Acute Graft-Versus-Host Disease, Infections, Vascular Events and Drug Toxicities Affecting the Central Nervous System

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Allogeneic hematopoietic cell transplantation (allo-HCT) is a curative therapy for patients with hematological malignancies. Acute Graft versus host diseases (GVHD) is a major immune mediated side effect of allo-HCT that can affect the central nervous system (CNS) in addition to post-allo-HCT vascular events, drug toxicity or infections. Here we summarize and discuss recent preclinical data on the CNS as a target of acute GVHD and the known mechanisms contributing to neurotoxicity with a focus on microglia and T cells. We also discuss open questions in the field and place the findings made in mouse models in a clinical context. While in mice the neurological deficits can be assessed in a controlled fashion, in patients the etiology of the CNS damage is difficult to attribute to acute GVHD versus infections, vascular events, and drug-induced toxicity. Ultimately, we discuss novel therapies for GVHD of the CNS. Our understanding of the biological mechanisms that lead to neurotoxicity after allo-HCT increased over the last decade. This review provides insights into CNS manifestations of GVHD versus other etiologies of CNS damage in mice and patients.

Keywords: GvHD, central nervous system, inflammation, drug toxicity, microglia, T cells

INTRODUCTION

Acute graft-versus-host disease (GVHD) is a life-threatening complication after allogeneic hematopoietic cell transplantation (allo-HCT). About 50% of the patients with severe acute GVHD fail to respond to corticosteroids, and steroid-refractory severe GVHD has a dismal prognosis with a 1-year survival rate of less than 20% (1). GVHD was classically considered to involve the skin, intestinal tract and liver, which was termed as “tissue tropism of acute GVHD”. The target organs of acute GVHD are affected by commensal bacteria that populate these locations and that may migrate through damaged epithelial barriers (2) and activate intestinal epithelium (3), neutrophils (4, 5), dendritic cells, macrophages and monocytes (6). The observation that non-sterile triggers of tissue damage such as ATP (7, 8) or uric acid (9) may contribute to GVHD support the concept that also other organs with less commensal bacteria can be affected by GVHD. There is
increasing evidence that the effects of acute GVHD are not limited to the three classical target organs, but can also occur in the central nervous system (CNS). Neurological complications were reported in 10% of the patients undergoing autologous (auto)-HCT while over 80% of allo-HCT patients experienced neurological complications at some time point (10–12) which indicates that not only the toxicity but also the allo-reactive effect of the donor immune system may contribute to neurological complications. Clinical manifestations of CNS-GVHD include seizures, reduced vision and cognitive impairment. The symptoms can resemble for example multiple sclerosis or Guillain-Barre syndrome. Risk factors for neurological complications during acute GVHD are diverse. Female gender, high doses of total body irradiation (TBI), myeloablative high dose chemotherapy-based conditioning, infections and preexisting cerebrovascular disorders are major risk factors for the development of neurological complications after allo-HCT (13–15). CNS-GVHD though considered a rare entity, significantly affects the mortality and quality of life in allo-HCT patients (13). In this review, we provide an overview on the cell types affected by CNS-GVHD and we discuss the diverse clinical manifestations of the disease as well as infections, vascular events and drug toxicities affecting the CNS.

**STUDIES ON CNS-GVHD IN PRECLINICAL MODELS**

Preclinical studies using mouse models of acute GVHD showed that the transfer of allogeneic T cells caused CNS infiltration by effector memory T cells (16). The allogeneic T cells infiltrated different regions of the CNS including the meninges, vasculature and parenchyma while a comparable T cell infiltration was not observed when only syngeneic T cells were transferred (16). Evidence for CNS-GVHD was not restricted to the murine model, as other investigators reported that CNS in infections by T cells (18). In line with the findings, a fivefold increase in the MHC-II expression was observed in a rat model of GVHD. Neuroinflammation was increased in cortical regions including occipital and olfactory regions in a rat GVHD model (27). In contrast, such inflammatory effects were not observed upon transfer of syngeneic T cells (27).

Multiple effects involving endothelial damage, T cell transmigration, cytokine production and ultimately neuronal damage are involved in CNS-GVHD (Figure 2).

**HUMAN STUDIES ON CNS-GVHD**

Consistent with findings in preclinical models, human brain analysis of female sex-mismatched bone marrow transplant recipients have identified donor (Y-chromosome) derived cell infiltrates (28). In addition to this, lymphocytosis was noticed in CSF together with encephalitis with increased infiltration of T cells and gliosis with no signs of infection further confirming the occurrence of CNS-GVHD (29, 30).

Neurological deficits and MRI findings have been reported in patients developing GVHD (31).

The clinical picture of acute GVHD is often connected to neurological deficits in patients, morphological CNS white matter changes detectable by magnetic resonance imaging and intraparenchymal lymphocytic infiltration of the brain upon autopsy (31, 32). In line with the findings, studies also reported...
neurological deficits including drowsiness, dysphoria, right dazedness and MRI findings of abnormal cerebra gyrus swelling, corpus signal, diffused white matter regions (33). Biopsy studies on GVHD brains showed axonal depletion representative of demyelination disease in a patient. CNS-GVHD is quite heterogeneous and case dependent with patients most frequently reported with delusion, hemiparesis, temporary unconsciousness and psychomotor agitation with neither T cell infiltration to the CNS nor relapse of malignancy (14, 34). On contrary, some patients also developed metabolic encephalopathy with neurological deficits ranging from vision loss, confusion to coma and death (15).

Autopsy studies revealed an increase of Iba-1+ myeloid cells in the CNS of patients with GVHD when compared to the allo-HCT patients without GVHD. In addition to this the microglia from CNS-GVHD patients had increased expression of TNF (26).

Due to the rarity of CNS-GVHD and the difficulty to distinguish the disease from other mediators of CNS toxicity, biomarkers to identify CNS-GVHD would be highly desirable. IgG index in the CSF is an indicator of neurological disorders like multiple sclerosis, intrathecal inflammation (35, 36). Another study indicated that Blood Brain Barrier (BBB) impermeability, IgG –Synthesis index are early indicators of CNS demyelination (37). In addition to this, increased BBB permeability, elevated myelin basic protein in blood and CSF are some of the immune markers that could be tested for their validity as biomarkers for CNS-GVHD (36). Identifying the immune biomarkers that predict damage to neurons, glial cells and myelin membranes may help diagnose CNS-GVHD. Patients with CNS-GVHD were reported to respond to high dose corticosteroids, intravenous immunoglobulin treatments, immunosuppressive medications including methotrexate and etoposide (38). Chronic CNS-GVHD is a late complication of allo-HCT and clinical manifestations may include myasthenia gravis, myositis, demyelination, angiitis (39, 40). Patients can also present with stroke-like episodes, lacunar syndromes, multiple sclerosis-like presentations or encephalitis (30). The diagnosis of chronic CNS-GVHD is often challenging (41). The NIH Consensus Conference on criteria for clinical trials in chronic GVHD delineated three types of chronic CNS-GvHD: cerebrovascular disease, CNS demyelinating disease, and immune-mediated encephalitis (41). The NIH consensus on criteria for clinical trials in chronic GVHD recommended that the diagnosis of chronic CNS-GVHD should be made only when other organs are affected by GVHD and other neurological differential diagnoses are excluded (41). Differential diagnoses of chronic CNS-GVHD include in particular drug-induced toxicities or opportunistic infections.

**NON-GVHD RELATED CAUSES FOR NEUROLOGICAL SYMPTOMS AFTER ALLO-HCT**

Neurological complications after allo-HCT can have multiple etiologies such as infections, vascular events and drug-induced toxicities.

After allo-HCT, patients are immunodeficient and therefore highly susceptible to a variety of opportunistic infections caused...
by either bacteria, fungi or viruses, which can also affect the CNS. Acute GVHD further increases the risk of opportunistic infections, which lead to neurological complications in some patients (42). CSF analysis of patients undergoing allo-HCT revealed the presence of cytomegalovirus (CMV), Epstein Bar (EBV), Human Herpes virus-6 (HHV-6), HHV-8, toxoplasma infections among others (43). Diffuse microglial hyperplasia and microglial nodular encephalopathy were reported in some patients, which indicates microglial activation in response to infectious complications during GVHD (15). Meningoencephalitis induced by Aspergillus species was observed in children and adults undergoing allo-HCT with an overall incidence rate of up to 30% (15, 44). Cerebral aspergillus infections can cause stroke like manifestations with focal deficits (45). Infections related to candida species were reported in allo-HCT patients with neurological complications ranging from vasculitis to hemorrhagic abscess (46). Bacterial infections also account for major neurological complications after allo-HCT, e.g. CNS infections with streptococcus and staphylococcus (15). Klebsiella, E coli and Listeria monocytogenes were reported to cause meningitis and brain stem encephalitis in allo-HCT patients. Toxoplasma gondii encephalitis is a rare infection after allo-HCT, mostly reported in countries with high prevalence rates of the toxoplasma (47, 48). Neurotoxoplasmosis is characterized by the presence of grey and white matter abscesses and can be diagnosed by CT or MRI scans (49). Patients undergoing allo-HCT are exposed to a variety of viruses that lead to viral encephalitis further governing the mortality and morbidity rates. HHV-6, EBV, Herpes simplex virus, CMV, John Cunningham (JC) virus, varicella zoster virus, and adenovirus are the commonly reported viral infections leading to neurological complications in GVHD patients. Progressive multifocal leukoencephalopathy is a progressive demyelinating disorder caused by JC virus primarily affecting oligodendrocytes in response to monoclonal antibodies (50). Restoration of anti-viral immune responses is the only available option for treating JC virus related infections, although tapering the immunosuppression was unsuccessful in reversing the neurological deficits in a fraction of patients (51). In addition to this, a positive correlation between CD8+ T cells in the CNS and JC virus infected glial cells was reported (52). HHV-6 induced encephalitis is a serious complication observed mostly within

FIGURE 2 | The simplified sketch shows the proposed mechanism how CNS-GVHD evolves and contributes to neuronal damage ultimately leading to cognitive deficits. An initial event is the activation of microglia by stimuli that are not well characterized so far, being most likely damage associated molecular patterns (DAMPs) and pathogen associated molecular patterns (PAMPs). Activated microglia upregulates MHC I and II as well as CD80 leading to increased T cell priming. Additionally microglia- and macrophage-derived IL-6 impacting IDO-1 induces neurological defects, leading to the clinical picture of CNS GVHD. TNF derived from microglia has direct neurological toxicity. Donor T cells polarized towards Th1 and Th17 contribute to CNS GVHD as well as macrophages, monocytes and DC from the periphery. Mφ, Macrophage; DC, Dendritic Cells; Tc, T cells; Ly6c+ cells, Monocytes.
and mostly donor derived and risk factors include intensity polyradiculopathy (61). Umbilical cord transplantation and typically a late onset disease and is associated with encephalitis or mortality rates in allo-HCT patients. CMV infection of the CNS is in either lungs or CNS are often associated with extremely high manifestations are very similar to CNS lymphomas with EBV are early onset and mostly donor derived and risk factors include intensity of immunosuppression and high-grade GVHD (59). The infections caused by EBV are early onset and the common manifestations include myelitis and vascular encephalitis. Post-transplant lymphoproliferative diseases driven by oncogenic EBV pose considerably high risks post allo-HCT (58). The infections caused by EBV (62). Histological manifestations of the CMV include viral inclusion bodies in the CNS commonly referred as owls eye inclusions (63). In some patients the viral load of CMV in the CSF was higher than in the peripheral blood indicating the significance of monitoring the CMV copy levels in the CSF when CNS involved by CMV reactivation is suspected (63, 64). Allogeneic virus-specific T cells were shown to be effective against CMV and EBV (65–67) and could be used to treat neurological symptoms caused by virus infections. This strategy will be most relevant for allo-HCT patients with drug-refractory CMV infection that lack virus-specific T cells. A recent trial using stem cell-donor- or third-party-donor-derived CMV-specific T cells for the treatment of persistent CMV infections after allogeneic hematopoietic stem cell transplantation reported complete and partial virological response rates in 62.5% and 25%, respectively (68).

Vascular complications including subarachnoid, subdural, intraparenchymal and intraventricular hemorrhages were identified by autopsy studies in the CNS of allo-HCT patients (15, 69). Low platelet counts, an altered coagulation and pre-existing vascular events are risk factors contributing to hemorrhage and thrombosis post allo-HCT (70). Microvascular injury and endothelial damage leading to increased microvascular permeability were caused by calcineurin inhibitors in patients undergoing allo-HCT (71).

Medications given pre- and post-transplant also contribute to neurological deficits in patients undergoing allo-HCT. In order to suppress the immune system of the patient and to eliminate cancer cells, patients receive conditioning therapy. The type of conditioning regimen mainly depends on the underlying disease, comorbidities and the age of the patient. Conditioning regimens can include combinations of high dose TBI with cyclophosphamide and cytarabine. Reduced intensity conditioning regimen (RIC) often consist of fludarabine and busulphan and minimum dose conditioning regimens use low dose TBI and busulphan (13, 72). Cyclophosphamide induces neurotoxicity by generating reactive oxygen species which further impairs the motor coordination, learning and memory in rats (73). Busulphan, an alkylating agent, is widely used for conditioning prior to allo-HCT. Busulphan penetrates the CNS as shown by active CSF drug levels and severe CNS toxicity was observed in patients treated with this agent (74). Around 2% of the allo-HCT patients treated with busulphan were reported to develop tonic clonic seizures (75, 76). A case study reported disturbances in electroencephalography (EEG) which lasted for about 20 days upon busulphan and cyclophosphamide treatment (77). Phenytoin is effective at preventing busulphan induced seizures (78). Chemotherapy induced toxic leukoencephalopathy has an unfavorable prognosis (79). Autospies of patients with leukoencephalopathy revealed activation of astrocytes, infiltration of activated macrophages and a decrease in microglia expressing TMEM119 along with gliosis, demyelination in white matter (80).

In addition to neurotoxicity caused by the conditioning regimen, the GVHD prophylaxis or treatment, anti-viral drugs, antibiotics and anti-fungal agents can cause toxicity to the CNS. The calcineurin inhibitors cyclosporine A (CSA) and tacrolimus are widely used for GVHD prophylaxis as they block T cell activity (81). However the expression of calcineurin is not limited to lymphocytes, but it is also expressed by CNS cells, particularly in the hippocampus (82). In the CNS calcineurin controls the function of neurons and its blockade affects the CNS function (83). Visual disturbances, increase in the occipital lobe density, cortical abnormalities, seizures, posterior reversible encephalopathy syndrome (PRES), hallucinations, motor weakness are some of the most commonly reported side effects of CSA experienced by 10–28% of the treated patients (84–87). In line with the reports, CSA treated mixed glial cultures induced cell death of neurons and oligodendrocytes indicating drug toxicity (88). While most of the side effects induced by CSA are reversible, some reports indicate that cyclosporine induced neurotoxicity might result in long-term toxicity with permanent cortical blindness (89). The mechanism of action of tacrolimus is quite similar to CSA, while some reports suggest that CSA caused milder symptoms of neurotoxicity (50). Tacrolimus induced PRES was reported in children undergoing allo-HCT for hemoglobinopathies (90–92). Recently the JAK-1 and JAK-2 inhibitor ruxolitinib has shown activity for the treatment of corticosteroid-refractory acute and chronic GVHD (23–25). A major side effects is thrombocytopenia, which may increase the risk of cerebral hemorrhage after allo-HCT.

Antimicrobials or anti infectious drugs employed in the treatment of opportunistic infections during GVHD also pose significant threat to the CNS. Neutropenia together with encephalitis induced stroke, and vertigo are the major side effects of medications including acyclovir, gancyclovir (49). In addition, thrombocytopenia induces vascular complications ranging from subdural hematoma, hemorrhages and infarct along with increased infection rate in patients post allo-HCT (49). Amphotericin B triggers confusion, Parkinsonism, visual changes and encephalopathies in some cases (49, 93). Cefepime induced seizures, encephalopathy and myoclonus were noted in some studies (49).

In aggregate, a plethora of infections, vascular events, and drug-induced toxicities can cause neurological symptoms that need to be ruled out before diagnosing CNS-GVHD.
DIAGNOSTIC PROCEDURES THAT SHOULD BE PERFORMED IN CASE OF CNS SYMPTOMS

The NIH Consensus Conference on criteria for clinical trials in GVHD recommends the following measures in patients with suspected CNS-GVHD (41): CSF cell count, serology, culture and polymerase chain reaction for viral, bacterial or fungal DNA. Imaging should include MRI of the CNS. MRI and CSF analysis will reveal the underlying disease of the neurological symptoms in the majority of cases. CNS-GVHD is an exclusion diagnosis meaning that other causes should be excluded before immunosuppressive therapy is started. The presence of other GVHD manifestations make the diagnosis of CNS-GVHD more likely. To exclude more rare causes for neurological symptoms such as post-transplant acute limbic encephalitis in patients with anterograde amnesia, inappropriate antidiuretic hormone secretion and EEG abnormalities, it is recommended to determine HHV-6 reactivation in the CSF and perform MRI of the brain (41). In case that clinical presentation and MRI suggest an infection, but serology and PCR from CSF remain negative a biopsy of the lesion is recommended (41). In particular when chronic fungal and viral infections as well as progressive multifocal leukoencephalopathy are suspected (94). Also if relapse of the hematological malignancy in the CNS is clinically suspected a biopsy can be considered if the CSF analysis was not conclusive.

SUMMARY

Despite recent advances in the clinical management of acute GVHD, CNS-GVHD is still a life threatening complication that is often difficult to diagnose. Preclinical studies have shown that allogeneic T cells infiltrate the CNS during GVHD and activate different cell types including microglia and other myeloid cells. CNS-GVHD causes damage to neurons and endothelial cells. While CNS-GVHD accounts for some of the neurological symptoms observed after allo-HCT it is important to also consider infections, vascular events, and drug-induced toxicity. Treatment of these complications e.g. reducing CSA when CSA induced neurotoxicity is suspected could exacerbate CNS-GVHD. In case of drug toxicities the responsible drugs should be changed and avoided if CNS symptoms are severe. Therefore, to improve patient outcome it is desirable to identify biomarkers that help early identification and diagnosis of CNS-GVHD in particular when other organs are not affected by GVHD.

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