**Abstract.** Background/Aim: miRNA-1 (miR-1) is down-regulated in various cancer cells including osteosarcoma cells. This study was conducted to analyze the function of miR-1 in osteosarcoma cells. Materials and Methods: miR-1 expression in osteosarcoma cells was evaluated by qRT-PCR. Cell proliferation was evaluated after transfecting miR-1 by WST8 assay and FACS analysis, both in vitro and in vivo. Results: Overexpression of miR-1 suppressed cell proliferation and induced cell-cycle arrest in the G0-G1 phase by increasing p21 levels via a p53-independent pathway. Overexpression of miR-1 down-regulated PAX3, a potential p21-regulating gene. Moreover, knockdown of PAX3 suppressed cell proliferation by increasing p21 levels, and induced arrest at the G0/G1 phase. Administration of miR-1 showed an in vivo antitumor effect. Conclusion: Overexpression of miR-1 suppressed cell proliferation and induced arrest in the G0/G1 phase by increasing p21 levels via a p53-independent pathway through PAX3 suppression. These results indicate that miR-1 could be a therapeutic target for osteosarcoma.

Osteosarcoma is a primary bone malignancy that usually occurs in the metaphyseal region of long bones in children and adolescents, producing immature osteoids and bones. Previously, amputation of the extremities, concurrent with detection, was the conventional therapy for osteosarcoma and the 5-year survival rate was extremely poor, less than 20%, due to the inability to inhibit pulmonary metastases (1). Recently, the survival rate has increased to 60-80% through the application of combination treatments using surgery and chemotherapy, but no major developments in treatment have occurred over the last 30 years. Furthermore, 1/3 of osteosarcoma patients experience local relapses and distal metastases even after potent chemotherapy, and the mean survival after relapse is less than 1 year (2, 3). Osteosarcoma is characterized by high genomic instability, and many individually different genome translocations, amplifications, and defects are observed. For these reasons, no uniform pathogenic events leading to tumorigenesis have been established (4). Therefore, further improvements in the prognosis of osteosarcoma will require clarification of the mechanisms involved in tumorigenesis.

Growing evidence has indicated the involvement of miRNAs in the tumorigenesis and metastases of osteosarcoma. Previous studies have reported that miR-34, -29b, -422a, -140, -133, and -1 are involved in the regulation of various cell functions, and that they suppress proliferation, migration, and invasion (6, 8-11). It is known that miR-1 acts on mesenchymal stem cells and plays a critical role in skeletal and cardiac muscle development (12). Therefore, we focused on miR-1 under the hypothesis that it is involved in the...
mechanisms controlling the development and progression of osteosarcoma, which is of musculoskeletal origin. The expression of miR-1 is decreased in various cancers (13, 14), and miR-1 acts as a tumor suppressor, being involved in diverse biological processes including tumor cell proliferation, migration, invasion, apoptosis, and cell cycle arrest. Overexpression of miR-1 is believed to play an important role in osteosarcoma and oncology treatments (14-17).

Studies have reported that miR-1 suppresses proliferation, migration, and invasion by down-regulating MET (11), Med1 and Med31 (18), and VEGFA (19) in osteosarcoma. Although some studies have reported that miR-1 induces cell cycle arrest, a detailed analysis on downstream genes related to the cell cycle has not been fully performed, and evidence concerning the in vivo function of miR-1 has not been obtained.

The aim of this study was to analyze the role of miR-1 in osteosarcoma, and to identify and analyze the functions of new target genes related to cell proliferation and cell cycle. The study also aimed to analyze changes in cell proliferation after transfection with miR-1 using a xenograft model to evaluate the in vivo antitumor effect of miR-1.

Materials and Methods

Osteosarcoma cell lines and normal osteoblast cell line. Human osteosarcoma MG63, Saos2, and G292 cell lines were purchased from the Health Science Research Resource Bank of Japan (Osaka, Japan). The normal osteoblast cell line hFOB1.9 was purchased from ATCC (Manassas, VA, USA). For MG63 and hFOB1.19, Dulbecco’s Modified Eagle’s Medium (DMEM) (Nacalai Tesque, Kyoto, Japan) containing 10% fetal bovine serum (Nichirei Bioscience, Tokyo, Japan), 0.1 mM non-essential amino acids (Thermo Fisher Scientific, Waltham, MA, USA), and 100 IU/ml penicillin-streptomycin-glutamine (Thermo Fisher Scientific) was used. For Saos2 and G292, McCoy’s 5A medium (Nacalai Tesque) containing 10% fetal bovine serum, 0.1 mM non-essential amino acids, and 100 IU/ml penicillin-streptomycin-glutamine was used. All cells were cultured at 37°C and 5% CO₂.

Transfection with miRNA-1 mimic and siRNA. The osteosarcoma cell line was transfected with miR-1 mimic (miR-1 group) and negative control miRNA (NC-miRNA group) at a final concentration of 50 nM each using Lipofectamine™ 2000 Transfection Reagent (Thermo Fisher Scientific) according to the manufacturer’s instructions. Transfection with PAX3-siRNA and negative control-siRNA (Thermo Fisher Scientific) were performed at a final concentration of 10 nM in the same manner.

The sequences were as follows: has-miR-1: 5’-UGAAGAUUGA AGAAAGUGUA-U3’, PAX3-siRNA-Sense: 5’-GAGCACAAAU UACUCAAGATT-3’, PAX3-siRNA-Antisense: 5’-UCCUUG AGUAAUUUGUGUCG-3’.

Quantitative RT-PCR. After transfection with miRNA for 48 h, total RNA was extracted from cells using a RNeasy Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer’s instructions. The extracted total RNA was reverse transcribed using Prime Script RT Master Mix (Takara Bio Inc, Shiga, Japan) to prepare complementary DNA (cDNA) at a final concentration of 500 ng/μl. The reaction was performed using Takara Prime Script (Takara Bio Inc) according to the manufacturer’s instructions. The analysis of expression levels by qRT-PCR was performed using a TaqMan Probe (Takara Bio Inc) according to the manufacturer’s instructions. Expression levels were corrected using RUN44 (Thermo Fisher Scientific) as an endogenous control. Synthesized cDNA was used to perform qRT-PCR, and the expression levels of p21, PAX3, and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were analyzed. All reactions were performed using a SYBR Premix Ex Taq II (Takara Bio Inc) according to the manufacturer’s instructions.

The specific primers were as follows: RUN44: 5’-AGCTAAT TAAGACCTTCATGTTCA-3’, p21-Forward: 5’-TGGACCTGTCA CTGTCCTTG-3’, p21-Reverse: 5’-TCCTGTGGGCGGAT TAG-3’, PAX3-Forward: 5’-GAAACCCGCGCCGTCGA-3’, PAX3-Reverse: 5’-CCCTCCTCTTCACTCATT-3’, GAPDH-Forward: 5’-TCAAC GGGCTCCTTAC-3’, GAPDH-Reverse: 5’-TGACGGTGCCA TGAATTG-3’.

For PCR reactions, expression levels were corrected by the ΔΔCT method using GAPDH as an endogenous control. The statistical analysis was performed in triplicate (n=3) and repeated 3 times.

Western blotting. The protein was extracted using a Pierce RIPA buffer (Thermo Fisher Scientific) and protease inhibitors (Roche Applied Science, Penzberg, Germany). The protein extract was quantified using a BCA Protein Assay Kit (Thermo Fisher Scientific). 25 μg of protein were applied to each lane of NuPAGE 4-12% Bis-Tris Protein Gel (Thermo Fisher Scientific) and transferred onto Immobilon-P membrane (Millipore, Burlington, MA, USA). The membrane was blocked with Blocking One (Nacalai Tesque) for 1 h. Each primary antibody was diluted in Can Get Signal Immunoreaction Enhancer Solution 1 (GE Healthcare, Tokyo, Japan), and incubated overnight at 4°C. The diluted concentrations of each antibody were as follows: Rabbit anti-p53 antibody (DO-1; Santa Cruz Biotechnology, CA, USA), anti-phosphorylated p53 antibody (Cell Signaling Technology), anti-p73 antibody (Cell Signaling Technology), anti-p21 antibody (Santa Cruz Biotechnologies, CA, USA) at 1:1,000; mouse anti-PAX3 antibody (Abcam, Bristol, England) at 1:1,000; and anti-GAPDH rabbit polyclonal antibody (Abcam) as the endogenous control at 1:2,500. After treatment with the primary antibodies, the membrane was washed with phosphate buffered saline containing 0.1% Tween (PBS-T), and then incubated with horseradish peroxidase (HRP)-labelled anti-rabbit or mouse IgG antibody (GE Healthcare) secondary antibodies diluted in PBS-T at 1:2,000, for 1 h at room temperature. The signal was developed using Chemi-Lumi One Super (Nacalai Tesque) chemiluminescence and then visualized using a Bioimage Analyser LAS-4000 (Fujifilm, Osaka, Japan).

WST8 cell proliferation assay. Cell proliferation was determined using a WST8 assay. The osteosarcoma cell line was transfected with miR-1 (50 nM), NC-miRNA (50 nM), siPAX3 (10 nM) or NC-siRNA (10 nM) and seeded onto a 96-well plate at a density of 5.0x10³ cells/100 μl/well. After incubation for 24, 48, and 72 h, 10 μl of Cell Count Reagent SF (Nacalai Tesque) was added to 90 μl of the culture solution. Color was allowed to develop for 1 h and
its absorbance (450 nM) was determined using a Wallac 1420 ARVO MX (PerkinElmer, Waltham, MA, USA). The experiment was performed in triplicate (n=3) and repeated 3 times.

**Flow cytometry (FACS analysis).** The osteosarcoma cell line was transfected with miR-1 (50 nM), s NC-miRNA (50 nM), iPAX3 (10 nM), or NC-siRNA (10 nM) and seeded onto a 6-well plate at a density of 1.0x10^5 cells/2 ml/well. After 48 h incubation, the cells were collected together with the floating cells. After washing with phosphate buffered saline (PBS), they were suspended in ice-chilled 75% ethanol, and kept for ≥12 h at 4°C. After washing with PBS, the cells were suspended in 0.1% fetal bovine serum (Nichirei Bioscience). After incubation at room temperature for 15 min and following the administration of 200 μg/ml of RNase A, the cells were stained with propidium iodide. An analysis was performed using FACS Calibur (Becton, Dickinson and Company, NJ, USA) to determine the phase of cell cycle in each cell. The measurement was repeated 3 times for each sample, and the mean number of cells belonging to each phase of the cell cycle was calculated.

**Animal studies.** Eight-week male nude mice (n=12) were purchased from CLEA Japan, Inc. (Tokyo, Japan). The osteosarcoma cell line (MG63) was suspended in 200 μl of culture solution to prepare 1.0x10^6 cells and subcutaneously injected to form a tumor. The tumor size was calculated as long diameter x short diameter x height/2. When the tumor volume reached 200 mm^3, miR-1 (25 nM) or NC-miRNA (25 nM) were administered around the tumor using Atelogene (Koken, Tokyo, Japan). miRNA was administered 3 times on Days 0, 7, and 14. The tumor volume was measured every 2 to 3 days until the final measurement on Day 21. On Day 21, the tumor was removed. Subsequently, the tumor tissue was stained with Ki67 to assess proliferation activity. Ki67 staining was scored from 0 to 15 points using the following formulas in a (1) x (2) manner: (1) area (percentage of tumor cells per slide) rated as 0: 0%; 1: <5%; 2: 5% to 20%; 3: 21% to 50%; 4: 51% to 75%; and 5: >75%, and (2) density rated as 0: absence; 1: weak; 2: moderate; and 3: strong. These animal experiments were approved by the Animal Experiment Committee of Nihon University (Approval No. AP15M035). Each slide was scored by 3 persons other than experimenters.

**Statistical analysis.** All analyses were performed using n≥3, and their mean values were analyzed. The statistical analysis was performed using GraphPad Prism5 software, and quantitative results were expressed as the mean±standard deviation (SD). For differences in the mean, p-values of <0.05 were considered statistically significant in the Student’s t-test.

**Results**

**Reduction of miR-1 expression in osteosarcoma cell lines compared to the normal cell line.** To clarify the roles of miR-1 in tumorigenesis and the progression of osteosarcoma, qRT-PCR was conducted to evaluate the miR-1 expression level in osteosarcoma and normal osteoblast cell lines. Compared to the normal osteoblast cell line hFOB1.19, used as the control, all osteosarcoma cell lines, MG63, Saos2, and G292, showed a significant reduction in miR-1 expression (p<0.05, Figure 1A). After transfection of miR-1 to the osteosarcoma cell lines, miR-1 was overexpressed (p<0.05, Figure 1B).

**Overexpression of miR-1 suppressed cell proliferation and induced cell-cycle arrest by increasing p21 expression via a p53-independent pathway.** To evaluate the role of miR-1 overexpression on tumor growth in osteosarcoma, the WST8 assay and a FACS analysis were conducted to evaluate cell proliferation and determine the distribution of cells in each phase of the cell cycle.

**Overexpression of miR-1 suppressed cell proliferation.** Osteosarcoma cells were transfected with the miR-1 mimic or NC-miRNA for 24-72 h. The WST8 assay revealed that the miR-1 group showed significant suppression of cell proliferation at 24, 48, and 72 h compared with the NC-miRNA group (Figure 2A).

**Overexpression of miR-1 induced cell cycle arrest in the G0-G1 phase by increasing p21 expression.** The FACS analysis
miR-1 group showed a reduction in the number of cells in the S phase and an increase in the number of cells in the G0-G1 phase (Figure 2B), suggesting cell cycle arrest in the G0-G1 phase. An analysis of the genes related to the cell cycle was performed to elucidate the mechanism of cell cycle arrest in the G0-G1 phase. A significant increase in p21 expression was shown in the qRT-PCR (Figure 2C). Although the western blot showed no changes in the expression of p53, p73, or phosphorylated p53, p21 expression increased significantly.

These results demonstrated that cell cycle arrest was induced via a p53-independent pathway (Figure 2D).

Overexpression of miR-1 down-regulated PAX3 expression. Since the obtained data showed that overexpression of miR-1 acted on p21 and induced cell cycle arrest via a p53-independent pathway, we focused on PAX3, one of the target genes of miR-1, as a potential p21-regulating gene (Figure 3A, Table I) (17). PAX3 is a member of the PAX gene family.
Figure 3. The effect of transfection of miR-1 or NC-miRNA in the osteosarcoma cell line (MG63) on PAX3 levels. A: The miR-1 sequence and target area in PAX3. B: qRT-PCR analysis of PAX3 expression at 48 h and C: western blot analysis of PAX3 expression at 48 h.

Table I. Predicted direct targets of miR-1.

| Gene name     | Official name                                      | Chromosome location | Functions                                                                 |
|---------------|----------------------------------------------------|---------------------|--------------------------------------------------------------------------|
| TAGLN2        | Transgelin 2                                       | 1q21-q25            | The earliest markers of differentiated smooth muscle                      |
| CXCR4         | Chemokine (C-X-C motif) receptor 4                 | 2q21                | CXC chemokine receptor specific for stromal cell-derived factor-1        |
| FN1           | Fibronectin 1                                      | 2q34                | Involved in cell adhesion and migration processes                        |
| PAX3          | Paired box 3                                       | 2q35                | A member of the paired box (PAX) family of transcription factors         |
| PTMA          | Prothymosin, alpha                                 | 2q37.1              | Enhance cell-mediated immunity                                            |
| HDAC4         | Histone deacetylase 4                              | 2q37.3              | Histone deacetylase activity and represses transcription                 |
| FOXP1         | Forkhead box P1                                    | 3p14.1              | The regulation of tissue- and cell type-specific gene transcription      |
| VEGFA         | Vascular endothelial growth factor A               | 6p21                | A growth factor activate in angiogenesis, vascularogenesis, endothelial cell growth |
| Pim-1         | Pim-1 oncogene                                     | 6p21.2              | Signal transduction                                                      |
| ET-1          | Endothelin 1                                       | 6p24.1              | A potent vasoconstrictor                                                |
| MET           | Met proto-oncogene                                 | 7q31                | Proto-oncogene                                                           |
| Slug          | Snail family zinc finger 2                         | 8q11                | A member of the Snail family of C2H2-type zinc finger transcription factors |
| CXCL12        | Chemokine (C-X-C motif) ligand 12                   | 10q11.1             | The ligand for the G-protein coupled receptor, chemokine (C-X-C motif) receptor 4 |
| ETS1          | v-ets avian erythroblastosis virus E26 oncogene homolog 1 | 11q23.3              | A member of the ETS family of transcription factors                      |
| TWF1          | Twinfilin actin-binding protein 1                  | 12q12               | An actin monomer-binding protein                                          |
| CCND2         | Cyclin D2                                          | 12p13               | Regulators of CDK kinases                                                |
| SRSF9         | Serine/arginine-rich splicing factor 9             | 12q24.31            | A member of the serine/arginine (SR)-rich family of pre-mRNA splicing factors |
| PNP           | Purine nucleoside phosphorylase                    | 14q13.1             | The phosphorylation of purine nucleosides                                |
that is involved in cell proliferation, invasion, survival, and cell lineage differentiation during fetal life (20), as well as in the regulation of cell cycle via p21 (21). In osteosarcoma, high expression of PAX3 was found to promote cell migration and invasion (22). However, there have been no studies examining cell proliferation in osteosarcoma. In this study the effect of miR-1 transfection on PAX3 in osteosarcoma was evaluated. qRT-PCR and Western blot analysis indicated that PAX3 expression decreased after transfection with miR-1 (Figure 3B and C).
Down-regulation of PAX3 expression inhibited cell proliferation via p21. PAX3-siRNA (siPAX3 group) was used to evaluate whether PAX regulated p21 in osteosarcoma. Cell proliferation and the phases of cell cycle were evaluated using the WST8 assay and FACS analysis.

Down-regulation of PAX3 expression induced cell cycle arrest in the G0-G1 phase by increasing p21 expression in the same manner as overexpression of miR-1. FACS analysis showed that down-regulation of PAX3 (siPAX3 group) expression resulted in a reduction in the number of cells in the S phase and an increase in the number of cells in the G0-G1 phase (Figure 4D), in the same manner as in the miR-1 group. In addition, qRT-PCR and western blot analysis showed that down-regulation of PAX3 expression results in increased p21 expression (Figure 4E and F).

miR-1 transfection suppressed tumor volume enlargement. Since miR-1 transfection suppressed cell proliferation, we evaluated the effect of miR-1 in tumorigenesis of osteosarcoma in vivo. In the miR-1 group, tumor enlargement was significantly suppressed on Days 7, 14, and 21. On Day 21 specifically, the tumor volume was 368.0±91.3 mm³ in the NC-miRNA group, whereas it was 144.1±96.0 mm³ in the miR-1 group. (Figure 5A and B). Immune staining with Ki67

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Figure 5. The mouse subcutaneous tumor model was prepared, and miR-1 or NC-miRNA were administered around the tumor (each n=6). miRNA 3 times on Days 0, 7, and 14. A: Changes in tumor volume over time. B: Tumor appearance C: Ki67 staining of tumor tissues. D: Evaluation of proliferation activity by scoring. *p<0.05, **p<0.01.
studies have reported that miR-1 induced cell-cycle arrest in the G0-G1 phase by targeting MET, Med1 and Med31, and VEGFA (19) in osteosarcoma. Although some invasion by down-regulating MET (11), Med1 and Med31 reported that miR-1 suppresses proliferation, migration, and these past studies (14, 15, 17). Previous studies have carcinoma, rhabdomyosarcoma, and G2 phase arrest in many cancers; the results of this study were consistent with proliferation and cell cycle were analyzed. Overexpression growth in osteosarcoma has not been clarified, cell antitumor effect. The experiment in which miR-1 was administered to the mouse subcutaneous tumor model revealed that miR-1 has a significant antitumor effect. The experiment in which miR-1 was administered to the mouse subcutaneous tumor model revealed that miR-1 has a significant in vivo antitumor effect.

Since the effect of miR-1 overexpression on tumor growth in osteosarcoma has not been clarified, cell proliferation and cell cycle were analyzed. Overexpression of miR-1 has been shown to suppress cell proliferation in many cancers; the results of this study were consistent with these past studies (14, 15, 17). Previous studies have reported that miR-1 suppresses proliferation, migration, and invasion by down-regulating MET (11), Med1 and Med31 (18), and VEGFA (19) in osteosarcoma. Although some studies have reported that miR-1 induced cell-cycle arrest in the G0-G1 phase by targeting MET, Med1 and Med31, a detailed analysis of the downstream genes related to the cell cycle has not been fully performed. The function of miR-1 in the cell cycle differs depending on the type of carcinoma: miR-1 induced arrest in the G0/G1 phase in lung cancer, head and neck squamous cell carcinoma, renal cell carcinoma, rhabdomyosarcoma, and G2 phase arrest in hepatoma (13, 17, 23-25). It has also been reported that miR-1 suppresses cell proliferation through arrest in the G0/G1 phase by down-regulating the expression of MET, CCND2, CDK4, and CDK6 (11, 24, 26). In this study, overexpression of miR-1 significantly suppressed cell proliferation and induced arrest in the G0/G1 phase in the same manner. Therefore, an analysis of genes related to the cell cycle was performed to further elucidate the mechanism of action of miR-1. An important gene that induces arrest in the G0/G1 phase is p53 (27), and also, p21 expression increases via the p53 pathway (28). However, this study revealed that miR-1 induced cell cycle arrest by increasing p21 expression via a p53-independent pathway. Although p21 is regulated by various miRNAs, it is not a direct target of miR-1. Therefore, we focused on PAX3 as a potential p21-regulating gene (17). PAX3 is a member of the PAX gene family and is involved in cell proliferation, invasion, survival, and cell lineage differentiation during fetal life (20). It also regulates the cell cycle in neuroblastoma via p21 (21). In osteosarcoma, PAX3 expression is higher than in normal cells and a high level of expression of PAX3 promotes cell migration and invasion (22). Furthermore, high expression of PAX3 was associated with poor prognosis in glioma (29). In osteosarcoma, overexpression of miR-1 suppressed PAX3 expression and knockdown of PAX3 suppressed cell proliferation, increased p21 expression, and induced arrest in the G0/G1 phase. Therefore, in osteosarcoma, overexpression of miR-1 induced arrest in the G0/G1 phase by increasing p21 expression via a p53-independent pathway through suppression of PAX3 expression. In the mouse subcutaneous tumor model, administration of miR-1 showed an in vivo antitumor effect. The results of this study suggest that miR-1 could be a therapeutic target for osteosarcoma.

Conclusion

In osteosarcoma, overexpression of miR-1 suppressed cell proliferation by increasing p21 expression via a p53 family-independent pathway through down-regulation of PAX3 expression. Furthermore, miR-1 showed a marked suppressive effect on tumor enlargement in a mouse subcutaneous tumor model. Therefore, miR-1 could be a new therapeutic target for osteosarcoma.

Conflicts of Interest

No potential conflicts of interest were reported by the Authors.

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