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Whole-Body and Microenvironmental Localization of Radium-223 in Naïve and Mouse Models of Prostate Cancer Metastasis

Diane S. Abou, David Ulmert, Michele Doucet, Robert F. Hobbs, Ryan C. Riddle, Daniel L. J. Thorek

Affiliations of authors: Division of Nuclear Medicine and Molecular Imaging, Department of Radiology and Radiological Science (DSA, DLJT), Department of Orthopaedic Surgery (MD, RCR), Department of Radiation Oncology (RFH), and Cancer Molecular and Functional Imaging Program, Department of Oncology (RFH, DLJT), Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins University (JHU) School of Medicine, Baltimore, MD; Program in Molecular Pharmacology and Chemistry, Memorial Sloan Kettering Cancer Center, New York, NY (DU); Department of Clinical Sciences (Urology), Lund University, Skåne University Hospital, Malmö, Sweden (DU).

Correspondence to: Daniel L. J. Thorek, PhD, Division of Nuclear Medicine and Molecular Imaging, Department of Radiology and Radiological Science, Johns Hopkins University School of Medicine, 720 Rutland Avenue, Ross Building Room 220, Baltimore, MD, 21205 (e-mail: dthorek1@jhmi.edu).

Abstract

Background: Bone-metastatic, castration-resistant prostate cancer (bmCRPC) represents a lethal stage of the most common noncutaneous cancer in men. The recent introduction of Radium-223 dichloride, a bone-seeking alpha particle (α)–emitting radiopharmaceutical, demonstrates statistically significant survival benefit and palliative effect for bmCRPC patients. Clinical results have established safety and efficacy, yet questions remain regarding pharmacodynamics and dosing for optimized patient benefit.

Methods: We elucidated the biodistribution of 223Ra as well as interaction with the bone and tumor compartments in skeletally mature mice (C57Bl/6 and CD-1, n = 3–6) and metastasis models (LNCaP and PC3, n = 4). Differences in uptake were evaluated by µCT and histological investigation. Novel techniques were leveraged on whole-mount undecalcified cryosections to determine microdistribution of Radium-223. All statistical tests were two-sided.

Results: 223Ra uptake in the bones (>30% injected activity per gram) at 24 hours was also accompanied by non-negligible remnant activity in the kidney (2.33% ± 0.36%), intestines (5.73% ± 2.04%), and spleen (10.5% ± 5.9%) Skeletal accumulation across strains did not correspond with bone volume or surface area but instead to local blood vessel density (P = .04). Microdistribution analysis by autoradiography and α camera revealed targeting of the ossifying surfaces adjacent to the epiphyseal growth plate. In models of PCa metastasis, radioactivity does not localize directly within tumors but instead at the apposite bone surface. Osteoblastic and lytic lesions display similar intensity, which is comparable with uptake at sites of normal bone remodeling.

Conclusions: Profiling the macro- and microdistribution of 223Ra in healthy and diseased models has important implications to guide precision application of this emerging α-therapy approach for bmCRPC and other bone metastastic diseases.
Treatment of bone-metastatic, castrate-resistant prostate cancer (bmCRPC) may involve bisphosphonates, androgen receptor antagonists, biological, and radiopharmaceuticals. Bisphosphonates and the anti-RANKL antibody denosumab act on the bone microenvironment and reduce incidence of SRE. However, they neither prevent metastasis nor improve progression-free or overall survival (4, 5). Beta particle (β)–emitting Strontium-89 and Samarium-153 Lexidronam both target areas of bone turnover and are approved for bone pain palliation but likewise fail to extend survival (6).

Recently, Radium-223 dichloride (223RaCl2) demonstrated median survival extension in bmCRPC of 3.5 months vs placebo (7) and gained approval for patients free of visceral disease (8). Through decay of the 11.4 day half-life 223Ra and its daughters a total of four alpha particles (α) are emitted, which are helium nuclei with high linear energy transfer (LET) properties (Figure 1). The weighted average energy of αs from the 223Ra decay chain is 5.78 MeV, and this dose is deposited with an average travel of merely 57 μm (9, 10). The result is exquisitely cytotoxic radiation highly localized to the distribution of the radionuclide.

Radium is described as a calcium mimetic with bone-seeking properties (11). It localizes to bone matrix but avoids myeloablative effects because the short α range largely spares the marrow compartment (12), unlike aforementioned β emitters. However, the strong proximity dependence of αs raises questions regarding the mechanism(s) of action leading to survival gains and palliative response (7). Understanding the properties of 223RaCl2, and its radiobiological effects is needed to achieve the maximum effective use of this new therapy, especially as investigations of increased activity, dose frequency, and combination treatment approaches are underway (ClinicalTrials.gov: NCT02043678, NCT01934790, NCT02023697).

We hypothesized that healthy and diseased murine models could provide insight to answer outstanding questions regarding parameters that influence 223RaCl2 uptake and function. This has important implications for the design and interpretation of preclinical studies evaluating treatment with 223RaCl2, to guide clinical application with altered dosing and combination treatment, and ultimately for more effective application in men.

In this study, we investigated the whole-body distribution of Radium-223 in naïve mice. Using radiological and analytical nuclear techniques, we evaluated the role of bone morphological and vascular characteristics on skeletal uptake. Fresh frozen, undecalcified tissue sections were subjected to conventional autoradiography and α camera imaging to localize 223Ra at sub-organ resolution. Furthermore, these techniques were used to determined uptake at osteoblastic and lytic lesions in prostate cancer bone metastasis models.

Methods

Calibration

223RaCl2 (Bayer HealthCare Pharmaceuticals, Leverkusen, Germany) was calibrated according to guidelines provided by the supplier in response to the Nuclear Regulator Commission (14). Briefly, the dial setting of the calibrator (CRC-127R, Capintec; Ramsey, New Jersey) was determined by selecting a value that was confirmed with the decay-corrected National Institute of Standards and Technology standard calibrated dose upon vialing. This empirically determined dial setting (#277) was used for all experiments. Animals received 150 µL of clinical-grade 223RaCl2 citrate solution, diluted in sterile physiological saline, immediately before injection.

Figure 1. Decay chain and properties of Radium-223. A) The predominant alpha (α) and beta (β-) particle emissions of Radium-223 and its daughters results in production of four high-energy α emissions per disintegration. For each disintegration, abundance and energy released are presented. The rapid decay of the daughters ensures that dose is deposited at or near the longer-lived, bone-seeking Radium-223 parent. B) Alpha particle ranges in air were determined using energies and decay ratios as provided in (30) and computed as per (9). Tissue travel range values were computed using the Bragg-Kleeman rule (10).
Mouse Experimentation

All mice were skeletally mature males (greater than 14 weeks of age). CD-1 mice (Charles River Laboratories), B6.Cg C57Bl/6 mice (Jackson Laboratories; Harlan, ME), and Nu/Nu mice (Charles River Laboratories; Indianapolis, IN) were placed on standard feed ad libitum. All mouse experimentation was in accordance with institutional animal welfare protocols at The Johns Hopkins University School of Medicine. PC3 and LNCaP-AR cells (15) were inoculated intratibially in Nu/Nu mice, as described (16). Bone metastasis was monitored by bioluminescence and x-ray computed tomography (CT) using the IVIS SpectrumCT (Perkin Elmer; Waltham, MA).

Mice were dosed with $^{223}$RaCl$_2$ (10 kBq, n = 4-6 per experimentation group) and killed at one, four, or 24 hours for prompt dissection. To determine remnant whole-body activity at these time points, anesthetized mice were placed in a dose calibrator (n = 5). Tissue activity was assayed by gamma ($\gamma$) counting or was cryo-embedded (OCT, Sakura Fintec, Torrance, CA). For whole-body autoradiography samples, mice were killed at 24 hours (n = 5). No fixation or decalcification chemicals were applied to mouse tissues, which were either stored (-80°C) or flash-frozen in liquid nitrogen. $\gamma$-counting energy was set between 240 and 300 keV. The main photopeak detected at 270 keV was provided by $^{223}$Ra (269 keV; 13.6%) and $^{223}$Rn (271 keV; 9.9%) emissions (Wizard$^2$, Perkin Elmer). High-resolution $\mu$CT (HRµCT), histological and autoradiographic methods are described in the Supplementary Materials (available online).

Statistical Analysis

Statistical evaluation was performed in Prism 5.0D (GraphPad Software; La Jolla, CA) and Excel (Microsoft; Redmond, WA) using an unpaired, two-tailed Student’s t test. Differences at the 95% confidence level (P < .05) were considered to be statistically significant. Results are presented as mean ± standard deviation, unless stated otherwise.

Results

Organ Distribution of Radium-223 Dichloride

Previous studies in rodents have found minimal (17) or undetectable (18) uptake of $^{223}$Ra outside of the calcified tissues. This contrasts with the human planar imaging of therapeutic doses of the radiopharmaceutical, which demonstrated intense abdominal uptake (13). To test the utility of mice as models, we examined the kinetic biodistribution of $^{223}$RaCl$_2$ in skeletally mature C57Bl/6 mice. Localization to the bone was rapid, with 1.85% ± 0.49%, 2.86% ± 0.49%, and 4.54% ± 0.65% injected activity (IA) in the tibia, femur, and vertebrae samples after one hour determined by $\gamma$-counting (Figure 2A). Bone labeling at four and 24 hours was not statistically significant between the strains (Figure 2B). Bone uptake and greater intestinal accumulation. To interrogate the role of bone phenotype on uptake, we evaluated distribution in a second common strain. Skeletally mature, age-matched, male C57Bl/6 and CD-1 mice were dosed with $^{223}$RaCl$_2$, and distribution was evaluated.

Uptake was not statistically significant between the strains for any of the soft tissues (Figure 3, A and B). The minimum statistical test value across the soft tissues was the small intestine (%IA/g, P = .39). However, greater labeling in the C57Bl/6 strain was noted in the skeleton, in total counts, when compared with CD-1 uptake (Figure 3A). These differences were statistically significant for the femur (P < .001) and tibia (P = .04) and trended in that direction for the vertebrae. The distinction between the two strains was magnified when adjusting for bone mass (%IA/g) (Figure 3B) as C57Bl/6 have reduced skeletal volume. Indeed, C57Bl/6 mice (14.72 ± 0.11 mm) have grossly smaller femur length than that of the CD-1 strain (15.62 ± 0.26 mm, P = .04) (Figure 3B insert).

This greater uptake in smaller bone tissue was unexpected. We suspected that mouse strain-dependent features of bone microarchitecture might explain the difference in $^{223}$Ra distribution. To ask this question, we undertook detailed HRµCT of the trabecular and cortical regions of the femur and tibia (femur schematic) (Figure 3C). The bone volume of the CD-1 was greater than that of the C57Bl/6 in the trabecular and cortical regions of the femur (Figure 3, D and F). Quantitative analysis confirmed that the CD-1 strain exhibits greater total tissue volume (5.31 ± 0.95 mm$^3$ vs 3.56 ± 0.20 mm$^3$; P = .02) and occupying bone volume (1.08 ± 0.18 mm$^3$ vs 0.78 ± 0.11 mm$^3$; P = .04) in the cancellous bone than C57Bl/6. However, there was no difference in the density or thickness of trabecular structures (P = .21). Consequently, bone as a percent of the total tissue volume (BV/TV)
was not statistically significantly different, at approximately 20% ($P = .35$) (Figure 3E). Similar results were determined from quantitative analysis in the cortical region. The amount of total tissue in the CD-1 was statistically significantly greater than the C57Bl/6 (2.33 ± 0.137 mm$^2$ compared with 1.73 ± 0.077 mm$^2$; $P = .02$) while the cortical area fraction, or bone-to-tissue area ratio, does not vary statistically significantly, at nearly 45% ($P = .09$) (Figure 3G). Therefore, the paradoxically greater uptake in smaller bones could not be explained by a bone tissue area balance at the micron scale; CD-1 mice have statistically significantly more total bone and bone surface area yet lower $^{223}\text{Ra}$ uptake.

**Vascular Dependence of Uptake**

$^{223}\text{RaCl}_2$ was rapidly cleared from the blood (Figure 2, A and B), and we next tested the hypothesis that discrepant skeletal uptake could be attributed to differences in vascular delivery. We determined the vascular density by CD-31 staining (Figure 4A).

The number of vessels in the trabecular compartment was computed by counting the number of CD31-positive vessels in 40 high-powered fields in the tibia and femur. The C57Bl/6 samples had a greater vascular density of CD31-positive vessels than that of CD-1 (Figure 4B). There was an approximately 28% ± 8% increase in the number of blood vessels per mm$^2$ across age- and sex-matched mice from the two strains ($P = .04$). No statistically significant difference was found in the marrow cavity (data not shown). These results suggest that a dominant characteristic for the magnitude of $^{223}\text{Ra}$ uptake at bone sites is blood vessel density dependent rather than the quantity of exposed bone surface area or bone volume.

**Radium-223 Microdistribution**

We next explored microscopic Radium-223 distribution. Intact hind limbs of naïve mice were cryosectioned 24 hours following dosing by $^{223}\text{RaCl}_2$ and scanned by $\alpha$ camera. A representative section is shown, including: en bloc macrograph of the...
sample cutting surface on the cryostat, a white light reflectance image of the tissue section in the α camera, α exposure, and overlay (Figure 5, A-D). The system resolution (~50 µm; measured using an optical line target) revealed localization predominantly to the distal femur and proximal tibia, with little activity in the marrow cavity or cortical bone surface. Safranin-O differentiates mineral bone (in green) from proteoglycans and cartilage (in red-orange). Binding to the cartilage itself is not observed, either at the growth plate or at the articular surfaces of the joints (Figure 5E). 223Ra distribution colocalized with the freshly mineralized osteoid matrix characterized by a very high bone modeling/remodeling activity directly at the front of the growth plate.

Radium-223 and Bone Metastasis Models of Prostate Cancer

Using an intratibial inoculation model of metastasis, we evaluated the acute microdistribution of 223Ra with osteoblastic (LNCaP) and osteolytic (PC3) PCa lines. En bloc macrophotographs and cryosections were exposed and developed histochemically (hematoxylin and eosin, Safranin-O) for tissue morphology identification (Figure 6). Representative autoradiograms demonstrate that 223Ra does not localize directly to the tumor (indicated by arrow), regardless of type. Instead, activity accumulates at the apposite bone surface surrounding the lesion, as well as again at the active bone modeling/remodeling

Figure 3. Strain-dependent differences in Radium-223 uptake and bone microarchitecture. A) The distribution of the radionuclide was compared in age- and sex-matched C57Bl/6 and CD-1 (n = 5) as percent injected activity %IA ± SD. B) The greater overall uptake in the smaller long bones of the C57Bl/6 strain (insert) is enhanced when normalized to tissue mass (%IA/g ± SD). C) Regions of cortical and trabecular compartments for analysis by µCT. Three-dimensional bone volume from representative samples of (D) the trabecular (α two perspectives) and (F) cortical regions of the femur (scale bars = 500 µm). E) Quantitative µCT analysis of the distal femur reveals the larger tissue and bone volume of the CD-1 mice. The bone density bone volume fraction (BV/TV ± standard error of the mean) and other morphologic parameters of the trabecular do not meet statistical significance; therefore, there is incontrovertibly greater bone area in the CD-1 mice. G) Likewise, analysis of the cortical bone establishes the greater size of the CD-1 (tissue and bone area ± SD) to that of C57Bl/6, despite the two strains having similar cortical area fraction values (bone/tissue area ± SD). Statistical significance was determined using an unpaired two-tailed Student’s t test; *P < .05.
sites. The $^{223}$Ra deposition in healthy bone sites is likewise equivalent to the levels in bone surrounding the tumors. Further, alkaline phosphatase enzyme stain (ALP) colocalized osteoblastic activity and $^{223}$Ra uptake at both the malignant and joint site (Supplementary Figure 1, available online).

**Discussion**

Metastatic invasion of the skeleton in PCa results in pain, risk of fracture, and bone marrow failure. $^{223}$RaCl$_2$ provides selective and effective treatment of bmCRPC lesions. Currently administered based upon body weight—indeed serious disease characteristics—there is an urgent need to develop personalized treatment plans. Rodent models have provided considerable value in development of tools to enable its detailed study at multiple scales.

Whole-body $^{223}$Ra distribution was determined and compared with bone features including HRµCT and vasculature morphology. The skeletally mature mouse (age >14 weeks) used in this work possess normalized bone growth and resorption rates (21). The epiphyseal plates of mice do not fuse, and $^{223}$Ra accumulation was noted at sites of bone activity—whether adjacent to the growth plate or surrounding implanted intraosseous xenografts. Along with expected skeletal accumulation, non-negligible uptake in the spleen, intestines, and kidney was quantified and imaged and corresponded with the gastrointestinal accumulation seen in men using planar $\gamma$-scintigraphy (13,22). Clinical effects of uptake at these sites are associated with reported adverse gastrointestinal events, often leading to cessation of treatment (23). Acknowledging differences between mouse and human bone properties, these results provide support for the use of skeletally mature mouse models as surrogates to evaluate the impact of Radium-223 (24).

Statistically significantly greater $^{223}$Ra %IA ($P < .04$) and %IA/g ($P < .001$) in the tibia and femur of smaller C57Bl/6 over CD-1 mice was observed. C57Bl/6 mice possess less bone volume and area but similar bone density and trabecular number, ruling out a morphometric explanation for the unexpected result. $^{223}$Ra has a short circulation time, and enhanced uptake may be the result of the greater C57Bl/6 microvascular density determined by anti-CD31 staining. There was no statistically significant difference in uptake in the vertebrae; however, differences in the appendicular and axial skeleton, as well as the difficulty in fully removing soft-tissue from the spine, may explain this result.

$\alpha$-therapy’s short-range and high LET distinguish it from previous approved endoradiotherapies. The abundance-weighted average distance of $\alpha$ emissions from the $^{223}$Ra decay chain is 57 $\mu$m ($R_{average}$), leading us to focus on microstructural localization of the agent. Previous reports of suborgan distribution are limited to investigation of $^{234/238}$Ra isotopes by solution autoradiography in fixed, methyl-methacrylate-embedded specimens (25,26) or scanning photometry (27), not readily available techniques. Using autoradiography and advancing a recently described $\alpha$ camera system (28), $^{223}$Ra distribution was imaged at physiological doses. In the metabolically active sites of the mouse skeleton, such as the distal femur and proximal tibia, $^{223}$Ra localized to the ossification sites contiguous to the growth plate (Figure 5).

Imaging $^{223}$Ra directly is difficult in patients, and questions remain regarding uptake across patients and between lesions. An intratibial inoculation model was used to evaluate the acute microdistribution in models of PCa bone metastasis with both an osteoblastic (LNCaP) and osteolytic (PC-3) phenotype. At bone adjacent to the intraosseous tumors, bone remodeling was confirmed by safranin-O and ALP (Supplemental Figure 1, available online) and colocalized with $^{223}$Ra-labeling (Figure 6). Uptake in the bone microenvironment surrounding metastases occurred at a similar intensity for both osteoblastic and osteolytic tumors. This may have important implications as $\alpha$-therapy is applied to other osteotropic malignancies including breast, renal, lung, and thyroid carcinoma.

Localization to malignant sites was similar in intensity to the background activity at the epiphyses. This presents a limitation for use of mice as a surrogate for man in studying the whole-body effects of $^{223}$Ra but may enable study of radiobiological effects at sites of non-tumor-involved bone activity.
(such as at degenerative skeletal foci found throughout the geriatric cancer population). From the preclinical perspective, these results underline that antineoplastic effect may be dependent on tumor model parameters including metastasis volume, distance to vascularized bone surfaces, and tumor placement. Models using lesions directly adjacent to epiphyseal plate will be irradiated by $^{223}\text{Ra}$, which may complicate evaluation \(^{(29)}\). To match the clinical indication, we examined $^{223}\text{Ra}$ localization to bone lesions using intrasosseous inoculation (exempt of visceral disease that accompanies systemic PCa cell injection). Other bone metastatic models or techniques may be useful to evaluate alternate contexts such as the degree of localization to incipient lesions (prior to fracture) or in the axial skeleton.

There is considerable interest in altered $^{223}\text{Ra}$ dosing or combination therapies. In this setting, microdistribution analysis coupled to therapeutic outcome may indicate strategies that maximize response. Long-term treatment studies in these mouse models are currently ongoing. Our results here suggest that increases in activity will contribute dose around the metastasis rather than throughout the lesion, that resorptive lesions may be valid targets for $^{223}\text{Ra}$, and that compromising vascular access to bone lesions may reduce $^{223}\text{Ra}$ delivery. Ongoing clinical trials using $^{223}\text{Ra}$ in combination with antiangiogenic tyrosine kinase inhibitors or Tasquinimod may shed more light on the connection between treatment efficacy and osteovasculature (NCT02406521 and NCT02406521).

Figure 5. Undecalcified whole-mount cryosection and alpha camera autoradiography of distal femur and proximal tibia. A) En bloc color macrophotograph of embedded sample at the cutting surface. B) White-light reflectance image of alpha-scintillant mounted section (14 µm) in α camera. C) α camera acquisition of Radium-223 (and α-emitting daughters) distribution in sample. D) α emission image overlaid with reflectance image. E) Composite microscope image of Safranin-O histology revealing mature bone (green) and uncalcified proteoglycans (orange) at the growth plate, adjacent to the ossification front. Representative result of n = 6; scale bars = 500 µm.
We investigated the features of $^{223}$Ra distribution in healthy and diseased mice to establish their use towards improved application of this clinical bone-seeking α emitter. Quantitative biodistribution revealed an uptake profile closely matching man at the organ scale. Utilizing microstructural, histological, and emerging nuclear imaging tools, we have established suborgan $^{223}$Ra deposition to areas of metabolically active bone with a dependence on local blood vessel density. Our results encourage further use of advanced preclinical models and the techniques developed here to guide combination treatment paradigms and application to other malignancies.

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Notes

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