Research Article

The Role of Digital Nudging and Gender on Students’ Online Commitment during Digitalization: The Private Higher Education Sector

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Abstract

Students’ commitment has been a concern for educational institutions, especially during the pandemic and due to the digital transformation. Accordingly, this research investigates the impact of academic self-efficacy on satisfaction and students’ online commitment. It also examines the moderation role of digital nudging and gender, together with the mediating role of students’ satisfaction in an online learning environment. An online questionnaire was distributed over students enrolled in a private higher education university in Egypt. Collected data were statistically analyzed using Structural Equation Modeling. Digital nudging was not proven to have a significant moderation effect, while gender was found to have a positive moderating effect on both student satisfaction and commitment. Academic self-efficacy had a significant influence on student satisfaction and student commitment. Student satisfaction was also proven to have a positive influence between academic self-efficacy and student commitment. This study paves the way for further investigations in other higher educational institutions in Egypt and possibly other contexts.

Keywords: Nudging, Gender, Academic Self-Efficacy, Higher Education

Introduction

The situation of the pandemic in the whole world caused by COVID-19 coronavirus disease has directed the whole population towards a situation of quarantine, which has triggered a rise in stress. Many universities, faced with this situation, had to alter to the deviations due to the pandemic as well as to face a new educational model in teaching namely e-
learning, for which not all faculty members and students were prepared. At this time of change, an increase in stress has developed among people due to the uncertainty because of the virus.

Due to this crisis, universities in Egypt had to suspend the physical or offline educational activity. As a result, the digital delivery of education was considered, and it was necessary to integrate technology with learning online. Furthermore, the situation developed by COVID-19 had negative impact on students as the university context was stressful. In addition, the period of the pandemic was full of uncertainty and unawareness about the disease which was really high. This pandemic was and is still of a great worry for the Egyptian population and specifically for the students as they are faced by many challenges during their learning process.

E-learning is defined as the learning tool delivered via computers for the intention to develop education (Mayer, 2003), that has expanded quickly over last years with the upgrades in technology and its integration in the educational curricula. (Smart and Cappel, 2006). E-learning is essential to develop good calibers well educated, as well as the rapid need of society for long term learning that is delivered in an appropriate form. Learning online can take many forms from fully online, blended or web-assisted, no matter what the delivery technique of learning; however, a number of different tools are available at the students' and faculty members' hands. (Alshehri, 2017). In fact, online learning is a tool that is globally used for learning with standards and it is not required from the learner or the student to attend the class physically and is suitable for students who are interested in studying while they have other commitments. (El-Ebiary et al., 2016).

Students liked this way of learning online and sometimes it appeared to be more effective than face to face teaching. While students have an online meeting with their instructors, the option of sharing their devices' screens may help the students to sense less feeling when asking for help compared to a physical class within groups. The students may select a quicker way to ask for help such as posting their questions on the online chat. This technique of asking questions may allow the student to feel more comfort than raising up their hands in front of their colleagues in a computer lab. Similar recent studies have reported (Davison, 2020) that student interaction was motivated through the use of online chat functionality. (Dwivedi et al., 2020).

In light of the dramatic increase in the use of online courses, in higher education especially after the pandemic of COVID-19, the current study deals with identifying the impact of academic self-efficacy on both students’ satisfaction and commitment in an online learning environment. It also investigates the impact of the moderating variables namely digital nudging and gender on the students’ satisfaction and commitment. Some studies tackled the effect of self-efficacy on satisfaction and commitment but without considering the moderating effect of gender and digital nudging. Therefore, the two moderating variables will be tested with the effect of the other variables. Accordingly, a preliminary model will be developed as shown in Figure 1.

**Literature Review**

**The relationship between self-efficacy, satisfaction, and commitment**

There are several studies that mentioned the relationships between self-efficacy, satisfaction, and commitment. The theory of self-efficacy can be well-defined as a person’s beliefs that he or she are able of attaining certain goals and performing specific activities (Bandura, 2002); (Hefferon, 2011); (Luszczynska et al., 2005); (Robbins et al., 2017); (Schermerhorn et al., 2011); (Demir, 2020). Adewale et al. (2017) mentioned that self-efficacy is the people’s decision about their ability to attain a specific task or duty (Almutairi, 2020).

Moreover, a person’s satisfaction is defined as the extent to which an individual has
different feelings about their colleagues and the work settings (Schermehorn et al., 2011). In addition, organizational commitment is defined as the extent a person is devoted to his/her organization and its goals (Schermehorn et al., 2011). Organizational commitment theory has three types named as affective commitment, normative commitment, and continuous commitment (Allen and Meyer, 1990, Allen and Meyer, 1991). Affective commitment includes confident feelings such as a people attached emotionally with their organization. Continuance commitment is described as the degree of commitment which is concerned with the loss of leaving the organization. Finally, normative commitment is defined as the tenacity to remain in an organization because of the feeling of obligation (Allen and Meyer, 1990) (Allen and Meyer, 1996); (Allen and Meyer, 1991); (Demir, 2020).

Zeb and Nawaz. (2016) found that self-efficacy has a positive relation with the organizational commitment of members of academic staff in universities. Similarly, self-efficacy is interrelated with the organizational commitment of employees in small scale industries in China (LiLin and Shiqian, 2018); (Almutairi, 2020).

In an academic context, understanding faculty members’ behaviors involves more consideration as the performance of universities depends upon their members, which ought to be commitment and satisfaction (Tsui and Cheng, 1999). Grace and Khalsa (2003) recognized professional development and salary packages as the satisfaction factors that lead to commitment, while, on the other hand, Lee and Miller (2001) and VanderPutten and Wimsatt (1999) explained university funding, income, locus of control, employment options and supervision as the factors of satisfaction that are to be considered in faculty positions at any academic institution. A creative university environment results into academic members’ better satisfaction (Anari, 2012), increases their commitment and develops the output of the universities (Sabri et al., 2011); (Bashir and Ganai, 2019).

Many studies have supported the significant impact of self-efficacy beliefs on students’ well-being and course satisfaction (Pajares and Schunk, 2001); (DeWitz and Walsh, 2002). High self-efficacy students tend to experience more satisfaction than the students with low self-efficacy. Self-efficacy as a concept is considered as being domain-specific (Bandura, 2006). But some researchers have proposed a comprehensive view of self-efficacy which states to a person’s confidence in the ability of completing tasks across demanding or novel situations (Schwarzer and Jerusalem, 1995). The comprehensive view of self-efficacy could be an applicable mediator for students’ overall satisfaction with school (Simonsen and Rundmo, 2020).
H1: Academic self-efficacy has a significant impact on student satisfaction.

H2: Student satisfaction has a significant impact on student commitment.

H3: Academic self-efficacy has a significant impact on student commitment.

H4: Digital Nudging has a significant moderating impact on student commitment.

H5: Gender has a significant moderating impact on student commitment.

Methodology

The tool used for statistical analysis was SmartPLS for SEM-PLS modeling. The target population were students from one of the top accredited universities in Egypt and the sample size was 410 students. Participants of the study were students from different colleges inside the university who learnt online through the pandemic of COVID-19.

A questionnaire was distributed to the students online through a link on SurveyMonkey. The respondents to the questionnaire were 410 students from different colleges in the Arab Academy for Science, Technology and Maritime Transport such as College of Management and Technology, College of International Transport & Logistics, College of Language & Communication, College of Computing & Information Technology and College of Engineering & Technology.

The survey instrument to explain the independent variable was adopted by Sachitra and Bandara (2017); the mediating variable that has been identified before was adopted from the study by Harsasi and Sutawijaya (2018) while the dependent variable was adopted from Wilson et al. (2016). On the other hand, the moderating variable named digital nudging was adopted from Graham et al. (2017). Each variable’s indicators are measured using 5 points Likert scale with the following scale:

1=Strongly disagree
2=Disagree
3=Neither agree nor disagree
4=Agree
5=Strongly agree
Results

This section presents the data analysis part of this paper. The analysis of this paper was done using the statistical package for social sciences (SPSS V26) for basic descriptive statistics, and (SmartPLS 3.2.7) for SEM-PLS modeling. The first section deals with data preparation. The measurement model was evaluated for the reliability and validity of the instruments in section two. Several descriptive statistics and bivariate correlations are constructed in section three. Finally, the structural model for hypothesis testing and both moderation and mediation analysis were presented in section four.

Data Preparation

Hair et al. (2017) emphasize that the topics of the data being collected include odd response patterns, unpledged respondents, missing data, outliers, and data distribution, should be checked. Therefore, those main data problems are inspected using SPSS. The issue of missing data was inspected and found that some indicators have missing data; to overcome this problem, some techniques were proposed in the literature to remedy this problem. Among these methods, it was hypothesized that the EM algorithm and regression imputation would provide the most accurate estimates at all levels of missing data (Roth, 1994); (Little and Rubin, 2019). The EM algorithm was adopted for handling missing data using SPSS. The imputed dataset was then imported into SmartPLS software for further analysis.

Descriptive statistics

Table (1) illustrates the descriptive statistics for various concepts. In respect to the online student satisfaction, the mean score varies from 3.601 to 4.044 concerning digital nudging. The correlation coefficients fluctuate from 0.468 to 0.645 between the constructs, indicating medium correlations between them.

| Construct               | Mean   | SD     | 1  | 2   | 3  | 4   |
|-------------------------|--------|--------|----|-----|----|-----|
| 1. Academic Self-Efficacy | 3.9437 | 0.6041 | 1  |     |    |     |
| 2. Online Student Satisfaction | 3.6011 | 0.9888 | .475*** | 1  |    |     |
| 3. Student Commitment   | 3.7926 | 0.8550 | .522*** | .645*** | 1 |     |
| 4. Digital Nudging      | 4.0444 | 0.7937 | .468*** | .533*** | .483*** | 1 |     |

***P < 0.001

Assessing the Measurement Model

Structural equation modeling is an analysis approach that tests both the measurement model and the structural model that helps to develop more realistic assumptions (Abdi, 2010); (Hair et al., 2017). The measurement models describe the relationships between the constructs and their items. The assessment of the reflective measurement models in PLS-SEM requires evaluating the internal consistency reliability, convergent validity, and discriminant validity. The internal consistency reliability examines whether all of the indicators associated with a construct are actually measuring it (Pallant and Manual, 2010).
Table 2: The assessments of the measurement model (validity and reliability)

|                      | Complete | Female | Male |
|----------------------|----------|--------|------|
|                      | FL       | CR     | AVE  | FL   | CR     | AVE  | FL   | CR     | AVE  |
| Academic Self-Efficacy | 0.934   | 0.428  | 0.934| 0.429|        |      | 0.934| 0.43   |
| Q1                   | 0.692   |        | 0.719| 0.687|
| Q2                   | 0.659   |        | 0.64 | 0.687|
| Q3                   | 0.689   |        | 0.685| 0.704|
| Q4                   | 0.654   |        | 0.597| 0.694|
| Q5                   | 0.695   |        | 0.692| 0.702|
| Q6                   | 0.722   |        | 0.711| 0.735|
| Q7                   | 0.448   |        | 0.439| 0.447|
| Q8                   | 0.642   |        | 0.656| 0.628|
| Q9                   | 0.663   |        | 0.689| 0.632|
| Q10                  | 0.7     |        | 0.686| 0.712|

Table 3: The assessments of the measurement model (validity and reliability) (continued)

|                      | Complete | Female | Male |
|----------------------|----------|--------|------|
|                      | FL       | CR     | AVE  | FL   | CR     | AVE  | FL   | CR     | AVE  |
| Q11                  | 0.616   |        | 0.639| 0.599|
| Q12                  | 0.668   |        | 0.602| 0.742|
| Q13                  | 0.638   |        | 0.671| 0.617|
| Q14                  | 0.699   |        | 0.657| 0.552|
| Q15                  | 0.71    |        | 0.724| 0.765|
| Q16                  | 0.699   |        | 0.672| 0.727|
| Q18                  | 0.568   |        | 0.563| 0.568|
| Q19                  | 0.62    |        | 0.667| 0.55 |
| Q20                  | 0.684   |        | 0.673| 0.686|
| Online Student Satisfaction | 0.946   | 0.778  | 0.943| 0.77  | 0.948   | 0.787 |
| Q47                  | 0.912   |        | 0.805| 0.92  |
| Q48                  | 0.923   |        | 0.912| 0.932|
| Q49                  | 0.927   |        | 0.928| 0.927|
| Q50                  | 0.777   |        | 0.757| 0.791|
| Q51                  | 0.863   |        | 0.875| 0.857|
| Student Commitment   |          |        |      |      |        |      |      |       |
| Affective            | 0.961   | 0.781  | 0.963| 0.79  | 0.959   | 0.771 |
| Q52                  | 0.828   |        | 0.821| 0.838|
| Q53                  | 0.848   |        | 0.845| 0.853|
| Q54                  | 0.861   |        | 0.875| 0.842|
| Q55                  | 0.903   |        | 0.907| 0.899|
| Q56                  | 0.902   |        | 0.919| 0.885|
| Q57                  | 0.917   |        | 0.925| 0.909|
| Q58                  | 0.921   |        | 0.924| 0.916|
Table 4: The assessments of the measurement model (validity and reliability) (continued)

|                  | Complete | Female | Male |
|------------------|----------|--------|------|
|                  | FL       | CR     | AVE  |
| Continuous       | 0.931    | 0.729  | 0.931|
| Q59              | 0.872    | 0.9    | 0.851|
| Q60              | 0.879    | 0.875  | 0.88 |
| Q61              | 0.905    | 0.9    | 0.911|
| Q62              | 0.805    | 0.798  | 0.814|
| Q63              | 0.803    | 0.797  | 0.807|
| Normative        | 0.929    | 0.688  | 0.925|
| Q64              | 0.703    | 0.647  | 0.746|
| Q65              | 0.844    | 0.853  | 0.836|
| Q66              | 0.973    | 0.878  | 0.867|
| Q67              | 0.863    | 0.877  | 0.853|
| Q68              | 0.86     | 0.849  | 0.869|
| Q69              | 0.822    | 0.806  | 0.839|
| Digital Nudging  | 0.955    | 0.842  | 0.967|
| Q70              | 0.88     | 0.922  | 0.847|
| Q71              | 0.937    | 0.947  | 0.931|
| Q72              | 0.928    | 0.94   | 0.917|
| Q73              | 0.925    | 0.945  | 0.904|

**FL = Factor Loading, CR = Composite Reliability, AVE = Average Variance Extracted**

The results of the measurement model for the pooled sample were measured for each group separately. (Hair et al., 2019). Tables (2, 3 and 4) show the factor loadings (FL), composite reliability (CR) and average variance extracted (AVE) values. Most of the factor loading's values were higher than 0.70 threshold, while the other value where between the accepted range of (0.4-0.7) except for Q17 which was below 0.4, is deleted. We examine the effect of deleting the items inside the range of (0.4-0.7) and found that no significance changes in the reliability and validity measures, so as a result, the items having FL inside the aforementioned range were retained. Composite reliability is another popular measure; it tests the internal consistency while considering that each indicator has a different outer loading. All values of CR were greater than the threshold of 0.7, indicating that the measurement model was reliable inside (Hair et al., 2013). The AVE is a common measure used to establish convergent validity which represents the outstanding mean of the squared loadings of the indicators measuring a construct. The AVE of a construct should be 0.50 or higher to be considered significant. However, AVE values greater than 0.4 are also acceptable if CR values are greater than 0.6 (Fornell and Larker, 1981). Following the previous guidelines, the convergent validity through AVE was established as shown in tables (2, 3 and 4).
Table 5: The assessments of measurement model II (discriminant validity)

|                  | ASE          | Affective    | Continuous   | DN         | Normative   |
|------------------|--------------|--------------|--------------|------------|-------------|
| **Affective**    |              |              |              |            |             |
| Complete         | 0.503        |              |              |            |             |
| Female           | 0.436        |              |              |            |             |
| Male             | 0.56         |              |              |            |             |
| **Continuous**   |              |              |              |            |             |
| Complete         | 0.518        | 0.806        |              |            |             |
| Female           | 0.504        | 0.756        |              |            |             |
| Male             | 0.524        | 0.847        |              |            |             |
| **DN**           |              |              |              |            |             |
| Complete         | 0.498        | 0.465        | 0.466        |            |             |
| Female           | 0.568        | 0.427        | 0.467        |            |             |
| Male             | 0.433        | 0.503        | 0.462        |            |             |
| **Normative**    |              |              |              |            |             |
| Complete         | 0.542        | 0.91         | 0.864        | 0.526      |             |
| Female           | 0.471        | 0.898        | 0.834        | 0.519      |             |
| Male             | 0.6          | 0.924        | 0.889        | 0.527      |             |
| **OSS**          |              |              |              |            |             |
| Complete         | 0.507        | 0.625        | 0.627        | 0.572      | 0.692       |
| Female           | 0.453        | 0.587        | 0.572        | 0.562      | 0.658       |
| Male             | 0.567        | 0.661        | 0.667        | 0.578      | 0.722       |

Discriminant validity examines how much a construct differs from other constructs. Discriminant validity is established using Heterotrait-Monotrait ratio (HTMT). The HTMT is “the ratio of the between-trait correlations to the within-traits correlations” (Hair et al., 2016). The HTMT value should be lower than 0.90 (Henseler et al., 2015). Following these guides, the discriminant validity was constructed since all of the constructs have HTMT values less than the defined threshold except for the ratio between normative and affective.

Considering the different constructs to test the measurement invariance between females and males, the measurement invariance of composite models (MICOM) procedure which was developed by Henseler et al. (2016) was measured. The MICOM procedure includes three stages: (1) configural invariance; (2) compositional invariance; and (3) the equality of the composite mean values and variances (Hair et al., 2018). After following a separate assessment of the measurement models for the male and female samples (Tables 5), validity and reliability measures were found to be acceptable for both samples.
After confirming that the measurement models were valid and reliable and that measurement invariance could be recognized, the structural model was measured. There were no collinearity subjects and the values were within a range of 1.000–1.617 based on a confirmation of checking the variance influence factor (VIF). The results confirm the nonappearance of collinearity issues since the VIF values are less than the threshold of 5 (Hair et al., 2017). Table (7) presents the results of the path relationships for the complete group. It can be observed that there is a significant direct positive relationship between...
academic self-efficacy and online student satisfaction since

$$\beta = 0.462, t = 11.561, P < 0.001, 95\% CI \text{ for } \beta = [0.4, 0.554].$$

Fig 3: Path coefficients for male group data

The mediator variable “Online student satisfaction” has a significant direct positive impact on student commitment since

$$\beta = 0.536, t = 9.956, P < 0.001, 95\% CI \text{ for } \beta = [0.429, 0.646].$$

The mediation analysis yielded a significant positive indirect relationship between academic self-efficacy and student commitment through online student satisfaction since

$$\beta = 0.263, t = 7.003, P < 0.001, 95\% CI \text{ for } \beta = [0.192, 0.336].$$

The moderation analysis was evaluated to test the effect of digital nudging between online student satisfaction and student commitment. The outcomes revealed that there is no effect of the moderator variable on the path from online student satisfaction to student commitment since

$$\beta = 0.054, t = 1.226, P > 0.05, 95\% CI \text{ for } \beta = [-0.024, 0.146].$$
Table 7: Hypothesis Testing

| Paths                              | $\beta$  | t-value | P-value | 95% CI      | Remark      |
|------------------------------------|----------|---------|---------|-------------|-------------|
| **Direct Effects**                 |          |         |         |             |             |
| H1: Academic Self-Efficacy $\rightarrow$ Online Student Satisfaction | 0.482    | 11.561  | 0.000   | 0.4 0.564   | Supported   |
| H2: Online Student Satisfaction $\rightarrow$ Student Commitment   | 0.546    | 9.956   | 0.000   | 0.429 0.646 | Supported   |
| **Moderating Effect (Indirect Effect through Online Student Satisfaction)** |          |         |         |             |             |
| H3: Academic Self-efficacy $\rightarrow$ Online Student Satisfaction $\rightarrow$ Student Commitment | 0.263    | 7.003   | 0.000   | 0.192 0.338 | Supported   |
| **Moderating Effect (Digital Nudging as a moderator)** |          |         |         |             |             |
| H4: Online Student Satisfaction $\ast$ Digital Nudging $\rightarrow$ Student Commitment | 0.054    | 1.226   | 0.221   | -0.024 0.148 | Not Supported |

***$P<0.001$

Table 8: Assessment of structural model

|                      | Online (Satisfaction) | Student (Satisfaction) | Student Commitment |
|----------------------|-----------------------|------------------------|--------------------|
| R Square             | 0.199 (Week)          | 0.403 (Moderate)       |                    |
| F Square             | Academic Self-Efficacy | 0.248 (Moderate)       |                    |
|                      | Digital Nudging       | 0.042 (Small)          |                    |
|                      | Online Student Satisfaction | 0.288 (Moderate)     |                    |
|                      | Online Student Satisfaction $\ast$ Digital Nudging | 0.001 (No Effect) | |
| Q Square             | 0.145 (Accepted)      | 0.244 (Accepted)       |                    |
| GoF                  | 0.668 (arge)          |                        |                    |

**Moderating Effect of Gender**

Since the moderator variable was not continuous, the moderating effect was determined based on group comparisons by multi-group analysis (MGA). Moreover, dichotomization was a common technique used when the moderating variables were divided into two value categories. Based on Table 8, respondents’s gender did not moderate their academic self-efficiency and online satisfaction towards their commitment. However, it moderates the moderating effect of digital nudging on the relationship from online student satisfaction to student commitment.
Table 9: Moderating effect of gender

|                      | Original Coefficients | Path | Permutation Path Coefficients | 95% CI | P-value | Remark  |
|----------------------|-----------------------|------|-------------------------------|--------|---------|---------|
|                      | Female | Male | D    | D    | LL    | UL    |       |         |
| ASE -> OSS           | 0.446  | 0.538| 0.093| 0.008| 0.154| 0.177| 0.36  | Not Supported |
| OSS -> SC            | 0.493  | 0.581| 0.088| 0.012| 0.223| 0.23 | 0.42  | Not Supported |
| ASE -> OSS -> SC     | 0.22   | 0.313| 0.093| 0.01 | 0.149| 0.186| 0.3   | Not Supported |
| OSS*DN -> SC        | -0.019 | 0.137| 0.156| -0.008| -0.16| 0.143| 0.05* | Supported |

\( D = \text{Difference, CI = Confidence Intervals, LL = Lower Limit, UL = Upper Limit} \)

\( ^*P \leq 0.05 \)

Discussion of findings

As indicated in the results section above, this study found that academic self-efficacy has a positive correlation with students’ online commitment. This result indicated that whenever students show high levels of self-efficacy towards the tasks or assignments given to them, they will be more committed to attain their goals or tasks, more committed to their institution and more committed not to leave their academic institution. This is aligned with what Bandura (1977) stated about self-efficacy and how it influences the behavior of people to be committed toward a certain action or task. In addition, it also agrees with the study by Zeb and Nawaz (2016) who stated that self-efficacy is positively correlated to the faculty members’ organizational commitment in Pakistan universities. Another study by Saremi and Rezeghi (2015) revealed the same results as well as the study by (Almutairi, 2020).

Concerning the relationship between self-efficacy and satisfaction, the findings revealed that there is a positive relationship between the two constructs. A study by Shen et al. (2013) investigated the relation between online self-efficacy and student satisfaction and the results show that all variables of online self-efficacy have a positive effect on student satisfaction. In addition, Gunawardena et al. (2010) investigated some factors that expect satisfaction of learners and found that online self-efficacy is a strong influencer of the satisfaction of students. A study by Prifti (2020) suggested that course satisfaction can be developed by applying tools that boost self-efficacy of students in a blended learning environment.

Some demographic characteristics such as age and gender have impact on individuals’ attitudes and behaviors at their work. The age and gender of participants are to be studied in educational settings (Hall, 2014). Females and males are different at work and at life generally (Colley and Comber, 2003). Males in general have agentic behavior that let them behave in a competitive-oriented manner while females generally have communal behavior that let them behave in a nurturing and socially-oriented manner (Karakuş, 2018). A study by Chukwusa (2020) revealed that there was a significant difference between male and female staff on job satisfaction. It also revealed no significant impact of gender on the organizational commitment.

Nudging is a tool that affects the decision or behavior of students. For example, Castleman and Page (2015) sent text message reminders to secondary school students intending to go to college and to their parents. The reminders were about upcoming deadlines and tasks required for enrolment in their college as well as information available for them in case they need any help. The findings reveal that reminders can increase some colleges enrollment but only in regions where students have little access for help to complete the enrolment process. Moreover, a study by Castleman and Meyer (2016) sent reminders of tasks, access to advising and encouragement to students and the
results revealed no effect of nudging. Other studies (Kizilcec et al., 2014, Unkovic et al., 2016) indicated the same results as well. The insignificant moderating impact of nudging on both student satisfaction and commitment in an online learning environment, in this study, may be due to the nature of the academy's students in specific or Egyptian nature in general that needs more investigation in further research.

There are theoretical and practical implications in this study. Theoretically, when students' self-efficacy is high, this means more committed students to their tasks, institution and obligation to stay at their university. Moreover, the high levels of self-efficacy that the students have will result in more satisfied students with the whole online learning system.

Practically, self-efficacy as a theory is a major factor that have strong impact on the behavior of students in the higher education context. When an academic institution has students with high self-efficacy levels, it is developing more satisfied and thus more committed students who are available to learn and develop for the sake of their institution and for the society. The key implication for this study is that it sheds the light on other academic institutions or higher education universities to explore the impact of nudging on students' behavior when applying the online learning. This will help to investigate whether applying nudges is sufficient to change or alter the behavior of students in a positive or negative way.

Conclusion

The present study used structure equation modeling to investigate the impact of academic self-efficacy of students towards their satisfaction and commitment in an online learning environment during the pandemic of COVID-19 and the moderating effect of both digital nudging and gender. Few studies have been developed to examine levels of academic self-efficacy of students in the Egyptian higher education context through the pandemic as well as examining the moderating effect of digital nudging on both students' commitment and satisfaction in an online learning environment.

Over the examination of a sample of 410 students enrolled in an Egyptian higher education institution, the study proved the validity of all the indicators of the variables in the proposed model. Moreover, academic self-efficacy had a significant effect on student satisfaction as well as student commitment; there was a positive relation between student satisfaction and student commitment; digital nudging had an insignificant impact on student satisfaction as well as student commitment. In addition, the majority of students' responses were from College of Management and Technology while other colleges were of the same responses, and this can justify that even disciplines can differ from one another in the satisfaction and commitment level. Moreover, most responses were Males; females were 196 students while males were 208. Therefore, based on the previous literature review, all variables had significant influence on both student satisfaction and commitment except the variable named digital nudging.

Though the present study provides significant information for students and decision makers concerned with levels of student satisfaction and commitment in online learning environment, it was limited to be applied on a specific higher education institution inside Egypt, applying it in normal environment without the existence of any crisis and other moderating variables can be tested and explored in such study. To address this limitation, the study should be expanded to other higher education institutions inside Egypt in different settings. It will be beneficial and useful for academics and decision makers to understand the behavior of students concerned with the commitment towards their institutions.

Future exploration and investigation might embrace testing the model on other higher education institutions to identify its validity in forecasting the satisfaction and commitment of students in an online learning environment.
learning environment with respect to their academic self-efficacy and gender differences. Furthermore, more variables can be tested to explore their effect on both satisfaction and commitment as well as COVID-19 might have an influence on the results that this study has reached.

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