Molecular Mobility and Nucleocytoplasmic Flux in Hepatoma Cells

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Abstract. Fluorescence microphotolysis (photobleaching) was used to measure, in single polyethylene glycol-induced polykaryons of hepatoma tissue culture cells, nucleocytoplasmic flux and intracellular mobility for a series of dextrans ranging in molecular mass from 3 to 150 kD and for bovine serum albumin.

For the dextrans, the cytoplasmic and the nucleoplasmic translational diffusion coefficients amounted to ~9 and ~15%, respectively, of the value in dilute buffer. The diffusion coefficients depended inversely on molecular radius, suggesting that diffusion was dominated by viscosity effects. By application of the Stokes-Einstein equation, cytoplasmic and nucleoplasmic viscosities were derived to be 6.6 and 8.1 cP, respectively, at 23°C. Between 10 and 37°C nucleoplasmic diffusion coefficients increased by -45-85%, whereas cytoplasmic diffusion coefficients were virtually independent of temperature. In contrast to that of the dextrans, diffusion of bovine serum albumin was more restricted. In the cytoplasm the diffusion coefficient was ~1.5% of the value in dilute buffer; in the nucleus albumin was largely immobile. This indicated that albumin mobility is dominated by association with immobile cellular structures.

Nucleocytoplasmic flux of dextrans depended inversely on molecular mass with an exclusion limit between 17 and 41 kD. This agrees with previous measurements on primary hepatocytes (Peters, R., 1984, EMBO [Eur. Mol. Biol. Organ.] J. 3:1831-1836), suggesting that in both cell types the nuclear envelope has properties of a molecular sieve with a functional pore radius of ~55 Å.

In the eukaryotic cell gene expression is regulated on various levels. Transcription, processing, and translation have been extensively studied (5), but the role of nucleocytoplasmic transport has remained a mystery (18). In the case of exogeneous substances, i.e., compounds that are not regular internal components of the cell but introduced by microinjection or other means, it is a common feature that small molecules can easily penetrate through the nuclear envelope whereas larger ones are excluded. The exclusion limit of the nuclear envelope is such that many of the endogeneous molecules involved in the regulation of gene activity or in the transfer of genetic information from nucleus to cytoplasm would not be able to pass through the nuclear envelope passively. This clearly implies the existence of specific transport mechanisms. Recently, the first features of the molecular basis that may underlie specific nucleocytoplasmic transport have emerged. For instance, in the case of nucleoplasmin, a protein found in high concentrations in the nucleus of Xenopus oocytes, it was shown (6) that the nuclear location signal resides in an external part of the protein, the "tail," which can be isolated and studied separately. In the case of the SV40 T antigen a short amino acid sequence has been identified (12, 15) specifying nuclear location; strikingly, substitution of a single amino acid residue (lysine 128) abolished accumulation in the nucleus.

In the past, studies of nucleocytoplasmic transport were frequently conducted with unusually large cells such as amphibian oocytes because autoradiography, microdissection, and tracer techniques could be applied. We have recently extended the method of fluorescence microphotolysis (FM) to the study of membrane transport in single, normal-sized, somatic cells (21-23). FM, also referred to as photobleaching, was originally introduced (27) for the measurement of translational diffusion in the membranes of single cells and has been widely applied in that field (1, 4, 20, 31). In the version used for flux measurement, FM permits the quantitative assessment of membrane transport of fluorescent solutes in single cells. A high time resolution and sensitivity, the requirement of only extremely small amounts of substances and cells, and the possibility of measuring transport within the living cell are some characteristic features of the method (for review see reference 24). So far transport across the nuclear envelope has been studied by FM in hepatocytes (23), isolated liver cell nuclei (21), and nuclear ghosts (16).

In the present study, FM has been extended to the measurement of nucleocytoplasmic transport in regular tissue culture cells, namely to hepatoma tissue culture (HTC) cells, a line derived from Reuber hepatoma. Such cells differ from usual cell culture cells such as EMT6/RO cells or 3T3 fibroblasts in that they are relatively small, regular-sized cells with a diameter of about 10 μm. We have recently extended the method of fluorescence microphotolysis (FM) to the study of membrane transport in single, normal-sized, somatic cells (21-23). FM, also referred to as photobleaching, was originally introduced (27) for the measurement of translational diffusion in the membranes of single cells and has been widely applied in that field (1, 4, 20, 31). In the version used for flux measurement, FM permits the quantitative assessment of membrane transport of fluorescent solutes in single cells. A high time resolution and sensitivity, the requirement of only extremely small amounts of substances and cells, and the possibility of measuring transport within the living cell are some characteristic features of the method (for review see reference 24). So far transport across the nuclear envelope has been studied by FM in hepatocytes (23), isolated liver cell nuclei (21), and nuclear ghosts (16).

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Abbreviations used in this paper: FBSA, fluorescein isothiocyanate-labeled bovine serum albumin; FD, fluorescein isothiocyanate-labeled dextran; FM, fluorescence microphotolysis; HTC, hepatoma tissue culture; PEG, polyethylene glycol.
most fully differentiated primary cells in that they have a much larger nucleocytoplasmic volume ratio. Hence, the cytoplasmic pool is relatively small. Experimental difficulties associated with this situation were overcome by formation of polykaryons. Translational mobility and nucleocytoplasmic transport were measured for various fluorescently labeled dextrans because these molecules are hydrophilic, spherical, have little tendency to be bound or degraded within cells, and are available as a homologous series with molecular mass ranging from a few to several hundred kilodaltons (19). For comparison a protein, bovine serum albumin (BSA), was included in the study. It was observed that the passive permeability of the nuclear envelope in hepatoma cells is similar to that in primary hepatocytes.

FM has been previously employed to measure the translational mobility of proteins in the cytoplasm of cultured cells and of amebae (11, 14, 30, 32). A rather strong restriction of mobility with no apparent dependence on molecular size was observed. The systematic measurements presented in this article reveal, however, that the mobility of dextrans in both cyto- and nucleoplasm depends inversely on molecular size and thus, in a surprisingly simple manner, seems to follow the Stokes-Einstein relationship. On this basis, values for the viscosity of the intracellular aqueous phase in nucleus and cytoplasm are deduced. In accordance with the quoted previous studies (11, 37) the cytoplasmic mobility of BSA was observed to be strongly restricted and could not be explained by viscosity effects alone. In the nucleus, BSA mobility had not been measured previously. The present article shows that BSA was almost completely immobile in the nucleus.

**Materials and Methods**

**Chemicals**

Fluorescein isothiocyanate-labeled dextrans FD10, FD20, FD40, FD70, and FD150 and fluorescein isothiocyanate-labeled BSA (FBSA) were obtained from Sigma Chemie (Deisenhofen, Federal Republic of Germany). FD3 was from Deutsche Pharmacia (Freiburg, Federal Republic of Germany). Mean molecular masses, translational diffusion coefficients, and Stokes radii of these substances are given in Table I.

**Cells**

HTC cells, a derivative of Morris hepatoma 7288C, were obtained from Flow Laboratories (Bonn, Federal Republic of Germany). Cells were grown in Dulbecco's modified Eagle's medium with 10% fetal calf serum and 2% glutamine. For microscopic studies cells were plated in 60-mm-diam plastic dishes.

**Table I. Physical Data of Microinjected Molecules**

| Abbreviation | Mean molecular mass | Diffusion coefficient* in buffer | Stokes radius* |
|--------------|---------------------|---------------------------------|----------------|
| FD3          | 2.9                 | 97.8 ± 6.0                      | 22.0           |
| FD10         | 10.5                | 75.7 ± 2.5                      | 28.3           |
| FD20         | 17.5                | 65.1 ± 6.5                      | 33.0           |
| FD40         | 41.0                | 46.3 ± 4.6                      | 46.7           |
| FD70         | 62.0                | 39.0 ± 2.6                      | 55.1           |
| FD150        | 156.9               | 23.7 ± 1.3                      | 90.7           |
| FBSA         | 67                  | 65 ± 6                         | 33             |

* Dextran data pertain to 1 μM solution in 7 mM phosphate buffer, pH 7.4, 20°C (reference 3).

**Fusion**

Polykaryons were produced following a suggestion of Grässmann et al. (9). Polyethylene glycol (PEG), mean molecular mass 1.5 kD, was obtained from Roth KG (Karlsruhe, Federal Republic of Germany) and dissolved in Dulbecco's modified Eagle's medium to give a 50% (wt/vol) solution. Confluent HTC monolayers were fused by removing the medium and adding 1.5 ml of the PEG solution per 60-mm petri dish. After 30 s the PEG solution was removed, and cells were washed three times with medium and kept over night in the incubator.

**Microinjection**

Normal, mononuclear HTC cells and PEG-induced polykaryons were injected directly before microscopic measurements as described (23).

**Fluorescence Microphotolysis and Video-Intensification Microscopy**

FM instrumentation was essentially as described (26). An image processing system (model 1966-12; Hamamatsu Photonics Europa, Seefeld, Federal Republic of Germany) was added to the microscope and used to directly follow microinjection at low levels of fluorescence excitation and to obtain photograms from injected cells. Diffusion measurements were performed employing a homogeneously irradiated area of 3.15-μm radius and evaluated according to Axelrod et al. (2):

\[
D = \frac{0.88}{t_{1/2}}
\]

where \( D \) is the translational diffusion coefficient, \( a \) is the radius of the irradiated area, and \( t_{1/2} \) is the half-time of fluorescence recovery. The mobile fraction \( R_M \) was determined from

\[
R_M = \frac{[F(-) - F(0)]/[F(0) - F(\infty)]}{e^{-x}}
\]

where \( F(-), F(0), \) and \( F(\infty) \) are fluorescence signal before, immediately after, and very long after photolysis, respectively. Flux measurements were performed as described (23) employing an irradiated area of 7.9-μm radius, which approximately corresponds to the average radius of HTC nuclei (8-10 μm). As previously (23), a 40-fold, numerical aperture 0.75 water immersion objective lens was used. Under these conditions the laser beam traverses the cell as a cylinder and the depth of focus is larger than the thickness of the cell. Evaluation of flux measurements followed described procedures (21, 23):

\[
[F(t) - F(\infty)]/[F(0) - F(\infty)] = e^{-x}
\]

where \( F(t) \) is fluorescence signal at time \( t \) and \( X \) is the rate constant of influx. The mobile fraction \( R_M \) is given as in diffusion measurements by Eq. 2. The temperature of the cells during FM measurements was controlled to an accuracy of approximately ±0.5°C employing the device described previously (25). Fluorescence scans were obtained by means of a scanning stage (Zeiss, Oberkochen, Federal Republic of Germany); the laser beam was focused to a 1.25-μm-diam spot and cells were scanned on a linear pathway through the beam in 0.5-μm steps.

**Results**

**Advantage in Flux Measurements of Employing Polykaryons Instead of Mononucleated Cells**

An example of the measurement of nucleocytoplasmic flux in normal, mononucleated HTC cells is shown in Fig. 1a. FD3 was injected into the cytoplasm of the cell and fluorescence was measured in the nuclear region. Then, by increasing the intensity of irradiation ~10,000-fold for a short time (1/30 s), most of the fluorophores in the nuclear region were irreversibly photolysed and thus rendered nonfluorescent. Subsequently, the initial low beam power was restored and the entry into the photolysed region of fresh fluorophores was monitored by fluorescence measurement. Fluorescence was observed to recover quickly. However, the initial fluorescence level was never restored. Usually, the new equilibrium was ~50% of the initial one. Similarly, when the cell was subjected
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assumes only a negligibly small fraction of the total cell volume. Photolysis of one nucleus therefore does not notice-merge to form a sometimes very large polykaryon. One nucleus with measurements such as shown in Fig. 1 was always only 50-90% of the preceding one. This behavior had to be expected considering the large nucleocytoplasmic volume ratio characteristic of tissue culture cells. Thus, when the nucleus is photolysed, most of the fluorophores in the cell are rendered nonfluorescent. With each additional photolysis the pool of fluorescent solute was reduced by the same proportion. The actual nucleocytoplasmic volume ratio can be roughly estimated from fluorescence scans of cells injected with FD3 (not shown; for a corresponding scan of a polykaryon injected with a large dextran see Fig. 3; for a scan of a primary hepatocyte injected with FD3 see Fig. 3 of reference 23). FD3 seemed to distribute freely in the cell; e.g., no indication of an exclusion from or an accumulation in the nucleus was found. Therefore, a scan of intracellular FD3 fluorescence, to a first approximation, is a relative measure of the geometric cellular profile (23). During photolysis the laser beam traversed the cell as cylinder covering most of the geometric cellular profile (23). The relative thickness (vertical diameter) of nuclei and cell volume.

Properties of HTC Polykaryons

The light microscopic appearance of normal HTC cells and PEG-induced polykaryons is illustrated in Fig. 2. The degree of fusion varied between wide limits. Sometimes polykaryons formed from many hundred cells. More frequently, fused cells with 2-10 nuclei were observed (Fig. 2, c-h); such oligokaryons were used for microinjection and FM measurements. Upon injection into the cytoplasm two classes of dextrans could be distinguished: FD3, FD10, and FD20 penetrated into the nucleus (Fig. 2, c and d), whereas FD40, FD70, and FD150 were excluded from the nucleus (Fig. 2, e and f). FBSA was also excluded from the nucleus (Fig. 2 g). If the substances were injected into the nucleus the same permeation behavior was observed; Fig. 2 h gives an example in which FD70 was injected into one nucleus, a small amount of FD70 was spilled into the cytoplasm during injection to mark cell contours, and a second nucleus remained without fluorescence.

The relative thickness (vertical diameter) of nuclei and embedding cytoplasmic layer in the nuclear region was estimated from point measurements of polykaryons injected with one of the larger, nonpenetrating dextrans. Fluorescence intensity over the nucleus was compared with that of a region close to the nucleus. In this manner it was estimated that the nucleus assumed 59 ± 7% of cell thickness (mean ± SD of 10 measurements). Another valuable means of estimating nuclear thickness is shown in Fig. 3, which displays a fluorescence scan through a polykaryon injected into the cytoplasm with FD70. The linear scanning path crossed two nuclei. In that cell the cytoplasmic layer embedding the nuclei was (exceptionally) small, perhaps only 10-30% of cell thickness. The scan also revealed that cell thickness can vary considerably over the cross-section of the cell.

Translational Mobility of Dextrans in the Cytoplasm

The translational mobility was determined for the dextrans FD20, FD40, FD70, and FD150; in all cases an irradiated area of 3.15-μm radius and a fluorescence sampling time of ≥20 ms were used.

Diffusion coefficients D are plotted in Fig. 4. The main features were (a) a definite dependence on molecular mass; D varied between ~7.8 ± 1.0 μm²/s for FD20 and ~1.6 ± 0.2 μm²/s for FD150; and (b) no significant dependence on temperature; in the linear regression analysis of D vs. temperature the slope was near zero for all of the dextrans, extreme values being 0.0157 μm²/s °C for FD20 and ~0.0174 μm²/s °C for FD40.
Figure 2. Permeability of the nuclear envelope in HTC polykaryons. (a) Phase-contrast micrograph of normal HTC cells. (b) Phase-contrast micrograph of a polykaryon. (c) Fluorescence micrograph of a polykaryon injected with a small dextran (FD10), which penetrated into the nucleus. (d) Phase-contrast micrograph of (c). (e) Fluorescence micrograph of a polykaryon injected with a large dextran (FD70), which was excluded from the nucleus. (f) Phase-contrast micrograph of (e). (g) Fluorescence micrograph of a polykaryon injected with BSA. (h) Fluorescence micrograph of an intranuclear injection of a large dextran (FD70); a little bit of the dextran was spilled into the cytoplasm to mark the contours of the cell. Dextran did not penetrate into the second nucleus.
Figure 3. A fluorescence scan through a polykaryon injected with a large dextran (FD70). The scanning path crossed two nuclei.

Figure 4. Translational mobility of dextrans and BSA in the cytoplasm of HTC polykaryons. The diffusion coefficient is plotted versus temperature for the dextrans FD20 (curve c), FD40 (curve d), FD70 (curve e), and FD150 (curve f), and for BSA (g). Data represent the mean ± SD of 18-20 measurements. The straight lines were determined by linear regression.

The mobile fraction $R_M$ was $0.90 ± 0.05$ without apparent dependence on temperature or molecular mass. For example, at $25^\circ C$, $R_M = 0.93 ± 0.03$ (FD20), $0.89 ± 0.06$ (FD40), $0.88 ± 0.03$ (FD70), and $0.90 ± 0.12$ (FD150), respectively. For FD40, $R_M = 0.90 ± 0.04 (10^\circ C), 0.93 ± 0.03 (15^\circ C), 0.86 ± 0.06 (20^\circ C), 0.89 ± 0.06 (25^\circ C), 0.92 ± 0.03 (30^\circ C)$, and $0.95 ± 0.04 (40^\circ C)$, respectively. Similar $R_M$ values were obtained for other temperatures and dextrans. Mobile and immobile, in the present context, are only meant in relation to the time domain of the measurement, which was 2-20 s. Indeed, if the cell was left in the dark for 10-30 min after photolysis the “immobile” fraction seemed to disappear and fluorescence to recover completely. However, since it is difficult to measure precisely a change in fluorescence that is both slow and small we did not attempt to quantify the kinetics of the “immobile” fraction. Its origin remains obscure. The diffusion coefficients given in this article exclusively relate to the “mobile” fraction and would not be influenced by slow changes of the small “immobile” fraction.

Translational Mobility of Dextrans in the Nucleoplasm

The larger dextrans FD40, FD70, and FD150 were injected into nuclei and their mobility was determined under the same conditions employed in studies of mobility in the cytoplasm. Measurements were only performed on nuclei with radii at least fourfold larger than that of the irradiated area (3.15 μm) and only when intranuclear fluorescence intensity was stable, indicating that the nuclear envelope had resealed after microinjection.

Diffusion coefficients are plotted in Fig. 5. As with cytoplasmic mobility a definite dependence on molecular mass was observed. At $23^\circ C$, for instance, $D$ varied between $6.7 ± 0.8 \mu m^2/s$ for FD40 and $3.8 ± 0.7 \mu m^2/s$ for FD150. In contrast to cytoplasmic mobility, however, there was an apparently linear dependence of $D$ on temperature. The linear regression analysis yielded values for the slope between $0.101 \mu m^2/s ^\circ C$ for FD150 and $0.066 \mu m^2/s ^\circ C$ for FD70. For a given dextran and a given temperature the diffusion coefficient was 50–100% larger in the nucleus than in the cytoplasm.

The mobile fraction was $0.82 ± 0.05$ without apparent dependence on temperature or molecular mass. For instance, at $22^\circ C$, $R_M = 0.84 ± 0.04 (FD40), 0.79 ± 0.08 (FD70)$, and $0.79 ± 0.05 (FD150)$, respectively. For FD40, $R_M = 0.81 ± 0.04 (10^\circ C), 0.84 ± 0.07 (22^\circ C)$, and $0.83 ± 0.05 (35^\circ C)$, respectively. Similar $R_M$ values were obtained for other temperatures and dextrans.

Translational Mobility of BSA in Cytoplasm and Nucleus

FBSA displayed a mobility strikingly different from that of dextrans. Examples of measurements of cytoplasmic and intranuclear mobility are shown in Fig. 6. In the cytoplasm the
apparent diffusion coefficient of FBSA was 1.0 ± 0.2 μm²/s at 23°C (mean ± SD of 19 measurements), i.e., it was markedly smaller than that of the largest dextran (compare Fig. 4, point g). The mobile fraction was similar to that of the dextrans, namely 0.85 ± 0.07. In contrast, FBSA was immobile to >80% in the nucleus (Fig. 6, curve g).

**Nucleocytoplasmic Flux of Dextrans**

Flux measurements were performed in the following manner. One of the smaller dextrans (FD3, FD10, or FD20) was injected into the cytoplasm of a polykaryon. After the dextran had distributed between cytoplasm and nucleus, fluorescence was measured in the nucleus using an irradiated area of 7.9-μm radius. Then, fluorophores were photolyzed by a high-intensity light pulse and influx was monitored at the initial low beam power. In the case of nonpenetrating dextrans an upper limit of the influx rate constant was determined without photolysis: the dextran was injected into the cytoplasm; after a gap of 15–30 s (necessary to withdraw the pipette and perform adjustments) fluorescence was measured first in the cytoplasm at a position close to the nucleus and then over the nucleus; at the end of the experiment fluorescence was again measured in the cytoplasm to ensure that the cell was tight.

Sample measurements of nucleocytoplasmic flux are given in Fig. 7. The kinetics of fluorescence recovery depended strongly on molecular radius r with an exclusion limit between r = 33 Å and 46 Å, i.e., FD20 and FD40. Similar results were obtained previously with primary hepatocytes (23). However, the data of the present study also revealed a difference between hepatocytes and hepatoma cells. Whereas flux curves of hepatocytes (23) and other systems (25) are well described by Eq. 3 the hepatoma data could not be fitted sufficiently well by a single-exponential term (data not shown). Clearly, the hepatoma flux curves had at least two components. In Fig. 7, for instance, the experimental data were fitted by a linear combination of two single-exponential terms (full lines). The origin of the bi- or multiphasic nature of the flux curves is unresolved but may well have simple geometric reasons. Eq. 3 holds in the case of passive membrane transport and very fast diffusion in both external and internal compartments (22). In HTC cells the nuclei are not spherical but very flat and ellipsoid so that diffusion pathways in the cytoplasmic layer embedding the nucleus are long. Therefore, the initial fast phase could be due to diffusion in the cytoplasm. This contention is supported by measurements of diffusion in the cytoplasm (data not shown). When the same size of the irradiated area as in flux measurements (radius 7.9 μm) was used, the fluorescence recovery curves had half-times of a few seconds, in agreement with the fast phase of the flux curves.

**Discussion**

A major objective of the present study was to establish a method to measure nucleocytoplasmic flux in permanent cell lines. We have previously shown (23) that fluorescence micro-photolysis can be used to measure nucleocytoplasmic flux in single primary hepatocytes. Those cells are fully differentiated and have a small nucleocytoplasmic volume ratio (¼ to ½). The extension of the method to permanent cell lines was not straightforward because tissue culture cells usually display a large nucleocytoplasmic volume ratio (½ to ¾). Therefore, when the nucleus in a typical tissue culture cell is photolysed, most of the cellular pool of fluorescently labeled molecules is rendered nonfluorescent, and fluorescence can only recover to an equilibrium value much smaller than that before photolysis. Of course, such curves (e.g., Fig. 1 a) could also be evaluated in terms of membrane transport coefficients. Indeed, the time course of fluorescence recovery should follow the same equation as in the case of an infinitely large cytoplasmic pool (Eq. 3). The crucial difference is that with an infinitely large cytoplasmic pool the influx rate constant K is given by

$$K = \frac{S_V}{V_c} P,$$

where $S_V$ and $V_c$ are surface area and volume, respectively, of the nucleus. If nucleus and cytoplasm are of comparable volume, K is given by

$$K = \frac{S_V (1/V_c + 1/V_c)}{V_c},$$

where $V_c$ is cytoplasmic volume. Thus, $V_c$ enters into K and increases its variability. A further, and rather serious, disadvantage is the difficulty of discriminating between a volume effect and an immobile fraction: both give rise to incomplete fluorescence recovery. In principle, a discrimination could be based on repeated photolysis. In practice, however, this method would probably not work because the cellular pool of fluorescently labeled molecules is rapidly exhausted (see Fig. 1 a). We have overcome such difficulties experimentally.

Molecular sieving is a well-documented property of the nuclear envelope (7, 17, 19, 28). For various large cells, mostly amphibian oocytes, through the use of various methods it has been consistently observed that small exogeneous molecules easily penetrate from cytoplasm to nucleus, whereas large molecules are excluded from the nucleus. For frog oocytes Paine et al. (19) measured nucleocytoplasmic flux of dextrans by cryofixation and autoradiography and calculated a functional pore radius of ≈45 Å for the nuclear envelope. In the present study nucleocytoplasmic flux has been measured for the first time in a tissue culture cell. The outcome fully confirms the notion that the nuclear envelope has properties of a molecular sieve. Interestingly, molecular sieving is very similar in HTC cells and primary rat hepatocytes (23). In both cells a sharp exclusion limit occurs between FD20 and FD40. In case of hepatocytes the flux data have been used to calculate a functional pore radius of 50–56 Å; a very similar value is consistent with the present results on HTC cells. Also, by a different argument, the present study supports the notion of...
that nucleocytoplasmic flux of dextrans is a passive process. FD10 influx was not significantly different at 10, 25, and 37°C (data not shown); rate constants agreed within a factor of about two. If nucleocytoplasmic flux were a metabolically driven process, a stronger temperature dependence would be expected. However, because of the experimental uncertainty we cannot completely rule out a small or moderate temperature dependence.

Diffusion in the cytoplasm of living cells has been a matter of interest, speculation, and experimentation for a long time (8, 10, 11, 13, 14, 18, 29, 30, 32), whereas studies of diffusion in the nucleus are of recent origin (23). In general, for a given substance the cytoplasmic diffusion coefficient $D_c$ is smaller than the diffusion coefficient $D_{\text{me}}$ in water or buffer. However, the degree of restriction varies greatly and it seems that on a qualitative level two classes with weak and strong restriction, respectively, can be discriminated. For instance, the relative diffusion coefficient $D_{rel}$ (i.e., $D_c/D_{\text{me}}$) of water is 0.2 in human red cells and 0.15 in yeast (29); for inulin in frog oocytes $D_{rel} = 0.2$ (10), and for various dextrans ranging in molecular mass from 3.6 to 24 kD $D_{rel} = 0.20-0.27$ in frog oocytes (18). On the other hand, $D_{rel}$ is 0.025 ($D_c = 1.7 \mu m^2$/s) for BSA in fibroblasts (11, 32). $D_c = 3.5 \mu m^2$/s for ovalbumin in macrophages (30), and $D_c = 0.3 \mu m^2$/s for G-actin in chicken gizzard cells (14). Jacobson and Wojcieszyn (11) have recently employed FM to measure $D_c$ in fibroblasts for a number of proteins ranging in molecular mass from 12 to 440 kD. For all of the proteins $D_c$ falls in the range of 0.9 to 1.7 $\mu m^2$/s (25°C) without apparent dependence on molecular mass. Indeed, the smallest protein (insulin) has the smallest $D_c$. It was therefore concluded (11) that mobility of proteins in the cytoplasm is dominated by dynamic association with immobile structures rather than by steric restriction. With some plausible assumptions concerning the free energy of association, it was estimated that at any time ~98% of the molecular population is bound (11). Our results, showing that cytoplasmic diffusion of FBSA is strongly restricted in HTC cells ($D_c = 1.0 \pm 0.2 \mu m^2$/s, 23°C), support the notion that proteins injected into the cytoplasm can be subject to extensive interactions with immobile cellular components. This interaction is overwhelmingly strong in the nucleus, where FBSA was largely immobile.

In general, it is difficult to derive cyto- or nucleoplasmic viscosity from mobility measurements because at least three, usually interdependent, parameters are involved: association with immobile structural elements, steric hindrance, and viscosity effects. It appears, however, that the situation is largely simplified in case of dextrans, a class of charged, hydrophilic, spherical, and rather inert molecules. A molecular association with structural elements should concern all of the dextrans to a comparable degree because their chemistry is simple and homogeneous. Probably, a differential interaction with cellular structures would have become apparent in a systematic variation of the immobile fraction (1-RM) which was not the case. The immobile fraction was relatively small for all dextrans and did not depend on temperature. Steric hindrance of intracellular diffusion could arise from impermeable inclusions such as a microtubular lattice, intermediate filaments, microfilaments, microtubules, organelles, or chromatin. However, these inclusions are of supramolecular dimensions and therefore would elongate the diffusional pathway of all macromolecules to the same degree, with no discrimination of molecular size. This type of steric hindrance has been referred to as tortuosity and was used to explain the diffusion coefficient of inulin in the cytoplasm of frog oocytes (Eq. 5 in reference 10). In the diffusion experiments of this study no indication of size discrimination, for instance an exclusion limit, was observed. We therefore assume that the intracellular diffusion of dextrans is mainly determined by two parameters, steric hindrance and viscosity, and that furthermore steric hindrance is constant and affects all of the dextrans to the same extent. If this assumption is true cytoand nucleoplasmic viscosity can be derived from dextran diffusion by the following simple procedure.

The experimentally determined intracellular diffusion coefficients of the dextrans depended on molecular mass for both cyto- and nucleoplasm (Figs. 4 and 5). A closer look at the data suggested that diffusion coefficients were inversely proportional to molecular radius and might follow a modified Stokes-Einstein equation:

$$D = (kT)/(6 \pi \eta r) + b,$$

where $k$ is Boltzmann's constant, $T$ is absolute temperature, $\eta$ is solvent viscosity, and $r$ is molecular radius. For the series of dextrans used in this study Fig. 8 gives a plot of $D$ vs. $1/r$. From the slope of the linear regression, viscosity was calculated according to Eq. 6 to be 6.6 cP for the nucleoplasm and 8.1 cP for the cytoplasm. These figures are, in a sense, relative values because the molecular radius $r$ was calculated from $D_{me}$ by application of the (unmodified Stokes-Einstein equation. Thus, the analysis actually indicates that the nucleoplasm is 6.6 times and the cytoplasm 8.1 times more viscous than dilute buffer. These values agree reasonably well with previous determinations, although only a limited set of values is available. In a recent short survey (32) six values of cytoplasmic viscosity were tabulated that range from 2 to 30 cP (most entries are between 3 and 6 cP); no values for nucleoplasmic viscosity are available.

**Figure 8.** Analysis of dextran mobility in terms of the Stokes-Einstein equation. The translational diffusion coefficients in dilute buffer ($D_{me}$), in the nucleoplasm ($D_n$), and in the cytoplasm ($D_c$) were plotted versus reciprocal molecular radius. Curve a, diffusion buffer; curve b, in the nucleoplasm; curve c, in the cytoplasm. For comparison the cytoplasmic diffusion coefficient of BSA is also plotted (d), $T = 23^\circ C$. The straight lines were obtained by linear regression and correspond to a viscosity of 1 cP (curve A), 6.6 cP (curve b), and 8.1 cP (curve c).

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A marked difference between nucleus and cytoplasm became apparent in the temperature dependence of dextran diffusion. In the nucleus, diffusion coefficients increased by a factor of 1.45-1.86 between 10 and 37°C (Fig. 5). Such a factor is normal for the temperature-dependent viscosity decrease of a concentrated aqueous solution of macromolecules. In contrast, cytoplasmic diffusion coefficients were virtually independent of temperature, suggesting that viscosity changes are balanced by changes in steric parameters and/or association kinetics. Further studies will be necessary to discriminate between these parameters.

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