THE EFFECT OF MOVEMENT CONTROL ORDER DURING COVID19 PANDEMIC ON AIR QUALITY AND GAS EMISSIONS: A REVIEW

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Abstract

Introduction: Since the COVID-19 or novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) happened in December 2019, the number of cases has been rapidly increasing. To reducing the speed of infection, nations around the world have been doing movement control order (MCO) to their city for some time. The evidence shows that MCO can help many countries controlling the pandemic. The other effects of MCO is a change in air quality and gas emissions. The current study made for collecting evidence of how MCO affect air quality and gas emissions in several areas. This study aimed to explore if there are any positive and negative effects of movement control order (MCO) to air quality and gas emissions of areas that doing so.

Discussion: During the movement control order (MCO) period, human outdoor activities have significantly reduced, affecting industrial operations reduction significantly, transportations, and other activities like constructions that leads to reduction of emissions. But there is increase of O3 and indoor pollution because of household activities increase. Many countries show that there are changes in air quality because of changes in human behaviour during movement control order.

Conclusion: Current Studies concludes that the COVID-19 pandemic brings changes in air quality and emissions, as MCO, quarantine, and lighter traffic affect to better air quality outdoor, but, there is also increase of indoor pollutions. It is recommended that human should to maintain air quality by making reduction of unnecessary activities that make air quality worse.

Keywords: Covid19, movement control order, air quality, gas emissions
INTRODUCTION

Since the Covid19 or novel severe acute respiratory syndrome coronavirus two was identified in last December, number of cases has been rapidly increasing. Changes in transmission over time can provide insights into the epidemiological situation and explore whether outbreak control measures are is really effective. Such analysis can inform predictions about potential future growth, help estimate the risk to other countries, and guide the design of alternative interventions (1-2).

Efforts are being made to reduce transmission via standard public health interventions based on isolation of cases and tracing of contacts. However, it still be insufficient to achieve outbreak control of Covid19 when the first reproduction number (R0) is higher than 1·5, or the proportion of contacts traced is lower than 80% (3).

Covid19, was first identified last December (2019) in Wuhan, China. In January, the virus spread fast to the rest of the world, and later become a global pandemic. Covid19 is caused by SARS-CoV-2 virus. Generally, most Covid19 infected patients have mild symptoms, including fever, dry cough, and sore throat. Patients could have fatal complications like Acute Respiratory Distress Syndrome (ARDS) (4).

The most common symptoms of SARS-CoV-2-related disease, called Covid19, are fever, weakness, cough, and diarrhoea. More than half of the patients report shortness of breath, with few developing acute respiratory distress syndrome (5).

The impact caused by the corona virus involves various aspects, such as social, cultural, and aspects. What’s worse is the economic aspect which leads to a vacuum of activity humans, making it look like the restarting of the earth is cleansed from air, groundwater and yang pollution the other. Conditions like this led humans to better behave towards nature, and more concerned about fellow human beings. Spiritual practice is more related to positive work practices than religious practices, spiritual leadership values must be manifested in concrete actions (6).

The method used in the current study is a systematic review. The systematic review is a type of literature review which uses systematic methods to collect secondary data, critically appraise research studies, and synthesize evidence. The current study utilized several search engines (Scholar, Springerlink, Science Direct, Proquest, Sage) to find reviews on similar topics and relevant studies. Some essential keywords are needed to find the appropriate studies looking at this topic. Around 1.210.000 articles as found in keyword “Covid19” and 192.000 articles found in the keyword “Air Quality”.

184.000 items found in the keyword “Movement Control Order Covid19”. 92,600 items found in the keyword “gas Emissions”. Current Study only choose 2020 released articles and also eliminated similar paper, abstract only paper and restricted access. Therefore, the present study found 35 relevant articles to be included in this review.

DISCUSSION

At December 2019, the first cases of coronavirus diseases (Covid19) were founded in Wuhan, China. After that, the number of cases rapidly increased and in the next month, the outbreak turned into a massive crisis, with infected people founded in many region. Chinese authorities close down transportation and travel inside and outside of Wuhan. Chinese authorities also reduced local business travel, shut down schools, universities and campuses in order to prevent the spread of the disease (7). Other countries also follow this movement and there are noticeable changes in use of public transportations, which usually affect to the air pollutions. This review collects evidence around the world wether there is a change in air quality and emissions or not.

MCO is implemented as a preventive measure by the government in order to response the pandemic in their country. The order is commonly referred in local and international media as a “lockdown” or “partial lockdown”. The restrictions include school and work holidays, restrictions on religious activities, restrictions on activities in public places or facilities, restrictions on socio-cultural activities, restrictions on transportation modes, and restrictions on other activities specifically related to defense and security aspects.

Remote work is not just an office management issue, however also penetrated the environment, social, transportation and even the development of a city. It’s no surprise that working remotely gets more attention transportation, public policy, and the business community, with potential reasons as a strategy for managing traffic generation (Travel Demand Management/TDM) for overcome congestion and improve air quality (8).

Alongside the advancement of society and the ceaseless improvement of industrialization, air contamination is getting perilous. It hurts human wellbeing and has become a worldwide natural issue that is hard to comprehend or irreversible. Notwithstanding, February 2020 was extraordinary. Because of the effect of Covid19, mechanical, development, and transportation exercises in China nearly halted. These counteraction and control activities for Covid19 were solidly identified with changes in air quality (9).

During the level I reaction period, the essential indicators like NOx, SO2, VOCs, and PM2.5 have been
Finding

During the MCO, essential indicators like NOx, SO2, VOCs, and PM2.5 have been decreased by 47%, 26%, 57%, and 46% (10).

Indirect Effects of Covid19 on the Environment.

Workplaces and power plants halted their creation. Moreover, the usage of vehicles lessened astonishingly. This incited a hair-raising abatement in the groupings of Nitrogen Dioxide (NO2) and Particulate Matter that have a separation across of under 2.5 μm (PM2.5) in the central Chinese metropolitan zones (13).

Effect of Restricted Emissions During Covid19 on Air Quality in India.

Generally, around 43%, 31%, 10%, and 18% abatements in PM2.5, PM10, CO, and NO2 were seen during the lockdown period contrasted with the earlier years. Interestingly, there was a 17% expansion in O3 and an insignificant change in SO2. The higher diminishing in PM2.5 contrasted with PM10, could be because of its more massive commitment from anthropogenic sources (14).

Does Lockdown Reduce Air Pollution? Evidence from 44 Cities in Northern China.

The experimental investigation uncovered that movement limitation estimates taken in 44 urban communities in northern China altogether decreased air contamination discharges. Overall, the AQI diminished by 6.76%, 5.93%, 13.66%, 24.67%, and 4.58%, individually (15).

Environmental Perspective of Covid19.

In China, emissions data states a 25% reduce as people were told to stay at home, factories closed, and coal use fell by 40% at china’s largest power plants since the last three months of 2019. In Europe, nitrogen dioxide (NO2) emission dropped over northern Italy, Spain, and UK(18).

Lockdown for CoViD-2019 in Milan : What are the Effects on Air Quality ?

For CO, the decrease was explicitly calculable in Milan. Street traffic speaks to the essential wellspring of these outflows, especially. The MCO prompted a recognizable drop in SO2 in the city of Milan. This particular decrease in Milan can be somewhat ascribed to the lessening of temperature (20).

The impact of Covid19 partial lockdown on the air quality of the city of Rio de Janeiro, Brazil

During the principal isolate week, in Rio de Janeiro, an available vehicle decreased about half, and private vehicles were fundamentally brought down. The regulation measures significantly affected the residents’ everyday lives, yet they also positively affected air quality. (21).

Effect of Lockdown Amid Covid19 Pandemic on Air Quality of the Megacity Delhi, India.

In India, by this cross-country lockdown, practically all mechanical exercises and mass transportation have been precluded. Subsequently, the nation over radically diminished the contamination level in 88 urban areas simply following four days of starting lockdown occasion as indicated by the official information (23).

Impact of Covid19 lockdown on PM10, SO2, and NO2 Concentrations in Salé City (Morocco)

Groupings of SO2, PM10, and NO2 in the considered territory, were diminished, separately, by 49%, 75%, and 96% in barely any days execution of Covid19 MCO. It results from ignition cycles of petroleum products, particularly diesel, warm force age, modern discharges, car fumes, and transportation. (24).

Amplified Ozone Pollution in Cities During the Covid19 Lockdown.

The lockdown impact on O3 increment is 10% higher than the end of the week impact in South Europe. (25).

Assessing Air Quality Changes in large Cities During Covid19 Lockdowns : The Impacts of Traffic-Free Urban Conditions in Almaty, Kazakhstan.

In Almaty India, the PM10 focuses on MCO period surpassed the WHO everyday limit, giving proof of the high commitment from non-road related sources. (26).

Early Evidence that Covid19 Government Policies Reduce Urban Air Pollution.

Log-reaction proportions between the air 40 convergences of contaminations saw in February 2020 to those from February 2019 uncover that all air toxins, except O3, show a decrease in the 2020 qualities for the new affected urban areas. Later affected urban areas, there is no general pattern in changes in the convergences of toxins somewhere in the range of 2020 and 2019, and the separate urban areas in this gathering indicated less consistency in the contrasts between years. These results indicate consistent air pollution reduction in cities impacted early by the spread of the novel coronavirus (27).
Various factors could have impact on IAP, such as cooking and smoking behaviors. This should be a consideration for those who stay at home to reduce any unnecessary activities (29).

Some European nations and all the more as of late, the United States of America has been standing out as truly newsworthy around the globe as fundamental focal points of the broad Covid19 pandemic. Sadly, it is going on for the most part by the high number of everyday cases and passings these nations have been confronting and announcing (11). Thus, some necessary proposals may incorporate staying away from movement and assortment at a specific spot. The legislatures additionally give offices to the purification of the hands at the available spots. The rules for medical services suppliers, clinical staff, scientists, and general wellbeing people. This way, it is immovably prompted and mentioned that individuals should follow the preventive measures, administrations and isolate carefully in any case the circumstance might be the most noticeably awful (12).

From one perspective, atmosphere specialists foresee that Green House Gas (GHG) releases could lower to degrees at never before seen since second world war. This result is principal because of the development control request received by the legislatures. These measures influenced the nation’s primary monetary exercises. Accordingly, offices and power plants stopped their creation. Additionally, the use of transportations reduced impressively. This prompted a sensational decrease in NO₂ and PM₂.₅ in the focal urban China areas (13).

China executed massive traffic limitations and also isolations in order to control the extension of Covid19. These activities created changes in air contamination. Because of isolate, NO₂ was decreased to 22.8 µg/m³ in Wuhan and 12.9 µg/m³ in China. PM₂.₅ is around 1.4 µg/m³ in Wuhan. Then again, the results from the satellite named Copernicus Sentinel-5P state a critical decline of NO₂ fixations over Madrid, Paris and Rome, primary urban areas across Europe, to actualize exacting isolation order (13). In general, around 43%, 31%, 10%, and 18% abatements in PM₂.₅, PM₁₀, CO, and NO₂ were seen during the lockdown period contrasted with the earlier years. Interestingly, there was a 17% expansion in O₃ and an insignificant change in SO₂. The higher diminishing in PM10 contrasted with PM₂.₅ could be because of its more massive commitment from anthropogenic sources (14).

Terminations of the modern processing plant and the suspension of intricacy transportation may change air poisons’ dissemination in urban communities. The stun empowered us to feel the impacts of movement limitations effect to air contamination. By and large, the AQI diminished by 7.80%, and the centralization of five air contaminations diminished by 6.76%, 5.93%, 13.66%, 24.67%, and 4.58%, separately. An important finding was a massive decreases of human versatility were emphatically connected with contamination decrease (15). For example, China shows that various emission reduction campaigns. Parade Blue and APEC Blue are alluded to as the fantastic air quality. Every day, PM₂.₅ fixations in Beijing were 17.07 µg/m³ during Parade blue
and 47.53 µg/m³ during APEC blue (16).

The Covid19 has taken a considerable number of individuals of the roads everywhere on over the world. All are remaining at home is lifting the weight in a roundabout way for a worldwide domain they not envisioned while still work virtually. Clean air is maybe the most significant result of MCO. For instance, individuals in Northern India are currently ready to see the general picture of a Himalayan mountain extend. Additionally, it has happened once in their lives because of the monstrous fell of air contamination and calm of particulate air problem. Similar circumstance was also seen in UK’s situation, decrease of PM and NO₂ noticeable all-around have been lessened when contrasted with a similar time purpose of the earlier year. The USA and different nations are additionally encountering a similar pattern from their standard degree of (PM₂.₅ and PM₁₀) particulate matter (17).

In Europe, contamination of air has diminished significantly since they requested to residents to remain still at home to limit the spread of Covid19. Essential businesses, just like other activities, has come to a stagnation. For example, transportation use has lowered, caused a reduce of GHG. Additionally, the social separating measures received by most governments have made numerous sea shores the world over get tidied up. But European countries that influenced comes with another problem, which is maintainable waste administration has been limited. For instance, Italy has disallowed tainted inhabitants from arranging their waste (13).

In Italy, huge travel limitations are set. It is meant to control Covid19 and to diminish COVID passing score. Notwithstanding, every one of these progressions has prompted some unforeseen outcomes. As enterprises, transportation frameworks, and all different bussiness have closed down and showed surprising drop of carbon emanation (18).

Two ongoing examinations were acted in such a manner in northern Italy. There is a relationship of Covid19 contaminations alongside with contamination of air in urban communities estimated to surpassing the cutoff points set of O₃ and PM in earlier times. The other chose paper, likewise from the Northern Italy, demonstrates that Emilia Romagna and Lombardy are a portion of the European areas. The improvement in quality of air in Barcelona, Spain, under lockdown measures, was as of late announced (19).

For CO₂, the decrease was explicitly calculable in Milan. Street traffic speaks to the essential wellspring of these outflows, especially. The MCO prompted a recognizable drop of SO₂ in Milan. This particular decrease can be somewhat ascribed to lessening of temperature. More emphasized increment in Milan presumably, because of higher normal of benzene centralizations in Milan may advance to arrangement in a more noteworthy manner of O₃ (20).

Covid19 outbreak prompted the purging of public spaces like parks, malls and roads, either because of the incomplete restrictions or by close to home reactions. During the principal isolate week, in Rio de Janeiro, an available vehicle decreased about half, and private vehicles were fundamentally brought down. The regulation measures significantly affected the residents’ everyday lives, yet they also positively affected air quality. The partial isolation of residents, decrease on street traffic, and financial movement prompted the diminishing in CO and NO₂ levels and, on the other hand, to the expansion in ozone fixations (21).

Even though Brazil is situated in the southern half of the globe, hence present pertinent meteorological contrasts when contrasted with Asia and Europe, colossal air quality upgrades were seen during the halfway lockdown in São Paulo. Ideal conditions to contamination scattering were discovered both previously and during the halfway lockdown, along these lines showing that adjustments in scattering conditions didn’t profoundly decide watched toxin decreases. Even though the incomplete lockdown has added to a positive effect on air quality, it is fundamental to consider the adverse effects on social viewpoints, considering the passings brought about by Covid19 and the emotional, financial impacts. As an exercise took in, this pandemic uncovered the conceivable decrease of air toxin outflows by expanding the utilization of innovation to extend the distant working (22).

In India, by this cross-country lockdown, practically all mechanical exercises and mass transportation have been precluded. Subsequently, the nation over radically diminished the contamination level in 88 urban areas simply following four days of starting lockdown occasion as indicated by the official information. Consequently, lockdown is seen to be compelling elective strategy to be executed in order to limit air contamination (23).

In Morocco, Salé regional government choices in light of Covid19 have affected air contamination. Groupings of SO₂, PM₁₀, and NO₂, in the considered territory, were diminished, separately, by 49%, 75%, and 96% in barely any days execution of Covid19 MCO. The most critical angle was watched for NO₂, one of the standard tracer of metropolitan air contamination/mechanical movement. It results from ignition cycles of petroleum products, particularly diesel, warm force age, modern discharges, car fumes, and transportation.
NO\textsubscript{2} demonstrated a huge lessening contrast with the main time frame when social and mechanical exercises worked typically. This circumstance could be clarified that the crisis estimates to set up by the Moroccan specialists, identified with the discontinuance of modern and transportation exercises, as a result, a constraint in NO\textsubscript{2} outflow from both mechanical creation and vehicle exhaust, which has embodied a sharp decline in NO\textsubscript{2} fixations during this period (24).

The usage of MCO in system of Covid19 pandemic, is the decrease of transportation, superfluous organizations, and modern exercises prompted critical diminish in PM and NOx fixations. For the most part, the closer O\textsubscript{3} expanded to 17% in South Europe, and 36% in Wuhan, like the general commitment of street traffic discharges to O\textsubscript{3}, O\textsubscript{3} increment happened because of lower NO tirtration because of the significant decrease in neighborhood NOx discharges by road. By and large, massive impact of MCO on groupings of O\textsubscript{3}, PM and NOx originated from a noteworthy street transport reduction, as seen at stations. The MCO has additionally indicated that the decrease is going to stay testing although compelling arrangements for lessening pollutants (25).

In Almaty, India, the PM\textsubscript{2.5} focuses on MCO period surpassed the WHO everyday limit, giving proof of the high commitment from non-road sources. The significant decreases of NO\textsubscript{2} and CO fixations during MCO period contrasted with times before the MCO because of the blend of road disposal and occasional changes in climate (26).

Log-reaction proportions between the air 40 convergences of contaminations saw in February 2020 to those from February 2019 uncover that all air toxins, except O\textsubscript{3}, show a decrease in the 2020 qualities for the new affected urban areas. Later affected urban areas, there is no general pattern in changes in the convergences of toxins somewhere in the range of 2020 and 2019, and the separate urban areas in this gathering indicated less consistency in the contrasts between years. These results indicate consistent air pollution reduction in cities impacted early by the spread of the novel coronavirus (27).

But lockdown, home activities also brings negative to indoor air quality. Particular sorts of cooking can create 250mcg of delicate PM/m\textsuperscript{3}. Gas ovens emanate a few conceivably poisonous gases, including carbon monoxide and nitrogen dioxide, and radiate unmistakably more particulate matters than electric ones. Cooking with gas oven may prompt NO\textsubscript{2} rates that surpass government principles on open air. Electric ovens likewise produce particles, particularly during an initial couple of moments of activity, as they heat the layer of residue, buildup, any issue that covers their surface. In another publication, spending an hour or more cooking daily can raise the delicate PM by 19 percent. Cleaning is also significant wellspring of air pollutions indoor. As combination of water and cleaner solution evaporate around the room (28).

Authors found a research in Middle Eastern countries that found the habitual indoor incense burning could increase indoor PMs, resulting in a favorable condition for the spread of the virus via inhalation. Various factors could have impact on IAP, such as cooking and smoking behaviors. Cooking, the incomplete combustion of solid fuels (biomass, animal dung, and coals) could emit a lot of pollutants such as PMs, PAHs, NOx, and so on. Cooking oil also was an important contributor to IAP, especially in China where stir frying was a popular cooking style. Cooking more frequently at home during lockdown might not only increase the emissions of cooking fuel, but also the emission of cooking oil. If there is a smoker in a household, the families might suffer from second-hand smoke more frequently. This should be a consideration for those who stay at home to reduce any unnecessary activities (29).

As it could be expected, development control orders diminished explicit air toxins incidentally, generally the essential ones. NO\textsubscript{x} is radiated from burning cycles, generally street traffic in metropolitan regions, particularly diesel and, less significantly, fuel, vehicles, industry, power age, and transportation. Although the essential wellspring of PM\textsubscript{10} in Barcelona’s metropolitan foundation is a direct result of street traffic, other important sources are mechanical sources, harbor, development works, and residue resuspension. This circumstance may have diminished the abatement of PM\textsubscript{10} when contrasted, and that of NO\textsubscript{2}. However, different causes could likewise contribute. The low decrease watched maybe because of the discovery furthest reaches of the instruments, yet additionally to the low SO\textsubscript{2} outflows from travels, the sort of boats generally diminished in the lockdown time frame (30).

Investigation shows that movement limitation estimates taken in 44 northern China Cities essentially decreased air contamination emanations. By and large, the AQI diminished by 7.80%, and the centralization of significant five air contaminations diminished separately. Our discoveries suggest that people activities are emphatically connected to air quality. Even though making a trip limitation can’t matter to air contamination avoidance and control, still, it conceivable to improve the quality of air by diminishing superfluous personal developments, featuring green driving. Interestingly, even though we recorded an impermanent decrease in
air contamination coming about because of the monetary plunge, it is challenging to keep up this decrease after China’s workforce slowly re-visitations of work (15).

The results show that the Covid19 is considered as a surprisingly beneficial turn of events. The current status of air quality might be transitory. In any case, there is an ideal open door for researchers, scientists or people to comprehend from related lockdown exercises on the most proficient method to limit the focus level of air toxins on a longterm premise. Since Covid19 pandemic still happening right and still long way from being done, definite ends couldn’t be drawn. The constraint of traffic and the conclusion of central mechanical units has brought about noticeable huge decreases in outflows of an assortment of gases identified with vitality and transport (31-32).

Focussing on Hubei, revealing firms fell more after Lunar New Year contrasted with different areas. The quantity of Hubei firms announcing persistently over this period is just in the low 20s. These admonitions aside, apparently while NOx in these enormous Hubei firms fell, SO2 focuses didn’t diminish (33). Substantial reduction in the emission of atmospheric pollutants because of mCO reflecting high fossil fuel consumption because of lifestyles in developed countries (34).

The coronavirus pandemic and air quality are related, as an isolated, remain at home requests, and light traffic has prompted better outside air quality around globe. Improved air quality may help not only decrease disease danger, but also increment to populace's overall well-being and insusceptible frameworks. Additionally, cooking and cleaning home because of shut reductions the indoor air quality. Coronavirus public messages ought to incorporate indoor air quality administration, for example, consistently opening windows to improve ventilation (35). In conclusion, Therefore, the interaction between weather conditions and human behaviour can be a confounder of the real relationship between environmental conditions and virus propagation (36).

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**CONCLUSION**

Current studies concludes Covid19 pandemic and gas emission and air quality are related, because movement control order have affected to better outdoor air quality in many countries. The positive is improved outdoor air quality. But the negative is, increased emissions from household activities. Better quality of air may help weaken the hiding respiratory system disorders and infections and also strengthen immune system. Further research would be needed to better evaluate the role of quarantine, stay home orders, and light traffic in improving air quality. The recommendation is to maintain air quality by making reduction of unnecessary activities that make air quality worse. How Covid19 happened, the MCO has helped nature to raise back.

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