Modeling the COVID-19 epidemic in Croatia: a comparison of three analytic approaches

Aim To facilitate the development of a COVID-19 predictive model in Croatia by analyzing three different methodological approaches.

Method We used the historical data to explore the fit of the extended SEIRD compartmental model, the Heidler function, an exponential approximation in analyzing electromagnetic phenomena related to lightning strikes, and the Holt-Winters smoothing (HWS) for short-term epidemic predictions. We also compared various methods for the estimation of R0.

Results The R0 estimates for Croatia varied from 2.09 (95% CI 1.77-2.40) obtained by using an empirical post-hoc method to 2.28 (95% CI 2.27-2.28) when we assumed an exponential outbreak at the very beginning of the COVID-19 epidemic in Croatia. Although the SEIRD model provided a good fit for the early epidemic stages, it was outperformed by the Heidler function fit. HWS achieved accurate short-term predictions and depended the least on model entry parameters. Neither model performed well across the entire observed period, which was characterized by multiple wave-form events, influenced by the re-opening for the tourist season during the summer, mandatory masks use in closed spaces, and numerous measures introduced in retail stores and public places. However, an extension of the Heidler function achieved the best overall fit.

Conclusions Predicting future epidemic events remains difficult because modeling relies on the accuracy of the information on population structure and micro-environmental exposures, constant changes of the input parameters, varying societal adherence to anti-epidemic measures, and changes in the biological interactions of the virus and hosts.
Epidemiological modeling is one of the main tools in infectious disease epidemic management. The recent COVID-19 pandemic is no exception, despite the prevalent neglect of evidence-based medicine principles (1,2). One of the most commonly used tools for epidemiological modeling are compartmental models, which assume that the dynamics of an epidemic depends on several discrete states, including susceptible, infected, and recovered status (3). The main advantage of these models includes the possibility of predicting the overall epidemic pattern, and their main limitation is heavy dependence on the input parameters (4,5). Numerous other approaches have been used for this purpose, relying on exploring historical patterns in predicting future events (6). The main disadvantage of such models is dependence on the initial parameters and the inability to capture the timely and relevant information in the population, which raises the need for reliable predictive tools that depend less on the starting assumptions.

Therefore, we aimed to compare various methodological approaches to epidemic prediction, with a particular focus on the performance of methods that do not require numerous inputs and rely less on the initial assumptions.

MATERIAL AND METHODS

We used the national COVID-19 data obtained from the ECDC (https://www.ecdc.europa.eu/) as the primary data source, with the analyzed period spanning 26 months, from February 2020 to April 2022, covering several well-documented complete COVID-19 outbreaks.

Three analytic approaches were used: the compartmental model (SEIRD), the Heidler function, and the Holt-Winters model (HWS). The SEIRD model development was based on three main assumptions: a stable overall population without major demographic events, population homogeneity, and that the exposed individual is infectious during the whole incubation period (Supplementary Material).

Heidler function is an exponential approximation used to analyze electromagnetic phenomena related to lightning strikes (7). Although it is an interesting tool for electromagnetics, it was not previously used in epidemic disease modeling. There were no underlying assumptions for using the Heidler model since it relies solely on the input data.

Holt-Winters smoothing (HWS) is a decomposition method that splits the time series data into a narrow-sense trend, seasonal component, and residual (8-10). The main advantages of this approach are low input requirements (since the method solely relies on the time series data) and the ability to offset weekly or in similar regular cycle variation. Despite a known disadvantage of lags in predicted peaks due to smoothing, very precise short-term trend predictions are often reported (11-13) (Supplementary Material).

The goodness-of-fit analysis (GoF) was based on the $S$ value, defined as the standard error of the regression (occasionally also reported as the standard error of the estimate), which is preferred for nonlinear systems. The GoF for HWS was based on mean absolute percent error (MAPE). The SEIRD and the Heidler model were developed by using an open-source CoroPy Python package (Supplementary Material), while HWS estimates were calculated in R.

RESULTS

Two schemes for the SEIRD model fitting were used – the first considered the entirety of the available data (the total number of infectious, recovered, and deceased individuals over time), and the second considered only the total number of infectious individuals over time. The first SEIRD model provided reasonably good GoF ($S = 153.17$; Supplementary Figure 1); the MCMC analysis indicated that subtle changes in sensitivity and specificity of the virus testing process could substantially affect the final model result. The second SEIRD model achieved a better overall fit ($S = 73.08$; Supplementary Figure 2), but it lacked generalizability since it relied only on a fraction of the data explaining the epidemic wave. Additionally, multi-wave SEIRD fitting was also performed regarding the total number of infectious, recovered, and deceased individuals over time. Rough transitions of the dynamics of the disease, particularly between individual epidemic waves, were captured with the overall unsatisfactory fit (Supplementary Figure 3).

The lower bound of the R0 value for the first seven months of epidemic obtained from the expected SEIRD model was 2.09 (95% CI 1.77-2.40). The upper bound R0 value was 2.28 (95% CI 2.27-2.28), determined by assuming an exponential outbreak at the very beginning of the SARS-CoV-2 epidemic and fitting the curve of the increase in the number of newly infected to a simple time-dependent analytical expression derived from the SEIRD model, where $\lambda$ is the transmission rate and $\mu$ is the infectivity period in days.

The use of the Heidler function yielded an exceptional fit with the first epidemic wave ($S = 23.32$; Supplementary Material).
DISCUSSION

Each predictive model had distinct advantages and limitations and each may contribute specific knowledge. Neither model performed well across the entire observed period, which was characterized by multiple wave-form events, influenced by the re-opening for the tourist season during the summer, mandatory masks use in closed spaces, and numerous measures introduced in retail stores and public places. Therefore, the most salient message of this study is that any single predictive model is subpar to the multi-model approach. Although this may seem like the results dilution, an in-depth understanding of the advantages and limitations of such models may bring advantages for forecasting, but also for now-casting (14). This can be especially useful in short-term predictions, where adherence to a specific model may show the true nature of the current epidemic pattern and facilitate the decision-making process (15).

Several fundamental problems burden more in-depth modeling of the epidemic risk in Croatia. The lack of reliable primary demographic and population-level mobility data are one of the most fundamental problems, requiring systematic data collection and adjustment. Furthermore, no monitoring system could estimate the current adherence to the protective measures in real-time. Interestingly, one study showed that behavioral factors and risk perception play a role in individual risk estimation (16), suggesting that epidemiological history remains an essential tool in the epidemic monitoring and control. The overall epidemic data may strongly depend on the testing approach and capacity (17), which can generate further modeling difficulties. The use of routinely collected data without harmonization is another source of problems since different institutions may have incomparable disease management practices, requiring national data and process harmonization before more definitive comparative analyses can be made.

Overall, the results of this study suggest that successful predictive epidemic modeling requires numerous sources of data, constant validity assessment, and regular updates to deliver the relevant data that can be used to steer the anti-epidemic measures.

Funding This study was supported by the European Regional Development Fund under the grant DATACROSS (KK.01.1.1.01.0009), the Croatian National Centre of Research Excellence in Personalized Healthcare grant (KK.01.1.1.01.0010), and the Centre of Competence in Molecular Diagnostics (KK.01.2.03.0006).

Ethical approval Not required.

Declaration of authorship ALK, DP, OP conceived and designed the study; all authors analyzed and interpreted the data; all authors drafted the manuscript; all authors critically revised the manuscript for important intellectual content; all authors gave approval of the version to be submitted; all authors agree to be accountable for all aspects of the work.

Competing interests OP is an Editorial Board member of the Croatian Medical Journal. To ensure that any possible conflict of interest relevant to the journal has been addressed, this article was reviewed according to best practice guidelines of international editorial organizations. All authors have completed the Unified Competing Interest form at www.icmje.org/coiDisclosure.pdf (available on request from the corresponding author) and declare no support from any organization for the submitted work; no financial relationships with any organizations that might have an interest in the submitted work in the previous 3 years; no other relationships or activities that could appear to have influenced the submitted work.

These results were, in part, submitted to the IEEE Xplore Conference, 2022.

References
1 Greenhalgh T. Will COVID-19 be evidence-based medicine’s nemesis? PLoS Med. 2020;17:e1003266. Medline:32603323
Carley S, Horner D, Body R, Mackway-Jones K. Evidence-based medicine and COVID-19: what to believe and when to change. Emergency medicine journal. EMJ. 2020;37:572-5. Medline:32651176 doi:10.1136/emermed-2020-210998

Wan K, Chen J, Lu C, Dong L, Wu Z, Zhang L. When will the battle against novel coronavirus end in Wuhan: A SEIR modeling analysis. J Glob Health. 2020;10:011002. Medline:32257174 doi:10.7189/jogh.10.011002

Maugeri A, Barchitta M, Battiato S, Agodi A. Estimation of unreported SARS-CoV-2 cases in Italy using a Susceptible-Exposed-Infectious-Recovered-Dead model. J Glob Health. 2020;10:021105. Medline:33312514 doi:10.7189/jogh.10.021105

Xiang Y, Jia Y, Chen L, Guo L, Shu B, Long E. COVID-19 epidemic prediction and the impact of public health interventions: A review of COVID-19 epidemic models. Infect Dis Model. 2021;6:324-42. Medline:33437897 doi:10.1016/j.idm.2021.01.001

Heidler F, Cvetic J. A class of analytical functions to study the lightning effects associated with the current front. Eur Trans Electr Power. 2002;12:141-50. doi:10.1002/etep.4450120209

Goodwin P. The Holt-Winters approach to exponential smoothing: 50 years old and going strong. Foresight: The International Journal of Applied Forecasting. 2010:30-3.

Holt CC. Forecasting Seasonals and trends by exponentially weighted moving averages. ONR Memorandum, Vol. 52, Carnegie Institute of Technology, Pittsburgh; 1957.

Winters PR. Forecasting sales by exponentially weighted moving averages. Manage Sci. 1960;6:324-42. doi:10.1287/mnsc.6.3.32

Doornik JA, Castle JL, Hendry DF. Short-term forecasting of the coronavirus pandemic. Int J Forecast. 2020. Medline:32952247

Katris C. A time series-based statistical approach for outbreak spread forecasting: Application of COVID-19 in Greece. Expert Syst Appl. 2021;166:114077. Medline:33041528 doi:10.1016/j.eswa.2020.114077

Ricoca Peixoto V, Vieira A, Aquiar P, Carvalho C, Rhys Thomas D, Abrantes A. Initial assessment of the impact of the emergency state lockdown measures on the 1st Wave of the COVID-19 epidemic in Portugal. Acta Med Port. 2020;33:733-41. Medline:33160423 doi:10.20344/amp.14129

Greene SK, McGough SF, Culp GM, Graf LE, Lipsitch M, Menzies NA, et al. Evaluation of Nowcasting for Real-Time COVID-19 Tracking - New York City, March-May 2020. medRxiv: the preprint server for health sciences. 2020. doi:10.1101/2020.10.18.20209189

Kristić I, Pehlić M, Pavlović M, Kolarić B, Kolčić I, Polašek O. Coronavirus epidemic in Croatia: case fatality decline during summer? Croat Med J. 2020;61:501-7. Medline:33410296 doi:10.3325/cmj.2020.61.501

Primorac D, Perić V, Matić D, Molnar V, Zadro R, Vince A, et al. Rapid COVID-19 antigen testing in Croatia: risk perception plays an important role in the epidemic control. Front Public Health. 2021;9:708907. Medline:34386476 doi:10.3389/fpubh.2021.708907

Vukićević D, Polašek O. Optimising the diagnostic capacity for COVID-19 PCR testing for low resource and high demand settings: The development of information-dependent pooling protocol. J Glob Health. 2020;10:020515. Medline:33437464 doi:10.7189/jogh.10.020515