The subtlety of Ly-α photons: changing the expected range of the 21-cm signal

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ABSTRACT
We present the evolution of the 21-cm signal from cosmic dawn and the epoch of reionization (EoR) in an upgraded model including three subtle effects of Ly-α radiation: Ly-α heating, CMB heating (mediated by Ly-α photons), and multiple scattering of Ly-α photons. Taking these effects into account we explore a wide range of astrophysical models and quantify the impact of these processes on the global 21-cm signal and its power spectrum at observable scales and redshifts. We find that, in agreement with the literature, Ly-α and CMB heating raise the gas temperature by up to $\mathcal{O}(100)$ degrees in models with weak X-ray heating and, thus, suppress the predicted 21-cm signals. Varying the astrophysical parameters over broad ranges, we find that in the upgraded model the absorption trough of the global signal reaches a lowest floor of $-165$ mK at redshifts $z \approx 15 - 19$. This is in contrast with the predictions for a pure adiabatically cooling Universe, for which the deepest possible absorption is a monotonically decreasing function of cosmic time and is $-178$ mK at $z = 19$ and $-216$ mK at $z = 15$, dropping to even lower values at lower redshifts (e.g. $-264$ mK at $z = 10$). With the Ly-α and CMB heating included we also observe a strong suppression in the low-redshift power spectra, with the maximum possible power (evaluated over the ensemble of models) attenuated by a factor of $6^{\pm 6}$ at $z = 9$ and $k = 0.1$ Mpc$^{-1}$. Finally, we find that at high redshifts corresponding to cosmic dawn, the heating terms have a subdominant effect while multiple scattering of Ly-α photons is important, leading to an amplification of the power spectrum by a factor of $\sim 2 - 5$.

Key words: keyword1 – keyword2 – keyword3

1 INTRODUCTION
Neutral hydrogen existing in the intergalactic medium (IGM) prior to the completion of the process of reionization produces radio signal at the intrinsic wavelength of 21 cm. The intensity of this signal depends on the radiative outputs of the first stars and galaxies as well as on the cosmological parameters (e.g., Madau et al. 1997; Barkana 2018; Mesinger 2019). Owing to these dependencies, observations of the redshifted 21 cm signal with interferometers such as the Square Kilometer Array (SKA, Koopmans et al. 2015), the New Extension in Nançay Upgrading LOFAR (NenuFAR, Zarka et al. 2012) and the Hydrogen Epoch of Reionization Array (HERA, DeBoer et al. 2017), and with radiometers such as the Experiment to Detect the Global EoR Signature (EDGES, Bowman et al. 2018), the Shaped Antenna measurement of the background RAdio Spectrum (SARAS, Singh et al. 2018), the Large-Aperture Experiment to Detect the Dark Ages (LEDA, Price et al. 2018), the Mapper of the IGM Spin Temperature \textsuperscript{1} (MIST), and the Radio Experiment for the Analysis of Cosmic Hydrogen \textsuperscript{2} (REACH), are bound to provide an unmatched view of the structure of the Universe over the epochs referred to as cosmic dawn and reionization (cosmological redshifts of $z \sim 6 - 35$).

Theoretical modeling of this signal is challenging as it depends on a large number of non-linear and non-local phenomena. A major role is played by the cumulative emission of ultraviolet (UV) and X-ray sources which affect the 21-cm signal within their respective effective horizons of up to a few hundreds comoving Mpc (e.g., Fialkov & Barkana 2014).

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Even though current state-of-the-art simulations of the 21-cm signal (e.g., Santos et al. 2010; Mesinger et al. 2011; Visbal et al. 2012; Fialkov et al. 2014b; Reis et al. 2020a,b) include major processes that affect this observable, such as the Wouthuysen-Field effect (WF, Wouthuysen 1952; Field 1958), heating of the IGM by X-ray sources and the process of reionization by UV sources, not all of the more subtle effects are accounted for and their importance is not explored for the multitude of possible high-redshift astrophysical scenarios. In this work we focus on some of the more subtle effects of the Ly-α radiative background.

Ly-α photons play one of the most important roles in the 21-cm cosmology. The well-known WF effect, in which the absorption and re-emission of ambient Ly-α photons by the hydrogen atoms drives their spin temperature towards the kinetic gas temperature, renders the 21-cm line visible against the background radiation (Madau et al. 1997; Barkana 2018; Mesinger 2019). Stellar Lyman photons redshifted to the vicinity of the Ly-α line experience multiple scattering (Semelin et al. 2007; Naoz & Barkana 2008; Baek et al. 2009; Visbal & McQuinn 2018; Molaro et al. 2019; Reis et al. 2020a) which affects their spatial distribution, and, thus, affect the resulting 21-cm signal. The effect of multiple scattering is rarely fully included in the 21-cm simulations. In particular, in our past works we accounted approximately for the redistribution of the photons due to their scattering in the wings of the Ly-α line (Naoz & Barkana 2008) and assumed that photons travel in straight lines from emission until absorption (Fialkov et al. 2014a).

In addition to the WF effect, Ly-α photons play yet another role by affecting the kinetic temperature of the gas through the same process of absorption and re-emission (Furlanetto & Pritchard 2006; Chuzhoy & Shapiro 2007). It was shown that injected Ly-α photons (i.e., photons that are cascading into the Ly-α line from higher Lyman levels) can cool the gas, while continuum Ly-α photons (i.e., photons that are redshifted into the Ly-α line) heat the gas, with a net effect that depends on the gas temperature (more details are given below).

Cosmic Microwave Background (CMB) heating (Vennumadhav et al. 2018) is another heating mechanism which is often neglected. This mechanism involves energy transfer between the radio background photons and the hydrogen gas, mediated by Ly-α photons. This heating term is important when X-ray heating is weak or absent, e.g. Vennumadhav et al. (2018) reported a ~10% effect at z ~ 17 on the temperature of the gas in the adiabatic cooling case and with the CMB as the background radiation. Since this mechanism was only recently introduced, it is not included in most calculations of the 21-cm signal. In the literature, the effect of Ly-α and CMB heating on the thermal state of the gas was predominantly considered in scenarios without X-ray heating (Chuzhoy & Shapiro 2007; Vennumadhav et al. 2018; Ghara & Mellema 2019; Mittal & Kulkarni 2020) due to the assumption that, whenever present, X-ray sources dominate the heating budget.

In this work we explore the impact on the global 21-cm signal and fluctuations of the subtle Ly-α effects that are often neglected, namely (i) the effect of multiple scattering of Ly-α photons on the spatial distribution of these photons and, thus, the WF coupling (Semelin et al. 2007; Naoz & Barkana 2008; Baek et al. 2009; Visbal & McQuinn 2018; Molaro et al. 2019; Reis et al. 2020a), (ii) the contributions to the IGM heating of Ly-α photons (Madau et al. 1997) and (iii) heating of the IGM by the CMB photons (Vennumadhav et al. 2018). We assess the importance of these contributions over the vast allowed astrophysical landscape.

This paper is organized as follows: In § 2 we describe our semi-numerical code for calculating the 21-cm signal. In § 3 we focus on the effects explored in this work: § 3.1 details the calculation of the spatial distribution of Ly-α photons including multiple scattering, and § 3.2 describes the calculation of the Ly-α heating effect, while we follow Vennumadhav et al. (2018) in the implementation of the CMB heating. In § 4 we present the results, exploring the effects of multiple scattering, Ly-α heating, and the CMB heating for several representative cases. In § 5 we show the revised landscape of the 21-cm signals (both global and power spectra) and compare it to our previous works (e.g., Cohen et al. 2017, 2018, 2019). In particular, Fig. 10 shows the most important result of this work, namely the updated range of possible 21-cm signals in standard astrophysical models, for both the global signal and the 21-cm power spectrum. We summarize our main conclusions in § 6. Throughout this paper we adopt cosmological parameters from Planck Collaboration et al. (2014). All scales and wavenumbers are in comoving units.

2 SIMULATING THE 21-CM SIGNAL

2.1 Formalism

The 21-cm brightness temperature is given by (Madau et al. 1997; Barkana 2018; Mesinger 2019)

$$T_{21} = \frac{T_S - T_{\text{rad}}}{1 + \tau_{21}} (1 - e^{-\tau_{21}}),$$

where $T_S$ is the spin temperature, $T_{\text{rad}}$ is the temperature of the background radiation which is usually assumed to be the CMB with $T_{\text{rad}} = T_{\text{CMB}} = 2.725(1+z) \, \text{K}$ (see Feng & Holder 2018; Ewall-Wice et al. 2018; Fialkov & Barkana 2019; Reis et al. 2020b, for the case with excess radio background above the CMB) and $\tau_{21}$ is the 21-cm optical depth

$$\tau_{21} = \frac{3hA_{10}c\lambda_{21}n_H}{32\pi k_B T_S(1 + z)(dv/dr)}$$

where $h$ is the Planck constant, $A_{10}$ is the spontaneous decay rate of the hyper-fine transition, $c$ is the speed of light, $\lambda_{21} = 21.1 \, \text{cm}$ is the wavelength of the 21-cm line, $n_H$ is the neutral hydrogen number density, $k_B$ is the Boltzmann constant, $dv/dr = H(z)/(1+z)$ is the gradient of the comoving velocity field along the line of sight and $H(z)$ is the Hubble rate.

The spin temperature is calculated as follows

$$T_S = \frac{x_{\text{tot}}}{x_{\text{rad}} + x_{\text{tot}}} T_{\text{rad}} T_{\text{tot}}^{-1} T_K,$$

where

$$x_{\text{rad}} = 1 - e^{-\tau_{21}}$$

$$\tau_{21} = \frac{3hA_{10}c\lambda_{21}n_H}{32\pi k_B T_S(1 + z)(dv/dr)},$$

$$x_{\text{tot}} = \frac{x_{\text{rad}}}{x_{\text{rad}} + x_{\text{tot}}}.$$
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and $T_K$ is the kinetic temperature of the gas. The coupling coefficient $x_{\text{tot}}$ is the sum of the contributions of Ly-α photons ($x_\alpha$) and collisions ($x_c$): $x_{\text{tot}} = x_\alpha + x_c$, with the Ly-α coupling coefficient (Barkana 2018)

$$x_\alpha = \frac{1}{A_{10}T_{\text{rad}}} \frac{16\pi T_e^2 f_\alpha}{27 m_e c} J_\alpha,$$

(5)

where $f_\alpha = 0.4162$ is the oscillator strength of the Ly-α transition, $T_e = 0.0682$ K and $J_\alpha$ is the local intensity of the Ly-α radiation field. The coupling coefficient due to collisions is

$$x_c = \frac{1}{A_{10}T_{\text{rad}}} \kappa_{1-0}(T_K) n_H T_e,$$

(6)

where $\kappa_{1-0}(T_K)$ is a known atomic coefficient (Allison & Dalgarno 1969; Zygelman 2005). Note that $x_c$ is expected to be small at the redshift considered in this work (Barkana 2018).

Eqns. 2, 3, and 4 present a recursive relation satisfied by $T_3$ and $x_{\text{rad}}$. In our simulation we do not rely on the smallness of the optical depth and solve these Eqns. iteratively until convergence of $x_{\text{rad}}$ and $T_3$, starting from $x_{\text{rad}} = 1$ (Fialkov & Barkana 2019). Deviation of $x_{\text{rad}}$ from unity is caused by stellar Ly-α photons which transfer energy between the radio background and the thermal motions of the gas atoms, thus heating up the gas. This, in essence, is the CMB heating mechanism recently pointed out by Vennumadhav et al. (2018) and included in our simulation.

2.2 Cosmic history

The 21-cm signal of neutral hydrogen is predicted to be a powerful probe of cosmic history between the moment of thermal decoupling of the gas from the CMB at redshift $z_1 \sim 136$ (Barkana 2018) and the end of the process of reionization which leads to the disappearance of the 21-cm signal at $z \sim 6$ (e.g. Weinberger et al. 2019).

After thermal decoupling, the gas temperature drops below the CMB temperature due to the faster adiabatic cooling of the gas compared to that of the radiation. Due to the high density of the gas and in the absence of stars (and, thus, Ly-α photons), the spin temperature is coupled to the gas temperature through inter-atomic collisions, a process which results in an absorption trough in the spectrum of the redshifted 21-cm signal. As the universe expands, the effectiveness of the collisions-induced coupling ($x_c$) decreases. If not for the Ly-α coupling, the 21-cm signal would vanish at $z \lesssim 30$ owing to the proximity of the spin temperature to that of the background radiation.

The Ly-α photons produced by the first stars enable the WF coupling of the spin temperature to the gas temperature. As still $T_K < T_{\text{rad}}$, this coupling imprints another absorption trough in the spectrum of the redshifted 21-cm signal. The Ly-α coupling saturates when $x_{\text{tot}} \gg x_{\text{rad}}$ leading to $T_3 \sim T_K$

Cosmic heating is another process that is enabled by star formation. During the course of cosmic history the neutral hydrogen gas is heated via several channels, causing the absorption signal to fade and, in some cases, leading to an emission feature in the spectrum of the 21-cm signal at high frequencies. A major source of cosmic heating is thought to be the high-redshift population of X-ray binaries (XRBs, Fragos et al. 2013). Indeed, X-ray photons emitted by XRBs at energies below $\lesssim 1$ keV can successfully heat the hydrogen gas if produced in large quantities; however, X-ray efficiency of high-redshift XRBs is unknown. If heating by high-redshift XRBs were inefficient, other heating mechanisms, such as Ly-α and CMB heating, could be important.

Evolution of the hydrogen kinetic temperature, including heating by Ly-α (which we describe in detail in Section 3.2) and by the CMB photons, is given by

$$\frac{dT_K}{dz} = \frac{2}{3} \frac{T_K}{1 + z} + \frac{2}{3} \frac{\delta_b}{dz} - \frac{x_\alpha}{dz} T_K - \frac{2}{3} \frac{f_{\text{He}} + x_c}{dz} (\epsilon_{\text{He}} + \epsilon_{\text{Ly} \alpha} + \epsilon_{\text{rad}}),$$

(7)

where $x_c$ is the free electron fraction, $f_{\text{He}}$ is the helium fraction, and $\delta_b$ is the baryon over-density. Heating and cooling rates in the right hand side of the above equation are contributed by Hubble expansion, structure formation, change in the number of ionized particles, X-ray photons (see Mesinger et al. 2011, for $\epsilon_{\text{He}}$), Compton (see Mesinger et al. 2011, for $\epsilon_{\text{compton}}$), Ly-α photons (see Eqn. 19 for $\epsilon_{\text{Ly} \alpha}$) and the CMB, $\epsilon_{\text{rad}}$, respectively. The CMB heating rate was derived by Vennumadhav et al. (2018) and is given by

$$\epsilon_{\text{rad}} = \frac{x_{\text{ext}} A_{10}}{2 H(z)} T_{\text{rad}} \left( \frac{T_3}{T_K} - 1 \right) \frac{T_3}{T_K},$$

(8)

$\epsilon_{\text{rad}}$ is non zero when $T_3 \neq T_{\text{rad}}$, that is, when some coupling between the spin temperature and the kinetic temperature has been induced. As we show below (and as was first pointed out by Vennumadhav et al. 2018) this mechanism alone has a ~10% effect on the temperature of the gas (at $z \sim 17$) in the absence of X-ray and Ly-α heating and assuming the CMB as the background radiation.

Contrary to reionization which is constrained by observations of high redshift quasars, galaxies and the CMB (e.g. Weinberger et al. 2019), the timing of Ly-α coupling and cosmic heating are unknown due to the lack of direct observations and large uncertainties in the properties of primordial radiative sources. Owing to the relatively low number of Ly-α photons required for efficient Ly-α coupling (Mesinger 2019), this event is expected to follow shortly after the onset of star formation and well before the processes of reionization and heating occurred on large cosmological scales. Perhaps the most enigmatic process of all is heating of the IGM as the large uncertainty in the nature of heating sources and their properties remains.

2.3 Modelling

We use our own semi-numerical approach to calculate both the global signal and the large scale power spectrum of spatial fluctuations in the 21-cm signal (e.g. Vishal et al. 2012; Fialkov et al. 2014b; Cohen et al. 2016). Each simulation is initialized with a set of initial conditions (IC) for density and relative velocity between dark matter and gas ($v_{\text{rel}}$, Tseliakhovich & Hirata 2010). In order to obtain a population of galaxies, we apply a modified Press-Schechter model (Press & Schechter 1974; Sheth & Tormen 1999; Barkana & Loeb 2004) where the local abundance of dark matter halos is biased by both the local large-scale density and $v_{\text{rel}}$ (Fialkov et al. 2012). We assume that stars form in dark matter...
halos with circular velocity above a threshold value, $V_c$. Star formation efficiency, $f_s$, is constant for galaxies with circular velocity above the atomic cooling threshold ($V_c = 16.5 \text{ km s}^{-1}$), while for lower values of $V_c$ (but above the molecular cooling threshold of 4.2 km s$^{-1}$) we include a logarithmic suppression of $f_s$ as a function of halo mass (e.g. Cohen et al. 2019). Finally, we take into account the effect of $v_{oc}$ (Fialkov et al. 2012), Lyman-Werner feedback (Harian et al. 1997; Fialkov et al. 2013), and photoheating feedback (Rees 1986; Sobacchi & Mesinger 2013; Cohen et al. 2016) on the minimum mass of star forming halos. In addition, in some parts of this work (Section 5) we include Poisson fluctuations recently added to the code (Reis et al. 2020).

The simulated population of galaxies produces X-ray, UV, Ly-$\alpha$ and Radio radiative backgrounds that drive the 21-cm signal. For simplicity, we switch off the latter contribution in this work as the main focus of this paper is on the Ly-$\alpha$ physics and the interplay between Ly-$\alpha$, CMB and X-ray heating. The Ly-$\alpha$ field emitted by stars is described in detail in § 3.1. In the calculation we assume population II stars and use stellar spectra from Barkana & Loeb (2005). We also take into account the contribution of Ly-$\alpha$ photons produced via X-ray excitation of hydrogen atoms (e.g., Mesinger et al. 2011) to the total Ly-$\alpha$ background when calculating the WF coupling coefficient. The X-ray luminosity of galaxies is assumed to scale with the star formation rate (SFR, e.g., Mineo et al. 2012; Fragos et al. 2013; Fialkov et al. 2014b; Pacucci et al. 2014). We assume a constant efficiency factor $f_X$, which is a free parameter of the simulation (with $f_X = 1$ corresponding to present day galaxies). In addition to luminosity, spectral energy distribution (SED) of X-ray photons was shown to have an important effect on the 21-cm signal (Fialkov et al. 2014b).

In our simulation we consider two possibilities: a power law SED parametrized by the slope, $\alpha$, and the low-energy cutoff, $E_{\text{min}}$, and a realistic SED derived by Fragos et al. (2013) for a population of high-redshift XRBs.

The IGM is ionized by the UV (ionizing) photons with mean free path, $R_{\text{amp}}$ (e.g., Greig & Mesinger 2015), produced by galaxies with ionizing efficiency $\zeta$ (we use excision set formalism, Furlanetto et al. 2004). As was outlined in detail by Cohen et al. (2019), given the values of other simulation parameters, there is one-to-one correspondence between $\zeta$ and the total CMB optical depth, $\tau$. Since only the latter is constrained by observations (e.g., Planck Collaboration et al. 2018), we use $\tau$ rather than $\zeta$ in the astrophysical parameter scans.

In total, here we employ a seven-parameter model with the parameters listed in Table 1 along with a brief descriptions of the ranges across which each parameter is allowed to vary.

### 3 THE Ly-$\alpha$ INTENSITY FIELD

We now focus on the stellar contribution to the local Ly-$\alpha$ background which enables the WF effect. These photons are produced by surrounding galaxies and are originally emitted at frequencies between Ly-$\alpha$ and Lyman limit. There are two main channels to obtain local Ly-$\alpha$ photons: (i) Photons produced at frequencies between Ly-$\alpha$ and Ly-$\beta$ are redshifted directly to the Ly-$\alpha$ frequency by cosmic expansion (continuum photons), and (ii) photons emitted at higher frequencies are absorbed in higher Lyman series frequencies and create atomic cascades (injected photons). About 30% of cascades originating from the Ly-$\gamma$ and higher transitions produce Ly-$\alpha$ photons, while no Ly-$\alpha$ photons are produced by cascades originating from Ly-$\beta$ (Hirata 2006; Pritchard & Furlanetto 2006). We denote the chance of producing a Ly-$\alpha$ photon in a cascade from level $n$ by $f_{\text{recycle}}(n)$ and assume that the cascade is instantaneous.

Consider photons absorbed at $z_{\text{abs}}$ in frequency $v_{\text{em}}$. Such photons were emitted at redshift $z_{\text{em}}$ with frequency $v_{\text{em}}(z_{\text{abs}}, z_{\text{em}}) = v_{\text{em}}(z_{\text{em}}) \left( 1 + \frac{z_{\text{abs}}}{1 + z_{\text{em}}} \right)$.

$$
\nu_{\text{em}}(z_{\text{abs}}, z_{\text{em}}) = \nu_{\text{em}}(z_{\text{em}}) \left( 1 + \frac{z_{\text{abs}}}{1 + z_{\text{em}}} \right).
$$

where $\nu_{\text{em}}(z_{\text{abs}}, z_{\text{em}}) < \nu_{n+1}$ (as higher than $\nu_{n+1}$ frequencies contribute to a cascade from $\nu_{n+1}$) and $a = 1/(1 + z)$ is the cosmological scale factor. The maximum redshift from which such photons arrive is that of photons emitted just below $\nu_{n+1}$:

$$
1 + z_{\text{max}, n}(z_{\text{abs}}) = (1 + z_{\text{abs}}) - \frac{1}{1 + a} (1 - a)^{1/n}.
$$

as for the Lyman series $\nu_{\alpha} \sim 1 - \frac{1}{n^2}$.

Usually in semi-numerical 21-cm simulations, the photons are assumed to travel in straight lines until they are absorbed, in such a case the distance they reach from their source is:

$$
r(\zeta_{\text{abs}}, z_{\text{em}}) = \frac{6.0}{h \Omega_\Lambda^{1/2}} \left( \sqrt{\Omega_{\text{em}} - \sqrt{\Omega_{\text{em}}} \left( \sqrt{\Omega_{\text{em}} - \sqrt{\Omega_{\text{em}}} Gpc. \right. \right.}
$$

With this assumption, the intensity of Ly-$\alpha$ photons at a given location $x$ is given by (Barkana & Loeb 2005):

$$
J_{\alpha}(\zeta_{\text{abs}}, x) = \sum_{n=2}^{n_{\text{max}}} \int_{\nu_{\text{abs}}} \int_{\nu_{\text{min}}} (1 + z_{\text{abs}})^2 \times
$$

$$
\epsilon(\nu_{\text{em}}(z_{\text{abs}}, z_{\text{em}}), z_{\text{em}}) r(\zeta_{\text{abs}}, z_{\text{em}}) \times
$$

$$
(1 + z_{\text{abs}})^2 \nu_{\text{em}}(z_{\text{abs}}, z_{\text{em}})^{1/2}
$$

where the photon emissivity, $\epsilon$, is averaged over a spherical shell at a distance $r(\zeta_{\text{abs}}, z_{\text{em}})$ from $x$ and $r(\zeta_{\text{abs}}, z_{\text{em}})$ is given by Eqn. 11. Until recently, this spherical shell calculation of the radiation fields was the basis of our semi-numerical code (introduced by Fialkov et al. 2014a) which convolves the distribution of sources with a spherical shell

| Parameter | Allowed range | Description |
|-----------|---------------|-------------|
| $f_s$     | 0.001 – 0.5   | Star formation efficiency |
| $V_c$     | 4.2 – 100 km s$^{-1}$ | Minimum circular velocity |
| $f_X$     | $10^{-4}$ – $10^{-2}$ | X-ray production efficiency |
| $\alpha$  | 1 – 1.5       | X-ray SED slope |
| $E_{\text{min}}$ | 0.1 – 3 keV | X-ray SED minimum energy |
| $\tau$    | 0.033 – 0.089 | Optical depth to reionization |
| $R_{\text{HFP}}$ | 10 – 70 Mpc | Mean free path of ionizing photons |

Table 1. Astrophysical parameters and their allowed ranges. Note that in models used in some of the figures we assume X-ray sources with a realistic predicted SED of X-ray binaries (Fragos et al. 2013), and those models do not include the parameters $\alpha$ and $E_{\text{min}}$. |
window function in Fourier space. We have revised this prescription taking into account when calculating the Ly-α intensity field as is described below and in (Reis et al. 2020a).

3.1 Multiple scattering of Ly-α photons

In reality Ly-α photons do not travel in straight lines as they scatter off hydrogen atoms multiple times before being absorbed. This effect reduces the effective distance at which Ly-α photons couple the spin temperature to the gas temperature through the WF effect. We have first included this effect in Reis et al. (2020a) and summarize the details of this calculation here for completeness.

Different photons emitted from the same source at the same frequency will scatter a different number of times and at different scattering angels contributing to the Ly-α background at a distribution of effective distances from the source. Distance along a straight line (Eqn. 11) is the effective horizon of this distribution. Out of photons emitted at $z_{\text{em}}$ and absorbed at $z_{\text{abs}}$, we denote the distance distribution of Ly-α photons, i.e. the fraction of photons that travel an effective distance $r$, by $f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r)$. With this, Eqn. 12 turns to

$$J_{\alpha}(z_{\text{abs}}, x) = \sum_{n=2}^{n_{\text{max}}} f_{\text{recycle}}(r) \int_{z_{\text{abs}}}^{z_{\text{max}}(z_{\text{abs}})} \frac{cdz_{\text{em}}}{H(z_{\text{em}})} (1 + z_{\text{abs}})^2 \times$$

$$\int dr f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r) e\left(\epsilon_{\alpha}(z_{\text{abs}}, z_{\text{em}}), z_{\text{em}}, r, x\right),$$

where, as before, $\epsilon_{\alpha}$ is averaged over a spherical shell at a distance $r$ from $x$, and, unlike before, we integrate over $r$.

In the calculation of $f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r)$ we employ a Monte Carlo (MC) code to generate both the distance travelled between two scattering events and the angle of scattering. The code follows the approach taken by Loeb & Rybicki (1999) with two modifications: (i) we consider photons absorbed at Ly-α while Loeb & Rybicki (1999) considered photons emitted at Ly-α, (ii) the change of all redshift dependent quantities (such as the Hubble rate) is included exactly (in the high-redshift EdS limit). The details of the MC procedure are given in Appendix A.

3.2 Ly-α heating

The same stellar photons that trigger Ly-α coupling also contribute to heating of the IGM through recombination of the gas atoms as a result of scattering. Heating rate due to Ly-α photons depends on the balance between injected and continuum photons. This is because, as first pointed out by Chen & Miralda-Escudé (2004), injected photons cool the gas, while continuum photons heat the gas (we discuss this point in detail below, Section 3.2.1 and Fig. 1). Historically, the impact of Ly-α photons on the thermal state of the IGM was thought to be negligible owing to the assumption that for a standard intrinsic source spectrum the number of photons emitted between Ly-α and Ly-β frequencies (which redshift into the Ly-α line, and thus constitute the continuum radiation) is very close to the number of photons emitted between the Ly-β and Lyman limit frequencies (which are the source of the injected photons). With this assumption heating is nearly fully compensated by cooling (Chen & Miralda-Escudé 2004). However, as noted in later works (Furlanetto & Pritchard 2006; Hirata 2006; Chuzhoy & Shapiro 2007), the numbers of injected and continuum photons are not similar, with substantially more continuum photons expected. This is due to the fact that most photons emitted between the Ly-β and Lyman limit frequencies will cascade into the 2s level and, subsequently, produces injected Ly-α photons. Given the expected ratio between continuum and injected photons, Ly-α can heat the gas to a temperature of $\sim 100$ K (Chuzhoy & Shapiro 2006).

At this temperature Ly-α effect is self-regulated and cooling annuls heating. That is, Ly-α photons cannot heat the gas to higher temperatures, and, if the gas is heated by some other mechanism (e.g. by X-rays), Ly-α photons will act to cool the gas.

For completeness, we note that Meiksin & Madau (2020) have recently considered a significantly different setup in which Ly-α photons can cool the gas producing a deep 21-cm absorption feature as found by EDGES (Bowman et al. 2018). While all of the previously mentioned works (including this paper) consider Ly-α photons resulting from stellar continuum, Meiksin & Madau (2020) calculate the effect of Ly-α photons originating directly from line.
emission (for example from recombination in HII regions) assuming extreme Ly-α line emission strength and profile. This contribution is almost always neglected in 21-cm studies, and its importance is unclear, not just due to the sensitivity to complex local effects as studied by Meiksin & Madan (2020), but also because of a doubtful assumption in their calculation. They did not account for the Ly-α scattering that we include here, because they assumed that the scale of this scattering is large compared to the typical spacing between Ly-α-emitting galactic halos, so that the sources can be treated as spatially uniform. As we find here and in our other recent publications, at cosmic dawn the Ly-α field is in fact highly clustered around the (rare) sources and is highly non-uniform, within each Ly-α bubble surrounding a source, the majority of Ly-α scatterings occur close to the center, on a significantly smaller spatial scale than the scale at which the Ly-α photons escape (which is the smoothing scale that they assumed).

### 3.2.1 Calculation of the Ly-α heating rate

In the calculation of the Ly-α heating rate we closely follow Chuzhoy & Shapiro (2007) except for relaxing an approximation (see below). Spectral shape in the vicinity of the Ly-α line is given by (Grachev 1989; Chuzhoy & Shapiro 2006, 2007)

\[
J(x) = 2\pi J_0 \alpha^{-1} \int_{-\infty}^{\infty} e^{-\frac{2\eta(x^3 - 1)}{3\eta}} - 2\eta(x-z) z^2 dz
\]

(14)

for continuum photons and for the red wing (x > 0) of injected photons; while the blue wing (x > 0) of the profile for the injected photons can be written as

\[
J(x) = J(0)e^{-\frac{2\eta x^3}{3\eta}} - 2\eta x,
\]

(15)

where \(a = A_{21}/4\pi \Delta \nu T_{\text{D}}\) and \(A_{21}\) is the spontaneous decay rate of the Ly-α transition, \(\Delta \nu T_{\text{D}}\) is the Doppler width of the line; \(\gamma = 1/((1 + 0.4/T_3) \tau_{\text{CP}})\) where \(\tau_{\text{CP}}\) is the Gunn Peterson optical depth; \(\eta = \nu_0 \sqrt{2k_B T_K m_H c^2} (1 + 0.4/T_3) (1 + 0.4/T_3)^{-1}\) where \(h\) is the Planck constant and \(\nu_0\) is the Ly-α frequency; \(J_0\) is the radiation intensity far away from the line center, unaffected by scattering, and \(J(0)\) is the intensity at \(x = 0\). The parameter \(x\) is defined as

\[
x = \left(\frac{\nu}{\nu_0} - 1\right) \sqrt{\frac{2k_B T_K}{m_H c^2}} = \left(\frac{\nu}{\nu_0} - 1\right) \frac{\nu_0}{\Delta \nu T_{\text{D}}} = \frac{\nu - \nu_0}{\Delta \nu T_{\text{D}}},
\]

(16)

where \(m_H\) is the hydrogen mass.

Furlanetto & Pritchard (2006) compared the approximated spectral shape given by Eqs. 14 and 15 to more detailed numerical calculations, and found that the approximation is excellent for \(T_K < 1000\) K. This covers the entire region of interest, since, as we mentioned above, Ly-α photons can only heat the gas up to \(T_K \sim 100\) K.

Examples of the spectral shape around the Ly-α line center for continuum and injected photons are shown in Fig. 1 for the specific case of \(z = 15\), \(T_K = 5\) K and \(T_S = T_K\). For continuum photons (top panel of Fig. 1) the absorption feature near the line center represents energy lost by the photons and transferred to the gas. Thus, the gas atoms gain energy and their kinetic temperature rises. For injected photons, the intrinsic spectral shape can be written as \(J(x)/J_0 = \nu - \Theta(x)\) where \(\Theta(x)\) is the Heaviside step function, i.e. without scattering \(J(x) = 0\) on the blue side (\(x > 0\)) and \(J(x)/J_0 = 1\) on the red side (\(x < 0\)) of the Ly-α line center. With scattering included, the intensity seen on the red side goes into heating of the IGM, while the feature on the blue side represents energy gained by the photons and lost by the gas. Thus, in total, injected photons can cool the hydrogen gas.

Energy gained by the gas per Ly-α photon can be calculated as

\[
\Delta E = h\Delta \nu T_{\text{D}} \int dx \left(1 - \frac{J(x)}{J_0}\right),
\]

(17)

for continuum photons, and

\[
\Delta E = h\Delta \nu T_{\text{D}} \int dx \left(1 - \Theta(x) - \frac{J(x)}{J_0}\right)
\]

(18)

for injected photons (Chen & Miralda-Escudé 2004). The energy gain depends on the kinetic temperature of the gas, the spin temperature and the redshift. We perform the full calculation of the energy gain on a grid of these properties and use these results in the calculation of the thermal history. We verify that our results agree well with the approximations from Chuzhoy & Shapiro (2007) and Furlanetto & Pritchard (2006) when the kinetic temperature is not small and these approximations are valid. Finally, the Ly-α heating rate per hydrogen atom (in erg s\(^{-1}\)) is given by

\[
\epsilon_{\text{Ly-\alpha}} = \dot{N}_\alpha \Delta E_{\text{continuum}} + \dot{N}_\alpha \Delta E_{\text{injected}},
\]

(19)

where \(\dot{N}_\alpha\) is the number of photons reaching the line center per hydrogen atom per unit time

\[
\dot{N}_\alpha = \frac{4\pi \nu_0 dz}{n_H (1 + z)} c J_{\text{continuum, injected}},
\]

(20)

where \(J_{\text{continuum, injected}}\) (in units of cm\(^{-2}\) sr\(^{-1}\) s\(^{-1}\) Hz\(^{-1}\)) is calculated in our simulation as described in 3.1 (we separate the contributions of injected and continuum photons).

### 4 RESULTS

#### 4.1 Effect of multiple scattering of Ly-α photons on the 21-cm signal

Through its impact on the coupling coefficient \(x_\alpha\), multiple scattering leads to redistribution of power in the 21-cm fluctuations. In this section we explore this effect comparing simulation results with and without multiple scattering. The only difference between the two types of simulations is in how the Ly-α background is calculated. In the former case the new window functions (as described in §3.1) are utilized, while in the latter we assume that photons propagate along straight lines and use spherical shells window functions. Example images of the 21-cm brightness temperature from cosmic dawn, with and without the effect of multiple scattering, are shown in the top panels of Fig. 2. The simulations assume \(V_c = 16.5\) km s\(^{-1}\), \(f_b = 0.05\), \(f_x = 1\) and hard X-ray SED of XRBS. Ly-α and CMB heating are included in the simulations discussed in this Section.

With this effect included, the strength of the coupling is suppressed in regions far away from the radiation sources and enhanced in regions closer to the sources leading to

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The effect of multiple scattering on 21-cm fluctuations. Top: A slice of the 21-cm brightness temperature from the era of Ly-α emission. The effect of multiple scattering on 21-cm fluctuations is shown in Figure 2.

Bottom: Corresponding power spectra at $z = 23$ for the full case with multiple scattering (dark green) and for the case without multiple scattering (light green).

Figure 2. The effect of multiple scattering on 21-cm fluctuations. Top: A slice of the 21-cm brightness temperature from the era of Ly-α coupling (shown at $z = 23$), with (right) and without (left) the effect of multiple scattering of Ly-α photons on the WFC2. This example shows a simulation with $V_{\nu} = 16.5$ km $s^{-1}$, $f_\nu = 0.05$, $f_X = 1$ and a hard X-ray SED of XRBs, with Ly-α and CMB heating included. Bottom: Corresponding power spectra at $z = 23$ for the full case with multiple scattering (dark green) and for the case without multiple scattering (light green).

Figure 3. The 21-cm power spectra from simulations with and without the effect of multiple scattering. We assume $V_{\nu} = 16.5$ km $s^{-1}$ and a soft X-ray power law SED with minimum energy $E_{\text{min}} = 0.1$ keV and $\alpha = 1.5$. The results are shown for two different values of $f_X$, 0.001 (top) and 2.154 (bottom), and different values of the star formation efficiency $f_\nu$ (as indicated in the legend). For each value of $f_X$ and $f_\nu$, the solid/dashed line shows the power spectrum with/without the effect of multiple scattering. The power spectra are shown as a function of redshift, for $k = 0.1$ Mpc$^{-1}$. An increase in the strength of the power spectra during the era of Ly-α coupling is seen in all cases. For cases with weak X-rays, in which Ly-α heating is the dominant heating mechanism, an increase is seen also during the heating era, which occurs rather late in these models (these results are discussed in detail in Section 4.2).

Out of the effects listed above, perhaps the most interesting one is the enhancement of the 21-cm fluctuations on large observable scales. To further explore this effect, we show in Figure 3 the redshift evolution of the 21-cm power spectrum at $k = 0.1$ Mpc$^{-1}$ with and without multiple scattering for several different astrophysical scenarios. At these scale we see a significant amplification of the power spectrum during the Ly-α coupling era for all demonstrated astrophysical scenarios. This suggests that the inhomogeneous coupling field is the dominant source of fluctuations at this value of $k$ and corresponding high redshifts. At lower redshifts, where Ly-α coupling saturates and the 21-cm fluctuations are dominated by heating processes, the effect of Ly-α multiple scattering becomes irrelevant in most cases. However, in scenarios with weak X-ray heating the effect of multiple scattering can be noticeable even at low redshifts. In such models Ly-α heating is a dominant heating mechanism (see further discussion in Section 4.2) and as such, the spatial distribution of Ly-α photons remains important during the heating era. Even though Ly-α heating requires strong Ly-α background and, thus, is very smooth (see Section 4.2), we do find small intrinsic non-homogeneity, as discussed in Appendix B.

At high redshifts at which multiple scattering plays an important role the main astrophysical process that affects the 21-cm signal is that of star formation, which in our simulation is parametersized by $f_\nu$ and $V_{\nu}$. In addition, Figure 3 indicates that multiple scattering can be important during the heating era in cases with low $f_X$ and/or hard SED, while it plays a subdominant role during reionization. Therefore, in order to assess the importance of multiple scattering over the entire viable astrophysical space, we perform a parameter study varying $f_\nu$ and $f_X$ while keeping the rest of the model parameters fixed. We quantify the strength of the effect of multiple scattering by calculating the maximum ratio between the peak value of the 21-cm power spectrum in mK$^2$ units, $\Delta^2$, in models with the effect included and the
4.2 The effect of Ly-\(\alpha\) and CMB heating

We now turn to consider the effects of Ly-\(\alpha\) and CMB heating on the 21-cm signal for models with no X-ray heating (Fig. 5). While the effect of Ly-\(\alpha\) heating on the global 21-cm signal was estimated for a few selected astrophysical models (e.g. Ciardi & Salvaterra 2007; Ciardi et al. 2010; Mittal & Kulkarni 2020), implications for the 21-cm fluctuations are explored in this paper for the first time. In addition, with the onset of star formation and buildup of Ly-\(\alpha\) background, both Ly-\(\alpha\) and CMB heating channels are enabled and should be taken into account simultaneously. Effects of both processes on the global 21-cm signal (but not on the fluctuations) were considered by Vennumadhav et al. (2018); however, in their calculation of Ly-\(\alpha\) heating the authors followed Chen & Miralda-Escudé (2004) thus underestimating this effect.

Evolution of Ly-\(\alpha\) and CMB heating and cooling rates for a model with \(f_\alpha = 0.05\), \(V_c = 16.5\) km s\(^{-1}\) and \(f_X = 0\) is shown in the top left panel of Fig. 5, along with the cooling rate due to the expansion of the Universe for comparison\(^5\). Fig. 5 also shows the redshift evolution of gas kinetic temperature as well as the global 21-cm signal and the power spectrum. Additional examples with \(f_\alpha = 0.01\), \(V_c = 16.5\) km s\(^{-1}\) and \(f_X = 0.2\), \(V_c = 50\) km s\(^{-1}\) can be found in Appendix C.

From the figure we see that, despite being sub-dominant over a wide redshift range, the CMB heating rate does have an effect on the overall thermal history and the resulting 21-cm signal. Even though it is generally weak (and is always weaker than cooling by Hubble expansion), CMB heating is stronger than Ly-\(\alpha\) heating at redshifts higher than \(z \sim 17\) (for the model shown in the figure) and contributes a few degrees to the gas temperature (top right panel of Fig. 5), which in turn reduces the depth of the global 21-cm signal by a few tens of mK and suppresses the power spectrum (bottom panels of Fig. 5).

The effect of Ly-\(\alpha\) heating starts to dominate at \(z \sim 17\), first over the CMB heating and then over the Hubble expansion term. The leading effect is that of continuum photons which heat the gas, with the contribution of injected photons becoming important only at low redshifts following the increase of the kinetic gas temperature. In this specific example, with the Ly-\(\alpha\) and CMB heating included, gas temperature reaches the value of 101.2 K by the end of the simulation (\(z = 6\), the lowest redshift shown); while when neglecting the two contributions the temperature at \(z = 6\) is only 0.6 K, and when only CMB heating is taken into account it is 3.7 K. Because in the full case (with both Ly-\(\alpha\) and CMB heating included) the temperature is always lower than the threshold value at which heating by continuum Ly-\(\alpha\) photons is canceled by cooling due to the injected photons, Ly-\(\alpha\) photons keep heating up the neutral gas even at the end of reionization.

Additional intuition regarding the redshift range at which Ly-\(\alpha\) heating is significant can be obtained by considering the coupling coefficient (shown with the blue line in the top right panel of Fig. 5). Comparing the time dependence of the coupling coefficient to that of the gas temperature in the model with Ly-\(\alpha\) heating, we notice that Ly-\(\alpha\) heating does not have an impact on thermal history for \(x_\alpha \ll 1\), i.e. when the Ly-\(\alpha\) background is weak. Efficient Ly-\(\alpha\) heating requires a strong intensity of the Ly-\(\alpha\) field and, thus, is ex-

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\(^5\) Note that in the interest of space we are not showing components such as Compton heating and shock heating due to structure formation which are included in our simulation.
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Figure 5. Thermal history (averaged over the simulation box) and the resulting 21-cm signal for an example astrophysical scenario where heating is dominated by Ly-α photons. We assume $f_X = 0$ (no X-rays), $f_*=0.05$, $V_c = 16.5 \text{ km s}^{-1}$. **Top left:** Heating/cooling rates of the neutral IGM (see the legend). Solid lines show mechanisms that heat the IGM (negative $dT_K/dz$) and dashed lines show mechanisms that cool the IGM (positive $dT_K/dz$). In the interest of space, we do not show the contributions of Compton heating and structure formation which are included in our simulation. **Top right:** The gas temperature with and without Ly-α and CMB heating (see the legend). We also show the evolution of the coupling coefficient (solid blue) to illustrate that Ly-α heating becomes important only after the coupling nearly saturates. **Bottom left:** The global 21-cm signal with and without Ly-α and CMB heating (see the legend). **Bottom right:** The 21-cm power spectrum at $k = 0.1 \text{ Mpc}^{-1}$ with and without Ly-α and CMB heating (see the legend).

Figure 6. The kinetic gas temperature vs. the Ly-α coupling coefficient at $z = 15$. Each point represents a simulation run with different astrophysical parameters. Simulation runs with both Ly-α and CMB heating are shown with dark green squares and compared to simulations with only CMB heating (light green circles) or only Ly-α heating (red triangles). The horizontal line marks the reference case of an adiabatically cooled gas with no Ly-α and no CMB heating.

expected to affect the low-redshift 21-cm signal while having a minor effect at high redshifts.

That significant Ly-α heating occurs following a significant delay after the onset of WF coupling was first pointed out by Furlanetto & Pritchard (2006), where an approximation for the fractional temperature change per Hubble time from Ly-α heating was derived for small values of $x_\alpha$. Their result,

$$2 \frac{\epsilon_{\text{Ly}\alpha}}{3 H(z)\mu n_b T_K} \sim x_\alpha^{10} \frac{T_K^{4/3}}{1 + z} \frac{1}{1 + x_\alpha},$$

valid for the early stages of Ly-α heating, suggests that Ly-α heating is negligible when $x_\alpha \ll 1$, and the 21-cm spin temperature deviates from the CMB temperature only when $x_\alpha \gtrsim 1$. Our results agree with this conclusion, as can be seen from Fig. 6 which shows the kinetic temperature versus the Ly-α coupling coefficient at a fixed redshift of $z = 15$ for models with Ly-α plus CMB heating, CMB heating only and a reference case without the two terms. The results are shown for a large selection of astrophysical scenarios with $f_*$ varied between 0.001 and 0.5, $V_c$ between 16.5 km s$^{-1}$ and 76.5 km s$^{-1}$, and $f_X = 0$ for all the cases. The two sets with heating start to diverge from one another at $x_\alpha \sim 10$, showing the the effect of Ly-α heating is negligible at lower $x_\alpha$, but wins over the CMB heating at higher values of the coupling coefficient. An important implication is that the commonly used limit of fully coupled and adiabatically cooled gas, even though an insightful approximation, is, actually, not a valid physical case. This is because strong Ly-α coupling will inevitably be accompanied by substantial Ly-α and CMB heating which significantly change the thermal state of the gas compared to the adiabatic cooling limit. With the Ly-α and CMB heating taken into account, gas temperature in the absence of X-ray heating is model-dependent and varies as a function of $f_*$ and $V_c$. We leave detailed characterization of this limit for future work.

Let us now examine the resulting 21-cm signals in greater details (bottom panels of Fig. 5). As is evident from the figure, both Ly-α and CMB heating play important roles in shaping the absorption trough of the global signal. Because at high redshifts CMB heating rate is higher than that of Ly-α, it has a stronger effect on the depth of the ab-
Absorption feature, while Ly-α heating plays a more important role in shaping the low-redshift part of the global signal. We find that in the full case the maximum depth of the absorption feature is only $\sim 160.1$ mK, i.e. the absorption feature is $\sim 20\%$ shallower than when the extra heating terms are not included ($\sim 202.4$ mK). For comparison, when only CMB heating is considered, the maximum depth is $-167.9$ mK and when only Ly-α heating is considered the maximum depth is $-175.8$ mK. In total, with the extra heating terms included, the absorption feature is shallower, narrower and shifted to lower redshifts. In addition, a weak emission feature might be present if the gas is heated above the temperature of the CMB.

Another important implication of the extra heating terms is the suppression of the 21-cm power spectrum at low redshifts where their contribution is significant (at $z \lesssim 15$ in the specific example shown in the bottom right panel of Fig. 5). Because Ly-α heating by individual sources is generally weak, this component becomes relevant only at low redshift after a significant population of sources builds up to produce strong enough Ly-α background (as we discussed above, $x_\alpha \gg 1$ is required). Therefore, heating by Ly-α photons is relatively smooth (see a detailed discussion on the intrinsic non-homogeneity of Ly-α contribution to heating in Appendix B) and its effect on the 21-cm power spectrum is mostly a direct manifestation of the suppression of the total signal intensity: since the total magnitude of the absorption 21-cm signal is reduced due to the additional heating by Ly-α and CMB, so is the strength of the power spectrum.

The change in the power spectrum is most strongly manifested around the redshift of heating transition, $z_h$, defined as the moment when the temperature of the gas is equal to the radiation temperature. At $z_h$ the resulting global 21-cm signal vanishes leading to vanishing power in fluctuations. With the extra heating terms included, this milestone is shifted to earlier cosmic times (higher redshifts) and the power spectrum at $z_h$ is stronger than expected. Specifically for the scenarios with no X-ray heating that we consider here, the 21-cm signal is strong in absorption during the epoch of reionization and is manifested as a prominent peak in the power spectrum when shown at a fixed comoving scale and as a function of redshift. Inclusion of either one of the new heating terms (Ly-α and/or CMB) decreases the contrast between the temperature of the gas and that of the CMB, shifting the point of heating transition to higher redshifts, which leads to elimination of the low-redshift power peak.

In total, we find that suppression of the power spectrum during reionization, shallower and narrower global absorption trough and emergence of a (weak) emission feature are generic implications of Ly-α and CMB heating and have important consequences for the 21-cm signals in the observable redshift range, as further discussed in § 5.

4.3 Ly-α and CMB heating versus X-ray heating

As we mentioned above, Ly-α photons alone can heat the gas up to a temperature of $\sim 100$ K. While efficient X-ray heating can bring atoms to much higher kinetic temperatures, the actual X-ray production capability of high redshift galaxies is not well constrained and could be very low. As we have just seen, in such cases Ly-α and CMB heating are expected to have a strong effect on the predicted 21-cm signal. In this section we explore the interplay between X-ray heating and the joined contribution of Ly-α plus CMB heating, in order to find values of astrophysical parameters for which Ly-α and CMB terms should not be ignored.

We start by considering the effect of Ly-α plus CMB heating on the gas kinetic temperature, the 21-cm global signal and power spectrum for three different values of the X-ray production efficiency $f_X = 0.01$, 0.1, and 1 and hard SED of XRBs (Fig. 7). We use the same base model as in Fig. 5 with $f_X = 0.05$ and $V_c = 16.5$ km s$^{-1}$. We find that for low (but non-negligible) values of $f_X$ (namely, 0.01 and 0.1), Ly-α plus CMB heating is the dominant heating mechanism, and, consequently, the effect of the extra heating terms on the 21-cm signal is very significant. When including Ly-α and CMB heating, similarly to what we saw in the case with $f_X = 0$, with weak X-ray heating the absorption trough of the global signal becomes narrower, shallower, and with a minimum at higher redshift, while the low-redshift power spectrum is strongly suppressed. A minor effect is seen even in the case of $f_X = 1$, i.e. the most commonly used X-ray heating efficiency.

Like in the case with no X-ray heating, in the presence of X-ray sources the change in the power spectrum is most strongly manifested around the heating transition. For example, in the case with $f_X = 0.01$ and without Ly-α and CMB heating terms, even though it is warmer than in the adiabatic cooling limit, the gas is still colder than the CMB at all the simulated redshifts. However, with the extra heating terms included the point of heating transition is shifted to higher redshifts ($z \sim 7$), and the EoR power spectrum is strongly suppressed. More generally, in models with weak X-ray heating which usually leads to cold reionization (i.e. the IGM is colder than the CMB during the EoR), extra heating acts to suppresses 21-cm fluctuations by reducing the contrast between the background temperature and that of the gas; while in hot EoR scenarios (where the IGM is heated above the CMB level early on), extra heating will have a negligible effect as CMB heating is small compared to X-rays while Ly-α heating vanishes owing to the cancellation of the continuum and injected contributions.

Finally, we explore a grid of models in order to establish at which values of astrophysical parameters Ly-α and CMB heating are important relatively to X-ray heating. Since the magnitude of Ly-α and CMB heating depends on the intensity of the Ly-α flux, this term is mainly regulated by $f_X$ and $V_c$, while X-ray heating also strongly depends on its normalization, $f_X$. To quantify the effect, we calculate difference (in mK units) in the intensity of the global absorption feature between simulations with the extra heating and reference simulations without it. In Fig. 8 we show the difference versus $f_X$ and $f_X$ for a fixed value of $V_c = 16.5$ and X-ray SED of XRBs from Fragos et al. (2013) which peaks at photon energy of $5$ keV (most similar to a power law SED with $E_{\text{min}} = 1$ keV). The results for a softer power-law SED with $E_{\text{min}} = 0.1$ keV and $\alpha = 1.5$ and a harder X-ray SED with $E_{\text{min}} = 2$ keV and $\alpha = 1.5$ are qualitatively similar.

As expected, the importance of Ly-α and CMB heating for the 21-cm signal strongly depends on the value of $f_X$ and (to a lesser extent) on the shape of the X-ray SED. For high values of $f_X$, X-ray heating is clearly the domi-
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Figure 7. The effect of Ly-α and CMB heating in models with various levels of X-ray heating. Top panel: The effect of Ly-α and CMB heating on the kinetic temperature of the gas for various values of the X-ray production efficiency (solid lines). A comparison model, where Ly-α and CMB heating are both not present, is also shown (dashed). Middle panel: The global 21-cm signal for the same astrophysical cases. Bottom panel: The power spectrum at $k = 0.1 \text{ Mpc}^{-1}$. In this figure we use the same set of astrophysical parameters as in Fig. 5 (except for varying $f_X$ as is indicated in the legend).

Figure 8. Difference (in mK units) in the intensity of the global absorption feature between simulations with Ly-α and CMB heating and reference simulations without these two effects. The difference is shown as a function of $f_X$ and $f_*$ for a fixed value of $V_c = 16.5$ km s$^{-1}$ and assuming the predicted high-z SED of XRBs.

We find that for low $f_X$, Ly-α and CMB heating can produce an effect of up to $\sim 40$ mK (for high $f_*$ and $V_c = 16.5$ km s$^{-1}$).

We also find that for models with weak X-ray heating, the strength of the effect depends on the star formation rate (SFR), which is determined by the minimum mass for star formation (parametrized by $V_c$) and the star formation efficiency, $f_*$. As expected, the effect of Ly-α and CMB heating is stronger in models with higher $f_*$ and lower $V_c$ as in such cases $x_\alpha$ grows rapidly with redshift. For models with lower SFR, coupling does not reach saturation by the time reionization eliminates the 21-cm signal. In such cases the absorption depth is relatively small, with or without Ly-α and CMB heating, and, thus, the absolute difference is small. Lastly, there is some degree of degeneracy between $f_X$ and $f_*$ in the strength of the effect, owing to the fact that both X-ray heating and the intensity of the Ly-α background scale as $f_*$ in our model.

5 THE UPDATED LANDSCAPE OF THE 21-CM SIGNAL

With the updated framework in place, we explore the entire new landscape of possible 21-cm signals varying the seven model parameters over broad ranges as indicated in Table 1. In this section we also take into account Poisson fluctuations in the number of halos (Reis et al. 2020a) which were not included in our previous papers. We construct a dataset of 5968 randomly sampled astrophysical scenarios and compare the ranges of both the global signals and the power spectra to the predictions derived using the previous version of our code, where, as discussed above, multiple scattering was taken into account only approximately, while Poisson fluctuations as well as both Ly-α and CMB heating were ignored (we use datasets containing 29641 global signals and 11164 power spectra corresponding to the simulation setup as in Cohen et al. 2017, 2018, 2019). While both the new and the old datasets are representative, the random sampling might not be optimal and some narrow regions of the parameter space might remain untested. Hence, this comparison is performed solely for illustration purposes, and we leave a more thorough exploration of the parameter space (such as needed in order to derive parameter constraints using observational upper limits) for future work. The results are shown in Figs. 9 and 10.

We first consider the range of possible global signals...
which are strongly affected by the new heating terms. We use the entire dataset of 5968 new full-physics models to explore the distribution of the depth of the absorption feature as a function of the central frequency/redshift (lower/upper x-axis) of the absorption trough. Each dot represents a model with a unique combination of the astrophysical parameters \( f_x, V_c, f_X, E_{\text{min}}, \alpha, R_{\text{ref}}, \) and \( \tau \) (see Table 1). We compare the results obtained with (in color, for 5968 new astrophysical scenarios) and without (black, 26868 models, from Cohen et al. 2019) the newly added effects (Ly-\( \alpha \) and CMB heating, multiple scattering and Poisson fluctuations). The points are colored with respect to the value of the mean star formation rate density (SFRD) at \( z = 17 \).

Figure 9. Absorption depth of the global signal versus the central frequency/redshift (lower/upper x-axis) of the absorption trough. Each dot represents a model with a unique combination of the astrophysical parameters. The points are colored with respect to the value of the mean star formation rate density (SFRD) at \( z = 17 \).

The updated range of possible 21-cm power spectra is shown on the left panel of Fig. 10. Compared to our old models, here we see a (model and scale dependent) enhancement by a factor of \( \sim 2 - 5 \) at high redshifts owing to the effects of multiple scattering and Poisson fluctuations, and a suppression at low redshift (with peak power lower by a factor of 6.62 at \( z = 9 \) and \( k = 0.1 \text{ Mpc}^{-1} \)) due to the additional heating terms. While the high-redshift enhancement should make it easier to detect the signal with the future SKA, NenuFAR and HERA at low-frequencies, the reduced range of power spectra at the EoR redshifts is of a particular importance for the ongoing experiments, such as MWA (Trott et al. 2020), LOFAR (Mertens et al. 2020), and HERA. Ignoring the effects of the Ly-\( \alpha \) and CMB heating on the predicted low-redshift 21-cm power spectra will result in underestimating the total energy injection into the IGM, overestimating the intensity of the resulting signals, and, consequently, biasing high the estimates of the heating efficiency of X-ray sources when fitting models to data.

6 SUMMARY

In this work we have presented revised predictions for the 21-cm signal that take into account three subtle astrophysical effects induced by the Ly-\( \alpha \) radiative background: Ly-\( \alpha \) heating, CMB heating, and the multiple scattering of Ly-\( \alpha \) photons. The impact of all these effects on the power spectrum of the 21-cm signal is considered here for the first time, while the effects of Ly-\( \alpha \) heating and CMB heating on the global 21-cm signal have been previously calculated for a handful of high-redshift astrophysical scenarios. In this work we created a large dataset of models, varying the astrophysical parameters in order to cover a broad range of plausible values, and we explored the impact of these processes on the 21-cm signal.

We have found that both Ly-\( \alpha \) and CMB heating of the IGM have an important effect once the WF coupling due to Ly-\( \alpha \) photons begins to saturate. CMB heating becomes significant first (when \( x_{\alpha} \sim 5 - 10 \)), and Ly-\( \alpha \) heating overtakes it after a delay (when \( x_{\alpha} \sim 50 - 100 \)). Both effects are particularly important for astrophysical scenarios with inefficient X-ray heating (typically with \( f_X \lesssim 0.1 \) for an SED of X-ray binaries). With the formation of the first population of stars and build up of the Ly-\( \alpha \) background, these processes heat the cold hydrogen gas, eventually raising its temperature even in the absence of other heating mechanisms. Because these processes inevitably take place as a result of star formation, which also enables the WF coupling that is necessary for a strong 21-cm signal, the popular limiting case of an adiabatically cold IGM with saturated WF coupling is not a realistic bound to consider when comparing
The subtlety of Ly-\(\alpha\) photons and the 21-cm signal

Figure 10. The updated range of possible 21-cm signals (both the global signal and the power spectrum) in standard astrophysical models. **Left:** Variety of the possible 21-cm power spectra at \(k = 0.1 \text{ Mpc}^{-1}\). Blue lines show the results from this work, including the effects of Ly-\(\alpha\) heating, CMB heating, multiple scattering and Poisson fluctuations. Black lines show the results from our previous work (Cohen et al. 2018, 2019), where these effects were not included. In each case 2000 randomly selected models are shown (thin lines) as well as the envelope showing the upper limit at each redshift (thick lines) derived from the entire datasets which cover the parameter ranges listed in Table 1 (5968 new models, and 20641/11164 old global signals/power spectra). The red and orange triangle markers show upper limits from LOFAR (Mertens et al. 2020) and MWA (Trott et al. 2020), respectively. **Right:** Possible 21-cm global signals. Same color coding as for the models on the left. Black lines show the results from our previous work (Cohen et al. 2017, 2019). Here the envelopes are lower limits (i.e., indicating the strongest possible absorption at each redshift).

models to data. Since the deepest absorption troughs in the global 21-cm spectra and the strongest reionization power spectra are obtained for the coldest possible IGM, Ly-\(\alpha\) and CMB heating significantly change predictions for those signals that are the easiest ones to rule out observationally. With the newly included effects our models reach an absorption floor at \(z \sim 15 – 19\) with a maximum absorption depth of \(-165\ \text{mK}\) (considering here standard astrophysical models, without an excess radio background or cooling by millicharged dark matter), in striking contrast with predictions for an adiabatically expanding Universe where the absorption troughs are deeper at lower redshifts (e.g., \(-264\ \text{mK}\) at \(z = 10\), Cohen et al. 2016). Owing to the lower intensity of the 21-cm signals, the 21-cm power spectra are also reduced at low redshifts, with peak power lower by a factor of \(6.6\) at \(z = 9\) and \(k = 0.1 \text{ Mpc}^{-1}\). This suppression places standard astrophysical models further out of reach of ongoing experiments (e.g., Trott et al. 2020; Mertens et al. 2020).

In contrast with the extra heating terms which suppress the signal, the multiple scattering of Ly-\(\alpha\) photons enhances the power spectrum by a scale-dependent factor of \(\sim 2 – 5\) and renders the cosmic dawn 21-cm signal easier to observe with radio telescopes such as the SKA, NenuFAR and HERA. This effect peaks at the onset of star formation during the coupling transition; however, we find that it can also be significant at lower redshifts in cases with weak X-ray heating.

We conclude that, although created by subtle physical processes, the newly-included effects of the Ly-\(\alpha\) background on the 21-cm signal are important. The landscape of possible 21-cm signals is strongly modified when these effects are included, which should be taken into account for a reliable estimation of high-redshift astrophysical parameters from observations of both 21-cm power spectra and global signals.

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DATA AVAILABILITY

No new data were generated or analysed in support of this research.

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APPENDIX A: MONTE CARLO PROCEDURE

In the Monte Carlo procedure each photon (emitted at a given frequency $\nu_{\text{em}}$ and a given redshift $z_{\text{em}}$) moves in straight lines between scattering events. The distance travelled between two scattering events and the angle of scattering are both random variables. We perform the MC calculation only for photons that are emitted between Ly-$\alpha$ and Ly-$\beta$. For higher frequency photons multiple scattering is less important since these photons travel significantly shorter distances in the first place.

At each step we have the current redshift, frequency, and radial distance from the source: $z_i$, $\nu_i = \frac{1+z_i}{1+\tau(z_i)}\nu_{em}$, and $R_i$. To find the redshift of the next scattering event we calculate the optical depth $\tau(z)$ for $z < z_i$ (Loeb & Rybicki 1999):

$$\tau(z) = \frac{\nu_i(z_{\text{em}})}{\nu_i} \left( \frac{\nu_i}{\nu_{\text{em}}} \right)^{3/2} \left[ F \left( \frac{\nu_i}{\nu_{\text{em}}} - 1 \right) - F \left( \frac{\nu_i}{\nu_{\text{em}}} + \frac{1 + z}{1 + z_i} - 1 \right) \right], \quad (A1)$$

where

$$F(y) = \int dy \frac{(y+1)^{5/2}}{y^2} = \frac{5}{2} \log \frac{\sqrt{1+y+1} + \sqrt{1+y-1} - 5y^2 + 2\sqrt{\frac{y}{y+1}}} {\sqrt{1+y+1} - \sqrt{1+y-1}}. \quad (A2)$$

and $\nu_i(z) = 5.58 \times 10^{12} \Omega_b h^2 \Omega_m^{1/2}(1+z)^{3/2} \text{Hz}$ is the frequency at which the optical depth is equal to one for a photon emitted at $z$. Note that $\tau(z)$ diverges as $\nu_i$ approaches $\nu_o$. We then randomly draw a value for the optical depth at which the photon was absorbed from an exp($-\tau$) distribution, and find the redshift at which this value matches $\tau(z)$ from Eqn. A1, this redshift will be $z_{i+1}$.

The comoving distance the photon travelled in this step is then

$$L_i = \frac{6.0}{\Omega_{m}^{1/2}h} \sqrt{a(z_{i+1}) - a(z_i)} \text{Gpc}. \quad (A3)$$

Where $a = 1/(1+z)$. To calculate $R_{i+1}$ (the radial distance from the source in the next step) we draw from a
uniform distribution) the direction in which the photon travelled. In comoving coordinates we use Euclidean geometry, so
\[ R_{\mu+1} = \sqrt{R_{\mu}^2 + L_2^2 + 2R_{\mu} L_{\mu}}. \]  
where \( \mu = \cos \theta, \theta \) being the angle with respect to the radial direction from the source.

This is repeated until the frequency of the scattering is very close to \( \nu_\alpha \). Here the number of scattering is very large and we use an analytic diffusion approximation from Loeb & Rybicki (1999) to finish the path of the photon with one final step. Numerically this happens when \( \nu < \nu_{\text{min}} \), where \( \nu_{\text{min}} = \nu_\alpha + 0.01\nu_\alpha(z_{\text{em}}) \). We have checked the convergence of our results with respect to the choice of \( \nu_{\text{min}} \).

For this step we define the scaled variables
\[ \bar{\nu} = \frac{\nu - \nu_\alpha}{\nu_\alpha(z_{\text{abs}})}, \]  
and
\[ \bar{L} = \frac{L}{R_\alpha(z_{\text{abs}})}, \]  
where
\[ R_\alpha(z) = 6.77 \frac{\Omega_0}{\Omega_m} (1 + z) \text{Mpc} \]  
is the distance at which \( \nu_\alpha(z) \) is redshifted to \( \nu_\alpha \).

According to the approximation from Loeb & Rybicki (1999), \( \bar{L} \) could be generated by drawing \( \bar{L}_2, \bar{L}_\mu, \bar{L}_z \) from a Gaussian distribution with mean zero and variance 2\( \sigma^2 \)/9(\( \Omega_\alpha \)), and \( \bar{L} = \sqrt{\bar{L}_2^2 + \bar{L}_\mu^2 + \bar{L}_z^2} \). We then calculate \( L \) for this step, draw a random direction, and obtain the final \( R \) with Eqn. A4. Note that since the scattering is elastic, the frequency of the photon changes only due to the redshift, so the emission redshift and frequency defines the absorption redshift \( z_{\text{abs}} \).

This procedure is repeated for many photons, on grids of emission redshifts \( z_{\text{em}} \), and frequencies \( \nu_\alpha \). To get \( f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r) \) (as used in Eqn. 13) we take all the photons with given \( z_{\text{abs}} \) and \( z_{\text{em}} \) and find the fraction of them that travelled a distance \( r \). Numerically, for a given \( z_{\text{em}} \) (from the MC calculation grid), and a given \( z_{\text{abs}} \) used in the 21cm simulation itself, we take all photons that were absorbed between \( z_{\text{abs}} + 0.025 \) and \( z_{\text{abs}} - 0.025 \), and bin them on a grid of distances. We have checked the convergence of our results with respect to the redshift bins. For each bin we interpolate the fraction of photons between the different \( z_{\text{em}} \) to the simulation value \( z_{\text{em}} \).

We fit the following (purely phenomenological) function to the distance distribution \( n(r) \) in logarithmic bins:
\[ \log \left( \frac{dn}{d\log r} \right) = \gamma \log \left( \frac{r}{r_{\text{min}}} \right) \times \left( \frac{1}{1 + \left( \frac{r}{r_{\text{mid}}} \right)^{-\beta/2}} \right)^2 + A \times \left( \frac{r}{r_{\text{mid}} e^{-\beta}} \right)^{-2\alpha}, \]  
for \( r_{\text{min}} < r < r_{\text{SL}}, \) and
\[ \log \left( \frac{dn}{d\log r} \right) = 1 \]  
otherwise. \( r_{\text{SL}} \) is the straight line distance, and \( r_{\text{min}}, r_{\text{mid}}, \gamma, \beta, \alpha, \) and \( A \) are free parameters.

The first term represents a power law \( dn/dr \sim r^{-(\gamma-1)} \), where the \(-1\) comes from the logarithmic bins. Note that the number of photons in a simulation cell goes like \( r^{(\gamma-3)} \) as the photons are distributed over spherical shells with \( V \sim r^2 \). The \( r_{\text{min}} \) parameter is used only in the fitting procedure and does not represent an actual minimum distance (it represents the minimum distance that will receive a photon given the number of iterations of the MC code). The power law for \( dn/dr \) is thus extrapolated to smaller distances. The second term is a cutoff at distance \( r_{\text{mid}} \) with log-space width \( \sim \beta \). The last term is accounting for accumulation of photons close to the maximum distance (which is located roughly at the start of the drop, i.e., at \( r_{\text{mid}} \times e^{-\beta} \)). The choice of function is phenomenological and was found to provide a good fit to the distance distribution over the entire range of emission and absorption redshifts (\( z = 6 - 40 \) in our simulation).

The new window functions \( W(z_{\text{abs}}, z_{\text{em}}, r) \) serves to calculate the new window functions in real space
\[ W(z_{\text{abs}}, z_{\text{em}}, r) = \int d\nu f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r), \]  
which we use in the simulation instead of the spherical shell window functions\(^6\). Note that these window functions are normalized, \( \int d\nu W = 1 \). The second integral in Eqn. 13 can then be calculated by convolving the window function with the emissivity:
\begin{align*}
\int d\nu f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r) & \hspace{1em} \epsilon_{\nu}(z_{\text{abs}}, z_{\text{em}}) r_{x} = \\
\int d\nu f_{\text{scatter}}(z_{\text{abs}}, z_{\text{em}}, r) & \hspace{1em} \epsilon_{\nu}(z_{\text{abs}}, z_{\text{em}}, z_{\text{em}}, x + r) = \\
\int d\nu W(z_{\text{abs}}, z_{\text{em}}, r) & \hspace{1em} \epsilon_{\nu}(z_{\text{abs}}, z_{\text{em}}, z_{\text{em}}, x + r) = \hspace{1em} W(z_{\text{abs}}, z_{\text{em}}) \hspace{1em} \epsilon_{\nu}(z_{\text{abs}}, z_{\text{em}}, z_{\text{em}}). \hspace{1em} (A11)
\end{align*}

APPENDIX B: INHOMOGENEITY OF Ly-\( \alpha \) HEATING AND ITS EFFECT ON THE FLUCTUATIONS OF THE 21-CM SIGNAL

The Ly-\( \alpha \) contribution to heating is expected to be smooth, as for this component to have a significant effect on the 21-cm signal, strong Ly-\( \alpha \) background created by multiple sources is required. Here we test this hypothesis by isolating the effect of Ly-\( \alpha \) heating and comparing our full simulation to a test case where Ly-\( \alpha \) heating is set to be spatially homogeneous. The test case is constructed so that the Ly-\( \alpha \) contribution to the heating rate, \( \epsilon_{\nu_{\text{Ly}}} \) (Eqn. 7), is spatially uniform with the same mean value as in the original simulation. Examples of 21-cm images with the smooth and the non-uniform Ly-\( \alpha \) heating rates are shown in Fig. B1. In both cases the simulation parameters are \( V_c = 16.5 \text{ km s}^{-1} \), \( f_S = 0.2507, f_X = 0.001 \) (so that Ly-\( \alpha \) heating is the dominant heating mechanism), and \( \zeta = 30 \). The images are shown

\(^6\) For comparison, for spherical shell window functions, \( W(z_{\text{abs}}, z_{\text{em}}) \) is non zero only at a single value of \( r \) given by Eqn. 11.

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Figure B1. The effect of Ly-α heating on the 21-cm fluctuations for an example model with $V_c = 16.5$ km s$^{-1}$, $f_e = 0.251$ and $f_X = 0.001$ (the blue curve in the top panel of Fig. 3). **Top:** a slice of the 21-cm brightness temperature at $z = 13$ for the full case (left) and the case with an artificially uniform Ly-α heating rate (right). The color bar shows the values of the brightness temperature in mK. Note that the regions with zero brightness temperature are ionized (these are the highest density regions). **Bottom:** The corresponding power spectra at $z = 15$ for the full case (dark green) and the case with a uniform Ly-α heating rate (light green). We also show a case without the multiple scattering of Ly-α photons (dark blue).

APPENDIX C: CMB AND Ly-α HEATING EXAMPLES

In Fig. C1 and Fig. C2 we show the same quantities as in Fig. 5 for two additional astrophysical models. In Fig. C1 we show a case with high circular velocity (corresponding to a high minimum mass for star formation), and in Fig. C2 we show a case with low star formation efficiency. In both cases, as in the case shown in the main text, we see a significant suppression of the global signal and the EoR power spectrum due to Ly-α and CMB heating.

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7 This effect is included in the pre-calculated coefficients (the same place where the spectrum of the sources comes into play). For each absorption redshift we calculate the maximum emission redshift (or horizon) for each Lyman resonance. For Ly-α the horizon is the largest, and becomes smaller for Ly-β, Ly-γ etc.
Figure C1. Same as Fig. 5 but for an astrophysical scenario with $f_X = 0$ (no X-rays), $f_* = 0.2$, and $V_c = 50 \, \text{km} \, \text{s}^{-1}$.

Figure C2. Same as Fig. 5 but for an astrophysical scenario with $f_X = 0$ (no X-rays), $f_* = 0.01$, and $V_c = 16.5 \, \text{km} \, \text{s}^{-1}$.