Research Paper

Nanosonosensitizers for Highly Efficient Sonodynamic Cancer Theranostics

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Abstract

Background: Multifunctional nanoplatforms with diagnostic-imaging and targeted therapeutic functionality (theranostics) are of great interest in the field of precision nanomedicine. The emerging sonodynamic therapy (SDT) combined with sonosensitizers under the guidance of photoacoustic (PA) imaging is highly expected to accurately eliminate cancer cells/tissue.

Methods: Unique core/shell-structured theranostic FA-HMME-MNPs-PLGA nanoparticles (FHMP NPs, FA: folate, HMME: hematoporphyrin monomethyl ether, MNPs: melanin nanoparticles, PLGA: poly(lactic-co-glycolic) acid) were constructed by the integration of MNPs (for PA imaging) in the core and HMME in the shell for enhanced PA imaging-guided SDT, which were further functionalized with a tumor-targeting ligand, FA. The PA imaging-guided SDT was systematically and successfully demonstrated both in vitro and in vivo. The high biosafety of FHMP NPs was also systematically evaluated.

Results: The synthesized FHMP NPs with a broad optical absorption not only possess high PA-imaging contrast enhancement capability but also exhibit significant SDT efficiency. Importantly, such a PLGA based nanoplatform improved light stability of HMME, enhancing sonodynamic performance and facilitated delivery of MNPs to the tumor region. Meanwhile, a combined effect between HMME and MNPs was discovered and verified. Furthermore, a sonosensitizer assisted by ultrasound irradiation engenders reactive oxygen species (ROS)-mediated cytotoxicity toward tumor cells/tissue. Both in vitro cell-level and systematic in vivo xenograft evaluations on tumor-bearing mice demonstrated that the selective killing effect of ROS on tumor cells was assisted by FHMP NPs, which played an active role in the suppression of tumor growth with high biosafety.

Conclusion: A theranostic nanoplatform was successfully constructed, achieving PA imaging-guided SDT against breast cancer cells/tissue. More importantly, MNPs and HMME in one platform with combined effect for enhancing PA imaging was demonstrated. This unique theranostic nanoplatform with multiple capabilities paves a new way toward personalized medicine by rational utilization.

Key words: Nanosonosensitizers, Sonodynamic therapy, Photoacoustic imaging, Melanin, HMME, Nanomedicine

Introduction

As cancer has become one of the most serious threats to human health, the development of new efficient therapeutic modality against cancer has recently attracted tremendous attention. Although traditional therapies, including surgery, chemotherapy and radiotherapy, have been extensively used and demonstrated to be effective in the treatment of tumors, a variety of ineluctable side effects, including immune system destruction, high cost and low therapeutic efficiency, usually cause the failure of cancer therapy [1, 2]. Therefore, the exploring of the desirable noninvasive and safe
modality for cancer therapy is highly expected. These novel therapeutic modalities should satisfy the strict requirements of targeting/killing cancer cells while keeping the normal cells/tissue undamaged, which is generally accepted as the prospective alternative therapeutic design to traditional cancer-treatment protocols [3].

As one of the emerging therapeutic modality, sonodynamic therapy (SDT) is featured with non-invasiveness, sufficient tissue-penetrating depth, high therapeutic efficiency and mitigated side effects, providing the paradigm of ultrasound (US)-based cancer-therapeutic modality. The therapeutic mechanism of SDT generally involves the cavitation effect of US, which can emit the sono-luminescence to activate the sonosensitizers to produce highly toxic reactive oxygen species (ROS) such as singlet oxygen and hydroxyl radicals [4, 5]. The sonosensitizer-enabled SDT effect has been demonstrated to efficiently induce the apoptosis and death of cancer cells [6-9]. Especially and importantly, versatile cancer types have been reported to be efficiently treated by SDT because of its intrinsically noninvasive feature and high tumor-therapeutic specificity/selectivity [10]. It is noted that SDT has gradually emerged as the desirable option to the mostly explored photodynamic therapy (PDT) for cancer treatment based on the following considerations. First, the light as the irradiation source for PDT suffers from the low tissue-penetrating depth, which can be only effective for the treatment of superficial tumors [11-13]. Second, the cancer patients must be shielded from sunlight after the injection of the photosensitizer to avoid the possible photo-toxicity during the therapeutic procedure [3]. Last but not least, US is a widely accepted, cost-effective and safe clinical imaging modality, which can be easily developed for US imaging-guided therapy with therapeutic guidance and monitoring functionality [12-14]. These unique features make SDT a highly promising noninvasive treatment modality for efficient cancer therapy [13-16].

In general, with the fast development of diagnostic-image technology, molecular imaging has become a new tool for precise diagnosis with high resolution and sensitivity [17]. The construction of multifunctional agents with the integrated functionality of tumor targeting, imaging and therapeutics is of high significance for precision oncology [18, 19]. Photoacoustic (PA) imaging, which converts photon energy into acoustic pressure waves to acquire images, has emerged as a new and nonionizing imaging modality, which provides deep tissue penetration as compared to optical imaging due to the minimized scattering of acoustic waves relative to light. Accordingly, the design and fabrication of a therapeutic agent to realize PA imaging-guided SDT and simultaneously enhance the efficacy, safety, and accuracy of cancer treatment is of much concern.

Herein, we report, for the first time, on the rational design and construction of a multifunctional theranostic nanoparticles (NPs) with high biosafety for efficient tumor therapy, which has been systematically assessed and demonstrated by both in vitro and in vivo experiments. Hematoporphyrin monomethyl ether (HMME), a porphyrin-derived sonosensitizer, has a higher tumor-selective uptake by cancer cells than other porphyrin-related agents, as well as the corresponding more pronounced cytotoxic effect when combined with ultrasonic irradiation [20]. Especially, HMME has been extensively used in the diagnosis and treatment of various tumors, including lung cancer, bladder cancer, nevus flammeus and brain glioma [18, 21]. Nonetheless, the intractable problem of its application in clinic is its poor light stability and poor water solubility, leading to the low bioavailability and limited body absorption. Melanin NPs (MNPs), originating from natural biopolymer with excellent biocompatibility and biodegradability, possess broad optical absorption, which makes it a desirable contrast agent for PA imaging [22-25]. Very recently, different types of MNP-based imaging probes have been fabricated, including PEGylated polydopamine NPs (PEG-MNP) [26], PEGylated polydopamine NPs decorated with citraconic amide (PEG-MNP-CA) [27], and PEGylated polydopamine NPs loaded with Gd3+ and 64Cu2+ (Gd-64Cu-PEG-MNP) [2]. Nevertheless, these MNPs suffer from the critical issue of quickly heat diffusion upon PA laser irradiation and poor water solubility, which severely hinders their further broad biomedical application in cancer treatment. On this ground, we utilized poly (lactic-co-glycolic) acid (PLGA), which is a well-known biodegradable and biocompatible polymer approved by the U. S. Food and Drug Administration (FDA) [28], as the vehicle for the co-delivery of therapeutic drugs and functional NPs. The introduction of PLGA to encapsulate MNPs and HMME could not only improve the biocompatibility of HMME but also prevent rapid dissipation of thermal expansion as induced by laser irradiation of MNPs. To overcome the barrier of poor tumor-tissue penetration of the NPs [29], folate (FA) receptor, which is highly overexpressed on the surface of a spectrum of solid tumor cells, has been extensively used as the targeted entity with specific tumor cells/tissue selectivity [30]. Taken together, herein, we developed FA receptor-targeted multifunctional NPs with a combination of MNPs and HMME for achieving intriguing tumor-targeted and PA
imaging-guided SDT against cancer. In this nanosystem, MNPs acted as the PA-imaging contrast agent, while HMME served as the sonosensitizer for enhanced SDT. It has been demonstrated that MNPs could bind to aromatic drugs via \( \pi -\pi \) interaction [22] and porphyrin possessed an aromatic structure, which is a highly conjugated system [31]. Therefore, it is highly expected that the co-encapsulation of MNPs and HMME in one platform could generate a combined effect. Intriguingly, it has been discovered that the MNPs substantially increased the encapsulation efficiency of HMME and further produced synergistic effect on contrast-enhanced PA imaging in vitro. After being injected into the mouse via tail vein, the FA-HMME-MNPs-PLGA NPs (designed as “FHMP NPs”) efficiently accumulated into the tumor tissue through active FA targeting. Subsequently, the systematic in vitro and in vivo evaluation demonstrated that under the guidance of PA imaging, these multifunctional NPs for SDT yielded a great amount of ROS by the US activation, which markedly suppressed the tumor growth in a mouse breast cancer model (Figure 1).

Materials and Methods

Materials and reagents

The poly (lactic-co-glycolic) acid (PLGA) (50:50, MW: 12000) was obtained from Daigang BIO Engineer Ltd., Co. (Shan Dong, China). Hematoporphyrin monomethyl ether (HMME) was purchased from Shanghai DB Chemical Technology Ltd., Co. (Shanghai, China). 1,3-Diphenylisobenzofuran (DPBF) was obtained from Shanghai Mclean Biochemical Science and Technology Ltd., Co. (Shanghai, China). N-acetyl-L-cysteine (NAC) was obtained from Beyotime Biotechnology Ltd., Co. (Shanghai, China). Chloroform (CHCl₃) and isopropyl alcohol were purchased from Chongqing East Chemical Industry Ltd., Co. (Chongqing, China). Melanin NPs (MNPs), poly(vinyl alcohol) (PVA, MW: 25000), free folate (FA), polyethylene glycol (PEG), 2,7-dichlorodihydrofluoresceindiacetate (DCFH-DA), 4,6-diamidino-2-phenylindole (DAPI), 1,1-dioctadecyl-3,3′,3′-tetramethylindocarbocyanine perchlorate (DiI), 1,1′-dioctadecyl-3,3′,3′-tetramethylindotricarbocyanine iodide (DiR), Calcine-AM and propidium iodide (PI), free folate (FA) were purchased from Sigma-Aldrich Chemical Co. (St Louis, MO, USA). PEG-PLGA-FA was synthesized by Chongqing Punuo Microbian Technology Ltd., Co. (Chongqing, China). Monoclonal antibodies against folic acid in mice (primary antibody) were obtained from Beijing Hapten and Protein Biomedical Institute (Beijing, China). FITC-labeled anti-mouse IgG antibodies in sheep (second antibody) were purchased from Abcam (USA). Roswell Park Memorial Institute-1640 (RPMI-1640) was purchased from Corning. CCK-8 assay was bought from Dojindo Laboratories (Kumamoto, Japan). Singlet Oxygen Sensor Green (SOSG) was bought from Thermo Fisher Scientific.

Synthesis of FHMP NPs

PEG-PLGA-FA encapsulating HMME and MNPs (termed FHMP NPs) were fabricated via a simple double emulsion (water/oil/water: W/O/W) method. First, due to the intrinsically poor water solubility of MNPs, 2 mg MNPs were dissolved in 200 µL of a 0.1 M sodium hydroxide (NaOH) solution and then neutralized with the assistance of sonication to reduce the aggregation of NPs. Next, 2 mg HMME were added into 50 mg PEG-PLGA-FA dissolved in 2 mL trichloromethane (CHCl₃) and then mixed with 200 µL of the MNPs solution (1 mg/mL). Subsequently, the mixture was emulsified using an ultrasonic probe (Sonic & Materials, Inc., USA) at an intensity of 100 W for 3 min (water/oil: W/O). For the second emulsion, 8 mL of a poly (vinyl alcohol) (PVA) solution (w/v = 4%) were added into the above emulsified solution and

![Figure 1. Schematic illustration of the multifunctional nanoplatform for efficiently PA imaging-guided SDT to tumor cells/tissue.](http://www.thno.org)
homogenized (FJ300-SH, China) within 2 min. PVA powder was dissolved in distilled deionized water. The as-prepared emulsion was mixed mechanically for 2 h, and CHCl₃ was extracted after adding 10 mL of a 2% isopropyl alcohol solution into the emulsion. Finally, the FHMP NPs were collected after a centrifugation process (13610 ×g, 5 min). The pellets were collected for further use. The preparation of HMME-MNPs-PLGA NPs (HMP NPs) was fabricated similar to the above process except that PEG-PLGA-FA was replaced by PEG-PLGA at the same molar ratio. The same method also applied to the synthesis of FA-MNP-PLGA NPs (FMP NPs) and FA-HMME-PLGA NPs (FHP NPs). To prepare fluorescent NPs, DiI or DiR was added to the CHCl₃ solution and covered with silver papers to prevent light exposure, and subsequently, the same procedures were adopted as that detailed above.

**Characterization**

The morphology and structure of the FHMP NPs were characterized by scanning electron microscopy (SEM, Hitachi S-3400N, Japan) and transmission electron microscopy (TEM, Hitachi H-7600, Japan). The confocal laser scanning microscope (CLSM, A1R; Nikon, Tokyo, Japan) was used to observe the FHMP NPs. The mean particle size and zeta potential were determined using a Malvern Zetasizer Nano ZS instrument (Malvern Instruments, UK). The mean particle sizes of FHMP NPs dissolved in phosphate-buffered solution (PBS) or fetal bovine serum (FBS) were measured with prolonged time duration (1, 2, 3, 4, 5, 6 and 7 days). Then, the differences were observed by the digital photographs. The stabilities of the DiI-FHMP NPs in FBS and PBS were measured by a ultraviolet spectrophotometer. DPBF (2 mL) dissolved in absolute ethanol was added into different nanoparticle solutions. In addition, the mixture was irradiated by low-intensity focused ultrasound instrument (LIFU, LM.SC051 ACA; Institute of Ultrasound Imaging of Chongqing Medical Sciences, Chongqing, China) at an intensity of 1.5 W/cm² and a frequency of 1 MHz for 30 s in the dark. Then, the mixture was extracted three times by CHCl₃. Finally, the absorbance of DBPF in each group was determined by UV-vis. The DPBF consumption was calculated as follows: DPBF consumption (%) = (the DPBF absorbance post irradiation / the absorbance before irradiation) × 100%. The SOSG was also applied for detection ROS production. The SOSG solution was added into the FHMP NPs solution (1 mg/mL, 3 mL), and then the mixture was irradiated by the US at different time (0 s, 30 s, 60 s, 90 s and 120 s). To detect the influence of PA laser on the ROS production of FHMP NPs. First, the FHMP NPs were irradiated by PA laser and then they were irradiated by US. The DPBF consumption of FHMP NPs combined with US and FHMP NPs combined with PA laser irradiation and US was compared.

**In vitro ROS generation from FHMP NPs by US activation**

In vitro ROS production following US was measured by DPBF using a UV-vis spectrophotometer. DPBF (2 mL) dissolved in absolute ethanol was added into different nanoparticle solutions. In addition, the mixture was irradiated by low-intensity focused ultrasound instrument (LIFU, LM.SC051 ACA; Institute of Ultrasound Imaging of Chongqing Medical Sciences, Chongqing, China) at an intensity of 1.5 W/cm² and a frequency of 1 MHz for 30 s in the dark. Then, the mixture was extracted three times by CHCl₃. Finally, the absorbance of DBPF in each group was determined by UV-vis. The DPBF consumption was calculated as follows: DPBF consumption (%) = (the DPBF absorbance post irradiation / the absorbance before irradiation) × 100%. The SOSG was also applied for detection ROS production. The SOSG solution was added into the FHMP NPs solution (1 mg/mL, 3 mL), and then the mixture was irradiated by the US at different time (0 s, 30 s, 60 s, 90 s and 120 s). To detect the influence of PA laser on the ROS production of FHMP NPs. First, the FHMP NPs were irradiated by PA laser and then they were irradiated by US. The DPBF consumption of FHMP NPs combined with US and FHMP NPs combined with PA laser irradiation and US was compared.

**Cell culture**

The MDA-MB-231 human breast cancer cell line and A-549 human lung cancer cell line were obtained from Cell Bank of Shanghai Institutes for Biological Sciences (Chinese Academy of Sciences). The cells were cultured in RPMI-1640 medium supplemented with 10% FBS and 1% penicillin/streptomycin. The cells were maintained in an incubator with a humidified atmosphere containing 5% CO₂ at 37 °C. Cells in a logarithmic growth phase were used for the experiments. When a high attachment efficacy was observed, a 0.25% trypsin-EDTA solution was used to harvest the cells for further use.

Cell culture

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Intracellular ROS production following US was detected using DCFH-DA, a ROS assay kit. MDA-MD-231 cells seeded in culture dishes at a density of 1 × 10⁵ cells per dish were divided into seven groups: control group (Control), US only group (US), FMP NPs combined with US group (FMP NPs + US), FHMP NPs group (FHMP NPs), HMP NPs combined with US group (HMP NPs + US), NAC + FHMP NPs combined with US (NAC + FHMP NPs) and FMHP NPs combined with US (FMHP NPs + US). After 24 h, different treatments were applied to each group. Following coincubation with different NPs (100 µL, 1 mg/mL) for 3 h, the DCFH-DA was added into each dish and incubated for 30 min. Especially, the NAC + FHMP NPs group was treated with NAC. After incubation, the cells were exposed to US irradiation at an intensity of 1.5 W/cm² at a frequency of 1 MHz for 30 s. Half an hour later, the qualitative
analysis of ROS produced by FHMP NPs was detected by CLSM. The corresponding quantitative analysis was obtained after cells were harvested, treated with 0.25% trypsin-EDTA solution, rinsed in PBS, resuspended and determined by flow cytometry (BD FACSVantage SE, USA).

**In vitro cytotoxicity assay and in vitro SDT**

The cells were seeded in 96-well culture plates at a density of 1 × 10^4 cells per well in RPMI-1640 medium at 37 °C in the presence of 5% CO₂ for 24 h to allow the cells to adhere to the plates. Then, the above culture medium was replaced with fresh culture medium containing FHMP NPs at different concentrations (0, 2.5, 5, 7.5 and 1 mg/mL). After 3 h, 6 h and 24 h of incubation, the CCK-8 assay was used to evaluate the viability of cells. The optical density (OD) at 450 nm was read with an EL× 800 Universal Microplate Reader (Bio-Tek Instrument Inc., USA). Then, MDA-MB-231 cells were seeded in 96-well plates at a density of 1 × 10^4 cells per well in RPMI-1640 medium at 37 °C in the presence of 5% CO₂ for 24 h before treatment. These cells were randomly divided into the following groups: the control group (Control), the group subjected to US only (US), the group treated with FMP NPs combined with US (FMP NPs + US), the group treated with FHMP NPs (FHMP NPs), the group treated with HMP NPs combined with US (HMP NPs + US), and the group treated with FHMP NPs combined with US (FHMP NPs + US). The culture medium was removed, and then different NPs (FMP NPs, HMP NPs and FHMP NPs) were dispersed in RPMI-1640 at a concentration of 0.75 mg/mL or 1 mg/mL and added into the wells (100 μL/well). After 3 h of incubation, the dishes with cells were rinsed with PBS three times to remove the unbound NPs. These cells were then treated by LIFU at an intensity of 1.5 W/cm² and a frequency of 1 MHz for 30 s. Finally, a standard CCK-8 assay was used to evaluate the viability of the cells, and the cell viability rate was calculated.

To further exam the effect of SDT for cancer cells, MDA-MB-231 cells were seeded in CLSM-exclusive culture dishes at a density of 1 × 10^5 cells per well and allowed to adhere overnight. The cells were divided into six groups: the control group (Control), the group subjected to US only (US), FMP NPs combined with US irradiation (FMP NPs + US), FHMP NPs only (FHMP NPs), HMP NPs combined with US irradiation (HMP NPs + US) and FHMP NPs combined with US irradiation (FHMP NPs + US). Then, the cells were incubated with different NPs (FMP NPs, HMP NPs or FHMP NPs) for 3 h. After removing the unbound NPs, the cells were irradiated by the LIFU at an intensity of 1.5 W/cm² and a frequency of 1 MHz for 30 s. MDA-MB-231 cells were incubated with 0.5 mL Calcein-AM diluted with PBS at a ratio of 1: 1000 and 0.5 mL PI solution diluted with PBS at a ratio of 1: 500 for 15 min. Living cells and dead cells were stained with Calcein-AM (green fluorescence) and PI (red fluorescence) solutions, respectively.

**Animal model**

All female BALB/c nude mice (6~8 weeks old) were obtained from the Experimental Animal Center of Chongqing Medical University and housed in a suitable environment where they were free to drink water and eat. All experiments were approved by the Institutional Animal Care and Use Committee of Chongqing Medical University. For the establishment of the tumor model, each nude mouse was subcutaneously injected in the right flank with 1× 10⁶ MDA-MB-231 cells suspended in 100 μL PBS solution.

**Targeting ability of FHMP NPs**

The structure of FA on the FA-PEG-PLGA was detected by ¹Hnuclear magnetic resonance (¹HNMR, Mettler Toledo, Switzerland). Immunofluorescence was applied to assess the immunogenicity of FA on the surface of the FHMP NPs. First, Dil-labeled FHMP NPs and Dil-HMP NPs were fabricated. Then, monoclonal antibodies against folic acid in mice (primary antibodies) were added to the FHMP NPs or HMP NPs emulsion, incubated and washed by PBS. Finally, FITC-labeled anti-mouse IgG antibodies in sheep (secondary antibodies) were coincubated with the above NPs. Following a wash with PBS, the immunogenicity of FA was detected by CLSM and flow cytometry. CLSM-exclusive culture dishes were used to seed MDA-MB-231 cells at a density of 1 × 10⁵ cells per well, and the cells were allowed to adhere overnight. The cells were divided into four groups: control group (Control), HMP NPs group (HMP NPs), free FA + FHMP NPs group (Free FA + FHMP NPs) and FHMP NPs group (FHMP NPs). After 24 h of incubation, the FHMP NPs group was incubated with 200 μL Dil-labeled-FHMP NPs emulsions (1 mg/mL). The HMP NPs group was supplemented with 200 μL Dil-labeled HMP NPs emulsions (1 mg/mL). The free FA + FHMP NPs group was incubated with free FA (1 mol/L, 1 mL) for 1 h and then mixed with 200 μL Dil-labeled FHMP NPs emulsions (1 mg/mL). After a 3 h co incubation with nanoemulsions, the cells in all groups were washed with PBS three times, fixed with 4% paraformaldehyde (1 mL) for 15 min, and incubated with DAPI (200 μL) for 15 min. Finally, the fluorescence images of the treated cells were acquired by CLSM. To exam the specific targeting of FHMP
NPs to MDA-MB-231 cells, the A549 cell line was applied as the control group. MDA-MB-231 and A549 cells were incubated with FHMP NPs for 3 h. Next, CLSM was used to observe the ability of FHMP NPs to target different cells.

Nine MDA-MB-231 tumor-bearing mice were divided into three groups (n = 3 each group): HMP NPs, Free FA + FHMP NPs and FHMP NPs. First, the mice in group of Free FA + FHMP NPs were administrated with free FA solution. Then, after injection of FHMP NPs or HMP NPs (200 µL, 10 mg/mL), the fluorescence images were acquired at various times post injection (0 h, 0.5 h, 2 h, 4 h, 6 h and 24 h) by using a fluorescence system (Fx7 Ir Spectra, Vilber Lourmat, France) with excitation and emission wavelengths of 748 nm and 780 nm, respectively. Then, major organs of the mice were collected for fluorescence imaging. The corresponding fluorescence signal was calculated by the fluorescence analysis system. In addition, the mice received the same treatment as those described above except that the nanoemulsions were labeled with DiI. At 2, 4, and 24 h post injection, tumors were immediately dissected for ultrathin sections and then the sections were stained with DAPI for fluorescence microscopy detection.

In vitro and in vivo PA imaging

For in vitro PA imaging, different concentrations of FHMP NPs and HMP NPs (5, 10, 15, 20 and 25 mg/mL) dissolved in water were used for PA signal detection and to evaluate the linearity of the PA signal as a function of FHMP NPs concentration. The PA values of the FHMP NPs, FMP NPs and FHMP NPs at concentrations of 5 mg/mL, 17.5 mg/mL, 30 mg/mL, respectively, were recorded in vitro. The PA images of the unencapsulated MNPs and FMP NPs were also calculated in vitro. The PA images were obtained by the VEVO LASR PA imaging system (VIVO 2100; FUJIFILM Visual Sonics, Inc., Canada). For in vivo PA imaging, the images were observed using MDA-MB-231 tumor-bearing mice, which were divided into three groups (HMP NPs, Free FA + HMP NPs and FHMP NPs) (n = 3). After intravenously injecting 200 µL (10 mg/mL) HMP NPs or FHMP NPs emulsions at different time points (0 h, 1 h, 2 h, 4 h, 6 h and 24 h), the corresponding PA images were simultaneously recorded by the VEVO LASR PA imaging system. Especially, the mice in group of Free FA + FHMP NPs were injected with free FA solution before the administration of FHMP NPs.

In vivo SDT of FHMP NPs

When the tumor volume reached 0.8 cm³, the mice were randomly assigned to five groups (Control, US, FMP NPs + US, FHMP NPs, FHMP NPs + US). After intravenous injection of 200 µL (10 mg/mL) different NPs for 3 h, the regions of the tumors were irradiated by US (3 W/cm², 1 MHz) for 5 min. The treatment was repeated every three days. Tumor volumes and body weights of the mice were recorded every three days. Tumors were dissected after the treatment ended, and the weights were recorded; the tumors were then fixed with 4% polyoxymethylene for histological analysis including H&E, TUNEL and PCNA (H&E: hematoxylin-eosin staining; TUNEL: TdT-mediated dUTP nick-end labeling; PCNA: proliferating cell nuclear antigen). According to the weight of the tumors, the tumor inhibition rate was determined.

In vivo toxicity

Twenty-four female nude mice were divided into two groups (Control and FHMP NPs). The FHMP NPs emulsions (200 µL, 10 mg/mL) were intravenously injected into the mice. The mice were sacrificed at various time points after injection (1 h, 6 h, 24 h and 48 h), and 0.8 mL blood was collected for blood panel analysis and biochemistry assay. The major organs of the mice (liver, spleen, kidney, heart and lung) were harvested and fixed with 4% polyoxymethylene for H&E staining.

Statistical analysis

All statistical analyses were performed with SPSS 20.0 software. Data were presented as the mean ± standard deviation. The significance of the data was analyzed according to the Student’s t test: *P < 0.05, **P < 0.01.

Results and discussion

Synthesis and characterization of FHMP NPs

The constructed multifunctional FHMP NPs were synthesized following the strategy as shown in Figure 2A. We obtained the FHMP NPs via a double-emulsion approach [32-35], which was expertly mastered [32, 36-38]. First, the obtained FHMP NPs displayed a well-defined spherical shape and homogenous size, as revealed by SEM (Figure 2B) and TEM images (Figure 2C and Figure S1A). In addition, the FHMP NPs exhibited strong red florescence, as detected by CLSM (Figure 2D), which matched well with the SEM and TEM results. The mean diameters of the FHMP NPs, FHP NPs and FMP NPs were 310.3 ± 10.6 nm (Figure 2E), 266.1 ± 2.4 nm (Figure S1B) and 270.1 ± 4.9 nm (Figure S1C), respectively, showing a relatively narrow size distribution and no significant difference among them. The size of PLGA nanoparticles could be managed by setting up parameters of sonication (e.g.,

http://www.thno.org
power, interval) or adjusting polymer concentration in organic phase, which has been demonstrated [39]. However, the relatively large particle size guarantees the high encapsulation efficiencies of MNPs and HMME in the FHMP NPs. In addition, the average zeta potentials of FHP NPs, FMP NPs and FHMP NPs were -21.4 ± 1.7 mV, -21.2 ± 0.8 mV and -23.03 ± 1.33 mV (Figure S1D), respectively. Meanwhile, the mean particle size of FHMP NPs did not show appreciable change when dissolved in PBS or FBS, and the particle suspension did not aggregate or precipitate within 7 days, revealing the excellent long-term stability of the FHMP NPs (Figure 2F and Figure S1E). Next, the stability of Dil-FHMPs in PBS and FBS 48 h later was further investigated by determining the dye content in the supernatant of Dil-labeled FHMP NPs via UV–vis spectrophotometry. As shown in Figure 2G, there was no detectable free Dil dye in the solution, indicating that FHMP NPs were highly stable in both PBS and FBS. Figure S1F, S1G, S1H and S1I present the relative absorbances of the HMME and MNP solutions, respectively, revealing a desirable linear relationship between optical density and concentration. The encapsulation efficiencies of HMME and MNPs in FHMP NPs were 80.13 ± 4.81% and 47.72 ± 4.26%, respectively. In addition, the encapsulation efficiencies of HMME and MNPs in HMP NPs were 79.13 ± 81% and 44.72 ± 3.25%, respectively. The encapsulation efficiencies of HMME or MNPs in FHMP NPs and HMP NPs did not show a significant change, indicating that attachment of FA to PEG-PLGA had no obvious effect on the encapsulations of the guest molecules.

Figure 2. Morphology and characterization. (A) Schematic diagram for the fabrication of FHMP NPs. (B) SEM and (C) TEM of FHMP NPs. (D) CLSM image of Dil-stained FHMP NPs. (E) Size distribution of FHMP NPs and (F) the size distribution with prolonged time duration. Inset: digital photos of the FHMP NPs dispersed in PBS (25 mg/mL). (G) UV–vis absorbance of free Dil dye labeled FHMP NPs in PBS and FBS, the corresponding supernatant solutions after 24 h incubation. (H) UV-spectra of FHMP NPs dispersed in aqueous solution in different concentrations (1, 2, 4 and 8 mg/mL) and (I) corresponding relationship between concentration of FHMP NPs and absorbance (n = 3). (J) The encapsulation efficiency of HMME in FHP NPs and FHMP NPs (n = 3).
In addition, the absorption wavelength of the obtained FHMP NPs (Figure 2H) covered a wide range in the UV visible region, with a good linear relationship between optical density and concentration (Figure 2I). On the basis of the binding capability of MNPs to aromatic drugs, it is hypothesized that the combination of MNPs and HMME could increase the encapsulation efficiency of HMME in the NPs. As shown in Figure 2J, the encapsulation efficiency of HMME in FHMP NPs was significantly improved compared to that in FHP NPs.

**In vitro toxicity and SDT of cancer cells**

The level of ROS production is essential for SDT [40]. Given that HMME is one of the promising forms of sonosensitizers, in this study, DPBF was applied to detect the production of ROS. As the absorbance intensity of DPBF at 410 nm in the UV–vis spectrum decreases when oxidized by \( ^1O_2 \) [41], the DPBF consumption helps to calculate the ROS production. According to Figure 3A, the relative DPBF consumption in the group of FHMP NPs plus US was notably higher compared to those in other control groups. Otherwise, as the typical sensor, SOSG was used to determine \( ^1O_2 \) production after ultrasound irradiation for different time duration. According to Figure S2A, with prolonged irradiation time, the FHMP NPs exhibited obvious higher ROS production efficacy, indicating their potential as sonosensitizer for SDT.

**Figure 3.** In vitro SDT of cancer cells. (A) Relative DBPF consumption of different nanoparticles under different treatments. (n = 3, \(*p < 0.05\) and \(**p < 0.01\)). (B) The scheme of FHMP NPs as a sonosensitizer for cancer therapy. (C) Intracellular ROS generation capacity illustrated by CLSM images of MDA-MB-231 cells. The scale bar is 10 \( \mu m \). (D) Relative cell viability of MDA-MB-231 cells after incubation with various concentrations (0, 0.25, 0.5, 0.75 and 1 mg/mL) of FHMP NPs for 3 h, 6 h and 24 h (n = 3) (E) Relative cell viability of MDA-MB-231 cells after different treatments including Control (without treatment), US, FMP NPs combined with US irradiation, FHMP NPs only, HMP NPs combined with US irradiation, and FHMP NPs combined with US irradiation (n = 3). (F) CLSM images of MDA-MB-231 cells after different treatments. The scale bar is 20 \( \mu m \).
As a sonosensitizer compound, the photostability of FHMP NPs in the platform plays a crucial role in initiating ROS for their in vivo application. Hence, we determined the relative DPBF consumption, which represents ROS production, to assess the stability of FHMP NPs upon laser exposure. DPBF consumption in FHMP NPs + PA laser + US group has been performed (Figure S2B) and it has been found there was no significant difference compare to the FHMP NPs + US group, indicating FHMP NPs remained a good photostability under PA laser and could be highly activated by US.

Next, the in vitro toxicity and SDT effectiveness of FHMP NPs on MDA-MB-231 cells were explored (Figure 3B). First, we investigated the potential of FHMP NPs to produce intracellular ROS under US stimulation using DCFH-DA as a ROS molecular probe. DCFH-DA itself has no fluorescence but can be converted into fluorescent 2', 7'-dichlorofluorescein (DCF) after reacting with ROS [42]; therefore, it can be used to assess ROS generation. To detect and quantify the production of ROS, we hereby determined the fluorescence signal from DCF with CLSM and flow cytometry. The CLSM images from Figure 3C present strong green fluorescence in the group of FHMP NPs plus US exposure, revealing the mass production of ROS from FHMP NPs in tumor cells after US activation. In contrast, no evident fluorescence signal was displayed in the remaining groups, including control (without treatment), US, FMP NPs + US, FHMP NPs and HMP NPs + US. In particular, when NAC, known as an ROS scavenger [43], was added to the group of FHMP NPs + US, ROS generation was vastly impeded; thus, a lower fluorescence intensity was observed under these circumstances. The fluorescence intensity after the above treatments was further quantified using flow cytometry, as shown in Figure S3 and S4. The relative fluorescence intensity in the treated group with FHMP NPs + US was significantly higher than that in any other group, which is well consistent with the CLSM observation in Figure 3C.

Then, the cells were incubated with these NPs at various concentrations (0, 0.25, 0.50, 0.75 and 1.00 mg/mL) for 3, 6 and 24 h, and then the in vitro toxicity to cells was tested using a standard CCK-8 assay. As shown in Figure 3D, FHMP NPs only exerted a negligible effect on the survival of MDA-MB-231 cells without US activation even at concentration up to 1.00 mg/mL, indicating their favorable biocompatibility for further utilization.

To verify the SDT effectiveness of FHMP NPs, the cells were then incubated with various types of NPs (FMP NPs, HMP NPs, and FHMP NPs) for 3 h at the concentrations of 0.75 mg/mL and 1.00 mg/mL, either followed by US irradiation or not irradiated. Strikingly, it was found that the US-activated HMP NPs and FHMP NPs generated a strong cytotoxicity effect on MDA-MD-231 cells, and the FHMP NPs caused the lowest cell viability (Figure 3E), while no evident decline was observed after the cells were treated with FHMP NPs alone without US irradiation, revealing that the targeted nanosonosensitizers under US activation mainly contributed to the cell-killing effect. This efficacy of targeted SDT was further confirmed by a Calcein-AM and PI co-staining test for differentiating live cells from dead cells. Likewise, highest numbers of dead cells were found under CLSM after FHMP NPs were combined with US treatment (Figure 3F). No significant effect on cell viability was shown after treatment with US, FMP or FHMP NPs. These results demonstrated that FHMP NPs had high biocompatibility. However, in the meantime, they also acted as an efficient sonosensitizer to produce the targeted SDT effect on cancer cells when activated by US.

Targeting ability of FHMP NPs

The structure of shell materials of FHMP NPs formed from FA-PEG-PLGA was confirmed by 1HNMR spectroscopy, as shown in Figure 4A, proving the efficient connection of FA and PEG to PLGA. Then, immunofluorescence was applied to assess the immunogenicity of FA on the surface of the FHMP NPs. CLSM images show that the Dil-labeled NPs present red fluorescence and the FITC-labeled anti-mouse IgG antibodies in sheep (secondary antibodies) exhibit green fluorescence. When the channels were combined, a yellow fluorescence was detected owing to the overlap of red and green fluorescence (Figure 4B). The binding efficiency between FA and HMP NPs was 94.37 ± 6.59%, as determined by flow cytometry (Figure 4C). In addition, the efficacy of Dil-labeled FHMP NPs to target MDA-MB-231 cells was verified by the CLSM. As shown in Figure 4D, numerous Dil-labeled FHMP NPs emitted red fluorescence and aggregated around the cells after 3 h of coincubation. Meanwhile, only a few NPs gathered around the cells in the other two groups (HMP NPs and Free FA + FHMP NPs). To demonstrate the role of FA in guiding FHMP NPs to FA receptor-rich tumor cells, the FHMP NPs were also incubated with FA receptor-negative A549 lung carcinoma cells [44-46] as control for 1 h, 2 h and 3 h. Compared to that in MDA-MB-231 cells, the fluorescence signal visible in A-549 cells was very weak even after being incubated for 3 h (Figure 4E). The marked difference between these two cell lines suggests that the FHMP NPs specifically targeted toward FA receptor-rich tumor cells.
Figure 4. (A) The 1HNMR spectrum of FA-PEG-PLGA. (B) The investigation of FA on the surface of NPs by CLSM. The scale bar is 10 μm. (C) The binding efficiencies of different NPs detected by flow cytometry (n = 3, **p < 0.01). (D) CLSM images of MDA-MB-231 cells after incubation with different NPs. (DiI-labeled-HMP NPs, free folic acid (FA) combined with Dil-labeled FHMP NPs and DiI-labeled FHMP NPs) for 3 h. The scale bar is 20 μm. (E) CLSM images of MDA-MB-231 cells and A-549 cells after incubation with Dil-labeled FHMP NPs for elevated time (1 h, 2 h and 3 h). The scale bar is 15 μm.

To further validate the active targeting efficiency in vivo, the MDA-MB-231 tumor-bearing mouse model was established, and fluorescence imaging was performed at different time points after tail vein injection with DiR-labeled FHMP NPs or HMP NPs. According to Figure 5A, a strong fluorescence signal was observed in the tumor region after injection of DiR-dyed FHMP NPs, while only a faint signal was found in the parallel tumor in mice treated with HMP NPs without FA targeting. Especially, the FA guidance effect was impeded when the mice were injected with free FA, so there were no significant fluorescent signal can be detected even the FHMP NPs administration. Typically, the fluorescence intensity reached a peak value of as high as 8674 (a.u.) at 2 h post-injection through the active targeting of FA (Figure 5B). The average fluorescence intensity in the FHMP NPs group was determined to be 3.6-folds of that in HMP NPs group. To determine the NPs biodistribution in vivo, the major organs and tumors were harvested 24 h later for ex vivo fluorescence imaging (Figure 5C), and the corresponding fluorescence intensities were quantified (Figure 5D). In addition, both types of NPs were also found to accumulate in the liver and spleen due to the phagocytosis by the reticuloendothelial system (RES). Examination of ultrathin tumor sections showed that the FHMP NPs group contained many red dots, indicating that the FHMP NPs largely accumulated in the tumor site; the highest number was noted at 2 h. Only a small quantity of red dots was found in tumor sections from the HMP NPs group (Figure 5E).
**In vitro and in vivo PA imaging**

To explore the potential of FHMP NPs as a PA probe for tumor imaging, which is especially helpful in analyzing information in the tumor area, PA imaging was acquired using FHMP NPs as the contrast agent both in vitro and in vivo. With the excitation wavelength ranging from 700 nm to 950 nm, FHMP NPs had the strongest PA signal at 700 nm (Figure 6A). As shown in Figure 6B, PA images of HMP NPs and FHMP NPs dispersed in aqueous solution at different concentrations clearly show their contrast-enhancement performances under the excitation at 700 nm. Noteworthily, there were no significant differences between the HMP NPs and FHMP NPs in PA imaging. Under PA laser irradiation, the FMP NPs and MNP (without being encapsulated) solutions at various concentrations were compared for PA imaging in vitro, which is shown in Figure S5. Clearly, the FMP NPs emulsions
presented a noticeable PA imaging signal, whereas no significant PA imaging signal was detected in the MNP solution group under the same condition. Based on the fact that MNPs can bind drugs with an aromatic structure, we tested if those two NPs have combined effects in PA imaging. Therefore, we measured the *in vitro* PA values from FHP NPs, FMP NPs and FHMP NPs at the concentrations of 5, 17.5 and 30 mg/mL (*Figure 6C, 6D*), respectively. It was found that the PA values of FHMP NPs were substantially higher than those of FHP NPs or FMP NPs alone under the same condition, revealing a combined effect on enhancing PA imaging of MNPs and HMME. Motivated by the aforementioned *in vitro* results, *in vivo* PA imaging at tumor sites on the mouse breast cancer model was acquired at different time points after intravenous injection of FHMP NPs or HMP NPs into the mice (*Figure 6E*), and the corresponding quantitative analysis of PA values was performed (*Figure 6F*). Before NPs injection, the tumor showed a negligible PA signal. After injection with FHMP NPs, the PA signal in the tumor region reached maximum value approximately 2 h post-injection. With prolonged time after post-injection, the tumor PA value gradually decreased, which is attributed to the clearance of FHMP NPs from the tumor site. In contrast to the signal from FHMP NPs injection, no obvious PA signal was detected from HMP NPs injection, and the corresponding PA value was also dramatically lower as well the group of free FA + FHMP NPs. These results demonstrate the potential of FHMP NPs as a desirable contrast agent for PA imaging, which leads to diagnostic-imaging guidance and monitoring during tumor therapy.

**Figure 6.** PA imaging of FHMP NPs *in vitro* and *in vivo*. (A) Quantitative PA intensities of FHMP NPs *in vitro*. (B) Plots of PA values of FHMP NPs and HMP NPs with various concentrations of 5, 10, 15, 20 and 25 mg/mL *in vitro*. Inset: PA images of FHMP NPs (the first row) and HMP NPs (the second row) dispersed in aqueous solution (*n* = 3). (C) Quantitative PA values of FHP NPs, FMP NPs and FHMP NPs with different concentrations (5, 17.5 and 30 mg/mL) (*n* = 3) and (D) corresponding PA images *in vitro*. (E) PA images of tumor regions in MDA-MB-231-bearing mice after the intravenous injections of HMP NPs or FHMP NPs at varied time intervals (0 h, 2 h, 4 h and 24 h) with 5 mg/mL concentration for 200 μL of total volume. (F) PA signal at tumor regions in MDA-MB-231-bearing mice.
In vivo SDT of FHMP NPs

SDT, an effective treatment for malignant tumors, causes minimal damage to adjacent healthy tissues. Encouraged by the excellent PA imaging, ROS generation, and SDT efficiency of FHMP NPs, tumor therapy was performed in vivo as depicted in Figure 7A. Six groups (blank control, US control, FMP NPs + US group, FHMP NPs group, HMP NPs + US group, and FHMP NPs with US irradiation) were employed to evaluate the SDT efficacy of FHMP NPs. Tumor volumes and body weights of the mice were monitored every two days, and digital photographs of the mice were taken every five days for fifteen days after the treatment. As shown in Figure 7B, the tumor growth curves displayed that tumor volumes increased rapidly except for the FHMP NPs + US group during the entire treatment period. After fifteen days of treatment, remarkably suppressed tumor growth was observed in the group of FHMP NPs combined with US irradiation, which is ascribed to the effect of SDT on the abundance of ROS generation.
The body weight of the mice showed negligible fluctuations, thus confirming the negligible adverse effects of these treatments on the health of mice (Figure 7C). To further testify the antitumor efficiency of different treatments, tumor weight inhibition rates were calculated after the treatments. From Figure 7D, it can be found that the FHMP NPs + US group exhibited the highest tumor weight inhibition rate compared to any other groups, confirming the efficient tumor suppression by US-activated FHMP NPs. As shown in Figure 7C inside, the weight of the desected tumor masses of various treatments show the similar trend to the Figure 7B. Meanwhile, the digital photographs in Figure 7E show that tumors in the treated group (FHMP NPs + US) were inhibited at the end of the treatment. In comparison, tumors in the remaining groups grew quickly, as no therapeutic efficacy was exerted and there was only a limited inhibitory effect.

In observing H&E and TUNEL staining, substantial damage and apoptosis of tumor cells in the group of FHMP NPs + US were found, which were much more remarkable compared to those in other control groups (Figure 8A). The highest apoptotic index was also exhibited in this group (Figure 8B). The in vivo proliferative activity was determined by PCNA staining, and the group of FHMP NPs + US presented a strong suppression effect on cell proliferation, while the other five groups did not show adverse effects on the proliferative activity of cancer cells (Figure 8C).

**In vivo toxicity**

It is highly desirable to exploit novel probes that not only have an image-guided therapeutic ability that ensures effective tumor targeting but also possess satisfactory biocompatibility and biodegradability, which ensure their harmless excretion from the body at a specific time after therapy [47]. However, inorganic NPs, such as Au [48], Ag [49], and Pt NPs [50], golden nanostars [51], transition metal sulfide/oxide NPs [52, 53] and carbon nanomaterials

![Figure 8](http://www.thno.org)
[54, 55], generally possess poor biodegradability and long-term body retention, causing the risk of adverse effects [56]. The designed FHMP NPs in this study are completely composed of biocompatible and biodegradable ingredients. To prove their potential transition to the clinic, we further conducted a detailed investigation of in vivo toxicology. First, the normal hematology parameters, as indicators of many diseases, were examined by observing the blood cells and their morphological distribution. According to Figure S6A, compared to that of the control group, changes in the number of blood cells were negligible, including white blood cells (WBC), red blood cells (RBC) and platelets (PLT), as well as in the morphological distribution of the group of FHMP NPs. Next, the standard blood biochemical indexes were measured, and various makers were tested. In Figure S6B, compared with that of the control group, no meaningful change was detected from the indicators of hepatic function, including alanine transaminase (ALT), aspartate transaminase (AST), alkaline phosphatase (ALP) and albumin (ALB), as well as from the renal indicators (urea nitrogen: BUN; and serum creatinine: Scr), in the FHMP NPs group. All results indicate that the FHMP NPs caused no detectable toxicity in vivo.

Furthermore, major organs of the mice, including the heart, liver, spleen, lung, and kidney, were collected and sectioned for H&E staining after the treatments to observe the corresponding pathological toxicity. It is clear that no adverse effect was found during the treatment period for all groups, suggesting no significant histological abnormality in the treatment group (Figure 8D). All these results suggest that the FHMP NPs are highly biocompatible and biodegradable in vivo.

Conclusions

In summary, we successfully constructed a PLGA-loaded multifunctional FA-targeted theranostic nanoparticle (FHMP NPs) for PA imaging-guided SDT of cancer cells/tissue. Such an intriguing contrast agent is highly useful in PA imaging for detecting tumors as well as for delineating tumor regions. Especially, upon exposure of FHMP NPs to US, a large quantity of ROS was generated based on the sonosensitizing effect of FHMP NPs. Both in vitro cell-level evaluation and in vivo tumor-xenograft experiments identified the FA ligand-mediated active targeting with high specificity to tumor cells, which achieved a large accumulation of FHMP NPs in the tumor region compared to that of nontargeted NPs. In addition, based on the ROS generation, the therapeutic effect on tumors was also evaluated and demonstrated for efficient tumor ablation without obvious reoccurrence. Importantly, the integrated biocompatible components endowed this nanoparticle with excellent compatibility and biodegradability in the studied concentration range, which guarantee their further clinical translation. Therefore, this work not only reports a novel theranostic probe for tumor detection and treatment but also provides convincing evidence on supporting the highly targeted therapeutic efficacy of FHMP NPs under US irradiation.

Abbreviations

ALB: albumin; ALT: alanine transaminase; ALP: alkaline phosphatase; AST: aspartate transaminase; BUN: urea nitrogen; CHCl3: chloroform; Calcein-AM: Calcein acetoxyethyl ester; CCK-8: Cell Counting Kit-8; CLSM: confocal laser scanning microscopy; DAPI: 4,6-diamidino-2-phenylindole; DCFH-DA: 2,7-dichlorodihydrofluoresceindiacetate; DiI: 1,1'-dioctadecyl-3,3',3'-tetramethylindocarbocyanine perchlorate; DiR: 1,1'-dioctadecyl-3,3',3'-tetramethylindocarboxyanine iodide; DPBF: 1,3-diphenylisobenzofuran; FA: folate; FBS: fetal bovine serum; FDA: Food and Drug Administration; FHP NPs: FA-HMME-PLGA NPs; FHMP NPs: FA-HMME-MNPs-PLGA NPs; HMP NPs: HMME-MNPs-PLGA NPs; H &E: hematoxylin-eosin staining; HMP NPs: HMME-MNPs-PLGA NPs; LIFU: low-intensity focused ultrasound; MNPs: melanin NPs; NAC: N-acetyl-L-cysteine; OD: optical density; PA: photoacoustic; PBS: phosphate-buffered solution; PEG-MNP: pegylated polydopamine NPs; PEG-MNP-CA: pegylated polydopamine NPs decorated with citraconic amide; Gd-64 Cu-PEG-MNP: pegylated polydopamine NPs loaded with Gd3+ and 64 Cu2+; PLGA: poly (lactic-co-glycolic acid); PCI: platelets; PI: propidium iodide; PVA: poly(vinyl alcohol); PCNA: proliferating cell nuclear antigen; RBC: red blood cells; ROS: reactive oxygen species; RPMI-1640: Roswell Park Memorial Institute-1640; SEM: scanning electron microscopy; SDT: sonodynamic therapy; Scr: serum creatinine; SOSG: singlet oxygen sensor green; TEM: transmission electron microscopy; TUNEL: TdT-mediated dUTP nick-end labeling; US: ultrasound; UV-vis: ultraviolet spectrophotometer; WBC: white blood cells.

Supplementary Material

Supplementary figures.
http://www.thno.org/v08p6178s1.pdf

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Competing Interests

The authors have declared that no competing interest exists.

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