Phytocannabinoids profile in medicinal cannabis oils: the impact of plant varieties and preparation methods

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Abstract.

Cannabis (*Cannabis sativa* L.) is a highly promising medicinal plant with well-documented effectiveness and increasing use in the treatment of various medical conditions. Cannabis oils are mostly used as galenic preparations, due to their easy adjustment of the administration dose, together with the enhanced bioavailability of its active compounds.

As stated by the Italian Law (9/11/2015, n.279 Official Gazette), “to ensure the quality of the oil-based cannabis preparation, the titration of the active substance(s) should be carried out.” This study aims to represent the Italian panorama of cannabis oils, which were here analyzed (n.8201) to determine their cannabinoids content from 2017 to 2019. After application of the exclusion criteria, n.4774 standardized cannabis oils were included belonging to different medicinal cannabis varieties and prepared according to different extraction methods. The concentration of the principal cannabinoids was taken into account dividing samples on the bases of the main extraction procedures and cannabis varieties. According to this analysis: the most substantial variations should be attributed to the different cannabis varieties rather than to their extraction protocols. This study may be the starting point for preparatory pharmacists to assess the correct implementation of the preparation procedures and the quality of the extracts.

**Keywords:** Cannabinoids, Medical cannabis, Chemometrics methods, Pharmaceutical chemistry, Phytochemistry
**Introduction**

The therapeutic benefits of cannabis are more and more recognized at the scientific level (Bar-Lev Schleider et al., 2018; Freeman et al., 2019; Levinsohn and Hill, 2020) and regulation have to consider the evolution of its use (Zaami et al., 2018; Corli et al., 2019; Brunetti et al., 2020). There are several listed medical indications in Italy, which should be accordingly treated with different cannabis varieties containing either THC, CBD, or both of them (Law 9/11/2015, n.279 Official Gazette; Raccomandazioni per i medico prescrittore di sostanza vegetale cannabis FM2 inflorescenze - Ministero della Salute, 2017; EMCDA, 2018).

Cannabis with high tetrahydrocannabinol (THC) levels (Bedrocan) is used to treat conditions such as Tourette’s syndrome (Black et al., 2019), glaucoma (Novack, 2016; Panahi et al., 2017) and nausea (Schussel et al., 2018). Pain reduction and muscle spasm (Whiting et al., 2015) should be handled with a combination of THC and cannabidiol (CBD), which occur in Bediol. CBD reduces the pain, inflammation, and psychoactive side effects of THC (Boyaji et al., 2020). Bedrolite mainly contains CBD and is employed in the treatment of various forms of epilepsy (Documents for healthcare professional - Ministry of Health, Welfare and Sports, The Netherlands, Office of Medicinal Cannabis; Rosenberg et al., 2015; Gaston and Friedman, 2017; Brodie and Ben-Menachem, 2018).

Cannabis oil is the preparation form receiving more attention recently (Pacifici et al., 2017, 2018, 2019; Carcieri et al., 2018; MacCallum and Russo, 2018; Bettiol et al., 2019; Deidda et al., 2019; Mudge and Brown, 2019; Pegoraro et al., 2019) due to its easy adjustment of the needed individual administration dose along the treatment period, together with the enhanced bioavailability of its active compounds.

As stated by the Italian Law (9/11/2015, n.279 Official Gazette) “to ensure the quality of the oil-based cannabis preparation, the titration of the active substance(s) should be carried out with sensitive and specific methodologies such as liquid or gas chromatography coupled with the mass spectrometry and the extraction method must be authorized in accordance with of the legislation in force” (Law 9/11/2015, n.279 Official Gazette). In this framework, considering the activity of our laboratory in the field of drugs of abuse in particular cannabis derivatives, synthetic cannabinoids and cathinones (Valoti et al., 2012; Cannizzaro et al., 2016) we were interested in studying the Italian panorama of cannabis oils (n. 8201 samples from 2017 to 2019), which were analyzed by our laboratory to determine their cannabinoids content. These oil samples belonging to different cannabis varieties, here intended as chemotypes (Dei Cas et al., 2020), containing principally THC...
(chemotype I: Bedrocan), or CBD (chemotype III: Bedrolite) or both of them (chemotype II: FM2 and Bediol). Italian pharmacists prepared them according to different extraction methods present in the scientific literature (Romano and Hazekamp, 2013; Citti et al., 2016; Società Italiana Farmacisti Preparatori (SIFAP), 2016; Calvi et al., 2018; Casiraghi et al., 2018). The crucial step in the preparation method is the decarboxylation to transform THCA and CBDA, present in the plant material, in the corresponding neutral forms THC and CBD. The need for optimizing and standardizing decarboxylation procedures is dictated by pharmacological reasons since the acidic and neutral cannabinoids have different pharmacodynamic and pharmacokinetic properties that will influence the pharmacological profile of the final product, according to the relative amount of the two compounds. A striking pharmacokinetic difference between THCA and THC concerns the passage through the blood-brain barrier (BBB). As THCA is a substrate of P-glycoprotein (P-gp/abc1) and breast cancer resistance protein (Bcrp/abcg2), its penetration into the CNS is limited (Spiro et al., 2012). Both abcb1 and abcg2 belong to the ATP-binding cassette (ABC) family of efflux transporters and are critical to BBB function, where they impede the passage of their substrates into the brain (Agarwal and Elmquist, 2012). Thus, the pharmacological activity of THCA would mainly rely on peripheral effects, as already suggested by the lack of psychoactive properties. This is not in contrast with the supposed anti-emetic properties of THCA since some peripheral mechanisms of cannabinoids have been described. However, other proposed pharmacological effects of THCA, strictly related to central activities, such as muscle relaxation, should be reconsidered or refused (Russo, 2018).

The authors would like to highlight possible relationships among cannabis varieties, the effects of the extraction method and the cannabinoids profile to better understand cannabis oils pharmacological activity in clinical trials, as a function of oil composition, since very little information in the literature is reported about them. Moreover, it could be helpful for pharmacists, involved in the preparation of these medicines, to check the quality of their preparations. In fact, due to a lack of a single and standard preparation procedure, pharmacists very often ask for pre-processed cannabinoids concentrations to deal with.

Materials and methods

Chemicals and reagents

Methanol (MeOH), toluene, O,N-bis(trimethylsilyl)trifluoroacetamidetrimethylchlorosiloxane (BSTFA-1% TMCS), methyl oleate (99% purity), THC 1 mg/mL in MeOH (purity ≥ 95.0%),
CBD 1 mg/mL in MeOH (purity ≥ 95.0%), and CBN 1 mg/mL in MeOH (purity ≥ 95.0%) were purchased from Sigma-Aldrich. The acidic forms of cannabinoids: THCA 1 mg/mL in acetonitrile (purity ≥ 95.0%) and CBDA 1 mg/mL in acetonitrile (purity ≥ 95.0%) were obtained from Cayman Chemical Company.

**Galenic preparations**

Cannabis oil galenic preparations were delivered for cannabinoids determination to our laboratory between 2017 and 2019 and account for n. 8201. However, after the initial data collection and laboratory analysis, samples were excluded on the bases of (1) the absence, in the detailed sheet, of pharmaceutical-grade *Cannabis sativa* varieties; (2) the use of pharmaceutical-grade *Cannabis sativa* varieties diverse from Bedrocan, Bediol, Bedrolite, and FM2; (3) a not-standardized preparation method. Consequently, this study was limited to n. 4774 samples standardized for both pharmaceutical-grade cannabis varieties and the extraction methods. Preparation methods are mainly based on maceration of vegetable materials in olive oil at high temperature, at about 100°C or over (Methods A (Romano and Hazekamp, 2013) and B (Citti et al., 2016)). Both of them do not require a preliminary decarboxylation of the vegetal matrix. A preliminary decarboxylation step is performed with Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018) or Method D (Calvi et al., 2018). All these methods were used by pharmacists, based on medical prescriptions, to obtained cannabis oils by different varieties of medicinal grade plant material: the Dutch Bedrocan, Bediol, Bedrolite, and the Italian FM2. After decarboxylation, where planned, the cannabis decoctions in oil were mainly carried out with a weight-to-volume ratio between plant material and oil of 1:10 (usually 5 g in 50 mL) (Baratta et al., 2019). Mainly pharmacopeia grade olive oil, usually virgin or refined according to the European Pharmacopoeia (Ph. Eur.), was used as extraction solvent. This oil can minimize the formation of large amounts of aldehydes and ketones that can also influence the digestibility of the macerated oil (Pavlovic et al., 2018).

**Analytical samples preparation from cannabis oils**

Cannabis oil preparation (50 mg weighted) were added to 5 mL of methanol. The mixture was extracted by vortex and centrifuged (1789 xg, 5 min). Then 50 µL of the supernatant was withdrawn and added with 50 µL of the internal standard solution (methyl oleate, 175 µg/mL in MeOH). The solvent was evaporated, then 50 µL of BSTFA-1% TMCS and 50 µL
of toluene were added. The mixture was mixed and heated at 70 °C for 30 min, to allow
the derivatization.

**Analysis of cannabinoids by GC/MS**

The analyses were performed on a 5973 Hewlett Packard GC system, with a split-splitless
injection system and an MS detector (Hewlett Packard) operated in the electron ionization
(EI) mode (70 eV) as already described elsewhere (Casiraghi et al., 2018). Briefly, the GC
was equipped with a capillary column Rxi-5ms (30 m × 0.25 mm, i.d. 0.25 mm, Restek).

The GC/MS conditions were as follows: helium was used as the carrier gas at a flow rate
of 1.2 mL/min, splitless mode (0.25 min); injector temperature 280 °C; interface transfer
line 300 °C; ion source 230 °C; oven temperature program: initial 70°C, 40 °C/min up to
180 °C, then 10 °C/min up to 300 °C (6.25 min). The total analysis time was 21 min. The
MS detector was operated in selected ion monitoring (SIM) acquiring characteristic ions in
pre-fixed temporal windows each corresponding to a peculiar cannabinoids: IS methyl
oleate at 8.5 min (264 m/z); CBD-2TMS at 9.7 min (390 m/z); THC-1TMS at 10.7 min (386
m/z); CBN-1TMS at 11.4 min (367 m/z); CBDA-3TMS at 11.7 min (491 m/z); THCA-2TMS
at 12.9 min (487 m/z). Throughout this article, the concentrations of phytocannabinoids
were expressed as percentage weight per weight (% w/w, weight of cannabinoids/weight
of oil preparation).

**Statistical analysis**

Descriptive statistics was investigated by using GraphPad Prism 7.0 (GraphPad Software,
Inc, La Jolla, CA). In order to find out potential discriminating features between the groups,
a series of univariate and multivariate analysis was performed using the software
MetaboAnalyst 4.0. The groups were designed considering cannabis varieties (Bedrocan,
Bediol, FM2 and Bedrolite) and the extraction protocol (Methods A (Romano and
Hazekamp, 2013), B (Citti et al., 2016), C (Società Italiana Farmacisti Preparatori
(SIFAP)., 2016; Casiraghi et al., 2018) and D (Calvi et al., 2018)). Data were checked for
integrity, filtered by interquartile range, log-transformed (generalized log transformation)
and mean-centered. PCA and hierarchical clustering with heatmap were used for
considering all variables in the dataset simultaneously. In the heatmap analysis, the
clustering algorithm was set to Ward and the distance measure to Euclidean. VIP scores,
resulting from the supervised PLS-DA analysis, were used as a cut-off (>1) to include
variables with discriminatory power. Further investigations were completed by ANOVA
coupled to post-hoc Fisher’s LSD test to highlight the significative variables with a threshold p-value of < 0.05.

**Results**

From 2017 to 2019, n. 8201 samples of cannabis olive oils were delivered to our laboratory for cannabinoid level determination. Samples were time-distributed as follows: in 2017 n. 1349 (16.5%), 2018 n. 2281 (27.8%) and in 2019 n. 4571 (55.7%). Cannabis oils were divided by preparation methods (Figure 1A) and varieties of *Cannabis sativa* (Figure 1B).

The most used maceration technique for the oil-extraction of cannabinoids was Method C (28.8%), followed by Method B (16.3%), and Method A (13.1%). The more prevalent medical cannabis chemotypes comprised Bedrocan (41.2%), Bediol (27.4%), and the Italian FM2 (15.1%).

All the further statistical analysis were restricted only to a well-characterized sub-population made of n. 4774 (58% of the entire population of n. 8201) excluding samples (42%, n. 3457) that were not accompanied by a detailed sheet or are not-standardized as regard cannabis varieties and method preparation. In the same way, the selected population was divided by preparation methods (Figure 1C) and varieties of *Cannabis sativa* (Figure 1D). The sub-population sampled maintains the same distribution of the preparation methods and plant varieties with respect to the total.

The main differences in the cannabinoid profile due to the decarboxylation step and especially to the heating-time and temperature applied. These differences are directly related to the percentage of acidic forms (Figure 2) of cannabinoids.

These forms, at high temperatures, are subjected to decarboxylation to respective neutral forms. Method A and B showed a higher content of the acidic forms respect to the neutral ones: from 90 to 50% of the total content of cannabinoids (THC+THCA; CBD+CBDA). In particular, the extraction without a decarboxylation step (Method A: 98°C for 1h and Method B 110°C for 2h) leads to a highly variable ratio of acidic/neutral cannabinoids, thus reducing the reproducibility of the extraction procedure.

On the contrary, Method C and D described a decarboxylation step (respectively in the oven at 115°C for 40 min and 145°C for 30 min) before oil-maceration with a full
conversion of the acidic to neutral forms. Then in Method C, the decarboxylated cannabis is extracted in oil heated by means of a water-bath (100°C for 40 min), while in method D the extraction is carried out by ultrasound (35 kHz 30 min). In Method C, neutral forms of both THC and CBD were prevalently valued at 93% and 79%, respectively. Moreover, in Method D, the neutral forms covered almost the totality of the cannabinoids, THC 99%, and CBD 96.5%.

The distribution of phytocannabinoids among varieties (Figure 3) was further investigated. The detailed samples list separated by varieties and processing methods can be found in the supplementary materials (Table S1-4). Bedrocan displayed the highest content of total THC (mean ± SD, 1.47±0.47) then followed by FM2 (0.54±0.12) and Bediol (0.45±0.26) whereas Bedrolite, as expected, showed very low amounts of this cannabinoid (0.01±0.09). The situation was the opposite when considering total CBD, in which the highest content was found in FM2 (0.89±0.30), followed by Bediol (0.70±0.45) and Bedrolite (0.66±0.35). Bedrocan displayed, as expected, a slight concentration of CBD (0.04±0.31).

In the different cannabis varieties, the total amount of THC and CBD (Table S5) are similar to those declared in the literature (Documents for healthcare professional - Ministry of Health, Welfare and Sports, The Netherlands, Office of Medicinal Cannabis; Uso medico della cannabis - Ministero della Sanità, 2016) and in labeled content. Some samples deviated respect to the expected values due to the variability in both the not-strictly standardized preparation protocols and the employed plant matrix.

Samples were also analyzed taking into consideration the efficiency of extraction of total THC and CBD depending on varieties and the preparation method (Figure 4 and Table S6). Among all samples analyzed, a reduced number of results showed coherence among the preparation method and declared content of cannabinoids. As result, the extraction efficiency (EE%) ranges (min-max) were from 57.6 to 86.3 for THC and from 57.1 to 92.8% for CBD. Figure 5 and Table 1 illustrate the concentration of cannabinoids within main cannabis flos varieties (columns) processed with the most common methods (rows). Being confirmed that the total extracted content of THC and CBD is not significantly different with respect to the extraction method, it is interesting to note that, on the contrary, the relative content of the acidic or neutral form is strictly related to preparation method condition. Samples prepared according to Method C and D showed a high level of neutral active THC form, while method A and B results were in favor of THCA. The relative content of the two forms is essential for the expected pharmacological effect.
Multivariate analysis (Figures 6 and S1) showed only an appreciable separation between Bedrocan and other varieties, Bediol, Bedrolite, and FM2, which were not well-detached among them. The same conclusion can be found in Figure 7, which shows a heatmap coupled to hierarchical clustering, in which the cannabinoids profile is graphed against plant varieties and oil extraction protocol. The map is color-coded to three concentration levels (blue = low, grey = middle and red = high range). Hierarchical clustering is a frequently used method to identify similarities or differences between each individual. We noted the presence of two different and well-divided clusters, represented as dendrogram: one including Bedrocan variety and the second one the other varieties. The latter consisted of two other clusters: Bedrolite and Bediol + FM2. In respect to other varieties, Bedrocan displayed a lower concentration of CBD (tot, neutral, and acid) along with a higher concentration of THCA and CBN, whereas Bedrolite presented a weaker concentration of THC (total and neutral). As clearly demonstrated (Figures 6-8-S1), the formation of subgroups within the dataset, can only be done based on the variety of cannabis inflorescence and not by the extraction methods. PCA is not always able to properly separate the variations produced by each factor, and the results can be somehow problematic to read. In order to avoid this scenario, univariate and supervised statistical tests were also performed. The use of a more conservative method (ANOVA, post-hoc Fisher’s LSD) demonstrated that all the considered cannabinoids (n.7) should be capable (p<0.05) of discriminating against groups. THC, which showed a VIP score of 1.71 and a p.value <0.05, was therefore proposed as the best phytocannabinoid able to discriminate between cannabis oils extracted by different methods and coming from different varieties (Figure S2). However, as mentioned above, the most substantial variations should be attributed to the different cannabis varieties rather than to their extraction protocols. Further considering the extraction method results, it can be observed different amplitudes of variability: higher values were reported in Method A and B with respect to Method C and D. The more strictly standardized preparation protocols of the latest are therefore useful.

Discussion

Medical cannabis has been effectively used for treating symptoms from a variety of disorders. Commonly, it is prescribed when first-choice treatments and medicines are not effective enough or have severe side effects. Despite the growing popularity of cannabis-based medicinal oils (Pacifici et al., 2017, 2018, 2019; Carcieri et al., 2018; Bettiol et al.,
2019; Deidda et al., 2019; Mudge and Brown, 2019; Pegoraro et al., 2019), at the moment there are no studies in which the cannabinoid composition has been strictly defined considering the variety of the plant and the extraction method. However, a notable contribution in this research field comes from the National Institute of Health in Italy, who was involved in the determination of long-term stability of cannabinoids in standardized cannabis oils to assure their quality and therapeutic properties (Pacifici et al., 2017, 2018, 2019). The relevance of these studies lies in ensuring a conscious prescription by the physicians, who should take into consideration both the composition and stability of cannabis oils.

Nevertheless, from a pharmacological point of view, the composition of the final product in THCA and THC content is critical, being the THCA activity mainly based on peripheral effects and, therefore, much less impressive in the majority of situations. Our results stated that cannabinoid content resulted significantly linked to cannabis varieties (i.e., Bedrocan, Bedrolite, Bediol, and FM2), among which pharmacists and physicians can choose. Among those pharmacists and physicians can choose the most suitable. Moreover, there is a clear trend in cannabinoid content with respect to the preparation methods. It is interesting to note that total THC and CBD extracted amounts were in the same range, while those methods with the preliminary decarboxylation step (Method C and D) allowed obtaining oils richer in the active neutral form.

For these reasons, this study may be the starting point for compounded oils in pharmacies to assess the correct implementation of the preparation procedures and the quality of the extracts. However, there are still many aspects to be improved, including the standardization of raw inflorescences and oil extraction procedures.
Supplementary data

Supplementary data to this article can be found online at https://www.frontiersin.org/articles/......

Table S1. Phytocannabinoids concentrations (% w/w, mean ± SD) in Cannabis sativa oil preparations obtained using Method A [26] for the extraction of analytes from plant materials. In the first column are presented the different Cannabis varieties or some combinations among them.

Table S2. Phytocannabinoids concentrations (% w/w, mean and SD) in Cannabis sativa oil preparations obtained using Method B [27] for the extraction of analytes from plant materials. In the first column are presented the different Cannabis varieties or some combinations among them.

Table S3. Phytocannabinoids concentrations (% w/w, mean and SD) in Cannabis sativa oil preparations obtained using Method C [28-29] for the extraction of analytes from plant materials. In the first column are presented the different Cannabis varieties or some combinations among them.

Table S4. Phytocannabinoids concentrations (% w/w, mean ± SD) in Cannabis sativa oil preparations obtained using Method D [30] for the extraction of analytes from plant materials. In the first column are presented the different Cannabis varieties or some combinations among them.

Table S5. Comparison between theoretical and experimental cannabinoids concentrations. The theoretical concentrations were considered as the mean of the declared range content and calculated as the 1:10 of the Cannabis varieties.

Table S6. Comparison between theoretical and experimental cannabinoids extraction efficiency as a function of preparation methods (EE%= conc. Experimental/ conc. Theoretical x100). The theoretical concentrations were considered as the mean of the declared range content and calculated as the 1:10 of the Cannabis varieties.

Figure S1. 2D PCA plot showing a separation of 63.2% on PC1 (n=4774). The ellipse colored-shaded areas indicate the 95% confidence regions based on the data points for individual groups. An appreciable separation can be distinguished by the two dotted areas: (A) Bedrocan and (B) other varieties: Bediol, Bedrolite and FM2. For details on preparation methods see the following references: Romano-Hazekamp (method A [26]), Cannazza (method B [27]), Sifap (method C [28,29]) and Calvi (method D [30]).

Figure S2. THC concentrations (after log-normalization and mean scaled) between different groups. Visualization by box and whiskers plot: the box extends from the 25th to 75th percentiles, the line in the middle is plotted at the median and whiskers are drawn down to the 10th percentile and up to the 90th. For details on preparation methods see the following references: Romano-Hazekamp (method A [26]), Cannazza (method B [27]), Sifap (method C [28,29]) and Calvi (method D [30]).

Author Contributions

Conceptualization: M.D.C. and G.R. Investigation: F.F, S.A. and E.C. Formal analysis: M.D.C. Drafting of the manuscript: M.D.C. Supervision: G.R., V.G., and P.M. Writing—review and editing: E.C., A.C, P.M, D.F., G.R. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest

The authors declare no conflicts of interest.
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FIGURES CAPTIONS.

Figure 1. The distribution, between 2017-2019, of the total amount of cannabis oil-extracts recruited by our lab (n. 8201) by (A) preparation methods and (B) varieties of *Cannabis sativa*. The distribution of standardized cannabis oil-extracts selected for this study (n. 4774) by (C) preparation methods and (D) varieties of *Cannabis sativa*. n.d. not determined since those details were not indicated in the sample’s addendum. For details on preparation methods, see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).

Figure 2. Mean percentage of acidic and neutral form of phytocannabinoids in n.4774 samples according to the extraction method: (A) THC and THCA; (B) CBD and CBDA. The values are expressed as mean normalized to 100: % acidic form= [Mean \(_{ac\text{id}}\)/(Mean \(_{ac\text{id}}\) + Mean \(_{ne\text{utral}}\)] x [100/ (Mean \(_{ac\text{id}}\) + Mean \(_{ne\text{utral}}\))]; % neutral form= [Mean \(_{ne\text{utral}}\)/ (Mean \(_{ac\text{id}}\) + Mean \(_{ne\text{utral}}\))] x [100/ (Mean \(_{ac\text{id}}\) + Mean \(_{ne\text{utral}}\))]. For details on preparation methods, see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).

Figure 3. Distribution of phytocannabinoids among *Cannabis sativa* varieties (n.4774, mean ± SD).

Figure 4. Extraction efficiency (EE%) of THC (up) and CBD (down) measured in cannabis oil samples (n.4774) obtained using different cannabis varieties and preparation methods. The error bars that exceed the axis limit are represented as clipped. The theoretical extraction rate was set as the mean of the declared range content as follows: Bedrocan THC 2.05 (% w/w); Bediol THC 0.65 (% w/w), CBD 0.75 (% w/w); FM2 THC 0.65(% w/w); CBD 1.05 (% w/w); Bedrolite CBD 0.85 (% w/w). For details on preparation methods, see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)). The values are expressed as mean ± SD, and calculated according to the equation EE%= (conc. Exp/ conc. Theo) x 100.

Figure 5. Distribution of phytocannabinoids among extraction methods from plant materials and varieties (n.4774, mean ± SD). The columns represented the cannabis sativa varieties (sx to dx) Bedrocan, Bediol, FM2, and Bedrolite and the rows the Method of extraction (up to down) Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).

Figure 6. 3D Principal component analysis (PCA) plot of cannabis oil-extracts divided into groups according to the plant varieties and extraction method (n.4774). In the panel are evidenced the plant varieties, whereas the extraction adopted was color-coded (according to the legend). In the panel are evidenced (A) Bedrocan, (B) Bediol, (C) FM2 and (D) Bedrolite, and (E) the entire dataset overview. For details on preparation methods, see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP)., 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).

Figure 7. A heatmap overview (showing only group average) with hierarchical clustering of the n.4774 cannabis oils. The first cluster (#1) included Bedrocan variety and the second one (#2) the other varieties, which in particular consisted of (#2A) Bedrolite and (#2B) Bediol and FM2. In respect to other varieties, Bedrocan displayed a lower concentration of CBD (tot, neutral and acid) and Bedrolite of THC (tot and neutral). The color-scale differentiates values as high (red), mid (grey) and low (blue). For details on
preparation methods, see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori (SIFAP), 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).
Table 1. Cannabinoids concentrations, expressed as both mean ± SD and 25-75th percentile range, as a function of preparation methods and varieties.

| Cannabis products | n. | THC tot (% w/w) | CBD tot (% w/w) |
|-------------------|----|-----------------|-----------------|
|                   |    | Mean ± SD       | Range (25-75th) | Mean ± SD       | Range (25-75th) |
| Bedrocan          | 214| 1.47±0.466      | 1.30-1.68       | 0.41±0.313      | -               |
| Method A          | 515| 1.53±0.425      | 1.34-1.74       | 0.04±0.185      | -               |
| Method B          | 682| 1.49±0.445      | 1.33-1.68       | 0.02±0.096      | -               |
| Method C          | 800| 1.49±0.340      | 1.32-1.66       | 0.01±0.119      | -               |
| Method D          | 151| 1.24±0.519      | 1.15-1.44       | 0.07±0.544      | -               |
| Bedrolite         | 291| 0.01±0.091      | -               | 0.66±0.351      | 0.49-0.71       |
| Method A          | 62 | 0.01±0.036      | -               | 0.64±0.189      | 0.55-0.70       |
| Method B          | 25 | 0.01±0.034      | -               | 0.66±0.202      | 0.59-0.73       |
| Method C          | 151| 0.01±0.045      | -               | 0.63±0.191      | 0.54-0.70       |
| Method D          | 53 | 0.01±0.011      | -               | 0.68±0.502      | 0.41-0.68       |
| Bediol            | 152| 0.45±0.262      | 0.40-0.50       | 0.70±0.445      | 0.60-0.76       |
| Method A          | 253| 0.46±0.122      | 0.40-0.51       | 0.67±0.203      | 0.58-0.75       |
| Method B          | 350| 0.48±0.338      | 0.42-0.50       | 0.73±0.552      | 0.64-0.74       |
| Method C          | 838| 0.44±0.087      | 0.41-0.49       | 0.69±0.149      | 0.62-0.79       |
| Method D          | 86 | 0.35±0.112      | 0.29-0.40       | 0.67±0.486      | 0.46-0.64       |
| FM-2              | 808| 0.54±0.120      | 0.47-0.63       | 0.89±0.294      | 0.76-1.01       |
| Method A          | 199| 0.57±0.118      | 0.50-0.65       | 0.89±0.192      | 0.78-1.03       |
| Method B          | 194| 0.54±0.085      | 0.51-0.60       | 0.91±0.176      | 0.79-1.00       |
| Method C          | 352| 0.56±0.111      | 0.49-0.63       | 0.88±0.183      | 0.75-1.02       |
| Method D          | 63 | 0.47±0.077      | 0.42-0.52       | 0.80±0.151      | 0.72-0.89       |

For details on preparation methods see the following references: Romano-Hazekamp (Method A (Romano and Hazekamp, 2013)), Cannazza (Method B (Citti et al., 2016)), Sifap (Method C (Società Italiana Farmacisti Preparatori SIFAP), 2016; Casiraghi et al., 2018)) and Calvi (Method D (Calvi et al., 2018)).