Experimental and Analytical Studies on the Utilization of Biowastes Available in an Educational Institution in India

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Abstract: The biowastes generated in an educational institution are not stable throughout the period of a year. Therefore, analytical and experimental studies were conducted to predict the quality and the quantity of biogas produced from wastes such as cow dung, rice waste, mixed rice waste, and vegetable waste that were available in an educational institution. The study shows that the methane composition in the biogas throughout a year-long period, that includes both academic and non-academic schedules is between 52.28% and 58%, and it is suitable for any relevant application. It also could substitute 30% to 35% of Liquefied Petroleum Gas (LPG) used in the campus.

Keywords: biogas; anaerobic digestion; rice waste; vegetable waste; cow dung

1. Introduction

Biogas is one of the popular renewable energy sources which is cost-effective and eco-friendly. The biowaste generated in the kitchen and other places of an educational institution can be collected systematically and used to produce biogas through anaerobic digestion. Biogas obtained from kitchen waste not only minimizes (soil pollution) landfill waste but also reduces the emission of methane (CH₄) and carbon dioxide (CO₂) [1]. Kitchen waste can be effectively used to produce biogas, and it could be an alternative fuel for Liquid Petroleum Gas (LPG) [2–4]. It reduces waste accumulation, and is also a cleaner way to help meet increasing energy demands [5,6].

Anaerobic digestion of organic materials produces biogas with 50%–60% of CH₄, 35% of CO₂, 4% of Hydrogen Sulphide (H₂S), and traces of water vapour. The composition of the above components in biogas varies for different biowastes, and many methods are being used to study the different compositions [7–9]. Even though it is an inexpensive gas, the higher methane content of 95%–99% in LPG and Compressed Natural Gas (CNG) inhibits the commercialization of biogas. Methane, in the form of biogas, is a good substitute for conventional energy used in heating and power generation. The residue or digestate obtained from the biogas plant contains a higher percentage of nitrogen, phosphates, and other nutrients, and it could be used as a high quality natural manure for plants [10,11].

Using the Life Cycle Assessment (LCA) methodology, fixed dome and plastic tubular digesters were compared based on the production cost and environmental impact. The comparison shows that the tubular digester is simple in construction, easy to handle, applicable to any place, and environmentally-friendly [10]. A comparison based on techno-economic advantages and environmental safety shows that the landfill system is the worst method for solid waste management. An energy generation system that can effectively utilize municipal waste is of great importance in handling the solid waste. Incineration methods can be considered as other options for electricity generation [11]. Though various technologies related to energy recovery and the modality of waste
disposal are available for waste management, it is difficult to select the proper technology without knowing the composition of the waste, plant size, and location [12]. The energy demands of an organisation may not be fully covered by the biogas technologies, but its contribution plays a major role towards meeting those energy demands with an environmentally-friendly approach [13]. The technological features, environmental impacts, economic advantages, quantity of availability, and energy flow patterns decide the feasibility of selecting a plant size for a particular location [14]. The profitability of this method is generally affected by the challenges encountered in the collection of wastes, transportation costs, and landfill fees needed to manage the leftover ashes and clinkers [15]. Since conventional thermal treatments such as combustion, gasification, and pyrolysis may not be used for energy generation from Municipal Solid Waste (MSW), Rice Waste (RW), Cow Dung (CD), etc., anaerobic digestion can be considered as the best option for energy generation from the above wastes, which are normally available in an educational institution. It is also reported that the food waste generated in schools can be effectively used for biogas generation, and it can be recycled through composting in order to produce useful end products [16–18]. Most of the previous studies focused on the constant loading rate of biowaste to predict biogas generation. In an educational institution, the availability of biowaste varies based on student activities [19], and therefore intensive study for one full academic year is needed to predict the possibility of utilizing the energy generated from biowaste.

In this work, biowastes such as rice waste (RW), rice waste mixed with vegetable, meat, and fish (MRW), and vegetable waste (VW) produced in hostels and canteens are taken as feedstock along with cow dung (CD) which is obtained from the cattle farm available inside the campus. An experimental study has been carried out with four anaerobic digesters to predict the quality and the quantity of the methane yield, and a toolbox in MATLAB (R2011b of MathWorks, Natick, MA, USA) that uses the Anaerobic Digestion Model 1 (ADM1) has been used in the mathematical model [20].

2. Materials and Methods

2.1. Identification and Characterization of Feedstock

The feedstock was collected from an educational institution situated in the southern part of India. The campus considered in this study is an engineering institution consisting of approximately 2700 students and 350 staff. Of this population, only 20% of the people reside inside the campus, and the male/female ratio is 45:55. Apart from cow dung, the wasted rice, vegetable, meat, fruits, etc., were the common biowastes generated in the campus. This biowaste was disposed of in a large amount without any use. The average biowaste for every month was calculated and is plotted in Figure 1. Feedstock availability data was collected from the hostels and the canteens on a daily basis.

![Figure 1. Biowaste availability per day throughout a year.](image-url)
The chemical properties which decide the quality of biowastes are pH, Total Solids (TS), and Volatile Solids (VS), and they were measured as per the standard procedure [21]. Table 1 shows the chemical properties of the biowastes obtained from the preliminary tests.

**Table 1. Chemical characterization of feedstock.**

| Sl.No. | FEED                  | pH  | TS    | VS    |
|--------|-----------------------|-----|-------|-------|
| 1      | Cow Dung (CD)         | 6.50| 15.98 | 64.99 |
| 2      | Mixed Rice Waste (MRW)| 4.91| 20.25 | 90.15 |
| 3      | Rice Waste (RW)       | 6.61| 30.28 | 90.11 |
| 4      | Vegetable Waste (VW)  | 6.35| 10.55 | 90.45 |

The percentage of TS was determined as per the standard procedure American Public Health Association (APHA, 1995). The percentage of TS in each sample is calculated by

\[
TS = \left[ \frac{W_d}{W_w} \right] \times 100
\]  

where \(W_d\) and \(W_w\) are the weights of the dry and wet samples, respectively. VS is calculated by

\[
VS = \left[ \frac{W_d - W_a}{W_d} \right] \times 100
\]

where \(W_d\) and \(W_a\) are the weights of dry biowaste and the dry ash left after igniting the sample in a muffle furnace.

The pH of the biowastes (CD, RW, MRW, and VW) were determined with a pH electrode with an accuracy of 0.05%, which enabled a fast and accurate quantitative analysis of the sample [21].

### 2.2. Simulation of the Anaerobic Digestion Process

Anaerobic Digestion Model 1 (ADM1), that uses the steps as shown in Figure 2, was used to theoretically analyse the anaerobic digestion for the selected biowaste. Nineteen biochemical processes and twenty four dynamic variables were used to analyse this complex model. Simulation was carried out with Matlab/Simulink [22]. Since the toolbox contained the values of most of the parameters needed for the simulation, the measured chemical properties of the biowaste as shown in Table 1 were used only as input parameters for the analysis. The change in methane percentage for each day was obtained from the analysis, and graphs were plotted for each biowaste. The results are compared with experimental values to prove the validity of the theoretical approach.

![Figure 2. Model of the anaerobic digestion process.](image-url)
2.3. Experimental Setup

The experimental setup used in this study is schematically represented in Figure 3. The experiment was carried out in four anaerobic digesters (AD1, AD2, AD3, and AD4) fabricated with reinforced glass fibre composite materials. Table 2 shows the various biowastes used in each digester.

![Figure 3. Schematic diagram of the experimental setup.](image)

**Table 2. Summary of the experimental design.**

| Digester | Digester Size | Feedstock              | Test Duration (Days) | Mixing Ratio (Feed + Water) |
|----------|---------------|------------------------|----------------------|-----------------------------|
| AD 1     | 1 m³          | Cow dung (CD)          | 365                  | 1:1                         |
| AD 2     | 2 m³          | Mixed Rice Waste (MRW)| 365                  | 1:1                         |
| AD 3     | 0.25 m³       | Rice waste (RW)        | 365                  | 1:1                         |
| AD 4     | 0.25 m³       | Vegetable waste (VW)  | 365                  | 1:1                         |

Each anaerobic digester consisted of an inlet and outlet to load the feed and drain out the digested feedstock, respectively. A floating drum with a water seal was provided to store the biogas. The gas outlet from the digesters was connected to a multigas analyser (NUCON) of 0.3% accuracy and a thermal gas flow meter of 0.5% accuracy Full Scale (FS). A pH electrode and a thermometer were kept inside the digester to measure the pH and temperature of the substrate, respectively.

2.4. Experimental Procedure

The digesters were initially loaded with cow dung and water in a 1:1 ratio [2] as shown in Table 2. Approximately 50 days were required to produce an efficient quantity of methanogen bacteria and complete digestion of the cow dung [23]. After ensuring that the biogas production from cow dung had stopped and the bacteria were starving for feed, the biowastes were loaded gradually in each digester as mentioned in Table 2. Methane production had been observed and its quality and quantity per day were measured. The temperature, pH, and quality were also recorded for a minimum of four times a day, and the average was calculated. The atmospheric temperature throughout the year in the area where the study was conducted was between 19 °C to 34 °C; however, more than 90% of the readings showed the temperature above 28 °C.

3. Results and Discussion

As discussed earlier, the biowastes collected from the campus of the institution during the period of a year is shown in Figure 1. From the available biowastes, 10% was used as feedstock for the
The loading pattern of the biowastes for a 365-day period is shown in Figure 4. The availability of CD, MRW, RW, and VW seems to be high with an average of 7 kg, 28 kg, 12 kg, and 8 kg per day during the busy schedule and 7 kg, 12 kg, 6 kg, and 2 kg during the non-busy schedule. Based on the availability of biowastes, the digesters were loaded and the per day biogas yield was measured and plotted as shown in Figure 5. It was observed that the biogas yield varied according to the loading rate, and in the case of MRW, it was 0.03 m$^3$ to 0.15 m$^3$ for the first 25 days, and 0.1 m$^3$ to 0.3 m$^3$ was observed from day 26 to 52. The increase in biogas yield after the 25th day may be due to the increase in the generation of sufficient methanogen. With the constant availability of the biowastes, the loading rate was almost constant which again raised the yield from 0.77 m$^3$ to 1.7 m$^3$ and attained a constant level of 1.6 m$^3$ until approximately the 84th day. With the continuing constant availability of the biowastes, the loading rate was almost similar which again raised the yield from 0.77 m$^3$ to 1.7 m$^3$ and attained a constant level of 1.6 m$^3$ until the 150th day. Even though the loading rate was almost constant during the first 150 days, due to the deficiency in the quantity of methanogen bacteria needed to digest the entire waste, the yield was not constant during that period. This deficiency of methanogen bacteria is the cause for the increasing trend in the generation of biogas from 0 to 1.7 m$^3$ in the 2 m$^3$ digester for the first 100 days, and then it is stable for the following 50 days. After 150 days, the loading rate falls due to exam and vacation schedules.
During this time, the yield was reduced to a minimum average of 0.01 m$^3$. After that the loading rate increases, but the yield is not similar to that of the trend observed in the initial period. Though the yield increased with an increase in the loading rate, the value was lower, due to the fact that in the first busy schedule the biowastes were mixed with CD for generating methanogen, and slowly that CD was replaced with other available biowastes. As the loading rate was not affected during that season, the yield was high and constant. Next, due to the low loading rate in the non-busy schedule, the activity of methanogen was reduced with the lack of sufficient feed, which impacted the digestion of the second busy schedule. From the 335th day, the yield was lower due to the non-busy schedule which continued until the next busy schedule started. A similar trend was observed for both RW and VW. According to the availability of these biowastes, the digesters were loaded, and the yield was observed between 0.01 m$^3$ and 0.18 m$^3$ as shown in Figure 5. Similar to MRW, the yield also varied according to the loading rate during the busy and non-busy schedules.

The quality of the generated biogas was also measured and plotted as shown in Figure 6. The quality also seemed to vary according to the loading rate. CD showed an average of 58%, whereas for MRW, RW, and VW it was 57%, 53%, and 52% respectively. Though there was variation for all the biowastes except CD, the trend seemed to be similar according to the loading rate. During the first busy schedule, the methane percentage reduced from 57% to 54%, 55% to 51%, and 53% to 50% respectively. This shows that the quality of the biogas was also influenced by the loading rate. The results obtained from the analytical and theoretical study depicted in Figure 7 showed that the average methane composition from CD was 58.01% and 58.60% in which the difference was 0.5%. RW showed an average of 51.96% and 52.92% with a difference of 0.96%. MRW showed an average composition of 54.85% and 55.69% in which the difference was 0.84%. VW showed an average of 52.28% and 53.26% with a difference of 0.98%. The above study showed that the variation for experimental and simulation studies was minimal, and was less than 1%. Among the 24 dynamic variables used in the simulation of anaerobic digestion in the Matlab toolbox, only 4 variables were changed for each biowaste in this simulation. The assumption of the other 20 variables being the same as that of the values available (inbuilt) in the toolbox may be the cause for the higher CH$_4$ production for VW rather than RW in the analytical prediction when compared to the experimental values as shown in Figures 6 and 7.

![Figure 6. Experimental results of the methane composition in the biogas.](image-url)
The variations of biogas predicted from CD, MRW, RW, and VW per cubic meter capacity of the digester were 0 to 0.96 m$^3$, 0 to 0.85 m$^3$, 0 to 0.72 m$^3$, and 0 to 0.71 m$^3$, respectively. The available quantity of MRW was at a maximum, and its variation throughout a year was also significant. Therefore, further study is needed to effectively improve the quality and the quantity of biogas generated for the non-uniform loading rate of this waste. The results also showed that the biogas generated in the educational institution was suitable for any relevant application such as the substitution for conventional cooking fuel, biogas lamping, electricity generation, etc., and further demonstrated that the drained out digestate could be used as fertilizer for gardening.

Previous studies conducted in schools, for the implementation of biogas technologies for energy generation, encountered a few problems due to the difficulties in creating awareness among students regarding waste management [19]. This issue has been easily tackled in this study because the quality of biogas did not vary due to the change in the loading rate.

4. Conclusions

The experimental studies on the utilization of biowaste as an alternative energy source in an educational institution show that the production of waste is not uniform, and it depends on the student population, academic schedule, and on student awareness of waste management. The generally available biowastes such as cow dung, mixed rice waste, rice waste, and vegetable waste have been studied to check the viability of using biogas as a substitute for existing energy sources. The variations in the yield and quality of biogas produced during a year with different feeding rates were studied, and it was found that the quality of biogas did not vary due to the change in the loading rate.

During the experimental studies, the average methane compositions observed in the biogas produced from CD, MRW, RW, and VW were 57.86%, 51.11%, 52.98%, and 52.01%, respectively. The quality of biogas predicted by the analytical studies was close to the experimental values. These observations also confirm that the CH$_4$ composition may not vary significantly with the loading rate or other operating conditions used in this study. Since the quality of biogas is similar for VW, MRW, and RW, all these wastes can be used individually or mixed for the anaerobic digestion process.

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Previous studies conducted in schools, for the implementation of biogas technologies for energy generation, encountered a few problems due to the difficulties in creating awareness among
the students regarding waste management [19]. This issue has been easily tackled in this study because the students are obtaining their engineering degrees and they are ready to be involved in environmentally-friendly technologies. Moreover, only a portion of the waste available in one institution is studied and presented in this paper. The other wastes available inside the institution, the waste availability pattern of similar campuses, and the possibilities of getting waste from the neighboring areas of the institutions should be studied along with economic factors to further implement this strategy.

Author Contributions: Godwin Glivin performed the analytical and experimental studies, and prepared the draft of the manuscript. S. Joseph Sekhar organized and interpreted data and approved the final version.

Conflicts of Interest: The authors declare no conflict of interest.

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