Recently, we suggested an unconventional approach (the so-called Internal-Field-Guarded-Active-Region Design “IFGARD”) for the elimination of the quantum-confined Stark effect in polar semiconductor heterostructures. The IFGARD-based suppression of the Stark redshift on the order of electronvolt and spatial charge carrier separation is independent of the specific polar semiconductor material or the related growth procedures. In this work, we demonstrate by means of micro-photoluminescence techniques the successful tuning as well as the elimination of the quantum-confined Stark effect in strongly polar [000-1] wurtzite GaN/AlN nanodiscs as evidenced by a reduction of the exciton lifetimes by up to four orders of magnitude. Furthermore, the tapered geometry of the utilized nanowires (which embed the investigated IFGARD nanodiscs) facilitates the experimental differentiation between quantum confinement and Stark emission energy shifts. Due to the IFGARD, both effects become independently adaptable.
group-III-nitride semiconductors are key materials for visible and ultraviolet light-emitting diodes, laser diodes, and quantum-light sources. In particular, GaN as well as AlN favorably crystallize in the wurtzite crystal structure. Hence, heterostructures based on these materials suffer from a strong electric field induced by a piezo- and pyroelectric polarization parallel to the most natural crystal growth direction [0001], the so called c-axis.\(^1\)–\(^10\) The polarization-induced internal fields cause a redshift of the exciton emission energy inside these heterostructures, known to be the prominent feature of the quantum-confined Stark effect (QCSE)\(^11\)–\(^15\), which is accompanied by a drastic decrease of the spatial electron-hole overlap in the direction of the c-axis.\(^12\)–\(^16\),\(^18\)–\(^25\) Different approaches to eliminate or to diminish the electric field across the optically active region in group-III-nitride heterostructures have been investigated, such as growth on non- or semi-polar crystal planes,\(^26\)–\(^27\), forcing the growth of the cubic zincblende phase,\(^28\) or the screening of the electric polarization parallel to the most natural crystal growth direction by a piezo- and pyroelectric polarization.\(^29\),\(^30\)–\(^35\) Hence, heterostructures based on these materials exhibit a superior crystal quality frequently combined with comparably lower deposition rates.\(^30\)–\(^35\) A more promising method to control the internal electric field is the Internal-Field-Guarded-Active-Region Design (IFGARD),\(^36\) theoretically developed by Hönig et al.\(^37\). As described in detail in ref. \(^37\), a conventional structure of a GaN quantum well (QW) embedded in AlN barriers is complemented in the IFGARD structure by additional GaN guard layers enclosing the AlN barriers (see Fig. 1a–c). This is not intuitive as the additional GaN guard layers reabsorb a certain percentage of the photons generated in the QW. But as discussed by Hönig et al.\(^37\), the overall gain based on the elimination of the polarization field in the QW and the resulting boost in the exciton recombination probability can overcompensate the reabsorption losses by the guard layers, if the thickness of the guard layer in the emission direction is below the emitted wavelength.\(^38\)–\(^40\) It was numerically demonstrated that this concept leads to a constant piezo- and pyroelectric polarization potential inside of a QW, which results in flat conduction- and valence-band edges therein (Fig. 1c). This elimination of the electric field inside the QW yields a higher spatial overlap of the electron and hole wave function, and hence a drastic rise of the exciton recombination probability. As calculated in ref. \(^37\), this maximized exciton recombination probability implicates a gain in the number of emitted photons per unit second by two orders of magnitude.

It is important to note that the IFGARD approach does not require a change in the underlying growth procedure; hence, no degradation of the crystal quality occurs as frequently observed for non- and semi-polar growth. Maintaining the initial crystal growth method and substrate material is a big advantage of the present concept compared to any other alternative approaches that aim to reduce or even eliminate the internal polarization fields in semiconductor heterostructures.\(^30\)–\(^35\)

In this work, we show the successful implementation of the IFGARD concept for the example of nanowires (NWs) containing GaN nanodiscs (NDs). In particular, we demonstrate the reduction of the internal electric field inside of the GaN NDs down to zero, which reveals the immense advantage of the IFGARD over alternative, more conservative design concepts. Furthermore, we identify the individual contributions of the pure QCSE and the pure confinement effect based on two sample series with varying barrier and ND thickness.

Results

Sample description. The investigated NWs were grown by plasma-assisted molecular beam epitaxy ($T_{\text{substrate}} = 790 \, ^\circ\text{C}$, $T_{\text{Ga}} = 916 \, ^\circ\text{C}$, $T_{\text{Al}} = 1069 \, ^\circ\text{C}$) on Si (111) substrates.\(^19\),\(^29\). Figure 1 illustrates the GaN NWs (Fig. 1a, b) with the corresponding band profiles along the growth axis (Fig. 1c) as well as corresponding scanning transmission electron microscopy (STEM) images (Fig. 1d). The STEM images were recorded with a HAADF (high-angle annular dark field) detector showing single NWs with 1-nm-thick AlN barriers (left, black) and 6-nm-thick AlN barriers (right, black) at a constant ND (white) thickness of 4 nm.

The NWs grow along the polar [0001] axis of the wurtzite crystal structure. Each NW embeds a stack of 40 GaN NDs separated by AlN barriers. The first GaN guard layer has a length of 650 nm in growth direction that corresponds to the growth of a well-established GaN NW template with high crystalline quality. The NW ends with a 20-nm-thick GaN guard layer (Fig. 1a, b) in order to realize the fundamental IFGARD symmetry ensuring sufficient transparency and coverage for all nanowires across our sample. It is important to underline that the most simplistic stack element consists of one AlN barrier followed by one GaN ND.\(^37\) This stack element is repeated for 40 times in order to clearly separate the ND from the guard layer signal. This sequence is encapsulated by the aforementioned GaN guard layers. In total, the NWs have a length of up to 1 μm.

The formation of an AlN shell and an increasing diameter of successively grown GaN NDs is observed due to the significant lateral growth of AlN (compare Fig. 1d)\(^41\). Consequently, the NWs exhibit a tapered shape\(^42\) with the diameter increasing from 28 to 36 nm for the NWs with 1-nm-thick AlN barriers (Fig. 1d, left) and from 38 to 74 nm for the NWs with 6-nm-thick AlN barriers (Fig. 1d, right). Considering the conservation of a constant interface-charge density, the particularly tapered shape leads to different net interface charges (red+, blue—signs in Fig. 1a, b) at either side of each AlN barrier: the top interface to the GaN is larger than the interface to the GaN below each AlN barrier. This total interface-charge discrepancy is the perfect feature to proof the influence of the IFGARD on the electric field within the NDs, as in this case the flatness of the band-edge (Fig. 1c) depends on the barrier thickness—a situation similar to what Hönig et al. discussed in ref. \(^37\) for IFGARD-based quantum dots. Hence, it becomes possible to control the built-in electric field in the NDs by adjusting the AlN barrier thickness and thus the net interface charges. Furthermore, thicker AlN barriers lead to an enhanced lateral dimension, which evokes a more pronounced tapering of such NWs with thicker AlN barriers, further enhancing their built-in electric field strengths. The angle α of the tapered NW, delineated in Fig. 1b, gets smaller with reduced AlN barrier thickness until the tapered-shape turns into a straight shape (Fig. 1a vs. 1b, compare Fig. 1d). Consequently, we produced two sample series: (i) samples with decreasing AlN barrier thickness from 6 to 1 nm with a constant GaN ND thickness of 4 nm and (ii) samples with a constant AlN barrier thickness of 1 nm and GaN ND thicknesses of 1, 2, and 3 nm. Since a ND thickness of 4 nm is large compared to the exciton-Bohr radius in GaN (effective Bohr radius $a^* = \frac{m_e \epsilon_0}{\epsilon_4} a_0 \leq 3 \, \text{nm}$),\(^34\)–\(^47\) we would expect an emission energy (without built-in electric fields) close to the free-exciton transition energy in bulk GaN of approximately 3.48 eV at cryogenic temperatures.\(^48\),\(^49\) Hence, decreasing the thickness of the AlN barriers is expected to blueshift the ND emission towards the free-exciton transition energy in bulk material by reducing the internal electric fields in the NDs. After having counteracted the QCSE by the discussed IFGARD structure with minimal barrier widths, we tune the energy to even higher energies by confining the excitons in thinner NDs.

Photoluminescence behavior. Figure 2 displays μ-PL spectra, which are recorded with an excitation power of 15 μW at a
temperature of 7 K. 15 µW excitation-power spectra are chosen for this plot as they represent a trade-off between energetically well separated luminescence maxima for all samples with sufficient intensity to be plotted on a linear scale (compare the yellow bar in Fig. 3). The spectra are not normalized and therefore quantitatively comparable in absolute intensities. Please note that the excitation power of 15 µW does not represent the lowest applied power (marked by a green bar in Fig. 3). Effects regarding the samples’ reflectance and light extraction efficiency due to the nanowire-geometry changes, as well as the changed volume-filling factors of the NDs within the excitation spots have not been taken into account for the creation of Fig. 2. Hence, the changes of intensities in Fig. 2 are dominated, but not exclusively caused by the change of the electron–hole overlaps in the samples. Besides the dominant ND emission signature, the luminescence band of the bulk-like GaN guard layers—close to the free-exciton emission energy in bulk GaN 3.48 eV48,49—is visible and marked in Fig. 2 by the dashed, blue line. As shown in Fig. 2, the emission peak energy of the GaN NDs in the QCSE regime (GaN ND thickness is constant at 4 nm with varied AlN-barrier thickness: 6, 4, 2, and 1 nm) shifts from 2.76 to 3.34 eV for decreased barrier thicknesses. This shift is accompanied by a strong increase in absolute luminescence intensity combined with a decrease in the full-width at half-maximum (FWHM) (750–75 meV) of the ND-luminescence peaks in Fig. 2 for decreasing barrier thicknesses.

For decreasing ND thicknesses an even further shift to higher emission energies from 3.34 to 4.04 eV occurs due to a stronger confinement of the charge carriers in the thinner NDs. At the same time, the absolute luminescence intensity decreases while the FWHM of the ND-luminescence peaks increases from 83 to 330 meV. The luminescence intensity decrease is caused by the reduced photon-absorption volume of the thinner NDs, while the stronger impact of monolayer-thickness variations in the thinner ND ensembles broadens the emission bands. As motivated at the beginning of this section, Fig. 2 was recorded with an increased excitation power of 15 µW causing a blue-shifted photoluminescence-peak position relative to the lowest pump powers in Fig. 3 due to partial screening of the QCSE by excited charge carriers50–52. The energetically smallest, measurable luminescence-peak positions are therefore displayed in Fig. 3. Figure 3 reveals the influence of the excitation-pump power (that was varied from 0.035 to 500 µW) on the emission-peak energy of the respective
ND luminescence. On the right, vertical axis (blue) the emission energy shift is noted, representing the quantitative screening of the QCSE by the excited charge carriers plus a ND-band-filling effect converging for thinner NDs towards 12 meV. The gray shading visually divides Fig. 3 into a region either containing the lowest (min) and highest (max) excitation power is given on the right, smaller than data point symbols). The total emission-energy shift between 0.035 and 500 μW, for a fixed GaN ND thickness of 4 nm, the decay time decreases by more than two orders of magnitude from (15 ± 0.16) ns for the thickest AlN barriers down to about 0.7 ns for all three samples. All those samples that are part of the confinement regime feature very similar transients, presented in Fig. 4b.

**Discussion**

It is important to note that a 4-nm-thick GaN ND is not able to significantly quantum-confine excitons by its dimensions in absence of the QCSE. Therefore, all IFGARD samples with an ND thickness of 4 nm would (without the tapering of the embedding NWs) emit at the same luminescence energy close to the free-exciton-emission energy of bulk GaN (3.48 eV). Hence, applying the IFGARD in straight NWs (without any tapering) would perfectly annihilate the built-in field strengths and no tuning of the QCSE would be possible. The free-exciton emission energy is indicated by the luminescence of the bulk-like GaN guard layers in all recorded spectra and represents the transition between the QCSE and the confinement regime. In the confinement regime, the NDs show no indication of built-in fields and the overall energy shift to higher values for thinner NDs is solely caused by the quantum confinement without being affected by a counteracting QCSE redshift. This fact is demonstrated by the power-dependent μ-PL measurements analyzed in Fig. 2. Here, a screening of the internal electric field by excited charge carriers at high excitation powers becomes visible for the QCSE regime, only. The screened QCSE energy drastically reduces for decreasing AlN barrier thicknesses. Within the QCSE regime, the internal electric field strength is a consequence of two major effects: first, the unequally sized AlN–GaN interfaces due to the tapering of the NWs on either side of each AlN barrier lead to a non-zero net-polarization field inside of the NDs, similar to the IFGARD quantum dot case theoretically described by Höning et al., as the total number of space charges on both interfaces differ from each other. Second, the pronounced tapering angle α (compare Fig. 1b) in the samples with thicker AlN barriers causes more unequal AlN–GaN interfaces further strengthening the net-polarization as explained in the first case. Besides, stronger strain due to thicker AlN barriers might contribute to a higher piezoelectric field strength.
addition to an ND-band filling. This is similar to previous achievements for nonpolar GaN/AIN QWs\textsuperscript{37,39}, which still exhibit lower emission energies than the investigated IFGARD NDs. Besides the aforementioned influence of the decreasing QCSE on the spectra in Fig. 2, we obtain an increased overlap between the electron and hole occupation probability density, leading to an enhanced exciton-decay rate. In turn, this leads to a strong increase in absolute intensity for the samples with decreased AlN-barrier widths in the QCSE regime. Additionally, the decreased electric dipole moment of the excitons couples less efficiently to defect charge fluctuations in the ND vicinity, which is one mechanism that reduces the FWHM for the emission peaks of the samples related to the QCSE regime\textsuperscript{68}. Furthermore, the 1-nm-thick AlN barriers and 4-nm-thick GaN NDs (Fig. 2, blue) exhibit multiple LO-phonon replicas ($E_{LO} = 94 \text{ meV}$) whereas all samples within the confinement regime do not show any phonon replicas. While the visibility of multiple LO-phonon replicas implicate a large Huang-Rhys-factor and confirms the existence of built-in excitonic electric dipole moments\textsuperscript{66} within the QCSE-regime NDs, their non-visibility for the confinement-regime NDs indicates the absence of a built-in excitonic electric dipole moment.

When the thickness of the NDs in the confinement regime is decreased, the emission energy even exceeds 4 eV due to the strong confinement in absence of the QCSE. The reduction of the absolute intensity (for a constant pump power) can straightforwardly be understood: As the number of NDs (40) is conserved, the photon-absorption volume is reduced. At the same time, the FWHM of the NDs’ luminescence peaks within the confinement regime rises. This can be understood considering our quantitative STEM analysis showing random ND-thickness fluctuations of ±1 monolayer thickness that have the strongest impact on the confinement energy of the excitons within the thinnest NDs\textsuperscript{61}.

After having separated the QCSE from the confinement effect, the remaining internal electric field strength can be estimated for individual NDs of the QCSE regime simply by the energetic difference between the GaN-guard-layer-luminescence energy and the respective ND emission energy. This difference represents the energy of the electric dipole moment of one exciton in the built-in polarization field. As shown by Nakaoka et al.\textsuperscript{62}, the quadratic polarizability of the exciton is only of relevance for electric field strengths up to 100 kV cm\textsuperscript{-1}, causing energetic shifts of up to 3 meV. Therefore, we can safely neglect the polarizability of the ND exciton and roughly approximate it by a solid electric dipole moment. Here, we estimate the maximal possible dipole moment $\mu_e$ by the thickness of the NDs times the elemental charge $e$, being $\mu_e \approx 4 \text{ nm}$-e for the QCSE regime\textsuperscript{63}. Hence, the energetic luminescence offset to the 3.47 eV of the bulk-like GaN guard layers $E_{GaN} - E_{ND} = \mu_e F$\textsuperscript{64} has to be divided by $\mu_e$ to give a simple approximation of the built-in field strength, which is noted in Fig. 5. This approximation should become more reliable for higher field strengths, as the true electric dipole moment of the exciton converges towards the approximated 4 nm-e with higher field strengths. By the use of this rather empiric method, a mean value for the built-in field strength of approximately 10,000 NDs in the excitation spot is derived, which averages out the influence of possible QW-thickness fluctuations and strain gradients within the tapered nanowires by evaluating the emission energies of the luminescence maxima only. For a better understanding of the luminescence distribution, numeric strain studies of tapered nanowires including all layers in three dimensions are necessary, which is beyond the scope of this publication. Nevertheless, the estimated 2.61 MV cm\textsuperscript{-1} in the IFGARD QW with 6 nm AlN barriers are still more than two times smaller than the field strengths in comparably thick conventional GaN/AIN QWs\textsuperscript{23,65}. Although this discrepancy might lead to the

**Fig. 4** Time-resolved µ-photoluminescence transients. The time-resolved µ-photoluminescence (µ-TRPL) transients of the samples within the QCSE regime shown in a reveal the decreasing exciton decay times due to smaller residual electric field strengths in samples with decreased barrier widths. b µ-TRPL transients of the samples within the confinement regime show a much smaller, constant decay time due to the eliminated electric field strength. The temporal resolution is better than 10 ps. The exciton lifetimes ($\tau_{1,2}$) for each biexponential decay are given in the legend; the dominant lifetime is always highlighted in bold. All µ-TRPL transients are recorded at the individual ND luminescence maxima thickness as shown in Fig. 2 in addition to strong screening effects caused by enhanced excitation powers, cf. Fig. 3. Here, even the highest pump powers (already leading to a moderate sample degeneration under long-time exposure) cannot fully screen the built-in polarization fields in the samples with AlN barrier widths exceeding 1 nm—an observation similar to the unattainable full carrier screening in conventional GaN/AIN QW structures\textsuperscript{29}.

Decreasing the ND thickness further reduces the field strength within the NDs (compare Fig. 1a) as the finite lateral dimensions of the equally sized “capacitor plates” (due to the finite dimensions of the NWs) become less important. Therefore, the QCSE in the whole ND series becomes negligible, resulting in the convergence of the total energy shifts against 12 meV (visible in Fig. 3) indicating an ND-band-filling effect\textsuperscript{54–56}. Hence, the overall emission-peak positions of the confinement regime samples in Fig. 2 are purely caused by quantum confinement in
Fig. 5 Results summary. The graphical overview summarizes the main results of this work and illustrates the correlation between barrier and nanodisc (ND) thicknesses, the ND emission energies (within the confinement regime, marked by black squares and the QCSE regime by red dots), the unscreened electrical field strengths (MV cm$^{-1}$), the exciton confinement energy (meV), and the dominant decay times (ns, μs).

Additionally, the geometric nanowire structure in the respective regimes is indicated.

A comparison of the experimentially determined emission energies of the NDs to numeric results for GaN/AlN IFGARD quantum wells (QWs) (without built-in polarization fields) is given in Fig. 6 (black line) along with a compilation of experimental literature values. As already discussed, for diminishing confinement the simulated emission energies converge towards the bulk GaN emission energy as it is observed for the confinement regime samples (black squares), with their emission energies being in perfect agreement with the predicted ones. This converging behavior was previously only observed in studies of nonpolar GaN QW samples (green squares), while prior studies on c-plane, strongly polar GaN/AlN QWs (red triangles) reported an approximately linear emission energy dependence with respect to the QW width. Hence, Fig. 6 evidences that IFGARD is capable of achieving luminescence shifts for a c-plane heterostructure that can otherwise only be achieved by cumbrous, nonpolar growth!

Interestingly, any doping of the QWs on the order of $5 \times 10^{19}$ cm$^{-3}$ (red crosses) does not have a significant effect on the QCSE if compared to the offset between polar and nonpolar samples. Overall, the comparison proves the absence of built-in polarization fields in the IFGARD samples within the confinement regime. Unfortunately, as we had no access to pure AlN nanowires, we are not able to compare the investigated IFGARD NDs directly to "conventional" ND structures; but, Fig. 6 depicts a comparison between our results and a wide range of examples from the literature. Comparing an IFGARD QW (grown on a GaN substrate) to a conventional GaN QW grown on whatever substrate and embedded in an AlN matrix should result in the same emission energy offset as it is visible between the nonpolar and polar samples in Fig. 6. Nevertheless, such IFGARD QWs, as already discussed, would not allow the gradual QCSE tuning (red dots), we showed in this paper to emphasize our claim of the first experimental proof of the IFGARD.

Finally, it is important to understand that the (111)Si–(0001) GaN interface is expected to build up space charges at the bottom of the NWs. The resulting net-bottom-interface charge causes a field strength that strongly diminishes over the 650 nm distance of the IFGARD-ND stack according to $F \approx \frac{F_0}{d}$ and has therefore only a negligible influence on the entire ND luminescence. This point-charge approximation would not be valid for IFGARD QWs, where the distance to the wafer interface would be small if compared to the wafer diameter. Hence, in such QW samples the bottom hetero-interface should be avoided, e.g., by homoepitaxial growth or a subsequent laser lift-off process seeking to reestablish the fundamental symmetry of the IFGARD approach.

In summary, we experimentally demonstrate that the IFGARD represents a beneficial method to suppress the internal electric fields in polar heterostructures such as ND structures. As a result, the QCSE is eliminated as approved by the presented shift of the emitted photons to higher energies (in comparison to conventional QWs with equal thickness) and by an enhanced oscillator strength that causes a distinct intensity boost and a decrease of decay times by more than two orders of magnitude for NDs with constant thickness. Furthermore, we show that in the presented tapered NW structures, the internal electric field becomes...
adjustable by the thickness of the AlN barriers. Therefore, the IFGARD opens the possibility to effectively tune the QCSE in polar semiconductor heterostructures without the need for the growth of extraordinary phases or epitaxy on nonpolar crystal planes. Based on this flexibility, IFGARD allows to utilize comparably thick QWs without sacrificing a large electron–hole overlap for efficient photon generation by overcoming the detrimental effects of the QCSE\textsuperscript{74}.

Methods

The optical properties of the NDs were investigated by micro-photoluminescence ($\mu$-PL) and time-resolved $\mu$-PL ($\mu$-TRPL) measurements, the latter with two different experimental setups to explore the exciton lifetimes from the ps- to the $\mu$s-range. The samples were mounted into a helium-flow cryostat providing temperatures down to 5 K.

In the $\mu$-PL setup, the randomly distributed, standing as-grown NWs were excited by a pulsed ($76\,\text{MHz}$ repetition rate and $2\,\mu\text{m}$ spot size illuminating approx. $250\,\text{NWs}$) frequency-quadrupled, $5\,\mu\text{s}$ pulse width fiber laser resulting in an excitation wavelength of $258\,\text{nm}$. The spectra were dispersed in a $0.85\,\text{m}$ single monochromator by a $150\,\text{lines/mm}$ grating ($500\,\text{nm}$ blaze wavelength). The photons were detected with an UV-enhanced Si-charge-coupled device (CCD) array. All spectra were calibrated with an Hg-lamp and are corrected for the refractive index of air. $\mu$-TRPL measurements in the ps- to ns-range were performed with the same laser as used for the $\mu$-PL measurements, here coupled into a reticulate $0.35\,\text{m}$ double monochromator with $2400\,\text{lines/mm}$ gratings as dispersing elements ($300\,\text{nm}$ blaze wavelength). The time-correlated single-photocounting technique is used in combination with a hybrid photomultiplier detector assembly for recording the temporal decays with a temporal resolution of better than $10\,\text{ps}$.

The $\mu$-range TRPL measurements are performed with a pulsed dye laser ($350\,\text{nm}, 100\,\text{Hz}, 12\,\text{ns}$ pulse width) pumped by a $308\,\text{nm}$ XeCl-Excimer laser ($100\,\text{Hz}, 15\,\text{ns}$ pulse width). As a dye we employed 2-methyl-5-t-butyl-anthan $\mu$s-range. The samples were mounted into a helium-flow cryostat providing temperatures down to 5 K.

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