ABILITY OF MICROORGANISMS, CAUSING RESPIRATORY INFECTIONS IN CHILDREN, TO FORM BIOFILMS in vitro

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The purpose of the study was to detect ability to form biofilms by microorganisms that cause respiratory tract infections.

Materials and methods. The study involved 97 strains of microorganisms. Microorganisms were isolated from children with respiratory tract infections. All strains, isolated from patients, were able to form biofilms. There were 44 strains of S. aureus (from patients with pneumonia – 13 strains, from patients with other respiratory diseases – 31), 34 strains of S. pneumoniae (pneumonia – 27 strains, other respiratory diseases – 7), 13 strains of K. pneumoniae (pneumonia – 6 strains, other respiratory diseases – 7), 6 strains of P. aeruginosa (pneumonia – 5 strains, other respiratory diseases – 1). Children were treated at the pulmonary department and intensive care unit in Kharkiv Regional Children’s Clinical Hospital.

Results and discussion. The optical density of primary biofilms formed by Gram-positive microorganisms was 1.33±0.24 Units of OD, and their secondary biofilms was 0.32±0.10 Units of OD. In patients with pneumonia optical density of primary biofilms of Gram-positive microorganisms was 1.48±0.21 Units of OD and of secondary biofilms was 0.30±0.08 Units of OD. Optical density of primary biofilms of Gram-positive microorganisms in patients with other respiratory infections was 1.18±0.15 Units of OD, of secondary biofilms was 0.35±0.12 Units of OD. The optical density of primary biofilms formed by Gram-negative microorganisms was 2.01±1.03 Units of OD, optical density of secondary biofilms was 1.06±0.42 Units of OD. In patients with pneumonia optical density of primary biofilms of Gram-negative microorganisms was 2.57±0.87 Units of OD, of secondary biofilms was 1.21±0.50 Units of OD. Optical density of primary biofilms of Gram-negative microorganisms in patients with other respiratory infections was 1.24±0.66 Units of OD, of secondary biofilms was 0.84±0.11 Units of OD.

Conclusion. Gram-negative microorganisms in general formed more massive biofilms compared with Gram-positive microorganisms. Among all microorganisms P. aeruginosa formed the thickest primary and secondary biofilms. Strains of P. aeruginosa isolated from patients with pneumonia formed the thickest primary and secondary biofilms. Strains of S. aureus isolated from patients with other respiratory infections formed most massive primary biofilms, strains of K. pneumoniae formed the hardest secondary biofilms in this group.

Keywords: biofilms, children, respiratory diseases, S. aureus, S. pneumoniae, K. pneumoniae, P. aeruginosa.

Research relation to the programs, plans, and department themes. The research was carried out within the framework of the initiative topic “Experimental discourse of application of a complex of antibacterial agents on the basis of detection of microbiological features of microorganisms that cause purulent-inflammatory diseases”, the State Registration Number is 0120U102569.

Introduction. A biofilm is defined as a sessile microbial community in which cells are attached to a surface or to other cells and embedded in a protective extracellular polymeric matrix [1-4]. The EPS matrix allows the microbes to function synergistically as a community by maintaining close contact via intercellular communication pathways and sharing group resources [5-7]. The formation and dispersal of biofilms is regulated by several mechanisms, including quorum sensing (QS), bis-(3’-5’) cyclic diguanosine monophosphate (c-di-GMP) signaling, and regulation of small RNAs [7, 8]. The growth in a biofilm plays an important role during infection by providing a defense against several clearance mechanisms. The biofilm matrix can impede the access of certain types of immune defenses, such as macrophages, which display incomplete penetration into the biofilm matrix and “frustrated phagocytosis” [4, 9].

Biofilms growth on host tissues and medical devices act as a key mechanism of virulence for opportunistic pathogens such as Pseudomonas aeruginosa, staphylococcal species, and the fungi [10]. The ability of P. aeruginosa to form biofilms is a critical factor that allows it to cause severe and recalcitrant infections associated with significant morbidity and mortality [7, 11]. Biofilms provide P. aeruginosa an enormous advantage by promoting survival on artificial materials,
evansion from the immune system, and tolerance to antimicrobial therapy [7, 11-14].

The purpose of the study was to detect ability of microorganisms that cause respiratory tract infections, to form biofilms.

Materials and methods. For detection of biofilms formation 97 strains of S. aureus, S. pneumoniae, K. pneumoniae, P. aeruginosa were isolated from children with respiratory diseases, namely 44 strains of S. aureus (pneumonia – 13 strains, other respiratory diseases – 31), 34 strains of S. pneumoniae (pneumonia – 27 strains, other respiratory diseases – 7), 13 strains of K. pneumoniae (pneumonia – 6 strains, other respiratory diseases – 7), 6 strains of P. aeruginosa (pneumonia – 5 strains, other respiratory diseases – 1). Microorganisms were isolated and identified by routine microbiological methods [15].

Polystyrene flat-bottom 96-well plates were used for detection of biofilms formation. Night cultures of isolated microorganisms were diluted by fresh nutrient medium 1:100. Obtained suspensions in sterile conditions were inoculated in the dose of 150 μL into the wells of the plates. Plates were incubated at 28°C for 24 hours under moist conditions. Optical density of the obtained cells was detected with the aid of Multiskan photometer with wave length of 540 nm. After that, content of the wells was carefully removed and into the wells were added 150 μL of distilled water and 15 μL 1% alcohol solution of crystal violet. Wells that were filled with dye were incubated at room temperature for 45 minutes. Then the dye was carefully aspirated and wells were rinsed three times with distilled water with the aid of a multi channel dropper. Into the washed wells 250 μL of ethyl alcohol was added and left for 45 minutes at room temperature. Intensity of attaining was done with photometer with wave length of 540 nm [16].

All examined patients and their parents signed an informative consent, the study was conducted in accordance with the Declaration of Helsinki of the World Medical Association of Bioethics, standard provisions on ethics of the Ministry of Health of Ukraine №66 of February 12, 2006.

The Wilcoxon Matched Pairs Test - nonparametric method was used due to small amount of experiments. The differences were evaluated using the chi-squared test. A P value less than 0.05 was considered statistically significant. Means ± standard deviation of at least three independent replicates are depicted. Significance was determined using the Kruskal-Wallis ANOVA by Ranks.

Results and discussion. Optical density (OD) of primary biofilms that formed microorganisms, isolated from patients with pneumonia was 1.71±0.63 Units of OD, of secondary biofilms was 0.50±0.45 Units of OD. OD of primary biofilms formed by microorganisms, isolated from patients with other respiratory infections was 1.19±0.29 Units of OD, of secondary biofilms was 0.43±0.22 Units of OD.

OD of primary biofilms formed by Gram-positive microorganisms was 1.33±0.24 Units of OD, of secondary biofilms was 0.32±0.10 Units of OD. OD of primary biofilms was thicker than OD of secondary biofilms, Z = 7.67, p < 0.05. OD of primary biofilms formed by Gram-positive microorganisms in patients with pneumonia was 1.48±0.21 Units of OD, of secondary biofilms was 0.30±0.08 Units of OD. OD of primary biofilms was more massive than OD of secondary biofilms, Z = 5.51, p < 0.05. OD of primary biofilms formed by Gram-positive microorganisms isolated from patients with other respiratory infections was 1.18±0.15 Units of OD, of secondary biofilms was 0.35±0.12 Units of OD. OD of primary biofilms was harder than OD of secondary biofilms, Z = 5.37, p < 0.05.

Gram-negative microorganisms formed primary biofilms with OD 2.01±1.03 Units of OD, of secondary biofilms was 1.06 ± 0.42 Units of OD, p = 0.000132. OD of primary biofilms formed by Gram-negative microorganisms in patients with pneumonia was 2.57±0.87 Units of OD, of secondary biofilms was 1.21±0.50 Units of OD, p = 0.003346. OD of primary biofilms formed by Gram-negative microorganisms in patients with other respiratory infections was 1.24±0.66 Units of OD, of secondary biofilms was 0.84±0.11 Units of OD, p = 0.011719.

OD of primary biofilms formed by S. aureus strains was 1.29±0.17 Units of OD, of secondary biofilms was 0.30±0.08 Units of OD. Primary biofilms were thicker than secondary, Z = 5.776745, p < 0.05. OD of primary biofilms formed by S. aureus strains in patients with pneumoniae was 1.46±0.12 Units of OD, of secondary biofilms was 0.26±0.04 Units of OD. Primary biofilms were more massive than secondary, p = 0.001474. OD of primary biofilms formed by S. aureus strains in patients with other respiratory infections was 1.22±0.13 Units of OD, of secondary biofilms was 0.31±0.08 Units of OD. Primary biofilms were harder than secondary, p = 0.000001.

OD of primary biofilms formed by S. pneumoniae strains was 1.38±0.30 Units of OD, of secondary biofilms was 0.35±0.12 Units of OD. Primary biofilms were thicker than secondary, Z = 5.086213, p < 0.05. OD of primary biofilms formed by S. pneumoniae strains in patients with pneumonia was 1.49±0.25 Units of OD, of secondary biofilms was 0.32±0.08 Units of OD. Primary biofilms were more massive than secondary, p = 0.000006. OD of primary biofilms formed by S. pneumoniae strains in patients
with other respiratory infections was 1.00±0.09 Units of OD, OD of secondary biofilms was 0.49±0.15 Units of OD. Primary biofilms were harder than secondary, p = 0.017961.

OD of *K. pneumoniae* primary biofilms was 1.49±0.81 Units of OD, OD of secondary biofilms was 0.92±0.24 Units of OD. Primary biofilms were thicker than secondary, p = 0.001474. OD of *K. pneumoniae* primary biofilms in patients with pneumonia was 2.06±0.91 Units of OD, of secondary biofilms was 0.98±0.34 Units of OD. Primary biofilms were more massive than secondary, p = 0.027709. OD of *K. pneumoniae* primary biofilms in patients with other respiratory infections was 1.00±0.05 Units of OD, of secondary biofilms was 0.87±0.10 Units of OD. Primary biofilms were harder than secondary, p = 0.017961.

OD of primary biofilms formed by *P. aeruginosa* strains was 3.13±0.15 Units of OD, OD of secondary biofilms was 1.36±0.59 Units of OD. Primary biofilms were thicker than secondary, p = 0.027709. OD of primary biofilms formed by *P. aeruginosa* strains in patients with pneumonia was 3.18±0.09 Units of OD, of secondary biofilms was 1.50±0.55 Units of OD. Primary biofilms were more massive than secondary, p = 0.043115.

Comparing of primary biofilms OD using Kruskal-Wallis test among all 4 microorganisms revealed that the highest index was detected in *P. aeruginosa*, the lowest was found in *S. aureus*: H (3.97) = 20.08, p =0.0002 (Fig. 1).

Comparing OD of secondary biofilms among all 4 microorganisms revealed the highest index in *P. aeruginosa* with the lowest in *S. aureus*: H (3.51) = 27.34, p <0.05 (Fig. 4).
Comparison of primary biofilms OD among 3 microorganisms in patients with other respiratory diseases revealed the highest index in *S. aureus* with the lowest in *K. pneumoniae*: H (2.45) = 24.53, *p* < 0.05 (Fig. 5).

*Fig. 5. Comparison of primary biofilms OD formed by microorganisms, isolated from patients with other respiratory diseases*

Comparing OD of secondary biofilms among 3 microorganisms in patients with other respiratory diseases revealed the highest index in *K. pneumoniae* with the lowest in *S. aureus*: H (2.45) = 22.69, *p* < 0.05 (Fig. 6).

*Fig. 6. Comparison of secondary biofilms OD formed by microorganisms, isolated from patients with other respiratory diseases*

All isolates were able to form biofilms. Both Gram-positive and Gram-negative microorganisms formed primary biofilms that were thicker than secondary biofilms.

OD of primary and secondary biofilms of *P. aeruginosa* strains in patients with pneumonia was the highest among all microorganisms. OD of primary and secondary biofilms of *S. aureus* strains in patients with pneumonia was the lowest among all microorganisms.

On other hand, in patients with other respiratory diseases the highest OD of primary biofilms was detected in the strains of *S. aureus*, the lowest – in strains of *K. pneumoniae*. OD of secondary biofilms of *K. pneumoniae* strains in patients with other respiratory diseases was the highest among 3 microorganisms (*S. aureus, S. pneumoniae, K. pneumoniae*). OD of secondary biofilms of *S. aureus* strains in patients with other respiratory diseases was the lowest among 3 microorganisms (*S. aureus, S. pneumoniae, K. pneumoniae*).

*S. aureus*, like all bacteria, expresses myriad virulence factors upon entering the host environment that aid it in adhering to host tissues, proliferating inside the host, and evading the immune system. In recent years, *S. aureus* has become an emerging cause of community acquired pneumonia. Pneumonia caused by *S. aureus* is a significant cause of morbidity and mortality and can induce severe lung destruction [17].

There are several steps in the biofilm’s formation: initial contact and attachment to the surface; microcolony formation; maturation and formation of the architecture of the biofilm; detachment and dispersal of the biofilms. One of the most important steps in biofilms formation is attachment. *P. aeruginosa* has several mechanisms that help this microorganism in this stage. The type V secretion system (autotransport system) plays role in biofilms formation and cellular adherence. The soluble lectins, LecA and LecB, are present in the outer membrane of *P. aeruginosa* that may participate in adhesion and play a major role in the severity of *P. aeruginosa* – induce lung bacterial load, influencing its survival and biofilms formation [18].

In the respiratory tract present barriers which prevent the establishment of infection, such as the presence of mucus, opsonins, innate immune cells, and additional factors. Activation of *P. aeruginosa* QS alters innate and adaptive responses and, along with the associated cytotoxic effects of the virulence factors, allows for the establishment of a severe lower respiratory tract infection, especially pneumonia. [19].

The severity of *P. aeruginosa* is due to its secretion of exoenzymes. Also, *P. aeruginosa* has single polar flagellum and multiple cell surface pili (type IV) that responsible for adherence to cell membranes and other surfaces [18]. Taking everything into account it can be explained why strains of *P. aeruginosa* formed the thickest primary biofilms.

Secondary biofilms in all cases were thinner than primary among and Gram-positive and Gram-negative microorganisms. It can be defined the fact that QS can inhibit production of flagella and other adhesins on the stage of the biofilm’s formation, because they are thought to be strong immunogens and they stimulate formation of interleukins [20-23].
Conclusion
In the present study microorganisms causing respiratory tract infections in children were able to form more massive primary biofilms that can play a more significant role in the severity of pneumonia compared with other respiratory infections. OD of primary biofilms formed by microorganisms causing pneumonia was 1.71±0.63 Units of OD. OD of primary biofilms formed by microorganisms causing other respiratory infections was 1.19±0.29 Units of OD.

Comparing OD of primary (H (3,97) = 20.08, p=0.0002)) and secondary (H (3,97) = 48.51, p <0.05)) biofilms formed by S. aureus, S. pneumoniae, K. pneumoniae, P. aeruginosa using Kruskal-Wallis test revealed the highest index in P. aeruginosa and the lowest in S. aureus.

P. aeruginosa isolated from patients with pneumonia formed the thickest primary and secondary biofilms.

S. aureus formed most massive primary biofilms in patients with other respiratory diseases, K. pneumoniae formed the hardest secondary biofilms in this category of patients.

Prospects for further research. It is planned to detect susceptibility of S. aureus, S. pneumoniae, K. pneumoniae, P. aeruginosa in their biofilms form to the action of the antibacterial drugs in vitro.

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**ВИЗНАЧЕННЯ ЗДАТНОСТІ МІКРООРГАНІЗМІВ, ЯКІ ВИКЛЮКАЮТЬ ЗАХВОРЮВАННЯ ОРГАНІВ ДИХАННЯ У ДІТЕЙ, ФОРМУВАТИ БІОПЛІВКИ У ЕКСПЕРИМЕНТІ in vitro**
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Резюме. Метою дослідження було виявлення здатності мікроорганізмів, які викликають захворювання органів дихання у дітей, до біоплівкоутворення. Від пацієнтів було виділено 97 штамів мікроорганізмів, з них 44 штами *S. aureus* (від пацієнтів з пневмоніями – 13, від пацієнтів з іншими захворюваннями органів дихання – 31), 34 штами *S. pneumoniae* (від пацієнтів з пневмоніями – 27, від пацієнтів з іншими захворюваннями органів дихання – 7), 13 штамів *K. pneumoniae* (від пацієнтів з пневмоніями – 6, від пацієнтів з іншими захворюваннями органів дихання – 7), 6 штамів *P. aeruginosa* (від пацієнтів з пневмоніями – 5, від пацієнтів з іншими захворюваннями органів дихання – 1). Дослідження здатності мікроорганізмів до біоплівкоутворення визначали за допомогою визначення здатності штамів бактерій до адгезії на поверхні полістиролу в 96-ти лункових планшетах для імуноферментного аналізу. Визначення оптичної щільності проводилося за допомогою фотометра Multiskan при довжині хвилі 540 нм.

Оптична щільність первинних біоплівок, які формували Грампозитивні мікроорганізми була 1.33±0.24 од.ощ., вторинних – 0.32±0.10 од.ощ. У пацієнтів з пневмонією ОЩ первинних біоплівок, що формували Грампозитивні мікроорганізми була 1.48±0.21 од.ощ., а вторинних – 0.30±0.08 од.ощ. У пацієнтів з іншими захворюваннями органів дихання оптична щільність первинних біоплівок, що формували Грампозитивні мікроорганізми була 1.18±0.15 од.ощ., а вторинних – 0.35±0.12 од.ощ.

Грампозитивні мікроорганізми формували більш щільні біоплівки у порівнянні з Грамнегативними мікроорганізмами. Штами *P. aeruginosa*, виділені від пацієнтів з пневмоніями, формували найбільш маєвні, як первинні, так і вторинні біоплівки.

Ключові слова: біоплівки, діти, захворювання органів дихання, *S. aureus*, *S. pneumoniae*, *K. pneumoniae*, *P. aeruginosa*.
В рамках цієї дослідження був проаналізований перелік штаммів "K. pneumoniae" (від пацієнтів з пневмонією – 6, від пацієнтів з іншими захворюваннями органів дихання – 7), а також штаммів "P. aeruginosa" (від пацієнтів з пневмонією – 5, від пацієнтів з іншими захворюваннями органів дихання – 1). Результати використання способності микроорганизмів формувати біопленки визначали з метою оцінки способності штаммів до адгезії на поверхні полістиролу в 96-лунечних планшетах. Оптична плотність біопленок визначалась за допомогою фотометра Multiskan при діагональній волні 540 нм.

Оптична плотність первинних біопленок, які були створені грам-позитивними бактеріями, становила 1.33±0.24 ед./дм., в іншому випадку 0.32±0.10 ед./дм. У пацієнтів з пневмонією оптична плотність первинних біопленок, створених грам-позитивними бактеріями, становила 1.48±0.21 ед./дм., в іншому випадку 0.30±0.08 ед./дм. У пацієнтів з іншими захворюваннями органів дихання оптична плотність первинних біопленок, створених грам-позитивними бактеріями, становила 1.18±0.15 ед./дм., в іншому випадку 0.35±0.12 ед./дм.

Оптична плотність первинних біопленок, створених грам-негативними бактеріями, становила 2.01±1.03 ед./дм., в іншому випадку 1.06±0.42 ед./дм. У пацієнтів з пневмонією ОП первинних біопленок, створених грам-негативними бактеріями, становила 2.57±0.87 ед./дм., в іншому випадку 1.21±0.50 ед./дм. У пацієнтів з іншими захворюваннями органів дихання ОП первинних біопленок, створених грам-негативними бактеріями, становила 1.24±0.66 ед./дм., в іншому випадку 0.84±0.11 ед./дм.

Грам-негативні бактерії формували біопленки, що були більші за тисячу первинних біопленок, а також біопленки, що були більші за тисячу вторинних біопленок. Штаммі "P. aeruginosa", вилучені від пацієнтів з пневмонією, формували біопленки, що були більші за тисячу первинних біопленок, а також біопленки, що були більші за тисячу вторинних біопленок.

Ключові слова: біопленки, дитячі, захворювання органів дихання, S. aureus, S. pneumoniae, K. pneumoniae, P. aeruginosa.

The authors of this study confirm that the research and publication of the results were not associated with any conflicts regarding commercial or financial relations, relations with organizations and/or individuals who may have been related to the study, and interrelations of coauthors of the article.

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