Research Article
Variability of SST and ILD in the Arabian Sea and Sea of Oman in Association with the Monsoon Cycle

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Sea surface temperature (SST) and isothermal layer depth (ILD) are important oceanic parameters and could play a significant role in understanding the upper thermal structure as well as improve the predictive capability of monsoons in the tropical oceans. In a disparate departure from the past research, the present study investigates the seasonal variability of SST and ILD in association with the monsoon cycle in the Arabian Sea and Sea of Oman regions by examination of Argo datasets for 2016-17. In this study, the ILD climatology is determined from temperature profiles provided by the Argo floats based on a threshold technique ($T(z) \geq SST - 1°C$) to investigate the region of stronger and weaker monsoon wind forcing. For SST, values of temperature are used nearest to the sea surface (depth ($z$) $\leq 5$ m). The region is split into four distinct zones for an accurate description of the monsoon cycle: the south Arabian Sea, the central Arabian Sea, the north Arabian Sea, and the Sea of Oman. It is observed that summer monsoon is more pronounced in the south-central basin of the Arabian Sea, where ILD is deepening ($> 100$m in September 2016) mainly due to stronger wind forcing in this region. On the contrary, the Sea of Oman region is displayed with smaller ILD amplitude ($<10$m in June 2016) with larger SST, meaning that this region is weakly influenced by the summer monsoon. The seasonal relationship established between ILD variability and monsoon cycle for 2016-17 shows that ILD could be a useful indicator for predicting summer monsoon in the Arabian Sea regions. Our analysis results indicate that the dynamics for SST variability are different in these regions and are influenced either by large-scale atmospheric forcing, such as the El Niño-Southern Oscillation (ENSO) and the Indian Ocean Dipole (IOD), or by the effects of mesoscale variations occurring along the Oman-Arabian coast.

1. Introduction

The dynamics of sea surface temperature (SST) variability in the Indian Ocean vary in different seasons and regions. Previous research shows that the strong seasonality of the SST is the result of the combined effect of oceanic and atmospheric processes at the air-sea interface (mainly controlled by seasonal changes in the incoming solar radiation), and the oceanic and atmospheric circulation such as El Niño/La Niña-Southern Oscillation (ENSO) in the Pacific Ocean [1–3] or the internal independent mechanism such as Indian Ocean Dipole (IOD) can affect the interannual variability of SST [4–8]. The annual cycle of monsoons mainly exhibits bimodal distribution and significantly affects the upper thermal structure, which is mainly responsible for regional circulation and heat/salt transport in the Arabian Sea [9]. The annual cycle of SST in the tropical Indian Ocean mainly consists of four stages: (1) a warming stage from about February to May; (2) cooling from May to August; (3) warming from August to October; and (4) cooling from October to January (Figure 1). This pattern is in contrast to the annual cycle of the SST in most of other regions of the world ocean, which display only two phases: warming during spring and summer; and cooling during autumn and
winter. All available evidence suggests that this unusual behavior of the tropical Indian Ocean is due to the influence of the southwest monsoon (summer season) that dominates the Arabian Sea during the northern hemisphere summer. The energetic circulation of wind during this period is known to have an effect on the SST. In the coastal regions, upwelling typically occurs, which brings up colder water and then spreads offshore [10], whereas, in the open sea, the loss of energy and heat on the surface lower the SST. These changes in SSTs and winds over the oceanic may have influence on weather and climate of the adjacent land area and Indian rainfall [3, 11]. Recently, the SST in the east Pacific Ocean was strongly influenced by the powerful El Niño in 2016 [4, 12] and the weak La Niña in 2017 [13]. In early 2016, the tropical Indian Ocean warmed up in the presence of El Niño and the maximum SST (monthly mean) increased beyond 29.5°C in April-May (Figure 1(a)). The powerful El Niño and weak La Niña caused extreme negative and weak positive IOD events in the Indian Ocean during 2016 and 2017, respectively. The extreme negative and weak
positive IOD events have had a significant impact on the monsoon cycle in the Indian Ocean and have caused more flood and rainfall in many parts of Australia, Indonesia, and the Indian subcontinent, as well as drought conditions in East Africa [12, 14]. As a result, almost half of the world’s population living in this region has an impact on food production, water insecurity, and even human health.

Apart from SST, isothermal layer depth (ILD) is an important oceanic parameter that could help us understand the effects of monsoonal winds variability in the tropical Indian Ocean. It is, therefore, critical to document ILD variability and its relation to the monsoon cycle, because it may have a significant influence on summer monsoon qualitative predictability. Using various Argo and satellite datasets, an attempt is made in the present study to investigate the influence of monsoons on SST cycle and ILD amplitude in the Arabian Sea and Sea of Oman regions. It is important to highlight that the SST cycle in the south-central basin of the Arabian Sea is mainly affected by the ENSO and IOD events. A notable feature of the Arabian Sea circulation is the presence of strong (weak) upwelling along the Oman-Arabian coast that occurs in late spring and peaks in summer. The low upwelling warms SST along the Oman-Arabian coast, which is considered important for Indian monsoon rainfall and remains a key area in this study. We believe that these results, based on satellite and Argo datasets, will be useful for scientists engaged in research on atmospheric and oceanic studies, air-sea interaction studies, and monsoon studies. The rest of the paper is organized as follows: Section 2 describes the area under investigation, as well as various satellite and Argo datasets, followed by a brief derivation of ILD and SST from temperature profiles provided by Argo floats. Section 3 describes the results and discussion, including SST and ILD variability in association with monsoon cycles in the Arabian Sea and Sea of Oman regions. Finally, the main findings are summarized in Section 4.

2. Materials and Methods

2.1. Study Area. The Arabian Sea is the northwestern part of the tropical Indian Ocean with land boundaries in the west, north, and east. The geographical extent of the Arabian Sea is shown in Figure 2. As shown in the figure, the sea is bounded by India (to the east), Pakistan and Iran (to the north), and the Arabian Peninsula in the west. In the southwest, the sea is connected with the Red Sea through the Gulf of Aden, while, in the northwest, it is connected with the Persian Gulf through the Sea of Oman and Strait of Hormuz. The Sea of Oman (formerly known as the Gulf of Oman) extends between 22 and 26°N and 56–60°E. It is broad and deep (240 × 450 km and from 200 m to typically 4000 m deep at the Arabian Sea) and opens on the Arabian Sea and the Indian Ocean at its southeast part. The areas under investigation are identified by four distinct zones including three in the Arabian Sea, south Arabian Sea (Zone 1; Eq–5°N/54–61°E), central Arabian Sea (Zone 2; 11–15°N/57–69°E), and north Arabian Sea (Zone 3; 17–23°N/60–67°E), and one in the Sea of Oman (Zone 4; 23–25°N/58–65°E).

2.2. Data Sources

2.2.1. Argo Data. The most important data for this study are temperature and salinity profiles provided by Argo floats. The recent expansion of the Argo array in the Indian Ocean has enhanced the coverage and resolution of temperature and salinity profiles [15–17]. Argo provides greater spatial and temporal resolution relative to other in situ observations (i.e., ship-based measurements, gliders, and moorings). Usually, Argo floats sample during their ascent phase and stop sampling 3 to 4 m below the sea surface. The cycle period (the time interval between two surfacings of the float) of the floats ranged from 3 to 10 days. In this study, T/S (temperature/salinity) profiles of four Argo floats were used for SST and SSS (sea surface salinity) measurements. All these profiles were obtained from January 01, 2016, to December 31, 2017, and were periodically downloaded from the Ifremer website [18]. As the dynamics of SST variability are different for different seasons and regions, therefore, monthly mean of SST data was analyzed separately for each region in this paper. Reanalysis of time-space variations of SST and SSS was performed in Matlab version “Matlab r2017a”. Before analysis, the datasets were linearly interpolated with a one-meter depth interval. For SST and SSS, values of temperature and salinity were used closest to the sea surface (depth (z) ≤ 5 m), as it would be the nearest surface observation that would be comparable to both satellite SST and SSS measurements [19]. Details of Argo floats used in this study are described in Table 1.

2.2.2. Satellite Data. In addition to Argo floats, various satellite datasets were used in this study. The monthly mean sea-air temperature (SAT) data at 1 atmospheric pressure were provided by NCEP Global Data Assimilation System (GDAS) and are available at 2.5° (latitude) × 2.5° (longitude) spatial resolution. In addition, the precipitation and wind
speed at 10 m above sea surface (U10) were used. The monthly mean precipitation data (mm/day) were derived from the Global Precipitation Climatology Project Version 2.3 (GPCPv2.3). The GPCPv2.3 data were available with air-sea 2.5° (latitude) × 2.5° (longitude) spatial resolution [20, 21]. The Woods Hole Oceanographic Institution (WHOI) Objectively Analyzed Fluxes (OAFlux) project provided the mean wind speed at 10 m above sea surface. The OAFlux is an ongoing research and development project for global air-sea fluxes (http://oaflux.whoi.edu). The monthly mean SSS data were obtained from the SMAPv3 (Soil Moisture Active Passive version 3; [22]) and are accessible online at http://www.remss.com/missions/smap. Although SMAP was designed to measure space soil moisture, its L-band radiometer can also be used to measure SSS.

2.3. Criteria for ILD Determination. In the Arabian Sea, the propagation of the fluctuations in the thermocline is a key factor in maintaining the SST cycle. The changes in the thermocline depths are represented by the changes in the ILD. In this study, the threshold technique was used to derive the ILD from the temperature profiles provided by the Argo floats. For ILD, the threshold technique determines the depth at which the temperature (ΔT) alters by a fixed value relative to the value at a near-surface reference depth [23]. The ILD climatologies have been created in the past by many authors for individual ocean basins [24–26]. The criterion for determining the isotherm temperature varies from 1°C [26, 27] to 0.8°C [28, 29] to 0.5°C [30–32] to 0.2°C [33–37]. In this study, the ILD was estimated by using Rao et al. [26] formulation. The reference level, however, varies from near-surface [30] to 10 m depth [36]. The criteria used in this research were the depth range, where the temperature of given depth (z) is within 1°C of the near-surface temperature, i.e., ILD = depth, where T(z) ≥ SST − ΔT, and ΔT = 1°C [26, 27]. Seawater density δ (T, S, z) was determined from temperature and salinity profiles, where T, S, and z represent temperature (°C), salinity, and depth (m), respectively.

The above criterion is applied to a single temperature and salinity profile in the Arabian Sea and the Sea of Oman regions (Figure 3). As can be seen from the Figure 3(b), the appearance of the halocline layer just below the surface layer indicates a density variation within the isothermal layer. It means that the difference between isothermal and isopycnal layers depth is positive, which is often in the tropics [38]. As discussed later in this study, the deeper isothermal layer in the Arabian Sea is most likely due to strong wind mixing activity at the air-sea interface, which represents stronger monsoonal force in the Arabian Sea region during the summer compared to the Oman Sea region, where the depth of the isothermal layer is always shallow.

3. Results and Discussion

3.1. South Arabian Sea. Monthly variations of SST and SAT in the south Arabian Sea region in 2016 and 2017 are shown in Figures 4(a) and 4(b), respectively. As shown in Figure 4(a), this region appears with a semiannual cycle in SST distribution, where low SST occurs in both summer and winter monsoons. The annual minimum SST reaches 26.8°C in July 2016 during summer monsoon and in January 2017 during winter monsoon. On seasonal average, the winter monsoon warming is not similar and shows different variability in SST in both 2016 and 2017. Significant variations in the SST cycle are observed during the winter monsoon when the surface temperature is warmer by almost 2°C during winter months (January to February) in 2016 than in 2017. It is observed that variability of SAT patterns is consistent with SST and remains high at the beginning of 2016 compared to 2017. This warming in SST during 2016 is concurrent with the extreme El Niño event that occurred in

### Table 1: Details of Argo floats used in the study.

| Argo float (WMO ID) | Deployment region | Description |
|---------------------|------------------|-------------|
| 2902659             | South Arabian Sea (Zone 1) | This float was deployed on 28 October 2014 in the southern Arabian Sea region around 1°N, 65.2°E by First Institute of Oceanography (Qingdao China) as Argo China Project. The profiler cycle period of this float was 240 h with a maximum of 2000 m depth. The float provided a total of 201 profiles out of which 72 profiles between EQ–5°N, 56–61'E were analyzed. Trajectory of the float is shown in Figure 2. This float was released on 10 March 2014 in the central Arabian Sea region around 14°N, 67°E by Indian National Centre for Ocean Information Services (INCOIS) as Argo India Project. The profiler cycle period of this float was 10 days with a maximum of 2000 m depth. The float provided a total of 201 profiles out of which 72 profiles between 11 and 15°N, 57–69'E were analyzed. Trajectory of the float is shown in Figure 2. |
| 2902123             | Central Arabian Sea (Zone 2) | This float was launched on 21 December 2015 in the north Arabian Sea region around 23°N, 60.25°E by Naval Oceanographic Office (NAVO) as U.S. Argo Project. The cycle period of this float was 3 to 5 days, with a maximum of 1500 m depth. The float provided a total of 293 profiles out of which 187 profiles between 17 and 23°N, 60–67°E were analyzed. Trajectory of the float 2902062 is shown in Figure 2. |
| 2902062             | North Arabian Sea (Zone 3) | This float was deployed on 09 November 2015 in the Sea of Oman region around 24°N, 58.9°E by Naval Oceanographic Office (NAVO) as U.S. Argo Project. The Argo drift had a 3 to 5-day cycle with a maximum of 1500 m depth. The float provided a total of 297 profiles out of which 198 profiles between 23 and 25°N, 58–60°E were analyzed. |
| 2902065             | Sea of Oman (Zone 4) | This float was released on 10 March 2014 in the central Arabian Sea region around 14°N, 67°E by Naval Oceanographic Office (NAVO) as U.S. Argo Project. The Argo drift had a 3 to 5-day cycle with a maximum of 1500 m depth. The float provided a total of 297 profiles out of which 198 profiles between 23 and 25°N, 58–60°E were analyzed. |
Figure 3: Typical profiles of temperature and salinity from the Sea of Oman and Arabian Sea regions. ILD is calculated from the depth, where the temperature decreases by 1°C from the temperature at the sea surface (or reference temperature). Float position was 24.8°N, 59.8°E in July 2017 in the Sea of Oman (a) and 22.5°N, 62.5°E in June 2016 (b).

Figure 4: (a) Monthly mean cycle of SST in the south Arabian Sea (Zone 1) during 2016-17 based on Argo datasets. (b) Monthly mean cycle of SAT at 1 atmospheric pressure in the South Arabian Sea (Zone 1) during 2016-17. SAT datasets were provided by NCEP Global Data Assimilation System (GDAS), and they are available at 2.5°×2.5° spatial resolution.
the Pacific Ocean in early 2016 [12]. The strong El Niño significantly affected the equatorial Pacific Ocean and the tropical Indian Ocean, where positive SST anomalies persisted throughout 2016 (Figure 1(a)).

During the premonsoon monsoon, SST is getting warm due to clear skies, rise in solar insolation, and reduced winds (WS < 3 m/s in April; Figure 5(a)). These moderate winds and strong surface heating are instrumental in warming up the ocean surface, resulting in high surface temperature (SST > 30°C in April-May; Figure 4(a)). However, as shown in Figure 5(a), the wind speed shows an increasing trend as the monsoon sets. SST gets cool and reaches above 27°C (28°C) on average in summer 2016 (2017) from July to September due to strong winds and cooling in the air temperature. During this period, the effect of wind force is high as compared to the premonsoon, and the turbulent mixing causes the cool surface waters to sink into a deeper layer, resulting in a deeper thermocline (up to 90 m) in July-August of 2016. In comparison, the SST in this region is cooler by almost 1°C in 2016 than in 2017, which is concurrent with the negative (positive) IOD events in 2016 (2017) with a low (high) SST in the western tropical Indian Ocean compared to the eastern part. The strong correlation, which is observed between SST and SAT patterns, represents a strong coupling between the ocean and the atmosphere in this region. These variability patterns highlight the fundamental role of SAT on SST. Quite different behavior is, however, seen in this region, where ILD amplitude is always smaller in the winter monsoon and larger in the summer and post-summer monsoons. As can be seen from Figure 5(b), the two-year distribution of ILD reveals significant fall in ILD amplitude during the summer monsoon in 2017 than in 2016. The smaller ILD amplitude from December to March indicates the weaker nature of the convective mixing during the winter monsoon, where larger amplitude from June to September represents the dominant nature of the winds stirring and Ekman pumping during the summer monsoon. In short, the mechanisms describing the air-sea feedback, as well as the relationship between wind and thermodynamic parameters, indicate that SST is mainly driven by wind force in this region. The smaller ILD amplitude from December to March indicates the weaker nature of the convective mixing during the winter monsoon, where larger amplitude from June to September represents the dominant nature of the winds stirring and Ekman pumping during the summer monsoon.

3.2. Central Arabian Sea. Monthly cycle of SST and SAT in the central Arabian Sea region in 2016 and 2017 is shown in Figures 6(a) and 6(b), respectively. Like the south Arabian Sea, this region also exhibits a semiannual cycle of low SST in both summer and winter monsoons. The annual minimum SST reaches 26°C in August 2016 during the summer monsoon and 25.9°C in February 2017 during the winter monsoon. As in the southern basin, the two-year distribution of SST in this region has shown a remarkable warming in the 2016 winter monsoon compared to 2017. Winter SST is warmer at around 2°C during the winter months (January to February) in 2016 than in 2017. This trend is, however, in contrast with the late summer and autumn seasons, in which SST remained warm in 2017 compared to 2016. This warming in the SST in winter 2016 is concurrent with the extreme El Niño event that occurred in the Pacific Ocean in early 2016. The premonsoon period (April to May) in the central Arabian Sea is characterized by clear sky, light winds, deep solar insolation, and strong heat gain. In this period, SST rapidly increases and reaches 31°C in May 2016 (the annual high).

In the summer monsoon period, the central Arabian Sea region expresses some of the strongest and balanced winds forcing, which is characterized by strong winds, moist air, and a decrease in solar insolation due to cloudy cover. The WS is showing an increasing trend as the monsoon sets in both 2016 and 2017 (Figure 7(a)). SST gets cool and reaches ~ 26°C in summer monsoon due to strong wind speed (WS > 11 m/s) and cooling in SAT (< 26°C). During this period, the effect of wind force is much higher than that of the premonsoon, and the turbulent mixing causes the cool surface waters to sink into a deeper layer, resulting in a deeper thermocline (ILD ∼ 120 m in September 2016). The two-year distribution shows almost similar patterns in SST during the first half of summer monsoon (June to July); however, the second half (August to September) shows significant cooling (about 1°C) in 2016 mainly due to negative (positive) IOD events in 2016 (2017) discussed earlier in previous section. The strong correlation, which is observed between SST and SAT pattern variability, represents a strong link between the ocean and the atmosphere in this region. As can be seen from Figure 7(b), the two-year distribution of ILD shows an increase in ILD amplitude during the late summer of 2016 compared to 2017. The larger ILD amplitude (ILD > 100 m) in July-September represents the dominant nature of the winds stirring and Ekman pumping during the summer monsoon. In short, the mechanisms describing the air-sea feedback, as well as the relationship between wind and thermodynamic parameters, indicate that SST is mainly driven by wind force in the central and south basins of the Arabian Sea.

3.3. North Arabian Sea. The monthly cycle of SST and SAT in the north Arabian Sea region in 2016 and 2017 is shown in Figures 8(a) and 8(b), respectively. As shown in Figure 8(a), the seasonal cycle of temperature variations in this region in the upper surface is characterized by cooling from January to February and significantly warming from May to July and postmonsoon (October to November). The winter minimum temperature reaches 24°C in February 2016; however, the SST is getting warm during the premonsoon monsoon due to a rise in solar insolation and reaches 30°C in June 2016 with high SSS (> 36.3) because of freshwater loss due to high evaporation. A patch of high saline water (above 36 on average; see Figure 9(c)) is observed in this region during the entire period. The presence of this high saline water near the Ras al Hadd region indicates the intrusion of highly saline water from the Persian Gulf into the northern Arabian Sea via the Sea of Oman [39]. However, the wind speed shows an increasing trend during the summer monsoon (Figure 10(a)). SST is getting cool and reaches 26°C in
August 2016 due to high wind speed (WS >9 m/s) and cooling in the air temperature (~26.5°C) (see Figure 8(b)).

On the seasonal average, the summer monsoon warming is not similar and shows different variability in both 2016 and 2017. The two-year distribution shows that the winter warming of SST is almost equal for both 2016 and 2017; however, significant variations in the SST cycle are observed during the summer monsoon months (July to September), where about 1.5°C decrease (increase) in SST is recorded in 2016 (2017) (Figure 8(a)). The wind speed was slightly high in 2016 than in 2017 summer months. The cooling (warming) in SST in 2016 (2017) is most probably due to the summer increased (reduced) upwelling that occurred along the western coast of the Arabian Sea near Ras al Hadd region around 22°N, 64°E band. The warmer ocean temperatures add more moisture to the atmosphere due to increased evaporation and latent heat, contributing to more rainfall and flooding in Bangladesh during the summer of 2017 [13, 40]. On the other hand, the strong upwelling along the Oman-Arabian coast pulled the cold water up and shallow the thermocline depth in summer of 2016 (ILD ~ 30 min August-September 2016; Figure 10(b)).

3.4. Sea of Oman. The monthly cycle of SST and SAT in the Sea of Oman region in 2016 and 2017 is shown in Figures 11(a) and 11(b), respectively. In this region, the
seasonal cycle of temperature variations in the upper sea surface is characterized by cooling during the winter monsoon (December to March) and predominantly warming in the summer monsoon (June to September). SST remains cool during the winter monsoon, with minimum sea and air temperatures at around 23.8°C and 22°C, respectively (in February 2017). However, there is a steady increase in SST during the premonsoon period (April to May) due to clear skies, reduced winds, and a rise in solar insolation. These moderate winds and strong surface heating are instrumental in warming up the ocean surface starting from 25°C in April 2017 and reaching 31°C in May 2017 (Figure 11(a)).

Upon the arrival of the summer monsoon, SST warms up to 31°C in August 2016 and June 2017 with SSS above 36.2 each (see Figure 12(d)). The presence of high salinity water (>36.5) in the Sea of Oman is most probably due to excess evaporation over precipitation and highly saline water intrusion from the Persian Gulf during the summer monsoon ([39]; see Figure 13(d)). The postmonsoon period in this region is characterized by the departure of the summer monsoon, having almost similar characteristics of surface forcing as that of premonsoon. SST starts to gradually decrease again and reaches the second low of 26.1°C in October 2016.

The two-year distribution of SST in the Sea of Oman region reveals that the winter warming is almost similar for
both years; however, a significant change in the SST cycle is observed during the premonsoon month (May) and the first half of summer monsoon (June to July). As can be seen from Figure 11(a), an abrupt cooling in SST up to 3°C is recorded in 2016 from May to July. This fall in temperature is due to the annual upwelling events, which occur along the southern coast of Oman near the Ras al Hadd region between 22.5°N and 59.5°E band (figure is not shown). This is because the upwelling water of about 25°C may originate below the pycnocline and, therefore, is colder than the surface water, which is 29°C or more and forms a shallow thermocline around 5 to 10 m deep (see Figure 9(b)). The depth of the thermocline, however, varies from the sea surface depending on tides and the direction, as well as the speed of coastal winds and currents. This falling trend in SST in the Sea of Oman during summer has been confirmed by other researchers [41–45]. Recently, Watanabe et al. [46] observed an abrupt SST fall in summer during various years in the Sea of Oman based on in situ SST data. The vertical profile of seawater temperature gathered by temperature sensors in 2010 also suggests that the thermocline was closer to the surface during summer upwelling events. Additionally, in
situ chlorophyll-a and satellite-based SST confirmed that upwelling also occurred in July 2008 [47]. They observed a variation in the cold water near 20°C that underlies the solar-heated surface water of 30°C or more and found a short thermocline at a depth of 5–15 m. The upwelling phenomenon that occurs during the summer usually affects the SST and is the key environmental factor restricting coral growth and reef development along the southern coast of Oman from Dhofar to Ras al Hadd [48].

3.5. Precipitation Variability and SSS Circulation. The monthly mean precipitations (mm/day) in Zone 1 to 4 for 2016 and 2017 are shown in Figures 13(a)–13(d), respectively. The corresponding variability in SSS is shown in Figures 12(a)–12(d), respectively, for Zones 1 to 4.

The two-year distribution in the south Arabian Sea region shows a high precipitation rate (mm/day) in early 2016 than in 2017 (Figure 13(a)). The corresponding effect on SSS can be clearly seen in Figure 12(a), in which low SSS is observed at the beginning of 2016. The presence of high SSS during the winter and presummer monsoons expresses a negative P-E (precipitation minus evaporation) or strong evaporation and is characterized by low rainfall during 2017 compared to 2016. The summer monsoon, however, reveals reduced precipitation in this region in both 2016 and 2017.
The moderate precipitation rate in this region in June-October in 2016 is mainly due to the strong negative IOD, which brought drought conditions in East Africa and reduced East African Short Rains (EASR) from October to December. These observations are consistent with Lu et al. (2018) [14], who recently investigated about 1 mm/day reduction in EASR in 2016, with a 50% reduction in normal rainfall in some regions.

On a seasonal scale, the monthly rainfall pattern for both winter and summer monsoons in the central Arabian Sea is low compared to the south Arabian Sea region; however, higher SSS (>36 on average) is observed over the entire period (see Figures 13(b) and 9(b)). The two-year distribution shows a slight increase in precipitation during the 2016 winter monsoon compared to 2017. The low SSS is most likely due to excess precipitation in the early months of 2016 compared to 2017. The presummer and first half of the summer monsoon show almost similar precipitation patterns but significantly reduced from the south basin in both 2016 and 2017. The subsurface high saline water (>36.9) at a depth of about 80 m observed from May to June 2017 at a latitude of 13°N (figure is not shown) is mainly due to the excess evaporation over precipitation during summer and the intrusion of Red Sea Outflow Water (>40) into the Arabian Sea via the Gulf of Aden [48–50].

On an annual average, the Bay of Bengal region expresses above average rainfall in both years with an increased trend in 2017, consistent with SST warming in the north Arabian Sea region due to low upwelling along the Oman-Arabian coast in summer 2017 (Figure 14). However, evidence of precipitation increase with SST, in the Arabian Sea, is not observed (Figure 15). It is interesting to mention here that SST was warmed by the weak upwelling that occurred along the Oman-Arabian coast in summer of 2017, which led to an increased rainfall in the west coast of Indian and western Bay of Bengal [51]. The low (high) precipitation, shown in Figure 13(b) in 2016 (2017), is concurrent with negative (positive) IOD and consistent with the results of Chanda et al. 2018 [52].

The monthly mean precipitation in the Arabian Sea and Sea of Oman regions indicates that the south Arabian Sea region is strongly influenced by the monsoon cycle with increased precipitation rate (Figure 13). However, a decreasing trend is observed towards north of the equator with minimum precipitation rate in the Sea of Oman region, meaning that this region is less influenced by the monsoon. Interestingly, a similar but opposite trend is observed in SSS circulation in these regions (Figure 12). For SSS circulation, it is perceived that the presence of highly saline water in the north and central basins of the Arabian Sea was due to excess evaporation over precipitation and intrusion of high saline water from two marginal seas: the Persian Gulf and the Red Sea. On the other side, seawater at the south Arabian Sea was significantly less in saline (<35) than that of central and north Arabian Sea regions. This decrease in salinity was mostly because of positive P-E (precipitation minus evaporation) or strong precipitation near the equator and intrusion of less saline water from the Bay of Bengal. It clearly indicates the coexistence of two water masses in the Arabian Sea region: (i) the Arabian Sea High Salinity Water

![Figure 13: Monthly mean precipitation rate (mm/day) for 2016 and 2017 in Zone 1 (a), Zone 2 (b), Zone 3 (c), and Zone 4 (d). The data are provided by GPCPv2.3 for reanalysis and available at 2.5° × 2.5° resolution.](image-url)
Figure 14: (a) Time series dataset of precipitation anomaly (1948–2019) in the Bay of Bengal (10–20°N, 80–100°E). The anomaly datasets are obtained from the NOAA precipitation reconstruction (PREC) project. (b) The monthly mean precipitation in 2016 and 2017 in the Bay of Bengal region.

Figure 15: As in Figure 14, but for the Arabian Sea region. (a) Arabian Sea (Eq–25°N, 50–70°E). (b) Arabian Sea.
(ASHSW) that is in excess of salinity (>36.9) and occupying the North and Central basins of the Arabian Sea and (2) the Bay of Bengal Water (BBW) that was lower in salinity (<35) and occupying the south basin of the Arabian Sea [53].

4. Summary and Conclusions

The present research has demonstrated the capability of Satellite and Argo datasets and their effectiveness in observing the upper-ocean thermal structure variability. The dynamics and behavior of the Arabian Sea are different from other seas of the world oceans, as it is situated at the intersection of all the three oceans and is highly exposed to the tropical climate. The present study provides a detailed description of the SST and ILD variability in association with the monsoon cycle, as this may have a significant impact on summer monsoon qualitative predictability (meaning the prediction of a weaker or stronger summer monsoon relative to the climatological mean) in the tropical oceans. In addition, adequate information on the climatological space-time variability in SST and ILD and the forcing mechanisms that determine this variability would provide critical information for oceanographers and modelers of space-time upper-ocean thermal structure variations in a region of important air-sea interaction.

On the seasonal average, we investigated that the winter monsoon warming in the south-central basin of the Arabian Sea was not similar and showed different variability in SST in both 2016 and 2017. The significant variability observed in the SST cycle in the south-central basin was the result of a large-scale dynamic such as El Niño in the Pacific Ocean that occurred in early 2016 [12]. In addition, we have noticed significant cooling (warming) in the SST cycle during the summer of 2016 (2017) in the south-central regions. This cooling (warming) in SST during the summer is associated with the evolution of extreme negative (weak positive) IOD events that occurred in the summer of 2016 (2017) and affected the western Indian Ocean with negative (positive) SST anomalies [4, 12, 13]. A notable feature of the SST cycle in the Arabian Sea and Sea of Oman regions is the existence of a strong upwelling along the Oman–Arabian coast that occurred during summer season. Most of the SST variability in the Sea of Oman and the north basin of the Arabian Sea was basically due to annual signatures of small-scale variations, especially along the Oman–Arabian coast near Ras al Hadd region that occurred in late spring and peak in summer. In short, it can be summarized that the dynamic mechanism of seasonal variations in the SST cycle in the Arabian Sea and Sea of Oman regions can be either the result of large-scale interannual atmospheric force such as ENSO in the Pacific Ocean and internal independent ocean mechanism such as IOD or the annual signatures of the oceanic mesoscale variations that have occurred along the Oman–Arabian coastlines.

Surprisingly, quite different behavior was seen in the south-central Arabian Sea regions, where the ILD amplitude was always smaller in the winter monsoon and larger in the summer and postmonsoons. The smaller ILD amplitude in December to March indicated the weaker nature of the convective mixing during the winter monsoon, while larger amplitude in June to September represents the dominant nature of the winds stirring and Ekman pumping during the summer monsoon. On the other side, the emergence of thinner ILD amplitude in the summer monsoon is most probably due to the absence of wind action in the Sea of Oman region. The larger SST peaks and smaller ILD amplitudes during the summer monsoon period indicated that the Sea of Oman was shielded to some extent from the monsoons. In short, it can be summarized that, during the summer monsoon, winds forcing plays a significant role in mixing and deepening of ILD, where the convective fluxing or Ekman pumping were the essential dynamics that were responsible for deeper ILD during the winter monsoon. Consequently, out of four zones, the central Arabian Sea was strongly influenced by summer monsoon winds, where ILD was larger in amplitude with smaller SST peaks, while, on the other side, the Sea of Oman region showed smaller ILD amplitude with larger SST peaks and was, therefore, weakly affected by the monsoon. In this study, we provided sufficient information to predict the strength of a stronger or weaker monsoon from ILD amplitude, with space and time changing in the Arabian Sea and Sea of Oman regions. However, the prediction of large-scale dynamics and the impact of other ocean basins affecting the monsoon cycle, which are responsible for extreme weather conditions in the Arabian Sea, is still less explored and needs to be addressed in future research.

Data Availability

The Argo datasets are freely available online and can be downloaded from the website www.argo.ucsd.edu. The monthly mean SST and SST anomaly datasets are obtained from NOAA OISST (Optimum Interpolation Sea Surface Temperature) blended product, version 2.1. The monthly mean wind speed datasets are provided by the OAFlux project and available online at http://oaflux.whoi.edu. The long time precipitation datasets (1948–2019) are obtained from the NOAA precipitation reconstruction (PREC).

Conflicts of Interest

The authors declare no conflicts of interest.

Acknowledgments

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