Mapping of Coastline Changes in Athens Riviera over the Past 76 Year’s Measurements

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Abstract: Mapping of coastline changes assists in coastal development and monitoring. Athens Riviera, located in the southwestern coastal zone in Attica in central Greece, has undergone major and radical changes generated by human interference during the last decades. The aim of this paper is to map record and measure the coastline changes in Athens Riviera over the past 76 years. Aerial photographs and satellite images from 1945 to 2021 as well as geographic information system (GIS) techniques were used to depict the spatial and temporal variations of the coastline. The results show that 60% of the total length of the coastline is artificial coast, while 29% is rocky coast and 12% beach. The study of seven subareas showed that human interventions caused significant coastline changes in Faliro Bay, Alimos and Glyfada. The adjacent coastal regions to Athens metropolitan area illustrate the highest modifications in the coastline. The main changes in the coastlines are recorded from 1960 to 1987, while the rate of changes in coastline slowed down from 1987 to 2021. The total changes in the coastline of Athens Riviera demonstrate that, during the past 76 years, the coastline was enhanced by 40% while land reclaimed to the sea area approaches 2.67 km². The applied method is effective and rapid and may utilize in the coastal monitoring and management.

Keywords: remote sensing; GIS; spatial and temporal coastline changes; artificial coast; central Greece

1. Introduction

Coastlines are areas of utmost importance because they host multiple activities worldwide [1]. Today, numerous countries hold a large amount of population along their coastlines. More than 600 million people, approximately 10% of the world’s population, live in coastal areas that are less than 10 m above sea level (m.a.s.l.). Additionally, 2.4 billion people, around 40% of the world’s population live within 100 km of the coastline [2].

The features of a coastline form through the continuous interaction of the geosphere, the hydrosphere and the atmosphere. Dolan et al. [3] defined that coastline is the physical interface of land and water. Moreover, the position of the coastline changes frequently throughout time, because of several morphodynamic parameters such as sediment movement in the littoral zone and the dynamic nature of water levels at the coastal boundary (e.g., currents, tides, waves, etc.) [4].

The coastline locations, as well as its boundary changes are of essential significance to coastal studies [5]. Thus, analysis of coastline information is needed in several scientific works, such as to assess sea-level changes [6–9], for coastal zone protection [10], to estimate coastal development [11], to assist in coastal monitoring [12], as well as in coastal evolution [13–15], and to assess coastal hazards [16–19].
Coastline changes are phenomena, which vary in magnitude, speed and duration. In the last decades, earth observation (EO) data such as aerial photography, satellite imagery, and GPS data have become integral means for the evaluation of shoreline changes over a long period of time. They have availability of temporal data at the same locations and are cost effective [20,21]. Moreover, geographical information systems (GIS) are excellent tools in the spatial analysis of various natural phenomena [22–30]. These current geospatial technologies have been proved to be a unique tool for environmental research because the mapping of the coastline is accurate and provides with multiple and up-to-date information.

More than 40% of the population of Greece lives in the metropolitan urban area of Athens, the capital. The plain of Athens has been extremely urbanized during the last seventy-five years and the environment has changed dramatically [31,32]. Apart from this, Athens’ southern coastal area, referred to as the Athens Riviera, has been subject to constant changes due to human interference during the same period of time. Its vicinity to the city of Athens is the cause of being affected by human activities. Human interventions caused the destruction of natural beaches and dunes as well as the drying up of wetlands and lagoons. These coastline changes affected the natural environment, caused significant ecological damage and increased the risk of flooding in several areas of the coastal zone of Athens Riviera [33,34]. On the other hand, climate changes and their impacts, such as sea level rise and the resulting coastal inundation, are potential hazards for coastal areas and communities. Coastline changes increase the vulnerability of the coastal population and ecosystems [19]. Thus the spatial monitoring of the coastline changes is a significant issue for the reduction of these vulnerabilities and the integrated coastal zone management.

In this work, an effort has been made to identify, justify and calculate the changes in the coastline of Athens Riviera from 1945 to 2021, as well as to recognize vulnerable coastal areas and to provide information for coastal management practices. Aerial photographs and satellite images have been used to measure the coastline changes due to human interference. While being extremely efficient, this methodology is rapid, reliable and economical. In one word, it is a useful tool for the recording and monitoring of the coastline changes.

2. Materials and Methods

2.1. Study Area

Athens Riviera is the coastal area in the southern suburbs of Athens metropolitan area, in central Greece (Figure 1A). It is located about 16 km from downtown Athens stretching from the city of Piraeus to the southernmost point of Attica, Cape Sounio. The study area is a part of Athens Riviera and is extended from the Faliro Bay up to the Anavyssos Bay (Figure 1B).

The coastal zone from Faliro Bay to Anavyssos Bay, during the last decades and especially after 1960, has undergone major and radical changes. The intense and anarchic construction, as well as the lack of planning in infrastructure projects led to the alteration of the natural environment and the degradation of the life of the inhabitants of the area [33]. The development of facilities for commercial and mainly tourist exploitation, along the coasts, have affected the southern areas, where there is more intense residential development of summer houses [31]. Natural changes have also been observed in the coastal zone, such as significant movements of sediments towards the shores, which are corrosive materials. Between 1971 and 1992, Attica was the most fire-stricken region of Greece in terms of surface. Thus, in some areas, the movement of sediments is due to the effects of fires in recent decades, both on forests and on lower and sparser vegetation [35].
Figure 1. (A) Location map of the study area; (B) the elevations of the study area, the road network and the main towns.

The study area consists of hills and valleys, which create a complex but low relief with gentle slopes. The lowlands of the wider area are relatively limited with the exception of the plain of Athens. The study area includes the southwestern part of the Athens Basin and the bay of Falirio, in which Kifissos and Ilissos rivers flow. The main wide plains, included in the area, are Vari, Anavyssos, which are developed with general direction NE-SW. The drainage network is consisted of parallel streams of temporary flow; with general direction NE-SW. Artificial beaches characterize the coastal morphology of the area, similarly to other coastal areas of Attica. The substrate of area is formed mainly of Neocene and Quaternary deposits [34].

Athens Riviera has a Mediterranean climate. The mean annual temperature is of 18.5°C, while the average annual precipitation reached about 368 mm for the years 1955 to 2015 [31].

2.2. Data

The aerial photographs employed were taken from 1945 and onwards because there were no available data before that year. Specifically, the aerial photographs dated from 1945 (scale 1:42,000), 1960 (scale 1:30,000), 1972 (scale 1:40,000), and 1987 (scale 1:35,000). The aerial photographs with variable spatial resolution were derived from Hellenic Geographic Military Service.

Two Landsat 7 TM satellite images have been used and its characteristics are: sensor: thematic mapper ETM+, spectral bands (μm); B1: 0.45–0.515 B2: 0.525–0.605 B3: 0.63–0.690 B4: 0.75–0.90 B5: 1.55–1.75 B6: 10.40–12.5 B7: 2.09–2.35 B8: 0.52–0.90 (panchromatic), spatial resolution: 30 m/(60 m for Band 6) (15 m for Band 8), radiometric resolution: 8 BIT PATH/ROW: 183/034, acquisition date: 16/05/2010 and 05/09/2010. Additionally a Sentinel-2A with a single multispectral instrument (MSI) sensor was used for the year 2021. The spectrum characteristics (central wavelength/bandwidth) are B1: 442.7/21, B2: 492.4/66, B3: 559.8 B4: 664.6/31, B5: 704.1/15, B6: 740.5/15, B7: 782.8/20, B8: 832.8, B8a
Fieldwork for this study was carried out during 2020–2021. Fieldwork data were collected for the geological and geomorphologic mapping of coastline forms, as well as the recognition of the coastline changes using a standard GPS receiver with 3 m accuracy.

2.3. Methodology

Image-processing coupled with GIS techniques were used to accomplish the present work. As a first step aerial photos were used. They are common data used for coastline mapping and to determine shoreline changes (Dolan, 1980). Shorelines are identified by grey scale tonal variations. Nevertheless, they have several geometric distortions, which in many cases associated with errors [36,37].

The aerial photos belonged to different periods of time, between 1945 and 1987, and at different scales. They were scanned and converted to tiff format. Hence, they were adjusted into the projective system EGSA of the two topographic maps. Thus, each aerial photograph is characterized by a georeference adjusting their common points with the ones of the topographic maps. Furthermore, the coastline was digitized in each aerial photograph for all the four different data, and then they were compared. The further processing of the images occurred by the software ArcMap (Version 10.8). The final shorelines were manually digitized within GIS capabilities.

The quality of black and white copies of aerial photos was not good due to their low contrast to a medium gray tone. For this reason field work was done to verify the results of their processing. The identification and mapping of both man-made and natural changes on the shoreline of the Athens Riviera was done with precision of 1 m, as it shown by the necessary control of the results in the fieldwork.

A data fusion georeferenced image has been produced using bands 4, 4, 7 fold Landsat 7 and bands 1, 3, 4 for Sentinel 2 and the panchromatic one, in order to map the coastline on a recent date.Overlaying techniques have been used to identify the changes and measure the land expansion from 1945 to 2021. The studied coast includes a varied geomorphology marked by the presence of both natural and artificial coastal forms. Natural coastal areas with beaches and smooth slopes, rocky cliffs of considerable heights and artificial coastal areas by the implementation of structures and buildings were observed though aerial photo interpretations, satellite imagery and field work. Thus, the shoreline of the Athens Riviera was mapped and divided in beaches, rocky coasts and artificial coasts. The studied coastline corresponds to the coastline of the year 2021. The lengths of each type of coast were measured.

Moreover from the coastal areas with beaches and smooth slopes, seven sub-areas were selected and studied. They cover the entire length of Athenian Riviera and they are: Faliro Bay, Alimos, Glyfada, Voula, Vouliagmeni Bay, Barkiza Bay and Anavyssos Bay (Figure 2). The identification and selection of these subareas was done after the identification of specific environmental problems, through aerial interpretations, satellite imagery, as well as from oral information of residents during field work. The coastline changes in these areas from 1945 to 2021 were studied. The length of the coastline and the surfaces of the earth filled area in each studied period were measured for each subarea using ArcGIS capabilities. Finally, the total changes in length and area for the Athenian Riviera were calculated.
Figure 2. Spatial distribution of subareas in which the shoreline changes were measured.

3. Results

3.1. Classification of Coastlines

The coastline of the year 2021 was classified in three different types. The spatial distribution of the coastline types of Athenian Riviera is illustrated in Figure 3. The artificial coasts are mainly observed in the northern part of the study area. The beaches with smooth slopes are located mainly in bays while rocky coasts are observed mainly where the geological stratum consists of carbonate formations. Table 1 shows the lengths and their percentages of each type of coast. The total length of the coastline of the study area was found to be 122.1 km. The artificial coasts are very extensive representing 60% of the total length of the coastline. Artificial structures such as ports, marinas, etc. increase the length of the coastline. The length of the rocky coasts reaches about 36 km, while the most limited in length are the beaches which constitute 12% of the total coastline.
Figure 3. Classification of the coastline based on 2021 imagery and fieldwork. The north part of the study area is characterized as mainly artificial.

Table 1. The type of coasts, their length and percentage.

| Type of Coast | Length (in km) | Percentage (%) |
|---------------|----------------|----------------|
| Beaches       | 14.8           | 12             |
| Rocky         | 35.6           | 29             |
| Artificial    | 71.8           | 59             |
| Total         | 122.1          | 100            |

3.2. Faliro Bay

The changes that occurred in the Faliro Bay were recorded by comparing aerial photographs and satellite images and were examined in six periods of time: the first from 1945 to 1960, the second from 1960 to 1972, the third from 1972 to 1987, the fourth from 1987 to 2010 the fifth from 2010 to 2021 and the sixth from 1945 to 2021. Moreover, the lengths of the coastline as well as the extended areas of each subarea are presented in Tables 2 and 3 respectively.

The examination of the 1945 to 1960 aerial photos reveals that minor changes of the coastline occurred in Faliro Bay during this period. Figure 4 depicts the coastlines of the two different dates. According to Table 2 the length of the coastline increased by 1%, while the coastline extended to the sea covering an area of 0.07 km² (Table 3). The change in the middle of the coastline stems from the natural deposits of Kifisos and Ilissos rivers. Consequently, the bay is not yet affected by human activities.

Between the years 1960 and 1972 human interventions are significant leading to the first hints of alterations in the coastline (Figure 4). The length of coastline grew from 5.3 km in 1960 to 9.5 km in 1972 (Table 2). The alteration observed at the western part of the bay is originated from the earth filling in favor of the technical works. The same works take place between the rivers Kifisos and Ilissos aiming at the management of their beds. As for the eastern part of the bay, it has been banked up to construct new marinas.
Changes of the coastline occurred between 1972 and 1987 are depicted in Figure 4 as well as Tables 2 and 3. The coastline extended to the sea covering an area of 1 km$^2$ and increased about 1500% (Table 3). The present Irinis–Filias stadium and secondary marinas were constructed at the western part of the Bay (Figure 4). The bed of the Kifisos river has been rearranged and, thus, flows into the bay through an artificial channel. In addition, the government constructed central roads onto the earth-filled locations. At the eastern side of the bay, a modified entrance in the marina is constructed and a second marina is added.

The changes during 1987–2010 (Figure 4) are detected between the Kifisos and Hllos rivers mouth due the continuous filling in the area. The length of the coastline increased by 84% and the area of the constructions rose by 18% (Tables 2 and 3). The Kifisos discharges through an artificial channel, and, consequently has increased its length; a breakwater has been constructed face to the channel to protect it from the wave activity. An additional change of the coastline occurred with the expansion of the beach in front of the Irinis–Filias stadium that was produced by the construction of another breakwater to protect the beach from sea-erosion. The expansion is, however, the result of a sediment deposit from the sea. Moreover, the jetty of the marinas located at the eastern part of the bay, was artificially extended further in the years between 1987 and 2021.

The changes from 2010 to 2021 are shown in Figure 4. During the last examined period the coastline length increased by 6% and the artificial constructions increased their area by 1% (Tables 2 and 3).

Between the years 1945 and 2021, the coastline of the Faliro Bay was artificially expanded (Figure 4). Its length grew from 5.2 km in 1945 to 20.4 km in 2021 and it increased by 287%. All technical works such as the Irinis–Filias stadium, the crossroads, the marinas are constructed onto locations that were covered by sea in the past years, specifically in 1945. Moreover the surface of the earth-filled area now approaches 1.27 km$^2$, an increase of 1922%.
Table 2. The lengths of the coastline in each year, the changes in length (in km) and their percentage (%) between different years for each subarea.

| Subarea    | Faliro Bay | Alimos | Glyfada | Voula | Vouliagmeni Bay | Vari Bay | Anavyssos Bay |
|------------|------------|--------|---------|-------|----------------|----------|---------------|
| Year       |            |        |         |       |                |          |               |
| 1945       | 5279       | 2895   | 4543    | 1137  | 4330           | 5900     | 3803          |
| 1960       | 5316       | 2911   | 4543    | 1477  | 4330           | 5900     | 4061          |
| 1972       | 9569       | 4339   | no data | 1459  | 5171           | 6452     | 4192          |
| 1987       | 10,480     | 10,171 | 13,368  | 1486  | 5504           | 6452     | 4192          |
| 2010       | 19,267     | 10,300 | 13,368  | 1486  | 5513           | 6452     | 4192          |
| 2020       | 20,407     | 10,300 | 13,368  | 1486  | 5513           | 6452     | 4192          |

| Changes in length (m) | %  |
|-----------------------|----|
| 1945–1960             | 37  |
| %                     | 1   |
| 1960–1972             | 4253 |
| %                     | 80  |
| 1972–1987             | 911  |
| %                     | 10  |
| 1987–2010             | 8787 |
| %                     | 84  |
| 2010–2021             | 1140 |
| %                     | 6   |
| 1945–2021             | 15,128 |
| %                     | 287 |

Table 3. The extended areas in each year, the changes in area (in km²) and their percentage (%) between different years for each subarea.

| Subarea    | Faliro Bay | Alimos | Glyfada | Voula | Vouliagmeni Bay | Vari Bay | Anavyssos Bay |
|------------|------------|--------|---------|-------|----------------|----------|---------------|
| Year       |            |        |         |       |                |          |               |
| 1960       | 0.07       | 0.00   | 0.00    | -0.02 | 0.00           | 0.00     | 0.00          |
| 1972       | 0.07       | 0.00   | no data | 0.02  | 0.00           | 0.00     | 0.00          |
| 1987       | 1.06       | 0.29   | 0.85    | 0.02  | 0.05           | 0.09     | 0.07          |
| 2010       | 1.26       | 0.33   | 0.85    | 0.02  | 0.05           | 0.09     | 0.07          |
| 2020       | 1.27       | 0.33   | 0.85    | 0.02  | 0.05           | 0.09     | 0.07          |

| Changes in area (km²) | %  |
|-----------------------|----|
| 1945–1960             | 0.07 |
| %                     | 1   |
| 1960–1972             | 0.00 |
| %                     | 0   |
| 1972–1987             | 1.00 |
| %                     | 1510 |
| 1987–2010             | 0.19 |
| %                     | 8    |
| 2010–2021             | 0.09 |
| %                     | 1    |
| 1945–2021             | 1.27 |
| %                     | 3.3  |

3.3. Alimos

In Alimos, the coastlines of 1945 and 1960 seem to coincide (Figure 5, Tables 2 and 3). The only technical work observed in the area is the addition of a small jetty. On the contrary a small retreat of the coastline was observed in the southern part of the coastal area,
which is probably due to coastal erosion. During the period from 1960 and 1972, human interventions in the area began to be felt (Figure 5). The length of the coastline in 1972 increased by 49% (Table 2). The first facilities of the marina were built and the first earth fillings were carried out, while concrete construction was created in the southern part of the coast as a protection measure against coastal erosion. By 1987, the public works in the area are completed, with the final construction of the marina, which still exists today. The surrounding area is transformed into a recreation area. The riverbed and the estuary of the Kalamaki stream in its northern part are settled and the artificial beach of Alimos is formed with earth fillings. An earth jetty is also being constructed, the aim of which is to protect the coast from erosion (Figure 5). In 1987 the length of the coastline more than doubled compared to the coastline of 1972 increasing by 134%. The coastline that was extended covered an area of 0.29 km².

Comparing the coastlines of 1987 and 2010, we observe that the interventions in the area continued (Figure 5). The length of coastline in 2010 increased by 129 m, while the artificial interventions covered an area of 0.33 km² (Tables 2 and 3). As it is shown in Figure 5 as well as Tables 2 and 3, from 2010 to 2021 no changes were observed in the coastline. The interventions from 1945 to 2021 caused a 287% increase in the length of the coastline. They cover an area of 0.33 km² (Tables 2 and 3).

Figure 5. Changes of the Alimos coastline from 1945 to 2021.

3.4. Glyfada

In the area of Glyfada, from 1945 to 1960 the changes of the coastal zone were minimal. Comparing the coastlines of 1960 and 1987 we observe that human interventions in the area were extensive.

Marinas and an artificial peninsula were built in the area. In the northern part of the peninsula, an artificial beach was created through the earthworks (Figure 6). The length of coastline grew from 4.5 km in 1960 to 13.5 km in 1987, and the artificial extension of the land covered an area of 0.85 km² (Tables 2 and 3). During the period 1987–2021 there were no changes in the coastal zone of Glyfada.
The length of the coastline from 1945 to 2021 increased by 194%, while the area excavated was 0.85 km² (Tables 2 and 3).

3.5. Voula

Figure 7 shows the coastlines of 1945 and 1960. The coastline of 1960 illustrates very little difference from that of 1945, except for the area that appears to be retreating (Tables 2 and 3). This change is probably due to the retreating of waters and the appearance of land behind the beach rocks which existed in the area during the aerial photography of 1945. This phenomenon is often observed in the coasts of Attica with a similar morphology during the winter. Coastal zone changes between 1960 and 1972 include land expansion in the northern part of the study area. The beach of Voula was created, with the simultaneous construction of three concrete platforms parallel to the coastline. The beach rocks of the area were removed and boxed under the platforms. During the period 1972 to 1987, the changes in the coastline of the area were limited (Figure 7, Tables 2 and 3). There was an extension of the coast to the artificial concrete platforms. There was a sandy zone added to the central platform, connecting it with the opposite land. In fact, a coast form of tombolo was created which is preserved to this day. The coastline has remained unchanged from 1987 onwards.

Figure 6. The coastlines of Glyfada from 1945 to 2021.
From 1945 to 2021 the length of the coastline increased by 31%. The extension of the artificial land covers an area of 0.02 km$^2$ (Tables 2 and 3).

3.6. Vouliagmeni Bay

Figure 8 shows all the coastlines of each year and their temporal changes can be seen. On the coastline of 1945 there were two islands in the western part of the area and on the coast of 1960 the first operation was made with the construction of the marina, which does not extend to the height of the islands. On the other hand, on the coastline of 1972, the extension of the works is clearly visible and the islets are connected on land with the concrete construction of the marina. The coast of 1987 was slightly different from that of 1972 in this area (Tables 2 and 3).

Another change is observed further north on the beach of Vouliagmeni. The coasts of 1945 and 1960 remained unchanged at this location. The coastline of 1972 showed the first changes, with the construction of a jetty. The final changes of the coastline were made by 1987, following the extension of the pre-existing jetty and the extension of the beach with the artificial deposition of sediments (Figure 8).

Figure 7. The locations of the coastline from 1945 to 2021 in the coastal zone of Voula.
During the period 1987–2010, the length of the shoreline slightly increased 0.2%, while no changes of the coastline were recorded from 2010 to 2021 (Tables 2 and 3). The artificial extensions caused a 27% increase of the coastline in 2021 compared to that of 1945. They are observed in a zone whose the area is 0.05 km² (Tables 2 and 3).

3.7. Vari Bay

The consecutive changes of the coastline from 1945 to 1987 are shown in Figure 9. The greatest alterations in the coastline were between the years 1960 and 1972. Particularly, the coasts of 1945 and 1960 were approximately similar without important changes. On the contrary, in 1972 there were the first hints of human interventions (Tables 2 and 3). In 1987, the final interventions came when new marine works in Varkiza took place as well as coastal management for a beach, which is currently used as recreation area. No temporal changes of the coastline from 1987 to 2021 were recorded (Figure 9, Tables 2 and 3).

Figure 8. The coastlines and their temporal changes from 1945 to 2021 in Vouliagmeni Bay.
The coastline in 1945 was 5.9 km long, while in 2021 it was 6.4 km long, marking an increase of 9%. The area of extended land is 0.09 km² (Tables 2 and 3).

3.8. Anavyssos Bay

In the coastal zone of the Anavyssos Bay, anthropogenic interventions during the period from 1945 to 1972 were not particularly noticeable (Figure 10).
Comparing the coastline of 1987 with those of previous years, we notice the obvious differences (Tables 2 and 3). The northwestern part of the bay was expanded by small port projects, which were done with the aim of launching small boats. Also, the beach was expanded due to the technical works that were done in the wider area, in order to conduct summer water sports (wind-surfing, etc.). The coastline has remained unchanged from 1987 to 2021 (Figure 10, Tables 2 and 3).

The extension of the coast is estimated at a length of 0.3 km (10%) from 1946 to 2021. The total area of the earth fillings is estimated at 0.07 km² (Tables 2 and 3).

3.9. Total Coastline Changes in Athens Riviera

Figure 11 illustrates the changes between 1945 and 2021 in Athens Riviera. High changes are observed in the bay of Faliro, in Alimos and Glyfada. The artificial interventions on the coastline are more intense in the areas that are very close to Athens metropolitan area. Small changes are recorded in the southern part of the study area and specifically in the bays of Vouliagmeni, Vari and Anavyssos.

![Figure 11. The coastlines of 1945 and 2021 as well as their temporal changes in Athens Riviera.](image)

As already mentioned before, the length of the coastline in the study area was estimated to be 122.1 km. The coastline of 1945 was 87.4 km long. Thus, the length of coastline increased by 39% from 1945 to 2021.

As it is shown in Table 3, between 1945 and 2021 the expanded surface approaches the 2.67 km². This extension caused to the earth filling of the study area and the artificial structures that took place. The area of artificial land varies from 1.27 km² in Faliro Bay to 0.07 km² in Anavyssos Bay.

4. Discussion

In the present study, the changes in the coastline of Athenian Riviera were identified during the time interval of 1945–2021. Aerial photos and satellite images were compared in a GIS environment to record and compare the coastlines of the years 1945, 1960, 1972, 1987, 2010 and 2021.
As a first step the artificial coast of the current coastline of the year 2021 were measured. This type of coast corresponds to 60% of the total length of the coastline (Table 1). According to Sengupta et al. [38] the coastal reclamation and the construction of buildings beyond land increase the length of artificial coast line. Therefore the long length of the artificial shoreline in the study area is justified. Moreover, 10% of the European Union’s coastlines are artificial, while more than 8% of the European Mediterranean coastline has been converted into artificial coast [39]. Although, the percentage of artificial coastline of the study area is higher than the average of Europe, it is probably due to the proximity of the study area to the Athens metropolitan area.

In a second step, seven subareas in which human intervention is intense were examined. These areas are: Faliro Bay, Alimos, Glyfada, Voula, Vouliagmeni Bay, Barkiza Bay and Anavyssos Bay. The area in which the highest changes in the coastline were observed because of human interventions is Faliro Bay. According to Table 2 the length of the coastline increased by 287% from 1945 to 2021, because of the artificial expansion of the land to the sea. The increased rate of coastline was 3.8, more specifically because the effects of anthropogenic activities the length of the coastline increased 1% from 1945 to 1960, 80% from 1960 to 1972, 10% from 1972 to 1987, 84% from 1987 to 2021 and 22% from 2010 to 2021. The rates of increase were 0.06 (1945–1960), 0.6 (1960–1972), 0.06 (1972–1987), 3.6 (1987–2010), 2.2 (2010–2020), with a trend of reduction growth. Additionally, the extension of the land to the sea nowadays occupies an area of 1.27 km² (Figure 12, Table 3). The increase in the length of the artificial coastline as well as the decrease in its growth trend has been observed and in other coastal urban areas. Li et al. [40] compared the coastlines in Xiangshan Bay of China and Tampa Bay of USA from 1985 to 2015 and they resulted that the length of artificial coastline increased first and then maintained stable. Additionally, Faliro bay has undergone extensive coastline modifications and is probably a vulnerable area to a future sea level rise.

Moreover in the other two subareas, Alimos and Glyfada the artificial surfaces took up the coastal area. In Alimos, the length of the coastline increased by 256%, while the artificial interventions covered an area of 0.33 km² from 1945 to 2021 (Tables 2 and 3, Figure 12). It should be mentioned that, after the year 2010, no changes in the coastal zone of Alimos were observed. In Glyfada, from 1945 to 2021 the human interventions caused a 194% increase in the length of the coastline and they cover an area of 0.85 km² (Figure 12). After the year 2010 no changes in the coastline of Glyfada were recorded. These three subareas are suburbs of Athens and are located close to the city Centre. Thus, they are impacted extent of human activities. As it is shown in Table 2, the closer an area is to the capital, the greater the results of artificial interventions in the coastal zone. According to Skilodimou et al. [34] Alimos and Glyfada are locations with high vulnerability to flooding. The elimination of the vegetation cover, the urbanization of the streams and coastal zone, are causes of flooding generation in the study area.

Voula is the subarea with important changes in coastline compared to the other rest subareas. In Voula the length of coastline increased by 31%, while the extended area was 0.02 km² (Tables 2 and 3, Figure 12). On the other hand Anavyssos Bay recorded the lowest changes in relation to the other subareas. In this region, the length of the coastline increased by 31%, and the artificial extension of the land towards the sea has an area of 0.09 km² (Tables 2 and 3, Figure 12).

The main changes in the coastlines of the seven subareas were from 1960 to 1987. Exceptions are Faliro Bay where changes in coastline were observed until the present, as well as Alimos where the changes were recognized until 2010. According to [33,34], this is because the coastal reclamation project of the study area started in 1970 and was completed before 1987. Thus, although the intensity of human activities was enhanced in Athens Riviera, the degree of changes in coastlines slowed down from 1987 to 2021.

Finally, the total changes in the coastline of Athenian Riviera were examined. The length of coastline was 87.4 km in 1945 and 122.1 km in 2021. During the past 76 years, the coastline was enhanced by 40% while the land reclaimed to the sea area now approaches
2.67 km² because of human interventions. The growth of urban fronts in the coastal area resulted in this artificial increase of coastline length. For example in Asia, Yasir et al. [41] found from 2000 to 2019 a rise of 68% in the length of artificial coastline of Qingdao in East China, compared to the total length of about 500 km. Chee et al. [42] found 21 km of artificial coast in a coastline 106 km-long in Penang Island, in Malaysia. In the Mediterranean Sea, Llorens et al. [43] registered changes in southeastern coastline of Spain due to human land reclaimed to the sea from different times (1956–1957 and 2014–2016). Anthony [44], reports that the Mediterranean coastline has been drastically modified by human interventions over the last two centuries. These modifications have been notably associated with the construction of marinas, leisure harbours and artificial beaches, and have resulted in the emergence of artificial shorelines.

Figure 12. Graphical presentation of land increase in each examined year for the seven subareas.

Regarding the applied methodology, aerial photos and remote sensing data are often used to map and estimate the coastline changes worldwide [33,37,43,45]. Aerial photos supply high-resolution images, but they are an expensive and time-consuming process when covering a large area. On the other hand, medium spatial resolution satellite images such as Landsat can be very helpful in the case of provincial, national or global scale temporal mapping processes and are available for free of charge [20]. Another advantage of the method is that aerial photos and remote sensing data can easily and quickly combined and processed in a GIS environment. Thus, it can provide fast and reliable results to the estimation of coastline changes.

Therefore, engineers, planners and environmental managers may utilize the proposed procedure in the recording and monitoring of the coastline changes. Additionally, it may be used by the local authorities to guide the adoption of policies and strategies aiming towards coastal management.
5. Conclusions

The total length of the coastline in Athens Riviera was found to be 122.1 km. Sixty percent of the total length of the coastline are artificial coasts, while rocky coasts and beaches represent 29% and 12% respectively of the total length.

The examination of seven subareas showed that human interventions caused the highest coastline modifications in Faliro Bay. The length of the coastline increased by 287% from 1945 to 2021 and surface of the technically filled area now approaches 1.27 km². High coastline changes were found in Alimos and Glyfada, while the lowest coastline modification was recognized in Anavysso Bay. The nearest coastal regions to Athens metropolitan area show the highest modifications in the coastline. The main changes in the coastlines were recorded from 1960 to 1987, with the exception of the coastal area of Faliro Bay and Alimos. The degree of changes in coastline slowed down from 1987 to 2021.

The study of the total changes in the coastline of Athenian Riviera shows that during the past 76 years, the coastline was enhanced by 40% while land reclaimed to the sea area approached 2.67 km² because of human interventions. Engineers, planners and environmental managers may utilize the proposed method in the recording and monitoring of the coastline changes.

Author Contributions: Conceptualization, H.D.S. and V.A.; methodology, H.D.S., V.A. and G.D.B.; software, V.A. and G.D.B.; validation, G.D.B. and E.T.; formal analysis, E.T.; investigation, H.D.S., V.A. and G.D.B.; resources, H.D.S., V.A., G.D.B. and E.T.; data curation, H.D.S.; writing—original draft preparation, H.D.S.; writing—review and editing, V.A., G.D.B. and E.T.; visualization H.D.S., V.A. and G.D.B.; supervision, H.D.S. and G.D.B. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Data Availability Statement: Data that support the findings of this study are available from the corresponding author upon reasonable request.

Acknowledgments: The constructive and thorough reviews of anonymous reviewers are warmly acknowledged.

Conflicts of Interest: The authors declare no conflict of interest.

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