Abstract
Paraneoplastic Syndrome, as Paraneoplastic cerebellar degeneration (PCN), in carcinoma breast is a rare entity due to the autoimmune responses. We report a case report of 52 year female with carcinoma breast along with symptoms and signs of cerebellar dysfunction, which on further evaluation is found to be anti-YO autoantibody positive paraneoplastic syndrome. In spite of surgical and chemotherapy patient's neurological condition worsened indicating the poor prognosis of the condition.

Keywords: Paraneoplastic syndrome; Yo antibody; Carcinoma breast

Abbreviations: PCN: Paraneoplastic Cerebellar Degeneration; IDC: Infiltrating Ductal Carcinoma; CSF: Cerebrospinal fluid; Anti YO: anti YO Autoantibodies; ONA: Onconeural Antibody

Introduction
Paraneoplastic syndrome, which is a rare entity is believed to be initiated by an autoimmune system in response to the underlying malignancy [1]. Carcinoma breast can be associated with paraneoplastic syndrome in 1-3% [2]. The association between breast carcinoma and cerebellar dysfunction as a paraneoplastic syndrome is a known entity, yet a handful of cases have been reported. We present such an association.

Case Presentation
A 52 year female with no past medical history or prolonged drug intake came with complaints of lump in left breast for the past 8 months, which is progressive with sudden onset of difficulty in walking for the past one week along with slurring of speech, giddiness, which was progressive. There was no disturbance in bowel or bladder habits or any symptoms of focal or profound neurological deficit. On examination of the patient, the breast lump was clinically consistent with carcinoma present in the upper outer and central quadrant and was clinically Stage IIIa (T3N1M0) and patient had nystagmus, dysarthria, dysdiadochokinesia, past pointing, pendullar knee jerk suggestive of cerebellar dysfunction.

Biopsy of the breast revealed Infiltrating Ductal Carcinoma -Not Otherwise Specified- Grade II with ER Negative; PR weakly positive and Her-2neu Strongly positive (Figure 1). Metastatic work-up including, USG abdomen, CTA/Abdomen&chest, Bone scans all turned out negative for metastasis. MRI brain was taken to rule out metastasis, which showed cerebellar atrophy with no evidence of metastasis (Figure 2). CSF analysis was done, which was normal with no abnormalities. Anti YO autoantibodies was sort which was strongly positive. As per our Tumor board policy patient received 4 cycles of Chemotherapy, as neoadjuvant therapy and the lump responded well to treatment and almost disappeared. The chemo regimen being 5-FU, Adriamycin and cyclophosphamide. The patient was put on a course of steroids. But the neurological symptoms progressed. Later the patient was operated, modified radical mastectomy was done (Figure 3). Post-op pathological report came as IDC-NOS in a small area. Yet the patient's neurological symptoms progressed and became wheelchair bound.

Figure 1: Ductal Carcinoma.
Discussion

The association between breast malignancy and cerebellar degeneration, paraneoplastic syndrome, was first identified in 1938 and the syndrome was fully described by Brain in 1951 [3]. It is because of the autoimmune response, with onco-neural antibodies (ONA) targeted against the onco-neural antigens shared by tumor cells and nervous tissue. Anti-Yo antibody is the most common ONA associated with PCD followed by anti-Hu, anti-Tr and anti-Ri [4,5]. Cdr2, also known as Purkinje neuronal protein, is expressed on cells within the cerebellum and is similar to the tumour antigen that is expressed in breast and ovarian tumours for anti-Yo antibody [6].

Cross-reaction between the ONAs and normal proteins occur, resulting in abnormal immune-mediated responses that cause cerebellar injury and neuronal dysfunction. The feature of cerebellar ataxia due to PCD in carcinoma breast usually precedes the tumor lump in 60% of cases [7]. But in our case the lump preceded the symptoms of cerebellar dysfunction. Confirmation of PCD requires ruling out metastasis by imaging and CSF analysis and antibody level evaluation.

MRI brain in the early stages will mostly be normal and in advanced stages may show cerebellar atrophy [8,9]. This atrophic changes was seen in our patient. CSF analysis in the majority of PCD patients shows lymphocytic pleocytosis and elevated protein level [10]. In our patient the CSF analysis showed no abnormality. As previously mentioned Anti Yo levels will be detected in PCD which will be absent in otherwise normal individual. It has been quoted that 40% of PCD presents with negative antibody status [11]. It appears negative antibody in PCD is a good prognostic feature. In our patient the antibody level was strongly positive and the patient’s status deteriorated in spite of the measures. This was in accordance with some of the previous literature [12].

Clinical progression is variable with median survival, as quoted in some studies, is about 100 months for carcinoma breast with PCD [13]. The patient in our report is more in line with the literature. The patients’ neurological symptoms progressed in spite of chemotherapy, steroids and surgical removal of the initiating tumor and became wheelchair bound. Various lines of treatment, including plasmapheresis, immunoglobulin, have been used. The roles of these treatments are yet questionable with poor outcomes in antibody positive PCD patients.

Conflict of Interest

There is no conflict of interest among the authors.
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