Article

The Benefits of Using Saccharose for Photocatalytic Water Disinfection

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Abstract: In this work, the characteristics of saccharose (sucrose)-modified TiO₂ (C/TiO₂) photocatalysts obtained using a hydrothermal method at low temperature (100 °C) are presented. The influence of C/TiO₂ on survivability and enzyme activity (catalase and superoxide dismutase) of Gram-negative bacteria Escherichia coli (ATCC 29425) and Gram-positive bacteria Staphylococcus epidermidis (ATCC 49461) under UV-A and artificial solar light (ASL) were examined. The obtained TiO₂-1%-S-100 photocatalysts were capable of total E. coli and S. epidermidis inactivation under ASL irradiation in less than 1 h. In addition, the impacts of sugars on the photocatalytic activity and disinfection performance are discussed.

Keywords: photocatalysis; sucrose-modified titanium dioxide; disinfection

1. Introduction

The World Health Organization (WHO) defined the need to search for effective water disinfection methods [1]. Solar water disinfection (SODIS) is an economically and environmentally friendly option for water treatment. The most abundant renewable energy source, sunlight, is used in direct solar disinfection. However, this technology is particularly worthwhile in sunny regions of the world. Therefore, many initiatives are being taken to improve SODIS and combine it with other water treatment methods to maximize access to drinking water, particularly in developing countries [2,3].

The optimization of solar energy exploitation in water disinfection is possible by combining it with advanced oxidation processes (AOPs) [4,5]. For many years, TiO₂ photocatalysis has been considered one of the most profitable environmental cleanup technologies [6,7]. Unfortunately, titanium dioxide application is limited in the visible light region, mainly due to its relatively wide band gap (3.2 eV) [8]. Consequently, the development of new TiO₂ photocatalysts active under solar irradiation is a field of particular scientific interest [9,10]. A literature review revealed that non-metal modifications have been presented as promising and inexpensive choices for improving TiO₂ activity. Many authors reported that incorporating carbon into TiO₂ materials led to obtaining photocatalysts with enhanced efficiency and activity under UV and visible light [11–15]. Moreover, it was reported that carbon-doped titanium dioxide is more active under visible light than nitrogen- or sulfur-doped options [12,14]. In our previous work [16,17], the modification of titania dioxide using the simple sugars D-glucose and D-fructose resulted in the preparation of C/TiO₂ photocatalysts, which exhibited satisfactory antibacterial properties against both Gram-positive and Gram-negative bacteria under artificial solar light. It was also summarized that the low cost of monosaccharides makes them attractive dopants for modifications of titania at low temperatures. It is well-known that both...
fructose and glucose are manufactured at an industrial scale for food production using polysaccharides that are abundant in nature (mainly starch) [18]. The main goal of the present study is to contribute to the understanding of the influence of sugar (saccharides, carbohydrates) types on the antibacterial properties of titania. A natural choice for this study is a sucrose non-reducing disaccharide of glucose that yields two monosaccharides: glucose and fructose. To the best of our knowledge, there is no information regarding the use of double sugars to fabricate a novel titania photocatalyst for solar water disinfection.

2. Results and Discussion

2.1. Characterization of Saccharose-Modified TiO$_2$

In order to obtain a novel photocatalyst active under sunlight, titanium dioxide taken directly from the production line of TiO$_2$ was treated with solutions of sucrose (Firma Chempur®; Piekary Śląskie, Poland) at various concentrations (1, 5 and 10 wt.%) and with annealing at a temperature of 100 °C. The surface properties of examined photocatalysts were investigated utilizing FT-IR/DR spectroscopy. Figure 1 presents FT-IR/DR spectra of the starting TiO$_2$-100, saccharose-modified TiO$_2$ photocatalysts, pristine saccharose and KRONOClean 7000 as reference materials.

![Figure 1. FT–IR/DR spectra of tested samples.](image_url)

The presented spectra exhibit bands typical for TiO$_2$-based nanoparticles and saccharose. A broad band observed at 3700–2800 cm$^{-1}$ corresponds to O–H stretching vibration [19]. The narrow band at 1621 cm$^{-1}$ was attributed to the molecular water bending mode [20]. In turn, the strong peak at 960 cm$^{-1}$ corresponds to the self-absorption of titanium (Ti$^{4+}$) [21]. It should be noted that the bands located at 3700–2800 cm$^{-1}$ and 1621 cm$^{-1}$ in saccharose-modified TiO$_2$ were broader and more intense than those of unmodified TiO$_2$-100. This indicates that the hydroxyl groups from saccharose could bond to the TiO$_2$ surface, according to data for the TiO$_2$-glucose surface complex presented by Kim et al. [22]. The obtained result was also in agreement with data obtained by Dong et al. [23]. The author modified TiO$_2$ in the hydrothermal process at 160 °C with glucose as a carbon source. Additionally, it is worth mentioning that a greater amount of hydroxyl groups on a photocatalyst’s surfaces will enhance the photocatalytic activity [24]. It can be observed that saccharose-modified photocatalysts had new characteristic bands between 1500 and 400 cm$^{-1}$. The band at 1418 cm$^{-1}$ is a combination of O–H bending of the C–OH group and C–H bending in the carbohydrate. The band at 1110 cm$^{-1}$ corresponds to the stretching of the C–O band of the C–O–C linkage [24]. According to Tul’chinsky et al. [25], the band at 869 cm$^{-1}$ was assigned to the vibration of the furanose ring. A stretched C–O mode characteristic for saccharose was noted at 1053 cm$^{-1}$. In turn, bands at 695 cm$^{-1}$
and 417 cm\(^{-1}\) were associated with the C–C stretching modes [26]. A peak at 405 cm\(^{-1}\) corresponded to the glucopyranose ring deformations [26]. Sucrose is a disaccharide, and it contains two sugar rings. It is made up of one molecule of glucose (aldohexose) and one molecule of fructose (ketohexose) joined together by glycosidic linkages [27]. In the spectrum obtained for KRONOClean 7000, a band at 1580 cm\(^{-1}\) was attributed to the asymmetric and symmetric stretching vibrations of arylcarboxylate groups. The peak at 1330 cm\(^{-1}\) was assigned to the C–O stretching vibrations [28]. It is clear that KRONOClean 7000 is a carbon-modified commercial anatase displaying pronounced photoactivity in visible light. The XRD patterns of tested C/TiO\(_2\) photocatalysts are presented in Figure 2.

![XRD patterns](image)

**Figure 2.** XRD patterns of the reference KRONOClean 7000, starting TiO\(_2\)-100 and carbon-modified photocatalysts.

As shown above, after carbon modification, samples present similar patterns compared to unmodified TiO\(_2\)-100. All tested photocatalysts consist mainly of an anatase phase of approximately 98%. The characteristic peaks for anatase structures observed at 28 values of 25.3, 37.6, 47.8, 53.7, 62.6, 70.2 and 75.0° were attributed to (101), (004), (200), (105), (204), (116) and (215) crystal planes (JCPDS 01-076-0318). Additionally, two small peaks located at 27.1° and 36.0° were found, which corresponded to the rutile crystal planes (110) and (101) (JCPDS 01-076-0318). The presence of rutile in TiO\(_2\) photocatalysts amounted to approximately 2%, which resulted from rutile nuclei added in the production process [17]. Commercial KRONOClean 7000 consisted only of the anatase phase consistent with the manufacturer’s information. The average crystallite sizes of the obtained photocatalysts were determined using Scherrer’s equation [29] and are listed in Table 1.

| Sample Code          | TiO\(_2\) Crystalline Phase Participation [%] | Mean Crystallite Size [nm] |
|----------------------|-----------------------------------------------|----------------------------|
|                      | Anatase | Rutile | Anatase | Rutile |
| KRONOClean 7000      | 100     | -       | 11.0    | -      |
| TiO\(_2\)-100        | 98.1    | 1.9     | 12.0    | 52.8   |
| TiO\(_2\)-S-1%-100   | 97.9    | 2.1     | 11.7    | 42.3   |
| TiO\(_2\)-S-5%-100   | 97.8    | 2.2     | 11.7    | 42.3   |
| TiO\(_2\)-S-10%-100  | 97.8    | 2.2     | 11.6    | 42.3   |

All carbon-modified samples showed similar anatase crystallite sizes of about 11.6–11.7 nm. Commercial KRONOClean 7000 contains an anatase phase with a mean crystallite size of about 11 nm [30]. It should be mentioned that data presented by the supplier report...
that the mean crystallite size of anatase in KRONOClean 7000 amounts to approximately 15 nm [31]. The saccharose modification conducted at 100 °C did not significantly influence the anatase crystallite size. However, as with the previous data obtained for modifications of titania with fructose and glucose, the smallest crystallites characterized the photocatalyst modified by a 10% monosaccharide solutions [16,17].

The N₂ adsorption–desorption analysis was performed to investigate the surface areas and pore volumes of the tested photocatalysts. The isotherms are shown in Figure 3.

![Figure 3. N₂ adsorption–desorption isotherms for tested photocatalysts.](image)

According to the IUPAC classification, all isotherms were identified as typical type IV. TiO₂-100 and C/TiO₂ exhibited type H4 hysteresis loops. For commercial KRONOClean 7000, a type H3 hysteresis loop was observed [32]. Synthesized samples were mesoporous materials with small numbers of macro- and micropores. Table 2 presents the S BET area, total (V total), micropore (V micro) and mesopore (V meso) volumes of samples.

| Sample Code       | S_BET [m²/g] | V total(0.99) [cm³/g] | V micro(DR) [cm³/g] | V meso [cm³/g] | Carbon Content (wt.%) | Eg [eV] |
|-------------------|--------------|-----------------------|---------------------|---------------|------------------------|---------|
| KRONOClean 7000   | 242          | 0.37                  | 0.09                | 0.28          | 0.96                   | 3.24    |
| TiO₂-100          | 266          | 0.46                  | 0.09                | 0.37          |                        | 3.25    |
| TiO₂-S-1%-100     | 264          | 0.43                  | 0.09                | 0.34          | 0.53                   | 3.21    |
| TiO₂-S-5%-100     | 261          | 0.45                  | 0.08                | 0.37          | 2.42                   | 3.20    |
| TiO₂-S-10%-100    | 217          | 0.39                  | 0.04                | 0.34          | 4.40                   | 2.92    |

The S_BET for saccharose-modified TiO₂ was in the range of 217–264 m²/g. Photocatalysts after modification were characterized by smaller surface areas and pore sizes compared to unmodified TiO₂-100. Based on the presented results, these changes were related to increasing saccharose concentration (from 1 to 10 wt.% in the solution used for modification). Similar observations with the application of glucose and fructose monosaccharides as carbon sources were presented in previous studies [16,17]. The decrease in the S_BET area with increasing carbon precursor content could be associated with the accumula-
tation of carbon on TiO$_2$ surfaces [33]. The lowest S$_{BET}$ was found for samples modified by a 10% saccharose solution (TiO$_2$-S-10%-100). This effect has also been associated with the uneven covering of crystallites by a thin layer of dissolved saccharide.

The carbon content in carbon-modified photocatalysts was confirmed by elemental analysis of carbon and amounted from 0.53 to 4.40 wt.%. Commercial KRONOClean 7000 contained 0.96 wt.% of carbon. As expected, the percentage of carbon increased with increasing saccharose concentration in the solution (Table 2). Similar results were obtained for glucose and fructose modifications of titania [16,17]. However, a rise in annealing temperature above the caramelization temperature (150 °C for fructose, 160 °C for glucose and 186 °C for sucrose) can cause thermal decomposition of sugars and a decreased carbon content [16,34]. It is thought that a similar effect is possible under high pressure in an autoclave used for titania photocatalyst production via the hydrothermal method. As reported by Woo et al., organic acids such as formic acid, lactic acid and levulinic acid, as well as 5-hydroxymethylfurfural (HMF), increased with increasing heating temperatures (110 to 150 °C) and times (1 to 5 h) [35].

The UV–Vis diffuse reflectance spectra of TiO$_2$-100, saccharose-modified TiO$_2$ and KRONOClean 7000 are presented in Figure 4.

![Figure 4. UV–Vis/DR spectra of tested samples.](image)

As shown in Figure 4, the TiO$_2$-100 presents a typical high absorption in the UV region and no absorption in the visible region. In turn, carbon modification leads to an increase in light absorption in the visible region. Moreover, the intensity of visible light absorption increases with carbon content. This was related to the color change of photocatalysts after the saccharose modification. TiO$_2$-100 and TiO$_2$-S-1%-100 stayed white, whereas photocatalysts obtained by modification with 5 and 10 wt.% of saccharose were beige and light-brown. The most substantial absorption in the visible light region was noted for the TiO$_2$-S-10%-100, which contained the highest amount of carbon (4.40 wt.%). It should be noted that commercial titania KRONOClean 7000 also absorbed visible light, but the character of the absorption spectrum was different from saccharose-modified nanomaterials. This issue has been discussed in previous work [33]. The values of Eg for the analyzed samples were between 2.92 and 3.25 eV (Table 2). It was observed that these values slightly decreased with increasing carbon on the sample surface. The lowest band gap value (2.92 eV) was observed in the TiO$_2$-S-10%-100 photocatalyst. Due to only 5% of UVA radiation (321–400 nm) reaching the earth’s surface, the high-visible light region is essential for developing disinfection using solar catalytic treatment.

To examine photocatalytic activity measured as the reactive oxidative species (ROS) (mainly corresponding to hydroxyl radicals ·OH) produced on the surfaces of sucrose-modified photocatalysts under ASL and UV irradiation, the fluorescence spectra of the
formed 2-hydroxyterephthalic acid were measured [36,37]. The results are presented in Figure 5.

![Graph showing fluorescence spectra](image)

**Figure 5.** The fluorescence spectra of 2-hydroxyterephthalic acid product of the reaction of terephthalic acid with ·OH radical taken after different reaction times (a) under UV-A irradiation and (b) ASL irradiation.

It was found that saccharose-modified photocatalysts generated more hydroxyl radicals than unmodified TiO$_2$-100 and commercial KRONOClean 7000 under UV-A or ASL. Moreover, the faster creation of ·OH radicals from the surface was observed for TiO$_2$-S-1%-100. After 90 min, the ROS submitted from TiO$_2$-S-1%-100 under UV-A and ASL were 3.0 and 2.0 times higher, respectively, than for TiO$_2$-100 (Figure 5). Interestingly, the generation of hydroxyl radicals under both types of irradiation was higher for photocatalysts obtained via sucrose modification than using glucose or fructose under the same conditions (solutions of the same sugar concentration). This was probably caused by the varied solubility of sugars in aqueous solutions at varying temperatures. As presented by Crestani et al., glucose solubility is higher than that of sucrose at temperatures of up to 50 °C, while fructose is more soluble than sucrose in the range from 30 to 100 °C [38]. It follows that photocatalysts obtained at 100 °C are composed of fine titania nanoparticles covered with a thin layer of adsorbed sugars, and their amounts are proportional to the concentration of the used solution at a given temperature.

2.2. Antimicrobial Activity of Saccharose-Modified TiO$_2$

The presence of ·OH radicals gradually destroys the bacterial cell walls and causes oxidative damage to their cells structures, proteins (enzymes), and DNA, leading to death [39]. In order to examine the possible differences in antimicrobial actions of reactive oxygen species generated on surface-saccharose-modified titania towards Gram-negative and Gram-positive groups of bacteria, *Escherichia coli* and *Staphylococcus epidermidis* were selected as the model organisms. No significant changes in the number of bacteria were detected while these were kept in contact with the sucrose-modified titania in dark conditions for 90 min (Figure 6). Furthermore, this indicated no toxicity of the sucrose-modified TiO$_2$ to *Escherichia coli* and *Staphylococcus epidermidis*.

![Graph showing bacterial inactivation](image)

**Figure 6.** Effects of sucrose-modified titania on inactivation of bacteria in dark conditions: (a) Gram-negative *E. coli*; (b) Gram-positive *S. epidermidis*. 
The photolysis of bacterial cells under UV-A and ASL irradiation alone was not observed (results for the saline solution are presented in Figures 7 and 8).

Figure 6. Effects of sucrose-modified titania on E. coli and S. epidermidis inactivation in 80 and 85 min under UV-A and 90 minutes under ASL irradiation (Figures 7 and 8).

![Graph](image1.png)

Figure 7. Inactivation of Gram-negative E. coli bacteria in the photocatalyst suspensions: (a) under UV-A; (b) under ASL irradiation.

![Graph](image2.png)

Figure 8. Inactivation of Gram-positive S. epidermidis bacteria in the photocatalyst suspensions: (a) under UV-A; (b) under ASL irradiation.

The bacteria inactivation was observed in experiments conducted with commercial KRONOClean 7000, starting TiO$_2$ and sucrose-modified TiO$_2$ under UV-A and ASL irradiation. The strongest antibacterial activity is presented for the photocatalyst obtained via modification with 1 wt.% of saccharose solution (TiO$_2$-$S$-1%-100). Total E. coli inactivation was achieved after 55 min and 65 min with photocatalytic processes under UV-A and ASL irradiation, respectively (Figure 7). Gram-positive Staphylococcus epidermidis was more invulnerable to photocatalytic disinfection. Total bacteria inactivation was obtained in the same conditions after 65 under UV-A and after 80 min under ASL. TiO$_2$-$S$-1%-100 photocatalysts presented better antibacterial properties than starting TiO$_2$ in all experiments. It is worth mentioning that commercial KRONOClean 7000 caused E. coli and S. epidermidis inactivation in 80 and 85 min under UV-A and 90 minutes under ASL irradiation (Figures 7 and 8).

The antibacterial properties of C/TiO$_2$ can be attributed to various features such as the large surface area, high anatase phase content (approximately 98%) and small crystallite size. Zimbone et al. [40] observed that photocatalysts containing mainly anatase phases with particles around or smaller than about 11 nm are preferred. In this study, sucrose-modified TiO$_2$ nanomaterials possess such properties (Table 1). However, it has been demonstrated that the antimicrobial activity of photocatalysts mainly depends on the carbon content. The strongest antibacterial activity against both species of bacteria was observed for TiO$_2$-$S$-1%-100, containing the lowest amount of carbon on the surface (0.53 wt.%). The obtained results were in agreement with previous studies concerning the antibacterial properties of C/TiO$_2$ photocatalysts modified with alcohols [41], monosaccharide–glucose [16,42] and fructose [17]. Thus, it was confirmed that solutions of monosaccharides or disaccharides at low concentrations are good carbon sources for synthesizing C/TiO$_2$ photocatalysts via hydrothermal reaction at low temperatures (from 100 $^\circ$C to 200 $^\circ$C). The reduced photocatalytic activity caused by excessively high carbon content on the photocatalyst’s surface was also confirmed by Wanag et al. [43] and Cui et al. [44]. The authors reported
that excess carbon on C/TiO$_2$ could block the active sites on the photocatalyst’s surface. In turn, Li et al. [45] noticed that excess monosaccharide (glucose) leads to carbon overload on the photocatalyst’s surface. Consequently, the photocatalyst’s surface was covered by a thick layer of carbon, which hindered light absorption and reduced photoactivity [44].

Microorganisms are susceptible to increased levels of reactive oxygen species (ROS). Therefore, they have a mechanism consisting of various enzymatic antioxidants that neutralize the oxidative stress caused by the ROSs. Catalase (CAT) and superoxide dismutase (SOD) are two commonly investigated antioxidant intracellular enzymes that play essential roles in cell protection against reactive oxygen species [46,47]. This part of the work aimed to examine whether sucrose-modified TiO$_2$ affects bacterial enzyme activity. Firstly, the blank experiments involving only bacteria in saline solution were carried out. No changes in bacterial CAT and SOD activity were observed in dark conditions and under ASL irradiation (Figure 9).

Figure 9. Activity of catalase (CAT) and superoxide dismutase (SOD) secreted by E. coli and S. epidermidis in dark conditions under UV-A or ASL: (a) CAT of E. coli; (b) CAT of S. epidermidis; (c) SOD of E. coli; (d) SOD of S. epidermidis.

Under UV-A irradiation, the activity of CAT and SOD presented a slightly increasing trend and then fell back (Figure 9). However, compared to UV-A and the photocatalysts’ combined effect, the observed changes in enzymes activity were low and did not exceed 7% (Figure 9). As reported by Hoerter et al. [48], UV-A light influences the activity of oxidative defense enzymes and induces cytotoxicity dependent on the radiation intensity and dose distribution, not just the total energy dose.

As presented in Figure 10, the tested photocatalysts did not influence CAT and SOD activity during the experiment performed under dark conditions.

The activity levels of both CAT and SOD secreted by E. coli and S. epidermidis in experiments performed under UV-A and ASL irradiation are shown in Figures 11 and 12, respectively.

Exposure to the C/TiO$_2$ stimulated an antioxidative response and triggered CAT and SOD enzyme secretion. The best evidence is increased enzyme activity in the first 30 min of the photocatalytic process. The highest increases in CAT and SOD activity were observed for TiO$_2$-S-1%-100 under UV-A conditions. After 30 min of irradiation, increases of 38% CAT and 26% SOD were noticed (for E. coli). In the case of S. epidermidis, the increases were 35% and 27% for CAT and SOD, respectively (Figures 11 and 12). However, after 60 min, decreases in CAT and SOD activity were detected. Overaccumulation of ROS generated during the photocatalytic process with a saccharose-containing TiO$_2$ overwhelmed the antioxidant capacity of SOD and CAT. After 60 min, the inhibitory rates of CAT were 22% for E. coli and 20% for S. epidermidis, while for SOD the rates were 35% and 30%, respectively. A
similar fluctuation in antioxidant enzyme activity was reported in our previous study using APTES-modified TiO$_2$ [49]. The deactivation kinetics of *Escherichia coli* and superoxide dismutase activity in photoreaction with titanium dioxide particles were examined by Koizumi et al. [49]. The authors suggested that the extremely short lifetime of exogenous oxidative radical species generated during photoreaction induces secondary oxidative stress inside the bacterial cells and causes a reduction in the intracellular superoxide dismutase activity, leading to bacteria death [50]. According to Zhang et al. [51], it is possible that TiO$_2$ nanoparticles bind to catalase via electrostatic or hydrogen bonding forces and induce changes in secondary and tertiary enzyme structures.

**Figure 10.** Influence of tested photocatalysts on the activity levels of bacterial catalase (CAT) and superoxide dismutase (SOD) in dark conditions: (a) CAT of *E. coli*; (b) SOD of *E. coli*; (c) CAT of *S. epidermidis*; (d) SOD of *S. epidermidis*.

**Figure 11.** Influence of tested photocatalysts on the activity of bacterial catalase (CAT): (a) *E. coli* under UV-A; (b) *E. coli* under ASL; (c) *S. epidermidis* under UV-A; (d) *S. epidermidis* under ASL.
The TiO$_2$-S-1%-100 photocatalyst had the most significant antibacterial activity against *E. coli* and *S. epidermidis* and exhibited good stability and reusability. It was also proved that the same disinfection efficiency was obtained after a few cycles. As is presented in Figure 13, TiO$_2$-S-1%-100 remained effective and reusable after four continuous cycles of photocatalytic disinfection.

![Figure 12](image-url). Influence of tested photocatalysts on the activity of bacterial catalase (SOD): (a) *E. coli* under UV-A; (b) *E. coli* under ASL; (c) *S. epidermidis* under UV-A; (d) *S. epidermidis* under ASL.

![Figure 13](image-url). Inactivation of (a) *E. coli* and (b) *S. epidermidis* during the recycled photocatalytic process with TiO$_2$-S-1%-100 under ASL irradiation.

After the fifth cycle, a slightly slower bacteria inactivation was observed. Following five cycles, the decrease in activity might be attributed to bacteria cell deposition on the photocatalyst’s surface (Figure 9). However, it is worth mentioning that TiO$_2$-S-1%-100 exhibited good stability even though it was washed or regenerated.

The photocatalytic inactivation of *E. coli* and *S. epidermidis* suspensions has also been modeled with four kinetic models (Chick–Watson model, modified Chick–Watson model, Hom model and modified Hom model) [52,53]. Based on the analysis of kinetic parameters, the modified Hom kinetic model showed the best fit to the results (a good $R^2$ value, i.e., 0.999). The correlation coefficients ($R^2$) and kinetic constants calculated from the kinetic analyses of four models for both bacteria under UV-A and ASL light are presented in the Supplementary Materials (Tables S1 and S2). According to the Hom kinetic model, the kinetics of the photocatalytic death of *E. coli* and *S. epidermidis* are presented in Figure 14.
"shoulder" is related to an initial induction period where the production of radicals takes place (it lasts until the level of produced radicals becomes harmful to the bacteria) [53]. On the other hand, the least visible is the tail region representing a microbial subpopulation resistant to the disinfection.

However, only a few research articles are available on the different aspects of the monosaccharide (glucose)-modified titania and its photocatalytic properties and applications for water and air purification [23,24,54,55]. This study presents a novel synthetic route using the most common disaccharide–saccharose compounds as precursors for obtaining carbon-doped titania, which has been identified as an excellent way to overcome several of the challenges relating to the solar disinfection process.

3. Materials and Methods

3.1. Preparation of Saccharose-Modified Photocatalysts and Their Characterization

The same crude material (titania) and the same method were applied as described previously [16,17]. Due to an increase in annealing temperature resulting in decreased carbon content, titanium dioxide was treated with saccharose at an annealing temperature of 100 °C [16]. Three carbon-modified photocatalysts were obtained: TiO$_2$-S-1%-100 (1% solution of saccharose), TiO$_2$-S-5%-100 (5% solution of saccharose), and TiO$_2$-S-10%-100.
The carbon source saccharose (C_{12}H_{22}O_{11}) was purchased from Firma (Chempur®, Piekary Śląskie, Poland).

Fourier transform–infrared diffuse reflectance spectra (FTIR/DRS) of photocatalysts were recorded using an FTIR 4200 spectrometer (Jasco International Co. Ltd., Tokyo, Japan) equipped with a DR accessory from PIKE Technologies (Madison, WI, USA). The Brunauer–Emmett–Teller (BET) surface area values of the tested photocatalysts were measured using a low-temperature N\textsubscript{2} adsorption–desorption method with a Quadrasorb SI analyzer (Anton Paar GmbH, Graz, Austria, Germany, previously Quantachrome Instruments, Boynton Beach, FL, USA). The total pore volume (V\textsubscript{total}) was determined based on the adsorbed N\textsubscript{2} after finishing pore condensation at a relative pressure p/p\textsubscript{0} = 0.99. Using the measured isotherm adsorption branches, the micropores volume (V\textsubscript{micro}) was defined using the Dubinin–Radushkevich equation. The mesopore volume (V\textsubscript{meso}) was calculated from the difference between V\textsubscript{total} and V\textsubscript{micro}. The crystalline phase and crystal structure of obtained photocatalysts were analyzed via X-ray diffraction analyses (XRD) carried out with a PANalytical Empyrean X-ray diffractometer (Malvern PANalytical B.V., Almelo, the Netherlands) equipped with Cu K\alpha radiation (λ = 0.154056 nm). The crystallite size was determined using Scherrer’s equation [29]. The elemental contents of carbon in tested photocatalysts were determined using a CN 628 elemental analyzer (LECO Corporation, St. Joseph, MI, USA). The UV–Vis/DR spectra were recorded in the range of 250–800 nm using a V-650 UV–Vis spectrophotometer (JASCO International Co. Ltd., Tokyo, Japan) equipped with an integrating sphere accessory for studying DR spectra. The standard sample BaSO\textsubscript{4} (purity 98%, Avantor Performance Materials Poland S.A., Gliwice, Poland) was used. The values of band gap energies (E\textsubscript{g}) were calculated from the diffuse reflectance data by plotting the Kubelka–Munk function versus h\nu.

To determine hydroxyl radical formation in the presence of C/TiO\textsubscript{2} photocatalysts, the fluorescence technique using terephthalic acid (Acros Organics B.V.A, Gell. Belgium) was applied. For all tests, 0.01 g of the photocatalyst was suspended in 100 mL of the solution of terephthalic acid with an initial concentration of 0.083 g/L. Next, the suspension was exposed continuously to UV-A or ASL irradiation for 90 min. Sampling was performed every 10 min. Finally, the suspension (after filtration through a 0.45 µm membrane filter) was analyzed on a Hitachi F-2500 fluorescence spectrophotometer (Hitachi Group, Tokyo, Japan). The product of terephthalic acid hydroxylation, 2-hydroxyterephthalic acid (2-HTA), was detected as an emission peak at the maximum wavelength of 420 nm, with the excitation wavelength of 314 nm. For comparison, commercially available KRONOClean 7000 (Kronos International, Inc., Dallas, TX, USA) was used as a reference carbon-modified photocatalyst.

3.2. Microbiological Analysis

The antibacterial properties of the photocatalysts toward the Gram-negative Escherichia coli K12 (ATCC 29425) and Gram-positive Staphylococcus epidermidis (ATCC 49461) were determined using the method described previously [16]. The photocatalytic experiments were conducted under UV-A and artificial solar light (ASL). UV-A irradiation was provided by four Phillips Hapro Summer Glow bulbs with the power of 20 W each (Royal Philips, Amsterdam, The Netherlands) and radiation intensity levels of 28.3 W/m\textsuperscript{2} in the spectral range of 300 to 2800 nm and 39.1 W/m\textsuperscript{2} in the spectral range of 280 to 380 nm. A 300 W light bulb (OSRAM Ultra Vitalux, OSRAM GmbH, Munich, Germany) with radiation intensity levels of 9.0 W/m\textsuperscript{2} in the spectral range of 300 to 2800 nm and 258.1 W/m\textsuperscript{2} in the spectral range of 280 to 380 nm was used as an ASL light source. The emission spectra measured using an Ocean Optics USB 4000 spectrometer (Ocean Optics Inc. Dunedin, Fl, USA) are presented in the Supplementary Materials as Figure S1a,b.

A spectrophotometric method was used to determine superoxide dismutase (SOD) and catalase (CAT) activity levels. Assays were performed according to the method described previously [49]. The E. coli and S. epidermidis inactivation kinetics were evaluated with experimental data and four empirical models, namely the Chick–Watson model, modified Chick–Watson model, Hom model and modified Hom model, according to equations...
presented by Marugán et al. [53] and Cho et al. [56]. Analysis of the obtained results was performed using Statistica 13.3. The obtained $R^2$ values from the kinetic analyses are presented in the Supplementary Materials (Tables S1–S4). In addition, the Supplementary Materials present the kinetic constants for *E. coli* and *S. epidermidis* (Tables S5–S8).

### 4. Conclusions

The green synthesis for the C-doped TiO$_2$ using the intermediate product, taken directly from the production line of titanium(IV) oxide and saccharose (sucrose) solutions as the precursors for Ti and carbon sources at a low annealing temperature (100 °C), has been described. It was proven that this approach obtained photocatalysts with good surface characteristics and antibacterial activity under both UV-A and artificial solar light irradiation. Owing to the high bacterial death rate, bacterial oxidative enzyme inhibition and non-toxicity in dark conditions, saccharose-modified titanium dioxide can be applied for water disinfection. The antibacterial activity of C/TiO$_2$ photocatalysts was strongly related to the presence of carbon in the structure of the material. TiO$_2$-S-1%-100 containing 0.53 wt.% of carbon possessed the highest antibacterial activity against Gram-negative and Gram-positive model microorganisms presented in water. Moreover, it was proven that using widely available sucrose as the carbon precursor and a simple method without assembly and filling steps for fabrication of C-doped TiO$_2$ active under artificial solar light (ASL) is possible. Hence, saccharose, as with D-glucose- and D-fructose-modified titania, can be implemented in UV-A or solar irradiation systems as an effective, inexpensive and safe photocatalytic disinfectant for industrial uses.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/ijms23094719/s1.

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