Maximum mass of neutron stars and strange neutron-star cores

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ABSTRACT

Context. The recent measurement of mass of PSR J1614-2230 rules out most existing models of the equation of state (EOS) of dense matter with high-density softening due to hyperonization that were based on the recent hyperon-nucleon and hyperon-hyperon interactions, which leads to a "hyperon puzzle".

Aims. We study a specific solution of this hyperon puzzle that consists of replacing a too soft hyperon core by a sufficiently stiff quark core. In terms of the quark structure of the matter, one replaces a strangeness-carrying baryon phase of confined quark triplets, some of them involving $s$ quarks, by a quark plasma of deconfined $u$, $d$, and $s$ quarks.

Methods. We constructed an analytic approximation that fits modern EOSs of the two flavor (2SC) and the color-flavor-locked (CFL) color-superconducting phases of quark matter very well. Then, we used it to generate a continuum of EOSs of quark matter. This allowed us to simulate continua of sequences of first-order phase transitions at prescribed pressures, from hadronic matter to the 2SC and then to the CFL state of color-superconducting quark matter.

Results. We obtain constraints in the parameter space of the EOS of superconducting quark cores, $\text{EOS}_Q$, resulting from $M_{\text{max}} > 2 M_\odot$. These constraints depend on the assumed EOS of baryon phase, $\text{EOS}_B$. We also derive constraints that would result from significantly higher measured masses. For $2.4 M_\odot$, the required stiffness of the CFL quark core is close to the causality limit while the density jump at the phase transition is very small.

Conclusions. The condition $M_{\text{max}} > 2 M_\odot$ puts strong constraints on the EOSs of the 2SC and CFL phases of quark matter. Density jumps at the phase transitions have to be sufficiently small and sound speeds in quark matter sufficiently large. The condition of thermodynamic stability of the quark phase results in a maximum mass of hybrid stars similar to that of purely baryon stars. This is due to the phase transition of quark matter back to the baryon phase (reconfinement) that we find for both EOS.B. Therefore, to obtain $M_{\text{max}} > 2 M_\odot$ for hybrid stars, both sufficiently strong additional hyperon repulsion at high-density baryon matter and a sufficiently stiff EOS of quark matter would be needed. However, we think that the high-density instability, which results in the reconfinement of quark matter, indicates actually the inadequacy of the point-particle model of baryons in dense matter at $\rho \gtrsim 5 \times 8 \rho_0$. We expect that reconfinement can be removed by a sufficient stiffening of the baryon phase, resulting from the repulsive finite size contribution for baryons to the EOS.

Key words. dense matter – equation of state – stars: neutron

1. Introduction

The mass of PSR J1614-2230, $1.97 \pm 0.04 M_\odot$ (Demorest et al. 2010), puts a constraint on the equation of state (EOS) of dense matter in neutron star (NS) cores. This is that the maximum allowable mass calculated using an acceptable EOS, $M_{\text{max}}(\text{EOS})$, should be greater than $2.0 M_\odot$. This proves to be of crucial importance for strong interactions in NS cores: their repulsive effect triples the value of $M_{\text{max}}$ compared to that obtained for non-interacting Fermi gas of neutrons, $0.7 M_\odot$.

The observational constraint $M_{\text{max}}(\text{EOS}) > 2.0 M_\odot$ is easy to satisfy if NS cores contain nucleons only, and realistic nuclear forces are used, from which we derive $M_{\text{max}}^{(\text{N})}(\text{EOS}) > 2.0 M_\odot$ for many realistic nucleon interaction models (Lattimer 2011). However, nuclear interaction models, consistent with experimental data on hypernuclei, predict the presence of hyperons at densities exceeding $2-3 \rho_0$, where the normal nuclear density is $\rho_0 = 2.7 \times 10^{14} \text{ g cm}^{-3}$ (baryon number density $n_0 = 0.16 \text{ fm}^{-3}$). Hyperonization of the matter implies a softening of the EOS through replacement of most energetic neutrons by massive, slowly moving hyperons. For realistic models of baryon interactions one obtains $M_{\text{max}}^{(\text{B})} \leq 1.5 M_\odot$ (see, e.g. Burgio et al. 2011; Vidana et al. 2011; Schulze & Rijken 2011, and references therein). Such a low $M_{\text{max}}$ is only marginally consistent with $1.44 M_\odot$ of the Hulse-Taylor pulsar, but was contradicted by $1.67 \pm 0.04 M_\odot$ of PSR J1903-0327 (Champion et al. 2008; a more precise value has been recently obtained by Freire et al. 2011).

Two solutions of the problem of a too low $M_{\text{max}}^{(\text{B})}$ have been proposed after the discovery of a $2 M_\odot$ pulsar. Strong hyperon repulsion at high density. It has been suggested that adding a new component to the hyperon-hyperon interaction, important for $\rho \gtrsim 5 \rho_0$, can stiffen the high-density EOS.B sufficiently to yield $M_{\text{max}} > 2.0 M_\odot$. Repulsive interaction between baryons is supplied by the exchange of vector mesons (spin = 1). Hyperon repulsion due to an exchange of vector $\phi$ mesons allows for $M_{\text{max}} > 2.0 M_\odot$, without spoiling the agreement with nuclear and hyper-nuclear data (Bednarek et al. 2012; Weissenborn et al. 2012a,b; Lastowiecki et al. 2012). Dexheimer & Schramm (2008) give an earlier general discussion of vector-meson contribution to EOS. An additional increase

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of \(M_{\text{max}}\) (above 2.1–2.2 \(M_\odot\)) can be obtained via some breaking of the SU(6) symmetry, which is usually applied to generate vector-meson—hyperon coupling constants from the nucleon one (Weissenborn et al. 2012b). Hyperon repulsion at high density is limited by the condition of thermodynamic stability (Bednarek et al. 2012).

**Stiff quark cores in NS.** From the point of view of quantum chromodynamics (QCD), the appearance of hyperons in dense matter is associated with the presence of the s-quarks, in addition to the u and d quarks confined in nucleons. Some authors suggested that the hyperon core in NS could actually be replaced by a core of the u-d-s quark matter (Baldo et al. 2006 and references in Schulze & Rijken 2011). We denote the EOS of the u-d-s quark matter by EOS.Q. To yield \(M_{\text{max}} > 2.0 \, M_\odot\), quark matter needs to have two important (necessary) features: (1) a significant overall quark repulsion resulting in a stiff EOS.Q; (2) a strong attraction in a particular channel, resulting in a strong color superconductivity, which is needed to make the deconfined Q-phase energetically preferred over the confined B(baryon) phase. After the announcement of the discovery of a 2 \(M_\odot\) pulsar, several models of quark cores of NS (hybrid stars), with the necessary properties to yield \(M_{\text{max}} > 2.0 \, M_\odot\), have been proposed (Ozel et al. 2010; Weissenborn et al. 2011; Kleehn et al. 2012; Bonanno & Sedarakian 2012; Łastowiecki et al. 2012; Lenzl & Lugones 2012). The EOS of the hybrid baryon-quark (BQ) stars (EOS.BQ) was constructed using a two-phase model of \(\text{B} \rightarrow\text{Q}\) transition, with different underlining theories of the B and Q phases.

There exist many models of color-supерconducting quark matter states (see, e.g., Alford et al. 2008). The basic states are the two-flavor color-supерconducting (2SC) state and the color-flavor-locked (CFL) superconducting state. In the 2SC state only light u and d quarks are paired. The 2SC state is predicted to be the ground state of quark matter in the limit of low quark densities (n_q \(\ll\) 4n_0). On the other hand, the CFL superconductor, in which all three flavors are paired, is predicted to prevail at high density, n_q \(\gtrsim\) 4n_0. Hybrid stars with a double phase transition \(\text{B} \rightarrow\text{Q}\) 2SC-CFL were first considered by Pagliara & Schaffner-Bielich (2008). Other superconducting quark-matter states, different from 2SC and CFL, were also predicted (Alford et al. 2008), but they will not be considered here.

In the present paper we derive constraints on the EOS.BQ using an analytical description of EOS.Q. This allows us to consider a continuum of the EOS.Q models, or, for a given EOS.B, a continuum of the EOS.BQ models. As other authors, we use a two-phase description of first-order phase transitions (no mixed-phase state; neglecting possibility of a mixed-phase state does not influence the value of \(M_{\text{max}}\) much, see, e.g., Alford et al. 2005). We also discuss the thermodynamic stability of the Q phase in stiff quark cores and its impact on \(M_{\text{max}}\) (this problem has been mentioned previously in Łastowiecki et al. 2012).

The EOSs of baryon matter used in our work are described in Sect. 2. In Sect. 3 we construct an analytic approximation of the EOS of quark matter, and we show that it gives a precise approximation of several existing models of color-supерconducting quark cores in NS. Our analytic approximation is then used to construct a continuum of EOS.Q, suitable for constructing an EOS.BQ with phase transitions at prescribed pressures, for a given EOS.B. In Sect. 3.2 we construct continua of the EOS.BQ models for two models of EOS.B: a soft one that significantly violates a 2.0 \(M_\odot\) bound, and a stiff one that satisfies this bound. Constraints on EOS.Q, resulting from \(M_{\text{max}}^{\text{BQ}} > 2 \, M_\odot\), are derived in Sect. 4. We then study in Sect. 5 the thermodynamic stability of a stiff high-density quark matter. Finally, in Sect. 6 we summarize and discuss our results, and point out the weak points of our models.

Preliminary results of our work were presented at the ERPM Pulsar Conference, Zielona Góra, Poland, 24th–27th April, 2012.

### 2. EOSs of baryon matter

There are two types of existing EOS.B, which lead to \(M_{\text{max}} < 2 \, M_\odot\) and \(M_{\text{max}} > 2 \, M_\odot\), respectively. They will be hereafter referred to as soft-baryon EOS and stiff-baryon EOS. We will select one EOS belonging to each of these two groups and use them to illustrate the features characteristic of the two types of EOS.B.

#### 2.1. Soft-baryon EOS

Most existing EOS.Bs yield an \(M_{\text{max}}^{(B)}\) significantly lower than 2 \(M_\odot\). Replacing a soft hyperon core by a stiff quark one seems to be the only way to obtain \(M_{\text{max}} > 2 \, M_\odot\). As an example, we consider the very recent EOS.B of Schulze & Rijken (2011). This EOS was obtained using the Brueckner-Hartree-Fock many-body approach and a realistic up-to-date baryon interaction. In the nucleon sector, an Argonne V18 nucleon-nucleon potential (Wirtinga et al. 1995) was used, supplemented with a phenomenological three-body force (Li et al. 2008). The hyperon-nucleon and hyperon-hyperon potentials were Nijmegen ESC08 (Rijken et al. 2010a,b). This EOS.B gives a low \(M_{\text{max}}^{(B)} = 1.35 \, M_\odot\) (Schulze & Rijken 2011). It will hereafter be referred to as SR one.

#### 2.2. Stiff-baryon EOS

The number of EOS.B that satisfy \(M_{\text{max}} > 2 \, M_\odot\) started to increase steadily after the discovery of a 2 \(M_\odot\) pulsar. We selected the BM165 EOS.B of Bednarek et al. (2012). This EOS was obtained using a non-linear relativistic mean field model involving the baryon octet coupled to meson fields. The effective Lagrangian includes, in addition to scalar and vector-meson terms, also terms involving a hidden-strangeness scalar and a vector-meson coupled to hyperons only. For this EOS.B we obtain \(M_{\text{max}}^{(B)} = 2.04 \, M_\odot\). It will hereafter be referred to as BM165.

### 3. Quark-matter cores and their EOS

We consider electrically neutral u-d-s quark matter in beta equilibrium and at \(T = 0\). The baryon number density is \(n_b = \frac{1}{3}(n_u + n_d + n_s)\), the energy density is denoted \(\varepsilon\), the matter density \(\rho = \varepsilon/c^2\), and the baryon chemical potential \(\mu_b = d\varepsilon/dn_b\). An important relation is \(\rho_b = d\rho/dn_b\). The phase transitions under consideration are assumed to be first-order transitions. Therefore, they occur at a specific (sharp) value of pressure, and are accompanied by a density jump from \(\rho_1\) to \(\rho_2\). This is a good approximation for the \(\text{B} \rightarrow\text{Q}\) phase transition in cold dense matter, because the smoothing effect of the mixed B-Q state is weak and can be neglected (Endo et al. 2006, and references therein). An important parameter characterizing the density jump at the interface between the two phases is \(\lambda = \rho_2/\rho_1\). Indeed, as we

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1. It seems that such a possibility was first considered in Baldo et al. (2006); we are grateful to David Blaschke for calling our attention to this paper.
mentioned in Sect. 1, including of a mixed-phase state does not change, to a very good approximation, the value of $M_{\text{max}}$ (Alford et al. 2005).

3.1. Analytical approximation—2SC and CFL phases

Our method is based on the observation that starting from a simple linear formula one is able to obtain a very precise analytic representation of modern EOS of color-superconducting quark matter under conditions prevailing in NS cores. In what follows, we omit for simplicity the phase label $S$ unless noted otherwise.

A linear EOS ($P$ being a linear function of $\rho$) is characteristic of the simplest bag model of quark matter that assumes massless quarks, but it also holds with very high accuracy for a more realistic bag model with massive $s$-quarks (Zdunik 2000).

The linear EOS is determined by three parameters: $a$, $E_\nu$, and $n_\nu$, where $a$ is the square of the sound velocity in the units of $c$, and $E_\nu$ and $n_\nu$ are the energy and baryon number density at zero pressure, respectively. We obtain then

$$P(E) = a(E - E_\nu),$$  
$$\mu(P) = \mu_\nu \cdot \left[1 + (1 + a)P/(aE_\nu)\right]^{d/(1+a)},$$  
$$n(P) = n_\nu \cdot \left[1 + (1 + a)P/(aE_\nu)\right]^{1/(1+a)} = n_\nu (\mu/\mu_\nu)^{1/a},$$  

where $\mu_\nu = E_\nu/n_\nu$ is the baryon chemical potential at zero pressure. The stiffness of the matter is described by the parameter $a = dP/dE = (v_{\text{sound}}/c)^2$. Special cases of linear EOSs with $a = 1$ and $a = 1/3$ were recently considered by Chamel et al. (2012) in their study of exotic cores in NS.

Numerical results for a quark matter EOS are usually given as points in the $P - \mu_\nu$ plane (Agrawal 2010; Blaschke et al. 2010). These variables are very convenient to study the microscopic stability of matter and to determine the phase transition, which corresponds to the crossing point of the $P(\mu)$ relations for different phases. The density jump at phase transition is then described by the change of the slope of the $P(\mu)$ function through the relations $n = dP/d\mu$ and $E = n\mu - P$ (see, e.g., Fig. 2).

We assume that the linear EOS, Eq. (1), accurately describes quark matter cores in NS, corresponding to the baryon density range $2n_0 \leq n_b \leq 10n_0$. We stress that the use of linear dependence, Eq. (1), is restricted to $2n_0 - 10n_0$ (or $300 \text{ MeV fm}^{-3} < \mathcal{E} < 1500 \text{ MeV fm}^{-3}$, or $30 \text{ MeV fm}^{-3} < P < 300 \text{ MeV fm}^{-3}$), and by no means is claimed to be valid outside the neutron-star core regime.

We introduce dimensionless quantities: $\overline{n}_b \equiv n_b/n_\nu$, and $\overline{\mu}_b \equiv \mu_b/\mu_\nu$. We can then use Eq. (1) to derive $P$ as a function of $\overline{\mu}_b$,

$$P = \frac{E_\nu}{\nu} (\overline{\mu}_b - 1),$$  

where $\nu \equiv (1 + a)/a$. Then an analytical approximation for $\overline{\mu}_b$ reads

$$\overline{\pi} = \frac{dP(\mu_\nu)}{d\mu_\nu} = \overline{\mu}_b^{-1}.$$  

The determination of the value of $n_b$ deserves an additional comment. It can be taken from original numerical calculations if available. If not directly available, it can be calculated from the original plot of $P(\mu_\nu)$ using $n_b = \left(\frac{dP(\mu_\nu)}{d\mu_\nu}\right)_{\mu_\nu}$.

We now pass to the specific cases of $S = 2SC$, CFL. The least-squares fit method results in the curves presented in Figs. 1 and 2. This fit works very well and can also be checked by comparing the values of $n = dP/d\mu$ with exact results (if available, like in Agrawal 2010).

$2SC$. In view of its intermediate-density range, $2n_0 \leq n_b \leq 4n_0$, the $2SC$ state is less important for $M_{\text{max}}$ than the high-density CFL state realized for $n_b > 4n_0$. However, as we will show, the softening caused by the density jump at the B-Q(2SC) transition has a significant indirect effect on the $2M_0$ constraint imposed on the EOS of the CFL phase. We considered two numerical EOSs of $2SC$s, calculated by Agrawal (2010) and two of Blaschke et al. (2010). All these EOSs were calculated using the Nambu–Jona-Lasinio (NJL) model of quark matter and color superconductivity. The NJL model is a non-perturbative low-energy approximation to QCD. As seen in Figs. 1 and 2, our analytic formulae fit the numerical results very precisely. It should be stressed that these analytic formulae also reproduce numerically calculated points in the $P - n_b$ plane very well, whenever these points are available, e.g., in Agrawal (2010). Our approximation in this case gives the value of parameter $\nu = 4.1 \pm 4.6$, which corresponds to $a = 0.25 \div 0.33$.

$CFL$. The baryon density interval $4n_0 \leq n_b \leq 10n_0$ is crucial for the value of $M_{\text{max}}$. Therefore, it is the EOS in the CFL state that is decisive for the value of $M_{\text{max}}$. We considered five numerical EOSs of CFL superconducting quark matter, three models from...
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Fig. 3. Examples of EOS.BQ from a continuum [EOS.BQ] emerging from a soft SR EOS. Hadronic EOSs are plotted as dashed lines: N – nucleon EOS; B – nucleons and hyperons. The phase transition B→Q(2SC) takes place at \( P_1 = 31 \text{ MeV fm}^{-3} \), and Q(2SC)→Q(CFL) at \( P_2 = 45 \text{ MeV fm}^{-3} \). The 2SC phase has \( \lambda_{2SC} = 0.302 \). Three examples of B→Q(2SC)→Q(CFL) are shown corresponding to the following choices of \( \{\lambda_{2SC}, \lambda_{CFL}, \rho_{CFL}\} \): \( \{0.05, 1.2, 0.57\} \), \( \{1.15, 1.1, 0.58\} \), \( \{1.3, 1.1, 0.7\} \). In all these cases the maximum mass is equal to \( 2 M_{\odot} \), i.e., parameters \( \{\lambda_{2SC}, \lambda_{CFL}, \rho_{CFL}\} \) lie on the bounding curves in Fig. 7. (This figure is available in color in the electronic form.)

Agrawal (2010) and two models from Blaschke et al. (2010). All of them were based on the NJL model. As we see in Figs. 1 and 2, our analytical formulae are very precise. Similarly as for the 2SC phase, these formulae also reproduce numerically calculated points in the \( P-n_0 \) plane very well. The CFL phase is stiffer than that of the 2SC phase: the values of \( a \) range within 0.3 and 0.4 (\( \nu = 3.5 \div 4.3 \)).

3.2. A family of analytical models of EOS.BQ

We generalize now discrete sets \( \{E_1, a_1, n_1\} \) into a continuum of three-parameter models \( \{E_i, a_i, n_i\} \), within a region of parameter space determined by appropriate constraints on these parameters. We assume that 0.2 < \( \alpha < 0.8 \), while 2\( n_0 \) < \( n < 10n_0 \) and 10 MeV fm\(^{-3} \) < \( P < 300 \text{ MeV fm}^{-3} \). After constructing a continuum of the EOS.Q(S) models, we are able to simulate, for a given EOS.B, a sequence of phase transition B→Q(2SC)→Q(CFL).

Transition from B to Q(2SC). We assume that B→Q(2SC) takes place at \( P = P_1 \). Three parameters of an EOS.Q(2SC) taken from our family are then interrelated by two conditions at the B→Q(2SC) phase transition point: the continuity of the baryon chemical potential, and the continuity of the pressure,

\[
\nu^B_1(P_1) = \nu^{2SC}_1(P_1), \quad \rho^B_1(E_1) = \rho^{2SC}_1(E_2).
\]  

(4)

Upper indices (B) and (2SC) refer to the baryon phase and the 2SC quark phase, respectively. Now, we fix the EOS of baryon matter, EOS.B. Models of the phase transition to the 2SC quark matter are then labeled by \( P_1 = P^{B}(E_1) \) and the relative density jump \( \lambda_{2SC} = E_2/E_1 \), with thermodynamical parameters \( \{n_1, n_2, E_1, E_2\} \) satisfying Eqs. (4). Here, the index 1 refers to the B phase, and 2 to the 2SC phase.

Transition from Q(2SC) to Q(CFL). We now choose the pressure at which the 2SC→CFL transition occurs, \( P = P_2 \). Using conditions of continuity of the pressure and of the baryon chemical potential at \( P = P_2 \), we obtain a one-parameter family (EOS.Q(CFL)) attached to a specific EOS.Q(2SC) from the previously constructed [EOS.BQ(2SC)] family. A continuous parameter within [EOS.Q(CFL)] can be \( \lambda_{CFL} \) or \( \lambda_{2SC} \). This completes the second step in the procedure of constructing a general family [EOS.BQ] with B→Q(2SC)→Q(CFL) phase transitions at prescribed pressures \( P_1 \) and \( P_2 \), respectively.

To have a “reference one-phase quark core” we also consider EOS.BQ(CFL), with a phase transition from B directly to the CFL phase of quark matter, at pressure \( P_{CFL} \) and density \( \rho_{CFL} \).

Direct transition from B to Q(CFL). For \( P_1 < P_{CFL} < P_2 \) this EOS can be either softer or stiffer than in the case of B→2SC→CFL, depending on the softness of the hyperonic EOS. This is illustrated in Fig. 3 where the “middle” model of the B→2SC transition (with \( \lambda_{2SC} = 1.15 \)) gives a mean stiffness similar to that of the hyperon (B) phase (i.e., pressures and densities at the bottom of CFL core are almost the same in both cases).

Several examples of EOS.BQ constructed following the procedure described above are shown in Figs. 3 and 4.

For two considered EOS.B, i.e., SR and BM165, we used two different choices of transition pressures \( P_1 \) and \( P_2 \). Here, \( P_1 \) corresponds to the pressure at which in original models hyperons start to appear. For SR EOS \( P_1 \approx 30 \text{ MeV fm}^{-3} \), while for BM165 EOS \( P_1 \approx 50 \text{ MeV fm}^{-3} \). The thickness of the 2SC phase layer corresponds to \( \Delta P \approx P_2 - P_1 \approx 20 \text{ MeV fm}^{-3} \). In both cases the pressure \( P_1 \) corresponds to \( n_0 \approx 2n_0 \).

Strictly speaking, \( \Delta P \) is an additional parameter of our model. In presenting the results in Figs. 3–7 we restricted
ourselves to a ΔP similar to that of Agrawal (2010) and Blaschke et al. (2010). Lowering $P_2$, which corresponds to replacing the 2SC phase by the CFL phase, results in a weaker constraint for $\alpha_{CFL}$ implied by a 2 $M_\odot$ pulsar. This tendency is visualized in Fig. 5 where we assume a direct transition B$$\rightarrow$$CFL corresponding to ΔP = 0, and in Figs. 6 and 7 by the relative positions of the dashed and dotted curves.

4. Constraints on EOS.Q in the $a-\lambda$ plane

A first-order phase transition in the NS core a

constraints on EOS.Q in the $a-\lambda$ plane

Fig. 5. Constraints on the $a-\lambda$ plane, resulting from $M_{\text{max}} > 2 M_\odot$, obtained assuming SR EOS of baryon matter, and for purely CFL cores (no 2SC layer) starting at $\rho_{\text{B}} = 1.7\rho_0$, and $3\rho_0$. Densities $2.3\rho_0$, and $3.0\rho_0$ correspond to $P_1$ and $P_2$, relevant for the boundaries of the 2SC layer in a 2SC+CFL core. Each line is an upper boundary of the region of $(a_{CFL},\lambda_{CFL})$ consistent with $M_{\text{max}} > 2 M_\odot$. These lines are labeled by the density $\rho_{CFL}$ at which a direct transition B$$\rightarrow$$Q(CFL) takes place.

Fig. 6. Constraints on the $a-\lambda$ plane, resulting from $M_{\text{max}} > 2 M_\odot$, obtained assuming a BM165 EOS of baryon matter and a quark core starting at $P_1 = 47$ MeV fm$^{-3}$. Each line is an upper boundary of the region of $(a_{CFL},\lambda_{CFL})$ consistent with $M_{\text{max}} > 2 M_\odot$. Solid lines are obtained for quark cores composed of a 2SC layer ($P_1 < P < P_2$) and a CFL core starting at $P_2 = 69$ MeV fm$^{-3}$. These lines are labeled by the density jump at the B-2SC interface $\lambda_{2\text{SC}} = 1.05, 1.15, 1.30$. We used $a_{2\text{SC}} = 0.3$ (Agrawal 2010). The dashed line is obtained for purely CFL cores (no 2SC layer) starting at $P_2$, and the dotted line corresponds to purely CFL cores starting at $P_1$, i.e., replacing the 2SC with the CFL phase. (This figure is available in color in the electronic form.)

Stiff EOS.B, 2SC+CFL core. The loci $a_{\text{min}}(\lambda_{2\text{SC}})$ are shown in Fig. 6. Although the mass fraction contained in the 2SC layer is small, its effect on the size of the allowed $(a_{CFL},\lambda_{2\text{SC}})$ region is significant. For $\lambda_{2\text{SC}} > 1.2$, the required $a_{CFL}$ has to be significantly lower than the values obtained in Blaschke et al. (2010) and Agrawal (2010). Simultaneously, at $a_{CFL} \approx 0.5$ the density jump caused by the 2SC$$\rightarrow$$CFL transition is constrained to values significantly below the ones obtained in Blaschke et al. (2010) and Agrawal (2010).

Soft EOS.B, 2SC+CFL core. The loci $a_{\text{min}}(\lambda_{2\text{SC}})$ are shown in Fig. 7. Even for a very low density jump $\lambda_{2\text{SC}} = 1.05$, we obtain $a_{CFL}$ > 0.4, which is rather stringent. In our case, the result obtained for B$$\rightarrow$$Q(CFL) at $P_{2\text{SC}} = P_2$ is very similar to that of B$$\rightarrow$$Q(2SC)$$\rightarrow$$Q(CFL) with $\lambda_{2\text{SC}} = 1.15$ (the dashed line is very close to the solid one).
5. Stability of quark cores and $M_{\text{max}}$

Up to now, we did not consider in detail the high-density thermodynamical stability of a stiff quark core in a hybrid (BQ) star. A stiffening of the EOS is necessarily associated with the increase of the baryon chemical potential (see an example in Bednarek et al. 2012). In particular, it may lead to the thermodynamical instability of the stiff (Q) phase with respect to the re-conversion into the (B) one. This instability results from the violation, above a certain pressure, of the condition $\mu_b^{(Q)}(P) < \mu_b^{(B)}(P)$. Assuming a complete thermodynamical equilibrium, we are dealing there with a first-order phase transition back to the (B) phase that one can call reconfinement (cf., Lastowiecki et al. 2012). A corresponding EOS is denoted EOS BQ and the $M(R)$ branch based on this EOS is labeled BQ. Examples of the N, B, BQ and BQ branches in the $M - R$ plane, obtained for a soft SR EOS of baryon matter, are presented in Fig. 8. The reconversion Q $\rightarrow$ B strongly limits the size of the quark core in hybrid stars and results in the value of $M_{\text{max}}^{(BQ)} \approx M_{\text{max}}^{(B)} = 1.35 M_\odot$ (Fig. 8).

For the BM165 EOS B we derive $M_{\text{max}}^{(B)} = 2.04 M_\odot$. Replacing hyperon cores by stiff quark ones can additionally increase the value of $M_{\text{max}}$. An example is shown in Fig. 9, where we obtain $M_{\text{max}}^{(B)} = 2.07 M_\odot$. However, if complete thermodynamic equilibrium is imposed, the Q $\rightarrow$ B transition back to the B phase takes place and one derives a maximum allowable mass $M_{\text{max}}^{(B)} \approx M_{\text{max}}^{(B)} = 2.04 M_\odot$.

6. Summary, discussion, and conclusions

The existence of a 2 $M_\odot$ pulsar is a challenge for neutron star models with strangeness-carrying cores. Strangeness is associated with s quarks, either confined to hyperons or moving in a (deconfined) quark plasma.

The threshold density for the appearance of hyperons, predicted by realistic models of dense matter consistent with nuclear and hypernuclear data, is ~2$\rho_0$–3$\rho_0$. Realistic baryon interactions lead to $M_{\text{max}}$, for NS with hyperon cores starting at this density, this is significantly below $M = 2.0 M_\odot$. This contradiction can be removed by a hypothetical strong high-density repulsion acting between hyperons. As discussed in several papers, this strong high-density repulsion could result from the exchange of a vector meson $\phi$ coupled only to hyperons.

However, it has also been considered that massive NS could actually be hybrid stars with stiff quark-matter cores that allow for $M > 2 M_\odot$. Strong overall repulsion between quarks should be accompanied by a strong attraction (pairing) in a specific two-quark state, corresponding to a strong color superconductivity with a superfluid gap ~100 MeV.

In the present paper we performed a general study of the possibility for hybrid NS with quark cores to reach $M > 2 M_\odot$. We considered a continuum of parameterized EOS of quark matter, including several existing models. This allowed us to consider the general case of quark cores coexisting with baryonic matter at a prescribed pressure. We determined necessary features of a baryon – quark-matter phase transition. First, the
density at which the first-order phase transition to quark phase occurs should be similar to the threshold density for hyperons, $\sim 2\rho_0 - 3\rho_0$. Second, the relative density jump at the baryon-quark matter phase transition should be below 30%. Third, the quark matter should be sufficiently stiff, which can be expressed as a condition on the sound speed in quark plasma.

The measured 2.0 $M_\odot$ is a lower bound to a true $M_{\text{max}} = M_{\text{max}}^{\text{true}}$. The upper bound, resulting in the condition of the speed of sound less than $c$ combined with our confidence in the theoretical nucleon EOS for $\rho < 2\rho_0$, is 3.0 $M_\odot$ (see, e.g., Haensel et al. 2007, and references therein). $M_{\text{max}}^{\text{true}}$ lies therefore between 2 $M_\odot$ and 3 $M_\odot$. Obviously, NS masses higher than 2.0 $M_\odot$ have to be contemplated. The question is, how much higher? The mass of a “black widow” pulsar could be as high as 2.4 $M_\odot$, but the present uncertainty is too large for this number to be used as an observational constraint (see, e.g., Lattimer 2011).

To discuss the possibility that masses significantly larger than 2.0 $M_\odot$ could be reached, we plotted in Fig. 10 the bounding lines for $M_{\text{max}}^{\text{true}} = 2.2 M_\odot$ and $M_{\text{max}}^{\text{true}} = 2.4 M_\odot$. As we see in Fig. 10, to fulfill condition $M_{\text{max}}^{\text{true}} = 2.4 M_\odot$, we have to assume very stiff quark matter, quite close to the causality limit $a = 1$.

The situation becomes even more difficult if we require a strict stability of quark cores. As a result of the high stiffness of quark matter that is necessary for $M_{\text{max}}^{\text{true}} > 2 M_\odot$ (and for higher lower bounds $M_{\text{max}}^{\text{true}}$), the quark phase turns out to be unstable, beyond some pressure, with respect to hadronization. Assuming complete thermodynamic equilibrium, we derived very similar $M_{\text{max}}$ for stars with hyperon and quark cores. Consequently, the transition to quark matter could not yield $M_{\text{max}}^{\text{true}} > 2 M_\odot$ if NS with hyperonic cores had $M_{\text{max}}^{\text{true}}$ (significantly) below 2 $M_\odot$. This is true also for $M_{\text{max}}^{\text{true}} > 2 M_\odot$. Therefore, provided our picture of dense matter is valid, we find that a strong hyperon repulsion at high density is mandatory in general.

The high-density thermodynamic instability of the quark phase and its consequences for $M_{\text{max}}$ should be taken with a grain of salt. Our models of dense baryonic matter assume point particles. This assumption may be expected to break down at $\rho \sim 5 \div 8\rho_0$. Therefore, the “reconfinement” of the quark phase is, in our opinion, likely to indicate the inadequacy of point-particle baryonic phase models (see also Lastowiecki et al. 2012). A similar “reconfinement” was encountered in the numerical modeling of the phase diagram of hot and dense hadron gas specific to relativistic heavy-ion collisions (see Satarov et al. 2009). A proposed solution consisted in introducing the finite-size corrections for hadrons within the excluded volume approximation in the confined (hadronic) phase (Satarov et al. 2009). We will use this approximation to re-calculate EOS.B in our forthcoming paper on strange cores in massive NS.

There is another weak point in the commonly used models of quark cores in NS, characteristic also of the present paper: this is a two-phase approach, with each phase, baryon and quark, treated using basically different descriptions. In principle, both phases and the transition between them should have been treated using a unified approach based on the QCD, so that the influence of the dense medium on the baryon structure and baryon interactions are taken into account in a consistent way. This approach is beyond the reach of the present-day theory of dense matter. However, a phenomenological modeling of baryon structure in dense matter is possible, e.g., within a quark-meson coupling model (for references, see Whittenbury et al. 2012). A more complete description of neutron-star quark cores, going beyond the two-phase approximation, can hopefully be achieved in the future.

In this paper we were considering non-rotating configurations. Pulsar PSR J1614-2230 rotates with a frequency $f = 1/P = 317$ Hz and the effect for maximum mass is on the
order of $\approx 0.01 \, M_\odot$ (Bednarek et al. 2012), much weaker than the accuracy of the mass measurement. However, it should be noted that for a NS that rotates with a maximum observed frequency of 716 Hz, the effect of rotation would be about five times stronger.

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