Adapting active case-finding for TB during the COVID-19 pandemic in Yogyakarta, Indonesia

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The COVID-19 pandemic and response measures, including lockdowns and the reorientation of health services, have disrupted essential health services for other diseases, including TB, HIV and malaria. For TB, reductions in case detection due to the COVID-19 pandemic are projected to result in increased TB transmission, morbidity and mortality. Active case-finding (ACF) for TB using community-based approaches is a potential strategy to offset reductions in TB detection by obviating the need for patients to seek care at a health facility. A number of approaches can be used to conduct TB ACF safely and screen designated target populations while managing the risks of SARS-CoV-2 transmission for staff, individuals and the community. We present a framework of options for and experience of adapting TB ACF services in response to the challenges of COVID-19 in our programme in Yogyakarta, Indonesia. Key changes have included revised prioritisation of target populations focusing on household contacts, reducing case-finding throughput, implementation of additional infection control measures and precautions, and integration of COVID-19 screening among those being screened for TB. Our approach could inform other programmes seeking to adapt TB ACF services to mitigate the negative impact of COVID-19 on TB case detection.

The COVID-19 pandemic caused significant health, social and economic upheaval. Many countries, there was concern that high rates of disease and mortality would result and exceed the capacity of the healthcare system. By the end of March, Indonesia had initiated strategies to reduce transmission of SARS-CoV-2, including lockdowns involving the cessation of public gatherings and restriction of people’s movement.

In early March 2020, Indonesia reported its first case of COVID-19, the disease caused by the novel virus SARS-CoV-2. As with many low- and middle-income countries, there was concern that high rates of disease and mortality would result and exceed the capacity of the healthcare system. By the end of March, Indonesia had initiated strategies to reduce transmission of SARS-CoV-2, including lockdowns involving the cessation of public gatherings and restriction of people’s movement beyond their village of residence. Reorientation of health services and resources to respond to COVID-19 was also commenced. These COVID-19 response measures have implications for essential health services and disease control programmes, including TB.

TB is a major cause of morbidity and mortality in Indonesia, which reported the second highest number of new TB cases in 2019. Indonesia also has the third largest gap between TB incidence and case notification, suggesting that many individuals with TB are left undiagnosed. COVID-19 has further impacted Indonesia’s TB response due to the redirection of medical resources to the COVID-19 response, and due to potential suppression of care seeking for TB.

In Yogyakarta, Indonesia, where only limited active case-finding (ACF) has previously been implemented, we initiated a TB ACF programme in late 2019 as described in Table 1. However, programme activities were suspended in March 2020 when COVID-19 cases were detected in Yogyakarta, as there was limited guidance on whether TB ACF was considered essential and on how to operationalise TB ACF during the COVID-19 pandemic. Furthermore, TB ACF activities can put patients, community members and health staff at increased risk for SARS-CoV-2 infection due to the increased person-to-person interaction. However, delays in TB detection can lead to increased transmission in the community, more severe disease in individuals and increased TB-related mortality.

In this paper, we discuss the potential value of conducting TB ACF during the COVID-19 pandemic to disrupt disruption of routine TB services. We then present our experience of planning and implementing adapted TB ACF services in Yogyakarta for consideration by other programmes wishing to conduct TB ACF in the context of COVID-19.

Ethics
No ethics approval was required, as this study pertained only to policy and design of TB services and did not involve human research subjects.

THE IMPORTANCE OF TB ACTIVE CASE-FINDING DURING THE COVID-19 PANDEMIC

Globally, TB is the leading cause of death from infectious diseases and an estimated 10 million people fall ill with TB each year. There is currently insufficient progress to achieve the WHO global targets of a 95% reduction in TB deaths and a 90% reduction in new cases between 2015 and 2035. The detection gap between notified and incident TB cases was estimated at 2.9 million cases. Optimising and scaling up TB ACF is needed to address the detection gap and reduce TB prevalence by preventing ongoing transmission from undiagnosed cases. However, TB ACF services are often insufficient and are not prioritised in high-burden settings. The COVID-19 pandemic has caused significant

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tries have implemented lockdowns that restrict peoples’ movement and the operation of businesses and services to reduce SARS-CoV-2 transmission. Modelling shows that the pandemic and restrictions to manage it will negatively impact TB control by reducing TB detection and treatment, resulting in increased transmission and mortality.2,3 In the first half of 2020, a 25–30% reduction in TB notifications has already been observed in the four highest burden countries.2 Furthermore, in a recent survey, 78% of Global Fund-supported TB programmes reported being disrupted by COVID-19.4

Several factors in the COVID-19 pandemic may decrease TB detection: reduced care-seeking due to lockdowns and concerns of transmission risk at health facilities, diversion of resources from TB to the COVID-19 response, and strategies to reduce health facility usage. Passive case-finding (PCF) is particularly vulnerable to disruption, as it usually relies on individuals to seek medical attention at health facilities after developing TB symptoms. This is especially concerning because persons who are symptomatic are more likely to have severe disease, are at risk of poorer outcomes if undiagnosed, and are more likely to transmit TB to others.5,10

TB ACF aims to detect TB prior to or soon after onset of symptoms, when disease is less extensive and less contagious. It is typically undertaken in populations at increased risk of TB such as household contacts, people living with HIV, migrant workers or in the general population in settings with high TB transmission. It can also be delivered in the community to reach individuals who may not seek timely care at a health facility.5

Community-based TB ACF approaches could overcome barriers to health facility-based TB diagnosis by investigating persons who are symptomatic or unwell, but have not sought care or are unable to access care due to COVID-19 and associated restrictions. With the protracted nature of the COVID-19 pandemic, TB ACF should be considered to reduce the TB mortality and morbidity that result from suppressed case detection.8 In Yogyakarta, we developed a framework to guide the adaptation of our programme’s activities so that TB ACF could be implemented during the COVID-19 pandemic.

CONSIDERATIONS IN ADAPTING TB ACTIVE CASE-FINDING DURING THE COVID-19 PANDEMIC

There are a number of important considerations in determining whether and how to adapt TB ACF during the COVID-19 pandemic. The setting-specific situation in relation to COVID-19 transmission and the health system response to COVID-19 are critical in determining whether TB ACF can be conducted. We propose a checklist of essential criteria to consider: 1) Can TB ACF be conducted without diverting resources needed for the COVID-19 response? 2) Can it be conducted safely for staff and patients? 3) Is there government and stakeholder consensus on whether and how to proceed? 4) Will it be acceptable for individuals and communities?

TABLE 1 Summary of the original plans for a TB ACF program in Yogyakarta, Indonesia

| Programme details |
|-------------------|
| Donor: TB REACH (Wave 7) |
| Implementing agencies: Universitas Gadjah Mada (Yogyakarta, Indonesia), Burnet Institute (Melbourne, VIC, Australia) |
| Timeframe: January–December 2020 |
| Geographic scope: Two subdistricts in Yogyakarta Province, Indonesia – one rural and one urban |

| Programme setting |
|-------------------|
| Yogyakarta Province has a population of 3.6 million and notified 3,210 TB cases in 2017. Case detection for the province is a key issue and is estimated at 50%. Indonesia’s guidelines recommend household contact investigation but not population screening. Hence TB services in Yogyakarta Province largely rely on passive case-finding. Due to resource limitations, household contact investigation is not routinely undertaken for all notified cases. Current guidelines recommend TPT using isoniazid for contacts of <5 years and for people living with HIV, but coverage among these groups has been very low in Indonesia. In early 2020, Indonesia launched a presidential initiative to eliminate TB in Indonesia by 2030 which will require scale up of TB ACF and prevention |

| Our programme represents an initial attempt to implement and increase coverage of TB ACF in the project subdistricts; and to increase the TPT coverage while introducing short (3-month) regimens |

| TB ACF activities |
|-------------------|
| Activity 1 |
| Target population: residents of urban and rural slum areas, boarding school residents, healthcare workers and health facility staff |
| Case-finding strategy: community-based population screening using symptom screening and mobile CXR and Xpert with a target of 200 people seen per day. Referral to health facilities for treatment initiation for patients diagnosed with active TB. TPT offered to eligible boarding school residents and health facility staff |
| Activity 2 |
| Target population: household contacts of persons with TB registered at health facilities |
| Case-finding strategy: home-based symptom screening with referral for CXR and Xpert. Referral to health facilities for treatment initiation for patients diagnosed with active TB, 3-month TPT regimens offered to contacts with evidence of infection and no active disease |
| Activity 3 |
| Target population: women and children attending community health post |
| Case-finding strategy: symptom screening of all attendees of community health post activities with referral to health facilities for investigation and active TB treatment |

ACF = active case-finding; TPT = TB preventive therapy; CXR = chest X-ray.
### TABLE 2  Options for TB active case-finding during the COVID-19 pandemic

| ACF option                                      | Target                              | Description                                                                 | Pros                                                                                     | Cons                                                                                             | Possible COVID-19 integration                                                                 |
|------------------------------------------------|-------------------------------------|----------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| High-risk community symptom screening by CHWs | Symptomatic and acutely unwell individuals in the community | CHWs (*kader*) routinely screen for symptomatic persons in their catchment areas and notify the ACF team to investigate any presumptive cases | May help to detect symptomatic cases in communities and areas where/when other ACF activities are not being conducted | Relies on an active network of CHWs with supervision and support                              | Community education and awareness Screen for COVID-19 based on symptoms and history Monitoring and support of persons in home isolation |
| Contact investigation                          | Close contacts of notified TB cases | Investigation of household contacts and/or other close contacts by health workers using appropriate personal protective equipment and algorithms that enable physical distancing and reduced patient contact with health services | Feasible with small team and infection prevention and control Focusses on screening a high-risk group with a known exposure, so potential high yield Contact investigation already recommended in NTP guidelines Overlap in procedures, training with COVID-19 response | Limited throughput: contacts of different index cases may be dispersed geographically Limited number of index cases in some areas, especially if relying on passive case-finding that is disrupted by COVID-19 Possible risk of SARS-CoV-2 infection for staff if they encounter a person with COVID-19 inside a household (staff will be donning and doffing personal protective equipment frequently) | Community education and awareness Screen for COVID-19 Specimen collection for COVID-19 testing COVID-19 contact investigation |
| Community-based ACF with mobile CXR           | Symptomatic and asymptomatic cases in target community populations | Using multiple methods of physical distancing and infection control to conduct ACF using a mobile screening service with CXR to set up temporary community-based ACF sites | Screening with CXR will aid in the detection of patients who may be asymptomatic Rationalises the use of Xpert testing Screen more people in one occasion Opportunity to expand testing for COVID-19 in symptomatic and asymptomatic cases | As above with COVID risks Possible low uptake if there are community concerns about ACF services and crowding at ACF sites | Community education and awareness Screen for COVID-19 Specimen collection for COVID-19 testing COVID-19 contact investigation |
The WHO transmission scenarios for SARS-CoV-2 and associated priorities for the health systems response can guide the selection of a TB ACF approach in different phases of the outbreak. The load imposed on the health system by demand for prevention, diagnosis and management of COVID-19 will also be crucial to judge whether TB ACF will divert resources needed for the COVID-19 response. Critically, there should be repeated appraisal against these essential criteria as the COVID-19 situation changes.

Decisions on how to conduct TB ACF should be guided by priorities for case-finding and reducing TB transmission. Examples of priorities include reaching populations who are under-served, those whose access to care has been most disrupted, or those who are at highest risk of TB infection and disease. These priorities will shape which populations are screened and the methods used to screen them. Table 2 presents the range of options our programme considered for conducting TB ACF in Yogyakarta.

**Integration of COVID-19 activities into TB ACF services**

TB ACF can integrate activities that support the COVID-19 response, including community engagement and education; screening, referral and testing for COVID-19; implementation of infection control measures for both diseases; and conducting contact investigation from known COVID-19 cases. These can be readily integrated into TB ACF processes, for example, by adding COVID-19 screening questions into TB screening interviews or collecting specimens for COVID-19 testing. Strategies such as specimen pooling could also reduce laboratory time and costs involved in scaling up COVID-19 testing. Integration of COVID-19 testing into TB ACF could also contribute to surveillance in contexts where the extent of community transmission is not well understood. Training for TB ACF staff on COVID-19 infection control could be offered to other health managers, health workers and community cadres to strengthen capacity more broadly. Finally, contact investigation teams for TB could be used to also investigate COVID-19 contacts.

**What are the challenges in implementing TB ACF safely?**

If implementing TB ACF, an important question is how to conduct ACF activities safely for persons affected by TB and staff. Existing practices for community screening for TB often create situations where the health systems response can guide the selection of a TB ACF approach in different phases of the outbreak. The load imposed on the health system by demand for prevention, diagnosis and management of COVID-19 will also be crucial to judge whether TB ACF will divert resources needed for the COVID-19 response. Critically, there should be repeated appraisal against these essential criteria as the COVID-19 situation changes.

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What other health services could be integrated into TB ACF?

TB ACF presents an opportunity for contact between individuals and health services that could also be used to reduce disruption of other health services due to COVID-19. Options include monitoring and referral for maternal and child health; supporting HIV and other chronic disease management (such as diabetes mellitus, hypertension); and immunisation coverage. In any given context, large gatherings of people in close quarters while they await screening. Without physical distancing, such practices are conducive to transmission of SARS-CoV-2 to patients and staff. Fortunately, SARS-CoV-2 infection control measures can be readily integrated at testing sites and health facilities to establish COVID-19-safe TB ACF practices. Table 3 presents risks and challenges in TB ACF, alongside possible measures to mitigate risk.
the feasibility of integrating such services should be assessed, with consideration of how service integration might affect the uptake of the services.

THE TB ACTIVE CASE-FINDING APPROACH ADAPTED FOR COVID-19 IN YOGYAKARTA

In March 2020, we suspended our TB ACF activities in Yogyakarta, and evaluated the possibilities for safe resumption. We developed our framework of options for TB ACF adaptation by reviewing available literature on COVID-19, including international and Indonesian guidance on COVID-19 response. Using this information, the programme team – which includes global experts in TB programming – generated options for TB ACF that accorded with our essential criteria. We then used consensus-based methods to review the options and select a preferred approach.

Prior to resuming TB ACF, we monitored the COVID-19 response in Yogyakarta and the impact of the COVID-19 pandemic on TB services. In April 2020, our team determined that the criteria for resumption of TB ACF had been met. At the time when we resumed TB ACF in May 2020, only 236 confirmed COVID-19 cases had been reported in Yogyakarta.13 Even with the likelihood that this underestimated actual cases, this was considered a sign of a successful COVID-19 response. By this time, Yogyakarta Province had implemented COVID-19 contact tracing services, established infection control and COVID-19 screening at health centres, and had commenced scale-up of laboratory capacity for COVID-19 testing. The provincial and district health offices supported our programme’s resumption of TB ACF using an adapted approach.

We elected to focus on TB ACF among household contacts of notified TB cases because they are a recognised high-risk population.14 We modified our contact investigation algorithm in several ways to manage the risk of SARS-CoV-2 transmission (Figures 1 and 2). To note, we combined symptom screening for TB and COVID-19.

We arrange visits to households of index cases, during which our team interviews household members and screens them for symptoms. Those with symptoms of upper respiratory infection or history of COVID-19 exposure are referred to the nearest health centre for COVID-19 investigation. Individuals with suspected COVID-19 are screened for TB only after completing diagnosis and management (including completion of any required quarantine) for COVID-19 in accordance with Indonesia’s COVID-19 guidelines. Those with severe lower respiratory tract symptoms are admitted to hospital and investigated for both TB and COVID-19. Household members without suspected COVID-19 are referred to their nearest health centre on a designated date when our program’s mobile chest X-ray (CXR) service is deployed at that health centre. This allows us to screen other outpatients attending the health centre. We collect spot sputum samples from those with CXR consistent with TB, cough that has lasted more than 2 weeks, or haemoptysis. Sputum samples are tested using Xpert® MTB/RIF (Cepheid, Sunnyvale, CA, USA) at the district hospital. Persons with a positive Xpert result or a clinical diagno-

| FIGURE 1 | The adapted TB active case-finding algorithm for persons aged ≥5 years. –ve = negative; +ve = positive; MTB = M. tuberculosis; RIF = rifampicin. |
sis of TB are referred to start treatment, either at a health centre or at home if unable to attend the health centre.

Preventive therapy using a 3-month regimen of daily rifampicin and isoniazid (3RH) is offered to household contacts once active TB has been ruled out (Figures 1 and 2). A regimen of 3 months of isoniazid and rifapentine (3HP) for individuals aged ≥5 years will be used once it is locally available.

Infection control measures have been implemented to protect staff and persons being screened: physical distancing and the use of appropriate personal protective equipment (PPE) for staff when interviewing and collecting sputum; COVID-19 triage at the health centre; staff-patient and equipment-patient physical barriers in the CXR van; enhanced environmental cleaning of surfaces in patient areas (including the CXR van); ensuring good ventilation, physical distancing, hand hygiene and masks for persons being screened or awaiting care at the health centre; and regular COVID-19 testing for ACF staff.

We incorporated a cycle of design-implement-assess to test different approaches and adapted services based on feedback and results. Following the resumption of TB ACF among household contacts, the project has expanded the mobile van approach to include screening of populations living in slum areas.

**MONITORING REQUIREMENTS**

There is limited evidence on the best approaches for TB ACF during a COVID-19 outbreak. Consequently, we propose to monitor several key issues for our TB ACF approach (Table 4). It should

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**TABLE 4** Key issues that will be monitored during implementation

- Acceptability and uptake of the case-finding services and modalities
- Demand for COVID-19 testing
- Feasibility of environmental cleaning and use of natural or mechanical ventilation
- Adequacy of personal protective equipment supplies and access to hand washing and hand sanitiser
- Acceptability and utilisation of personal protective equipment among healthcare workers
- Loss to follow-up between initial screening of households and presentation at health facility
- Adverse impacts of the COVID-19 on socio-economic status of households that may affect ability to use services
- Preferred modalities for treatment initiation and treatment support
- Healthcare worker safety concerns
- Stigma of TB or COVID 19 for community members
- Throughput, yield and additional resources and costs

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**FIGURE 2** The adapted TB active case-finding algorithm for persons aged <5 years. –ve = negative; +ve = positive; MTB = M. tuberculosis; RIF = rifampicin.
be noted that the adaptations that are required for patient and staff safety result in additional procedures and reduced throughput of patients, raising questions about the operational feasibility of TB ACF. Documentation of the resulting additional resources and costs may be of interest to other programmes and settings. Finally, a central component of our monitoring will be the TB ACF cascade and yield, which we have adapted to capture the integration of COVID-19 screening into our activities (Figure 3).

**DISCUSSION**

Our framework for planning of adaptations to TB ACF represent early field experience in modifying TB case-finding activities so that they can continue during the COVID-19 pandemic and potentially mitigate its impact on TB burden. The checklist of essential criteria, options considered for adapting TB ACF and infection control measures were informed by the limited available evidence early in the pandemic. There is not yet evidence on the utility, safety or effectiveness of the adaptations that were ultimately implemented in Yogyakarta. Nonetheless, the process we undertook and the options we considered could be relevant and informative to other programmes in similar contexts of ongoing SARS-CoV-2 transmission.

As the pandemic situation evolves, it is important to reassess whether to continue TB ACF. This could be done by reassessing the situation against the essential criteria that we have proposed. In late 2020, for example, we temporarily suspended TB ACF due to increasing COVID-19 cases and when staff tested positive for COVID-19. It is possible that transmission occurred at our services despite good compliance with the infection control and prevention measures in place.

In this paper, we did not explore integration of TB case-finding into COVID-19 services as we did not implement this in Yogyakarta. Such integration also has potential to increase detection of TB during the COVID-19 pandemic, although substantial additional investment and resources could be required and the yield may be lower than for known at-risk populations for TB such as household contacts.

Controlling the spread of COVID-19 is currently a major public health priority and challenge. The integration of COVID-19 services with TB ACF activities is feasible, and could contribute to strengthening the public health response to both diseases. The multifaceted framework we used in Indonesia can be employed by other TB programmes seeking to resume TB ACF in the era of COVID-19.

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La pandémie de COVID-19 et les mesures de riposte incluant des confinements et une réorientation des services de santé ont perturbé les services de santé essentiels destinés aux autres maladies comme la TB, le VIH et le paludisme. En ce qui concerne la TB, les réductions de la détection des cas dus à la pandémie de COVID-19 devrait entraîner une augmentation de la transmission, morbidité et mortalité de la TB. La recherche active des cas (ACF) de TB grâce à des approches communautaires est une stratégie potentielle visant à compenser pour les réductions de détection de la TB en écartant le besoin pour les patients de solliciter des soins dans un structure de santé. Plusieurs approches peuvent être utilisées pour réaliser l’ACF TB de façon sûre et de dépister des populations cibles désignées tout en gérant les risques de transmission du SARS-CoV-2 pour le personnel, les individus et la communauté. Nous présentons un cadre d’options et d’expériences d’adaptation des services TB ACF en réponse aux défis du COVID-19 dans notre programme à Yogyakarta, Indonésie. Les changements majeurs ont inclus une révision des priorités des populations cibles focalisée sur les contacts domiciliaires ; une réduction de la cadence de la recherche de cas ; la mise en œuvre de mesures supplémentaires de lutte contre l’infection et de précautions ; et l’intégration du dépistage de COVID-19 parmi ceux dépistés pour la TB. Notre approche pourrait informer d’autres programmes voulant adapter les services TB ACF afin d’atténuer l’impact négatif du COVID-19 sur la détection des cas de TB.
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