Developing a model for neutron star oscillations following starquakes

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ABSTRACT
Glitches – sudden increases in spin rate – are observed in many pulsars. One mechanism advanced to explain glitches in the youngest pulsars is that they are caused by a starquake, a sudden rearrangement of the crust of the neutron star. Starquakes have the potential to excite some of the oscillation modes of the neutron star, which means that they are of interest as a source of gravitational waves. These oscillations could also have an impact on radio emission. In this paper we make upper estimates of the amplitude of the oscillations produced by a starquake, and the corresponding gravitational wave emission. We then develop a more detailed framework for calculating the oscillations excited by the starquake, using a toy model of a solid, incompressible star where all strain is lost instantaneously from the star at the glitch. For this toy model, we give plots of the amplitudes of the modes excited, as the shear modulus and rotation rate of the star are varied. We find that for our specific model, the largest excitation is generally of a mode similar to the $f$-mode of an incompressible fluid star, but that other modes of the star are excited to a significant degree over small parameter ranges of the rotation rate.

Key words:

1 INTRODUCTION
Neutron stars normally rotate at an extremely regular rate. Once the steady slowdown over time from magnetic dipole radiation is accounted for, pulsars can keep time to an accuracy of one part in $10^{13}$ or more (Lyne & Graham-Smith (1998)). However, younger pulsars often display more erratic behaviour. Some of this variation comes from timing noise, small unmodelled deviations in the pulse period. More dramatically, many have been observed to undergo a sudden speedup in rotation rate, known as a glitch.

Glitch observations are discussed in detail in Espinoza et al. (2011), where glitching pulsars are shown to exhibit a diverse range of behaviours. The size of a glitch can be characterised by the fractional change in spin frequency $\frac{\Delta \Omega}{\Omega}$ of the pulsar. Glitches have been observed spanning the range $\frac{\Delta \Omega}{\Omega} \sim 10^{-11} \sim 10^{-5}$, and the distribution of glitch sizes experienced by an individual pulsar also varies widely. Some pulsars, such as the Vela, undergo ‘giant’ glitches of approximately regular size with $\frac{\Delta \Omega}{\Omega} \sim 10^{-6}$, whereas some of the youngest pulsars such as the Crab have smaller glitches with $\frac{\Delta \Omega}{\Omega} \lesssim 10^{-8}$, and glitch sizes are distributed over a wide range (Wong, Backer & Lyne (2001)).

Glitches are likely to excite oscillation modes of the star, making them an interesting candidate source for gravitational wave emission. These oscillations could also be expected to shake the star’s magnetosphere, leading to the possibility of radio emission observable by next generation radio telescopes. The increased sensitivity and time resolution of the Square Kilometre Array may allow the glitch event to be detected directly.

However, the nature and amplitude of the oscillation modes excited will depend strongly on the mechanism producing the glitches, which is as yet unknown. The leading explanation for the larger glitches is that they are caused by a rapid transfer of angular momentum from the superfluid component of the star to its crust (Anderson & Itoh (1975)). This superfluid component may ordinarily be only weakly coupled to the crust, which gradually slows down through magnetic braking. This

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is because the superfluid can only slow down through the outward migration of its quantised vortices. As they reach the solid
crust they may become pinned to the nuclei in the crystal lattice, fixing the angular momentum of this part of the superfluid.
A glitch would then be triggered by an event that could increase the coupling between the two components by producing a
sudden collective unpinning of these vortices. Various mechanisms for this unpinning have been proposed (Alpar et al. (1984),
Glampedakis & Andersson (2009), Melatos, Peralta & Wyithe (2008)).

Another idea is that glitches are produced by a starquake – a sudden rearrangement of the crust of the star (Baym &
Pines (1971)). This model uses the fact that while a fluid star would be able to freely adjust its shape as the neutron star
slow down over time, the solid crust of a neutron star will resist the deformation from its relaxed state; consequently, it will
stay more oblate than a fluid star would. The level of strain in the crust builds up, and this may reach a critical value at which
the crust can no longer withstand the strain and breaks. The release of strain means that the star loses some of its residual
oblateness. The moment of inertia decreases, and so by conservation of angular momentum there must be a corresponding
increase in the star’s angular velocity, producing the observed glitch. This model is not able to produce a large enough energy
release to account for the largest glitches, such as those of Vela (Alpar et al. (1996)), but is still promising for describing
smaller glitches such as those of the Crab.

The prospects for gravitational wave detection from the superfluid model have been discussed in papers by Sidery,
Passamonti & Andersson (2010) and van Eysden & Melatos (2008). In this paper, we will concentrate on the starquake model,
starting by making some order-of-magnitude estimates for the maximum energy released in a starquake, and the amplitudes
of the oscillations produced, using a formalism originally developed by Baym & Pines (1971). We then develop a more detailed
framework for calculating the oscillations excited by a glitch, based on calculating initial data for the glitch and projecting
it against a basis of normal modes of the star. We carry this out for a toy model in which the star is completely solid and
incompressible, and the glitch is modelled by an instantaneous loss of all strain. Although this acausal glitch mechanism is
not realistic, it is a sensible starting point which allows us to develop the model, and even this simple model produces some
interesting results.

We will start in Section 2 by giving an overview of our model for a starquake and fixing notation for the rest of the
paper. In Section 3 we make order-of-magnitude estimates of the amplitude of oscillations produced by the quake, both for
our specific model and for an optimistic scenario in which all energy released in the quake goes into oscillations. For this
scenario, we also calculate the gravitational wave emission produced by the oscillation, both for an ordinary neutron star with
a fluid interior and a solid quark star. We then move on to the more detailed model, describing the calculation of the initial
data for the glitch in Section 4 and the normal modes of the rotating star in Section 5. In Section 6 we develop a projection
scheme that allows us to calculate the amplitudes of the oscillation modes excited, and discuss the results of this. Section 7
then provides a summary of the results of the paper.

2 THE STARQUAKE TOY MODEL

In this section, we describe our simplified toy model for a glitch. This is illustrated in Figure 1, where the main stages of the
glitch are labelled as Stars A–D. We will work in Newtonian gravity throughout the paper. We will also only consider the
case of slow rotation, in which rotation is treated as a perturbation about a spherical background star (Star S of the figure).

In this toy model we take our star to be completely solid and incompressible: this will allow us to use analytic results
for the equilibrium configurations of the rotating star, and for the normal modes of Star S. The star is also modelled as an
elastic solid, so that it has some relaxed state of zero strain, and deformation from this state will induce a strain field in the
star. This strain field is built from the displacement vector field \( \xi \) connecting points of the star in its relaxed configuration to
their new positions in its current configuration.

In our model, the star starts in an unstrained state, Star A, spinning with angular velocity \( \Omega_A \). In this relaxed state,
the star will have the same shape as a completely fluid star. This star will then spin down as it loses energy. This will cause
it to become less oblate, inducing a strain field in the star as it is deformed from its relaxed configuration. The starquake
then occurs at the point where the strain has built up to some critical level where the crust can no longer support it – we
label this as Star B, which is spinning at some angular velocity \( \Omega_B \). The strain field at this point can be calculated from the
strain energy of Star B, and the normal modes of the rotating star in Section 5. In Section 6 we develop a projection
scheme that allows us to calculate the amplitudes of the oscillation modes excited, and discuss the results of this. Section 7
then provides a summary of the results of the paper.

We now need to specify our model of the glitch itself. For our toy model, we will take the extreme case where all of the
strain energy of Star B is lost from the star. More precisely:

We assume that all the strain is lost from the star at the glitch, so that the new, unstrained reference state of the star is that of Star B.
Furthermore, we assume that this energy is just lost from the star as heat, rather than going into kinetic or gravitational energy. This
means that the mass distribution of the star will not be changed at the glitch: particles in Star C immediately after the glitch are not
displaced from their positions in Star B: using the same labelling method for the displacement field between Stars B and C, we have
\( \xi^{BC} = 0 \).

After the glitch, the star will now be out of equilibrium (Star C), and so it will start to oscillate. These oscillations will be
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Figure 1. Diagram of our starquake model. As the star spins down from an initial, relaxed configuration (Star A) spinning at angular velocity $\Omega_A$, strain builds up in the crust. When this reaches a critical level (Star B) at some angular velocity $\Omega_B$, the crust cracks and strain is removed. Immediately after the starquake the star is out of equilibrium (Star C), and oscillates briefly before settling down to a new equilibrium state (Star D) spinning with angular velocity $\Omega_D$. We will treat the equilibrium states as perturbations about a spherical background configuration, Star S. The maps $\eta$ track the displacements of particles in S to their new positions in Stars A – D, while the $\xi$ displacement fields map between A – D.

damped until the star finally reaches a new equilibrium configuration, Star D, with angular velocity $\Omega_D$. This equilibrium state is deformed from its unstrained state, Star C, and so has some residual strain constructed from the displacement field $\xi^{CD}$.

2.1 Plan of the calculation

The basic idea of our starquake model is to project initial data describing the starquake against the set of oscillation modes of the star after the glitch, in order to find the amplitudes of the excited oscillation modes. This process has three stages:

(i) First we construct the initial data, which will take the form of a displacement field $\xi^{DC}$ and velocity field $\dot{\xi}^{DC}$ describing how particles in the star are perturbed from equilibrium after the glitch. Note that the initial data links the final state, Star D, to the state of the star before the glitch, so the displacement field initial data is in the opposite direction to the strain field $\xi^{CD}$. This construction will involve finding the new equilibrium state of the star after the starquake, Star D, which is rotating with angular velocity $\Omega_D$. We do this in the case of slow rotation, where the change in the star’s equilibrium configuration due to rotation is treated as a perturbation about the spherical background star, Star S.

(ii) Next, we calculate the spectrum of oscillation modes of Star D. We will start by finding analytic results for the eigenvalues and eigenfunctions of the spherical Star S. We then introduce rotation as a perturbation and calculate the first order corrections to these modes.
Finally, we can project our initial data, $\xi^{DC}$ and $\dot{\xi}^{DC}$, against this set of modes of Star D, to see which ones are excited by it. The eigenfunctions of Star S are orthogonal, which we show in Appendix B. However, once we include rotation, this is no longer the case. We describe a scheme that will nevertheless allow us to carry out the projection.

3 ENERGY ESTIMATES FOR THE MODEL

Before making any detailed calculations, we can get more insight into the starquake mechanism for glitches by making some estimates for the energy released by the quake. An estimate that has appeared in the literature (Abadie et al. (2011)) takes the rotational kinetic energy available to the star and multiplies it by the fractional change in velocity characterising the glitch, to obtain

$$\Delta E \sim I\Omega^2 \left(\frac{\Delta \Omega}{\Omega}\right).$$

However, the actual value of the change in energy will depend strongly on the detailed physics of the glitch. This in turn depends on the mechanism that triggers the glitch. Here we will concentrate on the starquake model, and make some estimates for the energy released in the glitch in this case, and the amplitude of the oscillations produced. We will use the notation of the previous section, where the stages of the starquake model are labelled by Stars A – D.

In the specific model outlined in the previous section, the strain energy is just lost from the star at the glitch. In this case, the energy available to go into oscillations comes only from the change in the star’s gravitational and kinetic energy as it settles to a new equilibrium state. This is the energy difference between Stars C and D, $\Delta E_{CD} = E_C - E_D$.

Although this is perhaps the simplest option to model, it is not necessarily the most realistic. We can also imagine taking the strain energy of the star before the glitch and putting some of it into, for example, the kinetic energy of the star after the quake (if the crust cracks or otherwise moves about).

The upper bound on this would be to put all the strain energy made available into gravitational or kinetic energy. This would correspond to the total energy immediately after the glitch being that of Star B. This gives us an upper limit on the energy available to go into oscillations at the glitch, $\Delta E_{BD} = E_B - E_D$.

In this section, we will make an estimate for both the upper limit on energy released, $\Delta E_{BD}$, and the energy released in our specific model, $\Delta E_{CD}$. To do this, we will start by building on the starquake model of Baym & Pines (1971). This model characterises the distortion of the rotating neutron star using a single parameter, the oblateness parameter $\varepsilon$. This is defined by

$$I = I_S(1 + \varepsilon).$$

where $I$ is the moment of inertia of the distorted star and $I_S$ is that of the star while nonrotating and spherical. For the incompressible stellar models we will consider in our toy model, $I_S$ would be that of a spherical star of the same volume.

The value of $\varepsilon$ is then found by minimising the total energy of the star. For each equilibrium configuration A, B and D, this can be written in the form

$$E = E_S + \frac{1}{2} I_S(1 + \varepsilon)\Omega^2 + A\varepsilon^2 + B(\varepsilon - \varepsilon_{\text{ref}})^2,$$

where $E_S$ is the energy of the spherical star, $A$ and $B$ are constants, and the three corrections are kinetic, gravitational and strain energy terms respectively. The strain energy depends on both the current oblateness $\varepsilon$ of the star, and the ‘reference’ oblateness $\varepsilon_{\text{ref}}$ at which the star is unstrained. By minimising with respect to the ellipticity $\varepsilon$ at fixed angular momentum, the ellipticity can be written as

$$\varepsilon = \frac{I_S\Omega^2}{4(A + B)} + \frac{B}{A + B}\varepsilon_{\text{ref}}.$$

It will be useful to get an idea of the relative sizes of these energies by putting in some typical numerical values for a neutron star. Baym & Pines (1971) make an estimate for $A$ using the exact value for a homogeneous incompressible star,

$$A = \frac{3}{25} \frac{M^2 G}{R}.$$

As a rough estimate for the value of $B$, the form $E_{\text{strain}} = B(\varepsilon - \varepsilon_{\text{ref}})^2$ for the strain energy can be used to find the mean stress in the crust,

$$\sigma \equiv \left| \frac{1}{V_{\text{crust}}} \frac{\partial E_{\text{strain}}}{\partial \varepsilon} \right|.$$
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where $V_{\text{crust}}$ is the volume of the crust. This gives

$$\sigma = \mu (\varepsilon - \varepsilon_{\text{ref}}),$$

with $\mu = \frac{2B}{V_{\text{crust}}}$ as the mean shear modulus of the crust, which can then be rearranged to find $B$. For a 10 km radius star with a mass of $1.4M_\odot$, we obtain $I_S \sim 1 \times 10^{45}$ g cm$^2$ and $A \sim 6 \times 10^{52}$ erg. Using the estimate of Strohmayer et al. (1991) of $10^{33}$ erg cm$^{-1}$ for the shear modulus of the crust, we have $B \sim 10^{47}$ erg, assuming the crust is 1 km thick.

The kinetic energy is of order $T = I_S \Omega^2 B$; again, this is generally small compared to the gravitational binding energy. As these energies will recur frequently throughout, we will define

$$b \equiv \frac{B}{A} \sim 9 \times 10^{-6},$$

$$t \equiv \frac{T}{A} \sim 7 \times 10^{-7} \left( \frac{\Omega_B/2\pi}{1\text{Hz}} \right)^2.$$

Rewriting in terms of $t$ and $b$ and using the assumption that $b$ is small, we can approximate $\varepsilon$ as

$$\varepsilon = t \left( \frac{\Omega}{\Omega_B} \right)^2 (1 - b) + b \varepsilon_{\text{ref}} + O(b^2).$$

3.1 Energies released in the starquake

We can now apply these results to the stages of our starquake model. Star A is unstrained, so that $\varepsilon_{\text{ref}} = \varepsilon_A$. This yields an ellipticity of

$$\varepsilon_A = \frac{I_S \Omega_A^2}{4A}.$$

The star then spins down to angular velocity $\Omega_B$, still with $\varepsilon_{\text{ref}} = \varepsilon_A$, so that

$$\varepsilon_B = \frac{I_S \Omega_B^2}{4A} (1 - b) + b \varepsilon_A$$

to first order. We will now introduce the variable

$$X = \frac{\Omega_A^2 - \Omega_B^2}{\Omega_B^2}$$

and rewrite in terms of $t$ so that the ellipticities of Stars A and B become

$$\varepsilon_A = t \left( 1 + X \right),$$

$$\varepsilon_B = t \left( 1 + bX \right).$$

We would expect $X$, which is related to the difference in angular velocity between Star A and Star B, to also be a small quantity. This is certainly the case for the glitches seen in the observed pulsar population. Here $t$ is defined in terms of $\Omega_B$, so that although $\varepsilon_A$ appears to depend on $X$, the $\Omega_B$ terms actually cancel.

Next we consider what happens after the starquake. At the glitch, all strain is lost, so that the reference ellipticity is set to that of Star B. This removal of strain will cause the star to be temporarily out of equilibrium (Star C). It will then oscillate before damping down to the new equilibrium state Star D. We can calculate the oblateness $\varepsilon_D$ of this star again by using our general expression for the ellipticity. Star D is rotating with angular velocity $\Omega_D$ and unstrained at a reference ellipticity of $\varepsilon_B$, so that

$$\varepsilon_D = t \left( \frac{\Omega_D}{\Omega_B} \right)^2 (1 - b) + b \varepsilon_B$$

to first order in $b$. Rewriting in terms of $\varepsilon_B$, we obtain

$$\varepsilon_D = t \left( \frac{\Omega_D}{\Omega_B} \right)^2 + b \left( 1 - \left( \frac{\Omega_D}{\Omega_B} \right)^2 \right),$$

where we have written this in terms of the still unknown angular velocity $\Omega_D$ of Star D. We can find $\Omega_D$, given the fact that angular momentum is conserved at the glitch, so that
\[ \Omega_B(1 + \varepsilon_B) = \Omega_D(1 + \varepsilon_D). \] (18)

Substituting in the expressions for \( \varepsilon_B \) [15] and \( \varepsilon_D \) [17], we obtain

\[ 1 + \frac{t}{4}(1 + bX) = \frac{\Omega_D}{\Omega_B} \left[ 1 + \frac{t}{4} \left( \frac{\Omega_D}{\Omega_B} \right)^2 + b \left( 1 - \left( \frac{\Omega_D}{\Omega_B} \right)^2 \right) \right]. \] (19)

The right-hand side has a term of order \( \Omega_D^2 \), but we can simplify this by making one final approximation, which is that we know the fractional change in angular velocity at the glitch is small. Defining this as

\[ z \equiv \frac{\Omega_D - \Omega_B}{\Omega_B}, \] (20)

we can solve [19] to first order in \( z \) as

\[ z = \frac{btX}{4 + 3t(1 - b)}. \] (21)

As a check, we see that if \( b = 0 \) (zero strain energy) this reduces to \( z = 0 \), as expected. We will keep only terms up to second order in either \( b \) or \( t \), so that

\[ z = \frac{1}{4} btX. \] (22)

We would expect the change in angular velocity between the unstrained state, Star A, and the state at the glitch, Star B, to be relatively small, given the observed time between glitches, so that \( X = \frac{\Omega_A^2}{\Omega_B} - 1 \) is small. This gives us a consistency constraint for the model: we can only use it for a change in spin at the glitch \( z = \frac{\Delta \Omega_D}{\Omega_B} \) that gives a sensible result for \( X \).

Putting in typical values of \( b \) and \( t \), we have

\[ \frac{\Delta \Omega_{BD}}{\Omega_B} \sim 10^{-8} \left( \frac{b}{10^{-5}} \right) \left( \frac{t}{10^{-3}} \right) \left( \frac{X}{1} \right). \] (23)

This means that the model only works for small glitches. For example, we can make an estimate of the predicted size of glitches our formula gives for the Crab. We have \( t \sim 6 \times 10^{-4} \), and we can make an estimate of \( X \sim 10^{-3} \) based on approximately one glitch observed per year and a spindown timescale of \( \sim 10^3 \) years. Assuming a value of \( b \sim 10^{-5} \), we then find \( \frac{\Delta \Omega_{BD}}{\Omega_B} \sim 6 \times 10^{-12} \), much smaller than the largest observed Crab glitches of size \( \sim 10^{-8} \).

We can then substitute our result for \( z \) back into the ellipticity \( \varepsilon_D \) [17]. If we keep only terms up to first order in either \( b \) or \( t \), no terms depending on \( z \) remain and we are left with just

\[ \varepsilon_D = \frac{t}{4}. \] (24)

i.e. we find that to leading order, Star D is the same shape as a purely fluid star rotating with angular velocity \( \Omega_B \). These expressions for \( \varepsilon_D, \varepsilon_B \) [16] and \( \varepsilon_A \) [14] can now be used to calculate the energy released at the glitch, both for our upper estimate \( \Delta E_{BD} \) and for our specific toy model, \( \Delta E_{CD} \).

The energy of Star B can be written as

\[ E_B = E_S + A \left[ \frac{1}{2} t(1 + \varepsilon_B) + \varepsilon_B^2 + b(\varepsilon_B - \varepsilon_A)^2 \right]. \] (25)

To be consistent with our approximation for \( \varepsilon_D \), we will keep terms up to fourth order in either \( b \) or \( t \), so that

\[ E_B = E_S + A \left[ \frac{t}{2} \frac{3t^2}{16} + \left( \frac{X}{4} + \frac{X^2}{16} \right) t^2 + \frac{1}{16} X^2 t^3 b \right]. \] (26)

After the glitch, Star D has energy

\[ E_D = E_S + A \left[ \frac{1}{2} t(1 + \varepsilon_D) + \varepsilon_D^2 + b(\varepsilon_D - \varepsilon_B)^2 \right], \] (27)

or, again keeping terms up to fourth order,

\[ E_D = E_S + A \left[ \frac{t}{2} \frac{3t^2}{16} + \left( \frac{X}{4} + \frac{X t}{16} \right) t^2 + \frac{1}{16} X^2 t^3 b \right]. \] (28)
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We can now calculate the maximum energy available to go into oscillations, \( \Delta E_{BD} = E_B - E_D \). The lowest order term of this is

\[
\Delta E_{BD} = \frac{1}{16} AX^2 t^2 b.
\]  

(29)

We can use our expression for \( z \) (22) to rewrite this as

\[
\Delta E_{BD} \sim AXt z \sim XI\Omega_B^2 \left( \frac{\Delta \Omega_{DB}}{\Omega_B} \right).
\]  

(30)

Comparing this with the form (1) that has appeared in the literature as an upper bound on the energy made available at a glitch, we see that in our case the energy is suppressed by a factor of \( X \).

To find the scaling for the amplitudes of the oscillations excited, we can equate this energy to the kinetic energy of the oscillations \( (E_{\text{mode}})_{BD} \), which has the approximate form

\[
(E_{\text{mode}})_{BD} \sim IS\omega^2 \alpha_{BD}^2
\]  

(31)

where \( \omega \) is the frequency of the oscillations and \( \alpha_{BD} \) is a dimensionless number characterising their amplitude. Using this,

\[
\alpha_{BD} \sim \left( \frac{1}{\omega} \right) \sqrt{\frac{A}{IS}} \sqrt{btX}.
\]  

(32)

Again using our previous estimates of \( A \) and \( IS \), we have

\[
\alpha_{BD} \sim 2 \times 10^{-6} \left( \frac{\omega/2\pi}{2000 \text{ Hz}} \right)^{-1} \left( \frac{b}{10^{-5}} \right)^{1/2} \left( \frac{t}{10^{-3}} \right) \frac{X}{T}.
\]  

(33)

Here we have used a typical \( f \)-mode frequency of 2000 Hz for the mode excited. This amplitude estimate corresponds to displacements at the surface of the order \( 5r \sim \alpha_{BD} R \), i.e. surface oscillations of around 1 cm, in the maximally optimistic case of large spin down between glitches ( \( X \sim 1 \)).

To calculate the energy \( \Delta E_{CD} \) released in our specific model, we also need the energy of Star C. Star C has the same oblateness \( \varepsilon_B \) as Star B, but its energy differs from \( E_B \) (25) in that the strain energy has been removed, so that it has energy

\[
E_C = E_S + A \left[ \frac{1}{2} t(1 + \varepsilon_B) + \varepsilon_B^2 \right].
\]  

(34)

Subtracting this from \( E_D \) (28) and again keeping terms only up to fourth order in \( b \) and \( t \), we find that

\[
\Delta E_{CD} = \frac{1}{16} Ab^2 X^2 t^2.
\]  

(35)

Note the extra factor of \( b \) compared to the energy change \( \Delta E_{BD} \) (29) above; this means that the energy released in our model will be considerably less than that in our earlier upper estimate. The corresponding amplitude excited in this case will be

\[
\alpha_{CD} \sim 4 \sqrt{\frac{A}{IS}} \left( \frac{1}{\omega} \right) z,
\]  

(36)

a factor of \( \sqrt{b} \) smaller than the upper limit \( \alpha_{BD} \).

We can also make estimates for the gravitational wave emission from a starquake. For this, we will look at the case where an \( l = 2 \), \( m = 0 \) spheroidal oscillation mode has been excited, with the amplitude \( \alpha_{BD} \) just calculated. For these modes, the pulsating stellar surface can be described by the polar equation

\[
r(\theta, t) = R(1 + \alpha_{BD} e^{-i\omega t} P_2(\cos \theta)),
\]  

(37)

where \( \omega \) is the frequency of the oscillation. This is a reasonable choice of oscillation mode, given that the rotating star also has this shape and that the starquake produces a change in ellipticity of the star. In particular, the toy model we will construct largely excites modes of this type. It can be shown that for a constant density star, oscillations of this type will produce a gravitational wavefield that can be chosen to be purely in the ‘plus’ polarisation, with

\[
h_+ = -\frac{3G}{5c^2} \omega^2 \alpha_{BD} \sin^2 \theta MR^2 e^{i\omega(t-r)} \frac{e^{i\omega(t-r)}}{r}.
\]  

(38)

The rate of energy loss from this mode is
erg cm

\[ \frac{dE}{dt} = -\frac{3G}{125c^5} \alpha_{BD}^2 \omega^4 M^2 R^4, \]  

(39)
a result first shown by [Chau 1967]. Comparing this with our expression \((E_{\text{mode}})_{BD}\) \([31]\) for the initial energy in the mode, we find that the energy as a function of time satisfies

\[ E_{BD}(t) \sim (E_{\text{mode}})_{BD} e^{-\frac{t}{\tau}}, \]  

(40)
where \(\tau\) is the damping timescale,

\[ \tau = \frac{100c^5}{3GMR^2\omega^4}. \]  

(41)
The energy \(E_{BD} \propto h_+^2\), and so the waveform decays as

\[ h_+(t) = -\frac{3G}{5c^5} \omega^2 \alpha_{BD} \sin^2 \theta MR^2 e^{i\omega(r-t)}\frac{e^{-t}}{r} e^{-\frac{t}{\tau}}. \]  

(42)
We now make estimates for a homogeneous fluid star with a mass of \(1.4M_\odot\) and a radius of 10 km. We will again put in an estimate of 2000 Hz for the excited mode, appropriate for an \(f\)-mode. The damping timescale \([41]\) is then

\[ \tau \sim 0.07 s. \]  

(43)
Taking the Crab’s rotation rate of 30Hz as a typical example, we can put in our value of \(\alpha_{BD} \sim 2 \times 10^{-6}\). For a source at a distance of 1 kiloparsec, the strain \(h_+\) is then

\[ h_+ \sim 1 \times 10^{-21} \left( \frac{\omega/2\pi}{2000 \text{ Hz}} \right) \left( \frac{r}{1 \text{ kpc}} \right)^{-1} \left( \frac{b}{10^{-5}} \right)^{1/3} \left( \frac{t}{10^{-3}} \right) \left( \frac{X}{1} \right) \]  

(44)
where we have used our value for the amplitude \(\alpha_{BD}\) \([33]\) (note that our estimate for \(z\) used the high value of \(X = 1\), i.e. the star spins down considerably before the quake occurs). We can compare this to the upper limits on the strain from the Vela pulsar, of \(h = 1.4 \times 10^{-20}\) for \(l = 2\), \(m = 0\) modes [Abadie et al. 2011]; this is a meaningful comparison, as we are looking at oscillations of similar frequency and duration. Our estimate for the amplitude of \(h_+\) produced by a starquake is around three orders of magnitude smaller, meaning that detection is unlikely except in the improbable case of a very close and rapidly spinning star.

### 3.2 Estimates for solid quark stars

The estimates given so far have been for a normal neutron star with a crust around 1 km thick. More exotic models have however been proposed, including quark stars with a large solid core ([Glendenning 1996]; [Xu 2003]). These models are of interest in terms of gravitational wave emission, as they are expected to be able to sustain a larger maximum ellipticity [Owen 2005; Haskell et al. 2007; Lin 2007]). More relevant to us here is the possibility that a solid star of this type could be expected to undergo a much larger quake.

In this section we will make some estimates for this scenario, based on a solid star with a shear modulus of \(\mu_{\text{solid}} \sim 4 \times 10^{32}\) erg cm\(^{-3}\) [Xu 2003]. For a completely solid star of radius 10 km, we have \(B_{\text{solid}} \sim 8 \times 10^{50}\) erg, i.e. \(b_{\text{solid}} \equiv \frac{B_{\text{solid}}}{\mu_{\text{solid}}} \sim 1 \times 10^{-2}\), a much larger value than our previous estimate of \(b \sim 10^{-5}\) for a star with a fluid core. This means that the star in our model can sustain larger glitches: our criterion \([23]\) that the spin down between Stars A and B is of order unity yields a fractional change in spin rate \(z_{\text{solid}}\) of

\[ z_{\text{solid}} \sim 2 \times 10^{-6} \left( \frac{b_{\text{solid}}}{10^{-2}} \right) \left( \frac{t}{10^{-3}} \right) \left( \frac{X}{1} \right) . \]  

(45)
We are thus able to use this model for glitches of around a factor of 100 larger than for a normal neutron star model. Using our new value of \(b_{\text{solid}}\), the amplitude of the oscillations in our model \([36]\) is

\[ (\alpha_{BD})_{\text{solid}} \sim 1 \times 10^{-2} \left( \frac{b_{\text{solid}}}{10^{-2}} \right)^{\frac{1}{3}} \left( \frac{t}{10^{-3}} \right) \left( \frac{X}{1} \right) \left( \frac{\omega/2\pi}{2000 \text{ Hz}} \right)^{-1}, \]  

(46)
and the corresponding value of the strain is
where the perturbed stress tensor

\[ \tau_{ij}^{SD} = \nabla_i \nabla_j \Delta \Phi^{SD}, \]

is related to the perturbed Lagrangian potential \( \Delta \Phi^{SD} \) of the background star, \( \nabla_i \nabla_j \) is the Laplacian operator, and \( \Delta \) is the isotropic Laplacian operator. The spherically symmetric solutions of these equations have pressure

\[ p(r) = \frac{2\pi}{3} G\rho^2 (R^2 - r^2), \]

where \( R \) is the radius of the star. We work in terms of Lagrangian displacements \( \xi \) between configurations, using the definition of \( \Delta \) and \( \nabla \) as given in Section 4.

4 CONSTRUCTION OF THE INITIAL DATA

We will next carry out the first stage of the more detailed glitch model discussed in Section 2 by constructing the initial displacement and velocity fields \( \xi^{DC} \) and \( \dot{\xi}^{DC} \). We describe Stars A–D in terms of their deformation from the spherical background, Star S. This star has constant density \( \rho \), pressure \( p \), and a gravitational potential \( \Phi \) obeying Poisson’s equation

\[ \nabla^2 \Phi = 4\pi G\rho, \]

and is in hydrostatic equilibrium

\[ \nabla_i \tau_{ij} - \rho \nabla_j \Phi = 0, \]

where \( \tau_{ij} \) is the isotropic stress tensor of the background star, \( \tau_{ij} \equiv -p \delta_{ij} \). The spherically symmetric solutions of these equations have pressure

\[ p(r) = \frac{2\pi}{3} G\rho^2 (R^2 - r^2), \]

where \( R \) is the radius of the star. We work in terms of Lagrangian displacements \( \xi \) between configurations, using the definition of \( \Delta \) and \( \nabla \) as given in Section 4.

To keep track of Lagrangian perturbations between different configurations, we label maps from the spherical background to Stars A–D with displacement fields \( \xi \) and maps between Stars A–D with displacement fields \( \xi \) (see Figure 1).

The velocity initial data is just generated by the change in angular velocity from \( \Omega_B = \Omega_C \) to \( \Omega_D \) at the glitch, so that we have

\[ \dot{\xi}^{DC} = r \Delta \Omega \dot{\phi}, \]

where \( \Delta \Omega \equiv (\Omega_D - \Omega_B) \). To find the displacement field \( \xi^{DC} \), we have to solve the equations of motion for Star D, regarded as a perturbation about Star S. Star D is in equilibrium and rotating at angular velocity \( \Omega_D \), with a centrifugal force governed by the potential \( \phi_D = \frac{\Omega_D^2 r^3}{3} \sin^2 \theta \). We will decompose this as

\[ \dot{\phi}_D = \frac{\Omega_D^2 r^3}{3} (1 - P_2(\cos \theta)) \]

where \( P_2(\cos \theta) \) is the second Legendre polynomial, and look for solutions with this same symmetry.

The rotation will introduce corresponding Lagrangian perturbations \( \Delta \phi^{SD} \) and \( \Delta \Phi^{SD} \) in the star. The star is also a strained configuration, and its unstrained state is that of Star C. Star C is out of equilibrium and cannot be described so easily as a perturbation about S, but for our model it will be enough to specify its surface shape. Star D then obeys the equation of motion

\[ -\rho \nabla_i \dot{\phi}_D = \nabla_i (\Delta \tau^{SD}) - \rho \nabla_i \Delta \Phi^{SD}, \]

where the perturbed stress tensor \( (\Delta \tau^{SD})_{ij} \) has the form

\[ (\Delta \tau^{SD})_{ij} = \nabla_i (\Delta \phi^{SD})_{,j} - \rho \nabla_i (\Delta \Phi^{SD})_{,j}. \]
\[(\Delta r^{SD})_{ij} = -(\Delta p^{SD})\delta_{ij} + 2\mu u^{CD}_{ij}, \quad (55)\]

Notice that the shear strain term \(u^{CD}_{ij}\) is built from the displacement field \(\xi^{CD}\) connecting Stars C and D. This is because all strain is removed in the glitch, so that Star C is the new reference state of zero strain. We also have Poisson’s equation for the gravitational perturbation, and the incompressibility condition

\[\nabla^2 \delta\Phi^{SD} = 4\pi G \delta\rho^{SD}, \quad (56)\]

\[\nabla \cdot \left( \eta^{SD} \right)^i = 0. \quad (57)\]

Incompressibility means that the Lagrangian perturbation of the density \(\Delta\rho\) is zero. This gives us a formula for the Eulerian perturbation,

\[\delta\rho = \rho \delta(r - R) \eta^r, \quad (58)\]

where \(\eta^r\) is the radial component of \(\eta^i\) and \(\delta(r - R)\) is the Dirac delta function. We can see that this vanishes everywhere except at the surface. By substituting this into Poisson’s equation (56), the gravitational perturbation \(\delta\Phi^{SD}\) can be shown to satisfy the jump conditions

\[\left[ \delta\Phi^{SD} \right]_{R}^{R+\epsilon} = 0, \quad (59)\]

\[\left[ \frac{d}{dr} \left( \delta\Phi^{SD} \right) \right]_{R-\epsilon}^{R+\epsilon} = 4\pi G \rho \eta^r (R, \theta, \phi). \quad (60)\]

at the surface. By matching solutions finite inside and outside the star, we find that

\[\Delta\Phi^{SD} = \frac{8\pi G \rho}{15} \left( \eta^{SC} + U^{CD}(r) \right) P_2(\cos\theta). \quad (61)\]

We also have boundary conditions on the stress tensor at the surface. Particles on the surface of Star S, where \(\tau_{rr} = 0\), should still satisfy the same condition (‘zero traction’) after the perturbation, leading to the conditions

\[\Delta \tau^{SD}_{rr}(R) = 0. \quad (62)\]

This gives two independent boundary conditions for the \((rr)\) and \((r\theta)\) components. To solve these equations, we will need to make use of the equilibrium configuration of Star B, which was unstrained at angular velocity \(\Omega_A\) and is now spinning at angular velocity \(\Omega_B\). The displacement field \(\xi^{AB}\) is found in Baym & Pines (1971) to be of the form

\[\xi^{AB} = U^{AB}(r) P_2(\cos\theta) \hat{r} + V^{AB}(r) \nabla P_2, \quad (63)\]

where \(P_2(\cos\theta)\) is the second Legendre polynomial and the radial functions \(U^{AB}\) and \(V^{AB}\) are given by

\[U^{AB}(r) = \frac{1}{20R^2} \frac{tX}{1 + b} \left( 8R^2 r - 3r^3 \right), \quad (64)\]

\[V^{AB}(r) = \frac{1}{20R^2} \frac{tX}{1 + b} \left( 4R^2 r^2 - 5r^4 \right). \quad (65)\]

These have been written in terms of our small parameters \(b, t\) and \(X\), where for a homogeneous elastic star \(b\) and \(t\) have the exact values

\[b = \frac{57\mu}{8\pi G \rho^2 R^2}, \quad (66)\]

\[t = \frac{5}{2\pi G \rho \Omega_B^2}. \quad (67)\]

We can also find the surface shape of the Star B (and therefore Star C) by calculating a map from the surface of Star S to that of Star B,

\[\left( \eta^r \right)^{SD}(R) = -\frac{tR}{4} \frac{1}{1 + b} \left( 1 + \frac{\Omega_A^2}{\Omega_B^2} \right) P_2(\cos\theta). \quad (68)\]

For the rest of the calculation, we follow a similar method to that of Franco, Link & Epstein (2000), defining
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\[ \mu h^{SD} = -\Delta p^{SD} - \rho \Delta h^{SD} + \rho \nabla_i (\Omega D^2 r^2 \cos^2 \theta). \]  

(69)

so that \( \nabla^2 h^{SD} = 0 \). The solutions with the same symmetries as the centrifugal potential satisfy

\[ h^{SD} = H_2 r^2 P_2 (\cos \theta) + H_0, \]  

(70)

for \( H_2 \) and \( H_0 \) constant. We decompose the displacement vector \( \xi^{CD} \) as

\[ \xi^{CD} = U^{CD}(r) P_2 (\cos \theta) e_r + V^{CD}(r) \nabla P_2 (\cos \theta). \]  

(71)

Substituting this back into the force equation (64) and using incompressibility, we find that

\[ U^{CD}(r) = C r - \frac{1}{7} H_2 r^3, \]  

(72)

\[ V^{CD}(r) = \frac{1}{2} C r^2 - \frac{5}{42} H_2 r^4, \]  

(73)

where \( C \) is another constant. We can then use our surface boundary conditions to fix \( C \) and \( H_2 \). The \((r\theta)\) component of the surface boundary condition (62) gives \( C = \frac{8}{21} H_2 R^2 \). For the \((rr)\) component, we rewrite \( \Delta p^{SD} \) in terms of \( h^{SD} \), and substitute this in along with our expression for the gravitational potential \( \Delta \Phi^{SD} \) (61), obtaining

\[ H_0 = \frac{\rho}{3 \mu} \Omega_D^2 R^2, \]  

(74)

\[ H_2 = -\frac{21}{5 \mu R^2} \left( \rho \Omega_D^2 R^2 + \frac{8 \pi G \rho^2 R}{5} \eta^{SC}_r (R) \right). \]  

(75)

It remains to include the shape of Star C at the surface, \( \eta^{SC}_r (R) \) (68). Inserting this and rewriting in terms of \( b \) and \( t \), we have

\[ H_2 = -\frac{21}{20 R^2} \frac{t}{1 + b} \left( \frac{\Omega_D^2}{\Omega_B^2} - \frac{1}{1 + b} \left( 1 + \frac{b \Omega_B^2}{\Omega_D^2} \right) \right). \]  

(76)

This is still written in terms of \( \Omega_D \), which we can eliminate using conservation of momentum (18), as in Section 3. Keeping terms only up to second order in either \( b \) or \( t \), we find that

\[ H_2 = \frac{21}{20 R^2} b t X. \]  

(77)

Rewriting in terms of the fractional change in angular velocity at the glitch \( z \) (22) and substituting \( H_2 \) into our form for the radial functions \( U^{CD} \) (72) and \( V^{CD} \) (73), we finally obtain

\[ \xi^{DC} = \left( \frac{5z}{R^2} (3r^3 - 8 R^2 r) \right) P_2 \hat{r} + \left( \frac{5z}{R^2} \left( \frac{5}{2} r^4 - 4 R^2 r^2 \right) \right) \nabla P_2 \]  

(78)

as our displacement field initial data.

We can now compare the results of this calculation with the estimate we made in Section 3 for the size of the amplitude \( \alpha_{CD} \) (36). As a measure of the amplitude of oscillations we expect to produce with our initial data, we can take

\[ \frac{U^{CD}(R)}{R} = -25z. \]  

(79)

To compare this with \( \alpha_{CD} \), we can substitute the exact values of \( A \) and \( I_S \) (5) for an incompressible star, and assume excitation of an \( f \)-mode with scaling \( \omega \sim \sqrt{G \rho} \) (we shall see that when we carry out the projection, we do preferentially excite a mode with this scaling). Given this, we have \( \sqrt{\frac{A}{I_S} \left( \frac{1}{z} \right)} \sim O(1) \) and so \( \alpha_{CD} \sim z \), consistent with the scaling of our initial data (79).

5 OSCILLATION MODES OF THE ROTATING STAR

In this section we will find the spectrum of eigenvalues and associated eigenfunctions for Star D; we will later project the initial data of Section 4 against these eigenfunctions to find which modes are excited. We will start by calculating the oscillation modes of the spherical star, Star S. This problem was first studied for the constant density case we are interested in by Bromwich (1908). We will first restate the problem and summarise his analytic results for the eigenvalues and eigenfunctions,
and then carry out a further numerical investigation of these results. Next, we will make the slow rotation approximation and consider rotation as a perturbation about this background model.

An alternative approach would be to start by computing the oscillation modes of a rotating fluid star, and then adding elasticity as a small perturbation. We instead chose to use the exact results of Bromwich we had available for the non-rotating elastic star.

5.1 Oscillation modes of the spherical background star

We are interested in normal mode solutions $\xi^i(x, t) = e^{i\omega t}\xi^i(x)$ of the equation

$$\rho \ddot{\xi}_i = -\nabla_j(\Delta \tau)^j_i - \rho \nabla_i(\Delta \Phi),$$

with stress tensor

$$\Delta \tau_{ij} = -(\Delta p)\delta_{ij} + 2\mu \epsilon_{ij},$$

and surface boundary conditions

$$\Delta \tau_{ir} = 0,$$

$$\left[\frac{d}{dr}(\delta \Phi)\right]_{R^+} = 0,$$

$$\left[\frac{d}{dr}(\delta \Phi)\right]_{R^-} = 4\pi G \rho \xi_i(R, \theta, \phi).$$

The eigenfunctions $\xi$ can be classified into spheroidal and toroidal types, which we will label $S$ and $T$. For each type, the eigenfunctions can be labelled by radial, azimuthal and axial eigenvalue numbers $n, l$ and $m$. We will specialise to axisymmetric $m = 0$ solutions, as the star is axisymmetric in all stages of our starquake model. The spheroidal eigenfunctions then have the form

$$S^{ln} = U^{ln}(r) \hat{\mathbf{e}} + V^{ln}(r) \nabla P,$$

with corresponding eigenvalues $(\omega_S)^{ln}$. Bromwich shows that these eigenvalues can be found from the roots $(k_S)^{ln} \equiv \sqrt{\frac{l}{\mu}} (\omega_S)^{ln}$ of the equation

$$f_S \left( k_S, l, \frac{\rho}{\mu} \right) \equiv \left[ l + \frac{lq}{2l + 1} \left( \frac{\rho}{\mu} \right) - \frac{k_S^2}{2l - 1} \left( k_S + 2 \frac{\psi'(k_S)}{\psi(k_S)} \right) \right]^{l-1} + (l + 1) \left( k_S + 2l \frac{\psi'(k_S)}{\psi(k_S)} \right),$$

where the functions $\psi_l$ are defined in terms of the spherical Bessel functions $j_l$ as $\psi_l(x) \equiv x^{-l} j_l(x)$, and $g = \frac{4\pi G \rho R}{3}$. The radial functions $U^{ln}(r)$ and $V^{ln}(r)$ appearing in the eigenfunctions (85) are

$$U^{ln}(x) = C^{ln} \left[ lq^l r^{l-1} + \frac{l(l + 1)}{r} \frac{1}{k_S^2} j_l((k_S)^{ln} r) \right]$$

$$V^{ln}(x) = C^{ln} \left[ q^l r^{l-1} + \frac{1}{k_S} j_l((k_S)^{ln} r) + j_l'((k_S)^{ln} r) \right]$$

where the $C^{ln}$ are arbitrary constants and $q^{ln}$ is the constant

$$q^{ln} = \frac{1}{2(l - 1)R^{l-3}} \left[ 2j_l((k_S)^{ln} R) + \frac{2(l^2 + l - 1)}{(k_S)^{ln} R} - (k_S)^{ln} R \right] j_l((k_S)^{ln} R).$$

The axisymmetric toroidal eigenfunctions have the form

$$T^{ln} = W^{ln}(r)(\hat{\mathbf{e}} \times \nabla P).$$

These eigenfunctions are simpler to analyse because they have no radial component and so are unaffected by gravity. The toroidal eigenvalues $(\omega_T)^{ln}$ can be found from the roots $(k_T)^{ln} \equiv \sqrt{\frac{l}{\mu}} (\omega_T)^{ln}$ of the equation

$$f_T(k_T, l) = k_T j_l'(k_T) - j_l(k_T) = 0.$$
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The radial functions $W^{ln}$ have the form

$$W^{ln} = -D^{ln}_{jl} \left((k_T)^{ln} r\right),$$

(92)

where the $D^{ln}$ are arbitrary constants.

To further investigate the eigenvalue spectrum and associated eigenfunctions, we will need to work out some of the work numerically. We will find spheroidal and toroidal eigenvalues by finding roots of the nonlinear functions $f_S$ \ref{86} and $f_T$ \ref{91}. We can then plot the corresponding eigenfunctions by using these eigenvalues in conjunction with the analytic forms of the radial functions $U$ \ref{57}, $V$ \ref{58} and $W$ \ref{62}.

To illustrate this, in this section we will specialise to the case of $l = 2$, $m = 0$ modes. These are the most important for our glitch model, as our initial data for the displacement field \ref{78} has a $P_2(\cos \theta)$-dependence which matches that of the $l = 2$ eigenfunctions.

In general, we can parametrise our background stars by their radius, density and shear modulus $(R, \rho, \mu)$. We can make an arbitrary rescaling of the first two, as for given $l$, the only free parameter in the function $f_S$ used to determine the eigenvalues is the ratio $\frac{\mu}{\rho}$.

For our numerical work we first scale to unit radius, $R = 1$. Instead of rescaling the density $\rho$ directly, we make the more useful physical choice of rescaling the frequencies against a typical mode frequency. For this, we will scale by the fundamental mode of a completely fluid incompressible star. For this model, the oscillation frequencies were found by Thomson \ref{1863} (Lord Kelvin) to satisfy

$$\omega^2 = \frac{8\pi G \rho}{3} \frac{2l-1}{2l+1},$$

(93)

and are often called Kelvin modes, with corresponding eigenfunctions

$$(S^0_{\text{fluid}})^{lm} = \frac{2(l-1) A_{lm}}{2l+1} \nabla_i (r^l Y_{lm})$$

(94)

where the $A_{lm}$ are arbitrary constants. We will choose to scale our results so that the $l = 2$ Kelvin mode, $\omega_K = \sqrt{\frac{16\pi G \rho}{3}}$, becomes $\omega_K = 1$. Finally, for comparison with our earlier results, we switch from the ratio of shear modulus to density $\frac{\mu}{\rho}$ to the ratio of strain energy to gravitational energy $b$ \ref{66}. Combining this with the scaling choices above, we find that the parameter $\frac{\mu}{\rho}$ in our function $f_S$ for finding the spheroidal modes \ref{86} becomes $\frac{\mu}{\rho} = \frac{38}{5\pi}$.

We find that the quantity $\frac{\psi'(x)}{\psi(x)}$ occurring in $f_S$ can be expressed in terms of cylindrical Bessel functions $J_l(x)$ as

$$\frac{\psi'(x)}{\psi(x)} = -\frac{J_{l+\frac{1}{2}}(x)}{J_{l+\frac{1}{2}}(b)} - \frac{J_{l+\frac{1}{2}}(x)}{J_{l+\frac{1}{2}}(b)},$$

(95)

and so $f$ diverges when $x$ is a root of $J_{l+\frac{1}{2}}$. It is therefore easier numerically to find roots of

$$g_S(l, k_S, b) = J_{l+\frac{1}{2}}(k_S) f_S(l, k_S, b).$$

(96)

We carry this out in Mathematica using the external package RootSearch \cite{Ersek2008}. To interpret the results, we need to convert back from the roots $(k_S)^{ln}$ to the frequencies $\omega_S^{ln}$.

We can then plot the scaled $l = 2$ eigenvalues $\frac{\ln \omega^{ln} b^2}{\omega_K^2}$ as a function of $b$; the first 30 of these are shown in Figure 2. Concentrating on a given value of $b$, we can see the start of an infinite set of eigenvalues, which we label with the radial eigenvalue number $n$ in order of increasing frequency. The squared frequency $\omega^2$ scales linearly with $b$ and hence with the shear modulus $\mu$: this is typical of modes of an elastic solid, which have frequency $\sim \sqrt{\frac{\mu}{\rho}}$. The exception to this is the behaviour of the modes closest to the fluid Kelvin mode $\omega_K$. Around this value, we see avoided crossings between modes. This is characteristic of systems where two different types of mode have a similar frequency \cite{Aizenman1977}: in this case these are the single fluid-like mode close to the Kelvin mode frequency, and one of the elastic modes of the star.

Next, we can use these eigenvalues to calculate the corresponding toroidal and spheroidal eigenfunctions. Figure 3(c) shows a plot of the first ten toroidal eigenfunctions for $b = 0.01$. The lowest, $n = 1$ eigenfunction has no nodes; each eigenfunction gains one more node with increasing $n$.

The spheroidal eigenfunctions display more complicated behaviour. As an example, Figures 3(a) and 3(b) show the $U$ and $V$ parts of the first ten eigenfunctions for $b = 0.01$. The majority of the eigenfunctions, shown as grey dashed lines, are of elastic type. These form an ordered sequence with the lowest $n = 1$ mode having one stationary point, the $n = 2$ mode having two, etc. These modes also have a very small amplitude at the surface. The eighth eigenfunction, marked as a solid red line, has a frequency just above $\omega_K$ and exhibits very different behaviour to the rest of the set. In particular, it has a much larger amplitude at the surface. This is consistent with this eigenfunction having
Figure 2. Plot showing how the $l = 2$ mode frequencies of an incompressible elastic star vary with the ratio of strain to gravitational energy $b$. On the $y$-axis, frequencies are scaled by the fundamental $l = 2$ Kelvin mode of an incompressible fluid star, $\omega_K$. For typical neutron star parameters, $\omega_K \sim 2000$ Hz. For a given value of $b$, the lowest order modes have a similar character to those of an elastic solid, scaling as $\sim \sqrt{\mu/\rho}$. There is one mode around $\omega/\omega_K = 1$ with a hybrid fluid-elastic character, and then the higher modes again have an elastic character.

A hybrid fluid-elastic character: the overall shape of the eigenfunction is similar to the linear $l = 2$ Kelvin mode eigenfunction for a completely fluid star (94), while the elastic character of the mode is evident in the oscillations superimposed on this. This behaviour is generic for all values of $b$ in the range $b = 10^{-6} - 1$ that we have studied. As $b$ gets smaller, the gap between mode frequencies gets smaller, so that the single hybrid mode is pushed to higher $n$. For $b = 10^{-6}$, the hybrid mode is at $n = 877$. For lower values of $b$, where the star is closer to a fluid star, we should expect the hybrid eigenfunction to approach that for a fluid star. This is indeed what we see in Figure 3, where the hybrid mode is plotted for four different values of $b$. In the $l = 2$ case the fluid Kelvin mode eigenfunction (94) has a linear $U$ component; the hybrid modes approach this form as $b$ becomes smaller.

Another way to obtain some insight into the behaviour of the eigenfunctions is to pick a value of $n$ and track the variation of the eigenfunction with $b$. As an example, Figure 5 is a surface plot for $n = 3$, showing how the $U$ part eigenfunction changes between $b = 10^{-3}$ and $b = 1$. We can see that the eigenfunction changes continuously, but goes through three distinct phases. For the smallest values of $b$ on the right, the three lowest eigenfunctions are all elastic-type eigenfunctions, and so the $n = 3$ eigenfunction is the third elastic eigenfunction with three stationary points. As $b$ gets larger there is a transitional area where the third mode has a hybrid character. For values of $b$ larger than around 0.1, the hybrid mode is found at $n = 1$ or 2, and so the $n = 3$ eigenfunction is again an elastic-type function, this time the second such function with two stationary points. The contours projected onto the base of the graph show how the zeroes of the eigenfunction vary with $b$. This makes it clear that the intermediate, hybrid eigenfunction has a very different character, with no zeroes.

5.2 Rotating star

To model mode excitation of a glitching star, we will also need to account for the fact that the star is rotating. In this section we will add the effects of rotation in to our computation of the oscillation modes of our model.

We will assume that the star is rotating slowly, in the sense that the centrifugal force is small compared to the gravitational force at the surface of the star; this is a reasonable assumption for most pulsars. This approach was used for fluid stars by Cowling & Newing (1949), and has also been developed in the geophysics literature (Backus & Gilbert (1961); Pekeris, Alterman & Jarosch (1961); MacDonald & Ness (1961)). Here we will mainly use the method of Strohmayer (1991). However,
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Figure 3. Figure showing the $U$, $V$ and $W$ radial parts of the first ten $l = 2$ spheroidal and toroidal eigenfunctions for the case $b = 0.01$, as a function of the fractional radius $x = \frac{r}{R}$.

Figure 4. Plot showing the $U$ radial part of the $l = 2$ hybrid fluid-like mode for $b$ varying from $10^{-1}$ to $10^{-4}$. As $b$ is made smaller, the form of the eigenfunction becomes closer to the linear eigenfunction of an incompressible fluid star.

we will use somewhat different notation in our paper, based on that of Friedman & Schutz (1978), so it will be helpful to restate some of the main results in this notation.

We first write the mode equation for the spherical star (80) schematically as

$$-\omega^2 A\xi + C\xi = 0.$$  \hspace{1cm} (97)

In a rotating frame this becomes

$$-\omega^2 A\xi + i\omega B\xi + C\xi = 0,$$  \hspace{1cm} (98)

where the new operator $B$ is defined by
Surface plot showing how the $U$ radial part of the $n = 3$ eigenfunction varies with $b$. The eigenfunction goes through three distinct phases: in the middle region around $b = 0.1$ there is a transitional area where this mode has a hybrid fluid-elastic character. The contours projected onto the base of the graph show the zeroes of the eigenfunction; there are none for the hybrid mode.

$$B \xi \equiv 2 \rho \Omega \times \frac{d \xi}{dt}$$

We next make the slow rotation approximation, defining the small dimensionless quantity

$$\varepsilon \equiv \frac{\Omega}{\omega_*} \ll 1,$$

where $\omega_* = \sqrt{\frac{2M}{R^3}}$. In terms of our small rotational parameter $t \equiv 67$, we have

$$\varepsilon \equiv \sqrt{\frac{10}{3}} \sqrt{t}.$$ 

We linearise in this small parameter $\varepsilon$, writing

$$\xi^\alpha = \xi^\alpha_{(0)} + \varepsilon \xi^\alpha_{(1)},$$

$$\omega^\alpha = \omega^\alpha_{(0)} + \varepsilon \omega^\alpha_{(1)},$$

where $\xi^\alpha_{(0)}$ and $\omega^\alpha_{(0)}$ are the eigenfunctions and corresponding eigenvalues of the nonrotating star, found in the previous section. We then look for normal mode solutions of the form $\xi^\alpha(x, t) = e^{i\omega t} \xi^\alpha(x)$. At zeroth order in $\varepsilon$, we retain the mode equation for the spherical star, while at first order we find that

$$- (\omega^\alpha_{(0)})^2 A_{(0)} \xi^\alpha_{(1)} - 2\omega^\alpha_{(0)}\omega^\alpha_{(1)} A_{(0)} \xi^\alpha_{(0)} + i\omega^\alpha_{(0)} B_{(1)} \xi^\alpha_{(0)} + C_{(0)} \xi^\alpha_{(1)} = 0,$$

where

$$(A_{(0)})_{ij} \xi^j \equiv \rho \xi^j$$

$$(B_{(0)})_{ij} \xi^j \equiv 2\rho \varepsilon_{ijk} \Omega^k \frac{d \xi^k}{dt}$$

$$(C_{(0)})_{ij} \xi^j \equiv \nabla_i (\Delta \tau)^j + \rho \nabla_i (\Delta \Phi).$$

We next write $\xi^\alpha_{(1)}$ as a sum over the zeroth order eigenfunctions,

$$\xi^\alpha_{(1)} = \sum_\beta \lambda^{\alpha\beta}_{(1)} \xi^\beta_{(0)}.$$
Substituting this back into the first order equation (104) and making use of the zeroth order equation, we find that

\[- \sum_{\beta} \left( \left( \omega^\alpha(0) \right)^2 - \left( \omega^\beta(0) \right)^2 \right) \lambda_{\alpha\beta}^\gamma A(0) \xi^\beta_{(0)} - 2\omega_{\alpha}(0)\omega_{\beta}(1)\xi^\beta_{(0)} + i\omega_{\alpha}(0)B(1)\xi^\alpha_{(0)} = 0.\]  

(109)

This equation can then be used to find expressions for the first order rotational corrections to the eigenfunctions and eigenvalues. To do this, we define the inner product

\[\langle \eta, \xi \rangle \equiv \int_V \eta^* \cdot \xi \, dV.\]  

(110)

We show in Appendix B that the zeroth order eigenfunctions are orthogonal with respect to the operator $A(0)$. We will also scale the eigenfunctions so that they are orthonormal:

\[\langle \xi^\alpha_{(0)}, A(0) \xi^\beta_{(0)} \rangle = \delta^{\alpha\beta}.\]  

(111)

Taking the inner product of (109) and $\xi^\alpha_{(0)}$ and using this orthogonality condition, we find an expression for the rotational corrections to the eigenvalues,

\[\omega^\alpha_{(1)} = \frac{i}{2} \langle \xi^\alpha_{(0)}, B(1) \xi^\alpha_{(0)} \rangle.\]  

(112)

Similarly, to find the corrections to the eigenfunctions we can take an inner product of (109) and $\xi^\gamma_{(0)}$, $\gamma \neq \alpha$, finding that

\[\lambda_{(1)}^{\alpha\gamma} = \frac{i\omega^\alpha(0)}{\omega^\alpha(0)^2 - \omega^\gamma(0)^2} \langle \xi^\gamma_{(0)}, B(1) \xi^\alpha_{(0)} \rangle.\]  

(113)

Finally, it can be shown that for $\alpha = \gamma$, the coefficient $\lambda_{(1)}^{\alpha\alpha}$ can be chosen to be zero (see, for example, Rae (2002)).

To calculate explicit formulae for the corrections $\xi^\alpha_{(0)}$ and $\omega^\alpha_{(0)}$, it will be necessary to separate out spheroidal and toroidal corrections. The zeroth order spheroidal and toroidal eigenfunctions $S_{(0)}$ and $T_{(0)}$ have the forms (85) and (90) respectively. Formulae for the full corrected eigenfunctions are given in Strohmayer (1991). In the $m = 0$ case, the eigenvalue corrections $(\omega_{(1)})^p_S$ and $(\omega_{(1)})^p_T$ are zero, and the corrected eigenfunctions have the form

\[S_{nl}^\alpha = S_{nl}^{(0)} + \varepsilon \sum_{n' = 1}^{\infty} \left[ ST_{(1)}^{nl,n'l-1} T_{n'l-1} + TS_{(1)}^{nl,n'l+1} T_{n'l+1} \right],\]  

(114)

\[T_{nl}^\alpha = T_{nl}^{(0)} + \varepsilon \sum_{n' = 1}^{\infty} \left[ TS_{(1)}^{nl,n'l-1} S_{nl}^{n'l-1} + TS_{(1)}^{nl,n'l+1} S_{nl}^{n'l+1} \right],\]  

(115)

where the $[ST]_{(1)}$ are the coefficients of the toroidal corrections to the spheroidal eigenfunctions and the $[TS]_{(1)}$ are the coefficients of the spheroidal corrections to the toroidal eigenfunctions.

To calculate these corrections numerically, we again scale our equations so that the star has unit radius $R = 1$, and that the $l = 2$ fluid Kelvin mode has $\omega_K = 1$. With this choice, the parameter $\sigma_\ast$ (100) becomes $\sigma_\ast = \sqrt{3}$. The analytic expressions for the corrected eigenfunctions (114), (115) include an infinite sum over the radial eigenvalue number $n$. For numerical work we will need to truncate these eigenfunctions, calculating the sum only up to some maximum value $N$. We will label these truncated eigenfunctions as $S_{N}^\alpha$ and $T_{N}^\alpha$.

The value of $N$ we choose to cut off at will depend on $b$. It will turn out that in the special case where the angular velocity of the star after the glitch is zero, the majority of the energy released in the glitch goes into the hybrid fluid-elastic mode. This effect becomes more pronounced as $b$ becomes smaller. As rotation is only a small correction, this will largely hold true even in the rotating case. This means that the cutoff $N$ should be chosen to be somewhat larger than the $n$ number of the hybrid mode.

We will investigate the cases $b = 10^{-1}, 10^{-2}, 10^{-3}$. In these cases the hybrid mode is at $n = 2, 7$ and 27 respectively. We will choose our cutoffs for each of these cases to be at $N = 10, 15$ and 40. To check that we have truncated at a high enough value $N$, we have checked that the partial sums $S_{N}^\alpha$ and $T_{N}^\alpha$ converge. As an example, we show this here for the spheroidal mode $l = 2, n = 1$ eigenfunction, with $b = 10^{-1}$, by plotting the function

\[(S_{\text{converge}}^\alpha_{120}(x) \equiv \left| \frac{S_{n}^{120}(x) - S_{10}^{120}(x)}{S_{10}^{120}(x)} \right| \]  

(116)

for $k = 1, \ldots, 10$. For the spheroidal corrections, only the $\phi$ component of $(S_{\text{converge}}^\alpha_{n}(x))$ is nonzero. This component is plotted in Figure 6 with $(S_{\text{converge}}^\alpha_{1}(x))$ in black and $(S_{\text{converge}}^\alpha_{10}(x))$ in green, showing convergence as more modes are added to the sum.
Figure 6. Figure showing the convergence of the rotational corrections to the spheroidal \( l = 2, n = 1 \) eigenfunctions for \( b = 10^{-1} \), as the corrections are truncated at progressively higher values of the radial eigenvalue \( N \). In particular, the \( \phi \) component of the functions \( (S_{\text{converge}})_{120}^N \) is plotted for \( N = 1 \) (plotted in black) up to \( N = 9 \) (plotted in green).

6 PROJECTING THE INITIAL DATA

We are now in a position to project our initial data for the displacement and velocity fields against the eigenfunctions of Star D \([114], [115]\) after the glitch. This initial data has the form

\[
\xi^{DC} = \left( \frac{5z}{R^2} \left( 3r^3 - 8R^2r \right) \right) P_2 \hat{r} + \left( \frac{5z}{R^2} \left( \frac{5}{2} r^4 - 4R^2r^2 \right) \right) \nabla P_2, \tag{117}
\]

\[
\dot{\xi}^{DC} = -\frac{\sqrt{3}}{\sqrt{2}} \sqrt{t} z r (\hat{r} \times \nabla P_1), \tag{118}
\]

where we have rewritten the velocity initial data \([52]\) to show that it has a pure toroidal form \([90]\). We can in fact think of the velocity data as a zero-frequency \( l = 1 \) toroidal eigenfunction. There are two free parameters in the initial data: \( z \) \([20]\), related to the size of the glitch, and \( t \) \([67]\), related to the angular velocity of Star B. As \( z \) just produces an overall scaling of the initial data, we shall set \( z = 1 \) in the following numerical work, and only investigate the change in amplitudes produced as we vary \( t \) and \( b \). As in Section 5 we will also scale the initial data so that the radius of the star \( R = 1 \), and the \( l = 2 \) fluid Kelvin mode \( \omega_K = 1 \).

Before considering the full problem, we can get some useful insight from the special case where the star spins down to zero angular velocity \( (\Omega_B = 0) \) before the ‘glitch’, modelled as a sudden loss of strain from the star. Although this is not a realistic model – we have lost the key observational feature of the glitch, the change in rotation rate of the star – there are good reasons to discuss this first. For a start, it is easier to interpret the results for this simpler case, and certain features of these will carry over to the more realistic case where the star is still rotating before the glitch. We can also check that the results for the rotating problem converge to the nonrotating one as rotation becomes small.

Another reason for considering the nonrotating problem first is that the rotation of the star introduces significant complications to the projection scheme. One of these is that the eigenfunctions of the rotating star are no longer orthogonal. Another is the existence of the zero eigenvalue \( l = 1 \) toroidal mode \([118]\) that our velocity initial data is built from. As this mode is zero frequency, it will not have the \( e^{i\omega t} \) time-dependence of the other eigenfunctions and we will have to consider it separately. We will discuss these problems in Section 6.2.

6.1 Special case: glitch at zero spin

For the special case where \( \Omega_B = 0 \), the velocity field part of the initial data \([118]\) is zero. For the displacement field, although there is no change in angular velocity of the star at the glitch, we still have a finite value of the parameter \( z \) \([20]\),

\[
z|_{\Omega_B=0} = \frac{5}{2\pi G \rho} \frac{\Omega_A}{\lambda}, \tag{119}
\]

and the displacement field initial data takes the same form \([117]\) as for the general, rotating case. Our only free parameter in this \( \Omega_B = 0 \) case is \( z \), which we have set to unity.

The eigenfunctions we are projecting against are those of the nonrotating star \([87], [88]\), with time-dependence

\[
\xi_{(0)}(x, t) \equiv \xi_{(0)}(x) e^{i\omega_{(0)} t}. \tag{120}
\]
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Figure 7. Figure showing the results of the projection for different values of $b$. For clarity, individual vertical bars are not displayed for plots (c) to (f). The x-axis shows the radial number of the mode, while the y-axis shows the amplitude of that mode. The hybrid fluid-elastic mode has the largest amplitude; this becomes more pronounced as $b$ is made smaller.

The initial data is then a sum over these modes, with each eigenfunction $\xi^\alpha$ excited by some amplitude $b^\alpha$. The initial data is real, so to ensure that the sum over the eigenfunctions is also real we write it as

$$\xi^{\text{ID}}(x) = \frac{1}{2} \sum_\alpha \left[ b^\alpha \xi^{\alpha}(0)(x) + b^{\ast \alpha} \xi^{\ast \alpha}(0)(x) \right],$$

(121)

$$\dot{\xi}^{\text{ID}}(x) = \frac{1}{2} \sum_\alpha \left[ i\omega^\alpha b^\alpha \xi^{\alpha}(0)(x) - i\omega^{\ast \alpha} b^{\ast \alpha} \xi^{\ast \alpha}(0)(x) \right].$$

(122)

The complex conjugate is not really necessary at the moment, where we are projecting against the real eigenfunctions of a nonrotating star. However, it will be required later when we extend to the rotating case and the eigenfunctions have an imaginary part, so for consistency we keep it in here. We will scale our eigenfunctions so that they are orthonormal with respect to the inner product $\langle \xi_\beta(x), \xi_\alpha(0) \rangle$ defined in Section 5

$$\langle \xi_\beta(x), \xi_\alpha(0) \rangle = \delta^{\beta \alpha}.$$  

(123)

By taking the inner products of $\xi^{\text{ID}}$ and $\dot{\xi}^{\text{ID}}$ with an eigenfunction $\xi^\alpha$, we find that the amplitudes $b^\alpha$ satisfy

$$b^\alpha = -\frac{i}{\omega^\alpha} \left( \langle \xi_\alpha(0), \xi^{\text{ID}} \rangle + i\omega^\alpha \langle \xi_\alpha(0), \dot{\xi}^{\text{ID}} \rangle \right).$$

(124)

Figure 7 shows the results of the projection for different values of $b$, ranging from the high value of $b = 0.1$ down to the physical range of $b = 10^{-5}$ and $b = 10^{-6}$. The x-axis shows the radial number of the mode, while the y-axis shows the amplitude of that mode. In all of these plots, the hybrid fluid-elastic mode discussed in Section 5 has the greatest amplitude; this is the mode with the frequency closest to the fundamental Kelvin mode of a purely fluid star. For the higher values of $b$, the lowest order modes are also excited to significant amplitudes: these are the shear modes with the lowest number of radial nodes. However, for physical values of $b (b \sim 10^{-5})$, only the fluid-elastic mode is appreciably excited.

Finally, as a check we can also show that we are reproducing the initial data correctly by reconstructing the sum over the eigenfunctions  with our calculated amplitudes $b^\alpha$. The results of this are shown in Appendix A.

6.2 The general case: glitch at arbitrary spin

We will now move on to the projection of the initial data in the general case, where Star B is rotating before the glitch. Here we will have to deal with the zero eigenvalue $l = 1$ toroidal mode  that our velocity initial data is built from. As this mode is zero frequency, it will not have the $e^{i\omega t}$ time-dependence of the other modes and we will have to consider it separately. For the purposes of this section, we will label the zero-frequency eigenfunction $\xi^{(0)}_l$, with eigenvalue $\omega^{(0)}_l$. To find the time-dependence of $\xi^{(0)}_l(x, t)$, we go back to the governing equation for the zeroth order eigenfunctions,
\[ A_{(0)} \frac{\partial^2 \xi_{(0)}^{(1)}}{\partial t^2} + C_{(0)} \xi_{(0)}^{(1)} = 0. \]  

(125)

In the case of our zero frequency mode, the eigenfunction describes rigid rotation, so that its velocity field is constant in time,

\[ \frac{\partial^2 \xi_{(0)}^{(1)}}{\partial t^2} = 0. \]  

(126)

The solutions of this are \( \xi_{(0)}^{(1)}(x,t) = \xi_{(0)}^{(1)}(x)T(t) \) with

\[ T(t) = C^1 t + D^1, \]  

(127)

\( C^1 \) and \( D^1 \) real. The governing equation for the zeroth order modes (125) becomes just

\[ C_{(0)} \xi_{(0)}^{(1)} = 0. \]  

(128)

We can also look at the first-order corrections \( \xi_{(1)}^{(1)} = \sum \lambda_{(1)}^{1} \xi_{(0)}^{(1)} \) to this mode. These satisfy the equation

\[ C_{(0)} \xi_{(1)}^{(1)} = 0, \]  

(129)

which has the same form as the equation for the zeroth order modes. This means that we can absorb them into the zeroth order mode \( \xi_{(1)}^{(1)} \), so that the corrections \( \lambda_{(1)}^{1} = 0 \). We will now describe a scheme to allow us to project the initial data against the eigenfunctions \( \xi \) of the rotating star, which are not orthogonal, by using the orthogonality of the zeroth order eigenfunctions \( \xi_{(0)} \). We start by writing out the time-dependence explicitly for the displacement field \( \xi(x,t) \):

\[ \xi(x,t) = [Ct + D] \xi_{(0)}^{(1)}(x) + \frac{1}{2} \sum_{\alpha=2}^{\infty} \left[ b^\alpha \xi^\alpha(x)e^{i\omega^\alpha t} + b^{*\alpha} \xi^{*\alpha}(x)e^{-i\omega^\alpha t} \right]. \]  

(130)

Here we have separated out the zero eigenvalue mode – note that it we can just use its zeroth order form because it has no first order corrections. To make sure that the data for the other modes is real we have added on the complex conjugate. The complex coefficients \( b^\alpha \) contain the amplitude and phase of each mode. It will be convenient to write the zero frequency eigenfunction \( \xi_{(0)} \) in a similar way to the other eigenfunctions by defining

\[ C^1 = \frac{i}{2} \left( b^1 - (b^1)^* \right), \]  

(131)

\[ D^1 = \frac{1}{2} \left( b^1 + (b^1)^* \right), \]  

(132)

where \( b^1 \) is a complex constant, so that (130) becomes

\[ \xi(x,t) = \left[ \frac{i}{2} \left( b^1 - (b^1)^* \right) t + \frac{1}{2} \left( b^1 + (b^1)^* \right) \right] \xi_{(0)}^{(1)}(x) + \frac{1}{2} \sum_{\alpha=2}^{\infty} \left[ b^\alpha \xi^\alpha(x)e^{i\omega^\alpha t} + b^{*\alpha} \xi^{*\alpha}(x)e^{-i\omega^\alpha t} \right]. \]  

(133)

Differentiating this, the velocity field is

\[ \dot{\xi}(x,t) = \frac{i}{2} \left( b^1 - (b^1)^* \right) \xi_{(0)}^{(1)}(x) + \frac{1}{2} \sum_{\alpha=2}^{\infty} \left[ i\omega^\alpha b^\alpha \xi^\alpha(x,t) - i\omega^{*\alpha} b^{*\alpha} \xi^{*\alpha}(x,t) \right], \]  

(134)

where we have used the fact that there are no rotational corrections to the zeroth order eigenvalues \( \omega_{(0)} \) in the \( m = 0 \) case we are interested in. We can combine \( \xi_{(0)}^{(1)} \) with the other eigenfunctions by making the definition

\[ \tilde{\omega}_{(0)}^\alpha = \begin{cases} 1 & \alpha = 1, \\ \omega_{(0)}^\alpha & \text{otherwise}. \end{cases} \]  

(135)

Specialising to \( t = 0 \), we can then use this along with our definitions of \( C \) (131) and \( D \) (132) to write the initial data in the neat form
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$$\xi^{ID}(x) \equiv \xi(x, 0) = \frac{1}{2} \sum_{\alpha=1}^{\infty} [b^\alpha \xi^{\alpha}(x) + \text{c.c.}],$$

(136)

$$\dot{\xi}^{ID}(x) \equiv \dot{\xi}(x, 0) = \frac{1}{2} \sum_{\alpha=1}^{\infty} \left[ i\omega_0^\alpha b^\alpha \xi^{\alpha}(x) + \text{c.c.} \right].$$

(137)

Next we expand the eigenfunctions in the sum to first order in rotation \[102\]. Introducing the notation

$$\xi^{\alpha} = \sum_{\beta=1}^{\infty} \left( \delta^{\alpha\beta} + \lambda^{\alpha\beta}_{(1)} \right) \xi^{(0)}_{(\beta)} = \sum_{\beta=1}^{\infty} \Lambda^{\alpha\beta} \xi^{(0)}_{(\beta)},$$

(138)

we then have

$$\xi^{ID}(x) = \sum_{\alpha=1}^{\infty} \left[ \frac{b^\alpha}{2} \left( \sum_{\beta=1}^{\infty} \Lambda^{\alpha\beta} \xi^{(0)}_{(\beta)} \right) + \frac{(b^\alpha)^*}{2} \left( \sum_{\beta=1}^{\infty} (\Lambda^*)^{\alpha\beta} \xi^{(0)}_{(\beta)} \right) \right],$$

(139)

$$\dot{\xi}^{ID}(x) = \sum_{\alpha=1}^{\infty} \left[ i\omega^\alpha \frac{b^\alpha}{2} \left( \sum_{\beta=1}^{\infty} \Lambda^{\alpha\beta} \xi^{(0)}_{(\beta)} \right) - i\omega^\alpha \frac{(b^\alpha)^*}{2} \left( \sum_{\beta=1}^{\infty} (\Lambda^*)^{\alpha\beta} \xi^{(0)}_{(\beta)} \right) \right],$$

(140)

where the corrections to $\xi^{(0)}_{(\beta)}$ are $\lambda^{1\beta} = 0$. We can take an inner product with another zeroth order eigenfunction $\xi^y_{(0)}$ to obtain

$$\langle \xi^{(0)}_{(\beta)}, \xi^{ID}(x) \rangle = \sum_{\alpha=1}^{\infty} \left[ \frac{b^\alpha}{2} (\Lambda^{\alpha\gamma}) + \frac{(b^\alpha)^*}{2} ((\Lambda^*)^{\alpha\gamma}) \right],$$

(141)

$$\langle \xi^{(0)}_{(\beta)}, \dot{\xi}^{ID}(x) \rangle = \sum_{\alpha=1}^{\infty} \left[ i\omega^\alpha \frac{b^\alpha}{2} (\Lambda^{\alpha\gamma}) - i\omega^\alpha \frac{(b^\alpha)^*}{2} ((\Lambda^*)^{\alpha\gamma}) \right].$$

(142)

In practice, when carrying out a projection numerically we will only consider a finite sum, cutting off at some sufficiently large $\beta = N$. We can then view \[141\] and \[142\] as vectors of $N$ equations, so that we can rewrite them as

$$\mathbf{x} = \frac{1}{2} \left( \Lambda^T \mathbf{b} + (\Lambda^*)^T \mathbf{b}^* \right),$$

(143)

$$\dot{\mathbf{x}} = \frac{1}{2} \left( \Omega^T \mathbf{b} + (\Omega^*)^T \mathbf{b}^* \right),$$

(144)

where the vectors $\mathbf{x}$ and $\dot{\mathbf{x}}$ are defined by

$$x^\beta \equiv \langle \xi^\beta, \xi^{ID}(x) \rangle$$

(145)

$$\dot{x}^\beta \equiv \langle \xi^\beta, \dot{\xi}^{ID}(x) \rangle$$

(146)

for $\beta = 1, \ldots, N$, and the matrix $\Omega$ is built from $\Lambda$ \[138\] as

$$\Omega \equiv D\Lambda,$$

(147)

$$D \equiv \text{diag}[i\omega^1, i\omega^2, \ldots, i\omega^N].$$

(148)

Solving for $\mathbf{b}$, we have

$$\mathbf{b} = 2\Lambda^{-1} \left\{ \left( (\Lambda^*)^T \right)^{-1} \mathbf{x} - \left( (\Omega^*)^T \right)^{-1} \dot{\mathbf{x}} \right\},$$

(149)

where $\Lambda$ is the matrix

$$\Lambda = \left[ (\Lambda^*)^T \right]^{-1} \Lambda^T - \left[ (\Omega^*)^T \right]^{-1} \Omega^T.$$

(150)

These coefficients $\mathbf{b}$ can then be used to reconstruct the initial data, as
Zeroth order  First order

\( l=1 \) zero frequency

\( l=1 \)

\( l=2 \)

\( l=2 \)

\( l=3 \)

\( l=3 \)

\( l=1 \)

\( l=2 \) (no \( l=0 \) as incompressible)

\( l=1 \)

\( l=1 \)

\( l=2 \)

\( l=2 \) (\( l=4 \) out of included range)

\( l=3 \)

\( l=3 \)

\( l=1 \)

\( \xi_{\text{reconstruct}}(N) = \frac{1}{2} \sum_{\alpha=1}^{N} \left[ b^\alpha \Lambda^\alpha\beta \xi_{(0)}^\beta + (b^\ast)^\alpha (\Lambda^\ast)^\alpha\beta \xi_{(0)}^\beta \right] , \) (151)

\( \dot{\xi}_{\text{reconstruct}}(N) = \frac{1}{2} \sum_{\alpha=1}^{N} \left[ i\omega^\alpha b^\alpha \Lambda^\alpha\beta \xi_{(0)}^\beta - i\omega^\alpha (b^\ast)^\alpha (\Lambda^\ast)^\alpha\beta \xi_{(0)}^\beta \right] . \) (152)

Figure 8. Schematic showing how the zeroth order modes couple to other modes at first order in rotation. The displacement field has an \( l=2 \) form and couples to \( l=1 \) and \( l=3 \); this is shown in blue. The velocity field, shown in red, has the form of a zero frequency \( l=1 \) mode; it has no rotational corrections. The other modes in the range we are considering are also shown. The \( l=1 \) modes only couple to \( l=2 \), while for the \( l=3 \) modes, only the \( l=2 \) coupling falls into the considered range.

To make use of this projection scheme, we first need to construct the matrix \( \Lambda \). To do this, we will need to decide which modes \( \alpha = (n,l,m) \) we are keeping in the projection, and choose an ordering for the mode indices \( \alpha \). Looking at the initial data we are projecting, we can see that the displacement field (117) is spheroidal \( l=2 \) and \( m=0 \). From the form of the full, corrected spheroidal eigenfunctions (114), this can be expected to couple to \( l=1 \) and \( l=3 \) toroidal \( m=0 \) modes. The velocity field (118) is built from the toroidal \( l=1, m=0 \) zero frequency mode, which has no first order corrections. However from the form of the corrected toroidal eigenfunctions (115), the \( l=2 \) spheroidal eigenfunctions can be expected to couple to this mode. Motivated by this, we will choose to consider only \( m=0 \) and also to cut off at \( l=3 \), including only \( l=1,2,3 \) (the \( l=0 \) radial modes are all zero for an incompressible star). Counting both spheroidal and toroidal eigenfunctions, this gives us \( 6N \) eigenfunctions in total. This is illustrated in Figure 8.

We can then write each of the zeroth order eigenfunctions we plan to use as one entry of a vector of length \( 6N \), which schematically looks like

\[
\begin{pmatrix}
[S1]_N \\
[T1]_N \\
[S2]_N \\
[T2]_N \\
[S3]_N \\
[T3]_N \\
\end{pmatrix}. \] (153)
Here $[S1]_N$ is a vector of the first $N$ spheroidal $l = 1$ eigenfunctions, $[T1]_N$ is a vector of the first $N$ toroidal $l = 1$ eigenfunctions, etc. The corrected eigenfunctions are then obtained by acting on this vector with the $6N \times 6N$ matrix $\Lambda_{[138]}$, which has the form

$$
\begin{pmatrix}
I_N & 0 & 0 & \varepsilon[S12]_N & 0 & 0 \\
0 & I_N & \varepsilon[TS12]_N & 0 & 0 & 0 \\
0 & \varepsilon[ST21]_N & I_N & 0 & 0 & \varepsilon[ST23]_N \\
0 & 0 & 0 & \varepsilon[TS32]_N & I_N & 0 \\
0 & 0 & \varepsilon[TS32]_N & 0 & 0 & I_N
\end{pmatrix}.
$$

(154)

Each entry represents an $N \times N$ matrix. Most off-diagonal entries are zero apart from a few blocks. For $l = 2$ these are the $l = 1$ and 3 toroidal corrections to the spheroidal eigenfunctions, $[ST21]_N$ and $[ST23]_N$, and the $l = 1$ and 3 spheroidal corrections to the toroidal eigenfunctions, $[TS21]_N$ and $[TS23]_N$. For $l = 1$ there are only $l = 2$ corrections; this is also true for $l = 3$ as we are not including $l = 4$.

6.3 Results of the projection

We carried out the projection using this numerical scheme for the cases $b = 10^{-1}$, $10^{-2}$, $10^{-3}$. As with the calculation of the rotational corrections of the eigenfunctions, we cut off at $N = 10$, 15 and 40 respectively, with these values chosen so that the hybrid fluid-elastic mode is within the range for each case. The increasingly high $n$ value of this mode for small $b$, and the fact that the calculation of the $6N \times 6N$ $\Lambda$ matrix is computationally intensive, meant that we did not investigate any smaller values of $b$.

For given $b$, we also need to consider what parameter range of $t$ our scheme is valid for. We have used the slow rotation approximation to calculate the modes. Considering the form of the eigenvalue equation for the rotating star [128], we can expect this to be a good approximation when $\omega^2 A$ is large compared to $\varepsilon \omega B$, i.e. when $\frac{\Omega B}{\omega} \ll 1$. We have $\Omega B \sim \sqrt{I}$, but we also have to take into consideration which mode $\omega$ we are looking at. The elastic modes scale with $b$, so that for the lowest modes with small $n$ value we need $\frac{\Omega B}{\omega} \ll 1$. The hybrid fluid-like mode has a scaling $\sqrt{G\rho}$ – we have scaled our numerical results so that this is of order unity, so for this mode we only need $\sqrt{I} \ll 1$.

The results for $b = 10^{-2}$ are shown in detail as an illustrative example. In this case, we only have $\sqrt{I} < 10^{-1}$ for $t < 3 \times 10^{-4}$, which you expect our results to be reliable for the lowest $n$ modes when $t$ is larger than this. Around the $n = 8$ hybrid fluid-elastic mode, we can instead expect the results to be reliable when $\sqrt{I}$ is small, i.e. from around $t = 10^{-2}$ onwards.

Figure 8 shows the calculated amplitudes of the the modes for values of $\log_{10} t = -1, -2, \ldots, -6$. These amplitudes are nonzero for the spheroidal $l = 2$ and toroidal $l = 1$ and $l = 3$ cases. For the spheroidal $l = 2$ and toroidal $l = 1$ cases, the first 15 modes are shown, while for the toroidal $l = 3$ modes the cutoff is at $n = 14$, because our numerical scheme does not reproduce the highest $l = 3$ mode correctly. To test this, we tried cutting off at lower values of $N$, and found that the $l = 3$, $n = N$ mode is then not correct; to obtain the $n = 15$ mode we would have to cut off at $N = 16$.

As a first consistency check, we can see that as $t$ is made smaller, the results reproduce that of the non-rotating case: below $t = 10^{-5}$, the the $l = 2$ spheroidal amplitudes become very similar to those when $t = 0$, shown in Figure [9(e)] while the $l = 1$ and $l = 3$ amplitudes appear to roughly scale with $\sqrt{I}$, as would be expected from the size of the rotational corrections [101] to the first order eigenfunctions.

For $t \geq 10^{-4}$, the modes excited vary considerably from the non-rotating case, and there is no clear pattern visible in the figure. We can obtain greater insight by instead focussing on one mode at a time, and tracking the amplitude as a continuous function of $t$; this is shown in Figure [10] for the lowest $n$ modes ($n = 1, 2, 3$) and also for some values of $n$ around the hybrid mode ($n = 7, 8, 9$). The amplitude is plotted on the $y$-axis, while the $x$-axis shows $-\log_{10} t$.

For the $l = 2$ case, we can again see that as $t$ is made smaller, the amplitude converges to that of the non-rotating case, while the $l = 1$ and $l = 3$ modes drop off with $\sqrt{I}$ as expected. For each mode, this happens once $\frac{\sqrt{I}}{\varepsilon} \ll 1$. However, for higher values of $t$, there are a number of ‘spikes’ in the amplitude in each mode, small parameter ranges of $t$ over which the amplitude changes rapidly. We currently have no clear explanation for the existence of these spikes, but have checked these are stable under the choice of cutoff $N$: as $N$ is made smaller, some of the detailed features are lost, but the larger spikes remain. We also see somewhat different behaviour for the hybrid $n = 8$ mode, with fewer spikes in the amplitude.

A similar picture holds for $b = 10^{-1}$ and $b = 10^{-3}$. Figure [11] shows a few representative plots of the amplitude of the $l = 2$ spheroidal modes for these cases. For $b = 10^{-1}$, we have plotted the amplitudes of the $n = 1, 2$ modes and the $n = 3$ hybrid mode. Similarly, for $b = 10^{-3}$ we plot $n = 1$ and 2, and the hybrid mode $n = 27$. In both cases we again see convergence to the non-rotating case once $\frac{\sqrt{I}}{\varepsilon} \ll 1$. For $b = 10^{-3}$, as with $b = 10^{-2}$, the amplitude of the hybrid mode shows different, smoother behaviour as $t$ is varied; this is not so apparent for $b = 10^{-1}$, where the hybrid mode is less distinct from the other modes of the star.
Figure 9. Figures showing the amplitude of each excited mode for the case $b = 10^{-2}$ and $\log_{10} \ell = -1, \ldots, -6$, where we have cut off at radial eigenvalue $N = 15$. 
Figure 10. Figures showing how the amplitude in each mode varies with $t$ for $b = 10^{-2}$. The lowest order modes are shown ($n = 1, 2, 3$), along with those around the $n = 8$ hybrid mode ($n = 7, 8, 9$). Amplitude is plotted on the $y$-axis, while the $x$-axis shows $-\log_{10} t$. 

(a) $l = 1$ toroidal, $n = 1$
(b) $l = 2$ spheroidal, $n = 1$
(c) $l = 3$ toroidal, $n = 1$
(d) $l = 1$ toroidal, $n = 2$
(e) $l = 2$ spheroidal, $n = 2$
(f) $l = 3$ toroidal, $n = 2$
(g) $l = 1$ toroidal, $n = 3$
(h) $l = 2$ spheroidal, $n = 3$
(i) $l = 3$ toroidal, $n = 3$
(j) $l = 1$ toroidal, $n = 7$
(k) $l = 2$ spheroidal, $n = 7$
(l) $l = 3$ toroidal, $n = 7$
(m) $l = 1$ toroidal, $n = 8$
(n) $l = 2$ spheroidal, $n = 8$
(o) $l = 3$ toroidal, $n = 8$
(p) $l = 1$ toroidal, $n = 9$
(q) $l = 2$ spheroidal, $n = 9$
(r) $l = 3$ toroidal, $n = 9
A final important check is that we can use the calculated amplitudes to reconstruct the initial data. This is shown in Appendix A.

7 CONCLUSIONS

We have made order-of-magnitude estimates of the maximum energy released in a starquake, finding maximum oscillation amplitudes of $\frac{\delta r}{R} \sim 10^{-6}$ and characteristic strains of $\sim 4 \times 10^{-24} \text{ Hz}^{-\frac{1}{2}}$ in the upper limit where all energy lost in the glitch is put into oscillations. For the case of a completely solid quark star, we find larger maximum amplitudes of $\frac{\delta r}{R} \sim 10^{-2}$ can be sustained, with corresponding characteristic strains of $\sim 5 \times 10^{-22} \text{ Hz}^{-\frac{1}{2}}$. In each case, these estimates are for a large change in the angular velocity of the star between glitches.

We have also developed a toy model for starquakes, in which all strain is suddenly lost from the star at the glitch. We first considered a simplified version in which the star is not rotating before the glitch, and found that the excited modes are $l = 2$ spheroidal oscillations. Out of these, the oscillation mode preferentially excited is a hybrid fluid-elastic mode similar to the Kelvin mode of an incompressible fluid star. The addition of rotation introduces excitation of $l = 1$ and $l = 3$ toroidal modes of the star. The hybrid mode is still strongly excited, but other modes of the star with an elastic character are also excited to a high level over small parameter ranges of the rotation rate; we currently have no clear explanation for this behaviour, but have tested it is stable under changing the number of radial modes we include in the set we project against.

To move from our current toy model to a more realistic model of a starquake, there are a number of extensions we need to consider. First, we would need to include the fluid core of the star in our model. This would complicate the spectrum of oscillation modes by adding extra ones connected to the fluid-elastic interface. We could also consider using a more realistic equation of state rather than our incompressible model, introducing new $p$- and $g$-modes to the mode spectrum.

It would also be necessary to improve the model for the starquake itself. At the moment we have an acausal mechanism in which all strain is lost from the star instantaneously. In a realistic scenario, the quake would propagate across the star over time, possibly in the form of surface cracks. The new timescale introduced here could strongly affect which modes of the star are excited. However, this timescale is not well constrained observationally.

The oscillations produced by a starquake would be expected to shake the magnetosphere at the surface of the star, which could lead to radio emission connected with the starquake, possibly at a level that could be resolved with the new generation of radio telescopes. It would be interesting to make some estimates of this with a toy model of how the pulsar could shake magnetic field lines in the magnetosphere.
Figure A1. Figure showing the reproduction of the initial data as a sum of eigenfunctions for the case $b = 0.1$. The $U$ and $V$ parts of the initial data are shown in the top row. In the middle row, the partial sums $U^{\text{partial}}(N,x)$ and $V^{\text{partial}}(N,x)$ are shown for $N = 1$ (black line) up to $N = 10$ (green line); the largest contribution is from the $N = 3$ eigenfunction (dark blue), which is the fluid-elastic hybrid mode. The bottom row plots the absolute value of the difference between the partial sums and the initial data, $U^{\text{converge}}(N,x)$ and $V^{\text{converge}}(N,x)$.

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APPENDIX A: RECONSTRUCTION OF THE INITIAL DATA

In this Appendix, we demonstrate that the amplitudes we calculate for the excited modes can indeed be used to reconstruct the initial data, both in the non-rotating special case and for the full problem for the rotating star.

We show this first for the non-rotating case. We should expect the reconstruction to converge to the initial data as we add more modes in to the sum. Figure A1 shows the results of this for the illustrative case $b = 0.1$. The $U^{(a)}$ and $V^{(b)}$ parts of the initial data are plotted in the top row. The middle row shows the results of summing progressively more eigenfunctions with our calculated amplitudes: defining the partial sum.
Figure A2. Figure showing the reconstruction of the initial data in the cases $b = 10^{-1}, 10^{-2}$ and $10^{-3}$, with $t = 10^{-2}$. The $U$ part of the fractional difference between the initial data and its reconstruction, $|U_{\text{reconstruct}}(n) - U^{\text{CD}}|/U^{\text{CD}}$, is plotted for values of $n$ between 1 and the cutoff $N$. The initial data is not reproduced correctly until the hybrid mode is added, and the reconstruction then converges to the initial data as $N$ is made larger.

\[ \xi_{\text{partial}}(N, x) = \frac{1}{2} \sum_{\alpha=1}^{N} \left[ b^\alpha \xi_{(0)\alpha}^\alpha(x) + b^\alpha \xi_{(0)\alpha}^{\ast\alpha}(x) \right], \]  

(A1)

we have plotted $U_{\text{partial}}(N, x)$ (c) and $V_{\text{partial}}(N, x)$ (d) for $N = 1, \ldots, 10$. The largest contribution is from the $N = 3$ mode: this is the hybrid fluid-elastic mode for $b = 0.1$.

To test how the partial sums converge with increased $N$, in the last row we have plotted the $U_{\text{1}}$ (e) and $V_{\text{1}}$ (f) parts of the absolute value of the difference between $\xi_{\text{partial}}(N, x)$ and the initial data,

\[ \xi_{\text{converge}}(N, x) = \left| \xi_{\text{partial}}(N, x) - \xi_{\text{ID}}(x) \right| \]  

(A2)

We can see that the contributions become progressively smaller as $N$ increases.

Next we consider the full problem with rotation, where we also have to reconstruct the velocity initial data as well as that for the displacement. The velocity field initial data $\dot{\xi}^{\text{DC}}$ is made up from only one zeroth order eigenfunction, the zero frequency $n = 1$ toroidal mode, and this mode has no corrections at first order in the rotation. This means that the velocity initial data can be reconstructed from one eigenfunction only, and this can be done with close to numerical precision.

As an example of the reconstruction for the displacement field initial data, Figure A2 plots the $U$ part of the fractional difference between the initial data and its reconstruction (c), $|U_{\text{reconstruct}}(n) - U^{\text{CD}}|/U^{\text{CD}}$, for $b = 10^{-2}$ and $t = 10^{-2}$, with values of $n$ between 1 and the cutoff $N$. We see that as with the special case of the glitch at zero spin, the initial data is not reproduced correctly until the hybrid mode is added, and the reconstruction then converges to the initial data as $N$ is made larger.

APPENDIX B: ORTHOGONALITY OF EIGENFUNCTIONS FOR A SPHERICAL ELASTIC STAR

Here we show that the eigenfunctions for our background model Star S, a homogeneous, incompressible elastic star, are orthogonal. The corresponding result has been shown for the cases of nonradial oscillations of stationary, perfect fluid stars (Chandrasekhar [1964], Lynden-Bell & Ostriker [1967], Friedman & Schutz [1978]) and also for the incompressible fluid star (Chandrasekhar & Lebovitz [1964]). We will follow a similar method here, and show that our operator $C_{(0)}$ is symmetric,

\[ \langle \eta, C_{(0)} \xi \rangle = \langle \xi, C_{(0)} \eta \rangle \]  

(B1)

given the boundary conditions (82). Writing the inner product out in full,

\[ \langle \eta, C_{(0)} \xi \rangle = \int V \nabla_j \tau_i^j \eta \, dV + \int V \rho (\nabla_i \delta \Phi) \eta \, dV. \]  

(B2)
It is then sufficient to show that both terms of the right hand side are symmetric in $\xi^i$ and $\eta^i$, given our boundary conditions. We will only show this for the first term, as the second term is identical to that for the incompressible fluid star. Integrating by parts,

$$\int_V \nabla_j \tau^i_{ij} \eta^i_{i} \, dV = -\int_V (\nabla_j \eta^i) \tau^i_{ij} \, dV + \int_{\partial V} \eta^i \tau^i_{ij} \, dS_j. \tag{B3}$$

For the surface term, we can use the boundary conditions (82) to substitute in $\tau_{ij}$, so that

$$\int_{\partial V} \eta^i \tau^i_{ij} \, dS_j = \int_{\partial V} \eta^i \xi^i \frac{dp}{dr} \, dS_r, \tag{B4}$$

where we have used the spherical symmetry of the background star. This term is symmetric in $\xi$ and $\eta$. For the volume term, we expand out $\tau^i_{ij}$ so that

$$-\int_V (\nabla_j \eta^i) \tau^i_{ij} \, dV = -\int_V (\nabla_j \eta^i) \left( -\delta p \delta^i \xi^i + \mu \nabla_i \xi^i + \mu \nabla^i \xi_i \right) \, dV \tag{B5}$$

The first term of this is zero by incompressibility, while the third term is already symmetric. To deal with the second term, we will integrate half by parts with respect to $\nabla_i$, and half with respect to $\nabla_j$, so that

$$-\int_V \mu (\nabla_j \eta^i) \left( \nabla_i \xi^i \right) \, dV = \frac{1}{2} \left[ \int_V \eta^i \nabla_j (\mu \nabla_i \xi^i) \, dV - \int_{\partial V} \eta^i \nabla_i \xi^i \, dS_j \right] + \int_V \xi^i \nabla_i (\mu \nabla_j \eta^i) \, dV - \int_{\partial V} \mu \xi^i \nabla_j \eta^i \, dS_j \tag{B6}$$

Using the product rule on the volume terms, this becomes

$$-\int_V \mu (\nabla_j \eta^i) \left( \nabla_i \xi^i \right) \, dV = \frac{1}{2} \left[ \int_V (\nabla_j \mu) \eta^i (\nabla_i \xi^i) \, dV + \int_V \eta^i \nabla_j \nabla_i \xi^i \, dV \right. + \int_V (\nabla_i \mu) \xi^i (\nabla_j \eta^i) \, dV + \int_V \mu \xi^i \nabla_i \nabla_j \eta^i \, dV \right. - \int_{\partial V} \mu \eta^i \nabla_i \xi^i \, dS_j - \int_{\partial V} \mu \xi^i \nabla_j \eta^i \, dS_j \left. \right]. \tag{B7}$$

The shear modulus $\mu$ is constant over the surface of the star, and so its derivative $\nabla_i \mu$ is non zero only at the surface,

$$\nabla_i \mu = -\mu \delta (r - R) \hat{r}_i. \tag{B8}$$

The terms containing $\nabla_i \mu$ then cancel with the two surface terms to leave

$$-\int_V \mu (\nabla_j \eta^i) \left( \nabla_i \xi^i \right) \, dV = \int_V \mu \eta^i \nabla_j \nabla_i \xi^i \, dV + \int_V \mu \xi^i \nabla_i \nabla_j \eta^i \, dV. \tag{B9}$$

These two terms are zero, as can be seen by commuting $\nabla_i$ and $\nabla_j$ and using the incompressibility condition, so that finally we have

$$\int_V \nabla_j \tau^i_{ij} \eta^i \, dV = \int_{\partial V} \eta^i \xi^i \frac{dp}{dr} \, dS_r - \int_V \mu (\nabla_j \eta^i) (\nabla^j \xi_i). \tag{B10}$$

We have now shown that $C_{(0)}$ is a symmetric operator, and so the eigenvalues of a self-gravitating elastic incompressible star are orthogonal with respect to $A_{(0)} \equiv \rho$:

$$\langle \eta, A_{(0)} \xi \rangle = 0, \quad \omega^2 \eta \neq \omega^2 \xi. \tag{B11}$$

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