Obesity Aggravates Acute Pancreatitis via Damaging Intestinal Mucosal Barrier and Changing Microbiota Composition in Rats

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Obesity may aggravate acute pancreatitis (AP) through damaging the intestinal mucosal barrier (IMB). The underlying mechanism remains unclear. This study was aimed to provide further data to clarify the mechanism. 48 rats were divided into 4 groups: 1) normal control (NC), chow-fed rats with sham operation, 2) no-obese rats with AP (NAP), chow-fed rats with taurocholate infusion, 3) obese control (OC), high-fat diet (HFD)-fed rats with sham operation, and 4) obese rats with AP (OAP), HFD-fed rats with taurocholate infusion. Pancreatic pathologic score (11.39 ± 1.76 vs. 14.11 ± 1.05, p = 0.005), intestinal permeability to FD4 (0.91 ± 0.25 μg/ml vs. 7.06 ± 3.67 μg/ml, p < 0.001), serum leptin (10.25 ± 5.59 ng/ml vs. 79.73 ± 38.44 ng/ml, p < 0.001) and ileal apoptosis (2.05 ± 0.73% vs. 4.53 ± 2.28%, p = 0.006) were significantly higher in OAP than in NAP group. The intestinal bacterial richness (Chao 1 and OTUs) was significantly lower in OAP than in NAP rats. The higher abundance of Proteobacteria and reduced proportions of intestinal Actinobacteria, Allobaculum and Barnesiella were detected in OAP group. Obesity may result in decreased intestinal leptin/ObR-b binding, distinct phylogenetic clusters of ileal bacterial communities, increased intestinal inflammatory injury and the insufficient intestinal epithelial cells proliferation during AP attack. Pancreatic injury was aggravated due to obesity associated dysfunction of IMB.

Severe acute pancreatitis (SAP) with the characters of persistent organ failure or infectious local complications has been taken as one of the most terrible celiac disorders, with a mortality rate as high as 10–30%. Dysfunction of the intestinal mucosal barrier (IMB) plays an essential role in the development of SAP. Barrier dysfunction, usually due to dysregulated tight junctions (TJs) and/or aberrant apoptosis or proliferation of the intestinal epithelial cells (IECs), can lead to increased barrier permeability and invasion of luminal antigens and bacteria into the lamina propria, triggering immune cell-mediated mucosal inflammation. Elevated intestinal permeability (IP) is a main cause of bacterial and endotoxin translocation in the progression of SAP. In addition, obesity, which is considered to induce a chronic inflammatory state per se, has been considered an independent risk factor for SAP. The occurrences of systemic and local complications may increase to 1.68–2.8-fold in obese patients. Obesity has been reported to damage the IMB due to the down-regulation of TJs. However, the status of IMB under obesity during acute pancreatitis (AP) is unknown. The underlying mechanism remains unclear.

Leptin, a 16-kilodalton product of the ob gene, is considered pivotal in the energy homeostasis in obesity. It is not only released from adipose tissue but also synthesized from intestinal mucosa. Apart from metabolic regulation, recent studies have shown that the binding of leptin to long form leptin receptor ObR-b may induce proliferation and reduce apoptosis of IECs during intestinal ischaemia/reperfusion. However, there is no data...
Results

Obesity aggravated acute pancreatitis. A high-fat diet (HFD) for 6 months led to an increased body weight, Lee's index and concentrations of cholesterol and triglycerides (Supplementary Table 1). Animal groupings: normal weight rats with sham operation (NC), normal weight rats with AP induction (NAP), obese rats with sham operation (OC), and obese rats with AP induction (OAP). Serum levels of amylase in two AP groups were significantly increased after retrograde infusion of Na-taurocholate (NC 1486.53 ± 403.56 U/L vs. NAP 2819.90 ± 476.46 U/L, p = 0.006; OC 1460.68 ± 565.37 U/L vs. OAP 2896.84 ± 153.45 U/L, p = 0.001). Also, Schmidt's acute pancreatic damage scores were much higher in AP groups than in the corresponding control groups (NC 3.32 ± 1.31 vs. NAP 11.39 ± 1.76, p < 0.001; OC 3.94 ± 2.10 vs. OAP 14.11 ± 1.05, p < 0.001). Moreover, the pathologic score in the OAP group was significantly higher than that of the NAP group, p = 0.005 (Fig. 1a,b). Serum lactate and tumour necrosis factor (TNF)-α were significantly increased only in OAP rather than in NAP, compared with their corresponding controls (Fig. 1d,e).

Obesity deteriorated intestinal permeability of rats with AP. Rats with AP (NAP) showed higher serum endotoxin level (0.65 ± 0.06 IU/L) than control ones (NC 0.54 ± 0.04 IU/L), p = 0.009. However, the serum endotoxin level in obese rats with AP (OAP 0.85 ± 0.07 IU/L) was not only higher than that in its corresponding control group (OC 0.57 ± 0.03 IU/L), p < 0.001, but was also much higher than that in NAP (0.85 ± 0.07 IU/L vs. 0.65 ± 0.06 IU/L, p < 0.001; Fig. 1f). Interestingly, the NAP group did not show significantly higher IP to a 4-kDa macromolecular fluorescent probe (FD4) when compared to the NC group, p > 0.05. The OAP group not only did it when compared with the OC group, but also showed significantly higher FD4 absorption than the NAP group, p < 0.001 (Fig. 1g). Obesity was associated with elevation of endotoxin translocation and FD4 absorption in AP rats.

Obesity aggravated intestinal inflammatory injury during AP. Obvious inflammatory injuries were shown in the intestines of obese rats with AP (Fig. 1c). The histopathological scores of the intestines in OAP were significantly higher than those in NAP (5.39 ± 1.24 vs. 4.45 ± 1.04, p = 0.038). Furthermore, elevation of pathologic scores in the OAP group mainly referred to leukocyte infiltration (p = 0.002) rather than mucosal injury (p = 0.546).

Obesity led to more apoptosis but less proliferation of IECs during AP. AP induced significant apoptosis of IECs in both NAP and OAP when compared with their corresponding controls. The apoptosis index of IECs in the OAP group was significantly higher than that in NAP (Fig. 1h,i). IEC proliferation with Ki67 expression in ileal crypt was increased in the NAP group (18.37 ± 3.12%) when compared with the NC group (9.52 ± 0.79%, p = 0.008). In contrast, with the same induction of AP, obesity greatly inhibited the IEC proliferation. Ki67 expression in ileal crypt of the OAP group (14.89 ± 2.89%) was significantly lower than that in the OC group (24.03 ± 6.64%), p = 0.003 (Fig. 1j,k). Obviously, obesity led to more apoptosis but less proliferation of IECs during AP.

Obesity and AP did not affect the expression of TJ proteins between ileal IECs. There was no morphological change of the paracellular gaps between ileal IECs among the four groups (Supplementary Fig. 1a). Expressions of TJ proteins (occludin and claudin-1) did not significantly differ among the four groups by Western blot (WB) analysis or RT-qPCR (p > 0.05; Supplementary Fig. 1b,c).

Obesity resulted in imbalanced expression between leptin and intestinal ObR-b during AP. Compared with the NC group, the serum level of leptin of the OC group was increased, p = 0.004. After induction of AP, the serum level of leptin of the OAP group was not only higher than that of the OC group, but also much higher than that of the NAP group. Only on the basis of obesity, AP may promote leptin releasing from adipose tissue (Fig. 1l).

Similarly, compared with the NC group, the ileal leptin of OC group was significantly increased. However, after induction of AP, the ileal leptin of OAP was decreased by nearly 50% when compared with the OC group (Fig. 2a–c). The ileal leptin protein level was significantly correlated with IEC proliferation (r² = 0.411, p = 0.007) instead of apoptosis (r² = 0.224, p = 0.064).

Expression of ileal ObR-b was increased with the induction of AP but not with obesity (Fig. 2d–f). Interestingly, ileal ObR-b expression in obese rats were not stimulated with the induction of AP (RT-qPCR: NAP 1.88 ± 0.62 vs. OAP 1.02 ± 0.356 relative expression, p = 0.012; WB: NAP 1.54 ± 0.72 vs. OAP 0.79 ± 0.35 relative quantification, p = 0.006; Fig. 2d–f).
Obesity changed ileal microbial diversity and composition of rats with AP. The alpha diversity values (Chao 1 richness, OTU, Shannon’s diversity and Simpson index) of the four groups were compared (Fig. 3a). There were no significant differences in alpha diversity between NC and OC groups, $p > 0.05$. The levels of Chao 1 and OTUs in OAP were significantly lower than that in NAP; Chao 1 $p = 0.019$; OTU $p = 0.026$ (Fig. 3a).
leptin in this study. Among the 6 types of leptin receptors, long-form ObR-b is the only isoform with complete transmembrane and intracellular domains. ObR-b is also present throughout the intestinal epithelium, both in apical and basolateral membranes of IECs. AP promoted leptin releasing from adipose tissue but reduced the intestinal leptin in the obese rats in this study. Among the 6 types of leptin receptors, long-form ObR-b is the only isoform with complete transmembrane and intracellular domains. ObR-b is also present throughout the intestinal epithelium, both in apical and basolateral membranes of IECs, suggesting that leptin and ObR-b may participate in the physiological regulation of IMB, perhaps by a paracrine pathway. Previous studies also suggested that leptin/ObR-b and inflammatory mediators were closely affected by each other. Leptin was speculated to display a dual nature: as a mediator of inflammation and as a growth factor for the intestine. Therefore, although the expression of ObR-b was not markedly changed, less intestinal leptin/ObR-b binding in the obese rats with AP might affect the function of IMB through the deterioration of IEC proliferation. Moreover, dramatic release of circulating leptin by adipose tissue did not enhance intestinal leptin or stimulate ObR expression, suggesting a paracrine action of intestinal leptin in this study.

Discussion

Several epidemiological studies have suggested that obesity or increased intra-abdominal fat was associated with the development of SAP. This study provided further data to clarify the dysfunction of the IMB in aggravation of pancreatic injury by obesity. Either AP or obesity was involved in several pathways at the same time. However, obesity presented marked effects compared with AP.

The sealing property of intestinal mucosa requires an anatomically intact epithelium as well as efficient apical cell junctional complexes. Many insults may cause mucosal erosion or necrosis, imbalance of epithelial apoptosis and proliferation as well as disorganization of TJ proteins. Different from previous reports, in which down-regulation of intestinal TJs was associated with AP and obesity, the expressions of TJ proteins between ileal IECs were not affected in this study. The IP was increased in obese rats during AP and was characterized by more apoptosis but less proliferation of IECs. The insufficient IEC proliferation would be hardly enough to make up for the increased apoptosis during AP. Instead of obvious mucosal erosion or ulcer, the fragile IMB may be in the earlier stage of dysfunction of IMB in this animal model. Even though, the pancreatic inflammation was still aggravated through the translocation of endotoxin, lactate and TNF-α and activation of intestinal innate immunity. Excessive IEC apoptosis may be the major cause of increased mucosal inflammation at the early stage of AP in the obese rats.

IEC apoptosis and proliferation are regulated by several factors. Other than produced by adipose tissue, intestinal leptin may be one of these factors with the ability of accelerating proliferation and reducing apoptosis of IECs. AP promoted leptin releasing from adipose tissue but reduced the intestinal leptin in the obese rats in this study. Among the 6 types of leptin receptors, long-form ObR-b is the only isoform with complete transmembrane and intracellular domains. ObR-b is also present throughout the intestinal epithelium, both in apical and basolateral membranes of IECs, suggesting that leptin and ObR-b may participate in the physiological regulation of IMB, perhaps by a paracrine pathway. Previous studies also suggested that leptin/ObR-b and inflammatory mediators were closely affected by each other. Leptin was speculated to display a dual nature: as a mediator of inflammation, and as a growth factor for the intestine. Therefore, although the expression of ObR-b was not markedly changed, less intestinal leptin/ObR-b binding in the obese rats with AP might affect the function of IMB through the deterioration of IEC proliferation. Moreover, dramatic release of circulating leptin by adipose tissue did not enhance intestinal leptin or stimulate ObR expression, suggesting a paracrine action of intestinal leptin in this study.

With regard to beta diversity, principal coordinate analysis (PCoA), based on unweighted UniFrac distance, was used to reveal the structural segregation of rat ileal bacterial communities among the four groups. There was no significant difference in beta diversity of gut microbiota between groups of NC and OC, However, a distinct gut microbiota was correlated with either OAP or NAP (Bray-Curtis, NAP vs. OAP $r^2 = 0.18$, $p = 0.028$).

With microbiome composition analysis, the most abundant phyla in all the groups included Proteobacteria, Firmicutes and Bacteroidetes. The abundance of Proteobacteria in OAP (59.59%) was higher than that in the other groups (23.56%), $p = 0.013$. With induction of AP, obesity significantly reduced intestinal Actinobacteria proportion, NAP 3.15% vs. OAP 0.11%, $p = 0.007$ (Fig. 3d). And the abundance of Actinobacteria in obese rats with AP was lower than that in obese controls (OC 1.99% vs. OAP 0.11%, $p = 0.014$, Fig. 3d). At the genus level, similar data were also shown in the proportions of Allobaculum (NAP 15.85% vs. OAP 1.85%, $p = 0.008$, Fig. 3d) and Barnesiella (NAP 3.66% vs. OAP 0.06%, $p = 0.018$, Fig. 3d). The proportion of Clostridium XI was not changed in normal weight rats after induction of AP but was significantly decreased in obese rats with AP when compared with its control group (Fig. 3d). Moreover, there was a positive correlation of Clostridium XI abundance with IEC proliferation ($r^2 = 0.730$, $p < 0.001$).

Figure 2. Quantitation of ileal leptin and ObR. (a) mRNA expression of ileal leptin. (b) Protein quantification of ileal leptin. (c) Western blot analysis of ileal leptin. (d) mRNA expression of ileal ObR. (e) Protein quantification of ileal ObR. (f) Western blot analysis of ileal ObR. Each set of samples run in parallel. Each value is the mean ± SD from 8 animals in each group and duplicate measurements were made. *$p < 0.05$, **$p < 0.01$. Full-length blots were presented in Supplementary Fig. 2.
Figure 3. Alpha diversity, beta diversity and microbiome composition of the bacterial communities. (a) The Chao 1, OTUs, and Shannon and Simpson indexes were used to estimate the richness and diversity of the intestinal microbiota. (b) Unweighted Pair Group Method with Arithmetic mean (UPGMA) tree based on unweighted UniFrac distance matrix. (c) PCoA, based on unweighted UniFrac distance, was used to reveal the structural segregation of bacterial communities among the four groups. (d) Abundance of Actinobacteria and proportions (genus level) of Allobaculum, Barnesiella and Clostridium XI among the four groups. *p < 0.05, #p < 0.01. n = 8 in each group and duplicate measurements were made.

Figure 4. Schema of aggravated pancreatic injury due to obesity. IP: intestinal permeability, TJ: tight junction, Ob-R: leptin receptor, IMB: intestinal mucosal barrier.
In addition, previous reports have shown that leptin may regulate the composition of gut microbiota. Either leptin-deficient (ob/ob) or leptin receptor-deficient (db/db) mice had greatly altered gut microbial communities compared with wild-type littermates. Consistent with these observations, less intestinal leptin/ObR-b binding was associated with the change of ileal microbiota composition in the obese rats with AP in this study. Clostridium has previously been reported to have anti-inflammatory effect and to promote IEC proliferation with its butyrate producing capability. The greatly decreased proportion of Clostridium XI in obese rats with AP might be related to the intestinal inflammatory injury and the lack of repair. These results were only observational and speculative. The exact impacts of leptin and ObR-b on IMB and gut microbiota on obesity with AP need further experiments.

Faecal microbiome analyses have suggested bacterial richness to be a major marker for gut health. The intestinal bacterial richness (Chao 1 and OTUs) was significantly lower in obese rats than no-obese rats under the condition of AP in this study. It is in line with previous reports of a decreased diversity of the faecal microbiome with obesity. The ileal bacterial communities of obese rats with AP presented the distinct phylogenetic clusters compared with no-obese rats with AP. The higher abundance of Proteobacteria and reduced proportions of intestinal Actinobacteria, Allobaculum and Barnesiella were detected in the present study. It is unclear what action on IMB would be caused with such microbial dysbiosis. Recent reports have shown that higher Proteobacteria proportion was observed in patients who developed necrotizing enterocolitis. Ileal abundances of Actinobacteria, Allobaculum, and Barnesiella were shown to be associated with reduction of intestinal ulceration, with short chain fatty acids producing capability and to protect patients from Clostridium difficile infection. Therefore, the microbial dysbiosis happened in the obese rats with AP in this study might deteriorate the dysfunction of IMB and subsequent sepsis. Faecal microbiota analysis is usually used in many studies. However, faecal sample for gut microbiome analysis might contain bacteria from unspecified gastrointestinal tract compartments. This study focused on the interaction between the ileal microbiota and IMB. The ileal content, easier to collect in animal research than in human study, was analysed. It may be more specified than faecal samples (Supplementary data) which contain the colonic microbiota.

In conclusion, obesity may result in the decreased intestinal leptin/ObR-b binding, lower bacterial richness, distinct phylogenetic clusters of ileal bacterial communities, increased intestinal inflammatory injury and the insufficient IEC proliferation during AP attack. All of these interacted with each other and aggravated pancreatic injury through the dysfunction of IMB, even at its early stage.

Methods

Animals. Animal protocols were approved by the Animal Use and Care Committee of Sichuan University and were conducted according to the regulations set by Sichuan University. Adult male Sprague-Dawley (SD) rats (180–200 g, n = 48) were purchased of the same batch from Sichuan University Laboratory Animal Center. All rats were raised in separate cages (1 cage for 1 rat) with the same humidity, temperature, a 12:12 h light/dark adaption.

Inductions of obesity, AP and grouping. Obese rats were induced by a high-fat diet (HFD) containing 54 kcal % fat. The rats in control group were fed with conventional chow diet. All the animals had free access to food and tap water for 6 months. Rats were fasted for 12 h before operation. Anaesthesia was achieved with 1% pentobarbital sodium (Merck KgaA, Darmstadt, Germany). A midline laparotomy was performed, and the first loop of the duodenum was identified. AP was induced in a well-established AP model, which can be used to induce biliary pancreatitis, by retrograde infusion of 5% Na-taurocholate (Sigma, St. Louis, MO, USA) to the bile-pancreatic duct (1 ml/kg), at a speed of 100 μl/min using an infusion pump, as previously described. After operation, animals were given free access to 5% glucose-saline solution. Rats undergoing catheter insertion into the bile-pancreatic duct without any fluid infusion served as a sham operation control.

A total of 48 rats were divided into 4 groups (12 rats in each group): 1) normal control (NC), chow-fed rats with sham operation, 2) no-obese rats with AP (NAP), chow-fed rats with taurocholate infusion, 3) obese control (OC), HFD-fed rats with sham operation, and 4) obese rats with AP (OAP), HFD-fed rats with taurocholate infusion. Those rats were sacrificed under anaesthesia 24 h after the pancreatic duct insertion.

Measurements of serum levels of lipids and amylase. Serum was collected and tested for cholesterol, triglycerides and amylase levels by an Olympus AU2700 analyser (Olympus, Tokyo, Japan) based on the recommendations of the International Federation of Clinical Chemistry.

Serum lactate concentration. Serum lactate was quantified from cardiac puncturation using a Lactic Acid LD kit (KeyGEN BioTECH, Nanjing, China). Plates were read using the microplate reader under the wavelengths of 530 nm.

Histopathological study of pancreatitis and intestinal mucosal damage. Pancreatic and terminal ileal tissues fixed in 4% neutral buffered paraformaldehyde were embedded in paraffin, sectioned, and then stained with haematoxylin and eosin (H&E). The morphological changes were examined under a microscope (CX41, Olympus, Tokyo, Japan) equipped with a digital camera (DP72, Olympus, Tokyo, Japan). The severity of pancreatitis and intestinal damage were evaluated, as reported previously.

Endotoxin and FITC-dextran assay for evaluation of IP. Concentration of serum endotoxin from the portal vein was quantified with a Chromogenic End-point TAL kit according to the manufacturers' instructions (Chinese Horseshoe Crab Manufactory, Xiamen, China). Plates were read using the microplate reader under the wavelengths of 545 nm. Twenty-four hours after bile-pancreatic duct infusion, a midline laparotomy
was performed under anaesthesia. Then, fluorescein isothiocyanate (FITC) dextran of 4 kDa (FD4, Sigma, St. Louis, MO, USA) dissolved in PBS (40 mg/kg) was injected into the surgically exposed jejunal segments using a micro-syringe. One hour after injection, blood suction was performed by cardiac puncture and centrifuged (3000 × g, 10 min, 4 °C). The fluorescence intensity (λex/λem 485/525 nm) was detected using a spectrophotometer (Bio Tek, VT, USA). Serum concentrations of FITC-dextran were subsequently measured against a standard curve.

**Measurements of serum cytokine and leptin.** The concentrations of serum TNF-α and leptin from cardiac puncturation were quantified with enzyme-linked immunosorbent assay (ELISA) kits according to the manufacturers' instructions (USCN Life Sciences Inc., Wuhan, China). Plates were read using the microplate reader (Bio Tek, VT, USA) under the wavelengths of 450 nm.

**Immunohistochemical study for proliferation of IECs.** Sections of terminal ileal tissues were deparaffinized in xylene and serial ethanol dilutions. Antigen retrieval was performed by heating the sections in 10 mM sodium citrate buffer. Sections were blocked and incubated with primer antibody to Ki-67 (1:1000, Thermo Fisher Scientific, MA, USA) overnight at 4 °C and developed with biotinylated secondary antibodies, and then incubated with streptavidin-biotin-complex. The sections were then stained with a solution of 3,3-diaminobenzidine tetrahydrochloride and counterstained with haematoxylin. The number of crypt enterocytes which expressed Ki-67 was calculated as the percentage of total crypt enterocytes.

**Detection of ileal enterocyte apoptosis.** DNA fragmentation on ileal tissue (paraffin section) was assayed by terminal deoxynucleotidyl transferase-mediated dUTP nick-end labelling (TUNEL) assay (Roche, Mannheim, Germany). The number of TUNEL-positive enterocytes was calculated as the percentage of total surface enterocytes.

**Measurement of intestinal occludin, claudin-1, leptin and ObR-b.** Twenty-four hours after AP establishment, ileal tissues were stored at −80 °C until protein and RNA analysis. Ileal expressions of occludin, claudin-1, leptin and ObR-b were measured by Western blot, as previously described. Samples were probed with primary antibodies against occludin (1:125, Invitrogen, CA, USA), claudin-1 (1:100, Abcam, Cambridge, UK), leptin (1:1000, Abcam, Cambridge, UK) and leptin receptor (ObR-b) (1:1000, Abcam, Cambridge, UK) overnight at 4 °C. Protein expressions were determined using Bio-Rad image lab software 5.1 (Bio-Rad Laboratories, Hercules, CA, USA). The housekeeping protein GAPDH was applied as an internal control.

Total RNA was extracted from rat ileal tissues by TRIzol reagent (Invitrogen, CA, USA). One microgram of total RNA was used for first-strand complementary DNA synthesis employing the PrimeScript RT reagent kit (TaKaRa Bio Inc., Japan). Primer sequences were given in Supplementary Table 2. Then, iQ SYBR Green Supermix (Bio-Rad Laboratories, Hercules, CA, USA) was applied as a fluorescent dye to detect the presence of double-stranded DNA. The mRNA values for each gene were normalized to GAPDH mRNA using −2^ΔCt method.

**Ileal contents sampling, DNA extraction and sequencing.** Briefly, 24 h after AP induction, ileal segments were opened. The ileal contents were collected and immediately stored at −80 °C for DNA extraction (n = 8 in each group). DNA extraction was proceeded using a DNA isolation kit (MoBio Laboratories Inc., Carlsbad, USA) following the manufacturers’ instructions. PCR amplification of the V4-V5 hypervariable region of the 16S rRNA gene was done using universal primers 515F (5′-GTGCCAGCMGCGCGGTAA-3′) and 806R (5′-GGACTACVSGG GTATCTAAAT-3′). The PCR mixture (50 μl) contained 0.5 unit Ex Taq DNA polymerase, 10 μl 1 × Ex Taq buffer, 8 μl dNTP mix (TaKaRa Bio Inc., Japan), 2 μl of each primer (10 mM) and 10–100 ng template DNA. The PCR amplification program included initial denaturation at 95 °C for 3 min, followed by 30 cycles of 94 °C for 30 s, 56 °C for 60 s, 72 °C for 60 s; and a final extension at 72 °C for 10 min. Triplicate PCR reactions were performed per sample and pooled for purification using the Gel Extraction kit (Omega bio-tek, GA, USA). Equal molar of PCR product from each sample was pooled together. The sequencing library was prepared using Truseq DNA PCR-Free Library Preparation Kits, and sequenced at Illumina MiSeq platform with 2 × 250 bp V2 kits at the Environmental Genome Platform of Chengdu Institute of Biology.

Raw sequences were sorted based on unique sample tags, trimmed for sequence quality, and denoised using the Quantitative Insights into Microbial Ecology (QIIME) pipeline. Chimeric sequences were removed using the Uchime algorithm. Each sample was rarefied to 8950 reads (i.e., the fewest number of sequences in a single sample). The sequences were clustered by the complete-linkage clustering method incorporated in QIIME. Operational taxonomic units (OTUs) were classified using the 16S rRNA gene with a 97% identity threshold. Chao1 index and Shannon index were calculated using the Ribosomal Database Project (RDP) pipeline with a 97% sequence identity (http://pyro.cme.msu.edu/). PCoA, based on unweighted Unifrac distance, was conducted to perceive the differences in bacterial community structure among the groups. The Bray–Curtis dissimilarity matrix performed with permutation multivariate analysis of variance (PERMANOVA) was used to compare community similarity based on OTU abundance.

**Statistical analysis.** All variables were measured in duplicate. All data are expressed as the mean ± SD and analysed by SPSS 20.0 software (SPSS, Chicago, IL, USA). Differences in the physiological and biochemical data and alpha diversity measures among different groups were tested using one-way analysis of variance (ANOVA) followed by Tukey’s multiple comparison test. The Kruskal–Wallis test (adjusted p value) was used to analyse data of microbiota composition. Correlations between ileal leptin level and IEC proliferation, and between the proportion of Clostridium XI and IEC proliferation were analysed using Pearson correlation coefficient. A value of p < 0.05 was considered significant.
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**Acknowledgements**

This study was funded by Natural Science Foundation of China (NSFCNO. 81300359, U1702281and 81670551), Chinesisch-Deutsches Zentrum für Wissenschaftsförderung (GZ1065), The Science and Technology Support Program of Sichuan province (2016SZ0041) and National Key R&D Program of China (2017YFA0205400). The authors would like to thank Associate Professor Rui Liu, technician Chong Zhao from Division of Peptides Related with Human Diseases, State Key Laboratory of Biotherapy, West China Hospital, Sichuan University, intermediate technician Sisi Wu, and technicians Yu Ding, Xuemei Chen and Guonian Zhu from Core Facility, West China Hospital, Sichuan University, for their technical assistance.

**Author Contributions**

R.W. and C.T. designed and managed the study. C.Y., R.W., L.L. and X.M. performed the experiments. H.T., Y.T. and J.G. analysed the data. C.Y., R.W., L.H. and C.T. wrote the manuscript. All authors participated in the discussion and commented on the paper.

**Additional Information**

Supplementary information accompanies this paper at https://doi.org/10.1038/s41598-018-36266-7.

**Competing Interests:** The authors declare no competing interests.

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