Osteoarthritis (OA) is characterized by joint inflammation and articular cartilage destruction. Genetic, biochemical, and biomechanical factors are associated with the occurrence and development of OA. As widely believed, OA is a leading cause for severe physical disability with pain, stiffness, swelling, joint deformity, and dyskinesia. The risk of OA appears to be related with increased age, as 63% of OA cases are 60 years of age or older. Meanwhile, modern therapeutic strategies for OA patients are focused on pain relief and symptom control rather than curing the disease. In view of the limited outcomes of current treatments for OA, novel and effective strategies for OA are urgently needed.

Chondrocytes are the sole cell type in cartilage associated with the architecture and function of cartilage. Abnormal alteration of chondrocyte apoptosis and inflammatory response are likely responsible for cartilage degradation in OA. Lipo-polysaccharide (LPS) is considered to be a pivotal pro-inflammatory factor associated with the pathogenesis of OA. Reliable evidence has indicated that LPS-exposure can induce inflammatory injury of chondrocytes in vitro. Therefore, developing a novel targeted drug to inhibit LPS-induced chondrocytes injury may help to improve OA.

Long non-coding RNAs (LncRNAs), a series of highly conserved transcripts of sizes larger than 200 nucleotides (nt) in...
length, have been shown to be involved in the modulation of pathological development in human diseases, including OA. Liu et al. reported that a total of 107 lncRNAs were differentially expressed in damaged cartilage versus intact cartilage. Of these lncRNAs, 51 were upregulated and 56 were downregulated in damaged cartilage, compared to normal cartilage, indicating the underlying role of lncRNAs in OA. H19, one of the early identified maternally expressed imprinted lncRNA, is specifically located on human chromosome 11p15.5. Growing evidence has demonstrated that H19 is a vital regulator of inflammatory response and that ectopic expression of H19 is observed in a range of inflammation-linked diseases. A previous study reported that knockdown of H19 attenuates the inflammatory response by sponging miR-130a.

MATERIALS AND METHODS

Cell culture and treatment

The study was approved by the Institutional Review Board of The Affiliated Traditional Chinese Medicine Hospital of Southwest Medical University. The normal human cartilage cells C28/I2 and human renal epithelial cells 293T were purchased from American Type Culture Collection (ATCC, Manassas, VA, USA). 293T cells were grown in Dulbecco’s Modified Eagle Medium (DMEM) (Gibco, Carlsbad, CA, USA) supplemented with 1% penicillin/streptomycin and 10% fetal bovine serum (FBS, Gibco). C28/I2 cells were cultured in DMEM-F12 medium (Gibco) with 10% FBS. All cells were maintained in a moist incubator with 5% CO₂ at 37°C. The medium was changed every 24 h until cell confluence achieved 85%. For LPS treatment, C28/I2 cells were exposed to 1, 5, or 10 µg/mL of LPS (Sigma-Aldrich, St. Louis, MO, USA) for 12 h, with non-treated cells as a control group.

Cell transfection

Three small interfering RNAs (siRNAs) targeting H19 and scramble siRNA (si-NC) were purchased from GenePharma Co. Ltd. (Shanghai, China). The sequences were 5’-CCAAACAU CAAGACACCAUdCdTT-3’ for H19-siRNA1, 5’-GCAAGA CUGACACUGUCdCdTT-3’ for H19-siRNA2, and 5’-UAAGU CAUUGGCUAGGUUdCdTT-3’ for H19-siRNA3. The si-H19 used in this study comprised mixtures of three siRNAs. The sequences for si-NC were 5’-UUCUCCGAACGUGUCACGUTT-3’, miR-130a mimics (miR-130a), miR-130a inhibitor (anti-miR-130a), H19-overexpression plasmid pcDNA-H19 (H19), and corresponding negative controls were all purchased from GenePharma Co. Ltd. for loss- and gain-of-function analyses.

LPS-treated C28/I2 cells were seeded into six-well plates for 24 h of incubation. After that, we transfected oligonucleotides or plasmids into cells using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA) following the manufacturer’s procedure. About 48-h post-transfection, cells were collected for following experiments.

RNA extraction and reverse-transcription quantitative PCR

To investigate the role of lncRNA H19 and miR-130a in LPS-damaged C28/I2 cells, the expression levels of H19 and miR-130a were measured by reverse-transcription quantitative PCR (RT-qPCR) assay. Total RNA of LPS-induced C28/I2 cells was isolated using TRIzol reagent (Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer’s instructions. For the detection of lncRNA H19 or miR-130a expression, total RNA was reversely transcribed into cDNA using a High Capacity cDNA Reverse Transcription Kit (Thermo Fisher Scientific) or a microRNA Reverse Transcription Synthesis Kit (Thermo Fisher Scientific). Subsequently, qPCR analysis was performed using Maxima SYBR Green qPCR Master Mix (2×) (Thermo Fisher Scientific) and specific primers. The relative expressions of H19 and miR-130a were calculated by 2−ΔΔCt method using GAPDH or U6 snRNA as an endogenous control for the normalization of H19 and miR-130a. The primers were as follows: H19 (Forward, 5’-GCAAGAAGCGGGTCTGTTT-3’, Reverse, 5’-GCTGGGTAGCACCATTTCTT-3’), GAPDH (Forward, 5’-TATGATGATATCAAGAGGGTAGT-3’; Reverse, 5’-TGTATCCACAAGAGGGTAGT-3’). The primers for miR-130a and U6 were obtained from Ribobio (Guangzhou, China).

Cell viability assay

Cell viability was determined using Cell Counting Kit-8 (CCK-8) (Dojindo, Tokyo, Japan) referring to the instructions of the manufacturer. In brief, C28/I2 cells during logarithmic growth period were seeded into 96-well microtiter plates at a density of 5x10⁴ cells/well. Then, cells were transfected with indicated plasmids or oligonucleotides. After transfection for 48 h, 10 µL of CCK-8 reagent was added to each well and incubated for another 4 h in a designated condition of 37°C, 5% CO₂. Absor-
bance at 450 nm was measured to assess relative cell viability using a Microplate Reader (Bio-Rad, Hercules, CA, USA).

**Cell apoptosis assay**

Cell apoptosis was examined using an Annexin V-FITC Apoptosis Detection Kit (Abcam, Cambridge, UK) following the manufacturer’s procedures. Generally, C28/I2 cells at a density of 1×10^5 cells/well were rinsed twice with cold PBS solution and resuspended in 1× Binding buffer. Afterwards, 5 μL of Annexin V-FITC and 10 μL of propidium iodide (PI) were introduced and incubated for 10 min in the dark. Finally, apoptotic cells were determined using a flow cytometer (BD Biosciences, San Jose, CA, USA).

**ELISA**

The levels of inflammatory cytokines interleukin-1 beta (IL-1β), interleukin-6 (IL-6), or tumor necrosis factor-alpha (TNF-α) in culture supernatant were detected using Human IL-1β/IL-6/TNF-α Quantikine ELISA Kits (R&D Systems, Abingdon, UK) according to the instructions supplied by the manufacturer.

**Luciferase reporter assay**

Bioinformatics analysis using Starbase online software (Sun Yat-sen University, Guangzhou, China) first proved the existence of putative binding sites between H19 and miR-130a. For luciferase assay, partial fragments of H19 containing the assumed miR-130a binding sites were amplified and sub-cloned into psiCHECK-2 vector (Promega, Madison, WI, USA) to generate wild-type H19 plasmid (H19-WT). Then, a Site-Directed Mutagenesis Kit (Thermo Fisher Scientific) was employed to generate mutated H19 plasmid (H19-MUT). H19-WT or H19-MUT construct was co-transfected into C28/I2 cells along with miR-130a mimics or miR-NC. About 48 h post-transfection, relative luciferase activity was determined using the Dual-Luciferase reporter assay system (Promega).

**RNA pull down**

RNA pull down was performed to detect the interplay between lncRNA H19 and miR-130a. In brief, C28/I2 cells were harvested and rinsed with cold PBS solution three times, followed by the addition of 1 mL of lysis buffer containing protease inhibitor (Solarbio, Beijing, China). Cell lysates were mixed with biotin-labeled miRNAs or lncRNA probe sequences, and incubated with M-280 streptavidin-coated magnetic beads (Invitrogen) for 30 min at room temperature. Then, the beads were washed with ice-cold lysis buffer, low-salt buffer, and high-salt buffer, in this order, and bound RNAs was extracted using TRIzol reagent (Invitrogen) and quantified by RT-qPCR assay.

**Statistical analysis**

All experiments were performed three times. Statistical analysis was conducted using SPSS 20.0 (IBM Corp., Armonk, NY, USA), and results were presented as mean±standard deviation. Student’s t-test or one-way analysis of variance was carried out to estimate significant group differences. p<0.05 represented a statistically significant result.

**RESULTS**

**H19 significantly upregulated in LPS-exposed C28/I2 cells**

A significant dose-dependent increase of H19 was observed in LPS-exposed C28/I2 cells (Fig. 1A). Next, C28/I2 cells treated with 5 µg/mL of LPS were transfected with si-H19 and its negative control (si-NC), respectively. As shown in Fig. 1B, the abundances of H19 were notably lessened in si-H19-transfected cells, compared to control, indicating that si-H19 could be used for the following loss-of-function trials.

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**Fig. 1.** H19 is upregulated in LPS-treated C28/I2 cells in a dose-dependent manner. (A) C28/I2 cells were treated with 0, 1, 5, and 10 µg/mL of LPS for 12 h, and then relative expression of H19 was measured by RT-qPCR. (B) LPS-exposed C28/I2 cells were transfected with si-NC or si-H19, followed by the detection of H19 expression by RT-qPCR. *p<0.01, †p<0.001. LPS, lipopolysaccharide; RT-qPCR, reverse-transcription quantitative PCR.
Knockdown of LncRNA H19 Relieves LPS-Induced Injury

H19 depletion rescues LPS-induced cell damage by modulating cell viability, apoptosis, and inflammation

To explore the effect of H19 on LPS-induced cell injury, C28/I2 cells were treated with LPS and transfected with si-NC or si-H19. CCK-8 analysis showed that depletion of H19 promoted LPS-inhibited the viability of C28/I2 cells (Fig. 2A). Moreover, flow cytometry assay demonstrated that H19 knockdown attenuated the stimulatory effect of LPS on cell apoptosis (Fig. 2B). Consistently, ELISA assay indicated that inflammatory factors (IL-1β, IL-6, TNF-α) were markedly downregulated after the transfection of si-H19 in LPS-treated C28/I2 cells, compared with control (Fig. 2C-E). These findings suggested that H19 absence alleviated LPS-derived cell damage in OA.

LncRNA H19, a molecular sponge for miR-130a

Bioinformatics analysis revealed promising binding sites of miR-130a within H19 sequences, indicating a potential link between lncRNA H19 and miR-130a (Fig. 3A). Next, we further demonstrated the true interaction between the two by luciferase and RNA pull down assays. As presented in Fig. 3B and 3C, the luciferase activity of H19-WT observably declined in the presence of miR-130a, compared with miR-NC group in 293T cells; there was no significant alteration in H19-MUT reporter. Contrary to miR-130a, anti-miR-130a significantly increased the luciferase activity of H19-WT, while H19-MUT showed no distinct change. Next, biotin-labelled miR-130a-WT (Bio-miR-130a-WT) or its mutant (Bio-miR-130a-MUT) devoid of specific H19 binding sites was constructed for RNA pull down analysis (Fig. 3D). Interestingly, we observed significant enrichment of IncRNA H19 in miR-130a-WT pulled down pellet as compared with negative control (Bio-NC), but less enrichment of H19 in miR-130a-MUT pulled down pellet (Fig. 3E). Likewise, wild-type biotin-labeled H19 probe (Bio-H19-probe-WT) could pull down miR-130a from RNA-protein complex, while Bio-H19-probe-MUT failed to enrich miR-130a (Fig. 3F). Taken together, these data indicated that H19 was able to interplay with miR-130a through complementary sites in C28/I2 cells.

Negative regulation between lncRNA H19 and miR-130a expression

In present study, C28/I2 cells were transiently transfected with pcDNA-H19 or si-H19 to overexpress or suppress H19 (Fig. 4A). Then, miR-130a expression was measured by RT-qPCR assay. As presented in Fig. 4B, addition of H19 led to a loss of miR-130a expression, whereas H19 depletion induced miR-130a expression, compared with their counterparts (Fig. 4B). Afterwards, miR-130a was overexpressed or interfered through transfection of miR-130a mimics or anti-miR-130a into C28/I2 cells (Fig. 4C). Moreover, H19 was strikingly downregulated in miR-130a-transfected C28/I2 cells, but was remarkably increased in miR-130a-deficient C28/I2 cells (Fig. 4D). These findings indicated the negative relationship between lncRNA H19 and miR-130a expression.

Fig. 2. LncRNA H19 deficiency remits LPS-induced cell damage in C28/I2 cells. After treatment with 5 µl of LPS, along with si-NC or si-H19, cell viability (A), apoptosis (B), and the release of inflammatory cytokines (IL-1β, IL-6, TNF-α) (C-E) in C28/I2 cells were determined by CCK-8, flow cytometry, and ELISA assays. *p<0.01, †p<0.001. LPS, lipopolysaccharide.
Fig. 3. LncRNA H19 identified as a molecular sponge for miR-130a. (A) Bioinformatics software was used to predict putative binding sites between miR-130a and H19, as well as mutant sites in the H19-MUT reporter. (B and C) 293T cells were co-transfected with H19-WT or H19-MUT and miR-130a or anti-miR-130a for 48 h, and then the activity of luciferase constructs focused on H19-WT and H19-MUT were determined by Dual-Luciferase reporter assay. (D) The mutant sites in the miR-130a-MUT reporter. (E and F) RNA pull down analysis was performed to verify the interplay between H19 and miR-130a. † $p<0.001$.

Fig. 4. The negative regulation between H19 and miR-130a in LPS-treated C28/I2 cells. (A) RT-qPCR assay was employed for the detection of H19 expression in H19 or si-H19-transfected cells. (B) The expression of miR-130a was negatively regulated by H19 in LPS-exposed C28/I2 cells. (C) RT-qPCR assay was employed for the detection of miR-130a expression in miR-130a or anti-miR-130a-transfected cells. (D) The expression of H19 was negatively regulated by miR-130a in LPS-exposed C28/I2 cells. * $p<0.01$, † $p<0.001$. LPS, lipopolysaccharide; RT-qPCR, reverse-transcription quantitative PCR.
Knockdown of LncRNA H19 Relieves LPS-Induced Injury

Effects of H19 on cell viability, apoptosis, and inflammation abrogated by miR-130a restoration

miR-130a expression in LPS-damaged C28/I2 cells was first detected by RT-qPCR, and the results revealed marked down-regulation of miR-130a in a dose-dependent manner (Fig. 5A). Further, restoration experiments were performed to investigate the impacts of miR-130a on H19-mediated cell injury through transfection of pcDNA3.1, H19, H19+miR-NC, or H19+miR-130a into LPS-treated C28/I2 cells. As demonstrated in Fig. 5B and C, restoration of miR-130a abolished the inhibitory effect of H19 on cell viability. Moreover, the alteration of cell apoptosis, induced by H19, was also reversed by miR-130a introduction. In terms of inflammatory cytokines, the levels of IL-1β, IL-6, and TNF-α were notably decreased in H19+miR-130a transfected cells, compared with its control (Fig. 5D-F), hinting that miR-130a weakened H19-stimulated inflammation in LPS-treated C28/I2 cells. Our findings indicated that overexpression of miR-130a abrogated the damaging effects of H19 on LPS-exposed C28/I2 cells.

**DISCUSSION**

This report provides the first evidence that lncRNA H19 silencing significantly rescue LPS-induced cell injury by promoting cell viability and suppressing apoptosis and inflammatory cytokines release in C28/I2 cells. Overall, we found H19 to be a molecular sponge for miR-130a. Exogenous overexpression of miR-130a ameliorated H19-induced cell injury in LPS-treated C28/I2 cells.

LPS is generally known as a major mediator in bacterial infection and disease evolution, and plays a key role in the induction of strong inflammatory responses, including production of proinflammatory cytokines and chemokines. As stated by Lee, et al.,20 LPS contributes to the production of cell adhesion molecules, TNF-α, and activated NF-κB, and induces the adhesion/migration of monocytes to human umbilical vein endothelial cell. Li, et al.21 reported that LPS triggers cell proliferation, suppresses apoptosis, and enhances the release of IL-1β, IL-6, IL-12, and TNF-α in gastric cancer. Our study showed that LPS significantly induces chondrocyte injury, reflected by decreased cell viability, increased apoptosis, and stimulation of IL-1β, IL-6, and TNF-α secretion in C28/I2 cells, which was similar with previous research reported by Sun, et al.22

Increasing evidence has demonstrated the biological functions of lncRNA in various diseases by the modulation of X-chromosome silencing, genomic imprinting, chromatin modification, transcription, and translation.23,24 In OA, a series of lncRNAs with abnormal expression plays pivotal roles in the occurrence and development of this disease. For instance, an abundance of lncRNA RP11-445H22.4 in LPS-induced cartilage ATDC5 cells has been found to result in a decrease in cell viability.25

**Fig. 5.** Effects of H19 are abrogated by miR-130a overexpression. (A) C28/I2 cells were treated with 0, 1, 5, and 10 µg/mL of LPS for 12 h, and then relative expression of miR-130a was determined by RT-qPCR. LPS-induced C28/I2 cells were transfected with pcDNA3.1, H19, H19+miR-NC, or H19+miR-130a. At about 48 h post-transfection, cell viability (B), apoptosis (C), and the levels of inflammatory cytokines (IL-1β, IL-6, TNF-α) (D-F) were measured by CCK-8, flow cytometry, and ELISA assays. *p<0.01. LPS, lipopolysaccharide; RT-qPCR, reverse-transcription quantitative PCR.
viability, increase in apoptosis, and secretion of inflammatory cytokines.\textsuperscript{23} Ectopic expression of PVT1 was shown to be involved in the modulation of chondrocyte apoptosis, which further led to the degeneration of cartilage.\textsuperscript{25} In contrast to previous studies, our data indicated that H19 is downregulated in LPS-damaged C28/I2 cells. Functionally, knockdown of H19 relieved LPS-induced chondrocyte injury, as evidenced by increased cell viability, increased apoptosis, and reduced inflammatory cytokines releases. Therefore, our study demonstrated the protective role of H19 in OA chondrocytes, which was consistent with a previous study.\textsuperscript{17}

lncRNAs are considered to be a major players of competing endogenous RNA (ceRNA)-mediated network due to its regulatory effect on target gene expression by serving as a molecular sponge for specific miRNA.\textsuperscript{26} Ectopic expressed lncRNA is associated with the occurrence and development of a range of diseases, including OA. As reported by Xu and Xu,\textsuperscript{27} downregulated lncRNA MEG3 induces cell proliferation but inhibits apoptosis in IL-1β-derived rat chondrocytes via a miR-1/SMAD7 axis. Li, et al.\textsuperscript{28} suggested that lncRNA CIR upregulates MMP13 expression by competitively sponging miR-27b and then induces the degradation of chondrocyte extracellular matrix in OA. Zhang, et al.\textsuperscript{29} revealed that lncRNA UFC1 regulates the proliferation and apoptosis of OA chondrocytes through physical interaction with miR-34a, hinting at the pivotal role of UFC1 in OA remission. We confirmed that H19 negatively regulates miR-130a in chondrocytes through different methods, including luciferase activity, RNA pull down, and RT-qPCR. Furthermore, miR-130a was downregulated in LPS-stimulated chondrocytes.

MiR-130a is implicated in the regulation of a broad range of cell phenotypes. For instance, upregulation of miR-130a was found to promote the migration and invasion in breast cancer cells through directly targeting Dicer mRNA.\textsuperscript{30} Targeting of RUNX3 by miR-130a was shown to contribute to cell proliferation in gastric cancer.\textsuperscript{31} In inflammatory disease, miR-130a lowered the expression levels of inflammatory cytokines in patients with acute ischemic stroke.\textsuperscript{32} Also, miR-130a alleviated inflammatory responses and human coronary artery endothelial cell injury via regulation of PTEN/PI3K/Akt/eNOS pathway.\textsuperscript{33} In line with previous studies, we showed that overexpression of miR-675 overturned H19-inhibited cell viability and induced apoptosis and inflammatory cytokines in LPS-treated C28/I2 cells, implying that H19 aggravates LPS-induced C28/I2 cell damage by interacting with miR-130a. Although the molecular mechanism of the H19/miR-130a axis in chondrocytes has been illustrated in vitro, there is also need to explore the signaling pathway mediated by H19/miR-130a axis and the modulation of H19 in OA treatments.

Although primary chondrocytes isolated from animal and human sources have served as available models for studying the mechanisms of cell growth and inflammation,\textsuperscript{34} research has also confirmed the limitations of using primary chondrocytes. As stated by Goldring,\textsuperscript{35} due to the uncontrollability of cartilage sources, sufficient numbers of chondrocytes cannot be readily obtained from random operative procedures. Moreover, the phenotypic stability and proliferative capacity in adult human chondrocytes is quickly lost after continuous passage culture. Finger, et al.\textsuperscript{36} also reported that primary human adult articular chondrocytes are difficult to obtain and show little proliferative activity. Compared to primary chondrocytes, immortalized C28/I2 cell line can be cultured steadily and has the ability to proliferate rapidly in designated medium.\textsuperscript{37} Thus, we selected LPS-induced C28/I2 cell lines as a disease model to investigate proliferation, apoptosis, and inflammation in OA. However, C28/I2 cells may exhibit less correlation with a true disease model, compared with primary chondrocytes, and thus, further exploration of the role of the H19/miR-130a axis in primary chondrocytes is needed in subsequent research.

In summary, our data revealed that lncRNA H19 suppresses viability, induces apoptosis, and increases inflammatory cytokines release in LPS-derived chondrocytes by acting as a molecular sponge for miR-130a. These findings highlight a novel pathological mechanism of OA, hinting at a potential biological target for OA treatment.

**AUTHOR CONTRIBUTIONS**

Conceptualization: Yi Hu. Data curation: Sukai Li. Formal analysis: Yi Hu. Investigation: Yi Hu, Sukai Li. Methodology: Sukai Li. Project administration: Yi Hu. Resources: Yi Hu. Software: Yonggen Zou. Validation: Sukai Li. Writing—original draft: Yonggen Zou. Writing—review & editing: Yonggen Zou.

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