This is a repository copy of Direct antenna modulation for high-order phase shift keying.

White Rose Research Online URL for this paper:
http://eprints.whiterose.ac.uk/150110/

Version: Published Version

Article:
Henthorn, S. orcid.org/0000-0003-1913-9283, Ford, K. orcid.org/0000-0002-1080-6193 and O'Farrell, T. orcid.org/0000-0002-7870-4097 (2019) Direct antenna modulation for high-order phase shift keying. IEEE Transactions on Antennas and Propagation. ISSN 0018-926X

https://doi.org/10.1109/TAP.2019.2935136

Reuse
This article is distributed under the terms of the Creative Commons Attribution (CC BY) licence. This licence allows you to distribute, remix, tweak, and build upon the work, even commercially, as long as you credit the authors for the original work. More information and the full terms of the licence here:
https://creativecommons.org/licenses/

Takedown
If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.
Direct Antenna Modulation for high-order Phase Shift Keying

Stephen Henthorn, Kenneth Lee Ford, Senior Member, IEEE, and Timothy O’Farrell, Senior Member, IEEE

Abstract—An antenna capable of directly phase modulating a radio frequency carrier is discussed, designed, and measured as both an antenna and a modulator. Access point densification for the Internet of Things will be expensive in part due to the cost and inefficiency of amplifying waveforms with large peak-to-average power ratios for downlink transmission. Directly modulating at the antenna means only a carrier wave has to be amplified, reducing the cost of densification. Here, reconfigurable frequency selective surfaces are suggested as phase modulators. The design process for producing a phase modulating antenna is detailed, and a prototype is fabricated that is capable of up to 8-PSK modulation with 5.3dB variation in constellation points and a peak gain of 2.3dB. When implemented in an end-to-end communications system, the antenna exhibits only 1.5dB drop in performance compared with instrument grade modulation in an AWGN channel.

Index Terms—Cellular Radio, Continuous Phase Modulation, Phase Shift Keying, Frequency Selective Surfaces, Reconfigurable Antennas

I. INTRODUCTION

CONNECTING millions of devices in smart, reconfigurable networks has the possibility to change the way public service delivery, civic infrastructure and industry operate. Developing the technology and communications infrastructure for this Internet of Things (IoT) is a major challenge [1]. The main approaches to support so many devices have been either narrowband, such as NB-IoT and Weightless [2], [3], or wideband, such as Ingenu and LoRaWAN [4], [5]. Wideband technologies have the advantage of being interference-resilient, allowing operation in licensed or unlicensed bands, and are flexible in terms of the number of devices and data rates they can support [6]. This is particularly of interest on the IoT downlink, where many devices must have a near-constant link to enable smart network reconfiguration and resource allocation [7].

However, the wideband downlink approach would require an expansion of network infrastructure, increasing the number of base stations to support the millions of new connected devices. This increases the installation and running costs of the network. A large proportion of this cost is the downlink transmitter, and in particular the power amplifier (PA) [8] [9]. This is because, in traditional radio transmitter architectures, modulation occurs at low power, and the whole signal is amplified to a relatively high power (Fig. 1a) [10]. The wideband IoT downlink signal would have a significant peak-to-average power ratio, which the PA must amplify without distortion. In order to do this, expensive linear PAs are operated at back-off, resulting in a drop in efficiency and increasing operating costs [11].

Several different approaches have been taken to overcome these issues. Constant envelope modulation techniques have been utilised in order to avoid distortion even when using non-linear PAs, for example Gaussian Minimum Shift Keying (GMSK) which was used in the GSM/EDGE cellular standards [12] [13]. Another research topic is PA design, in particular work on Doherty amplifiers [14]. At least two amplifiers are biased independently to amplify the lower voltages and peaks of the input signal separately, allowing efficiency to be maintained in back-off. Other developments in PA design for communications include the Chireix amplifier, which separates the input signal into distinct constant envelope signals, amplifies them separately then combines them [15]. Efficiency is improved particularly at lower input amplitudes, though this is again at the cost of greater complexity. Combinations of these approaches have also been explored [16].

Recently, ways of avoiding these problems by changing the fundamental transmitter architecture have been explored. In these studies, only the carrier wave is amplified by the PA, and the data signal is modulated directly on to the radio frequency (RF) wave using electromagnetic techniques at the antenna (Fig. 1b). This is known as direct antenna modulation (DAM). The first instance of this was integrating a Schottky diode between the radiating element and the ground plane of a patch...
antenna, allowing time domain modulation [17]. This concept was further developed by using PIN diodes, and showing how these could be used to allow a patch antenna to transmit signals more broadband than its own bandwidth [18], [19]. A similar approach for ultra-wideband on-off keying (OOK) with a patch antenna is described in [20].

DAM techniques have also been developed to produce directional modulation. In [21], a single element driven by a RF carrier wave is surrounded by passive reflectors with integrated PIN diodes. Switching these diodes allows for production of arbitrary constellations in a given transmit direction, with receivers at other locations seeing a significantly distorted constellation. This work is further developed in [22], while further work using arrays of elements driven by one source but using phase shifters to produce constellations has also been explored [23], [24].

Metamaterials have also been suggested as possible modulators in a DAM transmitter. [25] suggests integrating a bandpass reconfigurable frequency selective surface (FSS) with PIN diodes, as in [26], to switch the FSS between transmission and reflection in order to produce amplitude shift keying (ASK) modulation. There is the suggestion that this could allow high rate modulation at millimetre wave and terahertz transmit frequencies. More recently, an electrically large reflective metasurface loaded with varactor diodes has been shown to produce order 8 phase shift keying (PSK) modulation when illuminated by a plane wave [27].

The authors have previously proposed using transmissive FSS with integrated varactor diodes allowing control of the transmitted phase [28]. A proof-of-concept prototype capable of producing quadrature phase shift keying (QPSK) modulation is shown in [29], which shows modulation using this prototype can achieve a drop of only 4dB in SNR performance when using spread spectrum techniques. However, it is only capable of low order modulation and has low gain.

Similar work using FSS to vary transmitted phase has also been explored to produce beamsteering antennas. Using bandpass FSS which change the transmitted phase in order to beamform have been explored, creating a planar lens either in front of an antenna, as in [30], or incorporated in a resonant cavity, as in [31]. Again, there are proposals to make these reconfigurable by varying capacitance [32], [33] or by switching PIN diodes [34], [35]. Each of these techniques requires individual control of each unit cell.

This paper presents a full characterisation and system implementation of an antenna capable of phase DAM. By increasing the number of FSS layers, improvement over previous proof-of-concept demonstrations of FSS DAM has been achieved with up to at least 8-PSK modulation. The effects of different contributions of loss are examined, as are the effects of varying key design parameters. The DAM communications system in this paper is also improved, using a balancing code rather than direct sequence spread spectrum (DSSS) for amelioration of systematic distortions. This, along with the FSS design developments described above, produces a large improvement in the data rate, efficiency and bit error rate (BER) over previous work. In the next section, the concept and some challenges of using FSS for PSK DAM is described in Section II. In Section III, the modulating antenna is designed and simulated in CST Microwave Studio, from unit cell to a FSS integrated antenna. The fabrication process and antenna measurements are described in Section IV. Finally, in Section V the modulating antenna is incorporated into an end-to-end communications system, with BER measurements shown for BPSK, QPSK and 8-PSK modulation in AWGN.

II. DIRECT ANTENNA MODULATION USING FREQUENCY SELECTIVE SURFACES

The concept of using FSS for directly modulating at the antenna is shown in Fig. 2. An FSS is placed in front of a passive antenna, transmitting a carrier wave at frequency \( \omega_c \) with amplitude \( A \). The FSS acts a bandpass filter, as shown by the equivalent circuit described in [36], with some inductance \( L_{FSS} \) and capacitance \( C_{FSS} \) defining its resonant frequency. Variable capacitors are integrated with the FSS, adding in parallel a reconfigurable capacitance, \( C_{var} \), in series with some parasitic resistance \( R_s \) and inductance \( L_s \). This reconfigurable capacitance allows tuning of the FSS centre frequency.

When the carrier wave is incident on the FSS and \( \omega_c \) is within the FSS passband, a phase change \( \phi_m \) is produced, with some reduction in magnitude to \( A' \). Changing the centre frequency of the FSS allows control of \( \phi_m \) with only small changes in \( A' \). This forms the basis of a phase modulator operating at the antenna.

III. DESIGN OF A PHASE MODULATING ANTENNA

In this section, the design process of a FSS-based modulating antenna is discussed. For demonstration, the antenna will be capable of a single linear polarisation and operate at 1.8 GHz.

A. Frequency selective surface design for DAM

In order to produce arbitrary PSK modulation, the FSS must be able to produce 360° phase change with a minimum of variation in magnitude. Also, in real-world implementation, the FSS may have to modulate signals with an oblique angle of incidence and operate effectively in a limited space. As
such, a broadband reconfigurable bandpass FSS design with stability over a reasonable range of angles of incidence should be chosen. A square loop slot design was chosen for these reasons, as well as its relatively small cell size for a given resonant frequency [36].

To achieve the arbitrary phase change required for PSK modulation, the devices reconfiguring the FSS should allow fine control of the resonant frequency. They should also have minimal loss, acceptable linearity and, for wideband modulation, be capable of switching rates in the MHz. Variable capacitors allow continuous or near-continuous reconfigurability over a certain range, and types such as microelectromechanical systems (MEMS), barium strontium titanate (BST) tunable capacitors and liquid crystal capacitors have been demonstrated for use on FSS [37], [38], [39]. While MEMS and other digital capacitors have high linearity and low equivalent series resistances (ESRs), they have slow switching speeds and require complicated bias networks. BST capacitors are low loss, but due to their tuning mechanism the maximum switching rates with current commercial devices is in the kHz, while liquid crystal capacitors are in infancy. As such, due to their fast switching speeds, varactor diodes were chosen. In particular, the 1SV280 diode was chosen, due to its low ESR of 0.44Ω and low capacitances. The model of the varactor used is shown in Fig. 2, with $R_v=0.44\,\Omega$, $L_s=0.6\,nH$, and $C_{var}=1\,\pm\,4pF$. For a single linear polarisation, diodes need only be integrated in line with the E-field of the incident wave, as shown in the final design of the unit cell (Fig. 3a).

Square-loop unit cells can be designed for a certain resonance using the equivalent circuit technique described by [36]. This describes the resonance of an FSS as some inductance $L_{FSS}$ and some capacitance $C_{FSS}$ in terms of the unit cell dimensions. Assuming a wave of normal incidence, the inductive impedance $X_L$ and capacitive susceptance $B_C$ can be calculated as follows

$$X_L = \frac{(s+2g)}{p} F(p,2g,\lambda)$$

$$B_C = \frac{4s+8g}{p} F(p,p-s-2g,\lambda)$$

where $p$, $s$ and $g$ are the period, inner patch size and loop thickness respectively (Fig. 3a). Function $F$ is defined as

$$F(p,w,\lambda) = \frac{p}{\lambda} [\ln(cosec(\frac{\pi w}{2p})) + G(p,w,\lambda)]$$

where

$$G(p,w,\lambda) = \frac{1}{2} \frac{(1-\beta^2)^2}{(1-\beta^2)^2(A_+ + A_-) + 4\beta^2 A_+ A_-} - \frac{\beta^2}{2(1-\beta^2) + \beta^2(1+\frac{\beta^2}{\lambda^2} - \frac{\beta^2}{\lambda^2})(A_+ + A_-) + 2\beta^2 A_+ A_-}$$

$$A_\pm = \frac{1}{\sqrt{1 \pm \frac{\beta^2 \lambda^2}{\lambda^2}}} - 1$$

and

$$\beta = \frac{\sin(\pi w)}{2p}$$

The calculated $X_L$ and $B_C$ can then be used to find the resonant frequency of the FSS for a given geometry. When varactor diodes are integrated onto the FSS, the equivalent circuit becomes as shown in the detail of Fig. 2.

In order to achieve 360° of phase change, a multi-layer FSS is required. To find the appropriate number of layers, the square loop design in Fig. 3a was simulated in CST with Floquet boundaries in free space while varying the diode capacitance, with the S$_{21}$ at 1.8GHz recorded. The simulation used values $p = 15mm$, $s = 12mm$ and $g = 0.6mm$, and included a 1.6mm thick substrate of FR4, with relative permittivity of $\varepsilon_r = 4.4$ on each layer, with spacings between the layers of $\lambda_0/4 = 41.7mm$. The diodes were modelled as lumped elements with series inductance of $L_s=0.6\,nH$, series resistance $R_v=0.44\,\Omega$ and a potential capacitance range of

![Fig. 3. (a) Schematic of reconfigurable FSS unit cell, (b) Free-space simulation of lossless FSS S$_{21}$ with changing capacitance, (c) Free-space simulation of lossy FSS S$_{21}$ with changing capacitance, (d) Free-space simulation of 4-layer lossy FSS S$_{21}$ with values $p = 14mm$, $s = 12mm$, $g = 0.6mm$, (e) Free-space simulation of same FSS S$_{21}$ over broad tuning range.](image_url)
than the theoretical limit discussed in [40], which gives 1dB variation for a four layer FSS. The discrepancy is due to the assumption for analysis in [40] that a single substrate material of $\varepsilon_r=1$ fills all the space between FSS layers, which does not hold when using any practical substrate with air gaps between layers. Further, any losses due to tuning are not considered in [40]. Despite this, the simulations performed suggest that that more layers provides better modulation performance.

However, adding a substrate loss tangent of $\tan\delta = 0.025$ and diode ESR of 0.44$\Omega$ to the model produces Fig. 3c. This shows that the magnitude variation with phase and the total loss through the FSS are affected by the increase in loss. For four layers, the variation is 3.1dB with a minimum loss of 1.8dB, while for five layers the variation is 1.7dB and the minimum loss is 2.3dB. As such, while increasing the number of layers reduces the amount of magnitude variation with phase change, it also increases the total loss through the FSS. This trade-off must be considered in the antenna design process. In this case, over the 315° required for an 8-PSK constellation, both 5 and 4 layer simulations show 1.4dB variation. As such, a four layer design was chosen, and the simulated $S_{21}$ of this design in free space is shown against frequency in Fig. 3d. It should be noted that increasing the diode capacitance decreases the maximum $S_{21\text{dB}}$ of the FSS (Fig. 3e). This is because, at higher capacitances, the impedance of the diodes reduces at a given frequency, allowing more current to pass through. This then increases the $I^2R$ losses in the diode resistance $R_s$. Further, $R_s$ in varactor diodes is smaller at lower capacitances [41], though this has not been included in the simulation model here. As such, to minimise transmission loss, the FSS should be designed to operate at low capacitances.

### B. Antenna design

In order to operate in a practical transmitter, the modulating FSS must be combined with an antenna. A free-space solution, with an element placed behind the multi-layered FSS, was found to be impractical due to the large physical size of FSS required to prevent the carrier diffracting around the FSS. As such, the FSS was integrated into a rectangular waveguide structure, ensuring all signals pass through all layers of the FSS. To inject RF into the waveguide, a monopole feed of length $l$ is extended from an SMA connector and placed some distance from the FSS, here 57mm (Fig. 4a). A cavity backing is added $\lambda/4$ away from the monopole to ensure all the energy goes through the FSS, creating the final antenna design shown in Fig. 6a.

However, in a waveguide solution the FSS behaves differently from the free space case, due to the change in wave impedance and the longer wavelength at 1.8GHz inside the waveguide. The FSS must be a finite-sized, with the strongest E-field at the centre of the x-plane [42]. Fig. 5a shows the normalised polar signal transmitted by antennas with differently sized FSSs, with the unit cell size held constant. A square configuration, with $M = K$, was chosen for symmetry. A 3x3 FSS has potential variation of 4.8dB across 360°, which is larger than expected due to the FSS being spatially undersampled. However, for 4x4 and 5x5 configurations, the performance is consistent, with 2.9dB variation. Using smaller numbers of unit cells reduces the number of diodes required for operation. However, it was found that for operation at 1.8GHz while maintaining an acceptable antenna width of approximately 0.6$\lambda$, a 5x5 arrangement was required to have tuning capacitances in the low loss, low capacitance end of the chosen 1SV280 diode’s tuning range.
The optimal spacing between layers of the FSS was also explored. Using the equivalent circuit analogy, to provide the flattest filter response a transmission line of a quarter of a wavelength is required between each LC combination. However, within the cavity a quarter of a wavelength at transmit frequency is neither what it would be in free space, \( \lambda_0/4 \), nor the theoretical wavelength in an infinitely long square waveguide of size \( W, \lambda_g = \lambda_0/\sqrt{1 - (\lambda_0/2W)^2} \). Instead, it will be somewhere in between. In order to find this cavity wavelength \( \lambda_c \), the full antenna structure was simulated with varying spacings at a fixed capacitance. Results for a waveguide of \( W = 112.5\text{mm} \) and length \( L = \frac{5}{4}\lambda_c \) is shown in 5b, with the flattest response being the optimum, here \( \lambda_c/4 = 57\text{mm} \). Combinations of different spacings between FSS layers were also explored, but did not show any improvement in passband flatness.

The antenna also requires a biasing network to ensure all diodes are biased at the same time by the same voltage. However, this network should be designed to minimise the impact on the transmitted wave. As such, the design shown in Fig. 6c is used, with most of the bias lines with width \( b=1\text{mm} \) running horizontally, orthogonal to the incident E-field. The vertical lines are placed only 5.5mm from the edge of the FSS, so that they are in a region where the E-field is relatively weak. Vias are used to connect the central patches of the FSS unit cells to the bias network. The bias lines add an upward shift of approximately 15MHz to the centre frequency of the FSS due to the added inductance, as well as an additional loss of 0.12dB.

The final antenna design is shown in Fig. 6. The antenna is designed to operate in the licensed mobile band at 1.8GHz, in line with expectations of using licensed mobile bands for IoT applications [43]. A \( 5 \times 5 \) FSS was chosen with \( p = 22.5\text{mm}, s = 15\text{mm}, \) and \( g = 1\text{mm} \), with the latter chosen to fit the diode footprint (Fig. 6b). This gives a cavity size \( W = 0.675\lambda = 112.5\text{mm} \) and so optimum spacing \( \lambda_c/4 = 57\text{mm} \) and probe length \( l = 35\text{mm} \). This is then simulated in CST with varying capacitance, with the diode assumptions given in Section III-B (Fig. 7a). The capacitance range of the passband is between 1.2pF and 1.5pF at the low tuning end of the 1SV280, minimising loss in the varactor diodes. The phase change in the pass band is greater than 360°, and the expected magnitude variation across this is 2.7dB. 1.3dB of the variation can be attributed to the diodes’ ESR, while 0.3dB is due to losses in the FSS substrate (see Fig. 8a).

The simulated \( S_{11} \) is shown in Fig. 7b, showing less than \(-10\text{dB}\) match the majority of the pass band, and \(-6\text{dB}\) match for the whole of it, from \( 1.23\text{pF} \) to \( 1.49\text{pF} \). This variation occurs due to the changing filter response of the FSS inside the antenna as the capacitance changes. The variation could be reduced by using a matching network, but for demonstration purposes the performance was deemed acceptable. The effects of varying the length \( l \) of the monopole feed while capacitance is held at 1.35pF is shown in Fig. 9a. This shows that a monopole feed length of \( l=35\text{mm} \) performs best at the centre of the filter response. The simulated total efficiency is shown in Fig. 8b, showing a maximum 46% efficiency. Simulation also shows that 1.8dB of the loss in the antenna at peak efficiency is due to the diodes, 1.6dB is due to loss in the substrate, while the other 0.2dB is due to matching differences between the feed and the cavity interior and reflections from the FSS. As such, the antenna efficiency could be improved by choosing diodes with lower ESR and a substrate with a lower loss tangent. Some variation in the magnitude received at boresight is due to a slight change in the antenna pattern, as shown by the simulated boresight directivity in Fig. 9b. It is mostly stable at 7.6dB within the passband, but has a peak to 8dB at 1.26pF. This raises the received magnitude at boresight compared with the overall efficiency of the antenna at this capacitance. The simulated E-field distribution within the antenna at 1.35pF is shown in Fig. 10a, and the simulated surface currents on the final FSS layer are shown in Fig. 10b.
IV. EXPERIMENTAL RESULTS

A. Antenna fabrication

The FSS was fabricated with standard PCB etching techniques, with copper conductor on 1.6mm thick FR4 board. 1SV280 varactor diodes were then soldered across the gaps of each FSS unit cell, all placed in line with the expected E-field. In order to fix the spacing of the FSS layers, holes were drilled in the corners of each FSS layer and a teflon threaded rod passed through, with teflon nuts holding each layer 57mm from the next. The antenna cavity was fabricated from sheet aluminium, with a hole drilled for a panel-mount SMA connector with its centre extended to 35mm. 2mm diameter holes were also drilled in the antenna side near where each FSS was to be placed to allow the biasing lines to be connected to wires, through RF chokes to a single coaxial cable for carrying the biasing signal. The cavity walls are held in place with conducting aluminium tape, and the final antenna is shown photographed in Fig. 11.

B. Antenna measurement

The salient characteristics of the antenna were then measured, using a controllable voltage source to provide biasing. The antenna $S_{11}$ was measured using an Agilent E5071C network analyzer in an anechoic chamber, and gives below 10dB match for the majority of the antenna passband, though this is at some points reduced to 4dB (Fig. 12a). At these points the measured $S_{11}$ departs from the simulated value markedly. This is because the antenna $S_{11}$ is highly dependent on tolerances in the structure, in particular the length $l$ of the monopole feed and the effective resistance of the diodes. The farfield magnitude and phase variation were measured with the network analyzer with a wideband horn antenna receiving the transmitted signals (Fig. 12b). They show within the passband a drop in magnitude as bias voltage increases. Note that voltage is non-linearly proportional to diode capacitance, accounting for the non-linear change in phase across the passband, following closely the simulated phase change. The magnitude drops off steeper than expected on both sides of
the peak, due to higher losses than expected, and also due to the higher $S_{11}$ than expected.

There is 10.6dB variation for 360° phase change, between 13.3V and 26.6V, but most of this occurs in the final 29°. As such, an 8-PSK constellation, which requires 315° phase change, can be created with 5.3dB variation between constellation points, shown by the dotted vertical lines in Fig. 12b. The variation in transmitted magnitude between these bias points manifests as a constellation with reduced amplitude at some angles, as shown in Fig. 13. The constellation point on the positive real axis is produced by the minimum bias voltage 13.9V, and increasing the bias voltage increases the transmitted phase from here (anticlockwise rotation). Fig. 13 also shows the variation in transmitted constellation observed over a range of viewing angles in both the E and H planes, showing a maximum of 15.6% variation in magnitude and 5.6° in phase for the H-plane over a 60° viewing angle. The E-plane beamwidth is smaller at 40°, and within this has a maximum of 12.1% variation in magnitude and 22° in phase. The bias voltages required for this are shown in Table III, and voltages that will provide constellations for BPSK and QPSK are shown in Tables I and II respectively.

The simulated and measured antenna radiation patterns are shown in Fig. 14 for the most and least transmissive constellation points measured. The peak gains differ between simulated and measured by 1.7dB at maximum transmission (black curves) and 4.1dB at minimum (red curves), showing a much steeper drop-off in magnitude at the edges of the response than expected. The measured beamwidth also decreases at extreme bias, from with a peak gain of 2.3dB and 3dB beamwidths of between 80° and 92° in the H-plane and 67° and 86° in the E-plane. This is due to the known deficiency in diode modelling for FSS applications, as manufacturer models are based on diodes being applied in microstrip transmission lines, rather than being embedded in an FSS orthogonal to the direction of power flow. Similar effects can be seen in [44]. All the cross-polar components produced within these beamwidths are at least 14.2dB below the co-polar magnitude at that angle.

V. SYSTEM IMPLEMENTATION OF MODULATING ANTENNA

In order to demonstrate the functionality of the fabricated modulating antenna, it was integrated into an end-to-end communications system. Bit Error Rate (BER), Symbol Error Rate (SER), Packet Error Rate (PER) and Error Vector Magnitude (EVM) measurements were taken.
A. Description of end-to-end communications system with modulating antenna

The system diagram of the communications system is shown in Fig. 15. Random binary data is generated on a PC in MATLAB, and then processed to produce a string of modulated symbols. These symbols are multiplied by a pulse-shaping sequence \( c(t) \), which here is either a rectangular pulse

\[
\begin{align*}
\text{rect}(t) &= \begin{cases} 
1 & 0 \leq t < T_c \\
0 & \text{otherwise} 
\end{cases}, \\
\text{rect}(t) &= \frac{\text{rect}(t)}{T_c}.
\end{align*}
\]

where \( T_c \) is the chip period; or a Manchester code pulse, where \( c(t) = [1, -1] \cdot \frac{\text{rect}(t)}{T_c} \). Using the Manchester code halves the throughput of the system, but means each PSK data symbol is composed of two PSK chips which will have different magnitudes when produced by DAM. This allows the magnitude variations to be averaged out at the receiver. Each data packet contained 1000 Bytes of data, which was preceded by a BPSK pilot sequence consisting of 50 iterations of the length 15 m-sequence.

The data chips are then sent to a Rohde & Schwarz SMBV100a signal generator, which maps the modulated data onto a non-linear voltage between -1V and 1V. This is then converted by some simple electronics into a bias voltage signal and connected by coaxial cable to the FSSs in the antenna. The 1.8GHz RF carrier wave is also provided by the signal generator, and is connected to the antenna’s RF feed. The antenna is placed facing into an anechoic chamber to ensure the boresight 1m away. The horn antenna is connected to a Rohde & Schwarz FSV Spectrum Analyzer, which samples the signal and sends this data to MATLAB in the PC. The received pilot sequence is correlated with the m-sequence to estimate a complex number defining the channel [6]. The conjugate of this channel estimate is multiplied with the received data chips to equalise the channel effects, and these equalised chips are then multiplied by the pulse shaping sequence \( c(t) \) and integrated over the symbol period \( T_s \) to recover the data symbols. A minimum distance detector was used to demodulate the symbols into binary data.

B. Measurement of system in AWGN

The setup measurement was performed in an anechoic chamber to minimise reflections and interference. The constellations produced are shown in Fig. 16, with \( c(t) \) as a rectangular pulse and as a Manchester code. The constellations shown are for BPSK, QPSK and 8-PSK, with transmission at 1Msymbol/s and a constant \( E_b/N_0 \) of 52dB. The amplitude variation between constellation points is 1.1dB for BPSK, 4.4dB for QPSK and 8.5dB for 8-PSK. When a Manchester code is used, these reduce to 0.03dB for BPSK, 1.8dB for QPSK and 2.0dB for 8-PSK, due to the averaging of the magnitude variation. It should also be noted that the EVM of the DAM constellation is noticeably larger than expected, with values of 7.4%, 8.3% and 8.2% for BPSK, QPSK and 8-PSK respectively. However, this reduces significantly when the Manchester code is used, to 2.3%, 4.0% and 2.4%. This suggests the variation is deterministic, and most likely caused by imperfections in the biasing signal sent to the direct antenna modulator. As such, improved driving of the antenna may improve the EVM further.

Bit error rate (BER) measurements are taken for each modulation scheme, with and without using a Manchester code, and compared against instrument grade modulation from the SMBV100a signal generator over the same channel (Fig. 17). For demonstration, the transmitter sample rate in each case is 1Msymbols/s. At each transmit power level, measurements were taken until 200 bit errors were observed and at least 10 packet errors were detected. The \( E_b/N_0 \) was calculated by comparing the noise power to the average signal power across 100 different packets at the signal generator’s maximum transmit power to find a baseline. For BPSK, without balancing the DAM transmitter requires 2dB more transmit power to achieve a BER of \( 10^{-5} \) compared with instrument grade modulation, whereas using a balancing sequence reduces this to nearly 0dB. For QPSK, the difference is approximately 1.5dB without balance, and 0.5dB with balance. Unbalanced 8PSK has an error rate which is only reducible to \( 10^{-4} \) due to the distortion of the constellation, which in many practical communications systems would be considered poor. However, using a balancing sequence allows performance only 1.5dB worse at a BER of \( 10^{-5} \) and reduction below \( 10^{-6} \). As such, the 8PSK transmission can be used in practical line-of-sight communications systems.
Across all modulation orders, the instrument grade modulation follows the theoretical BER curve, showing the quality of this modulation, compared with the prototype DAM transmitter, which has some degradation, which increases with the modulation order.

This demonstrates significant advances over previous demonstrations of DAM using FSS [29]. By using four FSS layers rather than three, this work has increased the modulation order achievable from QPSK to 8-PSK. Compared with other DAM approaches, as shown in Table IV, this is equivalent to the modulation orders achieved by [27] and an advance over [20]. However, this comes at the cost of a greater physical depth than all the other approaches, reaching 1.71λ. This is still much smaller than the largest dimension of [27], which uses a metasurface of 5.44×1.36×0.07λ^3. It should also be noted that [27] requires a plane wave feed to the metasurface, which is not included in the dimensions given here. The solution in [20] is the most compact, at nearly a quarter of the aperture area of the DAM unit in this paper.

Compared with [29], the use of diodes with lower series resistance has improved the peak antenna efficiency from 10% to 46%. However, efficiency results are not given in [20], [27]. The symbol rate demonstrated in this paper is of a similar order to, but lower than, that achieved in [20], [27], though the same as [29]. Note, however, that these values are those demonstrated by practical testbeds, which are not necessarily the upper limits of each technique’s operation. Also, the carrier frequencies of each approach, which range from 1GHz to 4.25GHz, are chosen for the design of these testbeds, and each approach is unlikely to be limited to only those given frequencies. Finally, while [29] uses a spreading code of length 15 to ameliorate the magnitude variation caused by FSS modulation, this work demonstrates good performance for BPSK and QPSK with no ameliorating technique, and amelioration of 8-PSK with a Manchester code, which has length 2. This increases the data throughput in the same bandwidth. The sum effect of these advances is a smaller difference in BER performance between DAM and conventional modulation. Further, this paper describes, to the authors’ knowledge, the only demonstration of DAM reaching BER performance of 10^-6.

In all, this work has demonstrated a DAM solution with comparable symbol rates and operating frequencies to existing solutions. It has a smaller form factor than [27], while producing higher order modulation than [29], [20].

VI. CONCLUSION

The first FSS-based direct antenna modulator capable of producing phase modulation up to 8-PSK has been presented, designed, characterised, and tested in an end-to-end communications system. The designed antenna was simulated to have a peak efficiency of 46% and magnitude variation of 2.7dB over 360° of phase change. Measurement found a peak gain of 2.3dB, and 6dB variation for 315° of phase change. The transmitted constellation was consistent in magnitude and phase within the antenna 3dB beamwidth of 60° in the H-plane and 40° in the E-plane. When a balancing code is used, the DAM transmitter produces constellations with EVM of the order of 2%. The BER performance of the DAM transmitter, when compared with instrument grade modulation, is impaired by 0dB, 2dB and 1.5dB for binary, quaternary and 8PSK respectively. Future work will examine the effects of lower loss materials, explore the possibility of amplitude modulation, and implement DAM in multipath communications systems.

REFERENCES

[1] M. R. Palattella, M. Dohler, A. Grieco, G. Rizzo, J. Torsner, T. Engel, and L. Ladid, “Internet of Things in the 5G era: Enablers, architecture, and business models,” IEEE Journal on Selected Areas in Communications, vol. 34, no. 3, pp. 510–527, 2016.
[2] Y. E. Wang, X. Lin, A. Adhikary, A. Grovel, Y. Sui, Y. Blankenship, J. Bergman, and H. S. Razaghi, “A primer on 3GPP narrowband Internet of Things,” IEEE Communications Magazine, vol. 55, no. 3, pp. 117–123, 2017.
[3] A. Woolhouse, “The Weightless standard,” 2018. [Online]. Available: http://wireless.ictp.it/tvws/book/11.pdf
[4] T. J. Myers, “Random phase multiple access system with meshing,” 2010.
[5] A. Augustin, J. Yi, T. Clausen, and W. M. Townsley, “A study of LORA: Long range & low power networks for the Internet of Things,” Sensors (Basel, Switzerland), vol. 16, no. 9, p. 1466, 2016. [Online]. Available: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC5038744/
[6] A. Goldsmith, Spread Spectrum Wireless Communications. Cambridge University Press, 2005.
[7] R. Boisguene, S. C. Tseng, C. W. Huang, and P. Lin, “A survey on NB-IOT downlink scheduling: Issues and potential solutions,” in 2017 13th International Wireless Communications and Mobile Computing Conference (IWCMC), Conference Proceedings, pp. 547–551.

This article has been accepted for publication in a future issue of this journal, but has not been fully edited. Content may change prior to final publication. Citation information: DOI 10.1109/TAP.2019.2935136, IEEE Transactions on Antennas and Propagation.
[8] A. Arbi and T. O’Farrell, “Energy efficiency in 5G access networks: Small cell densification and high order sectorisation,” in 2015 IEEE International Conference on Communication Workshop (ICCW), Conference Proceedings, pp. 2806–2811.

[9] W. Guo and T. O’Farrell, “Capacity-energy-cost tradeoff in small cell networks,” in 2012 IEEE 75th Vehicular Technology Conference (VTC Spring), Conference Proceedings, pp. 1–5.

[10] B. Arya, Radio Receiver and Transmitter Architectures. Wiley-IEEE Press, 2008, p. 224. [Online]. Available: http://ieeexplore.ieee.org/xpl/articleDetails.jsp?arnumber=5224991

[11] S. C. Cripps, RF Power Amplifiers for Wireless Communications, Second Edition (Artech House Microwave Library (Hardcover)). Norwood, MA: Artech House, Inc., 2006.

[12] 3GPP, “GSM/EDGE Modulation,” 3rd Generation Partnership Project (3GPP), Technical Specification (TS) 45.004, 06 2001, version 4.0.0. [Online]. Available: https://portal.3gpp.org/desktopmodules/Specifications/SpecificationDetails.aspx?specificationId=2708

[13] K. Murota and K. Hirade, “GMSK modulation for digital mobile radio telephony,” IEEE Transactions on Communications, vol. 29, no. 7, pp. 1044–1050, 1981.

[14] W. H. Doherty, “A new high efficiency power amplifier for modulated waves,” Proceedings of the Institute of Radio Engineers, vol. 24, no. 9, pp. 1163–1182, 1936.

[15] T. W. Barton and D. J. Perreault, “Theory and implementation of RF-input outphasing power amplification,” IEEE Transactions on Microwave Theory and Techniques, vol. 63, no. 12, pp. 4273–4283, 2015.

[16] H. Jang, R. Wilson, T. Canning, C. Schuberth, B. Arigong, T. W. Barton and D. J. Perreault, “Theory and implementation of RF-input outphasing power amplification,” IEEE Transactions on Microwave Theory and Techniques, vol. 63, no. 12, pp. 4273–4283, 2015.

[17] A. Babakhani, D. B. Rutledge, and A. Hajimiri, “Transmitter architecture based on near-field direct antenna modulation,” Solid-State Circuits, IEEE Journal of, vol. 43, no. 12, pp. 2674–2692, 2008.

[18] M. Sazegar, Y. Fan, Z. E. Atef, N. Payam, and A. B. Crompton, “Analysis and Design of Transmitarray Antennas, ser. Analysis and Design of Transmitarray Antennas. Morgan & Claypool, 2017. [Online]. Available: http://ieeexplore.ieee.org/xpl/articleDetails.jsp?arnumber=7833475

[19] A. Epstein, J. P. S. Wong, and G. V. Eleftheriades, “Cavity-excited Huygens’ metasurface antennas for near-unity aperture illumination efficiency from arbitrarily large apertures,” Nature Communications, vol. 7, p. 10360, 2016. [Online]. Available: http://dx.doi.org/10.1038/ncomms10360

[20] J. R. Reis, N. Copner, A. Hansmann, Z. M. E. Al-Daher, R. F. S. Calderirinha, T. R. Fernandes, and R. Gomes, “FSS-inspired transmitarray for two-dimensional antenna beamsteering,” IEEE Transactions on Antennas and Propagation, vol. 64, no. 6, pp. 2197–2206, 2016.

[21] M. S. D. Keller, W. D. Palmer, and W. T. Joines, “Electromagnetic modeling and simulation of a directly modulated patch antenna,” Antennas and Wireless Propagation Letters, IEEE, vol. 9, pp. 779–782, 2010.

[22] M. Haghzadeh, L. M. Bhowmik, C. Armiento, and A. Akyurtlu, “Printed tunable miniaturized frequency selective surface with BST/polymer composite filled interdigital capacitors,” in 2014 USNC-URSI Radio Science Meeting (Joint with AP-S Symposium), Conference Proceedings, pp. 154–154.

[23] A. H. Abdelrahman, A. Z. Elsherbeni, and F. Yang, “Transmission phase limit of multilayer frequency-selective surfaces for transmitarray designs,” IEEE Transactions on Antennas and Propagation, vol. 62, no. 2, pp. 690–697, 2014.

[24] Toshiba, “ISV280 Variable Capacitance Diode,” 2014. [Online]. Available: https://toshiba.semicon-storage.com/info/docJet.jsp?did=2790, &prodName=ISV280

[25] N. Marcuvitz, Waveguide handbook. Institution of Electrical Engineers, 1986.

[26] NOKIA, “LTE evolution for IOT connectivity,” 2017. [Online]. Available: https://resources.ext.nokia.com/asset/200178

[27] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[28] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[29] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[30] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[31] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[32] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[33] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[34] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[35] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.

[36] J. Roberts, K. L. Ford, and J. M. Rigelsford, “Secure electromagnetic communications in X-band,” IEEE Transactions on Antennas and Propagation, vol. 57, no. 9, pp. 2674–2692, 2014.
Kenneth Lee Ford (M’07 - SM’10) received the B.Eng. and Ph.D. degrees in electronic engineering from the University of Sheffield, Sheffield, U.K. in 1998 and 2003, respectively.

In 2001, he joined the Stealth Materials Department, Advanced Technology Centre, BAE Systems, Towcester, U.K. In 2005, he joined the University of Sheffield as a Lecturer of communications, and became a Senior Lecturer in 2012. His current research interests include reconfigurable antennas, miniaturized antennas, metamaterials, propagation in the built environment, and electromagnetic structures for biomedical applications.

Timothy O’Farrell (M’91 - SM’18) received the M.Sc. (Distinction) and Ph.D. degrees from the University of Manchester, Manchester, U.K., in 1986 and 1989, respectively. In the framework of Mobile VCE (mVCE), he was the Academic Coordinator of the Core 5 Green Radio project from 2009 to 2012 and a Leader in establishing energy efficiency as a global research field in wireless communication systems. He is currently leading the FARAD Project and the U.K. Research Strategy Community Organisation in Communications, Mobile Computing, and Networking within the EPSRC portfolio. He is currently the Chair Professor of wireless communications with the University of Sheffield, Sheffield, U.K. He has managed 26 major research projects as a Principal Investigator. He has authored 315 journal and conference papers, book chapters, patents, and technical reports, and has participated in standards, consultancy, and expert witness activities within the wireless sector. He has pioneered research on energy efficient mobile cellular communications, the mathematical modelling of carrier sense multiple access-based MAC protocols for WiFi, coded modulation techniques for optical wireless communication systems, and spreading sequence design for CDMA wireless networks. His current research interests include wireless communication systems specializing in physical layer signal processing, radio resource management, and wireless network planning.

Prof. O’Farrell is a Director of the mVCE, a Chartered Engineer, and a member of the IET.