CLOSURE PROPERTIES OF MEASURABLE ULTRAPOWERS

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Abstract. We study closure properties of measurable ultrapowers with respect to Hamkin’s notion of freshness and show that the extent of these properties highly depends on the combinatorial properties of the underlying model of set theory. In one direction, a result of Sakai shows that, by collapsing a strongly compact cardinal to become the double successor of a measurable cardinal, it is possible to obtain a model of set theory in which such ultrapowers possess the strongest possible closure properties. In the other direction, we use various square principles to show that measurable ultrapowers of canonical inner models only possess the minimal amount of closure properties. In addition, the techniques developed in the proofs of these results also allow us to derive statements about the consistency strength of the existence of measurable ultrapowers with non-minimal closure properties.

1. Introduction

The present paper studies the structural properties of ultrapowers of models of set theory constructed with the help of normal ultrafilters on measurable cardinals. Two of the most fundamental properties of these ultrapowers are that these models do not contain the ultrafilter utilized in their construction and that they are closed under sequences of length equal to the relevant measurable cardinal. In the following, we want to further analyze the closure and non-closure properties of measurable ultrapowers through the following notion introduced by Hamkins in [8].

Definition 1.1 (Hamkins). Given a class $M$, a set $A$ of ordinals is *fresh over $M$* if $A \notin M$ and $A \cap \alpha \in M$ for all $\alpha < \text{lub}(A)$.

Given a normal ultrafilter $U$ on a measurable cardinal, we let $\text{Ult}(V, U)$ denote the (transitive collapse of the) induced ultrapower and we let $j_U : V \rightarrow \text{Ult}(V, U)$ denote the corresponding elementary embedding. For notational simplicity, we confuse $\text{Ult}(V, U)$ and its elements with their transitive collapses. In this paper, for a given normal ultrafilter $U$, we aim to determine the class of limit ordinals containing

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\[1\] Here $\text{lub}(A)$ denotes the *least upper bound* of $A$. 
an unbounded subset that is fresh over the ultrapower Ult(V, U). For the images of regular cardinals under the embedding j_U, this question was already studied by Shani in [26]. Moreover, Sakai investigated closure properties of measurable ultrapowers that imply the non-existence of unbounded fresh subsets at many ordinals in [21].

The following proposition lists the obvious closure properties of measurable ultrapowers with respect to the non-existence of fresh subsets. Note that the second part of the second statement also follows directly from [21, Corollary 3.3]. The proof of this proposition and the next one will be given in Section 2.

**Proposition 1.2.** Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$ and let $\lambda$ be a limit ordinal.

(i) If the cardinal $\text{cof}(\lambda)$ is either smaller than $\delta^+$ or weakly compact, then no unbounded subset of $\lambda$ is fresh over Ult(V, U).

(ii) If $\text{cof}(\lambda) > 2^\delta$ and there exists a $<(2^\delta)^+\text{-closed ultrafilter on } \text{cof}(\lambda)$ that contains all cobounded subsets of $\text{cof}(\lambda)$, then no unbounded subset of $\lambda$ is fresh over Ult(V, U). In particular, if there exists a strongly compact cardinal $\kappa$ with $\delta < \kappa \leq \text{cof}(\lambda)$, then no unbounded subset of $\lambda$ is fresh over Ult(V, U).

In the other direction, the fact that normal ultrafilters are not contained in the corresponding ultrapowers directly yields the following non-closure properties of these ultrapowers.

**Proposition 1.3.** Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$.

(i) If $\kappa > \delta$ is the minimal cardinal with $\mathcal{P}(\kappa) \not\subseteq \text{Ult}(V, U)$, then there is an unbounded subset of $\kappa$ that is fresh over Ult(V, U).

(ii) If $\lambda$ is a limit ordinal with $\text{cof}(\lambda)^{\text{Ult}(V, U)} = j_U(\delta^+)$, then there is an unbounded subset of $\lambda$ that is fresh over Ult(V, U).

(iii) If $2^\delta = \delta^+$ holds and $\lambda$ is a limit ordinal with $\text{cof}(\lambda) = \delta^+$, then there is an unbounded subset of $\lambda$ that is fresh over Ult(V, U).

In the following, we will present results that show that the above propositions already cover all provable closure and non-closure properties of measurable ultrapowers, in the sense that there are models of set theory in which fresh subsets exist at all limit ordinals that are not ruled out by Proposition 1.2 and models in which fresh subsets only exist at limit ordinals, where their existence is guaranteed by Proposition 1.3.

Results of Sakai on the approximation properties of measurable ultrapowers in [21] can directly be used to prove the following result that shows that models with minimal non-closure properties can be constructed by collapsing a strongly compact cardinal to become the double successor of a measurable cardinal. Note that we phrase the following result in a non-standard way to clearly distinguish between the ground model of the forcing extension and the model used in the corresponding ultrapower construction.

**Theorem 1.4.** Let $\delta$ be a measurable cardinal and let $W$ be an inner model such that the GCH holds in $W$, $V$ is a $\text{Col}((\delta^+)\bigcup, <((\delta^+)\bigcup)^W)$-generic extension of $W$ and $(\delta^+)\bigcup$ is strongly compact in $W$. Given a normal ultrafilter $U$ on $\delta$, the following statements are equivalent for every limit ordinal $\lambda$:

(i) There is an unbounded subset of $\lambda$ that is fresh over Ult(V, U).
in [12], following a suggestion of S. Friedman, and can have various large cardinals closure properties with respect to freshness. These inner models go back to Jensen inner models, so called Jensen-style extender models.

Theorem 1.6. Let \( U \) be a normal ultrafilter on a measurable cardinal \( \delta \). Assume that the following statements hold:

(a) The GCH holds at all cardinals greater than or equal to \( \delta \).
(b) If \( \kappa > \delta^+ \) is a regular cardinal that is not weakly compact, then there exists a \( \square(\kappa) \)-sequence.
(c) If \( \kappa > \delta \) is a singular cardinal, then there exists a \( \square_\kappa \)-sequence.

Then the following statements are equivalent for every limit ordinal \( \lambda \):

(i) There is an unbounded subset of \( \lambda \) that is fresh over Ult\((V, U)\).
(ii) The cardinal \( \text{cof}(\lambda) \) is greater than \( \delta \) and not weakly compact.

With the help of results of Schimmerling and Zeman in [24] and [29], the above result will allow us to show that measurable ultrapowers of a large class of canonical inner models, so called Jensen-style extender models, possess the minimal amount of closure properties with respect to freshness. These inner models go back to Jensen in [12], following a suggestion of S. Friedman, and can have various large cardinals.
below supercompact cardinals. As for example in [29], we demand that they satisfy classical consequences of iterability such as solidity and condensation. The theorem below holds for Mitchell-Steel extender models with the same properties constructed as in [20] as well. But it turned out that Jensen-style constructions are more natural in the proof of □-principles in canonical inner models, so this is what Schimmerling and Zeman use in [25] and [29], and we decided to follow their notation.

**Theorem 1.7.** Assume that V is a Jensen-style extender model that does not have a subcompact cardinal. Then the statements (i) and (ii) listed in Theorem 1.6 are equivalent for every normal ultrafilter U on a measurable cardinal δ and every limit ordinal λ.

We restrict ourselves to inner models without subcompact cardinals in the statement of Theorem 1.7, as the non-existence of □κ-sequences in Jensen-style extender models is equivalent to κ being subcompact (see [25]). Results of Kypriotakis and Zeman in [15] show that □(κ⁺)-sequences can exists even if κ is subcompact, but we decided to not discuss this further here.

The techniques developed in the proof of Theorem 1.6 also allows us to derive large lower bounds for the consistency strength of the conclusion of Theorem 1.4.

**Theorem 1.8.** Let U be a normal ultrafilter on a measurable cardinal δ.

(i) If there exists a regular cardinal κ > δ⁺ and a cardinal θ ∈ {κ, κ⁺} with the property that there exists a □(θ)-sequence, then there exists a limit ordinal λ of cofinality θ and an unbounded subset of λ that is fresh over Ult(V, U).

(ii) If there exists a singular strong limit cardinal κ with the property that cof(κ) = δ, the SCH holds at κ and there exists a □κ-sequene, then there exists a limit ordinal λ with cof(λ) = κ⁺ and an unbounded subset of λ that is fresh over Ult(V, U).

If U is a normal ultrafilter on a measurable cardinal δ with the property that the statements (i) and (ii) listed in 1.4 are equivalent for every limit ordinal λ, then the first part of the above theorem shows that κ = δ++ is a countably closed regular cardinal that is greater than max{2ℵ₀, ℵ₃} and has the property that there are no □κ- and no □κ⁺-sequences. By [23] Theorem 5.6], the existence of such a cardinal implies Projective Determinacy. In addition, [13] Theorem 0.1] derives the existence of a sharp for a proper class model with a proper class of strong cardinals and a proper class of Woodin cardinals from the existence of such a cardinal. Moreover, note that the results of [27] show that the existence of a singular strong limit cardinal κ with the property that there are no □κ-sequences implies that AD holds in L(R), and even stronger consequences of this assumptions are given by the results of [22]. Finally, note that work of Gitik and Mitchell (see [7] and [19]) shows that a failure of SCH at a singular strong limit cardinal κ of uncountable cofinality implies that κ is a measurable cardinal of high Mitchell order in a canonical inner model.

Finally, our techniques also allow us to determine the exact consistency strength of the existence of a measurable ultrapower that has the property that no unbounded subsets of the double successor of the corresponding measurable cardinal.

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2Remember that the SCH states that κ⁺⁺ = κ⁺ holds for every singular cardinal κ with 2⁺ = κ.

3Remember that a cardinal κ is countably closed if µ⁺ < κ holds for all cardinals µ < κ.
are fresh over it. This result is motivated by results of Cummings in \cite{1} that determine the exact consistency strength of the existence of a measurable ultrapower that contains the power set of the successor of the corresponding measurable cardinal. In our setting, Cummings’ results can be rephrased in the following way:

**Theorem 1.9.** The following statements are equiconsistent over the theory ZFC:

(i) There exists a \((\delta + 2)\)-strong cardinal \(\delta\).

(ii) There exists a normal ultrafilter \(U\) on a measurable cardinal \(\delta\) with the property that no unbounded subset of \(\delta^+\) is fresh over \(\text{Ult}(V, U)\).

**Proof.** In one direction, \cite{1} Theorem 1 shows that, starting with a model of ZFC containing a \((\delta + 2)\)-strong cardinal \(\delta\), it is possible to construct a model in which there exists a normal ultrafilter \(U\) on \(\delta\) satisfying \(\mathcal{P}(\delta^+) \subseteq \text{Ult}(V, U)\). In particular, no subset of \(\delta^+\) is fresh over \(\text{Ult}(V, U)\) in this model. In the other direction, if \(U\) is a normal ultrafilter on a measurable cardinal \(\delta\) with the property that no unbounded subset of \(\delta^+\) is fresh over \(\text{Ult}(V, U)\), then the closure of \(\text{Ult}(V, U)\) under \(\kappa\)-sequences implies that \(\mathcal{P}(\delta^+) \subseteq \text{Ult}(V, U)\) holds and hence \cite{1} Theorem 2 yields an inner model with a \((\delta + 2)\)-strong cardinal \(\delta\).

The following theorem determines the exact consistency of the corresponding statement for double successors of measurable cardinals.

**Theorem 1.10.** The following statements are equiconsistent over the theory ZFC:

(i) There exists a weakly compact cardinal above a measurable cardinal.

(ii) There exists a normal ultrafilter \(U\) on a measurable cardinal \(\delta\) with the property that no unbounded subset of \(\delta^{++}\) is fresh over \(\text{Ult}(V, U)\).

2. **Simple closure and non-closure properties**

In this section, we prove the two propositions stated in the introduction.

**Proof of Proposition 1.2.**

(i) If \(\text{cof}(\lambda) \leq \delta\), then the desired statement follows directly from the closure of \(\text{Ult}(V, U)\) under \(\delta\)-sequences. Hence, we may assume that \(\kappa = \text{cof}(\lambda)\) is a weakly compact cardinal greater than \(\delta\). Pick a cofinal sequence \(\langle \gamma_\alpha \mid \alpha < \kappa \rangle\) in \(\lambda\) and fix an unbounded subset \(A\) of \(\lambda\) such that \(A \cap \gamma \in \text{Ult}(V, U)\) for all \(\gamma < \lambda\). Given \(\alpha < \kappa\), fix functions \(f_\alpha\) and \(g_\alpha\) with domain \(\delta\) such that \([f_\alpha]_U = \gamma_\alpha\) and \([g_\alpha]_U = A \cap \gamma_\alpha\) (recall that we are identifying \(\text{Ult}(V, U)\) with its transitive collapse). Let \(c : [\kappa]^2 \to U\) denote the unique function with the property that

\[
c([\alpha, \beta]) = \{\xi < \delta \mid f_\alpha(\xi) < f_\beta(\xi), \ g_\alpha(\xi) = f_\alpha(\xi) \cap g_\beta(\xi)\}
\]

holds for all \(\alpha < \beta < \kappa\). In this situation, since \(\kappa > \delta\) is weakly compact, we know that \(|U| = 2^\delta < \kappa\) and hence the weak compactness of \(\kappa\) yields an unbounded subset \(H\) of \(\kappa\) and an element \(X\) of \(U\) with the property that \(c[H]^2 = \{X\}\). Pick a function \(g\) with domain \(\delta\) and the property that \(g(\xi) = \bigcup\{g_\alpha(\xi) \mid \alpha \in H\}\) holds for all \(\xi \in X\). This construction ensures that \([g|_U \cap \gamma_\alpha = [g_\alpha]|_U\) holds for every \(\alpha \in H\) and we can conclude that \([g]|_U = A\). In particular, the set \(A\) is not fresh over \(\text{Ult}(V, U)\).

(ii) Fix \(a < (2^\delta)^+\)-closed ultrafilter \(F\) on \(\text{cof}(\lambda)\) that contains all cobounded subsets of \(\text{cof}(\lambda)\) and assume, towards a contradiction, that \(A\) is an unbounded subset of \(\lambda\) that is fresh over \(\text{Ult}(V, U)\). Pick a strictly increasing sequence \(\langle \gamma_\eta \mid \eta < \text{cof}(\lambda)\rangle\) that is cofinal in \(\lambda\). Given \(\eta < \text{cof}(\lambda)\), fix functions \(f_\eta\) and \(g_\eta\) with domain \(\delta\) that
satisfy $[f_\eta]^U = \gamma_\eta$ and $[g_\eta]^U = A \cap \gamma_\eta$. Moreover, given $\eta < \text{cof}(\lambda)$ and $X \in U$, we set

$$A_{\eta,X} = \{ \zeta \in (\eta, \text{cof}(\lambda)) \mid X = \{ \xi < \delta \mid f_\eta(\xi) < f_\zeta(\xi), \ g_\eta(\xi) = g_\zeta(\xi) \cap f_\eta(\xi) \} \}.$$ 

Then

$$\bigcup \{ A_{\eta,X} \mid X \in U \} = (\eta, \text{cof}(\lambda))$$

holds for every $\eta < \text{cof}(\lambda)$. By our assumptions on $F$, there exists a sequence $\langle X_\eta \mid \eta < \text{cof}(\lambda) \rangle$ of elements of $U$ with the property that $A_{\eta,X_\eta} \in F$ holds for all $\eta < \text{cof}(\lambda)$. Furthermore, as $\text{cof}(\lambda) > 2^\delta$, there is a set $X_* \in U$ and an unbounded subset $E$ of $\text{cof}(\lambda)$ with $A_{\eta,X_*} = E \cap \gamma_\eta$ for all $\eta \in E$. By construction, we now have $f_\eta(\xi) < f_\zeta(\xi)$ and $g_\eta(\xi) = g_\zeta(\xi) \cap f_\eta(\xi)$ for all $\xi \in X_*$ and all $\eta, \zeta \in E$ with $\eta < \zeta$. Pick a function $g$ with domain $\delta$ and

$$g(\xi) = \bigcup \{ g_\eta(\xi) \mid \eta \in E \}$$

for all $\xi \in X_*$. Then $[g]^U \cap \gamma_\delta = [g_\eta]^U = A \cap \gamma_\eta$ for all $\eta \in E$ and hence we can conclude that $[g]^U = A \in \text{Ult}(V,U)$, a contradiction. The second part of the statement follows directly from the first part and the filter extension property of strongly compact cardinals (see [14 Proposition 4.1]).

**Proof of Proposition 1.3.** (i) If $\kappa > \delta$ is the minimal cardinal with $\mathcal{P}(\kappa) \not\subseteq \text{Ult}(V,U)$, then every element of $\mathcal{P}(\kappa) \setminus \text{Ult}(V,U)$ is unbounded in $\kappa$ and fresh over $\text{Ult}(V,U)$.

(ii) Fix a limit ordinal $\lambda$ with $\text{cof}(\lambda)^{\text{Ult}(V,U)} = j^U(\delta^+)$ and pick a strictly increasing, cofinal function $c : j^U(\delta^+) \to \lambda$ in $\text{Ult}(V,U)$. Since $j^U(\delta^+)$ is a cofinal subset of $j^U(\delta^+)$ of order-type $\delta^+$, we know that $(c \circ j^U)[\delta^+]$ is a cofinal subset of $\lambda$ of order-type $\delta^+$. In particular, the closure of $\text{Ult}(V,U)$ under $\delta$-sequences implies that every proper initial segment of $(c \circ j^U)[\delta^+]$ is an element of $\text{Ult}(V,U)$. Finally, since [14 Proposition 22.4] shows that $j^U[\delta^+] \not\subseteq \text{Ult}(V,U)$, we can conclude that the set $(c \circ j^U)[\delta^+]$ is fresh over $\text{Ult}(V,U)$.

(iii) First, assume that $\text{cof}(\lambda)^{\text{Ult}(V,U)} = \delta^+$. Since $2^\delta = \delta^+$ and $U \not\subseteq \text{Ult}(V,U)$, we have $\mathcal{P}(\delta^+) \not\subseteq \text{Ult}(V,U)$, and we can use (i) to find an unbounded subset $A$ of $\delta^+$ that is fresh over $\text{Ult}(V,U)$. Let $\langle \gamma_\alpha \mid \alpha < \delta^+ \rangle$ be the monotone enumeration of an unbounded subset of $\lambda$ of order-type $\delta^+$ in $\text{Ult}(V,U)$. Set $B = \{ \gamma_\alpha \mid \alpha \in A \}$. Then $B$ is unbounded in $\lambda$ and it is easy to see that $B$ is fresh over $\text{Ult}(V,U)$.

Now, assume that $\text{cof}(\lambda)^{\text{Ult}(V,U)} > \delta^+$ and fix an unbounded subset $A$ of $\lambda$ of order-type $\delta^+$. Then the closure of $\text{Ult}(V,U)$ under $\delta$-sequences implies that $A$ is fresh over $\text{Ult}(V,U)$. □

Note that, in the situation of Proposition 1.3, we have $\text{cof}(\lambda) = \delta^+$ for every limit ordinal $\lambda$ with $\text{cof}(\lambda)^{\text{Ult}(V,U)} = j^U(\delta^+)$. In particular, if $\kappa$ is a strong limit cardinal of cofinality $\delta^+$, then the fact that $j^U(\kappa) = \kappa$ holds allows us to use the second part of the above proposition to conclude that there is an unbounded subset of $\kappa$ that is fresh over $\text{Ult}(V,U)$. Moreover, the results of Cummings in [11] discussed in the first section show that the cardinal arithmetic assumption in the third part of the proposition can, in general, not be omitted.

3. Fresh subsets at image points of ultrapower embeddings

In this section, we will use a modified square principle introduced in [16] to show that the existence of a $\square(\kappa)$-sequence allows us to construct a fresh subset
of $j_U(\kappa)$. The principle defined in the next definition is a variation of the indexed square principles studied in [3] and [5].

**Definition 3.1** (Lambie-Hanson). Let $\delta < \kappa$ be infinite regular cardinals. A $\square^{\text{ind}}(\kappa, \delta)$-sequence is a matrix

$$\langle C_{\gamma, \xi} \mid \gamma < \kappa, \ i(\gamma) \leq \xi < \delta \rangle$$

satisfying the following statements:

(i) If $\gamma \in \text{Lim} \cap \kappa$, then $i(\gamma) < \delta$.

(ii) If $\gamma \in \text{Lim} \cap \kappa$ and $i(\gamma) \leq \xi < \delta$, then $C_{\gamma, \xi}$ is a closed unbounded subset of $\gamma$.

(iii) If $\gamma \in \text{Lim} \cap \kappa$ and $i(\gamma) \leq \xi < \delta$, then $C_{\gamma, \xi_0} \subseteq C_{\gamma, \xi}$.

(iv) If $\beta, \gamma \in \text{Lim} \cap \kappa$ and $i(\gamma) \leq \xi < \delta$ with $\beta \in \text{Lim}(C_{\gamma, \xi})$, then $\xi \geq i(\beta)$ and $C_{\beta, \xi} = C_{\gamma, \xi} \cap \beta$.

(v) If $\beta, \gamma \in \text{Lim} \cap \kappa$ with $\beta < \gamma$, then there is an $i(\gamma) \leq \xi < \delta$ such that $\beta \in \text{Lim}(C_{\gamma, \xi})$.

(vi) There is no closed unbounded subset $C$ of $\kappa$ with the property that, for all $\gamma \in \text{Lim}(C)$, there is $\xi < \delta$ such that $C_{\gamma, \xi} = C \cap \gamma$ holds.

The main result of [17] now shows that for all infinite regular cardinals $\delta < \kappa$, the existence of a $\square(\kappa)$-sequence implies the existence of a $\square^{\text{ind}}(\kappa, \delta)$-sequence. The proof of the following result is based on this implication.

**Theorem 3.2.** Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$ and let $\kappa > \delta$ be a regular cardinal. If there exists a $\square(\kappa)$-sequence, then there is a closed unbounded subset of $j_U(\kappa)$ that is fresh over $\text{Ult}(V, U)$.

**Proof.** By [17] Theorem 3.4, our assumptions allow us to fix a $\square^{\text{ind}}(\kappa, \delta)$-sequence

$$\langle C_{\gamma, \xi} \mid \gamma < \kappa, \ i(\gamma) \leq \xi < \delta \rangle.$$

Given $\gamma \in \text{Lim} \cap \kappa$, let $f_\gamma : \delta \rightarrow \mathcal{P}(\gamma)$ denote the unique function with $f_\gamma(\xi) = \emptyset$ for all $\xi < i(\gamma)$ and $f_\gamma(\xi) = C_{\gamma, \xi}$ for all $i(\gamma) \leq \xi < \delta$. In this situation, Los’ Theorem directly implies that for all $\beta, \gamma \in \text{Lim} \cap \kappa$ with $\beta \leq \gamma$, the set $[f_\gamma]_U$ is closed unbounded in $j_U(\gamma)$ and $[f_\beta]_U = [f_\gamma]_U \cap j_U(\beta)$ holds. Define

$$A = \bigcup \{ [f_\gamma]_U \mid \gamma \in \text{Lim} \cap \kappa \}.$$

By our assumptions on $\kappa$, we know that $j_U(\kappa) = \sup(j_U[\kappa])$ and therefore $A$ is a closed unbounded subset of $j_U(\kappa)$ with $A \cap j_U(\gamma) = [f_\gamma]_U$ for all $\gamma \in \text{Lim} \cap \kappa$.

Assume, towards a contradiction, that $A$ is an element of $\text{Ult}(V, U)$. Then there is $f : \delta \rightarrow \mathcal{P}(\kappa)$ with $[f]_U = A$ and the property that $f(\xi)$ is a closed unbounded subset of $\kappa$ for all $\xi < \delta$. Since we have $\{ \xi < \delta \mid f_\gamma(\xi) = f(\gamma) \cap \gamma \neq \emptyset \} \in U$ for all $\gamma \in \text{Lim} \cap \kappa$, we can find $\xi < \delta$ with the property that $\xi \geq i(\gamma)$ and $f(\xi) \cap \gamma = C_{\gamma, \xi}$ holds for unboundedly many $\gamma$ below $\kappa$. Pick $\beta \in \text{Lim}(f(\xi))$ and $\beta < \gamma < \kappa$ with $\xi \geq i(\gamma)$ and $f(\xi) \cap \gamma = C_{\gamma, \xi}$. Then $\beta \in \text{Lim}(C_{\gamma, \xi})$ and this implies that $\xi \geq i(\beta)$ and $C_{\beta, \xi} = C_{\gamma, \xi} \cap \beta = f(\xi) \cap \beta$. These computations show that there is a closed unbounded subset $C$ of $\kappa$ and $\xi < \delta$ such that $\xi \geq i(\beta)$ and $C \cap \beta = C_{\beta, \xi}$ holds for all $\beta \in \text{Lim}(C)$. But this contradicts (vi) in Definition 3.1. □
4. Fresh subsets of successors of singular cardinals

We now aim to construct fresh subsets of cardinals that are not contained in the image of the corresponding ultrapower embedding, e.g. successors of singular cardinals whose cofinality is equal to the relevant measurable cardinal. Our arguments will rely on two standard observations about measurable ultrapowers and □_κ-sequences that we present first. A proof of the following lemma is contained in the proof of [18, Lemma 1.3].

Lemma 4.1. Let U be a normal ultrafilter on a measurable cardinal δ. If ν > δ is a cardinal with cof(ν) ≠ δ and λ^δ < ν for all λ < ν, then j_U(ν) = ν and j_U(ν^+) = ν^+.

The next lemma contains a well-known construction (see [2, Section 4]) that shows that, in the situations relevant for our proofs, the existence of some □_κ-sequence already implies the existence of such a sequence with certain additional structural properties.

Lemma 4.2. Let κ be a singular cardinal and let S be a stationary subset of κ^+. If there exists a □_κ-sequence, then there exists a □_κ-sequence ⟨C_γ | γ ∈ Lim(κ^+)⟩ and a stationary subset E of S such that otp(C_γ) < κ and Lim(C_γ) ∩ E = ∅ for all γ ∈ Lim(κ^+).

Proof. Fix a □_κ-sequence ⟨A_γ | γ ∈ Lim(κ^+)⟩ and a closed unbounded subset C of κ of order-type cof(κ). Given γ ∈ Lim(κ^+), let λ_γ = otp(A_γ) ≤ κ and let ⟨β^γ_α | α < λ_γ⟩ denote the monotone enumeration of A_γ. Given γ ∈ Lim(κ^+) with λ_γ ∈ Lim(C) ∪ {κ}, let B_γ = {β ∈ A_γ | otp(A_γ ∩ β) < κ}. Next, if γ ∈ Lim(κ^+) with λ_γ ∉ Lim(C) ∪ {κ} and Lim(C) ∩ λ_γ = ∅, then we define B_γ = A_γ. Finally, if γ ∈ Lim(κ^+) with λ_γ ∉ Lim(C) ∪ {κ} and Lim(C) ∩ λ_γ ≠ ∅, then we set α = max(Lim(C) ∩ λ_γ) < λ_γ and we define B_γ = B_γ ∩ (A_γ \ B_γ^κ).

Claim. The sequence ⟨B_γ | γ ∈ Lim(κ^+)⟩ is a □_κ-sequence with otp(B_γ) < κ for all γ ∈ Lim(κ^+).

With the help of Fodor’s Lemma, we can now find a stationary subset E of S and λ < κ with otp(B_γ) = λ for all γ ∈ E. Then we have |Lim(B_γ) ∩ E| ≤ 1 for all γ ∈ Lim(κ^+). Given γ ∈ Lim(κ^+), define C_γ = B_γ if otp(B_γ) ≤ λ and let C_γ = {β ∈ B_γ | otp(B_γ ∩ β) > λ} if otp(B_γ) > λ.

Claim. The sequence ⟨C_γ | γ ∈ Lim(κ^+)⟩ is a □_κ-sequence with otp(C_γ) < κ and Lim(C_γ) ∩ E = ∅ for all γ ∈ Lim(κ^+).

This completes the proof of the lemma.

We are now ready to prove the main result of this section that will allow us to handle successors of singular cardinals of measurable cofinality in the proof of Theorem 1.6.

Theorem 4.3. Let U be a normal ultrafilter on a measurable cardinal δ and let κ be a singular cardinal of cofinality δ with 2^κ = κ^+ and the property that λ^δ < κ holds for all λ < κ. If there exists a □_κ-sequence, then there is a closed unbounded subset of κ^+ that is fresh over Ult(V, U).

Proof. By our assumptions, we can apply Lemma 4.2 to obtain a □_κ-sequence ⟨C_γ | γ ∈ Lim(κ^+)⟩ and a stationary subset E of S^κ^+ such that otp(C_γ) < κ and
\[ \gamma \] statement for that (i) We prove the statement by induction on 0

Proof of the Claim.

Claim. (i) If \( \beta < \gamma < \kappa^+ \), then \( f_\beta(\xi) < f_\gamma(\xi) \) for cofinitely many \( \xi < \delta \).

(ii) If \( \gamma \in \text{Lim}(\kappa^+) \), then \( f_\beta(\xi) < f_\gamma(\xi) \).

(iii) If \( \gamma \in \text{Lim}(\kappa^+) \), then \( f_\gamma(\xi) \in \text{Lim}(\gamma) \) for all \( \xi < \delta \).

Proof of the Claim. (i) We prove the statement by induction on \( 0 < \gamma < \kappa^+ \), where the successor step follows trivially from our induction hypothesis. Now, assume that \( \gamma \in \text{Lim}(\kappa^+) \) with \( \text{Lim}(\gamma) \) bounded in \( \gamma \). Since \( \delta \) is an uncountable regular cardinal, our induction hypothesis allows us to find \( \xi < \delta \) with the property that \( f_\beta(\xi) < f_\beta(\xi) \) holds for all \( \beta_0, \beta_1 \in \text{Lim}(\gamma) \) with \( \beta_0 < \beta_1 \) and all \( \xi \leq \xi < \delta \). By definition, we now have

\[ f_\gamma(\xi) = \sup\{f_\beta(\xi) \mid \beta \in \text{Lim}(\gamma)\} \]

for all \( \xi < \delta \). Since \( \text{Lim}(\gamma) \) is a cofinal subset of \( \gamma \), the desired statement for \( \gamma \) now follows directly from our induction hypothesis. Finally, if \( \gamma \in \text{Lim}(\kappa^+) \) with \( \text{Lim}(\gamma) \) unbounded in \( \gamma \), then the desired statement for \( \gamma \) follows directly from the definition of \( f_\gamma \) and our induction hypothesis.

(ii) We prove the claim by induction on \( \gamma \in \text{Lim}(\kappa^+) \). First, if \( \gamma \in \text{Lim}(\kappa^+) \) with \( \text{Lim}(\gamma) \) bounded in \( \gamma \) and \( \beta = \text{max}(\text{Lim}(\gamma)) \), then our definition ensures that \( f_\beta(\xi) < f_\gamma(\xi) \) holds for all \( \xi < \delta \) and hence the desired statement follows directly from our induction hypothesis. Next, if \( \gamma \in \text{Lim}(\kappa^+) \) with \( \text{Lim}(\gamma) \) unbounded in \( \gamma \), then our induction hypothesis implies that \( f_\beta(\xi) < f_\beta(\xi) \) holds for all \( \beta_0, \beta_1 \in \text{Lim}(\gamma) \) with \( \beta_0 < \beta_1 \) and all \( \xi \leq \xi < \delta \). Since \( \xi \leq \xi < \delta \) holds for all \( \beta \in \text{Lim}(\gamma) \), this fact together with our definition yields the desired statement for \( \gamma \).

(iii) This statement is a direct consequence of the definition of the sequence \( f_\gamma(\gamma < \kappa^+) \) and statement (ii).
Note that the first part of the above claim in particular shows that we have \([f_\beta]_U < \[f_\gamma]_U < \[\xi \mapsto \kappa^+\]_U\) for all \(\beta < \gamma < \kappa^+\). Since we already observed that \([\xi \mapsto \kappa^+]_U = (\kappa^+)^{\text{Ult}(V,U)}\) \(\leq \kappa^+\) holds, we can conclude that \([\xi \mapsto \kappa^+]_U = \kappa^+\).

Next, notice that the fact that \(2^\kappa = \kappa^+\) holds allows us to fix an enumeration \(\langle h_\alpha \mid \alpha < \kappa^+ \rangle\) of \(\prod_{\xi < \delta} P(\kappa^+_\xi)\) of order-type \(\kappa^+\). In addition, let \(\langle \gamma_\alpha \mid \alpha < \kappa^+ \rangle\) denote the monotone enumeration of \(E\). We now inductively define a sequence

\[
\langle c_\gamma \mid \gamma \in \text{Lim} \cap \kappa^+ \rangle
\]

of functions with domain \(\delta\) satisfying the following statements for all \(\gamma \in \text{Lim} \cap \kappa^+\):

(a) \(c_\gamma(\xi)\) is a closed unbounded subset of \(f_\gamma(\xi)\) for all \(\xi < \delta\).

(b) If \(\beta \in \text{Lim} \cap \gamma\), then \(f_\beta(\xi) < f_\gamma(\xi)\) and \(c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi)\) for coboundedly many \(\xi < \delta\).

(c) If \(\gamma \not\in E\), then \(c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi)\) for all \(\beta \in \text{Lim}(C_\gamma)\) and \(\xi_\gamma \leq \xi < \delta\).

(d) If \(\gamma \in E\) and \(\alpha < \kappa^+\) with \(\gamma = \gamma_\alpha\), then \(c_\gamma(\xi) \neq h_\alpha(\xi) \cap f_\beta(\xi)\) for all \(\xi \gamma \leq \xi < \delta\).

The idea behind this definition is to use the fact that the sequence \(\langle [f_\gamma]_U \mid \gamma < \kappa^+ \rangle\) is not continuous at ordinals of cofinality \(\delta\) to diagonalize against the sequence \(\langle [h_\alpha]_U \mid \alpha < \kappa^+ \rangle\) of subsets of \(\kappa^+\) in \(\text{Ult}(V,U)\) in [d]. The inductive definition of this sequence is straightforward, but we decided to give the details to convince the reader that it works. We distinguish between the following cases:

**Case 1.** \(\gamma \in \text{Lim} \cap \kappa^+\) with \(\text{Lim} \cap \gamma\) bounded in \(\gamma\).

First, we set \(\beta_0 = 0\) if \(\text{Lim}(C_\gamma) = \emptyset\) and \(\beta_0 = \text{max}(\text{Lim}(C_\gamma))\) otherwise. Next, we set \(\beta_1 = 0\) if \(\gamma = \omega\) and \(\beta_1 = \text{max}(\text{Lim} \cap \gamma)\) otherwise. We then have \(\beta_0 \leq \beta_1 < \gamma\) and \(f_{\beta_0}(\xi) < f_\gamma(\xi)\) for all \(\xi < \delta\). Using our induction hypothesis, we can find \(\xi_\gamma \leq \xi < \delta\) with the property that \(f_{\beta_0}(\xi) < f_\gamma(\xi)\) holds for all \(\xi \leq \xi < \delta\) and, if \(\beta_0 > 0\), then \(c_{\beta_0}(\xi) = c_{\beta_1}(\xi) \cap f_{\beta_0}(\xi)\) for all \(\xi \leq \xi < \delta\). Note that our assumptions imply that \(\text{Lim}(C_\gamma)\) is bounded in \(\gamma\) and hence the definition of \(f_\gamma(\xi)\) ensures that \(\text{cof}(f_\gamma(\xi)) = \omega\) holds for every \(\xi < \delta\). Therefore, we can fix a sequence of strictly increasing functions \(\langle k_\xi : \omega \to f_\gamma(\xi) \mid \xi < \delta \rangle\) with the property that \(k_\xi\) is cofinal in \(f_\gamma(\xi)\) for all \(\xi < \delta\), \(k_\xi(0) = f_{\beta_0}(\xi)\) for all \(\xi < \zeta\), and \(k_\xi(0) = f_{\beta_1}(\xi)\) for all \(\zeta \leq \xi < \delta\). Define

\[
c_\gamma(\xi) = \begin{cases} 
\{k_\xi(n) \mid n < \omega\}, & \text{for all } \xi < \zeta, \text{ if } \beta_0 = 0. \\
c_{\beta_0}(\xi) \cup \{k_\xi(n) \mid n < \omega\}, & \text{for all } \xi < \zeta, \text{ if } \beta_0 > 0. \\
c_{\beta_1}(\xi) \cup \{k_\xi(n) \mid n < \omega\}, & \text{for all } \zeta \leq \xi < \delta, \text{ if } \beta_1 = 0. \\
c_{\beta_1}(\xi) \cup \{k_\xi(n) \mid n < \omega\}, & \text{for all } \zeta \leq \xi < \delta, \text{ if } \beta_1 > 0.
\end{cases}
\]

These definitions ensure that \(c_\gamma(\xi)\) is a closed unbounded subset of \(f_\gamma(\xi)\) for all \(\xi < \delta\). Moreover, if \(\beta_0 > 0\), then \(c_\gamma(\xi) \cap f_{\beta_0}(\xi) = c_{\beta_0}(\xi)\) holds for all \(\xi < \delta\). This inductively implies that \(c_\gamma(\xi) \cap f_{\beta_1}(\xi) = c_{\beta_1}(\xi)\) holds for all \(\beta \in \text{Lim}(C_\gamma)\) and all \(\xi \gamma \leq \xi < \delta\). Next, if \(\beta_1 > 0\) and \(\zeta \leq \xi < \delta\), then \(f_{\beta_1}(\xi) < f_\gamma(\xi)\) and \(c_\gamma(\xi) \cap f_{\beta_1}(\xi) = c_{\beta_1}(\xi)\). This allows us to conclude that for all \(\beta \in \text{Lim} \cap \gamma\), we have \(f_{\beta}(\xi) < f_\gamma(\xi)\) and \(c_\beta(\xi) = c_\gamma(\xi) \cap f_{\beta}(\xi)\) for coboundedly many \(\xi < \delta\).

**Case 2.** \(\gamma \in \text{Lim} \cap \kappa^+\) with \(\text{Lim} \cap \gamma\) unbounded in \(\gamma\) and \(\text{Lim}(C_\gamma)\) bounded in \(\gamma\).

Since our assumptions imply that \(\text{cof}(\gamma) = \omega\), there is a strictly increasing sequence \(\langle \beta_n \mid n < \omega \rangle\) cofinal in \(\gamma\) such that \(\beta_n \in \text{Lim} \cap \gamma\) for all \(0 < n < \omega\), \(\beta_0 = 0\).
in case Lim(Cγ) = ∅, and β0 = max(Lim(Cγ)) in case Lim(Cγ) ≠ ∅. By the regularity of δ, we can find ξ ≤ ζ < δ such that f_β_0(ξ) < f_β_0+1(ξ) < f_ξ(ξ) and c_β_0+1(ξ) ∩ f_β_0+1(ξ) = c_β_0+1(ξ) for all ζ ≤ ξ < δ and all n < ω and, if β0 > 0, then c_β_0(ξ) ∩ f_β_0(ξ) = c_β_0(ξ) for all ξ ≤ ζ < δ. By the definition of f_γ, we then have f_γ(ξ) = sup{f_β_0(n) | n < ω} for all ζ ≤ ξ < δ. Since the definition of f_γ also implies that cof(f_γ(ξ)) = ω and f_β_0(ξ) < f_γ(ξ) for all ξ < δ, we can fix a sequence of strictly increasing functions (k_ξ : ω → (f_ξ(ξ) | ξ < ζ)) with the property that k_ξ is cofinal in f_γ(ξ) for all ξ < ζ and k_ξ(0) = f_β_0(ξ) for all ξ < ζ. Define

\[ c_γ(ξ) = \begin{cases} 
{k_ξ(n) | n < ω}, & \text{for all } ξ < ζ, \text{ if } β_0 = 0. \\
\{c_β_0(ξ) \cup \{k_ξ(n) | n < ω\}, & \text{for all } ξ < ζ, \text{ if } β_0 > 0. \\
\{c_β_n(ξ) | n < ω\}, & \text{for all } ζ ≤ ξ < δ, \text{ if } β_0 = 0. \\
\{c_β_n(ξ) | n < ω\}, & \text{for all } ζ ≤ ξ < δ, \text{ if } β_0 > 0.
\end{cases} \]

Then the set c_γ(ξ) is closed and unbounded in f_γ(ξ) for all ξ < δ. In addition, if β_0 > 0, then c_n(ξ) ∩ f_β_0(ξ) = c_β_0(ξ) for all ξ < δ. In particular, we have c_γ(ξ) ∩ f_β(ξ) = c_β(ξ) for all β ∈ Lim(C_γ) and all ξ ≤ ζ < δ. Next, if 0 < n < ω and ζ ≤ ξ < δ, then f_β_0(ξ) < f_β(ξ) and c_γ(ξ) ∩ f_β_0(ξ) = c_β_0(ξ). This directly implies that for all β ∈ Lim ∩ γ, we have f_β(ξ) < f_γ(ξ) and c_γ(ξ) ∩ f_β(ξ) = c_β(ξ) for coboundedly many ξ < δ.

Case 3. γ ∈ Lim ∩ κ^+ with γ ∉ E and Lim(C_γ) unbounded in γ.

Let

\[ c_γ(ξ) = \begin{cases} 
ω, & \text{for all } ξ < ζ. \\
\{c_β(ξ) | β ∈ Lim(C_γ)\}, & \text{for all } ξ ≥ ζ < δ.
\end{cases} \]

Fix β_0, β_1 ∈ Lim(C_γ) with β_0 < β_1. Then β_0 ∈ Lim(C_β_1) and β_1 ∉ E by the choice of the □_κ-sequence and the stationary set E, because we have β_1 ∈ Lim(C_γ). Moreover, if ξ_γ ≤ ζ < δ, then the set c_β_0(ξ) is unbounded in f_β_0(ξ), ξ ≥ ζ, and f_β_0(ξ) < f_β_1(ξ) and c_β_0(ξ) = c_β_0(ξ) ∩ f_β_0(ξ). This shows that c_γ(ξ) is a closed unbounded subset of f_γ(ξ) for all ξ < δ, and c_γ(ξ) ∩ f_β_0(ξ) = c_β_0(ξ) holds for all β ∈ Lim(C_γ) and all ξ ≤ ζ < δ. Moreover, if β_0 ∈ Lim ∩ γ and β_1 ∈ Lim(C_γ) with β_0 < β_1, then there is ξ_γ ≤ ζ < δ with f_β_0(ξ) < f_β_1(ξ) and c_β_0(ξ) = c_β_1(ξ) ∩ f_β_0(ξ) for all ξ ≤ ζ < δ and hence we have f_β_0(ξ) < f_γ(ξ) and c_β_0(ξ) = c_γ(ξ) ∩ f_β_0(ξ) for all ξ ≤ ζ < δ.

Case 4. γ ∈ E.

Fix α < κ^+ with γ = γ_α. Let \{β_ξ | ξ < δ\} be the monotone enumeration of a subset of Lim(C_γ) of order-type δ that is closed unbounded in γ. Given ξ_γ ≤ ζ < δ, we have f_β_0(ξ) < f_γ(ξ) and we can therefore pick a closed unbounded subset C_γ of f_γ(ξ) with min(C_γ) = f_β_0(ξ) and C_γ ≠ h_α(ξ) ∩ [f_β_0(ξ), f_γ(ξ)]. Now, define

\[ c_γ(ξ) = \begin{cases} 
ω, & \text{for all } ξ < ξ_γ. \\
c_β_0(ξ) ∪ C_γ, & \text{for all } ξ ≥ ζ < δ.
\end{cases} \]

Then c_γ(ξ) is a closed unbounded subset of f_γ(ξ) for all ξ < δ and, if ξ_γ ≤ ζ < δ, then c_γ(ξ) ≠ h_α(ξ) ∩ f_γ(ξ). Moreover, if ξ_γ ≤ ζ < δ, then β_ξ ∈ Lim(C_β_ξ), β_ξ ∉ E, ξ > ξ_β, f_β_ξ(ξ) < f_β_ξ(ξ) < f_ξ(ξ) and

\[ c_β_ξ(ξ) = c_β_ξ(ξ) ∩ f_β_ξ(ξ) = f_ξ(ξ) ∩ f_β_ξ(ξ). \]
In particular, this shows that for all \( \beta \in \text{Lim} \cap \gamma \), we have \( f_\beta(\xi) < f_\gamma(\xi) \) and \( c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi) \) for coboundedly many \( \xi < \delta \).

The above construction ensures that \( [c_\gamma]_U \) is a closed unbounded subset of \( [f_\gamma]_U \) for all \( \gamma \in \text{Lim} \cap \kappa^+ \). Moreover, we have \( [c_\beta]_U = [c_\gamma]_U \cap [f_\beta]_U \) for all \( \beta, \gamma \in \text{Lim} \cap \kappa^+ \) with \( \beta < \gamma \). In particular, there is a closed unbounded subset \( C \) of \( \kappa^+ \) with \( C \cap [f_\gamma]_U = [c_\gamma]_U \) for all \( \gamma \in \text{Lim} \cap \kappa^+ \).

**Claim.** The set \( C \) is fresh over \( \text{Ult}(V, U) \).

**Proof of the Claim.** First, if \( \beta < \kappa^+ \), then there is \( \gamma \in \text{Lim} \cap \kappa^+ \) with \( [f_\gamma]_U > \beta \) and

\[
C \cap \beta = (C \cap [f_\gamma]_U) \cap \beta = [c_\gamma]_U \cap \beta \in \text{Ult}(V, U).
\]

Next, assume, towards a contradiction, that \( C \) is an element of \( \text{Ult}(V, U) \). Then there is an \( \alpha < \kappa^+ \) with \( C = [h_\alpha]_U \). Since we have

\[
[h_\alpha]_U \cap [f_\gamma]_U = C \cap [f_\gamma]_U = [c_\gamma]_U,
\]

we know that the set \( \{ \xi < \delta \mid h_\alpha(\xi) \cap f_\gamma(\xi) = c_\gamma(\xi) \} \) is an element of \( U \). In particular, we can find \( \xi \gamma_\alpha \leq \xi < \delta \) with \( h_\alpha(\xi) \cap f_\gamma(\xi) = c_\gamma(\xi) \), contradicting the definition of \( c_\gamma \).

This completes the proof of the theorem. \( \square \)

5. Regular Cardinals in \( \text{Ult}(V, U) \)

We now turn to the construction of fresh subsets of limit ordinals that are not cardinals in \( V \). We first observe that we can restrict ourselves to ordinals that are regular cardinals in the corresponding ultrapower.

**Proposition 5.1.** Let \( U \) be a normal ultrafilter on a measurable cardinal \( \delta \) and let \( \lambda \) be a limit cardinal. If there is an unbounded subset of \( \text{cof}(\lambda)^{\text{Ult}(V, U)} \) that is fresh over \( \text{Ult}(V, U) \), then there is an unbounded subset of \( \lambda \) that is fresh over \( \text{Ult}(V, U) \).

**Proof.** Set \( \lambda_0 = \text{cof}(\lambda)^{\text{Ult}(V, U)} \). Let \( A \) be an unbounded subset of \( \lambda_0 \) that is fresh over \( \text{Ult}(V, U) \) and let \( \langle \gamma_\eta \mid \eta < \lambda_0 \rangle \) be a strictly increasing sequence that is cofinal in \( \lambda \) and an element of \( \text{Ult}(V, U) \). In this situation, the set \( \{ \gamma_\eta \mid \eta \in A \} \) is unbounded in \( \lambda \) and fresh over \( \text{Ult}(V, U) \). \( \square \)

In the proof of the following result, we modify techniques from the proof of Theorem 4.3 to cover the non-cardinal case in Theorem 1.6.

**Theorem 5.2.** Let \( U \) be a normal ultrafilter on a measurable cardinal \( \delta \), let \( \kappa \) be a singular cardinal of cofinality \( \delta \) with the property that \( \mu^\delta < \kappa \) holds for all \( \mu < \kappa \) and let \( \kappa^+ < \lambda < j_U(\kappa) \) be a limit ordinal of cofinality \( \kappa^+ \) that is a regular cardinal in \( \text{Ult}(V, U) \). If there is a \( \square_\kappa \)-sequence, then there is an unbounded subset of \( \lambda \) that is fresh over \( \text{Ult}(V, U) \).

**Proof.** As in the proof of Theorem 4.3, we can apply Lemma 4.1 to find the monotone enumeration \( \langle \kappa_\xi \mid \xi < \delta \rangle \) of a closed unbounded subset of \( \kappa \) of order-type \( \delta \) with the property that \( j_U(\kappa_\xi) = \kappa_\xi \) holds for all \( \xi < \delta \). Then normality implies that \( \kappa_\xi \mapsto [\kappa_\xi]_U = \kappa \) and we can repeat arguments from the first part of the proof of Theorem 4.3 to see that \( [\kappa_\xi]_U = \kappa^+ \). By our assumptions, there is a function \( h \) with domain \( \delta \), \( [h]_U = \lambda \) and the property that \( h(\xi) \) is a regular cardinal in the
interval \((\kappa^+,\kappa)\) for all \(\xi < \delta\). Fix a sequence \((h_\gamma)_{\aleph_0} = \prod_{\xi < \delta} h_\gamma(\xi)\) such that the sequence \((\{h_\gamma(\xi) : \xi < \kappa^+\})\) is strictly increasing and cofinal in \(\lambda\).

Pick a \(\square\)-sequence \(\langle C_\gamma : \gamma \in \text{Lim} \cap \kappa^+ \rangle\) with \(\text{otp}(C_\gamma) < \kappa\) for all \(\gamma \in \text{Lim} \cap \kappa^+\). Given \(\gamma \in \text{Lim} \cap \kappa^+\), we let \(\xi_\gamma\) denote the minimal element of \(\delta\) with \(\kappa^+_\xi > \text{otp}(C_\gamma)\).

We now inductively construct a sequence
\[
(\{f_\gamma : \xi < \kappa^+\})
\]
by setting:
- \(f_0(\xi) = 0\) for all \(\xi < \delta\).
- \(f_{\gamma+1}(\xi) = \max(f_\gamma(\xi), h_\gamma(\xi)) + 1\) for all \(\gamma < \kappa^+\) and \(\xi < \delta\).
- \(f_\gamma(\xi) = \min(\lambda \in \text{Lim} : \lambda > f_\beta(\xi)\text{ for all }\beta \in C_\gamma \\setminus \max(\text{Lim}(C_\gamma)))\).
- \(f_\gamma(\xi) = \sup\{f_\beta(\xi) : \beta \in \text{Lim}(C_\gamma)\}\).

As in the proof of Theorem 5.3 we have the following claim.

Claim. \(\square\)

(i) If \(\beta < \gamma < \kappa^+\), then \(f_\beta(\xi) < f_\gamma(\xi)\) for coboundedly many \(\xi < \delta\).

(ii) If \(\gamma \in \text{Lim} \cap \kappa^+\), then \(f_\gamma(\xi) \in \text{Lim}\) for all \(\xi < \delta\).

(iii) If \(\gamma \in \text{Lim} \cap \kappa^+\), \(\beta \in \text{Lim}(C_\gamma)\) and \(\xi_\gamma \leq \xi < \delta\), then \(f_\beta(\xi) < f_\gamma(\xi)\). \(\square\)

In particular, this shows that the sequence \(\langle f_\gamma : \xi < \kappa^+ \rangle\) is strictly increasing. Since the above definition ensures that \([h_\gamma]_U < [f_{\gamma+1}]_U\) holds for all \(\gamma < \kappa^+\), we also know that this sequence is cofinal in \(\lambda\).

Next, we inductively define a sequence \(\langle c_\gamma : \gamma \in \text{Lim} \cap \kappa^+ \rangle\) of functions with domain \(\delta\) such that the following statements hold for all \(\gamma \in \text{Lim} \cap \kappa^+\):

(a) \(c_\gamma(\xi)\) is a closed unbounded subset of \(f_\gamma(\xi)\) with \(\text{otp}(c_\gamma(\xi)) < \kappa_\xi^+\) for all \(\xi < \delta\).

(b) If \(\beta \in \text{Lim} \cap \gamma\) then \(f_\beta(\xi) < f_\gamma(\xi)\) and \(c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi)\) for coboundedly many \(\xi < \delta\).

(c) If \(\beta \in \text{Lim}(C_\gamma)\) and \(\xi_\gamma \leq \xi < \delta\), then \(c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi)\).

Our inductive construction distinguishes between the following cases:

**Case 1.** \(\gamma \in \text{Lim} \cap \kappa^+\) with \(\text{Lim} \cap \gamma\) bounded in \(\gamma\).

We set \(\beta_0 = 0\) if \(\text{Lim}(C_\gamma) = \emptyset\) and \(\beta_0 = \max(\text{Lim}(C_\gamma))\) otherwise. Moreover, we set \(\beta_1 = 0\) if \(\gamma = \omega\) and \(\beta_1 = \max(\text{Lim} \cap \gamma)\) otherwise. This definition ensures that \(\beta_0 < \beta_1 < \gamma\) and \(f_{\beta_0}(\xi) < f_\gamma(\xi)\) for all \(\xi < \delta\). We can now find \(\xi_\gamma \leq \zeta < \delta\) with the property that \(f_{\beta_0}(\xi) \leq f_\beta(\xi) < f_\gamma(\xi)\) for all \(\xi \leq \xi < \delta\) and, if \(\beta_0 > 0\), then \(c_{\beta_0}(\xi) = c_{\beta_0}(\xi) \cap f_{\beta_0}(\xi)\) for all \(\xi \leq \xi < \delta\). Since the definition of \(f_\gamma\) implies that \(\text{cof}(f_\gamma(\xi)) = \omega\) holds for all \(\xi < \delta\), we can pick a sequence of strictly increasing functions \(\langle k_\xi : \omega \to f_\gamma(\xi) : \xi < \delta\rangle\) with the property that \(k_\xi\) is cofinal in \(f_\gamma(\xi)\) for all \(\xi < \delta\), \(k_\xi(0) = f_{\beta_0}(\xi)\) for all \(\xi < \zeta\), and \(k_\xi(0) = f_{\beta_1}(\xi)\) for all \(\zeta \leq \xi < \delta\). Let

\[
c_\gamma(\xi) = \begin{cases} 
\{k_\xi(n) : n < \omega\}, & \text{for all } \xi < \zeta, \text{ if } \beta_0 = 0. \\
\{k_\xi(n) : n < \omega\} \cup \{k_{\beta_0}(n) : n < \omega\}, & \text{for all } \xi < \zeta, \text{ if } \beta_0 > 0. \\
\{k_{\beta_0}(n) : n < \omega\}, & \text{for all } \zeta \leq \xi < \delta, \text{ if } \beta_1 = 0. \\
\{k_{\beta_1}(n) \cup \{k_\xi(n) : n < \omega\}, & \text{for all } \zeta \leq \xi < \delta, \text{ if } \beta_1 > 0.
\end{cases}
\]
Then $c_\gamma(\xi)$ is a closed unbounded subset of $f_\gamma(\xi)$ of order-type less than $\kappa^+_\xi$ for all $\xi < \delta$ and, if $\beta_0 > 0$, then $c_\gamma(\xi) \cap f_{\beta_0}(\xi) = c_{\beta_0}(\xi)$ for all $\xi < \delta$. In particular, we know that $c_\gamma(\xi) \cap f_\beta(\xi) = c_\beta(\xi)$ for all $\beta \in \text{Lim}(C_\gamma)$ and all $\xi, \eta < \xi < \delta$. Finally, notice that $\beta_1 > 0$ implies that $f_{\beta_1}(\xi) < f_\gamma(\xi)$ and $c_\gamma(\xi) \cap f_{\beta_1}(\xi) = c_{\beta_1}(\xi)$ hold for all $\xi < \eta < \xi < \delta$. This shows that for all $\beta \in \text{Lim} \cap \gamma$, we have $f_\beta(\xi) < f_\gamma(\xi)$ and $c_\beta(\xi) = c_\gamma(\xi) \cap f_\beta(\xi)$ for coboundedly many $\xi < \delta$.

**Case 2.** $\gamma \in \text{Lim} \cap \kappa^+$ with $\text{Lim} \cap \gamma$ unbounded in $\gamma$ and $\text{Lim}(C_\gamma)$ bounded in $\gamma$.

Since the limit points of $C_\gamma$ are bounded in $\gamma$, we have $\text{cof}(\gamma) = \omega$ and we can pick a strictly increasing sequence $\langle \beta_n \mid n < \omega \rangle$ cofinal in $\gamma$ such that $\beta_n \in \text{Lim} \cap \gamma$ for all $0 < \eta < \omega$, $\beta_0 = 0$ in case $\text{Lim}(C_\gamma) = \emptyset$, and $\beta_0 = \max(\text{Lim}(C_\gamma))$ in case $\text{Lim}(C_\gamma) \neq \emptyset$. Fix $\xi_0 \leq \xi < \delta$ such that $f_{\beta_0}(\xi) < f_{\beta_n}(\xi) < f_\gamma(\xi)$ and $c_{\beta_n}(\xi) \cap f_{\beta_n}(\xi) = c_{\beta_0}(\xi)$ for all $\xi \leq \xi < \delta$ and all $n < \omega$, and, if $\beta_0 > 0$, $c_{\beta_1}(\xi) \cap f_{\beta_0}(\xi) = c_{\beta_0}(\xi)$ for all $\xi \leq \xi < \delta$. Then the definition of $f_\gamma$ ensures that $\text{cof}(f_\gamma(\xi)) = \omega$ and $f_{\beta_0}(\xi) < f_\gamma(\xi)$ for all $\xi < \delta$. Moreover, it also directly implies that $f_\gamma(\xi) = \sup\{f_{\beta_0}(\xi) \mid n < \omega \}$ holds for all $\xi < \xi < \delta$. Fix a sequence of strictly increasing functions $\langle k_\xi : \omega \rightarrow f_\gamma(\xi) \mid \xi < \xi \rangle$ such that $k_\xi(0) = f_{\beta_0}(\xi)$ and $k_\xi$ is cofinal in $f_\gamma(\xi)$ for all $\xi < \xi$. Define

$$c_\gamma(\xi) = \begin{cases} \{k_\xi(n) \mid n < \omega\}, & \text{for all } \xi < \xi, \text{ if } \beta_0 = 0. \\ c_{\beta_0}(\xi) \cup \{k_\xi(n) \mid n < \omega\}, & \text{for all } \xi < \xi, \text{ if } \beta_0 > 0. \\ \bigcup \{c_\beta(\xi) \mid 0 < n < \omega\}, & \text{for all } \xi < \xi < \xi, \text{ if } \beta_0 = 0. \\ \bigcup \{c_\beta(\xi) \mid n < \omega\}, & \text{for all } \xi < \xi < \xi, \text{ if } \beta_0 > 0. \end{cases}$$

Given $\xi < \delta$, the set $c_\gamma(\xi)$ is closed and unbounded in $f_\gamma(\xi)$ and the regularity of $\kappa^+_\xi$ implies that $\text{otp}(c_\gamma(\xi)) < \kappa^+_\xi$. Next, $\beta_0 > 0$ implies that $c_\gamma(\xi) \cap f_{\beta_0}(\xi) = c_{\beta_0}(\xi)$ for all $\xi < \delta$, and therefore $c_\gamma(\xi) \cap f_\beta(\xi) = c_\beta(\xi)$ for all $\beta \in \text{Lim}(C_\gamma)$ and all $\xi \leq \xi < \delta$. Finally, we have $f_{\beta_0}(\xi) < f_\gamma(\xi)$ and $c_\gamma(\xi) \cap f_{\beta_0}(\xi) = c_{\beta_0}(\xi)$ for all $\xi < \xi < \delta$, and hence for all $\beta \in \text{Lim} \cap \gamma$, we have $f_{\beta}(\xi) < f_\gamma(\xi)$ and $c_\beta(\xi) \cap f_\beta(\xi) = c_\beta(\xi)$ for coboundedly many $\xi < \delta$.

**Case 3.** $\gamma \in \text{Lim} \cap \kappa^+$ with $\text{Lim}(C_\gamma)$ unbounded in $\gamma$.

Let

$$c_\gamma(\xi) = \begin{cases} \omega, & \text{for all } \xi < \xi. \\ \bigcup \{c_\beta(\xi) \mid \beta \in \text{Lim}(C_\gamma)\}, & \text{for all } \xi < \xi < \delta. \end{cases}$$

Given $\beta_0, \beta_1 \in \text{Lim}(C_\gamma)$ with $\beta_0 < \beta_1$ and $\xi_1 \leq \xi < \delta$, the above definition ensures that $f_{\beta_0}(\xi) < f_{\beta_1}(\xi)$ and $c_{\beta_0}(\xi) = c_{\beta_1}(\xi) \cap f_{\beta_0}(\xi)$. Since we have $f_\gamma(\xi) = \sup\{f_{\beta}(\xi) \mid \beta \in \text{Lim}(C_\gamma)\}$ and $\text{otp}(C_\gamma) < \kappa^+_\xi$ for all $\xi < \xi < \delta$, this shows that $c_\gamma(\xi)$ is a closed unbounded subset of $f_\gamma(\xi)$ of order-type less than $\kappa^+_\xi$ for all $\xi < \delta$, and, if $\beta \in \text{Lim}(C_\gamma)$ and $\xi_1 < \xi < \delta$, then $c_\gamma(\xi) \cap f_\beta(\xi) = c_\beta(\xi)$ holds. Finally, given $\beta_0 \in \text{Lim} \cap \gamma$ and $\beta_0 \in \text{Lim}(C_\gamma)$ with $\beta_0 < \beta_\gamma$, our induction hypothesis yields $\xi_1 \leq \xi < \delta$ with $f_{\beta_0}(\xi) < f_{\beta_1}(\xi)$ and $c_{\beta_0}(\xi) = c_{\beta_1}(\xi) \cap f_{\beta_0}(\xi)$ for all $\xi \leq \xi < \delta$, and this ensures that $f_{\beta_0}(\xi) < f_\gamma(\xi)$ and $c_{\beta_0}(\xi) \cap f_{\beta_0}(\xi)$ for all $\xi < \xi < \delta$. Given $\gamma \in \text{Lim} \cap \kappa^+$, the properties listed above ensure that $[c_\gamma]_U$ is a closed unbounded subset of $[f_\gamma]_U$ of order-type less than $\kappa^+$. Moreover, if $\beta, \gamma \in \text{Lim} \cap \kappa^+$ with $\beta < \gamma$, then $[c_\beta]_U = [c_\gamma]_U \cap [f_\beta]_U$. These observations show that there is a closed unbounded subset $C$ of $\lambda$ with $C \cap [f_\gamma]_U = [c_\gamma]_U$ for all $\gamma \in \text{Lim} \cap \kappa^+$ and this property directly implies that $\text{otp}(C) = \kappa^+ < \lambda$. Since $\lambda$ is a regular cardinal.
Proof of Theorem 1.8. Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$. 

(i) Assume that $\kappa > \delta^+$ is a regular cardinal such that there exists $\theta \in \{\kappa, \kappa^+\}$ with the property that there is a $\square(\theta)$-sequence. The regularity of $\theta$ then implies that $j_U[\theta]$ is cofinal in $j_U(\theta)$ and hence $\text{cof}(j_U(\theta)) = \theta$. Using Theorem 5.2 we now find an unbounded subset of $j_U(\theta)$ that is fresh over $\text{Ult}(V, U)$.

(ii) Now, assume that $\kappa$ is a singular strong limit cardinal of cofinality $\delta$ such that $\kappa^\delta = \kappa^+$ and there exists a $\square_\kappa$-sequence. Set $\theta = \kappa^+$ and $\lambda = (\theta^+)^{\text{Ult}(V, U)}$. Since $|j_U(\kappa)| \leq \kappa^\delta = \theta$ and elementarity implies that $\lambda < j_U(\kappa)$, we have $\lambda < \theta^+$.

Claim. $\text{cof}(\lambda) = \theta$.

Proof of the Claim. As in the proof of Theorem 5.2 we can find a monotone enumeration $\langle \kappa_\xi \mid \xi < \delta \rangle$ of a closed unbounded subset of $\kappa$ of order-type $\delta$ with the property that $[\xi \mapsto \kappa_\xi]_U = \kappa$ and $[\xi \mapsto \kappa_\xi^+]_U = \theta$. Then $[\xi \mapsto \kappa_\xi^+]_U = \lambda$. Assume, towards a contradiction, that $\text{cof}(\lambda) \neq \theta$. Since $\kappa$ is singular and $\lambda < \theta^+$, this show that there is $\xi < \delta$ with $\text{cof}(\lambda) < \kappa_\xi$. Pick a sequence $\langle f_\alpha \mid \alpha < \text{cof}(\lambda) \rangle$ of functions with domain $\delta$ such that $f_\alpha(\xi) < \kappa_\xi^{\alpha^+}$ holds for all $\alpha < \text{cof}(\lambda)$ and all $\xi < \delta$, and the induced sequence $\langle [f_\alpha]_U \mid \alpha < \text{cof}(\lambda) \rangle$ is strictly increasing and cofinal in $\lambda$. By our assumption, there is a function $f$ with domain $\delta$ and the property that $f_\alpha(\xi) < f(\xi) < \kappa_\xi^{\alpha^+}$ holds for all $\alpha < \text{cof}(\lambda)$ and all $\xi < \xi < \delta$. But then we have $[f_\alpha]_U < [f]_U < \lambda$ for all $\alpha < \text{cof}(\lambda)$, a contradiction. \hfill $\square$

Since $\kappa$ is a strong limit cardinal, the above claim now allows us to apply Theorem 5.2 to find an unbounded subset of $\lambda$ that is fresh over $\text{Ult}(V, U)$. \hfill $\square$

6. Ultrapowers of Canonical Inner Models

With the help of the results of the previous sections, we are now ready to prove the main result of this paper.

Proof of Theorem 1.6. Fix a normal ultrafilter $U$ on a measurable cardinal $\delta$ that satisfies the three assumptions listed in the statement of the theorem. By Proposition 1.2 if $\lambda$ is a limit ordinal with the property that the cardinal $\text{cof}(\lambda)$ is either smaller than $\delta^+$ or weakly compact, then no unbounded subset of $\lambda$ is fresh over $\text{Ult}(V, U)$. In the proof of the converse implication, we first consider two special cases.

Claim. If $\kappa$ is a cardinal with the property that the cardinal $\text{cof}(\kappa)$ is greater than $\delta$ and not weakly compact, then there is an unbounded subset of $\kappa$ that is fresh over $\text{Ult}(V, U)$.

Proof of the Claim. We start by noting that, if $\text{cof}(\kappa) = \delta^+$, then the fact that our assumptions imply that $2^\delta = \delta^+$ holds allows us to use Proposition 1.3 find a subset of $\kappa$ with the desired properties. Therefore, in the following, we may assume that $\delta^+ < \text{cof}(\kappa) \leq \kappa$. Let $\nu \leq \kappa$ be minimal with $\nu^\delta \geq \kappa$. By the minimality of $\nu$, we then have $\mu^\delta < \nu$ for all $\mu < \nu$. In particular, the fact that $2^\delta = \delta^+ < \kappa$
Proof of the Subclaim. Let moreover we have \( \text{cof}(\lambda) = \kappa \), directly derive the desired conclusion. Hence, we may assume that \( \kappa > \delta \) and \( \text{cof}(\lambda) = \kappa \). Then Lemma \( \ref{lem:cof(kappa)} \) shows that \( j_U(\kappa) = \kappa \) holds in both cases. Moreover, since \( \text{cof}(\kappa) \) is a regular cardinal greater than \( \delta^+ \) and

\[
j_U(\text{cof}(\kappa)) = \text{cof}(j_U(\kappa))^{\text{Ult}(V, U)} = \text{cof}(\kappa)^{\text{Ult}(V, U)},
\]

the fact that \( \text{cof}(\kappa) \) is not weakly compact allows us to use Theorem \( \ref{thm:cof(kappa)} \) to find an unbounded subset of \( \text{cof}(\kappa)^{\text{Ult}(V, U)} \) that is fresh over \( \text{Ult}(V, U) \). In this situation, we can then apply Proposition \( \ref{prop:cof(kappa)} \) to obtain an unbounded subset of \( \kappa \) that is fresh over \( \text{Ult}(V, U) \).

Finally, assume that \( \text{cof}(\nu) = \delta \) and \( \kappa = \nu^+ \). In this situation, we know that \( \nu \) is a singular cardinal of cofinality \( \delta \) with \( 2^\nu = \nu^+ \) and the property that \( \mu^\delta < \nu \) holds for all \( \mu < \nu \). Since the assumptions of the theorem guarantee the existence of a \( \square_v \)-sequence, we can apply Theorem \( \ref{thm:square_v} \) to find an unbounded subset of \( \kappa \) that is fresh over \( \text{Ult}(V, U) \).

\[ \square \]

Claim. Let \( \lambda \) be a limit ordinal with the property that the cardinal \( \text{cof}(\lambda) \) is greater than \( \delta \) and not weakly compact. If \( \lambda \) is a regular cardinal in \( \text{Ult}(V, U) \), then there is an unbounded subset of \( \lambda \) that is fresh over \( \text{Ult}(V, U) \).

Proof of the Claim. First, if \( \lambda \) is a cardinal, then we can use the above claim to directly derive the desired conclusion. Hence, we may assume that \( \lambda \) is not a cardinal.

Subclaim. There is a cardinal \( \kappa \) of cofinality \( \delta \) such that

\[
\lambda \in (\kappa^+, j_U(\kappa)) \cup \{j_U(\kappa^+)\}
\]

and \( \kappa > \delta \) implies that \( \mu^\delta < \kappa \) for all \( \mu < \kappa \).

Proof of the Subclaim. Let \( \theta = |\lambda| \). Then our assumptions imply that

\[
\delta < \text{cof}(\lambda) \leq \theta < \lambda < \theta^+.
\]

Moreover, we have \( \text{cof}(\theta) \neq \delta \), because otherwise \( \theta \) would be a singular strong limit cardinal of cofinality \( \delta \) and our assumptions would allow us to repeat the argument from the first part of the proof of Theorem \( \ref{thm:square_v} \) to show that \( \theta^+ = (\theta^+)^{\text{Ult}(V, U)} \), contradict our assumption that \( \lambda \) is a cardinal in \( \text{Ult}(V, U) \). In addition, we know that there is some \( \nu < \theta \) satisfying \( \nu^\delta \geq \theta \), because otherwise Lemma \( \ref{lem:cof(kappa)} \) would imply that \( j_U(\theta) = \theta < \lambda < \theta^+ = j_U(\theta^+) = (j_U(\theta^+))^{\text{Ult}(V, U)} \), which again contradicts the assumption that \( \lambda \) is a cardinal in \( \text{Ult}(V, U) \). Let \( \kappa < \theta \) be the minimal cardinal with the property that \( \kappa^\delta \geq \theta \) holds. Then the minimality of \( \kappa \) implies that \( \mu^\delta < \kappa \) holds for all \( \mu < \kappa \).

First, assume that \( \kappa = 2^\delta \). Then \( \delta < \theta \leq 2^\delta = \delta^+ \) and therefore \( \theta = \delta^+ \). Since Lemma \( \ref{lem:cof(kappa)} \) implies that \( j_U(\delta^{++}) = \delta^{++} \), we know that \( j_U(\delta^{++}) = \delta^{++} = \theta^+ > \lambda \) and, as above, we can conclude that \( \lambda \) is not contained in the interval \( (j_U(\delta^+), \delta^{++}) \). Moreover, since our assumptions on \( \lambda \) directly imply that \( \lambda \) is not contained in the interval \( (j_U(\delta), j_U(\delta^+)) \), we can conclude that \( \lambda \) is an element of the set \( (\delta^+, j_U(\delta]) \cup \{j_U(\delta^+)\} \) in this case.

Next, assume that \( \kappa > 2^\delta \). Then our cardinal arithmetic assumptions and the minimality of \( \kappa \) imply that \( \text{cof}(\kappa) \leq \delta \) and \( \theta = \kappa^+ \). But then we already know that \( \text{cof}(\kappa) = \delta \), because otherwise we could apply Lemma \( \ref{lem:cof(kappa)} \) to conclude that \( j_U(\theta) = \delta^+ \).
\(\theta < \lambda \leq \theta^+ = j_U(\theta^+).\) Since our assumptions imply that \((\kappa^+)^\delta = \kappa^+\), Lemma 4.1 implies that \(j_U(\kappa^+) = \kappa^+\) and this shows that \(\lambda\) is not contained in the interval \((j_U(\kappa^+), \kappa^+).\) Since \(\lambda\) is also not contained in the interval \([j_U(\kappa), j_U(\kappa^+)]\), we can conclude that \(\lambda\) is contained in the set \((\kappa^+, j_U(\kappa)] \cup \{j_U(\kappa^+)\}\). \(\square\)

First, assume that \(\kappa = \delta\) holds. By our assumptions, Lemma 4.1 shows that \(\delta^{++} = j_U(\delta^{++}) > j_U(\delta^+).\) Since we know that \(\delta^+ < \lambda \leq j_U(\delta^+)\) and \(\text{cof}(\lambda) > \delta,\) this implies that \(\text{cof}(\lambda) = \delta^+,\) and hence we can use Proposition 1.3 to find an unbounded subset of \(\lambda\) that is fresh over \(\text{Ult}(V, U).\)

Next, assume that \(\kappa > \delta\) and \(\lambda = j_U(\kappa).\) Then
\[
\delta^+ < \text{cof}(\lambda) \leq \text{cof}(\lambda)^{\text{Ult}(V, U)} = j_U(\text{cof}(\kappa)) = j_U(\delta) < \delta^{++}
\]
and we can conclude that \(\text{cof}(\lambda) = \delta^+.\) Another application of Proposition 1.3 now yields the desired subset of \(\lambda.\)

Now, assume that \(\kappa > \delta\) and \(\lambda = j_U(\kappa).\) Then our assumptions ensure the existence of a \(\square(\kappa^+)-\)sequence and therefore we can apply Theorem 5.2 to find an unbounded subset of \(\lambda\) that is fresh over \(\text{Ult}(V, U).\)

Finally, we assume that \(\kappa > \delta\) and \(\kappa^+ < \lambda < j_U(\kappa).\) Then we know that \(\mu^\delta < \kappa\) holds for all \(\mu < \kappa.\)

**Subclaim.** \(\text{cof}(\lambda) = \kappa^+.\)

**Proof of the Subclaim.** Assume, towards a contradiction, that \(\text{cof}(\lambda) \neq \kappa^+.\) Since \(\kappa\) is singular and \(\text{cof}(\lambda) < \lambda < j_U(\kappa) < \kappa^+,\) this implies that \(\text{cof}(\lambda) < \kappa.\) In this situation, we can repeat an argument from the first part of the proof of Theorem 4.3 to find a monotone enumeration \(\langle \kappa^+, \lambda \rangle \) of a closed unbounded subset of \(\kappa\) of order-type \(\delta\) such that \(\kappa_0 < \text{cof}(\lambda), \) \([\xi \mapsto \kappa_\xi]^U = \kappa\) and \([\xi \mapsto \kappa^+]^U = \kappa^+.\)

Fix a function \(f\) with domain \(\delta\) such that \([f]^U = \lambda\) holds and \(f(\xi)\) is a regular cardinal in the interval \((\kappa^+, \kappa)\) for all \(\xi < \delta.\) Pick a sequence \(\langle \alpha < \kappa^+, \lambda \rangle \) of functions with domain \(\delta\) such that \(f_\alpha(\xi) < f(\xi)\) holds for all \(\alpha < \text{cof}(\lambda)\) and all \(\xi < \delta,\) and the induced sequence \(\langle [f_\alpha]^U | \alpha < \text{cof}(\lambda) \rangle\) is strictly increasing and cofinal in \(\lambda.\)

Given \(\xi < \delta,\) the fact that \(f(\xi)\) is a regular cardinal greater than \(\text{cof}(\lambda)\) then yields an ordinal \(\gamma_\xi < f(\xi)\) with \(f_\alpha(\xi) \leq \gamma_\xi\) for all \(\alpha < \text{cof}(\lambda).\) But then \([f_\alpha]^U < [\xi \mapsto \gamma_\xi]^U < \lambda\) for all \(\alpha < \text{cof}(\lambda),\) a contradiction. \(\square\)

By the above computations, we now know that \(\kappa\) is a singular cardinal of cofinality \(\delta\) with the property that \(\mu^\delta < \kappa\) holds for all \(\mu < \kappa,\) and \(\lambda\) is a limit ordinal of cofinality \(\kappa^+\) with \(\kappa^+ < \lambda < j_U(\kappa)\) that is a regular cardinal in \(\text{Ult}(V, U).\) Since our assumptions guarantee the existence of a \(\square(\kappa)-\)sequence, we can use Theorem 5.2 to show that there also exists an unbounded subset of \(\lambda\) that is fresh over \(\text{Ult}(V, U)\) in this case. \(\square\)

To conclude the proof of the theorem, fix a limit ordinal \(\lambda\) with the property that the cardinal \(\text{cof}(\lambda)\) is greater than \(\delta\) and not weakly compact. Set \(\lambda_0 = \text{cof}(\lambda)^{\text{Ult}(V, U)}.\) By 10 Lemma 3.7.(ii), we then have \(\text{cof}(\lambda_0) = \text{cof}(\lambda).\) Hence, we can use the previous claim to find an unbounded subset of \(\lambda_0\) that is fresh over \(\text{Ult}(V, U).\) Using Proposition 5.1 we can conclude that there is an unbounded subset of \(\lambda\) that is fresh over \(\text{Ult}(V, U).\) \(\square\)

We end this section by using famous results of Schimmerling and Zeman to show that, in canonical inner models, the assumptions of Theorem 1.6 are satisfied for all measurable cardinals.
Proof of Theorem 1.7. We argue that Jensen-style extender models without subcompact cardinals satisfy the statements (a), (b) and (c) listed in Theorem 1.6. First, notice that the GCH holds in all of these models and hence statement (a) is satisfied. Next, recall that [25] Theorem 15 shows that, in Jensen-style extender models without subcompact cardinals, a \( \square \) sequence exists if and only if \( \nu \) is not a subcompact cardinal. In particular, we know that, in Jensen-style extender models without subcompact cardinals, \( \square(\nu^+) \)-sequences exist for all infinite cardinals \( \nu \). Since [25] Theorem 0.1 yields the existence of \( \square(\kappa) \)-sequences for inaccessible cardinals \( \kappa \) in the relevant models, we can conclude that statement (b) holds in these models. Finally, the validity of statement (c) in Jensen-style extender models without subcompact cardinals again follows from [25] Theorem 15.

7. Consistency strength

We end this paper by establishing the equiconsistency stated in Theorem 1.10. We start by showing that the existence of a weakly compact cardinal above a measurable cardinal is a lower bound for the consistency of the corresponding statement.

Theorem 7.1. Assume that there is no inner model with a weakly compact cardinal above a measurable cardinal. If \( U \) is a normal ultrafilter on a measurable cardinal \( \delta \), then there is an unbounded subset of \( \delta^{++} \) that is fresh over \( \text{Ult}(V, U) \).

Proof. By our assumptions, we can use the results of [6] to show that \( 2^\delta = \delta^+ \) holds. Set \( \kappa = \delta^{++} \). Then our assumptions imply that \( \kappa \) is not weakly compact in \( L[U] \). In this situation, we can construct a tail of a \( \square(\kappa) \)-sequence \( \langle C_\nu \mid \xi < \nu < \kappa, \nu \in \text{Lim} \rangle \) in \( L[U] \) above some ordinal \( \xi > \delta^+ \) with \( \xi < \kappa \), using the argument in [11] Section 6 for \( L \). A consequence of this proof, published by Todorčević in [25] 1.10, but probably first noticed by Jensen (see [23] Theorem 2.5) for a modern account, is that the sequence \( \langle C_\nu \mid \xi < \nu < \kappa, \nu \in \text{Lim} \rangle \) remains a tail of a \( \square(\kappa) \)-sequence in \( V \). We can now easily extend this sequence to a \( \square(\kappa) \)-sequence \( \langle C_\nu \mid \nu \in \text{Lim} \cap \kappa \rangle \) in \( V \). Since \( 2^\delta = \delta^+ \) holds, Lemma 7.1 shows that \( j_U(\kappa) = \kappa \) and hence we can use Theorem 3.2 to find an unbounded subset of \( \kappa \) that is fresh over \( \text{Ult}(V, U) \).

We now use forcing to show that the above large cardinal assumption is also an upper bound for the consistency strength of the non-existence of fresh subsets at the double successor of a measurable cardinal. The following lemma is a reformulation and slight strengthening of [21] Lemma 3.5. The notion of \( \lambda \)-strategically closed partial orders and the corresponding game \( G_\lambda(\mathbb{P}) \) are introduced in [3] Definition 5.15.

Lemma 7.2. Let \( U \) be a normal ultrafilter on a measurable cardinal \( \delta \), let \( \lambda \) be a limit ordinal with \( \text{cof}(\lambda) > \delta \) and let \( A \) be an unbounded subset of \( \lambda \) that is fresh over \( \text{Ult}(V, U) \). If \( \mathbb{P} \) is a \( (\delta + 1) \)-strategically closed partial order, then

\[ \mathbb{P} \not\Vdash \text{"} \hat{A} \notin \text{Ult}(V, \hat{U}) \text{"} \].

Proof. Assume, towards a contradiction, that there is a condition \( p \) in \( \mathbb{P} \) and a \( \mathbb{P} \)-name \( \dot{f} \) for a function with domain \( \delta \) with the property that, whenever \( G \) is \( \mathbb{P} \)-generic over \( V \) with \( p \in G \), then \( [\dot{f}^G]_U = A \) holds in \( V[G] \). As \( \mathbb{P} \) is \( (\delta + 1) \)-strategically closed, there is a condition \( p_1 \) in \( \mathbb{P} \) below \( p \) and a subset \( X \) of \( \delta \) with the property that, whenever \( G \) is \( \mathbb{P} \)-generic over \( V \) with \( p_1 \in G \), then \( X = \{ \xi < \delta \mid \dot{f}^G(\xi) \in V \} \).

\footnote{Schimmerling’s and Zeman’s notion of Jensen core model in [25] agrees with our notion of Jensen-style extender model.}
Claim. If $\xi \in \delta \setminus X$ and $q \leq_p p_1$, then there is $\gamma < \lambda$ and conditions $r_0$ and $r_1$ in $\mathbb{P}$ below $q$ such that $r_0 \forces \langle \delta + 1 \rangle$ and $r_1 \forces \langle \delta \rangle$. Proof of the Claim. If such a pair of conditions does not exist, then it is easy to check that the condition $q$ forces $\bar{f}(\xi)$ to be equal to the set

$$\{ \gamma < \lambda \mid \exists r \leq_p q \ r \forces \langle \delta \rangle \},$$

contradicting our assumption that $\xi$ is not an element of $X$.

Claim. $X \in U$.

Proof of the Claim. Assume, towards a contradiction, that $X$ is not an element of $U$. Fix a winning strategy $\sigma$ for Player Even in the game $G_{\delta+1}(\mathbb{P})$, some sufficiently large regular cardinal $\theta$ and an elementary submodel $M$ of $\text{H}(\theta)$ of cardinality $\delta$ satisfying $(\delta + 1) \cup \{ \lambda, \sigma, \bar{f}, p_1, A, U, X, \mathbb{P} \} \subseteq M$ and $\mathcal{P} M \subseteq M$. We define $\eta = \text{sup}(\lambda \cap M) < \lambda$ and fix a function $h$ with domain $\delta$ such that $[h]_U = A \cap \eta$.

Note that, given a partial run of $G_{\delta+1}(\mathbb{P})$ of even length less than $\delta$ that consists of conditions in $M$ and was played according to $\sigma$ by Player Even, the given sequence is an element of $M$ and Player Even responds to it with a move in $M$. Therefore, if $\tau$ is a strategy for Player Odd in $G_{\delta+1}(\mathbb{P})$ that answers to sequences of conditions in $M$ by playing a condition in $M$ and $(p_\xi \mid \xi \leq \delta)$ is a run of $G_{\delta+1}(\mathbb{P})$ played according to $\sigma$ and $\tau$, then $p_\xi \in M$ for all $\xi < \delta$. Moreover, the previous claim allows us to use elementarity to show for every $\xi \in \delta \setminus X$ and every condition $q \in M \cap \mathbb{P}$ with $q \leq_p p_1$, there is $\gamma \in M \cap \lambda$ and a condition $r \in M \cap \mathbb{P}$ with $r \leq_p q$ and

$$\gamma \in h(\xi) \iff r \forces \langle \delta \rangle \iff \neg(r \forces \langle \delta \rangle).$$

Now, pick a strategy $\tau$ for Player Odd in $G_{\delta+1}(\mathbb{P})$ with the following properties:

- $\tau$ plays the condition $p_1$ in move 1.
- Given $\xi \in X$, if Player Even played a condition $q \in M \cap \mathbb{P}$ in move $(2+2 \cdot \xi)$, then $\tau$ responds by also playing the condition $q$ in the next move.
- Given $\xi \in \delta \setminus X$, if Player Even played a condition $q \in M \cap \mathbb{P}$ in move $(2+2 \cdot \xi)$, then $\tau$ responds by playing a condition $r \in M \cap \mathbb{P}$ with $r \leq_p q$ such that the equivalences of (1) hold true for some $\gamma \in M \cap \lambda$.

Let $(p_\xi \mid \xi \leq \delta)$ be the run of $G_{\delta+1}(\mathbb{P})$ played according to $\sigma$ and $\tau$. By the above remarks, we then have $p_\xi \in M$ for all $\xi < \delta$. In particular, for every $\xi \in \delta \setminus X$, there exists $\gamma_\xi < \lambda$ with

$$\gamma_\xi \in h(\xi) \iff p_\delta \forces \langle \delta \rangle \iff \neg(p_\delta \forces \langle \delta \rangle).$$

Let $G$ be $\mathbb{P}$-generic over $V$ with $p_\delta \in G$. Then the closure properties of $\mathbb{P}$ imply that $[h]_U = A \cap \eta$ holds in $V[G]$. Since $A = [\bar{f}]_U$ holds in $V[G]$, we know that the set

$$Y = \{ \xi < \delta \mid h(\xi) \text{ is an initial segment of } \bar{f}(\xi) \}$$

is an element of $U$. But then there is some $\xi \in Y \setminus X = Y \cap (\delta \setminus X)$ and our construction ensures that the ordinal $\gamma_\xi$ is contained in the symmetric difference of $h(\xi)$ and $\bar{f}(\xi)$, a contradiction.

Now, let $G$ be $\mathbb{P}$-generic over $V$ with $p_1 \in G$. By the previous claim and the closure properties of $\mathbb{P}$, we can find a function $f$ with domain $\delta$ in $V$ such that $[f]_U = [\bar{f}]_U = A$ holds in $V[G]$. Since forcing with $\mathbb{P}$ adds no new functions from $\delta$ to the ordinals, we can conclude that $[f]_U = A$ also holds in $V$, a contradiction as $A$ was chosen to be fresh over $\text{Ult}(V,U)$. □
Theorem 7.3. Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$, let $\mu > \delta$ be a regular cardinal, let $W$ be an inner model containing $U$ and let $\kappa > \mu$ be weakly compact in $W$. If $V$ is a $\Col(\mu, \kappa)$-$\mathcal{W}$-generic extension of $W$, then no unbounded subset of $\kappa$ is fresh over $\Ult(V, U)$.

Proof. Assume, towards a contradiction, that there is an unbounded subset $A$ of $\kappa$ that is fresh over $\Ult(V, U)$. Note that, in $V$, our assumptions imply that $\mu^\delta = \mu$ and hence Lemma 4.1 implies that $j_U(\kappa) = \kappa$. In particular, for every $\gamma < \kappa$, there is a function $f \in H(\kappa)$ with domain $\delta$ and $[f]_U = \gamma$. By our assumptions, there exists $G \Col(\mu, \kappa)^W$-generic over $W$ with $V = W[G]$ and hence we know that $^{<\mu}W \subseteq W$. Moreover, since $\Col(\mu, \kappa)$ satisfies the $\kappa$-chain condition in $W$, there exist $\Col(\mu, \kappa)$-nice names $A$ and $F$ in $W$ such that $A^G = A$ and $F^G$ is a function with domain $\kappa$ and the property that for all $\gamma < \kappa$, the set $F^G(\gamma) : \delta \rightarrow H(\kappa) \cap P(\kappa)$ is a function with $[F^G(\gamma)]_U = A \cap \gamma$.

Work in $W$ and pick an elementary submodel $M$ of $H(\kappa^+)$ of cardinality $\kappa$ such that $^{<\kappa}M \subseteq M$ and $(\kappa + 1) \cup \{A, F, U\} \subseteq M$. In this situation, the weak compactness of $\kappa$ yields a transitive set $N$ with $^{<\kappa}N \subseteq N$ and an elementary embedding $j : M \rightarrow N$ with critical point $\kappa$ (see [12, Theorem 1.3]).

Now, let $H_0$ be $\Col(\mu, [\kappa, j(\kappa)])$-generic over $V$. Then there is $H \in V[H_0]$ that is $\Col(\mu, j(\kappa))$-generic over $W$ with $V[H_0] = W[H]$ and $G \subseteq H$. In this situation, standard arguments (see [3, Proposition 9.1]) allow us to find an elementary embedding $j_* : M[G] \rightarrow N[H]$ with $j_* \upharpoonright M = j$. Set $f = j_*(F^G)(\kappa)$. For any $\gamma < \gamma' < \kappa$,

$$\{\xi < \delta \mid F^G(\gamma)(\xi) \text{ is an initial segment of } F^G(\gamma')(\xi)\} \in U.$$  

So, given $\gamma < \kappa$, elementarity implies that the set

$$\{\xi < \delta \mid F^G(\gamma)(\xi) \text{ is an initial segment of } f(\xi)\}$$

is an element of $U$ since $j_*(F^G(\gamma)) = F^G(\gamma)$. But this implies that $A$ is an initial segment of $[f]_U$ in $V[H_0]$ and hence $A$ is not fresh over $\Ult(V, U)$ in $V[H_0]$, contradicting Lemma 7.2.

8. Open Questions

We end this paper by stating two questions raised by the above results.

Our first question is motivated by the fact that, in contrast to the proof of Theorem 5.2, our proof of Theorem 4.3 heavily makes use of the assumption that the GCH holds at the given singular cardinal. Therefore, it is not possible to use Theorem 4.3 to derive additional consistency strength from the existence of a normal ultrafilter $U$ on a measurable cardinal $\delta$ and a singular cardinal $\kappa$ of cofinality $\delta$ with the property that no unbounded subset of $\kappa^+$ is fresh over $\Ult(V, U)$, because the existence of a cardinal $\delta < \mu < \kappa$ with $2^\mu > \kappa^+$ might prevent us from applying Theorem 4.3 and this constellation can be realized by forcing over a model containing a measurable cardinal. In contrast, if it were possible to remove the GCH assumption from Theorem 4.3, then this would show that the above hypothesis implies that at least one of the following statements holds true:

- The GCH fails at a measurable cardinal.
The SCH fails.
There exists a countably closed singular cardinal $\kappa$ with the property that there are no $\square_\kappa$-sequences.

Note that a combination of the main result of [6], [7, Theorem 1.4] and [24, Corollary 6] shows that the disjunction of the above statements implies the existence of a measurable cardinal $\kappa$ with $o(\kappa) = \kappa^{++}$ in an inner model. These considerations motivate the following question:

**Question 8.1.** Let $U$ be a normal ultrafilter on a measurable cardinal $\delta$ and let $\kappa$ be a singular cardinal of cofinality $\delta$ such that $\lambda^\delta < \kappa$ holds for all $\lambda < \kappa$. Assume that there exists a $\square_\kappa$-sequence. Is there an unbounded subset of $\kappa^{+}$ that is fresh over $\text{Ult}(V, U)$?

Our second question addresses the fact that, in the models of set theory studied in Theorems 1.4 and 1.7, the existence of fresh subsets only depends on the corresponding measurable cardinal and the cofinality of the given limit ordinal, but not on the specific normal ultrafilter used in the construction of the ultrapower. Therefore, it is natural to ask whether this is always the case.

**Question 8.2.** Is it consistent there there exist normal ultrafilters $U_0$ and $U_1$ on a measurable cardinal $\delta$ such that there is a limit ordinal $\lambda$ with the property that no unbounded subset of $\lambda$ is fresh over $\text{Ult}(V, U_0)$ and there exists an unbounded subset of $\lambda$ that is fresh over $\text{Ult}(V, U_1)$?

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