Morphometric Analysis of Infraorbital Foramen in the Telangana Population

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Abstract
Introduction: The infraorbital foramen gives passage to the infraorbital nerve and vessels. The infraorbital nerve needs to be blocked to anaesthetise lower eyelid, lateral nose, upper lip, upper teeth and gingivae for various dental treatments or maxillofacial surgical procedures. The present study was undertaken to determine the size and location of the infraorbital foramen in Telanagana population.

Subjects and Methods: The study was conducted on 52 skulls. The size was determined by taking maximum vertical and maximum transverse diameters. The location of the infraorbital foramen was determined by measuring the distance between the centre of the foramen and infraorbital margin, the distance from the centre of the foramen to piriform aperture, and the distance from the centre of the foramen to anterior nasal spine.

Results: The mean vertical and transverse diameter of the infraorbital foramen was 3.57 mm and 2.88 mm on the right side and 3.18 mm and 2.98 mm on the left side respectively. The mean distance from the centre of the infraorbital foramen to infraorbital margin, anterior nasal spine and piriform aperture was 7.31 mm, 32.46 mm and 16.57 mm on the right side and 7.27 mm, 31.70 mm and 16.13 mm on the left side respectively.

Conclusion: Knowledge about the exact size and location of the infraorbital foramen will be useful for the dental and maxillofacial surgeons to blocking the infraorbital nerve and also while performing various therapeutic procedures in this region.

Keywords: Infraorbital nerve block, infraorbital foramen, piriform aperture, anterior nasal spine, infraorbital margin.

Introduction
Infraorbital foramen is situated on the anterior surface of the maxilla below the infraorbital margin which gives passage to infraorbital nerve and vessels.1 Infraorbital nerve is a continuation of maxillary nerve which is purely sensory in function. The infraorbital nerve divides into 3 terminal branches palpebral, nasal, and labial branches after coming out from the foramen. The infraorbital nerve innervates the lower eye lid and conjunctiva, external surface of nose including ala of the nose, the upper lip, upper incisors, canine, premolars, and mesiobuccal root of the first molar on the ipsilateral side of the face.1

The exact location of the infraorbital foramen is very important as it is useful in the acupuncture to treat trigeminal neuralgia, to minimise the risk of orbital surgeries and zygoma fractures.2-5 The infraorbital plexus region is considered as the risk zone during the plastic surgeries.6 The morphometric analysis of the infraorbital foramen is essential to get success in the regional anesthesia by blocking the infraorbital nerve.7-9 The Infraorbital nerve is blocked through infraorbital foramen and infraorbital canal to anesthetize the lower eyelid, lateral part of external nose, upper lip, maxillary teeth and related gingivae. The regional anesthesia of infraorbital nerve is essential for the diagnostic, therapeutic, surgical procedures in the maxillofacial region.9 The therapeutic infraorbital nerve blocks are used in severe trigeminal neuralgia where the condition is nonresponsive to the medication.10 The infraorbital nerve block is not preferred by the dentists because of the increase risk of damage to the eye.11

The proper knowledge on the size and location of the infraorbital foramen is very much essential for the dentists, maxillofacial surgeons and plastic surgeons. The present study was focused on the determination of the size, location of the infraorbital foramen in Telangana population.

Subjects and Methods
The present study was a cross sectional study consisting of 52 adult dry human skulls. All these skulls were collected from the department of Anatomy, Mahaveer Institute of Medical Sciences, Vikarabad. Damaged skulls especially in the infraorbital region were excluded from the study. The size of the infraorbital foramen was determined by measuring the vertical and the horizontal diameters of the infraorbital foramen [Figure 1 & 2]. The location of the
infraorbital foramen was determined by measuring the distance from the centre of the infraorbital foramen to infraorbital margin [Figure 3], distance from the centre of the infraorbital foramen to anterior nasal spine [Figure 4], distance from the centre of the infraorbital foramen to piriform aperture [Figure 5]. The measurements were taken by the digital vernier calipers.
Results

In the present study the size of the infraorbital foramen was determined by taking maximum vertical diameter and maximum transverse diameter. The average vertical diameter of the infraorbital foramen was $3.57 \pm 0.85$ mm on the right side and $3.18 \pm 0.83$ mm on the left side. The average transverse diameter of the infraorbital foramen was $2.88 \pm 0.62$ mm on the right side and $2.98 \pm 0.59$ mm on the left side. The average distance from the centre of the infraorbital foramen to infraorbital margin was $7.31 \pm 1.54$ mm on the right side and $7.27 \pm 1.43$ mm on the left side. The average distance from the centre of the infraorbital foramen to anterior nasal spine was $32.46 \pm 2.55$ mm on the right side and $31.70 \pm 2.36$ mm on the left side. The average distance from the centre of the infraorbital foramen to piriform aperture was $16.57 \pm 1.90$ mm on the right side and $16.13 \pm 1.71$ mm on the left side. There was no significant difference between the right and left sides in all the parameters [Figure 6].

Discussion

The infraorbital nerve is considered as a prime candidate nerve for regional nerve block in local anaesthesia as it provides sensory innervation to the considerably large area extending from the lower eyelid to the upper lip. The localization of the infraorbital foramen is very much essential to the infraorbital nerve and vessels emerge out through it. Identification of the location of the infraorbital nerve is very important during the surgeries of maxillofacial region, maxillary air sinus and also while administering the infraorbital nerve block. Injury to the infraorbital nerve may cause significant morbidity such as the numbness or sensory loss of the infra orbital region including the lateral wall of nose and upper lip.\textsuperscript{[12,23]}
The size of the infraorbital foramen was determined by measuring the maximum vertical and horizontal diameters. The vertical diameter in the present study was 3.57 ± 0.85 mm on its right side and 3.18 ± 0.83 mm on its left side. The maximum horizontal diameter in the present study was 2.88 ± 0.62 mm on the right side and 2.98 ± 0.59 mm on the left side which were similar to the results of the other studies by Deepthi Nanayakkara et al., Rajani Singh et al., Supriya Garapati et al., and Boopathi et al., but little smaller that the study by Kopal Saini et al., where they reported the mean vertical diameter as 4.3 ± 0.95 mm and the mean horizontal or transverse diameter as 3.60 ± 0.84 mm.\[11,14-17\]

In the present study the distance from the infra orbital foramen to infra orbital margin was 7.31 ± 1.54 mm on the right side and 7.27 ± 1.43 mm on the left side which were similar with the results of K K Gour et al., Hussain Sahib et al., and Kazkaysi M et al., and they reported it as 7.39 ± 1.63 mm, 7.13 ± 1.78 mm and 7.19 ± 1.39 mm respectively.\[12,10,18\] Ilayperma et al., reported the distance between the infraorbital foramen and the infraorbital margin as 10.56 ± 1.94 mm in males and 9.02 ± 1.58 mm in females in Srilanka population. and Apinhasmit et al., reported it as 9.53 ± 2.23 mm in males and 8.71 ± 1.51 mm in females in Thaiand population.\[19,20\] These values were much higher than the results of the present study.

The mean distance between the infraorbital foramen to piriform aperture was 16.57 ± 1.90 mm on the right side and 16.13 ± 1.71 mm on the left side which were similar with other studies by Rajani singh et al., Lokanayaki et al., and Tilak Raj et al., but little higher that the studies by M G Elias, Oliveira J et al., and little lower than the values reported by Kopal Saini et al., and Supriya Garapati et al., as described in the [Table 1].\[15-17,21-24\]

The mean distance between the infraorbital foramen and the anterior nasal spine in the present study was 32.46 ± 2.55 mm on the right side and 31.70 ± 2.36 mm on the left side. These values were smaller than the other studies by Ekambaram et al., who reported it as 36.3 mm on the right side and 36mm on the left side in males and 34.31 mm on the right side and 33.01 on the left side in females. Aghthon et al., reported it as 34.8 mm and 35mm on the right and the left sides respectively in males and 32.8 mm and 33.1 mm on the right and the left sides respectively in females, which were nearer to the results of the present study.\[25,26\]

**Conclusion**

The results of the present study provides the knowledge about the exact size and location of the infraorbital foramen which will be useful for the dental and maxillofacial surgeons, plastic surgeons who deal with the infraorbital region to blocking the infraorbital nerve and also while performing various surgical or therapeutic procedures in this region.

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