Assessing the impact of land use and land cover dynamics on water quality of Dal Lake, NW Himalaya, India

Ishtiyaq Ahmad Rather1 · Abdul Qayoom Dar1

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Abstract
A dynamic process like land use, if anthropogenically unsustainable, adversely affects the well-being of the land system. Worldwide, water bodies are facing imminent threat due to unsustainable anthropogenic activities. Water quality and ecology are the two characteristics of water bodies, if not preserved, shall have a direct consequence on the well-being of the human systems. Hence it is essential to understand the causes and consequences of the deteriorating water body systems. The condition is particularly grim in Himalayan water body ecosystems, where unplanned and unchecked urbanization has threatened their very existence. In the present study, the dynamics of land use/land cover (LULC) and its impact on the water quality of Dal Lake in Kashmir Himalaya, India has been assessed. We carried out a detailed study wherein changing LULC is analyzed against the deteriorating trophic status of the Dal Lake using time-series of satellite imagery of the lake’s catchment and its water quality data. Results indicated that the water quality of Dal Lake has remarkably deteriorated due to increased nutrient and sediment loads from the catchment, attributed to significant anthropogenic activities in the catchment. Due to unprecedented LULC changes in the catchment, the forest class shows a significantly negative change since the last four decades (1980–2018), corroborating with the ongoing deterioration of physicochemical characteristics of the lake. The analysis shows an increase in all the agents of eutrophication, such as NO3–N, TP, and COD, from 1990 to 2018. The decrease in forest, agriculture, and floating gardens was observed to show a significant negative correlation with the increase in the decadal average values of the COD, NO3–N, and TP for the same corresponding period. Similarly, a positive correlation was found between the increase in built-up, aquatic vegetation, bare surfaces, and these water quality parameters, establishing a strong relationship between the deteriorating condition of the lake and changing LULC. Our findings indicate that changing LULC of the lake’s catchment is one of the critical factors that has significantly contributed toward the deteriorating ecology and water quality of the Dal Lake. This study shall contribute toward the development of the robust conservation strategy in order to save this urban lake from its untimely death.

Keywords Dal Lake · LULC · Lake water quality · Eutrophication · Conservation strategy

Introduction
Land use (LU) refers to the human employment of land and is the planned hiring and management strategy laced on the land defined by humans (Biswas et al. 1999; Pradhan 2010). On the contrary, land cover (LC) is the natural cover on the land defined by natural processes. It includes the distribution of vegetation, water, desert and ice, and the immediate subsurface, including biota, soil, topography, surface, and groundwater (Meraj et al. 2012). LULC change is a dynamic process driven by natural phenomena and anthropogenic activities that, in turn, compel deviations impacting natural ecosystems (Skilodimou et al. 2003). Such change occurs due to any physical, biological or chemical means, for example, drainage improvements, installation and use of irrigation, building farm dams, pollution and land degradation, vegetation removal, changed fire regime, the spread of weeds and exotic species, and conversion to nonagricultural uses (Addiscott and Thomas 2000).

Changes in LULC have a significant influence on earth system processes such as hydrology, climate, biogeochemical cycles resulting in adverse environmental issues if promulgated unfettered (Bhat et al. 2013, 2014, 2016). Globally,
LULC changes have resulted in deforestation, biodiversity loss, global warming, and an increase in natural disasters, hence causing global environmental change (Hooijer et al. 2004; Altaf et al. 2013; Meraj et al. 2013, 2018). LULC change is considered as the single most crucial variable of global change and is as large as that associated with the climate change, having a significant impact on the environment (Gujree et al. 2017), due to which inventory, assessment, and monitoring of LULC change provides a vital input to environmental decision-making (Meraj et al. 2013) and are crucial for further understanding and modeling of change mechanism at different scales (Van De Wiel et al. 2011; Altaf et al. 2014). Many urban land use studies have used satellite images to generate accurate urban land use maps and also detected changes in urban land use/land cover (Javed et al. 2009; Chen et al. 2011; Saghaefian et al. 2013; Badar et al. 2013a, b; Valipour 2015; Talool et al. 2020). The short- and long-term monitoring of LULC change is vital in establishing links between policy decision-making, regulatory actions, and subsequent land use planning activities for the management of natural resources (Mosbahi et al. 2012; Trabucchi et al. 2013; Jang et al. 2013). Catchment has an essential role in determining the composition of the lake water quality, and LULC change in the catchment affects the downstream environmental processes, particularly the water quality.

The literature review shows that most studies have focused on analyzing the change in catchment LULC with water quality parameters. By discussing the water quality changes due to LULC conversion and modification (Jenerette and Wu 2001; Lambin and Geist 2006), authors have focused on how it ultimately affects the water quality. Many studies have evaluated the influence of the catchment dynamics and the water quality (WQ) parameters of the lake, such as DO, nitrates, phosphates, TDS, and TSS (Sliva and Williams 2001; Turner and Rabalais 2003; Ahearn et al. 2005). Moreover, a particular type of land cover affects particular WQ parameters. For example, it has been concluded by many studies that agricultural activities in the catchment are a critical criterion determining the pesticides and nitrogen in the water bodies (Johnson et al. 1997; Smart et al. 1998; Sliva and Williams 2001).

Assessment of the impact of the LULC change on WQ has critical importance in the management of the environment (Engel et al. 2007), due to its role in maintaining the sustainability for biotic life. Moreover, besides water quality, LULC changes have a tremendous role in understanding the implications of climate change, runoff potential, and demography (Meyer and Turner 1992; Weng 2001; Beighley et al. 2008).

The study has been carried out on Dal Lake and its catchment, Kashmir, NW Himalaya India. Due to tremendous anthropogenic pressures as a result of changing socioeconomic conditions in the region, Dal Lake as a system has been affected ecologically as well as hydrologically (Khan 1993a, b). The area in the recent decade has witnessed unprecedented and unplanned urbanization. The untreated sewage from various point and nonpoint sources discharged into the lake has resulted in the complete degradation of the water quality of the lake. Moreover, deforestation, grazing, and agricultural activities in the Dal Lake catchment have resulted in the heavy sediment, and nutrient loads into the lake have accelerated its eutrophication (Badar and Romshoo 2007). Due to an increase in the percent impervious area of the Dal Lake catchment, after a short spell of precipitation, there is quick peak flow in the streams (mainly Telbal Nalla) feeding the Dal Lake that increases the rate of erosion and hence draws more sediment loads into the lake (Pandit and Qadri 1990; Amin and Romshoo 2007).

Water pollution and the resulting degradation of the Dal Lake ecosystem are currently India’s national priority. Environmental groups are raising voices to designate this lake as a Ramsar site so that the conservation of this lake is monitored and funded internationally. Many studies have been carried out to understand the causes behind the lake’s alarming rate of eutrophication. However, analysis for understanding this phenomenon through the establishment of a statistical relationship between changing LULC and WQ is missing. Therefore, the present study was aimed to understand the degrading condition of the lake using long-term relationships between the changing LULC and WQ so that policymakers through informed decision-making could devise strategies aimed at reversing the changes that have resulted in its degradation.

**Study area**

The present work addresses the impact of decadal LULC change on the water quality of the Dal Lake, Kashmir, India. The study area lies between 34°5′20″ to 34°13′40″N latitude and 74°48′35″ to 74°08′32″E longitude, at an altitude of 1583 m to the north-east of Srinagar city, Jammu and Kashmir, India (Fig. 1). The lake is characterized by vast and diverse watershed in terms of topography, flora and fauna. It spreads over an area of 333 km². Among the sub-watersheds, Telbal-Dachigam in the north-east is the largest sub-watershed (~230 km²) of Dal catchment comprising nearly 70% of the watershed and divided into the Telbal-Dara (~87 km²)
and Dachigam National Wildlife Reserve (~143 km²) sub-watersheds. The average annual rainfall is 650 mm at Srinagar and 870 mm at Dachigam. A snow thaw in the higher reaches in the summer season of the watershed results in the maximum discharge in Dachigam and Dara Nallah (Shah et al. 2014).

The Dal Lake catchment is dominated by alluvium, Panjal traps, and agglomerate slates. The water table nicks the hill slopes, which is evidenced by the occurrence of numerous springs in the catchment. It has the drainage pattern of dendritic type that indicates that the catchment’s rock strata is of lower porosity. The irregular surfaces on the mountains of this catchment are endorsed to this dendritic and trellis drainage pattern. Moreover, the catchment is characterized by a variety of rock types such as sedimentary, metamorphic, and igneous. The critical stream that enters the lake, i.e., the dachigam Telbal Nallah system, is supposed to follow two significant lineaments. Regarding the Dal Lake, it is a multi-basin lake with the generally flowing from east to south-west (Wadia 1953; Bhat 1989).

**Materials and methods**

Landsat multi-resolution/multi-temporal data were used for this work, comprising of Landsat MSS (15 September 1980, 57 m), TM (21 October 1990, 28.5 m), ETM (19 September 2000, 14.25 m), ETM+ (24 October, 2010, 30 m), and OLI (27 September 2018, 30 m). Correction of MSS and TM data was done by, 1:50,000 scale survey of India (SOI) topographic maps using 85 control points (GCP) with the correction RMSE equal to 0.49. ETM, ETM+, and OLI images were co-registered with a corrected TM image using 75 control points with correction RMSE 0.45. In order to save the spectral and radiometric information of the data, all the images were geometrically rectified into the WGS 84 datum and UTM projection using the linear polynomial function and nearest neighbor rectification re-sampling. Image processing and accuracy assessment was performed in ERDAS imagine-14, whereas visual image interpretation was performed in ArcGIS 10.1.

National natural resource management scheme (NNRMS) standards for land use/land cover mapping were followed.
Onscreen/visual image interpretation technique was used for classifying different land use/land cover (LULC) observed in the study area (Lillesand and Kiefer 2004). The mapping was performed at a 1:30,000 scale in order to keep landsat MSS data’s low resolution as a common platform for other high-resolution datasets (Javed et al. 2009; Rai 2018; Pall and Meraj 2019). The land use and land cover map of 2018 was validated in the field to determine its accuracy. Overall, 371 reference sample points were chosen for the validation of land use land cover in the field (Vishwakarma et al. 2016; Mishra et al. 2018; Rai 2018). Table 1 shows the error matrix of the 2018 LULC validation. While as for 1980, 1992, 2000, and 2010 LULC maps, we followed Google Earth’s historical imagery and SOI Toposheets for correction purposes during the delineation process (Meraj et al. 2018) and was performed when the ground-truthing of the 2018 map completed. It helped in the judicious use of Google Earth imagery for correction purposes of the earlier date maps. The reliability of the LULC is adjudged by the accuracy assessment technique designated by the Kappa coefficient (Foody 2002; Badar et al. 2013a; Meraj et al. 2018; Rather et al. 2018). Kappa coefficient of 0.91 for LULC 2019 revealed significant accuracy of the LULC products generated and was calculated using the following formula in Eq. 1

$$k = \frac{N \sum_{i=1}^{r} X - \sum_{i=1}^{r} X}{N \sum_{i=1}^{r} X}$$  

We analyzed the time-series of water quality data from 1990 to 2018. Monthly data of Dal Lake water quality from 1990 to 1993 was converted into three year’s average to correlate that with the land cover of 1990, decade. Three-year average approach was followed in order to stabilize the dynamics of the water quality of Dal Lake, so that the relation with the LULC could be justified. Similarly, for correlating the LULC of 2000, 2010, and 2018, we averaged the water quality of 1999–2001, 2009–2011, and 2017–2019 periods, respectively. The water quality data were obtained from the research and analysis wing of the Lakes and Waterways Department, Government of Jammu and Kashmir. Figure 2 describes the overall methodology of the present work.

**Results**

In the following sections, decadal LULC analysis and the change thereof have been presented. Further, the impact of changing LULC on water quality of Dal Lake has also been discussed.

**LULC change analysis of the Dal Lake catchment**

The results of the LULC of the Dal Lake catchment along with the change analysis are presented in Table 2. The LULC analysis of the study area for the year 1980 revealed that out of eleven LULC classes, forest class was the dominant category in the study area with 135.72 km² and constituted about 40% of the total watershed area. Scrub covered 58.12 km² (17.43%), while agriculture constituted 34.43 km² (10.33%) of the total study area (Fig. 3). Exposed rock

### Table 1 Accuracy assessment of LULC of 2018

|     | W  | Sc | PI | Pa | Fo | Fg | Er | Bu | Br | AqV | Ag | Row total | User’s accuracy |
|-----|----|----|----|----|----|----|----|----|----|-----|----|------------|-----------------|
| **Classification data** |    |    |    |    |    |    |    |    |    |     |    |            |                  |
| W  | 19 | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 20         | 95.00            |
| Sc | 0  | 45 | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 46 | 97.83      |
| PI | 0  | 0  | 25 | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 27 | 92.59      |
| Pa | 0  | 1  | 0  | 39 | 0  | 0  | 0  | 0  | 0  | 0  | 41 | 95.12      |
| Fo | 0  | 0  | 0  | 0  | 29 | 0  | 0  | 0  | 0  | 0  | 29 | 100.00     |
| Fg | 0  | 0  | 0  | 0  | 0  | 19 | 0  | 0  | 0  | 0  | 20 | 95.00      |
| Er | 0  | 0  | 0  | 0  | 0  | 0  | 25 | 0  | 0  | 0  | 25 | 100.00     |
| Bu | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 3  | 45 | 0  | 0  | 48         | 93.75            |
| Br | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 30 | 0  | 30         | 100.00           |
| AqV| 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 35 | 2  | 37         | 94.59            |
| Ag | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 45 | 48 | 51         | 93.75            |
| **Column total** | 19 | 46 | 25 | 39 | 33 | 19 | 28 | 45 | 30 | 36 | 51 | 371        |                  |

**Producer’s accuracy**

| W  |    |    |    |    |    |    |    |    |    |    |    | 100.00    | 97.83   |
| Sc |    |    |    |    |    |    |    |    |    |    |    | 100.00    | 100.00  |
| PI |    |    |    |    |    |    |    |    |    |    |    | 87.88     | 100.00  |
| Pa |    |    |    |    |    |    |    |    |    |    |    | 89.29     | 100.00  |
| Fo |    |    |    |    |    |    |    |    |    |    |    | 88.24     | 100.00  |
| Fg |    |    |    |    |    |    |    |    |    |    |    | 97.22     | 95.96   |

**Overall accuracy** = 95.96

$W$ water, $Sc$ scrub, $Pl$ plantation, $Pa$ pasture, $Fo$ forest, $Fg$ floating garden, $Er$ exposed rock, $Bu$ built-up, $Br$ bare, $AqV$ aquatic vegetation, $Ag$ agriculture
covered 20.86 km² (6.25%) followed by built-up (20.15 km², 6.04%), plantation (18.81 km², 5.6%), pasture (16.30 km², 4.9%), water (14.36 km², 4.31%), floating garden (8.74 km², 2.62%), bare land (3.80 km², 1.13%), and aquatic vegetation (2.03 km², 0.60%).

For the year 1992, though, there had been some changes in the area of certain land cover classes, but the change had not been significant, as shown in Fig. 4, Table 2. Forest is the dominant category again in the study area with 131.84 km² and constituted about 39% of the total watershed area, followed by scrub (58.12 km², 17.43%), agricultural land (34.46 km², 10.33%), exposed rock (23.86 km², 7.16%), built-up (22.65 km², 6.79%), plantation (17.03 km², 5.11%), pasture (16.03 km², 4.81%), water (13.73 km², 4.12%), floating garden (8.84 km², 2.65%), bare land (4.50 km², 1.35%), and aquatic vegetation (2.20 km², 0.66%) (Table 2).

For the year 2000, the forest was again the dominant class in the study area with 126.83 km² of area under it, which constituted about 36% of the total watershed area, followed by scrub (58.12 km², 17.43%), agricultural land (34.46 km², 10.33%), exposed rock (23.86 km², 7.16%), built-up (22.65 km², 6.79%), plantation (17.03 km², 5.11%), pasture (16.03 km², 4.81%), water (13.73 km², 4.12%), floating garden (8.84 km², 2.65%), bare land (4.50 km², 1.35%), and aquatic vegetation (2.20 km², 0.66%) (Table 2).

For the year 2010, forest class was the dominant category in the study area covering 118.3 km² that constituted about 35% of the total watershed area (Fig. 7), followed by scrub (58.2 km², 17.41%), built-up (38.6 km², 11.55%), exposed rock (28.9 km², 8.65%), agricultural land (24.10 km², 7.21%), pasture (17.30 km², 5.17%), plantation (14.9 km², 4.45%), water (10.7 km², 3.2%), bare land (9.7 km², 2.90%), floating garden (7.7 km², 2.30%), and aquatic vegetation (5.7 km², 1.70%) (Table 2).
Decadal LULC change analysis of the Dal Lake catchment

There has been a considerable change in all of the eleven land use/land cover classes identified and mapped since 1980 (Fig. 8). Area under agriculture, forests, plantation, and water has been decreasing unceasingly between 1980 and 2018. On the contrary, the area under aquatic vegetation, bare land, built-up, exposed rock, and scrub has been witnessing increase, consistently between 1980 and 2018. Floating gardens and pastures have shown inconsistent trends by recording a decrease in a few decades and increase in some. The results, as indicated in Table 2 reveal that area under forests has decreased from 135.72 km² in 1980 to 118.30 km² in 2018, showing a negative growth rate of −12.83% with an average decadal negative growth of −4.35 km² per decade. Agriculture has also witnessed a decreasing trend in the area since 1980. The area under agriculture decreased from 34.44 km² in 1980 to 24.10 km² in 2018, recording a negative growth rate of −30.02% with an average decadal negative growth of −2.58 km² per decade.

In contrast to forests and agriculture, aquatic vegetation that is mainly present inside the Dal Lake and other water bodies of the catchment, has also witnessed an unremitting increasing trend in area since 1980. The area under this land cover increased from 2.03 km² in 1980 to 5.70 km² in 2018, recording a positive growth rate of 180.65% with an average decadal positive growth of 0.92 km² per decade. Between 1980 and 2018, the percent change has been enormous between 1992 and 2000, equal to 103.63% (Table 2, Fig. 9). Plantation has also shown a decreasing trend from 1980 to 2018 continuously. From 1980 to 2018, plantation has registered a negative change of −3.91 km² with a negative growth rate of −20.78% having an average decadal growth rate of −0.84 km² per decade.

As for the changes in the area of built-up are concerned in the Dal Lake catchment, it has also witnessed an unremitting increasing trend in the area since 1980. The area under this land cover increased from 2.03 km² in 1980 to 5.70 km² in 2018, recording a positive growth rate of 180.65% with an average decadal positive growth of 0.92 km² per decade. Between 1980 and 2018, the percent change has been enormous between 1992 and 2000, equal to 103.63% (Table 2, Fig. 9). Plantation has also shown a decreasing trend from 1980 to 2018 continuously. From 1980 to 2018, plantation has registered a negative change of −3.91 km² with a negative growth rate of −20.78% having an average decadal growth rate of −0.98 km² per decade (Table 2).

As for the changes in the area of built-up are concerned in the Dal Lake catchment, it has also witnessed an unremitting increasing trend in the area since 1980, similar to aquatic vegetation. The area in built-up increased from 20.15 km² in 1980 to 38.60 km² in 2018, recording a positive growth rate of 91.56% with an average decadal positive growth of 4.61 km² per decade. Between 1980 and 2018, the percent change has been highest between 1992 and 2000 equal to 30.63% (Table 2). The area under the bare category has also been increasing since 1980, similar to other categories showing an increasing trend. The land under this category has increased from 3.80 km² in 1980 to 9.70 km² in 2018, recording a positive growth rate of 155.53% with an average decadal positive growth of 4.61 km² per decade. Between 1980 and 2018, the percent change has been most significant between 1992 and 2000 and equals to 41.54%. The area under the exposed rock category has also been increasing since 1980, recording a positive growth
rate of 38.52% with an average decadal positive growth of 2.01 km$^2$ per decade. This growing trend has been continuous with 20.86 km$^2$, 23.86 km$^2$, 25.54 km$^2$, 27.82 km$^2$, and 28.90 km$^2$ for the years 1980, 1992, 2000, 2010, and 2018, respectively. Between 1980 and 2018, the percent change has been biggest between 1980 and 1992 and equating to 14.36%.

In the case of the area under water-extent, it has witnessed a decreasing trend since 1980. The area under water decreased from 14.37 km$^2$ in 1980 to 10.70 km$^2$ in 2018, recording a dwindling rate of − 25.53% with an average decadal decline of − 0.92 km$^2$/decade. This declining trend has been continuous with 14.37 km$^2$, 13.73 km$^2$, 11.35 km$^2$, 10.49 km$^2$ and 10.70 km$^2$ for the years 1980, 1992, 2000, 2010, and 2018, respectively. From 1980 to 1992, it registered a positive growth of 1.19%, and the corresponding decades, witnessed a decrease in area equalling to − 1.06 km$^2$ and − 12.25 km$^2$ in the periods 1992–2000 and 2000–2010, respectively. Pasture lands within the catchment witnessed an increase in area with 16.30 km$^2$ in 1980 and 17.30 km$^2$ in 2018, recording an inclining rate of 6.11% with an average decadal incline of − 0.25 km$^2$ per decade. Scrub lands did not witness any substantial changes in the area since 1980.

**Discussion**

In order to assess the impact of changing LULC on the water quality of the Dal Lake, we performed statistical analysis between the decadal changes in LULC and the time series of water quality data for the Dal Lake. Table 3 shows the area of specific LULC classes and average decadal WQ change. Table 4 shows the correlation matrix between the LULC and
changing water quality parameters of the Dal Lake. Various workers analyzed the temporal variation between water quality variables such as COD, NO$_3$–N, and total phosphorus, and different land-use types (Cherry et al. 1980; Lucey and Goolsby 1993; McDowell et al. 1995; Yu et al. 2016; Fashae et al. 2019; Jasrotia et al. 2019; Adimalla et al. 2020; Taloor et al. 2020). We observed that change in agriculture class was negatively correlated with the changes in the area of aquatic vegetation, built-up classes in the watershed and COD, NO$_3$–N, and total phosphorus of the Dal Lake during the four decades of analysis (Table 3, Fig. 10). Overall, the area under agriculture is decreasing (30.02%) in the watershed between 1980 and 2018. This decrease has resulted in the corresponding increase in the area under the built-up class (90.56%) on the land (Table 2). Changes in area under agriculture, floating gardens, and forests are showing positive correlation. All of these LULC’s are decreasing between 1980 and 2018. The area under agriculture decreased due to a corresponding increase in the area under the built-up, bare surface classes in the catchment. Various studies have ascribed an increase in the built-up in the lake catchment to the increased levels of COD, NO$_3$–N, and TP. Zhang et al. (2010), Moss (2012), and Yadav and Pandey (2017), have shown how built-up contributes to the increased nutrient loads in the lake, thus increasing the concentration of these WQ parameters. We observed that there is an increase in average decadal COD, NO$_3$–N, and TP in the Dal Lake and is reflected with negative correlation between changes in the agricultural area and these water quality parameters (Bhat et al. 2016) (Fig. 10a–e; Tables 3, 4). Studies such as Lucey and Goolsby (1993), Ayadi et al. (2014), and Rather and Dar (2020) showed that built-up and bare-surface classes in the catchment could supplement the introduction of enhanced loads of fertilizers and phosphates into the lake either through point or nonpoint sources. Such an enhancement is demonstrated finally as increased BOD, COD, and TP concentrations of the lake (Meyer and Likens 1979; Pandey and Kumar 2015; Adimalla and Taloor 2020). We observed that changes in the area under aquatic vegetation class were positively correlated with the changes in COD, NO$_3$–N, and TP of the lake. These parameters show an increase since 1980 and can be related to the increase in
aquatic vegetation in the lake. Similar findings have been reported by Makela et al. (2004), Veraart et al. (2011), and Zhao et al. 2013. We also observed that change in the built-up class is negatively correlated with the changes in the area of floating gardens and forests. Studies such as Chan (2010), Meyfroidt and Lambin (2011), Ramachandra et al. (2012), and Dabi and Kporha (2015) demonstrated forests in the catchment had been converted for urbanization as a result of unplanned and unsustainable development. Since 1980, in the Dal Lake catchment, built-up class is increasing at the behest of forests, and floating gardens.

It has been observed that an increase in the area under built-up class is positively correlated with the increase in average COD, NO₃–N, and TP of the Lake since 1980. Carpenter et al. (1998) and Khadka and Ramanathan (2013) have shown that the increase in the built-up in the catchment is associated with increased amounts of sewage and runoff and results in the enhanced nutrient loads in the form of nitrates and phosphates into the water body. Similar processes are taking place in the Dal Lake also. Probst et al. (1992), Behrendt and Opitz (2000), and Vieux and Moreda (2003) have shown similar observations.

Further, we have observed a decrease in the area under floating gardens of the Dal Lake being negatively correlated with the increase in the average COD, NO₃–N, and TP of the lake. Vanni et al. (2001), Guo et al. (2002), and Delpla et al. (2009) have shown that the vegetation within the water bodies assimilate nitrates and phosphates as fertilizers, and thus, decrease in the area of vegetation shall lead to increase in the concentrations of these nutrients that enter into the lake system through various sources. Similarly, floating gardens, which are the vegetation patches inside the Dal Lake, helped in the assimilation of nitrates and phosphates from the lake, thereby helping in decreasing their concentration in the lake.

We observed that there is an inverse relationship between the decrease in forest area in Dal catchment and an increase in average COD, NO₃–N, and TP of the lake since 1980. In other words, there is a significant negative correlation between them. Similar results have been observed by Saunders and Lewis (1988), McDowell and Asbury (1994), McDowell et al. (1995), and Vanderperk (2006) and have
attributed deforestation with the increased sediment and nutrient export into the water bodies. Therefore, deforestation in the Dal Lake catchment can be associated with an increase in the lake’s COD, NO$_3$–N, and TP concentration.

Various studies such as National Research Council and Mono Basin Ecosystem Study Committee (1987), Council and Bennett (1993), Habersack and Nachtnebel (1995), Tenzier et al. (1997), Hernandez and Ernest (1999), Schoonover et al. (2005), Salvia-Castellví et al. (2005), Salomons and Stigliani eds (2012), Mallick (2017), Thakur et al. (2018), Denizman (2018), Jasrotia et al. (2018), and Roy et al. (2018) have shown that sediment–water interactions and the human activities such as agrarian and forestry practices, as well as the release of domestic wastewaters into the water bodies, are statistically related as have been analyzed in the present study.

**Conclusion**

The changing land-use practices in the Dal catchment have severe repercussions on its ecology and the long-term socioeconomics of the whole Kashmir valley. From the discussion, it is concluded that the main reason for the deterioration of the water quality of Dal Lake is due to increased nutrient and silt loads from its catchment as a result of unprecedented LULC changes. The results from LULC change analysis indicated that forest class was dominant land cover in all the five time-periods with 135.72 km$^2$, 131.84 km$^2$, 126.83 km$^2$, 120.63 km$^2$, and 118.30 km$^2$ for 1980, 1992, 2000, 2010, and 2018, respectively, with the most considerable decline of 4.9% during the 2000–2010 decade. Between 1980 and 2018, aquatic vegetation within the lake witnessed an increase of 180.65%, with only 2.03 km$^2$ of area in 1980, and 5.70 km$^2$ in 2018. Contrarily, agriculture witnessed a decrease in the area of 30.02% with 34.44 km$^2$ of land in 1980, that got reduced to 24.10 km$^2$ in 2018.

Over the years, due to an increase in the concentration of nitrate-nitrogen, total phosphorus, and COD, the ecology of the lake got severely damaged, resulted in adversely affecting its flora and fauna. As is evident from changing LULC and water quality of the Dal Lake from the last four decades, the amount of nitrogen and phosphorus in the lake is tremendous, thereby deteriorating its quality. Further,
Fig. 7 LULC map of 2018

Fig. 8 Stacked bar chart showing how LULC categories have changed over last 04 decades in the Dal Lake watershed as percent change
the sewage discharge from the urban catchment has amplified the eutrophication of the lake as well. As a result, the proliferation of aquatic vegetation has accelerated thereby, adversely affecting its tourism value. We, therefore, recommend a broad framework of policies for sustainable management of sewage of the urban Dal Lake catchment, and a concrete action plan for the conservation and restoration of this critical Himalayan Lake. We are hopeful that the results of this study would provide essential inputs to policymakers in understanding the role of land use and land cover changes in impacting the water quality of the Dal Lake to frame an effective and eco-friendly land-use policy for its catchment.

Fig. 9  Stacked bar chart showing area changes (in km²) in LULC categories over last 04 decades in the Dal Lake watershed

Table 3  LULC and WQ parameters at different points of time

| Parameter          | 1992  | 2000  | 2010  | 2018  |
|--------------------|-------|-------|-------|-------|
| Agriculture (km²)  | 34.46 | 29.85 | 25.45 | 24.10 |
| Aquatic vegetation (km²) | 2.20  | 4.49  | 5.36  | 5.70  |
| Built-up (km²)     | 22.65 | 29.29 | 36.83 | 38.60 |
| Floating garden (km²) | 8.84 | 8.75  | 7.68  | 7.70  |
| Forest (km²)       | 131.84| 126.83| 120.61| 118.30|
| Avg DO (mg/L)      | 7.01  | 7.17  | 7.66  | 6.92  |
| Avg COD (mg/L)     | 15.35 | 16.1  | 20.85 | 19.96 |
| Avg NO₃-N (mg/L)   | 0.3   | 0.41  | 0.61  | 0.48  |
| Avg TP (mg/L)      | 0.34  | 0.38  | 0.4   | 0.5   |

Table 4  Correlation matrix between WQ parameters and LULC for 1992, 2000, 2010, and 2018

|      | Ag   | AqV  | Bu   | Fg   | Fo   | DO   | COD  | NO₃-N | TP   |
|------|------|------|------|------|------|------|------|-------|------|
| Ag   | 1.00 |      |      |      |      |      |      |       |      |
| AqV  | -0.98| 1.00 |      |      |      |      |      |       |      |
| Bu   | -1.00| 0.97 | 1.00 |      |      |      |      |       |      |
| Fg   | 0.93 | -0.83| -0.94| 1.00 |      |      |      |       |      |
| Fo   | 1.00 | -0.96| -1.00| 0.95 | 1.00 |      |      |       |      |
| DO   | -0.29| 0.32 | 0.31 | -0.38| -0.25| 1.00 |      |       |      |
| COD  | -0.92| 0.84 | 0.94 | -0.99| -0.93| 0.49 | 1.00 |       |      |
| NO₃-N| -0.86| 0.84 | 0.87 | -0.87| -0.84| 0.74 | 0.92 | 1.00  |      |
| TP   | -0.86| 0.81 | 0.85 | -0.77| -0.88| -0.23| 0.70 | 0.48  | 1.00 |

Bold refers to significant correlation
Fig. 10  a–e Scatterplots of area of LULC classes of the Dal Lake catchment versus WQ parameters of the lake
Fig. 10 (continued)
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Authors contribution RIA did sampling and tests in labs, used software and analyzed data, and prepared the manuscript. AQD conceptualized the study and edited the manuscript.

Compliance with ethical standards Conflict of interest The authors declare that they have no conflict of interest.

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