Cloaking by coating: how effectively does a thin, stiff coating hide a soft substrate?
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From human tissue to fruits, many soft materials are coated by a thin layer of a stiffer material. While the primary role of such a coating is often to protect the softer material, the thin, stiff coating also has an important effect on the mechanical behaviour of the composite material, making it appear significantly stiffer than the underlying material. We study this cloaking effect of a coating for the particular case of indentation tests, which measure the ‘firmness’ of the composite solid: we use a combination of theory and experiment to characterize the firmness quantitatively. We find that the indenter size plays a key role in determining the effectiveness of cloaking: small indenters feel a mixture of the material properties of the coating and of the substrate, while large indenters sense largely the unadulterated substrate.

Similar scenarios arise in many problems in soft matter: stiff, thin layers (including graphene) are adhered to thicker soft substrates in applications including membrane separation, photovoltaics and flexible electronics. In such applications, as in the case of many fruits, the Young’s modulus of the coating, $E_f$, is significantly larger than that of the substrate, $E_s$, i.e. $E_f/E_s \gg 1$, but the ratio of their thicknesses $h_s/h_f \ll 1$ – how does the composite material behave? In this paper, we seek to understand how these composite materials respond to indentation, focussing on understanding the composite stiffness that is familiar from the preceding discussion of poking fruit.

The deformation of an uncoated elastic half-space caused by a normal pressure distribution in some region, but otherwise unloaded, is an old problem in mechanics. This problem was first considered by Boussinesq and two variants of it are now referred to as the ‘Boussinesq problem’. Nevertheless, Harding and Sneddon provided solutions for the indentation of an uncoated substrate by indenters of particular shape profiles; these were subsequently generalized to arbitrary axisymmetric indenter shapes by Sneddon. For a cylindrical indenter of radius $r_{\text{ind}}$, these results suggest that the ratio of applied load and deflection is constant, corresponding to an indentation stiffness $k \sim E_f r_{\text{ind}}$ – this result will become a useful benchmark in this study, and is referred to as Hertz contact.

1 Introduction

How does one tell when a piece of fruit is ripe? While for fruits such as tomatoes and bananas colour alone is a reliable indicator of ripeness, everyday experience suggests that for fruits including plums and mangoes, one must instead ‘poke’ the fruit: if the fruit is soft then it is ripe, while if relatively stiff the flesh is not yet ripe. Of course, how soft is soft enough depends on the type of fruit and is knowledge gained by experience. As well as being of importance to consumers assessing the ripeness of fruit in shops and at home, measurements of fruit ripeness is also important to producers. A common strategy producers use for measurements of ripeness is a mechanized version of the poking test used by consumers: the force required to impose a given indentation depth via a cylindrical punch is measured and the resulting stiffness is then correlated to the ripeness. Particular protocols have been proposed for fruits including apples, plums, pumpkins, mangoes, and tomatoes.1,2

A feature common to both industrial and domestic tests of fruit ripeness is that fruits are usually protected by a thin, but stiff, skin protecting the softer flesh. The industrial literature generally recommends peeling fruit first to avoid anomalously large stiffness measurements – thereby sacrificing one fruit as a representative of a large batch. While this sacrifice may work in an industrial setting, it is not practical for the consumer who needs a non-destructive test. The question then is: how is the measured stiffness affected by the large stiffness of the thin skin? To what extent is the stiffness of the flesh (the quantity of interest) cloaked by the stiffness of the skin?

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rsc.li/soft-matter-journal
DOI: 10.1039/c9sm02511a
Accepted 27th March 2020
Received 23rd December 2019
rsc.li/soft-matter-journal
The methods of Harding and Sneddon and Sneddon cannot, however, be generalized to the coated substrate problem of interest here. An alternative approach has therefore been to return to the first variant of Boussinesq’s problem (assume a known spatial pressure distribution is applied and calculate the resulting deformation). The results of such calculations may be analytical (or require significantly simpler numerical calculations) but they come with the caveat that they do not truly represent the shear moduli were within a factor of two of each other.

In this paper, we present a model of the indentation of a coated soft substrate in which the effect of the coating is modelled as an elastic plate of bending stiffness $B = E_f r_f^3/12$, with $E_f = E_f/(1 - \nu_f^2)$ and $\nu_f$ the coating’s Poisson ratio. This approximation allows for some analytical progress to be made, as well as for some simplification of the problem to be solved numerically in situations where analytical progress is not possible.

Moreover, this approximation is expected to be valid provided that the lateral length scale over which the coating is deformed, which we denote $\ell_c$, as in Fig. 1, is very large compared to the thickness of the coating $t_c$. However, the length scale $\ell_c$ is not known a priori and must be determined as part of the solution of the problem. We therefore turn to first understand the length scale $\ell_c$, via a scaling analysis in Section 2, before presenting experimental (Section 3) and model (Section 4) results. We shall also compare our results with those of previous works (summarized in Table 1) in Section 5 before discussing the relevance of our results for the indentation of, among other things, fruits in Section 6.

### 2 Scaling analysis

We begin by noting that when subjected to a localized vertical displacement of size $\delta$, the coating would like the substrate to be deformed over a horizontal distance $\ell_c$, that is as large as possible, since this will minimize its curvature $\sim \delta/\ell_c^2$ (and hence its bending energy $U_B \sim B[(\delta/\ell_c)^2 dV \sim B\delta/\ell_c)^2]$. However, the elastic substrate opposes large $\ell_c$: the typical strain $\varepsilon \sim \delta/\ell_c$ is distributed over a volume $V \sim \ell_c^3$ and so the substrate’s elastic energy $U_s \sim E_s \varepsilon^2 dV \sim E_s \delta^2 \ell_c^3$ increases with $\ell_c$. Minimizing the total elastic energy $U_{elas} = U_B + U_s$ by varying $\ell_c$, we find that the optimal horizontal length scale is $\ell_c \sim (B/E_s)^{1/3}$. In the more detailed modelling that follows (see Section 4) it will be convenient to use the modified modulus $E_s^* = E_s/(1 - \nu_s^2)$ and to introduce an additional factor 2 into our definition of $\ell_c$; we therefore make the formal definition

$$\ell_c = \left(\frac{2B}{E_s^*}\right)^{1/3}.$$

### Table 1

A summary of previous work on the problem of the localized normal loading of an elastic half-space that is coated by a thin layer (i.e. $t_c/t_f \to \infty$).

| Reference            | Modulus ratio | Load size | Load type                      | Coating         | Approach |
|----------------------|---------------|-----------|--------------------------------|-----------------|----------|
| Yu et al.            | $E_f/E_s \leq 10$ | $r_{ind}/t_f \geq 0.04$ | Rigid indenter, various shapes | 3D solid        | N        |
| Gao et al.           | $1/2 \leq E_f/E_s \leq 2$ | $17/7 \leq r_{ind}/t_f \leq 2$ | Rigid cylinder              | 3D solid        | N & A    |
| Perriot and Barthel  | $10^{-2} \leq E_f/E_s \leq 10^2$ | $10^{-1} \leq r_{ind}/t_f \leq 10^2$ | Rigid indenter, various shapes | 3D solid        | N        |
| Li and Chou          | $10^{-1} \leq E_f/E_s \leq 10$ | $10^{-1} \leq r_{ind}/t_f \leq 10$ | Parabolic pressure         | 3D solid        | N        |
| Liu et al.           | $E_f/E_s \gg 1$ | $20 \leq r_{ind}/t_f \leq 10^3$ | Constant pressure           | Beam            | N & E    |
| Current work         | $E_f/E_s \gg 1$ | $r_{ind}/t_f \gg (E_f/E_i)^{2/3}$ | Rigid cylinder              | Beam            | A, E & N |
Note that the plate model for the coating is only valid when $\ell_s \gg t_s$, which we can see from (1) requires

$$\frac{E_d}{E_s} \gg 1.$$ (2)

The analysis presented in this paper is therefore only valid for stiff coatings on soft substrates, as already anticipated in the introduction.

With the proviso that we are considering extremely large coating : substrate stiffness ratios, and assuming that the lateral deformation occurs over the energetically-optimal horizontal scale $\ell_s$, given in (1), the total elastic energy of the system $U_{\text{final}} \sim E_s^{23/3}B^{13/3}$. This energy must be provided to the system by the work of the indentation force $F$, which in scaling terms can be written $U_{\text{ind}} \sim F\delta$. Hence, at a scaling level we expect that

$$F \sim E_s^{23/3}B^{13/3}\delta.$$ (3)

Note that the bending of the coating leads to a constant indentation stiffness, $\kappa = F\delta \sim E_s^{23/3}B^{13/3}$. The existence of a constant indentation stiffness is qualitatively similar to the Hertz contact result discussed in the introduction in which the coating alone is indented and, as such, would suggest a stiffness $\kappa \sim E_{\text{ind}}^{23/3}$. Since we now have two estimates of the stiffness, the question then naturally arises of which of these best describes the stiffness that would be observed experimentally? The answer to this question depends on whether the coating deforms locally, as in Hertz contact, or rather bends, as in the argument that led to (3) – the softer of these two choices will be energetically favourable, and hence the expected mode of deformation. We therefore expect to observe the bending response (3) when $E_s^{23/3}B^{13/3} < E_{\text{ind}}^{23/3}$ or $r_{\text{ind}} \gg E_s^{23/3}/B^{13/3}$; for sufficiently large indenters the coating will bend, deforming the substrate, rather than compress locally.

While the scaling law of (3) is a useful first result, it relies on energy scalings that assumed a localized indenter. We shall see in Section 5.2 that the assumption of a localized indenter is not necessarily at odds with the above calculation that bending deformation occurs only for $r_{\text{ind}} \gg t_s(E_s/E_t)^{2/3}$ because $E_s/E_t \ll 1$. Nevertheless, the characteristic size of the indenter, $r_{\text{ind}}$, does play a key role in determining the indentation stiffness, $\kappa = F\delta$. To see why this should be the case, note that when $r_{\text{ind}} \gg \ell_s$ (a large indenter), the volume of the substrate that is strained by indentation is $r_{\text{ind}}^3$ (rather than $\ell_s^3$) and the elastic energy of indentation $U_s \sim E_s\delta r_{\text{ind}}^3$. This suggests that in this limit $F \sim E_{\text{ind}}^{2}F_{\text{ind}}^2$, the constant Boussinesq indentation stiffness for a cylindrical punch, and the substrate (rather than coating) stiffness. We therefore generalize (3) to include a dependence on the dimensionless indenter size

$$r_{\text{ind}} = \frac{r_{\text{ind}}}{\ell_s} = \frac{r_{\text{ind}}}{(E_s/E_t)^{2/3}}.$$ (4)

by writing

$$\frac{F}{\delta} = \kappa = E_s^{23/3}B^{13/3}K(r_{\text{ind}}).$$ (5)

This paper is concerned primarily with the determination of the dimensionless stiffness $K(r_{\text{ind}})$; we begin with an experimental determination of this function, presented in Section 3, before moving on to a theoretical calculation of $K(r_{\text{ind}})$ in Section 4 and comparing this to results obtained in related scenarios previously in Section 5.

### 3 Model experiments

Soft substrates with a thin, stiff coating were fabricated in the laboratory. The substrates were made from polyvinylsiloxane (PVS) elastomer (Elite Double 8, 22 and 32, Zhermak, Italy) by mixing a base polymer with a catalyst. The mixture was first degassed in a vacuum chamber and then cured within a cylindrical mould (with radius in the range 20 mm ≤ $R_s$ ≤ 55 mm and substrate depth 15 mm ≤ $t_s$ ≤ 33 mm). The percentage of base polymer to catalyst in the elastomer mixture was varied to achieve Young’s moduli in the range 30 kPa ≤ $E_s$ ≤ 720 kPa (see Appendix A); the stiffness of uncoated substrates was measured by flat-punch indentation tests. The soft substrates were then coated with thin plastic films (RS Pro Shim Kit, RS Components Ltd, UK and Mylar, DuPont Teijin Films, US), of Young’s Modulus 3.5 GPa ≤ $E_t$ ≤ 5.7 GPa, and Poisson’s ratio $\nu_t = 0.4$. The thickness of the films 50 μm ≤ $t_t$ ≤ 128 μm, was measured optically using a microscope (Leica, DMIL, Leitz Weltzlar, Germany). The films adhered to the soft substrate by contact alone; no additional adhesives were introduced into the system.

To measure the apparent stiffness of the resulting coated substrates, indentation tests were performed with flat-tipped, cylindrical indenters of different radius. We therefore take the characteristic size of the indenters to be the cylinder radius, $r_{\text{ind}}$, which varied in the range 0.15 mm ≤ $r_{\text{ind}}$ ≤ 17.6 mm. (These cylinders were stainless steel; for the narrowest cylinders, radii $r_{\text{ind}} < 1$ mm, syringe tips were used with the central hole filled with superglue to ensure contact throughout the tip region.) Typically, samples were positioned upon a microbalance (Pioneer, PA64C Analytic Balance, Ohaus, Switzerland), which measures forces accurate to within 0.1 mg, although larger samples were positioned upon a precision balance (PCB, 6000-0, Kern GmbH, Germany) with higher weighing capacity but lower precision (accurate to 1 g). The centre of the sample was indented at 100 μm s⁻¹ using a linear actuator (M228, Physik Instrumente, Germany) controlled by a computer-controlled stepper motor (Mercury Step C663, Physik Instrumente) with typical unidirectional repeatability of 2 μm. The samples were subject to indentation depths $\delta \leq 30$ μm < $t_s$ with the inequality $\delta \leq t_s$ ensuring that the effect of any stretching of the coating is smaller than that caused by bending of the coating. The applied force, $F(\delta)$, was measured by recording the mass reported by the mass balance at 100 Hz. The reported indentation stiffness, $\kappa = F/\delta$, was acquired from the gradient of the measured linear response of force–displacement curves. A minimum of nine tests were performed on each sample; the reported stiffness is the mean value with error bars representing the standard deviation of the measurements. For these shallow indentations, the dimensions of the coated substrate were found to have no measurable influence on the measured stiffness, since $R_s$ and $t_s$ were both large in comparison to $\ell_s$. 

4576 | Soft Matter, 2020, 16, 4574–4583 This journal is © The Royal Society of Chemistry 2020
The results of our experiments are presented in Fig. 2. Raw measurements of the indentation stiffness as a function of the indenter radius are shown in the inset of Fig. 2 and show that a variation of more than an order of magnitude in the measured stiffness may be obtained simply by varying the indenter radius or substrate stiffness. The main portion of Fig. 2 shows that these raw data are well collapsed by plotting the dimensionless indentation stiffness, \( \tilde{k} = k/(B^{1/3}E_s^{-2/3}) \), as a function of the dimensionless indenter radius \( \rho_{\text{ind}} = r_{\text{ind}}/d_0 \), defined in (4). To understand the behaviour of the dimensionless stiffness as a function of indenter size, i.e. the curve \( \tilde{k}(\rho_{\text{ind}}) \) shown in Fig. 2, we now present a mathematical model of indentation.

4 Mathematical model

4.1 Theoretical formulation

We develop a mathematical model for the axisymmetric deflection, \( \zeta(r) \), of the coating on top of the substrate in response to a cylindrical indenter of radius \( r_{\text{ind}} \) imposing a vertical displacement \( \delta \). We shall model the coating as an elastic plate of bending stiffness \( B = E_s t_f/12 \) that is subject to a vertical loading, \( p(r;\delta) \) from the indenter as well as a deflection-induced response from the substrate, \( Q(r;\delta) \). Using a flat cylindrical punch allows for the vertical loading from the indenter to always act only in \( r < r_{\text{ind}} \); the constant, known value of \( r_{\text{ind}} \) simplifies the problem somewhat compared to other shapes of indenter. Nevertheless, both \( p(r;\delta) \) and \( Q(r;\delta) \) are \textit{a priori} unknown, so that they must be determined as part of the solution.

Neglecting any tension within the coating, the plate equation for the vertical deflection of the coating with a specified indentation depth \( \delta \) reads

\[
B\frac{\partial^4 \zeta}{\partial r^4} = p(r;\delta) + Q(r;\delta).
\]

This is to be solved with the conditions

\[
\zeta(r) = -\delta, \quad r < r_{\text{ind}}
\]

as well as far-field conditions \( \zeta, \partial \zeta/\partial r \rightarrow 0 \) as \( r \rightarrow \infty \).

To make analytical progress in determining the response of the elastic substrate, \( Q(r;\delta) \), to a vertical deflection \( \zeta(r;\delta) \), we make use of Hankel transforms – the Hankel transform of a function \( f(r) \) is \( \tilde{f}(k) = \int_0^\infty f(r)J_0(kr)dr \) where \( J_0(x) \) is the zeroth-order Bessel function\(^{28} \) and \( k \) is the scaling factor, analogous to wave number or frequency in a Fourier transform. A classic result of Sneddon\(^{17} \) is that, for a substrate of infinite depth, and neglecting any shear stress on the top surface of the substrate (i.e. neglecting the effect of a tension within the elastic sheet on the substrate) the Hankel transform of the_normal load on the sheet from the substrate, \( Q(k) \), is proportional to the Hankel transform of the interfacial deflection, \( \tilde{\zeta}(k) \). In particular, Sneddon\(^{17} \) showed that

\[
\tilde{Q}(k) = -\frac{1}{2}E_s k \tilde{\zeta}(k). \tag{8}
\]

(Note that for an incompressible substrate, \( \nu_s = 1/2 \), the solution leading to (8) has both zero shear stress at the surface of the soft substrate and zero horizontal displacement.\(^{13} \))

4.2 Solution of the problem

Substituting the expression from (8) into the Hankel transform of (6) we find that

\[
k\left[Bk^3 + \frac{1}{2}E_s^2\right] \tilde{\zeta}(k) = \tilde{p}(k). \tag{9}
\]

we therefore have an explicit expression for the Hankel transform of the pressure applied by the indenter in terms of the Hankel transform of the vertical displacement of the coating everywhere. To proceed further we make use of the facts that: (i) \( \tilde{p}(r) \) vanishes for \( r > r_{\text{ind}} \) (since this is beyond the indenter) and (ii) \( \tilde{\zeta}(r) = -\delta \) for \( r < r_{\text{ind}} \) (since this is within the region displaced by the cylindrical indenter). These conditions may be written in terms of the inverse Hankel transforms of \( \tilde{p}(k) \) and \( \tilde{\zeta}(k) \) as:

\[
p(r) = \int_0^\infty \tilde{p}(k) J_0(kr)dk = 0, \quad r > r_{\text{ind}} \tag{10}
\]

and

\[
\zeta(r) = \int_0^\infty \tilde{\zeta}(k) J_0(kr)dk = -\delta, \quad r < r_{\text{ind}}. \tag{11}
\]

respectively.
Using (9), \(\zeta(k)\) may be eliminated from (11) in favour of \(\tilde{p}(k)\), which leads to

\[
\int_0^{\infty} \frac{\tilde{p}(k)}{Bk^3 + E_s^*/2} J_0(kr) dk = -\delta, \quad r < r_{\text{ind}}. \tag{12}
\]

Eqn (10) and (12) are a pair of integral equations, which can, in principle, be solved to determine the Hankel transform of the indenter pressure, \(\tilde{p}(k)\). We shall, in general, have to perform this inversion numerically. However, before analysing these equations further, we first consider the behaviour in two asymptotic limits that can be solved analytically.

### 4.2.1 A point indenter \(r_{\text{ind}} \to 0\).

For a point indenter, the indentation pressure

\[
p(r) = \frac{F \delta(r)}{2\pi r}, \tag{13}
\]

which is obtained as the limit of an indentation force \(F\) uniformly distributed over a small circle in the limit of vanishing circle radius.\(^{26,29}\) We therefore have \(\tilde{p}(k) = F/(2\pi)\) so that, using (12), we find

\[
-\delta = \zeta(0) = \frac{F}{2\pi} \int_0^{\infty} \left[\frac{1}{Bk^3 + \frac{1}{2} E_s^*}\right]^{-1} dk. \tag{14}
\]

After computation of the integral \(\int_0^{\infty} (\lambda^3 + 1)^{-1} d\lambda = 2\pi / 3^{3/2}\), we then have that \(F = -\kappa_0\delta\) where the indentation stiffness of a point-like indenter is

\[
\kappa_0 = \frac{3^{3/2}}{2^{3/2}} E_s^*/2^{1/3}. \tag{15}
\]

Note that in the limit of a point indenter, therefore, the apparent stiffness of the combined material mixes the substrate stiffness \(E_s^*\) with the bending stiffness of the coating \(B\) in the manner expected from the scaling analysis of Section 2. However, we have now also been able to determine the appropriate pre-factor.

Knowledge of the Hankel transform of the pressure in this limit allows us to use (11) to show that

\[
\zeta(r) = \frac{F}{2\pi} \int_0^{\infty} \frac{J_0(kr)}{Bk^3 + \frac{1}{2} E_s^*} dk. \tag{16}
\]

Changing variable to \(K = kr\), we find that for \(r \gg \ell_s\)

\[
\zeta(r) \approx \frac{F}{\pi E_s^*} r. \tag{17}
\]

This far-field behaviour exhibits algebraic decay, \(\zeta(r) \sim r^{-1}\) as \(r \to \infty\), explaining the need for relatively large substrates in experiments. Moreover, we expect similar results to hold far from other sized indenters since the substrate feels only the total applied force, \(F\), far from the indenter. To understand the coating deflection in the vicinity of the indenter’s edge, it may be possible to follow a boundary layer analysis of the type presented for a similar problem with surface tension;\(^{30}\) we do not investigate this possibility here since our focus lies in the force–displacement relationship.

#### 4.2.2 No coating: \(B \to 0\).

In the limit \(B \to 0\), we expect to recover the classic result for an uncoated substrate due to Sneddon\(^{18}\) amongst others. In particular, letting \(B = 0\) in the integral eqn (10) and (12), we find a system that is solved precisely by Sneddon’s solution,\(^{18}\) i.e.

\[
\tilde{p}(k) = -\frac{E_s^* \sin^{-1}(kr_{\text{ind}})}{k}, \tag{18}
\]

which corresponds to

\[
p(r; \delta) = -\frac{E_s^*}{\pi} (r_{\text{ind}}^2 - r^2)^{-1/2}, \quad r < r_{\text{ind}}. \tag{19}
\]

The indentation force can then be calculated as

\[
F = 2\pi \int_0^{r_{\text{ind}}} r p(r; \delta) dr = -2E_s^* r_{\text{ind}} \delta \tag{20}
\]

so that the quantity of most interest to us here, the indentation stiffness in the uncoated limit, is simply

\[
\kappa = \frac{-F}{\delta} \bigg|_{B=0} = 2E_s^* r_{\text{ind}}. \tag{21}
\]

(This is precisely the solution of the Boussinesq problem discussed in the Introduction.)

We shall see that the limit \(B = 0\) is equivalent to that of a sufficiently large indenter, \(r_{\text{ind}}/\ell_s \gg 1\) and, further, that this limit is well-defined (and non-singular). To see this, we now discuss the non-dimensionalization of the problem.

#### 4.2.3 Non-dimensionalization.

There are two natural length scales in the problem: the indenter size \(r_{\text{ind}}\) and the coating-substrate length scale \(\ell_s = (2B/E_s^*)^{1/3}\). We shall use the indenter radius \(r_{\text{ind}}\) as the natural length scale, introducing the dimensionless parameter \(\rho_{\text{ind}}\) given in (4). It is also clear from the linearity of (10) and (12) that the applied pressure is linear in the indentation depth \(\delta\). We therefore non-dimensionalize the problem by letting

\[
R = r/r_{\text{ind}}, \quad K = kr_{\text{ind}}, \quad P = p[B\delta/r_{\text{ind}}^4]. \tag{22}
\]

The integral eqn (10) and (12) then become

\[
\int_0^{\infty} K \tilde{P}(K) J_0(KR) dK = 0, \quad R > 1 \tag{23}
\]

and

\[
\int_0^{\infty} \tilde{P}(K) J_0(KR) dK = -1, \quad R < 1 \tag{24}
\]

respectively. (Note that the factor of \(2^{1/3}\) in the earlier choice of \(\ell_s\) was included to simplify the denominator in the integrand of (24).)

The dimensionless indentation stiffness can then be determined from the force condition (20) to be

\[
\hat{\kappa} = \frac{K}{B^{1/3} E_s^*/2^{1/3}} \int_0^{r_{\text{ind}}} R P(R) dR. \tag{25}
\]

Having non-dimensionalized the problem, we now see that the earlier analytical results may be written in dimensionless form as

\[
\hat{\kappa} = \frac{K}{B^{1/3} E_s^*/2^{1/3}} \sim \begin{cases} 3/2, & \rho_{\text{ind}} \ll 1, \\ 2^{5/3}, & \rho_{\text{ind}} \gg 1. \end{cases} \tag{26}
\]
However, we would like to have results for a wider range of values of $\rho_{\text{ind}}$. This requires a numerical solution of the integral eqn (23) and (24), and so we turn to discuss this problem next.

4.3 Numerical results

We solve the integral eqn (23) and (24) numerically, as detailed in Appendix B. Our results allow the stiffness $\kappa$ to be determined for various values of the dimensionless indenter size $\rho_{\text{ind}}$. The behaviour of the dimensionless stiffness $\hat{\kappa} = \kappa / (B_{1/3}E'_{\text{ind}}^{2/3})$ as the dimensionless indenter size $\rho_{\text{ind}} = r_{\text{ind}}/s$, varies is plotted with the experimental data in Fig. 2 and shows good agreement between the two. These numerical results are also plotted in Fig. 3, and illustrate that the asymptotic results of (26) are well reproduced by the numerical solution of our model in the appropriate limits. However, we also note that the approximate expression

$$\hat{\kappa}(\rho_{\text{ind}}) \approx \frac{3^{3/2}}{2^{7/3}} + 2^{4/3}\rho_{\text{ind}},$$

(27)
determined by adding the two asymptotic expressions, agrees with the numerical solution of our model to within 6.3% across all values of $\rho_{\text{ind}}$ (see inset of Fig. 3a).

While the agreement between the numerical solution of the model presented here and the various asymptotic results presented in Fig. 3 is very good, these results depend on a series of modelling assumptions, most notably that the thin coating may be modelled as an elastic plate. The good agreement with the experiments presented in Fig. 2 suggests that this approximation is appropriate in this case. However, to offer a more stringent test of this modelling assumption, we also consider how the results we have presented here compare with previous results on related problems.

5 Comparison with previous results

5.1 Theoretical results

Liu et al.21 followed a theoretical approach very similar to that adopted here. However, rather than solving the pair of integral eqn (23) and (24), they assume that the pressure distribution is uniform in the contact region (vanishing beyond this region), i.e. $p(r) = \hat{p}(\alpha r_{\text{ind}}^2)$ in $r < r_{\text{ind}}$. This uniform pressure distribution has Hankel transform $\hat{p}(k) = H_j(kr_{\text{ind}})/(\pi kr_{\text{ind}})$; this does identically satisfy the first eqn (23) (by assumption) but is inconsistent with a constant vertical displacement within the contact region, $r < r_{\text{ind}}$. Nevertheless, an estimate of the indentation stiffness may be determined by evaluating (12) at $r = 0$. In our notation, this approximation reads:

$$\hat{\kappa}(\rho_{\text{ind}}) \approx \frac{\pi}{2^{2/3}r_{\text{ind}}} \left[ \int_0^{\infty} \frac{J_1(K \rho_{\text{ind}}) \, dK}{K(K^3 + 1)} \right]^{-1},$$

(28)

which is easily computed numerically (or indeed analytically, albeit in terms of the Meijer G-function31). Moreover, for $\rho_{\text{ind}} \ll 1$ the expression (28) reproduces the appropriate asymptotic result from (26) – for small indenters, the deviation from uniform vertical displacement beneath the indenter is only small. However, for $\rho_{\text{ind}} \gg 1$ we find that $\hat{\kappa} \sim \pi \rho_{\text{ind}}/2^{2/3}$, which yields a systematic, and constant, error of more than 20% compared to the large indenter limit of (26), $\hat{\kappa} \sim 2^{2/3}\rho_{\text{ind}}$. The comparison of this result with the numerical solution of our model shown in Fig. 3a demonstrates that the values at intermediate $\rho_{\text{ind}}$ are also very different: (28) consistently underestimates the stiffness determined from our model calculation. This discrepancy reflects the fact that the pressure is far from uniform for non-small indenters (for example, Sneddon18 showed that the pressure actually diverges at the edge of a cylindrical indenter, as shown in (19)).

5.2 Detailed numerical results

The results we have presented rely on modelling the deformation of the thin coating as an elastic plate. To test the validity of
this simplifying approximation, we compare our results with numerical results reported by Perriot and Barthel\textsuperscript{25} that lift this restriction. In particular, numerical results from Fig. 2 of ref. 25 were captured digitally and are plotted in Fig. 3b (after translating to the non-dimensionalization of the present paper). When plotted in the way suggested by our theory, these results collapse with the collapse being particularly good at large values of the indenter radius, \( \rho_{\text{ind}} \gtrsim 1 \). However, at smaller indenter radius, both the collapse and the agreement with the results of our model, specifically the point indenter limit (15), break down.

To understand the discrepancy between the numerical results presented by Perriot and Barthel\textsuperscript{25} and the results of the model presented here, we revisit our assumption that when the indenter contacts the substrate’s coating, the whole coating bends beneath it. An alternative mode of deformation is that the coating itself compresses, which is frequently referred to as Hertz contact.\textsuperscript{19} This mode of deformation has typical indentation stiffness \( k_{\text{Hertz}} \sim E_s r_{\text{ind}}^3 \). For sufficiently small indenters, this deformation mode may be ‘softer’ than the bending deformation we have considered, which had stiffness \( k_{\text{bend}} \sim E_s r_{\text{ind}}^2 \). We may consider these different modes of deformation to be linear springs acting in series, and so expect the measured stiffness to be dominated by whichever is the softer; in particular, we expect to observe the bending response studied in this paper provided it is ‘softer’ than the Hertz-like response of the coating, i.e.

\[
1 \gg \frac{k_{\text{bend}}}{k_{\text{Hertz}}} \sim \frac{k_{\text{bend}}}{E_s r_{\text{ind}}} \sim \frac{k_{\text{Hertz}}}{E_s r_{\text{ind}}} \sim \frac{t_f}{r_{\text{ind}}},
\]

which in turn requires

\[
\frac{r_{\text{ind}}}{t_f} \gg \left( \frac{E_s}{E_f} \right)^{2/3},
\]

or

\[
\rho_{\text{ind}} = \frac{r_{\text{ind}}}{t_f} \gg \frac{E_s}{E_f}.
\]

Vertical lines corresponding to \( \rho_{\text{ind}} = 10 E_s/E_f \) are shown in Fig. 3b, and approximately coincide with the values of \( \rho_{\text{ind}} \) at which the disagreement between the numerical solutions of Perriot and Barthel\textsuperscript{25} and the numerical solution of our own theoretical model is noticeable.

To be more quantitative, we take the analogy of springs in series further: a given imposed force \( F \) will induce a displacement caused by the bending of the coating and a displacement caused by the localized (Hertzian) compression of the coating itself. Adding these two displacements gives the total displacement caused by the force \( F \), \( \delta_{\text{total}} \approx F \left\{ \frac{2 E_s r_{\text{ind}}}{E_f} \right\}^{-1} + \left( B^{1/3} E_s r_{\text{ind}}^{2/3} \rho_{\text{ind}} \right)^{-1} \). If we approximate \( \kappa(\rho_{\text{ind}}) \) using (27), we readily find a combined stiffness \( k_{\text{comb}} = B^{1/3} E_s r_{\text{ind}}^{2/3} \kappa_{\text{comb}} \) with

\[
\kappa_{\text{comb}} \approx \left( \frac{3^{3/2}}{2^{2/3}} + 2^{4/3} \rho_{\text{ind}} \right)^{-1} \left[ 1 + \frac{E_s}{E_f} \left( 1 + \frac{3^{3/2}}{4 \rho_{\text{ind}}} \right) \right]^{-1}.
\]

The comparison between the numerical results of Perriot and Barthel\textsuperscript{25} and (32) is shown in Fig. 3b; for \( E_s/E_f = 10 \) and \( E_s/E_f = 100 \), the maximum relative error of (32) across all indenter sizes is 13.9% and 9.6%, respectively.

We note that the condition (31) holds for the experiments we presented in Section 3, since for our experiments \( E_s/E_f \lesssim 10^{-3} \) while the dimensionless indenter radius \( \rho_{\text{ind}} \gtrsim 1 \). Finally, we note that the requirement of (31) may be compatible with the point indenter limit, \( \rho_{\text{ind}} = r_{\text{ind}}/t_f \ll 1 \), provided that \( E_s/E_f \ll 1 \). In particular, for the point indenter limit of our model to be valid, we require \( \rho_{\text{ind}} \ll 1 \) whilst simultaneously satisfying (31), i.e.

\[
E_s/E_f \ll \rho_{\text{ind}} < 1.
\]

Alternatively, one may write the condition for a point indentation of a bending plate, (33), in terms of the ratio of the radius to the film thickness, which reads

\[
\left( \frac{E_s}{E_f} \right)^{2/3} \ll \frac{r_{\text{ind}}}{t_f} \ll \left( \frac{E_s}{E_f} \right)^{1/3}.
\]
valid throughout the range of indenter sizes may be obtained by adding the asymptotic limits – the dimensionless expression in (27) is always within 6.3% of the value determined from the numerical solution of our model. As a result, we suggest the dimensional version of (27), namely
\[
\kappa \approx \frac{3^{3/2}}{2^{3/2}} B^{1/3} E_s^{2/3} + 2 E_s^2 r_{\text{ind}}, \tag{36}
\]
may be used to predict the stiffness that would be measured with a particular indenter radius and known material properties.

Typically, however, one uses indentation to determine the unknown properties of a system, with little or no knowledge of the underlying material properties. Our results suggest that to determine both the bending stiffness of the coating and the Young’s modulus of the substrate requires a suite of experiments with different indenter radii and repeated measurements of \( \kappa \). By comparing a linear fit of \( \kappa(r_{\text{ind}}) \) with (36) we see that the substrate Young’s modulus should be half the linear slope while the bending stiffness of the coating can be inferred from the intercept as \( r_{\text{ind}} \to 0 \). However, once such a fit has been performed, one must also check that the indenters used were sufficiently large that our use of plate theory is satisfied, i.e. that (30) is satisfied with the obtained parameter values (which requires, in addition, knowledge of the coating thickness).

6.2 Relevance to previous experiments on fruit

We motivated our study of the indentation of soft substrates coated by a thin, stiff layer with the question of how one determines whether a piece of fruit is ripe (or not) without damaging it. We now turn again to this question to consider the insights that the analysis presented in the main body of this paper, and the results discussed in Section 6.1, in particular, might bring.

The first question is whether the various assumptions made in our analysis hold? In particular, is our use of plate theory to model the coating appropriate in this scenario? Apples seem to be the fruit with the most comprehensive set of published experimental data for comparison. Previous work by Grotte et al.\(^7\) gives a typical modulus for the flesh of \( E_s \approx 500 \text{ kPa} \) while Wang et al.\(^9\) reported the skin to have typical modulus \( E_s \approx 20 \text{ MPa} \) and thickness \( t_s \approx 215 \mu \text{m} \). These values give an estimate of \( f_s \approx 400 \mu \text{m} \). As a result, we expect that our plate model of the skin should be valid provided that
\[
r_{\text{ind}} \gg r_0 \left( \frac{E_s}{E_f} \right)^{2/3} \approx 20 \mu \text{m}. \tag{37}
\]

Fig. 2 of Grotte et al.\(^7\) presents indentation tests of an apple with and without the skin using a cylindrical indenter with diameter \( 2r_{\text{ind}} = 4 \text{ mm} \); such an indenter easily satisfies the condition (37) under which we expect the plate theory approximation used here to be valid. The experimental results presented by Grotte et al.\(^7\) show that with the skin intact, the measured ‘firmness’ (our indentation stiffness) is increased by a factor of around 3 compared to situations in which the skin is first removed. This is significantly larger than the size of effect expected based on the theory presented here, which would predict that the skin should lead to an increase of around 25% (see the circular point in Fig. 4). We discuss possible reasons for this discrepancy in the conclusion, but note also that a larger indenter (such as a finger) would yield a firmness within 10% of that of the substrate itself (see star in Fig. 4).

7 Conclusion

We have presented a theoretical model for the increase in firmness that is provided by a stiff, thin coating of a soft substrate. This model, and its numerical solution, demonstrated the critical role of the indenter size in determining whether the coating significantly stiffens the substrate or not: loosely speaking, small indenters ‘feel’ the effect of the coating, while large indenters feel the underlying substrate.

The predictions of our theoretical model are in good agreement with model experiments on soft substrates coated by significantly stiffer thin films, and previously published detailed numerical simulations. However, our predictions seem to significantly underestimate the effect of the skin-induced stiffening of fruit. We believe that this is likely due to the effect of a pre-existing tension within the skin, which resists indentation more effectively than the bending stiffness accounted for here. (The likely presence of such a pre-tension could be shown by introducing an incision in the skin and observing that the relaxation of the pre-tension leads to the spontaneous opening of the incision.) Another effect that might also be included in the modelling of this indentation process is the natural curvature of most fruit (though we do not expect this to be a significant effect for the apples presented in Section 6.2 since the radius of an apple is significantly larger than the typical length scale \( f_s \approx 400 \mu \text{m} \)).

Conflicts of interest

There are no conflicts to declare.
Appendix A: obtaining different substrate Young’s moduli

Polyvinylsiloxane (PVS) is an elastomer that is fabricated by mixing a base polymer with a curing agent (i.e. a crosslinker). Ordinarily, the two parts are mixed in equal measures and the mixture allowed to set. However, it is well known that the mechanical properties of other elastomers, including Polydimethylsiloxane (PDMS), can be tuned by varying the degree of crosslinking in the polymer network. In the experiments presented here, the stiffness of the PVS substrates was varied by using mixtures with different amounts of crosslinker to each part of the polymer base (reported as a ratio <1 in Fig. 5 since all mixtures were at least 50% base, with the softest corresponding to 90% base). These different mixtures were fabricated for each of three different grades of PVS (Elite Double 8, 22 and 32), supplied by Zhermack (Italy). The mixtures were thoroughly mixed, degassed in a vacuum chamber and left to cure in a cylindrical mould for one hour before the mechanical properties were tested. The elastic moduli of the resulting uncoated substrates was measured by flat-punch indentation tests with a cylindrical indenter of diameter 2\(r\) = 1.25 mm, and are plotted in Fig. 5 as a function of the fraction of crosslinker used for each part of base.

Appendix B: details of the solution technique

Theoretical background

To solve the pair of integral eqn (23) and (24), we follow Sneddon\(^{18}\) in setting

\[
K \hat{P}(K) = \rho_{\text{ind}}^{-2} K \int_0^1 \phi(t) \cos Kt \, dt, \tag{38}
\]

to ensure that (23) is automatically satisfied. (The additional factor of \(\rho_{\text{ind}}^{-2}\) is introduced for later convenience.) Once the function \(\phi(t)\) has been computed, the pressure \(P(r)\) is immediately given by

\[
\rho_{\text{ind}}^{-2} P(r) = \frac{1}{\pi} \int_0^1 \frac{t \phi(t)}{r \sqrt{r^2 - t^2}} \, dt \quad r \leq 1. \tag{39}
\]

This writing allows us to compute directly the dimensionless indentation force as

\[
-F = -2\pi \rho_{\text{ind}}^{-2} \int_0^1 r P(r) \, dr = 2\pi \int_0^1 \phi(t) \, dt. \tag{40}
\]

The role of the extra factor \(\rho_{\text{ind}}^{-2}\) in eqn (38) is then to simplify the scaling difference between \(P\) and \(\phi\).

Substituting (38) into (24) we have that

\[
\rho_{\text{ind}}^{-2} \int_0^1 \mathcal{I}(R, t) \phi(t) \, dt = 1, \quad R < 1, \tag{41}
\]

where the kernel

\[
\mathcal{I}(R, t) = \int_0^\infty \frac{\cos Kt}{K^2 + \rho_{\text{ind}}^2} J_0(KR) \, dK. \tag{42}
\]

The analytical resolution of eqn (41) is not possible because the kernel \(\mathcal{I}(R, t)\) in (42) is not analytically integrable. However, having written the problem in this way facilitates the numerical solution of (41), as we now demonstrate.

Numerical implementation

To obtain a numerical solution it is better to transform the integral eqn (41) to acquire numerical stability. Eqn (41) can be rewritten as

\[
\rho_{\text{ind}}^{-2} \frac{d}{ds} \left\{ \int_0^1 \frac{R}{s \sqrt{s^2 - R^2}} \left[ \int_0^1 \mathcal{I}(R, t) \phi(t) \, dt \right] \, dR \right\} = \frac{d}{ds} \left\{ \frac{1}{s \sqrt{s^2 - R^2}} \right\}
\]

Performing the integrals over \(R\), one can rewrite this equation as

\[
\int_0^1 \left[ I[\rho_{\text{ind}}(s + t)] + I[\rho_{\text{ind}}(s - t)] \right] \phi(t) \, dt = 1 \quad s \leq 1 \tag{43}
\]

where

\[
I(x) = \frac{1}{\pi} \int_0^\infty \frac{\cos Kx}{K^2 + 1} \, dK \tag{44}
\]

The function \(I(x)\) can be written in terms of the Meijer \(G\) function and can be evaluated numerically; this shows that its behaviour is regular for any value of \(x\). Therefore the integral eqn (43) with \(I(x)\) given by eqn (44) may be solved numerically without problems. We discretize the interval \(0 \leq t \leq 1\) to determine a linear system for \(\phi\) at various grid points; this linear system is readily solved.

Acknowledgements

The research leading to these results has received funding from the European Research Council under the European Union’s Horizon 2020 Programme/ERC Grant Agreement no. 637334.
(DV) and the Leverhulme Trust through a Philip Leverhulme Prize (DV). We are grateful to Tom Chandler and Rob Style for discussions during the course of this work.

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