The Formation of Spore-Like Akinetes: A Survival Strategy of Filamentous Cyanobacteria

Ritu Garg     Iris Maldener

Institute of Microbiology and Infection Medicine, Organismic Interactions, University of Tübingen, Tübingen, Germany

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Abstract
Some cyanobacteria of the order Nostocales can form akinetes, spore-like dormant cells resistant to various unfavorable environmental fluctuations. Akinetes are larger than vegetative cells and contain large quantities of reserve products, mainly glycogen and the nitrogen storage polypeptide polymer cyanophycin. Akinetes are enveloped in a thick protective coat containing a multilayered structure and are able to germinate into new vegetative cells under suitable growth conditions. Here, we summarize the significant morphological and physiological changes that occur during akinete differentiation and germination and present our investigation of the physiological function of the storage polymer cyanophycin in these cellular processes. We show that the cyanophycin production is not required for formation and germination of the akinetes in the filamentous cyanobacterium Anabaena variabilis ATCC 29413.

Introduction
Cell Differentiation in Filamentous Cyanobacteria

The ability to differentiate specialized cells during the adaptation to environmental changes is a hallmark of filamentous cyanobacteria, which represent original multicellular organisms. Well-studied representatives of these filamentous cyanobacteria belong to the order Nostocales, including Anabaena variabilis ATCC 29413 and Nostoc punctiforme PCC 73102. Under favorable conditions, aquatic forms can grow in filaments of hundreds of cells, which are directly connected by cell-cell junctions. These allow communication between cells all along the filament and, as a consequence, a rapid response to stress signals with a complete division of labor between different cell types. For instance, upon nitrogen starvation, about 10% of semi-randomly spaced cells can differentiate into nitrogen-fixing heterocysts, which support the filaments with nitrogen, presumably through the septal junctions. Another example of specialized cell type is represented by motile short filaments – the hormogonia – which enable dispersal of the cyanobacteria by float-
ing or gliding [Meeks et al., 2002]. Finally, many species form spore-like resting cells, called akinetes, when the environment temporarily changes to unfavorable conditions like cold winters in temperate zones [Kaplan-Levy et al., 2010]. Akinetes are transient cells which differentiate from vegetative cells to enable these bacteria to withstand harsh environmental conditions [Maldener et al., 2014; Sukenik et al., 2018]. Several environmental factors have been reported to trigger the differentiation of akinetes in a species-specific way, including light intensity, light quality, temperature, and nutrient deficiency (Fig. 1) [Sukenik et al., 2013; Maldener et al., 2014].

The Akinete Structure

Akinetes differ from vegetative cells by their cellular composition and ultra-structure and are usually larger (sometimes up to 10-fold) than vegetative cells [Adams and Duggan, 1999]. During akinete differentiation, the cells transiently accumulate storage compounds, such as carbon in the form of glycogen, nitrogen in the form of cyanophycin globules (co-polymers of arginine and aspartate), and nucleic acids [Sutherland et al., 1985; Simon, 1987; Sarma et al., 2004; Kaplan-Levy et al., 2010; Sukenik et al., 2012]. In contrast, mature akinetes drastically reduce their metabolic activities [Perez et al., 2016].

Akinetes are surrounded by a thickened cell wall and a multilayered extracellular envelope. The distinct layers of the envelope include the outermost polysaccharide layer, similar to the homogeneous polysaccharide layer of the heterocyst envelope, the mucilaginous layer, and the glycolipids layer, which is identical in composition to that of the heterocyst envelope and absent in vegetative cells [Cardemil and Wolk, 1981; Nichols and Adams, 1982; Soriente et al., 1993; Wolk et al., 1994; Perez et al., 2018].

Interestingly, the reserve storage materials accumulated during akinete differentiation are degraded again upon akinete maturation [Perez et al., 2016]. This suggests that large amounts of reserve material are gradually consumed for the formation of the thick and complex akinete envelope during maturation and the extended period of dormancy.

Akinete formation is a transient differentiation process; when the environmental conditions are appropriate for growth, the akinetes can germinate, releasing small filaments from the envelope that resume the vegetative cell cycle [Kaplan-Levy et al., 2010]. The presence of light, moderate temperature, and nutrient conditions favorable for growth are the major stimuli for akinete germination (Fig. 1) [Yamamoto, 1976; Rai and Pandey, 1981; Huber, 1985; Fay, 1988; Adams and Duggan, 1999; Kaplan-Levy et al., 2010]. The presence of light is required for akinete germination in Anabaena circinalis [Van Dok and Hart, 1997], A. variabilis [Perez et al., 2018], and Aphanizomenon flos-aquae [Karlsson-Elfgren and Brunberg, 2004; Karlsson-Elfgren et al., 2004]. In addition, the germination of akinetes was shown to be dependent on light intensity and did not occur in the dark or in the presence of

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**Fig. 1.** Schematic representation of the life cycle of cyanobacteria of the order Nostocales. Under favorable growth conditions, vegetative cells can successively grow and divide forming long filaments. In absence of combined nitrogen sources, some vegetative cells differentiate into heterocysts, which can fix atmospheric nitrogen. Akinetes are formed under unfavorable conditions, such as nutrient starvation, low light, and low temperature. Akinetes are resting cells, which can survive under harsh environmental conditions. Finally, if the conditions are sufficiently favorable, the wall of akinetes ruptures, allowing germination and re-growth of the filaments.
the photosynthesis inhibitor 3-(3,4-dichlorophenyl)-1,1-dimethylurea (DCMU) [Yamamoto, 1976; Braune, 1979].

During germination in response to medium light, cell division starts inside the envelope of \textit{A. variabilis} akinetes, with the energy for cell division initially supplied by the respiration of glycogen and subsequently by photosynthesis [Perez et al., 2018]. In \textit{Anabaena cylindrica}, oxygen and light are required for germination, indicating that respiration of reserve material and photosynthesis provide the energy and carbon for this process [Yamamoto, 1976]. The germination of akinetes in \textit{A. circinalis} requires light, as mentioned previously, but also phosphate [Van Dok and Hart, 1997]. Hence, the energy for akinete germination comes from the photosynthetic activity in this species, and respiration determines the rate of germination in a temperature-dependent manner [Kezhi et al., 1985; Fay, 1988].

**Genes Required for Akinete Differentiation**

Many putative transcriptional regulators of heterocyst differentiation are also involved in akinete differentiation. The overexpression of the heterocyst regulatory gene \textit{devR}, encoding a response regulator of a two-component system involved in polysaccharide biosynthesis [Zhou and Wolk, 2003], results in enhanced akinete differentiation in \textit{N. punctiforme} [Campbell et al., 1996]. The transcriptional regulatory gene \textit{hetR} was shown to be downregulated in akinetes of \textit{N. punctiforme}, and a \textit{hetR} mutant strain formed cold-resistant akinete-like cells [Wong and Meeks, 2002]. However, \textit{hetR} was shown to be essential for both heterocyst and akinete formation in \textit{Nostoc ellipso sporum} [Leganés et al., 1994]. In addition, the \textit{hepA} gene product is required for the formation of the polysaccharide layer in heterocysts [Wolk et al., 1994] as well as normal envelopes in akinetes of \textit{A. variabilis} [Leganés, 1994]. A sigma/anti-sigma factor pair Npun\_F4153 SigG/Npun\_F4154 SapG was shown to be involved in the stress resistance mechanisms of akinetes. The transcription of \textit{sigG} increases in heterocysts and akinetes, and its regulon includes genes that are mainly involved in cell envelope formation [Bell et al., 2017]. Recently, the \textit{A. variabilis} \textit{hglB} gene, involved in glycolipid synthesis of the heterocyst envelope, was shown to be also required for envelope formation in akinetes [Garg and Maldener, 2021]. So far, only one gene, \textit{avaK}, has been identified as akinete marker gene in \textit{A. variabilis} [Zhou and Wolk, 2002], but its cellular function is unknown yet. However, its homologous gene product AcaK43 has recently been found to be abundant in heterocysts of \textit{A. cylindrica} [Qiu et al., 2020]. The presence of common genetic components suggests that akinetes and heterocysts share similar developmental processes but offers no clear evidence of a common regulatory pathway controlling their differentiation [Wolk et al., 1994].

**Role of Akinetes in Stress Resistance and Survival**

Akinetes have an ecological advantage as they can survive long enough for the environmental conditions to become favorable again for growth and to produce vegetative cyanobacteria cells. Akinetes are resistant to cold and desiccation, thereby allowing perennation or longer periods of survival [Hori et al., 2003; Kaplan-Levy et al., 2010]. They play a key role in the survival under stress conditions [Sukenik et al., 2012].

While initially reported to be sensitive to heat [Adams and Duggan, 1999], akinetes of \textit{Nostoc} sp. HK-01 were recently shown to be heat tolerant as a result of the accumulation of betaine, glucosylglycerol, and glycine [Kimura et al., 2017]. Akinetes are highly resistant to dry conditions and a wide range of temperatures [Yamamoto, 1976; Kaplan-Levy et al., 2010; Kimura et al., 2015]. They have been reported to survive 5–7 years of desiccation and retain the capacity to germinate after storage in the darkness for 5 years at 27°C [Yamamoto, 1975; Sili et al., 1994] or months of cold (4°C) dark conditions [Sutherland et al., 1979] and have been isolated from sediments as old as 64 years [Livingstone and Jaworski, 1980].

In \textit{A. cylindrica}, akinetes showed high tolerance to severe drying processes and were able to germinate after heat-drying in an oven at 60°C for 50 h and drying under sunlight for 10 h, suggesting that they are highly resistant [Hori et al., 2003]. In some cyanobacteria species, immature pre-akinetes are more tolerant to abiotic stress factors, such as osmotic stress [Kaplan et al., 2013; Pichrtová et al., 2014a], freezing [Trumhová et al., 2019], and desiccation [Pichrtová et al., 2014b]. Recently, we have also reported that the akinete envelope glycolipids are necessary to protect the akinetes from various stress conditions, such as freezing, desiccation, oxidative stress, and lysozyme attack, in \textit{A. variabilis} [Garg and Maldener, 2021].

The Mature Akinete and Its Germination in \textit{A. variabilis}

As akinetes are an important aspect of the cyanobacterial life cycle, more investigations are needed to understand their biology, differentiation process, and germination. Therefore, akinetes of \textit{A. variabilis} were induced by exposure to low light as described previously [Perez et al., 2016]. We observed that during the differentiation of akin-
Spore-Like Akinetes in *Anabaena variabilis*. Akinetes from vegetative cells, many structural changes occurred, such as an increase in cell size and transient accumulation of intracellular granules like cyanophycin and glycogen [Simon, 1987; Perez et al., 2016]. Furthermore, a multilayered extracellular envelope built up, mainly consisting of an outermost polysaccharide layer and an inner glycolipid layer, as depicted in Figure 2a [see also Perez et al., 2016, 2018]. The glycolipid layer of akinetes could also be visualized with the fluorescent green dye BODIPY, which stains the lipid layer in living cells as previously described (Fig. 2b) [Perez et al., 2018].

Further, we analyzed the changes that take place during the akinete germination process. Two-month-old akinetes of *A. variabilis* were transferred to optimum light and fresh medium to induce germination. Akinete germination started with the increase in cell size, and the first cell division.
inside the akinete envelope was observed within 18–24 h. Successive cell divisions increased the pressure inside the envelope, which eventually ruptured and released the short filament. When using fresh nitrogen-free medium, the terminal cell began to differentiate into a heterocyst soon after the first cell division (Fig. 2c). This result clearly indicated that the germinating small filament can sense the presence/absence of a nitrogen source at the very beginning of cell division. The heterocyst presumably performs nitrogen fixation to support the growing filament with amino acids, since the nitrogen storage compounds were used up during maturation of the dormant cell [see also Perez et al., 2018].

Fig. 3. Akinete differentiation and germination in the A. variabilis WT and cphA1 mutant. a Bright-field images of WT and mutant cphA1 akinete cultures induced by 7 days of phosphate starvation. Bars, 10 µm. b Akinete differentiation process in WT and mutant cphA1 strains was induced by exposure to low-light condition and monitored by light microscopy after 7 days, 15 days, and 30 days. Bars, 10 µm. c Bright-field micrograph showing akinete germination in cphA1 mutant. Germination of mature akinetes was induced by transferring the cultures to fresh medium and normal light conditions. Black arrowheads indicate the germinating akinetes. Bars, 5 µm. WT, wild type.
Role of Cyanophycin in Akinete Differentiation and Germination

As mentioned earlier, several cyanobacterial species are known to accumulate intracellular reserve material, such as glycogen and cyanophycin, during akinete differentiation. In *Anabaena torulosa*, akinetes accumulate cyanophycin during their development and decrease the amount of it when mature [Sarma and Khattar, 1986]. Similarly, *Aphanizomenon ovalisporum* also accumulates cyanophycin during the formation of akinetes induced by potassium starvation [Sukenik et al., 2015]. A previous study by Leganés et al. [1998] showed that cyanophycin granule formation is necessary for the function of heterocysts and akinetes in *N. ellipsosporum*. However, vegetative cells also accumulate glycogen and cyanophycin in the stationary growth phase and under stress conditions [Lawry and Simon, 1982; Herdman, 1987], indicating that the accumulation of reserve material is not restricted to akinete formation. Moreover, unicellular cyanobacteria, with no capacity for differentiation, accumulate storage compounds in response to starvation conditions [Doello et al., 2018; Watzer and Forchhammer, 2018]. Hence, the accumulation of reserve material is considered a general response to starvation to regulate nutrient homeostasis [Forchhammer and Schwarz, 2019].

Cyanophycin is a dynamic carbon/nitrogen storage polymer widespread among cyanobacteria and a few heterotrophic bacteria. The accumulation of cyanophycin granules in akinetes was observed for many Nostocales species [Sarma and Khattar, 1986; Sarma et al., 2004]. During germination, the degradation of cyanophycin was observed in *Cylindrospermum* sp. [Miller and Lang, 1968], *A. flos-aquae* [Wildman et al., 1975], and *A. cylindrica* [Fay, 1969]. Mutation of the arginine biosynthesis gene, *argL*, in *N. ellipsosporum* [Leganés et al., 1998] and incubation of *A. variabilis* [Peréz et al., 2016] with the arginine analog, canavanine [Nichols and Adams, 1982], resulted in the production of cyanophycin-lacking akinetes that were unable to germinate. This suggested the requirement of cyanophycin accumulation for the germination of akinetes, but not for its formation.

Results

Characterization of a cphA Mutant

To determine whether the cyanophycin granules that accumulate during akinete differentiation in *A. variabilis* are required for akinete formation and germination, we created an *A. variabilis* mutant void of cyanophycin synthesis. For this, the gene *cphA1* encoding the cyanophycin synthetase was interrupted by insertion of a neomycin resistance cassette by double homologous recombination (see Materials and Methods). CphA catalyzes the biosynthesis of the nitrogen reserve cyanophycin (multi-L-arginy1-poly-1-aspartic acid) [Berg et al., 2000]. Under standard growth conditions in media supplemented with NO3−, no visible differences in cell morphology and filament length were observed in *cphA1* mutant compared to the wild type (WT) (not shown). Moreover, the mutant grew similarly to the WT strain on medium containing or lacking the combined nitrogen source (online suppl. Fig. S1A; see www.karger.com/doi/10.1159/000517443 for all online suppl. material). We also observed that the mutant heterocysts lacked cyanophycin polar nodules, consistent with a previous study by Ziegler et al. [2001] (online suppl. Fig. S1B).

In the *cphA1* mutant, cyanophycin granules were also absent in akinetes after 7 days of phosphate starvation (Fig. 3a). In contrast to akinete induction by low light (see below), this nutrient limitation results in better synchronization. The WT akinetes clearly displayed cyanophycin granules under the same conditions. Despite the absence of cyanophycin granules, the *cphA1* mutant was able to differentiate akinetes similar to the WT.

The rate of akinete formation was also investigated in a low-light condition, which is reported as a better inducing factor for akinete differentiation in *A. variabilis* [Peréz et al., 2016]. The akinete development process and the rate of differentiation were similar to the WT (Fig. 3b). Also, the envelope ultra-structure was like the WT in transmission electron micrographs (data not shown). These results clearly indicate that cyanophycin is not required for akinete differentiation in *A. variabilis*.

Furthermore, we investigated the germination of akinetes of the *cphA1* mutant to determine the role of cyanophycin granules in germination and to check the viability of the mutant akinetes. Germination of mutant *cphA1* akinetes was induced as described above for the WT. We observed a similar germination rate and pattern for the mutant akinetes as for the WT (Fig. 3c). Altogether, these results indicate that the differentiation of akinetes in *A. variabilis* does not require cyanophycin and the akinetes lacking cyanophycin granules can germinate under the applied conditions.

Materials and Methods

Strains and Growth Conditions

*A. variabilis* ATCC 29413 strain FD [Currier and Wolk, 1979; Thiel et al., 2014] and derived mutant strains were cultivated pho-
to autotrophically under continuous illumination (17–22 µmol photons m⁻² s⁻¹) in 100 mL Erlenmeyer flasks at 28°C with shaking at 120 rpm in standard medium of Allen and Arnon [1955] diluted 4-fold with water (AA/4) and supplemented with 5 mM KNO₃. The solid media remained undiluted with 1.5% (w/v) Difco Agar. The mutant strain was grown in the medium supplemented with 50 µg mL⁻¹ neomycin.

To induce heterocyst differentiation, exponentially growing cultures were washed 3 times in nitrate-free AA/4 medium, resuspended in the same medium equal to the original volume, and cultured under nitrogen-depleted growth conditions. Chlorophyll a (Chla) content of culture was determined as reported previously [Mackinney, 1941].

Escherichia coli strains were grown in lysogeny broth medium at 37°C, supplemented with the following antibiotics: 50 µg mL⁻¹ kanamycin (Km), 25 µg mL⁻¹ chloramphenicol (Cm), 25 µg mL⁻¹ streptomycin (Sm), when required. For growth on solid medium, 1.5% (w/v) agar was added. The E. coli strain Top10 was used as a host in plasmid constructions. For triparental mating, the E. coli strain J53 (bearing the conjugative plasmid RP4), strain HB101 (bearing the helper plasmid pRL528 and the cargo plasmid), and the WT A. variabilis strain were used [Maldener et al., 1991] (on-line suppl. Table S1).

**Mutant Construction**

To construct the cphA1 mutant in A. variabilis, the gene Ava_1814 (cphA1) was interrupted by insertion of the neomycin resistance-conferring cassette (C.K3t4) into the genome by double-crossover homologous recombination. For this, the left- and right-flanking regions of cphA1 were amplified by PCR using primers 2015/2016 and 2019/2020 (see online suppl. Table S2 for primers) using genomic DNA as a template and high-fidelity Q5-polymerase (NEB, Ipswich, MA, USA). The C.K3t4 cassette was constructed by the modification of the previously described cassette CK3 [Elhai and Wolk, 1988]. Briefly, the C.K3 cassette was fused to the C-terminus of the bacteriophage T4 gene 32 [Krisch and Allet, 1982] bearing a transcriptional terminator and a translation stop codon. The C.K3t4 cassette was amplified using primers 2017 and 2018. All PCR products were fused into the Xhol-digested suicide vector pRL277 (online suppl. Table S1) using Gibson assembly [Gibson et al., 2009]. The resulting plasmid pIM764 was transferred into A. variabilis WT cells using triparental mating followed by the selection of clones on neomycin and 5% sucrose-containing agar plates [Maldener et al., 1991]. The segregation of the mutant colony was analyzed by colony PCR and the strain was named cphA1 mutant.

**Akinete Differentiation and Germination**

Akinete differentiation was induced in late exponentially grown cultures by either low light or phosphate starvation. Low-light conditions (2–3 µmol photons m⁻² s⁻¹) were maintained by covering flasks with paper towels. For phosphate starvation, flasks were washed 3 times with AA/4 medium without inorganic phosphate and then transferred to AA/4 medium supplemented with 5 mM MOPS buffer (pH 7.5), 2.5 mM NH₄Cl, 2.5 mM NaNO₃, and 2.5 mM KNO₃, but lacking inorganic phosphate as described previously [Perez et al., 2016]. All induced cultures were maintained at 28°C with shaking at 50 rpm.

The germination of mature akinetes was induced by washing and transferring the akinete culture to either BG11 medium containing NaNO₃ or BG11 medium lacking combined nitrogen and optimal light conditions [Perez et al., 2018].

The akinete differentiation and germination process was observed by Leica DM 2500 light microscope with a ×100/1.3 oil objective, connected to a Leica DFC420C camera (Leica Microsystems GmbH, Wetzlar, Germany).

**Transmission Electron Microscopy**

For electron microscopy, the akinete cells were fixed with 2.5% glutaraldehyde followed by postfixation with 2% potassium permanganate and immobilization in agarose. Upon dehydration by successive increment of the ethanol concentration, the samples were embedded in Epon. Ultrathin sections were stained with uranyl acetate and lead citrate [Fiedler et al., 1998] and examined with a Philips Tecnai 10 electron microscope at 80 kHz.

**BODIPY Staining**

To visualize the glycolipid layer in akinetes envelope, samples of akinete culture were stained with boron-dipyrromethene difluoride (BODIPY) 493/503 (Molecular Probes, Thermo Fisher Scientific, Waltham, MA, USA) as described previously [Perez et al., 2016]. After staining, filaments were placed on the slides covered with 1.5% agarose and observed by light microscopy with a Leica DM 2500 microscope connected to a Leica DFC420C camera or with a Leica DM 5500B fluorescence microscope connected to a Leica DFC420C camera. The green fluorescence signal was monitored with a BP470 40-nm excitation filter and a BP525 50-nm emission filter.

**Conclusions**

The aim of our studies was to understand the changes in morphology and physiology in more detail during the formation and germination of akinetes in the model organism A. variabilis ATCC 29413 and discern the long-term survival strategy of these spore-like cells. Various environmental signals were reported to trigger akinete differentiation and germination. However, these processes are still not well understood at the cellular and molecular level [Adams and Duggan, 1999; Kaplan-Levy et al., 2010; Maldener et al., 2014].

A. variabilis akinetes have a multi-layered envelope required for surviving harsh environmental conditions. We have shown recently that this reliable barrier between the dormant akinete cell and the harsh conditions is determined by the chemical composition and fine structure of the akinete envelope, especially the presence of a glycolipid layer [Perez et al., 2018; Garg and Maldener, 2021].

Like akinete differentiation, the germination of mature akinetes of A. variabilis is a highly asynchronous process. Various environmental stimuli, such as moderate temperature, increased light intensity, sediment resus-
pension, and nutrition, can trigger akinete germination [Huber, 1985; Van Dok and Hart, 1997; Karlsson-Elfgren and Brunberg, 2004; Perez et al., 2016].

The presence of a nitrogen source was not needed for germination and reflects the diazotrophic lifestyle of these cyanobacteria, which form heterocysts in the freshly germinated filaments.

We clarified the biological function of cyanophycin in akinetes differentiation and germination in A. variabilis and showed that cyanophycin provides the WT cyanobacterium with no advantage over the non-cyanophycin-producing mutant (online suppl. Fig. S1) consistent with the previous report [Ziegler et al., 2001]. It remains unknown for which processes cyanophycin is being utilized in akinetes. It might be possible that cyanophycin provides some structural stability to the akinetes during long harsh unfavorable conditions, which needs to be further elucidated.

The availability of the data from fully sequenced genomes of several Nostocales species and implementation of various molecular and genomic tools ensure the advancement of a better understanding of the dormancy phenomenon in cyanobacteria. Additionally, to promote the understanding of akinete differentiation, survival, and germination, further elaboration of methods for mutational analysis and cellular characterization of mutants specifically impaired in the cellular function of akinete is needed.

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Statement of Ethics

No ethical approval was sought as neither human or animal participation was involved.

Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

R.G. designed and performed the experiments, interpreted the data, and wrote most parts of the manuscript. I.M. designed and supervised the experiments, wrote part of the manuscript, revised the work critically for important intellectual content, and gave the final approval. All authors made substantial contributions to the design of the work and performed acquisition, analysis, and interpretation of data for the work. All authors agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work were appropriately investigated and resolved.

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