Extrapolation for Large-batch Training in Deep Learning

Tao Lin * 1 Lingjing Kong * 1 Sebastian U. Stich 1 Martin Jaggi 1

Abstract
Deep learning networks are typically trained by Stochastic Gradient Descent (SGD) methods that iteratively improve the model parameters by estimating a gradient on a very small fraction of the training data. A major roadblock faced when increasing the batch size to a substantial fraction of the training data for improving training time is the persistent degradation in performance (generalization gap). To address this issue, recent work propose to add small perturbations to the model parameters when computing the stochastic gradients and report improved generalization performance due to smoothing effects. However, this approach is poorly understood; it requires often model-specific noise and fine-tuning.

To alleviate these drawbacks, we propose to use instead computationally efficient extrapolation (extragradient) to stabilize the optimization trajectory while still benefiting from smoothing to avoid sharp minima. This principled approach is well grounded from an optimization perspective and we show that a host of variations can be covered in a unified framework that we propose. We prove the convergence of this novel scheme and rigorously evaluate its empirical performance on ResNet, LSTM, and Transformer. We demonstrate that in a variety of experiments the scheme allows scaling to much larger batch sizes than before whilst reaching or surpassing SOTA accuracy.

1. Introduction
The workhorse training algorithm for most machine learning applications—including deep learning—is Stochastic Gradient Descent (SGD). Recently, data parallelism has emerged in deep learning, where large-batch (Goyal et al., 2017) is used to reduce the gradient computation rounds so as to accelerate the training. However, in practice, these large-batch variants suffer from severe issues of test quality loss (Shallue et al., 2018; McCandlish et al., 2018; Golmant et al., 2018), which voids obtained computational advantage. While still not completely understood, recent research has linked part of this loss of efficiency to the existence of sharp minima. In contrast, landscapes with flat minima have in empirical studies shown generalization benefits (Keskar et al., 2016; Yao et al., 2018; Lin et al., 2020), though this topic is still actively debated (Dinh et al., 2017).

Another line of research tries to understand general deep learning training from an optimization perspective, in terms of the optimization trajectory in the loss surface (Neyshabur, 2017; Jastrzebski et al., 2020). Golatkar et al. (2019) empirically show that regularization techniques only affect early learning dynamics (initial optimization phase) but matter little in the final phase of training (converging to a local minimum), similar to the critical initial learning phase described in (Achille et al., 2019) and the break-even point analysis on the entire optimization trajectory of Jastrzebski et al. (2020).

These new insights are consistent with empirically developed techniques for the SOTA large-batch training. For example, gradual learning rate warmup for the first few epochs (Goyal et al., 2017; You et al., 2019) is often used; and in local SGD (Lin et al., 2020) for better generalization, stochastic noise injection is only applied after the first phase of training (post-local SGD).

These discussions on optimization and generalization motivate us to answer the following questions when using or developing large-batch techniques for better training: Does the proposed technique improve (initial) optimization, or help to converge to a better local minimum, or both? How and when should we apply the technique?

In this paper, we first revisit the classical smoothing idea (which was recently attributed to avoiding sharp minima in deep learning (Wen et al., 2018; Haruki et al., 2019)) from optimization perspective. We then propose a computationally efficient local extragradient method as a way of smoothing for distributed large-batch training, referred to as EXTRAP-SGD; we further extend it to a general framework (extrapolated SGD) for distributed training. We thoroughly evaluate
our method on diverse tasks to understand how and when it improves the training in practice. Our empirical results justify the benefits of EXTRAP-SGD, and explain the effects of smoothing ill-conditioned loss landscapes as to exhibit more well-behaved regions, which contain multiple solutions of good generalization properties (Garipov et al., 2018). We show the importance of using EXTRAP-SGD in the critical initial optimization phase, for the later convergence to better local minima; the conjecture is verified by the combination with post-local SGD, which achieves SOTA large-batch training. Our main contributions can be summarized as follows:

- We propose EXTRAP-SGD and extend it to a unified framework (extrapolated SGD) for distributed large-batch training. Extensive empirical results on three benchmarking tasks justify the effects of accelerated optimization and better generalization.
- We provide convergence analysis for methods in the proposed framework, as well as the SOTA large batch training method (i.e. mini-batch SGD with Nesterov momentum). Our analysis explains the large batch optimization inefficiency (diminishing linear speedup) observed in previous empirical work.

2. Related Work

Large-batch training. The test performance degradation (often denoted as generalization gap) caused by large batch training has recently drawn significant attention (Keskar et al., 2016; Hoffer et al., 2017; Shallue et al., 2018; Masters & Luschi, 2018). Hoffer et al. (2017) argue that the generalization gap in some cases can be closed by increasing training iterations and adjusting the learning rate proportional to the square root of the batch size. Goyal et al. (2017) argue the poor test performance is due to the optimization issue; they try to bridge the generalization gap with the heuristics of linear scale-up of the learning rate during training or during a warmup phase. You et al. (2017) propose Layer-wise Adaptive Rate Scaling (LARS) for better optimization and scaling to larger mini-batch sizes; but the generalization gap does not vanish. Lin et al. (2020) further propose post-local SGD on top of these optimization techniques to inject stochastic noise (to mimic the training dynamics of small batch SGD) during the later training phase.

In addition to the techniques developed for improving optimization and generalization, the optimization ineffective-ness (in terms of required training steps-to-target performance) of large-batch training has been observed. Shallue et al. (2018); McCandlish et al. (2018); Golmant et al. (2018) empirically demonstrate the existence of diminishing linear speedup region across different domains and architectures. Such a limit is also theoretically characterized in (Ma et al., 2017; Yin et al., 2017) for mini-batch SGD in the convex setting.

Smoothing the “sharp minima”. Some research links generalization performance to flatness of minima. Entropy SGD (Chaudhari et al., 2017) proposes Langevin dynamics in the inner optimizer loop to smoothen out sharp valleys of the loss landscape. From the perspective of large-batch training, Wen et al. (2018) perform “sequential averaging” over models perturbed by isotropic noise, as a way to combat sharp minima. Haruki et al. (2019) claim that injecting different anisotropic stochastic noises on local workers can smoothen sharper minima. However, the claimed “sharper minima” is debatable (Dinh et al., 2017); it is also unclear whether the improved results are due to obtained flatter local minima or improved initial optimization brought by smoothing. We defer detailed discussion to Section 3.2 and 5.2.

Smoothing in classical optimization. Randomized smoothing has a long history in the optimization literature, see e.g. Nesterov (2011); Duchi et al. (2012); Scaman et al. (2018) which show that a faster convergence rates can be achieved by convolving non-smooth convex functions with Gaussian noise. In contrast to non-smooth convex functions, we focus on the smooth non-convex functions, motivated by deep neural networks.

Extragradient methods and optimization stability. Another useful building block from optimization is the extragradient method, which is a well-known technique to stabilize the training at each iteration by approximating the implicit update. The method was first introduced in (Korpelevich, 1976) and extended to many variants, e.g. mirror-prox (Nemirovski, 2004), Optimistic Mirror Descent (OMD) (Juditsky et al., 2011) (using past gradient information), extragradient method with Nesterov momentum (Diakonikolas & Orecchia, 2017). Recently its stochastic variants have found new applications in machine learning, e.g., Generative Adversarial Network (GAN) training (Daskalakis et al., 2017; Gidel et al., 2018; Chavdarova et al., 2019; Mishchenko et al., 2019), and low bit model training (Leng et al., 2017).

On the theoretical side, several papers analyze the convergence of stochastic variants of extragradient. Juditsky et al. (2011) study stochastic mirror-prox under restrictive assumptions. Xu et al. (2019) analyze stochastic extragradient in a more general non-convex setting and demonstrate tighter upper bounds than mini-batch SGD, when using mini-batch size $O(1/\epsilon^2)$. Mishchenko et al. (2019) revisit and slightly extend the stochastic extragradient for better implicit update approximation. However, their work focuses on min-max GAN training and argues the stochastic extragradient method might not be better than SGD for traditional function minimizations tasks. Our work is the first that com-
bines the idea of Nesterov momentum and extragradient (from past information) for stochastic optimization in the setting of distributed training.

3. Optimization with Extrapolation

Problem Setting and Notation. We consider sum-structured optimization problems of the form \( \min_{x \in \mathbb{R}^d} f(x) := \frac{1}{N} \sum_{i=1}^{N} f_i(x) \), where \( x \) denotes the parameters of the model (neural networks in our case), and \( f_i \) denotes the loss function of the \( i \)-th (out of \( N \)) training data examples. To introduce our notation, we recall a standard update of mini-batch SGD at iteration 1,

\[
x_{t+1} := x_t - \gamma_t \left[ \frac{1}{N} \sum_{i \in I_t^k} \nabla f_i(x_t) \right].
\]

Here \( I_t^k \) denotes a subset of the training points selected on device \( k \) (typically selected uniformly at random) and we denote by \( B := \left| I_t^k \right| \) the local mini-batch size and by \( \gamma_t \) the step-size (learning rate).

3.1. Accelerated (Stochastic) Local Extragradient for Distributed Training

Motivated by the idea of randomized smoothing in the classic optimization literature (as for reducing the Lipschitz constant of the gradient), we here introduce the novel idea of using extragradient locally, as a way of smoothing loss surface, for efficient distributed large-batch training.

The original idea of extrapolation (or extragradient (Korpelevich, 1976)) was developed to stabilize optimization dynamics on saddle-point problems for a single worker, such as e.g. in GAN training (Gidel et al., 2018; Chavdarova et al., 2019). The idea is to compute the gradient at an extrapolated point, different from the current point from which the update will be performed:

\[
x_{t+\frac{1}{2}} = x_t - \gamma \nabla f(x_t), \quad x_{t+1} = x_t - \gamma \nabla f(x_{t+\frac{1}{2}}).
\]

This step is intrinsically different from the well-known and widely used accelerated method (i.e. Nesterov momentum):

\[
x_{t+\frac{1}{2}} = x_t + u \nabla v, \quad v_{t+1} = u \nabla v - \gamma \nabla f(x_{t+\frac{1}{2}}),
\]
\[
x_{t+1} = x_{t+\frac{1}{2}} - \gamma \nabla f(x_{t+\frac{1}{2}}),
\]

where here \( 1 > u \geq 0 \) denotes the momentum parameter. The key difference lies in the lookahead step for the gradient computation of these two methods.

Considering different extrapolated local models (with Nesterov momentum) under the distributed training, \( \text{EXTRAP-SGD} \) combines the effects of randomized smoothing and the stabilized optimization dynamics through extrapolation. Our \( \text{EXTRAP-SGD} \) follows the idea of extrapolating from the past (currently only used for single worker training (Gidel et al., 2018; Daskalakis et al., 2017)), as a means to avoid additional cost for gradients used to form an extrapolation point. The \( \text{EXTRAP-SGD} \) method is detailed in Algorithm 1, where the previous local gradients are used for the extrapolation and the superscript \( k \) stresses that local models are different. Using the past local mini-batch gradients for extrapolation allows the extrapolation scale \( \tilde{\gamma} \) to directly take on the learning rate used for small mini-batch training with size \( B \), thus avoids the difficulty of hyper-parameter tuning. Note that setting \( \tilde{\gamma} = 0 \) in Algorithm 1 recovers the SOTA large batch training method, i.e., mini-batch SGD with Nesterov momentum.

To the best of our knowledge, it is the first time such an extragradient method is used locally with Nesterov Momentum under the framework of smoothing, for accelerated and smoothed distributed optimization.

Algorithm 1 \text{EXTRAP-SGD}

\[\begin{align*}
\text{input:} & \quad \text{learning rate } \gamma, \text{ inner learning rate } \tilde{\gamma}, \text{ momentum factor } u, \text{ initial parameter } x_0, \text{ initial moment vector } v_0 = 0, \text{ step time } t = 0, \text{ worker index } k. \\
1: & \quad \text{while } x_t \text{ not converged do} \\
2: & \quad x_{t+\frac{1}{2}} = x_t - \frac{\tilde{\gamma}}{\gamma} \sum_{i \in I_t^k} \nabla f_i(x_{t+\frac{1}{2}}) \Rightarrow \text{extrapolation step} \\
3: & \quad x_{t+1} = x_{t+\frac{1}{2}} + u v_t \Rightarrow \text{Nesterov momentum} \\
4: & \quad v_{t+1} = u v_t - \gamma \nabla f_i(x_{t+\frac{1}{2}}) \Rightarrow \text{update buffer} \\
5: & \quad x_{t+1} = x_t + v_{t+1} \Rightarrow \text{actual update} \\
6: & \quad \text{end while} \\
\text{output:} & \quad x_t.
\end{align*}\]

3.2. Unified Extrapolation Framework

Our Algorithm 1 can be extended to a more general extrapolation framework for distributed training, by using diverse extrapolation choices \( \zeta_t^k \). It is achieved by replacing line 2 in Algorithm 1 by \( x_{t+\frac{1}{2}}^k = x_t - \tilde{\gamma} \zeta_t^k \). We denote our framework as \( \text{extrapolated SGD} \), covering different choices of noise \( \zeta_t^k \) (e.g. Gaussian noise, uniform noise, and stochastic gradient noise) and \( \text{EXTRAP-SGD} \) (past mini-batch gradients). We detail some choices of \( \zeta_t^k \) below and use them as our close baselines for \( \text{EXTRAP-SGD} \):

- \( \zeta_t^k \) as a form of isotropic noise. The noise can be sampled from e.g. an isotropic Gaussian or uniform distribution. Following the idea of Li et al. (2017), the strength of noises added to a filter can be linearly scaled by the \( l_2 \) norm of the filter, instead of fixing a constant perturbation strength over different layers. Formally, the scaled noise \( \zeta_t^k \) of \( j \)-th filter at layer \( i \) on worker \( k \) follows \( \| x_{s,t,i,j} \| \cdot \tilde{\gamma} \zeta_t^k \| / l_2 \). A similar idea was proposed in SmoothOut (Wen et al., 2018), corresponding to letting \( \zeta_t^k := \zeta_t \) in our framework.
- \( \zeta_t^k \) as a form of anisotropic noise. Kleinberg et al. (2018) interpret sequential SGD updates as GD with stochastic

\[\text{Algorithm 1 \text{EXTRAP-SGD}}\]

\[\begin{align*}
\text{input:} & \quad \text{learning rate } \gamma, \text{ inner learning rate } \tilde{\gamma}, \text{ momentum factor } u, \text{ initial parameter } x_0, \text{ initial moment vector } v_0 = 0, \text{ step time } t = 0, \text{ worker index } k. \\
1: & \quad \text{while } x_t \text{ not converged do} \\
2: & \quad x_{t+\frac{1}{2}} = x_t - \frac{\tilde{\gamma}}{\gamma} \sum_{i \in I_t^k} \nabla f_i(x_{t+\frac{1}{2}}) \Rightarrow \text{extrapolation step} \\
3: & \quad x_{t+1} = x_{t+\frac{1}{2}} + u v_t \Rightarrow \text{Nesterov momentum} \\
4: & \quad v_{t+1} = u v_t - \gamma \nabla f_i(x_{t+\frac{1}{2}}) \Rightarrow \text{update buffer} \\
5: & \quad x_{t+1} = x_t + v_{t+1} \Rightarrow \text{actual update} \\
6: & \quad \text{end while} \\
\text{output:} & \quad x_t.
\end{align*}\]

\[\text{Algorithm 1 \text{EXTRAP-SGD}}\]
We now turn to the theoretical convergence analysis, i.e. we which also includes the SOTA practical training algorithm).

(Bounded Gradient Variance)

Assumption 2

(Unbiased Stochastic Gradients)

The side effects of these noise extrapolation variants are the training setup sensitivity, causing the hyperparameter tuning difficulty and limited practical applications. For example, the isotropic noise requires to manually design the noise distribution for each model and dataset; the anisotropic noise distribution will be dynamically varied by different choices of the number of workers, the local mini-batch size, and the objective of the learning task (Zhang et al., 2019).

Despite the existence of variants (Wen et al., 2018; Haruki et al., 2019) and their reported empirical results2, none of them has analyzed their convergence behaviors. In the next section, we provide rigorous convergence analysis for our algorithm for distributed training (illustrated in Algorithm 1, which also includes the SOTA practical training algorithm). In Section 5, we empirically evaluate all related methods to better understand the benefits of using extrapolation with smoothing for distributed large-batch training.

4. Theoretical Analysis of Nesterov Momentum and EXTRAP-SGD

We now turn to the theoretical convergence analysis, i.e. we derive an upper bound on the number of iterations to find an approximate solution with small gradient norm.

Following the convention in distributed stochastic optimization, We denote by $f^*$ a lower bound on the values of $f(x)$ and use the following assumptions:

Assumption 1 (Unbiased Stochastic Gradients). \( \forall i \in [N], t \in [T], \) it holds \( \mathbb{E}[\nabla f_i(x_t)] = \nabla f(x_t) \).

Assumption 2 (Bounded Gradient Variance). \( \exists \sigma^2 > 0, \forall i \in [N], t \in [T], \) s.t. \( \mathbb{E}[\|\nabla f_i(x_t) - \nabla f(x_t)\|^2] \leq \sigma^2 \).

Here \( \sigma^2 \) quantifies the variance of stochastic gradients at each local worker and we assume workers access IID training dataset (e.g., data center setting).

Assumption 3 (Lipschitz Gradient). \( \exists L > 0, \) s.t. \( \forall x, y \in \mathbb{R}^d, i \in [N], \) the objective function \( f_i : \mathbb{R}^d \rightarrow \mathbb{R} \) satisfies the following condition \( \|\nabla f_i(x) - \nabla f_i(y)\| \leq L \|x - y\| \).

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The empirical results of Haruki et al. (2019) are not solid. Taking the results of CIFAR-10 for mini-batch size 8,192 into account and use three trials’ experimental results for the same choice of \( \xi \) (e.g. layerwise uniform noise) as an example, our experimental results can reach reasonable test top-1 accuracy (at around 91), much better than their presented results (at around 63).

4.1. Analysis for Mini-batch SGD (with Nesterov Momentum)

In this section we first recall the known convergence guarantees for mini-batch SGD (without momentum) on non-convex functions for later reference, and then derive new guarantees for mini-batch SGD with Nesterov momentum.

**Theorem 4.1** (Convergence of stochastic distributed mini-batch SGD for non-convex functions (Ghadimi & Lan, 2016)). Under Assumptions 1–3, for mini-batch gradient updates, each using \( K \) samples, the mini-batch SGD returns an iterate \( x \) satisfying

\[
\mathbb{E}[\|\nabla f(x)\|^2] \leq O \left( \frac{L(f(x_0) - f^*)}{\sqrt{KBT}} \right).
\]

The second term in the rate is asymptotically dominant as \( KB = O(\frac{\sigma^2 T}{L(f(x_0) - f^*)}) \). In this regime, increasing the mini-batch size gives a linear speedup, as \( T = O(\frac{\sigma^2 L(f(x_0) - f^*)}{KB}) \) decreases in \( KB \), as similarly pointed out by Wang & Srebro (2017). However, when we increase the mini-batch size beyond this critical point, the first term dominates the rate and increasing the mini-batch size further will have less impact on the convergence. This phenomenon has also been empirically verified in deep learning applications (Shallue et al., 2018).

In practice, mini-batch SGD with Nesterov momentum (Nesterov, 1983) is the state-of-the-art deep learning training scheme. However, previous theoretical analysis normally relies on the strong assumption of the bounded mini-batch gradients (Yan et al., 2018). Here we provide a better convergence analysis without such an assumption for distributed mini-batch SGD with Nesterov momentum following closely Yu et al. (2019). The convergence rate is detailed in Theorem 4.2, and for the proof details we refer to Section A of Appendix I.

**Theorem 4.2** (Convergence of mini-batch SGD with Nesterov momentum for non-convex functions). Under Assumption 1–3, for mini-batch SGD with Nesterov momentum, i.e., \( x_{t+\frac{1}{2}} = x_t + \nu v_t, v_{t+1} = \nu v_t - \frac{\gamma}{KB} \sum_{k=1}^K \nabla f_i(x_{t+\frac{1}{2}}), x_{t+1} = x_t + v_{t+1}, \) we can show that for optimally tuned stepsize (cf. Lemma A.4)

\( \gamma \leq \frac{2(1-u)^2}{2L^2(T+1)} \),

it holds

\[
\mathbb{E}[\|\nabla f(x)\|^2] \leq O \left( \frac{Lr_0(u^2+1)}{T(u^{-1})} + \sqrt{\frac{2Lr_0\sigma^2}{KB^2(u^{-1})}} \right),
\]

where here \( x \) denotes a uniformly at random selected \( x_{t+\frac{1}{2}} \) iterate, i.e. \( \frac{1}{T} \sum_{t=0}^{T-1} \|\nabla f(x_{t+\frac{1}{2}})\|^2 \), and \( r_0 := f(x_0) - f^* \).

The second term is asymptotically dominant as long as \( KB = O \left( \frac{\sigma^2 T}{L(f(x_0) - f^*)} \right) \) and for small \( K \) we can achieve the linear speedup where \( T = O \left( \frac{L\sigma^2 T}{r_0} \right) \).
We here tune the stepsize differently and show a tighter bound that holds for all $T$, providing a better critical mini-batch size analysis (diminishing linear speedup in terms of optimization) for mini-batch SGD with Nesterov momentum (Shallue et al., 2018).

### 4.2. Convergence of EXTRAP-SGD

In this subsection, we show the convergence analysis for our novel EXTRAP-SGD for non-convex functions. We also include the analysis for other noise variants of extrapolated SGD, which explains their potential limitations. The proof details can be found in the Section B of Appendix I.

**Theorem 4.4** (Convergence of EXTRAP-SGD for non-convex functions). Under Assumption 1–3, and by defining $\bar{x}_{t+1} := \frac{1}{T} \sum_{k=1}^{T} x_{t+1}^k$, it holds for $\gamma \leq \frac{u^2}{(1-u)^2 \gamma}$ and $\gamma_{\max} = \frac{(1-u)^2}{L(1+3u+u^2)}$:

$$
\mathbb{E}_T \left[ \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+1}) \right\|^2 \right] 
\leq \frac{2(1-u)}{\gamma T} \mathbb{E}_f \left[ f(x_0) - f(x^*) \right] 
+ \left( \frac{4\gamma^2 u^2}{\sigma^2} + \frac{\gamma L(1+3u)}{(1-u)^2 BR} \right) \sigma^2.
$$

**Remark 4.5.** Using past local gradients for extrapolation in EXTRAP-SGD allows us to directly set $\gamma = \frac{u^2}{(1-u)^2 \gamma}$ for EXTRAP-SGD, where the constraint of $\gamma \leq \frac{1}{(1-u)^2 \gamma}$ is normally satisfied.

**Corollary 4.6.** Considering Theorem 4.4 and tuning the stepsize as in Lemma A.4, with $\gamma \leq \frac{1}{L(1+3u+u^2)}$ and $\gamma_{\max} \leq \frac{(1-u)^2}{K}$, and $r_0 := f(x_0) - f^*$, we can rewrite the convergence rate of Theorem 4.4 as

$$
\mathbb{E}_T \left[ \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+1}) \right\|^2 \right] 
= \mathcal{O} \left( 4(u^3 + 3u + 1) \frac{r_0}{(1-u)} + 2 \sqrt{\frac{(19u+1)(1-u)}{(u^3+3u+1) K B T(1-u)}} \right).
$$

The second term is asymptotically dominant as long as $KB = \mathcal{O}(\frac{(19u+1)(1-u)}{(u^3+3u+1)^3} \frac{L}{(x_0) - f^*})$ and for small $K$ we can achieve the linear speedup where $T = \mathcal{O}(\frac{L \sigma^2 (f(x_0) - f^*)}{KB r_0^2} \frac{19u+1}{(u^3+3u+1)(1-u)}).

**Remark 4.7.** By setting $u = 0$, we recover the same rates for EXTRAP-SGD in non-convex cases (Theorem 4.2 and Corollary 4.6) as for standard mini-batch SGD (Theorem 4.1) but we cannot show an actual speedup over mini-batch SGD by setting $u > 0$. However, thus might not necessarily be a limitation of our approach as to the best of our knowledge, there exist so far no theoretical results for stochastic momentum methods that can show a speedup over mini-batch SGD.

The analysis below extends the proof of EXTRAP-SGD to the other cases of our extrapolated SGD framework.

**Theorem 4.8.** Under the extrapolation framework, IID random noise $c_k$ (instead of the past local mini-batch gradients in Algorithm 1) is used for the local extrapolation, where $\mathbb{E}_f \left[ c_k^2 \right] = 0$ and $\mathbb{E}_f \left[ \left\| c_k^2 \right\|^2 \right] \leq \hat{\sigma}^2$. Under Assumption 1–3, it holds for $\gamma \leq \frac{(1-u)^2}{L(1+u+u^2)}$:

$$
\mathbb{E}_T \left[ \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+1}) \right\|^2 \right] 
\leq \frac{2(1-u)}{\gamma T} \mathbb{E}_f \left[ f(\hat{y}_0) - f(\hat{y}_T) \right] 
+ \frac{(1-u)uL}{(1-u)^2 BR} \hat{\sigma}^2 + (L^2 + (1-u)^2 L)2\hat{\sigma}^2 T \hat{\sigma}^2.
$$

**Remark 4.9.** The choice of using random noise for extrapolation in Theorem 4.8 requires the manual introduction of the noise distribution ($\hat{\sigma}^2$) for each problem setup. The dependence on the unknown relationship between $\hat{\sigma}^2$ and $\sigma^2$ results in the difficulty of providing a concise convergence analysis (e.g. exact convergence rate, the critical mini-batch size) for Theorem 4.8.

### 5. Experiments

We first briefly outline the general experimental setup below (for more details refer to Appendix C) and then thoroughly evaluate our framework on different challenging large-batch training tasks. We aim to challenge and push the limit of large-batch training. We limit our attention to three standard and representative benchmarking tasks, with a controlled epoch budget (for each task). We ensure the used mini-batch size is a significant fraction of the whole dataset. Performing experiments on a much larger dataset for the same demonstration purposes is out of our computational ability\(^3\).

#### 5.1. Experimental Setup

**Datasets.** We evaluate all methods on the following three tasks: (1) Image Classification for CIFAR-10/100 (Krizhevsky & Hinton, 2009) (50K training samples and 10K testing samples with 10/100 classes) with the standard data augmentation and preprocessing scheme (He et al., 2016; Huang et al., 2016b); (2) Language Modeling for WikiText2 (Merity et al., 2016) (the vocabulary size is 33K, and its train and validation set have 2 million tokens and 217K tokens respectively); and (3) Neural Machine Translation for Multi30k (Elliott et al., 2016).

**Models and training schemes.** Several benchmarking models are used in our experimental evaluation. (1) ResNet-152 for ImageNet (Russakovsky et al., 2015) with 1.28 million data samples in total, the same fraction would result in roughly 800 workers for local mini-batch of size 256.
Extrapolation for Large-batch Training in Deep Learning

Figure 1. Understanding the learning behaviors of different methods on the large-batch training (with mini-batch size 8, 192 on 32 workers) for training ResNet-20 on CIFAR-10. The visualization of smoothness in Figure 1(b) follows the idea in (Santurkar et al., 2018; Haruki et al., 2019); it takes 8 additionally steps (each with 30% of the update) in the direction of the update for each training step, and the smoothness of a training step is expressed by the maximum value of $L$ (evaluated after local update steps) satisfying the Assumption 3. We use the learning rate scaling and warmup in Goyal et al. (2017) for the first 5 epochs, and $\gamma$ and $\tilde{\gamma}$ are fine-tuned for different methods.

20 (He et al., 2016) and VGG-11 (Simonyan & Zisserman, 2014) on CIFAR for image classification, (2) two-layer LSTM (Merity et al., 2017) with hidden dimension of size 128 on WikiText-2 for language modeling, and (3) a down-scaled transformer (factor of 2 w.r.t. the base model in Vaswani et al. (2017)) for neural machine translation. Weight initialization schemes for the three tasks follow Goyal et al. (2017); He et al. (2015), Merity et al. (2017) and Vaswani et al. (2017) respectively.

We use mini-batch SGD with a Nesterov momentum of 0.9 without dampening for image classification and language modeling tasks, and Adam for neural machine translation tasks. In the following experiment section, the term “mini-batch SGD” indicates the mini-batch SGD with Nesterov momentum unless mentioned otherwise.

For experiments on image classification and language modeling, unless mentioned otherwise the models are trained for 300 epochs; the local mini-batch sizes are set to 256 and 64 respectively. By default, all related experiments will use learning rate scaling and warmup scheme$^4$ (Goyal et al., 2017; Hoffer et al., 2017). The learning rate is always gradually warmed up from a relatively small value for the first few epochs. Besides, the learning rate $\gamma$ in image classification task will be dropped by a factor of 10 when the model has accessed 50% and 75% of the total number of training samples (He et al., 2016; Huang et al., 2016a). The LARS is only applied on image classification task$^5$ (You et al., 2017).

For experiments on neural machine translation, we use standard inverse square root learning rate schedule (Vaswani et al., 2017). The warmup step is set to 4000 for the mini-batch size of 64 and will be linearly scaled down by the global mini-batch size$^6$.

We carefully tune the learning rate $\gamma$ and the trust term $\tilde{\gamma}$ in You et al. (2017). The tuning procedure ensures that the best hyper-parameter lies in the middle of our search grids; otherwise, we extend our search grid. The procedure of hyperparameter tuning can be found in Appendix C.1.

5.2. Evaluation on Large-batch Training

Superior performance of EXTRAP-SGD on different tasks. We evaluate our extrapolation framework and compare it with SOTA large-batch training methods on CIFAR-10 image classification (Figure 1) and WikiText2 language modeling (Figure 2). To better exhibit the optimization behaviors of different methods, for these two tasks we do not decay the learning rate. The extrapolated SGD framework in general significantly accelerates the optimization and leads to better test performance than the existing SOTA methods. For example, the smaller gradient Lipschitz constant illustrated in Figure 1(b) demonstrates the improved optimization landscape, which explains the at least 2x speedup in terms of the convergence (after thorough hyperparameter tuning).

$^4$ Since we will fine-tune the (to be scaled) learning rate, there is no difference between learning rate linear scaling (Goyal et al., 2017) and square root scaling (Hoffer et al., 2017) in our case.

$^5$ Our implementation relies on the PyTorch extension of NVIDIA apex for mixed precision and distributed training.

$^6$ We follow the practical instruction from NVIDIA.
Extrapolation for Large-batch Training in Deep Learning

We further extend the extrapolation idea of EXTRAP-SGD to EXTRAP-ADAM and validate its effectiveness (compared with Adam) on neural machine translation with Transformer. The algorithmic description refers to Algorithm 3 in Appendix D.2. Figure 3 shows the results of large-batch training (using 4% and 16% of the training data per mini-batch) and EXTRAP-ADAM again outperforms the Adam with at least 2 x speedup.

Figure 2. The perplexity (PPL, the lower the better) of training WikiText-2 on LSTM. The global mini-batch size are 1,536 and 3,072 for $K = 24$ and $K = 48$ respectively, accounting for 2% and 4% of the total training data. We use the learning rate scaling and warmup in Goyal et al. (2017), and use constant learning rate after the warmup. We finetune the $\gamma$ for mini-batch SGD (and its momentum variants); EXTRAP-SGD reuses the hyper-parameter from mini-batch SGD. The results of the inline table are averaged over three different seeds. The displayed learning curves are based on $K = 24$ and more details refer to Appendix E.2.

|                | $K = 24$ | $K = 48$ |
|----------------|----------|----------|
| mini-batch SGD | 108.39 ± 0.31 | 110.16 ± 0.67 |
| EXTRAP-SGD     | 105.86 ± 0.32 | 107.86 ± 0.50 |

Optimization vs. Generalization benefits. To better understand when and how EXTRAP-SGD (and extrapolated SGD) help, we switch our attention to the commonly accepted training practices: using an initial large learning rate and decaying when the training plateaus. The common beliefs (LeCun et al., 1991; Kleinberg et al., 2018) argue that, the initial large learning rate accelerates the transition from random initialization to convergence regions (optimization), and the decaying leads the convergence to local minimum (generalization).

Table 1 thoroughly evaluates the large-batch training performance (ResNet-20 on CIFAR-10 for mini-batch size 8,192, with learning rate decay schedule) for all related methods. Though the remarkable optimization improvements in Figure 1(a) justify the effects of EXTRAP-SGD (and extrapolated SGD), i.e. smooth the ill-conditioned loss landscape, decaying the learning rate diminishes our advantages, as illustrated in Table 1 and Figure 5 in Appendix. We argue that EXTRAP-SGD and its variants can smoothen the loss surface thus avoid some bad local minima regions, but it cannot guarantee to converge to a much better local minimum, contrary to the statements in (Wen et al., 2018; Haruki et al., 2019). They use (limited) empirical generalization metrics as the main arguments of the “flatter minima”, ignoring the complex training dynamics; their ignored SOTA optimization techniques (e.g. LARS in some experiments) might also result in the improper understandings. Our empirical results provide insights: the primary benefits of EXTRAP-SGD are on the optimization phase (early training phase) and will diminish in the later training phase. It is also reflected in Figure 1(b) in terms of the smoothness.

Combining EXTRAP-SGD with post-local SGD. Given our new insights in the previous paragraph, here we try to understand the importance of better optimization brought by EXTRAP-SGD for the eventual generalization. We consider the post-local SGD in Lin et al. (2020), a known technique arguing to converge to flatter local minimum for better generalization. This choice comes from the noticeable optimization benefits of EXTRAP-SGD in the initial training phase while post-local SGD targeting to converge to “flatter minima” for the later training phase. Please refer to

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7 It is non-trivial to adapt Adam to the noise variants of the extrapolated SGD.

8 Recent work (Li et al., 2019; You et al., 2020a) complement the understanding of this phenomenon from the learning of different patterns via different learning rate scales; we leave the connection to this aspect for future work.

9 Additional experiments show that switching EXTRAP-SGD to mini-batch SGD after the first learning rate decay has similar test performance as using EXTRAP-SGD alone.
We argue that Algorithm 2 in Appendix D.1 for training details.

**Figure 4.** Challenges the extreme large-batch training with good generalization properties can be found more easily. Figure 4 illustrates the benefits of integrating Extrap-SGD for SOTA large-batch training. These insights further motivate us to combine our methods - Extrap-SGD with tuned momentum factor; (2) tuning momentum factor for mini-batch SGD can marginally improve the optimization performance but cannot eliminate the optimization difficulty.

### 5.3. Ablation study

**EXTRAP-SGD** for different local mini-batch sizes and number of workers. Table 3 in the Appendix E.1 evaluates how different combinations of the local mini-batch size and the number of workers will impact the performance, for a given global mini-batch size (8,192 for ResNet-20 on CIFAR-10). The benefits of EXTRAP-SGD can be further pronounced when increasing the number of workers, which is the common practice for large-batch training. Similar observation can be found in Figure 3 for the increased number of workers (as well as the global mini-batch size).

### 6. Conclusion

In this work, we adopt the idea of randomized smoothing to distributed training and propose EXTRAP-SGD to perform extrapolation with past local mini-batch gradients. The idea further extends to a unified framework, covering multiple noise extrapolation variants. We provide convergence guarantees for methods within this framework, and empirically justify the remarkable benefits of our methods on image classification, language modeling and neural machine translation tasks. We further investigate and understand the properties of our methods; the algorithms smoothen the ill-conditioned loss landscape for faster optimization and biases the optimization trajectory to well-conditioned regions. These insights further motivate us to combine our methods with post-local SGD for SOTA large-batch training.
Extrapolation for Large-batch Training in Deep Learning

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Part I

Omitted proof for the convergence analysis

A. Nonconvex proof for Nesterov Momentum

One iterate of SGD with Nesterov momentum can be expressed as follows:

\[ x_{t+\frac{1}{2}} = x_t + u v_t, \quad v_{t+1} = u v_t - \frac{\gamma}{B K} \sum_{k=1}^{K} \sum_{i \in T_k^t} \nabla f_i(x_{t+\frac{1}{2}}), \quad x_{t+1} = x_t + v_{t+1}, \tag{2} \]

where \( v_0 = 0 \). In the rest of Section A, we use \( g_t := \frac{1}{K B} \sum_{k=1}^{K} \sum_{i \in T_k^t} \nabla f_i(x_t) \) to simplify notation. With this simplification the iterate (2) can be expressed as follows:

\[ x_{t+\frac{1}{2}} = x_t + u v_t, \quad v_{t+1} = u v_t - \gamma g_{t+\frac{1}{2}}, \quad x_{t+1} = x_t + v_{t+1}, \tag{3} \]

We follow the idea of Yu et al. (2019) and define an auxiliary sequence \( \tilde{y}_t \) for (3):

\[ \tilde{y}_t = \begin{cases} x_{t+\frac{1}{2}} = x_t & \text{if } t = 0 \\ \frac{x_t}{1-u} x_t - \frac{u}{1-u} x_t - \frac{\gamma u}{1-u} g_{t+\frac{1}{2}} & \text{if } t \geq 1. \end{cases} \tag{4} \]

We have the following two auxiliary lemmas:

**Lemma A.1.** Consider the sequence \( \{\tilde{y}_t\} \) in (4) and for all \( t \geq 0 \), we have \( \tilde{y}_{t+1} - \tilde{y}_t = -\frac{\gamma}{1-u} g_{t+\frac{1}{2}} \).

**Proof.** For the case \( t = 0 \), we have

\[
\tilde{y}_{t+1} - \tilde{y}_t = \tilde{y}_1 - \tilde{y}_0 = 1 - u x_{t+\frac{1}{2}} - \frac{u}{1-u} x_t + \frac{\gamma u}{1-u} g_{t+\frac{1}{2}} - x_{t+\frac{1}{2}}
\]

For the case \( t \geq 1 \), we have

\[
\tilde{y}_{t+1} - \tilde{y}_t = \frac{1}{1-u} (x_{t+\frac{1}{2}} - x_t - \frac{u}{1-u} (x_t - \frac{1}{2} - x_t)) + \frac{\gamma u}{1-u} (g_{t+\frac{1}{2}} - g_{t-\frac{1}{2}})
\]

\[
= \frac{1}{1-u} (u v_t + \gamma g_{t+\frac{1}{2}} - u v_t - \gamma g_{t+\frac{1}{2}}) + \frac{\gamma u}{1-u} (g_{t+\frac{1}{2}} - g_{t-\frac{1}{2}})
\]

\[
= \frac{\gamma}{1-u} g_{t+\frac{1}{2}}.
\]

**Lemma A.2.** For all \( t \geq 0 \) and \( x_{t+\frac{1}{2}} \) defined in (3), we have

\[
\sum_{t=0}^{T-1} \left\| \tilde{y}_t - x_{t+\frac{1}{2}} \right\|^2 \leq \frac{u^4 \gamma^2}{(1-u)^2} \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2. \tag{5}
\]
Proof. Following the definition for \( t = 0 \), we have

\[
y_0 - x_{\frac{1}{2}} = 0
\]

For \( t \geq 1 \), we have

\[
\bar{y}_t - x_{t+\frac{1}{2}} = \frac{u}{1-u} (x_{t+\frac{1}{2}} - x_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} g_{t-\frac{1}{2}}
\]

\[
= \frac{u}{1-u} (u v_t - \gamma g_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} g_{t-\frac{1}{2}}
\]

\[
= \frac{u^2}{1-u} v_t.
\]

Letting \( s_t := \sum_{i=0}^{t-1} u^{t-i-1} = \frac{1-u^t}{1-u} \) and fixing \( T \geq 2 \), we have

\[
\sum_{t=0}^{T-1} \left\| y_t - x_{t+\frac{1}{2}} \right\|^2 = \sum_{t=1}^{T-1} \left\| \bar{y}_t - x_{t+\frac{1}{2}} \right\|^2 = \frac{u^4}{(1-u)^2} \sum_{t=1}^{T-1} \left\| v_t \right\|^2
\]

Further we bound \( \sum_{t=1}^{T-1} \left\| v_t \right\|^2 \) as follows:

\[
\sum_{t=1}^{T-1} \left\| v_t \right\|^2 = \gamma^2 \sum_{t=1}^{T-1} \left\| \sum_{i=0}^{t-1} \frac{u^{t-i-1}}{s_t} g_{t+i} \right\|^2 = \gamma^2 \sum_{t=1}^{T-1} s_t^2 \sum_{i=0}^{t-1} \frac{u^{t-i-1}}{s_t} \left\| g_{t+i} \right\|^2
\]

\[
\leq \frac{\gamma^2}{1-u} \sum_{t=1}^{T-1} \sum_{i=0}^{t-1} u^{t-i-1} \left\| g_{t+i} \right\|^2 = \frac{\gamma^2}{1-u} \sum_{t=1}^{T-1} \sum_{i=0}^{t-1} u^{t-i-1} \left\| g_{t+i} \right\|^2
\]

\[
\leq \frac{\gamma^2}{1-u} \sum_{t=1}^{T-1} \left\| g_{t+i} \right\|^2 \sum_{t=0}^{\infty} u^t = \frac{\gamma^2}{1-u} \sum_{t=0}^{T-1} \left\| g_{t+i} \right\|^2
\]

which implies \( \sum_{t=0}^{T-1} \left\| y_t - x_{t+\frac{1}{2}} \right\|^2 \leq \frac{\gamma^2}{1-u} \sum_{t=0}^{T-1} \left\| g_{t+i} \right\|^2 \).

\[ \square \]

A.1. Main proof of Theorem 4.2

Theorem A.3 (Non-convex convergence of mini-batch SGD with Nesterov momentum). Under Assumption 1, 2, and 3, for the update rule of mini-batch SGD with Nesterov momentum (3), we can show that, under the condition of \( \gamma \leq \frac{2}{L(1-u)} \),

\[
E \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(x_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{1}{1 - \frac{L^2(u^2)}{2(1-u)^2}} \left( \frac{1}{T^2} E \left[ f(x_0) - f^\star \right] + \frac{\gamma L}{2(1-u)^2} B \right).
\]

Proof. From the standard smoothness condition we have, \( \forall t \geq 0, \)

\[
E \left[ f(\tilde{y}_{t+1}) - f(\bar{y}_t) \right] \leq E \left[ \left\langle \nabla f(\bar{y}_t), \bar{y}_{t+1} - \bar{y}_t \right\rangle + \frac{L}{2} \left\| \bar{y}_{t+1} - \bar{y}_t \right\|^2 \right]
\]

\[
\equiv \left[ E \left[ -\frac{\gamma}{1-u} \left\langle \nabla f(\bar{y}_t), g_{t+\frac{1}{2}} \right\rangle + \frac{L}{2} \left\| g_{t+\frac{1}{2}} \right\|^2 \right] \right]
\]

\[
= E \left[ \frac{\gamma}{1-u} \left\langle \nabla f(x_{t+\frac{1}{2}}) + \nabla f(\bar{y}_t) - \nabla f(x_{t+\frac{1}{2}}), g_{t+\frac{1}{2}} \right\rangle + \frac{L}{2} \left\| \frac{\gamma}{1-u} g_{t+\frac{1}{2}} \right\|^2 \right]
\]

\[
= E \left[ \frac{\gamma}{1-u} \left\| \nabla f(x_{t+\frac{1}{2}}) \right\|^2 - \frac{\gamma}{1-u} \left\langle \nabla f(\bar{y}_t) - \nabla f(x_{t+\frac{1}{2}}), \nabla f(x_{t+\frac{1}{2}}) \right\rangle + \frac{L}{2} \left\| \frac{\gamma}{1-u} g_{t+\frac{1}{2}} \right\|^2 \right],
\]
where we use Lemma A.1 for (a).

We can note that

\[- \frac{\gamma}{1 - u} \left( \nabla f(x_t) - \nabla f(x_{t + \frac{1}{2}}), \nabla f(x_{t + \frac{1}{2}}) \right) \]

\[= \left( - \frac{\sqrt{1 - u}}{\sqrt{Lu^3}} \left( \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{\gamma \sqrt{Lu^3/2}}{(1 - u)^{3/2}} \nabla f(x_{t + \frac{1}{2}}) \]

\[\leq \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 , \]

where (b) follows the basic inequality \( (a, b) \leq \frac{1}{2} \|a\|^2 + \frac{1}{2} \|b\|^2 . \)

Thus, we have

\[\mathbb{E} \left[ f(y_{t+1}) - f(y_t) \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 \right] \]

\[= \mathbb{E} \left[ \left( - \frac{1 - u}{2Lu^3} \right) \right] \leq \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 \]

Taking sum over \( t \) and averaging by \( \frac{1}{T} \) yields:

\[\frac{1}{T} \sum_{t=0}^{T-1} \mathbb{E} \left[ f(y_{t+1}) - f(y_t) \right] = \frac{1}{T} \mathbb{E} \left[ f(y_T) - f(y_0) \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \right] \]

\[\leq \mathbb{E} \left[ \left( - \frac{\gamma}{1 - u} \left( \nabla f(x_{t + \frac{1}{2}}) \right) \right) + \frac{1 - u}{2Lu^3} \left| \nabla f(y_t) - \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 Lu^3}{2(1 - u)^3} \left| \nabla f(x_{t + \frac{1}{2}}) \right|^2 + \frac{\gamma^2 L}{2(1 - u)^2} \right] \]

where the inequality (c) comes from Lemma A.2. For (d), by using \( \mathbb{E} \left[ \|X\|^2 \right] = \text{var} \left[ X \right] + \|\mathbb{E} \left[ X \right]\|^2 \) and the fact that \( \text{var} \left[ \sum_i X_i \right] = \sum_i \text{var} \left[ X_i \right] \) if \( X_i \)'s are independent, we get

\[\mathbb{E} \left[ \left\| \nabla f(x_{t + \frac{1}{2}}) \right\|^2 \right] = \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_k} g_{t + \frac{1}{2}, i} \right\|^2 \right] \]

\[= \frac{1}{BK} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_k} \text{var} \left[ g_{t + \frac{1}{2}, i} \right] + \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_k} g_{t + \frac{1}{2}, i} \right\|^2 \right] \leq \frac{1}{BK} \sigma^2 + \left\| \nabla f(x_{t + \frac{1}{2}}) \right\|^2 . \]
Note that the coefficient of the gradient norm of $-\frac{\gamma}{1-u} + \frac{L\gamma u^3}{2(1-u)^2} + \frac{L\gamma}{2(1-u)^2} + \frac{Lu\gamma}{2(1-u)^2}$ can be simplified as

$$\frac{\gamma}{1-u} (1) + \frac{L\gamma u^3}{2(1-u)^2} + \frac{L\gamma}{2(1-u)^2} = \frac{\gamma}{1-u} (1 + L\gamma (u^3 + 1)) \frac{1}{2(1-u)^2}.$$ 

By rearranging, we have

$$\frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(x_{t+\frac{1}{2}}) \right\|^2 \leq \frac{1}{T} \frac{\gamma}{1-u} \left(1 - \frac{L\gamma (u^3 + 1)}{2(1-u)^2}\right) \mathbb{E} \left[ f(y_0) - f(\bar{y}_T) \right] + \left(\frac{\gamma L}{2(1-u)^2} + \frac{Lu\gamma}{2(1-u)^2}\right) \sigma^2 BK,$$

$$\leq \frac{1}{T} \frac{\gamma}{1-u} \left(1 - \frac{L\gamma (u^3 + 1)}{2(1-u)^2}\right) \mathbb{E} \left[ f(x_0) - f^* \right] + \left(\frac{\gamma L}{2(1-u)^2} + \frac{Lu\gamma}{2(1-u)^2}\right) \sigma^2 BK,$$

$$\leq \frac{1}{1 - \frac{L\gamma (u^3 + 1)}{2(1-u)^2}} \left(\frac{1}{T} \frac{\gamma}{1-u} \mathbb{E} \left[ f(x_0) - f^* \right] + \frac{\gamma L}{2(1-u)^2} \sigma^2 BK\right),$$

where we have to make the overall coefficient of the RHS positive, i.e., $\gamma \leq \frac{2(1-u)^2}{L(u^3+1)}$. 

**Lemma A.4** (Lemma 13 of Stich & Karimireddy (2019)). For every non-negative sequence $\{r_t\}_{t \geq 0}$ and any parameters $d \geq 0, c \geq 0, T \geq 0$, there exists a constant $\gamma \leq \frac{1}{d}$, such that for constant stepsizes $\{\gamma_t = \gamma\}_{t \geq 0}$ it holds

$$\Psi_T := \frac{1}{T+1} \sum_{t=0}^{T} \left( \frac{r_t}{T} - \frac{r_{t+1}}{T+1} + c\gamma t \right) \leq \frac{dr_0}{T+1} + c\gamma T.$$

**Corollary A.5.** Consider the Theorem 4.2 and Lemma A.4 with $\gamma \leq \frac{2(1-u)^2}{L(u^3+1)}$, we can rewrite the convergence rate of Theorem 4.2 as

$$\mathbb{E} \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(x_{t+\frac{1}{2}}) \right\|^2 = \mathcal{O} \left( \frac{Lr_0(u^3+1)}{T(1-u)} + \sqrt{\frac{2Lr_0\sigma^2}{KBT}} \right).$$

**Proof of Corollary A.5.** We first simplify the notations and constraints in Theorem 4.2 by considering $\Psi_T := \frac{1}{T+1} r_0 + \frac{\gamma L\sigma^2}{KBT}$, where $r_0 := f(x_0) - f^*$ and $\gamma \leq \frac{1}{T}$, following the techniques in the proof of the Lemma 13 in Stich & Karimireddy (2019), we consider two cases: (1) if $\frac{r_0 K B}{L \sigma^2 T} \leq \frac{1}{T^2}$, then we choose the stepsize $\gamma = \sqrt{\frac{r_0 K B}{L \sigma^2 T}}$ and get $\Psi_T \leq 2 \sqrt{\frac{Lr_0\sigma^2}{KBT}}$; (2) if $\frac{r_0 K B}{L \sigma^2 T} > \frac{1}{T^2}$, then we choose $\gamma = \frac{1}{T}$ and get $\Psi_T \leq \frac{Lr_0}{T} + \frac{\sigma^2}{KBT} \leq \frac{Lr_0}{T} + \frac{Lr_0}{T}$. These two bounds together show that

$$\Psi_T \leq 2 \sqrt{\frac{Lr_0\sigma^2}{KBT}} + \frac{2Lr_0}{T}.$$

We then evaluate the exact case of Theorem 4.2 by considering $\Psi_T' := \frac{1}{T+1} r_0 + \frac{\gamma L\sigma^2}{2(1-u)^2 KBT}$. Similarly, we have the potential $\gamma$ to minimize $\Psi_T'$, where $\gamma = \sqrt{\frac{2r_0 K B(1-u)^3}{L\sigma^2 T}}$ and $\gamma = \frac{2(1-u)^2}{L(u^3+1)}$. Thus, by considering two cases as in previous paragraph, we have $\Psi_T' \leq \frac{Lr_0(u^3+1)}{T(1-u)} + \sqrt{\frac{2Lr_0\sigma^2}{KBT}}$. 

**B. Nonconvex proof for EXTRAP-SGD**

In the main text we propose to reuse past local gradients (with mini-batch size $B$) for extrapolation. For the convergence analysis illustrated in this section, we consider a more general extrapolation framework.

Recall that a general form of EXTRAP-SGD can be defined as:

$$x_{t+\frac{1}{4}} = x_t + u v_t, x_{t+\frac{1}{2}} = x_{t+\frac{1}{4}} - \frac{\gamma}{b} \sum_{i \in I_t^k} \xi_{i,t}, v_{t+1} = u v_t - \frac{\gamma}{BK} \sum_{k=1}^{K} \sum_{i \in I_t^k} \nabla f_i(x_{t+\frac{1}{2}}), x_{t+1} = x_t + v_{t+1},$$

(6)
where \( v_0 = 0 \) and \( \zeta^k_{0,t} = 0 \). The \( \hat{I}_t^k \subseteq I_t^k \) indicates the possibility of using the samples from the subset of \( I_t^k \), and \( b = |\hat{I}_t^k| \). The \( \xi^k_{t,i} \) could be either fresh local gradient \( \nabla f_i(x_t^k) \), or old local gradient \( \nabla f_i(x_{t-1/2}^k) \). The later choice corresponds to Algorithm 1 demonstrated in the main paper. Furthermore we could choose \( \frac{1}{b} \sum_{i \in \hat{I}_t^k} \xi^k_{t,i} \) := \( \zeta^k_t \) as various types of i.i.d. noise e.g. Gaussian noise, uniform noise and stochastic noise as discussed in Section 3.2. For ease of exposition, we adopt the following notations:

\[
\tilde{\xi}_t := \frac{1}{bK} \sum_{k=1}^{K} \sum_{i \in \hat{I}_t^k} \xi^k_{t,i}, \quad g^k_{t,i} := \nabla f_i(x^k_{t}), \quad \bar{g}_t := \frac{1}{bK} \sum_{k=1}^{K} \sum_{i \in \hat{I}_t^k} g^k_{t,i}, \quad \bar{g}_{t+\frac{1}{2}} := \frac{1}{bK} \sum_{k=1}^{K} \sum_{i \in I_t^k} g^k_{t+\frac{1}{2},i}. \tag{7}
\]

We follow the idea of using virtual sequence (Yu et al., 2019; Stich & Karimireddy, 2019) and define two auxiliary sequences for our own setup (6):

\[
\bar{x}_{t+\frac{1}{2}} := \frac{1}{K} \sum_{k=1}^{K} x^k_{t+\frac{1}{2}}, \tag{8}
\]

and

\[
\bar{y}_t := \begin{cases} 
\bar{x}_{t+\frac{1}{2}} & \text{if } t = 0 \\
\frac{1}{1-u} \bar{x}_{t+\frac{1}{2}} - \frac{u}{1-u} \bar{x}_{t-\frac{1}{2}} + \frac{\gamma u}{1-u} \bar{g}_{t-\frac{1}{2}} + \frac{\tilde{\gamma}}{1-u} \bar{\xi}_{t-1} & \text{if } t \geq 1.
\end{cases} \tag{9}
\]

Following the definition of the virtual sequence in (8), the update scheme in (6) can be rewritten as

\[
\begin{align*}
\bar{x}_{t+\frac{1}{2}} &= \frac{1}{K} \sum_{k=1}^{K} x^k_{t+\frac{1}{2}} = \frac{1}{K} \sum_{k=1}^{K} \left( x_t + u \nu_t - \frac{\gamma}{b} \sum_{i \in \hat{I}_t^k} \xi^k_{t,i} \right) = x_t + u \nu_t - \frac{\gamma}{b} \sum_{k=1}^{K} \sum_{i \in \hat{I}_t^k} \xi^k_{t,i} = x_t + u \nu_t - \frac{\gamma}{b} \bar{g}_t, \\
\nu_{t+1} &= u \nu_t - \frac{\gamma}{bK} \sum_{k=1}^{K} \sum_{i \in I_t^k} g^k_{t+\frac{1}{2},i} = u \nu_t - \gamma \bar{g}_{t+\frac{1}{2}}, \\
x_{t+1} &= x_t + \nu_{t+1}.
\end{align*} \tag{10}
\]

We have the following three lemmas:

**Lemma B.1.** Consider the sequence \( \{\bar{y}_t\} \) in (9) and for \( t \geq 0 \), we have

\[
\bar{y}_{t+1} - \bar{y}_t = -\frac{\gamma}{1-u} \bar{g}_{t+\frac{1}{2}}.
\]

**Proof.** For the case \( t = 0 \), we have

\[
\bar{y}_{t+1} - \bar{y}_t = \bar{y}_1 - \bar{y}_0
\]

\[
= \frac{1}{1-u} (\bar{x}_2 - x_2) + \frac{\gamma u}{1-u} \bar{g}_2 + \frac{\gamma}{1-u} \bar{\xi}_1
\]

\[
= \frac{1}{1-u} (u \nu_1 - \gamma \bar{g}_2 - \tilde{\gamma} \bar{\xi}_1) + \frac{\gamma u}{1-u} \bar{g}_2 + \frac{\gamma}{1-u} \bar{\xi}_1
\]

\[
= \frac{1}{1-u} (-u \gamma \bar{g}_2 - \tilde{\gamma} \bar{\xi}_1) + \frac{\gamma u}{1-u} \bar{g}_2 + \frac{\gamma}{1-u} \bar{\xi}_1
\]

\[
= -\frac{\gamma}{1-u} \bar{g}_2.
\]
For the case $t \geq 1$ we have
\[
\mathbf{y}_{t+1} - \mathbf{y}_t = \frac{1}{1-u} (\mathbf{y}_{t+\frac{1}{2}} - \mathbf{y}_{t-\frac{1}{2}}) - \frac{u}{1-u} (\mathbf{x}_{t+\frac{1}{2}} - \mathbf{x}_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} (\mathbf{g}_{t+\frac{1}{2}} - \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma}{1-u} (\xi_{t+1} - \xi_t - u\xi_t + u\xi_{t-1})
\]
\[
= \frac{1}{1-u} (u\mathbf{v}_{t+1} - \gamma \mathbf{g}_{t+\frac{1}{2}} + \tilde{\gamma} \xi_t - \tilde{\gamma} \xi_{t+1} - \gamma \mathbf{g}_{t-\frac{1}{2}}) - \frac{u}{1-u} (u\mathbf{v}_t - \gamma \mathbf{g}_{t-\frac{1}{2}} + \tilde{\gamma} \xi_t - \tilde{\gamma} \xi_{t+1} - \gamma \mathbf{g}_{t-\frac{1}{2}})
\]
\[
+ \frac{\gamma u}{1-u} (\mathbf{g}_{t+\frac{1}{2}} - \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma}{1-u} (\xi_{t+1} - \xi_t - u\xi_t + u\xi_{t-1})
\]
\[
= \frac{1}{1-u} (u\mathbf{v}_{t+1} - \gamma \mathbf{g}_{t+\frac{1}{2}} - \gamma \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma}{1-u} (\xi_{t+1} - \xi_t - u\xi_t + u\xi_{t-1})
\]
\[
= \frac{1}{1-u} (u\mathbf{v}_{t+1} - \gamma \mathbf{g}_{t+\frac{1}{2}}) - \frac{u}{1-u} (u\mathbf{v}_t - \gamma \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma}{1-u} (\xi_{t+1} - \xi_t - u\xi_t + u\xi_{t-1})
\]
\[
= -\frac{\gamma}{1-u} \mathbf{g}_{t+\frac{1}{2}} + \frac{u}{1-u} \mathbf{v}_{t+1} - \frac{u}{1-u} (u\mathbf{v}_t - \gamma \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} (\mathbf{g}_{t+\frac{1}{2}} - \mathbf{g}_{t-\frac{1}{2}})
\]
\[
= -\frac{\gamma}{1-u} \mathbf{g}_{t+\frac{1}{2}}.
\]

Lemma B.2. For $T \geq 2$ and $\mathbf{x}_{t+\frac{1}{2}}$ defined in (8), we have
\[
\mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \mathbf{y}_t - \mathbf{x}_{t+\frac{1}{2}} \right\|^2 \right] \leq (1 + \beta) \frac{u^4 \gamma^2}{(1-u)^4} \mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right] + (1 + \frac{1}{\beta}) \gamma^2 \mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \tilde{\mathbf{e}}_t \right\|^2 \right], \forall \beta > 0.
\]

If we reuse past local stochastic gradients with mini-batch size $B$, i.e. $\tilde{\mathbf{e}}_t = \begin{cases} 0 & \text{if } t = 0 \\ \mathbf{g}_{t-\frac{1}{2}} & \text{if } t \geq 1 \end{cases}$, by choosing $\beta = 1$ and
\[
\tilde{\gamma} \leq \frac{u^2}{(1-u)\gamma},
\]
we obtain the simplified expression:
\[
\mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \mathbf{y}_t - \mathbf{x}_{t+\frac{1}{2}} \right\|^2 \right] \leq \frac{4u^4 \gamma^2}{(1-u)^4} \mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right] \leq \frac{4u^4 \gamma^2}{(1-u)^4} \frac{1}{BK} T \sigma^2 + \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} \frac{1}{K} \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f (\mathbf{x}_{t+\frac{1}{2}}) \right\|^2.
\]

Proof. The proof starts from
\[
\mathbf{y}_t - \mathbf{x}_{t+\frac{1}{2}} = \frac{u}{1-u} (\mathbf{x}_{t+\frac{1}{2}} - \mathbf{x}_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} \mathbf{g}_{t-\frac{1}{2}} + \frac{\gamma}{1-u} (\xi_t - u\xi_{t-1})
\]
\[
= \frac{u}{1-u} (u\mathbf{v}_t - \gamma \mathbf{g}_{t-\frac{1}{2}} - \gamma \mathbf{g}_{t-\frac{1}{2}}) + \frac{\gamma u}{1-u} \mathbf{g}_{t-\frac{1}{2}} + \frac{\gamma}{1-u} (\xi_t - u\xi_{t-1})
\]
\[
= \frac{u^2}{1-u} \mathbf{v}_t - \frac{u^2}{1-u} \mathbf{g}_{t-\frac{1}{2}} + \frac{u^2}{1-u} \mathbf{v}_t + \frac{\gamma u}{1-u} \mathbf{g}_{t-\frac{1}{2}} + \frac{\gamma}{1-u} (\xi_t - u\xi_{t-1})
\]
\[
= \frac{u^2}{1-u} \mathbf{v}_t - \frac{u^2}{1-u} \mathbf{v}_t + \frac{\gamma}{1-u} (\xi_t - u\xi_{t-1})
\]
\[
= \frac{u^2}{1-u} \mathbf{v}_t + \frac{\gamma}{1-u} (\xi_t - u\xi_{t-1})
\]
\[
= \frac{u^2}{1-u} \mathbf{v}_t + \tilde{\delta} \xi_t.
\]

Thus, we have
\[
\left\| \mathbf{y}_t - \mathbf{x}_{t+\frac{1}{2}} \right\|^2 = \left\| \frac{u^2}{1-u} \mathbf{v}_t + \tilde{\delta} \xi_t \right\|^2 \leq (1 + \beta) \frac{u^4}{(1-u)^4} \frac{\mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \mathbf{v}_t \right\|^2 \right]}{(1 + \beta) \mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \tilde{\mathbf{e}}_t \right\|^2 \right]}, \text{ where } \left\| \mathbf{a} + \mathbf{b} \right\|^2 \leq (1 + \beta) \left\| \mathbf{a} \right\|^2 + (1 + \beta^{-1}) \left\| \mathbf{b} \right\|^2 \text{ for } \beta > 0.
\]

Summing over $\{0, \ldots, T-1\}$, we then have
\[
\sum_{t=0}^{T-1} \left\| \mathbf{y}_t - \mathbf{x}_{t+\frac{1}{2}} \right\|^2 \leq (1 + \beta) \frac{u^4}{(1-u)^4} \sum_{t=0}^{T-1} \left\| \mathbf{v}_t \right\|^2 + (1 + \frac{1}{\beta}) \gamma^2 \sum_{t=0}^{T-1} \left\| \tilde{\mathbf{e}}_t \right\|^2.
\]
We define \( s_t := \sum_{i=0}^{t-1} u^{t-i-1} \) \( \frac{1-u^t}{1-u} \leq \frac{1}{1-u} \). Noticing \( v_0 = 0 \) and \( T \geq 2 \), we have

\[
\sum_{t=0}^{T-1} \| v_t \|^2 = \sum_{t=1}^{T-1} \| v_t \|^2 \\
= \gamma^2 \sum_{t=1}^{T-1} \left\| \sum_{i=0}^{t-1} \left( \frac{u^{t-i} g_{i+\frac{1}{2}}}{s_t} \right) \right\|^2 = \gamma^2 \sum_{t=1}^{T-1} \left\| \sum_{i=0}^{t-1} \left( \frac{u^{t-i-1} g_{i+\frac{1}{2}}}{s_t} \right) \right\|^2 \\
\leq \gamma^2 \sum_{t=1}^{T-1} \left( \frac{1-u}{1-u} \right) \sum_{i=0}^{t-1} \left\| u^{t-i-1} g_{i+\frac{1}{2}} \right\|^2 = \gamma^2 \sum_{t=1}^{T-1} \left( \frac{1-u}{1-u} \right) \sum_{i=0}^{t-1} \left\| u^{t-i-1} \right\|^2 \sum_{i=0}^{t-1} \left\| g_{i+\frac{1}{2}} \right\|^2 \\
\leq \gamma^2 \frac{1}{1-u} \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2 \sum_{t=0}^{\infty} \left\| u^t \right\|^2 = \frac{\gamma^2}{(1-u)^2} \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2,
\]

which implies

\[
\sum_{t=0}^{T-1} \left\| y_t - x_{t+\frac{1}{2}} \right\|^2 \leq \left( 1 + \beta \gamma \right)^2 \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2 + (1 + \beta) \sum_{t=0}^{T-1} \left\| \xi_t \right\|^2.
\]

Further if we reuse the past local gradients with mini-batch \( B \), i.e. \( \xi_t = \begin{cases} 0 & \text{if } t = 0 \\ \left( \frac{1}{1-u} \right)^2 \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2 & \text{if } t \geq 1 \end{cases} \), and choose \( \beta = 1 \) and \( \gamma \leq \frac{\gamma^2}{(1-u)^2} \gamma \), we obtain

\[
\sum_{t=0}^{T-1} \left\| y_t - x_{t+\frac{1}{2}} \right\|^2 \leq \frac{4u^4 \gamma^2}{(1-u)^2} \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2.
\]

By using the fact that \( \mathbb{E} \left[ \| X \|^2 \right] = \text{var}[X] + \mathbb{E} [X]^2 \) and that \( \text{var} [\sum_i X_i] = \sum_i \text{var}[X_i] \) if \( X_i \)'s are independent, we get

\[
\mathbb{E} \left[ \left\| g_{t+\frac{1}{2}} \right\|^2 \right] = \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^K \sum_{i \in I_t^k} g_{t+\frac{1}{2},i} \right\|^2 \right] = \frac{1}{B^2 K^2} \sum_{k=1}^K \sum_{i \in I_t^k} \text{var} [g_{t+\frac{1}{2},i}] + \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^K \sum_{i \in I_t^k} g_{t+\frac{1}{2},i} \right\|^2 \right] \\
\leq \frac{1}{BK} \sigma^2 + \left\| \frac{1}{K} \sum_{k=1}^K \nabla f(x_{t+\frac{1}{2}}^k) \right\|^2_2,
\]

where we rely on Assumption 1, 2. Thus,

\[
\mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| y_t - x_{t+\frac{1}{2}} \right\|^2 \right] \leq \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} \left( \frac{1}{BK} \sigma^2 + \left\| \frac{1}{K} \sum_{k=1}^K \nabla f(x_{t+\frac{1}{2}}^k) \right\|^2_2 \right) \\
= \frac{4u^4 \gamma^2}{(1-u)^4} \frac{1}{BK} T \sigma^2 + \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} \left\| \frac{1}{K} \sum_{k=1}^K \nabla f(x_{t+\frac{1}{2}}^k) \right\|^2_2.
\]

Lemma B.3. For all \( t \geq 0 \), \( x_{t+\frac{1}{2}}^k \) defined in (6) and \( \bar{x}_{t+\frac{1}{2}} \) in (10), we have

\[
\mathbb{E} \left[ \frac{1}{K} \sum_{k=1}^K \left\| \bar{x}_{t+\frac{1}{2}} - x_{t+\frac{1}{2}}^k \right\|^2 \right] \leq \mathbb{E} \left[ \hat{\gamma}^2 \left\| \xi_t - \frac{1}{b} \sum_{i \in I_t^k} \xi_{t,i} \right\|^2 \right],
\]
where \( b := |\mathcal{I}_t^k| \).

If we reuse past local gradients, i.e. \( \tilde{\xi}_t = \begin{cases} 0 & \text{if } t = 0 \\ \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k & \text{if } t \geq 1 \end{cases} \), we have
\[
\mathbb{E} \left[ \frac{1}{K} \sum_{k=1}^K \| \bar{x}_{t+\frac{1}{2}} - x_{t+\frac{1}{2}}^k \|^2 \right] \leq \frac{4\gamma^2}{b} \sigma^2.
\]

Alternatively if we use i.i.d. noise, i.e. \( \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k = \begin{cases} 0 & \text{if } t = 0 \\ \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k & \text{if } t \geq 1 \end{cases} \), with \( \zeta_t^k \) being i.i.d., \( \mathbb{E} [\zeta_t^k] = 0 \) and \( \mathbb{E} [\| \zeta_t^k \|^2] \leq \hat{\sigma}^2 \), we have
\[
\mathbb{E} \left[ \frac{1}{K} \sum_{k=1}^K \| \bar{x}_{t+\frac{1}{2}} - x_{t+\frac{1}{2}}^k \|^2 \right] \leq 2\gamma^2 \hat{\sigma}^2.
\]

**Proof.** By definition, for \( t = 0 \), \( \mathbb{E} \left[ \| \bar{x}_{\frac{1}{2}} - x_{\frac{1}{2}}^k \|^2 \right] = 0. \)

For \( t \geq 1 \), we have the following
\[
\mathbb{E} \left[ \| \bar{x}_{t+\frac{1}{2}} - x_{t+\frac{1}{2}}^k \|^2 \right] = \mathbb{E} \left[ \| x_t + u v_t - \gamma \tilde{\xi}_t - \left( x_t + u v_t - \frac{\gamma}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k \right) \|^2 \right] = \mathbb{E} \left[ \gamma^2 \| \tilde{\xi}_t - \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k \|^2 \right]
\]

If we reuse past local gradients i.e. \( \xi_{t,i}^k = \mathbf{g}_{t-\frac{1}{2}}^k \), then we have
\[
\mathbb{E} \left[ \gamma^2 \| \tilde{\xi}_t - \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k \|^2 \right] = \mathbb{E} \left[ \gamma^2 \| \mathbf{g}_{t-\frac{1}{2}} - \nabla f(x_{t-\frac{1}{2}}) + \nabla f(x_{t-\frac{1}{2}}) - \mathbf{g}_{t-\frac{1}{2}}^k \|^2 \right]
\]
\[
\leq 2\gamma^2 \mathbb{E} \left[ \left( \| \mathbf{g}_{t-\frac{1}{2}} - \nabla f(x_{t-\frac{1}{2}}) \|^2 + \| \nabla f(x_{t-\frac{1}{2}}) - \mathbf{g}_{t-\frac{1}{2}}^k \|^2 \right) \right]
\]
\[
\leq 2\gamma^2 \left( \frac{1}{K b} + \frac{1}{b} \right) \sigma^2 \leq \frac{4\gamma^2}{b} \sigma^2,
\]
where (a) is from the Assumption 2 and the independence between data samples.

Alternatively if we use i.i.d. noise, i.e. \( \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k = \begin{cases} 0 & \text{if } t = 0 \\ \xi_{t,i}^k & \text{if } t \geq 1 \end{cases} \), with \( \zeta_t^k \) being i.i.d., \( \mathbb{E} [\zeta_t^k] = 0 \) and \( \mathbb{E} [\| \zeta_t^k \|^2] \leq \hat{\sigma}^2 \), we have
\[
\mathbb{E} \left[ \gamma^2 \| \tilde{\xi}_t - \frac{1}{b} \sum_{i \in \mathcal{I}_t^k} \xi_{t,i}^k \|^2 \right] = \gamma^2 \mathbb{E} \left[ \| \frac{1}{K} \sum_{k=1}^K \xi_t^k \|^2 \right]
\]
\[
= \gamma^2 \mathbb{E} \left[ \| \xi_t^k \|^2 + \left\| \frac{1}{K} \sum_{k=1}^K \xi_t^k \right\|^2 - \frac{2}{K} \sum_{k=1}^K \langle \xi_t^k, \xi_t^k \rangle \right]
\]
\[
= \gamma^2 \mathbb{E} \left[ \| \xi_t^k \|^2 + \frac{1}{K^2} \sum_{k=1}^K \| \xi_t^k \|^2 - \frac{2}{K} \| \xi_t^k \|^2 \right]
\]
\[
\leq \gamma^2 (\hat{\sigma}^2 + \frac{1}{K} \hat{\sigma}^2) \leq 2\gamma^2 \hat{\sigma}^2.
\]

Combining these yields the lemma.

\[\square\]

**B.1. Main proof of Theorem 4.4**

We duplicate the Theorem 4.4 appearing in the main paper as the Theorem B.4.
**Theorem B.4.** Consider the update rule of **extrap-SGD** with notations defined in (7),

\[
\begin{align*}
\mathbf{x}_{t+\frac{1}{2}} &= \mathbf{x}_t + u\mathbf{v}_t, \\
\mathbf{x}_{t+1}^k &= \mathbf{x}_{t+\frac{1}{2}} - \gamma \hat{g}_{t+\frac{1}{2}}, \\
\mathbf{v}_{t+1} &= u\mathbf{v}_t - \gamma \hat{g}_{t+\frac{1}{2}}, \\
\mathbf{x}_{t+1} &= \mathbf{x}_t + \mathbf{v}_{t+1}.
\end{align*}
\]

We define \( \bar{\mathbf{x}}_{t+\frac{1}{2}} := \frac{1}{K} \sum_{k=1}^{K} \mathbf{x}_{t+\frac{1}{2}}^k \) as well as the following virtual sequence

\[
\bar{\mathbf{y}}_t := \left\{ \begin{array}{ll}
\mathbf{x}_{t+\frac{1}{2}} = \mathbf{x}_0 & \text{if } t = 0 \\
\frac{1}{1-u} \mathbf{x}_{t+\frac{1}{2}} - \frac{u}{1-u} \mathbf{x}_{t-\frac{1}{2}} + \gamma u \frac{\mathbf{g}_{t-\frac{1}{2}}}{1-u} + \frac{\gamma}{1-u} (\mathbf{g}_{t-\frac{1}{2}} - u \mathbf{g}_{t-\frac{3}{2}}) & \text{if } t \geq 1
\end{array} \right.,
\]

where \( \mathbf{g}_{-\frac{1}{2}} = 0 \) by default.

Under Assumption 1-3, the convergence rate of \( \bar{\mathbf{x}}_{t+\frac{1}{2}} \) for a non-convex function follows

\[
\mathbb{E} \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma T} \mathbb{E} [f(\mathbf{x}_0) - f^*] + \left( \frac{4\gamma^2 L^2}{B} + \frac{\gamma L(1+3u)}{(1-u)^2 BK} \right) \sigma^2,
\]

where \( \gamma \leq \frac{u^2}{(1-u)^2} \) and \( \gamma \leq \frac{(1-u)^2}{L(1+3u+u^2)} \).

**Proof.** We start from the standard smoothness inequality

\[
\mathbb{E} [f(\bar{\mathbf{y}}_{t+1}) - f(\bar{\mathbf{y}}_t)] \leq \mathbb{E} \left[ (\nabla f(\bar{\mathbf{y}}_t), \bar{\mathbf{y}}_{t+1} - \bar{\mathbf{y}}_t) + \frac{L}{2} \| \bar{\mathbf{y}}_{t+1} - \bar{\mathbf{y}}_t \|^2 \right]
\]

\[
\overset{(1)}{=} \mathbb{E} \left[ (\nabla f(\bar{\mathbf{y}}_t), -\frac{\gamma}{1-u} \mathbf{g}_{t+\frac{1}{2}}) \right] + \mathbb{E} \left[ \frac{\gamma^2 L}{2(1-u)^2} \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right]
\]

\[
= \mathbb{E} \left[ (\nabla f(\bar{\mathbf{y}}_t) - \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}) + \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}), -\frac{\gamma}{1-u} \frac{1}{K} \sum_{k=1}^{K} \frac{1}{K} \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}})) \right] + \mathbb{E} \left[ \frac{\gamma^2 L}{2(1-u)^2} \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right]
\]

\[
= \mathbb{E} \left[ (\nabla f(\bar{\mathbf{y}}_t) - \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}), -\frac{\gamma}{1-u} \frac{1}{K} \sum_{k=1}^{K} \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}})) \right] + \mathbb{E} \left[ \frac{\gamma^2 L}{2(1-u)^2} \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right]
\]

\[
+ \frac{\gamma^2 L}{2(1-u)^2} \mathbb{E} \left[ \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right]
\]

where we use Lemma B.1 for (1).

For (a), we have

\[
\mathbb{E} \left[ (\nabla f(\bar{\mathbf{y}}_t) - \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}), -\frac{\gamma}{1-u} \frac{1}{K} \sum_{k=1}^{K} \frac{1}{K} \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}})) \right] \leq \mathbb{E} \left[ \frac{1-u}{2u^3L} \left\| \nabla f(\bar{\mathbf{y}}_t) - \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}) \right\|^2 \right] + \mathbb{E} \left[ \frac{L \gamma^2 u^3}{2(1-u)^3} \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}) \right\|^2 \right]
\]

\[
\overset{(2)}{\leq} \mathbb{E} \left[ \frac{(1-u) L}{2u^3} \left\| \bar{\mathbf{y}}_t - \bar{\mathbf{x}}_{t+\frac{1}{2}} \right\|^2 \right] + \mathbb{E} \left[ \frac{L \gamma^2 u^3}{2(1-u)^3} \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\bar{\mathbf{x}}_{t+\frac{1}{2}}) \right\|^2 \right]
\]

where the inequality (2) is due to the basic inequality \( \langle a, b \rangle \leq \frac{\beta}{2} \|a\|^2 + \frac{1}{2\beta} \|b\|^2 \) with \( \beta = \frac{1-u}{2u^3} \) and (3) is from Assumption 3.
For (b), we have

\[
\begin{align*}
\mathbb{E} \left[ \left\langle \nabla f(\mathbf{x}_{t+\frac{1}{2}}), \gamma \frac{1}{1-u} \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\rangle \right] \\
= - \frac{\gamma}{1-u} \mathbb{E} \left[ \left\langle \nabla f(\mathbf{x}_{t+\frac{1}{2}}), \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\rangle \right] \\
\overset{(4)}{=} - \frac{\gamma}{2(1-u)} \mathbb{E} \left[ \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) \right\|^2 + \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 - \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) - \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right] \\
\overset{(5)}{=} - \frac{\gamma}{2(1-u)} \mathbb{E} \left[ \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) \right\|^2 + \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 - \frac{L^2}{K} \mathbb{E} \left[ \sum_{k=1}^{K} \left\| \mathbf{x}_{t+\frac{1}{2}} - \mathbf{x}_{t+\frac{1}{2}}^k \right\|^2 \right] \right] \\
\overset{(6)}{=} - \frac{\gamma}{2(1-u)} \left( \mathbb{E} \left[ \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) \right\|^2 \right] + \mathbb{E} \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right] - \frac{4\gamma^2 L^2}{B} \sigma^2 \right),
\end{align*}
\]

where the equality (4) comes from (a, b) = \( \frac{1}{2} \left( \|a\|^2 + \|b\|^2 - \|a - b\|^2 \right) \), the inequality (5) is due to Assumption 3 and (6) is from Lemma B.3.

For (c), by using \( \mathbb{E} \left[ \|X\|^2 \right] = \text{var}[X] + \|\mathbb{E}[X]\|^2 \) and the fact that \( \text{var} \left[ \sum_i X_i \right] = \sum_i \text{var}[X_i] \) if \( X_i \)'s are independent, we get

\[
\mathbb{E} \left[ \left\| \mathbf{g}_{t+\frac{1}{2}} \right\|^2 \right] = \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_t^k} \mathbf{g}_{t+\frac{1}{2},i} \right\|^2 \right] \\
= \frac{1}{B^2 K^2} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_t^k} \text{var} \left[ \mathbf{g}_{t+\frac{1}{2},i} \right] + \mathbb{E} \left[ \left\| \frac{1}{BK} \sum_{k=1}^{K} \sum_{i \in \mathcal{I}_t^k} \mathbf{g}_{t+\frac{1}{2},i} \right\|^2 \right] \\
\overset{(7)}{\leq} \frac{1}{BK} \sigma^2 + \mathbb{E} \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right],
\]

where (7) follows from Assumption 2.

Thus the smoothness inequality becomes

\[
\begin{align*}
\mathbb{E} [f(\mathbf{y}_{t+1}) - f(\mathbf{y}_t)] & \leq \frac{(1-u)L}{2u^3} \mathbb{E} \left[ \left\| \mathbf{y}_t - \mathbf{x}_t \right\|^2 \right] + \left( \frac{L \gamma^2 u^3}{2(1-u)^3} - \frac{\gamma}{2(1-u)} \right) \mathbb{E} \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right] \\
& \quad - \frac{\gamma}{2(1-u)} \mathbb{E} \left[ \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) \right\|^2 \right] + \frac{\gamma}{2(1-u)} \frac{4\gamma^2 L^2}{B} \sigma^2 + \frac{\gamma^2 L}{2(1-u)^2} \left( \frac{1}{B} \sigma^2 + \mathbb{E} \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right] \right) \\
& \leq \frac{(1-u)L}{2u^3} \mathbb{E} \left[ \left\| \mathbf{y}_t - \mathbf{x}_t \right\|^2 \right] + \left( \frac{L \gamma^2 u^3}{2(1-u)^3} - \frac{\gamma}{2(1-u)} + \frac{\gamma^2 L}{2(1-u)^2} \right) \mathbb{E} \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(\mathbf{x}_{t+\frac{1}{2}}^k) \right\|^2 \right] \\
& \quad - \frac{\gamma}{2(1-u)} \mathbb{E} \left[ \left\| \nabla f(\mathbf{x}_{t+\frac{1}{2}}) \right\|^2 \right] + \left( \frac{\gamma}{2(1-u)} \frac{4\gamma^2 L^2}{B} + \frac{\gamma^2 L}{2(1-u)^2} \right) \left( \frac{1}{BK} \sigma^2 \right)
\end{align*}
\]
By rearranging, summing over $t$, and diving both sides by $\frac{\gamma}{2(1-u)}$, we have

$$E \left[ \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma} E \left[ f(\bar{y}_0) - f(\bar{y}_T) \right] + \frac{(1-u)^2}{\gamma u^3} E \left[ \sum_{t=0}^{T-1} \left\| y_t - \bar{x}_{t+\frac{1}{2}} \right\|^2 \right]$$

$$+ \left( \frac{\gamma Lu^3 + \gamma L (1-u)}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right] + \left( \frac{4\gamma^2 L^2}{B} + \frac{\gamma L}{1-u} \frac{1}{B} \right) T \sigma^2.$$

Through Lemma B.2, we have

$$E \left[ \sum_{t=0}^{T-1} \left\| y_t - \bar{x}_{t+\frac{1}{2}} \right\|^2 \right] \leq E \left[ \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} \left\| g_{t+\frac{1}{2}} \right\|^2 \right] \leq \frac{4u^4 \gamma^2}{(1-u)^4} \frac{1}{BK} T \sigma^2 + \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right],$$

thus,

$$E \left[ \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma} E \left[ f(\bar{y}_0) - f(\bar{y}_T) \right] + \frac{(1-u)^2}{\gamma u^3} \left( \frac{4u^4 \gamma^2}{(1-u)^4} \frac{1}{BK} T \sigma^2 + \frac{4u^4 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right] \right)$$

$$+ \left( \frac{\gamma Lu^3 + \gamma L (1-u)}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right] + \left( \frac{4\gamma^2 L^2}{B} + \frac{\gamma L}{1-u} \frac{1}{B} \right) T \sigma^2$$

$$\leq \frac{2(1-u)}{\gamma} E \left[ f(\bar{y}_0) - f(\bar{y}_T) \right]$$

$$+ \left( \frac{\gamma Lu^3 + \gamma L (1-u)}{(1-u)^2} + \frac{4u\gamma L}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right]$$

$$+ \left( \frac{4\gamma^2 L^2}{B} + \frac{\gamma L}{1-u} \frac{1}{B} \frac{1}{BK} \right) T \sigma^2$$

$$\leq \frac{2(1-u)}{\gamma} E \left[ f(\bar{y}_0) - f(\bar{y}_T) \right]$$

$$+ \left( \frac{\gamma L (u^3 + 3u + 1)}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} E \left[ \left\| \frac{1}{K} \sum_{k=1}^{K} \nabla f(x^k_{t+\frac{1}{2}}) \right\|^2 \right]$$

$$+ \left( \frac{4\gamma^2 L^2}{B} + \frac{\gamma L (1+3u)}{(1-u)^2 BK} \right) T \sigma^2.$$
Theorem B.5. Under the extrapolation framework, if we use i.i.d. noise, i.e., \( \frac{1}{T} \sum_{i \in 2^k} \zeta^k_{t,i} = \begin{cases} 0 & \text{if } t = 0, \\ \zeta^k_t & \text{if } t \geq 1, \end{cases} \) with \( \zeta^k_t \) being i.i.d., \( \mathbb{E}[\zeta^k_t] = 0 \) and \( \mathbb{E}[\|\zeta^k_t\|^2] \leq \sigma^2 \). Under the same assumption as in Theorem 4.4, we have the following convergence rate for a non-convex function:

\[
\mathbb{E} \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma T} \mathbb{E} [f(\bar{y}_0) - f(\bar{y}_T)] + \frac{\gamma L(1+u)}{(1-u)^2 B K} \sigma^2 + \frac{(1-u)^2 L}{\gamma u^3 K} 2\gamma^2 T \sigma^2,
\]

where \( \gamma \leq \frac{(1-u)^2}{L(1+u+u^2)} \).

Proof. Following similar procedures in the proof of Theorem B.4, we have

\[
\mathbb{E} \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma} \mathbb{E} [f(\bar{y}_0) - f(\bar{y}_T)] + \frac{(1-u)^2 L}{\gamma u^3} \mathbb{E} \left[ \sum_{t=0}^{T-1} \left\| \bar{y}_t - \bar{x}_{t+\frac{1}{2}} \right\|^2 \right]
\]

\[
+ \left( \frac{\gamma L u^3 + \gamma L (1-u)}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} \left\| \sum_{k=1}^{K} \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 + \frac{\gamma^2 L T K}{1-u} \sigma^2 + \frac{\gamma^2 L T B K}{1-u} \sigma^2.
\]

Simplifying Lemma B.2 by choosing \( \beta = 1 \) and \( \bar{\xi}_t = \frac{1}{K} \sum_{k=1}^{K} \zeta^k_{t} \), we have the main proof as follows:

\[
\mathbb{E} \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right]
\]

\[
\leq \frac{2(1-u)}{\gamma} \mathbb{E} [f(\bar{y}_0) - f(\bar{y}_T)] + \frac{(1-u)^2 L}{\gamma u^3} \left( \frac{2\gamma^2 T K}{1-u} \sigma^2 + \frac{2u^4 \gamma^2}{(1-u)^4} \frac{1}{B K} T \sigma^2 + \frac{2u^2 \gamma^2}{(1-u)^4} \sum_{t=0}^{T-1} \left\| \sum_{k=1}^{K} \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right)
\]

\[
+ \left( \frac{\gamma L u^3 + \gamma L (1-u)}{(1-u)^2} - 1 \right) \sum_{t=0}^{T-1} \left\| \sum_{k=1}^{K} \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 + \left( \frac{\gamma L (1+u)}{1-u} B K \right) \sigma^2 + \frac{2\gamma^2 L T K}{1-u} \sigma^2
\]

\[
\leq \frac{2(1-u)}{\gamma} \mathbb{E} [f(\bar{y}_0) - f(\bar{y}_T)] + \left( \frac{\gamma L u^3 + \gamma L (1-u)}{(1-u)^2} \right) \frac{1}{B K} \sigma^2 + \left( \frac{2\gamma L (1+u)}{(1-u)^2 B K} \right) \sigma^2 + \frac{2\gamma^2 L T K}{1-u} \sigma^2.
\]

Dividing both sides by \( T \) and choosing \( \gamma \) such that \( \frac{L \gamma (1+u+u^2)}{(1-u)^2} - 1 < 0 \) yields:

\[
\mathbb{E} \left[ \frac{1}{T} \sum_{t=0}^{T-1} \left\| \nabla f(\bar{x}_{t+\frac{1}{2}}) \right\|^2 \right] \leq \frac{2(1-u)}{\gamma T} \mathbb{E} [f(\bar{y}_0) - f(\bar{y}_T)] + \frac{\gamma L (1+u)}{1-u} B K \sigma^2 + \left( \frac{2\gamma L (1+u)}{(1-u)^2 B K} \right) \sigma^2.
where we have $\gamma \leq \frac{(1-u)^2}{L(1+u+u^2)}$.

### B.2. Proof of Corollary 4.6

**Proof.** Following the proof of Corollary A.5, we define $r_0 := f(x_0) - f^*$ and $\Psi' := \frac{2}{T} \sum_{t=0}^{T-1} r_0 + \left( \frac{4s^2L^2}{BK(1-u)^2} + \frac{\gamma L(1+3u)}{(1-u)^2BR} \right) \sigma^2$.

\[
\Psi' \leq \frac{2}{T} \sum_{t=0}^{T-1} r_0 + \left( \frac{4u^2\gamma L}{BK(1-u)^2} \frac{(1-u)^2}{u^2+3u+1} + \frac{\gamma L(1+3u)}{(1-u)^2BR} \right) \sigma^2
\]

\[
\leq \frac{2}{T} \sum_{t=0}^{T-1} r_0 + \frac{\gamma L^2}{BK} \left( \frac{4u^2}{u^2+3u+1} + 1 \frac{1}{(1-u)^2} \right)
\]

\[
= \frac{2}{T} \sum_{t=0}^{T-1} r_0 + \frac{\gamma L^2}{BK} \frac{19u+1}{(u^2+3u+1)(1-u)^2}.
\]

where (a) follows from $\hat{\gamma}^2 \leq \frac{\sigma^2}{K(1-u)} \gamma^2$ (because of $\hat{\gamma} \leq \frac{\gamma}{K}$ and $\hat{\gamma} \leq \frac{u^2}{(1-u)^2}$), (b) is from $\gamma \leq \frac{(1-u)^2}{1+3u+u^2}$ and (c) comes from $u^4 \leq u^3 \leq u^2 \leq u$.

Similarly, we could choose two values of $\gamma$ as the minimizer, where $\gamma = \sqrt{\frac{2r_0KB}{L^2s^2T(1-u)^2}} \frac{u^2+3u+1}{19u+1}$ and $\gamma = \frac{(1-u)^2}{L(1+3u+u^2)}$.

Thus, by considering two cases as in Lemma A.4, we have $\Psi'_T \leq \frac{4Lr_0(u^2+3u+1)}{T(1-u)^2} + 2\sqrt{\frac{2Lr_0\sigma^2(19u+1)}{KBT(u^2+3u+1)(1-u)^3}}$.

\[\square\]

## Part II

### Experiments

#### C. Detailed experimental setup

**Datasets.** We evaluate all methods on the following two tasks: (1) Image classification for CIFAR-10/100 (Krizhevsky & Hinton, 2009) (50K training samples and 10K test samples with 10/100 classes) with the standard data augmentation and preprocessing scheme (He et al., 2016; Huang et al., 2016b); (2) Language modeling for WikiText2 (Merity et al., 2016) (the vocabulary size is 33K, and its train and validation set have 2 million tokens and 217K tokens respectively); and (3) Neural Machine Translation for Multi30k (Elliott et al., 2016).

**Large-batch training in practice.** We detail the SOTA large-batch training techniques used in our experiment evaluation:

- **Better Optimization:**
  - Goyal et al. (2017) from optimization aspect propose to linearly scale the learning rate with a few epochs warmup. (1) multiply the learning rate by $K$ when the mini-batch size is multiplied by $K$; (2) warmup the learning rate from $\gamma$ to $K\gamma$ through $H$ epochs, where the incremental learning rate for each iteration is calculated from $\frac{K\gamma - \gamma}{HN/(KB)}$. Note that $N$ is the number of total training samples and $B$ is the local mini-batch size.
  - LARS (You et al., 2017; 2020b) argue the layerwise difference in the weight magnitude and propose to scale the gradient of each layer accordingly for better optimization. The scaled gradient for $j$-th layer of $x_i$ at $i$-th sample follows $\hat{\nabla} f_{i,j}(x_i) \times \left( \hat{\gamma} \times \frac{||x_{i,j}||}{\sqrt{\nabla f_{i,j}(x_i) + 3||x_{i,j}||}} \right)$, where $\hat{\gamma}$ defines how much we trust the layer to change its weights during one update.

- **Better Generalization:**
  - On top of these optimization techniques (Goyal et al., 2017; You et al., 2017), Post-local SGD (Lin et al., 2020) propose to further inject stochastic noise when converging to the local minima, targeting better generalization. The stochastic noise is introduced by performing local SGD updates.
We combine [55x524]We carefully tune the learning rate, the trust term \( \hat{\gamma} \) in You et al. (2017) and our extrapolation term \( \hat{\gamma} \) for each experimental setup. For example, for ResNet-20 on CIFAR-10 we tune the optimal unscaled learning rate (i.e. \( \gamma/K \)) for a fixed mini-batch size \( B \) in the range of \{0.05, 0.10, 0.15, 0.20\} and then linearly scale (and warmup) the learning rate by the factor of \( K \). The \( \hat{\gamma} \) is initially searched within \{0.01, 0.02, 0.03\}, where 0.02 is the default hyperparameter used in NVIDIA apex. The extrapolation term \( \hat{\gamma} \) for EXTRAP-SGD and EXTRAP-ADAM is tuned by scaling the \( \hat{\gamma}/K \) with the factor searched from \{1, 2, 4\}; we perform extensive hyper-parameter tuning for the noise variants of the extrapolated SGD, where the scaling factor of \( K \) is searched from \{0.1, 0.25, 0.5, 1, 2, 4\}. The tuning procedure of the hyper-parameters ensures that the best hyper-parameter lies in the middle of our search grids; otherwise we extend our search grid.

D. Algorithmic details

D.1. EXTRAP-SGD with Post-local SGD

We combine EXTRAP-SGD with post-local SGD in Algorithm 2. We omit the extrapolation step in line 3 and line 8 when \( t = 0 \). The original form of post-local SGD refers to Lin et al. (2020).

---

10 Due to the resource constraints (GPU memory bound), we down-scaled the original VGG-11 by reducing the number of filters by the factor of 2.
11 We borrowed and adapted the general experimental setup of Merity et al. (2017). The gradient clip magnitude is 0.4, and dropout rate is 0.40. The loss is averaged over all examples and timesteps.
12 Since we will fine-tune the (to be scaled) learning rate, there is no difference between learning rate linear scaling (Goyal et al., 2017) and square root scaling (Hoffer et al., 2017) in our case.
13 Our implementation relies on the PyTorch extension of NVIDIA apex for mixed precision and distributed training.
14 We follow an instruction from NVIDIA.
15 Our code is included in the submission for reproducibility.
Algorithm 2: EXTRAP-SGD integrated with post-local SGD.

**Input:** learning rate $\gamma$, inner learning rate $\hat{\gamma}$, momentum factor $u$, initial parameter $x_0$, initial moment vector $v_0 = 0$, time step $t = 0$, worker index $k$, transition phase (iteration $t_0$) for post-local SGD, and local update steps $H$.

1: while $x_t$ not converged do
2: if $t \leq t_0$ then
3: $x^{t+\frac{1}{2}} = x_t - \hat{\gamma} \nabla f(x^{t-\frac{1}{2}})$
4: $x^{t+\frac{1}{2}} = x^{t+\frac{1}{2}} + u v_t$
5: $v_{t+1} = u v_t - \gamma \sum_k K \nabla f(x^k_{t+\frac{1}{2}})$
6: $x_{t+1} = x_t + v_{t+1}$
7: else
8: $x^{t+\frac{1}{2}} = x_t - \hat{\gamma} \nabla f(x^{t-\frac{1}{2}})$
9: $x^{t+\frac{1}{2}} = x^{t+\frac{1}{2}} + u v_t$
10: $v_{t+1} = u v_t - \gamma \nabla f(x^k_{t+\frac{1}{2}})$
11: $x_{t+1} = x_t + v_{t+1}$
12: if $t \mod H = 0$ then
13: $x_{t+1} = \frac{1}{K} \sum_k x^k_{t+1}$
14: end if
15: end if
16: end if
17: end while

**Output:** $x_t$.

D.2. Generalized EXTRAP-SGD with Adam

We present the generalized EXTRAP-SGD with Adam (EXTRAP-ADAM) in Algorithm 3. We omit the extrapolation step in line 2 when $t = 0$.

Algorithm 3: EXTRAP-ADAM.

**Input:** learning rate $\gamma$, inner learning rate $\hat{\gamma}$, initial parameter $x_0$, initial first-order moment vector $m_0 = 0$, initial second-order moment vector $v_0 = 0$, time step $t = 0$, worker index $k$.

1: while $x_t$ not converged do
2: $x^{t+\frac{1}{2}} = x_t - \hat{\gamma} \frac{\beta_1 m_{t-1} + (1 - \beta_1) \nabla F(x^{t-\frac{1}{2}})}{\beta_2 v_{t-1} + (1 - \beta_2) \nabla F(x^{t-\frac{1}{2}}) + \epsilon}$
3: $g_t = \frac{1}{K} \sum_k K \nabla F(x^k_{t+\frac{1}{2}})$
4: $m_t = \beta_1 m_{t-1} + (1 - \beta_1) g_t$
5: $v_t = \beta_2 v_{t-1} + (1 - \beta_2) g_t^2$
6: $x_{t+1} = x_t - \gamma \frac{m_t}{\sqrt{v_t} + \epsilon}$
7: end while

**Output:** $x_t$.
E. Additional results

E.1. ResNet-20 on CIFAR-10

The top-1 test accuracy for all related methods on CIFAR-10 is shown in Figure 5.

![Figure 5. Understanding the learning behaviors of different methods on the large-batch training (with mini-batch size 8, 192 on 32 workers) for training ResNet-20 on CIFAR-10. The hyper-parameters are fine-tuned, which are corresponding to the results shown in Table 1; by default the learning rate is decayed by 10 at epoch 150 and 225.](image)

The performance of post-local SGD, EXTRAP-SGD and their combination on CIFAR10/100 is shown Table 2.

|       | mini-batch SGD | mini-batch SGD (with post-local SGD) | EXTRAP-SGD | EXTRAP-SGD (with post-local SGD) |
|-------|----------------|--------------------------------------|------------|----------------------------------|
| CIFAR-10 | 91.36 ± 0.19   | 91.73 ± 0.25                         | 91.72 ± 0.11 | 92.23 ± 0.02                     |
| CIFAR-100| 65.79 ± 0.46   | 67.39 ± 0.18                         | 66.63 ± 0.32 | 68.06 ± 0.21                     |

The effects of different combinations between local batch sizes and worker numbers are evaluated in Table 3.

|          | (B = 512, K = 16) | (B = 256, K = 32) | (B = 128, K = 64) | (B = 64, K = 128) |
|----------|-------------------|-------------------|-------------------|-------------------|
| Mini-batch SGD | 91.35 ± 0.19      | 91.36 ± 0.19      | 91.29 ± 0.13      | 91.32 ± 0.17      |
| EXTRAP-SGD  | 91.62 ± 0.32      | 91.72 ± 0.11      | 91.88 ± 0.27      | 91.89 ± 0.24      |
E.2. LSTM on WikiText2

The learning curves of EXTRAP-SGD and mini-batch SGD with LSTM model on WikiText2 dataset are presented in Figure 6.

Figure 6. The learning curves and perplexity (PPL, the lower the better) of training WikiText-2 on LSTM. The global mini-batch size are 1536 and 3072 for $K=24$ and $K=48$ respectively, accounting for 2% and 4% of the total training data. We use the learning rate scaling and warmup in Goyal et al. (2017). We finetune the $\gamma$ for different variants of mini-batch SGD and EXTRAP-SGD have no additional tuning. The results of the inline table are averaged over three different seeds.

E.3. Impact of different momentum factors

The impacts of momentum factors on EXTRAP-SGD and mini-batch SGD are demonstrated in Figure 7 and Figure 8.
Figure 7. Understanding the behaviors of EXTRAP-SGD and mini-batch SGD for different momentum factors $u$. The curves are evaluated on ResNet-20 with CIFAR-10 for mini-batch size 8, 192; we use constant learning rate $\gamma$ and the LARS trust term $\tilde{\gamma}$ over the whole training procedure, for both of mini-batch SGD and EXTRAP-SGD (with default extrapolation term $\hat{\gamma}$). The value of $\gamma$ and $\tilde{\gamma}$ correspond to the tuned optimal value in Table 1.
Figure 8. The performance of EXTRAP-SGD and mini-batch SGD for different momentum factors $u$. The curves are evaluated on ResNet-20 with CIFAR-10 for mini-batch size 8, 192; we use constant learning rate $\gamma$ and the LARS trust term $\tilde{\gamma}$ over the whole training procedure, for both of mini-batch SGD and EXTRAP-SGD (with default extrapolation term $\hat{\gamma}$). The value of $\gamma$ and $\tilde{\gamma}$ correspond to the tuned optimal value in Table 1.