The psychological impact of students choosing the department at SMKN 2 Yogyakarta

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Abstract. This study aims to find out how the psychological impact of students who are forced by parents in choosing majors at SMK N 2 YOGYAKARTA. Factors causing major discrepancies taken due to the compulsion of parents. Parents should discuss in terms of children's interests and talents, so that children can freely develop their talents and interests. This study uses a descriptive qualitative approach, with a type of case study research. The subject of this study was the tenth-grade students at SMK N 2 Yogyakarta. Data collection techniques using the method of observation, interviews, and documentation. Test the validity of using a test of credibility by passing. Data analysis techniques that will be performed in this study using Creswell

1. Introduction

Education is an effort to build and improve human resources towards an era of globalization that is full of challenges, so that we can realize that education is a fundamental thing for every individual. [1] Education has a central role in the development of human resources, as mandated by the 2003 National Education System Act article 1 paragraph 1. The effect of education on a person is the influence that leads to the maturity of a child, to help children who can and can fulfill their life duties and own responsibility. Educating is leading children toward maturity, so that what is addressed by education is maturity. In order for the maturation process to reach the target, the development of the learning process must refer to the development of the potentials found in students. Because based on this potential it will be easier for teachers to provide teaching, guidance and training material in accordance with the intelligence, interests and talents of students [2].

As a prospective student who will apply to further education / vocational school will experience a selection of majors. For this reason, they are expected to be able to assess their interests, talents and abilities so that they do not choose the direction they will take. The selection of majors for prospective vocational students is the beginning of the future career selection for students. Sometimes many students choose majors because of the influence of friends or coercion from parents. The role of parents is very important. Parents must be able to direct their children to choose majors according to their interests, talents and abilities. Because choosing a department at Vocational School will be influential to continue to the next college or career [3].

But many things happen as well as in choosing majors, children are forced to follow their parents' wishes, Many students feel they are not in accordance with the majors they take, in fact from the results
of interview researchers with several students at Yogyakarta N 2 Vocational School some of them claimed wrong choice of majors in vocational high school. They consider that the majors they take are not in accordance with their talents and interests so that they do not develop and tend to find it difficult to attend existing classes, so that they are less motivated in participating in each teaching and learning activity.

The above statement was also supported by research from one of the pilot companies built by Skystar Ventures, Tech Incubator Multimedia Nusantara University (UMN) namely Youth manual, conducted research for two years to explore more than 400,000 profiles and data on students and students throughout Indonesia. From the results of the study, it was found that quite interesting facts, namely 92% of high school / vocational students are equally confused and do not know what will be going forward and 45% of students feel wrong taking majors [4].

The above conditions are very concern so that many children who feel misguided in taking courses that are not in accordance with the talents and interests they have. They are children who are forced to make unilateral decisions without joint consultation by parents who lack understanding of appropriate education. Even though in their teens, they know a lot about their knowledge or talents and interests, but they are confused about implementing them in their lives. And at the age of adolescence, this is also a time when decision making is increasing, such as about the future, which friends will be chosen, how decisions should be taken to determine the talents and interests that are in line with teenagers [5].

It can be imagined when their learning process lacks enthusiasm in learning, often skipping, not caring about the lesson, they are children who are forced to follow the choices of parents who do not understand their children's talents and interests. Factors that influence students' interest in learning are determined by internal and external factors. Internal factors come from within the students, and external factors come from outside the students. Internal factors are innate factors that are carried from birth and are honed through experience. While external factors are influenced by the environment around students [6].

One of the factors that causes a child to miss a course is because of coercion from parents. This is also related to the authoritarian parenting style of parents. [7] Authoritarian parenting is characterized by caring for children with a variety of strict rules, forcing children to behave like their parents, and limiting children's freedom to act on behalf of themselves. Parents who have such a foster pool always make unilateral decisions, and children must be submissive, obedient and not able to ask questions. Parenting like this is also characterized by the existence of strict, hard, and rigid punishment rules. Children who grow up in an atmosphere like this will grow up and behave negatively, for example, will have an attitude of doubt, have a weak personality and one of them is unable to make decisions. This authoritarian parenting can lead to the loss of freedom in children, initiatives and activities become less, so that children become not confident in their abilities. As in choosing majors, parents often ignore the interests and talents of children in order to achieve their own ambitions, whereas parents should discuss in terms of their children's interests and talents, so that parents can give their children freedom in taking majors. So children can account for what they choose, and feel comfortable in going through their school years.

Students who are forced by their parents to choose majors often cannot develop their talents and interests, they are trapped in obligations as children, who must obey the rules of their parents, even though the majors they take are contrary to the opinions of parents but, they will continue to major in their parents' choice to boast of their parents. Although with a heart that is depressed because they have ignored their interests and opinions, it will have an impact on their psychological problems, and they will experience a difficult situation as a result of coercion which is not them

Parents are not aware of the psychological effects of what will happen to their children. Psychological effects can be seen as the result of a stimulus and response acting on a person. But not a few also seen how the influence of parental pressure that occurs will cause various personal and emotional disturbances in children, such as learning difficulties, low achievement, and lack of motivation for school. Psychological effects can be seen as the result of a stimulus and response acting on a person [8].
In this study, researchers want to move from the focus of research on the psychological impact of adolescents in Yogyakarta's N 2 Vocational School who are forced by parents in choosing majors. Research explores deeper about the psychological impact of students in Yogyakarta 2nd Vocational School in exploring the perspectives of students. Therefore, the researchers decided to conduct in-depth interviews about the impact of the selection of majors that were forced by the parents of students.

2. Methods
This research method is a qualitative method with a case study approach model. Case study (case study) is a model that focuses on the exploration of a "limited system" (bounded system) of a particular case or in some cases in detail with in-depth data mining. Various sources of information that are rich in context are carried out for data mining. Data collection methods using interviews and observation [9].

Data analysis techniques that will be performed in this study using Creswell. [10] said four forms of data analysis and their interpretation in case study research, namely: (1) Collection of categories, researchers look for a collection of examples of data and hope to get meaning relevant to the issues that will arise; (2) Direct interpretation, case study researchers look at one example and draw meaning from it without looking for many examples. This is a process of pulling data separately and putting it back together to make it more meaningful; (3) The researcher forms a pattern and looks for a match between two or more categories. This equivalence can be implemented through a 2x2 table that shows the relationship between the two categories; (4) Finally, the researcher develops naturalistic generalizations through data analysis, these generalizations are made through people who can learn from a case, whether it is their own case or apply it to a case population.

3. Results and Discussion
Based on the research conducted, the authors concluded that that cause the first subject (R) chooses the direction that is in accordance with the wishes his parents are because the subject doesn't want to hurt people's feelings especially parents. The subject has repeatedly said that interest is indeed, but the subject's parents, in this case the subject's mother, feel the interest that the subject wants is that automotive cannot make the subject success, according to him only as a hobby. However, when the subject has entered school one semester until class XI. The subject still feels less interested in his department; the subject is forbidden to move by his mother. Responding to this, the subject felt he could only surrender and be sincere in undergoing the choice of his parents. He said that after graduating from school he would work in a workshop.

Not much different from the first subject, second subject (S) too take majors that he does not want because of the demands of his parents, namely his father. Subject S felt that if he did not follow his wishes his father, he would be angry with his father. In addition, subject S was also bought a motorbike by his parents to go to school. Even though, subject S was bought a motorbike by his father, he still felt unhappy about going to school, causing the subject to never enter school one week. Even his parents had been forced to go to school until the S subject didn't want to go to class to join his friends.

The equation of the case that occurs in both subjects can be seen, that parents who impose their will in choosing majors at SMK Although both subjects have told their true interests. And second subjects who only have status as children, feel helpless inside face the demands of their parents. They are afraid to disappoint parents, they, if they don't obey their wishes [11].

4. Conclusions
In seven aspects of psychological impact on students who are forced by their parents to choose a subject to psychological effects such as learning difficulties, and lack of motivation for school so that it will have an impact on student learning achievement. Suggestions for all parents should be discussion in terms of interests and talents with their children, so parents can give their children freedom in taking majors. So children can account for what they choose, and feel comfortable in going through their school years. A positive attitude will form a positive attitude towards learning. Many children are not motivated to go to school because the courses they take are not in accordance with their interests and they do not
feel the benefits of learning. Here in addition to the role of parents, the role of the teacher is also very necessary in fostering student motivation in student learning, even though students do not enjoy the lesson. At least he gained learning experience from the way teachers teach in ways that are interesting and able to create comfortable conditions for students.

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