Effects of numerical information on intention to participate in cervical screening among women offered HPV vaccination

a randomised study

Hestbech, Mie Sara; Gyrd-Hansen, Dorte; Kragstrup, Jakob; Siersma, Volkert; Brodersen, John

Published in:
Scandinavian Journal of Primary Health Care

DOI:
10.1080/02813432.2016.1249056

Publication date:
2016

Document version:
Final published version

Document license:
CC BY-NC

Citation for published version (APA):
Hestbech, M. S., Gyrd-Hansen, D., Kragstrup, J., Siersma, V., & Brodersen, J. (2016). Effects of numerical information on intention to participate in cervical screening among women offered HPV vaccination: a randomised study. Scandinavian Journal of Primary Health Care, 34(4), 401-419. https://doi.org/10.1080/02813432.2016.1249056

Go to publication entry in University of Southern Denmark's Research Portal

Terms of use
This work is brought to you by the University of Southern Denmark. Unless otherwise specified it has been shared according to the terms for self-archiving. If no other license is stated, these terms apply:

• You may download this work for personal use only.
• You may not further distribute the material or use it for any profit-making activity or commercial gain.
• You may freely distribute the URL identifying this open access version.

If you believe that this document breaches copyright please contact us providing details and we will investigate your claim. Please direct all enquiries to puresupport@bib.sdu.dk

Download date: 23. Oct. 2023
Effects of numerical information on intention to participate in cervical screening among women offered HPV vaccination: a randomised study

Mie Sara Hestbech, Dorte Gyrd-Hansen, Jakob Kragstrup, Volkert Siersma & John Brodersen

To cite this article: Mie Sara Hestbech, Dorte Gyrd-Hansen, Jakob Kragstrup, Volkert Siersma & John Brodersen (2016) Effects of numerical information on intention to participate in cervical screening among women offered HPV vaccination: a randomised study, Scandinavian Journal of Primary Health Care, 34:4, 401-419, DOI: 10.1080/02813432.2016.1249056

To link to this article: http://dx.doi.org/10.1080/02813432.2016.1249056

© 2016 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group.

Published online: 15 Nov 2016.

Article views: 237

View related articles

View Crossmark data
Effects of numerical information on intention to participate in cervical screening among women offered HPV vaccination: a randomised study

Mie Sara Hestbech, Dorte Gyrd-Hansen, Jakob Kragstrup, Volkert Siersma and John Brodersen

The Research Unit for General Practice and Section of General Practice, Department of Public Health, University of Copenhagen, Copenhagen K, Denmark; COHERE, Department of Business and Economics and Department of Public Health, University of Southern Denmark, Odense M, Denmark; Primary Health Care Research Unit, Zealand Region, Denmark

ABSTRACT

Objectives: To investigate the effects of different types of information about benefits and harms of cervical screening on intention to participate in screening among women in the first cohorts offered human papilloma virus (HPV) vaccination.

Design: Randomised survey study.

Setting: Denmark.

Subjects: A random sample of women from the birth cohorts 1993, 1994 and 1995 drawn from the general population.

Interventions: A web-based questionnaire and information intervention. We randomised potential respondents to one of the following four different information modules about benefits and harms of cervical screening: no information; non-numerical information; and two numerical information modules. Moreover, we provided HPV-vaccinated women in one of the arms with numerical information about benefits and harms in two steps: firstly, information without consideration of HPV vaccination and subsequently information conditional on HPV vaccination.

Main outcome measure: Self-reported intention to participate in cervical screening.

Results: A significantly lower proportion intended to participate in screening in the two groups of women receiving numerical information compared to controls with absolute differences of 10.5 (95% CI: 3.3 – 17.6) and 7.7 (95% CI: 0.4 – 14.9) percentage points, respectively. Among HPV-vaccinated women, we found a significantly lower intention to participate in screening after numerical information specific to vaccinated women (OR of 0.38).

Conclusions: Women are sensitive to numerical information about the benefits and harms of cervical screening. Specifically, our results suggest that HPV-vaccinated women are sensitive to information about the expected changes in benefits and harms of cervical screening after implementation of HPV vaccination.

KEY POINTS

- Women were less likely to participate in cervical screening when they received numerical information about benefits and harms compared to non-numerical or no information.
- Specifically, numerical information about the potential impact of the reduced risk of cervical cancer among HPV-vaccinated women reduced the intention to participate among vaccinated women.

Women in several countries will soon be covered by two preventive programmes targeting cervical cancer: HPV vaccination and cervical screening. Screening for cervical cancer has been followed by a reduction in incidence and mortality, which is assumed to be largely attributable to the screening.[1] However, screening also leads to unintended harms such as false-positive results, overdiagnosis and overtreatment.[2] HPV vaccines prevent infection with HPV types 16 and 18, which are responsible for approximately 70% of cervical cancers and have proven to be highly efficacious on precursors of cancer.[3] Thus, women vaccinated against HPV before, or near, sexual debut, are expected to have a substantially reduced risk of cervical cancer. When the incidence of a condition screened for decreases, the benefits and harms also decrease, but the benefits are likely to decrease more than the harms.[4] Therefore, the premises on
which these women decide about participation in cervical screening have changed.

Patient-centred care is a cornerstone in modern health care,[5] and in the context of cancer screening programmes, informed choice is crucial.[6] The general practitioner (GP) plays a central role in this. Previous studies have shown that women’s knowledge about cervical cancer is generally poor and that they overestimate their risk of cervical cancer and the effect of cervical screening.[7–10] Providing the information needed for an informed choice may be difficult for the GP, especially after the introduction of HPV vaccination. Most information material is non-numerical.[11] This may be justified, since previous research indicates that people can have difficulty deriving meaning from numerical risk communication.[12,13] However, we need to study how different types of information affect patients.[14]

The purpose of this study was to investigate the effect of different types of information about benefits and harms on intention to participate in cervical screening among women in the first cohorts offered HPV vaccination. Firstly, we aimed to investigate whether informing women numerically about benefits and harms would have an impact on their intention to participate in screening. Secondly, we aimed to investigate whether informing vaccinated women about vaccination related change in benefits and harms would impact their intention to participate.

Methods

Setting

The Danish Health Authority recommends cytology screening every 3 years from the age of 23 and every 5 years for 50–64-year olds. Screening samples are taken free of charge by GPs. From 1 October 2008, Danish women born 1993–1995 were offered free HPV vaccination in a catch-up programme, and from 1 January 2009, free vaccination was offered to all girls turning 12 years as part of the national childhood immunisation programme. Approximately, 80% of these birth cohorts have received all recommended doses of the vaccine.[15] The first women vaccinated below the age of 16 (in the catch-up programme) will enter the cervical screening programme from 2016 and onwards.

Trial design

We performed an online survey where the sampled women were randomised to four arms with an allocation ratio of 1:1:1:1 before distribution of the invitations.

Population and procedure

The study population was Danish women from the birth cohorts 1993, 1994 and 1995. A random sample of women in these cohorts was drawn from the total Danish female population using the Danish Civil Registration System (CRS). We received personal contact information drawn from public registers. Telephone numbers were matched on name and address. We excluded those who did not have a publicly registered telephone number. We sent a small text message (SMS) containing a link to the survey to the remaining potential respondents. No gifts, prizes or other incentives were used. Data collection started 8 April 2015. Reminders were sent 8 days and 14 days after data collection started. The data collection ended 20 May 2015 when no further responses had been received for more than two weeks.

Survey data were supplemented with socio-demographic data obtained from Statistics Denmark. The CRS contains information on all individuals with a permanent address in Denmark.[16] CPR-numbers (a unique personal identification number) were used to link each potential respondent to data from registers in Statistics Denmark. We included the following variables: ethnicity, degree of urbanisation in area of habitat, completed educational level, parents’ educational level and primary care contacts within the previous year. Since the study population was women aged 19–22 years, many of whom will not have finished their education, we obtained data about educational level from both the potential respondent and the respondents’ parents. Moreover, we asked respondents about their on-going education in the questionnaire. Number of contacts with the primary care sector within the last year was interpreted as an indicator of the intensity of health care services use.

Randomisation

A computer-generated code that randomly assigned the population numbers specifying study arm was applied to the study population by a data manager who was not otherwise involved in the project. Links to questionnaires were sent directly and automatically to the potential respondents, who were blinded to the fact that they received one out of four different information interventions.
**Questionnaire and intervention**

We developed a web-based questionnaire that was programmed in SurveyXact and compatible with smartphones and tablets. Potential respondents received an invitation by SMS. The SMS contained a direct link to the questionnaire, which consisted of two parts: The first part was identical for all respondents. The second part contained one of the four information interventions and the outcome assessment.

In the first part of the questionnaire, respondents were asked about their completed and on-going education and HPV vaccination status.

In the second part of the questionnaire, all potential respondents were randomised to one of four arms. Outcomes were assessed after the information intervention.

We randomised women to receive one of the following four information modules (Figure 1):

1. **No information/controls**: No information about benefits and harms of cervical screening.
2. **Non-numerical information/basic information module**: Non-numerical information about benefits and harms of cervical screening: treatment of severe abnormalities (conisation), side-effects of conisation, the beneficial effect of screening, false-negative and false-positive results and overdiagnosis. The concepts were described, but not quantified.
3. **Numerical information based on unvaccinated population**: The basic information module as described above was supplemented with numerical information for an unvaccinated population about benefits and harms of cervical screening.

![Study design](image_url)

*Figure 1. Study design.*
4. Numerical information personalised to HPV vaccination status: The same information as in module 3 for unvaccinated women, but the vaccinated women received information about expected benefits and harms for HPV-vaccinated women.

The effect of the information format was studied by comparing the four arms. An addition was made to study arm 3 for HPV-vaccinated women only: after the first outcome assessment the HPV-vaccinated respondents were presented with expected benefits and harms for vaccinated women. The new information was presented in a table together with the numbers pertaining to unvaccinated women, so comparisons could be made, and the respondents were asked to reassess their intention to participate in screening. The reason for this two-step design was to supplement the prior measure of inter-respondent effect of information with a measure of intra-respondent effect.

We created the non-numerical parts of the information modules with the national information folder from the Danish Health Authority as a template.[17] We shortened and condensed the text in order to fit the web-based format.

The numerical information was based on best available evidence for benefits and harms of cervical screening: To quantify the beneficial effect of cervical screening, we calculated number of cervical cancer cases prevented based on a systematic literature review and meta-analysis of the effect of cervical screening on cervical cancer incidence and mortality.[1] To our knowledge, no meta-analysis of all harmful effects of cervical screening exists. Therefore, our quantifications of harms were based on a small number of single studies.[17–19] Estimates of effects of cervical screening for HPV-vaccinated women were calculated based on RCTs of the quadrivalent HPV vaccination on cervical disease.[20] All quantitative information was presented based on evidence-based principles of risk communication [21]: Estimates of beneficial and harmful effects were presented as natural frequencies using the same denominator of 1000 women and risk reductions were presented as absolute risk reductions (ARR).

The first draft of questionnaire items and information modules was the product of an iterative process involving consecutive discussions in the group of authors. The final formulation was made through pilot testing in the form of qualitative interviews with 12 women in the target group. A combination of two techniques was applied: Think-aloud interviewing and cognitive probing.[22] During the process, the questionnaire was validated for content validity (translated version of questionnaire provided in Appendix).

Outcomes

The primary outcome was intention to participate in cervical screening, which we used as a measure of sensitivity to information. This is an accepted outcome measure that has previously been used in the context of cervical screening.[23] The question “Do you think that you will attend cervical screening?” had three response options: “Yes”, “no” and “I do not know”. The secondary outcome was certainty with the decision whether to participate in screening assessed on an ordinal scale with the response options: “certain”; “a little unsure”; “unsure” and “I do not know”. The secondary outcome was assessed among respondents who declared intention to participate as well as those who declared intention not to participate. We had no a priori hypothesis as to in what direction information would affect self-rated certainty with the decision to attend screening. We speculated that information could either increase certainty by clarifying unanswered questions, or decrease certainty because it conflicted with preconceptions.

Statistical analyses

We compared the proportion of women who responded “yes” to the question of whether they intended to participate in cervical screening between the four study arms. In our sensitivity analyses of the primary outcome, we repeated the analyses excluding all women who had responded “I do not know” to this question. Moreover, we repeated the analyses grouping together the responses “I do not know” and “yes” to this question. Only the outcome assessment after the first information step in study arm 3 was included in the analyses. HPV-vaccinated and non-vaccinated women were included in all study arms.

In an intra-respondent analysis within study arm 3, we compared (i) intention to participate in screening after receiving numerical information about screening of women without HPV vaccination with (ii) intention to participate after additionally having received numerical information about screening of women with HPV vaccination. Only HPV-vaccinated respondents were included in the analysis, as the second information step was only provided to this subgroup. We conducted the same sensitivity analyses as described earlier.

We performed only pre-specified analyses. All inter-respondent analyses between groups were done using chi-squared tests. We tested whether the effect of differential information on the intention to participate in screening was dependent on vaccination status in a logistic regression model with an interaction between HPV vaccination status and study arm. The intra-
respondent comparison in study arm 3 was done with logistic regression analysis, adjusting for repeated measurements with Generalised Estimating Equations. The level of statistical significance was set to 5%. All calculations were made in SAS v9.4 (SAS Institute Inc., Cary, NC).

A power calculation was conducted to determine the appropriate sample size to test the hypothesis that exposure to numerical information would result in a changed proportion of women intending to participate in screening. To detect a difference of at least 10 percentage points between different arms with 80% power, the required sample size was 200 in each arm, or 800 in total.

Results

Participant flow and recruitment

In the random sample of 4455 women, 3293 (73.9%) had a publicly registered telephone number and were sent a link to the survey. The overall response rate was 30.0% (22.2% among initial sample) \( n = 988 \), and 25.0% \( n = 823 \) completed all parts of their questionnaire. We received 26 e-mails from potential respondents, who had received an SMS but were not in the target group (male sex, older age group). Eleven of these 26 persons had responded to the questionnaire and their responses were excluded from analyses, leaving 977 (29.7%) responders to be included in the analyses (Figure 2).

Sociodemographic characteristics and dropout analyses

Dropout analyses revealed differences between women with no available telephone number, non-respondents and respondents. Relative to non-respondents and women with no available telephone number respondents were more frequently ethnic Danes, had more primary-care contacts in the previous year and were more likely to have more than primary education (+ 9 years of schooling), as were their parents. Respondents and women with no available telephone number more often than non-respondents lived in a densely populated area. Respondents (complete as well as partial respondents) were equally distributed between study arms. Furthermore, sociodemographic analysis revealed no statistically significant differences between study arms (Table 1).

Primary outcome

Overall, 81.6% of women in our sample intended to participate in cervical screening. In Table 2, screening intentions are listed by HPV vaccination status for each study arm and for the total population. The proportion of women who intended to participate in screening was larger among HPV-vaccinated women than among non-vaccinated women. This pattern was consistent across all study arms. The effect of differential information was not dependent on HPV vaccination status \( p = .435 \) of the interaction between study arm and HPV vaccination status.

In our cross-sectional analysis, we found a significantly lower proportion of women intending to participate in screening in the two groups receiving numerical information (arms 3 and 4) compared to controls (arm 1), who received no information. The absolute difference was 10.5% points (77.0% in arm 3 vs. 87.4% in arm 1) and 7.7% points (79.8% in arm 4 vs. 87.4% in arm 1). We found no statistically significant differences between any of the other arms. In our sensitivity analyses, the difference between arm 4 and controls became non-significant, while the difference between arm 3 and controls remained statistically significant (Table 3).

In our intra-respondent analysis of HPV-vaccinated women in study arm 3, we found a statistically significant effect of vaccination-specific information. After receiving information about benefits and harms for non-vaccinated women 83.9% \( n = 141/168 \) intended to participate in screening, but only 66.5% \( n = 112/164 \) intended to participate after receiving information personalised to vaccinated women. This corresponds to an OR of 0.38 for intention to participate in screening (95% CI: 0.26–0.56), \( p < .0001 \). In our sensitivity analyses, in which the “I do not know” responses were excluded or grouped with the “yes” responses, this difference became non-significant. This reflects that the majority of HPV-vaccinated women, who shifted their response when presented with the additional information on screening outcomes, changed their response, from “yes” to “I do not know”.

Secondary outcome

Generally, the majority of respondents across study arms (70.2%) reported being “certain” with their answer to the question regarding whether to intend to participate in screening. We found a statistically significant difference \( p = .04 \) between study arms, as fewer women in the two arms receiving numerical information reported being certain with their answer (76.7% in arm 1 vs. 74.0% in arm 2 vs. 66.5% in arm 3 vs. 62.9% in arm 4).
In summary, fewer women wanted to be screened when they received numerical information about benefits and harms of screening. Fewer HPV-vaccinated women wanted to be screened when they received numerical information about benefits and harms with HPV vaccination, compared to without HPV vaccination.

The major strength of this study is the randomised design, which eliminates confounding. The four study arms allowed inter- and intra-respondent comparisons, and we found a significant intra-respondent effect in study arm 3. This was found despite an expected "anchoring effect", which might reduce the effect of the second information intervention, because people have a tendency to hold on to their first decision when subsequently confronted with a similar question.[24] Moreover, the questionnaire and the information modules used in the study were thoroughly validated in qualitative interviews, and we used a
Table 1. Response rates and characteristics by study arm.

| Study arm 1 | No information/controls | Study arm 2 | Non-numerical information/basic information module | Study arm 3 | Numerical information based on pre-HPV data | Study arm 4 | Numerical information personalised to HPV vaccination status | Total N | p value (chi² test) | Total n in each group included in analysis |
|-------------|-------------------------|-------------|---------------------------------------------------|-------------|---------------------------------------------|-------------|------------------------------------------------|---------|-------------------|-------------------------------------------|
| Total n included | 823 | 824 | 823 | 823 | 3293 |
| Respondents, complete | 214 (26.0) | 219 (26.6) | 208 (25.3) | 182 (22.1) | 823 (25.0) | 823 |
| Respondents, partial | 37 (4.5) | 40 (4.8) | 41 (5.0) | 47 (5.7) | 165 (5.0) | 824 |
| Non-respondents | 572 (69.5) | 565 (68.6) | 574 (68.7) | 594 (72.2) | 2305 (70.0) | 823 |
| Total respondents | 250 | 254 | 245 | 228 | 977 |
| Year of birth | | | | | | | | | 250 |
| 1993 | 85 (34.0) | 97 (38.2) | 85 (34.7) | 82 (36.0) | 349 (35.7) | 254 |
| 1994 | 83 (33.2) | 76 (29.9) | 92 (37.5) | 69 (30.2) | 320 (32.8) | 245 |
| 1995 | 82 (32.8) | 81 (31.9) | 68 (27.8) | 77 (33.8) | 308 (31.5) | 228 |
| HPV vaccination status | | | | | | | | | 238 |
| Vaccinated | 171 (71.8) | 184 (74.2) | 184 (76.4) | 159 (71.6) | 698 (73.5) | 248 |
| Not vaccinated | 64 (26.9) | 60 (24.2) | 54 (22.4) | 58 (26.1) | 236 (24.9) | 241 |
| Do not know | 3 (1.3) | 4 (1.6) | 3 (1.2) | 5 (2.3) | 15 (1.6) | 222 |
| Ethnicity | | | | | | | | | 242 |
| Danish | 226 (92.4) | 229 (92.7) | 215 (89.6) | 209 (92.8) | 879 (92.1) | 247 |
| Other | 16 (6.6) | 18 (7.3) | 25 (10.4) | 16 (7.1) | 75 (7.9) | 240 |
| Urbanisation | | | | | | | | | 225 |
| Dense | 38 (15.2) | 68 (26.8) | 64 (26.1) | 54 (23.7) | 224 (22.9) | 254 |
| Intermed. | 28 (11.2) | 26 (10.2) | 26 (10.6) | 22 (9.6) | 102 (10.4) | 245 |
| Thinly pop. | 184 (73.6) | 160 (63.0) | 155 (63.3) | 152 (66.7) | 651 (66.6) | 228 |
| Educational level (completed) | | | | | | | | | 239 |
| I + II + III | 0 | 0 | 0 | 0 | 0 | 241 |
| IV | 88 (36.8) | 102 (42.3) | 90 (38.8) | 79 (36.1) | 359 (38.6) | 232 |
| V | 151 (63.2) | 139 (57.7) | 142 (61.2) | 140 (63.9) | 572 (61.4) | 219 |
| Self-reported educational level (on-going) | | | | | | | | | 250 |
| I | 25 (10.3) | 40 (16.0) | 43 (17.6) | 45 (20.1) | 153 (15.9) | 254 |
| II | 46 (19.0) | 42 (16.8) | 36 (14.8) | 34 (15.2) | 158 (16.5) | 248 |
| III | 4 (1.7) | 15 (6.0) | 14 (5.7) | 12 (5.4) | 45 (4.7) | 242 |
| IV | 121 (50.0) | 113 (45.2) | 117 (48.0) | 96 (42.9) | 447 (46.6) | 250 |
| V | 37 (15.3) | 34 (13.6) | 23 (9.4) | 26 (11.8) | 120 (12.5) | 244 |
| Parents educational level | | | | | | | | | 229 |
| I | 12 (5.0) | 9 (3.7) | 9 (3.9) | 7 (3.2) | 37 (4.0) | 224 |
| II | 32 (13.3) | 24 (10.0) | 30 (12.9) | 32 (14.7) | 118 (12.7) | 241 |
| III | 8 (3.3) | 9 (3.8) | 10 (4.3) | 8 (3.7) | 35 (3.8) | 239 |
| IV | 121 (50.2) | 131 (54.8) | 120 (51.7) | 105 (48.2) | 477 (51.3) | 232 |
| V | 68 (28.2) | 66 (27.6) | 63 (27.2) | 66 (30.3) | 263 (28.3) | 218 |
| Number of primary care contacts in the previous year | | | | | | | | | 250 |
| 0 | 17 (6.8) | 22 (8.7) | 24 (9.8) | 20 (8.8) | 83 (8.5) | 248 |
| 1-10 | 133 (51.2) | 131 (51.6) | 124 (50.6) | 109 (47.8) | 497 (50.9) | 254 |
| 11-20 | 56 (22.4) | 54 (21.3) | 52 (21.2) | 59 (25.9) | 221 (22.6) | 245 |
| >20 | 44 (17.6) | 47 (18.5) | 45 (18.4) | 40 (17.5) | 176 (18.0) | 228 |

- Classified according to highest completed (or on-going) level of education: I: Second stage of tertiary education, II: First stage of tertiary education, bachelors and equivalent, III: Post-secondary non-tertiary education, IV: Secondary education, V: Primary education.
- Personal contacts for all purposes, telephone- and e-mail contacts.
- The highest level of mother and father.
Table 2. Screening intentions by study arm and HPV vaccination status.

|                     | Study arm 1 n (%) | Study arm 2 n (%) | Study arm 3a n (%) | Study arm 4 n (%) | Total N (HPV+study arm)b | p value (HPV+study arm)b |
|---------------------|-------------------|-------------------|-------------------|-------------------|--------------------------|--------------------------|
| Total n in group    | 250               | 254               | 245               | 228               | 977                      |                          |
| HPV vaccinated      |                   |                   |                   |                   |                          |                          |
| Intend to participate in screening | 150 (90.4)        | 149 (92.9)        | 141 (83.9)        | 122 (84.7)        | 562 (87.1)               | 166/                     |
| Do not know         | 3 (1.8)           | 6 (3.6)           | 5 (3.0)           | 6 (4.2)           | 20 (3.1)                 | 167/                     |
|                     | 12 (7.8)          | 12 (7.2)          | 22 (13.1)         | 16 (11.1)         | 63 (9.8)                 | 168/                     |
| Not HPV vaccinated  |                   |                   |                   |                   |                          |                          |
| Intend to participate in screening | 38 (77.5)         | 30 (57.7)         | 23 (51.1)         | 28 (63.6)         | 119 (62.6)               | 49/                      |
| Do not know         | 6 (12.2)          | 14 (26.9)         | 12 (26.7)         | 12 (27.3)         | 44 (23.2)                | 52/                      |
|                     | 5 (10.2)          | 8 (15.4)          | 10 (22.2)         | 4 (9.1)           | 27 (14.2)                | 45/                      |
| All                 | 188 (87.4)        | 179 (81.7)        | 164 (77.0)        | 150 (79.8)        | 681 (81.6)               | 0.435                    |

*p value for interaction HPV vaccination status in study arm.

random population sample. There are limitations to the study. Firstly, the response rate of 29.7% is low. This is to be expected as the age group is considered a “hard-to-reach” group in the context of survey research. Dropout analyses reveal that the sample was not entirely representative, as we found sociodemographic participation bias: respondents seem to come from better educated families and have had more contact with the primary care sector. However, more importantly, there were no sociodemographic differences between randomisation groups. One might question our use of smartphones via an SMS link as administration form. But studies have shown that the use of PDA (personal digital assistant), which is comparable to – and now replaced by – a modern smartphone, as administration method is non-inferior to other more commonly used methods in survey research.[25,26] Since the target group of this survey is young women who are generally very familiar with the use of smartphones,[27] we believe that our method of administration is a strength of this study. Finally, it can be argued that intention to participate in screening is not an optimal primary outcome. Actual participation is a more reproducible outcome, but also affected by many different exogenous factors, while intention to participate is an instant measure of sensitivity to information. Ideally one would want to measure informed choice, but this is difficult to measure.[28]

Our finding is in line with previous studies that have demonstrated that evidence-based information about cervical screening decreases intention to participate,[23,29] but conflicts with studies suggesting that lay people may not understand quantitative risk communication [12,13] and are not sensitive to communication about benefits and harms of screening.[30] Those who changed their intentions in our study might reflect a subset of women who are better at processing complex numerical information. Therefore, we recognise the need for further research in risk communication strategies. In our inter-respondent analysis and our cross-sectional analysis of study arm 3, the difference in intention to participate in screening is driven by a large proportion of women changing their response from “yes” to “I do not know”. This could possibly indicate that the information caused some confusion, maybe because the quantity of information was overwhelming for some. Analysis of our secondary outcome supports this interpretation, since we find that self-rated certainty with the screening decision is lower in the two arms provided with numerical information. On the other hand, uncertainty could also be a rational response to a choice with a fine balance between benefits and harms. That written numerical information generates uncertainty amongst some might signify the importance of additional information provided in a different way, this could be verbal information from the GP.

This study emphasises the importance of complete information about benefits and harms in cervical screening. In addition, it suggests that HPV-vaccinated women should be numerically informed about the new premises of cervical screening because the
information might be important to their decision whether or not to attend screening. The intention to participate varied from 51% to 89% depending on HPV vaccination status and type of information provided. However, the benefits and harms of cervical screening after implementation of HPV vaccination must be investigated further, to guide information material as well as decisions about whether to make reforms to the existing screening programmes.

Acknowledgements

The authors would like to thank Professor Kirsten McCaffery and Ms Jolyn Hersch, PhD for valuable discussions and input for this paper. Furthermore, Ms Brooke Nickel, BSc, MPH for correcting the translation of the questionnaire. The authors affirm that they have listed everyone who contributed significantly to the work in this section.

Disclosure statement

The authors have no financial relationships (personal or institutional) that could be viewed as presenting a potential conflict of interest or that might otherwise bias this work.

Funding

Financial support for this study was provided in part by grants from Helsefonden and The Danish Cancer Society. The funding agreements ensured the authors’ independence.

Table 3. Absolute differences in primary outcome between the study groups.

| Study arm | Intend to participate in screening (yes vs. no/l do not know) (n/n) (%) | Primary analysis | Sensitivity analysis |
|-----------|---------------------------------------------------------------------|------------------|---------------------|
| 1         | 188/27                                                              | –                | –                   |
| 2         | 179/40                                                              | (–12.5 to 1.1)   | (N.S.)              |
| 3         | 164/49                                                              | (–17.6 to –3.3)  | (p = .005)          |
| 4         | 150/38                                                              | (–14.9 to –0.4)  | (p = .037)          |

Absolute difference from study arm 1, percentage points (95% CI)

| Study arm | Intend to participate in screening (yes vs. no/l do not know) (n/n) (%) | Primary analysis | Sensitivity analysis |
|-----------|---------------------------------------------------------------------|------------------|---------------------|
| 1         | 188/27                                                              | –                | –                   |
| 2         | 179/40                                                              | (–5.7)           | (N.S.)              |
| 3         | 164/49                                                              | (–5.5)           | (p = .036)          |
| 4         | 150/38                                                              | (–5.0)           | (p = .025)          |

Absolute difference from study arm 2, percentage points (95% CI)

| Study arm | Intend to participate in screening (yes vs. no/l do not know) (n/n) (%) | Primary analysis | Sensitivity analysis |
|-----------|---------------------------------------------------------------------|------------------|---------------------|
| 1         | 188/27                                                              | –                | –                   |
| 2         | 179/40                                                              | (–12.5 to 1.1)   | (N.S.)              |
| 3         | 164/49                                                              | (–17.6 to –3.3)  | (p = .005)          |
| 4         | 150/38                                                              | (–14.9 to –0.4)  | (p = .037)          |

Absolute difference from study arm 3, percentage points (95% CI)

| Study arm | Intend to participate in screening (yes vs. no/l do not know) (n/n) (%) | Primary analysis | Sensitivity analysis |
|-----------|---------------------------------------------------------------------|------------------|---------------------|
| 1         | 188/27                                                              | –                | –                   |
| 2         | 179/40                                                              | (–12.5 to 1.1)   | (N.S.)              |
| 3         | 164/49                                                              | (–17.6 to –3.3)  | (p = .005)          |
| 4         | 150/38                                                              | (–14.9 to –0.4)  | (p = .037)          |

Absolute difference from study arm 4, percentage points (95% CI)

| Study arm | Intend to participate in screening (yes vs. no/l do not know) (n/n) (%) | Primary analysis | Sensitivity analysis |
|-----------|---------------------------------------------------------------------|------------------|---------------------|
| 1         | 188/27                                                              | –                | –                   |
| 2         | 179/40                                                              | (–12.5 to 1.1)   | (N.S.)              |
| 3         | 164/49                                                              | (–17.6 to –3.3)  | (p = .005)          |
| 4         | 150/38                                                              | (–14.9 to –0.4)  | (p = .037)          |

*After first information step.
Primary analyses are in bold text.
in designing the study, interpreting the data, writing, and publishing the report.

**Ethics and consent**

According to Danish legislation, notification to the Danish Data Protection Agency serves as ethical approval of register-based research and survey projects without a clinical intervention. This includes the data-linkage with Statistics Denmark conducted in this study. Anonymity was assured by automatically generated ID-numbers, and thus, consent from participants was not needed. This project has notification number 2014-41-3545.

**References**

[1] Peirson L, Fitzpatrick-Lewis D, Ciliska D, et al. Screening for cervical cancer: a systematic review and meta-analysis. Syst Rev. 2013;2:35.

[2] Raffle A, Gray M. Screening – evidence and practice. New York, USA: Oxford University Press; 2007.

[3] Schiller JT, Castellsague X, Garland SM. A review of clinical trials of human papillomavirus prophylactic vaccines. Vaccine. 2012;30:F123–FF38.

[4] Glasziou PP, Irwig LM. An evidence based approach to individualising treatment. BMJ. 1995;311:1356–1359. English.

[5] General Medical Council. Consent: patients and doctors making decisions together. 2008. Available from: http://www.gmc-uk.org/guidance/

[6] Irwig L, McCaffery K, Salkeld G, et al. Informed choice for screening: implications for evaluation. BMJ. 2006;332:1148–1150.

[7] Phillips Z, Avis M, Whynes DK. Knowledge of cervical cancer and screening among women in east-central England. Int J Gynecol Cancer. 2005;15:639–645.

[8] Idestrom M, Milsom I, Andersson-Ellstrom A. Knowledge and attitudes about the Pap-smear screening program: a population-based study of women aged 20-59 years. Acta Obstet Gynecol Scand. 2002;81:962–967.

[9] Larsen LP, Olesen F. Women's knowledge of and attitude towards organized cervical smear screening. Acta Obstet Gynecol Scand. 1998;77:988–996.

[10] Philips Z, Johnson S, Avis M, et al. Human papilloma virus and the value of screening: young women's knowledge of cervical cancer. Health Educ Res. 2003;18:318–328.

[11] Kolthoff SK, Hestbecb MS, Jorgensen KJ, Brodersen J. Do invitations for cervical screening provide sufficient information to enable informed choice? A cross-sectional study of invitations for publicly funded cervical screening. J R Soc Med. 2016;109:274–281.

[12] Lipkus IM, Samsa G, Rimer BK. General performance on a numeracy scale among highly educated samples. Med Decis Making. 2001;21:37–44.

[13] Halvorsen PA, Kristiansen IS. Decisions on drug therapies by numbers needed to treat: a randomized trial. Arch Intern Med. 2005;165:1140–1146.

[14] Liira H, Saarelma O, Callaghan M, et al. Patients, health information, and guidelines: a focus-group study. Scand J Prim Health Care. 2015;33:212–219.

[15] EPI NYT 2013 [updated 2015 Sep 15]. [Internet] Available from: http://www.ssi.dk/Aktuelt/Nyhedsbrev/ EPI-NYT/2013/Uge%2020%20-%202013.aspx.

[16] Pedersen CB. The Danish Civil Registration System. Scand J Public Health. 2011;39:22–25.

[17] Danish Health Authority information folder 2014 [Internet]; [cited 2014 Apr 14]. Available from: http://sundhedsstyrelsen.dk/~/media/B1E5086A3FD44E0293532A661AF8CF72.ashx.

[18] Ronco G, van BM, Becker N, et al. Process performance of cervical screening programmes in Europe. Eur J Cancer. 2009;45:2659–2670.

[19] Hestbecb MS, Lyng E, Kragstrup J, et al. The impact of HPV vaccination on future cervical screening: a simulation study of two birth cohorts in Denmark. BMJ Open. 2015;5:e007921.

[20] Group TFIS. Quadrivalent vaccine against human papillomavirus to prevent high-grade cervical lesions. N Engl J Med. 2007;356:1915–1927.

[21] Zipkin DA, Umscheid CA, Keating NL, et al. Evidence-based risk communication: a systematic review. Ann Intern Med. 2014;161:270–280.

[22] Collins D. Pretesting survey instruments: an overview of cognitive methods. Qual Life Res. 2003;12:229–238.

[23] Adab P, Marshall T, Rouse A, et al. Randomised controlled trial of the effect of evidence based information on women’s willingness to participate in cervical cancer screening. J Epidemiol Community Health. 2003;57:589–593.

[24] Kahneman D. Thinking, fast and slow. 1st edition. London: Penguin Books; 2011.p. 499.

[25] van Griensven F, Naorat S, Kilmarx PH, et al. Palmtop-assisted self-interviewing for the collection of sensitive behavioral data: randomized trial with drug use urine testing. Am J Epidemiol. 2006;163:271–278.

[26] Bjorner JB, Rose M, Gandek B, et al. Method of administration of PROMIS scales did not significantly impact score level, reliability, or validity. J Clin Epidemiol. 2014;67:108–113.

[27] Danish Media 2014 [Internet]; [updated 2015 Sep 16; cited 2015]. Available from: http://danskemedier.dk/nyhed/smartphone-alle-har-den-og-alle-bruger-den/.

[28] Biesecker BB, Schwartz MD, Marteau TM. Enhancing informed choice to undergo health screening: a systematic review. Am J Health Behav. 2013;37:351–359.

[29] Holloway RM, Wilkinson C, Peters TJ, et al. Cluster-randomised trial of risk communication to enhance informed uptake of cervical screening. Br J Gen Pract. 2003;53:620–625.

[30] Allen JD, Bluethmann SM, Sheets M, et al. Women’s responses to changes in U.S. Preventive Task Force’s mammography screening guidelines: results of focus groups with ethnically diverse women. BMC Public Health. 2013;13:1169.
Appendix

Questionnaire in full length (ad hoc English translation)

This questionnaire concerns your knowledge and thoughts about cervical cancer and the HPV vaccine, also known as the cervical cancer vaccine. The HPV vaccine is offered to all young girls in Denmark. HPV (Human Papilloma Virus) is a virus which is passed on by sexual contact. HPV is the most important cause of cervical cancer and genital warts (condyloma). Therefore, the vaccine can prevent cervical cancer and genital warts. The questionnaire contains some information on this topic. It is important for this survey that you read it thoroughly.

Have you completed, or are you currently undertaking secondary education (for example high school or vocational education)?

☐ I have completed secondary education

☐ I am currently undertaking secondary education

☐ I have not completed/am not currently undertaking secondary education

What type of secondary education have you completed or are you currently undertaking? (Tick the box at the most recent)

☐ High school (examples of types of Danish high-school educations are given)

☐ Vocational education (examples of types of Danish vocational educations are given)

☐ Individual educational course

☐ I do not know
Have you completed, or are you currently undertaking tertiary education (for example a bachelor or a masters degree)?

☐ I have completed tertiary education
☐ I am currently undertaking tertiary education
☐ I have plans to start tertiary education within the next year
☐ I have not completed/am not currently undertaking tertiary education

What type of tertiary education have you completed or are you currently undertaking? (Tick the box at the most recent)

☐ Short tertiary education of less than 3 years (*examples of Danish short tertiary educations are given*)
☐ Intermediate tertiary education of 3-4 years (*examples of Danish intermediate length tertiary educations are given*)
☐ Long tertiary education of more than 4 years (*examples of Danish long tertiary educations are given*)
☐ Other education
☐ I do not know

Have you been vaccinated against HPV (the cervical cancer vaccine)?

☐ Yes, all three jabs.
☐ Yes, two jabs.
☐ Yes, one jab.
☐ Yes, do not know how many jabs.
☐ No
☐ I do not know

We are now going to ask you some questions concerning cervical cancer risk. Even though you do not know the answer, please try to answer with your best guess.
How large do you think the risk of getting cervical cancer is for a woman your age, who has not been HPV vaccinated? That is, how many out of 1000 non-vaccinated women will get cervical cancer before the age of 75 years?
*(The answer has to be given on a slider ranging from 0 to 1000)*

How large do you think the risk of getting cervical cancer is for a woman your age, who has been HPV vaccinated? That is, how many out of 1000 vaccinated women will get cervical cancer before the age of 75 years?
*(The answer has to be given on a slider ranging from 0 to 1000)*

When you continue completing the questionnaire, you will not be able to go back and change your previous answers. Do you wish to continue?

☐ Yes, I am ready to continue

From here on, the questionnaire is about examinations for cell changes in the cervix (screening for cervical cancer).

Press “next” if you are ready to continue.

*(Below: non-numerical information module (provided to study arm 2, 3 and 4))*

We are now going to give you some information about screening for cervical cancer.

From the age of 23 to 49, you will be offered an examination for cell changes in the cervix every three years (screening for cervical cancer). You will be offered the examination whether you are vaccinated against HPV or not. You are now going to receive some information about this examination for cell changes.
Your general practitioner will take the sample during a gynecological examination. Cell changes can disappear by themselves, but in some cases they will develop into cervical cancer. If the changes are discovered and treated in time, you can avoid them developing into cervical cancer. However, it is not possible to know in advance which changes will disappear and which will develop into cancer in time. Therefore, doctors recommend a conisation if you have severe cell changes. During a conisation the doctor removes a cone-shaped piece of the cervix around the canal in the cervix.

1-8 out of 100 women will have severe bleeding in relation to the conisation. There is a slightly increased risk of preterm labor if you become pregnant in the future after a conisation.

There is a risk of false answers when you are examined for cell changes. There are two possible kinds:

1) False negative answer (false sense of security): You are told that your cell sample is normal, when you actually have cell changes. Cell changes develop very slowly, so in most cases they will not have developed into cancer before they are discovered at the next screening.

2) False positive answer (false alarm): The sample reveals cell changes, but further examinations show that they will not develop into cervical cancer.

The beneficial effect of the screening programme is that you prevent some cases of cervical cancer, because the cell changes are treated before they develop into cancer.

The harmful effects are for example false alarms, which can cause worry and lead to conisation among women who would never had developed cervical cancer.

The HPV vaccine does not give full protection against cervical cancer.

(End non-numerical information module (provided to study arm 2, 3 and 4))
Researchers believe that the HPV vaccine prevents approximately 70% of all cervical cancers. If the vaccine works like the researchers expect, this can be expected:

**Beneficial effect of the screening programme (examinations for cell changes):**

Out of 1000 vaccinated women:

7 out of 1000 women would have gotten cervical cancer before the age of 75 years without the screening programme.

3 out of 1000 women will get cervical cancer before the age of 75 years with the screening programme.

That means that 4 cases of cervical cancer per 1000 women are avoided because of the screening.

**Harmful effect of the screening programme (examinations for cell changes):**

Out of 1000 vaccinated women who follow the entire screening programme:

440 will be called for further examinations at some point.

363 of these 440 will receive a false positive answer (false alarm).

44 of the 77 who are left will be treated with conisation right away.

33 of the 77 will have more examinations done, which in some cases will end with a conisation.

That means that at least 40 of the women that have a conisation never would have developed cervical cancer.

(End numerical information module (provided to study arm 3, HPV vaccinated women))

(Below: Numerical information module (provided to: study arm 3, non-vaccinated women and study arm 4, first part,))
Beneficial effect of the screening programme (examinations for cell changes):

Out of 1000 non-vaccinated women:

22 out of 1000 women would have gotten cervical cancer before the age of 75 years without the screening programme.

9 out of 1000 women will get cervical cancer before the age of 75 years with the screening programme.

That means 13 cases of cervical cancer per 1000 women are avoided because of the screening.

Harmful effect of the screening programme (examinations for cell changes):

Out of 1000 non-vaccinated women who follow the entire screening programme:

660 will be called for further examinations at some point.

506 of these 660 will receive a false positive answer (false alarm).

99 of the 154 who are left will be treated with conisation right away.

55 of the 154 will have more examinations done, which in some cases will end with a conisation.

That means at least 86 of the women that have a conisation never would have developed cervical cancer.

(End numerical information module (provided to: study arm 3, non-vaccinated women and study arm 4, first part,))

(Below: Numerical information module, provided to study arm 4, second part)

Researchers believe that the HPV vaccine prevents approximately 70% of all cervical cancer cases. That means the conditions for cervical cancer screening will change compared to what we have so far told you. Below is a comparison of beneficial and harmful effects of the screening before and after the HPV vaccine:
|                                | Beneficial effect                                                                 | Harmful effect                                                                 |
|--------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
|                                | Per 1000 women                                                                   | Per 1000 women who follow the entire screening programme                      |
| Without the HPV vaccine        | 22 would have gotten cervical cancer **without** the screening programme.         | 660 will be called for further examinations at some point.                    |
|                                | 9 will get cervical cancer **with** the screening programme.                      | Out of these:                                                                 |
|                                | **13 cases of cervical cancer are prevented because of the screening.**           | - 506 will get a false alarm                                                  |
| With the HPV vaccine           | 7 would have gotten cervical cancer **without** the screening programme.         | - 99 will be treated with conisation right away                                |
|                                | 3 will get cervical cancer **with** the screening programme.                      | - 86 or more will have an unnecessary conisation                              |
|                                | **4 cases of cervical cancer are prevented because of the screening.**           |                                                                                |

*(End numerical information module, provided to study arm 4, second part)*
When you turn 23 years, you will be offered a gynecological examination by your general practitioner. The doctor will take a sample of cells from the cervix (cervical cancer screening). The purpose of this sample is to check for cell changes, which may develop into cervical cancer. Do you think that you will say yes to have this examination for cell changes?

- Yes
- No
- I do not know

How certain are you of your answer to the previous question?

- Certain
- A little unsure
- Unsure
- I do not know

Is your answer based on the information that you have been given in this questionnaire?

- Yes, based on that information alone
- Yes, to a high degree
- Yes, to some degree
- No, not at all
- I do not know

*(Question below only provided to respondents that have answered "yes" to previous question concerning intended participation in screening)*

For what reasons did you answer yes to have the examination for cell changes? (You are allowed to tick more than one box)

- I have been worried about getting cervical cancer for a while.
- This questionnaire has made me worried about getting cervical cancer.
- I always want more knowledge about my health.
- I hope that the cell sample can lower my risk of getting cervical cancer.
I would regret to have declined if I later got cervical cancer

When I receive an offer from the health care system, it is natural for me to accept it. I do not think much about beneficial and harmful effects of having the cell sample.

There have been cases of cancer among my family or friends.

There have been cases of cell changes among my family or friends.

Other reasons

I do not know

(The three questions below are provided only to HPV vaccinated women in study arm 4 after the second part of the information module)

Do you think that you will say yes to have the examination for cell changes given the new information that you have just had?

Yes

No

I do not know

How certain are you of your answer to the previous question?

Certain

A little unsure

Unsure

I do not know

Is your answer based on the information that you have been given in this questionnaire and the table that you have just seen?

Yes, based on that information alone

Yes, to a high degree

Yes, to some degree

No, not at all

I do not know

Thank you very much for completing the questionnaire!