Abstract

Stochastic gradient descent (SGD) is a simple and popular method to solve stochastic optimization problems which arise in machine learning. For strongly convex problems, its convergence rate was known to be $O(\log(T)/T)$, by running SGD for $T$ iterations and returning the average point. However, recent results showed that using a different algorithm, one can get an optimal $O(1/T)$ rate. This might lead one to believe that standard SGD is suboptimal, and maybe should even be replaced as a method of choice. In this paper, we investigate the optimality of SGD in a stochastic setting. We show that for smooth problems, the algorithm attains the optimal $O(1/T)$ rate. However, for non-smooth problems, the convergence rate with averaging might really be $\Omega(\log(T)/T)$, and this is not just an artifact of the analysis. On the flip side, we show that a simple modification of the averaging step suffices to recover the $O(1/T)$ rate, and no other change of the algorithm is necessary. We also present experimental results which support our findings, and point out open problems.

1. Introduction

Stochastic gradient descent (SGD) is one of the simplest and most popular first-order methods to solve convex learning problems. Given a convex loss function and a training set of $T$ examples, SGD can be used to obtain a sequence of $T$ predictors, whose average has a generalization error which converges (with $T$) to the optimal one in the class of predictors we consider. The common framework to analyze such first-order algorithms is via stochastic optimization, where our goal is to optimize an unknown convex function $F$, given only unbiased estimates of $F$'s subgradients (see Sec. 2 for a more precise definition).

An important special case is when $F$ is strongly convex (intuitively, can be lower bounded by a quadratic function). Such functions arise, for instance, in Support Vector Machines and other regularized learning algorithms. For such problems, there is a well-known $O(\log(T)/T)$ convergence guarantee for SGD with averaging. This rate is obtained using the analysis of the algorithm in the harder setting of online learning (Hazan et al. 2007), combined with an online-to-batch conversion (see (Hazan & Kale, 2011) for more details).

Surprisingly, a recent paper by Hazan and Kale (Hazan & Kale 2011) showed that in fact, an $O(\log(T)/T)$ is not the best that one can achieve for strongly convex stochastic problems. In particular, an optimal $O(1/T)$ rate can be obtained using a different algorithm, which is somewhat similar to SGD but is more complex (although with comparable computational complexity). A very similar algorithm was also presented recently by Juditsky and Nesterov (Juditsky & Nesterov 2010).

Roughly speaking, the algorithm divides the $T$ iterations into exponentially increasing epochs, and runs stochastic gradient descent with averaging on each one. The resulting point of each epoch is used as the starting point of the next epoch. The algorithm returns the resulting point of the last epoch.
These results left an important gap: Namely, whether the true convergence rate of SGD, possibly with some sort of averaging, might also be $O(1/T)$, and the known $O(\log(T)/T)$ result is just an artifact of the analysis. Indeed, the whole motivation of (Hazan \& Kale, 2011) was that the standard online analysis is too loose to analyze the stochastic setting properly. Perhaps a similar looseness applies to the analysis of SGD as well? This question has immediate practical relevance: if the new algorithms enjoy a better rate than SGD, it might indicate they will work better in practice, and that practitioners should abandon SGD in favor of them.

In this paper, we study the convergence rate of SGD for stochastic strongly convex problems, with the following contributions:

- First, we extend known results to show that if $F$ is not only strongly convex, but also smooth (with respect to the optimum), then SGD with and without averaging achieves the optimal $O(1/T)$ convergence rate.

- We then show that for non-smooth $F$, there are cases where the convergence rate of SGD with averaging is $\Omega(\log(T)/T)$. In other words, the $O(\log(T)/T)$ bound for general strongly convex problems is real, and not just an artifact of the currently-known analysis.

- However, we show that one can recover the optimal $O(1/T)$ convergence rate (in expectation and in high probability) by a simple modification of the averaging step: Instead of averaging of $T$ points, we only average the last $\alpha T$ points, where $\alpha \in (0, 1)$ is arbitrary. Thus, to obtain an optimal rate, one does not need to use an algorithm significantly different than SGD, such as those discussed earlier.

- We perform an empirical study on both artificial and real-world data, which supports our findings.

Moreover, our rate upper bounds are shown to hold in expectation, as well as in high probability (up to a $\log(\log(T))$ factor). While the focus here is on getting the optimal rate in terms of $T$, we note that our upper bounds are also optimal in terms of other standard problem parameters, such as the strong convexity parameter and the variance of the stochastic gradients.

Following the paradigm of (Hazan \& Kale, 2011), we analyze the algorithm directly in the stochastic setting, and avoid an online analysis with an online-to-batch conversion. This also allows us to prove results which are more general. In particular, the standard online analysis of SGD requires the step size of the algorithm at round $t$ to equal $1/\lambda t$, where $\lambda$ is the strong convexity parameter of $F$. In contrast, our analysis copes with any step size $c/\lambda t$, as long as $c$ is not too small.

In terms of related work, we note that the performance of SGD in a stochastic setting has been extensively researched in stochastic approximation theory (see for instance (Kushner \& Yin, 2003)). However, these results are usually obtained under smoothness assumptions, and are often asymptotic, so we do not get an explicit bound in terms of $T$ which applies to our setting. We also note that a finite-sample analysis of SGD in the stochastic setting was recently presented in (Bach \& Moulines, 2011). However, the focus there was different than ours, and also obtained bounds which hold only in expectation rather than in high probability. More importantly, the analysis was carried out under stronger smoothness assumptions than our analysis, and to the best of our understanding, does not apply to general, possibly non-smooth, strongly convex stochastic optimization problems. For example, smoothness assumptions may not cover the application of SGD to support vector machines (as in (Shalev-Shwartz et al., 2011)), since it uses a non-smooth loss function, and thus the underlying function $F$ we are trying to stochastically optimize may not be smooth.

2. Preliminaries

We use bold-face letters to denote vectors. Given some vector $w$, we use $w_i$ to denote its $i$-th coordinate. Similarly, given some indexed vector $w_t$, we let $w_{t,i}$ denote its $i$-th coordinate. We let $1_A$ denote the indicator function for some event $A$.

We consider the standard setting of convex stochastic optimization, using first-order methods. Our goal is to minimize a convex function $F$ over some convex domain $W$ (which is assumed to be a subset of some Hilbert space). However, we do not know $F$, and the only information available is through a stochastic gradient oracle, which given some $w \in W$, produces a vector $\hat{g}$, whose expectation $E[\hat{g}] = g$ is a subgradient of $F$ at $w$. Using a bounded number $T$ of calls to this oracle, we wish to find a point $w_T$ such that $F(w_T)$ is as small as possible. In particular, we will assume that $F$ attains a minimum at some $w^* \in W$, and our analysis provides bounds on $F(w_T) - F(w^*)$ either in expectation or in high probability (the high probability results are stronger, but require more effort and have slightly worse dependence on some problem parameters). The application of this framework to learning is straightforward (see for instance (Shalev-Shwartz et al., 2009)).
given a hypothesis class \( W \) and a set of \( T \) i.i.d. examples, we wish to find a predictor \( w \) whose expected loss \( F(w) \) is close to optimal over \( W \). Since the examples are chosen i.i.d., the subgradient of the loss function with respect to any individual example can be shown to be an unbiased estimate of a subgradient of \( F \).

We will focus on an important special case of the problem, characterized by \( F \) being a strongly convex function. Formally, we say that a function \( F \) is \( \lambda \)-strongly convex, if for all \( w, w' \in W \) and any subgradient \( g \) of \( F \) at \( w \),

\[
F(w') \geq F(w) + \langle g, w' - w \rangle + \frac{\lambda}{2} \| w' - w \|^2. \tag{1}
\]

Another possible property of \( F \) we will consider is smoothness, at least with respect to the optimum \( w^* \). Formally, a function \( F \) is \( \mu \)-smooth with respect to \( w^* \) if for all \( w \in W \),

\[
F(w) - F(w^*) \leq \frac{\mu}{2} \| w - w^* \|^2. \tag{2}
\]

Such functions arise, for instance, in logistic and least-squares regression, and in general for learning linear predictors where the loss function has a Lipschitz-continuous gradient.

The algorithm we focus on is stochastic gradient descent (SGD). The SGD algorithm is parameterized by step sizes \( \eta_1, \ldots, \eta_T \), and is defined as follows:

1. Initialize \( w_1 \in W \) arbitrarily (or randomly)
2. For \( t = 1, \ldots, T \):
   - Query the stochastic gradient oracle at \( w_t \) to get a random \( \tilde{g}_t \) such that \( \mathbb{E}[\tilde{g}_t] = g_t \) is a subgradient of \( F \) at \( w_t \).
   - Let \( w_{t+1} = \Pi_W(w_t - \eta_t \tilde{g}_t) \), where \( \Pi_W \) is the projection operator on \( W \).

This algorithm returns a sequence of points \( w_1, \ldots, w_T \). To obtain a single point, one can use several strategies. Perhaps the simplest one is to return the last point, \( w_{T+1} \). Another procedure, for which the standard online analysis of SGD applies [Hazan et al., 2007], is to return the average point

\[
\bar{w}_T = \frac{1}{T} (w_1 + \ldots + w_T).
\]

For stochastic optimization of \( \lambda \)-strongly functions, the standard analysis (through online learning) focuses on the step size \( \eta_t \) being exactly \( 1/\lambda t \) [Hazan et al., 2007]. Our analysis will consider more general step-sizes \( c/\lambda t \), where \( c \) is a constant. We note that a step size of \( \Theta(1/t) \) is necessary for the algorithm to obtain an optimal convergence rate (see Appendix A).

In general, we will assume that regardless of how \( w_1 \) is initialized, it holds that \( \mathbb{E}[\|g_t\|^2] \leq G^2 \) for some fixed constant \( G \). Note that this is a somewhat weaker assumption than [Hazan & Kale, 2011], which required that \( \|g_t\|^2 \leq G^2 \) with probability \( 1 \), since we focus only on bounds which hold in expectation. These types of assumptions are common in the literature, and are generally implied by taking \( W \) to be a bounded domain, or alternatively, assuming that \( w_1 \) is initialized not too far from \( w^* \) and \( F \) satisfies certain technical conditions (see for instance the proof of Theorem 1 in [Shalev-Shwartz et al., 2011]).

Full proofs of our results are provided in Appendix B.

3. Smooth Functions

We begin by considering the case where the expected function \( F(\cdot) \) is both strongly convex and smooth with respect to \( w^* \). Our starting point is to show a \( O(1/T) \) for the last point obtained by SGD. This result is well known in the literature (see for instance [Nemirovski et al., 2009]) and we include a proof for completeness. Later on, we will show how to extend it to a high-probability bound.

**Theorem 1.** Suppose \( F \) is \( \lambda \)-strongly convex and \( \mu \)-smooth with respect to \( w^* \) over a convex set \( W \), and that \( \mathbb{E}[\|g_t\|^2] \leq G^2 \). Then if we pick \( \eta_t = c/\lambda t \) for some constant \( c > 1/2 \), it holds for any \( T \) that

\[
\mathbb{E}[F(w_T) - F(w^*)] \leq \frac{\mu G^2}{2} \lambda^2 T.
\]

The theorem is an immediate corollary of the following key lemma, and the definition of \( \mu \)-smoothness with respect to \( w^* \).

**Lemma 1.** Suppose \( F \) is \( \lambda \)-strongly convex over a convex set \( W \), and that \( \mathbb{E}[\|g_t\|^2] \leq G^2 \). Then if we pick \( \eta_t = c/\lambda t \) for some constant \( c > 1/2 \), it holds for any \( T \) that

\[
\mathbb{E}[\|w_T - w^*\|^2] \leq \max \left\{ 4 \cdot \frac{c}{2 - 1/c}, G^2 \lambda^2 T \right\}.
\]

We now turn to discuss the behavior of the average point \( \bar{w}_T = (w_1 + \ldots + w_T)/T \), and show that for smooth \( F \), it also enjoys an optimal \( O(1/T) \) convergence rate (with even better dependence on \( c \)).

**Theorem 2.** Suppose \( F \) is \( \lambda \)-strongly convex and \( \mu \)-smooth with respect to \( w^* \) over a convex set \( W \), and that \( \mathbb{E}[\|g_t\|^2] \leq G^2 \). Then if we pick \( \eta_t = c/\lambda t \) for
some constant \( c > 1/2 \), \( \mathbb{E}[F(\bar{w}_T) - F(w^*)] \) is at most
\[
2 \max \left\{ \frac{\mu G^2}{\lambda^2}, \frac{4\mu G}{\lambda}, \frac{\mu G}{\lambda} \sqrt{\frac{4c}{2 - 1/c}} \right\} \frac{1}{T}.
\]

A rough proof intuition is the following: Lemma 1 implies that the Euclidean distance of \( w_t \) from \( w^* \) is on the order of \( 1/\sqrt{T} \), so the squared distance of \( \bar{w}_T \) from \( w^* \) is on the order of \((1/T) \sum_{t=1}^{T} 1/\sqrt{T})^2 \approx 1/T\), and the rest follows from smoothness.

### 4. Non-Smooth Functions

We now turn to the discuss the more general case where the function \( F \) may not be smooth (i.e. there is no constant \( \mu \) which satisfies Eq. (2) uniformly for all \( w \in \mathcal{W} \)). In the context of learning, this may happen when we try to learn a predictor with respect to a non-smooth loss function, such as the hinge loss.

As discussed earlier, SGD with averaging is known to have a rate of at most \( O(\log(T)/T) \). In the previous section, we saw that for smooth \( F \), the rate is actually \( O(1/T) \). Moreover, (Hazan & Kale 2011) showed that for using a different algorithm than SGD, one can obtain a rate of \( O(1/T) \) even in the non-smooth case. This might lead us to believe that an \( O(1/T) \) rate for SGD is possible in the non-smooth case, and that the \( O(\log(T)/T) \) analysis is simply not tight.

However, the intuition turns out to be wrong. Below, we show that there are strongly convex stochastic optimization problems in Euclidean space, in which the convergence rate of SGD with averaging is lower bounded by \( \Omega(\log(T)/T) \). Thus, the logarithm in the bound is not merely a shortcoming in the standard online analysis of SGD, but is really a property of the algorithm.

We begin with the following relatively simple example, which shows the essence of the idea. Let \( F \) be the 1-strongly convex function
\[
F(w) = \frac{1}{2} \|w\|^2 + w_1,
\]
over the domain \( \mathcal{W} = [0,1]^d \), which has a global minimum at \( \mathbf{0} \). Suppose the stochastic gradient oracle, given a point \( w_t \), returns the gradient estimate \( \mathbf{g}_t = w_t + (Z_t,0,\ldots,0) \), where \( Z_t \) is uniformly distributed over \([-1,3]\). It is easily verified that \( \mathbb{E}[\mathbf{g}_t] \) is a subgradient of \( F(w_t) \), and that \( \mathbb{E}[\|\mathbf{g}_t\|^2] \leq d + 5 \) which is a bounded quantity for fixed \( d \).

The following theorem implies in this case, the convergence rate of SGD with averaging has a \( \Omega(\log(T)/T) \) lower bound. The intuition for this is that the global optimum lies at a corner of \( \mathcal{W} \), so SGD “approaches” it only from one direction. As a result, averaging the points returned by SGD actually hurts us.

**Theorem 3.** Consider the strongly convex stochastic optimization problem presented above. If SGD is initialized at any point in \( \mathcal{W} \), and ran with \( \eta_t = c/t \), then for any \( T \geq T_0 + 1 \), where \( T_0 = \max\{2,c/2\} \), we have
\[
\mathbb{E}[F(\bar{w}_T) - F(w^*)] \geq \frac{c}{16T} \sum_{t=T_0+2}^{T} \left( \frac{1}{t} \right) - T_0 \frac{1}{T}.
\]

When \( c \) is considered a constant, this lower bound is \( \Omega(\log(T)/T) \).

While the lower bound scales with \( c \), we remind the reader that one must pick \( \eta_t = c/t \) with constant \( c \) for an optimal convergence rate in general (see discussion in Sec. 2).

This example is relatively straightforward but not fully satisfying, since it crucially relies on the fact that \( w^* \) is on the border of \( \mathcal{W} \). In strongly convex problems, \( w^* \) usually lies in the interior of \( \mathcal{W} \), so perhaps the \( \Omega(\log(T)/T) \) lower bound does not hold in such cases. Our main result, presented below, shows that this is not the case, and that even if \( w^* \) is well inside the interior of \( \mathcal{W} \), an \( \Omega(\log(T)/T) \) rate for SGD with averaging can be unavoidable. The intuition is that we construct a non-smooth \( F \), which forces \( \mathbf{w}_t \) to approach the optimum from just one direction, creating the same effect as in the previous example.

In particular, let \( F \) be the 1-strongly convex function
\[
F(w) = \frac{1}{2} \|w\|^2 + \begin{cases} w_1 & w_1 \geq 0 \\ -7w_1 & w_1 < 0 \end{cases}.
\]

over the domain \( \mathcal{W} = [-1,1]^d \), which has a global minimum at \( \mathbf{0} \). Suppose the stochastic gradient oracle, given a point \( w_t \), returns the gradient estimate
\[
\mathbf{g}_t = w_t + \begin{cases} (Z_t,0,\ldots,0) & w_1 \geq 0 \\ (-7,0,\ldots,0) & w_1 < 0 \end{cases}
\]
where \( Z_t \) is a random variable uniformly distributed over \([-1,3]\). It is easily verified that \( \mathbb{E}[\mathbf{g}_t] \) is a subgradient of \( F(w_t) \), and that \( \mathbb{E}[\|\mathbf{g}_t\|^2] \leq d + 63 \) which is a bounded quantity for fixed \( d \).

**Theorem 4.** Consider the strongly convex stochastic optimization problem presented above. If SGD is initialized at any point \( w_1 \) with \( w_{1,1} \geq 0 \), and ran with \( \eta_t = c/t \), then for any \( T \geq T_0 + 2 \), where \( T_0 = \max\{2,6c+1\} \), we have
\[
\mathbb{E}[F(\bar{w}_T) - F(w^*)] \geq \frac{3c}{16T} \sum_{t=T_0+2}^{T} \left( \frac{1}{t} \right) - T_0 \frac{1}{T}.
\]
When \( c \) is considered a constant, this lower bound is \( \Omega(\log(T)/T) \).

We note that the requirement of \( w_{1,1} \geq 0 \) is just for convenience, and the analysis also carries through, with some second-order factors, if we let \( w_{1,1} < 0 \).

5. Recovering an \( \mathcal{O}(1/T) \) Rate for SGD with \( \alpha \)-Suffix Averaging

In the previous section, we showed that SGD with averaging may have a rate of \( \Omega(\log(T)/T) \) for non-smooth \( F \). To get the optimal \( \mathcal{O}(1/T) \) rate for any \( F \), we might turn to the algorithms of (Hazan & Kale, 2011) and (Juditsky & Nesterov, 2010). However, these algorithms constitute a significant departure from standard SGD. In this section, we show that it is actually possible to get an \( \mathcal{O}(1/T) \) rate using a much simpler modification of the algorithm: given the sequence of points \( w_1, \ldots, w_T \) provided by SGD, instead of returning the average \( w_T = (w_1 + \ldots + w_T)/T \); we average and return just a suffix, namely

\[
\bar{w}_T^\alpha = \frac{w_{(1-\alpha)T+1} + \ldots + w_T}{\alpha T},
\]

for some constant \( \alpha \in (0, 1) \) (assuming \( \alpha T \) and \( (1-\alpha)T \) are integers). We call this procedure \( \alpha \)-suffix averaging.

**Theorem 5.** Consider SGD with \( \alpha \)-suffix averaging as described above, and with step sizes \( \eta_t = c/\lambda t \) where \( c > 1/2 \) is a constant. Suppose \( F \) is \( \lambda \)-strongly convex, and that \( \mathbb{E}[\|g_t\|^2] \leq G \) for all \( t \). Then for any \( T \), it holds that

\[
\mathbb{E}[F(\bar{w}_T^\alpha) - F(w^*)] \leq \frac{\left(\frac{c'}{c} + \frac{\xi}{2} + \frac{c'}{c} \log \left(\frac{1}{1-\alpha}\right)\right) G^2}{\alpha T},
\]

where \( c' = \max \left\{ \frac{2}{c}, \frac{1}{2-2c} \right\} \).

Note that for any constant \( \alpha \in (0, 1) \), the bound above is \( \mathcal{O}(G^2/\lambda T) \). This applies to any relevant step size \( c/\lambda t \), and matches the optimal guarantees in (Hazan & Kale, 2011) up to constant factors. However, this is shown for standard SGD, as opposed to the more specialized algorithm of (Hazan & Kale, 2011). Finally, we note that it might be tempting to use Thm. 5 as a guide to choose the averaging window, by optimizing the bound for \( \alpha \) (for instance, for \( c = 1 \), the optimum is achieved around \( \alpha \approx 0.65 \)). However, we note that the optimal value of \( \alpha \) is dependent on the constants in the bound, which may not be the tightest or most “correct” ones.

**Proof Sketch.** The proof combines the analysis of online gradient descent (Hazan et al., 2007) and Lemma 1. In particular, starting as in the proof of Lemma 1 and extracting the inner products, we get

\[
\sum_{t=(1-\alpha)T+1}^{T} \mathbb{E}[\langle g_t, w_t - w^* \rangle] \leq \sum_{t=(1-\alpha)T+1}^{T} \frac{\eta_t G^2}{2} + \sum_{t=(1-\alpha)T+1}^{T} \left( \frac{\mathbb{E}[\|w_t - w^*\|^2]}{2\eta_t} - \frac{\mathbb{E}[\|w_{t+1} - w^*\|^2]}{2\eta_t} \right).
\]

Rearranging the r.h.s., and using the convexity of \( F \) to relate the l.h.s. to \( \mathbb{E}[F(\bar{w}_T^\alpha) - F(w^*)] \), we get a convergence upper bound of

\[
\frac{1}{2\alpha T} \left( \frac{\mathbb{E}[\|w_{(1-\alpha)T+1} - w^*\|^2]}{\eta(1-\alpha)T+1} + G^2 \right) + \sum_{t=(1-\alpha)T+1}^{T} \frac{\mathbb{E}[\|w_t - w^*\|^2]}{\eta_t} \left( \frac{1}{\eta_t} - \frac{1}{\eta_{t-1}} \right).
\]

Lemma 1 tells us that with any strongly convex \( F \), even non-smooth, we have \( \mathbb{E}[\|w_t - w^*\|^2] \leq \mathcal{O}(1/t) \). Plugging this in and performing a few more manipulations, the result follows.

One potential disadvantage of suffix averaging is that if we cannot store all the iterates \( w_t \) in memory, then we need to know from which iterate \( \alpha T \) to start computing the suffix average (in contrast, standard averaging can be computed “on-the-fly” without knowing the stopping time \( T \) in advance). However, even if \( T \) is not known, this can be easily addressed in several ways. For example, since our results are robust to the value of \( \alpha \), it is really enough to guess when we passed some “constant” portion of all iterates. Alternatively, one can divide the rounds into exponentially increasing epochs, and maintain the average just of the current epoch. Such an average would always correspond to a constant-portion suffix of all iterates.

6. High-Probability Bounds

All our previous bounds were on the expected suboptimality \( \mathbb{E}[F(w) - F(w^*)] \) of an appropriate predictor \( w \). We now outline how these results can be strengthened to bounds on \( F(w_t) - F(w^*) \) which hold with arbitrarily high probability \( 1 - \delta \), with the bound depending logarithmically on \( \delta \). They are slightly worse than our in-expectation bounds by having worse dependence on the step size parameter \( c \) and an additional \( \log(\log(T)) \) factor (interestingly, a similar factor also appears in the analysis of (Hazan & Kale, 2011), and we do not
know if it is necessary). The key result is the following strengthening of Lemma 1 under slightly stronger technical conditions.

**Lemma 2.** Let \( \delta \in (0, 1/e) \) and \( T \geq 4 \). Suppose \( F \) is \( \lambda \)-strongly convex over a convex set \( \mathcal{W} \), and that \( \|\hat{g}_t\|^2 \leq G^2 \) with probability 1. Then if we pick \( y_t = c/\lambda t \) for some constant \( c > 1/2 \), such that \( 2c \) is a whole number, it holds with probability at least \( 1 - \delta \) that for any \( t \in \{4c^2 + 4c, \ldots, T - 1, T\} \) that

\[
\|w_t - w^*\|^2 \leq \frac{12c^2 G^2}{\lambda^2 t} + 8(121G + 1)G^2 \frac{\lambda \log(\log(t)/\delta)}{\lambda t}.
\]

We note that the assumptions on \( 2c \) and \( t \) are only for simplifying the result. To obtain high probability versions of Thm. 1, Thm. 2 and Thm. 3 we simply need to plug in this lemma in lieu of Lemma 1 in their proofs. This leads overall to rates of the form \( O(\log(\log(T)/\delta)/T) \) which hold with probability \( 1 - \delta \).

## 7. Experiments

We now turn to empirically study how the algorithms behave, and compare it to our theoretical findings.

We studied the following four algorithms:

1. **Sgd-A:** Performing SGD and then returning the average point over all \( T \) rounds.
2. **Sgd-α:** Performing SGD with \( \alpha \)-suffix averaging.
   We chose \( \alpha = 1/2 \) - namely, we return the average point over the last \( T/2 \) rounds.
3. **Sgd-L:** Performing SGD and returning the point obtained in the last round.
4. **EPOCH-GD:** The optimal algorithm of (Hazan & Kale, 2011) for strongly convex stochastic optimization.

First, as a simple sanity check, we measured the performance of these algorithms on a simple, strongly convex stochastic optimization problem, which is also smooth. We define \( \mathcal{W} = [-1, 1]^5 \), and \( F(w) = \|w\|^2 \). The stochastic gradient oracle, given a point \( w \), returns the stochastic gradient \( w + z \) where \( z \) is uniformly distributed in \([-1, 1]^5\). Clearly, this is an unbiased estimate of the gradient of \( F \) at \( w \). The initial point \( w_1 \) of all 4 algorithms was chosen uniformly at random from \( \mathcal{W} \). The results are presented in Fig. 1 and it is clear that all 4 algorithms indeed achieve a \( \Theta(1/T) \) rate, matching our theoretical analysis (Thm. 1, Thm. 2 and Thm. 3). The results also seem to indicate that Sgd-A has a somewhat worse performance in terms of leading constants.

Second, as another simple experiment, we measured the performance of the algorithms on the non-smooth, strongly convex problem described in the proof of Thm. 4. In particular, we simulated this problem with \( d = 5 \), and picked \( w_1 \) uniformly at random from \( \mathcal{W} \). The results are presented in Fig. 2. As our theory indicates, Sgd-A seems to have an \( \Theta(\log(T)/T) \) convergence rate, whereas the other 3 algorithms all seem to have the optimal \( \Theta(1/T) \) convergence rate. Among these algorithms, the SGD variants Sgd-L and Sgd-α seem to perform somewhat better than EPOCH-GD. Also, while the average performance of Sgd-L and Sgd-α are similar, Sgd-α has less variance. This is reasonable, considering the fact that Sgd-α returns an average of many points, whereas Sgd-L return only the very last point.

Finally, we performed a set of experiments on real-world data. We used the same 3 binary classification datasets (ccat, cov1 and astro-ph) used by (Shalev-Shwartz et al., 2011) and (Joachims, 2006), to test the performance of optimization algorithms for Support Vector Machines using linear kernels. Each of these datasets is composed of a training set and a test set. Given a training set of instance-label pairs, \( \{x_i, y_i\}_{i=1}^m \), we defined \( F \) to be the standard (non-smooth) objective function of Support Vector Machines, namely

\[
F(w) = \frac{\lambda}{2}\|w\|^2 + \frac{1}{m} \sum_{i=1}^m \max\{0, 1 - y_i\langle x_i, w\rangle\}.
\]

Following (Shalev-Shwartz et al., 2011) and (Joachims, 2006), we took \( \lambda = 10^{-4} \) for ccat, \( \lambda = 10^{-6} \) for cov1, and \( \lambda = 5 \times 10^{-5} \) for astro-ph. The stochastic gra-
Making Gradient Descent Optimal for Strongly Convex Stochastic Optimization

Figure 2. Results for the non-smooth strongly convex stochastic optimization problem. The experiment was repeated 10 times, and we report the mean and standard deviation for each choice of $T$. The X-axis is the log-number of rounds $\log(T)$, and the Y-axis is $(F(w_T) - F(w^*)) \cdot T$. The scaling by $T$ means that a roughly constant graph corresponds to a $\Theta(1/T)$ rate, whereas a linearly increasing graph corresponds to a $\Theta(\log(T)/T)$ rate.

The gradient given $w_t$ was computed by taking a single randomly drawn training example $(x_i, y_i)$, and computing the gradient with respect to that example, namely

$$\hat{g}_t = \lambda w_t - 1_{y_i(x_i, w_t) \leq 1} y_i x_i.$$  

Each dataset comes with a separate test set, and we also report the objective function value with respect to that set (as in Eq. 4, this time with $\{x_i, y_i\}$ representing the test set examples). All algorithms were initialized at $w_1 = 0$, with $W = \mathbb{R}^d$ (i.e. no projections were performed - see the discussion in Sec. 2).

The results of the experiments are presented in Fig. 3, Fig. 4 and Fig. 5. In all experiments, SGD-A performed the worst. The other 3 algorithms performed rather similarly, with SGD-$\alpha$ being slightly better on the COV1 dataset, and SGD-L being slightly better on the other 2 datasets.

In summary, our experiments indicate the following:

- SGD-A, which averages over all $T$ predictors, is worse than the other approaches. This accords with our theory, as well as the results reported in (Shalev-Shwartz et al. 2011).

- The EPOCH-Gd algorithm does have better performance than SGD-A, but a similar or better performance was obtained using the simpler approaches of $\alpha$-suffix averaging (SGD-$\alpha$) or even just returning the last predictor (SGD-L). The good performance of SGD-$\alpha$ is supported by our theoretical results, and so does the performance of SGD-L in the strongly convex and smooth case.

Figure 3. Results for the astro-ph dataset. The left row refers to the average loss on the training data, and the right row refers to the average loss on the test data. Each experiment was repeated 10 times, and we report the mean and standard deviation for each choice of $T$. The X-axis is the log-number of rounds $\log(T)$, and the Y-axis is the log of the objective function $\log(F(w_T))$.

Figure 4. Results for the ccat dataset. See Fig. 3 caption for details.
• SGD-L also performed rather well (with what seems like a $\Theta(1/T)$ rate) on the non-smooth problem reported in Fig. 2 although with a larger variance than SGD-\alpha. Our current theory does not cover the convergence of the last predictor in non-smooth problems - see the discussion below.

8. Discussion

In this paper, we analyzed the behavior of SGD for strongly convex stochastic optimization problems. We demonstrated that this simple and well-known algorithm performs optimally whenever the underlying function is smooth, but the standard averaging step can make it suboptimal for non-smooth problems. However, a simple modification of the averaging step suffices to recover the optimal rate, and a more sophisticated algorithm is not necessary. Our experiments seem to support this conclusion.

There are several open issues remaining. In particular, the $O(1/T)$ rate in the non-smooth case still requires some sort of averaging. However, in our experiments and other studies (e.g., Shalev-Shwartz et al., 2011), returning the last iterate $w_T$ also seems to perform quite well. Our current theory does not cover this - at best, one can use Lemma 1 and Jensen's inequality to argue that the last iterate has an $O(1/\sqrt{T})$ rate, but the behavior in practice is clearly much better. Does SGD, \textbf{without} averaging, obtain an $O(1/T)$ rate for general strongly convex problems? Also, a fuller empirical study is warranted of whether and which averaging scheme is best in practice.

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Shalev-Shwartz, S., Singer, Y., Srebro, N., and Cotter, A. Pegasos: primal estimated sub-gradient solver for svm. \textit{Mathematical Programming}, 127(1):3–30, 2011.
A. Justifying $\eta_t = \Theta(1/t)$ Step-Sizes

In this appendix, we justify our focus on the step-size regime $\eta_t = \Theta(1/t)$, by showing that for other step sizes, one cannot hope for an optimal convergence rate in general.

Let us begin by considering the scalar, strongly convex function $F(w) = \frac{1}{2}w^2$, in the deterministic case where $g_t = g_t = \nabla F(w_t) = w_t$ with probability 1, and show that $\eta_t$ cannot be smaller than $\Omega(1/t)$. Intuitively, such small step sizes do not allow the iterates $w_t$ to move towards the optimum sufficiently fast.

More formally, starting from (say) $w_1 = 1$ and using the recursive equality $w_{t+1} = w_t - \eta_t \hat{g}_t$, we immediately get $w_T = \prod_{t=1}^{T-1} (1 - \eta_t)$. Thus, if we want to obtain a $O(1/T)$ convergence rate using the iterates returned by the algorithm, we must at least require that

$$
\prod_{t=1}^{T-1} (1 - \eta_t) \leq O(1/T).
$$

This is equivalent to requiring that

$$
- \sum_{t=1}^{T-1} \log(1 - \eta_t) \geq \Omega(\log(T)).
$$

For large enough $t$ and small enough $\eta_t$, $\log(1 - \eta_t) \approx -\eta_t$, and we get that $\sum_{t=1}^{T} \eta_t$ must scale at least logarithmically with $T$. This requires $\eta_t \geq \Omega(1/t)$.

To show that $\eta_t$ cannot be larger than $\Theta(1/t)$, one can consider the function $F(w) = \frac{1}{2}w^2 + w$ over the domain $W = [0, 1]$ - this is a one-dimensional special case of the example considered in Thm. 3. Intuitively, with an appropriate stochastic gradient model, the random fluctuations in $F(w_{t+1})$ (conditioned on $w_1, \ldots, w_t$) are of order $\eta_t$, so we need $\eta_t = O(1/t)$ to get optimal rates. In particular, in the proof of Thm. 3, we show that for an appropriate stochastic gradient model, $\mathbb{E}[F(w_t)] \geq \mathbb{E}[w_t] - \eta_t/16$ (see Eq. (8)). A similar lower bound can also be shown for the unconstrained setting considered in Thm. 4.

B. Proofs

B.1. Some Technical Results

In this subsection we collect some technical Results we will need for the other proofs.

**Lemma 3.** Let $a > 1$, $b \geq 0$ and $x_1 \in [0, D]$ be arbitrary constants. Let $x_2, x_3, \ldots$ be a non-negative sequence which satisfies

$$
x_{t+1} \leq \left(1 - \frac{a}{t}\right) x_t + \frac{b}{t^2}.
$$

Then for all $t$,

$$
x_t \leq \frac{\max(D, b/(a - 1))}{t}.
$$

**Proof.** Let $m = \max(D, b/(a - 1))$. The proof is by simple induction. The assertion clearly holds for $t = 1$. Now, suppose that $x_t \leq \frac{m}{t}$. Then it suffices to show that

$$
\left(1 - \frac{a}{t}\right) \frac{m}{t} + \frac{b}{t^2} \leq \frac{m}{t+1}.
$$

This can be simplified to

$$
b(t+1) \leq m((a-1)t + a).
$$

which clearly holds as $m \geq b/(a - 1)$.

**Lemma 4.** Let $b \geq 0$, $c \geq 0$ and $x_1 \in [0, D]$ be arbitrary constants. Let $x_2, x_3, \ldots$ be a non-negative sequence which satisfies

$$
x_{t+1} \leq \left(\frac{t}{t+1}\right)^2 x_t + \frac{b}{(t+1)^{3/2}} \sqrt{x_t} + \frac{c}{(t+1)^3},
$$

where
then for all \( t \),

\[
x_t \leq \frac{\max\{D, b\sqrt{2} + \sqrt{c/2}\}}{t}.
\]

**Proof.** Let \( m = \max\{D, b\sqrt{2} + \sqrt{c/2}\} \). As in the previous lemma, the proof is by induction. The assertion clearly holds for \( t = 1 \). Now, suppose that \( x_t \leq \frac{m}{t} \). Then it suffices to show that

\[
\left(\frac{t}{t+1}\right)^2 \frac{m}{t} + \frac{b}{(t+1)^{3/2}} \sqrt{\frac{m}{t}} + \frac{c}{(t+1)^3} \leq m.
\]

This can be simplified to

\[
(t+1)m - b(t+1) \sqrt{\frac{t}{t+1}} \sqrt{m} - c \geq 0.
\]

By solving the quadratic inequality, we get that this holds whenever

\[
m \geq \frac{b}{2} \sqrt{\frac{t+1}{t}} + \frac{1}{2} \sqrt{b^2 t + \frac{1}{t} + \frac{4c}{t+1}}.
\]

To ensure this holds for all \( t \), it suffices to verify for the value of \( t \) maximizing the right hand side, namely \( t = 1 \):

\[
m \geq \frac{b}{2} \sqrt{2} + \frac{1}{2} \sqrt{2b^2 + 2c},
\]

which follows immediately from the definition of \( m \). \( \square \)

**Lemma 5.** If \( \mathbb{E}[\|g_1\|^2] \leq G^2 \), then

\[
\mathbb{E}[\|w_1 - w^*\|^2] \leq \frac{4G^2}{\lambda^2}.
\]

**Proof.** Intuitively, the lemma holds because the strong convexity of \( F \) implies that the expected value of \( \|g_1\|^2 \) must strictly increase as we get farther from \( w^* \). More precisely, strong convexity implies that for any \( w_1 \),

\[
\langle g_1, w_1 - w^* \rangle \geq \frac{\lambda}{2} \|w_1 - w^*\|^2
\]

so by the Cauchy-Schwartz inequality,

\[
\|g_1\|^2 \geq \frac{\lambda^2}{4} \|w_1 - w^*\|^2.
\]

Also, we have that whether \( g_1 \) is random or not (depending on whether \( w_1 \) is chosen arbitrarily or randomly),

\[
\mathbb{E}[\|g_1\|^2] = \mathbb{E}[\|g_1 + (g_1 - g_1)\|^2] = \mathbb{E}[\|g_1\|^2] + \mathbb{E}[\|g_1 - g_1\|^2] + 2\mathbb{E}[\langle g_1 - g_1, g_1 \rangle] \geq \mathbb{E}[\|g_1\|^2].
\]

Combining this and Eq. (5), we get that for all \( t \),

\[
\mathbb{E}[\|w_1 - w^*\|^2] \leq \frac{4}{\lambda^2} \mathbb{E}[\|g_1\|^2] \leq \frac{4G^2}{\lambda^2}.
\]

\( \square \)

The following version of Freedman’s inequality appears in (De La Peña, 1999) (Theorem 1.2A):

**Theorem 6.** Let \( d_1, \ldots, d_T \) be a martingale difference sequence with a uniform upper bound \( b \) on the steps \( d_i \). Let \( V \) denote the sum of conditional variances,

\[
V_s = \sum_{i=1}^s \text{Var}(d_i | d_1, \ldots, d_{i-1}).
\]

Then, for every \( a, v > 0 \),

\[
\text{Prob}\left( \sum_{i=1}^s d_i \geq a \text{ and } V_s \leq v \text{ for some } s \leq T \right) \leq \exp\left( \frac{-a^2}{2(v + ba)} \right).
\]
The proof of the following lemma is taken almost verbatim from [Bartlett et al., 2008], with the only modification being the use of Theorem 6 to avoid an unnecessary union bound.

**Lemma 6.** Let \( d_1, \ldots, d_T \) be a martingale difference sequence with a uniform bound \( |d_t|_\infty \leq b \). Let \( V_s = \sum_{t=1}^s \text{Var}_t(d_t) \) be the sum of conditional variances of \( d_t \)'s. Further, let \( \sigma_s = \sqrt{V_s} \). Then we have, for any \( \delta < 1/e \) and \( T \geq 4 \),

\[
\text{Prob} \left( \sum_{t=1}^s d_t > 2 \max \left\{ 2\sigma_s, b\sqrt{\ln(1/\delta)} \right\} \sqrt{\ln(1/\delta)} \text{ for some } s \leq T \right) \leq \log(T)\delta . \tag{6}
\]

**Proof.** Note that a crude upper bound on \( \text{Var}_s d_t \) is \( b^2 \). Thus, \( \sigma_s \leq b\sqrt{T} \). We choose a discretization \( 0 = \alpha_{-1} < \alpha_0 < \ldots < \alpha_l \) such that \( \alpha_{i+1} = 2\alpha_i \) for \( i \geq 0 \) and \( \alpha_l \geq b\sqrt{T} \). We will specify the choice of \( \alpha_0 \) shortly. We then have,

\[
\text{Prob} \left( \sum_{t=1}^s d_t > 2 \max \left\{ 2\sigma_s, \alpha_0 \right\} \sqrt{\ln(1/\delta)} \text{ for some } s \leq T \right)
= \sum_{j=0}^l \text{Prob} \left( \sum_{t=1}^s d_t > 2 \max \left\{ 2\sigma_s, \alpha_0 \right\} \sqrt{\ln(1/\delta)} \text{ for some } s \leq T \right) \leq \sum_{j=0}^l \text{Prob} \left( \sum_{t=1}^s d_t > 2\alpha_j \sqrt{\ln(1/\delta)} \text{ for some } s \leq T \right) \leq \sum_{j=0}^l \text{Prob} \left( \sum_{t=1}^s d_t > 2\alpha_j \sqrt{\ln(1/\delta)} \text{ & } V_s \leq \alpha_j^2 \text{ for some } s \leq T \right)
\leq \sum_{j=0}^l \exp \left( \frac{-4\alpha_j^2 \ln(1/\delta)}{2\alpha_j^2 + \frac{2}{3} (2\alpha_j \sqrt{\ln(1/\delta)}) b} \right)
= \sum_{j=0}^l \exp \left( \frac{-2\alpha_j \ln(1/\delta)}{\alpha_j + \frac{2}{3} (\sqrt{\ln(1/\delta)}) b} \right)
\]

where the last inequality follows from Theorem 6. If we now choose \( \alpha_0 = b\sqrt{\ln(1/\delta)} \), then \( \alpha_j \geq b\sqrt{\ln(1/\delta)} \) for all \( j \). Hence every term in the above summation is bounded by \( \exp \left( \frac{-2\ln(1/\delta)}{1+\sqrt{1/\delta}} \right) < \delta \). Choosing \( l = \log(\sqrt{T}) \) ensures that \( \alpha_l \geq b\sqrt{T} \). Thus we have

\[
\text{Prob} \left( \sum_{t=1}^T X_t > 2 \max \left\{ 2\sigma_s, b\sqrt{\ln(1/\delta)} \right\} \sqrt{\ln(1/\delta)} \right) = \text{Prob} \left( \sum_{t=1}^l X_t > 2 \max \left\{ 2\sigma_s, \alpha_0 \right\} \sqrt{\ln(1/\delta)} \right) \leq (l+1)\delta = (\log(\sqrt{T}) + 1)\delta \leq \log(T)\delta .
\]

B.2. Proof of Lemma 1

By the strong convexity of \( F \) and the fact that \( \boldsymbol{w}^* \) minimizes \( F \) in \( \mathcal{W} \), we have

\[
\langle g_t, \boldsymbol{w}_t - \boldsymbol{w}^* \rangle \geq F(\boldsymbol{w}_t) - F(\boldsymbol{w}^*) + \frac{\lambda}{2} \| \boldsymbol{w}_t - \boldsymbol{w}^* \|^2,
\]

as well as

\[
F(\boldsymbol{w}_t) - F(\boldsymbol{w}^*) \geq \frac{\lambda}{2} \| \boldsymbol{w}_t - \boldsymbol{w}^* \|^2.
\]
Also, by convexity of \( \mathcal{W} \), for any point \( \mathbf{v} \) and any \( \mathbf{w} \in \mathcal{W} \) we have \( \| \Pi_\mathcal{W}(\mathbf{v}) - \mathbf{w} \| \leq \| \mathbf{v} - \mathbf{w} \| \). Using these inequalities, we have the following:

\[
\mathbb{E} \left[ \| \mathbf{w}_{t+1} - \mathbf{w}^* \|^2 \right] = \mathbb{E} \left[ \| \Pi_\mathcal{W}(\mathbf{w}_t - \eta_t \hat{g}_t) - \mathbf{w}^* \|^2 \right] \\
\leq \mathbb{E} \left[ \| \mathbf{w}_t - \eta_t \hat{g}_t - \mathbf{w}^* \|^2 \right] \\
= \mathbb{E} \left[ \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right] - 2 \eta_t \mathbb{E} \langle \hat{g}_t, \mathbf{w}_t - \mathbf{w}^* \rangle + \eta_t^2 \mathbb{E} \| \hat{g}_t \|^2 \\
= \mathbb{E} \left[ \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right] - 2 \eta_t \mathbb{E} \| (\mathbf{g}_t, \mathbf{w}_t - \mathbf{w}^*) \| + \eta_t^2 \mathbb{E} \| \hat{g}_t \|^2 \\
\leq \mathbb{E} \left[ \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right] - 2 \eta_t \mathbb{E} \left( F(\mathbf{w}_t) - F(\mathbf{w}^*) + \frac{\lambda}{2} \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right) + \eta_t^2 G^2 \\
\leq \mathbb{E} \left[ \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right] - 2 \eta_t \mathbb{E} \left( \frac{\lambda}{2} \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right) + \eta_t^2 G^2 \\
= (1 - 2 \eta_t \lambda) \mathbb{E} \left[ \| \mathbf{w}_t - \mathbf{w}^* \|^2 \right] + \eta_t^2 G^2.
\]

Invoking Lemma \([3]\) using the fact that \( \eta_t = c/\lambda t \) and \( \mathbb{E} [\| \mathbf{w}_1 - \mathbf{w}^* \|^2] \leq \frac{4G^2}{\lambda^2} \) (by Lemma \([5]\)), we get that

\[
\mathbb{E} \left[ \| \mathbf{w}_T - \mathbf{w}^* \|^2 \right] \leq \frac{G^2}{\lambda^2 T} \max \left\{ 4, \frac{c^2}{2c - 1} \right\}.
\]

**B.3. Proof of Thm. 2**

For any \( t \), define \( \mathbf{\bar{w}}_t = (\mathbf{w}_1 + \ldots + \mathbf{w}_t)/t \). Then we have

\[
\mathbb{E} \left[ \| \mathbf{w}_{t+1} - \mathbf{w}^* \|^2 \right] = \mathbb{E} \left[ \| \frac{t}{t+1} \mathbf{w}_t + \frac{1}{t+1} (\mathbf{w}_{t+1} - \mathbf{w}^*) \|^2 \right] \\
= \mathbb{E} \left[ \| \frac{t}{t+1} (\mathbf{\bar{w}}_t - \mathbf{w}^*) + \frac{1}{t+1} (\mathbf{w}_{t+1} - \mathbf{w}^*) \|^2 \right] \\
= \left( \frac{t}{t+1} \right)^2 \mathbb{E} \left[ \| \mathbf{\bar{w}}_t - \mathbf{w}^* \|^2 \right] + \frac{2t}{(t+1)^2} \mathbb{E} [\langle \mathbf{\bar{w}}_t - \mathbf{w}^*, \mathbf{w}_{t+1} - \mathbf{w}^* \rangle] + \frac{1}{(t+1)^2} \mathbb{E} [\| \mathbf{w}_{t+1} - \mathbf{w}^* \|^2] \\
\leq \left( \frac{t}{t+1} \right)^2 \mathbb{E} \left[ \| \mathbf{\bar{w}}_t - \mathbf{w}^* \|^2 \right] + \frac{2}{t+1} \mathbb{E} \left[ \| \mathbf{\bar{w}}_t - \mathbf{w}^* \| \| \mathbf{w}_{t+1} - \mathbf{w}^* \| \right] + \frac{1}{(t+1)^2} \mathbb{E} [\| \mathbf{w}_{t+1} - \mathbf{w}^* \|^2]
\]

Using the inequality \( \mathbb{E} [XY] \leq \sqrt{\mathbb{E} [X^2] \mathbb{E} [Y^2]} \) for any random variables \( X, Y \) (which follows from Cauchy-Schwartz), and the bound of Lemma \([1]\), we get that \( \mathbb{E} \left[ \| \mathbf{\bar{w}}_{t+1} - \mathbf{w}^* \|^2 \right] \) is at most

\[
\left( \frac{t}{t+1} \right)^2 \mathbb{E} [\| \mathbf{\bar{w}}_t - \mathbf{w}^* \|^2] + \frac{2 \max \{ 2, \sqrt{c/(2 - 1/c)} \} G}{\lambda (t+1)^{3/2}} \sqrt{\mathbb{E} [\| \mathbf{\bar{w}}_t - \mathbf{w}^* \|^2]} + \frac{\max \{ 4, c/(2 - 1/c) \} G^2}{\lambda^2 (t+1)^3}.
\]

Using Lemma \([4]\) and using the fact that \( \mathbb{E} [\| \mathbf{w}_1 - \mathbf{w}^* \|^2] \leq 4G^2/\lambda^2 \) by Lemma \([3]\), we get that

\[
\mathbb{E} \left[ \| \mathbf{\bar{w}}_T - \mathbf{w}^* \|^2 \right] \leq \frac{1}{T} \max \left\{ \frac{4G^2}{\lambda^2}, \frac{5 \max \{ 4, \sqrt{c/(2 - 1/c)} \} G}{\sqrt{2} \lambda} \right\}.
\]

By the assumed smoothness of \( F \) with respect to \( \mathbf{w}^* \), we have \( F(\mathbf{\bar{w}}_T) - F(\mathbf{w}^*) \leq \frac{\eta}{T} \| \mathbf{\bar{w}}_T - \mathbf{w}^* \|^2 \). Combining it with the inequality above, and slightly upper bounding the constants for readability, the result follows.

**B.4. Proof of Thm. 3**

The SGD iterate can be written separately for the first coordinate as

\[
w_{t+1,1} = \Pi_{[0,1]} \left( (1 - \eta_t)w_{t,1} - \eta_t Z_t \right)
\]
Fix some \( t \geq T_0 \), and suppose first that \( Z_t \leq -1/2 \). Conditioned on this event, we have
\[
w_{t+1,1} \geq \Pi_{[1]} \left( (1 - \eta_t)w_{t,1} + \frac{1}{2}\eta_t \right) \geq \Pi_{[0,1]}(\eta_t/2) \geq \eta_t/2,
\]
\( \text{since } t \geq T_0 \) implies \( \eta_t = c/t \leq 2 \). On the other hand, if \( Z_t > -1/2 \), we are still guaranteed that \( w_{t+1,1} \geq 0 \) by the domain constraints. Using these results, we get
\[
\mathbb{E}[w_{t+1,1}] = \Pr(Z_t \leq -1/2)\mathbb{E}[w_{t+1,1} | Z_t \leq -1/2] + \Pr(Z_t > -1/2)\mathbb{E}[w_{t+1,1} | Z_t > -1/2] \\
\geq \Pr(Z_t \leq -1/2)\mathbb{E}[w_{t+1,1} | Z_t \leq -1/2] \\
\geq \Pr(Z_t \leq -1/2)\frac{1}{2}\eta_t = \frac{1}{16}\eta_t. \tag{8}
\]
Therefore,
\[
\mathbb{E}[\bar{w}_{T,1}] \geq \frac{1}{T} \sum_{t=T_0+1}^{T} \mathbb{E}[w_{t,1}] \geq \frac{1}{16T} \sum_{t=T_0+1}^{T} \eta_{t-1} = \frac{1}{16T} \sum_{t=T_0}^{T-1} \eta_t.
\]
Thus, by definition of \( F \),
\[
\mathbb{E} [F(\bar{w}_T) - F(w^*)] = \mathbb{E} [F(\bar{w}_T)] \geq \mathbb{E} [F((\bar{w}_{T,1}, 0, \ldots, 0))] \geq \mathbb{E} [\bar{w}_{T,1}] \geq \frac{1}{16T} \sum_{t=T_0}^{T-1} \eta_t.
\]
Substituting \( \eta_t = c/t \) gives the required result.

B.5. Proof of Thm. 4

The SGD iterate for the first coordinate is
\[
w_{t+1,1} = \Pi_{[-1,1]} \left( (1 - \frac{c}{t})w_{t,1} - \left( \frac{Z_t}{t} w_{t,1} \geq 0 \right) \right). \tag{9}
\]
The intuition of the proof is that whenever \( w_{t,1} \) becomes negative, then the large gradient of \( F \) causes \( w_{t+1,1} \) to always be significantly larger than 0. This means that in some sense, \( w_{t,1} \) is “constrained” to be larger than 0, mimicking the actual constraint in the example of Thm.[3] and forcing the same kind of behavior, with a resulting \( \Omega(\log(T)/T) \) rate.

To make this intuition rigorous, we begin with the following lemma, which shows that \( w_{t,1} \) can never be significantly smaller than 0, or “stay” below 0 for more than one iteration.

**Lemma 7.** For any \( t \geq T_0 = \max\{2, 6c + 1\} \), it holds that
\[
w_{t,1} \geq -\frac{c}{t - 1},
\]
and if \( w_{t,1} < 0 \), then
\[
w_{t+1,1} \geq \frac{5c}{t}.
\]

**Proof.** Suppose first that \( w_{t-1,1} \geq 0 \). Then by Eq. \( 9 \) and the fact that \( Z_t \geq -1 \), we get \( w_{t,1} \geq -c/(t - 1) \). Moreover, in that case, if \( w_{t,1} < 0 \), then by Eq. \( 9 \) and the previous observation,
\[
w_{t+1,1} = \Pi_{[-1,1]} \left( (1 - \frac{c}{t})w_{t,1} + \frac{7c}{t} \right) \geq \Pi_{[-1,1]} \left( -\left( 1 - \frac{c}{t} \right) \frac{c}{t - 1} + \frac{7c}{t} \right).
\]
Since \( t \geq c \), we have \( 1 - c/t \in (0, 1) \), which implies that the above is lower bounded by
\[
\Pi_{[-1,1]} \left( -\frac{c}{t - 1} + \frac{7c}{t} \right).
\]
Moreover, since $t \geq 6c$, we have $-c/(t-1) + 7c/t \in [-1, 1]$, so the projection operator is unnecessary, and we get overall that

$$w_{t+1,1} \geq - \frac{c}{t-1} + \frac{7c}{t} \geq \frac{5c}{t}.$$

This result was shown to hold assuming that $w_{t-1,1} \geq 0$. If $w_{t-1,1} < 0$, then repeating the argument above for $t-1$ instead of $t$, we must have $w_{t,1} \geq 5c/(t-1) \geq -c/(t-1)$, so the statement in the lemma holds also when $w_{t-1,1} < 0$.

We turn to the proof of Thm. 4 itself. By Lemma 3 if $t \geq T_0$, then $w_{t,1} < 0$ implies $w_{t+1,1} \geq 0$, and moreover, $w_{t,1} + w_{t+1,1} \geq -c/(t-1) + 5c/t \geq 3c/t$. Therefore, we have the following, where the sums below are only over $t$’s which are between $T_0$ and $T$:

$$E[w_{t,1} + \ldots + w_{T,1}] = \frac{1}{2} E[2w_{t,1} + \ldots + 2w_{T,1}] \geq \frac{1}{2} E\left[ \sum_{t:t-w_{t,1} < 0} (w_{t,1} + w_{t+1,1}) + \sum_{t:w_{t,1} > c/t} w_{t,1} \right]$$

$$\geq \frac{1}{2} E\left[ \sum_{t:w_{t,1} < 0} \frac{3c}{t} + \sum_{t:w_{t,1} > c/t} \frac{c}{t} \right] = \frac{1}{2} \sum_{t} Pr(w_{t,1} \notin [0,c/t]) \frac{c}{2t}.$$  

(10)

Now, we claim that the probabilities above can be lower bounded by a constant. To see this, consider each such probability for $w_{t,1}$, conditioned on the event $w_{t-1,1} \geq 0$. Using the fact that $c/t < 1$, we have

$$Pr(w_{t,1} \in [0,c/t] \mid w_{t-1,1} \geq 0) = Pr((1-c/t)w_{t-1,1} - (c/t)Z_t \in [0,c/t] \mid w_{t-1,1} \geq 0)$$

$$= Pr((1-c/t)w_{t-1,1} - (c/t)Z_t \in [0,c/t] \mid w_{t-1,1} \geq 0)$$

$$= Pr(Z_t \in [(t/c-1)w_{t-1,1} - 1, (t/c-1)w_{t-1,1}] \mid w_{t-1,1} \geq 0).$$

This probability is at most $1/4$, since it asks for $Z_t$ being constrained in an interval of size 1, whereas $Z_t$ is uniformly distributed over $[-1,3]$, which is an interval of length 4. As a result, we get

$$Pr(w_{t,1} \notin [0,c/t] \mid w_{t-1,1} \geq 0) = 1 - Pr(w_{t,1} \in [0,c/t] \mid w_{t-1,1} \geq 0) \geq \frac{3}{4}.$$  

From this, we can lower bound Eq. (10) as follows:

$$\sum_{t} Pr(w_{t,1} \notin [0,\eta_t]) \frac{c}{t} \geq \sum_{t} Pr(w_{t,1} \notin [0,\eta_t], w_{t-1,1} \geq 0) \frac{c}{2t}$$

$$= \sum_{t} Pr(w_{t-1,1} \geq 0) Pr(w_{t,1} \notin [0,\eta_t] \mid w_{t-1,1} \geq 0) \frac{c}{2t}$$

$$\geq \frac{3}{8} \sum_{t=T_0}^{T} \frac{c}{t} \geq \frac{3}{8} E\left[ \sum_{t=T_0}^{T} \frac{c}{t} w_{t-1,1} \geq 0 \right]$$

$$= \frac{3}{16} E\left[ \sum_{t=T_0}^{T} \frac{c}{t} I_{w_{t-1,1} \geq 0} + \sum_{t=T_0}^{T} \frac{c}{t} I_{w_{t-1,1} > 0} \right] \geq \frac{3}{16} E\left[ \sum_{t=T_0}^{T-1} \frac{c}{t} I_{w_{t-1,1} \geq 0} + \sum_{t=T_0+1}^{T} \frac{c}{t} I_{w_{t-1,1} \geq 0} \right]$$

$$= \frac{3}{16} E\left[ \sum_{t=T_0}^{T-1} \frac{c}{t} I_{w_{t-1,1} \geq 0} + \sum_{t=T_0}^{T-1} \frac{c}{t+1} I_{w_{t-1,1} \geq 0} \right] \geq \frac{3}{16} E\left[ \sum_{t=T_0+1}^{T-1} \frac{c}{t+1} (I_{w_{t-1,1} \geq 0} + I_{w_{t,1} \geq 0}) \right].$$

Now, by Lemma 7 for any realization of $w_{T_0,1}, \ldots, w_{T,1}$, the indicators $I_{w_{t,1} \geq 0}$ cannot equal 0 consecutively. Therefore, $I_{w_{t-1,1} \geq 0} + I_{w_{t,1} \geq 0}$ must always be at least 1. Plugging it in the equation above, we get the lower
bound \((3c/16) \sum_{t=T_0+2}^{T} \frac{1}{t}\). Summing up, we have shown that

\[
\mathbb{E}[w_{T_0,1} + \ldots + w_{T,1}] \geq \frac{3c}{16} \sum_{t=T_0+2}^{T} \frac{1}{t}.
\]

By the boundedness assumption on \(W\), we have \(w_{t,1} \geq -1\), so

\[
\mathbb{E}[w_{1,1} + \ldots + w_{T_0-1,1}] \geq -T_0.
\]

Overall, we get

\[
\mathbb{E}[\bar{w}_{T,1}] = \frac{1}{T} \mathbb{E} \left[ \sum_{t=1}^{T} w_{t,1} \right] \geq \frac{3c}{16T} \sum_{t=T_0+2}^{T} \left( \frac{1}{t} \right) - \frac{T_0}{T}.
\]

Therefore,

\[
\mathbb{E}[F(\bar{w}_T) - F(w^*)] = \mathbb{E}[F(\bar{w}_T)] \geq \mathbb{E}[F((\bar{w}_{T,1}, 0, \ldots, 0))] \geq \mathbb{E}[\bar{w}_{T,1}] \geq \frac{3c}{16T} \sum_{t=T_0+2}^{T} \left( \frac{1}{t} \right) - \frac{T_0}{T},
\]

as required.

**B.6. Proof of Thm. 5**

**Proof.** Using the derivation as in the proof of Lemma 1 we can upper bound \(\mathbb{E}[\|w_{t+1} - w^*\|^2]\) by

\[
\mathbb{E}[\|w_t - w^*\|^2] - 2\eta_t \mathbb{E}[\langle g_t, w_t - w^* \rangle] + \eta_t^2 G^2.
\]

Extracting the inner product and summing over \(t = (1-\alpha)T + 1, \ldots, T\), we get

\[
\sum_{t=(1-\alpha)T+1}^{T} \mathbb{E}[\langle g_t, w_t - w^* \rangle] \leq \sum_{t=(1-\alpha)T+1}^{T} \frac{\eta_t G^2}{2} + \sum_{t=(1-\alpha)T+1}^{T} \left( \mathbb{E}[\|w_t - w^*\|^2] - \frac{\mathbb{E}[\|w_{t+1} - w^*\|^2]}{2\eta_t} \right).
\]

By convexity of \(F\), \(\sum_{t=(1-\alpha)T+1}^{T} \mathbb{E}[\langle g_t, w_t - w^* \rangle]\) is lower bounded by

\[
\sum_{t=(1-\alpha)T+1}^{T} \mathbb{E}[F(w_t) - F(w^*]) \geq \alpha T \mathbb{E}[(F(\bar{w}_T) - F(w^*))].
\]

Substituting this lower bound into Eq. (11) and slightly rearranging the right hand side, we get that \(\mathbb{E}[F(\bar{w}_T) - F(w^*)]\) can be upper bounded by

\[
\frac{1}{2\alpha T} \left( \frac{1}{\eta(1-\alpha)T+1} \mathbb{E}[\|w_1 - w^*\|^2] + \sum_{t=(1-\alpha)T+1}^{T} \mathbb{E}[\|w_t - w^*\|^2] \left( \frac{1}{\eta_t} - \frac{1}{\eta_{t-1}} \right) + G^2 \sum_{t=(1-\alpha)T+1}^{T} \eta_t \right)
\]

Now, we invoke Lemma 1 which tells us that with any strongly convex \(F\), even non-smooth, we have \(\mathbb{E}[\|w_t - w^*\|^2] \leq O(1/t)\). More specifically, we can upper bound the expression above by

\[
\max \left\{ 4, \frac{c}{2-1/\alpha} \right\} \frac{G^2}{2\alpha T \lambda^2} \left( 1 + \sum_{t=(1-\alpha)T+1}^{T} \frac{1}{t} \right) + \frac{G^2}{2\alpha T} \sum_{t=(1-\alpha)T+1}^{T} \eta_t
\]

In particular, since we take \(\eta_t = \frac{c}{\lambda t}\), we get

\[
\max \left\{ 4, \frac{c}{2-1/\alpha} \right\} \frac{G^2}{2\alpha T \lambda} \left( 1 + \sum_{t=(1-\alpha)T+1}^{T} \frac{1}{t} \right) + \frac{cG^2}{2\alpha T \lambda} \sum_{t=(1-\alpha)T+1}^{T} \frac{1}{t}
\]

It can be shown that \(\sum_{t=(1-\alpha)T+1}^{T} \frac{1}{t} \leq \log(1/(1-\alpha))\). Plugging it in and slightly simplifying, we get the desired bound.

\[\square\]

\(^2\text{To analyze the case where } W\text{ is unbounded, one can replace this by a coarse bound on how much } w_{t,1} \text{ can change in the first } T_0 \text{ iterations, since the step sizes are bounded and } T_0 \text{ is essentially a constant anyway.}\)
For simplicity of notation, let us write $w_{t+1}^* = w_t^*+2\eta_t\langle g_t, w_t^* \rangle + \frac{\lambda^2}{2}\|w_t - w^*\|^2$. We also note that if $2\eta_t\|g_t\| \leq \lambda\|w_t - w^*\|$, the strongly convexity of $F$ in $w_t$, we have

$$\langle g_t, w_t - w^* \rangle \geq F(w_t) - F(w^*) + \frac{\lambda}{2}\|w_t - w^*\|^2,$$

as well as

$$F(w_t) - F(w^*) \geq \frac{\lambda}{2}\|w_t - w^*\|^2.$$

Also, by convexity of $\mathcal{W}$, for any point $v$ and any $w \in \mathcal{W}$ we have $\Pi_\mathcal{W}(v) - w \leq \|v - w\|$. Using these inequalities, we have the following:

$$\|w_{t+1} - w^*\|^2 = \|\Pi_\mathcal{W}(w_t - \eta_t g_t) - w^*\|^2 \leq \|w_t - \eta_t g_t - w^*\|^2 = \|w_t - w^*\|^2 - 2\eta_t\langle g_t, w_t - w^* \rangle + \frac{\lambda}{2}\|w_t - w^*\|^2 \leq \|w_t - w^*\|^2 - 2\eta_t F(w_t) - F(w^*) + \frac{\lambda}{2}\|w_t - w^*\|^2 + 2\eta_t\langle \tilde{z}_t, w_t - w^* \rangle + \frac{\lambda}{2}\|w_t - w^*\|^2 \leq \|w_t - w^*\|^2 - 2\eta_t F(w_t) - F(w^*) + \frac{\lambda}{2}\|w_t - w^*\|^2 + 2\eta_t\langle \tilde{z}_t, w_t - w^* \rangle + \frac{\lambda}{2}\|w_t - w^*\|^2 = (1 - 2\eta_t\lambda)\|w_t - w^*\|^2 + 2\eta_t\langle \tilde{z}_t, w_t - w^* \rangle + \frac{\lambda}{2}\|w_t - w^*\|^2.$$

For simplicity of notation, let us write $w_t^* := w_t - w^*$. Plugging in our choice of $\eta_t$, we get

$$\|w_{t+1}^*\|^2 \leq \left(1 - \frac{2c}{t}\right)\|w_t^*\|^2 + \frac{2c}{\lambda t}\langle \tilde{z}_t, w_t^* \rangle + \left(\frac{cG^2}{\lambda t}\right)^2.$$

Unwinding this recursive inequality till $t = 2c$, we get that for any $t \geq 2c$,

$$\|w_{t+1}^*\|^2 \leq \frac{2c}{\lambda} \sum_{i=2c}^{t} \left( \prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right) \right)\|\tilde{z}_i, w_i^*\| + \frac{cG^2}{\lambda t} \sum_{i=2c}^{t} \left( \prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right) \right).$$

We now note that for any $a > 2c$,

$$\prod_{i=a}^{t} \left(1 - \frac{2c}{i}\right) = \prod_{i=a}^{a-2c} \left(1 - \frac{2c}{i}\right) \prod_{i=a-2c+1}^{t} \left(1 - \frac{2c}{i}\right) \leq \left(\frac{a-1}{t-2c+1}\right)^{2c} \left(\frac{a-1}{t-2c}\right)^{2c}.$$

Plugging this back and slightly simplifying the upper bound, we get

$$\|w_{t+1}^*\|^2 \leq \frac{2c}{\lambda} \sum_{i=2c}^{t} \left( \prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right) \right)\|\tilde{z}_i, w_i^*\| + \frac{cG^2}{\lambda t} \sum_{i=2c}^{t} \left( \prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right) \right)^{2c}.$$

We also note that if $2c \geq 2$ (which holds assuming $c > 1/2$ and that $2c$ is a whole number), then

$$\sum_{i=2c}^{t} \left( \prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right) \right)^{2c} \leq \sum_{i=2c}^{t} \left( \frac{i}{t-2c} \right)^{2c} = \sum_{i=2c}^{t} \left( \frac{i}{t-2c} \right)^{2c} \leq \frac{(t-2c)^{-2c}}{2c-1} \sum_{i=2c}^{t} i^{2c-2} \int_{i=2c}^{t+1} i^{2c-2} idi \leq \frac{1}{(2c-1)t} \left( \frac{t+1}{t-2c} \right)^{2c} \leq \frac{1}{(2c-1)t} \left( 1 + \frac{2c+1}{t-2c} \right)^{2c}.$$
For any $t \geq 4c^2 + 4c$, this is at most
\[
\frac{1}{(2c - 1)t} \left(1 + \frac{1}{2c}\right)^{2c} \leq \frac{3}{(2c - 1)t} \leq \frac{3}{t}.
\]

Therefore, we get that for any $t \geq 4c^2 + 4c$,
\[
\|w_{t+1}\|^2 \leq \frac{2c}{\lambda} \sum_{i=2c}^{t} \frac{1}{i} \left(\prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right)\right) \langle z_i, w_i \rangle + \frac{3c^2 G^2}{\lambda^2 t}.
\]

With this result at hand, we are now in a position to prove our high probability bound. Denote $X_i = \|w_i - w^*\|^2$ and $Z_i = \langle w_i - w^*, z_i \rangle$. We have that the conditional expectation of $Z_i$, given previous rounds, is $\mathbb{E}_{i-1}[Z_i] = 0$, and the conditional variance $\text{Var}_{i-1}(Z_i) \leq X_i \cdot G^2$. By Lemma 8,
\[
X_{t+1} \leq \frac{2c}{\lambda} \sum_{i=2c}^{t} \alpha_i^{(t)} Z_i + \frac{3c^2 G^2}{\lambda^2 t}.
\]

where
\[
\alpha_i^{(t)} = \frac{1}{i} \left(\prod_{j=i+1}^{t} \left(1 - \frac{2c}{j}\right)\right) = \frac{1}{i} (i + 1 - 2c) \ldots (i - 1) \frac{1}{i} (t + 1 - 2c) \ldots (t - 1) = \beta_i \cdot \gamma_t
\]

with $\beta_i = (i + 1 - 2c) \times \ldots \times (i - 1)$ and $\gamma_t = ((t + 1 - 2c) \times \ldots \times (t - 1))^{-1}$. Let us now study the sum
\[
\sum_{i=2c}^{t} \beta_i Z_i
\]

of the martingale differences $d_i = \beta_i Z_i$. Observe that the sum of conditional variances satisfies
\[
\sigma_t^2 = \sum_{i=2c}^{t} \text{Var}_{i-1}(\beta_i Z_i) \leq \sum_{i=2c}^{t} \beta_i^2 G^2 X_i
\]

and we also have the uniform bound
\[
|\beta_i Z_i| \leq G \beta_i \leq G \beta_t = G(t + 1 - 2c) \times \ldots \times (t - 1) := b_t.
\]

We now apply Lemma 6 to the sum of martingale differences $\sum_{i=2c}^{t} \beta_i Z_i$. We get that with probability at least $1 - \delta$,
\[
\sum_{i=2c}^{t} \beta_i Z_i < 2 \max \left\{2\sigma_t, b_t \sqrt{\ln(T)/\delta}\right\} \sqrt{\ln(T)/\delta}
\]

for all $t \leq T$.

Recall that $\sigma_t = G \sqrt{\sum_{i=2c}^{t} \beta_i^2 X_i}$ Define a shorthand $B = \sqrt{\ln(T)/\delta}$. Multiplying both sides by $\gamma_t$, we have for all $t \leq T$,
\[
\sum_{i=2c}^{t} \alpha_i^{(t)} Z_i = \sum_{i=2c}^{t} \gamma_t \beta_i Z_i \leq \max \left\{4\gamma_t B G \sqrt{\sum_{i=2c}^{t} \beta_i^2 X_i} , 2\gamma_t b_t B^2\right\}
\]
Observe that $\gamma_t b_t \leq G t^{-1}$. Using Eq. (11), we have

$$X_{t+1} \leq \frac{2c}{\lambda} \sum_{i=2c}^{t} \alpha_i(t) Z_i + \frac{3c^2 G^2}{\lambda^2 t}$$

$$\leq \frac{2cG}{\lambda} \max \left\{ 4\gamma_t B \left[ \sum_{i=2c}^{t} \beta_i^2 X_i, \frac{2B^2}{t} \right] \right\} + \frac{3c^2 G^2}{\lambda^2 t}$$

$$\leq \frac{8cBG}{\lambda} \sqrt{\sum_{i=2c}^{t} (\beta_i \gamma_t)^2 X_i + \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}}.$$

We also have

$$(\beta_i \gamma_t)^2 = \frac{(1)i}{(t+1)2c \ldots (t+1)/2c} \leq i^{4c-2}$$

Assume by the way of induction that $X_i \leq A_i^{-1}$ for all $i \leq t$ for some constant $A$ to be defined later. Now, let us prove the result for $X_{t+1}$. We have

$$X_{t+1} \leq \frac{8cBG}{\lambda} \sqrt{\sum_{i=2c}^{t} (\beta_i \gamma_t)^2 X_i + \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}}$$

$$= \frac{8cBG}{\lambda} \sqrt{t^{-4c} \sum_{i=2c}^{t} i^{4c-3} A + \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}}$$

$$\leq \frac{8cBG}{\lambda} \sqrt{t^{-2} \left( \frac{1}{4c} + \frac{1}{t} \right) A - \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}}$$

$$\leq \frac{22cBG}{\lambda} \sqrt{t^{-2} \frac{A}{4c - 2} + \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}}.$$

Where in the last step we used the fact that since $t \geq 2c$, then $(1 + 1/t)^{2c-1} \leq (1 + 1/2c)^{2c} \leq e$. We would like the last quantity to be less than $A/(t+1)$ in order to prove the induction step. Since $\frac{t+1}{t} \leq 2$, it is enough to find $A$ that satisfies

$$\frac{22cBG}{\lambda} \sqrt{\frac{A}{4c - 2} + \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}} \leq \frac{A}{2}.$$  

This can be written as a quadratic equation of the form $\frac{x}{4c-2} - \sqrt{\frac{A}{2} - \frac{4cB^2 G}{\lambda t} + \frac{3c^2 G^2}{\lambda^2 t}} \geq 0$, with a feasible solution for $A$ being any upper bound on $(\Gamma_1 + \sqrt{\Gamma_1^2 + 2\Gamma_2}) \leq 4\Gamma_1^2 + 4\Gamma_2$. This gives

$$A = 4 \left( \frac{(22cBG)^2}{\lambda^2(4c - 2)} + \frac{4cB^2 G}{\lambda} + \frac{3c^2 G^2}{\lambda^2} \right).$$

Upper bounding $c/(4c - 2)$ by $1/2$ (since $2c$ is a whole number and $c > 1/2$), and slightly simplifying, we get the required bound.