Correlation of the free radical and antioxidant activities of *Eriobotrya Japonica* Lindl. with phenolic and flavonoid contents

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Abstract

This study was conducted to compare the correlations between antioxidant activity and free radicals. Total Polyphenol and Flavonoid contents were the highest 31.97 ± 1.29 mg TAE/g and 96.1 ± 0.31 mg CE/g in hot water extract, respectively. FRAP activity was highest at 559.17 ± 2.69 mg TE/g in 60% EtOH extract. The RC50 values of DPPH and ABTS radical scavenging activity were lowest at 61.96 ± 5.01 μg/mL in 80% EtOH, 73.81 ± 0.16 μg/mL in 60% EtOH, respectively. The RC50 values of hydrogen peroxide scavenging activity and NO radical scavenging activity were lowest at 265.33 ± 3.88 μg/mL in 60% EtOH and 52.51 ± 8.54 μg/mL in hot water extract, respectively. The total polyphenol and flavonoid contents had significant correlation with the free radical scavenging ability and electron donating ability. On the other hand, there was confirmed significant correlation of free radical and antioxidant activities.

Keywords: *Eriobotrya japonica*; antioxidant; correlation; ROS; RNS.

Practical Application: Research about antioxidant activities and functional products of *E. japonica* leaves

1 Introduction

Various external environmental factors such as environmental pollutants, ultraviolet rays, smoking, and alcohol intake in modern society are causing the occurrence of Reactive Oxygen Species (ROS) and Reactive Nitrogen Species (RNS), which causes health problems. Active oxygen species such as superoxide anion radical, hydrogen peroxide, and hydroxyl radical etc. are used in the process of oxygen oxidation during respiratory process and are produced through various metabolic processes.

It is regulated by an in vivo antioxidant defense system such as SOD, glutathione, catalase and the like present in the human body (Hwang & Thi, 2014). However, excessively produced ROS damage tissues and cells, inhibit protein breakdown, DNA synthesis, reduce skin elasticity, skin wrinkle formation and cause pigmentation such as spots, freckles, blotch, and skin aging (Halliwell et al., 1992). In addition, RNS refers to nitrogen compounds such as NO, NO2, and ONOO- can easily diffuse into the cell membrane and react with other free radicals.

In particular, NO combines with -O to produce peroxynitrite (ONOO-), which is highly reactive (Carr et al., 2000) (Figure 1), which induces cytotoxicity by peroxidizing tissue proteins, nucleic acids, phospholipids, and other senile diseases. Oxidative stress of the ROS and RNS can induce a variety of diseases that not only contribute to the aging process, but also degenerative diseases, atherosclerosis, diabetes, hypertension, and cancer, etc. (Chung et al., 2000; Yu, 1996; Rittié & Fisher, 2002).

Recently, studies on antioxidant substances in order to eliminate ROS and RNS that increase or eliminate antioxidants in the human body have been conducted, and various physiological activity research such as antioxidant and anti-cancer effects of natural products have been widely reported (Choi et al., 2003; Kim et al., 2008).

*E. japonica* Lindl. is an evergreen tree of the Rosaceae family, and grows extensively in the Middle East, Asia, and Mediterranean coasts, as well as in China and Japan. It is grown mainly in mild climatic conditions such as Jeju, Gyeongnam and Jeonnam in Korea (Park & Park, 1995; Park & Kim, 2000). It has been known in traditional medicines that *E. japonica* fruits and leaves are effective for antitussives, expectorant, vomiting, hemoptysis, and diuresis, and are also reported to be effective in relieving breathing and thirst (Eom et al., 2009; Shin et al., 2012; Lee et al., 2016a). The *E. japonica* leaves contains a large amount of bioactive compounds such as terpenoid-based compounds (ursolic acid, oleanolic acid etc.) and flavonoids (chlorogenic acid, kaempferol etc.) (Nazato et al., 1994; Jung et al., 1999). Recently, *E. japonica* has been used as a functional food and pharmaceutical products due to its beneficial effects including loquat juice and physicochemical properties (Bae et al., 1998), chemical composition and antioxidant efficacy (Hwang et al., 2010), identification of the content of *E. japonica* (Kim et al., 2009; Cho et al., 1991; Lee et al., 1996), physiological activity, antioxidant and antibacterial activity, and antimutagenic effects (Jeong et al., 2009; Bae et al., 2002a, b; Park et al., 2008; Lee & Kim, 2009). According to the study of *E. japonica*, the analysis of the antioxidant activity and physiologically active ingredient was mostly performed using the areal sections. Moreover, the correlation between physiologically active compounds in *E. japonica* leaves, and antioxidant activity (ROS, RNS etc.) have not been investigated in previous literature reports.
Correlation antioxidant activities of Eriobotrya japonica

Therefore, this research was carried out on the protective effect of different ethanol extracts of *E. japonica* against free radicals under *in vitro* situations. *In vitro* assays were evaluated on TPC (total phenolic content), TFC (total flavonoid content), DPPH radical scavenging, ABTS radical scavenging, FRAP (ferric reducing antioxidant power), HP (Hydrogen peroxide scavenging), NO (nitric oxide). Further, the free radical scavenging activities were correlated with phytochemical contents of the *E. japonica* leaves extracts. This is the reason that there is considerable scientific and commercial interest in discovering new antioxidants from natural product sources.

2 Materials and methods

2.1 Plant materials

The loquat leaves used in this study was purchased from Goheung, Korea’s loquat orchard, in September-October 2018 to identify and use the loquat leaves from the Jeonnam Herbal Medicine Agricultural Cooperative. The loquat sample was washed clean and then dried in a dry oven at 80 °C for 5 h to be crushed to a diameter of about 1 cm or less.

2.2 Chemical and reagents

Folin-Ciocalteu reagent, ABTS (2,2'-azino-bis-3-ethylbenzothiazoline-6-sulfonic acid), DPPH (1,1-diphenyl-2-picrylhydrazyl), tannic acid, catechin, L-ascorbic acid, DAF-2 (4,5-Diamino fluoprupside), Sodium nitroprusside dihydrate, etc. are Sigma-Aldrich Co. (St. Louis, MO, USA) products were used, and other extraction solvents and all reagents used were special reagents. A spectrophotometer (Neogen, Optizen 2120 UV, Sejong, Korea), ELISA reader (Thermo Fisher SCIENTIFIC, Multiskan Sky, KOREA) was used as the instrument.

2.3 Extraction

Extraction conditions according to the ethanol concentration were selected through preliminary tests of conditions for various solvent concentrations of *E. japonica* leaves. The *E. japonica* leaves were extracted with 10 vol (v/w) ethanol (0%, 20%, 40%, 60%, 80%, 100%) using a heating mantle at 100 °C for 4 h and concentrated. The concentrated sample was frozen in a deep freezer at -70 °C for 24 h, then lyophilized and stored at 4 °C for use in the experiment.

2.4 Determination of total polyphenol contents

Total polyphenol content analysis was measured by applying the modified method of Folin & Denis (1912). The sample solution (0.5 mL) was placed in the EP tube with Folin reagent (0.5 mL) and 10% sodium carbonate (0.5 mL). After incubation for 1 h at 25 °C, absorbance was measured at 760 nm using a UV/VIS spectrophotometer (Neogen, Optizen 2120 UV, Sejong, Korea). After creating a standard curve using tannic acid, the polyphenol amount was calculated as the tannic acid equivalent amount, and the equation was calculated as $y = 0.0366x - 0.0033$ ($r^2 = 0.9933$).

2.5 Determination of total flavonoid contents

Total flavonoid content analysis was measured by applying the modified method of Saleh & Hameed (2008). The sample (150 μL) was mixed with 80% ethanol (600 μL) and 5% sodium nitrite (45 μL) and reacted at room temperature for 5 min, after which 10% aluminium chloride (45 μL) was added and left at room temperature for 5 min. 1 N NaOH was mixed with 300 μL, and absorbance was measured at 510 nm using a UV/VIS spectrophotometer (Neogen, Optizen 2120 UV, Sejong, Korea). A standard curve was prepared using Catechin to calculate the amount of flavonoids in terms of catechin equivalent, and the equation was calculated as $y = 0.0025x + 0.0142$ ($r^2 = 0.9992$).

2.6 Assay for the estimation of free radical

**DPPH radical scavenging activity**

DPPH radical scavenging ability is one of the methods to confirm the electron-donating ability and was measured by applying the modified method of Blois (1958). The sample
solution (10 μL) was placed in 96 well plate with 0.2 mM DPPH (190 μL). After incubation for 0.5 h at 25 °C, absorbance was measured at 515 nm using an ELISA reader (Thermo Fisher SCIENTIFIC, Multiskan Sky, KOREA). L-ascorbic acid was used as a positive control. The antioxidant activity was expressed as a percentage in the following manner (Equation 1).

\[
DPPH \text{ radical scavenging activity (\%)} = \left( \frac{A - B}{A} \right) \times 100
\]

A: absorbance of control
B: absorbance of test sample

**ABTS radical scavenging activity**

ABTS radical scavenging ability is one of the methods to confirm the electron-donating ability and was measured by applying the modified method of Re et al. (1999). 7 mM ABTS and 2.45 mM potassium persulfate were mixed at a ratio of 1:1 (v/v) to react in a darkroom at 25 °C for 24 hours to generate radicals. Radical stock solution was diluted with distilled water so that the absorbance value at 734 nm was 0.70 ± 0.02. After incubation for 5 min in a dark room at 25 °C, absorbance was measured at 734 nm using a UV/VIS spectrophotometer (Neogen, Optizen 2120 UV, Sejong, Korea). L-ascorbic acid was used as a positive control. The antioxidant activity was expressed as a percentage in the following manner (Equation 2).

\[
ABTS \text{ radical scavenging activity (\%)} = \left( \frac{A - B}{A} \right) \times 100
\]

A: absorbance of control
B: absorbance of test sample

**2.7 Assay for the estimation of Antioxidant activity**

**FRAP assay**

Ferric reducing antioxidant power (FRAP) was measured by modifying the method of Benzie & Strain (1996). FRAP working solution was prepared by mixing 300 mM sodium acetate buffer (pH 3.6), 10 mM 2,4,6-tripyridyl-s-triazine (TPTZ) and 20 mM FeCl₃ in a 10:1:1 ratio. This was used by incubation at 37 °C for 10 min. FRAP working solution (1050 μL) was added to the sample (35 μL), reacted at 37 °C for 30 min, and absorbance at 595 nm was measured using a UV/VIS spectrophotometer (Neogen, Optizen 2120 UV, Sejong, Korea). A standard curve was created using Trolox, FRAP was calculated as the equivalent amount of Trolox, and the equation was calculated as \( y = 0.0014x + 0.0628 \) (\( r^2 = 0.9933 \)).

**Hydrogen peroxide scavenging activity**

Hydrogen peroxide scavenging activity was applied in Muller (1995) method 2.2-azinobis (3-ethylbenzthiazol)-6-sulfonic acid (ABTS)-peroxidase system to measure H2O2 scavenging activity. In 96 well plate, 80 μL of sample solution, 20 μL of 10 mM \( \text{H}_2\text{O}_2 \) and 100 μL of 0.1 M phosphate buffer (pH 5.0) were added and reacted at 37 °C for 5 min. Add 30 μL of 1.25 mM ABTS and 30 μL of 1 U/mL peroxidase mix. After reacting at 37 °C for 10 min, absorbance was measured at 405 nm using an ELISA reader (Thermo Fisher SCIENTIFIC, Multiskan Sky, KOREA).

**Nitric oxide scavenging activity**

The scavenging activity of nitric oxide forms a triazolo fluorescein that emits green fluorescence at an excitation wavelength of 490 ~ 495 nm by the specific NO indicator DAF-2 trapping NO between its two amino groups. DAF-2 solution was prepared by dissolving 1 mg of DAF-2 in 0.55 ml of Dimethyl sulfoxide and diluting it again to 400 times (v/v) using 50 mM phosphate buffer (pH 7.4). 10 μL of the sample was mixed with 130 μL of 50 mM phosphate buffer (pH 7.4), after which 10 μL of 40 mM SIN-1 and 50 μL of DAF-2 solution were added. The fluorescence intensity of triazolofluorescein produced by the reaction of DAF-2 and NO for 10 min at room temperature was measured at excitation 485 nm and emission 525 nm using a fluorescence microplate reader (Molecular Devices, Gemini EM, U.S.A).

**2.8 Statistical analysis**

The experimental data of this study were expressed as the mean ± standard deviation after three repeated experiments. Significant difference tests were performed by one-way variance analysis and Tukey’s multiple range test (TMRT) method using SPSS (statistical package for the social sciences, ver. 25) (p < 0.05). Correlation analysis was performed using the Pearson linear correlation method at a significance level of 0.05.

**3 Results and Discussion**

**3.1 Extraction**

The yield of the plant extract is considered an important factor in the measurement of antioxidant activity, and even if the physiological activity of the extract is excellent, the economic efficiency is insufficient when the yield of the extract is low. The extraction yield is an important part to be considered for various commercialization and industrialization purposes of functional extracts (Ham et al., 2015). Therefore, according to the results of the preliminary test from *E. japonica*, it was extracted for each ethanol concentration of 20%, 40%, 60%, 80%, and 100% suitable ingredient for food, medicine, and cosmetics. The ethanol extracts were concentrated under vacuum and the total extraction yields of ethanolic extracts from *E. japonica* are shown in Table 1. The yield of hot water (20.0%), 20% EtOH (14.5%), and 80% EtOH (14.4%) was higher than those of 40% EtOH (5.2%), 60% EtOH (9.37%), and 100% EtOH (9.16%), respectively.

This is presumed to show the difference in extraction yield as a variable of the mixing ratio of water and ethanol for the sample. If the extraction yield is more than 10%, it is known to be economical, so the hot water, 20% EtOH, and 80% EtOH extract are considered as economically high-potential plant materials (Park et al., 2003).
Table 1. The extraction yield of various solvent extracts obtained from dry weight E. japonica Leaves.

| Sample       | Yields (wt%) | Polyphenol contents (mg TAE/g) | Flavonoid contents (mg CE/g) |
|--------------|-------------|-------------------------------|------------------------------|
| Water        | 20.00       | 31.97 ± 1.29 c                 | 96.10 ± 0.31 e               |
| 20% EtOH     | 14.46       | 20.33 ± 0.02 a                 | 73.20 ± 0.20 b               |
| 40% EtOH     | 5.22        | 26.50 ± 0.26 b                 | 88.69 ± 0.20 d               |
| 60% EtOH     | 9.37        | 27.51 ± 0.71 b                 | 88.47 ± 0.26 d               |
| 80% EtOH     | 14.44       | 25.92 ± 1.79 b                 | 81.79 ± 0.16 c               |
| 100% EtOH    | 9.16        | 19.11 ± 1.06 a                 | 66.74 ± 0.16 a               |

1) Yield (% w/w) = (dry weight of extract / weight of dry E. japonica Lindl.) × 100; 2) Total Polyphenol analyzed as tannic acid equivalent (TAE) mg/g of extract; 3) Total Flavonoid content analyzed as catechin equivalent (CE) mg/g of extract; 4) Values are means of triplicate determination ± S.D; 5) Means with different letters (a-e) in the same column are significantly different at p<0.05 (Tukey)

3.2 Total phenolic and total flavonoid contents

The phenolic compounds of the representative secondary metabolite from plants are an aromatic compound having a hydroxyl group and are known to be involved in various physiological activities. It is known that the effect on antioxidant activity varies depending on the type or content of the phenolic compound (Liu, 2004; Manach et al., 2005; Ryu et al., 2006). In addition, flavonoids, which are known to inhibit oxidative action in vivo, are important compounds in determining the antioxidant power of natural products and have the ability to scavenge free radicals as the most helpful substances for immune enhancement, and it have been reported to exhibit the ability to scavenge free radicals and inhibit the formation of lipid peroxide (Middleton & Kandaswami, 1994; Lee & Kim, 2009; Song et al., 2015).

In this study, the total polyphenol and flavonoid compound contents were measured by tannic acid and catechin, respectively (Table 1). The total polyphenol content was highest in the hot water extract at 31.97 ± 1.29 mg TAE/g, followed by 60% ethanol (27.51 ± 0.71) and 20% ethanol extract (20.33 ± 0.02). The total flavonoid content showed the highest value as 96.10 ± 0.31 mg CE g of hot water extract, and it contained total flavonoids in the order of 40% ethanol (88.69 ± 0.20) and 60% ethanol extract (88.47 ± 0.26).

3.3 The estimation of free radical

DPPH radical scavenging

The DPPH assay is a principle of a stable free radical measures such as vitamin C, tocophenol and aromatic compounds that has been widely used to evaluate the radical scavenging ability of various samples (Yoo et al., 2004). The free radical scavenging activity evaluated by DPPH was expressed as the RC₅₀ value (the concentration of sample required for scavenging radical by 50%). All extract samples showed a high activity of 80% or higher at concentrations above 200 μg/mL (not show). RC₅₀ values of extracts by ethanol extracts of E. japonica leaves are 80% EtOH (61.96 ± 5.01 μg/mL), 60% EtOH (63.87 ± 0.59 μg/mL), 40% EtOH (72.92 ± 0.25 μg/mL), 20% EtOH (75.53 ± 1.14 μg/mL), hot water (102.49 ± 3.04 μg/mL), and 100% EtOH (117.96 ± 0.88 μg/mL), respectively (Figure 2A). This is thought to be a complex action of several compounds extracted according to the intrinsic color and ethanol concentration of E. japonica leaves extract (Kyeoung-Cheol & Ju-Sung, 2018).

ABTS radical scavenging

ABTS assay performs the antioxidant activity of decolorization when free radicals generated by reaction with potassium persulfate react with antioxidants to remove free radicals (Park et al., 2016). The RC₅₀ value of ethanolic extracts from E. japonica leaves was highest in 60% EtOH at 73.81 ± 0.16 μg/mL, hot water 103.12 ± 0.67 μg/mL, and 100% EtOH 169.78 ± 0.89 μg/mL, respectively (Figure 2A). These results did not show a certain tendency to activity. ABTS radical scavenging activity results showed relatively higher activity than DPPH radical scavenging activity. ABTS is capable of measuring both the hydrophilicity and hydrophobic materials of the radical scavenging activity from the extract sample and thus exhibiting high antioxidant activity (Re et al., 1999; Choi & Shin, 2015; Lee et al., 2016b).

3.4 The estimation of Antioxidant activity

FRAP Reducing power

The FRAP method is a principle that measures the reduction of trivalent iron to divalent iron by donating electrons directly rather than the radical scavenging assay. It is based on the principle that the ferric tripyridyltriazine (Fe (III) -TPTZ) complex agent is reduced to ferrous tripyridyltriazine (Fe (II) -TPTZ) by antioxidants capacity according to the reduction degree of the sample at a low pH and it can be said to have a high reducing power when the absorbance value increases as it turns blue (Benzie & Strain, 1996). FRAP activity of E. japonica leaves extract by ethanol concentration was highest in 60% ethanol extract (554.12 ± 1.78 mg TE/g). The lowest value of FRAP activity was obtained with 100% ethanol extract (317.18 ± 1.42 mg TE/g) (Figure 2B). These FRAP results showed contrary outcomes to the Kyeoung-Cheol & Ju-Sung (2018) study that FRAP activity increased as the ethanol content increased.
Hydrogen peroxide scavenging

The superoxide dismutase of the human body converts superoxide to hydrogen peroxide, and catalase produces hydrogen peroxide as H$_2$O. The hydrogen peroxide scavenging activity RC$_{50}$ value of ethanolic extracts from *E. japonica* leaves was highest in 60% EtOH at 265.33 ± 3.88 μg/mL, followed by 80% EtOH (290.30 ± 7.08 μg/mL), hot water (290.99 ± 3.50 μg/mL), 40% EtOH (299.13 ± 3.88 μg/mL), 20% EtOH (314.47 ± 4.21 μg/mL), and 100% EtOH (677.10 ± 89.23 μg/mL), respectively. Any certain tendency to increase the scavenging activity with increasing ethanol content was not confirmed (Figure 2A). It did not show a tendency to increase of scavenging activity with increasing ethanol content.

Nitric oxide radical scavenging

Nitric oxide (NO) of the active nitrogen species is a highly reactive radical produced from arginine through catalysis of NO synthase (NOS) enzymes in vivo, and has physiological activities such as blood coagulation, blood pressure control, and immune function against cancer cells (Chung et al., 2001). As a result of measuring the nitric oxide radical scavenging activity value of ethanolic extracts from *E. japonica* leaves, it was confirmed that the scavenging activity increased in concentration-dependent from EtOH extracts. The NO scavenging activity of hot water showed at the concentration of a scavenging activity 31 - 83% at 25 ~ 400 μg/mL, which was similar to positive control (BHA) of scavenging activity. The RC$_{50}$ value of ethanolic extracts was highest in hot water at 52.51 ± 8.54 μg/mL, followed by 60% EtOH (59.33 ± 9.88 μg/mL), 40% EtOH (5.66 ± 7.82 μg/mL), 20% EtOH (75.96 ± 9.31 μg/mL), 80% EtOH (106.48 ± 8.55 μg/mL), and 100% EtOH (154.79 ± 3.29 μg/mL), respectively (Figure 2A). This is a different result from that of 80% EtOH showing the best scavenging activity in nitric oxide scavenging ability (Lee & Kim, 2009) because it is considered to be the difference between extraction conditions and methods (Akowuah et al., 2005).

3.5 Correlation of antioxidant capacity with free radical scavenging

The correlation of the antioxidant activities with phenolic and flavonoid contents from *E. japonica* leaves is shown in Table 2. The value of the correlation coefficient (r) shows a positive correlation closer to 1 based on 0, and a negative correlation closer to -1 based on 0. The correlation between the polyphenol

![Figure 2](image-url)
Correlation antioxidant activities of Eriobotrya japonica

The correlation of antioxidant activities of Eriobotrya japonica and flavonoid contents of ethanolic extracts (0.955, p < 0.01) showed a significant correlation, and no correlation with nitric oxide. The correlation between DPPH and ABTS confirmed the electron donating ability was 0.972 (p < 0.01), which showed a significant high correlation (Table 2). The correlation of DPPH for TFC, FRAP, HP, and NO showed 0.670, 0.737, 0.801, and 0.905 (p < 0.01), respectively, and significant correlation was confirmed (Figure 3A). In addition, the correlation of ABTS

Figure 3. Correlation between free radicals and antioxidant activity of E. japonica Leaves. (A) Correlation between DPPH free radicals, TFC, FRAP, HP and NO, (B) Correlation between ABTS free radicals, TFC, FRAP, HP and NO.
for TFC, FRAP, HP, and NO was measured 0.654 0.707, 0.874, and 0.933 (p < 0.01), respectively, and significant correlation was confirmed (Figure 3B). Therefore, it is thought that the free radical activity in extracts by ethanol concentration from E. japonica leaves is involved in scavenging activity of reactive oxygen species (ROS) and reactive nitrogen species (RNS). Also, the polyphenol and flavonoid contents of the extract showed a significant correlation with the free radical scavenging ability (DPPH, ABTS) and electron donating ability (FRAP), but does not appear to correlate with the NO scavenging ability.

4 Conclusions

The results of this study indicated that the hot water extract of E. japonica leaves owing to high levels of flavonoids and phenols content, showed reductions activity of FRAP, DPPH, ABTS, HP, NO assay. In the extract of E. japonica leaves, the correlation of the free radical and antioxidant activities with polyphenol and flavonoid contents was showed high significant. Therefore, the phytochemical content of hot water extract from E. japonica leaves revealed potential and economic value because of its use in antioxidant functional food and anti-ageing cosmetics raw materials, as well as in pharmaceuticals. In addition, correlations in the studied antioxidant activities will offer better understanding of post-harvest physiology of E. japonica leaves.

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