Fashion design education students' ability to create fashion patterns: investigating the effect of antecedent factors

Ernawati Ernawati
Universitas Negeri Padang, Indonesia

ABSTRACT

This study is based on the problem of many students having a low ability to create fashion patterns. This study aimed at the influence of knowledge, discipline, and facility on the fashion design education students' ability to create fashion patterns. The total population was 65 students that enrolled in the Fashion Pattern Construction of the Fashion Design Education Program of Universitas Negeri Padang. The sampling technique used in this study is total sampling. A total of 65 respondents were successfully collected. The data analysis technique used is Partial Least Square Structural Equation Modelling (PLS-SEM). The results showed that: There is an insignificant influence of knowledge on fashion design education students' ability to create fashion patterns. Meanwhile, there is a significant effect of discipline and facility on fashion design education students' ability to create fashion patterns. What could be said from the result of the study is that high discipline of students in the learning process and adequate facilities are owned by students and provided by the university could be increased fashion design education students' ability to create fashion patterns.

Corresponding Author:
Ernawati Ernawati,
Universitas Negeri Padang
Email: ernawati@fpp.unp.ac.id

Introduction

One of the abilities that fashion education students need to have is creating fashion patterns. Creating a fashion pattern is the most important step in making ready-to-wear clothes. Without a pattern, an outfit could be made, but the result is not as good as expected. Patterns that match the size could produce clothes that fit the wearer's body. According to Yuan and Huh (2018), the notion of a pattern in the field of sewing is a piece of cloth or paper that is used as an example to create clothes made of paper, which will be used as an example to cut someone's clothes, this body shape is called the archetype. The basic pattern is the basis for creating fashion patterns according to the desired model so knowledge about creating basic patterns is needed as an initial provision in making various kinds of clothing patterns (Kwon, 2018; Matthews-Fairbanks, 2018).

In achieving competence in creating fashion patterns, a fashion pattern construction course is given which is useful for improving students' ability to create fashion patterns. The ability to create fashion patterns is the ability of students to produce a fashion pattern that will be sewn into a garment. According to Emery (2014) creating a fashion pattern is not just a picture, but making a fashion pattern could be done starting by taking measurements to create the appropriate pattern from the size results obtained. In other words, the fashion pattern is a person's guide in realizing the actual form of clothing. It is clear that design pattern plays an
important role in making a garment. The ability to measure the body is the ability of students to carry out systematically, where the results of the assessment of these measurements could be used as guidelines/benchmarks in making pattern construction. According to Zhang et al. (2021), the size is adjusted to each system of the construction pattern to be drawn, however, the size is required in drawing the construction pattern. So, it could be concluded that the ability to create fashion patterns is the ability of students to quote the shape of a person's body which is then drawn on flat media, namely paper that is used as the subject or benchmark for making a dress and has not been changed according to the desired model.

Factors that could improve students’ ability to create fashion patterns are knowledge (Azman et al., 2019; Ma et al., 2020; Zhang & Yang, 2021), discipline (Zhang & Liu, 2018), and facilities (Maryanti et al., 2020; Romlah & Latief, 2021). Efforts could be made to improve students' abilities to create patterns by providing clearer knowledge by lecturers to students. By gaining knowledge about the construction of fashion patterns, students could work on creating the expected fashion patterns. However, many students are currently following the theoretical learning process given by the lecturer in an unprepared condition (Baber, 2020; Dangol & Shrestha, 2019; Widodo et al., 2020). Most students who attend class only fulfill the quantity of attendance in the theoretical learning process without preparing themselves to follow the learning process properly. Whereas the implementation of this theory class is done to strengthen knowledge in carrying out the practice of creating fashion patterns. This requires a study to uncover matters relating to the student's ability to create fashion patterns as an outcome of the expected learning outcomes. Many students could not create good fashion patterns, such as measurements that are not precise and the resulting pattern is not following body posture.

Discipline is also a determining factor in students’ ability to create fashion patterns (Duckworth et al., 2019). Utama et al., (2021) explained that learning discipline is the obedience of all students to carry out their learning obligations consciously so that changes occur in themselves. In the teaching and learning process, it is very necessary because it aims to prevent students from things that could interfere with the teaching and learning process. Discipline will create students who have the habit of doing good actions and could control their every action so that students will obey the rules in the learning stages including the stages in creating fashion patterns. Thus, students who are disciplined in carrying out the steps in creating fashion patterns will have an impact on student learning outcomes. It could also be obtained that the ability of students in creating fashion patterns could be formed.

Meanwhile, facilities are also a determining factor in improving students’ abilities in creating fashion patterns. Without complete facilities, students could not do pattern-making properly. Learning facilities are facilities and infrastructure used to facilitate student learning activities (Garba et al., 2015; Sholihah, 2019). According to Ali (2018) places to study that do not meet the requirements, the climate or weather is hot and stinging, and the noisy environment will interfere with learning concentration. The teaching and learning process will run well if there are learning facilities and infrastructure that support the achievement of learning objectives. Likewise, the availability of equipment for making fashion patterns is a determining factor for students to have the ability to create fashion patterns. The availability of a pattern-making table, pattern-making paper, pencils, and rulers are equipment that is part of the facility which may be a factor that increases students' ability to create fashion patterns.

With this scenario, several questions arise: (1) How does the influence of knowledge on fashion design education students' ability to create fashion patterns? (2) How does the influence of discipline on fashion design education students' ability to create fashion patterns? and (3) How does the influence of facility on fashion design education students' ability to create fashion patterns? Previously studies have mainly focused on pattern cutting (Almond & Power, 2018; McQuillan, 2019; Murashko et al., 2018; Sgro, 2020), the learning process in pattern marking (Azman et al., 2019; Linet et al., 2021; Naznin et al., 2020; Sleem & Elwan, 2018) and fashion sketch and pattern (Kato et al., 2019; Lee & Kim, 2021; Liu et al., 2019). However, there is a lack of studies that focus on investigating the effect of antecedent factors that are knowledge, discipline, and facility toward the fashion design education students' ability to create fashion patterns. The results of this study are expected to provide empirical investigation regarding the factors that influence the fashion design education students' ability to create fashion patterns as a form of achieving the objectives of the learning process.

**Method**

This study was conducted with a quantitative approach. The type of study is causal research. The total population was 65 students that enrolled in the Fashion Pattern Construction (KKE1.61.1110) of the Fashion Design Program of Universitas Negeri Padang. The sampling technique used in this study is total sampling. The sample consisted of 100% female students. Most of the respondents (48 or 73.8%) were 20-21 years old
and 17 (26.2%) were above 21. The type of data used is primary and secondary data. The data collection technique was conducted through a questionnaire to students and assessment results for students from the lecturer using 5 scales Likert. The variables of the study are theoretical knowledge, discipline, facility (independent variables), and ability to create fashion patterns (dependent variable). The instrument in this study was a Likert scale. The inferential analysis technique in this study used PLS-SEM (Partial Least Square Structural Equation Modelling).

Results and Discussions

This study has a limited sample size, so the data analysis uses SmartPLS software. SmartPLS used the bootstrapping method or multiplication random. Therefore, the assumption of normality will not be a problem. Besides that, by doing bootstrapping, SmartPLS does not require a minimum number of samples, so it could be applied to research with a small number of samples. PLS-SEM analysis consists of two sub-models, namely the measurement model or outer model and the structural model or inner model.

Measurement Model

Hair et al. (2017) stated that the measurement model assessment is used to assess the latent or unobservable concept that caused changes in the observable indicators. During the process of evaluating reflective measuring models, four factors had to be completed and recorded as statistics: (1) internal consistency reliability, (2) indicator reliability, (3) convergent validity, and (4) discriminant validity (Hair et al., 2017). A measurement model was undertaken, and the result as shown in figure 1 and Table 1 reports the outer loading, indicator reliability, composite reliability, AVE scores, and the Cronbach Alpha value.

![Measurement Model](image-url)
Fashion design education students' ability to create fashion patterns

Table 1. Measurement Model

| Latent Variable | Indicators | Mean | S. D | Outer Loadings | Cronbach Alpha | Composite Reliability | AVE |
|-----------------|------------|------|------|----------------|----------------|-----------------------|-----|
| Knowledge       | K5         | 3.91 | 0.655| 0.886         | 0.795          | 0.879                 | 0.709|
|                 | K6         | 3.86 | 0.682| 0.824         |                |                       |     |
|                 | K7         | 3.71 | 0.744| 0.814         |                |                       |     |

*Item removed: K1, K2, K3*

| Discipline     | D1         | 4.00 | 0.612| 0.730         | 0.860          | 0.900                 | 0.644|
|                | D2         | 4.03 | 0.611| 0.864         |                |                       |     |
|                | D3         | 4.22 | 0.673| 0.735         |                |                       |     |
|                | D4         | 4.08 | 0.620| 0.829         |                |                       |     |
|                | D5         | 3.78 | 0.624| 0.846         |                |                       |     |

*Item removed: D6*

| Facility       | F1         | 3.45 | 0.936| 0.781         | 0.876          | 0.907                 | 0.620|
|                | F2         | 3.54 | 0.985| 0.845         |                |                       |     |
|                | F3         | 3.72 | 0.839| 0.861         |                |                       |     |
|                | F4         | 3.98 | 0.718| 0.745         |                |                       |     |
|                | F5         | 3.89 | 0.640| 0.751         |                |                       |     |
|                | F6         | 3.97 | 0.612| 0.730         |                |                       |     |

| Ability to Create Fashion Patterns | A1         | 3.92 | 0.620| 0.769         | 0.880          | 0.913                 | 0.677|
|                                   | A2         | 3.91 | 0.678| 0.777         |                |                       |     |
|                                   | A3         | 3.85 | 0.667| 0.841         |                |                       |     |
|                                   | A4         | 3.88 | 0.696| 0.862         |                |                       |     |
|                                   | A5         | 3.97 | 0.585| 0.859         |                |                       |     |

Based on Table 1, Cronbach's Alpha value of knowledge (0.795), discipline (0.860), facility (0.876), and ability to create fashion patterns (0.880), while the composite reliability value of knowledge (0.879), discipline (0.900), facility (0.907) and ability to create fashion patterns (0.913), this indicates that internal consistency reliability is accepted because Cronbach's Alpha value and composite reliability are higher than 0.70. Next, all items loaded are also acceptable significantly (outer loadings ranging from 0.730 to 0.886) onto their respective factors, verifying their indicator reliability. The measurement model used to collect respondents’ data had sufficient convergent validity based on the AVE values. The AVE values of knowledge (0.709), discipline (0.644), facility (0.620), and Ability to Create Fashion Patterns (0.677) were well above the required minimum level of 0.50.

The outer loadings exceeded the recommended value of 0.5 (Hair et al., 2017), and the CR values are greater than 0.7 (Hair et al., 2017). The AVE value also exceeds the Hair et al. (2017) recommended value of 0.5. The results showed acceptable reliability and convergent validity for the study constructs. Next, discriminant validity was evaluated using two criteria: Fornell and Larcker's (1981) criteria and the Chin (1998) cross-loadings criteria. Based on the Fornell-Larcker assessment, all off-diagonal elements are lower than the AVE’s square roots (bolded on the diagonal), which met the criteria stipulated by Fornell and Larcker (1981). Meanwhile, the cross-loading output confirms the measurement model’s discriminant validity, based on the second assessment (Chin, 1998). This study is, therefore, indicating that the measurement model is discriminately valid.

Structural Model

The second evaluation in the PLS-SEM analysis is the structural modeling or path analysis in response to the proposed hypothesis. This research aims to establish the influence of fashion design education on students’ ability to create fashion patterns. Table 2 reports the structural model with the result of path coefficients, T-statistic and significance levels of the proposed hypothesis (the result of Bootstrapping). The path coefficients are acceptable when their significance is at least at the 95% confidence level. Based on the path analysis output (Table 3), all hypotheses are accepted.
Table 2. Path Coefficients, Observed T-statistics, and Significance Levels

| Path Analysis                              | Path Coefficient | T Statistics | P Values | Result |
|--------------------------------------------|------------------|--------------|----------|--------|
| H₁  Knowledge -> Ability to Create Fashion Patterns | 0.164            | 1.798        | 0.073    | Reject |
| H₂  Discipline -> Ability to Create Fashion Patterns | 0.281            | 6.747        | 0.003    | Accept |
| H₃  Facility -> Ability to Create Fashion Patterns  | 0.544            | 14.459       | 0.000    | Accept |

*p<.05, **p<.01, ***p<0.001

The results of the path coefficients which respond to the hypotheses showed that knowledge is showing an insignificant effect on the fashion design education students' ability to create fashion patterns ($\beta=0.164$ and $t=1.798$). Meanwhile, discipline is showing a significant effect on the fashion design education students' ability to create fashion patterns ($\beta=0.281$ and $t=6.747$) and the facility is showing a significant effect on the fashion design education students' ability to create fashion patterns ($\beta=0.544$ and $t=14.459$).

The results coefficient of determination ($R^2$) showed a substantial amount of variance ($R^2$ values 0.775) in fashion design education students' ability to create fashion patterns that could be explained by the proposed predictor (knowledge, discipline, and facility). Referring to Figure 1 the knowledge, discipline and facility were able to explain 77.5% ($R^2=0.775$) of the variance in fashion design education students' ability to create fashion patterns. The effect size function ($f^2$), which is similar to the traditional partial F-test, explains the increases in $R^2$ relative to the proportion of variance of the dependent variable that remains unexplained. In Table 3, the $f^2$ column revealed that the relations presented effect sizes.

Table 3. $f^2$ - Factor of the research model

| $f^2$ Ability to Create Fashion Patterns | Effect size |
|-----------------------------------------|-------------|
| Knowledge                               | 0.058       | Weak        |
| Discipline                              | 0.153       | Moderate    |
| Facility                                | 0.670       | Substantial |

Notes: $f^2$ values of 0.02=weak; 0.15=moderate; and 0.35=substantial.

The result from Table 3 above, there is a weak effect for the significant paths of knowledge toward the ability to create fashion patterns among education students, a moderate effect for the significant paths of discipline toward the ability to create fashion patterns among education students, and a substantial effect for facility toward the ability to create fashion patterns among education students.

Values of $q^2$ of 0.02, 0.15, and 0.35 indicate exogenous constructs as small, medium, or large predictive relevance for a selected endogenous construct (Hair et al., 2022). The result of test predictive relevance ($q^2$) is illustrated in Table 4.

Table 4. Test of predictive relevance ($q^2$)

| Independent Variable | Ability to Create Fashion Patterns |
|----------------------|-----------------------------------|
| Knowledge            | 0.502                             |
| Discipline           |                                   |
| Facility             |                                   |

The result for $q^2$ is explained in Table 4. An omission distance of seven implies that every 7 data points of the target construct are eliminated in a single blindfolding round. Using the omission distance of 7, this study obtains a $q^2$ value of 0.502 for the ability to create fashion patterns among education students, which is the ability to create fashion patterns among fashion design education students indicative of a large predictive model. The higher the value of $q^2$, the greater the predictive relevance of the structural model. In this sense, the independent variables (knowledge, discipline, and facility) proposed in this study are predictors of the ability to create fashion patterns among fashion design education students.

The Influence of Knowledge Toward Fashion Design Education Students' Ability to Create Fashion Patterns

H₁ as the first hypothesis proposed a causal relationship between knowledge and the fashion design education students' ability to create fashion patterns. An insignificant relationship appeared between knowledge and fashion design education students' ability to create fashion patterns with $\beta=0.164$ and $t=1.798$, $p>0.05$. With
that, hypothesis H1 is not supported. Despite this, with the positive beta values, it could be said that fashion design education students believed knowledge is given an impact on their ability to create fashion patterns. What could be said from this result is that knowledge is an integral part of supporting fashion design education students' ability to create fashion patterns, therefore students in this study probably think that knowledge is no longer a consideration in achieving students' ability to create fashion patterns. Students may think that knowledge is something that must be obtained from lecturers who are experts in their fields in the learning process and no longer need to be the focus of attention in improving their ability to create fashion patterns. This finding in a way supports the notion of Azman et al. (2019) that knowledge is important for designers, pattern-making knowledge is one of the hands-on knowledge areas that designers should understand and be able to apply in a real-life situation. Without this knowledge, the production of garments would not be able to start.

The Influence of Discipline Toward Fashion Design Education Students' Ability to Create Fashion Patterns

H2 as the second hypothesis proposed a causal relationship between discipline and the fashion design education students' ability to create fashion patterns. This proposition made is also based on the belief that discipline could influence fashion design education students' ability to create fashion patterns. The result showed a significant influence of discipline on the fashion design education students' ability to create fashion patterns (β= 0.281 and t=6.747, p<0.05) and thus supported hypothesis H2 of the study. This result, in general, demonstrated that discipline has given a significant impact on the fashion design education student's ability to create fashion patterns. What could be said here is that the high discipline of fashion design education students could be increased their ability to create fashion patterns. This finding is consistent with Hagger and Hamilton (2019) that self-discipline is a predictor of effort and academic attainment as well as student ability to create fashion patterns in this contextual study.

The Influence of Facility Toward Fashion Design Education Students' Ability to Create Fashion Patterns

Lastly, H3 is looking at the causal relationship between the facility and the fashion design education students' ability to create fashion patterns. This hypothesis is supported when a significant relationship appeared between the predictor and a criterion variable (β= 0.544 and t=14.459, p<0.05). In this sense, the fashion design education students could able to create fashion patterns due to the influence of completeness of the facilities provided in the learning process. This finding is parallel with Sholihah (2019) that learning facilities and infrastructure are very important components in every educational activity especially to support success in teaching and learning activities as well as student ability to create fashion patterns in this contextual study.

Conclusions

It is clear from this study that knowledge does not give a significant effect on fashion design education students' ability to create fashion patterns. Meanwhile, the result of the study found that discipline and facility give a significant effect on fashion design education students' ability to create fashion patterns. Fashion design education students may feel that the facility meets their expectations have high discipline, and thus have a strong level of ability to create fashion patterns. The context of fashion design education students at Universitas Negeri Padang where most of the fashion design education students have an increased level of ability to create fashion patterns caused of the high discipline of students in the learning process and adequate facilities are owned by students and provided by the university. This research implies that it is recommended that future research be carried out related to the fashion pattern technique, technology for fashion patterns, and design development of fashion.

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