High-$T_C$ micro and nano-constrictions modeling: hot spot approach for DC characteristics and HEB THz mixer performance

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Abstract. High-$T_C$ hot electron bolometers (HEB) are promising THz mixers due to their expected wide bandwidth, large mixing gain, and low intrinsic noise. We have simulated the characteristics of YBaCuO HEBs with a hot spot model usually dedicated to low-$T_C$ phonon cooled devices. With respect to e.g., NbN, the high-$T_C$ specificities are mainly arising from the large values of YBaCuO phonon thermal conductivity, and the film to MgO substrate phonon escape time. The consequent effects on the electron temperature profiles along the YBaCuO constriction and the current voltage DC characteristics are considered. The conversion gain $G$ and noise temperature $T_N$ were computed for two constriction dimensions. For a 100 nm long $\times$ 100 nm wide $\times$ 10 nm thick constriction at 9 microwatt local oscillator (LO) power, the expected double sideband (DSB) $T_N = 1520$ K ($G = -13.7$ dB). For a larger (but more realistic according to YBaCuO aging effects) 400 nm long $\times$ 400 nm wide $\times$ 35 nm thick constriction, minimum $T_N = 1210$ K DSB at 35 microwatt LO power ($G = -13.1$ dB).

1. Introduction
During the past decade, superconducting hot electron bolometers (HEB) have been the object of unceasing progress. The performances achieved by low-$T_C$ devices are at a very high level in terms of heterodyne mixing in the THz. For example, double sideband (DSB) noise temperatures $T_N = 950$ K [1] and 600 K [2] at 2.5 THz were reported for NbN HEBs. Efforts on high-$T_C$ HEBs (YBa$_2$Cu$_3$O$_{7-\delta}$ - YBCO) have been, however, more limited, with few published results from microwave to THz frequencies [3-6]. Indeed, YBCO HEB technology has proven difficult due to the chemical reactivity and the aging effects of YBCO ultrathin films. Such films are required to achieve sensitive HEBs, but a sharp increase in conversion losses results from aging [7,8]. However, predicted performance was particularly encouraging, with $T_N = 2000$ K (single sideband – SSB) at $P_{\text{LO}} = 11$ $\mu$W local oscillator (LO) power for an YBCO constriction of 10 nm thickness and 100$\times$100 nm$^2$ transverse dimensions [9]. This first model was based on the “0-D” point bolometer approach, which describes the system in terms of thermal reservoirs only, namely the electrons of the superconducting film at temperature $T_e$ and the phonons of the film at temperature $T_p < T_e$. The electron - phonon interaction time $\tau_{ep}$ drives the HEB transient response or its instantaneous bandwidth as a mixer. With $\tau_{ep} = 1$-2 ps, the YBCO HEB gives the hope of a bandwidth close to 100 GHz (but so far unobserved), whereas NbN exhibits

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\( \tau_{\text{ph}} \approx 20 \text{ ps}. \) Moreover, the “1-D” hot spot model, which takes into account the spatial dependence of \( T_e \) along the superconducting constriction, was implemented for low-\( T_C \) HEBs [10]. Our motivation was to apply this model to YBCO, while taking the high-\( T_C \) specificities into account, which are mainly due to the large phonon thermal conductivity and the long film to substrate phonon escape time \( \tau_{\text{esc}} \).

2. HEB geometry and thermal equations

The main constituents of an YBCO-based HEB are shown in figure 1. The superconducting ultrathin film is deposited on an MgO substrate (with lattice matching buffer layer). The YBCO constriction is coupled to the rf radiation by means of a planar metal antenna.

![HEB schematic](image)

**Figure 1.** HEB schematics (not to scale) depicting the YBCO constriction connected to the arms of a planar antenna. Left: cross-section; right: top view. The constriction dimensions are: length \( L \), width \( w \), and thickness \( \theta \). The hot-spot model coordinate \( x \) is parallel to \( L \).

The thermal exchange in the device is governed by the heat equations pertaining to the electrons (1) and the phonons (2) of the YBCO film, bearing indices \( e \) and \( p \), respectively:

\[
V_e \kappa_e(T_e) \frac{\partial^2 T_e}{\partial x^2} - V_e C_e(T_e) \frac{\partial T_e}{\partial t} = \frac{V_e C_e}{\kappa_{\text{esc}} T_{\text{esc}}} \left( T_e^{\text{in}} - T_e^{\text{in}} \right) - P_{\text{LO}} - P_J ,
\]

\[
V_p \kappa_p(T_p) \frac{\partial^2 T_p}{\partial x^2} - V_p C_p(T_p) \frac{\partial T_p}{\partial t} = \frac{V_p C_p}{\kappa_{\text{esc}} T_{\text{esc}}} \left( T_p^{\text{in}} - T_p^{\text{in}} \right) - \frac{V_e C_e}{\kappa_{\text{esc}} T_{\text{esc}}} \left( T_e^{\text{in}} - T_e^{\text{in}} \right) ,
\]

where the only spatial coordinate \( x \) is along the length of the constriction (figure 1), which is anchored to its ends at the thermostat temperature \( T_0 \); i.e., \( x \in [0, L] \), with \( T_d(0) = T_d(L) = T_0 \). \( V_e \) is the constriction volume; \( \kappa_{p} \) and \( C_{p} \) are the thermal conductivities and volumic specific heats, respectively (evaluated at the assumed constant temperatures \( T_{\text{esc}} \), \( T_{\text{pc}} \)). The power source terms are \( P_{\text{LO}} \) and the DC bias Joule power \( P_J \). Equations (1) and (2) are depicting a phonon cooled device, because cooling by the electron diffusion to the metal contacts can be neglected in YBCO [9].

3. Solving hypotheses and DC characteristics

Apart from general simplifying assumptions (YBCO material homogeneity, uniform current density in the constriction section, temperature independent thermal conductivities and specific heats, no LO losses), other hypotheses are more specific.

i) As the phonon thermal conductivity is one order of magnitude larger for YBCO at \( \sim 80 \text{ K} \) than for NbN at \( \sim 10 \text{ K} \), the second order derivative in (2) cannot be neglected as in [10].

ii) Due to film/substrate interface nature (lattice mismatch and/or buffer layer), the phonon escape time is much longer in YBCO/MgO; i.e., \( \tau_{\text{esc}} \) (ps) \( \approx 75 \times \theta \) (nm) [11] (\( \approx 13 \times \theta \) in NbN/Si [10]).

iii) The thermal exchange exponents are \( m = n = 3 \) for YBCO (\( m = 4 \) and \( n = 3.6 \) for NbN) [9,10].

The numerical values for the various parameters are gathered in table 1. Two devices have been simulated; Device A represents a constriction close to the limits of achievable e-beam lithography (same dimensions as in [9]) and Device B represents our currently achievable dimensions [8].
Table 1. Simulated device parameter values.

|   | L (nm) | W (nm) | θ (nm) | τep (ps) | τesc (ps) | κ_e (W m⁻¹ K⁻¹) | κ_p (W m⁻¹ K⁻¹) | T_C (K) | ΔT (K) | J_C (A cm⁻²) | ρ_d (Ω cm⁻¹) | T_0 (K) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dev. A | 100 | 100 | 10 | 1.0 | 0.75 | 1 | 10 | 85 | 1.2 | 2×10⁶ | 3×10⁻⁴ | 60 |
| Dev. B | 400 | 400 | 35 | 1.7 | 2.6 | 1 | 10 | 89 | 1.2 | 2×10⁶ | 3×10⁻⁴ | 70 |

*aAt mid-transition  bTransition width  cAt 77 K  dNormal state resistivity at ≈ 100 K

Solving was performed in steady-state conditions (time derivatives omitted) using the MATLAB® ordinary differential equations toolbox. Temperature profiles for Device A are shown in figure 2 and DC current-voltage plots are shown in figure 3 for both devices. The hot electron effect (T_e > T_p) is clearly visible in figure 2a, as well as the hot spot central region (T_e > T_C at I = 188 μA). Negative resistance is observed for device A at low LO levels (figure 3a), whereas it is not visible for device B (figure 3b) seemingly due to the damping effect of the larger thermal resistance associated to the longer τesc. The effect of neglecting the phonon diffusion along the constriction (second order derivative term in (2) suppressed) shows a much larger electron heating effect (figure 2b) and no negative resistance (figure 2b, inset), as discussed in [12].

Figure 2. Temperature profiles for device A at various DC bias current values. (a): T_e and T_p plots. (b): T_e plots with second order T_p term neglected (inset: corresponding DC I-V plot).

Figure 3. DC I-V plots at various LO power values, for device A (a) and device B (b). The sign of dI/dV is sensitive to the second order T_p term (P_LO = 5 μW in (a) and inset in figure 2b).

4. HEB mixer performances

The conversion gain G and noise temperature T_N were extracted from the large signal analysis, as performed in [10] for NbN devices. G is defined as the ratio between the power dissipated into the device loading resistance (50 Ω) and the signal power absorbed by the device. It contains both the DC and LO power efficiencies. T_N is the sum of the DSB temperatures due to the thermal fluctuations and Johnson noise. The most significant performances are gathered in table 2.
Table 2. Minimum DSB noise temperature and maximum conversion gain for both YBCO devices.

|                  | Device A |          |          | Device B |          |          |
|------------------|----------|----------|----------|----------|----------|----------|
|                  | $P_{LO}$ ($\mu$W) | 1 | 5 | 9 | 5 | 15 | 35 |
| $T_{N \text{min}}$ (K) | 6200 | 2000 | 1520 | 4000 | 1730 | 1210 |
| $V$ (mV) / $I$ (\(\mu\)A)$^a$ | 24 / 175 | 19.5 / 135 | 10.5 / 83 | 19 / 470 | 16.5 / 400 | 9.5 / 260 |
| $G$ (dB)$^a$ | −19 | −14.9 | −13.7 | −16.6 | −13.9 | −13.1 |
| $G_{\text{max}}$ (dB) | −2 | −6 | −13.4 | −15.6 | −12.2 | −12.6 |
| $V$ (mV) / $I$ (\(\mu\)A)$^b$ | 3.6 / 255 | 2.8 / 130 | 6.5 / 74 | 12.5 / 465 | 8 / 375 | 7 / 235 |
| $T_{N}$ (K)$^b$ | 19800 | 5700 | 1620 | 5150 | 2250 | 1350 |

$^a$For $T_{N \text{min}}$: DC bias point and associated gain  
$^b$For $G_{\text{max}}$: DC bias point and associated noise temperature

For device A, $P_{LO} = 9$ $\mu$W allows to achieve $T_{N \text{min}} = 1520$ K DSB with $G = -13.7$ dB (close to $G_{\text{max}} = -13.4$ dB), whereas the point bolometer model provides $T_{N} \approx 1000$ K (2000 K SSB) at $P_{LO} = 11$ $\mu$W [9]. High $G$ values could be achieved at low $P_{LO}$ levels, due to the negative resistance effect (figure 3a), but the noise dramatically increases. For device B, optimal performance is achieved at $P_{LO} = 35$ $\mu$W, with $T_{N} \approx 1200$ to 1350 K and $G \approx -13$ to $-12.5$ dB, respectively.

5. Conclusions

Starting from a hot spot model developed for NbN HEBs, we have revised the physical hypotheses to fully represent the YBCO specificities. Good mixer performance could be obtained with a device of reasonable dimensions, according to the YBCO sensitivity to technological process. Further improvements will concern the behavior at THz frequencies and the mixer bandwidth.

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