L-histidine provokes a state-dependent memory retrieval deficit in mice re-exposed to the elevated plus-maze

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Abstract

The effects of L-histidine (LH) on anxiety and memory retrieval were investigated in adult male Swiss Albino mice (weight 30-35 g) using the elevated plus-maze. The test was performed on two consecutive days: trial 1 (T1) and trial 2 (T2). In T1, mice received an intraperitoneal injection of saline (SAL) or LH before the test and were then injected again and retested 24 h later. LH had no effect on anxiety at the dose of 200 mg/kg since there was no difference between the SAL-SAL and LH-LH groups at T1 regarding open-arm entries (OAE) and open-arm time (OAT) (mean ± SEM; OAE: 4.0 ± 0.71, 4.80 ± 1.05; OAT: 40.55 ± 9.90, 51.55 ± 12.10, respectively; P > 0.05, Kruskal-Wallis test), or at the dose of 500 mg/kg (OAE: 5.27 ± 0.73, 4.87 ± 0.66; OAT: 63.93 ± 11.72, 63.58 ± 10.22; P > 0.05, Fisher LSD test). At T2, LH-LH animals did not reduce open-arm activity (OAE and OAT) at the dose of 200 mg/kg (T1: 4.87 ± 0.66, T2: 5.47 ± 1.05; T1: 63.58 ± 10.22; T2: 49.01 ± 8.43 for OAE and OAT, respectively; P > 0.05, Wilcoxon test) or at the dose of 500 mg/kg (T1: 4.80 ± 1.60, T2: 4.70 ± 1.04; T1: 51.55 ± 12.10, T2: 43.88 ± 10.64 for OAE and OAT, respectively; P > 0.05, Fisher LSD test), showing an inability to evoke memory 24 h later. These data suggest that LH does not act on anxiety but does induce a state-dependent memory retrieval deficit in mice.

Key words: L-histidine; Anxiety; Emotional memory; Elevated plus-maze; Memory retrieval deficit

Introduction

In the mammalian brain, the histaminergic neuron cell bodies are found in the tuberomammillary nucleus of the posterior hypothalamus and these neurons have widespread projections to all major brain areas (1). The action of histamine (HA) is mediated by at least four types of receptors denoted H₁, H₂, H₃, and H₄ (2). Studies have indicated the importance of the neural histaminergic system (NHS) in animal behaviors, primarily anxiety (3), learning and memory (4,5). Recent reports have also provided some insight about the involvement of the NHS in Alzheimer’s disease (6,7) and state-dependent memory (8).

The reports on the actual role of this neurotransmitter during the acquisition and storage of information and memory retrieval are highly contradictory (9). Some studies describe the inhibitory effects of HA on learning and memory processes (10,11), while others have provided evidence that HA plays a role in reinforcement and mnemonic processes (12,13). A relationship between the NHS and anxiety has been suggested in studies of the behavior of fish (3,14) and rodents (15,16). We have reported that chlorpheniramine, a histaminergic H₁ receptor antagonist, modulates some components of emotional learning in fish (3). Kamei and Tasaka (17) showed that the intracerebroventricular (icv) injection of HA and L-histidine (LH) prior to the test caused a significant reduction of the latency response in old rats in an active avoidance...
response test, therefore facilitating the memory processes. de Almeida and Izquierdo (18) demonstrated that the immediate post-training icv administration of HA facilitated performance in a retention test of step-down inhibitory avoidance behavior measured 24 h later, in rats.

Some investigators also studied the effect of the histaminergic system on anxiety and emotional memory using the elevated plus-maze (EPM) test (19,20). This test has shown good sensitivity to both anxiogenic and anxiolytic drugs (21,22) and the EPM has also been used to understand the biological basis of emotional memory related to learning and memory. Another characteristic of this test is the use of the test-retest protocol (23). Albeit some studies have reported the involvement of the NHS in emotional memory, there is not much information about the effects of HA on the acquisition of emotion-related learning in rodents. Thus, the objective of the present study was to determine the effects of the LH on anxiety and retrieval of emotional memory in mice using the EPM retest.

Material and Methods

Subjects

Adult male Swiss Albino mice supplied by the Animal Facility of the Federal University of São Carlos, SP, Brazil, weighing 30-35 g at the time of testing were housed in groups of 10 per cage (41 x 34 x 16 cm) in a temperature- and light cycle-controlled environment (24 ± 1°C). All testing was conducted during the light phase of the cycle between 9:00 am and 4:00 pm. Food and water were freely available except during the brief test periods. The mice were experimentally naive. All procedures were approved by the Ethics Committee on Animal Experimentation of the Federal University of São Carlos (#028/2007). All efforts were made to minimize animal suffering.

Drugs

L-histidine hydrochloride (a precursor of histamine; RBI, USA) was dissolved in sterile 0.9% saline (SAL). The injections were administered intraperitoneally (ip) at a volume of 2 and 5 mL/kg body weight and the final dose was 200, 500 and 1000 mg/kg. The different injection volumes used (2 and 5 mL/kg) were necessary because of the relatively limited solubility of LH (1000 mg/kg). The doses used were based on previous studies (24) as well as on a pilot study conducted by us.

Saline was used as control. Both drugs and saline were placed in coded Eppendorf tubes under refrigeration. This coding was unknown to the experimenter at the exact time of the tests and behavioral analysis.

Elevated plus-maze and general procedure

The apparatus used for the test procedures was the same as the EPMs developed and validated for rats (22) and mice (25). It was constructed from wood and had transparent glass walls for the enclosed arms. The maze consists of four arms, two open (30 x 5 x 0.25 cm) and two enclosed arms (30 x 5 x 15 cm), extending from a common central platform (5 x 5 cm) and was elevated to a height of 38.5 cm. All testing was conducted under moderate illumination (77 lx) measured on the central platform of the EPM during the light phase of the cycle.

To facilitate adaptation, the animals were transported to a dimly illuminated laboratory on the test day and left undisturbed for at least 1 h prior to testing. The test was performed on 2 consecutive days: trial 1 (T1) and trial 2 (T2). In T1, mice received an ip injection of SAL or LH 40 min before the test. Twenty-four hours later (i.e., T2) the mice were injected again with SAL or LH under the same experimental conditions.

On both test days, the test session was started by placing the subject on the central platform of the maze, facing an open arm and 5 min of free exploration was allowed. Between animals, the maze was thoroughly cleaned with 20% alcohol. The behavior of the animals was video-recorded by a camera positioned above and at 50° to the maze, to permit the discrimination and documentation of all behaviors and the video signal was also relayed to a monitor for -ime observation in another room.

Pharmacological treatment

The animals received an ip injection of SAL or LH 40 min before T1 and T2 (24 h later). For each LH dose administered (LH200 mg/kg, LH500 mg/kg and LH1000 mg/kg), the animals were randomly assigned to four groups based on drug treatment: SAL-SAL, SAL-LH, LH-SAL, and LH-LH (see Table 1).

Behavioral analysis

Videotapes were scored in a blind fashion by a trained observer using the ethological analysis software package X-Plot-Rat (26). The conventional categories and ethological measures were defined according to previous studies (25,27). Behavioral measures were the frequency of open- and enclosed-arm entries (OAE and EAE) defined as all four paws
placed inside an arm, total arm entries, and total time spent in the open and enclosed arms and in the central area (TE, OAT, EAT, CT). These data were used to calculate the percent of OAE (%OAE; [open entries / open + enclosed entries] x 100) and percent of OAT (%OAT; [open time / 300] x 100). The ethological measures consisted of the number of stretched-attend postures (SAP; exploratory posture in which the body stretches forward and then retracts to its original position without any forward locomotion), as well as total duration scores in seconds for immobility (complete arrest of movement except for those necessary for respiration). The conventional measure of anxiety consisted of entries and time spent in the open arms on T1 (27). In the EPM, emotional memory can be evaluated by the T1 and T2 paradigms (28,29). Results obtained by Bertoglio and Carobrez (30) showed the presence of progressive avoidance of the open arms, starting at about the 3rd min of T1, which is present during the 1st min in T2. Thus, the EPM allows the evaluation of emotional memory through the T1/T2 paradigm. The decreased open-arm activity (entries and time spent in open arms) in T2 was defined as learning and memory index. Total enclosed arm entries and total arm entries were measured as a relative pure index of locomotor activity (31). With regard to the ethological behavior, SAP was considered to be a primary index of risk assessment (32).

Statistical analysis

All results were initially submitted to the Levins test for homogeneity of variance. Because data (200 mg/kg LH) were not homogeneously distributed, a nonparametric test was applied. The difference between groups was analyzed by the Kruskal-Wallis test. The difference between T1 (exposure) and T2 (retest) was analyzed by the Wilcoxon signed rank test. Data for the LH dose of 500 mg/kg were analyzed by two-way independent analysis of variance (ANOVA; factor 1: treatment, factor 2: test day). A significant F test was followed by the Fisher LSD test (protected t-tests). Finally, data for the LH dose of 1000 mg/kg were analyzed by the Student t-test and the Mann-Whitney U-test. The level of statistical significance adopted was P < 0.05. All calculations were performed with the GB-STAT program.

Results

Figure 1A,B shows that LH (200 mg/kg) treatment had no significant effects on T1 among the SAL-SAL, SAL-LH, LH-SAL, and LH-LH groups for OAE (P = 0.153, Kruskal-Wallis test) and OAT (P = 0.082, Kruskal-Wallis test). Table 2 also shows, as determined by the Kruskal-Wallis test, that there were no differences in EAE (P = 0.643), EAT (P = 0.279), CT (P = 0.104), %OAE (P = 0.123), %OAT (P = 0.082), indicating that LH (200 mg/kg) did not act on anxiety (see Table 2).

Figure 1A,B shows that, as determined by the Wilcoxon test, an ip injection of LH (200 mg/kg) before T1 and T2 provoked a significant decrease of OAE in T2 for the SAL-SAL (P = 0.017), SAL-LH (P = 0.0002) and LH-SAL (P = 0.007) groups but not for the LH-LH group (P = 0.799). There was a decrease in OAT for the SAL-SAL (P = 0.016), and SAL-LH (P = 0.028) groups but not for the LH-SAL (P = 0.345) or LH-LH (P = 0.374), indicating an inability to evoke memory for the LH-LH group 24 h later. In addition, the Wilcoxon test showed that the LH-LH group did not present a reduction of CT in T2 (P = 0.092) and that there was a decrease in %OAE for SAL-SAL (P = 0.016) and a decrease in %OAT for SAL-SAL (P = 0.016) and SAL-LH (P = 0.028). All experimental groups showed an increase in EAT (P < 0.05) in T2 (Table 2).

Repeated measure ANOVA did not reveal significant effects of LH (500 mg/kg) treatment on T1 among the SAL-SAL, SAL-LH, LH-SAL, and LH-LH groups for the conventional measure: OAE (F(3,48) = 1.39, P > 0.05), OAT (F(3,48) = 1.44, P > 0.05; Figure 1C,D), EAE (F(3,48) = 2.20, P > 0.05), EAT (F(3,48) = 1.49, P > 0.05), CT (F(3,48) = 1.03, P > 0.05), %OAE (F(3,48) = 0.68, P > 0.05), %OAT (F(3,48) = 0.26, P > 0.05; Table 3), indicating that LH (500 mg/kg) also has no action on anxiety.

During retest, at the dose of 500 mg/kg LH, ANOVA showed a significant reduction in OAE and OAT (F(1,48) = 13.01, 43.56, respectively, P < 0.05) for the SAL-SAL, SAL-LH, and LH-SAL groups. However, the Fisher LSD test revealed no significant changes in OAE or OAT for the LH-LH group (Figure 1C,D), indicating an inability to evoke memory for the LH-LH group 24 h later. ANOVA also indicated an alteration of %OAE (F(1,48) = 8.83, P < 0.05) and %OAT (F(1,48) = 43.57, P < 0.05) in T2. The Fisher LSD test revealed that the LH-LH and LH-SAL groups did not reduce %OAE and only the LH-LH group did not reduce %OAT. The experimental SAL-SAL, SAL-LH, and LH-SAL groups increased EAT (F(1,48) = 41.17, P < 0.05) in T2 compared to T1. In addition, there were no significant effects on CT (F(1,48) = 8.77, P > 0.05; Table 3).

With regard to the ethological measure (SAP), the Kruskal-Wallis test did not reveal significant effects of LH (200 mg/kg) treatment on T1 among the SAL-SAL, SAL-LH, LH-SAL, and LH-LH groups for the conventional measure: OAE (F(3,48) = 1.39, P > 0.05), OAT (F(3,48) = 1.44, P > 0.05; Figure 1C,D), EAE (F(3,48) = 2.20, P > 0.05), EAT (F(3,48) = 1.49, P > 0.05), CT (F(3,48) = 1.03, P > 0.05), %OAE (F(3,48) = 0.68, P > 0.05), %OAT (F(3,48) = 0.26, P > 0.05; Table 3), indicating that LH (500 mg/kg) also has no action on anxiety.

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There were no significant changes in locomotor activity in T1 at the LH dose of 200 mg/kg represented by EAE (P = 0.643, Kruskal-Wallis test) and TE (P = 0.09, Kruskal-Wallis test) nor at a dose of 500 mg/kg (F(3,48) = 2.20 and 2.01, P > 0.05, respectively; Tables 2 and 3). For the highest dose, the t-test showed a decrease in EAE [t_{44} = 3.48, P < 0.05] and TE [t_{44} = 4.04, P < 0.05] for the LH group (7.38 ± 1.11, 9.92 ± 1.18, respectively) compared to the SAL group (10.95 ± 0.89, 16.45 ± 1.10, respectively). The Mann-Whitney U-test indicated an increase in immobility time (P = 0.019) for the LH group (8.88 ± 4.17) compared to the SAL group (2.56 ± 1.81; data not shown). These results suggest an alteration in locomotor activity induced by 1000 mg/kg LH.

Discussion

The EPM test is used to evaluate the effects of drugs on anxiety. There is substantial evidence showing that drugs that increase open-arm activity are anxiolytic, while drugs that reduce the open-arm exploration are anxiogenic (33,34). In the present study, L-histidine had no effects on anxiety at the dose of 200 and 500 mg/kg, as shown by the lack of a significant difference in open-arm activity (open-arm time and open-arm entries) between the SAL-SAL and LH-LH groups in T1. Additionally, at the LH dose of 500 mg/kg, no differences in open arm or enclosed arm activity or time spent in the central area occurred between groups during the first exposure. Data for the LH (1000 mg/kg) groups could not be interpreted in terms of anxiety due to a strong decrease in locomotor activity in T1.

Our results did not show an effect of LH on anxiety in mice submitted to the EPM. In contrast, Kumar et al. (24) detected an anxiogenic effect on mice, which received ip injections of LH before exposure to the EPM. In our view, these discrepancies could be related to some important differences in experimental conditions such as volume of injection and dimension and surface of the maze.

An interesting feature of the plus-maze is the fact that a single prior non-drugged experience of the maze significantly reduces open-arm activity in mice in a second trial (35). Thus, an increase in open-arm avoidance with repeated maze exposure has been observed in several studies (36,37) and retest in the EPM is associated with behavioral changes indicative of aversive learning (38). We detected a significant decrease in frequency of open-arm entries and time spent in open arms for the SAL-SAL, SAL-LH and LH-SAL groups during the retest, indicating that learning occurred in T1 for these groups and that memory was retrieved in the second trial. The increase of open-arm avoidance behavior of rodents in T2 is thought to reflect the acquisition of spatial memory related to exploration of potentially dangerous areas of the maze (open arms) (29).

Considering that the LH-SAL group presented reduced open-arm entries and time spent in them in the second trial, acquisition and storage do not appear to be affected by LH, as also observed for the SAL-SAL and SAL-LH groups. However, the LH-LH group did not reduce open-arm activity during the retest, demonstrating that these mice did not remember the open arms as a dangerous area of the maze. Therefore, LH does appear to provoke a state-dependent memory retrieval deficit because the mice were unable to evoke emotional memory of the previous experience after 24 h.

State-dependent memory can be defined in terms of a response, which can be acquired in a given (e.g., drug-induced) state but may not be retrieved when the organism is in a different state (39). Zarrindast et al. (8) demonstrated that rats treated with HA both pre-training and pre-test (histamine-histamine) showed a significant increase in memory retrieval compared to the histamine-saline conditions. The authors suggest that HA induces state-dependent learning in interactions with opioid systems. The results obtained in the present study show that the mice treated with LH pre-T1 and pre-T2 did not demonstrate an increase in retrieval, but presented an impaired ability to evoke memory during the second trial in this state (LH-LH), indicating a state-dependent memory retrieval deficit. The present findings also suggest that this failure to evoke memory 24 h later produces an apparent state-dependent retrograde amnesia such as that similarly developed in the early course of Alzheimer’s disease. Our results agree with other studies (6,7) that suggest a probable relation between the neural histaminergic system and Alzheimer’s disease.

Data previously reported by others (17,18) have demonstrated the involvement of NSH in emotional memory processes in rodents. Our results are the first related to state-dependent memory retrieval, therefore differing from previous studies in which HA was administered during the memory consolidation period (post-test) (18) and the animals were not treated before testing, so that state-dependency was not evaluated (17).

The most conspicuous observation in the analysis of the ethological measure was the absence of SAP reduction caused by L-histidine in mice previously exposed to the EPM. SAP has been interpreted as an index of risk assessment consisting of information-gathering behaviors displayed in potentially threatening situations (40). The LH-LH groups did not reduce SAP, open-arm time or number of entries, therefore showing signs of memory deficit. Taken together, these results confirm that, while HA did not act on anxiety, it appeared to impair memory retrieval in a state-dependent manner in the EPM.

There were no alterations in general locomotor activity (number of entries in the enclosed arms and total number of
entries) during retest at the LH dose of 200 and 500 mg/kg. Therefore, there was no possibility of habituation to the same drug treatment on both days, especially for the LH-LH group, since there were no differences in the number of entries in the enclosed arms. The highest dose of LH (1000 mg/kg) provoked a decrease in locomotor activity for the LH group in T1, thus preventing conclusive analyses of the effects of this LH dose on anxiety and memory.

The EPM, especially in the second trial of this test, demonstrated its value as a possible tool to evaluate memory impairment, since there was a delay between learning (T1) and retrieval (T2). Thus, the results of the present study are an important first step in establishing a valid animal model to understand memory impairments.

The results of the present study suggest that LH does not have an effect on anxiety and produces a state-dependent memory retrieval deficit during retest of mice in the EPM. Furthermore, the EPM test can also be used as a model that induces state-dependent memory retrieval deficit, although further investigation is required.

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**Table 1. Experimental protocol.**

| Pharmacological treatment (intraperitoneal injection) before T1 and T2 | Experimental groups |
|---------------------------------------------------------------|---------------------|
| LH<sub>500 mg/kg</sub>                                         | SAL-SAL (N = 10)    |
|                                                               | SAL-LH (N = 10)    |
|                                                               | LH-SAL (N = 10)    |
|                                                               | LH-LH (N = 10)    |
| LH<sub>1000 mg/kg</sub>                                        | SAL-SAL (N = 11)   |
|                                                               | SAL-LH (N = 10)    |
|                                                               | LH-SAL (N = 13)    |
|                                                               | LH-LH (N = 15)    |
| LH<sub>1500 mg/kg</sub>                                        | SAL-SAL (N = 11)   |
|                                                               | SAL-LH (N = 11)    |
|                                                               | LH-SAL (N = 13)    |
|                                                               | LH-LH (N = 11)    |

Mice received ip injection of saline (SAL) or L-histidine (LH) at the indicated doses on consecutive days and were submitted to an elevated plus-maze test 40 min after each drug administration. T1 = trial 1; T2 = trial 2.
Table 2. Conventional and ethological measures of mice after intraperitoneal administration of SAL or LH (200 mg/kg) before trial 1 and trial 2.

| Behavior  | SAL-SAL (N = 10) | SAL-LH (N = 10) | LH-SAL (N = 10) | LH-LH (N = 10) |
|-----------|------------------|-----------------|-----------------|----------------|
| Trial 1   | Trial 2          | Trial 1         | Trial 2         | Trial 1         | Trial 2         |
| TE        | 13.0 ± 1.3       | 12.0 ± 0.7      | 12.9 ± 1.3      | 10.1 ± 1.1      | 14.2 ± 0.8      | 11.2 ± 1.2      | 14.0 ± 1.6      | 14.7 ± 1.3      |
| EAE       | 9.0 ± 0.8        | 10.2 ± 0.5      | 9.0 ± 0.5       | 8.2 ± 0.8       | 9.8 ± 0.8       | 8.8 ± 1.1       | 9.2 ± 1.0       | 10.0 ± 0.8      |
| EAT       | 196.9 ± 13.8     | 260.3 ± 2.9*    | 205.7 ± 10.7    | 259.8 ± 7.67*   | 184.6 ± 8.2     | 212.6 ± 15.8*   | 185.8 ± 14.7    | 221.9 ± 13.6*   |
| %OAE      | 29.7 ± 3.0       | 14.6 ± 2.4*     | 26.2 ± 5.3      | 16.2 ± 5.1      | 28.9 ± 5.1      | 25.6 ± 5.3      | 32.7 ± 5.8      | 28.7 ± 6.5      |
| %OAT      | 13.5 ± 3.3       | 4.2 ± 0.8*      | 13.9 ± 4.2      | 4.7 ± 1.4*      | 14.6 ± 3.4      | 12.1 ± 3.7      | 17.1 ± 4.0      | 14.6 ± 3.5      |
| CT        | 66.5 ± 11.4      | 27.0 ± 1.9*     | 52.4 ± 5.5*     | 25.9 ± 5.4*     | 71.4 ± 4.3      | 50.8 ± 12.0     | 62.6 ± 8.7      | 34.1 ± 5.4*     |
| Total SAP | 17.1 ± 1.2       | 13.8 ± 1.2      | 16.5 ± 1.2      | 14.0 ± 1.1      | 21.1 ± 2.3      | 20.0 ± 3.1      | 18.0 ± 2.2      | 15.5 ± 1.9      |

Experimental protocol is given in Table 1. Data are reported as means ± SEM. TE = total entries; EAE = enclosed-arms entries; EAT = time in enclosed arms; %OAE = percent of open-arm entries; %OAT = percent of time in open-arms; CT = center time; SAP = stretched-attend postures. *P < 0.05 for trial 1 compared to trial 2 (Kruskal Wallis and Wilcoxon tests).

Table 3. Conventional and ethological measures of mice after intraperitoneal administration of SAL or LH (500 mg/kg) before trial 1 and trial 2.

| Behavior  | SAL-SAL (N = 11) | SAL-LH (N = 10) | LH-SAL (N = 13) | LH-LH (N = 15) |
|-----------|------------------|-----------------|-----------------|----------------|
| Trial 1   | Trial 2          | Trial 1         | Trial 2         | Trial 1         | Trial 2         |
| TE        | 12.7 ± 1.0       | 9.9 ± 1.0       | 16.5 ± 0.9      | 13.4 ± 1.5      | 15.2 ± 1.7      | 14.4 ± 2.0      | 14.6 ± 1.2      | 15.7 ± 1.5      |
| EAE       | 7.4 ± 0.5        | 7.3 ± 0.7       | 9.1 ± 0.6       | 8.9 ± 0.9       | 8.6 ± 1.8       | 9.7 ± 1.3       | 9.8 ± 0.8       | 10.2 ± 0.9      |
| EAT       | 185.6 ± 13.9     | 243.1 ± 10.4*   | 154.1 ± 10.6    | 215.9 ± 13.1*   | 170.0 ± 1.9     | 231.3 ± 13.6*   | 181.5 ± 11.3    | 207.5 ± 14.3    |
| %OAE      | 40.1 ± 3.6       | 25.5 ± 6.0*     | 44.6 ± 4.1      | 32.3 ± 3.6*     | 39.1 ± 1.10     | 31.8 ± 4.3      | 31.8 ± 3.0      | 33.5 ± 4.9      |
| %OAT      | 21.3 ± 3.7       | 9.2 ± 2.4*      | 30.4 ± 3.2      | 13.9 ± 2.1*     | 28.1 ± 1.11     | 13.2 ± 2.5*     | 21.1 ± 3.4      | 16.3 ± 2.8      |
| CT        | 50.4 ± 6.2       | 29.1 ± 4.5      | 54.6 ± 5.1      | 42.2 ± 8.0      | 45.4 ± 1.12     | 28.9 ± 7.3      | 54.8 ± 10.0     | 43.4 ± 8.5      |
| Total SAP | 18.6 ± 1.5       | 11.4 ± 1.1*     | 14.4 ± 1.0      | 10.0 ± 0.9*     | 19.9 ± 1.13     | 17.5 ± 2.9      | 17.0 ± 2.4      | 13.7 ± 1.2      |

Experimental protocol is given in Table 1. Data are reported as means ± SEM. TE = total entries; EAE = enclosed-arm entries; EAT = time in enclosed arms; %OAE = percent of open-arm entries; %OAT = percent of time in open arms; CT = center time; SAP = stretched-attend postures *P < 0.05 for trial 1 compared to trial 2 (ANOVA followed by the Fisher LSD test).
Figure 1. Effect of ip injection of SAL or L-histidine (LH) before trial 1 and trial 2 (24 h later) in the elevated plus-maze. A, Entries into the open arms after 200 mg/kg LH. B, Time spent in the open arms after 200 mg/kg LH. C, Entries into the open arms after 500 mg/kg LH. D, Time spent in the open arms after 500 mg/kg LH. Data are reported as means ± SEM. Data in Panels A and B were analyzed by Kruskal Wallis and Wilcoxon tests and those in Panels C and D were analyzed by ANOVA followed by the Fisher LSD test. *P < 0.05 for trial 1 compared to trial 2.