Cholesterol Biosynthesis Pathway Intermediates and Inhibitors Regulate Glucose-Stimulated Insulin Secretion and Secretory Granule Formation in Pancreatic β-Cells

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Cholesterol is reportedly abundant in the endocrine secretory granule (SG) membrane. In this study, we examined the involvement of cholesterol biosynthesis intermediates and inhibitors in insulin secretion and SG formation mechanisms. There are two routes for the supply of cholesterol to the cells: one via de novo biosynthesis and the other via low-density lipoprotein receptor-mediated endocytosis. We found that insulin secretion and content are diminished by β-hydroxy-β-methylglutaryl-coenzyme A inhibitor lovastatin but not by lipoprotein depletion from the culture medium in MIN6 β-cells. Cholesterol biosynthesis intermediates mevalonate, squalene, and geranylgeranyl pyrophosphate enhanced glucose-stimulated insulin secretion, and the former two increased insulin content. The glucose-stimulated insulin secretion-enhancing effect of geranylgeranyl pyrophosphate was also confirmed in perifusion with rat islets. Morphologically, mevalonate and squalene increased the population of SGs without affecting their size. In contrast, lovastatin increased the SG size with reduction of insulin-accumulating dense cores, leading to a decrease in insulin content. Furthermore, insulin was secreted in a constitutive manner, indicating disruption of regulated insulin secretion. Because secretogranin III, a cholesterol-binding SG-residential granin-family protein, coincides with SG localization based on the cholesterol composition, secretogranin III may be associated with insulin-accumulating mechanisms. Although the SG membrane exhibits a high cholesterol composition, we could not find detergent-resistant membrane regions using a lipid raft-residential protein flotillin and a fluorescent cholesterol-Si-pyrene probe as markers on a sucrose-density gradient fractionation. We suggest that the high cholesterol composition of SG membrane with 40–50 mol% is crucial for insulin secretion and SG formation functions. (Endocrinology 151: 4705–4716, 2010)
three popular endocrine cell lines (3), and furthermore, it was 65 mol% in bovine pituitary neural lobe SG membranes (2). Thus, the SG membrane is thought to have the highest cholesterol levels among the cellular organelle membranes.

Cholesterol is supplied into cells via two routes: one via de novo biosynthesis from acetyl-coenzyme A (CoA) by the multi-enzyme pathway on the endoplasmic reticulum (ER) and the other via extracellular transport into cells by low-density lipoprotein (LDL)-mediated endocytosis (5). In the de novo biosynthesis route, cholesterol is synthesized from acetyl-CoA in a complex series of reactions via the limiting step reaction of β-hydroxy-β-methylglutaryl (HMG)-CoA to mevalonate by HMG-CoA reductase. Mevalonate is converted to the active isoprenoid unit, five-carbon isoprenyl pyrophosphate, which is then condensed to form the 10-carbon intermediate, geranyl pyrophosphate. A further condensation with isoprenyl pyrophosphate forms 15-carbon farnesyl pyrophosphate (FPP). The two FPPs are condensed to the 30-carbon noncyclic squalene, which is cyclized to yield the steroid ring and side chain and subsequently results in the final 27-carbon product, cholesterol. Along with this main route, FPP branches into two routes: farnesylation of small GTP-coupling (G) protein Ras and geranylgeranylation of small G proteins Rho, Rac, and Rab (6, 7) (Supplemental Fig. 1, published on The Endocrine Society’s Journals Online web site at http://endo.endojournals.org). In particular, this geranylgeranylated small G protein is known to regulate intracellular traffic of SGs (6, 7). For example, Rab3a and Rab27a were demonstrated to play a crucial role in formation, trafficking, and tethering of the SGs in β-cells (8, 9). Cdc42 and Rac1 were proposed as a specific mediator for insulin secretion (10, 11). The dominant-negative mutant of farnesyl transferase/geranylgeranyl transferase was shown to inhibit insulin secretion in INS 832/13 cells (12).

When cholesterol is synthesized on the ER, it is transported to the plasma membrane via the Golgi apparatus (13, 14). During the transport to the plasma membrane, cholesterol forms a gradient in composition from the ER membrane (approximately 5 mol%) to the plasma membrane (20–30 mol%) (13–15). Thus, as described above, the cholesterol composition in the SG membrane is strikingly high (2, 3). Because some SG-residential proteins, such as secretrogam III (SGIII), carboxypeptidase E (CPE), and prohormone convertases PC1/3 and PC2, have high affinity to cholesterol (2, 16–19), cholesterol may play essential roles in sorting these proteins into the SGs (20, 21).

In this study, we examined the effect of cholesterol biosynthesis pathway intermediates mevalonate, squalene, and geranylgeranyl pyrophosphate (GGPP), and of HMG-CoA reductase inhibitor lovastatin on glucose-stimulated insulin secretion (GSIS) and SG formation capacity. We found that mevalonate and squalene increase both insulin secretion and SG formation capacity, whereas GGPP increases insulin secretion both from MIN6 β-cells and rat islets, but it did not affect insulin content. On the contrary, lovastatin impeded regulated insulin secretory function severely. We further examined the possibility of the detergent-resistant membrane (DRM) region on the SG membrane using a novel fluorescent probe, cholesterol-Si-pyrene (22).

Materials and Methods

MIN6 β-cell culture and islet isolation

We used a mouse pancreatic β-cell line, MIN6, cultured in DMEM with 15% fetal bovine serum (FBS) and 50 μM 2-mercaptoethanol. We used early-passage MIN6 cells before passage 20, because they were shown to decrease the SG number with successive passages (23).

Islets were isolated from Wistar rats by pancreatic duct injection of 1.33 mg/ml collagenase solution (type XI; Sigma-Aldrich, St. Louis, MO) followed by digestion at 37°C for 9–12 min with mild shaking. Islets were picked up by hand selection under a dissecting microscope. Rats were housed in a specific-pathogen-free facility and given free access to water and food. We conducted our animal experiments in accordance with the Guidelines for the Care and Use of Laboratory Animals of the Medical Research Council, Gunma University.

Secretion function assays by cholesterol biosynthesis pathway intermediates and inhibitors

For insulin secretion assay, MIN6 cells were cultured in a 100-mm plastic plate until 80% confluency. Because FBS contains cholesterol-carrying lipoprotein, we used lipoprotein-depleted fetal calf serum (LPDS; Biowest, Nuaille, France) (24) to examine the effect of endogenous cholesterol alone. For cholesterol biosynthesis pathway intermediates (Supplemental Fig. 1; each reaction is numbered), we used mevalonate [(−)-mevalonolactone; Sigma-Aldrich] (25), squalene (Sigma-Aldrich) (26), cholesterol-PEG600 (Sigma-Aldrich; 27), and GGPP ammonium salt (Sigma-Aldrich) (28). To suppress specific reactions on the cholesterol biosynthesis pathway, we used HMG-CoA reductase inhibitor lovastatin (Wako, Osaka, Japan) (2), geranylgeranylation reaction inhibitor GGTI-2147 (geranylgeranyl transferase inhibitor-2147) (12), and farnesylation reaction inhibitor FTI-277 (farnesyl transferase inhibitor) (29), as indicated in the figure legends. Insulin secretion assay was performed either in a low glucose (LG, 2 mM) or in high glucose (HG, 25 mM) condition in the Krebs-Ringer (KR) buffer for 30 min.

Isolation of the SG fraction by sucrose density gradient centrifugation

To collect SGs, the insulin peak was identified in the fractionated samples (16). Briefly, cell homogenate was centrifuged at 3000 × g for 2 min. The resulting supernatant, a crude organelle fraction, was layered onto the sucrose density gradient (20–70%, wt/vol), and centrifuged at 113,000 × g for 19 h at 4°C in a swing rotor. Gradients were divided into 16 fractions by piston displacement.
**Labeling with a fluorescent cholesterol probe and cell fractionation**

MIN6 cells were cultured with 10 or 50 μM pyrene-Si-cholesterol (22) for 2 h and then fractionated into 16 samples by 20–70% sucrose density gradient (16). The fluorescence intensity of each fraction was measured by the fluorometer FL2500 (Hitachi, Tokyo, Japan) with an excitation wavelength of 322 nm and an emission wavelength of 377 nm.

**Cell death assay**

Cell death of MIN6 was measured by trypan blue dye exclusion assay. The assay was performed on FBS, LPDS, mevalonate, squalene, GGPP, lovastatin, ITI-277, GTT-2147, GTI-298 (30), cholesterol-PEG600 (27), methyl-β-cycloextrin (mβCD)-cholesterol complex (31), and 7-ketocholesterol, a typical oxysterol (32). We used the resulting cell death data to determine the dosage of additives for insulin secretion assay and morphological examination.

**Perifusion assays**

Perifusion assays were performed using isolated rat islets (33). The 2.5-ml syringe was cut to a volume of 700 μl, and the bottom was plugged with Sephadex G-25 gel (GE Healthcare, Piscataway, NJ). To this homemade column, 50 islets were placed on the gel. This column was eluted with the LG-KR buffer (15 mM HEPES (pH 7.4), 120 mM NaCl, 5 mM KCl, 2 mM CaCl₂, 1 mM MgCl₂, 24 mM NaHCO₃, 0.1% BSA, and 2.8 mM glucose) at a constant flow rate of 1.0 ml/min for 40 min, stabilizing insulin basal secretion from islets. During the perifusion experiment, islets were stimulated with the 16.7 mM HG-KR buffer for 15 min three times. Between the first and second HG stimulations, the islets were perifused with or without 10 μM GGPP in the RPMI 1640 medium at a constant flow rate of 1.0 ml/min for 2 h. Furthermore, between the second and third HG stimulations, the islets were perifused again with the RPMI 1640 medium for 1 h to get rid of GGPP effect. During the whole perifusion, samples were collected every 1 min for insulin assay.

**Immunoelectron microscopy**

MIN6 cells were first fixed with 1% glutaraldehyde-2% paraformaldehyde in 0.1 M cacodylate buffer (pH 7.4) for 1 h on ice. The scraped cells were centrifuged to pellets and dehydrated with 70% ethanol and infiltrated into pure LR White resin (London Resin, Hampshire, UK) for 12 h at 4 °C. The pellets were then placed in gelatin capsules with fresh LR White resin and polymerized for 72 h at 55 °C. For Immunogold, ultrathin sections from cell blocks were incubated for 12 h at 4 °C with the guinea pig first antisera to insulin (Sigma-Aldrich; diluted 1:1500), followed by the goat anti-guinea pig IgG (BBInternational, Cardiff, UK) conjugated with colloidal gold particles (10 nm in diameter). The sections were contrasted with saturated aqueous solutions of uranyl acetate and lead citrate and examined with a JEM-1010 electron microscope (JEOL Ltd., Tokyo, Japan). The granular diameter was measured, and 19 representative sections (one section is ~100 μm²) were counted. The diameter of each elliptic granule was calculated as an average of the longer elliptic diameter and the smaller elliptic diameter.

**Cholesterol and phospholipids assays**

Cholesterol composition in the SG membrane was measured as described previously (3). Briefly, we used the Bligh-Dyer method to extract the lipids from the SG membranes. For the phospholipid quantitative assay, the phospholipid of an extracted lipid was analyzed by its absorbance at 820 nm. For the cholesterol quantitative assay, a thin-layer chromatography plate (Silica gel 60; Merck, White Station, NJ) was used to separate cholesterol in an extracted lipid. Mol% is used to express a cholesterol composition ratio when a mol number of total lipids is assumed to be 100.

**Labeling with [3H]GGPP**

[1-(n)-3H]GGPP triammonium salt (15.0 Ci/mmol) was purchased from Amersham-Pharmacia Biotech (Piscataway, NJ). MIN6 cells in six-well dishes were labeled by 12.5 μCi of [3H]GGPP with or without 10 μM lovastatin for 16 h. After labeling, cells were extracted by the buffer (IEF solution; Invitrogen, Carlsbad, CA) containing 7.7 mM urea, 2.2 mM thiourea, and 4.4% CHAPS. The procedure for two-dimensional (2-D) gel electrophoresis and immune blotting was performed according to the manufacturer’s specification (Invitrogen). Briefly, cell extract was subjected to a ZOOM Strip pH3-10L using the ZOOM IPGRunner (Invitrogen) as the first dimension. Then, for the second dimension, SDS-PAGE was performed on NuPAGE Novex 4–12% Bis-Tris ZOOM gel (Invitrogen). The 3H signals of SDS-PAGE were recorded using BAS-1800II (Fujiﬁlm, Tokyo, Japan).

**Isolation of detergent-resistant membrane (DRM) fraction**

DRM fractions were prepared by DRM sucrose gradient centrifugation (34). As a detergent, 1% Triton X-100 was used. After MIN6 cells were cultured for 2 h with 50 μM pyrene-Si-cholesterol, they were extracted with 1% Triton X-100/MN buffer [25 mM 2-(N-morpholino)ethanesulfonic acid NaOH (pH 6.5), 0.15 M NaCl, and protease inhibitors] on ice for 30 min. The extracts were adjusted to 42.5% sucrose in a volume of 1 ml. The extract was underlaid with 7 ml of 10–30% sucrose gradient and centrifuged at 75,000 × g for 20 h. After centrifugation, fractions (0.5 ml each) were collected from the bottom of a centrifuge tube. An equal volume of each fraction was run on an SDS-PAGE for immunoblotting with anti-flotillin-1 (1:2000) and CPE (1:2000) antibodies.

**Statistical analysis**

Mean ± se bars are added to each graph. Statistical analysis is performed by ANOVA and post hoc comparisons for Figs. 1C, 2A, 2B, 2D, 3A, 4A, 6A, and 6E and Supplemental Figs. 2 and 5D and Student’s t tests for Figs. 1B and 2C. A value of P < 0.05 was considered significant. Statistical significance is indicated in each figure legend.

**Results**

**Participation of exogenous and endogenous cholesterol to SG membranes**

Recent studies suggest that cholesterol affects insulin secretion and SG formation (2, 3, 35). Cholesterol is supplied to the cell by two routes: one by LDL-receptor-mediated uptake and the other by de novo synthesis for which HMG-CoA reductase is a key step (Supplemental Fig. 1). We initially depleted exogenous cholesterol using LPDS
MIN6 cells were extracted by acid-ethanol to measure insulin content and HG-stimulated insulin secretions were elevated by 10 μM lovastatin (Fig. 1B). Both basal depletion on insulin secretion and content by inhibiting LPDS culture. We then looked at the effect of cholesterol depletion of cholesterol was assessed by GSIS and insulin content. A, Effect of lipoprotein depletion on GSIS and insulin content. MIN6 cells were culture with 15% LPDS or 15% FBS for 24 h. B, Effect of lovastatin on GSIS and insulin content. MIN6 cells were cultured with LPDS containing lovastatin (HMG-CoA reductase inhibitor) for 24 h. C, Reverse of lovastatin effect on insulin secretion by mevalonate and squalene. Insulin secretion was assessed by placing MIN6 cells in 2 mM LG and 25 mM HG culture for 30 min (left panel). After HG culture, MIN6 cells were extracted by acid-ethanol to measure insulin content (right panel). *, P < 0.05; **, P < 0.01; ***, P < 0.001.

FIG. 1. Depletion of cholesterol source by LPDS and lovastatin. The depletion of cholesterol was assessed by GSIS and insulin content. A, Effect of lipoprotein depletion on GSIS and insulin content. MIN6 cells were culture with 15% LPDS or 15% FBS for 24 h. B, Effect of lovastatin on GSIS and insulin content. MIN6 cells were cultured with LPDS containing lovastatin (HMG-CoA reductase inhibitor) for 24 h. C, Reverse of lovastatin effect on insulin secretion by mevalonate and squalene. Insulin secretion was assessed by placing MIN6 cells in 2 mM LG and 25 mM HG culture for 30 min (left panel). After HG culture, MIN6 cells were extracted by acid-ethanol to measure insulin content (right panel). *, P < 0.05; **, P < 0.01; ***, P < 0.001.

Insulin secretion and content by cholesterol biosynthetic intermediates

To supply hydrophobic lipid cholesterol to the cells, it is necessary to use a water-soluble cholesterol-PEG600 (27) or a cholesterol carrier polymer mβCD (31) for cholesterol delivery to the cells. However, mβCD-cholesterol complex is toxic to the MIN6 cells (Supplemental Fig. 2). Thus, we selected cholesterol-PEG600 and nontoxic cholesterol biosynthesis intermediates mevalonate, squalene, and GGPP for evaluating insulin secretion and content. MIN6 cells were cultured in the LPDS medium containing either mevalonate or squalene. With mevalonate, GSIS was significantly increased to two times over that of the no-mevalonate control value up to 500 μM. Basal insulin secretion was not affected by mevalonate. Unexpectedly, insulin content with mevalonate was significantly increased to over two times more than that of the control value (Fig. 2A). Because mevalonate is an intermediate in the first part of the cholesterol biosynthetic pathway, it is hard to identify its effective points on the biosynthesis route including branching routes after mevalonate. Thus, we selected squalene for its effect on insulin secretion. Although squalene is hydrophobic like cholesterol, it is soluble to dimethylsulfoxide, unlike cholesterol. Similar to mevalonate, squalene extensively affected regulated insulin secretion (Fig. 2B). GSIS increased to 2.4 times over that of the no-squalene control value by 1000 μM squalene (Fig. 2B, left panel). Insulin content also increased two times over that of the control value by 1000 μM squalene (Fig. 2B, right panel). However, basal insulin secretion was unchanged. Cholesterol-PEG600 increased both basal and HG-stimulated insulin secretion (Fig. 2C), similar to lovastatin (Fig. 1B). It also increased insulin content almost two times over that of the control value in contrast to lovastatin (Fig. 2C). However, cholesterol-PEG600 was cytocidal to MIN6 cells (Supplemental Fig. 2), which was similar to lovastatin. Thus, a marked increase or decrease of cholesterol composition in the membrane appears to induce a cytotoxic effect.

Mevalonate is a five-carbon isoprenyl pyrophosphate, which is condensed to 15-carbon FPP. FPP is a key intermediate product not only for cholesterol but also for protein prenylation (farnesylation and geranylgeranylation) (Supplemental Fig. 1). From FPP, the major pathway produces the 30-carbon noncyclic squalene by the condensation of two FPPs. Another pathway is involved in production of preny-
cells were cultured with the LPDS containing either mevalonate (A; 0–2000 µM), cholesterol-PEG600 (B), or GGPP (D; 0–100 µM) for 24 h. Left panels show insulin secretion for 30 min under the LG or HG culture. Right panels show insulin content. Intermediates were used with indicated concentrations. *, P < 0.05; **, P < 0.01; *** P < 0.001.

**FIG. 2.** Effect of cholesterol biosynthetic intermediates on insulin secretion and content. MIN6 cells were cultured in the LPDS medium with up to 100 µM GGPP (Fig. 2D). HG-induced insulin secretion increased up to 4.5 times over that of the control level in a dose-dependent manner, whereas basal insulin secretion was unaffected by any dosage of GGPP (Fig. 2D, left). Insulin content was unaffected by GGPP, unlike it was by mevalonate and squalene (2D, right).

**Insulin secretion and content by cholesterol biosynthesis pathway inhibitors**

We next examined the involvement of FPP-originated side pathway inhibitors in insulin secretion and content. Because we have already looked at the enhancing effect of GGPP on regulated insulin secretion (Fig. 2D), we next examined the effect of geranylgeranyl transferase inhibitors GGTI-2147 and GGTI-298 and farnesyl transferase inhibitor FTI-277 on insulin SG functions. Although GGTI-2147 did not affect MIN6 cell survival, GGTI-298 was toxic to the cells (Supplemental Fig. 2). Thus, we used GGTI-2147, which decreased HG-induced insulin secretion, whereas it did not affect basal insulin secretion. The GGTI-2417-mediated inhibitory effect on GSIS was reversed by 10 µM GGPP (Fig. 3A, left).

However, insulin content remained unchanged with or without GGTI-2147 or GGPP (Fig. 3A, right). In contrast, FTI-277 was ineffective in altering insulin secretion and content (Fig. 3B). Thus, the branching route to Ras family protein farnesylation appears not to be involved in insulin secretion.

**GGPP enhances GSIS from β-cells**

Because GGPP enhances GSIS without increasing insulin content, we presumed that GGPP is effective as an insulinotrophic chemical. Initially, we looked at HG-stimulated insulin secretion from the MIN6 cells after incubation with GGPP for up to 24 h. GGPP-incubated MIN6 cells secreted higher levels of insulin by HG stimulation, which reached almost two times more over that of the no-GGPP value (Fig. 4A). Thus, GGPP is effective in increasing GSIS.

We next confirmed this potency with rat islets. Rat islets were perifused with 2.8 mM LG-KR buffer for 10 min to obtain stable basal insulin secretion. Islets were then perifused with the 16.7 mM HG-KR buffer for 15 min. We repeated this LG and HG cycle three times. To examine the effect of GGPP, we incubated islets with 10 µM GGPP in LG-KR buffer for 2 h before the second HG cycle (Fig. 4B). As a control, islets were also perifused by the LG-KR buffer without GGPP. In the non-GGPP condition, insulin peak decreased with the advancement of HG-stimulation cycle; that is, the first response is followed by the lower second response, which was followed by the even lower third response (Fig. 4B, blue line). In contrast, when GGPP was incubated before the second cycle, insulin peak was elevated higher than the first cycle peak by the non-GGPP
FIG. 3. Effect of cholesterol biosynthetic pathway inhibitors on insulin secretion and content. MIN6 cells were cultured with the LPDS containing GGTI-2147 (geranylgeranyl transferase inhibitor) (A) or FTI-277 (farnesyl transferase inhibitor) (B) for 24 h. Together with GGTI-2147, GGPP was added to the culture to look at its reversible effect on GGTI-2147 inhibition in one experiment. Left panels depict insulin secretion for 30 min under the LG or HG culture. Right panels depict insulin content. Inhibitors were used with a concentration of 10 μM. **, P < 0.01.

buffer (Fig. 4B, red line). The GGPP-induced insulin peak reached approximately 2-fold higher than the second cycle peak without GGPP, suggesting that GGPP is potent for inducing insulin secretion. Separately, when we incubated 10 μM GGPP for 2 h before the perifusion, the first and second insulin peaks by HG became 1.5- to 2.0-fold higher than the non-GGPP control peak (Supplemental Fig. 3). After the perifusion experiments, islets were extracted for insulin. Insulin content was 194 pmol/50 islets with GGPP (SD = 0.42) and 186 pmol/50 islets without GGPP (SD = 0.07). Thus, it was demonstrated that GGPP did not increase insulin content in rat islets.

Because GGPP increased insulin secretion from rat islets, we next screened GGPP-targeted proteins in MIN6 cells by 2-D gel mapping. MIN6 cells were metabolically labeled by [3H]GGPP. Cell extracts were subjected to both SDS-PAGE and 2-D gel electrophoresis for fluorography. A fluorography image showed that most [3H]-labeled proteins were identified on the 2-D gel by immunoblotting, and their isotope spots were separated from the marked radioactive isotope spots (Supplemental Fig. 4B). Furthermore, the Rab3a band did not disappear after the immunoprecipitation by anti-Rab3a from the extract (Supplemental Fig. 4C). Although we could not identify unknown types of small G proteins, they were thought to be involved in increasing GSIS.

Effect of cholesterol biosynthetic pathway intermediates on SG formation

We next examined the effect of cholesterol biosynthetic intermediates on SG formation and morphological feature by immunoelectron microscopy. We defined a mature SG by the presence of a dense core with at least five colloidal gold particles indicative of insulin. Marked morphological changes were not observed, but dense cores appeared to be increased by mevalonate, squalene, and GGPP. On the
other hand, lovastatin resulted in a longer SG diameter in comparison with that of the nonadditive control, and dense cores shrank and disappeared (Fig. 5A).

We then evaluated a relative population of mature SGs on 19 sections (∼100 μm² × 19 sections) (Fig. 5B). Mevalonate increased the population of SGs with a diameter of 200–500 nm. Likewise, squalene increased the SG population with 300–400 nm. On the other hand, lovastatin decreased the population of this range, but it increased the population over 500 nm. However, GGPP did not affect the distribution of SG size. The total population of SGs was 84.2 ± 10.7 and 61.4 ± 16.4 per 100 μm² for the control and lovastatin groups, respectively (P < 0.05). In contrast, mevalonate and squalene increased the SG population to 128.9 ± 19.0 and 117.7 ± 15.8 per 100 μm², respectively (P < 0.01). However, GGPP was similar to that of the control in terms of SG distribution (95.0 ± 15.8 vs. 84.2 ± 10.7 per 100 μm², P > 0.05).

**Cholesterol composition, its supply routes, and SgIII accumulation to SGs**

Because we observed morphological and numerical changes in SGs by cholesterol synthetic pathway intermediates and inhibitors, we therefore examined the cholesterol composition of SGs. SGs were collected from the insulin peak fraction by sucrose density gradient centrifugation. Cholesterol composition was not significantly altered between FBS and LPDS culture, although it was a little lower in the LPDS culture than that in the FBS culture, suggesting less involvement of exogenous cholesterol as a constituent of SG membranes (Fig. 6A). Cholesterol composition was 48, 40, 24, 59, 64, 48, 51, and 59 mol% in FBS, LPDS, lovastatin, mevalonate, squalene, GGPP, lovastatin plus mevalonate, and lovastatin plus squalene, respectively (Fig. 6A). Mevalonate and squalene increased the cholesterol composition of the SGs; thus, they must have been used for the synthesis of cholesterol. In contrast, lovastatin decreased the SG cholesterol composition significantly, suggesting the blocking of the de novo cholesterol synthesis results in the cholesterol depletion in the SG membranes. This lovastatin-induced decrease in cholesterol composition was recovered by mevalonate and squalene, suggesting that post-HMG-CoA reductase intermediates are able to rescue the blockade of the cholesterol biosynthesis route by lovastatin. GGPP did not affect SG cholesterol composition, perhaps due to its location on the branching pathway (Supplemental Fig. 1).

To further investigate the involvement of exogenous cholesterol in an SG membrane constituent, we used a novel fluorescent cholesterol analog, cholesterol-Si-pyrene (22) (Fig. 6B) for the MIN6 culture. Cholesterol-Si-pyrene accumulates at the SGs, and it has been shown to overlap with insulin-positive granules (Fig. 6C). We separated the subcellular organelles of MIN6 cells to observe the cholesterol-Si-pyrene distribution by sucrose density gradient centrifugation. Cholesterol-Si-pyrene accumulated at the SG fraction indicated by the insulin peak in a probe dosage-dependent manner (Fig. 6D). Thus, exogenous cholesterol is supplied to the SG membrane, although the incorporation ratio of exogenous cholesterol might be small compared with the endogenous one. Cholesterol-Si-pyrene was also incorporated to the synaptic-like microvesicle (SLMV) fraction. Interestingly, synaptic vesicle-residential protein synaptophysin was reported to bind to cholesterol (37) and was also localized to the SLMV fraction in β-cells (3).
Because SgIII binds to cholesterol in the SG membrane (16), we next examined SgIII content at SGs in the presence of mevalonate, squalene, GGPP, or lovastatin (Fig. 6E). Squalene increased SgIII content at SGs, whereas other intermediates did not increase it. Remarkably, lovastatin decreased SgIII content, suggesting that the cholesterol depletion prevents SgIII accumulation to SGs because of its cholesterol-binding capacity. This lovastatin-induced decrease in SgIII accumulation was recovered by mevalonate and squalene, as expected. In general, SgIII accumulation to SGs appears to reflect the cholesterol composition of SG membranes.

Interestingly, mevalonate and squalene did not affect the insulin biosynthesis at both transcriptional and translational levels (Supplemental Fig. 5), but they increase SG membrane cholesterol composition, leading to the accumulation of SgIII molecules with insulin peptides in SGs (20, 36).

**Characteristics of the cholesterol-rich SG membrane**

Because SG membranes are composed of a high level of cholesterol (Fig. 6A), we examined detergent solubility of SG membranes with a cholesterol-Si-pyrene probe. We used an antibody against flotillin-1, a protein that is enriched in DRM, as its marker (34). Flotillin-1 was widely spread over the cytoplasm, whereas insulin was stained in a punctate manner, suggesting their different subcellular
localization (Fig. 7A). We then analyzed MIN6 cell lysates by sucrose density gradient centrifugation to look at SG-residential components at the DRM region. The DRM fraction was identified by flotillin-1 immunoblot (Fig. 7B, upper panel). However, cholesterol-Si-pyrene was not detected at the flotillin-1-positive DRM region; instead, it was distributed over the much heavier non-DRM region by its fluorescence (Fig. 7B, lower panel). Although CPE was reported to localize in lipid rafts (2), CPE was also distributed over the non-DRM region (Fig. 7B, lower panel). Thus, SG membranes of MIN6 cells do not contain a flotillin-marked DRM region.

**Discussion**

Endocrine SGs consist of a high level of cholesterol in their membrane (2, 3). The cholesterol composition of SG membranes was 48 and 40 mol% in the control FBS and LPDS cultures, respectively, whereas it increased to 59 and 64 mol% with mevalonate and squalene, respectively, and it decreased to 24 mol% with lovastatin (Fig. 6A). In proportion to this change, insulin content was shifted over 50% higher with mevalonate and squalene, and it was over 40% lower with lovastatin (Figs. 1 and 2). These high membrane cholesterol composition levels seem to be maximal just before leading to cholesterol precipitation (38). In terms of SG membrane cholesterol supply, endogenous cholesterol appeared to be a major route, because HMG-CoA reductase inhibitor lovastatin substantially reduced its composition (Fig. 6A), although a small level of exogenous cholesterol is definitely supplied as a constituent (Fig. 6D). Although lovastatin deteriorates SG formation, its underlying mechanism remains to be known. Recently, lovastatin was shown to activate AMP-activated protein kinase (AMPK) in endothelial cells (39). AMPK plays a key role in whole-body energy homeostasis including insulin secretion function (40, 41). However, the lovastatin effect on AMPK activation was reportedly rapid after the treatment, whereas lovastatin worked gradual and required an hour-order time course before SG cholesterol composition was lowered. Actually, lovastatin did not increase AMPK phosphorylation at the 24-h point after the lovastatin incubation in MIN6 cells (Supplemental Fig. 6). Thus, it is unlikely that statins affect SG cholesterol dynamics via AMPK activation.

Both mevalonate and squalene enhanced GSIS, insulin content, and SG membrane cholesterol composition without causing cell death (Figs. 2 and 6A and Supplemental Fig. 2). On the cholesterol synthesis pathway, mevalonate is formed early at the six-carbon step by HMG-CoA reductase, whereas 30-carbon squalene is formed after the branching point of 15-carbon isoprenoid FPP to the prenylation pathway (Supplemental Fig. 1). For maintaining the prenylation pathway, it has been reported that a low level (less than 250 μM) of mevalonate is sufficient, and any amount over this dosage of mevalonate is processed to the major cholesterol synthesis pathway (42). Isoprenoids are used to form nonsterol products, such as dolichol, ubiquinone, and GGPP (43). These nonsterol intermediates may also contribute to SG-forming and insulin secretory functions. Thus, mevalonate serves as a substrate for cholesterol as well as for nonsterol, isoprenoid products. In contrast, squalene is destined only to the cholesterol synthesis via lanosterol (43). In humans, squalene is supplied by LDL and very-low-density lipoprotein together with cholesterol, and it is reportedly unconcerned with hypercholesterolemia because it is diffusible across the cell membrane and does not accumulate in the intracellular lipid pool (43). Thus, a very small fraction of squalene is suggested to be converted to cholesterol in vivo. In the culture cells, squalene concentration may be similar between the culture medium and the intracellular lipid pool, and a part of squalene may be constantly converted to cholesterol, perhaps resulting in its accumulation to the SG membrane (Fig. 2B). However, because the flow of

![Image](https://academic.oup.com/endo/article-abstract/151/10/4705/2456248/fig7)
squalene to the cholesterol route is only partial, squalene may not cause MIN6 cell death unlike cholesterol-PEG600 (Supplemental Fig. 2). Recently, squalene epoxidase inhibitor NB-598 has attracted considerable attention as a hypercholesterolemia-curing drug (43). Because this inhibitor does not block the nonsterol isoprenoid pathway, isoprenoid-related side effects observed in statin treatments can be avoided. Xia et al. (44) reported that in mouse β-cells, NB-598 is reported to decrease insulin secretion and voltage-gated calcium channel function, but it did not affect SG morphology in mouse islets. It was shown that NB-598 is effective in depleting soluble N-ethylmaleimide-sensitive factor activating protein receptor-based lipid rafts on the plasma membrane, resulting in the impairment of insulin secretion. Thus, disruption of cholesterol-based lipid membrane structures may be different between NB-598 and statins.

Among the cholesterol synthesis sideway intermediates, GGPP is quite interesting. It is known as a substrate for small G protein geranylgeranylation for Rho, Rac, and Rab at their C-terminal cysteine residues. GGPP rescues rat primary cultured cortical neurons from cell death by lovastatin (45). In β-cells, GGPP enhances GSIS, but it does not increase insulin content (Figs. 2D, 3A, and 4). To search for GGPP targets, we noted over 15 spots labeled with [3H]GGPP in a size range of 20–30 kDa on the 2-D gel. This size range includes Rab3a, Rab27a, Cdc42, and Rac1, which are reportedly a specific mediator for insulin secretion (8–11). Among these, Rab27a was identified on the 2-D gel in this study. However, Rab27a was not identified as a target, because Rab27a-immunoprecipitated MIN6 lysate also yielded this spot, as the control lysate presented it. Thus, although GGPP turned out to be insulinotropic in β-cells, its target proteins remain to be identified.

High cholesterol composition is observed in lipid rafts of the membrane, which are highly concentrated with cholesterol and glycosphingolipids. Because soluble N-ethylmaleimide-sensitive factor activating protein receptor proteins are reportedly associated with lipid rafts, they are implicated in the regulation of exocytosis and membrane traffic pathways (46). Tooze et al. (47) proposed that lipid rafts are involved in sorting SG-residential proteins to the SGs budding from the trans-Golgi network (TGN), and lipid-protein interaction is an essential process for the formation and maturation of immature SGs. Another study demonstrated that syntaxin1A and SNAP-25 are present at lipid rafts, and they regulate exocytosis of dopamine in PC12 cells (48). On the other hand, Ohara-Imaizumi et al. (49) investigated the relationship between syntaxin1 clusters and lipid rafts in MIN6 cells, and they showed that syntaxin1 clusters are distinct from flotillin-1-enriched DRMs (31), designated by the insolubility of 1% Triton X-100. Indeed, SG-residential proteins, CPE, PC3, and PC2, have been demonstrated to exist at lipid rafts on SG membrane in AtT-20 cells (for CPE and PC3) and Neuro2a cells (for PC2) (2, 17, 18, 19). However, CPE did not show up at the DRM position; instead, it was spread along the much heavier region by DRM-analyzing sucrose density gradient centrifugation. Likewise, the cholesterol-Si-pyrene probe did not result in a peak at the flotillin-marking DRM position (Fig. 7B). Thus, we suggest that lipid raft-like structures are unlikely to exist on the SG membranes of MIN6 β-cells.

Although the SG membrane may not have lipid raft-like structures for cholesterol, we postulate that the high cholesterol composition is essential for two functions in the SG formation. First, high cholesterol is essential for the function of SgIII (16, 36). We demonstrated that SgIII has three functional domains: the N-terminal region binds to cholesterol-rich lipid membranes (16, 36), the middle region binds to chromogranin A, which is proposed to be a hormone carrier to the SGs (1, 20, 50), and the C-terminal region binds to CPE, which is proposed to be a hormone-sorting receptor to the SGs (51). With these functions, SgIII is postulated to play an essential role in accumulating hormones and other SG-residential proteins to the high cholesterol region of the SG membranes for forming a SgIII-based chromogranin A and peptide hormone complex in the SGs budding from the TGN (20, 52). Second, cholesterol appears to regulate the SG size. Depletion of cholesterol by lovastatin increased the size of the SG (Fig. 5). Although Wang et al. (35) demonstrated the appearance of an enlarged cisterna with condensed materials along the TGN in AtT-20 cells by lovastatin treatment, we noted only enlarged SGs over 500 nm in diameter. Because the lovastatin dosage used for both experiments was 10 μm, the difference may have been derived from the cell line used for each experiment. Furthermore, SgIII expression is well correlated with an SG cholesterol composition produced by mevalonate, squalene, and lovastatin (Fig. 6E). Notably, SgIII was decreased from the SG fraction with lovastatin. Because Farsad and De Camilli (53) suggested a possibility of cholesterol function as an initiator of lipid-driven membrane deformation, SgIII should be evaluated for its budding capacity on the TGN membrane in cooperation with cholesterol molecules. Although the high cholesterol composition of the SG membrane can be easily viewed as important in cultured β-cell lines, it is hard to evaluate this importance in animal models because the serum cholesterol level is well controlled in a narrow range by fine regulatory mechanisms with a cholesterol delivery system by lipoproteins and with a sterol regulatory element binding protein transcription system (54). Further-
more, when a cholesterol supply route is amplified by mevalonate or squalene, cellular lipid metabolism may be affected via cholesterol-responsive transcription regulators such as liver X receptor and sterol regulatory element binding protein. Because cholesterol-Si-pyrene behaves similarly to nonmodified cholesterol, endocrine cellular lipid metabolism will be further elucidated together with commercially available fluorescent phospholipids probes.

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