Histone Deacetylase Inhibitors Reduce Cysts by Activating Autophagy in Polycystic Kidney Disease

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Abstract

Background: Histone deacetylase inhibitors (HDACi) have therapeutic effects on various models of renal diseases including autosomal dominant polycystic kidney disease (ADPKD), but the molecular mechanism is unclear. Objectives: Here, we studied the role of trichostatin A (TSA), a specific HDACi, in regulating cyst growth to test the possibility that HDACi might help manage ADPKD by enhancing autophagy. Results: Autophagy protein expression was higher in cultured \textit{Pkd1} knockout (Pkd1\textsuperscript{−/−}) cells, an in vitro model of cystogenesis, compared with control cells. TSA prevented cyst formation in Pkd1\textsuperscript{−/−} cells. We further tested whether TSA could reduce the size of an already established cyst after inhibition of autophagy by chloroquine in Pkd1\textsuperscript{−/−} cells. In vivo, treatment with TSA significantly slowed cyst growth in Pkd1\textsuperscript{−/−} mice. Moreover, TSA treatment stimulated AMPK and inactivated mTOR during cyst growth in Pkd1\textsuperscript{−/−} cells and kidneys in mice. Conclusions: Our results suggest that HDACi may prevent cyst formation by activation of the AMPK pathway and autophagy. They also imply that HDACi could have therapeutic potential for ADPKD treatment.

Introduction

Autosomal dominant polycystic kidney disease (ADPKD) is a common monogenic kidney disease caused by mutations in \textit{PKD1} or \textit{PKD2} \cite{1}. Affected patients may gradually lose their renal function because of progressive cyst formation in the kidneys. ADPKD leads to end-stage kidney disease in more than half of patients by almost 20 years of age \cite{2}. Patient survival at the final stage of polycystic kidney disease depends on lifelong hemodialysis or kidney transplantation \cite{3}.

Multiple previous studies have been trying to elucidate the mechanisms that lead to cyst development in order to be able to treat polycystic kidney disease. However, the mechanism of cystogenesis in ADPKD remains incompletely understood. Most studies have suggested that cystogenesis is associated with renal epithelial cells with mutations or absence of polycystins exhibiting cellular aberrations including differentiation, increased cell proliferation, loss of cell polarity, and altered gene expression. These phenotypic cellular abnormalities are generally used as therapeutic targets for retarding cyst growth \cite{4}.

Previous studies demonstrated that targeting histone deacetylases (HDACs) with trichostatin A (TSA) or nicotinamide (vitamin B3) has therapeutic potential in exper-
imental polycystic kidney disease models [5, 6]. A recent study suggested that TSA stimulated AMPK and inactivated mammalian target of rapamycin (mTOR) in an acute kidney injury model [7]. The AMPK signal pathway plays an important role in maintaining a normal kidney structure by affecting cell proliferation. Furthermore, activated AMPK could restore ERK activity, and it reduced the cystic index and proliferation rate in Pkd1 conditional knockout mice. However, the exact molecular mechanisms underlying the effect of TSA on cystogenesis remain poorly understood.

Autophagy is a highly conserved lysosomal degradation pathway that, regulated, degrades and recycles intracellular proteins and dysfunctional organelles [8]. During metabolic stress or nutritional deprivation, autophagy is activated and serves primarily as an adaptive mechanism for cell survival. Nevertheless, autophagy deregulation plays important roles in the pathogenesis of various diseases [9, 10].

In this study, we tested the hypothesis that TSA may prevent cyst formation by activation of the AMPK pathway and upregulated autophagy. We observed that TSA enhanced autophagy in Pkd1 knockout (Pkd1<sup>−/−</sup>) renal tubular cells. TSA further reduces cyst formation through activation of AMPK and restores autophagy activity. These findings indicate that TSA may play a role in the treatment of ADPKD.

**Materials and Methods**

**Reagents and Antibodies**

TSA was purchased from Enzo Life Sciences. Unless indicated, all other reagents including chloroquine were purchased from Sigma-Aldrich (St. Louis, MO, USA). The following primary antibodies were used: anti-LC3B from Novus Biologicals (Littleton, CO, USA); anti-β-actin and anti-cyclophilin B from Abcam; and anti-phospho-P70S6K (T389) from Cell Signaling Technology (Danvers, MA, USA). The following primary antibodies for immunoblot analysis were from Thermo Fisher Scientific (Rockford, IL, USA).

**Cell Culture and Reagents**

Renal cortical tubular epithelial cells (RCTEC; wild-type [WT]) and Pkd1<sup>−/−</sup> cells, derived from collecting ducts and sorted by the collecting duct marker *Dolichos biflorus* agglutinin from kidneys of WT and Pkd1 null mice, were maintained in Dulbecco’s modified Eagle’s medium containing 2% bovine serum, 0.75 μg interferon-γ, 1.0 g insulin, 0.67 mg sodium selenite, 0.55 g transfer-factor Eagle’s medium containing 2% fetal bovine serum, 0.75 μg of WT and collecting duct marker and Pkd1<sup>−/−</sup> cells, derived from collecting ducts and sorted by the midline sagittal plane, embedded in paraffin, and stained with hematoxylin-eosin or periodic acid-Schiff.

**Immunoblotting and Densitometry**

For immunoblot analyses, fresh kidney tissue or cells were homogenized and lysed in buffer containing 1% NP-40, 50 mM Tris-HCl (pH 7.4), 100 mM NaCl, 10 mM MgCl<sub>2</sub>, and 1x protein inhibitor cocktail (Roche; #11873580001). The lysates (40 μg of protein/lane) were resolved by SDS-PAGE (10% Tris-glycine) and electrophoretically transferred onto PVDF membranes. The membranes were blocked for 1 h (5% dried milk), washed 3 times with TBS-Tween (0.05%), incubated for 1 h with the primary antibody, washed, incubated for 1 h with horseradish peroxidase-coupled secondary antibody, washed extensively, and processed for chemiluminescence by ECL (Amersham, Arlington Heights, IL, USA). The volume of individual immunoblot bands, in pixels, was determined by optical densitometry using ImageQuant software (Molecular Dynamics).

**Histology and Immunofluorescence**

For histology and immunofluorescence, mouse tissues were obtained by perfusion fixation with 70 mm Hg pressure for 3 min. The mice were anesthetized and perfused with PBS containing 0.4% lidocaine and 0.01% heparin followed by fixation with 4% paraformaldehyde. For histology, the kidneys were removed and incubated in 10% phosphate-buffered formalin, hemisected in the midline sagittal plane, embedded in paraffin, and stained with hematoxylin-eosin or periodic acid-Schiff.

**Mouse Model and TSA Treatment**

This study was conducted on male Pkd1<sup>−/−</sup> and WT mice. The mice were maintained according to local regulations and guidelines.

Male mice aged 8–12 weeks were used in this study. For TSA treatment, mice were intraperitoneally (i.p.) injected with a single dose of TSA at 1 mg/kg, while control animals were injected with a comparable volume of dimethyl sulfoxide (DMSO). To test the effect of chloroquine, 60 mg/kg chloroquine was injected (i.p.) 1 h prior to TSA administration and then daily after TSA treatment.

**Proliferation Assay**

Proliferative activity was determined using the WST-1 assay according to the manufacturer’s instructions (Roche, Mannheim, Germany). The cells were seeded in 96-well tissue culture plates and maintained for 24 h with the standard medium. The WST-1 reagent was added and incubated for 1 h before reading the plate. Each assay was conducted in 6 sets.

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Analysis of Autophagy Dynamics by a Tandem mRFP-GFP-LC3 Reporter in Transfected Cells and in Transgenic Mice

The dynamic process of autophagy was analyzed in cultured tubular cells expressing mRFP-GFP-LC3 or in mice, as described in our recent work. The rationale for this method is that acid-sensitive GFP is quenched in the low-pH lysosomal environment, whereas acid-insensitive RFP is more stable and maintained. Thus, colocalization of RFP fluorescence with GFP in a particle indicates an autophagosome. For in vitro experiments, cultured proximal tubular cells were transiently transfected with mRFP-GFP-LC3 (pT-FLC3; Addgene plasmid 21074). After treatment, the cells were fixed with 4% paraformaldehyde for fluorescence microscopy (Zeiss 780 upright confocal microscope). The numbers of GFP-LC3 puncta per cell and RFP-LC3 puncta per cell were counted separately using ImageJ. The number of autophagosomes was indicated by GFP dots, and the number of autolysosomes was obtained by subtracting GFP dots from RFP dots. The number of autolysosomes was further divided by the total number of RFP dots to indicate the autophagic flux rate. For in vivo experiments, after treatment, CAG-RFP-GFP-LC3 mice were perfused fixed with 4% paraformaldehyde. Kidneys were further fixed overnight with the same fixative, balanced with 30% sucrose, and embedded in OCT compound for cryosection and confocal microscopy. For each section, 8–10 fields (×630) were selected randomly, and quantitative analysis was performed by the method described above for cultured cells.

Renal Function

Renal function was determined by blood urea nitrogen (BUN) and serum creatinine measurements using commercial kits from Stanbio Laboratory (Boerne, TX, USA). In brief, blood samples were collected for coagulation and centrifugation at room temperature to collect serum. For BUN, the reaction was conducted at 100 °C for 12 min, and the absorbance at 520 nm was recorded by colorimetry to collect serum. For serum creatinine, samples were added to a prewarmed (37 °C) reaction mixture, and the absorbance at 510 nm was monitored kinetically at 20 and 80 s of the reaction. Hallmark of autophagy, through immunofluorescence analysis of autophagy-defective epithelial cells, was assessed by detecting the intracellular levels of LC3 (microtubule-associated protein light chain 3), a biochemical hallmark of autophagy, through immunofluorescence and Western blot analysis. To quantitatively study defects in autophagic progression, we transferred mRFP-GFP-LC3 plasmid into the cells to count the numbers of autophagosomes and autolysosomes.

In autophagosomes, the combination of green GFP-LC3 and red RFP-LC3 signals shows yellow, whereas acid-insensitive GFP is quenched in the low-pH lysosomal environment, and thus only red is visible. In the cells expressing mRFP-GFP-LC3 (Fig. 2a) (control cells), almost all GFP signals colocalized with RFP, exhibiting a yellow color indicative of autophagosomes. The Pkd1−/− cells contained fewer LC3-positive puncta in the absence of TSA and more LC3-positive puncta following TSA treatment when compared with the WT cells, indicating that TSA treatment increased the numbers of both GFP-LC3 and RFP-LC3 puncta. Consistently, the TSA-treated Pkd1−/− cells were displaying a significant increase in cystic index.

Cystic Index

The extent of tubular cyst formation was quantified in sagittal sections of whole kidneys. Four sections (two each from the mid-sagittal region of each kidney) were analyzed for each experimental animal. Whole kidney images were obtained using automated image acquisition by the scan slide module in MetaMorph (Universal Imaging). Total kidney area, total cystic area, and total non-cystic area were measured using the integrated morphometry feature in MetaMorph. The cystic index was calculated according to the formula “cystic index = (total cystic area/total kidney area) × 100” and is expressed as a percentage.

Statistics

The data were analyzed by Kruskal-Wallis nonparametric one-way analysis of variance followed by Dunn’s multiple-comparison test. A value of p < 0.05 was considered significant. All data are presented as means ± SD.

Results

TSA Prevents Cyst Formation in Pkd1 Mutant Renal Epithelial Cells

To determine whether TSA does indeed have an effect on cyst formation, we grew Pkd1 mutant renal epithelial cells (Pkd1−/− cells) and a normal human RCTEC line derived from normal distal tubule cells (as a control) in three-dimensional (3D) Matrigel-collagen I gels that were treated with either TSA or DMSO (vehicle). As a first step, we confirmed that the Pkd1−/− cells spontaneously made cysts in 3D culture (Fig. 1a). We then treated the cells with TSA on day 4 and found that this treatment did indeed prevent cyst formation. Finally, we let the cysts grow for 10 days and treated them with TSA on days 6, 8, and 10. The cysts were examined and photographed every 2 days from day 6 to day 10 of culture (Fig. 1a). The cysts continuously enlarged in Pkd1−/− cells. Treatment with TSA not only arrested cyst growth but also shrank the cysts (Fig. 1b, c). Taken together, these data show convincingly that histone deacetylase-specific inhibition by TSA reduces cyst growth in vitro.
LC3B-II protein level (Fig. 2b). This increase was unlike-ly to be attributable to autophagy activation, since the cells did not show decreased levels of p62 protein (Fig. 2b) and did not accumulate LC3B-II as effectively as the WT cells in response to TSA treatment. Treatment with chloroquine, an autolysosomal inhibitor, markedly increased LC3B-II accumulation [12]. Figure 2b shows that the lev-el of turnover was increased in Pkd1 –/– cells compared with untreated cells, indicating an increased LC3B-II turnover and induction of autophagic flux by TSA.

### Effect of Autophagy on Cell Proliferation in TSA-Treated Pkd1–/– Cells

We next sought to determine whether TSA-enhanced autophagy affects cell proliferation in ADPKD. Pkd1–/– cells were pre-exposed to TSA for 5 days, then treated with 5 mM of 3-methyladenine (3-MA) to inhibit autophagy. We observed that 3-MA inhibited LC3B-II conversion and p62 degradation (Fig. 3a). To further determine whether autophagy is associated with cell proliferation in Pkd1–/– cells, cells were pre-exposed to TSA for 5 days, then treated with rapamycin (200 nm) to induce autophagy. Rapamycin treatment promoted LC3B-II conversion and p62 degradation in Pkd1–/– cells (Fig. 3b). We further analyzed the effect of 3-MA and rapamycin on the prolif-eration of Pkd1–/– cells after TSA treatment. As shown in Figure 3c, the total cell number counting showed there was a significant increase after TSA treatment, and 3-MA treatment significantly increased the cell number of Pkd1–/– cells after TSA treatment, while rapamycin treat-ment significantly increased the Pkd1–/– cell number after TSA treatment.

**Blockage of Autophagy by Chloroquine Abolishes the Protective Effect of TSA against Cyst Formation in vitro**

To determine the involvement of autophagy in the prevention of cyst formation, we first compared the effects of TSA on Pkd1–/– cells in 3D Matrigel-collagen I gels that were treated with chloroquine. We showed that TSA significantly inhibited the proliferation of Pkd1–/– cells when compared to DMSO-treated cells. In the presence of chloroquine, when autophagy was inhibited by chloroquine, TSA was unable to suppress the cell viability of Pkd1–/– cells (Fig. 4a). Consistently, caspase activation in Pkd1–/– cells was also attenuated by TSA under these conditions (Fig. 4a). We then treated the cells with TSA on day 0 and found that this treatment did indeed slow cyst growth in the absence of chloroquine. Notably, after treatment with chloroquine, TSA was unable to sup-press cyst growth (Fig. 4c), suggesting a role of autophagy in the cyst growth-slowing effect of TSA.

**TSA Enhances Renal Tubular Autophagy in vivo**

We then examined the effects of TSA on tubular au-tophagy in PC1-defective mouse model. Polycystin 1
(PC1)-defective (Pkd1\(^{-/-}\)) and WT mice were divided into a control and a TSA group. The control mice were put on a standard diet and the TSA mice received the same diet supplemented with a daily TSA injection at 1 mg/kg. As shown in Figure 5a, the Pkd1\(^{-/-}\) mice had a persistent upregulation of LC3B-II in the kidneys; TSA further enhanced LC3B-II expression. Autophagy induction was further shown by immunohistochemical staining of LC3B (Fig. 5b), which displayed a granular, punctate staining in tubule cells in Pkd1\(^{-/-}\) mice. In comparison with the control group, lack of PC1 led to increases in numbers of LC3B puncta in the proximal tubules. Of note, TSA further enhanced LC3B punctum staining in both number and intensity. Together, these results suggest that TSA promotes autophagy in proximal tubules in Pkd1\(^{-/-}\) mice.

**TSA Delays Renal Cyst Growth in Pkd1 Knockout Mouse Models**

Given the in vitro evidence that TSA could decrease cystic epithelial cell growth, we examined the effect of TSA on cyst growth in vivo utilizing Pkd1\(^{-/-}\) mouse models. First, we determined if TSA reduced cyst growth in Pkd1\(^{-/-}\) mice. We treated Pkd1\(^{-/-}\) and WT mice with daily intraperitoneal injections of TSA at 1 mg/kg or DMSO (control), respectively, from postnatal day 8 to postnatal...
day 24. The kidneys were harvested and analyzed on postnatal day 25. No death of an animal was observed during the treatment. The control mice, which had not received TSA, had normal kidneys. The Pkd1–/– mice displayed tubular dilation and small cysts accompanied by increased 2-kidney-weight/body-weight ratios (2KW/BW%) (Fig. 6a), proliferation indices (Fig. 6b), and cystic indices (Fig. 6c). TSA treatment significantly decreased the 2KW/BW% in the Pkd1–/– mice compared with those in the DMSO-injected mice. We also found that TSA delayed cyst growth, characterized by a decrease in cystic index. Reduction in cyst growth correlated with significantly improved renal function, as indicated by lower BUN (Fig. 6d) and creatinine levels (Fig. 6e) in the TSA-treated mice.

**Inhibition of Autophagy by Chloroquine Abolishes the Protective Effect of TSA against Cyst Growth in Pkd1 Knockout Mice**

To assess whether autophagy contributed to the TSA-mediated inhibition of cystogenesis in vivo, we examined the effect of chloroquine on cyst growth inhibition by TSA in Pkd1–/– mice. Mice that had received chloroquine and were killed 25 days later (n = 5) displayed tubular dilation and small cysts accompanied by an increased 2KW/BW%, cystic index, and proliferation index (Fig. 7). These
HDACi Reduce Cysts by Activating Autophagy in ADPKD

TSA Activates AMPK and Inactivates mTOR in Pkd1 Mutant Renal Epithelial Cells and Mice

Autophagy regulates a complex molecular machinery at various levels by multiple signaling pathways [8, 13]. Mounting evidence suggests that the mTOR and AMPK signaling pathways are relevant to cystogenesis in polycystic kidney disease. The ability of TSA to activate autophagy is likely due to the fact that these signaling routes are altered during cystogenesis. To gain initial insights into the mechanism by which TSA activates autophagy in Pkd1 mutant renal epithelial cells and Pkd1-defective mice, we finally investigated whether the AMPK-mTOR-p70S6K signaling pathway, a classic autophagy signaling pathway, was involved in TSA-induced autophagy. In Pkd1−/− renal epithelial cells, phosphorylation/activation of AMPK was induced, which was accompanied with marginal inactivation of mTOR, as indicated by a decrease in phosphorylated p70S6K (p-p70S6K) (Fig. 8a). TSA significantly increased p-AMPK and decreased p-p70S6K, suggesting AMPK activation and mTOR inactivation by TSA. Similar effects of TSA were observed in mouse kidney tissues (Fig. 8b). These results suggest that TSA may enhance autophagy in polycystic kidney disease to delay cystogenesis by activating AMPK and suppressing mTOR.

To further investigate whether TSA-induced autophagy has a connection with the AMPK/mTOR signaling pathway, we used compound C (an AMPK inhibitor; 2.5 μM) and Baf (an autophagy inhibitor; 100 nM) for exploration. We observed that inhibition of AMPK by compound C or Baf significantly decreased LC3B-I/II expression and increased p62 expression (Fig. 8c). In addition, we tested whether compound C and Baf influenced cell proliferation in Pkd1−/− renal epithelial cells. Compound C and Baf treatment significantly decreased the number of Pkd1−/− cells.

Discussion

Previous studies have suggested therapeutic effects of HDAC inhibitors (HDACi) in experimental models of polycystic kidney disease [6, 14], but the underlying mechanisms have remained largely unclear. In the current study, we demonstrated an effect of TSA, a classic HDACi, on cyst development in polycystic kidney disease. We found that TSA significantly delays cyst growth. Importantly, we showed that TSA can stimulate autophagy in Pkd1−/− cells and kidneys. Inhibition of autophagy by chloroquine in tubular cells led to neutralization of the cyst-inhibitory activity of TSA, supporting a pivotal role of autophagy in the delay of cyst growth with TSA. Mechanistically, treatment with TSA stimulated AMPK and inactivated mTOR signaling in Pkd1 conditional knockout cells and mouse models, suggesting that HDACi may enhance autophagy by activating AMPK and inhibiting mTOR.

Polycystic kidney disease has been compared to benign tumors. Cyst formation and enlargement depend on the existence of tubules and ducts early in their growth, which have been found to be clonal and to exhibit an increased cell proliferation rate [15, 16]. HDACi are being intensively developed as anticancer drugs, since treatment with HDACi can suppress cell proliferation and induce differentiation [17, 18]. Together, these observations show the critical role of HDACi in polycystic kidney disease pathogenesis. In this work, we have demonstrated that TSA suppresses cell proliferation in ADPKD cells. Our results also suggest that TSA targeting HDACs may be a promising candidate for polycystic kidney disease treatment.
Previous studies have shown that HDACi reduce the progression of cyst formation and slow the decline in kidney function in a zebrafish pkd2 mutant model [19]. We further verified this effect of TSA in a mouse Pkd1 –/– model. A few recent studies have elucidated that HDACi cancel the autophagy-inhibitory effect of TGF-β in endothelial progenitor cells [20]. HDACi could also prevent declines in podocyte autophagy in diabetic models [21]. In addition, TSA was shown to promote autophagy in neurons and to ameliorate neuronal apoptosis and brain injury induced by subarachnoid hemorrhage in rats [22]. Despite these previous studies, the exact role of autophagy in the effects of HDACi remains unclear. Using pharmacologic and genetic inhibitory approaches, our current study has shown that autophagy is also upregulated by TSA in Pkd1 mutant renal epithelial cells and tissues.

The mechanisms by which HDACi regulate autophagy are currently unclear. There is a role of HDACs in regulating acetylation, which may regulate several ATG proteins [23, 24]. To define how HDACi activate autophagy in proximal tubular cells, we further examined the effect of TSA on autophagy regulators (AMPK and mTOR) by...
detecting expression and/or phosphorylation of the proteins AMPK and p70S6K.

We found that TSA could enhance AMPK activation while blocking mTOR activation. The results suggest that HDACi may activate autophagy in cystogenesis of polycystic kidney disease at least partially through AMPK and mTOR. It has been reported that AMPK signaling plays an important role in the regulation of cellular autophagy, especially during the autophagosome elongation stage. An activated AMPK pathway phosphorylates tuberin, an indirect inhibitor of mTOR, which regulates tubular cell turnover and whose abnormal activation leads to proliferation of tubular cystic cells and to apoptosis of normal tubular cells. Emerging evidence has suggested that the AMPK-mTOR pathway could also inhibit fibrosis and inflammation and reverse hyperglycemia-induced endothelial dysfunction. Therefore, AMPK blocks two important pathways involved in the progress of ADPKD. TSA could be a novel natural AMPK agonist and alleviate polycystic kidney disease in animal models through inhibition of abnormal cell proliferation. Our findings are consistent with these results and suggest that TSA may inhibit cystogenesis through an AMPK-dependent pathway.

In summary, our data indicate that TSA hindered the development of renal cysts in in vitro models by inhibit-
ing cyst epithelial proliferation. The mechanism of cyst inhibition may be involved in a TSA-regulated autophagy signaling pathway. Our further in vivo studies suggest that targeting HDACs may be a promising candidate for polycystic kidney disease treatment.

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Statement of Ethics

The animal protocols used in this study were approved by the Institutional Animal Care and Use Committee of Guangdong Province (Guangdong Government Publication No. 41, 2010).

Disclosure Statement

No potential conflicts of interest are disclosed.