Factors Influencing Auditors' Professional Scepticism: Malaysian Evidence

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Abstract The practice of professional scepticism is an essential element to audit quality. An auditor is required to have a sceptical attitude to minimize the mistakes made during the examination or investigation of financial statements. However, the occurrences of corporate scandals among the audited companies had affected the public’s confidence and the blame was shifted on auditors for ineffective application of professional scepticism. Therefore, this study examines the potential factors that influence auditors’ professional scepticism including auditors’ trust, locus of control, and fraud risk assessment. The primary data were collected through the questionnaires given to the auditors from public accounting firms in Kuala Lumpur. The results of this study show that the attitude of professional scepticism has no significant bearing on auditors’ level of competence (knowledge and experience). Whereas, there are positive relationships between auditors’ trust, fraud risk assessment, work internal locus of control and professional scepticism.

Keywords Auditors’ Professional Scepticism, Competence, Trust, Locus of Control, Fraud Risk Assessment, Malaysia

1. Introduction

The accounting profession is considered as the “gatekeeper” in safeguarding the investing public. It is perceived as one of the highest standards of integrity among the professional service areas. However, the great accounting scandals which occurred around the globe have changed the accounting industry dramatically. The scandals of the famous Enron, filing bankruptcy with almost $62 billion (in assets) in early 2001, are followed by WorldCom’s bankruptcy with around $100 billion in assets. Accounting scandals in relation to high profile companies around the world as well as cases in Malaysia such as the 1MDB, Felda Global Ventures Holding Berhad and PKFZ Berhad, had affected the public’s trust and expectations.

The issue of accounting scandals involving financial fraud is exacerbated with the public accounting firms’ failure to detect fraudulent reporting. It is claimed that the lack of professional scepticism performed by the auditors had led to audit failures and audit insufficiencies [1, 2]. The PCAOB report in 2008 indicated that, in many cases of fraud, “failures to apply sufficient professional scepticism were significant factors that allowed the deficiencies (fraud) to occur”. Auditors’ failure in detecting fraud during audit engagement have encouraged the regulators to attain a higher degree of professional scepticism among the audit practitioners.

Professional scepticism is a trait that consists of critical assessment and a questioning mind on audit evidence. In defining professional scepticism, several academic literatures seem to have a neutral perspective such as Hurtt [3] who defined professional scepticism from the angle of
The influence of locus of control is also considered as a cause and Schurer [10], and Nyhus and Pons [11] showed that the auditee's explanation or statement is of little worth since it can obscure the overall audit requirement program. However, sometimes excessive trust on certain evidence or more sceptical if he has a lower level of trust [3,8].

Professional scepticism is that an auditor is assumed to be another person or group that can be relied upon [6,7]. Trust can be explained as a generalized expectation of a person or a group toward the verbal or written statement of another person or group that can be relied upon [6,7]. Trust can influence the auditors' professional scepticism. The basic assumption on the relationship between trust and professional scepticism is that an auditor is assumed to be more sceptical if he has a lower level of trust [3,8]. However, sometimes excessive trust on certain evidence or auditee’s explanation or statement is of little worth since it can obscure the overall audit requirement program.

One of the influencing factors to professional scepticism is auditors’ competence. A lack of auditors’ competence might affect the proper exercise of professional scepticism. For example, the use of relatively inexperienced staff auditors in public accounting who lacks relevant knowledge and expertise can limit their capability to successfully apply professional scepticism. Auditors with decent and respectable knowledge and experience tend to be more sceptical when making judgements and decisions. The more competent an auditor, the more he or she can evaluate the proficiency level of evidence with more in-depth and well-defined.

In addition, auditors’ trust is a key factor underlying the formation of strong self-confidence to achieve success at work. It can be explained as a generalized expectation of a person or a group toward the verbal or written statement of another person or group that can be relied upon [6,7]. Trust can influence the auditors’ professional scepticism. The basic assumption on the relationship between trust and professional scepticism is that an auditor is assumed to be more sceptical if he has a lower level of trust [3,8].

Professional scepticism is essential for auditors to minimize errors throughout their audit assignment and enhance the level of public trust on the quality of audit profession. Auditors can also be expected to practice more professional scepticism if they demonstrate high standards of professional work. There is still insufficient explanation regarding professional scepticism among auditors. The lack of understanding of significant factors which support the enhancement of professional scepticism prevents auditors from applying an appropriate level of professional scepticism when conducting audit activities.

Additionally, the issue of professional scepticism attracts the attention of the public and other stakeholders.
There is a lack of academic writing which explains the model or concept of scepticism other the uncertainty of the procedures on the application of scepticism. Hurtt [19] stated that there is still not much literature defining the traits and concept of scepticism in auditing research. Therefore, future research should be conducted to find out the factors that affect professional scepticism attitudes and behaviour. An identification of the relevant factors that influence professional scepticism may assist educators and practitioners in improving auditors’ judgment and decisions.

Similarly, in Malaysia, there is still a lack of studies on auditors’ professional scepticism. A research by Hussin and Iskandar [20] was conducted on the validity of the Hurtt scepticism scale in the perspective of different audit work requirement (based on Malaysian data). The result showed that five scepticism traits are relevant except for suspension of judgment. The result also suggested that variances may occur across different countries due to differences in environment.

To add on to the research of professional scepticism, this current study specifically focuses on the analysis and examination of relevant factors that affect the degree of auditors’ professional scepticism. This main reason for the focus of the study is due to the lack of auditors’ understanding of significant factors that enhance their professional scepticism. For this purpose, several elements have been identified and selected as relevant factors that may be related to the level of professional scepticism. These are auditors’ competence, trust, locus of control and fraud risk assessment. The objective of this study is to identify and examine the significant factors that influence professional scepticism.

3. Literature Review

3.1. Defining Professional Scepticism

As defined by the International Standards on Auditing (ISAs), professional scepticism is an attitude of critical assessment and a questioning mind towards audit evidence to alert the possibility of misstatements which might come from fraud or human error. Professional scepticism integrates the characteristics associated with being a sceptic in a professional setting and appliance of due diligence and a standard of care. Being a sceptic is frequently related with skills of a questioning mind, probing reflection, careful observation, and a suspension of belief.

Shaub [8] described professional scepticism as an attitude reflective of suspicion. Professional scepticism is also essential to balance suspicion and trust. For example, Deutsch [21] proposed that dysfunctional behaviour will happen if there is extreme suspicion and/or extreme trust. Thus, it is important for auditors to practice an appropriate level of scepticism during all phases of the audit and the risk assessment phase. Additionally, an auditor is required to examine beyond the obvious in the investigation to reveal information and relationships. He must look beyond the face value of an evidence presented or revealed to find out what is really going on. Therefore, an auditor is obliged to adopt scepticism, especially in identifying fraudulent financial statements as stated in paragraphs 24 to 26 of ISA 240.

Although enhancing professional scepticism is essential, accounting research revealed that even auditors who are more sceptical are still unable or fail to identify fraud [22,23]. Excessive professional scepticism, unfortunately, may also be disadvantageous to the accounting industry. Although professional scepticism has several constructive benefits including reducing the possibility of audit failure and bad publicity for auditor engagements, a high level of scepticism may raise the cost of an audit across a portfolio of engagements [24]. A research by Nelson [4] supported the statement that a higher level of auditor’s degree of professional scepticism can ultimately lead to an increase in the cost of audits, as more tasks will be performed to attain adequate support and proof of management’s assertions. Nelson also stated that the planning and constructing process of audit might be overly expensive and inefficient.

3.2. Influencing Factors on Auditors’ Professional Scepticism

3.2.1. Competence

In this current study, auditors’ competence is defined as the combination of auditors’ knowledge, skills, experiences, and attitudes which allow an audit assignment to be carried out objectively, carefully, and thoroughly. Auditors who have more knowledge about the field can outline, understand, and detect different problems, as well as locate the cause of the errors easily. Carpenter et al. [25] discovered that novice auditors with a respectable knowledge of fraud can discover fraud better compared to auditors who lack such knowledge.

A better level of knowledge equips auditors with a propensity to produce high-quality assumptions and make accurate assessment of said assumptions when confronted with unresolved audit findings [26,27]. Several studies have proven that auditors tend to retain knowledge that assists them to alter considered risk in a reaction to client and firm characteristics such as the integrity of management, financial health, and internal control quality. For example, Herawaty and Susanto [28] stated that, auditors’ knowledge of errors is positively significant to consider and determine the level of misstatement in financial reporting. Therefore, it is assumed that an auditor’s knowledge of fraud influences their professional scepticism.

To identify and develop ways to address audit issues, the auditors’ knowledge relies on professional maturity. Consequently, it can be said that professional scepticism
develops over time. An auditor with significant experience is likely to have better professional senses, become more instinctive, and have a high degree of professional scepticism. The auditors’ knowledge, derived from invaluable experience, can enhance their professional scepticism in detecting and analysing frequencies of evidence patterns and errors that suggest an amplified misstatement risk [29,30]. Previous studies have proven that experienced auditors own reasonably accurate knowledge of more mutual error causes and error effects [26] and that knowledge grows with experience [27]. Additionally, several studies show that auditors with particular experience in other areas are likely to identify potential errors [31-33] and as a result, adjust their audit planning decisions [33,34].

Conversely, previous research also suggests that knowledge cannot always heighten professional scepticism. Noviyanti and Winata [35] which indicates that knowledge of fraud does not influence auditors’ professional sceptical behaviour if they have a weak sceptical attitude. Auditors with a high level of experience are more inclined to consider that non-errors are the more likely explanations for audit findings [36,37] and can possibly compromise professional scepticism [38]. Furthermore, experience has a substantial effect on the accuracy of auditor’s judgement and enhances their competency to analyse the information and generate numerous plans in special conditions. Contrastingly, Shaub and Lawrence [39] indicated that auditors who are more experienced have greater expectations that non-errors describe audit findings can explain since that staff auditors are more sceptical in their behaviours and judgements compared to more experienced auditors. Therefore, a high level of knowledge can weaken professional scepticism if auditors learn to accept non-error clarifications and ignore crucial missing evidence.

3.2.2. Trust

Trust is the basis for an individual to be open for criticism and suggestions from others. People will accept advice and criticism from others as they trust that the auditor-client relationship will affect professional scepticism. Auditors appear to pursue a balance in client relationships between trust and suspicion. This balance between trust and suspicion is essential as it possibly affects the audit plan from the audit procedures designated [40,41]. Kee and Knox [42] suggest that a slight amount of suspicion might facilitate if it does not distract suspicion. Particularly, auditors with a low level of trust will be more focused or give more attention to evidence provided and reinforce the belief that intentional misstatement has occurred.

3.2.3. Locus of Control

There are two parts of the human personality, the internal locus of control and external locus of control. People with an external locus of control believe that things are outside of their self-control, such as opportunity or the existence of an external power that can determine what results will take place. People with an external locus of control tend to be less depressive and independent. Conversely, there is a general expectation that the actions of an individual with an internal locus of control will bring about the desired result. Nonetheless, both behaviours are more success-oriented since they believe that they can produce positive outcomes and tend to be high achievers [43].

The locus of control construct has not been comprehensively studied in previous research on auditor scepticism. Tsui and Gul [44] stated that internal locus of control has a significant influence on auditors’ judgments and decisions in an audit conflict situation compared to external locus of control, which is more likely to disregard unrecorded liabilities, as preferred by management. Donnelly et al. [45] also found that external locus of control auditors are more tolerant of dysfunctional audit behaviour such as the gathering of insufficient evidence or a premature sign-off. Normally, auditors with internal locus of control are allied with a higher degree of overall job performance because of their ability to effectively control the audit environment by identifying the issues as compared to the external locus of control auditors. Thus, this study expands on existing research by examining the influence of locus of control on auditors’ sceptical judgments and decisions.

3.2.4. Fraud Risk Assessment

Risk assessment is an element of the risk management process, which covers the entire process of analysing and evaluating potential risk. In the professionally sceptical attitude construct, auditors must (at a minimum) include beliefs about risk associated with the conducting audit. Risk assessment should be viewed as the primary component of the professional sceptical attitude since audit standards propose that the nature and extent of audit procedures are to be planned, designed, and/or selected based on the audit teams’ risk assessment [46]. Brown-Liburd et al. [47] associated professional scepticism with the auditors’ explicit consideration or acknowledgment of risk factor. Carpenter et al. [25] also stated that risk assessment is used as a proxy for professional scepticism. All research acknowledged the significance of risk beliefs or assessment as one indicator of auditors’ professional scepticism.

4. Hypothesis Development

4.1. Competence

Competence influences auditors’ professional scepticism. A research by Suraida [48] showed that competence has a positive effect on the auditor's
professional scepticism. This research was also supported by Lazarusli and Ratri [9]. Carpenter et al. [25] also proved that novice auditors who have a respectable knowledge of fraud have the capability to identify fraud better than auditors who lack such knowledge. Auditors with a high level of competence (has a lot of knowledge and experience in audit) will be more precise and critical of the evidence or information provided [49]. Nelson [4] indicated that professional scepticism can be heightened if auditors have a respectable knowledge about the occurrences of errors and non-errors and the patterns of evidence that indicate risk of misstatement. Moreover, Libby and Fredrick [27] discovered that experienced auditors can produce a broader variety of hypotheses to support and explain audit findings.

However, as mentioned previously, there are arguments from several researchers who believed that there is no significant difference across the level of auditors’ competence towards auditors’ professional scepticism. For example, Noviyanti and Winata [35] showed that if auditors have a weak sceptical attitude, knowledge of fraud does not influence their professional sceptical behaviour. Auditors with a high level of experience tend to consider non-errors as the more preferred explanations for audit findings [41] and can possibly compromise professional scepticism [43]. Therefore, based on the above clarification, the first hypotheses are formulated as follows:

\[ H1(a): \text{There are significant differences between level of auditors’ knowledge and auditors’ professional scepticism.} \]

\[ H1(b): \text{There are significant differences between level of auditors’ experience and auditors’ professional scepticism.} \]

4.2. Trust

The general idea is that auditors with a sceptical character have a lower level of trust, e.g. [10,5]. Auditors are expected to be more sceptical when they have a lower level of trust and if they act accordingly. Rose [50] and Quadackers [18] stated that trust is significantly associated with sceptical assessments. An auditor with low confidence in the evidence provided will give it more attention and tend to believe that a misstatement has occurred. Kopp et al. [17] stated that the low level of auditor's trust (confidence) against the client will enhance the auditors’ sceptical attitude and vice versa. Moreover, some researchers claimed that trust and professional scepticism are likely to be related although both might be different constructs, e.g., [19,51-53].

However, other researchers argued that there is a possibility of positive relationship between both variables. The argument is that distrust and trust are two different phenomena, i.e., one can be distrusting and trusting at the same time, e.g. [54,55]. This can indicate that auditors can still be distrusting and show sceptical behaviour, while also have a high level of trust [54,55]. Auditors are exposed to many client situations. Thus, their judgements may not depend on their general disposition to trust. Since there is inconsistency in the type of relationship between trust and professional scepticism, this study then provides the following hypotheses:

\[ H2: \text{There is a significant relationship between auditors’ trust and professional scepticism.} \]

4.3. Locus of Control

A person who has an internal locus of control is identified as more depending on his hopes on himself than on a favourable situation. Robbins and Judge [57] described internal locus of control as the level to which individuals believe that they determine their own fate. When an auditor is expected to have an internal locus of control, he is confident that he will be able to solve a problem and evaluate the evidence in detail supported by his professional skills. This research is supported by a study conducted by Lazarusli and Ratri [9] and Clark and Schurer [10]. In addition, previous studies also found that auditors with internal locus of control have a greater level of organizational commitment and will report any misstatement to enhance the quality of the audit.

In contrast, a person with external locus of control believes that the outcomes of the events are uncontrollable and that they rely on luck, fate, chance, or powerful institutions. External locus of control may reduce job performance and personal accomplishments, and the probability of wrong decision making can happen. To add in, Kalbers and Fogarty [58] found that individuals with an external locus of control are exposed to stress as compared to individuals with internal locus of control in demanding conditions. From the above arguments, the third hypotheses are formulated as follows:

\[ H3(a): \text{There is a significant relationship between internal locus of control and auditors’ professional scepticism.} \]

\[ H3(b): \text{There is a significant relationship between external locus of control and auditors’ professional scepticism.} \]

4.4. Fraud Risk Assessment

Auditors should assess the risks of material misstatement in the financial statements and consider performing fraud risk assessment in the designing and implementation of audit procedures. In making this assessment, the auditor should consider the risk factors associated with fraud that arise from fraudulent financial reporting misstatements or the improper treatment of assets. An auditor should assess the risks of material misstatement due to fraud irrespective of whether he/she had planned to assess the inherent risk or control risk at the maximum level. When the level of fraud risk assessment carried out by the auditor is high, then it will heighten the auditor’s sceptical attitude to find evidence of fraud because the
auditor would become more suspicious of the evidence. Conversely, if the level of fraud risk assessment is low, the auditors will tend to be less sceptical to find evidence of fraud.

In Noviyanti and Winata [35], auditors who assessed a high level of fraud risk are found to be more sceptical than the auditors who assessed a low level of fraud risk. Also, Quadackers [18] explains that a high level of fraud risk assessment by auditors are more sceptical than the auditor who are given the low-level fraud risk assessment. Based on the above arguments, the fourth hypothesis examines whether the estimated risk of fraud affects the level of auditor’s professional scepticism and is formulated as follows:

\textit{H4: There is a significant relationship between auditors’ risk assessment and auditor’s professional scepticism.}

5. Methodology

The respondents for this study are practising auditors who work with audit firms registered with MIA in Kuala Lumpur. 381 research questionnaires were distributed, and this study managed to receive 127 usable questionnaires to be analysed which represents a response rate of 33.33 percent. The questionnaire consists of four parts with each measurement item using a six-point Likert scale (1 = strongly disagree to 6 = strongly agree) and the final part collects the respondent’s demographic profile.

- Part One covers 30 questions of Hurtt [19] Professional Scepticism Scale which examines the level of an auditor’s scepticism and measures constructs that are closely related to one or more of the six elements of scepticism (curiosity, self-confidence, interpersonal understanding, questioning, self-determining, and deliberating).
- Part Two includes 8 questions to estimate auditors’ general willingness to trust other people.
- Part Three encompasses 16 questions to measure the locus of control orientation in the workplace, whether it is internal or external, where half of them focused internal locus of control and the other half on external locus of control.
- Part Four comprises 10 questions to measure the level of agreement for each of the statements regarding fraud risk assessment.
- Part Five collects the demographic profile of the respondents which included age, gender, race, level of education, years of audit experience, and the professional position of the respondent.

6. Findings and Discussion

6.1. Profile of Respondents

Most of the respondents of this study, 76 out of 127, were 59.8 percent female while 51 respondents were male who made up the remaining 40.2 percent of the sample. Most of the respondents aged 30 years old or less at 87.4 percent, while the lowest percentage was at 1.6 percent with 50 years old and above. For the job positions, 73.2 percent or 93 of the respondents are junior auditors, while the remaining are senior auditors, senior audit supervisors, audit partners, and audit managers which comprise about 26.8 percent.

The ethnic breakdown of the respondents also showed that the majority are Malays at 81.9 percent. Chinese and Indians comprise 16.5 percent and 1.6 percent, respectively. Additionally, from this analysis, 78 of the respondents are degree holders at 61.4 percent while four master holders make up 3.1 percent. The remaining 15 (11.8%) respondents hold diploma certificates and 30 (23.6%) have professional memberships. The percentages show low professional membership and master certificate holders because most of the respondents are fresh graduates who do not have enough working experience to be qualified as ACCA or MIA members.

6.2. Analysis of Variance (ANOVA)

This analysis is done by referring to the P-value and F-value. Table 1 presents that P-value (.880) > 0.05 (not significant), which concludes that there is no difference (at 5% level of significance) in the mean of auditors’ professional scepticism among the three levels of education. The F critical value of the overall mean of auditors’ professional scepticism (.128) is less than F observe value (F2,124;0.05 = 3.00). This indicates that there is no evidence that at least one level of auditors’ education differs from the rest affecting the professional scepticism attitude. Thus, it can be concluded that auditors’ level of professional scepticism is not affected by the difference of level of their education (knowledge).

| Education Level       | Mean | F-value | P-value |
|-----------------------|------|---------|---------|
| Certificate/Diploma   | 4.18 | .128    | .880    |
| Bachelor              | 4.23 |         |         |
| Professional and Master| 4.26 |         |         |
Contrastingly, to examine the difference between the levels of auditors’ experience that was measured by the auditor’s position level toward auditors’ sceptical attitude, a t-test is performed. The t-test assesses whether the mean of two groups is statistically different from each other. Due to high percentage of respondents from the category of Junior Auditor (73.2 percent) compared to the percentage of other categories (26.8 percent) as stated in Table 2, the respondents’ professional position is divided into two groups which are “Junior Auditor” and “Senior Auditor and above” for the purpose of this analysis.

Table 2 indicates that there is no significant difference in scores for Junior Auditor ($M = 4.20$, $SD = .471$) and Senior Auditor and above ($M = 4.33$, $SD = .408$); $t(125) = -1.435$, $p = .154$ (two-tailed). The magnitude of the differences in the mean (mean difference $= -1.13$, 95% CI: -.312 to 0.50) is very small ($\eta^2 = .016$). $\eta^2$ value of .016 indicates that there is a small effect with minimal difference in the mean scores obtained by “Junior Auditor” and “Senior Auditor and above”.

Besides, $p$-value (.154) > 0.05 (not significant), which concludes that there is no difference (at 5% level of significance) in the mean of auditors’ professional scepticism between the two groups of auditors’ professional positions. Therefore, it can be concluded that auditors’ level of professional scepticism is not affected by the difference in level of their professional positions (experience). Based on the results, it can be concluded that H1 (a) and H1 (b) are not supported and are rejected.

### 6.3. Correlation Analysis

Table 3 shows that trust positively and weakly correlates with professional scepticism ($r = .220$; $p < 0.05$). Even though the correlation is moderately low, this result indicates that on average, the trust is higher at higher auditors’ professional scepticism. Professional scepticism positively relates to internal locus of control with a Pearson correlation coefficient of $r = .370$ and the significance value (.000) is less than .001. This indicates that there is a genuine relationship between professional scepticism with auditors’ fraud risk assessment.

**Table 3. Correlation Analysis**

| Professional Scepticism | Trust | Internal LOC | External LOC | Fraud Risk Assessment |
|-------------------------|-------|--------------|--------------|-----------------------|
| Pearson Coefficient of Correlation ($r$) | .220* | .370** | -.128 | .380** |
| $p$-value | .013 | .000 | .152 | .000 |

* Correlation is significant at the 0.05 level (2-tailed).
** Correlation is significant at the 0.01 level (2-tailed).

### 6.4. Regression Analysis

In this study, multiple regression analysis is used to test the relationships between the auditors’ professional scepticism with auditors’ trust (H2), locus of control (H3), and fraud risk assessment (H4). Based on Table 4(a), the result shows a significant value at 5% ($F=15.320$, $p=.000$). Therefore, it can be concluded that there is sufficient evidence to show that at least one of the independent variables exists between dependent variables.

Based on Table 4(b), it shows that only trust, internal locus of control, and fraud risk assessment have significant relationships with auditors’ professional scepticism. Adjusted $R^2$ indicates the percentage of independent variables that can explain the dependent variables. From the analysis, the adjusted $R^2$ of 0.313 indicates that 31.3 percent of the variation in the professional scepticism can be explained by trust, locus of control, and fraud risk assessment. The coefficient for trust is .228, $t = 2.222$, $p = 0.015$. The trust result shows that there is a significant positive relationship between auditors’ trust and professional scepticism at $p < .05$. Therefore, hypothesis H2 is supported. This result indicates that for every 1 rise in the trust, it can enhance professional scepticism by 0.228, net of the effects of changes due to other independent variables.

To add in, the coefficient for internal locus of control is .303, $t = 3.375$, $p = .000$ where $p < .05$ indicates that the result supports hypothesis H3(a). This result indicates that for every 1 rise in the internal locus of control, it can enhance the professional scepticism by 0.303, net of the effects of changes due to other independent variables. Conversely, hypothesis H3(b) predicted that external locus of control has a significant relationship on professional scepticism but this hypothesis is rejected because there is no significant relationship with $p = .391$ ($p > .05$).

Lastly, hypothesis H4 proposed that fraud risk assessment has a significant positive relationship with professional scepticism. Table 4(b) provides evidence that the coefficient for fraud risk assessment is .427 with the $p$-value of .000 which indicates that there is a significant positive relationship between fraud risk assessment and professional scepticism.
professional scepticism among auditors. Therefore, H4 is accepted as fraud risk assessment may contribute to auditors’ professional scepticism. This result also indicates that for every 1 rise in the low fraud risk assessment, it can increase professional scepticism by 0.427, net of the effects of changes due to other independent variables.

| Model          | Sum of Squares | df | Mean Square | F      | Sig.  |
|----------------|----------------|----|-------------|--------|-------|
| Regression     | 8.819          | 4  | 2.205       | 15.320 | .000b |
| Residual       | 17.557         | 122| .144        |        |       |
| Total          | 26.376         | 126|             |        |       |

a. Dependent Variable: Overall mean for professional scepticism  
b. Predictors: (Constant), Overall mean for auditor’s fraud risk, Overall mean for work locus (internal), Overall mean for work locus (external), Overall mean for trust

| Model          | Standardized Coefficients | Std. Error | t-stat | p-value |
|----------------|---------------------------|------------|--------|---------|
| Constant       | .447                      |            |        |         |
| Trust          | .228                      | .096       | 2.222  | .015    |
| Internal Locus of Control | .303                  | .076       | 3.375  | .000    |
| External Locus of Control | -.077                | .048       | -1.237 | .391    |
| Fraud Risk Assessment | .427                | .046       | -5.048 | .000    |

R = 0.578  
R² (Adjusted R²) = 0.313  
F-statistic (p-value) = 15.320

7. Discussion of the Findings

Based on the descriptive analysis results, it shows that most of the respondents who are fresh junior auditors had problems in understanding and applying professional scepticism due to a lack of sensitivity. On the ANOVA analysis, it was found that there is no significant difference on the level of auditors’ professional sceptical attitude with the different levels of auditor’s knowledge and experience. This means that auditors’ level of professional scepticism is not affected by the different levels of their education (knowledge) and professional position (experience). Therefore, H1(a) and H1(b) are rejected. The result is supported by a study from Noviyanti and Winata [35] which indicated that knowledge of fraud does not influence auditors’ professional sceptical behaviour if they have a weak sceptical attitude. To add in, the study from Kaplan et al. [36] stated that auditors with a high level of experience are more expected to consider that non-errors are the more likely explanations for audit findings and can possibly compromise professional scepticism [38]. The result is also consistent with the study from Shaub and Lawrence [39] which indicated that auditors who are more experienced have greater expectation that non-errors describe audit findings.

Based on the results from the correlation and regression analyses, it is discovered that there is moderate positive relationship for both variables although it (correlation) is low. An explanation of the positive relationship between both variables is the argument of several researchers that distrust and trust are two different phenomena, i.e., one can be distrusting and trusting at the same time, e.g., [54, 55]. This indicates that auditors can still be distrusting and show sceptical behaviour, while also have a high level of trust. Therefore, H2 is accepted. Overall, this finding is also consistent with the findings from the study by Kopp et al. [17] which stated that confidence (trust) in the auditor-client relationship will affect professional scepticism.

Furthermore, it is discovered that there is a significant positive relationship between professional scepticism and internal locus of control. However, the result also discovered that there is no significant relationship between professional scepticism and external locus of control. Therefore, H3(a) is accepted and H3(b) is rejected. Both results are consistent which indicated that auditors with internal locus of control are allied with a higher degree of overall job performance because of their ability to effectively control the audit environment by identifying the issues as compared to those with external locus of control. This means that auditors with an internal locus of control tend to be more sceptical in their judgements and actions compared to auditors with external locus of control who believe that their destinies are controlled by external factors, such as chance, fate, luck, and power [14].

The result also stated that if the assessment of risk fraud assessment is low, the auditors’ professional scepticism will significantly decrease and vice versa. Therefore, H(4) is accepted. The finding is consistent with the study from Nelson [4] who mentioned that professional scepticism is indicated by auditors’ judgments and decisions which reflect an intensified risk assessment that an assertion is incorrect, provisional on the evidence available to the auditors. The result is also consistent with a study by Abičić [59] who discovered that auditor’s sceptical attitude which is influenced by information of low-level risk assessment in the planning phase results in a decrease in auditor’s scepticism.

8. Conclusions

On conclusion, the findings of this study can be summarized that only auditors’ trust (H2), internal locus of control (H3(a)), and fraud risk assessment (H4) have a significant relationship with auditors’ professional scepticism. All hypotheses are supported by the results generated from the above-mentioned analyses. Conversely, it was found that there is no significant difference on the
level of auditors’ professional sceptical attitude due to the different levels of auditor’s knowledge and experience (H1(a) and H1(b)). Thus, auditors’ level of professional scepticism is not affected by the different levels of their education (knowledge) and professional position (experience). Additionally, the results stated that external locus of control (H3(b)) have no significant relationship with auditors’ professional scepticism. These findings offer essential understanding to the auditing profession and scholars on the factors that could be used to enhance the auditors’ professional scepticism. It is proven that both the individual factors, i.e. auditors’ competence, trust and locus of control, as well as environment factor i.e. fraud risk have strong influences on the professional scepticism. Thus, these could help the profession in identifying possible actions or remedy any existing factors surrounded the auditors’ working environment. In addition, the results from this study are expected to be used as a guideline to the Malaysian audit practitioners to emphasize these relevant factors that could practically influence their degree of professional scepticism. This study is also important especially for Malaysian audit firms and professional bodies to promote professional scepticism as a standard practice and also as part of the professional culture of the firm thus heightening auditors’ sceptical attitude in order to enhance audit quality.

9. Limitations and Recommendations

Most of the respondents are fresh graduates or junior auditors who do not have much audit working experience and lack the knowledge regarding this issue. The problem arises due to a lack of understanding about professional scepticism which may have resulted in inappropriate responses/answers in the survey conducted. Additionally, this survey was conducted during the audit peak period (March to April 2019) when most of the audit firms were busy conducting their audit activities. Thus, there was less participation from auditors in the category of Senior Auditors and above.

Another limitation concerns the distribution of the questionnaires. In this study, questionnaires were distributed via mail, e-mail, or online through a provided URL link, which caused numerous problems. It would have been better if the questionnaires were given by hand. When the questionnaires were sent by through the provided URL link, it was difficult to ensure that the targeted subjects answered the questionnaires. There was no guarantee that the mail, e-mail, or online response (through e-mail or WhatsApp application) would be returned and that the answers were truthful and meaningful to the survey.

Further studies on professional scepticism should attempt to employ a wider range of participants (auditors) in Malaysia to validate the reliability of the scale and improve the validity of the findings. Moreover, to obtain more reliable data, another method or instrument that can be used to gauge auditor’s professional scepticism is through face-to-face interview with the different categories of auditors. This allows more information to be obtained as the auditors can relate their real-life experiences and challenges on professional scepticism when carrying out audit work. Hence, more authentic data can be collected.

Future studies should also consider a comparison between large and smaller accounting firms’ auditors toward the sceptical attitude. Additionally, the current study may be extended to other accounting professionals such as internal auditors and tax professionals as it appears to be relevant and appropriate for research.

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