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Spectral Modeling of Turbulent Flows and the Role of Helicity

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We present a new version of a dynamical spectral model for Large Eddy Simulation based on the Eddy Damped Quasi Normal Markovian approximation \( \mathcal{A} \). Three distinct modifications are implemented and tested. On the one hand, whereas in current approaches, a Kolmogorov-like energy spectrum is usually assumed in order to evaluate the nonlocal transfer, in our method the energy spectrum of the subgrid scales adapts itself dynamically to the large-scale resolved spectrum; this first modification allows in particular for a better treatment of transient phases and instabilities, as shown on one specific example. Moreover, the model takes into account the phase relationships of the small-scales, embodied for example in strong localized structures such as vortex filaments. To that effect, phase information is implemented in the treatment of the so-called eddy noise in the closure model. Finally, we also consider the role that helical small scales may play in the evaluation of the transfer of energy and helicity, the two invariants of the primitive equations in the inviscid case; this leads as well to intrinsic variations in the development of helicity spectra. Therefore, our model allows for simulations of flows for a variety of circumstances and a priori at any given Reynolds number. Comparisons with Direct Numerical Simulations of the three-dimensional Navier-Stokes equation are performed on fluids driven by an ABC (Beltrami) flow which is a prototype of fully helical flows. Good agreements are obtained for physical and spectral behavior of the large scales.

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I. INTRODUCTION

Turbulent flows are ubiquitous, and they are linked to many issues in the geosciences, as in meteorology, oceanography, climatology, geology, solar–terrestrial interactions and fusion, as well as the generation and ensuing dynamics of magnetic fields in planets, stars and galaxies due to e.g. convective fluid motions. As manifestations of one of the last outstanding unsolved problems of classical physics, such flows form today the focus of numerous investigations.

Natural flows are often in a turbulent state driven by large scale forcing (novae explosions in the interstellar medium) or by instabilities (convection in the sun). Such flows involve a huge number of coupled modes at different scales leading to great complexity both in their temporal dynamics and in their emerging physical structures. Non-linearities prevail when the Reynolds number \( \text{Re} \) – which measures the amount of active temporal or spatial scales in the problem – is large. In the Kolmogorov framework \( \text{Re} \), the number of degrees of freedom increases as \( \text{Re}^{5/4} \) for \( \text{Re} \gg 1 \); for example in geophysical flows, \( \text{Re} \) is often larger than \( 10^5 \). The ability to probe large \( \text{Re} \), and to examine in details the large-scale behavior of turbulent flows depends critically on the ability to resolve such a large number of spatial and temporal scales, or else to model them adequately.

Only modest Reynolds numbers can be achieved by Direct Numerical Simulation (DNS) with nowadays computers. One way around this difficulty is to resort to Large Eddy Simulations (or LES, see e.g. \cite{4,5,6,7} and references therein). Such techniques are widely used in engineering contexts, as well as in atmospheric sciences and, to a lesser extent, in geophysics (see \cite{8}) and astrophysics. Another class of models is based on two-point closures, like the Eddy Damped Quasi Normal Markovian approximation, or EDQNM \( \mathcal{A} \). These models, developed in the mid seventies, gave rise to successful LES when taking their eddy viscosity formulation \( \mathcal{A} \). Such LES techniques have been used mostly in conjunction with pseudo-spectral methods, since being best expressed in Fourier space in terms of energy spectra.

In this paper, we propose a new LES formulation that generalizes the usual EDQNM approach which is based on a Kolmogorov \( k^{-5/3} \) spectrum (K41 hereafter), by allowing for a priori any kind of energy spectrum as may occur in the complex dynamical evolution of various turbulent flows, since our method (as will be shown later) is based on the evaluation of the transfer terms for energy and helicity. For example, there are small intermittency corrections to the K41 spectrum due to the presence of strong localized vortex filament structures in fluid turbulence; similarly, the presence of waves may alter the energy spectrum (see, e.g., \cite{10}). The method proposed here may also be particularly important when dealing with magnetohydrodynamics (MHD) flows, i.e. when coupling the velocity to the magnetic induction. In that case, the energy spectra can be either shallower \( \mathcal{A} \) or steeper than \( k^{-5/3} \), because of anisotropy induced by a uniform magnetic field leading to Alfvén wave propagation and to weak turbulence for strong magnetic background \( \mathcal{A} \). Similarly, in the case of strong correlations between velocity and magnetic fields \( \mathcal{A} \), spectra that differ from the classical K41 phenomenology may emerge.
In general, the traditional formulation of turbulent energy transfers only takes into account the energy of the flow but not its helicity. However, the closure transfer terms for helicity are well known in the helical case, including in MHD. The kinetic helicity $H = 1/2 < \mathbf{v} \cdot \mathbf{w} >$ (where $\mathbf{w} = \nabla \times \mathbf{v}$ is the vorticity) represents the lack of invariance of the flow by plane symmetry ($\mathbf{w}$ is an axial vector). This global invariant of the Euler equation has been little studied until recently (see however and references therein). Furthermore, the intermittent structures that populate a turbulent flow at small scales, namely the vortex filaments, are known to be helical (see); this implies that the nonlinear transfer terms involving small scales are weakened. This is consistent with several recent findings, namely: (i) helical vortex tubes, in a wavelet decomposition of a turbulent flow into a Gaussian component and a structure component, represent close to 99% of the energy and correspond to the strong tails of the probability distribution function of the velocity gradients; (ii) in a decomposition of the velocity field into large $V$ and small $v$ components, dropping (artificially) the nonlocal (in scale) nonlinear interactions ($vV$) leads to less intermittency, indicating that intermittency involves interactions between structures (like vortex tubes) that incorporate small scales and large (integral) scales through a large aspect ratio; and (iii) the spectrum of helicity is close to $k^{-5/3}$ in the K41 range for energy, but not quite: the relative helicity $\tilde{\rho} = H(k)/kE(k)$ decreases more slowly than $1/k$; indicating that the return to full isotropy is not as fast as one may have conjectured in the small scales. Finally, helicity is also invoked as possibly responsible for the so-called bottleneck effect, i.e. the accumulation of energy at the onset of the dissipation range, although it is not clear whether this effect is or not an inertial range phenomenon.

Our dynamical spectral LES model, based on the EDQNM closure, is described in Section II. In Section III, numerical tests of the model are performed by comparisons with three-dimensional direct numerical simulations (DNS) for strong helical ABC flows, as well as a Chollet-Lesieur approach. Predictions for high Reynolds number flows are also given. Section IV is the conclusion. Finally, details on closure expressions of the nonlinear transfers for energy and helicity, and on the numerical implementation of the model are respectively given in Appendix A and B.

II. MODEL DESCRIPTION

A. Equations

Let us consider the Fourier transform of the velocity $\mathbf{v}(x, t)$ and the vorticity $\mathbf{w}(x, t) = \nabla \times \mathbf{v}(x, t)$ fields at wavevector $\mathbf{k}$:

$$\mathbf{v}(\mathbf{k}, t) = \int_{-\infty}^{\infty} \mathbf{v}(x, t)e^{-i\mathbf{k} \cdot \mathbf{x}} d\mathbf{x}$$

$$\mathbf{w}(\mathbf{k}, t) = \int_{-\infty}^{\infty} \mathbf{w}(x, t)e^{-i\mathbf{k} \cdot \mathbf{x}} d\mathbf{x}.$$  

In terms of the Fourier coefficients of the velocity components, the Navier-Stokes equation for an incompressible flow, with constant unit density, reads:

$$(\partial_t + \nu k^2) c_{\alpha}(\mathbf{k}, t) = t_{\alpha}^\omega(\mathbf{k}, t) + F_{\alpha}^w(\mathbf{k}, t),$$

where $F^\mathbf{v}$ is the driving force, $\nu$ is the kinematic viscosity and $t^\omega(\mathbf{k}, t)$ is a bilinear operator written as:

$$t_{\alpha}^\omega(\mathbf{k}, t) = -i P_{\alpha\beta}(\mathbf{k})k_\gamma \sum_{p+q=\mathbf{k}} v_{\beta}(p, t) v_{\gamma}(q, t);$$

$P_{\alpha\beta}(\mathbf{k}) = \delta_{\alpha\beta} - k_\alpha k_\beta/k^2$ is the projector on solenoidal vectors. In the absence of viscosity, both the total kinetic energy $E = 1/2 < \mathbf{v}^2 >$ and the total helicity $H = 1/2 < \mathbf{v} \cdot \mathbf{w} >$ are conserved and they are thus thought to play an important dynamical role in the temporal evolution of the fluid. The direct cascade of energy to the small scales and the related cascade of helicity stem from these conservation laws. Furthermore, because helicity is thought to play an important role in the small scales (see e.g. and references therein and more recently), we are taking in this paper the approach of following the time evolution of both the energy and helicity spectra (see below). Taking the rotational of Eq. in Fourier space leads to:

$$(\partial_t + \nu k^2) w_{\alpha}(\mathbf{k}, t) = t_{\alpha}^w(\mathbf{k}, t) + F_{\alpha}^w(\mathbf{k}, t).$$

with

$$t_{\alpha}^w(\mathbf{k}, t) = \varepsilon_{\alpha\beta\gamma} k_\delta k_\gamma \sum_{p+q=\mathbf{k}} v_{\beta}(p, t) v_{\gamma}(q, t),$$

$$F_{\alpha}^w(\mathbf{k}, t) = i \varepsilon_{\alpha\beta\gamma} k_\delta F_{\beta}^\omega(\mathbf{k}, t).$$

We respectively define the modal spectra of energy $E(\mathbf{k}, t)$ and helicity $H(\mathbf{k}, t)$ in the usual way as:

$$E(\mathbf{k}, t) = \frac{1}{2} \mathbf{v}(\mathbf{k}, t) \cdot \mathbf{v}^*(\mathbf{k}, t),$$

$$H(\mathbf{k}, t) = \frac{1}{2} \mathbf{v}(\mathbf{k}, t) \cdot \mathbf{w}^*(\mathbf{k}, t).$$
Where stars stand for complex conjugates. Note that $w$ is a pseudo (axial) vector, and correspondingly the helicity is a pseudo scalar. The integration of $E(k, t)$ and $H(k, t)$ over shells of radius $k = |k|$ respectively gives the isotropic energy $E(k, t)$ and helicity $H(k, t)$ spectra. Their spatio-temporal evolutions obey the following equations:

\[
(\partial_t + 2\nu k^2)E(k, t) = T_E(k, t) + F_E(k, t) \quad (10)
\]
\[
(\partial_t + 2\nu k^2)H(k, t) = T_H(k, t) + F_H(k, t) \quad (11)
\]

where $T_E(k, t)$ and $T_H(k, t)$ denote energy and helicity nonlinear transfers at wavenumber $k$. They are functionals of the tensors involving triple correlations between $v(k, t)$, $v(p, t)$ and $v(q, t)$ with the constraint that $p + q = k$ due to the convolution term in Fourier space emanating from the nonlinearities of the primitive Navier-Stokes equation.

Finally, under the closure hypothesis customary to the EDQNM approach (see [1] and references therein), the time evolution of $E(k, t)$ and $H(k, t)$ can be described by the EDQNM equations where the exact transfer terms $T_E(k, t)$ and $T_H(k, t)$ in the equations above are replaced by the closure evaluations denoted as $\tilde{T}_E(k, t)$ and $\tilde{T}_H(k, t)$. The closure is done at the level of fourth-order correlators which are expressed in terms of third-order ones, with a proportionality coefficient $-$ dimensionally, the inverse of a time $-$ taken as the sum of all characteristic rates appearing in a given problem, namely the linear (dispersive), nonlinear and dissipative rates. Tested against DNS [4], these closures allow for exponential discretization in Fourier space and hence for exploration of high Reynolds number regimes. Their drawback is that all information above second-order moments is lost and phase information among Fourier modes is lost as well, so that, for example, intermittency is not present in this approach, nor are spatial structures.

The full formulation of the EDQNM closure leads to a set of coupled integro-differential equations for the energy and helicity spectra $E(k, t)$ and $H(k, t)$, with the nonlinear transfers decomposed into emission terms ($S_{E_1}$, $S_{E_2}$, and $S_{H_1}$, $S_{H_2}$), and absorption terms ($S_{E_3}$, $S_{E_4}$, and $S_{H_3}$, $S_{H_4}$); note that we use $S_{E_i}$ and $S_{H_i}$, with $i \in [1, 4]$, as short-hand notations for the full spectral functions $S_{E_i}(k, p, q, t)$ and $S_{H_i}(k, p, q, t)$. The expressions of these closure transfer terms are given in Appendix A. Note that absorption terms are linear in the spectra, the dynamical evolution of which we are seeking, whereas emission terms are inhomogeneous terms involving the $p, q$ wavenumbers on which the double sum is taken (with $p + q = k$). The absorption term, $S_{E_3}$, leads to the classical concept of eddy viscosity, whereas the emission term, $S_{E_1}$, is in general modeled as an eddy noise, although it is known through both experiments and DNS that the small scales are far from following a Gaussian distribution, with substantial wings corresponding to strong localized structures. Here, we present a different and novel method to treat the emission term.

## B. Spectral filtering

When dealing with an LES method, as a complement in the unresolved small scales to the dynamical evolution of the large scales following the Navier-Stokes equations, we need to partition Fourier space into three regions. This means that we need to introduce a buffer region between the scales that are completely resolved (above $k_c^{-1}$, where $k_c$ is a cut-off wavenumber depending on the resolution of the LES run), and the scales that are completely unresolved, say beyond $a k_c$ with $a$ of $O(1)$. Following [2] and according to the Test Field model closure, the contribution of subgrid scales, to the explicitly resolved inertial scales, leads to an eddy viscosity depending both on the wavenumber and the energy spectrum at that wavenumber. It is also shown that beyond $2 k_c$, $85\%$ of the transfer is covered by the eddy viscosity, while beyond $3 k_c$, about $100\%$ is covered; we thus choose to take $a = 3$.

More specifically, the truncation of equations (3), (4) and (11) at two different wavenumbers $k = k_c$ and $k = 3 k_c$ gives rise to three types of transfer terms, corresponding respectively to local, nonlocal and highly nonlocal interactions (where locality refers to Fourier space, i.e. interactions between modes of comparable wavenumber):

(i) the fully resolved transfer terms $T_E^c$ and $T_H^c$ involve triadic interactions such that $p$, $q$, and $r$ are all the smaller than $k_c$: this interval is denoted $\Delta^c$;

(ii) the intermediate nonlocal transfer terms $T_{E,H}^c$, in which $p$ and/or $q$ are contained in the buffer zone between $k_c$ and $3 k_c$ (hereafter denoted $\Delta^c$); and

(iii) the highly nonlocal transfer terms $T_{E,H}^c$, in which $p$ and/or $q$ are larger than $3 k_c$ (hereafter denoted $\Delta^{>>}$).

We choose to model $T_{E,H}^c$ and $T_{E,H}^{c,c}$ in Eqs. (10) and (11) by appropriately modified EDQNM transfer terms. We therefore need to know the behavior of both energy and helicity spectra after the cut-off wavenumber $k_c = N/2 = 1$, where $N$ is the linear grid resolution of the numerical simulation. Whereas it is customary to assume a $k^{-5/3}$ Kolmogorov spectrum in this intermediate range, here we choose a different approach, namely, between $k = k_c$ and $k = 3 k_c$, both spectra are assumed to behave as power-laws (with unspecified spectral indices) followed by an exponential decrease, viz.:

\[
E(k, t) = E_0 k^{-\alpha_E} e^{-\delta_E k}, \quad k_c \leq k < 3 k_c \quad (12)
\]
\[
H(k, t) = H_0 k^{-\alpha_H} e^{-\delta_H k}, \quad k_c \leq k < 3 k_c \quad (13)
\]

where $\alpha_E$, $\delta_E$, $E_0$, and $\alpha_H$, $\delta_H$, $H_0$ are evaluated, at each time step, by a mean square fit of the energy and helicity spectra, respectively. Note that it is understood that the Schwarz inequality $|H(k)| \leq k E(k)$ is fulfilled at all times. When either $\delta_E$ or $\delta_H$ is close to zero, we consider that the energy (or helicity) spectrum has an infinite inertial range with a $k^{-\alpha_E, H}$ power law (see eq,
\( E(k,t) = E_0 k^{-\alpha_E}, \quad 3k_c \leq k < \infty \), \( H(k,t) = H_0 k^{-\alpha_H}, \quad 3k_c \leq k < \infty \). (14)

C. Eddy viscosity

In the context of spectral models for the Navier-Stokes equation, the concept of eddy viscosity was introduced by Kraichnan. This transport coefficient, denoted \( \nu(k|k_c,t) \), allows to model the nonlinear transfer through a dissipative mechanism, as first hypothesized by Heisenberg. With \( T_E^\gamma \) and \( T_E^{\gamma >} \) terms defined above, and where the hat denotes the fact that the EDQNM formulation of these partial transfers is taken, the eddy viscosity reads:

\[
\nu(k|k_c,t) = \frac{T_E^\gamma (k,t) + T_E^{\gamma >} (k,t)}{2k^2 E(k,t)}
\]

thus separating the contribution stemming from the buffer zone (\( \Delta^\gamma \)) and from the outer zone (\( \Delta^{\gamma >} \)). Note that only the part of the transfer proportional to the energy spectrum at wavenumber \( k \) (i.e. the \( S_E\gamma(k,p,q,t) \) part defined in Appendix A) is taken into account in the derivation of \( \nu(k|k_c,t) \). Indeed, in our model, the closure transfer term \( T_E^\gamma (k,t) \) is integrated at each time step, but an eddy viscosity from this whole transfer term cannot be extracted; only the part that explicitly contains \( E(k,t) \) (the linear part of the transfer in \( E(k,t) \)) enables the derivation of an eddy viscosity, namely:

\[
\nu^\gamma (k|k_c,t) = - \int_{\Delta^\gamma} \frac{\theta_{\gamma \gamma} S_{E\gamma}(k,p,q,t)}{2k^2 E(k,t)} dp dq \quad \text{and} \quad \nu^{\gamma >} (k|k_c,t) = \int_{\Delta^{\gamma >}} \frac{\theta_{\gamma \gamma} \nu_\gamma (k|k_c,t) + \nu^{\gamma >} (k|k_c,t),}{2k^2 E(k,t)} \]

Let us now evaluate the eddy viscosity in the outer region, \( \nu^{\gamma >} (k|k_c,t) \), coming from the highly nonlocal EDQNM transfer terms. Since the \( (k,p,q) \) triangles are very elongated in the \( \Delta^{\gamma >} \) zone, with \( k < p, q \), an algebraical simplification occurs leading to an explicit expression for \( \nu^{\gamma >} (k|k_c,t) \). Indeed, it has been shown that a Taylor expansion of \( T_E^{\gamma >} (k,t) \) with respect to \( k/q \) leads, at first order, to the following asymptotic transfer term:

\[
\hat{T}_E^{\gamma >} (k,t) = - \frac{2}{15} k^2 E(k) \int_{3k_c}^{\infty} \theta_{\gamma \gamma} [5E(p) + \frac{\partial E(p)}{\partial p}] dp ,
\]

where time dependency is omitted for simplicity. Since now \( \hat{T}_E^{\gamma >} (k,t) \) explicitly depends on \( E(k,t) \), it is straightforward to formulate the corresponding eddy viscosity \( \nu^{\gamma >} (k|k_c,t) \) thus defined as:

\[
\nu^{\gamma >} (k|k_c,t) = \frac{1}{15} \int_{3k_c}^{\infty} \theta_{\gamma \gamma} [5E(p) + \frac{\partial E(p)}{\partial p}] dp . \quad (18)
\]

When \( E(p) \) is replaced by its power law-exponential decay approximation (see Eq. \( [13] \)), we recover the so-called “plateau-peak” model \( [35] \):

\[
\nu^{\gamma >}(k|k_c,t) \simeq 0.31 \frac{5 - \alpha_E}{1 - \alpha_E} \frac{1}{\sqrt{3 - \alpha_E E_K^{-\frac{1}{2}} \left[ \frac{E(3k_c,t)}{3k_c} \right]}} .
\]

Finally, in the energy equation Eq. \( [31] \), the total eddy viscosity derived from the nonlocal and highly nonlocal transfer terms is simply obtained by adding the two contributions, as stated before: \( \nu(k|k_c,t) = \nu^\gamma (k|k_c,t) + \nu^{\gamma >} (k|k_c,t) \).

Note that, in the helicity equation Eq. \( [32] \), the transport coefficient stemming from the helicity transfer term \( T_H (k,t) \) can be similarly evaluated in the buffer zone and the outer zone, and written as:

\[
\nu_H (k|k_c,t) = \frac{- \hat{T}_H^\gamma (k,t) + \hat{T}_H^{\gamma >} (k,t)}{2k^2 H(k,t)} = \nu_H^\gamma (k|k_c,t) + \nu_H^{\gamma >} (k|k_c,t), \quad (20)
\]

It is straightforward to show that this eddy viscosity part has the same formulation than \( \nu^{\gamma >} (k|k_c,t) \) (see Appendix A for \( S_{H\gamma} (k,p,q,t) \) definition). For the helicity transfer term \( \hat{T}_H^{\gamma >} (k,t) \), simple algebraic calculations lead to:

\[
\hat{T}_H^{\gamma >} (k) = - \frac{1}{15} k^2 H(k) \int_{3k_c}^{\infty} \theta_{\gamma \gamma} [5E(p) + \frac{\partial E(p)}{\partial p}] dp .
\]

The integrands in Eqs. \( [17] \) and \( [22] \) are thus identical; this in turn provides the same eddy viscosity in the outer domain than for the energy, namely \( \nu_H^{\gamma >} (k|k_c,t) = \nu^{\gamma >} (k|k_c,t) \). Altogether, the same total eddy viscosity appears in both the energy and helicity equations. This is expected from the formulation of the spectral closure, in which the temporal dynamics of the second-order velocity correlation function is separated into its symmetric (energetic) and anti-symmetric (helical) parts.

D. Helical eddy diffusivity

At wavenumber \( k \), the energy transfer obtained from the use of the EDQNM closure involves a linear term in the helicity spectrum \( H(k,t) \) (specifically, \( S_{E\gamma}(k,p,q,t) \) defined in Appendix A, Eq. \( [35] \)); from this term, a new transport coefficient, similar to the \( \nu^\gamma (k|k_c,t) \) eddy viscosity, can be built. In the buffer zone, this new coefficient, hereafter named “helical eddy diffusivity”, reads:

\[
\tilde{\nu}^{\gamma >} (k|k_c,t) = \int_{\Delta^\gamma} \frac{\theta_{\gamma \gamma} S_{E\gamma}(k,p,q,t)}{2k^2 H(k,t)} dp dq
\]

\[
\tilde{\nu}^{\gamma >} (k|k_c,t) = \int_{\Delta^\gamma} \frac{1}{2k^2 Q} \frac{1}{dz} \left[ 1 - y^2 \right] H(q,t) dp dq .\quad (23)
\]
Note that, dimensionally, this helical diffusivity \( \tilde{\nu} \) scales as \( \nu/k \). As before a total helical eddy diffusivity can be defined as \( \tilde{\nu}(k|\varsigma, t) = \tilde{\nu}^> (k|\varsigma, t) + \tilde{\nu}^\ge (k|\varsigma, t) \), where \( \tilde{\nu}(k|\varsigma, t) \) represents the contribution of the small-scale helicity spectrum to the kinetic energy dissipation. Recall that, in the outer zone, the Taylor expansion of the highly nonlocal transfer, \( T_E^>(k, t) \), with respect to \( k/q \ll 1 \), leads at first order to Eq. \((17)\), with no linear contribution from \( H(k, t) \). We therefore assume that the transfer part associated with helical motions in the outer zone is negligible, such as \( \tilde{\nu}^\ge (k|\varsigma, t) = 0 \). The total helical eddy diffusivity thus reduces to \( \tilde{\nu}(k|\varsigma, t) = \tilde{\nu}^> (k|\varsigma, t) \).

E. Emission transfer terms

The parts of the EDQNM transfer terms which are not included either in the eddy viscosity or in the helical eddy diffusivity, involve energy and helicity interactions at wavenumbers \( p \) and \( q \) both larger than \( k_c \). Respectively denoted \( T_E^{pq}(k, t) \) and \( T_H^{pq}(k, t) \), they read:

\[
\tilde{T}_E^{pq}(k, t) = \int_{k_c}^{k} dp \int_{k-p}^{k} dq \theta_{pq}(t) (S_E + S_{E_3}) dp dq \\
\tilde{T}_H^{pq}(k, t) = \int_{k_c}^{k} dp \int_{k-p}^{k} dq \theta_{pq}(t) (S_H + S_{H_3}) dp dq
\]

(24)

where \( S_{E,H}. \) stands for \( S_{E,H}.(k, p, q, t) \).

On the one hand, the established eddy viscosity and helical eddy diffusivity can be directly used in the Navier-Stokes equation for the modal energy and helicity spectra, \( \mathcal{E}(k, t) \) and \( \mathcal{H}(k, t) \) respectively. On the other hand, in order to implement in these modal equations, the isotropic transfers \( T_E^{pq}(k, t) \) and \( T_H^{pq}(k, t) \), we assume that they are uniformly distributed among all \( k \) wavevectors belonging to the same \( k \)-shell. This means that the nonlocal modal energy and helicity transfers, respectively \( \tilde{T}_E^{pq}(k, t) \) and \( \tilde{T}_H^{pq}(k, t) \), can be expressed as \( \tilde{T}_E^{pq}(k, t) = \tilde{T}_E^{pq}(k, t)/4\pi k^2 \) and \( \tilde{T}_H^{pq}(k, t) = \tilde{T}_H^{pq}(k, t)/4\pi k^2 \).

F. Numerical field reconstruction

To compute our LES model for all \( k < k_c \), we proceed in two steps. At a given time, the Navier-Stokes equation is first solved using the eddy viscosity and the helical eddy diffusivity, namely:

\[
(\partial_t + \nu k^2)\mathcal{E}(k, t) = -2\nu(k|\varsigma, t)k^2\mathcal{E}(k, t) -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{E}(k, t) + \mathcal{F}_E(k, t), \\
(\partial_t + \nu k^2)\mathcal{H}(k, t) = -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{H}(k, t) -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{H}(k, t) + \mathcal{F}_H(k, t).
\]

(25)

Then, the effects of the emission terms, \( \tilde{T}_E^{pq}(k, t) \) and \( \tilde{T}_H^{pq}(k, t) \), are introduced in the numerical scheme. In most previous studies, these terms are taken into account through a random force, uncorrelated in time (see e.g. \([23]\)); this corresponds to the vision that they represent an eddy noise originating from the small scales. However, the small scales are all but uncorrelated noise; the phase relationships within the small-scale structures play an important role, albeit not fully understood, in the flow dynamics. It is well-known that a random field with a \( k^{-5/3} \) Kolmogorov energy spectrum, but otherwise random phases of the Fourier coefficients, is very different from an actual turbulent flow, lacking, in particular, the strong vortex tubes so prevalent in highly turbulent flows. Similarly, it has been recently shown \([26]\) that, upon phase randomization, the ratio of nonlocal energy transfer (i.e. the transfer involving widely separated scales) to total energy transfer reduces to a negligible amount, whereas this ratio is close to 20% at the resolutions of the performed numerical experiments, corresponding to a Taylor Reynolds number of about 10^3. These considerations lead us to directly incorporate the emission terms in the second step of the our numerical procedure. The modal spectra of the energy and the helicity, associated to the \( \mathcal{E}(k, t) \) and \( \mathcal{H}(k, t) \) field computed from Eq. \((25)\), now has to verify the following equations where the emission transfer terms are taken into account;

\[
(\partial_t + 2\nu k^2)\mathcal{E}(k, t) = -2\nu(k|\varsigma, t)k^2\mathcal{E}(k, t) -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{E}(k, t) + \mathcal{F}_E(k, t) + \tilde{T}_E^{pq}(k, t)/4\pi k^2, \\
(\partial_t + 2\nu k^2)\mathcal{H}(k, t) = -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{H}(k, t) -2\tilde{\nu}(k|\varsigma, t)k^2\mathcal{H}(k, t) + \mathcal{F}_H(k, t) + \tilde{T}_H^{pq}(k, t)/4\pi k^2.
\]

(26)

(27)

where \( \mathcal{F}_E(k, t) \) and \( \mathcal{F}_H(k, t) \) denote the spectral terms stemming from the driving force. Recall that \( T_E(k, t) \) and \( T_H(k, t) \) are the resolved transfer terms based on triadic velocity interactions with \( k, p, \) and \( q \) all smaller than \( k_c \). Once the updated \( \mathcal{E}(k, t) \) and \( \mathcal{H}(k, t) \) modal spectra are obtained, the velocity field is updated. However, a difficulty immediately arises: the phase relationships between the three components of the velocity
field in the EDQNM (and other) closures is of course a priori lost. We thus proceed to the reconstruction of the three spectral velocity components, written as $v_0(k, t) = p_0(k, t)e^{i\varphi_0(k, t)}$, and rebuild the different velocity phases by using the incompressibility and realizability ($\mathcal{H}(k, t) \leq k\mathcal{E}(k, t)$) conditions, as explained in Appendix B.

### III. NUMERICAL TESTS OF THE MODEL

#### A. Numerical setup

In order to assess the model accuracy to reproduce the physics involved in fluid flows, we performed Direct Numerical Simulations (DNS) of the Navier-Stokes equation and computations using our LES formulation. We denote LES P the code with partial recovery of phases and without helical effects (i.e., with $\bar{v} \equiv 0$ and $T_{\eta}^{3\alpha} \equiv 0$), and LES PH the code with helical effects incorporated. In our LES description, the energy spectra - and helicity spectra when considered - of the subgrid scales self adapt to the large scale resolved spectra (i.e., no spectral scaling laws are prescribed). We can therefore study a variety of flows, such as either low or high Reynolds number flows, or the early phases of the temporal development of flows when Kolmogorov spectra are not yet established. Indeed, the cut-off wavenumber, $k_c$, can as well lie in the dissipation range instead of the inertial range which is the case of standard LES approaches based on closures together with a $k^{-5/3}$ Kolmogorov spectrum. This enables accurate comparisons with DNS at a given viscosity. We also compared our numerical approach to a Chollet-Lesieur LES model (CL) [2], where a $\nu = 2.3^{-3}$ kinematic viscosity is added to the turbulent viscosity for comparison purpose (see Table I). The codes use a pseudo-spectral Fourier method in a $[0-2\pi]^3$-periodic box and an Adams-Bashforth second-order scheme in time.

To test the ability of our LES models to reproduce helical flow features, we focus on flows driven by a prototype Beltrami flow ($v = \pm w$), namely the ABC flow (see e.g. [25]):

$$\mathbf{F}_{ABC}(k_0) = \begin{bmatrix} B \cos(k_0y) + C \sin(k_0z) \\ C \cos(k_0z) + A \sin(k_0x) \\ A \cos(k_0x) + B \sin(k_0y) \end{bmatrix},$$

with $k_0 = 2$, and $A = B = C = 1$.

The run parameters are summarized in Table I. The definitions used for the integral scale, $L$, and the Taylor microscale, $\lambda$, are based on the kinetic energy spectrum $E(k)$; respectively $L = 2\pi \int k^{-1}E(k)dk/\int E(k)dk$ and $\lambda = 2\pi \left[ \int E(k)dk/\int k^2E(k)dk \right]^{1/2}$. Note that the characteristic flow quantities - $L$ and $\lambda$ scales, r.m.s. velocity, $U_{rms}$, nonlinear time scale, $\tau_{NL}$, and Reynolds number, $Re$ - are time averaged quantities once the steady state is achieved for the computed flow.

#### B. Spectral features

We first investigate the flow spectral behavior on one-dimensional energy, enstrophy and helicity spectra obtained from the different models. These spectra are averaged over 67 nonlinear turnover times spanning the flow steady phase from $t = 10.0$ up to $t = 60.0$, the final time reached in the simulation. Fig. I shows the time averaged energy spectra $< E(k, t) >$ for data I (256$^3$ DNS, solid line), II (64$^3$ LES PH, dashed line) and III (64$^3$ LES P, dotted line). See Table I.

![FIG. 1: Time averaged energy spectra $< E(k, t) >$ for data I (256$^3$ DNS, solid line), II (64$^3$ LES PH, dashed line) and III (64$^3$ LES P, dotted line). See Table I.](image_url)

Note that, for the different flows, the time averaged Reynolds number and characteristics integral scale are almost the same (see Table I), while the Taylor microscale, $\lambda$, and its associated Reynolds number, $Re$, differ due to non negligible intensities of the enstrophy spectrum (namely, $k^2E(k)$ used to compute $\lambda$, with isotropy assumed) after the cut-off wavenumber $k_c$. When downsizing the 256$^3$ DNS data to 64$^3$ grid points by filtering all wave vectors $k$ such as $|k| > k_c$ (case II in Table I), the Taylor small scale quantities obtained from II, LES PH II and LES P III runs get closer. Thus, our LES models can estimate the mean correlation length scale of the vorticity when the smallest scales are properly filtered out.

The time averaged helicity spectra are plotted in Fig. II. At large scale, the LES P and LES PH models provide
TABLE I: Parameters of the simulations I to IX. Linear grid resolution N, kinematic viscosity $\nu$ and time averaged quantities: Taylor microscale $\lambda$ and integral scale $L$; r.m.s.velocity $U_{rms} = \langle v^2 \rangle^{1/2}$; integral Reynolds number $Rv = U_{rms}L/\nu$; eddy turnover time $\tau_{NL} = L/U_{rms}$; $t_M$ is the final time of integration. Note that the $\text{I}$ label stands for 64$^3$ reduced data obtained from the 256$^3$ DNS computation. The LES P (vs. PH) label stands for our model computations without (resp. with) incorporating the helicity transport coefficients $\hat{\varepsilon}$ and emission transfer terms $\hat{P}_{em}$. The LES CL label stands for a Chollet-Lesieur scheme where the kinematic viscosity is added to the scheme eddy viscosity (see text).

|   | N    | $\nu$  | $\lambda$ | $L$   | $U_{rms}$ | $Rv$    | $\tau_{NL}$ | $t_M$ |
|---|------|--------|-----------|-------|-----------|---------|------------|-------|
| I | DNS  | 256    | 5.6$^{-3}$| 0.81  | 2.38      | 3.19    | 1525       | 0.75  |
| Ir| Reduced DNS | 64    | 5.6$^{-3}$| 0.92  | 2.38      | 3.19    | 1530       | 0.75  |
| II| LES PH | 64    | 5.6$^{-3}$| 0.93  | 2.37      | 3.20    | 1519       | 0.74  |
| III| LES P  | 64    | 5.6$^{-3}$| 0.93  | 2.40      | 3.22    | 1544       | 0.74  |
| IV| DNS   | 512    | 2.6$^{-3}$| 0.49  | 2.32      | 3.34    | 3881       | 0.70  |
| V | LES PH | 128   | 2.6$^{-3}$| 0.59  | 2.30      | 3.36    | 3877       | 0.69  |
| VI| LES P  | 128   | 2.6$^{-3}$| 0.59  | 2.33      | 3.37    | 3925       | 0.69  |
| VII| LES CL | 128   | 2.6$^{-3}$| 0.66  | 2.38      | 3.29    | 3928       | 0.72  |
| VIII| LES PH | 256   | 5.6$^{-4}$| 0.36  | 2.47      | 3.38    | 16693      | 0.73  |
| IX| LES P  | 256   | 5.6$^{-4}$| 0.36  | 2.25      | 3.31    | 15565      | 0.71  |

FIG. 2: Time averaged enstrophy spectra for runs I (solid line), II (dashed line) and III (dotted line).

FIG. 3: Time averaged helicity spectra $< H(k,t) >$ for runs I (solid line), II (dashed line) and III (dotted line).

C. Temporal evolution

In this section, to study the temporal behavior of the flows, in the spirit of the analysis performed for freely evolving fluids, we focus on the temporal phase before the steady state regime. Fig. 4 shows the evolution of the global kinetic energy $E(t)$ and helicity $H(t)$ for DNS together with LES computations, namely runs IV (512$^3$ DNS), V (128$^3$ LES PH) and VI (128$^3$ LES P). We first observe that for both LES models, with and without helical effects, energies closely follow the growth phase of the DNS energy. Indeed, during the inviscid phase, $t \leq 1.0$, the small scales are generated with negligible effects on large scales, since their intensities are very weak. Thus, at that times, the LES modelling has only a reduced action. Later on, during the following growth phase, up to $t \sim 2.3$, the effect of the subgrid scales onto the resolved ones becomes important, and the LES models correctly reproduce the DNS dynamics again. Differences then start to appear between the LES energy approximations and the DNS energy, as all scale intensities increase, and therefore so does the influence of the intermediate and highly nonlocal transfer terms (see Section II.B). However, their mean values stay close to the DNS energy (see $U_{rms}$ in Table I). The same remarks hold for the temporal evolution of the kinetic helicity. However, in this latter phase, $t \geq 5$, one can note that the LES PH model provides a slightly better approximation than the
The temporal behavior of the LES flows can be understood when looking at kinetic energy spectra at early times, as plotted in Fig. 5. Instantaneous DNS energy spectra are well fitted by LES spectra up to $t \sim 3.0$, including in the phase of development toward a Kolmogorov spectrum. At larger times, the instantaneous modeled slightly spectra diverge from the DNS ones , as seen in the steady state in the previous section, with small scales slightly underestimated and large scales slightly overestimated.

**FIG. 5: Temporal development of energy spectra $E(k,t)$ shown at $t = 0.5$, $t = 1.0$, $t = 2.0$ and $t = 3.0$, for runs IV (DNS, solid line) and V (LES-PH, plusses).**

**FIG. 4: Evolution of kinetic energy $E(t)$, lower curves, and helicity $H(t)$, upper curves, for runs IV (512$^3$ DNS, solid line), V (128$^3$ LES PH, plusses) and VI (128$^3$ LES P, triangles).**

D. **Statistical analysis**

Flow statistics are now investigated. Probability density functions (hereafter, pdf), are computed from 20 velocity snapshots extracted each $3\tau_{NL}$ and spanning the flow steady states, between $t = 10.0$ and $t = 60.0$. We compare data sets obtained from runs I (256$^3$ DNS), Ir (64$^3$ reduced DNS data) and II (64$^3$ LES PH), for which we have large velocity samples. For clarity purpose, since differences between helical and non helical models are not visible on the pdf, we only represent LES PH results versus DNS ones. Fig. 6 (a) displays the statistical distribution of the $v_x$- velocity component, after being normalized so that $\sigma^2 = < v_x^2 > = 1$ ($\sigma$ being the standard deviation), together with a Gaussian distribution. The obtained distributions for all data runs are close to Gaussian, typical of large scale velocity behavior. The LES models being designed for recovering correctly the large-scale flow, the LES pdf are identical to those of the truncated DNS data set Ir (where the smallest DNS scales have been filtered out for $|k| > k_c$). Note that they are also very close to the velocity distribution of the full DNS data set.

Examples of spatial distributions of longitudinal and lateral velocity derivatives, $\partial v_x/\partial x$ and $\partial v_y/\partial x$ respectively, are shown in Fig. 6 (b) and Fig. 6 (c). The distributions are closer to an exponential than to a Gaussian. This behavior is even more pronounced for lateral derivatives with a slight departure from an exponential law. The wings of the pdf are mainly due to small-scale velocity gradients. Since the DNS flow has more excited small scales, the wings of the associated velocity derivatives distributions are more extended than for LES data. The LES distributions correctly reproduced the DNS ones up to $3\sigma$, however there is almost no differences with the pdf of the Ir data set.

**TABLE II: Temporal mean skewness of velocity derivatives for runs I-III and Ir data (see Table I). Error bars are computed from instantaneous data.**

|       | I DNS | Ir | II LES PH | III LES P |
|-------|-------|----|-----------|-----------|
| $\partial v_x/\partial x$ | $-0.45 \pm 0.05$ | $-0.35 \pm 0.05$ | $-0.35 \pm 0.04$ | $-0.33 \pm 0.05$ |
| $\partial v_y/\partial y$ | $-0.45 \pm 0.06$ | $-0.34 \pm 0.04$ | $-0.34 \pm 0.06$ | $-0.34 \pm 0.06$ |
| $\partial v_z/\partial z$ | $-0.46 \pm 0.06$ | $-0.35 \pm 0.05$ | $-0.34 \pm 0.07$ | $-0.33 \pm 0.05$ |
In order to quantify the distributions of the velocity fluctuations, and their differences among DNS, LES PH and LES P data, we compute low-order moments, namely the skewness ($S_3$) and flatness ($S_4$) factors of the velocity derivatives, defined as $S_n = \langle f^n \rangle / \langle f^2 \rangle^{n/2}$ where $f$ stands for any velocity derivatives. Their temporal means and error bars, are given in Table III and Table II respectively. For a fair comparison with the results of our LES simulations, we also compute the skewness and flatness factors based on the Ir reduced DNS velocity fields. The pdf of the longitudinal velocity derivatives present an asymmetry that yields their well-known negative skewness, with $S_3 \sim -0.45$ for DNS velocities, a value comparable to other simulations at $R_\lambda \sim 500$ (e.g. [3]). The skewness for the reduced DNS data (from 256$^3$ to 64$^3$) is about 22% lower, a reduction simply due to the truncation of velocity fields in Fourier space as noted in [2]. The LES models give almost identical results, with in most cases, slightly closer values for LES PH data sets. It remains an open problem to know whether this type of agreement persists for higher Reynolds numbers. For all runs, the lateral velocity derivatives are much more symmetric: $S_3 \sim 0$ (with fluctuations varying from $10^{-2}$ to $10^{-4}$), as expected for fields that are almost statistically isotropic [34]. The longitudinal and lateral velocity derivatives do not have the same $S_3$ flatness factors. For the DNS data, the flatness values for $\partial v_x/\partial x$, $\partial v_y/\partial y$ and $\partial v_z/\partial z$ are close to 5, while the flatness for the lateral velocity derivatives (for example $\partial v_x/\partial y$ and $\partial v_y/\partial z$) are larger, with values around 7. The reduced Ir data present a loss of $\sim 20\%$ and $\sim 30\%$ for longitudinal and lateral derivatives, respectively. Once again, both LES data provide similar values with a better approximation of the lateral derivatives for the LES PH computation.

### Table III: Temporal mean flatness of the velocity gradients for the same runs as in Table II

|       | I DNS  | Ir     | II LES PH | III LES P |
|-------|--------|--------|-----------|-----------|
| $\partial v_x/\partial x$ | $5.0 \pm 0.2$ | $4.0 \pm 0.2$ | $4.0 \pm 0.3$ | $4.0 \pm 0.3$ |
| $\partial v_y/\partial x$ | $7.2 \pm 0.6$ | $5.0 \pm 0.4$ | $4.9 \pm 0.3$ | $4.8 \pm 0.4$ |
| $\partial v_y/\partial x$ | $7.3 \pm 0.4$ | $5.1 \pm 0.4$ | $4.9 \pm 0.6$ | $4.8 \pm 0.5$ |
| $\partial v_y/\partial y$ | $7.4 \pm 0.4$ | $5.0 \pm 0.3$ | $4.9 \pm 0.5$ | $4.8 \pm 0.5$ |
| $\partial v_y/\partial z$ | $5.1 \pm 0.2$ | $3.9 \pm 0.1$ | $3.9 \pm 0.2$ | $3.9 \pm 0.2$ |
| $\partial v_z/\partial y$ | $7.3 \pm 0.6$ | $5.0 \pm 0.3$ | $4.8 \pm 0.4$ | $4.7 \pm 0.5$ |
| $\partial v_z/\partial z$ | $7.3 \pm 0.6$ | $5.0 \pm 0.5$ | $4.9 \pm 0.5$ | $4.7 \pm 0.4$ |
| $\partial v_x/\partial z$ | $7.3 \pm 0.9$ | $5.0 \pm 0.4$ | $4.8 \pm 0.7$ | $4.8 \pm 0.8$ |
| $\partial v_x/\partial z$ | $5.1 \pm 0.4$ | $4.0 \pm 0.2$ | $3.9 \pm 0.3$ | $3.9 \pm 0.3$ |

### E. Visualization in physical space

The topological properties of the different flows are now investigated: comparisons between DNS and LES PH computations are carried out on either instantaneous and or mean velocity fields.

**FIG. 7:** Contour plots of the velocity intensity $| \mathbf{v}(\mathbf{x}, t) |$ at time $t = 2.8$ on the boundaries of the periodic box, for run IV (512$^3$ DNS, left) and run V (128$^3$ LES PH, right).
For runs IV (512³ DNS) and V (128³ LES PH), Fig. 7 displays contour plots of the velocity intensity at time $t = 2.8$, shown on three sides of the periodic box. Although our LES model cannot exactly reproduce the DNS flow, one can notice that the main flow structures, and their intensities, are well represented at times before the statistically stationary regime. More precisely, the mean spatial correlation of the pointwise LES PH velocity field with the DNS one is 84.37%, while it is 84.32% in the case with the LES P pointwise velocity at the same time (not shown).

![Fig. 7: Isosurface of the mean flow intensity $|<v(x,t)>|$ for run I (256³ DNS, left) and run II (64³ LES PH, right) plotted at a level of 2, with maximum intensity values of 3.18 for run I and 3.31 for run II. Averages are taken over 50 computational times spanning the steady states.](image)

For runs I (256³ DNS) and II (64³ LES PH), Fig. 8 shows one isosurface of mean velocity intensities at a level of 2, i.e. roughly at 63% of the maximum intensity for DNS data, and at 60% for LES PH data. The mean velocity fields are time averaged each 3τNL during the steady states that correspond to 67τNL for the DNS flow and 68τNL for the LES PH run. From these runs, with the longest stationary phases, we observe that the mean velocity field, and thus the large and intermediate flow scales, are not altered by the modeling of the transfers linked to the subgrid scales. Indeed, the mean spatial correlation between the pointwise LES and DNS time averaged velocity fields is 91.96% (for completeness, it is 92.38% when the LES P mean field is considered).

Finally, the flow isotropy is estimated by means of coefficients computed as in [3]. For each wavevector $k$, an orthonormal reference frame is defined as $(k/|k|, e_1(k)/|e_1(k)|, e_2(k)/|e_2(k)|, e_3(k)/|e_3(k)|)$, with $e_1(k) = k \times z$ and $e_2(k) = k \times e_3(k)$, where $z$ is the vertical unit wavevector. In that frame, since the incompressibility condition, say for the velocity field, yields $k \cdot v(k) = 0$, $v(k)$ is only determined by its two components $v_1(k)$ and $v_2(k)$. The isotropy coefficient is then defined as $C_{iso}^v = \sqrt{<|v_1|^2>/<|v_2|^2>}$, with thus a unit value for fully isotropic flows. A similar coefficient can be based on the vorticity field, $C_{iso}^\omega$, characterizing the small scale isotropy. Isotropy coefficient values are given in Table IV for velocity and vorticity fields of the flows visualized in (Fig. 7) and (Fig. 8). Instantaneous values are computed at $t = 2.8$ for data IV (512³ DNS) and V (128³ LES PH) (Fig. 7), while for the mean flow shown in (Fig. 8), the coefficients are based on the time averaged fields of runs I (256³ DNS) and II (64³ LES PH). For comparison, the isotropy coefficients are also computed with the data of the LES P runs VI (256³) and III (64³). One can see that, altogether, the isotropic properties of the flow are correctly restored by the LES models.

**TABLE IV: Isotropy coefficients of velocity, $C_{iso}^v$, and vorticity fields, $C_{iso}^\omega$, for flows shown in (Fig. 7) and (Fig. 8).**

|        | $C_{iso}^v$ | $C_{iso}^\omega$ |
|--------|-------------|------------------|
| I      | 0.990       | 1.010            |
| II     | 1.026       | 0.979            |
| III    | 0.988       | 1.009            |
| IV     | 0.961       | 1.033            |
| V      | 0.955       | 1.035            |
| VI     | 0.955       | 1.029            |

F. Comparison with a Chollet-Lesieur approach

It may be instructive to test our model against another spectral LES approach, also based on the EDQNM closure; we have thus performed a simulation using a Chollet-Lesieur scheme [2] (run VII LES CL in Table I). The CL model allows energy transfer from subgrid to resolved scales through a dissipation mechanism, with the help of a dynamical eddy viscosity $\nu_{CL}(k,t)$ defined as:

$$\nu_{CL}(k,t) = C_{iso}^v(k,t) \sqrt{E(k_{cut},t)/k_{cut}}; \quad (29)$$

$k_{cut} = N/2 - 3$ is the cut-off wavenumber, $N$ being the number of grid points per direction, and $\nu^+(k,t)$ is the so-called cusp function evaluated as $\nu^+(k,t) = (1 + 3.58(k/k_{cut})^4)$. We recall that $C_{iso}^v(k_{cut},t)/k_{cut}$ is the asymptotic expression of the nonlocal transfers from subgrid to resolved scales, and it assumes a $k^{-5/3}$ Kolmogorov spectrum extending to infinity. The constant $C$ is adjusted with the Kolmogorov constant computed from the ABC flow resolved by the DNS run using 512³ grid points, namely $C = 0.14$. To be able to compare our DNS and LES simulations, runs IV to VI (see Table I), to a CL simulation with 128³ grid points, the kinematic viscosity used for the former runs, $\nu = 2.5 \times 10^{-5}$, is added to $\nu_{CL}(k,t)$. The asymptotic value of the eddy viscosity can be obtained as the temporal mean of $\nu_{CL}(0,t)$ in the time interval $[3.5, 7.0]$ and is here estimated to be $\sim 6.0^{-4}$.

Both CL and LES PH runs provide a close agreement with DNS temporal evolutions of kinetic energy and helicity during the growth phase, i.e., up to $t \sim 2.3$ (see
Mean energy and helicity spectra, LES PH data give slightly closer results when compared to DNS data, as our CL simulation seems to overestimate positive energy transfer from resolved scales (between $k \sim 15$ to $k_{cut} = 61$) to subgrid scales.

G. Predictions for high Reynolds number flow

In this last section, we present model computations for flows at high Reynolds number. Recently, Kurien et al. [22] showed that for flows with maximum helicity, both energy an helicity spectra exhibit a $k^{-4/3}$ scaling range following the $k^{-5/3}$ Kolmogorov range and preceding the dissipation range, a result also found in [22]. This change in the energy spectrum is estimated from energy flux based on a characteristic time scale, denoted $\tau_H$, of distortion (or shear) of eddies with wavenumber $k$ submitted to out-of-plane velocity correlations, corresponding to helicity transfer. We recall that the two dynamical times in competition are estimated by $\tau_{NL}^2(k) \sim (|H(k)|k^2/2)^{-1}$ and $\tau_{NL}^2(k) \sim (E(k)k^3)^{-1}$. Moreover, from DNS of the forced Navier-Stokes equation, these authors associate the well-known bottleneck effect with this scaling change when $\tau_H$ becomes physically relevant. The ABC flow being known for the presence of strong helical structures, we performed two simulations using our LES PH and LES P models at kinematic viscosities $\nu = 5 \cdot 10^{-4}$, with $256^3$ grid points (respectively run VIII and run IX in Table I). For these flows, the total helicity $H(t) = \frac{2}{3} \cdot <v(t) \cdot w(t)>$, averaged over $8T_{NL}$ in the steady state, is equal to 9.26 for data set VIII and to 8.65 for run IX. Temporal means of the total relative helicity $H(t)/E(t)$ are also close (within 1%) for both computations, namely 0.195 for the LES PH run versus 0.186 for the LES P one. More precisely, in the range $10 < k < 100$, the relative helicity $|H(k)|/kE(k)$, viewed as an estimation of the ratio $\tau_{Avg}^2(k)/\tau_{Avg}^2(k)$, lies in between 13.5% and 3.5% for run VIII, and falls from about 14% to 2% for run IX (see Fig. [3]), a typical ratio for strong helical flows [12]. Note also that the relative helicity obtained by both model...
scales closely to a $k^{-1}$ power law observed in previous DNS experiments [23].

![Figure 12](image1.png)

**FIG. 12:** Temporal mean of energy spectra compensated by $k^{5/3}$ (solid lines) and $k^{4/3}$ (dash lines) for runs XIII (256$^3$ LES PH) and IX (256$^3$ LES P) (see insert). Horizontal segments indicate ranges of $k^{-5/3}$ and $k^{-4/3}$ scaling regime.

Fig. 13 displays mean energy spectra for the two modeled flows compensated by $k^{5/3}$ and $k^{4/3}$ respectively. A $k^{-5/3}$ scaling appears in the range $4 < k < 10$, followed by a $k^{-4/3}$ regime in for $10 < k < 40$, and with no appearance of a bottleneck effect, although, in the latter wavenumber interval the estimated time ratio $\tau_H/\tau_{NL}$ ranges from 37% to 20%. Similarly, time averaged helicity spectra compensated by $k^{5/3}$ and $k^{4/3}$ are plotted in Fig. 13. A $k^{-5/3}$ behavior is seen in approximatively the same range than for energy spectra, while the $k^{-4/3}$ scaling occurs from $k \sim 10$ to $k \sim 60$ for the LES P flow and up to $k_c$, the maximum computational wavenumber, for the LES PH flow. Recall that, at high wavenumbers, our LES PH model slightly overestimates helicity spectra while our LES P model underestimates them. However, both LES models well reproduce the observed spectral behaviors obtained from DNS of flows at lower kinematic viscosities ($\nu = 1.e^{-4}$ and $\nu = 0.35e^{-4}$) in [24].

![Figure 13](image2.png)

**FIG. 13:** Temporal mean helicity spectra compensated by $k^{5/3}$ and $k^{4/3}$ for the same runs as in Fig. 12.

### IV. CONCLUSION

In this paper, we derive a consistent numerical method, based on the EDQNM closure, to model energy interactions between large and small scales for the Navier-Stokes equation. As no spectral behavior is a priori given, our dynamical LES method allows for the modeling various flows, whether turbulent or not, compared to former spectral models which can, in principle, simulate only infinite Reynolds number flows. The phase relationships of the small scales are taken into account through a numerical reconstruction scheme for the spectral velocity field. Helical effects in turbulent flows, like in vortex filaments, are also considered through the evaluation of the energy and helicity transfers. For this purpose, an "helical eddy diffusivity", similar to an eddy viscosity, and the emission transfer terms in which the helicity spectrum appears, are incorporated in a second model. Numerical tests of our two methods, with and without helical effects included, are performed against DNS computations. The spectral, statistical and spatial behaviors at large and intermediate scales of DNS flows are well restored in both modeled flows. We notice some advantages for the model including helical effects, in particular, concerning the evaluation of the helicity spectra and the probability distributions of the lateral velocity field gradients. LES PH also predicts a $4/3$ spectrum for the helicity all the way to the cut-off, a point that will need further study. However, in our approach, we need to calculate at each time step the non local energy (and helicity) transfers, with an increased computational cost (roughly by a factor 2), when compared with other spectral LES models [2, 29]. Whereas the role of helicity in fluids is not necessarily dynamically dominant, such is not the case in MHD where both kinetic and magnetic helicity play a prominent role, the former in the dynamo process and the latter in its undergoing an inverse cascade to large scales; furthermore, in MHD, spectra are not necessarily Kolmogorovian and the models presented in this paper may be of some use in MHD as well. The extension to MHD turbulent flows, with coupled velocity and magnetic fields, presents no major difficulties and is under study.

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**APPENDIX A: CLOSURE EXPRESSIONS OF TRANSFER TERMS**

For completeness, we recall here the expressions of the nonlinear transfer terms for the energy and the helicity, $S_E(k, p, q, t)$ and $S_H(k, p, q, t)$ respectively, under the EDQNM closure assumption [15]:

\[
\hat{T}_E(k, t) = \int_\Delta \theta_{v_{pq}}(t)S_E(k, p, q, t)dpdq, \quad (A1)
\]

\[
\hat{T}_H(k, t) = \int_\Delta \theta_{v_{pq}}(t)S_H(k, p, q, t)dpdq. \quad (A2)
\]

where $\Delta$ is the integration domain with $p$ and $q$ such that $(k, p, q)$ form a triangle, and $\theta_{v_{pq}}(t)$ is the relaxation time of the triple velocity correlations. As usual, $\theta_{v_{pq}}(t)$ is defined as:

\[
\theta_{v_{pq}}(t) = \frac{1 - e^{-(\mu_k + \mu_q + \mu_p)t}}{\mu_k + \mu_q + \mu_p}, \quad (A3)
\]

where $\mu_k$ expresses the rate at which the triple correlations evolve, i.e. under viscous dissipation and nonlinear shear. It can be written as:

\[
\mu_k = \nu k^2 + \lambda \left( \int_0^k q^2 E(q, t)dq \right)^{1/2}. \quad (A4)
\]

Here $\lambda$ is the only open parameter of the problem, taken equal to 0.36 to recover the Kolmogorov constant $C_K = 1.4$. The expressions of $S_E(k, p, q, t)$ and $S_H(k, p, q, t)$ can be further explicitied (with the time dependency of energy and helicity spectra omitted here) as:

\[
\begin{align*}
S_E(k, p, q, t) &= \frac{k}{pq} b \left[ k^2 E(q) E(p) - p^2 E(q) E(k) \right] \\
&\quad - \frac{k}{p^2 q} c \left[ k^2 H(q) H(p) - p^2 H(q) H(k) \right] \\
&= S_{E_1}(k, p, q, t) + S_{E_2}(k, p, q, t) \\
&\quad + S_{E_3}(k, p, q, t) + S_{E_4}(k, p, q, t). \quad (A5)
\end{align*}
\]

Here, $S_{E_1}(k, p, q, t)$, $S_{E_2}(k, p, q, t)$, $S_{E_3}(k, p, q, t)$ and $S_{E_4}(k, p, q, t)$ are respectively used to denote the four terms of the extensive expression of $S_E(k, p, q, t)$. Note that $S_{E_3}(k, p, q, t)$ and $S_{E_4}(k, p, q, t)$ are absent in the fully isotropic case (without helicity), and, of course, all $S_H(k, p, q, t)$ terms below.

\[
S_H(k, p, q, t) = \frac{k}{pq} b \left[ k^2 E(q) H(p) - p^2 E(q) H(k) \right] \\
- \frac{k^3}{pq} c \left[ E(p) H(q) - H(q) E(k) \right] \\
= S_{H_1}(k, p, q, t) + S_{H_2}(k, p, q, t) \\
+ S_{H_3}(k, p, q, t) + S_{H_4}(k, p, q, t), \quad (A6)
\]

with analogous short notations as before.

In Eqs. (A5) and (A6), the geometric coefficients $b(k, p, q)$ and $c(k, p, q)$ (in short, $b$ and $c$) are defined as:

\[
b = \frac{p}{k}(x y + z^3), \quad c = \frac{p}{k} z(1 - y^2), \quad (A7)
\]

where $x, y, z$ are the cosines of the interior angles opposite to $k, p, q$.

Let us now introduce a cut-off wavenumber $k_c$, and define the following three zones for the integration domain $\Delta$ of Eqs. (A1) and (A2): the inner zone $\Delta^<$ (with $k, p$ and $q$ all smaller than $k_c$), the cut-off wavenumber), the buffer zone $\Delta^>$ (with $p$ and/or $q$ between $k_c$ and $3k_c$), and the outer zone $\Delta^>$ (with $p$ and/or $q$ larger than $3k_c$); then, the boundaries of the transfer term integrals have to be adapted.

In the inner zone corresponding to the fully resolved flow, the resolved transfers write:

\[
\begin{align*}
\hat{T}_{E_1}^<(k, t) &= \int_{|k| \leq k_c} -i P_{\alpha\beta}(k)k_\gamma \int_0^{|k| \leq k_c} v_{\beta}(p, t)v_{\gamma}(k - p, t)v_{\alpha}(-k, t)dpdk \\
\hat{T}_{H_1}^<(k, t) &= \int_{|k| \leq k_c} \xi_{\alpha\beta\gamma}k_\delta k_\gamma \int_0^{|k| \leq k_c} v_{\beta}(p, t)v_{\gamma}(k - p, t)v_{\alpha}(-k, t)dpdk \quad (A8)
\end{align*}
\]

where $P_{\alpha\beta}(k) = \delta_{\alpha\beta} - k_\alpha k_\beta/k^2$ is the projector on solenoidal vectors, as stated before.

The transfers of energy and helicity between the buffer zone and the inner zone become:

\[
\begin{align*}
\hat{T}_{E_1}^>(k, t) &= \int_{k_c}^{3k_c} \int_{k-p}^{k+p} \theta_{v_{pq}}(t)S_E(k, p, q, t)dpdq \quad (A10) \\
\hat{T}_{H}^>(k, t) &= \int_{k_c}^{3k_c} \int_{k-p}^{k+p} \theta_{v_{pq}}(t)S_H(k, p, q, t)dpdq \quad (A11)
\end{align*}
\]
and the transfers of energy and helicity between the outer zone and the inner zone read:

\[ \hat{T}_E^{>}(k, t) = \int_{3k}^{\infty} \int_{k-p}^{k+p} \theta_{\kappa \rho}(t) S_E(k, p, q, t) dp dq \] (A12)

\[ \hat{T}_H^{>}(k, t) = \int_{3k}^{\infty} \int_{k-p}^{k+p} \theta_{\kappa \rho}(t) S_H(k, p, q, t) dp dq \] (A13)

**APPENDIX B: NUMERICAL IMPLEMENTATION OF THE MODEL**

As a first step, the Navier-Stokes equation is solved with the eddy viscosity and the helical eddy diffusivity \( \nu(k|k, t) \) and \( \hat{\nu}(k|k, t) \) (see Eq. (25)). At this intermediate stage, we obtain a partial estimation of the time updated velocity field, since the emission transfer term is not yet taken into account. From this intermediate velocity, we compute the corresponding energy and helicity density fields, say at wavevector \( k \). They are then corrected with the appropriate EDQNM emission terms according to Eqs. (26) and (27). In the time advance, the next step consists in reconstructing the three velocity components from these updated energy and helicity, \( \hat{E}(k, t) \) and \( \hat{H}(k, t) \) respectively. When the velocity components are expressed as \( v_{\phi}(k, t) = \rho_{\phi}(k, t) e^{i\phi_{\phi}(k, t)} \), the incompressibility condition leads to the following system of equations for the velocity phases and amplitudes (in short \( \phi_{\phi} \) and \( \rho_{\phi} \)):

\[ \rho_{123}\cos(\phi_{23}) = \frac{k_e^2 \hat{E}(k) - \rho_{2}^2(k_1^2 + k_2^2) - \rho_{3}^2(k_1^2 + k_3^2)}{2k_2k_3} \]

\[ \rho_{13}\cos(\phi_{31}) = \frac{k_e^2 \hat{E}(k) - \rho_{2}^2(k_1^2 + k_2^2) - \rho_{3}^2(k_1^2 + k_3^2)}{2k_1k_3} \]

\[ \rho_{12}\cos(\phi_{12}) = \frac{k_e^2 \hat{E}(k) - \rho_{2}^2(k_1^2 + k_2^2) - \rho_{3}^2(k_1^2 + k_3^2)}{2k_1k_2} \]

\[ \rho_{123}\sin(\phi_{23}) = \frac{k_e^2 \hat{H}(k)}{k_2^2} \]

\[ \rho_{13}\sin(\phi_{31}) = \frac{k_e^2 \hat{H}(k)}{k_1^2} \]

\[ \rho_{12}\sin(\phi_{12}) = \frac{k_e^2 \hat{H}(k)}{k_3^2} \] (B1)

with phase differences \( \phi_{\alpha\beta}(k, t) = \phi_{\beta}(k, t) - \phi_{\alpha}(k, t) \), \( \alpha \) and \( \beta \) standing for the component indices. Note that when one component of the vector \( k \) is equal to zero, this case is treated separately in the code. Since only four of these equations are independent (because of the incompressibility condition), we are led to give an arbitrary value for two of the variables. However, the choice of these arbitrary values is constrained. Indeed, from the set of equations Eqs. (B1), we can derive an existence condition on the \( \rho_{\phi} \)-amplitudes depending on the realizability condition \( \hat{|H}(k)| \leq k \hat{E}(k) \) and which reads (with \( k \)-dependency omitted):

\[ (1 - \frac{k_\alpha^2}{k^2}) \hat{E}(1 - \Gamma) \leq \rho_{\phi}^2 \leq (1 - \frac{k_\alpha^2}{k^2}) \hat{E}(1 + \Gamma) \] (B2)

with \( \Gamma = \sqrt{1 - \hat{H}^2/k^2\hat{E}^2} \). Thus, the \( \rho_{\phi} \)-amplitudes can be expressed as:

\[ \rho_{\phi}^2 = \left[ \rho_{\phi}^2 - (1 - \frac{k_\alpha^2}{k^2}) \hat{E} \right] \frac{\Gamma^2}{1 - \frac{k_\alpha^2}{k^2}} \left[ 1 - \frac{k_\alpha^2}{k^2} \right]^2 \hat{E} \] , (B3)

where the \( i \) superscript denotes quantities based on the intermediate velocity field, which is a solution of the modified Navier-Stokes equation Eq. (25), with eddy viscosity and helical eddy diffusivity incorporated, and with \( \Gamma^2 = \sqrt{1 - \hat{H}^2/k^2\hat{E}^2} \). Eq. (B3) represents a projection of \( \rho_{\phi}^2 \) (computed from the intermediate velocity field and which depends on \( \hat{E} \) and \( \hat{H} \)) to obtain the amplitude \( \rho_{\phi}(k, t) \) (depending now on \( \hat{E} \) and \( \hat{H} \)) at the updated time step. This allows not to modify the velocity field when \( \hat{T}_E^{>0} = 0 \) and \( \hat{T}_H^{>0} = 0 \).

If one or two components of the \( k \)-wavevector are equal to zero, the set of equations (B1) is rewritten from the divergence-free condition. Apart from this, the reconstruction procedure is similar.

Finally, to rebuild the different velocity phases, \( \phi_i \) is assumed to be fixed to its value given by the intermediate component \( v_i(k, t) \). The set of equations (B1) is then solved and we obtain the updated Fourier velocity field. Note that a different choice for the fixed phase leads to no significant changes in our numerical tests.

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