Validation and comparison of the National Eye Institute Visual Functioning Questionnaire-25 (NEI VFQ-25) and the Visual Function Index-14 (VF-14) in patients with cataracts: a multicentre study

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ABSTRACT.

Purpose: The present study aimed to investigate and compare the psychometric properties of the National Eye Institute Visual Functioning Questionnaire-25 (NEI VFQ-25) and the Visual Function Index-14 (VF-14) in a large sample of patients with cataracts.

Methods: A total of 1052 patients with bilateral age-related cataracts were recruited in the study. Patients with other comorbidities that severely impacted vision were excluded. Participants completed the two questionnaires in random order. Classical test theory and Rasch analyses were used to assess the psychometric properties of the questionnaires.

Results: Complete data were obtained from 899 patients. The mean overall index score on the NEI VFQ-25 was 76.1 ± 19.0, while that on the VF-14 was 46.5 ± 15.0. Cronbach’s α-values for the NEI VFQ-25 and VF-14 were 0.89 and 0.95, respectively. Ceiling effects were observed on nine of the 12 subscales in the NEI VFQ-25. The correlation between total scores on the NEI VFQ-25 and VF-14 was moderate (r = 0.600; p < 0.001), and subscales of the NEI VFQ-25 were weakly or moderately correlated with the similar domains on the VF-14. Rasch analysis revealed ordered category thresholds and sufficient person separation for both instruments, while the two questionnaires had critical deficiencies in unidimensionality, targeting and differential item functioning.

Conclusion: Neither the NEI VFQ-25 nor VF-14 is optimal for the assessment of vision-related quality of life in typical Chinese patients with cataracts. The potential deficiencies of the questionnaires should be taken into consideration prior to application of the instruments or interpretation of the results.

Key words: cataract – NEI VFQ-25 – psychometric properties – Rasch analysis – VF-14 – vision-related quality of life

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Introduction

Age-related cataract is one of the most common potential causes of blindness in older adults, which can significantly impact visual function and quality of life (Liu et al. 2017). Traditionally, visual function has been evaluated in these patients using assessments of visual acuity (e.g. Snellen chart) (Sparrow et al. 2018). However, as visual impairments caused by cataracts lead to a wide range of functional problems in the daily life, clinical measures of visual acuity do not sufficiently reflect the overall visual function in those with cataracts (Groessl et al. 2013). Self-reported measures of vision-related quality of life allow one to examine a patient’s subjective well-being and visual disability while performing daily tasks (Fung et al. 2016). In recent years, numerous questionnaires regarding vision-related quality of life have been developed and applied in both clinical and research settings (Massof & Rubin 2001; Rentz et al. 2014).

The National Eye Institute Visual Functioning Questionnaire-25 (NEI VFQ-25) and the Visual Function
Index-14 (VF-14) are two commonly used questionnaires regarding visual function (Chiang et al. 2011). The NEI VFQ-25 is a multidimensional questionnaire designed to assess the impact of eye conditions/visual problems on general quality of life using 25 items across 12 subscales (Marella et al. 2010). The VF-14 is a 14-item self-report questionnaire developed to measure functional impairment in patients with cataracts across 14 vision-dependent activities (Khadka et al. 2014). Both questionnaires have been translated into a number of different languages for widespread use in clinical and research settings (Valderas et al. 2005; To et al. 2014; Ni et al. 2015; Pan et al. 2015; Zhu et al. 2015).

To ensure the accuracy and effectiveness of measurement, an instrument should exhibit satisfactory psychometric properties. Classical test theory (CTT) is a conventional quantitative approach for investigating the reliability and validity of a scale (Cappelleri et al. 2014). CTT is based on the assumption that all items are equal indicators, focusing on the questionnaire as a whole (Petriel et al. 2015). In contrast, Rasch analysis is a type of modern test theory which converts ordinal rating scale observations into continuum probability measures (Skliadaresi et al. 2016), allowing one to investigate both person ability and item difficulty on the same metric scale (Xu et al. 2018). Before applying an instrument to a specific population, it is crucial to systematically evaluate its psychometric properties within that population. Researchers should also remain aware of whether similar instruments measure the same construct—a premise necessary for making comparisons across studies despite the use of different instruments (Gothwal et al. 2012). Although several studies have separately investigated the NEI VFQ-25 and VF-14, none have directly compared these two instruments in the same patient population. The present large-scale, multicentre study aimed to investigate the psychometric properties of the NEI VFQ-25 and VF-14 in typical Chinese patients with cataracts and to determine whether these assessments measure the same construct.

Methods

Study cohort

This study was conducted across eight medical centres in China from January to June of 2019. A total of 1052 prospective patients with bilateral age-related cataracts were enrolled in the study. Patients with severe comorbidities affecting vision (e.g. macular diseases, glaucoma, optic atrophy and proliferative diabetic retinopathy) were excluded. Lens opacities were graded by well-trained ophthalmologists in each medical centre via slit-lamp examination in accordance with the standard colour figures of the Lens Opacities Classification System III (LOCS III) (Chylack et al. 1993). Binocular uncorrected distance visual acuity (UDVA) values were also recorded for each participant. During administration, participants completed the two questionnaires in random order. For subjects who cannot figure out or understand the questionnaires well by themselves, the ophthalmologists would explain the questions to them to help understand.

This study adhered to the tenets outlined in the Declaration of Helsinki. Ethical approval was obtained from each local institutional review board, and written informed consent was obtained from each participant.

Questionnaires

National Eye Institute Visual Functioning Questionnaire-25

The NEI VFQ-25 is composed of 25 items designed to assess visual disability and health-related quality of life (Hirneiss et al. 2010). The questionnaire contains a single general health construct and 11 visual functioning subscales: general vision, ocular pain, colour vision, near activities, distance activities, social function, mental health, role difficulties, dependency, driving and peripheral vision (Nickels et al. 2017). In total, there are six question types in the NEI VFQ-25 (global rating of health, difficulty, frequency, severity, agreement and numeric) with different response categories (numeric with no labels, all of numeric) with different response categories. ‘Not applicable’ responses are treated as missing data in the analysis (Gothwal et al. 2010). Scores are calculated as the summated responses divided by the number of valid responses. The value is then multiplied by 25 to yield a final score ranging between 0 and 100, with 0 representing the worst and 100 representing the best possible functioning (Las Hayas et al. 2011a).

Statistical analyses

SPSS version 23.0 (IBM, Chicago, IL, United States) and Winsteps version 3.72.3 (Winsteps, Chicago, IL, United States) were used for statistical analysis. A p-value of less than 0.05 was considered statistically significant.

Classical test theory

The internal consistency/reliability of each questionnaire was assessed using Cronbach’s z coefficients. The acceptable minimum value of Cronbach’s z is 0.70, and a coefficient of ≥0.80 is considered indicative of good reliability (Wang et al. 2008). For the NEI VFQ-25, the average item–total score correlation for each multi-item subscale was also calculated using Spearman’s correlation coefficients. Spearman correlation coefficients <0.25 are considered to indicate a weak or absent relationship. Values ranging from 0.25 to 0.50 indicate a fair relationship, those ranging from 0.50 to 0.75 indicate a moderate-to-good relationship, and those >0.75 indicate an excellent relationship (Kovac et al. 2015). Floor or ceiling effects...
are considered to be present if more than 15% of responses achieve the minimum or maximum score, respectively (Terwee et al. 2007). If floor or ceiling effects are present, it is likely that extreme items are missing in the lower or upper end of the scale, indicating limited content validity. As a consequence, patients with the lowest or highest possible score cannot be distinguished from each other; thus, reliability is reduced (Terwee et al. 2007). In addition, we examined concurrent validity by assessing correlations between responses on the NEI VFQ-25 and VF-14 using Spearman’s correlation analyses.

**Rasch analysis**

In addition to the traditional methods described above, we performed Rasch analysis to further evaluate the psychometric properties of the NEI VFQ-25 and VF-14. The ranking of response categories was reversed when necessary to guarantee that higher scores always represented higher levels of visual functioning. Rasch analysis was conducted using the Andrich Rating Scale Model (Andrich 1978). The following components were examined: category threshold order, item fitness, principal component analysis, person separation, targeting and differential item functioning.

**Category threshold order.** The ordering of the response category threshold is an essential parameter that reflects the usage of response categories by the respondents. Category probability curve graphs were generated to display the likelihood of each category being selected over the range of measurement (Khadka et al. 2012). In a well-functioning rating scale, thresholds should be arranged in a hierarchical order, with each curve showing a distinct peak. Disordered thresholds indicate that the response categories are underused or difficult to distinguish. As disordered thresholds can be a cause of item misfit, dysfunctional rating scales are required to be modified prior to further analysis.

**Item fitness.** Item fitness is used to examine the unidimensionality of a psychometric measure, indicating how closely each item response matches the expectations of the Rasch model. There are two types of fit statistics: information-weighted (infit) and outlier-sensitive (outfit). The infit statistic assesses adverse reactions to the items at the competency level of the participant, while the outfit statistic assesses adverse reactions to the items far from the participant’s ability level. Both item fit statistics are expressed as the mean square (MnSq), with an expected value of 1.0. Though the stringent criterion for infit and outfit MnSq statistics is between 0.7 and 1.3, a more lenient criterion between 0.5 and 1.5 is also considered acceptable (Pescodovs et al. 2007; Janssen et al. 2017).

**Principal component analysis.** Principal component analysis (PCA) of the residuals is also a tool for determining the unidimensionality of a questionnaire. For a unidimensional instrument, most of the variance should be explained by the principal component, with no evidence of a second construct being measured (Khadka et al. 2014). To be considered unidimensional, the variance explained by the principal component for the empirical calculation should be comparable to that explained by the model and should be >60%, while the variance unexplained by the contrast should be <2.0 eigenvalue units (Smith 2002).

**Person separation.** The person separation index is a measure of an instrument’s precision and is used to estimate how broadly the participants can be discriminated into statistically distinct levels. The person separation reliability coefficient describes the reliability of the scale to discriminate between individuals of different abilities. A person separation index of ≥2.0 and a person separation reliability of ≥0.8 represent the minimum acceptable level of separation (Marella et al. 2010).

**Targeting.** Targeting refers to how well the difficulty of items in the scale matches the abilities of the individuals in the sample. Targeting can be evaluated by visually inspecting person–item maps and measuring the difference between person and item mean values. Targeting is indicated when the person and item means are close to each other. A discrepancy between means of >1.0 logit indicates notable mistargeting (Pescodovs et al. 2007).

**Differential item functioning.** Differential item functioning (DIF) assesses whether the items function similarly at the same level of ability regardless of the respondent’s demographic characteristics. In the present study, the DIF of each item was assessed according to sex, age (<70 years and >70 years), and systemic comorbidity (present and absent). DIF was considered absent when the difference in the item measure was <0.50 logits, minimal when the difference ranged from 0.5 to 1.0 logits, and notable when the difference was >1.0 logit (Khadka et al. 2011).

**Results**

**Demographic and clinical characteristics of the study participants**

Among the 1052 patients recruited for the study, 153 patients were excluded due to incomplete clinical data or improper answers (e.g. choosing multiple options in a single question). Complete data were obtained from 899 patients (85.5%), all of whom were included in the final analysis. The study cohort comprised 364 men (40.5%) and 535 women (59.5%). The mean age of the participants was 70.3 ± 9.8 years (mean ± SD), ranging from 40 to 90 years. Mean UDVA values were 0.48 ± 0.31 LogMAR in the better eye and 0.76 ± 0.37 LogMAR in the worse eye. Mean LOCS III grading scores were 2.77 ± 0.80 (NO), 2.45 ± 0.98 (C), and 2.22 ± 1.20 (P), respectively. The detailed demographic and clinical characteristics of the study cohort are presented in Table 1.

**Psychometric properties of the VF-14 and NEI VFQ-25**

The mean overall index score on the VF-14 was 46.5 ± 15.0, while the mean

**Table 1.** Demographic and clinical characteristics of the study cohort.

| Variables             | Sample, n = 899 |
|-----------------------|-----------------|
| Age (years)           | Mean ± SD       |
|                       | 70.3 ± 9.8      |
| Range                 | 40–90           |
| Gender, number (%)    | Male            |
|                       | 364 (40.5)      |
|                       | Female          |
|                       | 535 (59.5)      |
| UDVA (LogMAR), mean ± SD | Better eye | 0.48 ± 0.31 |
|                       | 0.76 ± 0.37     |
| LOCS III score, mean ± SD |
| NO                    | 2.77 ± 0.80     |
| C                     | 2.45 ± 0.98     |
| P                     | 2.22 ± 1.20     |
| Systemic comorbidity, number (%) |
| Hypertension          | 385 (42.8)      |
| Diabetes              | 205 (22.8)      |
| Heart disease         | 110 (12.2)      |
| Cerebrovascular disease | 35 (3.9)      |

C = cortical, LOCS III = Lens Opacities Classification System III, NO = nuclear opalescence, P = posterior subcapsular, SD = standard deviation, UDVA = uncorrected distance visual acuity.
total NEI VFQ-25 score was 76.1 ± 19.0. Mean subscale scores for the NEI VFQ-25 are presented in Table 2. A high missing response rate was detected in the 'driving' subscale of the NEI VFQ-25 (missing percentages of 68.0% and 76.4% for items 15 and 16, respectively). Similarly, we also observed a high missing response rate for VF-14 items related to driving (missing percentages of 67.3% and 75.6% for items 13 and 14, respectively).

**Classical test theory**

Cronbach's $\alpha$ values for the VF-14 and NEI VFQ-25 were 0.95 and 0.89, respectively, indicating good internal consistency for each questionnaire. Cronbach's $\alpha$ values for the multi-item subscales of the NEI VFQ-25 ranged from 0.67 to 0.93 (Table 2). Overall, reliability was satisfactory for the majority of subscales, although one subscale exhibited a Cronbach's $\alpha$ below 0.70 ('ocular pain', 0.67). Our analysis of average item–total score correlations showed that the items which reflected the same construct yielded similar results (Table 2).

Although we observed no floor or ceiling effect for the VF-14, ceiling effects were identified in nine of the 12 subscales of the NEI VFQ-25. The percentage of patients with the maximum score ranged from 35.2% ('mental health' subscale) to 73.0% ('colour vision' subscale; Table 2). No subscale of the NEI VFQ-25 was detected to have a floor effect.

In our analysis of concurrent validity, Spearman correlation coefficients revealed a moderate correlation between total scores on the VF-14 and NEI VFQ-25 ($r = 0.600; p < 0.001$). Subscales on the NEI VFQ-25 were weakly or moderately correlated with similar domains on the VF-14 (Table 3).

**Rasch analysis**

*Appropriateness of rating scale.* The category threshold order for the NEI VFQ-25 and VF-14 is illustrated in Fig. 1. All category probability curves intersected and increased in an orderly fashion, suggesting that all categories were utilized by the respondents and that the rating scales are appropriate for each assessment.

*Item fitness.* The fit statistics for each item on the NEI VFQ-25 or VF-14 are presented in Table 4. For the NEI VFQ-25, infit values ranged from 0.47 to 2.33, while outfit values ranged from 0.42 to 2.15. Thirteen misfitting items were identified: general health, general vision, pain around the eyes, reading normal newsprint, seeing well up close, finding objects on a crowded shelf, reading street signs, seeing objects off to the side, matching clothes, visiting others, driving during daytime, driving at night, and driving in difficult conditions. For the VF-14, infit values ranged from 0.58 to 1.91, while outfit values ranged from 0.56 to 1.96, with three misfitting items (reading small print, driving in daylight, and driving at night). The results suggest that both instruments contained items that introduced noise into the data and did not measure the underlying construct.

**Principal component analysis.** For the NEI VFQ-25, PCA of item residuals revealed that the variance explained by measures for the empirical calculation (59.2%) was comparable to that of the model (61.8%). The unexplained variance in the first contrast was 4.7 eigenvalue units, while that in the second contrast was 2.8 eigenvalue units. No further contrasts exceeded 2.0 eigenvalue units (Table 5). Similarly, the PCA of item residuals for the VF-14 also revealed that the variance explained by the principal component was comparable for the empirical calculation (57.8%) and the model (57.7%). The unexplained variance in the first contrast accounted for 4.2 eigenvalue units, with no further contrasts exceeding 2.0 eigenvalue units. These findings suggest that the questionnaires were not unidimensional and indicate the presence of a second dimension on each scale.

**Person separation.** The separation index for person measures of the NEI VFQ-25 was 3.38, with a reliability of 0.92. The person separation index for the VF-14 was 3.08, with a reliability of 0.90 (Table 5). These results suggest excellent discrimination between individuals of different abilities by both questionnaires.

*Targeting.* The person–item maps are displayed in Fig. 2. In each person–item map, the left half of the graph represents the distribution of persons,
Table 3. Correlations between the VF-14 index and the NEI VFQ-25 subscales.

| Activity                  | General health | General vision | Ocular pain | Near activities | Distance activities | Social functioning | Mental health | Role difficulties | Dependency | Driving | Colour vision | Peripheral vision | NEI VFQ-25 total |
|---------------------------|----------------|----------------|-------------|-----------------|---------------------|---------------------|---------------|-------------------|------------|---------|---------------|------------------|------------------|
| Reading small print       | 0.236**        | 0.234**        | 0.299**     | 0.334**         | 0.272**             | 0.274**             | 0.093**       | 0.318**           | 0.176**    | 0.232** | 0.242**       | 0.249**           | 0.326**          |
| Reading newspaper         | 0.217**        | 0.171**        | 0.318**     | 0.455**         | 0.379**             | 0.378**             | 0.235**       | 0.413**           | 0.303**    | 0.220** | 0.342**       | 0.360**           | 0.434**          |
| Reading large print       | 0.168**        | 0.200**        | 0.277**     | 0.331**         | 0.464**             | 0.422**             | 0.353**       | 0.384**           | 0.349**    | 0.284** | 0.373**       | 0.446**           | 0.448**          |
| Recognizing people        | 0.072**        | 0.101**        | 0.138**     | 0.255**         | 0.227**             | 0.239**             | 0.228**       | 0.221**           | 0.221**    | 0.230** | 0.226**       | 0.263**           | 0.263**          |
| Seeing stairs             | 0.091**        | 0.199**        | 0.229**     | 0.283**         | 0.390**             | 0.339**             | 0.267**       | 0.322**           | 0.241**    | 0.358** | 0.311**       | 0.346**           | 0.361**          |
| Reading traffic signs     | 0.141**        | 0.238**        | 0.306**     | 0.265**         | 0.491**             | 0.435**             | 0.375**       | 0.425**           | 0.345**    | 0.317** | 0.415**       | 0.472**           | 0.475**          |
| Doing fine handwork       | 0.206**        | 0.203**        | 0.379**     | 0.420**         | 0.400**             | 0.417**             | 0.243**       | 0.421**           | 0.305**    | 0.297** | 0.391**       | 0.390**           | 0.463**          |
| Writing checks            | 0.206**        | 0.108**        | 0.506**     | 0.433**         | 0.571**             | 0.566**             | 0.511**       | 0.518**           | 0.523**    | 0.298** | 0.547**       | 0.566**           | 0.600**          |
| Playing games             | 0.191**        | 0.188**        | 0.389**     | 0.349**         | 0.509**             | 0.502**             | 0.385**       | 0.464**           | 0.405**    | 0.315** | 0.473**       | 0.508**           | 0.511**          |
| Taking part in sports     | 0.109**        | 0.133**        | 0.295**     | 0.280**         | 0.398**             | 0.402**             | 0.320**       | 0.345**           | 0.327**    | 0.269** | 0.374**       | 0.379**           | 0.390**          |
| Preparing meals           | 0.203**        | 0.242**        | 0.296**     | 0.264**         | 0.404**             | 0.397**             | 0.247**       | 0.377**           | 0.268**    | 0.211** | 0.341**       | 0.365**           | 0.390**          |
| Watching TV               | 0.184**        | 0.231**        | 0.277**     | 0.283**         | 0.435**             | 0.342**             | 0.264**       | 0.399**           | 0.261**    | 0.335** | 0.290**       | 0.400**           | 0.401**          |
| Driving in daylight       | 0.205**        | 0.196**        | 0.383**     | 0.514**         | 0.539**             | 0.471**             | 0.436**       | 0.474**           | 0.444**    | 0.390** | 0.461**       | 0.469**           | 0.575**          |
| Driving at night          | 0.197**        | 0.148**        | 0.373**     | 0.480**         | 0.505**             | 0.419**             | 0.471**       | 0.486**           | 0.453**    | 0.379** | 0.442**       | 0.458**           | 0.553**          |
| VF-14 Total               | 0.208**        | 0.207**        | 0.464**     | 0.471**         | 0.594**             | 0.580**             | 0.428**       | 0.559**           | 0.452**    | 0.365** | 0.531**       | 0.569**           | 0.600**          |

NEI VFQ-25 = National Eye Institute Visual Functioning Questionnaire, VF-14 = Visual Function Index.
** Significant at the 0.01 level (two-tailed).
while the right half represents the distribution of the item difficulty, while the y-axis reflects the probability of the category being chosen. (A) Category probability curves for the questions with difficulty-related response options in the National Eye Institute Visual Functioning Questionnaire-25 (NEI VFQ-25). The category probability curve was intersecting and ordered. The curve at the extreme left represents 'stopped doing this because of eyesight', while the curve at the extreme right represents 'no difficulty at all'. The response option 'stopped doing this for other reasons or not interested in doing this' was treated as missing data and not included in the analysis. (B) Category probability curves for questions with frequency-related response options in the NEI VFQ-25, illustrating ordered thresholds. The five curves from left to right represent response categories ranging from 'all of the time' to 'none of the time'. (C) Category probability curves for questions with agreement-related response options in the NEI VFQ-25, illustrating ordered thresholds. The five curves from left to right represent response categories ranging from 'definitely true' to 'definitely false'. (D) Category probability curves for the Visual Function Index. Each response option was appropriately used, and category calibration increased in an ordered fashion. The curve at the extreme left represents 'unable to do', while the curve at the extreme right represents 'no difficulty'. The response option 'not applicable' was treated as missing data.

Table 4. Fit Statistics of the NEI VFQ-25 and VF-14 using Rasch analysis.

| Items of the NEI VFQ-25 | Measure | Infit MnSq | Outfit MnSq | Items of the VF-14 | Measure | Infit MnSq | Outfit MnSq |
|-------------------------|---------|------------|-------------|-------------------|---------|------------|-------------|
| General health          | 2.20    | 1.23       | 1.62        | Reading small print | 1.13    | 1.89       | 1.96        |
| General vision          | 1.25    | 1.61       | 2.15        | Reading newspaper  | 0.57    | 1.21       | 1.25        |
| Worry about eyesight    | 0.38    | 1.31       | 1.30        | Reading large print | −0.58  | 0.68       | 0.69        |
| Pain around the eyes    | −0.86   | 1.33       | 1.54        | Recognizing people | −1.21  | 1.17       | 1.15        |
| Reading normal newprint | 1.05    | 1.65       | 1.50        | Seeing stairs      | −0.75  | 0.74       | 0.73        |
| Seeing well up close    | 0.88    | 1.54       | 1.38        | Reading traffic signs | −0.27  | 0.71       | 0.71        |
| Finding objects on a crowded shelf | −0.37 | 0.56 | 0.49 | Doing fine handwork | 0.84 | 1.40 | 1.43 |
| Reading street signs    | −0.30   | 0.50       | 0.45        | Writing checks      | −0.62  | 0.75       | 0.72        |
| Going downstairs at night | 0.07  | 0.76       | 0.67        | Playing games       | −0.78  | 0.58       | 0.56        |
| Seeing objects off to the side | −0.35 | 0.47 | 0.42 | Taking part in sports | −0.94  | 0.74       | 0.72        |
| Seeing how people react | −0.91   | 0.71       | 0.52        | Preparing meals     | −1.15  | 0.65       | 0.62        |
| Matching clothes        | −1.03   | 0.85       | 0.48        | Watching TV         | −0.39  | 0.78       | 0.78        |
| Visiting others         | −0.88   | 0.69       | 0.45        | Driving in daylight | 1.68   | 1.91       | 1.80        |
| Going out to movies/plays | −0.06 | 0.80 | 0.68 | Driving in daylight | 1.68   | 1.91       | 1.80        |
| Driving during daytime  | −0.21   | 2.33       | 1.70        | Driving at night    | 2.47   | 1.71       | 1.59        |
| Driving at night        | 0.76    | 2.04       | 1.57        |                        |        |            |             |
| Driving in difficult conditions | 0.70  | 2.03 | 1.53 |                        |        |            |             |
| Accomplish less         | 0.29    | 0.92       | 0.82        |                        |        |            |             |
| Limited endurance       | 0.34    | 0.84       | 0.73        |                        |        |            |             |
| Amount of time in pain  | −0.66   | 1.15       | 0.76        |                        |        |            |             |
| Stay home most of the time | −0.33 | 0.95 | 0.70 |                        |        |            |             |
| Frustrated              | −0.38   | 1.05       | 0.84        |                        |        |            |             |
| No control              | −0.34   | 1.01       | 0.73        |                        |        |            |             |
| Rely too much on others’ words | −0.39 | 0.94 | 0.64 |                        |        |            |             |
| Need much help from others | −0.35 | 0.94 | 0.65 |                        |        |            |             |
| Embarrassment           | −0.49   | 0.83       | 0.54        |                        |        |            |             |

MnSq = mean square, NEI VFQ-25 = National Eye Institute Visual Functioning Questionnaire-25, VF-14 = Visual Function Index.
on systemic comorbidity (general health, 0.57; seeing well up close, 0.51; matching clothes, 0.57; Table 5). For the VF-14, two items exhibited DIF based on sex (driving in daylight, 0.94; driving at night, 0.64), while an additional two exhibited DIF based on systemic comorbidity (recognizing people, 0.59; driving at night, 0.52). No item on either questionnaire exhibited notable DIF (>1.0 logits).

**Discussion**

In the present study, we investigated and compared the psychometric performance of the NEI VFQ-25 and VF-14 in a large sample of patients with cataracts across eight medical centres in China. Our results indicated that both questionnaires exhibited deficiencies in several critical measurement properties.

We first examined the reliability and validity of the instruments using CTT. Cronbach’s $\alpha$, a key measure of reliability, was high for the overall index values of either questionnaire (0.89 for the NEI VFQ-25 and 0.95 for the VF-14). However, one subscale of the NEI VFQ-25 exhibited a Cronbach’s $\alpha$ value below 0.70 (‘ocular pain’, 0.67). Therefore, although the overall reliability of the questionnaire was quite satisfactory, high internal consistency was not ensured in every subscale. In regard to validity, most subscales of the NEI VFQ-25 exhibited a ceiling effect. Such effects have also been reported in previous studies attempting to validate translated versions of the assessment (Labiris et al. 2008; Nickels et al. 2017). High ceiling percentages suggest reduced content validity and an inability to distinguish participants with high visual function. We also examined the concurrent validity of the two questionnaires by comparing the subscales of the NEI VFQ-25 with items of the VF-14. We observed weak-to-moderate correlations between the two instruments, indicating that the NEI VFQ-25 and VF-14 may not have reflected the same construct in our population. Therefore, caution should be exercised when making comparisons of vision-specific quality of life across studies using different instruments.

We also performed Rasch analysis to assess the psychometric properties of the two questionnaires. Rasch analysis is a modern psychometric validation technique that can provide a deeper understanding of various critical measurement properties of an instrument (Leung et al. 2008). Our Rasch analysis revealed ordered category thresholds in the NEI VFQ-25 and VF-14, indicating that our participants understood the content of the categories well and distinguished between the characteristics of the categories correctly. We also observed sufficient person separation of the instruments, suggesting that both questionnaires can distinguish among different levels of ability. However, several crucial deficiencies were also detected, including multidimensionality, mistargeting and DIF. Item fitness and PCA of the residuals are two key indicators used to assess the unidimensionality of an instrument. Misfitting was observed for thirteen of the 25 NEI VFQ-25 items and three of the 14 VF-14 items. While previous studies have also reported multidimensionality for the two instruments, the misfit items were not quite the same (Valderras et al. 2004; Pesudovs et al. 2010). PCA of the residuals also suggested the presence of a second dimension in both scales. Multidimensionality represents a significant problem, as it invalidates the reporting of a total score derived from all items. Targeting measures how well the difficulty of items in the scale matches the abilities of the persons in the sample. In accordance with the findings of previous studies (Gothwal et al. 2012; Kovac et al. 2015), the person–item maps of both instruments exhibited problems such as measurement redundancies and measurement voids. For example, the majority of items in the NEI VFQ-25 were located at similar difficulty regions, especially at the bottom of the continuum. Meanwhile, there was a shortage of items at the top. Such findings indicate that the instrument had a low ability to differentiate among participants with higher levels of visual function. The notable mistargeting of the NEI VFQ-25 may result from its severe ceiling effect. Although maps were somewhat better for the VF-14, the same general problems were observed. In contrast to findings observed for the NEI VFQ-25, measurement voids for the VF-14 were observed at the bottom of the continuum, suggesting a weakness of the instrument to distinguish participants with worse visual performance. Furthermore, the NEI VFQ-25 and VF-14 were both limited by notable DIF for sex and systemic comorbidity across several items, suggesting that subgroups of participants with comparable levels of ability responded differently to the items. Thus, bias may have been introduced by characteristics other than item difficulty in our population.

Previous studies have attempted to improve the psychometric properties of the scales by removing the misfitting items using Rasch analysis (Gothwal et al. 2010; Kovac et al. 2015; Abe et al. 2019). However, reengineering the questionnaires by simply reducing the number of misfitting items did not achieve satisfactory psychometric properties in our study. Developing and adding new items seemed to be helpful, as there were notable

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**Table 5.** Comparison of overall performance in Rasch analysis between the NEI VFQ-25 and VF-14.

| Components               | NEI VFQ-25 | VF-14 |
|--------------------------|------------|-------|
| Unidimensionality        | 13         | 3     |
| Misfitting items (n)     | 0          | 0     |
| Variance explained by measures (empirical) | 59.2% | 57.8% |
| Variance explained by measures (modelled) | 61.8% | 57.7% |
| Unexplained variance in 1st contrast | 4.7 | 4.2 |
| Unexplained variance in 2nd contrast | 2.8 | 1.9 |
| Unexplained variance in 3rd contrast | 1.9 | 1.5 |
| Unexplained variance in 4th contrast | 1.8 | 1.2 |
| Unexplained variance in 5th contrast | 1.6 | 1.0 |
| Person separation index  | 3.38       | 3.08  |
| Person separation reliability | 0.92 | 0.90 |
| DIF                      | By age (items, n) | 0 | 0 |
|                         | By sex (items, n) | 1 | 2 |
|                         | By systemic comorbidity (items, n) | 3 | 2 |

DIF = differential item functioning, NEI VFQ-25 = National Eye Institute Visual Functioning Questionnaire-25, VF-14 = Visual Function Index.
differences between the range of participant competence and the range of item difficulty (as indicated by the notable measurement voids in the person–item maps). Our findings suggest that it is necessary to add items with high difficulty to the NEI VFQ-25 and items with low difficulty to the VF-14. Taken together, our findings highlight the potential deficiencies of the NEI VFQ-25 and VF-14. Thus, caution should be exercised when applying the assessments to specific populations. Despite modifications designed to address the suboptimal properties of these instruments, the NEI VFQ-25 and VF-14 are still widely used in their original formats in numerous ophthalmology clinics and research studies (Mollazadegan et al. 2014). In some ways, this is reasonable, as even slightly different versions of the same questionnaire may add confusion and increase the difficulty of making comparisons among studies. A deeper understanding of the psychometric properties of the instruments, especially of their deficiencies and weaknesses, can help researchers and clinicians to properly interpret the results of their work. Notably, our results revealed the psychometric deficiencies of the instruments within a typical cataract population. Further studies are required to validate these two assessments in more diverse populations.

Conclusion

Our findings demonstrated deficiencies in the NEI VFQ-25 and VF-14 with regard to several critical psychometric properties, suggesting that neither is optimal for assessing vision-related quality of life in typical Chinese patients with cataracts. Further studies are required to validate these two assessments in more diverse populations.

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Fig. 2. Person–item maps for the National Eye Institute Visual Functioning Questionnaire-25 (NEI VFQ-25) (A) and Visual Function Index (B). In each person–item map, participants are displayed to the left of the dashed line, with more able participants located at the top of the map. Items are located to the right of the dashed line, with more difficult items located at the top of the map. The vertical line represents the measure of the variable in linear logit units. ‘M’ markers represent the location of the mean measure. ‘S’ markers are placed one sample standard deviation away from the mean. ‘T’ markers are placed two sample standard deviations away.
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