A formula for the time derivative of the entropic cost and applications

Giovanni Conforti ∗ Luca Tamanini †

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Abstract

In the recent years the Schrödinger problem has gained a lot of attention because of the connection, in the small-noise regime, with the Monge-Kantorovich optimal transport problem. Its optimal value, the entropic cost $\mathcal{C}_t$, is here deeply investigated. In this paper we study the regularity of $\mathcal{C}_t$ with respect to the parameter $T$ under a curvature condition and explicitly compute its first and second derivative. As applications:

- we determine the large-time limit of $\mathcal{C}_t$ and provide sharp exponential convergence rates; we obtain this result not only for the classical Schrödinger problem but also for the recently introduced Mean Field Schrödinger problem [3];

- under quite strong regularity assumptions, we improve the Taylor expansion of $T \rightarrow T \mathcal{C}_t$ around $T = 0$ from the first to the second order.

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∗Département de Mathématiques Appliquées, École Polytechnique, Route de Saclay, 91128 Palaiseau Cedex, France. email: giovanni.conforti@polytechnique.edu

†CEREMADE, Université Paris Dauphine PSL, Place du Maréchal de Lattre de Tassigny, 75016 Paris Cedex, France. email: tamanini@ceremade.dauphine.fr
1 Introduction and statement of the main results

The entropic transportation cost is the optimal value in a probabilistic version of the Monge-Kantorovich optimal transport problem, the Schrödinger problem, whose study has already shown to have far reaching consequences in various fields, ranging from statistical machine learning to functional inequalities. The goal of the present article is to advance in the study of the entropic cost as a function of the time (regularization) parameter $T$ (see Definition 1.2 below). Following Mikami’s contribution [25] linking the Schrödinger problem to optimal transport, several results have been obtained in the last years concerning the behavior of the entropic cost in the short-time (small noise) limit $T \to 0$. In particular, as a byproduct of the research line originated in [1] another step forward was made with the computation of the first derivative of the rescaled entropic cost at $T = 0$, see also [11], the recent works [28, 9] and references therein. However, very few results beyond the short-time limit have been obtained. In particular, very little is known about the long-time regime $T \to \infty$, where the entropic cost is expected to converge to the sum of the marginal entropies. This lack of knowledge was one of the main motivations for our work and in this respect, our contribution includes:

- A formula for the first and second derivative of the (rescaled) entropic cost for a general value of $T$ in terms of the so-called “energy” (defined at (1.6) below).
- A rigorous identification of the large-time limit of the entropic cost as the sum of the marginal entropies.
- Sharp exponential convergence rates under a curvature condition in the long-time regime. We obtain this result not only for the classical Schrödinger problem but also for the recently introduced Mean Field Schrödinger problem [3].

We also establish some results in the short-time limit. Their interest resides in the fact that they allow to obtain a clean expression of the second derivative of the rescaled entropic cost that, to the best of our knowledge, was not known before. However, the regularity assumptions we impose on the marginals are not the weakest ones. For this part, our contribution can be resumed as follows:

- Under (quite strong) regularity assumptions, a formula for the second derivative of the rescaled cost around $T = 0$ that yields the local convexity of the cost in the time variable.
- A non-asymptotic sharp quantitative bound for the convergence to the Wasserstein distance depending only on the integral of the Fisher information functional along the corresponding Wasserstein geodesic.

1.1 The Schrödinger problem

We consider a triplet $(M, d_g, m)$, where $M$ is a smooth, connected and complete Riemannian manifold without boundary and with metric tensor $g$, $d_g$ is the induced distance and $m$ is given by $m(dx) = \exp(-2U(x))\text{vol}(dx)$, where $U$ is a $C^2$ potential satisfying the Bakry-Émery condition, namely

$$U \in C^2(M; \mathbb{R}), \quad \text{Ric}_g + \text{Hess}(2U) \geq \kappa g \text{ for some } \kappa \in \mathbb{R}. \quad (H1)$$
The measure \( m \) is invariant for the SDE

\[
dX_t = -\nabla U(X_t)dt + dB_t
\]  

(1.1)

(here \( B_t \) denotes a standard Brownian motion) whose joint law at time 0 and \( T \) will be denoted by \( R_{0,T} \). Within this framework and given \( \mu, \nu \in \mathcal{P}(M) \) (as usual, for a measurable space \((E, \mathcal{E})\) we denote \( \mathcal{P}(E) \) the set of probability measures over \((E, \mathcal{E})\)), the entropic transportation cost \( C_T(\mu, \nu) \) is defined as the optimal value in the corresponding Schrödinger problem, namely

\[
C_T(\mu, \nu) = \inf_{\pi \in \Pi(\mu, \nu)} \mathcal{H}(\pi | R_{0,T}),
\]  

(1.2)

where \( \Pi(\mu, \nu) \subset \mathcal{P}(M \times M) \) is the set of couplings of \( \mu \) and \( \nu \) and \( \mathcal{H} \) is the relative entropy functional defined for two probability measures \( p, q \) on the same (arbitrary) measurable space as

\[
\mathcal{H}(p | q) = \begin{cases} 
\int \log \left( \frac{dp}{dq} \right) dp, & \text{if } p \ll q \\
+\infty, & \text{otherwise.}
\end{cases}
\]  

(1.3)

When \( q \) is not a probability, the precise definition is postponed to Section 2.

The physical meaning of the variational problem (1.2) is described in the seminal papers \([29, 30]\), where E. Schrödinger addressed the problem of finding the most likely evolution of a system of independent random particles driven by (1.1) conditionally on the observation of their initial and final configuration. With this picture in mind, the short- and long-time behavior of the entropic cost sounds perfectly natural.

**Assumptions on \( m, \mu \) and \( \nu \).** We state here the additional assumptions we will make either on the reference measure \( m \) or on the marginals \( \mu, \nu \). Concerning the former, we will often assume that

\[
m \text{ is a probability measure.}
\]  

(H2)

Notice that when \( \kappa > 0 \), (H2) automatically holds and in addition \( m \in \mathcal{P}_2(M) \) (see for instance \([31] \) Theorem 4.26)). For the latter, we shall suppose that either

\[
\mu, \nu \in \mathcal{P}_2(M) \text{ and } \mathcal{H}(\mu | m), \mathcal{H}(\nu | m) < +\infty,
\]  

(H3)

where \( \mathcal{P}_2(M) \subset \mathcal{P}(M) \) denotes the space of probability measures over \( M \) with finite second moment, or, more frequently, that

\[
\mu = \rho m, \nu = \sigma m \text{ and } \rho, \sigma \in L^\infty(m) \text{ with compact support.}
\]  

(H4)

Notice that (H4) is stronger than (H3).

**The Benamou-Brenier formulation.** The fluid-dynamical formulation of the entropic cost \([2, 14, 18, 33]\) asserts that, at least under (H4), we have

\[
C_T(\mu, \nu) = \frac{1}{2} \left( \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m) \right) + \inf_{(\bar{\rho}, \bar{v})} \int_0^T \left( \frac{1}{2} |\bar{v}_t|^2 + \frac{1}{8} \nabla \log \bar{\rho}_t |^2 \right) \bar{\rho}_t dt dm
\]  

\[= \frac{1}{2} \left( \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m) \right) + \int_0^T \left( \frac{1}{2} |\bar{v}_t|^2 + \frac{1}{8} \nabla \log \bar{\rho}_t |^2 \right) \bar{\rho}_t T dm
\]  

(1.4)
where \((\bar{\rho}^T, \bar{v}^T)\) is the unique optimal curve and the infimum runs over all weak solutions \((\bar{\rho}, \bar{v})\) of the continuity equation
\[
\partial_t (\bar{\rho}_t \mathbb{m}) + \text{div}_m (\bar{v}_t \bar{\rho}_t \mathbb{m}) = 0,
\] (1.5)
satisfying the marginal constraints \(\rho_0 \mathbb{m} = \mu\) and \(\rho_T \mathbb{m} = \nu\), namely among all \((\bar{\rho}_t) \subset L^\infty(\mathbb{m})\) with \(\bar{\rho}_t \mathbb{m} \in \mathcal{P}(M)\) and all Borel vector fields \((\bar{v}_t)\) such that:

(i) \(t \mapsto \bar{\rho}_t \mathbb{m}\) is weakly continuous and there exists \(C > 0\) such that \(\bar{\rho}_t \leq C\) for all \(t \in [0, T]\);

(ii) the map \(t \mapsto \int |\bar{v}_t|^2 \bar{\rho}_t \mathbb{d}m\) is Borel and belongs to \(L^1(0, T)\);

(iii) for any \(f \in C^\infty_c(M)\) the map \([0, T] \ni t \mapsto \int f \bar{\rho}_t \mathbb{d}m\) is absolutely continuous and it holds
\[
\frac{d}{dt} \int f \bar{\rho}_t \mathbb{d}m = \int df(\bar{v}_t) \bar{\rho}_t \mathbb{d}m \quad \text{a.e. } t.
\]

In the above, we denoted by \(\text{div}_m\) the divergence w.r.t. \(m\) and by \(df\) the differential of \(f\).

From a physical point of view, (1.4) states that the trajectory \((\bar{\rho}_T^t)_{t \in [0, T]}\), also called entropic interpolation, is the one minimizing a functional consisting of two terms: the former is purely kinetic, while the latter is given by the Fisher information functional. Hence \((\bar{\rho}_T^t)_{t \in [0, T]}\) is given by the balance between deterministic and chaotic behavior.

**The energy.** The quantity
\[
\frac{1}{2} \int |\bar{v}_T^t|^2 \bar{\rho}_T^t \mathbb{d}m - \frac{1}{8} \int |\nabla \log \bar{\rho}_T^t|^2 \bar{\rho}_T^t \mathbb{d}m
\] (1.6)
is conserved along the optimal flow \((\bar{\rho}_T^t)_{t \in [0, T]}\), i.e. its value does not depend on \(t\), see [8, Corollary 1.1] and [16, Lemma 3.2] (although in these papers the setting is more restrictive, the argument therein carries over verbatim to the present setting). We call this constant the **energy** and denote it \(E_T(\mu, \nu)\). In order to justify the term “energy”, we remind that the formal Riemannian calculus on \(\mathcal{P}_2(M)\) introduced by Otto [26] allows to draw an analogy between the minimization (1.4) and the much simpler problem (see [15]) on \(\mathbb{R}^d\)
\[
\inf_{x: [0, T] \to \mathbb{R}^d} \int_0^T \frac{1}{2} |\dot{x}_t|^2 + \frac{1}{8} |\nabla f|^2(x_t) \mathbb{d}t,
\] (1.7)
where the role of the function \(f\) in (1.7) is played by the relative entropy \(\mathcal{H}(\cdot | \mathbb{m})\) in (1.4). For (1.7) it is well known that along any critical curve the total energy (given by the sum of the kinetic and potential components)
\[
\frac{1}{2} |\dot{x}_t|^2 - \frac{1}{8} |\nabla f|^2(x_t)
\] is conserved. The analogous of this simple fact for the problem (1.4) is the conservation of (1.6) along optimal flows.
Short-time behavior of the entropic cost. The fact that the rescaled entropic cost converges to the squared Wasserstein distance of order two in the short-time limit, i.e.

\[
\lim_{T \to 0} T \mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu),
\]  

(1.8)

has generated a surge of interest around the Schrödinger problem (henceforth SP), since SP is more regular and numerically easier to solve than the Monge-Kantorovich problem. There exist nowadays several proofs of (1.8), see for instance [22, 25] for Γ-convergence results. A proof that is valid under the hypotheses (H1) and (H4) can be found in [17, Remark 5.11]. In [1], (see also [10, 11, 28]) a further fundamental step was taken that consists in computing the first order term in the expansion of \( T \mathcal{E}_T(\mu, \nu) \) around \( T = 0 \). Referring to the above mentioned articles for precise statements, we have the following expansion

\[
T \mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu) + \frac{T}{2} (\mathcal{H}(\mu | m) + \mathcal{H}(\nu | m)) + o(T).
\]  

(1.9)

In this work we establish at Theorem 1.6 a non-asymptotic bound for \( T \mathcal{E}_T(\mu, \nu) - W_2^2(\mu, \nu)/2 \) which is sharp in the limit \( T \to 0 \) and we compute under stringent regularity assumptions the second order term in (1.9), thus getting

\[
T \mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu) + \frac{T}{2} (\mathcal{H}(\mu | m) + \mathcal{H}(\nu | m)) + \frac{T^2}{8} \int_0^1 |\nabla \log \rho_t^0| \rho_t^0 \, dt \, dm + o(T^2),
\]  

(1.10)

where \((\rho_t^0)_{t \in [0,1]}\) denotes the (unique) Wasserstein geodesic between \( \mu \) and \( \nu \). Let us remark that (1.10) tells that the rescaled cost is convex around \( T = 0 \) and using functional inequalities such as the HWI inequality [27] one can also estimate from below its second derivative under the Bakry-Émery condition [31]. It is an interesting question to obtain general versions of (1.10) in terms of Γ-convergence. In addition, it is worth noticing that the energy, once properly rescaled, also converges to the squared Wasserstein distance, namely

\[
\lim_{T \to 0} T^2 \mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu).
\]

To see, at least formally, why this is expected to be true, one can integrate (1.6) in time, use (1.4) and the energy conservation to get

\[
T \mathcal{E}_T(\mu, \nu) = \mathcal{E}_T(\mu, \nu) - \frac{1}{2} \left( \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m) \right) - \frac{1}{4} \int_0^T \int_0^T |\nabla \log \rho_t^T| \rho_t^T \rho_t^T \, dt \, dm
\]

Multiplying by \( T \), letting \( T \to 0 \) and using (1.8) we can then handle the first term on the right-hand side as well as \( \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m) \). The fact that the last integral converges to 0 has been proved in [16, Lemma 3.3] and the same argument can be adapted verbatim to the present setting (see [33]); yet it is a non-trivial fact, as the entropic interpolation \((\rho_t^T)_{t \in [0,T]}\) converges to the Wasserstein geodesic \((\rho_t^0)_{t \in [0,1]}\) between \( \mu \) and \( \nu \), whose Fisher information needs not to be defined.

\[\text{In the above mentioned references, one often finds } \mathcal{H}(\mu | m) - \mathcal{H}(\nu | m) \text{ instead of } \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m) \text{ in the first order term. This is due to a slightly different choice of reference measure } R_{0,T}. \text{ Since we prefer the reference measure to be reversible, we gain an extra } \mathcal{H}(\mu | m) \text{ term in the Taylor expansion.}\]
Long-time behavior of the entropic cost. Although its asymptotic regime has been the object of recent studies in connection with the ergodic behavior of Schrödinger bridges and the limiting behavior of Sinkhorn divergence, very few results are available. In this article we prove that under mild assumptions we have

$$\lim_{T \to +\infty} C_T(\mu, \nu) = H(\mu \mid m) + H(\nu \mid m),$$

(1.11)

The intuition behind (1.11) is that $R_{0,T}$ converges towards $m \otimes m$ and therefore the optimal coupling in SP converges towards the independent coupling of $\mu$ and $\nu$. We remark that in a different although related context, the convergence of Sinkhorn divergences towards MMD divergences in the limit when the regularization parameter goes to $+\infty$ shares many analogies with (1.11).

Our second main result deals with the approximation error in (1.11) and states that it is exponentially small (see Theorem 1.4 for the rigorous statement)

$$|C_T(\mu, \nu) - H(\mu \mid m) - H(\nu \mid m)| \lesssim \exp \left( -\frac{\kappa T}{2} \right)$$

(1.12)

provided the Bakry-Émery condition (H1) is satisfied. The proof of (1.12) is based on Theorem 1.1 asserting that the time derivative of $C_T(\mu, \nu)$ is precisely $-E_T(\mu, \nu)$ and on two functional inequalities. The first one is a version of the Talagrand inequality (obtained in [8] and also called entropic Talagrand inequality) and the second one is a functional inequality relating $|E_T(\mu, \nu)|$ with $C_T(\mu, \nu)$, that we call “energy-transport” inequality (cf. Lemma 3.8). A similar inequality has been proved very recently in [3]; there it has been used to obtain the so-called turnpike property for mean field Schrödinger bridges. It is worth noticing that estimates such as (1.12) do not seem to follow from classical functional inequalities such as Talagrand and Log-Sobolev, whereas they can be proven using the new family of functional inequalities involving the entropic cost $C_T(\mu, \nu)$. The final contribution of the article is to derive a bound similar to (1.12) for the Mean Field Schrödinger problem introduced in [3]. Since we could not establish a generalization of the differentiation formula at Theorem 1.1 to the mean field setup, the proof of this estimate follows a different scheme, but is still based on a class of functional inequalities derived in [3] that are the mean field versions of the entropic Talagrand and of the energy-transport inequalities mentioned above.

Organization of the paper. The document is structured as follows: in the remainder of Section 1 we state and comment the main results, whose proofs are contained in Section 3. In Section 2 we collect, for reader’s sake, all relevant results and bibliographical references on SP. Finally, in Appendix A we prove the sharpness of a functional inequality introduced by the first-named author in [8], which plays an important role in this paper.

1.2 First and second derivative of the entropic cost

The regularity of the entropic cost w.r.t. to the time variable $T$ has never been investigated to the best of our knowledge, so that the following is the first result of such a kind and it plays a pivotal role in the study of both the long- and short-time behavior of $C_T(\mu, \nu)$.

Theorem 1.1. Given (H1) and (H4) the following hold:
(i) the map $T \mapsto \mathcal{E}_T(\mu, \nu)$ is $C^1((0, \infty))$, twice differentiable a.e. and the first derivative is given by
\[
\frac{d}{dT} \mathcal{E}_T(\mu, \nu) = -\mathcal{E}_T(\mu, \nu), \quad \forall T > 0;
\]
(ii) the map $T \mapsto T \mathcal{E}_T(\mu, \nu)$ is $C^1((0, \infty))$ and twice differentiable a.e. The first derivative is given for all $T > 0$ by
\[
\frac{d}{dT} (T \mathcal{E}_T(\mu, \nu)) = \mathcal{E}_T(\mu, \nu) - T \mathcal{E}_T(\mu, \nu)
\]
or equivalently by
\[
\frac{d}{dT} (T \mathcal{E}_T(\mu, \nu)) = \frac{1}{2} \mathcal{H}(\mu \mid m) + \frac{1}{2} \mathcal{H}(\nu \mid m) + \frac{1}{4} \int_0^T |\nabla \log \bar{\rho}_t^T|^2 \bar{\rho}_t^T \, dt \, dm,
\]
where $(\bar{\rho}_t^T, \bar{v}_t^T)$ is the optimal solution in (1.4). The second derivative writes as
\[
\frac{d^2}{dT^2} (T \mathcal{E}_T(\mu, \nu)) = \frac{1}{4} \frac{d}{dT} \int_0^T |\nabla \log \bar{\rho}_t^T|^2 \bar{\rho}_t^T \, dt \, dm = -2 \mathcal{E}_T(\mu, \nu) - T \frac{d}{dT} \mathcal{E}_T(\mu, \nu)
\]
for a.e. $T > 0$.

As implicitly stated above, by Theorem 1.1 we see that $T \mapsto \mathcal{E}_T(\mu, \nu)$ is continuous on $(0, \infty)$ and differentiable a.e.

### 1.3 Long-time behavior of entropic cost and energy

As a first step we show that

**Theorem 1.2** (Long-time behavior of entropic cost and energy). Under (H1) with $\kappa \geq 0$ and (H2), for any $\mu, \nu \in \mathcal{P}(M)$ satisfying (H3) it holds
\[
\lim_{T \to \infty} \mathcal{E}_T(\mu, \nu) = \mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m).
\]

If $\mu, \nu \in \mathcal{P}(M)$ satisfy (H4), then it also holds
\[
\lim_{T \to \infty} \mathcal{E}_T(\mu, \nu) = 0.
\]

As concerns the long-time behavior of $\mathcal{E}_T(\mu, \nu)$, we provide two different proofs:

- the former is direct and relies on a $\Gamma$-convergence argument (see Section 3.1);
- the latter is more technical and requires slightly stronger assumptions on $\mu$ and $\nu$, but as an advantage it allows us to determine the long-time behavior of the so-called “$(f, g)$-decomposition” of the optimal coupling in SP (see Section 2 for its definition, Section 3.3 for the proof).

As an application of this result we provide a new proof of the logarithmic Sobolev inequality based on entropic interpolations, in the same spirit of the recent paper [16], where an “entropic” proof of the HWI inequality is established.
Corollary 1.3 (Log-Sobolev inequality). Under (H1) with $\kappa > 0$, for any $\mu = \rho m \in \mathcal{P}(M)$ it holds
\[
\mathcal{H}(\mu|m) \leq \frac{1}{2\kappa} \int |\nabla \log \rho|^2 \, d\mu,
\]
(1.13)
where the right-hand side is set equal to $+\infty$ if $\log \rho$ is not locally Sobolev.

As a further step, in the following result we improve Theorem 1.2 by providing sharp rates of convergence for both $\mathcal{E}_T(\mu, \nu)$ and $\mathcal{E}_T(\mu, \nu)$. The key message is that, under a positive curvature condition, the approximation error is asymptotically smaller than $\exp(-\kappa T/2)$, up to constant factors depending on $\mathcal{H}(\mu|m)$ and $\mathcal{H}(\nu|m)$, and the rate $\exp(-\kappa T/2)$ is sharp.

Remark 1.5. Actually, in Section 3.4 we shall prove the following (stronger) bounds
\[
\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu|m) - \mathcal{H}(\nu|m) \leq \frac{2 \sqrt{\mathcal{H}(\mu|m)\mathcal{H}(\nu|m) + \delta \exp(-\kappa T/2)}}{\exp(\kappa T/2) - 1},
\]
(1.16a)
and
\[
\mathcal{E}_T(\mu, \nu) \leq \frac{\kappa \exp(-\kappa T/2)}{(1 - \exp(-\kappa T/2))^2} \left( \mathcal{H}(\mu|m)\mathcal{H}(\nu|m) + \delta \exp(-\kappa T/2) \right),
\]
(1.16b)
where
\[
\delta = \mathcal{H}(\mu|m)^2 + \exp(-\kappa T/2)\mathcal{H}(\mu|m)\mathcal{H}(\nu|m) + \mathcal{H}(\nu|m)^2.
\]

However we prefer the more compact, although slightly less precise, formulation given above.
1.4 Short-time behavior of the entropic cost

We provide a non-asymptotic bound for the difference $T^2\mathcal{E}_T(\mu, \nu) - W_2^2(\mu, \nu)/2$ under the assumption that the integral of the Fisher information along the displacement interpolation is finite. Under strong regularity assumptions, we also prove that this bound is sharp, as it coincides with the Taylor expansion of $T \mapsto T^2\mathcal{E}_T(\mu, \nu)$ around $T = 0$. We believe these assumptions to be somewhat redundant, and our result is likely not to be sharp. However, it is still of interest as the second order term in the expansion of the rescaled cost has not been computed before (to the best of our knowledge) and its form is general enough to formulate more general version of (1.18) below, for instance in terms of $\Gamma$-convergence, that deserve to be the object of future work.

**Theorem 1.6** (Short-time behavior of the entropic cost). Assume that (111) and (14) hold. Then for all $T > 0$ we have:

$$0 \leq T^2\mathcal{E}_T(\mu, \nu) - \frac{1}{2} W_2^2(\mu, \nu) \leq \frac{T^2}{2} \left( \mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m) \right) + \frac{T^2}{8} \int_0^1 |\nabla \log \rho_t^0|^2 \rho_t^0 \, dt \, dm, \quad (1.17)$$

where $(\rho_t^0 m)_{t \in [0,1]}$ denotes the Wasserstein geodesic between $\mu$ and $\nu$ and $\int |\nabla \log \rho_t^0|^2 \rho_t^0 \, dm := +\infty$ whenever $\rho_t^0$ is not Sobolev.

Moreover, assume that:

- $T \mapsto T^2\mathcal{E}_T(\mu, \nu)$ is two times continuously differentiable in a right neighborhood of 0;
- $T \mapsto \int_0^1 |\nabla \log \bar{\rho}_{Tt} |^2 \bar{\rho}_{Tt}^0 \, dt \, dm$ is continuously differentiable in a right neighborhood of 0.

Then the following expansion holds

$$T^2\mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu) + \frac{T^2}{2} \left( \mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m) \right) + \frac{T^2}{8} \int_0^1 |\nabla \log \rho_t^0|^2 \rho_t^0 \, dt \, dm + o(T^2). \quad (1.18)$$

1.5 Long time behavior of the mean field entropic cost

In this section we move from the Riemannian to the Euclidean setting and turn our attention to the Mean Field Schrödinger problem (henceforth MFSP) recently introduced in 

Intuitively, this problem models the well-known thought experiment proposed by Schrödinger in the case when the underlying particles are not independent but interact through a pair potential $W$. An important difference with the classical case, is that MFSP cannot be reduced to a static problem. Therefore it is formulated for probability measures on the space of continuous paths $C([0, T]; \mathbb{R}^d)$, that we equip with the Borel $\sigma$-algebra generated by the norm $\| \cdot \|_{\infty}$. As usual, we also consider the canonical filtration on $C([0, T]; \mathbb{R}^d)$ and denote $(X_t)_{t \in [0,T]}$ the canonical process. MFSP is then stated as

$$\inf \left\{ \mathcal{H}(P \mid \Gamma(P)) : P \in \mathcal{P}_1(C([0, T]; \mathbb{R}^d)), P_0 = \mu, P_T = \nu \right\} \quad \text{(MFSP)}$$

where $\mathcal{P}_1(C([0, T]; \mathbb{R}^d))$ denotes the space of probability measures over $C([0, T]; \mathbb{R}^d)$ with finite first moment w.r.t. $\| \cdot \|_{\infty}$ and, for any $P \in \mathcal{P}_1(C([0, T]; \mathbb{R}^d))$, $P_0$ (resp. $P_T$) denotes its marginal law at time 0 (resp. $T$), whereas $\Gamma(P)$ is the law of the controlled SDE

$$\begin{cases}
    dZ_t &= -W \ast P_t(Z_t) \, dt + dB_t, \\
    Z_0 &\sim \mu.
\end{cases}$$
In the above we denoted by $\ast$ the usual convolution operator. The interaction potential $W$ satisfies the assumptions

\[
W \text{ is of class } C^2(\mathbb{R}^d; \mathbb{R}) \text{ and symmetric, i.e. } W(x) = W(-x) \text{ for all } x \in \mathbb{R}^d, \quad \sup_{z,v \in \mathbb{R}^d, |v|=1} v \cdot \nabla^2 W(z) \cdot v < +\infty. \tag{H'1}
\]

The role of the functional $\mathcal{H}(\cdot | m)$ is now taken by the functional $\mathcal{F} : \mathcal{P}_2(\mathbb{R}^d) \to \mathbb{R}$, which is obtained by shifting by a constant the functional $\tilde{\mathcal{F}}$ defined by

\[
\tilde{\mathcal{F}}(\sigma) = \begin{cases} 
\int_{\mathbb{R}^d} \log \left( \frac{d\sigma}{d\lambda} \right) d\sigma + \int_{\mathbb{R}^d} W \ast \frac{d\sigma}{d\lambda} d\sigma, & \text{if } \sigma \ll \lambda \\
+\infty, & \text{otherwise}
\end{cases} \tag{1.19}
\]

where $\lambda$ denotes the Lebesgue measure on $\mathbb{R}^d$, in such a way that

\[
\inf_{\sigma \in \mathcal{P}_2(\mathbb{R}^d)} \int x \sigma(dx) = \int x \mu(dx).
\]

In [3] the mean field entropic cost is defined as the optimal value in (MFSP). However, if $W = 0$ this definition does not give back the usual entropic cost $C_T$ and the reason is simply the following: in the large deviations formulation of (1.2) particles are sampled with initial distribution the invariant measure $m$, whereas in MFSP particles are sampled according to $\mu$. For this reason, and to strengthen the analogy with (1.2), we prefer to define the mean field entropic cost $C_{mf}^T$ as

\[
C_{mf}^T(\mu, \nu) := \mathcal{F}(\mu) + \mathcal{H}(P^*|\Gamma(P^*)), \quad P^* \text{ optimal in } \text{MFSP}. \tag{1.20}
\]

With this definition we recover $C_T(\mu, \nu)$ defined in (1.2) when $W = 0$.

After this premise, the following plays the same role of assumption (H1)

\[
\exists \kappa > 0 \text{ s.t. } \forall z \in \mathbb{R}^d, \quad 2\nabla^2 W(z) \geq \kappa \mathbb{I}_{d \times d}, \tag{H'2}
\]

while regarding the marginal constraints $\mu$ and $\nu$, we assume that they have finite second moment, they belong to the domain of $\mathcal{F}$ and have the same barycenter, i.e.

\[
\mu, \nu \in \mathcal{P}_2(\mathbb{R}^d), \quad \mathcal{F}(\mu), \mathcal{F}(\nu) < +\infty, \quad \int_{\mathbb{R}^d} x \mu(dx) = \int_{\mathbb{R}^d} x \nu(dx). \tag{H'3}
\]

The proof we gave of Theorem 1.1.1 is hard to replicate for MFSP essentially because uniqueness of optimizers is currently not known. However, the long-time behavior of the mean field entropic cost can still be studied and exponential rate of convergence can be derived as well.

**Theorem 1.7.** Assume (H'1)-(H'3) and that $\mathcal{F}(\mu), \mathcal{F}(\nu) < +\infty$. Then:

(i) it holds

\[
\lim_{T \to \infty} C_{mf}^T(\mu, \nu) = \mathcal{F}(\mu) + \mathcal{F}(\nu);
\]

(ii) the rate of convergence is at least $\exp(-\kappa T)$, i.e. there exists a decreasing function $B(\cdot)$ such that

\[
|C_{mf}^T(\mu, \nu) - \mathcal{F}(\mu) - \mathcal{F}(\nu)| \leq B(\kappa)(\mathcal{F}(\mu) + \mathcal{F}(\mu)) \exp(-\kappa T/2) \tag{1.21}
\]

uniformly in $T \geq 1$. 

Remark 1.8. One could be more precise in the above statement and get that
\[(\mathcal{F}(\mu) + \mathcal{F}(\nu)) \frac{\sinh(\kappa T)}{\sinh(\kappa T/2)} + 2 \frac{\exp(\kappa T/2)}{\exp(\kappa T/2) - 1} \left( \mathcal{F}(\mu)\mathcal{F}(\nu) + \delta \exp(-\kappa T/2) \right)^{1/2} \leq \mathcal{W}_t^m(f, \mu, \nu) - \mathcal{F}(\mu) + \mathcal{F}(\nu) \leq \frac{1}{\exp(\kappa T/2) - 1} (\mathcal{F}(\mu) + \mathcal{F}(\nu))\]
where \(\delta = \mathcal{F}(\mu)^2 + \mathcal{F}(\nu)^2 + \exp(-\kappa T/2) \mathcal{F}(\mu) \mathcal{F}(\nu)\). For sake of clarity, we prefer the more compact, although slightly less precise, formulation given above. □

Remark 1.9. It is important to stress that in [3] the interaction potential \(W\) satisfies
\[\nabla^2 W(z) \geq \kappa I_{d \times d}\]
instead of \((\text{H}'2)\). We prefer to work with the latter condition rather than with the former because in such a way the convergence rate (1.21) is consistent with (1.14). As a flip side, when addressed to [3] the reader has to keep in mind this difference. □

2 Preliminaries

In this section we collect some useful results concerning Markov semigroups and the Schrödinger problem, either already present in the literature or extended to our framework.

Markov semigroups and heat kernels. It is well known that there is a Markov semigroup \(P_t\) associated to the SDE (1.1) (we address the reader to [5] for a comprehensive discussion on the topic). Such a semigroup has \(L = \Delta/2 - \nabla U \cdot \nabla\) as generator, \(m(dx) = \exp(-2U(x)) \text{vol}(dx)\) as invariant measure and enjoys the following standard a priori estimate
\[\|LP_tf\|_{L^2(m)} \leq \frac{1}{2t^2} \|f\|_{L^2(m)}, \quad \forall t > 0, \forall f \in L^2(m), \quad (2.1)\]
which can be obtained by differentiating \(t \mapsto \|\nabla P_tf\|_{L^2(m)}^2\). The semigroup is also ergodic. This means that:

(i) if \(m(M) = 1\), then for all \(f \in L^2(m)\) it holds
\[\lim_{t \to \infty} P_tf = \int f \text{dm}, \quad \text{in } L^2(m), \quad (2.2)\]

(ii) if \(m(M) = \infty\), then \(P_tf \to 0\) in \(L^2(m)\) for all \(f \in L^2(m)\).

The curvature assumption \((\text{H}'1)\) then yields many important consequences, the first of which is the Bakry-Émery commutation estimate
\[|\nabla P_t u|^2 \leq e^{-2\kappa t} P_t(|\nabla u|^2), \quad \forall u \in C_c^\infty(M), \forall t \geq 0. \quad (2.3)\]
For its proof as well as for all the regularizing properties of \(P_t\) that will be used throughout the paper, we address once more the reader to [5]. Secondly, \(P_t\) enjoys an \(L^\infty\)-Lipschitz regularization (see [4]), namely for all \(u \in L^\infty(m)\) it holds
\[\|\nabla P_t u\|_{L^\infty(m)} \leq \frac{1}{\sqrt{2I_{2\kappa}(t)}} \|u\|_{L^\infty(m)} \quad \text{with} \quad I_\kappa(t) := \frac{\exp(\kappa t) - 1}{\kappa}, \quad \forall t > 0. \quad (2.4)\]
Then let us recall that under \textbf{(H1)} Hamilton’s gradient estimate is satisfied (see [21]): for any positive function \( u \in L^p \cap L^\infty(m) \) for some \( p \in [1, \infty) \) it holds
\[
t | \nabla \log P_t u |^2 \leq (1 + 2\kappa^- t) \log \left( \frac{\|u\|_{L^\infty(m)}}{P_t u} \right), \quad \forall t > 0
\] (2.5)
pointwise, where \( \kappa^- := \max\{0, -\kappa\} \). Within our framework it is also well known (see for instance [20]) that there exists a unique kernel (transition probability) \( p_t(x, y) \) representing \( P_t \) in the following sense:
\[
P_t u(x) = \int u(y)p_t(x, y)m(dy), \quad \forall u \in L^\infty(m).
\] (2.6)
The function \( p_t \) can also be seen as the density of \( R_{0,T} \) (the joint law at time 0 and \( T \) of the solution to \textbf{(1.1)}) w.r.t. \( m \otimes m \); it is a smooth function on \( (0, \infty) \times M \times M \) and the second-named author recently proved in [32] that in great generality (and in particular under the assumption \textbf{(H1)}) the following upper Gaussian estimate for the kernel holds
\[
p_t(x, y) \leq \frac{1}{\sqrt{m(B_{\sqrt{t}}(x))m(B_{\sqrt{t}}(y))}} \exp \left( C_\varepsilon(1 + C_\varepsilon t) - \frac{d^2(x, y)}{(4 + \varepsilon)t} \right)
\] (2.7)
for all \( t > 0, x, y \in M \) and \( \varepsilon > 0 \), where \( C_\varepsilon \) can be chosen equal to 0 if \( \varepsilon \geq 0 \) in \textbf{(H1)}. As concerns Gaussian lower bounds, if \textbf{(H2)} holds then by [34] Corollary 1.3 the following is satisfied
\[
p_t(x, y) \geq \exp \left( - \frac{\kappa d^2(x, y)}{2(e^{\kappa t} - 1)} \right)
\] (2.8)
for all \( t > 0 \) and \( x, y \in M \).

The relative entropy functional. Let us first recall the definition of the relative entropy functional in the case of a reference measure with possibly infinite mass (see [23] for more details). Given a \( \sigma \)-finite measure \( q \) on \( M \), there exists a measurable function \( W : M \to [0, \infty) \) such that
\[
z_W := \int e^{-W} dq < +\infty.
\]
Introducing the probability measure \( q_W := z_W^{-1} e^{-W} q \), for any \( p \in \mathcal{P}(M) \) such that \( \int W dp < +\infty \) the Boltzmann-Shannon entropy is defined as
\[
\mathcal{H}(p \| q) := \mathcal{H}(p \| q_W) - \int W dp - \log z_W
\]
where \( \mathcal{H}(p \| q_W) \) is in turn defined as in \textbf{(1.3)}. Notice that Jensen’s inequality and the fact that \( q_W \in \mathcal{P}(M) \) grant that \( \mathcal{H}(p \| q_W) \) is well defined and non-negative, in particular the definition makes sense. The definition is also meaningful, because if \( \int W' dp < +\infty \) for another function \( W' \) such that \( z_W < +\infty \), then
\[
\mathcal{H}(p \| q_W) - \int W dp - \log z_W = \mathcal{H}(p \| q_W') - \int W' dp - \log z_W'.
\]
Hence \( \mathcal{H}(\cdot \| q) \) is well defined for all \( p \in \mathcal{P}(M) \) such that \( \int W dp < +\infty \) for some non-negative measurable function \( W \) with \( z_W < +\infty \). In particular, it is well known that under \textbf{(H1)} \( W \) can be chosen as \( C d^2(\bar{x}, \cdot) \) for any \( \bar{x} \in M \) and \( C > 0 \) sufficiently large (see for instance [31] Theorem 4.26)].
The \((f,g)\)-decomposition. It is important to stress that solving (1.2) is equivalent to finding non-negative Borel functions \(f^T, g^T\), also called decomposition, such that
\[
\mu = f^T P_T g^T \, m, \quad \nu = g^T P_T f^T \, m. \tag{2.9}
\]
This pair of equations is known as Schrödinger system and its solvability holds under very mild assumptions (see [24]), in particular under:
- \((H4)\), as a consequence of [17, Proposition 2.1], the smoothness and positivity of the heat kernel and the boundedness of \(\text{supp}(\mu), \text{supp}(\nu)\);
- \((H1), (H2)\) and \((H3)\), because of [24, Proposition 2.5] and (2.8).

Still under \((H1)-(H4)\), the couple \((f^T, g^T)\) solving (2.9) is unique up to the trivial transformation \((f^T, g^T) \mapsto (cf^T, g^T/c)\) with \(c > 0\), as proven for instance in [17, Proposition 2.1]: this fact will play an important role in several proofs (e.g. the extension of (2.20) to our setting and Lemma 3.4). A good feature of \(f^T, g^T\) is that they inherit the regularity (smoothness and integrability) of \(\rho, \sigma\), the densities of \(\mu, \nu\) respectively. More precisely,

(a) \(f^T, g^T \in L^\infty(m)\) since so are \(\rho, \sigma\);
(b) if \(\rho \in C^k(M)\) for some \(k \in \mathbb{N} \cup \{\infty\}\) (resp. \(\sigma\)), then \(f^T\) (resp. \(g^T\)) also belongs to \(C^k(M)\).

A proof of this property can be found in [16, Proposition 2.7].

About point (a) a more quantitative statement is actually possible. In [17, Proposition 2.1] the second-named author proved that for all \(\mu, \nu\) as in \((H4)\), the following integral bounds hold for the decomposition \((f^T, g^T)\)
\[
\|f^T\|_{L^\infty(m)} \|g^T\|_{L^1(m)} \leq \frac{\|\rho\|_{L^\infty(m)}}{c_T}, \quad \|g^T\|_{L^\infty(m)} \|f^T\|_{L^1(m)} \leq \frac{\|\sigma\|_{L^\infty(m)}}{c_T},
\]
where \(c_T\) is a suitable positive constant. If we normalize \(g^T\) in such a way that
\[
\|g^T\|_{L^1(m)} = 1, \quad \forall T > 0, \tag{2.10}
\]
and from now on this choice will always be done, then the bounds above become
\[
\|f^T\|_{L^\infty(m)} \leq \frac{\|\rho\|_{L^\infty(m)}}{c_T}, \quad \|g^T\|_{L^\infty(m)} \|f^T\|_{L^1(m)} \leq \frac{\|\sigma\|_{L^\infty(m)}}{c_T}.
\]

Aim of the next lemma is to improve this result by showing that the same kind of bounds holds when \(T\) ranges in a compact subset of \((0, \infty)\) or even closed half-line if we also assume \((H2)\).

Lemma 2.1. Given \((H1)\) and \(\mu, \nu\) as in \((H4)\), the following hold:

(i) for all \(0 < T_0 < T_1 < \infty\) there exists \(c_{T_0, T_1} > 0\) such that
\[
\|f^T\|_{L^\infty(m)} \leq \frac{\|\rho\|_{L^\infty(m)}}{c_{T_0, T_1}}, \quad \|g^T\|_{L^\infty(m)} \|f^T\|_{L^1(m)} \leq \frac{\|\sigma\|_{L^\infty(m)}}{c_{T_0, T_1}}, \quad \forall T \in [T_0, T_1]. \tag{2.11}
\]
(ii) if \([H2]\) is satisfied, then for all \(T_0 > 0\) there exists \(c_{T_0} > 0\) such that

\[
\|f^T\|_{L^\infty(m)} \leq \frac{\|\rho\|_{L^\infty(m)}}{c_{T_0}}, \quad \|g^T\|_{L^\infty(m)} \|f^T\|_{L^1(m)} \leq \frac{\|\sigma\|_{L^\infty(m)}}{c_{T_0}}, \quad \forall T \geq T_0.
\] (2.12)

Proof. The first equation in the Schrödinger system (2.9) and the representation formula (2.6) entail

\[ f^T(x) \int g^T(y)p_T(x,y)dm(y) = \rho(x), \quad \text{for m-a.e. } x. \]

As \(p_T(x,y)\) is smooth in \(T \in (0,\infty)\) and \(x,y \in M\) and \(f^T, g^T\) are uniformly compactly supported (since they are supported in \(\text{supp}(\mu)\) and \(\text{supp}(\nu)\) respectively) we deduce that there exists \(c_{T_0,T_1} > 0\) such that \(p_T(x,y) \geq c_{T_0,T_1}\) in \(\text{supp}(\mu) \times \text{supp}(\nu)\) for all \(T \in [T_0,T_1]\), whence

\[ f^T = f^T\|g^T\|_{L^1(m)} \leq \frac{\|\rho\|_{L^\infty(m)}}{c_{T_0,T_1}}, \quad \text{m-a.e. in } \text{supp}(\mu) \]

provided \(T \in [T_0,T_1]\), and this proves the first inequality in (2.11). For the second one it is sufficient to swap the roles of \(f^T\) and \(g^T\). If we further assume \([H2]\), then the Gaussian lower bound (2.8) holds. Hence for all \(T_0 > 0\) there exists \(c_{T_0} > 0\) such that \(p_T(x,y) \geq c_{T_0}\) in \(\text{supp}(\mu) \times \text{supp}(\nu)\) for all \(T \geq T_0\), whence by the same argument as above the first inequality in (2.12) follows. By interchanging the roles of \(f^T\) and \(g^T\), the same conclusion follows for \(g^T\).

The Benamou-Brenier formulation. The equivalence between (2.9) and (1.2) is extremely fruitful, as it enables to fully describe the optimal pair \((\bar{\rho}^T, \bar{v}^T)\) in the fluid-dynamical description (1.1) of the entropic cost. Indeed,

\[
\bar{\rho}^T_t = P_tf^T P_{T-t}g^T, \quad \bar{v}^T_t = \frac{1}{2}\nabla \log P_{T-t}g^T - \frac{1}{2}\nabla \log P_tf^T, \quad t \in [0,T].
\]

Actually, (1.3) and the identities above are nothing but a reparametrization of the Benamou-Brenier-like formula for the entropic cost established in [18, Theorem 4.2] and [33], which reads as

\[
T\mathcal{E}_T(\mu,\nu) = \frac{T}{2}\mathcal{H}(\mu|m) + \mathcal{H}(\nu|m) + \inf_{(\rho,v)} \int_0^1 \left( \frac{1}{2}|\nabla \rho_t|^2 + \frac{T^2}{8} |\nabla \log \rho_t|^2 \right) \rho_t dt dm, \quad (2.13)
\]

and of

\[
\rho^T_t := P_T f^T P_{T(1-t)} g^T, \quad v^T_t := \frac{T}{2}\nabla \log P_{T(1-t)} g^T - \frac{T}{2} \nabla \log P_T f^T, \quad t \in [0,1].
\]

In other words

\[
\rho^T_t = \bar{\rho}^T_t \quad \text{and} \quad v^T_t = T\bar{v}^T_t. \quad (2.14)
\]

In (2.13) the infimum runs over all weak solutions of the continuity equation (1.5) satisfying the marginal constraints \(\rho_0 m = \mu\) and \(\rho_1 m = \nu\), while \((\rho^T, v^T)\) defined above is the unique optimal density-velocity couple for (2.13). It is also useful to see the second term in the right-hand side of (2.13) as an action functional, whose arguments are the curves \((\rho_t)\) and \((v_t)\), i.e.

\[
\mathcal{A}_T(\rho,v) := \int_0^1 \left( \frac{1}{2}|v_t|^2 + \frac{T^2}{8} |\nabla \log \rho_t|^2 \right) \rho_t dt dm.
\]
When $T = 0$, $\mathcal{A}_T$ is a purely kinetic energy and by the well-known Benamou-Brenier formulation of the optimal transport problem [6],

$$\frac{1}{2}W_2^2(\mu, \nu) = \inf_{(\rho^0, v^0)} \mathcal{A}_0(\rho, v),$$

(2.15)

where the infimum is taken over the same set as in (2.13). In this case optimal couples shall be denoted by $(\rho^0, v^0)$. Let us also recall that

$$\mathcal{E}_T(\mu, \nu) = \mathcal{H}(\mu | m) + \frac{T}{2} \int_0^1 |\nabla \log P_{T(1-t)}g^T|^2 \rho_t^T \, dt \, d\mu$$

$$= \mathcal{H}(\nu | m) + \frac{T}{2} \int_0^1 |\nabla \log P_{Tt}f^T|^2 \rho_t^T \, dt \, d\mu,$$

(2.16)

which trivially implies

$$\int_0^1 |\nabla \log P_{Tt}f^T|^2 \rho_t^T \, dt \, d\mu, \quad \int_0^1 |\nabla \log P_{T(1-t)}g^T|^2 \rho_t^T \, dt \, d\mu < \infty$$

(2.17)

Finally, the expression of the conserved quantity $\mathcal{E}_T(\mu, \nu)$ in terms of the rescaled optimal couple $(\rho^T, v^T)$ reads as

$$\mathcal{E}_T(\mu, \nu) = \frac{1}{2T^2} \int |v_t^T|^2 \rho_t^T \, d\mu - \frac{1}{8} \int |\nabla \log \rho_t^T|^2 \rho_t^T \, d\mu$$

$$= \frac{1}{2} \int \nabla \log P_{T(1-t)}g^T \cdot \nabla \log P_{Tt}f^T \rho_t^T \, d\mu.$$

(2.18)

Dual formulation. For future reference, it is also worth mentioning the fact that, for all $\mu, \nu$ satisfying [11], the (rescaled) entropic cost admits the following dual representation (see [18, 33])

$$T^2 \mathcal{E}_T(\mu, \nu) = T \mathcal{H}(\mu | m) + \sup_{\phi \in C_b(M)} \left\{ \int Q_T^T \phi \, d\mu - \int \phi \, d\nu \right\},$$

(2.19)

where $Q_T^T \phi := -T \log P_T(\exp(-\phi/T))$.

Geometric information. As regards the relationship between Schrödinger problem and lower Ricci bounds, let us recall that in [8] the first-named author showed that [11] implies the following distorted $\kappa$-convexity inequality of the entropy along entropic interpolations:

$$\mathcal{H}(\mu_t^T \, | \, m) \leq \frac{1 - \exp(-\kappa T(1-t))}{1 - \exp(-\kappa T)} \mathcal{H}(\mu \, | \, m) + \frac{1 - \exp(-\kappa T)}{1 - \exp(-\kappa T)} \mathcal{H}(\nu \, | \, m)$$

$$- \frac{\cosh(\kappa T/2) - \cosh(\kappa T(t - 1/2))}{\sinh(\kappa T/2)} \mathcal{E}_T(\mu, \nu),$$

(2.20)

for all $t \in [0, 1]$, where $\mu_t^T := \rho_t^T m$. Truth to be told, the result in [8] was stated in the framework of compact Riemannian manifolds satisfying [11] with $\kappa > 0$ and endowed with the volume measure, but the proof can be adapted to our setting when [12] holds, by relying on [16, Lemma 3.7]. Indeed, if we set

$$\rho_t^{T, \delta} := c_\delta(P_{Tt}f^T + \delta)(P_{T(1-t)}g^T + \delta), \quad \mu_t^{T, \delta} := \rho_t^{T, \delta} \, m,$$

$$v_t^{T, \delta} := \frac{T}{2} \nabla \log(P_{T(1-t)}g^T + \delta) - \frac{T}{2} \nabla \log(P_{Tt}f^T + \delta),$$

(2.21)
where \( c_\delta \) is a normalization constant so that \( \rho_t^{T,\delta} \) is still a probability density, then the identities

\[
\partial_t \log(P_{T,t}f^T + \delta) = \frac{T}{2} |\nabla \log(P_{T,t}f^T + \delta)|^2 + TL \log(P_{T,t}f^T + \delta) \\
\partial_t \log(P_{T(1-t)}g^T + \delta) = \frac{T}{2} |\nabla \log(P_{T(1-t)}g^T + \delta)|^2 + TL \log(P_{T(1-t)}g^T + \delta) \\
\partial_t \rho_t^{T,\delta} + \text{div}_m(v_t^{T,\delta} \rho_t^{T,\delta}) = 0
\]

hold both in the classical sense and as strong \( W^{1,2} \)-limits, where \( L := \Delta/2 - \nabla U \cdot \nabla \) is the generator of \( (P_t) \). This is sufficient to follow the lines of [8, Lemma 3.6, Lemma 3.7] and [16, Lemma 3.7] and deduce the following

**Lemma 2.2.** Under [111], given \( \mu, \nu \) as in [114] and with the same notations as in (2.21), for all \( \delta > 0 \) and \( t \in [0,1] \) define

\[
h_f(t) := \int \log(P_{T,t}f^T + \delta) \, d\mu_t^{T,\delta}, \quad h_b(t) := \int \log(P_{T(1-t)}g^T + \delta) \, d\mu_t^{T,\delta}.
\]

Then \( h_f \in C([0,1]) \cap C^2((0,1)) \), \( h_b \in C([0,1]) \cap C^2((0,1)) \),

\[
h'_f(t) = -\frac{T}{2} \int |\nabla \log(P_{T,t}f^T + \delta)|^2 \, d\mu_t^{T,\delta}, \quad h'_b(t) = -\frac{T}{2} \int |\nabla \log(P_{T(1-t)}g^T + \delta)|^2 \, d\mu_t^{T,\delta}
\]

and

\[
h''_f(t) \geq -\kappa Th'_f(t), \quad h''_b(t) \geq \kappa Th'_b(t).
\]

By [8, Lemma 4.1] and following the proof of Theorem 1.4 therein, we obtain

\[
\mathcal{H}(\mu_t^{T,\delta} | m) \leq \frac{1 - \exp(-\kappa T(1-t))}{1 - \exp(-\kappa T)} \mathcal{H}(\mu_0^{T,\delta} | m) + \frac{1 - \exp(-\kappa T t)}{1 - \exp(-\kappa T)} \mathcal{H}(\mu_1^{T,\delta} | m)
\]

\[
- \frac{\cosh(\kappa T/2) - \cosh(\kappa T(t - 1/2))}{\sinh(\kappa T/2)} \mathcal{C}_T(\mu_0^{T,\delta}, \mu_1^{T,\delta}).
\]

It is now sufficient to pass to the limit as \( \delta \downarrow 0 \); \( \mathcal{H}(\mu_t^{T,\delta} | m) \) converges to \( \mathcal{H}(\mu_t^T | m) \), \( \mathcal{H}(\mu_0^{T,\delta} | m) \) to \( \mathcal{H}(\mu | m) \) and \( \mathcal{H}(\mu_1^{T,\delta} | m) \) to \( \mathcal{H}(\nu | m) \) by dominated convergence theorem; as concerns \( \mathcal{C}_T(\mu_0^{T,\delta}, \mu_1^{T,\delta}) \), this converges to \( \mathcal{C}_T(\mu, \nu) \) for the following reason: \( \bar{f}^T := \sqrt{c_\delta}(f^T + \delta) \) and \( \bar{g}^T := \sqrt{c_\delta}(g^T + \delta) \) solve (2.3) with \( \mu_0^{T,\delta}, \mu_1^{T,\delta} \) as marginal constraints, so that

\[
\mathcal{C}_T(\mu_0^{T,\delta}, \mu_1^{T,\delta}) = \mathcal{H}(\bar{f}^T \otimes \bar{g}^T R_{0,T} | R_{0,T})
\]

and again by dominated convergence the right-hand side above converges to

\[
\mathcal{H}(f^T \otimes g^T R_{0,T} | R_{0,T}) = \mathcal{C}_T(\mu, \nu).
\]

Let us stress that the fact that \( \bar{f}^T \) and \( \bar{g}^T \) solve (2.3) with \( \mu_0^{T,\delta}, \mu_1^{T,\delta} \) as marginal constraints and the equivalence between SP and (2.7) immediately imply that \( (\rho^{T,\delta}, v^{T,\delta}) \) is optimal in (2.13).
3 Proof of the main results

3.1 A $\Gamma$-convergence proof of Theorem 1.2

A rather straightforward proof of the long-time behavior of $C_T(\mu, \nu)$ can be obtained by a $\Gamma$-convergence argument. Its essence is contained in the following

Lemma 3.1. Under assumption [H1] with $\kappa \geq 0$ and [H2], assume that $\mu, \nu \in \mathcal{P}_2(M)$ with $\mathcal{H}(\mu \mid m), \mathcal{H}(\nu \mid m) < \infty$. Let $(T_n)_{n \in \mathbb{N}} \subset \mathbb{R}_{\geq 0}$ be a sequence converging to $+\infty$ and, for any $n$, consider the functional $\mathcal{H}(\cdot \mid R_{0,T_n})$ defined on $\Pi(\mu, \nu)$ endowed with the weak topology. Then

$$\Gamma - \lim_{n \to \infty} \mathcal{H}(\cdot \mid R_{0,T_n}) = \mathcal{H}(\cdot \mid m \otimes m)$$

Proof. As a first step, we claim that for any lower bounded lower semicontinuous function $\phi$ on $M \times M$ it holds

$$\liminf_{n \to \infty} \int_{M \times M} \phi \ dR_{0,T_n} \geq \int_{M \times M} \phi \ d(m \otimes m). \quad (3.1)$$

Since $R_{0,T_n}(M \times M) = 1$, the claim is trivial for constant functions; hence, without loss of generality we can assume that $\phi \geq 0$ and, under this further assumption, the Gaussian lower bound (2.8) together with Fatou’s lemma yields (3.1). By Portmanteau theorem this is equivalent to say that

$$R_{0,T_n} \rightharpoonup m \otimes m \quad (3.2)$$

in duality with $C_b(M \times M)$.

After this premise, let $\pi \in \Pi(\mu, \nu)$, $(\pi_n) \subset \Pi(\mu, \nu)$ and assume that $\pi_n \rightharpoonup \pi$. The lower semicontinuity of the relative entropy w.r.t. to both its arguments together with (3.2) gives that

$$\liminf_{n \to \infty} \mathcal{H}(\pi_n \mid R_{0,T_n}) \geq \mathcal{H}(\pi \mid m \otimes m),$$

thus the $\Gamma$-liminf inequality. To complete the proof, let $\pi \in \Pi(\mu, \nu)$ and find a sequence $(\pi^n) \subset \Pi(\mu, \nu)$ such that

$$\limsup_{n \to \infty} \mathcal{H}(\pi^n \mid R_{0,T_n}) \leq \mathcal{H}(\pi \mid m \otimes m). \quad (3.3)$$

To this aim it is not restrictive to assume that $\mathcal{H}(\pi \mid m \otimes m) < \infty$ and it is also easy to see that $\pi^n \equiv \pi$ satisfies (3.3). Indeed, the Gaussian lower bound (2.8) and the fact that (H1) holds with $\kappa \geq 0$ imply that

$$- \log p_{T_n}(x,y) \leq \frac{1}{2T_n} \ d^2(x,y)$$

for all $x, y \in M$ and for all $n \in \mathbb{N}$. In particular, since $d^2(x,y) \leq 2d^2(x,z) + 2d^2(y,z)$ for all $z \in M$ and $\mu, \nu \in \mathcal{P}_2(M)$ we have that $\int_{M \times M} - \log p_{T_n}(x,y) \pi(dx, dy)$ is well defined for all $n$ and

$$- \int_{M \times M} \log p_{T_n}(x,y) \pi(dx, dy) \leq \frac{C}{2T_n} \quad (3.4)$$

for some constant $C$ independent of $n$. Next, observe that by definition of $p_{T_n}(\cdot, \cdot)$ and $\pi^n$ we have

$$\mathcal{H}(\pi^n \mid R_{0,T_n}) = \mathcal{H}(\pi \mid m \otimes m) - \int \log p_{T_n}(x,y) \pi(dx, dy), \quad (3.5)$$
where the sum on the right-hand side is well defined because $0 \leq H(\pi \mid m \otimes m) < \infty$ by assumption and the fact that $m \otimes m$ is a probability, and a fortiori $\int \log p_{T_n} \, d\pi \in [-\infty, +\infty)$, since $H(\pi^n \mid R_{0,T_n}) \geq 0$. Plugging (3.4) into (3.5) and letting $n \to \infty$ yields (3.3) and thus the $\Gamma$-limsup inequality.

Let us point out that in the previous lemma and thus in Theorem 1.2 (12) is required only when $\kappa = 0$. As regards the long-time behavior of $\mathcal{E}_T(\mu, \nu)$, we need to determine in which way $\mathcal{E}_T(\mu, \nu)$ is controlled in terms of $C_T(\mu, \nu)$.

Lemma 3.2. Under (H1) with $\kappa \geq 0$, (H2) and (H4) it holds

\[
T|\mathcal{E}_T(\mu, \nu)| \leq C_T(\mu, \nu) - \frac{1}{2} \left( H(\mu \mid m) + H(\nu \mid m) \right),
\]

(3.6)

Proof. Let us start observing that

\[
T \mathcal{E}_T(\mu, \nu) = T \int_0^1 \mathcal{E}_T(\mu, \nu) \, dt = \int \int_0^1 \left( \frac{1}{2T} |T_v|^2 - \frac{T}{8} \left| \nabla \log \rho_t \right|^2 \right) \rho_t^T \, dt \, dm
\]

\[
= \mathcal{E}_T(\mu, \nu) - \frac{1}{2} \left( H(\mu \mid m) + H(\nu \mid m) \right) - \frac{T}{4} \int \left| \nabla \log \rho_t^T \right|^2 \rho_t^T \, dt \, dm,
\]

whence trivially the desired upper bound for $T \mathcal{E}_T(\mu, \nu)$. On the other hand, Young’s inequality and (2.16) yield

\[
\frac{T}{4} \int \left| \nabla \log \rho_t^T \right|^2 \rho_t^T \, dt \, dm \leq \frac{T}{2} \int \left( \left| \nabla \log P_t f \right|^2 + \left| \nabla \log P_t (1-t) g \right|^2 \right) \rho_t^T \, dt \, dm
\]

\[
= 2 \mathcal{E}_T(\mu, \nu) - H(\mu \mid m) - H(\nu \mid m),
\]

so that plugging this inequality into the previous identity gives also the lower bound for $T \mathcal{E}_T(\mu, \nu)$.

We are now in the position to prove Theorem 1.2.

Proof. It is easily seen that the unique optimal coupling in

\[
\inf_{\pi \in \Pi(\mu, \nu)} H(\pi \mid m \otimes m)
\]

is $\mu \otimes \nu$ and that the optimal value is $H(\mu \mid m) + H(\nu \mid m)$. Consider a sequence $(T_n)_{n \in \mathbb{N}}$ such that $T_n \to \infty$ and let $\pi_n$ be the optimal coupling in the corresponding Schrödinger problem, i.e. $H(\pi_n \mid R_{0,T_n}) = \mathcal{E}_{T_n}(\mu, \nu)$. Since $\Pi(\mu, \nu)$ is compact for the weak topology, $\pi_n$ has an accumulation point $\pi^*$. The basic results of $\Gamma$-convergence ensure that $\pi^*$ is optimal for (3.7), whence $\pi^* = \mu \otimes \nu$ by uniqueness. Using again the basic properties of $\Gamma$-convergent sequences we finally obtain the convergence of the optimal values, namely

\[
\lim_{n \to \infty} \mathcal{E}_{T_n}(\mu, \nu) = H(\mu \mid m) + H(\nu \mid m).
\]

Dividing by $T$ (3.6) and letting $T \to \infty$, the long-time behavior of $\mathcal{E}_T(\mu, \nu)$ is established as well.
3.2 Proof of Theorem 1.1 and Theorem 1.6

The proof of Theorem 1.1 requires the preparatory Lemmas 3.3, 3.4 and 3.5. In the first one we show that the Fisher information of the entropic interpolation is non-increasing as a function of $T$.

**Lemma 3.3.** Under the assumptions of Theorem 1.1, let $(\rho^T, v^T)$ be optimal for the formulation (2.13) and $(\rho^0, v^0)$ for (2.15). Then the function

$$ [0, \infty) \ni T \mapsto \int_0^1 |\nabla \log \rho^T_t|^2 \rho^T_t \, dt \, dm $$

is non-increasing, where \( \int |\nabla \log \rho^0_t|^2 \rho^0_t \, dm := +\infty \) whenever \( \rho^0_t \) is not Sobolev.

**Proof.** Fix \( 0 \leq T_1 < T_2 \). Summing the inequalities

$$ \mathcal{A}_{T_1}(\rho^{T_1}, v^{T_1}) \leq \mathcal{A}_{T_2}(\rho^{T_2}, v^{T_2}), \quad \mathcal{A}_{T_2}(\rho^{T_2}, v^{T_2}) \leq \mathcal{A}_{T_1}(\rho^{T_1}, v^{T_1}) $$

and dividing by \( (T_2^2 - T_1^2)/8 \) we obtain

$$ \int_0^1 |\nabla \log \rho^{T_2}_t|^2 \rho^{T_2}_t \, dt \, dm \leq \int_0^1 |\nabla \log \rho^{T_1}_t|^2 \rho^{T_1}_t \, dt \, dm, $$

which is the desired conclusion.

In the second lemma we prove the continuity in $T$ of the functions $f^T$ and $g^T$ given by (2.9) with respect to the $L^p(m)$ norm, for any $p \in [1, \infty)$.

**Lemma 3.4.** Under the assumptions of Theorem 1.1, the functions $T \mapsto f^T$ and $T \mapsto g^T$ are continuous from \((0, \infty)\) to $L^p(m)$, for any $p \in [1, \infty)$.

As a byproduct, the functions $T \mapsto \mathbb{P}_T f^T$ and $T \mapsto \mathbb{P}_T g^T$ are continuous from \((0, \infty)\) to $L^p(m)$, $p \in [1, \infty)$, as well.

**Proof.** Let $T_0 > 0$, $0 < \delta < T_0$ and denote by $C_\delta$ the positive constant provided by Lemma 2.3(i) on the interval $[T_0 - \delta, T_0 + \delta]$. From the first bound in (2.11) we immediately deduce that $(f^T)_{T \in [T_0 - \delta, T_0 + \delta]}$ is bounded in $L^\infty(m)$, hence in $L^p(m)$ for all $p \in [1, \infty]$, because all the functions $f^T$ are supported in $\text{supp}(\mu)$ and this has finite mass. From (2.7), (2.10) and the fact that $\mu, \nu$ have bounded support we also have

$$ 1 = \int f^T(x)g^T(y)\mathbb{P}_T(x, y)\mu(dx)\nu(dy) \leq C'_\delta \|f^T\|_{L^1(m)} \quad \forall T \in [T_0 - \delta, T_0 + \delta] $$

for some $C'_\delta > 0$, whence

$$ \|f^T\|_{L^1(m)} \geq \frac{1}{C'_\delta}, \quad \forall T \in [T_0 - \delta, T_0 + \delta]. $$

Plugging this inequality into the second bound in (2.11) yields

$$ \|g^T\|_{L^\infty(m)} \leq \frac{C'_\delta}{C_\delta} \sigma \|\sigma\|_{L^\infty(m)}, \quad \forall T \in [T_0 - \delta, T_0 + \delta]. \quad (3.8) $$
Hence also \((g^T)_{T \in [T_0 - \delta, T_0 + \delta]}\) is bounded in \(L^p(\mu)\) for all \(p \in [1, \infty]\), because all the functions \(g^T\) are supported in \(\text{supp}(\nu)\) and this has finite mass.

After this premise, we are now in the position to prove the continuity of \(T \mapsto f^T\) and \(T \mapsto g^T\). Indeed, if \(|h| < \delta\) then by Banach-Alaoglu theorem there exist a (not relabeled) subsequence and functions \(\hat{f}, \hat{g} \in L^1 \cap L^\infty(\mu)\) such that \(f_{T_0 + h} \xrightarrow{\ast} \hat{f}\) and \(g_{T_0 + h} \xrightarrow{\ast} \hat{g}\) in \(L^\infty(\mu)\) as \(h \to 0\). We claim that

\[
\lim_{h \to 0} P_{T_0 + h} f_{T_0 + h} = P_{T_0} \hat{f} \quad \text{and} \quad \lim_{h \to 0} P_{T_0 + h} g_{T_0 + h} = P_{T_0} \hat{g}, \tag{3.9}
\]

where both limits have to be understood in \(L^p(\mu)\) for \(p \in [1, \infty)\).

To this aim, write

\[
\|P_{T_0 + h} f_{T_0 + h} - P_{T_0} \hat{f}\|_{L^p(\mu)} \leq \|P_{T_0 + h} f_{T_0 + h} - P_{T_0 + h} \hat{f}\|_{L^p(\mu)} + \|P_{T_0 + h} \hat{f} - P_{T_0} \hat{f}\|_{L^p(\mu)}
\]

and observe that the second term on the right-hand side trivially vanishes as \(h \to 0\). As regards the first one,

\[
\|P_{T_0 + h} f_{T_0 + h} - P_{T_0} \hat{f}\|_{L^p(\mu)} = \|P_{T_0 - \delta} (P_{T_0 - \delta} f_{T_0 + h} - P_{T_0 - \delta} \hat{f})\|_{L^p(\mu)}
\]

because \(P_T : L^p(\mu) \to L^p(\mu)\) is a contraction for all \(p \in [1, \infty]\). Secondly, by (2.6), the fact that \(f_{T_0 + h} \xrightarrow{\ast} \hat{f}\) in \(L^\infty(\mu)\) and \(p_t(x, \cdot) \in L^1(\mu)\) for all \(x \in M\), we deduce that

\[
\lim_{h \to 0} P_{T_0 - \delta} f_{T_0 + h}(x) = P_{T_0 - \delta} \hat{f}(x), \quad \forall x \in M. \tag{3.10}
\]

Since, as already remarked, \((f^T)_{T \in [T_0 - \delta, T_0 + \delta]}\) is bounded in \(L^\infty(\mu)\) and all the functions \(f^T\) are supported in \(\text{supp}(\mu)\), there exists \(M > 0\) sufficiently large such that \(0 \leq f^T \leq M \mathbb{1}_{\text{supp}(\mu)}\) for all \(T \in [T_0 - \delta, T_0 + \delta]\), whence

\[
0 \leq P_{T_0 - \delta} f^T \leq M P_{T_0 - \delta} (\mathbb{1}_{\text{supp}(\mu)}), \quad \forall T \in [T_0 - \delta, T_0 + \delta]
\]

by the maximum principle. As the right-hand side above belongs to \(L^1 \cap L^\infty(\mu)\) and does not depend on \(T\), by (3.10) and the dominated convergence theorem we thus infer that

\[
\lim_{h \to 0} \|P_{T_0 - \delta} f_{T_0 + h} - P_{T_0 - \delta} \hat{f}\|_{L^p(\mu)} = 0,
\]

whence, combining this fact with the previous steps, the validity of the first limit in (3.9).

The argument for the second limit is completely analogous.

As a consequence, up to extract a further (not relabeled) subsequence, we have that the limits in (3.9) hold \(\text{m-a.e.}\). Therefore, if we look at the Schrödinger system (2.9) at time \(T_0 + h\), which reads as

\[
\rho = f_{T_0 + h} P_{T_0 + h} g_{T_0 + h}, \quad \sigma = g_{T_0 + h} P_{T_0 + h} f_{T_0 + h},
\]

and rewrite it as

\[
f_{T_0 + h} = \frac{\rho}{P_{T_0 + h} g_{T_0 + h}}, \quad g_{T_0 + h} = \frac{\sigma}{P_{T_0 + h} f_{T_0 + h}},
\]

which is possible because \(P_{T_0 + h} f_{T_0 + h}, P_{T_0 + h} g_{T_0 + h} > 0\), we deduce that

\[
\lim_{h \to 0} f_{T_0 + h} = \frac{\rho}{P_{T_0} \hat{g}} \quad \text{and} \quad \lim_{h \to 0} g_{T_0 + h} = \frac{\sigma}{P_{T_0} \hat{f}},
\]

whence, combining this fact with the previous steps, the validity of the first limit in (3.9).
both limits being understood m-a.e. This is compatible with $f^{T_0+h} \overset{\ast}{\rightharpoonup} f$ and $g^{T_0+h} \overset{\ast}{\rightharpoonup} g$ in $L^\infty(m)$ as $h \to 0$ if and only if

$$
\tilde{f} = \frac{\rho}{P_{T_0}g} \quad \text{and} \quad \tilde{g} = \frac{\sigma}{P_{T_0}f},
$$

namely if and only if

$$
\rho = \tilde{f} P_{T_0} \tilde{g}, \quad \sigma = \tilde{g} P_{T_0+h} \tilde{f}.
$$

This means that $\tilde{f} = f^{T_0}$ and $\tilde{g} = g^{T_0}$ by uniqueness of the $(f,g)$-decomposition and by the normalization $(2.10)$. Since this is true for any convergent subsequence obtained via Banach-Alaoglu theorem, we deduce that the whole sequences $(f^{T_0+h})$ and $(g^{T_0+h})$ converge in $L^p(m)$ to $f^{T_0}$ and $g^{T_0}$ respectively, whence the desired conclusion.

It is then sufficient to combine the fact that $\tilde{f} = f^{T_0}$ and $\tilde{g} = g^{T_0}$ with $(3.9)$ to get also the continuity of $T \mapsto P_T f^T$ and $T \mapsto P_T g^T$. □

Finally, in the next lemma we show that the energy $\mathcal{E}_T(\mu,\nu)$ is continuous as a function of $T$.

**Lemma 3.5.** Under the assumptions of Theorem 1.1, the function $T \mapsto \mathcal{E}_T(\mu,\nu)$ is continuous on $(0,\infty)$.

**Proof.** Let us start observing that the second identity in $(2.18)$ can be equivalently rewritten as

$$
\mathcal{E}_T(\mu,\nu) = \frac{1}{2} \int \nabla P_T f^T \cdot \nabla P_{T(1-t)} g^T \, dm,
$$

so fix $t \in (0,1)$ and note that, by integration by parts first and Cauchy-Schwarz inequality then, we obtain

$$
\begin{align*}
|\mathcal{E}_{T+h}(\mu,\nu) - \mathcal{E}_T(\mu,\nu)| &\leq \frac{1}{2} \left| \int \nabla P_{(T+h)t} f^{T+h} \cdot \nabla (P_{(T+h)(1-t)} g^{T+h} - P_{T(1-t)} g^T) \, dm \right| \\
&+ \frac{1}{2} \left| \int \nabla (P_{(T+h)t} f^{T+h} - P_{Tt} f^T) \cdot \nabla P_{T(1-t)} g^T \, dm \right| \\
&\leq \frac{1}{2} \left| \int \left[ \left(P_{(T+h)t} f^{T+h}(P_{(T+h)(1-t)} g^{T+h} - P_{T(1-t)} g^T) \right) \right] \right| \\
&+ \frac{1}{2} \left| \int \left[ (P_{(T+h)t} f^{T+h} - P_{Tt} f^T) P_{T(1-t)} g^T \right] \right| \\
&\leq \frac{1}{2} \|P_{(T+h)t} f^{T+h}\|_{L^2(m)} \|P_{(T+h)(1-t)} g^{T+h} - P_{T(1-t)} g^T\|_{L^2(m)} \\
&+ \frac{1}{2} \|P_{Tt} f^T - P_{T(1-t)} g^T\|_{L^2(m)} \|P_{T(1-t)} g^T\|_{L^2(m)}.
\end{align*}
$$

The second summand after the last inequality clearly vanishes as $h \to 0$, because of Lemma 3.4. As concerns the first one, argue as in the proof of Lemma 3.4 and notice that for $h$ sufficiently small, say $|h| < \delta$ with $0 \leq \delta \leq T$, all the functions $f^{T+h}$ are uniformly bounded in $L^\infty(m)$ and supported in supp($\mu$), hence also uniformly bounded in $L^2(m)$. By the a priori estimate $(2.1)$, this is sufficient to conclude that there exists $M > 0$ sufficiently large such that $\|P_{(T+h)t} f^{T+h}\|_{L^2(m)} \leq M$ for all $|h| < \delta$. Hence, by Lemma 3.4, also the first summand after the last inequality converges to 0 in the limit, whence the continuity of $T \mapsto \mathcal{E}_T(\mu,\nu)$. □

Let us now prove Theorem 1.1.
Proof of Theorem 3.1. Consider the map \( T \mapsto \mathcal{A}_T(\rho^T, v^T) \), write
\[
\frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h} = \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_{T+h}(\rho^T, v^T)}{h} + \frac{\mathcal{A}_{T+h}(\rho^T, v^T) - \mathcal{A}_T(\rho^T, v^T)}{h}
\]
and observe that the first term on the right-hand side is non-positive by optimality of \((\rho^{T+h}, v^{T+h})\) for \(\mathcal{A}_{T+h}\). For the second one
\[
\mathcal{A}_{T+h}(\rho^T, v^T) - \mathcal{A}_T(\rho^T, v^T) = \left(\frac{T h}{4} + \frac{h^2}{8}\right) \int_0^1 |\nabla \log \rho^T|^2 \rho^T \, dt \, dm,
\]
so that
\[
\limsup_{h \to 0} \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h} = \frac{T}{4} \int_0^1 |\nabla \log \rho^T|^2 \rho^T \, dt \, dm = (\partial_T \mathcal{A}_T)(\rho^T, v^T)
\]
and combining these two facts we deduce
\[
\limsup_{h \to 0} \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h} \leq (\partial_T \mathcal{A}_T)(\rho^T, v^T). \tag{3.11}
\]
On the other hand we can also write
\[
\frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h} = \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^{T+h}, v^{T+h})}{h} + \frac{\mathcal{A}_T(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h}
\]
and remark that now the second term on the right-hand side is non-negative by optimality of \((\rho^T, v^T)\) for \(\mathcal{A}_T\). As regards the first one,
\[
\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^{T+h}, v^{T+h}) = \left(\frac{T h}{4} + \frac{h^2}{8}\right) \int_0^1 |\nabla \log \rho^{T+h}|^2 \rho^{T+h} \, dt \, dm
\]
and by Lemma 3.3 we know in particular that \(\rho^{T+h}_i \to \rho^T_i\) in \(L^1(\mu)\) as \(h \to 0\), for all \(t \in [0,1]\) and \(T > 0\), so that by the lower semicontinuity of the Fisher information in \(L^1(\mu)\) (see for instance [21 Lemma 4.10]) we infer that
\[
\liminf_{h \to 0} \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^{T+h}, v^{T+h})}{h} \geq \frac{T}{4} \int_0^1 |\nabla \log \rho^T|^2 \rho^T \, dt \, dm = (\partial_T \mathcal{A}_T)(\rho^T, v^T).
\]
This yields
\[
\liminf_{h \to 0} \frac{\mathcal{A}_{T+h}(\rho^{T+h}, v^{T+h}) - \mathcal{A}_T(\rho^T, v^T)}{h} \geq (\partial_T \mathcal{A}_T)(\rho^T, v^T),
\]
which together with (3.11) implies that \(T \mapsto \mathcal{A}_T(\rho^T, v^T)\) is everywhere differentiable on \((0, \infty)\), hence continuous therein, and
\[
\frac{d}{dT} \mathcal{A}_T(\rho^T, v^T) = (\partial_T \mathcal{A}_T)(\rho^T, v^T).
\]
Therefore \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) is everywhere differentiable (hence continuous) on \((0, \infty)\) as well and, by (2.13) and the very definition of \( \mathcal{E}_T(\mu, \nu) \) and \( \mathcal{E}_T(\mu, \nu) \),

\[
\frac{d}{dT}(T\mathcal{E}_T(\mu, \nu)) = \frac{1}{2}(\mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m)) + (\partial_T \mathcal{A}_T)(\rho^T, v^T)
= \frac{1}{2}(\mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m)) + \frac{T}{4} \int_0^1 |\nabla \log \rho_1^T|^2 \rho_1^T \, dm
= \mathcal{E}_T(\mu, \nu) - T\mathcal{E}_T(\mu, \nu),
\]
which proves both formulas for the first derivative of \( T \mapsto T\mathcal{E}_T(\mu, \nu) \), thanks to (2.14). Now notice that the right-hand side above is continuous on \((0, \infty)\): \( T \mapsto \mathcal{E}_T(\mu, \nu) \) is continuous on \((0, \infty)\) since so is \( T \mapsto T\mathcal{E}_T(\mu, \nu) \), while \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) is continuous by Lemma 3.5. Hence \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) belongs to \( C^1((0, \infty)) \). The fact that \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) is also twice differentiable a.e. follows from the fact that

\[
\frac{d^2}{dT^2}(T\mathcal{E}_T(\mu, \nu)) = \frac{1}{4} \int_0^1 |\nabla \log \rho_1^T|^2 \rho_1^T \, dm
\]
and the last term on the right-hand side is the product of a linear function and a monotone (non-increasing) one, thanks to Lemma 3.3.

This concludes the proof of (ii). Claim (i) is a straightforward consequence as well as the formula for the second derivative of \( T \mapsto T\mathcal{E}_T(\mu, \nu) \).

From Theorem 1.1 the proof of Theorem 1.6 immediately follows.

**Proof of Theorem 1.6.** As regards (1.17), we only prove the upper bound, the lower bound being an immediate consequence of the Benamou-Brenier formulation (2.13). Since \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) belongs to \( C^1((0, \infty)) \) we can use the fundamental theorem of calculus that gives for all \( \varepsilon > 0 \)

\[
T\mathcal{E}_T(\mu, \nu) - \varepsilon \mathcal{E}_\varepsilon(\mu, \nu) = \frac{\mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m)}{2}(T - \varepsilon) + \int_{\varepsilon}^T S \frac{1}{4} \left( \int_0^1 |\nabla \log \rho_t^S|^2 \rho_t^S \, dt \right) \, dS
\leq \frac{\mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m)}{2}(T - \varepsilon) + \left( \frac{T^2}{8} - \frac{\varepsilon^2}{8} \right) \int_0^1 |\nabla \log \rho_t^S|^2 \rho_t^S \, dt \, dS,
\]
where the inequality is motivated by Lemma 3.3. The conclusion follows letting \( \varepsilon \to 0 \) and using the convergence of the rescaled entropic cost towards \( W_2^2(\mu, \nu)/2 \). In order to prove (1.18), note that because of the regularity assumptions, the function \( T \mapsto T\mathcal{E}_T(\mu, \nu) \) has a Taylor expansion of the form

\[
T\mathcal{E}_T(\mu, \nu) = \frac{1}{2} W_2^2(\mu, \nu) + AT + B \frac{T^2}{2} + o(T^2).
\]
It only remains to identify the coefficients and this can be done thanks to the aforementioned regularity assumptions and Theorem 1.1.

3.3 **Proof of Theorem 1.2 and Corollary 1.3**

In this section we provide the reader with a second proof of Theorem 1.2 whose crucial ingredient is a long-time analogue of Lemma 3.4. This is precisely the content of the next
result. With respect to the proof given in Section 3.1 here the marginals $\mu, \nu$ satisfy (H4), hence a condition stronger than (H3); as a consequence we gain information on the long-time behavior of $f^T$ and $g^T$ separately, determining their limits as $T \to \infty$. Let us point out again that (H2) below is required only when $\kappa = 0$.

**Lemma 3.6.** Under the assumptions (H1) with $\kappa \geq 0$, (H2) and (H4), for the functions $f^T, g^T$ given by (2.9) it holds

$$\lim_{T \to \infty} f^T = \rho, \quad \lim_{T \to \infty} g^T = \sigma$$

(3.12)

where both limits are in $L^p(\mu)$ for any $p \in [1, \infty)$.

As a byproduct

$$\lim_{T \to \infty} P_T f^T = \lim_{T \to \infty} P_T g^T = 1,$$

(3.13)

where both limits are in $L^p(\mu)$ for any $p \in [1, \infty)$.

**Proof.** Let $T_0 > 0$ and denote by $C$ the positive constant provided by Lemma 2.1(ii) on the interval $[T_0, \infty)$. From the first bound in (2.12) we immediately deduce that $(f^T)_{T \geq T_0}$ is bounded in $L^\infty(\mu)$, hence in $L^p(\mu)$ for all $p \in [1, \infty)$, as already argued in the proof of Lemma 3.3. From (2.7) with $C_\kappa = 0$ (since $\kappa \geq 0$), (2.10) and the fact that $\mu, \nu$ have bounded support we also have

$$1 = \int f^T(x)g^T(y)p_T(x, y)d\mu(x)d\nu(y) \leq C'\|f^T\|_{L^1(\mu)}, \quad \forall T \geq T_0$$

for some $C' > 0$, whence

$$\|f^T\|_{L^1(\mu)} \geq \frac{1}{C'}, \quad \forall T \geq T_0.$$  

(3.14)

Plugging this inequality into the second bound in (2.12) yields that also $(g^T)_{T \geq T_0}$ is bounded in $L^\infty(\mu)$, thus in $L^p(\mu)$ for all $p \in [1, \infty)$. As a direct consequence of this and of the maximum, we deduce that also $(P_T f^T)_{T \geq T_0}$ and $(P_T g^T)_{T \geq T_0}$ are bounded in $L^\infty(\mu)$.

We are now in the position to prove (3.12). Indeed, by Banach-Alaoglu theorem there exist a (not relabeled) subsequence and functions $\tilde f, \tilde g \in L^\infty(\mu)$ such that $f^T \rightharpoonup \tilde f$ and $g^T \rightharpoonup \tilde g$ in $L^\infty(\mu)$ as $T \to \infty$. We claim that

$$\lim_{T \to \infty} P_T f^T = \int \tilde f d\mu \quad \text{and} \quad \lim_{T \to \infty} P_T g^T = \int \tilde g d\nu,$$

(3.15)

where both limits have to be understood in $L^p(\mu)$ for $p \in [1, \infty)$. To this aim observe that

$$\|P_T f^T - \int \tilde f d\mu\|_{L^p(\mu)} \leq \|P_T f^T - P_{T_0} \tilde f\|_{L^p(\mu)} + \|P_{T_0} \tilde f - \int \tilde f d\mu\|_{L^p(\mu)} \leq \|P_{T_0} f^T - P_{T_0} \tilde f\|_{L^p(\mu)} + \|P_{T_0} \tilde f - \int \tilde f d\mu\|_{L^p(\mu)},$$

(3.16)

where the second inequality is motivated by the fact that $P_T = P_{T-T_0} \circ P_{T_0}$ and $P_{T-T_0}$ is a contraction in $L^p(\mu)$. Therefore, arguing as in the proof of Lemma 3.4 we can see that the first term on the right-hand side above vanishes as $T \to \infty$. On the other hand, the ergodicity of $P_T$ and (H2) entail that

$$\lim_{T \to \infty} P_T \tilde f = \int \tilde f d\mu, \quad \text{in } L^2(\mu),$$

(3.17)
hence in $L^p(m)$ for all $p \in [1, 2]$, while for $p > 2$ it is sufficient to observe that
\[
\|P_T \tilde{f} - \int \tilde{f} \, dm\|_{L^p(m)} \leq \|P_T \tilde{f} - \int \tilde{f} \, dm\|_{L^p(m)}^{p-2} \|P_T \tilde{f} - \int \tilde{f} \, dm\|_{L^2(m)}^2
\]
and use (3.17). Therefore, also the second term on the second line on the right-hand side in (3.16) converges to 0 as $T \to \infty$ and this proves the first identity in (3.15). An analogous argument leads to the second one.

As a consequence, up to extract a further (not relabeled) subsequence, the limits in (3.15) hold $m$-a.e. and if we pass to the limit as $T \to \infty$ in the Schrödinger system (2.9) we get
\[
\rho = \tilde{f} \int \tilde{g} \, dm, \quad \sigma = \tilde{g} \int \tilde{f} \, dm
\]
and because of (2.10) it must hold $\|\tilde{g}\|_{L^1(m)} = 1$, whence $\tilde{f} = \rho$ and this in turn implies $\tilde{g} = \sigma$.

It is now sufficient to combine this information with (3.15) to get (3.13).

**Proof of Theorem 1.2.** Let us first observe that for all $T_0 > 0$ there exists $C > 0$ such that for all $T \geq T_0$ it holds
\[
C^{-1} \leq \|P_T f_T\| \leq C, \quad \text{m.a.e. in supp}(\nu), \quad \text{(3.18a)}
\]
\[
C^{-1} \leq \|P_T g_T\| \leq C, \quad \text{m.a.e. in supp}(\mu). \quad \text{(3.18b)}
\]
Indeed, both upper bounds have been proven in Lemma 3.6, while the lower ones can be deduced relying on (2.8) and the boundedness of supp($\mu$), supp($\nu$). More precisely, for (3.18a) there exists $C > 0$ such that
\[
P_T g_T(x) = \int g_T(y) p_T(x, y) \, dm \geq C \|g_T\|_{L^1(m)} = C_\delta, \quad \forall x \in \text{supp}(\mu), \forall T \geq T_0,
\]
the last identity being motivated by (2.10). For the same reason and taking (3.14) into account
\[
P_T f_T(x) = \int f_T(y) p_T(x, y) \, dm \geq C \|f_T\|_{L^1(m)} \geq \frac{C}{C'}, \quad \forall x \in \text{supp}(\nu), \forall T \geq T_0,
\]
which proves also (3.18b). With this said, by the very definition of the entropic cost and its equivalence with (2.9) we have
\[
\mathcal{C}_T(\mu, \nu) = \int \log f_T^T \, d\mu + \int \log g_T^T \, d\nu = \mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m) - \int \log P_T f_T^T \, d\nu - \int \log P_T g_T^T \, d\mu
\]
and by (3.18a), (3.18b), (3.13) and the dominated convergence theorem we can pass to the limit as $T \to \infty$ in the identity above, thus getting
\[
\lim_{T \to \infty} \mathcal{C}_T(\mu, \nu) = \mathcal{H}(\mu \mid m) + \mathcal{H}(\nu \mid m).
\]
As concerns Corollary 1.3 let us recall an approximation result, whose proof can be found in [16, Lemma 3.1].

**Lemma 3.7.** Let \( \mu \in \mathcal{P}(M) \) with \( \mathcal{H}(\mu \| m) < \infty \) and
\[
\int |\nabla \log \left( \frac{d\mu}{dm} \right) |^2 d\mu < \infty.
\]
Then there exists \((\mu_n) \subset \mathcal{P}(M)\) with \(\mu_n = \rho_n m, \rho_n \in \mathcal{C}_c(M)\) such that \(\mathcal{H}(\mu_n \| m) \to \mathcal{H}(\mu \| m)\)
and
\[
\int |\nabla \log \left( \frac{d\mu_n}{dm} \right) |^2 d\mu_n \to \int |\nabla \log \left( \frac{d\mu}{dm} \right) |^2 d\mu
\]
as \(n \to \infty\).

We can now provide an “entropic” proof of the logarithmic Sobolev inequality.

**Proof of Corollary 1.3.** First of all, we can assume that the right-hand side in (1.13) is finite, otherwise the statement is trivially true; by Lemma 3.7 we can also assume that \(\mu\) has compact support, is absolutely continuous w.r.t. \(m\) and its density \(\rho\) is smooth. Hence, if we take any probability measure \(\nu = \sigma m\) with compact support and smooth density, (1.4) is satisfied. In addition, \(f^T\) and \(g^T\) are also compactly supported and smooth, as they inherit the regularity of \(\rho\) and \(\sigma\) respectively.

After this premise, let us show that \(t \mapsto \mathcal{H}(\mu_t^T \| m)\) is differentiable at \(t = 0\) and
\[
\left. \frac{d}{dt} \mathcal{H}(\mu_t^T \| m) \right|_{t=0} = \int \nabla \log \rho \cdot v_0^T \, d\mu.
\]
To this aim, let us recall that from [16, Lemma 3.7] for every \(\delta > 0\) the map \(t \mapsto \mathcal{H}(\mu_t^{T,\delta} \| m)\) belongs to \(C([0,1]) \cap C^2((0,1))\) and it holds
\[
\left. \frac{d}{dt} \mathcal{H}(\mu_t^{T,\delta} \| m) \right|_{t=0} = \int \nabla \log \rho_t^{T,\delta} \cdot v_t^{T,\delta} \, d\mu_t^{T,\delta},
\]
where \(\rho_t^{T,\delta}, \mu_t^{T,\delta}\) and \(v_t^{T,\delta}\) are defined as in (2.21). If we integrate (3.20) on \([0,t]\) with \(t \leq 1\) we obtain
\[
\mathcal{H}(\mu_t^{T,\delta} \| m) - \mathcal{H}(\mu_0^{T,\delta} \| m) = \int_0^t \int \nabla \log \rho_s^{T,\delta} \cdot v_s^{T,\delta} \, d\mu_s^{T,\delta} \, ds
\]
and by the dominated convergence theorem it is easy to see that the left-hand side converges to \(\mathcal{H}(\mu_t^T \| m) - \mathcal{H}(\mu \| m)\) as \(\delta \downarrow 0\). As regards the right-hand one, to prove that
\[
\lim_{\delta \downarrow 0} \int_0^t \int \nabla \log \rho_s^{T,\delta} \cdot v_s^{T,\delta} \, d\mu_s^{T,\delta} \, ds = \int_0^t \int \nabla \log \rho_s^T \cdot v_s^T \, d\mu_s^T \, ds
\]
we borrow an argument used in [16, Lemma 3.11] and we report it here for reader’s sake. By the very definition of \(v_t^{T,\delta}\) and since
\[
T \log \rho_t^{T,\delta} = T \log(P_T f^T + \delta) + T \log(P_T (1-\delta) g^T + \delta),
\]
the desired conclusion is achieved if we are able to prove that
\[
\lim_{\delta \downarrow 0} \int_0^t |\nabla \log(P_T s f^T + \delta)|^2 \rho_s^{T,\delta} \, ds \, dm = \int_0^t |\nabla \log P_T f^T|^2 \rho_s^T \, ds \, dm,
\]
(3.22a)
\[ \lim_{\delta \downarrow 0} \int_0^t \nabla \log(P_{T(1-s)} g^T + \delta)^2 \rho_s^T \, ds = \int_0^t \nabla \log P_{T(1-s)} g^T |^2 \rho_s^T \, ds. \] (3.22b)

To this aim, notice that \( \rho_t^{T, \delta} = \rho_t^T + \delta P_t f^T + \delta P_{T(1-t)} g^T + \delta^2 \), whence using either \( P_t f^T + \delta \geq P_{Tt} f^T \) or \( P_t f^T + \delta \geq \delta \) it is easy to infer that

\[ |\nabla \log(P_{Tt} f^T + \delta)|^2 \rho_t^T = T^2 \frac{|\nabla P_{Tt} f^T|^2}{(P_{Tt} f^T)^2} \rho_t^T \leq T^2 |\nabla P_{Tt} f^T|^2 \rho_t^T, \]

\[ \delta |\nabla \log(P_{Tt} f^T + \delta)|^2 P_{Tt} f^T = \delta T^2 \frac{|\nabla P_{Tt} f^T|^2}{(P_{Tt} f^T + \delta)^2} P_{Tt} f^T \leq T^2 |\nabla P_{Tt} f^T|^2, \]

\[ \delta^2 |\nabla \log P_{Tt} f^T|^2 = \delta^2 T^2 \frac{|\nabla P_{Tt} f^T|^2}{(P_{Tt} f^T + \delta)^2} \leq T^2 |\nabla P_{Tt} f^T|^2. \]

All the right-hand sides above are integrable on \([0, 1] \times M\) (either by (2.17) or by the Bakry-Émery contraction estimate \( \|f^T\|_{C^\infty_c(M)} \)), thus by dominated convergence (3.22a) follows. An analogous argument holds for (3.22b). Therefore we can pass to the limit as \( \delta \downarrow 0 \) in (3.21) and get

\[ \mathcal{H}(\mu_t^T | m) - \mathcal{H}(\mu | m) = \int_0^t \int \nabla \log \rho_s^T \cdot v_s^T \, d\mu_s^T \, ds, \]

whence (3.19). This allows us to differentiate (2.20) at \( t = 0 \) and obtain

\[ e^{-\kappa T} \mathcal{H}(\mu \mid m) \leq -\frac{1 - e^{-\kappa T}}{\kappa T} \int \nabla \log \rho \cdot \nabla \log \rho \, d\mu + \mathcal{H}(\nu \mid m) - (1 - e^{-\kappa T}) \delta T(\mu, \nu). \] (3.23)

We claim that

\[ \lim_{T \to \infty} \frac{1}{T} \int \nabla \log \rho \cdot v_0^T \, d\mu = \frac{1}{2} \int |\nabla \log \rho|^2 \, d\mu \] (3.24)

Indeed,

\[ v_0^T = \frac{T}{2} \nabla \log P_T g^T - \frac{T}{2} \nabla \log f^T = T \nabla \log P_T g^T - \frac{T}{2} \nabla \log \rho \]

from the very definition of \( v_0^T \), so that

\[ \frac{1}{T} \int \nabla \log \rho \cdot v_0^T \, d\mu = \int \nabla \rho \cdot \nabla \log P_T g^T \, d\mu - \frac{1}{2} \int |\nabla \log \rho|^2 \, d\mu \]

\[ = - \int (L \rho) \log P_T g^T \, d\mu - \frac{1}{2} \int |\nabla \log \rho|^2 \, d\mu, \]

where \( L = \Delta/2 - \nabla U \cdot \nabla \) is the generator of \( P_t \), self-adjoint w.r.t. \( m \). By (3.18a), (3.13) and the boundedness of \( \text{supp}(\mu) \) we infer that the first integral on the right-hand side vanishes as \( T \to \infty \) by dominated convergence, whence (3.22).

From (3.23), (3.24) and Theorem 1.2 the logarithmic Sobolev inequality (1.13) follows. \( \square \)
3.4 Proof of Theorem 1.4

The proof of Theorem 1.4 relies on Theorem 1.1 and two other ingredients: the entropic Talagrand inequality put forward in [8] and an “energy-transport” inequality relating $\mathcal{E}_T(\mu, \nu)$ and $\mathcal{C}_T(\mu, \nu)$. The former states that if (H1) holds with $\kappa > 0$, then for all $\mu, \nu$ as in (H3) and for all $t \in (0, 1)$

$$
\mathcal{C}_T(\mu, \nu) \leq \frac{1}{1 - \exp(-\kappa T)} \mathcal{H}(\mu | \mathcal{m}) + \frac{1}{1 - \exp(-\kappa T(1-t))} \mathcal{H}(\nu | \mathcal{m}).
$$

(3.25)

Truth to be told, as for (2.20) also the entropic Talagrand inequality (3.25) was stated in [8] in the framework of compact Riemannian manifolds satisfying (H1) with $\kappa > 0$ and endowed with the volume measure, but since (3.25) is deduced from (2.20) and the latter has been generalized to the present framework in Section 2, there is no problem in applying it.

The “energy-transport” inequality relating $\mathcal{E}_T(\mu, \nu)$ and $\mathcal{C}_T(\mu, \nu)$ is expressed in the following Lemma 3.8 (Energy-Transport inequality). Assume that (H1) and (H4) hold. Then for all $T > 0$ it holds

$$
|\mathcal{E}_T(\mu, \nu)| \leq \frac{\kappa}{\exp(\kappa T/2) - 1} \sqrt{(\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu | \mathcal{m}))(\mathcal{C}_T(\mu, \nu) - \mathcal{H}(\nu | \mathcal{m}))}
$$

if $\kappa \neq 0$ and

$$
|\mathcal{E}_T(\mu, \nu)| \leq \frac{1}{T} \sqrt{(\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu | \mathcal{m}))(\mathcal{C}_T(\mu, \nu) - \mathcal{H}(\nu | \mathcal{m}))}
$$

if $\kappa = 0$.

Proof. From the second identity in (2.18) we have

$$
|\mathcal{E}_T(\mu, \nu)| = \frac{1}{2} \int_0^1 |\mathcal{E}_T(\mu, \nu)| dt \leq \frac{1}{2} \int_0^1 \|\nabla \log P_T(1-t) g^T \| |\nabla \log P_T f^T| \rho_t^T dtdm,
$$

(3.28)

so that by Cauchy-Schwarz inequality and by (2.16), (3.27) follows.

As regards (3.26), using the same notations as in (2.21), let us first point out that, being $\rho_t^{T, \delta}$ and $v_t^{T, \delta}$ optimal for SP with marginals $\mu_0^{T, \delta}$ and $\mu_1^{T, \delta}$, we have

$$
\mathcal{E}_T(\mu_0^{T, \delta}, \mu_1^{T, \delta}) = -\frac{1}{2} \int \nabla \log(P_T(1-t) g^T + \delta) \cdot \nabla \log(P_T f^T + \delta) d\mu_t^{T, \delta},
$$

(3.29)

so that if we define

$$
\Phi(t) := \int |\nabla \log(P_T f^T + \delta)|^2 d\mu_t^{T, \delta}, \quad \Psi(t) := \int |\nabla \log(P_T(1-t) g^T + \delta)|^2 d\mu_t^{T, \delta}
$$

for $\delta > 0$, then by (3.29) evaluated in $t = 1/2$ and by Cauchy-Schwarz inequality

$$
|\mathcal{E}_T(\mu_0^{T, \delta}, \mu_1^{T, \delta})| \leq \frac{1}{2} \sqrt{\Phi(1/2)\Psi(1/2)}.
$$

(3.30)

In order to estimate the right-hand side above, observe that by (2.23)

$$
\Phi(t) = -\frac{2}{T} h_f^t(t), \quad \Psi(t) = \frac{2}{T} h_f^t(t)
$$

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with \( h_f, h_b \) defined as in (2.22), so that by Lemma 2.2,
\[
\Phi'(t) \leq -\kappa T \Phi(t), \quad \Psi'(t) \geq \kappa T \Psi(t).
\]
Hence, by Grönwall’s lemma
\[
\Phi(t) \geq \exp(\kappa T(1/2 - t)) \Phi(1/2), \quad \forall t \in [0, 1/2], \quad (3.31a)
\]
\[
\Psi(t) \geq \exp(\kappa T(t - 1/2)) \Psi(1/2), \quad \forall t \in [1/2, 1]. \quad (3.31b)
\]
On the one hand, by (2.16) and (3.31b)
\[
\mathcal{E}_T(\mu_0^T, \mu_1^T) - \mathcal{H}(\mu_0^T | m) \geq \frac{T}{2} \int_{1/2}^1 \Psi(t) dt \geq \frac{T}{2} \Psi(1/2) \int_{1/2}^1 \exp(\kappa T(1/2 - t)) dt
\]
\[= \frac{1}{2\kappa} \Psi(1/2)(\exp(\kappa T/2) - 1),\]
while on the other hand, by (3.31a) and a completely analogous argument
\[
\mathcal{E}_T(\mu_0^T, \mu_1^T) - \mathcal{H}(\mu_1^T | m) \geq \frac{1}{2\kappa} \Phi(1/2)(\exp(\kappa T/2) - 1).
\]
Combining these inequalities with (3.29), we obtain
\[
|\mathcal{E}_T(\mu_0^T, \mu_1^T)| \leq \frac{\kappa}{\exp(\kappa T/2) - 1} \sqrt{(\mathcal{E}_T(\mu_0^T, \mu_1^T) - \mathcal{H}(\mu_0^T | m))(\mathcal{E}_T(\mu_0^T, \mu_1^T) - \mathcal{H}(\mu_1^T | m))}
\]
and it is now sufficient to pass to the limit as \( \delta \downarrow 0 \) to get the conclusion. The fact that \( \mathcal{H}(\mu_0^T | m) \rightarrow \mathcal{H}(\mu | m) \) and \( \mathcal{H}(\mu_1^T | m) \rightarrow \mathcal{H}(\nu | m) \) is motivated by dominated convergence; the same is true for \( \mathcal{E}_T(\mu_0^T, \mu_1^T) \rightarrow \mathcal{E}_T(\mu, \nu) \) taking (3.29) into account. \( \square \)

**Remark 3.9.** Let us point out that the bound (3.27) is better than the one obtained from (3.26) via a Taylor expansion around \( \kappa = 0 \), so that (3.26) is not sharp and the reader might wonder whether (3.26) could be improved by replacing \( \exp(\kappa T/2) \) with \( \exp(\kappa T) \). A posteriori, this is not possible because if (3.26) held with \( \exp(\alpha \kappa T) \) instead of \( \exp(\kappa T/2) \) for some \( \alpha > 1/2 \), then this would contradict the sharpness of (1.14) as stated in Theorem 1.4.

We are now in the position to prove Theorem 1.4.

**Proof of Theorem 1.4.** From Theorem 1.1 and Theorem 1.2 we have that
\[
|\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu | m) - \mathcal{H}(\nu | m)| = \int_T^\infty |\mathcal{E}_S(\mu, \nu)| dS \leq \int_T^\infty |\mathcal{E}_S(\mu, \nu)| dS \quad (3.32)
\]
and by Lemma 3.8 the right-hand side above is controlled as follows
\[
\int_T^\infty |\mathcal{E}_S(\mu, \nu)| dS \leq \int_T^\infty \sqrt{\mathcal{E}_S(\mu, \nu) - \mathcal{H}(\mu | m)} \sqrt{\mathcal{E}_S(\mu, \nu) - \mathcal{H}(\nu | m)} \frac{dS}{\exp(\kappa S/2) - 1} \quad (3.33)
\]
By the entropic Talagrand inequality (3.25) for \( t = 1/2 \) and by (1.11) with \( \kappa > 0 \), which implies \( \mathcal{H}(\cdot | m) \geq 0 \), it holds
\[
\mathcal{E}_S(\mu, \nu) - \mathcal{H}(\mu | m) \leq \exp(\kappa S/2) \frac{\exp(-\kappa S/2) \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m)}{\exp(\kappa S/2) - 1}
\]
\[\leq \exp(\kappa S/2) \frac{\exp(-\kappa T/2) \mathcal{H}(\mu | m) + \mathcal{H}(\nu | m)}{\exp(\kappa S/2) - 1}
\]
for all $S \geq T$ and an analogous inequality holds with $\mu$ and $\nu$ swapped. Therefore the right-hand side in (3.33) is bounded from above by
\[ \kappa \sqrt{\exp(-\kappa T/2)\mathcal{H}(\mu|m) + \mathcal{H}(\nu|m)} \sqrt{\exp(-\kappa T/2)\mathcal{H}(\nu|m) + \mathcal{H}(\mu|m)} \int_T^\infty \frac{\exp(\kappa S/2)}{(\exp(\kappa S/2) - 1)^2} dS. \]

The bound (1.16a) follows by calculating explicitly the integral term and this, in turn, trivially implies (1.14).

For the sharpness of (1.14), we shall prove that there exists a triplet $(M', d'_g, m')$ satisfying (H1) with $\kappa > 0$ and $\mu, \nu \in \mathcal{P}(M')$ satisfying (H4) such that
\[ \lim_{T \to \infty} \frac{1}{T} \log |C_T(\mu, \nu) - \mathcal{H}(\mu|m) - \mathcal{H}(\nu|m)| \geq -\frac{\kappa}{2}. \] (3.34)

To this aim, consider $M' = \mathbb{R}$, $d'_g$ the Euclidean distance and choose $U(x) := \frac{\kappa x^2}{2}$, so that $\text{Hess}(2U) = \kappa$, $m'$ is the Gaussian measure
\[ m'(dx) = \sqrt{\frac{\kappa}{2\pi}} \exp \left( -\frac{\kappa x^2}{2} \right) dx \] (3.35)
and the stochastic process associated to the SDE (1.1) is the stationary Ornstein-Uhlenbeck process, whence by well-known results (see e.g. [5]) its transition probabilities w.r.t. $m'$ admit the following explicit representation
\[ p_T(x, y) = \frac{1}{\sqrt{1 - \exp(-\kappa T)}} \exp \left( -\frac{\kappa(x^2 - 2 \exp(\kappa T/2)xy + y^2)}{2(\exp(\kappa T) - 1)} \right). \] (3.36)

With this said, choose $\mu, \nu \in \mathcal{P}(\mathbb{R})$ with Lipschitz densities and compact supports with the further condition that
\[ \int x \mu(dx) = -\int y \nu(dy) = 1 \quad \text{and} \quad \int x^2 \mu(dx) = \int y^2 \nu(dy) = \sigma^2 \]
for some $\sigma > 0$. From the very definition of the entropic cost (1.2) and the identity $R_{\mu T}(dx dy) = p_T(x, y)m(dx)m(dy)$ we have
\[ \mathcal{C}_T(\mu, \nu) = \inf_{\gamma \in \Pi(\mu, \nu)} \left\{ \mathcal{H}(\gamma|m' \otimes m') - \int \log p_T d\gamma \right\} \]
and since $\int x^2 \mu(dx) = \int y^2 \nu(dy) = \sigma^2$ by construction, if we take also (3.36) into account, then the above expression can be rewritten as
\[ \mathcal{C}_T(\mu, \nu) = \inf_{\gamma \in \Pi(\mu, \nu)} \left\{ \mathcal{H}(\gamma|m' \otimes m') - \frac{\kappa \exp(-\kappa T/2)}{2(1 - \exp(-\kappa T))} \int xy \gamma(dx dy) \right\} \]
\[ + \kappa \sigma^2 \exp(\kappa T) - 1 + \frac{1}{2} \log(1 - \exp(-\kappa T)) = \beta(T) \]

Now observe that there exists a unique optimal $\gamma^T \in \Pi(\mu, \nu)$ in the minimization problem above, as this is nothing but a rephrasing of (1.2), and $\mathcal{H}(\gamma^T|m' \otimes m') \geq \mathcal{H}(\mu|m') + \mathcal{H}(\nu|m')$, because $\mu \otimes \nu$ is the unique minimizer in (3.7). Moreover, by Lemma 3.1 and Theorem 1.2 we
know that $\gamma^T \rightharpoonup \mu \otimes \nu$ as $T \to \infty$ and, together with the fact that $\mu, \nu$ have compact support (whence a fortiori $\gamma^T$ in $\mathbb{R} \times \mathbb{R}$ too), this implies that

$$\lim_{T \to \infty} \int xy \gamma^T(dx dy) = \int x \mu(dx) \int y \nu(dy),$$

so that, thanks to the fact that $\int x \mu(dx) = 1$ and $\int y \nu(dy) = -1$, it holds $\int xy \gamma^T(dx dy) \leq -1/2$ for $T$ large enough. Finally, note that there exists $C > 0$ such that $|\beta(T)| \leq C \exp(-\kappa T)$ for all $T$ sufficiently large. Combining all these ingredients, we deduce that

$$\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu \mid m') - \mathcal{H}(\nu \mid m') \geq \frac{\kappa \exp(-\kappa T/2)}{4(1 - \exp(-\kappa T))} - C \exp(-\kappa T)$$

and it is now sufficient to remark that the right-hand side is asymptotically positive, so that for $T$ large enough we are allowed to apply the logarithm to both sides of the inequality above, whence (3.34).

As regards (1.15), it is sufficient to estimate the right-hand side in (3.26) by following the same reasoning as above. To prove that also (1.15) is sharp, it is easy to see that if there exists $\alpha > 1/2$ such that

$$\lim_{T \to \infty} \frac{1}{T} \log |\mathcal{E}_T(\mu, \nu)| \leq -\alpha \kappa$$

holds for all $\mu, \nu$ satisfying (1.4), then for any such $\mu, \nu$ there exist $C, T_0 > 0$ sufficiently large such that

$$|\mathcal{E}_T(\mu, \nu)| \leq C \exp(-\alpha \kappa T), \quad \forall T \geq T_0$$

and if we plug this inequality into (3.32), instead of Lemma 3.8 then we get $|\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu \mid m) - \mathcal{H}(\nu \mid m)| \leq C \exp(-\alpha \kappa T)$, whence

$$\lim_{T \to \infty} \frac{1}{T} \log |\mathcal{E}_T(\mu, \nu) - \mathcal{H}(\mu \mid m) - \mathcal{H}(\nu \mid m)| \leq -\alpha \kappa$$

and this clearly contradicts the sharpness of (1.14).

3.5 Proof of Theorem 1.7

The proof relies on the results of [3] and we shall borrow some notation from the above mentioned work. In order to keep the size of the present work under control, we prefer not to reintroduce all the notation, but rather to give precise references to the place where this is done in [3]. In particular, Theorem 1.3 therein ensures that to any optimizer $P$ for (MFSP)

there is an associated stochastic process $(\Psi_t(X_t))_{t \in [0,T]}$ such that

$$\Psi_t(X_t) - \int_0^t \tilde{E}_P \left[ \nabla^2 W(X_s - \tilde{X}_s) \cdot (\Psi_s(X_s) - \Psi_s(\tilde{X}_s)) \right] ds \quad (3.37)$$

is a continuous martingale under $P$ on $[0,T]$, where $(\tilde{X}_t)_{t \in [0,T]}$ is an independent copy of $(X_t)_{t \in [0,T]}$ and $\tilde{E}_P$ the corresponding expectation. In [3] Lemma 4.5 it is proven that if $P$ is an optimizer for (MFSP), then its time reversal $\hat{P}$, i.e. the law of $(X_{T-t})_{t \in [0,T]}$, is optimal for

$$\inf \left\{ \mathcal{H}(Q \mid \Gamma(Q)) : Q \in \mathcal{P}_1(\Omega), Q_0 = \nu, Q_T = \mu \right\}. \quad (3.38)$$
The optimality of \( \hat{P} \) implies the existence of an associated process \( \hat{\Psi} \) as in (3.37), explicitly described by the relation

\[
\hat{\Psi}_t(X_t) = -\Psi_{T-t}(X_t) + \nabla \log P_{T-t}(X_t) + 2\nabla W^* P_{T-t}(X_t), \quad \hat{P}\text{-a.s.} \tag{3.39}
\]

for all \( t \in [0, T] \), see [3, Eq. 92] and also [13].

After this premise, the first ingredient needed for the proof of Theorem 1.7 is the following Lemma 3.10.

Under the same assumptions as in Theorem 1.7, let \( P \) be optimal for (MFSP). Then

\[
\mathcal{C}_T^{mf}(\mu, \nu) = \mathcal{F}(\mu) + \mathcal{F}(\nu) + \frac{1}{2} \mathbb{E}_P \left[ \int_0^{T/2} |\Psi_t(X_t)|^2 \, dt \right] + \frac{1}{2} \mathbb{E}_{\hat{P}} \left[ \int_0^{T/2} |\hat{\Psi}_t(X_t)|^2 \, dt \right] - \mathcal{F}(P_{T/2})
\]

Proof. Using the time-reversal relation (3.39) we deduce that

\[
\frac{1}{2} \mathbb{E}_P \left[ \int_0^{T/2} |\hat{\Psi}_t(X_t)|^2 \, dt \right] = \frac{1}{2} \mathbb{E}_P \left[ \int_0^{T/2} |\Psi_{T-t}(X_t)|^2 \, dt \right] - \mathbb{E}_{\hat{P}} \left[ \int_0^{T/2} (\Psi_{T-t} - \frac{1}{2} \chi_{T-t}) \cdot \chi_{T-t}(X_t) \, dt \right]
\]

where

\[ \chi_t := \nabla \log P_t + 2\nabla W^* P_t. \]

Using the change of variable \( s = T - t \) and the very definition of time reversal, we rewrite the right-hand side as

\[
\frac{1}{2} \mathbb{E}_P \left[ \int_0^{T} |\Psi_s(X_s)|^2 \, ds \right] - \mathbb{E}_P \left[ \int_0^{T} (\Psi_s - \frac{1}{2} \chi_s) \cdot \chi_s(X_s) \, ds \right]
\]

and using [3, Lemma 4.4 (ii)] we find that the second member in the above expression is worth \(-\mathcal{F}(\nu) + \mathcal{F}(P_{T/2})\). Because of the mean field control formulation [3, Lemma 1.1 and Theorem 1.3] of MFSP, we have

\[
\mathcal{C}_T^{mf}(\mu, \nu) = \mathcal{F}(\mu) + \frac{1}{2} \mathbb{E}_P \left[ \int_0^{T} |\Psi_t(X_t)|^2 \, dt \right],
\]

so that the conclusion is easily obtained.

As for the proof of Theorem 1.4, also in this case we rely on an entropic Talagrand inequality. In the mean field setting (and taking into account Remark 1.9) this reads as follows:

\[
\mathcal{C}_T^{mf}(\mu, \nu) \leq \frac{1}{1 - \exp(-\kappa T t)} \mathcal{F}(\mu) + \frac{1}{1 - \exp(-\kappa T (1 - t))} \mathcal{F}(\nu) \tag{3.40}
\]

for all \( t \in (0, 1) \) and \( \mu, \nu \) satisfying [113], see [3, Corollary 1.3].

We are now in position to prove Theorem 1.7.
Proof. From the previous lemma we get that
\[
-F(P_{T/2}) \leq \mathcal{C}_T^{mf}(\mu, \nu) - F(\mu) - F(\nu) \leq \frac{1}{2} \mathbb{E}_P \left[ \int_0^{T/2} |\Psi_t(X_t)|^2 \, dt \right] + \frac{1}{2} \mathbb{E}_{\hat{P}} \left[ \int_0^{T/2} |\hat{\Psi}_t(X_t)|^2 \, dt \right].
\] (3.41)

Now observe that, thanks to the fact that \(\hat{P}\) is optimal for (3.38), both terms on the right-hand side in (3.41) can be bounded using first [3, Lemma 4.3 Eq. 73] and then the entropic Talagrand inequality (3.40) for \(t = 1/2\), keeping in mind Remark 1.9 and that the mean field entropic cost defined in this paper is related to the one defined in [3] via the identity (1.20). We thus obtain, after some simple calculations
\[
\frac{1}{2} \mathbb{E}_P \left[ \int_0^{T/2} |\Psi_t(X_t)|^2 \, dt \right] + \frac{1}{2} \mathbb{E}_{\hat{P}} \left[ \int_0^{T/2} |\hat{\Psi}_t(X_t)|^2 \, dt \right] \leq \frac{1}{\exp(\kappa T/2) - 1} (F(\mu) + F(\nu)),
\] which gives the desired upper bound for \(\mathcal{C}_T^{mf}(\mu, \nu) - F(\mu) - F(\nu)\). For the lower bound, the conclusion directly follows from [3, Theorem 1.4] and Remark 1.9, which allow to estimate \(F(P_{T/2})\). Putting together the results obtained for the upper and lower bound we conclude.

\[\square\]

A On the sharpness of the entropic Talagrand inequality

Under (H1) with \(\kappa > 0\) it holds \(m \in \mathcal{P}_2(M)\), so that \(m\) satisfies (H3) and it is then licit to choose \(\nu = m\) in (3.25), which gives rise to the following version of the entropic Talagrand inequality, closer to the classical Talagrand inequality known in optimal transport:
\[
\mathcal{C}_T(\mu, m) \leq \frac{1}{1 - \exp(-\kappa T)} \mathcal{H}(\mu \| m)
\] (A.1)
for all \(\mu\) as in (H3). In [8] neither the sharpness of (A.1) nor the one of (3.25) was investigated. Aim of this appendix is to remedy this lack.

Theorem A.1. Assume that (H1) holds with \(\kappa > 0\). Then the entropic Talagrand inequality (A.1) is sharp, since there exists a triplet \((M', d'_g, m')\) satisfying (H1) with \(\kappa > 0\) such that
\[
\mathcal{C}_T(\mu, m) \leq C \mathcal{H}(\mu \| m), \quad \forall \mu \in \mathcal{P}(M) \text{ satisfying } (H3)
\] (A.2)
do not hold for any
\[
C < \frac{1}{1 - \exp(-\kappa T)}.
\]

As a byproduct, also the entropic Talagrand inequality (3.25) is sharp in the following sense: there exists a triplet \((M', d'_g, m')\) satisfying (H1) with \(\kappa > 0\) such that
\[
\mathcal{C}_T(\mu, \nu) \leq \frac{1}{1 - \exp(-\alpha T)} \mathcal{H}(\mu \| m) + \frac{1}{1 - \exp(-\alpha (1 - t))} \mathcal{H}(\nu \| m),
\] \(\forall t \in (0, 1), \forall \mu, \nu \in \mathcal{P}(M) \text{ satisfying } (H3)\)
do not hold for any \(\alpha > \kappa\).
Proof. As a first step, we shall prove that (A.2) is equivalent to
\[
\int \exp \left( -\frac{1}{TC} \phi \right) \, dm \leq \exp \left( -\frac{1}{TC} \int Q_t^T \phi \, dm \right), \quad \forall \phi \in C_b(M), \quad (A.3)
\]
where \( Q_t^T \phi := -T \log P_T (\exp(-\phi/T)) \). To this aim, notice that by (2.19) and the symmetry of the entropic cost, i.e. \( \mathcal{C}_T(\mu, m) = \mathcal{C}_T(m, \mu) \), (A.2) is equivalent to
\[
\int Q_t^T \phi \, dm - \int \phi \, d\mu - TCH(\mu \mid m) \leq 0 \quad (A.4)
\]
for all \( \mu \in \mathcal{P}(M) \) satisfying (H3) and for all \( \phi \in C_b(M) \). Then observe that
\[
\log \int \exp(\psi) \, dm = \sup \left\{ \int \psi \, d\mu - H(\mu \mid m) : \mu \in \mathcal{P}(M), \int \psi^+ \, d\mu < \infty \right\},
\]
where \( \psi^+ := \max\{\psi, 0\} \), the identity being a byproduct of the well-known variational representation of the entropy (see [19, 23]). Hence by taking the supremum over \( \mu \) in (A.4), we get the equivalent formulation
\[
\int Q_t^T \phi \, dm + T \log \int \exp \left( -\frac{1}{TC} \phi \right) \, dm \leq 0, \quad \forall \phi \in C_b(M),
\]
which is clearly equivalent to (A.3) by algebraic manipulations.

Relying on this characterization, we are now in the position to prove the sharpness of (A.1). As in the proof of Theorem 1.4, consider the real line endowed with the Euclidean distance and choose \( U(x) := \kappa x^2 / 4 \), so that \( \text{Hess}(2U) = \kappa \), \( m \) is the Gaussian measure defined in (3.35) and the stochastic process associated to the SDE (1.1) is the stationary Ornstein-Uhlenbeck process, whence the explicit representation for its transition probabilities \( p_t(x, y) \) described in (3.36). With this said, assume that (A.2) holds for some constant \( C > 0 \), hence (A.3) as well. By standard approximation arguments, in (A.3) \( C_b(\mathbb{R}) \) can be replaced by continuous functions with at most linear growth at infinity, so that
\[
\int \exp \left( -\frac{1}{TC} \phi \right) \, dm \leq \exp \left( -\frac{1}{TC} \int Q_t^T \phi \, dm \right) \quad (A.5)
\]
holds for \( \phi(x) := \alpha x \). On the one hand
\[
\int \exp \left( -\frac{1}{TC} \phi \right) \, dm = \exp \left( \frac{\alpha^2}{2\kappa T^2 C^2} \right),
\]
while on the other hand
\[
Q_t^T \phi(x) = -T \log \int \exp \left( -\frac{\alpha}{T} y \right) p_T(x, y) \, m(dy) = x \alpha \exp \left( -\frac{\kappa T}{2} \right) - \alpha^2 \frac{1 - \exp(-\kappa T)}{2\kappa T},
\]
so that
\[
\exp \left( -\frac{1}{TC} \int Q_t^T \phi \, dm \right) = \exp \left( \frac{\alpha^2}{2\kappa T^2 C^2} \right). \]
Combining these identities with (A.5) we obtain
\[
\frac{\alpha^2}{2\kappa T^2 C^2} \leq \alpha^2 \frac{1 - \exp(-\kappa T)}{2\kappa T^2 C},
\]

and this inequality is satisfied if and only if $C \geq (1 - \exp(-\kappa T))^{-1}$, as claimed.

The sharpness of (3.25) immediately follows from the one of (A.1). Indeed, if there exists $\alpha > \kappa$ such that

$$C_T(\mu, \nu) \leq \frac{1}{1 - \exp(-\alpha T t)} \mathcal{H}(\mu | m) + \frac{1}{1 - \exp(-\alpha T (1 - t))} \mathcal{H}(\nu | m)$$

holds for all $\mu, \nu \in \mathcal{P}(M)$ satisfying (H3), then by choosing $\nu = m$ and letting $t \rightarrow 1$ we get a contradiction.

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