Simultaneous optical and X-ray observations of a giant flare on the ultracool dwarf LP 412-31

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ABSTRACT

Cool stars are known to produce flares probably as a result of magnetic reconnection in their outer atmospheres. We present simultaneous XMM-Newton optical V band and X-ray observations of the M8 dwarf LP 412-31. During the observation a giant flare occurred, with an optical amplitude of 6 mag and total energy of \(3 \times 10^{32}\) erg in each of the V band and soft X-rays. Both flare onset and flare decay were completely covered in both wavebands with a temporal resolution of 20 s, allowing for a determination of the flare time scales as well as a study of the temperature evolution of the flaring plasma. The data are consistent with an impulsive energy release followed by radiative cooling without further energy release during the decay phase. Our analysis suggests that the optical flare originates from a small fraction of the surface of LP 412-31, while the characteristic scale size of the flaring X-ray plasma is of the order of the stellar radius or larger. The absence of any small-scale variability in the light curve suggests a non-standard flare number energy distribution.

1. Introduction

Flares, i.e., short-term enhancements of the emission in various wavebands, belong to the most obvious manifestations of solar and stellar magnetic activity. During a solar white-light flare the footpoints of magnetic loops light up in optical and ultraviolet emission lines and continuum. Intense X-ray emission goes along with such events, and is ascribed to the filling of these loops with heated plasma evaporated off the chromospheric layers along the magnetic field lines into the corona (the ‘chromospheric evaporation scenario’, e.g., Antonucci et al. 1984). Depending on the flare frequency distribution quiescent high-energy emission might be due to a super-position of unresolved micro-flares (Krucker & Benz 1998, Aschwanden et al. 2000).

On dM(e) stars (“flare stars”) flares are far more frequently observed (mostly in U band or Hα) than on the Sun. However, because of significant logistic and observational difficulties, simultaneous data taken in different wavebands, indispensable to test the validity of the above scenario, has rarely been secured. The situation becomes even worse for the low-mass end of the main-sequence. The fraction of Hα emitters among the M dwarf population decreases quickly for ultracool dwarfs beyond spectral type \(\approx\) M7, yet objects of late-M or L spectral type can produce spectacular Hα flares (Liebert et al. 1999, Liebert et al. 2003, Fuhrmeister & Schmitt 2004). X-ray emission has been observed only from a rather small number of ultracool dwarfs, and in most of these cases X-ray detections were made only during flares (Fleming et al. 2000, Rutledge et al. 2000, Schmitt & Liefke 2002, Stelzer 2004). None of these observations was accompanied by concurrent observations in other wavebands. Optical broad-band observations of (ultracool) dwarfs are more abundant. However, most of the available data do not have the temporal resolution required to follow the rapid evolution of the photospheric and chromospheric emission. The observed magnitude increases in the optical wavebands can be enormous. Some – rare – examples of huge optical events on M dwarfs with amplitudes > 6 mag in optical and UV bands, respectively, are presented by Pagano et al. (1997) and Rockenfeller et al. (2006). Observational records of nine superflares in various wavebands were collected by Schaefer et al. (2004), but these observations lack any information on time evolution.

In this letter we present a giant X-ray flare on the M8 dwarf LP 412-31, recorded with the XMM-Newton satellite with a time resolution of a few seconds simultaneously in soft X-rays and in the V band. LP 412-31 was originally identified in a proper motion survey of Luyten (1979) and first classified as a very late M dwarf by Kirkpatrick et al. (1995). Since then it has frequently been used as reference star for spectral type M8, although little is actually known about its stellar parameters. LP 412-31 is located at a distance of \(14.6 \pm 0.1\) pc (Reid & Cruz 2002), Mohanty & Basri (2003) derive an effective temperature of 2550 K, and from the J band magnitude we obtain \(L_{\text{bol}} = 2.09 \times 10^{30} \text{erg s}^{-1}\) using the bolometric correction (B.C.)\(_J = 1.95\) (Reid et al. 2001). According to the evolutionary models of Chabrier et al. (2000) LP 412-31 is close to the bottom of the main-sequence (0.04 – 0.1 \(M_\odot\)) and moderately young (\(\approx 0.3\) Gyr). LP 412-31 belongs to the strongest Hα emitters of its spectral type. Its Hα equivalent width has been measured at various epochs with values between 20 to 80 Å, (Martín et al. 1996, Gizis et al. 2000, Reid et al. 2002, Mohanty & Basri 2003). The magnetic field strength of LP 412-31 (\(> 3.9\) kG) is among the highest in a sample of ultracool dwarfs studied by Reiners & Basri (2000). No reports on X-ray emission from LP 412-31 exist in the literature, and in particular the ROSAT All-Sky Survey data implies a flux limit of...
We observed LP 412-31 for 40 ksec with XMM-Newton\(^1\) (Obs-ID 0300170101), and analysed the data with the XMM-Newton Science Analysis system (SAS) version 6.5.0.

The thin filter was inserted for all three European Photon Imaging Camera (EPIC) instruments. In this paper we use only data from the EPIC/pn CCD. Data processing included standard filtering of the event list. After removing time intervals of high background using a screening algorithm, the EPIC/pn yielded 25 ksec of useful science data. Visual inspection of the X-ray image showed an unexpectedly bright X-ray source coincident with LP 412-31. For the temporal and spectral analysis of this source we used the source photons extracted from a 30′′ circle centered on the X-ray position of LP 412-31 and background photons from a circle of equal size positioned on a source-free adjacent position.

The Optical Monitor (OM) onboard XMM-Newton was operated in the standard Image Fast Mode with the V band filter. For this work we use only data from the central fast-mode window of 10.5′′ × 10.5′′ pixels read out with a time resolution 20 s. For technical reasons the OM observation had to be divided into nine exposures (7 × 4400 s, 1 × 3700 s, and 1 × 2960 s) separated by an overhead of ~ 0.3 ksec. Thus, there is almost complete time coverage of the X-ray observation in the V band with high time resolution. The OM data from the central fast-mode window was processed with standard SAS procedures, resulting in a sequence of V band count rates with time resolution of 20 s. For the conversion of OM count rates into magnitudes and fluxes we used the numbers given in the XMM-Newton SAS Users’ Guide\(^2\).

An inspection of the lightcurves of both the X-ray and optical data showed the presence of a huge flare at about one third into the observation, but a weak signal without any signs of variability during the rest of the observation. Substantial precursor activity before the actual flare onset is clearly visible in the X-ray data (EPIC/pn count rate enhanced by a factor ≈ 30 with respect to the pre- and post-flare quiescent emission). Fig. 1 shows a fraction of the recorded lightcurves, starting with the X-ray flare precursor, during which no significant activity is seen in the OM data. In Table 1 we summarize count rates, magnitudes, and luminosities measured during the different observed activity states.

For the quiescent state before and after the flare (not shown in Fig. 1), we measure an X-ray luminosity of log \(L_{\text{X,q}}\) ~ 27.2 erg s\(^{-1}\), corresponding to a fractional X-ray luminosity of log \(L_{\text{X,q}}/L_{\text{bol}}\) ~ −3.1. This represents the first detection of (quiescent) X-ray emission for LP 412-31. Our measurement puts LP 412-31 at the upper end of the activity range for flare stars, not unexpectedly considering its strong and variable H\(\alpha\) emission and strong magnetic field. The quiescent OM V band count rate translates into a V band magnitude of ~ 19 mag, in good agreement with the literature value (Dahn et al. 2002).

Both visual inspection of the lightcurves and Spearman’s and Kendall’s rank correlation tests are consistent with a time delay of \(\lesssim 20 - 40\) s \((1 - 2\) bins) between the optical and X-ray bands. Both EPIC/pn and OM count rates increase by factors of 200–300 from quiescence to their peak luminosities of \(< 2 \times 10^{-13}\) erg cm\(^{-2}\) s\(^{-1}\), corresponding to a soft X-ray luminosity of \(< 5 \times 10^{37}\) erg s\(^{-1}\).

### 2. Observations and data analysis

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### Fig. 1. Fraction of the XMM-Newton lightcurves of LP 412-31 showing the giant flare and the precursor state. Both EPIC/pn and OM data are binned to the 20 s time resolution given by the OM. The EPIC/pn lightcurve is overlaid by the blocks derived in the ML analysis. The last block is not seen because of the restricted x-scale.

4.7 · 10\(^{29}\) erg s\(^{-1}\) and 2.8 · 10\(^{30}\) erg s\(^{-1}\), respectively. Specifically, the V magnitude rises within 40 s to a maximum of 13.1 mag \((AV \approx 6\) mag\), whence it decays exponentially back to quiescence with decay time scale \(\tau_{\text{OM}} \approx 90\) s. The decay of the X-ray light curve is far more prolonged. It is fast initially, but slows down soon after and can be roughly described by two exponentials, a first one with a decay time scale similar to the optical decay \((\tau_{\text{pn}} \approx 150\) s\), and a second exponential that decays with \(\tau_{\text{2, pn}} \approx 1000\) s.

We analysed the EPIC/pn light curve with a binning independent maximum likelihood (ML) method described in detail by Stelzer et al. (2006). We use this technique first to find possible background variations and then subtract the background from the events listed at the source position, making use of the previously determined segmentation of the background signal. The result is a background subtracted net source photon events list, to which the ML algorithm is applied. In Fig. 1 the binned lightcurve is overlaid by the constant rate blocks resulting from the ML analysis with an imposed minimum number of 500 cts per block and a confidence level for change points of 99.9%. Since the data before the flare precursor (not shown in Fig. 1) consists of fewer than 500 cts, we start the ML analysis with the flare precursor. This procedure results in a division of the lightcurve into ten intervals of constant signal which we use for spectral analysis.

For each of the ten blocks as well as for the first 6 ksec of the observation (representing the quiescent emission before the flare) a source and background spectrum, a response matrix and an ancillary response file were extracted with standard XMM-Newton SAS tools. We first fitted the quiescent spectrum within the XSPEC v11.3 environment using a two-component APEC thermal spectrum with a photo-absorption term. The spectral fitting shows the absorbing column to be very low as expected for

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\(^1\) The satellite and its instruments have been described in a Special Issue of Astronomy & Astrophysics Vol. 365 (Jan. 2001)

\(^2\) http://xmm.vilspa.esa.es/external/xmm_user_support/documentation/uhb/index.html
To derive quantitative information from the optical signal we choose a description of the flare photosphere in terms of blackbody emission with effective temperature as a free parameter. Although the flaring photosphere is likely not a perfect blackbody, at least in the V band there are no strong emission lines (de Jager et al. 1989), and blackbody models have provided a reasonable approximation for flare continua on earlier M dwarfs (Hawley & Fishel 1992). Using the V filter response curve, the luminosity derived from the OM count rate (see Table 1) can be corrected for the temperature dependent out-of-band flux (“bolometric correction”). Assuming a photospheric ‘flare temperature’ $T_{\text{eff}} = 9500 \text{ K}$, we obtain an optical flare peak luminosity of $L_{\text{bol,peak}} = 4.7 \cdot 10^{30} \text{ erg s}^{-1}$; raising $T_{\text{eff}}$ to 15000 K increases this luminosity by a factor of two. With an assumed stellar radius of $0.12 R_\odot$, the area of the flaring region on the star is $(3.4 - 13) \cdot 10^{18} \text{ cm}^2$, i.e., the flare occupied <1% of the surface of LP 412-31. This compares well with the flare area sizes determined for UV Cet (de Jager et al. 1989) and for solar white light flares (Xu et al. 2006).

We determined the physical parameters of the X-ray emitting region making use of the hydrodynamic flare model and its calibration to the EPIC/pn spectral response described by Reale et al. (2004). This approach implies that we interpret the flare on LP 412-31 as a compact loop flare. From the measured slope of $\zeta = 1.25$ of the flare evolution in the $\log T - \log \sqrt{EM}$ plane (see Fig. 3) and the observed $\log T_{\text{peak}} [\text{K}] = 7.65$, we find a (half) loop length of $L \approx 1.4 \cdot 10^{10} \text{ cm}$, i.e., a value larger than the radius of LP 412-31. Assuming that the cross section of the flaring loop be given by the size of the optical flaring region, we compute a volume of $V_{\text{flare}} \approx (0.9 - 3.6) \cdot 10^{29} \text{ cm}^3$ and – from the observed peak $EM$ of $3.4 \cdot 10^{52} \text{ cm}^{-3}$ – a mean plasma density of $(3 - 6) \cdot 10^{13} \text{ cm}^{-3}$. In principle, the expectation of high density could be checked with the XMM-Newton RGS data, but unfortunately due to the high flare plasma temperature the signal in the O VII triplet (which would be sensitive to densities in that range) is so weak that no quantitative conclusions can be drawn from that data. At any rate, however, the size of the flaring region in X-rays is quite large and of the order of the stellar dimensions. Therefore considerable heating also of the non-flaring atmosphere must occur as a result of its illumination by the hot flaring plasma. Further, the derived length scale $L$ must be filled with plasma quite rapidly. Assuming ad hoc expansion velocities of 1000 km/s, the typical filling time scales are of the order of 50–100 s, which is comparable to the possible observed delay between flare onset and flare maximum. Also, considerable line shifts and broadening are expected which, however, cannot be diagnosed because of low signal-to-noise of the presently available data. Finally, we can estimate the total thermal energy content $E_{\text{th,X}} = 3nkTV$ of the X-ray plasma at flare peak. Using the above numbers we find $E_{\text{th,X}} = (1 - 2) \cdot 10^{35} \text{ erg}$.

### Table 1. Count rates, magnitudes and luminosities for LP 412-31 in different activity states.

|        | pre-flare$^{(a)}$ | flare peak | post-flare$^{(a)}$ |
|--------|------------------|------------|-------------------|
|        |                  |            |                   |
| $C$ [ct s$^{-1}$] | 0.50 ± 0.20      | 84.83 ± 3.47 | 0.30 ± 0.08       |
| $V$ [mag]   | 18.7 ± 0.4       | 13.1 ± 0.1  | 19.3 ± 0.2        |
| $L_X$ [erg s$^{-1}$] | $(1.6 \pm 0.5) \cdot 10^{28}$ | $(2.8 \pm 0.1) \cdot 10^{28}$ | $(9.8 \pm 2.0) \cdot 10^{27}$ |

$^{(a)}$ defined by ML blocks No.1 and 2 representing the flare precursor activity (enhanced count rate in EPIC/pn with respect to quiescence; see text). $^{(b)}$ defined by ML block No.10 comprising all data after the flare decay.

### Fig. 2. EPIC/pn spectrum and best fit model for flare precursor (Blk 2; thick lines), flare peak (Blk 3) and the end of the flare decay (Blk 8).

A nearby star. For the subsequent analysis of the flare spectra we froze all parameters of the quiescent model and added a spectral model describing the additional flare emission.

For the flare component, we tested a series of one-temperature (1-T) and two-temperature (2-T) thermal models with global abundance $Z$ set to different values ($Z = 0.3 Z_\odot, Z = 1.0 Z_\odot,$ and $Z$ a free fit variable). The 1-T models turn out to be unacceptable for most time segments. The only approach that yields a statistically acceptable description and well-constrained parameters for all spectra is the 2-T model with $Z = 1.0 Z_\odot$, considered the best fit model (see Fig. 2 for a selection of spectra). A mean temperature $T$ was computed for each spectrum from an emission measure ($EM$) weighted sum of the two fit components. The total $EM$ is given by the sum of the $EM$s of both components. The resulting $T$ vs. $\sqrt{EM}$ diagram is plotted in Fig. 3 and will be used as a diagnostic for the flare evolution.

### 3. Discussion and Conclusions

#### 3.1. Optical and X-ray properties of the giant flare

To derive quantitative information from the optical signal we choose a description of the flare photosphere in terms of blackbody emission with effective temperature as a free parameter. Although the flaring photosphere is likely not a perfect blackbody, at least in the V band there are no strong emission lines (de Jager et al. 1989), and blackbody models have provided a reasonable approximation for flare continua on earlier M dwarfs (Hawley & Fishel 1992). Using the V filter response curve, the luminosity derived from the OM count rate (see Table 1) can be corrected for the temperature dependent out-of-band flux (“bolometric correction”). Assuming a photospheric ‘flare temperature’ $T_{\text{eff}}$ = 9500 K, we obtain an optical flare peak luminosity

![Fig. 3. Time evolution of coronal temperature and emission measure. Open circles denote the flare precursor, filled circles the flare decay. The dotted line represents a linear least squares fit to the flare decay, that yields a slope $\zeta = 1.25$. Numbers in the plot refer to the constant rate blocks determined with the ML analysis.](image-url)
In terms of optical amplitude this flare on LP 412-31 is among the largest recorded in detail throughout the history of stellar flare observations and it belongs to the very few flares allowing an assessment of the overall energy budget both in X-ray and optical light. The emitted flare energy amounts to 3 \cdot 10^{32} \text{ erg}, each in the V band and in soft X-rays (see Table I), values clearly at the upper end of the range observed for field flare stars but lower than those for T Tauri stars (Fernández et al. 2004; Stelzer et al. 2006). The total radiated energy is thus at least $E_{\text{rad}} \approx 6 \cdot 10^{32} \text{ erg}$ and this is obviously a lower limit, since energy may be radiated in other wavebands. We further find that the energy radiated in the soft X-ray band is roughly of the same order as the value derived for the thermal energy content of the coronal plasma at flare peak, and hence there appears to be no substantial energy release required in the flare decay phase. This is consistent with the fact that the observed value for the slope in the $T$ vs. $\sqrt{E}$ diagram is close to the limiting value of $\zeta = 1.3$, above which the heating time scale is zero in the hydrodynamic model of Reale et al. (2003).

In the standard flare scenario it is assumed that the total energy released in the flare is ultimately derived from energy stored in the magnetic field and converted into other forms of energy during the flare. Comparing the magnetic energy density to the radiated flare energy and flare volume derived above, we can compute the mean magnetic field that must be annihilated in the corona in order to provide the observed energy. We find $B_{\text{annih}} \approx (140 - 280) \text{ G}$. The minimal field necessary for confinement is the equipartition field, $B_{\text{eq}} \approx 310 - 430 \text{ G}$, and obviously this field must not be destroyed in the course of the flare process. The total coronal magnetic field prior to flare onset must thus be in the range $450 - 710 \text{ G}$ in a volume of $V_{\text{flare}} \approx (9 - 36) \cdot 10^{28} \text{ cm}^3$. If the annihilated field is limited to a smaller volume, the field strength must be even larger. The flare onset is quite rapid and the conversion of magnetic energy into thermal energy occurs within 20 – 40 s at most.

3.2. LP 412-31 in the context of stellar flares

The so far most detailed example of a coordinated optical and X-ray observation of a large flare on an M dwarf presented in the literature is an XMM-Newton observation of Proxima Cen (M5.5e) by Güdel et al. (2004). The peak X-ray luminosities of the flares on Proxima Cen and LP 412-31 are quite similar and it is instructive to compare them in more detail. As in LP 412-31, the optical flare on Proxima Cen was shorter than the X-ray event, in line with the expectation from a flare scenario where the optical burst is considered as a proxy of the initial (impulsive) heating of chromospheric plasma by accelerated electrons. However, there are marked phenomenological differences between the two events: The Proxima Cen X-ray flare was a long-duration event with a rise time of 12 min and decay time of a significant fraction of a day, in contrast to the short flare observed on LP 412-31. The onset of the optical event preceeded that of the X-ray flare in the case of Proxima Cen while in LP 412-31 any time lags are below the time resolution of 20 s. In the chromospheric evaporation scenario stellar flares are expected to peak in the optical before the X-rays, but due to the lack of simultaneous multiband data observational evidence was found only in few cases (Schmitt et al. 1993; Mitra-Kraev et al. 2005).

The EPIC light curve of Proxima Cen displays – unlike the case of LP 412-31 – next to a major flare with total energy $\approx 1.5 \cdot 10^{32} \text{ erg}$, several small events with energies of a few $10^{30}$ to $10^{31} \text{ erg}$. Such observations of lower level flaring have lead to the idea of stellar coronal nano-flare heating. Studies of solar flares and some bright flare stars suggest the energy distribution of flares to follow a power law with slope $\approx -2$ in its differential form (e.g., Aschwanden et al. 2000; Audard et al. 2000). A systematic analysis of X-ray flaring in a sample of pre-main sequence stars in the Taurus star forming region has yielded similar results (Stelzer et al. 2006). In the context of LP 412-31 arises the question if the observed giant flare can be interpreted as the "high energy tail" of a canonical flare frequency distribution. According to Stelzer et al. (2006) we expect to be sensitive to X-ray flares with relative amplitude $A_{\text{rel}} = (R_{\text{max}} - R_0)/R_0 > 0.3$, where $R_{\text{max}}$ and $R_0$ are the maximum and the quiescent soft X-ray count rate, given the sensitivity limit imposed by Poisson statistics and the observed quiescent EPIC/pn count rate of LP 412-31. This limit corresponds to flares with peak luminosity of $\log L_x [\text{erg s}^{-1}] \sim 27.3$. Assuming a duration of 5000 s for such micro-flares – probably a conservative estimate considering the duration of the observed giant flare – the emitted energy of such events would be $3 \cdot 10^{30} \text{ erg}$. If the number distribution of flares on LP 412-31 were as observed for other stars, one would expect to see $\approx 100$ such events for each giant flare, in clear contrast to our EPIC/pn data. Depending on the absolute flare frequency, it would in principle be possible that we failed to detect smaller flares because of the limited observing time, however, it is as well possible that the actual flare energy distribution of LP 412-31 is rather flat. In this case, the origin of the quiescent X-ray emission (often considered to be composed of unresolved micro- and nano-flares) remains unclear. Future multi-wavelength monitoring observations of ultracool dwarfs will prove useful to constrain the structure and energetics of their outer atmospheres.

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