Heat pump system built into the room with the implementation of air exchange and microclimate

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Abstract. The efficiency and performance of an air heat pump system built into a room, together with supply and exhaust ventilation, currently requires a high-quality microclimate and clean air in the room. The transition in mass housing construction to the sealed windows with double-glazed windows, along with the positive factors such as a decrease in heat loss and a decrease in noise in rooms, led to a deterioration in the air regime in a room with traditional natural ventilation systems. In the winter period of space heating, energy is spent, among other things, on heating the incoming cold air, and in quite significant quantities. At the same time, the required level of air exchange is necessary in both poorly and well-insulated buildings. From this it follows that the heat consumption for ventilation without the use of special innovative engineering and technical solutions will not decrease from this, and the more insulated the building is, the higher in relative terms the ventilation costs will be. As a method for assessing the microclimate comfort, the authors propose the calculations and comparison of individual parameters of the thermal and humidity air regime for the room in accordance with the SanPiN standards. The supply and exhaust ventilation system with a heat exchanger (recuperation) has a number of advantages, which include: saving heat energy spent on heating the ventilation air, depending on the type of heat exchanger system; the efficiency level of air-thermal comfort in the room, due to the aerodynamic stability of the heat pump heating system and balanced heat exchange of the supply and exhaust air; the ability to maintain a minimum relative humidity in the supply and exhaust ventilation system in the range from 40 to 60%, in which viruses are the least viable. The recovered warm air is not just thrown out of the building, but enters a specially equipped mixing chamber with intensively uniform mixing, which allows achieving the efficiency factor of the heat pump COP = 3.5 and the ability to operate such an air heat pump system in climatic zones with the temperatures up to -25 °C.

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1 Introduction

The applied energy-saving measures require the creation of a high-quality microclimate and air purity in the premises area, which entails additional consumption of energy consumption.

In the conditions of creating a microclimate in the premises, the problem of eco-technological heat generation of individual houses and low-rise buildings on the basis of cost-effective air heat pump systems is extremely urgent.

To increase the efficiency and productivity of the air heat pump system built into the room, the authors use modern technological solutions - a mixing chamber and a recuperator installed in the boiler room of the building [1]. The use of supply and exhaust ventilation in the recuperation system together with the existing heat generation makes it possible to ensure the thermal and humidity conditions of the room not lower than the set values. Structurally, the supply and exhaust ventilation, located in a low-rise building, is directed by an air duct to the evaporator of the air heat pump on the one hand, and on the other, it provides the room through the air ducts with heated outside air (Fig. 1).

![Combined heat pump heating system](image)

**Fig. 1.** Combined heat pump heating system

The necessary air exchange of the room, taking into account the air heat pump thermal power generation, to cover the heat losses and the creation of an efficient and rational operating mode, should be oriented towards the heat efficiency coefficient in the range $COP = 2.5 - 4$, with the outside temperature as the closest to the climatic conditions in the Upper Volga regions [2].

It is proved in work [3] that the ambient air low-temperature heat transfer to the HHP inlet will be most effective at a temperature in the range of $8-12 \degree C$.

It should be noted that we achieve the supply of air mass (on average $t = 10 \degree C$) to the evaporator of an air heat pump due to a complex combination of an air-heating unit with a mixing chamber and a supply and exhaust ventilation system with recuperation, while
maintaining the thermophysical properties (parameters) of the air the state of the environment in the room.

To ensure good air quality and its sanitary and biological efficiency, it is necessary to maintain a minimum relative humidity of the environment in the range from 40 to 60% [4].

2 Methods

The calculation of the thermal and humid regime with the thermophysical properties of humid air and the dependence of the relative air humidity on the temperature at the inflow in the recuperator was carried out according to the method [6-10]. Graphically, this dependence is shown in Fig. 2.

Maximum possible amount of moisture in the form of water vapor $D_m$:

$$D_m(t) = 0.622 \frac{P_s(t)}{P_f(t) - P_s(t)},$$

where: $P_s$ denotes saturation pressure, ata; $P_f$ shows working medium pressure, ata.

The amount of condensate $D_k$ is determined by the formula:

$$D_k = D_c - D_m(t),$$

where: $D_c$ is moisture content of the air at the critical point, kg / kg dry. air; $D_m$ is maximum possible amount of moisture, kg / kg dry. air.

Then $D_k(t) = 0.016 - 0.006 = 0.01$ kg / kg dry. air.
Graphically, the dependence of the condensate $D_k$ amount on the room $t$ temperature is shown in Fig. 3.

![Graph](image)

Fig. 3. Dependence of the condensate amount on the air temperature $t$ in the room

As a result of an approximate calculation, the dependence of the relative humidity and the amount of air condensate on the room temperature is obtained.

As an example, the calculation of the air flows state parameters in the air exchange system of a given room will be given.

As an example, let us give the calculation of the parameters in the room* of air flows in the air exchange system of a given room at an outside air temperature that is economically beneficial for heat generation of air heat pumps up to $-10 \, ^\circ C$ [11] and relative humidity in a heated room $-40\% \div 50\%$.

### 3 Results

Let us analyze the result of the two streams air exchange process: supply (outside) and exhaust (inside). The air flow parameters are presented in Table 1.

**Table 1. Air flow parameters**

| Airflow                        | Temperature, ($t$), °C | Relative humidity, ($\varphi_k$), % | Consumption, ($G$), m³/h |
|-------------------------------|-------------------------|-------------------------------------|--------------------------|
| Heating (from the room)       | 24                      | 35                                 | 5                        |
| Heated from the street through the supply duct | 7                       | 65                                 | 8                        |

The calculation algorithm is shown in Fig. 4.

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*We do not take into account the mixing chamber in the calculation, focusing only on the supply and exhaust flow*
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#### Fig. 4. Algorithm for calculating the supply and exhaust air environment parameters

The moisture content is calculated using the formula:

\[
D = 0.622 \frac{\varphi \cdot P_s}{P - \varphi \cdot P_s}, \text{ kg / kg dry. air}
\]  

where: \(P_f\) is wet air pressure, \(P_s\) defines saturation pressure, determined from the tables according to the humid air temperature \(t\).

\[
D_1 = \frac{0.622 \cdot 0.03 \cdot 0.35}{1 - 0.03 \cdot 0.35} = 6.602 \cdot 10^{-3} \text{ kg / kg dry. air}
\]

\[
D_2 = \frac{0.622 \cdot 0.01 \cdot 0.65}{1 - 0.01 \cdot 0.65} = 4.069 \cdot 10^{-3} \text{ kg / kg dry. air}
\]

Then the moisture content of the resulting air mixture will be equal to:

\[
D_s = \frac{D_1 \cdot G_1 + D_2 \cdot G_2}{G_1 + G_2}, \text{ kg / kg dry. air}
\]

where: \(D_1, D_2\) define moisture content of air streams, kg / kg dry. air; \(G_1, G_2\) show the consumption, m\(^3\)/h.

Then

\[
D_s = \frac{6.602 \cdot 10^{-3} \cdot 5 + 4.069 \cdot 10^{-3} \cdot 8}{5 + 8} = 5.043 \cdot 10^{-3} \text{ kg / kg dry. air.}
\]
The enthalpy of air flows is calculated by the formula [6]:

\[ I = t \cdot (D + 1.93) + 2501 \cdot D, \text{ kJ/kg} \]  

(5)

where: \( t \) is air flow temperature, °C; \( D \) is moisture content of the air flow, kg/kg dry. air. Then:

\[ I_1 = t \cdot (D_1 + 1.93) + 2501 \cdot D_1, \text{ kJ/kg} \]

\[ I_1 = 24 \cdot (6.602 \cdot 10^{-3} + 1.93) + 2501 \cdot 6.602 \cdot 10^{-3} = 46.479 + 16.512 = 62.991 \text{ kJ/kg} \]

\[ I_2 = t \cdot (D_2 + 1.93) + 2501 \cdot D_2, \text{ kJ/kg} \]

\[ I_2 = 7 \cdot (4.069 \cdot 10^{-3} + 1.93) + 2501 \cdot 4.069 \cdot 10^{-3} = 13.539 + 10.177 = 23.716 \text{ kJ/kg} \]

The specific enthalpy of the mixture is calculated by the formula:

\[ I_s = \frac{I_1 G_1 + I_2 G_2}{G_1 + G_2}, \text{ kJ/kg} \]

(6)

where: \( I_1, I_2 \) show the specific enthalpy of air flows, kJ/kg; \( G_1, G_2 \) denote the consumption, m³.

\[ I_s = \frac{62.991 \cdot 5 + 23.716 \cdot 8}{5 + 8} = 38.82 \text{ kJ/kg} \]

Air exchange (mixing) flow temperature:

\[ T_s = \frac{I_s - 2501 \cdot D_s}{D_s + 1.93}, \text{ °C} \]

(7)

where: \( I_s \) is enthalpy of the air mixture, kJ/kg; \( D_s \) is moisture content of the air mixture, kg/kg dry. air.

As a result, we get:

\[ T_s = \frac{38.82 - 2501 \cdot 5.043 \cdot 10^{-3}}{5.043 \cdot 10^{-3} + 1.9354} = \frac{26.2075}{1.9354} = 13.541, \text{ °C} \]

Relative humidity of air exchange flows:

\[ \varphi_s = \frac{P_f \cdot D_s}{P_s(T_s) \cdot (D_s + 0.622)}, \]

(8)

where: \( D_s \) is moisture content of the air mixture, kg/kg dry. air; \( P_s \) is saturation pressure, ata; \( P_f \) is working medium pressure, ata.
The enthalpy of air flows is calculated by the formula (6):

\[ I_tD = \frac{2501(1.93)^2}{tD} \text{kJ/kg}, \]

where:
- \( t \) is air flow temperature, °C;
- \( D \) is moisture content of the air flow, kg/kg dry.

Then:

\[ I_tD = \frac{2501(1.93)^2}{tD} = 33.33 \text{kJ/kg} \]

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The specific enthalpy of the mixture is calculated by the formula:

\[ S_{12} = S_{1} + S_{2} \text{kJ/kg}, \]

where:
- \( S_{1} \) and \( S_{2} \) show the specific enthalpy of air flows, kJ/kg;
- \( S_{12} \) denote the consumption, m³.

\[ S_{12} = S_{1} + S_{2} = 8.382 \text{kJ/kg} \]

Air exchange (mixing) flow temperature:

\[ S_{I} = S_{1} + S_{2} \text{kJ/kg}, \]

where:
- \( S_{I} \) is enthalpy of the air mixture, kJ/kg;
- \( S_{D} \) is moisture content of the air mixture, kg/kg dry.

\[ S_{I} = S_{1} + S_{2} = 8.382 \text{kJ/kg} \]

As a result, we get:

\[ 38.8258 + 5.043 \times 10^{-3} + 26.2075 + 13.541 + 5.043 \times 10^{-3} = 62.991 \text{kJ/kg} \]

Relative humidity of air exchange flows:

\[ \phi = \frac{fS}{fS + \rho_{PD}} \text{,} \]

where:
- \( fP \) is working medium pressure, ata;
- \( S_{PD} \) is saturation pressure, ata;
- \( S_{D} \) is moisture content of the air mixture, kg/kg dry.

\[ \phi = \frac{fS}{fS + \rho_{PD}} = 50.1\% \]

As a result of the calculations, we obtain the parameters of the supply and exhaust environment state in the room with an access to the air-heat pump and outside [7-9]. The calculation algorithm is shown in Fig. 4.

4 Discussion

The proposed combined heat supply system ensures the heat and humidity air environment state in accordance with the relevant GOST and SanPiN, regulating the minimum relative humidity in the room in the range of 40% ÷ 60% [12].

5 Conclusion

The proposed calculation of air exchange taking into account the heat pump and the obtained parameters of the room microclimate (structure) with an area of 100m², showed a reasonable energy-saving heat generation corresponding to an efficiency coefficient of COP = 2.5 ÷ 4 [13-15].

The results of the study are useful for unifying the calculations of the obtained air heat fluxes, which, observing the calculated temperature and enthalpy, ensure the humidity and temperature conditions constancy in the room [15-19].

Air humidification systems should be included in each project of the climatic equipment of a building for any purpose to ensure its epidemiological safety.

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