Quantitative Analysis of Microperfusion in Contrast-Induced Nephropathy Using Contrast-Enhanced Ultrasound: An Animal Study

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Objective: To investigate imaging biomarkers of microperfusion in contrast-induced nephropathy (CIN) using contrast-enhanced ultrasound (CEUS).

Materials and Methods: The CIN model was fabricated by administering indomethacin (10 mg/kg), L-NAME (15 mg/kg), and iopamidol (10 mL/kg) to Sprague-Dawley rats. After 24 hours, CEUS was performed on CIN (n = 6) and control (n = 6) rats with sulphur hexafluoride microbubbles (SonoVue). From time-intensity curves obtained from the kidney arriving time (AT), acceleration time (AC), time to peak (TTP), and peak enhancement (PE) were measured and compared between the groups. After CEUS, the rats were sacrificed, and cell apoptosis markers were evaluated to confirm the development of CIN.

Results: Among CEUS parameters, AT (7.8 ± 1.6 vs. 4.2 ± 0.5 s, \( p = 0.002 \)), AC (4.7 ± 1.4 vs. 2.0 ± 0.4 s, \( p = 0.002 \)), and TTP (12.5 ± 2.9 vs. 6.2 ± 0.6 s, \( p = 0.002 \)) were significantly prolonged in the CIN group compared to controls. PE was significantly higher in the control group than in the CIN group (17.1 ± 1.9 vs. 12.2 ± 2.0 dB, \( p = 0.004 \)). In kidney tissue, mRNA and protein levels of the apoptotic markers were significantly higher in the CIN group than in the control group (\( p = 0.003 \) and \( p = 0.002 \)).

Conclusion: CEUS parameters can be used as imaging biomarkers for microperfusion in CIN. In rats with CIN, AT, AC, and TTP were significantly prolonged, while PE was significantly lower compared to controls.

Keywords: Contrast media; Acute kidney injury; Perfusion; Contrast-enhanced ultrasonography; Animal experimentation

INTRODUCTION

Contrast-induced nephropathy (CIN) is the acute impairment of renal function caused by the injection of iodinated contrast agents [1,2]. It is the major cause of iatrogenic renal failure during hospitalization. In most patients with CIN, there is a mild and transient decrease in renal function. However, although rare, CIN can cause serious chronic renal dysfunction requiring renal replacement therapy [3-7]. Moreover, it is known to increase the duration of hospital stay and long-term morbidity and mortality, particularly in patients with pre-existing chronic renal dysfunction or diabetes [3-6]. Therefore, there is growing interest in finding ways to reduce CIN by understanding its pathophysiology and developing relevant biomarkers.

Although the pathophysiology of CIN is complex and has not been clearly understood, hemodynamic changes, including renal vasoconstriction, are thought to be the primary factors contributing to CIN [8,9]. Prolonged renal vasoconstriction results in decreased renal blood flow and glomerular filtration rate [1,8]. Considering these hemodynamic alterations, several studies have shown that the magnetic resonance imaging (MRI) techniques that reflect tissue perfusion, such as intravoxel incoherent
motion (IVIM) or arterial spin labeling (ASL), might be useful for understanding the pathophysiology of CIN [10,11]. However, the clinical application of functional MRI, including IVIM, is limited because of the lack of standardized sequences, post-processing software, and limited accessibility.

Contrast-enhanced ultrasound (CEUS) enables continuous real-time imaging of vascular perfusion [12-14]. Ultrasound contrast agents are composed of gas microbubbles surrounded by a shell [13, 15]. As the rheology and size of these contrast agents are similar to those of red blood cells, they can function as red blood cell tracers, allowing for perfusion analyses in various organs [16, 17]. Moreover, CEUS has the advantages of wide accessibility, renal safety of contrast agents, high tolerance, and lack of radiation exposure [18]. The quantification of renal perfusion using CEUS could be valuable for understanding the pathophysiology underlying renal disease processes, including CIN, because decreased renal perfusion usually precedes the impairment of renal function [19]. However, to our knowledge, there have been no reports using CEUS to evaluate CIN. Therefore, this study was aimed at investigating potential imaging biomarkers of microperfusion in CIN using CEUS in an animal model.

MATERIALS AND METHODS

Animal Experiments

Twelve male Sprague-Dawley rats ( OrientBio), approximately 1–2 months old and weighing 220–250 g, that had been housed in an animal laboratory were used. All experimental procedures were approved by the Department of Laboratory Animal Resources and Ethical Committee for animal studies. All animals were housed in a plastic cage while being allowed access to food and water and maintained in a 12-hours light and 12-hours dark cycle with 50 ± 100% humidity and 22°C ± 2°C temperature before the experiment. The CIN model was developed after 16–24-hours water restriction, followed by intraperitoneal injections of 10 mg/kg indomethacin (Sigma-Aldrich) and 15 mg/kg L-NAME (Cayman Chemical). After 15 minutes, 10 mL/kg iopamidol (Pamiray 370, Dongkuk Pharm.) was injected intravenously. In addition to contrast agents, pretreatment with indomethacin and L-NAME, which inhibit vasodilatation, has been recommended to develop a reliable CIN rat model [20,21]. Rats were housed again with free access to water. After 24 hours, CEUS was performed. Finally, rats were euthanized, and blood and kidney tissues were harvested. To confirm the development of CIN, serum creatinine and blood urea nitrogen were measured using the Cobas C502 (Roche) chemistry analyzer.

Contrast-Enhanced Ultrasound

CIN (n = 6) and control (n = 6) rats underwent CEUS using an ultrasound scanner (Logiq E9, GE Healthcare) with a 12.5-MHz linear probe. During US examinations, rats were anesthetized with a mixture of tiletamine-zolazepam (Zoletil 50, Virbac Laboratories; 30 mg/kg) and xylazine (Rompun, Bayer Korea; 10 mg/kg), administered as an intraperitoneal injection. Before the contrast injection, native B-mode imaging was performed for both kidneys to select the kidney with a better sonic window for CEUS. Subsequently, rats were injected with 0.6 mL of sulphur hexafluoride microbubbles (SonoVue; Bracco SpA) in the tail vein using an infusion pump (Terufusion, Terumo) at a rate of 5 mL/min. Renal CEUS was performed with a low mechanical index (0.08), and CEUS scans were acquired for 5 minutes after the contrast injection (Fig. 1). Scans were analyzed using software (QLAB, Philips Healthcare) dedicated for CEUS analyses. Two board-certified abdominal radiologists independently performed the CEUS analysis to calculate the interobserver agreement. After more than 1 month, a radiologist analyzed the CEUS scans again to calculate the intra-observer agreement. Three regions of interest (ROIs) were manually drawn in the kidney to include the cortex and outer medulla, and a time-intensity curve (TIC) was obtained (Fig. 1). TIC parameters, including the arriving time (AT), acceleration time (AC), time to peak (TTP), and peak enhancement (PE), were measured, and the mean value of the three ROIs was compared between the two groups. Each parameter was defined as follows (Fig. 2): AT, interval from the contrast injection to the beginning of enhancement; AC, interval from the beginning of enhancement to PE; TTP, interval from the contrast injection to PE; and PE, maximal signal intensity measured in the selected ROI.

Histological Examination and Immunohistochemistry of the Kidneys

Kidney specimens were fixed in 10% neutral buffered formalin (Biosesang) for 24 hours, and paraffin blocks were made according to the previously published standard methods [22]. Paraffin blocks were then cut into 4-μm sections, and paraffin-embedded tissues were
de-paraffinized by changes in xylene and rehydrated in decreasing concentrations of ethanol (100%, 95%, 80%, and 70%). The sections were then stained with hematoxylin and eosin (Gill III, Merck) using an automatic strainer (Leica). For the immunohistochemistry staining of cleaved caspase-3, paraffin block sections were immersed in methanol (Duksan) with 0.3% H₂O₂ for 10 minutes at room temperature to quench endogenous peroxidase activity. Subsequently, they were washed twice with Tris-buffered saline and blocked with 5% bovine serum albumin in phosphate-buffered saline. After adding the cleaved caspase-3 antibody (1:1000 dilution, #9664, Cell Signaling Technologies) as the primary antibody for 1 hour at room temperature, they were washed twice with Tris-buffered saline and supplied with biotinylated goat-anti-rabbit IgG-HRP (1:10000 dilution, #K4003 from DAKO, Glostrup) as the secondary antibody. The stained slides were observed with fluorescent microscopy (IX71/DP71, Olympus).

Transmission Electron Microscopy

The kidney tissue morphology was examined with transmission electron microscopy (TEM). The tissues were fixed overnight in 0.1 M phosphate buffer (pH 7.4) containing 2% glutaraldehyde, 2% paraformaldehyde, and 0.5% CaCl₂. The samples were washed twice with 0.1 M phosphate buffer for 30 minutes and then fixed for 2 hours with 1% OsO₄, dissolved in 0.1 M phosphate buffer, followed by dehydration through a series of ethanol concentrations (50–100% with increments of 10%), allocating 10 minutes for each concentration. Specimens were embedded with the Poly/Bed812 kit (Polysciences, Inc.) and polymerized at 65°C in an electron micro-oven (TD-700, DOSAKA) for 24 hours. The block was cut using an ultramicrotome (LEICA EM UC-7, Leica Microsystems) and observed with TEM (JEM-1011, JEOL) at an acceleration voltage of 80 kV [23].

RNA Extraction and Quantitative Real-Time Polymerase Chain Reaction

Total RNA was isolated with a commercial kit (Hybrid-R kit 305-101, GeneAll Biotechnology), and 1 µg of total RNA was reverse transcribed with the amfiRivert cDNA synthesis kit (GenDEPOT) according to the manufacturer's instructions. The expression levels of Bax, Bcl-2, neutrophil gelatinase-
associated lipocalin (NGAL), and interleukin 18 (IL-18) were determined with real-time polymerase chain reaction (RT-PCR) using the SYBR-Green reagent (GenDEPOT) and normalized to β-actin. Bax and Bcl-2 are apoptosis-related genes, while NGAL and IL-18 are biomarkers of acute kidney injury [24,25]. For Bax/Bcl2 expression levels, the relative ratio was calculated by dividing the separately calculated ratio (Bax/β-actin) by (Bcl2/β-actin). All PCR reactions were conducted in duplicate, and threshold cycle (Ct) values were analyzed with the 2^−ΔΔCt methods.

**Western Blot Analysis**

The Western blot analysis was performed using the previously described method [23]. In summary, kidney tissue was homogenized and lysed in a pre-prep extraction solution (iNtRON Biotechnologist), followed by protein quantitation with the Bradford method. Lysates were fractioned on 15% sodium dodecyl sulfate-polyacrylamide gels and transferred to polyvinylidene difluoride membranes. The membrane was incubated overnight at 4°C with primary antibodies against Bax 1:1000 dilution, #2772 (Cell Signaling Technologies), Bcl-2 1:1000 dilution, #ab59348 (Abcam), and β-actin 1:10000 dilution, #LF-PA0207 (AbFrontier), used as the loading controls. After the membrane was washed thrice in 1X Tris-Buffered Saline with Tween (TBS-T) for 15 minutes each, it was incubated with HRP-conjugated secondary antibodies (goat anti-rabbit IgG-HRP, 1:10000 dilution, #SA002-500 from GenDepot) for 1 hour at room temperature. Subsequently, the membrane was washed thrice in 1X TBS-T for 15 minutes again. The blotted membrane was visualized with enhanced chemiluminescence reagents (GenDEPOT) and exposed to an X-ray film. The results were normalized to the β-actin loading control, and band density was measured using Image J software (NIH; online at https://imagej.nih.gov/ij/).

**Statistical Analysis**

All results are expressed as mean ± standard deviation. The mean values of the rat body weight, kidney function analysis, CEUS data, and histopathological parameters were compared between the control and CIN groups using the non-parametric Mann-Whitney U test. The inter- and intra-observer agreements for CEUS parameters were calculated using the intraclass correlation coefficients (ICCs). ICC values ≥ 0.75, 0.60–0.74, 0.40–0.59, and < 0.40 represent excellent, good, fair, and poor agreements, respectively. Correlations between serum creatinine and CEUS parameters were evaluated by Spearman’s rank correlation analysis. Statistical analyses were performed using Prism 8.3.0 (Graphpad) and SPSS v25.0 software (IBM Corp.). All p values were two-sided, and p values < 0.05 were considered statistically significant.

**RESULTS**

**Kidney Function Analysis**

There was no statistical difference in the rat body weight between the control (292.9 ± 13.4 g) and CIN (295.4 ± 24.2 g; p = 0.818) groups. The levels of blood urea nitrogen (13.5 ± 2.0 vs. 171.2 ± 45.4 mg/dL, p = 0.002) and creatinine (0.3 ± 0.0 vs. 1.6 ± 0.5 mg/dL, p = 0.002) were higher in the CIN group than in the control group.

**CEUS Parameters**

Table 1 summarizes the parameters of renal perfusion, and Figure 3 shows the representative TICs of both groups. AT and AC were significantly prolonged in the CIN group than in the control group (7.8 ± 1.6 vs. 4.2 ± 0.5 s, p = 0.002 for AT; and 4.7 ± 1.4 vs. 2.0 ± 0.4 s, p = 0.002 for AC). TTP also significantly increased in the CIN group (12.5 ± 2.9 s) than in the control group (6.2 ± 0.6 s, p = 0.002). PE was significantly higher in the control group than in the CIN group (17.1 ± 1.9 vs. 12.2 ± 2.0 dB, p = 0.004). For the CEUS analysis, the inter-observer agreement was good to excellent (ICC, 0.726–0.991), and intra-observer agreement was excellent (ICC, 0.902–0.995) (Table 2).

All CEUS parameters significantly correlated with serum creatinine levels. AT (p = 0.886, p < 0.001), AC (p = 0.829, p = 0.001), and TTP (p = 0.850, p < 0.001) positively correlated with serum creatinine, whereas PE negatively correlated with serum creatinine (p = -0.722, p = 0.008).

**Histological Morphology of the Kidneys**

Figure 4 shows the histological findings of the control and CIN groups. With the hematoxylin and eosin staining, there was no obvious change in the tubule and glomerulus

| Table 1. Contrast-Enhanced Ultrasound Parameters |
|-----------------------------------------------|
| Parameters | Control (n = 6) | CIN (n = 6) | P     |
| AT (sec)   | 4.2 ± 0.5      | 7.8 ± 1.6   | 0.002 |
| AC (sec)   | 2.0 ± 0.4      | 4.7 ± 1.4   | 0.002 |
| TTP (sec)  | 6.2 ± 0.6      | 12.5 ± 2.9  | 0.002 |
| PE (dB)    | 17.1 ± 1.9     | 12.2 ± 2.0  | 0.004 |

AC = acceleration time, AT = arriving time, CIN = contrast-induced nephropathy, PE = peak enhancement, TTP = time to peak
between the two groups (Fig. 4). With TEM, there were more cytoplasmic vacuoles and greater mitochondrial expansion in the tubular cells of the CIN group than in the control group (Fig. 4). Immunohistochemistry staining for cleaved caspase-3 showed apoptotic cells in the CIN group (Fig. 5).

### Gene Expression of Kidney Injury Markers

To investigate the expression of kidney injury markers, the mRNA expression levels of NGAL and IL-18 were compared between the control and CIN groups with RT-PCR. The expression levels of NGAL and IL-18 significantly increased in the CIN group compared to controls ($p < 0.001$ and $p = 0.003$, respectively) (Table 3, Fig. 6).

### Apoptosis-Related Gene Expression

To determine the exposure effect of contrast agents on apoptosis, mRNA and protein expression levels of the apoptosis markers (Bax, Bcl-2) were assessed. The expression levels of mRNA and protein (Bax/Bcl-2) significantly increased in the CIN group compared to controls ($p = 0.003$ and $p = 0.002$, respectively) (Table 3, Fig. 7).

### DISCUSSION

This study showed that hemodynamic alterations in CIN were evident on CEUS performed 24 hours after a contrast agent was injected. CEUS parameters, including AT, AC, and TTP, increased significantly in the CIN group compared to controls, whereas PE was significantly lower in the CIN group compared to controls. In addition, all CEUS parameters evaluated in our study revealed significant correlation with serum creatinine. This result indicates...
that changes in CEUS parameters may reflect clinical renal dysfunction in CIN.

Although the pathophysiology of CIN is not well established, changes in vascular dynamics are a primary cause of acute tubular necrosis in CIN [8]. Prolonged renal vascular constriction results in increased renal vascular resistance, decreased renal blood flow, and decreased glomerular filtration rate, which make the outer medulla susceptible to necrosis [1,26]. Several imaging modalities have been used to evaluate renal vascular perfusion. CEUS is a competing technique that enables noninvasive and real-time assessment of perfusion [13,27]. Several studies have reported that CEUS can be used to evaluate renal perfusion in various diseases, including experimental renal hypoxia, microvascular perfusion dysfunction in diabetic Goto-Kakizaki rats, and renal transplant dysfunction [14,16,28-30]. Most studies on renal hypoxia or acute congestion showed increased TTP or mean transit time and decreased PE, which indicate decreased renal flow velocity and blood volume, respectively [16,28,30]. Our study revealed similar changes in CEUS parameters as those previous studies.

Regarding other imaging modalities, functional MRI, such as IVIM or ASL, without administering contrast agents can also be used to evaluate renal perfusion [10,11,31,32]. A few studies have shown IVIM and ASL to be effective methods for monitoring the progression of CIN [10,11]. According to a previous study, renal blood flow measured with ASL significantly decreased in both the renal cortex and medulla in early stages of CIN (12–48 hours) [11]. Perfusion-related IVIM parameters, including perfusion fraction (f) and pseudo-diffusion coefficient (D*), also significantly decreased in the CIN model. In addition, there

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Fig. 4. Renal histological morphology in the control and CIN models.  
A. Histological examination of kidney tissue with hematoxylin and eosin staining. There is no obvious change in tubular cells of the glomerulus in the CIN group compared to the control. Magnification = x 20, scale bar = 50 μm.  
B. Analysis of morphology changes in the kidney using transmission electron microscopy. In the CIN model, more vacuoles and greater mitochondrial expansion are observed. Magnification = x 8000, scale bar = 5000 nm. CIN = contrast-induced nephropathy.
was a strong correlation between perfusions measured with ASL and IVIM in the renal cortex. Interestingly, decreases in \( D^* \) were observed before decreases in \( f \) along time, which suggests that vasoconstriction might have occurred earlier than the decrease in fluid volume [11]. These MRI results are concordant with our results, although we did not investigate the serial changes in CEUS parameters in our study.

The histopathological examination revealed significantly increased kidney injury markers (NGAL, IL-18) and cell apoptosis markers (Bax/Bcl2, cleaved caspase-3) and correlated with morphological changes on TEM in our animal model. Serum creatinine, which is elevated for 1–3 days after the administration of contrast media, is

**Table 3. Gene Expression of Kidney Injury Markers and Apoptosis Markers**

|                      | Control (n = 6) | CIN (n = 6) | \( p \) |
|----------------------|----------------|-------------|-----|
| mRNA expression level (AU) |                |             |     |
| NGAL                 | 1              | 109.6 ± 94.6| <0.001|
| IL-18                | 1              | 4.5 ± 3.6   | 0.003 |
| Bax/Bcl2             | 1              | 1.8 ± 0.8   | 0.003 |
| Protein expression level (AU) |        |             |     |
| Bax/Bcl2             | 1              | 10.6 ± 4.9  | 0.002 |

AU = arbitrary unit, CIN = contrast-induced nephropathy, IL-18 = interleukin 18, NGAL = neutrophil gelatinase-associated lipocalin

**Fig. 5. Immunohistochemistry of cleaved caspase-3.** Arrowheads indicate stained apoptotic cells in the CIN model. Magnification = x 40, scale bar = 20 μm. CIN = contrast-induced nephropathy

**Fig. 6. mRNA expression levels of kidney injury markers (A: NGAL, B: IL-18 level).** Statistical significance: *\( p < 0.01 \), †\( p < 0.001 \) between the control and CIN groups. CIN = contrast-induced nephropathy, IL-18 = interleukin 18, NGAL = neutrophil gelatinase-associated lipocalin
currently used as the diagnostic criterion for CIN. To date, early biomarkers of CIN, such as NGAL, cystatin C, kidney molecule-1, and IL-18, have been introduced, which are elevated only for a few hours after CIN develops [33,34]. In our study, the CIN group showed elevated serum creatinine and early biomarkers, including NGAL and IL-18, compared to the control group, which confirmed that the CIN model was well established. In addition, NGAL and IL-18 increased when ischemic injury occurred in the kidneys [33,34]. In our study, changes in CEUS parameters in the CIN group suggested delayed and decreased hemodynamic flow into the kidneys, which may have caused ischemic stress in the renal tissue and increased NGAL and IL-18 expression. However, as we did not evaluate a direct correlation between biomarkers and renal hemodynamic changes in this study, further studies are warranted.

This study had several limitations. First, the number of rats was small in the CIN and control groups. Second, the baseline CEUS parameters in CIN rats were not assessed before CIN development. Third, we performed the TIC analysis in the renal cortex and outer medulla. Although several previous studies on renal CEUS obtained TIC parameters from the cortex and medulla separately [14,16,30], reliable ROI placement in the medulla was challenging because the medullary outline was difficult to define in most rats. Finally, the scan planes of CEUS and histopathological slides may not have exactly matched, and they were assumed to be representative of the whole kidney.

In conclusion, CEUS could be an effective imaging modality for evaluating CIN with the quantitative analysis of renal perfusion. In rats with CIN, AT, AC, and TTP were prolonged, whereas PE decreased, probably because of vasoconstriction, reflecting the hemodynamic changes in CIN. Further clinical studies with human subjects are required to use CEUS parameters as biomarkers for CIN pathophysiology and to develop prevention strategies for CIN.

Conflicts of Interest
The authors have no potential conflicts of interest to disclose.

Author Contributions
Conceptualization: Nieun Seo, Yong Eun Chung. Data curation: Nieun Seo, Hyewon Oh. Formal analysis: Nieun Seo, Hyewon Oh. Funding acquisition: Nieun Seo, Yong Eun Chung. Investigation: Nieun Seo, Yong Eun Chung, Hyung Jung Oh. Methodology: Nieun Seo, Yong Eun Chung. Project administration: Nieun Seo, Yong Eun Chung. Resources: Yong Eun Chung, Hyung Jung Oh. Supervision: Yong Eun Chung, Hyung Jung Oh. Visualization: Nieun Seo, Hyewon Oh. Writing—original draft: Nieun Seo, Hyewon Oh. Writing—review & editing: Yong Eun Chung, Hyung Jung Oh.

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Evaluation of Contrast-Induced Nephropathy Using Contrast-Enhanced US

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