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Variants in *MME* are associated with autosomal-recessive distal hereditary motor neuropathy

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Abstract

**Objective:** To identify a new genetic cause in patients segregating distal hereditary motor neuropathy (dHMN) with an autosomal recessive pattern. **Methods:** Whole-exome sequencing was conducted in two siblings and was combined with segregation analysis. Additionally, 83 unrelated dHMN patients with unknown genetic cause were screened. RNA analysis was performed using blood lymphocytes and HEK293 cells transfected with mutant plasmids. Immunohistochemistry and Western blot analysis was applied to the nerve tissue. The enzymatic activities of mutant proteins were measured in the cultured cells to verify the pathogenicity of variants. **Results:** The clinical features of the patients showed late-onset phenotype of distal motor neuropathy without sensory involvement. We identified that compound heterozygous variants of c.1342C>T and c.2071_2072delGCinsTT in the membrane metalloendopeptidase (MME) gene co-segregated with the phenotype in a dHMN family. In an additional group of 83 patients with dHMN, compound heterozygous variants of c.1416+2T>C and c.2027C>T in MME were identified in one patient. The splice site variant c.1416+2T>C results in skipping of exon 13. The stop variant c.1342C>T induces mRNA degradation via nonsense-mediated mRNA decay. Transcript levels of MME in the lymphocytes showed no significant differences between the patients and controls. We also identified that MME variants were associated with mild decrease in protein expression in the sural nerve and significant impairments of enzymatic activity. **Interpretation:** Variants in the MME gene were associated with not only a Charcot-Marie-Tooth neuropathy phenotype but also with an autosomal-recessive dHMN phenotype. Loss of function may play a role in the pathogenesis of dHMN.

Introduction

Distal hereditary motor neuropathy (dHMN), also known as distal spinal muscular atrophy (SMA), is a group of pure motor neuropathies characterized by progressive distal muscle weakness and atrophy without clinical or electrophysiological sensory abnormalities. At least 30 genes or loci have been associated with dHMNs with autosomal dominant, autosomal recessive, or X-linked inheritance. Autosomal recessive dHMNs have been
associated with mutations in the IGHMBP2, PLEKHG5, DANJB2, SIGMAR1, SYT2, HSPB1, ATM, TBCE, and VRK1 genes. However, the underlying genetic variants have yet been discovered in more than one-half of patients with dHMN.

Membrane metalloendopeptidase (MME), also referred to as nephrilysin or neutral endopeptidase (NEP), is a neutral transmembrane endopeptidase that hydrolyses peptides at the amino side of hydrophobic residues and inactivates several peptide hormones. MME is expressed in a variety of normal tissues, especially is enriched in the peripheral nerves. The heterozygous mutations in MME have been associated with late-onset axonal Charcot-Marie-Tooth neuropathy (CMT2), unspecified polyneuropathy, amyotrophic lateral sclerosis, sensory ataxia, cluster headache, and dominant spinocerebellar ataxia with neuropathy (SCA43), whereas homozygous or compound heterozygous mutations in MME cause autosomal recessive CMT2. Several forms of dHMNs exhibit phenotypic overlaps with CMT2 that is a motor-predominant inherited neuropathy with subclinical sensory involvement. However, no patients with dHMN phenotype caused by MME variants have been reported to date. In this study, we identified that compound heterozygous variants in the MME gene were associated with dHMN in two siblings, and further investigated the MME variants in 83 unrelated patients with dHMN of unknown genetic causes.

Subjects and Methods

Subjects

A nonconsanguineous family A with two affected siblings was initially recruited in this study (Fig. 1A). Clinical evaluations were conducted in 15 members (I:1, I:2, II:1, II:2, II:3, II:4, II:5, II:6, II:7, II:8, III:1, III:2, III:3, III:4, and III:5) from this family by two experienced neurologists. The age at onset, progression of disability, and clinical manifestations were collected. The standard electrophysiological examinations were performed on the affected patients. Brain and spine MRI were also taken on the affected patients. All individuals involved in the study signed written informed consent before they were enrolled in the study. This study was approved by the ethics committees of the Peking University People’s Hospital and the First Affiliated Hospital of Nanchang University.

Exome sequencing

Targeted exon enrichment was performed using SureSelect Human All Exon V5 (Agilent Technologies, Santa Clara, CA). The exon-enriched DNA libraries were subjected to paired-end sequencing on a HiSeq2000 platform (Illumina, Inc., San Diego, CA). Sequence data were mapped with BWA and SAMTOOLS onto the hg38 human genome as a reference. Calls with variant quality less than 20 were filtered out and 95% of the targeted bases were covered sufficiently to pass our thresholds for calling single-nucleotide polymorphisms (SNP) and small insertions or deletions (indels; Otogenetics Corporation, Norcross, GA). In order to confirm the variants, fragments containing the MME variants were amplified for direct Sanger sequencing in the patient II:2 and all family members available.

Additional patients screening

To validate whether MME variants are associated with dHMN, genetic testing was performed on an additional 83 dHMN patients with unknown genetic cause using targeted next-generation sequencing panel for inherited neuromuscular disorders that included the MME gene. These patients were recruited from 10 medical centers between January 2014 and December 2018. The clinical information was listed in Table S1.

RNA transcript study

RNA was extracted using the RNeasy Mini Kit (Qiagen, Duesseldorf, Germany) according to the manufacturer’s instructions from the blood lymphocytes of three patients, two carrier subjects (I:1 of family A and I:1 of family B), and a normal control participant. The extracted RNA was converted to cDNA using the SuperScript First-Strand Synthesis System (Life Technologies, Carlsbad, CA) with random hexamer primers. The RNA concentration was measured using a NanoDrop1000 (Thermo Scientific, Waltham, MA). To evaluate the transcript result of the c.1416+2T>C variant, a fragment between the exon 11 and exon 15 of the cDNA of MME (ENST00000460393.5) was amplified by polymerase chain reaction (PCR) using primers of MME-11F (5’-TGATCTTGTAAGCAGCCTCA-3’) and MME-15R (5’-TCCACCTTTTCTCGGAGCTT-3’). The PCR products were analyzed by agarose gel electrophoresis and Sanger sequencing.

The mammalian pCAG-T7pol plasmids with CMV enhancer/chicken beta actin promoter (gift from Dr. Zhongming Liu) harboring wild-type MME or mutant MME (c.1342C>T) were transfected into HEK293 cells for their overexpression. To explore the presence of non-sense-mediated mRNA decay, cells were split into two subcultures. One subculture remained untreated, whereas the other one was exposed to 150 mg/mL cycloheximide (Sigma-Aldrich, Santa Clara, CA) at 37°C for 4 h. After incubation, the cells were washed with Dulbecco’s...
phosphate-buffered saline (Thermo Scientific) and subsequently harvested by centrifugation.

Quantitative PCR (qPCR) was utilized for relative quantification of MME transcripts level. cDNA (10 ng) from each sample was amplified using a Fast SYBR Green master mix (Life Technologies) with primers for MME (F: 5'-TGATCGCACTCTATGCAACC-3'; R: 5'-GCTCCAGTTTTCTGTTGCT-3') and beta-actin (F: 5'-CCTCGCCTTTGCCGATCC-3'; R: 5'-GGATCTTCATGAGGTAGTCAGTC-3'). The qPCR data were analyzed by the ViiATM7 PCR system (Life Technologies). Measurements were normalized against the beta-actin gene. Levels of mutant transcript from the patients were quantified relative to the level of wild-type transcript from a control. An unpaired t-testing was used to compare the normalized and relative mean ΔCt values between the patients and control subjects. Statistical analyses were performed using SPSS software.

MME expression and activity measurement

Sural nerve biopsy was performed on the patient II:2 of family A. Semithin sections of the specimen for light microscopy were stained with toluidine blue. The expression of MME protein in sural nerves was detected by immunohistochemical stain using mouse monoclonal MME antibody (UM870128, OriGene Technologies, Rockville, MD).

The sural nerve biopsy samples were homogenized, separated on a SDS-PAGE gel, and then transferred to nitrocellulose membrane. The Nitrocellulose strips were probed with antibody against MME (UM870128, OriGene Technologies). The membrane was subsequently incubated with horseradish peroxidase-conjugated secondary antibody (Chemicon, Temecula, CA). Chemiluminescent signals were digitally imaged (ECL-Plus, Amersham, Little Chalfont, Buckinghamshire, UK).

The cDNA encoding human wild-type MME was amplified by PCR and subcloned into pCAG-T7pol plasmid through the KpnI and XbaI endonuclease. The plasmids expressing the mutants c.1342C>T, c.1884C>G, c.2027C>T, and c.2071_2072delGCinsTT were generated by site-directed mutagenesis according to the manufacturer’s procedure (Takara MutantBEST Kit, Tokyo, Japan). HEK293 cells were cultured in DMEM with 10% v/v fetal bovine serum. Cells were transfected using

Figure 1. Family pedigrees and illustrations of distal limbs. (A) Family pedigree A shows two patients (arrow indicates the index patient II:2; black square indicates the other patient II:5). The genotype segregates with the phenotype in the family (+ indicates mutant allele; – indicates wild-type allele). (B) Family pedigree B shows an additional patient II:2 (black circle). Genetic screening reveals a family co-segregation (+ indicates mutant allele; – indicates wild-type allele). (C) The patient II:2 of family A shows mild intrinsic muscle atrophy of feet and hands. (D) The patient II:5 of family A has wasting of the lower limbs and left hand. (E) The patient II:2 of family B displays wasting of distal lower limbs and pes cavus.
Lipofectamine 2000 (Invitrogen, Carlsbad, CA) according to the manufacturer’s procedure. After 24 h, cells were incubated with 100 μL reaction mixture containing 10 μmol/L of the MME substrate fluorescent Mca-PLGL-Dpa-AR-NH₂ (R&D Systems, Minneapolis, MN). Fluorescence signal intensity of the cell supernatant was measured using a PekinElmer FL 8500 reader (Waltham, MA) with excitation at 320 nm and emission at 405 nm. Quantitative experiments were performed in triplicate and results were presented as mean ± standard deviation. For statistical analysis, one-way ANOVA with Bonferroni post hoc test was used.

**Result**

**Clinical features**

The index patient was a 54-year-old woman from a nonconsanguineous family A (Fig. 1A II:2). She initially had muscle weakness of lower limbs at the age of 50. She complained of slow walking, muscle soreness, and falling down due to an uneven ground. Subsequently, she started having muscle weakness and tremors in both hands. Physical examination revealed mild atrophy of the intrinsic muscles of her feet and hands (Fig. 1C). Arthrogryposis or joint contracture was not detected in the lower limbs, but interphalangeal joint contracture of the left hand little finger was noted. Her muscle strength grade was 5/5 (Medical Research Council Scale) in the proximal limbs, 3/5 in the extensor digitorum brevis, 3/5 in the foot dorsiflexion, and 4/5 in the foot plantarflexion, respectively. Deep tendon reflexes were diminished in both lower limbs. Pain, light touch, vibration, and joint position sensations were normal. Babinski sign was negative on both sides. The clinical manifestations were summarized in Table 1.

The younger brother of index patient was 50 years of age (Fig. 1A II:5). He first reported mild motor disability of the lower limbs at the age of 45, and hand weakness at the age of 49. Physical examination revealed distal weakness of the lower limbs, wasting in the lower limbs and left hand, and pes cavus (Fig. 1D). Deep tendon reflexes were absent in the lower limbs. Pain, light touch, vibration, and joint position sensations were intact. There was no evidence of ataxia, tremor, or pyramidal tract signs.

The third patient was a 24-year-old woman from a nonconsanguineous family B (Fig. 1B II:2). She was identified in a group of 83 dHMN patients with unknown genetic cause. She had experienced a slowly progressive gait disturbance of the lower limbs since 16 years old. She presented with insidious wasting and weakness of distal lower limbs involving the foot dorsiflexors more severe than the plantar flexors, and developed foot drop and pes cavus (Fig. 1E). Progressive wasting of hand intrinsic muscles and disability to straighten her fingers became obvious at 22 years of age. Deep tendon reflexes were absent in the lower limbs. Pain, light touch, vibration, and joint position sensations were intact. There was no evidence of ataxia, tremor, or pyramidal tract signs.

**Electrophysiological study**

The motor nerve conduction velocities were moderately reduced, but the amplitudes of compound muscle action potentials severely decreased. Furthermore, the motor nerves of lower limbs were more severely affected than those of upper limbs. The sensory nerve conduction velocities and action potentials were not affected in all three patients. Detailed nerve electrophysiological data are listed in the Table 2. For all three patients, needle electromyogram revealed distal denervation featured by the increased amplitude and duration of motor unit action potential during slight contraction, and reduced recruitment on voluntary contraction recorded in distal limbs.

**Genetic findings**

In the exome-sequencing process, after quality control and coverage criteria were met, we started with a total of

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**Table 1. Clinical features of the patients with MME-related dHMN.**

| Variable                  | Family A II:2 | Family A II:5 | Family B II:2 |
|---------------------------|---------------|---------------|---------------|
| Sex                       | female        | male          | female        |
| Age at onset (year)       | 50            | 45            | 16            |
| Age at examination (year) | 54            | 50            | 24            |
| Symptoms at onset         | Weakness of LL| Weakness of LL| Weakness of LL|
| Muscle wasting            | Mild          | mild          | moderate      |
| Upper limbs               | +             | +             | +++           |
| Lower limbs               | ++            | ++            | +++           |
| Postural tremor           | +             | –             | +             |
| Finger joint contraction  | +             | –             | +             |
| Pes cavus                 | –             | +             | +             |
| Babinski reflexes         | –             | –             | –             |
| Knee reflexes             | +             | –             | –             |
| Ankle reflexes            | –             | –             | –             |
| Sensory symptoms          | –             | –             | –             |
| MMSE score                | 30/30         | 29/30         | 30/30         |

MME, membrane metalloendopeptidase; dHMN, distal hereditary motor neuropathy; LL, lower limb; MMSE, Mini-mental State Examination.

1Patients with distal muscle weakness, -: normal; +: <4 grade in distal muscles; ++: ≥2 grade in distal muscles; +++: <2 grade in distal muscles.
50,162 SNP and 2623 indels. Since hereditary motor neuropathy is a rare disorder but has a clear phenotype, there was a low likelihood that a causal mutation in the patient II:2 of family A was present in control populations. We therefore filtered for novel variants by comparing our exome data to several databases including dbSNP build 132, the 1000 Genomes Project, ExAC database, GnomAD, Hapmap, YH project, and the National Heart, Lung, and Blood Institute Exome Sequencing Project. After the exome capture sequencing and variant analysis, 318 variants under the dominant mode (220 SNP and 98 indels) and 52 variants under the recessive mode (41 SNP and 11 indels) were identified.

Comparing the candidate genes with the reported genes related to inherited peripheral neuropathies, we discovered that MME was on the candidate gene list with

Table 2. Electrophysiological studies in patients with MME-related dHMN.

| Motor nerve | Family A II:2 | Family A II:5 | Family B II:2 |
|-------------|---------------|---------------|---------------|
| L Median    |               |               |               |
| E-W         | 50.0          | 46.0          | 48.6          |
| W-APB       | 3.3           | 3.5           | 3.4           |
| R Median    |               |               |               |
| E-W         | 52.6          | 50.0          | 50.0          |
| W-APB       | 3.8           | 3.7           | 3.8           |
| L Ulnar     |               |               |               |
| E-W         | 51.5          | 43.0          | 42.0          |
| W-ADM       | 2.4           | 2.0           | 2.4           |
| R Ulnar     |               |               |               |
| E-W         | 56.0          | 51.2          | 41.0          |
| W-ADM       | 2.7           | 2.7           | 2.6           |
| L Peroneal  |               |               |               |
| FH-A        | 40.8          | 39.0          | 37.5          |
| A-EBD       | 4.4           | 4.5           | 5.5           |
| R Peroneal  |               |               |               |
| FH-A        | 41.2          | 38.8          | 35.0          |
| A-EBD       | 4.7           | 4.8           | 4.8           |
| L Tibial    |               |               |               |
| PF-A        | 33.3          | 29.0          | 28.5          |
| A-AA        | 4.5           | 5.0           | 5.1           |
| R Tibial    |               |               |               |
| PF-A        | 29.4          | 38.0          | 30.3          |
| A-AA        | 4.7           | 4.6           | 4.6           |

| Sensory nerve | SNCV (m/sec) | SNAP (μV) | SNCV (m/sec) | SNAP (μV) | SNCV (m/sec) | SNAP (μV) |
|---------------|--------------|-----------|--------------|-----------|--------------|-----------|
| L-Median      | 60.8         | 76.7      | 56.7         | 72.8      | 58.8         | 67.5      |
| R-Median      | 55.7         | 83.2      | 60.7         | 80.1      | 51.5         | 75.3      |
| L Ulnar       | 50.4         | 63.2      | 48.6         | 66.8      | 47.3         | 72.8      |
| R Ulnar       | 39.2         | 83.5      | 49.5         | 78.3      | 41.6         | 73.1      |
| L-Sural       | 50.0         | 8.5       | 51.0         | 8.8       | 43.7         | 8.1       |
| R-Sural       | 46.9         | 9.2       | 48.3         | 9.8       | 49.3         | 8.6       |

MME, membrane metalloendopeptidase; dHMN, distal hereditary motor neuropathy; MNCV, motor nerve conduction velocity; CMAP, compound motor action potential; dL, distal motor latency; SNCV, sensory nerve conduction velocity; SNAP, sensory nerve action potential; E, elbow; W, wrist; APB, abductor pollicis brevis; ADM, abductor digiti minimi; PF, popliteal fossa; A, ankle; FH, fibula head; EDB, extensor digitorum brevis; AA, abductor hallucis; IIIF, third finger; VF, fifth finger. SURA, sural; Normal values are given in brackets.
compound heterozygous variants of c.1342C>T (p.R448*) and c.2071_2072delGGInsTT (p.A691L). Sanger sequencing confirmed the heterozygous variants in the patient II:2 (Fig. 2A) and patient II:5 of family A. The variant of c.1342C>T was from the father, and the variant of c.2071_2072delGGInsTT was from the mother. The genetic screening in the family further demonstrated that the genotype co-segregated with the phenotype (Fig. 1A). In an additional case series of 83 patients with dHMN, one patient (patient II:2 of family B) with compound heterozygous variants of c.1416+2T>C (p.V440_K472del) and c.2027C>T (p.P676L) in the MME gene were identified (Fig. 2B). Sanger sequence revealed that the variant of c.1416+2T>C was from the father, and the variant of c.2027C>T was from the mother, indicating a family cosegregation (Fig. 1B).

The novel variants c.1416+2T>C, c.2027C>T, and c.2071_2072delGGInsTT have not been found in the 1000 genomes database, ExAC database, or gnomAD database, whereas the variant of c.1342C>T has been reported in patients with CMT. A homology search in different species demonstrated that the amino acids at the residues proline 676 and alanine 691 were highly evolutionarily conserved (Fig. 2C). The missense variants of p.P676L and p.A691L were predicted to be probably destructive with PolyPhen-2 scores of 1.00, deleterious with a SIFT score of 0.00, and disease causing by MutationTaster, respectively. The donor site variant c.1416+2T>C changed the splice score from 0.91 to 0 predicted by NetGene2 server. The variants were considered as pathogenic according to the American College Medical Genetics guidelines. No other causative mutations associated with inherited peripheral neuropathies were found in the three patients.

RNA expression analysis

To evaluate the outcome of the novel donor site variant, RNA analysis was conducted on the patient II:2 of family B. The sequences of RT-PCR products revealed aberrantly spliced mRNA lacking exon 13, resulting in a loss of 99-bp fragment (Fig. 3A). The skip of exon 13 leads to an in-frame deletion of 33 amino acids (p.V440_K472del) from the extracellular catalytic domain of MME (Fig. 3B). Premature stop variants might induce mRNA degradation via nonsense-mediated mRNA decay. The mRNA level of MME in the lymphocytes mildly decreased in the three patients compared to a control, but no significant

Figure 2. The genetic variants in the MME gene. (A) Electrophoregrams show that the patient II:2 of family A has compound heterozygous variants (variants at upper; wild-type at below). (B) Electrophoregrams show that the patient II:2 of family B has compound heterozygous variants (variants at upper, wild-type at below). (C) Residues proline 676 and alanine 691 have high evolutionary conservations. (D) Schematic representation of the MME gene and distribution of mutations reported. The mutations in MME are associated with dominant CMT2 (black font), recessive CMT2 (red font), dominant SCA43 (green font), and recessive dHMN (blue font). MME, membrane metalloendopeptidase; CMT2, Charcot-Marie-Tooth neuropathy; SCA43, spinocerebellar ataxia with neuropathy.
difference was identified between each other (Fig. 3C). However, the HEK293 cells transfected with c.1342C>T mutant contained only about 10% MME mRNA compared to that of wild-type cells (Fig. 3D). Transcript levels could be increased after treatment with the translation inhibitor cycloheximide which blocks nonsense-mediated mRNA decay.

**Histopathological findings and expression of neprilysin**

A biopsy of the sural nerve was obtained from patient II2 of family A. Semithin sections showed relatively normal density and structure of large myelinated fibers, except very few fibers with thin myelin sheaths (Fig. 4A and 4). No axonal degeneration, clusters of myelinated fibers, or onion-bulb formation were found. Immunohistochemical stain with an anti-MME antibody showed a mild decrease in positive reaction to nerve fibers (Fig. 4C) compared to the sural nerve from the control (Fig. 4D). Immunoblot showed a normal 100kDa band and a truncated 75kDa band in the homogenates from the sural nerve (Fig. 4E), indicating a small amount of truncated protein still being produced, though a premature stop variant induced mRNA degradation through nonsense-mediated mRNA decay.

**MME enzymatic activity**

MME enzymatic activity was determined in HEK293 cells transiently transfected with plasmids encoding wild-type human MME, disease mutants (c.1342C>T, c.2027C>T, and c.2071_2072delGCinsTT), and a proven mutant c.1754A>T (p.E585V) that results in the loss of NEP activity. As expected, the artificial control mutant almost abolished catalytic activity toward the substrate Mca-PLGL-Dpa-AR-NH2 compared with the background level of the empty vector control. The disease-associated MME mutants showed significant decreases in MME enzymatic activity (Fig. 4F).
Discussion

Distal HMNs are a group of clinically and genetically heterogeneous disorders caused by the dysfunctions of motor neurons in the peripheral nervous system (PNS). The phenotype of dHMN typically presents with a length-dependent motor weakness and wasting, initially affecting the intrinsic foot muscles and the peroneal compartment.
of the leg, but most cases show variable involvement of
the hand and proximal leg muscles as the disease pro-
gresses. In this study, the affected siblings presented
with late-onset muscle weakness and wasting of lower
extremities, whereas the additional patient showed a juve-
nile-onset phenotype of moderate muscle weakness and
wasting involving both the upper and lower limbs.
Although all patients presented with some extents of clin-
cical heterogeneity, the clinical features were confined to
pure axonal-type motor neuropathy without sensory
abnormalities. Therefore, these patients could be diag-
nosed as dHMN based on the clinical and electrophysio-
logical evidence.

Family studies indicated that MME variants co-seg-
gated the phenotype in consistent with an autosomal-re-
cessive inheritance. Autosomal-recessive dHMN is
relatively rare and often clinically more severe. Patients
with recessive dHMNs usually present with child-onset
distal extremity weakness and decrementation of life
expectancy. Our patients showed a late-onset phenotype
of distal motor symptoms, although the juvenile-onset
patient had a moderate phenotype, which suggests that
MME-related dHMN may have a relatively benign clinical
course.

The defects of MME have been identified in patients
with autosomal dominant or recessive CMT2, Autosom-
al-recessive variants of MME cause late-onset CMT2,
which displays as adult-onset progressive weakness and
atrophy of distal limb muscles, gait disturbance without
wheelchair dependence, and sensory disturbance of the
distal limbs. However, autosomal-dominant variants of
MME were linked to patients with late adult-onset muscle
weakness, muscle cramps, gait abnormalities with wheel-
chair dependence occasionally, and sensory distur-
bances. Patients with heterozygous variants (c.466delC
or c.674G>C) reported by Auer-Grumbach et al. or Lupo
et al. also showed muscle cramps in legs, fasciculation,
distal lower limb weakness, stepagge gait, and very mild
or negative distal sensory loss, suggesting that MME vari-
ants might be linked to a possibility of dHMN in those
patients. dHMN shows apparent phenotypic overlap with
CMT2, and also with proximal SMA, motor neuron dis-
ases, hereditary spastic paraplegias, and other neurologic
abnormalities. At least 10 genes (AARS, BCSL2,
DHTKD1, DYNC1H1, GARS, HSPB1, HSPB8, IGHMBP2,
MFN2, and TRPV4) have phenotypic overlaps between
dHMN and CMT2. Therefore, it is possible that MME
variants may also contribute to the etiology of conditions
beyond CMT2, most plausibly dHMN. To the best of
our knowledge, our study, for the first time, reported that
recessive variants of the MME gene could be associated
with dHMN. However, the identification of pathogenic
mutations in the same gene associated with both dHMN
and CMT2 indicates that these two diseases should belong
to a continuum of MME-related disorders.

MME is a zinc-dependent metalloprotease that com-
prises a short N-terminal cytoplasmic domain, a single
transmembrane helix, and a large C-terminal extracellular
portion composed of two major alpha-helical (peptidase
M13) domains connected by a linker region (Fig. 2D). The
variants associated with recessive CMT2 cause loss of
MME expression. For example, the homozygous premu-
ture mutations of p.G179fs, p.G221*, p.C411del,
c.439+2T>A, c.655-2A>G, and compound heterozygous
mutations of c.439+2T>A and c.655-2A>G located in the
N-terminal peptidase M13 domain. The mutations of
p.T606* and p.C621R located in the C-terminal peptidase
M13 domain would cause loss of function through non-
sense-mediated RNA decay or loss of a disulfide bridge
with N-terminal peptidase M13 domain, respectively. In
our dHMN patients, the heterozygous variants p.R448*
and p.V440_K472del are possibly associated with the loss
of its enzyme activity of both N-terminal and C-terminal
peptidase M13, but the variants p.P676L and p.A691L
may only be associated with the function loss of enzyme
activity of C-terminal peptidase M13. Therefore, the loss
of function in both N-terminal and C-terminal peptidase
M13 might be related to motor CMT2 phenotype. How-
ever, the loss of C-terminal peptidase M13 and par-
tial preservation of N-terminal peptidase M13 might be
associated with dHMN phenotype.

MME has been found not only in the central nervous
system (CNS), but also the PNS in mammals. MME has
been well studied in the CNS for its β-amyloid (Ab)-de-
grading enzymatic activity, though elusive conclusions
remains about its pathogenicity to Alzheimer’s disease in
humans. Although we are not aware of a direct link
between MME and the maintenance of PNS, it is conceiv-
able that MME, as a cleaving enzyme, might be responsi-
ble for the turn over molecules that are critical for the
well-being of peripheral nerves, or the degradation of
peptides that have negative effects on neurons and
peripheral nerves. The role of MME in PNS is unclear
and warrants further investigation. The expression of
MME in the sural nerve was significantly decreased in
patients with autosomal-recessive CMT2, while its expres-
sion was only mildly decreased in our patient, implying a
subclinically biochemical alteration in sensory nerve,
even though the patient currently presented with a
dHMN phenotype. Therefore, a long-term follow-up is
warranted in order to determine whether sensory distur-
bances would involve in the lower limbs of patients with
autosomal-recessive MME variants as the disease pro-
gresses.

Our study indicates that variants in the MME gene are
associated with autosomal-recessive dHMN. The affected
patients with MME-related dHMN show a late-onset phenotype with a relatively benign course. The expanding number of genes assigned to the “CMT2-dHMN spectrum” should include the MME gene according to our observations.

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Author Contributions

D. H. contributed to the study design, data acquisition, analysis, and manuscript preparation. S. Y., P. F., J. C., X. Z., S. C., J. Z., D. T., L. W., X. H., Y. W., and M. L. contributed to data acquisition and analysis. L. X. and J. Z. gave critical suggestions on the manuscript writing. L. C. contributed to genetic analysis. S. Z. contributed to pathological analysis. H. O. contributed to experimental analysis. X. G. interpreted the data; revised the manuscript for intellectual content.

Conflict of Interest

The authors report no disclosures relevant to the manuscript.

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Supporting Information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Table S1. The clinical information of the additional 83 dHMN patients with unknown genetic cause.