F (\sum_k \chi_{G_k})^2 \leq |F|^{-1} \sum_k |G_k| + |F|^{-1} \sum_{k \neq l} |G_k \cap G_l|.
\]

Therefore either \( \sum_k |G_k| \lesssim |F| \), or \( (|F|^{-1} \sum_k |G_k|)^2 \lesssim |F|^{-1} \sum_{k \neq l} |G_k \cap G_l| \).

Let \( N \) be the number of indices \( k \). In the second case of this dichotomy, since \( |G_k| \gtrsim \varepsilon^q |F| \), we conclude that

\[
(N \varepsilon^q)^2 \lesssim (|F|^{-1} \sum_k |G_k|)^2 \lesssim N^2 |F|^{-1} \max_{k \neq l} |G_k \cap G_l|,
\]

so there exists a pair \( k \neq l \) such that

\[
|G_k \cap G_l| \gtrsim \varepsilon^2 |F|.
\]

We have now arrived at the key step of the proof of the strong type inequality; we claim that \( (9.8) \) cannot hold for \( k \neq l \). From this it would follow that

\[
\sum_k |G_k| \lesssim |F|.
\]
The interpretation is that while many sets \( E_k \) can interact \( \varepsilon \)-strongly with a single set \( F \) for small \( \varepsilon \), they can do so only in a trivial way, by interacting with essentially pairwise disjoint subsets of \( F \).

**Proof of Claim.** Apply Lemma 8.1 with \( E = E_k, \ E' = E_l, \ G = G_k \cap G_l \), and \( \beta \sim \varepsilon^d|E|^{d/(d+1)}|F|^{d/(d+1)}|F|^{-1} \); we have inserted the relevant values \( p = q = \frac{d+1}{d} \) of the exponents. Since \( \mathcal{T}(E) \geq c\varepsilon|E|^{d/(d+1)}|F|^{d/(d+1)}|F|^{-1} \) at each point of \( G_k \cap G_l \), there is the lower bound

\[
\mathcal{T}(E, G) \gtrsim \varepsilon|E|^{d/(d+1)}|F|^{d/(d+1)}|F|^{-1}|G|.
\]

The lemma thus yields

\[
|E'| \gtrsim \left( \varepsilon|E|^{d/(d+1)}|F|^{d/(d+1)}|F|^{-1}(G||E|^{-1})^{1/(d-1)} \right)^{1/(d-1)} \left( \varepsilon|E|^{d/(d+1)}|F|^{d/(d+1)}|F|^{-1} \right)^{d/(d-1)}.
\]

Since \( |G| \gtrsim \varepsilon^{2d/(d+1)}|F| \), this implies that

\[
|E'|^{d-1} \gtrsim \left( \varepsilon|E|^{-1/(d+1)}|F|^{d/(d+1)}\varepsilon^{-2d/(d+1)} \right) \left( \varepsilon|E|^{d/(d+1)}|F|^{-1/(d+1)} \right)^d.
\]

This is equivalent, via a bit of algebra, to

\[
|E'|^{d-1} \leq C\varepsilon^{-B}|E|
\]

for a certain positive exponent \( B \). Since \( |E| = |E_k| \sim \eta 2^{-kp} \) and \( |E'| = |E_l| \sim \eta 2^{-lp} \), this last inequality is equivalent to \( 2^{-lp} \leq C\varepsilon^{-B}2^{-kp} \), whence \( l \geq k - C'\log(\varepsilon^{-1}) \) for a certain finite constant \( C' \). The situation is symmetric in the indices \( k, l \), so the reversed bound also holds. This contradicts the assumption that \( |k - l| \geq A\log(\varepsilon^{-1}) \), provided that the constant \( A \) is chosen to be sufficiently large at the beginning of the proof. \( \square \)

Let \( q', p' \) be the exponents conjugate to \( q, p \). Then by Hölder’s inequality,

\[
\sum_k 2^k\mathcal{T}(E_k, F) \sim \sum_k 2^k\mathcal{T}(E_k, G_k) \lesssim \left( \sum_k 2^{kq'}|E_k|^{q'/p} \right)^{1/q} \left( \sum_k |G_k| \right)^{1/q}
\]

\[
\lesssim \max_k (2^{kp}|E_k|)^{\gamma}|F|^{1/q} \lesssim \eta^\gamma|F|^{1/q}
\]

for a certain exponent \( \gamma \) which is strictly \( > 0 \), because \( \frac{1}{p} + \frac{1}{q} > 1 \). We’ve invoked the normalization \( \sum_k 2^{kp}|E_k| = 1 \).

An alternative bound is also available. The number \( M \) of indices \( k \) in the sum satisfies \( M \sim \eta^{-1} \), so

\[
\sum_k 2^k\mathcal{T}(E_k, F) \sim \sum_k 2^k\varepsilon|E_k|^{1/p}|F|^{1/q}
\]

\[
\lesssim \varepsilon M \eta^{1/p}|F|^{1/q} = \varepsilon \eta^{-r}|F|^{1/q}
\]

(9.11)
where \( r = 1 - p^{-1} \) is positive.

If the restriction that \( |k - l| \geq A \log(1/\varepsilon) \) for distinct indices \( k, l \) is now dropped, but the normalizations involving \( \eta, \varepsilon \) are retained, then we conclude that \( \langle Tf, \chi_F \rangle \lesssim \log(1/\varepsilon) \min(\eta^\gamma, \varepsilon \eta^{-r}) |F|^{1/q} \) for certain positive, finite exponents \( \gamma, r \). Therefore

\[
(9.12) \quad \langle Tf, \chi_F \rangle \lesssim \min(\varepsilon^a, \eta^b) \|f\|_{L^p} |F|^{1/q}
\]

for certain positive exponents \( a, b \), for all \( f, F \) subject to the normalizations involving \( \varepsilon, \eta \). This in turn implies that

\[
(9.13) \quad \langle Tf, \chi_F \rangle \leq C \varepsilon^a \|f\|_{L^p} |F|^{1/q}
\]

for all \( f, F \), subject only to the normalization involving \( \varepsilon \). Summing one more series yields the weak type bound \( C \|f\|_{L^p} |F|^{1/q} \) for arbitrary \( f, F \); but \( (9.13) \) will be used below.

It is now a simple matter to repeat this argument to pass from the weak type \((p, q')\) inequality to the corresponding strong type inequality. Let \( g = \sum_j 2^j \chi_{F_j} \), let \( f = \sum_k 2^k \chi_{E_k} \), and assume that \( \|f\|_{L^p} = \|g\|_{L^q} = 1 \). Let \( \varepsilon, \eta \in (0, \frac{1}{2}] \). Suppose that \( |E_k| \sim \eta 2^{-kp} \) for all indices \( k \) for which \( |E_k| > 0 \); drop all other indices \( k \). Consider \( \sum_{j,k} 2^j 2^k T(E_k, F_j) \), where a * indicates that a sum is taken only \( j, k \), or pairs \((j, k)\) such that \( T(E_k, F_j) = \varepsilon |E_k|^{1/p} |F_j|^{1/q} \). At the expense of a factor \( \lesssim \log(\varepsilon^{-1}) \) we may assume that \(|k_1 - k_2| \geq A \log(\varepsilon^{-1})\) for all distinct indices \( k_1, k_2 \) in the sum representing \( f \).

Just as above, to each pair \((j, k)\) is associated a set \( G_{j,k} \subset F_j \), such that \( T(E_k, F_j) = \sum_j |G_{j,k}| \lesssim |F_j| \). Then

\[
\sum_{j,k} 2^j 2^k T(E_k, F_j) \lesssim \sum_{j,k} 2^j 2^k T(E_k, G_{j,k})
\]

\[
= \sum_k 2^k \langle T(\chi_{E_k}), \sum_j 2^j \chi_{G_{j,k}} \rangle
\]

\[
\lesssim \sum_k 2^k |E_k|^{1/p} \left( \sum_j 2^{jq} |G_{j,k}| \right)^{1/q}. \]

To obtain the last line we have invoked the weak type inequality established above, for the transpose of \( T \), which is the same as \( T \). By Hölder’s inequality and the bound \( \sum_k |G_{j,k}| \lesssim |F_j| \) this last line is

\[
\lesssim \left( \sum_k 2^{kq} |E_k|^{q'/p} \right)^{1/q'} \left( \sum_k \sum_j 2^{jq} |G_{j,k}| \right)^{1/q}
\]

\[
\lesssim \eta^\gamma \left( \sum_j 2^{jq} |F_j| \right)^{1/q} \lesssim \eta^\gamma. \quad (9.14)
\]
On the other hand, if $M$ is the number of indices $k$ then by applying \[ \text{(9.13)} \] to the transpose operator we conclude that
\[
\sum_{j,k} 2^j 2^k T(E_k, F_j) \lesssim \varepsilon^a \sum_k 2^{k/2} \|E_k\|^{1/p} \left( \sum_j 2^{j/2} \|F_j\| \right)^{1/q} \lesssim M \varepsilon^a \eta^{1/p} = \varepsilon^a \eta^{-r}.
\]
As in the proof of the weak-type bound, summation over dyadic values of $\varepsilon$ and $\eta$ leads to the desired strong type inequality. \qed

Proof of Theorem 1.6. The Lorentz space bound is implicit in the above argument. The dual of $L^{d+1,r}$ is $L^{(d+1)/d,r'}$ where $r' = r/(r-1)$. Thus in the first factor of the first line of \[ \text{(9.14)} \] one has control over $\sum_k 2^{kr'} \|E_k\|^{r/p}$. A positive power of $\eta$ is therefore obtained in the second line of \[ \text{(9.14)} \] provided that $q' > r'$. Here $q = (d+1)/d$, so $q' > r'$ is equivalent to $r > (d+1)/d$. The only other difference is that $M$ is now majorized by a different power of $\eta$, but all that is needed in the argument is some negative power. \qed

For the characterization of quasiextremals, we need the following more quantitative form of the strong type inequality, which was implicitly established in the course of the proof.

Lemma 9.1. There exist $\gamma > 0$ and $C < \infty$ with the following property. Let $f = \sum_{k \in \mathbb{Z}} 2^k \chi_{E_k}$ and $f^* = \sum_{l \in \mathbb{Z}} 2^l \chi_{F_l}$, where $\{E_k\}$ are pairwise disjoint, and likewise $\{F_l\}$ are pairwise disjoint. If $2^l |F_l|^{d/(d+1)} \leq \eta \|f^*\|_{L^{(d+1)/d}}$ for all $l$ then
\[
\langle Tf, f^* \rangle \leq C \eta^\gamma \|f\|_{L^{(d+1)/d}} \|f^*\|_{L^{(d+1)/d}}.
\]

We also digress to record the following lemma, whose proof is implicit in the above derivation of \[ \text{(9.10)} \].

Lemma 9.2. For any $d \geq 2$ there exist $C, C' < \infty$ with the following property. Let $E, E', F \subset \mathbb{R}^d$ be measurable sets with positive, finite measures. Let $\eta > 0$. If $\chi_\mathcal{E}(x) \geq \eta |E|^{d/(d+1)} |F|^{-1/(d+1)}$ and $\chi_\mathcal{E}'(x) \geq \eta |E'|^{d/(d+1)} |F|^{-1/(d+1)}$ for every $x \in F$, then $|E'| \leq C \eta^{-C} |E|$.

10. QUASIEXTREMALS FOR THE STRONG TYPE INEQUALITY

Proof of Theorem 1.6. Let $f, f^*$ be any nonnegative measurable functions which are finite almost everywhere. There exist measurable sets $E_k, F_l$ as in Lemma 9.1 such that $\frac{1}{2} f \leq \sum_{k \in \mathbb{Z}} 2^k \chi_{E_k} \leq f$ and $\frac{1}{2} f^* \leq \sum_{l \in \mathbb{Z}} 2^l \chi_{E_l} \leq f^*$. Unless (with the above notation) $\sup_l 2^l |F_l|^{d/(d+1)} \gtrsim \varepsilon^C \|f^*\|_{(d+1)/d}$, Lemma 9.1 implies that $|\langle Tf, f^* \rangle| \ll \varepsilon \|f\|_{(d+1)/d} \|f^*\|_{(d+1)/d}$, contradicting the hypothesis that $(f, f^*)$ is $\varepsilon$-quasiextremal. In the same way it follows that $\sup_k 2^k |E_k|^{d/(d+1)} \gtrsim \varepsilon^C \|f\|_{(d+1)/d}$. All sets $E_k, F_l$ not satisfying these inequalities can be discarded. If none of the remaining pairs $(E_k, F_l)$ were $\varepsilon C$-quasiextremal, then the above reasoning would again imply $|\langle Tf, f \rangle| \ll \varepsilon \|f\|_{(d+1)/d} \|f^*\|_{(d+1)/d}$, a contradiction. \qed
This line of argument, leading from a restricted weak type inequality to a strong type inequality, is rather general. See [26] for a related application.

11. Sketch of proof of Theorem 1.7

In part (i), the first conclusion is a weakening of Theorem 1.2. On the other hand, if \( E \subset B^* = \pi^*(\mathcal{B}) \) where \( \mathcal{B} = \mathcal{B}(\bar{x}, \mathbf{e}, r, r^*) \) then \( B = \pi(\mathcal{B}(\bar{x}, \mathbf{e}, Cr, Cr^*)) \) satisfies \( |B| \sim |\pi(\mathcal{B})| \) and \( T^*(\chi_B) \geq c \prod_{j=1}^{d-1} r_j \) at every point of \( B^* \supset E \), provided that the constants \( C \) and \( c \) are chosen to be sufficiently large and small respectively, but independent of \( r \). The stated converse follows from a simple calculation using the relations \( r_j r_j^* = \rho \) and the definitions of \( B, B^* \).

From the Lorentz space inequality of Theorem 1.6 and interpolation it follows that \( T \) maps \( L^{(d+1)/d, \delta+(d+1)/d} \) to \( L^1, d+1, \delta \) for some \( \delta > 0 \). It follows easily that if \( f \) is decomposed as \( \sum_j 2^j f_j \) where the summands have disjoint supports \( E_j \) and satisfy \( \chi_{E_j} \leq f_j \leq 2 \chi_{E_j} \) for all \( j \), then there exists \( J \) such that \( \|2^j f_j\|_{(d+1)/d} \geq c \varepsilon^C \|f\|_{(d+1)/d} \), and \( E_j \) is \( c \varepsilon^C \)-quasiextremal for the restricted weak type inequality. Part (i) then gives the stated conclusion for \( r = 2^d \) and \( E = E_J \).

To prove (iii), let \( J \) be as in the preceding paragraph and \( \mathcal{B} \) be as in the conclusion (ii), and decompose \( f = 2^d f_J \chi_{B^*} + h \), where \( B^* = \pi^*(\mathcal{B}) \). Since the two summands \( h, f_J \chi_{B^*} \) have disjoint supports, \( \|h\|_{(d+1)/d} \leq (1 - c \varepsilon^C) \|f\|_{(d+1)/d} \). Let \( \Psi = \Psi_B \) be as in the definition of an \( \varepsilon \)-bump function associated to \( \mathcal{B} \), and consider \( F = f_J \chi_{B^*} \circ \Psi^{-1} \). Then \( F \) is supported on \( Q_0 \), \( \|F\|_{L^\infty} \leq 2 \), and the support of \( F \) has measure \( \geq c \varepsilon^C \). Split \( F \) as \( F = F_{\text{high}} + F_{\text{low}} \) into a high-frequency and a low-frequency component, with the cutoff around frequencies of order of magnitude \( \varepsilon^{-A} \). Using the fact that \( T \) is smoothing of positive order in the scale of \( L^2 \) Sobolev spaces, it follows readily that if \( A \) is chosen to be sufficiently large, independent of \( \varepsilon \), then \( \|T(F_{\text{high}})\|_{d+1} \) is small relative to \( \|T(F)\|_{d+1} \). For the \( L^\infty \) norm and support control on \( F \) imply similar control on \( F_{\text{high}} \), whence follows an \( L^\infty \) bound for \( T(F_{\text{high}}) \) which is uniform in \( A \geq 1 \); the smoothing property implies an \( L^2 \) bound for \( T(F_{\text{high}}) \) which tends to zero as \( A \to \infty \); so interpolation yields a favorable \( L^{d+1} \) bound for large \( A \). Multiplying \( F_{\text{low}} \) by a suitable spatial cutoff function supported in \( \pi^*(\mathcal{B}(\bar{x}, \mathbf{e}, C \varepsilon^{-C} r, C \varepsilon^{-C} r^*)) \) yields a \( c \varepsilon^C \)-bump function, up to a uniformly bounded constant factor, with a further remainder term which is again negligible.

Details are left to the dedicated reader.

12. Verification of Proposition 1.1

Let \( z = (\bar{x}, \bar{y}) \in \mathcal{I} \), let \( \rho > 0 \), let \( r_j r_j^* = \rho \) for \( j \in \{1, 2, \cdots, d-1\} \), and let \( \mathbf{e} \) be an orthonormal basis for \( \mathbb{R}^{d-1} \); all of these parameters are otherwise
arbitrary. We claim that \( B = B(\xi, e, r, r^*) \) and its projections satisfy

\[
|B| \gtrsim \rho^d, \quad |\pi(B)| \lesssim \rho \prod_{j=1}^{d-1} r_j, \quad |\pi^*(B)| \lesssim \rho \prod_{j=1}^{d-1} r_j^*
\]

whence

\[
|B| \gtrsim |\pi(B)|^{d/(d+1)} |\pi^*(B)|^{d/(d+1)} \gtrsim 1
\]

uniformly in all these parameters; thus \((\pi(B), \pi^*(B))\) is a \(c_0\)-quasiextremal for some constant \(c_0\) independent of all parameters.

**Proof.** The upper bounds \(|\pi(B)|, |\pi^*(B)|\) follow directly from the definition of \(B\), which is defined to be the intersection of \(I\) with a certain Cartesian product \(E \times E^*\). What must be verified is the lower bound for \(|B|\).

Fix a small constant \(\varepsilon > 0\). Without loss of generality, we may suppose that \(e\) is the standard basis for \(\mathbb{R}^{d-1}\), so that points \((x, y) \in B\) satisfy \(|x_j - \bar{x}_j| < r_j\) and \(|y_j - \bar{y}_j| < r_j^*\) for all \(j \in \{1, 2, \ldots, d - 1\}\). Define \(E_\varepsilon\) to be the set of all \(x = (x', x_d) \in \mathbb{R}^{d-1} \times \mathbb{R}\) satisfying

\[
|x'_j - \bar{x}'_j| < \varepsilon r_j \quad \text{for all} \quad j \in \{1, 2, \ldots, d - 1\}
\]

\[
|x_d - \bar{y}_d - |x' - \bar{y}'|^2| < \varepsilon \rho.
\]

Then \(|E_\varepsilon| \gtrsim \varepsilon^d \rho \prod_{j=1}^{d-1} r_j\).

We will show that if \(\varepsilon\) is chosen to be sufficiently small but independent of \(z, r, r^*, \rho, e\), then for any \(x \in E_\varepsilon\), the set of all \(y' \in \mathbb{R}^{d-1}\) for which there exists \(y_d \in \mathbb{R}\) such that \((x, (y', y_d)) \in B\) has measure \(\gtrsim \prod_{j=1}^{d-1} r_j^*\). Since the mapping \(I \ni (x, y) \mapsto (x, y') \in \mathbb{R}^d \times \mathbb{R}^{d-1}\) is a diffeomorphism, this together with the lower bound for \(|E_\varepsilon|\) and the identities \(r_j r_j^* \equiv \rho\) implies the required lower bound on \(|B|\).

Let \(y \in \mathbb{R}^{d-1}\) satisfy \(|y_j - \bar{y}_j| < r_j^*\) for all \(j \leq d - 1\), and define \(y_d - x_d = -|y' - x'|^2\), so that \((x, y) \in I\). Then

\[(x, y) \in B \quad \text{if and only if} \quad |y_d - \bar{x}_d + |y' - \bar{x}'|^2| < \rho,
\]

and we aim to show that this last inequality is satisfied. One has

\[
y_d - \bar{x}_d + |y' - \bar{x}'|^2
\]

\[
= (x_d - |y' - x'|^2) - \bar{x}_d + |y' - \bar{x}'|^2
\]

\[
= (y_d + |x' - \bar{y}'|^2 + O(\varepsilon \rho)) - |y' - x'|^2 - \bar{x}_d + |y' - \bar{x}'|^2
\]

\[
= \bar{y}_d - \bar{x}_d + |x' - \bar{y}'|^2 - |y' - x'|^2 + |y' - \bar{x}'|^2 + O(\varepsilon \rho)
\]

\[
=-|\bar{y}' - \bar{x}'|^2 + |x' - \bar{y}'|^2 - |y' - x'|^2 + |y' - \bar{x}'|^2 + O(\varepsilon \rho)
\]

where “\(O(\varepsilon \rho)\)” signifies a quantity whose absolute value is at most \(\varepsilon \rho\); such quantities are harmless here. Substitute \(x' = \bar{x}' + \Delta_x\), \(y' = \bar{y}' + \Delta_y\), and
$v = \bar{y}' - \bar{x}'$. Then
\[
-|\bar{y}' - \bar{x}'|^2 + |x' - \bar{y}'|^2 - |y' - x'|^2 + |y' - \bar{x}'|^2
= -|v|^2 + |\Delta_x - v|^2 - |(\Delta_y - \Delta_x) + v|^2 + |\Delta_y + v|^2
= 2\langle \Delta_x, \Delta_y \rangle;
\]
all other terms cancel in pairs after all four quantities are squared. Since $|\langle \Delta_x, \Delta_y \rangle| \leq \sum_{j=1}^{d-1} \varepsilon r_j^* = (d-1)\varepsilon \rho$, we conclude that
\[
|y_d - \bar{y}_d| + |y' - \bar{x}'|^2 \leq (2d-1)\varepsilon \rho.
\]
This is $< \rho$ provided that $\varepsilon$ is chosen to be sufficiently small. \hfill $\Box$

**Remark 12.1.** This conclusion could have been obtained by exploiting symmetries of the problem to reduce the general case to $\bar{x} = \bar{y}$; this boils down to the same algebraic calculations used above. For instance, writing $x = (x', x_d)$ and $y = (y', y_d)$, for any $\Delta \in \mathbb{R}^{d-1}$, the mappings
\[
(x', x_d; y', y_d) \mapsto (x' + \Delta, x_d; y' + \Delta, y_d)
\]
\[
(x', x_d; y', y_d) \mapsto (x' + \Delta, x_d + 2\langle \Delta, x' \rangle + |\Delta|^2; y' + 2\langle \Delta, y' \rangle)
\]
are each Cartesian products of two measure-preserving transformations of $\mathbb{R}^d$, and preserve the incidence manifold $I$. These symmetries reduce the general case to the case where $z = (\bar{x}, \bar{y}) = (0, x_d; 0, x_d)$.

### 13. On subalgebraic structure

Consider the general situation of two (small, open) manifolds $X, X^*$ and a smooth incidence manifold $I \subset X \times X^*$, equipped with a nonnegative measure $\sigma$ with a smooth, nonvanishing density. Assume that the projections $\pi, \pi^*$ of $I$ onto $X, X^*$ are submersions, and that the two foliations of $I$ defined by the level sets of $\pi, \pi^*$ are everywhere transverse. Associated to these data is $T(E, E^*) = T_{I}(E, E^*) = \sigma(I \cap (E \times E^*))$, the number of continuous quotients of incidences between $E$ and $E^*$. Assume that there exist some exponents $a, a_* \in (0, 1)$ satisfying $a + a_* > 1$ for which there is an $L^p$-improvement inequality $T(E, E^*) \leq C|E|^a|E^*|^{a_*}$ uniformly for all measurable sets. For all $t, t_* > 0$ define
\[
\Lambda(t, t_*) = \sup_{|E|=t, |E^*|=t_*} T(E, E^*).
\]

We say that $T_I$ has subalgebraic almost-extremals if for every $\delta > 0$, for all sufficiently small positive $t, t_*$, there exist sets $E, E^*$ of measures $t, t_*$ such that (i) $T(E, E^*) \geq c_\delta t^{a} t_*^{a_*} \Lambda(t, t_*)$ and (ii) $E, E^*$ are subalgebraic sets of degrees and complexities bounded above by quantities depending only on $\delta$, uniformly in $t, t_*$. The qualifier “almost” refers to the sacrificed factor $t^{a} t_*^{a_*}$, which compensates for an obvious defect: The class of subalgebraic sets is not compatible with the symmetry group $\text{Diff}(X) \times \text{Diff}(X^*)$ of Cartesian products of diffeomorphisms.
It might seem plausible that for all $T$ satisfying an $L^p$-improvement inequality, subalgebraic almost-extremals exist. A stronger assertion would be that any $\varepsilon$-quasiextremal pair has a large subalgebraic subpair. By this we mean that if $T(E,E^*) \geq \varepsilon \Lambda(|E|,|E^*|)$ then there exist subalgebraic sets $E,E^*$, of uniformly bounded degrees and complexities, whose measures are comparable to the measures of $E,E^*$ respectively, such that $T(E \cap E^*,E^* \cap E^*) \geq c\varepsilon |E|^{\delta}|E^*|^{\delta}T(E,E^*)$. But this stronger assertion is false, as was shown above in the discussion following the statement of Theorem 1.4. That discussion demonstrates it can only hold for a limited regime of values of $(|E|,|E^*|)$. Perhaps a restriction related to the inequality $\Lambda(|E|,|E^*|) \ll \min(|E|,|E^*|)$ could be sufficient to rectify matters in many cases.

It would be desirable to go still further, by describing all quasiextremals for very general incidence manifolds, as Theorem 1.2 does for one example. In certain other contexts, one would like quasiextremals to correspond to appropriate subalgebraic sets in phase space.

**Remark 13.1.** It is informative to consider Young’s convolution inequality

$$
\left| \int \int_{\mathbb{R}^2} f(x)g(y)h(x-y) \, dx \, dy \right| \leq C \| f \|_p \| g \|_q \| h \|_r,
$$

where $p^{-1} + q^{-1} + r^{-1} = 2$, from this perspective, even though (13.2) is not an inequality of precisely the type under consideration here, partly because it concerns a trilinear rather than a bilinear form, but primarily because it lacks an appropriate analogue of the $L^p$-improving property; natural choices of the associated vector fields in the incidence manifold form Abelian Lie algebras. Let $\delta > 0$ be small. Taking $f,g,h$ to be intervals of some common length $\delta$, centered at the origin, produces subalgebraic quasiextremals. But for large $N$, taking each function to be an $N^{-1}\delta$-neighborhood of $\{N^{-1}n : n \in \mathbb{Z} \text{ and } |n| \leq N\}$ produces equally optimal quasiextremals, uniformly in $N,\delta$ so long as $0 < \delta \leq \frac{1}{4}$. While these sets are subalgebraic, their complexity tends to infinity with $N$, provided that $\delta$ and $N$ are coupled so that $\delta \to 0$ as $N \to \infty$. Thus subalgebraic almost-extremals and even quasiextremals exist, but it is not true that any quasiextremal has a large subalgebraic subpair with appropriate complexity bounds. Subalgebraic sets of controlled complexity of controlled complexity are not the appropriate class for such Abelian inequalities.

Finite lattices also arise as quasiextremals for the Szemerédi-Trotter inequality concerning incidences between discrete sets of lines and points in $\mathbb{R}^2$.

**Remark 13.2.** There is an analogy with a result in discrete combinatorics, in which subalgebraic sets are replaced by finite arithmetic multiprogressions. Let $A,B$ be sets of integers of cardinalities comparable to $k$. Let $S \subset A \times B$ have cardinality comparable to $k^2$. Suppose that the cardinality of $\{a+b : (a,b) \in S\}$ is comparable to $k$. Then there exists a subset $A' \subset A$...
of cardinality comparable to $k$, which is contained in a finite arithmetic multiprogression of uniformly bounded rank, whose cardinality is comparable to $k$. This is a direct consequence of theorems of Balog-Szemerédi and Freiman; see [21].

REFERENCES

[1] J.-G. Bak, D. M. Oberlin, and A. Seeger, Two endpoint bounds for generalized Radon transforms in the plane, Rev. Mat. Iberoamericana 18 (2002), no. 1, 231–247.
[2] M. Bruna, A. Nagel, S. Wainger, Convex hypersurfaces and Fourier transforms, Ann. of Math. (2) 127 (1988), no. 2, 333–365.
[3] M. Christ, Estimates for the $k$-plane transform, Indiana Univ. Math. J. 33 (1984), no. 6, 891–910.
[4] ______, Convolution, curvature, and combinatorics: a case study, Internat. Math. Res. Notices 1998, no. 19, 1033–1048.
[5] ______, Counting to $L^p$, Lecture notes for the Instructional Conference on Combinatorial Aspects of Mathematical Analysis, ICMS, Edinburgh, April 1-2, 2002.
[6] ______, Lebesgue space bounds for one-dimensional generalized Radon transforms, preprint.
[7] ______, On the restriction of the Fourier transform to curves: endpoint results and the degenerate case, Trans. Amer. Math. Soc. 287 (1984), no. 1, 223–238.
[8] ______, Hypoellipticity: geometrization and speculation, in Complex analysis and geometry (Paris, 1997), 91–109, Progr. Math., 188, Birkhäuser, Basel, 2000.
[9] ______, Extremals for a Radon-like transform, preprint.
[10] ______, Extremizers of a Radon transform inequality, preprint.
[11] M. Christ and M. B. Erdoğan, Mixed norm estimates for a restricted X-ray transform, Dedicated to the memory of Thomas H. Wolff, J. Anal. Math. 87 (2002), 187–198.
[12] ______, Mixed norm inequalities for certain generalized Radon transforms, Trans. Amer. Math. Soc. 360 (2008), no. 10, 5477–5488.
[13] M. Christ and Q. Xue, Smoothness of extremizers of a convolution inequality, preprint, arXiv:1012.5458.
[14] S. Dendrinos, N. Laghi, and J. Wright, Universal $L^p$ improving for averages over polynomial curves in low dimensions, J. Funct. Anal. 257 (2009), no. 5, 1355–1378.
[15] C. L. Fefferman and D. H. Phong, Subelliptic eigenvalue problems, in Conference on harmonic analysis in honor of Antoni Zygmund, Vol. I, II (Chicago, Ill., 1981), 590–606, Wadsworth, Belmont, CA, 1983.
[16] P. Gressman, Convolution and fractional integration with measures on homogeneous curves in $\mathbb{R}^n$, Math. Res. Lett. 11 (2004), no. 5-6, 869–881.
[17] J. McNeal, Boundary behavior of the Bergman kernel function in $C^2$, Duke Math. J. 58 (1989), no. 2, 499–512.
[18] M. McNeal and E. M. Stein, Mapping properties of the Bergman projection on convex domains of finite type, Duke Math. J. 73 (1994), no. 1, 177–199.
[19] A. Moyua, A. Vargas, and L. Vega, Restriction theorems and maximal operators related to oscillatory integrals in $\mathbb{R}^3$, Duke Math. J. 96 (1999), 547–574.
[20] A. Nagel, E. M. Stein, and S. Wainger, Balls and metrics defined by vector fields. I. Basic properties, Acta Math. 155 (1985), no. 1-2, 103–147.
[21] M. B. Nathanson, Additive number theory. Inverse problems and the geometry of sumsets, Graduate Texts in Mathematics, 165. Springer-Verlag, New York, 1996.
[22] A. Parmeggiani, Subunit balls for symbols of pseudodifferential operators, Adv. Math. 131 (1997), no. 2, 357–452.
[23] D. M. Oberlin, Multilinear proofs for two theorems on circular averages, Colloq. Math. 63 (1992), no. 2, 187–190.
[24] W. Schlag, *On continuum incidence problems related to harmonic analysis*, J. Funct. Anal. 201 (2003), no. 2, 480–521.

[25] E. M. Stein and G. Weiss, *Introduction to Fourier analysis on Euclidean spaces*, Princeton Mathematical Series, No. 32, Princeton University Press, Princeton, N.J., 1971.

[26] B. Stovall, *Endpoint bounds for a generalized Radon transform*, J. Lond. Math. Soc. (2) 80 (2009), no. 2, 357–374.

[27] ———, *Quasi-extremals for convolution with surface measure on the sphere*, Illinois J. Math. 53 (2009), no. 2, 391–412.

[28] ———, *Endpoint $L^p \to L^q$ bounds for integration along certain polynomial curves*, J. Funct. Anal. 259 (2010), no. 12, 3205–3229.

[29] ———, UC Berkeley PhD dissertation, 2009.

[30] T. Tao and J. Wright, *$L^p$ improving bounds for averages along curves*, J. Amer. Math. Soc. 16 (2003), no. 3, 605–638.

Michael Christ, Department of Mathematics, University of California, Berkeley, CA 94720-3840, USA

E-mail address: mchrist@math.berkeley.edu