Preauricular Swelling Mimicking a Tumour: Dissolution of Mandibular Capitulum Following Trauma in a 15-Year Old Child

REINHARD E. FRIEDRICH and FELIX K. KOHLRUSCH

Department of Oral and Cranio-Maxillofacial Surgery, Eppendorf University Hospital, University of Hamburg, Hamburg, Germany

Abstract. Aim: The report is about diagnosis, therapy, and follow-up of a 15-year old boy, who experienced facial swelling and impaired mouth opening after a sport accident. Case Report: Diagnosis of mandibular damage was delayed due to inadequate clinical investigation and radiography after trauma and only became clear after a parotid swelling occurred sometime later resulting from the dissolution of the upper part of the articular process. Follow-up control over a period of three years showed a partial restoration of the articular process but some inhibition of mouth opening combined with slight deviation of the mandible to the affected side remained over the years. Conclusion: This report reminds us that parotid swelling can be the result of mandibular trauma without a recent history of physical injury to this region. Therefore, the basic standards of radiologic diagnosis should be maintained and the limited restoring capacity of the condylar process in adolescence should be acknowledged.

In patients with acute mandibular trauma it is often necessary to identify or exclude a fractured bone (1). Therefore, the application of standardized X-rays to the region of interest is an indispensable diagnostic routine (2). In particular the diagnosis of trauma to the mandibular condyle is regularly dependent on adequate imaging (2). Failure to adequately recognize and treat mandibular fractures can lead to complications such as osteomyelitis, ankylosis, pseudarthrosis and dissolution of the bone. However, the majority of injuries to the mandibular condyle do not cause a fracture. Trauma to the mandibular condyle may be restricted to distortions of the capsule and internal derangement of the ligaments. These injuries can only be assumed on conventional, i.e. plain X-rays (3). Trauma to capsule and disc of the joint may feature distinct findings on sectional images of the temporomandibular joint (TMJ), such as magnetic resonance imaging (MRI) or computed tomography (CT) (2). Indeed, even displacement of the temporomandibular disc as the sole recognizable trauma consequence can cause absorption of condylar bone in individual cases (4). However, most mandibular fractures of the condylar bone are adequately represented on conventional radiographs, if established diagnostic standards are maintained (5, 6). The mandibular fractures may require different techniques to restore bone continuity and shape (1, 6-9).

Following recent developments in maxillofacial surgery, open reduction and internal fixation (ORIF) are advocated as the gold standard of mandibular condyle fracture treatment (10). Many authors share the preference for the surgical treatment of articular fractures, but there are controversies as to the indication for osteosynthesis of non-dislocated fractures and some types of stable reduced fragments that may allow healing without osteosynthesis (10-13). Osteosynthesis in the treatment of condylar fractures in children is still a matter of debate (13-20). There is general agreement that it is mandatory to secure reduced mobility to the condylar region for a certain period of time (19) if the option of conservative fracture treatment has been chosen (20). This measure has to be followed by early functional loading of the bone and utilization of the joint to prevent arthrosis (20). However, in cases with ORIF very early articular mobilisation is advocated (10, 12).

In some cases, neither medical history nor conventional radiographs may appropriately reveal a fracture. In particular, non-dislocated fractures can pose diagnostic problems (7). Diagnosis may be impossible in cases with imaging restricted to one radiographic plain (3). Furthermore, injuries to vessels...
that are relevant for maintenance of condylar nutrition can lead to condyle necrosis, without apparent fracture visible on radiographs (21). It is not clear how to treat a patient with acute condylar trauma but no evidence of fracture, except advice to avoid maximum mouth opening or the eventual application of temporary immobilisation of the TMJ.

The aim of this report was to describe the consequence of delayed diagnosis of acute condylar trauma in an adolescent, to re-emphasize the principles of adequate mandibular trauma diagnostics and the need for follow-up control of maxillofacial trauma patients.

Case Report

The 15-year-old boy was admitted to the oral and maxillofacial surgery outpatient clinic for diagnosis and therapy of a swelling of the right cheek. Six weeks ago the patient was kicked with a foot into his face during a football game. He neither vomited nor fell unconscious after this collision with another football player. The affected facial skin remained intact during the physical attack. However, he experienced an immediate swelling of the affected side of the face. This swelling of the right cheek region reduced within a few days but then an ipsilateral pre-auricular swelling became apparent about one week after trauma. This swelling persisted and prompted the parents to seek for medical advice. Two weeks following the trauma, the patient was investigated by an outpatient practitioner who performed an X-ray of the affected jaw region (Figure 1). The radiograph was judged to show no signs of a fracture in the right condylar region. The patient was advised to protect the joint by omitting extensive articular movements and initially discharged. However, the swelling did not reduce in size and the patient noticed an unspecified alteration of dental occlusion over time. Therefore, the patient returned to the practitioner about 4 weeks after trauma.

Now a magnetic resonance imaging of the region was ordered to disclose possible space occupying lesions of the parotid region, in particular a neoplasm. On MRI, a large, spindle-shaped, fluid-filled lesion was depicted that was located predominantly in the dorsal part of the masseter muscle and to a lesser part in the region of the upper part of the ramus (Figure 2). Parts of the masseter muscle adjacent to the space-occupying lesion were thickened and showed intensified signaling. The muscle’s fascia was slightly prominent to the lateral side due to tumour extension. The dorsal part of the tumour spread into the anterior parotid. Also,
the retromandibular vein was slightly displaced. In close proximity to the main lesion some small fluid accumulations were depicted. In the region of the glenoid fossa there was no condyle depicted on MRI. The tentative radiological diagnosis was traumatic osteolysis of the right articular process.

On admission, the patient was in good general condition. The patient stated that the bulging skin caused a feeling of tension. However, he reported no pain in the region. The integument appeared to be unaffected and the facial nerve function showed symmetrical innervation of the mimic

Figure 2. Magnetic resonance images of the skull. A. Coronal view of the right parotid region. A fluid-filled cavity lies inside the gland and also fills the area where the mandibular condyle cannot be visualized. B. Representation of the cyst-like cavity in axial view.

Figure 3. Radiographic and ultrasound imaging of the lower jaw. A. Posterior-anterior view of right mandible displays a dissolved mandibular capitulum (Arrow, cropped image). B. Functional representation of the right mandibular joint region with closed (Left) and open (Right) mouth (Cropped image). When the mouth is closed, a shortened articulating process is shown, the cranial boundary of which has developed a cup-like indentation. When the mouth opens, the condyle moves in front of the articular eminence. C and D: The panoramic view of the jaw shows the shortened articular process in detail (Arrow in C) and overview (D). Both images show the superposition of the glenoid fossa by the skull base. E. Ultrasound imaging of the right ramus region. The accumulation of fluid lateral to the ramus is shown on the left. On the right-hand illustration, the enlarged joint gap can be seen (Arrow), which occurs between the complete ultrasound remissions of the ramus (Left) and the temporal bone (Right) (UK: mandible; CRA: cranial; RO: rostral).
muscles. Mouth opening was restricted to about 20 mm interincisional distance. The X-ray examinations of the jaws showed that the cranial parts of the articular process on the right side had dissolved (Figure 3A-D). B-scan ultrasound images revealed an inhomogeneous, hypo-echoic space occupying lesion lateral to the complete distal remittance of ultrasound conduction originating from the subcondylar ramus surface (Figure 3E). Interestingly, the sharp line of bone surface ultrasound signal suddenly stopped caudal to the echo obtained from the temporal bone, leaving a gap of ultrasound transmission to more medial parts of the skull base. This signal is typical for missing condyle in the glenoid fossa (22).

Later, the original radiographs were received and re-evaluated. The functional radiograph of the right TMJ region had been carried out by plain radiography using Schüller projection of the lateral skull base. On the radiograph the condyle was somewhat displaced to the caudal-anterior direction (Figure 1). When the rows of teeth are closed, the joint gap is slightly widened and the condyle is slightly anterior and positioned on the articular eminence. This position may indicate haemorrhage to the joint region (8). As a result of superposition of different bones in the radiograph, a fracture at the base of the condylar process is possible to be identified, but cannot be clearly diagnosed in retrospect. The radiotranslucency of the dorsal part of the capitulum can be an indication of initial osteolysis (Figure 1).

**Therapy and follow-up.** Under local anesthesia and sterile conditions the preauricular tumour was punctured with a canula and drained with a syringe. About 10 ml of yellowish smearable fluid was aspirated. The secretion of the cavity was somewhat cloudy, but not purulent. The wound was dressed and slightly compressed by a bandage. Healing was uneventful, but as swelling recurred after a few days, the lesion was again punctured. About 1 ml of fluid was drained. Microscopic analysis of the liquids revealed massive granulocytes but no osseous particles. Microbiological analysis of the smear of the first drainage revealed cell residues, some epithelia, moderate number of leukocytes and gram-positive rods. The second drainage revealed sparse leukocytes and cell residues but was devoid from bacteria. The swelling disappeared again and never returned. Radiological follow-up controls up to three years revealed a rounding of the concave neo-articular process (Figure 4). The mouth opening was not restricted but the patient noticed a slight deviation of the mandible during the process of mouth opening to the side of the shortened bone.

**Discussion**

This report demonstrates the need to consider mandibular condyle trauma in the differential diagnosis of a pre-auricular swelling in patients with considerable time interval from a facial trauma. Diagnosis was delayed due to insufficient radiological diagnosis following trauma and late medical consideration of a symptomatic patient. These shortcomings led to finally discuss a neoplasm of the tempo-mandibular region as the cause of bone destruction and cyst-like tumour of parotid region.

Monitoring the patient's course does not allow to conclude for certainty that the trauma to the skull had led to a fracture...
of the mandibular condyle. Alternatively, the trauma may have
resulted in the tearing of vessels that supply the jaw joint (21).
In the present case, the post-traumatic X-ray image only
insufficiently depicts the potential fracture region. Regardless
of these limitations in skeletal diagnostics, this unusual course
shows that in an untreated patient with mandibular trauma, an
insufficiently vascularized condyle can be completely resolved
within a few weeks. The detection of bacteria in the drained
seroma is not due to an external injury to the affected region.
The number of bacteria was moderate and probably a late
colonization of the destroyed bone. Infections of mandibular
fractures are rare in children (23). The course of the disease
in the adolescent shows the problem of establishing and
proving principles of care in traumatology of this bone region.
In fact, it remains questionable whether a surgical intervention
based on expanded diagnostics could have prevented bone
necrosis in this case.

**Diagnosis of mandibular condyle trauma**

**Plain radiography.** Diagnosis of condylar trauma must first
rule out or prove the fracture of the bone (1). Radiographic
diagnosis with conventional X-ray requires at least images
of the region of interest in two planes perpendicular to each
other (3). Conventional projections, such as posterior-
anterior skull views (5, 6) and lateral projections of the
mandible (24) allow visualization of fracture lines in the
region of interest in the vast majority of cases (25). Even the
estimation of ligament lesions and disc displacement is
possible in cases with condylar process displacement (3).
However, improper radiological projection can severely
hamper the identification of fracture lines. Indeed, the
representation of the *capitulum* fractures in computer
tomography is superior to that in plain radiography (25).
Furthermore, the limited but visible mobility of the condyle
on a functional radiograph (Figure 1) can be taken as the
result of continuous bone movement, misinterpreted as an
indicator of intact bone and justify the decision of not taking
any further diagnostic measures.

Panoramic view (PV) radiography of the jaw, which is
currently frequently used instead of lateral or anterior-
posterior plain skull projections, allows a clear representation
of the lower jaw including the joint region, but only on one
projection. PV requires the patient to be precisely positioned
in the diagnostic device (26). However, superposition of the
*capitulum* with the glenoid fossa is also possible in this
projection despite correct placement of the patient (Figure
3C and D, 4C). Furthermore, the lateral projection in PV
does not ensure display of infrastructures. Indeed, the diagnostic
accuracy of articular fracture identification is moderate with
PV, especially with diacapitular fractures (27, 28).

**Computed tomography.** Currently, several tomographic
radiological devices allow the imaging of bone in several
plains and circumvent the problems arising from inadequate
projections of the skull base on plain radiographs (9, 29).
However, thin sections of the examination region must be
made with tomography, because otherwise some fractures
will not be displayed (30). Indeed, lack of fracture
displacement is the single most important factor in missed
fractures with *all* X-ray modalities (9).

**Ultrasound imaging.** B-scan ultrasound examination of the
condylar process region so far has not been established as an
alternative to X-ray diagnostics because non-displaced
fractures can escape the display at the clinically applied
emission frequencies (22).

**MRI.** MRI has wide range of applications in assessing
derangement of the joint (31, 32). MRI has been used in the
surgical diagnosis of the mandibular condyle primarily to
assess changes in the capsule and disc after ramus
osteotomies (33). In the diagnosis of condylar trauma, MRI
is also mainly used to identify damage to the joint capsule
and the disc (18, 34-36). MRI demonstrates haemarthros in
57.9% (37) to 100% of condylar trauma cases (38). MRI is
not a suitable diagnostic method to identify non-displaced
fractures (34). On the other hand, MRI has shown that the
disc usually remains in its anatomical position even if the
condylar head is dislocated (39). These findings suggest that
if the fracture is dislocated, the condyle is fed via the lateral
pterygoid muscle attached on the joint.

None of the methods mentioned is able to reliably assess
intraosseous perfusion disorders.

**Angiography.** Angiographies of the mandibular joint region
after skeletal trauma are mainly used to identify post-
traumatic aneurysms (40-43) and so far, have not been used
to control perfusion of mandibular fragments or bone regions
compromised by compression.

**Condylar fracture in children.** Among the fractures of the
lower jaw in childhood, the fracture of the articular process
occupies a special position because this area is particularly
often damaged (44). The causes change with the child’s
development. According to many studies, it is mainly falls
that cause condylar fractures in early childhood. In children
over the age of 10 to around 16 years, it is particularly boys
who suffer this fracture in sports accidents, which occur
unusually often when playing football (45). The age and
circumstances of the accident victim thus correspond to
epidemiological data on this type of fracture in childhood and
adolescence.

**Treatment concepts of condylar trauma.** Published treatment
strategies for condylar trauma are largely limited to fractures
(16, 17, 29) and rarely deal with the diagnosis and treatment
of trauma cases, which obviously are limited to the capsule apparatus and disc (35, 37). Besides fracture diagnosis (46), damage to the disc and ankylosis are in the foreground when analyzing post-traumatic disorders in the TMJ region on radiographic images (47). MRI of the condyle region is recommended as diagnostic procedure in suspected condylar damage (37). However, no therapeutic standards based on these imaging techniques are generally recognized in the case for TMJ trauma without apparent fracture [e.g. (im)mobilisation, arthroscopy].

However, there is no unanimous consensus regarding the treatment of condylar fractures either (12, 13, 14). Initially, immobilisation was claimed indispensable to provide fracture healing, remodelling of the bone and long-term relief of pain in patients with condylar fracture (3). This therapeutic maxim is currently maintained by some authors for non-displaced, non-dislocated mandibular condyle fractures (12), particularly in children (48). On the other hand, there are also long-standing indications that non-dislocated condylar fractures do not need immobilization (7). This view is confirmed by some current researchers (11).

Until recently, it was proposed that children with mandibular condyle fractures should be treated conservatively, with or without maxillo-mandibular fixation (MMF) (17, 20, 48, 49). Early mobilization after fracture treatment was proposed as the key element in treating condylar fractures in order to prevent permanent movement restrictions of the joint (49). ORIF of articular process fractures allows early functional loading of the bone and thus appears to circumvent the treatment consequences of intermediate-term TMJ immobilization (17). Convincing treatment results using ORIF in the treatment of mandibular condyle fractures have led to more surgeons and study groups advocating in favour of this therapeutic concept (10). Conservative treatments for these fractures are still approved by some surgeons (50). However, damage to the soft tissues (parotid, facial nerve) must be taken into account with ORIF when using an extra-oral approach to the joint region (12, 15, 51). Furthermore, osteosynthesis of small fragments can be associated with severe complications such as pulling out of screws and broken plates (12). Necrosis...
of the proximal fragment is still a risk of ORIF (12, 51, 52). In addition, the limitation of inclusion the age of patients to individuals over the age of 18 years in comparative studies on the effectiveness of ORIF vs. conservative therapy of condylar fractures shows that treatment strategies in children and adolescents are yet not clearly defined (13). However, some authors use ORIF of the condylar fractures indiscriminately for patients of all ages as therapy of choice and refer to high success rates (15). Radiological signs of resorption were observed in patients with detachment of the lateral pterygoid muscle from the proximal fragment (53) and the number of patients experiencing condylar resorption following open reduction can be as high as 100% (11). However, other authors point out that conservative therapy with MMF produces very good treatment results in children and adolescents (50, 54).

The main difference in the treatment result of ORIF vs. conservative treatment was the deviation of the mandible to the affected side when opening the mouth in conservatively treated patients with displaced proximal fragment, loss of vertical dimension and reduced bone regeneration capacity in adults (13, 14). Marked remodelling was evident on computed tomograms but no complaints of temporomandibular joint function (55).

The amount of restitution of condylar height after loss or displacement of the articulating region depends on age and appears to be best in children. Holtgrave et al. (56) studied 18 children with unilateral or bilateral fractures of the condyle who were treated with conservative measures only. The clinical and radiological results showed complete restitution mainly in children aged less than 10 years whereby the true repositioning of the dislocated condylar process is of no importance. Neither ankylosis, pseudoarthrosis, neo-arthritis nor microgenia were found in any of the tested children. The authors recommended the wire-and-acrylic splint according to Schuchardt (57) as especially appropriate for the conservative treatment (MMF) (56). The findings were confirmed by Gundlach et al. (58) and further emphasizing that the capacity to restore an articualr process – though limited in every case – strongly decreases after the age of thirteen years.

Vascular supply to mandibular condyle. The mandibular condyle is surrounded by a network of circularly arranged arteries that extent small branches to the periosteum of the bone (21, 59-63) (Figures 5 and 6). Numerous foramina of the articular process testify to the dense vascular supply provided by several main arteries (61). Constantly developed vessels with branches to the condyle are the superficial temporal artery, the posterior deep temporal artery, the facial transverse artery, the external carotid artery, the inferior alveolar artery, the temporal muscle, and the condyle. For further details on condylar vascular anatomy, see the publication of Toure (61).
Anatomical examinations have repeatedly shown that even condyle, acute bleeding into the area surrounding the bone compartmental pressure will reduce venous outflow (66, 67). In the event of severe joint contusion, it is therefore plausible alternatively, arteries can tear in TMJ contusions.

Intraosseous branches of the inferior alveolar artery run in the mandibular ramus and reach the condyle. In several cases, this artery is a collateral of the masseteric artery. However, the formation of inferior alveolar artery branches to the condyle is inconsistent and often rudimentary (61). Recent studies have shown that the maxillary artery delivers both endosteal and periosteal blood to the mandibular condyle (62). These anatomical findings are interpreted as the basis for maintaining the capitulum’s integrity in the event of a dislocated fracture: there exists an extensive autonomy of the arterial vascular supply of the condyle from the vascular supply of the rest of the mandible (62) and the vessels of the lateral pterygoid muscle provide sufficient vascularization of the isolated capitulum (61). The anatomical studies identify the basis of why fractures of the condyle are rarely associated with a dissolution of the bone and post-traumatic ankylosis of the joint is a much more common event to diagnose than a vanishing condyle (64).

Considering the arterial vascular network of the joint region, it is difficult to explain capitulum necrosis if there is no abduction of the condylar head and detachment of the pterygoid muscle from the bone fragment. Avascular necrosis of mandibular condyle. Avascular necrosis of the TMJ has primarily been discussed in connection with incomplete regeneration of the joint-forming segment after trauma and osteotomies of the mandibular ramus (46, 65). The functioning of the Starling resistor has been proposed for assessing the vascular supply of the bone and has been adapted as a pathophysiologica! model for understanding osteonecrosis of the mandibular condyle (66). The Starling resistor consists of a rigid body that is sharply delineated from the environment and is traversed by one or more tubes. Accordingly, the flow rate through the tubes is determined by the pressure outside the compartment in relation to the pressure inside the compartment. When this principle is applied to a bone or functionally separated part of a bone, the intramedullary space is the "tubes" through which blood flows according to current pressure. Every increase in pressure inside the compartment (and outside the "tubes") thus leads to a decrease in the intramedullary blood flow. In a corresponding way, any increase in extra-compartmental pressure will reduce venous outflow (66, 67).

In the event of severe joint contusion, it is therefore plausible that, despite the extensive arterial blood supply to the condyle, acute bleeding into the area surrounding the bone restricts the venous drainage of the injured bone in such a way that perfusion stops and the entire part of bone becomes necrotic. This pathogenesis of capitulum necrosis is apparently very rare after a TMJ trauma. The TMJ region is usually restored within a few weeks after a haemorrhage (8). Alternatively, arteries can tear in TMJ contusions. Anatomical examinations have repeatedly shown that even in the case of a complete tearing of the capitulum from the neck of the condyle and further dislocation of the head, there is a dense, circular anastomosing vascular network that keeps the bone vital, in particular through the blood supply to the fragment via the lateral pterygoid muscle (see above).

In the presented case, the apparently non-displaced, compressed compartment may have been the prerequisite for increasing the extra-compartmental pressure, which, with sufficient arterial perfusion, did not allow adequate drainage. However, bone healing after a phase of immobilization is particularly beneficial for non-displaced, non-dislocated fractures. In this case, the constant influence of the chewing muscles on the perfusion of the non-immobilized contusion or fracture cannot be calculated. There are authors who use a conservative treatment protocol for pediatric condylar fractures and document successful fracture healing in the majority of cases without inter-maxillary fixation (20). At the time of the first radiological examination, no abduction of the proximal fragment, especially the condylar head, was evident on the radiograph of the presented patient. Abduction of condyle is considered to be an essential prerequisite for condylar absorption in intracapsular fractures in children (68). Absorption of the condyle was a postoperative event that was detected in 35 of 140 condylar process fractures. However, this bone loss required a considerable amount of time (about half a year with a wide spread of values) (68).

Conclusion

The course of diagnosis and therapy of an adolescent with trauma to the mandibular condyle shows the limits of current diagnostic and treatment concepts for this type of injury. The standards of radiological fracture diagnostics should be followed in each individual case. Radiological evidence of adequate mobility of the joint when the mouth is opening is no guarantee of an intact capitulum. Non-displaced fractures and vascular damage to the joint region can escape imaging.

Conflicts of Interest

The Authors have no conflicts of interest with regard to the work presented.

Authors’ Contributions

REF treated the patient, researched the literature, and wrote the article. FKK checked the scientific literature and wrote the article. All Authors gave final approval for publication.

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