Passively Q-Switched Pulses Generation from Erbium-Doped Fiber Laser Using Lutetium Oxide as Saturable Absorber

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Abstract— In this paper, a configuration of a passive Q-switched Erbium-doped fiber laser (EDFL) using a Lutetium Oxide (Lu₂O₃) thin film as a saturable absorber (SA) is experimentally implemented to generate high pulse energy with a high signal to noise ratio. A stable Q-switched pulse train is initiated at the input pump power of 30.442 mW, and a maximum pulse energy of 16.11 nJ is obtained at an output power of 0.97 mW, which confirms the stability of the pulses. It was possible to increase the repetition rate of the Q-switched laser from 31.25 to 60.2 kHz as the pump power was raised from 30.442 mW to 71.652 mW. Moreover, the pulse width decreased from 11.4 µs to 4.27 µs and 66.4 dB of the received signal-to-noise ratio at the radio frequency spectrum was achieved.

Index Terms— Q-switched, erbium-doped fiber laser, Lutetium oxide, fiber laser, saturable absorber.

I. INTRODUCTION

Fiber laser applications have opened numerous new implementations, and it has become easier and more compatible to use and design the laser. The greater fiber surface to volume ratio permits high heat dissipation performance [1]. Since the doped fiber has a longer period of usability compared to a standard laser resonator, it is possible to achieve a greater gain and thus a greater power output [2]. Because of the high output power and flexibility in usage and design, practical applications requiring Erbium-doped fiber (EDF) as a gain medium in the cavity have increased substantially in recent years. For instance, due to its capabilities in fiber sensor applications and optical communication, many scholars use EDF as their gain medium [3] – [4]. Also, dense wavelength division multiplexing (DWDM) systems utilize highest data rate in amplifying data channels [4]. In recent years, researchers have gained interest in Q-Switched fiber lasers acquired using docile techniques, because they are easy to generate and more solid in setup. The passive techniques are flexible and can trigger
pulses without the need of an electronic controller [5]. Carbon nanotubes (CNTs) [6], black phosphorus (BP) [7], Semiconductor saturable absorbers (SESAMs) [8] and graphene [9] have been effectively utilized as intracavity-loss modulators for the passive production of pulsed lasers. After its first production in 1992, SESAMs was recorded to be the most outstanding SA for the following years. Nevertheless, they have noticeable defects like a high production cost, markedly bulky size, and narrow absorption bandwidth) [8]. It is worth to mention that, the major defect of the CNT SAs is the fact that the diameter largely affects its ability to absorb alongside its bandwidth. Meanwhile low optical absorption per layer is the major drawback in graphene, resulting a limitation to use it. On the other hand, BP depends on polarization and is a hydrophilic material that can interact with water easily. Therefore, establishing a BP SA is not easy because it requires complicated preparation and cautious handling [7].

Erbium as Rare Earth (RE) material for optical fibers is used to be doped as the cavity gain medium for producing a laser pulse. The method used to enhance the function of rare earth materials is to reap the benefits of the wave guiding medium path. An exceptional chemical compound of Lutetium (Lu) is the rare earth Lutetium oxide (Lu₂O₃) which is one of the 17 chemical elements that are classified as Rare earth elements (REEs). Due to their several applications in various fields, these luminescent elements have attracted a lot of attention. They can be used in lamps and display devices, X-ray medical radiography, high-power artificial lights and solid-state lasers [10]. Moreover, REEs play an important role in the functionality of different modern commercial technologies, for example, electric vehicles (magnets and batteries), catalytic converters, wind turbines (magnets), fluorescent lighting (phosphors), and defense applications [11]. REEs have attracted interest from multiple nations since these chemical elements are critical and fundamental towards the improvement of modern green energy technologies as well as the economic well-being [11] – [12]. Despite the fact that REEs are abundantly available resources, they are generally widely dispersed and contained in small quantities, which contribute to environmental exhausting mineral extraction and energy intensive fine tuning processes and extraction. REEs have a magnetic and luminescent nature, which makes them desirable and often used at the industrial level. However, due to their relatively low concentrations in the environment, when highly concentrated materials are mined, REEs are co-products of this process. Furthermore, REEs usually are known for their high intensity and expensive prices as resources in their recovery process, when in comparison with other typical ores like coal or iron [11]. Among the rare-earth (RE) materials, there is a group of compounds called Sesquioxides, which are basically defined as oxides containing three atoms of Oxygen with two atoms of another element. These compounds are well known for being host materials because of their sufficient thermal conductivity and good chemical stability.

In order to detect various ionizing radiation, such as X-rays and gamma particles, Lutetium oxide is widely recognized as an effective host [10]. The high density of Lu₂O₃ (9.42 g/cm³) is the main reason of the high functionality of these detectors, which alongside the large atomic number of lutetium (71),
grants a sufficient terminating energy for ionizing radiation [10]. Additionally, the cubic crystal structure of Lu₂O₃ helps to make the production of polycrystalline transparent ceramics attainable. In fact, this is largely significant, since the Lu₂O₃ high melting point of (approximately 2490°C), makes the growth of a single crystal complex possible with normal growth methods [11], [12]. This article focuses on generating a Q-switched pulse laser in an Erbium-doped fiber laser cavity using Lu₂O₃ film as a saturable absorber with a coupling ratio of 10:90 to generate a high repetition rate, high pulse energy, high SNR, and short pulse width. The designed experimental procedure required no polarization controller, this technique offers a stable pulse generation without mechanical and environmental perturbations [13].

II. PREPARATION AND NONLINEAR TRANSMISSION PROFILE OF SA MATERIAL

The Lu₂O₃ powder was procured from Shanghai Xinglu Chemical Technology Co., Ltd. The powder owns a purity of 99.99%, particle size of 50 nm, density of 9.42 g/cm³, and molecular weight of 397.94 g/mol. The synthesizing process starts by mixing 5 mg Lu₂O₃ powder with 50 ml isopropyl alcohol. The stirring process took 24 h with 300 rpm stirring speed at room temperature. The solution was then mixed with 120 ml polyvinyl alcohol (PVA) solution, this process took place at ambient temperature. Finally, the prepared mixture was placed in a petri dish and left to dry for 48 h. The nonlinear transmission profile of lutetium oxide film was captured by using a balanced-twin detector technique. Fig. 1 shows the developed SA owns a modulation depth of 4%, a nonlinear loss of 3%, and a saturable intensity of 32.03 MW/cm². This indicates its ability to convert a continuous-wave laser into a Q-switching regime.

![Nonlinear transmission profile of SA](image-url)

Fig. 1. The nonlinear transmission profile of the lutetium oxide film as SA.
III. EXPERIMENTAL SETUP

The cavity shown in Fig. 2 is composed of a WDM coupler that combines 10% of the power launched by 980 nm pump laser diode (LUMICS SN0624200) and 90% as a feedback signal at 1550 nm from the cavity. The cavity utilizes 2.4 m of erbium-doped fiber followed by an isolator to control the signal direction, and then Lu$_2$O$_3$ connects the isolator to a coupler of 90:10. The polarization independent isolator was used to avoid the light from travelling backwards. The generation of Q-switched was due to the modulation of loss by the Lu$_2$O$_3$ film incorporated inside the laser cavity. By inserting the SA device inside the laser cavity, the Lu$_2$O$_3$ SA absorbed the incoming photon. As the laser pump tuned to a certain pump power value, the electron inside the material can no longer makes a transition between the two energy states, thus, it releases the light in the form of optical pulse (Q-switching generation). As a result of these activities, Lu$_2$O$_3$ absorbs the emitted signal to generate laser pulses. The Anritsu OSA receives 10% of the coupler’s output to evaluate the signal power and determine the efficiency of the cavity set up. The repetition rate alongside the pulse train are examined by a 6 GHz bandwidth photodetector with a 500MHz digital oscilloscope with a bandwidth of 4 GHz (GWINSTEK: GDS-3352). The temperature of the laboratory is controlled by keeping the temperature at 20 °C. This is to ensure that the laser diode is in a stable condition. The increase in the surrounding temperature may affect the performance of the generated Q-switched laser. The laser will not work well at high temperature; the heating of laser diode may induce an unstable pulsed laser.

![Fig. 2. Fiber laser cavity experimental set-up.](image)

IV. RESULTS AND DISCUSSION

The laser’s output wavelength change is monitored by the OSA device and as it’s shown in Fig. 3, the wavelength changed from 1566.7 nm to 1563.7 nm at the pumping power of 30.442 mW, when the cavity has the saturable absorber added to it. This change in the wavelength is due to the loss increment in the cavity, hence the laser will emit lower wavelengths, having a greater gain to compensate for the losses.
Meanwhile, the repetition frequency increases from 31.25 kHz to 60.2 kHz, corresponding to the behavior of a trigger laser pump power which increased from 30.442 mW and 71.652 mW. On the contrary, the width of the pulse drops from 11.4 µs to 4.75 µs as shown in Fig. 4. Clearly from Fig. 5, both laser’s output power and pulse energy linearly increased with the pump power. The output power increased from 0.27 mW to 0.97 mW while the pulse energy improving from 8.65 nJ to 16.1 nJ as the power of the pump was raised from 30.442 mW and 71.652 mW.
Fig. 5. Output power and pulse energy against pump power.

Fig. 6 shows the typical pulse train for a pump power at 55.17 mW. It shows a peak to peak period of 20 µs, which corresponds to a repetition rate of 48.6 kHz. Fig. 7 shows the RF spectrum when the laser’s output power is maximum (0.97 mW) at a pump power at 71.652 mW. This provides a low pulse width of 4.75 µs with a repetition rate equaling to 60.2 kHz, indicating that as pumping rises, the pulses frequency increases as shown in Fig. 6. As shown in Fig. 7, a good SNR has been established from the study of the amplitude of the first peak, which allows the determination of the SNR for the frequency that is equal to 55dB. This confirms the stability of the pulse. The Q-switching generation depends on the saturable absorption mechanism of a nonlinear optical material, which was discussed in our previous work [14].

Fig. 6. Oscilloscope trace for the EDFL with Lu₂O₃ at 55.17 mW.
Fig. 7. Radio Frequency Spectrum at maximum output power 0.97 mW

Table I shows a performance comparison of various materials incorporated into the erbium-doped fiber laser cavity as a passive Q-switcher. The developed Lu₂O₃ SA has successfully generated a pulsed laser with a highest signal-to-noise ratio in comparison to other SA materials. The Q-switching threshold is also lower than reduced graphene oxide (r-GO) and black phosphorus (BPs). The generated pulse width and repetition rate was also comparable to other materials. However, the maximum output power produced is low, this is due to the high high intracavity loss inside the developed laser cavity.

| SA materials | Q-switching Threshold (mW) | Max. Repetition Rate (kHz) | Min. Pulse Width (µs) | Max Output Power (mW) | SNR | Refs. |
|--------------|-----------------------------|----------------------------|-----------------------|-----------------------|-----|-------|
| r-GO         | 120                         | 116                        | 1.85                  | 14.6                  | -   | [15]  |
| BPs          | 56                          | 82.85                      | 5.52                  | 4.3                   | 37  | [16]  |
| MoS₂         | 15.5                        | 27                         | 5.4                   | 1.7                   | 54.4| [17]  |
| Bi₂Se₃       | 9.3                         | 40.1                       | 4.9                   | 1.6                   | 50  | [18]  |
| Lu₂O₃        | 30.4                        | 60.2                       | 4.75                  | 0.97                  | 55  | This work |

V. CONCLUSION

A Q-switched pulse laser using EDFL as the gain medium has been experimentally implemented using Lu₂O₃ as SA in the cavity and operates at c-band with excellent stability. A stable Q-switched pulse laser is started at the input pump power of 30.442 mW. As the pump power increases from 30.442 mW to 71.652 mW, the highest energy of the pulse at 16.11 nJ is measured at an output power
of 0.97 mW, which confirms the stability of the pulses. As the repetition rate of the Q-switched laser increases from 31.25 kHz to 60.2 kHz, the width of the pulse falls from 11.4 µs to 4.27 µs.

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