Characteristics of patients vaccinated against influenza in physician offices versus pharmacies and predictors of vaccination location: a cross-sectional study

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Abstract

Background: Little is known about those vaccinated against influenza after pharmacists were added to the Ontario Universal Influenza Immunization Program, in 2012. Our aim was to identify characteristics of patients vaccinated against influenza and predictors of vaccination at a physician’s office versus a community pharmacy.

Methods: We conducted a cross-sectional study of Ontario residents who had a record of receipt of an influenza vaccine between October and March in the 2013/14 and 2015/16 influenza seasons in Ontario using health administrative databases. We used Poisson regression models to estimate associations between baseline characteristics and the receipt of influenza vaccination in a community pharmacy. All analyses were stratified by age group (≤ 65 yr or ≥ 66 yr).

Results: Overall, we found a 7.9% decrease in vaccinations administered in 2015/16 (2 454 178) compared to 2013/14 (2 677 278). The number of patients vaccinated in community pharmacies increased between the 2 periods (757 729 [28.3%] in 2013/14 v. 859 794 [35.0%] in 2015/16). Living in nonurban areas or higher-income neighbourhoods, not identifying as an immigrant, not having a diagnosis of diabetes or hypertension, and receiving a pharmacist service on the same day as the vaccination were predictors of being vaccinated in a pharmacy, regardless of age group. Among patients aged 66 or more, those who had a hospital admission in the previous year were more likely to be vaccinated in a pharmacy than in a physician’s office (adjusted incidence rate ratio [IRR] 1.08, 95% confidence interval [CI] 1.06–1.09), whereas those with higher annual medication costs were more likely to be vaccinated in a physician’s office. The location of the previous season’s vaccination predicted the current season’s place of vaccination (age ≥ 66 yr: physician’s office: adjusted IRR 0.56 [95% CI 0.56–0.57], pharmacy: adjusted IRR 2.37 [95% CI 2.35–2.39]; age ≤ 66 yr: physician’s office: adjusted IRR 0.57 [95% CI 0.57–0.57], pharmacy: adjusted IRR 2.19 [95% CI 2.18–2.20]).

Interpretation: For the 2013/14 and 2015/16 influenza seasons, the influenza vaccine was administered more frequently in physician offices than in community pharmacies, but the proportion of patients vaccinated in community pharmacies increased between the 2 periods. Physicians and pharmacists can encourage patients to take advantage of the availability of influenza vaccines across various settings.

Vaccination is the most effective mechanism to prevent influenza and the resultant morbidity, mortality, work absenteeism and lost productivity.1–3 In 2000, Ontario introduced the Universal Influenza Immunization Program to provide influenza vaccine at no charge to all residents of the province aged 6 months or more through physicians’ offices, public health clinics and workplaces. Although this strategy was effective in increasing overall influenza vaccine coverage, levels remained suboptimal.8–10 In an effort to further improve vaccine coverage, the Universal Influenza Immunization Program was expanded in October 2012 to allow injection-certified pharmacists in community pharmacies to administer influenza vaccines to Ontarians aged 5 years or more. Most Ontario residents live within a short distance of a pharmacy (91% within 5 km and 65% within 800 m),11 and 51% visit a pharmacy at least once per month.12 In addition, pharmacists are available during extended evening and weekend hours, no appointments are necessary for many of their services, and they are available to people who do not have a primary care

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provider. It was expected that the high degree of public access to trained community pharmacists would improve vaccine coverage. Indeed, similar policies have resulted in long-term absolute increases of 2.2%–7.6% in the number of adults aged 25–59 receiving influenza vaccine (no substantial change for those younger or older) in the United States. In Canada, people living in a province where influenza vaccine administration by pharmacists is allowed are 5% more likely to be vaccinated than those residing in provinces without this option. Although data exist on the impact on influenza vaccine coverage of pharmacists' being permitted to vaccinate, little research has been done to understand the types of patients who use this service, particularly in comparison to those vaccinated in physicians' offices. The objectives of the current study were to 1) characterize patients who were vaccinated in a community pharmacy or physician's office in Ontario and 2) identify predictors of receiving the vaccine in a community pharmacy or physician's office.

Methods

In this cross-sectional study, we identified all people who had a record in Ontario’s population-based health administrative data of receipt of an influenza vaccine in community pharmacies or physician offices between October and March in the 2013/14 and 2015/16 influenza seasons (2 and 4 yr after implementation of the policy allowing pharmacists to vaccinate). We avoided the initial year after implementation, when the service was introduced across a limited number of pharmacies. At the time the study was conducted, the most recent health administrative data available were for the 2015/16 influenza season (there is a delay of about 18 mo between end of influenza season and data availability). The health administrative data sets were linked by means of unique encoded identifiers and analyzed at ICES. A description of the databases is provided in Appendix 1 (available at www.cmajopen.ca/content/7/2/E421/suppl/DC1). The ICES is an independent, nonprofit research institute whose legal status under Ontario’s health information privacy law allows it to collect and analyze health care and demographic data, without consent, for health care system evaluation and improvement. If more than 1 vaccination was registered for the same patient within an influenza season, the earliest vaccination in the season was used as the patient’s index date.

Influenza vaccination data sources

The Ontario Health Insurance Plan billing claims database captures influenza vaccines administered in physician offices by means of service provision codes and is validated. Community pharmacies bill for an influenza vaccination administration fee by processing a claim for that product to the government payer using its Drug Identification Number. This information is contained in the Ontario Drug Benefit database. The claim is associated with the pharmacy rather than a specific pharmacist; hence in this study we refer to vaccine administration in a community pharmacy (understanding that these were vaccines administered by community pharmacists). Appendix 2 (available at www.cmajopen.ca/content/7/2/E421/suppl/DC1) provides the Ontario Health Insurance Plan service codes and Ontario Drug Benefit Drug Identification Numbers used for data extraction.

Patient characteristics at time of vaccination

We determined individual baseline characteristics relative to the index date (i.e., vaccination date). We used the Ontario Registered Persons Database to determine age, sex, Rurality Index of Ontario (RIO) score and neighbourhood income quintile of residence. The RIO score is a continuous measure of remoteness specific to Ontario that accounts for community size and travel time to basic and advanced medical centres. Patients were grouped into urban (RIO score 0–9), nonmajor urban (RIO score 10–39) and rural (RIO score ≥ 40) residence. We obtained neighbourhood income quintile, which has been shown to be a reasonable proxy for socioeconomic status, by linking patient postal codes to Canadian census data. We used the Ontario portion of the Immigration, Refugees, and Citizenship Canada database to determine the landing date for immigrants to Ontario since 1985. Patients were classified as landing less than 5 years earlier, 5–9 years earlier, or 10 years or more earlier, or being a long-term resident.

We applied validated algorithms to the health care databases to determine selected diagnoses as of the time of vaccination that are associated with higher influenza morbidity and mortality: diabetes, hypertension, chronic obstructive pulmonary disease, asthma, congestive heart failure and acute myocardial infarction. We determined the incidence of cancer, except nonmelanoma skin cancers, using the Ontario Cancer Registry. We identified patients requiring a hospital admission, emergency department visit or home care visit in the previous year using the Discharge Abstract Database, National Ambulatory Care Reporting System and Home Care Database, respectively. Information regarding the number of physician office visits in the previous year and whether a patient received a periodic health examination was obtained from the Ontario Health Insurance Plan database. For patients aged 66 years or more, we used the Ontario Drug Benefit database to capture the number of unique prescription medications prescribed in the previous year, categorize their total cost (< $500, $500–$999, $1000–$1999, $2000–$2999, $3000–$3999, ≥ $4000) and flag whether the recipient had low-income status. Because drug coverage in Ontario is universal only for adults aged 65 years or more, we measured prescription medications only for those aged 66 or more so that 1 yr of data were available to calculate drug costs. However, since residents of all ages qualify for pharmacist services (MedsCheck Annual, MedsCheck Diabetes, MedsCheck at Home, Pharmaceutical Opinion Program and Pharmacy Smoking Cessation Program), we used the Ontario Drug Benefit database to assess receipt of these services in the entire study population in the year before (including up to the day of) vaccination.
Statistical analysis
All analyses were stratified by age group (≤ 65 yr or ≥ 66 yr). We summarized descriptive characteristics of patients as means or proportions. We used Poisson regression models, modified to analyze binary outcome data by incorporating a robust sandwich estimator to account for the misspecified error term, to estimate the adjusted incidence rate ratios (IRRs) between all of the measured baseline characteristics and receipt of influenza vaccination in a pharmacy. Because the outcome of receiving influenza vaccination from a pharmacist was relatively common, using standard logistic regression models to estimate odds ratios would have overestimated the measure of effect for each predictor. We performed analyses using SAS Enterprise Guide version 9.3 (SAS Institute) and Stata version 13.1 (StataCorp).

Ethics approval
Ethics approval was obtained from the Research Ethics Board of the University of Waterloo.

Results

Characteristics by age group and influenza season
The total number of people recorded in the administrative data as vaccinated decreased by 7.9% between the 2013/14 (n = 2,677,287) and 2015/16 (n = 2,465,178) influenza seasons, with a 14.2% decrease (1,691,125 to 1,450,594) among those aged 65 years or less and a 2.9% increase (986,162 to 1,014,584) among those aged 66 or more. The characteristics of patients vaccinated in the 2 seasons by age group are summarized in Appendix 3 (available at www.cmajopen.ca/content/7/2/E421/suppl/DC1). Few differences were seen between influenza seasons. A higher proportion of patients aged 66 or more than of those aged 65 or less lived in rural areas, were not recent immigrants, had several chronic diseases, had been vaccinated in the previous year in physicians’ offices, had used health care services (including remunerated pharmacist services) in the previous year and were vaccinated in October.

Characteristics by age group, influenza season and vaccine provider
Table 1 presents information about those vaccinated by age group, influenza season and provider location. The proportion of patients vaccinated in physicians’ offices was higher in both age groups and both influenza seasons but decreased between the 2013/14 and 2015/16 seasons, from 67.1% (n = 1,135,212) to 60.9% (n = 883,055) among those aged 65 or less, and from 79.5% (n = 784,346) to 71.2% (n = 722,329) among older patients. In the 2013/14 influenza season, 537,155 (47.3%) of those aged 65 or less vaccinated in a physician’s office had been vaccinated in a physician’s office the previous year, compared to 593,096 (75.6%) of those aged 66 or more; little change was seen in 2015/16. In contrast, in both age groups, there was a marked increase between the 2013/14 and 2015/16 influenza seasons in the number vaccinated in a community pharmacy among those who had received the vaccine in a community pharmacy the previous year: 93,868 (16.9%) to 281,121 (49.5%) among those aged 65 or less, and 33,207 (16.4%) to 156,379 (53.5%) among those aged 66 or more.

Predictors of vaccination location
Figures 1 and 2 illustrate the IRRs for being vaccinated in physicians’ offices compared to community pharmacies for patients aged 65 or less and 66 or more, respectively, for the 2015/16 influenza season. Living in smaller communities, living in the highest income quintile neighbourhoods and receiving a pharmacist service on the same day as the vaccination were all predictive of being vaccinated in a pharmacy, whereas identifying as an immigrant, prior vaccination in a physician’s office and the presence of certain chronic health conditions (diabetes and hypertension) were associated with vaccination in a physician’s office, regardless of age group. The location of the previous year’s vaccination (whether physician’s office or pharmacy) was a strong predictor of the vaccine provider for the current influenza season. Among patients aged 65 or less, hospital admission in the previous year predicted vaccination in a physician’s office, and home care use or provision of a pharmaceutical service in the previous year predicted vaccination in a pharmacy. Among patients aged 66 or more, hospital admission in the previous year was predictive of vaccination in a pharmacy, whereas low-income status and higher annual medication costs were predictive of vaccination in a physician’s office. Being vaccinated in November, December or January was predictive of vaccination in a pharmacy for all age groups, whereas, for those aged 66 or more, being vaccinated in March predicted vaccination in a physician’s office.

Predictors of vaccination location for the 2013/14 influenza season were the same as for the 2015/16 season except that people aged 65 or less were more likely to be vaccinated in physician offices than in pharmacies in February and March, versus no association in 2015/16.

Interpretation
For the 2013/14 and 2015/16 influenza seasons, Ontarians were more likely to have received the influenza vaccine in a physician’s office than in a community pharmacy, but there was an increase in the proportion of vaccines administered in a pharmacy between the 2 seasons. This likely reflects an increased awareness of the availability of this pharmacist service through public health, word-of-mouth and pharmacy-specific advertising.

Over the past 20 years, pharmacists have been increasingly involved as partners with other health care professionals and public health departments in vaccination campaigns and as vaccinators themselves. Pharmacists can administer 1, several or all vaccines across all US states and in 9 of the 10 Canadian provinces, with influenza vaccination permitted in all jurisdictions where pharmacists can vaccinate. In Ontario, pharmacists have been able to administer influenza vaccine since 2012, and this program was expanded in 2016 to include other, travel-related vaccines.
Table 1 (part 1 of 2): Baseline characteristics of Ontario residents vaccinated in the 2013/14 and 2015/16 influenza seasons, by age group and location of vaccination provider

| Characteristic | 2013/14 influenza season; location of vaccination, no. (%) of patients* | 2015/16 influenza season, location of vaccination, no. (%) of patients* |
|----------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------|
|                | Age ≤ 65 yr | Age ≥ 66 yr | Age ≤ 65 yr | Age ≥ 66 yr |
| Pharmacy       | n = 555 913 | n = 201 816 | n = 567 539 | n = 292 255 |
| Physician’s office | n = 1 135 212 | n = 784 346 | n = 883 055 | n = 722 329 |
| Demographic    |             |             |             |             |
| Age at vaccination, yr, mean ± SD | 42.35 ± 17.79 | 40.02 ± 20.46 | 43.35 ± 17.75 | 40.73 ± 20.41 |
| Female sex     | 303 116 (54.5) | 627 361 (55.3) | 311 438 (54.9) | 491 171 (55.6) |
| Rurality Index of Ontario score | 400 929 (72.1) | 900 265 (79.3) | 407 899 (71.9) | 704 958 (79.8) |
| Neighbourhood income quintile | 26 055 (4.7) | 35 206 (3.1) | 26 288 (3.0) | 21 415 (7.3) |
| Comorbidity    |             |             |             |             |
| Diabetes       | 54 584 (9.8) | 168 581 (14.9) | 121 804 (15.5) | 256 396 (35.5) |
| Hypertension   | 121 978 (21.9) | 308 227 (27.2) | 245 753 (47.8) | 562 473 (77.9) |
| Chronic obstructive pulmonary disease | 9398 (1.7) | 26 884 (2.4) | 10 869 (1.9) | 74 029 (10.2) |
| Asthma         | 95 131 (17.1) | 205 529 (18.1) | 115 787 (14.8) | 38 815 (13.3) |
| Congestive heart failure | 4817 (0.9) | 14 809 (1.3) | 12 601 (1.4) | 75 666 (10.5) |
| Acute myocardial infarction | 5906 (1.1) | 15 179 (1.3) | 13 747 (1.4) | 42 086 (5.8) |
| Cancer†        | 18 570 (3.3) | 40 066 (3.5) | 12 804 (15.5) | 125 255 (17.3) |
Patient response to pharmacists as vaccinators has been positive.\textsuperscript{30,31} For example, Papastergiou and colleagues\textsuperscript{30} found that 92\% of patients who had been vaccinated by a pharmacist were “very satisfied” with the service, with 28\% of respondents overall and 21\% of patients at high risk for influenza complications indicating that they would not have been vaccinated at all if the service had not been available at the pharmacy.

In the current study, demographic predictors of influenza vaccination in a physician’s office included living in an urban area or lower-income neighbourhood, identifying as an immigrant, having a chronic disease such as diabetes or hypertension, and being an older adult with a low income or a higher drug cost burden.

Loyalty and familiarity appeared to play an important role in determining the location of influenza vaccination, as shown by the strong association between the current year’s and previous year’s vaccination location. A patient survey following vaccination by a pharmacist showed that 92\% of respondents

| Table 1 (part 2 of 2): Baseline characteristics of Ontario residents vaccinated in the 2013/14 and 2015/16 influenza seasons, by age group and location of vaccination provider |
|-------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| Characteristic                                              | 2013/14 influenza season; location of vaccination, no. (\% of patients)*          | 2015/16 influenza season, location of vaccination no. (\% of patients)*          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |
|                                                             | Age \(\leq\) 65 yr | Age \(\geq\) 66 yr | Age \(\leq\) 65 yr | Age \(\geq\) 66 yr | Age \(\leq\) 65 yr | Age \(\geq\) 66 yr | Age \(\leq\) 65 yr | Age \(\geq\) 66 yr |
| Use of health care services in previous year                 |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |
| Influenza vaccination in physician’s office                 | 132 308 (23.8) | 537 155 (47.3) | 92 143 (45.7) | 593 096 (75.6) | 91 801 (16.2) | 406 390 (46.0) | 87 363 (29.9) | 515 454 (71.4) |
| Influenza vaccination in community pharmacy                 | 93 868 (16.9) | 27 364 (2.4) | 33 207 (16.4) | 15 944 (2.0) | 281 121 (49.5) | 82 324 (9.3) | 156 379 (53.5) | 74 034 (10.2) |
| Hospital admission                                          | 23 828 (4.3) | 80 604 (7.1) | 19 907 (9.9) | 93 660 (11.9) | 24 557 (4.3) | 66 061 (7.5) | 28 519 (9.8) | 86 168 (11.9) |
| Emergency department visit                                  | 121 020 (21.8) | 268 251 (23.6) | 55 602 (276) | 227 776 (29.0) | 124 111 (21.9) | 213 063 (24.1) | 81 315 (27.8) | 214 099 (29.6) |
| Home care                                                  | 14 442 (2.6) | 37 564 (3.3) | 23 233 (11.5) | 113 629 (14.5) | 15 529 (2.7) | 30 896 (3.5) | 33 233 (11.4) | 104 690 (14.5) |
| No. of physician office visits, mean ± SD                  | 8.43 ± 12.25 | 11.25 ± 14.15 | 14.30 ± 15.83 | 18.02 ± 18.59 | 8.83 ± 12.86 | 11.72 ± 14.91 | 14.17 ± 15.67 | 17.92 ± 18.70 |
| Periodic health examination                                 | 36 291 (6.5) | 79 012 (7.0) | 16 748 (8.3) | 66 430 (8.5) | 30 867 (5.4) | 45 541 (5.2) | 18 865 (6.5) | 43 415 (6.0) |
| Use of pharmacy services in previous year                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |
| No. of unique prescription medications, mean ± SD           | NA | NA | 9.59 ± 6.31 | 10.27 ± 6.94 | NA | NA | 9.65 ± 6.25 | 10.18 ± 6.90 |
| Total cost of prescription medications, $                   | NA | NA | 1373.28 ± 3764.67 | 1596.94 ± 3343.26 | NA | NA | 1446.58 ± 4113.70 | 1655.59 ± 3731.92 |
| < 500                                                      | NA | NA | 83 738 (41.5) | 260 435 (33.2) | NA | NA | 125 613 (43.0) | 253 066 (35.0) |
| 500–999                                                    | NA | NA | 42 057 (20.8) | 168 536 (21.5) | NA | NA | 60 133 (20.6) | 152 874 (21.2) |
| 1000–1999                                                  | NA | NA | 39 853 (19.7) | 177 024 (22.6) | NA | NA | 53 761 (18.4) | 153 428 (21.2) |
| 2000–2999                                                  | NA | NA | 17 184 (8.5) | 82 927 (10.6) | NA | N/A | 24 409 (8.4) | 74 183 (10.3) |
| 3000–3999                                                  | NA | NA | 7943 (3.9) | 39 555 (5.0) | NA | N/A | 10 827 (3.7) | 34 964 (4.8) |
| ≥ 4000                                                     | NA | NA | 11 041 (5.5) | 55 869 (7.1) | NA | N/A | 17 512 (6.0) | 53 814 (7.5) |
| Pharmacist service                                         | 59 275 (10.7) | 122 507 (10.8) | 75 413 (37.4) | 285 434 (36.4) | 63 983 (11.3) | 102 774 (11.6) | 103 553 (35.4) | 260 805 (36.1) |
| Pharmacist service on day of vaccination                   | 4238 (0.8) | 3387 (0.3) | 4848 (2.4) | 6835 (0.9) | 4760 (0.8) | 2913 (0.3) | 7117 (2.4) | 6074 (0.8) |

Note: NA = not applicable, SD = standard deviation.
*Except where noted otherwise.
†Except nonmelanoma skin cancers.
Figure 1: Adjusted incidence rate ratios (IRRs) for being vaccinated in a physician’s office versus a community pharmacy for patients aged 65 years or less. Note: AMI = acute myocardial infarction, CHF = congestive heart failure, CI = confidence interval, COPD = chronic obstructive pulmonary disease.
Figure 2: Adjusted incidence rate ratios (IRRs) for being vaccinated in a physician’s office versus a community pharmacy for patients aged 66 years or more. Note: AMI = acute myocardial infarction, CHF = congestive heart failure, CI = confidence interval, COPD = chronic obstructive pulmonary disease.
would receive their next influenza vaccine at a pharmacy.10 Interestingly, physician office visits and periodic physician health examinations within the prior year were not predictive of vaccination in a physician’s office, and receipt of pharmacist services in the previous year was a weak predictor of pharmacist administration of influenza vaccine. Although infrequent (less than 2% of patients), receiving another pharmacist service on the day of vaccination was highly associated with influenza vaccination at a pharmacy. This may occur as a result of pharmacists’ recommending the influenza vaccine during an activity such as a medication review or using the influenza vaccine opportunity to inquire about medication use, leading to provision of another pharmacist service.

**Limitations**

Ontario residents can get vaccinated in locations other than physician offices and pharmacies, such as public health and long-term care facilities and workplaces. Vaccination data from these locations are not collected at the individual patient level (not linkable to ICES demographic or health data) and, therefore, are not included in this study. Errors in the billing data are also a possibility. The covariates related to prescription drug claims are limited to people aged 65 years or more, and, thus, predictive status is unknown for those aged less than 65 years. In determining the difference between influenza seasons, we did not use a multivariable model as the samples were not independent, with many of the same people in both influenza seasons. In addition, the large sample meant that small differences between seasons were statistically significant; instead, we used our clinical judgment to determine where differences occurred between influenza seasons. Finally, in Ontario, pharmacists cannot vaccinate children less than 5 years of age, so comparative data for this age group were not available.

**Conclusion**

For the 2013/14 and 2015/16 influenza seasons, the influenza vaccine was administered more frequently in physician offices than in community pharmacies, but the proportion of patients vaccinated in community pharmacies increased between the 2 periods. Living in smaller communities, living in the highest income quintile neighbourhoods and receiving a pharmacist service on the same day as the vaccination were all predictive of being vaccinated in a pharmacy, whereas identifying as an immigrant and the presence of certain chronic health conditions (diabetes and hypertension) were associated with vaccination in a physician’s office, regardless of age group. The location of the previous year’s vaccination (whether physician’s office or pharmacy) was a strong predictor of the vaccine provider for the current influenza season. To further increase influenza vaccine coverage, health care providers can use this information to target patients they are more likely to vaccinate and to identify mechanisms to promote vaccination to those they are less likely to vaccinate. This information represents an opportunity for physicians and pharmacists to encourage patients to take advantage of the availability of influenza vaccine across various settings, to best align with their preferences and encourage uptake.

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